Pharmacological rescue of Ras signaling, GluA1-dependent synaptic plasticity, and learning deficits in a fragile X model

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Fragile X syndrome, caused by the loss of Fmr1 gene function, is the most common form of inherited mental retardation, with no effective treatment. Using a tractable animal model, we investigated mechanisms of action of a few FDA-approved psychoactive drugs that modestly benefit the cognitive performance in fragile X patients. Here we report that compounds activating serotonin (5HT) subtype 2B receptors (5HT2B-Rs) or dopamine (DA) subtype 1-like receptors (D1-Rs) and/or those inhibiting 5HT2A-Rs or D2-Rs moderately enhance Ras–PI3K/PKB signaling input, GluA1-dependent synaptic plasticity, and learning in Fmr1 knockout mice. Unexpectedly, combinations of these 5HT and DA compounds at low doses synergistically stimulate Ras–PI3K/PKB signal transduction and GluA1-dependent synaptic plasticity and remarkably restore normal learning in Fmr1 knockout mice without causing anxiety-related side effects. These findings suggest that properly dosed and combined FDA-approved psychoactive drugs may effectively treat the cognitive impairment associated with fragile X syndrome.

[Keywords: autism; AMPA receptor trafficking; Ras–PI3K signaling; mental retardation; cocktail drug treatment]

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Fragile X syndrome, the most common form of inherited mental impairment, is caused by the loss of function of the fragile X mental retardation protein (FMRP), coded by gene Fmr1 [Bagni and Greenough 2005; Levenga et al. 2010]. Fragile X patients have cognitive impairment that is particularly pronounced in active, high-level associative learning [Maes et al. 1994; Frankland et al. 2004; Lanfranchi et al. 2009]. Consistent with clinical observations, Fmr1 knockout mice, an animal model for fragile X syndrome (The Dutch-Belgian Fragile X Consortium 1994), exhibit impaired associative learning but show no defects in spatial learning [Paradee et al. 1999; Van Dam et al. 2000; Zhao et al. 2005; Hayashi et al. 2007; Guo et al. 2011], behaviorally phenocopying PI3K signaling-inhibited rats [Lin et al. 2001; Chen et al. 2005; Horwood et al. 2006] and GluA1 knockout mice [Zamanillo et al. 1999; Schmitt et al. 2004, 2005].

Recent fragile X research has shown that NMDA-R-dependent long-term depression is unchanged, but mGluR-dependent long-term depression is modestly up-regulated in Fmr1 knockout mice [Levenga et al. 2010; Bhakar et al. 2012]. The exaggerated mGluR signaling seems responsible for a few phenotypes of the fragile X mouse model, including the altered ocular dominance plasticity, audiogenic-induced seizures, and disproportionate passive avoidance extinction [Bhakar et al. 2012]. In addition, NMDA-R-dependent long-term potentiation (LTP) is significantly reduced in Fmr1 knockout mice [Zhao et al. 2005; Meredith et al. 2007; Hu et al. 2008; Shang et al. 2009; Seese et al. 2012] due to a selective impairment of signal transduction between Ras and PI3K/PKB that impairs GluA1-dependent (but not GluA2L- and GluA4-dependent) plasticity in Fmr1 knockout mice [Hu et al. 2008]. These results raise the intriguing possibility that restoring the normal GluA1-dependent synaptic plasticity may reverse the prominent learning deficits associated with fragile X syndrome.

There is currently no effective treatment for fragile X syndrome. Because developing a new drug takes ~8–15 years (~13 years for neurological disorders) and costs ~$800 million–$1800 million [Adams and Brantner 2010; Paul et al. 2010], any effective treatment for fragile X
seems still years away. This situation has driven desperate parents and clinicians to make off-label use of many FDA-approved psychoactive drugs that modulate serotonin (5-hydroxytryptamine [5HT]) and/or dopamine [4-(2-aminooethyl)benzene-1,2-diol [DA]] signaling, and, fortuitously, they have seen a few of these drugs having moderate beneficial effects on the cognitive performance of fragile X patients [Hagerman et al. 2009; Tranfaglia 2011; Gross et al. 2012]. Unfortunately, the unknown mechanism of 5HT or DA drug action and frequent side effects have precluded clinical screening or testing of more effective 5HT and/or DA drug treatments. To understand the mechanisms of action of these classes of drugs, we investigated the effects of several 5HT and DA compounds on synaptic plasticity in Fmr1 knockout mice. We found that compounds selectively activating 5HT subtype 2B receptors (5HT2B-Rs) or DA subtype 1-like receptors (D1-Rs) and/or inhibiting 5HT2A-Rs or D2-Rs moderately enhanced Ras–PI3K/PKB signaling input, GluA1-dependent synaptic plasticity, and learning in Fmr1 knockout mice. Combinations of these 5HT and DA compounds at about their half-maximal effective doses induced an unexpected synergistic effect that boosted Ras–PI3K/PKB signal transduction, rescued GluA1-dependent synaptic plasticity, and restored normal learning in Fmr1 knockout mice without causing anxiety-related side effects. Our findings suggest that properly dosed FDA-approved psychoactive drug cocktails may effectively treat the cognitive impairment associated with fragile X syndrome.

Results

A few psychoactive drugs—including sertraline and nefazodone, which modulate 5HT-Rs; aripiprazole and buspirone, which modulates both 5HT and DA—are commonly prescribed as off-label treatments for fragile X. To understand the mechanisms of action of these drugs, we investigated the effects of 5HT and/or DA compounds on synaptic plasticity and learning in Fmr1 knockout mice.

5HT2B-Rs enhance and 5HT2A-Rs inhibit synaptic GluA1 delivery in Fmr1 knockout mice

We first examined the effects of 5HT and DA compounds on synaptic plasticity in Fmr1 knockout mice using a hippocampal cultured slice preparation [Fig. 1A; see the Materials and Methods]. We monitored the GluA1-dependent plasticity by expressing the GFP-tagged GluA1 (GluA1-GFP), which is an “electrophysiologically tagged” or rectified channel [Hayashi et al. 2000], in CA1 neurons of wild-type and Fmr1 knockout mice. Spontaneous synaptic activity in cultured slices does not drive GluA1-containing AMPA-Rs into synapses but does so in the presence of histamine [Qin et al. 2005; McCormack et al. 2006; Kessels and Malinow 2009]; thus, histamine was included in all in vitro trafficking experiments. As with the previous report [Hu et al. 2008], we found that GluA1-GFP-expressing neurons of wild-type mice, but not Fmr1 knockout mice, had enhanced rectification (by ~35%) of AMPA responses compared with nearby control nonexpressing neurons [Supplemental Fig. S1], indicating synaptic delivery of rectified GluA1-GFP in wild-type neurons but not Fmr1 knockout neurons. To confirm the synaptic delivery of endogenous GluA1, we expressed in CA1 neurons the GFP-tagged cytoplasmic termini of GluA1 [GluA1ct-GFP] that functions as a dominant-negative construct and can selectively block synaptic trafficking of endogenous GluA1-containing AMPA-Rs [Qin et al. 2005; Kielland et al. 2009]. GluA1ct-GFP-expressing neurons of wild-type mice, but not Fmr1 knockout mice, had depressed AMPA responses [Supplemental Fig. S1]. Together, these results confirmed that synaptic GluA1 delivery is impaired in Fmr1 knockout mice.

We then studied whether 5HT compounds enhance GluA1-dependent synaptic plasticity in Fmr1 knockout mice, since all 5HT2-Rs, including 5HT2A-Rs, 5HT2B-Rs, and 5HT3C-Rs, can regulate synaptic plasticity [Jacobs and Azmitia 1992; Gaspar et al. 2003; Zhong et al. 2008]. In particular, 5HT2B-Rs may stimulate PI3K/PKB signaling [Gaspar et al. 2003], which is crucial for synaptic GluA1 delivery [Man et al. 2003; Qin et al. 2005]. We found that in the presence of BW723C86, a 5HT3B agonist, GluA1-GFP-expressing neurons had enhanced rectification (by ~30%) of AMPA responses compared with nearby control nonexpressing neurons of Fmr1 knockout mice [Fig. 1B], indicating synaptic delivery of rectified GluA1-GFP. In addition, GluA1-GFP-expressing and nearby nonexpressing neurons had the same amplitude of AMPA responses [Fig. 1B], suggesting synaptic delivery of the same amount of endogenous GluA1 in nonexpressing neurons. In addition, in the presence of BW723C86, GluA1ct-GFP-expressing neurons had depressed AMPA responses but the same NMDA responses compared with nearby control nonexpressing neurons [Fig. 1B], suggesting a postsynaptic blockade of synaptic delivery of endogenous GluA1. Collectively, these results suggest that 5HT3B-Rs stimulate synaptic GluA1 delivery in Fmr1 knockout mice.

To test whether 5HT3C-Rs stimulate synaptic GluA1 delivery in Fmr1 knockout mice, we included MK-212, a 5HT3C agonist, along with histamine in culture medium during expression of GluA1-GFP in CA1 neurons. In the presence of MK-212, GluA1-GFP-expressing neurons had the same amplitude and rectification of AMPA responses as nearby nonexpressing neurons of Fmr1 knockout mice [Supplemental Fig. S2A], suggesting no synaptic GluA1-GFP delivery. To determine whether 5HT3C-Rs inhibit synaptic GluA1 incorporation in Fmr1 knockout mice, we included MK-212 and BW723C86 along with histamine in culture medium during the expression of GluA1-GFP in CA1 neurons. Neurons expressing GluA1-GFP had the same amplitude but enhanced rectification (by ~15%) of AMPA responses compared with nearby nonexpressing neurons [Supplemental Fig. S2A], indicating synaptic delivery of GluA1-GFP. These results suggest that 5HT3C-Rs do not affect synaptic GluA1 delivery in Fmr1 knockout mice.

We next included αMe-5HT, a pan 5HT3-R agonist that activates 5HT2A-Rs, 5HT2B-Rs, and 5HT3C-Rs, in culture medium during the expression of GluA1-GFP in CA1
neurons of *Fmr1* knockout mice. In the presence of αMe-5HT and histamine, neurons expressing GluA1-GFP had the same amplitude and rectification of AMPA responses as nearby nonexpressing neurons [Fig. 1C]. These results suggest that 5HT2A-Rs block 5HT2B-R-stimulated synaptic delivery of GluA1 in *Fmr1* knockout mice. To confirm this idea, we included αMe-5HT and MDL11939, a 5HT2A antagonist, along with histamine in culture medium during the expression of GluA1-GFP in CA1 neurons of *Fmr1* knockout mice. In the presence of both αMe-5HT and MDL11939, neurons expressing GluA1-GFP had the same amplitude but enhanced rectification [by ~20%] of AMPA responses compared with nearby nonexpressing neurons [Fig. 1C], indicating synaptic delivery of GluA1-GFP and GluA1 in expressing and nonexpressing neurons of *Fmr1* knockout mice. In addition, in the presence of both αMe-5HT and MDL11939, GluA1ct-GFP-expressing neurons had depressed AMPA responses and unaltered NMDA responses compared with nearby nonexpressing neurons [Fig. 1C], confirming the synaptic delivery of endogenous GluA1. Finally, we included BW723C86 and TCB-2, a 5HT2A-R agonist, along with histamine in culture medium during the expression of GluA1-GFP in CA1 neurons. In the presence of TCB-2 and BW7323C86, neurons expressing GluA1-GFP had the same amplitude and rectification of AMPA responses compared with nearby nonexpressing neurons [Supplemental Fig. 52B], indicating no synaptic delivery of GluA1-GFP. Collectively, these results suggest
that 5HT₂B-Rs stimulate, 5HT₂C-Rs have no effect on, and 5HT₃₂A-Rs inhibit synaptic delivery of GluA1-containing AMPA-Rs in Fmr1 knockout mice.

**D₁-Rs enhance and D₂-Rs inhibit synaptic GluA1 delivery in Fmr1 knockout mice**

We then examined whether DA compounds enhance synaptic plasticity in Fmr1 knockout mice. Both classes of DA receptors (D₁-Rs, which include DA-R subtypes 1 and 5, and D₂-Rs, which include DA-R subtypes 2, 3, and 4) regulate synaptic plasticity. In particular, D₁-Rs enhance LTP and/or inhibit depotentiation (Otmakhova and Lisman 1998; Gurden et al. 2000; Li et al. 2003; Chen et al. 2004), whereas D₂-Rs inhibit LTP and/or enhance depotentiation (Li et al. 2007; Kwon et al. 2008). We expressed GluA1-GFP in CA1 neurons of Fmr1 knockout mice cultured with medium containing histamine and SKF81297, a D₁ agonist. In the presence of SKF81297, GluA1-GFP-expressing neurons had enhanced rectification (by ~15%) of AMPA responses compared with nearby control nonexpressing neurons of Fmr1 knockout mice (Fig. 2A), indicating synaptic delivery of GluA1-GFP. In addition, the amplitudes of AMPA responses in GluA1-GFP-expressing and nearby nonexpressing neurons were the same (Fig. 2A), suggesting synaptic delivery of the same amount of endogenous GluA1 in nonexpressing neurons. To confirm that D₁-Rs stimulate synaptic delivery of endogenous GluA1 in nonexpressing neurons. To confirm that D₁-Rs stimulate synaptic delivery of endogenous GluA1 in nonexpressing neurons. To confirm that D₁-Rs stimulate synaptic delivery of endogenous GluA1 in nonexpressing neurons, we included Quin, a D₂ agonist, along with histamine in culture medium. In the presence of Quin, GluA1-GFP-expressing and nearby nonexpressing neurons of Fmr1 knockout mice had the same AMPA responses (Fig. 2B), suggesting no synaptic GluA1 delivery. To determine whether D₂-Rs inhibit synaptic GluA1 incorporation, we included both SKF81297 and quinpirole with histamine in culture medium. Neurons expressing GluA1-GFP had the same AMPA responses compared with nearby nonexpressing neurons (Fig. 2B), suggesting that D₂-R activation blocked D₁-R-stimulated synaptic delivery of endogenous GluA1. Collectively, these results suggest that D₁-Rs stimulate synaptic GluA1 delivery, whereas D₂-Rs inhibit synaptic GluA1 delivery.

**5HT and DA drug cocktail restores normal synaptic GluA1 delivery in Fmr1 knockout mice**

To test whether D₂-Rs affect synaptic GluA1 delivery in Fmr1 knockout mice, we included quinpirole, a D₂ agonist, along with histamine in culture medium. Neurons expressing GluA1-GFP had the same AMPA responses compared with nearby nonexpressing neurons. Increasing the concentration of BW723C86 from 5 nM to 5 μM increased the relative rectification of AMPA responses in GluA1-GFP-expressing neurons compared with nonexpressing neurons (Fig. 2A), suggesting a postsynaptic blockade of synaptic delivery of endogenous GluA1. These results suggest that D₁-Rs stimulate synaptic GluA1 delivery in Fmr1 knockout mice.

To determine the maximal effects of 5HT and DA compounds on synaptic GluA1 delivery, we measured the dose response curves for the respective drugs. We first cultured GluA1-GFP-expressing Fmr1 knockout neurons in media with varied concentrations of BW723C86 and subsequently measured its effects on synaptic GluA1 delivery. Increasing the concentration of BW723C86 from 5 nM to 5 μM increased the relative rectification of AMPA responses in GluA1-GFP-expressing neurons compared with nonexpressing neurons (Fig. 2A). However, the maximal effects were observed at 5 μM BW723C86, suggesting that the effects of BW723C86 are mediated through a single receptor type.

**Figure 2.** D₁-Rs stimulate and D₂-Rs inhibit synaptic GluA1 trafficking in Fmr1 knockout (KO) mice. **(A, top)** Evoked AMPA-R-mediated (~60 mV) or AMPA-R-mediated (~60 mV) and NMDA-R-mediated (+40 mV) responses recorded from GluA1-GFP or GluA1ct-GFP-expressing and neighboring nonexpressing (Ctrl) neurons from Fmr1 knockout mice cultured in medium containing 75 μM histamine (HA) and additional 10 μM SKF81297. **(Bottom)** Amplitudes (Ctrl: −30.3 ± 2.4 pA; exp: −31.4 ± 2.6 pA; n = 31; P = 0.46) and rectifications (Ctrl: 1.59 ± 0.11; exp: 1.81 ± 0.09; n = 31; P < 0.05) of synaptic AMPA responses in GluA1-GFP-expressing neurons or amplitudes of synaptic AMPA (Ctrl: −22.7 ± 1.7 pA; exp: −19.1 ± 2.0 pA; n = 24; P < 0.05) and NMDA (Ctrl: 48.0 ± 4.1 pA; exp: 44.1 ± 4.6 pA; n = 24; P = 0.27) responses in GluA1-GFP-expressing neurons are plotted against those obtained from nonexpressing neurons. **(B, top)** Evoked AMPA-R-mediated (~60 mV) responses recorded from GluA1-GFP-expressing and neighboring nonexpressing (Ctrl) neurons from Fmr1 knockout mice cultured in medium containing 75 μM histamine (HA) and additional 10 μM SKF81297 and 10 μM Quin. **(Bottom)** Amplitudes (Ctrl: −31.4 ± 2.3 pA; exp: −29.0 ± 2.4 pA; n = 30; P = 0.35 for Quin; Ctrl: −42.8 ± 3.7 pA; exp: −39.9 ± 3.7 pA; n = 21; P = 0.77 for SKF and Quin) and rectifications (Ctrl: 1.93 ± 0.15; Exp: 1.96 ± 0.08; n = 30; P = 0.41 for Quin; Ctrl: 1.66 ± 0.10; Exp: 1.73 ± 0.11; n = 21; P = 0.59 for SKF and Quin) of synaptic AMPA responses in GluA1-GFP-expressing neurons are plotted against those obtained from nonexpressing neurons. The red dots indicate the averages, and scale bars apply to all recording traces. Statistical significances were determined with Wilcoxon tests.
nonexpressing neurons, which could be fitted by a sigmoid function with the half-maximal effective concentration of ~100 nM [Supplemental Fig. S3; Supplemental Table S1]. Similarly, we cultured GluA1-GFP-expressing Fmr1 knockout neurons in media with varied concentrations of SKF81297 and subsequently measured its effects on synaptic GluA1 delivery. Increasing the concentration of SKF81297 from 50 nM to 50 μM increased the relative rectification of AMPA responses in GluA1-GFP-expressing neurons compared with nonexpressing neurons, which could be fitted by a sigmoid function with the half-maximal effective concentration of ~2 μM [Supplemental Fig. S3; Supplemental Table S2]. Because the maximal rectification enhancement of AMPA responses in GluA1-GFP-expressing neurons and maximal amplitude reduction of AMPA responses in GluA1ct-GFP-expressing neurons of wild-type mice can reach ~30%–40% [Hu et al. 2008; Myers et al. 2012], the rectification and amplitude changes in AMPA responses (~15%–20%) in 5HT- or DA-stimulated GluA1-GFP- and GluA1ct-GFP-expressing neurons of Fmr1 knockout mice indicates a partial (~50%) rescue of synaptic GluA1 delivery.

We hypothesized that combinations of 5HT and DA modulators may fully restore the normal synaptic GluA1 delivery in Fmr1 knockout mice. Surprisingly, in the presence of 1 μM BW723C86 and 10 μM SKF81297 along with histamine, GluA1-GFP-expressing neurons of Fmr1 knockout mice had no significant enhancement in the rectification of AMPA responses compared with nearby nonexpressing neurons [Fig. 3A], suggesting little synaptic delivery of GluA1. Clinical data have documented that low doses of the drugs often work better in improving cognitive performance in fragile X patients, as high-dose 5HT and DA signaling-enhancing stimulants frequently induce the unwanted side effects related to anxiety [Hagerman et al. 2009]. Therefore, we cultured CA1 neurons of Fmr1 knockout mice in medium containing histamine with lower concentrations of 5HT2B-R and D1-R agonists. GluA1-GFP-expressing neurons of Fmr1 knockout mice cultured in medium containing the immediate concentrations of BW723C86 (100 nM) and SKF81297 (1 μM) but not the very low concentrations of BW723C86 (10 nM) and SKF81297 (100 nM) had significantly enhanced rectification [by ~30%] of AMPA responses [Fig. 3A]. Moreover, GluA1ct-GFP-expressing neurons of Fmr1 knockout mice cultured in medium containing 100 nM BW723C86 and 1 μM SKF81297 showed ~30% reduction in AMPA responses but unaltered NMDA responses [Fig. 3B]. To determine the agonist dose response curves for coapplied 5HT and DA compounds, we cultured GluA1-GFP-expressing neurons in media with varied concentrations of BW723C86 and SKF81297 and subsequently measured their effects on synaptic GluA1 delivery. Increasing the concentrations of coapplied BW723C86 and SKF81297 dynamically altered the relative rectification of AMPA responses in GluA1-GFP-expressing neurons, which could be fitted by a Gaussian function with the maximal effective concentrations of 123 nM and 1.23 μM for BW723C86 and SKF81297, respectively [Supplemental Fig. 3S; Supplemental Table S3]. Collectively,
these results suggest that partial activation of both 5HT2B-Rs and D1-Rs synergistically drives more synaptic delivery of GluA1.

To determine whether activation of 5HT2B-Rs and/or D1-Rs may also stimulate synaptic delivery of GluA1 in wild-type mice, we cultured GluA1-GFP-expressing wild-type neurons in medium containing 5HT and/or DA modulators. In the presence of 1 μM BW723C86, 10 μM SKF81297, or 100 nM BW723C86 and 1 μM SKF81297, GluA1-GFP-expressing wild-type neurons had enhanced rectification [by ~30%] of AMPA responses compared with nearby control nonexpressing neurons, and GluA1ct-GFP-expressing wild-type neurons had depressed (~30%) AMPA responses (Supplemental Fig. S4). The increase in rectification and decrease in amplitude of AMPA responses are comparable with wild-type neurons cultured in normal medium, suggesting no additional effects of 5HT and/or DA modulators on synaptic delivery of GluA1 in wild-type mice, which is already maximal in wild-type animals (Hu et al. 2008; Myers et al. 2012).

5HT and DA drug cocktail restores normal synaptic plasticity in Fmr1 knockout mice

To determine whether 5HT- and DA-stimulated synaptic GluA1 delivery may rescue the impaired LTP in Fmr1 knockout mice, we measured LTP in CA1 neurons in cultured slices prepared from wild-type and Fmr1 knockout mice, we measured LTP in CA1 neurons in cultured slices prepared from wild-type and Fmr1 knockout mice. Fmr1 knockout neurons had reduced LTP [by ~50%] compared with wild-type neurons (Fig. 4), consistent with the previous finding that GluA1-dependent, but not GluA2L-dependent, LTP was selectively impaired in Fmr1 knockout mice (Qin et al. 2005; Hu et al. 2008). In the presence of 1 μM BW723C86 or 10 μM SKF81297, LTP in Fmr1 knockout neurons slightly increased, reaching close to ~70% of that in wild-type neurons [Fig. 4], suggesting a partial rescue. In the presence of 100 nM BW723C86 and 1 μM SKF81297, LTP in Fmr1 knockout neurons further increased to a level comparable with that in wild-type neurons [Fig. 4]. In the same experiments, we also measured LTP in GluA1ct-GFP-expressing neurons. In the presence of 100 nM BW723C86 and 1 μM SKF81297, GluA1ct-GFP-expressing Fmr1 knockout neurons had reduced LTP [by ~50%] compared with nearby nonexpressing neurons (Fig. 4), suggesting a blockade of 5HT and DA modulator cocktail-enhanced LTP. Together, these results suggest that the low dose of 5HT and DA modulator cocktail-enhanced LTP. Together, these results suggest that the low dose of 5HT and DA modulator cocktail-restores the normal GluA1-dependent LTP in Fmr1 knockout mice.

5HT and DA drug cocktail restores normal synaptic GluA1 delivery Fmr1 knockout mice in vivo

We next examined whether 5HT or DA modulators stimulate synaptic delivery of GluA1 Fmr1 knockout mice in intact brains. Combining an in vivo viral delivery technique and an acute slice preparation [McCormack et al. 2006; Zhu 2009], we virally expressed GluA1-GFP in CA1 pyramidal neurons in Fmr1 knockout mice in vivo, administered 5HT or DA modulators through intraperitoneal [i.p.] injection, and subsequently measured AMPA responses in these neurons in acutely prepared slices (Fig. 4A). With the i.p. coadministration of 5 mg/kg BW723C86 and 1 mg/kg MDL11939, GluA1-GFP-expressing CA1 neurons against time. (Normalized evoked responses recorded from all Fmr1 knockout neurons slightly increased, reaching close to ~70% of that in wild-type neurons [Fig. 4], suggesting a blockade of 5HT and DA modulator cocktail-enhanced LTP. Together, these results suggest that the low dose of 5HT and DA modulator cocktail restores the normal GluA1-dependent LTP in Fmr1 knockout mice.

Figure 4. Coactivation of 5HT2B-Rs and D1-Rs restores normal LTP in Fmr1 knockout (KO) mice. [A] Average AMPA-R-mediated synaptic responses obtained before (~60 mV; thin trace) and after (~60 mV; thick trace) LTP-inducing pairing in paired (left) and control (right) pathway in wild-type (WT) and Fmr1 knockout CA1 neurons in normal bath solution or bath solution containing additional 1 μM BW723C86, 10 μM SKF81297, 0.1 μM BW723C86, and 1 μM SKF81297 or in GluA1ct-GFP-expressing Fmr1 knockout CA1 neurons in bath solution containing 0.1 μM BW723C86 and 1 μM SKF81297. [B] Normalized evoked responses recorded from all CA1 neurons against time. (C) Relatively steady-state AMPA response amplitudes in paired [WT: 197.6 ± 11.7%, n = 14; KO: 147.2 ± 9.5%, n = 15; P < 0.05; KO+1 μM BW: 164.7 ± 8.7%, n = 16; P < 0.05; KO+10 μM SKF: 166.0 ± 9.6%, n = 16; P < 0.05; KO+1 μM SKF+1 μM BW: 198.2 ± 11.5%, n = 14; P < 0.98; KO-GluA1ct+1 μM BW+1 μM SKF: 148.0 ± 8.2%, n = 14; P < 0.01] and control [WT: 99.6 ± 7.4%, n = 14; KO: 98.3 ± 6.2%, n = 15; P = 0.88; KO+1 μM BW: 96.1 ± 10.9%, n = 16; P = 0.82; KO+10 μM SKF: 96.2 ± 5.5%, n = 16; P = 0.76; KO+1 μM BW+1 μM SKF: 92.9 ± 7.2%, n = 14; P = 0.77; KO-GluA1ct+0.1 μM BW+1 μM SKF: 96.0 ± 6.8%, n = 14; P = 0.84] pathways in wild-type or Fmr1 knockout CA1 neurons in normal bath solution or bath solution containing 1 μM BW723C86, 0.1 μM BW723C86, and 1 μM SKF81297 or in GluA1ct-GFP-expressing Fmr1 knockout CA1 neurons in bath solution containing 0.1 μM BW723C86 and 1 μM SKF81297. Asterisks indicate P < 0.05 (Mann-Whitney Rank Sum tests).
neurons had the same amplitude but enhanced rectification [by ~15%] of AMPA responses compared with nearby nonexpressing neurons (Fig. 5B), suggesting that activating 5HT2B-Rs and inhibiting 5HT2A-Rs partially stimulated synaptic GluA1 delivery in Fmr1 knockout mice in vivo. Similarly, with the i.p. coadministration of 5 mg/kg SKF81297 and 25 mg/kg sulpiride (SUL), a D2 antagonist, GluA1-GFP-expressing neurons had the same amplitude but enhanced rectification [by ~15%] of AMPA responses (Fig. 5B), suggesting that activating D1-Rs and inhibiting D2-Rs partially stimulated synaptic GluA1 delivery in Fmr1 knockout mice in vivo.

To test whether a cocktail of 5HT and DA compounds at low doses may stimulate more synaptic GluA1 delivery in vivo, we coadministered 0.05 mg/kg BW723C86, 0.01 mg/kg MDL11939, 0.05 mg/kg SKF81297, and 0.25 mg/kg SUL in Fmr1 knockout mice during in vivo expression of GluA1-GFP in CA1 neurons. GluA1-GFP-expressing neurons of Fmr1 knockout mice administered with this drug cocktail had the same amplitude but enhanced rectification [by ~40%] of AMPA responses (Fig. 5C). Moreover, GluA1ct-GFP-expressing neurons of Fmr1 knockout mice administered with the drug cocktail had reduced AMPA [by ~30%] but unaltered NMDA responses (Fig. 5C). The amount of increase in rectification of AMPA responses in GluA1-GFP-expressing Fmr1 knockout neurons and the amount of decrease in amplitude of AMPA responses in GluA1ct-GFP-expressing Fmr1 knockout neurons are comparable with those observed in wild-type neurons (cf. Hu et al. 2008, Myers et al. 2012), suggesting that partially activating both 5HT2B-Rs and D1-Rs and inhibiting both 5HT2A-Rs and D2-Rs restores the normal synaptic GluA1 trafficking in Fmr1 knockout mice in vivo.

To determine whether 5HT or DA modulators stimulate synaptic delivery of GluA1 in Fmr1 knockout mice in vivo, we examined synaptic delivery of GluA1 in another type of neuron, L2/3 cortical pyramidal neurons of Fmr1 knockout mice (Supplemental Fig. S3A, which also display impaired synaptic GluA1 delivery in Fmr1 knockout mice [Hu et al. 2008]). With the i.p. coadministration of 5 mg/kg BW723C86 and 1 mg/kg MDL11939 or 5 mg/kg SKF81297 and 25 mg/kg SUL, GluA1-GFP-expressing L2/3 pyramidal neurons of Fmr1 knockout mice had the same amplitude but enhanced rectification [by ~15%] of AMPA responses compared with nearby nonexpressing neurons (Supplemental Fig. S3B), suggesting a partial rescue of synaptic GluA1 delivery. With the i.p. coadministration of 0.05 mg/kg BW723C86, 0.01 mg/kg MDL11939, 0.05 mg/kg SKF81297, and 0.25 mg/kg SUL, GluA1-GFP-expressing L2/3 pyramidal neurons of Fmr1 knockout mice had the same amplitude but enhanced rectification [by ~35%] of AMPA responses, and GluA1ct-GFP-expressing neurons of Fmr1 knockout mice had reduced AMPA [by ~30%] but unaltered NMDA responses (Supplemental Fig. S3C), suggesting a restoration of the normal synaptic GluA1 delivery. Collectively, these

Figure 5. 5HT2B-Rs and/or D1-Rs stimulate synaptic GluA1 trafficking in Fmr1 knockout (KO) mice in vivo. (A) Schematic drawing outlines the in vivo experimental design. (B, top) Evoked AMPA-R-mediated (~60 mV) responses recorded from GluA1-GFP-expressing and neighboring nonexpressing (Ctrl) neurons from Fmr1 knockout mice administered i.p. with 5 mg/kg BW723C86 and 1 mg/kg MDL11939 or 5 mg/kg SKF81297 and 25 mg/kg SUL. (Bottom) Amplitudes (ctrl: ~39.9 ± 3.0 pA; exp: ~39.5 ± 2.4 pA; n = 36; P = 0.88 for BW and MDL; ctrl: ~38.6 ± 3.6 pA; exp: ~38.7 ± 3.7 pA; n = 32; P = 0.99 for SKF and SUL) and rectifications (ctrl: 1.47 ± 0.08; exp: 1.71 ± 0.10; n = 36; P < 0.05 for BW and MDL; ctrl: 1.53 ± 0.08; exp: 1.76 ± 0.10; n = 32; P < 0.05 for SKF and SUL) of synaptic AMPA responses in GluA1-GFP-expressing neurons are plotted against those obtained from nonexpressing neurons. (C, top) Evoked AMPA-R-mediated (~60 mV) or AMPA-R-mediated (~60 mV) and NMDA-R-mediated (~60 mV) responses recorded from GluA1-GFP or GluA1ct-GFP-expressing and neighboring nonexpressing (Ctrl) neurons from Fmr1 knockout mice administered i.p. with 0.05 mg/kg BW723C86, 0.01 mg/kg MDL11939, 0.05 mg/kg SKF81297, and 0.25 mg/kg SUL. (Bottom) Amplitudes (ctrl: ~41.7 ± 3.4 pA; exp: ~42.8 ± 3.2 pA; n = 36; P < 0.0005) of synaptic AMPA responses in GluA1-GFP-expressing neurons and amplitudes of synaptic AMPA (ctrl: ~39.2 ± 4.0 pA; exp: ~26.7 ± 2.4 pA; n = 26; P < 0.005) and NMDA (ctrl: 61.1 ± 4.3 pA; exp: 58.2 ± 3.8 pA; n = 26; P = 0.66) responses in GluA1ct-GFP-expressing neurons are plotted against those obtained from nonexpressing neurons. The red dots indicate the averages, and scale bars apply to all recording traces. Statistical significances were determined with Wilcoxon tests.
results suggest that the low-dose 5HT and DA drug cocktail restores the normal synaptic GluA1 trafficking in Fmr1 knockout mice in vivo.

**5HT and DA drug cocktail stimulates Ras–PI3K/PKB signal transduction in Fmr1 knockout mice**

To understand how 5HT and DA modulators, particularly the low-dose 5HT and DA drug cocktail, may stimulate synaptic GluA1 trafficking in Fmr1 knockout mice, we examined the effects of those modulators on Ras–PI3K/PKB signal transduction, which is essential for synaptic GluA1 trafficking (Qin et al. 2005; Hu et al. 2008; Kielland et al. 2009). We first measured the levels of the active form of Ras (GTP-bound Ras) in CA1 cells prepared from both sleeping and awake wild-type and Fmr1 knockout mice, since the dynamic Ras activity depends on the behavioral state of animals [Qin et al. 2005; Hu et al. 2008]. In both wild-type and Fmr1 knockout mice, the levels of the active form of Ras (GTP-bound Ras) in CA1 cells of awake animals were significantly higher than those in sleeping animals (Fig. 6A). However, Fmr1 knockout mouse had elevated basal levels of Ras-GTP during sleeping and reduced ranges of Ras activation between sleeping and awake states compared with wild-type mice, suggesting reduced Ras signaling dynamics in knockout mouse. Further analysis revealed that in wild-type mice, but not Fmr1 knockout mice, the levels of phosphorylated PKB in CA1 cells of awake animals were significantly higher than those in sleeping animals [Fig. 6B], suggesting diminished PKB signaling dynamics in knockout mice. These results suggest that signal transduction from Ras to PI3K/PKB is compromised in Fmr1 knockout mice.

We then analyzed the effects of 5HT and DA modulators on Ras–PI3K/PKB signaling in Fmr1 knockout mice in the awake state, during which GluA1 is delivered to synapses [Qin et al. 2005; Hu et al. 2008]. Administration i.p. of 5 mg/kg BW723C86 and 1 mg/kg MDL11939 or 5 mg/kg SKF81297 and 25 mg/kg SUL significantly increased the levels of Ras-GTP [by ~30%] and phosphorylated PKB [by ~30%] in CA1 cells of Fmr1 knockout mice (Fig. 6C,D), suggesting increases in signaling inputs to the Ras–PI3K/PKB signaling pathway. In contrast, coadministration of the low-dose 5HT and DA compounds, including 0.05 mg/kg BW723C86, 0.01 mg/kg MDL11939, 0.05 mg/kg SKF81297, and 0.25 mg/kg SUL, had only a limited effect on the levels of Ras-GTP but induced larger enhancements of levels of phosphorylated PKB in CA1 cells of Fmr1 knockout mice [Fig. 6C,D], suggesting a major effect on PI3K/PKB activity. These results suggest that the low-dose 5HT and DA drug cocktail can restore normal PKB signaling by primarily enhancing signal transduction between Ras and PI3K/PKB in Fmr1 knockout mice.

**5HT and DA drug cocktail rescues learning deficits in Fmr1 knockout mice**

To determine whether administration of 5HT and/or DA compounds may improve cognitive performance of Fmr1 knockout mice, we first analyzed the learning behavior of wild-type and Fmr1 knockout mice using standard fear conditioning (Supplemental Fig. S6A). During the fear conditioning training, Fmr1 knockout mice had the same responses to a tone presentation and electrical foot shock and exhibited the same amount of freezing compared with wild-type mice [Supplemental Fig. S6B]. During the testing 24 h after fear conditioning, Fmr1 knockout mice displayed a small but insignificant reduction in the amount of freezing compared with wild-type mice [Supplemental Fig. S6B]. These results are consistent with the previous reports that Fmr1 knockout mice exhibited modest impairments in this form of associative learning, with the differences in the amount of freezing between knockout and wild-type mice being either slightly above [Paradee et al. 1999; Van Dam et al. 2000] or below [Dobkin et al. 2000] the statistical significance.

To effectively test the cognitive effects of 5HT and DA modulators, we examined a more demanding associative learning [Fig. 7A], the trace fear conditioning paradigm, which is sensitive to attention-distracting stimuli [Han et al. 2003] and severely impaired in Fmr1 knockout mice [Zhao et al. 2005; Hayashi et al. 2007; Guo et al. 2011]. During trace fear conditioning, Fmr1 knockout and wild-type mice displayed the same amounts of freezing [Fig. 7B]. When tested 24 h after the trace fear conditioning, Fmr1 knockout mice exhibited significantly reduced freezing compared with wild-type mice [Fig. 7C; Supplemental Movies S1, S2]. Administration of 5 mg/kg BW723C86 and 1 mg/kg MDL11939 or 5 mg/kg SKF81297 and 25 mg/kg SUL induced anxiety-related behavior changes in many Fmr1 knockout mice; some drug-treated Fmr1 knockout mice traveled a significantly longer distance and made significantly more crossings of the center field in the training and testing chambers compared with control wild-type mice [Supplemental Fig. S7; Supplemental Table S4; cf. Hayashi et al. 2007]. Because hyperactivity (i.e., increased locomotion and center crossing) may impair learning and prevent an accurate measurement of the amounts of learning-induced change in freezing, we excluded the Fmr1 knockout mice that displayed two or more standard deviation increases in these measurements from the analysis [Supplemental Table S4]. Analysis of learning behavior of the remaining Fmr1 knockout mice showed that 5HT or DA compound administration did not change the amount of freezing during the training but slightly increased freezing during the tone test compared with control Fmr1 knockout mice [Fig. 7B,C]. These results suggest a modest improvement in the associative learning in the drug-treated Fmr1 knockout mice. Interestingly, coadministration of the low-dose 5HT and DA compounds, including 0.05 mg/kg BW723C86, 0.01 mg/kg MDL11939, 0.05 mg/kg SKF81297, and 0.25 mg/kg SUL, induced no significant change in locomotion and center crossing [Supplemental Fig. S7; Supplemental Table S4]. In addition, administering the drug cocktail had no effect on the amount of freezing during the training in Fmr1 knockout mice [Fig. 7B]. Notably, during the tone test, Fmr1 knockout mice that received the drug cocktail exhibited the same amount of freezing as wild-type mice, enhanced compared with control Fmr1 knockout mice [Fig. 7C; Supplemental Movie S3]. These results suggest
that administration of a low-dose 5HT and DA drug cocktail restores normal associative learning in Fmr1 knockout mice without inducing anxiety-related side effects.

To confirm the low side effects associated with the low-dose 5HT and DA drug cocktail, we made additional measurements of anxiety-like behavior with an elevated plus maze apparatus and a light–dark two-chamber box. The elevated plus maze and light–dark exploration tests showed that Fmr1 knockout mice spent more time on the open arms of the elevated plus maze and in the light

Figure 6. 5HT$_{5A}$-Rs and/or D$_1$-Rs stimulate Ras–PKB signaling in Fmr1 knockout (KO) mice in vivo. [A, left] Blots of GTP-bound Ras and total Ras in CA1 tissues of sleeping and awake Fmr1 knockout and wild-type (WT) mice. (Right) Relative amounts of Ras-GTP in CA1 tissues prepared from awake wild-type mice (WT-Awake: 164.6 ± 12.3%; n = 14, P < 0.005), sleeping knockout mice (KO-Sleep: 135.7 ± 12.5%; n = 14, P > 0.005), and awake knockout mice (KO-Awake: 178.2 ± 10.8%; n = 14, P < 0.005) compared with those prepared from sleeping wild-type mice (WT-Awake: 99.9 ± 5.9%; n = 14, P = 0.93), sleeping knockout mice (KO-Sleep: 100.9 ± 5.3%; n = 14, P = 0.73), and awake knockout mice (KO-Awake: 101.2 ± 4.6%; n = 14, P = 0.95) compared with those prepared from sleeping wild-type mice (WT-Sleep: 100.0 ± 5.3%; n = 14). [B, left] Western blots of phos-PKB in hippocampal CA1 tissue prepared from sleeping and awake Fmr1 knockout and wild-type mice. (Right) Relative amounts of phos-PKB in CA1 tissues prepared from awake wild-type mice (WT-Awake: 192.0 ± 16.1%; n = 12, P < 0.005), sleeping knockout mice (KO-Sleep: 126.6 ± 9.7%; n = 12, P = 0.07), and awake knockout mice (KO-Awake: 142.6 ± 12.0%; n = 12, P > 0.05) compared with those prepared from sleeping wild-type mice (WT-Sleep: 100.0 ± 13.7%; n = 12) and relative amounts of total PKB in CA1 tissues prepared from awake wild-type mice (WT-Awake: 100.5 ± 9.9%; n = 12, P = 0.88), sleeping knockout mice (KO-Sleep: 111.1 ± 6.4%; n = 12, P = 0.24), and awake knockout mice (KO-Awake: 115.0 ± 6.5%; n = 12, P = 0.18) compared with those prepared from sleeping wild-type mice (WT-Sleep: 100.0 ± 11.2%; n = 12). (C, left) Blots of GTP-bound Ras and total Ras in CA1 tissues of awake control Fmr1 knockout mice and awake Fmr1 knockout mice with i.p. coadministration of 5HT compounds BW723C86 [5 mg/kg] and MDL11939 [1 mg/kg], DA compounds SKF81297 [5 mg/kg] and SUL [25 mg/kg], or 5HT and DA compounds BW723C86 [0.05 mg/kg], MDL11939 [0.01 mg/kg], SKF81297 [0.05 mg/kg], and SUL [0.25 mg/kg]. (Right) Relative amounts of Ras-GTP in CA1 tissues prepared from 5HT compound-treated knockout mice (KO-5HT: 135.7 ± 12.3%; n = 12, P < 0.005), DA compound-treated knockout mice (KO-DA: 128.5 ± 10.7%; n = 12, P < 0.05), and 5HT and DA compound-treated knockout mice (KO-5HT&DA: 109.8 ± 12.2%; n = 12, P = 0.31) compared with those prepared from control knockout mice (KO-Ctrl: 100.0 ± 13.8%; n = 12) and relative amounts of total Ras in CA1 tissues prepared from 5HT compound-treated knockout mice (KO-5HT: 95.1 ± 8.4%; n = 12, P = 0.39), DA compound-treated knockout mice (KO-DA: 104.2 ± 10.3%; n = 12, P = 0.64), and 5HT and DA compound-treated knockout mice (KO-5HT&DA: 99.1 ± 6.8%; n = 12, P = 0.86) compared with those prepared from control knockout mice (KO-Ctrl: 100.0 ± 8.0%; n = 12). [D, left] Western blots of phos-PKB in hippocampal CA1 tissues of awake control Fmr1 knockout mice and awake Fmr1 knockout mice with i.p. coadministration of 5HT compounds BW723C86 [5 mg/kg] and MDL11939 [1 mg/kg], DA compounds SKF81297 [5 mg/kg] and SUL [25 mg/kg], or 5HT and DA compounds BW723C86 [0.05 mg/kg], MDL11939 [0.01 mg/kg], SKF81297 [0.05 mg/kg], and SUL [0.25 mg/kg]. (Right) Relative amounts of phos-PKB in CA1 tissues prepared from 5HT compound-treated knockout mice (KO-5HT: 135.6 ± 14.5%; n = 12, P < 0.05), DA compound-treated knockout mice (KO-DA: 127.0 ± 15.8%; n = 12, P < 0.05), and 5HT and DA compound-treated knockout mice (KO-5HT&DA: 179.6 ± 20.6%; n = 12, P < 0.005) compared with those prepared from control knockout mice (KO-Ctrl: 100.0 ± 15.1%; n = 12) and relative amounts of total PKB in CA1 tissues prepared from 5HT compound-treated knockout mice (KO-5HT: 104.7 ± 12.8%; n = 12, P = 0.64), DA compound-treated knockout mice (KO-DA: 89.3 ± 14.7%; n = 12, P = 0.10), and 5HT and DA compound-treated knockout mice (KO-5HT&DA: 98.9 ± 14.3%; n = 12, P = 0.82) compared with those prepared from control knockout mice (KO-Ctrl: 100.0 ± 7.4%; n = 12). Note the significant difference in the levels of active Ras-GTP, but not phos-PKB, between sleeping and awake knockout mice. For each set of cell lysates, 35 μg of protein was used to purity and blot GTP-bounded Ras, 7.5 μg of protein was used to directly blot total Ras, and 45 μg of protein was used to blot phos-PKB and then reblot PKB after striping. The relative values and standard errors were normalized to average amounts of Ras-GTP, phos-PKB, total Ras, or total PKB of CA1 tissues from sleeping wild-type mice or awake knockout mice. Asterisk indicates P < 0.05 (Wilcoxon test).
chamber of the light–dark box and made more gate crossings between the light and dark chambers compared with wild-type mice (Supplemental Fig. S8), consistent with previous studies (The Dutch-Belgian Fragile X Consortium 1994; Peier et al. 2000; Hayashi et al. 2007).

Administration of 5 mg/kg BW723C86 and 1 mg/kg MDL11939 or 5 mg/kg SKF81297 and 25 mg/kg SUL in Fmr1 knockout mice increased the time spent on the open arms and in the light chamber and the number of gate crossings, whereas coadministration of low-dose BW723C86 (0.05 mg/kg), MDL11939 (0.01 mg/kg), SKF81297 (0.05 mg/kg), and SUL (0.25 mg/kg) in Fmr1 knockout mice induced no significant change in these values (Supplemental Fig. S8). Together, the anxiety-like behavior measurements suggest that the low-dose 5HT and DA drug cocktail does not induce anxiety-related side effects in Fmr1 knockout mice.

To confirm that the 5HT and DA compound cocktail may rescue the impaired associative learning in Fmr1 knockout mice, we studied the performance of wild-type and Fmr1 knockout mice in a conditional cue-dependent associative learning task using an elevated Y maze (Fig. 7A), another GluA1-dependent associative learning task (Schmitt et al. 2004, 2005). The analysis showed that wild-type mice progressively learned the task during the learning–testing sessions, but Fmr1 knockout mice failed to do so (Fig. 7D). While administration of 5HT or DA compounds slightly improved the learning in Fmr1 knockout mice, coadministration of the low-dose 5HT and DA compound cocktail restored the learning in knockout mice.

![Figure 7](https://example.com/figure7.png)

**Figure 7.** Cocktails of 5HT and DA compounds restore normal learning in Fmr1 knockout (KO) mice. (A) Schematic drawing outlines the behavioral testing design. (B, top) During the trace fear conditioning, wild-type (WT) mice, knockout mice, and knockout mice administered i.p. with 5HT, DA, or 5HT and DA compounds exhibited comparable amounts of freezing. (Bottom) Histograms show that amounts of freezing during conditioning in wild-type mice (43.4 ± 2.5%; n = 24), knockout mice (42.5 ± 2.6%; n = 22), and knockout mice treated with 5HT (51.1 ± 2.7%; n = 22), DA (50.8 ± 2.9%; n = 17), or 5HT and DA compounds (45.8 ± 2.9%; n = 22). (C, left) At the 24-h tone test, while knockout mice or knockout mice treated with 5HT or DA compounds exhibited a significant reduction in tone-dependent freezing compared with wild-type mice, knockout mice treated with 5HT and DA compounds exhibited the same tone-dependent freezing as wild-type mice. (Right) Histograms show the amounts of tone-dependent freezing in wild-type mice (34.1 ± 2.4%; n = 24), knockout mice (20.1 ± 1.8%; n = 22), and knockout mice with 5HT (25.4 ± 3.0%; n = 22), DA (25.8 ± 2.7%; n = 17), or 5HT and DA compounds (33.2 ± 3.9%; n = 22). (D, top) During the elevated Y maze learning test, knockout mice and knockout mice administered i.p. with 5HT or DA compounds exhibited a significant reduction in the percentage of correct choices compared with wild-type mice, and knockout mice administered i.p. with 5HT and DA compounds exhibited the same percentage of correct choices as wild-type mice. (Bottom) Histograms show the percentages of correct choices in wild-type mice (74.4 ± 2.5%; n = 20), knockout mice (52.5 ± 2.1%; n = 17), and knockout mice treated with 5HT (60.8 ± 2.7%; n = 15), DA (62.1 ± 2.3%; n = 14), or 5HT and DA compounds (72.2 ± 2.9%; n = 19). Asterisks indicate P < 0.05 (Mann-Whitney rank sum tests).
to a level comparable with wild-type mice [Fig. 7D]. These results confirm that administration of the low-dose 5HT and DA compound cocktail rescues learning deficits in Fmr1 knockout mice.

We wanted to determine whether the pharmacological rescue of associative learning deficits in Fmr1 knockout mice is mediated by the enhanced PI3K/PKB signaling-stimulated synaptic delivery of GluA1. Thus, we administered i.p. 5 mg/kg LY 294002, an inhibitor of PI3K, or virally expressed either GluA1ct-GFP or GFP alone in knockout mice that received the low-dose 5HT and DA drug cocktail [Fig. 8A]. Both administration of additional LY 294002 and viral expression of GluA1ct-GFP, but not viral expression of GFP alone, in hippocampal CA1 neurons reduced the learning-mediated freezing in Fmr1 knockout mice treated with the 5HT and DA drug compounds and infected with GluA1ct-GFP alone [42.1 ± 3.2%; n = 18] or GFP alone [42.2 ± 3.4%; n = 16] in their hippocampal CA1 regions exhibited comparable amounts of freezing. [Bottom] Histograms show that amounts of freezing during conditioning in knockout mice treated with 5HT and DA compounds (see Fig. 7B), knockout mice treated with 5HT and DA compounds and LY 294002 (44.6 ± 3.6%; n = 19), and knockout mice treated with 5HT and DA compounds and infected with GluA1ct-GFP (42.1 ± 3.2%; n = 18) or GFP alone (42.2 ± 3.4%; n = 16) in their hippocampal CA1 regions. [C, top] At the 24-h tone test, knockout mice administered i.p. with additional LY 294002 or infected with GluA1ct-GFP, but not GFP alone, in their hippocampal CA1 regions exhibited a significant reduction in tone-dependent freezing compared with wild-type [WT] mice. [Bottom] Histograms show the amounts of tone-dependent freezing in knockout mice treated with 5HT and DA compounds and infected with GluA1ct-GFP [19.9 ± 2.2%; n = 16] or GFP alone [32.1 ± 2.5%; n = 18] in their hippocampal CA1 regions. [D, top] During the elevated Y maze learning test, knockout mice administered i.p. with additional LY 294002 or infected with GluA1ct-GFP, but not GFP alone, in their hippocampal CA1 regions exhibited a significant reduction in the percentage of correct choices compared with wild-type mice, and knockout mice treated with the 5HT and DA drug compounds exhibited the same percentage of correct choices as wild-type mice. [Bottom] Histograms show the percentages of correct choices in knockout mice treated with 5HT and DA compounds and infected with GluA1ct-GFP [33.3 ± 2.0%; n = 15] or GFP alone [69.6 ± 2.7%; n = 18] in their hippocampal CA1 regions. Asterisks indicate *P < 0.05 [Mann-Whitney Rank Sum tests].}
5HT and DA drug cocktail from learning the Y maze task [Fig. 8D]. Collectively, these results suggest that the 5HT and DA drug cocktail-dependent rescue of normal learning in Fmr1 knockout mice requires PI3K signaling and synaptic GluA1 delivery.

Discussion
In this study, we demonstrated that compounds activating 5HT3A-Rs or D1-Rs and/or inhibiting 5HT2A-Rs or D2-Rs modestly enhance Ras–PI3K/PKB signaling input and GluA1-dependent synaptic plasticity and partially rescue the learning deficits in Fmr1 knockout mice [Fig. 8E]. Interestingly, combinations of these 5HT and DA compounds at low doses synergistically stimulate Ras–PI3K/PKB signal transduction and GluA1-dependent synaptic plasticity to a greater degree and restore the normal associative learning in Fmr1 knockout mice without causing anxiety-related side effects [Fig. 8E]. These findings suggest that properly dosed and combined FDA-approved psychoactive drugs may be used as effective treatments for the cognitive impairments associated with fragile X syndrome.

Synergistic effects on PI3K/PKB signaling, GluA1-dependent plasticity, and learning
Active Ras-GTP molecules can interact with their various upstream and downstream effectors to achieve specific functional signal transduction by forming immobile nanoclusters in specific subcellular membrane compartments [Murakoshi et al. 2004, Plowman et al. 2005, Tian et al. 2007]. It is now clear that FMRP regulates synthesis of the proteins that are not particularly abundant and often involved in neuronal signaling regulation; many of these proteins belong to the NMDA-R–Ras–PI3K/PKB signaling interactome, including several Ras-binding partners, activators, and inactivators [Zhong et al. 1999; Brown et al. 2001; Zalfa et al. 2003; Luo et al. 2010; Darnell et al. 2011]. Therefore, loss of FMRP is likely to introduce deficits in Ras trafficking and/or function at subsynaptic compartments in Fmr1 knockout mice. Indeed, our results show that synaptic Ras signal transduction is impaired even though the basal Ras activity is up-regulated in Fmr1 knockout mice. Moreover, as with previous reports [Hu et al. 2008; Gross et al. 2010, Sharma et al. 2010], we observed a small up-regulation of the basal PI3K/PKB activity in Fmr1 knockout mice, which may result directly and/or indirectly from loss of FMRP [Darnell and Klam 2013]. Because PI3K/PKB activity is dynamically regulated by behavioral states and increases in awake animals [Qin et al. 2005; Hu et al. 2008; Vyazovskiy et al. 2008], we further assessed PI3K/PKB activity in awake behaving animals. Our analysis reveals that behaving Fmr1 knockout mice have reduced maximal PI3K/PKB activity compared with wild-type mice. These results together suggest that the dynamic range of PI3K/PKB signaling is compromised in Fmr1 knockout mice. The impaired Ras–PI3K/PKB signaling dynamics may explain why Fmr1 knockout mice and rats with inhibited PI3K signaling share the same selective behavioral defect in associative learning [Lin et al. 2001; Chen et al. 2005; Horwood et al. 2006]. In addition, the reduced Ras–PI3K/PKB signal transduction can account for several characteristics of the fragile X syndrome, including spine abnormality (Govek et al. 2005; Chen et al. 2010) and facial abnormality [O’Donnell and Warren 2002, Schubbert et al. 2007]. Given the hyper-activation of Ras–PI3K/PKB signaling as the primary cause of cancer [Hanahan and Weinberg 2000], the reduced maximal PI3K/PKB signaling can also account for the reduced incidence of cancer in fragile X patients [Schultz-Pedersen et al. 2001, Rosales-Reynoso et al. 2010].

We report here that cocktails of 5HT and DA compounds rescue synaptic plasticity and learning in Fmr1 knockout mice via stimulating PI3K/PKB signaling dynamics and thus restoring PI3K/PKB signaling-dependent synaptic GluA1 trafficking. This GluA1-dependent rescue is consistent with the findings that Fmr1 knockout mice have a predominant deficit in GluA1-dependent synaptic plasticity [Hu et al. 2008; Soden and Chen 2010], and synaptic GluA1 delivery is required for associative learning [Rumpel et al. 2005; Hu et al. 2007; Matsuo et al. 2008]. The GluA1-dependent rescue can also explain why Fmr1 knockout mice and fragile X patients exhibit a selective impairment in associative learning [Maes et al. 1994; Pardee et al. 1999, Van Dam et al. 2000; Frankland et al. 2004; Zhao et al. 2005; Hayashi et al. 2007; Lanfranchi et al. 2009], an exact phenocopy of GluA1 knockout mice [Zamanillo et al. 1999; Schmitt et al. 2004, 2005]. Our data, together with previous studies, validate the notion that the dynamics of synaptic signaling (e.g., PI3K/PKB signaling) is essential for experience-dependent plasticity (e.g., GluA1-dependent plasticity) [McCormack et al. 2006], learning, and memory [Costa and Silva 2003; Thomas and Huganir 2004; Stornetta and Zhu 2011].

Many G-protein-coupled receptors, including 5HT-Rs and DA-Rs, regulate Ras–PI3K/PKB signaling [Mattingly and Macara 1996; Murga et al. 1998; Neves et al. 2002; Qin et al. 2005; Beaulieu 2012]. We show here that both 5HT and DA modulators can enhance the upstream input to the Ras–PI3K/PKB signaling pathway (e.g., via potentiating upstream NMDA-R activity) [see Bekkers 1993; Qin et al. 2005] and thus partially rescue the impaired synaptic GluA1 delivery and learning deficits in Fmr1 knockout mice. Surprisingly, combinations of low doses of 5HT and DA modulators may synergistically stimulate PI3K/PKB signaling, rescue the impaired synaptic GluA1 delivery, and restore the normal associative learning in Fmr1 knockout mice. This synergistic effect can take place within 1 d after application or administration of the 5HT and DA compounds, which rules out the contribution from the indirect effects of 5HT and DA compounds (e.g., changes in mood/anxiety) that take ≥2 wk to develop [Wong and Licinio 2001; David et al. 2010]. Further analysis reveals that the synergistic effect is sensitive to administration of the PI3K signaling inhibitor LY 294002 or overexpression of GluA1ct-GFP, suggesting a convergence of 5HT and DA signaling on PI3K/PKB-stimulated GluA1 trafficking. Because the low-dose 5HT and DA cocktail increases the capacity of GluA1-dependent syn-
aptic plasticity without significantly stimulating Ras signaling, the synergistic effect is likely mediated by increasing the dynamic range of PI3K/PKB signaling, which sets the capacity of synaptic plasticity [McCormack et al. 2006]. Together, these data suggest a novel synergistic mechanism of 5HT and DA modulators [Fig. 8E], which may boost signal transduction from Ras to PI3K/PKB by primarily increasing the signaling sensitivity of PI3K/PKB (cf. Premont and Gainetdinov 2007, Rajagopal et al. 2010).

Clinical significance

Fragile X, currently having no effective treatment, requires special education and psychological and medical support services and extracts an enormous, lifelong emotional, mental, and financial toll on the affected families and communities (Lee et al. 2008). Over many years of clinical tests, clinicians have observed that a few FDA-approved psychoactive drugs can modestly improve the cognitive performance of fragile X patients, yet these 5HT and DA modulators often cause the adverse effects related to anxiety [Hagerman et al. 2009; Tranfaglia 2011; Gross et al. 2012]. In fact, ethical considerations related to frequent adverse effects, together with near infinite possible drug combinations due to unknown drug mechanisms, have so far hampered a more extensive screening and testing of effective treatments, particularly multiple-drug cocktail treatments. Taking advantage of a well-established animal model for fragile X syndrome, we systematically examined the pharmacology and physiology (i.e., differential actions of receptor subtypes and dosages) of potentially beneficial 5HT-R-acting and DA-R-acting compounds in Fmr1 knockout mice. We show that certain 5HT and DA modulators can further stimulate Ras signaling, which provides a mechanism of action for the commonly prescribed drugs for fragile X patients [Fig. 8E]. This mechanism may account for the clinical observations as well as our behavioral findings that administration of either 5HT or DA compounds alone can somewhat improve learning even though they often cause anxiety-related side effects in Fmr1 knockout mice. Remarkably, combinations of 5HT and DA compounds can synergistically stimulate synaptic GluA1 trafficking and fully restore normal learning in Fmr1 knockout mice. In addition, these results are achieved with the half-maximal effective doses of the compounds, effectively avoiding the hyperactive side effects associated with application of high doses of 5HT or DA drugs. These results immediately suggest the exciting possibility that properly dosed FDA-approved psychoactive drug cocktails may be used as a highly efficacious treatment for fragile X patients. Psychoactive drugs, particularly those targeting PI3K/PKB signaling, are commonly used to treat a number of mental and psychiatric disorders, including autism spectrum disorders, bipolar disorder, attention deficit/hyperactivity disorder, depression, and schizophrenia [Roth et al. 2004; Beaulieu 2012]. Therefore, the strategy for development of a quick-to-market therapy reported here should also encourage new research on effective drug cocktail treatments for these disorders.

Materials and methods

Cultured slice preparation

All experiments were performed using wild-type and Fmr1 knockout male and female mice bred congenically on a C57BL/6 background [Jackson Laboratory]. Cultured slices were prepared from postnatal 6- to 7-d-old mice following the previous studies (Qin et al. 2005; McCormack et al. 2006). In brief, the hippocampi were dissected out in ice-cold Hepes-buffered Hanks’ solution (pH 7.35) under sterile conditions, sectioned into 400-μm slices on a tissue chopper, and explanted onto a Millicell-CM membrane (0.4-μm pore size, Millipore). The membranes were then placed in 750 μL of MEM culture medium containing 30 mM HEPES, 20% heat-inactivated horse serum, 1.4 mM glutamine, 16.25 mM D-glucose, 5 mM NaHCO3, 1 mM CaCl2, 2 mM MgSO4, 1 mg/mL insulin, 0.012% ascorbic acid [pH 7.28], and 320 mM osmolarity. Cultured slices were maintained at 35°C in a humidified incubator [ambient air enriched with 5% CO2].

Biochemical analyses

Biochemical analysis followed our previous studies (Qin et al. 2005; Lee et al. 2007; Hu et al. 2008). In brief, hippocampal extracts were prepared by homogenizing hippocampal CA1 regions of 14- to 29-d-old mice. To isolate the CA1 regions from intact mouse brains, hippocampi were quickly isolated and frozen with liquid N2, and CA1 regions were dissected from frozen hippocampi immediately before homogenization. The homogenizing solution contained 10 mM HEPES, 150 mM NaCl, 10 mM EDTA, 4 mM EGTA, 0.2 mM PMSF, 0.1 mM NaF, 0.5 mM NaF, 1 mM Na3VO4, 0.001% chymostatin, 0.001% leupeptin, 0.001% antipain, 0.001% pepstatin, and 1% Triton. Membranes were blotted with anti-phospho-p388-PKB antibody (1:2000; Cell Signaling) and anti-PKB antibody (1:1000; Cell Signaling). Active Ras was detected by affinity precipitation of Ras-GTP with the GST-linked Ras-binding domain of Raf1. The bound Ras-GTP was then eluted and Western blotted with anti-Ras antibody (1:1000; Transduction Laboratories). Western blots were quantified by chemiluminescence and densitometric scanning of the films under linear exposure conditions.

Constructs and expression

GluA1-GFP and GluA1ct-GFP constructs, made as previously described (Qin et al. 2005; Hu et al. 2008; Kielland et al. 2009), were expressed in hippocampal CA1 and cortical layer 2/3 pyramidal neurons in cultured slices or intact brains using Sindbis virus. For in vitro expression, slices were infected after 7–18 d in vitro and then incubated on culture medium and 5% CO2 for 15 h ± 3 h before experiments. For in vivo expression, postnatal 14- to 29-d-old mice, which were developmentally equivalent to the cultured slices that we used [De Simoni et al. 2003], were initially anesthetized by an i.p. injection of 10 mg/kg ketamine and 2 mg/kg xylazine. Animals were then placed in a stereotaxic frame, and one or multiple ~1 × 1-mm holes were opened above the right or both sides of the somatosensory cortex. A glass pipette was used to make pressure injections of viral solution in the barrel cortex or hippocampal CA1 region according to stereotaxic coordinates [Qin et al. 2005; McCormack et al. 2006]. For electrophysiology recordings, one injection of ~100 nL of low-titer viral solution was made into the right barrel cortex or hippocampus to create sparse expression in the L2/3 or CA1 region. For behavioral tests, 10–12 injections of ~6 µL of high-titer viral solution were delivered along the entire hippocampus of both sides to achieve massive expression in about one-third of the CA1 pyramidal
neurons (33.1% ± 0.9%; n = 12) [Fig. 8A]. After injection, animals were allowed to recover from the anesthesia and returned to their cages. To study synaptic trafficking of GluA1 in vivo, expression of constructs were made when the animals were awake, which was required for synaptic delivery of GluA1 [Qin et al. 2005; Hu et al. 2008]. About 12–16 h after injections, some animals were prepared for acute in vitro electrophysiology experiments, while the others were prepared for behavioral tests.

Drug administration

In vitro drug application was made by maintaining slices in culture medium containing drugs from the time when they were virally infected. To achieve the steady-state drug levels, in vivo administration was made by four i.p. injections spaced by ~4–6 h, the approximate drug clearance half-time of many 5HT and/or DA compounds [Goodman et al. 2006]. The 5HT and/or DA compound administration started ~4–10 h before the viral injection (taking into consideration the ~5 h required for viral expression of recombinant proteins) [Qin et al. 2005; Kielland et al. 2009] and ~16–20 h before behavioral tests. 5HT and DA compounds were dissolved in saline, and saline alone was tested as controls, and their dosages were estimated based on the published data [Puglisi-Allegra and Cabib 1988; Costall and Naylor 1995; Kennett et al. 1997; O’Dell et al. 2000; Usiello et al. 2000; Wang et al. 2008] and dose response curves (cf. Supplemental Fig. S3) and then optimized during experiments. LY 294002 was administered i.p. 0.5 h before behavioral tests. In all experiments except the highest concentration points of drug concentration effect curves in Supplemental Figure S3, agonists and antagonists were applied at the concentrations/doses or lower than required to maintain their specificity.

Electrophysiology

Simultaneous whole-cell recordings were obtained from nearby infected and control noninfected hippocampal CA1 or cortical layer 2/3 pyramidal neuron pairs [Qin et al. 2005; Hu et al. 2008; Jiang et al. 2013] under visual guidance using fluorescence and transmitted light illumination with two Axopatch-200B amplifiers [Axon Instruments]. For cultured slices, the high-calcium and high-magnesium bath solution (29°C ± 1.5°C) containing 119 mM NaCl, 2.5 mM KCl, 4 mM CaCl₂, 4 mM MgCl₂, 26 mM NaHCO₃, 1 mM NaH₂PO₄, 11 mM glucose, 0.1 mM picrotoxin, and 0.002 mM 2-chloroadenosine (pH 7.4) was used to prevent epileptic activity before blocking inhibition. For acute slices, the normal bath solution (33°C ± 1.5°C) containing 125 mM NaCl, 2.5 mM KCl, 2 mM CaCl₂, 1 mM MgCl₂, 25 mM NaHCO₃, 1.25 mM NaH₂PO₄, 11 mM glucose, and 0.1 mM picrotoxin (pH 7.4) was used. The bath solutions were gassed with 5% CO₂/95% O₂. Patch recording pipettes (3–6 MΩ) contained 115 mM cesium methanesulfonate, 20 mM CsCl, 10 mM HEPES, 2.5 mM MgCl₂, 4 mM Na₂ATP, 0.4 mM Na₂GTP, 10 mM sodium phosphocreatine, 0.6 mM EGTA, and 0.1 mM spermine (pH 7.25). Synaptic responses were evoked by bipolar electrodes with single voltage pulses (200 μsec, up to 20 V) placed in the hippocampal stratum radiatum or cortical layer 3 ~300 μm away from the recorded hippocampal CA1 and cortical layer 2/3 pyramidal cells. Synaptic AMPA responses at ~60 mV and ~40 mV were averaged over 90 trials, and their ratio was used as an index of rectification. LTP was induced by a pairing protocol using 200 pulses at 2 Hz at ~5 mV within 5 min after formation of whole-cell configuration [Qin et al. 2005; Hu et al. 2008]. The responses were sampled at 0.2 Hz and averaged every 10 points. The amount of LTP was measured by averaging transmission 25 min after the LTP induction for 20 min. Slices were incubated in a solution containing 119 mM NaCl, 2.5 mM KCl, 4 mM CaCl₂, 4 mM MgCl₂, 26 mM NaHCO₃, 1 mM NaH₂PO₄, 11 mM glucose, 0.1 mM picrotoxin and 0.002 mM 2-chloroadenosine (pH 7.4) was used to prevent epileptic activity before blocking inhibition. For acute slices, the normal bath solution (33°C ± 1.5°C) containing 125 mM NaCl, 2.5 mM KCl, 2 mM CaCl₂, 1 mM MgCl₂, 25 mM NaHCO₃, 1.25 mM NaH₂PO₄, 11 mM glucose, and 0.1 mM picrotoxin (pH 7.4) was used. The bath solutions were gassed with 5% CO₂/95% O₂. Patch recording pipettes (3–6 MΩ) contained 115 mM cesium methanesulfonate, 20 mM CsCl, 10 mM HEPES, 2.5 mM MgCl₂, 4 mM Na₂ATP, 0.4 mM Na₂GTP, 10 mM sodium phosphocreatine, 0.6 mM EGTA, and 0.1 mM spermine (pH 7.25). Synaptic responses were evoked by bipolar electrodes with single voltage pulses (200 μsec, up to 20 V) placed in the hippocampal stratum radiatum or cortical layer 3 ~300 μm away from the recorded hippocampal CA1 and cortical layer 2/3 pyramidal cells. Synaptic AMPA responses at ~60 mV and ~40 mV were averaged over 90 trials, and their ratio was used as an index of rectification. LTP was induced by a pairing protocol using 200 pulses at 2 Hz at ~5 mV within 5 min after formation of whole-cell configuration [Qin et al. 2005; Hu et al. 2008]. The responses were sampled at 0.2 Hz and averaged every 10 points. The amount of LTP was measured by averaging transmission 25 min after the LTP induction for 20 min. Slices were incubated in a solution containing BW723C86 and/or SKF81297 before [for at least 1 h] and during LTP experiments. To minimize the effect from AMPA responses, the peak NMDA responses at +40 mV were measured after digital subtraction of estimated AMPA responses at +40 mV.

Behavioral analysis

Fear conditioning tests and Y maze tests followed previous reports [Schmitt et al. 2004; Zhao et al. 2005; Hayashi et al. 2007; Guo et al. 2011]. Briefly, the standard or trace fear conditioning was performed in an isolated shock chamber [Coulbourn Instruments]. The standard fear conditioning training consisted of a 3-min exposure of mice to the conditioning box (context) followed by a foot shock (2 sec, 0.8 mA) after a preceding tone (30 sec, 3 kHz, 75 dB). The trace fear conditioning training consisted of a 15-sec white noise (3 kHz, 75 dB) conditioned stimulus (CS) and a 0.5-sec scrambled foot shock (0.5 mA) unconditioned stimulus (US). Mice were acclimated for 60 sec and then presented with seven CS–trace–US intertrial interval (ITI) trials (trace, 30 sec; ITI, 210 sec). One day after training, mice were acclimated for 60 sec followed by 7 CS ITI trials (ITI, 210 sec) in a novel chamber to test for trace fear memory. All data were recorded using a video-based FreezeFrame system [Coulbourn Instruments]. Freezing (defined as a lack of movement except for heartbeat and respiration associated with a crouching posture) and locomotor activity were analyzed offline with the Actimetrics software [Coulbourn Instruments]. The additional anxiety-like behavior analysis was made using an elevated plus maze apparatus and a light–dark two-chamber box according to our previous study [Scott et al. 2011]. The plus maze, with each arm measuring 6.5 × 28 cm, was elevated 45 cm from the floor in a low-light environment. Mice were placed in the center of the maze and allowed to freely explore the covered and open arms for 5 min. The light–dark two-chamber box was made of black and white Plexiglass, with each chamber measuring 40 × 20 × 25 cm. The dark chamber was not illuminated, while the light side was illuminated by bright fluorescent light. Mice were placed in the dark chamber for 2 min. The divider separating the two chambers was then removed, and the mice were allowed to freely investigate both chambers for 10 min. The time spent on the open arms of the elevated plus maze and the time spent in the light chamber and the number of gate crossings in the light–dark box were recorded using a video tracking system [Noldus EthoVision, Noldus Information Technology]. Y maze learning tests were carried out using an elevated Y maze with one start arm and two goal arms, with each measuring 38.5 × 9 cm, surrounded by an opaque 13-cm-high wall [San Diego Instruments]. A food well, located 3 cm from the end of each goal arm, was filled with 0.05 mL of sucrose-sweetened nonfat dry milk [12.5%] as a reward. After 18-h food fasting with no restriction on water access, mice were first habituated to the Y maze and milk reward. Once all of the mice were running freely on the Y maze and readily consuming the milk rewards, testing began. Mice were trained and tested on a conditional learning task in which interchangeable floor inserts, either plain white or black wire mesh, covering the whole of the start arm were used as a conditional cue. The presence of the plain white insert in the start arm indicated that the 0.05-mL milk reward was available in the right goal arm, whereas the presence of the black wire mesh insert was associated with the reward in the left arm. Mice received 14 training–testing sessions consisting of 10 trials per session with an ITI of 5 min. Each session consisted of five trials with each of the two floor inserts and no more than
three consecutive trials with the same floor insert, according to a pseudorandom sequence. The percentage of correct responses (entering the floor-matching goal arm and consuming the milk reward) was calculated for each session.

**Statistical analysis**

All results were reported as mean ± SEM, and statistical differences of the means were determined using Wilcoxon, χ² and Mann-Whitney rank sum nonparametric tests for paired and unpaired samples, respectively. The level of significance was set at $P < 0.05$.

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