From Patch to Image Segmentation using Fully Convolutional Networks - Application to Retinal Images

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Abstract

In general, deep learning based models require a tremendous amount of samples for appropriate training, which is difficult to satisfy in the medical field. This issue can usually be avoided with a proper initialization of the weights. On the task of medical image segmentation in general, two techniques are usually employed to tackle the training of a deep network $f_T$. The first one consists in reusing some weights of a network $f_S$ pre-trained on a large scale database (e.g. ImageNet). This procedure, also known as transfer learning, happens to reduce the flexibility when it comes to new network design since $f_T$ is constrained to match some parts of $f_S$. The second commonly used technique consists in working on image patches to benefit from the large number of available patches. This paper brings together these two techniques and propose to train arbitrarily designed networks, with a focus on relatively small databases, in two stages: patch pre-training and full sized image fine-tuning. An experimental work have been carried out on the tasks of retinal blood vessel segmentation and the optic disc one, using four publicly available databases. Furthermore, three types of network are considered, going from a very light weighted network to a densely connected one. The final results show the efficiency of the proposed framework along with state of the art results on all the databases. The source code of the experiments is publicly available at \url{https://github.com/Taib/patch2image}.

Keywords: Retinal image segmentation, Transfer learning, Deep learning
1. Introduction

The task of image segmentation consists in partitioning an input picture into non-overlapping regions. On medical images, it aims at highlighting some regions of interest (ROIs) for a more in-depth study/analysis. The result of a segmentation can then be used to extract various morphological parameters of the ROIs that bring more insights into the diagnosis or control of diseases. On a retinal image, the ROIs include the blood vessels and the optic disc (the optic nerve head), as depicted in Figure 1. Retinal blood vessel segmentation (RBVS) is helpful in the diagnosis, treatment and monitoring of diseases such as the diabetic retinopathy, the hypertension and the arteriosclerosis \[1\ [2\]. Optic disc segmentation (ODS) can bring relevant insights on the glaucoma disease \[1\]. Nowadays, these diseases are the leading factors of blindness \[3\ [4\].

The manual annotation of the blood vessels (or the optic disc) is an arduous and time consuming work that requires barely-accessible expertise. Moreover, not only do expert segmentations are subject to inter- and intra-operator variability, they also become impractical for large-scale and real-time uses. Hence the large amount of work in designing automatic methods \[5\ [6\].

In the following, retinal image segmentation (RIS) refers to either blood vessel or optic disc segmentation.

More generally, medical image segmentation has undergone tremendous advances which are mainly due to deep convolutional neural networks (DCNNs). A DCNN is a mathematical model that applies a series of feature extraction operators (a.k.a. the convolution filters) on the input to obtain a high level abstract representation. The latter can then be used as input to a classifier/regressor \[7\]. The model can be trained in a supervised manner using a training set. When employing DCNNs, image segmentation can be cast as a classification task where the goal is to label each pixel of the input image.

On the task of RIS, the DCNN-based propositions can be grouped by their type of input/output: patch-to-label, patch-to-patch, and image-to-image. The last two groups are also known as end-to-end approaches and are usually based on particular DCNN architectures: the fully convolutional neural networks (FCNNs) \[8\].

The patch-to-label group trains a network that takes an image patch (small window inside the image) as input and produces the label of its center pixel. A natural variation consists in assigning labels to a subset of the
input patch. Then, given a test image, one classifies each pixel using a surrounding patch. Thus, the segmentation can be cast as an independent patch classification task. Besides being time consuming, these approaches usually fail when the objects are on the frontiers of two classes. This is mainly due to the loss of contextual/structural information in the final layers.

These drawbacks can be alleviated by using a patch-to-patch network. It consists in using a network that can output a segmentation map for each given patch. In other words, the network labels each pixel of the patch. As a consequence the segmentation task is performed in three stages: a patch extraction from the input image followed by a pass through the network to obtain the segmentation maps, finally these maps are aggregated to output the final segmented image. These approaches reduce the previous frontiers’ objects issue though the patch aggregation stage may still be time consuming especially for real-time applications.

Note that the patch-based methods require a certain level of discriminative information in the patches, for them to be efficient. When this requirement is hard to fulfill (e.g. the ROIs occupy the quasi-totality of the image), it might be beneficial to work directly on the full-sized images. The image-to-image networks take the entire image as input and produce the complete segmentation in one forward pass through the network. They have the ad-
vantage of being well adapted for real-time applications and can be seen as a generalization of the patch-to-patch approach with a large patch size.

Regarding the training of DCNNs, an important effort needs to be dedicated to building the corresponding training sets. In general, a well built training set satisfies the following: (i) it contains different examples of each sought invariance, and (ii) it consists of a large number of samples. Unfortunately, these requirements are often hard to meet in the medical field: medical images are hard to obtain and very difficult to annotate. Nevertheless, DCNN-based models have been successfully applied in the medical field [9, 10], in particular on the task of RIS [5, 6].

The first trick used in training DCNNs for RIS is to work at the patch level (i.e. using either a patch-to-label approach or a patch-to-patch one). Allowing for patch overlap when extracting training patches leads to large-scale training sets, thus facilitating the training of arbitrarily designed networks [11, 12].

When working at the image level (i.e. using an image-to-image approach) two tricks are usually combined to train DCNNs on small sized databases. The first one, known as data augmentation, consists in adding to the initial database scaled and rotated versions of the training samples. It helps boosting the training set and to some extent avoiding over-fitting. Yet, the training set may still be very small compared to the number of parameters in the model. The second technique, known as transfer learning, consists in reusing the parameters of a network \( f_S \) trained on a source database \( \mathcal{D}_S \) to improve the performance of a network \( f_T \) to be learned on a target database \( \mathcal{D}_T \), as depicted in Figure 3. Consequently, the architecture of the network \( f_T \) is somehow predefined by the one of \( f_S \) since, for \( f_T \) to reuse some weights of \( f_S \), the architecture of the two networks must match at least at the shared weights locations. Transfer learning aims at finding a good starting point for the weights and helps training very deep networks on relatively small datasets [13, 14].

Generally, on the task of RIS, the proposed networks so far are either trained at the patch level or at the image level. Those that are trained at the patch level can benefit from a freely designed architecture, whereas those that are trained at the image level should conform to previously defined architectures (usually the VGG of [15]). This paper presents a training framework that bridges the gap between the two levels and provides a way to have freely designed networks working efficiently both at the patch- and image-levels even on small sized databases. The liberty in the network design
opens up the door for more research on deep architectures for RIS, with the hope of reaching findings as remarkable as those obtained for natural images such as AlexNet [16], VGG [15], ResNet [17] and DenseNet [18]. It also provides a way to build budget-aware architectures [19, 20] that can suit different clinical constraints (e.g. lightweight networks for embedded systems).

How to obtain state-of-the-art performances using a freely designed image-to-image network on the task of RIS? If the size of the database at hand is consequent then the challenge is in building an appropriate network and pre-processing the data. This case has been well studied in the natural image literature. However, for small sized database, generally encountered in the medical field (especially on RIS tasks), existing works are generally not freely designed image-to-image models. The focus on freely designed image-to-image models leads to fast and easy to use domain specific architectures. Thus, in this paper the small sized database case is elaborated. The followings are presented:

- The proposed framework consists of four phases. The first two take advantage of the large-scale training samples available at the patch level to train the networks from scratch (i.e. from random initialization). The last two phases consist of a transfer learning from the patch networks weights to the image ones and a fine-tuning to adapt to weights and improve the segmentation.

- To assess the results of the proposed framework, 3 types of network are considered. The networks vary in terms of architectural complexity and number of weights: (1) a lightweight network (Light) of 8,889 weights, (2) a reduced UNet-like [21] network (Mini-Unet) of 316,657 weights, and (3) a deep densely connected one (Dense) of 1,032,588 parameters inspired from [18].

- Concerning the databases, the experiments have been carried out on four publicly available databases with a relatively small number of training samples. On the task of RBVS, three databases are used for evaluation: DRIVE, STARE, and CHASE_DB1. Whereas the IDRID is used for the ODS task.

- The quantitative results show state-of-the-art results of the final image-to-image networks. Furthermore, they prove that all the patch-based networks can be extended to work directly at the image level with a
performance improvement. All the phases of the proposed framework are analysed to point out their importance. On the other hand, using the framework, we show that on some databases the Light network can perform as good as other complex state-of-the-art networks while staying by far more simple and segmenting an entire image in one forward pass.

The rest of the paper is organized as follows. Sec. 2 gives an overview of the related work. After a brief introduction to DCNNs (Sec. 3) and transfer learning (Sec. 4), Sec. 5 presents the proposed framework. Sec. 6 presents the experimental work including the used DCNNs, the databases and their associated pre-processing along with the results and discussions. We summarize the proposed work in Sec. 7 and provide some perspectives.

2. Related Work

In the following, some recent deep learning based propositions on RIS are listed and grouped by their training strategy: patch- and image-based. For a more detailed review see [5, 6, 22].

2.1. Patch-based training

On the task of RBVS, Liskowski and Krawiec [11] proposed a freely designed patch-to-label DCNN which is further extended to output a small patch centered on the input. The network is trained from scratch using $27 \times 27$ RGB patches. In [23], an additional complexity constraint is imposed on the patch-to-patch network. The goal was to build networks that work efficiently on real-time embedded systems, for example a binocular indirect ophthalmoscope. Oliveira et al. [24] proposed a patch-to-patch model and added a stationary wavelet transform pre-processing step to improve the network's performance. On the other hand, [25] chose to use plain RGB patches but reused the AlexNet network [16] which is pre-trained on the ImageNet dataset. Other propositions include [26, 27, 12], where freely designed patch-to-patch networks are once again trained from scratch.

On the task of optic disc segmentation, Fu et al. [28] presented a multi-level FCNN with a patch-to-patch scheme which aggregates segmentations from different scales. The network is applied on patches centered on the optic disc. Therefore, an optic disc detection is required beforehand. Tan et al. [29] proposed a patch-to-label network which classifies the central pixel of an
input patch into four classes: blood vessel, optic disc, fovea, and background. Because of the lack of training data, most of the RIS models are patch-based. However, some propositions have been made using an image-to-image scheme based on weights transfer from the VGG network.

2.2. Image-based training

In a more general setting of medical image segmentation, Tajbakhsh et al. [13] showed experimentally that training with transfer learning performs at least as good as training from scratch. On the task of RBVS, Fu et al. [30] used the image-to-image HED network [31] and added a conditional random field post-processing step. They performed a fine-tuning from the HED which is based on the VGG of Simonyan and Zisserman [32]. Mo and Zhang [33] proposed to reuse the VGG and added supervision at various internal layers to prevent the gradient from vanishing in the shallower layers. A similar technique has been used by Maninis et al. [34] with an additional path to segment both the blood vessels and the optic disc.

2.3. From patch- to image-based training

A proof of concept is presented in our previous work [35]. Promising results have been obtained when using the patch network’s weights as an initialization point of the image network. However the patch network’s metrics tend to be better than the image ones. This remark may question the importance of the transfer. Moreover, only one database and a single network have been considered. Hence, one may question the generalization to other databases and networks.

This paper redefines the framework in a more detailed manner and applies it to three types of networks. The networks are trained with a segmentation-aware loss function using decay on the learning rate to avoid the over-fitting observed in the previous work when fine-tuning at the image-level. Furthermore, the experiments have been carried out on four publicly available databases. The final results prove that the results of the patch network can be improved using the framework.

3. Convolutional Neural Networks

With a first success in the late 80’s [36], DCNNs are nowadays the method of choice in diverse areas, particularly in computer vision including image classification [17, 18, 32], image segmentation [8], image generation [37], to
Figure 2: A toy example FCNN. The input and output are of size $4 \times 4$. The highlighted blue cells represents the zero-padding applied before each convolution to maintain the input size. The convolution kernels are given on top of the black arrows. The red arrow corresponds to the point-wise rectified linear unit function: $x \mapsto \max(x, 0)$. The gray arrow applies a max-pooling in $2 \times 2$ windows with a stride of 2. The orange arrow is an up-sampling layer that duplicate the values in a $2 \times 2$ window. The green arrow consists in applying the sigmoid function, point-wise. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

name a few. As stated in the introduction, DCNNs for classification consist in extracting highly abstract and hierarchical representations from the data that are fed into a classifier/regressor. They consist of different types of layers that are stacked on top of each other to form the final model. Commonly used layers include: the convolution layer, non-linearity (ReLU, Sigmoid, ELU), normalization (batch-normalization), pooling (max-pooling, average-pooling), dropout, fully connected, etc. The convolution and fully connected layers aim at learning high-level patterns from the database that can improve the representation. On the other hand, pooling, non linearity and normalization layers aim at adding more invariance into the representation and ameliorating the generalization power. A clear view of these models can be found in [38, 39, 40].

On the task of image segmentation, state-of-the-art DCNN-based models are usually fully convolutional neural networks (FCNNs). FCNNs are a variation of DCNNs that do not include fully connected layers [8]. Hence, they allow the spatial/structural information of the input to be preserved across the network. As a consequence, one can build end-to-end like networks where the output and the input are of the same shape. Therefore one can directly train a network to segment an entire image in one forward pass. Additional layers that appear in FCNNs, used to recover the size of the input, are the transposed convolution (a.k.a deconvolution) layer and the up-sampling (a.k.a duplication) one. Another advantage of the FCNNs,
Figure 3: Classical transfer learning. Step 1: Train the network \( f_S \) on a large scale database (e.g. ImageNet). Step 2: Build a task specific network \( f_T \) that reuse some weights of \( f_S \). Step 3: Fine-tune the network \( f_T \) on \( D_T \).

Inherited from the convolutions, is the input size invariance. That is, a same FCNN can be applied to inputs of various size as long as they all share the same number of spatial dimensions and channels. For example, the FCNN of Figure 2 can, as well, take inputs of shape \( 400 \times 400 \) to output a \( 400 \times 400 \) image.

Hereafter, a convolutional network \( h \) is characterized by its associated set of parameters \( \theta \). Typically, if \( h \) is FCNN then \( \theta \) will be of the following form:

\[
\theta = \{ \{ W_{l,k}, b_{l,k} \}_{k=1}^{K_l}, \sigma_l \}_{l=1}^{L},
\]

where \( L \) is the number of layers, \( K_l \) is the number of kernels in the \( l \)-th layer, \( \sigma_l \) is the \( l \)-th activation function, \( W_{l,k} \) is the \( k \)-th kernel (the convolution kernel) of the layer \( k \), and \( b_{l,k} \) is the associated bias.

4. Transfer Learning

In the case of DCNNs, transfer learning consists in reusing the “knowledge” learned by a network \( N_S \) trained on a source database \( D_S \) to ameliorate the performance of a network \( N_T \) on a target database \( D_T \), with \( D_S \neq D_T \) (see Figure 3). Here a database \( D_i \) consists of two elements: the input data \( X_i \) and their targets \( Y_i \). Thus \( D_S \neq D_T \) means (1) \( X_S \neq X_T \) and/or (2) \( Y_S \neq Y_T \). In other words, either (1) the inputs are different (e.g. natural images v.s. medical images, patches v.s. images) or (2) the targets are different (e.g. retinal blood vessels v.s. optic discs).

The knowledge in a DCNN lies in its weights (i.e. the convolution filters) learned throughout the training. DCNNs based transfer learning can be seen
as a feature-representation-transfer and a hyper-parameter-transfer. It is a hyper-parameter-transfer since transferring some knowledge from $N_s$ to $N_t$ implies the reuse of part of the architecture of $f_S$ in $f_T$. The architecture per se of a DCNN is a hyper-parameter. Concerning the feature-representation-transfer, the transferred weights will write inputs from $D_S$ and $D_T$ in the same feature space. Therefore, the weights’ transfer constrains the two networks to share the same feature representation.

There are mainly three major concerns when transferring knowledge of DCNNs: what to transfer, when to do it, and how to perform it [11]. Answering these questions helps avoiding a negative transfer, that is, degrading the performance on the target database.

What to transfer is equivalent to knowing which weights to transfer. In other words, which part of the architecture of $f_S$ will be reused in $f_T$. While the weights in the first layers of a DCNN capture abstract patterns of the data, the ones in the deeper layers (especially the last layer) are more task specific. The work of Yosinski et al. [14] provides a more detailed experimental work on how much abstracted are the learned weights.

The when to transfer question asks which couple $(D_S, f_S)$ is well suited to transfer from. For example, the current state-of-the-art results on transfer learning advise to have at least two databases of the same types (i.e. image to image, audio to audio).

The last question (how to transfer) is resolved mainly with a copy-paste of the weights from one network to another. Then, one can either keep the transferred weights frozen or fine-tune them. If frozen, the weights are not updated, while, the fine-tuning case continues to update the weights using the target database. In the latter case, transfer learning is equivalent to weight initialization.

Most DCNNs based RIS systems that perform transfer learning reuse the convolution layers of the VGG network and add some additional task specific layers. As a consequence, the final network’s architecture is no longer freely designed. Often, RIS may not need an extremely sophisticated network to achieve good results. In the following, a proposed framework to train a freely designed network on RIS tasks is presented.

5. The Framework

Given a database $D_I$ of retinal images (and their corresponding annotations) our principal task is to freely design and train a FCNN efficiently. As
Figure 4: Flowchart of the proposed framework. $D_I$ is the database of the original full-sized images. Patches are extracted from the images of $D_I$ to build $D_P$. $f_P$ is the network trained on $D_P$, while $f_I$ is the one trained on $D_I$. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

aforementioned, for the considered RIS databases and the medical field in general, $D_I$ usually is of relatively small size which makes difficult the training of complex FCNNs architecture. This issue is commonly addressed by working at the patch level [42]. Therefore, the proposed framework makes use of the patch level information to build large-scale patch database. Figure 4 depicts the four main components of the framework which are detailed in the following. Before detailing the components, we start by given some theoretical motivation of the framework.

5.1. Theoretical Motivation

For the sake of notation simplicity, we consider a binary image segmentation task with square-shaped images with one channel. Namely, let $I \subset \mathcal{M}_d(\mathbb{R})$ be the $d^2$-dimensional image space and $S \subset \mathcal{M}_d(\{0, 1\})$ be the associated segmentation space such that there exists an oracle $f : I \rightarrow S$ that assigns to each image $X \in I$ its unique segmentation $Y = f(X)$. Suppose the images are sampled from a distribution $P_x$, whose support is precisely the set $I$. The objective is to approximate $f$ with a parametrized function $\tilde{f}$ that minimizes the expected loss $\mathbb{E}_{X \sim P_x} \left[ r(\tilde{f}(X), f(X)) \right]$, where $r$ is a certain
elementary loss function. In practice, the expectation is approximated by the empirical mean over a dataset \( \mathcal{D} = \{ X_i, Y_i = f(X_i) \}_{i=1}^{n} \) of \( n \) samples with \( X_i \in \mathcal{I} \) and \( Y_i \in \mathcal{S} \). In other words, \( \tilde{f} \) is given by

\[
\tilde{f} = \arg\min_{h \in \mathcal{H}} \frac{1}{n} \sum_{i=1}^{n} r(h(X_i), f(X_i)),
\]

where \( \mathcal{H} \) is the class of parametrized functions in use. In our case, \( \mathcal{H} \) is the set of functions that correspond to a forward pass through our neural network. On the task of RIS, one might want to start the segmentation locally (in smaller neighborhoods) then fine-tune it by looking at the entire image. Using this idea, the optimization problem of Eq. 2 involving \( d^2 \)-dimensional \( \mathcal{I} \) images now involves \( p^2 \)-dimensional patches, where \( p \) is the size of neighborhoods. This introduces the use of patch-based approaches that are discussed in the following.

An image \( X \in \mathcal{I} \) can be written as a combination of \( p^2 \)-dimensional patches by constructing a set of functions \( \{ \nu_k, \varepsilon_k \}_{k=1}^{P} \), with \( P \) the number of patches, such that:

\[
X = \sum_{k=1}^{P} \nu_k(\varepsilon_k(X)),
\]

where, for all \( k \), \( \varepsilon_k : \mathcal{I} \to \mathcal{M}_p(\mathbb{R}) \), and \( \nu_k : \mathcal{M}_p(\mathbb{R}) \to \mathcal{I} \). The function \( \varepsilon_k \) extracts the \( k \)th patch while \( \nu_k \) plugs the latter in the image and handles the possible overlap. In Eq. 3 we are assuming that each pixel of \( X \) can be reconstructed from the patches it belongs to. For instance, if we consider non-overlapping patches of \( \mathcal{M}_2(\mathbb{R}) \) and \( d = 6 \) then

\[
X = \sum_{r=0}^{2} \sum_{s=0}^{2} A_r^T A_r X A_s^T A_s,
\]

where \( A_k = A_{k-1} J_{0,6}^2 \in \mathcal{M}_{2,6}(\{0,1\}) \) for all \( k \geq 1 \), \( J_{0,6} \) is the \( 6 \times 6 \) Jordan matrix with 0 as eigenvalue and

\[
A_0 = \begin{bmatrix} 1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 \end{bmatrix} \in \mathcal{M}_{2,6}(\{0,1\}).
\]

So for a fixed \( r \) and \( s \), the matrix \( A_r X A_s^T \) is an element of \( \mathcal{M}_2(\mathbb{R}) \). It is worth noting that, patch-based approaches are only applicable on separable segmentation tasks.
Definition (Separability). Using the previous notation, a segmentation task associated to $f$ is said to be separable if there exists a family of functions \( \{g_k : M_p(\mathbb{R}) \to M_p(\{0,1\})\}_{k=1}^P \) such that

\[
f(X) = \sum_{k=1}^P \nu_k(g_k(\varepsilon_k(X))), \quad \text{for all } X \in \mathcal{I}.
\]  

(4)

In particular, the separation is said to be simple –which we will assume in the sequel– when $g_k = g$ for all $k$. In other words, by assuming the separability condition, one hypothesizes that the patches extracted by $\varepsilon_k$ contain enough information to classify each element therein. With this condition, the $d^2$-dimensional problem of segmenting an image is now broken down into a series $p^2$-dimensional one. However, as aforementioned, the drawbacks of the patch-based works include:

- **The time complexity:** If we assume the patch extractors and mergers (i.e. the $\varepsilon_k$’s and $\nu_k$’s) to have a $O(1)$ complexity then the overall segmentation will be in $O(PC_g)$ where $C_g$ is the time complexity of the patch model $g$ and $P$ is the number of patches. The commonly used trick parallelizes the procedure and is still time consuming for large values of $P$, as shown in our experiments.

- **The overall segmentation homogeneity:** On the other hand, in practice, the separability assumption leads to a lack of overall segmentation homogeneity. That is, the patch model $g$ of Eq. 4 is restricted on a small neighborhood and may fail for some objects where a larger neighborhood is required for better results. Thus the need to an additional post-processing step in many patch-based.

- **Breaking the posterior distribution:** Given an input patch $x$ and its associated true segmentation $s$, the patch network $g$ approximate the conditional distribution $\mathbb{P}(s|x)$. However, after a standard patch aggregation procedure, the final segmentation is no longer following $g$’s distribution. This problem has been clearly discussed in the context of inverse imaging problems in Zoran and Weiss [43]. Therefore, it might be beneficial to learn complex aggregation models.

In this paper, the function $f$ is approximated by a FCNN function $\tilde{f}$, characterized by $\theta$, the set of weights and biases of Eq. 1. Our framework
aims at avoiding any aggregation step and ensures an overall segmentation homogeneity. To do so, we start by assuming the simple separability assumption of Eq. 4 to train a patch network $\tilde{g}$ to obtain a well optimized set of weights $\theta_g$. Then, to decrease the running time and improve the overall homogeneity, we adapt $\theta_g$ to capture more information about the entire image, that is the final network $\tilde{f}$ will have as parameters $\theta_f$, obtained by fine-tuning $\theta_g$. The procedures are explained step by step in the sequel and are depicted in Figure 4.

5.2. The Different Phases in Practice

Each phase depicted in Figure 4 of the proposed framework is explained in the following.

- **Phase 1:** Patches are extracted from the training images to build the patch database. The latter becomes the source database, denoted $D_P$. Recall that it is not enough to extract a large number of patches. One should also ensure the diversity of the patches in order to have in a balanced proportion all the possible cases. The extraction can be made in a grid manner or randomly.

- **Phase 2:** A network $f_P$ is freely designed and trained, from scratch, on the previously built patch database $D_P$. With a well constructed patch database, it becomes easier to train $f_P$ from scratch, since $D_P$ provides the major requirements for training: enough training samples and diversification. Recall that, to segment an original full-sized image with $f_P$ a patch extraction step is performed followed by patch segmentation and finally a patch aggregation step is needed.

- **Phase 3:** The network $f_I$ is built based on the architecture of $f_P$. The transfer learning occurs here in the framework. In this work, the transfer consists in copying all the weights of $f_P$ into $f_I$. To assign a label (blood vessels, optic disc) to a pixel, a small neighborhood is analyzed. The latter can be found both in a patch containing the pixel and (obviously) in the entire image. Thus, it is natural to infer that the weights used to segment patches should produce acceptable results when applied on the original images.

- **Phase 4:** This final phase aims at adapting the transferred weights (of $f_P$) to work properly on $D_I$. These weights, being learned from
small patches, may not take into account the overall homogeneity of a full-sized image segmentation. As a consequence, the network \( f_I \) is fine-tuned on the full-sized images. In practice, this phase should be handled with special attention to avoid a negative transfer and/or an over-fitting.

How general is the framework? Notice that commonly used training procedures can be cast as special cases of the proposed framework. Literature training methods can be grouped in two categories (see Section 2): patch-based, images-based. The patch-based methods are equivalent to using only the phases 1 and 2 of the framework. Recall that an additional patch aggregation is needed to obtain the final segmentation. By setting the patch database to be ImageNet and using the VGG network as \( f_P \), habitual transfer learning based training propositions can be cast as special case of the proposed framework.

6. Experiments

This section details all the experimental set-up and the final results, starting with a brief presentation of the databases.

6.1. Databases

The following databases are considered: DRIVE, STARE, CHASE_DB1 for the task of RBVS and IDRiD for the ODS one. On the first three the test images are manually annotated by two human observers, and as practiced in the literature, we used the first observer as a ground-truth to evaluate our methods. On all the databases, the images are resized, first, for computational reasons to avoid memory overload, and because of the networks, since there is a downsize of factor 4 in the architectures. However, all the segmented images are resized back to their initial size to compute the metrics. In the following, the initial and resized sizes are given for each database.

**DRIVE** (Digital Retinal Images for Vessel Extraction) \footnote{http://www.isi.uu.nl/Research/Databases/DRIVE/} is a dataset of 40 expert annotated color retinal images taken with a fundus camera of size \( 584 \times 565 \times 3 \). The database is divided into two folds of 20 images: the training and testing sets. A mask image delineating the field of view
Figure 5: Illustration of the used networks. The layers used in Light and MUnet are described in between their drawing. The ones in the Dense network are grouped by block. The dark-blue squares correspond to the densely connected parts and the inscribed digit within is the number of blocks (an example is given with 2 dense blocks). (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)
(FOV) is provided but not used in our experiments. The images are resized to $584 \times 568 \times 3$.

**STARE** (STructured Analysis of the REtina) is another well known, publicly available, database. The dataset is composed of 20 color fundus photographs captured with a TopCon TRV-50 fundus camera at 35° field of view. Ten images are pathological cases and contain abnormalities that make the segmentation task even harder. Unlike DRIVE, this dataset does not come with a train/test split, thus a 5-fold cross-validation is performed. The images are of size $605 \times 700$ and resized to $508 \times 600 \times 3$.

**CHASE DB1** consists of 28 fundus images of size $960 \times 999 \times 3$. They are acquired from both the left and right eyes of 14 children. On this dataset, a 4-fold cross-validation is performed. The images are resized to $460 \times 500 \times 3$.

**IDRiD** (Indian Diabetic Retinopathy Image Dataset) is a publicly available dataset introduced during a 2018 ISBI challenge. It provides expert annotations of typical diabetic retinopathy lesions and normal retinal structures. The images were captured with a kowa VX-10 alpha digital fundus camera. The optic disc segmentation task is considered in this paper. IDRiD consists of 54 training images of size $2848 \times 4288 \times 3$ and 41 testing ones. In our experiments, the images are downscaled by 10 to obtain $284 \times 428 \times 3$ size.

**Building the patch databases** The patches are extracted based on the distribution of the class labels in the ground-truths. On the task of RBVS, as illustrated on Fig. 6, the blood vessels are spread across the ground-truth. As a consequence, the patches are extracted with a stride of 16. While on IDRiD the optic disc pixels are localized in a small region of the ground-truth image. Hence, the patch database is built by extracting 500 patches centered on randomly selected optic disc pixel and another 500 on the background pixels.

**Pre-processing** The success of DCNN-based models depends on the pre-processing performed on the data beforehand. The pre-processing step aims mainly at improving the quality of the input data. The following pre-processing is performed on each RGB image of all the databases: (1) gray-

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3 [http://www.ces.clemson.edu/~ahoover/stare/](http://www.ces.clemson.edu/~ahoover/stare/)
4 [https://blogs.kingston.ac.uk/retinal/chasedb1/](https://blogs.kingston.ac.uk/retinal/chasedb1/)
5 [https://idrid.grand-challenge.org/](https://idrid.grand-challenge.org/)
Figure 6: Qualitative results using the Dense network on: the 01 DRIVE image, the 0044 STARE image, the 66 IDRiD image, and the 02L CHASE one. From top to bottom: the original image, the ground-truth, the result after a training from scratch, the patch-based segmentation, the result at the image level with a frozen transfer, and the result after fine-tuning. The red arrows show some cases where the probabilities are strengthen after fine-tuning to obtain solid lines while the yellow ones show an examples of false positives’ removing. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)
scale conversion, (2) a gamma correction (with gamma set to 1.7), and (3) a Contrast Limited Adaptive Histogram Equalization (CLAHE). The patches on all databases are extracted after the pre-processing step.

6.2. The Networks

Three networks have been used in this paper: a standard lightweight FCNN of 8,889 weights (Light), a reduced version of the U-Net of 316,657 weights (MUnet), and a densely connected network of 1,032,588 parameters (Dense). All these networks have an end-to-end structure and can thus process inputs of arbitrarily sized (i.e. patches or images). The architectural details are depicted in the figure [5].

The **Light** network is a simple FCNN with 8 filters on each layer. With its 8,889 weights this network is very light and very suitable for low memory embedded systems. Moreover, it also provides some insights on the complexity of the task at hand. In other words, if the Light network’s performances are not very far from the other (state-of-the-art) complex networks, then one can conclude that the task is not very difficult and can be solved with a small number of parameters.

The **MUnet** network with 316,657 trainable parameters is a reduced version of the U-Net[21]. It is less complex than the Dense network in terms of architecture and uses a relatively small number of weights in each layer.

The **Dense** network consists of an overall of 1,032,588 trainable parameters. It is based on the densely connected design of Huang et al. [18]. In the dense blocks (dark-blue squares), the output of each intermediate layer $\ell_i$ is stack channel-wise on top of the one of $\ell_{i-1}$ to feed the layer $\ell_{i+1}$. In this network, three variables ($\Omega$, $\Pi$, and $\Delta$) are used to adapt the number of filters after each layer. $\Omega$ is initially set to 8 and increased by 2 after each concatenation while $\Delta = \Omega \times 4$ and $\Pi = \Omega \times 0.5$.

6.3. Training setup

Regarding the training procedure, it has been carried out as described in the following.

- A combined loss function which is defined, given a ground-truth $y \in \{0, 1\}^n$ and a prediction $p \in [0, 1]^n$, by

$$
\ell(y, p) = -\langle y, \log(p) \rangle - \frac{2\langle y, p \rangle}{\langle y, 1 \rangle + \langle p, 1 \rangle},
$$
where \( \log(p) = [\log(p[1]), ..., \log(p[n])] \), \( 1 = [1, ..., 1] \) and \( \langle \cdot, \cdot \rangle \) is the standard dot product. The first term of the equation is known as the binary cross-entropy (CE) while the last term is an approximation of the Dice coefficient. The CE minimization aims at bringing the two vectors \( y \) and \( p \) (seen as probability distributions) as close as possible, while adding the Dice criterion will maximize their overlap.

- The learning rate is decayed to avoid over-fitting and to ameliorate the convergence. In other words, the learning rate is multiply by a factor of 0.2 after 5 iterations without improvement on a validation set. The minimum value is set to \( 10^{-5} \).

- An early stopping criterion is also set to avoid over-fitting. When working on patches, the training is stopped after 30 iterations without improvement on a validation set. While at the image level, the training is carried out until 300 iterations.

- On all databases a validation set is created to control the training processes by holding out 20% of training images. The patches being extracted after this separation there is no overlap between the validation patches and the training ones.

- The *adadelta* [48] learning algorithm, which uses first-order information to adapt its steps, is used. A mini-batch training is performed with 32 batch size at the patch level and 1 at the image one. The initial learning rate is set to 1 by default. However when fine-tuning at the image-level, it is sometimes suitable to start with smaller values. For instance we started with \( 2 \times 10^{-4} \) when fine-tuning on IDRiD full-sized images using the Dense network.

### 6.4. Results

Some Qualitative results obtained using the Dense network are illustrated on Figure 6. The quantitative results are depicted in the tables 1, 2, 3, and 4. For each proposition line the following nomenclature is used: “\textbf{NetName InputType/TransferType}” where NetName \( \in \{ \text{Light, MUnet, Dense} \} \), InputType \( \in \{ \text{Image, Patch} \} \) and TransferType \( \in \{ \text{Frozen, Fine-tuned, Scratch} \} \). TransferType is only used when InputType is \text{Image}. When the image network \( f_I \) is trained from a random initialization, TransferType...
| Methods          | AUC  | Spec  | Sens  | Acc  | Dice  | Jaccard |
|------------------|------|-------|-------|------|-------|---------|
| **Patch-based**  |      |       |       |      |       |         |
| Light Patch      | .9811| .9806 | .7996 | .9646| .7970 | .6629   |
| MUnet Patch      | .9865| .9805 | .8415 | .9682| .8218 | .6978   |
| Dense Patch      | **.9874**| .9816 | .8398 | .9690| **.8252**| **.7026**|
| **Image-based**  |      |       |       |      |       |         |
| Light            |      |       |       |      |       |         |
| Image/Frozen     | .9800| .9781 | .8113 | .9634| .7939 | .6586   |
| Image/Fine-tuned | .9808| .9772 | .8187 | .9632| .7949 | .6600   |
| Image/Scratch    | .9764| .9791 | .7808 | .9616| .7797 | .6393   |
| MUnet            |      |       |       |      |       |         |
| Image/Frozen     | .9864| .9778 | **.8586**| .9673| .8204 | .6957   |
| Image/Fine-tuned | .9866| .9822 | .8342 | .9691| .8246 | .7017   |
| Image/Scratch    | .9851| .9813 | .8273 | .9676| .8164 | .6900   |
| Dense            |      |       |       |      |       |         |
| Image/Frozen     | .9869| .9798 | .8494 | .9683| .8235 | .7001   |
| Image/Fine-tuned | .9870| .9830 | .8277 | **.9693**| .8242 | .7013   |
| Image/Scratch    | .9852| .9834 | .8134 | .9684| .8174 | .6914   |
| **Fu et al. [30]**| -   | -     | .7294 | .9470| -     | -       |
| **Maninis et al. [34]**| -   | -     | -     | -   | .8220 | -       |
| **[33]**         | -   | -     | .7779 | .9521| -     | -       |
| Birgui Sekou et al. [35] | .9787| .9782 | .7990 | .9552| -     | -       |

Table 1: Numerical results on DRIVE.
Table 2: Numerical results on STARE.

| Methods           | AUC  | Spec | Sens | Acc  | Dice | Jaccard |
|-------------------|------|------|------|------|------|---------|
| **Patch-based**   |      |      |      |      |      |         |
| Light Patch       | .9780| .9833| .7259| .9643| .7456| .6000   |
| MUnet Patch       | .9854| .9861| .7731| .9702| .7914| .6579   |
| Dense Patch       | .9849| **.9868**| .7695| .9705| .7929| .6682   |
| Li et al. [12]    | .9928| .9862| .8554| **.9729**| - | -      |
| Jiang et al. [25] | .9879| .9844| .7726| .9628| - | -      |
| Hajabdollahi et al. [23] | .9870| .9798| .7820| .9653| - | -      |
| Oliveira et al. [24] | .9905| .9858| **.8315**| .9694| - | -      |
| **Image-based**   |      |      |      |      |      |         |
| Light             |      |      |      |      |      |         |
| Image/Frozen      | .9743| .9800| .7379| .9619| .7405| .5913   |
| Image/Fine-tuned  | .9777| .9813| .7434| .9636| .7499| .6037   |
| Image/Scratch     | .9714| .9762| .7257| .9576| .7181| .5642   |
| MUnet             |      |      |      |      |      |         |
| Image/Frozen      | .9817| .9844| .7858| .9694| .7913| .6570   |
| Image/Fine-tuned  | .9867| .9865| .7955| .9723| .8083| .6805   |
| Image/Scratch     | .9856| .9842| .7956| .9699| .7993| .6676   |
| Dense             |      |      |      |      |      |         |
| Image/Frozen      | .9831| .9852| .7907| .9704| .7991| .6607   |
| Image/Fine-tuned  | .9869| .9844| .8152| .9718| .8100| **.6827**|
| Image/Scratch     | .9836| .9854| .7792| .9702| .7915| .6588   |
| Fu et al. [30]    | -    | -    | .7140| .9545| - | -      |
| [34]              | -    | -    | -    | -    | - | .8310   |
| Fu et al. [33]    | .9885| .9844| .8147| .9674| - | -      |
is set to _Scratch_. Whereas _Frozen_ means the metrics are computed just after the initialization of $f_I$ with the weights of $f_P$, and _Fine-tuned_ is used when $f_I$ has been fine-tuned on $D_I$.

On all the tables the methods are grouped by their input type (patch- and image-based). Five metrics are used to evaluate the methods: the Area Under the Receiver Operating characteristic Curve (AUC), computed with the scikit-learn library, the sensitivity (Sens), the specificity (Spec), and the accuracy (Acc) computed after a 0.5 threshold on the predictions using the following:

$$\text{Sens} = \frac{TP}{TP + FN}, \quad \text{Spec} = \frac{TN}{TN + FP},$$

$$\text{Acc} = \frac{TP + TN}{TP + TN + FP + FN},$$

where $TP$, $TN$, $FP$, and $FN$ denote respectively the number of true positives, true negatives, false positives, and false negatives. Additionally, the Dice and Jaccard coefficient are also considered to evaluate the overlap between the ground-truths and the predictions. They are given by

$$\text{Dice} = \frac{2|G \cap P|}{|G| + |P|}, \quad \text{Jaccard} = \frac{|G \cap P|}{|G \cup P|},$$

where $G$ is the set of ground-truth pixels, $P$ is the prediction one, and $|X|$ is the number of elements in the set $X$.

Additionally, we computed the segmentation time of each network on the DRIVE database both at the patch and image level. Table 5 presents the segmentation time, in seconds, computed from a Tesla P100-PCIE-16GB GPU and an Intel i7-6700HQ CPU (with 8 cores of 2.60GHz and 16GB RAM). Note that the patches are segmented in a multiprocessing setting using the Keras library.

### 6.5. Discussion

As stated in the introduction, the principal question dealt with is: How to train "efficiently" freely designed image-to-image networks on arbitrarily sized database for RIS? To answer that question the proposed framework
Table 3: Numerical results on CHASE-DB1.

| Methods        | AUC   | Spec  | Sens  | Acc   | Dice  | Jaccard |
|----------------|-------|-------|-------|-------|-------|---------|
| **Patch-based**|       |       |       |       |       |         |
| Light Patch    | .9775 | .9834 | .7350 | .9660 | .7490 | .5997   |
| MUnet Patch    | .9849 | .9867 | .7761 | .9719 | .7916 | .6558   |
| Dense Patch    | .9863 | **.9888** | .7556 | .9723 | .7892 | .6524   |
| Liskowski and Krawiec [11] | .9845 | .9668 | **.8793** | .9577 | -      | -       |
| Li et al. [12] | .9716 | .9793 | .7507 | .9581 | -      | -       |
| Jiang et al. [25] | .9580 | .9770 | .7217 | .9591 | -      | -       |
| Oliveira et al. [24] | .9855 | .9864 | .7779 | .9653 | -      | -       |
| **Image-based**|       |       |       |       |       |         |
| Light Image/Frozen | .9751 | .9797 | .7498 | .9636 | .7403 | .5888   |
| Image/Fine-tuned | .9780 | .9819 | .7535 | .9659 | .7530 | .6049   |
| Image/Scratch   | .9743 | .9790 | .7444 | .9625 | .7330 | .5793   |
| MUnet Image/Frozen | .9837 | .9829 | .8072 | .9705 | .7898 | .6535   |
| Image/Fine-tuned | .9875 | .9861 | .8117 | .9737 | **.8093** | **.6804** |
| Image/Scratch   | .9876 | .9851 | .8158 | .9733 | .8080 | .6785   |
| Dense Image/Frozen | .9834 | .9868 | .7653 | .9711 | .7839 | .6453   |
| Image/Fine-tuned | **.9878** | .9869 | .8016 | **.9737** | .8068 | .6768   |
| Image/Scratch   | .9857 | .9861 | .7968 | .9726 | .7999 | .6671   |
| Mo and Zhang [33] | .9812 | .9816 | .7661 | .9599 | -      | -       |
Table 4: Numerical results on IDRiD.

| Methods     | Jaccard |
|-------------|---------|
| **P-b**     |         |
| Light Patch | .6413   |
| MUnet Patch | .9035   |
| Dense Patch | .9233   |
| **Image-based** |       |
| Light       |         |
| Image/Frozen | .5463  |
| Image/Fine-tuned | 7898 |
| Image/Scratch | .7498  |
| MUnet       |         |
| Image/Frozen | .8551  |
| Image/Fine-tuned | .9216 |
| Image/Scratch | .8720  |
| Dense       |         |
| Image/Frozen | .9337  |
| Image/Fine-tuned | .9390 |
| Image/Scratch | .7678  |
| Leaderbord (Mask RCNN [49]) | .9338 |

starts by training the given network from the patches, then transfers the learned weights at the image level. The networks being freely designed and performing efficiently on the full-sized images, the proposed framework seems to correctly answer the principal question.

Analyzing the numerical results. On DRIVE, all the patch-based networks are improved after fine-tuning in terms of accuracy (Acc). The AUC is slightly reduced after fine-tuning on the Light and Dense networks. However, the Dice and Jaccard of the patch-based Dense network are preserved after fine-tuning. Whereas, the fine-tuning of the MUnet improved the patch metrics in general. On STARE, all patch-based networks are improved in terms of Dice and Jaccard, with 2% Jaccard increase on MUnet and Dense. Similarly, on CHASE-DB1 and IDRiD, the fine-tuning improves the performances on all networks with 2% Jaccard increase on MUnet and Dense. The Dense network being the best both at the patch level and image one. Overall, the Dense network may be the best but the Light provides remarkable results despite its number of parameters except on the IDRiD dataset.
**Qualitative remarks.** As depicted in the figure, the fine-tuning strengthen the class probabilities and reduces some false positives along the way. When the patch network achieves remarkable results, with a careful fine-tuning, the qualitative results at the image level will remain the same, as one can observe on the DRIVE image of Figure (on the left).

**How to set the initial learning rate?** This is still an open question in the field of deep learning. Hence, the values used in this paper are mainly based on the preliminary work. For instance, when working at the patch level, one should allow large learning rates in the beginning to move as quickly as possible towards a local minimum but reducing it in time to stabilize the convergence. Whereas, when fine-tuning at the image-level, the image network is already well initialized, thus the initial learning rate should be small. Consequently, our fine-tuning on the IDRiD images, using the Dense network, starts with a learning rate of $2 \times 10^{-4}$ and is decayed using the aforementioned criterion. However, on the other cases, we noticed that an initial learning rate of 1 leads to faster convergence in the fine-tuning.

**Analysing the framework’s phases.** The efficiency of the first phase is judged by the metrics of the second one. Indeed, with our patch extraction strategy, we trained efficiently three types of networks to reach competitive results compared to other deep learning methods. Furthermore, it can be noticed that all our patch-based metrics are either improved or kept after fine-tuning at the image-level. Therefore, the transfer learning (Phase 3) and the fine-tuning (Phase 4) are not leading to a negative transfer. On the other hand, at the image level, we noticed that it is always better to fine-tune the weights than training from scratch. This points out the importance of the Phase 1 and 2, that is a patch pre-training provides a better initialization point than a random one. Also, the results show that it is better to fine-tune the weights at the image level that keeping them frozen.

**Comparing the RBVS methods?** The comparison of the retinal blood vessel segmentation methods is somehow difficult in the sense that (i) some papers compute their results only in a restricted field of view, and (ii) sometimes the train/test split may differ from one paper to another (when the database does not come with an explicit train/test split). For instance, the proposition of Liskowski and Krawiec is a patch-based technique that only considers patches that are fully in the field of view. Whereas the results of Maninis et al. on the STARE database is based on a single random split of 10
images for training and the other 10 for testing, while the other methods perform either a leave-one-out cross-validation or a 5-fold one. As observed by [6], there is no single method able to achieve the best results concerning all the metrics. However, our framework can open the door for more research on freely designed networks and their application on embedded real-time systems. For instance, the proposed Light network seems to perform quite good compared to other more complex and heavy networks and is suitable for some embedded systems with small memory. Compared to the quantization technique used by [23] to obtain a low complexity network, our training strategy applied to the Light network is performing better. Moreover, we added the Jaccard coefficient which seems to be more suitable together with the Dice, since they provide insights on how perfect is the overlap of the predictions and the ground-truths.

Comparing the ODS methods?. The IDRiD database comes with an explicit train/test split which facilitate the methods comparisons. Only the Jaccard is used as metric in the original challenge. The baseline provided on the table is the best result from the leaderboard of the challenge which is based on the state-of-the-art network for object localization (Mask-RCNN) of He et al. [49]. The Dense network provides the best result after fine-tuning. On the other hand, one can notice that the Light network seems to struggle, thus one can conclude on the hardness of the task on IDRiD.

Running time. As depicted in Table 5, one can see the importance of the image-based segmentation in terms of segmentation time. Indeed, even with a parallelized patch procedure, all the networks are considerably faster at the image level than at the patch one both on the GPU and the CPU.

A possible limitation. The proposed framework is based on the simple separability assumption, that is one can efficiently train a network at the patch-level. However, when the extracted patches do not provide enough insight about the segmentation task (e.g. they do not contain any discriminative information) then the previous assumption may not hold and the transfer to the image level may fail.

7. Summary and perspectives

To summarize, this paper presented a training framework for RIS. The proposed framework tried to answer the question How to obtain state-of-the-art performances using a freely designed image-to-image network on the task
Table 5: Segmentation time on DRIVE (in seconds).

| Method | GPU | CPU |
|--------|-----|-----|
| P-b    |     |     |
| Light  | 8.71| 53  |
| MUnet  | 11.34| 186 |
| Dense  | 71.47| 1200|
| I-b    | .07 | .25 |
| Light  | .10 | .84 |
| MUnet  | .24 | 4.69|

of RIS?. To do so, the framework proposes to first freely design a network and train it on patches extracted from the given dataset’s images. Then, the knowledge of the previous network is used to pre-train the final network at the image level. The framework was tested on four publicly available datasets using four different networks.

Another technique when working on small sized databases consists in generating some synthetic samples using generative adversarial networks (GANs). However, the synthetic data is based on the training samples whose size is again relatively small. Future work will include an extensive comparison between our framework and GAN-based ones. Also, the application of the framework to other image modalities and its theoretical analysis are part of the next steps we intend to carry.
8. References

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