Role of specific IgE, IgG and IgG4 antibodies to corn dust in exposed workers

Hae-Sim Park1 M.D., Dong-Ho Nahm1 M.D., Hee-Yeon Kim1 M.D., Chang-Hee Suh1 M.D., Kyu-Sang Kim2 M.D.

Department of Allergy and Clinical Immunology1, Ajou University School of Medicine, Suwon; The Korean Industrial Safety Corporation2

Background & Methods: To evaluate the role of specific antibodies to corn dust (CD) and their relationship to respiratory dysfunction, we detected serum specific IgE (s IgE), IgG (s IgG) and IgG4 (s IgG4) antibodies by ELISA in 42 employees working in the animal feed industry and 27 unexposed controls.

Results: Our survey revealed that 15 (34.9%) subjects had work-related respiratory dysfunction associated with or without nasal symptoms. Among these subjects, eight had airway hyper-responsiveness to methacholine. Significant differences were noted in s IgE and s IgG between exposed and unexposed groups (p = 0.04, p = 0.00 respectively), but no difference was noted in s IgG4 (p = 0.1). Although there was no significant difference in the prevalence of specific IgE antibody between symptomatic (29%) and asymptomatic groups (19%, p = 0.55), the specific IgE levels were significantly higher in symptomatic workers than in asymptomatic workers (p = 0.03). Specific IgG antibody was detected in 1 (6%) symptomatic and 4 (15%) asymptomatic workers (p = 0.46). Specific IgG antibody was detected in 11 (73%) of symptomatic and 21 (78%) of asymptomatic workers (p = 0.90). The higher prevalence of s IgG4 antibody was noted in workers with s IgE antibody (p = 0.001). The correlation between s IgG4 and exposure duration was significant (r = 0.36, p = 0.02). There was no association between the prevalence of s IgE, s IgG, and s IgG4 to exposure intensity, smoking or atopic status.

Conclusion: These results suggested that the existence of s IgG and s IgG4 might represent a response to CD exposure, and that some unexposed subjects had s IgG4 to CD. Specific IgE might play a role in the development of respiratory symptoms.

Key words: Specific IgE, Specific IgG, Specific IgG4, Corn dust, Exposure

INTRODUCTION

Chronic inhalation of grain dust has been shown to cause acute and chronic airway injury characterized by bronchitis and airflow obstruction1-4. Longitudinal studies have shown accelerated deterioration of pulmonary function in these grain dust workers5, the severity of which appears to be related to the concentration of airborne grain dust in the work environment1-4. In regard to pathogenetic mechanism of corn dust-induced asthma, our previous report demonstrated that inhalation of corn dust (CD) could induce IgE-mediated bronchoconstriction7. However, there have been a few studies suggesting that endotoxin included in the CD might induce airway inflammation, not via immunologic mechanism8-10. Further studies are needed to determine the role of specific IgG in occupational asthma studies. Our previous study dealing with grain dust-induced occupational asthma11 showed that only three of six patients had high specific IgE antibodies to grain dust, while all had high specific IgG antibodies, which suggested that s IgG might represent exposure to grain dust.

Address reprint requests to: Hae-Sim Park, Assistant Professor, Department of Allergy and Clinical Immunology, Ajou University School of Medicine, Paldalgu Wonchondong San-5, Suwon, Korea.
In order to evaluate the clinical significance of serum sIgE, sIgG and sIgG₄ antibodies and their relationships to respiratory dysfunction in CD-induced asthma, we studied the prevalence of CD-specific IgE, IgG and IgG₄ antibodies by ELISA in 43 CD-exposed workers. The relationship of sIgE, sIgG and IgG₄ antibodies was also investigated.

MATERIAL AND METHODS

Subjects

All of the 42 subjects exposed to CD were male and worked for the Dongbang feed industry in Suwon, Korea. Of these employees, 31 were process workers who mixed the materials as well as carried them. They were classified as group II (intermediate exposure, n=12) and group III (high exposure, n=19) according to exposure intensity which was measured by a dust air sampler (Gilian INS, U.S.A.). Twelve employees were office workers and were classified as group I (low exposure group). Lower respiratory symptoms referred to cough, sputum, chest tightness or shortness of breath. Symptomatic employees were those workers who had experienced lower respiratory symptoms during and after CD exposure. Atopy was defined as a positive reactor to more than one of the common inhalant allergens on the skin prick test. All the subjects gave their informed consent as regulated by Ajou University Hospital.

Sera

Sera from 43 employees were collected and stored at -20°C, as well as sera from control subjects consisting of 27 individuals who had never been exposed to CD, and who had demonstrated negative skin tests to 50 common inhalant allergens including CD extracts.

Preparation of extracts

CD was obtained from the patients’ workplace. It was extracted with phosphate-buffered saline (PBS, pH 7.5), 1:5 1.5% v/v) at 4°C for 1 h followed by centrifugation at 5,000 rpm. The supernatant was dialyzed (the cut-off molecular weight was 6,000 Da) against 4 times of distilled water at 4°C for 48 h, passed through the filter (0.2 μm pore sized) to exclude bacterial contamination, and lyophilized at -70°C for the preparation of antigens used in ELISA.

ELISA

ELISA was performed according to the previously described method. A 96-well EIA flat-bottomed plate (Dynatec, USA) was filled with 10 μg/well CD antigens in a carbonate buffer (pH 9.6), and coated with the buffer only, which was preliminarily determined as the optimal concentration. After overnight incubation at 4°C, the plates were washed three times with 0.05M Tween-phosphate-buffered saline (PBST). To each well was added 250 μl of 5% bovine serum albumin (BSA)-PBST, which was then incubated for 60 minutes at 37°C. All three assays were performed in triplicate.

Anti-corn dust IgG ELISA

Fifty microlitres of diluted patients’ serum or negative control serum (1/200 in diluent buffer; PBST containing 3% BSA) were added to each well coated with CD. After incubation for 2 hours at 37°C, the wells were washed three times with PBST. One hundred microlitres of horseradish peroxidase (HRP)-conjugated goat anti-human IgG (Sigma Co., USA) diluted into 1/2000 v/v with 3% BSA-PBST, were added to each well. The plates were then incubated at 4°C for 2 hours. The wells were washed three times with PBST and then 50 μl of substrate solution were added, containing 0.01M 0-phenyl deamine-HCl in citrate phosphate buffer, pH 4.2, supplemented with 0.012% H₂O₂ before use. After incubation for 15 minutes at room temperature, 50 μl of 1 N H₂SO₄ were added to stop the reaction. The optical density of the solution at 490 nm was determined with a microtitre plate reader (MR 600, Dynamic Product, USA). The antibody titres were expressed as absorbances at 490 nm. The positive cut-off value was determined from the mean and three-fold standard deviation of the 27 negative controls. The final absorbances were obtained by the subtraction of the absorbance of each uncoated well.

Anti-corn dust IgG₄ ELISA

Fifty microlitres of patient serum or negative control serum (undiluted) were added to each well coated with 10 μg/well of corn dust, and incubated for 2 hours at room temperature. After the wells were washed three times with PBST, 50 μl of biotin-conjugated mouse monoclonal anti-human IgG₄ (Sigma Chemical Co., USA) was diluted to 1/1000 (v/v) with 5% BSA-PBST and were incubated.
ELISA for specific IgE antibodies to corn dust extracts

The wells were incubated for 2 hours at room temperature with 50 μl of either the patients' sera (undiluted) or control sera from the 27 controls. After washing three times with PBST, 100 μl of the 1:1000 v/v biotin-labeled goat anti-human IgE antibody (Sigma Co. USA) were added to the wells and incubated for 2 hours at room temperature. The wells were then washed three times with PBST and incubated with 1:1000 v/v streptavidin-peroxidase (Sigma Co. USA) for 30 minutes before another washing step, which was followed by incubation with 50 μl ABTS (2,2'-azinobis-3-ethylbenzthiazoline sulfonyl acid in a citrate phosphate buffer) for 30 min at room temperature. The reaction was stopped by the addition of 50 μl of 2 N sodium azide, and the absorbance was read at 410 nm by an automated microplate reader. The positive cut-off value was determined from the mean absorbance and 3-fold standard deviations of the controls.

Statistical analysis

The x² ANOVA tests were applied using the SPSS version 7.0 (Chicago) to evaluate the statistical differences among the data: A p value of 0.05 or less was regarded as significant.

RESULTS

Immunologic studies

Figures 1 and 2 illustrate the distributions of sIgE, sIgG

Fig. 1. Comparison of serum specific IgE antibody to corn dust in 43 exposed workers and unexposed controls. I: Low exposure group, II: Intermediate exposure group, III: High exposure group.

Fig. 2. Comparison of serum specific IgG and IgG4 antibodies to corn dust in 43 exposed workers and unexposed controls. I: Low exposure, II: Intermediate exposure, III: High exposure
and s IgG antibodies to CD in all employees and controls. Significant differences were noted in s IgE and s IgG4 among the four groups (p=0.04, p=0.01), with no significant differences in specific IgG among the four groups (p=0.21) because unexposed controls had high specific IgG to CD. Table 1 summarizes the prevalences of specific IgE, s IgG, and s IgG4 antibodies to CD. There were no associations between the presence of respiratory symptoms and the prevalences of s IgE, s IgG and s IgG4 antibodies. Of the 15 symptomatic workers, 4 (27%) had high specific IgE bindings, whereas 10 (37%) out of 27 asymptomatic workers were positive (p=0.55). One (6%) out of 15 symptomatic workers had s IgG, and 11 (73%) had s IgG antibodies to CD (p=0.46, p=0.90, respectively). When comparing specific antibody levels between symptomatic and asymptomatic groups, no significant differences were noted in specific IgE level (p=0.55), s IgG and s IgG4 levels as shown in Table 1 (p=0.55, 0.90, respectively). An appreciable number of asymptomatic workers also had s IgG (78%) or s IgG4 (15%) antibodies. The prevalence of s IgG antibody was significantly higher in workers with s IgE (p=0.001), and not in those with s IgG (p=0.57) as shown in Table 2.

### Table 1. Association between respiratory symptoms and specific antibodies to corn dust

| Respiratory symptoms | Prevalence |
|----------------------|------------|
| Presence (n=15)      | Specific IgE* 4/15 (27) 1/15 (6) |
|                      | Specific IgG** 1/15 (73) |
| Negative (n=27)      | Specific IgG4*** 2/27 (78) |

*p=0.55, **p=0.46, ***p=0.90

### Table 2. Association between specific IgE and IgG or IgG4 antibodies to corn dust

| Specific IgE antibody | Specific IgG antibody prevalence (%) | Specific IgG4 antibody prevalence (%) |
|-----------------------|-------------------------------------|--------------------------------------|
| Positive reactor      | 27 (29)***                          | 12/17 (86)**                        |
| Negative reactor      | 12/62 (19)                         | 2/55 (38)**                         |

*p=0.57, **p=0.01

Relationship between intensity and length of exposure and serum specific antibodies to corn dust

In this study, 42 workers were classified into three groups according to the exposure intensity of their workplace. The prevalences of s IgG and s IgG4 were not significantly different among the three different exposure groups. The length of exposure varied from 1 to 13 years. There was a significant correlation between duration of CD exposure and s IgG level, but not with s IgG4 level (r=0.36 with s IgG (p=0.02 in Fig 3), r= 0.28 with s IgG4 (p=0.07), data was not shown).

### Fig. 3. Correlation between specific IgG to corn dust and exposure duration. A statistical significance was noted (r=0.36, p=0.02).

Association between smoking and atopy, and specific IgG and IgG4 antibodies

Table 3 and 4 show that there is no association between atopy and the prevalence of s IgE, s IgG and s IgG4 antibodies (p=0.09, 0.71, 0.52, respectively). Table 3 and 5 show a significant association between smoking status and the prevalence of s IgG (p=0.04), but not with s IgE (p=0.49) nor s IgG (p=0.12) antibodies.

Comparison of skin test reactivity to common inhalant allergens

Table 6 shows comparison of skin reactivity to other common inhalant allergens between positive and negative reactors to CD on skin prick test. No significant associations were found with skin reactions to D. farinae, Tyrophagus spp., ragweed or mugwort pollen antigens (p>0.05).
Table 3. Association between specific IgE binding to corn dust and smoking and atopic status

|                     | Specific IgE antibody to corn dust | P value |
|---------------------|-----------------------------------|---------|
|                     | Positive | Negative |         |
| Current & Ex-smoker | 12/30(40.6) | 18/30(60.0) | 0.49   |
| Non-smoker          | 3/13(23)  | 10/13(76.9) |         |
| Atopy               | 12/29(41.3) | 17/29(58.6) | 0.09   |
| Non-atopy           | 2/14(14.2) | 12/14(85.7) |         |

Table 4. Association between atopy and specific IgG or IgG4 antibodies to corn dust

|                  | Specific IgG antibody prevalence (%) | Specific IgG4 antibody prevalence (%) |
|------------------|--------------------------------------|--------------------------------------|
| Presence         | 4/29(14)***                         | 22/29(76)***                         |
| Absence          | 1/14(7)***                          | 10/14(71)***                         |

* Individuals who had a positive skin prick test to one or more common inhalant allergen

** p=0.71 *** p=0.52

Table 5. Association between smoking and specific IgG and IgG4 antibodies to corn dust

|                  | Specific IgG antibody prevalence (%) | Specific IgG4 antibody prevalence (%) |
|------------------|--------------------------------------|--------------------------------------|
| Non-smoker       | 3/13 (23)*                          | 7/13 (54)***                         |
| Current & Ex-smoker | 2/30 (13)*                         | 25/30 (83)***                        |

*p=0.12 **p=0.04

Table 6. Prevalence of specific IgE antibody to corn and grain dust in positive reactors to inhalant allergens

| Allergens  | Specific IgE to corn dust | P value |
|------------|--------------------------|---------|
|            | Positive | Negative |         |
| D. farinae | 9/23     | 14/23    | >0.05   |
| Tyrophagus | 10/26    | 16/26    | >0.05   |
| Ragweed    | 1/2      | 1/2      | >0.05   |
| Mugwort    | 2/3      | 1/3      | >0.05   |

DISCUSSION

A previous study demonstrated the presence of serum specific IgE antibodies to CD by ELISA and identified the IgE-binding components within CD extract by immunoblotting in the sera of asthmatic workers. In this study, significant differences were noted in specific IgE antibody between exposed and unexposed groups. Moreover, the specific IgE antibody level was significantly higher in symptomatic workers than in asymptomatic workers. These findings support the view that specific IgE to CD may be responsible for asthmatic symptoms in exposed workers. However, some asymptomatic workers had high specific IgE antibody. Further studies will be needed to investigate the clinical course of asymptomatic sensitizers.

There have been a few studies suggesting inhalant allergens, such as house dust mite, pollens, fungus or storage mites included in grain dust, could act as allergens instead of grain dust itself. Several other investigators reported that endotoxin included in CD extract might induce airway inflammation. However, our previous study demonstrated six asthmatic subjects who had worked in the same workplace, showed negative bronchial challenges on grain dust bronchoprovocation test, in contrast with six asthmatic subjects with positive bronchial challenges. In the present study, the skin prick test results to other common inhalant allergens showed no significant associations with skin reactivity to CD. Furthermore, CD-ELISA inhibition test results showed minimal inhibitions by house dust mite or mugwort pollen allergens, which were the most prevalent antigens on skin prick in 43 employees tested. These findings suggest that CD used in the present study could act as an allergen itself. The possibility of contamination by other inhalant allergens or cross-reactivity with them seems to be extremely low.

The sIgG response in occupational asthma studies seems to be complex, and could elicit a variable response depending on the kind of antigens involved. In this study, we succeeded in detecting sIgG and sIgG antibodies to CD by ELISA. ELISA inhibition tests with serial addition of various concentrations of CD antigens showed significant inhibitions in a dose-dependent manner, not by other inhalant allergens (data was not shown) suggesting that antibodies detected in this ELISA system might be derived from specific bindings. In the case of isocyanate-induced occupational asthma studies, the level of sIgG to hexamethylene disocyanate and methylene disocyanate bore a satisfactory association with the results of specific...
inhalation challenges, while the levels of specific IgE did not. Our previous study on reactive dye-asthma revealed that there was an association between work-related respiratory symptoms and the prevalence of sIgG or sIgG. However, several studies in other occupational settings have suggested that the presence of sIgG may represent a response to high dose exposure, not directly related to the development of respiratory symptoms. Quincke et al. reported that all employees at a carmine dye factory, regardless of their occupation or presence of respiratory symptoms, had high levels of sIgG, probably as a consequence of the highly carmine-contaminated environment to which they were exposed. Similarly, the study of sIgG in workers of the potato-processing industry demonstrated that sIgG was found in nearly all workers, and a specific IgG subclass was found in about half of the workers, suggesting IgG as a predominant antibody. In this study, most workers, regardless of presence of respiratory symptoms, had sIgE, sIgG, IgG antibodies when exposed to CD, and no association was found with the presence of respiratory symptoms. The correlation between length of exposure and sIgG was significant. These results suggest that the existence of sIgG and sIgG to CD might represent a response to CD exposure without being related to respiratory symptoms.

This study revealed no association between smoking and sIgE or sIgG antibodies to CD. However, a significant association was found between sIgG antibodies and smoking status. No association was found between atopy and sIgG antibodies, which was a comparable finding to those in other studies, suggesting that pre-existing atopy did not affect the development of sIgE, sIgG and sIgG antibodies to CD. Further investigations will be needed to study the role of smoking in the development of sIgG antibody to CD.

Our results suggest that CD could induce an immunologic, IgE-mediated response in exposed workers, which may contribute to the development of respiratory symptoms. The existence of the serum specific IgG and IgG antibodies to CD might represent exposure to CD. This response, however, is probably of no relevance to the occurrence of respiratory symptoms.

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