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Efficient Data Mining Method to Predict the Risk of Heart Diseases through Frequent Itemsets

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Abstract

Data mining techniques are used in the field of medicine for various purposes. Mining association rule is one of the interesting topics in data mining which is used to generate frequent itemsets. It was first proposed for market basket analysis. Researchers proposed variations in techniques to generate frequent itemsets. Generating large number of frequent itemsets is a time consuming process. In this paper, the authors devised a method to predict the risk level of the patients having heart disease through frequent itemsets. The dataset of various heart disease patients are used for this research work. Frequent itemsets are generated based on the chosen symptoms and minimum support value. The extracted frequent itemsets help the medical practitioner to make diagnostic decisions and determine the risk level of patients at an early stage. The proposed method can be applied to any medical dataset to predict the risk factors with risk level of the patients based on chosen factors. An experimental result shows that the developed method identifies the risk level of patients efficiently from frequent itemsets.

Keywords: Frequent Itemsets; Heart Disease Prediction; Association Rule Mining; Data Mining; Medical Data Mining

1. Introduction

Data mining is now widely used in many domains. It plays an important role in the clinical field. Day by day, large numbers of patients are visiting hospitals for the purpose of various treatments. Number of patients’ records are increasing in every department in the hospital. In medical field, data mining algorithms are used to mine the hidden knowledge in the dataset of the medical domain [1]. The discovered patterns may aid decision making and saving of lives. Various data mining approaches such as classification, clustering, association rule mining, statistical

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learning and link mining, all have their significance in data research and development [2]. Association rule mining is a most efficient algorithm for extracting frequent itemsets from huge data. To find out the frequent itemsets, minimum support value has been used. Support value of the itemset greater than or equal to minimum support value is called frequent itemset. If an itemset is frequent, then all of its subsets also must be frequent [3].

Heart disease is one of the leading human killer diseases. In United States, the cause of death for both men and women is primarily by heart disease. It is an equal opportunity killer which claims approximately 1 million lives annually. The disease had killed nearly 787,000 people alone in 2011 and 380,000 people annually by heart disease. Every 30 seconds someone has a heart attack and someone dies from a heart related disease in every 60 seconds [4].

In this paper, the authors proposed a new mining method to predict the risk level of heart disease based on chosen symptoms by analyzing the heart disease dataset. The predictions of this method will help the medical practitioners in making diagnostic decisions to save lives of patients at risk.

2. Literature Review

Usha Rani et al. has introduced pincer search algorithm to discover the maximum frequent itemset [5]. It also reduces number of times the database is scanned. Frequent itemset mining without the generation of conditional frequent pattern tress was expressed by Meera Narvekar et al. [6]. The desired association rules are also discovered from the frequent itemset. Alagugowri et al. developed a predicting system to predict the heart disease [7]. K-Means clustering technique is used to distinguish the risky and non-risky factors to categorize. Tzung-Pei Hong et al. developed MFFP-Tree Fuzzy Mining Algorithm to find out the linguistic frequent Itemsets [8]. Marghny et al. has developed a new method to mine frequent itemset by avoiding the costly candidate generation-and-test processing. It also compresses essential information about all itemset, minimal and maximal length of frequent itemsets and database scans repeatedly [9]. Jahangir Kabir et al. proposed a novel method to determine maximal frequent itemsets with genetic algorithm [10]. The weighted support measure is introduced by Subrata Bose et al. that adopted a balanced approach to mine frequent patterns [11]. To mine frequent closed sequential pattern in temporal transaction data, Antonio Gomariz et al. proposed a ClaSP algorithm [12]. To mine frequent itemset based on nodesets, an efficient FIN algorithm was developed by Zhi-Hong Deng et al. [13]. Hai Duong et al. developed a new algorithm with double constraints to find out all frequent itemsets [14]. Mengchi Liu et al. proposed a HUI-Miner (High Utility Itemset Miner) algorithm to mine high utility itemset [15]. Umair Shafique et al. implemented three various algorithms (Neural Network, Decision Tree and Naïve Bayes) to discover interesting patterns from heart patients’ data. The results reveal that the Naïve Bayes algorithm has the highest accuracy among them [16]. Darshan M. Tank has proposed an algorithm to reduce pruning operations. It uses apriori-gen operation to generate the candidate itemsets-2 and also it calculates support value quickly by adopting the tag-counting method [3]. Deepa S. Deshpande proposed a novel method for mining association rule using patter generation. To find out frequent feature set, the Boolean operations for pattern generation is adopted [17]. Zhou Zhiping et al. introduced matrix-based sorting index association rules algorithm to find the frequency k-itemsets directly. It discovers k-itemsets directly when frequent item set scales are higher [18]. Chanchal Yadav et al. developed a new algorithm to decrease the pruning operation of candidate itemset. It also reduces storage space requirement [2]. Amr Jadi et al. proposed an algorithm to predict and mitigate the risks by using runtime monitoring with neural networks [19]. Sallam Osman Fageeri et al. introduced a binary-based technique to find out the frequent itemsets that outperforms classic Apriori algorithm in terms of running time [20]. To estimate the size of candidate itemsets in Apriori based algorithms, linear algebra method was used by Savo Tomović et al. [21]. Sen Su et al. has designed differentially private FIM algorithm to offer high time efficiency rather than achieve high data utility and degree of privacy [22]. This survey indicates that many algorithms were developed by researchers to generate frequent itemsets. A new method proposed in this paper generates frequent itemsets efficiently based on chosen symptoms and support value.

3. Data Source

Simulated heart disease dataset containing 1000 patient records are used for this research work. This dataset contains 19 symptoms as shown in Table 1. They are the symptoms of various heart diseases, namely
Atherosclerotic Disease (AD), Heart Arrhythmias (HA), Dilated Cardiomyopathy (DC), Valvular Heart Disease (VHD) and Heart Infections (HI) [24].

| Symptom ID | Symptom (Attribute) Name                                | Symptom ID | Symptom (Attribute) Name                                      |
|------------|--------------------------------------------------------|------------|--------------------------------------------------------------|
| 1.         | Chest pain (angina)                                    | 11.        | Swelling of the ankles and feet                              |
| 2.         | Shortness of breath                                    | 12.        | Swelling in your legs                                        |
| 3.         | Pain, numbness, weakness or coldness in your legs or arms if the blood vessels in those parts of your body are narrowed | 13.        | Fatigue                                                      |
| 4.         | Pain in the neck, jaw, throat, upper abdomen or back    | 14.        | Irregular heartbeats that feel rapid, pounding or fluttering |
| 5.         | Fluttering in your chest                               | 15.        | Fever                                                        |
| 6.         | Racing heartbeat (tachycardia)                         | 16.        | Swelling in your abdomen                                      |
| 7.         | Slow heartbeat (bradycardia)                           | 17.        | Changes in your heart rhythm                                  |
| 8.         | Lightheadedness                                       | 18.        | Dry or persistent cough                                       |
| 9.         | Fainting (syncope) or near fainting                    | 19.        | Skin rashes or unusual spots                                  |
| 10.        | Breathlessness with exertion or at rest                |            |                                                              |

4. Proposed Methodology

In today's world, a lot of people are frequently affected by various heart related diseases. Every day, the count of patients affected by heart diseases is increasing. Heart disease is one of the leading dangerous diseases. In most hospitals, the medical records of patients with various diseases are maintained in electronic medium. It is very difficult to extract the useful information from the vast volume of records manually. Nowadays, several data mining algorithms are developed to extract the useful knowledge from massive data. In this paper, the authors developed a method to predict the patients under risk based on the chosen symptoms by analyzing the heart disease dataset. Also, it discovers the risk level of those patients. The proposed algorithm avoids the generation of unnecessary itemsets. It removes the factors (itemsets) that do not satisfy the support value. Rows (record) having zero value in the entire column (itemset) is removed from further analysis. It simplifies the collection of frequent itemsets generation and improves the efficiency of itemsets generation. It saves execution time by avoiding unnecessary comparisons. Figure 1 shows the flow of the proposed method.

![Fig. 1. Block Diagram of the Proposed Method.](image-url)
4.1. Algorithm

Input
D - Heart Disease Dataset
ms - Minimum support threshold value (0.1 - 1)
mps - Minimum percentage of symptoms (0.1 - 1)
s – Symptoms
Output
Fk - Frequent Itemsets
Method
Step 1:
ts – Total number of symptoms (s)
k = ts
Combine all the chosen symptoms ‘s’ using logical AND operation. Then finds a zero value in the combined columns and deletes that particular row.
Find the sum value of this column.
Calculate the support value for column using the formula:

\[
\text{Support} (S) = \frac{\text{Sum Value of Column}}{\text{Total Number of Records}}
\]

if \( S < ms \) then terminate the process
else
Combined column consider as frequent itemset Fk. Then perform logical AND with Fk and all other columns.
Repeat steps 2 to 5 until dataset is null.
Step 2:
Find the sum values in each column of the table.
Step 3:
Calculate the support value for each column using the formula:

\[
\text{Support} (S) = \frac{\text{Sum Value of Column}}{\text{Total Number of Records}}
\]

Step 4:
If \( S < ms \) then delete the column from the table.
k = k+1
Add the column in table to Frequent Itemset Fk
Step 5:
Combines the column Max(Fk) with all other attributes without repetitive using logical AND operation. Delete the row having zero value in the entire column.
Step 6:
Calculate the percentage of symptoms for each frequent itemsets using the formula:

\[
\text{Percentage of Symptoms (PS)} = \frac{\text{Number of Disease Symptoms appear in } F_k}{\text{Total Number of Number of Symptoms in Disease}} (i = 1\ldots m, k = 1\ldots n)
\]

If \( \text{PS} \geq mps \) then all these frequent itemsets are indicate risk factors of patients having heart disease.

Convert the dataset into binary format denoting the presence or absence of symptom that causes heart disease as 1 or 0 respectively. Dataset with minimum support value, minimum percentage of symptoms and the symptoms are given as input to the proposed method. In the first step, combine all the chosen symptoms (columns) using logical AND operation. Then find a zero value in the combined columns and delete that particular row. Find the sum value of the combined column and calculate the support value of this column using the formula mentioned in the
algorithm. The process has been terminated if the support value has been less than minimum support value. Otherwise the combined column is considered as frequent itemset $F_k$. Then perform the logical AND operation with frequent itemset $F_k$ with all other columns. In the next two steps, find the sum values in each column of the table and calculate the support value for each column using the formula mentioned above. In step 4, check the support value of the each column with user given minimum support value. Delete the column which has the support value less than the minimum support value. All the column are considered as frequent itemset $F_{k+1}$ after deleting the unsatisfying column. In the step 5, find the column which has the maximum sum value, combines the column with all other columns using logical AND operation. Delete the row having zero value in the entire column. Perform this process from steps 2 to 5 repeatedly until dataset becomes null. Finally, it generates the maximum possible length of the itemsets $F_k$. In step 6, calculate the percentage of symptoms for each frequent itemsets using the formula mentioned in the step 6 of the algorithm. Finally, it extracts all the itemsets which has percentage of symptoms greater than or equal to user given minimum percentage of symptoms. The extracted itemsets are used to predict the patients who will be affected by the heart disease with risk level.

5. Result and Discussions

In this paper, the authors have developed a method to generate the frequent itemsets based on the symptoms given by the user. It helps to identify the patients at risk from the extracted itemsets. The findings will help the medical practitioners to predict the risk level of patients who will be affected by heart disease.

The developed method is successfully implemented with Java programming language. The training dataset includes data of 1000 patients affected by heart related diseases with 19 clinical attributes. List of symptoms (attributes) of the dataset are shown in Table 1.

Performance of the proposed method is compared with existing methods to establish the efficiency of the proposed method. Table 2 shows the comparison with Apriori Algorithm [23], IMSIA Algorithm [18], Semi-Apriori Technique [20], and Association Rule Mining Algorithm Based on Pattern Generation [17]. Existing methods generate all the possible itemsets in each iteration, thus increasing the computation time in comparisons and memory requirement. The proposed method does not generate the unnecessary itemsets in each frequent itemsets. Numbers of itemsets are very much reduced in the proposed method. This is the major research contribution in the proposed method. The limitation of the existing techniques is overcome by the developed method.

Plot in Fig. 2 is drawn to have statistical information on number of patients affected by 19 different symptoms. Majority of the patients are affected by shortness of breath and the lowest number of patients are affected with fluttering symptoms for the chosen dataset.

Plot in Fig. 3 shows the results for minimum support value=0.1. It predicts the number of patients affected by a combination of chosen symptoms and also affected by atleast 60% of specific symptoms of a disease. Any symptom in the chosen dataset may be included in the combination. The zero value indicates the number of patients who are affected by chosen symptoms but below 60% of symptoms of a disease. From the plot, it is evident that more number of patients are affected by atleast 60% of the symptoms of Valvular Heart Disease (VHD) and combination of symptoms like chest pain, shortness of breath, fatigue or fainting.

![Fig. 2. Number of patients affected by different symptoms causing heart disease](image-url)
Table 2 shows the result with the given support value 0.1. Existing methods generate all possible itemsets in each frequent itemset. The drawback of these methods is two-fold. Firstly, it generates very large itemsets in each frequent itemset which requires more storage space to retain all the sets. Secondly, it includes symptoms which are not relevant to particular combination of symptoms used for analysis. Number of itemsets increases inordinately when the disease bears more number of symptoms. This is the major drawback of the existing methods, which is overcome in the proposed method. In this analysis, a particular combination contains three symptoms which is assumed as frequent itemset-3. Therefore, the first two itemsets are not generated in the proposed method. The proposed method ensures that the symptoms of a chosen combination are included in all itemset of the each frequent itemset. Other itemsets which do not include them are ignored. It also ensures that the symptoms included in previous frequent itemset are included in the next frequent itemset provided those symptoms affect majority of the patients. In this way, the proposed method finds frequent itemset quickly compared to existing methods.

| Frequent Itemsets | Existing Methods | Proposed Method |
|-------------------|------------------|-----------------|
|                   | Apriori Algorithm [23] | IMSIA Algorithm [15] | Semi-Apriori Technique [18] | Association Rule Mining Algorithm Based on Pattern Generation [14] | Based on the symptoms: Chest pain, Shortness of Breath, Fatigue | Based on the symptoms: Chest pain, Shortness of Breath, Fainting | Based on the symptoms: Chest pain, Lightheadedness, Fatigue |
| Itemset-1         | 19               | 19              | 19              | 19               | -                | -                | -                |
| Itemset-2         | 171              | 171             | 171             | 171              | -                | -                | -                |
| Itemset-3         | 741              | 741             | 741             | 741              | 1                | 1                | 1                |
| Itemset-4         | 1218             | 1218            | 1218            | 1218             | 16               | 15               | 14               |
| Itemset-5         | 922              | 922             | 922             | 922              | 12               | 12               | 12               |
| Itemset-6         | 386              | 386             | 386             | 386              | 7                | 7                | 9                |
| Itemset-7         | 77               | 77              | 77              | 77               | 3                | 3                | 2                |
| Itemset-8         | 6                | 6               | 6               | 6                | -                | -                | 1                |

6. Conclusion

Medical data mining plays a vital role in the diagnosis of diseases and in life saving decisions. It is essential to find frequent itemset from patient data to predict the symptoms causing dangerous diseases. In this paper, the authors proposed an efficient method that finds frequent itemsets and risk level to predict the patients who will be affected by heart disease. The developed method analyses and predicts the number of patients at risk level. It
provides a rapid aid to the medical practitioner in making emergency decisions to save the lives of patients at risk level. In the proposed method, symptoms representing columns and patient records representing rows are removed from further analysis, if they do not satisfy the chosen rules. The proposed method is applied over a heart disease dataset of 1000 records of patients suffering from various heart related diseases. The prediction results are encouraging and the efficiency of the method in frequent itemset generation is better than existing methods.

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