Spontaneous symmetry breaking of Bose-Fermi mixtures in double-well potentials

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We study the spontaneous symmetry breaking (SSB) of a superfluid Bose-Fermi (BF) mixture in a double-well potential (DWP). The mixture is described by the Gross-Pitaevskii equation (GPE) for the bosons, coupled to an equation for the order parameter of the Fermi superfluid, which is derived from the respective density functional in the unitarity limit (a similar model applies to the BCS regime too). Straightforward SSB in the degenerate Fermi gas loaded into a DWP is impossible, as it requires an attractive self-interaction, while the intrinsic nonlinearity in the Fermi gas is repulsive. Nonetheless, we demonstrate that the symmetry breaking is possible in the mixture with attraction between fermions and bosons, like \textsuperscript{40}K and \textsuperscript{87}Rb. Numerical results are represented by dependencies of asymmetry parameters for both components on particle numbers of the mixture, \( N_{F} \) and \( N_{B} \), and by phase diagrams in the \((N_{F}, N_{B})\) plane, which displays regions of symmetric and asymmetric ground states. The dynamical picture of the SSB, induced by a gradual transformation of the single-well potential into the DWP, is reported too. An analytical approximation is proposed for the case when GPE for the boson wave function may be treated by means of the Thomas-Fermi (TF) approximation. Under a special linear relation between \( N_{F} \) and \( N_{B} \), the TF approximation allows us to reduce the model to a single equation for the fermionic function, which includes competing repulsive and attractive nonlinear terms. The latter one directly displays the mechanism of the generation of the effective attraction in the Fermi superfluid, mediated by the bosonic component of the mixture.

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I. INTRODUCTION

The achievement of quantum degeneracy in bosonic \textsuperscript{1} and fermionic \textsuperscript{2} gases of alkali atoms has opened the way to the investigation and manipulation of novel states of atomic matter, such as Bose-Einstein condensates (BEC) \textsuperscript{3, 4} and superfluid Fermi gases \textsuperscript{5}. A simple but reliable theoretical tool for the study of these trapped degenerate gases is the density-functional theory \textsuperscript{6}. In particular, the Gross-Pitaevskii equation (GPE), which accurately describes BECs in dilute gases, is the Euler-Lagrange equation produced by the Thomas-Fermi (TF) density functional which takes into regard the inhomogeneity of the condensate \textsuperscript{7}. In parallel to that, many properties of superfluid Fermi gases with balanced (equally populated) spin components, and the formation of various patterns in them, can be accurately described, under the conditions of the BCS-BEC crossover, by an extended TF density functional and its time-dependent version, as it has been shown recently \textsuperscript{8, 12}.

One of the fundamental effects in nonlinear media, including BEC, which has been studied in detail, is the spontaneous symmetry breaking (SSB) in double-well potentials (DWP). Asymmetric states trapped in symmetric DWP are generated by symmetry-breaking bifurcations from obvious symmetric or antisymmetric states, in the media with the attractive or repulsive intrinsic nonlinearity, respectively \textsuperscript{11} [the SSB under the action of competing attractive (cubic) and repulsive (quintic) terms was studied too \textsuperscript{12}]. In terms of BEC and other macroscopic quantum systems, the SSB may be realized as a quantum phase transition, which replaces the original symmetric ground state by a new asymmetric one, when the strength of the self-attractive nonlinearity exceeds a certain critical value. Actually, a transition of this type was predicted earlier in the classical context, viz., in a model of dual-core nonlinear optical fibers with the self-focusing Kerr nonlinearity \textsuperscript{13}. Still earlier, the SSB of nonlinear states was studied, in an abstract form, in the context of the nonlinear Schrödinger equation (NLSE) with a potential term \textsuperscript{14}, as well in the discrete self-trapping model \textsuperscript{15}. The latter approach to the description of the SSB effects was later developed in many works in the form of the two-mode expansion, each mode representing a mode which is trapped in one of the potential wells (see Refs. \textsuperscript{16} and references therein). As concerns the interpretation of the SSB as the phase transition, it may be categorized as belonging to the first or second kind (alias sub- or supercritical SSB mode), depending on the form of the nonlinearity, spatial dimension, and the presence or absence of a periodic external potential (an optical lattice) acting along the additional spatial dimension (if any \textsuperscript{17}). In the experiment, the self-trapping of asymmetric states has been demonstrated in the condensate of \textsuperscript{87}Rb atoms with repulsive interactions \textsuperscript{18}. Theoretical studies of the SSB in BECs were extended in various directions. In particular, the symmetry break-
ing of matter-wave solitons was predicted in various two-dimensional (2D) DWP settings \cite{17}, including the spontaneous breaking of the skew symmetry of solitons and solitary vortices trapped in double-layer condensates with mutually perpendicular orientations of quasi-one-dimensional optical lattices induced in the two layers \cite{18}. A different variety of the 2D geometry, which gives rise to a specific mode of the SSB, is based on a symmetric set of four potential wells \cite{20} (a three-well system was considered too \cite{21}). Recently, self-trapping of asymmetric states was predicted in the model of the BEC of dipolar atoms, which interact via long-range forces \cite{22}. SSB was also studied in the context of the NLSE with a general nonlinearity \cite{23}. The symmetry breaking is possible not only in linear potentials composed of two wells, but also in a similarly structured pseudopotential, which is produced by a symmetric spatial modulation of the nonlinearity coefficient, with two sharp maxima \cite{24}.

Another generalization is the study of the SSB in two-\cite{25} and three-component (spinor) \cite{26} BEC mixtures, where the asymmetry of the density profiles in the two wells is coupled to a difference in distributions of the different species. Further, the analysis was extended to a Bose-Fermi (BF) mixture in Ref. \cite{27}, where a “frozen” fermion component was treated as a source of an additional potential for bosons. Dynamical manifestations of the symmetry breaking (Josephson oscillations) in a Fermi superfluid trapped in the DWP were recently considered too \cite{28}.

In spite of many realizations of the SSB studied in the models of degenerate quantum gases, the self-trapping of stationary asymmetric states has not yet been considered in fermionic systems. An obvious problem is that a Fermi gas, loaded into a DWP, cannot feature a direct self-attractive nonlinearity, which is necessary to induce the SSB in symmetric states.

The objective of the present work is to introduce a model in which the SSB in a trapped Fermi superfluid is possible due to an effective attraction mediated by a bosonic component, mixed with the fermionic one. Actually, we consider the SSB in semi-trapped BF mixtures, with the DWP acting on a single species, either the fermionic or bosonic one, as this setting may be sufficient to hold the entire mixture in the trapping potential, and induce the SSB in its fermionic component. The analysis will be performed in the framework of a mean-field model, which couples, via nonlinear attraction terms, the GPE for the bosonic component to an equation for the fermionic order parameter, derived from the respective density functional. Inducing an effective boson-mediated attraction between the fermions requires an attractive BF interaction. For this purpose, we take well-known physical parameters corresponding to the \(^{87}\text{Rb} - ^{40}\text{K}\) mixture, which features repulsion between rubidium atoms and attraction between the rubidium and potassium, characterized by the respective positive and negative scattering lengths, \(a_{\text{Rb}} > 0\) and \(a_{\text{BF}} < 0\) \cite{29}. We consider the case when the spin-balanced fermionic component of the mixture is in the unitary regime, corresponding to a diverging scattering length which accounts for the interaction between the fermionic atoms with opposite orientations of the spin, \(a_{\text{F}} \to \pm \infty\) (while the BCS regime corresponds to the vanishingly weak attraction, with \(a_{\text{F}} \to -0\); in either limit, the effective fermionic Lagrangian does not depend explicitly on \(a_{\text{F}}\)). In fact, the same model with a different coefficient of the effective self-repulsion in the Fermi superfluid applies to the description of the BF mixture with the fermionic component falling into the BCS regime. Although the self-interaction, induced by the quantum pressure, in the equation for the fermionic order parameter is always repulsive, we demonstrate that the SSB in the fermionic component is indeed possible in the \(^{87}\text{Rb} - ^{40}\text{K}\) mixture, due to the BF attraction which, as said above, mediates an effective attraction force in the Fermi superfluid. We also conclude that the attraction can induce symmetry-preserving or symmetry-breaking localization of both components in the semi-trapped mixture, depending on the numbers of the bosons and fermions in it.

The paper is organized as follows. The model is formulated, in a sufficiently detailed form, in Section II. Results produced by the numerical analysis are reported in Section III, for two variants of the model, with the DWP acting either only on the fermions, or on the bosons. In Section IV, we report approximate analytical results, obtained by means of the TF approximation applied to the GPE for the bosonic wave function. In particular, assuming a specific linear relation between the fermion and boson numbers, we can reduce the model to a single equation for the fermionic wave function with competing self-repulsive and self-attractive terms, the latter one explicitly demonstrating the mechanism of the effective attraction between the fermions mediated by “enslaved” bosons. The analytical results offer a qualitative explanation to general findings produced by the numerical analysis. The paper is concluded by Section V.

II. THE MODEL

Our starting point is a model for the degenerate rarified quantum gas composed of \(N_{\text{B}}\) condensed bosons of mass \(m_{\text{B}}\) and \(N_{\text{F}}\) fermions of mass \(m_{\text{F}}\), in two equally-populated spin components, at zero temperature. The fermionic component is assumed to be in the superfluid state at unitarity or, alternatively, in the BCS regime. The system is made effectively one-dimensional (1D), assuming that the gas is confined in transverse directions by a tight axisymmetric harmonic potential, with trapping frequencies \(\omega_{\perp\text{B}}, \omega_{\perp\text{F}}\) for the bosons and fermions, respectively.

Within the framework of the density-functional theory for superfluids \cite{8, 9}, the 3D action of the BF mixture is

\[
S = \int (L_{\text{B}} + L_{\text{F}} + L_{\text{BF}}) \, d^{3}r \, dt, \tag{1}
\]
where $\mathcal{L}_B$ is the ordinary bosonic Lagrangian density,
\[ \mathcal{L}_B = \frac{i}{\hbar} \left[ \psi_B^* \frac{\partial \psi_B}{\partial t} - \psi_B \frac{\partial \psi_B^*}{\partial t} \right] - \frac{\hbar^2}{2m_B} |\nabla \psi_B|^2 - U_B |\psi_B|^2, \]
with $R$ the transverse cylindric radial coordinate and $V_B(z)$ the potential acting in the axial direction $z$. The bosonic superfluid velocity is $v_B(r, t) = (\hbar/m_B)^2 \nabla \theta_B(r, t)$, where $\theta_B(r, t)$ is the phase of order parameter.

The Galilean-invariant Lagrangian density $\mathcal{L}_F$ of the Fermi gas with two equally-populated spin components is [8,30]
\[ \mathcal{L}_F = \frac{i}{4} \left[ \psi_F \frac{\partial \psi_F^*}{\partial t} - \psi_F^* \frac{\partial \psi_F}{\partial t} \right] - \frac{\hbar^2}{2m_F} |\nabla \psi_F|^2 - \frac{3}{5} \frac{\hbar^2}{2m_F} (3\pi^2)^{2/3} |\psi_F|^{10/3} - U_F |\psi_F|^2, \]
where $\psi_F(r, t)$ is the superfluid order parameter of the Fermi gas at unitary [8]. $2m_F$ is the mass of a pair of fermions with spins up and down, and the potential acting on the fermionic atoms is
\[ U_F(r) = \frac{1}{2} m_F \omega_{\perp F}^2 R^2 + V_F(z), \]
cf. its bosonic counterpart [3]. The fermionic superfluid velocity is $v_F(r, t) = (\hbar/2m_F)^2 \nabla \theta_F(r, t)$, where $\theta_F(r, t)$ is the phase of order parameter, $\psi_F(r, t) \equiv \sqrt{n_F(r, t)} e^{i\theta_F(r, t)}$, and $n_F(r, t)$ is the density of fermionic atoms.

Under these conditions, we can adopt the known factorized ansätze for the 3D wave functions [31],
\[ \psi_B(r, t) = \sqrt{N_B} e^{-R^2/(2a_{\perp B}^2)} \Phi_B(z, t), \]
\[ \psi_F(r, t) = \sqrt{N_F} e^{-R^2/(2a_{\perp F}^2)} \Phi_F(z, t), \]
where $\Phi_B(z)$ and $\Phi_F(z)$ are the 1D (axial) wave functions, which are subject to the usual normalization conditions,
\[ \int_{-\infty}^{+\infty} |\Phi_B(z, t)|^2 dz = \int_{-\infty}^{+\infty} |\Phi_F(z, t)|^2 dz = 1. \]

For the condensed bosons and superfluid fermions at the unitarity. The boson and fermion components exhibit the effective 1D behavior if their chemical potentials are much smaller than the corresponding transverse-trapping energies, $\hbar \omega_{\perp B}$ and $\hbar \omega_{\perp F}/2$. Notice that the effective mass $2m_F$ in the fermionic harmonic length of Eq. 7 is a direct consequence of the coefficient 1/8 in gradient term $|\nabla \psi_F|^2$ of the fermionic Lagrangian [9]. This coefficient is chosen to reproduce very accurately the Monte Carlo simulations of the 3D unitary Fermi gas [8,9,30].

In the nearly 1D configuration, transverse widths of the atomic distributions are determined by the width of the ground states of the respective harmonic oscillators:
\[ a_{\perp B} = \sqrt{\hbar/(m_B \omega_{\perp B})}, a_{\perp F} = \sqrt{\hbar/(2m_F \omega_{\perp F})}, \]
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\[ \int_{-\infty}^{+\infty} |\Phi_B(z, t)|^2 dz = \int_{-\infty}^{+\infty} |\Phi_F(z, t)|^2 dz = 1. \]

Inserting expressions [8] and [9] into Eq. 11, the action can be written as $S = S^{(1D)} - [N_B \hbar \omega_{\perp B} - N_F \hbar \omega_{\perp F}/2] t$, with the effective 1D action
\[ S^{(1D)} = \int dt \int_{-\infty}^{+\infty} dz \left( \mathcal{L}_B^{(1D)} + \mathcal{L}_F^{(1D)} + \mathcal{L}_{BF}^{(1D)} \right), \]
where the usual 1D Gross-Pitaevskii Lagrangian density is
\[ \mathcal{L}_B^{(1D)} = N_B \left( \frac{\hbar}{4} \left[ \Phi_B^* \frac{\partial \Phi_B}{\partial t} - \Phi_B \frac{\partial \Phi_B^*}{\partial t} \right] - \frac{\hbar^2}{2m_B} \left| \frac{\partial \Phi_B}{\partial z} \right|^2 \right) \]
\[ - V_B |\Phi_B|^2 - \frac{1}{2} G_B |\Phi_B|^4, \]
where the boson self-interaction strength in 1D is
\[ G_B \equiv 2N_B \hbar \omega_{\perp B} a_B. \]

Further, the 1D fermionic Lagrangian density in Eq. 11 is
\[ \mathcal{L}_F^{(1D)} = N_F \left( \frac{\hbar}{4} \left[ \Phi_F^* \frac{\partial \Phi_F}{\partial t} - \Phi_F \frac{\partial \Phi_F^*}{\partial t} \right] - \frac{\hbar^2}{8m_F} \left| \frac{\partial \Phi_F}{\partial z} \right|^2 \right) - \frac{3}{5} \frac{4}{3} |\Phi_F|^{10/3} - V_F |\Phi_F|^2, \]
with the effective strength of the fermionic quantum pressure,
\[ A = (3\pi^2)^{2/3}(4\xi/5) \hbar^2 N_F^{2/3} / (2m_F a_{\perp F}^{4/3}), \]
emerging as the coefficient in front of the bulk kinetic energy of the Fermi gas in the unitarity limit. Finally, the 1D Lagrangian density of the BF interaction is
\[ \mathcal{L}_{BF}^{(1D)} = -N_B N_F G_B |\Phi_B|^2 |\Phi_F|^2, \]
where the corresponding 1D interaction strength is
\[ G_{BF} = 2\hbar^2 a_{BF}/(m_R a_{LB} a_{LF}). \]  
(17)

For numerical calculations, we set \( a_{LB} = a_{LF} \equiv a_{L} \) and \( \omega_{LB} = \omega_{LF} \equiv \omega_L \), measuring lengths and time in units of \( a_L \) and \( \omega_L^{-1} \), respectively. This implies that \( 2m_F = m_B \) (hence, \( m_R = m_B/3 \)), a condition which is roughly satisfied by the \(^{87}\text{Rb} \) – \(^ {40}\text{K} \) mixture. We consider \(^ {40}\text{K} \) atoms in the two equally-populated hyperfine states \( |F = 9/2, m_F = 9/2 \rangle \) and \( |F = 9/2, m_F = -7/2 \rangle \), and the \(^ {87}\text{Rb} \) atoms in the hyperfine state \( |F = 2, m_F = 2 \rangle \). This mixture is a good candidate for experimental study of the SSB because the BF scattering length is negative, as stressed above, \( a_{BF} \approx -284 a_0 \), where \( a_0 \) is the Bohr radius [29]. Simultaneously, the scattering length for collisions between rubidium atoms is positive, \( a_{BB} \approx 108 a_0 \) [3, 24, 37]. In principle, the magnetic field inducing the Feshbach resonance can affect the values of \( a_{BF} \) and \( a_{BB} \), but we neglect this effect in all the calculations reported in the present work.

The application of the variational procedure to the effective action [11] produces a system of coupled NLSEs,
\[
\begin{align*}
-\frac{1}{2} \frac{\partial^2}{\partial x^2} + W_B(x) + g_B|\phi_B|^2 \\
+ g_{BF} N_B|\phi_F|^2 \phi_B = i \frac{\partial}{\partial \tau} \phi_B,
\end{align*}
\]  
(18)
and
\[
\begin{align*}
-\frac{1}{8} \frac{\partial^2}{\partial x^2} + g_B|\phi_F|^4/3 + W_F(x) \\
+ g_{BF} N_B|\phi_B|^2 \phi_F = i \frac{\partial}{\partial \tau} \phi_F,
\end{align*}
\]  
(19)
where \( x = z/a_{L}, \ \tau = \omega_L t \), and \( \phi_B = a^{1/2}_{L} \Phi_B, \ \phi_F = a^{1/2}_{L} \Phi_F, \ W_B = V_B/(\hbar \omega_L), \ W_F = V_F/(\hbar \omega_L) \), and the renormalized interaction coefficients are derived from expressions [13, 15], and [17].

\[
\begin{align*}
g_B &= G_B/(\hbar \omega_L a_L) \equiv 2 (a_B/a_L) N_B, \\
g_{BF} &= G_{BF}/(\hbar \omega_L a_L) \equiv 6 a_{BF}/a_L, \\
g_F &= A/(a^{2/3}_L \hbar \omega_L) \equiv (3\pi^2)^{2/3} (3\xi/5) N_B^{2/3}.\end{align*}
\]  
(20)
Note that the rescaled wave functions are subject to the same normalization conditions as in Eqs. [10], i.e.,
\[
\int_{-\infty}^{\infty} |\phi_B(x, \tau)|^2 dx = \int_{-\infty}^{\infty} |\phi_F(x, \tau)|^2 dx = 1. \quad (21)
\]
If condition \( 2m_F = m_B \) does not hold, the coupled equations can be cast in the same form, with a difference that coefficient \( 2m_F/m_B \) appears in front of the second derivative in Eq. [13].

The coupled NLSEs in the form of Eqs. [11] actually generalize the static and dynamical equations for BF systems which were used in various settings in Refs. [32]. In particular, the semi-phenomenological equations used for the study of 1D gap solitons in the BF mixture in Ref. [33] are also tantamount to Eqs. [19], up to a difference in coefficients.

To find stationary solutions to Eqs. [13] and [19], we employed a Crank-Nicolson finite-difference scheme for simulations of the equations in imaginary time, using the Fortran codes provided in Ref. [34]. We employed space and time steps \( \Delta x = 0.025 \) and \( \Delta \tau = 0.001 \), and a sufficiently large number of iterations to ensure the convergence. The stability of the stationary solutions against small perturbations was then tested by simulations in real time.

Due to the attractive character of the BF interactions \( (a_{BF} < 0) \), the true ground state of the 3D mixture collapses towards energy \( E = -\infty \). Nevertheless, because of the strong transverse confinement, the quasi-1D metastable state has an indefinitely long lifetime [35]. Actually, stationary solutions generated by the imaginary-time integration represent the ground state of the effective one-dimensional BF system based on Eqs. [18] and [19] – in the same sense as the famous matter-wave solitons realize the ground state of the quasi-1D condensate of \(^{7}\text{Li} \) atoms [36].

III. RESULTS OF THE NUMERICAL ANALYSIS

A. Axially trapped fermions and free bosons

We start the analysis by considering the configuration with the DWP acting solely on the fermionic component:
\[
W_F(x) = \alpha_F x^2 + \beta_F \exp (-\gamma_F x^2), \quad W_B(z) = 0, \quad (22)
\]
where all constants are positive. An elementary consideration of this potential demonstrates that it features the double-well structure provided that \( \alpha_F < \beta_F \gamma_F \), with two symmetric potential minima located at points
\[
x_{min} = \pm \gamma_F^{-1/2} \sqrt{\ln (\beta_F \gamma_F / \alpha_F)}. \quad (23)
\]
We report results of simulations for \( \alpha_F = 1/2, \ \beta_F = 16, \ \gamma_F = 10 \), which adequately represents the generic situation; in this case, Eq. [23] yields \( x_{min} \approx \pm 0.76 \).

The purpose of the analysis is to construct \( x \)-symmetric and asymmetric ground states of the system, varying the control parameters, and identify the respective SSB bifurcation, i.e., the transition to the asymmetric ground state. The asymmetry of its Fermi and Bose components is characterized by parameters
\[
\theta_{F,B} = \frac{\int_0^x |\phi_{F,B}(x)|^2 dx - \int_{-\infty}^0 |\phi_{F,B}(x)|^2 dx}{\int_{-\infty}^\infty |\phi_{F,B}(x)|^2 dx}. \quad (24)
\]
Recall that the denominator in this expression is actually 1 for both species, as per Eq. [21].

In Fig. 1 we display a set of axial (1D) profiles of the densities of both components in the ground state, generated by the integration of Eqs. [18] and [19] in imaginary
time, in the case of the BF attraction and weak repulsion between the bosons. The respective values of the interaction coefficients in Eqs. (18) and (19) are taken as per Eqs. (20), with the above-mentioned values of $\alpha_{BF}$ and $\alpha_B$ for the $^{87}$Rb $- ^{40}$Kb mixture and a fixed transverse-trapping length, $a_\perp = 1$ $\mu$m, substituting various values of atomic numbers $N_B$ and $N_F$. The figure clearly shows the transition from the symmetric ground state to the asymmetric one, with the increase of the number of bosons, $N_B$, i.e., as a matter of fact, the strength of both the boson-boson and BF interactions. Accordingly, the increase of $N_B$ leads to a stronger overlap between the bosons and fermions, and to the SSB, i.e., the transition from symmetric ground states to an asymmetric one, which happens (simultaneously in both components) between $N_B = 150$ and $170$, for a fixed number of fermions, $N_F = 300$.

Similarly to what is shown in Fig. 1, the symmetric ground state is replaced by an asymmetric one with the increase of $N_F$ at fixed $N_B$, as this implies the strengthening of the BF interaction. The summary of the results for the SSB in the present setting is provided in Figs. 2 by plots of asymmetry parameters $\Theta$ versus $N_B$ for fixed $N_F$, and vice versa. Naturally, the SSB of both components happens at the same point [for instance, at $N_B \approx 105$ in panel (a)]. Nevertheless, the resulting bosonic asymmetry is essentially stronger [in Fig. 1(a)] – up to a point, $N_B \approx 580$, at which both $\theta_B$ and $\theta_F$ attain values very close to 1, i.e., practically all the atoms are collected in a single potential well. In Fig. 1(b), the behavior of the fermionic asymmetry, $\Theta_F$, is different: it jumps to a maximum value at the SSB point, and then gradually decreases. This difference between the bosonic and fermionic components is natural, as the intrinsic repulsion in the latter one tends to restore the symmetry between the distributions of atoms in the two potential wells.

The results are further summarized in Fig. 3, which displays the phase diagram of the mixture. There are three regions in the $(N_F, N_B)$ plane: an area where the attraction to fermions cannot keep bosonic atoms in the trapped state (“free bosons”), the region where the bosons and fermions are trapped in the symmetric state, with respect to the DWP, and the SSB region, where the mixture is trapped in the asymmetric ground state.

An example of the dynamical development of the SSB from an initially symmetric configuration, in the case where the ground state is asymmetric, is presented by Fig. 4. Initially, the bosons and fermions form a stable symmetric bound state, via their mutual attraction, in the single-well potential acting on the fermions, which is taken in the form of $V_F(x) \sim \frac{1}{2} \beta_F x^2$. Then, $\beta_F$
is ramped linearly in time ($0 < t < 80$) from $\beta_F = 0$ to $\beta_F = 16$, which leads to splitting the single potential well into two, as per Eq. $W_B = \alpha_B x^2 + \beta_B \exp(-\gamma_B x^2)$, $W_F = 0$ (25).

For this setting, numerical results are presented with $\alpha_B = 1/2$, $\beta_B = 16$, and $\gamma_B = 10$, i.e., the same parameters of the DWP as used above for the trapping the fermions. We again aim to construct the ground state of the system as a function of the control parameters, and investigate its spontaneous transition into an asymmetric shape.

Results of the analysis for this setting are summarized in the respective phase diagram of the mixture plotted in Fig. 5 (cf. Fig. 3). In this case too, there are three regions in the ($N_F, N_B$) plane: an area where the fermions cannot be held in a localized state by the attraction to bosons (“free fermions”), the region where the fermions are trapped, along with the bosons, in a symmetric ground state, and the region where the trapped ground state is asymmetric (“SSB”), for both the fermionic and bosonic components.

An example of the transition from the symmetric ground state of the BF mixture to an asymmetric one, caused by the increase of the number of fermions from $N_F = 10$ to $N_F = 1000$, while the number of bosons trapped in potential $W_B$ is kept constant, is displayed in Fig. 6. Although the applicability of the functional-density description for $N_F = 10$ [in panel (a)] may be disputed, this figure adequately shows the transition to the SSB.
C. The case of the fermionic component in the BCS regime

The analysis presented above pertained to the superfluid BF mixture with the spin-balanced fermion components in the unitarity regime, where the s-wave scattering length, $a_F$, which accounts for the interaction between the spin-up and spin-down fermions is extremely large (ideally, $a_F \to \pm \infty$). Actually, essentially the same Lagrangian (1) also applies to the BF mixture with the fermionic component kept in the BCS regime, with $a_F$ negative and small (ideally, $a_F \to -0$). In this regime, one is practically dealing with a gas of ideal fermions, because the respective superfluid energy gap is exponentially small. In practical terms, to study the system whose Fermi component falls into the BCS regime, it is sufficient to set $\xi = 1$ instead of $\xi = 0.45$ in Eq. (1) [4]. Obviously, this change of $\xi$ will make the fermions effectively more repulsive [see Eq. (15)], as the Pauli repulsion attains its maximum at $\xi = 1$. We have verified that, as the SSB in the mixture emerges chiefly due to BF attraction, the increase of the intrinsic repulsion in the Fermionic component corresponding to $\xi = 1$ makes the natural BF attraction in the $^{87}\text{Rb}-^{40}\text{K}$ mixture insufficient for the appearance of the SSB for relatively small values of $N_F$ and $N_B$ considered above. To achieve the transition to asymmetric ground states (for the same value of $a_\perp = 1 \mu m$ as taken above), it is necessary to consider values of $N_B$ and $N_F$ exceeding 1500 [cf. Figs. 5 and 6 which display the phase diagrams of the mixture with the fermionic component in the unitarity regime for $N_B, N_F \leq 1000$].

IV. THE ANALYTICAL APPROACH: THE THOMAS-FERMI APPROXIMATION FOR THE BOSE COMPONENT

A. The general case

For the application of the analytical approach, we use the stationary version of general equations (18) and (19), obtained by the substitution of $\phi_{B,F}(x, \tau) = \exp(-i\mu_{B,F}\tau)u_{B,F}(x)$, where chemical potentials for the localized states must be non-positive, $\mu_{B,F} \leq 0$, and real functions $u_{B,F}$ obey the following equations (with the prime standing for $d/dx$):

$$-\frac{1}{2}u_B'' + \left[-\mu_B + W_B(x) + g_Bu_B^2 + g_{BF}N_Fu_F^2\right]u_B = 0,$$

(26)

$$-\frac{1}{8}u_F'' + \left[-\mu_F + g_Fu_F^{4/3} + g_{BF}N_Bu_B^2 + W_F(x)\right]u_F = 0.$$

(27)

An essential simplification of Eqs. (26) and (27) can be achieved if the TF approximation may be applied to the former equation, i.e., the term with the second derivative may be neglected in it [3, 4, 6]. In the present setting, with the characteristic size of the trapped states $\Delta x \sim 1$ [see Eqs. (24) and Figs. 1 and 6] and the wave functions subject to normalization conditions (21), hence the amplitudes of normalized density $u_B^2(x)$ and $u_F^2(x)$ are also $\sim 1$, a straightforward consideration of Eq. (20) demonstrates that the kinetic energy (the second derivative) is negligible in comparison with either nonlinear term under conditions $N_B \gg a_\perp/a_B$ or $N_F \gg a_\perp/(10|a_{BF}|)$. For the value of $a_\perp = 1 \mu m$ adopted above, and the values of $a_B$ and $|a_{BF}|$ for the $^{87}\text{Rb}-^{40}\text{K}$ mixture, these conditions reduce to quite realistic inequalities, $N_B \gg 200$, $N_F \gg 10$.

If the TF approximation is valid, it allows one to solve Eq. (20) in the following form:

$$u_B^2(x) = \left\{ \begin{array}{ll}
g_B^{-1} \left|g_{BF}N_Fu_F^2(x) - W_B(x) + \mu_B\right|, & \text{at } |x| < x_0, \\
0, & \text{at } |x| > x_0,
\end{array} \right.$$

(28)

where it is taken into account that we are dealing with $g_{BF} < 0$, and $x_0$ is a positive root of equation

$$u_F^2(x_0) = (|g_{BF}|N_F)^{-1}W_B(x_0) - \mu_B.$$

(29)

Note that the bosonic chemical potential, $\mu_B$, is not an arbitrary parameter; instead, it must be found from the normalization condition (21), applied to expression (28):

$$2 \int_0^{x_0} \left[|g_{BF}|N_Fu_F^2(x) - W_B(x) + \mu_B\right] dx = g_B.$$

(30)

B. A tractable example

The substitution of approximation (28) for $u_B^2$ into equation (27) for the fermionic function, $u_F(x)$, allows
one to reduce the underlying system to a single equation for \( u_F(x) \); however, in the general case this equation is quite complex. In particular, the additional equation (32) for \( x \theta \) actually makes the resulting equation for \( u_F \) nonlocal. Thus, in the general case the TF approximation does not yield an explicit analytical solution. Nevertheless, it can be obtained in a special case, when \( W_B = 0 \) [cf. Eq. (32)] and \( \mu_B = 0 \). In this case, Eq. (32) yields a simple local relation,

\[
\frac{d^2}{dx^2} u_F(x) = (g_{BF} |N_F/g_B|) u_F^2(x),
\]

which is valid at all \( x \), and Eq. (30) reduces to a special relation between the boson and fermion numbers,

\[
N_F = g_B/|g_{BF}| \equiv -(a_B/3a_{BF}) N_B.
\]

where we have made use of Eqs. (20); note that this approximation is meaningful only in the case when the signs of \( a_B \) and \( a_{BF} \) are opposite. For the parameters of the \(^{87}\text{Rb} - ^{40}\text{K} \) mixture Eq. (32) amounts to \( N_F \approx 0.127 N_B \). Finally, the single equation for the fermionic stationary function takes the following form, upon the substitution of expression (31):

\[
-\frac{1}{8} u_F'' + |W_B(x) - \mu_B| u_F + \left(3\pi^2\right)^{2/3} \frac{3}{5} \frac{N_F^{2/3}}{a_{BF} a_{\perp}} u_F^{7/3} - \frac{18}{a_B a_{\perp}} N_F u_F^3 = 0,
\]

where we have again used Eqs. (20). Note that the last term in Eq. (33) directly illustrates the possibility proposed in this work, namely, that the interaction mediated by the boson field may give rise to an effective attraction in the Fermi component of the BF superfluid mixture: indeed, the coefficient in front of this term is proportional to the square of the scattering length, \( a_{BF}^2 \), which accounts for the BF attraction. It is also worthy to note that, in the present simplest approximation, which makes it possible to eliminate the boson field and reduce the model to the single equation for the fermionic function, the attractive character of the resulting boson-mediated interaction requires \( a_B > 0 \), i.e., the repulsive character of the direct interaction between the bosons. Note that in the case when both the BF and boson-boson interactions are attractive, i.e., both \( a_B \) and \( a_{BF} \) are negative, the present approximation is impossible, according to Eq. (32). In the case of the BF repulsion and boson-boson attraction, i.e., \( a_B < 0 \) and \( a_{BF} > 0 \), the approximation is possible, but it leads to an effective boson-mediated repulsion between the fermions.

Equation (33) is a variant of the stationary NLSE with two competing nonlinear terms, the self-repulsive one \( N_F^{2/3} u_F^{7/3} \), and the self-attractive cubic term. For \( a_{\perp} = 1 \ \mu\text{m} \) and the scattering lengths corresponding to the \(^{87}\text{Rb} - ^{40}\text{K} \) mixture, the coefficient in front of the cubic term is \( 18a_{BF}^2 / (a_B a_{\perp}) \approx 0.71 \), while, with \( \xi = 0.4 \) (recall it corresponds to the unitarity regime for the fermion component), the coefficient in front of the repulsive term is \( (3\pi^2)^{2/3}(3\xi/5) \approx 2.30 \).

The SSB controlled by competing nonlinearities, viz., self-focusing cubic and self-defocusing quintic terms, was studied in Refs. 12, where it was concluded that the respective SSB diagrams, showing the asymmetry versus the total norm of the mode (cf. Fig. 2), tend to form a closed loop connecting an initial symmetry-breaking bifurcation and a final symmetry-restoring one. The difference of Eq. (33) is that here the self-focusing (cubic) term has a higher nonlinearity power than its self-defocusing counterpart of power \( 7/3 \), therefore no closed-loop bifurcation diagram is expected in the present case.

The substitution of \( u_F(x) = v_F/\sqrt{N_F} \) casts Eq. (33) in a parameter-free form [the respective equation for \( v_F \) seems as Eq. (33) with \( N_F \) replaced by 1]; of course, this substitution changes normalization [24] for the fermionic function, as the norm of \( v_F \) is exactly \( N_F \), but not 1. Thus, in the present approximation, the BF mixture is described by the universal equation. This circumstance, along with condition (32) necessary for the applicability of Eq. (33), may explain the fact that the border of the trapped states in Fig. 3 is practically a straight line with the slope equal to 1, which runs into the SSB border at a critical value of \( N_F \) [the latter one actually corresponds to the critical norm of field \( v_F(x) \) at which the SSB occurs in the framework of Eq. (33)].

The actual SSB point generated by Eq. (33) can be predicted in an approximate analytical form by means of the two-mode expansion, which, as mentioned above, is commonly used for the description of SSB effects in DWP settings [16], assuming that the stationary solution is approximated by a superposition of two linear modes, \( u_\pm(x) \), which are trapped in the left and right potential wells:

\[
u_F(x) = A_+ u_+(x) + A_- u_-(x).
\]

Symmetric states correspond to \( A_+ = A_- \equiv A_0 \) in Eq. (34). The SSB border can be found by looking for a point where a solution with an infinitely small antisymmetric perturbation \( \delta \), \( A_+ = A_0 \pm \delta \), branches off from the parent symmetric state. By performing this analysis (we do not display straightforward details here), one finds that the value of \( A_0 \) for SSB scales inversely proportional to \( \sqrt{N_F} \), hence the increase of the number of particles facilitates the transition to the asymmetric ground state, as one may expect.

V. CONCLUSION

The objective of this work is to extend the analysis of the SSB (spontaneously symmetry breaking) in DWP settings (double-well potentials), which was recently studied in BEC and bosonic mixtures, to the BF (Bose-Fermi) mixtures. The system is described by the GPE (Gross-Pitaevskii equation) for the bosons, which is nonlinearly coupled to the equation for the fermionic order parameter derived from the density functional in
the unitarity limit (in fact, a similar model also applies to the BF mixture with the fermionic component kept in the BCS regime). Direct symmetry breaking in the Fermi superfluid trapped in the DWP is impossible, as it must be induced by attractive interactions, while density perturbations in the degenerate fermionic gas interact repulsively. Nevertheless, we have demonstrated that the SSB is possible in the mixture of $^{87}$Rb and $^{40}$K atoms, due to the attraction between fermions and bosons. The most interesting case, when the effective SSB in the fermionic component could be studied in the “pure form”, is that when the fermions are subject to the action of the DWP, while there is no potential confining the bosons. We have also investigated the alternative situation, with the DWP acting solely on the bosons. Our phase diagrams in the $(N_F, N_B)$ plane, produced by means of numerical methods, clearly show that the inter-atomic attractions can produce both symmetric and symmetry-broken localization of the atoms which are not subject to the direct action of the trapping potential. Applying the TF (Thomas-Fermi) approximation to the bosonic equation, we have also developed an analytical approximation, which allows us to reduce the model to the single equation for the fermionic function. In the latter case, the model explicitly demonstrates the generation of the effective attraction between fermions mediated by the bosons.

The analysis reported in this work can be extended in other directions. A straightforward generalization may deal with the system including the confining potential in both components, as well as a more general analysis of the TF approximation. A challenging possibility is to predict similar effects in multi-dimensional Bose-Fermi mixtures.

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