Comorbid infections induce progression of visceral leishmaniasis

Angela J. Toepp1,2, Glória R. G. Monteiro3, José F. V. Coutinho3, Adam Leal Lima1,2, Mandy Larson1,2, Geneva Wilson1,2, Tara Grinnage-Pulley1,2, Carolyne Bennett1,2, Kuryai Mahachi1,2, Bryan Anderson1,2, Marie V. Ozanne4, Michael Anderson1,2, Hailie Fowler1,5, Molly Parrish1,2, Kelsey Willardson1,2, Jill Saucier6, Phyllis Tyrell6, Zachary Palmer7, Jesse Buch6, Ramaswamy Chandrashekar6, Grant D. Brown4, Jacob J. Oleson4, Selma M. B. Jeronimo3 and Christine A. Petersen1,2,5*

Abstract

Background: Visceral leishmaniasis (VL) is a vector borne zoonotic disease endemic in humans and dogs in Brazil. Due to the increased risk of human infection secondary to the presence of infected dogs, public health measures in Brazil mandate testing and culling of infected dogs. Despite this important relationship between human and canine infection, little is known about what makes the dog reservoir progress to clinical illness, significantly tied to infectiousness to sand flies. Dogs in endemic areas of Brazil are exposed to many tick-borne pathogens, which are likely to alter the immune environment and thus control of L. infantum.

Results: A cross-sectional study of 223 dogs from an area of Natal, in the Rio Grande do Norte, Brazil, were studied to determine the association between comorbid tick-borne disease and Leishmania infection in this endemic area. The risk of Leishmania seropositivity was 1.68× greater in dogs with tick-borne disease seropositivity compared to those without (Adjusted RR: 1.68, 95% CI: 1.09–2.61, P = 0.019). A longitudinal study of 214 hunting dogs in the USA was conducted to determine the causal relationship between infection with tick-borne diseases and progression of VL. Hunting dogs were evaluated three times across a full tick season to detect incident infection with tick-borne diseases. A logistic regression model with generalized estimating equations to estimate the parameters was used to determine how exposure to tick-borne disease altered VL progression over these three time points when controlling for other variables. Dogs infected with three or more tick-borne diseases were 11× more likely to be associated with progression to clinical VL than dogs with no tick-borne disease (Adjusted RR: 11.64, 95% CI: 1.22–110.99, P = 0.03). Dogs with exposure to both Leishmania spp. and tick-borne diseases were five times more likely to die during the study period (RR: 4.85, 95% CI: 1.65–14.24, P = 0.0051).

Conclusions: Comorbid tick-borne diseases dramatically increased the likelihood that a dog had clinical L. infantum infection, making them more likely to transmit infection to sand flies and people. As an important consequence, reduction of tick-borne disease exposure through topical or oral insecticides may be an important way to reduce progression and transmissibility of Leishmania infection from the canine reservoir to people.

Keywords: Tick-borne diseases, Canine leishmaniosis, Risk-factor, Progression
Background

Vector borne zoonotic diseases remain important public health concerns across the globe. No infection occurs in isolation, instead comorbid infection(s) can alter the inflammatory state and subsequently disease outcome [1]. *Leishmania* spp. are obligate intracellular protozoan parasites which cause a spectrum of diseases, ranging from focal cutaneous lesions to visceralizing disease, endemic within 98 countries across the globe [2]. Visceral leishmaniasis (VL), caused by zoonotic *L. infantum*, affects nearly 300,000 people each year and leads to more than 30,000 deaths annually. In South America, *L. infantum* is transmitted both vertically and via phlebotomine sand flies, most commonly *Lutzomyia longipalpis* [3–5]. In Brazil alone there are more than 3000 new human cases of visceral leishmaniasis each year, with many more likely cases unreported [6]. Disease prevalence in the residents of Natal directly echoes seropositivity of dogs in the area [7], highlighting that disease is often maintained in the canine reservoir and is spread via sand flies to nearby people.

VL is enzootic in Brazil's dog population, the domestic reservoir of *L. infantum*. Similar to other locations with zoonotic VL [8–10], infected dog ownership remains a significant risk factor predisposing humans to infection [11]. Seroprevalence of canine leishmaniasis (CanL) in Natal has been reported to be between 20–33% [7, 12]. Because of the important role of dogs as a domestic reservoir for *L. infantum* in Brazil, current federal public health policy dictates that household dogs are tested for *L. infantum* via a serological snap test and if positive are required to be donated for euthanasia by the Center of Zoonoses (CDZ) euthanizes dogs found to be seropositive for CanL and the Centro de Controle de Zoonoses (CDZ) euthanizes dogs found to be seropositive for CanL on two tests in accordance with Ministry of Health guidelines.

Methods

Study design: Brazil

Two hundred twenty-three dogs were enrolled in a cross-sectional study of household dogs to determine the seroprevalence of tick-borne co-infections with *Leishmania* spp. in peri-urban areas of Natal, Rio Grande do Norte, Brazil [21, 22]. All dogs were visually assessed by veterinarians and tested serologically for exposure to *Anaplasma* spp., *Ehrlichia* spp. and *Leishmania* spp. All dogs were included in the study with no restrictions. All dogs in the study had similar outdoor exposures and no active intervention for CanL. This is an area, like much of Brazil, where active surveillance is performed to diagnose CanL and the Centro de Controle de Zoonoses (CDZ) euthanizes dogs found to be seropositive for CanL on two tests in accordance with Ministry of Health guidelines.

Study design: USA

Two hundred eleven dogs, a subset from a block-randomized, double-blinded, placebo-controlled, vaccine trial, were followed longitudinally over a ten-month period (Additional file 1: Figure S1) [23]. Dogs were tested for leishmaniosis via qPCR, DPP* CVL assay [24], and a physical exam. Dogs were tested via qPCR and serology for tick-borne disease co-infections.
Dogs were included in the study if they were older than 6 months of age, not pregnant and not clinically ill with leishmaniasis or any tick-borne disease at the time of study enrollment. All enrollment criteria are the same as our field vaccine trial described in Toepp et al. [25]. Beyond vaccination, which was a covariate analyzed in the present studies, no additional interventions were in place to reduce CanL.

**Leishmania status: Brazil**

Exposure to *Leishmania* spp. was determined through three different serological tests. The Dual Path Platform® Canine Visceral Leishmaniasis (DPP® CVL) assay was used to detect exposure to *Leishmania* spp. [26]. Two enzyme-linked immunosorbent assays (ELISA) were performed to also identify *Leishmania* exposure. These two assays targeted recombinant k39 or soluble *Leishmania* antigens (SLA). Dogs were initially identified as *L. infantum*-seropositive for univariate analyses if they tested positive on any of these serological assays (DPP®CVL assay, SLA ELISA or k39 ELISA), with additional analyses using the diagnostic step-wise procedure of DPP with confirmative serology to indicate *L. infantum*-positivity [26].

**Leishmania status: USA**

Quantitative polymerase chain reaction and the Dual Path Platform® Canine Visceral Leishmaniasis (DPP® CVL) assay were utilized to determine the *Leishmania* molecular and serological status of dogs in the USA. qPCR and DPP® CVL was performed as in [24].

**Physical examination: Brazil**

Veterinarians assessed through visual examination whether dogs had signs of VL. This included onychogryphosis, cachexia, apathy and physical wounds. Blood and serum samples were collected in ethylenediaminetetraacetic acid tubes and stored at -80 °C. Serum was stored at -20 °C.

**Physical examination: USA**

A veterinarian completed all physical exams. Caretakers provided information on recent travel and hunting activities, use for breeding, and any notable change in the dog’s overall health since last visit. If a dog died between visits, a caretaker provided information regarding history of observed clinical signs prior to death. When possible, a full necropsy was performed by a member of the veterinary study team to confirm cause of death with tissue samples submitted for confirmatory *Leishmania* qPCR. Clinical signs of leishmaniasis included: lymphadenopathy, spleno- and hepatomegaly, epistaxis, alopecia, characteristic macular or papular skin lesions, poor hair coat, cachexia as measured by low body condition score compared to rest of group, conjunctivitis, and onychogryphosis [27, 28].

**Outcomes: Brazil**

The objective of the study in Brazil was to determine how exposure to co-infection with tick-borne diseases is associated with exposure to *Leishmania* spp. In order to assess this relationship *Leishmania* spp. exposure was the main outcome.

**Outcomes: USA**

The objective of the study was to determine how exposure to co-infection with tick-borne diseases affect the progression of leishmaniosis. In order to assess clinical progression of leishmaniosis, dogs were given a clinical score; a combination of VL signs count, DPP®CVL, and qPCR for *Leishmania*. Dogs with three or more clinical signs for VL who tested positive via DPP®CVL and/or qPCR for *Leishmania* were identified as polysymptomatic for CanL. Dogs with two or less clinical signs positive for DPP®CVL and/or qPCR were classified as asymptomatic. Dogs negative for both DPP®CVL and qPCR were classified as negative for CanL. As leishmaniosis is an immunosuppressive disease that is fatal if untreated [29, 30] mortality was assessed during the ten-month study. All-cause mortality was defined as mortality for any reason. Licensed veterinarians established leishmaniasis-related deaths by previous *Leishmania*-specific diagnostic results, history, and clinical signs as well as immediate cause of death (kidney failure etc.).

**Measurement of tick co-infections: Brazil**

Serum from dogs were tested for antibody responses to *Ehrlichia ewingii* and *Ehrlichia canis*, *Anaplasma phagocytophilum* and *Anaplasma platys*, *Borrelia burgdorferi* and *Dirofilaria immitis* antigen via the IDEXX SNAP® 4Dx® Plus Test. Longitudinal study and confirmation by IDEXX via ELISA was not possible for the Brazil arm of this work, given the need to euthanize any dog that was serologically positive at the (CDZ) in accordance with the Ministry of Health, Brazil.

**Measurement of tick co-infections: USA**

Overall the method of establishing tick-borne disease exposure was the same between the two studies, IDEXX SNAP® 4Dx® Plus Test. Blood from dogs was tested via qPCR for the following tick-borne disease co-infections by IDEXX laboratories: *Babesia canis vogeli*, *Babesia gibsoni*, *Babesia conradae*, *Bartonella* spp., *Rickettsia* spp., *Hepatozoon americanum*, *Hepatozoon canis*, *Ehrlichia canis*, *Ehrlichia chaffeensis*, *Ehrlichia ewingii*, *Anaplasma platys* and *Anaplasma phagocytophilum*. Confirmatory serological testing was performed via ELISA for: speciation for *Ehrlichia* spp.
canis, Ehrlichia chaffeensis and Ehrlichia ewingii; speciation for Anaplasma platys and Anaplasma phagocytophilum; speciation for Babesia gibsonii; Borrelia burgdorferi. ELISA results were used for this longitudinal study.

USA data management
All blood and serum samples were obtained and stored with unique barcode identifiers. All dog names and matching barcode identifier numbers were securely stored on a password-protected network drive in Microsoft Excel spreadsheets and Research Electronic Data Capture, an electronic data capture tool, hosted by University of Iowa, only accessible to a designated research team member, to maintain unbiased physical examination and diagnostic testing.

Statistical analyses: Brazil
Univariate analyses were performed to determine association between demographic variables and Leishmania spp. seropositivity. Pearson’s chi-square test or Fisher’s exact test were utilized to assess categorical variables. D’Agostino & Pearson normality test was performed to determine whether the age variable had a normal distribution. Upon identifying a non-normal distribution the Mann-Whitney test was used to assess age. Logistic regressions were performed to assess the association between tick-borne disease exposure and Leishmania spp. seropositivity controlling for sex, breed, physical appearance and tick serostatus. Older age, male sex, and breeds including Boxers, Italian Spinones,Corsicas, Foxhounds and Beagles have all been shown to have higher risk for Leishmania infection and disease progression [7, 30, 31]. Physical signs of leishmaniosis were included in the regression model to evaluate a correlation between clinical attributes and diagnostic positivity [23, 25]. As the Brazilian Ministry of Health recommends the use of two serological tests to confirm Leishmania spp. seropositivity we included an additional regression analysis utilizing these more stringent recommendations. Statistical analyses were performed using SAS 9.4 (SAS Institute, Cary, NC, USA), Graph Pad Prism 6 (GraphPad Software Inc., La Jolla, CA, USA), and ArcGIS (Esri, Redlands, CA, USA). Statistical significance was defined as P-values at or below 0.05.

Statistical analyses: USA
Demographic variables sex and age were compared against clinical leishmaniasis status (Leish+/Leish-) using Pearson’s chi-square test of independence. Previous research in our laboratory identified the average age at mortality as six years of age. Age was therefore categorized as dogs six years of age or younger or older than six. Since the observed and expected counts for age (≤ 6 years of age/> 6 years of age) were very small, we used Fisher’s exact test instead. Odds ratios were computed along with the corresponding 95% confidence intervals (CI). To further evaluate the association between serological positive tick-borne co-infections and the development of clinical leishmaniosis, a logistic regression was performed with clinical leishmaniosis status as outcome variable. All variables with a P-value of less than 0.1 from the univariate analyses were included in the logistic regression as predictor variables. In addition, sex and age were assessed as explanatory variables as both male sex and older age have been reported as potential risk factors related to CanL [7, 32]. Vaccine status was included as a potential explanatory variable as vaccination could reduce disease progression of CanL [25, 31]. Therefore, sex, age, region, vaccine status and number of serologically positive tick-borne diseases were used as explanatory variables with the outcome of interest as polysymptomatic CanL. Dogs that did not progress to polysymptomatic disease were considered controls.

Dogs that began the study as negative or asymptomatic for either tick-borne or CanL disease were included in this analysis. In the USA, the main route of transmission of CanL is vertical transmission. Due to this route of transmission, dogs are exposed to Leishmania in utero. While both qPCR and serological tests provide mostly accurate identification of dogs positive for infection/exposure L. infantum, there is still the potential for a false negative diagnostic test result. Dogs that began the study as negative and then became positive later may either have had a parasite load/immune response that was below detection during the first time-point or they may have been a true diagnostic false negative. If dogs diagnostically negative at enrollment but living in highly exposed groups were all excluded, the analysis would be biased to only include dogs that were potentially more ill. This would overestimate the true effect of tick exposure upon disease progression.

As this model utilizes longitudinal data, generalized estimating equations (GEE) were used to estimate regression model. An exchangeable correlation matrix structure and logit link function were utilized. Due to the low prevalence of CanL in this population, the rare disease assumption, which states that in cases of rare diseases the odds ratio and relative risk ratio are equivalent, was satisfied and odds ratios were reported as relative risk ratios [33]. Last observation carried forward was used for serological status if dogs died throughout the study and an endpoint leishmaniosis status identified due to mortality. Statistical analyses were performed using SAS 9.4 (SAS Institute, Cary, NC, USA), Graph Pad Prism 6 (GraphPad Software Inc., La Jolla, CA, USA), and ArcGIS (Esri, Redlands, CA, USA). Statistical significance was defined as P-values at or below 0.05.
Results

Brazil study demographics

Understanding risk factors associated with disease progression and increased transmission are important for any public health control program aimed at reducing transmission from canine reservoirs to people. We performed a cross-sectional study of household dogs around Natal, Brazil, to determine the frequency and association of exposure to tick-borne diseases and the outcome of seropositive *L. infantum* infection. Blood/serum samples were collected from 223 dogs within a lower socioeconomic area of Natal, Brazil. Age and breed information was collected from dog owners. The average age was 2.5 years-old with a range from 3 months to 13 years (Table 1). Only a quarter of dogs were identified by veterinarians as showing visible signs of VL. The most common sign was onychogryphosis (17%), other signs were seen in less than 10% of dogs. Tick-borne disease exposure was high. *Ehrlichia* spp. was the most common tick-borne disease exposure. *Leishmania* spp. seropositivity was high with 50% of dogs testing seropositive on one or more tests (Fig. 1a).

To better understand the association between tick-borne disease exposure and *Leishmania* infection in Brazilian dogs, a univariate analysis assessing each demographic variable in relationship to the outcome of *Leishmania* spp. seropositivity was performed (Table 2). Our previous research has shown with a cohort of 130 dogs from the USA that when using ELISA as a gold standard, the sensitivity and specificity of the DPP®CVL is 73% and 80%, respectively [24]. Furthermore, several additional studies corroborate these findings and have shown that these type of diagnostic tests correlate [34–37]. Therefore, DPP®CVL assay results were used as a proxy for *Leishmania* spp. seropositivity in this analysis. The risk of positive *Leishmania* spp. serostatus based on tick-borne disease exposure was statistically significant. The risk of *Leishmania* spp. seropositivity was significantly greater among dogs with any tick exposure vs dogs with no tick exposures (RR: 1.55, *P* = 0.0135) (Fig. 1b, c).

**Tick-borne disease exposure is significantly associated with *Leishmania* spp. exposure in a dose-dependent manner**

We performed a logistic regression assessing the outcome of seropositivity for *Leishmania* spp. using the number of tick-borne disease exposures, age, sex, breed, appearance of onychogryphosis, cachexia, physical wounds, or apathy as covariates (Table 3). Only dogs with complete data for all explanatory variables were included in the analysis (included 208/223 dogs). Dogs exposed to *Ehrlichia* spp. and *Anaplasma* spp. were 2.69× more likely to also be seropositive for *Leishmania* spp. (Adjusted RR: 1.68, 95% CI: 1.09–2.61, *P* = 0.019) than dogs not exposed to tick-borne disease. Dogs seropositive for *Ehrlichia* spp. alone or *Anaplasma* spp. alone were also statistically significantly more likely to be seropositive for *Leishmania* spp. than non-tick-borne disease seropositive dogs (Adjusted RR: 1.60, 95% CI: 1.04–2.45, *P* = 0.032). Using the Brazilian Ministry of Health guidelines, i.e. reactivity on two serological tests as seropositive for *Leishmania* spp., dogs seropositive for one tick-borne disease were at a significantly higher risk of being *Leishmania* spp.-seropositive (Adjusted RR: 4.86, 95% CI: 1.16–20.3, *P* = 0.030) (Table 3). This significant association indicates that dogs from northeastern Brazil exposed any tick-borne disease are more likely to be seropositive for *Leishmania*.

Longitudinal study of tick-borne co-infection in *L. infantum*-infected dogs

Based on these findings in Brazilian dogs, indicating that there was substantial exposure to tick-borne diseases, and that this exposure increased the risk of seropositive VL, we were interested in learning whether this was a causal relationship. Specifically, we wanted to test in a

| Variable Value, n (%) | Variable Value, n (%) |
|-----------------------|-----------------------|
| Sex, n (% male)       | 115 (51.57)           |
| Age, mean ± SD (range) (years) | 2.48 ± 2.16 (0.25–13.00) |
| Breed, n (% mixed breed) | 188 (90.38)          |
| Appearance            |                       |
| Onychogryphosis       | 40 (17.94)            |
| Cachexia              | 19 (8.52)             |
| Wounds/skin lesions   | 18 (8.07)             |
| Apathy                | 4 (1.79)              |
| None                  | 171 (76.68)           |

Table 1 Demographics of Brazil cross-sectional study cohort

Abbreviation: SD standard deviation
setting where dogs were already infected with *L. infantum* how exposure to tick-borne diseases altered the risk of progression to CanL. As we have access to a large cohort of USA dogs infected *in utero* with *L. infantum* [4, 38] and highly exposed to tick-borne diseases, we used this group of dogs to follow longitudinal exposure to tick-borne disease and progression with VL. Two hundred eleven dogs were enrolled in a longitudinal nested case-control study stemming from a larger vaccine trial [25]. Dogs positive for a tick-borne infection via the 4DXSnap Plus test were on average 4.53 years-old with a standard deviation of 2.05 years, while dogs that were identified as tick disease-negative were slightly younger (3.80 years, SD 2.41 years, Table 4). No significant differences between age groups based on tick serology or age group based on sex were identified (Additional file 1: Figure S2). A univariate analysis of dogs that progressed to symptomatic disease, diagnostically positive with two or more clinical signs, vs those that did not, was performed. This analysis showed that dogs with historical exposure to two or more tick-borne disease co-infections via ELISA were 3.39 times more likely to have clinical signs for leishmaniosis (95% CI: 1.174–9.413, *P* = 0.0381). It was also seen that dogs older than six years of age were 3.62 times more likely to have clinical signs (95% CI: 1.427–8.715, *P* = 0.0055) (Table 5).

**Tick-borne disease exposure was significantly associated with clinical leishmaniosis**

To establish the effect of tick-borne disease on the outcome of CanL controlling for all other important variables, a logistic regression analysis was performed on the longitudinal data. Only dogs that began the study as negative or asymptomatic for CanL were included in this analysis to address progression; 203 dogs were included. Ehrlichiosis, Lyme disease, anaplasmosis and CanL have some overlapping clinical signs [38–40]. Due to this, only dogs identified as polysymptomatic for leishmaniosis, three or more clinical signs specific to leishmaniosis, were considered as having progressed to CanL. Adjusting for other variables and using a more stringent definition for clinical CanL, dogs with three or more tick-borne diseases have 11 times greater odds of being polysymptomatic for leishmaniosis than dogs with no exposure to tick-borne diseases (Adjusted Relative Risk, ARR: 11.65, 95% CI: 1.22–110.99, *P* = 0.033) (Table 6). We found that this association was dose dependent; exposure to more tick-borne diseases increased the risk of progression to clinical CanL within the time of the study, an important feature in indicating a causal relationship. The odds of being polysymptomatic for CanL were 7.69 times greater for dogs exposed to three tick-borne diseases

---

**Table 2** Univariate analysis of study cohort variables based on *Leishmania* serostatus. Pearson’s chi-square test and ANOVA were used to analyze categorical variables where appropriate.

| Variable                          | *Leishmania+* | *Leishmania-* | *P*-value |
|-----------------------------------|---------------|---------------|-----------|
| Sex, n (% male)                   | 54 (24.2)     | 61 (27.6)     | 0.5686    |
| Age, mean ± SD (range) (years)    | 2.45 ± 1.81   | 2.50 ± 2.45   |           |
| Breed, n (% mixed breed)          | 11 (5.29)     | 9 (4.33)      | 0.6392    |
| Appearance, n (%)                 |               |               |           |
| Onychogryphosis                   | 21 (19.4)     | 19 (16.5)     | 0.3691    |
| Cachexia                          | 8 (7.41)      | 11 (9.57)     |           |
| Physical wounds                   | 9 (8.33)      | 9 (7.83)      |           |
| Apathy                            | 0 (0)         | 4 (3.48)      |           |
| None                              | 81 (75)       | 90 (78.3)     |           |
| Tick disease exposure, n (%)      |               |               |           |
| *Ehrlichia* alone                 | 88 (81.5)     | 76 (66.1)     | 0.0290    |
| *Anaplasma* alone                 | 39 (36.1)     | 35 (30.4)     |           |
| *Anaplasma* + *Ehrlichia*         | 39 (36.1)     | 34 (29.6)     |           |
| None                              | 20 (18.5)     | 38 (33.0)     |           |

Notes: Age differences assessed via Mann-Whitney test. *Leishmania+* are dogs that tested positive via the DPP®CVL assay. *Leishmania-* are dogs that tested negative via the DPP®CVL assay.

Abbreviation: SD standard deviation.
Abbreviations: CI, confidence interval; dz, disease

**Table 3** Dogs seropositive for a tick-borne disease are more likely to be seropositive for *Leishmania*. Parameter estimates were determined using logistic regression

| Variable | Leish+ (n = 16) | Leish- (n = 195) | RR | P-value |
|----------|-----------------|------------------|----|---------|
| Age, % ≤ 6 years old | 62.50 | 87.09 | 3.62 | 0.0055 |
| Sex, % male | 43.75 | 51.79 | 0.7418 | 0.5360 |

**Notes:** Explanatory variables controlled for in the model were age, region, sex and vaccine status. Only significant variables are shown

**Table 4** Demographics of longitudinal study cohort. Combined IDEXX SNAP® 4DX® test results for antibody against *Ehrlichia ewingii* and *Ehrlichia canis*, *Anaplasma phagocytophilum* and *Anaplasma platys*, *Borrelia burgdorferi*, and antigen to *Dirofilaria immitis*

| Variable | IDEXX SNAP® 4DX® + (exposed) | IDEXX SNAP® 4DX® - (unexposed) |
|----------|-----------------------------|-----------------------------|
| No. | 62 | 149 |
| Age, % ≤ 6 years-old | 79.03 | 88.51 |
| Sex, % male | 50.00 | 51.68 |

**Table 5** Univariate analysis of factors leading to CanL from longitudinal study

| Variable | Leish+ (n = 76) | Leish- (n = 505) | RR | P-value |
|----------|-----------------|------------------|----|---------|
| Age, % ≤ 6 years old | 53.0 | 87.81 | 5.93 | <0.0001 |
| Sex, % male | 43.75 | 51.79 | 0.7418 | 0.5360 |

**Notes:** Leish+, showing 2 or more clinical signs of canine leishmaniasis; Leish-, showing less than two clinical signs of canine leishmaniasis or negative for *L. infantum* via qPCR or DPP®CVL assay; RR, unadjusted relative risk

**Table 6** More exposure to multiple tick-borne diseases leads to worse CanL. Multiple logistic regression with outcome defined as polysymptomatic leishmaniosis; dogs diagnostically positive for *Leishmania infantum* with three or more specific signs for leishmaniosis

| Variable | Adjusted relative risk | 95% CI | P-value |
|----------|------------------------|-------|---------|
| Age | < 6 years-old vs older | 8.50 | 2.22–32.51 | 0.0018 |
| Region | Mid-west vs other | 11.78 | 1.79–77.57 | 0.010 |
| Serology (no. of tick-borne dz) | | | |
| 1 vs 0 | 1.49 | 0.29–7.79 | 0.630 |
| 2 vs 0 | 1.44 | 0.25–8.40 | 0.690 |
| 3 vs 0 | 11.65 | 1.22–110.99 | 0.033 |
| 3 vs 1 | 7.69 | 1.39–43.48 | 0.020 |
| 3 vs 2 | 8.33 | 1.01–66.67 | 0.049 |
| 2 vs 1 | 1.04 | 0.27–3.96 | 0.950 |

**Notes:** Explanatory variables controlled for in the model were age, region, tick serological status (positive vs negative), sex and vaccine status. Only significant variables are shown

**Abbreviations:** CanL, canine leishmaniosis; CI, confidence interval; dz, disease
between progression of clinical CanL after exposure to tick-borne diseases, we were interested to see how dogs diagnostically positive for *Leishmania* spp. and positive via ELISA for a tick-borne disease compared to those without these exposures in terms of all-cause mortality. Dogs diagnostically positive for *Leishmania* spp. and positive via ELISA for a tick-borne disease were 4.85 times more likely to die than those that negative for both (RR: 4.85, 95% CI: 1.65–14.24, *P* = 0.0051). When controlling for age, this relationship remained significant in dogs that were six years of age or younger (4.74 times more likely to die from all causes within one year (RR: 4.74, 95% CI: 1.32–16.88, *P* = 0.027)). This significant association between tick-borne disease exposure and CanL outcome or mortality can also be seen graphically (Fig. 2).

*Ehrlichia* spp. and *Anaplasma* spp. cause most common tick-borne disease in dogs with clinical CanL

The most common tick-borne infection was *Babesia* spp. with an overall average seroprevalence of 31.65%. When evaluating dogs with clinical CanL (two or more clinical signs), *Ehrlichia* spp. and *Anaplasma* spp. were the most common tick-borne disease agent exposures among dogs with clinical CanL, of note also the two most common tick-borne disease agent exposures in Brazil as well. *Leishmania* spp. while only found in 17–20% of the study cohort depending on the time of the year was the most common exposure/infection found within dogs that died with more than 50% of the dogs that died being diagnostically positive for *Leishmania* spp. The second most common was *Babesia* spp. present in 27% of dogs that died (Table 7).

Other tick-borne infections

*Bartonella* spp. and *Rickettsia* exposure was found in the longitudinal study cohort as well. Three dogs were positive for *Bartonella* spp. infection via PCR at enrollment. All dogs were male, under the age of six, two of the dogs were from eastern USA, and one was from the Midwest. One dog of these dogs was also exposed to *Anaplasma* spp. and *Ehrlichia* spp.; another to *Anaplasma* spp., *Borrelia burgdorferi*, and *Babesia* spp., and one dog had been exposed to *Anaplasma* spp. and *Babesia* spp. The two dogs that tested positive for *Rickettsia* spp. via PCR tested positive in August were male and under the age of six from the Eastern USA. One dog was exposed to *Anaplasma* spp., *Borrelia burgdorferi* and *Leishmania* spp. The other dog was exposed to both *Borrelia burgdorferi* and *Leishmania* spp.

Discussion

Co-infections can increase disease severity as is seen in both canine and human patients in Brazil with co-infections in addition to *Leishmania* infection [41, 42]. In Brazil, people infected with both *Leishmania* and human immunodeficiency virus (HIV) had increased mortality [43, 44], much like dogs in this study with tick coinfection and CanL. A similar trend was seen in human patients with Lyme disease and babesiosis co-infection [45–47]. Increased disease severity and pathogenicity was found in patients co-infected with *Leishmania* and intestinal helminths [48]. Malnutrition is also a risk factor of leishmaniasis stressing the importance of understanding these diseases within areas of lower socio-economic status where malnutrition is common [49]. In canine patients, higher morbidity and mortality between vector borne diseases was observed in multiple case reports.
and experimental infection studies including co-infection with *Anaplasma* spp. and *Ehrlichia* spp. as well as *Babesia* spp. and *Leishmania* spp. [50, 51]. Recent studies in Europe have identified significant associations between CanL and other vector borne diseases [18, 20, 52]. These studies have been limited by greater complication of establishing temporality when there is vector borne transmission [7]. Most, if not all, dogs in the longitudinal USA study were vertically exposed to leishmaniosis, with limited exposure after gestation. This greatly improves the ability to know what disease came first [3, 4, 38]. Other routes of transmission have been suggested including sexual transmission or a possible role of ticks in transmission. As ticks are not biological vectors for *L. infantum*, as compared to sand flies, their only role could be in mechanical transmission and multiple incomplete feedings by a tick. There is no evidence that supports tick-borne transmission of *L. infantum*.

The aim of this study was to determine whether there is a significant, causal relationship between tick-borne disease exposure and the development of VL in dogs, the domestic reservoir for infection in Brazil. We found that having multiple tick-borne co-infections, which was common in Brazilian dogs, significantly increased the risk of CanL progression. This relationship was dose-dependent, i.e. the more tick-borne co-infections a dog had, the higher the risk of CanL progression and mortality. Ninety-two percent of dogs with clinical leishmaniosis were positive for a tick-borne disease and 58% of dogs with clinical leishmaniosis were positive for two or more tick-borne diseases. Thirty-three percent of dogs that died had two or more co-infections. These results provide epidemiological evidence that co-infection with a tick-borne disease may offset the delicate balance within the immune system during *Leishmania infantum* infection. Based on these findings, in many endemic/enzootic areas, times of great tick-borne disease prevalence could potentially drive the occurrence of more *L. infantum* parasiticen dogs and greater *L. infantum* transmission to people. Conversely, based on this causal relationship between tick-borne disease exposure and clinical CanL, controlling tick-borne disease may also control CanL.

*Ehrlichia* spp. and *Anaplasma* spp. were the most common tick-borne disease exposures within dogs that progressed to clinical disease found in over 40% of the dogs. This could be because *Ehrlichia* spp. can infect macrophages and can lead to remarkable proinflammatory then regulatory immunity disrupting the Th1 response needed for control of CanL [53–56]. Once inside phagocytes *Ehrlichia* spp. can downregulate IL-12, important for activation of CD4 T cells to release IFN-γ important in upregulating macrophage killing to remove *Ehrlichia* spp. and *Leishmania infantum* [57, 58]. *Ehrlichia* spp. can reduce autophagy allowing bacteria and *Leishmania* spp. to continue growing and replicating within the cell [59]. These co-infections have been shown to alter host immunity in ways that would allow *L. infantum* infection to thrive within phagocytes leading to clinical disease.

This study highlights the need to address reducing tick-borne disease exposure and co-infection rates in order to reduce clinical progression and its important correlate, transmission of *Leishmania infantum*. Xenodiagnosis studies addressing CanL transmission to the sand flies suggested that clinically apparent dogs were more likely to transmit *L. infantum* to the sand flies [60–62]. If tick-borne disease prevention and treatments can be utilized to reduce leishmaniosis disease progression, there may also be a correlation in reducing of *Leishmania infantum* transmission. These aspects need to be addressed for control and elimination of the disease in both human and animal populations.

This study was limited in the length of time of follow-up. Additional studies following dogs for a longer period would allow evaluation of long-term effects of tick exposure over multiple seasons. Loss to follow up was also a limitation of the study as dogs were lost to follow-up for many reasons including drafting and retirement, which limited the ability to identify all dogs that became clinically ill. The loss to follow up likely lead to an underestimation of the true association, as dogs that were drafted were likely underperforming potentially due to illness.

### Conclusions

Significant associations between exposure to tick-borne infectious agents and progression of CanL were found in this study. These findings will require additional immunological studies to identify the specific immune mechanisms of how tick-borne diseases affect progression of CanL. Future studies could lead to targets for potential treatments and immunotherapies based on the loss of immunoregulation that may be associated with tick-borne coinfection during CanL. Based on the association of tick-borne disease with CanL progression, tick prevention and risk management could be realistic tools to reduce the seroprevalence of CanL within hunting dogs.

### Table 7 Distribution of co-infections among dogs with clinical leishmaniosis and that died

| Tick-borne exposure | % also CanL | % all-cause mortality |
|---------------------|-------------|-----------------------|
| *Anaplasma* spp.    | 41.67       | 20.00                 |
| *Babesia* spp.      | 50.00       | 26.67                 |
| *Borreliia burgdorferi* | 33.33   | 13.33                 |
| *Ehrlichia* spp.    | 41.67       | 20.00                 |
| *Leishmania* spp.   | 100         | 53.33                 |

Notes: *Leishmania infantum* positive status was determined as any dog that was diagnostically positive via qPCR or is measured by either DPP® CVL assay or PCR-positive. Clinical leishmaniosis was determined as dogs with 2 or more clinical signs for leishmaniosis and a diagnostic positive test results on qPCR and/or DPP® CVL.
Acknowledgements
The authors would like to thank the Centro de Controle de Zoonoses of Rio Grande do Norte for their assistance throughout this project and IDEXX Laboratories Inc. for providing the IDEXX SNAP® 4Dx® Plus Test. We would also like to thank the owners of the hunting dogs for their participation in this study and multiple veterinarians for helping us obtain the samples upon which this work is based; Rachel Westerlund, Jane Jeffries, Caitlin Cotter, Radhika Sharpure, George Seier, Marvin Beeman, and many others for providing us support during these studies.

Funding
This work was funded by grant D16CA-517 from the Morris Animal Foundation with support from the Masters of Foxhounds Association Foundation and by R01 TW 010500 through the Fogarty International Center of the US National Institutes of Health. Neither of the funding agencies had a role in the study design or manuscript preparation.

Availability of data and materials
The data supporting the conclusions of this article are included within the article and its additional file. The full dataset is available at https://www.researchgate.net/publication/330260113_Tick_borne_disease_associated_with_progression_of_Can_L_Petersen_lab_IDEXX_data

Authors’ contributions
AJT performed conceptualization/methodology, investigation, formal analysis, manuscript writing and figure development. KM performed formal analysis; GW TGP, CB, MA, HF and MP performed investigation, BA performed investigation and formal analysis, ALL, GRGM, JFVC, KW, JS, PT and ML performed investigation, ZIP performed figure development, JB performed investigation and assisted with methodology, RC assisted with conceptualization/methodology. JJJ assisted in conceptualization/methodology and analysis development. GDB and MVO assisted in methodology and analysis development. SBM provided conceptualization/methodology, investigation and editing of the manuscript. CAP provided conceptualization/methodology, investigation, writing and editing of the manuscript. All authors read and approved the final manuscript.

Ethics approval
All dogs were enrolled with informed consent from their caretakers and all protocols followed were approved by the University of Iowa Institution Animal Care and Use Committee (IACUC) an AAALAC accredited institution and the Universidade de Federal de Rio Grande do Norte Committee for Ethical Use of Animals (CEUA) following the requirements for the US National Institutes of Health Office of Laboratory Animal Welfare Assurances which operates under the 2015 reprint of the Public Health service Policy on Humane care and Use of Laboratory Animals.

Consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

Publisher’s Note
Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Additional files

**Additional file 1: Figure S1.** US Hunting dog longitudinal study timeline. Dogs were sampled three times designated by up and down arrows, over a tick season. Peak tick season for all kennel locations is designated by black. The bridge to tick season, dependent on seasonal variation and geographic location, is shown in grey. **Figure S2.** Age and sex distribution of dogs based on tick-borne disease exposure at enrollment. Tick exposure based on SNAP® 4Dx® Plus Test. **a** Age distribution. **b** Sex distribution. Abbreviation: CanL: canine leishmaniosis; qPCR: quantitative polymerase chain reaction; RR: risk ratio; ARR: adjusted risk ratio; OR: odds ratio; CI: confidence interval. (ZIP 212 kb)

Author details
1Department of Epidemiology, College of Public Health, University of Iowa, Iowa City, Iowa 52242, USA. 2Center for Emerging Infectious Diseases, University of Iowa Research Park, Coralville, Iowa 52241, USA. 3Institute of Tropical Medicine of Rio Grande do Norte, Federal University of Rio Grande do Norte, Natal, RN 59078-970, Brazil. 4Department of Biostatistics, College of Public Health, University of Iowa, Iowa City, Iowa 52242, USA. 5Immunology Program, Carver College of Medicine, University of Iowa, Iowa City, Iowa 52242, USA. 6IDEXX Laboratories Inc., One IDEXX Drive, Westbrook, Maine 04092, USA. 7Department of Geographical and Sustainability Sciences, College of Liberal Arts & Sciences, University of Iowa, Iowa City, Iowa 52242, USA.

Received: 16 July 2018 Accepted: 13 January 2019
Published online: 23 January 2019

References
1. Vorou RM, Papavassiliou VG, Tsiodras S. Emerging zoonoses and vector-borne infections affecting humans in Europe. Epidemiol Infect. 2007;135:1231–47.
2. Alvar J, Velez ID, Bern C, Herrera M, Desjeux P, Cano J, et al. Leishmaniasis worldwide and global estimates of its incidence. PLoS One. 2012;7:e35671.
3. Grinnage-Pulley T, Scott B, Petersen CA. A mother’s gift: congenital transmission of Trypanosoma and Leishmania species. PLoS Pathog. 2016;12:e1005302.
4. Boggiatto PM, Gibson-Corley KN, Metz K, Gallup JM, Hostetter JM, Mullin K, et al. Transplacental transmission of Leishmania infantum as a means for continued disease incidence in North America. PLoS Negl Trop Dis. 2011;5:e1019.
5. Ximenes MF, Castellon EG, de Souza MF, Freitas RA, Pearson RD, Wilson ME, et al. Distribution of phlebotomine sand flies (Diptera: Psychodidae) in the state of Rio Grande do Norte, Brazil. J Med Entomol. 2000;37:162–9.
6. de Melo EC, Fortaleza CM. Challenges in the therapy of visceral leishmaniasis in Brazil: a public health perspective. J Trop Med. 2013;2013:319234.
7. Lima ID, Lima ALM, Mendes-Aguiar CO, Coutinho JFV, Wilson ME, et al. Changing demographics of visceral leishmaniasis in northeast Brazil: lessons for the future. PLoS Negl Trop Dis. 2018;12:1:e0006164.
8. Aoun Q, Mary C, Roqueplo C, Marie JL, Terrier O, Levieuge A, et al. Canine leishmaniosis in south-east of France: screening of Leishmania infantum antibodies (western blotting, ELISA) and parasitaemia levels by PCR quantification. Vet Parasitol. 2009;166:27–31.
9. Biglino A, Bolla C, Concaldi E, Trisiuciglio A, Romano A, Ferroglio E. Asymptomatic Leishmania infantum infection in an area of northwestern Italy (Piedmont region) where such infections are traditionally nonendemic. J Clin Microbiol. 2010;48:131–6.
10. Hajarian H, Mohebali M, Marnishi S, Vasighihe F, Oshaghi MA, Naddaf SR, et al. Molecular identification and polymorphism determination of cutaneous and visceral leishmaniasis agents isolated from human and animal hosts in Iran. BioMed Res Int. 2013;2013:789326.
11. Lima ALM, de Lima ID, Coutinho JFV, de Sousa U, Rodrigues MAG, Wilson ME, et al. Changing epidemiology of visceral leishmaniasis in northeastern Brazil: a 25-year follow-up of an urban outbreak. Trans R Soc Trop Med Hyg. 2017;111:1440–7.
12. Queiroz PV, Monteiro GR, Macedo VP, Rocha MA, Batista LM, Queiroz JW, et al. Canine visceral leishmaniasis in urban and rural areas of Northeast Brazil. Res Vet Sci. 2009;86:267–73.
13. Ashford DA, David JR, Freire M, David R, Sherlock I, Eulalio MC, et al. Studies on control of visceral leishmaniasis: impact of dog control on canine and human visceral leishmaniasis in Jacobina, Bahia, Brazil. Am J Trop Med Hyg. 1998;59:53–7.
14. Toepp AJ, Schaut RG, Scott BD, Mathur D, Berens AJ, Petersen CA. Leishmania infection and prevalence in U.S. hunting hounds maintained via vertical transmission. Vet Parasitol Reg Stud Rep. 2017;10;275–81.
15. Coura-Vital W, Marques MJ, Veloso VM, Roat BM, Aguiar-Soares RD, Reis LE, et al. Prevalence and factors associated with Leishmania infantum infection of dogs from an urban area of Brazil as identified by molecular methods. PLoS Negl Trop Dis. 2011;5:e1291.
59. Kader M, Alaoui-El-Azher M, Vorhauer J, Kode BB, Wells JZ, Stolz D, et al. MyD88-dependent inflammasome activation and autophagy inhibition contributes to *Ehrlichia*-induced liver injury and toxic shock. PLoS Pathog. 2017;13:e1006644.

60. Travi BL, Tabares CJ, Cadena H, Ferro C, Osorio Y. Canine visceral leishmaniasis in Colombia: relationship between clinical and parasitologic status and infectivity for sand flies. Am J Trop Med Hyg. 2001;64:119–24.

61. Magalhães-Junior JT, Mota TF, Porfirio-Passos G, Larangeira DF, Franke CR, Barrouin-Melo SM. Xenodiagnosis on dogs with visceral leishmaniasis: canine and sand fly aspects related to the parasite transmission. Vet Parasitol. 2016;223:120–6.

62. Aslan H, Oliveira F, Meneses C, Castrovinci P, Gomes R, Teixeira C, et al. New insights into the transmissibility of *Leishmania infantum* from dogs to sand flies: experimental vector-transmission reveals persistent parasite depots at bite sites. J Infect Dis. 2016;213:1752–61.