Himalaya and its foreland acted as a coupled system that responded to the climate variability and evolved as a thrust and fold belt. The river systems draining the Himalaya, the Ganga foreland act as an artery that helps registering climate and tectonic signals into its geomorphology and sedimentary history. The paper discusses the late Quaternary landscape evolution of the mountain and its foreland and reviews the published literature in the context. It mainly focusses on the alluvial landscape and compiles the chronological data to decipher the evolution of mountain, the Ganga foreland and the delta. The review suggests that rivers in Himalaya largely aggraded during the climatic transition between the dry glacial and wet interglacial. The incision of the river valleys took place during peak of the warm interglacial periods when Indian Summer Monsoon strengthened. The Ganga plain rivers exhibit varied geomorphology that depended on the proximity to the mountain, forebulge of the foreland and type of drainage (transverse or axial). The rivers in the west are incised while those in the east are shallow and avulsive. The sedimentary history of the Ganga plain implies being forced from N-S movement of monsoon front and foreland dynamics over the past 120 ka. The delta region of Ganga has been responding to the fluctuating sea level and delta progradation (retro-gradation).

Introduction

The Himalaya and its foreland were formed due to collision of the Indian and Asian plates and the subsequent crustal shortening (Molnar, 1984). Soon after the collision, a forearc basin was formed at the leading edge of the Indian Plate where molassic sedimentation took place from Oligocene to early Miocene (Parkash et al., 1980, Burbank et. al., 1996a). These sediments are called as Indus molasse; the fossil record suggests that the elevation of the basin was ~600 m above the sea level (asl) (Paul et al., 2007). The ongoing northward push of the Indian Plate led to a southward progressive deformation and formation of Himalayan fold and thrust belt that now touches a maximum elevation of >8.5 km. The thrust sheet loading in Himalaya later led to the formation of a peripheral foreland basin that extends E-W parallel to the Himalayan ranges. The Himalayan mountain (or the northern hinterland), the craton (or the southern hinterland), the Himalayan foreland, and the Indus and Ganga-Brahmaputra deltas are the major geomorphic domains.

During summer, differential heating of the elevated Himalaya-Tibet landmass develops a low-pressure zone which creates the necessary pressure gradient to drive the Indian Summer Monsoon (ISM). This relationship is known to exist since ~10 Ma. It is the orographic structure of the Himalaya that decides the pattern of rainfall distribution for a large part of the Indian sub-continent. The southern Himalayan front receives full spectrum (100 mm/a in the NW and ~3500 mm/a in the NE) of the ISM rainfall, whereas the northern part of the Himalaya remains a rain shadow zone of the ISM. Therefore, the interaction between the precipitation-driven climatic perturbations, surface processes and the geology of the Himalaya result in varied landscapes. The river valleys that drain the Himalaya, deliver a large volume of sediments to intermittent depocenters along its course (such as wide valleys, the dun or intermontane valleys, and the Indo-Gangetic-Brahmaputra plains) and eventually to their ultimate sinks, viz., the Bay of Bengal and the Arabian Sea. The sediment load, tectonics, ISM, and eustatic sea-level changes govern the zones of deposition and river erosion/incision in the continuum of the Himalaya-Ganga-Brahmaputra Foreland-Delta system.

In the last decade, several researches focused on the understanding of the Himalayan river response to the tectonic and climatic changes (Bookhagen et al., 2006; Hodges et al., 2004; Kumar et al., 2007, Srivastava et al., 2008, 2009; Ray and Srivastava, 2010; Dutta et al.,
As a result, a ~75 ka climate-tectonic history of the Indus, the Brahmaputra, the Ganga and their tributaries has been developed. Studies were also carried out on Gangetic Plains and deltaic regions to understand the timing and style of aggradation and degradation in response to the foreland dynamics, climate, and sea-level changes (e.g., Goodbred and Kuehl, 2000a; Jain and Tandon, 2003; Srivastava et al., 2003a; Ghosh et al., 2019). This contribution aims to review the important findings of studies undertaken in the last decade on different geomorphic domains of the Himalayan system. We provide a synoptic view of (i) timings of aggradation-incision and, (ii) roles of tectonics, climate, and sea-level changes in shaping the modern landscape of the Himalayan terrain.

The studies dealing with the late Quaternary geomorphology, sedimentology, and geochronology of the fluvial sequences of the Himalayan system have been considered in this review.

Geology, structure and Climate

The modern structure of Himalaya has evolved due to continued compression via crustal shortening and thrust sheet loading (Yin and Harrison, 2000; Fig. 1). Its southernmost thrust, referred to as the Himalayan Frontal Thrust (HFT), brings the Siwalik Group of rocks (relict foreland mid-Miocene to lower Pleistocene) over the modern alluvium of the Ganga Foreland. The Siwalik rocks are themselves thrusted over by meta-sedimentaries of the Lesser Himalayan affinity along the Main Boundary Thrust (MBT). The Lesser Himalayan meta-sediments are thrusted over by the Higher Himalayan Crystallines (HHCs) along the Main Central Thrust (MCT). Further, the Tethyan sediments are separated from the HHCs by a normal fault referred to as the South Tibetan Detachment System (STDS). The Tethyan sediments overlie the Zanskar Shelf sediments along the north-vergent Zanskar Counter Thrust. Further, in the north the Indus molasse sediments are separated from the Zanskar Shelf sediments by the Choksti thrust and from the Ladakh Batholith by the Upshi-Bazgo Thrust. The Himalayan part lying south of the STDS is referred here as the wet southern Himalayan front as it receives rainfall as high as 2500 mm/a. The region to the north of the STDS, here referred to as the arid northern Himalayan front, remains under the rain shadow of the ISM and more dominantly receives precipitation by westerlies (500-100 mm/a). From east to west and from south to north along the mountain, the intensity of the ISM decreases. The main Himalayan Rivers — the Ganga and Brahmaputra drain through the southern front, while the Indus, the Spiti and the Zanskar drain the dry northern parts. Figure 1 provides a broad overview of the study area.

Late Quaternary evolution of the geomorphic domains

The salient features of (i) the northern hinterland, (ii) the southern hinterland, (iii) the Himalayan foreland, and (iv) the deltas are discussed separately. Further, the Himalayan rivers are tentatively

Figure 1. Overview of study area showing the Himalaya, the Ganga-Brahmaputra Foreland and location of Deltaic region.
divided into (a) the rivers draining the lee-ward side of the Himalaya (northern part of the Himalaya), and (b) the rivers draining the windward side of the Himalaya (southern part of the Himalaya).

Sedimentation in the northern hinterland

The sedimentation style and aggradation in rivers of this part of the Himalaya depend upon two major factors: (i) water and availability of sediment in the drainage network, and (ii) precipitation pattern (Bookhagen and Burbank, 2010). While the ISM, groundwater, and glacial/snowmelt are the main sources of water, the sediment-supply to the channels is by the glacial and hillslope erosion and mass-wasting. These factors, i.e., sediment and water, vary in space and time. The surface processes like normal and extreme floods, debris flows, and channel damming and lake formation are common that produce excess sediment supply resulting in valley-filling. The channel aggrades during higher sediment to water ratio and incises during the peak ISM phases (Blum and Törnqvist, 2000; Ray and Srivastava, 2010; Kumar and Srivastava, 2017). Therefore, the fill sequences in the river valleys normally comprise (i) fining upward imbricated gravels implying aggradation on channel bar during normal monsoon floods, (ii) mud-supported fining upward beds of angular to sub-angular gravels that signify deposits of the past extreme floods and events of cloud bursts, (iii) the poorly-sorted mud-supported gravels often occur as indications of the past landslides, and (iv) fine-grained clayey silt deposits indicating formation of dammed lakes, often a result of interaction of landslides, fans and channels. The processes like glacial lake outburst floods (GLOFs) are often represented by debris flows and thick piles of poorly-sorted sand (Juyal et al., 2010; Chaudhary et al., 2015; Sharma et al., 2016; Srivastava et al., 2017).

Arid northwestern (NW) Himalaya: Most valleys of the NW Himalaya exhibit valley filling by channel and fan-bound processes that helped to aggrade the valley and led to formation of fill terraces. The catchment basins of relatively drier Himalaya are associated with two precipitation systems: (i) The ISM that fetches moisture from the Arabian Sea and Bay of Bengal and brings rainfall to southern front of the Himalaya during summer months (June–September); but during abnormal monsoon years it results in heavy rainfall in the dry areas (Bookhagen et al., 2005). The ISM is responsible for < 50% of the hydrological budget of the Himalayan Rivers (Bookhagen and Burbank, 2010). (ii) The second system is driven by the mid-latitude westerlies that precipitate in the form of snow during winter months adding >50% to the hydrological budget (Bookhagen and Burbank, 2010). During the warmer phases enhanced landslide activity and hillslope erosion mobilize large volume of sediments in the trunk channel that leads to valley aggradation (Bookhagen et al., 2005; Korup et al., 2007; Dortch et al., 2009; Juyal et al., 2010; Ray and Srivastava, 2010; Srivastava et al., 2013).

Several studies in the Indus, Zanskar and Baspa river valleys, NW hinterland Himalaya have been carried out on the valley fills, outwash fans, and debris flows, suggested various aggradation and incision periods in the valleys (Shukla et al., 2002; Pant et al., 2005; Phartiyal et al., 2005; Dortch et al., 2010; Nag and Phartiyal, 2015; Kumar and Srivastava, 2017; Dutta et al., 2018; Lal et al., 2019. Kumar and Srivastava (2017) suggested aggradation in three pulses centred at ~52, ~28 and ~16 ka and showed that the fan building processes started at ~47 ka and debris flows centred at ~27 ka. Another study from the Indus and its tributary Zanskar River, suggested valley filling in two phases at ~ 200 and during 50–20 ka (Blöthe et al., 2014). Recent studies, including those on chronology, sedimentary architecture and provenance of the valley fill from the Zanskar using fluvial terraces, fan and lake deposits suggested that the river aggraded at ~32–25 ka and ~8–6 ka (Jonell et al., 2018; Chahal et al., 2019). The valley-fill sequences along the Tangste River (Trans-Himalaya) show two phases of aggradation at 48 and 30–21 ka (Phartiyal et al., 2015). Further, a study establishing the chronology of the paleolake deposits along the Indus River suggested three phases of lake formation during warm and wet climate at ~35–26 ka (Lamayuru palaeolake); 17–13 ka (Rizong palaeolake), and 14–5 ka (Khalsi–Saspol palaeolake) (Nag and Phartiyal, 2015; Nag et al., 2016). Episodic filling in the valley was caused by glaciogenic, fluvial, lacustrine, and alluvial sedimentation during intensified monsoon periods (Phartiyal et al., 2015). The Spiti River valley, in the similar climatic domain of the NW Himalaya, also experienced two phases of fluvial aggradation during the wet phases of 50–30 ka (MIS-3) and 14–8 ka (MIS-1) (Phartiyal et al., 2009a; Srivastava et al., 2013); these phases are related to lake formations due to damming of the river (Phartiyal et al., 2009a, b). Similar studies from the Baspa River valley suggested alluvial fan progradation at ~45 ka under warm and humid deglacial phase, and during the MIS-3 (~23 ka) strengthened precipitation-induced large landslides blocking the river course and formation of lakes that records sedimentation until the early Holocene (Dutta et al., 2018).

Semi-arid NW Himalaya: Includes the monsoon dominated Satluj valley which experienced three discreet phases of valley filling between 13 and 0.4 ka. Two levels of valley-fill fluvial sediments in the Satluj valley have sandwiched the deposits of alluvial and debris flow indicating episodes of high magnitude floods during the post-glacial transitional climate (Sharma et al., 2016). Meanwhile, rivers in the northern Tibet in Kunlun Mountains are known to have built large fans during the MIS-3 (Owen et al., 2006). Likewise, two phases of rainfall-induced landslides are also reported in the catchments of the NW Himalaya: MIS-3 and MIS-1 (Dortch et al., 2009; Srivastava et al., 2013).

The strath terraces—geomorphic manifestation of the past river beds, are used to reconstruct paleo-riverbed profile and decipher the style of neotectonic responses. In Nanga Parbat-Haramosh Massif (NPHM) of the NW syntaxis, two levels of strath terraces along the Indus are dated ~7 ka and between 67 and 27 ka (based on 10Be and 26Al cosmogenic radionuclides); the inferred bedrock incision rates from these dates are as high as 9–12 mm/a during the Holocene, and 1–6 mm/a during the pre-LGM (Burbank et al., 1996b; Leland et al., 1998). Modern incision rate of the Indus in the NPHM is ~12 mm/a, which reduces to 3–6 mm/a, around 50 km upstream at Skardu. Post-LGM incision rates of Baraldu River that meets the Indus near Skardu are computed to be 2–29 mm/a (Seong et al., 2008). The studies on strath terraces along the Indus in the Indian part suggest incision during 44–65 ka at the rate of 1–2.2 mm/a (Kumar and Srivastava, 2017). A gradual increase in the incision rates from 1–3 mm/a at Leh to >12 mm/a in the NPHM implies incision along the NW Syntaxes, which lead to rapid fall in the base level. This introduced the incision in the upper Indus (Kumar and Srivastava, 2017). Lal et al. (2019) provided a framework of tectonic instability and reorganization of drainage in the Indus River basin by studying the mineral assemblages.
of ~73 ka old section comprising paleolake, fan, and fluvial deposits along the basin. Switching of sediment source is suggested based on the medium grade metapelites mineral assemblage (staurolite, kyanite and garnet) from Pangong Tso Crystalline complex. Nonetheless, this mineral assemblage is also reported in the Indus River catchment, i.e., Tso Moriri Crystalline (De Sigoyer et al., 2004).

More recently, the fluvial terrace and geomorphic investigation along the Indus in Leh valley indicated a neotectonic deformation in the Indus Molasse and shortening of ~10 m along the Stok Thrust since ~42 ka (Sinclair et al., 2017). Further, the Tạngtse River in the Trans-Himalaya, flowing along the strands of the Karakoram Fault, shows evidence of neotectonic activity along the Karakoram Fault (e.g., Jain and Singh, 2008). Phases of river incision during 22–5.1 ka and geomorphological features such as fan-into-fan topography indicated that the basin is neotectonically active (Phartiyal et al., 2009a). Tectonic activity during the early-mid Holocene in the Spiti valley is identified from the study of landslide-dammed paleolakes; these deformed sediments yield the age between 7.8 and 6.1 ka at Mane paleolake deposits (Anoop et al., 2012).

Sedimentation in the southern Himalayan Front: Some segments of the major river valleys in the Himalaya have thick fluvial deposits in the form of cut-and-fill terraces. The cut-and-fill terraces are formed when the rivers cut their own deposits. In general, such segments are relatively wider reaches of rivers where sufficient space to accommodate the sediments exists. Local geomorphic processes such as landslides, hillslope processes, and tributaries play an important role in the filling of such reaches (Devrani and Singh, 2014). Investigations in the Gangas river system have demonstrated that widespread valley-scale aggradation is strongly controlled by the climatic shifts (Juyal et al., 2010; Ray and Srivastava, 2010). Terraces also develop in response to tectonic activities; these terraces are generally strath terraces developed by the planation of bedrock. The generation of cut-and-fill terraces, as studied along the Alaknanda, Ramganga, Tista and Brahmaputra Rivers, can develop in response to the tectonic activity, but irrespective of the mechanism these are formed in the late Pleistocene–Holocene sediments that have a strong climatic control (Meetei et al., 2007; Srivastava and Misra, 2008; Srivastava et al., 2008; Juyal et al., 2010; Ray and Srivastava, 2010; Scherler et al., 2014; Dey et al., 2016). The deposition in the valleys shows cyclic phases of aggradation and incision. These southern Himalayan front responds to changes in precipitation overwhelmingly and sediment generation takes place both via physical and chemical weathering (Dosseto and Vigier, 2015). The extreme hydrological events that are more common and that rise over phases of strengthened monsoon (Singh, 2014; Devrani et al., 2015; Das et al., 2015; Sundriyal et al., 2015; Srivastava et al., 2017) help in mobilizing huge amounts of sediment from the paraglacial regions into the low-gradient lower valley segments (Ray et al., 2011).

Foothills and Intermontane valleys: In the foothills of the Himalaya, alluvial fans, coalescing fans (piedmont), terraces, and duns (intermontane valleys) are the major landforms (Kumar and Sangode, 2007; Suresh et al., 2007; Thakur et al., 2007; Singh and Tandon, 2008, 2010; Chakraborty and Ghosh, 2010; Chakraborty et al., 2010; Goswami and Mishra, 2013; Pandey et al., 2014; Tandon and Singh, 2014; Abrahami et al., 2018). On the basis of Optically Stimulated Luminescence (OSL) dates in Pinjaur/Son Dunes, Suresh et al. (2007) suggested that the beginning of fan building activity initiated at ~90 ka. They further suggested that the climatic condition during this period was suitable as it facilitated mobilization of large volume of sediments from the relatively higher mountains and significant volume from it got trapped in the alluvial fans at the foothills of the Himalaya. However, the fan building process is also controlled by the tectonic activity as indicated by the tilting of such fans (Singh and Tandon, 2007). Further, through paleoecological and geomorphic investigations, it is also well established that the Main Frontal Thrust (MFT)/Himalayan Frontal Thrust (HFT) is the most active structure in the Himalaya since the late Quaternary (Wesnousky et al., 1999; Lave and Avouac, 2000; Kumar et al., 2001; Thakur, 2013). In the NW sub-Himalaya the sedimentation is shown to be in-phase with the climatic shifts (Dutta et al., 2012; Pandey et al., 2014).

In the eastern sector of the Himalaya, the Tista fan evolved as the river avulsed during 45–12 ka. The incision of fan is suggested to be governed by mountain front tectonics (Chakraborty et al., 2010; Singh et al., 2017). In the Arunachal Himalaya, the sedimentation and river incision along the Brahmaputra River, is suggested as an intricate interplay of tectonics along the HFT and the climatic variations during 15–8 ka. In the upstream regions, river incised into bedrock and formed four levels of terraces at Tuting between 25 and 8 ka (Srivastava and Misra, 2008, 2012; Srivastava et al., 2009).

Sedimentation in the Himalayan Foreland/Ganga Plains

The Himalayan foreland basin, south of the Himalaya, developed due to down-flexing of the Indian lithosphere in response to thrust sheet loading (Singh, 1996; Agarwal et al. 2002; Ghosh et al., 2019). The sedimentation in this basin occurred via Himalayan and cratonic rivers, which is still continuing (Rahaman et al., 2009; Tripathi et al., 2013). The basin is called as the Indo-Ganga-Brahmaputra plains and exhibit a variety of geomorphological units and landforms, viz., piedmont fans (PF), megafans (MF), raised interfluvles, marginal plains, river terraces, floodplains and active channels (Singh, 1996; Srivastava et al., 2003a). Development of these represent the interplay of climate and tectonics, both in the Himalaya and its foreland (Singh and Tandon, 2008, 2010). The rivers in the western Ganga Plain have relatively high stream power than those in the eastern Ganga Plain; therefore, they show the development of incised valleys and raised interfluvles (Bawa et al., 2014). On the other hand, the rivers in the eastern Ganga Plains due to low stream power and high sediment to water ratio tend to be avulsive and give rise to the landforms like alluvial fans. For example, the Kosi River makes a mega-fan after exiting the Himalaya (Jain and Sinha, 2004; Sinha et al., 2005, 2008, 2014). Recently, Dingel et al. (2016) demonstrated the role of long-term tectonics on the variation in river forms of the eastern and the western Himalayan Rivers. They showed that the variation in the rate of subduction along the Himalayan front also imparts a control on the geomorphic variability in the Ganga basin. The cliff sections exposed along the incised rivers of the Ganga Plain reveal the sedimentation history of the past 100 ka (Singh, 1996; Singh et al., 1997; Shukla et al., 2001; Srivastava et al., 2003b; Gibling et al.,...
Sedimentation in lower Ganga and Deltaic plains (LGP)

The River Ganga drains through the alluvial plains from Uttar Pradesh, Bihar and the hills and uplands of Jharkhand, enters the lower Ganga and deltaic plains (LGP) in West Bengal and finally falls into the Bay of Bengal. The Bengal basin coupled with the offshore Bengal Fan under the Bay of Bengal acts as a large sink for one of the world’s largest sediment dispersal systems of Ganges and Brahmaputra Rivers and it forms a large delta system that extends from India to Bangladesh (Goodbred and Kuehl, 2000a; Goodbred, 2003; Mukherjee et al., 2009; Roy and Chatterjee, 2015); it has a combined discharge of ~1-billion-ton sediment load (with insignificant contribution from the Meghna River; Wilson and Goodbred, 2015).

The deposits of the LGP and Bengal plain bear the imprints of monsoon, neotectonic activities and sea-level changes (Allison et al., 2003; Sinha et al., 2005; Tandon et al., 2008; Sinha and Sarkar, 2009; Sarkar et al., 2009; Neidhardt et al., 2013; Auerbach et al., 2015). Based on the chronology and geographic location LGP can be studied under two divisions, viz., (a) the northern part of lower Ganga plains and delta plains (NLGP), north of the Ganga river, and (b) the southern part of lower Ganga plains and delta plains (SLGP) south of the Ganga river (Fig-2).

Northern part of the NLGP is drained by Ganga and its tributaries wherefour major morphostatigraphic units were identified (Pal et al., 1990; Das and Panja, 1999; Panja et al., 2002). This succession was interpreted as ‘Barind Formation’ (Unit 4) developed during the progressive phase of the Last Glacial Maxima (LGM) or due to its deposition in the subsiding depression formed as a result of tectonic activities prior to the Holocene (Pal et al., 1990; Panja et al., 2015; Rashid et al., 2015). The oldest flood plain is composed of caliche-bearing sediments referred to as the Baikunthapur Formation (Unit 3). In the exposed section at the Jalpaiguri area (West Bengal), as described by Gupta and Ghatak (2016), it represents a fan apex succession and is dated between 63±6 (~MIS-4, weakened monsoon) and 26±2 ka. The overlying Shangao Formation (Unit-2) was deposited between 9±0.5 and 7.4±0.4 ka presumably as floodplain deposits (Gupta and Ghatak, 2016). The neotectonic depressions within the Barind plain became the site of deposition forming the Shangao plain during the Holocene through cut and fill activity of the fluvial regime. The modern-day floodplain is divided into two parts, i.e., Tal (west of Mahananda and north portion above the Kalindi River) and Diara (Southernpart below the Kalindi River). The 60 cm thick greyish yellow flood deposit with weakly laminated layers of silt and fine sand from Diara unit (Balupur; located in the acutely meandering loops of the Kalindi) has been OSL dated to 1.2 ± 0.2 ka (Rajaguru et al., 2011).

Southern part of the lower Ganga and delta plains (SLGP) extends from south and east of the Rajmahal-Garo gap to the modern shoreline. The area is divided into three sub-geomorphic units: Rarih plains, Ganga Delta (upper and lower) and Coastal plain area (Fig. 2). The present Bhagirathi-Hooghly River forms the approximate boundary between the Rarih and Ganga delta.

The Rarih plain is drained by the rivers emerging from the Chhotanagpur plateau and by the distributaries of the Ganga delta (Sengupta, 1966). The river system delivered craton-derived alluvium that formed coalescing paralellas on the continental shelf (the Bengal basin; Das Gupta and Mukherjee, 2006; Bandyopadhyay et al., 2014; Rudra, 2014) which is identifiable into four stratigraphic units in order of relative ages (oldest to youngest; Ghosh and Majumder, 1981, 1991; Vaidyanadhan and Ghosh, 1993; Roy and Chattopadhyay, 1997): (a) The LateritificFormation, the oldest unit, rests on the Precambrian boulder conglomerate in the westand on the Gondwana
and Tertiary (pre-Mio-Pliocene) rocks in the eastern side. The lower part of this formation contains Mio-Pliocene fossil wood, whereas, the upper part is characterized by reworked nodular ferricretes cemented by the ferruginous sandy silt or clay containing mammalian remains of middle to upper Pleistocene age and the Acheulian Palaeolithic tools. The presence of ~75 ka Toba-Ash-Bed marker has been recorded in the laterite-topped Quaternary profile as well (Acharyya and Basu, 1993; Acharyya et al., 2000) from the Barakar River (a tributary of Damodar) from NW parts of the Raniganj Coalfield which is correlated with the upper part of this formation and assigned the Pleistocene age. (b) A 0.5–12 m thick unit, referred to as the Older Alluvium, comprising ferruginous, brown, compact, sandy loam. This unit contains fragmentary mammalian fossil bones and microlithic artefacts. It is considered to represent terminal Pleistocene to early Holocene age (Basak et al., 1998; Panja et al., 2015). (c) The Younger Alluvium comprising alluvial terrace sediments dated between 5850±120 yrs BP and 1290±100 yrs BP (Goswami, 1993; Roy and Chattopadhyay, 1997). This unit has also yielded two Thermoluminescence (TL) dates of 1.0 ka and 3.6 ka at 0.35 m and 0.85 m depths (Singh et al., 1998). (d) The youngest stratigraphic formation is represented by the present-day floodplain deposits along the major river channels. It has been dated as late Holocene to the Present using the TL dating (900 and 150 yrs BP; Singh et al., 1998).

The late Quaternary period witnessed intense tectonic movements in the LGP due to reactivation of basement faults (Khan, 1991) and tectonic subsidence which controlled the depositional pattern (Stanley and Hait, 2000; Goodbred and Kuehl, 2000a; Goodbred, 2003; Goodbred et al., 2014; Reitz et al., 2015), produced active transgression during early Pleistocene and around 7–6 ka (Banerjee and Sen, 1987; Singh et al., 1998) and shifting (avulsion) of river courses (Rudra, 1999; Chakrabarti et al., 2001; Bandyopadhyay, 2007; Gupta et al., 2014; Rudra, 2014; Rogers and Goodbred, 2014; Das, 2015).

**Ganga delta**

The **Upper Ganga delta** represents an interfluvial delta plain, which extends from eastern limit of the **Rarh plains**, *i.e.*, meander belt of the Bhagirathi-Hooghly to the Lower Ganga delta (Fig 2). Besides the meander belt, the western edge of the Upper Ganga delta is also defined by its paleo-distributaries like the Saraswati and the lower Rupnarayan (Bandyopadhyay et al., 2014, 2015). The earlier studies on subsurface stratigraphy of the Upper Ganga delta reported five major stratigraphic units (McArthur et al., 2008; Sarkar et al., 2009). The lowermost (~30 m thick) Pleistocene shelf is constituted entirely of grey to dark grey clay. The overlying lenticular sediment bodies formed as channel fills in alluvial valleys during low sea-level stands are dated as ~32 ka (Hait et al., 1996). The next unit represents the LGM low stand and related paleosols that are made up of bioturbated brown clay calciturbated towards the top. The sediment cores raised from this unit from Kolkata and Diamond Harbour by Hait et al. (1996) and Stanley and Hait (2000) yielded ages of ~24 ka and 14 ka, respectively. Besides, an incised fluvial valley fill deposit was also recorded during the LGM from the same unit (Sarkar et al., 2009). The early Holocene estuarine valley-fill/aggrading fluvial channel sand, overbanks and peat swamps are well preserved as the next unit. The lower part of this unit represents an estuarine valley fill and the upper part corresponds to aggrading fluvial channel-overbank system. It has been suggested that the aggradation of fluvial channel-overbank system was rapid, often depositing >10 m sand in less than a kilo-year as inferred from the OSL dates (e.g., 7.6–7.1 ka) (Sarkar et al., 2009). The topmost capping unit consists of silt in the lower part with decreased concentration of mangrove pollen and fine sand in the upper part with thin interfingering silts.

The **Lower Ganga delta** comprises part of Sundarbans between the Hooghly and the Hariabhanga rivers on the India-Bangladesh border with an area of ~9441 km² and the inland limit is taken as 70–100 km from the present shoreline close to the maximum transgression point (Sinha and Sarkar, 2009; Bandyopadhyay et al., 2014). This portion is the abandoned part of the delta in the west, comprising non-fluvial regime. The fluvial regime abandoned prior to ~5 ka, as the Ganges River migrated eastward towards its present position.
(Goodbred and Kuehl, 2000a; Sarkar et al., 2009; Rogers et al., 2013; Flood et al., 2018). The Lower Ganga delta is now thought to be undergoing net delta front erosion, possibly reflecting erosive mode of marine and tidal processes (Bandopadhyay and Bandopadhyay, 1996; Allison, 1998; Allison et al., 2003; Flood et al., 2016). A series of channels were abandoned as the Ganges shifted from west (i.e., Bhagirathi-Hooghly River) to its current position in the east. For the last ~4 ka, the area is dominated by the estuarine tidal processes. The Lower Ganga delta also marks the limit of saline water penetration from the Bay of Bengal along these distributary channels during the dry season (Goodbred and Kuehl, 2000b). So far as the Quaternary stratigraphy is concerned, based on sediment texture, five major lithostratigraphic units have been identified in boreholes across the Lower Ganga delta: Muddy Sand (MS), Mottled Mud (MM), Interbedded Mud (IM), Laminated Sand (LS), and Peaty Mud (PM) (Allison et al., 2003; Flood et al., 2018). The Lower delta mud facies consist of both marine and terrestrial fossils, which represent a marine-influenced mangrove environment during early Holocene sea-level rise (Hery et al., 2003). A muddy sand facies is overllying this and interpreted as prograding fluvial and estuarine distributary mouth deposits and formed during 8–3.5 ka. Over most of this area, several meters of floodplain deposits formed during the last 5 ka part of the thin Mud facies, cap the sequence.

Based on sub-surface lithology and ^14^C-AMS dating, it is suggested that during the early to mid-Holocene rise in sea level, the delta was receiving sediments at the rates that are double than the present and during this time, the Ganga delta actively prograded (Goodbred, 2003; Goodbred et al., 2014). Besides the erosion in Himalaya and Ganga Plains, large lake outburst floods are envisaged as cause of large sediment supply and channel changes (Pickering et al., 2018). The rapid sedimentation, channel avulsions and sea-level changes in deltaic zones created a non-uniform subsidence that has recently been recognized and that suggests a seaward increasing subsidence rates varying from ~0.2 to ~5 mm/yr (Grall et al., 2018).

**Discussion**

The Himalayan mountain, its foreland and deltaic zone constitute a coupled system. The rivers originating in the Himalayan and cratonic regions usually show three zones, viz., source zone (i.e., the Himalayan mountains and craton), transportation and transient storage zone (i.e., the Indo-Gangetic-Brahmaputra plains), and deposition zone (i.e., lower Ganga and deltaic plains). Large variability is observed in terms of climate and tectonics in the source region—precipitation as well as the rate of tectonic convergence, both varies from the eastern and central Himalaya to the western Himalaya (Banerjee and Bürgmann, 2002). Variation in the rates of convergence and precipitation should produce different responses; however, in general, we observe similar responses in terms of sediment generation and deposition in most valleys of the Himalaya. The Himalayan Rivers largely aggraded in response to enhanced SW monsoon of MIS-1 and MIS-3 while they incised during the monsoon maxima in the late Pleistocene and Holocene. The rate of incision, at places, is controlled by the tectonic activity along the major faults of the Himalaya, especially in the frontal Himalayan part. The hillslope processes, and trunk-river and tributary interaction driven by the enhanced monsoon, largely governed the valley aggradation. An extreme hydrological event of June 2013 in Kedarnath suggests that (i) the hotspots of erosion and valley aggradation in response to extreme hydrological events are predictable, and (ii) such events must have occurred in the past, but understanding of their future frequency and magnitude requires systematic geomorphic and chronological studies across the Himalaya. The Himalayan frontal landscape is characterized by the Duns (intermontane valleys) and large alluvial fans. These landscapes show strong link of aggradation with the strengthening of the monsoon; however, presence of accommodation space is significantly controlled by the movement along the HFT. Also, tectonics have deformed the landforms in some frontal parts of the Himalaya indicating its influence on the sedimentation in this region.

The studies in the Ganga Plain exhibit sedimentation at variable rates occurring in the past ~120 ka. However, there is a contrast in the geomorphology of the eastern and the western Ganga plains. The rivers in the western plains are incised whereas, those in the eastern plains are hyper-avulsive—largely due to the varying convergence rates, sediment flux, and stream power. Based on the recent studies, the sedimentation in the Ganga plain can be summarized as follows: the Ganga plain actively aggraded between >100 ka and <10 ka, with phases of non-deposition/incision during the LGM and also during wetter spells (which is supported by the regionally correlatable paleosol surfaces). The Ganga Plains predominantly received the sediments from the Himalaya, except in the southern Ganga Plains where the sediments were supplied from the Bundelkhand plateau, and the peripheral bulge region of the Ganga Plain (Sinha et al., 2009; Ghosh et al., 2019). In the southern Ganga Plain, ravine is one of the important geomorphic features in the interfluve region and studies suggest that tectonics and incision of river valley control the ravine growth. The specific sediment yield of these ravines varies between 600±100 t/km^2/yr and 1600±200 t/km^2/yr (Joshi, 2014; Ghosh et al., 2018), which is far higher than ~238 t/km^2/yr as estimated for the Central Ganga Plain (Wasson et al., 2013) and way less than the erosion rates in the Himalaya (e.g., erosion rate of a terrace in the Lesser Himalaya was estimated to be ~3350 t/km^2/yr).

In the distal part, the sedimentation is strongly controlled by the sea level and precipitation changes. Lowering of sea level during the LGM resulted in the development of deep incised valleys which were later filled during the onset of the interglacial period. Doubling of sedimentation occurred during the period of increased precipitation. A direct correlation with the precipitation gives rise to an important issue about the connectivity between the source and the sink. The question arises that what is the lag period between sediments originating in the source zone and reaching the depositional zone? How this lag period varies with the changing precipitation rates? What fraction of the sediment originating in the source zone reaches the sink? These are some of the important questions for the future research in this terrain.

**Conclusions**

The Himalayan system comprising the hinterland, foreland, forebulge and deltas is one of the most dynamic systems on the earth. Studies in the past decade have focused on determining controls of tectonics and climate on sedimentation in the Himalayan mountains and the Indo-Gangetic plains. A strong control of climate is observed in the sedimentation within the Himalayan river valleys, the IGP and the deltas. In general, the rivers demonstrate large scale aggradation during the LGM and incision during the strengthening of the monsoon between 12–9 ka. Valley-scale aggradation is observed in the Himalaya during the glacial to interglacial transition period; aggradation in the...
IGP is also observed prior to the LGM. Incision in the deltaic region occurred during the LGM and doubling of sedimentation occurred during intensification of monsoon, demonstrating strong connectivity between the source and the sink during this period. Despite the considerable research work, there still remain certain gap areas that need to be addressed.

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