Cooper Triples in Attractive Three-Component Fermions: Implication for Hadron-Quark Crossover

Hiroyuki Tajima,1 Shoichiro Tsutsui,2 Takahiro M. Doi,3,4 and Kei Iida1
1Department of Mathematics and Physics, Kochi University, Kochi 780-8520, Japan
2Quantum Hadron Physics Laboratory, RIKEN Nishina Center, Wako, Saitama, 351-0198, Japan
3Research Center for Nuclear Physics (RCNP), Osaka University, 567-0047, Japan
4RIKEN iTHEMS, Wako, Saitama, 351-0198, Japan
(Dated: October 11, 2021)

We investigate many-body properties of equally populated three-component fermions with attractive three-body contact interaction in one dimension. A diagrammatic approach suggests the possible occurrence of Cooper triples at low temperature, which are three-body counterparts of Cooper pairs with a two-body attraction. We develop a minimal framework that bridges the crossover from tightly-bound trimers to Cooper triples with increasing chemical potential and show how the formation of Cooper triples occurs in the grand-canonical phase diagram. Moreover, we argue that this non-trivial crossover is similar to the hadron-quark crossover proposed in dense matter. A coexistence of medium-induced triples and the underlying Fermi sea at positive chemical potential is analogous to quarkyonic matter consisting of baryonic excitations and the underlying quark Fermi sea. The comparison with the existing quantum Monte Carlo results implies that the emergence of these kinds of three-body states can be a microscopic origin of the peak of the sound velocity along the crossover.

Introduction—
The Cooper problem, where two-component fermions with a two-body attraction undergo an instability toward superconductivity, brought about a significant breakthrough in condensed matter and particle physics [1]. On the other hand, three-body and higher-body interactions occurring among particles with internal degrees of freedom play a significant role in cold atomic and nuclear physics [2–6].

In ultracold atoms, the importance of the residual three-body interaction in a one-dimensional (1D) system [7, 8] and resulting trimer formation [9] have been pointed out. Moreover, not only the realization of non-negligible multi-body interactions [10–13], but also various related phenomena have been proposed [14–19]. Recently, the conditions for attractive and repulsive three-body interactions [20] and the Bose-Fermi duality including three-body forces have been discussed [21–23].

Other interesting aspects of the three-body interaction are the emergences of a quantum scale anomaly and an asymptotic freedom in non-relativistic 1D three-component fermions [24]. In fact, such a system possesses scale invariance classically [25, 26], while this scale invariance is broken by the presence of three-body quantum bound states. This anomaly is associated with the asymptotic freedom according to which the running coupling constant becomes progressively weaker in a high-energy regime as in quantum chromodynamics (QCD) [27]. The same anomaly also emerges in two-dimensional (2D) fermions with two-body attraction [28–32]. At low density, the molecular bosonic condensate has been observed in the 2D system [33], while a gas of Fermi degenerate trimers is expected to be realized in the 1D system [13, 24, 37, 38]. Even at high density, the 2D system undergoes a Cooper-pair condensation. In the 1D system, however, the three-body counterparts of Cooper pairs remain to be explored. A candidate is a Cooper triple (see Fig. 1) predicted in 3D three-component Fermi gases with two-body attraction [41, 42]. It is important to see the stability of such an exotic state, given that the medium effect on Efimov trimer states is non-negligible [41, 47].

In dense QCD, moreover, Cooper triples might be relevant to the hadron-quark continuity [48, 49] because quarks are three-component fermions in color space. So far, various scenarios have been discussed in connection with recent astrophysical observations. One of the intriguing state is quarkyonic matter [50], which has been proposed to describe the intermediate-density regime as a state in which quark and baryonic degrees of freedom coexist in the course of the hadron-quark crossover [48, 49] where typical energy-scale separations occur among the Debye screening mass $m_D$, QCD energy scale $\Lambda_{QCD}$, and Fermi energy $E_F$.

FIG. 1: Schematic figures for the Cooper triple phase in momentum space. The system exhibits a coexistence of the underlying Fermi sea and loosely bound trimers, that is, Cooper triples, near the Fermi surface with the small width of the energy shell typically given by the in-medium trimer binding energy $E^M_B$. Although we work in one dimension, we show higher dimensional configurations for visibility. Note that the Cooper triple phase has been predicted in three dimensions [41, 42].
and quark chemical potential $\mu_q$ as $m_D \ll \Lambda_{\text{QCD}} \ll \mu_q$ \cite{50,51}. Another interesting picture called percolation has also been proposed, where quark deconfinement starts with formation of a percolation network \cite{5,6}. While such states have been investigated phenomenologically and the resulting equation of state is consistent with recent astrophysical observations of neutron stars \cite{52–54}, a microscopic mechanism of these many-body phenomena is not obvious even at a qualitative level. Thus, it will be interesting if there is a connection between baryonic excitations in dense QCD and possible color Cooper triples.

In this work, as a quantum simulator of the hadron-quark crossover, we address many-body properties of 1D three-component fermions with a three-body attraction, where a quantum Monte Carlo (QMC) simulation has been performed recently \cite{13}. As we shall see, the Cooper triple phase occurs at sufficiently large fermion chemical potential, i.e., $\mu \gtrsim E_B$ with the in-vacuum trimer binding energy $E_B^0$, to ensure the coexistence of the Fermi sea and loosely-bound triple states, which is distinct from a simple large-trimer gas conjectured in Ref. \cite{24}. Although mesons have lighter masses ($\approx 140$ MeV) than baryonic ones ($\approx 940$ MeV), dense quark (or quarkyonic) matter is dominated by quark and baryonic degrees of freedom due to the Pauli blocking being effective at sufficiently large $\mu_q$, leading to a similarity to the present model with the three-body attraction. Moreover, the existence of three-quark attraction has been revealed by the lattice QCD \cite{53,54} and associated Y-shaped color-flux distributions have also been found \cite{57,58}.

**Short summary**— Analyzing three-body spectra, we construct the grand-canonical phase diagram as shown in Fig. 2. We demonstrate that while the characteristic temperature $T^*$ for the in-medium three-body state is suppressed by thermal agitation \cite{12} around $\mu = 0$, it linearly increases with the chemical potential in the high-density regime, indicating the importance of the Fermi surface effect. Such different tendencies between the two regimes lead to the nontrivial crossover from the tightly bound trimer state to Cooper triple phase, which is a three-body counterpart of the BCS to Bose-Einstein condensation (BEC) crossover in two-component Fermi gases \cite{59,60}. The Cooper triple phase is characterized by three-body correlations near the atomic Fermi surface, which is analogous to baryonic excitations in quarkyonic matter. Although the present system does not involve gauge fields, the crossover from bound trimers to Cooper triples is reminiscent of the hadron-quark crossover in QCD.

**Formalism**— We start from a Hamiltonian $H$ for non-relativistic three-component fermions with a three-body force in 1D:

$$H = \sum_{\gamma=r,g,b} \sum_p \xi_{p,\gamma} c_{p,\gamma}^\dagger c_{p,\gamma} + \text{h.c.}$$

where $\xi_{p,\gamma} = p^2/(2m_{\gamma}) - \mu_{\gamma}$ is the kinetic energy of a fermion with momentum $p$ and momentum $m_{\gamma}$, measured with respect to the chemical potential $\mu_{\gamma}$, and $c_{p,\gamma}^\dagger$ is the fermionic annihilation (creation) operator. The second term in Eq. (1) denotes the three-body interaction with a contact-type coupling constant $g_3$, taken to be negative here. We note that the manipulation of $g_3$ has theoretically been proposed in cold atomic \cite{10,13,63} and in Rydberg atomic systems \cite{64,65}. In Supplemental Material S1 \cite{66}, we present one of the possibilities of experimentally realizing this interaction in an atom-trimer resonance model by analogy with the optical Feshbach resonance \cite{67} in connection with a closed-channel trimer state \cite{68,69} and optical control methods \cite{72,74}. For example, applying such a method to an existing mixture (e.g., $^{173}$Yb) with negligibly small two-body interactions away from the Feshbach resonance enables us to obtain a system with the dominant three-body interaction.

Many-body effects are incorporated via the in-medium three-body $T$-matrix $T_3^{MB}(P, i\Omega_n)$, where $P$ is the center-of-mass momentum and $\Omega_n = (2n + 1)\pi T$ is the fermion Matsubara frequency with $n \in \mathbb{Z}$. The explicit form of $T_3^{MB}(P, i\Omega_n)$ reads

$$T_3^{MB}(P, i\Omega_n) = \left[ \frac{1}{g_3} - \Xi(P, i\Omega_n) \right]^{-1},$$

where $\Xi(P, i\Omega_n)$ is the effective interaction.

**FIG. 2:** Grand-canonical phase diagram of one-dimensional three-component fermions with a three-body attraction. $T^*$ is the temperature where the in-medium trimer binding energy $E_B^0$ disappears. $\mu = -E_B/3$ at $T = 0$ is a trivial quantum critical point (QCP) for the transition from a zero-density (vacuum) to non-zero-density state. The purple squares show the points where the isothermal compressibility exhibits a minimum as a function of $\mu$ in the QMC results \cite{14}. The explicit form of $T_3^{MB}(P, i\Omega_n)$ reads

$$T_3^{MB}(P, i\Omega_n) = \left[ \frac{1}{g_3} - \Xi(P, i\Omega_n) \right]^{-1},$$

where $\Xi(P, i\Omega_n)$ is the effective interaction.
where
\[
\Xi(P, i\Omega_n) = \sum_{k,q} \frac{F(k,q,P)}{\Omega_n - \xi_{\frac{P}{2} + k, \frac{q}{2}, \frac{P}{2} + q, \frac{P}{2} - k, \frac{q}{2}, b} + \xi_{\frac{P}{2} + k, \frac{q}{2}, \frac{P}{2} + q, \frac{P}{2} - k, \frac{q}{2}, b}}.
\]  
(3)

The statistical factor \( F(k,q,P) \) in Eq. (3) is given by
\[
F(k,q,P) = \tilde{f}_{\frac{P}{2} + k, \frac{q}{2}, \frac{P}{2} + q, \frac{P}{2} - k, \frac{q}{2}, b} + \tilde{f}_{\frac{P}{2} + k, \frac{q}{2}, \frac{P}{2} + q, \frac{P}{2} - k, \frac{q}{2}, b},
\]  
(4)

with the Fermi-Dirac distribution function \( f_{k,\gamma} = (e^{\xi_{k,\gamma}/T} + 1)^{-1} \) and \( f_{k,\gamma} = 1 - f_{k,\gamma} \). While preceding works allow for the Pauli-blocking effect for the two-body sector [41] only via the first term in Eq. (4) that has the Fermi momentum \( k \) introduced as a momentum cutoff at \( T = 0 \), the second term, which represents three-hole excitations, is also important at finite temperature [78]. By taking \( F(k,q,P) = 1 \), one can reproduce the in-vacuum three-body \( T \)-matrix \( T_3(P,\Omega_+) \) that appears in a three-body problem. We note that the resummation of specific ladder diagrams for attractive interactions works well even in 1D at finite temperature [73].

We are interested in the conditions that allow a trimer to appear in a medium. While the three-body binding energy \( E_B = \frac{\hbar^2}{2m} \frac{2\sqrt{3\gamma^3}}{\pi^2} \) corresponds to the negative energy pole \( \Omega = -E_B \) of the in-vacuum three-body \( T \)-matrix \( T_3(P,0,\Omega_+) \) [73] (see also Supplemental Material S2 [66]), where \( \Omega_+ = \Omega + i\delta \) involves an infinitesimally small imaginary part \( \delta \) with \( \delta > 0 \), the in-medium binding energy \( E_B^M \) can be obtained from
\[
\frac{1}{g_3} - \Xi(P = 0, \Omega = -E_B^M - 3\mu) = 0.
\]  
(5)

Note that a Cooper triple can be defined as a state in which the corresponding pole energy \( \Omega + 3\mu = -E_B^M \) is negative at positive \( \mu \) and its absolute value is also smaller than \( 3\mu \). This is why the regime \( E_B^M < \mu \) is consistent with the presence of Cooper triples.

**Results and discussions**— Let us focus hereafter on symmetric three-component fermions (\( m = m_\tau = m_g = m_b \)) and \( \mu = \mu_\tau = \mu_g = \mu_b \)) in one dimension. We determine the temperature \( T^* \) where \( E_B^M \) disappears; the result is shown in Fig. 2. Although \( T^* \) does not imply the presence of any kind of phase transition, it is still worth knowing. Indeed, \( T^* \) is qualitatively equivalent to the mean-field critical temperature that can be regarded in the context of the BCS-BEC crossover as the temperature where preformed Cooper pairs appear incoherently due to the strong two-body attraction [53, 62]. In the numerical calculation we take \( E_B^M = 10^{-2}E_B \) and \( \delta = 10^{-3}E_B \) since \( \Omega = 0 \) has a singularity due to the edge of continuum. We confirmed that our estimate of \( T^* \) is practically unchanged for smaller \( \delta \).

Let us turn to in-medium three-body properties at low temperature. In Fig. 3 we display the three-body spectral function \( A_3(P,\Omega) = -\text{Im} T_3^\text{MB}(P,\Omega) \) calculated at \( T/E_B = 0.1 \). Naturally, the medium effect is not significant at low density [80, 81]. In fact, as depicted in Fig. 3(a) for a typical dilute condition like \( \mu/E_B = -1 \), \( A_3(P,\Omega) \) has a strong intensity around the dispersion of a tightly bound trimer given by \( \Omega = P^2/(6m) - E_B - 3\mu \), as well as a continuum above \( \Omega = P^2/(6m) - 3\mu \). The higher the density, the stronger the medium effect. Consequently, as shown in Fig. 3(b), the bound-state peak in \( A_3(P,\Omega) \) is strongly suppressed at \( \mu/E_B = 2 \). This suppressed peak, however, does not merge into the continuum at sufficiently low temperature. Instead, the \( P = 0 \) bound-state pole \( \Omega = -E_B^M - 3\mu \) remains just below \( \Omega = -3\mu \), which implies the existence of an in-medium trimer near the Fermi surface (\( 0 < E_B^M \ll \mu \)), that is, a Cooper triple.

We remark that while a molecular state competes with a Cooper triple state in the case of three-component Fermi gases with two-body interactions at finite temperature [43], Cooper triples are not suppressed by such an effect in our model without two-body interactions. Even in the present case, however, Cooper pairs may occur, e.g., due to the effective two-body coupling \( g_{2e}^\text{eff} \) between fermions with \( \gamma = g \) and \( b \) (\( \rho, \gamma \) is the number density of \( \gamma \) component). This coupling, which may involve a two-body bound state of binding energy \( E_{2b} = m (g_{2e}^\text{eff})^2/4 \) in 1D, is irrelevant for a large \( \Lambda \) since \( g_3 \) and hence \( g_{2e}^\text{eff} \) behave as \( \sim 1/\ln(mE_B/\Lambda^2) \). We remark in passing that in the case of finite-range three-body interactions, irrespective of whether attractive or repulsive [52], \( g_{2e}^\text{eff} \) can be finite and plays a significant role for the interplay between two-body and three-body correlations.

We also note that while a trimer-trimer pairing state used to be invoked as one of the possible ground states in Ref. [24], the trimer-trimer interaction, which was later found to be repulsive [59], would keep Cooper triples un-
When the temperature increases, the bound-state pole approaches zero energy again and finally disappears even in such a low-density regime. Since the system does not form the Fermi surface at negative $\mu$, such a reduction of the trimer binding energy has to be associated with thermal agitation.

In Fig. 4(d), we show how $E_B^M$ evolves from the tightly bound trimer phase to the Cooper triple phase at $T/E_B = 0.01$ and 0.1. One can see a dramatic drop of $E_B^M$ around $\mu = 0$, indicating the change of the system’s properties. Both at such low temperatures, $E_B^M$ continuously changes from $E_B$ to the Cooper triple energy $E_{CT}/E_B \simeq 0.04$ with increasing $\mu$. Here we note that at exactly zero temperature there is a trivial quantum critical point at $\mu/E_B = -1/3$ for the transition from a zero-density (vacuum) to nonzero-density state. Note that this critical point is characterized by the effective fugacity $z_{\text{eff}} = e^{(3\mu + E_B)/T}$ of a bound trimer [85], as $z_{\text{eff}}$ becomes exactly zero at $T = 0$ when $3\mu < -E_B$. In the absence of $E_B$, this transition would occur at $\mu = 0$. From comparison between the results of $T/E_B = 0.01$ and $T/E_B = 0.1$, one can see that thermal agitation becomes significant around $\mu/E_B = -1/3 \sim 0$. All these low-temperature properties reflect the fact that while the competition between the three-body binding and the thermal agitation, which is characterized by the ratio $T/E_B$, manifests itself in the low-density regime ($\mu \lesssim 0$), the formation of Cooper triples in the high-density regime ($\mu \gg E_B$) is robust against the thermal agitation due to the Fermi surface effect. The Cooper triple phase in the high-density regime can be identified by a typical energy separation $E_B^M \ll E_B \lesssim \mu$, which is analogous to that in quarkyonic matter. In the low-density regime, see Supplemental Material S3 [66].

We finally revisit the $\mu$ dependence of $T^*$ shown in Fig. 2. In the high-density regime, $T^*$ linearly increases with increasing $\mu$. Indeed, this behavior is well fitted by the linear function $T^* = 0.384\mu + 0.095E_B$. Such a scale-invariant behavior of $T^* \propto \mu$ implies that three-body correlations are still alive in the high-density regime. For comparison, in Fig. 2 we plot the points where the QMC result [13] for the isothermal compressibility $\kappa$ normalized by the ideal-gas value $\kappa_0$ is minimal with respect to $\mu$. Interestingly, these points coincide well with the $T^* - \mu$ relation at low temperature. In QCD, the sound velocity, which is proportional to $\kappa^{-1/2}$ at $T = 0$, is predicted to be peaked in the hadron-quark crossover regime [48] [49]. Thus, our results suggest that such macroscopic behavior manifests the emergence of Cooper triples in both systems (for details, see Supplemental Material S4 [66]).

Conclusion—We have clarified the conditions of temperature and chemical potential that allow Cooper triples and trimers to occur in the 1D equilibrated system of three-component fermions with three-body attraction. We have found a non-trivial crossover from the tightly

![Figure 4: Temperature dependence of the three-body spectral functions $A_3(P = 0, \omega)$ at (a) $\mu/E_B = 1$, (b) $\mu/E_B = 0$, and (c) $\mu/E_B = -1$. The panel (d) shows the in-medium trimer binding energy $E_B^M$ as a function of $\mu$ at $T/E_B = 0.01$ and $T/E_B = 0.1$.](image)
bound trimer phase to the Cooper triple phase with increasing chemical potential, which is analogous to the hadron-quark crossover in QCD. The characteristic temperature $T^*$ of Cooper triples agrees well with the compressibility minima of the QMC result in this 1D system, implying that the hadron-quark crossover is accompanied by the emergence of quark Cooper triples. Indeed, this scenario is physically analogous to McLerran-Reddy model for quarkyonic matter [53].

For future perspectives, the comparison of the compressibility between our diagrammatic approach and the existing QMC result would be helpful to confirm the relevance of Cooper triples. Since the deconfined phase near the $T^*$ minimum is dominated by strong fluctuations [15], the compressibility anomaly could not be understood by usual quasiparticle pictures. It is also interesting to address quartet condensation [87, 88], dual bosonic systems [21, 22], higher dimensions [63], and lattice systems [23, 24]. Moreover, the three-body loss can be a useful probe for the emergence of Cooper triples as in the case of Efimov effects [42, 91].

We are grateful to Y. Hidaka for reading the manuscript and giving us pertinent comments, and M. Horikoshi, T. Hatsuda, H. Yabu, E. Nakano, J. Takahashi, K. Nishimura, T. Hata, K. Ochi, and S. Akagami for useful discussion. This work is supported by Grants-in-Aid for Scientific Research provided by JSPS through Nos. 18H01211, 18H05406, and 20K14480. S.T. was supported by the RIKEN Special Postdoctoral Researchers Program.

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SUPPLEMENTARY MATERIAL

S1. ATOM-TRIMER RESONANCE MODEL FOR A TUNABLE THREE-BODY INTERACTION

In this supplement, we illustrate how the three-body interaction among three-state fermions can be realized. Our basic idea, which requires coupling between an open channel continuum state and an excited bound trimer state, is summarized in Fig. S1. For such an atom-trimer resonance model, we develop a coupled-channel formalism. The corresponding Hamiltonian reads

\[ H_{at} = \sum_{p,\gamma} \varepsilon_{p,\gamma} c_{p,\gamma}^\dagger c_{p,\gamma} + \sum_{P} (\varepsilon_{P}^1 + \nu) A_P^1 A_P^\dagger + V_{at} \sum_{P, k, q} \left( A_P^{1} c_{P-k}^{\dagger} c_{q} c_{q+k}^{\dagger} + \text{h.c.} \right), \]

where \( \varepsilon_{P}^1 = P^2/(6m) \) and \( A_P^{1} \) are the kinetic energy and the annihilation (creation) operator of the closed channel trimer with the energy level \( \nu \), respectively. Here, we have considered the equal mass for all types of fermions and defined \( \varepsilon_{p,\gamma} = |p|^2/(2m) \). For simplicity, we ignore other background interactions by assuming that the system is far away from ordinary magnetic Feshbach resonances.

The atom-trimer coupling \( V_{at} \) may occur through the hyperfine interaction or the optical transition as in the case of the optical Feshbach resonance. The closed-channel trimer state would be found in few-body or quantum chemical calculations [S1–S3], as well as in future precise spectroscopic experiments [S4]. In this model, the three-body \( T \)-matrix \( T_{3}(P, \Omega_+) \) is given by

\[ T_{3}(P, \Omega_+) = \frac{V_{at}^2}{\Omega_+ - \varepsilon_P - \nu - V_{at}^2 \Xi_0(P, \Omega_+)}, \]

where \( \Xi_0(P, \Omega_+) \) is the bare three-body propagator.

Before considering the one-dimensional case of interest here, we first consider the bare three-body propagator in three dimensions, which can be obtained as

\[ \Xi_0(P, \Omega_+) = \sum_{k, q} \frac{1}{\Omega_+ - \varepsilon_P - \nu - \varepsilon_{P+k} - \varepsilon_{P-k} - \varepsilon_{P+q} - \varepsilon_{P-q}} \]

\[ = -\frac{m}{12\sqrt{3}\pi^3} \left[ \Lambda^2 \left( \frac{m\Omega_+ - P^2}{6} + \frac{\Lambda^2}{2} \right) \right. \]

\[ + \left. \left( m\Omega_+ - \frac{P^2}{6} \right) \ln \left( \frac{\Lambda^2 + P^2/6 - m\Omega_+}{P^2/6 - m\Omega_+} \right) \right]. \]  

(S3)

At \( P = \Omega_+ = 0 \), therefore, we obtain the three-body \( T \)-matrix in three dimensions as

\[ T_{3,3D}(0, 0) = \left( -\frac{\nu}{V_{at}^2} + \frac{m\Lambda^4}{24\sqrt{3}\pi^3} \right)^{-1} \]

\[ = -\frac{V_{at}^2}{\nu_R}, \]  

(S4)

where the renormalized trimer energy level \( \nu_R \) is defined as

\[ \nu_R = \nu - \frac{m\Lambda^4}{24\sqrt{3}\pi^3} V_{at}^2. \]  

(S5)

Equation (S4) indicates that a bound trimer state can appear at \( \nu_R \approx 0 \), while the three-body coupling can be changed by tuning \( \nu_R \) as in the case of the magnetic Feshbach resonance in which the renormalized closed channel molecular energy is tuned [S5].

In one dimension, the present coupled channel model can be reduced to the single-channel model when \( V_{at} \) and \( \nu \) become sufficiently large in such a way as to keep \( V_{at}^2/\nu \) finite. In fact, \( T_{3}(P, \Omega_+) \) is given by

\[ T_{3}(P, \Omega_+) = \left[ \frac{\Omega_+ - P^2/(6m) - \nu}{V_{at}^2} + \frac{m}{2\sqrt{3}\pi} \right. \]

\[ \times \left. \ln \left( \frac{\Lambda^2 + P^2/6 - m\Omega_+}{P^2/6 - m\Omega_+} \right) \right]^{-1}, \]  

(S6)

which reduces to Eq. (S5) when one sets \( g_3 = -V_{at}^2/\nu \) and \( |\nu| \gg |\Omega_+ - P^2/(6m)| \).

For more realistic situations, we have to consider a light-induced loss in the presence of an optical transition between open and closed channels. Recently, however, the “dark-state” optical method has been proposed to avoid such a loss [S6, S7]. Indeed, the optical control of a scattering length and an effective range in two-body scattering is experimentally feasible for a \(^6\text{Li} \) Fermi gas [S8, S10]. Application of this method to the present atom-trimer resonance is left for future work.
S2. Properties of Three-body Bound State in Vacuum

In this supplement, we summarize the properties of the three-body bound state in vacuum. One can obtain the renormalization group flow of $g_3$ as

$$\frac{\partial g_3}{\partial \ln \lambda} = \frac{m}{\sqrt{3}\pi} g_3^2, \quad (S7)$$

indicating the asymptotic freedom, together with the emergence of an additional momentum scale $\Lambda$ after the integration with respect to the momentum scale $\lambda$ at which one probes $g_3$. Then, after analytically performing the momentum integration in $T_3(P, \Omega_+)$ in vacuum and finding the negative energy pole, we obtain

$$T_3(P, \Omega_+) = \left[ \frac{1}{g_3} + \frac{m}{2\sqrt{3}\pi} \ln \left( \frac{\Lambda^2 + P^2/6 - m\Omega_+}{P^2/6 - m\Omega_+} \right) \right]^{-1},$$

$$\simeq \frac{2\sqrt{3}\pi}{m} \left[ \ln \left( \frac{mE_B}{P^2/6 - m\Omega_+} \right) \right]^{-1}, \quad (S8)$$

where

$$E_B = \frac{\Lambda^2}{m}, \quad E_B \equiv \frac{\Lambda^2}{2mT}, \quad (S9)$$

is the three-body binding energy in vacuum, which is consistent with that derived in Ref. [S11]. In the second line of Eq. (S8), we assumed $\Lambda \gg \sqrt{mE_B}$. We remark that one can derive Eq. (S7) from the condition $\frac{\partial E}{\partial \ln \lambda} = 0$, i.e., $E_B$ in Eq. (S9) does not explicitly depend on $\Lambda$ after the renormalization of $g_3$.

S3. Saha-Langmuir Equation for a Fermion-Trimer Mixture

In this supplement, we derive the degree of dissociation $\alpha \equiv \rho_t/\rho$ and the dissociation temperature $T_\alpha$ in a classical fermion-trimer mixture of total fermion number density $\rho$ and free fermion number density $\rho_t$ from the Saha-Langmuir equation,

$$\frac{\rho_t^3}{\rho - \rho_t} = \frac{3^3/2m}{2\pi} e^{-E_B/T}, \quad (S10)$$

which can in turn be obtained from

$$\rho_t = 3 \int \frac{dp}{2\pi} \exp \left[ -\frac{p^2}{2m} - \frac{2T}{m} \right]$$

$$= 3 \sqrt{\frac{mT}{2\pi}} \quad (S11)$$

and

$$\rho - \rho_t = 3 \int \frac{dP}{2\pi} \exp \left[ -\frac{p^2}{(2m)} - \frac{2E_B - 3\mu}{T} \right]$$

$$= 3 \sqrt{\frac{mE_B}{2\pi}} e^{E_B/T} \quad (S12)$$

where $z = e^{\mu/T}$ is the fugacity, in terms of the fugacity, which is supposed to be sufficiently small, we can write the degree of dissociation as

$$\alpha = \frac{1}{1 + \sqrt{3}z^2 e^{E_B/T}}. \quad (S13)$$

By solving Eq. (S13) with respect to $T$ and setting the resultant $T$ as $T_\alpha$, one finally obtains

$$T_\alpha = \frac{2\mu + E_B}{\ln \left( \frac{1 - \alpha}{\sqrt{3}z} \right)}. \quad (S14)$$

To clarify the role played by the dissociation temperature $T_\alpha$, Eq. (6), in explaining the low-density behavior of $T^*$, we have drawn Figs. S2(a) and (b) in which $T_\alpha$ is plotted as a function of the chemical potential $\mu$ and the fugacity $z$, respectively, in the low-density regime. One can see from Fig. S2(a) that $T_{\alpha=0.9}$ is close to $T^*$ in the sufficiently low-density regime ($\mu/E_B \lesssim -10$). This suggests that thermal dissociation in terms of $\alpha$ gives a valid picture of the trimer phase at finite temperature up to $T^*$.

Then, let us proceed to consider the behavior of $T_\alpha$ in the $T-\mu$ plane as shown in Fig. 1. According to this behavior, $\alpha$ decreases with increasing temperature at given
To understand such a seemingly counterintuitive result, it is useful to see the fugacity dependence of $T_\alpha$ shown in Fig. S2(b). One can find from this figure that at given $z$, $\alpha$ monotonically increases with increasing temperature. This tendency can be easily understood from Eq. (S15). We thus conclude that the decrease in $\alpha$ with increasing temperature at given $\mu$ is due to the simultaneous enhancement of $z$ and that the comparison between $T^*$ and $T_\alpha$ as shown in Fig. 1 is still meaningful.

Strictly speaking, the Saha-Langmuir equation becomes no longer valid in the region where the thermal medium leads the trimer binding to vanish ($T \gtrsim T^*$) since the robust trimer binding is taken for granted in the present simple model, one can qualitatively understand how crucial the Cooper triple formation is for the sound-velocity peak in the crossover regime, which is reminiscent of quarkyonic matter.

We remark that the isothermal compressibility has the same tendency in 3D. In fact, it is given by

$$\kappa_{3D} = \frac{3(2m)^{\frac{3}{2}}}{4\pi^2\rho^2} \left[ \sqrt{\mu} + \sqrt{3\mu + E_B^M} \left( 3 + \frac{\partial E_B^M}{\partial \mu} \right) \right],$$

where the term $\frac{\partial E_B^M}{\partial \mu}$ appears in the same way as Eq. (S20). Thus, the emergence of the Cooper triples is a possible origin of the sound velocity in the hadron-quark crossover. Indeed, this simple model based on the fermion-trimer mixture is similar to the McLerran-Reddy model for quarkyonic matter in Ref. [S12].

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