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Water-Membrane Partition Thermodynamics of an Amphiphilic Lipopeptide: An Enthalpy-Driven Hydrophobic Effect

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ABSTRACT To shed light on the driving force for the hydrophobic effect that partitions amphiphilic lipoproteins between water and membrane, we carried out an atomically detailed thermodynamic analysis of a triply lipid modified H-ras heptapeptide anchor (ANCH) in water and in a DMPC (1,2-dimyristoyl-sn-glycero-3-phosphocholine) bilayer. Combining molecular mechanical and continuum solvent approaches with an improved technique for solute entropy calculation, we obtained an overall transfer free energy of $\sim$ 13 kcal mol$^{-1}$. This value is in qualitative agreement with free energy changes derived from a potential of mean force calculation and indirect experimental observations. Changes in free energies of solvation and ANCH conformational reorganization are unfavorable, whereas ANCH-DMPC interactions—especially van der Waals—favor insertion. These results are consistent with an enthalpy-driven hydrophobic effect, in accord with earlier calorimetric data on the membrane partition of other amphiphiles. Furthermore, structural and entropic analysis of molecular dynamics-generated ensembles suggests that conformational selection may play a hitherto unappreciated role in membrane insertion of lipid-modified peptides and proteins.

INTRODUCTION

Transfer of nonpolar (hydrophobic or water-hating) compounds into lipid membranes is usually ascribed to the hydrophobic effect. The driving force for the hydrophobic effect is assumed to be entropic in origin (1). This is because the entropy change, $\Delta S$, associated with the transfer of small nonpolar molecules such as benzene and hexane from the pure phase to water is large and negative at room temperature; the corresponding enthalpy, $\Delta H$, is approximately zero or only slightly negative. The conventional molecular interpretation of this observation is that insertion of nonpolar molecules in water perturbs the hydrogen-bonding pattern of the surrounding water molecules. In the absence of water-solute interactions to compensate for this effect, stronger interaction among water molecules around the solute causes ordering into so-called “clathrates” (1), “icebergs” (2), or “flickering clusters” (3). The release and reorganization of these ordered water molecules upon the transfer of the solute to the pure phase explains the entropic origin of the hydrophobic effect (1). This transfer process is also characterized by a strong temperature dependence of the heat capacity change ($\Delta C_p$), which can be explained by the consumption of heat to “melt” the iceberg. Similarly, the connection between the formation of interfaces (such as water-membrane) and the hydrophobic effect for large solutes has been described by the displacement of water molecules away from nonpolar solute surfaces (4) or dewetting (5).

Partitioning of purely hydrophobic molecules into model or biological membranes is consistent with this “classical” picture of the hydrophobic effect, namely, solvent effects drive insertion. Indeed, the transfer of a series of hydrophobic tripeptides to lipid membrane is associated with large positive (favorable) entropy and (nearly) zero enthalpy (6). In contrast, the transfer of amphiphilic molecules from aqueous phase to lipid membrane can be either enthalpy or entropy driven. For instance, although entropy dominates the membrane transfer free energy of the positively charged local anesthetic dibucaine, the same calorimetric experiments found enthalpy-driven hydrophobic effects for the potential-sensitive dye 2-(p-toluidinyl)naphthalene-6-sulfonate, the membrane conductivity inducing anion tetraphenylborate, and the Ca$^{2+}$ channel blocker amlodipine (7).

These data demonstrate that the driving force for the hydrophobic effect responsible for the partition of amphiphilic compounds between water and membrane cannot be generalized as arising from solvent reorganization. Enthalpy-driven hydrophobic effects have also been found in drug-protein associations (8). The conventional interpretation of the hydrophobic effect is further complicated by the difficulty of distinguishing between solute and solvent effects. First, the van der Waals (vdW) interaction energy between apolar molecules in the liquid phase can mask the hydration enthalpy (9). For example, whereas the overall room temperature enthalpy associated with the transfer of a benzene molecule to water is close to zero, the vdW interaction energy measured by the heat of vaporization is positive ($\sim$ 6 kcal mol$^{-1}$), suggesting a negative hydration enthalpy (10). Second, it has long been appreciated that the solvent and solute contributions to entropy are hard to separate by experimental procedures (8,11)

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or by common computational techniques (12). In fact, the assignment of the entropy of transfer to water reorganization alone is valid only when the solute reorganization is negligible, which is typically not the case.

To shed light on these issues, we explicitly calculated the solute- and solvent-related contributions to the free energy of transfer (or insertion) of an amphiphilic lipopeptide into a 1,2-dimyristoyl-sn-glycero-3-phosphocholine (DMPC) bilayer. A triply lipid-modified heptapeptide representing the H-ras membrane anchor (ANCH) was used as a model system. H-ras belongs to the family of Ras GTPases that are crucial regulators of cellular signaling. They mediate cell proliferation, development, and apoptosis when bound to membranes, especially the inner leaflet of the plasma membrane. Membrane targeting is achieved through posttranslational lipid-modification(s) (13). In H-ras, this involves farnesylation (modeled here by a hexadecyl group, HD) at the C-terminal CaaX signal (a usually represents aliphatic and X any amino acid) followed by palmitoylation (Palm) of two adjacent cysteine residues (Fig. 1). The distribution of the polar and charged side chains (Ser-183 and Lys-185) relative to the nonpolar Met-182 and the lipid-modified groups (Palm181, Palm184, and HD186) gives ANCH an amphiphilic character. However, the flexibility of its long lipid tails and lack of a defined geometry in solution makes ANCH unique when compared with common membrane-binding amphiphilic motifs, such as α-helices (14), Trp-containing peptides (15) and references therein), and ring-carrying hydrophobic ions (7).

ANCH is an interesting system both in itself and as a model for studying the driving force of the hydrophobic effect for (lipop)peptide membrane partitioning. First, a detailed understanding of its membrane insertion thermodynamics is biologically and pharmacologically important with implications for cancer therapy. Second, its moderate size allows an extensive sampling of configurational space by computer simulations. Third, the structure and dynamics of membrane-bound ANCH, as well as the mechanism of insertion and the associated potential of mean force (PMF), have already been characterized in detail (16–18). Substantial experimental information is also available (19–21). Furthermore, the nonconventional structure and unique amphiphility of ANCH provide a fresh perspective into an old problem.

We used molecular dynamics (MD) simulations to generate structural ensembles of ANCH in water and in a DMPC bilayer. These ensembles were used to evaluate thermodynamic quantities. Solute configurational entropy was evaluated by a complete quasiharmonic analysis corrected for anharmonicities and pairwise correlations and external entropies by a probability distribution approach. Internal and solvation energies were estimated by molecular mechanical and continuum solvation models. We found that the hydrophobic effect responsible for the water-to-membrane transfer of ANCH is enthalpy driven. Furthermore, a combined structural and entropic analysis of ANCH suggests that conformational selection may play a significant role in membrane binding.

**METHODS**

The equilibrium distribution of ANCH at temperature $T$ (310 K in this work) between water and membrane can be described by the insertion free energy, $\Delta G_{\text{ins}}$, (Eq. 1),

$$\Delta G_{\text{ins}} = \Delta H - T \Delta S.$$  

(1)

Changes in enthalpy ($\Delta H$) and entropy ($\Delta S$) arise from changes in interaction and reorganization of atoms within and between the heptapeptide ANCH, $p$, membrane, $m$, and water, $w$ (Eq. 2).

**FIGURE 1** Structure of ANCH in water (state $1 = s_1$, left) and in a DMPC bilayer (state $2 = s_2$, right). The models represent the centers of the first clusters from simulations $s_1$ and $s_2$ (see text). Carbon (green), oxygen (red), nitrogen (blue), and sulfur (yellow).
\[
\Delta G_{\text{ins}} = (\Delta H - T \Delta S)^p + (\Delta H - T \Delta S)^p - m \\
+ (\Delta H - T \Delta S)^m + (\Delta H - T \Delta S)^{p-m}.
\]

Each of these terms can be calculated by sampling solute and solvent configurations at the initial state of ANCH in water (s1) and the final state in membrane (s2, Fig. 1). Here, the third term is assumed to be negligible (see Simulation details section) and peptide insertion is described by a two-step process (Eq. 3):

\[ p \rightarrow p' \rightarrow p \text{ m.} \]

The first step, \( p \rightarrow p' \), represents the conformational adaptation of \( p \) to its shape in membrane, \( p' \). The second step, \( p' \rightarrow p' \text{ m} \), involves the association of \( p' \) and \( m \). Note that all thermodynamic quantities can be computed in a single step involving the end states (\( p' \rightarrow p' \text{ m} \)). The advantage of the two-step scheme is that the free energy cost of peptide conformational reorganization, \( \Delta G_{\text{reo}}^{p-p'} \), can be calculated separately from the association free energy, \( \Delta G_{\text{ass}}^{p-p' \text{ m}} \). Their sum equals the total free energy of insertion, \( \Delta G_{\text{ins}}^{p-p' \text{ m}} \) (Eq. 4).

\[
\Delta G_{\text{ins}}^{p-p' \text{ m}} = \Delta G_{\text{reo}}^{p-p'} + \Delta G_{\text{ass}}^{p-p' \text{ m}}
\]

Ensemble-averaged intra-ANCH and ANCH-membrane potential energy and the corresponding polar and nonpolar solvation free energies were computed using the molecular mechanics Poisson Boltzmann solvent accessible surface area (MM-PBSA) approach (22,23) adapted to a membrane system.

**MM-PBSA**

In the MM-PBSA scheme, \( \Delta G_{\text{reo}}^{p-p'} \) and \( \Delta G_{\text{ass}}^{p-p' \text{ m}} \) can be written as (Eqs. 5 and 6).

\[
\Delta G_{\text{reo}}^{p-p'} = (\Delta E_{\text{MM}} + \Delta G_{\text{PB}} + \Delta G_{\text{SA}} + T \Delta S_{\text{intr}})^{p-p'}
\]

\[
\Delta G_{\text{ass}}^{p-p' \text{ m}} = (\Delta E_{\text{MM}} + \Delta G_{\text{PB}} + \Delta G_{\text{SA}} + \Delta G_{\text{lip}} + T \Delta S_{\text{lip}})^{p-p' \text{ m}}.
\]

The potential energy \( \Delta E_{\text{MM}}^{x-y} \) (where \( x \rightarrow y \) represents either \( p \rightarrow p' \) or \( p' \rightarrow p' \text{ m} \)), is composed of covalent (bond, angle, dihedral, \( \Delta E_{\text{MM}}^{\text{coh}} \)) and nonbonded vdW (\( \Delta E_{\text{MM}}^{\text{vdW}} \)) and electrostatic (\( \Delta E_{\text{MM}}^{\text{elec}} \)) interaction energies:

\[
\Delta E_{\text{MM}}^{x-y} = \Delta E_{\text{MM}}^{\text{coh}} + \Delta E_{\text{MM}}^{\text{vdW}} + \Delta E_{\text{MM}}^{\text{elec}}.
\]

Each of these terms was obtained from an ensemble-averaged difference of the corresponding CHARMM force field (24) energies at \( s1 \) and \( s2 \), computed without cutoff for the nonbonded terms.

The Poisson Boltzmann (PB) method of continuum electrostatics was used for the electrostatic solution, \( \Delta G_{\text{PB}}^{x-y} \) (Eq. 8).

\[
\Delta G_{\text{PB}}^{x-y} = \Delta G_{\text{PB}}^{x-y}(e_v, \gamma_w),
\]

where \( \Delta G_{\text{PB}}^{x-y} \) (\( e_v, \gamma_w \)), the reaction field energy, is the free energy of transferring a molecule from a medium of dielectric \( e_v \) to one of dielectric \( \gamma_w \). The PBEB module of the CHARMM program (25) was used to solve the linear PB equation (by the successive overrelaxation method) in a cubic grid of 229 Å. The default trilinear interpolation for charge distribution and Debye-Huckel approximation for boundary points (with the XY periodic boundary condition for membrane) were used. The dielectric boundary was smoothed within ±0.5 Å from atomic surface. The bilayer was treated as a dielectric slab with a hydrophobic thickness of 25 Å. The dielectric constants for water (\( e_v \)) and membrane/ANCH (\( e_v \)) were set to 80 and 2, respectively. A dilute salt concentration of 0.015 M with a Stern radius of 2 Å and a probe radius of 1.4 Å were used.

The nonpolar solvation, \( \Delta G_{\text{SA}}^{x-y} \), was computed using the change in the solvent accessible surface area (SASA) and a vacuum-water surface tension coefficient (\( \gamma_w \)) of 0.0054 kcal mol\(^{-1} \) Å\(^{-2} \) (Eq. 9; see Gorfe and Jelešarov (26) and references therein).

\[
\Delta G_{\text{SA}}^{x-y} = \Delta \text{SASA} \times \gamma_w + 0.92
\]

SASA was calculated with the CHARMM program and a probe radius of 1.4 Å, where the membrane was treated as single entity whose geometry is defined by the constituent lipids. Note that \( \Delta G_{\text{SA}}^{x-y} \) and \( \Delta G_{\text{PB}}^{x-y} \) both contain enthalpic and entropic effects arising from water-water, water-ANCH, and water-membrane interactions.

The MM-PBSA approach has been widely used in protein-protein (22,23), protein-DNA (26), and small molecule-protein (27,28) binding free energy calculations, as well as in alamime-scanning experiments (26). The PB approach, complemented by SA or in isolation, has also been used for the estimation of membrane binding solvation energies of model peptides and proteins (29–32). MM-PBSA requires extensive sampling of configurational spaces. Therefore, in addition to approximations inherent in continuum models, conformational sampling plays a crucial role in limiting the accuracy of MM-PBSA. For example, whether separate simulations for the reagents and complex or a single one for the complex provide a better agreement with experiment is still unclear (22,23,28,33). We used two 70 ns explicit water MD simulations with ANCH in water and in membrane.

**Simulation details**

A structural model of ANCH, constructed as described before (17,18), was solvated in a box of 56.5 \( \times 40.7 \times 38.9 \) Å containing 2642 water molecules and a Cl\(^- \). After setup of the systems through cycles of minimizations and equilibrations following standard protocols (see for example, Gorfe and Caffišc (34)), a production simulation was commenced with the program NAMD (35) under the same condition as previous simulations (16–18). The CHARMM27 force field (24) was used with constant temperature (310 K), normal pressure, and cross-sectional area. The full particle mesh Ewald electrostatics, a 12 Å cutoff for vdW interactions, a 1 Å cutoff for nonbonded list update, the SHAKE algorithm, and a 2 fs time step were used in all simulations. A simulation of the peptide in water was run for 70 ns and the resulting ensemble represented state s1. An earlier 20 ns simulation (17) of ANCH in a bilayer of 216 DMPC lipids was extended to 70 ns, and represented state s2. In each case, structural stabilization was achieved between 5 and 10 ns (16–18) but intramembrane and ANCH-membrane interactions continued to evolve until ~35ns. Therefore, all except the first 10 ns structures (sampled every picosecond) were used for the solute entropy calculations but only the last 35 ns (sampled every 10 ps for MM and SA, and every 100 ps for the more expensive PB) for the MM-PBSA calculations.

Note that i) ANCH in the s2 state is structurally similar to a DMPC lipid (Fig. 1); and ii) a single lipid was removed from the ANCH-containing leaflet (17,18). As a result, peptide insertion did not significantly perturb the equilibrium structure of the bilayer (see Gorfe et al. (17) for details) suggesting that the contribution of \( (\Delta H - T \Delta S)^{p-m} \) to \( G_{\text{ins}} \) can be neglected.

**Solute entropy and membrane perturbation free energies**

The solute configurational (or internal) entropy, \( \Delta S_{\text{conf}}^{x-y} \), which contains the so-called conformational and vibrational entropies, was estimated based on a complete quasi-harmonic analysis with corrections for anharmonicities and pairwise correlations (36). The quasiharmonic entropy upper-bound estimate \( (\Delta S_{\text{conf}}^{p-m})_{\text{ah}} \) was calculated using the program entropy (37). Its corrections for anharmonicities in the quasiharmonic modes \( (\Delta S_{\text{conf}}^{p-m})_{\text{ah}} \) were evaluated at the classical level as detailed elsewhere (36). These terms are additive,

\[
T \Delta S_{\text{conf}}^{p-m} = T \Delta S_{\text{conf}}^{h} + T \Delta S_{\text{conf}}^{ch} + T \Delta S_{\text{conf}}^{pe}.
\]

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Notice that $\Delta S^c_{\text{cl}}$ and $\Delta S^c_{\text{oh}}$ are in fact $\Delta S^c_{\text{q}}$ and $\Delta S^c_{\text{p}}$, accounting for both differences between states $s_1$ and $s_2$ and corrections to the absolute $S^c_{\text{m}}$ value (36). The same method has been recently applied to systems of different chemical natures (38–42). Single lipid tail configurational entropies were calculated as in Baron et al. (38).

The external entropy (i.e., the loss of translational and rotational degrees of freedom of ANCH upon membrane binding, $\Delta S^c_{\text{pol}}$) was evaluated based on the numerical integration of the normalized probability distributions, $p(q)$, of the rigid-body translation and rotation of ANCH at $s_2$ (28,43),

$$\Delta S^c_{\text{pol}} = RT \left( \int p(q) \ln p(q) dq \right).$$

$C^0$ is standard concentration and $q$ represents Cartesian or angular coordinates.

The free energy of membrane perturbation, $\Delta G^\text{m}_{\nu}$, was estimated as follows. The structure of $\nu = 44$ DMPC lipid was perturbed upon ANCH insertion when 10 Å was used as the coherence length (17). This perturbation has been characterized by the average change in the orientational order parameter of the bound lipids from the bulk ($\Delta S^0 \approx 0.04$). Together with $S^2_p(-0.2)$ of a pure DMPC bilayer, $\Delta S^0$ can be used to estimate $\Delta G^\text{m}_{\nu}$ based on a simplified version of an expression due to Jähnig (44).

$$\Delta G^\text{m}_{\nu} = -\mu \left( \frac{\Delta S^0}{S^0} \right)^2,$$

where $\mu = 0.27$ kcal mol$^{-1}$ is derived from the latent heat per lipid molecule at phase transition ($Q = 5.4$ kcal mol$^{-1}$) and a theoretical temperature factor of 1/160 (44).

**RESULTS AND DISCUSSION**

To characterize the driving force for the partition of ANCH between water and membrane, the free energy of insertion ($\Delta G^\text{m}_{\text{ref}}$) was parsed into enthalpy/entropy and solute/solvent contributions. The results (Table 1) indicate that membrane insertion is driven by the interaction enthalpy ($\Delta G^\text{MM} \approx -136$ kcal mol$^{-1}$) and is opposed by solvation free energies ($\Delta G^\text{PB} + \Delta G^\text{SA} \approx +87$ kcal mol$^{-1}$) as well as by solute entropy ($T \Delta S \approx +36$ kcal mol$^{-1}$). The resulting overall free energy of insertion ($\sim -13$ kcal mol$^{-1}$) qualitatively agrees with estimates from PMF calculations ($\sim -30$ kcal mol$^{-1}$) and indirect experimental observations ($\sim -26$ kcal mol$^{-1}$) (16,45). This value is also comparable to the free energy cost of extracting a DMPC lipid from a bilayer as found by a recent PMF calculation (46).

**Peptide conformational adaptation**

ANCH reorganization costs $\sim 59$ kcal mol$^{-1}$ in free energy ($\Delta G^\text{ref}_{\text{fin+m}}$, Table 1). The major sources of the unfavorable $\Delta G^\text{ref}_{\text{fin+m}}$ are the configurational entropy ($-T \Delta S^\text{fin+m} \approx 31$ kcal mol$^{-1}$) and the loss of vdW interactions ($\Delta E^\text{vdw}_{\text{MM}}$, Fig. 2 A). Intra-ANCH electrostatic interactions ($\Delta E^\text{ele}_{\text{MM}}$) provided a modest favorable energy, whereas the solvation term ($\Delta E^\text{SA}_{\text{MM}}$) is negligible (Fig. 2 A). These results can be rationalized by the dominant structure of ANCH (Fig. 1). In $s_1$, ANCH is relatively compact with its hydrophobic lipid tails wound around each other. In $s_2$, ANCH adopted an extended conformation with the lipid tails unwound (Figs. 1 and 3). This compact-to-extended $p \rightarrow p^+$ transition can be quantified by the ensemble averaged solvent accessible surface area, which is $\sim 1700$ Å$^2$ for $p$ and $\sim 2500$ Å$^2$ for $p^+$. Therefore, the unfavorable $\Delta E^\text{SA}_{\text{MM}}$ and the $-5$ kcal mol$^{-1}$ nonpolar solvation ($\Delta G_{\text{SA}}$) are largely due to the loss of vdW interactions and water exposure of the CH$_2$ groups. The polar groups are solvent-exposed in both $s_1$ and $s_2$, explaining the modest electrostatic (interaction and solvation) contribution. That the largest contribution to $\Delta G^\text{ref}_{\text{fin+m}}$ arises from configurational entropy (Fig. 2 A) supports our earlier prediction of ANCH reorganization free energy being entropy dominated (16).

The positive sign of $-T \Delta S^\text{fin+m}$ negates the conventional wisdom of associating structural relaxation with an increase in entropy. However, it is consistent with the notion that the bilayer reduces the configurational space available to ANCH by, among other effects, enforcing specific orientations (17,18,47,48). To have a qualitative understanding of this issue, we recomputed $-T \Delta S^\text{conf}$ for each of Palm181, Palm184, and HD186 lipid tails as well as for the peptide backbone. We also calculated the probability distribution ($p(r)$) of the end-to-end distances, i.e., the distance between the first methyl and the last methylene carbon atoms of the lipid tails and the first and last C$\alpha$ atoms of the backbone. The results are summarized in Fig. 3. The change in $p(r)$ from $s_1$ to $s_2$ is modest in Palm184, intermediate in Palm181, and large in HD186. The corresponding (single-chain) $-T \Delta S$ values mirror these variations ($\sim 1, 2, \text{and} 9$ kcal mol$^{-1}$, respectively). In the case of the backbone, $p(r)$ displays a approximately similar double-well distribution in both $s_1$ and $s_2$, which is again mirrored by the $\sim 1$ kcal mol$^{-1}$ $-T \Delta S$

**TABLE 1 Contributions to the water-membrane transfer free energy of ANCH (kcal mol$^{-1}$)**

| Process | Potential energy ($\Delta E^\text{MM}$) | Solvation ($\Delta G^\text{PB} + \Delta G^\text{SA}$) | Nonwater entropy ($-T \Delta S$) | Free energy (sum) |
|---------|---------------------------------------|-------------------------------------------------|-------------------------------|------------------|
| $p \rightarrow p^+$ | 24.3 (8) | 4.1 (7)* | 30.6 (9)* | 59.0 |
| $p^* \rightarrow p^+ m$ | $-160.8$ (65) | 83.3 (16)* | 5.5 (1) | $-72.0$ |
| $p \rightarrow p^+ m$ | $-136.5$ (66)* | 87.4 (19)* | 36.1 (10) | $-13.0$ |

For brevity $\Delta G^\text{m}_{\nu} \approx 0.6$ kcal mol$^{-1}$ is included in $-T \Delta S$ although it contains an enthalpic component as well. Statistical errors obtained after block averaging over 7 ns subensembles of changes in energies are given as standard deviations (shown in parentheses).

*Error was propagated as the sum of standard deviation values in $\Delta G^\text{PB}$ and $\Delta G^\text{SA}$.

†The average error on $T \Delta S$ was obtained from a numerical error analysis for $S^m_{\text{fin}}$ after propagating the error on the difference (see Supplementary Material, Fig. S1).
value. The same qualitative conclusions can be drawn by comparing the distribution of the superposed structures or the corresponding root mean square deviations (RMSD, Fig. 3). These data demonstrate that insertion into the DMPC bilayer reduces the conformational space accessible to ANCH and thus explain the reduction in solute entropy.

**Peptide insertion**

The reduction in configurational space and the loss in intra-ANCH vdW interactions are offset by the ~161 kcal mol\(^{-1}\) ANCH-membrane interaction energy change. The vdW interactions of ANCH lipid tails and Met-182 side chain with the DMPC lipids provided three-fourths of the potential energy; the rest is from Coulombic interactions (Fig. 2 B).

Electrostatic solvation (\(\Delta G_{\text{PB}}\), which is about twice the magnitude of \(\Delta E_{\text{MM}}\)) opposes binding. The value of \(\Delta G_{\text{SA}}\) is comparatively small but favorable. Together with the small contributions from external entropy, the overall association free energy (\(\Delta G_{\text{MM}}\)) is therefore ~71 kcal mol\(^{-1}\).

The role of \(\Delta E_{\text{vdW}}\) can be understood from the fact that i) as few as 5–7 initial vdW contacts lead to a fast and spontaneous insertion of the whole peptide (16,18,47), and ii) the progress of membrane insertion is accompanied by a steady increase of vdW contacts (16,17). The favorable self-diffusion coefficient of ANCH is 10~8 cm\(^2\)/s in water and in membrane. For example, the two-dimensional (along the membrane normal) degree of freedom of the translational entropy is small because only the oxygen atoms (16–18). The opposite effects of \(\Delta G_{\text{PB}}\) and \(\Delta G_{\text{SA}}\) is consistent with the transfer of polar groups from water to the interfacial region being energetically costly compared to the transfer of nonpolar groups to the DMPC core. The loss of translational/rotational entropy also opposes binding by ~5 kcal mol\(^{-1}\); ~4 kcal mol\(^{-1}\) of this is from restrictions in rotational degrees of freedom. The magnitude of the translational entropy is small because only the z-dimensional (along the membrane normal) degree of freedom is restricted. In fact, the lateral mobility of ANCH is similar in water and in membrane. For example, the two-dimensional self-diffusion coefficient of ANCH is 10~6 cm\(^2\)/s in s1 and 7.9 ~8 cm\(^2\)/s in s2. The estimated free energy of membrane perturbation, arising from the disorder of DMPC lipids that are near ANCH, or bound lipids (17), is also very small (~0.6 kcal mol\(^{-1}\)). A similar value has been estimated before (44).
Backbone dynamics suggests conformational selection

The current calculations assumed an induced fit mechanism, i.e., ANCH conformational adaptation occurs after membrane binding. In a previous work (16), we anticipated that membrane insertion may be opposed by an entropy-dominated free energy of peptide reorganization. Based on the agreement between PMF calculations and experimental estimates, we further predicted that $\Delta G_{reo}^{p \rightarrow p+}$ would be small (16). Although they share the final state $s_2$, the initial state in the previous work was somewhere between $s_1$ and $s_2$, which precludes direct comparison with the current data. Nevertheless, the large value of $\Delta G_{reo}^{p \rightarrow p+}$ computed here requires an explanation. Distribution of the pairwise RMSD and cluster analysis (excluding the first 10 ns) provide interesting insights into this issue (Fig. 4).

The backbone structure of ANCH in $s_2$ is characterized by a sharp and narrow Gaussian distribution of the pairwise RMSD and an average separation between ensemble members of 1 Å. The corresponding ensemble in $s_1$ is characterized by a wide non-Gaussian distribution. Clustering of these structures resulted in one major cluster in $s_2$ (94%) and two in $s_1$ (76% and 21%). Remarkably, the second most populated cluster in $s_1$ represents an extended conformation that closely mimics the most populated cluster in $s_2$. Furthermore, the first cluster in $s_1$ resembles the minor cluster in $s_2$. An interesting outcome of this result is the possibility that membrane insertion involves conformational selection. This implies, in turn, that the inherent flexibility of ANCH in water generates conformers that would partition to membrane with lower energetic penalty. Conformational selection is a common theme in protein-protein, protein-ligand, and protein-nucleic acid associations (49–51), but membranes were often assumed to nonselectively shape proteins/peptides. Our data suggest that conformational selection may play at least a partial role in the transfer of ANCH to membrane. In such a case, the $\Delta G_{reo}^{p \rightarrow p+}$ value estimated here should represent an upper limit of the energetic penalty associated with the $p \rightarrow p+$ transition, which is consistent with our previous PMF calculations (16).

Dynamics of the lipid tails supports conformational selection

The conformational reorganization of the ANCH lipid tails is crucial because, upon transfer from water, they need to straighten and adapt to the shape of the host lipids. This is evident from the distributions of the end-to-end distances (Fig. 3). Each of the lipid tails became stretched when inserted in the bilayer. The hexadecyl group (HD186) underwent the largest change, with an average chain length of $\sim 18$ Å in $s_2$ compared with $\sim 12$ Å in $s_1$. This allowed HD186 to insert deeper and to make a higher number of vdW contacts with the DMPC lipids (16,17). The chain length changes are comparatively small for Palm181 and Palm184 but are still significant.

Indirect experimental observations suggest that the removal of any of the ANCH lipids modulates the kinetics of membrane binding (45,52,53). General microscopy experiments showed that the cytosolic pool of H-ras is much smaller than the doubly lipid-modified N-ras or variants of H-ras with either Palm181 or Palm184 removed (21). Furthermore, PMF calculations found that the removal of the lipid tails results in a steep rise in the PMF upon membrane contact and that the largest contribution to the insertion free energy comes from HD186, followed by Palm181 and Palm184 (A. A. Gorfe and J. A. McCammon, unpublished). As discussed above, the extension of HD186 alone would cost $\sim 9$ kcal mol$^{-1}$ in configurational entropy (if treated as an isolated entity). We propose that instead of paying such an entropic penalty, structures with already extended lipids (see intersections of $p(r)$ in $s_1$ and $s_2$) would selectively and spontaneously insert via the conformational selection mechanism.

Physicochemical considerations and earlier experiments

Some of the principles that hold for purely hydrophobic solutes highlighted in the introduction also apply to molecules containing some hydrophilic units (4). However, the accommodation of both hydrophilic and hydrophobic interactions restricts molecular configurations, resulting in additional entropic effects (4). Thus, the free energy of transferring amphiphilic molecules into a membrane with an oily interior has two major contributions. The first is the free
energy contribution of the hydrophilic head, which favors the water-bilayer interface. The net contribution of this effect to the overall free energy can vary depending on the polarity (or charge content) and the shape of the headgroups. The second is the free energy contribution due to the transfer of the hydrophobic moiety to the oily interior of the membrane. The net contribution of this free energy is always favorable and is modulated by the size of the hydrophobic portion of the solute, which, for lipidated proteins, varies with the length (e.g., farnesyl versus geranyl geranyl) and saturation (e.g., farnesyl versus palmitoyl) of the lipid modification(s). Despite these differences, free energies due both to the headgroup and the hydrophobic tails have enthalpy and entropy components. The data presented in this work assign a dominant role to enthalpy. How general is this conclusion?

Consider two extreme cases: a highly charged hydrophilic head containing a small hydrophobic lipid tail and a singly charged hydrophilic head containing a large hydrophobic tail. The K-ras membrane ANCH, which contains eight Lys residues but only a single farnesyl group, represents the first. H-ras ANCH of this study represents the second. Because the dominant interactions of the K-ras ANCH are between the Lys residues and the (charged) lipid headgroups, electrostatic energy would dictate the water-membrane transfer process. The contributions of vdW interactions and solvent reorganization due to the single lipid tail may be significant but are not dominant. Therefore, attractive enthalpic interactions, not solvent reorganization or entropic effects, drive membrane incorporation of K-ras.

The difference between K- and H-ras would therefore be whether the source of enthalpy is electrostatic or vdW. In terms of polarity, most lipid modifications lie in between these two cases. Therefore, with the possible exception of the rare ring-carrying lipidations (such as glyceroylation), membrane insertion of most lipoproteins may be enthalpy driven. This conclusion is in accord with exothermic enthalpies measured for the following lipoprotein/membrane pairs: glucagon/DMPC (54), transcarbamylase leader peptide/phospholipid membranes (55), apolipoprotein A-II/DMPC (56), and apolipoprotein A-I/1,2-dimyristoyl-sn-glycero-3-phosphatidylglycerol (DMPG) (57). Other enthalpy-driven membrane transfers of amphiphiles include the potential-sensitive dye 2-(p-toluidinyl)naphthalene-6-sulfonate, the membrane conductivity inducing anion tetraphenylborate, and the Ca$^{2+}$ channel blocker amlodipine (7).

In summary, the results in Table 1 and Fig. 2 (note the large standard deviation values) should be viewed as a first attempt toward a membrane insertion free energy computation of a lipopeptide in which all relevant contributions have been explicitly computed. Free energy calculations are notoriously difficult (58–61), even for relatively small systems. Therefore, a detailed and qualitatively sound thermodynamic picture, not a quantitative one, was anticipated. Large fluctuations and subtractions between very large numbers generally limit the quantitative accuracy of the results. Some improvement over the current data may be possible by the application of the principle of conformational selection, and/or the use of a double layer in the PB calculations (for the core and interfacial region of the bilayer).

Despite these limitations, the computed overall free energy of insertion is reasonably close to those derived from a PMF calculation and from indirect experimental observations. It thus allowed us to shed light on the membrane partition thermodynamics of lipoproteins by parsing the transfer free energy into solute/solvent and enthalpy/entropy contributions. Such a decomposition of the free energy demonstrated that the hydrophobic effect responsible for the membrane transfer of ANCH is enthalpy driven. Changes in solvation and peptide reorganization free energies disfavor membrane binding. The major source of the favorable enthalpy is the ANCH-membrane vdW interaction. Our results, therefore, provide atomistic structural and dynamical perspectives to earlier calorimetric observations on the role of enthalpy in the membrane partitioning of amphiphiles (see previous paragraph).

Furthermore, a detailed conformational and entropic analysis suggested that the dynamic behavior of ANCH in water allows the formation of extended conformations that would insert into membrane without a significant energetic penalty. A remarkable consequence of this observation is that conformational selection may play an important role in the membrane binding of lipoproteins, as it does in the association of other biomolecules.

SUPPLEMENTARY MATERIAL

To view all of the supplemental files associated with this article, visit www.biophysj.org.

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