NALP3-Inflammasome-Related Gene Polymorphisms in Patients with Prehypertension and Coronary Atherosclerosis

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Objectives. Prehypertension is an early stage of hypertension that is characterized by inflammatory factors. Inflammation also plays an essential role in the development of coronary atherosclerosis (CAS). The present study evaluated the NALP3-inflammasome and its related genes, NLRP3, NOD2, and CARD8, using SNP linkage and gene haplotypes in prehypertensive patients.

Methods. A total of 576 patients with prehypertension and suspected coronary heart disease (CHD) were enrolled. According to coronary angiography, patients were divided into two groups: arterial stenosis <50% of the diameter (control) and arterial stenosis >50% of the diameter (case). Fifteen polymorphisms in the NOD2, NLRP3, and CARD8 genes were analyzed, and serum levels of C-reactive protein (CRP) were measured.

Results. When comparing allele frequencies, none of these 15 SNPs in NOD2, CARD8, and NLRP3 genes showed a significant difference using multiple logistic regression. However, the CTACATAA (p = 0.0064) and CCACATAG (p = 0.0126) haplotypes of the NOD2 gene SNP were significantly different between cases and controls.

Conclusions. Although our study excludes a significant association of selected SNPs in these genes with CHD in prehypertension patients, this work suggests that the CTACATAA and CCACATAG haplotypes were associated with CHD in the NOD2 locus.

1. Introduction

Hypertension causes approximately 54% of strokes and 47% of coronary heart disease (CHD) cases, and it is a well-established risk factor for coronary atherosclerosis (CAS) [1]. According to the Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7), prehypertension is defined as systolic (S) blood pressure (BP) between 120 mmHg and 139 mmHg and/or diastolic (D) BP between 80 mmHg and 89 mmHg [2]. Many studies have demonstrated that prehypertension increases the likelihood of cardiovascular disease and premature morbidity [3–11]. Furthermore, several large-scale cohort studies have reported that prehypertension is an independent risk factor for stroke and CHD [4, 7, 8, 10]. Arima et al. found that prehypertension and hypertension were predictive of developing CHD in an older population in the Asia-Pacific region [12].

Some of the genetic and pathophysiologic mechanisms that contribute to hypertension also play an important role in prehypertension [13]. Levels of inflammatory factors such as C-reactive protein (CRP) and interleukin-6 (IL-6) are elevated in prehypertensive patients compared with normotensive individuals [14, 15]. Several studies indicate that CRP is a risk factor for CHD, although the association between CRP and CHD was substantially lower after adjustment for conventional cardiovascular risk factors [16–21]. As early as 2003, the Centers for Disease Control/American Heart Association guidelines for CRP testing suggested that values >10 mg/L indicate acute inflammation and have uncertain implications for cardiovascular risk prediction [22].
Inflammation and the innate immune system are implicated in the development of CHD [23–25]. In particular, the NOD-like receptor family pyrin domain-containing 3 (NLRP3) inflammasome proteins accelerate the progression of CHD. The NALP3 axis comprises apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC), caspase recruitment domain (CARD), and caspase-1 [26, 27]. Following activation of the inflammasome, IL-1 and downstream factors such as IL-6 act as major inflammatory proteins [28]. Therefore, inflammasome-mediated processes are related to the pathophysiology of CAS [29].

Inflammatory signaling is considered to be a salient factor in CAS [30, 31]. An accumulating body of evidence from molecular genetic studies demonstrates that individual genetic background contributes to the development of CHD [32, 33]. Inflammation-related genetic variance has been proposed to increase susceptibility to CHD, but this association has not been confirmed. Single nucleotide polymorphisms (SNPs) have a strong influence on plasma levels and the biological activity of their corresponding proteins [34, 35]. Based on the biologic and pathologic significance of IL-1 [28], this study analyzed SNPs in the NOD2, NLRP3, and CARD8 genes in patients with prehypertension. The relationship between SNPs in inflammatory genes and the diagnosis, progression, and prognosis of CHD was investigated.

2. Methods

2.1. Study Population. A total of 8337 patients presented with prehypertension at the General Hospital of Shenyang Military Region between March 2013 and July 2014. Patients with hypertension or normotension (n = 2892) were excluded. All the included patients were aged between 35 and 75 years, with suspected CHD, with/without chest pain, and with/without electrocardiogram (ECG) changes. Patients with chronic kidney disease (CKD), myocardial infarction (MI), coronary revascularization, congenital heart disease, or cerebrovascular diseases were excluded (n = 971). Care was taken to eliminate patients receiving drugs that interfere with BP levels (n = 3858). Patients that refused to undergo coronary angiography were also excluded (n = 40). Data from 576 patients (controls = 281; cases = 295) were finally included. All patients provided written informed consent. The study was conducted in accordance with the Declaration of Helsinki and it was approved by the relevant ethics committee.

2.2. Candidate Genes and SNPs Selection. Tag-SNPs selection and genotyping were retrieved from HapMap database for Han population sample using the r²-based Tagger program with pairwise r² ≥ 0.80 and MAF ≥ 5%. The selected tag-SNP sites were listed as follows: rs1077861, rs2111235, rs1861759, rs2067085, rs7205423, and rs805661I, and rs3135499, rs4785225, and rs751271 in NOD2; and rs10754558, rs10925027, rs1539019, and rs4612666 in NLRP3.

2.3. Clinical and Laboratory Test Measurements. Demographic information (age, sex, height, and weight), laboratory examinations, echocardiography, and coronary angiography were obtained from hospital records. BP measurement was performed with an automated aeration device after the patient had rested for more than 5 minutes in a sitting position. The mean BP level was calculated from 3 times of separate measurements, according to the JNC 7 guidelines (SBP ranging from 120 mmHg to 139 mmHg and/or DBP ranging from 80 mmHg to 89 mmHg was categorized as prehypertension). Coronary stenosis was defined by a lumen area >50% in patients with CHD.

Blood samples for SNP analyses were collected at a median time of 12 hours after hospital admission, between 8:00 and 10:00 a.m. the next morning. To standardize blood sampling and to avoid any influence of diurnal variations and food intake, all samples were taken after overnight fast.

DNA was extracted from EDTA-anticoagulated whole blood samples. Genotyping was performed with the polymerase chain reaction (PCR) followed by direct sequencing of the PCR products. Data were generated by Bio Miao Biological Technology (Beijing).

2.4. Statistical Analysis. Continuous variables are presented as the mean ± standard deviation (SD) or the median (range) as appropriate. Categorical variables are expressed as percentages (%). Student’s t-test or Mann-Whitney U test was used to compare continuous variables between groups. The χ² test was used to compare the rates of outcomes. Basic data were analyzed using SPSS version 17.0 (SPSS Inc., Chicago, IL). Differences in demographics, variables, and genotypes of the SNPs were evaluated using χ² test. Associations between the fifteen SNPs and CHD risk phenotypes were estimated by calculating odds ratios (ORs) and 95% confidence intervals (CIs) using logistic regression analyses. Bonferroni correction was applied to correct multiple testing. The Hardy-Weinberg equilibrium (HWE) and minor allele frequency (MAF) were determined with Plink software. p values <0.05 were considered to denote statistically significant differences between groups. The linkage disequilibrium (LD) block structure was tested by Haploview (version 4.2, Broad Institute, Cambridge, MA) if the MAF was >0.01 and the p value of the HWE was >0.05. D’ values and R² values for all pairs of SNPs were calculated, and the haplotype blocks were estimated using Haploview.

3. Results

3.1. Baseline Characteristics of Prehypertensive Patients. A total of 576 prehypertensive patients met the inclusion criteria and underwent selective coronary angiography. The baseline characteristics of patients with and without CHD are shown in Table 1. There were no significant differences between the two cohorts in body mass index, family history of hypertension, uric acid, triglycerides, or platelet count.
Table 1: Clinical baseline characteristics of prehypertensive patient population.

| Variable                  | Stenosis <50% (n = 281) | Stenosis >50% (n = 295) | All patients (n = 576) | p value (<50% versus >50%) |
|---------------------------|--------------------------|--------------------------|-------------------------|---------------------------|
| Age (yr)                  | 54.34 ± 8.60             | 58.62 ± 7.68             | 56.56 ± 8.40            | <0.001                    |
| Male                      | 132 (46.98)              | 213 (72.20)              | 345 (59.90)             | <0.001                    |
| BMI (kg/m²)               | 24.77 ± 2.99             | 25.10 ± 2.80             | 24.96 ± 2.89            | 0.292                     |
| DM (%)                    | 21 (7.47)                | 55 (18.64)               | 76 (13.19)              | 0.001                     |
| Family history of HT (%)  | 68 (24.20)               | 65 (22.03)               | 133 (23.09)             | 0.538                     |
| Family history of DM (%)  | 56 (19.93)               | 115 (38.98)              | 171 (29.69)             | <0.001                    |
| Serum potassium (mmol/L)  | 3.99 ± 0.32              | 4.11 ± 0.38              | 4.05 ± 0.36             | 0.002                     |
| Serum sodium (mmol/L)     | 140.83 ± 3.42            | 140.31 ± 3.15            | 140.56 ± 3.28           | 0.125                     |
| Urine potassium (mmol/L)  | 30.07 ± 15.08            | 29.46 ± 14.06            | 29.79 ± 14.64           | 0.686                     |
| Urine sodium (mmol/L)     | 139.74 ± 49.50           | 121.22 ± 59.51           | 130.41 ± 70.47          | 0.011                     |
| Uric acid (mmol/L)        | 296.99 ± 91.73           | 304.97 ± 75.39           | 302.11 ± 85.79          | 0.357                     |
| CRP                       | 2.47 ± 4.01              | 3.52 ± 4.14              | 3.02 ± 4.10             | 0.013                     |
| LDL-C (mmol/L)            | 2.67 ± 0.89              | 2.30 ± 0.93              | 2.48 ± 0.93             | <0.001                    |
| TG (mmol/L)               | 1.85 ± 1.54              | 1.96 ± 1.13              | 1.91 ± 1.34             | 0.457                     |
| PLT (10⁹/L)               | 215.82 ± 51.62           | 218.33 ± 58.36           | 216.95 ± 55.20          | 0.660                     |
| LVEF (%)                  | 66.60 ± 4.91             | 64.90 ± 6.24             | 65.60 ± 5.96            | 0.018                     |
| Smoking (%)               | 111 (39.57)              | 165 (55.83)              | 276 (47.92)             | 0.001                     |
| Alcohol (%)               | 48 (17.08)               | 75 (25.42)               | 123 (21.35)             | 0.015                     |

B: body mass index; D: diabetes mellitus; H: hypertension; CRP: C-reactive protein; LDL: low-density lipoprotein; TG: triglycerides; PLT: platelet count; LVEF: left ventricular ejection fraction.

Older adult patients with prehypertension had more severe coronary stenosis (58.62 ± 7.68 versus 54.34 ± 8.60, p < 0.001), while males with prehypertension had a higher risk of CHD (213 versus 132, p < 0.001). Patients with more severe stenosis had higher CRP levels (p = 0.013) and a lower LVEF (p = 0.018). Unhealthy lifestyle habits such as smoking (165 versus 111, p < 0.001) and drinking (75 versus 48, p = 0.015) were associated with CHD.

3.2. Basic Evaluation of the Selected SNPs. None of the 15 SNPs were detected at a frequency of <97%, and the MAFs of these gene SNPs were limited by SNP site selection. Seventeen of these sites displayed good fit with Hardy-Weinberg equilibrium (HWE). While rs2043211 did not fit with HWE, this was possibly because of sample size or sample size, but the reason was not further analyzed. Therefore, this SNP site was not used in subsequent analyses (Table 2). The remaining 14 gene SNP sites had similar frequencies, either alleles or genotypes, to the HapMap gene database (Chinese population; http://hapmap.ncbi.nlm.nih.gov/).

3.3. Association between SNPs and Risk of CHD in Prehypertensive Patients. SNPs in the NLRP3, CARD8, and NOD2 genes were analyzed in 576 prehypertensive patients (295 cases and 281 controls), all of whom had undergone coronary angiography. One of nine SNPs in NOD2 was significantly correlated with CHD. However, allele frequencies of the NLRP3 and CARD8 SNPs were not significantly different between CHD patients and controls (Tables 3 and 4).

3.3.1. Associations between NOD2 SNPs and the Risk of CHD in Prehypertensive Patients. All nine of the selected NOD2 SNP sites were sequenced after PCR, and genotype distributions were determined in prehypertensive patients. The χ² test was used to compare allele and genotype frequencies between CHD patients and controls. Results are presented as ORs according to logistic regression analysis. Among the nine SNP genotypes, there were significant differences in allele frequency between CHD patients and controls (p = 0.004, 0.003, and 0.008, resp.). The frequencies of the TT, TC, and CC genotypes of the NOD2 gene SNP rs2111235 were 39.32%, 49.83%, and 10.85%, respectively, in the CHD group and 54.80%, 38.08, and 7.12%, respectively, in the control group. Using the TT homozygote genotype as a reference group, the CC genotype was associated with an increased risk of CHD (CC versus TT, OR = 1.458, 95% CI = 1–2.125, p = 0.049). When using Bonferroni correction for multiple comparisons, the associations of rs2111235, rs7205423, and rs8056611 displayed no significance at all. In contrast, there was no relationship between the TC genotype and CHD (TC versus TT, p = 0.360). In the dominant model, none of the other six polymorphisms exhibited a significant difference in either allele frequency or genotype distributions between CHD cases and controls (Table 3).

3.3.2. Association between the NLRP3 and CARD8 SNPs and the Risk of CHD in Prehypertensive Patients. The genotype frequencies of the five NLRP3 and two CARD8 SNPs in
prehypertensive patients are listed in Table 4. Results are expressed as ORs generated from logistic regression analysis. Comparison of allele and genotype frequencies revealed no significant differences between ACS patients and controls.

3.3.3. Multiple Logistic Regression of Baseline Characteristics and Candidates Gene SNPs. Based on the results above, we used multiple logistic regression of baseline characteristics and possible candidates allele genes (rs2111235, rs7205423, and rs8056611). The results are listed in Table 5. None of these possible genes showed significant differences between normal people and ACS patients (p > 0.05).

3.4. Disequilibrium and Haplotype Association Analysis of NOD2 SNPs. Among the LD blocks generated from direct sequencing of CHD cases and controls, the tag SNP (rs2067085) was chosen for genotyping by setting the D’ and R² value equal to 1. To verify the results, the NOD2 SNPs were sequentially conditioned on the minor allele of each variant. Results demonstrated that rs1077861, rs2111235, rs1861759, rs2067085, rs8056611, rs3135499, rs4785225, and rs751271 displayed significant LD when analyzed by D’ value. When considering R² values, none except for rs8056611 exhibited significant LD between the NOD2 loci (Figure 1). Thus, rs2111235 and rs8056611 displayed LD between these two SNP sites, enabling the possible haplotype to be inferred for two NOD2 SNPs. The risk haplotypes CTACATAA (p = 0.0064) and CCACATAG (p = 0.0126) generated from these six sequences proved to be significantly different between the cases and controls (Table 6).

4. Discussion

In this study, patients with more severe coronary stenosis had higher CRP levels and a lower left ventricular ejection fraction (LVEF). Univariate logistic regression analysis of fifteen SNP candidates revealed that rs2111235 in the NOD2 gene was significantly associated with CHD in the prehypertension population. But further multiple regression has negative outcomes where none of these candidate SNP sites may affect the progression of coronary atherosclerosis in prehypertensive people.

Recent research demonstrated that human atherosclerosis is characterized by higher expression of NALP3-inflammasome-related inflammation factors. For example, NOD2, expressed in endothelial cells, macrophages, and endothelial cells, raised in atherosclerotic lesions, was attributed to transcriptional upregulation in the local inflammatory milieu and massive infiltration of macrophages [36]. Compared with the low levels of inflammation factors in healthy arteries, the activity of human atherosclerosis is associated with these factors’ enhanced mediated innate immunity. These were also abundantly expressed in human atherosclerosis plaques. NLRP3 was overexpressed in patients with coronary atherosclerosis and this is proved to be correlated with the severity of coronary artery disease and the atherosclerotic risk factors [37]. NOD2 induced cyclooxygenase-2 (COX-2) expression during macrophage activation which is mediated by IL-1β and TNF-α [36]. However, Paramel et al. have provided the notion that the expression of CARD8 in the atherosclerotic plaque is much higher and the polymorphism of CARD8 gene impacts CARD8 expression levels [38]. Another study found that...
Table 3: Genotypes and allele frequencies of the NOD2 gene SNP polymorphisms among prehypertensive patients.

| Genotype SNPs | Allele | Genotype (stenosis < 50%) | Genotype (stenosis ≥ 50%) | Allele A versus B | AA versus BB | BB versus AB |
|---------------|--------|--------------------------|--------------------------|-------------------|-------------|-------------|
|               |        | A (%)                     | B (%)                    | AA (%)            | BB (%)      | OR (95% CI) | p value | Bonf p | OR (95% CI) | p value | Bonf p | OR (95% CI) | p value | Bonf p | OR (95% CI) | p value | Bonf p |
| rs1077861     | A      | 197 (70.11)               | 77 (27.40)               | 185 (62.71)       | 16 (5.42)    | 2.769       | 0.096    |        | 1.449       | 0.096    |        | 0.898       | 0.187    |        | 0.999       | 0.001    |        |
|               | T      | 27 (9.89)                 | 200 (72.59)              | 181 (60.29)       | 24 (7.58)    | 1.367 (0.945–1.986) | 0.187 |        | 1.006 (0.639–1.552) | 0.999 |        | 0.991 (0.546–1.784) | 0.187 |        |
| rs1801759     | A      | 221 (78.65)               | 57 (20.28)               | 208 (70.51)       | 80 (27.12)   | 3.247       | 0.072    | 1.000 | 1.000       | 1.000 |        | 0.000       | 1.000 |        | 0.000       | 1.000 |        |
| rs2067085     | C      | 249 (88.64)               | 32 (11.36)               | 257 (87.12)       | 32 (10.85)   | 0.956       | 0.328    | 1.000 | 0.000       | 0.000 | 0.999 | 0.999       | 1.000 |        | 0.999       | 1.000 |        |
| rs211235      | T      | 154 (54.80)               | 107 (38.08)              | 116 (39.32)       | 147 (49.83)  | 8.15        | 0.004    | 0.066 | 1.000       | 0.999 |        | 0.999       | 1.000 |        | 0.999       | 1.000 |        |
| rs3135499     | A      | 176 (62.63)               | 89 (31.67)               | 160 (54.24)       | 112 (37.97)  | 2.506       | 0.113    | 1.000 | 1.222 (0.810–1.843) | 0.339 | 1.000 | 1.128 (0.660–1.929) | 0.660 | 1.000 |
| rs4785225     | C      | 173 (61.57)               | 91 (32.38)               | 160 (54.24)       | 110 (37.29)  | 2.345       | 0.013    | 1.000 | 1.251 (0.864–1.878) | 0.280 | 1.000 | 1.05 (0.614–1.788) | 0.858 | 1.000 |
| rs7205423     | C      | 168 (59.79)               | 95 (33.81)               | 130 (44.07)       | 135 (45.76)  | 8.885       | 0.003    | 0.045 | 1.000       | 0.999 |        | 0.999       | 1.000 |        | 0.999       | 1.000 |        |
| rs751271      | A      | 174 (60.92)               | 89 (31.67)               | 157 (53.32)       | 114 (38.64)  | 2.824       | 0.093    | 1.000 | 1.235 (0.817–1.807) | 0.337 | 1.000 | 1.178 (0.697–1.991) | 0.540 | 1.000 |
| rs8056661     | A      | 153 (54.45)               | 106 (37.72)              | 119 (40.34)       | 142 (48.14)  | 7.083       | 0.008    | 0.120 | 1.419 (0.984–2.047) | 0.061 | 0.915 | 1.217 (0.753–1.969) | 0.423 | 1.000 |

SNP: single nucleotide polymorphism; CI: confidence interval; OR: odds ratio.
Bonf p: p value with Bonferroni correction.
* Allele A is the wild-type allele.
Table 4: Genotypes and allele frequencies of NLRP3 and CARD8 SNP polymorphisms among prehypertensive patients.

| Genotype SNPs | Allele A* | Allele B | Genotype (stenosis < 50%) | Genotype (stenosis ≥ 50%) | Allele A versus B | OR (95% CI) | p value | Bonf-p | OR (95% CI) | p value | Bonf-p | OR (95% CI) | p value |
|---------------|-----------|----------|---------------------------|---------------------------|-------------------|-------------|---------|--------|-------------|---------|--------|-------------|---------|
|               | A         | B        | AA (%)                    | AB (%)                    | AA (%)            | AB (%)      | BB (%)  | χ²     | OR (95% CI) | p value | Bonf-p | OR (95% CI) | p value |
| CARD8 rs10403848 | G         | A        | 139 (49.47)              | 114 (40.57)               | 28 (9.96)         | 135 (45.76)| 132 (44.75)| 28 (9.49) | 0.193   | 1.072 (0.787–1.464) | 0.661 | 1.000 | 1.006 (0.703–1.438) | 0.976 | 1.000 | 1.182 (0.736–1.898) | 0.488 | 1.000 |
| NLRP3 rs4612666 | C         | T        | 86 (30.61)               | 145 (51.60)               | 50 (17.80)        | 98 (33.22)  | 145 (49.15)| 52 (17.63) | 0.178   | 0.780 (0.585–1.038) | 0.673 | 1.000 | 0.950 (0.704–1.281) | 0.734 | 1.000 | 0.922 (0.610–1.392) | 0.698 | 1.000 |
| rs1399819      | C         | T        | 68 (24.20)               | 143 (50.89)               | 70 (24.91)        | 79 (26.78)  | 170 (57.63)| 46 (15.59) | 2.920   | 1.576 (1.152–2.155) | 0.090 | 1.000 | 0.743 (0.547–1.008) | 0.056 | 0.840 | 1.872 (0.910–3.839) | 0.132 | 0.588 |
| rs10754558     | C         | G        | 63 (22.42)               | 138 (49.11)               | 80 (28.47)        | 90 (30.51)  | 138 (46.78)| 67 (22.71) | 3.569   | 0.759 (0.570–1.011) | 0.060 | 0.900 | 0.767 (0.580–1.007) | 0.066 | 0.990 | 0.906 (0.603–1.361) | 0.635 | 1.000 |
| rs10925027     | C         | T        | 92 (32.74)               | 131 (46.62)               | 58 (20.64)        | 70 (23.73)  | 151 (51.19)| 74 (25.08) | 3.212   | 1.3 (0.976–1.732)   | 0.073 | 1.000 | 1.284 (0.964–1.710) | 0.088 | 1.000 | 1.184 (0.787–1.779) | 0.418 | 1.000 |

SNP: single nucleotide polymorphism; CI: confidence interval; OR: odds ratio.
Bonf-p: p value with Bonferroni correction.
*Allele A is the wild-type allele.
Table 5: Multiple logistic regression of baseline characteristics and candidates allele genes.

| Variable                  | Univariate analysis | Multivariate analysis |
|---------------------------|---------------------|-----------------------|
|                           | $p$ value | OR | 95% CI | $p$ value |
| Gender                   | 0.000      | 6.157 | 2.790–13.584 | 0.000 |
| Age                      | 0.000      | 1.071 | 1.030–1.113 | 0.001 |
| Family history of HT     | 0.657      | 0.705 | 0.333–1.491 | 0.360 |
| DM                       | 0.040      | 3.547 | 1.535–8.197 | 0.003 |
| Family history of CHD    | 0.000      | 5.029 | 2.676–9.451 | 0.000 |
| SBP                      | 0.000      | 1.065 | 1.029–1.103 | 0.000 |
| Urine sodium             | 0.087      | 0.997 | 0.992–1.001 | 0.092 |
| Serum potassium          | 0.031      | 2.308 | 0.969–5.496 | 0.059 |
| LDL-C                    | 0.768      | 0.839 | 0.630–1.118 | 0.231 |
| Smoking                  | 0.112      | 0.756 | 0.354–1.613 | 0.469 |
| Alcohol                  | 0.098      | 1.280 | 0.620–2.643 | 0.504 |
| rs2111235                | 0.043      | 0.201 | 0.017–2.326 | 0.199 |
| rs10403848               | 0.031      | 0.907 | 0.351–2.345 | 0.840 |
| rs10754558               | 0.050      | 1.543 | 0.700–3.402 | 0.282 |
| rs1077861                | 0.133      | 1.352 | 0.716–2.553 | 0.353 |
| rs10925027               | 0.087      | 0.580 | 0.291–1.157 | 0.122 |
| rs1539019                | 0.191      | 1.289 | 0.565–2.939 | 0.546 |
| rs1861759                | 0.061      | 0.097 | 0.005–1.867 | 0.122 |
| rs2067085                | 0.109      | 0.519 | 0.214–2.657 | 0.495 |
| rs3135499                | 0.233      | 1.913 | 0.026–140.544 | 0.767 |
| rs4612666                | 0.074      | 1.241 | 0.601–2.564 | 0.559 |
| rs7205423                | 0.263      | 1.465 | 0.134–16.034 | 0.754 |
| rs751271                 | 0.132      | 3.283 | 0.072–150.134 | 0.542 |
| rs8056611                | 0.098      | 1.501 | 0.109–20.728 | 0.762 |
| rs4785225                | 0.061      | 0.892 | 0.655–1.324 | 0.183 |
| rs10405768               | 0.078      | 0.679 | 0.312–1.569 | 0.514 |

Table 6: Haplotype association with NOD2 locus in prehypertensive patients.

| Haplotype | Frequency | Case, control frequencies | $\chi^2$ | $p$ value |
|-----------|-----------|---------------------------|---------|-----------|
| H1: CTACATAA | 0.666 | 0.621, 0.714 | 7.437 | 0.0064 |
| H2: CCCGCACCG | 0.108 | 0.119, 0.098 | 0.839 | 0.3596 |
| H3: CCACATAG | 0.063 | 0.085, 0.041 | 6.227 | 0.0126 |
| H4: CCAGCTCG | 0.056 | 0.057, 0.054 | 0.02 | 0.8877 |
| H5: GCAGCACG | 0.051 | 0.054, 0.049 | 0.127 | 0.722 |
| H6: GCCGCACG | 0.011 | 0.015, 0.006 | 1.656 | 0.1981 |

Haplotypes had plausible association with CHD in prehypertensive patients.

Inflammation factors expression levels were higher in coronary arteries versus healthy controls (heart-beating donors). Cases of macroscopically and microscopically proven CHD showed high serum levels of NALP3-inflammasome-related factors in atherosclerotic plaques, especially in areas infiltrated with inflammatory cells [39].

All these results were based on a serum inflammation index rather than genetics. According to gaps in the current knowledge, we decided to investigate SNPs in genes expressing inflammatory proteins. The selection of SNPs relied on the Chinese genome variation database, and the minor allele frequencies were also matched with the selection requirements.

Scarce research has been conducted on the association between inflammasome-related gene SNPs and coronary lesions in prehypertensive patients. To the authors’ knowledge, this is the first study to systematically analyze this relationship. It is well established that NALP3-inflammasome-related factors play an important role in other inflammatory diseases such as Crohn’s disease, as indicated by serological indicators and genetics [40, 41]. Although the target disease was different in the present study, there is a large
body of literature on NLRP3, NOD2, and CARD8 SNPs and serum expression products and the correlation with inflammasome protein expression and activation. Similar to other inflammatory diseases, CHD has been demonstrated to involve these mechanisms [29].

Prehypertension is a relatively novel concept, which was proposed just over a decade ago, and research concerning inflammatory pathways in prehypertensive patients was limited. Our study was the first one based on the theory that inflammation contributes to the progression of CHD in prehypertensive patients.

We cannot infer that any of these SNP gene site's alleles increases the susceptibility of prehypertension patients to CHD according to this study. But the distribution of the NOD2 SNP sites rs2067085, rs2111235, rs1861759, rs4785225, rs751271, rs1077861, rs3135499, and rs8056611 was consistent with LD including C in rs2067085, T in rs2111235, A in rs1861759, C in rs4785225, A in rs751271, T in rs1077861, A in rs3135499, and A in rs8056611. Tight linkage formed the CTACATAA and the CCACATAG haplotypes which has been proven to have effects on CHD in prehypertension patients. This may be because haplotype-based association method may be more powerful than the single SNP locus test which has already been proven and the messages taken by the haplotype were much larger than single SNP locus [40, 42, 43].

The presence of only a limited number of SNPs in NOD2, NLRP3, and CARD8 in this patient population indicates that these genes are highly conserved. The characteristics associated with SNP sites in these genes in prehypertensive patients have also not been described previously. In this study, we do not find SNPs identified in CHD and non-CHD patients in the Chinese prehypertensive population. But we have noticed that the NOD2 gene SNPs rs2067085, rs2111235, rs1861759, rs4785225, rs751271, rs1077861, rs3135499, and rs8056611 exhibited significant LD. The association between NOD2 haplotype and CHD in the prehypertensive population requires further research.

5. Limitations

This study has some limitations, including the small cohort size and the recruitment of patients from a single center. It is possible that significant results will be observed in multicenter studies with larger sample sizes. Second, the severity of coronary artery lesions was only evaluated by coronary angiography, which does not produce extensive data on the plaque burden of CHD. Also, the cases and controls were identified according to only one coronary angiography, which might introduce misclassification of cases and controls. Further studies using coronary computed tomography and/or intravascular ultrasound may provide more comprehensive information about the severity of CHD. This study used retrospective data, but more prospective, observational studies are necessary in the future.

6. Conclusions

The CTACATAA and CCACATAG haplotypes of the NOD2 SNPs were related to CHD in prehypertensive patients. It was also found that prehypertensive patients with higher serum levels of CRP had a higher risk of CHD.

Disclosure

All the authors take responsibility for all aspects of the reliability and freedom from bias of the data presented and their discussed interpretation.
Competing Interests

The authors declare that they have no competing interests.

Authors’ Contributions

Xin Zhao and Chonghuai Gu contributed equally to the work.

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