Research Article

Antimicrobial Properties of Copper Nanoparticles and Amino Acid Chelated Copper Nanoparticles Produced by Using a Soya Extract

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This paper reports a comparison of the antibacterial properties of copper-amino acids chelates and copper nanoparticles against Escherichia coli, Staphylococcus aureus, and Enterococcus faecalis. These copper-amino acids chelates were synthesized by using a soybean aqueous extract and copper nanoparticles were produced using as a starting material the copper-amino acids chelates species. The antibacterial activity of the samples was evaluated by using the standard microdilution method (CLSI M100-S25 January 2015). In the antibacterial activity assays copper ions and copper-EDTA chelates were included as references, so that copper-amino acids chelates can be particularly suitable for acting as an antibacterial agent, so they are excellent candidates for specific applications. Additionally, to confirm the antimicrobial mechanism on bacterial cells, MTT assay (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) was carried out. A significant enhanced antimicrobial activity and a specific strain were found for copper chelates over E. faecalis. Its results would eventually lead to better utilization of copper-amino acids chelate for specific application where copper nanoparticles can not be used.

1. Introduction

It is well known that the copper has a wide activity against bacteria and fungi [1–4]. Due to the development of antibiotic resistance and the surging of infectious diseases, a lot of researchers are searching for new antibacterial agents [5–11].

Although copper is one of the most widely used materials in various applications, its nanosynthesis requires some special care because of their high holding to rust. Compared to gold and silver, copper is extremely sensitive to air, and copper oxides phases are thermodynamically more stable. Therefore, the formation of an oxide layer on the surface of the copper nanoparticles is inevitably causing a marked decrease of its antibacterial properties [12–14].

In the last few years, several organics copper complexes of Ni, Cu, and Co have been tested for their antibacterial and antitumor properties. Their mode of action is probably the binding of amino acids and metals ions, which is likely to leave some potential donors of free atoms and enhance the biological activity [13, 15–17].

Chelates are highly stable products capable of maintaining the surrounded metal ions from an organic molecule...
(chelating agent); so its precipitation as insoluble hydroxides should be avoided with the care of the storage [15, 18].

We have previously reported about a soybean aqueous extract mediated synthesis of very stable copper nanoparticles; in this work we report the antibacterial activity of copper nanoparticles and copper chelated species that are an intermediate step between ion copper and copper nanoparticles [19]. The main objective was to compare the antibacterial properties of different species of copper, such as copper nanoparticles and copper chelates. Such comparative study would reveal strain specificities and would eventually lead to better utilization of copper-amino acids chelate for specific application where copper nanoparticles could be not used.

2. Materials and Methods

2.1 Reagents. Textured soy was purchased in a local natural products supermarket; sodium hydroxide (NaOH) and copper sulfate (CuSO₄·5H₂O) of Sigma-Aldrich were used without any further purification. Milli-Q water (18.2 MΩ) was used throughout the experiment; and the synthesis reagents are phosphate buffer Na₂HPO₄ and KH₂PO₄ (Fermont), Mueller-Hinton broth (BD Difco), sodium chloride (NaCl, CTR Scientific), and Kit MTT 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide (Sigma-Aldrich).

2.2 Characterization. Optical absorption spectra were obtained with an Ocean Optics S2000-UV-Vis system, Transmission Electron Microscopy (TEM) images at 100 kV were carried out using a JEOL-1230, Thermogravimetric Analysis (TGA) was made, and the average particle size was measured with a Dynamic Light Scattering Nanosizer (DLS). Infrared spectroscopy (FTIR) was made with an IR Affinity-1.

2.3 Experimental Method. Six samples were prepared to compare the bactericidal activity; the samples with copper were synthesized with a concentration of 40 mM. The syntheses are described as follows:

(i) Soybeans extract: the solution was prepared by heating to boiling point 100 mL of deionized water with 3 g of textured soya for 10 min; the fiber was then separated by filtration.

(ii) Ionic solution of Cu²⁺ species: this solution was prepared adding CuSO₄ in deionized water.

(iii) Copper-soybean extract chelates: they were synthesized according to the method previously reported by Guajardo-Pacheco et al. [19]. A soybean extract solution was prepared, as described above; after that, 1 gr of CuSO₄·5H₂O was added and mixed for 15 min in magnetic stirring; the pH was adjusted to 7 using a 1 M solution of sodium hydroxide.

(iv) Colloidal dispersion of copper nanoparticles: the particles were prepared in the aqueous phase by a chemical reduction of copper chelate complex solution using sodium borohydride as reducer. 100 mL solutions of copper chelate complex were purged with N₂ gas for 10 min to remove the dissolved oxygen; 1 mL of aqueous solution of sodium borohydride (0.1 M) was then added to it drop-wise under constant stirring. The solution turned into a black color on the complete addition of the reducing agent, denoting the formation of copper nanoparticles. The nanoparticles were washed repeatedly with ethyl alcohol [19].

(v) EDTA-copper chelate: for EDTA chelated copper solution, 1 gr of CuSO₄·5H₂O and 1 gr of EDTA were mixed in 100 mL of deionized water. The Cu/EDTA ratio was calculated previously by 11.68.

2.4. Antimicrobial Test. The antimicrobial activity of the chelates was tested using the standard microdilution method, which determines the minimum inhibitory concentration (MIC) and the minimum bactericide concentration (MBC), leading to the inhibition of bacterial growth (CLSI M100-S25 January 2015). The strains tested were Escherichia coli (ATCC 25922), Staphylococcus aureus (ATCC 29213), and Enterococcus faecalis (ATCC 29212). The bacterial concentration was standardized to an optical density of 0.2 at 568 nm (approximately 1 × 10⁸ CFU/mL) using the McFarland scale. The chelates in dispersion were diluted with 50 μL of Mueller-Hinton broth and 50 μL of phosphate buffer inoculated with the tested strains at a concentration of 1 × 10⁸ CFU/mL was grown for 24 h at 35 ± 1°C [20].

2.5. MTT Assay. The MTT assay was used for measuring the proliferation of bacterial cells. Bacterial cells (10⁵ CFU/mL) were incubated into Mueller-Hinton broth at 50 μL per well in 96-well microtiter plates. Threefold serial dilutions of copper-amino acids chelate were added to wells containing bacterial cells. After 24 h of incubation at 37°C, each concentration was tested in triplicate. 24 hours later, 10 μL of the MTT (5 μL/mL) reagent was added to each well and the plates were incubated for 4 h at 37°C. Then, DMSO (100 μL) was added to finish the reaction; the plate was shaken gently to redissolve the crystals formed. The absorbance was read at 490 nm wavelength by a Microplate Reader (Bio-Rad Laboratories) spectrophotometer. The results were expressed as the inhibition ratio of cell increase calculated as [(A − B)/A] × 100%, in which A and B represent the average of live bacteria of the control and samples, respectively [21].

3. Results and Discussion

Figure 1a shows UV-Vis absorption spectra of the copper ions solution and Figure 1b copper-soybeans extract solution. It is possible to observe the typical wide band associated to copper free ions in the range between 650 and 1000 nm with a maximum at approximately 800 nm [22]. In Figure 1b this band disappears indicating the depletion of the copper free ions and formation of a copper-soya extract complex. The band in the range between 400 and 550 nm has been ascribed to soybeans extract.

Figure 2 shows the absorption infrared spectrum of the copper-soybean extract solution. There can be seen bands in the range from 400 to 500 cm⁻¹ corresponding to the formation of the copper chelate, the band at 457 cm⁻¹ is
assigned to the contribution of the Cu-N symmetric vibration and CO\textsubscript{2} wagging, and the bands at 614 cm\textsuperscript{-1} and 773 cm\textsuperscript{-1} can be ascribed to the contribution of CO\textsubscript{2} rocking and NH\textsubscript{2} rocking due to complex with amino acids; from 1000 to 1100 cm\textsuperscript{-1} are the C-N vibrations. The peaks of v (C=O) and v (C=O) at 1421 cm\textsuperscript{-1}, 1580 cm\textsuperscript{-1}, and 1626 cm\textsuperscript{-1} are the contribution of v (C=O) and NH\textsubscript{2} scissoring, respectively. The range from 3290 to 3390 cm\textsuperscript{-1} corresponds to O-H and N-H vibrations. All of these vibrations modes confirm the copper-amino acid complex formation [23]; it is well known that the soybean is rich in proteins content, of which the 95% of the total protein is called soluble protein, and approximately 16% is attributed to the Nitrogen presence [24, 25], favoring the copper-amino acids chelates formation as can be seen in the infrared absorption spectra.

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Figure 3 shows the UV-Vis absorption spectrum of (a) EDTA starting solution, where a wide band in the range of 400 to 900 nm can be observed, and (b) ionic copper solution with its typical band wide range between 400 and 900 nm and the maximum being approximately at 800 nm. And (c) corresponds to the EDTA-copper chelate sample; as it is possible to see, the maximum of ionic copper band decreases due to the copper free ions depletion and formation of copper chelate with the EDTA; this might represent a proof of chelate formation.

Figure 4 shows the UV-Vis absorption spectrum of the copper nanoparticles sample with a typical absorption plasmon band at approximately 560 nm.

Figure 5 shows a TEM image of copper nanoparticles sample, in which can be observed that the nanoparticles have quasi-spherical shapes with an average diameter of 5.67 ± 0.5337 nm as it can be seen in the histogram, where 169 nanoparticles were measured. The TEM image and the histogram also show a narrow size distribution of the nanoparticles.
nanoparticles; this could be corroborated by Dynamic Light Scattering measurements (Figure 6).

Figure 6 shows the Dynamic Light Scattering measurement of copper nanoparticles; the average size obtained was of 4.9 nm with a narrow size distribution.

3.1. Antibacterial Results. MIC values were obtained for the chelates tested against *E. coli* (ATCC 25922), *S. aureus* (ATCC 29213), and *E. faecalis* (ATCC 29212). The results are presented in Table 1, where it can be seen that the copper-amino acids chelate sample presents the best antibacterial activity against the three strains tested in comparison with copper ions, copper-EDTA chelate, and copper nanoparticles. The MIC of the copper nanoparticles and the copper-amino acids chelates is lower when it is tested against *E. faecalis* than when tested against *E. coli* and *S. aureus*. These results may refer to differences in the cell wall of each strain; the cell wall of Gram-positive strains is wider than the cell wall of Gram-negative strains [26]. In addition, the reported mechanism for the toxicity of copper ions on *E. faecalis* includes a rapid DNA degradation, followed by a reduction of bacterial respiration; it is also known that copper ions inhibit certain cytochromes in the membrane of *E. faecalis* by altering the conformation and electron transference of associated reductases [27]. These affectations of copper over *E. faecalis* could be potentiated with the presence of amino acids in the copper chelate and this could be the reason why *E. faecalis* is more sensitive to copper-amino acids chelate than *E. coli* and *S. aureus*.

As for the copper nanoparticles and the EDTA reference there is no significant difference between the MIC results of *E. coli* and *S. aureus*.

Figure 7 shows the MICs of copper nanoparticles and copper-amino acids chelate against bacterial strains *E. faecalis*. The serial dilutions of nanoparticles were exposed to bacterial strains, and we can see that the copper-amino acids chelate antimicrobial effect is better than that of the copper nanoparticles; in general, the copper-amino acids chelate showed the highest activity among all the six samples in the three bacteria tested (Table 1).

In Figure 8, we can see MTT assay results for the copper-amino acids chelate sample; the Inhibition Rate value for *E. faecalis* is higher compared to *E. coli* and *S. aureus* at a

![Figure 5: TEM image of copper nanoparticles sample and the particle size distribution histogram.](image1)

![Figure 6: Dynamic Light Scattering measurement of copper nanoparticles sample.](image2)

![Table 1: Minimum inhibitory concentrations (MIC).](table1)

| Sample                     | MIC copper (mM) | Bacterial strains |
|----------------------------|-----------------|------------------|
| Soybeans extract           | —**a**          | —**a**           |
| Ionic solution of Cu       | 20 ± 0          | 20 ± 0           | 20 ± 0 |
| Copper-amino acids chelate | 10 ± 0          | 10 ± 0           | 5 ± 0  |
| Copper nanoparticles       | 40 ± 0          | 40 ± 0           | 20 ± 0 |
| EDTA-copper chelate        | 20 ± 0          | 20 ± 0           | 20 ± 0 |
| EDTA solution              | 40 ± 0          | 40 ± 0           | 40 ± 0 |

**a**The antibacterial activity was not found with the mM concentrations used in this work.
times more effective comparing to the copper nanoparticles and the copper-EDTA chelate, obtaining a better antimicrobial effect against *E. faecalis* rather than both *E. coli* and *S. aureus*. These results show that copper-soy chelates can be particularly suitable as antibacterial agent candidates for specific application instead of copper nanoparticles.

### Competing Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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