Analogue quantum gravity phenomenology from a two-component Bose–Einstein condensate

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Abstract

We present an analogue-emergent spacetime that reproduces the salient features of the most common ansätze used for quantum gravity phenomenology. We do this by investigating a system of two-coupled Bose–Einstein condensates. This system can be tuned to have two ‘phonon’ modes (one massive, one massless) which share the same limiting speed in the hydrodynamic approximation. The system nevertheless possesses (possibly non-universal) Lorentz violating terms once ‘quantum pressure’ becomes important. We investigate the physical interpretation of the relevant fine-tuning conditions, and discuss the possible lessons and hints that this analogue spacetime could provide for the phenomenology of real physical quantum gravity. In particular we show that the effective field theory of quasi-particles in such an emergent spacetime does not exhibit the so-called ‘naturalness problem’.

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1. Introduction

The search for a quantum theory encompassing gravity has been a major issue in theoretical physics for the last 60 years. Nonetheless, until recently quantum gravity was largely relegated to the realm of speculation due to the complete lack of observational or experimental tests. In fact the traditional scale of quantum gravitational effects, the Planck scale $M_{\text{Pl}} = 1.2 \times 10^{19} \text{ GeV } c^{-2}$, is completely out of reach for any experiment or observation currently at hand. This state of affairs had led the scientific community to adopt the ‘folklore’ that testing quantum gravity is completely impossible. However the last decade has seen a dramatic change in this respect, and nowadays one can encounter a growing literature dealing with tests of possible predictions of various quantum gravity models [1–4]. This field goes generically under the name of ‘quantum gravity phenomenology’.

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Among the several generic predictions associated with quantum gravity models, the possibility that Planck-scale physics might induce violations of Lorentz invariance has played a particularly important role [1, 2]. Generically any possible ‘discreteness’ or ‘granularity’ of spacetime at the Planck scale seems incompatible with strict Lorentz invariance (although some particular quantum gravity theories might still preserve it, see e.g. [5]) as larger and larger boosts expose shorter and shorter distances. Actually we now have a wealth of theoretical studies—for example, in the context of string field theory [6, 7], spacetime foam scenarios [8], semiclassical calculations in loop quantum gravity [9, 10], DSR models [11–13] or non-commutative geometry [14–17], just to cite a few—all leading to high energy violations of Lorentz invariance.

Interestingly most investigations, even if they arise from quite different fundamental physics, seem to converge on the prediction that the breakdown of Lorentz invariance can generically become manifest in the form of modified dispersion relations exhibiting extra energy-dependent or momentum-dependent terms, apart from the usual quadratic one occurring in the Lorentz invariant dispersion relation:

\[ E^2 = m^2 c^4 + p^2 c^2. \]

In the absence of a definitive theory of quantum gravity it became common to adopt, in most of the literature seeking to put these predictions to observational test, a purely phenomenological approach, i.e., one that modifies the dispersion relation by adding some generic momentum-dependent (or energy-dependent) function \( F(p, c, M_{Pl}) \) to be expanded in powers of the dimensionless quantity \( p/(M_{Pl} c) \). Hence the ansatz reads

\[ E^2 = m^2 c^4 + p^2 c^2 + F(p, c, M_{Pl}), \]

\[ E^2 = m^2 c^4 + p^2 c^2 + \sum_{n=1}^{\infty} \sigma_n p^n, \]

\[ E^2 = m^2 c^4 + p^2 c^2 + c^4 \left\{ \eta_1 M_{Pl} p/c + \eta_2 p^2/c^2 + \sum_{n \geq 3} \eta_n \left( \frac{p/c^n}{M_{Pl}^{n-2}} \right) \right\}, \]

where all \( \sigma_n \) carry appropriate dimensions, and in contrast \( \eta_n \) are chosen to be dimensionless. Since these dispersion relations are not Lorentz invariant, it is necessary to specify the particular inertial frame in which they are given, and generally one chooses the CMB frame. Finally note that we have assumed rotational invariance and hence Lorentz violation only in the boost subgroup. This is motivated by the idea that Lorentz violation may arise in quantum gravity from the presence of a short distance cutoff. Moreover it is very difficult to conceive a framework where a breakdown of rotational invariance does not correspond to a violation of boost invariance as well.

Of course merely specifying a set of dispersion relations is not always enough to place significant constraints—as most observations need at least some assumption on the dynamics for their interpretation. In fact most of the available constraints are extracted from some assumed model ‘test theory’. Although several alternative scenarios have been considered in the literature, so far the most commonly explored avenue is an effective field theory (EFT) approach (see e.g. [18] for a review focused on this framework, and [19–25] for some of the primary literature). The main reasons for this choice can be summarized in the fact that we are very familiar with this class of theories, and that it is a widely accepted idea (although not unanimously accepted, see e.g. [26]) that any quantum gravity scenario should admit a
suitable EFT description at low energies\textsuperscript{4}. All in all, the standard model of particle physics and general relativity itself (which are presumably not fundamental theories) are EFTs, as are most models of condensed matter systems at appropriate length and energy scales. Even ‘fundamental’ quantum gravity candidates such as string theory admit an EFT description at low energies (as perhaps most impressively verified in the calculations of black hole entropy and Hawking radiation rates).

The EFT approach to the study of Lorentz violations has been remarkably useful in the last decade. Nowadays the best studied theories incorporating Lorentz violations are EFTs where Lorentz violations are associated either with renormalizable Lorentz-violating operators (mass dimension 4 or less), or sometimes with higher-order Lorentz-violating operators (mass dimensions 5 and 6 or greater, corresponding to orders $p^3$ and $p^4$ and higher deviations in the dispersion relation (4)). The first approach is generally known as the standard model extension [27], while the second has been formalized by Myers and Pospelov [28] in the form of QED with dimension 5 Lorentz-violating operators (order $p^3$ deviations in the dispersion relation of equation (4)). In both cases extremely accurate constraints have been obtained using a combination of experiments as well as observation (mainly in high energy astrophysics). See e.g. [1, 18].

In the present paper we wish to focus on the non-renormalizable EFT with Lorentz violations developed in [28], and subsequently studied by several authors. In spite of the remarkable success of this proposal as a ‘test theory’, it is interesting to note that there are still significant open issues concerning its theoretical foundations. In particular, let us now focus on two aspects of this approach that have spurred some debate among the quantum gravity phenomenology community.

The naturalness problem. Looking at the dispersion relation (4) it might seem that the deviations linear and quadratic in $p$ are not Planck suppressed, and hence are always dominant (and grossly incompatible with observations). However one might hope that there will be some other characteristic QFT mass scale $\mu \ll M_{\text{Pl}}$ (i.e., some particle physics mass scale) associated with the Lorentz symmetry breaking which might enter in the lowest order dimensionless coefficients $\eta_{1,2}$, which will be then generically suppressed by appropriate ratios of this characteristic mass to the Planck mass. Following the observational leads one might then assume behaviour like $\eta_1 \propto (\mu/M_{\text{Pl}})^{\sigma+1}$ and $\eta_2 \propto (\mu/M_{\text{Pl}})^\sigma$ where $\sigma \geq 1$ is some positive power (often taken as 1 or 2). Meanwhile no extra Planck suppression is assumed for the higher-order $\eta_n$ coefficients which are then naturally of order 1. Note that such an ansatz assures that the Lorentz violation term linear in the particle momentum in equation (4) is always subdominant with respect to the quadratic one, and that the Lorentz violating term cubic in the momentum is the less suppressed of the higher-order ones\textsuperscript{5}. If this is the case one will have two distinct regimes: for low momenta $p/(M_{\text{Pl}}c) \ll (\mu/M_{\text{Pl}})^\sigma$ the lower-order (quadratic in the momentum) deviations in (4) will dominate over the higher-order (cubic and higher) ones, while at high energies $p/(M_{\text{Pl}}c) \gg (\mu/M_{\text{Pl}})^\sigma$ the higher-order terms (cubic and above in the momentum) will be dominant.

The naturalness problem arises because such a line of reasoning does not seem to be well justified within an EFT framework. In fact we implicitly assumed that there are no extra

\textsuperscript{4} It is true that, e.g., non-commutative geometry can lead to EFTs with problematic IR/UV mixing; however, this more likely indicates a physically unacceptable feature of such specific models, rather than a physical limitation of EFT.

\textsuperscript{5} Of course this is only true provided there is no symmetry-like parity that automatically cancels all the terms in odd powers of the momentum. In that case the least-suppressed Lorentz-violating term would be that quartic in the momentum.
Planck suppressions hidden in the dimensionless coefficients $\eta_n$ with $n \geq 3$. Indeed we cannot justify why only the dimensionless coefficients of the $n \leq 2$ terms should be suppressed by powers of the small ratio $\mu/M_{\text{Pl}}$. Even worse, renormalization group arguments seem to imply that a similar mass ratio, $\mu/M_{\text{Pl}}$, would implicitly be present in all the dimensionless $n \geq 3$ coefficients—hence suppressing them even further, to the point of complete undetectability. Furthermore it is easy to show [29] that, without some protecting symmetry\(^6\), it is generic that radiative corrections due to particle interactions in an EFT with only Lorentz violations of order $n \geq 3$ in (4) for the free particles will generate $n = 1$ and $n = 2$ Lorentz violating terms in the dispersion relation which will then be dominant.

The universality issue. The second point is not so much a problem, as an issue of debate as to the best strategy to adopt. In dealing with situations with multiple particles one has to choose between the case of universal (particle-independent) Lorentz violating coefficients $\eta_n$, or instead go for a more general ansatz and allow for particle-dependent coefficients, hence allowing different magnitudes of Lorentz symmetry violation for different particles even when considering the same order terms (same $n$) in the momentum expansion. The two choices are equally represented in the extant literature (see e.g. [31] and [2] for the two alternative ansätze), but it would be interesting to understand how generic this universality might be, and what sort of processes might induce non-universal Lorentz violation for different particles.

To shed some light on these issues it would definitely be useful to have something that can play the role of test bed for some of the ideas related to the emergence and form of the modified dispersion relations of equation (4). In this regard, herein we will consider an analogue model of emergent spacetime, that is, a condensed matter system which admits excitations whose propagation mimics that of quantum fields on a curved spacetime [32]\(^7\). Indeed it is well known that the discreteness at small scales of such systems shows up exactly via modified dispersion relations of the kind described by equation (4), and one may hope that the complete control over the microscopic (trans-Planckian) physics in these systems would help in understanding the nature of the issues discussed above [36, 37]. For example, we remind the reader that the Bogolubov quasi-particle spectrum for excitations of a Bose–Einstein condensate is

$$\omega^2 = c_s^2 k^2 + c_s^4 k^4 / K^2, \quad (5)$$

where $c_s$ is the speed of sound and $K$ is determined by the effective Compton wavelength [36, 37]

$$K = \frac{2 \pi}{\lambda_{\text{Compton}}} = \frac{2 \pi m c_s}{\hbar}, \quad (6)$$

i.e., it is set by the mass of the fundamental bosons forming the BEC. Also note that we do not encounter odd powers of the momentum in (5), as the system is by construction invariant under parity.

This system (which has been extensively studied as an analogue model of gravity [36–38], in particular with reference to the simulation of black holes via supersonic flows) provides a simple and explicit example of the high-energy breakdown of ‘Lorentz invariance’ [36, 37] with a dispersion relation of the form (4) which interpolates between a low-energy ‘massless’ relativistic regime

$$\omega^2 \approx c_s^2 k^2, \quad (k \ll K), \quad (7)$$

\(^6\) A symmetry which could play a protective role for the lowest-order operators has indeed been suggested. In [30] it was shown that the dual requirements of supersymmetry and gauge invariance permit one to add to the SUSY standard model only those operators corresponding to $n \geq 3$ terms in the dispersion relation. However it should be noted that in [30] the $\eta_3$ coefficient carries a further suppression of order $m^2 / M_{\text{Pl}}^2$ when compared to (4).

\(^7\) For other rather distinct views on ‘emergent spacetime’, with rather different aims, see for instance the papers by Froggatt and Nielsen [33], by Bjorken [34] and by Laughlin [35].
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and a non-relativistic, approximately Newtonian, high-energy regime

\[ \omega \approx c_s k^2 / K, \quad (k \gg K). \]  

(8)

Here \( K \) is hence the scale of the violation of the Lorentz invariance and as such in the language of quantum gravity phenomenology it is the analogue of the Planck scale\(^8\).

Unfortunately it is easy to realize that this particular system is too simple in order to mimic the salient issues of quantum gravity phenomenology. Actually all of the analogue models currently at hand have a problem in this sense, either because they do not provide the same dispersion relations for different excitations even at low frequencies (in the words of [39, 40], ‘no mono-metricity’), or because they deal with just one single kind of excitation (like the one-BEC model just discussed)—in which case it is impossible to say anything about either naturalness or universality. (Regarding the naturalness problem, if there is only one type of excitation present in the system then one cannot identify a \( \eta_2 \) modification at the quadratic \( (p^2) \) order, given that it shows up only via differences in the limit speed when comparing different particles.)

However it was recently realized that experimentally available systems of two coupled BECs are much richer in their spectrum, and allow the simulation of an analogue spacetime where two different particles coexist and interact through mode mixing. In particular in [39, 40] it was shown that for a two-BEC system there are ways of modifying the excitation spectrum (5) in order to add a ‘mass’ term, and the analysis of the present paper will build on those two papers. (For a somewhat related though distinct application of two-BEC systems to analogue models, see [41].)

We shall consider the special case of a homogeneous two-component BEC subject to laser-induced coupling. This system exhibits a rich spectrum of excitations, which can be viewed as two interacting phonon modes (two quasi-particle modes). We study the conditions required for these two phonon modes to share the same ‘special relativity’ metric in the hydrodynamic limit (effectively the low-energy limit), and find that (in this limit) the two phonons respectively exhibit a massive and massless Lorentz invariant dispersion relation. We then consider the high energy limit of the system, that is, situations where the ‘quantum pressure’ term, which in a one-BEC system is at the origin of the \( k^4 \) Lorentz violation in (5), can no longer be neglected.

Though much of the underlying physics is similar to that of [39, 40], the central thrust of the argument is different. In those papers one was always working in the hydrodynamic limit, often with inhomogeneous backgrounds, and seeking to extract a curved spacetime metric. In the current paper we are working with homogeneous backgrounds, staying as close as possible to ‘special relativity’, and specifically probing the possible breakdown of Lorentz invariance by going beyond the hydrodynamic approximation. Thus many of the issues that are normally central to the discussion of analogue models (such as the existence of a curved effective spacetime, analogue horizons, causal structure, analogue Hawking radiation, the simulation of cosmological spacetimes and the like [42–44]), here are of at best peripheral interest. The analogue spacetimes we are interested in are all flat. Finally we also stress that our main thrust is here to (eventually) learn lessons about how real physical quantum gravity might work—we are not particularly concerned about the experimental laboratory realizability of our specific analogue system. (Readers more interested in specific condensed-matter aspects of two-BEC systems and their excitations might consult, for instance, [45–47], and references therein.)

\[^8\] Let us stress that while it is a standard assumption in quantum gravity phenomenology to identify the scale of Lorentz violation with the Planck scale, it is not \textit{a priori} necessary that the two must exactly coincide. In the discussion below, what we shall call the effective or analogue ‘Planck scale’ has always to be interpreted as the scale of Lorentz breaking; given that this is the only relevant scale in our discussion.
The rest of the paper will be organized as follows. In section 2 we shall describe the general equations for the propagation of excitations of the two-BEC background, while section 3 then discusses the notion of ‘healing length’ in a two-component BEC. Then in section 4 we shall explicitly consider the low-energy limit when the quantum potential (i.e., the ultraviolet physics due to the atomic nature of the condensate) is negligible. This limit will allow us to identify for which combination of the microscopic parameters this system is indeed an analogue model of gravity, i.e., it is characterized by a single metric for all the excitations. In section 5 we then move on to explore how UV effects, embodied by the quantum potential, introduce Lorentz violations, and in section 6 we study the implications for quantum gravity phenomenology. In the final discussion, section 7, we consider the lessons one can draw from this analogue model about how low-energy Lorentz violations can be protected in realistic situations.

2. Phonons in two-component BECs

Two BECs interacting with each other, and coupled by a laser-driven coupling, can usefully be described by the pair of Gross–Pitaevskii equations [39, 40]:

\[
\begin{align*}
\dot{\Psi}_A & = \left[ -\hbar^2 \frac{\nabla^2}{2m_A} + V_A - \mu + U_{AA}|\Psi_A|^2 + U_{AB}|\Psi_B|^2 \right] \Psi_A + \lambda \Psi_B, \\
\dot{\Psi}_B & = \left[ -\hbar^2 \frac{\nabla^2}{2m_B} + V_B - \mu + U_{BB}|\Psi_B|^2 + U_{AB}|\Psi_A|^2 \right] \Psi_B + \lambda \Psi_A.
\end{align*}
\]

We permit \(m_A \neq m_B\) in the interests of generality (although \(m_A \approx m_B\) in all currently realizable experimental systems) and note that \(\lambda\) can take either sign without restriction. In the specific idealized case \(\lambda = 0\) and \(U_{AB} = 0\) we have two inter-penetrating but non-coupled BECs, each of which separately exhibits a Bogolubov spectrum with distinct values of the Lorentz breaking scale \(K\) (since \(m_A \neq m_B\)). Once the BECs interact the spectrum becomes more complicated, but that is exactly the case we are interested in for this paper.

To analyse the excitation spectrum we linearize around some background using

\[
\Psi_X = \sqrt{\rho_X} e^{-i(\theta_X + \epsilon \theta_X)} \quad \text{for} \quad X = A, B.
\]

Because we are primarily interested in looking at deviations from special relativity (SR), we take our background to be homogeneous (position independent), time independent and at rest (\(\vec{v}_A = \vec{v}_B = 0\)). That is, we will be dealing with an analogue of flat Minkowski spacetime. We also set the background phases equal to each other, \(\theta_A = \theta_B\). This greatly simplifies the technical computations. Then the linearized Gross–Pitaevskii equations imply

\[
\begin{align*}
\dot{\theta}_A &= -\frac{U_{AA}}{\hbar} \rho_A - \frac{U_{AB}}{\hbar} \rho_B + \frac{\hbar}{2m_A} \hat{Q}_A(\theta_A), \\
\dot{\theta}_B &= -\frac{U_{BB}}{\hbar} \rho_B - \frac{U_{AB}}{\hbar} \rho_A + \frac{\hbar}{2m_B} \hat{Q}_B(\theta_B),
\end{align*}
\]

and

\[
\dot{\rho}_A = -\frac{\hbar}{m_A} \rho_A \nabla^2 \theta_A + \frac{2\lambda}{\hbar} \sqrt{\rho_A \rho_B}(\theta_B - \theta_A),
\]

\footnote{For some of the additional complications when background phases are unequal, see [39].}
\[ \dot{\rho}_{B1} = -\frac{\hbar}{m_B} \rho_{B0} \nabla^2 \theta_{B1} + \frac{2\lambda}{\hbar} \sqrt{\rho_{A0}\rho_{B0}} (\theta_{A1} - \theta_{B1}). \]  

Here we have defined

\[ \tilde{U}_{AA} = U_{AA} - \frac{\lambda}{2} \frac{\sqrt{\rho_{B0}}}{\sqrt{\rho_{A0}}} = U_{AA} - \frac{\lambda}{2} \frac{\sqrt{\rho_{B0}}}{\rho_{A0}}, \]
\[ \tilde{U}_{BB} = U_{BB} - \frac{\lambda}{2} \frac{\sqrt{\rho_{A0}}}{\sqrt{\rho_{B0}}} = U_{BB} - \frac{\lambda}{2} \frac{\sqrt{\rho_{A0}}}{\rho_{B0}}, \]
\[ \tilde{U}_{AB} = U_{AB} + \frac{\lambda}{2} \frac{1}{\sqrt{\rho_{A0}\rho_{B0}}} = U_{AB} + \frac{\lambda}{2} \frac{1}{\rho_{A0}\rho_{B0}}, \]

and furthermore we define \( \hat{Q}_X \) as the second-order differential operator obtained from linearizing the quantum potential

\[ V_Q(\rho_X) \equiv -\frac{\hbar^2}{2m_X} \left( \nabla^2 \sqrt{\rho_X} \right) = -\frac{\hbar^2}{2m_X} \left( \nabla^2 \sqrt{\rho_{X0} + \varepsilon \rho_X} \right), \]

\[ = -\frac{\hbar^2}{2m_X} \left( \hat{Q}_{X0}(\rho_{X0}) + \varepsilon \hat{Q}_X(\rho_X) \right). \]

The quantity \( \hat{Q}_{X0}(\rho_{X0}) \) corresponds to the background value of the quantum pressure, and contributes only to the background equations of motion—it does not affect the fluctuations. Now in a general background

\[ \hat{Q}_X(\rho_X) = \frac{1}{2} \left\{ \left( \nabla \rho_{X0} \right)^2 - \left( \nabla^2 \rho_{X0} \right) \rho_{X0} - \frac{\nabla \rho_{X0}}{\rho_{X0}} \nabla + \frac{1}{\rho_{X0}} \nabla^2 \right\} \rho_X. \]

Given the homogeneity of the background appropriate for the current discussion this simplifies to

\[ \hat{Q}_X(\rho_X) = \frac{1}{2\rho_{X0}} \nabla^2 \rho_X. \]

The set of first-order partial differential equations relating the phase fluctuations and density fluctuations can be written in a more concise matrix form. First let us define a set of 2 \( \times \) 2 matrices, starting with the coupling matrix

\[ \Xi = \frac{1}{\hbar} \begin{bmatrix} \tilde{U}_{AA} & \tilde{U}_{AB} \\ \tilde{U}_{AB} & \tilde{U}_{BB} \end{bmatrix}, \]

and

\[ \hat{X} = -\frac{\hbar}{2} \begin{bmatrix} \hat{Q}_{A1} & 0 \\ 0 & \hat{Q}_{B1} \end{bmatrix} = -\frac{\hbar}{4} \begin{bmatrix} \frac{1}{m_A} & 0 \\ 0 & \frac{1}{m_B} \end{bmatrix} \nabla^2 = -X \nabla^2. \]

A second coupling matrix can be introduced as

\[ \Lambda = \frac{2\lambda}{\hbar} \sqrt{\rho_{A0}\rho_{B0}} \begin{bmatrix} +1 & -1 \\ -1 & +1 \end{bmatrix}. \]

It is also useful to introduce the mass-density matrix \( D \):

\[ D = \hbar \begin{bmatrix} \rho_{A0}/m_A & 0 \\ 0 & \rho_{B0}/m_B \end{bmatrix}. \]

Now define two column vectors \( \tilde{\theta} = [\theta_{A1}, \theta_{B1}]^T \) and \( \tilde{\rho} = [\rho_{A1}, \rho_{B1}]^T \).
Collecting terms into a $2 \times 2$ matrix equation, the equations for the phases (12) and densities (14) become
\begin{align}
\dot{\theta} &= -\hat{\Sigma} \rho, \\
\dot{\rho} &= -D \nabla^2 \theta + \Lambda \theta.
\end{align}
(26) (27)

Equation (26) can now be used to eliminate $\dot{\rho}$ in equation (27), leaving us with a single matrix equation for the perturbed phases:
\begin{equation}
\dot{\theta} = -D \nabla^2 \theta + \Lambda \theta.
\end{equation}
(28)

This is an integro-differential equation (since $\hat{\Sigma}$ is a matrix of differential operators) which is a second-order differential equation in time, but an integral equation (equivalently, an infinite-order differential equation) in space.

We now formally construct the operators $\hat{\Sigma}^{1/2}$ and $\hat{\Sigma}^{-1/2}$ and use them to define a new set of variables
\begin{equation}
\tilde{\theta} = \hat{\Sigma}^{-1/2} \theta,
\end{equation}
(29)
in terms of which the wave equation becomes
\begin{equation}
\partial_t^2 \tilde{\theta} = \{\hat{\Sigma}^{1/2} [D \nabla^2 - \Lambda] \hat{\Sigma}^{1/2}\} \tilde{\theta},
\end{equation}
(30)
or more explicitly
\begin{equation}
\partial_t^2 \tilde{\theta} = \{[\Sigma - Xk^2]^{1/2} [D \nabla^2 - \Lambda] [\Sigma - Xk^2]^{1/2}\} \tilde{\theta}.
\end{equation}
(31)

This is now a (relatively) simple PDE to analyse. Note that whereas the objects $\hat{\Sigma}^{1/2}$ and $\hat{\Sigma}^{-1/2}$ are $2 \times 2$ matrices whose elements are pseudo-differential operators, as a practical matter we never have to descend to this level of technicality. Indeed, it is computationally efficient to directly go to the eikonal limit where
\begin{equation}
\hat{\Sigma} \rightarrow \Sigma + Xk^2.
\end{equation}
(32)

This finally leads to a dispersion relation of the form
\begin{equation}
\det(\omega^2 I - [\Sigma + Xk^2]^{1/2} [D \nabla^2 - \Lambda] [\Sigma + Xk^2]^{1/2}) = 0,
\end{equation}
(33)
and ‘all’ we need to do for the purposes of this paper is to understand this quasi-particle excitation spectrum in detail.

### 3. Healing length

Note that the differential operator $\hat{Q}_{XX}$ that underlies the origin of the $Xk^2$ contribution above is obtained by linearizing the quantum potential
\begin{equation}
V_Q(\rho_X) = -\frac{\hbar^2}{2mX} \left( \nabla^2 \sqrt{\rho_X} \right) \left( \sqrt{\rho_X} \right).
\end{equation}
(34)

which appears in the Hamilton–Jacobi equation of the BEC flow. This quantum potential term is suppressed by the smallness of $\hbar$, the comparative largeness of $mX$ and for sufficiently uniform density profiles. But of course in any real system the density of a BEC must go to zero at the boundaries of its EM trap (given that $\rho_X = |\psi_X(x,t)|^2$). In a one-component BEC the healing length characterizes the minimal distance over which the order parameter goes from zero to its bulk value. If the condensate density grows from zero to $\rho_0$ within a distance $\xi$ the quantum potential term (non-local) and the interaction energy (local) are respectively $E_{\text{kinetic}} \sim \hbar^2/(2m\xi^2)$ and $E_{\text{interaction}} \sim 4\pi \hbar^2 a \rho_0 / m$. These two terms are comparable when
\begin{equation}
\xi = (8\pi \rho_0 a)^{-1/2}.
\end{equation}
(35)
where $a$ is the s-wave scattering length defined as
\[ a = \frac{m U_0}{4\pi \hbar^2}. \] (36)

Note that what we call $U_0$ in the above expression is just the coefficient of the nonlinear self-coupling term in the Gross–Pitaevskii equation, i.e., just $U_{AA}$ or $U_{BB}$ if we completely decouple the 2 BECs ($U_{AB} = \lambda = 0$).

From the definition of the healing length it is hence clear that only for excitations with wavelengths much larger than the healing length is the effect of the quantum potential negligible. This is called the hydrodynamic limit because the single-BEC dynamics is described by the continuity and Hamilton–Jacobi equations of a super-fluid, and its excitations behave like massless phononic modes. In the case of excitations with wavelengths comparable with the healing length this approximation is no longer appropriate and deviations from phononic behaviour will arise.

Such a simple discrimination between different regimes is lost once one considers a system formed by two coupled Bose–Einstein condensates. In fact in this case one is forced to introduce a generalization of the healing $\xi$ length in the form of a ‘healing matrix’. Let us elaborate on this point. If we apply the same reasoning used above for the definition of the ‘healing length’ to the two-component BEC system (9), (10) we again find a functional form like that of equation (35); however we now have the crucial difference that both the density and the scattering length are replaced by matrices. In particular we generalize the scattering length $a$ to the matrix $A$:
\[ A = \frac{1}{4\pi \hbar^2} \begin{bmatrix} \sqrt{m_A} & 0 \\ 0 & \sqrt{m_B} \end{bmatrix} \begin{bmatrix} U_{AA} & U_{AB} \\ U_{AB} & U_{BB} \end{bmatrix} \begin{bmatrix} \sqrt{m_A} & 0 \\ 0 & \sqrt{m_B} \end{bmatrix}. \] (37)

Furthermore, from (35) a healing length matrix $Y$ can be defined by
\[ Y^{-2} = \frac{4}{\hbar^2} \begin{bmatrix} \sqrt{\rho_A m_A} & 0 \\ 0 & \sqrt{\rho_B m_B} \end{bmatrix} \begin{bmatrix} U_{AA} & U_{AB} \\ U_{AB} & U_{BB} \end{bmatrix} \begin{bmatrix} \sqrt{\rho_A m_A} & 0 \\ 0 & \sqrt{\rho_B m_B} \end{bmatrix}. \] (38)

That is, in terms of the matrices we have so far defined
\[ Y^{-2} = \frac{1}{2} X^{-1/2} \Xi X^{-1/2}, \quad Y^2 = 2X^{1/2} \Xi^{-1} X^{1/2}. \] (39)

We can now define ‘effective’ scattering lengths and healing lengths for the two-BEC condensate as
\[ a_{\text{eff}} = \frac{1}{2} \text{tr}[A] = \frac{m_A U_{AA} + m_B U_{BB}}{8\pi \hbar^2}, \] (40)

and
\[ \xi_{\text{eff}}^2 = \frac{1}{2} \text{tr}[Y^2] = \text{tr}[X \Xi^{-1}] = \frac{\hbar^2 [U_{BB} / (m_A \rho_{AB}) + U_{AA} / (m_B \rho_{BA})]}{4(U_{AA} U_{BB} - U_{AB}^2)}. \] (41)

That is
\[ \xi_{\text{eff}}^2 = \frac{\hbar^2 [m_A \rho_{AB} U_{AA} + m_B \rho_{BA} U_{BB}]}{4m_A m_B \rho_{AB} \rho_{BA} (U_{AA} U_{BB} - U_{AB}^2)}. \] (42)

Note that if the two components are decoupled and tuned to be equivalent to each other, then these effective scattering and healing lengths reduce to the standard one-component results. We shall soon see that sometimes it is convenient to deal with explicit formulae involving the ‘low-level’ fundamental quantities such as $m_A$, $m_B$, $U_{XY}$, etc, while often it is more convenient to deal with ‘high-level’ quantities such as $\xi_{\text{eff}}$. 

Analogue quantum gravity phenomenology from a two-component BEC
4. Hydrodynamic approximation

We are now interested in investigating the most general conditions (in the hydrodynamic limit) under which this two-BEC system can describe two phononic modes propagating over the same metric structure. The hydrodynamic limit is equivalent to formally setting $\hat{X} \to 0$ so that $\hat{\mathcal{Z}} \to \mathcal{Z}$. (That is, one is formally setting the healing length matrix to zero: $Y \to 0$. More precisely, all components of the healing length matrix are assumed small compared to other length scales in the problem.)

4.1. Fresnel equation

The PDE (28) now takes the simplified form

$$\partial^2_t \tilde{\theta} + \mathcal{D} \cdot \nabla^2 \tilde{\theta} - \Lambda \tilde{\theta} = 0.$$  \hfill (43)

Since this is second order in both time and space derivatives, we now have at least the possibility of obtaining an exact ‘Lorentz invariance’. We can now define the transformed variables

$$\tilde{\theta} = \Xi^{-1/2} \theta,$$  \hfill (44)

and the matrices

$$\Omega^2 = \Xi^{1/2} \Lambda \Xi^{1/2}, \quad C_0^2 = \Xi^{1/2} \mathcal{D} \Xi^{1/2},$$  \hfill (45)

so that

$$\partial^2_t \tilde{\theta} + C_0^2 \nabla^2 \tilde{\theta} - \Omega^2 \tilde{\theta} = 0.$$  \hfill (46)

Then in momentum space

$$\omega^2 \tilde{\theta} = \left( C_0^2 k^2 + \Omega^2 \right) \tilde{\theta} \equiv H(k^2) \tilde{\theta},$$  \hfill (47)

leading to the Fresnel equation

$$\det[\omega^2 I - H(k^2)] = 0.$$  \hfill (48)

That is

$$\omega^4 - \omega^2 \mathrm{tr}[H(k^2)] + \det[H(k^2)] = 0,$$  \hfill (49)

whence

$$\omega^2 = \frac{\mathrm{tr}[H(k^2)] \pm \sqrt{\mathrm{tr}[H(k^2)]^2 - 4 \det[H(k^2)]}}{2}.$$  \hfill (50)

Note that the matrices $\Omega^2, C_0^2$ and $H(k^2)$ have now carefully been arranged to be symmetric. This greatly simplifies the subsequent matrix algebra. Also note that the matrix $H(k^2)$ is a function of $k^2$; this will forbid the appearance of odd powers of $k$ in the dispersion relation—as should be expected due to the parity invariance of the system.

4.2. Masses

We read off the ‘masses’ by looking at the special case of space-independent oscillations for which

$$\partial^2_t \tilde{\theta} = -\Omega^2 \tilde{\theta},$$  \hfill (51)

allowing us to identify the ‘mass’ (more precisely, the natural oscillation frequency) as

‘masses’ $\propto$ eigenvalues of $(\Xi^{1/2} \Lambda \Xi^{1/2}) = \text{eigenvalues of } (\Xi \Lambda)$.  \hfill (52)
Analogue quantum gravity phenomenology from a two-component BEC

Since $/Lambda_1$ is a singular $2\times2$ matrix this automatically implies
\[ \omega_1^2 = 0, \quad \omega_{1\text{I}}^2 = \text{tr}(\Xi_1 /Lambda_1). \] (53)
So we see that one mode will be a massless phonon while the other will have a non-zero mass. Explicitly, in terms of the elements of the underlying matrices
\[ \omega_1^2 = 0, \quad \omega_{1\text{II}}^2 = -\frac{2\sqrt{\rho_{A0}\rho_{B0}\lambda}}{\hbar} \left( U_{AA} + U_{BB} - 2U_{AB} \right) \] (54)
so that (before any fine tuning or decoupling)
\[ \omega_{1\text{II}}^2 = -\frac{2\sqrt{\rho_{A0}\rho_{B0}\lambda}}{\hbar} \left( U_{AA} + U_{BB} - \frac{\lambda}{2\sqrt{\rho_{A0}\rho_{B0}}} \left( \sqrt{\rho_{A0}} + \sqrt{\rho_{B0}} \right)^2 \right). \] (55)
It is easy to check that this quantity really does have the physical dimensions of a frequency.

4.3. Conditions for mono-metricity

We now want our system to be a perfect analogue of special relativity. That is
- We want each mode to have a quadratic dispersion relation;
- We want each dispersion relation to have the same asymptotic slope.

In order to find under which conditions these requirements are satisfied we will adopt the following strategy: let us start by noting that the dispersion relation (50) is of the form
\[ \omega^2 = [\text{quadratic}_1] \pm \sqrt{[\text{quartic}].} \] (56)
The first condition implies that the quartic must be a perfect square
\[ [\text{quartic}] = [\text{quadratic}_2]^2, \] (57)
but then the second condition implies that the slope of this quadratic must be zero. That is
\[ [\text{quadratic}_2](k^2) = [\text{quadratic}_1](0), \] (58)
and so
\[ [\text{quartic}](k^2) = [\text{quartic}](0) \] (59)
must be a constant independent of $k^2$, so that the dispersion relation is of the form
\[ \omega^2 = [\text{quadratic}_1](k^2) \pm [\text{quadratic}_2](0). \] (60)
Note that this has the required form (two hyperbolae with the same asymptotes, and possibly different intercepts). Now let us implement this directly in terms of the matrices $C_0^2$ and $M^2$.

Step 1. Using the results of the appendix, specifically equation (A.6)
\[ \det[H^2(k)] = \det[\Omega^2 + C_0^2 k^2] \]
\[ = \det[\Omega^2] - \text{tr}[\Omega^2 C_0^2]k^2 + \det[C_0^2](k^2)^2. \] (62)
(This holds for any linear combination of $2\times2$ matrices. Note that we apply trace reversal to the squared matrix $C_0^2$; we do not trace reverse and then square.) Since in particular $\det[\Omega^2] = 0$, we have
\[ \det[H^2(k)] = -\text{tr}[\Omega^2 C_0^2]k^2 + \det[C_0^2](k^2)^2. \] (63)
Step 2. Now consider the discriminant (the quartic)
\[ \text{quartic} \equiv \text{tr}[H(k^2)]^2 - 4 \det[H(k^2)] \] (64)
From the given equations, we can derive the conditions for mono-metricity:

\[ \text{mono-metricity} \iff \begin{cases} \text{tr}[C_0^2] - 4 \det[C_0^2] = 0; \\ 2 \text{tr}[\Omega^2 C_0^2] - \text{tr}[\Omega^2] \text{tr}[C_0^2] = 0. \end{cases} \]  

Once these two conditions are satisfied, the dispersion relation can be expressed as

\[ \omega^2 = \frac{\text{tr}[H(k^2)] \pm \text{tr}[\Omega^2]}{2} = \frac{\text{tr}[\Omega^2] \pm \text{tr}[C_0^2] + \text{tr}[C_0^2] k^2}{2} \]

whence

\[ \omega_+^2 = \frac{1}{2} \text{tr}[C_0^2] k^2 = c_0^2 k^2, \quad \omega_-^2 = \frac{1}{2} \text{tr}[C_0^2] + \frac{1}{2} \text{tr}[C_0^2] k^2 = \omega_{11}^2 + c_0^2 k^2, \]

as required. One mode is massless, one massive with exactly the ‘mass’ previously deduced.

One can now define the quantity

\[ m_{11} = \hbar \omega_{11} / c_0^2, \]

which really does have the physical dimensions of a mass.

### 4.4. Interpretation of the mono-metricity conditions

But now we have to analyse the two simplification conditions

\[ C1: \quad \text{tr}[C_0^2] - 4 \det[C_0^2] = 0, \]

\[ C2: \quad 2 \text{tr}[\Omega^2 C_0^2] - \text{tr}[\Omega^2] \text{tr}[C_0^2] = 0, \]

to see what they tell us. The first of these conditions is equivalent to the statement that the $2 \times 2$ matrix $C_0^2$ has two identical eigenvalues. But since $C_0^2$ is symmetric this then implies $C_0^2 = c_0^2 \mathbf{I}$, in which case the second condition is automatically satisfied. (In contrast, condition $C2$ does not automatically imply condition $C1$.) Indeed if $C_0^2 = c_0^2 \mathbf{I}$, then it is easy to see that (in order to make $C_0^2$ diagonal) $U_{AB} = 0$, and furthermore that

\[ \frac{U_{AA} \rho_{A0}}{m_A} = c_0^2 = \frac{U_{BB} \rho_{B0}}{m_B}. \]

Note that we can now solve for $\lambda$ to get

\[ \lambda = -2 \sqrt{\rho_{A0} \rho_{B0}} U_{AB}, \]

whence

\[ c_0^2 = \frac{U_{AA} \rho_{A0} + U_{AB} \rho_{B0}}{m_A} = \frac{U_{BB} \rho_{B0} + U_{AB} \rho_{A0}}{m_B}, \]

and

\[ \omega_{11}^2 = \frac{4 \rho_{A0} \rho_{B0} U_{AB}}{\hbar^2} \left( U_{AA} + U_{BB} - 2 U_{AB} + U_{AB} \sqrt{\frac{\rho_{A0}}{\rho_{B0}} + \sqrt{\rho_{B0} / \rho_{A0}}} \right)^2. \]

Note that (77) is equivalent to (55) with (75) enforced. But this then implies

\[ \omega_{11}^2 = \frac{4 \rho_{A0} \rho_{B0} U_{AB}}{\hbar^2} \left( U_{AA} + U_{BB} + U_{AB} \left( \frac{\rho_{A0}}{\rho_{B0}} + \frac{\rho_{B0}}{\rho_{A0}} \right) \right). \]
**Interpretation.** Condition $C2$ forces the two low-momentum ‘propagation speeds’ to be the same, that is, it forces the two $O(k^2)$ coefficients to be equal. Condition $C1$ is the stronger statement that there is no $O(k^4)$ (or higher order) distortion to the relativistic dispersion relation.

5. **Beyond the hydrodynamical approximation**

At this point we want to consider the deviations from the previous analogue for special relativity. To do so we have to reintroduce the linearized quantum potential $\hat{Q}_{X1}$ in our equation (28) given that, at high frequencies, it is this term that is inducing deviations from the superfluid regime for the BEC system.

5.1. **Fresnel equation**

Our starting point is equation (33) which we rewrite here for convenience:

$$\omega^2 \theta = \{\sqrt{\Xi + Xk^2}[Dk^2 + \Lambda]\sqrt{\Xi + Xk^2}\theta = H(k^2)\theta. \quad (79)$$

This leads to the Fresnel equation

$$\det[\omega^2 I - H(k^2)] = 0. \quad (80)$$

That is

$$\omega^4 - \omega^2 \text{tr}[H(k^2)] + \det[H(k^2)] = 0, \quad (81)$$

whence

$$\omega^2 = \frac{\text{tr}[H(k^2)] \pm \sqrt{\text{tr}[H(k^2)]^2 - 4\det[H(k^2)]}}{2}, \quad (82)$$

which is now of the form

$$\omega^2 = [\text{quartic}] \pm \sqrt{[\text{octic}]}. \quad (83)$$

And we can now proceed with the same sort of analysis as in the hydrodynamical case.

5.2. **Masses**

The ‘masses’, defined as the zero momentum oscillation frequencies, are again easy to identify. Just note that

$$H(k^2 \to 0) = \Omega^2, \quad (84)$$

and using the fact that $\det(\Omega^2) = 0$ one again obtains

$$\omega^2(k \to 0) = \{0, \text{tr}[\Omega^2]\}. \quad (85)$$

So even taking the quantum potential into account we completely recover our previous results (53), (54) and (55). Of course this could have been predicted in advance by just noting that the $k$-independent term in the Fresnel equation is exactly the same mass matrix $\Omega^2 = \Xi^{1/2} \Lambda \Xi^{1/2}$ as was present in the hydrodynamical limit. (That is, the quantum potential term $\hat{X}$ does not influence the masses.)
5.3. Dispersion relations

Let us start again from the general result we obtained for the dispersion relation (82). Differently from the previous case, when the hydrodynamic approximation held, we now have that the discriminant of (82) generically can be an eighth-order polynomial in $k$. In this case we cannot hope to recover an exact analogue of special relativity, but instead can at best hope to obtain dispersion relations with vanishing or suppressed deviations from special relativity at low $k$, possibly with large deviations from special relativity at high momenta. From the form of our equation it is clear that the Lorentz violation suppression should be somehow associated with the masses of the atoms $m_{A/B}$. Indeed we will use the underlying atomic masses to define our ‘Lorentz breaking scale’, which we shall then assume can be identified with the ‘quantum gravity scale’. The exact form and relative strengths of the higher-order terms will be controlled by tuning the two-BEC system and will eventually decide the manifestation (or not) of the naturalness problem and of the universality issue.

Our approach will again consist of considering derivatives of (82) in growing even powers of $k^2$ (recall that odd powers of $k$ are excluded by the parity invariance of the system) and then setting $k \to 0$. We shall compute only the coefficients up to order $k^4$ as by simple dimensional arguments one can expect that any higher-order term will be further suppressed with respect to the $k^4$ one.

We can greatly simplify our calculations if before performing our analysis we rearrange our problem in the following way. First of all note that by the cyclic properties of trace

$$\text{tr}[H(k^2)] = \text{tr}[(Dk^2 + \Lambda)(\Xi + k^2 X)]$$

$$= \text{tr}[\Lambda \Xi + k^2(D \Xi + \Lambda X) + (k^2)^2 DX]$$

$$= \text{tr}[\Xi^{1/2} \Lambda \Xi^{1/2} + k^2(\Xi^{1/2} D \Xi^{1/2} + X^{1/2} \Lambda X^{1/2}) + (k^2)^2 X^{1/2} DX^{1/2}].$$

We can now define symmetric matrices

$$\Omega^2 = \Xi^{1/2} \Lambda \Xi^{1/2},$$

$$C_0^2 = \Xi^{1/2} D \Xi^{1/2},$$

$$\Delta C^2 = X^{1/2} \Lambda X^{1/2},$$

$$C^2 = C_0^2 + \Delta C^2 = \Xi^{1/2} D \Xi^{1/2} + X^{1/2} \Lambda X^{1/2},$$

$$Z^2 = 2X^{1/2} DX^{1/2} = \frac{\hbar^2}{2} M^{-2}.$$ (89)

With all these definitions we can then write

$$\text{tr}[H(k^2)] = \text{tr}[\Omega^2 + k^2(C_0^2 + \Delta C^2) + \frac{1}{2}(k^2)^2 Z^2],$$ (93)

where everything has been done inside the trace. If we now define

$$H_r(k^2) = \Omega^2 + k^2(C_0^2 + \Delta C^2) + \frac{1}{2}(k^2)^2 Z^2,$$ (94)

then $H_r(k^2)$ is by definition both polynomial and symmetric and satisfies

$$\text{tr}[H(k^2)] = \text{tr}[H_r(k^2)],$$ (95)

while in contrast,

$$\det[H(k^2)] \neq \det[H_r(k^2)].$$ (96)

But then

$$\omega^2 = \frac{1}{2} [\text{tr}[H_r(k^2)] \pm \sqrt{\text{tr}[H_r(k^2)]^2 - 4 \text{det}[H(k^2)]}].$$ (97)
whence
\[
\frac{d\omega^2}{dk^2} = \frac{1}{2} \left[ \tr[H_c'(k^2)] \pm \frac{\tr[H_c'(k^2)] - 2 \det[H(k^2)]}{\sqrt{\tr[H_c'(k^2)]^2 - 4 \det[H(k^2)]}} \right],
\]
(98)
and at \( k = 0 \)
\[
\left. \frac{d\omega^2}{dk^2} \right|_{k \to 0} = \frac{1}{2} \left[ \tr[C^2] \pm \frac{\tr[C^2] - 2 \det[H(k^2)]_{k \to 0}}{\tr[\Omega^2]} \right].
\]
(99)
But now let us consider
\[
\det[H(k^2)] = \det[(Dk^2 + \Lambda)(\Xi + k^2 X)]
\]
(100)
\[
= \det[Dk^2 + \Lambda] \det[\Xi + k^2 X]
\]
(101)
\[
= \det[\Xi^{1/2}(Dk^2 + \Lambda)\Xi^{1/2}] \det[I + k^2 \Xi^{-1/2} X \Xi^{-1/2}],
\]
(102)
where we have repeatedly used properties of the determinant. Furthermore
\[
\det[I + k^2 \Xi^{-1/2} X \Xi^{-1/2}] = \det[I + k^2 \Xi^{-1} X]
\]
(103)
\[
= \det[I + k^2 X^{1/2} \Xi X^{1/2}]
\]
(104)
\[
= \det[I + k^2 Y^2/2],
\]
(105)
so that we have
\[
\det[H(k^2)] = \det[\Omega^2 + C_0^2 k^2] \det[I + k^2 Y^2/2].
\]
(106)
Note that the matrix \( Y^2 \) is the ‘healing length matrix’ we had previously defined, and that the net result of this analysis is that the full determinant is the product of the determinant previously found in the hydrodynamic limit with a factor that depends on the product of wavenumber and healing length.

But now, given our formula (A.6) for the determinant, we see
\[
\det[H(k^2)] = (-\tr[\Omega^2 C_0^2] + 2k^2 \det[C_0^2]) \det[I + k^2 Y^2/2]
\]
\[
+ \det[\Omega^2 + C_0^2 k^2](-\tr[Y^2] + k^2 \det[Y^2])/2,
\]
(107)
whence
\[
\left. \det[H(k^2)] \right|_{k \to 0} = -\tr(\Omega^2 C_0^2),
\]
(108)
and so
\[
\left. \frac{d\omega^2}{dk^2} \right|_{k \to 0} = \frac{1}{2} \left[ \tr[C^2] \pm \frac{\tr[C^2] + 2 \tr(\Omega^2 C_0^2)}{\tr[\Omega^2]} \right].
\]
(109)
That is
\[
\left. \frac{d\omega^2}{dk^2} \right|_{k \to 0} = \frac{1}{2} \left[ \tr[C^2] \pm \frac{\tr[C^2] + 2 \tr(C_0^2 \Omega^2)_{k \to 0}}{\tr[\Omega^2]} \right].
\]
(110)
Note that all the relevant matrices have been carefully symmetrized. Also note the important distinction between \( C_0^2 \) and \( C^2 \). Now define
\[
c^2 = \frac{1}{2} \tr[C^2],
\]
(111)
then
\[
\left. \frac{d\omega^2}{dk^2} \right|_{k \to 0} = c^2(1 \pm \eta_2),
\]
(112)
with
\[
\eta_2 = \left\{ \frac{\text{tr}[C^2] \text{tr}[\Omega^2] + 2 \text{tr}(\Omega^2 C_0^2)}{\text{tr}[\Omega^2] \text{tr}[C^2]} \right\} = \left\{ 1 + \frac{\text{tr}(\Omega^2 C_0^2)}{\omega_f^2 c^2} \right\}.
\]  
(113)

Similarly, consider the second derivative
\[
\frac{d^2 \omega^2}{d(k^2)^2} = \frac{1}{2} \left[ \text{tr}[H_s(k^2)] \pm \frac{\text{tr}[H_s'(k^2)] \text{tr}[H_s''(k^2)] + \text{tr}[H_s''(k^2)] \text{tr}[H_s'(k^2)] - 2 \text{det}''[H(k^2)]}{\sqrt{\text{tr}[H_s(k^2)]^2 - 4 \text{det}[H(k^2)]}} \right]
\]
\[
\mp \frac{\left( \text{tr}[H_s(k^2)] \text{tr}[H_s'(k^2)] - 2 \text{det}''[H(k^2)] \right)^2}{(\text{tr}[H_s(k^2)]^2 - 4 \text{det}[H(k^2)])^{3/2}},
\]
whence
\[
\frac{d^2 \omega^2}{d(k^2)^2} \bigg|_{k \to 0} = \frac{1}{2} \left[ \text{tr}[Z^2] \pm \frac{\text{tr}[\Omega^2] \text{tr}[Z^2] + \text{tr}[C^2] \text{tr}[Z^2] - 2 \text{det}''[H(k^2)] \bigg|_{k \to 0}}{\text{tr}[\Omega^2]} \right]
\]
\[
\mp \frac{(\text{tr}[\Omega^2] \text{tr}[C^2] - 2 \text{det}''[H(k^2)] \bigg|_{k \to 0})^2}{\text{tr}[\Omega^2]^3}.
\]
(114)

The last term above can be related to \(d \omega^2 / d k^2\), while the determinant piece is evaluated using
\[
\text{det}''[H(k^2)] = (2 \text{det}[C_0^2]) \text{det}[I + k^2 Y^2/2] + (-\text{tr}(\Omega^2 C_0^2))
\]
\[
+ 2k^2 \text{det}[C_0^2]((-\text{tr}[Y^2] + k^2 \text{det}[Y^2])/2 + \text{det}[\Omega^2 + C_0^2 k^2]) \text{det}[Y^2] / 2
\]
\[
+ (-\text{tr}(\Omega^2 C_0^2))(-\text{tr}[Y^2])/2.
\]
(116)

Therefore
\[
\text{det}''[H(k^2)] \bigg|_{k \to 0} = (2 \text{det}[C_0^2]) + (-\text{tr}(\Omega^2 C_0^2))(-\text{tr}[Y^2]) / 2 + \text{det}[\Omega^2] \text{det}[Y^2] / 2
\]
\[
+ (-\text{tr}(\Omega^2 C_0^2))(-\text{tr}[Y^2]) / 2.
\]
(117)

That is (recalling \(\text{tr}[\hat{A}] = -\text{tr}[A]\)),
\[
\text{det}''[H(k^2)] \bigg|_{k \to 0} = (2 \text{det}[C_0^2]) - (\text{tr}(\Omega^2 C_0^2))(\text{tr}[Y^2]).
\]
(118)

or
\[
\text{det}''[H(k^2)] \bigg|_{k \to 0} = -\text{tr}[C_0^2 C_0^2] - \text{tr}[\Omega^2 C_0^2] \text{tr}[Y^2].
\]
(119)

Now assembling all the pieces
\[
\frac{d^2 \omega^2}{d(k^2)^2} \bigg|_{k \to 0} = \frac{1}{2} \left[ \text{tr}[Z] \pm \frac{\text{tr}[\Omega^2] \text{tr}[Z^2] + \text{tr}[C^2] \text{tr}[Z^2] + 2 \text{tr}[C_0^2 C_0^2] + 2(\text{tr}(\Omega^2 C_0^2))(\text{tr}[Y^2])}{\text{tr}[\Omega^2]} \right]
\]
\[
\mp \frac{(\text{tr}[\Omega^2] \text{tr}[C^2] + 2 \text{tr}[\Omega^2 C_0^2])^2}{\text{tr}[\Omega^2]^3}.
\]
(120)

That is
\[
\frac{d^2 \omega^2}{d(k^2)^2} \bigg|_{k \to 0}
\]
\[
= \frac{1}{2} \left[ \text{tr}[Z] \pm \frac{\text{tr}[\Omega^2] \text{tr}[Z^2] + \text{tr}[C^2] \text{tr}[Z^2] + 2 \text{tr}[C_0^2 C_0^2] + 2(\text{tr}(\Omega^2 C_0^2))(\text{tr}[Y^2])}{\text{tr}[\Omega^2]} \right] \mp \frac{\text{tr}[C_0^2]^{2}}{\text{tr}[\Omega^2] \eta_2^2}.
\]
(121)
and so
\[
\frac{d^2\omega^2}{d(k^2)^2}\bigg|_{k \to 0} = \frac{1}{2} \left[ \text{tr}[Z^2] \pm \text{tr}[Z^2] \right] \mp \frac{1}{2} \left[ \text{tr}[C_0^2] + 1 \right] \text{tr}[\Delta C^2] \mp \frac{1}{2} \text{tr}[\Delta C^2] \text{tr}[\Omega^2] \mp \frac{1}{2} \left[ \text{tr}[C_0^2] - 1 \right] \text{tr}[\Delta C^2] \text{tr}[\Omega^2] \mp \frac{1}{2} \left[ \text{tr}[C_0^2] - 1 \right] \text{tr}[\Delta C^2] \text{tr}[\Omega^2].
\]

With the above formula we have completed our derivation of the lowest-order terms of the generic dispersion relation of a coupled two-BEC system—including the terms introduced by the quantum potential at high wavenumber—up to terms of order $k^4$. From the above formula it is clear that we do not generically have Lorentz invariance in this system: Lorentz violations arise both due to mode-mixing interactions (an effect which can persist in the hydrodynamic limit where $Z \to 0$ and $Y \to 0$) and to the presence of the quantum potential (signalled by $Z \neq 0$ and $Y \neq 0$). While the mode-mixing effects are relevant at all energies the latter effect characterizes the discrete structure of the effective spacetime at high energies. It is in this sense that the quantum potential determines the analogue of quantum gravity effects in our two-BEC system.

6. The relevance for quantum gravity phenomenology

Following this physical insight we can now easily identify a regime that is potentially relevant for simulating the typical ansatz of quantum gravity phenomenology. We demand that any violation of Lorentz invariance present should be due to the microscopic structure of the effective spacetime. This implies that one has to tune the system in order to cancel exactly all those violations of Lorentz invariance which are solely due to mode-mixing interactions in the hydrodynamic limit.

We basically follow the guiding idea that a good analogue of quantum-gravity-induced Lorentz violations should be characterized only by the ultraviolet physics of the effective spacetime. In the system at hand the ultraviolet physics is indeed characterized by the quantum potential, whereas possible violations of the Lorentz invariance in the hydrodynamical limit are low-energy effects, even though they have their origin in the microscopic interactions. We therefore start by investigating the scenario in which the system is tuned in such a way that no violations of Lorentz invariance are present in the hydrodynamic limit. This leads us to again enforce the conditions $C_1$ and $C_2$ which corresponded to ‘mono-metricity’ in the hydrodynamic limit.

In this case (110) and (122) take respectively the form
\[
\frac{d\omega^2}{dk^2}\bigg|_{k \to 0} = \frac{1}{2} \left[ \text{tr}[C_0^2] + 1 \right] \text{tr}[\Delta C^2] = c_0^2 + \frac{1}{2} \text{tr}[\Delta C^2].
\]

Recall (see section 4.4) that the first of the physical conditions $C_1$ is equivalent to the statement that the $2 \times 2$ matrix $C_0^2$ has two identical eigenvalues. But since $C_0^2$ is symmetric this then implies $C_0^2 = c_0^2 I$, in which case the second condition is automatically satisfied. This
also leads to the useful facts
\[ \bar{U}_{AB} = 0 \implies \lambda = -2\sqrt{\rho_A \rho_B} U_{AB}, \]  
(125)
\[ c_0^2 = \frac{U_{AA} \rho_A}{m_A} = \frac{U_{BB} \rho_B}{m_B}. \]  
(126)

Now that we have the fine-tuning condition for the laser coupling we can compute the magnitude of the effective mass of the massive phonon and determine the values of the Lorentz violation coefficients. In particular we shall start checking that this regime allows for a real positive effective mass as needed for a suitable analogue model of quantum gravity phenomenology.

### 6.1. Effective mass

Remember that the definition of \( m_{II} \) reads
\[ m_{II}^2 = \frac{\hbar^2 \omega_{II}^2}{c_0^4}. \]  
(127)

Using equations (125) and (126) we can rewrite \( c_0^2 \) in the following form:
\[ c_0^2 = \left[ m_B \rho_A U_{AA} + m_A \rho_B U_{BB} + U_{AB} (\rho_A m_A + \rho_B m_B) \right] / (2m_A m_B). \]  
(128)

Similarly equations (125) and (126) when inserted in equation (78) give
\[ \omega_{II}^2 = \frac{4U_{AB} (\rho_A m_B + \rho_B m_A) c_0^2}{\hbar^2}. \]  
(129)

We can now estimate \( m_{II} \) by simply inserting the above expressions in equation (127) so that
\[ m_{II}^2 \approx \frac{8U_{AB}}{m_B \rho_A U_{AA} + m_A \rho_B U_{BB} + U_{AB} (\rho_A m_A + \rho_B m_B)}. \]  
(130)

This formula now clearly shows that, as long as the mixing term \( U_{AB} \) is small compared to the ‘direct’ scattering \( U_{AA} + U_{BB} \), the mass of the heavy phonon will be ‘small’ compared to the mass of the atoms. Though experimental realizability of the system is not the primary focus of the current paper, we point out that there is no obstruction in principle to tuning a two-BEC system into a regime where \( |U_{AB}| \ll |U_{AA} + U_{BB}| \). For the purposes of this paper it is sufficient that a small effective phonon mass (small compared to the atomic masses which set the analogue quantum gravity scale) is obtainable for some arrangement of the microscopic parameters. We can now look separately at the coefficients of the quadratic and quartic Lorentz violations and then compare their relative strength in order to see if a situation like that envisaged by discussions of the naturalness problem is actually realized.

### 6.2. Coefficient of the quadratic deviation

One can easily see from (123) that the \( \sigma_2 \) coefficients for this case take the form
\[ \sigma_{2,I} = 0, \]  
(132)
\[ \sigma_{2,II} = \text{tr}[\Delta C^2] = \text{tr}[X^{1/2} \Lambda X^{1/2}] = \text{tr}[X \Lambda] = -\frac{1}{2} \frac{\lambda}{m_A m_B} \left( \frac{m_A \rho_A + m_B \rho_B}{\sqrt{\rho_A \rho_B}} \right). \]  
(133)
So if we insert the fine-tuning condition for $\lambda$, equation (125), we get
\[
\eta_{2,II} = \frac{m_{2,II}}{c_0^2} = \frac{U_{AB} (m_A \rho_A + m_B \rho_B)}{m_A m_B c_0^2}.
\]  
(134)

Remarkably we can now cast this coefficient in a much more suggestive form by expressing the coupling $U_{AB}$ in terms of the mass of the massive quasi-particle $m_{II}^2$. In order to do this we start from equation (129) and note that it enables us to express $U_{AB}$ in (134) in terms of $\omega_{II}^2$, thereby obtaining
\[
\eta_{2,II} = \frac{\hbar^2}{4 c_0^4} \frac{\rho_{A0} m_A + \rho_{B0} m_B}{\rho_{A0} m_B + \rho_{B0} m_A} \frac{\omega_{II}^2}{m_A m_B}.
\]  
(135)

Now it is easy to see that
\[
\frac{\rho_{A0} m_A + \rho_{B0} m_B}{\rho_{A0} m_B + \rho_{B0} m_A} \approx O(1),
\]  
(136)

and that this factor is identically unity if either $m_A = m_B$ or $\rho_{A0} = \rho_{B0}$. All together we are left with
\[
\eta_{2,II} = \bar{\eta} \left( \frac{m_{II}}{\sqrt{m_A m_B}} \right)^2,
\]  
(137)

where $\bar{\eta}$ is a dimensionless coefficient of order 1.

The product in the denominator of the above expression can be interpreted as the geometric mean of the fundamental boson masses $m_A$ and $m_B$. These are mass scales associated with the microphysics of the condensate—in analogy with our experience with a one-BEC system where the ‘quantum gravity scale’ $K$ in equation (5) is set by the mass of the BEC atoms. It is then natural to define an analogue of the scale of the breakdown of Lorentz invariance as $M_{\text{eff}} = \sqrt{m_A m_B}$. (Indeed this ‘analogue Lorentz breaking scale’ will typically do double duty as an ‘analogue Planck mass’.)

Using this physical insight it should be clear that equation (137) effectively says
\[
\eta_{2,II} \approx \left( \frac{m_{II}}{M_{\text{eff}}} \right)^2,
\]  
(138)

which, given that $m_f = 0$, we can generalize as
\[
\eta_{2,X} \approx \left( \frac{m_X}{M_{\text{eff}}} \right)^2 = \left( \frac{\text{mass scale of quasi-particle}}{\text{effective Planck scale}} \right)^2, \quad X = I, II.
\]  
(139)

The above relation is exactly the sort of dimensionless ratio $(\mu/M)^\sigma$ that has been very often conjectured in the literature on quantum gravity phenomenology in order to explain the strong observational constraints on Lorentz violations at the lowest orders. (See discussion in the introduction.) Does this now imply that this particular regime of our two-BEC system will also show an analogue version of the naturalness problem? In order to answer this question we need to find the dimensionless coefficient for the quartic deviations, $\eta_4$, and check if it will or will not itself be suppressed by some power of the small ratio $m_{II}/M_{\text{eff}}$.

6.3. Coefficients of the quartic deviation

Let us now consider the coefficients of the quartic term presented in equation (124). For the various terms appearing in (124) we get
\[
\text{tr}[Z^2] = 2 \text{tr}[DX] = \frac{\hbar^2}{2} \left( \frac{m_A^2 + m_B^2}{m_A^2 m_B^2} \right),
\]  
(140)
\[
\text{tr}[\Delta C^2] = \text{tr}[X\Lambda] = -\frac{\lambda}{2} \frac{m_A^2 \rho_{A0} + m_B^2 \rho_{B0}}{m_A m_B} = U_{AB} \frac{m_A \rho_{A0} + m_B \rho_{B0}}{m_A m_B},
\]

(141)

\[
\text{tr}[Y^2] = 2 \text{tr}[X \Sigma^{-1}] = \frac{\hbar^2}{2} \frac{\rho_{A0} m_A \bar{U}_{AA} + \rho_{B0} m_B \bar{U}_{BB}}{\rho_{A0} m_A \rho_{B0} m_B \bar{U}_{AA} \bar{U}_{BB}},
\]

(142)

where in the last expression we have used the fact that in the current scenario \(\bar{U}_{AB} = 0\). Now by definition

\[
\eta_4 = \left( \frac{M_{\text{eff}}^2}{\hbar^2} \right) \sigma_4 = \frac{1}{2} \left( \frac{M_{\text{eff}}^2}{\hbar^2} \right) \left[ \frac{d^2 \omega^2}{(dk)^2} \right]_{k=0}
\]

(143)

is the dimensionless coefficient in front of \(k^4\). So

\[
\eta_4 = \frac{M_{\text{eff}}^2}{2 \hbar^2} \left[ \frac{\text{tr}[Z^2]}{2} + \text{tr}[\Sigma^2] \right] = \frac{M_{\text{eff}}^2}{2 \hbar^2} \left[ -\frac{\text{tr}[Y^2]}{2} + \frac{\text{tr}[\Delta C^2]}{\text{tr}[\Sigma^2]} \right]
\]

(144)

\[
= \frac{M_{\text{eff}}^2}{2 \hbar^2} \left[ \frac{\text{tr}[Z^2]}{2} - \text{tr}[\Sigma^2] \right] + \left( -\frac{\text{tr}[Y^2]}{2} + \frac{\text{tr}[\Delta C^2]}{\text{tr}[\Sigma^2]} \right)
\]

(145)

whence

\[
\eta_{4,I} = \frac{M_{\text{eff}}^2 c_0^2}{\hbar^2} \left[ \frac{\text{tr}[Z^2]}{2 \text{tr}[C_0^2]} \right]
\]

(146)

\[
\eta_{4,II} = \frac{M_{\text{eff}}^2 c_0^2}{\hbar^2} \left[ \left( \frac{\text{tr}[Y^2]}{2} - \frac{\text{tr}[\Delta C^2]}{\text{tr}[\Sigma^2]} \right) \right]
\]

(147)

Let us compute the two relevant terms separately

\[
\frac{\text{tr}[Z^2]}{\text{tr}[C_0^2]} = \frac{\hbar^2}{4 c_0} \left( \frac{m_A^2 + m_B^2}{m_A m_B} \right) = \frac{\hbar^2}{4 c_0^2 M_{\text{eff}}^2} \left( \frac{m_A^2 + m_B^2}{m_A m_B} \right),
\]

(148)

\[
-\frac{\text{tr}[Y^2]}{2} + \frac{\text{tr}[\Delta C^2]}{\text{tr}[\Sigma^2]} = -\frac{\hbar^2}{4 M_{\text{eff}}^2} \left[ \frac{\rho_{A0} m_A \bar{U}_{AA} + \rho_{B0} m_B \bar{U}_{BB}}{\rho_{A0} \rho_{B0} m_A m_B \bar{U}_{AA} \bar{U}_{BB}} \right]
\]

(149)

where we have used \(\rho_{AB} U_{XX} = m_X c_0^2\) for \(X = A, B\) as in equation (126). Note that the quantity in square brackets in the last line is dimensionless. So in the end

\[
\eta_{4,I} = \frac{1}{4} \left[ \frac{m_A^2 + m_B^2}{m_A m_B} \right] \left[ \frac{m_A^2 \bar{U}_{AA} + m_B^2 \bar{U}_{BB}}{m_A m_B (\bar{U}_{AA} + \bar{U}_{BB})} \right] = \frac{1}{4} \left[ \frac{m_A^2 \bar{U}_{BB} + m_B^2 \bar{U}_{AA}}{m_A m_B (\bar{U}_{AA} + \bar{U}_{BB})} \right],
\]

(150)

\[
\eta_{4,II} = \frac{1}{4} \left[ \frac{m_A^2 \bar{U}_{AA} + m_B^2 \bar{U}_{BB}}{m_A m_B (\bar{U}_{AA} + \bar{U}_{BB})} \right].
\]

(151)

\textit{Note.} In the special case \(m_A = m_B\) we recover identical quartic deviations \(\eta_{4,I} = \eta_{4,II} = 1/4\), indicating in this special situation a ‘universal’ deviation from Lorentz invariance. Indeed we also obtain \(\eta_{4,I} = \eta_{4,II}\) if we demand \(\bar{U}_{AA} = \bar{U}_{BB}\), even without fixing \(m_A = m_B\).
6.4. Avoidance of the naturalness problem

We can now ask ourselves if there is, or is not, a naturalness problem present in our system. Are the dimensionless coefficients $\eta_{4, I/II}$ suppressed below their naive values by some small ratio involving $M_{\text{eff}} = \sqrt{m_A m_B}$? Or are these ratios unsuppressed? Indeed at first sight it might seem that further suppression is the case, since the square of the ‘effective Planck scale’ seems to appear in the denominator of both the coefficients (150) and (151). However, the squares of the atomic masses also appear in the numerator, rendering both coefficients of order unity.

It is perhaps easier to see this once the dependence of (150) and (151) on the effective coupling $\tilde{U}$ is removed. We again use the substitution $\tilde{U}_{XX} = m X c_0^2 / \rho X$ for $X = A, B$, so obtaining

$$\eta_{4, I} = \frac{1}{4} \left[ \frac{m_A \rho_{A0} + m_B \rho_{B0}}{m_A \rho_{B0} + m_B \rho_{A0}} \right],$$  

(152)

$$\eta_{4, II} = \frac{1}{4} \left[ \frac{m_A^3 \rho_{B0} + m_B^3 \rho_{A0}}{m_A m_B (m_A \rho_{B0} + m_B \rho_{A0})} \right].$$  

(153)

From these expressions it is clear that the $\eta_{4, I/II}$ coefficients are actually of order unity.

That is, if our system is set up so that $m_{II} \ll m_A/B$—which we have seen in this scenario is equivalent to requiring $U_{AB} \ll U_{AA/BB}$—no naturalness problem arises as for $p > m_{II} c_0$ the higher-order, energy-dependent Lorentz-violating terms ($n \geq 4$) will indeed dominate over the quadratic Lorentz-violating term.

7. Summary and discussion

Analogue models of gravity have a manifold role which can be summarized in three main points: (1) They can reproduce in a laboratory what we believe are the most important features of QFT in curved spacetimes; (2) they can give us the possibility of understanding the phenomenology of condensed matter systems via the body of knowledge developed in semiclassical gravity; finally (3) they can be used as test fields and inspiration for new ideas about the nature and consequences of an emergent spacetime [48–51].

In this paper we have followed the last path by studying an analogue system which allows us to test the conjectures that lie at the base of most of the extant literature on quantum gravity phenomenology—by building an analogue spacetime exhibiting Planck-suppressed Lorentz violations. This analogue model, arising from a coupled two-BEC system (previously studied in [39, 40]), reveals itself as an ideal system for reproducing the salient features of the most common ans"atze for quantum gravity phenomenology. Excitations in a coupled two-BEC system result in the analogue kinematics for a massive and a massless scalar field. For a fine tuning in the hydrodynamical limit—sufficient to describe low-energy excitations—we recovered perfect Lorentz invariance.

To describe highly energetic modes we modified the theory by including the quantum potential term. This is a quantum correction to the classical mean field, which is energy dependent and therefore is no longer negligible at high energy. We developed several mathematical tools to analyse the dispersion relations arising in this system. We Taylor-expanded the system around $k = 0$, and calculated the coefficients for the quadratic and quartic order terms. We considered first the hydrodynamical approximation (phonons of long wavelength) as this case in a one-BEC system leads unequivocally to a special relativistic kinematics. In the two-BEC system we found that only for some specific fine-tuned values
of the laser coupling $\lambda$ is a single background relativistic kinematics (‘mono-metricity’) for the two phonon modes recovered. This is as expected as it is well known that for complex systems mono-metricity is not the only outcome for the propagation of linearized perturbations [49–51].

We then relaxed the approximation of long wavelengths for the two-BEC system excitations. This allows us to consider those Lorentz violations which are really due to the UV physics of the condensate, and which are indeed the source of the standard quartic Lorentz-violating term in the Bogoliubov dispersion relation (5). By using an eikonal approximation we then studied the situation in which we again enforced the complete suppression of all the Lorentz-violating terms which are not explicitly due to the UV physics (of course this implies a fine tuning that is identical to that in the hydrodynamic approximation).

In the analogue spacetime so obtained we found that the issue of universality is fundamentally related to the complexity of the underlying microscopic system. As long as we keep the two atomic masses $m_A$ and $m_B$ distinct we generically have distinct $\eta_A$ coefficients (and the $\eta_2$ coefficients remain unequal even in the case of equal atomic masses). However we can easily recover identical $\eta_4$ coefficients, for instance, as soon as we impose identical microphysics for the two BEC systems we couple. Even more interestingly we saw that due to the presence of the interactions between the two BEC components, the quantum-potential-dependent Lorentz violations not only induce terms at order $k^4$, but also at order $k^2$ (in close analogy with what was predicted in [29] for a generic EFT with higher-order Lorentz violations). Remarkably, we find that the $\eta_2$ coefficients are exactly of the form envisaged (within the context of standard quantum gravity phenomenology) in order to be subdominant with respect to the higher-order ones. This implies that our two-BEC analogue spacetime is an explicit example where the typical dispersion relations used in quantum gravity phenomenology studies are reproduced, and that the naturalness problem does not arise.

Let us now comment briefly about the nature of this result. First, it is important to stress that we did not merely perform a ‘tree level’ calculation in the quasi-particle EFT. The dispersion relations we obtained were computed directly from the true physical microscopic field theory describing the two-BEC atomic system, and as such they already consistently take into account all the corrections due to higher loops in the quasi-particle EFT. In this sense the modified dispersion relations we found are those one would expect to observe if an actual experiment is set up, much as the form and the coefficients of the Bogoliubov dispersion relation are experimentally confirmed by present-day experiments [52]. Second, we stress that the avoidance of the naturalness problem is not directly related to the fact that we tuned our system so as to reproduce special relativistic dispersion relations in the hydrodynamic limit. In fact our conditions for recovering SR at low energies do not a priori fix the $\eta_2$ coefficient, as its strength after the ‘fine tuning’ could still be large (even of order 1) if the typical mass scale of the massive phonon is not well below the atomic mass scale. Indeed the smallness of the $\eta_2$ coefficient is in this sense directly related to the mechanism providing a mass to one of the two phonons as we shall discuss at length below.

The question we now want to address is why our model escapes the naive predictions of large Lorentz violations at low energies? There is a nice interpretation of this result in terms of ‘emergent symmetry’.

We have seen that a non-zero $\lambda$ simultaneously produces a non-zero mass term for one of the phonons, and a corresponding non-zero LIV at order $k^2$ (single BEC systems have only $k^4$ LIV as described by the Bogoliubov dispersion relation). Let us now imagine driving $\lambda \to 0$ but keeping the conditions $C_1$ and $C_2$ valid at each stage (this requires $U_{AB} \to 0$ as well). In this case one gets an EFT theory which at low energies describes two non-interacting phonons propagating on a common background (in fact $\eta_2 \to 0$ and $c_I = c_{II} = c_0$). This
system possesses an $SO(2)$ symmetry corresponding to the invariance under rigid rotations of the doublet formed by the two phonon fields. Recovery of SR at low energies could then be seen as a by-product of imposing this symmetry on the system of two massless phonons. Hence non-zero laser coupling $\lambda$ corresponds to a soft breaking of the $SO(2)$ symmetry and of the corresponding Lorentz invariance at low energies. Such violation is then expected to be determined (as usual in EFT) by the ratio of the scale of the symmetry breaking $m_{II}$ and that of the scale originating the LIV in the first place $M_{LIV}$. We stress that the $SO(2)$ symmetry is an emergent symmetry as it is not preserved beyond the hydrodynamic limit: the $\eta_4$ coefficients are in general different if $m_A \neq m_B$ so $SO(2)$ is generically broken at high energies. However this is enough for the protection of the lowest-order LIV operators. 

Hence this analogue model seems to be telling us that in solving the naturalness problem a possible mechanism could be that of an EFT which in the low-energy limit exhibits an accidental/emergent symmetry, instead of a fundamental one. Note that this is an interesting and original suggestion which goes in the opposite direction with respect to other attempts at solving the naturalness problem by looking at symmetries which are supposed to be exact in the high energy regime (see, e.g., works exploring the role of SUSY, such as [30], and the related problems with the low-energy symmetry breaking). The lesson that can instead be drawn in this case is that emergent symmetries could be sufficient to minimize the amount of Lorentz violation in the lowest dimension operators of the EFT.

It is intriguing to think that an interpretation of SUSY as an accidental symmetry has indeed been considered in recent times [53], and that this is done at the cost of renouncing attempts to solve the hierarchy problem in the standard way. It might be that in this sense the smallness of the particle physics mass scales with respect to the Planck scale could be directly related to smallness of Lorentz violations in renormalizable operators of the low-energy effective field theory we live in. We hope to further investigate these issues in a future work.

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Appendix. Some matrix identities

To simplify the flow of argument in the body of the paper, here we collect a few basic results on $2 \times 2$ matrices that are used in our analysis.

A.1. Determinants

**Theorem.** For any two $2 \times 2$ matrix $A$:

$$\det(A) = \frac{1}{4} [\text{tr}[A]^2 - \text{tr}[A^2]].$$  \hspace{1cm} (A.1)

This is best proved by simply noting

$$\det(A) = \lambda_1 \lambda_2 = \frac{1}{4} \left[ (\lambda_1 + \lambda_2)^2 - (\lambda_1^2 + \lambda_2^2) \right] = \frac{1}{4} [\text{tr}[A]^2 - \text{tr}[A^2]].$$  \hspace{1cm} (A.2)

If we now define $2 \times 2$ `trace reversal’ (in a manner reminiscent of standard GR) by

$$\bar{A} = A - \text{tr}[A] \mathbf{I}, \hspace{1cm} \check{A} = A,$$  \hspace{1cm} (A.3)
then this looks even simpler  
\[ \text{det}(A) = -\frac{1}{2} \text{tr}[A \hat{A}] = \text{det}(\hat{A}). \]  
\[ (A.4) \]

A simple implication is now:

**Theorem.** For any two $2 \times 2$ matrices $A$ and $B$:  
\[ \text{det}(A + \lambda B) = \text{det}(A) + \lambda [\text{tr}[A] \text{tr}[B] - \text{tr}[AB]] + \lambda^2 \text{det}(B), \]  
\[ (A.5) \]

which we can also write as  
\[ \text{det}(A + \lambda B) = \text{det}(A) - \lambda \text{tr}[A \hat{B}] + \lambda^2 \text{det}(B). \]  
\[ (A.6) \]

Note that $\text{tr}[A \hat{B}] = \text{tr}[\hat{A} B]$.

By iterating this theorem twice, we can easily see that:

**Theorem.** For any three $2 \times 2$ matrices $A, B$ and $C$:  
\[ \text{det}(A + \lambda B + \lambda^2 C) = \text{det}(A) - \lambda \text{tr}[A \hat{B}] + \lambda^2 [\text{det}(B) - \text{tr}[A \hat{C}]] - \lambda^3 \text{tr}[B \hat{C}] + \lambda^4 \text{det}(C). \]  
\[ (A.7) \]

### A.2. Hamilton–Cayley theorems

**Theorem.** For any two $2 \times 2$ matrices $A$:  
\[ A^{-1} = \frac{\text{tr}[A] I - A}{\text{det}[A]} = -\frac{\hat{A}}{\text{det}[A]]. \]  
\[ (A.8) \]

**Theorem.** For any two $2 \times 2$ matrices $A$:  
\[ A^{1/2} = \pm \left\{ \frac{A \pm \sqrt{\text{det} A I}}{\sqrt{\text{tr}[A] \pm 2 \sqrt{\text{det} A}}} \right\}. \]  
\[ (A.9) \]

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