Enhancing the Electrochemical Properties of LaCoO₃ by Sr-Doping, rGO-Compounding with Rational Design for Energy Storage Device

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Abstract
Perovskite oxides, as a kind of functional materials, have been widely studied in recent years due to its unique physical, chemical, and electrical properties. Here, we successfully prepared perovskite-type LaCoO₃ (LCOs) nanomaterials via an improved sol-gel method followed by calcination, and investigated the influence of calcination temperature and time on the morphology, structure, and electrochemical properties of LaCoO₃ nanomaterials. Then, based on the optimal electrochemical performance of LCO-700-4 electrode sample, the newly synthesized nanocomposites of Sr-doping (LSCO-0.2) and rGO-compounding (rGO@LCO) through rational design exhibited a 1.45-fold and 2.03-fold enhancement in its specific capacitance (specific capacity). The rGO@LCO electrode with better electrochemical performances was further explored by assembling rGO@LCO/rGO asymmetric supercapacitor system (ASS) with aqueous electrolyte. The result showed that the ASS delivers a high energy density of 17.62 W h kg⁻¹ and an excellent cyclic stability with 94.48% of initial capacitance after 10,000 cycles, which are good electrochemical performances among aqueous electrolytes for green and new efficient energy storage devices.

Keywords: Perovskite oxides, LaCoO₃-based nanocomposites, Rational design, Electrode materials, Energy storage devices

Introduction
With the depletion of fossil fuel reserves, the increase of energy cost, and the aggravation of environmental pollution, the research and development of efficient and reliable energy storage and conversion devices that can fully obtain and utilize renewable energy resources are facing great challenges and have attracted extensive attention [1–3]. Supercapacitors (SCs), also known as ultracapacitors (UCs), as a bridge connecting the huge difference between conventional capacitors and batteries, have attracted extensive research in recent decades for their unique advantages, such as higher energy density than conventional capacitors, higher power density, ultra-long service life, and environment friendly in comparison with batteries, as well as high safety and fast charge-discharge ability [4–6]. SCs can be divided into electrical double layer capacitors (EDLCs) and faraday capacitors according to the different reaction process and charge storage mechanism. The ion accumulation occurred at the interface between the electrode and electrolyte to store charge is EDLCs, which is a physical process and mainly uses various carbon electrode materials [7–11]. While the charge stored at the surface or subsurface of the electrode materials by a fast reversible faraday reaction or ion intercalation/de-intercalation is faraday...
capacitors, which is a chemical reaction process and its electrode materials mainly include transition metal oxides (hydroxides), nitrides, conductive polymers, and so on [12–17]. Since electrode material plays a crucial role in the electrochemical properties of SCs, while pure carbon materials usually have low energy density, many researches and efforts are focused on the electrode materials for faraday capacitors with high specific capacitance and high energy density [12, 18–20].

Recently, ABO₃-type perovskite oxides, where A is lanthanide or alkaline earth element and B is transition metal, have been widely studied and applied in the field of energy storage as a kind of electrode material with exceptional electronic structure, excellent ionic conductivity, and thermal stability [21–24]. Che et al. [25] reports a novel anion-intercalated pseudocapacitive electrode of perovskite oxide LaNiO₃ synthesized using sol-gel method, and it exhibits excellent electrochemical performances with a high specific capacitance of 478.7 F g⁻¹ at 0.1 mV s⁻¹ and a good cycling stability of reducing 5.5% charge-discharge efficiency after 15,000 cycles. Shafi et al. [26] synthetizes 3D polyhedron structured LaMnO₃ nanoparticles using natural lemon juice (LJ) as a green surfactant, and the defined LMO nanoparticle shows a 3-fold enhancement in its specific capacitance. What is more, the symmetric two electrode cell assembled with LMO/3.0 delivers a high energy density of 52.5 Wh kg⁻¹ at a power density of 1000 W kg⁻¹, and an outstanding cyclic stability with 97% retention of its maximum capacitance and 117% of its initial capacitance over 10,000 cycles. As the transition metal located in B position in ABO₃-type perovskites, Mn, Ni, and Fe have been studied a lot for energy storage materials [22, 27–29]. Therefore, Co element with similar properties is also worthy of further study, especially for its modified nanocomposite [30–34]. However, the reported electrochemical properties of LaCoO₃ and its modified composites are less than those of LaNiO₃, LaMnO₃, and other similar materials, which is worthy of further investigation.

In view of this, in this paper, we rationally designed and optimized the synthesis process, and successfully synthesized the perovskite-type LaCoO₃ nanocomposite by sol-gel method followed by calcination, and investigated the influence of calcination temperature and time on the morphology, structure, and electrochemical properties of LaCoO₃ nanomaterials. In addition, changing the lattice structure and oxygen vacancy of the material by doping and forming the composite material by combining with the material with high specific surface area are the two most commonly used techniques to enhance the electrochemical performance of a single pure phase electrode material. Therefore, based on the optimal LCO-700-4 electrode material, we choose two strategies of A-site element substitution (Sr) and composite with reduced graphene oxide (rGO) material with high specific surface area to further explore the influence of Sr-doping and rGO-compounding on its electrochemical performance of the newly synthesized LSCO-0.2 and rGO-compounding LaCoO₃ (rGO@LCO) nanocomposites through rational design. Compared with pure LaCoO₃ (LCO) electrode materials, the electrochemical properties of LSCO-0.2 and rGO@LCO nanocomposite electrodes have been significantly improved, especially for rGO@LCO electrode. The better electrochemical performance of the rGO@LCO electrode displays a high specific capacitance of 416 F g⁻¹ (specific capacity: 63.56 mAh g⁻¹) at a current density of 0.5 A g⁻¹, and a good rate capability. When an asymmetric supercapacitor system (ASS) is assembled with rGO@LCO electrode as the positive electrode and rGO electrode as the negative electrode, the rGO@LCO/rGO ASS exhibits a high energy density of 17.62 Wh kg⁻¹ at a power density of 170 W kg⁻¹, and an excellent cyclic stability with 94.48% of initial capacitance after 10,000 cycles at a large scan rate of 100 mV s⁻¹. This result demonstrates that LaCoO₃ and LaCoO₃-based nanocomposites as electrode materials have great potential in green and efficient new energy storage devices.

Experimental Methods

Synthesis of Porous LaCoO₃ and Sr-Doped LaCoO₃ Nanomaterials

All chemical reagents were analytical grade and were not further purified before using in this experiment. In a typical synthesis process, 1 mM of lanthanum nitrate hexahydrate and 1 mM of cobalt nitrate hexahydrate were dissolved in 40 ml of N,N-dimethylformamide (DMF) and magnetically stirred for 2 h. Later, 0.45 g of polypyrrolidone (PVP-K30) was slowly added into the above mixture to get a homogeneous solution by continuous magnetic stirring for 3 h. And then, the homogeneous mixture was heated and stirred until the gel formed. Then the obtained gel was transferred to the crucible and placed in a muffle furnace for annealing treatment at 600 °C for 4 h at a heating rate of 5 °C min⁻¹. The obtained sample naturally cooled to room temperature was LaCoO₃-600 °C-4 h (recorded as LCO-600-4) nanomaterials. Under the same synthetic process, a series of LCO₃ nanomaterials were obtained by controlling the reaction temperature and time, and recorded as LCO-700-4, LCO-800-4, LCO-700-2, and LCO-700-3.

The synthesis process of Sr-doped LaCoO₃ nanocomposites was similar to the above-mentioned LCO₃ materials, except that in the initial step: 1 mM of lanthanum nitrate hexahydrate was changed to 0.8 mM of lanthanum nitrate hexahydrate and 0.2 mM of strontium nitrate, and the subsequent process was exactly the
same. The synthesized Sr-doped LCO-700-4 nanocomposite was La$_{0.8}$Sr$_{0.2}$CoO$_{3-δ}$ and recorded as LSCO-0.2.

**Synthesis of Porous rGO@LaCoO$_{3-δ}$ Nanomaterials**

Graphene oxide (GO) was prepared from natural flake graphite powder by a modified Hummer's method [15]. In a simple solid-state method followed by high-temperature heat treatment synthesis process, 10 mg of prepared GO was grinded into powder in a mortar. Then 90 mg of synthesized LCO-700-4 sample was added into it and continue to grind them. After two materials were fully ground and mixed evenly, the mixture was transferred to a crucible and placed in the quartz tube of the tubular furnace. The heat treatment condition was 700 °C for 1 h under Ar atmosphere. Afterwards, the fabricated electrode was trimmed carefully and dried overnight in a vacuum oven at 75 °C. The load of each electrode was about 1.8 mg.

The electrochemical performance measurements included cyclic voltammetry (CV), galvanostatic charge/discharge (GCD), and electrochemical impedance spectroscopy (EIS). The working electrode was immersed in the electrolyte overnight before test to promote the full contact between the electrolyte and the active material of working electrode. The gravimetric specific capacitances of the electrode were calculated based on the Eq. (1):

$$ Sc = \frac{I \times \Delta t}{m \times \Delta V} $$

where $Sc$ (F g$^{-1}$) is the specific capacitances, $\Delta t$ (s) is the discharge time, $m$ (g) is the mass of active material, and $\Delta V$ is the range of potential window.

As for the two-electrode system, an asymmetric supercapacitor system (ASS) based on rGO@LCO electrode as the positive electrode and the rGO electrode as the negative electrode. And the mass of both electrodes was calculated according to the Eq. (2). Furthermore, the specific capacitance ($C$, F g$^{-1}$), energy density ($E$, Wh kg$^{-1}$) and power density ($P$, kW kg$^{-1}$) of the ASS were calculated based on the Eqs. (3), (4), and (5), respectively:

$$ \frac{m_+}{m_-} = \frac{Sc_- \times \Delta V_-}{Sc_+ \times \Delta V_+} $$

$$ C = \frac{I \Delta t}{M \Delta V} $$

$$ E = \frac{1}{2 \times 3.6} C(\Delta V)^2 $$

$$ P = \frac{3600E}{\Delta t} $$

where $m_+$ (g) and $m_-$ (g) are the mass of positive electrode and negative electrode, respectively. $Sc_+$ (F g$^{-1}$) and $Sc_-$ (F g$^{-1}$) is the specific capacitance of positive electrode and negative electrode respectively calculated according to the three-electrode system. $M$ (g) is the total mass of both electrodes.
Results and Discussion

Effects of Calcination Temperature and Time on the Morphology, Structure, and Electrochemical Properties of LCOs Materials

The scanning electron microscopy (SEM) images of LCOs nanomaterials prepared at different calcination temperatures and times are presented in Fig. 1a–e. It can be seen that the morphologies of all samples prepared under different calcining conditions are generally similar, and the subtle differences are mainly reflected in the particle size and porosity. With the increase of calcining temperature, the obtained LCO materials have more loose and abundant pore structure, but excessive temperature (Fig. 1c) will make the small particles to form a compact and large block structure, which reduces the porosity of the LCO material. And with the same calcination temperature and different calcination times, the LCO material shows a very similar morphology. Figure 1f shows the X-ray power diffraction (XRD) patterns of all prepared LCOs materials. The strong diffraction peaks at $2\theta = 23.3^\circ$, $32.9^\circ$, $33.3^\circ$, $40.7^\circ$, $47.5^\circ$, and $59.0^\circ$ are successfully indexed to the (012), (110), (104), (202), (024), and (214) crystal planes, respectively, which is attributed to the facets of hexagonal LaCoO$_3$ according to JCPDS no: 48-0123. It can be seen that all LCOs samples have same diffraction peaks and no impurity peak, confirming a high purity of the samples. In addition, by careful comparison, it can be seen that compared with calcination time, the difference of calcining temperature has a greater impact on the crystallinity of materials. And the higher the temperature, the higher the crystallinity for the prepared LCOs samples. According to several main diffraction peaks of LCO samples and calculated according to the Scherer’s formula, the average crystalline size of LCO-700-4 sample is about 44.87 nm, which is slightly different from other samples at different calcining conditions (LCO-600-4 (43.65 nm), LCO-800-4 (47.15 nm), LCO-700-2 (44.53 nm), LCO-700-3 (44.15 nm)). A typical type-IV isotherm in the N$_2$ adsorption-desorption isotherms indicates the existence of the mesoporous structure in all LCOs samples (Fig. 1g). In addition, it can be seen from the inset (Table 1)
in Fig. 1g that excessive calcination temperature will seriously affect the specific surface area and porosity of the material.

Figure 2a shows the CV curves of all electrodes at a scanning rate of 50 mV s\(^{-1}\). It can be seen clearly that the reaction process includes the characteristics of double electric layer process (quasi rectangle in low potential area) and faraday reaction (obvious oxidation-reduction peaks), indicating that the generated capacitance includes double electric layer capacitance and faraday capacitance. Moreover, by comparison, it can be concluded that the area enclosed by CV curve of LCO-700-4 electrode is larger, which means that it has larger capacitance. The corresponding GCD curves of these electrodes at 0.5 A g\(^{-1}\) are displayed in Fig. 2b. The GCD curves with the nonlinear triangles further show that the capacitance generated in the charging-discharging process includes the double layer capacitance and the faraday capacitance. And calculated from GCD curves, the specific capacitance of LCO-700-4 electrode is 205.04 F g\(^{-1}\) (specific capacity: 31.33 mAh g\(^{-1}\)), which is slightly higher than that of LCO-600-4 electrode (140.03 F g\(^{-1}\), 21.39 mAh g\(^{-1}\)), LCO-800-4 electrode (166.23 F g\(^{-1}\), 25.40 mAh g\(^{-1}\)), LCO-700-2 electrode (174.37 F g\(^{-1}\), 26.64 mAh g\(^{-1}\)), and LCO-700-3 electrode (185.22 F g\(^{-1}\), 28.30 mAh g\(^{-1}\)), respectively.

The impedance behavior of these LCOs electrodes are measured in the frequency range of 100 kHz to 0.01 Hz with an amplitude of 5 mV to understand the charge transfer process. As shown in Fig. 2c, all Nyquist plots contain an arc in the high frequency and an approximate straight line with a high slope in the low frequency. The diameter of the distorted arc in the high-frequency region represents the charge transfer resistance (R\(_{ct}\)). It can be seen from the insert in Fig. 2c that all LCOs electrodes have very small R\(_{ct}\) except for LCO-600-4 electrode with a slightly larger R\(_{ct}\), indicating that the perovskite LaCoO\(_3\) material is very favorable for the rapid transmission of charge [35, 36]. The slope of the straight line in the low-frequency region represents Warburg impedance (W\(_o\)), which mainly reflects the diffusion resistance of electrolyte and proton in the active material [24, 37]. A larger slope means a lower W\(_o\).

### Table 1: Textural parameters of the LCO-700-4, LSCO-0.2 and rGO@LCO samples

| Sample     | \(S_{BET}\) (m\(^2\) g\(^{-1}\)) | \(D_{DFT}\) (nm) | \(V\) (cm\(^3\) g\(^{-1}\)) |
|------------|---------------------------------|------------------|-----------------------------|
| LCO-700-4  | 22.55                           | 23.85            | 0.084                       |
| LSCO-0.2   | 29.74                           | 25.21            | 0.121                       |
| rGO@LCO    | 59.89                           | 18.79            | 0.204                       |

\(S_{BET}\) represents the BET surface area; \(D_{DFT}\) is the DFT desorption average pore diameter; \(V\) represents the total pore volume.

Fig. 2  
\(a\) CV curves at 50 mV s\(^{-1}\), \(b\) GCD curves at 0.5 A g\(^{-1}\), and \(c\) Nyquist plots in the frequency range of 100 kHz to 0.01 Hz for all prepared LCOs electrodes at different calcination temperatures and times. \(d\) Cycling stability of LCO-700-4 electrode at 100 mV s\(^{-1}\) for 5000 cycles (insert shows the comparison of CV curves at 5th cycle, 2500th cycle, and 5000th cycle).
material has a better diffusion dynamics properties of electrolyte and proton.

The cycling stability of LCO-700-4 electrode with the optimal electrochemical performance for 5000 cycles at a large scanning rate of 100 mV s$^{-1}$ is presented in Fig. 2d. It can be observed that the capacitance increases with cycle numbers. And with further careful observation, the capacitance increases faster as the number of cycles increases, especially in the initial 800 cycles. Then after about 3000 cycles, the increment of capacitance decreases gradually as the number of cycles increases, which can be seen from the decrease in the approximate slope of the capacitance retention curve in Fig. 2d. Therefore, we infer that the LaCoO$_3$ nanomaterial has a stable structure and can buffer the volume change under a large scanning rate, so that the LaCoO$_3$ nanomaterial is activated continuously in the early stage of redox reaction until it is fully activated. In the later stage, with the continuous sufficient infiltration of electrolyte and active substance, the activation of internal active sites is further promoted, thus further enhancing the specific capacitance [24, 38]. The increase of capacitance is fully illustrated by the CV curves at the 5th, 2500th, and 5000th cycles as shown in the insert in Fig. 2d, which can be seen that the area enclosed by CV curve increases with the increase of cycle numbers.

Effects of Sr-Doping and rGO-Compounding on the Morphology, Structure, and Electrochemical Properties of the Newly Synthesized Nanocomposites

Through reasonable adjustment and control of Sr-doping amount and rGO-compounding content, we further explore the influence of Sr-doping and rGO-compounding on the newly synthesized LCO-700-4-based nanocomposites, in order to obtain better performance of the LCO-based composite electrode. The specific capacitance of Sr-doping LCO series electrodes are showed in Fig. 3a. With the increase of Sr-doping content, the specific capacitance of Sr-doping LaCoO$_3$ (LSCOs) composite electrode increases first and then decreases, and the LSCO-0.2 electrode ($\text{La}_{1-x}\text{Sr}_x\text{CoO}_3$, $x = 0.2$) shows the best capacitance performance. Simultaneously, the specific capacitance of rGO-compounding LCO series electrodes are presented in Fig. 3b. It can be seen that rGO@LCO-10 (LCO: 90 mg, rGO: 5 mg, 10 mg, 20 mg, 30 mg) electrode has the best capacitance property. However, the excess of rGO in composites makes the specific capacitance decrease sharply. We speculate that the agglomeration caused by excessive rGO not only fails to effectively increase the capacitance, but also affects the pore structure of the composite, which is not conducive to the ion/electron transport, thus reducing the electrochemical performance of the rGO@LCO composites. In order to further explore the influence of Sr-doping and rGO-compounding on the electrochemical performance of the newly synthesized LCO-700-4-based nanocomposites, and make a comparative analysis with LCO-700-4 electrode material. Therefore, in the following research of this paper, we focus on exploring the electrode materials with the optimal capacitance property in their respective series to compare with LCO materials.

The morphology and microstructure of LCO-700-4, LSCO-0.2, and rGO@LCO samples are presented in Fig. 4a–c. It can be observed that the LSCO-0.2 and rGO@LCO nanocomposites have more porous structure and smaller particle morphology with more evenly dispersed. Furthermore, it also can be observed that the LCO material can be well dispersed in and between the rGO sheets, effectively reducing the occurrence of agglomerated graphene with the property of easy agglomeration. The detailed structure of rGO@LCO composite is further characterized by HRTEM image, as shown in Fig. 4d. The porous structure of LCO materials can be well dispersed in rGO materials. In addition, due to the influence of GO reactants, it can be seen that the lattice fringes of the LCO materials are not obvious, which indicates that the crystallinity of the LCO materials in rGO@LCO composites is reduced by the influence of
GO materials. The crystal structure and phase composition of the synthesized LSCO-0.2 and rGO@LCO are characterized by XRD, and the comparison of XRD pattern for their and LCO-700-4 sample is displayed in Fig. 4e. It can be seen that the position of the main diffraction peak of LSCO-0.2 sample is basically the same as that of LCO-700-4 sample. But due to the influence of Sr-doping, the intensity of diffraction peak decreases and a small number of small peaks appear. Similarly, the major diffraction peaks of LCO-700-4 samples are also reflected in rGO@LCO nanocomposites. However, at the same time, due to the high temperature reaction between LaCoO$_3$ and rGO materials, a small amount of by-product of LaCO$_3$OH materials (JCPDS no: 26-0815) appears in the rGO@LCO nanocomposites, corresponding to the diffraction peak of the position located at about 2$\theta$ = 29.8°. In addition, the weak peak located at around 2$\theta$ = 26.2° should be considered to be the diffraction peak of rGO materials. Figure 4f displays the Raman spectra of rGO and rGO@LCO samples. The characteristic peak located at around 1331.17 cm$^{-1}$ corresponds to the D-band, which mainly represents the defect and the disordered structures of graphene. And the characteristic peak located at around 1594.53 cm$^{-1}$ corresponds to the G-band, which mainly produced by the in-plane stretching vibration of sp$^2$ carbon atom. In addition, a slight decrease of the $I_D/I_G$ value from rGO to rGO@LCO indicated fewer defects in the influence of LCO sample participating in the reaction.

The nitrogen adsorption-desorption isotherms of LCO-700-4, LSCO-0.2, and rGO@LCO samples illustrated in Fig. 5a display a typical type-IV isotherm with a hysteresis loop at $P/P_0$ of about 0.75, indicating the existence of a large number of mesopore nanostructures. Simultaneously, the capillary condensation occurs at higher pressure also means that these samples have both mesopores and macropores [39]. The corresponding pore size distribution curves are presented in Fig. 5b. It can be observed that the pore size of these materials is mainly concentrated in 10–50 nm. However, due to the
existence of rGO materials, there are more pores with diameter less than 5 nm in rGO@LCO composite. The specific surface areas ($S_{BET}$) of LCO-700-4, LSCO-0.2, and rGO@LCO are calculated to be 22.55, 29.74, and 59.89 m$^2$ g$^{-1}$, respectively (Table 1). The rGO@LCO with the largest $S_{BET}$ is mainly attributed to the high specific surface area characteristics of rGO nanosheets. Due to the influence of S-doping and rGO-compounding, the $S_{BET}$ and pore volume of the synthesized LSCO-0.2 and rGO@LCO are increased to some extent compared with the pure LCO-700-4 material, which will increases the reaction sites and charge storage sites, thus improving the capacitance of the composites.

The surface properties of the synthesized rGO@LCO nanocomposite are confirmed by XRS. As presented in Fig. 6a, the full survey scan XPS spectrum demonstrates the presence of La, Co, O, and C elements. Deconvoluted spectrum of Co 2p presented in Fig. 6b indicates the existence of Co elemental in two oxidation of Co$^{2+}$ and Co$^{3+}$. And the binding energies at 779.7 and 794.8 eV are attributed to Co$^{3+}$, while the binding energies at 780.8 and 796.2 eV are ascribed to Co$^{2+}$ [40, 41]. The high-resolution spectrum of O 1s showed in Fig. 6c exhibits four peaks at 532.4, 531.8, 529.8, and 529.5 eV after deconvolution of O 1s, corresponding to surface adsorbed H$_2$O, surface adsorbed oxygen or hydroxyl
groups, highly oxidative oxygen species, and surface lattice oxygen, respectively [24, 41, 42]. It is believed that the higher of oxygen vacancies in perovskite oxides is favorable for the adsorption capacity of OH\(^-\), thus accelerating the kinetics of surface oxidation-reduction reaction and improving the conductivity and electrochemical performance [24, 43]. The high-resolution spectrum of C 1s illustrated in Fig. 6d are mainly consisted of four peaks, and the binding energies at 289.4, 288.7, 286.0, and 284.8 eV are corresponding to the groups of O-C=O, C-O, C-C and C-H, and C=C, respectively [15]. These results are consistent with the previous SEM and XRD results, which strongly proves the existence of rGO and LaCoO\(_3\) materials.

The effects of Sr-doping and rGO-compounding on the electrochemical properties of the newly synthesized nanocomposites are illustrated in Fig. 7. The CV curves of LCO-700-4, LSCO-0.2, and rGO@LCO electrodes at a scan rate of 50 mV s\(^{-1}\) are illustrated in Fig. 7a. It can be seen that the shapes of CV curve have not change much, and the areas enclosed by CV curve of LSCO-0.2 electrode and rGO@LCO are significantly larger than that of LCO-700-4 electrode, which means that the capacitance is improved with Sr-doping or rGO-compounding. After calculation based on the GCD curves (Fig. 7b), the capacitance of LSCO-0.2 electrode and rGO@LCO electrode are 297.09 F g\(^{-1}\) (specific capacity: 45.39 mAh g\(^{-1}\)) and 416 F g\(^{-1}\) (63.56 mAh g\(^{-1}\)) at a current density of 0.5 A g\(^{-1}\), which are 1.45 times and 2.03 times of that of LCO-700-4 electrode, respectively. The equation of specific capacitance changing with current density of LCO-700-4, LSCO-0.2, and rGO@LCO electrodes are illustrated in Fig. 7c. When the current increased by 10 times (from 0.5 to 5 A g\(^{-1}\)), the capacitance of LSCO-0.2 electrode and rGO@LCO electrode remained 47.01% and 58.40%, which is higher than that of LCO-700-4 electrode (39.71%), indicating that the rate capability of LSCO-0.2 electrode and rGO@LCO electrode is significantly improved. The comparison of Nyquist plots for LCO-700-4, LSCO-0.2, and rGO@LCO electrode is displayed in Fig. 7d. After careful observation and comparison, it can be seen that the values of Rct and Wo for three electrodes are as follows: Rct (LSCO-0.2) < Rct (rGO@LCO) < Rct (LCO-700-4), Wo (rGO@LCO) < Wo (LSCO-0.2) < Wo (LCO-700-4), which shows that the nanocomposites have better conductivity and ion diffusion dynamics than the pure LCO-700-4 material. These results show that the new nanocomposites obtained by Sr-doping or rGO-compounding can greatly enhance the electrochemical performance, especially for the rGO@LCO nanocomposites. Therefore, based on rGO@LCO nanocomposites as positive material, we will then assemble it into an asymmetric two-electrode system for further research.

An assembled asymmetric supercapacitor system (ASS) using the rGO@LCO as positive electrode and the
rGO as negative electrode to explore the rGO@LCO nanocomposite as an efficient energy storage electrode material in the practical application. A comparative CV curves of different potential window ranges from 0–1 to 0–1.8 V at 50 mV s⁻¹ are presented in Fig. 8a. It can be clearly observed that 0–1.7 V is the optimal voltage window selection, which is judged from the fact that 0–1.7 V is a stable voltage window and can avoid polarization phenomenon. Therefore, the CV curves and GCD curves based on the optimal voltage window are displayed in Fig. 8b, c, respectively. The oxidation-reduction peaks of CV curves and the asymmetric triangles of GCD curves confirm the formation of fine EDLC and faraday capacitance in rGO@LCO//rGO ASS. In addition, even if the scanning rate increases from 10 to 500 mV s⁻¹, the CV curves still maintain a similar shape, showing excellent characteristics of large current charging and discharging. Moreover, the less obvious IR drop on the GCD curves indicates that the electrode material has a very small resistance [44]. The energy and power densities of the rGO@LCO//rGO ASS derived from the GCD curves are also estimated and the results in the form of Ragone plot is displayed in Fig. 8d. Calculated by Eqs. (4) and (5), the rGO@LCO//rGO ASS delivers a high energy density of 17.62 W h kg⁻¹ at a power density of 170 W kg⁻¹, which is mainly due to the improvement of specific capacitance and the extended voltage window. And even at power density as high as 4250 W kg⁻¹, the ASS still delivers a high energy density of 8.73 W h kg⁻¹, which is an attractive result and competitive compared to previous reports [45–48]. The ultra-long cycle stability is another important performance index of new energy storage devices. Therefore, we have conducted 10,000 cycle tests on

![Fig. 8](image-url) Electrochemical performances of rGO@LCO//rGO asymmetric supercapacitor system (ASS) in 6 M KOH electrolyte: a CV curves at various potential windows from 0–1.0 to 0–1.8 V with a scan rate of 50 mV s⁻¹. b CV curves. c GCD curves. d Ragone plot. e Cycle stability at 100 mV s⁻¹ for 10,000 cycles. f Nyquist plots of rGO@LCO//rGO ASS before and after 10000 cycles.
rGO@LCO//rGO ASS at a large scanning rate of 100 mV s\(^{-1}\), and the analysis result is presented in Fig. 8e. It can be seen that the specific capacitance of the first 2000 cycles increases gradually with the increase of the cycle numbers, up to 106.82% of the initial capacitance. This is mainly attributed to the continuous full penetration of the electrolyte, which promotes the activation of the internal reaction site more fully, thus resulting in the improvement of the capacitance. And with the number of cycles further increased to 10,000, the rGO@LCO//rGO ASS still retains 94.48% of the initial capacitance, showing excellent ultra-long cycle stability, which also means that the electrode material still has a stable nanostructure and is favorable for ion/electron transport under the condition of large current charge-discharge. Figure 8f shows the Nyquist plots of rGO@LCO//rGO ASS before and after 10,000 cycles. In contrast, the rGO@LCO/rGO ASS shows a smaller Rct and a slightly increased Wo after 10,000 cycles, which further demonstrates the stable nanostructure of the electrode material. The above results show that the synthesized rGO@LCO nanomaterial electrode exhibits attractive electrochemical performance, which is comparable and superior to those previously reported literature in many cases (Table 2).

### Conclusions

In summary, we successfully synthesized the perovskite LaCoO\(_3\), nanomaterials by a simple and usual sol-gel method followed by calcination, which is applied to electrode materials for supercapacitors and explored the influence of calcination temperature and time on their electrochemical properties. The results showed that the calcination temperature has a greater influence on the electrochemical properties than calcination time. Based on the optimal electrochemical properties of the LCO-700-4 electrode materials, the LSCO-0.2 and rGO@LCO nanocomposites were successfully synthesized by rational design. The results of the investigation of the electrochemical performance for these newly synthesized nanocomposites showed that the specific capacitance, rate capability, and conductivity of LSCO-0.2 and rGO@LCO are significantly enhanced, with the specific capacitance being 1.45 and 2.03 times of that of LCO-700-4 electrode, respectively. The practical performance of rGO@LCO composite electrode was further studied by assembling an asymmetric supercapacitor system (ASS) of aqueous electrolyte using rGO@LCO as the positive electrode and rGO as the negative electrode. The test results showed that the rGO@LCO//rGO ASS exhibits excellent energy and power density, as well as an outstanding cyclic stability with 94.48% of initial capacitance after 10,000 cycles. As a potential energy storage electrode material, LaCoO\(_3\) and LaCoO\(_3\)-based nanocomposites electrolyte with excellent electrochemical properties was worthy of further exploration, so as to make more breakthroughs and move toward practical application in green and efficient new energy storage devices.

### Table 2

Comparison of electrochemical performances for some composite electrodes in the previous literatures

| Samples | Sc (F g\(^{-1}\)) | Current density (scan rate) | Electrolyte | E (W h kg\(^{-1}\)) | Capacitance retention (cycle numbers) | Ref. |
|---------|-----------------|-----------------------------|-------------|-----------------|------------------------------------|------|
| ZnFe\(_2\)O\(_4\)/NRG | 244 | 0.5 A g\(^{-1}\) | 1 M KOH | 6.7; 3000 | 84.4% (1000) | [49] |
| Y\(_2\)NiMnO\(_6\) | 77.76 | 30 A g\(^{-1}\) | 0.5 M KOH | 0.89; 4.32 | 70.17% (> 1800) | [46] |
| La\(_{0.85}\)Sr\(_{0.15}\)MnO\(_3\) | 198 | 0.5 A g\(^{-1}\) | 1 M KOH | // | ~ 79% (1000) | [37] |
| La\(_{0.8}\)Na\(_{0.2}\)MnO\(_3\) | 56.4 | 3 mV s\(^{-1}\) | 1 M H\(_2\)SO\(_4\) | 14.39; // | 86% (1000) | [29] |
| MOF-derived Co(OH)\(_2\) | 604.5 | 0.1 A g\(^{-1}\) | 6 M KOH | 13.6; 140 | 80% (2000) | [50] |
| La\(_{1-x}\)Ca\(_x\)MnO\(_3\) | 170 | 1 A g\(^{-1}\) | 1 M KOH | 7.6; 160 | 7.7% (2000) | [45] |
| Ag/LSC | 517.5 | 1 mA cm\(^{-2}\) | 1 M KOH | 21.9 mW h m\(^{-3}\); 90.1 mW m\(^{-3}\) | 81.2% (3000) | [51] |
| La\(_{0.95}\)Sr\(_{0.05}\)Fe\(_{2}\)O\(_{3}\) | 380 | 0.1 A g\(^{-1}\) | 6 M KOH | //; / | 87.1% (1000) | [52] |
| (La\(_{0.7}\)Sr\(_{0.3}\))MnO\(_3\) | 56 | 2 mV s\(^{-1}\) | 1 M Na\(_2\)SO\(_4\) | //; / | 98% (1000) | [39] |
| CeO\(_2\) mixed LaMnO\(_3\) | 262 | 1 A g\(^{-1}\) | 1 M Na\(_2\)SO\(_4\) | 17.2; 1015 | 98% (2000) | [53] |
| rGO@LCO | 416 | 0.5 A g\(^{-1}\) | 6 M KOH | 17.62 (170); 8.73 (4250) | 94.48% (10,000) | This work |

### Abbreviations

GO: Graphene oxide; rGO: Reduced graphene oxide; LCO: LaCoO\(_3\); LSCO: Sr-doping LaCoO\(_3\); rGO@LCO: rGO-compounding LaCoO\(_3\); ASS: Asymmetric supercapacitor system; SCs: Supercapacitors; UCs: Ultracapacitors; EDLCs: Electrical double layer capacitors; DMF: N,N-Dimethylformamide; PVP-K30: Polyvinylpyrrolidone; XRD: X-ray power diffraction; SEM: Scanning electron microscope; TEM: Transmission electron microscopy; BET: Brunauer-Emmett-Teller; BJH: Barrett-Joyner-Halenda; XPS: X-ray photoelectron spectroscopy; SCE: Saturated calomel electrode; PTFE: Polytetrafluoroethylene; CV: Cyclic voltammetry; GCD: Galvanostatic charge/discharge; EIS: Electrochemical impedance spectroscopy; Rct: Charge transfer resistance; Wo: Warburg impedance; HRTEM: High-resolution transmission electron microscopy; P2P: Polyethylene; PE: Polyethylene; PE: Polyethylene; Pt: Platinum; Au: Gold; Cu: Copper; Ti: Titanium; W: Wolfram; Al: Aluminum; Mo: Molybdenum; Sn: Tin; Ba: Barium; Zn: Zinc; Mn: Manganese; Sr: Strontium; Fe: Iron; Ni: Nickel; Y: Yttrium; K: Potassium; Na: Sodium.
transmission electron microscopy; $S_{BET}$: Specific surface areas; $D_{p,\text{avg}}$: DFT desorption average pore diameter.

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Authors’ Contributions

Dr. ZB conducted the materials synthesis and electrochemical measurements, YC contributed to the discussion of electrochemical measurements. Prof. L wrote the manuscript. All author(s) read and approved the final manuscript.

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Competing Interests

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