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Successful flow reduction surgery for a ruptured true posterior communicating artery aneurysm caused by the common carotid artery ligation for epistaxis

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Background: Carotid artery occlusion can lead to the development of rare true posterior communicating artery (PCoA) aneurysms because of hemodynamic stress on the PCoA. Surgical treatment of these lesions is challenging.

Case Description: The authors report a case of a true PCoA aneurysm that developed and ruptured 37 years after ligation of the ipsilateral common carotid artery for epistaxis. The lesion was successfully treated with clipping of the distal M1 segment of the middle cerebral artery (MCA) after the occipital artery-radial artery free graft-MCA bypass, which led to extreme reduction in collateral flow through the PCoA. A cortical branch, located just proximal to the obliteration site, functioned as a sufficient flow outlet. The aneurysm shrank, and the patient has been doing well without any symptoms for 5 years after surgery.

Conclusions: M1 obliteration combined with high-flow extra-intracranial bypass might be a promising option for a true PCoA aneurysm, and therapeutic design that leaves a sufficient flow outlet on the M1 is mandatory to avoid unexpected occlusion of the M1 and its perforators.

Key Words: Common carotid artery ligation, extra-intracranial bypass, flow reduction, true posterior communicating artery aneurysm

INTRODUCTION

A true posterior communicating artery (PCoA) aneurysm is defined as an aneurysm originating with and involving the PCoA itself. This aneurysm is extremely rare, comprising only 0.1–2.8% of all intracranial aneurysms. Carotid artery occlusion, whether iatrogenic, atherosclerotic, or congenital, can lead to the development and rupture of a true PCoA aneurysm, probably because of long-standing hemodynamic stress on the PCoA, which functions as a critical collateral pathway. In such cases, both surgical and endovascular treatment is challenging because they are not amenable to simple neck clipping or coil embolization. The authors herein report a case of a ruptured true PCoA aneurysm detected 37 years after ligation of the ipsilateral common carotid artery (CCA) for epistaxis. The lesion was successfully treated by means of clipping of the distal M1 segment of the middle cerebral artery (MCA) with the occipital artery (OA)-radial artery (RA) free graft-MCA bypass.
bypass, which led to extreme reduction of the collateral flow through the PCoA.

**CASE REPORT**

**History and findings**

A 62-year-old female presented with sudden headache and vomiting was referred to our institute. Her consciousness level was evaluated as 14 points on the Glasgow Coma Scale (E3V5M6), and no weakness was observed in her extremities. Computed tomography (CT) demonstrated subarachnoid hemorrhage [SAH; Figure 1a]. An interview revealed that she had experienced massive epistaxis and had been treated with emergent ligation of the right CCA at the age of 25. She had also suffered from SAH caused by rupture of a left internal carotid artery (ICA) aneurysm that had been treated by means of neck clipping at the age of 37.

Emergent digital subtraction angiography (DSA) revealed that the right CCA was occluded at its origin [Figure 2a]. The blood flow to the right MCA territory came mainly from the right posterior cerebral artery (PCA) through the enlarged PCoA, and an irregular-shaped aneurysm was found on the right PCoA [Figures 1b and 2b, c]. A right vertebral artery (VA) injection also detected collateral blood flow from the VA to the OA (through the dilated muscle branches) that had reversed toward the right external carotid artery (ECA) and the carotid bifurcation [Figure 2d]. The right ICA, ECA, and superficial temporal artery (STA) were found to be extremely small in caliber. The left ICA aneurysm had been completely clipped [Figure 2c]. The parietal branch of the left STA had been sacrificed by the previous craniotomy.

Diagnosis of the ruptured true PCoA aneurysm was made from the radiological data. The lesion did not appear amenable to simple neck clipping or coil embolization. Trapping of the PCoA with bypass to the anterior circulation was considered, but insufficient flow of the ECA precluded a standard bypass strategy such as STA-MCA bypass or ECA-RA-MCA bypass. In addition, trapping of the PCoA could cause thrombosis of the perforators arising from the PCoA, which could lead to thalamic infarction. A surgical treatment strategy in the acute stage, therefore, was abandoned, and the patient was kept under sedation for 14 days. When the sedative was discontinued, she was found to have right oculomotor nerve palsy (anisocoria) and mild left hemiparesis. Repeated DSA did not demonstrate vasospasm, but demonstrated enlargement of the aneurysm [Figure 1c].

**Surgical treatment**

Surgery to reduce the PCoA flow was designed to prevent rebleeding and further growth of the aneurysm. The strategy consisted of (i) OA-RA free graft-MCA bypass and (ii) subsequent obliteration of the distal M1 portion of the right MCA with a clip [Figure 3]. Although the patient initially refused surgery, informed consent was obtained, and surgery was performed. The surgical procedure consisted of two stages. In the first stage, an OA-RA free graft-MCA bypass was performed, and the patient was kept under sedation for 14 days. In the second stage, the distal M1 portion of the right MCA was clipped, and the patient was discharged after 24 days from the onset of the symptoms. The follow-up study showed a reduction of the aneurysm size [Figure 3].

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*Figure 1: Schema of the timing of imaging and surgery. (a) CT image obtained at onset showing subarachnoid hemorrhage. (b) Three-dimensional digital subtraction angiography (3D-DSA) showing an irregular-shaped aneurysm on the right posterior communicating artery (white arrow). (c) Follow-up 3D-DSA showing enlargement of the aneurysm (white arrowhead). (d) Postoperative 3D-DSA showing reduction of the aneurysm (double white arrowheads). (e) Follow-up three-dimensional CT angiography (3D-CTA) after 4 years showing further reduction of aneurysm.*
obtained finally, and the operation was performed 43 days after the hemorrhagic onset.

The patient was positioned supine with her head turned 80° to the left. A retromastoid linear incision was made to expose the OA and its dilated muscle branch. The RA was harvested from her left forearm. After the right frontotemporal craniotomy, the RA graft was implanted from the retromastoid field to the frontotemporal field through the subcutaneous tunnel. The Sylvian fissure was opened and the superior and inferior trunk (M2) of the MCA was exposed. The RA graft was anastomosed to the superior trunk in end-to-side fashion with interrupted 10-0 nylon sutures. Subsequently, the opposite side of the RA was anastomosed to the dilated muscle branch of the OA with interrupted 9-0 nylon sutures. After the bypass was opened, the M1 segment of the MCA was observed carefully. A cortical branch with 2 mm in caliber was found to originate from the M1 approximately 1.5 cm proximal to the MCA bifurcation. The M1 was then obliterated with two Sugita Elgiloy clips just distal to this point, leaving the cortical branch proximally to function as a flow-outlet.
of the collateral flow through the PCoA [Figure 3]. The flow of the bypass was confirmed with a Doppler microprobe.

**Postoperative course and follow-up**

Postoperative DSA revealed sufficient bypass flow perfusing the MCA territory and extremely reduced collateral flow through the PCoA [Figure 2e-h]. This flow directed to the cortical artery of the distal M1 as designed during the operation, preserving the flow of the M1 and its perforators [Figure 2g, h]. The size and shape of the aneurysm appeared to be reduced [Figure 1d]. The oculomotor nerve palsy and the left hemiparesis gradually improved, suggesting the reduced mass effect of the aneurysm.

After the placement of the ventricular-peritoneum shunt system for the hydrocephalus, the patient was discharged without major sequelae. Three-dimensional CT angiography performed 4 years after surgery demonstrated further reduction of the aneurysm [Figure 1e]. She has remained asymptomatic as of last follow-up, 5 years after surgery.

**DISCUSSION**

Long-standing hemodynamic stress following CCA occlusion can cause an ipsilateral true PCoA aneurysm. In the present case, the patient had undergone cervical CCA ligation for massive epistaxis at the age of 23. DSA on admission revealed that blood flow of the right MCA territory was supplied mainly from the PCA through the enlarged PCoA. Therefore, it is speculated that the PCoA had been subjected to excessive hemodynamic stress for 37 years, which led to the development of the true PCoA aneurysm and its rupture.

In the present case, a flow reduction strategy was adopted instead of conventional trapping of the PCoA. True PCoA aneurysms are usually not amenable to neck clipping, and the only surgical strategy reported has been the trapping of the aneurysm and the PCoA. This trapping surgery, however, poses the risk of ischemic complications caused by sacrifice of the perforators originating from the PCoA, which supply vital structures. Some authors have reported successful trapping of the PCoA without ischemic complications, which may be attributable to rich collateral flow from other vessels such as the posterolateral choroidal artery. The authors, however, avoided PCoA trapping for fear of ischemic complications that could severely affect the patient, who had exhibited good neurological status so far.

Obliteration of the distal M1 had reduced the collateral flow through the PCoA. The cortical branch remaining just proximal to the obliteration site functioned as a sufficient flow outlet, and the flow of the M1 and its perforators were well preserved. Although the aneurysm did not disappear, it did shrink, and the patient has been doing well for 5 years. Few reports exist regarding this kind of flow reduction surgery in MCA and basilar artery aneurysms. To the authors' knowledge, this is the first report of flow reduction targeting a true PCoA aneurysm.

OA-RA-MCA bypass was used to secure the MCA territory from the hemodynamic ischemia caused by the M1 clipping. Because the ipsilateral CCA had been previously occluded and the ECA was small in caliber, the authors judged that STA-MCA bypass or ECA-RA-MCA bypass was insufficient to supply the entire MCA territory. Bypass grafting from the contralateral STA, known as a “Bonnet” bypass, has been reported. In the present case, however, this strategy could not be adopted because the contralateral STA had been sacrificed in the previous craniotomy. A few reports exist of the OA-MCA bypass or VA-RA-MCA bypass. In the present case, the caliber of the distal OA was insufficient, and taking the transsylvian approach and the VA-RA-MCA bypass simultaneously seemed rather difficult due to the head position.

Surgical treatment of a secondarily formed, flow-related unclippable true PCoA aneurysm is quite challenging. Judging from the clinical course of the present case, M1 obliteration combined with high-flow extra-intracranial bypass might be a promising option. Obliteration designed to leave a sufficient flow outlet is mandatory to avoid unexpected occlusion of the M1 and its perforators.

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