Electromagnetic Modelling of Fiber Sensors for Low-Cost and High Sensitivity Temperature Monitoring

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Abstract: An accurate design of an innovative fiber optic temperature sensor is developed. The sensor is based on a cascade of three microstructured optical fibers (MOFs). In the first one a suitable cascade of long period gratings is designed into the core. A single mode intermediate and a rare-earth activated Fabry-Perot optical cavity are the other two sensor MOF sections. An exhaustive theoretic feasibility investigation is performed employing computer code. The complete set-up for temperature monitoring can be obtained by utilizing only a low cost pump diode laser at 980 nm wavelength and a commercial optical power detector. The simulated sensitivity $S = 315.1 \mu W/\circ C$ and the operation range $\Delta T = 100 \circ C$ is good enough for actual applications.

Keywords: optical fiber; temperature optical sensor; electromagnetic modeling; electromagnetic noise immunity

1. Introduction

During the last decade, several innovative temperature optical sensors have been proposed in the literature. A number of different strategies have been successfully applied in order to obtain feasible and reliable temperature sensing, e.g., by exploiting the temperature dependence of integrated systems and/or single elements based on fiber Bragg gratings (FBGs), long period gratings (LPGs), Fabry-Perot (FP) cavity lasers, Sagnac loops, interferometers, off-set spliced fibers, etc. [1–19]. Intrinsic FP fiber-optic temperature sensors can be obtained by employing the variation with temperature of the reflectivity exhibited by a fiber splice. In particular, different core diameter fibers can be joined to obtain the optical beam reflection; the temperature measurement can be performed by measuring the spectral fringe changes [1]. Two core-offset joins act as an interferometer and the temperature applied to the core-offset structure induces a proportional wavelength shift. A single mode fiber (SMF) core-offset structure can be put within a ring laser. The central wavelength shift of the ring cavity laser including the core-offset structure is proportional to the temperature change. By following this strategy, a sensitivity of $0.0449 \text{ nm/} \circ C$ in the range of $30–270 \circ C$ was demonstrated [2]. In [3] the FP cavity was formed by splicing a side-hole microstructured fiber (MF) and a solid SMF on a fuse-silica tube; a high gas pressure was obtained inside the FP cavity through the MF holes. In [4] a liquid-filled MOF Mach–Zehnder interferometer was proposed. Fiber optic reels can be optimized to obtain temperature sensors based on a Sagnac loop [5]. Conventional technologies can also be successfully exploited to construct high performance sensors. As an example, single mode multimode-single mode (SMS) fiber structures can be constructed by cleaving and splicing...
processes [6,7]. In reference [7] a temperature sensor is constructed by fixing a bent SMS fiber on a polymer plate frame. The sensor operation is based on the curvature change of the bent SMS fiber due to the swelling/shrinking of the polymer plate frame caused by the temperature change. The central wavelength shift of the sensor output spectrum allows the measurement of the temperature, which can be determined with a maximum sensitivity of 6.5 nm/°C in the range from 51 °C to 65 °C. A high temperature probe sensor based on a Michelson interferometer was demonstrated in [12], whereby a sensitivity of 0.140 nm/°C from 30 °C to 800 °C was achieved, and the linearity was 99.9%.

Unfortunately, in most of the cases reported in literature, optical fiber sensor systems are not fully integrated and directly usable. They are refined laboratory prototypes but, generally, they do not include an integrated electronics for detection and/or signal-processing. They require further engineering to be launched on the market. More precisely, most of these sensors require the addition of sophisticated and high cost set-ups to perform complete temperature measurement. As an example, the evaluation of the central wavelength shift of FP, FBG, LPG sensors, in most cases, implies the use of optical spectrum analyzers (OSAs) or ad hoc optical circuitry, including optical to electrical conversion and/or interferometric sections.

In this paper, an accurate theoretical investigation on the feasibility of an innovative fiber optic temperature sensor, conceived as a standalone device, is performed. It is based on a cascade of three integrated/spliced microstructured optical fibers (MOFs). In the first one a suitable cascade of LPGs is designed into the core. A single mode intermediate MOF and an ytterbium doped MOF laser are the other two sensor sections. The three MOFs are designed to be easily spliced. The complete design is performed by employing an ad hoc computer code developed for this purpose. Numerous simulations have been performed to refine the sensor behavior. The strong interest in this kind of device is that, in spite of its design complexity, it can be fabricated via conventional techniques. Moreover, a complete set-up for temperature detection could be obtained by utilizing, in addition to the proposed sensor, only a low cost pump diode laser at 980 nm wavelength and a commercial optical power meter. This kind of optical sensor exhibits all the well-known fiber optic properties, e.g., immunity to electromagnetic noise and compactness, furthermore it can be optimized to monitor different temperature ranges via a proper choice of the gratings. The paper illustrates the sensor characteristics, theoretically evaluated through a number of accurate simulations. This analysis can be considered a feasibility investigation, realistically performed before the final device fabrication.

The paper is organized as follows: in Section 1 the Introduction is presented, followed in Section 2 by a brief description of sensor operation and the corresponding theory. Section 3 presents the strategy for sensor design and optimization, and in Section 4 the conclusions are given.

2. Sensor Operation and Theory

2.1. Sensor Operation

In this paragraph, before describing the model, the sensor operation is briefly illustrated. Figure 1 illustrates the sensor. Its structure is based on a cascade of three photonic crystal fibers. In the first one a suitable cascade of long period gratings (CLPGs) is designed into the core. A single mode (SM) intermediate fiber and an ytterbium doped fiber laser are the other two sensor sections. The three photonic crystal fibers are designed to be spliced by maintaining the optical field matching. More precisely, they have the same outer cladding diameter, the same core diameter and the same refractive index change between the core and the cladding.
The Section A sensor (see Figures 1 and 2), is a microstructured optical fiber (MOF) with a multimodal inner cladding. Some cladding modes at the pump wavelength $\lambda_p$ are coupled with the fundamental core mode at the pump wavelength through the CLPGs. In the CLPGs each LPG has a different length and period in order to selectively couple peculiar cladding modes with the fundamental core mode at the pump wavelength $\lambda_p$. The power of the fundamental core mode at the pump wavelength $\lambda_p$ is increased since some cladding modes, coupled by the CLPGs, transfer their power towards the core. The power of the fundamental core mode, at the end of the Section A sensor, depends on the temperature. This is due to the temperature dispersion of the MOF refractive index and to the glass thermal expansion which slightly changes the sensor geometry, *i.e.*, the fiber section, the length and the period of the gratings. However, the aforesaid dependence is too slight to be directly exploited for a sensor.

The Section B sensor (see Figures 1 and 2), is a single mode intermediate MOF. The cladding modes coming from the Section A sensor are not guided in the Section B sensor due to the lack of the larger external holes. The Section B sensor prevents further exchange of power at the pump wavelength $\lambda_p$ from the core towards the cladding, since only the core mode is guided. In particular, the Section B sensor should be longer than a few wavelengths to attenuate almost completely...
the residual power of the cladding modes and long enough to be spliced with both Section A and Section C. Other techniques as tapering, or cladding removal could be employed to obtain a similar effect.

The Section C sensor is an *ad hoc* Fabry-Perot, rare-earth activated, optical cavity. More precisely, it is an ytterbium doped laser constituted by a MOF having a cross section equal to that of the Section A sensor. The optical cavity is obtained by employing two fiber Bragg gratings, FBG\(_1\) and FBG\(_2\) and the core is ytterbium doped. The laser is suitably designed in order to obtain a signal power proportional to the temperature variation with a small zero-offset value. More precisely, it works close to the threshold pump power. The signal laser intensity depends on the core fundamental mode power at pump wavelength, coming from the Section B sensor end.

2.2. Theory

The modal electromagnetic field profile and the propagation constant of the guided modes are calculated via a full vectorial Finite Element Method (FEM) based solver. For the wavelength dispersion of silica a suitable Sellmeier equation is employed [20].

For the Section A sensor, the core refractive index perturbation \(\Delta n(z)\) along the MOF longitudinal direction \(z\), constituting the CLPGs, can be easily fabricated by employing conventional technology [21–24]. The refractive index change is uniform in the fiber transverse plane and it is expressed as in [25,26]:

\[
\Delta n(z) = n_1 \psi(z) [1 + m \cos(2\pi z/\Lambda)]
\]  

(1)

where \(n_1\) is the unperturbed core refractive index, \(\Lambda\) is the grating period of each grating constituting the CLPGs, \(m\) is the induced-index fringe modulation, and \(\psi(z)\) is the slowly varying envelope of the grating.

The thermal sensitivity of the CLPGs is modeled by considering the change of refractive index and the thermal expansion of silica *versus* the temperature \(T\) [27]:

\[
\Delta n(z,T) = n_1 \psi(z) F(z) + \left. \frac{\partial n}{\partial T} \right|_{T=T_E} (T-T_E) + [n_1 + n_1 \psi(z) F(z) - 1] (1+\rho) \alpha_T (T-T_E)
\]

(2)

where \(T_E\) is the environment temperature, \(F(z) = [1 + m \cos(2\pi z/\Lambda)]\), \(\rho = 0.16\) is the Poisson’s ratio of silica, \(\alpha_T = 0.51 \times 10^{-6} \text{ K}^{-1}\) is the thermal expansion coefficient of silica, \(\left. \frac{\partial n}{\partial T} \right|_{T=T_E} = 10^{-5} \text{ K}^{-1}\) is the derivative of refractive index with respect to the temperature [27].

The thermal expansion of the glass is taken into account by employing the following formula:

\[
L = L_0 [1 + \alpha_T (T-T_E)]
\]

(3)

where \(L\) is the length of the glass segment at the temperature \(T\) and \(L_0\) is the reference length at the environment temperature \(T_E\).

The coupled mode equations, describing the electromagnetic field propagation along the CLPGs inscribed in the Section A sensor, are written by considering the Slowly Varying Envelope Approximation (SVEA), *i.e.*, for \(\psi(z) \ll 1\) [25]. The coupled equation system integration allows the calculation of the amplitude variation of the transverse field profiles of the forward propagation modes at the pump wavelength along the propagation direction, via the transverse coupling coefficients between the interacting modes [25,26]. The longitudinal coupling coefficients can be neglected because they are about three orders of magnitude smaller than the transverse coupling coefficients [25].

The electromagnetic field profile of the \(\nu\)-th mode at the wavelength \(\lambda\) is normalized to unity:

\[
\int \int_S \mathbf{E}_\nu(x,y) \cdot \mathbf{E}^*_\nu(x,y) dx dy = 1
\]

(4)
where $S$ is the whole MOF cross section including both the core and the cladding regions and $\nu(x,y)$ is the electric field profile of the $\nu$-th mode into the fiber. The coupled mode equations for $N$ interacting modes are:

$$
\frac{dA_\mu^P}{dz} = i \sum_{\nu=1}^N A_\nu^P K_{\nu\mu} \exp \left[ i \left( \beta_\nu - \beta_\mu \right) z \right] \quad \mu = 1, 2, ..., N
$$

(5)

where $A_\mu^P$ and $A_\nu^P$ are the amplitudes of the $\mu$-th and $\nu$-th modes at the pump wavelength, $\beta_\mu$ and $\beta_\nu$ are the propagation constants of the modes $\mu$ and $\nu$, $K_{\nu\mu}$ is the transverse coupling coefficient between modes $\nu$ and $\mu$, it is expressed by Equations (6) and (7):

$$
K_{\nu\mu}(z) = k_{\nu\mu}(z) \left[ 1 + m \cos \left( 2\pi z / \Lambda \right) \right]
$$

(6)

$$
k_{\nu\mu}(z) = \frac{\omega \epsilon_0 n_0^2 \psi(z)}{2} \iint_{S_c} E_\nu(x,y) \cdot E_\mu^*(x,y) dxdy
$$

(7)

where $\omega$ is the radian frequency. The surface integral is calculated over the fiber core section $S_c$, where the grating is written. The strength of the interaction, i.e., power exchange, about the coupled modes depends (i) on the grating period $\Lambda$, properly chosen to compensate the phase mismatch, $\beta_\nu - \beta_\mu$ between the modes $\nu$ and $\mu$ and (ii) $k_{\nu\mu}$ i.e., the overlapping between the electromagnetic field profiles $E_\nu$ and $E_\mu$ of the modes $\nu$ and $\mu$.

An input pump power uniformly distributed among all the propagating cladding modes is considered in the simulation. In fact, in actual cases, due to the fabrication tolerances, the inner cladding exhibits small random physical changes (in size, shape, refractive index profile). As a consequence, the cladding modes are coupled to each other in such a way that, after the propagation along a number of wavelengths, each mode exhibits almost the same power [28].

For the Section C sensor, the quasi-two level scheme is employed in order to model the ytterbium activated glass-system. The expression of the $\nu$-th mode power is:

$$
\frac{dP_\nu(z, \lambda_i)}{dz} = P_\nu(z, \lambda_i) \left[ \sigma_{21}(\lambda_i) N_2(z) - \sigma_{12}(\lambda_i) N_1(z) \right] \Gamma_\nu(\lambda_i) - \gamma(\lambda_i) P_\nu(z, \lambda_i) \quad i = S, P
$$

(8)

where $S, P$ refer to the signal and the pump, respectively; $\sigma_{21}$ is the emission and $\sigma_{12}$ the absorption ytterbium cross-section; $N_1$ is the population of the ytterbium ions at the ground state $^2F_{7/2}$ and $N_2$ the population at the upper laser energy level $^2F_{5/2}$; $\gamma(\lambda_i)$ are fiber propagation losses as a function of the wavelength; $\Gamma_\nu(\lambda_i)$ is the overlapping coefficient.

The steady state ion populations are:

$$
N_2 = \frac{W_p^{GSA} + W_S^{GSA}}{W_p^{GSA} + W_S^{GSA} + 1/\tau_{21} + W_p^E + W_S^E} N_{Yb}
$$

(9)

$$
N_1 = N_{Yb} - N_2
$$

(10)

where $W_p^{GSA}$ and $W_S^{GSA}$ are the ground state absorption (GSA) rates at pump and signal wavelength, respectively; $N_{Yb}$ is the ytterbium ion concentration; $W_p^E$ and $W_S^E$ are the emission ($E$) rates at pump and signal wavelength, respectively; $1/\tau$ is the spontaneous emission rate from $^2F_{5/2}$ energy level to the $^2F_{7/2}$ one; [20,29,30].

The emission and absorption rates at the frequency of the pump $f_p$ and signal $f_S$ are calculated as follows:
where $h$ is the Planck constant. Mode optical amplification can occur when the normalized overlapping coefficient $\Gamma_{\nu}$ is large enough, its calculation for the fundamental core mode at the signal wavelength $\lambda_S (\nu = 1)$ and for the $\nu$-th propagating mode at the pump wavelength $\lambda_P (\nu \geq 1)$, is obtained via:

$$\Gamma_{\nu} (\lambda_i) = \frac{\iint_{\mathbb{S}_c} \mathbf{E}_{\nu} (x, y, \lambda_i) \times \mathbf{H}_{\nu}^* (x, y, \lambda_i) \cdot \mathbf{u}_z \, dxdy}{\iint_{\mathbb{S}_c} \mathbf{E}_{\nu} (x, y, \lambda_i) \times \mathbf{H}_{\nu}^* (x, y, \lambda_i) \cdot \mathbf{u}_z \, dxdy} \quad i = S, P \quad (12)$$

$S_c$ is the rare earth doped region, i.e., the core region, $\mathbf{u}_z$ is the versor of the $z$ axes, $\mathbf{E}_{\nu}$ and $\mathbf{H}_{\nu}$ are the electric and magnetic field profiles of the electromagnetic mode $\nu$-th. This model is based on a well validated formalism [25–30].

3. Sensor Design and Optimization

The main optical and geometrical MOF sensor parameters employed in the simulation are summarized in Tables 1–3 which refer to Section A, Section B and Section C of the sensor, respectively, as illustrated in Figures 1 and 2.

The parameters pertaining to the fiber transversal geometries are identified in order: (i) to maximize the core mode area (i.e., to obtain a large mode area fiber), by maintaining the single mode propagation in the core at both the pump and the signal wavelengths; (ii) to reduce power density within the multimode inner cladding, at the pump wavelength. Therefore, low power density is confined within the MOF. This avoids undesired thermal effects which could be directly dependent on the optical power propagation rather than on the external temperature.

The pump and signal wavelengths are $\lambda_P = 976$ nm and $\lambda_S = 1060$ nm, respectively. In the three fiber sections all the circles represent air holes, with the exception of the central one which is a higher refractive index core. The core refractive index $n_c$ and the cladding refractive index $n_{clad}$ at the pump and signal wavelengths are $n_c(\lambda_P) = 1.45172, n_c(\lambda_S) = 1.45067, n_{clad}(\lambda_P) = 1.45072, n_{clad}(\lambda_S) = 1.44967$, according to the Sellmeier equation [20].

| Laser Parameter | Value      |
|-----------------|------------|
| $D_{out}$       | Outer fiber diameter | 107 $\mu$m |
| $d_c$           | Core diameter    | 7.6 $\mu$m |
| $\Lambda_p$     | Hole pitch      | 7 $\mu$m   |
| $d_h$           | Diameter of inner cladding holes | 2.5 $\mu$m |
| $D_h$           | Diameter of outer cladding holes | 6 $\mu$m |

Table 1. Section A sensor.

| Laser Parameter | Value      |
|-----------------|------------|
| $D_{out}$       | Outer fiber diameter | 107 $\mu$m |
| $d_c$           | Core diameter    | 7.6 $\mu$m |
| $\Lambda_p$     | Hole pitch      | 8 $\mu$m   |
| $d_h$           | Diameter of inner cladding holes | 2.5 $\mu$m |

Table 2. Section B sensor.
A slight refractive index change $\Delta n = 0.001$ between core and cladding, in the Section C sensor, is due to the ytterbium ions. In the Section A sensor and Section B sensor the same refractive index change is obtained by doping the core with germanium, to avoid reflections along the propagation direction.

The CLPGs of the Section A sensor are modeled via Equation (1) for an induced-index fringe modulation $m = 1$, and $n_1 \psi(z) = \cos^1 = 1 \times 10^{-4}$. Therefore $k_{\nu \mu}$ is constant with respect to $z$ propagation direction.

The FEM investigation is performed for calculating the electromagnetic field profile and the propagation constant of the fundamental core modes ($HE_{11}^x$ and $HE_{11}^y$). About four hundred inner cladding modes are calculated. Among these cladding modes, those effectively involved in the energy transfer towards the fundamental core mode are only 64. These modes have stronger coupling coefficient $K_{\nu \mu}$ and stronger overlapping coefficient $\Gamma_{\nu}$ than those pertaining to the other ones. By considering the mode degeneracy, the two fundamental core modes are identified with the $M_1$ solution and the 64 degenerated cladding modes are identified with the names $M_2$, $M_3$, ... $M_{33}$. More precisely, a system of 33 coupled equations (Equation (5) for $N = 33$) is integrated to calculate the evolution of the mode amplitudes along the Section A sensor at the pump wavelength.

Initially, the period and length of each LPG of the Section A sensor, i.e., CLPGs, are designed for increasing the core power at the pump wavelength. The input pump power $P_p = 1$ W, launched in the Section A sensor, is considered in the simulations if not differently specified.

The phase matching among selected cladding modes and the fundamental core mode allows the power transfer from the cladding towards the core to be achieved [25,26]. This condition is reached via gratings with peculiar values of the period $\Lambda$. The competition among the interacting modes is considered by writing the coupled equation system, Equation (5), for different grating periods $\Lambda$, via a parametric investigation. Arbitrary examples of cladding modes which can exchange power with the fundamental core mode are $M_4$ and $M_{21}$. $M_4$ is the lower order cladding mode which interacts with the fundamental one. It exhibits an electromagnetic field profile which overlaps the core region (i.e., the electromagnetic field profile of $M_1$ mode). Therefore, a not negligible coupling coefficient $k_{14} = 18 \times 10^{-4}$ is calculated. A similar comment can be made for $M_{21}$, for which the coupling coefficient is $k_{121} = 1.78 \times 10^{-2}$. Figure 3 illustrates the norm of the electromagnetic field distribution of the $M_1$ mode guided in the core at the pump wavelength. Figure 4a shows the electromagnetic field distribution of the $M_4$ cladding mode. Figure 4b refers to the electromagnetic field distribution of the $M_{21}$ cladding mode. The blue color indicates lower electromagnetic field intensity while the red color refers to higher intensity. These figures are not in the same scale to

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**Table 3. Section C sensor.**

| Laser Parameter       | Value                   |
|-----------------------|-------------------------|
| $D_{\text{out}}$      | Outer fiber diameter    | 107 µm                   |
| $d_c$                 | Core diameter           | 7.6 µm                   |
| $\Lambda_p$          | Hole pitch              | 7 µm                     |
| $d_h$                 | Diameter of inner cladding holes | 2.5 µm                |
| $D_h$                 | Diameter of outer cladding holes | 6 µm                    |
| $\tau_{21}$          | Ytterbium laser lifetime | 0.8 ms                   |
| $\sigma_{12}(\lambda_p)$ | Absorption cross sections at pump wavelength | $2.6272 \times 10^{-24} \text{ m}^2$ |
| $\sigma_{21}(\lambda_{\text{signal}})$ | Absorption cross sections at signal wavelength | $6.1477 \times 10^{-27} \text{ m}^2$ |
| $\sigma_{12}(\lambda_p)$ | Emission cross sections at pump wavelength | $3.1774 \times 10^{-25} \text{ m}^2$ |
| $\gamma(\lambda_p)$  | Fiber losses at pump wavelength | 4.2 dB/Km               |
| $\gamma(\lambda_{\text{signal}})$ | Fiber losses at signal wavelength | 2 dB/Km                |
| $N_{\text{Yb}}$      | Ytterbium ion concentration | $5 \times 10^{25} \text{ ions/m}^3$ |
| $R_1$                 | Input mirror reflectivity | 0.99                     |
| $R_2$                 | Output mirror reflectivity | 0.06                     |
increase their readability. They qualitatively demonstrate that the integral of Equation (7) calculating the overlapping of M_1 with M_4 or M_21 is not negligible in both cases.

![Figure 3. Norm of the electromagnetic field distribution of the M_1 mode guided in the core at the pump wavelength.](image)

Figure 3. Norm of the electromagnetic field distribution of the M_1 mode guided in the core at the pump wavelength.

(a) (b)

![Figure 4. Norm of the electromagnetic field distribution at the pump wavelength of: (a) M_4 cladding mode; (b) M_21 cladding mode.](image)

Figure 4. Norm of the electromagnetic field distribution at the pump wavelength of: (a) M_4 cladding mode; (b) M_21 cladding mode.

Indicative values of the grating periods allowing the mode interaction can be roughly evaluated by the inspection of Figure 5. Figure 5a illustrates, the core mode power P_{M_1} of the fundamental mode M_1 (HE_{11}), at the pump wavelength \lambda_p, as a function of the grating period \Lambda, for an arbitrary grating length L = 10 cm. Figure 5b gives complementary information. It illustrates the total power guided by the inner cladding, P_{clad}, i.e., the sum of all the interacting cladding mode M_2-M_33 powers.

The peaks of the core mode power P_{M_1} in Figure 5a such as the deeps of the cladding power P_{clad} of Figure 5b correspond to the particular grating periods \Lambda_R which enable the power exchange from the inner cladding modes M_2-M_33 towards (troughs) the fundamental M_1 mode (peaks) at the pump wavelength, since they allow the phase matching. The calculation is performed at the temperature T = 25 °C. Sixteen different grating periods enable the power exchange. For each single grating period \Lambda_R, the length L_{G_{max}} providing the maximum power exchange from the cladding modes M_2-M_33 towards the fundamental M_1 can be identified through a parametric simulation. The obtained results are useful to understand the behavior of each grating optimized as a standalone device, i.e., not included within the cascade of gratings.
towards the fundamental $M_1$ can be identified through a parametric simulation. The obtained results are useful to understand the behavior of each grating optimized as a standalone device, i.e., not included within the cascade of gratings.

Figure 5. Resonances for a LPG inscribed into the MOF of the Section A-sensor versus the grating period $\Lambda$, at the pump wavelength $\lambda_p$, LPG length $L = 10 \text{ cm}$: (a) Core mode power $P_{M1}(\lambda_p)$; and (b) Cladding power $P_{\text{clad}}$.

Table 4 illustrates the grating periods $\Lambda_R$, the peculiar cladding mode $M_i$ coupled to the fundamental $M_1$ one, the grating length $L_{G\text{maxc}}$, the percentage increase of the $M_1$ power at the end of grating $L_{G\text{maxc}}$.

In order to obtain a temperature sensor, a cascade of gratings CLPGs with different periods and lengths is designed. The first goal is to obtain a variation of the fundamental mode $M_1$ power versus the temperature, at the end of CLPGs larger than that obtainable with only one of the singularly-optimized gratings reported in Table 4.

Negative/positive variations of temperature with respect to the environment value induce an effect similar to a slight decrease/increase in fiber length, grating period, refractive index according to Equations (2) and (3). As a consequence, the coefficients of the 33 coupled equation system, Equation (5), depend on temperature. To obtain a linear and univocal sensor response versus the temperature, e.g., in the range from 0 °C to 100 °C, different grating periods must be accurately identified. Starting from the values reported in Table 4 all the gratings of the cascade are optimized in order to identify: (i) the period $\Lambda_{opt}$ causing a decreasing of the $M_1$ power when the temperature changes from 0 °C to 100 °C; (ii) the length allowing the largest variation of the $M_1$ power, at the their end, for the same temperature change.
The obtained $M_{\Delta}$ from 0 to 100 °C. The maximum change of $M_{\Delta}$ in this case each grating length $L_{\Delta}$ which allows a decreasing $M_{\Delta}$ power change is positive (instead of negative) for a variation of temperature. Also, some gratings are neglected because they are redundant ones (as example, when their grating periods are too close to other ones previously employed in the cascade). Therefore, only seven gratings are considered for the first tentative of cascade CLPG1. Table 5 reports the parameters of the seven gratings with the period $\Lambda_{\text{opt}}$ which allows a decreasing $M_{\Delta}$ power $AP_{\Delta}$ by increasing the temperature, the length allowing the maximum variation of $AP_{\Delta}$ and the corresponding $AP_{\Delta}$ (negative value indicates a decrease). Also in this case each grating length $L_{\Delta \text{AP}_{\Delta} \text{max}}$ is optimized separately from the other gratings in order to obtain the maximum variation of $AP_{\Delta}$ when the temperature varies from 0 °C to 100 °C.

Figure 6 illustrates the power of $M_{\Delta}$ mode versus the temperature at the end of CLPG1, i.e., after the cascade of the seven gratings listed in Table 5. The maximum change $AP_{\Delta} = 0.39$ mW is very slight. The obtained $M_{\Delta}$ power change is positive (instead of negative) for a variation of temperature from 0 °C to 100 °C.

Table 4. Gratings maximizing the power exchange from the inner cladding modes $M_2$-$M_3$ towards the fundamental core mode $M_1$ at the environmental temperature 25 °C.

| Grating | $A_0$ (µm) | Coupled Cladding Modes | $L_{\text{Gmax}}$ (cm) | $P_{\text{M1max}}$ (mW) | Percent Increase of $M_{\Delta}$ Power |
|---------|------------|------------------------|------------------------|------------------------|--------------------------------------|
| R_0     | 551.0      | $M_4$                  | 5.400                  | 54.23                  | 78.96%                               |
| R_1     | 499.0      | $M_7$                  | 7.885                  | 67.3                   | 122.09%                              |
| R_2     | 442.4      | $M_{10}$               | 9.470                  | 63.42                  | 109.29%                              |
| R_3     | 423.4      | $M_{13}$               | 6.270                  | 65.59                  | 114.45%                              |
| R_4     | 377.0      | $M_{16}$               | 7.980                  | 65.15                  | 115.00%                              |
| R_5     | 359.8      | $M_{19}$               | 9.080                  | 64.19                  | 111.83%                              |
| R_6     | 280.4      | $M_{1}M_{17}$          | 9.445                  | 54.84                  | 81.86%                               |
| R_7     | 230.6      | $M_{12}$               | 8.650                  | 38.44                  | 26.85%                               |
| R_8     | 228.4      | $M_{13}$               | 4.705                  | 64.61                  | 113.21%                              |
| R_9     | 216.6      | $M_{15}$               | 7.98                   | 65.27                  | 115.72%                              |
| R_10    | 188.0      | $M_{18}M_{27}$         | 8.480                  | 76.75                  | 153.28%                              |
| R_11    | 187.6      | $M_{20}$               | 2.655                  | 73.53                  | 142.65%                              |
| R_12    | 182.0      | $M_{23}$               | 7.435                  | 42.19                  | 39.23%                               |
| R_13    | 170.4      | $M_{26}M_{31}$         | 3.100                  | 75.31                  | 148.52%                              |
| R_14    | 169.4      | $M_{29}M_{31}$         | 7.140                  | 45.31                  | 49.52%                               |
| R_15    | 158.6      | $M_{33}$               | 9.38                   | 38.98                  | 28.63%                               |

As an example, by starting from reference the value $\Lambda_{\text{R}} = 228.4$ µm, reported in Table 4 for the R_0 grating, an optimal nominal value $\Lambda_{\text{opt}} = 228.8$ µm is chosen. In fact, this value allows an almost linear and decreasing variation of the $M_{\Delta}$ core mode power $P_{\Delta}$ for an increasing of the grating period from 228.4 µm to 229.2 µm. This criterion is qualitatively adopted since the increase of temperature causes an increase of grating period and length. By following this procedure, at first, sixteen different tentative gratings allowing a decreasing $M_{\Delta}$ power by increasing the period (temperature) were identified.

Among these sixteen gratings, only a part of them allows a large energy transfer ($AP_{\Delta} > 1.5$ mW) from the cladding mode towards $M_1$. Moreover, some gratings are neglected because they are redundant ones (as example, when their grating periods are too close to other ones previously employed in the cascade). Therefore, only seven gratings are considered for the first tentative of cascade CLPG1. Table 5 reports the parameters of the seven gratings with the period $\Lambda_{\text{opt}}$ which allows a decreasing $M_{\Delta}$ power $AP_{\Delta}$ by increasing the temperature, the length allowing the maximum variation of $AP_{\Delta}$ and the corresponding $AP_{\Delta}$ (negative value indicates a decrease). Also in this case each grating length $L_{\Delta \text{AP}_{\Delta} \text{max}}$ is optimized separately from the other gratings in order to obtain the maximum variation of $AP_{\Delta}$ when the temperature varies from 0 °C to 100 °C.

Table 5. Parameters of grating cascade CLPG1, grating length $L_{\Delta \text{AP}_{\Delta} \text{max}}$ separately optimized.

| Grating | $\Lambda_{\text{opt}}$ (µm) | $L_{\Delta \text{AP}_{\Delta} \text{max}}$ (cm) | $AP_{\Delta}$ (mW) |
|---------|--------------------------|---------------------------------|-----------------|
| R^1_{CLPG1} | 188.2                   | 8.09                           | -3.752          |
| R^2_{CLPG1} | 169.5                   | 7.14                           | -2.642          |
| R^3_{CLPG1} | 228.8                   | 7.15                           | -2.004          |
| R^4_{CLPG1} | 182.2                   | 9.68                           | -1.786          |
| R^5_{CLPG1} | 216.8                   | 7.98                           | -1.674          |
| R^6_{CLPG1} | 250.6                   | 9.45                           | -1.608          |
| R^7_{CLPG1} | 443.2                   | 9.43                           | -1.554          |

This result is not useful and it is reported only for a comparison. Since each grating of CLPG1 is optimized independently from the other ones, their single contribution to the $M_{\Delta}$ power change, $AP_{\Delta}$, can be opposite to that of other gratings when they are in cascade. Therefore, the overall CLPG1 behavior is not efficient for temperature sensing. More precisely, the length of each LPG
Figure 6. Power of the fundamental core mode $M_1$ at the pump wavelength versus the temperature, at the output section of CLPG1 when each LPG is optimized separately.

After this first attempt, the cascade CLPG2 is globally optimized. To perform the global optimization, in the simulation of the cascade CLPG2, the optimal grating lengths are identified by considering as input of each single grating the output of the previous one. This design procedure is more correct. In this last case, six gratings allow to obtain the maximum output power variation, for a variation of temperature from $0 \degree C$ to $100 \degree C$. The parameters of CLPG2, parametrically investigated, are listed in Table 6. For a comparison between CLPG1 and CLPG2, and in order to illustrate the design strategy Figures 7 and 8a–d are shown.

Table 6. Parameters of grating cascade CLPG2, grating length $L_{\Delta P_{M1\text{max}}}$ globally maximizing the decreasing of $M_1$ power, $\Delta P_{M1}$, when the temperature varies from $0 \degree C$ to $100 \degree C$.

| $\Lambda_{\text{opt}}$ (μm) | $L_{\Delta P_{M1\text{max}}}$ (cm) | Total $\Delta P_{M1}$ (mW) |
|-----------------------------|-------------------------------|-----------------------------|
| $R_{\text{CLPG2}}$          | 188.2                         | 8.09                        |
| $R_{\text{CLPG2}}$          | 169.5                         | 4.36                        |
| $R_{\text{CLPG2}}$          | 228.8                         | 2.60                        |
| $R_{\text{CLPG2}}$          | 182.2                         | 8.79                        |
| $R_{\text{CLPG2}}$          | 216.8                         | 7.98                        |
| $R_{\text{CLPG2}}$          | 250.6                         | 9.20                        |
| $R_6$                        |                               | $-33.46$                    |

Figure 7, pertaining to CLPG1, illustrates the power change of the $M_1$ mode, $\Delta P_{M1\Delta T}$, along the cascade of the seven gratings listed in Table 5, separately optimized, for a variation of temperature from $0 \degree C$ to $100 \degree C$. The vertical lines indicate the different gratings. Since each grating of cascade CLPG1 is optimized independently from the others, $\Delta P_{M1\Delta T}$ is slightly increased at the end of CLPG1.
Figure 7. Power change of the M₁ mode, $\Delta P_{M1\text{AT}}$, for the temperature variation 0–100 °C, along the grating cascade CLPG₁.

Figure 8a depicts the power change of the M₁ mode, $\Delta P_{M1\text{AT}}$, for the temperature variation 0–100 °C, along the grating cascade made of the first two gratings of CLPG₁, see Table 5. The maximum power change of the M₁ mode, $\Delta P_{M1\text{AT}}$, along the cascade of the two gratings is obtained for the $R_1^{CLPG2}$ length $L_{\Delta PM1\text{max}} = 8.09$ cm and for the $R_2^{CLPG2}$ length $L_{\Delta PM1\text{max}} = 4.36$ cm,
see Table 6. In other words, starting from CLPG1 gratings after this first optimization, $R_1^{CLPG2}$ and $R_2^{CLPG2}$ of CLPG2 are identified as in Table 6.

Figure 8b depicts the power change of the M1 mode, $\Delta P_{M1T}$, for the temperature variation 0–100 °C, along the grating cascade made of the first two optimized gratings, of CLPG2, and the third grating of CLPG1. The maximum power change of the M1 mode, $\Delta P_{M1T}$, along the cascade of the three gratings is obtained by considering a third grating having length $L_{\Delta P_{M1\text{max}}} = 2.60$ cm. This is the third optimized length $L_{\Delta P_{M1\text{max}}}$ reported in Table 6. The described design procedure allows an increasing of the sensor performance till the addition of the sixth grating, as shown in Figure 8c. Figure 8c refers to CLPG2, it depicts the power change of the M1 mode, $\Delta P_{M1T}$, along the six gratings of Table 6, globally optimized. The grating $R_7$ is removed because its contribution is deleterious and only six gratings are enough for sensor optimization. The maximum power change $\Delta P_{M1}$ at the end of the six gratings CLPG2, for a temperature variation from 0 °C to 100 °C, is $|\Delta P_{M1}| = 33.46$ mW. The deleterious effect caused by adding the seventh grating is apparent in Figure 8d. It depicts the power change of the M1 mode, $\Delta P_{M1T}$, along the cascade made of six gratings of Table 6 and the seventh grating of CLPG1.

In this case, the power change $\Delta P_{M1}$ at the end of the seven gratings, for a temperature variation from 0 °C to 100 °C, is $|\Delta P_{M1}| = 4.58$ mW. A further sensor optimization by choosing a suitable length $L_{\Delta P_{M1\text{max}}}$ for $R_7$ is not possible.

Figure 9 illustrates the power $P_{M1}$ of M1 mode versus the temperature at the output section of CLPG2 constituted by the cascade of the first six gratings listed in Table 6. It is worth noting that, after the proper CLPG2 design, a sensitivity $S = |\Delta P_{M1}| / \Delta T = 0.3346$ mW/°C is obtained. Unfortunately, the Section A sensor cannot be directly used as temperature sensor because of the high zero offset. In fact, $S = 0.3346$ mW/°C is obtained around a core mode power mean value close to $MV = 112$ mW. The ratio $S/MV$ is about 0.003 °C$^{-1}$, it indicates a not feasible measurement condition by employing conventional/low cost optical power meters. Further sensor stages are thus required.

![Figure 9: Power $P_{M1}$ of the M1 mode at pump wavelength versus temperature at the output section of CLPG2, $P_p = 1$ W.](image)

In the Section B sensor, the residual power of the cladding modes is completely attenuated. To obtain this behavior, this part of the sensor is optimized via the FEM electromagnetic investigation. In other words, the Section B sensor is designed to cut off the 32 cladding mode. The fiber geometry is defined to allow the single fundamental mode M1 propagation. In this way, further power exchanges between the cladding and the core is prevented. The two differences between Section A and Section B of the sensor are the following: (i) in Section B there are not the large external air holes and (ii) the
pitch of the internal air hole of Section B is increased with respect to that of Section A. The cladding modes are cut in the Section B sensor MOF after a length of a few centimeters (corresponding to a high number of wavelengths). The cores of the Section A sensor and Section B sensor have the same optical and geometrical parameters. Therefore, there is a very good $M_1$ mode matching when the light travels from the Section A sensor to the Section B sensor, i.e., without reflections.

The Section C sensor is an ytterbium doped laser cavity, with a dopant concentration $N_{\text{Yb}} = 5 \times 10^{25}$ ions/m$^3$ [28]. The losses at the pump and at the signal wavelength are $\gamma(\lambda_P) = 4.2$ dB/Km and $\gamma(\lambda_S) = 2.0$ dB/Km, respectively. The main parameters, suitably optimized as in [29,30], are reported in Table 3. The optical cavity length is $L = 3$ m and the two FBGs operate as input and output mirrors with the reflectivity $R_1 = 0.99$ and $R_2 = 0.06$, respectively. The Section C sensor is optically pumped by $M_1$ power at the wavelength $\lambda_P = 976$ nm. The pump power at the end of CLPG$_2$ depends on temperature. Then, it travels unperturbed through the Section B sensor. The output signal laser is obtained at the wavelength $\lambda_S = 1060$ nm. By simulation, the threshold pump power is close to $P_{th} = 103.5$ mW. Figure 9 shows that the power at the output of Section B sensor, at the temperature $T = 100$ °C is $P_{M_1} = 97.33$ mW, which is lower than the threshold pump power. To obtain a fundamental mode power $P_{M_1}$, at the output of the Section B sensor, slightly larger than $P_{th}$, the correct total power launched at the input of the Section A sensor, $P_p = 1.1$ W, is calculated. In this case the maximum $P_{M_1} = 143.5$ mW is obtained at $T = 0$ °C while the minimum $P_{M_1} = 107.1$ mW is obtained at $T = 100$ °C.

The simulation of the sensor characteristic, i.e., the output power $P = P_S$ at the signal wavelength $\lambda_S$ at the end of the Section C sensor versus the temperature, for an input $P_p = 1.1$ W at the input of the Section A-sensor, is reported in Figure 10.

![Figure 10](image_url)

Figure 10. Sensor output versus the temperature for the pump power $P_p = 1.1$ W.

The output signal power is $P = 34.60$ mW at $T = 0$ °C and $P = 3.087$ mW at $T = 100$ °C. The linearity is apparent. The sensitivity $S$ is very high:

$$S = \left| \frac{\Delta P}{\Delta T} \right| = 315.1 \, \mu W/\degree C$$

The ratio $S/MV$ is about $19.69 \, \degree C^{-1}$, it indicates a very good potential for temperature measurement by employing conventional optical power meters.

We underline that the design of: (i) the fiber section such as (ii) the number, the period and the lengths of the gratings of the cascade and (iii) the optimization of the operation condition, i.e., the tuning of the pump in wavelength and power, allow us to finely handle/control the sensor response.
both during the design and its utilization. This aspect, in addition to the theoretically calculated high performance makes the proposed device particularly interesting. As an example, a version of this kind of sensor could be designed via the same procedure by employing different materials, e.g., radiation hardened glasses, for application in nuclear environments and for sensing different temperature ranges.

4. Conclusions

A novel MOF temperature sensor is conceived and accurately designed. The simulated sensitivity $S = 315.1 \mu W/{\circ}C$ is good enough for actual applications. By considering the theoretical results obtained in this paper, for the complete measurement, in addition to the proposed sensor, only a low cost diode pump emitting at wavelength $\lambda = 976$ nm and a simple optical power meter are required. The proposed solution is very versatile. A version of this kind sensor could be designed via the same procedure by employing different materials and for sensing different temperature ranges.

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