Current state of enteric methane and the carbon footprint of beef and dairy cattle in the United States

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Implications

- Livestock are a critical part of worldwide communities and do emit greenhouse gases from these activities.
- There are several methods to measure enteric methane emissions from livestock and there are limitations and benefits with these methods.
- There are several methods including diet additives/modification as well as genetic selection methods that show promise for mitigation of enteric emissions from livestock.
- There are growing methods of how emissions are modeled that may further expand the understanding of the role of livestock in greenhouse gas emissions that include life-cycle assessments.

Key words: carbon footprint, carbon sequestration, environmental impact, greenhouse gas

Introduction

Livestock is an integral part of societies worldwide and contributes to a host of human activities beyond food production, including income, heritage, insurance, labor, and culture. Livestock’s positive contributions to society are contrasted by environmental impacts, which include greenhouse gas (GHG) emissions, biodiversity loss, and natural resource depletion, among others. Though environmental impacts of ruminant livestock production extend beyond GHG emissions (Rotz, 2020), considerable effort has been dedicated specifically to quantifying and mitigating enteric methane (CH₄) emissions from beef and dairy cattle, which is the focus of this review.

The primary sources of GHGs in livestock systems are enteric CH₄, CH₃CN, and nitrous oxide (N₂O) from manure handling and management, and N₂O from feed production. Total GHG emissions are reported on a CO₂-equivalent (CO₂e) basis and represent the sum of all GHGs standardized to a common unit by weighting each gas to a global warming potential (GWP). GWPs weighting factors were defined by the Intergovernmental Panel on Climate Change (IPCC). For example, the GWP of carbon dioxide (CO₂), CH₄, and N₂O have been computed as 1, 28, and 265, respectively, to represent their relative warming potential for a 100-yr period relative to CO₂ (EPA, 2020).

Agriculture contributes about 10% of total U.S. GHG emissions (Figure 1). Livestock contributes about 4% of total U.S. GHG emissions, excluding emissions from feed production and fuel use (IPCC, 2014).
Emissions from enteric fermentation and manure management (direct emissions) represent about 41% of agriculture’s total GHG emissions, measured in CO$_2$ equivalents, which means the aggregation of all emissions (Figure 2). Thus, while direct livestock contributions to the U.S. total GHG emissions are relatively small, they are directly responsible for 38% of U.S. CH$_4$ emissions and 4% of U.S. N$_2$O emissions.

In this review, we provide a high-level overview of the current state of enteric CH$_4$ research in beef and dairy systems. First, we discuss common methods of measuring enteric CH$_4$ emissions. Second, we discuss modeling individual enteric CH$_4$ emissions. Third, we highlight current trends in feed additive mitigation research, with a brief discussion of the potential for soil carbon sequestration to offset carbon emissions from ruminant livestock. Last, we offer comments on how models and life-cycle assessments (LCA) can be used to extrapolate from animal emissions to broader farm, regional, and supply chain contexts.

Measuring Enteric Methane Emissions from Ruminant Livestock

There are many methods for directly measuring enteric CH$_4$ from ruminant livestock, each with its strengths and weaknesses (Hammond et al., 2016; Jonker and Waghorn, 2020). Currently, widely accepted techniques for measuring enteric CH$_4$ emissions are respiration chambers (i.e., the “gold standard”), the sulfur hexafluoride (SF$_6$) tracer method (Johnson et al., 1994), and an automated head-chamber system (GreenFeed System; C-Lock Inc., Rapid City, SD). Irrespective of the method, calibration, and recovery, tests are required for method development and routine operations (Hammond et al., 2016). All three methods can measure enteric CH$_4$ emissions from individual animals (or “point-source” measurements) and require an acclimation and/or training period. Deciding which technique to use depends on the experimental objectives, available resources, the research team’s experience, and the experimental environment.

When researchers are interested in collecting highly accurate measures of enteric including hindgut CH$_4$ emissions from a single to a few animals in a confinement environment, and where ample resources (highly skilled operators, time, and funds) are available, they may find respiration chambers well suited. However, while chambers provide highly accurate measures under these conditions, they are also more disruptive to animal behavior, have decrease feed consumption, and are not representative of open-air environments (Gunter and Cole, 2016). Both the SF$_6$ and GreenFeed systems are suitable for measuring emissions in open-air environments (e.g., feedlots, barns, or pastures) and for a larger number of animals (Gunter and Cole, 2016). However, neither of these methods capture hindgut emissions, and only the GreenFeed system can capture diel variation through spot sampling, as the SF$_6$ air-collection method is integrative and diel variations of emissions are not divisible.

When a project calls for a greater number of samples at a lower cost than respiration chambers or sampling in an open-air environment, the SF$_6$ method provides a suitable alternative. This method still requires a skilled operator to ensure precision and can be highly variable, as measurements are influenced by background gas concentrations (which may be of concern if used inside barns; Hammond et al., 2016), sample collection rate (Deighton et al., 2014a), reticulo-rumen environment (Deighton et al., 2014b), and cannulation (Beauchemin et al., 2012). Following the modified SF$_6$ protocol (Deighton et al., 2014a) and avoiding the use of cannulated animals if possible, or increasing their number if unavoidable, can help to reduce
some of the experimental error associated with this method. Characterization of the influence of the reticulo-rumen environment, which may vary with diet and genetics, on CH4 sampling using the modified SF6 method is the next step in further refining the SF6 method (Deighton et al., 2014b).

Finally, the GreenFeed system presents an alternative to the SF6 method for sampling in open-air environments (Gunter and Beck, 2018). This system has also been successfully used in pen-feeding situations (Huhtanen et al., 2019). However, as sampling requires voluntary visitation to the head chamber by the animal and animals may choose not to visit, sampling with the GreenFeed system requires more animals sampled over longer time periods and need to be carefully timed throughout the day to collect enough samples to accurately quantify and account for daily patterns in enteric CH4 emissions (Hammond et al., 2015, 2016).

Modeling Enteric Methane Emissions from Ruminant Livestock

While direct measurements of enteric CH4 emissions are ideal, collecting these data can be expensive and time-consuming. Mathematical models can be used as a complement to experimental data to predict enteric CH4 emissions or mitigation potential of emerging innovations or to extend the analysis beyond the animal or farm boundaries (Rotz, 2018; Tedeschi, 2019). Models can be classified in the following ways:

- Empirical: based on statistical correlations between variables
- Mechanistic: based on underlying causal relationships
- Static: represents a single point in time
- Dynamic: represents change over time
- Deterministic: represents all variables as constants
- Stochastic: includes variability in model parameters

Although models can be used to extrapolate findings or reduce the cost of research, like experimental methods, mathematical models vary in their suitability for a particular application, the accuracy and precision of their estimates, and their ease of use. A number of models have been developed to predict enteric CH4 emissions, among other variables, each with varying specificity and accuracy across species and production environments (e.g., Mills et al., 2003; Kebreab et al., 2008, 2019; Dougherty et al., 2017, 2019; Niu et al., 2018; Benaouda et al., 2019; Van Amburgh et al., 2019; Tedeschi and Fox, 2020; Hansen et al., 2021). Enteric CH4 prediction equations range from simple correlations with nutrient intake to a mechanistic and dynamic representation of carbohydrate and protein digestion and absorption over time.

Empirical models are well suited for use in conditions similar to those in which they were developed, as their results are specific to those contexts. They are also useful when input data or resources are limited. Predictions from these models outside of the conditions in which they were developed should be interpreted with caution. While convenient, these models will not provide the same level of nuance offered by mechanistic models. For practical applications or where more detailed input data and resources are available, mechanistic models may be a more appropriate choice. However, due to their complexity, engagement with an expert user is recommended to ensure the model is correctly parameterized and applied. Scaling results beyond the animal to the farm or region can be completed.

Figure 2. U.S. agricultural GHG emissions by activity (EPA, 2020).
using process-based, whole-farm models, which represent all operations within the boundary of a farm or ranch (e.g., the Integrated Farm System Model [IFS M]; Rotz et al., 2018), the Ruminant Farm Systems Model (Hansen et al., 2021).

Nutritional and Genetic Opportunities for Mitigating Enteric Methane Emissions from Ruminant Livestock

Across diets, dry matter intake drives ruminal methanogenesis, but diet composition is also critically important. As such, much of the mitigation literature has focused on nutritional interventions (Beauchemin et al., 2008, 2020; Caro et al., 2016), though some reviews have also covered reproductive, genetic, and management interventions (Hristov et al., 2013a, 2013b; Wattiaux et al., 2019; Uddin et al., 2020), including grazing beef systems (Thompson and Rowntree, 2020). Therefore, this section provides a high-level highlight of emerging, promising mitigation approaches from nutrition perspectives.

Feed additives

Many novel feed additives designed to reduce ruminal methanogenesis are currently being tested (Honan et al., 2021); however, mostly in vitro and, therefore, still require in vivo and system-scale evaluation. In addition to requiring validation in vivo, questions about the practicality and safety of some products may prevent widespread commercial use. One novel CH₄ inhibitor that has gained recognition in recent years for successful short-term mitigation is 3-nitroxypropanol (3-NOP). 3-NOP has been shown to reduce CH₄ emissions in dairy cattle by 20% to 40% (Lopes et al., 2016; Melgar et al., 2020a, 2020b, 2021), with greater reductions in dairy than beef cattle (Dijkstra et al., 2018).

Studies in dairy cattle suggest that this decrease is achieved with no change in milk yield and little to no effects on milk composition (Lopes et al., 2016; Melgar et al., 2021). While variability exists across studies, generally, increasing 3-NOP dose decreases CH₄ emissions, though the effect is mitigated by dietary factors, including dietary fiber content (Dijkstra et al., 2018).

Plant-based products (e.g., condensed tannins, saponins, and essential oils) can also serve as CH₄ inhibitors (Tedeschi et al., 2021). Most phytochemicals also have beneficial functions in the gastrointestinal tract of ruminants beyond reducing CH₄ production (e.g., anthelmintic and antioxidant properties) that may increase productive efficiency (Provenza and Villalba, 2010; Tedeschi et al., 2021) and play important ecological roles in wild and working lands (Villalba et al., 2019). Essential oils such as oregano and thyme have received attention in the past decade with demonstrated in vitro methane mitigation potential at high concentrations, but the translation to in vivo effects has proven difficult due to inhibition of rumen function and animal productivity at high feeding levels (Benchaar and Greathhead, 2011). One novel plant-based product that has recently received special attention is *Asparagopsis taxiformis* (seaweed), which was shown to reduce emissions by as much as 98% (Kinley et al., 2020). However, additional research regarding the feasibility and sustainability of seaweed as a feed additive is needed to answer critical questions related to the production of required quantities and bromoform stability and its long-term effects on productivity, reproduction, animal health, and welfare (Stefenoni et al., 2021).

Advancing the potential for 3-NOP, seaweed, and phytochemical feed additives to serve as CH₄ mitigators at the commercial scale requires additional research addressing the practicality, scalability, and safety of their widespread use. For phytochemicals that have demonstrated in vitro CH₄ mitigation potential and have documented ecological and antimicrobial benefits, additional in vivo and systems-level research quantifying potential benefits, co-benefits, synergisms among different plant-based products and tradeoffs of their use for enteric CH₄ mitigation is needed.

Genetic selection

Perhaps less studied, genetic selection may play direct and indirect roles in reducing enteric CH₄ emissions. Methane emissions from livestock have been indicated as moderately heritable, with heritability estimates ranging from 0.12 to 0.45 (Basarab et al., 2013; Beauchemin et al., 2020). Selection can occur through breed choice, parent selection for trait improvement, or heterosis. While direct selection for enteric CH₄ mitigation is unlikely, reductions in enteric CH₄ emissions are more likely to come from indirect selection and management decisions, for example, through combinations between genetic selection for nutrient utilization and longevity, forage characteristics, and management practices (Knapp et al., 2014). Selection programs to improve feed utilization and efficiency in livestock are attractive options for potentially mitigating enteric CH₄ emissions but must be balanced with other important outcomes (e.g., longevity). Other promising opportunities include epigenetic control mechanisms or the possibility of integrating desirable genetic material into individuals using gene editing. Despite acquiring enormous quantities of genomic information and associated knowledge to date, we are only approaching the beginnings of understanding these data, which may be used to inform genetic selection approaches that directly or indirectly mitigate enteric methane emissions (Pickering et al., 2015; Koltes et al., 2019).

An undervalued approach is a management decision to match breed type to local conditions (Provenza, 2008). Especially in beef and dairy production, many breeds are used in regions for which they are clearly not adapted, potentially reducing productive efficiency. Matching breed with environment and management has positive implications for productive efficiency, potentially reducing enteric CH₄ emissions per unit of product (Knapp et al., 2014). However, one barrier to the implementation of this management strategy is that producers are rewarded economic incentive based on animal performance and carcass quality attributes rather than the animal’s effect on or interaction with the ecosystem which can limit utilization of more adapted breeds.

Due to its influence on improving animal performance, heterosis may be a more immediate genetic approach to reducing enteric CH₄ emissions per unit of product and potentially broader environmental impact concerns for an industry comprised of...
fewer (with respect to numbers of animals) production units, for example, the U.S. beef production system. More concentrated industries, such as dairy, poultry, or pork, may be able to utilize genetic selection programs with indirect impacts on reducing enteric CH$_4$ emissions per unit product to a greater extent, even for traits with low heritability, due to the vertically integrated nature of the industry and faster genetic turnover.

**Broadening the Scope: From Enteric Methane Emissions to Carbon Footprints**

**A role for carbon sequestration?**

While not a direct enteric CH$_4$ mitigation strategy, soil carbon sequestration has received increasing attention as a potential climate change mitigator, with ruminant livestock playing a role as graziers of grasslands worldwide (Teague et al., 2016; Fargione et al., 2018; Bossio et al., 2020). Globally, we have lost an estimated 133 Pg of soil carbon due to agricultural activity (Figure 3; Sanderman et al., 2017). With great loss comes great opportunity; as grasslands cover approximately half of the terrestrial surface, they remain an enormous soil carbon reservoir with the potential for sequestering additional carbon (Sanderman et al., 2017).

Soil organic carbon sequestration potential is highly context-specific and varies across ecoregions (McSherry and Ritchie, 2013). Drivers of soil carbon content and sequestration are climate, soil texture, and management history. Grazing management changes may also alter the productive capability and direct CH$_4$ emission of a grassland, potentially with implications for decreased CH$_4$ emissions per unit of product but not in all cases (Savian et al., 2018; Thompson and Rowntree, 2020). In some cases, improved herbage utilization efficiency has resulted in increases in absolute CH$_4$ emission by the grazing system (Savian et al., 2018).

It has been posited that grasslands that are sequestering carbon eventually reach a new soil carbon equilibrium, this convention has been contested recently in some regions, with a long-term grazing experiment in appropriately grazed vs. non-grazed grasslands (Liebig et al., 2010; Rowntree et al., 2020) and an on-farm chronosequence study of a multi-species grazing livestock operation showing continual soil carbon accrual (Rowntree et al., 2020). As drivers of long-term soil carbon accrual continue to be identified, at least in the short term, soil carbon sequestration may reduce the carbon footprint of livestock production, though some change in management is required to stimulate this process (Stanley et al., 2018). The long-term permanence of sequestered carbon varies across soil types and has implications for soil carbon sequestration as a potential long-term mitigation opportunity for livestock production systems (Cotrufo et al., 2019). Accurately measuring soil carbon sequestration, permanence, and change over time, however, is difficult and has significant uncertainty (Jandl et al., 2014). Achieving a greater understanding of soil organic matter dynamics and carbon sequestration across ecological regions, management, and soil depths is critical to understanding the potential long-term contribution of carbon sequestration to reducing the carbon footprint of livestock production systems (Cotrufo et al., 2019).

While soil carbon sequestration may offset carbon emissions from livestock production, from another perspective, land use for agriculture necessarily incurs tradeoffs with sustaining biodiversity in natural ecosystems as well as the carbon sequestration and other ecosystem services provided by those ecosystems. The potential for carbon sequestration to offset emissions from livestock production systems, therefore, must be matched with considerations for the “carbon opportunity

**Figure 3.** Global distribution of modeled soil organic carbon (SOC; Mg C ha$^{-1}$) change in the top 2 m. The legend is a histogram of SOC loss (Mg C ha$^{-1}$), with positive values indicating loss and negative values depicting gains in SOC. Figure adapted from Sanderman et al. (2017).
cost” of land use—or the opportunity for land to store carbon if not used for agriculture (Hayek et al., 2021).

**LCA and carbon footprints**

Carbon footprints (or the sum of all GHG emissions weighted by their relative radiative forcing, per unit of product) are often used to evaluate the potential climate impact of products and have increasingly been applied to livestock production systems in the last couple of decades (de Vries and de Boer, 2010; de Vries et al., 2015; Mcclelland et al., 2018). Carbon footprints put the contribution of enteric CH$_4$ emissions from the animal (and thus, potential mitigation strategies) in the context of a farm, region, or supply chain. They are calculated using the LCA methodology.

LCA is an accounting methodology for quantifying the impacts of goods and services over their full life cycle: from raw material extraction through production, processing, transport/distribution, consumption, and disposal. Environmental impacts related to human health, resource use, and ecosystem damage can be assessed with LCA (e.g., global warming, water consumption, or ecotoxicity, among others). As LCA was designed to evaluate industrial processes, applying it to agricultural systems presents some challenges: the necessary data required to complete an LCA are often unavailable from a single farm or ranch, and uncertainty in environmental flows in agroecological systems can complicate the collation of required “inventory” data. In addition, many of the standard impact assessment frameworks available only provide spatially and temporally integrated characterization (e.g., eutrophication factors are only readily available at continental scale) and cannot provide accurate, locally relevant environmental impact estimates. The ability of LCA to quantify biodiversity and ecosystem impacts is also limited despite ongoing research in the area (Teillard et al., 2016). Process-based models are sometimes used to fill gaps in life cycle inventory data and address these spatiotemporal limitations (e.g., Kim et al. (2019) used inventory data partially supplied by IFSM to conduct an LCA of changes in dairy management practices in the northeastern United States). Despite these limitations, LCA remains the best available approach to calculating product life cycle environmental impacts. Methodologies to overcome the aforementioned challenges are rapidly evolving; for example, there are new spatially and temporally specific characterization factors for water scarcity (Boulay et al., 2020).

**Global warming potential**

Integrating enteric CH$_4$ emissions with total GHG produced by livestock systems requires standardizing emissions for multiple gases across multiple sources. To accomplish this, IPCC developed the aforementioned GWP, or “carbon footprint” metric. The GWP characterizes the heat absorbed by a GHG relative to the amount of heat that would be absorbed by CO$_2$ over a pre-specified time horizon, divided by the system’s total output. Thus, GWP converts the climate contribution of different GHGs such as CH$_4$ or N$_2$O into a common scale referred to as CO$_2$-equivalents (CO$_2$e) and is used to evaluate potential climate impacts from various sources. When applied to an evaluation of U.S. milk production, this method enabled the estimation of a national carbon footprint of about 2.1 kg CO$_2$e per kilogram of milk consumed, wherein 25% of the footprint...
was attributed to enteric CH₄, 23% to manure CH₄ and N₂O, and 19% to fuel and fertilizer emissions from the feed production phase (Thoma et al., 2013). Transportation represented about 8% of the total footprint.

The GWP metric is time-integrated and relates the radiative forcing of one pulse emission of GHG to a pulse emission of CO₂ over a chosen time horizon: 100 or 20 yr in the case of GWP₁₀₀ or GWP₂₀, respectively (Myhre et al., 2013). The GWP₁₀₀ is calculated based on a time horizon of 100 yr and is the current universal standard GHG metric. The GWP₂₀ metric is under criticism for the use of short-lived climate pollutants (SLCP) like CH₄, because it does not completely account for the fact that CH₄ is both produced and destroyed (Pierrehumbert, 2014; Lynch et al., 2020).

Methane is constantly being removed from the atmosphere by a process called hydroxyl oxidation (Figure 4). If CH₄ emissions exceed the amount being oxidized, global warming will occur. However, if CH₄ emissions are less than oxidation, then temporary cooling should occur. Therefore, it is the rate of change in CH₄ emissions over time that determines its climate impact through its effect on atmospheric concentration. A related metric that accounts for this dynamic is the GWP* (Allen et al., 2018). The GWP* better accounts for SLCPs like CH₄. Instead of converting GHG emissions to CO₂e, which is always positive, it equates the climate impacts from a one-step permanent change of an SLCP emission to that caused by a one-off “pulse” change of CO₂ (CO₂ warming-equivalent; CO₂we). Therefore, CO₂we can be either positive or negative to indicate the “warming” or “cooling” of the temperature compared with 20 yrs ago, related to an increase or decrease of CH₄, respectively. Lynch et al. (2020) compared GWP₁₀₀ and GWP* across emission scenarios and showed that GWP* accounts for the influence of atmospheric CH₄ dynamics on climate impacts, whereas GWP₁₀₀ assumes all CH₄ emissions contribute to warming, thus overestimating climate impacts when emissions are constant or decreasing. This is of great importance to the U.S. livestock sector, where national beef and dairy inventories are either constant or shrinking.

**Summary**

Technological interventions for reducing enteric CH₄ from beef and dairy systems abound. Respiration chambers enable researchers to obtain highly accurate enteric CH₄ measurements from controlled environments, whereas SF₆ and GreenFeed systems present opportunities for measuring emissions in open-air environments. Several resources are available to aid researchers in method selection, depending upon the intended application. Currently, 3-NOP appears to be a promising inhibitor for enteric CH₄ production, with seaweed garnering additional interest. Evaluation of the practicality, feasibility, long-term mitigation potential, and long-term effects on productivity, reproduction, and animal health of feed additives is critical to identifying commercially relevant CH₄ mitigation options. As plant phytochemicals have potential animal health and ecological co-benefits in addition to being potential CH₄ mitigators, they should be studied from interdisciplinary, system approaches. Beyond the animal, soil carbon sequestration presents a potential opportunity for reducing the carbon footprint of ruminant livestock production systems, at least in the short term.

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Jasmine A. Dillon, PhD, has been an Assistant Professor of Beef & Dairy Agroecosystems at Colorado State University since 2019. Her current work includes evaluation of the environmental footprints of livestock production systems using life cycle assessment (LCA) and simulation modeling. Current projects include assessing climate vulnerabilities, potential for net-zero, and impacts of longevity on environmental footprints of dairy production systems, and developing methods for incorporating ecosystem services and social impacts into LCA of beef production systems. She completed her BS in Animal Science from Texas A&M in 2011 and MS in Animal Breeding from Texas A&M in 2013. She earned her PhD in Animal Science from The Pennsylvania State University in 2019, where she worked closely with the USDA Agricultural Research Service’s Pasture Systems & Watershed Management Research Unit to evaluate environmental footprints and eco-efficiency of northeastern grass-fed beef production systems. **Corresponding author:** jasmine.dillon@colostate.edu

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