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Rain-fed agriculture thrived despite climate degradation in the pre-Hispanic arid Andes

Pablo Cruz, Thierry Winkel, Marie-Pierre Ledru, Cyril Bernard, Nancy Egan, Didier Swingedouw, Richard Joffre

Archaeological research suggests significant human occupation in the arid Andean highlands during the 13th to 15th centuries, whereas paleoclimatic studies reveal prolonged drier and colder conditions during that period. Which subsistence strategy supported local societies in this harsh environment? Our field and aerial surveys of archaeological dwelling sites, granaries, and croplands provide the first evidence of extended pre-Hispanic agriculture supporting dense human populations in the arid Andes of Bolivia. This unique agricultural system associated with quinoa cultivation was unirrigated, consisting of simple yet extensive landscape modifications. It relied on highly specific environmental knowledge and a set of water-saving practices, including microterracing and biennial fallowing. This intense agricultural activity developed during a period of unfavorable climatic change on a regional and global scale, illustrating of efficient adaptive strategies to cope with this climatic change.

INTRODUCTION

The adaptation of human populations to extreme environments has been the subject of numerous studies in cultural ecology and environmental anthropology, notably in the Andes where human occupation is ancient but also vulnerable because of the highly variable, often stark, mountain environment (1, 2). Whether environment or man was the main determinant of the shifts in human–nature relationships reported in the Andes remains controversial, even in the case of the indisputable agrarian collapses that occurred in the region (3–8). The controversy is partly resolved by Contreras’s suggestion that we consider the Andean highlands to be a mosaic of structuring, modified, and sacred environments, with structuring milieus shaped by environmental factors, whereas anthropogenic changes associated with subsistence activities dominate in modified landscapes, and ritual or ideological dimensions do so in sacred places (2). The notion of modified landscape is crucial for a correct appreciation of human–environment interactions because, besides settlement sites and monumental architecture, it also considers agricultural fields and modest infrastructures such as paths, walls, terraces, or corrals (9). Consistency of observation is another requisite for analyzing changes in human–environment interactions, especially when linking archaeological and environmental records of distinct spatial and temporal scales (10).

That extreme environments may spur extensive landscape modification by local populations, rather than simply forcing behavioral adaptation such as seasonal nomadism, is a stimulating proposal that can be traced back—as regards the Andes—to Trol’s work (11). However, this hypothesis still awaits substantiation, particularly concerning the social organization, environmental knowledge, and robust adaptive techniques required of past societies facing harsh mountain environments.

The Andean altiplano, a wide highland plateau located between 3500 and 4500 m above sea level, extends from southern Peru, through Bolivia, and into northern Chile and Argentina (Fig. 1). The region is far from homogeneous, showing a gradient of increasing aridity and cold from the temperate shores of Lake Titicaca in the north to the cold deserts of the arid Andes in the south (12, 13). In this highland environment, climatic fluctuations have been documented throughout the late Holocene showing centennial and multicenturial time scale changes (14), to which interannual variations driven by El Niño–Southern Oscillation and the Pacific sea surface temperature anomalies are superimposed (12).

Yet, the perception of this highland environment as marginal for human settlement is challenged by many archaeological studies documenting intense human occupation and landscape modification long before historical times (14). In the northern altiplano, numerous agrarian societies developed from 1500 BCE (Before the Common era); Chiripa (1500–0 BCE), Pucará [0–300 CE (Common era)], Wari (550–1000 CE), Tiwanaku (500–1100 CE), the societies known as Aymara Chieftains (1200–1450 CE), and finally the Inkas (1450–1535 CE), before the arrival of the Spanish. Landscape modifications by these pre-Hispanic societies often took the form of large irrigated or drained terrace systems (14–17).

In the southern altiplano, evidence of pre-Hispanic agrarian societies is less frequent and more recent, principally related to the Late Regional Development Period (LRDP, 1200–1450 CE) and the Late or Inka Period (1450–1535 CE) (18–20), with the period before 1200 CE considered to be a long transition from mobile hunting–gathering and herding communities to more aggregated and proliferating agropastoral settlements (21, 22). Research on ancient agriculture in this arid and cold region has also focused on irrigated systems (23, 24). Yet, the limited extension of these irrigated systems suggests marginal crop production in a region essentially devoted to camelid herding (23, 25). Here, we present the first evidence of extended rain-fed agricultural systems supporting significant human populations in the pre-Hispanic arid southern Andes.

RESULTS

Archaeological dwelling sites and granaries

Our study area (60 × 40 km) is located in a region known as the Intersalar, situated between the salt flats of Coipasa and Uyuni in the
southern altiplano of Bolivia (Fig. 1). Today, the region is the world’s leading center of quinoa production (26). Embracing the entire Intersalar area, Lecoq’s pioneering work (20) revealed a significant human occupation during the LRDP, evidenced by the proliferation of agglomerated dwelling sites (Fig. 2A).

We identified 48 LRDP sites of variable areal extent in the study area (48%, <1 ha; 27%, 1 to 2 ha; 21%, 2 to 3 ha; 4%, >3 ha), mostly (77%) between 3650 and 3800 m in altitude (16% between 3800 and 4000 m; 7% between 4000 and 4250 m) (Fig. 1 and table S1). The density of these pre-Hispanic dwelling sites, fairly evenly distributed in the study area, is close to that of the present-day 52 rural communities.

The chronological adscription of these sites to the LRDP is based on the coherence between the mode of establishment, the architecture, and the material culture, mainly the styles of ceramic sherds. These elevated settlements, with high visibility and defenses in some cases, are generally referred to in archaeological literature as pucaras and are considered one of the principal indicators of the LRDP (27, 28). In all of the sites in our study, the principal ceramic styles found are equally distinctive of this period (20, 29–31). The Intersalar ceramic style (also known as Quillacas) predominated, whereas the Mallku, Puqui Tricolor, Yura, and Huruquilla styles appeared less frequently (fig. S1). At the sites where we have concentrated our studies, this chronology has been confirmed by 16 radiocarbon dates (1200–1450 CE; table S2 and fig. S2). In accordance with Lecoq (32), the material evidence at the sites studied shows an intense occupation of the region throughout the LRDP, which then progressively declines during the Late or Inka Period. Except in two sites on the flat plains (sites 1 and 48), no ceramics or signs of material culture from the Late Period were found in our study sites.

Fig. 1. Localization of 48 archaeological sites (red dots) identified in the study area. Black dots show archaeological croplands identified by field and aerial surveys. Numbers refer to identification numbers in table S1. m.a.s.l., meters above sea level.
which thus show strong chronological consistency with the LRDP. A most probable cause of the depopulation of the pucaras in the second half of the 15th century was the southward expansion of the Inkas, who, as reported in Colonial Era documentary sources, displaced large populations to agricultural activities in the nearby Andean valleys and to mining centers (33, 34).

All sites are made up of a variable number (between 10 and 68) of well-defined dwelling and storage units, each structured around an open space (patio). The extension of the patios (60 to 200 m$^2$), the number of habitational enclosures (two to four), and the number of granaries (two to eight) vary from one site to another (Fig. 2, C and D, and fig. S3). In most cases, the units are delimited by groups of contiguous granaries. At each site, the dwelling units are articulated organically by a network of paths. In some cases (sites 5, 7, 9, and 17), we identified large open spaces or plazas but have not identified hierarchized constructions, structures, or centralized spaces of power, such as large houses, platforms, or religious buildings. In all of the sites, numerous and large corrals were also observed, evidence of the combined crop-growing and livestock-rearing strategy used by local populations.

The granaries identified have rectangular, square, or oval bases and may have both roof-like coverings and an access window or lack both roof and window (fig. S4). The excavation of four granaries at Jirira Vinto revealed that they were used for the storage of quinoa grain, like the granaries in Lípez. These quinoa grains were dated 1324–1440 (95% cal CE) (table S2). Similar dates were obtained for archaeological quinoa seeds collected from five pre-Hispanic granaries and deposits in the Lípez, 70 to 100 km south of the Intersalar region (35).

The location and the structure of these granaries differentiate them from pirwas—the deposits that stored potatoes—which are located in fields and have a circular base, a roof, and an access door. In the whole study area, 4652 granaries have been identified to date, with an individual capacity ranging from 2 to 6 m$^3$ (fig. S4 and table S3). This number represents a minimum count that excludes those granaries impossible to identify with certainty or that have been destroyed. At various sites (1, 3, 4, 5, 6, 8, 10, 13, 15, 17, and 32), we observed that contiguous granaries were built from one initial structure, a process suggestive of a progressive increase in agricultural production and storage capacity.

### Archaeological croplands

In accordance with this high grain storage capacity, we observed a specific agricultural technology consisting of a multiplicity of croplands, revealed by archaeological stone alignments and reflecting an intense past agricultural activity (Fig. 3, A and B). The typology of the identified croplands principally reveals microterraces and small crop beds (canteros) that make up 1- to 10-m$^2$ crop areas that we call "minimal surfaces of production" (hereafter MiSP) (Fig. 3, C and D) (36). The MiSP densely occupy favorable sites on the slopes and, like any other terracing structure, make them fit for cultivation by slowing down surface water runoff, thus improving water infiltration and reducing soil erosion (37). Their construction did not require much labor; they often consist of only a few aligned stones. Linear terraces that require a greater investment of labor were rarely observed in the Intersalar region. In areas with gentle slopes (typically <5°), these MiSP were combined with sloping terraces and broad fields, either found in groups or isolated (Fig. 4).

From 2007 to 2016, field prospections and additional analyses of high-resolution satellite images identified 1537 ha of archaeological cropland in the study area (Fig. 1). This estimation is minimal because it excludes ancient fields overlaid by modern crops or for other reasons difficult to identify. Our observations showed that 95% of these archaeological croplands lacked any irrigation structure, with only 5% of them presenting remains of possible canals or reservoirs. These croplands...
reach an elevation of up to 4537 m, with 96% of them located between 3700 and 4250 m on slopes between 4° and 30°, and 66% of them oriented from the SSW to the NW (clockwise, fig. S5). Studies of current topoclimatic conditions in this area show that, because of cold air drainage, frost risks are reduced at these locations. Additionally, we observed that flat areas in the middle of the slopes, prone to cold air stagnation at night, remained free of any land modification such as stone clearing or wall enclosure, suggesting the lack of cropping activity in these flat areas. Local populations thus seem to have known the agroclimatic risks related to slope position and topography. Archaeological evidence of different types of extended croplands demonstrates the ability of pre-Hispanic populations to condition significant land areas for rain-fed agriculture, using local topoclimatic knowledge and simple land management techniques to minimize the environmental risks of soil erosion and climatic adversities.

Coping with climatic limitations

In parallel with the physical layout of cropland, crop production depends on the implementation of a set of adapted agricultural practices. Considering that past climatic limitations in the study area were similar to or worse than present ones (see below), and that agricultural practices in the whole Andean area have remained largely unchanged over time, our observations of current agricultural practices provide a framework to infer ancient ones. Today, in the Intersalar region, diverse crop management practices are used to cope with major climatic limitations, especially the scarce annual rainfall (<350 mm) that does not cover the water requirements of a complete quinoa crop cycle. In these conditions, the required amount of water can be obtained by concentrating water resources either in space or in time. For concentration in space, irrigation increases crop water availability over reduced areas via impluvia, spring capture, and canals. Notably, these systems are not found over significant areas in the Intersalar region. For concentration in time, biennial fallowing may allow accumulation of water resources over 2 years, as shown in various dry farming areas in the world (39, 40). Biennial fallowing is practiced in the totality of quinoa cultivation in this region of the southern altiplano today. More than just controlling weeds and preserving soil fertility as in the temperate northern altiplano of Bolivia (41), biennial fallows in the arid southern altiplano serve to save water (section S2). The lack of archaeological irrigation infrastructure in the Intersalar region leads us to assume that this biennial fallowing practice was already part of the local
agricultural knowledge during the LRDP. Its productive efficiency could have been high since, today, under similar conditions of hand cultivation on slopes in this same area (fig. S6), we have measured quinoa yields in peasants’ fields ranging from 1000 to 1500 kg ha\(^{-1}\) (section S2).

**A prolonged dry and cold climate event**

Paleoclimatic data of the Central Andes concentrate in northern Bolivia and southern Peru. Before our period of study, between ~500 and ~1100 CE, the Tiwanaku civilization benefited from wet climatic conditions to develop intensive and specialized agricultural practices around Lake Titicaca (42) (Fig. 5A). A dry period started after 1200 CE and lasted until 1400 CE as evidenced by lower levels at Lake Titicaca (43). Pollen analyses associated to archeological observations in Marcacocha attest to sustained aridity between 880 and 1400 CE (44), and the presence of a dust layer in the Quelccaya ice core suggests a drier event during the 14th century (45). Measurements on moraines of the Charquini glacier characterized a dry period between 1360 and 1600 CE (46). In the southern altiplano, high-resolution tree-ring chronologies show decreased precipitation rates between 1300 and 1400 CE with short humid periods between 1300–1307 and 1322–1325 CE (47) (Fig. 5A and section S3). Over the entire period considered in Fig. 5A, dry and wet alternating periods are not synchronized over the whole of the altiplano. This situation is also reflected in the current period with discordance in precipitation anomalies between the north and south of the altiplano (48). However, over the period 1200–1450 CE, all climatic proxies agree and characterize a dry period. Within this drier time interval, the rise of rain-fed agriculture in the southern altiplano coincided with a catastrophic volcanic event, the eruption of the Samalas Volcano in Indonesia (1257 CE), that initiated climatic changes lasting several decades with drops in temperature and precipitation at a global scale (49). Moreover, a second major volcanic event, the eruption of the Quilotoa Volcano in Ecuador (1280 CE) (50), compounded and probably prolonged the impact of the Samalas eruption on Andean climate and societies. Simulations from the Paleoclimate Modeling Intercomparison Project Phase 3 (PMIP3) show that, after these two volcanic events, drying and cooling of the climate during the austral summer occurred in the study area, with a precipitation deficit of ca. 0.08 mm/day and a temperature decrease of between 0.2° and 0.3°C relative to the period 1000–1100 CE (Fig. 5B and fig. S7).

**DISCUSSION**

Our findings of extended archaeological croplands and numerous granaries dated to the LRDP (1200–1450 CE) suggest that the drier and colder climate conditions during that period did not impede—and indeed might have triggered—the development of extended rain-fed agriculture in the Intersalar region. This agricultural development appears to have been based on both the intimate awareness of local landscape and climatic limitations (Contreras’ “structuring environment”) and a set of simple yet efficient land management techniques (Contreras’ “modified environment”) (2). Thus, a highly specific environmental knowledge combined with simple adaptive landscape modifications enabled local societies to thrive in a harsh highland environment despite more severe climatic conditions. The location, size, and form of these ancient cropland areas were oriented toward both the avoidance of frost risks and the conservation of scarce water and soil resources. Current practices of hand cultivation on slopes well reflect those that we found in the ancient agricultural landscapes of the southern altiplano.
with its multiplicity of small cropland units. These practices, very much akin to gardening, are consistent with the Andean view of grain yield as the product of individual plant entities rather than the output of an undifferentiated grain field (1, 51). They also support new models of landscape history that promote bottom-up approaches of less visible landscape signatures to better understand Andean agrarian history (9, 52).

Furthermore, the elevated number of granaries present at each site identified in the study area indicates an agricultural economy capable of producing important productive surpluses. The abundance of granaries reflects ecological, practical, and social dimensions and can be connected to strategies of risk reduction to cope with climate variability, the need to face periods of social stress, the development of exchange practices, and expression of prestige and social memory (53–59).

Fig. 5. Regional paleoclimate variability. (A) Synthetic diagram showing the climatic variability during the past 1500 years in southern Peru and Bolivia based on the current available data from the Quelccaya ice cap (13°56′S, 70°50′W, 5470 m) (45), Lake Marcacocha (13°13′S, 72°12′W, 3355 m) (44), Lake Titicaca (16°S to 17°S, 69°W, 3804 m) (43), Mount Sajama (18°06′S, 68°53′W, 6542 m) (86), tree rings (seven records: 18°S to 22°S, 66°W to 69°W, 4300 to 4550 m) (47), Atacama Desert (~21°S, 69°W, 1300 m) (87), and the human occupation with the Wari (550–1000 CE), the Tiwanaku (500–1100 CE), the Regional Development Period (1120–1450 CE), and the Inka (1450–1535 CE), highlighting the time interval 1200–1450 CE (gray area) and the date of two major volcanic eruptions (Samalas, 1257 CE and Quilotoa, 1270 CE) (red bars). (B) Anomalies in austral summer precipitation (December, January, and February (DJF), in millimeters per day) in the study area (green star) after the Samalas and Quilotoa volcanic events, showing a precipitation deficit of ca. 0.08 mm/day in the period 1200–1300 CE relative to the period 1000–1100 CE. Data are from four distinct climate model simulations (see Materials and Methods and table S4), with black circles showing the grid points where at least three simulations agree on the sign of the precipitation anomaly. Associated changes in surface temperature are shown in fig. S7.
In the Andes, the abundant archaeological food storage structures have been related to warfare situations, particularly evident from about 1300 CE in the Lípez and the Lake Titicaca regions (19, 60), or to the payment of tribute (55). However, the thousands of granaries identified in the Intersalar region are located at sites with low levels of defense. The granaries are always distributed in a dispersed manner within the site around the dwellings and show no special protection. In this sense, the Intersalar region differs from the neighboring Lípez region studied by López (61) because we found no large groupings of grain deposits or caches hidden within caves.

Likewise, to date, we have not found evidence, direct or indirect, that suggests the payment of tribute, a practice that would only appear later with the Inka rule of the region. Without disputing the importance of grain storage during times of sporadic war or conflict, the granaries identified in our study appear to be, first, an adaptive response to the inherent variability of agricultural production in a harsh environment that involved storing several harvests as a safeguard against bad years.

Food deposits, analyzed through the concept of “delayed returns,” can be differentiated between those intended for immediate consumption (usually located inside houses) and those intended for medium- or long-term storage (53). Here, the granaries, often double-walled and located outside dwellings, suggest medium- to long-term storage. The cold and dry climatic conditions, together with the darkness in the storage units, allowed for the excellent preservation of the quinoa seeds that maintained high nutritive value after several years of storage. Complementing the llama herding and caravan activities developed by local populations already increasing before the LRDP (19, 25), the agricultural surpluses generated by this extended rain-fed agriculture provided food security facing short- and midterm climate hazards and adequate nutrition to a significant population. It also increased the economic resources needed to exchange food and other products with neighboring ecological regions or distant population centers—one of the pillars of the Andean economy (62, 63). This process of agricultural intensification should not be isolated from other potential drivers of social and cultural change, such as increased interregional exchanges of products and goods that have been described for the Lípez area (22) but remain to be documented in the Intersalar region. The distribution of the granaries and their presence and prominence in all of the studied dwelling sites indicate that they played an important social role in the formation of these units and the structure of each settlement.

The food storage capacity that we observed in the Intersalar region for the period 1200–1450 CE is only comparable with what is known for later Inka storage centers such as Paria (1000 granaries) (64), Cotapachi (2486 granaries) (65), the Mantaro Valley (2576 granaries), and Campo del Pucará (1717 granaries) (66). However, in contrast with the Incan centers (55, 67), the agricultural system and the spatial distribution of granaries in the Intersalar region are indicative of decentralized practices of crop production and food storage during the period 1200–1450 CE. In our sites, we observed neither centralized space of power nor material indicators of social inequality or hierarchy at the dwellings, in storage areas, or in funerary contexts. These features substantiate the new models of decentralized societies proposed for this period in the southern Andes (21, 68). In this sense, our study concurs with recent research in other parts of the world that focuses on decentralized complex societies and challenges classic evolutionary models (69–73). Our results point to a model that ensured the autonomy of each family unit and in which productive and political decisions were negotiated and coordinated to different degrees. This is in agreement with other studies of complex societies with low levels of inequality and self-organized configurations (71, 74). Similar principles still apply in present-day indigenous communities of the southern altiplano of Bolivia, conferring social and productive resilience on quinoa producers in the face of current climatic and social-economic changes (26). These principles of decentralization and self-organization prove to be an effective response in terms of adaptive strategies facing environmental adversities (75).

MATERIALS AND METHODS

The study area is located in the southwest of the Bolivian highlands, near the borders of Argentina and Chile, between 19°15′S and 22°00′S and between 66°26′W and 68°15′W (Fig. 1). This region, bordered by the western Andean range, is characterized by the presence, in its center, of a ca.100-km × 100-km dry salt expanse, the Salar de Uyuni, whereas another salt flat—the Salar de Coipasa—lies to the north of the study area. The landscape is composed of a mosaic of three types of land units: the extensive shores surrounding the salt flats (elevation, ca. 3650 m) and an alternation of valleys and volcanic reliefs (culminating at 6051 m) in the hinterland. Because of its low latitude and high elevation, the study area is characterized by a cold and arid tropical climate. Average precipitation varies between 100 and 350 mm year⁻¹ from the south to the north of the region (13), presenting a unimodal distribution with a dry season from April to October. The annual average temperature (close to 8°C) hides daily thermal amplitudes higher than seasonal amplitudes of up to 25°C (76). These particular thermal conditions lead to high frost risks throughout the year.

Archaeological survey and excavations

From 2007 to 2016, we conducted eight field campaigns consisting of site prospections and surveys of residential, storage, and cropland areas over a total land area of ca. 1800 km². In 14 dwelling sites (Fig. 1, sites 1, 2, 3, 5, 6, 7, 8, 9, 10, 13, 14, 15, 17, and 32), systematic surveys were carried out analyzing data from high-resolution satellites, geomorphology, topographic maps, toponymy, and interviews with current local inhabitants.

Study of agricultural areas

At Jirira, Loma Pucara, and Charali (Fig. 1, sites 1, 3, and 6), the prospection was complemented by a detailed survey that allowed us to elaborate a typology of archaeological cropland areas. The criteria used to determine the archaeological cropland areas were the following: (i) irregular surfaces on moderate and abrupt slopes located in proximity to archaeological residential sites and distant from current-day settlements and cultivated fields (generally limited to the flat plains), (ii) productive surfaces (MiSP, terraces, and broader surfaces) used neither currently nor in the recent past, (iii) existence of diagnostic ceramic fragments and lithic agricultural instruments such as shovels and picks (fig. S8), and (iv) oral testimony from the current-day population. It is important to point out that, in the same manner that we have identified present-day cultivation on some slopes, we cannot discard the possibility that pre-Hispanic cultivation also occurred on the flat plains farther away from the archaeological dwelling sites. In all cases, our survey necessarily underestimated the true number and extension of past residential and agricultural structures in the study area.

Site surveys, excavations, and chronologies

Archaeological surveys were carried out in 14 archaeological residential sites, consisting of quantitative and typological observations of residential and storage structures, complemented by the analysis of the material culture, particularly the chronological and stylistic determination of the
ceramic remains (fig. S1). Archaeological excavations were conducted in residential, funerary, and storage contexts at the site Jirira Vinto, where archaeological quinoa seeds found in caves located below the site were fit for accelerator mass spectrometry (AMS) C14 dating (fig. S2 and table S2). Verification surveys were carried out in storage structures located in 10 sites (5, 6, 7, 8, 9, 10, 13, 14, 15, and 32) with the aim of taking charcoal samples for AMS C14 dating that permitted the chronological contextualization of the sites and the storage structures (fig. S2 and table S2). These samples were taken from ash sediment layers that appeared systematically at the bottom of the granaries and in the joints of their stone walls. Additional dating was obtained from a wood sample found in a funerary context in Pucara Loma (site 3). We also considered four dates from Lecoq (20) for sites 6, 17, and 48. All dating results were calibrated using OxCal v4.2.4 (77) with the SHCal13 atmospheric curve (78) (fig. S2 and table S2).

Geographic and remote sensing data processing

The geographic data used in this study consisted of the following: (i) the land surface topography extracted from the Shuttle Radar Topography Mission (SRTM) v2 Digital Elevation Model (DEM) with 1-arc sec resolution (~30 m) downloaded from the Reverb|ECHO website (http://reverb.echo.nasa.gov/), (ii) high-resolution satellite imagery available on Google Maps [source: GeoEye, DigitalGlobe, CNES (Centre National d’Études Spatiales)/Astrium, and CNES/Airbus]. Archaeological cropland areas were digitized by photo interpretation of satellite images with QGIS editing tools (www.qgis.org/). The detailed data processing for studying the distribution of topographic variables (elevation, slope, and aspect) over cropland areas is described in the next paragraph.

A metric coordinate system is required for raster operation such as slope computation. Consequently, to prepare DEM for analysis, the data were warped into the WGS84/UTM19S coordinate system, with bilinear interpolation in a 30-m resolution. To have suitable values for slope computation, we used the “Denoise” software (79) with parameters $T = 0.95$ and $n = 20$ (the threshold $T$ controls the sharpness of the features to be preserved, and the number of iterations $n$ controls how much the data are changed). In the aspect file derived from DEM, we set low-slope regions ($<2^\circ$) as “flat” for further analysis. All the processing on the SRTM v2 DEM was made with QGIS (www.qgis.org/) and GDAL utilities (www.gdal.org/gdal_utilities.html).

The identified cropland areas were turned into raster files with the same resolution as the DEM, using QGIS software. By masking the DEM files with the cropland area raster, we computed the distribution of the elevation, aspect, and slope over cropland areas. Calculations on raster data were programmed in R language with the use of the “raster” package (80, 81).

Soil water dynamics in a rain-fed quinoa-fallow cycle

The soil water dynamics in quinoa fields and fallows was monitored during the years 2007–2008 in the communities of Jirira (19°51′26″S, 67°34′23″W) and Hizo (19°37′18″S, 68°18′36″W). Soil water content was assessed using capacitance moisture probes (Diviner 2000, Sentek Pty Ltd.) at permanent locations in each plot. Polyvinyl chloride access tubes (diameter, 5 cm) were installed in April-May 2007 in various locations in the Intersalar region. In all plots, soils were characterized by a high percentage of sand (between 55 and 80%) and classified as sandy loam or loamy sand according to the U.S. Department of Agriculture soil textural classification (82). Soil moisture readings were taken in 10-cm intervals from a depth of 5 cm to the end of the profile approximately once a month. The dimensionless scale frequency readings were converted to soil water volume percent (%) using the default calibration equation (83), which can be considered valid for the coarse textured soils in the study area (84). Here, to illustrate the soil water dynamics during the fallow/crop cycle (section S2 and fig. S9, A and B), we present data from six access tubes in Jirira (tubes 2, 3, 7, 8, 9, and 10) and three access tubes in Hizo (tubes 51, 53, and 54).

Climate model simulations

We used last millennium simulations from the PMIP3 database (85) to evaluate the response from four state-of-the-art climate models (table S4) to external forcing for austral summer (DJF) precipitation (fig. 5B) and temperature (fig. S7) in South America. The use of four models allows accounting for model uncertainty in response to external forcing and to better isolate the forced response, filtering out the potentially large internal variability from each simulation. Note that we excluded, from the PMIP3 database, simulations showing a very large drift, indicative of some issues of energy conservation.

SUPPLEMENTARY MATERIALS

Supplementary material for this article is available at http://advances.sciencemag.org/cgi/content/full/3/12/e1701740/DC1

section S1. Archaeological human settlements and quinoa storage structures

section S2. Rain-fed quinoa-fallow system in the Intersalar region

section S3. Climate variability in the Bolivian altiplano

fig. S1. Ceramics of the Intersalar style.

fig. S2. Calibrated age probabilistic histograms of radiocarbon data from different sites mentioned in the text.

fig. S3. Plans of four residential sites identified in the study area.

fig. S4. Sketches of the main types of granaries identified in the study area.

fig. S5. Percent distribution of archaeological croplands in the study area in relation to topographical features.

fig. S6. Plowing a fallow field during the austral summer will refill the soil water reserve for the next crop (Charalí community, March 2011) (Photo Credit: P.C., CONICET).

fig. S7. Anomalies in austral summer temperature (DJF, degrees Celsius) between 1000 and 1300 CE.

fig. S8. Examples of agricultural lithic instruments (chelas) found on croplands at Jirira Vinto (site 1, Fig. 1).

fig. S9. The 2-year quinoa crop/fallow cycle and soil moisture dynamics in the Intersalar region.

fig. S10. Desiccated quinoa seeds found in archaeological storage structures within a cave at Jirira Vinto (site 1, Fig. 1).

table S1. Site description.

table S2. Calibrated radiocarbon dates of archaeological samples from sites in the Intersalar region.

table S3. Quinoa storage capacity of archaeological granaries in the Intersalar area.

table S4. Last millennium simulations considered from the PMIP3 data set.

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