Influence of Nonthermal Atmospheric Plasma-Activated Water on the Structural, Optical, and Biological Properties of Aspergillus brasiliensis Spores

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Abstract: Plasma-activated water (PAW) has emerged as a platform for sterilizing fungal pathogens. In this study, we investigated the influence of PAW on black melanized spores of Aspergillus brasiliensis to explore the mechanism of fungal spore inactivation. PAW was prepared by activating deionized water with a nonthermal atmospheric pressure air plasma jet (soft plasma jet). The concentrations of H$_2$O$_2$ and NO$_x$ in the PAW treated by the soft plasma jet for 3 min were 50 µM and 1.8 mM, respectively, and the pH of the PAW was 3.10. The reactive oxygen and nitrogen species (RONS) in the PAW increased with longer plasma activation time. After being treated for 30 min in the PAW with a plasma activation time of 3 min, the spore viability dramatically dropped to 15%. The viabilities of 0.3% H$_2$O$_2$- and 0.3% HNO$_3$-treated spores were 22% and 42%, respectively. The breakage of the spore cell wall by the PAW was revealed in scanning electron microscope images and flow cytometry measurements. Disruption of cell wall integrity provides a path for intracellular components to escape and RONS of the PAW can attack intracellular components directly. Degradation of high molecular genomic DNA was also observed by agarose gel electrophoresis. These results suggest that long-lived reactive species generated in the PAW play an important role in the inactivation of melanized fungal spores. Consequently, PAW produced by a soft plasma jet can be applied to sterilize bioprotective walled fungal spores in a relatively large volume.

Keywords: Aspergillus brasiliensis; plasma-activated water; cell wall integrity; DNA degradation; fungal spore inactivation; reactive oxygen species; reactive nitrogen species

1. Introduction

Fungi are eukaryotic organisms that grow with hyphal cells and produce spores. They have evolved diverse morphological and genetic groups that are estimated to include 1.5–5.0 million species on earth [1]. They play key roles in natural ecosystems as material decomposers, mutualists with other organisms, and pathogens of animals, plants, and humans [2]. As plant pathogens, their increased infection on agricultural crops has been threatening food security worldwide [3]. Furthermore, the increase and broadening of their infection on wild host species have brought about severe die-offs and extinctions in some species [4]. As human pathogens, fungi can infect different parts of the human body such as lung, skin, and brain [5,6]. Infections of the membranes surrounding the spinal cord and brain and blood stream...
are less common than skin and lung infections but can be detrimental and fatal. Invasive pathogenic fungi can cause disease in healthy people and opportunistic fungal pathogens infect individuals already experiencing severe illness. Many fungi form small round airborne dispersal spores, which are produced from hyphal cells. Fungal spores dispersed through the air can adhere to medical devices and the surface of vegetables and fruits during food processing. Thus, fungal spores found in both indoor and outdoor environments have an infective potential in personal and public health and a contamination potential in food spoilage [7,8]. The management of fungal spores has been essential in the medical and food industry for the protection of human health and control of food hygiene. Diverse approaches including biological, chemical, and physical methods such as antifungal agents, photodynamic therapy, ultra-violet (UV) light sterilizer, and plasma treatment have been applied for fungal spore inactivation [9–11]. However, the application of each method has merits and demerits.

Recently, the effects of nonthermal atmospheric pressure plasma jets (NTAPPJ) on fungi have attracted considerable attention. An atmospheric pressure plasma jet or dielectric barrier discharge (DBD) plasma has been used for sterilization, inactivation, and cancer treatment [11–19]. We have been working on the effects of plasma treatment on the viability of fungal spores as a plasma sterilizer for fungal pathogens [19–22]. The atmospheric pressure plasma jet was applied to two entomopathogenic fungal species, and the results showed that it has the potential to be developed as an antifungal device. In a previous study exploring the killing mechanism of fungal spores by plasma treatment, it was demonstrated that plasma has a direct impact on the fungal cell wall and cellular components such as nucleolus DNA [19–22]. Generally, NTAPPJ could generate reactive oxygen and nitrogen species (RONS). When interacting with an aqua medium, NTAPPJ can produce additional reactive species by reactions between plasma radicals and water molecules, which could also be detrimental to fungal spores. NTAPPJ-treated water is known simply as plasma-activated water (PAW). The inactivation efficacy of PAW on fungal spores and biofilms was recently reported in Aspergillus flavus, a food contaminant [23]. However, how the PAW contributes to the damage of fungal spores, especially dark melanized and environmentally resistant spores, is not clear. Understanding of the mechanism of fungal spore inactivation by PAW is of great interest because PAW makes it possible to kill fungi in a relatively large volume that cannot be achieved by plasma jet.

This study was performed to clarify the influence of PAW on the viability and cell wall integrity of melanized fungal spores. For this purpose, we selected Aspergillus brasiliensis (formerly A. niger), a fungal species that produces tremendous amounts of melanin pigmented spores within short time periods and is present in the air and our living environment [24]. A. brasiliensis is a member of the black aspergilla including A. aculeatus, A. carbonarius, and A. niger. It is used in industry, in particular for enzyme production. However, it has also been associated with human asthma, ear and nose infections, and invasive pulmonary aspergillosis, especially in immunosuppressed individuals [25]. To achieve the aim of this study, we first investigated the properties of PAW generated by soft plasma jet, examined the effect of PAW treatment on the viability of A. brasiliensis spores, and then compared the effect on spore viability with the effect of chemically-induced RONS (H₂O₂ and HNO₃).

2. Materials and Experimental Methods

2.1. Fungal Growth and Spore Preparation

Aspergillus brasiliensis (ATCC® 9642™) was inoculated on a medium of potato dextrose agar (PDA; Difco Laboratories, Detroit, MI, USA) and incubated for 2 weeks at 25 °C under dark conditions to generate a sufficient number of anamorphic spores (conidia). The mycelia and spores of A. brasiliensis formed on the PDA medium were scraped using a sterile No. 21 blade and placed in a 50 mL sterile conical tube. Sterile water (20 mL) was added to the 50 mL tube and vortexed for 5 min to disperse the spores. A spore suspension was obtained by filtering the sterile water containing mycelia and spores through two layers of sterile gauze. A Watman filter paper No. 2 (Advantec, Toyo, Kaisha, Japan) was folded and placed in a sterile conical tube, and the gauze-filtered spore suspension was filtered
again to remove the tiny debris of mycelia that remained in the spore suspension. During preparation, the spore suspension became black and opaque by the substances from the fungal mycelial pigment and the fungus growing medium. To confirm fungal spores without the inclusion of other components, the spore suspension was centrifuged at 8000 RPM for 5 min and the colored supernatant was removed. The precipitated spores were resuspended in 20 mL of sterile water or PAW. The presence of pure spores in the suspension was confirmed using an optical microscope and the concentration of spores was counted using a hemocytometer (Sigma-Aldrich, Bright-Line™, St. Louis, MO, USA). The final concentration of spores in water or PAW was adjusted to $5 \times 10^7$ spores/mL and used for analysis.

2.2. Soft Plasma Jet Device, Plasma-Activated Water Treatments, and Spore Viability

A nonthermal atmospheric pressure air plasma jet (simply called a soft plasma jet) device consists of a power supply, a powered needle electrode, a quartz tube, and a grounded tube electrode. The quartz tube served as a dielectric barrier between the electrodes to induce an electrical discharge. Plasma radicals were generated by electrodes separated by a dielectric barrier. Electric power for the plasma device was supplied by an inverter that converts DC input to a 67 kHz AC output. A detailed description of the soft plasma jet system was presented in a previous paper [22]. The optical emission spectrum of the soft plasma jet exhibited emission lines corresponding to $N_2$, atomic nitrogen, atomic oxygen, and hydroxyl radicals, as reported previously [22]. The electrical signal supplied to the soft plasma jet device showed a peak voltage of 1.24 kV (rms voltage 0.54 kV) and a peak current of 2.96 A (rms current, 97 mA). The period of the applied voltage/current was 12 µs, and the duty ratio of pulse-on and pulse-off times was 18.4%. The soft plasma jet could transfer 3.9 J per second to the sample. To find the level of RONS in the PAW generated by the soft plasma jet, $H_2O_2$ and $NO_x$ concentrations in the PAW were investigated for the plasma activation times of 1, 3, 6, and 10 min.

To study the influence of PAW treatment on A. brasiliensis spores, PAW was prepared by activating sterile de-ionized (DI) water with a soft plasma jet. DI water (3 mL) was dispensed into each well of six-well culture plates (SPL Life Science Co., Pocheon-si, Gyeonggi-do, Korea). The water in each well was activated by the soft plasma jet for 1 min, 3 min, and 6 min, and was coded as PAW-1, PAW-3, and PAW-6, respectively. Because the level of RONS in the PAW is saturated for plasma activation times longer than 6 min, the effects of PAW treatment on the viability of A. brasiliensis spores were examined using PAW-1, PAW-3, and PAW-6. The PAW treatment against fungal spores was performed right after the generation of the PAW. For the PAW treatment, the prepared spores were suspended in the PAW in the well of each plate at a concentration of $5 \times 10^7$ spores/mL, and incubated at room temperature for 30 min. After PAW treatment, the viability of PAW-treated spores was measured with the PAW-untreated spores as the control.

To examine the effect of specific reactive species on the A. brasiliensis spores, $H_2O_2$ and $HNO_3$ solutions were prepared in five different concentrations (0.001%, 0.01%, 0.1%, 0.3%, and 1.0%). The fungal spores were treated for 30 min with each concentration of $H_2O_2$ and $HNO_3$ solutions as with the PAW treatment. To measure spore viability, all the spores treated with the PAW, plasma, and $H_2O_2$ and $HNO_3$ solutions were diluted with sterile water up to 10-fold, spread on PDA media, and kept at 25 °C for 7 days, which is long enough to observe visible mycelia of fungal colonies from the survived spores. The live fungal colonies were counted and the number of colony-forming units (CFUs) was calculated to measure viability.

2.3. Morphology and Cell Wall Structure Analysis of A. brasiliensis Spores Treated with Plasma-Activated Water

The PAW-treated A. brasiliensis spores were subjected to flow cytometry measurements and scanning electron microscope (SEM) imaging analysis to investigate the effects of PAW treatment on the structure, integrity, and morphology of the cell wall. Field emission SEM (Hitachi, S-4300, Tokyo, Japan) was operated according to the protocol of Yun et al. [26] to examine microstructures of the PAW-treated spores, as reported previously [22]. For morphological analysis, more than 200 individual spores of each treatment were observed at different magnifications. To investigate the damage of the cell wall by
the PAW treatment, flow cytometric assessment of the PAW-treated spores was performed according to the standard flow cytometry protocols of R&D systems. The PAW-treated *A. brasiliensis* spores were stained with a membrane-impermeable fluorophore, propidium iodide (PI). Fluorescence enhancement by damaged cell walls was measured by fluorescence-activated cell sorting (FACS), as reported previously [22]. At least 10,000 events were detected in each experiment. Flow cytometric data analysis of PI-stained spores was performed with FACSuite™ software (BD FACSVerse, BD Biosciences, San Jose, CA, USA).

### 2.4. Optical Spectroscopic Analyses of the PAW and *A. brasiliensis* Spores

To analyze plasma-generated reactive species in the PAW, the absorption spectra of the PAW were compared with those of nitrite and nitrate ions dissolved in the aqueous solution. The nitrite and nitrate reference solutions were prepared by dissolving NaNO₂ and NaNO₃ in DI water, respectively. To find the absorption spectrum of nitrite (nitrate) ions dissolved in the aqueous solution, 100 μM and 300 μM NaNO₂ (NaNO₃) solutions were used. Absorption spectra were measured using a spectrophotometer (Jasco, J-815, Tokyo, Japan). After spores were treated with PAW for 30 min, the PAW was replaced with fresh DI water, and then the aqueous spore solution was used in optical spectroscopic measurements.

### 2.5. Electrophoretic Analysis of Genomic DNA of the *A. brasiliensis* Spores Treated with the Plasma-Activated Water

Genomic DNA of *A. brasiliensis* spores was extracted by mechanically breaking the cell wall using Tissue Lyser LT (Qiagen Co., Hilden, Germany). Bead beating of the fungal spores was performed for 5 min with 0.1 g of glass beads and 400 μL of breaking buffer in a 2 mL plastic tube. The bead-beater-ruptured spores were treated with phenol-chloroform to extract DNA [27]. After centrifugation at 13,200 RPM for 10 min, the top layer aliquot (300 μL) was taken, mixed with 1 mL of 100% ethanol and 130 μL of sodium acetate in a 2 mL plastic tube, and stored at −80 °C for 20 min. The stored plastic tube was centrifuged again as before at 4 °C. The supernatant was removed and the DNA precipitate in the bottom of the plastic tube was cleaned twice using 1 mL of 70% ethanol by centrifugation at 13,200 RPM at 4 °C for 5 min. To remove any traces of ethanol, the washed DNA was dried using a 37 °C heating block and dissolved in 20 μL of elution buffer. A 1% agarose gel electrophoresis was run with the dissolved DNA as described in a previous study [22].

### 3. Results and Discussion

#### 3.1. Characteristics of the Plasma-Activated Water Produced by the Soft Plasma Jet

In this research, a nonthermal atmospheric pressure air plasma jet (soft plasma jet) was used to prepare PAW for treating *A. brasiliensis* spores. The soft plasma jet exhibited typical output characteristics of a nonthermal atmospheric pressure plasma jet, as reported previously [22]. Because oxygen molecules could receive sufficient amounts of electrons by the plasma, they could be transformed to reactive oxygen intermediates (OH, O₂⁻ and H₂O₂) through the O₂-reduction pathway: $\text{O}_2 \rightarrow \text{O}_2^- \rightarrow \text{H}_2\text{O}_2 \rightarrow \text{OH} \rightarrow \text{H}_2\text{O}$ [28,29]. When the soft plasma jet entered the aqueous solution, additional RONS could be induced from the interaction between plasma radicals and water molecules, presented in the following reactions [30–38]:

\[
N_2 + e \rightarrow N + N + e ,
\]

\[
O_2 + e_{aq} \rightarrow O_2^- ,
\]

\[
2\text{H}_2\text{O} + M^+ \rightarrow \text{H}^+ (\text{H}_2\text{O}) + \text{OH} + M ,
\]

\[
N + \text{O}_2 \rightarrow \text{NO} + \text{O} ,
\]

\[
\text{NO} + \text{O}_2^- \rightarrow \text{ONO}^+ ,
\]
$NO + HO_2 \rightarrow ONOOH,$  \hspace{1cm} (6)

$4NO + O_2 + 2H_2O \rightarrow 4NO_2^- + 4H^+,$  \hspace{1cm} (7)

$3NO_2^- + 3H^+ \rightarrow 2NO + NO_3^- + H^+ (H_2O).$  \hspace{1cm} (8)

where $e$ and $e_{aq}$ are dry (non-hydrated) and wet (hydrated) electrons, respectively, $M^+$ is any plasma ion with ionization energy above the $H_2O$ ionization threshold, and $H^+ (H_2O)$ represents the hydrated hydrogen ion. $O_2^-$ and $HO_2$ are converted to stable end products ($H_2O_2$) \cite{39,40}.

$HO_2 + HO_2 \rightarrow H_2O_2 + O_2,$  \hspace{1cm} (9)

$HO_2 + O_2^- + H_2O \rightarrow H_2O_2 + O_2 + OH^-.$  \hspace{1cm} (10)

$O_2^-, NO_2^-, and NO_3^- anions exist in equilibrium with their conjugate acids ($HO_2, HNO_2, and HNO_3$), respectively \cite{39}.

$O_2^- + H^+ \rightleftharpoons HO_2^-, \ pK_a = 4.8$  \hspace{1cm} (11)

$NO_2^- + H^+ \rightleftharpoons HNO_2, \ pK_a = 3.3$  \hspace{1cm} (12)

$NO_3^- + H^+ \rightleftharpoons HNO_3, \ pK_a = -1.4$  \hspace{1cm} (13)

The concentrations of $NO_2^-, HNO_2, NO_3^-, HNO_3, O_2^-$, and $HO_2$ in the PAW depend on the acidity of the PAW \cite{39}. When DI water was activated for 1, 3, 6, and 10 min by the soft plasma jet, the pH values of PAW (1 min), PAW (3 min), PAW (6 min), and PAW (10 min) were 3.53, 3.24, 3.10, and 3.01, respectively. This indicates that the acidity of PAW becomes stronger with the increase of plasma activation time. Meanwhile, NO can react with $O_2^-$ or $HO_2$ or oxygenated aqueous solution, generating peroxynitrite ($ONOO^-$) or peroxynitrous acid ($ONOOH$) or nitrous acid ($HNO_2$). As with oxidative stress by reactive oxygen species \cite{41,42}, these reactive nitrogen species could also react with the biological components of cells \cite{43}. Among the reactive species derived from the interaction of plasma radicals with an aqueous solution, hydrogen peroxide ($H_2O_2$) and nitric acid ($HNO_3$) are more stable when compared to free radicals such as $OH, O_2^-, NO$, etc.

Experimentally, the concentrations of $H_2O_2$ in the PAW were measured using a QuantiChrom™ Peroxide Assay Kit (DIOX-250). When DI water was activated for 3 min by the soft plasma jet, the concentration of $H_2O_2$ in the PAW was measured to be 50 $\mu$M. This confirms that reactive oxygen species are present in the PAW. The concentration of plasma-induced $H_2O_2$ increased with longer plasma activation time, as shown in Figure 1a. Next, the concentrations of $NO_x$ ($NO_2^-$ and $NO_3^-$) in the PAW were measured using a QuantiChrom™ Nitric Oxide Assay Kit (DIOX-100). The concentration of $NO_2$ in the PAW with a plasma activation time of 3 min was measured to be 1.8 mM. The plasma-induced $NO_x$ concentration also increased with longer plasma activation time, as shown in Figure 1b. Los et al. reported that the concentrations of $H_2O_2$ and nitrate in PAW treated for 5 min by DBD plasma with plane-parallel electrodes were measured to be 114.04 $\mu$M (indirect)/403.84 $\mu$M (direct) and 150.0 $\mu$M (indirect)/1.14 mM (direct), respectively \cite{23}. The PAW was prepared by treating DI water with a DBD plasma device that consisted of two circular aluminum plate electrodes (158 mm diameter) over polypropylene dielectric layers (2 mm thickness). In this work, the PAW was prepared by activating DI water with an electric shock-free, nonthermal atmospheric pressure air plasma jet. The level of RONS in the PAW generated by the soft plasma jet are comparable to those generated by the DBD plasma.
To further investigate the plasma-induced reactive nitrogen species, the optical absorption spectra of the PAW were measured. As shown in Figure 2a,b, the nitrite and nitrate reference solutions exhibited absorption peaks at 209.2 and 200.8 nm, respectively. The PAW exhibited an absorption peak at 205.5 nm, indicating that both nitrite and nitrate ions coexist in the PAW. Figure 3 exhibits the absorption spectra of the PAW in the wavelength region of 300–420 nm. For all the plasma activation times of 1, 3, 6, and 10 min, the absorption spectra of the PAW in Figure 3a exhibit four absorption peaks at 346.8, 358.1, 371.0, and 386.0 nm, respectively, attributable to the electronic transition of aqueous NO$_2^−$ and HNO$_2$. Meanwhile, the nitrite reference solutions exhibit a single absorption peak at 347 nm, as shown in Figure 3b. This result indicates that the PAW contains HNO$_2$ as well as NO$_2^−$. On comparing the measured absorption spectrum of the PAW with the molar absorption coefficients of HNO$_2$, NO$_2^−$, and NO$_3^−$, which are described in the literature [44–47], the concentrations of HNO$_2$, NO$_2^−$, and NO$_3^−$ in the PAW were estimated to be 0.59 mM, 0.72 mM, and 1.04 mM, respectively. When NO$_x$ was approximated as the sum of HNO$_2$, NO$_2^−$, and NO$_3^−$, the concentration of NO$_x$ measured by optical absorption spectra of the PAW in 300–420 nm was 2.3 mM. This concentration is comparable to that measured by a Nitric Oxide Assay Kit (DIOX-100). Under acidic conditions, the formation of conjugate acids (HO$_2$, HNO$_2$, and HNO$_3$) corresponding to O$_2^−$, NO$_2^−$, and NO$_3^−$ could play an important role in the inactivation of fungal spores. These results demonstrate that the PAW produced by our soft plasma jet device contains RONS that react readily with cellular components such as lipids, proteins, carbohydrates, and nucleic acids and may result in significant damage to cell structures, cumulating in a condition known as oxidative stress [42,48].

3.2. Viability of the A. brasiliensis Spores Treated with Plasma-Activated Water and Chemically Induced RONS Solutions

Both the PAW and the direct plasma treatments against A. brasiliensis spores revealed that they have a remarkable effect on the viability of the spores, as seen in Figure 4a. The PAW treatment clearly reduced spore viability. A reduction of the spore viability tended to increase with the treatments of PAW that had longer plasma activation times. After being treated for 30 min in the PAW with a plasma activation time of 3 min, the spore viability dropped sharply to 15%, indicating that the PAW treatment significantly inactivated 85% of the tested spores. The spore viability also quickly dropped to 9% when the spores were treated directly with the soft plasma jet for 3 min. This result indicates that the viability of the PAW-treated spores is almost comparable to that of the spores treated directly with plasma. These results demonstrated that the PAW produced by the soft plasma jet can be applied in fungal spore inactivation. Since H$_2$O$_2$ and HNO$_3$ were stable and long-lived reactive species and were confirmed to be present in the PAW (Figures 1–3), they were considered to be key agents for fungal spore inactivation. To provide evidence that they can work against black pigment-protected
sppores, we investigated the effect of $H_2O_2$ and $HNO_3$ solutions on the spores. For this investigation, *A. brasiliensis* spores were treated with either $H_2O_2$ or $HNO_3$ solutions with 0.001%, 0.01%, 0.1%, 0.3%, and 1.0% concentrations. As shown in Figure 4b, both $H_2O_2$ and $HNO_3$ treatments reduced spore viability in a concentration-dependent manner. These results demonstrate that $H_2O_2$ and $HNO_3$ are key players in fungal spore inactivation. Therefore, we could deduce that plasma-induced $H_2O_2$ and $HNO_3$ could lead to irreversible intracellular damage in *A. brasiliensis* spores. These results agreed with those on the effect of PAW treatment on *Aspergillus flavus* spores [23]. However, Los et al. treated the *A. flavus* spores using PAW generated by an electric discharge between plane-parallel electrodes and investigated the effect of PAW treatment on *A. flavus* spores with a plasma activation time of 5 min and a PAW treatment time of 24 h. Their plasma device and treatment parameters are different from those of our study, which used a plasma activation time of 3 min and a contact time of 30 min for treating *A. brasiliensis* spores. Meanwhile, we treated *A. brasiliensis* spores using PAW generated by an electric shock-free, nonthermal atmospheric pressure air plasma jet. The coaxial electrodes plasma jet can generate high density radicals in a relatively large volume by activating DI water with the plasma jet, but plane-parallel electrodes plasma can activate water between electrodes. In addition, plane-parallel electrodes plasma requires relatively high voltage as compared with plasma jet with coaxial electrodes. When considering plasma treatment effects, it seems that our system is more efficient. However, *A. flavus* is a different species. Thus, there is the possibility that this different inactivation efficiency could also be due to the different biological properties of the two species. To clarify the discrepancy, a comparative study with the same plasma device will be necessary.

Generally, nonenzymatic antioxidants such as carotenoids, polysaccharides, chitosan, polyphenol, polyols, mannitol, glucose, and vitamins in fungi have oxygen radical scavenging effects [49–52]. It was well known that glucose and mannose exist in the cell wall of *A. brasiliensis* spores [53]. The filamentous fungus *A. niger* produces several different polyols, including glycerol, erythritol, and D-mannitol [54]. In *A. niger* spores, D-mannitol is the predominant carbon-containing compound and makes up 10–15% of the dry weight [54]. Physiological functions of mannitol include serving as a reserve carbon source and as an antioxidant to store reducing power. Molecular genetic analysis of *mpdA*, the gene encoding the first enzyme in the mannitol biosynthesis pathway, revealed that spores of the *A. niger* mutant strain with a deficiency in *mpdA* were extremely sensitive to a variety of stress conditions, including oxidative stress [55]. Furthermore, the *mpdA* mutant study indicated that there is no evidence for the role of mannitol as a reserve carbon source in conidia, but mannitol is essential for resistance to a variety of stress conditions. Since certain strains of *A. niger* were reclassified into *A. brasiliensis*, we need to confirm whether mannitol is present in *A. brasiliensis* spores [24]. Darkly pigmented *A. brasiliensis* spores were subjected to cell component analysis using high-performance liquid chromatography (HPLC). We confirmed with HPLC analysis that mannitol and glucose exist in *A. brasiliensis* spores (Figure 5). There were two other peaks in the HPLC chromatogram that are not matched with known standard materials. The materials of the two unassigned peaks need to be analyzed with further study. When we consider oxygen radical scavenging properties of mannitol and glucose, we could not rule out that these compounds in *A. brasiliensis* spores are expected to scavenge $H_2O_2$ and $NO_3$ in PAW. PAW-1 treatment for 30 min did not show notable effects on spore viability. In this case, mannitol and glucose might function as scavengers of RONS in *A. brasiliensis* spores. Meanwhile, PAW-3 or PAW-6 treatment for 30 min reduced the spore viability of *A. brasiliensis*. In this case, it could be possible that the radical scavenging capacity of mannitol and glucose is not enough to deter a reduction in spore viability. The viability of 0.3% $H_2O_2$-treated spores was 22%, but the viability of 0.3% $HNO_3$-treated spores was 42%. Spore viability decreased with an increase of $H_2O_2$ and $NO_3$ concentrations, as shown in the Figure 4b. Between these reactive species, the spore inactivation effect was higher with $H_2O_2$ treatment [40]. Since both $H_2O_2$ and $NO_3$ can induce the modifications of intracellular components such as nucleic acids and proteins [40,43] that lead to a detrimental effect on cell viability, a reduction of the spore viability by $H_2O_2$ and $HNO_3$ treatments suggests that $H_2O_2$ and $NO_3$ are key factors deciding fungal spore inactivation. The fungicidal effects of the PAW due to plasma-induced $H_2O_2$
and NO₂ could be supported by the data of Figure 1: The concentrations of H₂O₂ and NOₓ increase with longer plasma activation times. That is, PAW-3 and PAW-6 contain sufficient amounts of H₂O₂ and NOₓ to inactivate A. brasiliensis spores.

Figure 2. Optical absorption spectra of (a) nitrite, (b) nitrate, and (c) PAW in the wavelength region of 190–250 nm. (d) Normalized absorption spectra of nitrite, nitrate, and PAW. In (c,d), the PAW was prepared by activating DI water for 3 min with the soft plasma jet.

Figure 3. (a) Optical absorption spectra of the PAW in the wavelength region of 300–420 nm and (b) the fit of the experimental absorption spectrum of the PAW to the sum of three components (HNO₂, NO⁻₂, and NO⁻₃). The plasma-untreated water is transparent in the wavelength region of 300–420 nm. DI water was activated by the soft plasma jet for 1, 3, 6 and 10 min, respectively.
Figure 4. Viability of the *A. brasiliensis* spores treated by (a) the PAW and direct plasma and (b) chemically induced reactive oxygen and nitrogen species (RONS) (*H*$_2$*O*$_2$ and *HNO*$_2$) solutions. In (a), PAW (1 min), PAW (3 min), and PAW (6 min) are water activated by the plasma for 1, 3, and 6 min, respectively. Direct plasma treatment times are 1, 3, and 6 min. The contact time of the *A. brasiliensis* spores with PAW and chemically induced RONS solutions was 30 min.
3.3. Morphology and Cell Wall Structure of the *A. brasiliensis* Spores Treated with Plasma-Activated Water

Cell walls and cell membranes are pivotal in controlling cell survival and death in fungi. Therefore, the development of antifungal reagents has focused on finding substances that could disrupt cell walls and cell membranes or inhibit their synthesis [56]. In previous works with plasma treatment on insect pathogenic fungal spores, we found that cell morphology of the plasma-treated spores was shrunken, ruptured, and flattened, indicating it had changed considerably [21]. The effects of PAW treatment on *Aspergillus* fungal cells were studied first in the spores of *A. flavus* [23]. Los et al. showed that the PAW treatment of *A. flavus* spores could reduce the viability and metabolic activity of the fungus. However, their study did not observe the morphology of spore cell walls treated with PAW, and thus whether PAW is involved in the occurrence of mechanical damage remains in question. The SEM images of PAW-treated *Aspergillus* spores in our study are shown in Figure 6. There was a prominent change in the cell morphology of the PAW-treated spores compared with that of control spores. SEM images show that the PAW-treated *A. brasiliensis* spores have porous walls, which are not observed in control spores. The formation of holes on the surface of the spore cell wall was the major deformation and the size of the holes varied little among spores. Despite cell wall and membrane damage, the inner cellular components remained mostly inside the punctured spores. The PAW-treated spores did not show flattened spores. These properties contrast with the changes in spore cell wall morphology observed in direct plasma treatment. Our SEM data clearly show that the PAW treatment could cause fungal spore damage by the opening of cell walls. This result means that with direct plasma treatment, the RONS in PAW function by attacking the cell walls of the *A. brasiliensis* spores. The size and number of opened holes are sufficient to allow RONS in the PAW to penetrate the cell wall and membrane barriers, react with intracellular components such as nucleic acids, proteins, and other metabolites, and cause malfunctioning, resulting in spore cell death.
To verify and measure the level of structural damage in the cell wall and membranes of *A. brasiliensis* spores, we stained the PAW-untreated and PAW-treated spores with PI dye. The permeability of PI dye molecules through the damaged membranes in dead cells is relatively higher than that through a normal membrane in living cells. As shown in Figure 7, the gated fluorescence intensity of PI-stained *A. brasiliensis* spores is more intense in the PAW-treated spores than in the PAW-untreated spores. Subpeaks are clearly shown in the PAW-treated samples at higher fluorescence intensity, which were absent in the control sample. In Figure 7b, we present the P2-gated fluorescence intensity, calculated from the flow cytometry spectra of Figure 7a. It indicates a 3-fold increase in the PAW-treated samples compared to that of the control. Enhanced fluorescence in the PAW-treated spores is attributed to the penetration of the PI dye into the intracellular region of spores through the damaged membrane. The gated fluorescence intensity was similar between PAW-3 and PAW-6 treated spores. This indicates that PAW with a plasma activation time of 3 min or more has the potential to cause sufficient damage in the fungal spore cell walls.

**Figure 6.** Typical SEM images of (a) PAW-untreated and (b) PAW-treated *A. brasiliensis* spores. The spores were treated by the PAW for 30 min. Arrows in the SEM image of (b) indicate the holes formed on the surface of the fungal spore cell walls.

Los et al. showed that the PAW treatment of *A. flavus* spores could reduce the viability and metabolic activity of the fungus. However, their study did not observe the morphology of spore cell walls. As shown in Figure 6, there was a prominent change in the cell morphology of the PAW-treated spores compared to that of control spores. The SEM images of PAW-treated spores did not show flattened spores. These properties contrast with the changes in spore cell wall morphology observed in direct plasma treatment. Our SEM data clearly show that the PAW treatment could cause sufficient cell wall and membrane damage, the inner cellular components remain intact in the spores. The PAW with a plasma activation time of 3 min or more has the potential to cause sufficient damage in the fungal spore cell walls.

Our study revealed that PAW induced the loss of cell wall integrity and its protective function in the spores. Because cell membranes control traffic into and out of cellular components, damaged membranes lose their control function and thus allow intracellular components such as nucleic acids, proteins, and other metabolites possibly to leak out. However, we do not know yet what cell wall components were affected by RONS in the PAW. According to the proteomic study by Guozheng et al., cellular membrane damage was not the main reason for *H₂O₂*-induced death of *Penicillium expansum*, a food spoilage fungus [58]. Their results suggest that mitochondrial impairment due to the functional alteration of
oxidative stress-sensitive proteins is associated with fungal death caused by \( \text{H}_2\text{O}_2 \). Since we detected \( \text{H}_2\text{O}_2 \) and \( \text{NO}_x \) in PAW-3 and PAW-6, we deduced that \( \text{H}_2\text{O}_2 \) and \( \text{NO}_x \) in the PAW passed through the opened pores in the cell wall to enter the spore cells and to react with oxidative stress-sensitive intracellular components (DNA, proteins in mitochondria) and eventually bring about spore cell death. This deduction would describe one of the mechanistic processes that lead to the inactivation of fungal spores.

Figure 7. (a) Flow cytometry measurements of fluorescence intensity for the PAW-untreated and PAW-treated \( \text{A. brasiliensis} \) spores. (b) Gated fluorescence intensity for the PAW-untreated and PAW-treated spores. The black, blue, red, and green-colored curves represent the fluorescence intensities of the control, PAW (1 min), PAW (3 min), and PAW (6 min)-treated spores, respectively. The PAW-untreated and PAW-treated spores were stained with a membrane-impermeable fluorophore, propidium iodide (PI), to investigate the effect of PAW on cell wall integrity.

3.4. Electrophoretic Analysis of Genomic DNA Extracted from the \( \text{A. brasiliensis} \) Spores Treated with Plasma-Activated Water

Genomic DNA is chromosomal DNA that governs the function of cells and growth. In fungi, it is enclosed in a nucleolus with a protective membrane. Section 3.3 demonstrates that RONS can reach intracellular components such as protein, nucleic acids, etc. Thus, it is expected that RONS could react with genomic DNA and damage it. To examine whether PAW treatment leads to the degradation of genomic DNA, we extracted genomic DNA from \( \text{A. brasiliensis} \) spores with and without PAW treatment (negative control). The PAW-1, PAW-2, and PAW-6 were used for the fungal spore treatment. We also examined genomic DNA from the \( \text{A. brasiliensis} \) spores with direct plasma treatment for 3 min as positive control for DNA damage. The extracted DNAs were analyzed by agarose gel electrophoresis (Figure 8). The genomic DNA of the negative control showed a high molecular DNA band, and some of the DNA bands ranged from 1.5 kb to around 0.25 kb, which are normal in fungal genomic DNA preparation [19]. The genomic DNA of PAW-1 treated spores showed a similar band pattern to that
of the negative control. However, the genomic DNA from the spores treated with the PAW-3 and PAW-6 did not show the high molecular DNA band and only showed smeared DNA bands of around 0.25 kb. This result agreed with the electrophoresis pattern of the genomic DNA of the positive control. This agarose gel analysis demonstrates that the PAW treatment with a plasma activation time of 3 min or more could damage the genomic DNA of the *A. brasiliensis* spores, and the electrophoresis pattern of the damaged genomic DNA by the PAW is similar to that by plasma jet. The genomic DNA damage of spores by the PAW-3 treatment could contribute to sharp reduction of spore viability (Figures 4a and 7). Overall, these results indicate that PAW possesses the same fungicidal ability as the plasma jet. This is the first report to demonstrate that PAW can damage the genomic DNA of fungal spores. It is reported that the oxidative damage by RONS involves DNA strand breaks and modifications of nucleobases, deoxyribose, and nucleotides [59–62]. Thus, we believe that the RONS contained in the PAW work similarly against the spore DNA of *A. brasiliensis*.

![Figure 8. Electrophoretic analysis of genomic DNA from *A. brasiliensis* spores treated by the PAW.](image)

Lane 1 (ladder): 1 kb ladder DNA marker, lane 2 (Control): negative control of genomic DNA from the *A. brasiliensis* spores without the PAW treatment, lane 3 (PAW1): genomic DNA from the *A. brasiliensis* spores with PAW-1 treatment, lane 4 (PAW3): genomic DNA from the *A. brasiliensis* spores with PAW-3 treatment, lane 5 (PAW6): genomic DNA from the *A. brasiliensis* spores with PAW-6 treatment, and lane 7 (DP3): positive control of genomic DNA from the *A. brasiliensis* spores with direct plasma treatment for 3 min.

4. Conclusions

PAW was successfully prepared by the activation of water with a soft plasma jet. The amount of plasma-induced RONS in PAW increased in a time-dependent manner. The PAW treated by the soft plasma jet for 3 min or more contained sufficient amounts of $H_2O_2$ and NOx to inactivate the *A. brasiliensis* spores. Similar to direct plasma treatment, indirect plasma treatment by the PAW significantly damaged the fungal cell wall structure and reduced the viability of *A. brasiliensis* spores. SEM images and flow cytometric measurements indicate that cell wall structure in the PAW-treated spores was deformed and damaged with open holes. Disruption of the cell wall integrity provides a path where intracellular components can escape and RONS of the PAW directly attack intracellular components. Structural damage of the spore cell wall and degradation of genomic DNA by RONS in the PAW are critical processes that lead to cell death. Thus, we expect the fungicidal power of PAW could be applied to the disinfection of bioprotected melanized fungal spores that are recalcitrant to inactivation by diverse chemical agents.
Author Contributions: S.H.K. (Seong Hwan Kim) and G.J.L. conceived and designed the experiments, analyzed the data, and wrote the manuscript. S.H.K. (Se Hoon Ki), H.N., G.R.A. and N.K.K. performed the experiments and research. E.H.C. provided assistance in the plasma setup and the analysis of plasma-induced RONS. All authors have read and agreed to the published version of the manuscript.

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