(2020). T1 mapping performance and measurement repeatability: results from the multi-national T1 mapping standardization phantom program (T1MES). Journal of Cardiovascular Magnetic Resonance, 22, [31]. https://doi.org/10.1186/s12968-020-00613-3
T₁ mapping performance and measurement repeatability: results from the multi-national T₁ mapping standardization phantom program (T1MES)

Gabriella Captur¹,²,³, Abhiyan Bhandari⁴, Rüdiger Brühl⁵, Bernd Ittermann⁶, Kathryn E. Keenan⁶, Ye Yang⁷, Richard J. Eames⁵, Giulia Benedetti⁹, Camilla Torlasco¹⁰, Lewis Ricketts⁴, Redha Boubertakh¹¹, Nasri Fatih¹,², John P. Greenwood¹², Leonie E. M. Paulis¹³, Chris B. Lawton¹⁴, Chiara Bucciarelli-Ducci¹⁴, Hildo J. Lamb¹⁵, Richard Steeds¹⁶, Steve W. Leung¹⁷, Colin Berry¹⁸, Sinitsyn Valentin¹⁹, Andrew Flett²⁰, Charlotte de Lange²¹, Francesco DeCobelli²², Magalie Viallon²³, Pierre Croisille²⁴, David M. Higgins²⁵, Andreas Greiser²⁶, Wenjie Pang²⁷, Christian Hamilton-Craig²⁸, Wendy E. Strugnell²⁸, Tom Dresselaers²⁹, Andrea Barison³⁰, Dana Dawson³¹, Andrew J. Taylor³²,³³,³⁴, François-Pierre Monogene³⁵, Sven Plein³¹, Daniel Messroghli³⁶,³⁷, Mouaz Al-Mallah³⁸, Stuart M. Grieve³⁹, Massimo Lombardi⁴⁰, Jihye Jang⁴¹, Michael Salerno⁴², Nish Chaturvedi²,², Peter Kellman⁴³, David A. Bluemke⁴⁴, Reza Nezafat⁴¹, Peter Gatehouse⁴⁵, James C. Moon¹,⁴⁶* and on behalf of the T1MES Consortium

Abstract

Background: The T₁ Mapping and Extracellular volume (ECV) Standardization (T1MES) program explored T₁ mapping quality assurance using a purpose-developed phantom with Food and Drug Administration (FDA) and Conformité Européenne (CE) regulatory clearance. We report T₁ measurement repeatability across centers describing sequence, magnet, and vendor performance.

Methods: Phantoms batch-manufactured in August 2015 underwent 2 years of structural imaging, B₀ and B₁, and “reference” slow T₁ testing. Temperature dependency was evaluated by the United States National Institute of Standards and Technology and by the German Physikalisch-Technische Bundesanstalt. Center-specific T₁ mapping repeatability (maximum one scan per week to minimum one per quarter year) was assessed over mean 358 (maximum 1161) days on 34 1.5 T and 22 3 T magnets using multiple T₁ mapping sequences. Image and temperature data were analyzed semi-automatically. Repeatability of serial T₁ was evaluated in terms of coefficient of variation (CoV), and linear mixed models were constructed to study the interplay of some of the known sources of T₁ variation.

(Continued on next page)
Introduction

$T_1$ mapping aids clinicians in the assessment and diagnosis of myocardial disease. However, measurement needs to be stable over time with transferable values. Knowledge of normal reference ranges would benefit from not requiring local healthy subject scanning, and the pooling of multi-scanner datasets would have advantages such as increasing available sample sizes for the detection of subtle effects or subgroup analysis and increasing result robustness and generalizability, lowering the chance of unforeseen bias when compared to single-center data [1]. Combining results however introduces sequence, magnet, and field strength bias [2]. The field of $T_1$ mapping would therefore benefit from a “$T_1$ standard” to enable cross-center $T_1$ mapping data pooling and delivery [3]—like the international normalized ratio (INR) which makes it possible to adjust the dosing of vitamin K antagonists regardless of which laboratory has performed the test [4].

The $T_1$ Mapping and Extracellular volume (ECV) Standardization (T1MES) phantom program was established to explore $T_1$ mapping quality assurance at 1.5 T and 3 T and understand the feasibility of delivering a “$T_1$ standard” [5]. The first step toward the goal was development and mass-production of a phantom [5] and its European Union Conformité Européenne (CE) and United States Food and Drug Administration (FDA) regulatory clearance. In September 2015, cardiovascular magnetic resonance (CMR) centers worldwide joined the T1MES consortium and committed to submit a minimum of 12 months of center-specific $T_1$ mapping data. Data submitted have now been analyzed to explore phantom performance.

We report phantom data at 1 and 2 years using various $T_1$ mapping sequences, temperature sensitivity, and include platform performance, although we emphasize that comparison of different $T_1$ methods and systems was not the main aim, rather investigating long-term stability towards the “$T_1$ standard”. This involved modeling some of the potential sources of the $T_1$ variation longitudinally and between T1MES centers to identify the most influential factors.

Methods

The development and description of the T1MES phantom (Fig. 1) has been previously reported [5]. Briefly, the T1MES phantom was designed to be field-strength specific (i.e., separate 1.5 T and 3 T models). Each phantom contains four tubes representing human native blood/myocardial $T_1$ and $T_2$ values (i.e., pre-gadolinium-based contrast agent [GBCA] values) and five tubes representing human post-GBCA blood/myocardial values. While the main aim of the present study was the collection and analysis of the multi-center data (see the “Methods part 2—Multi-center phantom testing” section), some other tests were applied to a small number of the phantoms during the 2 years to explore the utility of T1MES as a quality assurance device, and these tests are described here first (“Methods part 1—Evaluation of the phantom”). Imaging biomarker terms used follow the recommendations of the Quantitative Imaging Biomarkers Alliance (QIBA) of the Radiological Society of North America (RSNA) [6].
Methods part 1—Evaluation of the phantom

**Structural integrity**

Gel integrity and aging were checked at each submission time point for participating sites through the manual inspection of localizers that formed part of the minimum dataset requirement for participation. In addition, a high-resolution, isotropic, three-dimensional (3D) gradient echo sequence (0.42 mm³) was run on four phantoms (three 1.5 T phantoms; one 3 T phantom) at baseline (October 2015) and at 2 years post manufacturing in each case using a 3 T MAGNETOM Skyra (Siemens Healthineers, Erlangen, Germany; software syngo MR D13C). The sequence acquired two overlapping slabs (due to scanner software constraints), each with two directions of phase encoding, a slow repetition time (repetition time, TR = 17 ms), and narrow sampling bandwidth (250 Hz/pixel) for better signal-to-noise ratio (SNR). This sequence had weak T₁ and T₂ contrast and was only for structural examination.

"Reference" rT₁ and rT₂ data

Baseline (October 2015) "reference" T₁ and T₂ values (rT₁, rT₂) were acquired at the Royal Brompton Hospital CMR Unit using basic single-slice TR = 10 s inversion recovery spin echo (IRSE, 8 inversion times [TI] from 25 to 3200 ms) and single-slice repetition time (TR) = 10 s SE (8 echo times [TE] from 10 to 640 ms) [5] respectively. These sequences were identically repeated at 2 years on the same three 1.5 T phantoms and on the same three 3 T phantoms sampled from the production batch. The identifying serial numbers of the three 1.5 T phantoms were 15E031, 15E033, and 15E034, and these phantoms were scanned on a 1.5 T MAGNETOM Avanto [Siemens Healthineers; software syngo MR D17A]. The three 3 T phantoms were 30E001, 30E017, and 30E018, and they were scanned on a 3 T MAGNETOM Skyra [Siemens Healthineers; software syngo MR D13C].

Separate rT₁ and rT₂ data were acquired on the same 3 T phantom (30E021) at the German National Metrology Institute, Physikalisch-Technische Bundesanstalt (PTB) over a period of 1041 days (64 scans) commencing September 2015 (3 T MAGNETOM Verio (Siemens Healthineers; software syngo MR B17A)). Sequences used for rT₁ and rT₂ were respectively basic single-slice TR = 8000 ms IRSE (IRSE, 7 TI from 25 to 4800 ms) and single-slice TR = 3000 ms SE (5 TE from 24 to 400 ms).

**Temperature sensitivity**

The following three methods were used:

First, controlled-temperature experiments over the range 10–30 °C were conducted at the United States National Institute of Standards and Technology (NIST) on six loose T1MES tubes at 1 year (Fig. 2i). T₁ and T₂ were measured at 10, 17, 20, 23, and 30 °C on a VnmrJ4
small-bore scanner operating at 1.5 T (Varian Medical Systems, Palo Alto, California, USA) in a temperature-controlled environment. Temperatures were measured using a fiber optic temperature probe. \( T_1 \) was measured by IRSE (TR = 10 s, TI = 50–3000 ms) and \( T_2 \) by SE (TR = 10 s, TE = 15–960 ms).

Second, controlled-temperature experiments at 19, 21, and 25 °C were conducted at the PTB laboratory on T1MES phantom 30E012 at 1 year (also Fig. 2i). \( T_1 \) and \( T_2 \) were measured on a 3 T MAGNETOM Verio scanner (Siemens Healthineers; software syngo MR B17A) using a Pt100 resistance thermometer. \( T_1 \) was measured by IRSE (TR = 8000 ms, TI = 25–4800 ms) and \( T_2 \) by SE (TR = 3000 ms, TE = 24–400 ms).

Third, for each T1MES phantom scan at all centers, temperature was measured using liquid crystal thermometers adhered to every phantom. These measurements were pooled and analyzed to derive temperature-correction algorithms (see Statistical Analysis).

**B₀** and **B₁** uniformity

These uniformities and the fundamental distortion of \( B_1 \) by water dielectric permittivity especially at 3 T had been tested at baseline (October 2015, previously reported [5]). These uniformities were mapped later to check against “cracking” of the gel and subsequent impact of air gaps on \( B_0 \) in particular, while potential “clumping” of the plastic beads over time might in theory affect the \( B_1 \) [5]. We therefore considered it prudent to check whether anything unexpected occurred over the long term.

\( B_0 \) uniformity was therefore mapped at 2 years in six phantoms, in the transverse slice, midway along the length of the tubes, using a multi-echo gradient echo sequence, based on the phase difference between known TEs [7]. A frequency range of ± 50 Hz across the phantom was considered acceptable, based on published \( T_1 \) mapping off-resonance sensitivity [8]. \( B_1 \) homogeneity was similarly evaluated using flip angle (FA) maps (double angle method using FA 60° and 120° \([\theta_1, 2 \times \theta_1]\) with long TR [8 s], and 4 ms sinc \([−3π to +3π]\) slice excitation profiles to minimize error due to FA variation through the slice).

**Methods part 2—Multi-center phantom testing**

*Serial, multi-center \( T_1 \) mapping data*

The T1MES user manual ([https://doi.org/10.6084/m9.figshare.c.3610175_D1.v1](https://doi.org/10.6084/m9.figshare.c.3610175_D1.v1)) defined strict scanning instructions (scanning and shim volume strictly at isocenter, use of same supporting materials, etc.). Each contributed T1MES dataset (localizers, sets of inversion recovery images, and inline scanner-generated \( T_1 \) maps, Fig. 3) underwent initial quality assurance, checking orientation, and isocenter (through visual inspection of localizers and maps and semi-automatically by inspecting metadata contained in Digital Imaging and COmmunications in Medicine [DICOM] headers “ImagePositionPatient” and “ImageOrientationPatient”) and to exclude
image artifacts. All Siemens sequences except MyoMaps product variant and all Philips (Philips Healthcare, Best, the Netherlands) sequences except CardiacQuant product variant were prototypes. Any tubes with artifacts detected by operator inspection of the submitted $T_1$ maps were excluded from the analysis. Software version changes were captured automatically from DICOM headers (“StationName” and “SoftwareVersion”).

The $T_1$ measurements from T1MES datasets (directly using only the parametric maps submitted, not by any $T_1$ fitting applied centrally to the submitted sets of $T_1$ recovery images) were carried out using a bespoke MATLAB pipeline (The MathWorks Inc., Natick, Massachusetts, USA, R2012b) assembled in collaboration with the US National Institutes of Health. From the data, $T_1$ for each of the nine tubes was measured in identically sized regions of interest (ROI) occupying the central 50% by area of each tube (accommodating $\sim 40$ independent pixels) and collated in a dedicated research electronic data capture instrument (REDCap [9, 10]).

**Methods part 3—Statistical analysis**

Analysis was performed using R (version 3.0.1, R Foundation for Statistical Computing, Vienna, Austria). Descriptive data are expressed as mean ± standard deviation (SD) and standard error of the mean (SEM) as appropriate. Distribution of data were assessed on histograms and using the Shapiro-Wilk test.

**Temperature sensitivity**

Linear regression equations were used to relate temperature (predictor variable in degrees Celsius) and the response variable, phantom $T_1$, by the formula: $T_1 = \text{Intercept} + (\beta \times [\text{Temperature} - 21 \, ^\circ \text{C}])$, with $\beta$ representing the temperature correction, and 21 °C our arbitrarily chosen temperature for cross-center comparison.

**Correlation with $rT_1$ times**

Correlations between estimated and $rT_1$ times were derived using linear regression. Tests for significant inter-sequence and cross-vendor correlation differences (setting null value to 0.001) were conducted with alpha 0.01 and confidence level 0.95 [11].

**$T_1$ repeatability**

After considering the normal values for native myocardial $T_1$ reported in the published literature (e.g., in [12–16] as mean ± SD, though a 95% reference range is approximately ± 2SD), where 1 SD of the mean native myocardial $T_1$ is generally $\sim 20–30$ ms at 1.5 T and $\sim 50$ ms at 3 T, we arbitrarily pre-defined as repeatable (and suitable for clinical/research use), $T_1$ mapping approaches where the estimated variance of serial $T_1$ data did not exceed $\frac{1}{2}$ of the above in vivo 1SD. For $T_1$ mapping at 1.5 T, this was $\leq 10$ ms, i.e., CoV $\leq 1\%$; for $T_1$ mapping at 3 T $\leq 25$ ms, i.e., CoV $\leq 2\%$.

The CoV between serial repeat T1MES scans was calculated as the ratio of the SD to the mean. We appraised CoV as a compound measure of all causes of change in the estimated $T_1$ of all nine tubes before and after temperature correction. We also appraised CoV after temperature correction separately for the four native and five post-GBCA tubes. Sequence-specific differences between the nine temperature-adjusted CoVs were calculated using paired $t$ test with $P$ value adjustment for multiple comparisons by the Bonferroni method (taking two-tailed $P < 0.01$ as significant).

**Sources of $T_1$ variation**

Using temperature-adjusted $T_1$ values of the “Medium” native myocardium tubes (tubes “F” and “M” respectively), we constructed linear mixed models to study the interplay of some known sources of $T_1$ variation in multi-center phantom data. We did this separately for 1.5 T and 3 T phantom data. Considering temperature-adjusted $T_1$ time as the response variable of interest, we examined the influence of phantom ID with and without the added effect of phantom age, as the combined fixed effect. With this, we then tested the following random effects:

i) Main effects and interactions of scanner vendor/ scanner model (Siemens, Philips or General Electric...
Bayesian information criteria (AIC, BIC) with the effects in the model. To compare models, Akaike and Wald chi-square test evaluated the significance of fixed maximum likelihood. ANOVA function using a type II distribution, so we estimated model parameters using at the Royal Brompton Hospital showed that temperature-Phantom measurements (averaged across all tubes) collected at any of the tubes, and the gels were intact in the mid slice.

Individual inspection of all the localizers submitted by Structural integrity — Results part 1 — Evaluation of the phantom

Software upgrades

To explore whether software upgrades resulted in an abrupt “step” change in the temperature-adjusted $T_1$ reads, we performed piece-wise linear regression to check for any segmented relationship between the covariates “scan day” and “tube $T_1$” (considering tube “F” at 1.5 T and “M” at 3 T) [21]. For any broken-line relationship discovered, we defined slope parameters and break points where the linear relation/s changed and temporally correlated these with DICOM software metadata.

Results part 1 — Evaluation of the phantom

Structural integrity

Individual inspection of all the localizers submitted by sites with each phantom dataset revealed no visible gel rips or tears down any of the tubes. At baseline and at 2 years following batch manufacturing (Supplementary Movie 1), phantoms were free of air bubbles and susceptibility artifacts at both field strengths. High-resolution imaging showed no evidence of gel rips or tears down any of the tubes, and the gels were intact in the mid slice—the piloted location for serial mapping (Fig. 1, left panel). $T_1$ maps collected through the midline of the phantom, using the specified T1MES scan setup, were free from off-resonance artifacts.

“Reference” $rT_1$ and $rT_2$ data

Phantom measurements (averaged across all tubes) collected at the Royal Brompton Hospital showed that temperature-corrected $rT_1$ and $rT_2$ values at 2 years were stable compared to baseline. At 1.5 T, the 2-year temperature-adjusted $\%T_1$ change was 1.95 ± 1.39% SD, 0.37% SEM. At 3 T, the 2-year temperature-adjusted $\%T_1$ change was 2.22 ± 1.44% SD, 0.25% SEM. Three tesla measurements at PTB showed a 2-year temperature-adjusted $\%T_1$ change of 0.80 ± 0.49%, SEM 0.16% (Supplementary Figure S1A). Although not the aim of this work, all reference $T_2$ parameters remained stable with relative < 1% change at PTB (temperature-adjusted $\%T_2$ change over 2 years at 3 T = 1.65 ± 0.26% | 0.09%, Supplementary Figure S1B) and < 2% change over 2 years at Royal Brompton Hospital.

Sequences from Siemens and Philips at 1.5 T collected at Royal Brompton Hospital showed strong correlation with $rT_1$ times with small offsets, as shown in Fig. 4 (left panel). There were no statistically significant differences between the $rT_1$ correlations for a given sequence when comparing Siemens to Philips platforms (Supplementary Table 1, panel C) or when individual sequences were compared on Philips (Supplementary Table S1, panel B). However, on Siemens, $rT_1$ correlations for SASHA were significantly stronger than for both MOLLI and ShMOLLI (Supplementary Table S1, panel A).

Sequences from Siemens and Philips at 3 T showed strong correlation with $rT_1$ times but with visibly imperfect absolute measurement of $T_1$ across tubes of longer $T_1$ times as shown in Fig. 4 (right panel). The correlations between absolute measurements of $T_1$ and $rT_1$ were similar for MOLLI and SASHA on Philips (Supplementary Table S2, panel B). On Siemens, the correlation between absolute measurements of $T_1$ and $rT_1$ was significantly stronger for SASHA when compared to MOLLI and ShMOLLI (Supplementary Table S2, panel A). The correlation between absolute measurements of $T_1$ and $rT_1$ for SASHA was significantly stronger on Siemens compared to Philips (Supplementary Table S2, panel C). Comparison of errors at 3 T relative to 1.5 T showed no significant difference (average SEM 5.49 vs. 4.04 respectively, $P = 0.428$).

Temperature sensitivity

Temperature experiments at both NIST and PTB using spin echo, long TR, and sequences (Fig. 2i) consistently showed that short-$T_1$ tubes (modeling post-GBCA myocardium and blood) were more stable with temperature than very long-$T_1$ tubes (native blood), where $T_1$ increased more significantly with temperature. $T_1$ increased by ~ 11 ms/°C for a typical MOLLI 5s(3s)3s 1.5 T dataset in tube “B” (normal native blood). Conversely, $T_1$ decreased by ~ 1.2 ms/°C in tube “G” (short post-GBCA myocardium). Temperature corrections for each of the nine tubes at both field strengths from the pooled multi-center analysis are presented separately (Supplementary Table S3) from temperature sensitivity
experiments of NIST and PTB due to the latter’s use of bespoke standard operating procedures.

**$B_0$ and $B_1$ uniformity**

$B_0$ uniformity at 2 years was delivered to within ±9 Hz at 1.5 T and ±10 Hz at 3 T (Fig. 5a–b). At 2 years after manufacture, the $B_1$ field distortion caused by the phantom, continued to be adequately flattened to within 10% of the $B_1$ at the center of the phantom, at both 1.5 T and 3 T (Fig. 5c–d).

**Results part 2—Multi-center phantom testing**

Thirty-four of the magnet systems appraised were 1.5 T and 22 were 3 T (see Supplementary Data File and Supplementary Table S4) with manufacturers being 35 Siemens, 18 Philips, and 3 GE. Scan frequencies are reported in the Supplementary Data File. The planned program was 1 year, but 24 centers voluntarily extended, resulting in mean longitudinal data of 358 days, and the longest 1161 days.

Quality assurance of the contributed DICOM image files identified significant protocol deviations or sequence reconstruction failures in nine submissions, the majority of which took place at the start of the study (examples in Supplementary Fig. S2). These were excluded with subsequent advice sent to centers permitting later inclusion in most cases, except where a tube artifact affecting > 25% of a single center’s series led to exclusion of that tube from pooled analysis (see Supplementary Data File).

Fifty-two magnets non-exclusively contributed MOLLI datasets, 16 ShMOLLI, and 12 SASHA, and 2 magnets contributed SMART $T_1$ maps. Center-, session-, and sequence-specific $T_1$ mapping contributions are detailed in Supplementary Data File. During the project, there were three software upgrades at centers: two Siemens and one GE (details in Supplementary Fig. S4).
**T\textsubscript{1} repeatability**

For serial multi-center data, temperature-unadjusted CoV per tube, per phantom, per sequence, and per magnet are detailed in the Supplementary Data File. Temperature-adjusted CoV for the various native sequences together with inter-sequence and cross-platform differences, at 1.5 T and 3 T, are summarized in Tables 1 and 2 respectively and data for post-GBCA in Supplementary Tables S5 and S6. Results of native and post-GBCA sequence/scanner software version repeatability are provided in Tables 1 and 2 and in Supplementary Tables S5 and S6 respectively.

Based on these temperature-adjusted data, mean (x) CoV were generally higher (implying poorer repeatability) at 3 T than at 1.5 T and for the much sparser GE data over Siemens/Philips. Over 1 year, many 1.5 T and 3 T sequences/magnets were repeatable with x CoV < 1% and < 2% respectively. For sequences optimized for native T\textsubscript{1} mapping applied to T1MES native tubes, we observed excellent repeatability for several sequences, for example, Siemens MOLLI 5s(3s)3s 448B (x CoV = 0.27%) and Philips MOLLI 3s(3s)5s (x CoV 0.54%) at 1.5 T (Table 1) and Philips MOLLI 3b(3s)5b (x CoV 0.33%) and Siemens ShMOLLI (x CoV 0.69%) at 3 T (Table 2).

Among sequences optimized for post-GBCA T\textsubscript{1} mapping applied to T1MES post-GBCA tubes, excellent repeatability was observed for several sequences, for example, Siemens ShMOLLI 1041B (x CoV 0.21%) and
Table 1 Temperature-adjusted (normalized to 21 °C) native $T_1$ and CoV (%) at 1.5 T summarized by vendor and sequence

| Platform          | Sequence [prototype, #] | $\overline{x}$ CoV of $T_1$ (%) | Global $\pm$ SD of $T_1$ | (tube $r/T_1$, by slow $r$) |
|-------------------|-------------------------|---------------------------------|--------------------------|----------------------------|
| Siemens           | MOLLI 5s(3s)3s [448B]   | 0.27                            | 0.80, 771 ± 6            | 1.45, 1538 ± 46           |
| Philips           | MOLLI 3s(3s)5s          | 0.54                            | 0.65, 765 ± 6            | 1.19, 1462 ± 21           |
| Siemens           | SASHA                   | 0.56                            | 0.81, 727 ± 6            | 0.74, 1464 ± 23           |
| Siemens           | SiMOLLI 5b(1b)1b(1b)1b  | 0.64                            | 0.61, 776 ± 6            | 1.15, 1536 ± 24           |
| Philips           | SASHA                   | 0.92                            | 0.67, 776 ± 6            | 1.45, 1550 ± 37           |
| Philips           | SiMOLLI 5b(1b)1b(1b)1b  | 1.04                            | 0.50, 760 ± 7            | 0.50, 1522 ± 30           |
| General Electric  | MOLLI 5b(1b)1b(1b)1b    | 1.28                            | 0.53, 1217 ± 24          | 1.00, 1555 ± 16           |
| General Electric  | SMART                   | 3.00                            | 0.78, 1323 ± 8           | 0.78, 1505 ± 33           |

The term sequence refers to either MOLLI, ShMOLLI, SASHA, or SMART. MOLLI/ShMOLLI protocol nosology has the number of inversions per experiment as the total count of numbers outside brackets, image cycles are outside brackets, pause cycles are within brackets, and cycle lengths defined in terms of either heart beats (b) or seconds (s).

CoV coefficient of variation, ID identity code, GBCA gadolinium-based contrast agent, GE General Electric, MOLLI modified Look-Locker inversion recovery, $r/T_1$, "reference" slow inversion recovery $T_1$, SASHA saturation-recovery single-shot acquisition, SD standard deviation, ShMOLLI shortened MOLLI, SMART saturation method using adaptive recovery times for cardiac $T_1$ mapping, T Tesla

Denotes the $T_1$ mapping sequence software combination with lowest overall CoV% for a given vendor where multiples exist. P values for differences in CoV between sequences/vendors are reported for this highly repeatable sequence where multiples exist. Less favorable CoVs (> 1%, see the "$T_1$, repeatability" section) are in italics.

Post-GBCA tubes are not shown here as their data are reported separately in relation to post-GBCA sequences in Supplementary Table 5

*Denotes the number of different magnets submitting that particular sequence from which the average CoVs were derived.

*Using iterative/data dropping steps in map creation as per ShMOLLI

The term $\overline{x}$ is where more than one sequence type was submitted, individual CoVs were then averaged to derive $\overline{x}$ CoV; while for single sequence submissions $\overline{x}$ CoV is from the global mean $T_1$ ± SD for that one sequence.
Siemens MOLLI 4s(1s)3s(1s)2s 448B (x CoV 0.26%) at 1.5 T (Supplementary Table S5) and Siemens MOLLI 4b(1s)3b(1s)2b 448B (x CoV 0.10%) and Siemens ShMOLLI (x CoV 0.28%) at 3 T (Supplementary Table S5).

**Sources of T1 variation**

Linear mixed models which excluded centers that had experienced a software change during the time of data collection (Table 3 and Supplementary Tables S7 and S8) indicated that temperature-adjusted T1 differs significantly between sequences and software versions at both field strengths \(P < 0.001\) all) and between magnet models at 1.5 T \(P = 0.011\). Notably, phantom age had no significant effect on \(T1\) (model A2).

**Software upgrades**

The two software upgrades on Siemens both occurred towards the end of longitudinal data submissions (Supplementary Fig. S4A, 15E031; 4B, 30E017), so the paucity of data points post-upgrade events precluded statistical testing for significant \(T1\) shifts. For the software upgrade on GE, however, differences between pre- and post-linear regression slopes (Supplementary Fig. S4C, 30E017) indicate a marginally significant \(T1\) shift event \(P = 0.024\).

**Discussion**

To our knowledge, this is the first multi-center study using a wide range of \(T1\) mapping methods to study the interplay of some of the known sources of measured \(T1\) variation. The basis of this work is the T1MES phantom, and a major aim of this work was to evaluate how this

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**Table 2** Temperature-adjusted (normalized to 21 °C) native \(T1\) and CoV (%) at 3 T summarized by vendor and sequence

| Platform   | Sequence [prototype, #] | \(\bar{x}\) CoV of \(T1\) (%), global \(x \pm SD\) of \(T1\) according to native tube ID [tube ID by slow IR] |
|------------|-------------------------|-------------------------------------------------------------------------------------------------|
| Siemens    | MOLLI MyoMaps product 5s(3s)3s [4] | M [1260 ms] L [1499 ms] K [1010 ms] J [1872 ms] |
| Siemens    | MOLLI 3b(3s)3b(3s)5b [448, 1] | 1.28, 1182 ± 20 1.61, 1367 ± 29 1.02, 955 ± 13 2.42, 1831 ± 62 |
| Siemens    | MOLLI 5b(3s)3b [448B, 1] | 1.16, 1092 ± 13 1.92, 1252 ± 24 0.56, 889 ± 5 1.58, 1724 ± 27 |
| Siemens    | ShMOLLI 5b(1b)1b(1b)1b [780B, 1] | 0.36, 1233 ± 4 0.78, 1449 ± 11 0.76, 986 ± 7 0.86, 2012 ± 17 |
| Siemens    | MOLLI 5b(3s)3b [780B, 2] | 0.09, 1204 ± 14 1.13, 1410 ± 18 0.74, 970 ± 9 1.50, 1912 ± 28 |
| Siemens    | ShMOLLI 5b(1b)1b(1b)1b [780C, 1] | 1.17, 1155 ± 27 1.62, 1361 ± 35 0.80, 922 ± 17 2.45, 1882 ± 41 |
| Siemens    | ShMOLLI 5b(1b)1b(1b)1b [780C, 1] | 0.78, 1109 ± 9 0.89, 1322 ± 12 0.64, 888 ± 6 1.51, 1892 ± 29 |
| Siemens    | ShMOLLI 5b(1b)1b(1b)1b [780B, 2] | 2.04, 1284 ± 30 1.15, 1534 ± 27 0.70, 1025 ± 13 1.27, 1949 ± 35 |
| Philips    | MOLLI 3b(3s)3b(3s)5b [4] | 1.64, 1147 ± 52 2.42, 1343 ± 80 1.05, 923 ± 29 3.90, 1785 ± 115 |
| Philips    | MOLLI 3b(3s)5b [1] | 0.01, 1055 ± 1 0.49, 1217 ± 6 0.05, 862 ± 1 0.78, 1710 ± 13 |
| Philips    | MOLLI 3s(3s)3s [1] | 5.41, 1175 ± 64 3.72, 1392 ± 52 7.13, 937 ± 67 3.56, 1833 ± 65 |
| Philips    | MOLLI 5b(3s)3b [3] | 4.18, 1098 ± 48 5.44, 1286 ± 73 4.37, 868 ± 42 6.33, 1784 ± 106 |
| Philips    | MOLLI 5s(3s)3s [6] | 2.40, 1131 ± 70 2.41, 1320 ± 108 2.60, 906 ± 34 2.71, 1727 ± 131 |
| Philips    | ShMOLLI 5b(1b)1b(1b)1b [780C, 2] | 2.98, 948 ± 97 4.53, 1082 ± 137 0.96, 794 ± 60 6.29, 1286 ± 282 |
| Philips    | ShMOLLI 5b(1b)1b(1b)1b [780C, 2] | 3.11, 1290 ± 46 3.40, 1826 ± 171 2.11, 1054 ± 38 6.41, 2157 ± 267 |
| Siemens    | SMART [1] | 2.85, 1150 ± 33 4.13, 1227 ± 51 2.04, 973 ± 20 6.03, 1410 ± 86 |

Less favorable CoVs (> 2%, see the “T1 repeatability” section) are in italics. Post-GBCA tubes are not shown here as their data are reported separately in relation to post-GBCA sequences in Supplementary Table 6.

sic = text is quoted exactly as it stands in the original, i.e., this is not a typo. Abbreviations as in Table 1

*aDenotes the number of different magnets submitting that particular sequence from which the average CoVs were derived.

*bDenotes the number of different magnets submitting that particular sequence from which the average CoVs were derived.

| Platform   | Sequence [prototype, #] | \(\bar{x}\) CoV of \(T1\) (%) across 4 tubes |
|------------|-------------------------|-------------------------------------------|
| Philips    | MOLLI 3b(3s)5b | 0.33 |
| Siemens    | ShMOLLI 5b(1b)1b(1b)1b [780C] | 0.69 |
| Siemens    | MOLLI 5b(3s)3b [448B] | 0.95 |
| Siemens    | SASHA | 1.29 |
| Philips    | SASHA | 3.76 |
| GE         | SMART | 3.76 sic |

Financial support for this study was provided by the National Institutes of Health (R01 HL116866, 5T32HL034855, 5T32HL030763, and 5T32HL030763) and the設立のための寄付."
The symbol \((1|ID)\) in the model formulas refers to the random effect of individual phantoms (by identity number). At 1.5 T models, A5 and A6 have equal AIC/BIC but given the lack of statistically significant \(\chi^2\) improvement from A5 to A6 (\(P = 1.0\); A5 is considered the most parsimonious model. 

**Table 3.** Linear mixed models for 1.5 T and 3 T multi-center temperature-adjusted \(T_1\) mapping data (normalized to 21 °C, considering the “Medium” native myocardium tubes “F” and “M” respectively. The best model is “A5” at 1.5 T and “A3” at 3 T.

| Model fitting formulas | AIC          | BIC          | Log likelihood \(\chi^2\) | \(P\) value | Best model |
|------------------------|--------------|--------------|--------------------------|--------------|------------|
| **1.5 T model**        |              |              |                          |              |            |
| A1: \(T_1 \sim \text{sequence} + (1|ID)\) | 5850.3       | 5920.8       | -2909.1                  | "ref"       | "ref"      | "ref"      |
| A2: \(T_1 \sim \text{sequence} + (1|ID/age)\) [worse fit with age] | 5852.3       | 5927.2       | -2909.1                  | 0.0          | 1.000      | -           |
| A3: \(T_1 \sim \text{sequence} \times \text{software} + (1|ID)\) | 5725.4       | 5883.9       | -2826.7                  | 164.9        | < 0.0001   | -           |
| A4: \(T_1 \sim \text{sequence} \times \text{software} + \text{vendor} + (1|ID)\) [vendor non-contributory to fit] | 5725.4       | 5883.9       | -2826.7                  | 1.000        | < 0.0001   | -           |
| A5: \(T_1 \sim \text{sequence} \times \text{software} + \text{model} + (1|ID)\) | 5723.4       | 5890.8       | -2823.7                  | 5.9          | 0.051      | A5          |
| A6: \(T_1 \sim \text{sequence} \times \text{software} + \text{vendor} \times \text{model} + (1|ID)\) [vendor non-contributory to fit] | 5723.4       | 5890.8       | -2823.7                  | 0.0          | 1.000      | -           |
| **Final model (A5) parameters** | **Variance** | **SD**       | **\(\chi^2\)** | **P value** |
| Random effects | ID | 2547.2 | 50.47 | "ref" |
| Fixed effects | Sequence (\(\beta\) range – 32.3 to 455.6°) | / | / | 1101.0 | < 0.0001 |
|                | Software (\(\beta\) range 385.1 to 522.3°) | / | / | 63.8 | < 0.0001 |
|                | Model (\(\beta\) range – 161.8 to 160°) | / | / | 11.2 | 0.011 |
| Sequence: Software (\(\beta\) range – 161.8 to – 6.9°) | / | / | 149.6 | < 0.0001 |
| **3 T model** |              |              |                          |              |            |
| A1: \(T_1 \sim \text{sequence} + (1|ID)\) | 4390.4       | 4447.0       | -2181.2                  | "ref"       | "ref"      | "ref"      |
| A2: \(T_1 \sim \text{sequence} + (1|ID/age)\) [worse fit with age] | 4392.4       | 4453.1       | -2181.2                  | 0.0          | 1.000      | -           |
| A3: \(T_1 \sim \text{sequence} \times \text{software} + (1|ID)\) | 4238.3       | 4339.4       | -2094.2                  | 174.1        | < 0.0001   | A3          |
| A4: \(T_1 \sim \text{sequence} \times \text{software} + \text{vendor} + (1|ID)\) [vendor non-contributory to fit] | 4238.3       | 4339.4       | -2094.2                  | 0.0          | 1.000      | -           |
| A5: \(T_1 \sim \text{sequence} \times \text{software} + \text{model} + (1|ID)\) | 4239.2       | 4348.4       | -2092.6                  | 3.1          | 0.212      | -           |
| A6: \(T_1 \sim \text{sequence} \times \text{software} + \text{vendor} \times \text{model} + (1|ID)\) [vendor non-contributory to fit] | 4239.2       | 4348.4       | -2092.6                  | 0.0          | 1.000      | -           |
| **Final model (A3) parameters** | **Variance** | **SD**       | **\(\chi^2\)** | **P-value** |
| Random effects | ID | 372.4 | 19.3 | "ref" |
| Fixed effects | Sequence (\(\beta\) range – 114.5 to 38.5°) | / | / | 732.8 | < 0.0001 |
|                | Software (\(\beta\) range – 203.0 to 32.7°) | / | / | 46.0 | < 0.0001 |
| Sequence: Software (\(\beta\) range – 48.8 to 267.3°) | / | / | 189.0 | < 0.0001 |

The symbol (\(1|ID\)) in the model formulas refers to the random effect of individual phantoms (by identity number). At 1.5 T models, A5 and A6 have equal AIC/BIC but given the lack of statistically significant \(\chi^2\) improvement from A5 to A6 (\(P = 1.0\); A5 is considered the most parsimonious model. 

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performed in use at multiple centers. The phantom appears sufficiently robust for \(T_1\) mapping quality assurance purposes. Based on our data, estimated phantom \(T_1\) values may show substantial variation between different \(T_1\) mapping sequences, scanner software versions, and potentially also scanner models, and temperature correction, at least for native \(T_1\) tubes, is necessary to achieve the desired repeatability. Inspection of the Supplementary Table also suggests that there are occasional performance variations producing outliers even within a given \(T_1\) mapping sequence prototype/software combination across different magnets. In spite of this variation, however, several specific combinations of field strength, sequence, and scanner generally exhibit excellent repeatability. Given the choices, the CMR community may prefer to standardize and use combinations with high repeatability for future clinical and research use, e.g., CoV < 1% at 1.5 T and < 2% at 3 T, while seeking to optimize less repeatable combinations. Less data were available for GE in T1MES, so the observed variability requires verification in a larger more representative sample.

Agreement with “reference” slow scanning, \(rT_1\) times was slightly greater for SASHA compared to MOLLI or ShMOLLI, which both slightly underestimated \(T_1\), mainly from the known \(T_2\)-related underestimation which is larger when measuring the myocardium [13–15], (Fig. 4, Supplementary Tables S1 and S2) and not due to magnetization transfer, which is negligible in these agar phantoms [22].

The phantom data presented here suggest that the “\(T_1\)” standard framework remains possible, but the wide
variety of different sequence options, vendors, and field strengths distributed the data over too many categories for reliable modeling, unlike the “locked-down” approach mentioned below which does have that strong advantage. Further work will explore the transferability of clinical measurement based on in vitro phantom calibration.

T1MES is but one of a number of phantom objects that have been used or proposed to support T1 mapping quality assurance (elaborated in Table 4). Some alternatives that target native and post-GBCA myocardial and blood relaxation times in support of T1 mapping work are (1) Brompton phantom by Vassiliou et al. [23], (2) Hypertrrophic Cardiomyopathy Registry [24] phantom (HCMR) by Piechnik et al., and (3) International Society for Magnetic Resonance in Medicine (ISMRM)/NIST MR imaging phantom [25].

At 1 year, CoV for T1 tubes of the Vassiliou [26] phantom on a single Siemens scanner ranged from 1.0 to 3.6% using only the native MOLLI 5s(3s)3s sequence, compared to 0.27 to 3.0% in T1MES (for 1.5 T MOLLI 5s(3s)3s [448B] on Siemens to SMART on GE respectively). This within sequence precision heterogeneity, as already alluded to by Kellman et al. [27], linked to protocol modifications within MOLLI, may partly explain some of the higher CoV for specific MOLLI sequences compared to ShMOLLI where centers obligatorily scanned using a fixed 5b(1b)1b(1b)1b sequence with conditional fitting. As mentioned above for the dispersion of T1MES results, this “real-world” heterogeneity of T1 mapping sequences highlights that while T1 mapping research and innovation calls for multiple flexible prototypes, the resultant diversity poses a nontrivial challenge to multi-center standardization. Conversely, the more “locked-down” approach like that adopted for ShMOLLI, albeit less editable by external researchers, potentially facilitates standardization.

The design of phantoms for this purpose (although often seen as trivial) is challenging: to have a large sufficient ROI in each sample tube and a good number of sample tubes in the main jar of the phantom, the overall size of the phantom increases to the point that B1 non-uniformity at 3 T due to the dielectric permittivity of any water-based phantom becomes problematic. While of course B1 is non-uniform in vivo, one purpose of phantom tests is to eliminate uncertainty or at least enable

### Table 4 Comparison of recently reported phantoms for cardiac T1 mapping quality assurance

| Dedicated T1 device | Combined T1/T2 device |
|---------------------|-----------------------|
| **Phantom** | HCMR (cardiac specific) | Brompton (cardiac specific) | TIMES (cardiac specific) | ISMRM/NIST system phantom (not cardiac specific) |
| **Field strength specificity** | | | | |
| **Tube ingredients** | NiCl2-doped agar + carrageenan | NiCl2-doped agar | NiCl2-doped agar | NiCl2-doped water, MnCl2-doped agar |
| **Structure** | 9 T1/T2 tubes in an amber PVC sealed jar that is ~ 25% smaller in total volume compared to TIMES | Air-filled box containing 4 duplicate T1/T2 glued glass tubes (total 8) requires cylindrical MRI test bottles on either side for B1 field/reference frequency calibration | 9 plastic T1/T2 tubes in an amber PVC sealed jar with inter-tube gaps packed with a carefully specified agarose/ HDPE plastic macrobead/ NiCl2-doped fill that flattened the B1 field and provided sufficient B1 homogeneity to obviate the need for side phantoms | A layer of 14 T1 spheres and a separate layer of 14 T2 spheres so no unified T1/T2 compartment representing the relaxation parameters of the human heart |
| **Cardiac T1/T2 coverage** | Health and disease, 9 biologies but limited T2 coverage (57 and 75 ms). | Health only, 4 biologies: (1) native myocardium, (2) native blood, (3) post-GBCA myocardium, and (4) post-GBCA blood. | Health and disease, 9 biologies and broad T2 coverage (1.5T, 44, 48, 50, 155, 189, and 243 ms). Also see Supplementary Table 3. | Health and disease, but of the 14 T1 spheres (ranging from 21 to 2038 ms), half are not useful to cardiac T1 mapping as T1 times are too short for either native or post-GBCA myocardium/blood. Half the T2 spheres (ranging from 11 to 581 ms) are also anti-physiological for cardiac mapping. Also, the T1/T2 ratio is not representative of cardiac tissue. |
| **MT coverage** | – | – | – | – |
| **Regulatory clearance** | – | – | FDA, CE-mark | – |
| **Developers** | Piechnik et al. | Vassiliou et al. | Captur et al. | NIST/ISMRM |

*CE Conformité-European, FDA Food and Drug Administration, HDPE high-density polyethylene, MT magnetization transfer, PVC poly vinyl chloride*
controlled testing of factors such as $B_1$ rather than introduce their own errors. Conversely, if the phantom is made very small, then the truly acquired pixel size of in vivo $T_1$ mapping methods (which obviously must not be modified or adapted [28] for the phantom scans) becomes important compared to the sample tube inner diameters leading to questions over SNR [29] and the impact of Gibbs artifact, for example.

Another obstacle for relaxation time phantoms (on top of basic water $T_1$ and $T_2$ temperature and pressure variations, gel instabilities [30, 31], small leakages, dehydration, or ion migration effects over time) is the differing temperature dependence of each species of paramagnetic ion’s relaxivity ($r_1$, $r_2$) and furthermore frequency dispersion in all of these physical properties between 60 MHz and 120 MHz [32–36]. Efforts to use alternative chemistry have so far not provided the range of $T_1$ and $T_2$ needed for this application.

The results confirmed, as is widely known in the field, that the $T_1$ measured by even nominally identical mapping sequences can differ significantly between software revisions. Scanner software upgrades are not uncommon in centers, and we encountered three such events among contributing partners. There was a measurable shift on at least one system, with potentially important implications for the field as alluded to in the 2017 consensus statement on multi-parametric mapping by the Society for Cardiovascular Magnetic Resonance (SCMR) [37]. Future work using phantoms at scale, across vendors and over time, would ideally continue monitoring center-specific data before and after potential shift events to more fully understand their impact on $T_1$ allowing the community to set up mitigation approaches.

Clearly, sources of $T_1$ variance and drift over time and between centers are numerous. Some $T_1$ variance is related to differences between sequences and magnet platforms: to the scanner itself (equipment drift or equipment shifts from updates of software, replacement of parts, routine service recalibrations, etc.), to the environment (temperature, pressure, humidity), and to the operator (phantom positioning inside scanner bore). In a phantom study, some $T_1$ variance may additionally have been due to intra-phantom differences (liquid/agar status over time collectively contributing to phantom aging) and inter-phantom manufacturing variations. In TIMES, we mitigated potential inter-phantom manufacturing variations by exercising extreme caution in design and prototyping and by the strict batch manufacturing processes to medical device grade standards. Drifts in the system setup (long-term stability) would tend to be “adjusted” out by the shim and center frequency (CF) and transmitter $B_1$ reference (TxREF) adjustments that could otherwise bias estimated $T_1$. Any receiver coil or gain changes would most likely cancel out of $T_1$ maps as constant across the series of input images to $T_1$ derivation (appearing in A and B maps instead). It is considered unlikely that gradient performance would drift significantly, and any significant sudden changes in that are also unlikely even when the eddy-current compensation is adjusted on routine service visits. However, we have shown how unforeseen software changes could potentially cause “step-wise” changes in the estimated $T_1$ records. To directly model the interplay between all these potential sources of $T_1$ variation in longitudinal phantom studies would be a daunting task, and we considered only a subset of these sources in our analyses.

Though $B_0$ and $B_1$ homogeneity tests in TIMES (Fig. 5) were stable, we did measure slightly greater field inhomogeneity at the phantom edge and corners compared to the core (phantom corners and edges are the zones which our TIMES data flagged up as areas of least $B_0/B_1$ homogeneity). The tubes with the highest $T_1$ times are the tubes most susceptible to such field inhomogeneities, and this suggests that a future iteration of TIMES could be further optimized by rearrangement to position such tubes in the most uniform regions.

The results of this study are relevant to clinicians or researchers choosing sequences for $T_1$ mapping, and we highlight 3 take home messages as follows:

i. Sequence/software combinations in Tables 1 and 2, with a CoV $\leq 1\%$ and 2\% respectively, are sufficiently repeatable for clinical/research use (see rationale in the “Methods part 3—Statistical analysis” and “$T_1$ repeatability” sections). For the native myocardium TIMES tube at 1.5 T (reference $T_1 \approx 1037$ ms by MOLLI), a $1\%$ CoV is well within $\pm$1SD of normal values for $T_1$, meaning that small-magnitude biological changes (e.g., diffuse myocardial fibrosis), will be resolvable with high precision [37]. By contrast, CoVs of 3 or 6\% at 1.5 T (variance of 31 and 62 ms respectively) will undermine a center’s ability to resolve small-magnitude changes, and they may also impact the resolution of large-magnitude biological changes [37] (like amyloid, iron overload, Fabry disease, acute myocardial injury). Our data indicate that many of the investigated sequences for Siemens and Philips at 1.5 T exhibited CoVs $\leq 1\%$. At 3 T, MOLLI (Siemens and Philips), ShMOLLI (Siemens), and SASHA (Siemens) exhibited CoVs $\leq 2\%$. The absence of GE from this list is due to limited participation.

ii. For developers, the highlighting of sequence performance may encourage work to refine sequences in some cases.

iii. The prospect of using phantom calibration to remove the need for local reference ranges [37] is
potentially becoming more tangible than before, yet more work is needed to deliver such calibration.

These data may facilitate the use of $T_1$ mapping as a useful clinical biomarker. $T_1$ standardization will also be important to facilitate clinical research. At the present time, there are 25 registered clinical research studies using $T_1$ mapping (clinicaltrials.gov accessed January 2019).

Limitations
Presented results are not intended to compare the SNR obtained in the phantom setup in different machines but are aimed at studying long-term stability. In spite of our outreach to advertise enrollment at study start, GE centers are aimed at studying long-term stability. In spite of our obtained in the phantom setup in different machines but presented results are not intended to compare the SNR of a phantom setup (if without phantom-related distortions, as we have shown in the "$B_0$ and $B_1$ uniformity" section) is clearly not directly an indicator of satisfactory in vivo performance. It contains many sequence-related factors that may have different consequences in vivo [29], and such SNR comparisons are not the aim of this work. Ideally, participating sites would have proved this by sending multiple $T_1$ maps per session. However, contributions were already voluntary, and further demands on sites could not be supported. For the same reason, it was not feasible to demand long reference $T_1/T_2$ data for each participating site, and this was never part of the original enrollment commitment. As some indication of the typical short-term thermal noise random jitter, the raw (temperature-unadjusted) $T_1$ values from some sites that did anyway submit several repeated $T_1$ maps each session are plotted in Supplementary Fig. S3.

Conclusion
The T1MES phantom developed to CE/FDA manufacturing standards for $T_1$ mapping is a robust quality assurance device. $T_1$ mapping can now be quality assured on a multi-center scale, fulfilling a key requirement for the use of $T_1$ mapping in clinical decision-making or as a surrogate endpoint in drug trials. A good number of $T_1$ measurement sequence/scanner model/vendor/field strength combinations are remarkably repeatable, but some combinations less so, with coefficients of variation exceeding 1–2% over 1 to 2 years. Given the alternatives, we recommend that combinations with poor repeatability are deprioritized for clinical and research use. In spite of the use of a large number of different sequence prototypes and products in this study, a number of agreements and encouraging results are reported. Phantom calibration of $T_1$ mapping which obviates the need for local reference ranges, enabling the establishment of a "$T_1$ standard" to facilitate multi-center $T_1$ studies, comes closer, with further work required to address this.

Supplementary information
Supplementary information accompanies this paper at https://doi.org/10.1186/s12968-020-00613-3.

Additional file 1: Supplementary Movie 1. High-resolution imaging of phantom 308017 at baseline (October 2015, Left panel) and at two years post manufacturing (Right panel). (MP4 69,750 kb)

Additional file 2: Supplementary file containing list of Supplementary Tables and Figures referenced in the main text.
Abbreviations
3D: Three-dimensional; AIC: Akaike information criteria; BIC: Bayesian information criteria; CE: Conformité Européenne; CF: Center frequency; CMR: Cardiovascular magnetic resonance; CoV: Coefficient of variation; DICOM: Digital Imaging and Communications in Medicine; ECV: Extracellular volume; FA: Flip angle; FDA: Food and Drug Administration; GBCA: Gadolinium-based contrast agent; GE: General Electric Healthcare; HCMR: Hypertrophic Cardiomyopathy Registry; INR: International normalized ratio; IRSE: Inversion recovery spin-echo; ISMRM: International Society for Magnetic Resonance in Medicine; MOLLI: Modified Look-Locker inversion recovery; NIST: National Institute of Standards and Technology; PTB: Physikalisch-Technische Bundesanstalt; QIA: Quantitative Imaging Biomarkers Alliance; REDCap: Research electronic data capture; ROI: Region of interest; RSNA: Radiological Society of North America; rT1; “Reference” rT1; rT2; “Reference” rT2; SASHA: Saturation recovery single-shot acquisition; SCMR: Society for Cardiovascular Magnetic Resonance; SD: Standard deviation; ShMOLLI: Shortened MOLLI; SMART: Saturation method using adaptive recovery times for cardiac T1 mapping; SNR: Signal-to-noise ratio; T1, T2; T1MES: T1 mapping and extracellular volume standardization; TE: Echo time; TR: Repetition time; TxREF: Transmitter reference

Acknowledgements
We thank all other members and contributors of the T1MES consortium listed in the Supplementary Material, and we also thank staff at Siemens Healthineers, Philips Healthcare, and General Electric Healthcare for their expert review of the final manuscript. Dr. Matthias Friedrich served as a JCMR Guest Editor for this manuscript.

Authors’ contributions
JCM together with PG and GC conceived the project. PG provided continuous expert physics support for the project, oversaw the experimental testing of phantoms from prototype out to 2 years, scanned the phantom, expertly reviewed the manuscript and analysis, and assisted with all aspects of the project. GC and PG designed the prototypes and final phantom. GC curated the phantom data, managed the consortium, developed the analytical pipeline (with help from PK and RB), organized and analyzed the data, scanned the phantom including experimental tests, performed the statistical analysis, wrote the manuscript, and built the figures. JCM expertly reviewed the manuscript and assisted with all aspects of the project. AB, YY, RIE, GB, CT, LR, and NF analyzed the data. RB, BI, and KK performed the PTB and NIST experiments respectively. RB and PK provided analytical support and scanned the phantom. DWH, AG, DAB, RZ, TD, and U provided expert appraisal of the manuscript and analytical approaches. JGP, LEMP, CBL, CHL, RS, SWL, CB, SV, AF, CDL, FDC, MV, PC, DD, AJT, FPM, SP, DIAM, SMW, ML, JJ, and RN scanned the phantom. MS and NC provided expert advice. All authors reviewed the manuscript. The authors read and approved the final manuscript.

Funding
This program was funded by the following grants to GC: European Association of Cardiovascular Imaging (EACVI) of the European Society of Cardiology (ESC), the UK National Institute of Health Research (NIHR) Biomedical Research Center (BRC) at University College London (UCL, FRBC/199/IM/101320), and the Barts Charity (#1107/2356/MRC0140). GC is supported by the National Institute for Health Research Rare Diseases Translational Research Collaboration (NIHR RDT) and by the NIHR UCL Hospitals Biomedical Research Center. JCM is directly and indirectly supported by the UCL Hospitals NIHR BRC and Biomedical Research Unit at Barts Hospital respectively. This work was supported by the NIHR infrastructure at Leeds.

CBD is supported directly and indirectly by the NIHR Biomedical Research Centre at University Hospitals Bristol NHS Foundation Trust and the University of Bristol. The views expressed in this publication are those of the author(s) and not necessarily those of the NHS, the National Institute for Health Research, or the Department of Health and Social Care.

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Availability of data and materials
Datasets collected for the current study are available from the corresponding author upon reasonable request.

Ethics approval and consent to participate
Not applicable

Consent for publication
Not applicable

Competing interests
An industrial group (Resonance Health) had been funded to mass-produce the described T1MES phantoms to CE mark/FDA standards to permit international distribution in the T1MES academic program. WP is an employee of Resonance Health. AG is an employee of Siemens Healthineers. PH is an employee of Philips Healthcare. No financial or non-financial competing interests exist for any of the other authors.

Author details
1UCL Institute of Cardiovascular Science, University College London, Gower Street, London WC1E 6BT, UK. 2UCL MRC Unit for Lifelong Health and Ageing, University College London, 1-19 Torrington Place, London WC1 7BH, UK. 3Cardiology Department, The Royal Free Hospital, Centre for Inherited Heart Muscle Conditions, Pond Street, Hampstead, London NW3 2QG, UK. 4UCL Medical School, University College London, Bloomsbury Campus, Gower Street, London WC1E 6BT, UK. 5Physikalisch-Technische Bundesanstalt (PTB), Abbeestr. 2–12, D-10587 Berlin, Germany. 6National Institute of Standards and Technology (NIST), Boulder, MS 80305, 325 Broadway, Boulder, CO, USA. 7Department of Cardioiology, Sir Run Run Shaw Hospital, Zhejiang University, Hangzhou 310016, Zhejiang, People’s Republic of China. 8Department of Physics, Imperial College London, Prince Consort Rd, London SW7 2BB, UK. 2QG, UK. 4UCL Medical School, University College London, Bloomsbury Campus, Gower Street, London WC1E 6BT, UK. 9Department of Radiology, Guys and St Thomas NHS Foundation Trust, London, UK. 10University of Milan-Bicocca, Piazza dell’Ateneo Nuovo 1, 20100 Milan, Italy. 11Cardiovascular Biomedical Research Unit, Queen Mary University of London, London E1 4NS, UK. 12Multidisciplinary Cardiovascular Research Center & Division of Biomedical Imaging, Leeds Institute of Cardiovascular and Metabolic Medicine, University of Leeds, Leeds, UK. 13Department of Radiology & Nuclear Medicine, Maastricht University Medical Centre, PO Box 5800, 6202 AZ Maastricht, The Netherlands. 14Bristol Heart Institute, National Institute of Health Research (NIHR) Biomedical Research Centre, University Hospitals Bristol NHS Foundation Trust and University of Bristol, Upper Maudlin St, Bristol BS2 8HW, UK. 15Department of Radiology, Leiden University Medical Centre, Albinusdreef 2, 2333 ZA Leiden, The Netherlands. 16University Hospitals Birmingham NHS Foundation Trust, Edgbaston, Birmingham B15 2TH, UK. 17UK Albert B. Chandler Hospital - Pavilion G, Gill Heart & Vascular Institute, Lexington, KY 40536, USA. 18Institute of Cardiovascular and Medical Sciences, RC309 Level C3, BHF Gcrc, Glasgow, Scotland G12 8TA, UK. 19Department of Multidisciplinary Clinical Studies, Lomonosov Moscow State University, Moscow, Russia. 20University Hospital Southampton Foundation Trust, Tremona Road, Southampton, Hampshire SO16 6YD, UK. 21Department of Radiology and Nuclear Medicine, Oslo University Hospital, Sognsvannsveien 20, 0372 Oslo, Norway. 22San Raffaele Hospital, Via Olgettina 60, 20123 Milan, Italy. 23INSA, CNRS UMR 5520, INSERM U1206, University of Lyon, UJLM-Saint-Etienne, CREATIS, F-42023 Saint-Etienne, France. 24Department of Radiology, University Hospital Saint-Etienne, Saint-Etienne, France. 25Philips, Philips Centre, Unit 3, Guildford Business Park, Guildford, Surrey GU2 8XG, UK. 26Siemens Healthcare GmbH, Erlangen, Germany. 27Resonance Health, 278 Stirling Highway, Claremont, WA 6010, Australia. 28The Prince Charles Hospital, Griffith University and University of Queensland, Brisbane, Australia. 29Department of Radiology, University of Stellenbosch, Stellenbosch, South Africa. 30Phillips, Philips Centre, Unit 3, Guildford Business Park, Guildford, Surrey GU2 8XG, UK. 31Department of Radiology, University of Queensland, Brisbane, Australia. 32Department of Medical and Dentistry, University of Aberdeen, Polwarth Building, Foresterhill, Aberdeen AB25 2ZD, Scotland, UK.
Cardiovascular Medicine, Alfred Hospital, Melbourne, Australia. 21Baker Heart and Diabetes Institute, Melbourne, Australia. 22Department of Medicine, Monash University, Melbourne, Australia. 23Department of Medicine, Montreal Heart Institute and Université de Montréal, 5000 Bélanger Street, Montreal, QC H1T 1C8, Canada. 24Department of Internal Medicine – Cardiology, Deutsches Herzzentrum Berlin, Berlin, Germany. 25Department of Internal Medicine and Cardiology, Charité - Universitätsmedizin Berlin, Campus Virchow Klinikum, Berlin, Germany. 26King Abdulaziz Cardiac Center (KACC) (Riyadh), National Guard Health Affairs, Riyadh, Kingdom of Saudi Arabia. 27The University of Sydney School of Medicine, Camperdown, NSW 2006, Australia. 28H.C.C.S., Policlinico San Donato, Piazza Edmondo Malan, 2, 09979 San Donato Milanese, MI, Italy. 29Department of Medicine (Cardiovascular Division), Beth Israel Deaconess Medical Center, Harvard Medical School, Cardiology East Campus, Room E/SH455, 330 Brookline Ave, Boston, MA 02215, USA. 30University of Virginia Health System, 1215 Lee St, PO Box 800158, Charlottesville, VA 22908, USA. 31National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda, MD 20892-1061, USA. 32Department of Radiology, University of Wisconsin School of Medicine and Public Health, Madison, WI 53792-3252, USA. 33CMRI Department, Royal Brompton Hospital, Sydney Street, London SW3 6NP, UK. 34Barts Heart Center, St Bartholomew’s Hospital, West Smithfield, London EC1A 7BE, UK.

Received: 6 April 2019 Accepted: 2 March 2020
Published online: 07 May 2020

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