Increased default mode network connectivity and increased regional homogeneity in migraineurs without aura

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Abstract

Background: The precuneus/posterior cingulate cortex, which has been associated with pain sensitivity, plays a pivotal role in the default mode network. However, information regarding migraine-related alterations in resting-state brain functional connectivity in the default mode network and in local regional spontaneous neuronal activity is not adequate.

Methods: This study used functional magnetic resonance imaging to acquire resting-state scans in 22 migraineurs without aura and in 22 healthy matched controls. Independent component analysis, a data-driven method, was used to calculate the resting-state functional connectivity of the default mode network in the patient and healthy control groups. Regional homogeneity (ReHo) was used to analyse the local features of spontaneous resting-state brain activity in the migraineurs without aura.

Results: Compared with the healthy controls, migraineurs without aura showed increased functional connectivity in the left precuneus/posterior cingulate cortex within the default mode network and significant increase in ReHo values in the bilateral precuneus/posterior cingulate cortex, left pons and trigeminal nerve entry zone. In addition, functional connectivity was decreased between the areas with abnormal ReHo (using the peaks in the precuneus/posterior cingulate cortex) and other brain areas.

Conclusions: The abnormalities in the precuneus/posterior cingulate cortex suggest that migraineurs without aura may exhibit information transfer and multimodal integration dysfunction and that pain sensitivity and pain processing may also be affected.

Keywords: Migraine, Precuneus, Functional connectivity, Regional homogeneity

Background

In the past decade, neuroimaging studies have provided important new insight into migraine. Previous task-evoked functional magnetic resonance imaging (fMRI) studies consistently showed that migraineurs are associated with atypical brain activation in response to painful, olfactory and visual stimuli [1, 2]. Resting-state functional connectivity (FC) fMRI studies have identified numerous brain regions and functional networks with atypical FC in migraineurs, suggesting that migraineurs are associated with aberrant brain functional organization [1, 3–5]. Several analytical techniques have been used in FC analyses of migraine [3], such as seed-based analysis, independent component analysis (ICA), regional homogeneity (ReHo) and graph theory approaches. These studies have significantly contributed to better understanding of the mechanisms of migraine from different points of view.

ICA can be used to separate the spatiotemporal component from whole-brain fMRI data, and the grouping of brain activity provided by each component reflects regions with the same response pattern, providing a natural measure of FC. The ReHo method tests for local
correlations in blood oxygen level-dependent (BOLD) time series using Kendall’s coefficient of concordance (KCC) to measure regional synchronizations of temporal changes in BOLD activity in a voxel-wise manner; ReHo thus reflects the temporal synchrony of the BOLD signal [6]. ReHo and ICA are data-driven approaches and thus require no prior knowledge. ReHo analysis and ICA have been used to study depression, migraine [7–11] and other neurological disorders.

The default mode network (DMN), which includes the precuneus, posterior cingulate cortex (PCC), medial prefrontal cortex, medial temporal lobe and angular gyrus, is one of the main networks that are consistently identified when an individual is at wakeful rest and not performing an attention-demanding task. One task-based fMRI study observed that some DMN subregions responded in a percept-related manner to pain, suggesting closer link between the DMN and pain processing than previously thought [12]. Previous studies have also been found greater connectivity between the DMN and the executive network and the insular cortex [13], and abnormal connectivity within the DMN [3, 11, 14], the results were not consistent. The precuneus/PCC plays a pivotal role in the DMN [15], and the precuneus is associated with pain sensitivity [16–18]. Goffaux et al. found that large pain-related increases in precuneus activity were associated with small increments in the sural nerve stimulation strength required to progress from a non-painful to a painful state [16]. Previous studies also showed that migraineurs were hypersensitive to somatosensory, visual, auditory and olfactory stimuli, exhibiting lower discomfort thresholds [1, 2, 19]. Thus, we predicted that migraineurs without aura would exist abnormal connectivity in the precuneus/PCC of the DMN, which may be associated with pain hypersensitive and abnormal pain processing in migraineurs.

Five studies from two groups have used the ReHo method to investigate the local features of spontaneous brain activity in patients with migraine. Yu et al. reported significant decreases in ReHo values in the right rostral anterior cingulate cortex, the prefrontal cortex, the orbitofrontal cortex and the supplementary motor area [8] and they also observed that the ReHo patterns in migraine patients were also affected by depressive symptoms [9]. Zhao et al. found that the increased average ReHo values in the thalamus, brain stem and temporal pole were significantly positively correlated with the disease duration [7]. Zhao et al. also used the ReHo method to investigate the effectiveness of acupuncture therapy and to characterize longitudinal changes in brain activity in a group of female migraine patients [10]. Although, previous studies have found abnormal ReHo values in migraine patients; the results have been inconsistent, and the functional connectivity between the ReHo abnormal areas and the other parts of the brain remains unclear.

We hypothesized that migraineurs without aura would exist atypical connectivity in the precuneus/PCC of the DMN, and the local ReHo would be disrupted too. In this study ICA analysis was to investigate DMN connectivity in patients with migraine under resting-state. In addition, ReHo analysis was used to identify the local features of spontaneous brain activity in the migraine patients, and seed-based FC was used to investigate how the ReHo abnormalities areas affect the rest of the brain.

Methods

The study was approved by the East China Normal University Committee on Human Research (Project No. HR2015/03011) and by the Independent Ethics Committee of Shanghai Ninth People's Hospital (Project No. [2016]01). All subjects gave written informed consent using forms approved by the committee.

Subjects

Twenty-two migraineurs without aura (9 males, 13 females) were recruited from outpatients of the Department of Neurology at Shanghai Ninth People's Hospital. These patients were diagnosed as migraineurs without aura by a neurologist according to the International Classification of Headache Disorders (ICHD-II, 2004) [20]. The neurologist also obtained the patients’ demographic and clinical data, including age, sex, disease duration, attack frequency (times/month) and attack duration as well as visual analogue scale (VAS), Migraine Disability Assessment Scale (MIDAS) and Headache Impact Test (HIT-6) scores. The migraineurs without aura all reported that they did not suffer migraine attack or discomfort during the MRI scans. Twenty-two age- and gender-matched healthy controls (9 males, 13 females) were recruited if they had not experienced any headaches in the past year and if their family members did not suffer from migraine or other headaches. All subjects were right handed and had no substance abuse, and all neurological and psychiatric diseases were excluded based on clinical examination and a structured interview. To assess the participants’ depression and anxiety state, all subjects were required to complete the 24-Hamilton Depression Rating Scale (24-HAMD) and 14-Hamilton Anxiety Scale (14-HAMA). Details are provided in Table 1.

MRI acquisition

Functional and structural MRI data were acquired using a 3.0 Tesla Siemens Trio Tim system that utilized a 12-channel head coil. All subjects’ head movements were minimized with custom-fit foam pads. We obtained the whole-brain anatomical volume using a high-resolution T1-weighted 3-dimensional magnetization-prepared rapid-
Resting-state fMRI data preprocessing

Resting-state fMRI data preprocessing was conducted with statistical parametric mapping software (SPM12; http://www.fil.ion.ucl.ac.uk/spm/software/spm12) and MATLAB (The Math Works, Natick, MA) software on a personal computer. For each participant, the first 10 volumes were discarded to avoid scanner instability and to adapt the participants to the noise of the scanner. The remaining volumes were corrected for the intra-volume acquisition time delay using slice-timing and were realigned to the first volume using the six-parameter (rigid body) spatial transformation. After these corrections, we co-registered the high-resolution T1-weighted image to the mean functional image. The T1 images were then segmented into grey matter, white matter and bias field-corrected structural images. Then, the images were spatially normalized to the standard Montreal Neurological Institute (MNI) stereotaxic space and resampled to 3 x 3 x 3 mm. Finally, spatial smoothing was performed on the functional images using a Gaussian filter (8 mm full width half-maximum, FWHM).

The head motion parameters of all participants were calculated in the translational and rotational directions (i.e., x, y, z, roll, pitch and yaw). Participants were excluded if their maximum translation was > 2 mm or their rotation was > 2° in any direction; none of the participants exhibited excessive movement. Head motion in all directions was compared between the groups, and we found that the head motion parameters of the migraine and control groups did not significantly differ (x, P = 0.79; y, P = 0.99; z, P = 0.82; pitch, P = 0.62; roll, P = 0.70; yaw, P = 0.99).

Data analysis

ICA and DMN analysis

We applied ICA to the preprocessed data using Group ICA of the fMRI Toolbox (GIFT 4.0a, http://icatb.sourceforge.net/), which utilizes the Infomax algorithm. The preprocessed group data were decomposed into 20 spatial ICs (the default value). The data were concatenated and reduced by two-stage principal component analysis (PCA). Subsequently, the ICs were calculated using the Infomax algorithm. The GICA-3 back reconstruction step was used to separate single-subject components from the set of aggregate components calculated by the previous step. Finally, for all subjects, spatial components maps were acquired and converted to z-score maps.

The DMN was selected by visual inspection from 20 aggregate spatial ICs and based on brain regions associated with the DMN in previous studies [21, 22]. To estimate intra-group spatial consistency, we performed one-sample t-tests (P < 0.001, false discovery rate (FDR) corrected) on the DMN spatial maps for migraineurs without aura and the control group. Two-sample t-tests were used to evaluate inter-group differences within a mask created by the union map of the one-sample t-test images, and the covariates age and gender were removed to control their effects. To address the issue of multiple comparisons, the statistical maps were thresholded at P < 0.001 (voxel level) and FWE corrected to P < 0.05 at the cluster level. The surviving clusters were reported.

ReHo and FC analysis

We used DPABI v2.1 to conduct the ReHo and FC analysis. Linear trends were removed from the unsmoothed data. Spurious signals, including the time series of six head motion parameters, the white matter and the cerebrospinal fluid were regressed out using a general linear model based on the fMRI data. Then, a temporal bandpass filter (0.01 < f < 0.1 Hz) was applied to reduce the influence of low-frequency drift and high-frequency respiratory and cardiac noise.

Table 1: Demographics and clinical scores of the migraineurs without aura and the controls

|                      | Migraine group (Mean ± SD) | Control group (Mean ± SD) |
|----------------------|----------------------------|---------------------------|
| **Age (years)**      | 41.8 ± 10.2                | 420 ± 10.3                |
| **Disease duration (years)** | 9.8 ± 7.3                 | -                         |
| **Attack duration (hours)** | 18.0 ± 15.5               | -                         |
| **Attack frequency (times/months)** | 3.1 ± 2.2                | -                         |
| **VAS**              | 7.7 ± 1.9                  | -                         |
| **MIDAS**            | 10.4 ± 7.6                 | -                         |
| **HIT-6**            | 61.2 ± 9.6                 | -                         |
| **HAMA**             | 4.4 ± 4.5                  | 1.2 ± 0.7**               |
| **HAMD**             | 3.0 ± 2.6                  | 1.7 ± 0.8*                |

HAMD: Hamilton anxiety scale; HAMA: Hamilton depression scale; MIDAS: Migraine disability assessment scale; VAS: Visual analog scale.
An individual ReHo map was generated by calculating the concordance of KCC of the time series of a given voxel with those of its 26 nearest neighbours [6]. To eliminate the effect of individual diversification, the ReHo value of each voxel was converted into a z-score by subtracting the mean ReHo value and dividing by the standard deviation of the whole-brain ReHo map. The standardized ReHo maps were spatially smoothed within 8 mm FWHM Gaussian kernel. Before evaluating FC, we smoothed the filtered fMRI data with an 8 mm FWHM Gaussian kernel. The brain regions for which ReHo was significantly altered were used as seed regions in the whole-brain FC analysis. Then, we extracted the mean time course from the seed regions (using a 6-mm spherical region of interest (ROI) centred at the peak significant coordinate), and Pearson correlation was used to correlate these time courses with whole-brain voxels. Finally, the FC maps were converted to z-score maps by Fisher Z-transformation.

The maps of significant differences in ReHo and FC maps of the 22 migraineurs without aura and the 22 age- and gender-matched controls were compared using voxel-wise two-sample t-tests with age and gender as co-variates within a brain mask. The ReHo statistical maps used the same correction method as the ICA statistical analysis to address the issue of multiple comparisons. A stricter correction level ($p < 0.005$, FDR corrected) was used for the FC statistical maps because we obtained too many clusters if we used the same multiple comparison correction methods described above. The surviving clusters were reported.

**Correlation analysis**

Individual mean ICA z-scores and ReHo z-scores for the surviving clusters of the migraineurs without aura and control groups were extracted for linear correlation with the clinical data, including disease duration, attack frequency and attack duration, as well as VAS, MIDAS, HIT-6, HAMA and HADA scores.

**Results**

**Demographic and clinical data of the migraineurs without aura and control groups**

The demographic and clinical data of migraineurs without aura and controls are presented in Table 1. The age and gender demographic factors did not significantly differ between the migraineurs without aura and control groups. In addition, although anxiety and depression disorders were excluded in our study, we found significantly increased HAMD scores ($P < 0.001$) and slight increased HAMA scores ($P < 0.1$) in the migraineurs without aura group (see Table 1).

**ICA**

The DMN connectivity pattern of the migraineurs without aura and control groups was consistent with those found in previous studies, significant differences could not be identified by visual inspection (Fig. 1). The brain areas in the DMN included the medial prefrontal cortex, anterior and posterior cingulate cortices, precuneus, angular gyrus and cerebellar areas. Compared with the control group, the migraineurs without aura showed increased intra-network connectivity in the left PCC and precuneus (Table 2 and Fig. 1b).

**ReHo and FC**

Compared with the controls, the migraineurs without aura exhibited significantly increased ReHo values in the bilateral precuneus and PCC, left pons and trigeminal nerve entry zone (Table 2 and Fig. 2b). To further investigate the FC between the areas of abnormal ReHo and other brain areas, we compared the FC between the precuneus and other brain regions between the migraineurs without aura and the controls using the peak in the precuneus/PCC as the ROI (region of interest) seed. The FC of the precuneus with the whole-brain was compared between the migraineurs without aura and the age- and gender-matched controls. The migraineurs without aura showed weaker FC between the left precuneus and the left inferior and superior occipital gyri, bilateral middle occipital gyri, bilateral cuneus, bilateral superior parietal lobules, bilateral somatosensory cortex (postcentral gyrus), right dorsolateral prefrontal cortices (middle, superior and inferior frontal gyri), left dorsolateral prefrontal cortices (middle and inferior frontal gyri), right premotor cortex, pons, bilateral cerebellar posterior lobes, right paracentral lobule, right middle cingulate gyrus and bilateral supplementary motor areas (Table 3).

**Correlation with clinical scores**

We found that the ICA z-score of the precuneus/PCC and the ReHo z-score of the trigeminal nerv er entry zone were positively correlated with the HIT-6 score (Figs. 1d and 2d). There were no significant correlation between the mean ReHo/ICAz-scores within the altered brain areas and disease duration, attack frequency and attack duration, as well as VAS, MIDAS, HAMA and HADA scores in the migraineurs without aura.

**Discussion**

The main study finding is that the FC in the bilateral precuneus/PCC within the DMN was increased; ReHo values were also increased in the bilateral precuneus/PCC, and the FC between the precuneus and other brain areas was decreased. These results suggest that the inter-FC within the precuneus/PCC was increased, while the FC with other brain areas was decreased. Our data
Table 2  Group differences in default mode network functional connectivity and regional homogeneity between migraineurs without aura and healthy controls

| Predominant regions in cluster                                      | Cluster size | PeakT value | MNI coordinates x | y | z | Cluster-level P_{FWE-corr} |
|---------------------------------------------------------------------|--------------|-------------|-------------------|---|---|---------------------------|
| DMN functional connectivity increase in migraine group              |              |             |                   |   |   |                           |
| Left posterior cingulate cortex and precuneus                      | 30           | 4.83        | −6                | −48| 12| 0.070                     |
| ReHo increase in migraine group                                     |              |             |                   |   |   |                           |
| Bilateral posterior cingulate cortex and precuneus                 | 204          | 5.66        | −6                | −54| 18| 0.001                     |
| Left pons and trigeminal nerve entry zone                          | 115          | 5.40        | −18               | −21| −36| 0.014                     |

P < 0.001 at voxel level and alteration significant at the cluster level (P < 0.05, FWE corrected) will be reported
demonstrate precuneus/PCC dysfunction in migraineurs without aura.

High DMN activity occurs when the mind is not engaged in specific behavioural tasks; in contrast, DMN activity is low when attention is focused on the external environment, and the DMN has been implicated in mind wandering, self-referential processing, spontaneous cognition and consciousness [23]. Lower FC in the DMN has been observed in neuropsychiatric conditions such as Alzheimer’s disease, minimally conscious states and vegetative states [24, 25]. The precuneus/PCC, which is the strongest hub in the brain has been functionally linked to regions that constitute the DMN and plays a pivotal role in the DMN [15, 26]. The precuneus/PCC hub has been proposed to participate in information transfer and multimodal integration, which might be essential for the processing of spontaneous thoughts and for internal awareness [26]. Previous task-based fMRI studies have reported greater visual stimuli-induced precuneus activation in migraineurs without aura than in controls [1]. Kim et al. also reported that migraineurs without aura exhibited significant hypometabolism in the PCC compared with a healthy group [27]. The high FC and ReHo values of the precuneus/PCC indicate an increase in the correlations and synchronizations of local spontaneous brain activity, suggesting abnormal functional of the precuneus/PCC. Furthermore, the value of FC for the precuneus/PCC within DMN was positively correlated with the HIT-6 score, which suggests that the abnormally high FC strength of the precuneus/PCC would play a role in the pathophysiology of migraine and would impact the patient’s daily of life.

Goffaux et al. found that pain sensitivity in healthy adults was closely tied to pain-evoked responses in the contralateral precuneus [16]. In addition, Emerson at al. investigated the relationship between grey matter density and interindividual differences in pain sensitivity in 116 healthy volunteers and revealed a significant inverse relationship between pain sensitivity and grey matter density in bilateral regions of the PCC, precuneus, intraparietal sulcus and inferior parietal lobule [17]. Schwedt et al. also found negative correlations between pain thresholds and cortical thickness in the left precuneus/PCC in healthy controls; by contrast, migraineurs without aura exhibited

**Fig. 2** Regional homogeneity (ReHo) maps in migraineurs without aura and healthy controls and the differences between groups. **a** The ReHo maps of each group were obtained by one-sample t test (FDR corrected, *P* = 0.001). **b** When comparing controls, the migraine patients exhibited significantly increased ReHo values in the bilateral precuneus/PCC, pons and trigeminal nerve entry zone. **c** The mean ReHo z-scores were extracted within the significantly altered brain area of each subject. There were no significant differences in ReHo between the female and male migraineurs without aura. **d** The ReHo z-score of the trigeminal nerve entry zone was positively correlated with the HIT-6 score (*r* = 0.43, *p* < 0.05). HC, healthy control; M, migraineurs without aura.
positive correlations between pain thresholds and cortical thickness in the right precuneus [18]. In our study, the migraines without aura showed abnormal spontaneous brain activity in the bilateral precuneus/posterior cingulate cortex.

Compared with the controls, the migraines without aura showed a significant decrease in functional resting-state connectivity between the left precuneus and the left inferior and superior occipital gyri, bilateral middle occipital gyri, bilateral cuneus, bilateral superior parietal lobules, bilateral cerebellar posterior lobes, right paracentral lobule, right middle cingulate gyrus and bilateral supplementary motor areas. These brain regions are all involved in the processing of pain [1]. The bilateral somatosensory cortex, left premotor cortex, bilateral dorsolateral prefrontal cortices, right premotor cortex, pons, bilateral cerebellar posterior lobes, right paracentral lobule, right middle cingulate gyrus and bilateral supplementary motor areas. These brain regions are all involved in the processing of pain [1]. The bilateral somatosensory cortex, left premotor cortex, bilateral dorsolateral prefrontal cortices, right premotor cortex, bilateral supplementary motor areas and bilateral superior parietal lobules participate in the discrimination of sensory features of pain [28]. Thus, overall, the migraineurs without aura showed increased FC and ReHo values within the precuneus/PCC and decreased FC with other brain areas; these observations suggest precuneus/PCC dysfunction, including local overactivity and abnormal linkage with other brain areas. The ventral precuneus/PCC is one of the major cortical hubs linked to 4 cortical networks: the default mode, dorsal attention, visual and somatosensory networks [26]. The precuneus/PCC is considered the central node of the DMN and is involved in information transfer and multimodal integration [26, 29]. In a recent review, PCC function was proposed to include three dimensions (i) the state of arousal; (ii) the balance between internally and externally focused attention; and (iii) the breadth of attention [30]. The precuneus is also associated with pain sensitivity [16–18]. Thus, the abnormalities in the precuneus/PCC, which suggest that migraineurs without aura may suffer from information transfer and multimodal integration dysfunction as well as a high arousal state, imbalance between internally and externally directed attention and multisensory integration abnormalities, may also result in hypersensitivity to somatosensory, visual, auditory and olfactory stimuli and affect pain sensitivity and processing [1, 19, 26, 29, 30].

We also observed increased ReHo in the pons and trigeminal nerve entry zone (which are agreeable with the principal trigeminal nuclei) in migraineurs without aura.
These areas are all involved in pain processing. The pons and trigeminal nerve entry zone are all part of the trigeminovascular pathway, which conveys nociceptive information from the meninges to the brain [31]. Previous studies support the notion that the brainstem has an important role in the complex pathophysiology of migraine headache and suggest a possible role of the dorsolateral pons in generating migraine attacks [32, 33]. The increased ReHo in these areas may reflect damage to modulatory systems that then cannot inhibit nociceptive drive from trigeminovascular afferents [34]. We observed that the ReHo properties of the trigeminal nerve entry zone were positively correlated with the HIT-6 score, which suggests that the abnormal degree of ReHo in the trigeminal nerve during the resting-state would affect the patient’s quality of life.

Although our research is informative with respect to the abnormal FC in the precuneus/PCC within the DMN as well as the increased ReHo value in the precuneus/PCC of migraineurs without aura, it has several limitations. First, we did not obtain structural information about the precuneus/PCC in migraineurs without aura, and the observed functional abnormalities may be associated with structural abnormalities [35, 36]. In future research, we will combine functional MRI and structural MRI to investigation function and organization in migraineurs without aura. In addition, a previous study reported that female migraineurs had a thicker posterior insula and precuneus cortices compared with male migraineurs and healthy controls of both sexes [37]. Considering the prevalence of migraine, the sample size of migraineurs without aura is relatively small, and our results should be verified using a large sample in a subsequent study. Furthermore, we investigated precuneus/PCC abnormalities in both female and male migraineurs and observed no significant differences in FC and ReHo values between the female and male migraineurs; this results may be due to the limited sample.

Conclusions
This study shows that migraineurs without aura have increased FC in the precuneus/PCC within the DMN as well as increased ReHo value in the precuneus/PCC. The abnormalities in the precuneus/PCC suggest that migraineurs without aura may exhibit information transfer and multimodal integration dysfunction, which may affect pain sensitivity and processing. Our study highlights precuneus/PCC abnormalities in migraineurs without aura; such abnormalities could play a role in the development of migraine symptoms.

Abbreviations
BOLD: Blood oxygen level-dependent; DMN: Default mode network; FC: Functional connectivity; fMRI: Functional magnetic resonance imaging; FWE: Family wise error; FWHM: Full width half-maximum; HAMA: Hamilton anxiety scale; HAMD: Hamilton depression rating scale; HIT: Headache impact test; ICA: Independent component analysis; ICHD: International Classification of Headache Disorders; ICs: Independent components; KCC: Kendall’s coefficient of concordance; MIDAS: Migraine disability assessment scale; MRI: Magnetic resonance imaging; PCA: Principal component analysis; PCC: Posterior cingulate cortex; ReHo: Regional homogeneity; ROI: Region of interest; VAS: Visual analogue scale

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Authors’ contributions
XD and JL designed the study. JZ, JS, MW, YZ, QZ, SW, GL, YW, FL and YS performed the experiments. JZ, HL, HZ and JL analysed the data. XD and JZ prepared the manuscript. All authors read and approved the final manuscript.

Competing interests
The authors declare that they have no competing interests.

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