Influence of the selective antagonist of the NR2B subunit of the NMDA receptor, traxoprodil, on the antidepressant-like activity of desipramine, paroxetine, milnacipran, and bupropion in mice

Weronika Stasiuk1 · Aleksandra Szopa2 · Anna Sereńko2 · Elżbieta Wyska3 · Katarzyna Świąder3 · Jarosław Dudka4,5 · Piotr Właś6 · Ewa Poleszak2

Received: 15 June 2016 / Accepted: 21 November 2016 / Published online: 29 November 2016
© The Author(s) 2016. This article is published with open access at Springerlink.com

Abstract Pre-clinical and clinical studies indicated that a blockade of the NMDA receptor complex creates new opportunities for the treatment of affective disorders, including depression. The aim of the present study was to assess the influence of traxoprodil (10 mg/kg) on the activity of desipramine (10 mg/kg), paroxetine (0.5 mg/kg), milnacipran (1.25 mg/kg), and bupropion (10 mg/kg), each at sub-therapeutic doses. Moreover, brain levels of traxoprodil and tested agents were determined using HPLC. The obtained results were used to ascertain the nature of occurring interaction between traxoprodil and studied antidepressants. The experiment was carried out on naïve adult male Albino Swiss mice. Traxoprodil and other tested drugs were administered intraperitoneally. The influence of traxoprodil on the activity of selected antidepressants was evaluated in forced swim test (FST). Locomotor activity was estimated to exclude false positive/negative data. To assess the influence of traxoprodil on the concentration of used antidepressants, their levels were determined in murine brains using HPLC. Results indicated that traxoprodil potentiated activity of all antidepressants examined in FST and the observed effects were not due to the increase in locomotor activity. Only in the case of co-administration of traxoprodil and bupropion, increased bupropion concentrations in brain tissue were observed. All tested agents increased the traxoprodil levels in the brain. Administration of a sub-active dose of traxoprodil with antidepressants from different chemical groups, which act via enhancing monoaminergic transduction, caused the antidepressant-like effect in FST in mice. The interactions of traxoprodil with desipramine, paroxetine, milnacipran, and bupropion occur, at least partially, in the pharmacokinetic phase.

Keywords Traxoprodil · Antidepressants · Forced swim test · Pharmacokinetic study · NMDA receptor ligand · Mice

Introduction One of the new approaches to the treatment of depression is focused on glutamatergic neurotransmission. It has been shown that a blockade of the NMDA receptor complex creates new opportunities for the treatment of affective disorders (Diazgranados et al. 2010; Gogas 2006; Hashimoto 2011; Permoda-Osip and Rybakowski 2011; Szewczyk et al. 2012). Previous preclinical studies indicate that the NMDA receptor ligands (e.g., CGP 37849, CGP 39551, MK-801, kynurenic acid, 7-chlorokynurenic acid, zinc, magnesium) possess antidepressant-like activity in animal tests and models of depression (Eby and Eby 2010; Maj et al. 1992a, b; Nowak et al. 2003; Poleszak et al. 2016).
The experiments were carried out on naïve adult male Albino Swiss mice (25–30 g) purchased from the licensed breeder (Kołacz, Warsaw, Poland). The total number of animals used in the study was 252. The animals were housed in the environmentally controlled rooms with a 12 h light/dark cycle, in groups of 10 in standard cages under strictly controlled laboratory conditions: temperature maintained at 22–23 °C and relative humidity of 45–55%.

Throughout the study, the animals were given ad libitum access to water and food. The experiments began after at least 1-week acclimation period in the laboratory conditions and were conducted between 8 am and 3 pm to minimize circadian influence. Each experimental group consisted of 8–10 animals. All procedures were conducted in accordance with the European Communities Council Directive of 22 September 2010 (2010/63/EU) and Polish legislation acts concerning animal experimentation. The experimental procedures and protocols were approved by the First Local Ethics Committee at the Medical University of Lublin (license no 33/2013). Each mouse was used only once.

**Drug administration**

Traxoprodil (10 mg/kg, Sigma-Aldrich) was suspended in a 1% aqueous solution of Tween 80 (POCH), whereas desipramine hydrochloride (10 mg/kg, Sigma-Aldrich), paroxetine hydrochloride (0.5 mg/kg, Sigma-Aldrich), milnacipran hydrochloride (1.25 mg/kg, Abcam Biochemicals), and bupropion hydrochloride (10 mg/kg, Abcam Biochemicals), were dissolved in physiological saline (0.9% NaCl). The solutions/suspension were prepared immediately prior to the experiments and were administered intraperitoneally (i.p.) 60 min before testing. The doses and pretreatment schedules were selected on the basis of the literature data and the results of our previous experiments (Peng et al. 2007; Piotrowska et al. 2013; Poleszak et al. 2015; Szopa et al. 2016). Animals from the control groups received i.p. injections of the vehicle (saline). The volume of all administered solutions/suspension was 10 ml/kg.

**Forced swim test (FST)**

The procedure was carried out on mice, according to the method of Porsolt et al. (1977). Each mouse was placed individually into a glass cylinder (height 25 cm, diameter 10 cm) containing 12–15 cm of water at 23–25 °C. The animal was left in the cylinder for 6 min. The total duration of immobility was recorded during the last 4 min of the 6-min testing period. The mouse was judged to be motionless in the water, making only the movements necessary to keep its head above the water level.

The results obtained in the FST were shown as an arithmetic mean of immobility time of animals (given in
seconds) ± standard error of the mean (SEM) for each experimental group.

**Spontaneous locomotor activity**

To avoid the risk of obtaining the false positive/negative effects in the FST caused by a possible influence of the tested drugs on the locomotor activity, spontaneous locomotor activity was measured using an activity meter Opti-Varimex-4 Auto-Track (Columbus Instruments, USA). The device consists of four transparent cages with a lid (43 × 43 × 32 cm), a set of four infrared emitters (each emitter has 16 laser beams), and four detectors monitoring animal movements. Each mouse was placed individually into the cage for 10 min. Spontaneous locomotor activity was evaluated between the 2nd and the 6th min, which corresponds with the time interval analyzed in the FST.

The results obtained in this test were presented as an arithmetic average distance (given in cm) traveled by a mouse ± SEM for each experimental group.

**Determination of antidepressants’ levels in brain tissue**

Sixty minutes following administration of studied antidepressant drugs with or without traxoprodil, mice were decapitated to collect brains for pharmacokinetic studies. Immediately after the decapitation, the brains were dissected from the skull, washed with 0.9% NaCl and frozen at −25 °C.

Brain concentrations of the studied antidepressants were assayed by a HPLC method. The brains were homogenized in distilled water (1:4, v/v) with a tissue homogenizer TH220 (Omni International, Inc., Warrenton, VA, USA). For all studied drugs, the extraction from brain homogenate were performed using the mixture of ethyl acetate:hexane (30:70, v/v). The exceptions were paroxetine, bupropion (1 mg/ml) for milnacipran, and milnacipran (1 µg/ml) for bupropion.

In order to isolate desipramine, to brain homogenate (0.5 ml) containing this drug IS was added and the samples were alkalized with 250 µl of 4 M NaOH. Next, the samples were extracted with 5 ml of the extraction reagent by shaking for 20 min (IKA Vibrax VXR, Germany). After centrifugation at 3000 rpm for 20 min (Universal 32, Hettich, Germany), the organic layer was transferred to a new tube containing a 200 µl solution of 0.1 M H₂SO₄ and methanol (90:10, v/v), shaken for 0.5 h and then centrifuged for 15 min (3000 rpm). Then the organic layer was discarded and a 50 µl aliquot of acidic solution was injected into the HPLC system. A similar extraction procedure was applied for milnacipran and bupropion with the exception that 1 ml of brain homogenate was used and the drugs were reextracted to 100 µl of 0.1 M HCl.

Paroxetine was extracted from 1 ml of brain homogenate. After the addition of IS and 250 µl of 4 M NaOH, 1 ml of the concentrated NaCl solution (10 g/50 ml) was added and the samples were vortexed for 15 s. Then 5 ml of the extraction reagent was added and the samples were shaken for 20 min and centrifuged for 15 min at 3000 rpm. After the centrifugation, the organic layer was transferred into a conical glass tube and evaporated to dryness at 37 °C under a gentle stream of nitrogen in a water bath. The residue was dissolved with 100 µl of methanol and 50 µl of this solution was injected into the HPLC system.

The HPLC system (Thermo Separation Products, San Jose, CA, USA) consisted of a P100 isocratic pump, a UV100 variable-wavelength UV/VIS detector, a Rheodyne 7125 injector (Rheodyne, Cotati, CA, USA) with a 50 µl sample loop, and a Chromjet SP4400 computing integrator.

All analyses were performed on a 250 × 4.0 mm LiChrospher®100 RP-18 column with a particle size of 5 µm (Merck, Darmstadt, Germany) protected with a guard column (4 × 4 mm) with the same packing material. The mobile phase consisting of acetonitrile and 50 mM potassium dihydrogen phosphate was mixed at a ratio of 40:60 (v/v) for desipramine, 35:65 (v/v) for paroxetine, 25:75 (v/v) for milnacipran and bupropion, and run at 1 ml/min. Chromatographic analysis was carried out at 21 °C and the analytical wavelength of 200 nm for milnacipran and 214 nm for the other studied antidepressant drugs.

To determine traxoprodil concentrations in mice brain, to 1 ml of brain homogenate containing this compound 2 ml of methanol was added and the samples were briefly vortexed and then shaken vigorously for 10 min (IKA Vibrax VXR, Germany) to precipitate proteins. After centrifugation for 20 min at 3000 rpm the supernatant (2 ml) was transferred into a conical glass tube and evaporated to dryness at 45 °C under a gentle stream of nitrogen in a water bath. The residue was dissolved with 100 µl of methanol and 40 µl of this solution were injected into the HPLC system.

The HPLC system (Merck-Hitachi LaChrom Elite) consisted of an L-2130 pump, an L-2200 autosampler, an L-2350 column oven, and an L-2485 fluorescence detector. EZChrom Elite v. 3.2 (Merck Hitachi) software was used for data acquisition. The analysis was performed on a 250 × 4.0 mm LiChrospher®100 RP-18 column (Merck, Darmstadt, Germany) maintained at 30 °C, protected with a guard column (4 × 4 mm) of the same material. The mobile phase consisted of 50 mM potassium dihydrogen phosphate buffer (pH 4.5):acetonitrile:methanol (70:20:10,
v/v/v). The flow rate was 1.0 ml/min and the fluorescence detector was set at an excitation wavelength of 200 nm and an emission wavelength of 300 nm.

The calibration curves constructed by plotting the ratio of the peak heights of the studied drug to IS (or peak area for traxoprodil) versus concentration of the drug were linear in the tested concentration ranges. No interfering peaks were observed in the chromatograms. The assays were reproducible with low intra- and inter-day variation (coefficient of variation less than 10%). The extraction efficiencies of the analyzed compounds and internal standards ranged from 66 to 97%. Concentrations of antidepressants and traxoprodil were expressed in ng/g of wet brain tissue.

**Statistical analysis**

The statistical analysis of the results obtained in the FST and locomotor activity was done using two-way ANOVA with Bonferroni’s post hoc test. The concentrations of the tested antidepressant drugs in murine brains in the presence and absence of traxoprodil were compared using Student’s t test. P values less than or equal to 0.05 were considered statistically significant.

**Results**

**Forced swim test (FST)**

*Effect of combined administration of traxoprodil and desipramine in FST*

The effect of the combined administration of traxoprodil and desipramine on total duration of the immobility time in mice is shown in Fig. 1a. Traxoprodil (10 mg/kg) injected in combination with desipramine (10 mg/kg) significantly reduced the immobility time in the FST in mice (Fig. 1a). Desipramine (10 mg/kg) and traxoprodil (10 mg/kg) given alone had no effect on the immobility time (Fig. 1a).

Two-way ANOVA demonstrated a significant effect of traxoprodil [$F(1,28) = 10.32; p = 0.0033$], no effect of mean ± SEM ($n = 10$ per group), **$p < 0.01$; ***$p < 0.001$ (two-way ANOVA followed by Bonferroni’s post hoc test).
desipramine \( F(1,28) = 3.93; p = 0.0574 \), and a significant interaction between desipramine and traxoprodil \( F(1,28) = 4.99; p = 0.0336 \).

**Effect of combined administration of traxoprodil and paroxetine in FST**

The effect of the combined administration of traxoprodil and paroxetine on total duration of the immobility time in mice is shown in Fig. 1b. Traxoprodil (10 mg/kg) injected in combination with paroxetine (0.5 mg/kg) significantly reduced the immobility time in the FST in mice (Fig. 1b). Paroxetine (0.5 mg/kg) and traxoprodil (10 mg/kg) given alone had no effect on the immobility time (Fig. 1b).

Two-way ANOVA demonstrated a significant effect of traxoprodil \( F(1,28) = 21.15; p < 0.0001 \), a significant effect of paroxetine \( F(1,28) = 5.07; p = 0.0323 \), and a significant interaction between paroxetine and traxoprodil \( F(1,28) = 10.49; p = 0.0031 \).

**Effect of combined administration of traxoprodil and milnacipran in FST**

The effect of the combined administration of traxoprodil and milnacipran on total duration of the immobility time in mice is shown in Fig. 1c. Traxoprodil (10 mg/kg) injected in combination with milnacipran (1.25 mg/kg) significantly reduced the immobility time in the FST in mice (Fig. 1c). Milnacipran (1.25 mg/kg) and traxoprodil (10 mg/kg) given alone had no effect on the immobility time (Fig. 1c).

Two-way ANOVA demonstrated a significant effect of traxoprodil \( F(1,36) = 7.66; p = 0.0089 \), a significant effect of milnacipran \( F(1,36) = 11.36; p < 0.0018 \), and a significant interaction between milnacipran and traxoprodil \( F(1,36) = 11.14; p = 0.0020 \).

**Effect of combined administration of traxoprodil and bupropion in FST**

The effect of the combined administration of traxoprodil and bupropion on total duration of the immobility time in mice is shown in Fig. 1d. Traxoprodil (10 mg/kg) injected in combination with bupropion (10 mg/kg) significantly reduced the immobility time in the FST in mice (Fig. 1d). Bupropion (10 mg/kg) and traxoprodil (10 mg/kg) given alone had no effect on the immobility time (Fig. 1d).

Two-way ANOVA demonstrated a significant effect of traxoprodil \( F(1,36) = 16.21; p = 0.0003 \), a significant effect of bupropion \( F(1,36) = 23.21; p < 0.0001 \), and a significant interaction between bupropion and traxoprodil \( F(1,36) = 22.61; p < 0.0001 \).

### Spontaneous locomotor activity

**Effect of combined administration of traxoprodil and antidepressants on locomotor activity in mice**

The effect of the combined administration of traxoprodil and tested antidepressant drugs on spontaneous locomotor activity in mice is shown in Table 1.

Traxoprodil (10 mg/kg) and all tested antidepressants (desipramine, paroxetine, milnacipran, bupropion) administered either alone or combined together had no statistically significant effects on locomotor activity in mice (Table 1).

Two-way ANOVA demonstrated:

1. No effect of desipramine \( F(1,27) = 2.49; p = 0.1265 \), no effect of traxoprodil \( F(1,27) = 1.98; p = 0.1709 \), and no interaction \( F(1,27) = 0.24; p = 0.6304 \).
2. No effect of paroxetine \( F(1,28) = 0.02; p = 0.8845 \), no effect of traxoprodil \( F(1,28) = 0.08; p = 0.7735 \), and no interaction \( F(1,28) = 0.21; p = 0.6530 \).
3. No effect of milnacipran \( F(1,27) = 0.00; p = 0.9489 \), no effect of traxoprodil \( F(1,27) = 0.86; p = 0.3608 \), and no interaction \( F(1,27) = 0.17; p = 0.6814 \).

| Treatment (mg/kg) | Distance traveled (cm) |
|------------------|------------------------|
| (A) Saline + saline | 652.9 ± 54.25 |
| Traxoprodil 10 + saline | 586.4 ± 63.26 |
| Desipramine 10 + saline | 575.8 ± 77.27 |
| Traxoprodil 10 + desipramine 10 | 518.3 ± 35.29 |
| (B) Saline + saline | 766.9 ± 41.48 |
| Traxoprodil 10 + saline | 755.6 ± 59.53 |
| Paroxetine 0.5 + saline | 745.8 ± 75.61 |
| Traxoprodil 10 + paroxetine 0.5 | 796.9 ± 88.63 |
| (C) Saline + saline | 680.0 ± 83.19 |
| Traxoprodil 10 + saline | 679.8 ± 49.99 |
| Milnacipran 1.25 + saline | 652.9 ± 74.75 |
| Traxoprodil 10 + milnacipran 1.25 | 757.0 ± 94.51 |
| (D) Saline + saline | 680.0 ± 83.19 |
| Traxoprodil 10 + saline | 679.8 ± 49.99 |
| Bupropion 10 + saline | 742.3 ± 79.57 |
| Traxoprodil 10 + bupropion 10 | 969.3 ± 64.82 |

Antidepressants, traxoprodil and saline were administered i.p. 60 min before the experiment. Distance traveled was recorded between the 2nd and the 6th min of the test. Each experimental group consisted of 8 animals. Data are presented as the mean ± SEM. The results were considered statistically significant if \( p < 0.05 \) (two-way ANOVA followed by Bonferroni’s post hoc test)
Table 2 Effect of traxoprodil on the concentration of antidepressants in mouse brain

| Treatment (mg/kg)                  | Antidepressants concentration in brain (ng/g) |
|-----------------------------------|---------------------------------------------|
| (A) Desipramine 10 + saline       | 1649 ± 96.15                                |
| Desipramine 10 + traxoprodil 10   | 2217 ± 293.1                                |
| (B) Paroxetine 0.5 + saline       | 140.0 ± 8.83                                 |
| Paroxetine 0.5 + traxoprodil 10   | 150.5 ± 8.73                                 |
| (C) Milnacipran 1.25 + saline     | 410.6 ± 80.60                                |
| Milnacipran 1.25 + traxoprodil 10 | 337.7 ± 38.28                                |
| (D) Bupropion 10 + saline         | 965.7 ± 74.02                                |
| Bupropion 10 + traxoprodil 10     | 1566 ± 249.6**                               |

Antidepressants and traxoprodil were administered i.p. 60 min before decapitation. Each experimental group consisted of 10 animals. Results are presented as mean values ± SEM. The results were considered statistically significant if \( p < 0.05 \)

\*\* \( p < 0.01 \) compared with the respective control group (Student’s \( t \) test)

4. No effect of bupropion \([F(1,26) = 3.73; \ p = 0.0644]\), no effect of traxoprodil \([F(1,26) = 2.55; \ p = 0.1225]\), and no interaction \([F(1,26) = 1.00; \ p = 0.3266]\).

Pharmacokinetic studies

The effect of traxoprodil on brain concentrations of the tested antidepressants in mice brain is shown in Table 2. A significant increase in the concentrations of bupropion in brain tissue after joint administration with traxoprodil was noticed \((t \text{ test}: \ p < 0.01)\). In the case of co-administration of traxoprodil and the other tested drugs, no significant changes in their concentrations in brain were observed \((t \text{ test}: \ p > 0.05)\) (Table 2).

The effect of tested drugs on brain concentrations of traxoprodil in mice is shown in Table 3. In the case of joint administration of traxoprodil and desipramine, paroxetine, milnacipran or bupropion a significant increase in traxoprodil concentrations in brain was noted \((p = 0.0006, \ p = 0.0003, \ p < 0.0001, \ p < 0.0001, \ \text{and} \ p = 0.0012, \ \text{respectively}, \ t \text{ test})\).

Table 3 Effect of antidepressants on the concentration of traxoprodil in mouse brain

| Treatment (mg/kg)       | Traxoprodil concentration in brain (ng/g) |
|-------------------------|------------------------------------------|
| Traxoprodil 10 + saline | 76.40 ± 13.51                            |
| Traxoprodil 10 + desipramine 10 | 253.0 ± 37.92***                        |
| Traxoprodil 10 + paroxetine 0.5 | 271.7 ± 39.33***                        |
| Traxoprodil 10 + milnacipran 1.25 | 500.7 ± 73.14***                        |
| Traxoprodil 10 + bupropion 10 | 303.2 ± 33.88***                        |

Antidepressants and traxoprodil were administered i.p. 60 min before decapitation. Each experimental group consisted of 8 animals. Results are presented as mean values ± SEM. The results were considered statistically significant if \( p < 0.05 \)

\*\*\* \( p < 0.001 \) compared with the control group (Student’s \( t \) test)

Discussion

In recent years, a lot of data concerning the influence of glutamate on the effects of antidepressants and mood stabilizers have been gathered. These data indicate that antidepressants inhibit glutamate system by decreasing the release of glutamate by neurons both in the prefrontal cortex (Michael-Titus et al. 2000) and in the hippocampus (Bonanno et al. 2005; Pittaluga et al. 2007). Perhaps one of the most important mechanisms of action of antidepressants is the glutamate effect on NMDA receptors, which manifests in a reduced expression and function of these receptors leading to the occurrence of its adaptive changes (Nowak et al. 1995). Some research demonstrated that administration of tricyclic antidepressants (TCAs, imipramine), serotonin reuptake inhibitors (SSRIs, fluoxetine), selective noradrenaline reuptake inhibitors (SNRIs, reboxetine), and monoamine oxidase inhibitors (MAOIs) leads to the impairment of the function of NMDA receptors (Pittaluga et al. 2007; Skolnick et al. 1996). Antidepressant drugs acting through serotonergic or glutamatergic neurotransmission seem to manifest different biological properties. For example, the indole-3-pyruvic acid, which is metabolized to kynurenic acid was capable to normalize the endocrine dysregulation observed during the depression, while reversing of the behavioral responses associated with depression was not observed (Biagini et al. 1993). In this regard, the indole-3-pyruvic acid was superior to imipramine in the protection of the adrenal hyperactivation in animals. Therefore, it seems that drugs acting on serotonin transduction may compensate the poor ability of glutamate antagonists to regulate behavioral responses.
Moreover, the antagonism of the glutamate receptor may enhance the capability of serotonergic drugs to prevent the consequences of chronic stress.

In the present study, the NR2B subunit selective NMDA antagonist, traxoprodil, co-administered with agents which affect monoaminergic neurotransmission at inactive doses, produced a significant antidepressant-like effect in the forced swim test in mice. The synergistic interactions after concomitant administration of the NMDA ligands with antidepressant drugs were described in the literature (Cieślik et al. 2007; Poleszak et al. 2011, 2014; Szewczyk et al. 2002). A significant reduction in mice immobility in FST has been shown after a joint administration of the sub-therapeutic doses of ifenprodil (an allosteric modulator selectively binding at the NR2B subunit of NMDA receptor (Kew et al. 1996) and imipramine. Increasing of antidepressant-like activity of the NMDA receptor ligands by imipramine has been confirmed in preclinical studies. Use of this TCA together with, e.g., amantadine or memantine (Rogóż 2009; Rogóż et al. 2002, 2004), zinc (Cunha et al. 2008; Szewczyk et al. 2002, 2009), L-701,324 and d-cycloserine (Poleszak et al. 2011) enhanced the duration of animals’ active behavior in the FST and TST (tail suspension test). Desipramine, tested in the present study, which belongs to the TCAs, is the active metabolite of imipramine and more strongly reduces the reuptake of noradrenaline (NA) than serotonin (5-HT) (Puźniński 2005). A combination of desipramine and traxoprodil, both at the sub-active doses, exerted a stronger antidepressant-like effect in the FST than either of these drugs administered alone. Similar results were obtained in our previous study which we carried out using another drug from the TCAs—imipramine (15 mg/kg)—in combination with traxoprodil (10 mg/kg) (Poleszak et al. 2016). This would suggest that the use of either selective serotonin reuptake inhibitors (SSRIs) or selective noradrenaline reuptake inhibitors (SNRIs) could potentiate the activity of traxoprodil.

A significant shortening of immobility time in an inescapable situation in the mice FST after a concomitant administration of low and sub-therapeutic doses of some NMDA antagonists and SSRI were described. Ghasemi et al. (2009) and Poleszak et al. (2014) demonstrated a significant interaction between ifenprodil and paroxetine, whereas Rogóż et al. (Rogóż 2009; Rogóż et al. 2004; 2002) showed potentiation of the antidepressant activity of memantine or amantadine when administered together with fluoxetine or venlafaxine. Literature data indicated that the antidepressant-like activity of the NMDA receptor ligand such as L-701,324 and d-cycloserine were also enhanced by SSRIs (Poleszak et al. 2011). Outcomes of the present study are comparable to those obtained by Preskorn et al. (2008) in which potentiation of traxoprodil activity by paroxetine was observed (Poleszak et al. 2016). Poleszak et al. (2016) have administered combination of traxoprodil with other SSRIs (fluoxetine and escitalopram), all in sub-effective doses, and also observed the statistically significant shortening of the immobility time in the FST in mice. The observed synergism in behavioral tests between the NMDA receptor ligands and SSRIs may result from a direct interaction between the glutamatergic and serotonergic systems. Biochemical studies demonstrated that inhibition of the NMDA receptor increased levels of 5-HT in the CNS neurons (Ciranna 2006), e.g., injection of an uncompetitive antagonists of the NMDA receptor—phencyclidine and MK-801—increased the level of 5-HT in rodent brain (Martin et al. 1997; Yan et al. 1997).

The third tested antidepressant that is considered to target serotonin/noradrenergic systems was milnacipran. Lack of influence on the cholinergic system and histamine release makes this drug devoid of TCAs typical side effects (Tran et al. 2003). Wolak et al. (2013) revealed that activation of NMDA receptors (by NMDA administration) attenuated the antidepressant activity of milnacipran (Wolak et al. 2013) and injection of co-agonist at the NMDA receptor—d-serine (Wolosker 2007)—in the FST in mice antagonized the antidepressant-like activity of imipramine, fluoxetine and reboxetine (Poleszak et al. 2011). The observed in present study enhancement of milnacipran activity when co-administered with traxoprodil seem to confirm the results presented by Wolak et al. (2013) that indicated the strengthening of antidepressant action of milnacipran by concomitant application of CGP 27849 (NMDA receptor antagonist). Furthermore, it was also reported that milnacipran reduced the activity of the NMDA receptors (Kohn et al. 2012).

Besides the serotonergic and noradrenergic neurotransmission, the dopaminergic pathways may be involved in the pathomechanism of depressive disorders (Iversen 2005; Randrup and Braestrup 1977). The dopaminergic system is associated with serotonergic, GABAergic, cholinergic, and glutamatergic neurotransduction. Interactions between these neural transmitters systems contribute to changes in their mutual signaling. Accordingly, in our research norepinephrine–dopamine reuptake inhibitor (NDRI)—bupropion (Cooper et al. 1994; Sennfelt et al. 2011; Wilkes 2006)—was included. Also in this case, a reduction in the duration of immobility in the FST in the group receiving bupropion with traxoprodil was noticed. It should be stressed that the active mice’ behavior observed in FST after joint administration of traxoprodil with all tested antidepressants was not associated with changes in locomotor activity of animals.

Pharmacokinetic studies allow an assessment of the type of interaction (pharmacokinetic or pharmacodynamic) between the various drugs used during polytherapy. Based on the results of these studies, the effect of one drug on the
process of absorption, distribution, metabolism, and elimination of the other drug/drugs used simultaneously may be evaluated. As a result of such interactions changes in concentrations of an active substance in the target tissue may be observed. Due to a high probability of the occurrence of interactions between traxoprodil and the tested agents, the concentrations of antidepressants and traxoprodil in murine brain were determined. To our knowledge, this is the first study in which an attempt to assess the interactions between traxoprodil and the tested antidepressants is high as traxoprodil is metabolized by cytochrome P450, as is the case with vast majority of antidepressants (Johnson et al. 2003). The metabolism of traxoprodil is mainly mediated by CYP2D6 (Johnson et al. 2003), which also participates in the metabolism of TCAs and SSRIs (Pużynski 2005). Some of them (e.g., paroxetine or fluoxetine) are also strong inhibitors of this enzyme (Sproule et al. 1997).

Our results suggest that the interactions between traxoprodil and all studied antidepressants are pharmacokinetic in nature, as indicated by significant changes in traxoprodil concentrations in the brain tissue when administered with the tested agents. As it has been shown that traxoprodil significantly enhanced levels of bupropion in brains of mice treated concomitantly with bupropion and traxoprodil, the increase in antidepressant-like activity of bupropion observed in the FST was most likely to be, at least in part, also the result of a pharmacokinetic interaction. Bupropion is metabolized to hydroxybupropion by CYP2B6, whereas both bupropion and its primary metabolite are potent inhibitors of the enzyme CYP2B6. This may explain the effect of bupropion on traxoprodil pharmacokinetics; however, up to date no data exist in literature supporting the hypothesis that traxoprodil may inhibit CYP2B6.

In the case of desipramine, paroxetine, and milnacipran, it has been shown that their co-administration with traxoprodil significantly enhances traxoprodil concentrations in brain tissue with no effect of this drug on pharmacokinetics of the studied antidepressant drugs. Taken together, the results obtained in this study may indicate that traxoprodil has an impact on bupropion metabolism or it may facilitate its penetration to brain, leading to an augmentation in bupropion concentrations in its site of action, whereas desipramine, paroxetine, milnacipran, and bupropion may exert the same effect on traxoprodil pharmacokinetics. Obviously, it could not be conceivable that the noted shortening of the immobility time in the FST after combined administration of traxoprodil and the tested drugs is also a result of the pharmacodynamic interaction, like augmentation of the concentration of monoamines or receptor changes in the CNS. Accordingly, it is necessary to extend studies to more biochemical and molecular detailed analysis in order to accurately assess the type of occurring interactions.

Conclusions

In summary, concomitant administration of traxoprodil with desipramine, paroxetine, milnacipran or bupropion at non-effective doses significantly affects the animals’ behavior in the FST and, the important thing is, these changes are not due to the altered locomotor activity of mice. All these results may indicate that activation of the NMDA receptor is meaningful for the antidepressant-like effect of antidepressant drugs observed in the mice FST. The results of an attempt to assess the nature of the interaction between traxoprodil and examined antidepressants show that there are significant interactions in the pharmacokinetic phase between studied drugs. The influence of the NMDA receptor antagonist—traxoprodil—on the effectiveness of conventionally used antidepressant drugs has highlighted new directions in research and brought to attention other possibilities in therapeutic treatment of affective disorders.

Acknowledgements This study was supported by Funds for Statutory Activity of Medical University of Lublin, Poland. The authors wish to thank Chair and Department of Hygiene of Medical University in Lublin for access to an animal activity meter Opto-Varimex-4 Auto-Track and Karol Iwaniak, Karol Rojek and Mateusz Pieróg for their excellent technical assistance.

Compliance with ethical standards

Ethical approval All procedures were conducted in accordance with the European Communities Council Directive of 22 September 2010 (2010/63/EU) and Polish legislation acts concerning animal experiments. The experimental procedures and protocols were approved by the First Local Ethics Committee at the Medical University of Lublin.

Conflict of interest The authors declare that they have no conflict of interest.

Open Access This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made.

References

Berman RM, Cappiello A, Anand A, Oren DA, Heninger GR, Charney DS, Krystal JH (2000) Antidepressant effects of ketamine in depressed patients. Biol Psychiatry 47:351–354
Biagini G, Pich EM, Carani C, Marrama P, Gustafsson JA, Fuxe K, Agnati LF (1993) Indole-pyruvic acid, a tryptophan
keto analogue, antagonizes the endocrine but not the behavioral effects of repeated stress in a model of depression. Biol Psychiatry 33:712–719

Bonanno G, Giambelli R, Raiteri L, Tiraboschi E, Zappettini S, Musazzi L, Raiteri M, Racagni G, Pololi M (2005) Chronic antidepressants reduce depolarization-evoked glutamate release and protein interactions favoring formation of SNARE complex in hippocampus. J Neurosci 25:3270–3279

Chazot PL, Lawrence S, Thompson CL (2002) Studies on the subtype selectivity of CP-101,606: evidence for two classes of NR2B-selective NMDA receptor antagonists. Neuropharmacology 42:319–324

Cieslik K, Klenk-Majewksa B, Danilczuk Z, Wróbel A, Lupina T, Ossowska G (2007) Influence of zinc supplementation on imipramine effect in a chronic unpredictable stress (CUS) model in rats. Pharmacol Rep 59:46–52

Ciranna L (2006) Serotonin as a modulator of glutamate- and GABA-mediated neurotransmission: implications in physiological functions and in pathology. Curr Neuropharmacol 4:101–114

Cooper BR, Wang CM, Cox RF, Norton R, Shea V, Ferris RM (1994) Evidence that the acute dorsal and electrophysiological effects of bupropion (Wellbutrin) are mediated by a noradrenergic mechanism. Neuropsychopharmacology 11:133–141

Cunha MP, Machado DG, Bettio LE, Capra JC, Rodrigues AL (2008) Interaction of zinc with antidepressants in the tail suspension test. Prog Neuropsychopharmacol Biol Psychiatry 32:1913–1920

Diazgranados N, Ibrahim L, Brutsche NE, Newberg A, Kleinert P, Khalfa S, Kammerer WA, Quezado Z, Luckenbaugh DA, Salvador G, Machado-Vieira R, Manji HK, Zarate CA Jr (2010) A randomized add-on trial of an N-methyl-D-aspartate antagonist in treatment-resistant bipolar depression. Arch Gen Psychiatry 67:793–802

Eby GA III, Eby KL (2010) Magnesium for treatment-resistant depression: a review and hypothesis. Med Hypotheses 74:649–660

Ghasemi M, Montaser-Koushari L, Shafaroodi H, Nezami BG, Ebrahim F, Dehpour AR (2009) NMDA receptor/nitric system blockage augments antidepressant-like effects of paroxetine in the mouse forced swimming test. Psychopharmacology 206:325–333

Gogas KR (2006) Glutamate-based therapeutic approaches: NR2B receptor antagonists. Curr Opin Pharmacol 6:68–74

Guski M, MR, Cluzet HE, Murray F, Grimwood S, Bristow LJ, Hutson PH (2003) The effect of (±)-CP-101,606, an NMDA receptor NR2B subunit selective antagonist, in the Morris watermaze. Eur J Pharmacol 476:193–199

Hashimoto K (2011) The role of glutamate on the action of antidepressants. Prog Neuropsychopharmacol Biol Psychiatry 35:1558–1568

Iversen L (2005) The monoamine hypothesis of depression. In: Libico J, Wong ML (eds) Biology of depression. From novel insights to treatment strategies. Wiley-VCH Verlag, Weinheim, pp 76–81

Johnson K, Shah A, Jaw-Tsai S, Baxter J, Prakash C (2003) Metabolism, pharmacokinetics, and excretion of a highly selective N-methyl-D-aspartate receptor antagonist, traxoprodil, in human cytochrome P450 2D6 extensive and poor metabolizers. Drug Metab Dispos 31:76–87

Keck PE Jr, Hsu HA, Papadakis K, Russo J Jr (2009) Memantine efficacy and safety in patients with acute mania associated with bipolar I disorder: a pilot evaluation. Clin Neuropharmacol 32:199–204

Kew JN, Trube G, Kemp JA (1996) A novel mechanism of activity-dependent NMDA receptor antagonism describes the effect of ifenprodil in rat cultured cortical neurones. J Physiol 497:761–772

Kohno T, Kimura M, Sasaki M, Obata H, Amaya F, Saito S (2012) Milnacipran inhibits glutamatergic N-methyl-D-aspartate receptor activity in spinal dorsal horn neurons. Mol Pain 8:45

Maj J, Rogóz Z, Skuza G (1992a) The effects of combined treatment with MK-801 and antidepressant drugs in the forced swimming test in rats. Pol J Pharmacol Pharm 44:217–226

Maj J, Rogóz Z, Skuza G, Sowińska H (1992b) The effect of CGP 37849 and CGP 39551, competitive NMDA receptor antagonists, in the forced swimming test. Pol J Pharmacol Pharm 44:337–346

Martin P, Waters N, Waters S, Carlsson A, Carlsson ML (1997) MK-801-induced hyperlocomotion: differential effects of MK100907, SDZ PSD 958 and raclopride. Eur J Pharmacol 335:107–116

Menniti F, Chenard B, Collins M, Ducat M, Shalaby I, White F (1997) CP-101,606, a potent neuroprotectant selective for forebrain neurons. Eur J Pharmacol 331:117–126

Michael-Titus AT, Bains S, Jeetle J, Whelpton R (2000) Imipramine and phenelzine decrease glutamate overflow in the prefrontal cortex—a possible mechanism of neuroprotection in major depression? Neuroscience 100:681–684

Mony L, Kew JN, Gunthorpe MJ, Paolotti P (2009) Allosteric modulators of NR2B-containing NMDA receptors: molecular mechanisms and therapeutic potential. Br J Pharmacol 157:1301–1317

Nowak G, Ordway GA, Paul IA (1995) Alterations in the N-methyl-D-aspartate (NMDA) receptor complex in the frontal cortex of suicide victims. Brain Res 675:157–164

Nowak G, Siwek M, Dudek D, Zięba A, Pile C (2003) Effect of zinc supplementation on antidepressant therapy in unipolar depression: a preliminary placebo-controlled study. Pol J Pharmacol 55:1143–1147

Peng WH, Lo KL, Lee YH, Hung TH, Lin YC (2007) Berberine produces antidepressant-like effects in the forced swim test in mice. Life Sci 81:933–938

Permoda-Osip A, Rybakowski J (2011) Glutamatergic conception of mood disorders. Psychiatr Pol 45:875–888

Piotrowska A, Siwek A, Wolak M, Pochwat B, Szewczyk B, Opoka W, Poleszak E, Nowak G (2013) Involvement of the monoaminergic system in the antidepressant-like activity of chromium chloride in the forced swim test. J Physiol Pharmacol 64:493–498

Pittaluga A, Raiteri L, Longordo F, Laccini E, Barbiero VS, Racagni G, Pololi M, Raiteri M (2007) Antidepressant treatments and function of glutamate ionotropic receptors mediating amine release in hippocampus. Neuropharmacology 53:27–36

Poleszak E, Właz P, Kędzierska E, Radziwiłł-Zaleska M, Pile C, Fidecka S, Nowak G (2005) Effects of acute and chronic treatment with magnesium in the forced swim test in rats. Pharmacol Rep 57:654–658

Poleszak E, Właz P, Szewczyk B, Właz A, Kasperek R, Wróbel A, Nowak G (2011) A complex interaction between glycine/NMDA receptors and serotonergic/noradrenergic antidepressants in the forced swim test in mice. J Neural Transm 118:1535–1546

Poleszak E, Wośko S, Seretko A, Szopa A, Właz A, Szewczyk B, Nowak G, Właz P (2013) Effects of ifenprodil on the antidepressant-like activity of NMDA ligands in the forced swim test in mice. Prog Neuropsychopharmacol Biol Psychiatry 46:29–35

Poleszak E, Wośko S, Seretko A, Właz A, Kasperek R, Dudka J, Wróbel A, Nowak G, Właz P (2014) The effects of ifenprodil on the activity of antidepressant drugs in the forced swim test in mice. Pharmacol Rep 66:1031–1036

Poleszak E, Szopa A, Wyska E, Wośko S, Seretko A, Właz A, Pieróg M, Wróbel A, Właz P (2015) The influence of caffeine on the activity of moclobemide, venlafaxine, bupropion and milnacipran in the forced swim test in mice. Life Sci 136:13–18
Poleszak E, Stasiuk W, Szopa A, Wyska E, Serefko A, Oniszczuk A, Wosko S, Świądek K, Wlaz P (2016) Traxoprodil, a selective antagonist of the NR2B subunit of the NMDA receptor, potentiates the antidepressant-like effects of certain antidepressant drugs in the forced swim test in mice. Metab Brain Dis 31:803–814

Porsolt RD, Bertin A, Jalfre M (1977) Behavioral despair in mice: a primary screening test for antidepressants. Arch Int Pharmacodyn Ther 229:327–336

Preskorn SH, Baker B, Kolluri S, Menniti FS, Krams M, Landen JW (2008) An innovative design to establish proof of concept of the antidepressant effects of the NR2B subunit selective N-methyl-D-aspartate antagonist, CP-101,606, in patients with treatment-refractory major depressive disorder. J Clin Psychopharmacol 28:631–637

Pużynski S (2005) Methodologic problems of clinical investigations of antidepressants. Psychiat Pol 39:435–447

Randrup A, Braestrup C (1977) Uptake inhibition of biogenic amines by newer antidepressant drugs: relevance to the dopamine hypothesis of depression. Psychopharmacology 53:309–314

Rogóź Z (2009) Potentiation of the antidepressant-like effect of desipramine or reboxetine by metyrapone in the forced swimming test in rats. Pharmacol Rep 61:1173–1178

Rogóź Z, Skuza G, Maj J, Danysz W (2002) Synergistic effect of uncompetitive NMDA receptor antagonists and antidepressant drugs in the forced swimming test in rats. Neuropharmacology 42:1024–1030

Sennfelt DA,Marcaes da Silva MA, Tavares AP (2011) Bupropion in the treatment of major depressive disorder in real-life practice. Clin Drug Investig 31(Suppl 1):19–24

Siwek M, Dudek D, Paul IA, Sowa-Kucma M, Zięba A, Popik P, Pilc A, Nowak G (2009) Zinc supplementation augments efficacy of imipramine in treatment resistant patients: a double blind, placebo-controlled study. J Affect Disord 118:187–195

Skolnick P, Layer RT, Popik P, Nowak G, Paul IA, Trullas R (1996) Adaptation of N-methyl-D-aspartate (NMDA) receptors following antidepressant treatment: implications for the pharmacotherapy of depression. Pharmacopsychiatry 29:23–26

Sproule BA, Naranjo CA, Brenner KE, Hassan PC (1997) Selective serotonin reuptake inhibitors and CNS drug interactions: A critical review of the evidence. Clin Pharmacokinet 33:454–471

Stasiuk W, Serefko A, Szopa A, Wyska E, Świądek K, Wlaz P, Poleszak E (2016) Traxoprodil augments the antidepressant-like activity of agomelatine but not of mianserin or tianeptine in the forced swim test in mice. Pharmacol Rep 68:960–963

Szewczyk B, Brański P, Wierotinska JM, Palucha A, Pilc A, Nowak G (2002) Interaction of zinc with antidepressants in the forced swimming test in mice. Pol J Pharmacol 54:681–685

Szewczyk B, Poleszak E, Wlaz P, Wróbel A, Blicharska E, Cichy A, Dybala M, Siwek A, Pomiery-Chamiolo L, Piotrowska A, Brański P, Pilc A, Nowak G (2009) The involvement of serotonergic system in the antidepressant effect of zinc in the forced swim test. Prog Neuropsychopharmacol Biol Psychiatry 33:323–329

Szewczyk B, Palucha-Pomiewiera A, Poleszak E, Pilc A, Nowak G (2012) Investigational NMDA receptor modulator for depression. Expert Opin Investig Drugs 21:91–102

Szopa A, Poleszak E, Wyska E, Serefko A, Wosko S, Wlaz A, Pieróg M, Wróbel A, Wlaz P (2016) Caffeine enhances the antidepressant-like activity of common antidepressant drugs in the forced swim test in mice. Naunyn Schmiedebergs Arch Pharmacol 389:211–221

Tran PV, Bymaster FP, McNamara RK, Potter WZ (2003) Dual monoamine modulation for improved treatment of major depressive disorder. J Clin Psychopharmacol 23:78–86

Wilkes S (2006) Bupropion. Drugs Today (Barc) 42:671–681

Willetts J, Balster RL, Leander JD (1990) The behavioral pharmacology of NMDA receptor antagonists. Trends Pharmacol Sci 11:423–428

Wlaz P, Kasperek R, Wlaz A, Szumiło M, Wröbel A, Nowak G, Poleszak E (2011) NMDA and AMPA receptors are involved in the antidepressant-like activity of tianeptine in the forced swim test in mice. Pharmacol Rep 63:1526–1532

Wolak M, Siwek A, Szewczyk B, Poleszak E, Pilc A, Popik P, Nowak G (2013) Involvement of NMDA and AMPA receptors in the antidepressant-like activity of antidepressant drugs in the forced swim test. Pharmacol Rep 65:991–997

Wolosker H (2007) NMDA receptor regulation by D-serine: new findings and perspectives. Mol Neurobiol 36:152–164

Yan QS, Reith ME, Joebe PC, Dailey JW (1997) Dizocilpine (MK-801) increases not only dopamine but also serotonin and norepinephrine transmissions in the nucleus accumbens as measured by microdialysis in freely moving rats. Brain Res 765:149–158

Zarate CA Jr, Singh JB, Quiroz JA, De JG, Denicoff KK, Luckenbaugh DA, Manji HK, Charney DS (2006) A double-blind, placebo-controlled study of memantine in the treatment of major depression. Am J Psychiatry 163:153–155