A new high-quality set of singly ($^2$H) and doubly ($^2$H and $^{18}$O) stable isotope labeled reference waters for biomedical and other isotope-labeled research

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RATIONALITY: Research using water with enriched levels of the rare stable isotopes of hydrogen and/or oxygen requires well-characterized enriched reference waters. The International Atomic Energy Agency (IAEA) did have such reference waters available, but these are now exhausted. New reference waters thus had to be produced in sufficient quantity, and higher characterization quality was desired.

METHODS: The reference waters have been prepared gravimetrically from three parent waters: natural water, pure $^2$H water and highly $^{18}$O-enriched water. These parent waters have been thoroughly assessed for their full isotopic compositions. To ensure the integrity and correctness of the gravimetric procedure, validation measurements have been carried out on the isotopic composition of the produced reference waters by two of our laboratories. These measurements corroborate the values obtained on the basis of gravimetric data.

RESULTS: Two new sets of three reference waters enriched in the stable isotopes have been produced and certified: one set of singly labeled waters, only enriched in $^2$H, and another set of Doubly Labeled Waters, enriched in both $^2$H and $^{18}$O. They cover $\delta^2$H and $\delta^{18}$O values in the range of 800–16000 ‰ and 100–2000 ‰, respectively. The process has led to highly accurate isotopic values for these waters.

CONCLUSIONS: These reference waters are now available (called IAEA-604 to IAEA-609). They will be valuable as reference materials for all fields using isotope labeling of water, most prominently, but not exclusively, biomedical research (body composition analyses, metabolic rate measurements). The two waters with the lowest enrichments will also be useful as anchor values for isotope measurements around the natural range. © 2015 The Authors. Rapid Communications in Mass Spectrometry published by John Wiley & Sons Ltd.

Analysis of the stable isotope ratios of hydrogen and oxygen has widespread applications in a variety of sciences, such as atmospheric research,[1,2] hydrology,[3,4] (paleo) climatology,[5–9] and medicine and biology. An example of the latter is the application of stable isotopes in water as tracers to assess the water fraction of the total body mass,[9–11] and the energy expenditure of humans and animals.[12–14] Both methods have a non-destructive, non-destructive character: a small portion of water labeled with one or both stable isotopes must be administered to the person or the animal, and one (singly labeled) or two (doubly labeled) samples of one of the possible body fluids (saliva, blood, urine) must be taken. The way in which the singly labeled method establishes the total amount of body water (and thus produces valuable information about body composition) is straightforward: it is based on the dilution of the original administered isotope label by the total body water. Provided that the administered amount and the enrichments of the labeled water are well known, the labeled water has been fully equilibrated through the body, and the final isotope measurement is well calibrated, the total body water can be established with high precision. The principles of the Doubly Labeled Water (DLW), invented by Lifson and colleagues in the early 1950s, are more complicated.[15–17] The DLW method uses the enrichment of the body water of a subject with known concentrations of both $^2$H and $^{18}$O, and the establishment of the turnover rates

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of these isotopes by taking two samples separated in time. The concentration of both $^2$H and $^{18}$O decreases by dilution through water exchange between the body and the outside world. In addition to that, the $^{18}$O concentration also decreases through its incorporation in CO$_2$ produced by respiration. Therefore, the decay rate for $^{18}$O in the body is faster than that for $^2$H. The difference in the decay rates of $^2$H and $^{18}$O is proportional to the production of CO$_2$ and is thus directly related to the energy expenditure over the period of time between the two samples. The decay rate difference between $^2$H and $^{18}$O is mostly relatively small (10–15 % of the decay rates themselves). The individual rates must therefore be established accurately, which implies that laboratories should be able to accurately measure both the isotopes over several orders of magnitude on the isotope (“delta”) scale: the “initial” samples are much more isotope-enriched than the “final” samples, and natural (“background”) waters need to be analyzed as well. Such a performance is only feasible when a series of reliable, well-calibrated reference waters is available.

To facilitate the DLW technique, two sets of two isotopically enriched reference materials were available through the International Atomic Energy Agency (IAEA, Vienna, Austria), named IAEA-302 (enriched in $^2$H, with δ$^2$H values of ~500 ‰ and ~1000 ‰) and IAEA-304 (enriched in $^{18}$O, with δ$^{18}$O values of ~250 ‰ and ~500 ‰), the values of which had been determined as consensus values from a ring test. However, these reference waters have been exhausted for several years, while there is an ever-growing need for certified, enriched reference waters in sufficiently large quantities to serve the research fields described above. Therefore, we decided to produce one set of singly, $^2$H-enriched waters, 20 liters each, with nominal values for δ$^2$H of 800 ‰, 6000 ‰ and 16000 ‰, and one set of doubly labeled ones, 10 liters each, with approximately the same δ$^2$H values and with δ$^{18}$O values of nominally 100 ‰, 750 ‰ and 2000 ‰. For maximum accuracy and reliability of the assigned isotope values, we produced the waters using a combination of precise characterization of the three “parent” waters and gravimetric mixing.

In this paper, we report the production and certification of these waters. In the following paragraphs we first discuss the available starting materials and the actual gravimetric mixing process. We report on our scrutiny of the parent waters: natural water (through a ring test), pure $^2$H water and $^{18}$O-enriched water. Then, the gravimetric mixing procedure by which the new reference waters have been produced will be discussed, and how this leads to a reliable estimate of the isotope values for the reference waters. Finally, we report our best gravimetric δ$^2$H and δ$^{18}$O values for the new reference waters, with their combined uncertainties. The whole production process has been monitored and validated using the Center for Isotope Research (CIO) of the University of Groningen (Groningen, The Netherlands), and the IAEA.

As a side result, we developed, in three independent efforts, spreadsheets to accurately compute isotope values based on a combination of waters with different isotopic composition. All three give identical results. We have used these spreadsheets for our present work; they will be discussed in a separate publication, and made available on our website. Important for the present work, however, is that the calculations are based on the absolute abundance ratios for the international calibration material, the water VSMOW: $^2$H/$^1$H = 155.76 ppm, $^{18}$O/$^{16}$O = 2005.20 ppm, and $^{17}$O/$^{16}$O = 379.9 ppm. These numbers are needed to bring waters for which the isotopic abundances are stated on common grounds with those for which the isotope values have been determined based on the delta scale convention.

### EXPERIMENTAL

#### Gravimetric preparation of Reference Differences

The basis of the production of the new reference materials is gravimetric mixing of a distilled natural water sample (typical δ$^2$H = -42.7 ‰ and δ$^{18}$O = -6.3 ‰) with isotopically pure $^2$H water (specified δ$^2$H fraction = 99.993 ‰, Sigma Aldrich, Zwijndrecht, The Netherlands) and highly $^{18}$O-enriched water (specified as δ$^{18}$O fraction = 97.6 ‰ and $^{18}$O fraction = 0.7 ‰, Cortecnet, Voisins-Le-Bretonneux, France). For preparation and temporary storage of these reference waters, we used 30-L stainless steel containers that are normally used for potable liquids (wine). These containers have lids that are part of the containers. The lids are equipped with a self-developed easy water extraction system avoiding evaporation and contamination with water vapor from the atmosphere when drawing water.

We filled each of the three containers for singly labeled waters initially with about 20 kg of demineralized local tap water (Elix 10, Millipore, Amsterdam, The Netherlands) and the three other containers for doubly labeled waters with about 10 kg (for all six reference waters from the same single supply tank) and determined the mass of the water to a precision of better than ±1 g (better than 1:10$^3$) using a newly purchased precision balance (WLC 12/30/C1/R, RADIAG, Radom, Poland). The isotopically enriched parent waters, $^2$H and $^{18}$O water, were served in small vials such that the quantities (ranging from 1.5 to 56 g) could be weighed to 0.01 mg to 0.1 mg precision (better than 1:10$^5$) with a precision analytical balance (CPA 225D, Sartorius, Göttingen, Germany). Care was taken to restrict evaporative losses to the very minimum by covering the vials, and working quickly. The set of the three singly labeled waters was made by immersing the small glass vials filled with the $^2$H water in the corresponding three containers for thorough mixing with the demineralized waters. Subsequently, the containers were tightly capped. The three doubly labeled waters were produced by immersing simultaneously the filled small vials with the $^2$H and those filled with the highly $^{18}$O-enriched water into their three containers. The all-airtight containers were stored for 3 weeks, during which period they were regularly moved/rolled to ensure complete mixing. Prior to mixing, we calculated the “recipes” of the reference waters (that is, the masses of the natural, the $^2$H and the $^{18}$O waters for each of them) using our spreadsheets with the specifications of the manufacturers for $^2$H and $^{18}$O. Of course, the final values differ somewhat from the nominal values that we aimed for, caused by the actual weights of the waters that we put together, and the true isotope values of the waters that we determined, as described in the next paragraph.

We checked the calibration of both balances using appropriate, certified calibration weights, and established their correctness. Given the desired accuracy of the weighing
process, a correction for the buoyancy effect must be applied. At 21 °C, 1013 hPa (the Groningen laboratory is at sea level) and 60% relative humidity, the air mass is 1.19 kg/m³ or 0.12% of that of water. The correction for this buoyancy effect would therefore lead to about 0.12% higher masses than those read from the balances. However, as we are not using the masses themselves, but only mass ratios, the buoyancy correction largely cancels. The only effects that remain are caused by day-to-day variations in air pressure and temperature, and by the density differences between the normal and (heavy isotope) enriched waters that we use. The former effects, pressure and temperature variation, lead to at most ±1% variation in the air density and thus in variations in the water mass ratios of at most 10⁻⁵ (and probably much less, since all water weighing and mixing were performed on a per barrel basis on the same day). This is an insignificant uncertainty contribution. For weighing natural and enriched waters, however, the buoyancy effect leads to a systematic difference of slightly above 10⁻⁴ in their mass ratios. That influence is significant, and we corrected for this effect. With densities (at 21 °C) of 998 kg/m³ for natural water, 1105 kg/m³ for pure ²H₂O, and 1106 kg/m³ for our highly enriched, but not pure, ¹⁸O water, we find that we overestimate the weight of ²H₂O by 1.15 × 10⁻⁴ and that of our ¹⁸O water by 1.16 × 10⁻⁴ relative to the natural water. Therefore, we corrected the weights of ²H₂O and ¹⁸O water by these small amounts for the calculations of the isotope values. For all other mixtures described later we also applied a buoyancy correction if significant. As it turns out, this is only the case when natural and ²H or ¹⁸O water are mixed; for mixing natural with even our highest enriched reference water of +16000 ‰ for the δ²H value and +2000 ‰ for the δ¹⁸O values, the buoyancy correction for the ratio is negligible, as the density of this water is only about 0.6 kg/m³ higher than that of natural water.

Quantification of the parent waters

Characterization of natural water

An inter-laboratory comparison study has been performed for precise assessment of the isotope values for the natural water used for the reference waters. Five laboratories have measured the δ²H and δ¹⁸O values of the natural water. The water was distributed in airtight 30-mL plastic bottles and securely capped to prevent any isotopic change. The reported values expressed on the VSMOW-SLAP (Vienna Standard Mean Ocean Water-Standard Light Antarctic Precipitation) scale of this inter-comparison are shown in Table 1.

| Lab number | Method          | δ¹⁸O (%) vs VSMOW-SLAP | δ²H (%) vs VSMOW-SLAP |
|------------|-----------------|-----------------------|-----------------------|
| 1          | Laser spectrometry | -6.22 ± 0.07         | -42.1 ± 0.6           |
| 2          | Laser spectrometry | -6.34 ± 0.05         | -42.7 ± 0.3           |
| 3          | Mass spectrometry  | -6.30 ± 0.03         | -42.5 ± 0.4           |
| 4          | Mass spectrometry  | -6.36 ± 0.03         | -43.3 ± 0.5           |
| 5          | Mass spectrometry  | -6.70 ± 0.10         | -42.9 ± 0.4           |
| Best value |                 | -6.32 ± 0.04         | -42.7 ± 0.4           |

There is one obvious δ¹⁸O value outlier in the table; averaging the others yields the best values for our natural water: δ¹⁸O = -6.32 ± 0.04 ‰ and δ²H = -42.7 ± 0.4 ‰, in which we estimate the combined uncertainty conservatively (all uncertainties mentioned in this work are 1σ).

Characterization of pure ²H water

The highly ²H-enriched water used for preparation of our reference materials had a high ²H purity grade of 99.993 %, certified by the supplier (Sigma-Aldrich) for this specific batch through ¹H-NMR spectroscopy. The results generated by a dilution testing method in our laboratory for determination of the ²H purity corroborated this value, but with much lower precision. Therefore, we relied on the stated purity, but used a conservative uncertainty estimate of ±0.005 % in this value.

We prepared a set of three singly labeled waters (now called IAEA-604, -605, -606 in a sequence of increasing δ²H values) by gravimetric mixing of this deuterated water with the natural water (information on the masses are shown in Table 2). Because this deuterated water is also used for a set of doubly labeled waters, its oxygen isotopic composition is of importance, too. There was no information provided on the oxygen content of the deuterated water by the supplier. However, δ¹⁸O and δ¹⁷O measurements on the new singly labeled reference waters indicated that both ¹⁸O and ¹⁷O in the deuterated water were enriched, but to a substantially lower level than the ²H (as can be expected). Therefore, to create a mixture with moderate enrichment of these O-isotopes, we made a 1:17 dilution of the deuterated water with natural water (the same natural water as described above). The measurement method for the δ¹⁸O and δ¹⁷O values of this mixture still has to cope with extremely enriched levels of ²H, such that all the normally very rare “clumped” species ²H²H¹⁷O, ¹H²H¹⁸O and ²H²H¹⁸O, and even ²H²H²H¹⁸O and ²H²H²H¹⁷O cannot be neglected. A laser spectrometric measurement was therefore deemed not suitable. Instead, we decided to use the classical H₂O-CO₂ equilibrium technique, followed by Isotope Ratio Mass Spectrometry (IRMS) analysis of the equilibrated CO₂, which is not hampered by the presence of high concentrations of ²H. Normally, this method only reveals δ¹⁸O (and δ¹³C values, assuming the δ¹⁷O-δ¹⁸O relation for natural waters), but when the δ¹³C value of the CO₂ gas used for equilibration is known (and applying a small correction for the fractionation of the dissolved CO₂) one can alternatively interpret the IRMS results for masses 45 and 46 in terms of δ¹⁷O and δ¹⁸O values. At our CIO
The precision of the δⁱ⁸O value, however, is limited, as it has to be deduced from about 6 % of the mass-45 signal (the other 94 % is due to ¹³CO₂). Whereas Elsig et al.[28] reach a combined uncertainty of ~0.1 ‰, we estimate the combined uncertainty with our standard equipment to be 0.4 ‰ for natural samples.

We performed equilibrium measurements on this 1:17 diluted ²H water six times (on different days), together with measurements on the three prepared singly labeled waters. To find the best estimates for the ¹⁸O- and ¹⁷O-isotopic abundances of the deuterated water, we considered its abundances as fit parameters to minimize the sum of differences between the measured and calculated δ values for our measurements. Both the measurement results and the fit values are shown in Table 2. The fit values are calculated using the spreadsheets that we developed, using the masses of the constituents (buoyancy ratio corrected for the deuterated water) and the appropriate values for their isotope content.

The result for the ¹⁸O abundance in the deuterated water is 0.8998±0.0010 ‰, about a factor of 4.5 higher than natural. The ¹⁷O abundance is 0.0874±0.0004 ‰, about 2.3 times the natural abundance. The ¹⁷O abundance in the waters that we use for mixing is important not only for its own sake, but also because it influences the other values. The obtained results are necessary information for the calculation of the δ³⁴S and δ¹⁷O values of the doubly labeled waters.

Combined uncertainties in the measured values are given in brackets. The uncertainties in the masses vary from ±0.00002 g to ±0.00010 g for the gram amounts, and are ±0.7 g for the 20 kg amounts of the natural water.

The mentioned uncertainties in the estimated abundances are the result of the described fit procedure. The results for the 1:17 water obviously dominate the process, so their combined uncertainties mainly determine the uncertainty in the results. It is worth noting that the spread of the individual measurements, which is a measure for the repeatability, is much lower than the individual combined uncertainties suggest. However, the most important uncertainty source, which all individual measurements have in common, is caused by the scale normalization uncertainty; for these values far out of the VSMOW-SLAP range, this uncertainty contribution dominates.

Characterization of the highly ¹⁸O-enriched water

Contrary to the deuterated water, the ¹⁸O-enriched water was not certified with satisfactory accuracy for our goal. This is because a purity of virtually 100 % cannot be reached in the thermo-diffusion process by which ¹⁸O is enriched. Furthermore, the other rare isotope of oxygen, ¹⁷O, also gets enriched. The purchased commercial ¹⁸O-enriched water for the preparation of doubly labeled waters had been specified to an enrichment level of ¹⁸O=97.6 ‰ and ¹⁷O=0.7 ‰ by the supplier (in fact the company sold the water with the guarantee of ¹⁸O >95% enrichment). For our purposes, an independent determination of the ¹⁸O-enrichment level is thus essential. This can be undertaken through gravimetric dilution of the ¹⁸O-enriched water by natural water that is depleted in ²H, and ¹⁸O and ¹⁷O such that the end product is in its isotopic composition close to the international calibration water VSMOW. However, starting directly from,

| Sample | Mass of ²H-enriched water (g, buoyancy ratio corrected) | Mass of natural water (g) | Measured δ¹⁸O (%) and average | Fitted δ¹⁸O (%) | Measured δ¹⁷O (%) and average | Fitted δ¹⁷O (%) |
|--------|--------------------------------------------------------|---------------------------|----------------------------|----------------|----------------------------|----------------|
| 1:17 dilution of ²H-enriched water | 1.10100 | 18.83035 | 169.4 (0.3) | 169.1 | 62.4 (0.5) | 62.3 |
| IAEA-604 | 3.21228 | 22000.2 | -5.95 (0.06) | -5.86 | -3.0 (0.4) | -3.2 |
| IAEA-605 | 20.9764 | 20041.4 | -3.04 (0.06) | -3.02 | -2.1 (0.4) | -2.1 |
| IAEA-606 | 56.1803 | 20219.0 | 2.39 (0.06) | 2.43 | 0.3 (0.4) | -0.1 |
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Table 3. Masses of the parent waters used for preparation of IAEA-607, -608, and -609, with nominal \( \delta^{18}O \) and \( \delta^{17}O \) values

| Samples  | Nominal \( \delta^2H \) (‰) | Nominal \( \delta^{18}O \) (‰) | Mass of contents (g) |
|----------|-----------------------------|-------------------------------|----------------------|
| IAEA-607 | 800                         | 100                           | 10012.6              |
| IAEA-608 | 6000                        | 750                           | 10006.5              |
| IAEA-609 | 16000                       | 2000                          | 10024.7              |

The uncertainties in the gram amount masses are as specified in Table 2, and are ±0.3 g for the 10 kg amounts of the natural water.

Table 4. Measured and fitted \( \delta^{18}O \) and \( \delta^{17}O \) values for eleven independent mixtures of IAEA-607, IAEA-608, and IAEA-609 and our natural local reference water OC1 (depleted in \( ^2H \), \( ^17O \) and \( ^18O \)) to assess the \( ^{18}O \) and \( ^{17}O \) abundance in the \( ^{18}O \)-enriched water

| Sample          | Mass of doubly labeled water (g) | Mass of OC1 (g) | Average of measured \( \delta^{18}O \) (‰) (θ of mm) | Fitted \( \delta^{18}O \) (‰) | Average of measured \( \delta^{17}O \) (‰) | Fitted \( \delta^{17}O \) (‰) |
|-----------------|---------------------------------|-----------------|-----------------------------------------------|-----------------------------|-----------------------------------------------|-----------------------------|
| IAEA-607+ GS-OC1 | 1.0196                          | 40.2509         | -4.41 (4)                                      | -4.39                       | -24.9                                         | -25.0                       |
| IAEA-609+ GS-OC1 | 1.01189                         | 37.0013         | -0.85 (1)                                      | -0.53                       | -24.9                                         | -24.8                       |
| IAEA-609+ GS-OC1 | 1.00114                         | 37.6470         | -2.05 (2)                                      | -1.98                       | -25.0                                         | -25.3                       |
| IAEA-609+ GS-OC1 | 1.00418                         | 37.6502         | -1.84 (2)                                      | -1.83                       | -24.7                                         | -25.2                       |
| IAEA-609+ GS-OC1 | 1.00330                         | 13.99809        | -1.20 (1)                                      | -1.54                       | -23.9                                         | -22.6                       |
| IAEA-608+ GS-OC1 | 0.99974                         | 14.14832        | -1.91 (2)                                      | -1.92                       | -24.0                                         | -24.0                       |
| IAEA-608+ GS-OC1 | 0.99970                         | 14.20044        | -2.06 (2)                                      | -2.10                       | -24.1                                         | -24.1                       |
| IAEA-607+ GS-OC1 | 1.00150                         | 1.91209         | -1.36 (2)                                      | -1.41                       | -17.3                                         | -17.7                       |
| IAEA-607+ GS-OC1 | 0.70052                         | 1.34035         | -1.44 (2)                                      | -1.48                       | -17.5                                         | -17.7                       |
| IAEA-609+ GS-OC1 | 1.01742                         | 39.1358         | -1.68 (3)                                      | -3.10                       | -25.1                                         | -25.0                       |
| IAEA-609+ GS-OC1 | 1.02555                         | 37.9946         | -1.92 (4)                                      | -1.21                       | -25.2                                         | -24.8                       |

Uncertainties in the masses are as given before, the individual combined uncertainties for \( \delta^{18}O \) measurements are ±0.06 ‰, and for \( \delta^{17}O \) ±0.4 ‰. The two lowest rows show the results of two mixtures that we discarded from the fitting process.
The δH values of the diluted 18O-enriched water with our reference water OC1 (δ2H = -424.5 ± 0.6 ‰ and δ18O = -53.99 ± 0.06 ‰), as measured with our chromium reduction IRMS system. The uncertainties in the masses are as given before.

| Sample                | Mass of 18O-enriched water (g, buoyancy ratio corrected) | Mass of OC1 (g) | Measured δ2H (%o) |
|-----------------------|----------------------------------------------------------|-----------------|-------------------|
| Dilution of 18O-enriched water | 0.50149                                                  | 40.0050         | -302.2 ± 0.5      |

Results and combined uncertainties for the new reference waters

Based on the above determinations of the full isotopic composition of the two enriched parent waters, the (buoyancy ratio corrected) weights of the three constituents of the mixtures, and the delta values of the natural water, we could calculate the final delta values of the six new reference waters. The values, along with their (1σ) combined uncertainties, and also the equivalent isotopic abundances are given in Table 6.

For the calculation of the final combined uncertainties, we treated the various uncertainty sources per reference water as independent. In principle there are eight (for the singly labeled waters) or twelve (for the doubly labeled waters) uncertainty sources: the weights of the waters used for mixing (two for the deuterated references waters, three for the doubly labeled ones) and the three isotopic compositions of each of the two/three source waters.

Results and combined uncertainties for the new reference waters

If we included one or both of the excluded samples. Clearly, the enrichments of 18O = 97.6 % and 17O = 0.7 % specified by the supplier are not very accurate.

The hydrogen-isotopic composition of the 18O-enriched water also needs to be measured. The high-temperature pyrolysis-IRMS technique is insensitive to the oxygen-isotopic composition, and thus we used our experimental setup (chromium reduction oven (Pyro-OH, Eurovector, Milan, Italy) and a continuous flow IRMS instrument (Isoprime, Manchester, UK)) to perform δ2H measurements on mixtures with the 18O-enriched water. Since the 2H isotope is obviously far less enriched than the 18O one, we could not use the mixtures of Table 4 for a reliable δ2H determination of the original 18O water. Therefore, we made a diluted sample of the 18O water itself, such that its 2H abundance leads to a significant signal. Table 5 shows the experimental data on this dilution. Fitting the δ2H values of this dilution to the measured one leads to a 2H abundance of 0.1791 ± 0.0014 % in the 18O water, more than an order of magnitude above the natural abundance.

It is clear that the “other” side of commercially available, highly enriched 2H and 18O water is also substantially enriched (although often declared as “renormalized” by the suppliers). This additional information on the enriched waters is crucial for producing reference waters with accurate and reliable delta values. Still, as shown below, the largest uncertainty contribution is caused by the uncertainty in the 18O concentration of the 18O water itself.

Results and combined uncertainties for the new reference waters

Based on the above determinations of the full isotopic composition of the two enriched parent waters, the (buoyancy ratio corrected) weights of the three constituents of the mixtures, and the delta values of the natural water, we could calculate the final delta values of the six new reference waters. The values, along with their (1σ) combined uncertainties, and also the equivalent isotopic abundances are given in Table 6.

For the calculation of the final combined uncertainties, we treated the various uncertainty sources per reference water as independent. In principle there are eight (for the singly labeled waters) or twelve (for the doubly labeled waters) uncertainty sources: the weights of the waters used for mixing (two for the deuterated references waters, three for the doubly labeled ones) and the three isotopic compositions of each of the two/three source waters. However, only a limited number of them played a significant role. For the δ2H values, up to four uncertainty sources were significant (though not for all six waters). Figure 1 shows these sources and their relative importance in the combined uncertainty. For the reference waters with low enrichment the uncertainty in the δ2H value of the natural water is the dominant source, and this gradually changes with the higher enrichments, where the uncertainty of the 2H abundance in the deuterated water and, somewhat surprisingly, the uncertainty in the weight of the natural water take over.

For δ18O values, the situation is much simpler: the uncertainty in the new reference waters is entirely due to the uncertainty in the 18O abundance of the 18O water. For the waters with (close to) natural δ18O values the uncertainty in the δ18O value of the natural water dominates. For δ17O values, the situation is completely analogous to that of δ18O values, only with larger relative uncertainties.

The combined uncertainties shown in Table 6 are valid for the bulk reference waters. In the end, these waters will be distributed in 5-mL aliquots. The final combined uncertainty for the end-users thus has to include the possible

| Table 6. Isotopic compositions of the new reference waters, expressed both in delta values and isotopic abundances, with their combined uncertainties in brackets |
|---------------------------------|-------------------|-------------------|
| Reference | δ2H values and combined uncertainties (%) | Absolute isotopic abundances (ppm) |
|          | δ18O                   | δ17O               | 2H          | 18O          | 17O          |
| IAEA-604 | 799.9 (0.4)             | -5.86 (0.04)       | -3.2 (0.4)  | 280.28 (0.06)| 1988.73 (0.08)| 377.80 (0.15) |
| IAEA-605 | 5997.9 (0.5)            | -3.02 (0.04)       | -2.1 (0.4)  | 1088.80 (0.08)| 1994.40 (0.08)| 378.20 (0.15) |
| IAEA-606 | 15993.6 (1.0)           | 2.43 (0.04)        | -0.1 (0.4)  | 2639.93 (0.15)| 2005.28 (0.08)| 378.97 (0.15) |
| IAEA-607 | 802.4 (0.4)             | 99.02 (0.13)       | 3.6 (0.4)   | 280.28 (0.06)| 2198.07 (0.25)| 380.29 (0.16) |
| IAEA-608 | 6014.3 (0.5)            | 736.4 (0.9)        | 45.7 (0.8)  | 1091.35 (0.08)| 3468.4 (1.7) | 395.7 (0.3) |
| IAEA-609 | 16036.4 (1.0)           | 1963.7 (2.2)       | 126.6 (2.2) | 2646.57 (0.16)| 5905 (4)    | 425.3 (0.8) |
A new set of singly and doubly stable isotope labeled reference waters

The signiﬁcant contributions to the combined uncertainties in the δ²H values of the six reference waters. For the low enrichments, the uncertainty in the δ²H of the natural water is the dominant uncertainty source, but for the higher enrichments several uncertainty contributions start playing a role. For the highest enrichment, the uncertainty in the δ²H abundance in the deuterated water is the largest contributor.

Consequences of uncertainties in the calibration materials VSMOW and SLAP

The final values in Table 6, and their combined uncertainties, rely on the measured and accepted values for the isotope ratios of VSMOW[^30][^31][^32] (which are inherited by its successor material VSMOW2) that we have used in our analysis without attributing an uncertainty to them. In this way, we present values that are consistent with all other isotope measurements presented on the delta scales. The second calibration water for the δ²H and δ¹⁸O isotope scales is SLAP (with its successor SLAP2), and the difference between VSMOW and SLAP has been deﬁned by consensus to be δ²H (SLAP w.r.t. VSMOW) =−428 ‰, and δ¹⁸O (SLAP w.r.t. VSMOW) =−55.5 ‰. In addition, we used in our calculations the value of δ¹⁷O of SLAP: δ¹⁷O (SLAP w.r.t. VSMOW) =−29.70 ‰, which is consistent with the δ¹⁷O-δ¹⁸O relation as found by Meijer and Li[^27] and which has been recently recommended by Schoenemann et al.[^33] Whereas the values for VSMOW directly inﬂuence the relation between the highly enriched δ²H and δ¹⁸O waters on the one hand, and the natural water on the other, the values for SLAP inﬂuence the interpretation of our dilution measurements (Tables 2, 4 and 5), as the delta values of the OC1 reference water depend on them in a nearly 1:1 relation (as OC1 is close to SLAP in its isotopic composition).

The original publications, cited by Gonfiatini,[^19] give uncertainties in the abundances (or rather isotope ratios) for both VSMOW and SLAP that are not negligible compared with the combined uncertainties that we give in Table 6. The way in which these uncertainties inﬂuence our assigned values to the new reference waters is quite different for δ²H values and δ¹⁸O values, and we will treat these cases separately.

For δ²H values, the uncertainty in the abundance in VSMOW is straightforward: the relative uncertainty of ±3.2×10⁻⁴ in the δ²H abundance of VSMOW (155.74±0.05 ppm) directly translates into the same relative error in the δ²H abundances of the reference waters. Except for the lowest enrichments of IAEA-604 and IAEA-607 (for which this amounts to ±0.27 ‰), these uncertainties, translated into δ²H values, are considerably larger than the combined uncertainties in Table 6: ±2.0 ‰ for IAEA-605 and IAEA-608, and even ±5 ‰ for IAEA-606 and IAEA-609.

For the δ¹⁸O values, the situation is more complex: contrary to the δ²H case, we could not rely on the enrichment of the δ¹⁸O water, but instead determined this ourselves using dilution with natural δ¹⁸O-depleted water. In this case, both the uncertainty in the δ¹⁸O abundance in VSMOW (2000.4±0.5 ppm, or a relative uncertainty of 2.5×10⁻⁴), and the delta value of SLAP with respect to VSMOW play a role.

The effect of a change in the δ¹⁸O abundance of VSMOW is remarkable: it does not change the assignment of δ¹⁸O values to the reference waters at all. Instead, the δ¹⁸O value for SLAP, however, is ±55.5 ‰, with respect to VSMOW, is a consensus value based on a large inter-comparison study in the 1980s.[^19] Looking at the distribution of measurement results at that time, however, it is likely that its actual value is somewhat more negative. In addition, our own long-term experience (described in Meijer[^34]) shows that its value is rather −55.8 ‰. If we used that value to normalize our δ¹⁸O scale for all the measurements involved, it would mean all our δ¹⁸O measurements, including those for our natural parent water and, most of all, the local reference water OC1, would change by a factor of 55.8/55.5≅1.0054. A consequence of this change is that now both the δ¹⁸O abundance in the δ¹⁸O

[^30]: rapidcommun.massspectrometry.2015.29.311-321
[^31]: WileyOnlineLibrary.com/journal/rcm
[^32]: © 2015 The Authors. Rapid Communications in Mass Spectrometry published by John Wiley & Sons Ltd.
water and the $\delta^{18}O$ values of the new reference waters would increase by that factor, in other words undergo a relative change of $5.4 \times 10^{-3}$. The $^{18}O$ abundance in the $^{18}O$ water would then be 96.63 % instead of 96.05 %, and IEAE-609 would have a $\delta^{18}O$ value of 1974.4 ‰ instead of 1963.7 ‰. These differences, however, cannot be interpreted simply as "uncertainty". Our impression is (loosely based on talks about this subject with other expert colleagues, most recently at the IAEA Technical Meeting on Stable Isotope Reference Materials, Vienna, 1–5 September 2014) that it is generally agreed that the value for $\delta^{18}O$ of SLAP is actually more negative than $-55.5 \pm 0.1$ ‰ might be a reasonable estimate for both its value and its uncertainty. This would imply relative uncertainties of (only) $1.8 \times 10^{-3}$ in the $\delta^{18}O$ values of our reference waters, still almost twice as large as the combined uncertainties in Table 6.

Thus, although two of the three uncertainty sources discussed above are significant or even major compared with the uncertainties given in Table 6, for most applications of these reference waters they do not need to be taken into account. If researchers (using isotope dilution or DLW techniques) use the same values for the abundances in VSMOW when converting abundances into delta values and vice versa, and use the VSMOW-SLAP scale in their experiments with the recommended values for SLAP, the whole system is consistent, and the uncertainties treated here cancel. Only in special applications, such as for instance the certification of the $^{18}O$ abundance in $^{18}O$ water, do these uncertainties need to be taken into account.

If the isotope community should one day decide to change the recommended value for $\delta^{18}O$ of SLAP (or of SLAP2 as the de facto now available calibration water), it is straightforward

![Figure 2](image_url)

Figure 2. The differences between measurements using four different techniques and the assigned values (see Table 6) of the new reference waters. The gray zones around zero represent the combined uncertainty in the assigned values of the reference waters. The pyrolysis-based results for both $\delta^2H$ and $\delta^{18}O$ values (green squares in both (A) and (B)) show systematic deviations, due to deviation in the local DLW reference waters that these results have been calibrated with. The other techniques show reasonable to good agreements. For all measurement techniques the new reference waters represent a huge improvement in terms of precision and accuracy for both $\delta^2H$ values, (A) or small $\delta^{18}O$ values, (B) compared with the spread of all methods. For $\delta^{17}O$ values (C) this is not the case, but the reference waters have not been prepared for the purpose of $\delta^{17}O$ calibration.
to recalculate the values for the reference waters that belong to such a new value.

**Experimental validation of the reference waters**

Provided that all procedures went as expected, the gravimetric values for these reference waters are superior to directly measured ones in terms of combined uncertainty. However, to check if all procedures indeed went right, an experimental verification of the values is most useful. Therefore, we analyzed the prepared reference waters IAEA-604–609 in our two laboratories, CIO and IAEA. The IAEA performed independent measurements using a cavity ring down spectrometer (L2130-i, Picarro, Santa Clara, CA, USA), both on the reference waters themselves and on dilutions with a selection of three internal standards. The measurements have been calibrated using the normal laboratory procedures for the natural range, leading to a considerable extrapolation for those direct measurements of the reference waters. This leads to higher combined uncertainties for the higher enrichments.

At CIO, the waters were measured with three different techniques: pyrolysis-IRMS for simultaneous measurement of $\delta^2$H and $\delta^{18}$O values, $\text{H}_2\text{O}$-$\text{CO}_2$ equilibrium-IRMS for the measurement of $\delta^{17}$O and $\delta^{18}$O values, and laser spectrometry on water vapor for $\delta^2$H and $\delta^{18}$O, values using a commercial prototype (‘SARA’, Floralis, Grenoble) of an instrument based on a variant of CRDS [35–37].

The pyrolysis measurements have been calibrated using our local set of doubly labeled waters. These have been made in the same fashion as the present set of reference waters, only at least an order of magnitude less accurately. For the equilibrium system we used our normal natural reference waters for calibration, thus leading to a considerable extrapolation (as in the IAEA case). For SARA, we decided to calibrate the measurements using the lowest and highest enrichments of the new reference waters themselves (IAEA-604 and IAEA-609), so the measurements using SARA are more of a consistency check for the whole series.

Figure 2 shows the differences between the four sets of results and the values in Table 6. The error bars of the data points are the best estimates of the combined uncertainties in the measurements, whereas the gray zones around zero represent the combined uncertainty in the assigned values for our new reference waters.

The measurements of $\delta^2$H values (Fig. 2(A)) show in general good agreement; only the pyrolysis-based results for the highest enrichments show deviations (of ~1.5 to 2σ). This is an indication that the local DLW reference waters in use at CIO are not reliable (any more) in this high enrichment range. For all measurement techniques the new reference waters will be a huge improvement in terms of precision and accuracy: the widths of the gray zones around zero are negligible compared with the spread of the data points for all measurement methods.

Figure 2(B) shows the $\delta^{18}$O results for the three doubly labeled reference waters IAEA-607–609. The pyrolysis measurements deviate even more significantly than in the $\delta^2$H case, another indication that the DLW reference waters might have lost their reliability (or that some other problem occurred). The other measurement methods show reasonable to good results. Although the gain in accuracy is not so impressive here as in the $\delta^2$H case, the improvement is still very significant.

Figure 2(C) shows the results for the $\delta^{17}$O values. Although the $\delta^{17}$O results for these reference waters are meant as indicative only (and to make clear that the $\delta^{17}$O–$\delta^{18}$O relationship for these waters is not at all natural, which might influence the results of some measurement techniques), the agreement between the equilibrium measurements and the assigned values of the reference waters is very good indeed. Based on this figure (and thus on the equilibrium measurements) one can conclude that the combined uncertainties for the $\delta^{17}$O values might well be lowered by a factor of 2.

All in all, based on the results shown in Fig. 2, we can be confident that the reference waters have indeed been prepared according to plan and that the values presented in Table 6 are reliable.

**CONCLUSIONS**

We have succeeded in making a series of new, isotope-enriched, reference waters, in sizeable quantities, with well-characterized isotope ratios using gravimetric mixing. In the process it appeared to be crucial to characterize the original parent waters as carefully as possible. It turned out that (1) the abundances of $\text{O}^{18}$ and $\text{O}^{17}$ for the highly enriched $\text{O}^{18}$ water as provided by the supplier were not accurate (enough) and (2) the isotopic abundances of the non-specified side of such highly enriched waters (that is, $\text{H}^2$ in $\text{O}^{18}$ water and $\text{H}^{17}$,$\text{O}^{18}$ in $\text{H}^2$ water) are also substantially enriched. We determined the composition of these waters using dilutions with a natural water depleted in $\text{H}^2$ and $\text{O}^{18}$ (and $\text{O}^{17}$), for which the isotope delta values were well known, and this appeared to be a reliable process, leading to accurate numbers for the isotope abundances. The work also highlighted the importance of maintaining consensus values for the isotopic abundances of the international calibration water VSMOW, and the definition of the difference between VSMOW and the second calibration material SLAP. If, however, these consensus values should change because of new findings, the isotopic values for the reference waters can be recalculated with such new consensus values in a straightforward manner. The close coupling between the abundance of $\text{O}^{18}$ in the $\text{O}^{18}$ water, and the isotopic value for SLAP with respect to VSMOW, hints towards a new way to establish this value experimentally, something that we plan to pursue in the near future. For the successor materials of VSMOW and SLAP, the two currently available calibration materials VSMOW2 and SLAP2, no isotopic abundance measurements exist (only a thorough inter-comparison between them and VSMOW and SLAP, described in the reference sheet available on the IAEA reference materials website).

The validation measurements made clear how valuable these new reference waters will be for fields in which isotopically enriched waters need to be measured, such as the “doubly labeled water” technique for energy expenditure, in which the enrichment difference between $\text{H}^2$ and $\text{O}^{18}$ contains the signal. The improvement in accuracy will be impressive for $\delta^2$H values, and very significant for $\delta^{18}$O values. This will make these reference waters, especially...
those with the lowest enrichments, even useful for isotope measurements in the natural range, for which they can serve as high anchor point. As an example of the latter, IAEA-604 is already in use in a ring test of δD values for solid materials (A. Schimmelmann, at the IAEA Technical Meeting on Stable Isotope Reference Materials, Vienna, 1–5 September 2014), which will better connect the δD scale for solid materials to VSMOW, as was done earlier for δ18O values. The δ17O values of the reference waters are also provided, not so much to let these waters also serve as δ17O reference, but rather to specify the δ17O-δ18O relationship of these waters, which is far from the natural one. This might slightly influence δ17O measurements of these waters in IRMS techniques where an isotopologue mass interference plays a role, such as in the water-CO2 equilibration process (12C18O with 13C17O) or in pyrolysis (12C18O with 13C17O).

The reference waters IAEA-604 through IAEA-609 will soon be available through the usual IAEA channels for isotope reference materials. They will be distributed in 5-mL aliquots in borosilicate ampules.

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