Radionuclides and Radiation Indices of High Background Radiation Area in Chavara-Neendakara Placer Deposits (Kerala, India)

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Abstract

The present paper describes a detailed study on the distribution of radionuclides along Chavara – Neendakara placer deposit, a high background radiation area (HBRA) along the Southwest coast of India (Kerala). Judged from our studies using HPGe gamma spectrometric detector, it becomes evident that Uranium (238U), Thorium (232Th) and Potassium (40K) are the major sources for radioactivity prevailing in the area. Our statistical analyses reveal the existence of a high positive correlation between 238U and 232Th, implicating that the levels of these elements are interdependent. Our SEM-EDAX analyses reveal that titanium (Ti) and zircon (Zr) are the major trace elements in the sand samples, followed by aluminum, copper, iron, ruthenium, magnesium, calcium, sulphur and lead. This is first of its kind report on the radiation hazard indices on this placer deposit. The average absorbed dose rates (9795 nGy h⁻¹) computed from the present study is comparable with the top-ranking HBRA's in the world, thus offering the Chavara-Neendakara placer the second position, after Brazil; pertinently, this value is much higher than the World average. The perceptibly high absorbed gamma dose rates, entrained with the high annual external effective dose rates (AEED) and average annual gonadal dose equivalent (AGDE) values existing in this HBRA, encourage us to suggest for a candid assessment of the impact of the background radiation, if any, on the organisms that inhabit along this placer deposit. Future research could effectively address the issue of the possible impact of natural radiation on the biota inhabiting this HBRA.

Introduction

Natural radiation is largely caused by the presence of primordial radionuclides and their decay products. Previous investigations reveal that the sources of radiation could vary from place to place but the dose rate generally falls between 80 and 150 nGy hr⁻¹ world over [1,2]. However, there are areas in some part of the world wherein the background radiation levels have been found to be abnormally high. Such areas are referred to as High Background Radiation Areas (HBRA's). Accordingly, the coastal regions of Espirito Santo and the Morro Do Forro in Brazil [3,4] Yangjiang in China [5,6] Southwest coast of India [7–10] Ramsar and Mahallat in Iran [11,12] are identified as HBRA's. Monazite sands have been found to be the source of such high background radiation levels in certain parts of Brazil, China, Egypt and India [1,3,12] while in parts of Southwest France, uranium minerals form the source of natural radiation [13], and in Ramsar, the very high amounts of 226Ra and its decay products brought to the surface by hot springs [11,12] have been found to be the source. In India, the occurrence of monazite sand bearing placer deposits, causing natural radiation along its long coastline, has been reported [1]. Ullal in Karnataka [14], Kalpakkam [15] in Tamilnadu, and coastal parts of Kerala state, and the Southwestern coast of India are known to be HBRA's [10]. Research in these places has generated considerable interest primarily due to geological reasons inasmuch as monazite, the rich source of radioactive uranium and thorium, becomes an important component in the sand from HBRA's [16]. Besides monazite, the beach placer deposits may contain zircon, ilmenite, rutile, and garnet. Further, the possible impact of natural radiation on the biota (including the humans) has been a matter of serious concern from societal and biological stand-points. Some of these areas have been under study for several years with a view to assess the risks and effects of long-term exposure to natural radiation, particularly with respect to the human inhabitants [11,17,10,19]. However, the varying results on the natural radioactivity obtained by the previous investigations from the same locality [20,21] have prompted us to undertake a study focusing on the Chavara – Neendakara placer deposits situated along the Southwest coast of India (Kerala), one of the very well known HBRA's in the world. Not only that the present paper provides us with an estimate of the radioactivity prevailing in Chavara – Neendakara, the authors have also assessed, for the first time, the various parameters of radioactive hazard indices (such as the absorbed gamma dose...
rates, the annual external effective dose rates and the annual gonad absorbable doses) from this HBRA. The types of trace elements in the soil sample have also been computed using EDAX, and are presented in this paper.

**Materials and Methods**

**Description of the Study Area**

The study area includes two adjoining places such as Chavara (8°57.8’N 76°31.8’E) and Neendakara (8°56.8’N 76°32.1’E), along the Southwest coast of India (Kerala State), covering a coastal stretch of about 22 km, categorized as HBRA [10]. The study area is known as Chavara-Neendakara placer deposits as shown in Figure 1.

For the present study, 19 sampling locations that showed high activity (measurable from 1 meter above the ground level) read on a radiation survey meter were chosen. Sand samples were scooped out from a depth of 15–25 cm from each sampling points using a clean, pointed hand shovel [23]. About 1.5 kg of sand was collected from each location for analysis. The samples were stored in clean polythene bags for easy transportation to the laboratory. In the laboratory, the sand samples were dried in oven at 110°C for 12 hours to remove any moisture content. The processed sand samples were kept air tight in standard geometry plastic containers of 250 ml capacity. Alleppey (9°29’28.06”N, 76°19’5.18”E) and Chennai (13°3’18.55”N, 80°17’4.18”E) were identified as the Normal Background Radiation Areas (NBRAs), and were used as

![Figure 1. Map showing sample locations in the high background radiation area (HBRA) Chavara, Puthenthura and Neendakara in Kollam District, Kerala, India.](https://doi.org/10.1371/journal.pone.0050468.g001)
controls. About 1.5 kg of sand sample was collected from 10 sampling locations at a distance of 10 meter intervals from both the control areas for the present study. While collecting the samples, sufficient care was taken to ensure conformance to EML Procedures Manual [22].

No specific permits were required for the described field studies. The location is not privately - owned or protected in any way. The field studies did not involve endangered or protected species.

**Gamma Radiation Survey**

Gamma levels were measured using a portable plastic scintillator (PMI405, Polimaster) measuring micro-Sievert per hour (μSv h<sup>-1</sup>), with an accuracy of ±10, calibrated using different radiation sources (from Environmental Survey Laboratory, Kalpakkam, India).

**Radiometric Analysis**

All the samples were subjected to gamma spectral analysis using high-resolution gamma spectrometry system consisting of coaxial p-type HPGe detector having 50% relative efficiency with respect to 7.62 cm × 7.62 cm NaI (T1) detector. The energy resolution of HPGe detector, measured in terms of full-width at half maximum (FWHM) is 1.9 keV at 1332.5 keV of 60Co gamma energy at 25 cm from the top of the detector. Spectrum stabilized 8 k MCA (APTEC MCA) along with auto bias card were coupled with the HPGe detector. The detector was shielded with 7.5 cm lead to reduce the background contribution of the surroundings. Certified reference materials IAEA RGU, RGTh and RKG were used for energy and efficiency calibration of the system in the energy range from 46.53 to 2614.53 keV. The activity contents of the IAEA reference materials in 250 ml bottle geometry are known within ±5% accuracy. The samples sealed in radon-impermeable plastic containers, were stored for more than 30 days to bring 222Rn and its short-lived daughter products into equilibrium with 226Ra. The detection limit of HPGe detector system for 40K, 226Ra and 232Th in the samples.

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Gamma–ray photo peaks corresponding to 1.461 MeV (40K), 1.764 MeV (214Bi) and 2.615 MeV (208Tl) were considered in arriving at the activity of 40K, 226Ra and 232Th in the samples. The detection limit of HPGe detector system for 40K, 226Ra and 232Th were 21.76 Bq kg<sup>-1</sup>, 3.39 Bq kg<sup>-1</sup> and 6.64 Bq kg<sup>-1</sup> respectively, for a counting time of 20,000 sec.

**Measurement of Radiation Hazard Indices**

Radium equivalent activity (Ra eq), a widely used hazard index, is calculated by:

\[
Ra_{eq}(\text{Bq kg}^{-1}) = A_{Ra226} + 1.43A_{Th232} + 0.077A_{K40} \tag{1}
\]

Where \(A_{Ra226}\) is the specific activity of 226Ra (which is the same as that of 230U) in Bq kg<sup>-1</sup>, \(A_{Th232}\) is the specific activity of 232Th in Bq kg<sup>-1</sup>, and \(A_{K40}\) is the specific activity of 40K in Bq kg<sup>-1</sup>. The absorbed dose rates (D) due to gamma radiation in air at 1 meter above the ground surface, assuming uniform distribution of the naturally occurring radionuclides (226Ra, 232Th and 40K), has been calculated based on guidelines provided by UNSCEAR, 2000 [1]. This calculation was performed after assuming that the contributions from other naturally occurring radionuclides are insignificant. The value of D was calculated by:

\[
D(\text{nGy}^{-1}) = 0.462A_{Ra226} + 0.621A_{Th232} + 0.0417A_{K40} \tag{2}
\]

To estimate the annual external effective dose rates, the conversion coefficient from absorbed dose in air to effective dose (0.7 Sv Gy<sup>-1</sup>) and an outdoor occupancy factor (0.2) proposed by UNSCEAR 2000 [1], were used. Accordingly, the annual effective dose rate (mSv yr<sup>-1</sup>) (AEED) was calculated by:

\[
AEED(\text{mSv yr}^{-1}) = D(\text{nGy}^{-1}) \times 8760 \text{ yr}^{-1} \\
	\times 0.2 \times 0.7 \text{ Sv Gy}^{-1} \times 10^{-6} \tag{3}
\]

The annual gonadal dose equivalent (AGDE) due to the specific activities of 226Ra, 232Th and 40K was calculated using the formula proposed by Mamont-Ciesla [24]. Accordingly,

\[
AGDE(\text{μSv yr}^{-1}) = 3.09A_{Ra226} + 4.18A_{Th232} + 0.314A_{K40} \tag{4}
\]

**Scanning Electron Microscope and Energy Dispersive X-ray Micro-analysis (SEM-EDAX)**

The SEM-EDAX analyses were performed to investigate the morphological characteristics as well as for semi-quantifying the elemental composition. The sand samples were dried and subsequently smoothened using an air blower so as to make it suitable for quantitative determination. The samples were then mounted on stubs with conductive carbon tape coated with carbon, and examined at low vacuum mode at 20–30 kV, using a SEM EDAX JOEL-MODEL 6390 with Secondary - Electron Detector and with a counting time of 120–180 seconds. Microscopic study with EDAX analysis revealed the heavy mineral assemblage in percentage levels in the sand samples.

**Results and Discussion**

The present study revealed that the sand samples collected from Chavara – Neendakara contain radioactive elements at remarkably high levels. Based on HPGe Detector Gamma spectrometric measurements, it could be inferred that elements such as Uranium (238U), Thorium (232Th) and Potassium (40K) are the major causative factors for the radioactivity thus conforming to the previous observations [20,21,25]. The study also indicates that the source of radioactivity in the sand samples of this HBRA could be the Cerium type of Monazite inasmuch as only Ce monazite contains Th along with cerium, lanthanum, praseodymium and neodymium which are common in other varieties.

**Radioactivity Concentrations**

Data on the activity concentration of primordial radionuclides such as 230Th, 232Th and 40K in sand samples (all values reported as Bq kg<sup>-1</sup>) collected from Chavara – Neendakara placer deposits are given in Table 1, and are represented as CH-1 to CH-19. The percentage variation of 238U, 232Th and 40K (existing among the 19 samples) was found to be <4%, <1%, and <5%, respectively. Out of the 22 km stretch of the coastal area featured in our present study in Chavara–Neendakara belt, the activity of 238U was found to be the highest (6023 Bq kg<sup>-1</sup>) at Puthenhura (8°57′46.46″N, 76°31′47.93″E), while the lowest activity (213 Bq kg<sup>-1</sup>) was recorded at Chavara (8°38′9.59″N, 76°31′42.55″E), beside
Indian Rare Earth Limited (IRE) (Table 1). Likewise, the highest activity of $^{232}$Th ($41280$ Bq kg$^{-1}$) has been recorded (as in the case of $^{238}$U) at Puthenthura ($8^\circ57'46.46''N$, $76^\circ31'47.93''E$), the lowest activity of $^{232}$Th ($1399$ Bq kg$^{-1}$) having been recorded at Chavara ($8^\circ58'11.25''N$, $76^\circ31'41.65''E$). The highest $^{40}$K activity ($2531$ Bq kg$^{-1}$) was observed at Chavara ($8^\circ58'16.00''N$, $76^\circ31'39.98''E$, near St. Francis Assissi Church (Chavara-Karithura), while the lowest activity ($222$ Bq kg$^{-1}$) was recorded ($8^\circ58'11.25''N$, $76^\circ31'41.65''E$) beside IRE in Chavara Table 1.

In Alleppey, a Normal Backward Radiation Area (Nبرا), the 10 sampling locations (A-1 to A-10) showed an average activity of $37.5$ Bq kg$^{-1}$ for $^{238}$U, while in the ten locations in Chennai (Nبرا) (C-1 to C-10), the levels were less than $3.39$ Bq kg$^{-1}$, to be designated as below detection limit (BDL). For $^{232}$Th, the sand samples from Alleppey (Nبرا) were showing only very little activity, while in Chennai (Nبرا), the activity was below $6.64$ Bq kg$^{-1}$ (BDL).

The rich presence of $^{232}$Th in the sand samples of the Chavara–Nendarakara place holders had been attracting the attention of researchers for several years. There have been some attempts to quantitatively survey the radioactivity prevailing in this area [20,21]. These surveys, however, have generated varying results, indicating that the amount of the radiation source in the sand sample could vary temporally and/or spatially. As per the previous assessments made by Shetty et al. 2010 [20], the activity of $^{238}$U ranged between $961$ Bq kg$^{-1}$ and $1116$ Bq kg$^{-1}$, while activities for $^{232}$Th and $^{40}$K have been found to vary from $6707$ Bq kg$^{-1}$ to $8099.6$ Bq kg$^{-1}$ and $162.64$ Bq kg$^{-1}$ to $2461$ Bq kg$^{-1}$ respectively. Our estimates (represented in Table 1), however, were observed to be higher than these values. It is difficult to ascertain the cause for the existence of such variations in activity of samples collected from same locality. Admittedly, variations are inevitable due to several factors such as the disturbances caused by human habitation.

The strategy of our present study also encompassed collection and testing the sand samples for (D) from all 19 sites from the 22 km belt in Chavara-Nendarakara HBRA. Out of these sites, the value of (D) was found to be at its lowest (1443 nGy yr$^{-1}$) near St. Francis Assissi Church (Chavara-Karithura, $8^\circ58'12.83''N$, $76^\circ31'41.41''E$) while (D) was shown to be maximum at Puthenthura ($8^\circ57'46.46''N$, $76^\circ31'47.93''E$) 28356 nGy h$^{-1}$ with an average value of 9763 nGy h$^{-1}$ (Table 1). The average values of the (D) from the 10 sampling sites of Nبرا, on the other hand, were found to be 50 nGy h$^{-1}$ and 19 nGy h$^{-1}$ in Alleppey and Chennai respectively as in Table 1.

Among the radionuclides detected from the HBRA, the highest activity was observed for $^{232}$Th (mean value $14000$ Bq kg$^{-1}$), while

| No | Sample Code | Sampling Site | Geographical coordinates | Activity (Bq kg$^{-1}$) | Absorbed Dose rate (D) (nGy h$^{-1}$) | Observed by Scintillometer (nGy h$^{-1}$) |
|----|-------------|---------------|--------------------------|------------------------|--------------------------------------|----------------------------------------|
| 1  | CH-1        | Chavara (Near St Francis Assissi Church) Karithura | $8^\circ58'17.74''N$, $76^\circ31'39.45''E$ | $2929$, $13592$, $276$, $9717$, $9000$ | | |
| 2  | CH-2        | $8^\circ58'16.00''N$, $76^\circ31'39.98''E$ | $3586$, $36229$, $2531$, $25114$, $18000$ | | | |
| 3  | CH-3        | $8^\circ58'15.05''N$, $76^\circ31'40.48''E$ | $3985$, $20862$, $1563$, $14745$, $16000$ | | | |
| 4  | CH-4        | $8^\circ58'14.82''N$, $76^\circ31'40.90''E$ | $3560$, $17999$, $1319$, $12772$, $12000$ | | | |
| 5  | CH-5        | $8^\circ58'13.70''N$, $76^\circ31'41.20''E$ | $2097$, $10037$, $628$, $7165$, $8000$ | | | |
| 6  | CH-6        | $8^\circ58'12.83''N$, $76^\circ31'41.41''E$ | $336$, $2071$, $274$, $1443$, $2000$ | | | |
| 7  | CH-7        | $8^\circ58'12.12''N$, $76^\circ31'41.62''E$ | $1930$, $15026$, $1385$, $10230$, $9000$ | | | |
| 8  | CH-8        | $8^\circ58'11.25''N$, $76^\circ31'41.65''E$ | $399$, $1839$, $222$, $1324$, $1000$ | | | |
| 9  | CH-9        | $8^\circ58'10.22''N$, $76^\circ31'41.82''E$ | $4448$, $29135$, $2230$, $20117$, $17000$ | | | |
| 10 | CH-10       | $8^\circ58'9.59''N$, $76^\circ31'42.55''E$ | $213$, $12013$, $1060$, $7609$, $8000$ | | | |
| 11 | CH-11       | $8^\circ58'8.98''N$, $76^\circ31'42.20''E$ | $2853$, $15324$, $454$, $10769$, $10000$ | | | |
| 12 | CH-12       | $8^\circ57'57.63''N$, $76^\circ31'44.34''E$ | $1423$, $6629$, $915$, $4770$, $5000$ | | | |
| 13 | CH-13       | $8^\circ57'56.84''N$, $76^\circ31'44.63''E$ | $1365$, $6618$, $1040$, $4744$, $5000$ | | | |
| 14 | CH-14       | $8^\circ57'56.14''N$, $76^\circ31'44.99''E$ | $1854$, $9594$, $968$, $6801$, $8000$ | | | |
| 15 | CH-15       | $8^\circ57'47.45''N$, $76^\circ31'47.82''E$ | $1723$, $8319$, $1006$, $5953$, $5000$ | | | |
| 16 | CH-16       | $8^\circ57'46.46''N$, $76^\circ31'47.93''E$ | $6023$, $41280$, $2503$, $28356$, $21000$ | | | |
| 17 | CH-17       | $8^\circ57'45.77''N$, $76^\circ31'48.48''E$ | $639$, $3366$, $841$, $2403$, $3000$ | | | |
| 18 | CH-18       | $8^\circ56'53.26''N$, $76^\circ32'57.53''E$ | $1632$, $8480$, $995$, $6014$, $7000$ | | | |
| 19 | CH-19       | $8^\circ56'49.65''N$, $76^\circ32'56.63''E$ | $1560$, $7618$, $990$, $5447$, $7000$ | | | |
| 20 | A-1 to A-10 | Alleppey (Arabian Sea Coast) | $9^\circ29'28.06''N$, $76^\circ19'5.18''E$ | $37$, $56$, BDL, $50$, $100$ | | |
| 21 | C-1 to C-10 | Chennai (Bay of Bengal Coast) | $13^\circ3'18.55''N$, $80^\circ17'4.18''E$ | BDL, BDL, $446$, $19$, $100$ | | |

*Below Detection Limit.

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**Table 2.** Statistical data for radioactivity concentrations of 238U, 232Th and 40K (Bq kg\(^{-1}\)) in the beach sand samples from the Chavara–Neendakara Placer deposits (HBRA).

|          | 238U       | 232Th     | 40K      |
|----------|------------|-----------|----------|
| Range    | 1839–41280 | 213–6022  | 222–2531 |
| AM       | 2355       | 14000     | 1116     |
| SD       | 1726       | 11025     | 689      |
| Median   | 1854       | 10037     | 1116     |
| Kurtosis | 0.9        | 1.2       | 0.3      |

**Table 3.** Average values of Radium equivalent activity (Ra\(\text{eq}\)), Annual effective dose equivalent rates (AEED) and Annual gonadal dose equivalent (ADGE) in soil samples collected from the studied areas.

| Province                  | Ra\(\text{eq}\) (Bq kg\(^{-1}\)) | AEED (mSv yr\(^{-1}\)) | ADGE (mSv yr\(^{-1}\)) |
|---------------------------|----------------------------------|-------------------------|-------------------------|
| HBRA (Chavara–Neendakara) | 23174.2                          | 8.79                    | 66.15                   |
| NBRA (Alleppey)           | 117.7                            | 0.64                    | 0.35                    |
| NBRA (Chennai)            | 34.451                           | 0.22                    | 0.14                    |

40K (1116 Bq kg\(^{-1}\)) showed the least activity Table 2. The data in Table 1 also reveals that 238U and 232Th activities in Chavara–Neendakara (HBRA) soil samples are significantly higher than (P<0.001) those from Alleppey and Chennai (NBRA).

The present study reveals the occurrence of high positive correlation (\(r = 0.88, P<0.0001\), Figure 2) between the distribution of 238U and 232Th, suggesting significant interdependence between the two variables. Pertinently enough, Nair et al. (2000) [25] in their extensive studies on the distribution of 40K, 238U and 232Th in the soil of Karunagapally Taluk (including Chavara and Neendakara) had reported the existence of a positive correlation between the dose rate at 1 m above ground level and dose rate calculated from 238U, 232Th and 40K concentration in the soil. The existence of significant correlation between the 238U and 232Th content has been reported in other areas such as Jordan [27] Brazilian igneous rocks [28] and Eastern coast of Orissa [29].

**Dose Rate Measurements**

An estimate of the annual external effective dose rates (AEED) depicts a measure of the effective dose equivalent to be received by the public due to soil radioactivity, as computed from the activity concentrations of 232Th, 238U and 40K in bulk sand samples from Chavara HBRA, and assessed by the Equation (3), as represented in Table 3. AEED in Chavara–Neendakara region varied from 1.19 mSv y\(^{-1}\) to 9.33 mSv y\(^{-1}\) with an average of 1.2 mSv y\(^{-1}\). Reviewing the previous reports, it becomes obvious that the AEED values at Chavara – Neendakara are considerably higher than those of several other HBRA and also the world average (0.07 mSv y\(^{-1}\)). The values of AEED from Northern Jordan, for instance, was reported to be 63.2 u Sv y\(^{-1}\) [27] while that from Preta Beach of Brazil was reported to be 0.15 m Sv y\(^{-1}\) [30]. However, on the contrary, the AEED dose from Orissa (2.0 mSv y\(^{-1}\)) was found to be higher than that of Chavara [29]. The radium equivalent activity, which is a widely used hazard index and a measure of the radiation dose likely to be delivered externally to the general public, was determined by assuming the gamma-ray dose rate produced by 238U, 232Th, and 40K as per Equation (1). Accordingly, the average (radium equivalent) activity in Chavara–Neendakara was found to be 23174 Bq kg\(^{-1}\), higher than highlands of Jordan [27].

![Figure 2. Correlation between 232Th and 238U in Chavara-Neendakara soils by gamma-ray spectrometry.](https://doi.org/10.1371/journal.pone.0050468.g002)
AGDE computed from the specific activities of $^{226}$Ra, $^{232}$Th and $^{40}$K (Equation 4) was found to be 66.12 mSv y$^{-1}$ in Chavara –Neendakara and 0.350 mSv y$^{-1}$ in Alleppey and 0.140 mSv y$^{-1}$ in Chennai Table 3. The AGDE value reported in our present study is found to be higher than what was reported from other places such as highlands of Jordan 0.333 mSv yr$^{-1}$ [27] and Egypt 0.12 mSv y$^{-1}$ [21], the threshold limits recommended by ICRP being 1.0 mSv y$^{-1}$ [31]. The average absorbed dose rates ($D$) (9795 nGy h$^{-1}$) computed from the present study is found comparable with the top-ranking HBRAs in the world, thus offering the Chavara –Neendakara placer the second position, after Brazil (Table 4). It is also pertinent that this value (equivalent to: 85.8 mGy yr$^{-1}$) is much higher than the World average of 0.5 mGy yr$^{-1}$ [12]. This perceptibly high absorbed gamma dose rate ($D$), entrained with the high AEDE and AGDE values Table 3 existing in this HBRA warrants for a precise assessment of the impact of the background radiation, if any, on the organisms that inhabit along this placer deposit. National Research Council report on Health Effects of Low Levels of Ionizing Radiation reveals the occurrence of an increased frequency of chromosome aberration in areas of high natural background radiation [32]. The increases are very consistent with radiation workers and in persons exposed at high dose levels. No increase in the frequency of cancer was, however, documented in populations residing in areas of high natural background radiation. Likewise, the cytogenetic studies conducted on newborns and adults, reported the occurrence of chromosomal abnormalities [33,34] although these abnormalities were not different from those of the normal background radiation areas. Furthermore, the studies on telomere length among the adult inhabitants also revealed no significant abnormality [10]. Quite recently, the studies on telomere length among the adult inhabitants revealed no significant abnormality [18].

Table 4. Comparison of radiation dose rates of Chavara-Neendakara beach placer deposit area with other HBRAs.

| S.No | Area (Country)          | Characteristics of Area | Absorbed dose rate in air (nGy h$^{-1}$) | Reference |
|------|-------------------------|-------------------------|-----------------------------------------|-----------|
| **Present Study** |                          |                          |                                        |           |
| 1    | Chavara Neendakara (India) | Monazite sands          | 1475–28,388                            | –         |
| 2    | Guarapari (Brazil)       | Monazite sands          | 90–90,000                              | [40]      |
| 3    | Ramsar (Iran)            | 226Ra in spring water   | 70–17,000                              | [12]      |
| 4    | Southwest (France)       | Uranium minerals        | 10–10,000                              | [13]      |
| 5    | Morro Do Forro (Brazil)  | Thorium rich alkaline intrusive | 2800                                  | [30]      |
| 6    | Nile Delta (Egypt)       | Monazite sands          | 20–400                                 | [31]      |
| 7    | Cox’s Bazar (Bangladesh) | Monazite sands          | 260–400                                | [44]      |
| **India** |                          |                          |                                        |           |
| 8    | Kerala coast             | Monazite sands          | 200–4000                               | [10]      |
| 9    | Ullal (Karnataka)        | Monazite sands          | 2100                                   | [14]      |
| 10   | Tamil Nadu coast         | Monazite sands          | 200–4000                               | [11]      |
| 11   | Kudiraimozhi (Tamil Nadu) | Monazite sands          | 200–900                                | [43]      |
| 12   | Bhimilipatnam (Andhra Pradesh) | Monazite sands       | 200–3000                               | [43]      |
| 13   | Kalpakham (Tamil Nadu)   | Monazite sands          | 3500                                   | [15]      |
| 14   | Chhatrapur (Orissa)      | Monazite sands          | 375–5000                               | [29]      |

**SEM-EDAX Analysis**

The present SEM-EDAX analyses reveal that titanium (Ti) and zircon are the major trace elements in the sand samples; the distribution of Ti ranged from 0.76% to 21.73% with a mean value of 5.7% while that of zircon (Zr) ranged between 0.91% and 16.13% with an average of 5.9%. The other trace elements observed were aluminium (mean = 3.7%), copper (mean = 0.7%), iron (mean = 0.5%), ruthenium (mean = 0.1%), magnesium (mean = 0.2%), calcium (mean = 1.5%), sulphur (mean = 0.1%) and lead (mean = 0.1%) Figure 3. We are further encouraged to collate the results of the study performed by Lal et al. (1989) [35] on the elemental analysis of Indian monazite ore, wherein the authors have reported the occurrence of zircon and lead, in addition to U and Th. We were also able to compare our data (on trace elements) with those of the Egyptian sand samples. It reveals that Ti and Zr, the major components of the sand samples of Chavara –Neendakara, were not present in significant levels in the Egyptian sample [36].

Detailed gamma spectrometric analysis of the results clearly reveals that the high background radiation existing in Chavara Neendakara belt is caused by the presence of $^{232}$Th and $^{238}$U to a considerable extent, and $^{40}$K to a limited extent. The study further indicates that the radionuclide ($^{226}$Ra, $^{232}$Th, $^{238}$U and $^{40}$K) concentration is not uniformly distributed all the way through the 22 km stretch of the HBRA; results of our sampling indicate that there exists a space – dependent variation of radioactivity along the entire coastal stretch of the HBRA (Chavara-Neendakara). The strong positive correlation ($r = 0.88; P < 0.005$) existing between the $^{238}$U and $^{232}$Th concentrations in this HBRA indicates that monazite could be the major source of the background radiation prevalent in this area, and that the profiles of these two elements are interdependent. The study has also helped identification of other trace elements present in Chavara-Neendakara. The average absorbed dose rates ($D$) (9795 nGy h$^{-1}$) computed from the present study is found to be comparable with the top-ranking...
HBRAs in the world, thus offering the Chavara-Neendakara placer the second position, after Brazil. It would be worth recalling at this juncture, some of the investigations performed to assess the impact of human exposure to the background radiation in this region. Nair et al. (2009) [37], for instance, in their attempt to evaluate the health effects of high background radiation (HBR) on human population, had made an extensive study involving approx 4,00,000 individuals living in 12 Panchayats of Karunagapalli Taluk, including Chavara and Neendakara. Their studies have categorically proved that there exists no correlation between human exposure to high-level natural radiation and cancer risk. Other abnormalities such as abortion, Down’s syndrome, congenital malformation and/or chromosomal aberrations were also found to have no correlation with exposure to HBR [18,33,34,38] Forster et al. (2002) [39] on the other hand, reported an association of the exposure to natural radioactivity with the occurrence of mitochondrial DNA mutations in the human inhabitants, evincing abnormalities at the genotype levels. Obviously, more research is warranted before making any generalizations on the impact of background radiation on the human system at large. And virtually no study exists on the lower organisms that inhabit this area and may have a tolerance limit much less than the humans. Pertinently, the lower organisms may enter the food chain and subsequently result in radioactive accumulation in the human inhabitants. In this context, it would be worth mentioning about the sabellarid sand castle worms (Phragmatopoma sp.) inhabiting along the Chavara-Neendakara coast.

These polychaete (Annelid) worms are seen dwelling within small tube-like enclosures formed out of agglutinated sand; the glue-like substance for the agglutination is suggested to be the secretory product of the epithelium. Interestingly, our HPGe (gamma spectrometer) analysis revealed that this agglutinated sand that affords a crest-like protection, is in close proximity to the body of the organism itself, and consists of $^{238}$U (3212 Bq kg$^{-1}$), $^{232}$Th (15865 Bq kg$^{-1}$) and $^{40}$K (2018 Bq kg$^{-1}$), comparable to those of the sand samples from HBRA (Derim et al. unpublished observations). Further, we could also find the presence of several other organisms, primarily invertebrates (edible arthropods and mollusks, for instance) that inhabit along this placer deposit. Future research could address the issue of the possible impact of natural radiation on the biota inhabiting this HBRA.

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Author Contributions

Conceived and designed the experiments: MTD PV BV AG. Performed the experiments: MTD PV AG. Analyzed the data: MTD PV AG. Contributed reagents/materials/analysis tools: MTD PV AG. Wrote the paper: MTD PV BV AG. Obtained permission from BARC: RCC. Permission to use facility at IGCAR Kalpakkam: BV. Permission to use laboratory facilities at VIT: AG.

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