The postdictive effect of choice reflects the modulation of attention on choice

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Our conscious perception of the world is not an instantaneous, moment-by-moment construction. Rather, our perception of an event is influenced, over time, by information gained after the event; this is known as a postdictive effect. A recent study reported that this postdictive effect could occur even in choice. The present study sought to test whether the striking postdictive effect of choice reflects the modulation of attention on choice, by directly and systematically manipulating attention in two experiments. Specifically, Experiment 1 revealed that the robust postdictive effect of choice was almost completely eliminated when attentional bias was removed. More important, Experiment 2 demonstrated that the postdictive effect of choice could be modulated by directly manipulating participants’ attention with a spatial cue, in particular, when the cue appeared at short time delays. These results suggest that choice could be considerably postdictively influenced by attention and this effect was most pronounced within a short time window wherein decision making was most likely in progress. The current study not only enables clarification of the mechanism of the newly discovered postdictive effect of choice, but also extends evidence of the modulation of attention on decision making.

Introduction

Numerous psychological and economic studies have demonstrated that multiple factors can have an impact on choice, such as past experience (Jahfari, Theeuwes, & Knapen, 2020; Kwon, & Adaval, 2018; Weiss-Cohen, Konstantinidis, Speekenbrink, & Harvey, 2018), unconscious thought (Nieuwenstein et al., 2015), motivation (Xin, Xu, Aleman, Luo, & Feng, 2020; Zhang, & Feng, 2019), and cognitive load (Deck, & Jahedi, 2015; Vogels, Kraimer, & Maes, 2015). Recent studies have shown that choice can even be postdictively biased by an event presented later (e.g., a circle turning red) (Bear & Bloom, 2016; Bear, Fortgang, Bronstein, & Cannon, 2017). This postdictive effect is considered a type of illusion, because participants mistakenly perceived that they had made a choice before the later event (Bear & Bloom, 2016). Such a striking postdictive illusion of choice provided initial evidence that experience of choice can be postdictively influenced in a similar manner with lower level types of visual perception, such as apparent motion and flash-lag effect (Eagleman & Sejnowski, 2000; Sun, Frank, Hartstein, Hassan, & Peter, 2017), and higher level perception such as causal perception and emotional processes (Choi & Scholl, 2006; Sasaki, Yamada, & Miura, 2015).

In Bear and Bloom’s (2016) Experiment 1, participants were presented with five identical white circles and instructed to randomly guess which of the circles would turn red. After a variable delay ranging from 50 ms to 1000 ms, one of the circles turned red, and participants indicated whether they had correctly chosen the circle that turned red, had chosen an incorrect circle, or had not had enough time to make a choice before the circle turned red. The results showed that participants were more likely to report having

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chosen the red circle, believing that they had made the choice before the circle, which was randomly selected in any given trial, turned red. Crucially, this bias was prominent in short time delay conditions (a delay of roughly 250 ms or less, wherein decision making is most likely in progress so that the color change of the circle could bias participants’ choice before they become consciously aware of the circle turning red), and then steadily decreased as the time delay lengthened (wherein decision making was mostly completed before the unconscious processing of the circle turning red). This bias effect was termed an illusory postdictive effect of choice. Notably, the time-dependent characteristic of the postdictive effect suggests that the effect is not simply driven by any general response biases (such as lying) that would exist for all time delay conditions. The postdictive effect was then replicated and extended to a case where there were only two choice options so that the chance level was 0.5 instead of 0.2 as in Experiment 1, which ensured that the observed effect could not be explained by low confidence or random responding. Specifically, participants were required to mentally select one of the two different colored circles. After a variable delay, a new circle, which matched the color of one of the two circles, appeared in the center of the screen. Participants were asked to indicate whether or not the new circle matched the color of the circle they had chosen. The results showed a clear postdictive effect, even for the binary choice task. Interestingly, in a follow-up study this counterintuitive postdictive illusion of choice was found to be greater for participants who were more prone to delusions (Bear et al., 2017).

Clearly, the postdictive illusion of choice reported here was a robust effect that persisted across different paradigms and populations. However, the mechanism underlying this effect remains unexplored. It should be noted that, although Bear and Bloom (2016) had proposed that a circle turning red too soon (while decision making was still in progress) might bias participants’ choice unconsciously through subliminally capturing visual attention (Chen & Wyble, 2018; Yantis & Jonides, 1984, 1990), their study was not able to test this possibility because attention was not directly manipulated. Furthermore, as they acknowledged, it is also possible that participants had completed their choices but not fully encoded them into memory before the circles turned red. In this perspective, the postdictive illusion of choice might reflect the fact that participants’ memories of choices were modified by the subsequent events (circles turning red). Therefore, the current study sought to test whether the novel postdictive effect of choice reflects the modulation of attention on choice by employing a modified version of the aforementioned postdictive paradigm. More important, the current study enables clarification of the mechanism of the newly discovered postdictive effect of choice, which fills in the gaps left by Bear and Bloom’s (2016) study.

The current study contained two experiments. Experiment 1 was designed on the basis of Bear and Bloom’s study (2016) but eliminated participants’ attentional bias to the red circle, to test whether the observed postdictive effect of choice would be absent after the influence of attention was controlled. Experiment 2 used a combination of Bear and Bloom’s (2016) postdictive paradigm and the classic spatial cueing paradigm (Chen & Wyble, 2018; Posner, 1980; Posner, Snyder, & Davidson, 1980) to seek more direct evidence of the impact of attention on the postdictive effect of choice.

### Experiment 1

We modified Bear and Bloom’s (2016) Experiment 1 by presenting participants with two white circles and then suddenly changing the colors of both circles simultaneously, so that participants’ attention would no longer be automatically biased to any one particular circle.

### Method

#### Participants

This study closely followed Bear and Bloom’s (2016) procedure. Based on their study, we predicted a large effect size (odds ratio = 1.59 × 10⁻¹¹) for our experimental design and performed a power analysis in G*power 3 (Faul, Erdfelder, Buchner, & Lang, 2009), which determined that with 95% power at an α level of 0.05, the sample size needed to achieve the predicted effect size was appropriately 17 individuals. We thus used a predetermined sample size of 25 participants, in line with Bear and Bloom’s (2016) study. Twenty-six undergraduate students from Zhejiang University completed Experiment 1 for either course credit or money. One participant was excluded because he correctly guessed the purpose of the experiment when he was debriefed after the experiment, leaving 25 participants for inclusion in the final analyses (16 females, 9 males, mean age 19.20 years). Notably, the results pattern did not change even when the excluded participant was included. Informed consent was obtained from each participant before each study in accordance with the institutional review board at Zhejiang University. All participants had normal or corrected-to-normal vision and no color vision defects.
Figure 1. Experimental procedure of Experiment 1. After fixation, two white circles appeared in random positions on an imaginary circle, and participants were asked to mentally choose one of the circles. After a variable delay, both circles then changed color, one turned red and the other turned a different color. While these circles remained on the screen, participants pressed a key on the keyboard to indicate whether they had chosen the circle that turned red (“Y”), had chosen a different circle (“N”), or had not had enough time to make a decision before the circles changed color (“D”).

Apparatus
The stimuli were presented on a 17-inch CRT display (1,024 × 768 pixels; 60 Hz) with the background color set to black (RGB: 0, 0, 0). Participants viewed the stimuli at a distance of approximately 50 cm. The experiment was run in MATLAB with the Psychophysics Toolbox (Brainard, 1997; Pelli, 1997). Responses were recorded by a computer keyboard.

Stimuli and procedure
As depicted in Figure 1, each trial began with a fixation cross (0.62°) in the center of the screen for 500 milliseconds, followed by two identical white circles (2.01° × 2.01°; RGB: 255, 255, 255). Both circles were positioned at two random locations on the circumference of an imaginary circle (radius = 6.04°) centered on the screen, with a constraint that the two circles were separated from each other at least by 6.04° (center to center). Participants were instructed to mentally choose one of two circles once they were presented. After a variable delay of 50.00, 83.33, 166.67, 250.00, 333.33, 500.00, or 1,000.00 ms, one randomly selected circle turned red (RGB: 255, 0, 0) while the other circle turned a different color that was randomly chosen from a set of five colors: gold (RGB: 255, 215, 0), green (RGB: 0, 255, 0), fuchsia (RGB: 255, 0, 255), aqua (RGB: 0, 255, 255), and coral (RGB: 255, 127, 80). Participants were asked to press a corresponding key to indicate whether they had chosen the circle that turned red (press “Y” for “yes”), had chosen another circle (press “N” for “no”), or had not had enough time to make a choice before they noticed the occurrence of the color change (press “D” for “did not have enough time”). The colored circles remained on the screen until a response was emitted.

All participants completed five blocks, with each block containing 56 trials divided equally into seven time-delay conditions, resulting in a total of 280 trials. The trials of different conditions were randomly ordered within each block. Participants completed 14 practice trials before the experimental trials began. After the experiment, all participants were debriefed as to whether they had used any strategies or had guessed the purpose of the experiment.

Data analysis
As in Bear and Bloom’s study (2016), the trials in which participants reported that they had not had enough time to make a choice before they noticed the occurrence of the color change were excluded from analysis, with 14.9% of trials being removed. The removed trials for each condition were as follows: 50.00 ms, 37.9%; 83.33 ms, 33.3%; 166.67 ms, 18.3%; 250.00 ms, 7.5%; 333.33 ms, 5.3%; 500.00 ms, 1.7%; and 1000.00 ms, 0.5%.

We used a logistic regression, which was also applied by Bear and colleagues (Bear & Bloom, 2016; Bear et al., 2017), to analyze the postdictive effect of choice, that is, whether the probability of choosing the red circle varied with the log of time delay (measured in milliseconds). The regression was performed using logit command in Stata 16 SE (StataCorp, 2019). Specifically, the log of the time delay was modeled as an independent variable. Standard errors were clustered on the participant variable to account for the nonindependence of repeated observations from the same participant. The dependent variable was whether or not participants had chosen the red circle. In this
regression, the coefficient of the time delay variable indicates how often participants are likely to report having chosen the red circles. In other words, if the coefficient is significantly greater than 0, it will suggest that the likelihood of choosing the red circle decreases as the time delay gets longer (i.e., a postdictive effect was observed).

Results and discussion

The results of this experiment are depicted in Figure 2. The analysis showed that the regression was not significant, model $\chi^2(1) = 0.58, p = 0.446$. The effect of time delay was also not significant, $\beta = -0.02$, 95% CI $-0.09$ to $0.04$, $z = -0.76, p = 0.446$, suggesting that the probability of choosing the red circle did not significantly vary with the time delay, namely, the postdictive effect was not observed. Bayesian analysis confirmed the absence of a postdictive effect. The Bayes factor in favor of the alternative hypothesis that $\beta$ is different from zero versus the null hypothesis that $\beta$ is zero was $BF_{10} = 0.0004$ provides anecdotal evidence for the alternative hypothesis.

As expected, the results of Experiment 1 showed that the postdictive effect reported by Bear and Bloom (2016) almost disappeared when participants’ attention was no longer automatically captured by the circle that turned red. Therefore, the observed postdictive effect in Bear and Bloom (2016) was mainly, if not entirely, driven by an automatic attentional capture to the sudden color change of the circle.

Experiment 2

To further confirm that this postdictive effect reflects the effect of attention on choice, we modified Experiment 1 by directly manipulating attention with the use of a classical spatial cue (Chen & Wyble, 2018; Posner, 1980; Posner et al., 1980).

Method

This experiment was identical to Experiment 1 with the following exceptions (Figure 3). Twenty-eight new participants completed Experiment 2, with three participants excluded by the criterion described previously (16 females, 9 males, mean age 19.08 years). Notably, the results pattern did not change, even with the inclusion of the excluded participants. As the two white circles changed colors, a spatial cue was simultaneously presented and remained on the screen for 100 ms. The cue consisted of two identical white rectangular bars ($0.20^\circ \times 2.01^\circ$), with each one being presented $0.20^\circ$ above and below one of the circles. In one-half of the trials, the cue had the same location as the red circle, which was termed a valid condition,
whereas in the other half of the trials, the cue was located at the position of another colored circle, which was termed an invalid condition. Participants were explicitly instructed that the cue was uninformative about which circle would turn red and thus should be ignored.

The experiment adopted a two-cue validity (valid and invalid) × seven time delay (50.00, 83.33, 166.67, 250.00, 333.33, 500.00, or 1,000.00 ms) pattern. There were 40 trials for each of the 14 conditions, resulting in a total of 560 (40 × 14) trials equally divided into eight blocks. The trials of different conditions were randomly ordered within each block. Participants completed 14 practice trials before the experiment. As in Experiment 1, all participants were debriefed after the experiment task.

Data analysis

As in Experiment 1, the trials where participants reported that they had not had enough time to make a choice before they noticed the occurrence of the color change were excluded from analysis, with 8.54% of trials being removed. The removed trials for each condition were as follows: 50.00 ms, 23.3%; 83.33 ms, 18.0%; 166.67 ms, 9.1%; 250.00 ms, 4.9%; 333.33 ms, 2.2%; 500.00 ms, 1.8%; and 1000.00 ms, 0.5% for 50.00, 83.33, 166.67, 250.00, 333.33, 500.00, or 1,000.00 ms, respectively.

To assess whether the postdictive effect could be yielded by attention triggered by a cue, as in Experiment 1, we ran a logistic regression to analyze whether the probability of choosing the red circle increased with the log of time delay (measured in milliseconds). The log of time delay and validity of the cue, along with the interaction between the log of time delay and validity, were modeled as independent variables. Standard errors were clustered on the participant variable to account for the nonindependence of repeated observations from the same participant.

Results and discussion

A model comparison revealed that this interaction model, Akaike information criterion = 17686.45, was preferable to a model where the interaction term was not included, Akaike information criterion = 17693.75. Furthermore, the interaction model of this logistic regression was significant, $\chi^2(3) = 22.28, p < .001$. A significant interaction between validity of the cue and time delay was also observed, $\beta = 0.12, 95\%$ CI 0.04–0.19, $z = 3.07, p = 0.002$, indicating that the probability of reporting having chosen the red circle as a function of the delay (i.e., postdictive effect) differed between two different validity conditions. In an attempt to further explain this interaction effect, we ran logistic regressions for the valid and invalid conditions (Figure 4). In the valid condition, the rate of choosing the red circle increased significantly as the time delay decreased, $\beta = -0.10, 95\%$ CI $-0.16$ to $-0.04, z = -3.31, p = 0.001$, indicating that the postdictive effect of choice was obtained. Whereas in the invalid condition, there was almost no postdictive effect, $\beta = 0.01, 95\%$ CI $-0.05$ to 0.07, $z = 0.45, p = 0.651$, model $\chi^2(1) = 10.98, p < .001$, indicating that the postdictive effect of choice was obtained. Whereas in the invalid condition, there was almost no postdictive effect, $\beta = 0.01, 95\%$ CI $-0.05$ to 0.07, $z = 0.45, p = 0.651$, model $\chi^2(1) = 0.21, p = 0.651$. Bayesian analysis confirmed the absence of a postdictive effect in the invalid condition, $BF_{10} = 0.0003$.

The results of Experiment 2 revealed a postdictive effect in the valid condition, in that directing participants’ bottom-up attention to the red circle with a spatial cue increased the probability of claiming to have chosen that circle, particularly with the shorter
time delay. However, in the invalid condition we did not obtain a “reverse” postdictive effect, which, had there been any, would have revealed a similar but reversed pattern of the valid condition (the bias to choose the red circle would have been smallest for the shortest delays and would have increased with an increase in the delay). We postulated that the absence of this postdictive effect might be due to the fact that the attentional capture of the salient spatial cue, which suddenly appeared at the location of the other nonred circle, was counteracted by the top-down attentional bias toward the red circle. The top-down attentional bias occurred because participants were asked to indicate whether or not they had chosen the red circle, which made the red circle more relevant to the participants’ task goal. Another possibility might be that attentional bias to the red color was because red was the salient feature being referenced, which means that the same bias would have occurred even if the goal had been to “avoid” picking the red circle.2 Notably, such a top-down attentional bias alone was not sufficient to elicit the postdictive effect of choice, as revealed by an absence of this postdictive effect in Experiment 1. In conclusion, the results of Experiment 2 provided stronger and more direct evidence of the critical contribution of attention in yielding the postdictive effect of choice.

**General discussion**

The present study, based on Bear and Bloom’s research (2016), sought to test whether the striking postdictive effect of choice reflects the modulation of attention on choice, by manipulating attention systematically and directly. Specifically, Experiment 1 revealed that the robust postdictive effect of choice was almost completely eliminated when the attentional bias triggered by a sudden color change was removed. More important, Experiment 2 demonstrated that the postdictive effect of choice could be modulated by directly manipulating participants’ attention with a spatial cue. These findings provide converging evidence that simple choice could be postdictively modulated by attention.

**Implications for understanding the postdictive effect**

Previous studies on postdictive processing suggest that there is a limited temporal window within which the processing of sensory stimuli presented later can affect the perception of already presented stimuli. For
instance, the illusory perception of apparent motion shows that, when viewing a rapid succession of two flashes posited at two discrete locations, participants often report seeing a flash moving continuously and smoothly from the first to the second location (Kolers & von Grünau, 1976). The flash-lag effect shows that, when a stationary stimulus is briefly presented physically aligned with a continuously moving object, the position of the stimulus is seen to lag behind the position relative to the moving object (Eagleman & Sejnowski, 2000). In addition to these low-level simple phenomena, the postdictive effect could also emerge in high-level perceptions like causality perception (Choi & Scholl, 2006) and emotional processing (Sasaki et al., 2015). Choi and Scholl (2006) demonstrated that participants perceived a collision between two objects (i.e., one ball causing the other to move) in an ambiguous display even after the moment of potential overlap for collision had already passed. Sasaki et al. (2015) found that, when participants were required to drag a dot up or down on the screen immediately after showing an emotional image, they would rate the image more positively if the dragging action was up and rate it more negatively if the dragging action was down.

The current study, together with that of Bear and Bloom (2016), complements the literature on postdictive perceptual phenomena by providing converging evidence that the experience of choice could also be postdictively biased in a similar way. More important, the findings of the current study have critical implications for understanding the mechanism of postdictive effects, which is a highly debated topic in the field (Eagleman, & Sejnowski, 2000; Van Wassenhove, 2009). Here we focus on two accounts adopted by Bear and Bloom (2016) to explain the postdictive effect of choice: the perceptual interpretation (Bear & Bloom, 2016; Choi & Scholl, 2006; Hermens, Luksys, Gerstner, Herzog, & Ernst, 2008; Rao, Eagleman, & Sejnowski, 2001; Tye, 2003) and the memory interpretation (Dennett, 1993; Phillips, 2011). The former account suggests the participants’ choice was unconsciously biased through attentional capture triggered by the color change of a circle happening within the decision-making window, although they believed that the circles turned red after they had made their decisions. In contrast, the memory hypothesis posits that, despite participants having initially made choices, they had not had enough time to fully encode the choices into memory before the circles turned red at short time delays, and thus their memories could be easily interfered with or modified by the encoding of subsequent low-level visual changes.

The findings of the present study can hardly be explained by the memory hypothesis. According to this memory revision account, in the short time delay conditions of Experiment 2, participants’ memory of choices could be interfered by two different aspects of visual changes, one was the subsequent presentation of the spatial cue and the other was the color change of two circles. Thus, two possible result patterns could be predicted in this case. First, because both circles had visual changes (regardless of the color change or cue presentation) that would interfere with the memory of choices, participants might have no bias to choose any changed circles and would thus be likely to choose one of two circles randomly. If this was true, no postdictive effect should have been observed in both the valid and the invalid conditions. Second, when the memory of the choices was not fully encoded, participants might have had a tendency to report the circle where the cue was presented as their initial choice. This possibility would predict a postdictive effect in the valid condition and a reverse postdictive effect in the invalid condition.

In contrast, the current study provided direct and strong evidence supporting the perception account focusing on the effect of attention. First, Experiment 1 demonstrated that the postdictive effect of choice was removed when the bottom-up attentional capture (or bias to the red circle) triggered by the sudden color change was controlled or eliminated. Moreover, Experiment 2 (valid condition) showed that the postdictive effect of choice reappeared after orienting participants’ attention to the red circle with a spatial cue presenting simultaneously with the color changes of the circles. Interestingly, an unexpected result was observed in the invalid condition in which no postdictive effect was observed. We postulated that this absence of postdictive effect was due to the fact that participants inevitably biased their attention toward the red circle in a top-down manner, which counteracted the effect of bottom-up attentional capture triggered by the sudden appearance of the salient spatial cue at the location of the nonred circle. Consequently, these results support the aforementioned perception account by showing that attention plays a crucial role in driving the postdictive effect of choice. This finding is consistent with previous studies showing that postdictive effects such as apparent motion and flash-lag effect were significantly modulated by attention (Chappell, Hine, Acworth, & Hardwick, 2006; Kohler, Haddad, Singer, & Muckli, 2008; Sun et al., 2017).

**Implications for understanding conscious perception**

Although we experience the world smoothly and continuously, there is a long-standing debate about
Implications for understanding the effect of attention on decision making

Previous work has provided consistent evidence that attention significantly influences decision making. One of the pioneering studies is by Shimojo, Simion, Shimojo, and Scheier (2003), who presented participants with pairs of human faces and asked them to decide which face was more attractive. They monitored gaze position while participants made choices and found that participants were more likely to choose the face that they looked at the longest. Numerous subsequent studies replicated and extended this finding by exploiting different types of decision making such as moral decisions (e.g., Pärnamets et al., 2015), consumer decisions (e.g., Krajbich, Armel, & Rangel, 2010), and risky decisions (e.g., Ashby et al., 2018). These findings were usually interpreted as evidence that attention could significantly influence choices, because the items that were looked at the longest, or more frequently, were typically regarded as receiving more attention.

The current study extended previous work in three crucial ways. First, the two choice options were identical artificial items (e.g., circles), rather than different real-world objects (e.g., faces) as in most previous studies, which ensured that participants could not make a choice based on their inherent preferences that were independent of attention. Second, attention was more directly manipulated by using the classic and well-accepted spatial cue paradigm (Chen & Wyble, 2018; Posner, 1980; Posner et al., 1980), which could overcome the possible limitations associated with eye-tracking based methodology (Gwinn, Leber, & Krajbich, 2019), and thus provide more direct and causal evidence for the effect of attention in decision making. Finally, the current study not only tested whether or not (yes or no) attention could affect decision making, but also provided stringent ways of evaluating this effect by systematically assessing the time window in which the attentional effect on choice decisions can occur. To our knowledge, only one previous study addressed the effect of attention on choice over time (Milosavljevic, Navalpakkam, Koch, & Rangel, 2012). However, in that study the researchers manipulated the saliency of stimuli (i.e., snacks) to alter attention, which makes it difficult to exclude the potential confounding of response bias. That is, participants may have chosen the more salient stimulus because it was perceived more clearly in the limited exposure time. This issue did not exist in the current study in which two identical simple circles were used as options and participants did not need to recognize the option stimuli during the choice decision.

It is worth mentioning that the choices participants made in our study were largely arbitrary because no costs or rewards were associated with the options, in contrast with much of the literature attempting to connect attention (gaze) and decision making. Thus, future work needs to further address this issue by bridging the gap between the current study and the literature on value-based decision making. Nonetheless, the current study should still provide novel insight in the field of attentional effect on decision making.

Conclusion

The current study demonstrated that the striking postdictive effect of choice, discovered recently by Bear and Bloom (2016), reflects the modulation of attention on choice. These results suggest that choice can be considerably postdictively influenced by attention, which has critical implications for the literature on postdictive effects and the effects of attention on decision making.

Keywords: postdictive effect, choice, attention
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Footnotes

1Note that the valid and invalid conditions here were not essentially the same as those in spatial cueing studies. We used these terms (valid and invalid) just for ease of description and understanding.

2We thank Dr. Adam Bear for proposing this possibility.

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