# Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|------------------------------------|------------------------------|
| **TITLE**     |         |      |                                    |                              |
| Title         | 1       | Identify the report as a Narrative Review of … | Page 1, Line 1 | Title page |
| **ABSTRACT**  |         |      |                                    |                              |
| Unstructured summary | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 2, Line 27 - 48 | Abstract |
| **INTRODUCTION** |         |      |                                    |                              |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | Page 4, Line 52 - 71 | Introduction, Para 1-2 |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Page 5, Line 76 | Introduction, Para 3 |
| **METHODS**   |         |      |                                    |                              |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 5, Line 82 - 91 | Methods, Para 1 |
| **DISCUSSION/SUMMARY** |         |      |                                    |                              |
| Narrative | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 5 - 19 | Muscle protein turnover, all paragraphs |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 19 Line 398 - 405 | Conclusion, para 1 |

Article information: http://dx.doi.org/10.21037/hp-20-298.
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

Updated on May 11, 2020