Synergetic protective effect of remote ischemic preconditioning and prolyl 4-hydroxylase inhibition in ischemic cardiac injury

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Abstract. It has been reported that hypoxia-inducible factor 1α (HIF-1α) serves a key role in the protective effect of remote ischemic preconditioning (RIP) in ischemia/reperfusion (I/R)-induced cardiac injury. Moreover, inhibition of prolyl 4-hydroxylase (PHD), an enzyme responsible for HIF-1α degradation, prevents I/R-induced cardiac injury. However, whether their protective effects are synergetic remains to be elucidated. The present study aimed to investigate the protective effect of RIP, PHD inhibition using dimethyloxalylglycine (DMOG) and their combination on I/R-induced cardiac injury. Rabbits were randomly divided into seven groups: i) Sham; ii) I/R; iii) lung RIP + I/R; iv) thigh RIP + I/R; v) DMOG + I/R; vi) DMOG + lung RIP + I/R; and vii) DMOG + thigh RIP + I/R. I/R models were established via 30 min left coronary artery occlusion and 3 h reperfusion. For lung/thigh RIP, rabbits received left pulmonary artery (or left limb) ischemia for 25 min and followed by release for 5 min. Some rabbits were administered 20 mg/kg DMOG. The results demonstrated that both lung/thigh RIP and DMOG significantly decreased myocardial infarct size, creatine kinase activity and myocardial apoptosis in I/R rabbits. Furthermore, the combination of RIP and PHD inhibition exerted synergetic protective effects on these aforementioned changes. The mechanistic study indicated that both treatments increased mRNA and protein expression levels of HIF-1α and its downstream regulators, including vascular endothelial growth factor (VEGF), AKT and endothelial nitric oxide synthase (eNOS). In conclusion, the present study demonstrated that RIP and PHD inhibition exerted synergetic protective effects on cardiac injury via activation of HIF-1α and the downstream VEGF/AKT-eNOS signaling pathway.

Introduction

Myocardial infarction (MI) is the leading cause of mortality among cases of coronary heart disease (1). Although long-term survival following MI has improved over the past three decades, ~20% of patients with MI die within 1 year of the event, with more than half of these deaths occurring within 30 days of MI (2). In clinical practice, various treatments, such as thrombolytic and emergent intervention therapy and coronary artery bypass grafting, have been used to improve timely restoration of the blood supply (3). These treatments effectively decrease damage and death of ischemic myocardial tissue. However, the successful restoration of cardiac blood flow also leads to ischemia/reperfusion injury (IRI), which causes metabolic dysfunction of cardiac muscle and cardiac disorganization (4). These changes ultimately result in secondary damage, as well as arrhythmia and infarct expansion (4). Therefore, it is important to develop a novel therapeutic strategy to protect against IRI.

Previous studies have reported that activation of hypoxia-inducible factor 1α (HIF-1α) serves a key role in the therapy strategy of IRI (5,6). For example, it has been shown that ischemic preconditioning of the circumflex coronary artery decreases infarct size following transient, non-lethal prolonged occlusion of the same vessel (5). Przyklenk et al (6) reported that remote ischemic preconditioning (RIP) decreases infarct size following prolonged left anterior descending coronary artery occlusion, and another study revealed that RIP prevents I/R-induced endothelial dysfunction and decreases the extent of myocardial infarction (7). Moreover, a mechanistic study observed that HIF-1α serves a critical role in the protective effect of RIP (8). It has also been shown that inhibition of HIF-1α degradation is promising in the treatment of IRI (9-11). During hypoxia, HIF-1α is hydroxylated, resulting in its ubiquitination and subsequent proteasomal degradation (9). A family of Fe²⁺ and 2-oxoglutarate-dependent dioxygenases, termed prolyl-4 hydroxylase domain (PHD) 1-3 proteins, are responsible for the hydroxylation of HIF-1α (10). PHDs can be inhibited by...
dimethyloxyaldehyde (DMOG) (12). However, it remains unknown whether RIP and direct PHD inhibition possess synergetic protective effects.

It has been reported that Akt/endothelial nitric oxide synthase (eNOS) and vascular endothelial growth factor (VEGF) serve a key role in the protective signaling pathway in IR (13-15). For example, Wang et al (13) revealed that the herbal drug Tongxinluo protects against pressure overload-induced heart failure in mice via activation of the Akt/eNOS axis. Qiao et al (14) found that transient acidosis during early reperfusion attenuates myocardium IRI via the Akt/eNOS signaling pathway. In addition, VEGF serves an important role in the protective effect in IRI. For example, apigenin protects the brain against IRI via VEGF (15). Another study demonstrated that prolonged cold ischemia in renal graft causes liver pyroptosis and injury at least partially through increased histone release, VEGF improves liver function by suppressing histone-induced hepatocyte pyroptosis via VEGF receptor 2 (16). Furthermore, VEGF may be a downstream regulator of the Akt/eNOS signaling pathway; Kang et al (17) observed that cornin induces angiogenesis via the Akt/eNOS/VEGF signaling pathway.

HIF-1alpha regulates the expression of downstream proteins involved in glucose metabolism and angiogenesis, such as VEGF and erythropoietin, to facilitate ischemic adaptation (18). Therefore, the present study evaluated whether RIP and DMOG exert synergetic protective effects in I/R-induced cardiac damage and investigated the potential role of HIF-1alpha and the downstream VEGF and Akt/eNOS signaling pathways.

Materials and methods

Rabbits. All experiments were performed according to the Institutional Guidelines for the Care and Use of Laboratory Animals in Research and were approved by the Committee of the Affiliated Hospital of The Second Affiliated Hospital of Nanchang University.

In total, 40 male rabbits (age, 5-6 months; weight, 2.5-3.0 kg) were purchased from Nanchang Longping Rabbit Co., Ltd. and raised in The Second Affiliated Hospital of Nanchang University. The rabbits were housed at a constant temperature, washed with PBS/0.2% Tween-20 and incubated at room temperature for 3 min at room temperature. Slides were then digested with 3% H2O2 for 5 min and rehydrated with 100 and 95% ethanol respectively. A portion of heart tissue was fixed in 4% paraformaldehyde solution at 4°C for 6 h and cut into 5 µm sections. These samples were deparaffinized in xylene for 5 min and rehydrated with 100 and 95% ethanol for 3 min at room temperature. Slides were then digested with proteinase K and peroxidase activity was blocked with 3% H2O2. Following incubation with PBS/0.2% Tween-20 at room temperature for 30 min, sections were incubated in TdT Reaction Buffer at 37°C for 10 min and TdT Reaction Mixture at 37°C for 1 h. Next, sections were incubated with Streptavidin-horseradish peroxidase for 20 min at room temperature, washed with PBS/0.2% Tween-20 and incubated with Streptavidin-horseradish peroxidase for 20 min at room temperature, washed with PBS/0.2% Tween-20 and incubated

Remote pre-conditioning, DMOG and I/R treatment. Male rabbits were randomly allocated into seven groups: i) Sham (n=6); ii) I/R (n=8); iii) lung (L)-RIP + I/R (n=7); iv) thigh (T)-RIP + I/R (n=7); v) DMOG (D) + I/R (n=7); vi) D + L-RIP + I/R (n=7); and vii) D + T-RIP + I/R (n=7). For establishment of the I/R model, animals were anesthetized with an ear intravenous (i.v.) injection of 3% pentobarbital sodium (30 mg/kg body weight; supplemented as required) and deep anesthesia was confirmed by loss of the pedal withdrawal reflex. The chest was opened via thoracotomy through the fourth or fifth intercostal space and the heart was exposed (19). A 5-0 prolene was placed around the left main coronary artery (LCA) to create a reversible snare. Prior to LCA occlusion (LCAO), animals were anti-coagulated using 150 U/kg i.v. sodium heparin (Sigma-Aldrich; Merck KGaA) received i.v. lidocaine (4 mg/kg; Sigma-Aldrich; Merck KGaA) to attenuate arrhythmia. All rabbits underwent a total of 30 min LCAO, followed by 180 min reperfusion. The femoral and pulmonary artery were carefully exposed and encircled with a bulldog clamp to form a reversible snare for artery occlusion. Rabbits in the sham group underwent the same thoracotomy procedure but without ligation of the coronary artery.

L-T-RIP was performed as follows: Rabbits were treated with left pulmonary artery (or left limb) ischemia for 25 min, followed by release for 5 min. A total of 20 mg/kg DMOG (Sigma-Aldrich; Merck KGaA) was administered intraperitoneally 24 h before cardiac IRI as described previously (20). At the end of the experiment, rabbits were euthanized with an overdose of pentobarbital sodium (3%; 100 mg/kg body weight; ear i.v. injection).

Immunohistochemistry and immunofluorescence. Immunohistochemistry and immunofluorescence staining were performed as previously described (21). Hearts were removed and fixed in 4% parafomaldehyde for 30 min at 4°C. Then, tissues were embedded in paraffin and cut into 5-µm sections. For hematoxylin and eosin staining, slides were stained with 0.5% hematoxylin for 10 min to stain the nuclei and stained with 1% eosin for 3 min at room temperature. For immunofluorescence, slices blocked with 1% non-fat milk for 2 h at room temperature. The slides were incubated with rabbit anti-caspase-3 primary antibody (1:100; cat. no. ab44976; Abcam) overnight at 4°C, then with Alexa fluor 555-coupled anti-rabbit secondary antibody (4 µg/ml; cat. no. A-21429; Thermo Fisher Scientific, Inc.) for 1 h at room temperature. Images were acquired on a confocal spinning disk microscope (400x magnification; Leica Microsystems GmbH).

Area at risk (AAR). The AAR was determined as described previously (22). After clamping the aorta and re-occlusion of the left anterior descending coronary artery, Evans blue dye was injected at 1 ml/kg body weight and the ventricles were serially sectioned from the apex to base in 1 cm slices. AAR was determined using ImageJ software (Version 1.51K, National Institutes of Health) and myocardial infarct size was expressed as a percentage of AAR.

TUNEL. For apoptosis detection, paraffin-embedded heart sections were stained with a TUNEL kit (Roche Diagnostics). A portion of heart tissue was fixed in 4% paraformaldehyde solution at 4°C for 6 h and cut into 5 µm-thick paraffin-embedded sections. These samples were deparaffinized in xylene for 5 min and rehydrated with 100 and 95% ethanol for 3 min at room temperature. Slides were then digested with proteinase K and peroxidase activity was blocked with 3% H2O2. Following incubation with PBS/0.2% Tween-20 at room temperature for 30 min, sections were incubated in TdT Reaction Buffer at 37°C for 10 min and TdT Reaction Mixture at 37°C for 1 h. Next, sections were incubated with Streptavidin-horseradish peroxidase for 20 min at room temperature, washed with PBS/0.2% Tween-20 and incubated
with 0.66 mg/ml dianimobenzidine (DAB) substrate at room temperature for 1-2 min. Sections were counterstained with Gill's hematoxylin (0.5%) at room temperature for 30 sec. Sections were mounted with anti-fading mounting medium and frozen sections were analyzed with a confocal laser scanning microscope (400x magnification; cat. no. LSM 710; Carl Zeiss GmbH). A total of four fields/slide was viewed and the average was calculated.

Creatine kinase (CK) activity. Serum CK activity was measured using a colorimetric assay kit (cat. no. K777; BioVision, Inc.) according to the manufacturer's instruction.

Reverse transcription-quantitative (RT-q)PCR. RNA samples were extracted using TRIzol® (Invitrogen; Thermo Fisher Scientific, Inc.) and cDNA was synthesized using a SuperScript™ III First-Strand Synthesis system (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's instruction. PCR primers used for qPCR were as follows: HIF-1α forward, 5'-TTTTCATCCATCCGTTGAC-3' and reverse, 5'-CTTCCA GGTGCGACAGTTT-3'; VEGF forward, 5'-ATCATTGGG ATCAAACCCTCA-3' and reverse, 5'-CTCGGTGTTGTCACAT TTTC-3'; AKT forward, 5'-CTCATTCCAGACCACACG-3' and reverse, 5'-ACAGCCCGAAGTCCGTGA-3'; eNOS forward, 5'-GAGAACGGAGAGATTTCG-3' and reverse, 5'-CTG TTGAAAGCGGAATTTTGTA-3'; and β-actin forward, 5'-GCT GTCCCTGTACGCTCTGG-3' and reverse, 5'-GCTTTCTCCT TGTAGTCCC-3'. The transcript levels of HIF-1α, AKT and eNOS were measured using an ABI 7900 system with a SYBR Green qRT-PCR kit (both Applied Biosystems; Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. Thermocycling conditions were as follows: 94°C for 10 min; 40 cycles at 94°C for 5 sec, 60°C for 15 sec and 72°C for 2 min; and final step of 72°C for 10 min. The relative expression level was normalized to β-actin using the Cq method (23).

Western blotting. Tissues were minced with an electric homogenizer and lysed in RIPA buffer (Beyotime Institute of Biotechnology) with constant agitation for 2 h at 4°C. The protein concentration was determined using a Bradford assay kit. Protein extracts (10 µg/lane) were fractionated on a Tris-HCl 5-15% gradient gel (Bio-Rad Laboratories, Inc.) and were then transferred to PVDF membranes (MilliporeSigma). Following blocking with 5% non-fat milk for 1 h at room temperature, membranes were incubated using the following antibodies: Anti-HIF-1α (1:1,000; cat. no. A11945; ABclonal Biotech Co., Ltd.), anti-phosphorylated (p)-AKT (1:2,000; cat. no. 4060; Cell Signaling Technology, Inc.), anti-AKT (1:1,000; cat. no. 4685; Cell Signaling Technology, Inc.) and anti-eNOS (1:1,000; cat. no. 32027; Cell Signaling Technology, Inc.) at 4°C overnight. Then, membranes were incubated with horseradish peroxidase-labeled anti-rabbit (cat. no. AS014; ABclonal Biotech Co., Ltd.) or anti-mouse (both 1:2,000; cat. no. AS003; ABclonal Biotech Co., Ltd.) secondary antibodies for 1 h at room temperature. Anti-β-actin (1:5,000; cat. no. AC028; ABclonal Biotech Co., Ltd.) served as loading control. Signals were detected with ECL Detection Reagent (Cytiva). Semi-quantification of western blotting bands was performed using ImageJ software (Version 1.51K; National Institutes of Health).

Statistical analysis. Data are presented as the mean ± SD of 6-8 independent repeats. All data were compared with one-way ANOVA followed by Tukey's post hoc test using GraphPad Prism 6 (GraphPad Software, Inc.). P<0.05 was considered to indicate a statistically significant difference.

Results

L/T-RIP and DMOG exert a synergetic protective effect on I/R-induced myocardial injury. Firstly, the present study evaluated the effect of L/T-RIP on myocardium morphology and infarct size in I/R-treated rabbits. Myocardial cells were neatly arranged in the Sham group, with clear boundaries and intact nuclei (Fig. 1A). By contrast, myocardial cells in the I/R-treated rabbits were disorderly arranged, with unclear boundaries, myofiber rupture and nuclei disappearance. In the L/T-RIP + D groups, the severity of myocardial injuries was notably improved (Fig. 1A). The myocardium infarct size was significantly increased by 8.75 fold in I/R rabbits compared with Sham rabbits; this increase was significantly inhibited in I/R D + L/T-RIP rabbits (Fig. 1B). Moreover, L/T-RIP and DMOG exerted a synergetic effect on decreasing myocardium infarct size, as indicated by changes in AAR in I/R rabbits (Fig. 1B). Consistently, the plasma CK levels, a biochemical marker of cell injury during reperfusion (24), were significantly increased by 3.15 fold, which was significantly decreased by L/T-RIP or DMOG in I/R rabbits (Fig. 1C). L/T-RIP and DMOG had an additive protective effect on CK levels (Fig. 1C). These data indicated that L/T-RIP and DMOG exerted a synergetic protective effect on I/R-induced cardiac damage.

L/T-RIP and DMOG exert a synergetic effect on myocardial apoptosis, as indicated by TUNEL and caspase 3 assay. Myocardial apoptosis in cardiac tissue was identified via TUNEL staining. The number of apoptotic cells was significantly increased in the I/R group compared with the Sham group (Fig. 2A and B). Furthermore, L/T-RIP and DMOG exerted a synergetic protective effect and decreased the number of apoptotic cardiomyocytes in I/R rabbits.

The effect of L/T-RIP and DMOG on caspase 3, an apoptosis marker, was evaluated using immunofluorescence staining. Caspase 3 was significantly increased, and L/T-RIP and DMOG showed an additive effect on decreasing caspase 3 expression in I/R rabbits (Fig. 3A and B). These results suggested that L/T-RIP and DMOG exerted an enhanced effect on decreasing myocardial apoptosis in I/R rabbits.

L/T-RIP and DMOG have a synergetic effect on activating HIF-1α, VEGF and AKT/eNOS. Next, the changes in HIF-1α protein expression levels following different treatments were evaluated. Both the mRNA and protein expression levels of HIF-1α were significantly increased by I/R; the increase was further enhanced by L/T-RIP and DMOG (Fig. 4A and B). Moreover, L/T RIP and DMOG had synergic effects on increasing HIF-1α mRNA and protein expression levels hearts from I/R rabbits. These results suggested that the additive
Figure 1. L/T-RIP and D exhibit a synergetic protective effect on cardiac IRI. (A) Representative hematoxylin and eosin staining. Magnification, 400x. Inhibitory effect of L/T-RIP and/or D on (B) AAR and (C) CK. ***P<0.001 vs. Sham; #P<0.05 vs. Veh; ^P<0.05 vs. L-RIP; £P<0.05 vs. T-RIP; &P<0.05 vs. D. L, lung; T, thigh; RIP, remote ischemic preconditioning; D, dimethyloxalylglycine; IRI, I/R injury; I/R, ischemia/reperfusion; AAR, area at risk; CK, creatine kinase; Veh, Vehicle.

Figure 2. L/T-RIP and D exert a synergetic effect on I/R-induced myocardial apoptosis. (A) Representative TUNEL images. Magnification, 400x. (B) Inhibitory effect of L/T-RIP and/or D on myocardial apoptosis. ***P<0.001 vs. Sham; *P<0.05 vs. Veh; *P<0.05 vs. L-RIP; ^P<0.05 vs. T-RIP; &P<0.05 vs. D. L, lung; T, thigh; RIP, remote ischemic preconditioning; D, dimethyloxalylglycine; IRI, I/R injury; I/R, ischemia/reperfusion; Veh, Vehicle.
Figure 3. L/T-RIP and D show synergetic effect on I/R-induced caspase 3 expression. (A) Representative fluorescence images. Magnification, 400x. (B) Inhibitory effect of L/T-RIP and/or D on expression of caspase 3. ***P<0.001 vs. Sham; #P<0.05 vs. Veh; &P<0.05 vs. L-RIP; £P<0.05 vs. T-RIP; ^P<0.05 vs. D. L, lung; T, thigh; RIP, remote ischemic preconditioning; D, dimethyloxalylglycine; IRI, I/R injury; I/R, ischemia/reperfusion; Veh, Vehicle.

Figure 4. L/T RIP and D show a synergetic effect on I/R-induced expression of HIF-1α and VEGF. (A) Inhibitory effect of L/T-RIP and/or D on HIF-1α mRNA levels. (B) Representative western blot images showing the inhibitory effect of L/T-RIP and/or D on HIF-1α protein levels. (C) Inhibitory effect of L/T-RIP and/or D on VEGF mRNA levels. (D) Representative western blot images showing the inhibitory effect of L/T-RIP and/or D on VEGF protein levels. ***P<0.001 vs. Sham; ##P<0.01 vs. I/R; #P<0.05, ###P<0.001 vs. L-RIP; ££P<0.01 vs. T-RIP; P<0.05, £££P<0.001 vs. D. L, lung; T, thigh; RIP, remote ischemic preconditioning; D, dimethyloxalylglycine; IRI, I/R injury; I/R, ischemia/reperfusion; Veh, Vehicle.
effect of L/T RIP and DMOG may be caused by increasing HIF-1α expression.

Similarly, both the mRNA and protein expression levels of VEGF, a downstream effector of HIF-1α, were significantly increased by I/R; this upregulation was further enhanced by L/T RIP and DMOG in I/R rabbits. As expected, L/T‑RIP and DMOG had a greater effect on increasing VEGF mRNA and protein expression levels.

Previous studies have reported that the AKT/eNOS signaling pathway serves a protective role in experimental IRI (14,25). Here, L/T‑RIP and DMOG increased mRNA and protein expression levels of AKT, eNOS and VEGF in I/R rabbits. Notably, L/T‑RIP and DMOG exerted an enhanced effect on the mRNA and protein expression levels of AKT in the cardiac tissue of rabbits with I/R (Fig. 5). Furthermore, L/T‑RIP and DMOG had a synergetic effect on the mRNA and protein expression levels of eNOS in the cardiac tissue of rabbits with I/R. These results suggested that both L/T‑RIP and DMOG exerted a cardiac protective effect via activation of the VEGF and AKT/eNOS signaling pathway.

**Discussion**

The present results demonstrated that L/T‑RIP and DMOG decreased myocardial infarct size in experimental rabbits. Moreover, L/T‑RIP and DMOG exerted a significant
synergistic protective effect on myocardial injury and cardiac apoptosis. Mechanistically, the two treatments exhibited additive effects on HIF-1α expression, thereby activating the VEGF and eNOS/HIF-1α axis. The present study indicated that the combination of RIP and PHD inhibition may be used as a therapy for IRI.

Accumulating evidence has revealed that remote organ preconditioning decreases I/R-induced damage in the heart and kidney (26-28) and that HIF-1α serves a key role in the protective effect of RIP, which may be mediated by systemic modulation of the inflammatory response to I/R-induced cardiac and lung damage in rats (20,29). Another study observed that RIP protects the heart by increasing expression of HIF-1α and subsequent activation of IL-10 (30). In line with these studies, the present study demonstrated that L/T IP protected I/R-induced cardiac injury by increasing HIF-1α expression.

Similar to L/T-RIP, the present study identified that DMOG administration decreased cardiac injury and significantly increased HIF-1α expression. This was consistent with a previous study showing that systemic administration of DMOG in rats increases both the mRNA and protein expression levels of HIF-1α in blood vessels (31). Furthermore, the present results suggested that RIP and DMOG exerted significant synergetic protective effects and by increasing HIF-1α expression; their combination may be a favorable strategy for the prevention and treatment of I/R-induced cardiac injury.

Previous studies have revealed that NO is involved in protecting the myocardium following pulmonary IP, which decreases free radical and NO release (32,33). Bai et al (34) reported that Baicalin protects against myocardial IRI via activation of the PI3K/AKT/eNOS pathway. In addition, RIP increases p-ERK expression; inhibition of p-ERK prevents neuronal NOS expression and remote preconditioning-mediated neuroprotection (35). In the present study, the mRNA and protein expression levels of AKT and eNOS were significantly increased in the combined L/T-RIP and DMOG groups. These results suggested that the protective role of L/T-RIP and DMOG was exerted via activation of HIF-1α and the downstream VEGF and AKT/eNOS axis (20,30).

In conclusion, the present study demonstrated that L/T-RIP and DMOG administration immediately before the onset of coronary artery reperfusion decreased myocardial infarct size and that these factors exerted synergetic protective effects on HIF-1α and the downstream VEGF and AKT-eNOS pathway. The clinical application of L/T-RIP and DMOG in combination may provide a potential strategy for prevention and treatment of I/R-induced cardiac injury.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

JY and YT participated in the design of the study and performed the statistical analysis. JY, JX, SW, HX and LT performed the experiments. JY and YT drafted the manuscript. JY and YT confirm the authenticity of all the raw data. All authors read and approved the final manuscript.

Ethics approval and consent to participate

All experiments were performed according to the Institutional Guidelines for the Care and Use of Laboratory Animals in Research and were approved by the Committee of the Affiliated Hospital of The Second Affiliated Hospital of Nanchang University.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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