Locked and Unlocked Polygonal Chains in 3D*

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Abstract
In this paper, we study movements of simple polygonal chains in 3D. We say that an open, simple polygonal chain can be straightened if it can be continuously reconfigured to a straight sequence of segments in such a manner that both the length of each link and the simplicity of the chain are maintained throughout the movement. The analogous concept for closed chains is convexification: reconfiguration to a planar convex polygon. Chains that cannot be straightened or convexified are called locked. While there are open chains in 3D that are locked, we show that if an open chain has a simple orthogonal projection onto some plane, it can be straightened. For closed chains, we show that there are unknotted but locked closed chains, and we provide an algorithm for convexifying a planar simple polygon in 3D with a polynomial number of moves.

1 Introduction
A polygonal chain $P = (v_0, v_1, \ldots, v_n)$ is a sequence of consecutively joined segments (or edges) $e_i = v_i v_{i+1}$ of fixed lengths $l_i = |e_i|$, embedded in space. A chain is closed (a polygon) if the line segments are joined in cyclic fashion, i.e., if $v_n = v_0$; otherwise, it is open. Basic questions concerning reconfiguration of open and closed chains have proved surprisingly difficult. For example, the question of whether every planar, simple open chain can be straightened in the plane while maintaining simplicity has circulated in the computational geometry community for years, but remains open at this writing. Previous computational geometry research on the reconfiguration of chains typically concerns planar chains; or reconfigures closed chains with crossing links in dimensions $d \geq 2$ [LW95]. In contrast, throughout this paper we work in 3D and require that chains remain simple throughout their motions. The Schwartz-Sharir cell decomposition approach [SS83] from algorithmic robotics shows that all the problems we consider in this paper are decidable, and Canny’s roadmap algorithm [Can87] leads to solutions that are singly exponential in $n$. Our goal is therefore polynomial-time algorithms.

2 Open Chains with Simple Projections
Our first results are algorithms to straighten open polygonal chains that satisfy either one of two projection conditions. Our algorithms compute reconfigurations that are sequences of “moves.” During each move, a (small) constant number of individual joint moves occur, where for each a vertex $v_{i+1}$ rotates monotonically about an axis through joint $v_i$, with the axis of rotation fixed in a reference frame attached to some edges.

Theorem 2.1. If an open polygonal chain of $n$ links either has a simple orthogonal projection onto a plane, or it lies on the surface of a convex polytope, then it may be straightened in $O(n)$ moves. The algorithms run in time polynomial in $n$.

3 Locked Chains
We next show that not all open chains may be straightened. Consider the chain $K = (v_0, \ldots, v_5)$ configured as in Fig. 1. One can think of $K$ as composed of two rigid knitting needles, $e_0$ and $e_4$, connected by a flexible cord of length $L = \ell_1 + \ell_2 + \ell_3$. By appropriate choice of link lengths and radius $r$ of a ball $B$ centered on $v_1$, it can be shown that $v_0$ and $v_5$ remain exterior to $B$ throughout any motion. This permits completing a trefoil knot exterior to $B$, which would be unknotted if $K$ were straightened. By contradiction, then, $K$ is locked.

By “doubling” $K$ and joining endpoints, we prove the same result for closed chains. These results were established independently in [CJ98].

Theorem 3.1. There exist locked open and locked closed chains.

4 Convexifying Planar Simple Polygons
A closed chain in a plane, i.e., a planar polygon, may be convexified in 3D by “flipping” out the reflex
pockets, i.e., rotating the pocket chain into 3D and back down to the plane. This simple procedure was suggested by Erdös [Erd35] and proved to work by de Sz. Nagy [dSN39]. The number of flips, however, cannot be bounded as a function of the number of vertices $n$ of the polygon, as first proved by Joss and Shannon [Grü95].

We offer a new algorithm for convexifying planar closed chains, which we call the “St. Louis Arch” algorithm. It is more complicated than flipping but uses a bounded number of moves. It models the intuitive approach of picking up the polygon into 3D. We discretize this to lifting vertices one by one, accumulating the attached links into a convex “arch” $A$ in a vertical half-plane above the remaining polygonal chain. Although the algorithm is conceptually simple, some care is required to make it precise, and to then establish that simplicity is maintained throughout the motions.

Let $P$ be a simple polygon in the $xy$-plane, $\Pi_{xy}$. Let $\Pi_\varepsilon$ be the plane $z = \varepsilon$ parallel to $\Pi_{xy}$, for $\varepsilon > 0$. The value of $\varepsilon$ is determined by the initial geometry of $P$ in a complex way. We use this plane to convexify the arch safely above the portion of the polygon not yet picked up. We use primes to indicate positions of moved (raised) vertices. Let $P[i, j]$ represent the chain $(v_i, v_{i+1}, \ldots, v_j)$, including $v_i$ and $v_j$ (where $0 \leq i < j < n$), and let $P(i, j)$ represent the chain without its endpoints.

After a generic step $i$ of the algorithm, $P(0, i)$ has been lifted above $\Pi_\varepsilon$ and convexified, $v_0$ and $v_i$ have been raised to $v'_0$ and $v'_i$ on $\Pi_\varepsilon$, and $P[i+1, n-1]$ remains in its original position on $\Pi_{xy}$. See Fig. 2.

Next $v_{i+1}$ is lifted to $\Pi_\varepsilon$, the arch $A$ is rotated down to lie in $\Pi_\varepsilon$ as well, and the resulting “barbed polygon” is convexified within $\Pi_\varepsilon$. We define a planar polygon as barbed if removal of one ear leaves a convex polygon, and prove that every barbed polygon (even “weakly simple”) ones) may be convexified in its plane in $O(i)$ moves. After convexification, the arch is rotated up into the vertical plane containing the new arch base $v'_0 v'_{i+1}$, and the procedure is repeated.

**Theorem 4.1.** The “St. Louis Arch” Algorithm convexifies a planar simple polygon of $n$ vertices in $O(n^2)$ moves; it runs in time polynomial in $n$.

### 5 Open Problems

Two of the most prominent among the many open problems suggested by our work are:

1. What is the complexity of deciding whether a chain (open or closed) in 3D is locked?
2. Can a closed chain with a simple projection always be convexified?

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