Cerebral Cysticercosis Mimicking Subarachnoid Hemorrhage: A Case Report

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Case report

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Abstract

Background

Dense exudate during the calcification of cerebral cysticercosis in basal subarachnoid space was easy to be misdiagnosed as SAH, clinical evaluation and MRI can help differentiate SAH from pseudo-SAH.

Case presentation

A case of ventricular expansion accompanied by high-density shadows in cisterna circinata cerebri was taken to the hospital for treatment due to sudden faint. This patient was diagnosed as subarachnoid hemorrhage according to computed tomography (CT) in another hospital. We believe that the high density in cisterna circinata cerebri was misdiagnosed as subarachnoid hemorrhage (SAH) one year ago. The main etiology of SAH is aneurysm, non-aneurysmal SAH associated with cerebral cysticercosis is extremely rare. Only 5 patients have been reported.

Conclusion

This case indicated that although the specificity of CT for SAH is very high, the physicians should be aware of rare false positive findings, called pseudo-SAH.

Background

Cerebral cysticercosis is the most common parasitic diseases caused by the larval stage of Taenia solium, involving central nervous system (CNS)[1]. This tapeworm is endemic in most developing countries where pigs are raised, and continues to be one of the most important causes of seizures in the world [2]. Although Taenia solium infection is not endemic in the USA, many neurocysticercosis cases are found in the immigrants from endemic areas of Asia, Africa, Eastern Europe, Mexico, and South America[3]. With increases in immigration from endemic regions, numbers of patients with neurocysticercosis are increasing in the USA. Both adult worm and larvae can infect human, and the larvae gain easily access to brain, eye, subcutaneous tissue through the small bowel wall to the lymphatics or circulatory system[4, 5]. It has been found that more than 60% patients with cerebral cysticercosis can show clinical symptoms after 7 years infection. According to different location of the cysts, cerebral cysticercosis has four main forms: meningeal, parenchymal, ventricular and mixed lesions. The form of meningeal can be further divided into two subgroups namely dorsolateral subarachnoid space and basal subarachnoid space. Cerebral cysticercosis presents protean manifestations including seizures, signs of elevated intracranial pressure (ICP) depending on the number of parasites, different locations, and the degree of host immunologic response to infestation[6].

In this study, we present the case of a man with subarachnoid form of cerebral cysticercosis and his dense exudate of cerebral cysticercosis in basal subarachnoid space was misdiagnosed as subarachnoid hemorrhage. Then we review the pertinent literature on the subject to better this uncommon entity.

Case Presentation

A 49-year-old male with a sudden-onset loss of consciousness, presented to our emergency department (ED), with one-year history of headache, nausea, vomiting, weakness in the limbs, thirst with desire of drink, hoarseness and dysphagia.

The patient had similar symptoms one year ago, including nausea and vomiting. Head CT were performed in a local hospital (Fig.S1A). Cisterna circinata cerebri with high density image was revealed and Pandy test in cerebrospinal fluid (CSF) was positive. Then he was diagnosed as subarachnoid hemorrhage and received relevant symptomatic treatment. But further examination showed that there were no red blood cells in his cerebrospinal fluid, and CTA (Fig.S1B) indicated his intracranial arterial system was normal. Because of indifference and there was no obvious improvement, the patient discharged three days later.
After the patient was referred to our hospital, he had a Glasgow Coma Scale score of 15 with retrograde amnesia, there was no fever, pupils were isochoric and normally reactive to light. No obvious abnormality was observed in respiratory, cardiovascular, and gastrointestinal systems. Limb muscle strength was level 4, muscle tension was normal, limbs sophisticated activities were weaken. Physiological reflex was normal and pathological reflex including meningeal signs was negative. CT scan images showed bilateral lateral ventricle and third ventricle dilatation (Fig. 1A), and high-density shadows in cisterna cincinata cerebri were also seen (Fig. 1B). Multiple cystic lesions were seen in the third ventricle, the left basal ganglia region, the left hippocampal region (Fig. 1C). MRI results showed that T1 presented low signal and T2 presented high signal (Fig. 1D), with no significant enhancement after contrast enhanced scanning (Fig. 1E). Furthermore, MRA indicated no aneurysms found in intracranial arterial system (Fig. 1F). According to these findings, we thought that the diagnosis was cerebral cysticercosis. Therefore, we performed antibody detection of cysticercosis and found IgG was positive.

At admission, this patient treated with albendazole (15 mg/kg/day), meanwhile, short course of dexamethasone (20 mg/day) along with fatty meals promotes drug absorption[7]. In first three days, the patient had a worse headache and dizziness, according to known side effects of albendazole, we reviewed the patient's head CT, and monitored blood counts and liver enzymes but there is nothing unusual.

After regular treatment, we performed the CT again a month later. CT scan images indicated that the left basal ganglia cystic lesion was significantly smaller and hydrocephalus was slightly smaller than before, there were calcifications in the cystic lesions indicating that the treatment was effective (Fig. S2). Because of financial reasons, at day-30 post-treatment in the hospital, the patient required to be conservative treated at home.

One month later after discharge, the patient became sluggish, no dizziness, headache, nausea and vomiting. The patient was referred to hospital again, CT scan images showed obvious dilation of bilateral ventricle and third ventricle (Fig. S3B), high density shadow was seen in left cerebral cistern and thalamus area (Fig. S3A). After a consult, ventriculoperitoneal shunt was applied for hydrocephalus. Postoperatively, cefodizime sodium (1 g) was administrated intravenously twice a day for 3 days from postoperative day-1 followed by mannitol (50 g) intravenously once a day for 3 days. On the third day after the operation, the signs of hydrocephalus were better than before, and the clinical symptoms were less. No obvious discomfort was observed after drug withdrawal. The patient was discharged on postoperative day 7, the patient came to the hospital for re-examination two week after hospital discharge, CT showed that supratentorial hydrocephalus was significantly better than before (Fig. S3C, S3D), meanwhile, the patient showed no symptoms of sluggish with a normal gait.

**Discussion And Conclusions**

Cysticercosis is common in developing countries. Reports from China demonstrate prevalence rates of 0.06%, which may climb to 9.83% in some provinces. It was estimated that around 0.37 million people with cysticercosis live in China[8]. Meanwhile, the relationship between cerebral cysticercosis and stroke is well established previously. The incidence of stroke in neurocysticercosis varies from 2.0 to 11.8% [4, 9]. It has been mostly reported that cerebral cysticercosis is associated with ischemic, hemorrhagic strokes mainly referring to SAH were relatively rare. SAH have been noted in subarachnoid cerebral cysticercosis and have been associated with cerebral aneurysms in some cases. The main etiology of SAH is aneurysm, non-aneurysmal SAH associated with cerebral cysticercosis is extremely rare. Only 5 patients have been reported in Table 1.
Table 1
Non-aneurysmal SAH caused by cerebral cysticercosis

| Report                  | Sex/ age | Clinical symptoms                                      | Imaging finding | CSF Analysis | Medication       | Outcome          |
|-------------------------|----------|--------------------------------------------------------|-----------------|--------------|------------------|-----------------|
| 1. Sawhney et al. 1998  | M/10y    | headache, nausea, vomiting, and partial seizures      | left parietal SAH multiple cysts | NA           | Albendazole steroids | No improvement |
| 2. Tellez-Zenteno et al. 2003 | F/32y | headache, dysarthria, hemiparesis, psychomotor agitation | SAH             | WBC: 3/ml Glucose: 55mg/dL Proteins: 33mg/dL | Albendazole steroids | Improvement     |
| 3. Tellez-Zenteno et al. 2003 | M/34y | headache, nausea, vomiting, diplopia, gait disorder, psychomotor agitation, CNS impairment | SAH             | WBC: 107/ml (97% L) Glucose: 19 mg/dL Proteins: 695 mg/dL | Albendazole steroids | Improvement     |
| 4. Viola et al. 2011    | F/39y    | severe headache                                        | SAH around the left Sylvian fissure | RBC: 18/ml (78% L, 5% E) WBC: 20/ml Glucose: 88mg/dL protein: 28 mg/dL | Dexamethasone albendazole | Fully recovered |
| 5. Cardenas et al.      | F/38y    | headache, vomiting, blurred vision, Meningeal signs and papilledema | SAH hydrocephalus cysts | WBC: 147/ml (86% L) Glucose: 1 mg/dL Proteins: 222 mg/dL | Prednisone albendazole | Improvement     |
| 6. This study           | M/49y    | headache, nausea, vomiting, weakness in the limb, hoarseness, dysphagia | Hydrocephalus cysts | WBC: 592/ml (67% L) RBC: 0/ml Glucose: 30 mg/dL Proteins: 178 mg/dL | Dexamethasone Albendazole | Improvement     |

NA: information not available; CSF: cerebrospinal fluid; L: lymphocytes; E: Eosinophils.

Among the 5 included case, the ages ranged from 10 to 39 (30.6 ± 11.8). Three patients (60%) were female, two patients (40%) were male, headache predominated in 5 (100%) and blurred vision in 2 (40%) patients. Other symptoms mainly were movement disorder, nausea and vomiting. A review showed over 50% of patients with subarachnoid cerebral cysticercosis have imaging evidence of vasculitis[10]. But in our patient, no one finding in neuro-imaging studies was the presence of inflammatory aneurysm. Observation to be seen clearly is that patients with non-aneurysmal SAH associated with cerebral cysticercosis mainly predominates in younger adults having fewer classic cardiovascular risk factors compared to patients with stroke non-associated with cerebral cysticercosis. In clinical practice, aneurysms are considered first in young patients with subarachnoid hemorrhage. That’s indisputable. Because of aneurysmal SAH (aSAH) is a subtype of nontraumatic cerebrovascular disease, which account for 3–5% of strokes and approximately 85% of the subarachnoid hemorrhage[11].
As described previously, in the early stage of cerebral cysticercosis, a large number of larvae enter the systemic circulation of host, causing widespread infection of brain tissue along with high fever, headache, intracranial pressure increased. Nevertheless, at this time the brain CT lack of typical imaging changes. As we all know, two types of cysts are inclined to develop in the brain tissue: cysticercus cellulosae and cysticercus racemosus.

Cysticercus racemosus, varying in size from 4-12cm, tend to grow in the basal subarachnoid spaces and induce inflammatory comprising chronic meningitis. The pathogenesis of inflammatory in neurocysticercosis is not clear. Cysts will shrink in 2–5 years and form calcium deposits which could block third ventricle, the fourth ventricle, and midbrain aqueduct causing hydrocephalus. Cysts in basal subarachnoid space produce dense exudate and eventually form calcification. The density of dense exudate in the intermediate stage is lower than that of calcification, but higher than that of normal brain tissue and cerebrospinal fluid. The authors think that it is likely to be close to the density of acute hemorrhage. Because these exudates are in subarachnoid space, they are likely to be misdiagnosed as subarachnoid hemorrhage.

Strict inclusion criteria were used in the literature review, those did not report sufficient information to categorize them as aneurysmal or non-aneurysmal would be excluded. The literatures indicated that the non-aneurysmal SAH in these five cases was caused by cerebral cysticercosis[12–15]. Magnetic resonance imaging (MRI) or cerebral angiograms did not show any evidence of aneurysms or vascular malformations. So, we classify them as non-aneurysmal. All cases of SAH were confirmed by CT, the misdiagnosis experience of our case gave us a reflection on whether there were misdiagnoses of SAH in the above five cases. Then, we turned our attention to CSF analysis, CSF examination is a reliable auxiliary method for the diagnosis of SAH, especially for suspected SAH, but only a case showed the number of red blood cells in the CSF increased[14], information of other cases about red blood cells was not available, Therefore, we believe that the four cases of SAH were suspicious[12, 13, 15] and more evidence is needed to further confirm.

There may be several reasons for the misdiagnosis: Firstly, the patient is young without cardiovascular risk factors, accompanied by headache, nausea and vomiting. Combined with the imaging findings of the patient, it is easy to be confused with aneurysmal SAH. Second, when the larva gain easily access to brain, The density of dense exudate in the intermediate stage is lower than that of calcification, but higher than that of normal brain tissue and cerebrospinal fluid, there might be meningitis in initial stage, for example, pandy test in CSF was positive, confirmatory evidence for Cerebral cysticercosis is difficult to find. Finally, comprehensive analysis ability of physician is low, and the medical history is not careful enough to obtain, this patient had a history of cysticercosis 30 years ago, there is no relevant description of medical history in the patient's medical record.

Our patient was misdiagnosed as SAH without exact etiology one year ago. Due to the small lesions, no special treatment was given at that time. However, the patient still had calcification lesions on brain CT until he was hospitalized again one year later, indicating a high misdiagnosis possibility of SAH a year ago. Furthermore, patients with cysticercosis must be systematically treated to avoid recurrence.

**Abbreviations**

SAH  
Subarachnoid hemorrhage  
CT  
Computed tomography  
MRI  
Magnetic resonance imaging  
CNS  
central nervous system  
ICP  
intracranial pressure  
ED  
emergency department  
CSF
cerebrospinal fluid

**Declarations**

**Ethics approval and consent to participate**

Not applicable

**Consent for publication**

Written informed consent for publication of their clinical details and clinical images was obtained from the patient.

**Availability of data and materials**

Data sharing is not applicable to this article as no datasets were generated or analysed during the current study.

**Conflicts of interest**

Tao Liu, Tingzhong Wang, Jinghua Du, Yongchang Guan have no potential conflicts of interest that might be relevant to the contents of this manuscript.

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**Author contributions**

Tao Liu and Yongchang Guan designed the study. Tao Liu, Jinghua Du collected the reference. Tao Liu, Tingzhong Wang, Yongchang Guan contributed to the writing of the manuscript.

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Figures
CT scan images showed bilateral lateral ventricle and third ventricle dilatation (Fig. 1A), and high-density shadows in cisterna cinginata cerebri were also seen (Fig. 1B). Multiple cystic lesions were seen in the third ventricle, the left basal ganglia region, the left hippocampal region (Fig. 1C). MRI results showed that T1 presented low signal and T2 presented high signal (Fig. 1D), with no significant enhancement after contrast enhanced scanning (Fig. 1E). Furthermore, MRA indicated no aneurysms found in intracranial arterial system (Fig. 1F).

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