Respiratory Tract Epithelial Cells Express Retinaldehyde Dehydrogenase ALDH1A and Enhance IgA Production by Stimulated B Cells in the Presence of Vitamin A

Rajeev Rudraraju¹, Bart G. Jones¹, Sherri L. Surman¹, Robert E. Sealy¹, Paul G. Thomas²,³, Julia L. Hurwitz¹,³*

¹Department of Infectious Diseases, St Jude Children’s Research Hospital, Memphis, Tennessee, United States of America, ²Department of Immunology, St. Jude Children’s Research Hospital, Memphis, Tennessee, United States of America, ³Department of Microbiology, Immunology and Biochemistry, University of Tennessee Health Science Center, Memphis, Tennessee, United States of America

Abstract

Morbidity and mortality due to viral infections are major health concerns, particularly when individuals are vitamin A deficient. Vitamin A deficiency significantly impairs mucosal IgA, a first line of defense against virus at its point of entry. Previous reports have suggested that CD11c⁹⁰ dendritic cells (DCs) of the gastrointestinal tract produce retinaldehyde dehydrogenase (ALDH1A), which metabolizes vitamin A precursors to retinoic acid to support normal mucosal immunity. Given that the upper respiratory tract (URT) and gastrointestinal tract share numerous characteristics, we asked if the CD11c⁹⁰ DCs of the URT might also express ALDH1A. To address this question, we examined both CD11c⁹⁰ test cells and CD11cLo/neg control cells from nasal tissue. Surprisingly, the CD11cLo/neg cells expressed more ALDH1A mRNA per cell than did the CD11c⁹⁰ cells. Further evaluation of CD11cLo/neg populations by PCR and staining of respiratory tract sections revealed that epithelial cells were robust producers of both ALDH1A mRNA and protein. Moreover, CD11cLo/neg cells from nasal tissue (and a homogeneous respiratory tract epithelial cell line) enhanced IgA production by lipopolysaccharide (LPS)-stimulated splenocyte cultures in the presence of the retinoic acid precursor retinol. Within co-cultures, there was increased expression of MCP-1, IL-6, and GM-CSF, the latter two of which were necessary for IgA upregulation. All three cytokines/chemokines were expressed by the LPS-stimulated respiratory tract epithelial cell line in the absence of splenocytes. These data demonstrate the autonomous potential of respiratory tract epithelial cells to support vitamin A-mediated IgA production, and encourage the clinical testing of intranasal vitamin A supplements in vitamin A deficient populations to improve mucosal immune responses toward respiratory tract pathogens and vaccines.

Introduction

Vitamin A plays an essential role in a variety of biological functions including the development of healthy immune responses [1–5], and vitamin A deficiency is a leading cause of death by infection among children worldwide. Vitamin A deficiencies and insufficiencies exist in both developed and developing countries, particularly among premature infants [6–10].

Vitamin A is acquired in the diet and can be stored in the liver as retinyl esters or transported through the circulatory system in the form of retinol bound to retinol binding protein [11]. A ubiquitously distributed subfamily of enzymes, the alcohol dehydrogenases, convert retinol to retinaldehyde, but the further conversion of retinaldehyde to retinoic acid, the metabolite most relevant for activation of the immune response, requires a subfamily of aldehyde dehydrogenases (ALDH1A) with restricted tissue and cell distribution [12]. Retinoic acid functions by binding to retinoic acid receptors (RAR) and retinoid X receptors (RXR), which bind to retinoic acid response elements (RARE) and act as ligand-dependent regulators of transcription [13,14].

ALDH1A expression has been argued to occur primarily within a few cell types in the gut including dendritic cells (DCs), which upon metabolizing retinaldehyde to retinoic acid, can imprint B cells and T cells with homing receptors and enhance IgA production [15,16]. Based in part on the clear dependence of gut immune responses on vitamin A, the WHO recommends vitamin A supplementation in vitamin A deficient (VAD) populations at the time of polio virus vaccinations [17].

Given that there are numerous shared features between upper respiratory tract (URT) and gut mucosa, we previously asked if VAD animals would exhibit impaired immune responses of the respiratory tract [18,19]. Our experiments showed that VAD animals suffered a number of immune abnormalities including reduced frequencies of virus-specific IgA antibody forming cells (AFCs) in the URT and reduced titers of virus-specific IgA in nasal secretions. Given these effects, and with attention to the design of future therapies for vitamin A deficiency, we questioned whether...
the URT, like the gut, has autonomous potential to metabolize vitamin A and enhance IgA antibody responses.

Because previous literature had focused on the CD11c\textsuperscript{Hi} DCs of the gut as the prominent producers of ALDH1A, we were surprised to find that CD11c\textsuperscript{Lo/neg} cells from the URT expressed more ALDH1A mRNA per cell than did CD11c\textsuperscript{Hi} cells. Dissection of the CD11c\textsuperscript{Lo/neg} population showed that the URT epithelial cells were positive for mRNA expression and that epithelial cells of both URT and lower respiratory tract (LRT) tissues expressed robust levels of ALDH1A protein. We further showed that in the presence of vitamin A precursors, co-cultures with stimulated splenocytes and respiratory tract epithelial cells up-regulated IL-6, GM-CSF, MCP-1 and IgA.

Materials and Methods

Ethics Statement

All animal research was conducted in strict accordance with recommendations outlined in the guide for the care and use of laboratory animals of the National Research Council. Experiments were approved by the St. Jude IACUC (protocol #111). Every effort was made to minimize animal suffering.

Cell Lines

Cell lines included splenic macrophage lines MAC INF-4.2.9 and LIF 13-14, kindly provided by Dr. W.S. Walker [20] and LET1 (LET) cells, a homogeneous T1\textsuperscript{a}-positive C57BL/6 murine respiratory tract lung epithelial cell line immortalized with a retrovirus expressing the SV40 large T antigen (kindly provided by Dr. Carrie M. Rosenberger, Genentech).

Isolation of URT Nasal Tissue Cells

C57BL/6 mice (Jackson Laboratories, Bar Harbor, Maine) were anesthetized and then exsanguinated by clamping the axillary/brachial artery. Animals were then perfused with 10 ml of PBS to remove remaining blood. Cells were harvested by first detaching heads and removing skin, lower jaws, palates, muscles, cheek bones and incisors. Remaining snouts including both respiratory and olfactory regions were broken into pieces using a syringe plunger. They were then digested with collagenase type II (Worthington Biochemical Corp, Cat# LS004177, 200 units/ml), dispase (Becton Dickinson and Company, Cat# 354235, 50 units/ml) and DNase (Sigma-Aldrich, Cat# D4513,15 units/ml) for 1 hour at 37°C in a shaker at 225 rpm. Cells were washed through a 100 μm cell strainer and washed 2 x with complete medium (CM), a Modified Eagles Medium (Invitrogen, Grand Island, NY) supplemented with dextrose (500 μg/ml), glutamine (2 mM), 2-mercaptoethanol (3 x 10\textsuperscript{-3} M), essential and non-essential amino acids, sodium pyruvate, sodium bicarbonate and antibiotics [21], plus 10% heat inactivated fetal bovine serum (FBS). Dead cells were removed from cell populations with a Ficoll gradient (MP Biomedicals, LLC, Cat# 76526) at 4°C and RNA was extracted from 1 x 10\textsuperscript{5} cells per well. The extracted RNA was used for cDNA synthesis using Superscript II (Invitrogen, Cat#18080-044). One μl of the cDNA was used for PCR amplification with Platinum PCR SuperMix (Invitrogen, Cat#114348) and primers used in the analyses were: ALDH1A1 forward: 5'-GCTCCACACTTTTGTTGTACATGGGTTGTCC-3'; ALDH1A1 reverse: 5'-CCAGCGATCTTCTGTTGGAACTTGC-3'; ALDH1A2 forward: 5'-GACCTGTCTCAAGCTTGGAGTTG-3'; ALDH1A2 reverse: 5'-TCACCCATTTTCCTCCGTTTCC-3'; ALDH1A3 forward: 5'-GGACAGTTCTGGAATCCACTGTCAC-3'; ALDH1A3 reverse: 5'-TCAGGGTTCTCTTGTGTCAGAG-3'; GAPDH forward: 5'-CCAGGGTTTCCTCTGGCAGTT-3'; GAPDH reverse: 5'-GACTCAGTGCTAGAGCGAT-3'.

Separation of CD11c\textsuperscript{Hi}, CD11c\textsuperscript{Lo/neg}, and Macrophage Populations

CD11c\textsuperscript{Hi} and CD11c\textsuperscript{Lo/neg} cells were separated from NT cells, mesenteric lymph nodes (MesLN), and cervical lymph nodes (CLN) using CD11c microbeads (Miltenyi Biotech, Cat# 130-052-001) per manufacturer’s recommendations. Briefly, cell suspensions were incubated with 100 μl of the CD11c microbeads at 4°C for 15 min, washed, and passed through an MS column on a magnet. The bound cells contained the CD11c\textsuperscript{Hi} cells. The effluent was passed through another column on the magnet for maximal depletion of CD11c\textsuperscript{Hi} cells and the remaining cells were collected as the CD11c\textsuperscript{Lo/neg} population. FACS analyses were used to confirm phenotypes. Briefly, cell populations were stained with anti-CD11c antibody (PE-labeled antibody, Miltenyi) and 7-AAD dye for analysis on a FACS Calibur. Live cells and non-BCR were first gated on the basis of forward scatter and exclusion of 7-AAD dye. Histograms were then plotted for anti-CD11c antibody staining (CD11c\textsuperscript{Hi} and CD11c\textsuperscript{Lo/neg} populations) using FlowJo software. Histograms of the CD11c\textsuperscript{Hi} (red) and CD11c\textsuperscript{Lo/neg} (blue) NT cell populations and of control naïve splenocytes (green) are shown in Figure S1. Isolation of macrophages from NT cells was by percoll gradient separation followed by the sorting of live singlets for the phenotype F4/80\textsuperscript{+} (PE anti-F4/80 Biologend Cat#122616), CD11c\textsuperscript{Lo/neg} (PerCP Cy5.5-anti-CD11c BD Cat#560584), and CD11b\textsuperscript{+} (APC-anti CD11b BD Cat#553312) on a BD FACS Aria II sorter (>99% purity).

Enrichment of Epithelial Cells from URT or Lung by Negative Selection and Short Term Culture

To enrich epithelial cells for PCR analyses, URT and lung tissues were disrupted and digested with 200 μl/mL collagenase type II, 50 μU/mL dispase, and 15 μU/mL DNase. The mixture was then passed through a 100 μm cell strainer, washed, and plated in a cell culture T75 flask (Corning, Cat# 430641). After 1 hour at 37°C, non-adherent cells were collected and adherent cells were discarded. B and T cells were removed using Dynabeads Mouse Pan B (Invitrogen, Cat#114.41D) and Pan T (Invitrogen, Cat# 114.43D) per the manufacturer’s recommendations. The remaining cells were then plated at a density of 4 x 10\textsuperscript{5} cells/2 cm\textsuperscript{2} chambers, Lab Tek II 4 chamber slides, NUNC Cat# 153302, allowed to adhere during a 2 day culture at 37°C in CM, gently washed to remove non-adherent cells, and cultured for 2 additional days in CM.

PCR Analysis for ALDH1A mRNA

Cells were stored in RNA Protect Cell Reagent (Qiagen, Cat#76526) at −20°C and RNA was extracted from 1 x 10\textsuperscript{5} cells using RNeasy Plus Mini Kits (Qiagen, Cat# 74134). One third of the extracted RNA was used for cDNA synthesis using Superscript III (Invitrogen, Cat#18080-044). One μl of the neat or 1:10 serially diluted cDNA (of 40 μl total) was used for PCR amplification with Platinum PCR SuperMix (Invitrogen, Cat#11306-016). 1.2% agarose E-Gels (Invitrogen, Cat# G50101) were run with 5 μl of the PCR product, 2 μl of 10× Blue Juice (Invitrogen Cat# 10016-015) and 13 μl of dH\textsubscript{2}O. Stratagene Eagle Eye II was used to visualize the E-Gels. The primers used in the analyses were: ALDH1A1 forward: 5’-ATGGTGGAGCAAGAGCTTCTCTTCC-3’; ALDH1A1 reverse: 5’-CCAGCGATCTTCTGAATCCACTGTCAC-3’; ALDH1A2 forward: 5’-GACCTGTCTCAAGCTTGGAGTTG-3’; ALDH1A2 reverse: 5’-TCACCCATTTTCCTCCGTTTCC-3’; ALDH1A3 forward: 5’-GGACAGTTCTGGAATCCACTGTCAC-3’; ALDH1A3 reverse: 5’-TCAGGGTTCTCTTGTGTCAGAG-3’; GAPDH forward: 5’-CCAGGGTTTCCTCTGGCAGTT-3’; GAPDH reverse: 5’-GACTCAGTGCTAGAGCGAT-3’.

Co-culturing Splenocytes or Mixed, Purified B/T Cells with NT Cells or LET Cells

Splenocytes (4 x 10\textsuperscript{5} cells per well) or a mixed population of purified B/T cells (2 x 10\textsuperscript{5} B cells and 2 x 10\textsuperscript{6} T cells per well) were
incubated with \(2 \times 10^6\) CD11c\(^{Hi}\) or CD11c\(^{Lo/arg}\) NT cells or 1 \(\times 10^5\) LET cells in a 96 well flat bottom plate and stimulated with 1 \(\mu\)g/ml LPS with or without 1 \(\mu\)M retinol (Sigma-Aldrich, Co, Cat\# R7652) in a final volume of 200 ul CM per well [14]. Plates were incubated at 37°C for 7 days.

For cytokine neutralization experiments, antibodies were added at the initiation of co-cultures. Anti-GM-CSF was used at 10 \(\mu\)g/ml as recommended by the manufacturer or 20 \(\mu\)g/ml (BD Pharmingen, Cat\# 554405) and anti-IL-6 was used at 30 ng/ml as recommended by the manufacturer or 150 ng/ml (R&D Systems, Cat\# AF406NA).

B and T cells were purified per the manufacturers’ recommendations (Invitrogen, Dynabeads Mouse CD43 [Untouched B cells], Cat\# 11422D and Miltenyi, Pan T isolation Kit II, Cat\# 130-095-130). Briefly, for T cell purification, 1 \(\times 10^6\) spleen cells were incubated in 400 \(\mu\)l of buffer and 100 \(\mu\)l of Biotin-antibody cocktail for 10 minutes at 4–8°C. Buffer (300 \(\mu\)l) was added with 200 \(\mu\)l anti-biotin microbeads. Incubation was for 15 minutes at 4–8°C. Cells were washed with 10 \(\mu\)l of buffer, resuspended in 10 \(\mu\)l of buffer and divided into four portions of 2.5 \(\mu\)l, each passed through an individual MS column on a MACs magnetic cell sorter. Columns were washed 3 \(\times\) with 2.5 \(\mu\)l of buffer. The effluent contained the enriched T cells. For B cell purification, 1 \(\times 10^6\) spleen cells in 2 \(\mu\)l of isolation buffer were mixed with 250 \(\mu\)l of pre-washed Dynabeads Mouse CD43 and incubated at room temperature (RT) for 20 minutes on a rotating and tilting platform. Cells were mixed prior to addition of 4 \(\mu\)l isolation buffer and then placed on the magnet for 2 minutes. The medium containing the unbound cells was transferred to an empty tube and once again placed on the magnet to remove any remaining non-B cells.

### Depletion of Antigen Presenting Cells (APC) from Splenocyte Populations

APC were depleted using CD11c (Miltenyi, Cat\# 130-050-001) and CD11b (Miltenyi, Cat\# 130-049-601) microbeads. Briefly, CD11c\(^{+}\) cells were depleted by incubating 1 \(\times 10^6\) spleen cells in 400 \(\mu\)l of buffer with 100 \(\mu\)l of CD11c microbeads for 15 minutes at 4–8°C. Cells were washed with 15 \(\mu\)l of buffer, resuspended in 500 \(\mu\)l buffer and placed on a pre-rinsed MS column on a MACs separator. The column was washed on the magnet 3 \(\times\) with 500 \(\mu\)l buffer and the effluent containing the CD11c\(^{+}\) cell-depleted population was collected. For depletion of the CD11b\(^{+}\) population, cells in 900 \(\mu\)l of buffer were incubated with 100 \(\mu\)l of CD11b microbeads for 15 minutes at 4–8°C. Cells were washed with 15 \(\mu\)l of buffer, resuspended in 500 \(\mu\)l of buffer, and placed on a pre-rinsed MS column on a MACs separator. Again, the column was washed on the magnet 3 \(\times\) with 500 \(\mu\)l buffer and the effluent containing the CD11b\(^{+}\) cell-depleted population was collected.

### IgA ELISA

Culture supernatants were tested for IgA antibodies by ELISA. 96 well EIA/RIA plates (Corning, Inc, Cat\# 9018) were coated with 50 \(\mu\)l of a 1:1000 dilution of goat anti-mouse IgA-UNLB (Southern Biotech, Cat\# 1040-01) and incubated for 4 hours at 37°C. Plates were washed 4 \(\times\) with PBS and blocked overnight at 4°C with 200 \(\mu\)l of PBS containing 2% BSA (Sigma Aldrich, Cat\# A9412). Blocking buffer was removed and 50 \(\mu\)l of a 1:4 dilution of the samples were added to the wells. Mouse IgA (Southern Biotech, Cat\# 1040-04) in PBS containing 1% BSA and 0.1% Tween 20 for 1 hour at 37°C. Plates were washed 6 \(\times\) with PBS-Tween 20 (0.05%) and developed by addition of p-nitrophenyl phosphate substrate (1 mg/ml) in diethanolamine buffer (0.1 M TRIS, 0.1 M NaCl, 5% Diethanolamine, 10 mM MgCl\(_2\), pH 9.8). The assays were read at OD 405 nm (E max precision microplate reader, Molecular Devices, Inc, Sunnyvale, CA).

### Immunoﬂuorescence Assays

Snouts from naïve mice were ﬁxed with 10% formalin, deciﬁled with a mixture of formic acid and formaldehyde, sectioned and embedded in parafﬁn. Lungs were ﬁxed in 10% formalin and embedded in parafﬁn. Samples were deparafﬁnized twice for 10 minutes each with xylene. Sections were hydrated by exposure to decreasing concentrations of ethanol (100%, 95%, 70%, 50%, 30% and 0%) for 3 minutes each. Slides were blocked with PBS containing 7.5% BSA for 1 hour at RT. The slides were boiled gently for 30 minutes in heat induced epitope retrieval buffer containing 20 mM TRIS, 1 mM EDTA and 0.05% Tween 20 at pH 8.6. Slides were allowed to cool and washed with PBS for 10 minutes. They were then blocked with 7.5% BSA-PBS in a humidified chamber at RT and washed for 5 minutes with 2% BSA-PBS. Slides were stained with 400 ul of a 1:100 dilution of rabbit anti-mouse ALDH1A2 (Sigma Aldrich, Cat\# SAB453487) or control rabbit anti-goat IgG (Invitrogen, Cat\# A10537) in 2% BSA-PBS and incubated overnight at 4°C. Slides were washed 2 \(\times\) with PBS and stained with 400 \(\mu\)l of a 1:100 dilution of Alexa Fluor 568 donkey anti-rabbit IgG (H+L; Invitrogen, Cat\# A10042) in 2% BSA-PBS for 3 hours at RT in a humidified chamber. Slides were counterstained by placing two drops of Prolong Gold anti-fade reagent with DAPI (Invitrogen, Cat\# P36935). Images were acquired on a Nikon Eclipse E800 microscope.

### Cytokine Analyses

Cytokine/chemokine levels were measured in 25 \(\mu\)l of supernatants taken after 7-day cultures using Milliplex MAP Kit Mouse Cytokine/Chemokine 96-well plate assays (Millipore Corp, Cat\# MPXMCYT07KPMX13) per the manufacturer’s recommendations. The kit was designed to quantify GM-CSF, IFN\(_{\gamma}\), IL-1\(\beta\), IL-2, IL-4, IL-5, IL-6, IL-7, IL-10, IL-12, IL-13, MCP-1 (CCL2) and TNF\(\alpha\). Assays were analyzed using bead-based flow cytometry (Luminex 100/200 System, Luminex Corporation, Austin, TX). TGF\(\beta\) was tested with a Multi Species TGF-\(\beta\) Singleplex Bead Kit (Invitrogen, Cat\# LGH0121).

### Statistical Analyses

Statistical comparisons were made with unpaired Student’s T tests using GraphPad Prism Software. Values of p<0.05 were considered statistically significant. Experiments were repeated to ensure reproducibility.

### Results

#### Expression of ALDH1A mRNA among CD11c\(^{Hi}\) and CD11c\(^{Lo/arg}\) Cells

Previous literature has suggested that CD11c\(^{+}\) DCs from gut-associated lymphoid tissues (GALT) produce ALDH1A enzymes, metabolize retinaldehyde to retinoic acid, and imprint/activate B and T lymphocytes [15,16]. This information prompted us to question whether CD11c\(^{Hi}\) cells of the URT might also express ALDH1A mRNA. To answer this question, we enriched both CD11c\(^{Hi}\) and CD11c\(^{Lo/arg}\) populations from NT cells and cervical lymph node (CLN) cells. Mesenteric lymph node (MesLN) cells were used as positive controls [1]. RNA was extracted and cDNA
was synthesized using oligo-dT primers. We then performed semi-quantitative PCR with serially diluted cDNA.

As shown in Figure 1A, ALDH1A2 mRNA was present in the CD11c<sup>Hi</sup> populations from all three tissues. However, unlike the situation for CLN and MesLN, CD11c<sup>Lo/neg</sup> NT cells were also strongly positive for ALDH1A2 mRNA. In fact, on a per cell basis, expression amongst CD11c<sup>Lo/neg</sup> NT cells exceeded that of the CD11c<sup>Hi</sup> MesLN positive controls. Tests of ALDH1A1, ALDH1A2, and ALDH1A3 (Figure 1B) further showed that on a per cell basis, all three mRNA species were expressed better amongst CD11c<sup>Lo/neg</sup> NT cells than amongst CD11c<sup>Hi</sup> cells of NT.

To characterize the CD11c<sup>Lo/neg</sup> cell type that expressed ALDH1A mRNA, we tested NT populations that were FACSSorted for macrophages (F4/80<sup>+</sup>CD11c<sup>-</sup>CD11b<sup>+</sup>) along with two splenic macrophage cell lines, MAC INF4.29 and LIE 13–14 (kindly provided by Dr. W.S. Walker [20,22]). All signals were weak or negative (Figure 1C). We then enriched epithelial cells from NT and lung cells for testing. This was accomplished by isolating NT and lung populations and negatively selecting for rapidly adherent cells, B cells and T cells. The remaining cells were plated for two days in tissue culture, followed by removal of non-adherent cells and an additional two days in tissue culture. As shown in Figure 1C, the primary epithelial cell-enriched NT and lung populations (termed ‘NT epithelium’ and ‘Lung epithelium’ in the figure) each expressed ALDH1A2 mRNA. Finally, we examined a homogenous T<sub>1α</sub>-positive respiratory tract epithelial cell line (LET cells). As with the epithelial cell-enriched NT and lung populations, ALDH1A2 mRNA expression was high in the respiratory tract epithelial cell line (Figure 1C).

ALDH1A2 Protein is Constitutively Expressed at High Levels <i>in vivo</i> among Epithelial Cells Lining the URT and LRT Airways

To determine if our detection of ALDH1A mRNA was associated with protein production in the respiratory tract, we performed immunohistochemical analyses on tissue sections of the URT and LRT from naive C57BL/6 animals (Figure 2). We found that the predominant cells expressing high levels of ALDH1A2 protein in the URT were the epithelial cells lining the airway. We also observed rare positive cells underlying the respiratory tract epithelium, perhaps representative of the CD11c<sup>+</sup> DC population. In the lung, ALDH1A2 expression was most abundant in the bronchial epithelial cells as compared to alveolar cells. Clearly, ALDH1A expression is not confined to the gut; respiratory tract cells express the enzyme necessary for metabolism of retinaldehyde to retinoic acid.

CD11c<sup>Lo/neg</sup> Cells from the URT Enhance IgA Antibody Production in the Presence of Vitamin A

Given that URT CD11c<sup>Hi</sup> and CD11c<sup>Lo/neg</sup> cells express enzymes necessary for vitamin A metabolism, we asked whether they could also enhance IgA antibody secretion by stimulated B cells in the presence of vitamin A. To this end, we compared IgA levels following a 7 day co-culture of CD11c<sup>Hi</sup> or CD11c<sup>Lo/neg</sup> NT cells with LPS-stimulated spleen cells in the absence (Figure 3A) or presence (Figure 3B) of the retinoic acid precursor retinol. As shown in Figure 3, when retinol was added to LPS-stimulated splenocytes in the absence of NT cells, IgA expression increased moderately, suggesting that splenic cells (presumably DCs) have a limited capacity to metabolize vitamin A. The IgA was slightly higher when CD11c<sup>Hi</sup> NT cells were added to LPS-stimulated splenocytes in the presence of vitamin A, consistent with the expression of ALDH1A by CD11c<sup>Hi</sup> NT cells (Figure 1). However, IgA production was highest when CD11c<sup>Lo/neg</sup> NT cells and

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**Figure 1. URT cells express ALDH1A mRNA.** RNA was extracted from cells and cDNA was synthesized using oligo-dT<sub>20</sub> primers. Serial 1:10 dilutions of the cDNA were used for PCR amplifications. Gels were loaded from left to right with PCR products from serially diluted cDNA. The left-most columns were representative of products from ~1 x 10<sup>6</sup> cells. **Panel A.** Results are shown for NT cells (see Materials and Methods), cervical lymph nodes (CLN) and mesenteric lymph nodes (MesLN) of naive C57BL/6 mice, separated into CD11c<sup>Hi</sup> and CD11c<sup>Lo/neg</sup> populations and tested for ALDH1A2 and GAPDH mRNA. **Panel B.** CD11c<sup>Hi</sup> and CD11c<sup>Lo/neg</sup> NT populations were tested for ALDH1A1, ALDH1A2, ALDH1A3 and GAPDH mRNA. **Panel C.** Cells were tested for ALDH1A2 mRNA. Samples included NT cells that had been FACS-sorted for the F4/80<sup>+</sup>CD11c<sup>-</sup>CD11b<sup>+</sup> phenotype (abbreviated ‘F4/80<sup>+</sup>CD11c<sup>-</sup>’), two macrophage lines MAC INF4.29 and LIE 13–14, NT cells or lung cells enriched for epithelium by negative selection and short-term culture (see Materials and Methods), and LET cells. On a per-cell basis, the highest ALDH1A expression levels were among CD11c<sup>Lo/neg</sup> cell populations.

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retinol were added to stimulated splenocytes [14, 23]. IgA production in these cultures was reproducibly and significantly greater than IgA production in cultures lacking CD11cLo/neg NT cells (p = 0.03) or retinol (p = 0.04).

A Homogeneous Respiratory Tract Epithelial Cell Line Enhances IgA in Splenocyte Co-cultures

To confirm that epithelial cells can enhance IgA antibody responses, we replaced the CD11cLo/neg population with the homogenous respiratory tract epithelial cell line LET. As shown in Figures 4A and B, in the presence of retinol, LET cells significantly improved IgA production by stimulated B cells. A greater increase was induced by the combination of LET cells and retinol than by either LET cells or retinol alone. Nonetheless, we found that LET cells had no effect in the absence of conventional APCs. When CD11b+ and CD11c+ APCs were depleted, IgA stimulation was lost (Figure 4C). In addition, when purified splenic B cells and T cells were used as a replacement for splenocytes, LET cells were not sufficient to promote IgA production in the presence of LPS and retinol (Figure 4D). These results confirmed that respiratory tract epithelial cells have the capacity to enhance IgA antibody responses by stimulated B cells in the presence of vitamin A, provided that conventional APCs are present.

Respiratory Tract Epithelial Cells Alter the Cytokine Environment

Because IgA up-regulation in the co-culture system was likely mediated, at least in part, by cytokines/chemokines, we examined the levels of GM-CSF, IFNγ, IL-1β, IL-2, IL-4, IL-5, IL-6, IL-7, IL-10, IL-12, IL-13, MCP-1, TNFα, and TGF-β in culture supernatants. In Figure 5A-C are shown results for cytokines that were significantly and reproducibly increased when LET cells and
retinol were added to LPS-stimulated splenocyte cultures. Increases were observed in GM-CSF, MCP-1 (CCL2)[24] and IL-6 on day 7 of co-culture. Figure 5D shows that IFN\(\gamma\) was reciprocally reduced when LET cells were added to splenocyte cultures.

GM-CSF is well known for its capacity to activate DCs (and upregulate their retinoic acid–producing capacity [25]), while IL-6 is well known for its capacity to support IgA production by stimulated B cells in the presence of APCs. To determine if these two cytokines were necessary for induction of IgA antibody responses in our co-culture system, we neutralized cytokines with anti-IL-6 and anti-GM-CSF antibodies (Figure 5E). Antibody concentrations were used at concentrations recommended by manufacturers for neutralization and at higher doses (5\(\times\) for anti-IL-6 antibody and 2\(\times\) for anti-GM-CSF antibody, indicated as++ in Figure 5E). The addition of individual antibodies to cultures, even at levels exceeding those recommended by manufacturers, partially reduced IgA responses. However, when antibodies were mixed together at the recommended doses, IgA responses were reduced to near-background levels. These results demonstrated that IL-6 and GM-CSF jointly contributed to upregulation of IgA antibody responses in the co-culture setting.

Finally, we asked if the homogeneous LET respiratory tract epithelial cell line could directly secrete the upregulated cytokines/chemokines shown in Figures 5A–C. We cultured 10\(^4\) LET cells/well in CM with and without LPS and tested cultures on day 7 for the cytokines/chemokines GM-CSF, IFN\(\gamma\), IL-1\(\beta\), IL-2, IL-4, IL-5, IL-6, IL-7, IL-10, IL-12, IL-13, MCP-1, TNF\(\alpha\), and TGF\(\beta\). In the presence of LETs and LPS, but no other cell types, cytokines GM-CSF, MCP-1 and IL-6 were expressed at levels >150 pg/ml (Figure 5F). Both GM-CSF and IL-6 production were increased by LPS stimulation, whereas MCP-1 expression was constitutive. Clearly, the respiratory tract epithelial cells bore receptor molecules supportive of LPS activation in the culture system [26–28]. Cytokine/chemokine secretion did not require retinol in these cultures. Cytokines that were not reproducibly detected in LET cultures included IFN\(\gamma\), IL-1\(\beta\), IL-2, IL-4, IL-7, IL-10, and TNF\(\alpha\). The cytokine IL-5 was detected above background at low levels and was comparable in cultures with and without LPS. Cytokines IL-12 and IL-13 showed reproducibility, but only mild
increases in LPS-stimulated cultures. TGFβ levels (tested with a separate ELISA) did not exceed those of medium alone in LET cultures. Results for 13 cytokines/chemokines are shown in Table 1. These results show that the respiratory tract epithelial cells are independently capable of cytokine secretion and may contribute both directly and indirectly to the changes observed in the co-culture system (Figure 5A–C).

Discussion

We previously showed that vitamin A is critical for the normal development of virus-specific immune responses in the respiratory tract mucosa. Specifically, in a VAD mouse model, we demonstrated that both IgA antibody responses and CD8+ T cell responses toward an intranasal viral infection were impaired [18,19]. With a goal of correcting the defect, we sought to understand the potentials of URT cells and to test the hypothesis that URT cells can autonomously express ALDH1A. The possibility had not been previously tested, because previous literature suggested that retinoic acid metabolism was largely attributed to CD11c+ DCs of the gut, which were also able to imprint homing and activation potentials on B cell and T cell populations [15,16,25]. Surprisingly, we found that ALDH1A mRNA is expressed by both CD11c+Hi and CD11c+Lo/− cells of the URT and that ALDH1A protein is strongly expressed by epithelial cells lining the URT and LRT airways. Further, epithelial cells of the respiratory tract are able to up-regulate IgA production by stimulated B cells in the presence of retinol, a precursor of retinoic acid. Results emphasize that vitamin A metabolism is not dependent solely on intestinal cells and highlight shared features between the intestinal and respiratory tract mucosa [29].

Upper Respiratory Tract Epithelial Cell Potentials

It is well known that epithelial cells lining the respiratory tract provide a formidable barrier to viruses and other pathogens in the airway. Barriers are supported in part by the dense packing of cells and tight junctions between cells, and by the mucus layer, replete with mucus, anti-microbial peptides and inhibitory proteins (C-reactive protein, elastase, defensins, collectins (surfactant), lysozyme, and lactoferrin [30–32]). In addition to providing physical barriers, the respiratory tract epithelial cells actively sample viral antigens, secrete cytokines/chemokines, and modulate innate and adaptive immune responses at the site of infection [32]. These
processes are initiated when pathogen components bind the epithelial cell's germ-line encoded pattern recognition receptors (PRRs) [33] tailored for the class of infectious agent [34,35]. Once epithelial cells respond to pathogen associated molecular patterns (PAMPs), they transduce signals and upregulate cytokines/chemokines [36–42] to recruit and activate other immune effectors. Results in the present report add to current knowledge by demonstrating that respiratory tract epithelial cells situated at the pathogen's point-of-entry have the capacity to (i) express ALDH1A mRNA and proteins and (ii) induce vitamin A-dependent IgA. The quality and quantity of immune functions in the URT are critical to the outcome of infections, as inhibition of pathogen in the URT may prevent pathogen migration to mid- and lower-respiratory tract tissues and thereby prevent serious damage to the trachea and lungs.

**Cytokines, Vitamin A and IgA Upregulation**

In our in vitro system, cytokine/chemokine secretion was coincident with IgA up-regulation suggesting a cause-effect relationship. Specifically, GM-CSF, MCP-1 and IL-6 levels were enhanced and IFNγ levels were reduced in the presence of respiratory tract epithelial cells and retinol. The downregulation of IFNγ was not surprising as Th1 (IFNγ) and Th2 (IL-6) cytokines are often cross-regulated, due in part to the interplay of STAT1 and STAT3-dependent functions [43].

Inhibition of GM-CSF and IL-6 reduced IgA to near-background levels showing that these two cytokines were necessary for IgA production in our stimulated B cell cultures. We also showed that in the absence of splenocytes, the homogeneous respiratory tract epithelial cell line LET was independently capable of producing all three chemokines/cytokines; MCP-1 was constitutively expressed, whereas GM-CSF and IL-6 increased when LET cells were stimulated with LPS. Therefore, the cytokines/chemokines measured in co-cultures could have been, at least in part, produced directly by the input epithelial cells. Despite their cytokine/chemokine expression capacity, the LET cells were not capable of upregulating IgA in the absence of CD11b+ and CD11c+ cells. This may have been a consequence of too little cytokine/chemokine production by LET cells alone (note that only 10^3 cells were added to co-cultures), but APC contributions other than cytokine release [25,44,45] were likely essential for B cell activation. Important APC functions include secretion of soluble CD14 to assist LPS-mediated stimulation [27], activation of T cells, and facilitation of cognate B-T cell interactions.

We propose that IgA production by stimulated B cells is the consequence of a complex interplay among lymphocytes, APCs and epithelial cells. These cells rarely act in isolation, but are engaged in perpetual cross-talk. While epithelial cells trigger APCs (as with GM-CSF-driven DC maturation and induction of retinoic acid producing capacity [25]), APCs up-regulate epithelial cell activities. As in the gastrointestinal tract, respiratory tract APCs, stromal cells and lymphocytes must act in unison to define the cytokine/chemokine milieu, upregulate IgA, and modulate other pathogen-specific effector functions [46].

Our findings concerning vitamin A, cytokine production, and IgA up-regulation were consistent with previous reports, although previous studies have focused more directly on macrophages, DCs or T cells [47–50]. For example, it was previously shown that retinoic acid can interact with its receptors to enhance Th2 responses (e.g. IL-6) and suppress APC-mediated induction of IFNγ by Th1 cells [51,52]. Moreover, each of the three cytokines/chemokines MCP-1, GM-CSF and IL-6 have been shown to associate with improved IgA expression [24,53–56]. IL-6 support of the terminal differentiation of B lymphocytes into IgA-secreting cells is particularly well documented [57,58].

**A Working Hypothesis for Vitamin A-mediated Epithelial Cell Function in the URT**

Although a number of as yet unidentified factors likely contribute to vitamin A-dependent enhancement of IgA antibody responses in vivo, we propose one working hypothesis (illustrated in Figure 6) to explain activities in the URT epithelial cell lining. We propose that respiratory tract epithelial cells with ALDH1A activity are the first cells to react to pathogens and metabolize vitamin A. Their release of MCP-1 and GM-CSF will recruit adaptive and innate immune cells to the site of infection and stimulate DC maturation (leading to increased vitamin A metabolism by DCs)[25]. Cognate B-T cell interactions, facilitated by an abundance of IL-6 (likely secreted by epithelial cells, DCs and T cells) then drive the maturation of B cells to IgA-antibody forming cells, supporting IgA secretion and transcytosis into the URT lumen. This crucial first line of defense may then quell pathogens at their point-of-entry, preventing pathogen descent into mid- and lower respiratory tract tissues, and thereby preventing lung damage. Our working hypothesis may assist the design of future in vivo experiments.

**Clinical Implications**

Prompted by our finding that respiratory tract cells produce ALDH1A, we recently asked if intranasal vitamin A supplementation could correct impaired URT production of anti-viral IgA antibodies in the context of vitamin A deficiency. Vitamin supplementation by the intranasal route would be attractive in the clinical arena, as it would (i) deliver vitamin directly to the target tissue and bypass requirements for nutrient transport from the gut, a process that may be impaired in situations of malnutrition or disease, and (ii) allow co-formulation of vaccine with vitamin, simplifying the logistics of any vaccination/vitamin supplementation program. Our pre-clinical tests were successful in that intranasal vitamin A supplementation corrected impaired virus-induced IgA responses in VAD mice (unpublished data).

### Table 1. Upregulation of cytokines/chemokines by stimulation of respiratory tract epithelial cells.  

| Cytokine/Chemokine | Medium only | LET | LET+LPS |
|--------------------|-------------|-----|---------|
| GM-CSF             | <22.0       | 565 | 768     |
| IFNγ               | <2.4        | <2.4| <2.4    |
| IL-1β              | <1.6        | <1.6| <1.6    |
| IL-2               | <3.0        | <3.0| <3.0    |
| IL-4               | <2.9        | <2.9| <2.9    |
| IL-5               | <1.9        | 10.2| 11.3    |
| IL-6               | <3.2        | 1,264| 10,812 |
| IL-7               | <2.1        | <2.7| <2.7    |
| IL-10              | <2.7        | <2.1| <2.1    |
| IL-12              | <2.1        | <2.1| 27.3    |
| MCP-1              | <2.5        | >13,912| >13,912 |
| TNFα               | <2.6        | <2.6| <2.6    |

*LET cells (1 x 10⁴ cells per well) were cultured with or without LPS. A sample of culture supernatant (25 μl) was tested using bead-based flow cytometry to compare values (pg/ml). Values exceeding 150 pg/ml are bolded. doi:10.1371/journal.pone.0086554.t001
Vitamin A is essential for normal immune functions [3,59–61], but oral vitamin A supplementation can in some cases cause adverse events in pre-clinical and clinical settings [62–64]. By applying vitamin A intranasally rather than orally, systemic adverse events may possibly be eliminated. If this suggestion proves to be correct, the intranasal administration of vitamin A may ultimately enhance protection against respiratory pathogens in VAD populations worldwide.

Supporting Information

Figure S1 CD11c expression of selected NT cells. Following enrichment of CD11c^{hi} and CD11c^{lo/neg} cells from NT, phenotypes were confirmed by staining populations for membrane CD11c and examination by flow cytometry with a FACS Calibur. Live, non-RBC populations were first gated for analysis. Overlapping histograms represent the enriched CD11c^{hi} cells (red), CD11c^{lo/neg} cells (blue), and control naïve splenocytes (green). Relative cell numbers are shown on the Y axis and cell staining intensities are shown on the X axis.

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Author Contributions

Conceived and designed the experiments: RR BGJ SLS RES PGT JLH. Performed the experiments: RR BGJ SLS RES. Analyzed the data: RR BGJ SLS RES PGT JLH. Contributed reagents/materials/analysis tools: PGT JLH. Wrote the paper: RR BGJ SLS RES PGT JLH.

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