# Narrative Review Checklist

| Section/Topic       | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------|---------|----------------------------------------------------------------------|------------------------------------|------------------------------|
| **TITLE**           |         |                                                                      |                                    |                              |
| Title               | 1       | Identify the report as a Narrative Review of …                       | Page 1/Line 1                      | Title/Para 1                 |
| **ABSTRACT**        |         |                                                                      |                                    |                              |
| Unstructured summary| 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 2/Line 9-25                  | Abstract/Para 1-3            |
| **INTRODUCTION**    |         |                                                                      |                                    |                              |
| Rationale/background| 3       | Describe the rationale for the review in the context of what is already known. | Page 3/Line 30-47                  | Intro/Para 1-3              |
| Objectives          | 4       | Specify the key question(s) identified for the review topic.         | Page 3/Line 43-47                  | Intro/Para 3                |
| **METHODS**         |         |                                                                      |                                    |                              |
| Research selection  | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 4/Line 71                     | Basis/Para 4                |
| **DISCUSSION/SUMMARY** |        |                                                                      |                                    |                              |
| Narrative           | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 3-11/Line 49-225              | Basis/Para 1-4              |
|                      |         |                                                                      |                                    | Choice/Para 1-3             |
| Summary             | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 11/Line 210-225              | Conclusion/Para 1-3         |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*