A critical review on ammonium recovery from wastewater for sustainable wastewater management

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Abstract

The growing global population’s demand for ammonium has triggered an increase in its supply, given that ammonium plays a crucial role in fertilizer production for the purpose of food security. Currently, ammonia used in fertilizer production is put through what is known as the industrial Haber Bosch process, but this approach is substantially expensive and requires much energy. For this reason, looking for effective methods to recover ammonium is important for environmental sustainability. One of the greatest opportunities for ammonium recovery occurs in wastewater treatment plants due to wastewater containing a large quantity of ammonium ions. The comprehensively and critically review studies on ammonium recovery conducted, have the potential to be applied in current wastewater treatment operations. Technologies and their ammonium recovery mechanisms are included in this review. Furthermore the economic feasibility of such processes is analysed. Possible future directions for ammonium recovery from wastewater are suggested.

Keywords: ammonium recovery, wastewater, struvite precipitation, ammonium salts, membrane hybrid system
1. Introduction

The combination of wastewater, concerns for people’s health and environmental hazard, is one where basic engineering seeks to remove contaminants from wastewater treatment plants, so that a satisfactory effluent is generated (Taddeo et al., 2018). However, substantial energy and resources such as land and infrastructure are important aspects of wastewater treatment. A high quantity of sludge is generated during this process, one which may pose a risk to the environment. Fortunately, remediation methods have changed and more attention is being paid to make wastewater treatment facilities more sustainable (Mulchandani & Westerhoff, 2016; Smith & Smith, 2015; Tarayre et al., 2016). This may be attributed to the increasing market value of the components available in wastewater, including fresh water, metals, nutrients such as ammonium and energy, which are expected to be recovered (Luo et al., 2018; Yan et al., 2018). More importantly, people are much more aware of the need to consume less non-renewable energy and natural resources. Consequently, the emphasis is on wastewater being regarded as a renewable resource and one that is increasingly valued (Lin et al., 2016).

Nitrogen (N) as the renewable resource is of great importance for organisms’ growth (Smith & Smith, 2015). The natural nitrogen cycle is present in Figure 1 and it can be seen that the main nitrogenous compounds involved in the natural N cycle include nitrogen gas (N2), ammonium ion (NH4+), organic nitrogen, nitrate (NO3-) and nitrite (NO2-). There is abundant N2 in the atmosphere but it cannot be directly taken up by organisms due to the molecular nitrogen lacking reactivity. For this reason, biological nitrogen fixation is commonly utilized for crops and plants to adsorb N2 in its reactive forms through nitrogenase (conversion to ammonium) and lightning (conversion to nitric oxide), respectively. Then, the ammonium is converted to nitrite by ammonium oxidizing microorganisms, followed by transformation into nitrate via nitrite oxidizing microorganisms (Li et al., 2018). This process
is called nitrification. In contrast, denitrification is referred to as the reduction of nitrate to molecular nitrogen by denitrifying microorganisms. Ammonia with nitrite as an electron acceptor can be oxidized to nitrogen gas through anaerobic ammonium oxidation bacteria (Ye et al., 2018). It is worth noting that the ammonium derived from the biological nitrogen fixation is not enough to support the world’s ammonia demand for crops and plants. Therefore, an approach known as the Haber-Bosch process is applied at the industrial scale to produce ammonia with molecular nitrogen used as the raw material, which is further employed in fertilizer production. The equation of this particular process is presented in Eq. (1):

\[ \text{N}_2 + 3\text{H}_2 \rightarrow 2\text{NH}_3 \] (1)

With the world’s population increasing, it was reported that more fertilizer production is needed; in fact, it has been suggested it should increase at an annual rate of around 1.8% to ensure food security (Ledezma et al., 2015). Thus, the industrial Haber-Bosch process may be excessively used to satisfy rising demand for fertilizer. However, the fact that the amount of ammonia achieved in industry exceeds that obtained via biological nitrogen fixation may have serious consequences for the natural nitrogen cycle, in fact damaging the environment and even human health (Erisman et al., 2013; Fowler et al., 2013). More importantly, Heffer and Prud’homme (2014) stated that the amount of global fertilizer production is estimated to reach 199.4 million tonnes by 2018, which means the ammonia supply averagely increases at 1.5% per year. As a reference, current world fertilizer consumption (2020 projection) is 118 MT (FAO, 2017). Moreover, the industrial Haber-Bosch process for ammonia production is energy-intensive, in which 1-2% of annual global energy supply is consumed in this way (Nancharaiah et al., 2016). Unfortunately, greenhouse gases are generated through this production method (Galloway & Cowling, 2002), and this has serious health implications for people, societies and the natural environment. Therefore, looking for renewable methods
other than the Haber-Bosch process to sustainably produce ammonia for fertilizer production is a problem that must be urgently solved.

Ammonia-based fertilizers eventually enter the aquatic environment by runoff while nitrogenous compounds consumed by human and animals through crops will also reach water bodies in the major forms of sewage and manure, respectively. This may increase the concentration of ammonium (nitrogenous compounds exist in the main form of ammonium ions in water) in the aquatic environment. Once the ammonium concentration cannot be purified by the water itself, several environmental issues such as eutrophication will arise (Ye et al., 2016a; Ye et al., 2017). Eutrophication causes the death of aquatic life such as fish, degrades water quality and destroys biodiversity (Ye et al., 2016b). Furthermore, high concentrations of nitrogen oxides may contribute to blue baby syndrome and cancers (Fowler et al., 2013; Nancharaiah & Venugopalan, 2011). For these reasons, nitrogen/ammonium removal from wastewaters is must be undertaken to ensure human health and sustainable development.

In the current wastewater treatment system, ammonium is conventionally removed through nitrification and denitrification and ends up being converted into harmless gaseous N\textsubscript{2}. However, this method requires large amounts of energy, where the aeration for nitrification alone occupies around 50% of total energy (Foley et al., 2010) and 60% of the operation cost involved in the wastewater treatment (Ledezma et al., 2015). Moreover, a substantial chemical input is necessary since various chemicals must serve as the electron donor in the nitrification-denitrification process. By-products such as nitrate resulting from the nitrification-denitrification process do not have significant market values and often need further purification prior to their emission.

As discussed above, a sustainable supply of ammonia and efficient ammonium removal mechanism is important. Hence, ammonium recovery in wastewater treatment seems more
valuable than ammonia removal, especially given that high energy and costs beset the classical ammonium removal processes. Apart from this, ammonium recovery can not only supplement fertilizer production, but also lead to sustainable and better resource management. A combination of wastewater sources such as municipal wastewater, piggery wastewater, landfill leachate and urine are ammonium-dense, as shown in Table 1.

A focus on reducing the environmental footprint that is part of classical ammonium removal, yet at the same time it must increase the amount of ammonium for fertilizer production. This has triggered much research on recovering ammonium from wastewater. Some reviews have summarized ammonium recovery in the context of wastewater treatment (Barbera et al., 2018; Huang et al., 2017b; Iskander et al., 2016). Firstly, however, most reviews lack detailed technical and economic analyses of ammonium recovery processes; and secondly they did not comprehensively assess the main methods of ammonium recovery in the current wastewater treatment. Here, we critically review ammonium recovery in wastewater treatment, particularly with respect to comparing such technologies including technical and economic performance. The possible challenges involved in the development of ammonium recovery in wastewater treatment are elaborated as well as future possible improvements. We assert that this review can provide some recommendations for future work on diversified technologies that can recover ammonium efficiently and effectively.

2. Mechanism of ammonium recovery in the wastewater treatment

It is important to comprehend the mechanisms of ammonium recovery in wastewater treatment because they provide useful information on optimizing the recovery process and subsequent application of recovered ammonium in large-scale scenarios. There are three main ammonium recovery mechanisms, namely: (i) struvite precipitation; (ii) ammonia stripping coupled with adsorption and (iii) membrane concentration (Huang et al., 2014; Sotres et al., 2015; Xie et al., 2016; Yan et al., 2018).
2.1. Struvite precipitation

The first mechanism is most commonly used to recover ammonium from wastewater. In this process, the ammonium is recovered in the form of struvite with simultaneous phosphate recovery at alkaline pH. It should be noted here that the struvite formation needs stoichiometric amounts of ammonium, phosphate and magnesium as described in Equation (2) (Abbona et al., 1982).

\[
\text{Mg}^{2+} + \text{PO}_4^{3-} + \text{NH}_4^+ + 6\text{H}_2\text{O} \rightarrow \text{MgNH}_4\text{PO}_4\cdot6\text{H}_2\text{O}\downarrow
\]  (2)

It is well known that phosphate and ammonium ions may undergo hydrolyzation at different pH values, which can in turn affect to some extent struvite precipitation. Changes in pH could result in different species of phosphate and ammonium ions, which is accounted for in the following equations (Dai et al., 2014; Qin et al., 2003).

\[
\text{NH}_4^+ \rightleftharpoons \text{H}^+ + \text{NH}_3 \text{(aq)} \quad (pK_a = 9.3) \tag{3}
\]

\[
\text{H}_2\text{PO}_4^- \rightleftharpoons \text{H}^+ + \text{HPO}_4^{2-} \quad (pK_a = 7.2) \tag{4}
\]

\[
\text{HPO}_4^{2-} \rightleftharpoons \text{H}^+ + \text{PO}_4^{3-} \quad (pK_a = 12.33) \tag{5}
\]

According to Equation (3), a downward trend in the pH value would be observed while applying struvite precipitation to recover ammonium. This may in turn shift the equilibrium towards increasing the ammonium concentration. As result of this, it is more likely for \(\text{HPO}_4^{2-}\) ions to be involved in struvite formation rather than \(\text{PO}_4^{3-}\) (see Eq. [5]) (Schuiling & Andrade, 1999). In this scenario, struvite precipitation can be described by Eq.(6) (Schuiling & Andrade, 1999).

\[
\text{Mg}^{2+} + \text{HPO}_4^{2-} + \text{NH}_4^+ + 6\text{H}_2\text{O} \rightarrow \text{MgNH}_4\text{PO}_4\cdot6\text{H}_2\text{O}\downarrow + \text{H}^+ \tag{6}
\]

Tansel et al. (2018) stated that struvite precipitation may also occur in conditions affected by pressure, such as water hammer and filtration systems with high ionic concentration, as shown in Eq. (6).
2.2. Ammonium stripping

As well, ammonium recovery through the stripping-adsorption process is mainly attributed to the fact that at high reaction temperature and/or pH, the ammonium can be converted to volatile ammonia. This reaction can be described in Eq. (7).

\[ \text{NH}_3 + \text{H}_2\text{O} \rightleftharpoons \text{NH}_4^+ + \text{OH}^- \] (7)

Thus, one method to recover ammonium from wastewater is to shift the equilibrium toward the gaseous phase, followed by ammonia stripping from the solution. In this scenario, the stripped ammonia can be adsorbed by acid solutions to form ammonium salts such as ammonium sulphate [(NH\textsubscript{4})\textsubscript{2}SO\textsubscript{4}] via a diluted sulphuric acid solution. Alternatively, it can be harvested in the liquid ammonia as an ammonia-rich solution. Specifically, the pH elevation coupled with agitation and turbulence of solution can result in the conversion of ammonium in the solution to volatile ammonia in the air stream. Alternatively, the ammonium-rich solution can also generate the volatile ammonia through being heated. It is worth noting that El-Bourawi et al. (2007) believed that the pH value plays a more important role in the generation of volatile ammonia than the reaction temperature.

2.3. Membrane concentration

Membrane technology can enrich ammonium and separate it from foreign substances (e.g. heavy metals and pathogen) with low energy input, so membrane concentration for ammonium recovery is also an economic approach. The technically feasible membrane technology to recover ammonium mainly includes forward osmosis (FO), reverse osmosis (RO), membrane distillation (MD) and electrodialysis (ED).

In FO, natural osmotic pressure is used to force movement of water molecules from the feed side to draw side (Gao et al., 2018). Consequently, ammonium can be concentrated in the feed side. In contrast to this, RO relies on the hydraulic pressure which is against the osmotic pressure between the feed solution and draw solution (Mondor et al., 2008). In this
scenario, water molecules can be driven from low concentration of solute to high concentration of solute. Actually, the mechanism of ammonium concentration through the RO system is similar to that via the FO membrane. This is despite the fact that more energy is consumed in the RO process compared to the FO process. The main drawback associated with the FO process for ammonium recovery is that the draw solute is gradually diluted, which decreases the osmotic pressure gradient and thus detrimentally affects the ammonium concentration in the feed side. Moreover, the electrical property of FO membrane surface is shifted to be negatively charged at alkaline pH (> 7) (Cartinella et al., 2006). According to Eq. (3), the surface of FO membrane can adsorb the ammonium ions in the feed solution under alkaline environment due to electrostatic attraction. Then the ammonium ions can permeate into the draw side. Furthermore, the NH$_3$ (aq) is predominant form of ammonium at pH > 9.3 and the Donnan exclusion indicates that NH$_3$ (aq) is more easily transferred across the charged membrane than NH$_4^+$ ions (Xue et al., 2015). As a result of this, the concentration of ammonium enriched in the feed side may decrease. Apart from that, high pH may result in the generation of volatile ammonia. Therefore, the pH control of feed solution is important while using the FO process to recover ammonium.

In the MD system, the feed solution is heated, which results in the temperature gradient between the feed side and permeate side (Rao et al., 2018). In this case, the ammonium ions are converted to volatile form and then driven to transfer across the MD membrane (i.e. microporous hydrophobic membrane). It is worth noting that the MD membrane can avoid the permeation of liquid substances. Consequently, the ammonium ions can be condensed in the permeate side at lower temperature. Some acid solutions such as hydrochloric acid are always utilized as the receiving solution in the permeate side since they can react with volatile ammonia to form ammonium salts which have high potential in the practical
application (Ahn et al., 2011). The MD process to concentrate ammonium is similar to the ammonium stripping, which is largely affected by pH and temperature of the feed solution.

A cation-exchange membrane (CEM) is used in the ED process. The ammonium ions are driven by an electrical current to diffuse the CEM towards the cathode chamber, which causes the ammonium retention in an individual compartment. High current density certainly improves the ammonium concentration, but also contributes to large energy consumption in the ED system.

3. Membrane technology for ammonium recovery from wastewater

Generally, wastewater contains a mix of substances such as organics, heavy metals and toxic substances, which may seriously affect the ammonium recovery process. The biological process is the most widely used mechanism for treating wastewater because it can reduce the amount of foreign matter. As a result, ammonium ions with high purity can be achieved within the reactor and this facilitates the ammonium recovery. Nevertheless, more effort should be made to separate the ammonium from foreign substances to enhance ammonium recovery. For this reason, efficient membrane technology is proposed because it can enrich the ammonium ions within the reactor and separate the foreign matter from ammonium without energy input. Using membrane technology to concentrate ammonium ions is a low-cost exercise. In addition, integration of membrane technology with biological process can enhance the organic removal and thereby reduce the membrane fouling which seriously influences the membrane application. For example, the MD membrane is easily subjected to high organic fouling while applying it to recover ammonium in the wastewater treatment. In this scenario, membrane wetting will be caused, which results in the diminished amount of ammonium diffused and negatively affects the subsequent ammonium recovery (Zarebska et al., 2015). Similarly, the membrane fouling may also reduce the electrical conductivity in the ED process, resulting in higher energy input and serious effects on further ammonium
recovery (Mondor et al., 2009). In fact, membrane technology integrated with struvite precipitation and/or stripping-adsorption has attracted a great deal of attention for recovering ammonium from biological wastewater treatment.

3.1. Bioelectrochemical system

The bioelectrochemical system (BES) has been developed for recovering ammonium in wastewater treatment (Iskander et al., 2016; Kelly & He, 2014; Liu et al., 2017; Nancharaiah et al., 2016). The advantage of BES is that it can purify wastewater and recover energy stored in organics at the same time (Yang et al., 2017). Microbial fuel cells (MFCs) and microbial electrolysis cells (MECs) which are the essence of BES, are mostly used for ammonium recovery from wastewater. Typically, BES consists of an anode chamber and a cathode chamber, in which a CEM is installed to separate the two chambers. In the anode chamber, the organic substances are oxidized to carbon dioxide (CO₂) through anaerobic microorganisms, in which the anode electrode functions as the terminal electron acceptor (Logan et al., 2006). The basic principles of MFC and MEC are present in Figure 2. Specifically, the electrons are released from the organic substrate by the metabolic reaction of anaerobic microorganisms and then transferred to the anode electrode due to having greater potential than organics. The mechanisms of extracellular electron transport depend on combined effects of direct, electron shuttle and biofilm matrix or pili mediation, through which electrons can be shunted to the anode electrode (i.e. electron acceptor) that is located outside the cells. In this scenario, the energy used for anaerobic microorganisms’ growth can be saved. Subsequently, the released electrons transfer from the anode electrode to the cathode electrode via an external circuit containing a resistor. Then these electrons are ultimately reduced by the electron acceptors such as oxygen gas in the cathode chamber (Logan et al., 2008; Logan et al., 2006). Glucose degradation is taken as an example to explain the anode reaction in the MFC and MEC as shown below.
\[ \text{C}_6\text{H}_{12}\text{O}_6 + 12\text{H}_2\text{O} \rightarrow 6\text{HCO}_3^- + 30\text{H}^+ + 24\text{e}^- \]  

(8)

As for the cathode reaction, it differs in the MFC and MEC, where the electricity is generated by the reduction of electron acceptor (e.g. \( \text{O}_2 \)) in the MFC (Logan et al., 2006) while the reduction of protons drives the electron flow and generates the hydrogen gas (Logan et al., 2008). The different cathode reactions in the MFC and MEC are shown in Eqs. (9)-(10).

- Cathode reaction in MFC: \( 2\text{H}_2\text{O} + \text{O}_2 + 4\text{e}^- \rightarrow 4\text{OH}^- \)  
  (9)

- Cathode reaction in MEC: \( 2\text{H}_2\text{O} + 2\text{e}^- \rightarrow \text{H}_2\uparrow + 2\text{OH}^- \)  
  (10)

Except for electrons, the protons are also produced during the anaerobic microbial degradation in the anode chamber and travel from the anode chamber to the cathode chamber via the CEM. In this scenario, the protons are consumed by the hydroxyl ions (OH\(^-\)) in the cathode chamber (see Eqs. [9]-[10]). The subsequent consumption of protons can avoid their accumulation in the anode chamber, which may acidify the anaerobic sludge and decrease the metabolic and the anaerobic microorganisms’ electroactivity (Patil et al., 2011).

The BES can result in the conversion of ammonium into volatile ammonia. Firstly, ammonium transport from the anode chamber to the cathode chamber across the CEM is driven by diffusion caused by the concentration gradient and migration associated with the electrical field. Furthermore, ammonium diffusion is related to the concentration gradient and becomes weak with decreasing concentration gradient; in contrast, ammonium migration is only affected by the current density. Thus, the accumulated ammonium in the catholyte has a good chance of being transformed into \( \text{NH}_3 \) (aq) because of high pH as a result of the hydroxyl ions generation (Eqs. [9] and [10]). It was reported that the pH localized in the cathode electrode could reach up to 12 (Rozendal et al., 2009). The \( \text{NH}_3 \) (aq) could be stripped by either air or \( \text{N}_2 \) and thus converted to volatile ammonia. Therefore volatile
ammonia can be created in liquid form or adsorbed by the acid solutions to form ammonium salts.

Kim et al. (2015) coupled MFC with the anaerobic digester to recover ammonia from actual swine wastewater, where the anaerobic digester was employed to convert organic nitrogen into ammonia for the ammonium enrichment; the anaerobic digester is not able to remove nitrogenous compounds. The authors found that: firstly, increased organic loading rates can enhance the ammonium migration from the anode chamber to the cathode chamber; and secondly, coexisting cations in the influent had serious impacts on ammonium transfer across the CEM from the anolyte to the catholyte and further worsened the ammonium recovery. Similarly, Wu and Modin (2013) developed a MEC for the simultaneous recovery of ammonium and energy, in which the anode chamber received the synthetic wastewater while synthetic or real reject water served as the catholyte. The efficiencies in recovering ammonium were 94% for synthetic reject waster as the catholyte and 97% for real reject water as the catholyte, while passing the volatile ammonia through the hydrochloric solution whose concentration was 2 mol/L. It should be mentioned that the sodium chloride (NaCl) solution used as the catholyte of MEC can promote the stripping/absorption process in the cathode chamber due to facilitating the pH elevation (Sotres et al., 2015).

Overall, MFC and MEC have different strengths and weaknesses. Regarding the ammonium recovery via MEC, the external voltage applied in it can facilitate the ammonium transfer across the CEM and better ammonium concentration in the cathode chamber could be observed compared to the MFC. However, it may be difficult to expel ammonium out of the catholyte without aeration supply in the MEC. For instance, Qin et al. (2016) discovered that a MEC could achieve ammonium enrichment of 8202 mg/L in the catholyte, but most of the ammonium accumulated remained in the cathode chamber in the absence of aeration. Once the aeration was supplied, 0.77 M of ammonia was recovered after being removed from
the cathode chamber. MFC can be deemed a positive energy balance system for recovering ammonium from wastewater because the electrons generated by itself drive the ammonium transport for ammonium enrichment and pH elevation for ammonium transformation. Nevertheless, the current density should be increased if the ammonium recovery via MFC is expected to be improved.

Another feature is that stripped ammonia can be utilized as the draw solute in the forward osmosis (FO) process. This indicates that the integration of BES and FO processes can improve the feasibility of recovering ammonium from wastewater (Qin & He, 2014; Qin et al., 2016) (see Figure 3). Qin and He (2014) recovered ammonium through a MEC in the form of ammonium bicarbonate ([NH₄]₂CO₃) which was subsequently utilized as the draw solute for the FO process to recover fresh water. Recovery of ammonium and fresh water from landfill leachate could be successful when utilizing this MEC-FO system (Qin et al., 2016).

The ammonium recovery obtained in the BES can also result in the struvite formation. For example, Ichihashi and Hirooka (2012) employed an air-cathode MFC to recover ammonium in the form of struvite which was formed on the cathode electrode’s surface in the swine wastewater treatment. Struvite formation may be ascribed to an increase in pH near the cathode electrode. Similarly, the single-chamber MEC mode was also found the formation of struvite on the cathode surface at 0.3-0.9 g/m²·h (Cusick & Logan, 2012). Certainly, the cathode electrode’s performance was compromised by the attached struvite, but this issue could be solved after removing such precipitate from the cell (Hirooka & Ichihashi, 2013).

The simultaneous use of both CEM (for ammonia transfer) and AEM (anion exchange membrane) (for phosphate transport) in the same BES could strongly concentrate ammonium within the reactor (Chen et al., 2015; Zhang et al., 2014), which facilitates its further recovery. For example, Chen et al. (2015) proposed a new MFC by simultaneously using CEMs and
AEMs to recover ammonium and purify wastewater. In their study, wastewater was circulated between the anode and cathode chambers, which resulted in the concentrations of ammonium condensing to 1.5 times bigger than the initial concentrations. Thus, ammonium was recovered as struvite and 96% of NH$_4^+$-N was removed from the wastewater. When a phosphate buffer served as the catholyte, the ammonium recovery could actually improve. The possible explanation for this is that the phosphate buffer solution could: (i) be used as the phosphate sources for the struvite precipitation; and (ii) increase the ammonium transport from the anode chamber to the cathode chamber as a result of maintaining the ion balance (Sotres et al., 2015).

### 3.1.1 Effects of parameters on ammonium recovery via the BES

#### 3.1.1.1 Current density

High current density can significantly affect the ammonium recovery process in the BES. This is because high current density can increase the ammonium migration across the CEM from the anolyte to the catholyte and facilitate the pH increase of the latter due to providing more electrons (Kim et al., 2015; Zhang et al., 2014). For example, the acid dissociation constant of ammonium is 9.3 as discussed above (see Eq. [3]), so most of the ammonium ions will be converted to gaseous ammonia at a pH over 9.3. Wu and Modin (2013) observed that an increase in the current to 10 or 15 mA could result in the catholyte having a pH over 12, which improved the ammonium transport from the anode chamber to cathode chamber. When the current was reduced to 5 mA, however, the catholyte’s pH fell to 8.6, which may negatively influence the formation of volatile ammonia and the later ammonia adsorption.

#### 3.1.1.2 Coexisting cations

Cations other than ammonium ions are also driven by the current field to migrate across the CEM from the anolyte to the catholyte so that the charge neutrality of the BES can be maintained. So the coexisting cations such as K$^+$, Na$^+$ and Ca$^{2+}$ in the wastewater may affect
the ammonium migration and further recovery. For the most common cations, Kim et al. (2015) found that the mobility of such cations was in this order: $K^+ > NH_4^+ > Ca^{2+} > Na^+$. It should be noted that the movement rate of protons is approximately double that of $NH_4^+$. It meant that the protons are first driven from the anode chamber to the cathode chamber and the $H_2O$ is thereby formed, which leads to pH elevation in the catholyte. The transfer of cations including $K^+$, $NH_4^+$, $Ca^{2+}$ and $Na^+$ happens after the proton transport. Hence, the ammonium migration may be negatively affected at a relatively low current density of the BES since substantial charges may be initially neutralized by protons and/or $K^+$. More importantly, the ammonium migration plays more critical roles in ammonium transport than ammonium diffusion. Therefore, an increased current density in the BES is necessary to enhance the ammonium migration. Moreover, the catholyte’s salinity may be increased as a result of transporting mineral salts from the anode chamber to the cathode chamber. Consequently, the ability of MFC to generate electricity may be enhanced due to weakening catholyte resistance (Qin et al., 2016), which in turn facilitates the ammonium migration.

The coexisting cations may also affect the ammonium recovery via struvite precipitation in the BES. During struvite formation, the ammonium ions may be substituted by other cations such as $K^+$ and $Rb^+$; similarly, $Ca^{2+}$ and $Zn^{2+}$ ions can replace magnesium ions during struvite formation (Ravikumar et al., 2010), which undermines the ammonium recovery. This is despite the fact that the detrimental impacts depend on the availability of such disturbing ions. For example, the effects of $K^+$ ions on struvite precipitation can be described by the following equation.

$$\text{Mg}^{2+} + \text{HPO}_4^{2-} + \text{K}^+ + 6\text{H}_2\text{O} \rightarrow \text{MgKPO}_4 \cdot 6\text{H}_2\text{O} \downarrow + \text{H}^+ \quad (11)$$

It was reported that the $pK_{sp}$ values of struvite and K-struvite were 12.60–13.36 and 10.62, respectively (Ronteltap et al., 2007; Taylor et al., 1963). This indicates that struvite has a lower solubility and a higher formation tendency compared to K-struvite. Undoubtedly,
ammonium and potassium ions could compete for phosphate ions during struvite formation. However, phosphate ions may have a better affinity for potassium than ammonium ions when the solution’s pH rises from 8 to 10 (Huang et al., 2017a), in which the competitiveness of potassium ions for the phosphate ions peaks at pH 10. Furthermore, the calcium ions which can precipitate with phosphate ions may disturb the struvite formation, as shown in Eq. (12) below.

\[ 5\text{Ca}^{2+} + 3\text{PO}_4^{2-} + \text{OH}^- \rightarrow \text{Ca}_5(\text{OH})(\text{PO}_4)_3 \downarrow \]  

(12)

The struvite’s purity non-linearly declines to 60% when the amount of calcium in the solution increases (Li et al., 2016). This is of great significance in the practical applications because it is unfeasible for ammonium recovery to occur at high concentrations of calcium ions, especially in conditions where it is not economically feasible to add magnesium in wastewaters containing a high concentration of calcium ions. More importantly, sometimes it is also difficult to achieve 100% struvite even without the presence of calcium ions since the magnesium-based materials including brucite may be formed (Li et al., 2016). The effects of influencing parameters on ammonium recovery in the BES were summarized in Table 2.

### 3.2. Osmotic membrane bioreactor

Compared to RO, MD and ED membranes, using FO membrane requires lower energy input and is involved in less membrane fouling. Hence, the recovery of ammonium from wastewater can also occur through the osmotic membrane bioreactor (OMBR) consisting of the FO membrane and biological process. The advantage of this method is that: (i) more ammonium ions could be accumulated within the bioreactor as well as the mineral salts; (ii) less energy input is needed; (iii) decrease in membrane fouling potential could be observed; and (iv) higher quality of treated wastewater is achieved (Alturki et al., 2012; Neoh et al., 2016). Around 97% of ammonium ions in the influent were reportedly rejected by the FO membrane and then accumulated within the OMBR (Qiu & Ting, 2014) (see Figure 4).
Subsequently, most of the ammonium accumulated could be recovered by struvite precipitation except for the fraction of ammonium consumed by bioassimilation. There is no need to have an additional magnesium source for the precipitation because: firstly, magnesium ions were also enriched via the FO membrane in the feed side; and secondly, magnesium chloride (MgCl₂) worked as the draw solution in the OMBR, which could increase the magnesium concentration due to the reverse draw solute. Simultaneously, recovering ammonium could decrease the amount of mineral salts and thereby reduce the salinity of the OMBR. Nonetheless it should be noted here that additional sodium hydroxide (NaOH) is still required for increasing pH to satisfy the struvite precipitation. Additionally, Luo et al. (2016) found that the integration of RO membrane with OMBR can largely increase the system’s feasibility. The possible reason for this is that using RO membrane can (a) reconcentrate the diluted draw solution of the FO process; and (b) recover fresh water from the draw solution. Similarly, the MD membrane can also function in recovering draw solute for continuous OMBR operation (Husnain et al., 2015).

For using BES and OMBR to recover ammonium from wastewater, membrane fouling is still a challenge. However, the membrane fouling potential can be reduced to some degree in the BES when electricity generation is brought into play. Since the anaerobic sludge particles are negatively charged, the current field generated between the anode and cathode may inhibit sludge accumulating on the membrane surface due to electrostatic repulsion (Wang et al., 2013). Consequently, the membrane fouling rate decreases and moreover, the membrane fouling in the OMBR is relatively small because the FO membrane is used. Applying the FO membrane could contribute to low membrane fouling and chemical cleaning methods are conducted regularly to effectively minimize the risks of membrane fouling (Achilli et al., 2009; Yap et al., 2012). This is despite the fact that using the OMBR for ammonium recovery
could be more expensive. The summarization of ammonium recovery in the BES/membrane hybrid system is shown in Table 3.

4. Economic analysis of ammonium recovery

4.1. Costs and energy consumption associated with ammonium recovery

The economic feasibility of ammonium recovery is determined by both operational costs and the benefits of recovered ammonium in future commercial undertakings. Ammonium recovery via struvite precipitation presents its obvious advantages: firstly, it can simultaneously recover phosphate which is a non-renewable and limited source from wastewater; and secondly, struvite is a safe and effective slow release fertilizer that be directly applied to land. In Japan, struvite was reportedly sold at a value of US$250 per tonne in 2001 (Forrest et al., 2008; Ueno & Fujii, 2001). Struvite formation could effectively avoid the scaling problem and benefit the sludge dewatering. Recently, one study (Waternet, 2017) found that ammonium recovery through struvite precipitation which was conducted at the WWTP, Amsterdam West, could reduce operational costs by €500 000 (≈ US$583,275) per year. Also, the recovered struvite could be sold to the fertilizer industry at prices ranging from €50 (≈ US$58.33)–100 (≈ US$116.66)/t. This process could also save power of around 456 kwh/kg·N compared to a normal system (Bradford-Hartke et al., 2012). However, struvite precipitation requires a large amount of additional alkaline chemicals to increase pH. Furthermore substantial magnesium materials for struvite formation may be needed due to most wastewater sources lacking a sufficient magnesium source.

With reference to the process of stripping coupled with adsorption for ammonium recovery, this approach is insensitive to feed concentration. It indicates the method can be applied to a wider range of wastewater sources. Furthermore, the selection of the acid solutions for ammonia adsorption also affects the economics of ammonium recovery. Generally, sulphuric, hydrochloric and nitric acid are mainly utilized to produce their
associated ammonium salts. One study found that the resulting ammonium sulphate as the recovered ammonium was estimated to have a similar market value at €1.0 (≈ US$1.17) N/kg to industrial fertilizer (Desmidt et al., 2015). Nevertheless, De Vrieze et al. (2016) concluded that ammonia stripping is only economically feasible when the concentration of total ammonium nitrogen is more than 1000–1500 mg N/L. The energy consumption and costs involved in ammonium recovery through stripping-adsorption mainly include the aeration for ammonia stripping and additional chemicals. These include CaO/NaOH (for maintaining desirable alkaline pH to form gaseous ammonia) and acid solution (for the subsequent adsorption of volatile ammonia to form ammonium salts), respectively. In the Veas wastewater treatment plant (Oslo, Norway), ammonium recovery from wastewater is achieved in the form of ammonium nitrate by stripping coupled with adsorption (Sagberg et al., 2006). The plant controls the practical recovery efficiency of ammonium around 88% or less since a rapid increase in energy consumption and decrease in return may occur once the recovery efficiency is over 88%. Previously, ammonium recovery from dewatering centrate through air stripping at high temperature was investigated in New York at laboratory and pilot-scale, respectively (Katehis et al., 1998). In this study, 90% of ammonium can be stripped. Nevertheless, the additional alkalinity may increase the overall costs as well as the high energy consumption used for blowers and heaters.

In addition, the energy generated from the anaerobic digestion biogas can be used to heat the liquid water while using stripping coupled with adsorption to recover ammonium. Moreover, increasing the ammonia mass flow rate to the acid solution can increase the technical and economic feasibility of ammonium recovery by stripping coupled with adsorption as well as decreasing the amount of condensed water vapour that reaches the receiving solution (Ukwuani and Tao, 2016). The stripped ammonia also has potential to react with the flue gases derived from some industries (e.g. fuelled electrical generating
stations and incinerators), such as SO₂ and CO₂ (Dong et al., 2012; Liu et al., 2009). As a result of this process, ammonium salts (e.g. ammonium sulphate and ammonium bicarbonate) can be generated, which can be subsequently utilized for direct land application as a fertilizer.

Using the BES to recover ammonium is advantageous because there is no need to increase pH to convert ammonium into gas ammonium. Indeed, the possible energy balance associated with the ammonium recovery by the BES may include aeration in the cathode chamber, ammonia adsorption by sulphuric acid, additional power (only for the MEC), and energy generation (only for the MFC). Based on this, an analysis of energy balance for the ammonium recovery is presented in Table 4 (Kuntke et al., 2012; Maurer et al., 2003; Qin & He, 2014).

As shown in Table 4, the MFC shows a positive energy balance for recovering ammonium while the conventional ammonia stripping requires the highest energy input. Compared to the MFC, the MEC needs an external power supply which accounts for a major proportion of total energy requirement. As for the traditional ammonia stripping, it requires the addition of alkaline chemicals for pH elevation and does not produce energy, compared with MFC regarding ammonium recovery. Besides, the ammonium recovery rate via MEC can obtain 162 ± 20 g N/m² d of ammonium recovery rate with the production of hydrogen gas (H₂) despite requiring power of 8.2 MJ/kg N (Kuntke et al., 2014). Wu and Modin (2013) stated that the MEC used for ammonium recovery was energetically favorable with a net energy balance ranging from 5.4 to 12.4 kWh/kg·N. In their study, the energy input only included the external power supply while the air stripping method used to volatilize ammonia was not part of their scope. The energy output considered the generation of H₂ gas and saved energy which may be used in the industrial Haber-Bosch process for ammonia production.
4.2. Recovered ammonium

It is necessary to evaluate the performance of recovered ammonium in agriculture through an analysis of the crop field. Rahman et al. (2011) investigated the effects of struvite on the growth of maize and observed that struvite has a lower leaching rate and releasing rate of nutrients during the plant-growing season compared to fused superphosphate. Furthermore, many researchers have assessed the bioavailability of struvite in its application to crops and plants such as Chinese cabbage, corn and tomato plants (Ryu et al., 2012; Uysal et al., 2014; Uysal & Kuru, 2013). Such studies found that struvite is relatively soluble and bioavailable at a wider range of pH conditions and soil types. Both ammonium salts and liquid ammonia also have high potential as fertilizers in agriculture. Of these, (NH₄)₂SO₄ can also be employed for manufacturing nitrogen polymers in industry as well as food production (Iskander et al., 2016). More importantly, when the sulphuric acid solution used to adsorb volatile ammonia is pre-saturated with ammonium sulphate, the final adsorbed form of volatile ammonia may be pure ammonium sulfate crystals (Tao & Ukwuani, 2015). The crystals are much favoured for their use as laboratory chemicals and fertilizers.

5. Future perspectives

Recovered ammonium can be directly or indirectly used in agriculture, and effectively ameliorate environmental issues such as eutrophication in water bodies. Government policies and regulations should drive this process of looking after the environment if economic incentives for ammonium recovery are not enough. The integration of conventional wastewater treatment with ammonium recovery can indeed increase the economic feasibility of wastewater treatment and improve the sustainability of wastewater treatment facilities. As discussed above, ammonium recovery is only economically feasible when applied to large wastewater treatment plants that can produce large concentrations of ammonium ions. Another important issue is that treated wastewater in the ammonium recovery process needs
proper treatment because the process may not receive 100% recovered ammonia. As well, any residual ammonia needs further treatment to satisfy the discharge standard (De Vrieze et al., 2016). Moreover, life cycle analysis (LCA) or triple bottom line (3BL) techniques can be used to quantitatively evaluate the sustainability of an ammonium recovery system, including its impacts on economics, environment and society (Lin et al., 2016).

Of all the technologies involved in recovering ammonium from wastewater, the BES is one of the most promising methods. Nevertheless, improvements still need to be made in the BES for sustainable ammonium recovery. For example, a stack of ion exchange membranes can be installed into the BES to enhance ammonium concentration (Tice & Kim, 2014). The ammonium transfer across the membrane should be optimized so that ammonium accumulation in the cathode chamber is improved. Parameters influencing ammonium recovery from the catholyte include current density, pH of catholyte, membrane type and coexisting ions. It should be noted here that some of these factors do depend on each other, so their interactions need more analysis in order to improve ammonium transport and subsequent recovery. Another issue involved in ammonium recovery via BES is that ammonium recovery and energy recovery may affect each other. Specifically, high electricity generation is beneficial for ammonium transfer and its further recovery in BES, but this may result in less energy being recycled. Further research should focus on resolving this problem and ensure a BES which favors ammonium recovery is well designed.

Energy input for aeration is necessary for driving ammonia out of the catholyte and accounts for a large proportion of total energy used in this process, so how to drive ammonia out of the cathode chamber while consuming energy efficiently is still a big challenge. More importantly, scaling up BES to the industrial level for treating large volumes of wastewater requires more research shifting from the laboratory context to pilot or plant scale scenarios. Studies have suggested that ammonium is precipitated on the cathode surface of the BES.
Therefore, firstly the components of deposits should be analysed in more detail and their effects on crops and plants in terms of fertilizer efficacy should be identified; and secondly, the effects of ammonium-based precipitates on the cathode electrode’s performance need further assessment. The cathode covered by the precipitates could be treated with regeneration or replacement.

Furthermore, the recovery of phosphate recovery in wastewater treatment should be also considered while enhancing ammonium recovery in the wastewater treatment process. This is because phosphate recovery can also supplement fertilizer production and lower the risk of eutrophication. Anaerobic digestion can facilitate the enrichment of ammonium with high purity, in which soluble ammonium can be separated from the effluent in downstream units and be recovered in wastewater. Research regarding ammonium recovery through anaerobic digestion coupled with other technologies needs more attention.

Even though the main focus of this paper is on ammonium recovery from wastewater, ammonium recovery could be extended to incorporate wastewater sludge. It was reported that nitrogen is also included in sludge in the form of organic nitrogen, which accounts for 3–4% of dry weight of sludge (Stein et al., 1995). Generally, ammonia volatilization could be achieved via composting, but this may result in serious environmental issues (Ogunwande et al., 2008), particularly since sulfate can be oxidized by NOx in the air (Cheng et al., 2016). This implies that searching for an approach to effectively release ammonium from the sludge is necessary. Meanwhile the method should also have the ability to separate ammonium ions from foreign substances such as heavy metals. For example, heavy metals can be immobilized into the solid phase. At mild temperatures, the method could be also implemented in order to disintegrate the labile organic nitrogen, causing the accelerated release of ammonium from sludge (He et al., 2015).
Another issue involved in ammonium recovery through struvite precipitation is that most wastewaters contain more ammonium and phosphate than magnesium, so additional magnesium is always needed in this process (Rahman et al., 2014). If the concentration of ammonium and phosphate can satisfy the chemical requirements of struvite formation, the magnesium material utilized in this method may account for 75% of the overall costs of struvite production (Dockhorn, 2009). For this reason, researchers are currently studying inexpensive magnesium sources in struvite precipitation, but the solution is still a long way off.

6. Conclusion

Recovering ammonium from wastewater not only reduces the costs, energy and environmental footprint associated with this removal process. Another benefit is that the material can be used to supplement fertilizer production and save the expense required in the industrial Haber-Bosch process. Although the trade-off of BES between ammonium recovery and energy recovery significantly affects the amount of ammonium recovered and the ammonium-based precipitate influences how well the BES performs, the great potential of BES for recovering ammonium is very evident, despite the current challenges that need to be dealt with.

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**Ammonium recovery from wastewater for sustainable wastewater management**

**Figure captions.**

**Figure 1.** The natural nitrogen cycle including major natural and anthropogenic processes (adopted from Nancharaiah et al. (2016)). This cycle involves nitrogen gas (N₂), ammonium ion (NH₄⁺), organic nitrogen, nitrate (NO₃⁻) and nitrite (NO₂⁻). NH₄⁺ is stepwise oxidized through NH₃NO and NO₂ to NO₃⁻ (called nitrification). NO₂⁻, NO and N₂O are the intermediate products of denitrification.

**Figure 2.** Schematic of (a) microbial fuel cell (MFC) and (b) microbial electrolysis cells (MEC); : anaerobic microorganism; : gas (O₂ for MFC and H₂ for MEC); PS: power supply; CEM: cation exchange membrane. The organics are anaerobically oxidized to release electrons and protons in the anode chamber while the released electrons and protons react in the MFC’s cathode chamber (for the hydroxyl generation) and MEC’s cathode chamber (for the hydrogen gas generation), respectively.

**Figure 3.** Schematic of MEC-FO process for treating landfill leachate with simultaneous recovery of ammonium and fresh water; MEC: microbial electrolysis cells (MEC); : anaerobic microorganism; : gas (H₂ and NH₃); PS: power supply; CEM: cation exchange membrane; FO: forward osmosis. A MEC could recover ammonium in the form of ammonium carbonate which could be used as the draw solute for the FO process to recover fresh water.

**Figure 4** Schematic of the OMBR for ammonium recovery (adapted from Qiu and Ting (2014)). OMBR: osmotic membrane bioreactor; FO: forward osmosis. The ammonium ions could be rejected and then concentrated in the OMBR, which could be subsequently recovered by struvite precipitation with additional sodium hydroxide.
Fig. 2
Fig. 4
Ammonium recovery from wastewater for sustainable wastewater management

Table captions

Table 1 Ammonium content in the main types of wastewater sources
Table 2 Effects of influencing parameters on ammonium recovery in the BES
Table 3 Ammonium recovery in the BES/membrane hybrid system
Table 4 Comparison of energy balance involved in the ammonium recovery processes
Table 1

| Wastewater sources                  | NH$_4^+$-N concentration (mg/L) | Reference                                    |
|-------------------------------------|---------------------------------|----------------------------------------------|
| Municipal wastewater                | ~100                            | Ma et al. (2016)                             |
| Human urine                         | ~9000                           | Kuntke et al. (2012)                         |
| Landfill leachate                   | ~2000                           | Iskander et al. (2016)                       |
| Reject water                        | ~1000                           | Zhang et al. (2011)                          |
| Hydrolysates of food waste         | ~1081                           | Kwan et al. (2016)                           |
| Hydrolysate of anaerobically       | ~1000                           | Yu et al. (2017)                             |
| digested sludge                    |                                 | Shoda and Ishikawa (2014)                    |
| Influencing parameters | Effects | References |
|-------------------------|---------|------------|
| **Current density**     | (1) High current density increases the ammonium migration. | Kim et al. (2015) |
|                         | (2) High current density facilitates the pH elevation of catholyte. | Wu and Modin (2013) |
|                         | (1) Influence the ammonium migration. | Zhang et al. (2014) |
| **Coexisting cations**  | (2) Affect the electricity generation. | Qin et al. (2016) |
|                         | (3) Exert negative impacts on ammonium recovery by struvite precipitation. | Huang et al. (2017a) |
|                         | | Li et al. (2016) |
|                         | | Ravikumar et al. (2010) |
### Table 3

| Method for ammonium recovery | Wastewater source | Performance | Overall costs | Reference |
|------------------------------|-------------------|-------------|---------------|-----------|
| Single-chamber MFC          | Artificial wastewater | Recovery as struvite | Additional magnesium source | Ichihashi and Hirooka (2012) |
| Single-chamber MFC          | Synthetic wastewater | Recovery of struvite at 0.3-0.9 g/m²·h | External power supply | Cusick and Logan (2012) |
| Double-chamber MEC          | Landfill leachate | 54.1% of ammonium recovered | Fresh water recovery | Qin et al. (2016) |
| Multi-chamber BES           | Domestic wastewater | Concentration factors: ammonium (1.5) | Energy neutral approach | Chen et al. (2017) |
| OMBR                         | Municipal wastewater | 97% of ammonium accumulated | Additional NaOH | Qiu and Ting (2014) |

MFC: microbial fuel cells; MEC: microbial electrolysis cells; OMBR: osmotic membrane bioreactor

### Table 4

|                             | MFC       | MEC       | Classical ammonia stripping |
|-----------------------------|-----------|-----------|-----------------------------|
| Energy consumption (kJ·g⁻¹N) | 10.93     | 18.36     | 26.3                        |
| Net energy yield (kJ·g⁻¹N)  | 3.46      | -18.36    | -32.5                       |
| Ammonium recovery rate (g⁻¹N·d⁻¹·m⁻²) | 3.29 | 7.59 | N/A |
The ammonium recovery rate represents the daily amount of N recovered per surface area of CAM. MFC: microbial fuel cells; MEC: microbial electrolysis cells.