Intermediate Filaments and Polarization in the Intestinal Epithelium

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Abstract: The cytoplasmic intermediate filament cytoskeleton provides a tissue-specific three-dimensional scaffolding with unique context-dependent organizational features. This is particularly apparent in the intestinal epithelium, in which the intermediate filament network is localized below the apical terminal web region and is anchored to the apical junction complex. This arrangement is conserved from the nematode Caenorhabditis elegans to humans. The review summarizes compositional, morphological and functional features of the polarized intermediate filament cytoskeleton in intestinal cells of nematodes and mammals. We emphasize the cross talk of intermediate filaments with the actin- and tubulin-based cytoskeleton. Possible links of the intermediate filament system to the distribution of apical membrane proteins and the cell polarity complex are highlighted. Finally, we discuss how these properties relate to the establishment and maintenance of polarity in the intestine.

Keywords: keratin; cytokeratin; endotube; brush border; C. elegans apical junction; desmosome; γ-tubulin ring complex; atypical protein kinase C; PAR proteins

1. Introduction

The shape of a cell and its subcellular organization are mainly determined by the cytoskeleton, which is composed of three major filament systems, each with distinct structural and functional signet features [1–4]. The actin-based microfilaments, together with myosins, are primarily responsible for force generation and thereby determine contraction, motility and postmitotic cell separation. The tubulin-based microtubules provide the tracks for directed intracellular transport of cargo including proteins, chromosomes and organelles. The intermediate filaments establish a mechanically resistant scaffold ensuring tissue stability and coherence. They are the most diverse in terms of molecular composition with more than 70 polypeptide subunits identified in human that are expressed in cell type- and context-dependent combinations. While microfilaments and microtubules have been extensively studied because of their essential contribution to many cellular processes that can be investigated in vitro, much less is known about intermediate filaments whose function becomes apparent only in living organisms in many instances. The more than 80 diseases that have been linked to perturbations in intermediate filament proteins attest to their crucial importance in humans [4,5].

Intermediate filaments are particularly abundant in epithelial cells. It has been suggested that they function as a protective barrier shielding the organism from various types of environmental challenges and insults [6–9]. This property is reflected by cell type-specific distribution patterns and molecular interactions invoking multiple pathways. The current review is inspired by the unique subapical enrichment of intermediate filaments in the simple, one-layered epithelium of the intestine that has been conserved from C. elegans to human (Figures 1 and 2). By contrasting the situation in mammals with that encountered in C. elegans we will highlight basic features of the intermediate filament cytoskeleton.
filament system in the intestine. We will further consider the question to which degree and how the intermediate filament cytoskeleton below the adluminal membrane contributes to the establishment and maintenance of polarization in the intestinal epithelium.

**Figure 1.** Adluminal enrichment of intermediate filaments is conserved between the mouse and nematode intestine. The micrographs show a comparison of the evolutionary conserved distribution of fluorescently tagged intermediate filament proteins in intestinal cells of knock-in mice ((A); [10]) and *C. elegans* (B); (A) The fluorescent keratin 8 reporter Krt8-YFP is enriched below the apical adluminal membrane domain in murine enterocytes (big arrow). Additional weaker fluorescence is also detectable underneath lateral membranes of adjacent cells (small arrows); (B–B") The fluorescence micrograph in (B) (corresponding differential contrast image in (B') and merged images in (B'")) depicts the fluorescent IFC-2 reporter IFC-2a::YFP in the intestine of *C. elegans*. It is almost exclusively localized to the adluminal membrane domain (arrow). Note the local enrichment at cell-cell junctions of neighboring cells (arrowheads). In addition, unrelated autofluorescent granula are occasionally seen in the cytoplasm. The white lines in (B') and (B'") mark the basal border of the intestinal cells. Scale bars = 10 μm.
2. The Intermediate Filament Cytoskeleton of the Intestinal Epithelium Is Characterized by Cell Type-Specific Polypeptide Subunits

Detailed reviews on simple epithelial keratins and associated diseases have been published in the past and are recommended for the interested reader [11–14]. In mammals, intestinal epithelia are characterized by expression of a distinct subset of keratin polypeptides. They include the “simple” type II keratin K8 and type I keratins K18, K19 and K20. While K18 is predominant in the undifferentiated crypt compartment, K20 is predominantly detectable in the villus [15–19]. K8 and K19 are detectable throughout the epithelium lining of the small intestine and colon [15]. A low level expression of K7 has been identified in crypts of murine small intestine [15,20,21]. Upon loss of K8 in the colon, K7 is upregulated and becomes detectable throughout the entire crypt length [22]. Reports on weak K23 expression in intestinal mucosa are not conclusive [23,24], although its upregulation in certain carcinomas, together with K7, has been convincingly demonstrated [23]. Finally, transcripts of keratin K24 were detected in human colon but not in the small intestine [25].

The simple keratins are grouped together with the other keratins into the intermediate filament assembly group 1 (details in [26,27]). Type I keratins co-polymerize with type II keratins to form heterodimers, albeit with somewhat differing affinities depending on the specific pairing [28]. These parallel heterodimers are held together by strong hydrophobic interactions between the rod domains forming extremely stable coiled-coils. The heterodimers then associate antiparallel into tetramers, the non-polar building unit of intermediate filaments. The subsequent stages of tetramer assembly
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into mature intermediate filaments are only in part understood. First, ~8 tetramers associate laterally to form the ~60 nm unit length filament. Unit length filaments then attach longitudinally resulting in elongating 10 nm intermediate filaments. Even less is known about the mechanisms responsible for cell type-specific and subunit-dependent filament bundling, network formation and subcellular arrangement (for different network morphologies in polarized epithelial cells, see [29]).

The intestine of the nematode Caenorhabditis elegans is a one-layered, simple epithelium, which consists of only 20 cells. These cells are derived from the E cell, a precursor cell that is formed in the 8-cell stage embryo [30–32]. The polarized intestinal cells of the worm surround the lumen as 9 rings. The first ring (int-1) is composed of 4 cells whereas the other 8 rings (int-2 to int-9) are made up of 2 cells each. During developmental twisting and staggering the connecting cell-cell junctions become arranged in a ladder-type pattern (cf. [9]). Similar to mammals, C. elegans also developed a specialized intestinal subset of intermediate filament polypeptides [33,34]. Six of the 11 cytoplasmic intermediate filament-encoding genes are primarily expressed in the intestine (Table 1; review in [35]). The respective polypeptides are denoted as IFB-2, IFC-1, IFD-1, IFD-2 and IFP-1 (previously referred to as IFE-1). RNAi-mediated knockdown of single intermediate filament polypeptides did not lead to developmental defects and induced only minor structural and functional deficiencies under standard conditions (Table 1; [36,37]). However, when RNAi was performed at 25 °C instead of 20 °C a low degree of embryonic lethality was observed in animals treated with either ifc-1(RNAi) or ifd-2(RNAi) (Table 1; [36]). Adult lethality was noted in a small percentage of worms treated with ifc-2(RNAi) independent of the temperature (Table 1; [36]). A possible reason for the overall rather mild phenotypes and their low penetrance may be the redundancy of the intestinal intermediate filament polypeptides. This redundancy may be a major evolutionary advantage for the survival of the worm, which relies on constant uptake of nutrients from its natural environment containing a multitude of harmful substances and microorganisms.

Pioneering work by Karabinos et al. [38] revealed the heteropolymeric nature of the non-intestinal intermediate filaments in C. elegans, which is reminiscent of the situation of the keratin polypeptides in mammals and is also found in Branchiostoma intestinal intermediate filaments [39]. Karabinos et al. [38] further demonstrated that recombinant IFB-1 binds strongly to IFA-1, IFA-2, IFA-3 and IFA-4 and weakly to IFC-2 and IFP-1 in blot overlay assays. They also showed that IFB-1 forms typical intermediate filaments with IFA-1, IFA-2 and IFA-3 in vitro as assessed by electron microscopy of negative-stained specimens. In support, IFB-1 is always co-expressed with at least one IFA polypeptide in different cell types of C. elegans [38]. Presently, it is not known, whether the intestinal intermediate filaments of C. elegans are also heteropolymers and if so, which combinations are favorable for filament formation. It has been suggested, however, that IFC-1 and IFC-2 represent a subgroup, which localizes preferentially to the junction complexes in the intestine and pharynx presumably acting as specific linkers to the rest of the cytoplasmic intestinal filament network [36,40]. All other intestinal intermediate filament polypeptides, i.e., IFB-2, IFD-1, IFD-2 and IFP-1, are localized primarily if not exclusively to a region below the apical plasma membrane surrounding the entire intestinal lumen as a dense network (see Figures 1 and 3; [36,37,41,42]; own unpublished observations).

Table 1. Distribution and RNAi phenotypes of intestinal intermediate filament proteins in C. elegans.

| Intermediate Filament Protein | Distribution | RNAi Phenotype | Reference |
|------------------------------|--------------|---------------|-----------|
|                             |              | Feeding       | Microinjection |           |
|                             |              | 20 °C | 25 °C | 20 °C | 25 °C |          |
| IFB-2           | intestine | n.d. | n.d. | n.d. | n.d. | [36,37,41,43] |
| IFC-1           | intestine, hypodermis, pharyngeal junctions of early larva | early larval arrest (10%), abnormal epidermal morphology mostly in head region, occasional muscle detachment defects | n.d. | late embryonic lethal (7%), early larval arrest (16%), abnormal epidermal morphology mostly in head region, occasional muscle detachment defects | [36] |
Table 1. Cont.

| Intermediate Filament Protein | Distribution | RNAi Phenotype | Reference |
|-------------------------------|--------------|----------------|-----------|
|                               |              | Feeding Microinjection |          |
|                               |              | 20 °C 25 °C 20 °C 25 °C | |
| IFC-2                         | intestine    | adult lethal (3%) adult lethal (10%), ruptured vulva/anus dumpy (10%) adult lethal (16%), ruptured vulva/anus | [36] |
|                               |              | luminal invaginations into cytoplasm of intestinal cells | [37] |
| IFD-1                         | intestine    | n.d. n.d. n.d. n.d. | [36] |
| IFD-2                         | intestine    | n.d. n.d. n.d. late embryonic lethal (10%), early larval arrest (3%), morphological defects | [36] |
| IFP-1 (formerly IFE-1)        | intestine    | n.d. n.d. n.d. n.d. | [36] |

n.d. = no phenotype detected.

3. Intermediate Filaments Are Needed for the Integrity and Function of Intestinal Epithelial Cells

To understand the contribution of keratins to intestinal physiology, several transgenic mouse models have been established (Table 2). Important for the interpretation of some of the resulting complex phenotypes that will be described below is the distribution of endogenous keratins. For example, a loss of K8 can be compensated for by the presence of K7 in enterocytes [20,22]. Similarly, K18 can compensate for the loss of all other type I keratins [44,45]. Conversely, the selective loss of K18 is compensated for by the other type I keratins [46]. Furthermore, dominant negative phenotypes can only be interpreted on the basis of the quantity and isotype of endogenous keratins [15,47,48].

Table 2. Intestinal phenotypes of murine keratin mutants (n.d. = no phenotype detected).

| Transgenesis | Intestinal Phenotype | Reference |
|--------------|----------------------|-----------|
| KRT8−/−      | colorectal hyperplasia | [20] |
|              | scattered γ-tubulin, disorganized microtubules, reduced apical syntaxin, aberrant intracellular localization of CFTR, sucrase isomaltase, alkaline phosphatase | [21] |
| KRT8+/-      | diarrhea, reduced apical F-actin, partial loss of H+, K+-ATPase and basolateral redistribution of the anion exchanger AE1/2 and the Na-transporter EnaC-γ | [49] |
|              | spontaneous chronic T helper type 2 colitis | [50] |
| KRT7−/−      | microflora-dependent resistance to apoptosis | [51] |
| KRT19−/−     | increased crypt length, increased sensitivity to experimental colitis | [22] |
| keratin type I−/− (except KRT18) | n.d. | [44] |
| hK18 R89C   | partial disruption of keratin filament network | [48] |
| hK20 R80H   | aggregate formation | [47] |

Depending on the genetic background, absence of K8 leads to embryonal lethality. In a C57BL/6x129Sv background the large majority of embryos died in utero during midterm because of internal bleeding with abnormal accumulation of erythrocytes in fetal livers [53]. In contrast, the large majority of keratin 8 null mutants developed in an FVB/N background [20]. 81% of these
animals presented anal prolapse and colorectal hyperplasia with diarrhea and inflammation. It was subsequently found out that the spontaneously-developing chronic colitis in KRT8\(^{-/-}\) mice went along with an increase of CD4-positive helper type 2 T cells. Interestingly, the colitis was rescueable by treatment with the antibiotics vancomycin and imipenem [50]. Moreover, KRT8\(^{-/-}\) colonic enterocytes are more resistant to apoptosis than their wild type counterparts. This phenotype is also reversed by antibiotic treatment, indicating a microflora-dependent mechanism [51]. The absence of keratins may result in sensitization of the immune system to antigens that are otherwise localized in the intestinal lumen [54,55]. In support, loss of keratins has been implicated in compromised intestinal barrier function [56]. Furthermore, it has been reported that interleukins, notably IL-6, induce phosphorylation of S431 in K8 which results in altered intestinal permeability [57]. These observations have led to the suggestion that keratin network alterations may contribute to inflammatory bowel disease in human [56]. In accordance, the K8 mutations G62C, I63V and K464N are associated with intestinal bowel disease [14]. It was further demonstrated that these mutant keratins have discrete deficiencies in assembly [11].

**Figure 3.** Mutation of the intestinal filament organizer IFO-1 leads to a collapse of the intermediate filament network onto the *C. elegans* apical junction (CeAJ). (A) The confocal fluorescence micrographs (projection views) show the distribution of the fluorescent transgene product IFB-2: CFP in a wild type background (wt; strain BJ49; see [58]); Note the exclusive fluorescence in the intestine (anterior to the right upper corner; overlay image with Nomarski optics in (A')); IFB-2: CFP is concentrated in the evenly shaped endotube (arrows), which demarcates the ovoid intestinal lumen; (B) shows the distribution of IFB-2: CFP in *ifo-1* mutant strain BJ133 (mt; [58]); Note that the intermediate filament network of the endotube has collapsed completely into aggregates decorating the *C. elegans* apical junction (fine lines marked by arrowheads) and formed cytoplasmatic granules (arrows). Overlay image with Nomarski optics in (B'). Scale bars = 50 \(\mu\)m.
The function of the intestinal intermediate filaments in *C. elegans* is only very little understood. This is in part due to the above-mentioned compositional redundancy. RNAi-mediated knockdown experiments, however, suggest that the different intermediate filament polypeptides contribute to different degrees to the integrity of intestinal cells. Thus, cytoplasmic invaginations were found in IFC-2-depleted intestine but not upon depletion of other intestinal intermediate filament polypeptides [37]. This phenotype was interpreted as a result of a weakened subapical intermediate filament system. Similarly, pronounced alterations of the intestinal lumen developed in mutants, in which the intermediate filament network was completely disrupted (Figure 3; [58]).

4. The Polarized Distribution of Intermediate Filaments in Intestinal Cells Is Evolutionarily Conserved

Polarity is a prominent feature of simple epithelial cells [59,60]. It is characterized by the alignment of the apical membrane towards the external environment and of the basal membrane towards the basement membrane connecting it to the interior of the organism. The surface of most cells lining the intestinal lumen is characterized by a brush border (Figure 2). The brush border consists of regularly-spaced and evenly-shaped microvilli that are anchored to the apical cytoplasm. Up to 3000 of these ~1 µm long and 0.1 µm wide apical membrane protrusions make up the enlarged cell surface of individual enterocytes through which nutrient and metabolite exchange occurs. Microvilli contain a core of membrane-attached longitudinal actin filament bundles whose rootlets extend into the apical organelle-free cytoplasmic terminal web region. They are connected to each other and rest on a dense intermediate filament-rich network. This highly-specific arrangement has attracted morphologists who characterized the different types of filament structures and their cross connectivity [61,62]. Later, molecular components were described and localized (e.g., [62–64]). Yet, very little is known about the morphogenesis and maintenance of this complex scaffold with its associated membrane domains and the contribution of individual components to intestinal functions. These functions rely on a selective barrier, which favors nutrient flux, regulates ion and water movements, and limits host contact with the massive intraluminal load of dietary antigens and microbes. Disruption of the barrier contributes to the pathogenesis of a spectrum of human diseases, including food allergy and inflammatory bowel diseases, and may be related to autoimmune diseases and metabolic syndrome [65]. Here, we will focus on the intermediate filament system that is strategically located between the terminal web and the remainder of the intestinal cytoplasm and has received comparatively little attention in the past but may be important for enterocyte organization and function.

Keratin intermediate filaments of enterocytes are subapically enriched in a dense filamentous network just below the terminal web region (Figures 1 and 2; [16,17,66]). They are anchored to desmosomal cell-cell contacts and have been referred to as “desmosomal web” or “apical skeletal disc” [66–69]. The mutual interdependency of keratins and desmosomes has been noted in many physiological and pathological situations [70–73].

A comparable arrangement of the intestinal intermediate filament cytoskeleton is encountered in many organisms including also those with a much simpler body plan such as the hexapod *Isotomurus maculatus* [74] and the nematode *Caenorhabditis elegans* (Figures 1 and 2). At the ultrastructural level, the characteristic brush border in *C. elegans* is very similar to that found in mammals. But the intermediate filaments are particularly abundant and are a major and essential component of the nematode-specific endotube (arrows in Figure 2B; [41,75]). The endotube is an electron-dense structure below the comparatively narrow and organelle-free terminal web. It is composed of a dense filamentous mesh and extends throughout the entire intestine, connecting the junctional complexes attaching neighboring cells (arrowheads in Figure 1B-B” and 2B; see also [9,35,37,41,58]).
5. Intermediate Filaments Are Anchored to the Apical Junction Complex in the Intestinal Epithelium

In the mammalian intestinal epithelium keratins are anchored to desmosomes that are positioned below the most apical tight junction and the actin-anchoring adherens junction (Figure 2A). Together, these junctions form the tripartite apical junction complex that regulates paracellular tightness, membrane domain polarization and cytoskeletal organization. The linkage of intermediate filaments to the desmosomal adhesive cadherins is mediated through distinct linker molecules, notably plakin repeat domain-containing desmoplakins and armadillo repeat-containing plakophilins and plakoglobin [72,76]. Disruption of this anchorage in intestine-specific desmoplakin knockouts did not affect apical junction formation and, even more importantly, did not perturb apical keratin filament deposition [77]. Instead and quite unexpectedly, reduced microvillus length was detected in these animals underscoring the importance of an intact keratin-desmosome scaffold for proper brush border organization [77]. This finding also provides evidence that non-desmosomal factors are responsible for apical keratin localization.

The compact C. elegans apical junction (CeAJ; arrowhead in Figure 2B) is the equivalent of the mammalian tripartite junctional complex (detailed review in [32,78,79]). This homogenous electron dense structure, however, is divided into subdomains with unique molecular composition. These include the most apical part presumably encompassing tight junction proteins [80] followed by the cadherin-catenin complex [81] and the most basal DLG-1/AJM-1 complex [82–84]. Interestingly, none of the interfering RNAs against CeAJ components caused the intermediate filament network to detach from the junction, while knockdown of the basolaterally localized C. elegans Scribble homologue let-413 led to a spreading of junctional components together with intermediate filaments along the basolateral membrane domain [41,84,85]. An intermediate filament-anchoring function of the DLG-1/AJM-1 complex was indirectly suggested by Carberry et al. [58]. They reported that dlg-1(RNAi) released intermediate filament aggregates that had collapsed onto the CeAJ in a mutant strain. In contrast, downregulation of components of the cadherin-catenin complex did not release the intermediate filament aggregates from the CeAJ [58].

6. Intermediate Filaments Are Linked to the Actin and Microtubule Cytoskeleton in Intestinal Cells

Early on, morphological evidence was presented for a direct linkage between keratin filaments and microvillar rootlets in the terminal web region. Hirokawa et al. [61] presented stunning electronmicroscopic images of intestinal cells that had been prepared by the quick-freeze, deep-etch, and rotary-replication method. Thin fibrils were identified connecting the striated actin filaments and intermediate filaments that were best detected after extraction with buffers containing 0.3 M KCl and 1 mM ATP which removes myosin fibrils and other terminal web components. The precise nature of these connecting filaments has not been elucidated to date, although initial observations implicated fodrin as a potential candidate [61]. Another candidate linker molecule is the actin bundling protein plastin 1 that has been identified in a more recent study as an important and direct molecular link between microvillar actin rootlets and the keratin cytoskeleton [86]. Plastin-1 knockout mice presented a very fragile brush border with shorter microvilli that had a constricted base and lacked rootlets. Functionally, reduced transepithelial resistance and increased sensitivity to dextran sodium sulfate-induced colitis were observed [86]. Experimental evidence has also been presented for the cross talk between apical actin and keratin filaments. Thus, downregulation of K19 in cultured colon carcinoma cells resulted in disorganization of actin filaments [87] and local disturbances in the formation of microvilli [21]. Partial loss of F-actin was also observed in colonocytes of keratin 8 knockout mice [49].

Five actin genes are expressed in C. elegans. ACT-5 is exclusively expressed in the intestinal brush border, where it forms parallel bundles in the microvillus that extend through the terminal web all the way to the endotube (Figure 2B; [42]). It has been shown that ACT-5 is indispensible for correct
microvilli formation [42]. It is presently not clear, however, how the microvillar actin is attached to the endotube. Potential candidates are VAB-10, an orthologue of the multifunctional cytoskeletal cross linker plectin [88], and plastin orthologues. Another interesting candidate is the intestinal filament organizer IFO-1 that was identified in a mutagenesis screen of worms carrying a fluorescent IFB-2 reporter [58]. Loss of IFO-1 resulted in disruption of the subapical intermediate filament-rich endotube. The intermediate filament polypeptides accumulated instead in large aggregates next to the CeAJ and in the cytoplasm (Figure 3). The ifo-1 mutants developed slower, were smaller, produced less progeny and had a reduced life span. Most importantly, apical actin was significantly reduced as determined by phalloidin staining and anti-actin staining. In contrast to the ACT-5-depleted worms [42], the IFO-1-deficient worms still presented a brush border consisting of intact microvilli, although they were slightly disordered. The reason for this comparatively mild phenotype may be the continued presence of substantial amounts of ACT-5 while the apical localization of other actin isoforms, that are not essential for microvillus formation, may have been more severely affected. The observation of concurrent loss of apical intermediate filament polypeptides and actin in ifo-1 mutants can be taken as an indication for an IFO-1-mediated intermediate filament-actin cross talk. Interestingly, depletion of the ezrin-radixin-moesin orthologue ERM-1, which is known to tether actin to the plasma membrane [89,90], led to a reduction of both apical actin and intermediate filaments which was exacerbated in the ifo-1 mutant background [58].

It has been shown that downregulation of K19 in cultured colon carcinoma cells induces disorganized microtubules [87]. Later on, γ-tubulin was identified as a potential link between the keratin and microtubule systems. γ-tubulin localized to the apical keratin-rich domain as shown by immunohistology, and co-immunoprecipitated with keratins [91]. Furthermore, K19 downregulation resulted in redistribution of γ-tubulin. Mechanistically, the interaction between keratins and the γ-tubulin ring complex can be disrupted by phosphorylation of GCP6 through a cyclin dependent kinase [92]. Moreover, analysis of small intestinal enterocytes in K8 null mice revealed scattered γ-tubulin in the cytoplasm and disorganized microtubules [21]. A connection between the microtubule-associated proteins ninein, Lis1, Ndel1 and CLIP170 and desmosomes has been described [93–96], which may be important for the cross talk between the microtubule and keratin-desmosome systems. Presumably, desmoplakin recruits these proteins to the cell cortex to support cortical microtubule localization in suprabasal cells of the epidermis [95]. On the other hand, the microtubule distribution is not dependent on desmoplakin in the intestine, although desmoplakin is still required to recruit ninein and Lis1 to the apical domain [77]. Perhaps, Ndel1 is responsible for keratin transport and/or promotion of local keratin assembly in the intestine, since it has been shown to be able to bind to intermediate filaments [97].

The relationship between microtubules and intermediate filaments has not been investigated in detail in the C. elegans intestine. It is known, however, that microtubules become concentrated above the nucleus during organogenesis [31]. They are oriented with their minus ends to the adluminal membrane where γ-tubulin is located [98,99]. Furthermore, orthologues of the microtubule-binding proteins Ndel1, ninein and Lis1 may perform important functions for the cross-talk between junctions, intermediate filaments and microtubules in the C. elegans intestine [99,100].

7. Intermediate Filaments Affect the Distribution of Membrane Proteins in Polarized Epithelia

Downregulation of K19 in cultured colon carcinoma cells was shown to result in redistribution and depletion of apical membrane proteins [87]. This was further supported by observations in keratin-mutant mice. In enterocytes of the small intestine of K8 null mice a drastic reduction of apical syntaxin 3 and increased intracellular localization of the apical membrane components cystic fibrosis transmembrane regulator (CFTR), sucrase isomaltase and alkaline phosphatase were reported [21]. Examination of enterocytes of the same mouse strain revealed partial loss of H+, K+-ATPase and basolateral redistribution of the anion exchanger AE1/2 and the Na-transporter EnaC-γ [49]. Although colonic conductance was not significantly altered, diarrhea and higher stool water content was noted...
in Krt8\(^{-/-}\) mice and reduced Na\(^+\) absorption with reversal of net Cl\(^-\) movement. Further findings indicated a role of K8 in regulating the apical localization of the glucose transporters 1 and 3 in embryonic epithelia, which was shown to affect mTOR signaling [101]. An interesting finding is the identification of the keratin-binding protein Albatross, which complexes with PAR-3 and regulates the formation of the apical apical junction complex in polarized epithelial cells [102].

In analogy to the observations in mouse, one would expect perturbation of the distribution of apical membrane proteins in the intestine of *C. elegans* ifo-1 mutants. This expectation is supported by the developmental and growth defects in *ifo-1*-mutant worms which likely reflect compromised uptake of nutrients. This may be caused by depletion of apically-enriched proteins that are involved in digestion and nutrient uptake. Multiple factors may contribute to this reduction: (i) The overall surface area of the disordered microvilli may be reduced; (ii) The positioning of the microtubule minus ends may be perturbed resulting in less efficient polarized trafficking; (iii) The absence of the endotube may lead to a reduced apico-basal cytoplasmic compartmentalization. These hypotheses have not been examined in detail to date. So far, selective downregulation of the intestinal intermediate filament polypeptide IFC-2 did not affect the localization of the peptide transporter PEPT-1 in the adluminal membrane [37].

### 8. Intermediate Filaments Interact with the PAR-aPKC Polarity Complex in Polarized Epithelia

Cell polarity has been shown to rely on and be determined by the evolutionary conserved PAR-aPKC system [60,103]. At its center is a complex consisting of atypical protein kinase C (aPKC) and the partition-defective (PAR) PDZ domain-containing scaffold proteins PAR-3 and PAR-6. In mammals, this complex has been localized to the apical membrane of rat intestinal epithelia in close proximity to tight junctions [104]. Mashukova et al. [105] showed that active aPKC\(\zeta\) and chaperone Hsp70.1 associate with filamentous keratins. They further presented evidence that the keratin network provides a selective scaffold for multiple kinases. It was demonstrated that filamentous keratin and Hsp70 are required for rescue phosphorylation of mature aPKC which is responsible for regeneration of the enzymatic activity [105]. A consequence of the apical keratin-dependent aPKC activation may be activation of the cortical actin-binding protein ezrin [90]. It was shown that keratin filaments recruit dormant, i.e., non-phosphorylated ezrin, which becomes phosphorylated at T567 by aPKC\(\zeta\) in the apical domain [106,107]. This may be a key mechanism for organizing the apical juxtamembraneous cytoskeleton.

The pioneering work of Leung et al. [31] revealed the first steps in polarization of the developing *C. elegans* intestine. This process involves rotation of the centrosomes towards the midline and the migration of nuclei towards the apical cell pole [31]. Even before a lumen is formed, the junctional proteins are enriched at the apical plasma membrane together with associated cytoskeletal elements [31,58,108–111]. Notably, the apical enrichment of IFO-1 precedes slightly IFB-2 and can be detected in early morphogenesis of the intestinal cells [58]. It is not clear, however, whether the apical localization of IFO-1 and IFB-2 depends on actin filaments or microtubules. It is noteworthy, that IFB-2 is still recruited to the apical junction in the *ifo-1*-mutant background, although a contiguous apical network is not established any more [58]. The interaction between intermediate filaments, PKC and ezrin, which has been characterized in mouse (see above), may also be relevant for *C. elegans*. All three partners are located at the apical plasma membrane [31,41,108]. Furthermore, *ifo-1* and *erm-1* mutations are synergistic in intestinal cell adhesion [58,112]. It is attractive to speculate that the function of ERM in organizing the apical cytoskeleton is regulated by a PKC-mediated phosphorylation mechanism in analogy to the situation in mammals. Remarkably, the phosphoepitope of ERM is conserved from human to *C. elegans* [112].

### 9. Conclusions

One might ask whether the distribution of the intermediate filament network in epithelial cells is simply a consequence of polarity or whether intermediate filaments by themselves influence the
process of polarization. Although the non-polarized nature of intermediate filament proteins renders them unable to “point” into a direction, it has been shown that intermediate filaments can indeed have an impact on cell polarity.

Interestingly, the antibody IFA which was raised against a highly conserved motif in various intermediate filament proteins [113] was used to identify centrosomes in the C. elegans intestine [31]. This observation suggests that an intermediate filament protein may be a centrosomal component. The IFA antibody revealed apical positioning of the centrosomes and formation of an asymmetric microtubule network to be one of the first events during the polarization of C. elegans intestinal cells. The apically enriched microtubule network is obviously retained in the adult intestine, since γ-tubulin, which is a component of the γ-tubulin ring complex, promotes the nucleation of microtubules [114], remains localized at the apical membrane [98]. The same positioning of γ-tubulin was found in human colon adenocarcinoma-derived CACO-2 cells, indicating that apical localization of the microtubule organizing centers is evolutionary conserved in polarized epithelia [91]. Moreover, this localization is dependent on GCP6, which in turn binds to keratin filaments [92]. Furthermore, the observed disorganization of the microtubule network after downregulation of K19 and K8 indicates a striking contribution of intermediate filaments to the proper organization of microtubules [21,87]. On the other hand, microtubules are involved in transport of intermediate filament particles and may thereby affect polarized intermediate filament network formation [115].

Additionally to γ-tubulin, keratin filaments co-localize in the apical domain of mammalian intestinal cells with F-actin [116]. In contrast to common belief, polarization of keratin filaments may precede polarization of actin filaments. In cultured CACO-2 cells intermediate filaments are deposited apically at day 3 after seeding, whereas actin accumulates in the developing brush border only after day 5 [106]. Similarly, distribution of keratin filaments along the crypt-villus axis is consistently apically, whereas the brush border differentiates only fully, when cells exit crypts and move toward villi in the small intestine [116]. Moreover, in C. elegans the endotube is still maintained in the absence of ACT-5 and in cct-5 mutants, in which the apical actin cytoskeleton is almost completely lost [42,117]. On the other hand, disruption of the endotube in ifo-1-mutant animals leads to drastic reduction in apical actin [58]. Taken together, these observations argue for a dominant function of intermediate filaments with respect to the actin-based cytoskeleton. Intermediate filaments may provide a structural scaffold, which anchors factors that promote actin polymerization. Potential candidates are cordon-bleu and syndapin 2 [118,119]. The intestinal intermediate filament network may also act as a counter bearing against the force of protruding actin filament bundles during microvillar growth and dynamics [120,121]. In support, rebuilding of the apical membrane domain in enterocytes after destruction of the brush border by high pressure involves an accumulation of fibrillary material, that may be composed of intermediate filaments, at the terminal web region [121].

Taken together, one may envision that microtubules form the tracks, along which intermediate filaments are transported to the apical membrane domain, where they provide a construction platform, above which the actin cytoskeleton and its associated specialized membrane structures assemble (summary in Figure 4). It should be kept in mind however, that the cytoskeletal self-organizing principles are under the influence of master regulators. For example, when intestinal polarity is abrogated by let-413 downregulation in C. elegans, the intermediate filament network shows the same redistribution as the junctional proteins along the basolateral membrane [41]. This clearly demonstrates that regulators of cell polarity are the primary determinants of intermediate filament network polarization.
Author Contributions: Richard Coch provided experimental data and wrote the manuscript. Rudolf Leube supervised experimentation and wrote the manuscript.

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Figure 4. The scheme summarizes the role of intermediate filaments in the establishment and maintenance of polarity in intestinal cells as detailed in the text.
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