Suppressed Retinal Degeneration in Aged Wild Type and APPswe/PS1ΔE9 Mice by Bone Marrow Transplantation

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Abstract
Alzheimer’s disease (AD) is an age-related condition characterized by accumulation of neurotoxic amyloid β peptides (Aβ) in brain and retina. Because bone marrow transplantation (BMT) results in decreased cerebral Aβ in experimental AD, we hypothesized that BMT would mitigate retinal neurotoxicity through decreased retinal Aβ. To test this, we performed BMT in APPswe/PS1ΔE9 double transgenic mice using green fluorescent protein expressing wild type (wt) mice as marrow donors. We first examined retinas from control, non-transplanted, aged AD mice and found a two-fold increase in microglia compared with wt mice, prominent inner retinal Aβ and paired helical filament-tau, and decreased retinal ganglion cell layer neurons. BMT resulted in near complete replacement of host retinal microglia with BMT-derived cells and normalized total AD retinal microglia to non-transplanted wt levels. Aβ and paired helical filament-tau were reduced (61.0% and 44.1% respectively) in BMT-recipient AD mice, which had 20.8% more retinal ganglion cell layer neurons than non-transplanted AD controls. Interestingly, aged wt BMT recipients also had significantly more neurons (25.4%) compared with non-transplanted aged wt controls. Quantitation of retinal ganglion cell layer neurons in young mice confirmed age-related retinal degeneration was mitigated by BMT. We found increased MHC class II expression in BMT-derived microglia and decreased oxidative damage in retinal ganglion cell layer neurons. Thus, BMT is neuroprotective in age-related as well as AD-related retinal degeneration, and may be a result of alterations in innate immune function and oxidative stress in BMT recipient mice.

Introduction
Advanced age represents the strongest risk factor for Alzheimer’s disease (AD) but is also associated with degenerative changes of brain and retina in the absence of clinical disease. Progressive visual deficits, such as reduced visual acuity and spatial contrast sensitivity, acquired color deficiencies, and decreased temporal resolving capacity, occur with advancing age even in the absence of specific disease [1]. Age-related neurodegeneration of retinal nerve fiber layer, ganglion cell layer and inner nuclear layer, as well as optic nerve axons, have all been described [2,3,4,5,6], and there is increased amyloid precursor protein deposition in retinal ganglion cell layer (RGCL) from aged patients without AD [7].

Pathologic changes of the visual pathways are well-characterized in AD as well. AD patients commonly experience altered spatial contrast sensitivity, susceptibility to visual masks, impaired ocular motility and abnormal pattern electroretinogram [8]. In addition to damage to central cortical visual pathways late in AD, recent studies have demonstrated retinal ganglion cell (RGC) degeneration [9], decreased thickness of the retinal nerve fiber layer [10], and optic nerve degeneration [11] that could account for some AD-related visual dysfunction. Amyloid β (Aβ) deposition, a neuropathological hallmark of AD in brain [12,13,14,15], is present in AD retina and lens [16,17] as well as other age-related diseases of retina such as glaucoma and age-related macular degeneration [16,18,19,20]. Aβ peptides are pleiotropic neurotoxins which directly damage neurons as well as indirectly cause neuron damage through neurotoxic innate immune activation [14,21,22,23] mediated by microglia [24]. Microglia are the primary innate immune effector cells in the central nervous system (CNS), and respond to toxic stimuli via multiple functions, including migration to the insult, phagocytosis of toxic molecules or debris, and elaboration of immunomodulatory molecules, such as cytokines and chemokines, as well as directly neurotoxic reactive oxygen species (ROS) [25,26]. Microglia can be both beneficial and harmful, depending on the balance between neuroprotective and cytotoxic functions [27,28,29], but innate immune activation is altered in chronic neurodegenerative conditions to promote exaggerated microglial responses and a predominance of neurotoxic proinflammatory and oxidative microglial activity [30]. Thus, an important therapeutic challenge is balancing deleterious and beneficial aspects of microglial activation to promote a neuroprotective phenotype.

While there continues to be much debate about the extent of peripheral (blood derived) monocyte engraftment in the CNS in the absence of experimental manipulation or disease [31], numerous studies have confirmed that bone marrow transplantation (BMT) combined with preconditioning irradiation results in robust

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Engraftment of donor microglia in brain [32,33,34,35] and retina [36,37]. Previous studies in brain demonstrated that BM-derived microglial cells reduced the brain Aβ plaque burden in experimental AD [34]. We recently expanded upon this work in brain by demonstrating that high dose cranial irradiation alone does not alter cerebral Aβ burden in APPswe-PS1ΔE9 mice, that BM-derived microglia engraftment is increased in APPswe-PS1ΔE9 mice compared with wild type (wt) controls, and that BM-derived microglia engraftment is necessary for reduced Aβ [32].

As in AD patients, APPswe-PS1ΔE9 mice exhibit neurotoxic Aβ peptide deposition in retina [22,38]. Here, we tested the hypothesis that BMT would be neuroprotective in retina in experimental AD by mediating a reduction in Aβ peptide levels and Aβ neurotoxicity. First, we further characterized the retinal neuropathology of APPswe-PS1ΔE9 mice and then examined retinas of wt and APPswe-PS1ΔE9 mice that received BMT from allogeneic wt;GFP donors. We confirmed robust BM-derived microglia engraftment in retina and identified significant reductions in Aβ. We also identified significantly increased RGCL neurons in APPswe-PS1ΔE9 and wt mice that received BMT, which prompted us to test the hypothesis that BMT was neuroprotective in AD-related as well as age-related retinal neurodegeneration. We show that BMT mitigates RGCL neuron loss due to age and AD, and provide evidence that age and AD-related neuroprotection by BMT may be mediated through MHC class II expression and reduced oxidative stress.

Materials and Methods

Animals

The experimental groups and manipulations are depicted graphically in Fig. 1. All procedures in this study were approved by the University of Washington Institutional Animal Care and Use Committee. Mice were originally obtained from Jackson Laboratories (Bar Harbor, ME) and bred in our colony. BMT were performed in female B6C3F1/J hemizygous APPswe-PS1ΔE9 transgenic mice and their wt littermate controls using male C57BL/6 mice hemizygous for enhanced green fluorescent protein (GFP) mice as donors. The APPswe transgene encodes a mouse-human hybrid transgene containing the mouse sequence in the extracellular and intracellular regions and a human sequence within the Aβ domain with Swedish mutations K594N and M595L [39,40]. The PS1ΔE9 transgene encodes exon-9-deleted human presenilin-1. Both transgenes are co-expressed under control of the mouse prion promoter with plaque deposition beginning at 5 months of age [39,40]. GFP expression is under control of the β-actin promoter and cytomegalovirus enhancer.

Irradiation and Bone Marrow Transplantation

Irradiation was applied to 5-month-old mice as a preconditioning therapy for BMT-recipients or to the head only as an irradiation control. 24 hours prior to BMT, APPswe-PS1ΔE9 transgenic mice and their age-matched wt controls received whole body 10.5 Gy single dose irradiation at a rate of 2 Gy per minute from a Cesium-137 source [J.I. Shepherd, Model
Control wt and APPswe-PS1ΔE9 mice were age-matched and either received no irradiation or had the same radiation dose applied to the head only with 5 cm of lead shielding (equivalent to 7.7 half-value layers = less than 0.5% of the total dose) to the neck, body and tail [32]. BMT followed an established protocol [32,41]. BM cells were isolated from 10-week-old male donor GFP-expressing wt mice by flushing the femur and tibias with R10 media (RPMI with 10% fetal bovine serum). The samples were combined, passed through a 25-gauge needle filtered through a 70 μm nylon mesh, and centrifuged. Erythrocytes were lysed in ammonium chloride potassium (ACK) lysing buffer (Invitrogen, Carlsbad, CA) and the remaining leukocytes were

Figure 2. Increased microglia density in experimental AD is mitigated by BMT. A: Representative retinal cryosections from wt (left) and APPswe-PS1ΔE9 mice (right) were stained with anti-Iba-1 antibody and visualized with Cy3-conjugated secondary antibody. Ramified microglia were primarily identified in ganglion cell layer (gcl), inner plexiform layer (ipl) and outer plexiform layer (opl) in wt and APPswe-PS1ΔE9 retinas. B: Unbiased stereologic analysis revealed increased microglia density in control (untreated) APPswe-PS1ΔE9 retina compared with wt control mice (*P<0.05, n = 7–9, student’s t test). C: Average Iba-1+ microglia density in the different retinal layers. Significantly higher numbers of Iba-1+ microglia were noted in gcl, ipl and opl in APPswe-PS1ΔE9 mice (*P<0.05, ***P<0.001, n = 7–9, two-way ANOVA followed by Bonferroni post test.) Confocal images from wt (D) and APPswe-PS1ΔE9 (E) retinas immunostained with Iba-1 (red) demonstrate that BM-derived GFP+ cells (green) exhibited ramified microglia morphology and had near-uniform expression of Iba-1. In both wt and APPswe-PS1ΔE9 BMT recipient mice, host microglia were almost completely replaced with BM-derived cells. F: Unbiased stereologic quantitation of retinal microglia engraftment revealed 91.2±4.0% of wt and 73.2±16.0% of APPswe-PS1ΔE9 Iba-1+ microglia were BM derived (GFP+). G: Microglia density in retina of wt BMT recipients was not different from non-transplanted wt mice, but BMT in APPswe-PS1ΔE9 mice normalized microglia density to wt levels. Data are percent of wt Iba-1+ cells/mm² in non-transplanted APPswe-PS1ΔE9 untreated mice (AD no Tx) or APPswe-PS1ΔE9 and wt BMT recipients (*P<0.05, **P<0.01, n = 6–10, one-way ANOVA followed by Bonferroni post test). Scale bars = 30 μm.

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Figure 3. Aβ and PHF-tau are reduced in retina of APPswe-PS1ΔE9 BMT recipient mice. A: Representative photomicrographs of Aβ deposition in non-transplanted, age-matched APPswe-PS1ΔE9 control retina (top, AD No Tx) or APPswe-PS1ΔE9 that received BMT (bottom, AD BMT) stained with anti-Aβ antibody and visualized with Cy3-conjugated secondary antibody (red). Region of inset is indicated by arrows. Scale bar = 50 μm. B: Quantitative analysis of Aβ immunofluorescence using a standardized digital thresholding protocol demonstrated significant reduction in retinal Aβ in BMT APPswe-PS1ΔE9 mice compared with non-transplanted APPswe-PS1ΔE9 control mice (***P<0.001, n = 6, student’s t test). C: Representative photomicrographs of PHF-tau immunofluorescence in retinal ganglion cell layer (RGCL) (arrows) of non-transplanted, age-matched control APPswe-PS1ΔE9 mice (top, AD No Tx) compared with APPswe-PS1ΔE9 BMT recipients (bottom, AD BMT). Nuclei were counterstained with DAPI (blue). Scale bar = 30 μm. D: Quantitative analysis of PHF-tau immunofluorescence using a standardized digital thresholding protocol demonstrated significant reduction of PHF-tau in APPswe-PS1ΔE9 BMT-recipients compared with non-transplanted controls (*P<0.05, n = 6, one-way ANOVA analysis with Bonferroni post test).

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resuspended in sterile phosphate buffered saline (PBS) at a concentration of \( \sim 5 \times 10^6 \) viable nucleated cells per 200 µl. APPswe-PS1ΔE9 or wt BMT recipient females received retro-orbital venous plexus injections one day after irradiation.

### Tissue Processing and Immunofluorescence

Eight months post-transplantation, recipient mice were given intraperitoneal (i.p.) injections of 50 µg/g body weight bromodeoxyuridine (BrdU) (Sigma-Aldrich, St. Louis, MO) for three consecutive days. 24 hours after the last BrdU administration, animals were anesthetized with avertin, and were transcardially perfused with ice-cold PBS. Eyes were rapidly dissected out and the cornea and lens were removed, and then were post-fixed in 4% PFA for 24 hours at 4°C and cryoprotected in 5%, 10% and 20% sucrose for 30 min each. Although whole mount retinas would provide better architectural cytomorphology, we chose to section the globes rather than perform whole mounts in order to preserve the ability to perform multiple immunostains in each eye. Eyes were oriented, embedded in Optimal Cutting Temperature (OCT) Compound (Tissue Tek, Torrance, CA), and were serially sectioned on a cryostat (Leica CM3050; Leica Microsystems GmbH, Wetzlar, Germany) at 25 µm or 40 µm thickness and were mounted on a repeating series of slides to ensure unbiased sampling. Sections were stored at \(-20^\circ\)C until performing immunohistochemistry. Cryosections were blocked for 1 hour in 5% normal donkey serum (Jackson ImmunoResearch, West Grove, PA) containing 0.3% Triton X-100 in PBS and then were incubated with primary antibodies diluted in 0.3% Triton X-100 in PBS overnight at 4°C. For BrdU immunofluorescence, sections were pretreated in 2N HCl for 30 min at 37°C prior to blocking in 10% normal goat serum with 2% BSA (Sigma-Aldrich, St. Louis, MO). Primary antibodies included anti-ionized calcium binding adaptor molecule 1 (Iba-1) (Wako, Richmond, VA; 1:500), anti-Aβ peptides (Covance, Princeton, NJ; 1:1000), anti-NeuN (Millipore, Billerica, MA; 1:500), anti-paired helical filament (PHF)-tau (Thermo Scientific, Rockford, IL; 1:100), anti – 8 – hydroxydeoxyguanosine (8-OHdG) (Abcam, Cambridge, MA; 1:200), anti-MHC class II (Novus Biologicals, Littleton, CO; 1:400), and anti-BrdU (Accurate Chemical, Westbury, NY; 1:400). The following day the sections were treated for three hours with species-appropriate secondary antibodies conjugated to Cy3 (Jackson ImmunoResearch, West Grove, PA; 1:400) or Alexa Fluorescence 647 (Invitrogen, Carlsbad, CA; 1:100). Coverslips were fixed using Prolong-Gold Anti-Fade with 4',6-diamidino-2-phenylindole (DAPI) (Invitrogen, Carlsbad, CA) as a nuclear counterstain.

To determine the immunofluorescence relative intensity (\( R_i \)) per individual cell, two images of each retina (1 central and 1 peripheral) from different individuals per group were acquired through a fluorescent microscope (Melville, NY) at 200× magnification. All slides were previewed and optimum exposure time and gain was calculated for a standardized data acquisition. The MHC class II immunofluorescence relative intensity was evaluated on microglia along the RGCL, inner plexiform layer, inner nuclear layer, outer plexiform layer and outer nuclear layer. 8-OHdG intensity was measured on GCL neurons of all slides. A software-based processing with standardized background subtraction and analysis was applied to the digital images using Image J program (NIH, Bethesda, MD).

**Figure 4.** BMT mediates neuroprotection of RGCL neurons in APPswe-PS1ΔE9 and wt mice. **A–C:** RGCL neurons were identified using anti-NeuN antibody and visualized with Cy3-conjugated secondary antibody in 13-month-old APPswe-PS1ΔE9 and wt mice. Representative photomicrographs of NeuN+ RGCL neurons in control (A, top) and BMT-recipient (A, bottom) APPswe-PS1ΔE9 mice demonstrate neuroprotective effects of BMT through preservation of RGCL neurons (B) and inner retinal (NFL+RGCL-IPL) thickness (C). **D–E:** Representative photomicrographs of NeuN+ RGCL neurons in 13-month-old control (D, top) and BMT-recipient (D, bottom) wt mice also demonstrate neuroprotective effects of BMT through preservation of RGCL neurons (E). **F:** No effects on retinal thickness in wt recipients compared with the wt controls. *P<0.05, n=6–10, student’s t test. Scale bar = 50 µm.

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Analysis of Engraftment of BM-derived Cells in Retina

To quantify retinal Iba-1-immunopositive microglia and BM-derived cells (GFP$^+$), two nonadjacent central sections from both eyes of each mouse were analyzed at 200× magnification using a Nikon Eclipse 80i upright fluorescent microscope (Melville, NY) and StereoInvestigator software (MicroBrightfield, Williston, VT). The retina from each globe section was traced in StereoInvestigator. All Iba-1 immunopositive cells with a nucleus were counted throughout the total retinal area and cross-sectional thickness and recorded as Iba-1$^+$, GFP$^+$, or Iba-1/GFP-double positive. Cell density for the retina was determined by the total area of each cross-section divided by the total cell population. Cell density for retina layers was determined by the total length of each retina divided by the total cell population. Cells in the nerve fiber layer and RGCL, inner plexiform layer, inner nuclear layer, outer plexiform layer, and outer nuclear layer were specifically recorded as Iba-1$^+$, GFP$^+$, or Iba-1/GFP-double positive in relation to their specific layer. Non-irradiated, non-transplanted age matched wt and APPswe-PS1ΔE9 mice were used as controls. Cell counts were normalized to the total counting area from each section of retina. Observers were blinded to experimental conditions in all cases.

Quantitation of Retinal Aβ and Paired Helical Filament (PHF)-tau

Aβ and PHF-tau quantitation was performed on representative retinal sections according to our previously published protocol [42] modified for fixed cryostat sections. Photomicrographs were acquired from standardized peripheral, middle, and central retina from each section using a Nikon Eclipse 80i upright fluorescent microscope (Melville, NY) with the same magnification (200×), exposure time (200 ms), gain value (1), and other parameters for all the images. Optical sections were imported into the ImageJ software program (NIH, Bethesda, MD), converted to gray scale, and the total area of immunoreactivity was determined using a standardized histogram-based threshold technique. Total retinal area was used to normalize the data by computing the percent retinal area occupied by Aβ-immunoreactivity. For PHF-tau quantitation, a constant threshold value was applied to all the images using ImageJ and the number of pixels that matched or exceeded the set threshold value was calculated for each image and then divided by the total number of pixels in the image to determine the fluorescence intensity index. Results are expressed as a percent of wt control.

Inner Retina Assessments

RGCL neurons were counted in sections on 20× fields. Only central sections located at or within 500 μm near the optic nerve head were used for counting. Within a section, NeuN$^+$ cells were counted in a full length of retina on each side of the optic nerve head. This method was repeated on five sections per retina. For...
an individual retina the number was the average of the five counts. Six or more retinas of each genotype were quantified. Inner retinal atrophy was assessed by measuring inner retinal thickness using photomicrographs of preselected regions of central and peripheral retina in two non-adjacent central cross sections that were acquired at a magnification of 200× using a Nikon Eclipse 80i microscope. The thickness of the combined inner plexiform, ganglion cell, and nerve fiber layers (IPL-GCL-NFL) was measured using the ImageJ program. Apoptotic cell death was detected by a terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling (TUNEL) assay (In Situ Cell Death Detection Kit, TMR red, Roche Ltd.) according to the protocol provided by the manufacturer. TUNEL and BrdU double-labeled using NeuN antibody; BrdU+ or TUNEL+ RGCL NeuN+ neurons in two central retinal sections per globe were counted by a blinded observer. Cell counts were normalized to length of RGCL as determined using ImageJ software.

Statistical Analysis
Where applicable, multiple comparisons were performed by one or two way analysis of variance (ANOVA) followed by Bonferroni post test or student’s unpaired t test using GraphPad Prizm software (San Diego, CA). Statistical significance was assumed if P<0.05. Values were graphically represented as mean ± SEM from all individuals in each group of animals.

Results

BMT Results in Robust Donor Microglia Engraftment and Normalization of Total Microglia in APPswe-PS1ΔE9 Retina

Microglia are the principle innate immune effector cells in brain and retina and are implicated in Aβ-related retinal degeneration [25,26]. We hypothesized that BMT-mediated mitigation of pathologic changes in AD retina would necessarily require engraftment of transplanted cells. However, in order to understand the effects of BMT on resident microglia, we first characterized Iba-1 immunopositive microglia in non-transplanted, aged (13-month-old) wt and APPswe-PS1ΔE9 control retina. Iba-1 is a calcium binding adaptor protein that is expressed in monocytes, macrophages and microglial. Iba-1 immunopositive cells in wt and APPswe-PS1ΔE9 retina exhibited a range of morphologies from classically ramified (small soma and multiple long delicate processes) to reactive (cytoplasmic enlargement and fewer, coarser processes) (Fig. 2A). In agreement with previously published observations, microglia in APPswe-PS1ΔE9 mice were identified in outer plexiform layer in addition to layers of inner retina normally populated with microglia [22]. Stereologic quantification of Iba-1+ cells revealed 48.5±19.9% more Iba-1+ cells in APPswe-PS1ΔE9 retina compared with wt (Fig. 2B, P<0.05, student’s t test). Quantification of Iba-1+ microglia in different retinal layers demonstrated significantly more Iba-1+ cells in RGCL, inner plexiform layer and outer plexiform layer of APPswe-PS1ΔE9 compared with wt mice (Fig. 2C, ***P<0.001, **P<0.01, n=6, student’s t test).

We next evaluated BMT-recipient mice for engraftment of donor cells by quantifying the amount of total Iba-1+ microglia that were also GFP+. Photomicrographs from representative wt (Fig. 2D) and APPswe-PS1ΔE9 (Fig. 2E) mice that received wtGFP BMT demonstrated similar Iba-1+ microglia morphology, density and distribution between host strains. BM-derived cells were located predominantly in the ganglion cell and inner plexiform layers in both strains, consistent with the observations of others [43]. BM-derived microglia engraftment was remarkable in both wt (91.2±4.0%) and APPswe-PS1ΔE9 (73.2±16.0%) recipients. There was no significant difference between recipient strains although variability was increased in APPswe-PS1ΔE9 BMT recipients (Fig. 2F). These findings are broadly consistent with those of other investigators who described robust long-term BM-derived cell engraftment in mouse retina after whole body irradiation [43]. We quantified total retinal microglia in BMT-recipients in order to determine whether BMT cells replaced or supplemented resident microglia and found, surprisingly, that total microglia in wt and APPswe-PS1ΔE9 BMT-recipient mice were significantly lower than non-transplanted control APPswe-PS1ΔE9 retina but not significantly different from non-transplanted wt retina (Fig. 2G), indicating that BMT resulted in normalization of total microglia to non-disease levels.

BMT Reduces Aβ and PHF-tau Immunofluorescence in APPswe-PS1ΔE9 Retina

The pathologic hallmarks of AD brain are Aβ deposits in the form of neuritic plaques and tau aggregation in the form of neurofibrillary tangles (NFT), but neither of these classical structures has been described in human or mouse retina. In agreement with others, we also did not identify neuritic plaques or NFT in APPswe-PS1ΔE9 retina. However, in agreement with previous reports, immunofluorescence stains of non-transplanted 13-month-old APPswe-PS1ΔE9 mice revealed extensive Aβ deposition with numerous focal plaque-like densities in a background of variably intense immunoreactivity that was mainly present in the RGCL and inner >outer plexiform layers (Fig. 3A, upper panel). A representative photomicrograph of an APPswe-PS1ΔE9 BMT-recipient retina (Fig. 3A, lower panel) shows a clear and significant reduction in Aβ that on average was 60.7±5.8% less than non-transplanted controls (Fig. 3B) and was even more effective than BMT-mediated reduction of Aβ in brain. The pathological counterpart to Aβ in AD is the accumulation of intracellular PHF-tau, which is neurotoxic [44,45]. Previous studies have demonstrated hyperphosphorylated tau in the APPswe-PS1ΔE9 mouse brain [46], so we evaluated PHF-tau immunoreactivity in APPswe-PS1ΔE9 retina. We found intense intracellular staining predominantly localized...
to RGC soma and processes in non-transplanted 13-month-old APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice (Fig. 3C, upper panel). BMT resulted in reduced RGCL PHF-tau as demonstrated by a representative photomicrograph (Fig. 3C, lower panel). PHF-tau immunofluorescence is primarily detected in RGCL neurons in non-transplanted wt and APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice in a diffuse, perikaryal pattern. However, only focal, punctate immunostaining was observed in retinas from wt and APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice that received BMT. Arrows indicate regions highlighted in insets. Scale bar = 20 μm. B: Quantification of PHF-tau immunofluorescence relative intensity in RGCL neurons confirmed a significant reduction in PHF-tau immunostaining in wt and APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice that received BMT compared with non-transplanted controls, respectively. ***P<0.001, n = 6–10, two-way ANOVA followed by Bonferroni post test. doi:10.1371/journal.pone.0064246.g008

Figure 8. BMT results in reduced RGCL oxidative stress in aged wt and APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice. A: Immunofluorescence stains for 8-OHdG (red), an indicator of oxidative stress, are shown in representative retinal cross-sections from age-matched wt (left column) or APP<sup>swe</sup>-PS1<sup>D</sup>E9 (right column) mice that received no BMT transplant (top row) or BMT (bottom row). 8-OHdG immunofluorescence is primarily detected in RGCL neurons in a diffuse, perikaryal pattern. However, only focal, punctate immunostaining was observed in retinas from wt and APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice that received BMT. Arrows indicate regions highlighted in insets. Scale bar = 20 μm. B: Quantification of 8-OHdG immunofluorescence relative intensity in RGCL neurons confirmed a significant reduction in 8-OHdG immunostaining in wt and APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice that received BMT compared with non-transplanted controls, respectively. ***P<0.001, n = 6–10, two-way ANOVA followed by Bonferroni post test.

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Retinal Ganglion Cell Neuroprotection in Aged WT and APP<sup>swe</sup>-PS1<sup>D</sup>E9 BMT Recipients

Retinal neuronal degeneration is associated with Aβ deposition in AD [47,48] and loss of retinal neurons in GCL has been demonstrated in both clinical and experimental AD [9,49]. We hypothesized that BMT-mediated Aβ reduction would result in neuroprotection in retina, so we evaluated RGCL neuron survival in non-transplanted and BMT recipient APP<sup>swe</sup>-PS1<sup>D</sup>E9 mice using immunofluorescence. Representative photomicrographs of
RGCL of age-matched control (Fig. 4A, upper panel) and 13-month-old BMT-recipient (Fig. 4A, lower panel) APPswe-PS1DE9 mice stained with anti-NeuN antibody demonstrate increased NeuN+ neurons in BMT-recipients. Quantification of total RGCL neurons showed significant preservation with BMT ($P<0.05$, student’s t test). We also quantified RGCL neurons in age-matched control (Fig. 4D, upper panel) and 13-month-old BMT-recipient (Fig. 4D, lower panel) wt mice and, to our surprise, found similar neuroprotective effects in RGCL density ($P<0.05$, student’s t test) as in APPswe-PS1DE9 mice. Indeed, RGCL neuron density was not significantly different between untreated APPswe-PS1DE9 and wt mice at 13 months of age. This was not true, however, for inner retina diameter. Reduced retinal thickness, a manifestation of neuron loss, has been detected in patients with AD [50,51,52]. As a correlate to human disease, we found that the inner retinal (NFL+RGC+IPL) thickness was significantly reduced in aged-matched, untreated APPswe-PS1AE9 mice compared with 13-month-old wt mice (Fig. 4C and 4F), $P<0.05$ which suggests that, unlike RGCL neurons, inner retinal diameter did appear to be associated with expression of the APPswe-PS1AE9 transgene. Inner retinal thickness from APPswe-PS1AE9 mice that received BMT was significantly increased compared with APPswe-PS1AE9 controls (Fig. 4C, $P<0.05$) and was not significantly different from age-matched, untreated wt mice (Fig. 4F, $P>0.05$). Interestingly, at 13 months of age, BMT recipient mice inner retinal diameter trended toward a reduction compared with untreated, age-matched controls, but this difference did not achieve statistical significance (Fig. 4F). Overall, these results demonstrate neuroprotective effects of BMT in inner retinal neurodegeneration and suggest that non-Aβ-dependent processes preferentially impact RGCL neurons while Aβ neurotoxicity is mediated at the level of the neuropil.

We hypothesized that BMT-mediated neuroprotection of RGCL neurons was a result of decreased neuron death. To assess this, apoptotic neurons in RGCL were evaluated with double NeuN/TUNEL immunostaining, but TUNEL+ cells were very rare and no significant differences were identified between control and BMT recipient groups (data not shown). As an alternative explanation, we hypothesized that RGC neurogenesis, although normally dormant in adult retina, could be induced by BMT. However, NeuN+ RGCL neurons co-labeled with antibodies to BrdU were extremely rare in both groups and there was no statistically significant difference between untreated APPswe-PS1AE9 and wt mice at 13 months of age.

This was not true, however, for inner retina diameter. Reduced retinal thickness, a manifestation of neuron loss, has been detected in patients with AD [50,51,52]. As a correlate to human disease, we found that the inner retinal (NFL + RGC + IPL) thickness was significantly reduced in aged-matched, untreated APPswe-PS1AE9 mice compared with 13-month-old wt mice (Fig. 4C and 4F), $P<0.05$ which suggests that, unlike RGCL neurons, inner retinal diameter did appear to be associated with expression of the APPswe-PS1AE9 transgene. Inner retinal thickness from APPswe-PS1AE9 mice that received BMT was significantly increased compared with APPswe-PS1AE9 controls (Fig. 4C, $P<0.05$) and was not significantly different from age-matched, untreated wt mice (Fig. 4F, $P>0.05$). Interestingly, at 13 months of age, BMT recipient mice inner retinal diameter trended toward a reduction compared with untreated, age-matched controls, but this difference did not achieve statistical significance (Fig. 4F). Overall, these results demonstrate neuroprotective effects of BMT in inner retinal neurodegeneration and suggest that non-Aβ-dependent processes preferentially impact RGCL neurons while Aβ neurotoxicity is mediated at the level of the neuropil.

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Irradiation has No Protective Effect on RGCL Neurons

Previous studies in our lab demonstrated that high dose cranial irradiation is not sufficient to reduce the accumulation of Aβ peptides or plaques in APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice cerebrum [32]. In order to exclude an effect of high dose cranial irradiation in the observed protection of retina, we exposed 5-month-old wt and APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice to the same dose of irradiation given to BMT recipients (10.5 Gy) but shielded the body from the neck to the tip of the tail. These “head only” irradiated mice did not receive BMT and were euthanized 8 months post-irradiation at 13 months of age. Grayish discoloration of the fur in irradiated mice confirmed complete cranial irradiation to the exclusion of the rest of the body (Fig. 6A). Quantification of NeuN<sup>+</sup> cells was performed in a manner identical to previous experiments (Fig. 4) and revealed mildly reduced NeuN<sup>+</sup> RGCL neurons in wt and APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice that received cranial irradiation compared with non-irradiated controls (Fig. 6A and 6B). While others have recently demonstrated neuroprotective effects of irradiation in experimental glaucoma [53,54] and retinitis pigmentosa [55], and with non-irradiated controls (Fig. 6A and 6B). While others have recently demonstrated neuroprotective effects of irradiation in experimental glaucoma [53,54] and retinitis pigmentosa [55], and evidence of irradiation-induced RGCL neuron toxicity is relatively limited to developing retina [56,57,58,59], we believe this is the first study to show no protective effect of irradiation in normal aging and experimental AD.

Innate Immune Response Is Enhanced with BMT

In agreement with previous studies [43], we found robust engraftment of BM-derived microglia in retina (Fig. 2); non-microglia lineage cells, including neurons and other glia, were uniformly of host origin. Based on this, we hypothesized that BMT-mediated neuroprotection was most likely secondary to modulation of innate immune related proteins. MHC class II expression in microglia is associated with increased Aβ clearance in APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice [34] and is increased in BMT-derived microglia in brain (personal observation). Thus, since we found significantly reduced retinal Aβ in BMT-recipient APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice (Fig. 3), we hypothesized that BMT-derived microglia would exhibit increased MHC class II. Immunofluorescence staining revealed weak expression in Iba-1<sup>+</sup> cells in non-transplanted controls (Fig. 7A). However, in BMT-recipient mice, strong MHC class II expression was found in the GFP<sup>+</sup> BM-derived cells compared with rare endogenous (GFP<sup>−</sup>) microglia (Fig. 7B). Fluorescence intensity analysis revealed significantly increased MHC class II expression in BM-derived cells compared with endogenous microglia [P<0.001, Student’s t-test, Fig. 7C]. MHC class II expression is dependent on phagocytosis of extracellular proteins, such as Aβ, and may be increased in a pro-inflammatory innate immune response, although evidence for this is inconsistent [60]. Confocal image analysis of adjacent sections confirmed BM-derived microglia cells contained intracellular Aβ immunoreactivity and had processes extending into immunopositive amyloid (Fig. 7D and 7E). Thus, MHC class II is up-regulated on BMT-derived microglia that contain intracellular Aβ.

Whether pro- or anti-inflammatory, microglia activation is a complex process which depends on selective elaboration of a diverse repertoire of cytokines, chemokines, proteases, and prostanoids that can be neuroprotective or neurotoxic depending on the subset of molecules secreted. Because our primary endpoint, immunohistology, required fixed tissues, we were unable to quantitatively assay for the aforementioned molecules, and immunostains were uninformative (data not shown). However, a ubiquitous endpoint of classical, pro-inflammatory innate immune activation is oxidative damage mediated by elaboration of microglial ROS. Alternatively, microglia contain multiple anti-oxidative defense mechanisms including abundant glutathione, superoxide dismutase, catalase, and other enzymes that can mitigate oxidative stress [61]. It is well-accepted that age-related neurodegeneration may be due to increased DNA damage caused by oxidative stress with age [62]. In order to determine the effects of BMT on oxidative stress in retinal neurons, we analyzed retinal sections for the presence of 8-hydroxydeoxyguanosine (8-OHdG), an indicator of oxidative DNA damage, in aged (13-month-old) wt and APP<sup>swe</sup>-PS1<sup>ΔE9</sup> non-transplanted and BMT recipient mice. 8-OHdG is prominent in RGCL neurons in control wt and APP<sup>swe</sup>-PS1<sup>ΔE9</sup> retina, but was markedly decreased in RGCL neurons of BMT recipient mice (Fig. 8A). Quantitative analysis revealed significantly reduced 8-OHdG relative intensity in RGCL of wt and APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice receiving BMT compared with non-transplanted age-matched controls, respectively (Fig. 8B, P<0.001, two way ANOVA using Bonferroni post hoc test). We interpret this data to indicate that BMT shifted aging retina from a neurotoxic, pro-inflammatory, oxidative environment to a neuroprotective, alternatively activated, pro-phagocytic, and anti-oxidative milieu that resulted in reduced Aβ and preservation of RGCL neurons.

Discussion

We have further characterized the pathologic changes of experimental aging and AD in retina and found a strong effect of age on retinal neurodegeneration that was mitigated by BMT. Although BMT led to reduced retinal Aβ and PHF-tau and normalized total microglia, the pathologic effects of AD on RGCL neuron survival were small compared with the effects of normal aging. We provide evidence for BMT-mediated neuroprotection of inner retina in aging and experimental AD that is mediated through altered microglia innate immune response, resulting in decreased oxidative damage to RGCL neurons, and demonstrate that high dose cranial irradiation is not sufficient to mediate this RGCL neuroprotection in the absence of BMT.

In this study we chose to evaluate cross-sections of retina rather than whole mount specimens. While whole mount retinas provide complete cytoarchitectural details and are very useful for morphologic analysis of cells, this study was designed with histologic sections in order to perform Iba-1, Aβ, PHF-tau, MHC class II, BrdU, and 8-OHdG immunostains as well as TUNEL assays. While histologic sections limit analyses to parts of the whole retina, systematic sampling was performed at the level of the optic nerve in this study to limit bias in this region. Future studies with BMT-recipient APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice will be valuable to assess whole mount preparations to address cytoarchitectural features. This study is also limited by the lack of a true irradiation control, since myeloablative whole body irradiation without a BMT is lethal. We attempted to address this critical point by performing head only irradiation in APP<sup>swe</sup>-PS1<sup>ΔE9</sup> mice, which resulted in a mild (~10%) reduction in RGCL neurons in wt and APP<sup>swe</sup>-PS1<sup>ΔE9</sup> retina compared with non-irradiated controls.
This control experiment suggests that direct high dose radiation alone is not neuroprotective, but the effects of high dose, whole body irradiation in the absence of BMT cannot be elucidated using presently available technologies and model systems.

Previous reports have characterized engraftment of BM-derived cells from GFP-expressing donor mice in the retinas of wt recipients with mixed results. Xu et al [37] showed that nearly all retinal microglia were BM-derived by 6 months post-BMT, and Boettcher et al [43] found incomplete replacement of retinal microglia by BM-derived cells up to 15 months post-transplantation. In this study, we found approximately 91% engraftment of BM-derived microglia in wt recipients with more variability in APPswe-PS1ΔE9 recipients (~73% engraftment), confirming robust replacement of retinal microglia after BMT. There was no significant difference in total BM-derived microglia between wt and AD host mice, but the trend suggests microglia replacement in diseased (APPswe-PS1ΔE9) retina, unlike our previous studies in brain [32], may be similar or even less efficient when compared with healthy controls. Interestingly, total APPswe-PS1ΔE9 retinal microglia normalized to wt levels with BMT.

It is interesting biologically and from a therapeutic perspective that BMT resulted in near complete replacement of endogenous microglia with phenotypically distinct BM-derived cells. In the earliest experimental BMT studies that focused on CNS engrafment in irradiated mice, both perivascular macrophages and microglial cells were found to be replaced by BM-derived cells [35,63,64]. These BM-derived cells expressed Iba-1 but were functionally different from endogenous microglia by their distinctive phenotype [31,65,66]. We confirmed these studies in brain by demonstrating distinctive up-regulation of MHC class II in BM-derived cells compared with endogenous microglia, and have identified these cells in both perivascular and parenchymal distributions. APPswe-PS1ΔE9 retinal microglia are more abundant. Our data suggest that the number of activated microglia increases in response to Aβ and this is normalized by BMT.

BMT-derived microglia engraftment appears to be more efficient in retina than in brain in wt mice but not in experimental AD. WT BMT into wt recipients resulted in >90% engraftment of donor-derived microglia 8 months post-transplant, which is remarkable considering only ~50% engraftment in the brain over the same period of time in the same mice [67]. This supports previous observations that BM-derived monocyte precursor cells are able to efficiently migrate across the blood-retina barrier (BRB) and replace endogenous microglia [37]. It was recently shown that a 10 Gy dose of irradiation did not result in significant histological changes in the mouse retina [56], but microscopic or ultrastructural changes to retina may make the BRB more sensitive to radiation preconditioning than the blood brain barrier (BBB). Alternatively, the BRB or retinal parenchyma may be inherently more favorable for blood monocyte migration and engraftment than the brain, or BM-derived monocytes have enhanced capacity for migration in retina.

Previous studies have shown high dose irradiation accompanied with BMT can confer complete protection against glaucoma in a mouse model [68]. To our knowledge, the studies described here are the first to demonstrate BMT-mediated alterations in Aβ peptides in APPswe-PS1ΔE9 retina. Previous studies have described the formation of Aβ plaques in the retina of APPswe-PS1ΔE9 mice, which exhibit a similar chemical phenotype to those observed in brain [22]. BMT-mediated Aβ-reduction could occur via inhibition of Aβ production or enhanced clearance. We favor the latter since previous studies have demonstrated enhanced phagocytosis by BM-derived cells compared with resident microglia [29,69]. We cannot exclude an independent effect of whole body irradiation on Aβ levels because the appropriate controls (myeloablative whole body irradiation without BMT) cannot be performed due to lethality. While, high dose cranial irradiation without BMT has been previously shown to have no effect on cerebral Aβ in APPswe-PS1ΔE9 mice [32], and we show no effect of cranial irradiation without BMT on RGCL neuron survival, there is no clear methodology by which the specific role of high dose whole body irradiation can be discerned. Seminal studies [70] showed cerebral engraftment of BM-derived cells required a preconditioning therapy, such as irradiation. While this does not address the specific role of whole body, myeloablative irradiation in retinal neuroprotection, it supports the idea that BMT-mediated neuroprotection involves effects of preconditioning therapy as well as the transplanted cells themselves.

Although neuroprotection can be induced by physical and pharmacologic disruption of eye structures [71] and by varying doses of irradiation in other models of eye diseases such as glaucoma [33,54] and retinitis pigmentosa [53], we found no protective effect on RGCL neuron loss in aging or experimental AD in mice that received high dose cranial irradiation. The reason for this discrepancy may be related to comparisons made between disparate pathologic processes (aging and AD vs. glaucoma and retinitis pigmentosa), methodologies, animal strains/species, and/or outcome measures. Future experiments to further characterize the neuroprotective effects of irradiation and BMT are necessary to better understand the mechanisms of both applications.

Accumulation of Aβ deposits may influence hyperphosphorylation of tau protein [23,72,73], PHF-tau-mediated pathogenic mechanisms appear to be involved in neurodegeneration of retina, as suggested by elevated phosphorylated tau in the optic nerve of patients with retinal degenerative disease [74]. In this study, we found increased PHF-tau associated with Aβ deposition within the retina of APPswe-PS1ΔE9 mice that was reduced by BMT. However, the molecular mechanisms by which BMT-derived microglia promotes Aβ clearance and PHF-tau attenuation are not fully understood and require further investigation in both brain and retina.

Previous studies of AD found reduced thickness of the nerve fiber layer [75]; we identified a significant increase in inner retinal thickness in APPswe-PS1ΔE9 retina following BMT. In AD, Aβ deposits directly disrupt the organization of the retinal neuropil [22]. We hypothesize that reduced Aβ in BMT recipients resulted in preserved inner retinal parenchyma, a sensitive measure of retinal neurotoxicity. However, the effects of Aβ peptides on RGCL neuron populations are unresolved. While some studies have shown no significant loss of RGC in AD patients [9], others report substantial RGC loss [76]. We found ~10% reduction in RGCL neurons in APPswe-PS1ΔE9 mice compared with age matched wt controls that was not statistically significant. Presumably, APPswe-PS1ΔE9 RGCL neuron pathology progresses with age and therefore older mice might exhibit more pronounced pathology. APPswe-PS1ΔE9 and wt BMT recipients had significantly more RGCL neurons compared with non-transplanted controls, and there was a significant age-related degeneration of RGCL neurons in APPswe-PS1ΔE9 and wt mice. We interpret this finding to indicate that Aβ-neurotoxicity exacerbates age-related degenerative pathways. Oxidative stress is one of the principle mechanisms of neuronal death during normal aging and age-associated disorders. Here we found the 8-OHdG levels were significantly decreased in neurons of the retina from BMT recipient mice compared with the controls, suggesting BM-derived cells mitigate oxidative damage to neurons in age associated retinal degeneration.
We hypothesize that BMT results in reduced oxidative stress and mitigates neurotoxicity, possibly through MHC class II related pathways. RGC1L neuron apoptosis is associated with increased production of Aβ and is reversed by inhibition of Aβ formation and aggregation [22]. Further, Aβ-induced chronic activation of glial cells results in progressive atrophy of retinal neurons in vivo [77] and Aβ has been shown to damage neurons by stimulating inflammation and microglia activation [78,79]. Finally, activated microglia cells express neurotoxic cytokines and small reactive molecules, including ROS, which cause RGC degeneration. We suggest a pathogenic mechanism in which age-related neurotoxicity [80] is exacerbated by Aβ peptide deposition, and MHC class II expressing BMT-derived microglia suppress this response (Fig. 9). Studies to further elucidate differences between endogeous and donor-derived microglia will be critical to developing future microglia based therapies for neurodegenerative disease.

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Author Contributions

Conceived and designed the experiments: CDK YY. Performed the experiments: CDK YY CS JFH NRL BR. Analyzed the data: CDK YY CS JFH. Contributed reagents/materials/analysis tools: CDK. Wrote the paper: CDK YY.

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