INTRODUCTION

Blastic plasmacytoid dendritic cell neoplasm (BPDCN) was originally recognized in 1994, but the subsequent lack of knowledge concerning its histogenesis led to a succession of different designations such as agranular CD4+ natural killer cell leukemia, blastic natural killer leukemia/lymphoma, agranular CD4+CD56+ hematodermic neoplasm or tumor. BPDCN is characterized by predominant cutaneous involvement with concomitant or ensuing spread to the bone marrow and peripheral blood. It has a very aggressive clinical behavior with short survivals.

CASE REPORT

A 76-year-old man was referred for evaluation of various cutaneous lesions. He had a prior history of total prostatectomy due to prostate adenocarcinoma 6 years before the current observation and myelodysplastic syndrome (MDS) presenting with neutropenia.
followed-up in hematology for 4 years. His neutropenia had been extensively studied through imaging studies and bone marrow aspirate and biopsy. MDS of the refractory cytopenia with multilineage dysplasia subtype was diagnosed and an expectant approach with careful observation was undertaken.

Two months before referral, he progressively developed multiple violaceous plaques and nodules on the face and scalp. He denied any constitutional symptoms and mentioned just a prior episode of minor head trauma. The physical examination revealed multiple well-demarcated, indurated plaques and nodules scattered throughout the right frontotemporal and biparietal areas as well as a 7 cm wide tumor in the anterior interparietal area (Figures 1 and 2). Several mandibular, cervical and supraclavicular lymphadenopathies were noted. He was otherwise well, which contrasted with the severity of the cutaneous findings. Laboratory results revealed hemoglobin 127 g/L, white blood cell count 6.0 x 10^9/L with 55% lymphocytes; an additional decrease in neutrophils (0.7 x 10^9/L) and platelet count of 241 x 10^9/L were noted. Lactate dehydrogenase was elevated at 1139 U/L. Chest radiography was unremarkable. Thoraco-abdomino-pelvic computerized tomography revealed enlargement of several mediastinal, axillary, celiac, retroperitoneal, obturator and inguinal lymph nodes (some larger than 25 mm).

Histology of skin and 2 cervical lymph nodes revealed a monomorphic, non-epidermotropic diffuse infiltration of small-to-medium sized cells with pleomorphic nuclei (Figure 3) in the skin. This dense infiltrate effaced the nodal architecture and was located in the dermis and hypodermis, separated from the epidermis by a grenz zone.

By immunohistochemistry, the cells coexpressed CD4, CD43, CD45, CD56, showed partial positivity for CD68 (Figures 4 and 5) and were negative for CD3, CD5, CD8, CD20, CD30, CD34, CD117, TDT, myeloperoxidase, light IgG chains and PAX5 (Figure 6). The proliferative index (Ki-67) was high, approximately 60%.

Bone marrow biopsy showed a markedly hypercellular marrow, with CD4+, CD43+, CD45+, CD56+, CD123+ and HLA-DR+ small blast cells accounting for 80% of cellularity. No expressions of other T or B cell lineage were observed.

Based on clinical and laboratory findings, the patient was diagnosed with BPDCN with extensive cutaneous, nodal and bone marrow involvement.

Six cycles of CHOP (cyclophosphamide, adriamycin, vincristine, and prednisolone) were prescribed, with remission. Only post-therapy inflammatory reactive lesions remained on the face and scalp.
Two months later, the disease relapsed. Left-sided brachial monoparesis developed and a paravertebral cervical (C2-C3) mass with medullary compromise through the intervertebral foramen was detected on magnetic resonance imaging. The patient was hospitalized in a status of rapid progression of the disease, with enlargement of the cervical mass, hyperleukocytosis (> 100,000/ml), mental status deterioration and died 7 months after the diagnosis (9 months after onset of the first clinical symptoms).

**DISCUSSION**

The origin of BPDCN presumably lies in a hematopoietic precursor of plasmacytoid dendritic cells (DCs) of yet undefined lymphoid versus myeloid lineage.6-8

It is a rare disease, typically manifesting in middle-aged or elderly men (although pediatric cases have been reported).6 The clinical picture and progression of BPDCN consist of two main patterns. In 90% of cases, there is an indolent installation of cutaneous lesions followed later by dissemination, whereas in the remaining 10% it presents as advanced leukemia with systemic involvement from the start. Previous existence of MDS has also been reported in a few cases.6

The presence of multiple skin lesions is a feature of both patterns described, found in over 90% of BPDCN cases.3,6 Isolated skin lesions are also detected in over half of cases.3 Skin involvement may display a nodular or a patch and bruise-like lesion presentation, with a thicker neoplastic infiltrate in the former and a perivascular arrangement in the latter.3 In both cases, a diffuse and monomorphous dermal infiltrate of medium-sized cells, with an obvious blastic morphology and epidermal sparing is reported.9

The diagnosis requires the demonstration of CD4 and CD56, together with markers more restricted to plasmacytoid dendritic cells (such as CD123) and negativity for lymphoid, NK and myeloid lineage-associated antigens.4,8

In our patient’s bone marrow flow cytometry, cells were CD4+, CD45+, CD56+ and CD123+ and lacked lineage-specific antigens. This phenotype, albeit with specific isoform CD45RA positivity, renders it highly specific, as published.10

Researchers debate whether tumor cells are originally sited in the bone marrow or skin. Unresolved questions remain regarding its histogenesis and aggressive clinical presentation that commonly affects both sites either consecutively or simultaneously. Furthermore, the existence of rapidly disseminating disease cases and those with primarily cutaneous disease and indolent progression raise questions to whether this represents two stages of a disease spectrum or 2 different CD4+CD56+ malignancies. Cutaneous tropism of blast cells may explain frequent skin localization.9

BPDCN has an aggressive clinical behavior despite an initial apparent indolence. The median survival is approximately 12-14 months.

Cognizant of our patient’s age, CHOP chemotherapy was undertaken. The patient initially
responded favorably, as described in the literature. As also reported, he had a fast and aggressive relapse and died in a state of hyperleukocytosis (> 100 x 10^9/L) with a symptomatic central nervous system lesion, deemed secondary to his BPDCN.

Currently, there is no apparent consensus for the optimal treatment of BPDCN. Intensive therapy for acute leukemia increases the rate of sustained complete remission. However, only myeloablative treatment with allogeneic bone marrow transplantation within the first remission has resulted in a better chance of longer survival.

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