FORMATION OF FUNCTIONAL AND TECHNOLOGICAL PROPERTIES OF FLOUR DOUGH AND QUALITY OF FINISHED PRODUCTS IN THE TECHNOLOGY OF CUSTARD GINGERBREAD WITH THE USE OF «MAGNETOFOOD» FOOD ADDITIVE

1. Introduction

The confectionery industry is an industry that is developing rapidly and requires a large amount of resources, including a variety of raw materials, for the possibility of expanding the range of products taking into account the wishes of the consumer. It is important to study new types of raw materials and food additives improvers that provide new functional and technological properties of confectionery. These food ingredients have a chemical composition, structural components that can activate the technological process of production, and save raw materials, as well as improve nutritional value, quality indicators and shelf life of finished products. And this is an urgent problem today [1, 2].

In this regard, it is of interest to search for new technological solutions and technological methods for improving the consumer properties of flour confectionery products. In recent years, there has been a tendency in the technology of flour confectionery products to develop and introduce the production of confectionery products using various food additives-improvers. All this allows to create a number of new advanced technologies and products, significantly expand their range, increase shelf life [2, 3].
Therefore, it is relevant to introduce a complex action in the prescription composition of the Magnetofood food additive to form new functional and technological properties of flour confectionery products, in particular, custard gingerbread from a mixture of rye and wheat flour. Magnetofood is an ultrafine powder with a particle size (70...80) nm and with a large specific surface, high activity and specific properties: reducing, antioxidant, bacteriostatic, sorption, complex-forming, emulsifying, moisture-retaining, fat-soluble, water-binding. It is also an additional source of easily assimilated iron (II) [4–6].

2. The object of research and its technological audit

The object of research is the technology of custard gingerbreads from a mixture of rye and wheat flour using the Magnetofood food additive. To improve the technology and obtain high-quality products with a long shelf life of freshness, various technological methods are used, including the introduction of complex-improving food additives-improvers. Promising improvers of food systems (in particular, flour confectionery masses) are nanoadditives, which have a wide range of functional and technological properties, due to the specificity of their physicochemical characteristics due to nanoscale size and quantum mechanical effects.

This necessitates comprehensive research: functional-technological, physicochemical, structural and mechanical properties of flour, dough masses and quality and safety indicators of finished products.

3. The aim and objectives of research

The aim of research is the formation of the functional and technological properties of flour, dough and quality indicators of finished products in the technology of custard gingerbreads using the Magnetofood food additive.

To achieve this goal it is necessary to solve the following objectives:

1. To study the effect of the Magnetofood food additive on the functional and technological properties of rye-wheat flour and the functional, technological, physicochemical and structural-mechanical characteristics of the gingerbread dough.

2. To study the effect of Magnetofood food additive on the quality and safety indicators of finished gingerbread products, including the ability of gingerbread to stale and sorption properties.

3. To establish a rational amount of Magnetofood dietary additive and develop custard gingerbread recipe from a mixture of wheat and rye flour with Magnetofood additive.

4. Research of existing solutions of the problem

Now, in the practice of flour confectionery production, various food additives-improvers are used [4, 5] for:

– expanding the range and improving the quality of flour confectionery [1, 2];
– regulation of the parameters of technological processes [3].

To improve technological parameters and extend the shelf life of flour confectionery, special groups of food additives are used: vitamin-mineral premixes, vitamins – antioxidants, dietary fiber, micronutrient additives with a protective effect [6, 7]. The disadvantage of these additives is the narrow focus of the action.

In the production of flour confectionery, various dietary additives from plant materials (ginseng, Jerusalem artichoke, sea buckthorn, etc.) are widely used. They improve the consumer properties of finished products and contribute to an increase in the water-holding ability of flour confectionery masses [8, 9]. The disadvantages of these additives are low functionality in terms of texture and physicochemical properties of finished products.

Now widespread are various polysaccharide additives obtained from natural ingredients: citrus fibers: hydrocolloids of plant origin, cellulose ethers [10, 11]. Citrus fiber is a source of healthy fiber. The content of dietary fiber in them is from 88 % to 93 %, including soluble fiber – about 20 % [3, 12]. Thanks to such additives, it became possible to create low-calorie foods that retain the structural-mechanical and organoleptic characteristics of traditional analogues. However, they do not secure sufficient cookie porosity. Hydrocolloids: banana and apple powders; sea buckthorn meal; guar and xanthan gums [3, 11]; polydextrose is a polysaccharide consisting of glucose polymers with a low molecular weight [3, 10]. Hydrocolloids are used to impart the desired viscosity or consistency, as well as to stabilize dispersed food systems (emulsions, suspensions). Many hydrocolloids, such as guar and xanthan gums, are soluble dietary fiber. And functional and technological ingredients that contribute to the improvement of water-holding ability and quality indicators. But their influence on the technological properties of the dough confectionery masses and finished products is insufficient.

In order to improve the rheological properties of flour confectionery masses and increase the water-absorbing ability of flour, natural powdery components obtained from dairy and egg products are used [9, 13]. Their disadvantage is the lack of multifunctionality.

Recently, various food additives obtained from recycled products have found application in the production of flour confectionery:

– leather, hooves, feathers [14];
– sub-products [15];
– seeds, bran [16];
– whey [17] and others.

However, these dietary additives are characterized by a narrow focus and do not exhibit a complex effect.

In order to improve the water holding capacity of flour confectionery masses and finished products, wheat-based bioadditives are used [18]. However, the yield and structural-mechanical indicators of the finished products do not improve.

To increase the water-absorbing ability of flour and the water-holding ability of flour confectionery masses in confectionery industries, bioadditives of various origin have also been proposed: soy, chickpeas [19]; enzymes, microalgae, etc. [20]. However, these additives have insufficient functionality for porosity and shape stability of finished products.

In recent years, in the confectionery industry, plant-based compounds containing phenols have been used to increase the water holding capacity of flour confectionery masses [21]. Their disadvantages are insufficient output and shelf life of finished products.
Thus, an analysis of literary sources shows a lack of data on the use of nanopowder ingredients in the technology of flour confectionery products. To improve the quality, increase the shelf life, create new functional and technological properties of flour confectionery products, the Magnetofood food additives can be offered. In food systems, Magnetofood exhibits water-holding, fat-soluble, fat-emulsifying and stabilizing ability [22, 23]. Thus, the significant functional and technological potential of Magnetofood nanoparticles allows to recommend these food additives as an improver of food systems in flour confectionery products.

5. Methods of research

The work investigated the influence of the Magnetofood food additive on the functional-technological, physicochemical and structural-mechanical properties of flour, dough and quality indicators of finished products. Subjects of research – prototypes of custard gingerbread, made according to the traditional recipe for gingerbread «Leningradsky» (control – sample 1) [24]. – Table 1.

| Sample | Amount of Magnetofood, % | Natural Solids, % | Natural Solids, % |
|--------|--------------------------|-------------------|-------------------|
| 1      | 0.10                      | 413.36             | 353.42            |
| 2      | 0.15                      | 95.71              | 81.63             |
| 3      | 0.20                      | 230.89             | 230.54            |
| 4      | 0.25                      | 221.95             | 173.12            |

Table 1

Consolidated recipe for Leningradsky gingerbread

| Raw materials | Mass fraction of solids, % | The consumption of raw materials per 1 ton of finished products excluding packaging materials, kg |
|---------------|----------------------------|---------------------------------------------------------------------------------------------|
| Natural       | Natural solids             | Solids                                                                                  |
| Wheat flour 1 grade | 95.50                      | 413.36                                     | 353.42                                     |
| Seeded rye flour | 95.50                      | 95.71                                     | 81.63                                     |
| Granulated sugar | 99.85                      | 230.89                                     | 230.54                                     |
| Natural honey | 78.00                      | 221.95                                     | 173.12                                     |
| Margarine     | 84.00                      | 56.00                                     | 47.04                                     |
| Melange       | 7.28                       |                                           |                                           |
| Baking soda   | 27.00                      | 11.70                                     | 3.15                                      |
| Ammonium carbonate | –                          | 1.54                                     | 0.77                                      |
| Cocoa powder  | 95.00                      | 11.19                                     | 10.63                                     |
| Cinnamon      | 100.00                     | 3.05                                      | 3.05                                      |
| Palenque      | 78.00                      | 10.18                                     | 7.94                                      |
| Total         | –                          | 1068.97                                   | 917.62                                    |

To develop a system with the necessary quality indicators, the mass fractions of Magnetofood additives were selected – 0.10 % (sample 2), 0.15 % (sample 3) and 0.20 % (sample 4) by weight of the recipe mixture.

In the process of performing the experimental work, standard and generally accepted research methods were used:

- water-binding ability (WBA) of flour and flour mixtures was determined by the Yamazaki method [25];
- swelling ability (SA) – by changing the volume (before and after swelling) of a given mass of flour; water-clay ability (WCA) and rheological properties on the Brabender Farinography (Germany) according to DSTU 4111.1-2002 (ISO 5530-1: 1997.MOD) [26];
- water-holding ability (WHA), fat-holding ability (FHA), water-binding ability (WBA), water-claying ability (WCA), swelling ability (SA) of prototypes of rye-wheat flour and the rheological properties of the dough made from it are investigated.

Table 2 shows the functional and technological indicators of prototypes of rye-wheat flour and dough made from it with different contents of the Magnetofood food additive.

6. Research results

In order to justify the rational mass fraction of the Magnetofood food additive in custard gingerbread, the functional and technological characteristics of rye-wheat flour, the physicochemical and rheological properties of the gingerbread dough made from it and the quality indicators of the finished products were evaluated.

The water-holding ability (WHA), fat-holding ability (FHA), water-binding ability (WBA), water-claying ability (WCA), swelling ability (SA) of prototypes of rye-wheat flour and the rheological properties of the dough made from it are investigated.

Table 2

| Indicator | Sample 1 | Sample 2 | Sample 3 | Sample 4 |
|-----------|----------|----------|----------|----------|
| WBA, %    | 232±1    | 250±1    | 256±1    | 254±1    |
| FHA, %    | 82.0±0.8 | 89.0±0.8 | 92.0±0.8 | 91.0±0.8 |
| SA, cm³/g | 2.65±0.02| 4.18±0.02| 4.25±0.02| 4.21±0.02|
| WCA, %    | 67.0±0.2 | 73.0±0.2 | 73.8±0.2 | 73.6±0.2 |
| WHA, %    | 87.6±0.9 | 100.0±0.9| 104.0±0.9| 102.0±0.9|
| Dough formation time, t 60 s | 6.0±0.2 | 4.6±0.2 | 4.4±0.2 | 4.2±0.2 |
| Dough stability, t 60 s | 7.9±0.1 | 8.5±0.1 | 8.7±0.1 | 8.6±0.1 |
| Dough dilution degree, farinograph units | 70±2 | 49±2 | 45±2 | 47±2 |
As can be seen from the Table 2 making additives «Magnetofood» in the amount of 0.10 %, 0.15 %, 0.20 % by weight of the prescription mixture compared with the control (sample 1) increases:
- WBA – by (21±1) %;
- FHA – by (8.8±0.8) %;
- SA – by (1.5±0.02) cm²/g;
- WCA – by (6.6±0.2) %;
- WHA – by (15.0±0.9) %;
- dough stability – by (0.7±0.1) 60 s.

This is due to the structure-forming ability of Magnetofood nanoparticles, which contributes to better binding of water and fat and more durable retention of moisture and fat in the structure of the product. From the data of Table 2 it also follows that, compared with the control, the dough formation time is reduced by (1.6±0.2) 60 s and the degree of dough dilution by (23±2) units. This is due to the coordination and electrostatic action of Magnetofood nanoparticles.

The best effect is noted when the amount of Magnetofood additive is 0.15 % by weight of the prescription mixture.

As can be seen from Fig. 1, products from 0.15 % Magnetofood are better organoleptic quality indicators. The results of the organoleptic quality assessment of the prototypes of the finished gingerbread are shown in Fig. 1.

Data of Table 3 it follows that the best characteristics of the gingerbread dough were obtained with a mass fraction of Magnetofood additives 0.15 % by weight of the recipe mixture. The results of the organoleptic quality assessment of the prototypes of the finished gingerbread are shown in Fig. 1.
The use of higher mass fractions of a food additive does not significantly affect the quality indicators, and also leads to an undesirable eclipse of products at a break.

According to the research results, a consolidated recipe for custard gingerbread «Kharkivsky» with the Magnetofood additive is proposed – Table 4.

Table 4

| Raw material                  | Mass fraction of solids, % | The consumption of raw materials for semi-finished products per 1 ton of finished products (excluding packaging materials), kg |
|-------------------------------|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Wheat flour 1 grade          | 85.50                     | 412.36 352.42                                                                                                                    |
| Seeded rye flour             | 85.50                     | 95.71 81.83                                                                                                                       |
| Granulated sugar             | 99.85                     | 229.29 228.95                                                                                                                     |
| Natural honey                | 78.00                     | 221.95 173.12                                                                                                                     |
| Margarine                    | 84.00                     | 56.00 47.04                                                                                                                       |
| Melange                      | 27.00                     | 11.70 3.16                                                                                                                        |
| Baking soda                  | 85.00                     | 1.54 0.77                                                                                                                         |
| Ammonium carbonate           | –                         | 7.28 –                                                                                                                            |
| Cocoa powder                 | 95.00                     | 9.99 9.45                                                                                                                         |
| Cinnamon                     | 100.00                    | 3.05 3.05                                                                                                                         |
| Palenque                     | 78.00                     | 10.18 7.94                                                                                                                       |
| Magnetofood food additive    | 99.95                     | 1.6 1.59                                                                                                                          |
| Total                        | –                         | 1068.97 917.62                                                                                                                    |
| Yield                        | 88.0                      | 1000.00 880.00                                                                                                                    |
| Moisture (12.0±2.5) %        |                           |                                                                                                                                   |

Table 5 shows the qualitative characteristics of the Kharkivsky custard gingerbread samples (with a rational content of Magnetofood additives – 0.15 % by weight of the recipe mixture) compared with the control – Leningradsky gingerbread.

Table 5

| Indicator                          | Custard gingerbread prototypes | Normative |
|------------------------------------|--------------------------------|-----------|
|                                    | Leningradsky gingerbread | Kharkivsky gingerbread with 0.15 % |
| Mass fraction of wet, %           | 9.8±0.1                     | 12.2±0.1 |
| Alkalinity, %                     | 2.0±0.1                     | 1.6±0.1  |
| Density, g/cm³                    | 0.52±0.02                   | 0.41±0.02 |
| Wet, %                            | 195±2                        | 215±2    |
| Crumbling, %                      | 1.6±0.2                     | 0.6±0.2  |
| Fluidity, points                  | 4.5±0.2                     | 5.0±0.2  |
| Yield, %                          | 84.4±0.5                    | 88.0±0.5 |
| Losses during heat treatment, %   | 9.9±0.2                     | 8.1±0.2  |

Data analysis in Table 5 shows that the Kharkivsky gingerbreads have better quality indicators compared to the Leningradsky gingerbreads made using traditional technology:

- yield increases by (4.3±0.5) %, humidity by (2.4±0.1) %, wetting by (20±2) %, chewing by (0.5±0.2) point;
- density decreases by (0.11±0.02) g/cm³; crumbling by (1.0±0.2) % during heat treatment by (1.8±0.2) %; alkalinity by (0.4±0.1).

The ability to staling of Kharkivsky gingerbread during storage was investigated by the tensometric method. The products were stored for a regulated period of 30 days at a temperature of (18±2) °C. The sorption properties of the Kharkivsky and Leningradsky gingerbreads prepared according to a traditional recipe are shown in Fig. 2.

Fig. 2. Sorption isotherms of Leningradsky and Kharkivsky gingerbread at a temperature of (20±2) °C

An analysis of the sorption isotherms of the Kharkivsky and Leningradsky gingerbreads (Fig. 2) shows that the introduction of Magnetofood contributes to the retention of bound water in the product. At ϕ=0.7 (70 % relative humidity in the room), the amount of bound water in Kharkivsky gingerbread is 42 %, and in Leningradsky gingerbread – 35 %. This helps to extend the shelf life of the freshness of products from the Magnetofood food additive.

Microbiological quality indicators of custard gingerbread samples were investigated. In the Table 6 shows the results of microbial contamination of the surface of gingerbread samples immediately after manufacture and after storage at a temperature of (18±5) °C for 30 days at a relative humidity of ϕ=(75±2) %.

Table 6

| Indicator                          | Normative         | Gingerbread, ϕ=(75±2) % |
|------------------------------------|-------------------|--------------------------|
|                                    | Leningradsky      | Kharkivsky                |
|                                    | gingerbread       | gingerbread               |
| NMAFAM (number of mesophilic aerobic facultative anaerobic microorganisms), CFU (colony forming units/g, immediately/after 30 days) | 1.0⋅10³ | Not revealed/4.0⋅10³ |
| Yeast CFU/g, immediately/after 30 days | 50              | Not revealed/0.0          |
| Bacteria of the group of Escherichia coli (coliforms), 1.0 g, immediately/after 30 days | Not allowed | Not revealed               |
| Immediately/after 30 days           | Not allowed       | Not revealed              |
| Pathogenic microorganisms, including bacteria of the genus Salmonella, in 25 g, immediately/after 30 days | 50              | Not revealed/12.0          |

From the data of Table 6 it follows that the introduction of the Magnetofood additive reduces the con-
tamination of the surface of the Kharkivsky gingerbread: NMAFAM by 10 times, yeast by 4 times, molds by 3 times compared with the control (Leningradsky gingerbread).

That is, the Magnetofood dietary additive suppresses the development of microorganisms on the surface of Kharkivsky gingerbread.

7. SWOT analysis of research results

**Strengths.** It has been established that the most strengths of flour confectionery products using the Magnetofood food additive are:
- uniqueness of the offer;
- patent protection;
- improvement of consumer characteristics;
- engthening the shelf life of freshness, resource conservation;
- cost reduction and optimization of the weight and volume of finished products due to the «clusterophicity», water and fat-soluble ability of nanoparticles (which helps to reduce losses during heat treatment and increase yield).

**Weaknesses.** The weaknesses of the study include:
- low level of consumer information about new products and manufacturers’ risks in the case of introducing new products, in particular the complexity of the calculation;
- increase in energy consumption for the production of food additives.

**Opportunities.** According to the strategic prospects for promoting new products on the market, they are mainly determined by the growth of the nanotechnology and nanoproducts market, as well as by the demand for introducing nano-research results in the food sector.

**Threats.** The main threats to the sale of products using the Magnetofood food additive are the low level of financing of innovative projects and the unresolved nature of technology transfer issues.

8. Conclusions

1. It was found that the introduction of Magnetofood additives in an amount of 0.10%; 0.15%; 0.20 % by weight of the prescription mixture compared to the control:
   1) rye-wheat flour increases: WBA – by (21±1) %; FHA – by (8.8±0.8) %; SA – by (1.56±0.02) cm²/g; WCA – by (6.6±0.2) %; WHA – by (15.0±0.9) %;
   2) rye-wheat dough:
      - increases: dough stability at (0.7±0.1)·60 s, humidity at (1.3±0.2) %, ultimate shear stress at (23±2) Pa and plastic viscosity at (22±0.4) kPa·s;
      - reduces the time of dough formation by (1.6±0.2)·60 s, the degree of dilution of the dough by (23±2)·2 units of the farinograph, the density of the dough by (0.7±0.1) g/cm³, the adhesive strength by (14.8...25.9) % of the surface of steel.

2. It is proved that the Kharkivsky gingerbread using Magnetofood additives have the best organoleptic properties and quality and safety indicators in comparison with the Leningradsky gingerbread made using traditional technology:
   - yield increases by (4.3±0.5) %, humidity by (2.4±0.1) %, wetting by (20±2) %, fluidity by (0.5±0.2) point;
   - density decreases by (0.11±0.02) g/cm³, crumbling by (1.0±0.2) losses during heat treatment by (1.8±0.2) %; alkalinity by (0.4±0.1).

It is determined that Magnetofood nanoparticles contribute to the retention of moisture in the product, increasing the amount of bound water by (7.0±1) % in Kharkivsky gingerbread compared to Leningradsky gingerbread.

3. A rational amount of the Magnetofood food additive has been determined, which is 0.15 % by weight of the prescription mixture. The Kharkivsky gingerbread custard recipe was compiled from a mixture of wheat and rye flour with the addition of the Magnetofood food additive.

The obtained results give reason to recommend the Magnetofood food additive as a stabilizer, structure-forming agent and improver of flour confectionery products.

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