In Vitro Evidence That Cytokine Receptor Signals Are Required for Differentiation of Double Positive Thymocytes into Functionally Mature CD8+ T Cells

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Abstract

CD4+8+ double positive (DP) thymocytes differentiate into CD4+ and CD8+ mature T cells in response to TCR signals. However, TCR signals that are initiated in DP thymocytes are unlikely to persist throughout all subsequent differentiation steps, suggesting that other signals must sustain thymocyte differentiation after TCR signaling has ceased. Using an in vitro experimental system, we now demonstrate that cytokine receptor signals, such as those transduced by IL-7 receptors, are required for differentiation of signaled DP thymocytes into functionally mature CD8+ T cells as they: (a) up-regulate Bcl-2 expression to maintain thymocyte viability; (b) enhance CD4 gene silencing; (c) promote functional maturation; and (d) up-regulate surface expression of glucose transporter molecules, which improve nutrient uptake and increase metabolic activity. IL-7Rs appear to be unique among cytokine receptors in maintaining the viability of newly generated CD4+8+ thymocytes, whereas several different cytokine receptors can provide the trophic/differentiative signals for subsequent CD8+ thymocyte differentiation and maturation. Thus, cytokine receptors provide both survival and trophic/differentiative signals with varying degrees of redundancy that are required for differentiation of signaled DP thymocytes into functionally mature CD8+ T cells.

Key words: coreceptor reversal • kinetic signaling • positive selection • IL-7

Introduction

T cell differentiation in the thymus is driven by signals transduced by surface TCR components (1). Differentiation of immature CD4+8+ double positive (DP)* thymocytes into mature CD4+ and CD8+ single positive (SP) T cells is signaled by αβTCR complexes and is referred to as “positive selection,” which has at least three components: cell survival, requiring up-regulation of antiapoptotic proteins such as Bcl-2 (2, 3); CD4/CD8 lineage choice, because positively selected DP thymocytes must differentiate into either CD4SP or CD8SP T cells (4); and functional maturation, because mature T cells must be able to initiate lineage-specific effector programs in response to TCR stimulation (5). It seems unlikely that TCR signals that initiate positive selection of DP thymocytes in the thymic cortex can persist throughout their differentiation into mature T cells which is completed in the thymic medulla. In particular, the TCR signals that drive developing thymocytes to differentiate into CD8+ T cells are thought to be transient and of short duration (6–8).

Cytokine receptors are potential candidates for transducing signals that maintain thymocyte differentiation after TCR signaling has ceased (9–11), although most of what is known about cytokine receptor signaling in thymocyte differentiation involves events before positive selection (12–17). Cytokine receptor expression on CD4+8+ double negative thymocytes is extinguished on their differentiation into DP cells (18, 19), which do not express functional cytokine receptors, although they do express the common cytokine receptor γ chain (γc) that, by itself, is unable to transduce intracellular signals (20, 21). In response to TCR-mediated positive selection signals, DP thymocytes differentiate into SP T cells and reexpress IL-7Rα chains, which can associate with preexisting γc to form functional IL-7Rs (6, 10, 18, 22). As a result, IL-7Rs may participate in the differentiation and maturation of positively selected thymocytes. Indeed, IL-7Rs provide survival signals to
positively selected thymocytes during differentiation into mature T cells, but it has been argued that cell survival is their only role (22).

Recently, we reported that signaled DP thymocytes first terminate CD8 gene expression to convert into CD4\(^+\)8\(^-\) intermediate thymocytes, regardless of their ultimate lineage fate, and that, in the presence of IL-7, intermediate CD4\(^+\)8\(^-\) thymocytes subsequently undergo “coreceptor reversal” (i.e., reinitiation of CD8 gene expression and extinction of CD4 gene expression) to differentiate into mature CD8SP T cells (6). These observations have been synthesized into a model of positive selection and lineage commitment called “kinetic signaling,” which posits that CD4/CD8 lineage direction is determined at the intermediate CD4\(^+\)8\(^-\) stage of differentiation by whether or not intermediate thymocytes undergo coreceptor reversal (6, 8, 23). Because coreceptor reversal appears to be a key component of the CD4/CD8 lineage decision, we thought it important to identify the role performed by IL-7R signals in coreceptor reversal and in subsequent differentiation of immature thymocytes into mature CD8SP T cells.

The present paper was undertaken to determine whether IL-7R signals might do more than promote cell survival during differentiation of thymocytes into CD8SP T cells. In fact, here we demonstrate that, in addition to up-regulating Bcl-2 expression, IL-7R signals affect CD4 gene silencing during coreceptor reversal, support the acquisition of functional competence in developing CD8SP thymocytes, and up-regulate surface expression of the glucose transporter molecule-1 (glut-1), whose expression is correlated with improved nutrient uptake and increased metabolic activity (24). Interestingly, some IL-7R functions in post-selection thymocytes are unique to IL-7Rs, whereas other functions are redundant. IL-7Rs appear to be unique among cytokine receptors in signaling Bcl-2 up-regulation and promoting thymocyte survival, but IL-7Rs are not unique among cytokine receptors in providing signals that support differentiation of post-selection thymocytes into CD8SP T cells. Thus, the present paper demonstrates that cytokine receptors provide more than survival signals to post-selection thymocytes during differentiation into functionally mature CD8SP T cells.

Materials and Methods

Animals. C57BL/6 (B6) mice were obtained from the Jackson Laboratory. B6 mice expressing the human Bcl-2 transgene (Bcl-2 Tg; reference 25) were made deficient in murine Bcl-2 as Bcl-2Tg (A7R34, a gift from D. Allman, University of Pennsylvania, Philadelphia, PA; reference 18); γc (4G3 + 3E12; BD Biosciences); CD3 (2C11); and glt-1 (N-20; Santa Cruz Biotechnology, Inc.). The following recombiant cytokines were used: murine IL-7, human IL-15, mouse IL-4 (R&D Systems); human IL-2 (Biological Resources Branch, NCI); mouse IFNγ and mouse TNFα (BD Biosciences). The following reagents were also used: PMA, ionomycin (both from Calbiochem), and carboxyfluorescin diacetate succinimydyl ester (CFSE; Molecular Probes).

In Vitro Suspension Culture. DP thymocytes were purified to >95% by panning with anti-CD8α mAb (83-12-5) and placed in suspension cultures (6, 27). DP thymocytes were transiently stimulated with 0.3 ng/ml PMA and 0.3 μg/ml ionomycin for 14–20 h (signaling culture), harvested, washed, and cultured in medium alone or medium with 6 ng/ml IL-7 for another 16–20 h (recovery culture) or longer. Where indicated, signaled cells were also cultured in IL-2, IL-4, IL-15, IFNγ, and TNFα (all at 100 U/ml).

Where indicated, thymocytes were pronase-treated to remove preexisting surface CD4 and CD8 proteins (28). In brief, cells (5 \times 10^6/ml) were treated with 0.01% pronase (Calbiochem) for 15 min at 37°C and cultured at 37°C overnight, during which time they reexpressed the coreceptor molecules they were actively synthesizing (28).

Fetal Thymic Organ Culture (FTOC). Embryonic 17.5-d thymus lobes from B6 or Bcl-2Tg mice were placed in an organ culture with 50 μg/ml rat anti-murine IL-7Rα and 50 μg/ml anti-γc mAbs or isotype-matched control IgG. On culture day 3, the lobes were harvested and the thymocytes were subjected to the coreceptor reexpression assay by pronase treatment followed by placement in single cell suspension cultures for an additional day (28).

Flow Cytometry and Electronic Cell Sorting. Cells were harvested, stained with fluorochrome-conjugated antibodies, and analyzed on a multi-laser FACS®Vantage® SE (Becton Dickinson). Dead cells were excluded by forward light scatter gating and propidium iodide staining. Analysis was performed using software developed at the National Institutes of Health.

Anti-TCR Stimulation. 24-well plates were coated with 1 μg/ml anti-CD3 and 10 μg/ml anti-CD28 at 4°C overnight. Cells were plated at 0.5–1.0 \times 10^5/ml and cultured for the indicated time.

Intracellular IFNγ Staining. Purified CD4\(^+\)8\(^-\) T cells from differentiation cultures were stimulated with 1 μg/ml plate-bound anti-CD3 and 10 μg/ml anti-CD28 for 3 d and stained with 0.3 μg/ml PMA and 0.2 μg/ml ionomycin in the presence of monensin (BD Biosciences) for the final 4 h. Intracellular staining for IFNγ was performed using Cytofix/Cytoperm Kit® (BD Biosciences) together with PE–anti-IFNγ or PE-IgG isotype control.

CFSE Labeling. CFSE labeling was performed as described previously (29). Cells were washed in PBS, incubated at 107/ml with 0.25 μM CFSE for 8 min at room temperature and washed in medium with serum before further culture.

Glucose Uptake Assay. 106 cultured thymocytes were starved in PBS at room temperature for 30 min and incubated at 37°C for 10 min in PBS containing 12 μM 2-[14C(U)]-deoxy-o-glucose (PerkinElmer). Cells were washed with PBS, lysed in 1 M KOH, neutralized with 1 M HCl, and counted for 14C-glucose content.

RT-PCR. Total RNA was isolated and reverse-transcribed as described previously (6). The cDNA was subject to PCR amplification for 35 cycles, each cycle lasting 1 min at 94°C, 1 min at 60°C, and 1 min at 72°C. The PCR products were hybridized.
with $^{32}P$-labeled internal oligonucleotide probes, and the membranes were analyzed on a PhosphorImager.

**Results**

**IL-7R Signals Are Required for Generation of Newly Arising CD4$^{+}$8$^{+}$ Thymocytes and Can Be Replaced by Bcl-2.** To assess the role of IL-7R signaling in positively selected DP thymocytes, we first examined the effect of anti–IL-7R antibody blockade on intrathymic differentiation in FTOC. We wanted to block IL-7R signaling in positively selected DP thymocytes while minimizing effects of anti–IL-7R blockade on early thymocyte development. Consequently, we cultured embryonic day 17.5 thymic lobes, which contain DP thymocytes that have not yet differentiated into SP T cells, in FTOC in the presence or absence of blocking anti–IL-7R mAbs for only 3 d. After 3 d, developing thymocytes were harvested and subjected to the coreceptor reexpression assay (28); i.e., cells were treated with extracellular pronase to remove preexisting CD4 and CD8 coreceptor molecules from the cell surface and cultured overnight so that they could reexpress the coreceptor molecules they were actively synthesizing (Fig. 1). Addition to wild-type (WT) FTOC of mAbs specific for the two chains of the IL-7R (IL-7R$\alpha$ and $\gamma$c) selectively abrogated the appearance of TCR$^{hi}$ thymocytes that were CD4$^{+}$8$^{+}$ in the coreceptor reexpression assay, but did not affect appearance of thymocytes that were CD4$^{+}$8$^{-}$ (Fig. 1, left). The ability of anti–IL-7R antibodies to block the appearance of newly generated CD4$^{+}$8$^{+}$ thymocytes was circumvented by Bcl-2 transgene expression (Fig. 1, right). These results indicate that intrathymic IL-7R signals are required for survival of newly generated CD4$^{+}$8$^{+}$ TCR$^{hi}$ thymocytes but not newly generated CD4$^{+}$8$^{+}$ thymocytes.

**Coreceptor Reversal during CD8SP T Cell Differentiation and the Role of IL7R Signals.** To determine if IL-7R signaling might do more than promote thymocyte survival during CD8SP T cell generation, we used an in vitro experimental model in which DP thymocyte differentiation into CD8SP T cells could be analyzed in individual steps (6, 27). Single cell suspensions of DP thymocytes from MHC$^{c}$ mice were transiently signaled with PMA and ionomycin (Fig. 2 A, P$^{+}$I, signaling culture), treated with extracellular pronase to remove preexisting surface coreceptor molecules, and placed in nonstimulatory “recovery cultures” (Fig. 2 A, a–c). Note that the apparent conversion of DP thymocytes into CD4$^{+}$8$^{+}$ cells in the signaling culture (Fig. 2 A, b) is simply due to selective internalization of surface CD4 protein by PMA stimulation (30). However, cessation of signaling by placement of thymocytes into recovery culture results in termination of CD8 gene expression (Fig. 2 A, c and d, and Fig. 2 A, h, lane 2), up-regulated IL-7R$\alpha$ expression (Fig. 2 A, g), and differentiation into “intermediate” stage CD4$^{+}$8$^{+}$ thymocytes.

**Fetal Thymic Organ Culture**

| Day of Culture | WT | Bcl-2Tg |
|---------------|----|--------|
| 0             | 17.5d Fetal Thymus | 17.5d Fetal Thymus |
|               | Control IgG | Anti IL-7R$\alpha$ + Anti $\gamma$c |
| 3             | Harvest Pronase | Harvest Pronase |
|               | Single Cell Suspension Culture | Single Cell Suspension Culture |
|               | Control IgG | Anti IL-7R$\alpha$ + Anti $\gamma$c |
| 4             | CD4 | CD8 |
|               | 1.6 x 10^6 | 1.2 x 10^6 |
|               | 0.7 | Anti TCR$^{\beta}$ |
|               | 2.7 | 2.9 |
|               | 19 x 10^6 | 2.2 x 10^6 |
|               | 2.1 | CD8SP | DP |

**Figure 1.** Effect of antibody-mediated blockade of IL-7R signaling on intrathymic T cell development. Fetal thymic lobes from B6 and Bcl-2Tg (B2m$^{-}$) mice (embryonic day 17.5) were placed in organ cultures to which anti–IL-7R or control rat antibodies were added. On day 3 of culture, the thymocytes were harvested into single cell suspensions, treated with extracellular pronase to strip preexisting CD4/CD8 coreceptor proteins from cell surfaces, and cultured overnight so that they would reexpress the CD4/CD8 coreceptor molecules they were actively synthesizing. Panels a–f depict CD4 versus CD8 expression, whereas panels g–j depict TCR$^{\beta}$ expression on DP (dotted lines) and CD8SP (solid lines) thymocytes. Note that most CD8SP thymocytes at this time point were mature as their surface expression of TCR$^{\beta}$ was high relative to that of DP thymocytes. Although not shown, similar results were obtained with anti–IL-7R$\alpha$ and anti-$\gamma$c individual mAbs as with both together.
The addition of IL-7 to intermediate CD4\(^+\)8\(^-\) thymocytes resulted in a series of events referred to as “coreceptor reversal” (6). By molecular analyses, intermediate CD4\(^+\)8\(^-\) thymocytes terminated CD4 RNA expression and reinitiated CD8\(^+\) and CD8\(^-\) RNA expression, converting into CD4\(^+\)8\(^-\) T cells (Fig. 2 A, h, lane 3). Assessment of surface coreceptor protein expression revealed that intermediate CD4\(^+\)8\(^-\) thymocytes reexpressed surface CD8 coreceptor molecules, appearing to revert into CD4\(^+\)8\(^+\) cells (Fig. 2 A, c); but the reverted CD4\(^+\)8\(^+\) cells were actually CD4\(^+\)8\(^-\) cells because they only reexpressed CD8 coreceptor proteins after extracellular pronase treatment (Fig. 2 A f). Thus, in cultures with IL-7, intermediate CD4\(^+\)8\(^-\) thymocytes underwent coreceptor reversal and differentiated into CD4\(^+\)8\(^-\) thymocytes.

To understand the contribution of IL-7R signaling to coreceptor reversal and CD8SP thymocyte generation, we first analyzed the role of IL-7R signals in promoting thymocyte survival. DP thymocytes do not express Bcl-2 RNA transcripts until they have been signaled (Fig. 2 A, h, lanes 1 and 2), after which their expression of Bcl-2 RNA is further up-regulated by IL-7 (Fig. 2 A, h, lane 3). Consistent with its effect on Bcl-2 RNA expression, IL-7 promoted the survival of intermediate thymocytes that otherwise failed to survive in vitro (Fig. 2 B, compare open with closed circles). IL-7’s ability to promote thymocyte survival required endogenous Bcl-2 gene expression, as intermediate thymocytes from Bcl-2\(^{-}\)mice failed to survive even in the presence of IL-7 (Fig. 2 B, open triangles). And, as observed in FTOC, the survival requirement for IL-7 could
be replaced by Bcl-2 transgene expression (Fig. 2 B, closed triangles). Thus, IL-7R signals up-regulate endogenous Bcl-2 expression and can be replaced in intermediate thymocytes by Bcl-2 transgene expression. Importantly, Bcl-2 transgene expression persisted throughout thymocyte differentiation as Bcl-2 transgenic protein was expressed at equally high levels in immature DP and mature SP thymocytes (Fig. 2 C).

Assessment of IL-7R Signaling on CD4/CD8 Gene Expression during Coreceptor Reversal. The ability of Bcl-2 transgene expression to maintain thymocyte viability in the absence of IL-7 permitted us to examine the differentiation of Bcl-2 transgenic DP thymocytes into CD8SP T cells without IL-7. Notably, we used Bcl-2Tg thymocytes derived from fetal or neonatal mice that were less than 7 d old (to avoid abnormally aged DP thymocytes present in adult Bcl-2Tg mice) and that were also deficient in β2-microglobulin (β2m0) and so contained few CD8SP T cells.

We stimulated Bcl-2Tg DP thymocytes to generate intermediate CD4+8− thymocytes as in Fig. 2 A, but continued them in culture without IL-7 (Fig. 3 A). Molecular and cellular analyses revealed that intermediate CD4+8− thymocytes were devoid of CD8 RNA transcripts (Fig. 3 A, a and Fig. 3 A, d, lane 2), but that they spontaneously reinitiated CD8 gene expression during further culture in medium (Fig. 3 A, a and Fig. 3 A, d, lane 3). However, few Bcl-2Tg thymocytes terminated CD4 gene expression because most thymocytes still contained CD4 RNA transcripts (Fig. 3 A, a, lane 3) and still reexpressed surface CD4 proteins after pronase treatment (Fig. 3 A, c). Thus, in the absence of IL-7R signaling, Bcl-2Tg intermediate CD4+8− thymocytes reinitiated CD8 gene expression, but most failed to extinguish CD4 gene expression.

To determine if IL-7R signals were required for extinguishing CD4 gene expression during coreceptor reversal, DP thymocytes from Bcl-2Tg (β2m0) mice were transiently stimulated in vitro, cultured in medium or IL-7, treated with pronase on day 3, and allowed to reexpress the surface coreceptor molecules they were actively synthesizing (Fig. 3 B). CD4+8− thymocytes were generated in both medium and IL-7, but the frequency of CD4+8− thymocytes was two- to threefold higher in IL-7 cultures (Fig. 3 B, a and c), despite the fact that Bcl-2 transgene expression appeared to interfere with CD4 extinction (Fig. 3 B, b and c). The higher frequency of CD4+8− thymocytes in IL-7 cultures was not the result of clonal expansion because CFSE fluorescence revealed no significant proliferation in either culture (Fig. 3 B, d). Thus, changes in coreceptor gene expression during coreceptor reversal can occur without IL-7R signaling, but IL-7R signaling increased by two- to threefold the frequency of thymocytes in which CD4 gene expression is extinguished.

Regulation of Coreceptor Reversal. We demonstrated previously in WT thymocytes that coreceptor reversal was de-

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Figure 3. In vitro differentiation of intermediate thymocytes from Bcl-2 transgenic mice in the presence and absence of IL-7. (A) Differentiation of intermediate thymocytes in the absence of IL-7. DP thymocytes were obtained from embryonic day 18 Bcl-2Tg (β2m0) mice, stimulated with P + I for 16 h, pronased, and electronically sorted as in Fig. 2 A to obtain purified intermediate CD4+8− thymocytes (a). 1-d culture in medium alone was sufficient for many of these intermediate thymocytes to reexpress surface CD8 (b). These cells were pronased to reveal the coreceptors being actively synthesized (c). Gene expression was assessed by RT-PCR (d). (B) IL-7R signaling increases CD4+8− T cell number without cell proliferation. DP thymocytes from Bcl-2Tg (β2m0) mice (a) were transiently signaled with P + I and labeled with CFSE on day 1 before placement in recovery cultures with either IL-7 or medium. On day 3, the cells were pronased and on day 4 assessed for CD4/CD8 expression (b, c) and CFSE fluorescence intensity (d). CFSE intensity of thymocytes cultured in medium (solid line) was compared with that of thymocytes cultured in IL-7 (dotted line). As a positive control, B6 lymph node T cells were labeled with CFSE in parallel on day 1 and stimulated by 1 μg/ml anti-CD3 mAb for 3 d (dashed line).
dependent on IL-7 and was blocked by TCR signaling (6). Consequently, we wished to determine if P + I signals blocked coreceptor reversal by interrupting IL-7R signaling or by directly affecting coreceptor gene expression. We transiently stimulated Bcl-2Tg DP thymocytes with P + I to generate intermediate CD4+8− thymocytes, which we restimulated and assessed for coreceptor reversal (Fig. 4). Without restimulation, intermediate CD4+8− thymocytes reinitiated CD8 expression and extinguished CD4 expression whether IL-7 was present or not (Fig. 4, left). In contrast, restimulation of intermediate CD4+8− thymocytes effectively blocked these cells from reinitiating CD8 expression and extinguishing CD4 expression, and the blockade was equally profound in medium and IL-7 (Fig. 4, right). Thus, P + I signals in intermediate thymocytes regulate coreceptor reversal by directly blocking CD8 gene reexpression and CD4 gene extinction, and they do so independently of IL-7R signals.

**IL-7R Signals Support the Differentiation of Intermediate Thymocytes into Functionally Competent CD8SP T Cells.**

To determine if IL-7R signals support thymocyte differentiation into CD8SP T cells, we transiently signaled Bcl-2Tg (B2m−/−) thymocytes and placed them in longer term cultures for 11 d (Fig. 5), because intermediate thymocytes differentiate in longer term cultures into bona fide CD8SP T cells that are CD4− without pronase treatment (6). We observed that intermediate thymocytes phenotypically differentiated into CD8SP T cells more rapidly and in greater frequency with IL-7 than without IL-7 (Fig. 5 A), despite the absence of cell proliferation (6). Importantly, CD8SP T cells generated with IL-7 were significantly more mature than those generated with medium, as revealed by greater cell size, lower surface CD24 expression, and higher surface TCR expression on TCR+ cells (Fig. 5 B). Note that in vitro–generated CD8SP T cells can be either TCR+ or TCR− as all DP thymocytes were pharmacologically signaled to differentiate into SP T cells, even if they failed to productively rearrange their TCRα locus (6).

Next, we assessed the functional competence of TCR+ CD8SP T cells (Fig. 6). In these functional experiments,
responder CD8SP thymocytes were derived from Bcl-2Tg (B2m<sup>−/−</sup>) intermediate thymocytes, which had been cultured either with or without IL-7, treated with pronase, and allowed to reexpress coreceptor molecules so that we could identify the CD8SP T cells. The ability of these CD8SP T cells to respond to TCR stimulation was assessed in three different assays. First, we assessed the expression of activation markers in response to TCR signals. After 1 d of stimulation, IL-7–generated CD8SP T cells up-regulated both CD69 and CD25 to a significantly greater extent than medium-generated CD8SP T cells (Fig. 6 A). Second, we assessed IFNγ production in response to TCR signals. After 3 d of stimulation, 70% of IL-7–generated CD8SP T cells produced IFNγ as detected by intracellular cytokine staining, whereas medium-generated CD8SP T cells failed to produce IFNγ (Fig. 6 B). And third, we assessed the ability to proliferate in response to TCR signals. After 3 d of stimulation, IL-7–generated CD8SP T cells had undergone significant proliferation as indicated by decreased CFSE fluorescence, whereas medium-generated CD8SP T cells failed to proliferate, even in the presence of exogenously added IL-2 (Fig. 6 C). These results demonstrate that, despite persistent Bcl-2 transgene expression, IL-7R signals are still necessary to support the differentiation of intermediate thymocytes into functionally mature CD8SP T cells.

IL-7R Signals Up-regulate Expression of glut-1 and Increase Nutrient Uptake by Developing CD8SP Thymocytes. What might IL-7R signals provide to developing thymocytes beyond expression of antiapoptotic Bcl-2 proteins? In mature lymphocytes, transgenic expression of Bcl-2 family members blocks cell death but does not block cellular atrophy (24). Rather, signals transmitted through either TCR or cytokine receptors prevent cellular atrophy by promoting nutrient uptake and utilization, which are functions correlated with increased surface expression of glut-1 (24). Consequently, we considered that IL-7R signals might similarly function in developing CD8SP thymocytes to up-regulate surface expression of glut-1.

First, we examined glut-1 surface expression on adult thymocytes from normal mice. Glut-1 was highly expressed on double negative and CD8SP thymocytes but was expressed in barely detectable amounts on DP and CD4SP thymocytes (Fig. 7 A). Next, we examined if IL-7R signals up-regulated glut-1 expression in vitro–generated CD8SP T cells (Fig. 7 B). We found that IL-7R signals were required for glut-1 expression on in vitro–generated CD8SP thymocytes, as CD8SP thymocytes generated in medium without IL-7 failed to express glut-1 (Fig. 7 B). In parallel with their up-regulation of glut-1 expression, IL-7R signals also increased glucose uptake by in vitro–

### Figure 6. IL-7R signals promote differentiation of thymocytes into functional CD8<sup>+</sup> T cells that can respond to TCR signals. Intermediate thymocytes were generated by P + 1 stimulation of Bcl-2Tg (B2m<sup>−/−</sup>) DP thymocytes, placed in short term cultures with either medium or IL-7, and then passed on day 3 to confirm the presence of CD4<sup>+</sup>CD8<sup>+</sup> T cells. On day 4, cells that had been cultured in either medium (left) or IL-7 (right) were stimulated with immobilized anti-CD3 + anti-CD28 mAbs and assessed for TCR responses (A), intracellular cytokine production (B), and proliferation (C). (A) TCR responses. Cultured cells were stimulated with anti-CD3 + anti-CD28 mAbs for 1 d and assessed for surface expression of CD25 and CD69. Shown are CD25 and CD69 surface expression on gated CD4<sup>+</sup>CD8<sup>+</sup> T cells (solid line, anti-CD3 + anti-CD28 stimulation; dotted line, medium). (B) Cytokine production. CD4<sup>+</sup>CD8<sup>+</sup> T cells were purified from in vitro differentiation cultures and stimulated for 3 d with immobilized anti-CD3 + anti-CD28, 4 h before harvest, they were restimulated with P + 1 in the presence of monensin and assessed for intracellular IFNγ (solid line, intracellular IFNγ staining; dotted line, control IgG staining). (C) Proliferation. Cultured cells were labeled with CFSE and stimulated with anti-CD3 + anti-CD28 for 3 d either with or without additional hIL-2. CFSE intensity on gated CD4<sup>+</sup>CD8<sup>+</sup> cells was assessed by three color flow cytometry (dotted line, no stimulation; dashed line, stimulation with anti-CD3 + anti-CD28; solid line, stimulation with anti-CD3 + anti-CD28 in the presence of 50 U/ml hIL-2). Comparable results were obtained with P + 1 stimulation instead of antibody stimulation (not depicted).
generated CD8SP thymocytes by about fourfold (Fig. 7 C). Thus, IL-7R signals up-regulate glut-1 expression and promote glucose uptake by developing CD8SP thymocytes.

**Assessment of Redundant Cytokine Receptor Functions in Developing CD8SP Thymocytes.** To determine whether IL-7R signals are unique in their ability to promote CD8SP thymocyte differentiation or whether other cytokine receptors have similar effects, we examined the ability of five other cytokines (IL-2, IL-4, IL-15, IFNγ, and TNFα) to promote differentiation of intermediate CD4^+8^- thymocytes into functionally mature CD8SP T cells (Fig. 8). Specifically, we examined the ability of these other cytokines to do the following: (a) up-regulate Bcl-2 expression and promote thymocyte survival; (b) support extinction of CD4 gene expression during coreceptor reversal; and (c) promote the acquisition of functional competence in developing CD8SP T cells. With regard to thymocyte survival, IL-7 was superior to other cytokines in up-regulating Bcl-2 and promoting survival of in vitro-generated intermediate CD4^+8^- thymocytes (Fig. 8 A). With regard to promoting extinction of CD4 gene expression in intermediate CD4^+8^- thymocytes during coreceptor reversal, IL-4 and IFNγ were as effective as IL-7 in promoting conversion of intermediate CD4^+8^- thymocytes into CD4^+8^+ cells (Fig. 8 B). And, with regard to functional maturation, IL-2, -4, and -15 were as effective as IL-7 in promoting functional competence as measured by proliferative responses to CD3 + CD28 stimulation (Fig. 8 C). These results are summarized in Table I and demonstrate that Bcl-2 up-regulation and promotion of thymocyte survival in developing CD8SP T cells are unique to IL-7Rs, whereas the differentiative functions supported by IL-7Rs can also be supported by other cytokine receptors.

**Discussion**

Using an in vitro model of CD8^+ T cell differentiation, the present paper demonstrates that cytokine receptor signaling is required for terminal differentiation of thymocytes into functionally mature CD8^+ T cells. TCR-signaled DP thymocytes initially differentiate into intermediate CD4^+8^- thymocytes that must undergo coreceptor reversal to transcriptionally become CD4^+8^+ thymocytes that can differentiate into functional CD8^+ T cells. Importantly, IL-7R signals maintain the viability of intermediate CD4^+8^- thymocytes during coreceptor reversal and can be replaced by Bcl-2 transgene expression. In addition to up-regulating Bcl-2 expression, IL-7R signals also enhance CD4 gene silencing and promote functional competence in developing CD8^+ T cells, perhaps by improving nutrient uptake to provide the metabolic energy needed to activate new genetic programs. And finally, IL-7Rs are unique among cytokine receptors in maintaining thymocyte viability during differentiation into CD8^+ T cells, but they are not unique among cytokine receptors in supporting the trophic/differentiative functions required for terminal differentiation of mature CD8^+ T cells. Thus, cytokine receptors provide both survival and trophic/differentiative signals required for differentiation of developing thymocytes into functionally mature CD8^+ T cells (Fig. 9).
nase-stripped to determine the percentage of CD4\(^+\) cells that had extinguished CD4 gene expression and undergone coreceptor reversal. The frequency of CD4\(^+\) cells in each cytokine culture is displayed relative to that of medium alone (frequency of CD4\(^+\) cells in medium alone was 13.4\%).

(C) Ability of various cytokines to promote functional maturation of CD8SP thymocytes. In vitro–generated intermediate CD4\(^+\) thymocytes from Bcl-2Tg (B2m\(^-\)) mice were cultured overnight in either medium or one of the indicated cytokines. The next day, cells were pronase-stripped to identify CD4\(^+\) cells, labeled with CFSE, and stimulated for 3 d with anti-CD3 + anti-CD28, either with or without additional IL-2 as indicated. Proliferation of CD4\(^+\) cells was assessed by CFSE intensity.

**Table I. Summary Effects of Different Cytokines on CD8\(^+\) Thymocyte Differentiation**

| γc-dependent cytokines | IL-7 | IL-4 | IL-2 | IL-15 | IFNγ | TNFα |
|------------------------|------|------|------|-------|------|------|
| Promote survival       |      |      |      |       |      |      |
| Promote differentiation |      |      |      |       |      |      |
| into CD4\(^+\)          |      |      |      |       |      |      |
| Promote functional maturation |      |      |      |       |      |      |

**Kinetic Signaling, Coreceptor Reversal, and the CD4/CD8 Lineage Decision**

The kinetic signaling model posits that positively selected DP thymocytes are stimulated by TCR signals to initiate a preset program of molecular events characterized by induction of Bcl-2 expression, induction of IL-7Rα expression, and selective termination of CD8 gene expression with the result that signaled DP thymocytes transcriptionally convert into intermediate CD4\(^+\) thymocytes. If TCR signaling persists on conversion of DP into intermediate CD4\(^+\) thymocytes, the intermediate thymocytes differentiate into CD4SP T cells; however, if TCR signaling is disrupted on conversion of DP into intermediate CD4\(^+\) thymocytes, the intermediate thymocytes undergo coreceptor reversal and differentiate into CD8SP T cells. Thus, sustained TCR signaling results in differentiation into CD4\(^+\) T cells, whereas transient TCR signaling results in coreceptor reversal and differentiation into CD8\(^+\) T cells (6, 8, 23).

From the kinetic signaling perspective, coreceptor reversal in intermediate CD4\(^+\) thymocytes causes positively selected thymocytes to differentiate into CD8\(^+\) T cells. Because coreceptor reversal occurs in intermediate CD4\(^+\) thymocytes when TCR signaling has ceased, thymocytes undergoing coreceptor reversal cannot depend on TCR signals to maintain Bcl-2 expression for their survival, but instead must rely on IL-7R signals. A strict requirement for IL-7R signaling to maintain thymocyte viability during coreceptor reversal is consistent with our finding that anti–IL-7R antibodies added to FTOC blocked the ability of WT thymocytes to survive to transcriptionally become CD4\(^+\) cells, but did not block their ability to survive to transcriptionally become CD4\(^+\) cells (Fig. 1; and reference 6). Thus, our FTOC experiments,
which used the coreceptor reexpression assay to focus on the lineage commitment phase of positive selection, demonstrated that IL-7R signals were critical for thymocyte survival during CD8 lineage commitment but not CD4 lineage commitment. However, Akashi et al. observed previously that administration of anti–IL-7R antibody to host mice blocked intrathymically transferred DP thymocytes from differentiating into both CD4+ and CD8+ T cells (22). We think that our results and those of Akashi et al. are both consistent with the concept that IL-7R signals were critical for thymocyte survival of positively selected thymocytes (22). We think that our results and those of Akashi et al. are both consistent with the concept that IL-7R signals were critical for thymocyte survival of positively selected thymocytes (22).

**IL-7R Signaling and Coreceptor Reversal**

Here, we demonstrate that IL-7R signaling is strictly required for thymocyte survival during coreceptor reversal, but is not strictly required for either CD8 gene reexpression or CD4 gene silencing. CD8 gene transcription is regulated by stage-specific enhancer elements in that immature CD8 enhancers drive CD8 gene transcription in immature DP thymocytes and mature CD8 enhancers drive CD8 gene transcription in mature SP thymocytes (32, 33). CD8 gene expression may terminate in intermediate CD4+8– thymocytes because these cells represent an inflection point in which immature CD8 enhancers have turned off but mature CD8 enhancers are still in the process of turning on. Consequently, when mature CD8 enhancers do turn on, CD8 gene reexpression appears “spontaneously” and independently of IL-7R signaling.

IL-7R signaling is also not strictly required for CD4 gene silencing during coreceptor reversal as CD4 gene termination occurred in intermediate thymocytes even in the absence of IL-7. However, the number of intermediate thymocytes in which CD4 gene termination occurred, and the rapidity with which it occurred, was significantly increased by IL-7. CD4 gene silencing during thymocyte development is dependent on activation of a negative regulatory element (CD4 silencer; references 34–37). IL-7R signals may contribute to CD4 gene silencing in intermediate thymocytes either directly, by enhancing activation of the CD4 silencer element, or indirectly, by promoting nutrient uptake and the metabolic energy needed to activate the CD4 silencer element (24, 31).

As coreceptor reversal did not require IL-7R signaling, blockade of coreceptor reversal also did not require IL-7R signaling. Coreceptor reversal was shown previously to be blocked by TCR signaling in intermediate thymocytes (6). The present paper demonstrates that P + I signaling, which mimics TCR signaling while having other potential effects, directly interferes with CD8 gene reexpression and CD4 gene silencing during coreceptor reversal. Current knowledge of how CD8 and CD4 genes are regulated provides some insight into how TCR signaling might regulate reciprocal expression of these two gene loci. In developing thymocytes, CD8 gene expression is regulated positively by activation of stage-specific enhancer elements, whereas CD4 gene expression is somewhat more complex. CD4 enhancer elements have been described that are differentially active in mature and immature thymocytes (38), but gene knockout mice have demonstrated that tissue-specific CD4 expression depends on the CD4 silencer element (36, 37). Consequently, if TCR signals blocked activation of
CD8 enhancer and CD4 silencer elements, the result would be to maintain CD4 gene expression “on” and to turn CD8 gene expression “off.” Interestingly, CD4+8− is precisely the state of coreceptor gene expression in TCR-signaled DP thymocytes that results in their conversion into intermediate thymocytes, and is precisely the state of coreceptor gene expression that is maintained in intermediate thymocytes by persistent TCR signaling during differentiation into mature CD4+T cells (Fig. 9).

**IL-7R Signaling Requirements for Functional Maturation of CD8+ T Cells**

The present paper was performed in an in vitro system so that CD8+ T cell differentiation could be studied in discrete steps during which cytokine exposure was specifically controlled. An important finding is that CD8+ thymocytes require cytokine receptor signals for functional maturation. We found that CD8+ T cells could be inefficiently generated in vitro without IL-7R signaling so long as cell survival was maintained by Bcl-2 transgene expression, but such CD8+ T cells failed to acquire functional competence. In response to TCR stimulation, CD8+ T cells generated in medium failed to fully up-regulate CD69 and CD25, failed to produce cytokines such as IFNγ, and failed to proliferate even in the presence of exogenously added IL-2, whereas CD8+ T cells generated in IL-7 were fully functional. It remains to be determined if IL-7R signals specifically activate a functional gene program in developing CD8+ thymocytes, or if IL-7R signals provide nonspecific trophic effects that support the activation of a functional gene program in developing CD8+ thymocytes (24). Importantly, the present paper demonstrates that, by whatever mechanism, cytokine receptor signals such as those transduced by IL-7Rs are required for acquisition of functional competence in developing CD8+ T cells through a mechanism that is distinct from Bcl-2 up-regulation and promotion of thymocyte survival.

**Limited Cytokine Receptor Redundancy**

Although this work has focused on IL-7R signaling in developing CD8+ thymocytes, it was also important to assess potential cytokine receptor redundancy. We found that other cytokine receptors (including IL-2, IL-4, IL-15, and IFNγ but not TNFα) are able to provide the differentiative functions performed by IL-7Rs in CD8+ thymocyte differentiation, but were unable to identify a cytokine receptor other than IL-7R that could efficiently up-regulate Bcl-2 expression and promote thymocyte survival. Notably, we have not directly examined the role of the cytokine TSLP, whose receptor consists of IL-7Rα complexed to a unique heavy chain, but efficient blockade of CD8+ T cell generation in FTOC by anti-γc antibody indicates that TSLP does not play a major role in promoting survival of positively selected CD8+ thymocytes. Consequently, we think that IL-7R signaling is virtually indispensable for survival of WT thymocytes during CD8+ T cell development, but that its differentiative functions can also be signaled by receptors for other intrathymic cytokines. Interestingly, the receptors that affect differentiation of post-selection thymocytes include other γc cytokine receptors (IL-2, −4, −15) and the non-γc cytokine receptor for IFNγ.

Redundancy of cytokine receptor signaling makes it nearly impossible to identify a differentiative role for cytokine receptor signaling in CD8+ thymocyte development, except in an in vitro system. Indeed, in vivo experiments have concluded that IL-7Rs only provide survival signals to positively selected thymocytes (22). However, it was not possible to appreciate in in vivo experiments that other cytokine receptors might have replaced the intrathymic differentiative or trophic signals otherwise provided by IL-7Rs in positively selected Bcl-2 transgenic thymocytes.

Although our use of P + I to stimulate DP thymocytes is clearly artificial, the differentiative events induced in DP thymocytes after transient P + I stimulation, including coreceptor reversal and terminal CD8+ thymocyte differentiation, are identically produced by TCR stimulation in vitro and occur in vivo in response to normal intrathymic ligands (6). Thus, regardless of how DP thymocytes are stimulated, transient stimulation initiates differentiative events in vitro that closely resemble the differentiative events occurring in the thymus during normal CD8+ T cell differentiation.

**Trophic Effects of IL-7R Signaling**

It has recently been appreciated by Thompson and colleagues that lymphocytes require extrinsic stimulation to induce expression of surface receptors such as glut-1 that promote nutrient uptake and increase metabolic activity (24, 31). TCR and IL-7R signals are among the signals that induce glut-1. The importance of extrinsic stimulation to promote nutrient uptake was originally revealed by the observation that Bcl-2 transgene expression maintains cell survival but does not itself prevent cell atrophy resulting from limited energy supplies due to inadequate nutrient uptake (24, 31). Interestingly, the present paper demonstrates that glut-1 is expressed in high amounts on developing CD8+ thymocytes and that its expression is dependent on IL-7R signaling. In parallel with increased glut-1 expression, the present paper also demonstrates that IL-7R signaling significantly improves nutrient uptake in developing CD8+ thymocytes. Consequently, we think that IL-7R signals are needed by developing CD8+ thymocytes to provide the metabolic energy for initiating and altering gene programs during their differentiation into mature T cells.

In conclusion, the present paper documents that cytokine receptors provide critical survival and trophic/differentiative signals involved in terminal differentiation of post-selection CD8+ thymocytes after TCR signaling has ceased. In addition, the present paper documents that redundancy exists among cytokine receptors for the differentiative functions, but not the survival functions, performed by IL-7Rs in CD8+ T cell development.

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