Effective energy storage from a triboelectric nanogenerator

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To sustainably power electronics by harvesting mechanical energy using nanogenerators, energy storage is essential to supply a regulated and stable electric output, which is traditionally realized by a direct connection between the two components through a rectifier. However, this may lead to low energy-storage efficiency. Here, we rationally design a charging cycle to maximize energy-storage efficiency by modulating the charge flow in the system, which is demonstrated on a triboelectric nanogenerator by adding a motion-triggered switch. Both theoretical and experimental comparisons show that the designed charging cycle can enhance the charging rate, improve the maximum energy-storage efficiency by up to 50% and promote the saturation voltage by at least a factor of two. This represents a progress to effectively store the energy harvested by nanogenerators with the aim to utilize ambient mechanical energy to drive portable/wearable/implantable electronics.

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With the rapid development of mobile and portable electronics, more and more efforts have been dedicated to looking for sustainable mobile energy source at the power levels of micro-to-milli watts for these electronics. Currently, the major approach for powering these electronics is by using energy storage units such as batteries1–3 and capacitors4–6. However, the main drawback of these energy storage units is the limited lifetime, so that they cannot drive the electronics sustainably. Alternatively, to drive small electronics sustainably through harvesting ubiquitous ambient small-scale energy, nanogenerators8 based on piezoelectric, pyroelectric and triboelectric effects have been developed, which are dramatically different from traditional generators. Among nanogenerators, triboelectric nanogenerators (TENG)7–10 have attracted attention due to their high output and high energy conversion efficiency. Hence, our study here mainly focuses on TENGs. The fundamental working mechanism of a TENG is based on coupling of triboelectric effects and electrostatic induction10–12. First, at least one pair of triboelectric layers made from materials with distinct electron affinities get into physical contact to create triboelectric charges. Second, as triggered by external mechanical force, the relative motion between the triboelectric layers breaks the balanced electrostatic charge distribution on electrodes. As a result, the potential difference between electrodes is built and free electrons flow through external circuits to achieve new equilibrium. When the triboelectric layers move back, the free electrons flow back to return to the original electrostatic equilibrium. Under periodical mechanical motions such as vibrations13–15, human walking16,17 and ocean waves18,19, pulsed alternating current (AC) output is delivered via the TENG to external circuit. Due to the nature of variable frequency and irregular amplitude of the pulsed AC output, TENGs cannot be directly used to drive most electronic devices. An energy storage unit is required to store the energy harvested by nanogenerators and to provide a regulated and manageable output. Consequently, self-charging power systems20–22 have been developed by hybridizing a nanogenerator and an energy storage unit, and the latter is charged by the former through a full-wave bridge rectifier.

However, most of the previous research on TENGs mainly focused on output performance under external load resistances12,17,23–26, while only a few papers20,22,27,28 explored the process of using a TENG to charge an energy storage unit, from which we obtained initial understandings on the charging characteristics. From these studies, it has been demonstrated that the charging rate decays quickly after several charging cycles. The saturation voltage, which is the highest achievable voltage of the energy storage unit, is much smaller than the open-circuit voltage of the TENG, resulting in a low energy-storage efficiency regardless of the energy conversion efficiency of the TENG. Therefore, studies are required to further understand the charging process and to improve the energy storage performances for TENGs. According to a recent study on the standards of TENGs, the average output power is mainly determined by the encircled area of its operation cycle in the built-up voltage V – transferred charge Q plot12. Therefore, the corresponding operation cycle for charging the energy storage units should be studied by considering the charging process of the TENG to achieve the maximized energy-storage efficiency.

In this work, we first analysed the operation cycle of using a TENG to directly charge a battery/capacitor through a bridge rectifier by our recently proposed V–Q plot12. A sliding freestanding-triboelectric-layer (SFT) mode TENG was fabricated to experimentally measure the V–Q plots of the direct charging cycle. Then a rationally designed cycle was proposed to improve the charging rate and the saturation voltage. The voltage of the energy storage unit was demonstrated to be a key parameter for optimizing the stored energy per cycle. As a proof of concept, a motion-triggered switch was added to the fabricated TENG to achieve this designed charging cycle. Furthermore, the enhanced performances including the enhanced charging rate, the improved energy-storage efficiency and the promoted saturation voltage were achieved experimentally. Finally, the self-charging power system operated under this designed charging cycle was used to drive a commercial calculator in the sustainable mode. Our work represents a paradigm shift in strategies and experimental methods to achieve effective energy harvesting and storage by TENGs as well as other nanogenerators.

**Results**

**Theoretical analysis of the direct charging cycle.** Conventional integration of a TENG and an energy storage device was achieved through a full-wave bridge rectifier, as shown in the inset of Fig. 1a. We utilize the V–Q plot as the analytical tool for TENG energy storage, as shown in Fig. 1, in which V is the potential difference between the two electrodes, and Q is the amount of charge transferred between the electrodes. Several important parameters of the TENG are defined in Table 1. The parameters for TENG energy storage are given in Supplementary Table 1. We use the most commonly utilized minimum achievable charge reference state29, so both Q and V at x = 0 position are set to be 0 initially, where x is the relative displacement between triboelectric layers, which is used to specify the operation of the TENG. The cycle for maximized energy output with infinite load resistance, which has the largest possible energy output per cycle , is also plotted in Fig. 1a,c using the dashed lines (with equations given in Supplementary Note 1)12. Here we assume that the charging voltage , which is the voltage of the energy storage unit, does not change significantly during one cycle of the TENG operation (as stated in Supplementary Note 2).

Therefore, starting from Q = (0, 0), the direct charging cycles of the TENG can be described with the following steps (Fig. 1 a,b). For the first cycle, the first step is to change from status I to II. The initial status I of the system is at Q = (0, 0) and x = 0. Because the initial voltage V supplied by the TENG is lower than the charging voltage Vc, all of the diodes in the rectifier are at ‘off’ state, which makes the external circuit condition close to the open-circuit condition. When the operation of the TENG starts, V begins to increase with x. No charge transfer occurs during this step, until V reaches Vc as shown in status II. The second step is to change from status II to III. Two of the four diodes in the rectifier are turned on to enable the charging process. Then x continues to increase until x = xmax during which the TENG charges the battery/capacitor at V = Vc (See Supplementary Note 3 and Supplementary Fig. 1 for the detailed process) until status III is achieved. Please note that in status III the charges cannot be fully transferred to the other electrode (Q < Qs,max), since V = Vc should be maintained during the charging process in this step.

The third step is to change from status III to IV: x starts to decrease. Since the reversed-direction current is forbidden, V decreases without charge transfers, until V = −Vc as shown in status IV. During this step all of the diodes in the rectifier are off because the net voltage |V| is lower than the threshold voltage at Vc. The fourth step is to change from status IV to V. The other two diodes in the rectifier are turned on to enable the charging process again. x continues to decrease until x = 0, as shown in status V, during which, the TENG charges the battery/capacitor with V = −Vc. Similar to status III, in status V the charge cannot be fully transferred back to the original electrode (Q > 0), since V = −Vc should be maintained during the charging process in this step. Here the first charging cycle is completed.

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Supplementary Note 4. The stored energy per cycle (which is the steady-state charging cycle) and thereafter follow the sequence of $V$ first cycle, which comes back to status $V$. Therefore, the second process to complete one cycle is the same as steps 3 and 4 of the equation for the steady-state cycles. The amount of charge $Q$ flowing into the energy storage unit per cycle can be calculated as $E_{C,\text{direct}}/V_C$, which equals to the total length of the sides that are parallel to the $Q$ axis in the $V$-$Q$ plot. The direct charging cycles corresponding to different charging voltages $V_C$ are plotted in Fig. 1c, which shows the decrease of $Q_{C,\text{direct}}$, due to the increase of $V_C$ (which is further discussed in Supplementary Note 5).

From equation (1), with varied $V_C$, we can derive that the maximum value of $E_{C,\text{direct}}$ is achieved when $V_C = \frac{1}{2} \cdot \frac{V_{OC,max} V_{max}}{V_{OC,max} + V_{max}}$, which is:

$$E_{C,\text{direct,max}} = \frac{Q_{SC,max}}{2} \cdot \frac{V_{OC,max} V_{max}}{V_{OC,max} + V_{max}}$$

We define the energy storage efficiency $\eta$ as the percentage of the stored energy per cycle in the largest possible energy output per cycle $E_{in}$. Therefore, for the direct charging cycle, the maximum energy-storage efficiency is:

$$\eta_{\text{direct}} = \frac{E_{C,\text{direct,max}}}{E_{in}} = \frac{V_{OC,max} V_{max}}{(V_{OC,max} + V_{max})} \leq 25\%$$

And the largest possible $V_C$ to operate the direct charging cycle is at the saturation voltage:

$$V_{\text{Sat, direct}} = \frac{V_{OC,max} V_{max}}{V_{OC,max} + V_{max}}$$

Experimental demonstration of the direct charging cycle.
A SFT mode TENG is fabricated to measure the direct charging cycle experimentally. The TENG is schematically illustrated in the inset of Fig. 2a. The top static part of the TENG is made by attaching two parallel aluminium (Al) electrodes on the bottom sides that are parallel to the $Q$ axis in the $V$-$Q$ plot. The direct charging cycles corresponding to different charging voltages $V_C$ are plotted in Fig. 1c, which shows the decrease of $Q_{C,\text{direct}}$, due to the increase of $V_C$ (which is further discussed in Supplementary Note 5).

For the second cycle and thereafter (starting from status $V$), $x$ starts to increase, all of the diodes in the rectifier are off (since $|V| < V_C$) and $V$ increases without charge transfers, until $V = V_C$ as shown in status VI. $x$ continues to increase and the corresponding two diodes are turned on to allow the charging process continue until $x = x_{max}$, the same as status III. The process to complete one cycle is the same as steps 3 and 4 of the first cycle, which comes back to status $V$. Therefore, the second cycle and thereafter follow the sequence of $V \rightarrow VI \rightarrow III \rightarrow IV \rightarrow V$, which is the steady-state charging cycle.

The corresponding $V$-$Q$ cycle is plotted in Fig. 1a, with the $(Q, V)$ coordinates corresponding to statuses calculated in Supplementary Note 4. The stored energy per cycle $E_{C,\text{direct}}$, which is proportional to the average output power, can be calculated as the encircled area of each cycle:

$$E_{C,\text{direct}} = \left\{ \begin{array}{ll}
V_C Q_{SC,max} (2 - 2V_C/V_{OC,max} - V_C V_{max}/V_{max}), & \text{for the first cycle} \\
2V_C Q_{SC,max} (1 - V_C/V_{OC,max} - V_C V_{max}/V_{max}), & \text{for the second cycle and thereafter}
\end{array} \right.$$ (1)

Since the charging of an energy storage device requires many cycles of operation of the TENG, we will only consider the equation for the steady-state cycles. The amount of charge $(Q_{C,\text{direct}})$ flowing into the energy storage unit per cycle can be

| Symbol | Definitions |
|--------|-------------|
| $Q_{SC,max}$ | The maximum open-circuit voltage at $Q = 0$ |
| $V_{OC,max}$ | The maximum short-circuited transferred charge |
| $V'_{max}$ | The maximum achievable absolute voltage at $Q = Q_{SC,max}$ |
| $E_m$ | The largest possible energy output per cycle |

Figure 1 | The $V$-$Q$ plot and the physical process of the direct charging cycle. (a) The $V$-$Q$ plot. The inset of (a) shows the circuit diagram of the system. The dashed lines in (a) represent the cycle with the maximized energy output with infinite resistance. (b) The schematic diagrams of the physical process. In (b), the diodes drawn by solid and dashed lines are for the on and off states, respectively. (c) The direct charging cycles (the second cycle and thereafter) for different charging voltages (voltage $i > iii > ii > i$).
film and Al electrodes are the triboelectric layers. The fabrication process is described in detail in the Methods section. In this structure, $V_{OC, max} = V'_\text{max}$ since the capacitance between the two electrodes is kept identical $^{29,30}$. The measured cycle for maximized energy output with infinite load resistance is shown in Supplementary Fig. 2b, where $V_{OC, max} = V'_\text{max} \approx 140 \, \text{V}$, and $Q_{SC, max} \approx 50 \, \text{nC}$. The circuit diagram for this measurement is shown in Supplementary Fig. 2a. A commercial capacitor (0.73 μF) and fabricated lithium-ion batteries connected in series are used as the energy storage devices, respectively. For the capacitor, the charging voltage $V_C$ increases gradually during the charging process, and the $V$–$Q$ curves of direct charging cycle with different $V_C$ are plotted in Fig. 2. For the batteries, each battery can supply a voltage of about 3–4 V, and different number of batteries are connected to achieve different $V_c$. The fabrication method of the batteries and the measurement setup are described in the Methods section and Supplementary Fig. 3, respectively. The $V$–$Q$ curves of the direct charging cycle for batteries are plotted in Supplementary Fig. 4. From these $V$–$Q$ curves, we notice that all of the cases in the direct charging cycle for both batteries and the capacitor have a rectangular shape. The total length of the two sides parallel to the $V$ axis can be directly used as $Q_{C, direct}$ as demonstrated in Supplementary Note 6 and Supplementary Fig. 5. $Q_{C, direct}$ decreases with increasing $V_C$, and the saturation voltage $V_{Sat, direct}$ is measured at almost 70 V, which are consistent with the calculated results from equations (1) and (4).

Theoretical analysis of the designed charging cycle. From the equations and experimental results presented above, we can make three observations on the direct charging cycle. First, the charge flowing into the energy storage unit per cycle $Q_{C, direct}$, which is proportional to the charging rate, quickly decreases with the increased $V_C$. Second, the maximum value of the energy storage efficiency $\eta$ is only 25%. Finally, the saturation voltage $V_{Sat, direct}$ is much smaller than $V_{OC, max}$ and $V'_\text{max}$. To improve these charging performances, we rationally design a charging cycle. A switch is added in parallel to the TENG, which is controlled to instantaneously turn on only at $x = 0$ and $x = x_{\text{max}}$, and turn off at all the other $x$. Starting from $(Q, V) = (0, 0)$, the process of the designed charging cycle can be described as follows (Fig. 3a,b):

Steps 1 and 2 (status I–III) are the same as those in the first cycle of the direct charging cycle. Similarly, in status III the charge cannot be fully transferred to the other electrode ($Q < Q_{SC, max}$).

Step 3 (status III–IV): while in status III, $x$ reaches $x_{\text{max}}$, and then the switch is turned on. The charge transfers in short-circuit condition to achieve $(Q, V) = (Q_{SC, max}, 0)$, which is status IV.

Step 4 (status IV–V): the switch is turned off as $x$ begins to decrease; at the same time all of the diodes in the rectifier are off since $|V| < V_C$. Therefore, $V$ decreases without any charge transfers until it reaches $-V_C$, which is status V.

Step 5 (status V–VI): the second half-cycle of the charging starts as $x$ continues decreasing, until $x = 0$ at status VI. Also, in status VI the charge cannot be fully transferred back to the original electrode ($Q > 0$).

Step 6 (status VI to I): the switch is turned on again to make $(Q, V)$ return to $(0, 0)$, that is, status I.

Therefore, the repeated process for the designed charging cycle is through I→II→III→IV→V→VI→I. As concluded from steps 3 and 6, the function of the switch is to enable the complete charge transfer by creating an instantaneous short-circuit condition. Consequently, in the next half-cycle, there are more charges available to charge the energy storage unit, which is the key to enhance the charging performances by using the designed charging cycle.

By marking the coordinates of corresponding statuses (as calculated in Supplementary Note 4) in the $V$–$Q$ plot (Fig. 3a), we observe that there are three regions of energy in the encircled area in the designed charging cycle. Area 1 represents the energy that can be stored in both the direct and the designed charging cycles; area 3 represents the energy released through the switch; and the energy of area 2 is the part that can only be stored in the designed charging cycle. Thus, the stored energy per cycle in the designed charging cycle should only include energies in areas 1 and 2. During steps 1–3 and steps 4–6, the energies stored are derived as

$$E_{\text{C, designed}} = V_C Q_{SC, max} \left(1 - V_C/V_{OC, max}\right) \quad \text{and} \quad V'_C Q_{SC, max} \left(1 - V_C/V'_{\text{max}}\right),$$

respectively. Therefore, the total stored energy per cycle is:

$$E_{\text{C, designed}} = V_C Q_{SC, max} (2 - V_C/V_{OC, max} - V_C/V'_{\text{max}})$$

Note that this equation is only valid for $V_C \leq \min \{V_{OC, max}, V'_{\text{max}}\}$.
The designed charging cycle. The dashed lines in charging voltages, with charging voltage intensity $i_v$ physical process. In therefore:

$$V_{\text{sat,designed}} = V_{\text{C,designed}}Q_{\text{SC,designed}} \left(1 - V_{\text{C,designed}}/V_{\text{OC,designed}}\right)$$

Therefore:

$$E_{\text{C,designed}} = \begin{cases} V_{\text{C,designed}}Q_{\text{SC,designed}}(2 - V_{\text{C,designed}}/V_{\text{OC,designed}}), & V_{\text{C,designed}} \leq V_{\text{OC,designed}} \\ V_{\text{C,designed}}Q_{\text{SC,designed}}(1 - V_{\text{C,designed}}/V_{\text{OC,designed}}), & V_{\text{C,designed}} > V_{\text{OC,designed}} \end{cases}$$

Similarly, the other characteristic parameters of the designed charging cycle can be calculated as follows:

The maximum stored energy per cycle (achieved at $V_{\text{C}} = V_{\text{OC,designed}}$ or $V_{\text{C}} = V_{\text{OC,designed}}$):

$$E_{\text{C,designed,max}} = \max \left\{ Q_{\text{SC,designed}} \frac{V_{\text{OC,designed}}}{V_{\text{OC,designed}} + V_{\text{C,designed}}}, \frac{V_{\text{C,designed}}}{4} \right\}$$

The maximum energy storage efficiency:

$$\eta_{\text{designed}} = \frac{E_{\text{C,designed,max}}}{E_{\text{m}}} = \max \left\{ 2V_{\text{C,designed}}, \frac{V_{\text{C,designed}}}{V_{\text{OC,designed}} + V_{\text{C,designed}}}, \frac{V_{\text{C,designed}}}{2(V_{\text{OC,designed}} + V_{\text{C,designed}})} \right\} \leq 50\%$$

And the saturation voltage is:

$$V_{\text{Sat,designed}} = \max \left\{ V_{\text{OC,designed}}, V_{\text{C,designed}} \right\}$$

As derived by these equations of the designed charging cycle: the amount of charge flowing to the battery/capacitor per cycle of the designed charging cycle ($Q_{\text{designed}}$) is larger than that of the direct charging cycle ($Q_{\text{direct}}$), corresponding to the same $V_{\text{C}}$ (Supplementary Note 5); the maximum energy storage efficiency has been increased up to 50% and the saturation voltage $V_{\text{Sat,designed}}$ is the same as the larger one in $V_{\text{OC,designed}}$ and $V_{\text{max}}$, which is at least twice the value of $V_{\text{Sat,direct}}$. Therefore, this designed cycle represents an effective strategy to greatly enhance the performances of using TENG to charge an energy storage unit.

**Experimental demonstration of the designed charging cycle.**

We demonstrate this designed charging cycle experimentally by adding a motion-triggered switch on the fabricated SFT mode TENG, which is similar to the design of the pulsed nanogenerator as reported previously, as shown in Fig. 4. The top static part is kept the same (Fig. 4a). Two parallel titanium (Ti) ribbons are attached to the acrylic board of the moving part (Fig. 4b). These two Ti ribbons are connected to the two Al electrodes through copper wires, respectively. Two Ti bars (Fig. 4c) are fixed in the positions of $x = 0$ and $x = x_{\text{max}}$. The configuration of the integrated structure is shown in Fig. 4d and the detailed fabrication process is described in the Methods section. When $x = 0$ or $x = x_{\text{max}}$, both of the two Ti bars contact with one of the Ti bars, and then the two electrodes are connected, which represents the switch on. Otherwise, the electrodes are not connected, which represents the switch off.

The $V$$\sim$$Q$ curves of these TENGs operated in the designed charging cycle are measured. Figure 5 presents the $V$$\sim$$Q$ plots of the designed charging cycle for the same capacitor used in the experiments for the direct charging cycle, and the plots for the batteries in series are shown in Supplementary Fig. 6. Similarly, the total length of the two sides that are parallel to $Q$ axis in $V$$\sim$$Q$ plot can be used directly as $Q_{\text{designed}}$. The stored energy per cycle $E_{\text{C,designed}}$ is marked as the shaded area in all the plots in Fig. 5, in which the red and grey shaded areas represent areas 1 and 2 in Fig. 3a, respectively. Compared with the direct charging cycle, the designed charging cycle can store more energy per cycle for the
same $V_C$ and $V_{Sat}$ can be enhanced to be close to 140 V. To further understand the $V$–$Q$ plots in Fig. 5d,f when $V_C$ is larger than $V_{Sat,direct}$ but smaller than $V_{Sat,designed}$, the corresponding charging cycles are discussed in Supplementary Note 8, and the theoretically derived $V$–$Q$ plots are displayed in Supplementary Fig. 7. All of these experimental results are consistent with our theoretical derivations.

Quantitative comparisons between the charging cycles. To further reveal the advantages of the designed charging cycle in energy storage and verify our theoretical derivations above, quantitative comparisons between experimental results of the direct and the designed charging cycles are performed, as shown in Fig. 6. Here the plots for the capacitor are used since it can easily achieve different $V_C$ during the charging process.
Discussion

In summary, a rationally designed route for more effective energy storage of the random-pulsed output power generated by TENGs was developed theoretically and experimentally. The step-by-step charging processes of both the direct and the designed charging cycles were illustrated by V–Q plots, which revealed the advantages of the designed charging cycle in enhanced charging rate, improved energy-storage efficiency (up to 50%), and promoted saturation voltage (by at least a factor of two). As a proof of concept, we designed a TENG with motion-triggered switch to achieve the designed charging cycle. The results from both approaches were compared quantitatively, and the results confirmed the advantages of the designed charging cycle, as

![Figure 7](image-url)
predicted by theoretical derivations. A commercial calculator was demonstrated to be sustainably powered by the TENG-based self-charging power system through the designed charging cycle. This designed charging cycle provides a route to enhance the energy harvesting and storage for TENGs as well as other nanogenerators, which represents a solid progress towards effectively utilizing ambient mechanical energy as a sustainable power source for electronics.

**Methods**

**Fabrication and operation of the TENG.** The static part of the TENG was fabricated by attaching Al foils on a 10.1 × 7 cm acrylic board to form two rectangular shape electrodes each with a size of 5 × 7 cm and the spacing of 1 mm. A 5 × 7 cm 50-μm FEP film attached along one side of a 5 × 15 cm acrylic board was used as the moving part. For the designed charging cycle, two Ti metal ribbons (1 cm in width for each, 5 cm in spacing) were attached on the other side of the acrylic board in parallel in the moving part, which were connected to two electrodes, respectively. Two Ti bars (7 cm in length) were also prepared. To operate the TENG in the designed charging cycle, the moving part was mounted on a linear motor and the static part and the two Ti bars were mounted on 3 three-dimensional stages, respectively, and the FEP surface and one Al electrode were placed face to face, as shown in Fig. 4d. The linear motor was controlled to move periodically between two Al electrodes with a displacement of 5.1 cm. For the direct charging cycle, the two Ti bars were removed. The TENG used to demonstrate the sustainable mode was fabricated in the same procedure with twice of all the sizes. The voltage and transferred charge were measured by two Keithley 6,514 system electrometers simultaneously. The measurement circuits for V–Q plots are illustrated in Supplementary Fig. 3.

**Fabrication of the lithium-ion battery.** Lithium-ion rechargeable coin cell batteries were fabricated by using LiCoO2/carbon black/binder mixture on Al foil (1 cm in diameter) as the anode, polyethylene (PE) as separator (2 cm in diameter), the graphite/carbon black/binder mixture on Al foil (1.5 cm in diameter) as the cathode. The cathode material (1 M LiPF6, 1:1 ethylene carbonate/dimethyl carbonate/diethyl carbonate) was injected inside between the anode and cathode before the coin cell was pressed firmly. The charging-discharging curves of these batteries were tested as shown in Supplementary Fig. 9, which exhibits a plateau voltage of ~3.8 V. In our experiments, each battery can supply voltage of ~3–4 V.

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**Author contributions**

Y.Z., J.W., S.W. and Z.L.W. conceived the idea, discussed the data and prepared the manuscript. Y.Z. and S.W. did the theoretical derivations and calculations on the direct charging cycle and the designed charging cycle. Y.Z. and J.W. did the experiments and analysed the data. S.L., Z.W. and H.G. helped the experiments. All the authors helped revise the manuscript.

**Additional information**

**Supplementary information** accompanies this paper at http://www.nature.com/naturecommunications

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