Tissue Restoration After Implantation of Polyglycolide, Polydioxanone, Polylevolactide, and Metallic Pins in Cortical Bone: An Experimental Study in Rabbits

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Abstract We performed qualitative and histoquantitative investigations of tissue restoration after implanting polyglycolide (PGA), polydioxanone (PDS), polylevolactide (PLLA), and stainless steel pins in the intramedullary canal of rabbit femurs. The effect of bioabsorbable devices on healing of a cortical bone defect was also assessed. The cortical bone defect was created in the right femur of 80 rabbits. Bioabsorbable and metallic pins in 60 and two metallic pins alone were implanted in 20 intramedullary canals; 80 left femurs served as intact controls. Follow-up times were 3, 6, 12, 24, and 52 weeks. At all time points, collagenous connective tissue, including bone trabeculae, surrounded the implant at the tissue–implant interface, replacing hematopoiesis and fat of the intramedullary canal. The groups did not differ in the area and trabecular bone area fraction of the resulting callus. Residual fragments of PGA and PDS were observed at 24 weeks, and complete degradation occurred within 52 weeks. PGA, PDS, PLLA, and metallic implants induced a bony and fibrous walling-off response in the intramedullary cavity. No inflammation was observed. Complete tissue restoration did not occur within the follow-up, even after complete degradation of PGA and PDS, which had shorter degradation times than PLLA. The cortical bone healing effect was not different between bioabsorbable pins and metallic wires. Thus, these polymers had no specific osteostimulatory or osteoinhibitory properties compared to stainless steel. Within the follow-up period, there were no significant differences in biocompatibility between the implants and no adverse inflammatory foreign-body reactions.

Keywords Tissue restoration · Tissue response · Bioabsorbable implant · Biodegradation · Biocompatibility · Bone fixation device

Bioabsorbable polymers are popular alternatives to metallic bone fixation devices. An extensive line of bioabsorbable devices is available as pins, nails, rods, screws, plugs, and tacks; and their clinical application in the fixation of some small fragment fractures, osteotomies, and osteochondral fragments is established [1–4]. In clinical orthopedic surgery, the most frequently used devices are made
of polyglycolide (PGA) or polylevolaclide (PLLA) [5–12].
Pins made of polydioxanone (PDS), a well-known suture
material with good biocompatibility [13], have also been
successfully employed for the fixation of first metatarsal osteotomies [14–16].

Earlier reports on the bone tissue response to these
compounds are limited to mainly descriptions of the host-
bone tissue response in cancellous bone, and only a few
studies have investigated the use and related tissue
response of these bioabsorbable devices when implanted in
cortical bone. Implantation of polylactide and PGA devices
in rabbit cancellous bone is reported to induce an osteo-
stimulatory or osteoconductive response at the tissue–
implant interface [17–19]. Studies of cortical bone
implantation have primarily focused on PLLA alone or
have evaluated the fixation properties and safety of PLLA
vs. metallic implants [19–24]. To our knowledge, no pre-
vious studies have investigated the biological behavior of
PLLA, PGA, and PDS vs. metallic implants in cortical
bone healing in the same study setting.

We performed a qualitative and histoquantitative study
to evaluate tissue restoration at the tissue–implant interface
in the intramedullary canal of a rabbit femur after
implantation of PGA, PDS, PLLA, and stainless steel pins
under identical conditions. The effects of bioabsorbable
pins on the healing of a cortical bone defect in rabbit femur
and the tissue response were also assessed and compared
with those of stainless steel pins. Finally, we examined the
biocompatibility, degradation, and possible osteostimula-
tory properties of these implants. Based on our clinical
experience, we hypothesized that the tested bioabsorbable
materials would not differ in their effects on tissue resto-
ration in the intramedullary cavity or on healing of a cor-
tical bone defect.

Materials and Methods

Implants

Commercially available bioabsorbable PGA and PLLA
pins (Bionx Implants, Tampere, Finland) and poly-p-di-
oxanone (OrthoSorb; Johnson and Johnson Orthope-
dics, New Brunswick, NJ) were used. According to the
manufacturer, the molecular weight of the PGA was
between 50,000 and 200,000 daltons. For PLLA, the vis-
cometric mean molecular weight of the raw material was
700,000 daltons. After processing, the molecular weight of
the PLLA was 50,000 daltons and the degree of crystal-
linity was 50%. The manufacturers sterilized the self-
reinforced PGA pins and PDS pins using ethylene oxide
and the self-reinforced PLLA pins using gamma radiation
at doses of 25 kGy. Commercially available metallic,
stainless steel Kirschner wires (Synthes, Solothurn, Swit-
zerland) were used in the control group and to secure the
fixation in the experimental animal groups. Based on the
manufacturer’s information, the K-wires were “implant
quality 316 L stainless steel” in the United States and
“implant quality DIN 1.4441 stainless steel” in Europe. All
bioabsorbable pins were 2.0 mm in diameter and 40 mm in
length. All stainless steel Kirschner wires were also
2.0 mm in diameter, and their length was determined by
the length of the intramedullary cavity of the femur.

Surgical Procedures

Surgery was performed in 80 skeletally mature New Zealand
rabbits of both sexes with a mean weight of 3.5 kg (range
2.6–4.4). The rabbits were anesthetized with subcutaneous
injections of medetomidine (300 μg/kg Domitor; Orion
Pharma, Turku, Finland) and ketamine (25 mg/kg Ketalar;
Parke-Davis, Barcelona, Spain) [25]. Under standard aseptic
conditions, a lateral longitudinal incision was made in the
right distal thigh and knee, the patella was dislocated
medially, and the distal portion of the femur was exposed. On
the distal third of the femur, a standardized, anterolateral,
semicircular cortical bone defect was created using an
oscillating saw (Fig. 1). The length of the semicircular defect
was 10 mm and its depth was half of the lateromedial and
anteroposterior thickness of the femur. The distal margin of
the defect was located 30 mm from the articular surface of
the distal lateral condyle of the rabbit knee. The loose cortical
bone quadrant was removed, and the semicircular defect on
the distal third of the femoral diaphysis was left open. A
longitudinal channel, 4.0 mm in diameter, was drilled cen-
trally to extend through the intercondylar portion into the
intramedullary canal. Two implants were driven into the drill
channel and the intramedullary canal (Fig. 1). To prevent the

Fig. 1 Schematic drawing of the operated femur. The distal end of
the femur (a) shows the polymer implant (1) and metallic implant (2)
in the drill hole, and the distal half of the femur shows the
bioabsorbable (1) and metallic pin (2) placement in the intramedullary
canal and their relation to the semicircular cortical defect (shaded
rectangle) in anteroposterior (b) and lateral (c) views
defect from advancing to a fracture, one of the implants in every operated knee was a metallic Kirschner wire reaching approximately to the level of the lesser trochanter of the femur. Previous reports indicate that without external support a bioabsorbable implant alone is not sufficient for fixation of a femoral shaft osteotomy in rabbits [26]. The 80 left femurs served as intact controls and were not operated on. The incision was closed in layers with 3-0 PGA sutures (Dexon; Davis & Geck, Gosport, UK), and the rabbits were returned to their cages. Postoperatively, all rabbits were fed ad libitum and allowed to use their limbs freely.

The follow-up periods were 3, 6, 12, 24, and 52 weeks. For each time point, there were four groups of rabbits (n = 4 femurs/group), including those with a PGA pin, a PDS pin, a PLLA pin, and two metallic Kirschner wires. The 16 intact femurs constituted the controls. After the animals were killed with an overdose of sodium pentobarbital (Mebunat, Orion Pharma), both femurs were disarticulated and dissected free of soft tissue. The area of the cortical bone defect was handled cautiously, and care was taken not to damage the callus area. The metallic wires were removed. Throughout the study, the rabbits were handled according to Finnish laws and regulations on animal experimentation.

Radiographic, Histologic, and Histomorphometric Analyses

The disarticulated and dissected femora were radiographed in the anteroposterior and lateral views (target-tube distance, 100 cm; exposure factors, 40 kV, 5 mA, and 0.03 seconds) before removing the metallic Kirschner wires (Fig. 2). The distal third of each femur was fixed in 50% alcohol and dehydrated in increasing concentrations of alcohol. After dehydration was complete, the specimens were embedded in methylmethacrylate. For microradiography, 80-μm-thick longitudinal sections were cut using a Leitz 1600 saw microtome (Ernst Leitz, Wetzlar, Germany). The microradiographs were made using a Faxitron 43855A cabinet X-ray system (Hewlett-Packard, McMinnville, OR) and Kodak professional plates (type 649-0, CAT 1690718; Eastman Kodak, Rochester, NY). The exposure conditions were 50 kV, 9 mA, with a 12-min exposure and direct specimen-film contact. The radiographs and microradiographic specimens were scanned into digital format for further analysis.

For histologic and histomorphometric analysis, 5-μm-thick sections were cut with a Polycut-S-microtome (Reichert-Jung, Nussloch, Germany) in the oblique sagittal plane, parallel to the long axis of the pin through the anterolateral midpoint of the cortical defect area, and stained using the Masson-Goldner trichrome method.

For quantitative histomorphometric analysis of the tissue–implant interface, three microscopic fields measuring 0.9 × 1.2 mm within 10 mm from the center of the cortical bone defect (Fig. 3) were digitally microphotographed (Nikon Eclipse 80i microscope, Nikon DS-Fi1 digital camera; Nikon, Tokyo, Japan). The microscopic fields were standardized so that the implant-occupied area or implant channel comprised 50% of the field. Sample fields located at the corresponding area of the intramedullary canal from the intact control femora were also microphotographed. The digital microphotographs, radiographs, and microradiographs were morphometrically analyzed using IP Lab software (Scanalytics, Fairfax, VA). Fractions of the following components were measured in the microphotographs: trabecular (cancellous) bone, implant channel, bone

![Fig. 2](image1.png)

Fig. 2 Rabbit femur with PLLA implant at 3 weeks. a Radiograph shows the operated right femur and the intact left femur. The PLLA implant is radiolucent. Metallic Kirschner wire, cortical bone defect (arrow), and callus can be seen in the operated femur. b Microradiograph of the same operated femur shows a calcified callus over the cortical defect

![Fig. 3](image2.png)

Fig. 3 Photomicrograph of an operated femur with a PLLA implant at 3 weeks. Rectangle indicates one of the microscopic fields of histomorphometric analysis of the tissue–implant interface. * Cortical bone defect; C callus; P implant channel; Cx cortical bone
marrow fat, fibrous connective tissue, and hematopoietic tissue. Trabecular bone was defined as a meshwork of interconnecting rods and plates of calcified bone matrix, which was stained green with Masson-Goldner staining. The total area of the trabecular bone included both calcified trabeculae and osteoid lining of trabeculae, which were stained red with Masson-Goldner. Fat cells were defined as large unilocular cells (diameter 50–60 μm) with unstained cytoplasm. Connective tissue was defined as fibers, and the bundles of collagen were stained red or orange with Masson-Goldner. Hematopoietic tissue was defined as dense infiltrates of mature blood cells, megakaryocytes, and their precursors.

The projection area of the external callus at the anterolateral bone defect was measured from the radiographs. The callus area was defined by following the contours of the callus on the outer surface and the original periosteum in the inner surface. The callus area was normalized and reported as a percentage of the total radiographic area of the femoral bone in the anteroposterior view. Maturation and calcification of the callus were studied quantitatively on bone microradiographs. The trabecular bone area fraction of the callus was measured and reported as a percentage of the whole callus area. Polarizing microscopy was used to study degradation of the bioabsorbable implants. The presence or absence of birefringent polymeric material was examined in the histologic specimens.

Statistical Analysis

Histomorphometric measurements at each time point were pooled and reported as means for each animal. A non-parametric Kruskal–Wallis test was used to compare differences between the implant groups at each time point and within the implant groups over time. The difference was considered significant at a probability level of less than 0.05. Statistical analyses were performed with StatView 5.0 software (SAS Institute, Cary, NC).

Results

Postoperatively, the functional recovery of all rabbits was uneventful. Bacterial deep wound infections did not occur in any of the rabbits, nor were there macroscopically manifest signs of other inflammatory reactions, i.e., erythema, fluctuant swelling, or sinus formation at the implantation site, in any of the involved limbs. Two rabbits died due to illnesses not related to the internal fixation or postoperative complications before the end of the planned follow-up, leaving 78 rabbits for detailed analysis.

Tissue Restoration in the Intramedullary Canal

In the intact control specimens, the intramedullary canal consisted of fat (56%) and hematopoietic tissue (44%) (Table 1). Neither connective tissue nor trabecular bone was present in any of the control specimens.

In all implanted femora, a zone of collagenous connective tissue surrounded the intramedullary implants at 3 weeks (Table 1, Figs. 4 and 5). Formation of bone trabeculae at the tissue–implant interface was also observed in all implant groups.

At the 6-week follow-up, collagenous connective tissue surrounded (walled off) the implant at the tissue–implant interface (Table 1). There was no significant difference in trabecular bone area between the groups at the 3- and 6-week follow-ups.

At 12 weeks, the PGA group had formed the most intramedullary bone compared to the other implant groups (Table 1). The differences between groups were not statistically significant.

At 24 weeks, bone and connective tissue formation began to decline in the PDS and metallic implant groups (Table 1). The differences between the groups were not statistically significant. At the end of the follow-up, 52 weeks after surgery, bone and connective tissue had formed in the intramedullary canal in all implant groups, in contrast to the intact femora (Table 1, Fig. 5). Hematopoietic cells were observed sporadically within the bone marrow fat in all implant specimens, and their proportion was not correlated with the implant material.

Healing of the Cortical Bone Defect

Three weeks after surgery, the callus area of the cortical bone defect was largest in the PDS implant group (Table 2, Fig. 2). Callus formation tended to increase for up to 6 weeks in the PLLA and metallic implant groups and for up to 24 weeks in the PGA group. The callus area was not statistically different between the groups. Maturation of the callus was assessed microradiographically by studying the calcified bone trabeculae (Fig. 2b). The area fraction of the mineralized trabeculae ranged from 12% to 51%. There was no statistically significant difference in the trabecular bone area fraction of the callus between the implant groups.

Degradation and Biocompatibility of Bioabsorbable Pins

The shape of the implant was histologically unchanged in the PGA, PDS, and PLLA samples at 3–6 weeks. At 12 weeks, phagocytosing macrophages and birefringent intracellular fragments were observed at the tissue–implant interface.
interface in the PGA and PDS samples. At 24 weeks, no PGA material was detected in any of the samples. The shape of the PDS pin could not be identified, but single implant fragments and macrophages were observed at the implant area. At 52 weeks, no birefringent material could be detected in any of the PDS specimens. The PLLA implants were histologically unchanged at all follow-up points for up to 52 weeks. Inflammation, as indicated by accumulation of lymphocytes or polymorphonuclear cells, was not observed in any femur.

### Discussion

There were two principal findings in the present study. First, restoration of the tissue in the intramedullary canal to its original composition did not completely occur within the follow-up times of the study. Due to the walling-off response, connective tissue and bone partially replaced the bone marrow fat and hematopoietic tissue. Second, based on the callus formation, the bioabsorbable pins and metallic Kirschner wires did not differ in their effect on the healing of the cortical bone defect. Consequently, these polymers do not possess any specific osteostimulatory or osteoinhibitory properties compared with stainless steel.

Within the follow-up times of the present study, PGA, PDS, PLLA, and metallic implants induced a bony and fibrous walling-off response after intramedullary implantation in the rabbit cortical bone. Interestingly, with the PGA and PDS implants, the response remained manifest even after the pins had totally degraded. Previous studies on the implantation of bioabsorbable devices into cancellous bone reported signs of a walling-off response to the implants [27, 28]. The walling-off response in cancellous bone may lengthen the degradation and absorption process by interfering with the centripetal tissue replacement within the implant cavity [27]. To our knowledge, there are no previous studies on the tissue response to bioabsorbable devices.
pins after intramedullary implantation in cortical bone. The walling-off response seems to accompany implantation of bioabsorbable devices regardless of the bone implantation site.

Complete tissue restoration of the intramedullary canal did not occur within the follow-up times of the present study, even after complete degradation of the PGA and PDS implants with degradation times that clearly differed from that of PLLA. To our knowledge, there are no previous studies of tissue restoration after implantation of bioabsorbable implants in cortical bone. The few studies in the literature reporting implantation of bioabsorbable devices into cortical bone investigated the internal fixation properties [20, 22–24]. Previous studies describing a tissue response to bioabsorbable implants examined only cancellous bone [18, 19, 29–33]. The anatomic structure of cortical bone differs from that of cancellous bone, however, so these results are not directly comparable.

With regard to callus formation, bioabsorbable pins and metallic Kirschner wires did not differ in their effect on the healing of the cortical bone defect. Our results indicate that

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### Table 2 Area of the callus in the cortical bone defect

| Follow-up time (weeks) | n  | Mean | SD  | Range     |
|------------------------|----|------|-----|-----------|
| PLLA                   |    |      |     |           |
| 3                      | 4  | 6.6  | 3.1 | 2.0–9.2   |
| 6                      | 4  | 10.7 | 5.1 | 5.2–17.5  |
| 12                     | 4  | 5.0  | 0.6 | 4.5–5.7   |
| 24                     | 4  | 4.5  | 0.7 | 3.8–5.4   |
| 52                     | 4  | 6.7  | 5.4 | 2.0–12.4  |
| PGA                    |    |      |     |           |
| 3                      | 4  | 5.2  | 5.3 | 2.1–12.3  |
| 6                      | 4  | 3.6  | 3.6 | 1.0–7.6   |
| 12                     | 4  | 8.2  | 3.7 | 4.2–12.4  |
| 24                     | 4  | 6.4  | 0.9 | 5.4–7.2   |
| 52                     | 3  | 6.3  | 2.3 | 4.0–8.6   |
| PDS                    |    |      |     |           |
| 3                      | 4  | 10.9 | 3.8 | 7.7–16.3  |
| 6                      | 4  | 6.3  | 3.0 | 3.6–10.6  |
| 12                     | 4  | 5.5  | 2.0 | 2.8–7.3   |
| 24                     | 4  | 4.4  | 1.8 | 4.0–6.7   |
| 52                     | 3  | 6.3  | 0.8 | 4.0–5.5   |
| Metal                  |    |      |     |           |
| 3                      | 4  | 8.7  | 2.4 | 6.3–12.1  |
| 6                      | 4  | 10.0 | 6.0 | 6.8–19.0  |
| 12                     | 4  | 5.9  | 0.3 | 5.6–6.1   |
| 24                     | 4  | 6.3  | 1.0 | 5.2–7.6   |
| 52                     | 4  | 6.6  | 4.7 | 3.0–13.4  |

* Area of callus over total femur projection area (%). SD, standard deviation

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**Fig. 4** In the histologic specimens, a walling-off response was observed for both bioabsorbable and metallic pins. **a** Fibrous tissue and bone trabecula outlining the PDS pin at 3 weeks. **b** A bone rim is seen outlining the metallic Kirschner wire at 12 weeks. **c** A fibrous tissue zone surrounds the PGA pin at 24 weeks. **d** Thin bone trabecula outlining the PLLA pin at 52 weeks. * Implant channel; black arrows, bone; arrowheads, fibrous tissue; white arrow, PDS particles. Masson-Goldner trichrome staining.

**Fig. 5** Bar chart showing the occurrence of the tissue elements after implantation of polymeric and metallic pins in 3-week and 52-week specimens. PLLA polylevolactide; PGA polyglycolide; PDS polydioxanone.
none of these polymers possesses specific osteostimulatory or osteoinhibitory properties in cortical bone compared with stainless steel. The few previous studies reporting cortical bone defects have used different study designs, with membranous or bone chamber implants instead of internal fixation devices [34–36]. In cancellous bone, no differences in the osseous response were observed among the PGA, PDS, PLLA implant, and metallic Kirschner wire groups [28].

In the present study, two of the implants, PGA and PDS, became partially bioabsorbed at 24 weeks and fully degraded at 52 weeks in cortical bone. Previously, the degradation time of these two polymers was demonstrated mainly in cancellous bone. In rabbits, PGA screws and rods degrade in 24–36 weeks in cancellous bone [29, 33, 37], whereas in growing dogs PGA rods (4.5 mm in diameter) implanted in the femoral intramedullary cavity degrade completely by 24 weeks [38]. PDS pins (1.3 mm in diameter) biodegrade almost fully in the juxtaepiphyseal area of the proximal tibial metaphysis of skeletally immature rabbits at 4 months [39] and in cancellous bone between 24 and 52 weeks [28]. The degradation time of PLLA, on the other hand, is much longer, based on both experimental and clinical studies. Remnants of PLLA have been detected within bone tissue over 4–5 years [30, 40–43] following implantation. The exact degradation time of PLLA is so far unknown.

Assessment of the biocompatibility of the bioabsorbable polymers was not the main objective of our study, but within the follow-up times there was good biocompatibility of all the bioabsorbable implants and the metallic Kirschner wires. Based on the bone- or connective tissue–evoking potential and effects on hematopoiesis, there were no significant differences in biocompatibility between the implants. No adverse inflammatory foreign-body reactions or osteolytic lesions occurred in the present study. Foreign-body reactions to PGA implants have not been reported. PGA is reported to be an immunologically inert implant material in patients with effusion around PGA implants in the medial malleolus [44]. In several clinical studies of PGA devices, however, transient inflammatory foreign-body reactions have unexpectedly occurred [45–47]. Clinical case studies have reported inflammatory tissue reactions and swelling in response to PDS sheets and plates used in orbital floor reconstructions [48, 49]. In one experimental study on PLLA, a late foreign-body tissue reaction was reported in a single animal after 143 weeks of follow-up [31]. According to two clinical follow-up studies, a clinically manifest foreign-body reaction to polylactide devices is very rare when the fixation devices are implanted intraosseously [50, 51]; but late foreign-body reactions have been reported in some cases when PLLA plates have been used on the bone [40, 52]. Intra-articular inflammatory reactions after the use of PLLA implants in reconstruction of the anterior cruciate ligament of the knee have been reported [53, 54].

In conclusion, bioabsorbable PGA, PDS, PLLA, and metallic pins evoke a bony and fibrous walling-off response when implanted in the intramedullary cavity of a rabbit femur. Complete tissue restoration of the intramedullary canal did not occur within the follow-up times of the present study, even after complete degradation of PGA and PDS, with degradation times clearly shorter than that of PLLA. With regard to callus formation, bioabsorbable pins and metallic Kirschner wires did not differ in their effect on healing of the cortical bone defect. Consequently, these polymers do not possess any specific osteostimulatory or osteoinhibitory properties compared to stainless steel. Within the follow-up period, no significant differences in biocompatibility between the implants were observed and there were no adverse inflammatory foreign-body reactions.

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