PREVENTION OF CELL-TO-CELL SPREAD OF HERPES SIMPLEX VIRUS BY LEUKOCYTES

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There are at least three different routes by which viruses can spread from one cell to another. First, viruses released from infected cells can spread to nearby or distant cells by the extracellular route (1). Second, viruses such as herpes simplex (HSV) can spread to adjacent cells by passing through intercellular bridges (1-3). Third, during cell division viruses or the viral genome can be transmitted to progeny cells (4). The mechanism(s) by which the host prevents the spread of extracellular virus through neutralization by antiviral antibody and complement has been extensively studied (5). Relatively little is known, however, about how the immunological response of the host stops those viral infections which spread directly from cell to cell without ever being exposed to antiviral antibody. The present investigation was initiated to study the factors involved in preventing the spread of HSV.

Materials and Methods

Tissue Culture and Media.—Primary rabbit kidney (PRK) cells were prepared and maintained as previously described (6). Growth medium (GM) consisted of Eagle’s minimal essential medium with 0.5% lactalbumin hydrolysate, 10% heat-inactivated calf serum, and antibiotics (100 U of penicillin/ml, 50 μg of neomycin/ml, and 100 U of mycostatin/ml). Media for the infectious center assay consisted of 1% Noble agar (Difco Laboratories, Inc., Detroit, Mich.) in Eagle’s minimal essential medium containing 5% calf serum and antibiotics. Dulbecco’s phosphate-buffered saline (PBS) with Ca++ and Mg++ was used to wash monolayers.

Virus.—HSV (type 1) was prepared and assayed in PRK cells (6). Three tissue culture plates were used for each virus dilution, and the average number of plaques per plate was determined. To prevent development of secondary plaques, 2% pooled human serum containing antibody to HSV was added to the growth medium (antibody overlay medium).

Antisera.—Antisera against HSV were prepared by immunization of New Zealand white rabbits with multiple intravenous injections of 10^6.0 plaque-forming units (PFU) of partially purified virus (7). The 50% neutralization titers exceeded 10,000.

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Abbreviations used in this paper: GM, growth medium; HSV, herpes simplex virus; MOI, multiplicity of infection; PBS, phosphate-buffered saline; PFU, plaque-forming units; PRK, primary rabbit kidney.
Complement.—Pooled rabbit sera obtained from New Zealand white rabbits served as the source of complement.

Leukocytes.—Female New Zealand white rabbits, weighing 2-3 kg, were inoculated intraperitoneally with 35 ml of sterile 12.5% sodium caseinate (Difco Laboratories). 3 days later, the peritoneal cavity was exposed through a midline incision and washed with 200 ml of cold PBS containing 5 U of heparin/ml and antibiotics. The cells in the exudate were centrifuged at 800 g for 10 min, washed twice with 20 vol of PBS, and then exposed to 15 ml of 0.2% NaCl for 30 s to lyse erythrocytes. Immediately thereafter, 15 ml of 1.6% NaCl was added; the cells were centrifuged and, except where indicated, resuspended in antibody overlay medium. Approximately 75% of the cells were macrophages or monocytes, and the rest were polymorphonuclear leukocytes or small lymphocytes. More than 95% of the cells were viable as measured by exclusion of trypan blue. The cells will be referred to hereafter as leukocytes.

Incubation of Leukocytes with Infected Cells.—Confluent monolayers of PRK cells in tissue culture trays (Bellco Glass, Inc., Vineland, N. J.) containing 24 wells (16 mm in diameter) were washed once with PBS and, except where stated, were infected with 15-20 PFU of HSV suspended in 0.2 ml of GM. After incubation at 37°C for 2 h the inocula were aspirated; the monolayers were washed once and then were incubated with either 2 ml of antibody overlay medium or 2 ml of antibody overlay medium containing leukocytes at a leukocyte:PRK cell ratio of 50:1, 25:1, or 10:1. Except where indicated, leukocytes and medium were aspirated 72 h after infection; the monolayers were washed three times with PBS and were examined for plaques and/or titrated for virus. All determinations were done in quadruplicate, and the results were expressed as the average per well. Many of the experiments were repeated three or more times.

Immunofluorescence.—Anti-HSV antibody for direct immunofluorescence was prepared in rabbits by inoculation of scarified corneal surfaces with HSV. 3 wk later, the animals were bled, and the gamma globulin was conjugated with fluorescein isothiocyanate (8). To eliminate nonspecific fluorescence, the conjugated antiserum was adsorbed twice with acetone-dried powders of rabbit liver and kidney. Infected and uninfected PRK cells grown on cover slips were fixed with acetone for 5 min at room temperature and then were stained at 4°C overnight. Specificity of the conjugate was established by inhibition of staining with unlabeled antibody. After repeated washings with PBS, the cover slips were mounted in buffered glycerol (pH 9.0) and were observed with a Zeiss Universal fluorescence microscope (Carl Zeiss, Inc., New York).

Detection of Viral Antigens on the Surface of Infected Cells.—Infected and uninfected monolayers were incubated for 1 h at 37°C with 125I-labeled anti-HSV antibody (9). The monolayers were then washed, and the amount of 125I that remained bound to the cells was determined.

Cell Injury Measured by Release of 51Cr.—PRK cells were labeled with Na251CrO4 and infected with HSV (7). At appropriate times thereafter the monolayers were incubated for 1 h at 37°C with anti-HSV antibody plus complement. Controls were incubated with normal rabbit serum or heat-inactivated complement. The amount of 51Cr released into the medium was used to evaluate immunologically mediated cell injury (7). In other experiments the amount of 51Cr released from labeled cells after incubation with leukocytes was used to evaluate leukocyte-mediated cell injury.

Infectious Center Assay.—PRK cells grown in 60-mm plastic Petri dishes were infected with HSV at a multiplicity of infection (MOI) of 1.0. After a 2-h incubation, the cells were washed twice with Eagle’s minimal essential medium and overlaid with 5 ml of GM containing 5% human serum as the source of anti-HSV antibody. At appropriate times the monolayers were washed, trypsinized, and transferred to centrifuge tubes containing 7 ml of GM with 5% human serum. After centri fugation the cells were resuspended, and the appropriate number of cells in a volume of 0.2 ml were plated on PRK monolayers. 1 ml of agar overlay medium was added and allowed to harden, and then an additional 5 ml of the same medium
was added. 5 days later another 3 ml of agar overlay medium containing 0.02% neutral red was added, the monolayers were examined for plaques, and the percentage of the plated cells that were infected was calculated.

RESULTS

Inability of Anti-HSV Antibody and Complement to Prevent Viral Plaques.—In previous experiments we showed that cells infected with HSV could be destroyed by anti-HSV antibody plus complement (7). This suggested that destruction of infected cells by antiviral antibody plus complement might stop the spread of infection by preventing the virus from passing through intercellular bridges to contiguous uninfected cells. To see if this were the case, monolayers were infected with 15–20 PFU of HSV and then incubated with either anti-HSV antibody or anti-HSV antibody plus complement. The concentrations of anti-HSV antibody and complement used in this experiment were shown previously to produce maximal lysis of HSV-infected cells (7). The data in Table I show that neither anti-HSV antibody alone nor anti-HSV antibody plus complement had any effect on the number of plaques that formed. Moreover, the time of appearance of these plaques (data not shown) was the same whether or not complement was present.

Relationship of Time of Appearance of Virus-Induced Cell Surface Antigens, Immune Lysis, and Transfer of Virus to Adjacent Cells.—The fact that antiviral antibody and complement can destroy virus-infected cells, but cannot prevent the spread of HSV, suggests that the virus must be transferred to adjacent cells before immune lysis occurs. The next experiment was designed to study the relationship between the time of appearance of new antigens on the surface of infected cells, the susceptibility of these cells to lysis by antiviral antibody and complement, and the time at which virus is transferred to adjacent cells. Monolayers were infected with HSV at a MOI of 1.0 and then were divided into groups to (a) determine the time of appearance of viral antigens on the surface of infected cells by the binding of ^125I-labeled anti-HSV antibody

| Treatment of monolayers | No. of plaques |
|-------------------------|---------------|
| Anti-HSV antibody       |               |
| Complement              |               |
| 1:4 None                | 16            |
| 1:4 1:2                 | 17            |
| 1:50 None               | 14            |
| 1:50 1:2                | 15            |

* Monolayers were infected with 15–20 PFU of HSV and then incubated with 0.5 ml of the appropriate dilutions of anti-HSV antibody and complement plus 1.5 ml of GM. Plaques were counted 72 h after infection; each number represents the average of four plates.

† Concentration of antibody used in standard overlay medium to prevent secondary plaques.
(9); (b) evaluate the susceptibility of the cells to immune lysis by measuring the release of radioactivity from $^{32}$Cr-labeled cells (7); and (c) study the time of transfer of virus to adjacent cells by counting the number of infectious centers. The data in Fig. 1 show that small amounts of virus-induced antigen appeared on the surface of infected cells within 7–8 h after infection and that the amount of antigen increased gradually thereafter. Despite the presence of viral antigens on the surface of infected cells, the cells were not susceptible to immune lysis by anti-HSV antibody and complement until 10–12 h after infection. The transfer of virus to adjacent cells, however, commenced at 6–7 h after infection. Thus the transfer of virus occurred several hours before immune lysis.

**Prevention of Plaque Formation by Leukocytes.**—The fact that the spread of virus could not be stopped by antiviral antibody plus complement raised the possibility that leukocytes, which often are seen at the site of herpetic lesions,
might be needed to arrest the infection. To study the effect of leukocytes on the development of viral plaques, monolayers that had been infected 2 h earlier were incubated with different concentrations of leukocytes. At the end of 72 h the number of plaques was counted. Table II shows that leukocytes suppressed both the development of plaques and the amount of recoverable virus. Moreover, the degree of suppression was dependent on the concentration of leukocytes.

To determine how rapidly leukocytes exerted their inhibitory effect, monolayers that had been infected 2 h earlier were incubated with leukocytes at a ratio of 50:1. At different times thereafter the virus titer was determined. The data in Table III show that within 24 h the virus titer was reduced by almost 99% and that the reduction in titer persisted throughout the entire 96 h of the experiment. In other experiments (data not shown), leukocytes were placed on uninfected monolayers for 6, 12, or 24 h. The leukocytes then were removed, and the monolayers were infected with 15-20 PFU of HSV. Plaques were counted 72 h later. Under these conditions plaques developed in the usual way, indicating that the monolayers had not become refractory to the infection.

### Table II

| Ratio of leukocytes to PRK cells | No. of plaques | Virus titer (PFU, log₁₀) |
|----------------------------------|----------------|--------------------------|
| 0                                | 18             | 5.0                      |
| 10                               | 6              | 3.8                      |
| 25                               | 0              | 3.0                      |
| 50                               | 0              | 2.8                      |

*Monolayers were infected with 15-20 PFU of HSV and then incubated with different concentrations of leukocytes. At the end of 72 h the leukocytes were removed, the monolayers were washed, and the number of plaques was determined. The monolayers then were removed and titrated for virus.

### Table III

| Hours after infection | Leukocytes | No leukocytes |
|-----------------------|------------|--------------|
| 24                    | 1.2        | 3.0          |
| 48                    | 3.4        | 4.7          |
| 72                    | 3.4        | 5.3          |
| 96                    | 3.8        | 5.9          |

*Monolayers that had been infected 2 h earlier with 15-20 PFU of HSV were incubated with leukocytes at a ratio of 50:1. At the times indicated, the leukocytes were removed and monolayers were washed and titrated for virus.
Further evidence that leukocytes in contact with infected monolayers can inhibit the development of viral plaques comes from fluorescent antibody studies. Monolayers were infected with HSV and at different times thereafter examined for the appearance of viral antigens. As seen in Table IV, leukocytes markedly inhibited both the number and the size of the fluorescent foci. However, in those cells which showed fluorescence, the localization (intranuclear and cytoplasmic) and intensity of the fluorescence were not appreciably affected.

**Effect of Leukocytes on Viral Replication.**—The previous experiments showed that leukocytes prevented plaque formation and reduced the titer of infectious virus. These experiments, however, did not indicate whether this was due to the inability of HSV to spread from cell to contiguous cell and/or inhibition of viral replication.

To study the effect of leukocytes on viral replication, monolayers were infected with concentrations of virus sufficient to infect 100% of the cells, thereby eliminating the possibility that the depression in titer was due to the failure of the virus to spread to uninfected cells. Leukocytes at a ratio of 50:1 were added, and at different times the PRK cells were examined by immunofluorescence for the appearance of viral antigens and titrated for infectious virus. In the absence of leukocytes, intranuclear and cytoplasmic fluorescence were detected in 10-20% of the cells within 9 h and in more than 70% of the cells within 24 h after infection. In the presence of leukocytes, substantially fewer cells showed fluorescence, approximately 10% fluorescing at 24 h. Moreover, as seen in Table V, considerably less infectious virus was recovered from monolayers incubated with high concentrations of leukocytes (50:1). Low concentrations of leukocytes (25:1 and 10:1) had little or no effect on virus titer, even though these same concentrations of leukocytes markedly

### Table IV

| Hours after infection | Fluorescent foci: | With leukocytes | No leukocytes |
|----------------------|------------------|----------------|--------------|
|                      | No. | Size | No. | Size |
| 24                   | 3   | +    | 14  | ++   |
| 48                   | 8   | + +  | 25  | +++  |
| 72                   | 7   | + +  | 28  | ++++ |

* PRK cells on cover slips that had been infected 2 h earlier with 20-30 PFU of HSV were incubated with leukocytes at a ratio of 50:1. At the times indicated, the leukocytes were removed and the cover slips were washed and examined by immunofluorescence for viral antigens.

† Size of fluorescent foci: +, 1-4 cells; + +, 5-20 cells; + + +, foci with holes in center; + + + +, coalescence.
suppressed the virus titer in experiments in which the cell-to-cell spread of the virus was an important factor (Table II). These observations are consistent with the hypothesis that leukocytes can inhibit both viral replication and the cell-to-cell spread of the virus.

Interaction of Leukocytes with Infected and Uninfected Cells.—To see if leukocyte viability was essential in inhibiting viral replication, leukocytes were heated at 56°C or frozen and thawed three times. These treatments killed almost 100% of the leukocytes as determined by trypan blue exclusion. The dead leukocytes then were added to monolayers that had been infected with 15–20 PFU of HSV, and 72 h later plaque formation and virus titers were determined. Distinct plaques formed in those monolayers that had been incubated with dead leukocytes whereas no plaques were detected in monolayers incubated with viable leukocytes. Moreover, as seen in Table VI, dead leukocytes did not affect the virus titer. Studies on the viability of the leukocytes during the course of a typical experiment revealed that their viability decreased from 97% at the beginning of the experiment to 56 and 34%, respectively, at 24 and 72 h. Evidence that the leukocytes must be not only viable but also in an “activated” state to suppress the development of plaques comes from experiments in which leukocytes from the peritoneal cavity of unstimulated rabbits were found to be far less effective in suppressing plaques than leukocytes induced by sodium caseinate.

To determine whether factors released from viable leukocytes could prevent the development of plaques, supernatant fluids were harvested from uninfected PRK monolayers that had been incubated for different lengths of time with leukocytes at a 50:1 ratio. The supernatant fluids were reconstituted with an equal volume of antibody overlay medium and then added to infected cells. The data in Table VII show that the supernatant fluids did not prevent plaques. In other experiments, supernatant fluids that had been concentrated fivefold and reconstituted as above also failed to prevent plaques. To see whether a depletion of GM induced by leukocytes might be responsible for
TABLE VI
Failure of Dead Leukocytes to Suppress Virus*

| Treatment of leukocytes | Percent viable | Ratio of leukocytes to PRK cells |
|------------------------|----------------|---------------------------------|
|                        |                | 30 | 25 | 10 |
| None                   | 97             | 3.0| 4.0| 4.5|
| Freeze-thaw†           | 3              | 5.4| 5.5| 5.3|
| Heat‡                  | 3              | 5.2| 5.3| 5.3|

* Monolayers that had been infected for 2 h with 15-20 PFU of HSV were incubated with different concentrations of leukocytes. At the end of 72 h, the leukocytes were removed and the monolayers were washed and titrated for virus. In the absence of leukocytes, the virus titer was $10^5.4$ PFU per monolayer.

† Leukocytes were heated at 56°C for 105 min or frozen and thawed three times.

TABLE VII
Effect of Supernatant Fluids from Leukocytes on the Development of Viral Plaques*

| Time at which supernatant fluids were harvested | No. of plaques |
|-----------------------------------------------|----------------|
| 24 h                                          | 15             |
| 48 h                                          | 14             |
| 72 h                                          | 18             |
| Control‡                                      | 16             |

* Supernatant fluids were harvested from uninfected PRK cell monolayers that had been incubated for different lengths of time with leukocytes at a 50:1 ratio. The supernatant fluids were reconstituted with an equal volume of overlay medium and added to monolayers that had been infected 2 h earlier with 15-20 PFU of HSV. Plaques were counted at 72 h.

‡ Overlay medium.

the reduction in virus titers, infected monolayers that had been incubated with leukocytes at a ratio of 50:1 were refed with 1.0 ml of fresh GM at 12, 24, 36, or 48 h after the start of the experiment. At the end of 72 h the leukocytes were removed, and the monolayers were titrated for infectious virus. In all cases, monolayers incubated with leukocytes produced approximately 99% less virus than monolayers without leukocytes.

To study in more detail the mechanism of action of leukocytes, uninfected monolayers were incubated with different concentrations of leukocytes and examined microscopically. At high concentrations (50:1) the leukocytes were clearly toxic to the cells. The toxicity was characterized by cytoplasmic granules, thinning of cellular cytoplasm, and spaces between adjacent cells. At lower concentrations (10:1) the toxicity was markedly reduced.

To evaluate more quantitatively the ability of leukocytes to damage cells, monolayers that had been labeled with $\text{Na}_2\text{CrO}_4$ were incubated with leukocytes at a 50:1 ratio, and the amount of radioactivity released into the supernatant fluid was determined. The data in Table VIII show that leukocytes
exerted little toxicity during the first 12 h of incubation, but resulted in considerable release of $^{51}$Cr above controls between 12 and 24 h.

In other studies, the number of viable PRK cells remaining on plates that had been incubated with different concentrations of leukocytes for 24 h was determined. These experiments showed that leukocytes at a 50:1 ratio reduced the number of viable cells from $2.8 \times 10^5$ to $1.9 \times 10^5$ whereas leukocytes at a 25:1 ratio had little or no effect on the number of viable cells.

**Appearance of Viral Plaques after Removal of Leukocytes.**—To determine if leukocytes permanently suppressed plaque formation, leukocytes that had been incubated with infected monolayers for 72 h were removed, and the mono-

| Leukocytes | Virus | 6 h | 12 h | 24 h |
|------------|------|-----|------|------|
| -          | -    | 12  | 20   | 33   |
| -          | +    | 13  | 21   | 34   |
| +          | -    | 13  | 24   | 54   |
| +          | +    | 14  | 23   | 57   |

* Uninfected and infected (15-20 PFU of HSV) monolayers that had been labeled with Na$_2^{51}$CrO$_4$ were incubated with leukocytes at a 50:1 ratio, and the percentage of $^{51}$Cr released from the cells was determined.

layers were refed and examined at 144 h for plaques. As seen in Table IX, few if any plaques were present at 72 h, whereas plaques appeared after removal of the leukocytes. This and other experiments showed that the number of plaques that ultimately developed was dependent on the initial concentration of leukocytes.

**Prevention of Viral Plaques after Removal of Leukocytes by Anti-HSV Antibody and Complement.**—The fact that plaques appeared after removal of the leukocytes suggested that other factors must contribute to the cure of the infection. The possibility that antiviral antibody plus complement in the presence of leukocytes might stop the infection was investigated. The data from a representative experiment (Table X) show that the development of plaques was not inhibited if infected monolayers were incubated with leukocytes and a 1:16 dilution of anti-HSV antibody. However, if complement was added to the reaction mixture, plaque formation was almost completely suppressed. The addition of heat-inactivated complement did not suppress the development of plaques. At high concentrations of anti-HSV antibody (1:4), plaques were inhibited whether or not complement was present. In the absence of leukocytes, however, neither anti-HSV antibody alone nor anti-HSV antibody
**TABLE IX**

*Appearance of Viral Plaques after Removal of Leukocytes*

| Ratio of leukocytes to PRK cells | No. of plaques | 72 h | 144 h |
|---------------------------------|----------------|------|-------|
| 0                               | 20             |      | Confluent |
| 10                              | 4              | 16   |       |
| 25                              | 0              | 12   |       |
| 50                              | 0              | 8    |       |

* Monolayers were infected with 15–20 PFU of HSV and then incubated with different concentrations of leukocytes. At the end of 72 h the leukocytes were removed, and the number of plaques was determined. The monolayers then were refed, and at 144 h the number of plaques was again determined.

**TABLE X**

*Prevention of Viral Plaques after Removal of Leukocytes by Anti-HSV Antibody and Complement*

| Treatment of infected monolayers | No. of plaques | Virus titer $FFU, \log_{10}$ |
|---------------------------------|----------------|-----------------------------|
| Leukocytes Anti-HSV antibody Complement |                |                             |
| + 1:16                           | -              | 13                          | 3.8 |
| + 1:16                           | +              | 1                           | 1.1 |
| + 1:16 Inact.                    | -              | 10                          | 2.6 |
| + 1:4                           | -              | 1                           | 1.6 |
| + 1:4                           | +              | 0                           | 0   |
| + 1:4 Inact.                    | -              | 0                           | 0   |
| + Control‡                      | -              | 7                           | 2.7 |
| - 1:16                           | -              | Confuent                    | NT§ |
| - 1:16                           | +              | Confuent                    | NT  |
| - 1:16 Inact.                   | -              | Confuent                    | NT  |
| - 1:4                           | -              | Confuent                    | NT  |
| - 1:4                           | +              | Confuent                    | NT  |
| - 1:4 Inact.                    | -              | Confuent                    | NT  |
| - Control‡                      | -              | Confuent                    | NT  |

* Monolayers infected with approximately 10 PFU of HSV were overlaid with 0.5 ml anti-HSV antibody and 0.5 ml of either complement, heat-inactivated complement, or GM. Leukocytes at a ratio of 50:1 in 1.0 ml of GM or 1.0 ml of GM alone were added. 24 h later, 0.5 ml of either fresh complement, heat-inactivated complement, or GM was added to the appropriate monolayers. At the end of 72 h, the leukocytes were removed and the monolayers were washed and incubated with 0.25 ml of anti-HSV antibody and 0.25 ml of either complement or heat-inactivated complement. GM then was added. 24 h later the same procedure was repeated. At 144 h, plaques were counted and the virus titer was determined.

‡ Antibody overlay medium.

§ Not tested.
plus complement prevented the spread of the infection or the destruction of the monolayers.

**DISCUSSION**

In vivo, certain viral infections persist or recur in the presence of high levels of neutralizing antibody. Presumably this happens because the virus spreads directly from one cell to another without being exposed to antiviral antibody. Although there have been few studies on how the immunological response of the host actually stops the cell-to-cell spread of viruses, it has generally been assumed that the interaction of antiviral antibody plus complement or immune lymphocytes with virus-induced cell surface antigens destroyed the infected cells and thereby stopped the spread of the infection (7, 10-12).

To see whether antiviral antibody and complement actually could stop the infection from spreading, we used an in vitro system that resembled in many respects the in vivo state. Cells were infected with HSV, and then an antibody overlay was added. Under these conditions the virus spreads directly from one cell to another, presumably through intercellular bridges (1-3). Extracellular virus was readily neutralized by the antibody overlay, thus preventing distant cells from becoming infected. When complement was added to this system, virus-infected cells were destroyed (7); but as shown in the present study, the spread of the infection was not prevented. The failure to stop the spread of the infection suggested that the virus might be spreading from infected to uninfected cells before the infected cells were lysed by antiviral antibody and complement. Our experiments (Fig. 1) show this to be the case. The data, however, should be viewed with some caution since they are based on a population of cells rather than a specific group of contiguous cells; moreover, it is difficult to compare the precise sensitivity of the different assay procedures. Nonetheless, the data from Fig. 1, together with the fact that the virus can spread from cell to cell in the presence of antiviral antibody and complement, support the contention that the virus enters uninfected cells before the cell in which it is synthesized is immunologically destroyed. Thus the viral spread is always one step ahead of the destructive capacity of antiviral antibody and complement, and the infection persists.

Although there is still very little information as to how cellular immunity operates in viral infections, several mechanisms have been proposed. First, the interaction of immune lymphocytes with viral-induced cell surface antigens can result in cell destruction (11, 13, 14). Secondly, activation of lymphocytes or macrophages can lead to the release of biological mediators, such as interferon or lymphotoxin, that can inhibit viral replication and destroy cells (13, 15-20). Thirdly, macrophages might inhibit the infection by phagocytizing and digesting infectious particles (19, 21-23). The demonstration that HSV spreads from infected to uninfected cells at approximately the same time or before substantial amounts of viral antigens appear on the surface of the infected cell suggests that lymphocytes specifically immune to the virus would have
no more opportunity to destroy the infected cell, before transfer of virus to adjacent cells, than antiviral antibody and complement. Moreover, it appears to take immune lymphocytes considerably longer to destroy target cells than antiviral antibody and complement (7, 11, 24). Evidence that interferon or other mediators released from leukocytes are not responsible for inhibiting plaque development comes from two types of experiments. First, if leukocytes were placed on monolayers 6, 12, or 24 h before infection with HSV and then removed, the formation of plaques was not inhibited. Secondly, supernatant fluids from leukocyte cultures did not prevent the development of plaques. Moreover, it is known that HSV is relatively resistant to interferon (25).

Phagocytosis of extracellular virus also seems to be of little consequence in our system since the virus is spreading through intercellular bridges.

The specific cell type(s) in the peritoneal exudate responsible for inhibiting the development of plaques is under study. Since at least 75% of the cells in the exudate appear to be macrophages and since recent experiments in our laboratory with macrophages purified by adherence to glass showed that these cells can effectively suppress the development of plaques, macrophages are the prime candidate. The ability of activated macrophages to damage or destroy normal and malignant cells has been well established, and is thought to be an important component in delayed hypersensitivity reactions (26–29). Our experiments suggest that leukocytes, presumably macrophages, also may play an important role in stopping the cell-to-cell spread of viral infections. At very high concentrations (50:1 or greater), leukocytes can destroy both infected and uninfected cells around infectious foci, thereby eliminating potential target cells for viral replication. At lower concentrations, the cells may not be destroyed, but the leukocytes may be toxic to them. This could lead to breaking of intercellular bridges and/or depression of the cell's metabolic processes. If intercellular bridges are broken, the virus cannot be transferred to adjacent cells without being exposed to antiviral antibody. If metabolic processes are shut down, this might inhibit replication of the virus within infected cells. In one case the infection is stopped because the virus cannot reach adjacent cells, while in the other case it is halted because the virus cannot replicate. Evidence that the virus cannot reach adjacent cells without being exposed to antiviral antibody comes from microscopic observations that showed loss of continuity between adjacent cells, and from the data in Table X, which showed that leukocyte-treated cultures could be cured by antiviral antibody and complement. Evidence that high concentrations of leukocytes (50:1) can inhibit replication of the virus comes from the experiment in which a sufficiently high MOI was used to infect all of the cells in the culture, thereby eliminating the role of viral spread.

The demonstration that the removal of leukocytes at the end of 72 h resulted in the appearance of plaques showed that leukocytes had suppressed the infection, but had not destroyed all of the infected cells. Moreover, the appearance of plaques at 144 h suggested that intercellular bridges had been rees-
established. We reasoned that if virus-infected cells were exposed to antiviral antibody and complement during the period when intercellular bridges were broken, it might be possible to stop the infection by destroying the infected cells before the virus was able to reach adjacent cells through the reestablished bridges. Our experiments showed that when low concentrations of anti-HSV (1:16) were used, the addition of complement eliminated the infection. The fact that high concentrations of anti-HSV (1:4) were able to eliminate the infection in the absence of complement was unexpected, but there are at least two possible explanations. First, the attachment of high concentrations of anti-HSV antibody to viral antigens on the surface of infected cells might have prevented or blocked the reestablishment of intercellular bridges. Secondly, infected cells that had been exposed to leukocytes, in contrast to infected cells that had not been exposed to leukocytes, might have been more susceptible to destruction and penetration by antiviral antibody.

On the basis of these and other observations we propose the following hypothesis to explain how the immune response stops viral infections that spread by a cell-to-cell route. The immunological response to HSV consists of two phases, one specific and the other nonspecific. Factors that are chemotactic for polymorphonuclear and mononuclear leukocytes are specifically generated at the site of the infection. These factors include C5a, a cleavage product generated from the fifth component of complement by the interaction of anti-HSV antibody with HSV antigens (30), and soluble mediators released from immune lymphocytes after stimulation with HSV antigens (20). These mediators attract leukocytes to the site of the infection, where they exert their toxic effect nonspecifically. This results in destruction of some of the infected cells and some of the surrounding uninfected cells to which the virus would have spread. In addition, the leukocytes can inhibit viral replication and/or break intercellular bridges and thereby prevent the virus from spreading directly to adjacent cells without being exposed to antiviral antibody. Infected cells that survive the leukocyte attack can be destroyed by antiviral antibody and complement before intercellular bridges are reestablished. Thus both humoral and cellular components acting jointly are needed to cure the infection.

Our hypothesis suggests that deficiencies in the host's immune response against viral infections must be sought not only in the amount or type of antibody produced but in the ability to generate chemotactic factors, attract and activate leukocytes, and destroy target cells. Better ways of getting leukocytes to the site of the infection might prove useful in treating viral infections that spread by a cell-to-cell route.

SUMMARY

Antibody to herpes simplex virus (HSV) plus complement destroyed HSV-infected cells but did not stop the spread of the infection. Studies on the re-

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2 Rosenberg, G., R. Snyderman, and A. Notkins. Unpublished observations.
relationship between the time of appearance of viral antigens on the cell surface, immunological destruction of the cells by antiviral antibody and complement, and transfer of the virus to adjacent cells showed that the virus spread from infected to uninfected cells before the infected cells were susceptible to immunological destruction. Incubation of infected monolayers with leukocytes, however, stopped the spread of the virus by nonspecifically damaging both infected and uninfected cells and by presumably breaking intercellular bridges. When leukocytes were removed from infected monolayers, viral plaques developed. If, however, antiviral antibody and complement were added to monolayers before the leukocytes were removed, the development of plaques was prevented. These findings suggest that both antibody and leukocytes are needed to cure HSV infections.

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