Shear stress promotes differentiation of stem cells from human exfoliated deciduous teeth into endothelial cells via the downstream pathway of VEGF-Notch signaling

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Abstract. Effects of shear stress on endothelial differentiation of stem cells from human exfoliated deciduous teeth (SHEDs) were investigated. SHEDs were treated with shear stress, then reverse transcription-quantitative polymerase chain reaction (RT-qPCR) was performed to analyse the mRNA expression of arterial markers and western blot analysis was performed to analyse protein expression of angiogenic markers. Additionally, in vitro matrigel angiogenesis assay was performed to evaluate vascular-like structure formation. The secreted protein expression levels of the vascular endothelial growth factor (VEGF) of SHEDs after shear stress was also quantified using corresponding ELISA kits. Untreated SHEDs seeded on Matrigel cannot form vessel-like structures at any time points, whereas groups treated with shear stress formed a few vessel-like structures at 4, 8 and 12 h. When SHEDs were treated with EphrinB2-siRNA for 24, the capability of vessel-like structure formation was suppressed. After being treated with shear stress, the expression of VEGF, VEGFR2, DLL4, Notch1, EphrinB2, Hey1 and Hey2 (arterial markers) gene expression was significantly upregulated, moreover, the protein levels of VEGFR2, EphrinB2, CD31, Notch1, DLL4, Hey1, and Hey2 were also significantly upregulated. Both the mRNA and protein expression levels of EphB4 (venous marker) were downregulated. The average VEGF protein concentration in supernatants secreted by shear stress treated SHEDs groups increased significantly. In conclusion, shear stress was able to induce arterial endothelial differentiation of stem cells from human exfoliated deciduous teeth, and VEGF-DLL4/Notch-EphrinB2 signaling was involved in this process.

Introduction

Post-natal mesenchymal stem cells derived from dental tissues, such as dental pulp stem cells (DPSCs), stem cells from human exfoliated deciduous teeth (SHEDs) and stem cells from apical papilla (SCAP) exhibit great multi-plasticity to differentiate into mesodermal lineages (1-3). Capability of differentiation into osteo/odontogenic, adipogenic and neurogenic lineages are inclusively used to confirm the stemness of mesenchymal stem cells. Notably, DPSCs and SHEDs have been successfully induced into endothelial cells in vitro and in vivo (4-7), along with bone marrow mesenchymal stem cells (BMMSCs) and human adipose-derived stem cells (ASCs) (8,9).

It is well-known that vascular endothelial growth factor (VEGF), an endothelial cell mitogen is the best-defined regulator for inducing endothelial lineage differentiation from mesenchymal stem cells. Indeed, VEGF-A combined with its cognate VEGF receptor 2, effectively increases BMMSCs, ASCs, DPSCs and SHEDs differentiation into endothelial cells (4, 5, 8, and 9). The VEGF-Notch-EphrinB2 pathway was reported to regulate arterial-venous specification (10). During vessel sprouting, activation of VEGFR2 by VEGF induces tip cell migration and upregulates Notch ligand Delta-like 4 (DLL4) expression, which in turn interacts Notch receptors on neighboring endothelial cells (ECs), subsequently upregulates VEGFR1, metabolizing VEGF (11).

Substrate elasticity and biomechanical force are important factors of stem cell niche. Mechanical cues could modulate stem cell differentiation, division, survival, and motility (12). Studies have shown that shear stress can activate Notch signaling, triggering endothelial differentiation into the arterial phenotype (13). For example, shear stress induced arterial specification of embryonic stem (ES)-derived ECs

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and endothelial progenitor cells (14,15). Shear stress or combination with VEGF induced BMMSC differentiation into endothelial cells (16).

To the best of our knowledge, there are no reports on shear stress on the endothelial differentiation of SHEDs. In this study, we investigated: i) The cell stemness of SHEDs, ii) the impact of shear stress on the endothelial differentiation, and iii) the molecular mechanism by which shear stress induces endothelial differentiation.

Materials and methods

Culture and characterization of SHEDs. The 3rd passage SHEDs were a gift from Dr Jianguang Xu (The University of Hong Kong, Hong Kong, SAR, China). Cells were cultured in α-MEM supplemented with 10% (v/v) FBS and 1% (v/v) penicillin/streptomycin at 37°C in a 5% CO2 humidified incubator to 70% confluence, 4th to 6th passage cells were used in later experiments. Cell ‘stemness’ of SHEDs were evaluated before induction. The expression of cell surface markers, CD90, CD73, CD45, STRO-1, and CD105 was evaluated before induction. The expression of cell surface markers was checked using flow cytometry (BD Biosciences, Franklin Lakes, CA, USA). Additionally, osteo/odontogenic, adipogenic, and neurogenic differentiation assays were conducted in the respective induction media.

Shear stress experiments. Glass slides (Flexcell International, Hillsborough, NC, USA) were coated with Cultrex® Rat Collagen I (R&D Systems, Inc., Minneapolis, MN, USA) at a concentration of 5 µg/cm² and incubated at 37°C for 1 h before usage. SHEDs grown to 70% confluence were trypsinized and counted. Before shear stress treatment, SHEDs (3x10³ cells/ml) were seeded in glass slides (Flexcell International) for 4 h, followed by transfer to 4-well sterile dishes (Thermo Fisher Scientific, Inc., Waltham, MA, USA) with 4 ml α-MEM supplemented with 15% (v/v) FBS to achieve 80-90% confluence. Then, the glass slides were transferred to Streamer® Shear Stress Device (Flexcell International). After shear stress values of 4 and 16 dynes/cm² for 2 h, supernatants were collected for later ELISA assay and cells were harvested for reverse transcription-quantitative polymerase chain reaction (RT-qPCR) and protein analyses. Cells without treatment were used as control groups.

Combine shear stress with VEGF. SHEDs on glass slides after shear stress treatment were transferred to 4-well sterile dishes (Thermo Fisher Scientific, Inc.), 4 ml FBS-free α-MEM supplemented with VEGF (50 ng/ml) (R&D Systems, Inc.) was added to each well. Cells were cultured for 12 h before being harvested for RT-qPCR and western blot analysis. Cells without VEGF treatment were used as control groups.

In vitro Matrigel angiogenesis assay. To assess whether shear stress induced SHEDs could promote angiogenesis, the in vitro Matrigel angiogenesis assay was conducted as described previously (17). Briefly, different groups of cells (4 dynes/cm² shear stress induced SHEDs, 16 dynes/cm² shear stress induced SHEDs and primary SHEDs groups) were seeded at 70,000 cells per well of labeled and 120 µl liquid Matrigel (cat. no. 354230; BD Biosciences, Franklin Lakes, NJ, USA) pre-coated 48-well plates. After being incubated for 2, 4, 6 and 8 h at 37°C and 5% CO2. Images were captured using an inverted microscope (Olympus, Tokyo, Japan). In addition, to investigate whether VEGF-DLL4/Notch-EphrinB2 signaling pathway is involved, SHEDs were transfected with EphrinB2 small interfering RNA (EphrinB2-siRNA) (Thermo Fisher Scientific, Inc.). Briefly, SHEDs were seeded on 24-well plates to 80% confluence, RNA-lipid complexes was prepared by mixing 50 µl Opti-MEM Medium (Thermo Fisher Scientific, Inc.) and 3 ml Lipofectamine and RNAiMAX reagent (Invitrogen; Thermo Fisher Scientific, Inc.) together. siRNA 1 µl (10 pmol) was diluted in 50 µl Opti-MEM Medium before being mixed with diluted Lipofectamine and RNAiMAX reagent at a ratio of 1:1. Then the siRNA-lipid complex was incubated for 5 min at room temperature. SHEDs were incubated with the siRNA-lipid complex for 4 h before the shear stress experiments and in vitro Matrigel angiogenesis assay were performed. Quantification of vessel-like structures performed using the Nikon NIS-Elements AR 3.1 imaging software (Kawasaki, Kanagawa, Japan). The tubule length and branching points were measured on x4 magnification images (n=3).

RT-qPCR. Total RNA of different time points were extracted with the RNeasy Plus mini kit (Qiagen GmbH, Hilden, Germany) (18). Sample of total RNA (1.0 µg) was used to synthesize complementary DNA by eDNA Synthesis (SuperScript™ III Reverse Transcriptase, Invitrogen; Thermo

| Genes       | Primers                          |
|-------------|----------------------------------|
| VEGF        | F: TTCATGGATGCTCCATCACGCG         |
|             | R: CATCTCTCATGATGTTGGCC           |
| VEGFR2      | F: TCAAGAACTGAAACTTTGAA          |
|             | R: GAGGCTTCATGGCACACACT          |
| DLL4        | F: TGCAACTGCCCTATGCTTTG          |
|             | R: ACAAGTGTTCATGGCTTCCCTGC       |
| Notch1      | F: TCCACAGTTTGAATGTCA            |
|             | R: AGCTTCATCATCTGGCAAGG          |
| EphrinB2    | F: TGGATCACCTGAAATGCTG           |
|             | R: CGAAATCCCAAATCTGGATA          |
| Hey1        | F: TGGATCACCTGAAATGCTG           |
|             | R: CGAAATCCCAAATCTGGATA          |
| Hey2        | F: GTGGCGCTTGTGTCTATCTC          |
|             | R: CTGCTGCTGCTGCTGTTG           |
| EphB4       | F: AGAGGCCGTACTGGGACATGAG        |
|             | R: TCCAGCATGAGCTGTGGAG           |
| CD31        | F: CCCAGCCAGATTCTTAT             |
|             | R: ACCGAGGATCATTTGAGT            |
| GAPDH       | F: GGCATGGACTGTGGTCATGAG         |
|             | R: TGCCACCAACACTGCTTGC          |

F, forward; R, reverse.
Fisher Scientific, Inc.) RT-qPCR was performed with the ABI Prism 7000 Sequence Detection System using fast-SyBR Green (Applied Biosystems; Thermo Fisher Scientific, Inc.). Standards and samples were run in triplicates. Primer sequences were shown in Table I.

Western blot analysis. Cells grown in glass slides were treated with shear stress for 2 h. Then total protein was obtained by using M-PER protein extraction buffer, and quantified using a BCA kit (Thermo Fisher Scientific, Inc.). Standards and samples were run in triplicates. Primer sequences were shown in Table I.

ELISA. The above collected supernatants were used for VEGF secreted protein detection. The secreted levels of VEGF were quantified using corresponding Human VEGF ELISA.
kits (DY293B; R&D Systems, Inc.). Briefly, supernatants were centrifuged at 3,500 x g for 5 min, at 4°C to remove any impurity. Microplate strips were removed from the plate frame. Assay Diluent RD1W (50 µl) (R&D Systems, Inc.) was
added to each well. Then, 200 µl of VEGF standards, controls, or samples were added to each well. Wells were covered with a plate sealer and incubated at room temperature for 2 h. After 3 washes, 200 µl VEGF conjugate was added and incubated at room temperature for 20 min in the dark followed by adding 50 µl of Stop Solution (R&D Systems, Inc.) to each well. Light absorption values were read within 30 min using a microplate reader (Molecular Devices, San Jose, USA) (450 nm).

**Statistical analysis.** All experiments were performed in triplicates and repeated at least 3 times. Data are expressed as mean ± standard deviation (SD). One way ANOVA analysis of variance with Tukey's post hoc test was utilized in multiple comparisons between the groups. P-value <0.05 was considered to be statistically significant.

**Results**

**SHEDs show stem cell characteristics.** SHEDs displayed a fibroblastic spindle or stellate shape in α-MEM. Flow cytometric analyses revealed high expression levels of CD90, CD73, and CD105, but low expression levels of CD45; 22.8% of the SHED population expressed STRO-1 (Fig. 1A). Mineralization (Fig. 1B), lipid droplets (Fig. 1C) and neurogenic marker βIII-tubulin expression (Fig. 1D) were verified after induction in osteogenic, adipogenic and neurogenic media, respectively.

**EphrinB2-siRNA suppresses mRNA and protein expression of EphrinB2.** To determine the EphrinB2 expression levels of SHEDs after being incubated with EphrinB2-siRNA, RT-qPCR and western blot analysis were performed. When SHEDs were incubated with EphrinB2-siRNA for 24 and 48 h, both mRNA and protein expression of EphrinB2 was significantly decreased (Fig. 2A-C).

**Shear stress enhances the formation of vessel-like structures of SHEDs.** Untreated SHEDs seeded on Matrigel cannot form vessel-like structures at any time points (Fig. 3A). Groups treated with shear stress (4 and 16 dynes/cm²) formed a small number of vessel-like structures at 4 h (Fig. 3A). The average total tubule length was more than 5,000 µm (Fig. 3B), and the number of branching points was more than 200 (Fig. 3C). The average total tubule reached about 25,000 µm at 8 h in both treated groups and began to degrade afterwards. When SHEDs were treated with EphrinB2 siRNA (SHEDs-EphrinB2-RNAi), the vessel-like structure formation capacity was restrained (Fig. 3D), with an average total tubule length less than 3,500 µm in each group and the number of branching points less than 120 at 8 h (Fig. 3E and F).

**Effect of shear stress on the mRNA expression levels of VEGF, VEGFR2, DLL4, Notch1, EphrinB2, Hey1, Hey2 and EphB4.** Shear stress (4 and 16 dynes/cm²) upregulated the mRNA expression levels of endothelial cell markers (VEGF,
VEGFR2, and DLL4) (Fig. 4A-C) and arterial endothelial cell specific markers (Notch1, EphrinB2, Hey1 and Hey2) (Fig. 4D-G). However, the venous endothelial cell specific marker expression (EphB4) was downregulated (Fig. 4H). Of note, compared to control groups, mRNA expression levels of VEGF and Notch-1 increased significantly when SHEDs were exposed to 4 dynes/cm² groups while there was no significant difference in 16 dynes/cm² groups (Fig. 4A and D). After shear stress treatments, SHEDs were cultured in FBS-free α-MEM supplemented with VEGF (50 ng/ml) for 12 h. The mRNA expression levels of VEGF, VEGFR2, and CD31 were upregulated significantly (Fig. 5A, B and F) while there were no significant changes in mRNA expression levels of EphrinB2 and EphB4 (Fig. 5D and E). Noteworthy, mRNA expression levels of DLL4 decreased significantly when VEGF was added (Fig. 5C).

Effect of shear stress on the protein expression levels of EphrinB2, VEGFR2, EphB4, and CD31 in SHEDs. After shear stress (4 and 16 dynes/cm²) treatment for 2 h, we chose three different protein extraction time points (0, 12, and 24 h) to perform western blot assay. The protein expression level of EphrinB2 was upregulated significantly in shear stress groups (Fig. 6A and B). The protein level of VEGFR2 cannot be detected in non-induced groups but was significantly upregulated in shear stress treatment groups while the protein level

![Figure 5](image-url)

**Figure 5.** (A-F) Relative mRNA expression levels of VEGF, VEGFR2, DLL4, EphrinB2, EphB4 and CD31 of SHEDs after shear stress (4 and 16 dynes/cm²) treatment for 2 h and VEGF induction for 12 h. Values were normalized to GAPDH expression (*P<0.05).

![Figure 6](image-url)

**Figure 6.** Protein expression of EphrinB2, EphB4, VEGFR2, and CD31 in SHEDs after shear stress treatment. Three different protein extraction time points (0, 12, and 24 h) were chosen. (A) EphrinB2, EphB4, VEGFR2 and CD31 protein expression. (B) Quantification bands of EphrinB2. (C) EphB4. (D) VEGFR2 and (E) CD31. (*P<0.05).
of EphB4 was downregulated in shear stress groups (Fig. 6A, C, and D). The protein level of CD31 was significantly upregulated in shear stress treatment groups (Fig. 6A and E). The protein level of Hey2, Notch1, DLL4 and Hey1 were upregulated significantly in shear stress groups (Fig. 7A-E).

The secreted levels of VEGF in supernatants. To investigate the mechanisms by which shear stress in promoting the endothelial differentiation of SHEDs, ELISA assay was performed using the Human VEGF Quantikine ELISA kit. The ELISA results showed that the average VEGF protein concentration in supernatants secreted by untreated SHEDs groups was no more than 60 pg/ml. When SHEDs were treated with 4 dynes/cm² (16 dynes/cm²) shear stress, the secreted levels of VEGF increased to 136.08 pg/ml (118.55 pg/ml), 212.26 pg/ml (189.75 pg/ml), 412.89 pg/ml (245.23 pg/ml), 407.32 pg/ml (248.62 pg/ml), 398.77 pg/ml (217.23 pg/ml) at 0, 4, 8, 12 and 24 h time points (Fig. 8).

Discussion

Previous studies suggested that shear stress could induce arterial specification of endothelial cells derived from human induced pluripotent stem cells (hiPSC-ECs) and SHH-VEGF-Notch-DLL4-EphrinB2 signaling is involved in this process (10,13,14,19). However, some other studies also argued that shear stress failed to induce endothelial differentiation of human adipose tissue mesenchymal stem cells (hASC) (20). Besides, previous research demonstrated that two-dimension (2D) and three-dimension (3D) environments had a different effect on cell differentiation, drug metabolism and gene and protein expression levels. 3D chitos and conduit together with
dynamic culture system promoted the cells aggregated into neurosphere-like cells while this effect was not found in 2D culture environment (21, 22, 23). Our previous studies revealed that TGF-β1 induced differentiation of SHEDs into vascular smooth muscle cells (vSMCs) (24). Also, the decellularized extracellular matrix of human umbilical vein endothelial cells (HUVECs) promoted endothelial differentiation of SHEDs (25). However, the effect of biomechanical force on the differentiation of SHEDs was yet to be demonstrated.

In the present study, we found SHEDs possess unique stem cell characteristics, as high as 22.8% of the SHED population expressed STRO-1, which is the widely-known mesenchymal stem cell (MSC) marker (26). Besides, mineralization, lipid droplets, and neurogenic marker βIII-tubulin expression were verified after induction in osteogenic, adipogenic and neurogenic media, respectively. These findings suggested SHEDs might be a favorable candidate for our study.

To investigate the impact of shear stress on the endothelial differentiation of SHEDs, in vitro matrigel angiogenesis assay was performed as previously described (17). Untreated groups, shear stress (2 h, 4 dynes/cm²) treated groups and shear stress (2 h, 16 dynes/cm²) treated groups were seeded on Matrigel, respectively, tube length at 4, 8 and 12 h was quantified. Untreated SHEDs seeded on Matrigel cannot form vessel-like structures at any time points, whereas groups treated with shear stress (4 dynes/cm²) formed a small number of vessel-like structures at 4 h. When SHEDs were treated with EphrinB2 siRNA, the vessel-like structure formation capacity was restrained, which indicated that EphrinB2 signaling pathway is involved in the endothelial differentiation process of SHEDs. Of note, compared with 4 dynes/cm² groups, groups treated with shear stress (16 dynes/cm²) formed less vessel-like structures, which implied that shear stress values of 4 dynes/cm² performed more effectively in this process.

To further evaluate the endothelial differentiation of SHEDs, RT-qPCR and western blot analysis were performed. After shear stress induction for 2 h, the mRNA expression of VEGF, VEGFR2, EphrinB2, DLL4, Notch1, Hey1 and Hey2 (arterial markers) in SHEDs increased significantly, whereas the expression of EphB4 (venous marker) decreased. The protein expression of Hey1, Hey2, Notch1, DLL4, EphrinB2, VEGFR2 and CD31 was upregulated significantly after shear stress treatment while the protein expression of EphB4 was downregulated, these findings were consistent with previous studies (13, 14). When the SHEDs were cultured in FBS-free αMEM combined with or without VEGF (50 ng/ml) for 12 h after shear stress, the mRNA expression of VEGF, VEGFR2, and CD31 was upregulated significantly, while the expression levels of EphrinB2 and EphB4 had no significant changes. We speculated that this might be related to the limited plasticity of post-natal mesenchymal stem cells (27). In addition, arterial marker EphrinB2 and venous marker EphB4 are known to act downstream of the SHH-VEGF-Notch-DLL4-EphrinB2 cascade in arterial-venous specification (10, 13, 14, 19, 28). Shear stress for 2 h could not maintain the persistent high expression of mRNA of EphrinB2 and EphB4, even though VEGF (50 ng/ml) was added to the medium. Contrary to Shear stress per treatment, the mRNA expression levels of DLL4 was downregulated significantly when VEGF was added, suggesting that a negative-feedback loop between VEGF-DLL4/Notch signaling may exist as previously reported (29).

Based on these results, we assumed VEGF-DLL4/Notch1-EphrinB2 cascade took place in this process as previously reported (10, 19). To prove our hypothesis, the secreted levels of VEGF at 0, 4, 8, 12, and 24 h in SHED culture supernatants after shear stress were quantified. Results showed that the concentration of VEGF in culture supernatants increased significantly after shear stress. VEGF is known as a strong stimulator of angiogenesis (30, 31), it stimulates cellular responses by binding to tyrosine kinase receptors (the VEGFRs) on the cell surface. Among all the VEGFRs, VEGFR-2 (also known as KDR or Flk-1) mediate most of the known cellular responses when activated by VEGF (32). In this study, the protein level of VEGFR2 cannot be detected in non-induced groups but increased significantly in shear stress treatment groups, which implied the signaling pathway mediated by VEGF was activated (30, 32, 33).

VEGF was reported as an upstream regulator of EphrinB2/EphB4 (34). Both EphrinB2 and EphB4 are expressed on endothelia and mural cells. EphrinB2 exists mainly on arterial endothelia and mural cells, while EphB4 prefers venous ECs. The EphrinB2/Eph4 receptor signaling pathway is known to play a key role in embryonic vascular development (35, 36), some regulatory genes including notch-1, VEGF, and DLL4 were reported to act as the upstream regulators of EphrinB2/EphB4 pathway activation (34). VEGF was reported to promote the protein expression of EphrinB2 in two ways: i) VEGF promotes expression of EphrinB2 directly, but can not promote EphrinB2 phosphorylation (37, 38); and ii) VEGF activate DLL4/Notch pathway and selectively promote the expression of EphrinB2 (14), thus suggesting that there may exist a cascade among VEGF-DLL4/Notch pathway in angio genesis (39, 40). According to previous studies, VEGF was able to downregulate the expression levels of EphB4 in embryonic stem cells, HUVECs and adult ECs (14, 33), and the process was reported to be MAPK/ERK-dependent (33). Also, Notch signaling was also reported to inhibit EphB4 expression by overexpressing HERPs (32, 42). Besides, inhibition of EphB4 forward signaling was sufficient to inhibit VEGF-induced angiogenesis in vivo (43). Herein, the VEGF-DLL4/Notch-EphrinB2 cascade may inhibit VEGF-induced angiogenesis through EphB4 forward signaling (44), suggesting that EphB4 forward signaling may involve in this negative feedback loop, but more studies have to be done to clarify the mechanisms.

In summary, our data confirmed that shear stress could induce arterial endothelial differentiation of SHEDs. Additionally, VEGF-DLL4/Notch1-EphrinB2 cascade took place in this process as previously demonstrated (10). This finding not only benefits the dental pulp tissue regeneration but also promotes the development of other subjects, such as the treatment of ischemic heart diseases.

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Availability of data and materials

The datasets generated or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

PW, SZ and ZL designed the study and conducted the experiments. LW contributed to the acquisition and collection of the data. CY and JX were responsible for analyzing and interpreting the data. PW, CY, JX and SZ drafted the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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