Application of failure mode and effect analysis in managing catheter-related blood stream infection in intensive care unit

Xixi Li, RN, MS∗, Mei He, RN, BS, Haiyan Wang, RN, BS

Abstract

In this study, failure mode and effect analysis (FMEA), a proactive tool, was applied to reduce errors associated with the process which begins with assessment of patient and ends with treatment of complications. The aim of this study is to assess whether FMEA implementation will significantly reduce the incidence of catheter-related bloodstream infections (CRBSIs) in intensive care unit.

The FMEA team was constructed. A team of 15 medical staff from different departments were recruited and trained. Their main responsibility was to analyze and score all possible processes of central venous catheterization failures. Failure modes with risk priority number (RPN) ≥100 (top 10 RPN scores) were deemed as high-priority-risks, meaning that they needed immediate corrective action. After modifications were put, the resulting RPN was compared with the previous one. A centralized nursing care system was designed.

A total of 25 failure modes were identified. High-priority risks were “Unqualified medical device sterilization” (RPN, 337), “leukopenia, very low immunity” (RPN, 222), and “Poor hand hygiene Basic diseases” (RPN, 160). The corrective measures that we took allowed a decrease in the RPNs, especially for the high-priority risks. The maximum reduction was approximately 80%, as observed for the failure mode “Not creating the maximal barrier for patient.” The averaged incidence of CRBSIs was reduced from 5.19% to 1.45%, with 3 months of 0 infection rate.

The FMEA can effectively reduce incidence of CRBSIs, improve the security of central venous catheterization technology, decrease overall medical expenses, and improve nursing quality.

Abbreviations: CDC = Centers for Disease Control, CRBSIs = catheter-related bloodstream infections, FMEA = failure mode and effect analysis, ICU = intensive care unit, PICC = peripherally inserted central catheter, RPN = risk priority number.

Keywords: catheter-related blood stream infection, failure mode and effective analysis, intervention studies

1. Introduction

Peripherally inserted central catheter (PICC) has been widely used in critical or surgical patients. However, PICC patients are at high risks of blood and concurrent infections. The prevalence of catheter-related bloodstream infection (CRBSI) is increasing over the years,[1] which is described as the number of CRBSI cases per 1000 catheter days, as is recommended by USA Centers for Disease Control (CDC) and Joint Commission on Accreditation of Healthcare Organizations. CRBSI prevalence is calculated as follows: total catheter infection cases/d × 1000%. According to CDC reports, the average CRBSI rate of 5.3% is in America,[2] whereas it is 2.04% to 9.82% in the intensive care unit (ICU) of our hospital (the medical center of northwest Sichuan Province). Meanwhile, our infection rate was 19.0%, which is higher than that (14.0%) in a previous report.[3] In view of the high CRBSI rate in the ICU, it is necessary to strengthen the prevention and control strategies.

At present, great multidisciplinary efforts from practitioners and institutions are required for infection risk management. Of them, failure mode and effect analysis (FMEA) is a practical and effective tool for risk management originated in 1950. It is a systematic approach for preventing failure. The failure modes defined in FMEA are any undesirable outcomes, including production loss, injury, or accident. A “customer” is defined as someone or something receiving products or services.[4] FMEA, first employed in industry,[5] is recommended as a proactive risk evaluation technique, because the early development of healthcare system mainly concentrates on drug manufacturing.[6] Gruber et al[7] suggested that FMEA could improve patient safety and medical quality. Zupa et al[8] recommended that FMEA could be applied in any procedure that might affect patient safety. FMEA has been widely applied in defining and eliminating known or latent failures to improve quality management and security. However, it has only been used in medical institutions to promote high-quality medical treatment until recent years.[9]

FMEA comprises 7 steps, namely, team establishment, analysis of current work process, latent failure and impact analysis, risk priority number (RPN) calculation and result assessment, corrective action implementation, countermeasure tracking,
and outcome measurement.10,11 This study aimed to reduce RPN score and CRBSI rate to <100% and 3%, respectively, in ICU of our hospital, referring to infection data of advanced national hospitals.

2. Methods

2.1. Study design and study population

This study protocol was approved by the Medical Ethics Committee of Mianyang Centre Hospital. All participants had signed the written informed consent for study participation. This study was conducted in Mianyang Centre Hospital in Sichuan of China, which covers 77,000 square meters, with 2113 sickbeds. About 1.8 million outpatients and 80,000 in-patients were accepted in our hospital annually. Patients undergoing PICC insertion strictly according to the American Intravenous Infusion Association guide were selected from the ICU of Mianyang Centre Hospital from August 2015 to September 2016. Basilic vein was selected as the puncture site using 4Fr single lumen of tube (BD). Longitudinal study ended when any of the following situations occurred: catheter removal in the presence of indication; 48 hours after patient transfer to other department; patient death; and patient discharge. Repeatedly hospitalized patients meeting the monitoring conditions could be re-enrolled as subjects. CRBSI was diagnosed according to CDC criteria promulgated in 2008,12 which indicated at least 1 of the following signs or symptoms in patients 2 days after central venous catheter indwelling and within 2 days after extubation: a recognized pathogen cultured from 1 or more blood cultures and organism from blood, which was not related to infection at another site; at least 1 of the following signs or symptoms in patients: fever (>38°C), chills, or hypotension, which together with positive laboratory results, were not related to infection at another site. The common skin contaminant was cultured from 2 or more blood cultures drawn on separate occasions. Patients aged ≤1 year having at least 1 of the following signs or symptoms: fever (>38°C, rectal), hypothermia (<37°C, rectal), apnea, or bradycardia, which, together with positive laboratory results, were not related to infection at another site. The common skin contaminant was cultured from 2 or more blood cultures drawn on separate occasions.

Patients recruited from August 2015 to December 2015 were in control group. Firstly, the project scope was determined, and project management team was established based on CRBSI incidence in ICU. Secondly, the venous indwelling catheter care information collection table was formulated to check the prevention process of CRBSI, and to analyze the failure mode and effect. Thirdly, improvement and preventive measures were proposed based on the results, and preparation before implementation was completed. Patients recruited from January to September 2016 were in observation group. The rectification plan was fully implemented in January 2016. The improvement effects were evaluated monthly, and the results were checked and analyzed to adjust the rectification plan. The above processes were repeated until an acceptable score was obtained. Finally, difference in infection incidence between control group and observation group was analyzed.

2.2. Statistical analysis

Statistical analysis was performed using analysis of variance and chi-square test, with in-hospital CRBSI rate as the primary outcome. A difference of P < .01 was considered statistically significant.

2.3. Multidisciplinary team assembly

The multidisciplinary team was assembled aiming to improve the PICC nursing quality and reduce CRBSI infection rate. A working schedule was designed. Our FMEA team comprised 15 medical staff from CRBSI Nursing Department and ICU. It included ICU and infection control center, head nurses, and major nursing personnel from Venous Catheter Departments (including ICU, Oncology, General Surgery, Hematology, Pediatrics, and Hematology). Team members were familiar with nursing process of central venous catheter, experienced in infection control, highly aware and conscious of risk and quality management. All project team members were systemically trained on FMEA knowledge, theme, target, and evaluation standard to clearly understand FMEA purpose and approach.

2.4. Current work process analysis

To recognize all possible failures potentially occurring at each step, a concrete flow diagram was constructed by the team members. PICC diagnosis and treatment was divided into 3 steps: patient evaluation; venipuncture operation and catheter maintenance; and advanced complication management. Factors related to personnel, system, objects, and environment were analyzed according to the flow chart shown in Fig. 1 based on the work experience of team members, open consultation, and discussion to identify the effects of each failure mode on patient nursing. A total of 25 key failure modes were discovered eventually, followed by risk assessments.

2.5. Latent failure and impact analysis

Contents of CRBSI failure mode questionnaire included subsystem function requirements; potential failure modes; consequences, cause, or mechanism of a failure; outcome severity (S); occurrence frequency (O); and likelihood of detection (D). FMEA was applied in determining measures of the highest priority by considering the associated severity (S), occurrence (O), and detection (D). Of them, S indicated the impact of an individual component or an operational procedure failure on a system, which was classified into 10 levels. Severity rating definitions and scoring criteria are shown in Table 1.13 O represented the occurrence frequency of an individual component or an operating process failure, which was divided into 10 levels. Occurrence rating definitions and scoring criteria were shown in Table 1.13 D demonstrated the possibility to detect a failure mode, which was classified into 10 levels. Detection rating definitions and scoring criteria were illustrated in Table 1.13 In this study, FMEA approach and weights of S, O, and D were used for analysis.

2.6. RPN calculation and result assessment

A numerical value was respectively assigned to S, O, and D of each failure mode based on previous adverse event records and personal experience in accordance with the CRBSI failure mode questionnaire. The scores were not changed after 3 rounds of Delphi method. RPN of each failure mode was calculated based on the formula: RPN = S \times O \times D.14 The score ranged from 1 to 1000 (Table 2).
In the current study, the failure modes with RPN < 100 had less effect on the entire process. Thus, no intervention was made for simplicity and workload reducing. Only issues with RPN ≥ 100 (top 10 RPN scores) were selected by our team (Table 3), which was commonly accepted as a threshold. Scores of these 10 priority items accounted for 60% of the sum of all RPNs. They were classified as the top priority modes and the crucial factors in the final PICC diagnosis and treatment process. Recommended actions and controls for improvement were also shown in Table 3.

2.7. Corrective action implementation

Quality control for CRBSI incidence was established in the department. Specifically, a 3-level management model, namely, the head nurse—leaders—nurses, was employed to mobilize all nursing personnel, enhance the sense of responsibility, and improve the consciousness of risk prevention. Work performance was evaluated monthly, puncture method and skills were improved according to FMEA analysis results, and bundles of nursing care were performed. The department was equipped with sufficient disposable central venous puncture bags and drapes.

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**Table 1**

| Rating | Description | Definition |
|--------|-------------|------------|
| Severity | 1–2 | Very high | Failure is of such minor nature that the operator will probably not detect the failure |
| 3–5 | High | Failure will result in slight deterioration of part or system performance |
| 6–7 | Moderate | Failure will result in operator dissatisfaction and/or deterioration of part or system performance |
| 8–9 | Low | Failure will result in high degree of operator dissatisfaction and cause nonfunctionality of system |
| 10 | Very low | Failure will result in major operator dissatisfaction or major damage |
| Occurrence | 1–2 | Very high | An unlikely probability of occurrence: probability of occurrence < 0.001 |
| 3–5 | High | A remote probability of occurrence: 0.001 < probability of occurrence < 0.01 |
| 6–7 | Moderate | An occasional probability of occurrence: 0.01 < probability of occurrence < 0.10 |
| 8–9 | Low | An occasional probability of occurrence: 0.10 < probability of occurrence < 0.20 |
| 10 | Very low | A high probability of occurrence: 0.20 < probability of occurrence |
| Detection | 1–2 | Very high | Very high probability that the defect will be detected |
| 3–5 | High | High probability that the defect will be detected |
| 6–7 | Moderate | Moderate probability that the defect will be detected |
| 8–9 | Low | Low probability that the defect will be detected |
| 10 | Very low | Very low (or 0) probability that the defect will be detected |
Table 2
CRBSI important failure method and effects assessment.

| Item       | System function                  | Failure mode                                      | Influence effect                                   | Mechanism                                                                                   | Risk priority number | Improvement order | Recommended actions                                                                 |
|------------|----------------------------------|--------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------------------|----------------------|-------------------|---------------------------------------------------------------------------------------|
| 1          | Evaluating patient condition     | Basic diseases, leukopenia, very low immunity    | Higher susceptibility to infection, harder to be cured | Low immunity, higher susceptibility to infection                                             | 7.5                  | 6.25              | 4.75                                                                                   | 222.66               | 2                              | Puncture position away from impaired skin                                           |
| 2          | Impaired skin integrity          | Bacteria moving into blood from the opening in the skin, inducing blood infection | Natural protective barrier of skin damaged, bacteria easily growing at wound |                                                                | 7.25                | 5.25              | 2                       | 76.13                | 19                             | Timely flushing and locking catheter after translusion                              |
| 3          | Environment preparation          | Transfusing fat milk or nutrient solution         | High risk of infection                            | Bacteria growing rapidly in nutrient solution, which easily reaching the amount to cause disease | 4                   | 5                 | 4                       | 80.00                | 17                             |                                                                                     |
| 4          | Emergency operation in normal wards | Potential risk of infection                      | Not under aseptic environment                      |                                                | 5.25                | 2                 | 7                       | 73.50                | 21                             | Pulling out or replacing catheter in 48h                                           |
| 5          | Catheterized patient not isolated from infected patient | Catheterized patient infected by the same bacteria | Other catheterized patient to catheterized patient | Bacteria spreading form infected patient to catheterized patient                           | 7.25                | 2.25              | 5                       | 81.56                | 16                             | Protective isolation for catheterized patient                                       |
| 6          | Item preparation                 | Central catheter used more than 5 d              | Directly linked to central vein for a long time, with higher risk of infection | Long enough time for bacteria growth                                                        | 4.25                | 4.5                | 5.5                     | 105.19               | 9                              |                                                                                     |
| 7          | Catheter made by neither polyurethane nor silicone | Conductive to thrombus formation, staphylococcus and fungus adhering, with higher risk of infection | Physical adhesion between catheter made by neither polyurethane nor silicone catheter and medicine or thalus |                                                                | 3.5                 | 5                 | 3.25                    | 56.88                | 25                             | Using catheter made by polyurethane or silicone                                    |
| 8          | Catheter with multiple lumens    | Increasing the risk of infection                 | More routes for bacteria moving into blood         |                                                | 6.5                 | 5                 | 3                       | 97.50                | 11                             | Single lumen catheter prior                                                         |
| 9          | Unqualified medical device sterilization | Increasing the risk of infection                  | Bacteria contamination on wound or environment     |                                                | 9                   | 5                 | 7.5                     | 337.50               | 1                              |                                                                                     |
| 10         | Staff Preparation                | Poor hand hygiene                                | Instrument, wound or aseptic towel contaminated, with higher risk of infection | Introducing exogenous bacteria                                                               | 6.5                 | 4.5                | 5.5                     | 160.88               | 3                              | Carrying out hand hygiene by regulation                                             |
| 11         | Incorrectly wearing isolation clothes, gauze mask or cap | |                                                   |                                                | 8                   | 3.25              | 3                       | 78.00                | 18                             | Wearing isolation clothes, gauze mask or cap correctly by regulation                |
| 12         | Operators with infectious diseases | High risk of patient infection when operating     | Bacteria spreading to patient                      |                                                | 8.25                | 3                 | 3.5                     | 86.63                | 15                             | Forbidding operation or nursing by those operators                                 |
| 13         | Not creating the maximal barrier for patient | Increasing the chance of contamination            | Too small aseptic surface, with the risk of environment contamination |                                                | 5                   | 5.25              | 6                       | 157.50               | 4                              | Patient wearing gauze mask or turning head to one side, with aseptic towel covering the whole body |
| 14         | Catheterizing operation          | Improper disinfectant, wrong disinfection method or insufficient disinfection range | Increasing the risk of wound infection             | Bacteria moving in and out of the lumen through subcutaneous tunnels                        | 6                   | 3.75              | 6                       | 135.00               | 6                              | Skin disinfection by 2% water-soluble chlorhexidine or chlorhexidine ethan solvant prior |

(continued)
| Item | System function | Failure mode | Influence effect | Mechanism | Severity (S) | Occurrence (O) | Detection (D) | RPN | Improvement order | Recommended actions |
|------|-----------------|--------------|-----------------|-----------|--------------|---------------|---------------|-----|-------------------|---------------------|
| 15   |                 | Improper puncture position or blood vessel | Increasing the risk of infection | High risk of contamination at jugular vein, femoral vein or antecubital fossa | 5             | 5             | 3             | 75.00 | 20                | CVC at subclavian vein prior, PICC at basilic vein prior |
| 16   |                 | Poor aseptic operation | Increasing the risk of infection | Contaminated wounds, instrument, or liquid medicine | 5.5           | 4.25          | 5             | 116.88 | 7                | Enhancing aseptic concept, carrying out aseptic operation strictly |
| 17   |                 | Poor operation techniques, repeated catheterization | Increasing the risk of infection | Multiple wounds, with increasing chances of contamination | 8.25          | 3.5           | 4             | 115.50 | 8                | Enhancing operation technique level, gathering catheterization experience |
| 18   |                 | Improper dressing | Increasing the risk of wound infection | Bacteria growing well at poor air-permeable or contaminated gauze | 5.5           | 6.25          | 2             | 68.75  | 23               | Good air-permeable gauze, aseptic gauze for exudation |
| 19   |                 | Unstably fixed catheter | Increasing the risk of infection | Less tension in catheters fixed in a straight line, with high risk of pull-out | 3.25          | 6             | 4.5           | 87.75  | 14               | S-shape, butterfly cross or suture fixation |
| 20   | Maintaining after catheterizing | Not timely flushing catheter when transfusing glucose, amino acid or fat milk | Increasing the risk of bacterial infection | Bacteria growing well in glucose, amino acid or fat milk | 6             | 5             | 3.25          | 97.50  | 11               | Timely flushing and locking catheter as required |
| 21   |                 | Not timely replacing contaminated catheter connector or dressing | High risk of local or blood infection | Bacteria in the pipelines and puncture points | 5             | 4.5           | 4.5           | 101.25 | 10              | Timely assessing, checking and replacing |
| 22   |                 | Too frequently replacing catheter connector, dressing, or transfusion instrument | Increasing the risk of infection | Chance of bringing in bacteria in each operation | 4.5           | 3.75          | 5.75          | 97.03  | 13              | Forbidding regularly changing catheter for infection prevention |
| 23   |                 | Improper handling on local infection | Risk of blood-borne infection throughout the body | Not timely processing or abuse of antibiotics | 7.25          | 4.5           | 4.5           | 146.81 | 5               | Not recommending prophylactic use of antibiotics at local |
| 24   |                 | Catheter inserted again after pull-out | Increasing the risk of infection | Bacteria moving in, especially when not disinfecting | 8.5           | 3.25          | 2.25          | 62.16  | 24              | Forbidding inserting the catheter again. For those catheterized again with difficulty, inserting the catheter again after strict disinfection |
| 25   |                 | Improper handling on thrombus | Increasing the risk of infection | Bacteria growing well in thrombus | 3.5           | 2.75          | 7.5           | 72.19  | 22              | Free blood flow checking on time, timely thrombolytic therapy and pulling out catheter |
Patients wore an ear-hanging surgical mask, with head facing the other end of the catheter. Disinfected bed sheet was used to cover nose and mouth in patients who could not wear a mask. Medical equipment, appliances, and various wound dressings were checked before operation to ensure sterilization standards. Aseptic techniques were strictly operated and preventive strategies were implemented. The whole body of the patient was covered with sterile sheet, and the operation time of invasive treatments was shortened. Meanwhile, hand hygiene education was strengthened among the ICU medical staff. Signs to remind hand-washing were posted in prominent locations. Hand sanitizers were provided and hand-washing condition was improved. Hands of medical staff were regularly monitored for bacteria, and hand hygiene of nursing assistants, cleaners, and visiting personnel was supervised. Aseptic operation and sterile environment should be ensured.

Furthermore, special nursing care was provided for older patients or those subjected to severe diseases, malnutrition, immunosuppressive therapy, or long-term total parenteral nutrition. The pointers of catheters were strictly monitored, and the number and placement time of indwelling catheters was reduced as much as possible. Meanwhile, the catheters were removed immediately after patients were in stable condition and met the criteria for catheter removal. Infection symptoms during catheter indwelling were under close supervision. Predictable treatment and nursing care was provided, and skillful nurses were responsible for catheter puncture and maintenance. Close nurse–patient communication was strengthened, and patients signed the informed consent. Catheters were administered when patients were awake to guarantee effective communication, reduce patient nervousness, and improve the successful rate.

Skin and catheter connectors were disinfected with 0.5% chlorhexidine and alcohol rather than tincture of iodine during wound dressing change and catheterization. Notably, special channels were provided for patients undergoing blood transfusion and parenteral nutrition. Tube removal was considered in the case of local infection. Antimicrobial agents should not be applied into the punctured sites. All nursing staff were trained on the theoretical knowledge and clinical skills during specialized PICC technical training.

A checklist for patients was designed and nursing performance was verified to ensure the completeness of CRBSI nursing procedure, which was composed of the following items: choice of skin disinfectant, maximized sterile barrier in catheterization, hand hygiene, strict disinfection approaches, tube sealing and blunting, aseptic operation, choice of wound dressing and replacement, daily catheter assessment, and timely removal of unnecessary catheter. The checklist had covered all catheterization steps, which were checked by both the team leader and nurses. Meanwhile, the team leader was also responsible for supervision at night.

### 2.8. Countermeasure tracking

The study was carried out during a 14-month period from August 2015 to September 2016. Collection of baseline data such as catheter-related infections, FMEA, drawing up of bundles of nursing care plan, and preparatory work before measure implementation were completed from August to December 2015, so that all interventions could be fully implemented by January 2016. Nursing performance was evaluated monthly for implementation. Meanwhile, quality indicators of CRBSI were analyzed and shown in Table 4. The implementation rate of each category was evidently improved after intervention. In addition, the questionnaire was accomplished once every 3 months to assess the improvement after applying the FMEA approach. The RPN scores after improvement were recalculated in Table 3, which showed the effectiveness of the proposed measure.

### Table 3

Failure mode of top 10 RPN scores before and after implementation.

| Item | Failure mode                          | Failure mechanism                                      | Before implementation | After implementation |
|------|---------------------------------------|--------------------------------------------------------|-----------------------|----------------------|
| 1    | Unqualified medical device sterilization | Bacteria contamination on wound or environment         | S 5 F 7.5 RPN 337.50  | S 9 F 2.25 RPN 141.75|
| 2    | Poor aseptic operation                 | Contaminated wounds, instrument, or liquid medicine    | S 5.5 F 4.25 RPN 116.88 | S 5.5 F 3 RPN 66     |
| 3    | Poor hand hygiene                      | Introducting exogenous bacteria                        | S 6.5 F 4.5 RPN 160.88 | S 6.5 F 2 RPN 55.25  |
| 4    | Basic diseases, leukopenia, very low immunity | Low immunity, higher susceptibility to infection      | S 7.5 F 6.25 RPN 222.66 | S 7.5 F 2 RPN 60     |
| 5    | Not timely replacing contaminated catheter connector or dressing | Bacteria in the pipelines and puncture points | S 5 F 4.5 RPN 101.25  | S 5 F 2.5 RPN 56.25  |
| 6    | Improper handling on local infection   | Not timely processing or abuse of antibiotics          | S 7.25 F 4.5 RPN 146.81 | S 7.25 F 2 RPN 58     |
| 7    | Improper disinfectant, wrong disinfection method or insufficient disinfection range | Bacteria moving in and out of the lumen through subcutaneous tunnels | S 6 F 3.75 RPN 135.00 | S 6 F 2.25 RPN 54     |
| 8    | Poor operation techniques, repeated catheterization | Multiple wounds, with increasing chances of contamination | S 8.25 F 3.5 RPN 115.50 | S 8.25 F 2 RPN 90.75 |
| 9    | Not creating the maximal barrier for patient | Poorly protected environment, with higher chance of contamination | S 5 F 5.25 RPN 157.50  | S 5 F 1.75 RPN 21.875 |
| 10   | Central catheter used more than 5 d    | Long enough time for bacteria growth                    | S 4.25 F 4.5 RPN 106.19 | S 4.25 F 2 RPN 23.375 |

RPN = risk priority number.
### Table 4
Nursing approaches to prevent CRBSI.

| Nursing approaches                          | Rate (%) (before) | Rate (%) (after) |
|--------------------------------------------|-------------------|------------------|
| Choosing effective skin disinfectant       | 72                | 97.68            |
| Maximizing sterile barrier in catheterization | 71                | 97.53            |
| Effective hand hygiene                      | 30                | 78               |
| ≥0.5% Chlorhexidine                         | 22                | 80               |
| Replacing tee joint when there is blood    | 83                | 95.61            |
| Changing wound dressing                    | 58                | 82.3             |

### 3. Results

#### 3.1. RPN score recalculation

Table 3 displayed the results obtained after applying FMEA in managing CRBSI. A total of 25 failure modes were identified, along with the cause, effect, and score index of each item. Additionally, RPNs before and after the second round of FMEA were compared to clearly illustrate any changes. The numerical values in Table 3 indicated no change in severity. In other words, the experts suggested that severity would not change because of certain measures or methods. As to the occurrence and detection after modification, the experts' grades had apparently changed. As could be observed from the items in Table 3, probability had reduced from the highest score by half. Hence, the experts suggested that the improvement measures could effectively lower the probability of violation.

#### 3.2. Nursing measure implementation to prevent CRBSI

The checklist was evaluated by full-time quality control nurses monthly to evaluate the implementation of core nursing measures, and to analyze the improvement of quality indicators of CRBSI. The evaluation results were publically disclosed, which demonstrated that the nursing measures to prevent CRBSI had been implemented at a rate higher than before (Table 4).

#### 3.3. Comparison of CRBSI infection rate

In all, 81 patients (60 males and 21 females) in control group were recruited from August to December 2015, with an average age of 59.1 years. In the meantime, the average time of catheter indwelling in control group was 20.02 days. Altogether, 168 patients (119 males and 49 females) in FMEA group were enrolled from January to September 2016, with an average age of 60.2 years. The average time of catheter indwelling in FMEA patients (or experimental group) was 21.53 days. No statistically significant differences were observed in CRBSI diagnostic standard or general physical conditions between the 2 groups. The infection rate in control group ranged from 4.3% to 7.41% (with an average of 5.19%), compared with 0% to 4.11% in FMEA group (with an average of 1.42%). Importantly, 0% infection rate was achieved in February, April, and September of 2016 (Table 5, Fig. 2). Moreover, the infection rate in FMEA group was outstandingly lower than that in control group ($P<.01$) (Table 6).

### 4. Discussion

Catheter-related bloodstream infection is related to numerous problems, such as extended hospital stay, higher medical cost, poorer prognosis, and even life-threatening conditions. Previous study indicates that CRBSI can be prevented. There are diverse risk factors of CRBSI in ICU, which should be controlled by a proper management system. Moreover, the major problems in medical staff are lack of knowledge, awareness of the potential risk factors of infection, basic approaches to prevent CRBSI, and execution and sense of responsibility, which can be improved through training and supervision. Previous studies show that educational training programs can remarkably reduce the CRBSI rate. In our study, systematic training on PICC health nurses with advanced theories, techniques, and strengthened supervision has notably lowered the CRBSI rate. Additionally, systemic problem is a step that is most likely to be overlooked by managers. Managers tend to focus on the liability of an individual’s errors instead of the fundamental inspection system when problem occurs. This may conceal the underlying reasons and delay systematic improvement, which may also affect the diagnosis and treatment for patients.

Failure mode and effect analysis is an advanced management concept and strategy recommended by the Joint Commission International, which provides a complete set of working procedures and analysis methods. FMEA is more systematic and forward-looking compared with the other risk management methods, which can prevent failures. This study aims to expand the application of FMEA technique in the project management, so as to determine the possible project quality failure methods in advance.

Few studies have applied FMEA in CRBSI. In our study, all FMEA team members deriving from the functional departments of CRBSI prevention have worked together. The efforts from the whole team are pooled, the diagnosis and nursing process is analyzed in detail, which can avoid the weaknesses in project management and fully clarify the key points in securing catheter indwelling. The most important problems are often overlooked in clinical practice. Notably, the top 10 problems screened by RPN scores are prioritized to optimize effective nursing. CRBSI incidence is used as an indicator of quality management in ICU, and checklist for clinical follow-up is formulated to ensure its implementation, inspection, analysis, and improvement. Our results show that CRBSI incidence is markedly reduced, with 0% infection rate being achieved in February, April, and September of 2016.

Nonetheless, our study is inevitably associated with certain limitations. Firstly, it is limited to 1 ICU with small sample size.

### Table 5
Rate of infection in 2 groups.

|                   | Control group (before intervention/2015) | FMEA group (after intervention/2016) |
|-------------------|------------------------------------------|--------------------------------------|
|                   | Month | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep |
| Days              |       |     |     |     |     |     | 629 | 572 | 574 | 576 | 560 | 579 | 525 | 487 | 403 |
| Cases             |       | 2   | 462 | 585 | 425 | 539 | 1   | 0   | 1   | 0   | 1   | 1   | 1   | 2   | 0   |
| Rate (%)          |       | 4.3 | 4.4 | 5.14| 2.4 | 7.41| 1.58| 0   | 1.74| 0   | 1.78| 1.72| 1.9 | 4.11| 0   |
| Total rate (%)    |       | 5.19|     |     |     |     |     |     |     |     |     |     |     |     |     | 1.42|
Secondly, the follow-up period is not long enough. Therefore, further study on noncritical patients with a large sample size may be needed in the future, so as to confirm the long-term effects of FMEA on preventing CRBSI.

5. Conclusions

In summary, our study confirms that the FMEA technique can achieve the total quality management of venous catheter in terms of overall interests, prospective analysis, and overall performance. It can dominantly quantify recessive risks to standardize risk management, which can finally effectively prevent and control CRBSI in ICU, thus facilitating the continuous improvement of nursing quality.

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Table 6
Comparison of infection rates between the 2 groups.

| Groups          | Total cases | Cases infection | Cases infection rates (%) |
|-----------------|-------------|-----------------|---------------------------|
| Experimental group | 168         | 7               | 4.17                      |
| Control group   | 81          | 13              | 16.04                     |

*p = .0012 (P < .01).

Figure 2. The changing trend graph of infection rate.