HIV-1 diversity among young women in rural South Africa: HPTN 068

Mariya V. Sivay1, Sarah E. Hudelson1, Jing Wang2, Yaw Agyei1, Erica L. Hamilton3, Amanda Selin4, Ann Dennis5, Kathleen Kahn6, F. Xavier Gomez-Olive6, Catherine MacPhail6,7, James P. Hughes8, Audrey Pettifor6,9, Susan H. Eshleman1, Mary Kathryn Grabowski1*

1 Department of Pathology, Johns Hopkins University School of Medicine, Baltimore, MD, United States of America, 2 Fred Hutchinson Cancer Research Center, Seattle, WA, United States of America, 3 FHI360, Durham, NC, United States of America, 4 Carolina Population Center, University of North Carolina at Chapel Hill, Chapel Hill, NC, United States of America, 5 Division of Infectious Diseases, University of North Carolina at Chapel Hill, Chapel Hill, NC, United States of America, 6 MRC/Wits Rural Public Health and Health Transitions Research Unit (Agincourt), School of Public Health, Faculty of Health Sciences, University of the Witwatersrand, Johannesburg, South Africa, 7 School of Health and Society, University of Wollongong, New South Wales, Australia, 8 University of Washington, Seattle, WA, United States of America, 9 Department of Epidemiology, University of North Carolina at Chapel Hill, Chapel Hill, NC, United States of America

* mgrabows@jhu.edu

Abstract

Background
South Africa has one of the highest rates of HIV-1 (HIV) infection world-wide, with the highest rates among young women. We analyzed the molecular epidemiology and evolutionary history of HIV in young women attending high school in rural South Africa.

Methods
Samples were obtained from the HPTN 068 randomized controlled trial, which evaluated the effect of cash transfers for school attendance on HIV incidence in women aged 13–20 years (Mpumalanga province, 2011–2015). Plasma samples from HIV-infected participants were analyzed using the ViroSeq HIV-1 Genotyping assay. Phylogenetic analysis was performed using 200 pol gene study sequences and 2,294 subtype C reference sequences from South Africa. Transmission clusters were identified using Cluster Picker and HIV-TRACE, and were characterized using demographic and other epidemiological data. Phylogenetic analyses were performed using the BEAST software.

Results
The study enrolled 2,533 young women who were followed through their expected high school graduation date (main study); some participants had a post-study assessment (follow-up study). Two-hundred-twelve of 2,533 enrolled young women had HIV infection. HIV pol sequences were obtained for 94% (n = 201/212) of the HIV-infected participants. All but one of the sequences were HIV-1 subtype C; the non-C subtype sequence was excluded from further analysis. Median pairwise genetic distance between the subtype C sequences was 6.4% (IQR: 5.6–7.2). Overall, 26% of study sequences fell into 21 phylogenetic clusters.
with 2–6 women per cluster. Thirteen (62%) clusters included women who were HIV-infected at enrollment. Clustering was not associated with study arm, demographic or other epidemiological factors. The estimated date of origin of HIV subtype C in the study population was 1958 (95% highest posterior density [HPD]: 1931–1980), and the median estimated substitution rate among study *pol* sequences was $1.98 \times 10^{-3}$ (95% HPD: $1.15 \times 10^{-3}$–$2.81 \times 10^{-3}$) per site per year.

**Conclusions**

Phylogenetic analysis suggests that multiple HIV subtype C sublineages circulate among school age girls in South Africa. There were no substantive differences in the molecular epidemiology of HIV between control and intervention arms in the HPTN 068 trial.

**Introduction**

South Africa has one of the highest rates of human immunodeficiency virus type 1 (HIV) infection in the world [1]. The highest HIV prevalence rates have been reported in the Kwa-Zulu-Natal and Mpumalanga provinces (18% and 15.2%, respectively; ages 15–49; 2016) [2]. Adolescent girls and young women are at increased risk of HIV infection. In 2012, an estimated four million women in South Africa aged 15 and over were living with HIV/AIDS, with HIV prevalence rates of 5.6% among those aged 15–19 and 17.4% among those aged 20–24 [1]. In this region, young women acquire HIV infection earlier and have higher HIV incidence rates compared to young men [3, 4]. Several studies have evaluated HIV infection among high school students in South Africa. Studies of young women attending high-school in rural Kwa-Zulu-Natal found higher HIV prevalence and incidence among those women than their male peers [3, 5].

Phylogenetic analysis of HIV sequences provides insights into viral transmission dynamics independent of self-reported risk behaviors and HIV prevalence data [6]. The number of available HIV sequences in public databases from sub-Saharan Africa is limited considering the size of its epidemic. Available sequence data have been used to elucidate the origin of HIV and its spread from central Africa, to identify transmission clusters, and for surveillance of HIV drug resistance [7, 8]. Phylogenetics has also been used to estimate the efficacy of interventions for HIV prevention in randomized controlled trials [9, 10], including trials evaluating antiretroviral therapy for HIV prevention [10–12].

More intensive sampling of local African epidemics is underway to gain insight into community-level transmission dynamics and to identify strategic targets for HIV prevention interventions [13]. For example, a recent phylogenetic study of young women in Kwa-Zulu Natal, South Africa showed high levels of viral diversity among and few large clusters. This study also showed that sequences from older men and young women tended to cluster, suggesting a possible role for age-disparate partnerships in the African epidemic [14]. Phylogenetic data from Uganda also show high levels of viral diversity in village communities with limited spatial clustering of incident HIV cases and local background sequences, implying geographically-dispersed transmission networks and frequent community-level viral introductions [15].

In this report, we examine molecular epidemiology and evolutionary history of HIV among adolescent girls and young women in Mpumalanga province, South Africa. Individuals 13–20 years of age were enrolled in the HIV Prevention Trials Network (HPTN) 068 study. Specifically, we sought to identify phylogenetic clusters, which are groups of genetically similar...
viruses, presumably close together along a transmission chain [16]. In this study, phylogenetic clusters are representations of partially sampled, indirectly linked HIV transmission chains because only women were included in the analysis [17]. HPTN 068 was conducted within the Agincourt Health and socio-Demographic Surveillance System (Agincourt HDSS) site in the rural Bushbuckridge sub-District in Mpumalanga province of South Africa [18]. In 2010–2012, HIV prevalence in the study area was over 45% among men and women who were 35–39 years old [19]. Migration for work purposes is common in this area; as many as 60% of adult men and 30% of women migrate from rural to urban areas to find work in any given year [20].

Materials and methods

Study cohort

HPTN 068 was a phase 3, randomized controlled trial (NCT01233531) in rural Mpumalanga province (Bushbuckridge sub-district), South Africa (enrollment period: March 2011 to December 2012) [17]. The study evaluated the effect of cash transfer for school attendance on HIV incidence among young women attending high school (enrollment age: 13–20 years). Participants were excluded if they were married or pregnant, had no parent or legal guardian living in the household, or for other reasons that might have impacted the participant’s health, well-being or study conduct. Participants were randomized 1:1 to one of two study arms: (1) 1,225 received a monthly cash transfer based on school attendance (≥80% of school days per month, intervention arm), and (2) 1,223 did not receive a cash transfer (control arm). Participants were tested for HIV infection at enrollment and annually after enrollment until the end of the trial or their expected high-school graduation date, whichever came first. The study found no significant difference in HIV incidence between study arms [17]. At the end of the main study, all eligible participants who were HIV-uninfected and agreed to participate in the follow-up study were tested for HIV infection at a post-study visit 1–2 years later. The study enrolled 81 HIV-infected and 2,448 HIV-uninfected young women in school grades 8 to 11, and followed them through their expected high school graduation date; some participants had a post-study follow-up visit 1–2 years later. Annual HIV incidence in the main study was 1.8% [17].

HIV testing

HIV testing was performed at the study site at all visits through graduation. All samples were retrospectively tested at the HPTN Laboratory Center (Baltimore, MD, USA) to confirm HIV status. Methods used for HIV testing in the main study are described in a previous report [17]. The same methods were used in the follow-up study, with one exception: the Geenius HIV ½ Supplemental Assay (Bio-Rad Laboratories, Inc., Hercules, CA, USA) was used for retrospective confirmation of HIV seroconversion, rather than Western blot testing.

HIV genotyping

Plasma samples from HIV-infected participants with viral loads >400 copies/mL were analyzed using the ViroSeq HIV-1 Genotyping assay, version 2.8 (Abbott Molecular, Des Plaines, IL, USA). This system generates sequences encoding HIV protease and amino acids 1–335 of HIV reverse transcriptase (1,302 base pairs, pol gene, corresponding to nucleotides 2252–3554 in the HXB2 K03455 reference strain). HIV drug resistance was assessed using software provided with the ViroSeq system. HIV drug resistance mutations were considered as major according to the Stanford HIV drug resistance database [21].
Other laboratory testing
CD4 cell count testing was performed at the study sites for participants with HIV infection. HIV viral load testing was performed retrospectively at the HPTN Laboratory Center using the RealTime HIV-1 Viral Load assay (Abbott Molecular, Des Plaines, IL). Pregnancy history was collected as described [22]. Herpes simplex virus type 2 (HSV-2) testing was performed as described [17].

Phylogenetic analysis
HIV subtyping was performed using the REGA HIV Subtyping tool v3.0 [23]. Subtyping results were confirmed with COMET HIV-1 and by approximately maximum-likelihood phylogenetic methods using FastTree v2.1.9 [24] with HIV subtype reference sequences from the Los Alamos National Laboratory’s (LANL) HIV Sequence Database [25]. Phylogenetic analysis was performed using HIV pol sequences from HPTN 068 participants and HIV pol reference sequences. HIV reference sequences from South Africa were obtained from the LANL HIV Sequence Database [25]. Reference sequences were selected using the following search criteria: subtype C; genomic region: positions 2252 to 3554; geographic region: South Africa (country code ZA). One reference sequence per individual in LANL was included in the analysis. Sequences were aligned using MAFFT software [26]; minimal manual editing was performed. Recombination analyses were conducted for reference and study sequences using RDP [27], Maxchi [28], Chimaera [29], Bootscan [30], and Siscan [31] integrated into Recombination Detection Program v4 (RDP4) [32], and suspected inter-subtype recombinant viruses were excluded from subsequent analysis. RDP4 software was run using default settings, with the following exception: the window size was set to 60 for RDP, 120 for Maxchi and Chimera, and 500 for Bootscan and Siscan tests. Approximately maximum-likelihood phylogenetic trees were reconstructed using FastTree v2.1.9 [24] with the GTR+CAT model of nucleotide substitution and Shimodaira-Hasegawa (SH) test for clade support. We also reconstructed phylogenetic trees using RAxML v8.2.10 [33] with the GTR+CAT model of nucleotide substitutions and 1,000 bootstrap iterations for confirmation of clusters. All trees were visualized with FigTree v1.4.2 [34]. Molecular genetic networks were also constructed using the HIV-TRACE software as previously described [35]. Transmission clusters were identified from phylogenetic trees using Cluster Picker v1.2.3 [36] and from phylogenetic networks using HIV-TRACE [37]. Clusters were defined using a 4.5% maximum genetic distance threshold between all sequences in the cluster and as well as a 90% minimum clade support threshold with the Cluster Picker software. Sensitivity analyses were conducted at 2.5% and 1% genetic distance thresholds. For HIV-TRACE, a genetic distance threshold of 2.5% based on genetic pairwise distances was used. These threshold values have been previously applied in other studies of HIV transmission clusters [14, 16, 36]. Phylogenetic trees were displayed using Interactive Tree of Life (iTOL) v4.1 [38].

Phylodynamics of HIV subtype C
To explore the origination date and genetic diversity of 200 HIV subtype C pol gene study sequences, we conducted a Bayesian Markov Chain Monte Carlo (MCMC) phylogenetic analysis using the BEAST v1.8.4 software [39, 40]. Analyses were performed under the HKY+Γ4 and GTR+Γ4 substitution models and log-normal uncorrelated relaxed molecular clock model. A Gaussian Markov random field (GMRF) Bayesian Skyride coalescent model was used to reconstruct viral population dynamics. Two independent runs were performed for 5x10^7 steps with sampling every 1,000 generations. Convergence was assessed using Tracer v1.6 [41]. The cut-off for effective sample size (ESS) >200 was used for all parameters.
Statistical analysis

Logistic regression analysis was used to estimate associations between demographic and epidemiological characteristics. Variable assessed included age and school grade at enrollment, study arm, timing of HIV infection (enrollment, main study, and follow-up study), viral load and CD4 cell count at the first HIV-positive visit, the presence of the major drug resistance mutations, HSV-2 infection, pregnancy history, and the probability of study sequence clustering. We also assessed excess co-clustering by study arm and other categorical epidemiological characteristics by analyzing the probability of two sequences sharing a genetic cluster (<4.5 genetic distance threshold) also shared the same characteristic relative to the probability that a random pair of sequences from two girls which were not clustered also shared that same characteristic [15]. In the case of no excess co-clustering, we expect this relative probability to be one. Analyses were performed using R v3.3.2 [42] "base" and "ape" packages.

Nucleotide sequence accession numbers

Study sequences were submitted to GenBank under accession numbers KY883695-KY883762, KY888784-KY888875, KY921717-KY921757.

Ethics statement

Written consent for participation in the HPTN 068 study was provided by all study participants and their parents/guardians. The study was approved by ethical review board at the University of the Witwatersrand and the University of North Carolina.

Results

Summary of study sequences

In HPTN 068, 245 HIV infections were documented: 81 participants were HIV infected at enrollment; 107 acquired HIV infection in the main study (between the enrollment visit and final main study visit), and 57 acquired HIV infection in the follow-up study (between the final main study visit and the post-study visit) (Fig 1). Plasma samples with HIV viral loads >400 copies/mL were available from 212 (86.5%) of the 245 HIV-infected participants (one sample per participant, collected at enrollment or the first HIV-positive visit; 33 samples had viral loads ≤400 copies/mL). HIV genotyping was successful for 201 (94.8%) of the 212 samples (68 who had HIV infection at enrollment; 92 who acquired HIV infection during the main study, 41 who acquired HIV infection during the follow-up study). Two hundred (99.5%) of the 201 sequences were HIV subtype C. One sequence was HIV subtype A; this sequence was excluded from further phylogenetic analysis. Drug resistance mutations identified using the ViroSeq HIV-1 Genotyping system were detected in 20 (10%) of the 200 sequences. At least one major non-nucleoside reverse transcriptase inhibitor (NNRTI)-resistance mutation (K103N, V106M, Y181C, G190A/S) was detected in 19 sequences; five of those sequences also had the M184V nucleoside reverse transcriptase inhibitor (NRTI)-resistance mutation. One sample had the L210W NRTI resistance mutation.

Identification of phylogenetic clusters

Phylogenetic analysis was performed using 200 pol sequences from the study participants and 2,294 HIV subtype C reference sequences from South Africa; four reference sequences were excluded from the analysis (three were identified as inter-subtype recombinant; one had a high level of sequence ambiguity, >5%) (Fig 2). Overall, median pairwise genetic distance between all pol gene sequences including references was 6.4% (interquartile range [IQR]: 5.7–
7.2%). Using Cluster Picker software with genetic distance and clade support thresholds of 4.5% and 90% respectively, 52 sequences (26% of total) from study participants clustered with one or more sequences from other study participants (Table 1). No large clusters (over 10 individuals per cluster) were identified. Most of the clusters were pairs (n = 17); clusters of four participants (N = 3) and six participants (N = 1) were also identified. Thirteen (62%) of these 21 clusters included women who were HIV infected at enrollment (Fig 3). Median genetic pairwise distance among sequences sharing a cluster was 1.1% (IQR: 0.7–2.6%) (S1 Fig). There were no reference sequences in these clusters; however, seven women (3.5%) clustered with one or more reference sequences in other clusters. Thirty-five (67.3%) of the 52 clustered sequences were in the intervention arm and of these sequences, 18 (51.4%) clustered with control arm sequences. As expected, the number of clusters decreased when more stringent genetic distance thresholds were applied (Table 1).
1. Study group: • Enrollment • Main study • Follow-up study
2. Study arm: • Intervention • Control
3. Age: 13 14 15 16 17 18 19 20
4. HIV major DRMs: • Yes • No

Fig 2. Approximately maximum-likelihood phylogenetic tree of 2,494 HIV subtype C pol sequences. Study sequences are indicated in the phylogeny with red branches. Abbreviation: DRM: drug resistance mutation.

https://doi.org/10.1371/journal.pone.0198999.g002

Table 1. Phylogenetic clusters containing two or more study sequences detected using different tree reconstruction and cluster detection algorithms.

| Phylogenetic tree reconstruction method | Cluster detection software | Clade support threshold | Maximum genetic distance threshold | Total number of clusters detected | Cluster size distribution (N)* |
|----------------------------------------|----------------------------|-------------------------|-----------------------------------|----------------------------------|-----------------------------|
| FastTree                               | Cluster Picker             | 90%                     | 4.5%                              | 21                               | 2 (17), 4 (3), 6 (1)        |
| RAxML                                  | Cluster Picker             | 90%                     | 4.5%                              | 21                               | 2 (18), 4 (2), 6 (1)        |
| FastTree                               | Cluster Picker             | 90%                     | 2.5%                              | 16                               | 2 (15), 6 (1)               |
| RAxML                                  | Cluster Picker             | 90%                     | 2.5%                              | 16                               | 2 (15), 6 (1)               |
| FastTree                               | Cluster Picker             | 90%                     | 1.0%                              | 6                                | 2 (6)                       |
| RAxML                                  | Cluster Picker             | 90%                     | 1.0%                              | 6                                | 2 (6)                       |
| -                                      | HIV-TRACE                  | -                       | 2.5%                              | 16                               | 2 (15), 6 (1)               |

*Cluster size distribution (number) is shown for clusters containing two or more study sequences. Abbreviation: N: number.

https://doi.org/10.1371/journal.pone.0198999.t001
The largest cluster of six included participants who seroconverted during the main (n = 5) and follow-up (n = 1) studies. The mean genetic distance in this cluster was 0.8% with an estimated time to the most recent common ancestor (tMRCA) 2006 (95% highest posterior density [HPD]: 1988–2010). Four of the participants were in the control arm and two were in the intervention arm (Fig 3). Drug resistance mutations were not detected in any of the participants within this cluster. One cluster of four participants contained women from the control arm only. Three participants within this cluster were HIV-infected during the main study; one woman was infected during the follow-up study (Fig 3). A second cluster of four women included participants from intervention arm only (Fig 3); all four were infected during the main study and were in the same school grade (10th) at study enrollment. A single drug resistance mutation was detected in one woman. The third cluster of four women included participants from both study arms who were HIV-infected at different stages in the study (enrollment, main study, follow-up study) of the trial (Fig 3). One drug resistance mutation was detected in one woman in this cluster. Study sequences were otherwise intermingled with reference sequences from South Africa throughout the tree.

In sensitivity analyses, the vast majority of phylogenetic clusters identified with FastTree were also identified with RAxML at a genetic distance threshold of 4.5%. The same clusters of viral sequences were identified at genetic distance thresholds of 2.5% and 1% (Table 1).
Identical clusters were also found using Cluster Picker and HIV-TRACE at a genetic distance threshold of 2.5% (Table 1).

Associations of demographic and clinical characteristics with HIV clustering are shown in Table 2. There was also no statistically significant excess co-clustering by study arm, drug resistance mutations detected, or any other study characteristic.

---

### Table 2. Associations between demographic and epidemiological characteristics of 200 HIV-infected study participants and phylogenetic clustering (4.5% genetic distance threshold).

| Characteristic                  | Total number; N = 200 | Clustered; N = 59 | Odds ratio (95% CI) | P-value |
|---------------------------------|-----------------------|-------------------|---------------------|---------|
| Age (years)                     | N (%)                 | N (%)             |                     |         |
| 15 and younger                  | 69 (34.5%)            | 22 (37.3%)        | 1.0 (ref)           | ...     |
| 16                              | 46 (23%)              | 13 (22%)          | 0.84 (0.36–1.89)    | 0.68    |
| 17                              | 44 (22%)              | 11 (18.7%)        | 0.71 (0.3–1.64)     | 0.43    |
| 18 and older                    | 41 (20.5%)            | 13 (22%)          | 0.99 (0.43–2.26)    | 0.99    |
| School grade                    |                       |                   |                     |         |
| 8                               | 39 (19.5%)            | 9 (15.3%)         | 1.0 (ref)           | ...     |
| 9                               | 41 (20.5%)            | 15 (25.4%)        | 1.92 (0.43–5.28)    | 0.19    |
| 10                              | 71 (35.5%)            | 19 (32.2%)        | 1.22 (0.5–3.14)     | 0.67    |
| 11                              | 49 (24.5%)            | 16 (27.1%)        | 1.62 (0.36–4.33)    | 0.32    |
| Study arm                       |                       |                   |                     |         |
| Control                         | 95 (47.5%)            | 24 (40.7%)        | 1.0 (ref)           | ...     |
| Intervention                    | 105 (52.5%)           | 35 (59.3%)        | 1.48 (0.8–2.76)     | 0.21    |
| First HIV positive test         |                       |                   |                     |         |
| Enrollment                      | 68 (34%)              | 16 (27.1%)        | 1.0 (ref)           | ...     |
| Main study                      | 92 (46%)              | 32 (54.2%)        | 1.73 (0.87–3.27)    | 0.65    |
| Follow-up study                 | 40 (20%)              | 11 (18.6%)        | 1.23 (0.5–3)        | 0.13    |
| Viral load, copies/mL           |                       |                   |                     |         |
| 400–9,999                       | 61 (30.5%)            | 22 (37.3%)        | 1.0 (ref)           | ...     |
| 10,000–99,000                   | 112 (56%)             | 27 (45.8%)        | 0.56 (0.29–1.11)    | 0.1     |
| >100,000                        | 27 (12.5%)            | 10 (16.9%)        | 1.04 (0.39–2.65)    | 0.93    |
| CD4 cell count, cells/mm³<sup>a</sup> |               |                   |                     |         |
| >500                            | 92 (46%)              | 30 (50.9%)        | 1.0 (ref)           | ...     |
| ≤500                            | 75 (37.5%)            | 19 (32.2%)        | 0.70 (0.35–1.37)    | 0.31    |
| ≤250                            | 15 (7.5%)             | 4 (6.8%)          | 0.75 (0.2–2.4)      | 0.65    |
| Major drug resistance mutation  |                       |                   |                     |         |
| No                              | 180 (90%)             | 55 (93.2%)        | 1.0 (ref)           | ...     |
| Yes                             | 20 (10%)              | 4 (6.8%)          | 0.57 (0.16–1.63)    | 0.33    |
| HSV-2 infection<sup>b</sup>     |                       |                   |                     |         |
| No                              | 90 (45%)              | 25 (42.4%)        | 1.0 (ref)           | ...     |
| Yes                             | 69 (34.5%)            | 23 (39%)          | 1.3 (0.65–2.57)     | 0.45    |
| Ever pregnant<sup>c</sup>       |                       |                   |                     |         |
| No                              | 122 (61%)             | 37 (62.7%)        | 1.0 (ref)           | ...     |
| Yes                             | 49 (24.5%)            | 15 (25.4%)        | 1.01 (0.48–2.06)    | 0.971   |

<sup>a</sup>CD4 cell count data was not available for 18 women
<sup>b</sup>HSV-2 infection status was not available for 41 women
<sup>c</sup>Pregnancy history was not available for 29 women.

Abbreviations: N: number; CI: confidence intervals; ref: reference.

https://doi.org/10.1371/journal.pone.0198999.t002
Phylodynamics of HIV subtype C in the trial population

Phylodynamic reconstruction of the epidemic with Bayesian MCMC analysis revealed that the date of origin of HIV subtype C circulating in the study population was 1958 (95% HPD: 1931–1980) (Fig 4). There appeared to be a rapid growth in the effective size of the viral population between the 1970s and 1990s with growth peaking in the early 2000s and declining somewhat thereafter; however, changes in effective population size over time were not statistically significant. The median estimated substitution rate (i.e., the rate at genetic differences were accrued over time) among study pol sequences was $1.98 \times 10^{-3}$ per site per year (95% HPD: $1.15 \times 10^{-3}$–$2.81 \times 10^{-3}$). The estimated dates of origin and substitution rates using HKY+G4 and GTR+G4 substitution models were highly consistent. There were no substantive differences in population size trajectories between intervention and control arms of the trial population (data not shown).

Discussion

In this study, we analyzed indirect female-to-female HIV transmission chains among young women with HIV subtype C infection who were attending high school in rural South Africa.
All but one of the 201 HPTN 068 participants with genotyping results had HIV subtype C infection; one participant had HIV subtype A infection. Phylogenetic analysis revealed small distinct HIV transmission clusters among study sequences scattered across the subset of subtype C reference sequences from South Africa. Clustering was not statistically significantly associated with demographic and select epidemiological characteristics of study participants. Results in this report and results of another study from the same region (Bushbuckridge sub-district, Mpumalanga province) [43] indicate that there are multiple HIV subtype C sublineages circulating in the population of this area.

Phylogenetics is widely used to describe evolution and origins of viruses [44], to provide information about circulating genetic variants of pathogens [44], and to identify transmission clusters [6, 8]. Each cluster is most often a representation of a partially sampled transmission chain identified based on similarity of the viral sequences [6, 45]. In the HPTN 068 trial, we found that a low proportion (26%) of participants clustered in small groups no larger than six women. Low levels of clustering between HIV infections and small cluster sizes are commonly observed in heterosexual African HIV epidemics, probably because the sampling fraction of transmission networks is low [15, 45, 46]. In this report, we sampled 2,533 individuals, which was less than 1% of the total population residing in the study area (Bushbuckridge sub-district, South Africa).

The lack of structured HIV subtype C phylogeny [47] and high genetic diversity of Southern African HIV strains has been demonstrated in previous studies [45, 48]. Phylogenetic reconstruction of subtype C infections in South Africa also suggest that there have been multiple introductions of the virus to the region [49, 50] and extensive intrasubtype recombination [51]. In our study, the median pairwise genetic distance among analyzed HIV \( \text{pol} \) sequences was 6.4%. Similar levels of genetic diversity were found in previous studies of HIV subtype C infection in the general population in African countries [15, 45, 48, 52].

The estimated year of HIV origin into the region was 1958, based on the subset of 200 \( \text{pol} \) HIV subtype C sequences. The HIV subtype C effective population size significantly increased between the 1970s and 1990s, with the peak of infections in the early 2000s. A decline of the effective population size was observed thereafter. These results are compatible with previous studies of origin and evolution of HIV subtype C viruses in South Africa [49, 50] and other countries [52, 53]. The rate of molecular evolution among HPTN 068 HIV subtype C \( \text{pol} \) sequences was estimated as \( 1.98 \times 10^{-3} \) per site per year. Similar mutation rates in the \( \text{pol} \) gene were reported previously for HIV subtypes C [50, 53] and B [54]. High migration rates likely play a substantial role in the dynamics of the epidemic [50] and probably contribute to the high level of HIV diversity in South Africa. This report provides insight into the HIV epidemic among young women in rural South Africa who were enrolled in a randomized controlled trial. We observed high HIV prevalence and multiple HIV subtype C sublineages circulating among young women in the study. There was no evidence of distinct sub-epidemics among young women by study arm, age, school grade, or timing of infection (i.e., if they were infected at enrollment, in the main study, or in the follow-up study). There was also limited evidence for super-spreading events or large, highly connected networks similar to those observed in outbreaks of HIV among persons who inject drugs in the United States [55] or HIV transmission networks among men who have sex with men [56].

Supporting information

S1 Fig. Violin and boxplots of \( \text{pol} \) pairwise genetic distances. Boxplots represent the median and interquartile ranges of \( \text{pol} \) pairwise genetic distances obtained for participants who did or did not share a phylogenetic cluster in the approximately maximum-likelihood phylogenetic
tree at a genetic distance threshold of 4.5%. The violin plots represent the distribution and density of pairwise genetic distances in each group.

(TIF)

Acknowledgments
The authors thank the HPTN 068 study team and study participants for their contributions to the HPTN 068 study. The authors also thank the laboratory investigators and study staff for their assistance with sample management and laboratory testing.

Author Contributions
Conceptualization: Mariya V. Sivay, Ann Dennis, Audrey Pettifor, Susan H. Eshleman, Mary Kathryn Grabowski.

Formal analysis: Mariya V. Sivay, Jing Wang, James P. Hughes, Mary Kathryn Grabowski.

Funding acquisition: Susan H. Eshleman, Mary Kathryn Grabowski.

Investigation: Mariya V. Sivay, Sarah E. Hudelson, Mary Kathryn Grabowski.

Methodology: Susan H. Eshleman, Mary Kathryn Grabowski.

Project administration: Yaw Agyei, Erica L. Hamilton, Amanda Selin, Kathleen Kahn, F. Xavier Gomez-Olive, Catherine MacPhail, Audrey Pettifor, Susan H. Eshleman.

Resources: Sarah E. Hudelson.

Software: Mary Kathryn Grabowski.

Supervision: Audrey Pettifor, Susan H. Eshleman, Mary Kathryn Grabowski.

Validation: Erica L. Hamilton, Amanda Selin, James P. Hughes.

Visualization: Mariya V. Sivay.

Writing – original draft: Mariya V. Sivay, Susan H. Eshleman, Mary Kathryn Grabowski.

Writing – review & editing: Mariya V. Sivay, Sarah E. Hudelson, Jing Wang, Yaw Agyei, Erica L. Hamilton, Amanda Selin, Ann Dennis, Kathleen Kahn, F. Xavier Gomez-Olive, Catherine MacPhail, James P. Hughes, Audrey Pettifor, Susan H. Eshleman, Mary Kathryn Grabowski.

References
1. UNAIDS. 2015. Accessed: January 12, 2017. Available from: http://www.unaids.org/en/regionscountries/countries/southafrica.

2. SANAC. The South African National AIDS Council. HIV Statistics. 2016. Accessed: January 14, 2017. Available from: http://ivizard.org/sanac/.

3. Kharsany AB, Miolshwa M, Frohlich JA, Yende Zuma N, Samsunder N, Abdool Karim SS, et al. HIV prevalence among high school learners—opportunities for schools-based HIV testing programmes and sexual reproductive health services. BMC Public Health. 2012; 12:231. https://doi.org/10.1186/1471-2458-12-231 PMID: 22439635

4. Ramjee G, Daniels B. Women and HIV in sub-Saharan Africa. AIDS Res Ther. 2013; 10:30. https://doi.org/10.1186/1742-6405-10-30 PMID: 24330537

5. Kharsany AB, Buthelezi TJ, Frohlich JA, Yende-Zuma N, Samsunder N, Mahlase G, et al. HIV infection in high school students in rural South Africa: role of transmissions among students. AIDS Res Hum Retroviruses. 2014; 30:956–65. https://doi.org/10.1089/AID.2014.0110 PMID: 25077861

6. Grabowski MK, Redd AD. Molecular tools for studying HIV transmission in sexual networks. Curr Opin HIV AIDS. 2014; 9:126–33. https://doi.org/10.1097/COH.0000000000000046 PMID: 24384502
7. Ratmann O, Hodcroft EB, Pickles M, Cori A, Hall M, Lycett S, et al. Phylogenetic tools for generalized HIV-1 epidemiology: findings from the PANGEA-HIV methods comparison. Mol Biol Evol. 2017; 34:185–203. https://doi.org/10.1093/molbev/msw217 PMID: 28053012

8. Dennis AM, Herbeck JT, Brown AL, Kellam P, de Oliveira T, Pillay D, et al. Phylogenetic studies of transmission dynamics in generalized HIV epidemics: an essential tool where the burden is greatest? J Acquir Immune Defic Syndr. 2014; 67:181–95. https://doi.org/10.1097/QAI.0000000000000271 PMID: 24977473

9. Campbell MS, Mullins JI, Hughes JP, Celum C, Wong KG, Raugi DN, et al. Viral linkage in HIV-1 seroconverters and their partners in an HIV-1 prevention clinical trial. PLoS One. 2011; 6:e16986. https://doi.org/10.1371/journal.pone.0016986 PMID: 21399681

10. Eshleman SH, Hudelson SE, Redd AD, Wang L, Debes R, Chen YQ, et al. Analysis of genetic linkage of HIV from couples enrolled in the HIV Prevention Trials Network 052 trial. J Infect Dis. 2011; 204:1918–26. https://doi.org/10.1093/infdis/jir561 PMID: 21990420

11. Cohen MS, Chen YQ, McCauley M, Gamble T, Hosseinipour MC, Kumara sny N, et al. Antiretroviral Therapy for the Prevention of HIV-1 Transmission. N Engl J Med. 2016; 375:830–9. https://doi.org/10.1056/NEJMoa1600693 PMID: 27424812

12. Rodger AJ, Cambiano V, Bruun T, Vernazza P, Collins S, van Lunzen J, et al. Sexual Activity Without Condoms and Risk of HIV Transmission in Serodifferent Couples When the HIV-Positive Partner Is Using Suppressive Antiretroviral Therapy. Jama. 2016; 316:171–81. https://doi.org/10.1001/jama.2016.5148 PMID: 24595023

13. Pillay D, Herbeck J, Cohen MS, de Oliveira T, Fraser C, Ratmann O, et al. PANGEA-HIV: phylogenetics for generalised epidemiology in Africa. Lancet Infect Dis. 2015; 15:259–61. https://doi.org/10.1016/S1473-3099(15)70039-3 PMID: 25749217

14. de Oliveira T, Kharsany AB, Graf T, Cawood C, Khanyile D, Grobler A, et al. Transmission networks and risk of HIV infection in KwaZulu-Natal, South Africa: a community-wide phylogenetic study. Lancet HIV. 2017; 4:e41–e50. https://doi.org/10.1016/S2352-3018(16)30186-2 PMID: 27914874

15. Grabowski MK, Lessler J, Redd AD, Kagaayi J, Laeyendecker O, Ndyanabo A, et al. The role of viral introductions in sustaining community-based HIV epidemics in rural Uganda: evidence from spatial clustering, phylogenetics, and egocentric transmission models. PLoS Med. 2014; 11:e1001610. https://doi.org/10.1371/journal.pmed.1001610 PMID: 24595023

16. Le Vu S, Ratmann O, Delpech V, Brown AE, Gill ON, Tostevin A, et al. Comparison of cluster-based and source-attribute methods for estimating transmission risk using large HIV sequence databases. Epidemics. 2017.

17. Pettifor A, MacPhail C, Hughes JP, Selin A, Wang J, Gomez-Olive FX, et al. The effect of a conditional cash transfer on HIV incidence in young women in rural South Africa (HPTN 068): a phase 3, randomised controlled trial. Lancet Glob Health. 2016; 4:e978–e88. https://doi.org/10.1016/S2214-109X(16)30253-4 PMID: 27815148

18. Kahn K, Collinson MA, Gomez-Olive FX, Mokoena O, Twine R, Mee P, et al. Profile: Agincourt health and socio-demographic surveillance system. Int J Epidemiol. 2012; 41:988–1001. https://doi.org/10.1093/ije/dys115 PMID: 22933647

19. Gomez-Olive FX, Angotti N, Houle B, Klipstein-Grobusch K, Kabudula C, Menken J, et al. Prevalence of HIV among those 15 and older in rural South Africa. AIDS Care. 2013; 25:1122–8. https://doi.org/10.1080/09540121.2012.750710 PMID: 23311396

20. Collinson MA, White MJ, Bocquier P, McGarvey ST, Afolabi SA, Clark SJ, et al. Migration and the epidemiological transition: insights from the Agincourt sub-district of northeast South Africa. Glob Health Action. 2014; 7:23514. https://doi.org/10.3402/gha.v7.23514 PMID: 24848656

21. Tang MW, Liu TF, Shafer RW. The HIVdb system for HIV-1 genotypic resistance interpretation. Intervirology. 2012; 55:98–101. https://doi.org/10.1159/000331998 PMID: 22286676

22. Pettifor A, MacPhail C, Selin A, Gomez-Olive FX, Rosenberg M, Wagner RG, et al. HPTN 068: A randomized control trial of a conditional cash transfer to reduce HIV infection in young women in South Africa: study design and baseline results. AIDS Behav. 2016; 20:1863–82. https://doi.org/10.1007/s10461-015-1270-0 PMID: 26981389

23. de Oliveira T, Deforce K, Cassol S, Rambaut A, Vandamme A-M. REGA HIV-1 subtyping tool 2014. Accessed: December 7, 2016. Available from: http://dbpartners.stanford.edu:8080/RegaSubtyping/standford-hiv/typingtool/.

24. Price MN, Dehal PS, Arkin AP. FastTree 2—approximately maximum-likelihood trees for large alignments. PLoS One. 2010; 5:e9490. https://doi.org/10.1371/journal.pone.0009490 PMID: 20224823

25. HIV Sequence Database: Los Alamos National Laboratory; 2016. Accessed: December 7, 2016. Available from: https://www.hiv.lanl.gov/content/sequence/HIV/mainpage.html.
26. Katoh K, Kuma K, Toh H, Miyata T. MAFFT version 5: improvement in accuracy of multiple sequence alignment. Nucleic Acids Res. 2005; 33:511–8. https://doi.org/10.1093/nar/gki198 PMID: 15661851

27. Martin D, Rybicki E. RDP: detection of recombination amongst aligned sequences. Bioinformatics. 2000; 16:562–3. PMID: 10980155

28. Smith JM. Analyzing the mosaic structure of genes. J Mol Evol. 1992; 34:126–9. PMID: 1556748

29. Posada D, Crandall KA. Evaluation of methods for detecting recombination from DNA sequences: computer simulations. Proc Natl Acad Sci U S A. 2001; 98:13757–62. https://doi.org/10.1073/pnas.241370698 PMID: 11717435

30. Martin DP, Posada D, Crandall KA, Williamson C. A modified bootscan algorithm for automated identification of recombinant sequences and recombination breakpoints. AIDS Res Hum Retroviruses. 2005; 21:96–102. https://doi.org/10.1089/aid.2005.21.96 PMID: 15665649

31. Gibbs MJ, Armstrong JS, Gibbs AJ. Sister-scanning: a Monte Carlo procedure for assessing signals in recombinant sequences. Bioinformatics. 2000; 16:573–82. PMID: 11038328

32. Martin DP, Murrell B, Golden M, Khoosal A, Muhire B. RDP4: Detection and analysis of recombination patterns in virus genomes. Virus Evol. 2015; 1:vev003. https://doi.org/10.1093/ve/vev003 PMID: 27774277

33. Stamatakis A. RAxML version 8: a tool for phylogenetic analysis and post-analysis of large phylogenies. Bioinformatics. 2014; 30:1312–3. https://doi.org/10.1093/bioinformatics/btu033 PMID: 24451623

34. Rambaut A. FigTree v1.4.3: Molecular evolution, phylogenetics and epidemiology; 2007. updated October 4, 2016. Accessed: December 7, 2016. Available from: http://tree.bio.ed.ac.uk/software/figtree/.

35. Wertheim JO, Kosakovsky Pond SL, Forgie Ne LA, Mehta SR, Murrell B, Shah S, et al. Social and Genetic Networks of HIV-1 Transmission in New York City. PLoS Pathog. 2017; 13:e1006000. https://doi.org/10.1371/journal.ppat.1006000 PMID: 28068413

36. Ragonnet-Cronin M, Hodcroft E, Hue S, Feamhill E, Delpech V, Brown AJ, et al. Automated analysis of phylogenetic clusters. BMC Bioinformatics. 2013; 14:317. https://doi.org/10.1186/1471-2105-14-317 PMID: 24191891

37. Wertheim JO, Leigh Brown AJ, Hepler NL, Mehta SR, Richman DD, Smith DM, et al. The global transmission network of HIV-1. J Infect Dis. 2014; 209:304–13. https://doi.org/10.1093/infdis/jit524 PMID: 24151309

38. Letunic I, Bork P. Interactive Tree Of Life (iTOl): an online tool for phylogenetic tree display and annotation. Bioinformatics. 2007; 23:127–8. https://doi.org/10.1093/bioinformatics/btl529 PMID: 17050570

39. Drummond AJ, Suchard MA, Xie D, Rambaut A. Bayesian phylogenetics with BEAUti and the BEAST 1.7. Mol Biol Evol. 2012; 29:1969–73. https://doi.org/10.1093/molbev/mss075 PMID: 22367748

40. Drummond AJ, Rambaut A. BEAST: Bayesian evolutionary analysis by sampling trees. BMC Evol Biol. 2007; 7:214. https://doi.org/10.1186/1471-2148-7-214 PMID: 17996036

41. Rambaut A, Suchard MA, Xie D, Drummond AJ. Tracer v1.6 2014. Available from: http://tree.bio.ed.ac.uk/software/tracer/.

42. R Core Team. R: A language and environment for statistical computing: R Foundation for Statistical Computing, Vienna, Austria; 2016. Available from: https://www.R-project.org/.

43. Msaimanga PW, Vardas E, Engelbrecht S. HIV-1 diversity in an antiretroviral treatment naive cohort from Bushbuckridge, Mpumalanga Province, South Africa. Virol J. 2015; 12:24. https://doi.org/10.1186/s12985-015-0244-1 PMID: 25889106

44. Lam TT, Hon CC, Tang JW. Use of phylogenetics in the molecular epidemiology and evolutionary studies of viral infections. Crit Rev Clin Lab Sci. 2010; 47:5–49. https://doi.org/10.3109/10408361003633318 PMID: 20367503

45. Novitsky V, Bussmann H, Logan A, Moyo S, van Widenfelt E, Okui L, et al. Phylogenetic relatedness of circulating HIV-1C variants in Mochudi, Botswana. PLoS One. 2013; 8:e80589. https://doi.org/10.1371/journal.pone.0080589 PMID: 24349005

46. de Oliveira T, Kharsany AB, Graf T, Cawood C, Khanyile D, Grobler A, et al. Transmission networks and risk of HIV infection in KwaZulu-Natal, South Africa: a community-wide phylogenetic study. Lancet HIV. 2017; 4:e41–e50. https://doi.org/10.1016/S2352-3018(16)30186-2 PMID: 27914874

47. Thomson MM, Fernandez-Garcia A. Phylogenetic structure in African HIV-1 subtype C revealed by selective sequential pruning. Virology. 2011; 415:30–8. https://doi.org/10.1016/j.virol.2011.03.021 PMID: 21507449

48. Gordon M, De Oliveira T, Bishop K, Coovadia HM, Madurai L, Engelbrecht S, et al. Molecular characteristics of human immunodeficiency virus type 1 subtype C viruses from KwaZulu-Natal, South Africa: implications for vaccine and antiretroviral control strategies. J Virol. 2003; 77:2587–99. https://doi.org/10.1128/JVI.77.4.2587-2599.2003 PMID: 12551997
49. Wilkinson E, Rasmussen D, Ratmann O, Stadler T, Engelbrecht S, de Oliveira T. Origin, imports and exports of HIV-1 subtype C in South Africa: A historical perspective. Infection, Genetics and Evolution. 2016; 46:200–8. https://doi.org/10.1016/j.meegid.2016.07.008 PMID: 27421210

50. Wilkinson E, Engelbrecht S, de Oliveira T. History and origin of the HIV-1 subtype C epidemic in South Africa and the greater southern African region. Sci Rep. 2015; 5:16897. https://doi.org/10.1038/srep16897 PMID: 26574165

51. Rousseau CM, Learn GH, Bhattacharya T, Nickle DC, Heckerman D, Chetty S, et al. Extensive intra-subtype recombination in South African human immunodeficiency virus type 1 subtype C infections. J Virol. 2007; 81:4492–500. https://doi.org/10.1128/JVI.02050-06 PMID: 17314156

52. Novitsky V, Wang R, Lagakos S, Essex M. HIV-1 subtype C phylodynamics in the global epidemic. Viruses. 2010; 2:33–54. https://doi.org/10.3390/v20100033 PMID: 21994599

53. Delatorre EO, Bello G. Phylodynamics of HIV-1 subtype C epidemic in East Africa. PLoS One. 2012; 7: e41904. https://doi.org/10.1371/journal.pone.0041904 PMID: 22848653

54. Bello G, Aulicino PC, Ruchansky D, Guimaraes ML, Lopez-Galindez C, Casado C, et al. Phylodynamics of HIV-1 circulating recombinant forms 12_BF and 38_BF in Argentina and Uruguay. Retrovirology. 2010; 7:22. https://doi.org/10.1186/1742-4690-7-22 PMID: 20307282

55. Peters PJ, Pontones P, Hoover KW, Patel MR, Galang RR, Shields J, et al. HIV Infection Linked to Injection Use of Oxymorphone in Indiana, 2014–2015. N Engl J Med. 2016; 375:229–39. https://doi.org/10.1056/NEJMoa1515195 PMID: 27468059

56. Lewis F, Hughes GJ, Rambaut A, Pozniak A, Leigh Brown AJ. Episodic sexual transmission of HIV revealed by molecular phylodynamics. PLoS Med. 2008; 5:e50. https://doi.org/10.1371/journal.pmed.0050050 PMID: 18351795