Effect of miR-192-5p on Osteogenic Differentiation of Bone Marrow Mesenchymal Stem Cells in Idiopathic Scoliosis by Regulating Wnt/β-catenin Signaling Pathway via RSPO1

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Research article

Keywords: Idiopathic scoliosis, miR-192-5p, RSPO1, Wnt/β-catenin signaling pathway, Bone marrow mesenchymal stem cells, Osteogenic differentiation

Posted Date: November 1st, 2021

DOI: https://doi.org/10.21203/rs.3.rs-961628/v1

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Abstract

Background

Idiopathic scoliosis (IS) is the most common structural scoliosis, which seriously affects not only patient's physical and mental health but also quality of patient's life. Abnormal osteogenic differentiation of bone marrow mesenchymal stem cells (BMSCs) is one of the causes of IS. However, the regulation mechanism of osteogenic differentiation of BMSCs in patients with IS remains to be further studied.

Methods

Serum samples of 135 patients with IS were collected, and the expression of miRNA were detected by RT-qPCR. BMSCs from patients with IS were collected and the expression of miR-192-5p in BMSCs from IS patients and normal BMSCs was detected by RT-qPCR. Double luciferase reporter genes assay was used to verify the targeting relationship between miR-192-5p and RSPO1. The levels of RSPO1, osteogenic related proteins (OC, OPN and RUNX2) and Wnt/β-catenin signaling pathway related proteins (WNT3A and β-catenin) were detected by Western blotting. Alkaline phosphatase staining and alizarin red staining were used to evaluate the osteogenesis of BMSCs.

Results

miR-192-5p was significantly up-regulated in serum and BMSCs of patients with IS. Alkaline phosphatase staining and alizarin red staining showed that miR-192-5p inhibitor promoted the osteogenic differentiation of BMSCs from IS patients. miR-192-5p targeted down-regulated the expression of RSPO1 in BMSCs from IS patients. In addition, overexpression of RSPO1 activated Wnt/β-catenin signaling pathway in BMSCs from IS patients. Furthermore, miR-192-5p/RSPO1 axis regulated levels of osteogenic related proteins (OC, OPN and RUNX2) in BMSCs from IS patients through Wnt/β-catenin signaling pathway, and affected the osteogenic differentiation of BMSCs.

Conclusion

miR-192-5p, which was highly expressed in patients with IS, inhibited Wnt/β-catenin signaling pathway by down-regulating RSPO1 protein and then reduced the osteogenic differentiation ability of BMSCs.

Background

Scoliosis refers to the deviation in the normal vertical spine, which is the most common deformity of the spine.[1] As one pattern of scoliosis, idiopathic scoliosis (IS) seriously affects not only patient’s physical and mental health but also quality of patient’s life.[2] According to the research on IS, the available causes included genetic factors, hormonal factors, bone and connective tissue anomalies.[3] Focus on the role of bone loss plays in cause of IS, there has been reported that the mechanism and causes of bone loss in adolescent IS might be decrease osteogenic differentiation of mesenchymal stem cells.[4]
Emerging evidence showed that microRNAs (miRNAs) are deregulated in scoliosis.\[5\] Importantly, there was also a study found that the differential expression of miRNAs in Bone marrow mesenchymal stem cells (BMSCs) from adolescent IS patients might provide a deep insight into the cause of adolescent IS.\[6\] Nevertheless, the mechanism that miRNAs regulate the osteogenic differentiation of BMSCs involve in the pathogenesis of IS is still not clear.

R-spondin (RSPO) family belong to a superfamily of thrombospondin type 1 repeat-containing proteins, and contain four secreted proteins, RSPO1-4. RSPO secreted cysteine-rich glycoproteins and play an important role in maintenance of stem cells.\[7\] Moreover, RSPO together with WNT proteins enhance the activity of canonical Wnt/β-catenin signaling pathway.\[8\] Interestingly, activation of Wnt/β-catenin signaling pathway in BMSCs promoted osteogenic differentiation and reversed bone loss.\[9\] However, there was no study on the relationship between RSPO and IS.

In this study, the differential expression of miRNAs in serum and BMSCs samples form IS patients was measured and the underlying mechanisms of miR-192-5p in osteogenic differentiation of BMSCs in IS was explored to provide a new target for the prevention and treatment of IS.

**Methods**

**Serum and BMSCs samples**

From January 2016 to December 2019, the serum samples of 118 normal person and 135 IS patients were collected at First Affiliated Hospital of Kunming Medical University. And BMSCs samples from IS patients without other disease related to bone were collected as well. All patients have signed the informed consent. All experiments in this study approved by Ethics committee of First Affiliated Hospital of Kunming Medical University with the number (2016) Ethical approval L NO. 48 and conformed to the World Medical Association Declaration of Helsinki.

**Cell culture and transfection**

BMSCs collected from IS patients and normal BMSCs (#FY200001, Fuyuanbio, Shanghai, China) purchased from Fuyuan (Shanghai) Biotechnology Co., Ltd were cultured in complete medium with 10% fetal bovine serum (#gibco-10099-141, Gibco, Australia), 100 U/ml penicillin (#K0031, Baomanbio, Shanghai, China) and 100 μg/ml streptomycin (#K0107, Baomanbio) under an atmosphere of 37°C and 5% CO₂. miR-192-5p mimics, miR-192-5p inhibitor, pcDNA-RSPO1 and si-RSPO1 were designed and produced by Guangzhou Ruibo Biotechnology Co., Ltd (China). Cell transfections were carried on by using Lipofectamine2000 (#11668-019, Invitrogen, Carlsbad, USA) according to manufacturer’s instructions.

**RT-qPCR**

Extraction of total RNA enriched with miRNA was performed by using TRIzol reagent (#B0201, HaiGene, Harbin, China). And then reversed into cDNA with TruScript Reverse Transcriptase Kit (#54440-E, Norgen...
Biotek, CA). After that, RT-qPCR was carried on with a total reaction volume of 20 μL which containing 2 μL of cDNA by using TB Green Premix Ex Taq II (#RR820A; TAKARA, Japan). The primers were as follows: miR-192-5p F: 5’-GGACTTTCTCTTCATACACCG-3’ and R 5’-GACCACTGAGTTAGAGCGCA-3’; RSPO1 F: 5’-TGTGAAAATGAGCGAGTTGCTC-3’ and R 5’TCTCCAGATGCTCAGTTTCT-3’; U6 F: 5’-CTCGCTTCGCAGCACTTCT-3’ and R 5’-AAGCTCAGAATTGGCGT-3’; GAPDH F: 5’-CTGACAGTACGCCGATCCTCTTTTCT-3’ and R 5’-GCCCAATACGACACATCGGACGTA-3’. U6 or GAPDH was used as an internal standard. The relative expression of miRNA and mRNA was calculated based on the 2^ΔΔCt method.

**Western blotting**

Total proteins were extracted by using RIPA lysis buffer (#20101ES60, Yeasen, Shanghai, China) and the concentration of protein was detected by using BCA protein quantification kit (#20201ES76, Yeasen). Proteins were separated and transferred using 10% SDS-PAGE and then transferred to PVDF membranes. The PVDF membranes were blocked in 5% skimmed milk at room temperature for 2h. And then incubated with primary antibodies at 4 °C overnight. Primary antibodies were CD44 (1:1000, bs-0521R, Bioss, Beijing, China), CD90 (1:1000, bs-0778R, Bioss), CD34 (1:1000, bs-8996R, Bioss), CD45 (1:1000, bs-10599R, Bioss), anti-RSPO1 (1:1000, PA520749, Thermo Scientific, USA), anti-OC (1:1000, YJ81371, Yiji, Shanghai, China), anti-OPN (1:1000, ZIKER-0019R, ZIKER, Shenzhen, China), anti-RUNX2 (1:1000, ZIKER-1134R, ZIKER), anti-WNT3A (1:1000, NY-231688M, Anyan, Nanjing, China), anti-β-catenin (1:1000, CYm-33071M, Caiyou, Shanghai, China) and anti-GAPDH (1:1000, BM1985, BOSTER, Wuhan, China). In the next day, the membranes were incubated at room temperature with secondary antibody (1:1000, zk2597, ZIKER) for 1 h. The enhanced ECL chemiluminescence detection kit (#HR0340-DXC, Biomart, Beijing, China) was used to detect blot. GAPDH was used as an internal standard.

**Alkaline phosphatase (ALP) and Alizarin red S (ARS) staining**

After washed the cells with PBS for three times, fixed them with 4% paraformaldehyde (#36314ES60, Yeasen) at 37°C for 30 min. Subsequently, according to the manufacturer's instructions ALP staining was performed by using Alkaline Phosphatase Stain Kit (#40749ES60, Yeasen) and ARS staining was performed by using Alizarin Red S Staining Kit (#C-8309, Caiyou). Then observed and photographed the cells under a microscope.

**Double luciferase reporter genes assay**

The sequence of the RSPO1 wild type (RSPO1-WT) or RSPO1 mutant type (RSPO1-MUT) and miR-192-5p mimics were co-transfected into 293T cells (#HZ-H321, ATCC, USA) by using Lipofectamine2000. After transfection for 48 h, the luciferase activity was measured by dual luciferase reporter assay system.

**Statistical analysis**
All the data in this study were expressed as means ± standard deviation and calculated by SPSS 19.0. The difference between two groups was assessed by Student’s $t$ test and the difference in multiple groups was analyzed by one-way ANOVA. The differences of $p<0.05$ was considered statistically significant.

**Results**

**Expression of miR-192-5p in IS patients’ serum and BMSCs**

It has been reported that miRNAs participate in the process of IS. According to the heat map results (Fig. 1a), this study focused on the role of miR-192-5p played in IS. RT-qPCR results showed that the expression of miR-192-5p was significant higher in the serum samples of IS patients than normal people (Fig. 1b). In order to explored the function of miR-192-5p in BMSCs of IS, the BMSCs were obtained from IS patients, and western blotting showed that the BMSCs marker CD44 and CD90 were positive, CD34 and CD45 were negative (Fig. 1c). In addition, compared with the normal BMSCs, there was increased miR-192-5p expression in BMSCs from IS patients (Fig. 1d). Hence, the abnormal high expression of miR-192-5p in serum and BMSCs from IS patients might contribute to occurrence and deterioration of IS.

**Function of miR-192-5p in BMSCs from IS patient**

Based on the above results, miR-192-5p expressed abnormality greatly in BMSCs from IS patient, which might play an important role in osteogenic differentiation of BMSCs. In order to explored the function of miR-192-5p in BMSCs from IS patient, miR-192-5p inhibitor was transfected into the cells at first (Fig. 2a). Western blotting results showed that the expression of osteogenic related proteins (OC, OPN and RUNX2) increased in miR-192-5p inhibitor group compared with the NC group (Fig. 2b). Alkaline phosphatase staining (Fig. 2c) and alizarin red staining (Fig. 2d) also revealed that knockdown of miR-192-5p enhanced the osteogenic differentiation of BMSCs in IS. Therefore, miR-192-5p effected on the osteogenic differentiation of BMSCs in IS patient.

**Relationship of miR-192-5p, RSPO1 and Wnt/β-catenin signaling pathway**

miRNAs play some roles in cells through interact with target gene. The binding sites between miR-192-5p and RSPO1 were showed as Fig. 3a. Moreover, double luciferase reporter gene results showed that compared with the NC group, the luciferase activity of RSPO1-WT significantly reduced in miR-192-5p mimics group, and the luciferase activity of RSPO1-MUT showed no significantly differences between NC and miR-192-5p mimics group (Fig. 3b). In addition, transfected miR-192-5p mimics in the BMSCs from IS patient, after testify the transfection efficiency (Fig. 3c), Western blotting was used to detect the expression of RSPO1 protein, the results showed that overexpression of miR-192-5p down-regulated RSPO1 (Fig. 3d). Besides, RSPO1 is a regulator of Wnt/β-catenin signaling pathway. The RSPO1 was overexpressed or knock downed by pcDNA-RSPO1 or si-RSPO1 in the BMSCs from IS patient (Fig. 3e), Western blotting results showed that the expression of WNT3A and β-catenin increased...
with the increase of RSPO1, and the expression of WNT3A and β-catenin decreased with the decrease of RSPO1 (Fig. 3f). Thus, miR-192-5p inhibited Wnt/β-catenin signaling pathway through down-regulated the expression of RSPO1.

**miR-192-5p effected on osteogenic differentiation of BMSCs in IS by regulating Wnt/β-catenin signaling pathway via RSPO1**

Furthermore, the mechanism that miR-192-5p effected on osteogenic differentiation of BMSCs in IS by regulating Wnt/β-catenin signaling pathway via RSPO1 was studied. FH535 is inhibitor of Wnt/β-catenin signaling pathway. Western blotting results showed that compared with the NC group, the expression of Wnt/β-catenin signaling pathway related proteins (WNT3A and β-catenin) and osteogenic related proteins (OC, OPN and RUNX2) markedly raised in the OE-RSPO1 group, but there was no significant difference between the OE-RSPO1+miR-192-5p mimics group and the NC group; besides, the expression of WNT3A, β-catenin, OC, OPN and RUNX2 remarkable reduced in the OE-RSPO1+FH535 group compared with the OE-RSPO1 group (Fig. 4a). Alkaline phosphatase staining (Fig. 4b) and alizarin red staining (Fig. 4c) results showed that miR-192-5p mimics or FH535 reversed the promotion of osteogenic differentiation induced by OE-RSPO1 in BMSCs. Therefore, miR-192-5p restrained osteogenic differentiation of BMSCs in IS by down-regulated RSPO1 and inhibited Wnt/β-catenin signaling pathway.

**Discussion**

IS identify when scoliosis patients have no other underlying disease. For those IS patients who have not yet reached skeletal maturity, the treatment is often prophylactic. For adult IS patients, the treatment is most frequently because of symptoms, such as back pain, deformities, respiratory and cardiology problems.[10] [11] Due to a currently recognizable cause of IS has not been found, it is urgent to explore the underlying mechanism of IS pathogeny.

Bone loss is one of the most important causes of IS.[12] With the research on miRNAs, there was a study reported that miRNAs can be potentially used as a clinical tool for molecular IS diagnosis, and this study also evidence for the deregulated miRNAs that participate in osteoblast or osteoclast differentiation mechanisms in IS.[13] For example, Bcl2-targeted miR-15a was downregulated in IS patients, which related to chondrocyte proliferation and participate in the development and progression of IS.[14] Besides, recent report confirmed that aberrant miR-145-5p impaired osteocyte function in adolescent IS.[15] Osteogenic differentiation of BMSCs is closely related to bone formation.[16] In this study, we found that miR-192-5p highly expressed in not only the serum but also BMSCs of IS patients. Moreover, knockdown of miR-192-5p BMSCs from IS patients inhibited osteogenic differentiation. The results elucidated that miR-192-5p might involve in IS through regulating osteogenic differentiation of BMSCs.

miRNAs contribute to differentiation of stem cells by regulating target genes and important cellular pathways. Based on the prediction of starbase, RSPO1 as a target gene of miR-192-5p participated in apoptosis of BMSCs.[17] Additionally, RSPO1 may interact with Wnt/β-catenin signaling pathway to induce differentiation in osteoblasts.[18] Our study results illuminated that overexpression of miR-192-5p
or inhibition of Wnt/β-catenin signaling pathway in BMSCs reversed the promotion of osteogenic differentiation induced by overexpression of RSPO1.

About the osteogenic differentiation related proteins OC, OPN and RUNX2 in IS, a new study claimed that the level of OC in the severe adolescent IS patients was significantly lower.[19] Besides, OPN was at a low level in adolescent IS bone tissues.[15] And RNA and protein analyses revealed lower RUNX2 levels in adolescent IS.[20] The results in this study showed that inhibition of miR-192-5p or overexpression of RSPO1 increased the level of OC, OPN and RUNX2 in BMSCs from IS patients, this results emphasized that miR-192-5p and RSPO1 might be exploited as a potential target for IS therapy.

**Conclusion**

In conclusion, miR-192-5p, which was highly expressed in patients with IS, inhibited Wnt/β-catenin signaling pathway by down-regulating RSPO1 protein and then reduced the osteogenic differentiation ability of BMSCs.

**Abbreviations**

BMSCs: Bone marrow mesenchymal stem cells; IS: idiopathic scoliosis; ALP: Alkaline phosphatase; RT-qPCR: Real-time quantitative polymerase chain reaction; WNT3A: WNT family member 3a; OC: Osteocalcin; OPN: Osteopontin; RUNX2: Runt-related gene 2; RSPO1: R-spondin 1; miRNAs: MicroRNAs; NC: Negative control; OE: Overexpressed; WT: Wild type; MUT: Mutant type; siRNA: Small interfering RNA

**Declarations**

**Acknowledgements**

Not applicable.

**Authors’ contributions**

TD, YFY and JX designed this study. YFY, JX, QXS and YRW performed the experiment. QZL and ZRM analyzed the results. All authors read and approved the final manuscript.

**Funding**

Not applicable.

**Availability of data and materials**

All the data in this study are available from the corresponding author on reasonable request.

**Ethics approval and consent to participate**
All experiments in this study approved by Ethics committee of First Affiliated Hospital of Kunming Medical University with the number (2016) Ethical approval L NO. 48 and conformed to the World Medical Association Declaration of Helsinki.

Consent for publication

Not applicable

Competing interests

The authors declare that they have no competing interests.

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Expression of miR-192-5p in IS patients’ serum and BMSCs. a Heat map of miRNAs expression in serum from normal person (A1-3) and IS patients (B1-3) was examined by RT-qPCR. b Expression of miR-192-5p in serum from normal person and IS patients was measured by RT-qPCR. c BMSCs marker (CD44, CD90, CD34 and CD45) of BMSCs from IS patients was detected by flow cytometry. d Expression of miR-192-5p in BMSCs from normal person and IS patients was measured by RT-qPCR. **P<0.01 vs Normal group
Figure 2

Function of miR-192-5p in BMSCs from IS patient. a Transfection efficiency of miR-192-5p inhibitor in BMSCs from IS patients was examined by RT-qPCR. b Expression of osteogenic related proteins (OC, OPN and RUNX2) in BMSCs from IS patients was measured by Western blotting. c Alkaline phosphatase (ALP) staining results of BMSCs from IS patients. d Alizarin red S (ARS) staining results of BMSCs from IS patients. **P<0.01 vs NC group
Figure 3

Relationship of miR-192-5p, RSPO1 and Wnt/β-catenin signaling pathway. a The binding sites between miR-192-5p and RSPO1. b Target relationship between miR-192-5p and RSPO1 was verified by Double luciferase reporter genes assay. c Transfection efficiency of miR-192-5p mimics in BMSCs from IS patients was examined by RT-qPCR. d Expression of RSPO1 in BMSCs from IS patients was measured by Western blotting. e Transfection efficiency of pcDNA-RSPO1 or si-RSPO1 in BMSCs from IS patients was...
examined by RT-qPCR. Expression of RSPO1 and Wnt/β-catenin signaling pathway related proteins (WNT3A and β-catenin) in BMSCs from IS patients was measured by Western blotting. **P<0.01 vs NC group

**Figure 4**

miR-192-5p effected on osteogenic differentiation of BMSCs in IS by regulating Wnt/β-catenin signaling pathway via RSPO1. 

a Expression of osteogenic related proteins (OC, OPN and RUNX2) and Wnt/β-catenin signaling pathway related proteins (WNT3A and β-catenin) in BMSCs from IS patients was measured by Western blotting. 

b Alkaline phosphatase (ALP) staining results of BMSCs from IS patients. **P<0.01 vs NC group, ##P<0.01 vs OE-RSPO1 group

c Alizarin red S (ARS) staining results of BMSCs from IS patients. **P<0.01 vs NC group, ##P<0.01 vs OE-RSPO1 group
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