EXPERIMENTAL STUDY

Treating atrial fibrillation with radiofrequency ablation to reverse changes in microRNAs regulating the ion-channel proteins

Yue YN, Li B, Xu GY, Yang SX

Department of Cardiovascular, Beijing Shijitan Hospital of China Capital Medical University, Beijing, China. yangsx_yx02@163.com

ABSTRACT

OBJECTIVE: To investigate the possible molecular mechanisms of radiofrequency ablation (RFA) for treating atrial fibrillation (AF) and the microRNA (miRNA) target for intervention in the future.

METHODS: We examined the changes in miRNAs regulating the atrial ion-channel proteins across the whole genome. We compared findings from 90 AF patients with those from 90 healthy subjects before RFA and three months after RFA.

RESULT: Twenty-one miRNAs regulating ion-channel proteins were differentially expressed more than ten-fold, and the findings were completely reversed after RFA as compared with the pre-RFA results. The colonial regulating effects of miRNAs regulating the outward K+ current channels such as those for the ultra-rapid delayed rectifier potassium current (Ikur), voltage-dependent delayed rectifier potassium current (Ikr), and delayed rectifier potassium channel current (Iks) were more unanimous and stronger, while this was not the case for miRNAs regulating the L-type Ca2+ current and INa current channels. Generally, miR-1266 levels were increased in the blood but down-regulated in the rheumatic atrial tissue, while a dual luciferase test indicated that SCN5A was the direct target gene of miR-1266.

CONCLUSION: Using RFA to treat AF may have an impact via reversing the changes in miRNAs regulating the ion-channel proteins, especially for outward K+ current channels such as Ikur, Ikr, and Iks, which may play a major role in electrical remodeling in AF. It may be that miR-1266 is an antiarrhythmic miRNA and an AF intervention target in the future (Tab. 2, Fig. 4, Ref. 46). Text in PDF www.elis.sk

KEY WORDS: atrial fibrillation, miRNA, genomics, radiofrequency ablation, ion-channel proteins.

Introduction

It is well known that the pathogenesis of atrial fibrillation (AF) is very complex. It involves multiple factors (genes, miRNA regulation, target changes (1–5), etc.) that result in electrical and structural remodeling, and further contribute to paroxysmal AF gradually evolving into persistent and permanent AF. Atrial fibrillation radiofrequency ablation (AF-RFA) is a primary treatment method for patients with AF at present (6,7). However, the postoperative recurrence rate is still high (7), and the molecular mechanisms and recurrence mechanism of RFA treatments remain unclear.

Nevertheless, more attention is now being paid to the miRNA regulating mechanism in relation to the genesis and development of AF. David et al (8), for example, investigated the relationship between circulating microRNAs and AF. Based on our own AF-RFA clinical practice and previous miRNA studies (9–13), the current authors have also shown that miRNAs are involved in the regulation of AF and that RFA can reverse the abnormal circulation of microRNA expression in patients with AF. Recently, the miRhythm study (14) has revealed that the plasma levels of miRs -21 and -150 increase three-fold after AF ablation. However, all these miRNA changes are mainly involved in atrial structural remodeling, whereas the alteration of miRNAs regulating the ion-channel proteins has not been studied.

The findings of the present study reveal that some miRNAs regulating the ion-channel proteins are changed or reversed by RFA, especially for channels with outward K+ currents such as the ultra-rapid delayed rectifier potassium channel (Ikur), voltage-dependent delayed rectifier potassium channel (Ikr), and delayed rectifier potassium channel current (Iks). This may rebalance the ion flow and reverse the electrical remodeling caused by AF. Furthermore, it is our attempt to detect which channel plays an important role in ion-channel remodeling and associated regulating miRNA changes after RFA, and to identify the miRNA’s regulating mechanism and intervening targets.

Materials and methods

Study population

The 90 AF radiofrequency ablation patients chosen for this study were admitted to the researchers’ hospital between January
2013 and June 2015. The group consisted of three subgroups divided according to case type, with 30 patients in each subgroup: paroxysmal (AF persisted for ≤ 7 days), persistent (AF persisted for > 7 days and < 1 year), and permanent (AF persisted for ≥ 1 year). Each patient had undergone more than five electrocardiograms at different times to confirm their diagnosis. The exclusion criteria were as follows: patients aged > 80 years and patients with hyperthyroes or diabetes mellitus, poor control of blood pressure (> 140 and/or 90 mmHg), left ventricular dysfunction (EF < 40%), severe coronary artery disease, hepatic and/or renal dysfunction, acute and chronic infectious diseases, and myocardial structural lesions. Any patients who had been taking angiotensin-converting enzyme inhibitors, angiotensin receptor inhibitors, statin drugs to control hypertension and hyperlipemia, beta-blockers, or other anti-arrhythmic medicines to control their ventricular rate were accepted only if they had stopped taking these at least five days before operation.

All methods used in this study were in accordance with the China National Ministry of Public Health’s “Biomedical research ethics review regulations,” China Food and Drug Administration’s “Guiding principles of drug clinical trial ethic review,” and Declaration of Helsinki. The protocol of the study was approved by the Medical Ethics Committee of Shijitan Hospital. Every patient and one of their family members had to agree to participate and sign the informed consent form, and the written informed consent was obtained from all subjects before their RFA treatment.

Operation procedure

Encircling isolation of pulmonary vein ostium/orifice (EPVOI) was performed in paroxysmal AF patients, and “2O+3L” in persistent and permanent AF patients, i.e., EPVOI+3 lines: left atrial roof line and lines at the narrow parts of annuli of mitral and tricuspid valves. The patients with no recurrence 3 months after their AF ablation operation were placed into the subgroup (three Holter monitor tests done in one-month intervals after the operation showed no AF recurrence).

Tab. 1. The main miRNAs regulating the ion channel proteins expressed differently before and after RFA.

| miRNAs       | pre-RFA/N.C. (n=90) | pre-/post-RFA (n=90) | p      | p   |
|--------------|---------------------|----------------------|-------|-----|
| Difference   | DifferenceFold      |                      |       |     |
| hsa-miR-1266 | 1.96±0.025 <0.01    | 2.94±0.218 <0.001    |       |     |
| hsa-miR-377-5p| 4.27±0.039 <0.01    | 1.02±0.237 <0.001    |       |     |
| hsa-miR-3664-5p| -8.88±0.089 <0.01  | -4.66±0.156 <0.001   |       |     |
| hsa-miR-1284 | 1.94±0.056 <0.01    | -27.13±0.217 <0.001  |       |     |
| hsa-miR-4796-5p| 2.68±0.106 <0.01    | -23.62±0.089 <0.001  |       |     |
| hsa-miR-296-3p| 4.30±0.049 <0.01    | -10.58±0.820 <0.001  |       |     |
| hsa-miR-4666a-3p| -3.69±0.026 <0.01  | 13.83±0.093 <0.001   |       |     |
| hsa-miR-30d-5p| -7.50±0.021 <0.01    | 14.15±0.088 <0.001   |       |     |
| hsa-miR-4306 | -8.33±0.035 <0.01    | 20.90±0.142 <0.001   |       |     |
| hsa-miR-328 | -1.79±0.024 <0.01    | 28.49±0.172 <0.001   |       |     |
| hsa-miR-101-3p| 18.52±0.061 <0.01    | 34.94±0.181 <0.001   |       |     |
| hsa-miR-146b-5p| 11.16±0.039 <0.01    | 39.16±0.219 <0.001   |       |     |
| hsa-miR-186-5p| 12.05±0.014 <0.01    | 101.88±0.235 <0.001  |       |     |
| hsa-miR-151a-3p| 11.83±0.016 <0.01    | 104.79±0.213 <0.001  |       |     |
| hsa-miR-98-5p| -7.02±0.085 <0.01    | 130.54±0.173 <0.001  |       |     |
| hsa-miR-155-5p| -3.17±0.027 <0.01    | 132.57±0.218 <0.001  |       |     |
| hsa-miR-224-5p| 30.49±0.053 <0.01    | 148.29±0.328 <0.001  |       |     |
| hsa-miR-361-5p| -5.12±0.026 <0.01    | 150.68±0.254 <0.001  |       |     |
| hsa-miR-152 | 16.34±0.071 <0.01    | 184.27±0.356 <0.001  |       |     |
| hsa-miR-199a-3p| 11.30±0.062 <0.01    | 221.98±0.562 <0.001  |       |     |
| hsa-miR-199b-3p| 11.30±0.051 <0.01    | 221.98±0.751 <0.001  |       |     |

Plasma collection and storage

Peripheral blood (PB) samples were taken from patients before RFA and at 3 months after RFA. In each instance, a whole-blood sample (4 ml) was drawn into EDTA-containing tubes and separated into plasma and cellular fractions by centrifugation at 1,500 g for 15 minutes. The supernatant was then transferred to RNase/DNase-free tubes and stored at −80 °C.

RNA isolation

Total plasma RNA was harvested using the TRIzol reagent (Invitrogen Life Technology) and mirNeasy mini kit (Qiagen) according to the manufacturers’ instructions. In summary, 250 μl of EDTA-containing plasma was transferred to an Eppendorf tube and mixed thoroughly with TRIzol reagent, incubated for 5 minutes at room
temperature, and subsequently mixed with 140 μl chloroform. The aqueous phase containing the RNA was carefully removed, and the RNA was precipitated by adding 100 % ethanol. The mixture of the RNA was then stored at −80 °C until further processing.

MicroRNA array and data analysis
The RNA samples were labeled with the Exiqon miRCURY Hy3/Hy5 power labeling kit (Cat #208032-A Exiqon) and hybridized on the miRCURY LNA Array station (version 18.0, Exiqon). Scanning was performed using the Axon GenePix 4000B microarray scanner. GenePix pro V6.0 was used to read image intensity. This test was completed by Shanghai Kangcheng Biological Co., Ltd.

Real-time polymerase chain reaction
To confirm the findings obtained by analyzing the miRNA profiles, we measured dysregulated miRNA expression using real-time polymerase chain reaction (PCR). All primers used in this study were synthesized by Bioligo Technologies Ltd. (Shanghai, China). RNA was extracted from all serum samples, and from discarded valves and atrial tissues from patients with rheumatic AF who were undergoing mitral valve replacement surgery (control group: non-AF patients), to measure concentration and quality.

MicroRNA target prediction
MicroRNA targets were predicted using the target-prediction programs miRanda, TargetScan, and miRbase. The Database for Annotation, Visualization, and Integrated Discovery was used to identify the pathway distribution of predicted targets. Pathways were presented according to the Kyoto Encyclopedia of Genes and Genomes (KEGG) database, which is a database of biological systems that contains information on the genetic building blocks of genes and proteins.

Luciferase combination experiment
After the miR-1266 plasmid (pcDNA 6.2-GW/miRNA-1266) and negative control plasmid (pcDNA6.2-GW/miRNA NC) had been covalently transfected with the SCN5A recombinant luciferase plasmid (pmirGLO-SCN5A 3’-untranslated region (UTR)), compared with miR-1266 plasmid and blank group, the relative luciferase activity of each group was analyzed.

Statistical analysis
The threshold value for significance that was used to define miRNA up-regulation or down-regulation was a change > 1.5-fold, with a p < 0.05 that was calculated using a t-test.

Results
MicroRNA differential expression in atrial fibrillation patients before RFA and 3 months after RFA
The average age of the patients was 72.17 ± 4.76 years. Of the sample of patients with AF, 44 cases were female and 46 cases were male. Ninety healthy physical examination subjects, with an average age of 69.40 ± 5.86 years, were selected as controls.

In the group of AF patients, 503 miRNAs were up-regulated, but 81 miRNAs were down-regulated more than 1.5-fold in post-RFA results as compared with pre-RFA findings (p < 0.01). Meanwhile, the expression of 21 miRNAs that regulate key ion-channel proteins was changed more than 10-fold in post-RFA results as compared with pre-RFA findings (Tab. 1). Among these, miR-1266, miR-377-5p, miR-1284, miR-4796-5p, and miR-296-3p were up-regulated before RFA more than 1.5-fold as compared with the control group, but they were down-regulated more than 10-fold after RFA as compared with the pre-RFA findings in the AF patients. Meanwhile, miR-101-3p, miR-146b-5p, miR-186-5p, miR-151a-3p, miR-98-5p, miR-155-5p, miR-224-5p, miR-
MicroRNA target prediction and microRNA expressions regulated by ion-channel proteins

MicroRNA targets were predicted using the target-prediction programs in miRanda, TargetScan, and miRbase. The target genes were contained in at least two databases (Tab. 2).

Based on the cardiac action potential curve and target gene prediction, several miRNAs regulated the expression of the SCN5A-encoded α-subunit of the sodium channel, which determines the 0 phase of action potential duration (APD). These miRNAs were miR-1266, miR-1284, miR-146b-5p, and miR-98-5p (Fig. 2A).

There were four miRNAs that regulated the expression of CACNA1C, which encodes the main ion-channel protein regulating the APD plateau. These miRNAs, namely miR-377-5p, miR-328, miR-4306, and miR-186-5p were significantly altered in both pre-RFA/NC and pre-/post-RFA comparisons (Fig. 2B).

The outward potassium ion current is the major current in the action potential plateau. Five main miRNAs regulated KCNA5, which encodes the ultra-rapid delayed rectifier potassium current (IKur) ion-channel protein. Significant changes were observed in miR-101-3p, miR-151a-3p, miR-186-5p, miR-155-5p, and miR-361-5p, namely in both pre-RFA/NC and pre-/post-RFA comparisons (Fig. 2C).

KCNE1 encodes the subunit of the slow-rapid Iks ion-channel protein regulated by miRNAs including miR-1266, miRNA-296-3p, miR-377-3p, miR-1284, miR-146b-5p, and miR-98-5p (Fig. 3A).

KCNJ2 encodes the α-subunit of the inward rectifier potassium current (IKi), which plays an important role during repolarization. It is regulated by several miRNAs, including miR-186-5p, miR-98-5p, and miR-101-3p, which significantly changed when comparing the pre-RFA/NC and pre-/post-RFA conditions (Fig. 3B).

KCNC4 encodes a subunit of the acetylcholine-activated K+ current (IKAc) ion-channel protein that plays an important role in repolarization. It is regulated by several miRNAs, including miR-4306, miR-186-5p, and miR-98-5p, which were significantly
altered when comparing the pre-RFA/NC and pre-/post-RFA conditions (Fig. 3C). MiR-133b regulates KCND3, the gene encoding the transient outward K⁺ current (Ito) ion-channel protein subunit. This miRNA was shown to increase 2.89-fold in AF patients as compared with controls pre-RFA, while it displayed a 1.98-fold change when comparing the pre- and post-RFA conditions.

KCNN3 encodes a small-conductance calcium-activated potassium channel 3 (SK3), and it is regulated by several miRNAs, including miRNA-4732-3p, miR-30d-5p, miR-4306, miR-101-3p, miR-155-5p, and miR-152. These were all significantly altered when comparing the pre-RFA/NC and pre-/post-RFA conditions (Fig. 3D).

**MicroRNA chip results and miR-1266 expression in rheumatic left atrial tissues**

The chip data of the aforementioned main ion-channel-regulating microRNAs (Tab. 1) were validated using real-time PCR. The expression levels of these 21 miRNAs were confirmed against the previously observed significant up-regulation or down-regulation patterns (Fig. 4A).

The miR-1266 expression levels in the left atrial tissues of rheumatic AF patients were validated using real-time PCR. The discarded valves and atrial tissues from 20 rheumatic AF patients who were undergoing mitral valve replacement surgery were tested (control group: 20 non-AF patients undergoing the same surgery), and the findings showed that miR-1266 expression was markedly lower in the atrial tissues of the AF patients as compared with the non-AF patients (p=0.002) (Fig. 4B).

The luciferase relative activity was significantly lower in the miR-1266 group than in the negative control group (p=0.002). Meanwhile, it was significantly higher in the blank control group as compared with both the miR-1266 and negative groups (p < 0.01) (Fig. 4C). Therefore, the SCN5A gene was identified as a target of miR-1266.

**Discussion**

MicroRNAs are the key molecules that regulate cardiac ion-channel proteins. They regulate and maintain cardiac electrophysiological function by binding to the gene 3'-UTR. Abnormal regulation and expression of ion-channel proteins and the resulting changes in ion flow lead to atrial electrical remodeling. Arrhythmia is caused by an imbalance of the ion flow, which depends on the regulation of the ion-channel balance by antiarrhythmic and arrhythmic microRNAs (13, 15). The current research mainly investigated the effects of RFA, its possible regulating mechanisms, and its impact on the expression of microRNAs that may play an important regulatory role in ion-channel protein expression. We determined that changes in microRNA levels in AF patients may be one of the causes of the atrial electrical remodeling of AF, and
furthermore, we observed that these changes can be significantly reversed by RFA.

**Sodium current**

SCN5A encodes the α-subunit of the cardiac Na⁺ channel and regulates sodium ion flow. The sodium channel of voltage dependence determines the effective refractory period of action potential (AERP) (16). The miRNAs related to SCN5A are shown in Figure 2A. The miR-1266 increased 1.96-fold pre-operatively, which is consistent with the RT-PCR results in the human rheumatic atrial tissue (released into the blood as shown in Fig. 4B), and decreased 249.86-fold post-operatively in AF patients. The miR-1266 and SCN5A dual luciferase experimental results indicated that SCN5A was the direct target gene of miR-1266 (Fig. 4C). SCN5A expression was down-regulated before RFA, while resulting in the reduction in sodium current density, but this was reversed dramatically after RFA. These findings are consistent with the results of animal experiments in dogs, where the atrial sodium current decreased by 28 % and 52 % after pacing for 7 and 42 days, respectively, while the conduction velocity was also significantly decreased (17). It has recently been shown that the Iᵥ_peak current density decreases with a decline in the pore protein Nav1.5 (18–20). However, miR-146-5p and miR-98-5p were significantly decreased (11.16-fold and 7.02-fold, respectively) before RFA, which may be the arrhythmic miRNAs, but miR-1266 and miR-1284 the antiarrhythmic miRNA; therefore, in our study, the colonial regulating effect might have been in a minor increase in INa-channel protein expression, which may be a compensatory change in response to INa current decline. Consequently, we suspect that the INa channel and current remodeling are adaptive changes following the remodeling of other ion flows (Ca²⁺ and K⁺ current, etc.) rather than a dominant alteration.

**Fig. 4.** miRNA chip results and miR-1266 expression in human rheumatic left atrial tissues. (A) RT-PCR verified the miRNA chip results for AF patients, comparing for pre- and post-RFA. The expression levels of these 21 miRNAs confirmed the previously observed significant up-regulation or down-regulation. (B) miR-1266 expression levels in human rheumatic left atrial tissue, confirmed with RT-PCR to be markedly decreased in the atrial tissues of the AF patients compared with the non–AF mitral-valve replacement patients. (C) Combined experimental results for miR-1266 with SCN5A gene dual luciferase, indicating that the SCN5A gene is a target of miR-1266.
Calcium current

The L-type Ca\textsuperscript{2+} channel \(\alpha\)-subunit gene CACNA1C was found to be regulated by several different miRNAs (Fig. 2B). The expression of miR-377-5p increased 4.27-fold before RFA and decreased 102.89-fold after RFA in AF patients. This miRNA plays a key role in the regulation of CACNA1C expression and results in a reduction in the L-type Ca\textsuperscript{2+} current (\(I_{\text{Ca,L}}\)), shortening of APD and AERP and, in turn, in an increase in cardiac vulnerability to AF. L-type Ca\textsuperscript{2+} current reduced in about 60–70 % of patients with AF. These results are consistent with other findings that have shown a decrease in \(I_{\text{Ca,L}}\) in dogs undergoing rapid atrial pacing (17). Lu et al reported that miR-328 levels were elevated 3.5-fold in AF patients with a rheumatic heart valvular disease (21, 22), but in our study, miR-328 expression decreased 1.79-fold before RFA and increased 20.52-fold after RFA. The reason for this difference may be that our research subjects and sample differ from those in Lu et al’s study. We used the blood of AF patients with no valve disease, whereas Lu et al took atrial tissues from AF patients who had undergone mitral-valve replacement. Therefore, the miR-328 retention in the atrial tissue may be easily induced in cases of AF susceptibility and, when released into the blood, it may inhibit AF retention in the atrial tissue may be easily induced in cases of AF had undergone mitral-valve replacement. Therefore, the miR-328 disease, whereas Lu et al took atrial tissues from AF patients who

IKr and IKs

KCNH2 encodes the \(\alpha\)-subunit of the voltage-dependent delayed rectifier potassium channel (IkR), which is regulated by several kinds of miRNAs (Fig. 2D). The expression of miR-1266 increased 1.96-fold before RFA and decreased 249.86-fold after RFA, while the other associated miRNAs decreased before and increased after RFA. The synthetical levels of KCNH2 regulation and expression were increased. IkR was increased, APD and ERP were shortened, and AF susceptibility was enhanced in the pre-RFA stage, but these were reversed in the post-RFA condition. This is consistent with the theory of electrical remodeling (30), and it has further confirmed the effectiveness of the RFA intervention.

KI1

KI1, which plays an important role at the end stage of repolarization (32), was increased in patients with AF. KCN2 encodes the \(\alpha\)-subunit of the IK1 channel, which is mainly regulated by miRNAs shown in Figure 3B. Among these miRNAs, miR186-5p, miR98-5p, and miR-361-5p were down-regulated before RFA and increased after RFA, while the other associated miRNAs decreased before and increased after RFA. The synthetical expression of KCN2 was increased in patients with AF, but then a gradual decrease in persistent or chronic AF takes place due to the reduction in other ion currents such as \(I_{\text{Ca,L}}\), etc.

However, another previous study (29) found out that the density of Ikur was reduced in atrial myocytes from patients with AF. In the left and right auricles of patients with chronic AF, the Ikur density was reduced by 57 % and 51 %, respectively, which accompanied a decrease in KCNA5 expression. One possible explanation is that electrical remodeling causes an increase in KV1.5 in early AF, but then a gradual decrease in persistent or chronic AF takes place due to the reduction in other ion currents such as \(I_{\text{Ca,L}}\), etc.

Ito

The findings of a previous study showed that the Ito current was reduced in human and rabbit atrial cells from patients/animals with AF (35). KCND3 encodes the pore-forming subunit KV4.3 and plays an important role in the Ito current. In the current study, miR-133, which regulates KCND3, increased before and decreased
after RFA. The Ih reduction slowed down the phase 1 of AP and elevated the plateau, thus prolonging the ERP. The decrease in Ih was more pronounced in the left atrium than in the right atrium. This may be the basis of AF development (36–39).

**IKach**

The acetylcholine-activated K⁺ current (IKach) is a small inward-rectifying K⁺ current that mainly exists in the atrial muscle cell membrane (40). KCNC4 production, which is regulated by several miRNAs (Fig. 3C), plays an important role in the IKach current. In our study, the expressions of miR-4306, miR-186-5p, and miR-98-5p were decreased before RFA and increased after RFA. This resulted in KCNC4 expression being up-regulated, IKach being enhanced, and APD being shortened. However, a previous study (41) reported that in patients with persistent AF, the IKach current density decreased by about 50%, along with a decrease in the regulating miRNA level. A decrease in the IKach density may result in an increase in the atrial muscle excited heterogeneity, which may promote re-entrance and trigger the occurrence (38, 42). This may be related with the differences between phases of AF.

**SK**

Recent studies have shown that SK channels are small-conductance, calcium-activated potassium channels in human atrial tissue that play an important role in the APD, thus contributing to the cardiac repolarization current (43). In the current study, KCNN3, which encodes SK3, was observed to be regulated by several miRNAs (Fig. 3D). The levels of all these miRNAs were decreased before RFA and increased after RFA, while leading to an increase in KCNN3 before RFA, enhancement of the outward potassium currents, and elevated AF susceptibility. However, other studies have shown a significant increase in miR-499 in patients with AF, thus leading to SK3 down-regulation and possibly contributing to the electrical remodeling in AF (44, 45). These findings differ from our results; in the present study, there was no significant change in miR-499 expression, but the SK current was still increased in line with the theory of AF electrical remodeling (24). Additionally, a genome-wide association study has recently associated an intronic single-nucleotide polymorphism in KCNN3 with AF (46).

**Conclusion**

In conclusion, the findings of this study indicate that AF-RFA not only has the effect of electrical isolation of the pulmonary vein, but can also change or restore the main abnormalities in miRNAs regulating ion-channel proteins. This may be important for rebalancing the ion flow, reversing the electrical remodeling caused by AF, and maintaining the sinus rhythm. The miR-1266 was observed to regulate multiple ion channels, while its regulating trend was consistent with the theory of AF electoral remodeling, and its amplitude was large; therefore, it may be a suitable future target for AF intervention. However, further research with larger sample populations is still needed.

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