Table S1. The translation process of the Swedish 5PQ.

| Item | Original version of the 5PQ | Forward translation | Expert panel (Final version) | Back translation 1 | Back translation 2 |
|------|---------------------------|---------------------|-----------------------------|-------------------|-------------------|
| 1    | Can you now (or could you ever) place your hands flat on the floor without bending your knees? | Kan du nu (eller har du någonsin kunnat) placera händerna platt på golvet utan att böja knäna? | Kan du nu (eller har du någonsin kunnat) placera händerna platt på golvet utan att böja knäna? | Can you now (or have you ever been able to) place your hands flat on the floor without bending your knees? | Are you able (have you ever been able) to place your palms flat on the floor without bending your knees? |
| 2    | Can you now (or could you ever) bend your thumb to touch your forearm? | Kan du nu (eller har du någonsin kunnat) böja tummen så att den nuddar din underarm? | Kan du nu (eller har du någonsin kunnat) böja tummen så att den nuddar din underarm? | Can you now (or have you ever been able to) bend your thumb so that it touches your forearm? | Are you able to (have you ever been able to) bend your thumb so that it touches your forearm? |
| 3    | As a child did you amuse your friends by contorting your body into strange shapes OR could you do the splits? | Underhöll du dina vänner med att vrida din kropp i konstiga ställningar eller kunde du gå ner i split som barn? | Underhöll du dina vänner med att vrida din kropp i konstiga ställningar eller kunde du gå ner i split som barn? | Did you entertain your friends by twisting your body into strange positions or were you able to go down into the splits as a child? | Did you entertain your friends by twisting your body into strange positions or could you do the splits as a child? |
| 4    | As a child or teenager did your shoulder or kneecap dislocate on more than one occasion? | Har din knäskål eller axel gått ur led mer än en gång som barn eller tonåring? | Har din knäskål eller axel gått ur led mer än en gång som barn eller tonåring? | Have your kneecaps or shoulders become dislocated on more than one occasion as a child or teenager? | Have your knee-caps or shoulders been dislocated more than once as a child or teenager? |
| 5    | Do you consider yourself double-jointed? | Anser du dig själv vara extremlt böjlig i lederna? | Anser du dig själv vara påtagligt överrörlig i lederna? | Do you consider yourself to be clearly hypermobile in your joints? | Do you consider yourself to have joint hypermobility? |

5PQ: The five-part questionnaire on hypermobility