Research Article

Geniposide, a Principal Component of Gardeniae Fructus, Protects Skin from Diesel Exhaust Particulate Matter-Induced Oxidative Damage

Ly Thi Huong Nguyen, Sang Hyun Ahn, Uy Thai Nguyen, In Jun Yang, and Heung Mook Shin

1Department of Physiology, College of Korean Medicine, Dongguk University, Gyeongju 38066, Republic of Korea
2Department of Anatomy, College of Korean Medicine, Semyung University, Jecheon-si 27136, Republic of Korea

Correspondence should be addressed to In Jun Yang: injuny@dongguk.ac.kr and Heung Mook Shin: heungmuk@dongguk.ac.kr

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Gardeniae Fructus (GF) is the fruit of Gardenia jasminoides Ellis and is traditionally prescribed to treat pyogenic infections and skin ulcers. This study investigated the protective effects of GF and the underlying mechanism responsible for these effects on diesel exhaust particulate matter- (DEP-) induced skin damage. The protective effects of an ethanolic extract of GF (GFE) and its constituents (geniposidic acid, gardenoside, geniposide, chlorogenic acid, and genipin) were examined by analyzing reactive oxygen species (ROS) production, apoptosis, and tight junction (TJ) protein expression in HaCaT cells. Treatment with GFE dose-dependently inhibited intracellular ROS production and apoptosis by regulating the protein expressions of Bax, Bcl-2, and cytochrome C in DEP-stimulated (100 μg/ml) HaCaT cells. Mechanistic studies revealed that the protective effects of GFE were related to its activation of Nrf2 and HO-1 signaling in HaCaT cells. Geniposide, a main constituent of GFE, enhanced the expression of occludin in DEP-stimulated HaCaT cells. Furthermore, topical application of geniposide reduced the expressions of 8-OHdG and Bax and increased the expression of occludin in the dorsal skin lesions of DEP-stimulated mice. Gardeniae Fructus and its main component geniposide are potential candidates for the repair of DEP-induced skin damage due to their antioxidant and antiapoptotic activities.

1. Introduction

Air pollution is cited as a major risk factor of skin aging as it promotes pigmentation and wrinkle formation [1, 2]. Air pollution causes or aggravates inflammatory skin conditions such as atopic dermatitis, acne, and psoriasis [3], and as a result, antipollution cosmetics are being actively developed. Furthermore, it has been established that these types of products protect the skin from oxidative stress and inflammation-induced damage [4, 5]. The main air pollutant is particulate matter (PM), that is, the sum of all solid and liquid particles arising from fuel combustion and road traffic. According to a recent study, airborne PM with diameters <1 micron remains in the lungs a week after inhalation [6]. PM can also directly penetrate skin, because skin pores are larger than PM diameters, and thus, PM penetrates skin directly through hair follicles and damages skin barrier integrity, which facilitates further penetration [7, 8].

Gardeniae Fructus (GF) is the fruit of Gardenia jasminoides Ellis and is traditionally prescribed to treat pyogenic infections and skin ulcers [9]. The GF has been included in a traditional herbal formula which is commonly used for the treatment of eczema [10]. The antiallergic effects of GF and its constituent, geniposide, in a mouse model of Dermatophagoides farinae extract-induced atopic dermatitis have been recently reported [11]. Moreover, GF effectively protects the keratinocytes from UV irradiation-induced cell death, indicating the potential as a topically applied material [12]. Hence, the present study was conducted to investigate the protective effects of an ethanolic extract of GF (GFE) and its components on skin disruption by diesel exhaust
particulate (DEP) stimulation and to explore the mechanisms responsible.

2. Materials and Methods

2.1. Plant Material. Gardenia Fructus (GF) was purchased from Kyung Hee University Hospital (Seoul). GF (16g) was extracted with 200 ml of EtOH at 70°C for 3 h, after which the extract was filtered through Whatman #2 filter paper (Whatman International, Maidstone, UK), evaporated on a rotary vacuum evaporator, and freeze-dried (FD8508S, Busan, Korea) (yield 13.75% w/w). The dried ethanol extract of GF obtained (GFE) was dissolved in distilled dimethyl sulfoxide and sterilized by passing it through a 0.22 μm syringe filter (Millipore, MA, USA).

2.2. Preparation of Diesel Exhaust Particulate (DEP) Solution. Standard reference material diesel particulate matter SRM 2975 (DEP) was obtained from NIST (National Institute of Standards and Technology, Gaithersburg, MD, USA). According to the NIST certificate of analysis, the major components of this material are polycyclic aromatic hydrocarbons, such as fluoranthene, phenanthrene, chrysene, and naphthalene. DEP stock solution (10 mg/ml) was prepared in 1X PBS and sonicated for 5 min (30 s on, 15 s off; amplitude 25%). DEP solution was vortexed thoroughly before every treatment to avoid particle aggregation.

2.3. HPLC Analysis. Geniposide (CFN98261, purity 98.9%), geniposidic acid (CFN98337, 98.9%), chlorogenic acid (CFN99116, 99.5%), genipin (CFN99142, 99.6%), and gardenoside (CFN90237, 99.4%) were purchased from ChemFaces Biochemical Co. Ltd (Wuhan, China). The chemical structures of these five commercial standards are shown in Figure 1(a). Levels of these five components in GF were determined using an HPLC 1290 system (Agilent, Santa Clara, CA, USA) at the Korea Basic Science Institute (Seoul). Extracted samples (10 μl) were separated on an Extend C18 column (2.1 × 150 mm, 5 μm, Agilent), which was operated at 25°C and a flow rate of 0.5 ml/min using a dilute phosphoric acid (A; 0.4%) and acetonitrile (B) gradient, as follows: 5 to 20% (B) over 20 min followed by equilibration for 5 min. Genipin, geniposidic acid, geniposide, and gardenoside were detected at a UV wavelength of 2975 (DEP) was obtained from NIST (National Institute of Standards and Technology, Gaithersburg, MD, USA). Briefly, 10 μl of cell suspension in 1X Muse assay buffer was added to 190 μl of Muse Oxidative Stress working solution and incubated in the dark for 30 min at room temperature. The analysis was then performed using a Muse Cell Analyzer (Millipore, Billerica, MA, USA).

2.7. Cell Apoptosis Analysis. Percentages of apoptotic cells were determined using an Annexin V & Dead Cell kit (637362, Millipore, Billerica, MA, USA). HaCaT cells were pretreated with GF (10, 100 μg/ml) or ascorbic acid (1 mM) for 1 h and then stimulated with DEP (100 μg/ml) for 24 h. 100 μl of Annexin V and Dead Cell reagent and 100 μl of cell suspensions were mixed in microtubes and incubated in the dark for 20 min at room temperature. Cells were analyzed using a Muse Cell Analyzer.

2.8. Western Blot Analysis. HaCaT cells were lysed with RIPA lysis buffer (WSE-7420, Atto, Tokyo). Proteins were then extracted by centrifuging at 8,000 x g for 15 min at 4°C and collecting supernatants. Cell nuclear and cytoplasmic extracts were prepared using NE-PER extraction reagents (#78833, Thermo Fisher Scientific, Waltham, IL, USA) according to the manufacturer’s protocol. Next, 25–50 μg of proteins was resolved by SDS-PAGE electrophoresis and transferred to polyvinylidene difluoride (PVDF) membranes (Merck Millipore, Carrigtwohill, Ireland), which were subsequently blocked with 5% skim milk in 1X PBS for 2 h at room temperature, incubated with primary antibodies and then horseradish peroxidase– (HRP–) conjugated anti-IgG antibody. Anti-Nrf2 (ab137550), anti-HO-1 (ab13243), anti-NQO-1 (ab34173), anti-claudin (ab15098) were purchased from Abcam (Cambridge, MA, USA), anti-PARP (#95425S) from Cell Signaling Technology (Danvers, MA, USA), anti-Bax (sc-493) from Santa Cruz Biotech (Paso Robles, CA, USA), anti-Bcl-2 (OP60T) from Oncogene Research Products (La Jolla, CA, USA), and anti-β-actin (A1978) from Sigma-Aldrich (St. Louis, MO, USA). Blots were detected by enhanced chemiluminescence (BioRad, confluent by starvation in serum-free medium for 24 h, and then treated with different concentrations of GF.

2.5. Cell Viability. The cytotoxic effects of GF and its five components on HaCaT cells were examined using 2,3-bis-(2-methoxy-4-nitro-5-sulphenyl)-2H-tetrazolium-5-carboanilide (XTT) (#11465015001, Roche Diagnostics, Mannheim, Germany). Cells were treated with GF (1, 10, or 100 μg/ml) or with geniposide, geniposidic acid, chlorogenic acid, genipin, or gardenoside (1, 10, 50 μM) for 24 h; then, 50 μl of XTT solution was added and incubated for 4 h. Absorbances were measured at 450 nm (reference wavelength 650 nm) using a microplate reader (Molecular Devices, Sunnyvale, CA, USA).

2.6. Reactive Oxygen Species (ROS) Production. Percentages of cells exhibiting oxidative stress were determined using a Muse Oxidative Stress Kit (#6C3598, Millipore, Billerica, MA, USA). HaCaT cells were pretreated with GF (10, 100 μg/ml) or ascorbic acid (1 mM) for 1 h and then stimulated with DEP (100 μg/ml) for 24 h. 100 μl of Annexin V and Dead Cell reagent and 100 μl of cell suspensions were mixed in microtubes and incubated in the dark for 20 min at room temperature. Cells were analyzed using a Muse Cell Analyzer.
Hercules, CA, USA) and protein band intensities were quantified using GelPro V3.1 software (Media Cybernetics, Rockville, MD, USA).

2.9. Animal Experiments. BALB/c (6-week-old, male) mice were purchased from Koatech Lab Animal Inc. (Seoul). All animal experimental procedures were performed in...
accordance with protocols approved by the Institutional Animal Care and Use Committee of Dongguk University (IACUC-2017-015). Mice were acclimated for 1 week and maintained in an environmentally controlled room (22–24°C and 50–60% RH) under a 12 h light/dark cycle with free access to food and water. Mice were randomly divided into five groups of five animals, that is, a normal control group (the NC group), a DEP treated group (the DEP group), a DEP and 1 mg/ml geniposide treated group (the G1 group), a DEP and 1 mg/ml geniposide treated group (the G10 group), and a DEP and 1 mg/ml dexamethasone treated group (the DEX group). Dorsal skins were stripped 10 times using adhesive tape to cause acute skin barrier disruption before DEP treatment. DEP was dispersed in 1X PBS, spread on a sterile pad (100 µg/cm²), and applied every 2 days to shaved dorsal skin for 6 days to mice in the four treatment groups. After pad removal on day 7, mice were topically treated with 200 µl of prescribed treatments on dorsal skin once daily for 3 days. On day 11, all mice were sacrificed and skin tissues were collected for histological and immunohistochemical analysis.

2.10. Histological and Immunohistochemical Examinations. Portions of dorsal skin samples were fixed in 4% paraformaldehyde and embedded in paraffin. Sections (5 µm) were then cut and stained with hematoxylin and eosin (H&E). For immunohistochemical staining, sections were incubated overnight at 4°C with primary antibodies (anti-8-OHdG, anti-Bax, and anti-occludin), washed, and incubated with HRP-conjugated antibodies for 1 h at room temperature. Peroxidase activities were determined using an AEC chromogen kit (AEC101, Sigma-Aldrich, St. Louis, MO, USA), and a digital camera (Olympus UC30, Japan) mounted on a phase-contrast microscope (Olympus CK40-32PH, Japan) using DIXI image solution 2.89 software (DIXI Optics, Daejeon, South Korea).

2.11. Statistical Analysis. The analysis was conducted using Student’s t-test for unpaired experiments. Results are presented as the means ± standard deviations (SD) of at least three independent experiments, and statistical significance was accepted for p values < 0.05.

3. Results

3.1. Quantitative Analysis of the Chemical Constituents of GFE. Representative HPLC chromatograms of the standard compounds and GFE are shown in Figure 1. The retention times of geniposidic acid, gardenoside, chlorogenic acid, geniposide, and genipin were 2.625, 2.99, 6.013, 7.381, and 9.679 min, respectively. The concentrations of these five components in GFE ranged from 0.401 to 202.116 µg/mg (Table 1).

3.2. Effects of GFE on ROS Production in DEP-Stimulated HaCaT Cells. Initially, we examine the effects of GFE on ROS production in keratinocytes. As shown in Figure 2(a), DEP markedly increased ROS levels in HaCaT cells as determined by the percentage of ROS-positive cells. However, groups pretreated with GFE showed significant decreases in ROS generation compared with the DEP-stimulated group. Moreover, GFE did not affect HaCaT cell viability, indicating inhibition of ROS production by GFE was probably not due to a cytotoxic effect (Figure 2(b)).

3.3. Effects of GFE on the Antioxidant Pathway in HaCaT Cells. To understand the underlying mechanism, we investigated the effect of GFE on the transcription factor, Nrf2, which is responsible for initiating antioxidant pathways to eliminate ROS. Treatment with GFE (100 µg/ml) showed an increase in the nuclear translocation of Nrf2 and expression of antioxidant response protein HO-1 and NQO-1 in HaCaT cells (Figure 3).

3.4. Effects of GFE on Apoptosis in DEP-Stimulated HaCaT Cells. ROS act as a central second-messenger in apoptotic signaling pathways. Previous reports have also suggested that DEP-induced oxidative stress could result in keratinocyte apoptosis [13]. DEP increased percentages of apoptotic cells determined by Annexin V staining (Figure 4(a)) and significantly increased the expressions of Bax and cytochrome C but decreased the expression of Bcl-2. However, GFE pretreatment prevented DEP-induced keratinocyte apoptosis by modulating Bax and Bcl-2 levels and the ROS/Cytochrome C pathway. More specifically, pre-treatment with GFE at 100 µg/ml increased the expression of Bcl-2 and decreased the expressions of Bax and cytochrome C (Figures 4(b) and 4(c)).

3.5. Effects of GFE on Tight Junction Protein Expression in DEP-Stimulated HaCaT Cells. Tight junctions create fusion points between keratinocytes and form a barrier that protects the body from the external environment that plays an important role in dermal absorption [14]. In addition to increasing HaCaT apoptosis, DEP also reduced the expression of occludin (a tight junction protein). Subsequently, we found pretreatment with GFE at 10 and 100 µg/ml increased occludin expression in DEP-stimulated HaCaT cells (Figure 5).

Next, we sought to determine whether any of the five compounds detected in GFE contributed to its effects in DEP-stimulated HaCaT cells. As shown in Figure 6(a), cell viability was not affected by any of these compounds at concentrations up to 50 µM. Furthermore, pretreatments with geniposide, geniposidic acid, chlorogenic acid, genipin,

![Table 1: Quantification of chemical constituents in GFE by HPLC.](image-url)
or gardenoside (all at 50 μM) significantly increased occludin expression as compared with DEP alone (Figures 6(b) and 6(c)).

3.6. Effects of Geniposide on Skin in DEP-Stimulated Mice. We further investigated the effect of geniposide on DEP-induced skin damage by immunohistochemical analysis in BALB/c mice. To determine whether geniposide protects against DEP-induced oxidative stress and DNA damage, we measured 8-OHdG expression in skin samples. 8-OHdG expression was significantly increased in skin exposed to DEP, and topical treatment with geniposide reduced this increase in 8-OHdG expression. Moreover, the downregulation of occludin expression in DEP-stimulated mice was recovered with geniposide topical application (Figure 7).

4. Discussion

Oxidative stress caused by the excessive generation of ROS is a critical event in tissues exposed to DEP and damages DNA and proteins, which can lead to apoptosis and tissue destruction [15]. The present study shows DEP dose-dependently increased intracellular ROS synthesis in HaCaT keratinocytes and that GFE inhibited this DEP-induced ROS generation and increased nuclear localization of Nrf2 and upregulated the expressions of antioxidant enzymes like HO-1.

In fact, HO-1 may represent the most critical cytoprotective mechanism activated by stress, and its upregulation...
has been shown to decrease cellular heme levels and increase reduced glutathione levels, which shifts redox balance toward a reduced state and reduces $O_2^-$ formation. GF was reported to have antioxidant effects in another study, in which GF increased the activity of superoxide dismutase (an antioxidant enzyme) and suppressed oxidative stress in cortex and hippocampus [16].

In a previous study, ROS increased proapoptotic proteins and decreased the expressions of antiapoptotic proteins [17]. Proapoptotic Bax and antiapoptotic Bcl-2 regulate the mitochondria-mediated apoptotic pathway, particularly cytochrome C release. Recent studies have reported DEP triggers apoptosis by the upregulating Bax [13]. In the present study, DEP increased intracellular ROS levels and increased the Bax/Bcl-2 protein ratios, which suggested the mitochondria-mediated pathway is involved in DEP-induced apoptosis in HaCaT cells. On the other hand, GFE pretreatment significantly reduced DEP-induced increases in Bax/Bcl-2 ratios and cytochrome C levels. Furthermore, when mouse skins were topically treated with geniposide and DEP, geniposide decreased DEP-induced 8-OHdG (a marker of oxidative DNA damage) and proapoptotic Bax expressions. Interestingly, DEP, which is composed of atmospheric particulate matter, causes oxidative stress and cell damage through pathways without causing inflammatory response [18]. Our observations indicate the protective effect of GFE is due to the suppression of ROS-induced apoptosis.

Tight junctions (TJs) are cell-cell junctions formed by claudins, occludin, zonula occludens, and junctional adhesion molecules. In the stratum granulosum of epidermis, tight junctions seal spaces between individual cells and create a paracellular barrier [14]. Furthermore, alteration of occludin has been associated with psoriasis and atopic dermatitis, which suggests it plays an important role in skin barrier function [14]. Transmission electron microscopy studies have shown airborne particulate matter can penetrate skin tissues [19], and DEP has been reported to disrupt tight junctions and exacerbate various types of dermatitis.
Figure 4: Continued.
In the present study, DEP stimulation reduced occludin expression in HaCaT cells, and pretreatments with GFE or geniposide prevented this DEP-induced reduction. Since oxidative stress induces tight junction disruption, these findings suggest that the protective effect of GFE on occludin expression is mediated, at least in part, by inhibiting ROS production. Moreover, in another study, N-acetyl-cysteine reduced ROS generation in epithelial cells and attenuated tight junction protein degradation [20].

We also found geniposide significantly increased occludin expression and protected against DEP-induced oxidative stress and DNA damage. The amount of geniposide in GFE was 202.116 μg/mg and, thus, was present in GFE at considerably higher levels than the other four components. Geniposide is a hydrophilic iridoid glucoside and has been reported to suppress UV-B-induced ROS, suggesting it has an antaphotoaging effect and therapeutic potential for skin repair and regeneration [21]. Geniposide is also present in Rubiaceae family, which is one of the largest angiosperm families, and hence is an attractive proposition for the development of plant-derived cosmetics or drugs [22]. Furthermore, its high stability and skin absorption characteristics suggest it has considerable therapeutic potential for the treatment of DEP-induced skin damage [22, 23].

The present study has several limitations. First, mouse skin has a higher density of follicles than human skin, and this may have resulted in greater DEP penetration than is the case for human skin [24]. Second, the study was performed using a standard reference material and not authentic air pollution particles. Third, the method used to expose skin to DEP using pads obviously differed from atmospheric.

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**Figure 4:** Effects of GFE on apoptosis in DEP-stimulated HaCaT cells. (a) Percentages of apoptotic cells were determined using an Annexin V & Dead Cell kit. Cells were pretreated with GFE (10, 100 μg/ml) for 1 h and then stimulated with DEP (100 μg/ml) for 24 h. (b) The expressions of Bax, Bcl-2, and cytochrome C were determined by western blot. (c) Densitometry analysis of Bax, Bcl-2, and cytochrome C expression. Data are presented as mean ± SD (n = 3). #P < 0.05 vs. normal controls (NC), *P < 0.05 vs. DEP treated cells.
Figure 5: Effects of GFE on tight junction protein expressions in DEP-stimulated HaCaT cells. (a) Cells were pretreated with GFE (10, 100 μg/ml) or ascorbic acid (1 mM) for 1 h and then stimulated with DEP (100 μg/ml) for 24 h. The expressions of occludin and claudin were determined by western blot. (b) Densitometry analysis of occludin and claudin expression. Data are presented as mean ± SD (n = 3). # P < 0.05 vs. normal controls, * P < 0.05 vs. DEP treated cells.

Figure 6: Continued.
Figure 6: Effects of the five compounds found in GFE on tight junction protein expressions in DEP-stimulated HaCaT cells. (a) Cells were pretreated with geniposide, geniposidic acid, chlorogenic acid, genipin, or gardenoside (1, 10, 50 μM) for 24 h. Cell viabilities were assessed using an XTT kit. (b) Cells were pretreated with geniposide, geniposidic acid, chlorogenic acid, genipin, or gardenoside (50 μM) for 1 h and then stimulated with DEP (100 μg/ml) for 24 h. The expressions of occludin and claudin were determined by western blot. (c) Densitometry analysis of occludin and claudin expression. Data are presented as mean ± SD (n = 3). # P < 0.05 vs. normal controls (NC), * P < 0.05 vs. DEP treated cells.

Figure 7: Effects of geniposide on DEP-stimulated mouse skin. DEP (100 μg/cm²) was applied every 2 days to dorsal skin for 6 days. On day 7, mice were topically treated with geniposide (1 mg/ml or 10 mg/ml, 200 μl) or DEX (1 mg/ml, 200 μl) or vehicle once daily for 3 days. Immunohistochemical analysis of 8-OHdG, Bax, and occludin in dorsal skin. (a) Representative images of each group. Scale bar: 50 μm. (b) Quantitative analysis of 8-OHdG, Bax, and occludin immunohistochemistry. Data are presented as mean ± SD (n = 3). # P < 0.05 vs. NC group, * P < 0.05 vs. DEP group.
exposure. Nevertheless, the study shows GFE has antipollution effects and identified the mechanism responsible for its effects (Figure 8).

5. Conclusion

DEP-induced ROS production can lead to the activation of apoptotic processes and disrupts tight junctions in keratinocytes. GFE and its constituent geniposide both effectively protected keratinocytes against DEP-induced oxidative stress and Bax upregulation and increased occludin expression. We suggest GFE and geniposide be considered for pharmaceutical and cosmetic products that selectively protect against the effects of DEP.

Abbreviations

GF: Gardeniae Fructus  
DEP: Diesel exhaust particulate matter  
ROS: Reactive oxygen species  
Nrf2: Nuclear factor E2-related factor 2  
HO-1: Heme oxygenase-1  
NQO-1: NAD(P)H quinone dehydrogenase 1  
TJ: Tight junction

Data Availability

The data used to support the findings of this study are included within the article.

Conflicts of Interest

The authors have no conflicts of interest to declare.

Authors’ Contributions

Ly Thi Huong Nguyen performed the experiments and the statistical analysis with the help of Uy Thai Nguyen. Sang-Hyun Ahn performed histological and immunohistochemical assays. Heung-Mook Shin and In-Jun Yang participated in the study design, performed data analysis, and contributed to writing of the manuscript.

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