Central Executive and Default Mode Network Intranet work Functional Connectivity Patterns in Chronic Migraine

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Abstract

Background: The neural mechanisms of chronic migraine remain largely unknown but linked to the decreased connectivity to intrinsic brain networks.

Objective: To characterize the intranetwork functional connectivity within the Central Executive Network (CEN) and Default Mode Network (DMN) in chronic migraine (CM), with and without medication overuse headache (MOH).

Methods: Using functional magnetic resonance imaging, we performed post-hoc analysis of a total of 136 pairs of nodes to node functional connectivity (NTNC) within the CEN and 6 pairs of NTNC within the DMN in CM (n=13) and CM-MOH (n=16) as compared to controls, and between these two subgroups.

Results: Connectivity between right ventrolateral prefrontal cortex (PFC) to contralateral anterior thalamus and connectivity between left dorsal PFC/frontal eye field (FEF) to dorsomedial PFC were decreased within the CEN in both CM and CM-MOH subgroups. In the CEN, there was more widespread disruption in the CM-MOH (n=16) versus CM (n=13), when compared to healthy controls. Within the subgroups, connectivity between right inferior frontal gyrus to left dorsolateral PFC was decreased in CM-MOH compared to CM. In the DMN, only one NTNC (left lateral parietal to precuneus/PCC) was disrupted in the CM-MOH group when compared to controls.

Conclusion: There are similar patterns of NTNC dysfunction within CEN in CM regardless of MOH status. We observed more extensive intranetwork disruption in CM-MOH than CM. The decreased coherence between the right inferior frontal gyrus and the left dorsolateral PFC in CM-MOH is likely associated with a significant disruption in the inhibitory control and a maladaptive response in risk aversion and reward; whereas the decreased coherence between right dorsolateral and ventrolateral PFC to contralateral dorsal PFC/FEF may be related to lack of cognitive control and top-down regulation of pain in both CM and CM-MOH.

Keywords: Chronic migraine; Central executive network; Default mode network; Medication overuse headache; Functional MRI

Introduction

Neuroimaging studies have significantly advanced our knowledge on the functional and structural changes of the cortical and subcortical regions in chronic migraine (CM) [1]. Recently, studies have utilized intrinsic resting state functional connectivity networks as a tool for analyzing functional brain alterations in various neurological disorders. Alteration in intrinsic Functional Brain Networks (IFBNs), such as the default mode network (DMN), central executive network (CEN) and salience network (SN) may serve as neuroimaging biomarkers for evaluating the pathophysiological consequence of repeated migraine attacks. These IFBNs are comprised of brain regions that are functionally linked at rest when the subject is not involved in performing any externally-oriented task. The DMN is one of the most consistently described IFBNs and has been implicated in the regulation of internally-oriented processes, including self-monitoring and autobiographical functions [2]. The CEN is involved in goal-directed behavior and is associated with higher-order cognitive processes, such as attention and working memory. The CEN executes control in response to salient input during the selection of an appropriate action in a fluctuating environmental and self-regulating state [3]. Migraine pain is a complex, multidimensional experience which consists not only of neurobiological, but psychosocial and behavioral domains. When migraine pain becomes more persistent as in CM, brain circuits engaged in pain processing are over-sensitized under the influence of biopsychosocial and behavior influence. Better understanding of the intranetwork connectivity based on functional correlations among different brain regions may shed light on the pathogenesis of CM and reveal potential therapeutic target(s) in improving brain networks synchrony.

Several fMRI studies in episodic migraine (EM) have revealed abnormal connectivity within the CEN and DMN, as well as between the two networks [4]. However, our current understanding on how the
IFBNs are affected in CM continues to be limited. In CM, the processing of migraine pain likely shifts from nociceptive brain regions to other networks important in cognitive, affective, and emotional processing. Currently, the differences and similarities are poorly understood between patients with CM and those with CM who overuse acute pain medication. Availability of such knowledge would have significant consequential implications for comprehensive classification of CM and has proven to be a commonly debated subject [5].

Our recent results demonstrated that for patients with CM and CMMOH, the overall connectivity of DMN and CEN was less coherent when compared to controls. To further unravel the functional architecture of CM, we propose to examine the NTNC changes within the CEN and DMN in CM and CMMOH in this post-hoc analysis. As there are many unique NTNC pairs within each of these networks, further examination of these connections within each network can provide additional information not revealed by the overall or regional “node” resting-state functional connectivity in a network (which averages of all connections to one node). Most importantly, we hope to identify potential cortical targets for neuromodulation such as transcranial direct current stimulation (tDCS) in CM. In tDCS, a low amplitude direct current (1-2mA) is delivered; the current modulates intrinsic neuronal activity by altering the resting membrane potential [6] and improves the connectivity of large-scale brain networks via increased synchronization [7]. We hypothesized that there would be similar patterns of dysfunctional NTNC in both CM groups when compared to controls, however a wider disruption would be present in CMMOH as compared to CM. To the best of our knowledge, there is no study investigating CEN and DMN intranetwork connectivity between CMMOH and CM.

Methodology

Participants

Migraine patients were eligible for the study if they were 18 years or older, met diagnostic criteria outlined in the International Classification of Headache Disorders III beta guidelines (ICDH III beta) [8] for CM as determined by a headache specialist, or were non-pain, non-headache healthy controls. CM subgroups (with or without medication overuse) were further characterized based on ICHD III beta diagnostic criteria. Patients with a history of episodic migraine (EM) who subsequently developed CM due to excessive use of acute pain medications were included in CM MOH subgroup. Participants were excluded if they exhibited the following: any MRI contraindication, neurological or pain disorders other than CM, any chronic illness (i.e. hypertension, diabetes, hepatic, renal, chronic inflammatory, or infectious disease), or inability to follow study protocol while completing assessments. Healthy controls were excluded if they used over the counter/prescription pain medication for more than 5 days per month or if they had a family history of migraine. CM patients were scanned at their baseline level of pain and at least 24 hours outside of their acute pain exacerbation period; any patient who came in within 24 hours of acute pain exacerbation was rescheduled. All participants underwent vital sign and BMI evaluation; additionally, each patient underwent a neurological examination and completed a standardized questionnaire to ascertain demographics including age, sex, race, educational level, and clinical characteristics (listed in Table 1). In our cohort, CM patients had very few headache free days (<10 days/month), therefore we used moderate to severe headache days per month as one of a clinical variable in our analysis.

Questionnaires

The Headache Impact Test (HIT-6) is a validated questionnaire that consists of six items reflecting quality of life measures affected by headache [8]. Higher scores (range of 36–78) indicate an increasing impact of headaches on daily functioning [8]. The Patient Health Questionnaire (PHQ-9) is a diagnostic measure for clinical depression [9]. A score of ≥ 15 on the PHQ-9 is associated with a 68% sensitivity and 95% specificity for diagnosing “major depressive disorder” based on the DSM-IV criteria [9-11].

Standard protocol approvals, registrations, and patient consents

The institutional review board of the University of South Carolina approved the study protocol and written informed consent was collected from all study participants.

MR imaging

All participants were scanned on a Siemens 3T scanner located at the McCausland Center for Brain Imaging at Palmetto Health Richland Hospital (Columbia, South Carolina). Participants were instructed to keep their eyes closed, stay awake, relax, and think of “nothing in particular” during the resting state scan. Briefly, all imaging parameters are the same as describe in our early study. The functional images were acquired using a T2 weighted BOLD (blood oxygenation dependent) contrast sensitive sequence TR/TE=1550/34 ms, 42 slices, flip angle=71°, voxel size=2.5 mm3, FOV = 215 mm2, and using a transversal, descending, interleaved acquisition. Resting-state fMRI (Rs-fMRI) preprocessing was completed using a combination of Statistical Parametric Mapping 12 software and custom Matlab scripts. The pipeline consisted of standard procedures including motion correction, co-registration, normalization, frequency filtering (0.01 to 0.1 Hz band-pass), and spatial smoothing (8 mm full width at half maximum). For each network, a connectivity atlas was constructed using spherical (15 mm diameter) regions of interest (ROIs) centered on the peak Montreal Neurological Institute (MNI) coordinates for the a priori networks of the CEN and DMN.

Functional brain networks

The CEN (illustrated in Figure 1) consists of the bilateral anterior thalamus, bilateral dorsolateral prefrontal cortex (dlPFC), bilateral dorsal PFC region of frontal eye fields (dPFC/FEF), bilateral ventrolateral PFC (vPFC), dorsal medial PFC (dmPFC), right inferior frontal gyrus (IFG)/frontal operculum, right inferior temporal, bilateral parietal lobe, left orbital-frontal insula (OFI), bilateral dorsal caudate (dCaudate), and right ventromedial caudate (vmCaudate). The DMN (illustrated in Figure 2) consists of the bilateral lateral parietal (LP) regions as well as the medial prefrontal cortex (mPFC), and posterior cingulate cortex (PCC)/Precuneus. The ROIs (nodes) and the corresponding MNI coordinates used in each network are listed in our previous publication and are illustrated in Figures 1 and 2.

Statistical analysis

Using the generated ROIs ("nodes"), functional connectivity matrices were created by first extracting the mean value over time from the BOLD signal time series for each node in each network; the Pearson correlation (r) coefficients were then calculated between each pair of nodes within a network. In all networks, Pearson correlation coefficient values were Fischer Z transformed (to convert to a normal distribution) to produce the “functional connectivity strengths” that are used in the analysis (Figures 3-5). The intranetwork NTNC (also referred to as “edge”) strength was defined as the correlation coefficient generated between each pair of ROIs in each network investigated. Comparison groups were formed to investigate the relationship between the following: CMMOH vs. controls, CM vs. controls, and CMMOH vs. CM.
When comparing each subgroup to their matched controls, we used a one-tailed, two sample t-test. When comparing between the CM subgroups (CM<sub>M</sub> vs. CM), a two-tailed, two-sample t-test was utilized. A one-tailed t-test was used for CM vs. controls due to the hypothesis that functional connectivity strengths observed in CM patients would be lower than that of the controls; conversely, a two-tailed t-test was more appropriate when comparing between the two CM subgroups as the hypothesis predicted differences between the groups rather than a change in a specific direction (i.e. an increase or decrease).

To control for multiple comparisons, each statistical test employed a permutation method using 10,000 permutations (MATLAB) [12]. For each of the 9,999 random permutations as well as the one actual ordering, we logged the peak t-score for all regions. We then sorted these maximums and used the 500<sup>th</sup> most significant peak as our threshold to provide robust control for familywise error. These corrected p values of <0.05 were considered significant for intranetwork NTNC strength differences (CM<sub>M</sub> vs. CM), and the corrected p values of <0.01 were considered significant for intranetwork NTNC strength differences (CM subgroups vs. controls).

To assess associations between intranetwork functional connectivity strength and clinical parameters, Pearson correlations were conducted between the shared significant intranetwork NTNC strengths and clinical parameters; these included years with migraine, years with CM, number of moderate to severe headache per month, PHQ-9, HIT-6, and Allodynia symptoms checklist scores (ASC 12). Correlations were corrected for multiple comparison using the Bonferroni correction (p=0.00015).
Results

Participants

A total of 16 CM and 13 CM-MOH patients were recruited between January 2015 and August 2016 from the headache clinic at University of South Carolina (Columbia, SC). All CM participants were female and age-matched to healthy female controls. We excluded four patients during data analysis due to motion artifact (n=1), incidental finding on the anatomical T1 image (n=2), and the presence of non-migraine related pain (development of a stomach ulcer) during the scan (n=1). Among the controls (n=23), four were excluded for: claustrophobia (n=2), motion artifact (n=1), and an incidental finding on the anatomical T1 image (n=1). Individual characteristics for each group are summarized in Table 1. Of the CM participants, 16 had the secondary diagnosis of MOH due to overuse of opioids (n=8), triptans (n=9), combined analgesics (n=14), and combination of triptans with opioids or NSAIDS (n=10). Among 29 CM participants, 15 used daily migraine preventive prophylaxis medications (topiramate or propranolol). The same cohort was also used in the analysis of Salience Network [13].

CEN

In the CEN, there was more widespread disruption in the CM-MOH (n=16) versus CM (n=13), and when compared to healthy controls. Significant intranetwork rs-fc within the CEN when comparing each CM subgroup to controls are listed in Table 2 and illustrated in Figure 3. Significant intranetwork connections when comparing between CM subgroup are listed in Table 3 and illustrated in Figure 4.

DMN

The intra-network connection in the DMN (left lateral parietal to precuneus/PCC, p=0.003) was lower in CM without MOH when compared to the matched controls. There was no significant intranetwork connections difference when comparing CM-MOH and CM.
Demographics | CMMOH (16) | CM (13) | Controls (19) |
|----------------|-----------|---------|---------------|
| **Age**        | 39 ± 14   | 39 ± 12 | 37 ± 11       |
| **BMI**        | 26 ± 6    | 31 ± 4  | 26 ± 5        |
| **Race/Ethnicity** |          |         |               |
| *white*        | 10 (62.5) | 10 (76.9)| 12 (63.1)     |
| *black*        | 6 (37.5)  | 3 (23.1) | 7 (36.9)      |
| **Highest Degree Completed** | | | |
| Unknown        | 1 (6.3)   | 1 (7.7)  | 1 (5.3)       |
| High School    | 5 (31.3)  | 8 (61.5) | 4 (21)        |
| Undergraduate  | 7 (43.8)  | 2 (15.4) | 10 (52.6)     |
| Graduate       | 3 (18.8)  | 2 (15.4) | 4 (21.0)      |

**Clinical Features**

|                      | CMMOH | CM     | *p*-value |
|----------------------|-------|--------|-----------|
| **Moderate to severe HA days/month** | 21 ± 7 | 15 ± 5 | 0.005*    |
| **Headache Location** |       |        |           |
| Right                | 1 (6.3) | 2 (15.4) |            |
| Left                 | 2 (12.5)| 3 (23.1)| --        |
| Bilateral            | 13 (81.3)| 8 (61.5)| --        |
| **Cranial autonomic symptoms** | 8 (50.0) | 2 (15.4) |            |
| **Alldynia (ASC12) Score** | 6 ± 3 | 5 ± 6 | 0.22      |
| **Family history (1st degree)** | 13 (81.3) | 7 (53.8) |            |
| **History of migraine (years)** | 21 ± 13 | 20 ± 13 | 0.371     |
| **Hit-6 Score**      | 67 ± 3 | 64 ± 4 | 0.03*     |
| **PHQ-9 Score**      | 10 ± 6 | 5 ± 3  | 0.006*    |

**Abbreviations:** CM=Chronic Migraine; MOH=Medication Overuse Headache; c=controls; BMI=Body Mass Index; HA=Moderate to Severe Headache Days; HIT-6=Headache Impact Test; PHQ-9=Patient Health Questionnaire-9

Values represent mean ± standard deviation or number (% of total).

Table 1: Clinical characteristics of participants.

### Node to Node connection

#### CEN: Decreased coherence in CM<sup>CMOH</sup>

| Node to Node connection | CMMOH | CM | Control | *p*-value |
|-------------------------|-------|----|---------|-----------|
| Left Anterior Thalamus × right vlPFC | 0.13 ± 0.14 | 0.25 ± 0.14 | 0.008 |
| Left Anterior Thalamus × right dPFC | 0.07 ± 0.17 | 0.29 ± 0.16 | <0.001 |
| Left dPFC × left Anterior Thalamus | 0.16 ± 0.13 | 0.32 ± 0.14 | 0.001 |
| Left dPFC × right Anterior Thalamus | 0.14 ± 0.12 | 0.27 ± 0.16 | 0.007 |
| Left dPFC/FEF × dmPFC<sup>*</sup> | 0.53 ± 0.31 | 0.79 ± 0.19 | 0.006 |
| Left dPFC × left Lateral Parietal | 0.34 ± 0.24 | 0.61 ± 0.28 | 0.004 |
| Right IFG × left dPFC | 0.08 ± 0.15 | 0.37 ± 0.19 | <0.001 |
| Right IFG × right dPFC | 0.39 ± 0.24 | 0.64 ± 0.16 | <0.001 |
| Right IFG × left vlPFC | 0.05 ± 0.19 | 0.24 ± 0.17 | 0.005 |
| Right IFG × right vlPFC | 0.16 ± 0.18 | 0.30 ± 0.14 | 0.003 |
| Right IFG × right vmCaudate | 0.03 ± 0.23 | 0.24 ± 0.10 | 0.001 |
| Right IFG × right dCaudate | 0.04 ± 0.20 | 0.21 ± 0.17 | 0.006 |
| Right IFG × left Anterior Thalamus | 0.11 ± 0.21 | 0.38 ± 0.22 | 0.002 |
| Right IFG × right Anterior Thalamus | 0.16 ± 0.23 | 0.38 ± 0.21 | 0.005 |
| Left vlPFC × left Lateral Parietal | 0.45 ± 0.26 | 0.71 ± 0.25 | 0.007 |
| Left vlPFC × right vlPFC | 0.57 ± 0.28 | 0.83 ± 0.23 | 0.005 |

#### CEN: Decreased coherence in CM<sup>CM</sup>

| Node to Node connection | CM | Control | *p*-value |
|-------------------------|----|---------|-----------|
| Right vlPFC × left Lateral Parietal | 0.35 ± 0.19 | 0.57 ± 0.22 | 0.002 |
| Left Anterior Thalamus × right vlPFC<sup>*</sup> | 0.10 ± 0.12 | 0.25 ± 0.14 | 0.008 |
| Left dPFC/FEF × right Inferior Temporal | 0.19 ± 0.11 | 0.30 ± 0.10 | 0.004 |
| Left dPFC/FEF × right dPFC/FEF | 0.22 ± 0.17 | 0.43 ± 0.24 | 0.0095 |
| Left dPFC/FEF × dmPFC<sup>*</sup> | 0.56 ± 0.23 | 0.82 ± 0.19 | <0.001 |

#### DMN: Decreased coherence in CM<sup>CMOH</sup>

| Node to Node connection | CM<sup>CMOH</sup> | Control | *p*-value |
|-------------------------|---------------------|---------|-----------|
| Left Lateral Parietal × Precuneus/PCC | 0.75 ± 0.18 | 0.49 ± 0.30 | 0.003 |

#### DMN: Decreased coherence in CM

| Node to Node connection | None |
|-------------------------|------|

*These intranetwork connections are both disrupted in both CM subgroups.

Table 2: Significant differences of intranetwork connections in the CEN for each CM subgroup as compared to controls.
Data demonstrate impaired inhibition of the descending pain control in the vlPFC and anterior thalamus in both CM and CM MOH. In fact, our notion that decreased connectivity between PFC and deep subcortical structures, that are important in controlling/inhibiting pain, may play an important role in the pathophysiology of CM, regardless of medication overuse status in these patients. These findings support the decreased connectivity of the PFC within the CEN, regardless of the chronic overuse of pain medications on the PFC connectivity is supported by metabolic changes in the dlPFC that are associated with risk aversion/reward and compulsive drug seeking behavior [21]. Specifically, on a neural level, it is believed that when goal directed behavior becomes habit formation (via repetitive drug use), “cognitive control” is transitioned from the PFC to striatum [22]. This transition may result in less connectivity of PFC regions due to transfer of cognitive control.

Besides changes in PFC and thalamus connectivity, one of the most prominent results for the CM MOH group is the unique pattern of dysfunction observed in the right inferior frontal gyrus (IFG). This decreased connectivity may be associated with the neurological changes from the chronic overuse of pain medication, as the IFG plays a vital role in response inhibition. Response inhibition is the suppression of an action that is either contextually inappropriate or interrupts a goal-oriented behavior and is an important element in executive control [19,23]. Response inhibition is initiated by IFG and require the subthalamic nucleus for inhibition of thalamic projections to the cortex [19,23]. Our data suggests that the overuse of pain medication may further complicate the CEN in the CM MOH due to the dysfunction of the IFG. The notion that chronic overuse of medication further complicates CM is also supported by the concurrent differences in headache-related clinical parameters found between the two CM subgroups. We noted a significantly higher number of headache days in CM MOH, and stronger functional impact of headaches in this cohort as indicated by significantly higher HIT-6 scores (Table 1). These headache characteristics in MOH group further support our hypothesis that the greater degree of dysfunctional connectivity is associated with phenotypes of CM MOH.

## Discussion

### Impairment in PFC-mediated descending pain control in CM and CM MOH

In this study, we examined the intranetwork functional connectivity within the CEN and DMN in CM and CM MOH. Our results indicate decreased connectivity of the PFC within the CEN, regardless of the inferior frontal gyrus (IFG). These additional NTNC dysfunctions are often reported to be associated with decreased thalamic activity due to the downstream modulation of pain [14]. Increased activation of the vlPFC is critical in the cognitive modulation of pain, with the ability to initiate an adaptive response to the continuous or recurrent pain and may play an important role in development and maintenance of the chronic pain [16,17]. As both CM subgroups are experiencing chronic pain, it is not surprising that we observed the decreased connectivity between the vlPFC and anterior thalamus in both CM and CM MOH. In fact, our data demonstrate impaired inhibition of the descending pain control in both subgroups, with a more pronounced effect in CM MOH (Table 2).

### Enhanced CEN dysfunction in CM MOH

In this study, the presence of MOH was associated with more widespread network dysfunction, as evidenced by the increased number of aberrant NTNC within the CEN. The nodes primarily affected were within the CEN overlapping thalamic systems, PFC, and the inferior frontal gyrus (IFG). These additional NTNC dysfunctions are likely to be related to the dependency to analgesic medication given that the chronic overuse of pain medications contributes to decreased pain threshold and development of addictive/compulsive traits [18].

Many of the affected NTNC in our CM MOH cohort involve regions of the cortico-basal ganglia-thalamic system. Specifically, regions that function act as the "associative/cognitive" (frontal lobe-caudate-thalamus) component of thalamic systems, which also overlaps with the components (nodes) within the CEN [19,20]. Specifically, when compared to healthy controls, widespread dysfunctions were seen in regions, such as the dorsomedial PFC, dlPFC, anterior thalamus, right dorsal, and ventromedial caudate in CM MOH. The role of chronic overuse of pain medications on the PFC connectivity is supported by metabolic changes in the dlPFC that are associated with risk aversion/reward and compulsive drug seeking behavior [21]. Specifically, on a neural level, it is believed that when goal directed behavior becomes habit formation (via repetitive drug use), “cognitive control” is transitioned from the PFC to striatum [22]. This transition may result in less connectivity of PFC regions due to transfer of cognitive control.

### DMN: No intranet work connectivity differences between CM and CM MOH

We did not observe any NTNC differences when comparing CM and CM MOH; this is consistent with our previous findings that the overall DMN connectivity is not different between the subgroups. Brain regions within DMN are likely not key in differentiating MOH versus non MOH in CM. Previous reports of decreased connectivity between left lateral parietal and precuneus regions in chronic pain patients, is consistent with our findings for the MOH group as compared to controls, but not the CM group [24]. This suggests that CM MOH patients may have more of a "classic chronic pain" pattern of network disruption, whereas CM patients do not.

### Study Limitations

We acknowledge that there are several limitations with this study. First, medication usage is a confounder that may have influenced the results. Some CM participants (n=15) were on daily migraine prophylaxis medications, but we do not believe this impacted our results based on our previously reported findings [13]. Additionally, differences in the usage of acute pain medications (i.e. type, dosing) may impact the functional connectivity. Secondly, participants were not matched exactly according to anxiety/depression scale; therefore, we

| Variables                  | Controls       | CM MOH         | CM            | p-value (CM MOH vs. CM) |
|----------------------------|----------------|----------------|---------------|-------------------------|
| Right IFG × Left dlPFC     | 0.35 ± 0.19    | 0.08 ± 0.15    | 0.24 ± 0.22   | 0.040                   |
| Decreased coherence in CM MOH as compared to CM |
| Left dPFC/FEF × Right vlPFC | 0.44 ± 0.22    | 0.41 ± 0.24    | 0.22 ± 0.27   | 0.007                   |
| Left dPFC/FEF × Right dlPFC | 0.10 ± 0.26    | 0.21 ± 0.32    | 0.00 ± 0.29   | 0.043                   |

*Intranetwork connection was found to be significant in CM MOH vs. Control group.

Table 3: Significant differences (p<0.05; two tailed) of intranetwork functional connectivity (Avg ± SD) when comparing CM MOH vs. CM.

Correlations

After correcting for multiple comparisons, we found no correlational relationship between clinical features and intranetwork connectivity using Pearson correlation.

### Enhance CEN dysfunction in CM MOH

In this study, the presence of MOH was associated with more widespread network dysfunction, as evidenced by the increased number of aberrant NTNC within the CEN. The nodes primarily affected were within the CEN overlapping thalamic systems, PFC, and the inferior frontal gyrus (IFG). These additional NTNC dysfunctions are likely to be related to the dependency to analgesic medication given that the chronic overuse of pain medications contributes to decreased pain threshold and development of addictive/compulsive traits [18]. Many of the affected NTNC in our CM MOH cohort involve regions of the cortico-basal ganglia-thalamic system. Specifically, regions that function act as the "associative/cognitive" (frontal lobe-caudate-thalamus) component of thalamic systems, which also overlaps with the components (nodes) within the CEN [19,20]. Specifically, when compared to healthy controls, widespread dysfunctions were seen in regions, such as the dorsomedial PFC, dlPFC, anterior thalamus, right dorsal, and ventromedial caudate in CM MOH. The role of chronic overuse of pain medications on the PFC connectivity is supported by metabolic changes in the dlPFC that are associated with risk aversion/reward and compulsive drug seeking behavior [21]. Specifically, on a neural level, it is believed that when goal directed behavior becomes habit formation (via repetitive drug use), "cognitive control" is transitioned from the PFC to striatum [22]. This transition may result in less connectivity of PFC regions due to transfer of cognitive control.

Besides changes in PFC and thalamus connectivity, one of the most prominent results for the CM MOH group is the unique pattern of dysfunction observed in the right inferior frontal gyrus (IFG). This decreased connectivity may be associated with the neurological changes from the chronic overuse of pain medication, as the IFG plays a vital role in response inhibition. Response inhibition is the suppression of an action that is either contextually inappropriate or interrupts a goal-oriented behavior and is an important element in executive control [19,23]. Response inhibition is initiated by IFG and require the subthalamic nucleus for inhibition of thalamic projections to the cortex [19,23]. Our data suggests that the overuse of pain medication may further complicate the CEN in the CM MOH due to the dysfunction of the IFG. The notion that chronic overuse of medication further complicates CM is also supported by the concurrent differences in headache-related clinical parameters found between the two CM subgroups. We noted a significantly higher number of headache days in CM MOH, and stronger functional impact of headaches in this cohort as indicated by significantly higher HIT-6 scores (Table 1). These headache characteristics in MOH group further support our hypothesis that the greater degree of dysfunctional connectivity is associated with phenotypes of CM MOH.
cannot exclude the possibility that some of the changes in connectivity may be related (cause or effect) to anxiety/depression. Interestingly, we did not find any correlation between NTNC and clinical characteristics. This may be due to our highly conservative statistical approach involving Bonferroni corrections which are known to be associated with higher type II error rate (false negative). One interesting possibility is that genetic or epigenetic differences in CM and CMMOH are better correlated than purely the clinical parameters used, which is subjective to recall bias. Thirdly, the sample size in this study is small and therefore we may not have had sufficient power to detect more subtle effects. Lastly, we cannot ascertain if the changes in connectivity observed are causal or an effect of chronic pain, which is a common limitation in similar studies using cross-sectional study design.

Conclusion

In this study, we were able to characterize the intranet work functional connectivity patterns within two of the major IFBN: CEN and DMN, as well as examine the influence of medication overuse on the connectivity patterns in the brain. We found that while there are shared dysfunctional NTNC within CEN in CM, regardless of MOH status, the intranetwork connectivity disruptions were more extensive in CM with MOH. We propose that the dysfunction of the regions within the CEN plays an important role in CM pathogenesis, and that PFC (dIPFC, vIPFC) and IFG can serve as therapeutic targets to improve CEN synchronization through tDCS.

Clinical Implications

- Dysfunction of regions within the central executive network (CEN) plays an important role in chronic migraine (CM) pathogenesis.
- While there are shared dysfunctional node-to-node connections within the CEN in CM regardless of medication overuse headache (MOH) status, intranetwork connectivity disruptions were more extensive in CM with MOH.
- The prefrontal cortex (dIPFC, vIPFC) and inferior frontal gyrus (IFG) may serve as therapeutic targets to improve CEN synchronization through transcranial direct current stimulation.

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