Case report

Visceral leishmaniasis caused by *Leishmania infantum* in a Spanish patient in Argentina: What is the origin of the infection? Case report

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Abstract

**Background:** The question "Where have you been?" is a common one asked by doctors in Northern Europe and America when faced with clinical symptoms not typical of their country. This question must also arise in the clinics of developing countries in which non-autochthonous cases such as the one described here can appear. Important outbreaks of *Leishmania infantum* have been recorded in the last decade in several Latin American countries but its presence has not yet been recorded in Argentina. We report the first case of visceral leishmaniasis owing to *L. infantum* in this country.

**Case presentation:** A 71-year-old Spanish woman who has been living in Mendoza, Argentina, during the last 40 years presented with a history of high fever and shivering, anemia, leukopenia and splenomegaly over two years. Argentinian doctors did not suspect visceral leishmaniasis even when the histological analysis revealed the presence of "intracytoplasmatic spheroid particles compatible with fungal or parasitic infection". After a serious deterioration in her health, she was taken to Spain where she was evaluated and visceral leishmaniasis was established. Specific identification of the parasite was done by PCR-ELISA, isoenzyme electrophoresis and RAPD-PCR.

**Conclusion:** We would like to point out that: i) cases such as the one described here, which appear in non-endemic areas, can pass unnoticed by the clinical physician. ii) in countries in which these introduced cases reside, in-depth parasitological studies are required into vectors and possible reservoirs to rule out the rare case of local infection and, once infection has taken place, to ensure that this does not spread by anthropogenic transmission or a competent reservoir.

**Background**

Leishmaniasis is a parasitic infection caused by the obligate intracellular protozoa *Leishmania* and is transmitted by the bite of the sand fly. *Leishmania* currently infects about 12 million people in 88 countries, with an approximated incidence of 0.5 million cases of visceral
leishmaniasis and 1.5 million cases of cutaneous leishmaniiasis [9]. The different clinical forms of leishmaniasis are the result of infection by different species of the parasite. Visceral leishmaniasis, fatal if left untreated, is typically caused by *L. donovani*, *L. infantum* and *L. chagasi* (synonymou to *L. infantum*). Visceral leishmaniasis due to *L. infantum* is a zoonosis in which dogs are the main reservoirs. In addition to the conventional zoonotic cycle, *L. infantum* infection could, in some cases, spread following an anthropogenic cycle. *L. infantum* is also responsible for cutaneous and mucosal leishmaniasis [1-3].

The question "Where have you been?" is a common one asked by doctors in Northern Europe and America when faced with clinical symptoms not typical of their country. There are numerous cases of visceral leishmaniasis and cutaneous leishmaniasis diagnosed in patients who have been travelling in the Mediterranean basin or Central or South America [4-8]. A similar situation occurs with veterinary surgeons and canine leishmaniasis. This question must also arise in the clinics of developing countries in which non-autochthonous cases such as the one described here can appear.

**Case presentation**

A 71-year old Spanish woman who has been living in Mendoza, Argentina, during the last 40 years. She has always been in good health and does not take regular medication. In June, 1998, she began to present high fever and shivering mainly in the evening and poor general health. She was submitted to in-depth clinical studies in Mendoza, Argentina, without reaching any definitive diagnosis. Laboratory examination revealed: haemoglobin: 9.4 g/dL, WBC: 1600 /mL with 13% lymphocytes and 4% mononuclear cells, and polyclonal immunoglobulinopathy. She had splenomegaly. She was treated with antipyretic agents (Metamizol) and empirical antibiotics (cephalosporines) and in October 1999 was submitted to splenectomy but continued with the same symptomatology. She had amastigotes compatible with fungal or parasitic infection. In spite of this diagnosis, visceral leishmaniasis was suspected. Bone marrow puncture was carried out and blood was extracted to obtain serum. The specific antibody titre against *Leishmania*, detected by indirect immunofluorescence was 1/1280 [9]. Microscopic observation of Giemsa-stained smears revealed the presence of amastigotes in bone marrow and the promastigote form was observed in Minimum Essential Medium Eagle (Gibco) supplemented with 20% fetal calf serum [10]. Kinetoplast DNA of *L. infantum* was detected in the bone marrow aspirate using PCR-ELISA [11]. Treatment with Glucantime® (20 mg/Kg daily for 4 weeks) [12] was followed by complete remission of symptoms and the patient returned to Mendoza, Argentina, in excellent health.

**Specific identification of the parasite**

PCR-ELISA [11] revealed that the species present was *L. infantum*, and after mass culture of the parasites, isoenzyme electrophoresis [13] in starch gel identified the strain (MHOM/3/2000/DPS17) as belonging to the zymodeme MON-27 of *L. infantum*. This zymodeme differs from *L. infantum* MON-1 in the NP1 enzyme that presents a relative electrophoretic mobility of 130 [14]. Also, the RAPD-PCR technique was applied [15] and revealed a closer association between the problem strain and a strain of *L. chagasi* used as a control (Figure 1).

**Discussion**

In Argentina, there have been a total of 16 recorded cases of leishmaniasis with visceral symptomatology since 1923. Of these, 2 were considered to have been imported from Italy [16] and Yugoslavia [17], one was of unknown origin [18], and the remaining 13 were autochthonous to the provinces of Salta, Jujuy, Santiago del Estero and Chaco (northern Argentina) [19-26]. In these provinces, tegumentary leishmaniasis (cutaneous, cutaneous mucosal and mucosal leishmaniasis) owing to *L.* (*Viannia*) *brazilensis* is endemic [26]. Recently, cases of tegumentary leishmaniasis caused by *L. (Leishmania) amazonensis* [27] have been described. There has also been a case of visceral leishmaniasis due to *L. (Leishmania) mexicana* in a patient with AIDS [28]. Owing to i) the absence of the *L. chagasi* vector where the cases appeared in Argentina, ii) geographical overlap with the region of endemic cutaneous leishmaniasis, iii) simultaneous symptomatology of tegumentary leishmaniasis and iv) a lack of parasite classification in recorded cases of visceral leishmaniasis, it has been postulated that these could be due to a visceralization of cutaneous leishmaniasis [26].

*L. (Leishmania) chagasi* is the etiological agent of visceral leishmaniasis in the New World and is considered to be synonymous to *L. infantum*, the only causal agent of visceral and tegumentary leishmaniasis in western European Mediterranean countries. Important outbreaks of *L. chagasi* have been recorded in the last decade and an increase in its distribution in several Latin American countries such as Brazil and Paraguay but its presence has not yet been recorded in Argentina [26]. The city of Mendoza, (32° 53’ LS, 68° 49’ LW) is more than 800 km away from the area
of transmission of tegumentary leishmaniasis or from the last recorded case of leishmaniasis with visceral symptomaticity in Argentina in 1989, in a completely different ecological region to those where sand fly insect vectors are found. This could explain why Argentinian doctors did not suspect this disease even when the histological analysis revealed the presence of intracellular parasites. On the other hand, sporadic cases of tegumentary leishmaniasis in migrants, an exotic disease in Mendoza but not in Argentina, were adequately recorded, diagnosed and treated by the local health service in Mendoza.

The patient travelled regularly to Spain, although when she became ill she had not been to this country in the previous two years. In 1985, she went on holiday to Brazil and six months before her first symptoms had visited Santiago de Cuba (Cuba) and Cancun (Mexico). Every year she goes to Santiago de Estero (Argentina) for 15–20 days, a place she had just visited before becoming ill and in which tegumentary leishmaniasis due to L. (Viannia) braziliensis is endemic [26,29].

In Mexico there are few cases of visceral leishmaniasis and these seem to be confined to the states of Chiapas, Guerrero, Puebla and Tabasco [1,30]. No case has been described in the Yucatan Peninsula, the region in which Cancun, the place visited by the patient, is located. Leishmaniasis is not endemic in Cuba [1,31] and these two countries can, therefore, be ruled out as the source of the infection. It is also unlikely that the infection took place in Brazil since the patient had not visited this country in the last 15 years. However, she always visited Spain during Summer and stayed for several months in regions known to be endemic for leishmaniasis in the provinces of Granada, Barcelona and Valencia. It is, therefore, likely that the patient was infected in Spain because of: i) more opportunities for infection due to the patient’s frequent and prolonged visits. ii) the enzymatic polymorphism of the isolate. This belongs to a different zymodeme than MON-1, the only one identified to date in America, while there is a clear presence of the L. infantum polymorphism in Spain [13,15].

Dendrograms constructed using the RAPD technique agree with those developed from isoenzymatic data for the separation of species but coincide little for within-species data, reflecting the heterogeneity of the strains belonging to the same zymodeme. Nevertheless, these RAPD dendrograms reflect a geographical struercturation of the isolates. Figure 1 shows how the isolate DP517 is separated from the strains of L. infantum isolated from southern Spain, possibly indicating that the infection did not happen in this Spanish region. In any case, if the patient had contracted the present infection in Spain this would

![Dendrogram](image-url)
correspond to a case of asymptomatic leishmaniasis for at least the first two years. This would not be very unusual since it is well known that infection by *L. infantum* can exist in a subclinical form in healthy individuals without a previous background of cutaneous or visceral leishmaniasis. In fact, in endemic regions there is a remarkably high proportion of asymptomatic carriers of *Leishmania* [32,33]. These asymptomatic individuals could, therefore, act as reservoirs for the parasite.

On the other hand, the RAPD results show a greater association between this strain and the *L. chagasi* control that would favour the infection occurring in Argentina. More recently, vectorial transmission of visceral leishmaniasis due to *L. infantum* in Argentinian territory has been found, and the only sand fly found south of 29° is limited to a very small area with unique ecological characteristics 1000 km from the patient’s place of residence. No sand flies have been recorded in the captures of insect vectors made to date in Mendoza nor are there any cases of autochthonous human or veterinary tegumentary or visceral leishmaniasis in this Argentinian province. Therefore, vectorial transmission of visceral leishmaniasis due to *L. infantum*-*chagasi* in Mendoza seems unlikely. On the other hand, the patient visited annually the province of Santiago de Estero, endemic for tegumentary leishmaniasis, with three cases of visceral leishmaniasis in the last few years, one concomitant with a mucocutaneous leishmaniasis; although *Lutzomyia longipalpis* was not found either in this province nor was there any record of visceral leishmaniasis in immunocompetent adults or in dogs.

**Conclusions**

We would like to point out that: i) cases such as the one described here, which appear in non-endemic areas, can pass unnoticed by the clinical physician. ii) in countries in which these introduced cases reside, in-depth parasitological studies are required into vectors and possible reservoirs to rule out the rare case of local infection and, once infection has taken place, to ensure that this does not spread by anthropopotic transmission or a competent reservoir.

**Competing interests**

None declared.

**Authors’ contributions**

JMNN and JPL carried out the clinical study of the patient in Spain. JMS and FMM carried out the culture and specific identification of the parasite and drafted the manuscript. ODS undertook epidemiological data of leishmaniasis in Argentina. All authors read and approved the final manuscript.

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