A case of Rubinstein-Taybi Syndrome with a CREB-binding protein gene mutation

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Rubinstein-Taybi syndrome (RTS) is a congenital disorder characterized by typical facial features, broad thumbs and toes, with mental retardation. Additionally, tumors, keloids and various congenital anomalies including congenital heart defects have been reported in RTS patients. In about 50% of the patients, mutations in the CREB binding protein (CREBBP) have been found, which are understood to be associated with cell growth and proliferation. Here, we describe a typical RTS patient with Arnold-Chiari malformation. A mutation in the CREBBP gene, c.4944_4945insC, was identified by mutational analysis.

Key words: Rubinstein-Taybi syndrome, Mutation, CREB-binding protein, Arnold-Chiari malformation

Introduction

Rubinstein-Taybi syndrome (RTS) is a rare congenital disorder with distinctive facial appearance, broad thumbs, broad big toes and mental retardation. After the first report of the syndrome in 1963, various coexisting conditions such as talon cusp, congenital heart defects, or skin anomalies have been reported. In 1991, a first sporadic case of RTS with de novo reciprocal translocation t(2;16)(p13.3;p13.3) was reported, and a year later, mutation in the gene encoding CREB-binding protein (CREBBP) localized in 16p13.3 was identified to be the cause of RTS. In approximately 50% of patients, mutations in the CREBBP gene have been found. Although mutations in another EP300 gene have been reported in a small number of patients (3%), half of the clinically diagnosed RTS patients are still genetically not confirmed, suggesting RTS is genetically heterogeneous. RTS might have been unrecognized or underreported in Korea, because only a few cases are so far on record. Furthermore, mutation studies have never been reported in Korean RTS patients.

Here, we report the first Korean case of genetically confirmed RTS associated with Arnold-Chiari malformation.

Case report

A four-year old boy first visited the outpatient clinic because of mental retardation and short stature. Born between a Korean father and a Japanese mother, the boy was delivered at term with a body weight of 3.68 kg without any perinatal problems. His initial crying was good, and his tone was normal. There was no other family member with mental retardation or neuromuscular disorder. He had received an operation on undescended testis when he was 8 months old. His developmental milestones were
globally delayed. He controlled his head at 5 months, rolled over at 9 months, walked with assist at 17 months, and walked alone at 32 months. He could say only “mom” and “dad” at the age of 3. His height was 87.5 cm (<3 percentile), his weight 15.3 kg (10-25 p), and his head circumference 48.5 cm (3-50 p). Physical examination revealed a prominent forehead, highly arched eyebrows, downsloped palpebral fissures, a broad nasal bridge, a short upper lip and a pouting lower lip, and a grimacing smile (Fig. 1A). Broad thumbs and terminal broadening of the phalanges of the fingers were also present (Fig. 1B). No focal neurologic signs were present, and his neurologic examination was normal.

On ophthalmologic evaluation, an epiblepharon was revealed, but his fundus and disc were normal. Cardiac evaluation showed no abnormalities. His brain MRI study, taken when he was 3 years old, revealed multifocal lesions with increased signal intensity in the subcortical white matter of both temporal, left parietal regions and periventricular deep white matter (Fig. 2A). Arnold-Chiari malformation type I was also demonstrated (Fig. 2B). His chromosome study was normal with 46, XY and no abnormality was noted on tandem mass screening. His thyroid function test was normal.

After obtaining informed consents from his parents, genetic analysis of his blood samples was performed. His genomic DNA was extracted from peripheral blood leukocytes using a Puregene DNA isolation kit (Gentra Systems Inc, Minneapolis, MN). Polymerase chain reaction was performed to amplify the entire coding and flanking regions of all exons of the CREBBP gene. Amplified products were sequenced bidirectionally using an ABI PRISM 3100 Genetic Analyzer (Applied Biosystems, Foster City, CA). Mutation analysis demonstrated a CREBBP gene mutation with a C insertion in exon 31, nt 4944-4945 (Fig. 3).

From the neuropsychologic evaluation (KEDI-WISC) done at the age of 6, his overall Intelligence quotient (IQ) was measured as 49, below normal. He scored low in both Performance IQ 55...
and verbal IQ 53. He showed difficulties especially in fine-motor coordination and language skills. Special education with extra help was recommended for his school education.

He received an operation on his epiblepharon when he was 6 years old, and he visits the outpatient clinic on a regular basis, and the six-year old boy is now able to speak sentences of 2-3 words.

**Discussion**

RTS is a congenital disorder characterized by distinctive morphology. Typical facial features, big thumbs, big halluces, microcephaly, mental retardation, talon cusp and poor growth have been considered as the cardinal signs in RTS\(^7\). However in addition to these, many other anomalies in RTS have been reported including tumors, keloid tissues, congenital heart disease, genitourinary anomalies and joint abnormalities\(^8\). Premature thelarche\(^9\), and vascular ring\(^10\) have also been reported in RTS patients, although the relationship with the disease is not clear. Our patient also had typical features of facial dysmorphology, broad thumbs, mental retardation and cryptorchidism which is known to be associated with almost all males\(^11\). Additionally, Arnold-Chiari malformation type I and white matter abnormalities were identified on his brain magnetic resonance imaging (MRI) without any relevant symptoms. Although corpus callosal agenesis had been reported in a Brazilian boy with RTS\(^12\), only few studies have described the associated central nervous system (CNS) malformations or brain MRI findings\(^12\), including corpus callosal agenesis in a Brazilian boy with RTS\(^31\). Further studies would be meaningful to see whether the CNS abnormalities are also commonly associated findings in RTS patients.

CREBPP is a transcriptional coactivator, that participates in cAMP regulated gene expression. It acts by binding to phosphorylated CREB, a transcription factor\(^14\), and is also thought to work with other transcription factors such as GLI3 in the Sonic Hedgehog-Patched-Gli (SHH) pathway\(^15\). It is not yet clear how exactly this protein causes multiple malformations with a broad spectrum of clinical features. However, it is understood to be involved in cell growth, transformation and development, and its intrinsic histone acetyltransferase (HAT) activity is considered to play a major role in the process.

The CREBPP mutation in our patient, a frame shift mutation leading to early termination of transcription, was recently reported in a large group of patients being evaluated for genotype-phenotype correlations\(^16\). Although no significant correlations have been identified in previous studies\(^7\), this study suggests some correlation depending on the presence or type of the mutation: more frequent association with growth retardation in height and weight in patients with no CREBPP mutation, more frequent seizures in patients with CREBPP mutation, and a trend toward lower IQ and autistic features in patients with large deletions. Since genetic heterogeneity exist in RTS, careful genotype phenotype correlation would reveal separate groups that other specific genes might be involved. Therefore, further genetic tests may be deemed necessary, despite the fact that RTS could be diagnosed on clinical grounds.

RTS is unique in that multiple congenital anomaly/intellectual impairment is caused by a generalized dysregulation of gene expression\(^18\). Recognizing these multiple disabilities or malformations by early diagnosis is important, because multidisciplinary approach is required in the initial evaluation, treatment, and follow-up. We hope, from the present study, more RTS patients would be recognized in the early course of the disease, and that the genetic and clinical characteristics of RTS in the Korean population would be further clarified.

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