Research Article

**Thymosin β 10 is overexpressed and associated with unfavorable prognosis in hepatocellular carcinoma**

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Thymosin β 10 (TMSB10) has been demonstrated to be overexpressed and function as an oncogene in most types of human cancer including hepatocellular carcinoma (HCC). In our study, we present more evidence about the clinical significance and biological function of TMSB10 in HCC. First, we observed levels of TMSB10 expression were obviously increased in HCC tissues compared with normal liver tissues at The Cancer Genome Atlas (TCGA) datasets. Furthermore, we confirmed that TMSB10 mRNA and protein levels were also increased in HCC tissue samples compared with normal adjacent normal liver tissue samples. In addition, we found high TMSB10 expression was remarkably associated with the advanced tumor stage, large tumor size, distant metastasis, and poor prognosis, and acted as an independent factor for predicting poor overall survival in HCC patients. Loss-of-function studies suggested silencing of TMSB10 expression dramatically reduced cell proliferation, migration, and invasion in HCC. In conclusion, TMSB10 may hold promise as a tumor biomarker for predicting prognosis and a potential target for developing a novel therapeutic strategy.

**Introduction**

Liver cancer is the seventh most common cancer worldwide accounting for 841080 new diagnosed cases in 2018 [1]. Meanwhile, liver cancer is the third leading cause of cancer-related deaths worldwide with an estimated 781631 deaths in 2018 [1]. Hepatocellular carcinoma (HCC) is a major type of primary liver cancer, and represents 85–90% of all liver cancer patients [2]. In China, chronic hepatitis B virus (HBV) infection is the strongest risk factor of HCC, and accounts for the vast majority of HCC [3]. Despite recent therapeutic advances in interventional therapy and targeted therapy, the prognosis of HCC is still unfavorable with overall 5-year survival rates as low as 11–30% [4]. Intrahepatic metastasis and tumor recurrence are the major reason of treatment failure in HCC cases [5]. Therefore, investigating the pathogenesis of HCC is particularly important for identifying credible biomarkers and effective therapeutic targets.

Thymosin β 10 (TMSB10) is a member of the family of β-thymosins, which contain highly conserved acidic 5-kDa peptides consisting of 40–44 amino acid residues [6]. TMSB10 consists of 43 amino acid residues and is mainly localized in cytoplasm [7]. TMSB10 has been demonstrated to be overexpressed in most types of human cancer, and participate in regulating cell proliferation and motility [7]. In HCC, TMSB10 originally showed high reactivity rate with 96% in tumor samples [8]. Then, TMSB10 was found to be overexpressed in HCC tissues, and correlated with TNM stage and overall survival in HCC patients [9]. Our study presents more evidence about the relationship between TMSB10 and HCC.
In our study, we explore the clinical and prognostic significance of TMSB10 in HCC through analyzing the association between TMSB10 and clinical parameters of HCC patients. Moreover, we conducted loss-of-function studies to investigate the impact of TMSB10 on cell proliferation, migration, and invasion in HCC.

**Materials and methods**

**Human HCC tissue samples**

The experiments were approved by the Ethics Committee of Affiliated Hospital of Shaanxi University of Traditional Chinese Medicine, People’s Hospital of Zouping City and Xi’an Central Hospital Affiliated to Xi’an Jiaotong University, and performed according to the ethical principles of Declaration of Helsinki. All clinical tissue samples in the present study were obtained from patients with informed consents at Affiliated Hospital of Shaanxi University of Traditional Chinese Medicine, People’s Hospital of Zouping City or Xi’an Central Hospital Affiliated to Xi’an Jiaotong University. A total of 102 paraffin-embedded HCC tissue samples and 30 normal adjacent normal liver tissue samples were collected for the TMSB10 immunohistochemistry staining. Thirty pairs of fresh HCC tissues and adjacent normal liver tissues were collected for detecting TMSB10 mRNA expression. The pathologic diagnosis of all samples was independently conducted by two pathologists. The system treatment of all cases was according to the Chinese Clinical Guideline for HCC. Clinical data included the patient gender, age, tumor stage, tumor size, vascular invasion, metastasis, HBV infection, histological differentiation, and follow-up.

**Cell lines**

The human liver cancer cell lines (HepG2 and Huh-7) and human normal liver cell (WRL68 and LO-2) were obtained from the Cell Bank of Chinese Academy of Sciences and cultured in complete growth medium as recommended by the manufacturer.

**RNA extraction and quantitative real-time PCR**

Total RNA was isolated from cells or tissues by using RNAiso Plus (Takara, Dalian, China) in accordance with the manufacturer’s protocol. RNA reverse transcription was performed by using PrimeScript RT Reagent Kit (Takara, Dalian, China), and quantitative real-time PCR (qRT-PCR) was conducted by TB Green Premix ExTaq II (Takara, Dalian, China) at LightCycler 480 (Roche Applied Science, Indianapolis, IN, U.S.A.). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was measured as the internal control. The following primer pairs were used for qRT-PCR: 5′-TGGCAGACAAACCAGACATGG-3′ (Forward) and 5′-CGAAGAGGACGCGGGGTAGG-3′ (Reverse) for TMSB10; 5′-CCCATCACCATCTTCCAGGAG-3′ (Forward) and 5′-GTTGTCTAGGATGCACCTTGGC-3′ (Reverse) for GAPDH.

**Immunohistochemistry**

Tissue sections (3 μm) were deparafinized in xylene and rehydrated by passing through a graded series (of alcohol) of 100, 95, 90, 80, and 70% ethanol. Then, 0.3% H2O2 was used to blocked endogenous peroxidase at room temperature for 10 min. For antigen retrieval, the tissue sections were boiled in EDTA (1 mM, pH 8.0) for 15 min. Sections were then incubated with anti-TMSB10 antibody (1:250 dilution; Abcam, Cambridge, U.K.) at 4°C overnight. After three washes in PBS, sections were incubated with horseradish peroxidase–conjugated secondary antibody, and colored with 3,3′-diaminobenzidine (DAB) and Hematoxylin.

TMSB10 staining was scored independently by two pathologists who were blinded to the clinical data. The proportion of positive tumor cell was scored as: 0, 0–9% positive tumor cells; 1, 10–25% positive tumor cell; 2, 26–50% positive tumor cell; 3, >50% positive tumor cell. Staining intensity was scored as: 0, no staining; 1, weak staining; 2, moderate staining; and 3, strong staining, as described [9]. The final scores ranged from 0 to 12. Based on the published study [9], a score of ≥4 was defined as high TMSB10 expression group and scores of <4 defined low TMSB10 expression group.

**Cell transfection**

Knockdown of endogenous TMSB10 was performed by siRNA-TMSB10 (si-TMSB10), which was synthesized by Shanghai Integrated Biotech Solutions Co., Ltd. (Shanghai, China). Briefly, HCC cells were seeded in six-well plate. At a density of 70% confluence, HCC cells were transfected with si-TMSB10 or si-NC by using the Lipofectamine RNAiMAX reagent (Invitrogen, Carlsbad, CA, U.S.A.) in accordance with the protocol provided by the manufacturer.
Figure 1. TMSB10 expression is increased in HCC

(A) TMSB10 expression was increased in HCC tissues compared with normal liver tissues. (B) TMSB10 mRNA levels were elevated in HCC tissues compared with paired adjacent normal liver tissues.

Cell proliferation assay
The Cell Counting Kit–8 assay (CCK–8, Dojindo Molecular Technologies, Kumamoto, Japan) was used to assess cell proliferation ability. Briefly, transfected HepG2 and Huh-7 cells were plated in 96–well plates with 3000 cells/well. After 24, 72, and 120 h incubation, 10 μl of CCK–8 solution was added to each well for 2 h at 37°C. The absorbance was measured at 450 nm using a spectrophotometer.

Cell migration assay
Transwell chamber (8 μm pore size; Corning, NY, U.S.A.) in 24-well plate was used for cell migration assay. Briefly, transfected HepG2 and Huh-7 cells were resuspended in 200 μl culture medium without FBS at a density of 5 × 10^4 cells/well, and seeded into the upper chamber. The bottom chamber of transwell plates was supplemented with 500 μl culture medium with 20% FBS as a chemoattractant. After 18 h incubation, cells on the lower surface were fixed with polyoxymethylene, and stained with 0.1% Crystal Violet staining solution. The cells on the bottom of the membrane were calculated from five random light microscopic fields.

Cell invasion assay
Transwell chamber and matrigel matrix (BD Biosciences, Franklin Lakes, NJ, U.S.A.) were used for cell invasion assay. Briefly, the transwell membrane was precoated with 50 μl matrigel matrix. The other procedures were similar to the migration assay.

Statistical analysis
All statistical analyses were performed using SPSS software (version 17.0; Chicago, IL, U.S.A.). Comparisons between two groups were done using the Student’s t test for continuous data and the chi-square test for categorical data. The chi-square test was used to estimate the association between TMSB 10 expression and clinicopathological characteristics of HCC patients. Survival analysis was calculated by Kaplan–Meier method and compared by log-rank test. The prognostic varieties were evaluated by univariate and multivariate Cox proportional hazards regression analyses. A significant difference was considered when P<0.05.

Results
TMSB10 expression is increased in HCC
First, we observed the TMSB10 expression levels in HCC tissues and normal liver tissues from The Cancer Genome Atlas (TCGA) datasets, and found levels of TMSB10 expression were obviously increased in HCC tissues compared with normal liver tissues (P<0.001, Figure 1A). Furthermore, TMSB10 mRNA expression was measured by qRT-PCR in 30 pairs of fresh HCC tissues and adjacent normal liver tissues. We found the overall fold increase in TMSB10...
Table 1 TMSB10 protein expression between HCC tissues and normal liver tissues

| Number | TMSB10 |       |       |
|--------|--------|-------|-------|
|        | High expression | Low expression | $P$   |
| Normal liver tissues | 30 11 | 19 | 0.008 |
| HCC tissues | 102 65 | 37 |       |

mRNA levels in HCC tissues was 3.21-times greater than that in the paired adjacent normal liver tissues ($P<0.001$, Figure 1B). Then, we detected TMSB10 protein expression by immunohistochemistry in 102 paraffin-embedded HCC tissue samples and 30 normal adjacent normal liver tissue samples (Figure 2A–F). We observed that TMSB10 protein expression was markedly higher in 65 (63.73%) HCC tissue samples compared with the normal adjacent normal liver tissue samples (36.67%) ($P=0.008$, Table 1).

**High TMSB10 expression is correlated with the malignant status in HCC patients**

As shown in Figure 2D–F, TMSB10 immunohistochemical staining was observed only in the cytoplasm of tumor cells. For investigating the clinical value of TMSB10 expression in HCC patients, the associations between TMSB10 expression and clinicopathological characteristics of HCC patients were analyzed by the chi-square test, as shown in Table 2. The high TMSB10 expression was remarkably associated with the advanced tumor stage (I–II compared with III–IV, $P=0.005$), tumor size (<5 compared with $\geq$5 cm, $P=0.028$), and distant metastasis (Absent compared with Present, $P=0.001$), but was not associated with age ($P=0.714$), gender ($P=0.205$), HBV infection ($P=0.159$) and histological differentiation ($P=0.294$).
Table 2 Associations between TMSB10 expression and clinicopathological features in HCC

| Characteristics          | n  | High expression | Low expression | P  |
|--------------------------|----|----------------|----------------|----|
| Age (years)              |    |                |                |    |
| <50                      | 41 | 27             | 14             | 0.714 |
| ≥50                      | 61 | 38             | 23             |    |
| Gender                   |    |                |                |    |
| Female                   | 36 | 20             | 16             | 0.205 |
| Male                     | 66 | 45             | 21             |    |
| Tumor stage              |    |                |                |    |
| I–II                     | 32 | 14             | 18             | 0.005 |
| III–IV                   | 70 | 51             | 19             |    |
| Tumor size               |    |                |                |    |
| <5 cm                    | 60 | 33             | 27             | 0.028 |
| ≥5 cm                    | 42 | 32             | 10             |    |
| Metastasis               |    |                |                |    |
| Absent                   | 85 | 48             | 37             | 0.001 |
| Present                  | 17 | 17             | 0              |    |
| HBV infection            |    |                |                |    |
| Absent                   | 30 | 16             | 14             | 0.159 |
| Present                  | 72 | 49             | 23             |    |
| Histological differentiation | |     |                |    |
| Well                     | 62 | 42             | 20             | 0.294 |
| Moderate/Poor            | 40 | 23             | 17             |    |

Figure 3. High TMSB10 expression is correlated with short overall survival time in HCC patients

(A) Survival curves of the HCC patients with high and low TMSB10 expression from TCGA datasets. (B) Survival curves of the HCC patients with high and low TMSB10 expression from our study.

High TMSB10 expression is correlated with short overall survival time in HCC patients

The association between TMSB10 expression and overall survival was analyzed in HCC patients from TCGA datasets. We observed HCC patients with high expression of TMSB10 had shorter overall survival in comparison with HCC patients with low expression of TMSB10 (P=0.009, Figure 3A). Furthermore, our result of Kaplan–Meier survival analysis also suggested high TMSB10 expression was associated with short overall survival time in HCC patients (P<0.001, Figure 3B), which was consistent with the result of TCGA datasets. Moreover, we identified tumor stage (P=0.009), tumor size (P=0.039), distant metastasis (P<0.001), and TMSB10 expression (P<0.001) as prognostic factors for overall survival in HCC patients through univariate Cox proportional hazards regression analysis (Table 3). Then, multivariate Cox proportional hazards regression analysis indicated that high expression of TMSB10 was an independent factor for predicting poor overall survival in HCC patients (P=0.044, Table 3).
Table 3 Univariate and multivariate Cox regression analysis for overall survival in HCC patients

| Parameter                  | Univariate analysis | Multivariate analysis |
|----------------------------|---------------------|-----------------------|
|                            | HR                  | 95% CI               | P        | HR          | 95% CI               | P        |
| Age (years)                |                     |                      |         |             |                      |         |
| (<50 compared with ≥50)    | 0.692               | 0.433–1.104          | 0.122   |             |                      |         |
| Gender                     |                     |                      |         |             |                      |         |
| (Female compared with Male)| 1.418               | 0.868–2.317          | 0.163   |             |                      |         |
| Tumor stage                |                     |                      |         |             |                      |         |
| (I–II compared with III–IV)| 2.015               | 1.191–3.407          | 0.009   | 1.111       | 0.525–2.350          | 0.784   |
| Tumor size                 |                     |                      |         |             |                      |         |
| (<5 compared with ≥5 cm)   | 1.626               | 1.024–2.582          | 0.039   | 1.020       | 0.580–1.793          | 0.946   |
| Metastasis                 |                     |                      |         |             |                      |         |
| (Absent compared with Present) | 4.995            | 2.666–9.358          | <0.001  | 3.622       | 1.859–7.054          | <0.001  |
| HBV infection              |                     |                      |         |             |                      |         |
| (Absent compared with Present) | 1.547            | 0.912–2.624          | 0.105   |             |                      |         |
| Histological differentiation|                     |                      |         |             |                      |         |
| (Well compared with Moderate/Poor) | 1.197          | 0.752–1.907          | 0.449   |             |                      |         |
| TMSB10 expression          |                     |                      |         |             |                      |         |
| (Low compared with High)   | 2.545               | 1.545–4.191          | <0.001  | 1.949       | 1.018–3.733          | 0.044   |

Abbreviations: HR, hazard ratio; 95% CI, 95% confidence interval.

TMSB10 functions as an oncogene to regulate cell proliferation, migration, and invasion

To explore the biological roles of TMSB10 in HepG2 and Huh-7 cells, we endogenously knocked down TMSB10 expression in HepG2 and Huh-7 cells by si-TMSB10. We investigated the impact of TMSB10 on cell proliferation by CCK–8 assay, and found silencing of TMSB10 expression conspicuously inhibited cell viability of HepG2 and Huh-7 cells at 72 and 120 h (P<0.01; Figure 4A). We next explored the impact of TMSB10 on cell migration and invasion abilities by transwell cell migration and invasion assays, and found silencing of TMSB10 expression dramatically reduced the migration and invasion abilities of HepG2 and Huh-7 cells (P<0.01; Figure 4B,C).

Discussion

TMSB10 is a member of the family of β-thymosins, and has been found to be overexpressed in most types of human cancers including liver cancer [8,9], gastric cancer [10], pancreatic cancer [11,12], cholangiocarcinoma [13], renal cell carcinoma [14], ovarian cancer [15,16], lung cancer [17,18], breast cancer [19,20], and thyroid cancer [21–23]. Besides, Santelli et al. [24] suggested that high TMSB10 expression levels were observed in human colon cancer, gonialoma, breast cancer, ovarian cancer, uterine carcinoma, esophageal cancer cell lines. In our study, we presented more evidence about TMSB10 expression status in HCC. First, we observed the TMSB10 expression levels in HCC tissues and normal liver tissues from TCGA datasets, and found levels of TMSB10 expression were obviously increased in HCC tissues compared with normal liver tissues. Furthermore, we confirmed that TMSB10 mRNA and protein levels were also increased in HCC tissue samples compared with normal adjacent normal liver tissue samples, which was consistent with Theunissen et al.’s [8] and Wang et al.’s [9] reports. Furthermore, we investigated the clinical value of TMSB10 expression in HCC through analyzing the associations between TMSB10 expression and clinicopathological characteristics, and found that high TMSB10 expression was remarkably associated with the advanced tumor stage, tumor size, and distant metastasis in HCC patients. Similarly, Wang et al. [9] also showed that patients with advanced TNM stage had higher level of TMSB10 expression than those with early TNM stage. Moreover, high TMSB10 expression was found to be associated with advanced clinical stage, lymph node metastasis, distant metastases, poor degree of differentiation, positive vascular endothelial growth factor, and positive vascular endothelial growth factor-C expression in non-small cell lung cancer patients [25,26]. In breast cancer patients, Bouchal et al. [27] indicated that high levels of TMSB10 mRNA and protein were both associated with lymph node metastasis and unfavorable histological grade. In addition, Zhang et al. [28] showed that TMSB10 overexpression was correlated with cervical and central neck lymph node metastasis in patients with papillary thyroid carcinoma.
Figure 4. The impact of TMSB10 on HCC cell proliferation, migration, and invasion

(A) Silencing of TMSB10 expression conspicuously inhibited cell viability of HepG2 and Huh-7 cells at 72 and 120 h. (B) Silencing of TMSB10 expression reduced the migration ability of HepG2 and Huh-7 cells. (C) Silencing of TMSB10 expression decreased the invasion ability of HepG2 and Huh-7 cells (*, \(P<0.01\); **, \(P<0.001\)).

We next explored the prognostic significance of TMSB10 expression in HCC. We analyzed the association between TMSB10 expression and overall survival of HCC patients in TCGA datasets, and found HCC patients with high expression of TMSB10 had shorter overall survival in comparison with HCC patients with low expression of TMSB10. Furthermore, our survival analysis suggested high TMSB10 expression was associated with short overall survival time in HCC patients, and acted as an independent factor for predicting poor overall survival in HCC patients. Similarly, Wang et al. [9] also showed high TMSB10 expression was an independent prognostic factor for both overall survival and disease-free survival in HCC patients. In addition, Gu et al. [25] suggested TMSB10 overexpression predicted unfavorable postoperative survival in non-small cell lung cancer patients. In breast cancer patients, increased TMSB10 expression was suggested to be correlated with short metastasis-free survival, relapse-free survival, and overall survival [27,29]. Besides, TMSB10 served as a member of gene expression signature for predicting survival in cervical carcinoma patients [30] and metastatic melanoma patients [31].

The biological function of TMSB10 in HCC cells was still unknown. For investigating the impact of TMSB10 on HCC cell proliferation, migration, and invasion, we endogenously knocked down endogenous expression in HCC
cells by si-TMSB10. We found silencing of TMSB10 expression dramatically reduced the proliferation, migration, and invasion abilities of HCC cells. Moreover, Zhang et al. [29] reported knocking down TMSB10 expression mediated AKT/FOXO signaling to depress breast cancer cell proliferation, invasion, and migration in vitro and in vivo. In lung adenocarcinoma cells, Li et al. [32] revealed that TMSB10 promoted cell proliferation, and arrested cell cycle at S-phase and G2/M-phase. However, Sribenja et al. [13] found down-regulation of TMSB10 expression obviously at S-phase and G2/M-phase. However, Sribenja et al. [13] found down-regulation of TMSB10 expression obviously in lung adenocarcinoma cells, Li et al. [32] revealed that TMSB10 promoted cell proliferation, and arrested cell cycle in vivo.

In conclusion, TMSB10 expression is relatively high in HCC tissues, and correlated with the advanced tumor stage and distant metastasis in HCC patients. High expression of TMSB10 is an independent factor for predicting poor overall survival in HCC patients. Loss of TMSB10 expression reduces the proliferation, migration, and invasion abilities of HCC cells.

**Funding**
The authors declare that there are no sources of funding to be acknowledged.

**Author contribution**
Jing Guo, Chunrong Song and Zhong Su performed the experiment and analyzed the data. Jing Guo designed the experiment and prepared the manuscript.

**Competing interests**
The authors declare that there are no competing interests associated with the manuscript.

**Abbreviations**
AKT, serine/threonine kinase 1; CCK-8, cell counting kit–8; FOXO, forkhead box O; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; qRT-PCR, quantitative real-time PCR; TMSB10, Thymosin β 10; TCGA, The Cancer Genome Atlas; TNM, tumor node metastasis.

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