Optimization of the enzymatic process parameters for increase of carrot juice yield

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The process of enzymatic hydrolysis of carrot pulp was investigated for increase of carrot juice yield and carotene content in it. It was revealed that enzymatic preparations Pectinex BEXXL, Vegazim P and Vegazim P-CS demonstrated high efficacy in juice yield and Vegazim M and Vegazim P-CS — in carotene content. Vegazim P-CS was chosen from seven enzyme preparations according to the aggregate of estimated characteristics: carrot juice yield was equal to 71.6% and carotene content — 4.83 mg/100 g. It is more 18.2% and in 1.7 times respectively as compared with the control. The multivariate experiment to optimize the enzyme treatment of carrot pulp was designed and implemented. The resulting mathematical second-order model reflects a dependence of juice yield from the enzyme concentration, temperature and incubation time. Increase of juice yield was shown when enzyme concentration was raising up to ~ 0.3 ml/1000 g of carrot pulp. Further concentration growth had led to decrease of the response due to thinning pulp and deterioration of juice extraction, which is in agreement with experimental data. Increasing the temperature and incubation time of enzymatic hydrolysis greater than 65 °C and 120 min haven’t led to a further increase in juice yield too. The optimal parameters were established: temperature — ~ 52 °C, incubation time — ~ 85 min, concentration of Vegazim P-CS — ~ 0.3 ml/1000 g of carrot pulp. The obtained data demonstrate differences in the action of enzyme preparations, show feasibility of optimizing the enzymatic treatment parameters for a particular enzyme preparation according to the manufacturer’s goals.

Keywords: enzymatic hydrolysis, parameters, optimization, carrot juice.

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Оптимизация параметров ферментативного гидролиза для увеличения выхода морковного сока

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Исследован процесс ферментолиза морковной мезги для увеличения выхода морковного сока и содержания каротина в нем. Выявлено, что ферментные препараты Pectinex BEXXL, Vegazim P и Vegazim P-CS продемонстрировали высокую эффективность по показателю выход сока, а Vegazim M и Vegazim P-CS — по показателю содержание каротина. По совокупности оцененных показателей, из семи ферментных препаратов был выбран Vegazim P-CS, обработка которым позволила получить выход сока, равный 71,6% и содержание каротина в нем — 4,83 мг/100 г. Это больше на 18,2% и в 1,7 раз соответственно по сравнению с контролем (без обработки). Был спланирован и реализован многофакторный эксперимент для оптимизации процесса ферментолиза морковной мезги. Полученная математическая модель второго порядка отражает зависимость выхода сока от концентрации фермента, температуры и продолжительности обработки. Показано увеличение выхода сока при возрастании концентрации фермента до значений ~0,3 мл/1000 г морковной массы. Дальнейшее повышение дозировки приводило к снижению значений отклика из-за размазывания мезги и ухудшения сокоотдачи, что согласуется с экспериментальными данными. Увеличение температуры и продолжительности ферментолиза больше значений 65 °C и 120 мин также не приводило к дальнейшему повышению выхода сока. Установлены оптимальные значения параметров: температура ~ 52 °C, время инкубацию ~ 85 мин, концентрация препарата Vegazim P-CS ~0,3 мл/1000 г морковной массы. Полученные данные демонстрируют различия в действии ферментных препаратов, показывают целесообразность оптимизации режимов ферментолиза для конкретного ферментного препарата в соответствии с целями производителя.

Ключевые слова: ферментативный гидролиз, параметры, оптимизация, морковный сок.
Introduction

The enzymatic hydrolysis is frequently used in vegetable juices production. It is known that enzymes allow to improve the technological properties of pulp, facilitate the recovery and micronutrients extraction. As a result, finished products have high quality characteristics and nutritional value.

At present time, action of amylolytic, pectolytic, proteolytic, cellulolytic enzymes on fruit and vegetable raw materials has been studied. Mono- as well as polyenzyme preparations may be used in juice production. They affect the juice yield, acidity, solid content and other physical and chemical characteristics, and also can improve the content of active components that are beneficial to human’s organism [1–8].

Carrot juice has a high nutritional value and is rich in biologically active micronutrients, such as α-, β-carotene, lutein [9]. In production of carrot juice, as is known, enzymatic treatment of carrot pulp improve juice yield, amount of soluble solids, content of carotenoids [10–13].

Numerous researches (Demir N., Sun Y., Liao H., Li J. Y.) have been devoted to study the influence of pre-treatment of grated carrot with enzymes on juice characteristics. The role of pectinase have been investigated. According to the work Demir N. et al. [11], carrot juice yield have been increased up to 90.43 ± 0.47% when enzyme preparation Pectinex Ultra SP-L (pectinase) by Novozymes (Denmark) was used. For comparison, juice yield in the control sample was 59.9 ± 0.81%. At the same time, researchers at the China Agricultural University carried out an experiment in which Pectinex Smash XXL [14] was used for maceration of carrot pulp. As a result, the juice yield increased by 20% (from 44.92% up to 64.40%). A year earlier (in 2006), Sun Y. et al. [12] received similar results on the yield of carrot juice (63.5%) using the same enzyme preparation Pectinex Smash XXL. This preparation proved to be better than Pectinex Ultra SP-L, Pectinase FNP-L and cellulose FNC-1, and was recommended by the authors for the production of carrot juice. The effectiveness of pectolytic enzymes was also confirmed by Li Juan Yu [3]. Pectinex 3XL (pectinase) allowed to increase the carrot juice yield by 31% as compared to control. When the same enzyme preparation in combination with Celluclast 1.5L (cellulase) and Novozyme 188 (b-glucosidase) was used for enzymatic hydrolysis of carrot pulp, juice yield was increased by 30%, which was equal to 76%. At the same time, authors obtained a very low yield of carrot juice (at a level of 30–40%) when only cellulolytic enzymes were used. V. Khandare et al. [1] have shown that pectinase-assisted processing significantly improved the juice yield from black carrot (an overall increase of 33%).

Thus, analysis of literature showed that pectolytic enzymes were the most important enzymes for enhancing juice recovery [1, 3, 10–17].

On the other hand, it is known that the increase in the content of carotene and other micronutrients, as well as soluble solids in carrot juice, is promoted by cellulolytic enzymes. They destroy cell walls and provide the release of nutrients from cells. The combined use of pectolytic and cellulolytic enzymes enhances their pectolytic and cellulolytic activity through a synergetic effect [8]. Thus, combination of different enzymes affords to achieve good results not only in the yield of carrot juice, but also in improving its organoleptic characteristics (color, taste, appearance). In this regard, frequently producers use a mixture of enzymes with polyenzyme complex, which biocatalytically affects multicomponent substrates of vegetable raw materials.

For example, researchers Vora H. M. [15], Sun Y. [12], Sharma A. K. [13], Chadha R. [16], Inci Çınar [18] evaluated the effect of different enzymes on raw materials. So, it was shown by Vora H. M. et al. [15] that content of β-carotene in the juice increased substantially when enzyme preparations under the trade name Rohament PL and Rohament MAX, the complex of which includes pectinase, hemicellulase, cellulase and polygalacturonase, were used. At the same time, yield of the desired product was also high — 72.4%. Sun Y. et al. [12] enhanced the content of β-carotene to 54.2 mg/kg in juice treated with pectolytic and cellulose enzymes, as compared to control — 40.1 mg/kg. According to the work of Li Juan Yu et al. [3], the joint use of enzyme preparations of pectinase, cellulase and β-glucosidase made it possible to improve the qualitative characteristics of carrot juice by β-carotene content 1.6 times (33.71 mg/kg compared to control sample). Tingting Ma et al. [19, 20] have demonstrated that single enzyme treatment or mixed enzyme treatment with different orders of addition could significantly raise the contents of the three carotenoids in carrot juice (α-carotene, β-carotene and lutein). However, the use of pectinase and cellulase at the same time exhibited an antagonistic effect.

As is known, it is necessary to apply appropriate biocatalysis regimes to obtain the maximum effect from the use of enzymes. Thus, Sharma et al. (2005) obtained a maximum juice yield of 74.03% for the following parameters: enzyme concentration 210 mg/kg, incubation time 130 min, and temperature 47 °C. Similar result (71.5%) was obtained by Chadha et al. [16]. However, the authors used pre-treatment with pectolytic and cellulolytic enzymes under the regime: concentration 364 mg/kg, temperature 51 °C, incubation time 79 min. According to the scientific work of Li Juan Yu et al. [3], the most effective condition to improve carrot juice yield (up to 76%) was the combination of pectolytic and cellulolytic enzymes. The enzymatic treatment was carried out at 50 °C and pH 4.0 for 90 min. Total enzyme concentration was
equivalent to 0.3 g/kg of matter. Effectiveness of such conditions (temperature 50–55 °C, incubation time 90 min) was confirmed by earlier work Vora H. M. et al. [15]. But enzyme concentration was 150 mg per kg carrot. The combined effect of pectolytic and cellulolytic enzymes was studied too by Gat Y. and Kaur P. [2]. The maximum possible juice yield, total soluble solids, color and minimum viscosity of carrot juice were obtained under optimal conditions for enzyme concentration, Pectolytic: Cellulolytic enzyme ratio and incubation time: 120.00 mg/kg carrot, 4:6 and 119.99 minutes, respectively.

From presented review it is clear that the choice of enzyme preparations, as well as the choice of incubation parameters, is a difficult task which must be solved within the framework of a specific product, according to the goal. Therefore, the purpose of this work was to select enzyme preparations for the production of carrot juice and optimize the parameters of enzymatic process for increase of juice yield.

**Materials and methods**

Carrot roots of the cultivar Flam were used in the experiment. Characteristics of the enzyme preparations are shown in Table 1.

Carrot juice was obtained in laboratory conditions, modeling the technological process. Carrots were washed, dried, peeled and milled. Further carrot pulp was heated with flowing steam and cooled. Enzymes were added, enzymatic process and juice extraction were carried out.

At the first stage of the research, it was necessary to select an enzyme preparation that improved the qualitative characteristics of carrot juice to a greater extent. For the comparative analysis of enzymes the following criteria were used: yield of the target product, content of carotene. Juice yield was calculated as the ratio of juice weight to the mass of pulp and expressed as a percentage. Content of carotene was determined by a standardized procedure (State standard 8756.22–80. “Products processing fruits and vegetables. Method for the determination of carotene”). At this stage of the study, the same average regimes of fermentolysis were chosen, in which all the evaluated samples show a significant degree of activity: temperature — 50 °C, incubation time — 30 min. Concentration of introduced enzyme preparations was selected according to the manufacturer’s recommendations (average value of interval was used).

At the second stage of the study, the enzymatic process parameters were optimized for the enzyme which showed the best results at the first stage. The juice yield (Y) was used as optimization criterion. A centrally-compositional rotatable plan was chosen, because it allows to ensure equal accuracy of response forecasting in all points equally spaced from the center of plan. [13, 21, 22]

It is generally known that enzymes are active in the temperature range from 15 to 70 °C: below 15 °C the activity is maintained, but the reaction rate is significantly reduced, which should be compensated by increasing the concentration; above 70 °C the enzyme is not active. The optimum temperature for pectolytic and cellulolytic enzymes produced by cultures of the genus *Aspergillus* is 25–65 °C. Therefore, this range of temperatures was chosen by the authors for investigation with a central point of 45 °C ($x_0$).

The time of enzymatic treatment in juice production usually varies from 30 min to 4 h. Longer exposure, as practice shows, does not lead to further improvement in the characteristics of the pulp. Incubation time for more than two hours is used at low concentrations of enzymes, or at low temperatures. In this connection, an interval of 30–120 min with a center of 75 min ($x_0$) was analyzed.

The manufacturer’s recommended concentration of Vegazim P-CS is 70–250 ml/t of pulp. However, on the other hand, the dosage of enzyme preparations used for the processing of vegetable pulp covers a wide range of 30–600 ml/t of pulp. Considering this, the authors extended the range of concentration to 100–500 ml/t of pulp ($x_0$). The central point was 300 ml/t.

**Results and discussion**

At the first stage of the research, enzyme preparation that allows improving the qualitative characteristics of carrot juice had been chosen. For this purpose, two criteria were evaluated: juice yield, content of carotene. The results are shown in Fig. 1.

Due to different nature of the characteristics being estimated, results were calculated as the ratio of actual data

| Characteristics of enzyme preparations |
|--------------------------------------|
| Trade name of enzyme preparation, manufacturer | Composition of the enzyme preparation | Treatment parameters: temperature, °C / incubation time, min | Recommended concentration, ml / 1000 kg of pulp |
| Pectinex 5XL, Novozymes (Denmark) | Pectinase, hemicellulase, cellulase, arabanase | (15–55) / (60–240) | 30–400 |
| Pectinex BE XXL, Novozymes (Denmark) | Pectinase, hemicellulase, cellulase, arabanase | (15–55) / (60–240) | 40–200 |
| Pectinex BE Color, Novozymes (Denmark) | Polyalacturonase, pectin lyase | (15–55) / (60–120) | 150–400 |
| Vegazim P, Erbsloh (Germany) | Pectinase | (15–55) / (30–120) | 75–200 |
| Vegazim HC, Erbsloh (Germany) | Hemicellulase, C1- cellulase | (15–55) / (30–120) | 200–600 |
| Vegazim M, Erbsloh (Germany) | Pectinase, polygalacturonase | (15–55) / (60–120) | 150–500 |
| Vegazim P-CS, Erbsloh (Germany) | Pectinase | (15–55) / (30–120) | 70–250 |
to the reference values obtained for carrot juice without enzymatic pre-treatment. Results are presented in relative units.

Obtained results demonstrated the effectiveness of biocatalysis to increase the carrot juice yield. As can be seen from the diagram, polyenzyme complexes under the trade name Pectinex BEXXL, Vegazim P and Vegazim P-CS allow to obtain the highest yield of the target product: 72.3; 70.1 and 71.6%, respectively, which exceeds the control value by 18.9; 16.7 and 18.2%. These results are corresponded to the data of Demir N. et. al. [10, 11], Anastasakis M. et. al. [17], Li Juan Yu et. al. [3], Zadernowski R. et. al. [4].

All enzyme preparations have been studied showed a positive effect on the extraction of carotene in carrot juice in comparison with the traditional method (without treatment). Significant carotene concentration in juice was observed with enzyme preparations Vegazim M and Vegazim P-CS. Carotene amount was 5.17 and 4.83 mg/100 g, respectively, which exceeded the control value by 1.8 and 1.7 times. These data are consistent with the results described by Li Juan Yu et al. [3], Sun Y. et al. [12], Vora H. M. et al. [15], but differs from the result reported by Demir N. et al. [11], who established the negative effect of enzymatic treatment on the content of β-carotene in carrot juice. This phenomenon can be explained on the one hand by the fact that enzymes destroy plant cell walls and increase the concentration of water in carrot juice, which means that the decrease in the carotene concentration is relative. And on the other hand it indicates a difference in the mechanism of enzymes action.

Thus, the enzyme Vegazim P-CS (pectinase), showed high efficiency in the pre-treatment of carrot pulp and was chosen for further experiment. For the effective use of this preparation, optimization of enzymatic process parameters was carried out based on the construction and analysis of the mathematical model.

The data obtained in the experiment, as well as the verification of the adequacy of the regression equation, are presented in Table 2.

Second-order regression equation relating carrot juice yield to coded levels of the variables so developed are as follows:

\[
Y = 75,887 + 3,705 \cdot x_1 + 2,062 \cdot x_2 +
+ 1,032 \cdot x_3 - 1,942 \cdot x_1 \cdot x_2 - 2,075 \cdot x_1 \cdot x_3 -
- 0,633 \cdot x_2 \cdot x_3 - 4,383 \cdot x_1^2 - 2,845 \cdot x_2^2 - 4,583 \cdot x_3^2.
\]

Verification using Fisher’s criterion showed that the developed model is adequate and can be used for further

| Experiment № | Coded variable | Response |
|---------------|---------------|----------|
|               | \(x_1\) | \(x_2\) | \(x_3\) | \(Y\), % |
| 1             | –1  | –1  | –1  | 54,7 |
| 2             | 1   | –1  | –1  | 70,1 |
| 3             | –1  | 1   | –1  | 62,6 |
| 4             | 1   | 1   | –1  | 70,6 |
| 5             | –1  | –1  | 1   | 61,3 |
| 6             | 1   | –1  | 1   | 68,8 |
| 7             | –1  | 1   | 1   | 67,1 |
| 8             | 1   | 1   | 1   | 66,4 |
| 9             | 1,682 | 0   | 0   | 68,0 |
| 10            | –1,682 | 0   | 0   | 55,8 |
| 11            | 0   | 1,682 | 0   | 71,1 |
| 12            | 0   | –1,682 | 0   | 61,4 |
| 13            | 0   | 0   | 1,682 | 63,9 |
| 14            | 0   | 0   | –1,682 | 58,8 |
| 15            | 0   | 0   | 0   | 78,1 |
| 16            | 0   | 0   | 0   | 75,5 |
| 17            | 0   | 0   | 0   | 77,0 |
| 18            | 0   | 0   | 0   | 75,7 |
| 19            | 0   | 0   | 0   | 74,3 |
| 20            | 0   | 0   | 0   | 75,3 |

Estimation of model adequacy. Fisher’s criterion

\(F_{0.05} = 2.66\), adequate
Results of variance analysis of the model are reported in the Table 3.

Having fixed the values of one factor ($x_3$) at the minimum, zero and maximum levels, graphic representation of the model in the form of the surfaces was obtained (Fig. 2).

As can be seen from surfaces, the juice yield was high when enzyme concentration increased up to values of ~0.3 ml/1000 g of carrot weight. A further increase in ratio led to a decrease in the response values due to thinning of the pulp and deterioration of recovery, which agrees with the experimental data. The enhance in temperature and incubation time greater than 65 °C and 120 min does not further increase the juice yield.

The optimal parameters of enzymatic process were found using the “Find Solution” function in the Exsel package, the following values of the factors were determined in uncoded values: temperature ~ 52 °C, incubation time ~ 85 min, concentration of enzyme preparation ~ 0.3 ml/1000 g of carrot weight.

Conclusions

Results of the study allow making following conclusions: enzymatic pre-treatment increases the carrot juice yield and the carotene concentration in the finished product, which is consistent with the literature data [10, 13, 14, 17]. For more effective application of selected enzyme preparations, it is necessary to optimize the enzymatic process parameters. Any optimization criterion can be selected at the discretion of manufacturer. The application of mathematical modeling makes it possible to determine the temperature, incubation time and concentration of the enzyme, which provide the maximum response.

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