Monte Carlo study of fermionic trions in a square lattice with harmonic confinement

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We investigate the strong-coupling limit of a three-component Fermi mixture in an optical lattice with attractive interactions. In this limit bound states (trions) of the three components are formed. We derive an effective Hamiltonian for these composite fermions and show that it is asymptotically equivalent to an antiferromagnetic Ising model. By using Monte-Carlo simulations, we investigate the spatial arrangement of the trions and the formation of a trionic density wave (CDW), both in a homogenous lattice and in the presence of an additional harmonic confinement. Depending on the strength of the confinement and on the temperature, we found several scenarios for the trionic distribution, including coexistence of disordered trions with CDW and band insulator phases. Our results show that, due to a proximity effect, staggered density modulations are induced in regions of the trap where they would not otherwise be present according to the local density approximation.

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I. INTRODUCTION

Ultra-cold atomic gases trapped in optical lattices provide us with a new laboratory to investigate quantum many-body systems. They allow us not only to realize model Hamiltonians for electronic systems\textsuperscript{22} but also to investigate systems which have no direct counterpart in condensed matter physics.

A shining example in this context is provided by three-component Fermi mixtures loaded into optical lattices, which have been theoretically investigated using a variety of approaches\textsuperscript{3–11}. The results support the overall idea that these mixtures give access to very different phenomena depending on the parameter regime under investigation, ranging from Mott insulating behaviour for repulsive interactions\textsuperscript{10,11} to color-superfluidity and trionic phases for attractive interactions\textsuperscript{3–2}. Moreover, an interesting interplay between superfluidity and magnetism has been found to induce domain formation in globally balanced mixtures with SU(3) attractive interaction\textsuperscript{3}, in striking contrast with the balanced two-component case. This tendency towards phase separation is quite general in the attractive case, being also present for asymmetric interactions in the strong loss regime\textsuperscript{3}. In addition, it has been also pointed out\textsuperscript{12} that multi-component Fermi mixtures can help to shed some light onto very complex phenomena connected to Quantum Chromo Dynamics.

Testing these theoretical predictions in a laboratory is within the experimental capabilities of today, although current experiments are still performed without optical lattices. Indeed, mixtures of three different magnetic sublevels of \textsuperscript{6}Li\textsuperscript{13} or \textsuperscript{173}Yb\textsuperscript{14}, as well as mixtures of the two lowest magnetic states of \textsuperscript{40}K\textsuperscript{15} with the lowest hyperfine state of \textsuperscript{6}Li\textsuperscript{13} already have been successfully trapped and cooled in current experiments.

In this paper we focus on attractive interactions for the three-component mixture and more specifically on the strong-coupling limit, where the potential energy contribution is dominant. There is substantial evidence\textsuperscript{4,7} that for strong-enough attraction the system undergoes a phase transition from a color-superfluid phase, where superfluid pairs coexist with unpaired fermions, to a so-called trionic phase, where three fermions from different components are bound together in new fermionic particles called trions. The formation of these three-body bound states poses new questions about their spatial arrangement and the formation of new phases involving trions as elementary objects. Several theoretical results\textsuperscript{4,6,9} suggest that trions tend to spontaneously break the translational invariance of the lattice into two inequivalent sublattices and give rise to staggered density modulations for a suitable range of parameters depending on density, temperature, and dimensionality. Despite the fact that ultracold gases are charge neutral, we use the expression charge density wave (CDW) throughout the paper to identify this phase in analogy with the terminology used for electronic systems.

The existence of a trionic CDW phase in the presence of harmonic confinement has been investigated using density matrix renormalization group\textsuperscript{6} in $D = 1$, while results for the homogeneous two-dimensional case obtained within one-loop renormalization group and mean-field approaches\textsuperscript{9} suggest that the CDW could be the dominant instability at half-filling. By using dynamical mean-field theory on the Bethe lattice in $D = \infty$, it was shown that the superfluid phase is stable at half-filling against CDW in a small but finite region of coupling for weak attraction\textsuperscript{6}. This suggests that the stability of the trionic CDW phase shows a marked dependence on the dimensionality.

In the present work we consider a two-dimensional square lattice for very strong attraction both in the homogeneous case and also with harmonic confinement. In order to restrict the number of parameters, we focus on a globally balanced system, where $N_\sigma = N$ and $N_\sigma$ is the total number of particles for the component $\sigma$. We antic-
imate that our results show the existence of various possible scenarios for the spatial arrangement of trions once trapped and loaded into an optical lattice depending on the strength of the harmonic confinement and temperature.

The paper is organized as follows: in the next section we introduce a model Hamiltonian to describe a three-component mixture and derive an effective trionic Hamiltonian for strong-coupling. Then we show that this effective Hamiltonian can be mapped asymptotically on an antiferromagnetic Ising model which we address using Monte Carlo techniques. Details on the Monte-Carlo technique used are provided in Sec. IV, while the results concerning both the homogeneous case and in presence of harmonic confinement are given in Sec. IV. Finally, Sec. V concludes with a summary of the salient points of this paper.

II. MODEL

A three-component mixture of fermions loaded into an optical lattice can be suitably described by the following single-band Hubbard Hamiltonian:

$$H = -J \sum_{\langle i,j \rangle, \sigma} c_{i,\sigma}^\dagger c_{j,\sigma} + \sum_{i, \sigma \neq \sigma'} U_{\sigma,\sigma'} n_{i,\sigma} n_{i,\sigma'} - \sum_i (\mu_{\sigma} - V_0 \frac{1}{3} r_p^3) n_{i,\sigma}. \tag{1}$$

Here $c_{i,\sigma}$ ($c_{i,\sigma}^\dagger$) is the annihilation (creation) operator of fermions with hyperfine state $\sigma$ ($\sigma = 1, 2, 3$) on the lattice site $i$ and $n_{i,\sigma} = c_{i,\sigma}^\dagger c_{i,\sigma}$ is the fermionic number operator. $J$ is the hopping amplitude between nearest neighboring sites $\langle i, j \rangle$, $U_{\sigma,\sigma'}$ the on-site two particle interaction between fermions in different hyperfine states $\sigma$ and $\sigma'$ and $\mu_{\sigma}$ is the chemical potential for the species $\sigma$. The harmonic confining potential is introduced using the maximally packed radius $r_p = a \sqrt{N/\pi}$ as in Ref. [16], where $a$ is the lattice spacing, and its strength is parametrized by $V_0$.

As outlined in the introduction, this model exhibits a rich variety of physical phenomena. Here, however, we consider only the strong-coupling trionic phase where bound states of the three different components are formed and we can directly describe the system in terms of the composite trions.

As we showed in Ref. [8], an effective Hamiltonian for the trions can be derived by applying strong-coupling perturbation theory to the original Hamiltonian in Eq. (1). By keeping only the leading and subleading terms, the Hamiltonian has the following form

$$H_{\text{eff}} = -J_{\text{eff}} \sum_{\langle i,j \rangle} t_i^l t_j + V_{\text{eff}} \sum_{\langle i,j \rangle} n_i^T n_j^T - \sum_i (\mu_{\text{eff}} - V_i) n_i^T. \tag{2}$$

where $t_i$ ($t_i^l$) is the annihilation (creation) operator of a local trion at lattice site $i$ and $n_i^T = t_i^\dagger t_i$ is the trionic number operator. Since trions are color singlets, this Hamiltonian is analogous to a model for spinless fermions with nearest-neighbor interaction. As a consequence of the Pauli principle double occupancies for trions are forbidden. The effective trionic hopping parameter $J_{\text{eff}}$, the effective interaction between trions in the nearest neighboring sites $V_{\text{eff}}$ and the chemical potential $\mu_{\text{eff}}$ are given respectively by

$$J_{\text{eff}} = \sum_{\sigma, \sigma'} \frac{J^3}{(U_{\sigma,\sigma'} + U_{\sigma',\sigma''})(U_{\sigma,\sigma''} + U_{\sigma',\sigma''})} \tag{3a}$$

$$V_{\text{eff}} = -\sum_{\sigma} \frac{J^2}{U_{\sigma,\sigma} + U_{\sigma,\sigma'}} \tag{3b}$$

$$\mu_{\text{eff}} = -\sum_{\sigma} \mu_{\sigma} - \sum_{\sigma \neq \sigma'} U_{\sigma,\sigma'} - \sum_{\sigma} \frac{z J^2}{U_{\sigma,\sigma} + U_{\sigma,\sigma'}} \tag{3c}$$

where in the sum $\sigma, \sigma'$ and $\sigma''$ are different from each other and $z$ is the number of the nearest neighbors. For the SU(3)-symmetric case these expressions simplify to

$$J_{\text{eff}} = \frac{3 J^3}{2U^2} \tag{4a}$$

$$V_{\text{eff}} = \frac{3 J^2}{2U} \tag{4b}$$

$$\mu_{\text{eff}} = -3(\mu_{\sigma} + U) + \frac{3z J^2}{2U} \tag{4c}$$

where we assumed $U < 0$ for attractive interactions.

From Eqs (4a) and (4b), it follows that $J_{\text{eff}}/V_{\text{eff}} = J/[U] \ll 1$ and therefore the effective Hamiltonian for trions is asymptotically dominated by the interaction term, while the kinetic term is subleading in the strong-coupling limit. In the asymptotic regime the effective Hamiltonian reduces to

$$H_{\text{eff}} = V_{\text{eff}} \sum_{\langle i,j \rangle} n_i^T n_j^T - \sum_i (\mu_{\text{eff}} - V_i) n_i^T \tag{5}$$

where $V_i = V_0 (r_i/r_p)^2$. It is easy to realize that the Hamiltonian in Eq. (5) has a structure very similar to the one of an antiferromagnetic Ising model in a magnetic field $B_i$.

$$H_{\text{Ising}} = I \sum_{\langle i,j \rangle} s_i s_j - \sum_i B_i s_i \tag{6}$$

where the parameters of the two Hamiltonians are related by

$$I = \frac{1}{4} V_{\text{eff}} \tag{7a}$$

$$B_i = \frac{1}{2} (\mu_{\text{eff}} - V_i) - V_{\text{eff}} \tag{7b}$$

$$s_i = 2 n_i^T - 1. \tag{7c}$$
Correspondingly, the homogeneous system \((V_0 = 0)\) directly maps onto an antiferromagnetic Ising model in the presence of a uniform magnetic field, while the effect of the trap is equivalent to a non-uniform magnetic field profile. A similar mapping on a spin model has also been used to investigate two-component mixtures with hopping imbalance.

### III. Method

In order to investigate the spatial arrangement of trions we perform Monte Carlo simulations of a two-dimensional lattice with \(M\) sites. By exploiting the mapping established in the previous section the results can be related to the equivalent Ising spin model.

The probability in the grand canonical ensemble for a specific configuration \(\{n_i^T\}\) with temperature \(T = 1/k_B\beta\) is given by

\[
p = Z^{-1} e^{-\beta E(n_i^T)}
\]

\[
= Z^{-1} \exp \left\{ -\beta \left( V_{\text{eff}} \sum_{\langle i,j \rangle} n_i^T n_j^T - \sum_i (\mu_{\text{eff}} - V_i) n_i^T \right) \right\}.
\]

The configuration space \(\{n_i^T\}\) was sampled by using a Markov-chain approach\(^{22}\), which is based on creation or annihilation of a single trion in a given lattice site. This corresponds to a single spin flip in the equivalent spin model. In order to have an efficient strategy for the configuration updates, we used the Metropolis algorithm\(^{22}\), where the transition probability \(p(a \rightarrow b)\) between two configurations is given by

\[
p(a \rightarrow b) = \min \left[ 1, \frac{p(b)}{p(a)} \right],
\]

and the stationary probabilities \(p(a), p(b)\) for given configurations \(a\) and \(b\) are provided by Eq. (3). This allows the correct transition probabilities to be generated by computing only the energy differences between configuration \(a\) and \(b\), connected by a single spin flip in the equivalent spin model.

For the homogeneous system, which is translationally invariant, we have used periodic boundary conditions. In contrast, a system with harmonic confinement is not translationally invariant and periodic boundary conditions are unphysical. Therefore, in order to address trions in a harmonic confinement, we used open boundary conditions, i.e. we set the occupation of the “missing” neighboring sites at the edges of the system equal to zero.

Since the Hamiltonian Eq. (5) in the absence of harmonic confinement is equivalent to an antiferromagnetic Ising model in a uniform magnetic field, we have used known results\(^{22,21}\) to benchmark our simulations. We perform a careful finite-size scaling in order to confirm that the thermodynamic regime has effectively been reached. All the results presented here are obtained from simulations performed on a 100 \(\times\) 100 lattice. Moreover, in order to avoid autocorrelations in the Markov-chain sampling, we also perform a careful study of the equilibration time \(\tau\) and of the number of measures we use to compute each observable. The excellent agreement of our simulation with previous results for the homogeneous system (see e.g. Fig. 2) demonstrates the robustness of our simulations. Special care in the choice of the equilibration time was required to avoid unphysical results in the non-homogeneous case.

In order to quantitatively characterize the system, we evaluated several observables such as the local \(\langle n_i^T \rangle\) and global average occupation

\[
\langle n_i^T \rangle = \frac{1}{M} \sum_i (n_i^T),
\]

and the global CDW order parameter

\[
C = \frac{1}{M} \sum_i (-1)^i \langle n_i^T \rangle.
\]

Despite the fact that a nonzero value of \(C\) allows us to determine the existence of CDW order in our system, in the inhomogeneous case we cannot use this information to localize the regions where CDW order takes place. In this case we identify these regions by directly looking at the density profile \(\langle n_i^T \rangle\). Moreover, we further characterize the system by evaluating the connected density-density correlation function \(\Delta(i, j)\), defined as

\[
\Delta(i, j) = \langle (n_i^T - \langle n_i^T \rangle)(n_j^T - \langle n_j^T \rangle) \rangle.
\]

which provides us with useful information on the density fluctuations and the correlation length.

### IV. Results

#### A. Homogeneous Case

We first consider a homogeneous lattice system without harmonic confinement. In this case, as we mentioned above, the Hamiltonian (Eq. (5)) can be mapped onto an antiferromagnetic Ising model (Eq. (3)) in the presence of a uniform magnetic field. Correspondingly, the results for the trionic and the Ising model can be mapped onto each other by the simple transformations (Eqs. (10), (11)), and the antiferromagnetic phase in the Ising model corresponds to the CDW phase for the trionic system.

In order to investigate the CDW order, we first study the CDW amplitude \(C\) as a function of temperature \(T\) for different values of the chemical potential, as shown in Fig. 1. At \(T = 0\) we found the ground state of the system to exhibit staggered CDW order for \(0 < \mu_{\text{eff}} < 4V_{\text{eff}}\) since \(C \neq 0\) (see Fig. 2). In the homogeneous case the CDW phase is always characterized by a commensurate density \(\langle n_i^T \rangle = 0.5\), i.e. the density modulations in the
two sublattices are always symmetric with respect to half-filling. Outside this range of chemical potentials, that is for $\mu_{\text{eff}} < 0$ or $\mu_{\text{eff}} > 4V_{\text{eff}}$, the CDW order disappears and the ground state is trivially empty $\langle n_T \rangle = 0$ or full $\langle n_T \rangle = 1$, i.e. in a band insulator phase. For $\mu = 0$ and $\mu = 4V_{\text{eff}}$ the CDW is degenerate with an unordered trionic phase, whose average density is uncommensurate and not fixed by the value of the chemical potential, being $0 < \langle n_T \rangle < 0.5$ for $\mu = 0$ and $0.5 < \langle n_T \rangle < 1$ for $\mu = 4V_{\text{eff}}$ respectively. This unordered phase has therefore an infinite compressibility and a very large degeneracy in the ground state at fixed density. Both these peculiar features of this phase clearly stem from having neglected the subleading kinetic energy contribution, which would restore a finite compressibility and remove the ground state degeneracy leading to a metallic phase of trions.

With increasing temperature the CDW amplitude decreases and vanishes at a critical temperature $T_c$. The rounding of the transition and the non-zero magnetization beyond the critical temperature in Fig. 1 are due to finite-size effects. We summarize our results in the phase diagram in Fig. 2. For comparison we also plot, after a suitable rescaling given by Eqs. (7a)-(7c), the corresponding results for the antiferromagnetic Ising model from Ref. [23] (blue squares), Ref. [24] (dashed green line), and the Onsager solution (black diamond).

B. Trapped case

Having studied the behavior of the homogeneous lattice system, we now consider the effect of superimposing a harmonic trapping potential. We always consider a two-dimensional square lattice with $M = 100 \times 100$ sites. The total number of trions is fixed to $N_T = N = 2500$, while different values of the parameter $V_0$, which defines the strength of the harmonic confinement, and temperature $T$ are investigated.

FIG. 1: (Color online) CDW amplitude $C$ for the homogeneous trionic system as a function of the temperature $T$ for different values of the chemical potential $\mu_{\text{eff}}$.

FIG. 2: (Color online) Monte-Carlo phase diagram for the two-dimensional homogeneous trionic system. The red line with circles marks the critical temperature $T_c$ for the transition from CDW ordered trions to unordered trions (UT) within our Monte-Carlo approach. For comparison we also plot, after a suitable rescaling given by Eqs. (7a)-(7c), the corresponding results for the antiferromagnetic Ising model from Ref. [23] (blue squares), Ref. [24] (dashed green line), and the Onsager solution (black diamond).

FIG. 3: (Color online) Global CDW amplitude $C$ of the system in the presence of harmonic confinement as a function of temperature $T$ for different values of trapping potential.
As a first step we calculate the global CDW order parameter $C$ as a function of temperature $T$ for several values of $V_0$ (see Fig. 3). According to our calculations, at low temperature the CDW order parameter $C \neq 0$, and therefore there is always a finite region where CDW order takes place for all the setups we considered ($V_0/V_{\text{eff}} < 6.5$).

As already mentioned in Sec. III, we then further characterize the regions where CDW order takes place by investigating the density profile $\langle n^T_i \rangle$ and the correlation function $\Delta(i, j)$. In order to represent the two-dimensional system in our figures, we take a cross-section of the trap along the $y = 0.5$ line, which is the closest cut to the center of the system.

In Fig. 4 we fix the temperature as $k_B T/V_{\text{eff}} = 0.1$ and present results for different values of the harmonic confining potential $V_0/V_{\text{eff}}$ and $V_0/V_{\text{eff}}$ for each lattice site along the trap. Due to the presence of two inequivalent sublattices in the inhomogeneous system, we also plot the density profiles obtained within the local density approximation (LDA), which makes use of the Monte-Carlo results for the homogeneous system with an effective local chemical potential $\mu_i = \mu_{\text{eff}} - V_i$ for each lattice site along the trap.
CDW phase, the LDA density profile is drawn by considering pairs of neighbouring lattice sites corresponding to different sublattices in the homogeneous case.

For weak confinement ($V_0/V_{\text{eff}} = 1$ in Fig. 3), the density profile clearly shows staggered density modulations in the trap center, centered around half-filling. These density modulations decay very fast at the border of the CDW region, where the density decays to zero within few lattice sites. In this case the LDA provides a fairly good description of the density profile inside the CDW region, while deviations can be observed close to the edges. A snapshot of a typical configuration of the system for this setup is shown in Fig. 3.

In order to better understand these deviations from the LDA predictions, one has to consider the correlation function plotted below the density profile in Fig. 3, whose behaviour provides information about the density fluctuations and the correlation length. Indeed, for $i = j$, $\Delta$ provides the variance of the density distribution at the site $i$ along the line $y = 0.5$, therefore giving account of the number density fluctuations in the trap. At the temperature under investigation, the thermal fluctuations in the bulk of the CDW regions are negligible, while sizable fluctuations can be observed at the borders of the CDW regions, as evident also in Fig. 3.

The density fluctuations show a staggered behavior in correspondence to the majority and minority sublattices of the disappearing CDW pattern. Only close to the borders of the CDW domain there is a sizable spread of the correlation function with the distance $j - i$, where $\Delta$ also has a characteristic staggered behaviour that vanishes within a few lattice sites. The apparent left-right asymmetry in the correlation plots is due to our choice in the lattice position with respect to the center of the trap, since the first lattice sites around the center are at $x = \pm 0.5$ and there is no central lattice site. At this point it is convenient to define the central average filling of the trap as

$$n^T_{\text{center}} = \frac{\sum_{i=\pm 0.5, \pm 0.5} \langle n^T_i \rangle}{4},$$

where $n^T_{\text{center}} = 0.5$ for the setup considered in Fig. 3.

With the increase of the trapping potential strength, shown in Fig. 3b, 3c and 3d, there is a gradual suppression of the density modulations in the trap center and the CDW region smoothly migrates away from the trap center evolving into a CDW ring for large values of the trapping potential. It is worth noting, e.g. in Fig. 3b, that the local density in the central region of the trap fluctuates around an average density which is significantly higher than half-filling and approaches $n^T_{\text{center}} \approx 0.75$ for the setup in Fig. 3b. For increasing trapping potential the density modulations eventually disappear in the center (see Fig. 3c), leading to an unordered trionic phase whose density increases with $V_0$.

As evident in Figs. 3b, 3c and 3d, the LDA approach is unable to properly describe the density profile in this regime of parameters, since within LDA the density modulations in the center disappear abruptly for much smaller values of the confinement. The presence of wider stability regions for CDW ordering within the full Monte-Carlo calculation has to be explained through a proximity effect: CDW order is induced in the trap center from the surrounding ring in the case $n^T_{\text{center}} > 0.5$, where for the homogeneous case this value of the density is too high to stabilize the CDW phase. We recall that in the homogeneous case the CDW order is always commensurate in our findings and $\langle n^2 \rangle \approx 0.5$. This proximity effect in the trap can be clearly understood by looking at the correlation functions, which show the existence of non-zero correlations between different sites in the central region of the trap, a feature that is omitted in the LDA calculations.

![FIG. 5: Typical configuration of the trapped system for $V_0/V_{\text{eff}} = 1.00$ and $k_B T/V_{\text{eff}} = 0.1$, showing the presence of density fluctuations close to the edges of the CDW region.](image1)

![FIG. 6: Typical configuration of the trapped system for $V_0/V_{\text{eff}} = 2.50$ and $k_B T/V_{\text{eff}} = 0.1$. The presence of a band insulating core surrounded by a CDW ring is evident, with enhanced density fluctuations at the interface between the two regions.](image2)
description. A similar effect has also been observed for antiferromagnetic order in a harmonic trap.

Finally, for strong confinement ($V_0/V_{\text{eff}} = 2.5$ in Fig. 4d), we found that the trions are in a close packed arrangement in the central region and therefore form a band insulating (BI) core in the trap center, surrounded by a CDW ring, as evident also in Fig. 6. The area of this ring decreases for increasing trapping potential, but as previously mentioned it never vanishes completely for the values of the confinement potential we considered in our calculations ($V_0/V_{\text{eff}} < 6.5$).

The evolution of the CDW regions at fixed values of $V_0/V_{\text{eff}} > 1.5$ and for increasing temperature $T$ is displayed in Fig. 4 through the density profile. The CDW ordered region in the center melts at a temperature which slightly decreases as $V_0$ is increased from $V_0 = 1.5$ in Fig. 4a to $V_0 = 1.95$ in Fig. 4b, while the CDW order in the surrounding ring is clearly much more robust against thermal fluctuations. Correspondingly the asymptotic value of the density in the trapping center $n_{\text{center}}^T \geq 0.5$ at the melting point for the CDW core increases as a function of $V_0$. For a strongly confining trap ($V_0 = 2.5$ in Fig. 4d), the CDW order is never present in the trap center, however, increasing the temperature causes also the BI core to melt. Further increase of the temperature has a limited effect on the remaining unordered trionic phase.

Our results for the trapped inhomogeneous system are summarized in the phase diagram in Fig. 8. The black solid line in Fig. 8 always marks the critical temperature $T_c$ for complete disappearance of CDW order in the system, irrespective of the position of the CDW domain. Depending on the harmonic confinement $V_0/V_{\text{eff}}$ and temperature $k_B T/V_{\text{eff}}$ we get four different scenarios for the spatial arrangement of trions:

- A large region of CDW order in the trap center surrounded by unordered trions for small values of the confinement strength $V_0$ and $T < T_c$ (gray area,
below black solid line and left from red dashed-dotted line in Fig. 8. Within this region we can further distinguish between two different cases: (i) For low $T$ and small $V_0$, the average central filling $n_{\text{center}}^T = 0.5$ (left from green dotted line) and (ii) for increasing $T$ and $V_0$ the average central filling is $n_{\text{center}}^T > 0.5$ (right from green dotted line). At low but finite temperature the CDW core in the trap center disappears for $V_0/V_{\text{eff}} = 2$ and $n_{\text{center}}^T = 0.75$ at the transition point.

• For intermediate values of the confinement strength there is CDW order in a ring around the trap center, while in the central region and outside of the CDW ring the trions are in an unordered phase (green area below black solid line and between red dashed-dotted and blue dashed lines).

• For large values of the confinement strength and low temperatures there is a BI phase of trions in the center, while CDW order takes place in the ring surrounding it (cyan area, below black solid line and right from blue dashed line). At the interface between the BI and the CDW ring as well as outside of the CDW ring, the trions are in an unordered phase.

• The complete system is in an unordered trionic phase for high temperatures (white area above black solid line).

We note that, as one can see in Fig. 9, for $T > 0$ the average central filling $n_{\text{center}}^T$ is a continuous function of the trapping potential and increases for increasing $V_0$, while at $T = 0$ the occupation changes discontinuously from $n_{\text{center}}^T = 0.5$ to $n_{\text{center}}^T = 1$. In the latter case, the system stays in a CDW ground state until it becomes energetically favorable to move trions with large potential energy from outside the CDW domain to the central region at the expense of the interaction energy. The critical parameters for this phenomenon can be calculated analytically following the simple argument below.

The energy of the outermost particle at the edge of the CDW phase is given by

$$ E_{\text{CDW}} = -\mu_{\text{eff}} + V_0 \frac{r_{\text{CDW}}^2}{r_p} = -\mu_{\text{eff}} + 2V_0, \quad (14) $$

where $r_{\text{CDW}} = \sqrt{2}r_p$ is the CDW radius, while the energy of this particle once moved to the trap center (for simplicity we assume a central site at (0, 0)) is given by

$$ E_{\text{BI}} = -\mu_{\text{eff}} + 4V_{\text{eff}}. \quad (15) $$

From here it directly follows that $E_{\text{CDW}} < E_{\text{BI}}$ for $V_0/V_{\text{eff}} < 2$ and correspondingly it is energetically more favorable to be in the CDW phase, while for $V_0/V_{\text{eff}} > 2$ more particles will energetically prefer to move from the edges to the trap center and form a BI core in the center of the trap.

**FIG. 8:** (Color online) Phase diagram of the two-dimensional trionic system in the presence of harmonic confinement. The black solid line marks the critical temperature $T_c$ for the complete disappearance of CDW order in the system. The gray area below this line and left of the red dashed-dotted line corresponds to CDW order in the trap center surrounded by unordered trions (UT). Within this region the dotted green line marks the transition between a CDW with $n_{\text{center}}^T = 0.5$ and $n_{\text{center}}^T > 0.5$. The green area below the black solid line and between the red dashed-dotted and blue dashed lines corresponds to CDW order in a ring, while inside and outside of the ring the trions are in an unordered trionic phase. The unordered trionic region at the trap center evolves into a band insulator (BI) within the cyan area, underneath the black solid line and right of the blue dashed line. At the interface between the BI and CDW regions as well as outside of CDW ring the trions are in an unordered phase.

**FIG. 9:** (Color online) Average central filling $n_{\text{center}}^T$ as a function of the harmonic confinement potential $V_0/V_{\text{eff}}$ for different temperatures.
At zero temperature and for very high trapping potential, we can expect the CDW-ring to disappear and the system to be in a maximally packed state with radius \( r_p \). The energy needed to move a single particle one step further out from the edge of the maximally packed region can be easily evaluated. If this required energy is negative, the system will not be maximally packed in the ground state. The energy of a particle at the edge of the maximally packed system sitting at radius \( r_p \) is given by

\[
E_p = \alpha V_{\text{eff}} + V_0,
\]

with \( \alpha \) being the average number of occupied nearest neighbouring sites of the particle (\( \alpha \approx 2.6 \) for our system). If this particle is moved one lattice step further out of the packed region, its energy is given by

\[
E_o = \left(V_0/r_p^2\right)(r_p + a)^2 = V_0 \left(1 + 2a/r_p + a^2/r_p^2\right),
\]

Therefore, the condition for the CDW-ring to completely disappear is given by

\[
\Delta E = E_p - E_o < 0 \quad \Rightarrow \quad \frac{V_0}{V_{\text{eff}}} > \frac{\alpha}{2\frac{a}{r_p} + \frac{a^2}{r_p^2}}.
\]

At zero temperature and \( N = 2500 \) particles, \( r_p/a = \sqrt{2500/\pi} \approx 28.2 \) and the system would be maximally packed with no CDW-ring for a trapping potential of

\[
\frac{V_0}{V_{\text{eff}}} > 36,
\]

which is about 5 times higher than the trapping potentials that we considered in our calculations.

\section{V. CONCLUSION}

In this paper we have investigated strongly attractive three-component Fermi gases loaded into an optical lattice and have explicitly taken the effect of a harmonic confinement into account. We derived an effective Hamiltonian for the trionic phase using a strong-coupling perturbation approach and showed that the trionic hopping can be safely neglected in the asymptotic regime, where the effective Hamiltonian describes immobile trions with nearest-neighbor interaction. Since this model has a structure analogous to the antiferromagnetic Ising model, we performed classical Monte-Carlo simulations to study the spatial arrangement of the trionic particles.

First we considered a homogenous system without harmonic confinement. In this case the Hamiltonian is equivalent to an antiferromagnetic Ising model in a uniform magnetic field. The results of our approach were found to be in very good agreement with previous results for the Ising spin model. They show that the trions are arranged in a staggered density wave configuration at half-filling while they are unordered for an incommensurate density. This disordered phase evolves into a homogeneous trionic Fermi liquid once the subleading kinetic energy is reintroduced. We determined the critical temperature for the disappearance of the CDW order, which is analogous to the critical temperature of the equivalent spin model.

In the presence of a harmonic trap we found several possible scenarios for the spatial arrangement of trions, namely coexistence of CDW domains with unordered trions and band insulating regions, depending on the strength of the confining potential and temperature. The CDW region moves from the center of the trap to a ring for increasing trapping potential. We found that the staggered density order is also induced, due to a proximity effect, in regions of the trap where the average density is not commensurate, in close analogy to the behaviour at the edges of the the antiferromagnetic domain in trapped two-component Fermi mixtures. The inclusion of spatial correlations is crucial for a proper description of this feature, which is indeed missing in a LDA description of the system.

An important question arising from this investigation is how the behaviour of the trions is modified by the inclusion of a finite hopping. A mapping onto an equivalent spin Hamiltonian would lead, however, to a quantum spin model, and therefore require an extension from a classical to a quantum Monte Carlo approach. For this reason we postpone this interesting question to a future work.

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