Influence of Graphene Oxide Incorporation on Resorcinol-Formaldehyde Polymer and Carbon Aerogels

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Abstract
Resorcinol-formaldehyde based polymer hydrogels with various graphene oxide (GO) content were synthesized using Na₂CO₃ as catalyst at pH=6 conditions. After supercritical drying they were converted to carbon aerogels in nitrogen atmosphere. The heat treatment not only pyrolysed the polymer gel, but also reduced GO. The GO added varied within 0-14% related to the mass of resorcinol which resulted in the reinforcement of the polymer matrix. The texture of the polymer and the carbon aerogels were characterized and compared in the nanoscale using SEM and TEM imaging, X-ray diffraction (XRD) and low temperature nitrogen adsorption measurements. The transition from polymer to carbon state was studied by thermogravimetry. In agreement with reference works in the GO range studied the morphology was not affected by the GO content either in the polymer or in the carbon form. The direct current (DC) conductivity however linearly increased with the added GO and already 10 % doubled the conductivity of the plain carbon aerogel.

Keywords
porous polymer, carbon aerogel, graphene oxide, gas adsorption, electric conductivity

1 Introduction
Carbon aerogels are most often obtained from aqueous resorcinol (R) – formaldehyde (F) precursor solution following the synthesis route first proposed by Pekala [1]. The versatility of both the properties and the application of these materials originates from the adaptability of the sol-gel technology used in the first step of synthesis. The morphology of both the polymer and the carbon gel can be further tuned by the technique of solvent removal or by selecting a different solvent as a reaction medium with porogenic effect. The sol – gel technique also opens the avenue for introducing various “additives” at practically any of the stages of the preparation. Co-monomers, metal ions or nanoparticles can be added already to the precursor solution or to the dry polymer, prior to converting the polymer to carbon material. The textural and chemical characteristics of carbon aerogels, which are simultaneously micro-, meso- and macroporous, predispose them as thermal and phonic insulators, electric double layer and super capacitors, chromatography packing, adsorbents, catalyst supports, etc. [2-5]. In spite of the open pore system a drawback of aerogels for dynamic use is their inherently random pore morphology, which may hinder and thus make it difficult to predict the mass transport properties. 3D printing is proposed to engineer the macropore architecture in order to easily custom-build the mass transport. Thus, applications that rely on the transport of some species through aerogels (e.g., energy storage, filtration, desalination, catalysis, etc.) can take advantage of optimally tailored pore morphology in 3D-printed aerogels to maximize their performance [6-7].

Among aerogels the advantage of carbons compared to the inorganic metal oxide aerogels is that although they are very good thermal insulators but conduct electricity. Nevertheless, the energy density and power density need to be further improved if we aim for electrode material application. High electrical conductivity e.g., for fuel cell catalyst application is important to minimize ohmic losses associated with the electron transfer [8]. Nanosized carbon materials hold promise as fillers for enhancing the capacitance performance of carbon aer or xerogels [9-10]. Carbon nanoparticles, e.g., graphene derivatives, due to their outstanding physical and chemical properties and the coupled benign consequences of these phenomena in materials science are an obvious choice for increasing the
electric conductivity [11]. Incorporating particles into the carbon aerogel matrix may effectively increase the electrical properties [12-13]. Particularly graphene, the novel 2D carbon material, has great potential as electrode material, filler or ingredient for carbon. The hydrophobicity of graphene nonetheless prevents its convenient use in aqueous systems. The hydrophilic graphene oxide (GO) can be an alternative additive, as it is converted to a graphene like species during the pyrolysis of the composite.

Graphene - carbon gel composite materials were systematically studied by Worsley et al in high GO/R ratio mixtures. The RF gel in low concentration was intended to act as a crosslinker to enhance the electrical conductivity of the GO aerogel after carbonization, which successfully reduced the oxygen of the GO-RF gel form 17 % to 1 %. [14-15]. No RF derived particles decorated the graphene sheets even at 56 m/m% RF concentration. They assumed that the organic precursors added at sufficiently low concentrations to the GO suspension form covalent interconnections preferentially through the oxygen functionalities of the GO between individual sheets. The large increase in surface area with increasing amount of RF was attributed to the higher degree of exfoliation. They found that already a few % of RF increased the conductivity of the pure graphene aerogel from 0.25 S/cm to 0.87 S/cm. The bulk electrical conductivity of the RF doped graphene aerogel was more than 2 orders of magnitude greater than macroscopic 3D graphene networks prepared with only physical cross-links.

The aim of our work was to reveal the influence of added GO at much lower GO content and study the effect not only on the carbon aerogels but also on the precursor resorcinol – formaldehyde polymer aerogels. Graphene oxide was therefore added to the aqueous precursor solution with increasing amount prior to the sol – gel synthesis. The large increase in surface area with increasing amount of RF was attributed to the higher degree of exfoliation. They found that already a few % of RF increased the conductivity of the pure graphene aerogel from 0.25 S/cm to 0.87 S/cm. The bulk electrical conductivity of the RF doped graphene aerogel was more than 2 orders of magnitude greater than macroscopic 3D graphene networks prepared with only physical cross-links.

The texture of the samples was characterized by scanning and transmission electron microscopy (SEM and TEM, respectively) (Hitachi SU8030 and JEM2100). The elastic modulus was measured on isometric (1.2x1.2 mm) hydrogel cylinders using an INSTRON 5543 mechanical testing instrument at ambient temperature. The elastic modulus was determined in the small deformation region by

Thermogravimetry (TGA) was employed to determine the thermal decomposition to optimize the pyrolysis temperature. The electric conductivity was tested by following the resistivity in direct current (DC).

2 Experimental

2.1 Materials

A ca. 1 m/m% aqueous suspension of graphene oxide (GO) was prepared from natural graphite (Graphite Tyn, China) by the improved Hummers’ method [16]. RF hydrogels were prepared by the aqueous polycondensation reaction of resorcinol (R) and formaldehyde (F) by the method of Lin and Ritter [17]. Briefly, R (Merck), F (37% in water, Merck) and the catalyst sodium carbonate (99%, Merck) were dissolved in distilled water. The R/F and R/Na₂CO₃ molar ratios were 0.5 and 50, respectively. The overall concentration was 5 m/m%. The GO containing gels were prepared by replacing the distilled water with a dilute GO suspension. The initial pH of the solution was adjusted to pH 6.0 with dilute HNO₃ (Merck). After thorough stirring at room temperature the sol sealed in vials was kept at 85 °C for 1 week to complete the gelation. The polymer hydrogels were dried by supercritical CO₂ and converted to carbon by heat treatment in inert atmosphere (rotating quartz reactor, dry N₂ atmosphere, 800 °C) (Fig. 1). A detailed description of the synthesis is given elsewhere [18]. The polymer and carbon aerogel samples are labelled as PX and CX, respectively, where X is the amount of the GO added to the precursor solution as m/m%, referred to R. The GO content of the precursor solution was set in the 0-14% range.

2.2 Methods

The texture of the samples was characterized by scanning and transmission electron microscopy (SEM and TEM, respectively) (Hitachi SU8030 and JEM2100). The elastic modulus was measured on isometric (1.2x1.2 mm) hydrogel cylinders using an INSTRON 5543 mechanical testing instrument at ambient temperature. The elastic modulus was determined in the small deformation region by

![Synthesis scheme of GO doped carbon aerogels](image)
the method of Horkay and Zrínyi [19]. Thermogravimetric
analysis (TGA) was performed on a Perkin Elmer STA-
6000 apparatus. The samples were placed in alumina cru-
cibles and heated from room temperature to 900 °C at a
heating rate of 10 °C /min under a flow of nitrogen (20 mL/
min) as purge gas. The nitrogen adsorption/desorption
isotherms were measured at -196 °C with a Nova2000e
(Quantachrome) computer controlled apparatus.

The apparent surface area $S_{BET}$ was calculated using
the Brunauer–Emmett–Teller (BET) model [20]. The
total pore volume ($V_{0.95}$) was derived from the amount
of nitrogen adsorbed at relative pressure 0.95, assuming
that the pores are then filled with liquid adsorbate.
The micropore volume ($W_0$) was derived from the Dubinin–
Radushkevich (DR) plot [21]. For the sake of compar-
ison the pore size distribution (PSD) in the mesoporous
range was calculated with the Barret–Joyner–Halenda
(BJH) model [22]. Transformation of the primary adsorp-
tion data and pore size analysis were performed with the
Quantachrome ASiQwin software (version 3.0). The pow-
der X-ray diffraction (XRD) was measured in the range
$2\Theta = 4 – 84 ^{\circ}$ with an X’pert Pro MPD (PANanalytical
Bv., The Netherlands) X-ray diffractometer using an
X’celerator type detector and Cu Kα radiation with a Ni
filter foil ($\lambda = 1.5408 \text{ Å}$) on a ‘zero-background Si-single
crystal’ sample holder.

3 Results and discussion
3.1 Characterization of the polymer gels
In this work we aim for the comparison of GO incorpo-
ration in the polymer precursors and the carbon obtained
from them. SEM images show that the presence of the GO
does not modify the well-known globular shape of the
polymer units. It is also confirmed that the GO is well dis-
tributed in the matrix due to its high oxygen content. The
C/O ratio of this GO, determined by XPS, was 1.8 [23].

Interestingly, polymer beads do not develop on the sur-
face of the GO sheets, however, at the highest GO content
(14%) scarcely decorate the GO edges.

Fig. 3 reveals that the incorporation of the GO resulted
in the expected reinforcement of the polymer. Increasing
the GO content also results in the development of voids
(see also Fig. 2(b)-(c)). Some of them are visible with
naked eye and compromise the compressibility measure-
ments at higher nanoparticle concentration. The observed
trend is not linear and similar to the one experienced on
GO doped poly(N-isopropylacrylamide) hydrogels [24].

As expected, the supercritical drying is a very gen-
tle way of solvent removal [18]. This was characterized
by the relative diameter of the obtained rod-like samples
as compared to the size of the hydrogels. In our case it
resulted only a ca 20 % shrinkage in the GO free polymer.
The effect is even more modest in the GO doped aerogels
indicating that the GO hampers the shrinkage during the
supercritical drying (Fig. 4). Such effect in the carbonized
state is even more obvious and concomitantly results in the
decrease of the apparent density. The limited shrinkage in
the carbon state was reported by other groups [25-27].

Fig. 2 SEM images of the P00 (a), the P05 (b) and the P14 (c) samples. The scale bars are 2
The low temperature nitrogen adsorption/desorption isotherms were measured to reveal the nanoscale texture of the polymer aerogels (Fig. 5(a)). All the isotherms belong to Type IV based on the recent recommendation of the IUPAC [28]. The initial monolayer-multilayer adsorption on the mesopore walls is followed by pore condensation. The hysteresis loop typical to almost all mesoporous materials is of Type H3, and its width is the most recognizable in the GO free polymer sample. In these systems this kind of hysteresis indicates a pore network of macropores which are not completely filled with liquid nitrogen even at relative pressure $p/p_0 = 1$. The initial section of the isotherms reveals a gradual curvature (i.e., a less distinctive Point B), implying a significant overlap of monolayer coverage and the onset of multilayer adsorption. The influence of the added GO is not systematic, but generally speaking it increases the adsorption in the entire relative pressure range. We have to comment here as well, that low temperature adsorption on
polymer materials often result in the swelling of the non-rigid system. In our case, if this phenomenon is relevant, the swelling is reversible, as low pressure hysteresis was not observed in any of the polymer samples. The BJH pore size distribution curves are very similar and reveal a continuous distribution in the mesopore and narrower macropore range without any distinguishable feature (Fig. 5(c)). The numeric data, the apparent surface area, the micro- and total pore volume calculated for both the polymer and carbon samples are listed in Table 1. No systematic effect on the surface area or on the micropore volumes is observable, but the trend of $V_{0.95}$ and thus $V_{\text{meso}} = V_{0.95} - W_0$ show a decent increase as the GO content is increasing.

### 3.2 Conversion to carbon

According to the thermograms, the GO in this quantity has no significant influence on the thermal degradation of the RF polymer (Fig. 6). The sharp decomposition of the GO has no sign in the TG and DTG curves of any of the composite samples. A detailed study of Hummers GO characterisation including their thermal behaviour was published recently [29]. Based on the TG response 800 °C was selected for the carbonization, where the residue varied in the 46-50 %. This well agreed with the macroscopic yield after the pyrolysis (44-52 %) and also no systematic trend related to the GO content was found. The carbonization also results in further axial shrinkage with the same trend observed during the drying implying that the reduced graphene oxide retains the scaffolding effect of the GO. Accordingly, the apparent density of the carbonised rods decreases with the GO content (Fig. 4). It was reported that pyrolysis of the carbon aerogels at 1050 °C in nitrogen atmosphere resulted in a successful reduction of the oxygen content (form 17 % to 1 %, by XPS) [14]. We presume that GO also loses most of its oxygen and will be considered here as reduced graphene oxide (RGO). The C/O atomic ratio increased from 2 to 4 when the GO after

| Aerogels | $S_{\text{BET}}$ | $W'_0$ | $V_{0.95}$ | $V_{\text{meso}}$ |
|----------|-----------------|--------|------------|-----------------|
| GO       | 100             | 36     | 0.01       | 0.06            |
| RGO      | 100             | 230    | 0.06       | 0.40            |
| POLYMER  | 0%              | 503    | 0.18       | 0.67            |
|          | 1%              | 508    | 0.19       | 0.70            |
|          | 2%              | 848    | 0.31       | 1.06            |
|          | 3%              | 535    | 0.20       | 0.73            |
|          | 5%              | 948    | 0.34       | 1.13            |
|          | 6%              | 555    | 0.19       | 0.75            |
|          | 9%              | 659    | 0.23       | 0.83            |
|          | 10%             | 637    | 0.22       | 0.79            |
|          | 12%             | 786    | 0.28       | 0.94            |
|          | 14%             | 588    | 0.21       | 0.78            |
| CARBON   | 0%              | 856    | 0.34       | 0.87            |
|          | 1%              | 823    | 0.33       | 0.81            |
|          | 2%              | 827    | 0.33       | 0.90            |
|          | 3%              | 853    | 0.34       | 0.91            |
|          | 5%              | 809    | 0.33       | 0.83            |
|          | 6%              | 829    | 0.33       | 0.94            |
|          | 9%              | 894    | 0.36       | 1.21            |
|          | 10%             | 812    | 0.33       | 0.91            |
|          | 12%             | 885    | 0.35       | 1.07            |
|          | 14%             | 838    | 0.33       | 1.15            |

Fig. 6 Thermograms and the derivative curves of GO and selected polymer aerogels in nitrogen atmosphere
a treatment at 800 °C in nitrogen atmosphere. (No particular caution was taken against re-oxidation after removal from the reactor in cold state.)

In the X-ray diffractograms (Fig. 7) the samples are amorphous, their only characteristic feature is the wide signals around 2θ ca 22 ° and 44 °. The flat peaks corresponding to about 3.5–4 Å confirm the presence of a loose layered structure. That is, as expected, no long range order develops under the heat treatment conditions applied. It was shown recently however, that near 2000 °C a high surface area distorted graphene sheet structure is formed [30].

3.3 Characterization of the carbon samples
The nitrogen adsorption isotherms (Fig. 5(b)) are very similar to the ones measured on the polymer gels. The Type IV is typical for these systems as well as the H3 hysteresis [13, 31]. The isotherms corresponding to the different GO content practically overlap. In the carbons, however, the initial slope is much steeper and the knee corresponding to the B point is sharper. The enhanced adsorption is related to an increase in the micropore volume. The carbonization results in the formation of micropores in the spherical beads constructing the RF based carbon aerogels during the carbonization. Due to the lack of the corresponding kernel files no DFT based methods can be used for the pore size distribution of the polymer sample, we use the BJH model for the carbonized samples as well. The pore size distribution is much more characteristic: a well recognizable but wide peaks appear in the narrow mesopore region, peculiarly overlapping with the distribution of the RGO. The pore size distribution revealed by the nitrogen is not influenced by the added GO (Fig. 5(d)).

It is not straightforward to compare adsorption results of various references is the field, as the laboratories apply different sol-gel conditions. Nevertheless, we made an attempt and selected the GO/resorcinol ratio as the only parameter for comparison and the apparent surface area as a typical characteristic, as practically it is the only phenomenon reported in all the papers. We limit this comparison to the RF rich composite, i.e. to GO/resorcinol mass ratio <0.5. Our observations, i.e., that the GO content does not really have a significant effect on the micropore texture probed by nitrogen adsorption agrees relatively well with the reference data in the limited GO content range (Fig. 8). The BET surface areas vary in the 600-800 m²/g range.

Figs. 9 and 10 show the SEM and TEM images of the samples. The characteristic spherical beads already seen in the polymer gels can be clearly distinguished in the electron microscopic images of the carbons. It is easy to recognize the veil-like feature of the reduced GO, i.e., in spite of the complex thermal decomposition and redox processes taking place during the pyrolysis the RGO sheets essentially keep their integrity. Holes yielded in the reduced graphene veil are clearly recognizable also in Figs. 9(c) and 9(f). As seen in the polymers, the beads grow within the space created among them only scarcely populating even the edges of the RGO itself [15]. The RGO veils are wrinkled and consist of several layers, typically 5-8 (Fig. 10(b)). In agreement with the X-ray diffractograms (Fig. 7) the high resolution TEM image confirms that the carbon samples are amorphous (Fig. 10(c)).

The improvement of the electrical conductivity was tested by a lab-made instrument (Fig. 11(a)). About ~ 0.05 g of the samples was compressed in a polytetrafluoroethylene (PTFE) tube (internal cross section area
1 cm$^3$) with a pressure of 0.5-5 MPa. The results shown in Fig. 10 demonstrate that the GO-free carbon aerogel is conductive, but its conductivity is poor.

Incorporation of GO improves the electric conductivity as it was also reported by Ling et al. [31]. However, they found that the improvement was not linear in the 1-10 % GO content range. Our results show that in the GO concentration range studied the enhancement is linearly proportional to the GO content and by 10 % GO content the conductivity of the GO-free sample doubles.

4 Conclusions

The textural properties of GO doped polymer and their carbonized derivatives were compared. The added GO has no significant influence on the textural properties either in polymer or carbon forms. The non-systematic effect of GO in the polymerisation – gelation step requires further investigation. Nevertheless, added GO improves the mechanical properties of the polymer aerogel and limits the shrinkage in the supercritical drying and the carbonization process. The GO is well distributed and practically retains its integrity with minor damages during the heat treatment. It does not seem to be integrated into the RF aerogel matrix. The samples contain pores of a wide size range, but the carbonization obviously enhances the microporosity. The apparent surface area increases by ca 25 % due to the carbonization, but it is not influenced by the amount of the added 2D carbon nanoparticles. The effect on the electric properties is significant: in the concentration range studied (0-14 m/m% GO related to the...
resorcinol in the precursor solution) the electric conductivity increases linearly and is already doubled in the carbon obtained from the polymer with 10 % GO.

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Fig. 11 The lab-made instrument for testing the electric conductivity in direct current (DC) (a) and the effect of the added GO on the conductivity (b). The symbols are experimental values, the red is guide for the eye.
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