Systematically extending classical nucleation theory

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Abstract

The foundation for any discussion of first order phase transitions is classical nucleation theory (CNT). CNT, developed in the first half of the twentieth century, is based on a number of heuristically plausible assumptions and the majority of theoretical work on nucleation is devoted to refining or extending these ideas. Ideally, one would like to derive CNT from a more fundamental description of nucleation so that its extension, development and refinement could be developed systematically. In this paper, such a development is described based on a previously established model. Here, this connection is illustrated by application to CNT with moving clusters (a long-standing problem in the literature) and the construction of CNT for ellipsoidal clusters.

1. Introduction

The process of the nucleation of first order phase transitions is of importance across the range of scientific disciplines from chemistry and physics to biology and materials science. From both the theoretical and the experimental perspectives, its most challenging feature is that it is an intrinsically multiscale problem. Small clusters of new phase forming in a background of mother phase are thermodynamically unstable if they are below the size of the critical cluster. They can only form and grow by a series of thermal fluctuations and the formation of a critical cluster is consequently a rare event. To observe nucleation under conditions of interest in many applications requires macroscopic volumes of material and times scale as long as hours or days even though the outcome—the critical cluster—is itself a microscopic object with a typical size of nanometers. The fact that the growing cluster, viewed as a subsystem of the total volume, is by definition not in an equilibrium state makes the problem even more challenging. As a result, nucleation remains an area of intense research by experimentalists, theorists and simulators alike.

Despite—or, perhaps, because of—this complexity, the primary theoretical description of nucleation has long been a collection of heuristic ideas known collectively as classical nucleation theory (CNT) [1–4] or, for a modern summary, see e.g. [5]. The basic idea of CNT is that clusters of new phase grow (or shrink) due to the attachment (or detachment) of single monomeric growth units from (or to) the mother phase. The rate of capture is calculated by treating the cluster as being a quasi-static object that acts as a sink for mass and energy and then calculating the rates of flow of mass and/or energy by whatever means is appropriate to a given problem—e.g. by means of hydrodynamics for nucleation in solution. To separate the rates of attachment and detachment of the monomers for a cluster of N growth units, a detailed balance condition is invoked [5] to demand that the ratio be proportional to \( \exp( -\beta \Delta F(N, N + 1) ) \) where \( \beta \) is the inverse temperature and \( \Delta F(N, N + 1) = F(N + 1) - F(N) \) is the free energy difference between clusters of size \( N \) and \( N + 1 \). The free energy is approximated by a capillary model: the cluster is assumed to be spherical with a sharp interface between its interior and the mother phase. The free energy is the sum of a bulk term scaling as the volume and a surface term scaling as the area of the cluster.
CNT provides the language used in all discussions of nucleation however, its accuracy has long been a subject of debate. Recent experiments on the homogeneous nucleation of argon droplets from vapor have reported nucleation rates 10–20 orders of magnitude higher than those predicted by CNT [6, 7]. The rates observed for water are in better agreement at low temperatures but deviates as temperature increases [8]. Recent large-scale simulations of droplet nucleation in a Lennard-Jones system show smaller deviations in the nucleation rate compared to CNT, 8–13 orders of magnitude, but that the agreement was better for the size of the critical nucleus [9]. This is largely in agreement with earlier studies such as [10]. Note that this discussion pertains to absolute values for nucleation rates and not to the less demanding test of fitting the functional dependence of the rate on supersaturation. Another distinction is that sometimes the quantities required in CNT, such as the rate at which molecules attach to a cluster, are taken directly from simulation and in this case, good agreement with CNT is often found (as discussed, e.g. in [9] above and in the case of crystallization, in e.g. [11]). While such tests provide confirmation of some of the underlying concepts of CNT, it simply makes more precise the origin of the discrepancies with CNT. Similarly, the introduction of e.g. size-dependent surface tensions can also improve the theoretical predictions at the expense of having to import these from simulation or by determining them via direct fitting of the nucleation data (see, e.g., [12] for a recent example). All of these are useful procedures for improving CNT. The theoretical challenge is to link CNT to more fundamental theories from which these refinements emerge naturally, without empirical input.

While CNT is the basis for a large part of the work on nucleation, it is clearly a crude approximation and, indeed, has internal inconsistencies. For example, in the capillary model for the free energy the density of the mother phase outside the cluster is assumed to be constant but in the transport calculation used to obtain the attachment rate, the density has a non-uniform profile [5]. This and many other reasons have inspired a lot of work aimed at improving CNT [13]. One target is the calculation of the free energy of the cluster: it is relatively easy to improve the capillary model by e.g. allowing the surface tension or the density inside the cluster to depend on the cluster size [14]. More generally, classical density functional theory [15, 16] provides very accurate, microscopic models that can be used both to directly calculate the properties and free energy of critical clusters as well as providing a basis for the derivation of more coarse-grained descriptions up to and including the capillary model [16, 17]. In this sense, the problem of the free energy may be considered to be solved, at least for some simple interaction models.

The dynamics of CNT are more problematic. Ideally, one would like, in analogy to the free energy, to have a more fundamental description from which CNT could be derived. This would then presumably allow for the systematic improvement of the description in the same way as the DFT free energy serves as a basis for more coarse-grained models. Recently, such a synthesis has been proposed in which fluctuating hydrodynamics is used as a starting point [18, 19]. The DFT free energy is introduced as a means of calculating the pressure thus addressing both the free energy calculation and the dynamics at the same time and the resulting theory termed mesoscopic nucleation theory (MeNT). It has been shown that CNT can be derived from this starting point by introducing appropriate approximations and many other consequences of the theory have been developed. Most particularly, it has been shown to give a rich and quite non-classical description of nucleation, even for the simplest application of liquid–vapor nucleation [20].

One problem with the work to date on MeNT has been that it relies heavily on the assumption of spherical symmetry. As such, the main promise—of providing a basis for nontrivial extensions of CNT—has so far been unfulfilled. The goal of the present paper is to show how such extensions may be systematically investigated. As in previous work on MeNT, attention will be restricted to diffusion-limited nucleation in the over-damped limit which has the enormous advantage that the full hydrodynamic description (involving density, momentum and energy fields) reduces to a contracted description formulated entirely in terms of the density. Furthermore, diffusion-limited nucleation is of considerable practical importance being applicable to the nucleation of macromolecules in solution and to colloidal systems. As in the previous development of MeNT, the key step for coarse-graining will be the introduction of parameterized density profiles. Based on the experience with spherically-symmetric clusters, it is argued that the Fokker–Planck equation must be covariant and that this fixes its structure once a metric is specified for the space of coarse-graining parameters. The metric is, in turn, directly determined from the full over-damped fluctuating hydrodynamics starting point thus completing the theory. This theoretical development is the subject of section II of this paper. The third section details applications to three cases: first, the spherically symmetric results are re-derived using the new approach, second a version of CNT is developed that allows for displacement of the center of mass and finally the theory is developed for ellipsoidal clusters having three independent degrees of freedom. The paper concludes with perspectives for further developments.
2. Theory

2.1. The dynamical model

We take as the starting point the equation for the evolution of the local density, \( \rho_i(\mathbf{r}) \), as derived from fluctuating hydrodynamics in the over-damped limit and using the DFT expression for the pressure,

\[
\frac{\partial \rho_i(\mathbf{r})}{\partial t} = D \nabla \cdot \rho_i(\mathbf{r}) \nabla \frac{\delta F[\rho_i]}{\delta \rho_i(\mathbf{r})} + \nabla \cdot \sqrt{2D \rho_i(\mathbf{r}) \xi_i(\mathbf{r})},
\]

where \( D \) is the coefficient for tracer diffusion for the colloids, \( F[\rho_i] \) is the so-called Helmholtz free energy functional coming from DFT and \( \xi_i(\mathbf{r}) \) is the three-dimensional white noise with correlation \( \langle \xi_i(\mathbf{r}) \xi_j(\mathbf{r}') \rangle = \delta_{ij} \delta(t - t') \delta(\mathbf{r} - \mathbf{r}') \). A discussion of the derivation of this equation from fluctuating hydrodynamics can be found in ([19]). We take the point of view that this equation as written is really a shorthand for a difference equation obtained by discretizing in space and time. Using a standard discretization scheme based on centered-differences, equation (1) turns out to be Ito-Stratonovich equivalent [19]. The auto-correlation of the forces is an operator,

\[
M_{ij}(\mathbf{r}, \mathbf{r}') = \nabla \cdot \sqrt{2D \rho_i(\mathbf{r}) \nabla'} \cdot \sqrt{2D \rho_j(\mathbf{r}') \delta(t - t') \delta(\mathbf{r} - \mathbf{r}')},
\]

where \( \nabla' \) is the Laplacian for \( \mathbf{r}' \) and both Laplacians act on everything to their right. This can be simplified by considering its action on a test function,

\[
\int_{\mathcal{V}} d\mathbf{r}' \int_{\mathcal{V}} d\mathbf{r} M_{ij}(\mathbf{r}, \mathbf{r}') f_j(\mathbf{r}')
\]

\[
= \int_{\mathcal{V}} d\mathbf{r}' \int_{\mathcal{V}} d\mathbf{r} [\nabla \cdot \sqrt{2D \rho_i(\mathbf{r}) \nabla'} \cdot \sqrt{2D \rho_j(\mathbf{r}') \delta(t - t') \delta(\mathbf{r} - \mathbf{r}')}] f_j(\mathbf{r}')
\]

\[
= 2D \nabla \cdot \rho_i(\mathbf{r}) \int_{\mathcal{V}} \sqrt{2D \rho_j(\mathbf{r}') \delta(t - t') \delta(\mathbf{r} - \mathbf{r}')}] f_j(\mathbf{r}')(\mathbf{r}) \right) dr'
\]

\[
= -2D \nabla \cdot \rho_i(\mathbf{r}) \nabla f_i(\mathbf{r}) + 2D \rho_i(\mathbf{r}) f_i(\mathbf{r}) \cdot \left( \int_{\partial \mathcal{V}} \delta(\mathbf{r} - \mathbf{r}') dS' \right),
\]

where we assume that all functions of interest are nonzero only within a volume \( \mathcal{V} \) (the system volume) and we denote the surface of this volume as \( \partial \mathcal{V} \). Assuming that the surface term can be neglected, the auto-correlation is the same operator as acts on the free energy gradient in the original SDE thus demonstrating the existence of a fluctuation-dissipation relation (FDR) which in turn immediately implies that in equilibrium, the probability to observe a given density configuration, \( \rho(\mathbf{r}) \), is proportional to \( \exp(-\beta F[\rho]) \) as one would expect.

2.2. Transition probabilities and the geometry of density space

The SDE describes the evolution of the density field \( \rho_i(\mathbf{r}) \) and in this language, nucleation consists of a transition from (the neighborhood of) an initial field \( \rho^{(0)}(\mathbf{r}) \) describing the mother phase to a (the neighborhood of) a final state \( \rho^{(f)}(\mathbf{r}) \) describing the new phase. In the simplest case of liquid–vapor nucleation, the initial state would be a vapor for which the average density is a constant so \( \rho^{(0)}(\mathbf{r}) = \overline{\rho}_l \) where the vapor density \( \overline{\rho}_l \) is determined by the thermodynamic conditions. The final state is a liquid for which the average density is also constant so \( \rho^{(f)}(\mathbf{r}) = \overline{\rho}_g \) with the liquid density \( \overline{\rho}_g \) again being determined by the thermodynamics. More complicated states, such as crystals, are of course also possible. One way to characterize the transition is by specifying the nucleation pathway which is a sequence of density fields starting with \( \rho^{(0)}(\mathbf{r}) \) and ending with \( \rho^{(f)}(\mathbf{r}) \). The sequence can be parameterized by some continuous index as \( \rho_i(\mathbf{r}) \) for, say, \( 0 \leq \lambda \leq 1 \) with \( \rho_0(\mathbf{r}) = \rho^{(0)}(\mathbf{r}) \) and \( \rho_f(\mathbf{r}) = \rho^{(f)}(\mathbf{r}) \).

Using generalizations of the Onsager–Machlup formalism [21], the probability to make the transition from the given initial state to the given final state can be formulated as a path integral over the probability to observe any given pathway with the latter being given by an expression of the form

\[
P(\rho_i(\mathbf{r})|\rho_0(\mathbf{r}), \rho_f(\mathbf{r})) = \exp \left( \int_0^1 \mathcal{L} \left[ \rho_i(\mathbf{r}), - \frac{d}{d\lambda} \rho_i(\mathbf{r}) \right] d\lambda \right),
\]

where explicit, exact expressions can be given for the Lagrangian functional \( \mathcal{L} [\rho_i] \); in the weak noise limit, (for which the amplitude of the noise is small compared to the deterministic term), the dominant contribution is

\[
\mathcal{L} [\rho_i] = \int_V \left( \frac{\partial \rho_i(\mathbf{r})}{\partial t} - \nabla \cdot \rho_i(\mathbf{r}) \nabla \frac{\delta F[\rho_i]}{\delta \rho_i(\mathbf{r})} \right) \nabla \cdot \rho_i(\mathbf{r}) \nabla \cdot \left( \frac{\partial \rho_i(\mathbf{r})}{\partial t} - \nabla \cdot \rho_i(\mathbf{r}) \nabla \frac{\delta F[\rho_i]}{\delta \rho_i(\mathbf{r})} \right) d\mathbf{r}.
\]

This exact result allows one to ask for the most likely path (MLP) from the initial to the final state: namely, the path that maximizes the transition probability which can be formulated as an Euler–Lagrange equation.

In the weak noise approximation, it is straightforward to demonstrate that the FDR implies that the MLP passes through the critical cluster, defined as the saddle point state \( \rho^{(c)}(\mathbf{r}) \) for which
\[
\frac{\delta F[\rho]}{\delta \rho(r)} \bigg|_{\rho^{(\text{eq})}(r)} = 0,
\]
and that the energy barrier for nucleation is precisely \( \Delta F = F[\rho^{(\text{eq})}] - F[\rho^{(\text{eq})}] \) [19]. Thus, it would seem that the MLP is a good candidate for a mathematically precise characterization of the ‘nucleation pathway’. In general, determining the MLP requires solving the Euler–Lagrange equation which is second order in time, however in the case of barrier crossing, there is a simpler alternative: the MLP can be constructed by solving the first order equation
\[
\frac{\partial \rho^{(\text{MLP})}(r)}{\partial \lambda} = D \nabla \cdot \rho^{(\text{MLP})}(r) \nabla \delta \frac{F[\rho^{(\text{MLP})}]}{\delta \rho^{(\text{MLP})}(r)}
\]
starting at the critical state, \( \rho^{(\text{eq})}(r) \), and perturbing infinitesimally in the direction of the unstable (generalized) eigenvalue of the Hessian giving two paths: one leading back to the initial state and one leading to the final state. The union of these two paths is the MLP in the weak-noise approximation [19].

An important point in the present context is that the path is a geometric object—time does not enter into the determination of the MLP. The construction just described can be understood as gradient decent on the potential energy surface \( F[\rho] \) in density space with a metric giving the distance between two infinitesimally close densities, \( \rho(r) \) and \( \rho(r) + d\rho(r) \), as
\[
ds^2 = \int_V \left\{ d\rho(r)(-\nabla \cdot \rho(r) \nabla)^{-1} d\rho(r) \right\} dr
\]
and the length of a path in density space is then
\[
s = \int_0^1 \sqrt{\int_V \left\{ \frac{d\rho_\lambda(r)}{d\lambda}(-\nabla \cdot \rho_\lambda(r) \nabla)^{-1} \frac{d\rho_\lambda(r)}{d\lambda} \right\} dr} d\lambda.
\]
The potential energy surface \( F[\rho] \) is to be interpreted in the obvious way: for example the quantity \( \phi(r) = (\nabla \cdot \rho(r) \nabla)^{-1} d\rho(r) \) is determined by solving
\[
\nabla \cdot \rho(r) \nabla \phi(r) = d\rho(r)
\]
so that, e.g.,
\[
ds^2 = -\int_V d\rho(r) \phi(r) dr
\]
or, replacing the factor of \( d\rho(r) \),
\[
ds^2 = -\int_V (\nabla \cdot \rho(r) \nabla \phi(r)) \phi(r) dr
\]
\[
= \int_V \rho(r)(\nabla \phi(r))^2 dr - \int_{\partial V} \rho(r) \phi(r) \nabla \phi(r) \cdot dS,
\]
where the second term on the right is a surface integral evaluated on the boundaries enclosing the system. Since \( ds^2 \) must be non-negative and since the first term on the right is obviously non-negative, we can ensure non-negativity a sufficient condition is that either \( \phi(r) = 0 \) or \( \nabla \phi(r) = 0 \) on the surface.

In fact, the inverse of a differential operator only has meaning if the corresponding boundary conditions are supplied: otherwise, there is no unique potential \( \phi(r) \) making the problem ill-defined. The boundary conditions follow from the physics of the original SDE, in the present case equation (1). This was derived using fluctuating hydrodynamics and, in the case of a finite system, the most natural requirement is that the total mass of the system be conserved. This means that the deviations in the density, \( d\rho(r)\), must conserve the total mass, i.e. that
\[
dM = \int_V d\rho(r) dr = 0.
\]
Integrating equation (10) then gives the no-flux condition
\[
\int_{\partial V} \rho(r) \nabla \phi(r) \cdot dS = 0.
\]
Further development depends on the details of the physical problem. In the case of hard walls, we would restrict attention to the class of functions satisfying the no-flux condition locally, \( \nabla \phi(r) \cdot dS = 0 \) for all points on \( \partial V \). This automatically ensures that \( ds^2 \) is non-negative. It also completes the argument for the FDR by eliminating the last term in equation (5). For periodic boundaries, anything leaving via one wall re-enters via another so that the no-flux condition is global but the periodicity itself provides the boundary condition. Here, I will always consider hard walls, conserved mass and the space of functions satisfying the local no-flux condition.

Finally, we remark that the geometric interpretation given here is not restricted to the weak-noise regime. In fact, using the language of differential geometry, the strong-noise Lagrangian is fully covariant and the MLP
determined by it is independent of any choice of parameterization of density space as discussed in classic papers by Graham [22].

2.3. Order parameters

When determining the MLP, we must maximize the transition probability with respect to the density pathway. This can be done in an exact sense as described above but we could also imagine a simpler, more restricted procedure whereby we represent the density field by some parameterized form,

\[
\rho(\mathbf{r}) = \rho(\mathbf{r}; \mathbf{x}),
\]

where \(\rho\) is some fixed functional form that depends on a set of \(N\) order parameters, \(x^\alpha\), for \(\alpha = 1, \ldots, N\). The distance between such a density distribution and one with slightly different parameters, \(\rho(\mathbf{r}; \mathbf{x} + \mathbf{dx})\), follows from the general expression

\[
\begin{align*}
\int_V \frac{\partial \rho(\mathbf{r}; \mathbf{x})}{\partial x^\alpha} (-\nabla \cdot \rho(\mathbf{r}; \mathbf{x}) \nabla)^{-1} \frac{\partial \rho(\mathbf{r}; \mathbf{x})}{\partial x^\beta} \, d\mathbf{x}^3, \\
g_{\alpha\beta}(\mathbf{x}) d\mathbf{x}^3,
\end{align*}
\]

where the metric in parameter space is

\[
\begin{align*}
\int_V \frac{\partial \rho(\mathbf{r}; \mathbf{x})}{\partial x^\alpha} (-\nabla \cdot \rho(\mathbf{r}; \mathbf{x}) \nabla)^{-1} \frac{\partial \rho(\mathbf{r}; \mathbf{x})}{\partial x^\beta} \, d\mathbf{x}^3, \\
g_{\alpha\beta}(\mathbf{r}; \mathbf{x}) = -\int_V \frac{\partial \rho(\mathbf{r}; \mathbf{x})}{\partial x^\alpha} \phi_\alpha(\mathbf{r}; \mathbf{x}) \, d\mathbf{r}
\end{align*}
\]

Defining \(\phi_\alpha(\mathbf{r}; \mathbf{x})\) as

\[
\nabla \cdot \rho(\mathbf{r}; \mathbf{x}) \nabla \phi_\alpha(\mathbf{r}; \mathbf{x}) = \frac{\partial \rho(\mathbf{r}; \mathbf{x})}{\partial x^\alpha}
\]

this can also be written as

\[
\begin{align*}
g_{\alpha\beta}(\mathbf{r}; \mathbf{x}) &= \int_V \rho(\mathbf{r}; \mathbf{x}) (\nabla \phi_\alpha(\mathbf{r}; \mathbf{x})) \cdot (\nabla \phi_\beta(\mathbf{r}; \mathbf{x})) \, d\mathbf{r}
\end{align*}
\]

The first term on the right displays the expected symmetry of the metric with respect to the parameters: the vanishing of the surface term follows from the no-flux condition.

Given the parameterization, the best approximation to the MLP would come from minimizing the Lagrangian evaluated for such paths, namely (in the weak-noise regime)

\[
L(\mathbf{x}_t) = \int_V \left( \frac{\partial \rho(\mathbf{r}; \mathbf{x}_t)}{\partial x^\alpha} \frac{dx^\alpha}{dt} - \nabla \cdot \rho(\mathbf{r}; \mathbf{x}_t) \nabla \left( \frac{\delta \mathcal{F}[\rho]}{\delta \rho(\mathbf{r}; \mathbf{x}_t)} \right) \right) \nabla \cdot \rho(\mathbf{r}; \mathbf{x}_t) \nabla^{-1} \nabla \cdot \rho(\mathbf{r}; \mathbf{x}_t) \nabla^{-1} \nabla \cdot \rho(\mathbf{r}; \mathbf{x}_t) + \frac{dx^\alpha}{dt} \frac{\partial \mathcal{F}(\mathbf{x}_t)}{\partial x^\alpha} \frac{dx^\beta}{dt} \frac{\partial \mathcal{F}(\mathbf{x}_t)}{\partial x^\beta}
\]

which, upon expanding and using the definitions above and the functional chain rule, can be written as

\[
L(\mathbf{x}_t) = \frac{dx^\alpha}{dt} g_{\alpha\beta}(\mathbf{x}_t) \frac{dx^\beta}{dt} + \frac{dx^\alpha}{dt} \frac{\partial \mathcal{F}(\mathbf{x}_t)}{\partial x^\alpha} + \int_V \frac{\delta \mathcal{F}[\rho]}{\delta \rho(\mathbf{r}; \mathbf{x}_t)} (-\nabla \cdot \rho(\mathbf{r}; \mathbf{x}_t) \nabla) \frac{\delta \mathcal{F}[\rho]}{\delta \rho(\mathbf{r}; \mathbf{x}_t)} \, d\mathbf{S}.
\]

It is not possible to further simplify without more information. One case amenable to analysis is that of a complete parameterization. An example would be to represent the density as an expansion in a complete set of basis functions, \(v_i(\mathbf{r})\), as

\[
\rho_i(\mathbf{r}; \mathbf{x}) = \sum_{i=1}^\infty x_i(t) v_i(\mathbf{r}).
\]

Another would be, in the discretized version of the problem \(\rho_i(\mathbf{r}) \rightarrow \rho_i(t) = \rho_i(\mathbf{r})\), any invertible mapping \(x_i = f_i(\rho_{i_0}, \ldots, \rho_{i_N})\). If the set of parameters is complete, then there would have to be a completeness relations of the form
2.4. Coarse-grained dynamics: the dynamics of parameterized paths

Given that there is an induced metric in the space of order-parameters, it is natural to ask if this can be viewed as arising directly from a stochastic description so that one could speak of an order-parameter dynamics. If so, and the corresponding Fokker–Plank equation is

$$\frac{\partial \rho(r; x)}{\partial x^\alpha} \frac{\partial \rho(r; x)}{\partial x^\beta} = \delta(r - r')$$

$$\int_V \frac{\delta x^\alpha}{\delta \rho(r; x)} \frac{\partial \rho(r; x)}{\partial x^\beta} \, dr = \delta_0^\beta$$

and using this, one easily shows (see appendix A) that the weak-noise Lagrangian for the MLP with parameterized paths is

$$\mathcal{L}(x_t) = \left( \frac{dx_i^\alpha}{dt} + g^{\alpha \beta}(x_t) \frac{\partial \beta F(x_t)}{\partial x_i^\beta} \right) g_{\alpha \beta}^F(x_t) \left( \frac{dx_i^\gamma}{dt} + g^{\gamma \delta}(x_t) \frac{\partial \beta F(x_t)}{\partial x_i^\delta} \right)$$

which has the same structure as the original continuum case, equation (5).

2.5. Spherically symmetric systems

If all quantities are spherically symmetric and if the system volume is a sphere of radius \( R_v \), then it is straightforward to show that the inverse operator needed for the metric and consistent with the boundary conditions is

$$P_{\alpha \delta}(x) = N (\det g(x))^1/2 \exp(\beta F x) \left( \int_V \frac{\partial \rho(r; x)}{\partial x^\alpha} \frac{\partial \rho(r; x)}{\partial x^\beta} \, dr \right)^{-1/2}$$
where the integration constant $A$ is arbitrary. It is then easy to evaluate the metric with the result

$$G_{0,3}(x) = -\int_{r}^{0} \left\{ \frac{\partial \rho(r; x)}{\partial x^a} \int_{r}^{0} \frac{1}{4\pi r^2} \frac{\partial m(r'; x)}{\partial x^b} dr' \right\} dr,$$

where the cumulative mass up to radius $r$ is

$$m(r; x) = \int \Theta(r - r') \rho(r'; x) dr' = 4\pi \int_{r}^{0} r'^2 \rho(r'; x) dr'.$$

Integration by parts gives

$$G_{0,3}(x) = \int_{0}^{R_v} \frac{1}{4\pi r^2 \rho(r; x)} \frac{\partial m(r; x)}{\partial x^a} \frac{\partial m(r; x)}{\partial x^b} dr.$$

The anomalous flux is calculated using

$$\nabla \left[ (\nabla \cdot \rho(r; x)) \nabla^{-1} \frac{\partial \rho(r; x)}{\partial x^b} \right] = \nabla \left[ A + \int_{0}^{r} \frac{1}{4\pi r^2} \frac{\partial m(r'; x)}{\partial x^b} dr' \right] = \frac{1}{4\pi r^2 \rho(r; x)} \frac{\partial m(r; x)}{\partial x^a}$$

giving

$$A^a(x) = (g^{a3}(x)g^{3b}(x) - g^{a3}(x)g^{3b}(x)) \int_{0}^{R_v} \frac{1}{4\pi r^2 \rho(r; x)} \frac{\partial m(r; x)}{\partial x^a} \frac{\partial m(r; x)}{\partial x^a} dr.$$

These results reproduce those previously derived using spherical symmetry from the beginning [18, 19].

### 2.6. Nucleation rates

The most important question from a practical point of view is the nucleation rate. This is related to the mean first passage time for barrier crossing. For the one dimensional case, there is an exact expression for this quantity, however, in the general case no such result exists. The standard result [23–26] valid in the weak noise limit is, in our language,

$$t_{\text{mfp}} = e^{-1} \frac{\pi}{D|\lambda| \sqrt{\text{det}F^{(i)}}} \left( \int_{S_{\text{crit}}} \sqrt{\text{det}(g)} e^{-\beta F^{(i)}} dx \right) e^{\beta F^{(i)}}(x_c),$$

where $F^{(i)}$ is the Hessian of the free energy evaluated at the critical cluster $x_c$, $\lambda$ the (sole) negative eigenvalue of $g^{a3}(x_c)F^{(i)}_{abc}$ and $N$ is the number of order parameters. The critical cluster is determined as usual by

$$\frac{\partial F^{(i)}}{\partial x^a}(x_c) = 0. The integral on the right is a measure of the occupation of the metastable basin and the domain of integration is restricted to this region.

### 3. CNT and generalizations

#### 3.1. Generalized CNT

##### 3.1.1. The density in CNT

We take 'CNT' to be the following elements: a sharp interface between the cluster and bath, uniform density inside and outside the cluster and the capillary model for the free energy. Mathematically, the sharp interface means that there is an indicator function, $\chi(r)$, which is equal to one inside the cluster and zero outside so that, with the second element of constant densities, we have that

$$\rho(r; x) = \rho_0(x) \chi(r; x) + \rho_\infty(x)(1 - \chi(r; x)).$$

##### 3.1.2. The CNT metric

The equation to be solved for the potential is

$$\nabla \rho(r; x) \nabla \phi(r; x) = (\rho_0(x) - \rho_\infty(x)) \frac{\partial \chi(r; x)}{\partial x^a} + \frac{\partial \rho_0(x)}{\partial x^a} \chi(r; x) + \frac{\partial \rho_\infty(x)}{\partial x^a} (1 - \chi(r; x))$$

so that we postulate a solution of the form

$$\phi(r; x) = \phi_0(r; x) \chi(r; x) + \phi_\infty(r; x)(1 - \chi(r; x)).$$
Now, in general, because of its discontinuous nature, the Laplacian of the indicator function will be proportional to a Dirac delta function. In fact, if the surface is described by an equation of the form $y = rf(x)$; and the interior of the cluster by $y > rf(x)$, then

$$\chi(r; x) = \Theta(\psi(r; x))$$

and

$$\nabla \chi(r; x) = (\nabla \psi(r; x)) \delta(\psi(r; x)).$$

As a trivial example, for a sphere of radius $R$ we have $\psi(r; x) = R - r$. Hence, substituting the ansatz for the potential into the Poisson equation and equating coefficients of the delta function and its derivatives gives

$$\rho_0 \nabla^2 \phi^{(0)} = \frac{\partial \rho_0}{\partial x^\alpha}, \quad \chi(r) = 1$$
$$\rho_1 \nabla^2 \phi^{(1)} = \frac{\partial \rho_1}{\partial x^\alpha}, \quad \chi(r) = 0$$

with the boundary conditions on the surface of the cluster

$$(\rho_0 \nabla \phi^{(0)} - \rho_1 \nabla \phi^{(1)}) \cdot \nabla \psi(r; x) = (\rho_0 - \rho_1) \frac{\partial \psi(r; x)}{\partial x^\alpha}, \quad \psi(r; x) = 0$$

and the global no-flux boundary condition.

### 3.1.3. The CNT free energy and critical cluster

Finally, the capillary model generalizes to

$$F(x) = f(\rho_0(x))V(x) + f(\rho_1(x))(V - V(x)) + \gamma(x)S(x),$$

where $S(x)$ and $V(x)$ are the surface and volume of the cluster respectively, $\gamma$ is the surface tension between the two phases and $f(\rho)$ is the Helmholtz free energy of the homogeneous bulk system. In general, the initial, final and critical states will satisfy

$$0 = V(x) \frac{\partial}{\partial x^\alpha} f(\rho_0(x)) + (V - V(x)) \frac{\partial}{\partial x^\alpha} f(\rho_1(x)) + (f(\rho_0(x)) - f(\rho_1(x))) \frac{\partial V(x)}{\partial x^\alpha} + \gamma(x) \frac{\partial S(x)}{\partial x^\alpha} + \frac{\partial \gamma(x)}{\partial x^\alpha} S(x).$$

Since we are restricting attention to profiles that conserve mass, there is a constraint

$$M = \rho_0(x)V(x) + (V - V(x))\rho_1(x)$$

giving

$$0 = \frac{\partial \rho_0(x)}{\partial x^\alpha} V(x) + \frac{\partial \rho_1(x)}{\partial x^\alpha} (V - V(x)) + (\rho_0(x) - \rho_1(x)) \frac{\partial V(x)}{\partial x^\alpha}$$

and

$$0 = V(x) (f'(\rho_0(x)) - f'(\rho_1(x))) \frac{\partial \rho_0(x)}{\partial x^\alpha}$$
$$+ (f(\rho_0(x)) - f(\rho_1(x))) \frac{\partial V(x)}{\partial x^\alpha}$$
$$+ \gamma(x) \frac{\partial S(x)}{\partial x^\alpha} + \frac{\partial \gamma(x)}{\partial x^\alpha} S(x).$$

### 3.2. Classical nucleation theory (CNT)

We recover CNT by (a) demanding spherical symmetry; (b) taking the only parameter to be the radius of the cluster, $R$; (c) assuming the surface tension is independent of the radius; and (d) assuming the cluster radius is small compared to the system size. With these approximations, all quantities depend only on the cluster radius, $R$, and if the system is confined to a spherical volume with total radius $R_V$, then the exterior density is
\[ \rho_1(R) = \frac{M - \rho_0 V(R)}{V(R_{V}) - V(R)} = \bar{\rho} + (\bar{\rho} - \rho_0) \left( \frac{R}{R_{V}} \right)^3 + O\left( \frac{R}{R_{V}} \right)^6, \]  

(48)

where \( M \) is the total mass and \( \bar{\rho} = M/V(R_{V}) \) is the average density. We calculate the metric directly from the closed expression, equation (32) and find that

\[ g_{RR} = 4\pi \left( \frac{\rho_0 - \bar{\rho}}{\bar{\rho}} \right)^2 R^2 \left( 1 + O\left( \frac{R}{R_{V}} \right) \right). \]

(49)

The interior density, \( \rho_0 \), is, in CNT, taken to be the bulk equilibrium density and therefore independent of the cluster radius. The stationarity condition, equation (47) then determines the critical radius

\[ R_C = - \frac{2\gamma}{\{f(\rho_0) - \rho_0 f'(\bar{\rho})\} - \{f(\bar{\rho}) - f'(\bar{\rho})\} V(R_{C})} + O\left( \frac{R}{R_{V}} \right)^3 \]

(50)

and the corresponding barrier is

\[ \Delta \beta F_c = \beta F(R_C) - \beta F(0) = \beta (f(\rho_0) - \rho_0 f'(\bar{\rho}) - f(\bar{\rho}) + \rho f'(\bar{\rho}) V(R_{C}) + \beta \gamma S(R_C) + O\left( \frac{R}{R_{V}} \right)^3 \]

\[ = \frac{16}{3} \pi \left( \frac{\beta \gamma}{\{f(\rho_0) - \rho_0 f'(\bar{\rho})\} - \{f(\bar{\rho}) - f'(\bar{\rho})\} \bar{\rho}} \right)^2. \]

(51)

Note that the ambient gas plays the role of a reservoir fixing the chemical potential at \( \mu = f'(\bar{\rho}) \). For arbitrary radii, the excess free energy can be written in the compact form

\[ \beta \Delta F(R) = \beta \Delta F \left( 2 \left( \frac{R}{R_{C}} \right)^3 - 3 \left( \frac{R}{R_{C}} \right)^2 + O\left( \frac{R}{R_{V}} \right)^3 \right). \]

(52)

We can do something similar for the undersaturated fluid and in general, if we define

\[ \bar{\rho} = \frac{2\gamma}{\{f(\rho_0) - \rho_0 f'(\bar{\rho})\} - \{f(\bar{\rho}) - f'(\bar{\rho})\} \bar{\rho}} \]

\[ \Delta \beta F = \frac{16}{3} \pi \left( \frac{\beta \gamma}{\{f(\rho_0) - \rho_0 f'(\bar{\rho})\} - \{f(\bar{\rho}) - f'(\bar{\rho})\} \bar{\rho}} \right)^2 \]

(53)

then

\[ \beta \Delta F(R) = \Delta \beta F \left( 2 \left( \frac{R}{R} \right)^3 + 3 \left( \frac{R}{R} \right)^2 + O\left( \frac{R}{R_{V}} \right)^3 \right), \]

(54)

where the lower (plus) sign is for the under-saturated solution and the upper (minus) sign for the super-saturated solution. In the case of the undersaturated solution, the stationary distribution is then

\[ P(R) = \mathcal{N} R^{3/2} \exp\left(-\beta \Delta F(R) \right) \left( 1 + O\left( \frac{R}{R_{V}} \right) \right), \]

(55)

where \( \mathcal{N} \) is a normalization factor. This is the CNT expression for the distribution of clusters in the undersaturated solution.

Finally, the (weak-noise limit of the) Fokker–Planck equation is

\[ \frac{\partial}{\partial t} P(R) = D \frac{\partial}{\partial R} \left( g_{RR}^{-1}(R) \frac{\partial \beta F(R)}{\partial R} + g_{RR}^{-1}(R) \frac{\partial}{\partial R} \right) P(R). \]

(56)

This describes \( P(R) \), the probability for a given cluster to have radius \( R \), but it can easily be related to \( C(N) \), the concentration of clusters containing \( N \) molecules [27], which then satisfies a similar equation (again, keeping only terms appropriate to the weak-noise limit),

\[ \frac{\partial}{\partial t} C_i(N) = \frac{\partial}{\partial N} \left( D_{NN}^{-1}(N) \frac{\partial \beta F(N)}{\partial N} + D_{NN}^{-1}(N) \frac{\partial}{\partial N} \right) C_i(N) \]

(57)
with
\[ g_{NN}(N) = g_{RR}(R)\left(\frac{dR}{dN}\right)^2 = \frac{(\rho_0 - \overline{\rho})^2}{4\pi R \rho_0^3 \overline{\rho}}. \]  
(58)

For a weak solution, \( \rho_0 \gg \overline{\rho} \), one then has that
\[ D_{g_{NN}}^{-1}(N) \approx 4\pi R D \overline{\rho}. \]  
(59)

In CNT, the same result is derived for the case of diffusion-limited homogeneous nucleation in which case equation (57) is recognized as the Zeldovich equation with the ‘attachment rate’ \( f_N = D_{g_{NN}}^{-1}(N) \) for which the expression given here agrees with that derived in CNT (see e.g. [5], equation (10.18) except that the latter includes a heuristic coefficient (the ‘sticking probability’) inserted by hand. Thus, the theory recovers the well-known results of CNT in this limit.

### 3.3. Generalization: CNT with moving clusters

The CNT model can be generalized by allowing the clusters to move. In this case, we begin with
\[ \rho(r; x) = \rho_0(\Theta(|r - \Delta|) + \rho_{\Delta}(x) \Theta(|r - \Delta| - R)) \]  
(60)

so that the parameters are the radius, \( R \), and the location of the center of the cluster, \( \Delta \). Solving the Poisson equation and neglecting finite size terms (e.g. of order \( R/R_T \) and \( \Delta/R_T \)), one finds
\[ g_{RR} = 4\pi \frac{(\rho_0 - \rho_{\infty})^2}{\rho_{\infty}} R^3 \]
\[ g_{\Delta, \Delta} = 4\pi \frac{(\rho_0 - \rho_{\infty})^2}{3} R^3 \]  
(61)

and all off diagonal terms vanish. Since the free energy is independent of \( \Delta \), the center of mass just undergoes Brownian motion with diffusion constant \( D = \frac{3}{4\pi R^2} \frac{\rho_0 + 2\rho_{\infty}}{\rho_0 - \rho_{\infty}} \).

### 3.4. Generalization: ellipsoidal clusters

The surface of an ellipsoid with axes aligned along the Cartesian directions is specified by three parameters, \( a_1, a_2 \) and \( a_3 \) as
\[ \frac{x^2}{a_1^2} + \frac{y^2}{a_2^2} + \frac{z^2}{a_3^2} = 1. \]  
(62)

It includes the oblate spheroid \((a_1 = a_2 > a_3)\), the prolate spheroid \((a_1 > a_2 = a_3)\) and the sphere \((a_1 = a_2 = a_3)\) as obvious special cases. Somewhat more convenient parameters are the average radius and the eccentricities defined (assuming \( a_1 > a_2, a_3 \)) respectively as
\[ R = (a_1 a_2 a_3)^{1/3} \]
\[ x_1 = \varepsilon_1^2 = \frac{a_1^2 - a_2^2}{a_1^2} \]
\[ x_2 = \varepsilon_2^2 = \frac{a_1^2 - a_3^2}{a_1^2} \]  
(63)

so that the radius is the overall measure of size of the ellipsoid and the eccentricities are measures of the shape. Indeed, the volume and surface area are
\[ V(R) = \frac{4\pi}{3} R^3 \]
\[ S(R, x_1, x_2) = 2\pi R^2 \frac{1}{(1 - x_1^2)^{1/3}(1 - x_2^2)^{1/3}} \left\{ 1 - x_2^2 + \sqrt{1 - x_1^2 x_2^2} E\left(\frac{x_1^2 - x_2^2}{x_2^2(1 - x_1^2)}\right) \right. \]
\[ + \sqrt{1 - x_1^2 (1 - x_2^2)} F\left(\frac{x_1^2 - x_2^2}{x_2^2(1 - x_1^2)}\right) \right\} \]  
(64)

where \( E(\phi, k) \) and \( F(\phi, k) \) are incomplete elliptic integrals of the first and second kind. For small eccentricities, the area can be expanded to get
\[ S(R, \varepsilon_1, \varepsilon_2) = 4\pi R^2 \left(1 + \frac{2}{45} (\varepsilon_1^4 + \varepsilon_2^4 - \varepsilon_1^2 \varepsilon_2^2) + \ldots\right) \]  
(65)
The capillary model for the cluster is
\[ \rho(r; a_1, a_2, a_3) = \rho_0 \Theta \left( 1 - \frac{x^2}{a_1^2} + \frac{y^2}{a_2^2} + \frac{z^2}{a_3^2} \right) + \rho_v \Theta \left( \frac{x^2}{a_1^2} + \frac{y^2}{a_2^2} + \frac{z^2}{a_3^2} - 1 \right) \] (66)
and for the free energy,
\[ \Delta F(R, \varepsilon_1, \varepsilon_2) = V(R)(f_1 - f_v) + S(R, \varepsilon_1, \varepsilon_2) \gamma. \] (67)

The critical cluster occurs at
\[ \varepsilon_1 = \varepsilon_2 = 0 \] (71)
and with the critical radius and energy barrier calculated for a spherical cluster. The excess free energy can be written as
\[ \beta \Delta F = \beta \Delta F \left[ -2 \left( \frac{R}{R_1} \right)^3 + 3 \left( \frac{R}{R_1} \right)^2 \frac{2}{15} \left( \frac{R}{R_1} \right)^2 (\varepsilon_1^4 + \varepsilon_2^4 - \varepsilon_1^2 \varepsilon_2^2) \right]. \] (72)

Thus fluctuations in the eccentricities are strongly damped suggesting an alternative expansion wherein the eccentricities are treated as small parameters and the densities are unconstrained. The lowest order results in this case are
\[ F_{RR} = \frac{4\pi \rho_0^3}{\rho_v} \left( 1 - \varepsilon_1^0 \varepsilon_2^0 \right) \left( 1 + O(\varepsilon_1^0, \varepsilon_2^0, \varepsilon_1^2 \varepsilon_2^2) \right) \] (73)
and
\[ \det \bar{g} = \left(2\varepsilon_1^0 \varepsilon_2^0 \right)^2 \frac{(4\pi \rho_0^3 - \rho_v^3)^3}{\rho_v^2(2\rho_0 + 3\rho_v)^2} R^{13} \left[ 1 + 2\varepsilon_1^2 + 2\varepsilon_2^2 \right]. \] (74)
The marginal distribution for the radius is

\[ P \sim R^{3/2} \exp \left( -\beta \Delta E \left[ -2 \left( \frac{R}{R_c} \right)^3 + 3 \left( \frac{R}{R_c} \right)^2 \right] \right) \]  

(75)

which differs from that one would get by freezing out the eccentricities,

\[ P \sim R^{3/2} \exp \left( -\beta \Delta E \left[ -2 \left( \frac{R}{R_c} \right)^3 + 3 \left( \frac{R}{R_c} \right)^2 \right] \right) \]  

(76)

and the determinant of the Hessian is

\[
\det \beta \Delta E \begin{pmatrix} -6/R_c^2 & 0 & 0 \\ 0 & 4/15 & -2/15 \\ 0 & -2/15 & 4/15 \end{pmatrix} = -\frac{8}{25} R_c^{-2} (\beta \Delta E)^3.
\]

(77)

The unstable eigenvalue of \( gH \) is

\[ \frac{6 \rho_i}{4\pi (\rho_0 - \rho_i)^2} R_c^{-3} \beta \Delta E. \]

(78)

### 3.5. Practical consequences of these generalizations

The examples given here, moving clusters and ellipsoidal clusters, are intended to be illustrative of the manner in which CNT can be systematically extended using this framework, rather than to be of direct experimental utility. Nevertheless, it is interesting to step back and ask what practical differences arise because of the generalizations. From equation (35), the nucleation rate depends on the energy barrier, the curvature of the energy surface at the critical cluster (via the Hessian term), the determinant of the matrix of kinetic coefficients and the unstable eigenvalue at the critical point. Examining the results given above, it is seen that neither generalization changes the energy of the critical cluster, nor its size for that matter. This is not surprising as the generalizations primarily concern the kinetics of the systems. More surprising is that the unstable eigenvalue is unaffected. The determinant of the matrix of kinetic coefficients appears twice in the expression for the nucleation rate and its effect mostly cancels, except for some trivial numerical factors. The one important difference comes from the curvature of the energy surface which is different for the ellipsoidal clusters, but not the moving clusters. In the ellipsoidal case, the most important effect is to change the overall kinetic factor in the rate, the equivalent of the Zeldovich factor, by multiplying it by \( \beta \Delta E \). While not trivial, such a change is minor compared to the importance of the exponential factor. These results help to understand the robustness of CNT.

### 4. Conclusions

CNT has long provided not only a mathematical model for nucleation allowing one to estimate nucleation rates and other physically interesting quantities, but also the language used to discuss nucleation: concepts such as the critical nucleus, the competition between surface tension and bulk free energy differences, etc. However, it is also severely limited in applicability due to the underlying assumptions of spherical clusters that are large compared to the growth units, slow growth and many others. As attention is increasingly drawn to problems that violate those assumptions—i.e. nanoscale processes, multistep nucleation—the obvious alternative is to turn to a more fundamental description such as kinetic theory or fluctuating hydrodynamics but the price paid is to lose contact with the familiar phenomenology and language. The goal of this paper has been to develop a bridge between these two levels of description that allows for the development of post-CNT models that are nevertheless grounded in the more microscopic approaches.

The structure of such a model, stochastic models with a deterministic driving force based on free energy gradients and a fluctuating force with amplitude determined by a FDR—could be guessed and is enough for the weak-noise limit. The requirement of covariance supplies additional information needed to generalize beyond weak noise. What is missing, and what cannot be guessed, are the kinetic coefficients—what has been called here, the metric—which govern the kinetics of the process. In the domain of CNT, the kinetics are usually thought to be of secondary importance since the exponential dependence of the nucleation rate on the free energy barrier dominates practical calculations. However, outside this domain the barriers become smaller and kinetics becomes more important. The main contribution of this work has been to clarify how the metric should be determined based on the parameterization of the density and how to then construct a self-consistent model.
The general framework has been illustrated first by recovering previous results for spherically-symmetric systems, which include CNT when reduced to a single order parameter. Then, two novel generalizations were developed—one for moving clusters and the second for ellipsoidal clusters. The latter in particular could be used as a basis for incorporating the effects of shear on nucleation. In any case, the goal here was not to delve too much into applications but, rather, to illustrate how such models can be developed with minimal heuristic input. The framework is equally applicable to homogeneous and heterogeneous nucleation if, in the latter case, the effect of inhomogeneities such as walls is accounted for via an external field acting on the system. Such a field, \( \phi(r) \) simply has the effect of adding a contribution to the coarse-grained free energy, \( F(x) \) of the form \( \int \rho(r; x) \phi(r) \, dr \).

The present work is theoretical in nature, the goal having been to develop the link between fluctuating hydrodynamics and more coarse-grained descriptions for the particular case of the over-damped dynamics. As such, no effort has been made to directly compare to simulation or to experiment. However, in previous work [20], a specific realization of these models have been studied in detail under the restriction of spherical symmetry and the results obtained shed new light on nucleation in general (e.g. it is found that even liquid–vapor nucleation is more complex than envisaged in CNT). In that study, the authors explored the model not only in the classical regime, but also under conditions of high supersaturation where kinetics become dominant and the classical behavior (even the necessity to pass through the critical cluster) is lost. The results presented here will allow such explorations to be performed without the need for the artificial constraint of spherical symmetry. Finally, the recent development of techniques for directly simulating nucleation using fluctuating hydrodynamics [28] opens the possibility for directly testing the coarse-grained models described here. In particular, one firm prediction (developed from the spherically-symmetric models but undoubtedly independent of that assumption) that the nucleation of liquid droplets from vapor begins with a long-wavelength density fluctuation and that the radius of the developing clusters are never smaller than a certain size is potentially directly testable using such methods.

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Appendix A. Proof of equation (24)

Using the completeness relation,

\[ \int \frac{\delta x^\alpha}{\delta \rho(r; x)} \frac{\delta x^\beta}{\delta \rho(r'; x)} \, dr = \delta_{\beta}^\alpha \]

the last term on the right in equation (23) could be reformulated as

\[ \int \frac{\partial \beta F(x)}{\partial x^\alpha} \frac{\delta x^\alpha}{\delta \rho(r; x)} \frac{\delta x^\beta}{\delta \rho(r'; x)} \, dr \]

\[ = \frac{\partial \beta F(x)}{\partial x^\alpha} \left[ \int \frac{\partial \rho(r; x)}{\partial x^\beta} \left( -\nabla \cdot \rho(r; x) \nabla \right) \, dr \right] \frac{\delta x^\alpha}{\delta \rho(r; x)} \frac{\delta x^\beta}{\delta \rho(r'; x)} \]

\[ = \frac{\partial \beta F(x)}{\partial x^\alpha} g^{\alpha\beta}(x) \frac{\partial \beta F(x)}{\partial x^\beta}. \]

The equation between the first and second lines also requires the completeness relations since if

\[ K^{\alpha\beta}(x) = \int \frac{\delta x^\alpha}{\delta \rho(r'; x)} \frac{\delta x^\beta}{\delta \rho(r'; x)} \, dr' \]

then

\[ \frac{\partial \rho(r; x)}{\partial x^\alpha} K^{\alpha\beta}(x) = \int \frac{\partial \rho(r; x)}{\partial x^\alpha} \frac{\delta x^\alpha}{\delta \rho(r'; x)} \frac{\delta x^\beta}{\delta \rho(r'; x)} \, dr' \]

\[ = \int \frac{\delta x^\beta}{\delta \rho(r'; x)} \frac{\delta x^\alpha}{\delta \rho(r; x)} \, dr' \]

\[ = \left( -\nabla \cdot \rho(r; x) \nabla \right) \frac{\delta x^\beta}{\delta \rho(r'; x)} \frac{\delta x^\alpha}{\delta \rho(r; x)} \]

(A4)
\[ \delta^3_i = \int \frac{\partial \rho(r; \mathbf{x})}{\partial \mathbf{x}^3} \frac{\delta \mathbf{x}^3_i}{\delta \rho(r; \mathbf{x})} d\mathbf{r} \]

\[ = \left( \int \frac{\partial \rho(r; \mathbf{x})}{\partial \mathbf{x}^3} \left( -\nabla \cdot \rho(r; \mathbf{x}) \nabla \right)^{-1} \frac{\partial \rho(r; \mathbf{x})}{\partial \mathbf{x}^3} d\mathbf{r} \right) \mathcal{K}^{\alpha \beta} \]

\[ = g_{\alpha \beta}(\mathbf{x}) \mathcal{K}^{\alpha \beta}(\mathbf{x}). \quad \text{(A5)} \]

So, \( K^{\alpha \beta} = g^{\alpha \beta} \) as claimed. Inserting this result into equation (23) gives for the weak-noise Lagrangian of the paramaterized paths

\[ \mathcal{L}(\mathbf{x}) = \frac{d\mathbf{x}_i^\alpha}{dt} g_{\alpha \beta}(\mathbf{x}) \frac{d\mathbf{x}_i^\beta}{dt} + \frac{1}{2} \frac{d\mathbf{x}_i^\alpha}{dt} \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^\alpha} + \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^\alpha} g^{\alpha \beta} \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^\beta} \]

\[ = \left( \frac{d\mathbf{x}_i^\alpha}{dt} + g^{\alpha \beta}(\mathbf{x}) \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^\beta} \right) \left( \frac{d\mathbf{x}_i^\beta}{dt} + g^{\alpha \beta}(\mathbf{x}) \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^\alpha} \right). \quad \text{(A6)} \]

**Appendix B. Deriving the SDE**

The SDE for the density is

\[ \frac{\partial \rho(t)}{\partial t} = D \nabla \cdot \rho(t) \nabla \left( \frac{\delta \beta F(\rho)}{\delta \rho(t)} \right) + \nabla \cdot \sqrt{2D \rho(t)} \xi(t) \quad \text{(B1)} \]

and we use the Stratanovich interpretation (recall that this model is actually Ito-Statonovich equivalent). If the density can be represented as

\[ \rho(t) = \rho(t; \mathbf{x}_i) \quad \text{(B2)} \]

then

\[ \frac{\partial \rho(t; \mathbf{x}_i)}{\partial t} \frac{d\mathbf{x}_i^\alpha}{dt} = D \nabla \cdot \rho(t; \mathbf{x}_i) \nabla \left( \frac{\delta \beta F(\rho)}{\delta \rho(t; \mathbf{x}_i)} \right) + \nabla \cdot \sqrt{2D \rho(t; \mathbf{x}_i)} \xi(t). \quad \text{(B3)} \]

Multiplying through by the appropriate operator gives

\[ \frac{\partial \rho(t; \mathbf{x}_i)}{\partial \mathbf{x}_i^3} \frac{d\mathbf{x}_i^3}{dt} = D \nabla \cdot \rho(t; \mathbf{x}_i) \nabla \left( \frac{\delta \beta F(\rho)}{\delta \rho(t; \mathbf{x}_i)} \right) + \nabla \cdot \sqrt{2D \rho(t; \mathbf{x}_i)} \xi(t). \quad \text{(B4)} \]

Integrating over the spatial coordinates yields

\[ -g_{\alpha \beta}(\mathbf{x}) \frac{d\mathbf{x}_i^\alpha}{dt} = D \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^3} + g_{\beta \alpha}(\mathbf{x}) \int_V q^\beta(r) \xi(r) d\mathbf{r}, \quad \text{(B5)} \]

where we have identified the metric in the space of parameters,

\[ g_{\beta \alpha}(\mathbf{x}_i) = -\int_V \frac{\partial \rho(t; \mathbf{x}_i)}{\partial \mathbf{x}_i^3} \nabla \cdot \rho(t; \mathbf{x}_i) \nabla \left( \frac{\delta \beta F(\rho)}{\delta \rho(t; \mathbf{x}_i)} \right) \frac{d\mathbf{x}_i^\alpha}{dt} d\mathbf{r}, \quad \text{(B6)} \]

and the parameterized free energy

\[ F(\mathbf{x}) = \beta F(\rho) \big|_{\rho(t; \mathbf{x}_i)}, \quad \text{(B7)} \]

and the noise amplitude is

\[ q^\beta_a(r) = g^{\beta \alpha}(\mathbf{x}_i) \frac{\partial \rho(t; \mathbf{x}_i)}{\partial \mathbf{x}_i^3} \nabla \cdot \sqrt{2D \rho(t; \mathbf{x}_i)} \frac{d\mathbf{x}_i^\alpha}{dt}. \quad \text{(B8)} \]

Writing this as

\[ \frac{d\mathbf{x}_i^\alpha}{dt} = -Dg^{\alpha \beta}(\mathbf{x}_i) \frac{\partial \beta F(\mathbf{x}_i)}{\partial \mathbf{x}_i^3} + \int_V q^\beta(r) \xi(r) d\mathbf{r} \quad \text{(B9)} \]
we note that the equivalent Fokker–Planck equation is
\[
\frac{\partial}{\partial t} P_t(x) = \frac{\partial}{\partial x^a} \left( g^{\alpha\beta}(x) D \frac{\partial^2 F(x)}{\partial x^a \partial x^b} + \frac{1}{2} q^{\alpha a}(x) \frac{\partial}{\partial x^a} \frac{\partial^2 F(x)}{\partial x^b} \right) P_t(x)
\] (B10)
(with an implied integration over the spatial coordinate). This can be written in anti-Ito form as
\[
\frac{\partial}{\partial t} P_t(x) = \frac{\partial}{\partial x^a} \left( g^{\alpha\beta}(x) D \frac{\partial^2 F(x)}{\partial x^a \partial x^b} - \frac{1}{2} \frac{\partial}{\partial x^a} \frac{1}{\det g(x)} \frac{\partial}{\partial x^b} \det g(x) \right) P_t(x)
\]
(B11)
Using the results below,
\[
\frac{\partial}{\partial t} P_t(x) = \frac{\partial}{\partial x^a} \left( g^{\alpha\beta}(x) D \frac{\partial^2 F(x)}{\partial x^a \partial x^b} - \frac{1}{2} \frac{\partial}{\partial x^a} \frac{1}{\det g(x)} \frac{\partial}{\partial x^b} \det g(x) \right) P_t(x)
\]
(B12)
with
\[
A^\alpha(x) = (g^{\alpha\beta}(x)g^{\gamma\delta}(x) - g^{\alpha\gamma}(x)g^{\beta\delta}(x))
\]
\[
\times \int \mathcal{D}\rho \frac{\partial}{\partial x^a} \left( \nabla \left[ (\nabla \cdot \rho(r; x)) \nabla^{-1} \frac{\partial \rho(r; x)}{\partial x^a} \right] \right) \left( \nabla \left[ (\nabla \cdot \rho(r; x)) \nabla^{-1} \frac{\partial \rho(r; x)}{\partial x^a} \right] \right)
\]
(B13)
Note that in this case, the former can be written as
\[
\frac{\partial}{\partial t} P_t(x) = \frac{\partial}{\partial x^a} \left( g^{\alpha\beta}(x) D \frac{\partial^2 F(x)}{\partial x^a \partial x^b} - \frac{1}{2} \frac{\partial}{\partial x^a} \frac{1}{\det g(x)} \frac{\partial}{\partial x^b} \det g(x) \right) P_t(x)
\]
(B14)
\[
= \frac{\partial}{\partial x^a} \left( g^{\alpha\beta}(x) D \frac{\partial^2 F(x)}{\partial x^a \partial x^b} + \frac{1}{2} A^\alpha(x) + g^{\alpha\beta}(x) - \frac{1}{2} \frac{\partial}{\partial x^a} \frac{1}{\det g(x)} \frac{\partial}{\partial x^b} \det g(x) \right) P_t(x)
\]
(B15)
\[
= \frac{\partial}{\partial x^a} \left( \frac{1}{2} A^\alpha(x) + \frac{1}{2} \frac{\partial}{\partial x^a} \frac{1}{\det g(x)} \frac{\partial}{\partial x^b} \det g(x) \right) P_t(x)
\]
(B16)
showing that if $A^\alpha$ is neglected, then a stationary solution is
\[
P(x) = \sqrt{\det g(x)} \exp(-\beta F(x)).
\] (B17)
The Fokker–Planck equation is equivalent to the anti-Ito sde
\[
\frac{dx^\alpha_t}{dt} = -D g^{\alpha\beta}(x_t) \frac{\partial F(x_t)}{\partial x^\beta_t} + \frac{1}{2} D g^{\alpha\beta}(x_t) \frac{1}{\det g(x_t)} \frac{\partial}{\partial x^\beta_t} \det g(x_t) - \frac{1}{2} \frac{1}{\sqrt{D}} q^{\alpha a}(x_t) \xi^a_t,
\] (B18)
where as usual $q^{\alpha a}(x_t)q^{\beta b}(x_t) = g^{\alpha\beta}(x_t)$. The Ito Fokker–Planck equation and sde are, respectively,
\[
\frac{\partial}{\partial t} P_t(x) = \frac{\partial}{\partial x^a} \left( g^{\alpha\beta}(x) D \frac{\partial^2 F(x)}{\partial x^a \partial x^b} - \frac{1}{2} \frac{\partial}{\partial x^a} \frac{1}{\det g(x)} \frac{\partial}{\partial x^b} \det g(x) \right)
\]
(B19)
\[
\frac{dx^\alpha_t}{dt} = -D g^{\alpha\beta}(x_t) \frac{\partial F(x_t)}{\partial x^\beta_t} + \frac{1}{2} D g^{\alpha\beta}(x_t) \frac{1}{\det g(x_t)} \frac{\partial}{\partial x^\beta_t} \det g(x_t)
\]
(B20)

**B.1. The noise auto-correlation**

The noise auto-correlation function is
\[
\int q^{\alpha a}(r) \left( \int q^{\beta b}(r') \delta(r - r') \, dr' \right) dr
\] (B21)
and it is understood that the operators act on everything to their right. Now, using the fact that the operator $(\nabla \cdot \rho(r; x) \nabla)^{-1}$ is self-adjoint, (i.e. for any two test functions $f(r)$ and $g(r)$ vanishing on $V$,
\[
\int_V f(r) (\nabla \cdot \rho(r; x) \nabla)^{-1} g(r) \, dr = \int_V g(r) (\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \, dr,
\] (B22)
as shown below in appendix B.2, one has that
\[
\int q_a^\beta (r') \delta (r - r') dr' \\
= - \int g^{\beta \gamma} (x) \frac{\partial \rho (r'; x)}{\partial \gamma} \langle \nabla' \cdot \rho (r'; x) \nabla' \rangle^{-1} \frac{\partial }{\partial r_a} \sqrt{2D \rho (r'; x)} \delta (r - r') dr' \\
= - g^{\beta \gamma} (x) \int \delta (r - r') \sqrt{2D \rho (r'; x)} \frac{\partial }{\partial r_a} \langle \nabla' \cdot \rho (r'; x) \nabla' \rangle^{-1} \frac{\partial \rho (r'; x)}{\partial \gamma} dr' \\
= - g^{\beta \gamma} (x) \sqrt{2D \rho (r; x)} \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma}.
\]  
(B23)

So
\[
\int_V \int_V q_a^\gamma (r) q_a^\delta (r') dr dr' \\
= \int_V \left( g^{\gamma \alpha} (x) \frac{\partial \rho (r; x)}{\partial \alpha} - \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \right) \\
\times \left( g^{\delta \beta} (x) \sqrt{2D \rho (r; x)} \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \right) dr \\
= 2D g^{\gamma \alpha} (x) g^{\delta \beta} (x) \int_V \frac{\partial \rho (r; x)}{\partial \alpha} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} dr \\
= \frac{2D g^{\gamma \alpha} (x) g^{\delta \beta} (x) g_{\alpha \beta} (x)}{2} \\
= \frac{2D g^{\gamma \alpha} (x)}{2}.
\]  
(B24)

We also need
\[
\int_V dr \ q_a^\gamma (r) \left( \frac{\partial }{\partial \alpha} \int_V dr' q_a^\beta (r') \delta (r - r') \right) \\
= - \int_V dr q_a^\gamma (r) \left( \frac{\partial g^{\beta \gamma}}{\partial \alpha} \sqrt{2D \rho (r; x)} \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \right) \\
- \int_V dr q_a^\gamma (r) g^{\beta \gamma} \left( \frac{\partial }{\partial \alpha} \sqrt{2D \rho (r; x)} \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \right) \\
- \int_V dr q_a^\gamma (r) \left( \frac{\partial g^{\beta \gamma}}{\partial \alpha} \frac{\partial }{\partial r_a} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \right).
\]  
(B25)

The first two terms follow directly from the previous calculation giving
\[
\int_V dr q_a^\gamma (r) \left( \frac{\partial }{\partial \alpha} \int_V dr' q_a^\beta (r') \delta (r - r') \right) \\
= 2D g^{\gamma \alpha} (x) \frac{\partial g^{\beta \gamma}}{\partial \alpha} (x) - g_{\gamma \alpha} (x) \\
- D g^{\beta \gamma} (x) g^{\alpha \gamma} (x) \int_V dr \ \frac{\partial \rho (r; x)}{\partial \alpha} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \\
- 2D g^{\alpha \gamma} (x) g^{\beta \gamma} (x) \int_V dr \ \frac{\partial \rho (r; x)}{\partial \gamma} \frac{\partial }{\partial \alpha} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma}.
\]  
(B26)

or
\[
\int_V dr q_a^\gamma (r) \left( \frac{\partial }{\partial \alpha} \int_V dr' q_a^\beta (r') \delta (r - r') \right) \\
= 2D g^{\gamma \alpha} (x) \frac{\partial g^{\beta \gamma}}{\partial \alpha} (x) - g_{\gamma \alpha} (x) \\
- D g^{\beta \gamma} (x) g^{\alpha \gamma} (x) \int_V dr \ \frac{\partial \rho (r; x)}{\partial \alpha} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma} \\
- 2D g^{\alpha \gamma} (x) g^{\beta \gamma} (x) \int_V dr \ \frac{\partial }{\partial \alpha} \langle \nabla \cdot \rho (r; x) \nabla \rangle^{-1} \frac{\partial \rho (r; x)}{\partial \gamma}.
\]  
(B27)
Thus
\[
\int_V \, \text{d}^3r \, q_a^\alpha(r) \left( \frac{\partial}{\partial x^\beta} \int_V \text{d}^3r' \, q_a^\beta(r') \delta(\mathbf{r} - \mathbf{r}') \right)
\]
\[
= -Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial \rho(r; x)}{\partial x^\beta} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')},
\]
\[
+ 2Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial^2 \rho(r; x)}{\partial x^\beta \partial x^\gamma} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}. \tag{B28}
\]

Using the symmetry of the metric,
\[
2Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial^2 \rho(r; x)}{\partial x^\beta \partial x^\gamma} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}
\]
\[
= Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial^2 \rho(r; x)}{\partial x^\beta \partial x^\gamma} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}
\]
\[
+ Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial^2 \rho(r; x)}{\partial x^3 \partial x^\gamma} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}
\]
\[
= Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial^2 \rho(r; x)}{\partial x^\beta \partial x^\gamma} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}
\]
\[
+ Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial \rho(r; x)}{\partial x^\beta} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}. \tag{B29}
\]

or
\[
=-Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \frac{\partial}{\partial x^\beta} g_{\gamma\beta}(x)
\]
\[
+ Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial \rho(r; x)}{\partial x^\beta} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}. \tag{B30}
\]

Putting these pieces together
\[
\int_V \, \text{d}^3r \, q_a^\alpha(r) \left( \frac{\partial}{\partial x^\beta} \int_V \text{d}^3r' q_a^\beta(r') \delta(\mathbf{r} - \mathbf{r}') \right)
\]
\[
= -Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial \rho(r; x)}{\partial x^\beta} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}
\]
\[
+ Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial \rho(r; x)}{\partial x^\beta} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}. \tag{B31}
\]

or
\[
\int_V \, \text{d}^3r \, q_a^\alpha(r) \left( \frac{\partial}{\partial x^\beta} \int_V \text{d}^3r' q_a^\beta(r') \delta(\mathbf{r} - \mathbf{r}') \right)
\]
\[
= -Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \frac{\partial}{\partial x^\beta} g_{\gamma\beta}(x)
\]
\[
+ Dg^{\alpha\gamma}(x)g^{\gamma\beta}(x) \int_V \, \text{d}^3r \frac{\partial \rho(r; x)}{\partial x^\beta} \left( \nabla \cdot \rho(r; x) \nabla \right) \delta(\mathbf{r} - \mathbf{r}') \left( \nabla \cdot \rho(r; x) \nabla \right) \frac{1}{\delta(\mathbf{r} - \mathbf{r}')}. \tag{B32}
\]
More symmetrically,
\[
\int_V \frac{d}{dx} \, \frac{d}{dx'} \, \left( \int_V \frac{d}{dx} \, \frac{d}{dx'} \, \delta(r-r') \right) = -Dg^{\alpha\gamma}(x)g^{\beta\delta}(x) \frac{\partial}{\partial x} \frac{\partial}{\partial x'} + D(g^{\alpha\beta}(x)g^{\gamma\delta}(x) - g^{\alpha\gamma}(x)g^{\beta\delta}(x)) \\
\times \int_V \frac{d}{dx} \frac{\partial}{\partial x} \left( \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] - \frac{\partial}{\partial x} \left[ \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] \right] \right) \cdot \left( \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] - \frac{\partial}{\partial x} \left[ \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] \right] \right)
\]
(B33)

or finally
\[
\int_V \frac{d}{dx} \, \frac{d}{dx'} \, \left( \int_V \frac{d}{dx} \, \frac{d}{dx'} \, \delta(r-r') \right) = -Dg^{\alpha\gamma}(x)g^{\beta\delta}(x) \frac{\partial}{\partial x} \frac{\partial}{\partial x'} \det g(x) + D(g^{\alpha\beta}(x)g^{\gamma\delta}(x) - g^{\alpha\gamma}(x)g^{\beta\delta}(x)) \\
\times \int_V \frac{d}{dx} \frac{\partial}{\partial x} \left( \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] - \frac{\partial}{\partial x} \left[ \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] \right] \right) \cdot \left( \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] - \frac{\partial}{\partial x} \left[ \nabla \left[ \nabla \cdot \rho(r; x) \nabla \right] \right] \right)
\]
(B34)

B.2. Proof of self-adjointness

To prove that the inverse operator is self-adjoint, consider two arbitrary test functions \( f(r) \) and \( g(r) \),
\[
\int_V f(r) \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \, dr = \int_V \left[ (\nabla \cdot \rho(r; x) \nabla)(\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \right] \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \, dr \]
\[
= -\int_V \left[ \rho(r; x) \nabla (\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \right] \cdot \nabla \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \, dr
\]
(B35)

provided the surface term vanishes,
\[
0 = \int_{\partial V} \rho(r; x) \left[ (\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \right] \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \cdot dS.
\]
(B36)

Then a second integration by parts gives
\[
\int_V f(r) \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \, dr = -\int_V \left[ \rho(r; x) \nabla (\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \right] \cdot \nabla \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \, dr
\]
\[
= \int_V \left[ (\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \right] \left( \nabla \cdot \rho(r; x) \nabla \right)^{-1} g(r) \, dr
\]
(B37)

which is the desired result assuming another boundary term vanishes,
\[
0 = -\int_{\partial V} \left[ (\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) \right] \rho(r; x) \nabla (\nabla \cdot \rho(r; x) \nabla)^{-1} g(r) \cdot dS.
\]
(B38)

The vanishing of both boundary terms follows from the no-flux boundary condition which can be formulated as follows. Define
\[
(\nabla \cdot \rho(r; x) \nabla)^{-1} f(r) = \phi_f(r)
\]
\[
(\nabla \cdot \rho(r; x) \nabla)^{-1} g(r) = \phi_g(r)
\]
(B39)

so that
\[
(\nabla \cdot \rho(r; x) \nabla) \phi_f(r) = f(r)
\]
\[
(\nabla \cdot \rho(r; x) \nabla) \phi_g(r) = g(r)
\]
(B40)

and the boundary terms can be written as
\[
\int_{\partial V} \rho(r; x) \phi_g(r) [\nabla \phi_f(r)] \cdot dS - \int_{\partial V} \phi_f(r) \rho(r; x) \nabla \phi_g(r) \cdot dS
\]
(B41)
but the no-flux boundary condition says that

$$\left[ \nabla \phi_f (\mathbf{r}) \right] \cdot \mathbf{dS} = \left[ \nabla \phi_x (\mathbf{r}) \right] \cdot \mathbf{dS} = 0$$

(B42)

on the surface.

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