Spectral features of a many-body-localized system weakly coupled to a bath

Rahul Nandkishore,1 Sarang Gopalakrishnan,2 and David A. Huse1,3

1Princeton Center for Theoretical Science, Princeton University, Princeton, New Jersey 08544, USA
2Department of Physics, Harvard University, Cambridge, Massachusetts 02138, USA
3Department of Physics, Princeton University, Princeton New Jersey 08544, USA

We study many-body-localized (MBL) systems that are weakly coupled to thermalizing environments, focusing on the spectral features of local operators. We argue that these spectral functions carry signatures of localization even away from the limit of perfectly isolated systems. We find that, in the limit of vanishing coupling to a bath, MBL systems come in two varieties, with either discrete or continuous local spectra. Both varieties of MBL systems exhibit a “soft gap” at zero frequency in the spatially-averaged spectral functions of local operators, which serves as a diagnostic for localization. We estimate the degree to which coupling to a bath broadens these spectral features, and find that characteristics of incipient localization survive as long as the system-bath coupling is much weaker than the characteristic energy scales of the system. Since perfect isolation is impossible, we expect the ideas discussed in this paper to be relevant for experiments on many-body localization.

Closed quantum many-body systems with quenched randomness can display localization \([1]\), a phenomenon whereby the system fails to act as its own heat bath and does not approach thermodynamic equilibrium. The existence of localization in weakly interacting systems has been established to all orders in perturbation theory \([2–4]\). Numerical studies \([5–7]\) suggest that such ‘many-body localization’ (MBL) can occur even in strongly interacting systems at high energy densities, and, indeed, that all the many-body eigenstates of a system can exhibit MBL. MBL was also shown \([8–13]\) to have many surprising consequences, such as the possibility of symmetry breaking and/or topological order even when such order is forbidden in thermal equilibrium.

Most of the existing literature on MBL assumes the system of interest is perfectly isolated from its environment, because the sharp distinction between the MBL and thermal phases only exists in this limit. In any realistic experiment, however, some degree of coupling to an external environment is inevitable. Thus, in order to interpret experiments studying MBL \([14–17]\), it is imperative to know which features of MBL survive, and in what form, in such imperfectly isolated settings.

In this Letter, we note that the spectral functions of local operators retain signatures of many-body localization even in the presence of a weak system-bath coupling. Such local spectral functions govern transport in an almost MBL system, as well its properties as a quantum memory. We study the properties of such spectral functions in the regime called the ‘fully many-body localized’ (FMBL) regime in which every many-body eigenstate of our isolated system is localized. We first discuss the spectral functions in the limit of vanishing system-bath coupling, assuming that the thermal dynamics limit is taken before the limit of perfect isolation. We find that FMBL systems fall into two categories, depending on whether the local spectrum at a specific site in a specific sample is continuous or discrete; we term these cases weak and strong MBL respectively. The spatially averaged spectra do not show this distinction; however, they universally exhibit a “soft gap” at zero frequency that is a diagnostic of localization. We estimate how far these effects are smeared out by a weak system-bath coupling, and argue that manifestations of these effects persist in the spectral functions so long as the system-bath coupling is weaker than the intrinsic energy scales of the system, such that the thermalization timescale is not the shortest timescale in the problem.

Model. It is expected \([18–21]\) that the Hamiltonian of an isolated FMBL system can be written in terms of localized constants of motion (‘1-bits’ \([18]\)) as follows:

\[
H_0 = \sum_i h_i S_i^z + \sum_{i,j} U_{ij} S_i^z S_j^z + \sum_n \sum_{i,j,\{k\}} K^{(n)}_{i(k)j}\bar{S}_i^z \bar{S}_j^z \cdots \bar{S}_{k_n}^z.
\]  
(1)

Here, the \(\{S_i\}\) are the Pauli operators of \(N\) localized two-level systems that are ‘dressed’ versions of the local degrees of freedom (‘p-bits’ \([18]\); for specificity we assume these p-bits are also two-level systems). The \(\{S_i^z\}\) commute with one another and with \(H_0\), so the eigenstates of \(H_0\) are simultaneously also eigenstates of all the \(\{S_i^z\}\).

The local fields \(h_i\) and the interactions \(U_{ij}\), \(K^{(n)}_{i(k)j}\) are static random variables. The interactions fall off exponentially with distance, both in their typical values and also in the probability of having a strong interaction. The \(S_i^z\) are related to the p-bits by a system-specific local unitary transformation whose ‘kernel’ also falls off exponentially with distance \([9, 18, 20]\). We define \(\tilde{h}\) to be the typical energy change associated with flipping a single 1-bit. We also define the effective two-spin interaction \(\tilde{U}_{ij}\) between two l-bits \(i\) and \(j\) for each given many-body eigenstate of \(H_0\). We define this effective interaction, following \([18]\), as

\[
\tilde{U}_{ij} = U_{ij} + \sum_{n,\{k\}} K^{(n)}_{i(k)j} \bar{S}_i^z \bar{S}_k^z \cdots \bar{S}_{k_n}^z.
\]  
(2)

The terms that dominate the sum in (2) will have the l-bits \(\{k\}\) all near the straight line segment between sites.
\(i\) and \(j\). Crucially, the typical magnitude of this effective interaction falls off exponentially with the distance between the \(l\)-bits.

We take the bath to consist of interacting bosons (e.g., anharmonic phonons) hopping on the same lattice as the \(l\)-bits. One possible generic form for the bath Hamiltonian is

\[
H_{\text{bath}} = t \sum_{\langle ij \rangle} b_i^\dagger b_j + \Lambda \sum_{\langle ijk \rangle} (b_i^\dagger b_j^\dagger b_k + \text{h.c.}) .
\] (3)

To ensure that the bath remains well-behaved when we consider an infinite temperature, we impose the (artificial) constraint of no more than some small number (say, two) bosons at any site. However, we emphasize that our results do not depend qualitatively on the nature of the bath, beyond the assumption that it thermalizes itself and has a local bandwidth of order \(t\). Any non-integrable quantum system obeying the eigenstate thermalization hypothesis (ETH) \[22–24\] can function as the bath. We do assume that the bandwidth of the bath \(t\) is much larger than the characteristic energy scales in the system, so that the bath can locally supply enough energy for any local process in the system. In this ‘broad bandwidth bath’ limit, the energy diffusivity of the bath will be high, such that the bath behaves in an effectively Markovian fashion on the timescales of interest. The case of a non-Markovian bath will be discussed elsewhere.

The system-bath coupling should be local in the space of \(p\)-bits, which implies that it is also local in the space of \(l\)-bits. Here we take the simplest fully local coupling, which has the form

\[
H_{\text{int}} = g \sum_{\langle ij \rangle} S_z^i (b_i^\dagger + b_i) .
\] (4)

More generally there should be longer-range and higher-order couplings that fall off exponentially with distance; including these would not qualitatively change our results.

For a thermodynamically large bath, any nonzero coupling \(g\) should suffice to bring the system to thermal equilibrium. More generally, when both the system and bath are finite-sized, the crossover to thermalization occurs when \(g \sim \sqrt{\delta \omega}\), where \(\delta\) is the many-body level spacing of the bath. This follows because each local system-bath coupling term couples to \(\sim t/\delta\) other states in the bath, so that the matrix element is typically \(\sim g \sqrt{\delta t}\). Thermalization will occur when the matrix element becomes of order the many-body level spacing \(\delta\) of the bath.

**Spectral features in the limit \(g \to 0\).** We now imagine starting from the coupled system and bath, and slowly taking the limit \(g \to 0\) so the system remains at equilibrium with the bath. In this limit, the probability operator \(\rho\) (a.k.a. reduced density matrix) of the system is diagonal in the eigenbasis of \(H_0\), with Boltzmann weights. For specificity we now consider the spectral function of \(l\)-bit \(j\):

\[
A_j(\omega) = \text{Im} \int_0^\infty dt e^{\omega t} \text{Tr} \left[ \rho S_j^- e^{-iHt} S_j^+ e^{iHt} \right] + \text{Im} \int_0^\infty dt e^{\omega t} \text{Tr} \left[ \rho S_j^+ e^{-iHt} S_j^- e^{iHt} \right] ,
\] (5)

where \(H\) is the full Hamiltonian of the system interacting with the bath, \(\tilde{\omega} = \omega + i0\), the spectral function is measured in thermal equilibrium at a specific site \(j\) for a specific disorder realization, and we use units where \(\hbar = k_B = 1\). The generalization to spectral functions of other local operators is in principle straightforward.

The qualitative behavior of the spectral function depends on the temperature. At \(T = 0\) and \(g = 0\), \(A_j(\omega)\) is simply a single delta-function, corresponding to flipping \(l\)-bit \(j\) up to its excited state. At non-zero temperature but still \(g = 0\), each eigenstate of \(H_0\) that has appreciable Boltzmann weight contributes a delta-function peak, and each such peak is at a different frequency (as it depends on the states of all the other \(l\)-bits); a natural question to ask is whether \(A_j(\omega)\), for a specific site \(j\) and a specific realization of the quenched disorder, is discrete or continuous for an infinite system in the limit \(g \to 0\).

**One dimension.** In one dimension, whether the local spectrum is asymptotically discrete or continuous depends on the localization length \(\xi\), which controls how rapidly the effective interaction \(U_{ij} \sim U_0 \exp\left(-|i-j|/\xi\right)\) falls off with distance in a typical eigenstate. One can see this as follows (assuming for now that \(T \to \infty\)): consider \(A_i(\omega)\) for a single \(l\)-bit spin \(i\) in the middle of an infinite chain. When \(U_0 = 0\), this contains two delta functions at \(\omega = \pm \hbar_i\). Including nearest-neighbor interactions causes these to each split into four delta functions with typical splittings \(\sim U_0 \exp\left(-1/\xi\right)\). Including second-neighbor interactions causes each of those delta functions to split on a smaller energy scale into another four delta functions, etc. By including these splittings one by one from strongest to weakest, we build up a ‘spectral tree’ (Fig. 1) \[15\]. In general, after taking into account interactions with the \(2n\) other \(l\)-bits within a distance \(n\) of site \(i\), the original delta functions have each split into \(2^{2n}\) delta functions which are spread over a frequency range that remains finite at large \(n\). Thus the average gap between delta functions scales as \(\sim U_0 \exp\left(-n \ln 4\right)\).

Meanwhile, the typical splitting coming from the effective interaction with the spins at a distance \(n\) is \(\sim U_0 \exp\left(-n/\xi\right)\). For \(\xi < 1/\ln 4\) this is much smaller at large \(n\) than the average gap, so opening these gaps causes very few crossings of the ‘branches’ of the spectral tree. The union of all the new gaps produced due to interactions at large distance \(n\) occupies a vanishing fraction of the spectrum. Thus the gaps opened at any large \(n\) do not fill in with spectral weight as \(n\) is subsequently increased to infinity, and the full \(n \to \infty\) spectrum is discrete, with an infinite number of gaps. This can be seen...
to lead to an asymptotically pointlike, statistically self-similar spectrum with a fine structure similar to a Cantor set. We call this the regime of strong MBL. For \( \xi > 1/\ln 4 \), on the other hand, the new gaps that are opened at any large \( n \) generally overlap strongly, causing many crossings of the branches of the spectral tree, and allowing the many delta functions produced for \( n \to \infty \) to densely fill in almost all gaps. We call this regime weak MBL. Note that although local spectra in the weak MBL regime resemble those of a diffusive system in being continuous, they are not the same: in particular, as discussed below, they exhibit a soft gap as \( \omega \to 0 \).

At any finite temperature \( T \), the Boltzmann distribution is dominated by a subset of all eigenstates, with entropy per spin \( s(T) < \ln 2 \). The effective interaction for a typical thermally-occupied eigenstate will have a localization length \( \xi(T) \) that generally depends on \( T \). Thus, after taking into account the interactions with all \( 2n \) spins within a distance \( n \) of site \( i \), the original spectral lines split into \( \approx \exp(2ns(T)) \) spectral lines. Comparing this to the typical splitting \( U_0 \exp(-n/\xi(T)) \) coming from interactions with the spins at distance \( n \), leads us to conclude that for a one-dimensional MBL system the weak-to-strong transition occurs at

\[
2s(T)\xi(T) = 1 . \tag{6}
\]

The entropy interpolates between \( s(T \to 0) = 0 \) and \( s(T \to \infty) = \ln 2 \) per spin, and the localization length is measured in units where the one-dimensional density of spins is unity. For the local spectral function of an \( n \)-bit near the end of a semi-infinite chain, the weak-to-strong transition is instead at \( s(T)\xi(T) = 1 \).

**Higher dimensions.** In higher dimensions \( d > 1 \), only the ‘weak MBL’ regime can be realized. We show this as follows: use units where the density of of \( n \)-bits is unity. After interactions with all \( n \)-bits within a distance \( r \) have been taken into account, the spectrum has \( \approx \exp(Ar^d s(T)) \) delta functions, where \( A \) is the volume of a \( d \)-dimensional unit sphere. Thus, the average gap scales as \( \approx U_0 \exp(-Ar^d s(T)) \). At large \( r \), this is much smaller than the effective interactions \( U_0 \exp(-r/\xi(T)) \), for any non-zero entropy density \( s(T) > 0 \). Thus only weak MBL can be realized in \( d > 1 \). For \( s(T)\xi(T) \gg 1 \) the spectral tree has branch crossings immediately and no gaps (except maybe one gap if \( h \gg U_0 \exp(-1/\xi) \)). In the opposite limit \( s(T)\xi(T) \ll 1 \), the gaps opened due to \( n \)-bits at distance \( r < r_c \) mostly remain open, while beyond \( r_c \), the branches of the spectral tree strongly cross so few additional gaps remain open, with

\[
r_c \sim \left( \frac{1}{\xi(T)s(T)} \right)^{1/(d-1)} . \tag{7}
\]

This also sets the scale \( E_c \approx U_0 \exp(-r_c/\xi) \) of the smallest gaps that remain open. As \( \xi \to 0, E_c \to 0 \).

**Spatially averaged spectral functions.** Thus far we have discussed spectral functions evaluated at a single site. Such strictly local spectral functions could be probed using, e.g., spatially focussed laser spectroscopy. However, other possible measurements, e.g., a.c. conductivity, probe spatially averaged spectral functions. Local spectral functions at different sites of this random system will have gaps at different frequencies. After averaging over spatial position in a thermodynamically large sample, there will in general be no gaps in the (averaged) spectral functions; thus, macroscopic spatial averaging erases the distinction between weak and strong MBL.

However, spatially averaged spectral functions of local operators still carry a universal signature of localization, viz. a soft gap as \( \omega \to 0 \). This soft gap is a consequence of energy-level repulsion in the underlying physical Hamiltonian: it arises because two many-body eigenstates connected by a local operator (e.g., a spin flip) generically mix. Due to this, the probability that an operator which is local in real space produces a transition with energy \( \omega \) is suppressed as \( \omega \to 0 \), vanishing as \( P(\omega) \sim \omega^3 \), where
$\beta$ is sensitive to the symmetry class ($\beta = 1$ for an orthogonal ensemble). Thus, after averaging over spatial positions, there will generically be a ‘soft’ spectral gap at zero frequency for any few-particle operator that is local in real space, in the sense that the spectral weight at low frequencies will vanish as $\omega^\beta$ [20].

While systems with thermal many-body eigenstates also display energy-level repulsion, this only occurs on the scale of the many-body level spacing, which is exponentially small in the system’s volume. For localized systems, on the other hand, the soft spectral gap width $\Delta$ remains non-zero even in the thermodynamic limit. Intriguingly, the dependence of $\Delta$ on $\xi$ within the MBL phase can be nonmonotonic: in the limit $\xi \to \infty$, we approach the ergodic-phase result that $\Delta$ vanishes in the thermodynamic limit; in the opposite limit $\xi \to 0$, the underlying p-bits decouple from one another, so that level repulsion is weak and once again $\Delta$ vanishes. The nature of this dependence will be addressed in future work.

**Finite-$g$ crossovers.** So far, we have considered the $g \to 0$ limit, in which each spectral function consists of a set of delta-function spikes. When $g > 0$, each spike is broadened into a Lorentzian with width $\Gamma(g)$ (estimated below). The distinction between strong and weak MBL is no longer sharp, as gaps on scales $\lesssim \Gamma(g)$ in the strong MBL phase are smeared out by the line-broadening. However, gaps on scales $> \Gamma(g)$ are filled in only weakly, and thus remain distinguishable. Provided that $\Gamma(g) \ll U_0$, the weak and strong MBL regimes have qualitatively different spectra, with the number of weakly-filled-in gaps increasing sharply as one crosses from one regime to the other (Fig. 1(c)). Similarly, although the spatially averaged spectral weight no longer strictly vanishes as $\omega \to 0$, it is strongly depleted, and should follow a universal power-law in the frequency range $\Gamma(g) \lesssim \omega \lesssim \Delta$. Thus, local spectra retain signatures of MBL physics even away from the limit of perfect isolation, unlike other properties of the MBL phase such as the failure of the eigenstate thermalization hypothesis.

We now estimate $\Gamma(g)$. We begin by considering a non-interacting localized system, described by an l-bit Hamiltonian that contains only the first term in (1). In this case, the only processes contributing to the linewidth of l-bit $i$ are those that flip it; from the Golden Rule, one can estimate the rate of this process as $\Gamma_i(g) \sim g^2/t$.

We now turn to the many-body localized case: here, there are additional contributions to the linewidth because the flipping of l-bits near $i$ causes the effective field $h_i^{\text{eff}} \equiv h_i + \sum_j U_{ij}\tau_j + \ldots$ acting on l-bit $i$ to fluctuate. Let us first consider a finite-sized system, which contains $N$ l-bits. At thermal equilibrium at small $g$, this system has $e^{s(T)N}$ thermally-populated many-body eigenstates, where $s(T)$ is the entropy per l-bit. We assume the system is large enough so that $s(T)N \gg 1$. At $g = 0$ the local spectral function of l-bit $j$ thus contains $e^{s(T)N}$ delta-functions of significant intensity. At small $g$ each of these many-body states has a ‘decay’ rate $\Gamma_m(g) \sim Ns(T)g^2/t$, since any of the l-bits can flip, but at low $T$ many l-bits are in their ground state and have a Boltzmann-suppressed probability of flipping up to a high energy state. Thus the typical spectral line is broadened into a Lorentzian with this width, provided that $g$ and $N$ are small enough so that all of the l-bits in the system interact with each other more strongly than they interact with the bath.

We now proceed to the thermodynamic limit. The interaction between l-bits falls off as $U_0 \exp(-R/\xi)$, where $R$ is the separation between l-bits. For sufficiently large separations $R \gtrsim R_c$, this interaction energy scale becomes smaller than the linewidth, such that interactions at the scale $R_c$ cannot be resolved within the linewidth $\Gamma_m(g)$. L-bits at distances $> R_c$ should then be treated as part of the bath. One can estimate $R_c$ as follows:

$$\Gamma_m(g) \approx U_0 \exp(-R_c/\xi) \sim s(T)R_c^2 g^2/t \quad . \quad (8)$$

This self consistently yields the linewidth

$$\Gamma_m(g) \approx \frac{g^2}{t} s(T)\xi^d \ln \left( \frac{tU_0}{g^2s(T)\xi^d} \right) , \quad (9)$$

which parametrically exceeds $\Gamma_1(g)$ at small $g$. The full linewidth is $\Gamma(g) \approx \max\{\Gamma_1(g),\Gamma_m(g)\}$; at low temperatures all the nearby l-bits are thermally frozen, but l-bit $i$ can still decay, and thus the line width saturates to $g^2/t$ in the zero temperature limit.

**Discussion.** Thus far we have restricted ourselves to studying spectral functions of l-bits. We can extend our conclusions to the bare degrees of freedom (‘p-bits’) by noting that each p-bit has appreciable overlap with only a relatively few l-bits, and therefore the characteristically spiky spectra of e.g. the strong MBL regime should be detectable in real experiments. Moreover, the ‘soft gap’ at zero frequency should be present even in the spectrum of p-bit operators, since the origin of this soft gap is level repulsion of p-bit states.

In summary, we have shown that spectral functions of local operators provide a perspective on many-body localization that remains useful even away from the (experimentally unrealizable) limit of perfectly isolated systems. In the limit of vanishing system-bath coupling, the behavior of local spectral functions can be used to categorize MBL states into two kinds, viz. “weak” MBL states with continuous spectra and “strong” MBL states with discrete spectra; crossovers associated with this weak-to-strong “transition” remain visible at finite system-bath coupling. Finally, we have argued that the spatially-averaged spectral functions generically contain a ‘soft gap’ at zero frequency, which is a diagnostic of localization. As these results should in principle hold for the
spectra of generic local operators (such as the current operator), our arguments can directly be extended to study phenomena such as transport. We shall address these issues in future work [25].

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[26] For systems with other conserved quantities in addition to energy, we must restrict ourselves to local operators that act within a particular symmetry sector.