Unusual multiple cutaneous retiform hemangioendothelioma on forearm and neck misdiagnosed as angiosarcoma with metastasis

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Abstract

Retiform hemangioendothelioma (RH) is extremely rare, and often involves the skin and subcutaneous tissues of distal extremities in young adults or children. Since its first description by Calonje in 1994, only a few primary multiple cases have been described in the literature. We present a case of unusual primary multiple RH on forearm and neck occurring in a 56 years old female patient. The patient presented with a slow-growing cutaneous plaque on her left forearm, followed by another lesion at the site of neck for several years. In the skin biopsy examination, a diagnosis of angiosarcoma with cutaneous metastasis was made based on multiple lesions at different anatomic sites and vasoformative growth pattern with anastomosing channels under the microscopy. However, postoperative histological diagnosis of the lesion was primary multiple RH by thoroughly microscopical inspection and the presence of thin-walled interconnecting vascular channels arranged in a retiform pattern and absence of lymph node metastasis. Despite wide surgical excision with tumor-free margin, the tumor recurred at the neck 3 months after surgery. The second local excision was performed. The patient was on regular follow-up for 18 months without additional treatments. There was no sign of recurrence or lymph node metastasis. Due to its rarity, multiple RH might be erroneously interpreted as angiosarcoma with metastasis by those who were not familiar with this condition, or conduce to aggressive postoperative treatment. Therefore, thoroughly microscopical inspection and a long-term follow-up are helpful for surgeons and pathologists to obtain an accurate diagnosis and avoid clinical over-treatment.

Introduction

Retiform hemangioendothelioma (RH) is a locally aggressive, rarely metastasizing vascular lesion characterized by low malignant potential and high rate of local recurrence. The tumor is uncommon, and often involves the skin and subcutaneous tissues of young adults or children [1]. Histologically, the tumor exhibits arborizing elongated blood vessels, hobnail monomorphic endothelial cells with scant cytoplasm and no significant atypia, prominent endovascular papillae with collagenous cores, and prominent lymphocytic infiltrate. According to these diagnostic criteria, to our knowledge, to date no more than 40 such cases have been described in the literature since its first description in 1994 by Calonje et al. [2-24]. RH does not appear to have any particular predilection site, but most of the reports were in the distal extremities, particularly the lower limbs. Nevertheless, the scalp, skull, and penis are involved in some cases [2, 10, 14, 16]. RH with multiple lesions has seldom been described. So far, only three case of multiple RH developed at different anatomic sites have been described in the literature [4, 7, 14]. However, due to its rarity, multiple RH may be erroneously interpreted as conventional angiosarcoma with multiple cutaneous or soft tissue metastases, resulting in an aggressive treatment strategy, including adjuvant radiotherapy or chemotherapy after surgical resection. Herein, we present a case of multiple RH arising on skin of forearm and neck of a middle-aged female patient. The clinical and histological features of this tumor, as well as differential diagnosis are discussed.

Material and methods

Clinical presentation and management

A 56-year old Chinese female patient was referred to our dermatology department for purple nodule and plaque developed on her forearm and neck. The patient had a history of a left forearm nodule that had progressively increased in size in 2009. At the local clinic, a preliminary clinical diagnosis of hemangioma was made, but the patient declined biopsy and histopathologic examination at that time. She was well until May 2012, when another purple plaque developed on her right neck. There were mild pain and swelling on her left forearm. Two weeks before admission to our hospital, the patient complained that the pain and tenderness of left forearm became worse and the right neck plaque increased in size. As a result, the patient was referred to our hospital for examination and treatment. There was no history of any trauma to arm and neck. Physical examination showed the patient had a mild soft tissue edema on her left forearm and mild pain was elicited upon
pressure. The lesion on the forearm was a purple nodule, measuring 4.0 cm in diameter. The lesion of right neck was a 2.0 cm dusky red to brown plaque without distinctive borders. No ulceration or throbbing was noted on the lesions (Figure 1). There was no fever, weight loss and no palpable lymphadenopathy or organomegaly. The laboratory results, including blood count, differential, liver and renal function, were within the normal range. A CT scan of neck, chest and abdomen showed no pathologic findings, particularly no lymphadenopathy and metastatic diseases could be observed. A biopsy was performed on forearm lesion initially, histopathological examination showed vasoformative growth pattern with anastomosing channels. The lesions were preoperatively diagnosed as angiosarcoma with cutaneous metastasis. Both lesions on forearm and neck were gross total resected. Because the margin of the lesions was ill-defined, the surgical resection was extensive with negative margins. The postoperative phase was uneventful. After diagnosis, the patient received no radiotherapy or chemotherapy and was only on regular follow-up. However, 3 months after resection, a small nodule, measuring 1.0 cm in diameter, was observed at the site of original tumor location on neck. Consideration of tumor recurrence, the patient received the second excision. After surgery, the patient was on regular follow-up for 18 months without additional treatments. The patient has remained healthy, without evidence of lymph node or systemic disease. There was no sign of recurrence of tumor during the period of follow-up.

**Histological process**

The surgical specimens were routinely fixed in 10% neutral buffered formalin and embedded in paraffin. Four micrometer-thick sections were stained with H&E in our laboratory. Immunohistochemical assay was also performed using the ChemMate Envision/HRP Kit and antibodies were obtained from Dako Cytomation (Carpinteria, CA, USA) and Santa Cruz Biotechnology (Santa Cruz, CA, USA). The first monoclonal antibodies were against pan-cytokeratin (pan-CK, AE/AE3), CD31, CD34, D2-40, HHV8, EMA, HMB-45, SMA and Ki-67 (MIB-1).

**Results**

Under microscopic examination, the surgical specimens from the lesions of forearm, neck and the recurred nodule showed similar histological findings in each. All of lesions were located in the superficial and deep dermis. The tumors were non-encapsulated and had infiltrative margin, subcutaneous fat and part of skeletal muscle were observed to be involved. The tumors were composed of multiple thin-walled interconnecting vascular channels arranged in a retiform pattern, resembling rete testis. The endothelial cells lining the vessels were single layered and showing monomorphic nuclei with scanty cytoplasm and distinctive hobnailed or “match-head” appearance. In focal areas, papillae projecting into lumen were noted. Those papillae had hyaline collagenous cores resembling to those seen in papillary intralymphatic angioendothelioma (Dabska tumor). The endothelial cells were minimally atypical, and mitoses were not identified. Stroma between the tumor cells showed prominent infiltration by lymphocytes (Figure 2). Immunohistochemistry stains done on these lesions were positivity for CD31 diffusely, but CD34 focally. Tumors were negative for D2-40, HHV-8, cytokeratin (AE1/AE3), EMA, HMB-45. SMA highlighted the vascular wall but was negative in the tumor cells. The...
Ki-67 labeling index of the lesions was low, accounting for 1% of the tumor (Figure 3). Based on the pathological findings, a final diagnosis of primary multiple RH with local recurrence was made according to WHO diagnostic criteria [1].

Discussion

Retiform hemangioendothelioma (RH), also termed as hobnail hemangioendothelioma, was first described in 1994 by Calonje and his colleagues where they presented cases occurring in 15 patients. In their originally reported cases, RH was regarded as “low-grade angiosarcoma” because this tumor recurred frequently with low metastatic rate [2]. Since then, a few reports of similar cases were published, most often occurring on the extremities of young adults [3-9]. In 2002, World Health Organization (WHO) classification of tumors of soft tissue and bone accepted RH as a rare entity, and identified it as an intermediate vascular neoplasm with putative borderline malignancy, as opposed to the benign angioma and the malignant angiosarcoma [5]. In 2013, the latest edition of WHO tumor classification (4th edition) retains this tumor as a intermediate hemangioendothelioma, which includes RH, papillary intralymphatic angioendothelioma, kaposiform, pseudomyogenic, and composite hemangioendotheliomas because of their intermediate biological behavior between benign hemangiomas and angiosarcomas [1]. The etiology of RH is still unknown. Several reports have proposed its association with lymphedema, previous radiation treatment, and non-epidermal malignant tumors [2,5,8]. An association between RH and human herpes virus 8 (HHV-8) has been reported in one case [8]. However, the certain pathogenesis of this tumor remains to be identified.

Since its first description by Calonje et al. no more than 40, predominantly young to middle-aged cases have been described in the literature (Table 1). Of these 9 were children (under the 18 years old) and 30 were adults with female predilection (male: female = 12:27). It appears that RH may affect a wider age range, and all reported cases are from children to 78 years. RH does not show a preference for a specific anatomic site, but most of tumors involve the dermis and subcutaneous tissues of extremities (especially lower limbs and fingers). Tumor has also been described in other deeper locations, including trunk [8], breast [4] and bone [10]. Clinically, RH can present as a plaque, nodule, or exophytic mass with duration of disease ranging from 2 months to several years. Most of tumors grow slowly and occasionally shows bruise-like appearance with the tumor size ranging from 0.7 to 30 cm in greatest dimension. Most lesions are single, although only 4 cases of multiple tumors occurring in different anatomic sites have been described, including our case. Duke et al. reported the first case of multiple RH in the trunk, breast and extremities of a 30-year-old woman [4]. Also, Mentzel et al. reported multiple lesion in the extremities, scalp and ear in 40 and 61-year-old woman, respectively [7,14]. To our knowledge, our presenting case is rare case of primary multiple cutaneous RH in different anatomic sites. RH recurs in almost half of the cases within 2 to 27 months after initial excision [2-24]. Because of the infiltrative growth pattern of RH it is difficult to achieve tumor-free margins, which likely contributes to the high recurrence rate although several cases performed wide local excision with negative margin [14]. So far, only three cases of RH have developed metastases to regional lymph nodes which indicate a very aggressive biological behavior [2,12,19]. However, clinical follow-up ranged from 4 months to 22 years, no distant metastasis has been observed. In previously reported cases, two patients with RH died after tumor excision. Zhang et al. reported an unusual case of RH presenting aggressive and lethal clinical course. The patient had rapid tumor local recurrence 3 months after excision and died of disease 6 months after excision [14]. Also, Albertini et al. reported a lethal RH case occurring in a 6-year-old girl, in which the patient died of hypovolemic shock 8 months after surgery because of pre-existed diffuse lymphangiomatosis [18]. Those lethal cases indicate that RH may exhibit more aggressive behavior than originally described by Calonje [2].

Since cases of RH are so rare, the diagnosis should be only made by strict histological and clinical manifestation. According to the WHO criteria, RH is characterized by multiple interconnecting arborizing blood vessels arranged in a retiform pattern, lined by monomorphic “hobnail” or “matchstick” endothelial cells that showed minimal cytologic atypia and no mitotic figures. Immunohistochemically, tumor cells are positive for vascular endothelial markers such as Von-Willebrand factor, CD34 and CD31 are commonly positive in most of tumors at varying intensities in each case, which help identify and diagnose the tumor as a type of vascular neoplasms. But only a few cases of RH may express podoplanin (D2-40) and vascular endothelial growth factor receptor-3 (VEGFR-3), markers of endothelium of lymphatic vessels [13,26], which indicates that RH is a vascular entity and usually does not have lymphatic differentiation. In the present case, irregular vascular channels lined by endothelial cells with a “hobnail” appearance, papillary projections with a central hyaline core and scarce mitotic figures help identify the tumor as a “hobnail” hemangioendothelioma. A prominent stromal lymphocytic infiltrate and immuno-negativity of D2-40 point to a certain diagnosis of RH.

Multiple RH shows distinctive features that the patient develops multiple tumors at different anatomic sites. In our case, multiple cutaneous lesions could be observed on forearm and neck, which might be regarded as secondary foci of tumor, gave the histological diagnosis of angiosarcoma with cutaneous metastasis. Since the RH is rare, the interconnecting or anastomosing vascular channels might be erroneously interpreted conventional angiosarcoma by those who were not familiar with this condition. This might be the reason that led to the misdiagnosis of angiosarcoma with cutaneous metastasis. However, cutaneous angiosarcoma usually has dismal prognosis with very high incidence of recurrence and metastasis and high mortality rate. Although angiosarcoma and RH have in common an infiltrative pattern, the vascular spaces formed in angiosarcoma tend to be more irregular and jagged than those in RH. The cytologic atypia, multilayering, and mitotic figures are more remarkable in angiosarcoma, even in well-differentiated angiosarcoma [27]. But the overall appearance of RH is that of a monotonous neoplasm with hobnail appearance and very little cytologic atypia. In addition, the presence of a prominent inflammatory cell infiltrate is also a helpful clue for diagnosis of RH, although some cases of angiosarcoma can also exhibit this appearance. In our case, the non-contiguous nature of the tumors and the absence of cytologic atypia and lymph node or internal organ involvement strongly support the diagnosis of primary multiple RH rather than angiosarcoma with metastasis. However, RH with multiple lesions at different anatomic sites does not imply a worse prognosis of tumor. Duke reported a multiple RH had no recurrence 10 years after surgery without any adjuvant treatment [4]. Therefore, multiple RH may not certainly conduct to more aggressive clinical treatment, including postoperative radiotherapy or chemotherapy. A postoperative long-term follow-up should be performed as an appropriate scheme to supervise the locoregional recurrence.

In addition, two particular types of vascular lesions with hobnail endothelial cells, targetoid hemosiderotic hemangioma (hobnail hemangioma) and papillary intralymphatic angioendothelioma
In contrast to PILA of low local recurrence or metastasis [29], multiple local recurrences are frequent in RH. Due to its high incidence of local recurrence, the treatment of choice for RH is a wide surgical excision with histopathological tumor-free margins and long-term follow-up is essential [1,11,13-15]. Radiotherapy has been reported to be successfully administered as adjuvant treatment for local as well as regional nodal RH recurrences [16,19]. Recently, low-dose cisplatin and moderate radiotherapy has also been performed on a patient with unresectable RH [16]. But the efficacy of chemotherapy on recurred RH or RH with lymph node metastasis is still unclear. More treatment strategies of this uncommon tumor remain under investigation.

In conclusion, only a few cases of primary multiple RH have been reported in the literature. Our additive case is also presented for its rarity of multiple sites. The diagnosis of multiple RH is difficult and should be made cautiously. Multiple RH does not imply unfavorable prognosis and conduct to a more aggressive treatment certainly. Besides confirmation by strict histological criteria, a long-term follow-up should be performed to supervise the locoregional recurrence.
Pan B (2017) Unusual multiple cutaneous retiform hemangioendothelioma on forearm and neck misdiagnosed as angiosarcoma with metastasis

Consent
Written informed consent was obtained from the patient for publication of this case report and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

Competing interests
The authors declare that we have no competing interests.

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