Multi-facets of Corticotropin-releasing Factor in Modulating Inflammation and Angiogenesis

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The family of corticotropin-releasing factor (CRF) composed of 4 ligands including CRF, urocortin (Ucn) 1, Ucn2, and Ucn3 is expressed both in the central nervous system and the periphery including the gastrointestinal tract. Two different forms of G protein coupled receptors, CRF1 and CRF2, differentially recognize CRF family members, mediating various biological functions. A large body of evidence suggests that the CRF family plays an important role in regulating inflammation and angiogenesis. Of particular interest is a contrasting role of the CRF family during inflammatory processes. The CRF family can exert both pro- and anti-inflammatory functions depending on the type of receptors, the tissues, and the disease phases. In addition, there has been a growing interest in a possible role of the CRF family in angiogenesis. Regulation of angiogenesis by the CRF family has been shown to modulate endogenous blood vessel formation, inflammatory neovascularization and cardiovascular function. This review outlines the effect of the CRF family and its receptors on 2 major biological events: inflammation and angiogenesis, and provides a possibility of their application for the treatment of inflammatory vascular diseases. (J Neurogastroenterol Motil 2015;21:25-32)

Key Words
Angiogenesis effect; Corticotropin-releasing factor; Inflammation; Urocortins

Introduction

A family of corticotropin-releasing factor (CRF) is a critical regulator of the hypothalamic-pituitary-adrenal (HPA) axis, leading to subsequent release of adrenocorticotropic factor and corticosteroids. So far, 4 members of the CRF family are identified: CRF, urocortin (Ucn) 1, and Ucn2 (stresscopin-related peptide), and Ucn3 (stresscopin) (Fig. 1). The CRF family carries out their biological function through their specific receptors, CRF1 and CRF2 which are characterized as G-protein-coupled receptors. CRF1 and CRF2 receptors are diversified into various isoforms such as CRF1α, CRF1β, CRF2α, and CRF2γ, due to alternate splicing. Despite the conserved amino acid sequence and the high similarity of their 3 dimensional receptor structure,
Figure 1. The corticotrophin-releasing factor (CRF) family members and their receptors. The CRF system is composed of natural ligands (CRF and urocortin [Ucn] 1-3) and 2 G-protein-coupled receptors (CRF1 and CRF2). CRF1 receptor binds to CRF and Ucn1, while CRF2 receptor binds to Ucn1, Ucn2, and Ucn3.

CRF1 and CRF2 receptors have differential binding activities to each of the CRF family members. CRF1 receptor shows high affinity to CRF and Ucn1, but no appreciable binding affinity to Ucn2 and Ucn3. CRF2 receptor primarily binds to Ucn1, Ucn2, and Ucn3 with greater affinity than CRF. Intriguingly, it has been suggested that CRF and Ucn1 are able to interact with a secreted glycoprotein, CRF-binding protein, or a soluble splice variant of the CRF3R receptor and thereby, provoke an antagonistic effect against the CRF-induced biological activities.7,8

Functional diversity of the CRF family and its receptors has been investigated using genetically modified animals (Table). CRF-deficient mice exhibited normal postnatal growth without any apparent abnormalities but the progeny from homozygous CRF-deficient mice all died shortly after their birth due to lung dysplasia suggesting a key role of CRF during embryonic development.9 Ucn-deficient mice exhibited increased anxiety-like behaviors through activation of CRF2 receptor, while the HPA axis-mediated stress responses were not different between Ucn-deficient mice and wild-type controls.10 CRF1 receptor-deficient mice were characterized with reduced anxiety responses and the progeny born to homozygous CRF1-deficient female mice died within a few days after birth due to lung dysplasia.11 CRF2 re-

### Table. Phenotypic Characteristics of the Corticotropin-releasing Factor Family or Its Receptor-deficient Mice

| Genotype   | Gross phenotype                                                                 | Biological characteristics                                                                 | References |
|------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------|
| CRF-deficient | Normal postnatal growth, fertility and longevity                                   | Marked glucocorticoid deficiency                                                              | Muglia et al,9 1995 |
|            | Progeny from homozygous died within 12 hours after birth due to lung dysplasia   | Impaired and sexually dimorphic adrenal stress response                                         |            |
|            | Atrophy of the zona fasciculata of the adrenal gland                             |                                                                                               |            |
| Ucn-deficient | Normal fertility and no overt phenotype                                          | Increased anxiety-like behaviors                                                               | Vetter et al,10 2002 |
|            |                                                                                   | Normal basal feeding behavior                                                                  |            |
|            |                                                                                   | Normal HPA axis-mediated stress responses                                                      |            |
|            |                                                                                   | Hearing impairment                                                                             |            |
| CRF1-deficient | Normal and fertile when born from heterozygotes                                   | Low plasma concentration of corticosterone                                                     | Smith et al,11 1998 |
|            | 15% mortality rate in the male mutant                                             | Impaired stress response                                                                       |            |
|            | Progeny from homozygous female died within 2 days after birth due to lung dysplasia | Decreased anxiety response                                                                      |            |
|            | Atrophy of the zona fasciculata of the adrenal gland                             |                                                                                               |            |
| CRF2-deficient | Normal fertility and no gross abnormality                                        | Hypersensitive to the HPA axis-mediated stress response                                        | Bale et al,12 2000 |
|            |                                                                                   | Increased anxiety-like behavior                                                                |            |
|            |                                                                                   | Hypertension                                                                                   |            |
|            |                                                                                   | Increased blood vessel density                                                                  |            |

CRF, corticotrophin-releasing factor; CRF1, CRF receptor 1; CRF2, CRF receptor 2; HPA, hypothalamic-pituitary-adrenal; Ucn, urocortin.
ceptor-deficient mice were featured with increased anxiety-like behavior and hypersensitive to the HPA axis-mediated stress response. In addition, CRF₁ receptor deficiency exhibited increased vascular density, indicating the postnatal modulation of neovascularization by CRF₁ receptor.

Recent evidence suggests that the CRF family is a novel angiogenic regulator in endogenous and inflammatory conditions. Given that an inflammatory condition is often accompanied with angiogenesis, it has been considered that angiogenesis may aggravate the disease condition. On the other hand, there is a notion that angiogenesis would benefit the recovery process from an inflammatory condition, because angiogenesis can nourish wound healing processes and thereby, improve remission of inflammation. Inflammatory bowel disease (IBD), chronic or acute intestinal inflammatory condition caused by aberrant immune response to gut microflora in genetically susceptible individuals, is the most intensively studied inflammatory conditions, as it is related to the immune modulatory role of the CRF family.

Interestingly, the CRF family members can be pro-inflammatory or anti-inflammatory depending on the inflammatory settings and their opposing effect on inflammation appears to result from their implication in angiogenesis. Such dual effects on inflammatory responses can be fulfilled by interleukin (IL)-8 and vascular endothelial growth factor (VEGF) which are potent angiogenic factors. In a way to give an outline of the involvement in human diseases, this review will primarily focus on the impact of the CRF family and receptors in inflammation and angiogenesis.

The Corticotropin-releasing Factor Family and Its Receptors in Intestinal Inflammation

Pro-inflammatory Effects

Pro-inflammatory effects of the CRF family have been described in animal studies using various intestinal inflammation models. CRF-deficient mice showed substantially reduced inflammation in trinitrobenzene sulfonic acid (TNBS)-induced experimental colitis with reduced local expression of IL-1β and lowered myeloperoxidase activity which was an indicative of diminished neutrophil infiltration, while colitis-associated systemic changes such as circulating IL-6, anorexia, and weight loss were not altered. CRF deficiency was suggested to provide a protective effect against Clostridium difficile toxin A-induced intestinal inflammation (ileitis), characterized with decreased ileal fluid secretion, epithelial cell damage, neutrophil transmigration, and mucosal release of substance P. Moreover, in toxin A-induced ileitis, ileal-specific inhibition of CRF by using a protocol of RNA interference resulted in ameliorated inflammatory responses with reduced mucosal damage and edema, and decreased neutrophil infiltration. In contrast, down-regulation of Ucn2 expression did not alter toxin A-induced acute tissue damage. In chronic granulomatous enterocolitis induced by intramural injection of peptidoglycan-polysaccharide polymers in the ileocecal region of Lewis rats, CRF mRNA and protein levels were increased, and thus exogenous CRF treatment in the ileum resulted in enhanced proliferation of laminar propria mononuclear cells, supporting the pro-inflammatory role of CRF.

In accordance with CRF, CRF receptors receptors were suggested to play a pivotal role during inflammation. Genetic deletion or pharmacological inhibition of CRF₁ receptor suppressed the severity of dextran sodium sulfate (DSS)-induced mouse colitis, determined by reduced histological tissue damages and inflammatory cytokine production. The CRF receptor antagonist, α-helical CRF₉₄₁ that blocks both CRF₁ receptor and CRF₂ receptor or the specific CRF₁ receptor antagonist antalarmin inhibited toxin A-mediated ileitis along with decreased mucosal content of IL-1β and tumor necrosis factor (TNF)-α. Moreover, enterotoxin-induced ileitis was reduced in CRF₂ receptor-deficient mice or the CRF₂ receptor specific antagonist astressin₂-B-treated mice along with decreased mRNA expression levels of keratinocyte chemokine and monocyte chemoattractant protein 1. Additionally, CRF₂ receptor activation by Ucn2 treatment was able to stimulate the expression of IL-8 and monocyte chemoattractant protein 1 in human colonic epithelial HT-29 cells expressing CRF₂A receptor. In line with this, RNA interference of CRF₂ receptor but not CRF₁ receptor dramatically reduced the extent of ulceration during colitis.

It is noteworthy that the expression of the CRF family and its receptor was altered in the inflammatory tissue. The levels of CRF, CRF₁ receptor, and CRF₂ receptor expression were increased in the ileum of the mouse treated with intraluminal toxin A. Ucn2, but not other Ucns, was significantly up-regulated in the mouse intestine treated with toxin A. In TNBS-induced rat colitis, the expression of Ucn1 mRNA fell below basal levels on day 1 and then increased by day 6 along with increased number of inflammatory cells.

In an effort to find an association of CRF with human inflammatory diseases, the CRF family or its receptors were examined in human colonic mucosal tissues obtained from patients...
with ulcerative colitis (UC). Results from immunohistochemical staining showed that lamina propria macrophages had substantially increased CRF expression in the mucosal tissues from UC patients compared to control specimens from normal subjects, suggesting the CRF might be delivered to the inflammatory lesion by mononuclear cells during the pathogenesis of UC. Moreover, eosinophils were also characterized with increased CRF expression in the colonic mucosa of UC patients, suggesting an involvement of CRF in colonic mucosal barrier dysfunction and consequently enhanced inflammation. In the colonic mucosa of UC patients, Ucn1 positive laminar propria cells were correlated with the severity of inflammation suggesting a possible inflammatory role of Ucn1 and additionally, CRF1 and CRF2 receptor mRNAs were also co-expressed in these cells. Moreover, in xenografts of human fetal small intestinal and colonic tissues in immune compromised mice after C. difficile toxin A challenge, the expression of Ucn2 and CRF2 receptor was increased. In colonic biopsies from UC patients, total number of CRF1 receptor expressing cells and CRF1 receptor-positive macrophages in the lamina propria were increased by approximately 4-fold compared to the biopsies from healthy subjects and this up-regulation was remained unchanged whether UC was active or in remission. Therefore, enhanced signaling of CRF/Ucn3/CRF receptors might be an important process in the mediation or exacerbation of inflammatory process in UC.

In addition to the intestinal specimens, intriguingly, increased CRF expression was observed in the brain in response to intestinal inflammation. Enhanced CRF and CRF1 receptor mRNA expression in the paraventricular nucleus of the hypothalamus was observed after TNBS-induced colitis. Moreover, active colitis led to increased CRF expression in the paraventricular nucleus, and despite resolution of acute colitis, the gene expression persisted.

**Anti-inflammatory Effects**

Hypothalamic CRF can exert anti-inflammatory effects. CRF is known to participate in intestinal inflammatory responses which often occur as a result of stress. Intracerebroventricular injections of CRF inhibited stress-induced aggravation of TNBS-colitis, while central injection of the CRF1 and CRF2 receptor antagonist, astressin worsened colitis. Putative mechanisms of anti-inflammatory effects of central CRF may include the stimulation of corticosterone secretion. Studies showed that glucocorticoid was able to repress inflammatory responses through inhibition of nuclear factor-kB and consequently inhibiting the transcription of pro-inflammatory genes. However, a link between CRF and stress-induced enhancement of colitis still needs to be substantiated.

Peripheral CRF was also suggested to exert the protective effect against intestinal inflammation. CRF-deficient mice were more susceptible to DSS-induced colitis compared to wild-type controls, as represented by increased levels of pro-inflammatory IL-12 and prostaglandin E2 in the colonic tissues. Compared with the wild type mice, CRF-deficient mice were characterized with reduced expression levels of toll-like receptor 4 and MyD88 whose presence could confer protective effects against DSS-induced colitis, suggesting a putative explanation for aggravated intestinal inflammation in CRF-deficient mice. Ucns and their receptors are able to elicit anti-inflammatory responses in the gastrointestinal tract. Ucn1 administered intraperitoneally ameliorated the severity of TNBS-induced colitis by not only decreasing inflammatory cytokines including TNF-α, IL-6 and regulated on activation, normal T cell expressed and secreted (RANTES), but also down-regulating T helper 1 driven autoimmune responses together with the involvement of IL-10 and TGF-β secreting regulatory cells. Ucn3 mRNA expression was diminished by 80% during TNBS-induced colitis. Besides, colon specific knockdown of CRF1 receptor, but not CRF2 receptor altered Ucn3 expression at baseline and during inflammation in this rat model of colitis, whereas exogenous Ucn3 treatment did not ameliorate inflammation.

In line with the complicated effect of Ucn in the intestinal inflammation, Ucn often shows a biphasic or differential expression level depending on the disease course. In TNBS-induced colitis, Ucn2 mRNA levels markedly increased during the early phase (days 1 and 3), followed by a reduction to the basal levels during the middle phase (days 6 and 9). Then it increased again during the late phase (days 12 and 15). In addition, Ucn2 production was increased in a large population of inflammatory cells including lamina propria macrophages. Conversely, Ucn2 specific receptor CRF2 mRNA expression showed a marked decrease during the early phase of colitis, and then for the remainder of the disease course, the expression was recovered and remained at control levels. Moreover, CRF2 receptor protein was detected only a small fraction of immune cells infiltrated into inflamed lesions. Therefore, increased expression of Ucn2 and its specific receptor CRF2 during the late phase of inflammation suggest that Ucn2 may have a role in resolution of inflammation. In parallel with increased Ucn2 at the early stage of colitis, a decrease of CRF2 receptor at this colitis phase appeared to be a compensatory
The Corticotropin-releasing Factor Family and Its Receptors in Other Inflammation

Intradermal Ucn1 treatment induced mast cell degranulation and increased vascular permeability in rat skin, suggesting a pro-inflammatory role of Ucn in dermatitis or psoriasis. In contrast, systemic administration of Ucn inhibited heat-induced paw edema with a greater potency than CRF. CRF, Ucn1, and Ucn2 augmented lipopolysaccharide (LPS)-induced pro-inflammatory cytokine production and increased the expression of toll-like receptor 4 in macrophages through the activation of the transcription factors PU.1 and activator protein-1. However, in another study, CRF, Ucn1, and Ucn2 transiently suppressed LPS-induced TNF-α production in macrophages during the early phase of inflammation by inducing cyclooxygenase-2 and prostaglandin E2, whereas longer exposure to CRF and Ucn5 increased TNF-α production, suggesting an opposing effect.

Ucn inhibited LPS-induced TNF-α production in cultured microglia by inhibiting phosphoinositide 3-kinase/Akt and glycogen synthase kinase-3β pathway, suggesting its anti-inflammatory action. Moreover, in mesencephalic neuron-glia cultures, Ucn inhibited microglial activation and thus protected dopaminergic neurons against LPS-induced neurotoxicity.

Further studies in various inflammatory disease settings also suggested that Ucns could have a potential to function as endogenous anti-inflammatory factors. Ucn, a placental peptide, induced secretion of anti-inflammatory cytokines IL-4 and IL-10 from cultured human trophoblast cells isolated from the placentas and reversed LPS-induced TNF-α release through the action of CRF2 receptor. Moreover, Ucn exerted a potent therapeutic effect against collagen-induced arthritis by reducing incidence and severity of disease by down-regulating T helper 1-driven autoimmune response measured by proliferative response and cytokine profile of draining lymph node cells. In the same study, Ucn also activated IL-10/TGF-β-producing immune-suppressive regulatory T cells and thereby suppressing the autoreactive response and restoring immune tolerance. Ucn1 treatment was able to prevent lethal septic shock caused by cecal ligation and puncture or injection of bacterial endotoxin by decreasing inflammatory cytokines and chemokines, and the acute phase protein serum amyloid A. This study suggested an important clinical implication of the CRF family as a therapeutic agent on endotoxemia which is one of the most common causes for death in hospitals. Furthermore, CRF2 receptor and Ucn1 were suggested as the key mediators of the endoplasmic reticulum stress response in a murine model of acute pancreatic inflammation. Thus, CRF2 receptor-deficient mice showed exacerbated acinar cell inflammation and necrosis accompanied by endoplasmic reticulum damage with increased ubiquitination, peIF2, and mistargeted localization of vimentin. Exogenous Ucn1 rescued histological tissue damages, suggesting its role in resolution of inflammation.

The Corticotropin-releasing Factor Family and Its Receptors in Angiogenesis

The CRF family and its receptors have been implicated in the regulation of physiological and pathological angiogenesis. An anti-angiogenic activity of CRF2 receptor during vascular development was first identified by Bale et al. CRF2 receptor-deficient mice showed postnatal hypervascularization of both capillaries and large vessels suggesting an endogenous inhibitory effect of CRF2 receptor. Subsequent in vitro studies showed that Ucn1 treatment inhibited cell proliferation and VEGF release in rat smooth muscle cells and consequently suppressed angiogenesis of endothelial cells. Moreover, treatment with either CRF or Ucn3 decreased VEGF mRNA expression levels in cultured early placental extravillous trophoblasts and this effect was counteracted by the CRF2 receptor antagonist antisauvagine-30, suggesting the involvement of CRF2 receptor in angiogenesis. Putative molecular mechanisms for an inhibitory role of CRF2 receptor in angiogenesis involved increased nitric oxide pro-
duction and down-regulation of hypoxia inducible factor-1α, which in turn decreased VEGF production and thus inhibited angiogenesis.50,51

The CRF family and its receptors also regulate pathological angiogenesis. Excessive or abnormal angiogenesis is known to be one of the major characteristics of inflammatory gastrointestinal diseases including IBD and colon cancer. Angiogenesis often facilitates disease progression by promoting the recruitment of immune cells, releasing corresponding cytokines, chemokines and matrix-degrading enzymes, and supplying essential nutrients.52 Recent evidence indicates that the CRF family and its receptors can trigger vascular changes during an inflammatory process. Our previous data showed a contrasting effect of CRF1 and CRF2 receptor during endogenous and inflammatory angiogenesis. CRF/CRF1 receptor promoted endogenous and inflammatory vessel growth, whereas Ucn3/CRF2 inhibited those responses.53 Moreover, in human aortic endothelial cells blocking CRF1 receptor increased TNF-induced vascular adhesion molecule-1 and E-selectin expression.54

A role of the CRF family and its receptors in tumor angiogenesis has been extensively investigated. For instance, Ucn inhibited angiogenesis through activation of CRF2 receptor and subsequently suppressed the growth of hepatocellular carcinoma as well as small cell lung carcinoma cells.54,55 Moreover, almost complete loss of CRF2 expression in hypervascularized renal cell carcinoma supported an idea of CRF1 as an endogenous inhibitor of angiogenesis.56 Similarly, loss of CRF2 receptor expression was observed in vascular endothelial cells of prostate cancer tissue not in normal prostate tissue.57 Additionally, viral expression of Ucn2 inhibited the growth of Lewis lung carcinoma cells in mice by activating CRF2 receptor and subsequently suppressing tumor angiogenesis.58 On the contrary, CRF increased tumor growth and angiogenesis in a mouse xenograft model by stimulating endothelial chemotaxis.59

Besides, the CRF family has been implicated in various biological functions pertinent to the cardiovascular system including angiogenesis, vasodilation, alteration of blood pressure, and cardioprotection (Fig. 2). Therefore, the CRF family and its receptors can be a potential therapeutic target to intervene vascular diseases such as cancer and chronic inflammatory diseases.

**Conclusion**

This review focused on the functions of the CRF family and its receptors for a potential role in the regulation of inflammation and angiogenesis. Since angiogenesis is an underlying cause of numerous human inflammatory diseases including IBD by aggravating inflammatory processes, dual effects of the CRF family

![Figure 2. Cardiovascular function of the corticotrophin-releasing factor (CRF) family. (A) The CRF family delivered into the brain elevates blood pressure (mean arterial pressure) and heart rate, whereas systemic administration of the CRF family decreases blood pressure and heart rate. (B) A group of Ucn and its receptor CRF receptor 2 (CRF2) have a cardioprotective effect against myocardial infarction and heart failure through the activation of extracellular signal-related kinase 1/2 (Erk1/2) pathway. In parallel, they induce vasodilation through the activation of cAMP-dependent protein kinase A (PKA) and consequent nitric oxide (NO) production.](image-url)
support an idea of its therapeutic application to inflammatory vascular diseases. However, based on the studies mentioned in this review, the CRF family and its receptors exert both pro- and anti-inflammatory as well as pro- and anti-angiogenic responses depending on the experimental settings, which makes matters more complicated and thus limits their applications. Thus, the complexity of the CRF system, the tissue and organ specificity of its function, conflicting experimental results, and contrasting mechanisms of action warrant further investigation. Regardless, the possible implication of agonists or antagonists of the CRF family and its receptors may provide a new pharmacologic platform.

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