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Application of Technological Processes to Create a Unitary Model for Energy Recovery from Municipal Waste

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Abstract: The subject matter of this paper is the functioning of a highly effective waste management system. Assumptions of the Energy Recovery Waste Processing (ERWP) model, being a universal solution for towns and regions irrespective of their population, are presented here. The result of simulations illustrating the energetic potential of municipal waste stored and processed in biological and physicochemical processes are also presented. Calculations were performed for the municipality of Koszalin (Poland), with a population of 106,000. Mixed household and commercial waste, organic waste, waste from selective collection and sewage sludge from a municipal wastewater treatment plant were considered in the waste mass balance. Empirical equations and unit coefficients describing the energetic efficiency of particular processes originating from the author’s own research work as well as from the results available from the scientific literature were used in the calculations. The developed ERWP model is based on the functioning of four objects constituting a comprehensive technical infrastructure, i.e., biological stabilisation in air condition (BSAC), mechanical treatment plant (MTP), cogeneration system plant (CSP) and gas production plant (GPP) where two independent modules operate, namely, dry/wet methane fermentation (DMF and WMF). Each day, this system generates highly energetic refuse-derived fuel (RDF) for combustion in amounts of 82.2 t for CSP and 127.3 t for GPP generating 5519 m\(^3\) of gas/d. The value of the energy contained in such generated gas and in waste making up an alternative fuel is 1027.4 GJ, which is equivalent to 285.4 MWh. It should be noted that the creation of a waste management system based on the ERWP model assumptions fulfills the criteria of energetic recycling and allows for recovery of energy in the form of gas and heat equivalent to 79,917.6 MWh/a, i.e., 754 kWh/inhabitant/a.

Keywords: waste management; energy recovery; model of energy recovery; biogas; fermentation; combustion

1. Introduction

This paper pertains to municipal waste that may have a negative impact on the natural environment and human health [1–3]. Waste management is a global problem originating from economic development [4–7]. Globalisation processes have contributed, through the systematic increase in the interlinkage between various markets and in numerous aspects of economic and social life, to the establishment of a new institutional order, new institutions and legal and economic solutions [8,9]. Such processes also promote increases in outlays on investment projects [10,11], boosting the level of innovation and competitiveness of economies [12–16]. The fact that in the last thirty years an economic convergence has occurred for the majority of countries is indicated in the literature [17,18]. The economic convergence processes contributed to permanent changes in consumers’ attitudes and awareness, particularly in terms of sustainable consumption when considering concerns about energy consumption and the natural environment [19–23]. Energetic transformation embraces the majority of economies, including agriculture, in which use of biocomponents produced from organic waste plays a significant role [24,25]. This means that waste management is equally important for big metropolitan areas and small rural communities [26,27]. An observed trend of the use of waste as a source of valuable raw materials.
requires development of a functioning waste management model, taking into consideration the possibilities and needs of a given region [28].

In the article, practical and theoretical aspects of the municipal waste elimination for the city of Koszalin based on an effective functioning waste management system will be considered. The main objective of this paper is the presentation of the ERWP model to be used as a complementary waste management system. The effectiveness of a system based on the ERWP model has been discussed in relation to Koszalin city (Poland).

It should be underlined that the volume of waste generated worldwide increases systematically, yet a significant part of it is not covered by the system, thus causing quantifiable losses in the economy and natural environment [29,30]. In 2018 in the European Union, 2538 million t of municipal waste was generated, and 55% was recycled [31]. The remainder was put in landfills, causing their degradation to a variable degree [32]. The absence of proper industrial infrastructure for waste processing, mainly in the eastern EU countries, is still the main reason why 40 ÷ 45% of waste does not go to local waste treatment systems, resulting in wasting of valuable sources of recyclable and energetic materials [33,34]. This results in an increase in costs of economic system functioning that is different depending on the solutions adopted [35]. In Poland, almost 42% of generated municipal waste is directly put into landfills [36].

The ERWP model takes into account a number of conditions, among which the most important ones are: waste type, physicochemical properties, morphological composition and volume. Irrespective of the values of the above parameters, such systems are always based on the application of well-known unit processes, such as: screening, separation, biological treatment, dehydration, thermal transformation and storage. The proper compilation of processes that make up a complementary system depends on the adopted objective that is contingent upon financial and technical possibilities. Such an objective can be, for example, the recovery of valuable waste components within the material or organic or energetic recycling framework [37]. Ultimately, the objective can also be rendering such waste harmless through its storage in controlled conditions. However, taking into account waste composition and its physicochemical properties, this method is economically ineffective and, importantly, has a negative impact on the natural environment [38,39].

2. Potential of Municipal Waste to Energy Production—Review

The introduction indicates the need for the construction of a waste management system for any local government unit. The main task of such a system is to use waste as a source of raw materials including raw materials for energy production. The volume of energy generated from waste depends, first and foremost, on the methods of processing, allowing for the recovery of energy in variable forms, generally in the form of heat generated in the combustion process [40,41]. Waste can be, as a source of energy, a significant element of the local energetic balance [42]. A good example here is the municipality of Copenhagen, which adopted in 2011 a strategy for development until 2025, which will eliminate the use of coal as the energetic raw material [43]. The share of energy generated from municipal waste in Copenhagen’s energetic mix will finally be approximately 40%.

In 2018, 12.5 million t of mixed municipal waste was stored in Poland. Most of the waste, i.e., 9971.2 thousand t, was generated in households, which made up 83% of total generated waste. The remaining part of the waste, i.e., 1997.5 thousand t of household and commercial types, collected from the servicing of municipal infrastructure and entrepreneurs, amounted to 17%. Analysis of the morphological composition of waste delivered to plants using methane-biological processing technology (MBT), based on results of research work performed in 20 plants located in Poland, shows a great potential for broadly understood recovery [44]. Classification of particular waste components in terms of their use leads to distinguishing the following groups: Group No I—recyclable materials (glass, metals, synthetic materials qualified for recycling), Group No II—waste having high energetic value (paper, cardboard, textiles, composites and synthetic materials not qualified for recycling, as well as wood), Group No III—biodegradable waste (BIO1, BIO2, BIO3) and
Group No IV—waste classified as useless or dangerous. Percentage shares of particular waste components in mixed waste as well as in fractions separated with an 80–90 mm mesh screen, as average values obtained from research work performed in various plants in Poland, are shown in Table 1.

Table 1. Percentage shares of waste components and classification into four different groups.

| No. | Components     | Mixed (1) | >80–90 mm (1) | <80–90 mm (1) | Group, No | Group, No |
|-----|----------------|-----------|---------------|---------------|-----------|-----------|
|     |                | % (w/w)   | % (w/w)       | Group, No %   | % (w/w)   | Group, No |
| 1   | Kitchen (BIO1) | 25.1      | 0.9           | 12.7          | III       | III       |
| 2   | Park, garden   | 0.3       | 0.6           | 0.3           | III       | III       |
| 3   | Organic (BIO3) | 0.6       | 5.9           | 34.7          | III       | III       |
| 4   | Wood           | 0.6       | 1.3           | 0.6           | II        | II        |
| 5   | Paper          | 14.6      | 22.4          | 9.8           | I         | II        |
| 6   | Plastic        | 14.1      | 32.6          | 5.7           | II        | II        |
| 7   | Glass          | 8.6       | 1.4           | 11.1          | I         | I         |
| 8   | Textiles       | 39        | 12.7          | 0.6           | II        | II        |
| 9   | Metals         | 2         | 1.4           | 1.3           | I         | I         |
| 10  | Multicomponent | 3.6      | 6.5           | 1.5           | II        | II        |
| 11  | Other          | 9.5       | 14.2          | 21.7          | IV        | IV        |
|     | <20 mm         | 17.7      | -             | -             | -         | -         |

(1) Own study.

Waste possessing values of recyclable materials (Group No I) recovered for mixed waste during the manual separation process can be obtained, as a rule, exclusively from the oversize fraction separated in, e.g., rotary drum sifters featuring mesh not less than 8 cm; the total content is 37.2%. A method of using Group No II, defined as RDF, considering its high calorific value of 18–24 MJ/kg, is combustion [44]. The application of screening and mechanical separation of mixed waste resulting in energetic raw material in RDF form allows, in the extreme case, for an increase in the calorific value from 8.4 to 25.0 MJ/kg [45]. A calorific value exceeding 11 MJ/kg guarantees, in principle, energetic efficiency of combustion or gasification exceeding 65%, which allows for classification of the process as energy recovery [46]. According to the International Energy Agency, the calorific value of waste to be used in combustion processes should not be, for process profitability, below 7942 kJ/kg [47]. In Germany, one of the biggest EU economies, the volume of RDF separated in MTP installations increased from 31% in 2006 [48] to 34.2% in 2017 [49]. A significant criterion for the application of the available techniques of thermal transformation of mixed municipal waste is relatively high humidity, which reduces their calorific value. The use of more advanced techniques such as, for example, pyrolysis or gasification, requires higher calorific value of waste; this is associated with a necessity to apply proper methods of batch preparation [50,51]. Unfortunately, pyrolytic installations of an industrial scale used for waste processing are unreliable, which has been proved by plants closing shortly after being put into operation. For example, THERMOSEL 2002 (opened)/2006 (closed), DBA 2001/2010, EDDITH 2002/2009 and Schwel-Brenn 1997/2000 [52,53].

Group No III comprises biodegradable waste, i.e., waste that can be subjected to biological gasification in the methane fermentation process. During decomposition of organic matter under controlled anaerobic conditions, biogas is generated, which contains flammable components, including methane. The share of biogas production in European Union countries makes up 136.6 million tons of oil equivalent [54]. The content of methane, depending on the raw material, is 50–75% and the calorific value is, on average, 22 MJ/m³ [55,56]. In the case of the organic fraction separated from municipal waste, the yield of biogas volume in the plants that use the methane fermentation process in low
hydration conditions (DFI) reaches 339 m$^3$/Mg organic matter [57]. A possibility to generate biogas, resulting in a reduction in waste processing costs will be, in future, the primary factor deciding the selection of this biological waste processing method. Waste that is also suitable for the methane transformation process is sewage sludge (SS), originating from municipal wastewater treatment plants. In 2018 in Poland, 640,000 t of dry matter from sewage sludge was generated. This is equivalent to approx. 25 million tons of mechanically dehydrated sludge to 80% humidity on average [36]. The volume of methane generated during the fermentation process carried out in separate chambers in high-hydration conditions is 0.19–0.24 m$^3$/kg organic matter [58]. The application of the thermal method for the disposal of sewage sludge requires a reduction in its humidity to at least 10%. This means that the consumption of energy for mechanical dehydration, then water evaporation from sludge with an initial humidity of 98%, is very high. Other sorts of waste, which due to their properties may constitute a raw material for energy generating processes in various forms, are generated in populated areas; they comprise, among other things, waste from selective collection, including biowaste, organic waste from green area cultivation and biodegradable waste from production and foodstuff processing as well as flammable packaging waste with low value as recyclable material.

The diversity of municipal waste means that optimisation of the system of energy generation from waste should take into account not just waste fuel properties but also its morphological features. This also means there is a necessity to apply various methods for the preparation of the raw material earmarked for the generation of energy in the form of heat, electricity and gas. Using (i) available techniques and (ii) applying the principle of cooperation between the waste generating and processing entities [59], an ERWP model was developed; it allows for assessment of the volume of energy generated from the processing of amassed waste independently of its volume, type and specific features. Empirical equations describing the impact of selected variables on the volume of generated energy and values of empirical indicators describing energetic efficiency of particular processes, achieved both in industrial plants as well as used in scientific research, were used for setting the energy balance. ERWP reflects the circular economy idea, which promotes the maximum usage of available raw materials in line with a rule that waste becomes a raw material for the next production cycle [60,61].

Waste-to-energy (WtE) plants are an integral part of the circular economy strategy in the treatment of non-recyclable waste. Waste with a high potential for thermal gasification or biogas production is converted into heat and electric energy. The ERWP model takes into account two of the six defined trends of the WtE strategy, i.e., more gasification plants offering commercial-scale operations and a push to use organic waste to replace natural gas [62].

3. Materials and Methods

Organisational and urban structures that are suitable for the creation of comprehensive energy generation systems using various sources, including municipal waste, are big cities and communal special purpose associations. The benefits originating from implementation of waste processing procedures contained in the ERWP model were analysed based on municipal waste produced in the municipality of Koszalin located in the northern part of Poland in the Pomerania region. The simulation was performed for mixed waste, biodegradable waste, waste from selective collection and mechanically dehydrated sewage sludge from the municipal wastewater treatment plant. Based on the structural research results, using the ERWP model assumptions, volumes of waste flowing between particular plants were determined; on these grounds, the volumes of waste for making energetic raw material were fixed. This model allows for comprehensive assessment of the waste economy system’s efficiency, including definition of the waste volume being directed to raw materials recycling or materials recycling. The aspect associated only with the energetic potential of waste processed in the plants that use the combustion and methane fermentation techniques is presented herein.
3.1. Composition of Municipal Waste

Structural research work on mixed waste was performed at the Regional Waste Management Plant in Sianów, which has a mechano-biological waste processing installation. The research work comprised the performance of a morphological analysis of two fractions that were mechanically separated in a rotary drum sifter with 90 mm screen mesh. Samples of waste from both fractions amounting to approximately 100 kg were taken for morphological examination. Tests were performed three times. From fractions defined as oversized (fr. > 90 mm) and subscreen (fr. < 90 mm), nine waste components were separated, i.e., biodegradable waste, plastics, paper and cardboard, glass, metals, textiles, wood, composite materials and other. Percentage shares of particular components were determined by their weight and comparison of the partial results to the entire mass of the sample. The shares, which were calculated in that way, indicated percentage by weight (%(w/w)). The percentage shares of the oversized and subscreen fractions in the mixed waste stream separated in the rotary drum sifter were determined from the mass balance of MBTP’s mechanical part [44]. The components separated in both fractions were combined, based on the classification criterion for a given group, thus creating Group No II and Group No III. From both groups, samples were taken for physicochemical tests.

3.2. Physicochemical Analyses

Apart from the samples taken from Groups No II and No III, which were composed of the components separated at the structural examination stage, samples of mechanically dehydrated sewage sludge taken from the municipal wastewater treatment plant in Koszalin were also subjected to physicochemical tests. The research included recording dry mass (dm) according to PN-EN 14346 and organic matter (om) according to PN-EN 15169: 2011. The analysis of C and N content was accomplished by Elementar, VarioMax CN. About 10 mg of dried powdered homogenous sample was used to determine the percentage of carbon and nitrogen. The measurement uncertainty of both analytes was the same, i.e., ±0.5%.

3.3. Model for Energy Waste Management

Taking into account the method of waste storage, four primary sorts of municipal waste generated in populated areas can be distinguished, i.e., mixed waste, waste from selective collection, biowaste and sewage sludge originating from a municipal wastewater treatment plant. The ERWP model is based on the cooperation of four industrial objects responsible for performing various tasks connected with processing of the above defined sorts of waste (Figure 1). The abbreviations used are presented in Table 2.

| Abbreviation | Description                          | Abbreviation | Description                          |
|--------------|--------------------------------------|--------------|--------------------------------------|
| BOF          | Biodegradable Organic Fraction       | BHDS         | Biological Half-Digested Sludge      |
| BSAC         | Biological Stabilisation in Air Condition | CSP           | Cogeneration System Plant            |
| DMF/WMF      | Dry/Wet Methane Fermentation         | GPP          | Gas Production Plant                 |
| GPI          | Gas Pretreatment Installation        | HHV/LHV      | Higher/Lower Heating Value           |
| HM           | Harmful Materials                    | MBTP         | Mechanical Biological Treatment Plant |
| MTP          | Mechanical Treatment Plant           | RDF          | Refuse-Derived Fuel                  |
| RM           | Recyclable Materials                 | SRM          | Separated Row Materials              |
| SS           | Sewage Sludge                        |              |                                      |
Figure 1. Block diagram of the ERWP model.

The first object is the mechanical treatment plant (MTP), to which mixed waste is directed. The MTP technique is based mainly on the screening as well as manual/mechanical separation processes. The second plant is the cogeneration system plant (CSP). In this object, thermal transformation of waste using a highly efficient combustion process will be carried out. The third plant is the gas production plant (GPP) processing biodegradable waste using two types of methane fermentation performed in high (WMF module) and in low water content conditions in the so-called dry fermentation process (DMF module). The fourth plant is the biological stabilisation in air condition (BSAC), i.e., the use of an intensive biological material aeration process under controlled conditions (composting). The key issue qualifying determination of the entire system’s energetic potential is the mass balance of waste flowing between particular plants and the balance of energy generated in unit processes provided in the ERWP model.

3.4. Mass Balance and Energy Balance

In setting the mass balance for raw materials used in energy generation, the volume of waste streams resulting from the splitting of waste mass originating from MTP and GPP technology—\(m_1, m_2, m_3, m_4, m_5, m_6\)—must be calculated (Figure 1). In order to do this, it is necessary to determine volumes of waste supplied to the system—\(m_{SS}, m_{BIO}, m_{mix}, m_{CS}\)—and know the results of the examination of waste morphological composition. The method of assessment of particular waste stream masses is shown in Table 3.
Table 3. Mass balance equations.

| Mass     | Equation (1)                          | Eq. No. | Assumption (1)                  |
|----------|---------------------------------------|---------|---------------------------------|
| $m_{f1}$ | $m_{f3}(W_{BOF} - W_{DF})/(W_{DF} - W_{SS})$ | (1)     | $m_{DF} \cdot W_{DF} = \sum(m_{f} \cdot W_{f})$ |
| $m_{f2}$ | $m_{SS} - m_{f1}$                      | (2)     | part of SS to WMF process       |
| $m_{f3}$ | $m_{mix}(\%\text{fr}>90\text{ mm} \cdot \%\text{No III} + \%\text{fr}<90\text{ mm} \cdot \%\text{No II})/0.01$ | (3)     | Group No III of both fractions  |
| $m_{1}$  | $\Delta m (m_{f3} + m_{f1})$          | (4)     | $\Delta m$, as a result of om reduction |
| $m_{2}$  | $m_{mix}(\%\text{fr}>90\text{ mm} \cdot \%\text{No II} + \%\text{fr}<90\text{ mm} \cdot \%\text{No II})/0.01$ | (5)     | Group No II of both fractions   |
| $m_{3}$  | $m_{CS} \cdot 0.4 + m_{BIO} \cdot 0$  | (6)     | worn out furniture, doors, . . . : Cs, wood and branches: BIO |

(1) Own study.

Two energy-generating processes have been provided in the system based on the ERWP model. These are methane fermentation in high- and low-hydration conditions and thermal waste transformation through combustion. The result of the oxidation of organic compounds in the municipal waste combustion process in the presence of oxygen is the liberation of thermal energy amounting to 10 MJ/kg (LHV) [63]. To calculate the parameters allowing for assessment of the energy potential, equations describing the relationship between the higher heating value (HHV) and lower heating value (LHV) as variables dependent on the contents of selected elements: HHV, LHV = $f(C, H, N, O, S)$, can be used [64]. The elements are determined by application of elemental analysis and their contents are indicated as percentages of dry mass. Mutual relationships described in the literature are expressed by multiple regression equations having the general form of $Y = a + b_1 \cdot X_1 + \ldots + b_n \cdot X_n$. The equations obtained are then approximated by application of the least squares method and in the majority of cases they have a high coefficient of determination ($R^2$), which shows a good match of the estimated function (Table 4).

Table 4. Equations used to determine HHV and LHV in MJ/kg depending on the chemical composition.

| Materials                                                       | Equation                                      | $R^2$ | References |
|----------------------------------------------------------------|----------------------------------------------|-------|------------|
| Over sieve fraction of MSW                                      | $\text{HHV} = 0.3491C + 1.1783H + 0.1005S - (0.1034O + 0.0151N + 0.0211A)$ | 0.85  | [65]       |
| Sewage Sludge                                                  | $\text{HHV} = 0.2322C + 0.7655H - 0.072O + 0.0419N + 0.0698S + 0.0262Cl + 0.18814P$ | -     | [66]       |
| Biomass materials                                              | $	ext{HHV} = 0.328C + 1.4306H + 0.0929S - 0.0237N - (1 - A/100) \cdot (40.11H/C) + 0.3466$ | -     | [67]       |
| CR-sifted ballast after composting of MSW and MTR-rejected after manual separation | $\text{LHV}_d = \text{HHV} - (212.2H + 0.8(O + N))$ | -     | [48]       |
|                                                                 | $\text{LHV}_w = \text{HHV}_d - ((1 - 0.01M) - 24.43M)$ | -     |            |

Usage of the equations contained in Table 3 is associated with a necessity to analyse contents of the elements making up the independent variables. Arriving at a reliable result requires (i) application of the same methodology of preparation of the analytical sample and (ii) use of raw material procured in the same way as that used for the development of the given equation. Condition (ii) originates from the limitation of the impact of the so-called discreet variables that are not taken into account in the equations in Table 3. Finally, to estimate HHV, an equation was used which takes into account, as independent variables, contents of various materials in the waste mix making up the energetic material [68], in the following form:

$$\text{HHV} = 0.0535(F + 32.6 \cdot \text{CP}) + 0.3722 \cdot \text{PLR}, \text{MJ/kg} \quad (7)$$

Particular values in Formula (7) indicate contents of: $F$—bio fraction, $\text{CP}$—cardboard and paper, $\text{PLR}$—plastic, leather and rubber in the dry waste mixture expressed in $\%_{(w/w)}$. 
Approximation of the results based on determination of the HHV value, being a dependent variable for sewage sludge samples after the methane fermentation process with variable organic substance contents, allowed for the development of a model for which coefficient $R^2$ was 0.87 [69]:

$$\text{HHV} = 0.2132 \cdot Z_{\text{om}}, \text{MJ/kg} \quad (8)$$

$Z_{\text{om}}$ in Formula (8) indicates contents of organic matter in % dm.

The higher heat value of wood waste was assessed from the following equation [70]:

$$\text{HHV} = 0.4373C - 1.6701, \text{MJ/kg} \quad (9)$$

Gas yield from methane fermentation is described, in practice, by two indicators. The first one is the rate of biogas production (GPR), counted as a quotient of the daily volume of generated gas and reactor volumetric capacity expressed in $\text{m}^3_{\text{gas}}/\text{m}^3_{\text{reactor}}/\text{d}$. This indicator is used directly to fix the calculated flow rate in the installation and to select proper biogas-processing devices. The second indicator is the unit gas production (GP), calculated by division of the daily generated gas volume by the daily load of organic matter, which shows the volume of biogas generated from raw material mass, i.e., $\text{m}^3_{\text{gas}}/\text{Mg om}$. GP is used, first and foremost, for assessment of energetic potential associated with economic analysis. Fermentation of the organic fraction, depending on the participation of other co-materials, gives the value of $\text{GP} = 222 \div 350 \text{ dm}^3\text{CH}_4/\text{kg om}$. [71]. Table 5 shows GP values obtained from examination of the fermentation process using various raw materials both in low- and high-hydration conditions.

### Table 5. The indicators used to determine WFI and DRI yield of gas production.

| Raw Materials | $T \, ^\circ\text{C}$ | M % | GP $\text{dm}^3/\text{kg} \, \text{dm}$ | CH$_4$ %($\text{vol}$) | HRT d | References |
|---------------|-----------------|-----|-------------------------------|------------------|------|------------|
| SS 36         | 95.5            | 56.5| -                             | -                | 28   | [72]       |
| SS 35         | 98.4            | 64.7| 72.3                          | -                | 27   | [73]       |
| SS 35         | 90              | 171 | -                             | 4 ÷ 59           |      | [74]       |
| SS 55         | 82.5            | 164 ÷ 233| -                            | -                | 30   | [75]       |
| OFMSW + SS    | 35              | 97.7| 76                            | 64.6             | 27   | [73]       |
| OFMSW + SS    | 35              | 80  | 215                           | 76.5             | -    | [76]       |
| OFMSW + SS    | 35              | 89.3| 265 ÷ 311                    | -                | 44 ÷ 71 | [77] |
| OFMSW + FVW + SS | 35 | 80   | 433.9                        | 80.8             | -    | [76]       |

FVW: fruit and vegetable waste, HRT: hydraulic retention time, GP: gas production, M: moisture.

### 4. Results

Determination of the energetic potential based on the ERWP model was performed for the municipality of Koszalin with statistical data pertaining to the volume of municipal waste amassed in 2018 using the results of research describing waste composition and selected physicochemical parameters. The volume of household and commercial waste that was generated at that time was 30,760 t. The mechanical part of the plant to which the waste is directed comprises recovery of the fraction (Fr. > 200 mm) set for manual separation. The fraction below 200 mm makes up 89.2% and is directed in full to a rotary drum sifter with 90 mm mesh [44]. The average share of the oversized (Fr. > 90 mm) and subscreen (Fr. < 90 mm) fractions was 46.1% and 53.9%, respectively. The percentage shares of separated waste elements in both fractions are shown in Figure 2. Classifying all separated waste elements into four groups, shares in both fractions (Figure 3) were fixed and on this basis average shares of Groups No I–IV in mixed waste were calculated; they were: 44.2, 14.0, 20.7 and 21.1%, respectively.
The mass balance was set assuming 280 working days per year, which allowed for fixing the daily volume of mixed waste ($M_d$) directed to MTP as approx. 110 t. Using Equations (3) and (5), the mass of the waste attributed to Group No II—$m_{i2}$—directed to CSP and mass of the waste attributed to Group No III—$m_{f3}$—directed to DFI were...
calculated. These masses amounted to 13.7 and 20.3 t/d, respectively. The results of physicochemical tests of samples of both waste groups and sewage sludge before and after mechanical dehydrations are shown in Table 6. The content of organic matter found in sewage sludge was in the range of 65–75% dm, defined as characteristic [78].

Table 6. Physicochemical test results.

| Raw Materials        | Dry Mass (dm), % | Org. Matter, % dm | C_org, % dm | N, % dm |
|----------------------|------------------|-------------------|------------|--------|
| Group No II          | 78.0             | 25.0              | 51.22      | 0.48   |
| Group No II          | 72.0             | 65.0              | 34.56      | 1.11   |
| Sewage Sludge (SS)   | 5.1              | 74.0              | 55.0       | 4.11   |
| Dewatered SS         | 21.0             | 72.0              | 51.12      | 4.04   |

5. Discussion

In total, 3.044 t of biodegradable (BIO) waste was stored. In accordance with the earlier description, this waste originated from selective collection performed in individual households, collection from the gastronomic sector and green area cultivation. The quality of BIO waste justifies its delivery to BSAC provided that any wood waste that was not used for the production of wood chips as structure-forming material in any composting process was directed to the CSP [79]. As there is no accurate data to that effect, this stream of waste was omitted by putting 0 in Equation (6). In waste from selective collection, amounting to 100 tons/year, waste window and door woodwork as well as worn furniture make up 25%, which makes stream mass $m_3$ equal to 25 t/a.

In the Koszalin-Jamno wastewater treatment plant featuring throughput of 36,000 m$^3$/d, approximately 71 tons of mechanically dehydrated sewage sludge ($m_{SS}$) with 21% dm is produced during a day. The predisposed fermentation technique BOF, due to the high concentration of dry matter, is dry fermentation, which proceeds in low-hydration conditions below 85% [80]. This allows for a considerable reduction in reactor volumetric capacity compared to wet fermentation that is performed at a hydration level exceeding 94% [81]. Considering the composition and structure of BOF, this waste, being a coarse-grained raw material, requires preliminary preparation, i.e., comminution. The optimum degree of comminution of the organic fraction for the dry fermentation process should take into account the maximum share of granules with dimensions falling into the 20 to 40 mm interval [82]. The impact of comminution on the increase in fermentation gas yield is not clear-cut. The majority of the available sources of information indicate that the increase in the active surface of organic particles through material comminution facilitates access of microorganisms to nutritive substrates, thus improving the process conditions [83]. The ERWP model is based on the assumption that BOF arrives in its entirety to the DFI module of the GPP. The required content of water for the dry fermentation process, due to the low humidity of BOF at 28%, is secured by supplementation of mechanically dehydrated sewage sludge with 79% water content. To determine the mass of sewage sludge $m_{f1}$ and $m_{f2}$ directed to the methane fermentation process, Equations (1) and (2) were used, respectively. Based on these equations, it was found that 79 t of sewage sludge containing 95% water is directed to the wet fermentation process, whereas 28 tons of sewage sludge containing 81% water mixed with 20.3 tons of the organic fraction separated from mixed waste makes up a mass of daily charge into the dry fermentation process. The decrement of the dry mass of sewage sludge in the methane fermentation process is 31–35%, which causes a decrease in the heat of combustion on average by 22% [69]. The mass of post-fermenter $m_{i1}$ amounting to 43.1 t was calculated using Equation (4).

The volume of gas generated in the GPP in both VFI and DFI modules was calculated using the unit indicators presented in Table 5. In the case of wet fermentation performed in the VFI module, an indicator of 60.6 dm$^3$/kg dm was used as an average value of two empirical indicators given by [72,73]. In both cases, the fermentation process proceeded in mesophilic conditions and a similar period of charge was used in the HRT reactor. The generation of gas in the DFI dry co-fermentation process using a mixture of sewage sludge and
organic fraction separated from municipal waste (Group No III) was estimated using an indicator value of GPP = 265.0 dm³/kg dm [76]. The adopted indicator corresponds to the value attained on an industrial scale in a methane fermentation plant based on the LARAN technique employed in the municipality of Tychy (Poland), where the average daily production of gas in mesophilic conditions at HRT = 20 days is 266.3 dm³/kg dm [44]. A slightly lower gas yield obtained from a dry fermentation process amounting to 215.0 dm³/kg dm has been observed in laboratory conditions [73]. For the indicators assumed, the volume of gas generated in WFI and DFI modules is 239.37 and 5280.06 m³/d, respectively. The energy equivalent to the volume of gas generated in both modules of methane fermentation was calculated by assuming that the combustion heat was 22.5 MJ/m³ [42] (Table 7).

Table 7. Mass and energy production using ERWP model.

| Process | Raw Materials | Daily Mg | GJ  | MWh  |
|---------|---------------|----------|-----|------|
| WFI     | m₁₁          | 79       | 5.39| 1.49 |
| DFI     | m₁₂ + m₃₂    | 48.3     | 118.8| 33  |
| CSP     | m₁₁          | 43.5     | 555.89| 154.37|
| CSP     | m₁₂          | 13.7     | 335.58| 93.19|
| CSP     | m₃₂          | 0.1      | 11.78| 3.26 |

To CSP generating thermal energy and electricity directed the remains from the dry fermentation process (m₁₁), Group No II (m₁₂) and door/window woodwork as well as waste furniture, jointly making a high-calorie raw material SRM (m₁₃). The content of organic matter in the waste stream m₁₁, determined as a weighted average in sewage sludge and BOF (Group No II) after the fermentation process, causing partial oxidation of SO₂, was 60.56%. To calculate HHV for m₁₁ and m₁₂, Equations (7) and (8) were used, respectively. Contents of carbon and nitrogen in Group No II determined in the elementary analysis method are similar to the results of research published in numerous papers. For example, the share of carbon determined in the elementary analysis of C, N, O, H, P was 47.81% [48] and 44.72% [63]. HHV values calculated from regression equations or determined in the heat analysis indicated in the papers cited above were 23.19 and 19.50 MJ/kg dm, respectively whereas the HHV value found in my own research work, calculated from Equation (7), was 24.5 MJ/kg dm. The balance of raw materials mass and energy from their processing using the ERWP model’s energy generation processes is presented in Table 7.

6. Conclusions and Recommendation

The ERWP model presented here serves for the planning of a waste management system based on the all known forms of recycling, including recycling of energy. The disposal of municipal waste based on the presented model is, in fact, an implementation of the circular economy strategy, in which waste becomes a raw material. The model, taking into account specific features of the given waste, provides for proper preparation of the raw material constituting a charge to the energy generating process. This pertains mainly to separation, through mechanical separation of mixed waste, of highly energetic RDF having an HHV value close to 24.5 MJ/kg versus 16 MJ/kg of mixed waste directed to combustion in its entirety. The separated organic fraction together with dehydrated sewage sludge is then subjected to methane co-fermentation in low water content conditions featuring a high unit gas yield of 265 dm³/kg dm. The remaining part of the sewage sludge is directed to the wet fermentation process. The application of three energy-generating processes in the model described above provides a source of alternative energy, reducing consumption of fossil fuels such as crude oil, natural gas and coal. In a year, the energetic value of generated biogas and raw materials originating from selective collection as well as separated from the mixed waste stream for a municipality, with a population of almost 106,000, is 79,917.6 MWh, which substitutes approximately 10,000 t of coal.
The described ERWP model can be used in planning and implementation of an effective waste management system of any scale. The effectiveness of the model has been demonstrated on the grounds of a medium-sized city having approximately 110,000 inhabitants. As a rule, bigger cities generate larger volumes of waste, which increases the profitability of the implementation of a system based on the ERWP model. The fundamental advantage of the model is the use of practical processes that make up the system, where products from one site become a raw material for other sites. Thus, potential stakeholders generating or gathering municipal waste are united by one goal—effective waste processing. The unit value of energy generated in the system based on the ERWP model amounting to 754 kWh/inhabitant/a cannot cover all of the energetic demand of the local population. However, the example of Copenhagen shows that the share of energy generated from municipal waste processing may constitute up to 40% of the entire energy demand. Use of the alternative source of energy, which is the municipal waste through the creation of a system based on known processes, is the fundamental advantage of the ERWP model that justifies its application.

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