Increased cerebral blood volume in small arterial vessels is a correlate of amyloid-related cognitive decline

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Abstract: The protracted accumulation of amyloid-$\beta$ (A$\beta$) is a major pathologic hallmark of Alzheimer's disease and may trigger secondary pathological processes that include neurovascular damage. This study was aimed at investigating long-term effects of A$\beta$ burden on cerebral blood volume of arterioles and pial arteries (CBVa), possibly present before manifestation of dementia. A$\beta$ burden was assessed by 11C Pittsburgh compound-B positron emission tomography in 22 controls and 18 persons with mild cognitive impairment (MCI), [ages: 75(±6) years]. After 2 years, inflow-based vascular space occupancy at ultra-high field strength of 7-Tesla was administered for measuring CBVa, and neuropsychological testing for cognitive decline. Crushing gradients were incorporated during MR-imaging to suppress signals from fast-flowing blood in large arteries, and thereby sensitize inflow-based vascular space occupancy to CBVa in pial arteries and arterioles. CBVa was significantly elevated in MCI compared to cognitively normal controls and regional CBVa related to local A$\beta$ deposition. For both MCI and controls, A$\beta$ burden and follow-up CBVa in several brain regions synergistically predicted cognitive decline over 2 years. Orbitofrontal CBVa was positively associated with apolipoprotein E e4 carrier status. Increased CBVa may reflect long-term effects of region-specific pathology associated with A$\beta$ deposition. Additional studies are needed to clarify the role of the arteriolar system and the potential of CBVa as a biomarker for A$\beta$-related vascular downstream pathology.

DOI: https://doi.org/10.1016/j.neurobiolaging.2019.01.001

Posted at the Zurich Open Repository and Archive, University of Zurich

ZORA URL: https://doi.org/10.5167/uzh-170848

Journal Article
Published Version

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Originally published at:
Hua, Jun; Lee, SeungWook; Blair, Nicholas I S; Wyss, Michael; van Bergen, Jiri M G; Schreiner, Simon J; Kagerer, Sonja M; Leh, Sandra E; Gietl, Anton F; Treyer, Valerie; Buck, Alfred; Nitsch, Roger M; Pruessmann, Klaas P; Lu, Hanzhang; Van Zijl, Peter C M; Albert, Marilyn; Hock, Christoph; Unschuld, Paul G (2019). Increased cerebral blood volume in small arterial vessels is a correlate of amyloid-related cognitive decline. Neurobiology of Aging. 76:181-193.
DOI: https://doi.org/10.1016/j.neurobiolaging.2019.01.001
Increased cerebral blood volume in small arterial vessels is a correlate of amyloid-β–related cognitive decline

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A B S T R A C T

The protracted accumulation of amyloid-β (Aβ) is a major pathologic hallmark of Alzheimer’s disease and may trigger secondary pathological processes that include neurovascular damage. This study was aimed at investigating long-term effects of Aβ burden on cerebral blood volume of arterioles and pial arteries (CBVa), possibly present before manifestation of dementia. Aβ burden was assessed by 11C Pittsburgh compound-B positron emission tomography in 22 controls and 18 persons with mild cognitive impairment (MCI), [ages: 75(±6) years]. After 2 years, inflow-based vascular space occupancy at ultra-high field strength of 7-Tesla was administered for measuring CBVa, and neuropsychological testing for cognitive decline. Crushing gradients were incorporated during MR-imaging to suppress signals from fast-flowing blood in large arteries, and thereby sensitize inflow-based vascular space occupancy to CBVa in pial arteries and arterioles. CBVa was significantly elevated in MCI compared to cognitively normal controls and regional CBVa related to local Aβ deposition. For both MCI and controls, Aβ burden and follow-up CBVa in several brain regions synergistically predicted cognitive decline over 2 years. Orbitofrontal CBVa was positively associated with apolipoprotein E e4 carrier status. Increased CBVa may reflect long-term effects of region-specific pathology associated with Aβ deposition. Additional studies are needed to clarify the role of the arteriolar system and the potential of CBVa as a biomarker for Aβ-related vascular downstream pathology.

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1. Introduction

Late-onset Alzheimer’s disease (AD) is characterized by a decade-long preclinical phase and eventually leads to mild cognitive impairment (MCI) as its first clinical manifestation (Albert et al., 2011). Although neuropathological changes in AD are complex and include cerebrovascular disease, neuroinflammation, and aggregation of pathological tau and other proteins (Elih and Miller, 2017; Serrano-Pozo et al., 2011), Aβ-burden is considered to represent earliest brain pathology in AD and possibly trigger a multitude of pathologic downstream processes (Jack et al., 2010; Ossenkoppele et al., 2015; Rabinovici et al., 2017; Villemagne et al., 2018). The advent of positron emission tomography (PET) tracers such as 11C-Pittsburgh Compound B (PiB) has provided the means to non-invasively assess the extent of regional amyloid-β (Aβ) burden in older populations (Klunk et al., 2004; Seo et al., 2017; van Bergen et al., 2018). By now, a concatenation of studies have...
consistently demonstrated that the risk for cognitive decline and dementia is closely related to the cerebral accumulation of Aβ, as measured by PET, cerebrospinal fluid, or postmortem examination (Jansen et al., 2015; Mormino et al., 2009; Roberts et al., 2017). Moreover, progression of pathology in AD is linked to neurovascular dysfunction (Iadecola, 2004; Iturria-Medina et al., 2016), as reflected by reduced cerebral blood flow (CBF) and also altered blood-brain barrier permeability (Bell and Zlokovic, 2009; Kister et al., 2017; Leeuwis et al., 2017; Ostergaard et al., 2013). The co-occurrence of AD-typical neuromechanistic change and vascular pathology may support the idea of synergistic interaction of vascular change and neurodegeneration as an aggravating factor for pathology in AD (Gelber et al., 2012; Schreiner et al., 2018; Snowdon and Nun, 2003; Tyas et al., 2007a,b). Interestingly, apolipoprotein E e4 (APOE4), which is the strongest known genetic risk factor for AD (Corder et al., 1993; Verghese et al., 2013), is associated with accelerated accumulation of Aβ, reduced CBF, and impaired blood-brain barrier function (Janelidze et al., 2017; Thambisetty et al., 2010). Particularly, reduced brain perfusion (CBF) (Michels et al., 2016; Thambisetty et al., 2010) and impaired cerebrovascular reactivity (Suri et al., 2015) have been observed in cognitively normal APOE4 carriers. Therefore, it is important to assess the association between APOE4 and cerebrovascular impairments in AD. Although the accumulation of Aβ in sporadic AD is mainly caused by decreased clearance (Mawuenyega et al., 2010), clearance capacity of Aβ from the brain depends on interstitial spinal fluid flow in the paravascular space surrounding arterioles, which is primarily driven by the arterial pulsation wave from the small blood vessels (Iliff et al., 2012, 2013; Xie et al., 2013). This indicates that abnormalities in arterioles may contribute to accumulation and deposition of Aβ and possibly other toxic solutes related to neurodegenerative brain dysfunction. Cerebral blood volume (CBV) is a measure of the quantity of blood in a unit of tissue (Hua et al., 2018). Although CBV generally is linked to regional tissue metabolism, arteriolar CBV (CBVA) particularly reflects the autorhythmic capacity of arteriolar vessel resistance, and thus may be used to investigate cerebrovascular functionality within gray matter regions (Aaslid et al., 1989; Gröhn et al., 1998; Grubb et al., 1974; Petrella and Provenzale, 2000; Rane et al., 2016). CBVA may be assessed by inflow vascular space occupancy (iVASO) magnetic resonance imaging (MRI) (Donahue et al., 2010; Hua et al., 2011a), and application of ultrahigh field strength of 7 Tesla (7T) provides high signal-to-noise ratios (SNRs) (Hua et al., 2017; Wu et al., 2016). Recently, reductions in total CBV have been demonstrated in patients with AD dementia (Harris et al., 1996; Lacalle-Aurioles et al., 2014; Nielsen et al., 2017b; Uh et al., 2010). Based on these earlier findings, we hypothesized that CBVs may be a particularly sensitive indicator of AD-related gray matter (GM) pathology and thus reflect vascular downstream effects of Aβ in the predementia stage. To test this hypothesis, a nondemented study population comprising cognitive performance levels from normal to MCI, received 11C-PiB-PET for assessment of regional Aβ burden, and as a follow-up after 2 years, iVASO MRI at ultrahigh field strength of 7T. In addition, genetic risk for AD as indicated by APOE4 carrier status and cognitive decline within the study period were used as covariates.

2. Methods

2.1. Participant characteristics

We recruited 18 patients with MCI and 22 cognitively unimpaired older adults as controls. Patients with MCI and healthy controls were recruited as part of an ongoing study at our hospital, and matched by age and sex, as reported in detail earlier (Gietl et al., 2015; Schreiner et al., 2014, 2016; Steininger et al., 2014). Exclusion criteria were any present medication that may affect cognition, general MRI exclusion criteria, contraindications against venipuncture, clinically relevant changes in red blood cell count, any acute severe medical, neurological, or psychiatric condition, present or past drug abuse, allergy to the PET tracer 11C-PiB, significant earlier exposure to radiation. The study was conducted in accordance with guidelines issued by the local ethics committee (Kantonale Ethikkommission Zurich) and with the declaration of Helsinki (World Medical Association, 1991). All procedures were approved by the Kantonale Ethikkommission Zurich. All participants gave written informed consent before scanning. Each participant had 2 visits approximately 2 years apart (730 ± 277 days) and received neuropsychological testing at both time points (TP1 and TP2). PET studies were performed at study inclusion; the 7 Tesla MR sequences were administered during the follow-up visit, resulting in an average delay of 803 ± 203 days between PET and 7T MRI measures. Demographic data and factors associated with vascular risk are summarized in Table 1. Isoforms of the APOE gene were assessed for all participants. Twelve of the participants carried 1 e4 allele and 2 participants carried 2 e4 alleles.

2.2. Neuropsychological testing

All participants received detailed clinical and neuropsychological examination before they were included in the present study. Participants were categorized either as cognitively normal or MCI according to established criteria (Albert et al., 2011). All participants were screened for cognitive impairment using the Mini-Mental State Examination (Folstein et al., 1975). Cognitive performance of study participants was assessed at TP1 and TP2 based on 4 cognitive tests: (1) The Revised Boston Naming Test (Nicholas et al., 1988); (2) Digit Spans Backward (Gregoire and Van der Linden, 1997); (3) Trail Making Test B/A (Tombaugh, 2004); and (4) Verbal Learning And Memory Test: delayed recall (Lange et al., 2002). These measures were z-score—transformed and averaged to generate a single global cognitive score for each participant. Longitudinal changes in the cognitive scores were normalized by the time duration (in years) between the 2 visits.

Table 1

| Variable | Controls | Patients with MCI | p Value |
|----------|----------|-------------------|---------|
| N        |          |                   |         |
| Sex (female) | 8        | 6                 | 1       |
| Age (y)  | 72 ± 5   | 75 ± 7            | 0.08    |
| Education | 13.64 ± 2.56 | 15.06 ± 3.28 | 0.13 |
| Number of APOE4 alleles | 7 | 9 | N/A |
| Body mass index (BMI) | 25.24 ± 4.13 | 24.57 ± 3.83 | 0.60 |
| Arterial hypertension (N: yes; no) | 4/18 | 8/10 | 0.07 |
| Hypercholesterinemia (N: yes; no) | 4/18 | 9/9 | 0.03 |
| Present smokers (N: yes; no) | 1/21 | 0/18 | 1 |
| History of past smoking (N: yes; no) | 9/13 | 10/8 | 0.36 |
| Mini-Mental State Examination (MMSE), % change per year | 0.57 ± 3.6 | -0.63 ± 5.04 | 0.4 |
| Boston naming test (BNT), % change | -1.46 ± 4.46 | 0.19 ± 10.63 | 0.54 |
| Digit span backward, % change | -1.35 ± 21.17 | 4.89 ± 26.83 | 0.42 |
| Trail making B/A (TM TBA), % change | 4.11 ± 35.41 | -9.21 ± 67.44 | 0.45 |
| Verbal learning and memory (VLMT), % change | -8.43 ± 28.9 | -31.49 ± 100.72 | 0.35 |
| Cognitive performance score (Z), %SD change | -0.9 ± 37.45 | -6.19 ± 71.54 | 0.77 |

* Mean ± standard deviation (SD).

*p values from 2-sample t-tests between the 2 groups, or from χ²-test for categorical variables. Neuropsychological scores indicate average % changes in test performance between study inclusion (TP1) and follow-up (TP2).
2.3. Magnetic resonance imaging

All scans were performed on a 7T Philips MRI scanner (Philips Healthcare, Best, The Netherlands). A 32-channel phased-array head coil (Nova Medical, Wilmington, MA) was used for radiofrequency reception and a head-only quadrature coil for transmit. High-resolution anatomical images were acquired with a 3D magnetization prepared 2 rapid acquisition gradient echoes (MP2RAGE) sequence (Marques et al., 2010; Van de Moortele et al., 2009) (voxel = 0.75 mm isotropic). Total scan time on the 7T instrument was 50:42 minutes, including 10:43 minutes for performing the MP2RAGE sequence and 8:19 minutes for obtaining iVASO data.

Three-dimensional iVASO MRI was performed to measure regional GM CBVAs. In iVASO MRI, arterial and arteriolar blood signal is zeroed out (nullled) by applying a spatially selective inversion in regions containing major feeding arteries. The difference signal between the arterial blood nullled scan and a control scan without blood nulling can then be used to calculate CBVAs (Donahue et al., 2010; Hua et al., 2011c; 2014; Wu et al., 2016). To account for the heterogeneity of vascular transit times, interleaved nulling and control images are acquired at multiple postinversion delay times (TI), and a biophysical model for multi-TI iVASO signals is used to numerically fit absolute CBVAs from the dynamic multi-TI time course on a voxel-by-voxel basis so that the vascular transit time can be different in each voxel (Hua et al., 2011c). Crushing gradients can be incorporated to suppress signals from fast-flowing blood in large arteries and thereby sensitize this method to CBVAs predominantly in the pial arteries and arterioles, which we refer to here as arteriolar blood. The iVASO approach was originally developed in a single-slice mode using a gradient echo echo planar imaging readout and has now been extended to a 3D sequence with whole-brain coverage (Hua et al., 2013, 2017). The following iVASO parameters were used: time of repetition/TI = 10000/1383, 5000/1093, 3800/884, 3100/714, 2500/533, and 2000/356 ms; 3D fast gradient echo readout (TE = 2.2 ms); voxel = 3.5 × 3.5 × 5 mm3; 20 slices; parallel imaging acceleration (SENSE) = 2 × 2; crusher gradients of b = 0.3 s/mm2. A reference scan (time of repetition = 20 seconds, other parameters identical) was obtained to determine the scaling factor M0 in iVASO images so that absolute CBVAs values can be calculated.

2.4. MRI data analysis

The statistical parametric mapping (SPM) software package (version 8, Wellcome Trust Centre for Neuroimaging, London, United Kingdom; http://www.fil.ion.ucl.ac.uk/spm/) and other in-house code programmed in MATLAB (MathWorks, Natick, MA, USA) were used for image analysis. iVASO images were motion-corrected using the realignment routine in SPM. As the nulling and control scans in iVASO are acquired in an interleaved order and the MR signal difference between nulling and control images is usually less than 1%–3% of the total signal (because it reflects the arteriolar blood volume in the voxel) (Hua et al., 2011c), we aligned all nulling and control images to the first control image acquired in the series. Anatomical images were coregistered with iVASO images and normalized to the Montreal Neurological Institute (MNI) space using SPM. GM, white matter (WM), and cerebrospinal fluid (CSF) maps were generated from the anatomical images using the SPM segmentation algorithm. No spatial smoothing was performed in the analysis. The surround subtraction method (Lu et al., 2006) was used to calculate the difference signal from the nulling and control iVASO images. Partial volume effects of WM and CSF on the iVASO difference signal in GM were corrected (Johnson et al., 2005) (results without partial volume correction are also reported). An SNR threshold of one standard deviation below the mean SNR was used to exclude voxels with insufficient SNR from further analysis (Hua et al., 2011c). In our data, about 10% of voxels were excluded, most of which are close to the skull and the sinus regions. This SNR threshold was applied on each subject’s data. If a voxel falls below the threshold in one subject, it will be excluded from all subjects in the group analysis. In our data, most of these voxels overlapped in multiple subjects. Whole-brain GM CBVAs maps were numerically fitted from the iVASO difference signals at all TIs with the iVASO equations (Hua et al., 2011c) using in-house MATLAB code.

2.5. PiB—positron emission tomography

PiB-PET was used to estimate individual brain Aβ plaque load as described in earlier publications (Quevenco et al., 2017; van Bergen et al., 2016). In brief, an individual dose of approximately 350 MBq of carbon-labeled PiB was injected into the cubital vein. A standard quantitative filtered back projection algorithm including necessary corrections was applied. Cortical late frame (minutes 50–70) values were divided by the cerebellar GM average, resulting in PiB-PET relative standard uptake values (SUVR; matrix = 128 × 128 × 47, voxel size = 2.3 × 2.3 × 3.3 mm3). Measures of individual regional brain Aβ load were derived from the ratio of regional PiB-SUVR, referenced to cerebellar SUV, after coregistration of PET images to the 7T MP2RAGE volumes using SPM 12 software.

2.6. Statistics

Group differences in GM CBVAs maps were examined using analysis of variance with age, sex, education, regional GM volume from anatomical scans and motion parameters estimated from the motion correction (realignment) routine in SPM accounted for as covariates in the analysis. Significant clusters of increased or decreased GM CBVAs were identified using in-house MATLAB code implemented using the threshold-free cluster enhancement method (Smith and Nichols, 2009). Briefly, permutation testing was conducted by testing the threshold-free cluster enhancement output against the null distribution across permutations and obtaining the 95th percentile in the null distribution as the corrected p < 0.05 level. The IBASPM 116 atlas (Lancaster et al., 1997, 2000; Maldjian et al., 2003, 2004; Tzourio-Mazoyer et al., 2002) (PicaAtlas software, Wake Forest University, North Carolina, USA) was used to identify anatomical regions within the significant clusters. Effect size was estimated with Cohen’s d. Correlations between CBVAs values and Aβ (PiB ratio) in each region, as well as APOE4 carrier status were evaluated using data combined from all participants (including both MCI and controls). Partial correlations were calculated with age, sex, and education as covariates. All statistical tests were corrected for multiple comparisons by controlling the false discovery rate (adjusted p < 0.05) (Benjamini and Hochberg, 1995). Multiple regression was carried out using MATLAB to test the potential synergistic effects from GM CBVAs and Aβ (reflected in the β3 term in the following equation) on longitudinal cognitive decline using the following model:

Cognitive decline (% per year) = β0 + β1 × CBVAs + β2 × Aβ + β3 × CBVAs × Aβ + β4 × sex + β5 × age + β6 × education + β7 × age × Aβ

In addition, multilevel regression analysis using data from the control and MRI subjects as 2 separate groups was also performed.
3. Results

As shown in Table 1, age, sex, and education levels were matched between patients with MCI and controls ($p > 0.1$). No significant differences were found in motion parameters derived from the SPM realignment routine between the 2 groups. Performance in the Verbal Learning And Memory Test and Mini-Mental State Examination tests differed between controls and MCI both at study inclusion (TP1) and follow-up (TP2) (Supplement 3, Table 9, Fig. S2). Although there was considerable variability in % changes of performance from TP1 to TP2 on an individual level (Table 1), no significant changes between TP1 and TP2 resulted for any of the investigated tests on a group level (Table 9, Fig. S2). None of the participants progressed to AD dementia from TP1 to TP2. Participants of the MCI group had a higher prevalence of hypercholesterinemia and a trend for higher prevalence of arterial hypertension (Table 1). An individual subject level iVASO CBVa map from one control subject is shown in Fig. 1 to demonstrate typical data quality.

Table 2 and 3 summarizes the main findings in the group comparisons. The average GM CBVa values in controls were all in normal range (Hua et al., 2011c, 2018), providing validation for our measurements. Widespread elevation of GM CBVa was detected in many brain regions in patients with MCI compared with controls with relative changes of 17.0%–122.0% and effect sizes of 0.75–1.56. Most of these changes were detected in both hemispheres in corresponding regions, although the cluster sizes varied between the left and right hemispheres in some regions. Significant reduction of GM CBVa was also observed in a few brain regions, but the spatial extent was much smaller than increased CBVa. Some brain regions showed both decreased and increased GM CBVa values in different subregions. No significant difference was found in mean GM CBVa over the whole brain (including all GM voxels, not just significant clusters) between patients and controls. The partial volume correction procedure did not seem to have a major effect on the measured CBVa values (Table 3). Fig. 2A displays the regions with significant increased or decreased GM CBVa in patients with MCI on MNI normalized anatomical images, with an intensity reflecting the relative changes in each significant voxel. Fig. 2B shows the areas with significantly increased PiB-PET retention in patients with MCI on MNI normalized anatomical images.

From the correlation analysis, many regions with increased CBVa values colocalized with regions with increased Aβ deposition, with significant positive correlations between the 2 in several brain regions (Table 4, Fig. 2C). Scatter plots from 2 of these regions are shown in Fig. 3. In most of these regions, synergistic effects from GM CBVa and Aβ on longitudinal cognitive decline were found using multiple regression (Tables 5 and 6 and Fig. S1). In regions with only significant CBVAs or Aβ changes, no such synergistic effects were found. In addition, GM CBVa in 2 subregions in the orbitofrontal cortex also showed significant positive correlation with APOE4 carrier status (Supplement 1, Table 7, Fig. 3). Here, by applying multiple regression analysis, synergistic effects from GM CBVAs and APOE4 on cognitive decline in multiple brain regions were found (Supplement 2, Table 8). Sex, age, and education were included as covariates in the correlation analysis.

4. Discussion

By applying ultrahigh field strength MRI at 7T to a study population of nondemented older adults, significantly elevated CBVa in patients with MCI could be observed. Interestingly, for the entire study population, an association between high local deposition of Aβ, as measured by 11C-PiB-PET, and elevated CBVa, as measured by iVASO at 7T 2 years later was not only found in many brain regions. Moreover, Aβ burden and CBVa at follow-up in several brain regions synergistically predicted cognitive performance over 2 years, when applying a linear regression model. Consistently, CBVAs in the orbitofrontal cortex also showed a synergistic interaction with APOE4 carrier status regarding its relationship to cognitive change.

For this study, ultrahigh field strength MRI at 7T was used to acquire MP2RAGE structural images and 3D iVASO data for measuring whole-brain absolute CBVa maps (Donahue et al., 2010; Hua et al., 2011c, 2014, 2017; Marques et al., 2010; Van de Moortele et al., 2009; Wu et al., 2016). The combination of these technologies allows for high-resolution assessment of the homeostasis of pial arterioles and arterioles in fine brain regions (Hua et al., 2018). Regional distribution of Aβ was investigated by 11C-PiB-PET as used by many earlier studies to investigate disease burden in preclinical and clinical stages of sporadic AD (Jansen et al., 2015; Klunk et al., 2004). The significantly higher burden of Aβ and its distribution pattern in the MCI group are consistent with earlier reports on pathological change in the predementia stage of AD (Jansen et al., 2015; Klunk et al., 2004; Roberts et al., 2017). Information on regional Aβ was complemented by assessment of the APOE4 genotype, which is the strongest known genetic risk factor for sporadic AD (Corder et al., 1993; Kantarci et al., 2012; Strittmatter et al., 1993). As a general indicator of cognitive performance in the study population, 4 German language versions of neuropsychological tests were performed to generate a composite score that integrates episodic memory, language, working memory, and executive function, as a representation of major domains affected early in AD (Albert et al., 2011). Our finding of lower test scores at follow-up in some study participants within the control group may reflect subtle cognitive changes associated with normal aging (Harada et al., 2013) or alternatively could be caused by nonspecific variation within the high-performance range of the used tests.

To our knowledge, this is the first report of microvascular abnormalities specifically in pial arteries and arterioles in GM (measured with CBVa) in an elderly, nondemented population at risk for AD. Although reductions in CBV and CBF have been reported earlier for AD dementia (Harris et al., 1996; Hauser et al., 2013; Lacaille-Aurioles et al., 2014; Nielsen et al., 2017b; Uh et al., 2010), investigations of neurovascular dysfunction in early, prodromal disease stages so far mainly have been focused on total CBV and CBF, which include arteriolar, capillary, and venular vessels (Gietl et al., 2015; Kisler et al., 2017; Leeuwis et al., 2017). Here, our findings of increased CBVAs in older patients with MCI may be consistent with earlier reports suggesting an interaction of microvascular abnormalities and neurodegenerative pathology in AD (Iadecola and
The close relationship between CBVa changes and local Aβ deposits in our data is in agreement with earlier considerations of consecutive vascular damage, impaired cerebrovascular autoregulation, and effects attributable to Aβ toxicity (Brickman et al., 2015; Zlokovic, 2011). In addition, our finding of a significant interactive effect of CBVa and Aβ in several brain regions on cognitive performance over 2 years, as measured by linear regression analysis, corroborates the relevance of vascular change for functional decline due to AD pathology (Helzner et al., 2009). Such interactive effect was not found in regions without overlapping CBVa or Aβ changes. Concordantly, we also find a synergistic effect of CBVa and APOE4 on cognitive performance over time, which may indicate relevance of increased CBVa regarding the individual risk to develop AD dementia. Our observation of a relationship between increased CBVa with Aβ and also APOE4 may reflect impaired cerebrovascular regulation, possibly caused by a direct impact of toxic Aβ aggregates on cerebral vessel walls (Kisler et al., 2017). Considering reports on a significant role of interstitial bulk flow for clearance of Aβ (Iliff et al., 2012), further preclinical studies are needed to investigate whether vasodilatation and thus increased CBVa might be caused by direct toxic impact of Aβ. Considering pathological changes of CBVa as a potential consequence of initial Aβ toxicity, iVASO might represent a marker of secondary cerebrovascular “downstream” pathology, as demanded recently for prospective clinical trials that allow for comorbid pathology in AD (Rabinovici et al., 2017). Alternatively, impaired arterial pulsation might reduce paravascular drainage of Aβ and as such could be consistent with the notion of a relationship between deteriorated microvascular hemodynamics and buildup of AD pathology (Iadecola, 2003; Nielsens et al., 2017b). Moreover, our observation of an association between APOE4, increased CBVa, and cognitive decline might also confirm earlier reports of APOE4 as a modulator of harmful Aβ effects on cognitive function (Kantarci et al., 2012). Consistently, brain regions with significant correlations between CBVa and Aβ in our study included the neocortex and hippocampal formation, which are considered particularly susceptible for AD pathology (Murray et al., 2015).
The significant CBV increase observed here may appear contradictory with the well-established finding of reduced regional CBF in MCI (Alsop et al., 2010; Dvorak et al., 1999; Hirao et al., 2005; ROher et al., 2011; Ruitenberga et al., 2005; Thomas et al., 2015). Aβ has long been known as a powerful vasoconstrictor (Niwa et al., 2011). However, we think that our increased CBV findings may be congruent with CBF reduction for the reasons explained subsequently. Note that CBV measured by MRI reflects the fractional volume of all blood vessels in a given voxel (i.e., the unit of CBV: mL blood per 100 mL tissue). Therefore, CBV is proportional to the cross-sectional vessel diameter, length of blood vessels, and overall number of blood vessels in the voxel. A decrease in cross-sectional vessel diameter often leads to a decrease in CBF (vasoconstriction). However, if the vessel density in the voxel increases (thus increased number of vessels) possibly due to angiogenesis or others, the overall CBV measured in the voxel can be increased. Indeed, recent studies in tau-overexpressing mice showed increased blood vessel volume (increased CBV) but reduced blood vessel diameter (reduced CBF) in the cortex of these mice, overall blood vessel density was increased compared with controls even when the cortical atrophy is accounted for and blood flow was altered and at times obstructed in some vessels. A qPCR assay revealed that several genes related to hypoxia and angiogenesis were increased more than 2 fold in these mice. Although these results were obtained in tau-overexpressing mice (rather than amyloid-based models), they indicate a possible explanation for the concomitant CBVa increase and CBF reduction. Besides, the uncoupling of CBF and CBV is often seen in circumstances in which there is increased metabolic demand or hypoxia and angiogenesis were increased more than 2 fold in these mice. Although these results were obtained in tau-overexpressing mice (rather than amyloid-based models), they indicate a possible explanation for the concomitant CBVa increase and CBF reduction.

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functions and physiology and can be affected differentially by the AD pathology. The arterioles are the most actively regulated blood vessels and thus may be more sensitive to metabolic disturbances in the brain (Iadecola and Nedergaard, 2007; Ito et al., 2001, 2005; Kim et al., 2007; Takano et al., 2006). For instance, significant reduction in CBVa has been observed in patients with schizophrenia (Hua et al., 2015, 2017), whereas no substantial changes in capillaries were indicated in histopathological studies in schizophrenia (Kreczmanski et al., 2005, 2009; Uranova et al., 2010). It should be noted that small diameter (<150 microns) pial arteries and arterioles (CBVa) only represents 10%–20% of total CBV (Hua et al., 2018; Piechnik et al., 2008; Sharan et al., 1989; van Zijl et al., 1998) (depending on vessel diameter), thus an 100% increase in CBVa would only translate to 10%–20% in total CBV change, which is within the typical physiological range. The fact that CBVa values in controls were all within the normal range (Hua et al., 2018) and that CBVs in the cerebellum (which is not expected to be affected at this stage) did not show group differences also provides some validation for our results. Further studies are needed to investigate whether increase of CBVa in AD risk populations might possibly result in reduced total CBV in clinically manifest AD, as reported earlier (Eskildsen et al., 2017; Hauser et al., 2013; Lacalle-Aurioles et al., 2014; Nielsen et al., 2017b; Yoshiura et al., 2009). It is also worth noting that the synergetic effects between CBVa and other parameters were restricted to several small brain regions, which might be in agreement with the recent observation of regional AD-like biomarker patterns in at-risk populations (Wirth et al., 2017). Moreover, in our study, higher prevalence of hyperlipidemia were

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**Fig. 2.** (A) Map of relative CBVa changes between patients with MCI and controls overlaid on MNI normalized anatomical images. The relative change is defined as \(100 \times \frac{\text{MCI} - \text{control}}{\text{control}}\)%. Only voxels that show significant CBVa difference between the 2 groups (adjusted \(p < 0.05\)) are highlighted. (B) Brain regions with abnormal PiB-PET retention overlaid on MNI normalized anatomical images. Only voxels that show significant PiB-PET difference between patients with MCI and controls (adjusted \(p < 0.05\)) are highlighted. (C) Colocalization of GM CBVa abnormality and \(\beta\)-amyloid deposit. Voxels that show significant correlation between GM CBVa values and PiB ratios are highlighted overlaid on MNI normalized anatomical images. Abbreviations: CBVa, arteriolar cerebral blood volume; GM, gray matter; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; MRI, magnetic resonance imaging; PiB-PET, 11C Pittsburgh compound-\(\beta\) positron emission tomography.
It is important to discuss methodological factors for iVASO MRI, which might interact with MCI pathology to bias the study results. First, the presence of amyloid may introduce additional susceptibility effects at high field that can affect MR signals. Fortunately, in iVASO, CBVa is calculated from the difference signal between the arteriolar blood nulled image and the subsequent control image. Therefore, all static signals that are not flowing such as GM and WM should cancel out on subtraction (Hua et al., 2011b). Second, differences in cortical thickness among groups or over time may lead to different partial volume effects in the CBVa results. As this is an important confounding factor especially in this population in which substantial brain atrophy is expected, we corrected such partial volume effects in our analysis using a previously published method (Johnson et al., 2005) (see Methods Section). In addition, GM volume derived from anatomical images was included as a covariate in all statistical analyses to account for any residual partial volume effects. As shown in the Results Section, all major findings were consistent with and without the partial volume correction step. It is important to realize that iVASO MRI does not measure CBV in the capillaries (Hua et al., 2018) but only in the arterial compartment. This predominant arterial origin of the iVASO signal was validated observable for the MCI group, which may be consistent with earlier reports on an association between serum hypercholesterolemia and increased risk for the development of AD amyloid pathology (Pappolla et al., 2003).

### Table 4

Correlation between GM CBVa and β-amyloid in multiple brain regions in all participants

| Region           | Estimate coefficient | Standard error | p-Value |
|------------------|----------------------|----------------|---------|
| Frontal_Sup_Orb  | 2.32                 | 0.38           | <0.001  |
| Frontal_Inf_Oper | 0.31                 | 0.14           | 0.006   |
| Frontal_Sup_Orb  | 4.69                 | 2.36           | 0.01    |
| Frontal_Sup_Medial | 3.33              | 1.32           | 0.006   |
| Frontal_Mid_Orb  | 1.16                 | 0.23           | <0.001  |
| Rolandic_Oper    | 0.67                 | 0.26           | 0.001   |
| Supp_Motor_Area  | 0.17                 | 0.10           | 0.05    |
| Cingulum_Ant     | 2.64                 | 1.36           | 0.01    |
| Cingulum_Mid     | 0.23                 | 0.06           | <0.001  |
| Hippocampus      | 4.49                 | 2.46           | 0.03    |
| Lingual          | 1.70                 | 0.86           | 0.01    |

Key: CBVa, arteriolar cerebral blood volume; GM, gray matter.

*The brain regions were labeled according to the IBASPM 116 atlas (please see Methods for references).*
detecting long-term effects of Aβ (2017), the chosen temporal delay of 2 years should allow for clinical syndrome is reached (Dubois et al., 2016; Roberts et al., 2016), populations, our findings of a relationship between local Aβ and CBVa might be affected by possibly existing differences in cerebral oxygenation level (Hua et al., 2011b). Given the importance of another important limitation of the study is that all variables, including APOE4 status, were treated as linear in the multiple regression analysis. While such linear mixed models are commonly adopted in similar studies (Mormino et al., 2014), they may not reflect accurate relationship between cognitive decline and these variables. More detailed modeling is merited in subsequent studies to explore and describe more precise relationships between these measures. One fundamental limitation of this pilot study is the time difference between the PET imaging and the MRI scans. To assess long-term effects of Aβ, in the present study, 7T MRI was administered approximately 2 years after the initial 11C-PiB-PET. Considering the gradual accumulation of Aβ in AD, which takes almost 2 decades before the threshold-level of pathological Aβ characterizing the clinical syndrome is reached (Dubois et al., 2016; Roberts et al., 2017), the chosen temporal delay of 2 years should allow for detecting long-term effects of Aβ on CBVa, while still remaining within the AD predementia phase. However, as currently not much is known on possible determinants of Aβ dynamics in clinical populations, our findings of a relationship between local Aβ and CBVa might be affected by possibly existing differences in cerebral Aβ accumulation between study participants. This in regard, our preliminary results should be interpreted with caution, and both PET and MRI will be administrated at the initial and the follow-up visits in subsequent studies to validate the current findings. In addition, as our assessment of individual cognitive decline per year does not account for practice effects or regression to the mean, effects associated with cognition need to be interpreted with caution and replicated by prospective longitudinal studies.

Table 5

| Region                      | Standardized coefficient | p-Value | R²     |
|-----------------------------|--------------------------|---------|--------|
|                             | CBVa (β1)                | Aβ (β2) | CBVa × Aβ (β3) | CBVa (β1) | Aβ (β2) | CBVa × Aβ (β3) |
| Frontal_Sup_Orb             | -1.47                    | -0.62   | -1.77  | 0.05 | 0.05 | 0.05 | 0.31         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |
| Frontal_Inf_Orb             | -1.46                    | -1.02   | -1.76  | 0.05 | 0.05 | 0.05 | 0.39         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |
| Frontal_Sup_Medial          | -1.52                    | -0.97   | -2.14  | 0.02 | 0.02 | 0.01 | 0.36         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |
| Frontal_Mid_Orb             | -0.70                    | -1.02   | -1.75  | 0.05 | 0.02 | 0.05 | 0.45         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |
| Supp_Motor_Area             | -1.39                    | -1.84   | -2.47  | 0.03 | 0.03 | 0.03 | 0.37         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |
| Hippocampus                 | -3.52                    | -0.71   | -4.78  | 0.01 | 0.05 | 0.01 | 0.35         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |
| Lingual                     | -2.76                    | -1.19   | -2.96  | 0.05 | 0.03 | 0.05 | 0.33         |
| Model 1 (full)              |                          |         |        |      |      |      |              |
| Model 2 (restricted)        |                          |         |        |      |      |      |              |
| F-test (p)                  |                          |         |        |      |      |      |              |

Key: Aβ, β-amyloid; CBVa, CBVa, arteriolar cerebral blood volume; GM, gray matter.

The brain regions were labeled according to the IBA5PM 116 atlas (please see Methods for references).

The estimated coefficients correspond to β1, β2, and β3 in Equation for CBVa, Aβ, and CBVa × Aβ, respectively. The synergistic effect from CBVa and Aβ is reflected in the β3 term.

The standardized coefficient can be used as an estimate of relative contribution to longitudinal cognitive decline from each term.

Model 1: cognitive decline (%/per year) = β0 + β1 × CBVa + β2 × Aβ + β3 × CBVa × Aβ + β4 × sex + β5 × age + β6 × education.

Model 2: cognitive decline (%/per year) = β0 + β2 × Aβ + β4 × sex + β5 × age + β6 × education.

p-Value from R² change F-test to assess whether the R² from the 2 models are significantly different.

previously by measuring the transverse (T2) relaxation time of the iVASO difference signal, which is highly sensitive to the blood oxygenation level (Hua et al., 2011b). Given the importance of capillaries for tissue perfusion in healthy brain and in AD and MCI (Eskildsen et al., 2017; Nielsen et al., 2017a), future studies should also investigate potential abnormalities in capillaries in MCI using specialized methods.
confounding factor (van Bergen et al., 2018a). Furthermore, because of the highly specialized experimental setup including both 7T MRI and 11C-PiB, which needed to be performed in the vicinity of the cyclotron used for manufacturing the tracer, a multi-center approach was not feasible, resulting in a relatively small sample size. However, while the application of ultrahigh field strength MRI for maximizing SNR may have increased power to detect early Aβ-related CBVa changes, future larger studies are needed to reproduce our findings in a more clinical setting.

5. Conclusion

Taken together, we here provide evidence on increases in CBVa that are observable in older adults with MCI and closely relate to local Aβ accumulation and thus resulting damage to the neurovascular unit. Alternatively, increased CBVa in the predementia stage may represent a compensatory mechanism aimed at maintaining stable cerebral perfusion and oxygen supply despite spreading AD pathology.

Disclosure

Equipment used in the study was manufactured by Philips. Dr. van Zijl is a paid lecturer for Philips Healthcare and has technology licensed to Philips Healthcare. This arrangement has been approved by Johns Hopkins University in accordance with its conflict of interest policies. All other authors declare that they have no conflict of interest.

Acknowledgements

The authors thank all study participants for partaking in the present study. This project was supported by KFSP Molecular Imaging Network Zurich (MINZ), Swiss National Science Foundation, institutional funding available to the Institute for Biomedical Engineering, University of Zurich, and ETH Zurich, Switzerland, and by the National Center for Research Resources and the National Institute of Biomedical Imaging and Bioengineering of the National Institutes of Health, United States through resource grant P41 EB015909.

Authors’ contribution: JH designed the study and experimental setup, supervised the acquisition, processing, analysis, and interpretation of neuroimaging data. JH has drafted the article together with PGU and has performed the final revision. SWL and NISB performed data processing of the iVASO MRI data and conducted statistical analysis. JMGv performed data processing of MR and PET data and revised the article. MW and KPP provided support in implementing MR sequences (iVASO and MP2RAGE) on the 7 Tesla scanner at ETH Zurich and running the 7T instrument and quality control of obtained MR data. SJG and SMK contacted participants and administered MRI. SEL supervised and performed neuropsychological testing of the study population. AFG coordinated the study and genotyping of APOE, interaction with ethics committee,

Table 6

Multilevel regression analysis on the synergistic effects from GM CBVa and β-amyloid on cognitive decline using data from the control and MCI subjects as 2 separate groups

| Regiona | Standardized coefficientb,c | p-Value | r² |
|---------|-----------------------------|---------|----|
|         | CBVa (β1)  | Aβ (β2) | CBVa × Aβ (β3) | CBVa (β1)  | Aβ (β2) | CBVa × Aβ (β3) |
| Frontal_Sup_Orb | Model 1 (full) | -1.40 | -0.58 | -1.85 | 0.05 | 0.05 | 0.04 | 0.32 |
|         | Model 2 (restricted) | -0.25 |            |        |        |        |        | 0.16 |
|         | F-test (p) |            |        |        |        |        |        | 0.05 |
| Frontal_Inf_Orb | Model 1 (full) | -1.40 | -0.95 | -1.85 | 0.05 | 0.03 | 0.05 | 0.39 |
|         | Model 2 (restricted) | -0.57 |            |        |        |        |        | 0.15 |
|         | F-test (p) |            |        |        |        |        |        | 0.01 |
| Frontal_Sup_Medial | Model 1 (full) | -1.46 | -0.95 | -2.22 | 0.02 | 0.02 | 0.01 | 0.32 |
|         | Model 2 (restricted) | -0.46 |            |        |        |        |        | 0.17 |
|         | F-test (p) |            |        |        |        |        |        | 0.02 |
| Frontal_Mid_Orb | Model 1 (full) | -0.66 | -0.99 | -1.84 | 0.04 | 0.02 | 0.04 | 0.41 |
|         | Model 2 (restricted) | -0.44 |            |        |        |        |        | 0.16 |
|         | F-test (p) |            |        |        |        |        |        | 0.005 |
| Supp_Motor_Area | Model 1 (full) | -1.38 | -1.82 | -2.52 | 0.03 | 0.03 | 0.03 | 0.37 |
|         | Model 2 (restricted) | -0.46 |            |        |        |        |        | 0.15 |
|         | F-test (p) |            |        |        |        |        |        | 0.01 |
| Hippocampus | Model 1 (full) | -3.46 | -0.67 | -4.85 | 0.01 | 0.04 | 0.01 | 0.37 |
|         | Model 2 (restricted) | -0.25 |            |        |        |        |        | 0.15 |
|         | F-test (p) |            |        |        |        |        |        | 0.04 |
| Lingual | Model 1 (full) | -2.72 | -1.15 | -3.03 | 0.04 | 0.03 | 0.04 | 0.32 |
|         | Model 2 (restricted) | -0.42 |            |        |        |        |        | 0.16 |
|         | F-test (p) |            |        |        |        |        |        | 0.05 |

a The brain regions were labeled according to the IBASPM 116 atlas (please see Methods for references).
b The estimated coefficients correspond to β1, β2, and β3 in Equation for CBVa, Aβ, and CBVa × Aβ, respectively. The synergistic effect from CBVa and Aβ is reflected in the β3 term.
c The standardized coefficient can be used as an estimate of relative contribution to longitudinal cognitive decline from each term.
d Model 1: Cognitive decline (% per year) = β0 + β1 × CBVa + β2 × Aβ + β3 × CBVa × Aβ + β4 × sex + β5 × age + β6 × education + β7 × age × Aβ.
e Model 2: Cognitive decline (% per year) = β0 + β2 × Aβ + β4 × sex + β5 × age + β6 × education.
f p-Value from R² change F-test to assess whether the R² from the 2 models are significantly different.
and acquisition of PiB-PET data. VT and AB supervised the preparation of the 11C PiB tracer for measuring brain Aβ-plaque density, quality control of PET data and analysis, revision of the article. RMN and CH are the chairmen of the department and sponsors of the study and provided critical revisions of the final article. HP provided critical revisions of the final article. PCMVZ provided critical revisions of the final article. MA provided critical revisions of the final article. PGU designed the study and experimental setup, supervised the acquisition, processing, analysis, and interpretation of neuroimaging as well as clinical data. PGU has drafted the article together with JH; PGU has performed the final revision and is corresponding author.

Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at https://doi.org/10.1016/j.neurobiolaging.2019.01.001.

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