Exploring the Neural Structures Underlying the Procedural Memory Network as Predictors of Language Ability in Children and Adolescents With Autism Spectrum Disorder and Attention Deficit Hyperactivity Disorder

Teenu Sanjeevan1*, Christopher Hammill2, Jessica Brian1,3, Jennifer Crosbie4,5, Russell Schachar4,5, Elizabeth Kelley6, Xudong Liu7, Robert Nicolson8, Alana Iaboni1, Susan Day Fragiadakis1, Leanne Ristic1, Jason P. Lerch2,9 and Evdokia Anagnostou1,3

1Holland Bloorview Kids Rehabilitation Hospital, Toronto, ON, Canada, 2Mouse Imaging Centre, The Hospital for Sick Children, Toronto, ON, Canada, 3Department of Paediatrics, Medical Sciences Building, University of Toronto, Toronto, ON, Canada, 4Psychiatry Research, The Hospital for Sick Children, Toronto, ON, Canada, 5Department of Psychiatry, University of Toronto, Toronto, ON, Canada, 6Department of Psychology, Queen’s University, Kingston, ON, Canada, 7Department of Psychiatry, Queen’s University, Kingston, ON, Canada, 8Department of Psychiatry, Schulich School of Medicine & Dentistry, University of Western Ontario, London, ON, Canada, 9Department of Medical Biophysics, University of Toronto, Toronto, ON, Canada

Introduction: There is significant overlap in the type of structural language impairments exhibited by children with autism spectrum disorder (ASD) and children with attention deficit hyperactivity disorder (ADHD). This similarity suggests that the cognitive impairment(s) contributing to the structural language deficits in ASD and ADHD may be shared. Previous studies have speculated that procedural memory deficits may be the shared cognitive impairment. The procedural deficit hypothesis (PDH) argues that language deficits can be explained by differences in the neural structures underlying the procedural memory network. This hypothesis is based on the premise that the neural structures comprising the procedural network support language learning. In this study, we aimed to test the PDH in children with ASD, ADHD, and typical development (TD).

Methods: One hundred and sixty-three participants (ages 10–21): 91 with ASD, 26 with ADHD, and 46 with TD, completed standardized measures of cognitive and language ability as well as structural magnetic resonance imaging. We compared the structural language abilities, the neural structures underlying the procedural memory network, and the relationship between structural language and neural structure across diagnostic groups.

Results: Our analyses revealed that while the structural language abilities differed across ASD, ADHD, and TD groups, the thickness, area, and volume of the structures supporting the procedural memory network were not significantly different between diagnostic groups. Also, several neural structures were associated with structural
language abilities across diagnostic groups. Only two of these structures, the inferior frontal gyrus, and the left superior parietal gyrus, are known to be linked to the procedural memory network.

**Conclusions:** The inferior frontal gyrus and the left superior parietal gyrus, have well-established roles in language learning independent of their role as part of the procedural memory system. Other structures such as the caudate and cerebellum, with critical roles in the procedural memory network, were not associated with structural language abilities across diagnostic groups. It is unclear whether the procedural memory network plays a fundamental role in language learning in ASD, ADHD, and TD.

**Keywords:** ASD (autism spectrum disorder), ADHD (attention deficit hyperactivity disorder), structural language abilities, brain structure, procedural deficit hypothesis (PDH), structural MRI

### INTRODUCTION

It is estimated that 1 in every 66 children in Canada is diagnosed with autism spectrum disorder (ASD; Ofner et al., 2018). ASD is characterized by deficits in social interactions and social communication and restricted interests and/or repetitive behaviors (American Psychiatric Association, 2013). There is, however, a large subset of children with ASD who also exhibit language difficulties, not only concerning pragmatic abilities but with structural language (grammar) as well (Bishop and Norbury, 2002; Tager-Flusberg, 2006; Perovic et al., 2013). While the pragmatic impairments have been linked to deficits in theory of mind and its corresponding neural networks (Baron-Cohen, 2000), the neurocognitive underpinnings of the structural language deficits in ASD remain unknown.

Similar to ASD, co-occurring structural language deficits have also been reported in Attention Deficit Hyperactivity Disorder (ADHD; Kim and Kaiser, 2000; Wassenberg et al., 2010; Papaefiliou et al., 2015). ADHD is one of the most commonly diagnosed neurodevelopmental disorders in children (Polancyzk et al., 2007; Redmond, 2016) and is characterized by impulsivity, inattention, and hyperactivity that negatively impact daily living (American Psychiatric Association, 2013). ADHD is often diagnosed with other comorbid disorders (Brown, 2000). Among the comorbidities reported in ADHD, language impairment is one of the most commonly reported co-occurring conditions (Mueller and Tomblin, 2012; Sciberras et al., 2014).

Given that poor language abilities in children with ASD and ADHD have been linked to poor social and academic outcomes in adolescence and adulthood (Guerts and Embrechts, 2008), identifying the mechanisms contributing to the structural language impairment in these disorders is critical.

### Structural Language Profiles of ASD and ADHD

Studies assessing the structural language abilities of children with ASD have reported deficits in the areas of morphology, syntax, and phonological processing (Tager-Flusberg, 2006). Morphosyntactic studies in ASD have shown that children with ASD often omit verb-related morphemes such as those specifying past tense (-ed) and third-person singular (-s) in spontaneous speech resulting in poorly formed sentences (Roberts et al., 2004; Tager-Flusberg, 2006). Difficulties processing complex sentence structures have also been reported in ASD. This deficit has been attributed to issues with interpreting long-distance dependencies including relative clauses, passives and, non-canonical word order (Whitehouse et al., 2008; Riches et al., 2010; Durrleman et al., 2015). Studies examining phonological processing suggest that children with ASD are more likely to have problems with detection, discrimination, and reproduction of speech sounds as evidenced by cluster reductions (e.g., spider pronounced as pider), final consonant deletions (e.g., beat pronounced as be_) and gliding (e.g., leg pronounced as yeg) on standardized measures of articulation as well as production errors on nonword repetition tasks (Kjelgaard and Tager-Flusberg, 2001; Tager-Flusberg, 2006; Whitehouse et al., 2008; Cleland et al., 2010).

Structural language deficits have also been reported in children with ADHD (Mueller and Tomblin, 2012; Sciberras et al., 2014). Children with ADHD have been reported to show poor sentence formulation and word structuring as a result of morphological weaknesses such as incorrect omission or insertion of function words and the improper specification of morphemes for verbs and nouns (Oram et al., 1999; Cohen et al., 2000). Syntactic issues have also contributed to their weak comprehension and construction of grammatical structures including word order violations and poor recall and interpretation of passive and relative clauses (Oram et al., 1999; Cohen et al., 2000; Kim and Kaiser, 2000). Phonological processing also appears to be commonly affected in children with ADHD as indicated by missing segments in their repetition of words and poor articulation of sounds (Oram et al., 1999; Cohen et al., 2000; Kim and Kaiser, 2000). Reading disabilities have also been reported in children with ADHD, which have been attributed to poor phonological awareness (Purvis and Tannock, 2000). There appears to be considerable overlap in the structural language impairments observed across ASD and ADHD.

### Procedural Deficit Hypothesis (PDH)

Given the parallels between the structural language deficits observed in ASD and ADHD, it could be hypothesized that the neurocognitive mechanism(s) underlying the structural language...
impairments are similar across the two disorders. Here, we speculate, as others have before (Ullman, 2004; Walenski et al., 2006; Nicolson and Fawcett, 2007), that this mechanism might be related to the impairment of the procedural memory network (Ullman and Pierpont, 2005).

Procedural memory is the implicit long-term memory system that stores the “blueprint” on how to perform learned motor and cognitive skills such as riding a bicycle (Ullman, 2001, 2004). The neural structures of the procedural memory network largely include: (1) the basal ganglia including the caudate and putamen; (2) the inferior frontal gyrus including the pars opercularis and pars triangularis; (3) the cerebellum; and (4) regions of the parietal cortex including the supramarginal gyrus (Ullman, 2004; Ullman and Pierpont, 2005; Mochizuki-Kawai, 2008; Doyon et al., 2009).

Procedural skills are a product of learning and consolidating sequence-based information (Ungerleider et al., 2002; Doyon, 2008; Doyon et al., 2009). According to Ullman, forming grammatical sentences utilizes these very processes. Specifically, Ullman argues that sentence construction is governed by sequences of morphosyntactic and phonological rules and conditions (Ullman, 2001, 2004). Following these rules in sequence ensures that the constructed sentence is grammatically coherent and thereby suggests that grammar is supported by the procedural memory network. Given this theoretical framework of the procedural model, Ullman and Pierpont predicted that procedural memory deficits might underlie the structural language deficits reported in several neurodevelopmental disorders including ASD and ADHD. This procedural deficit hypothesis (PDH) has been broken down by Ullman and Pierpont into two smaller testable hypotheses. One hypothesis proposes that differences in the neural structures underlying procedural memory are associated with differences in language ability. The other and most commonly tested hypothesis, argues that differences in language ability are associated with differences in learning on procedural memory tasks (Ullman and Pierpont, 2005).

In this study, we aimed to address the first of the two smaller testable hypotheses, which suggests that differences in the neural structures underlying procedural memory are associated with differences in language ability. To date, no studies have examined this hypothesis in ASD, ADHD, and TD concurrently.

**Neural Structure and Language Associations in ASD and ADHD**

There are a handful of studies that have examined associations between neural structures and language in ASD, some of which have reported significant associations with structures linked to procedural memory (e.g., De Fossé et al., 2004; Knaus et al., 2009; Hodge et al., 2010; Joseph et al., 2014). Specifically, studies have reported associations between the greater right volumetric asymmetry of the pars triangularis (Knaus et al., 2009), pars opercularis (Joseph et al., 2014), the inferior frontal gyrus, and supramarginal gyrus (De Fossé et al., 2004) and lower language scores in ASD. In contrast, one study reported an association between greater left volumetric asymmetry of lobule VIIA of the cerebellum and lower language scores in ASD (Hodge et al., 2010). Other studies, however, have not found associations with these same structures, namely between the volumetric asymmetry of the pars triangularis (Joseph et al., 2014), pars opercularis (Knaus et al., 2009), cerebellum (Webb et al., 2009), and language scores in ASD.

To our knowledge, only one study has explored associations between neural structures and language in ADHD (Kibby et al., 2009). This study only examined the pars triangularis and found an extra sulcus in the pars triangularis of the children in the ADHD group, which was associated with lower language scores. With so few studies exploring neural structure and language associations in ASD and ADHD and no studies investigating these relationships in the context of the PDH, it remains unclear whether differences in the neural structures underlying procedural memory are associated with differences in structural language ability in ASD and ADHD.

**Study Objectives**

To address this gap in the literature, we aimed to:

1. Determine whether receptive and expressive structural language abilities differed between children with ASD, ADHD, and TD.
2. Determine whether the thickness, area, or volume of the neural structures underlying the procedural memory network differed between children with ASD, ADHD, and TD using a region-of-interest analytic approach.
3. Determine whether thickness, area, or volume of the neural structures underlying the procedural memory network were associated with the structural language abilities of children with ASD, ADHD, and TD using a whole-brain vertex and voxel-wise analytic approach.

**MATERIALS AND METHODS**

**Participants**

One hundred and sixty-three children (ages 10–21 years) participated in this study: (1) 91 with ASD; (2) 26 with ADHD; and (3) 46 with TD. Participants were recruited from the Province of Ontario Neurodevelopmental Disorders (POND) Network, a multicenter research program aimed at understanding neurodevelopmental disorders including ASD and ADHD to facilitate the development of new and effective treatments (Barbeau et al., 2017). Participants with ASD were recruited and tested at Holland Bloorview Kids Rehabilitation Hospital in Toronto, the Hospital for Sick Children in Toronto, and Lawson Health Research Institute in London, Ontario. Participants with ADHD were recruited and tested at the Hospital for Sick Children in Toronto and participants with TD were recruited externally and tested at Holland Bloorview Kids Rehabilitation Hospital in Toronto and Queen’s University in Kingston. Informed consent was obtained for experimentation with human subjects from research ethics committees at all sites.

All participants met the following study inclusionary criteria: (1) had normal hearing; (2) scored at or above 70 on a non-verbal...
measure of intelligence; and (3) had a gestational age of 35 weeks or more.

To confirm clinical diagnoses, a series of standardized measures were administered to participating children and their parents. To verify the ASD diagnosis, the Autism Diagnostic Observation Schedule (ADOS; Lord et al., 2000) or ADOS-II (Lord et al., 2012), a diagnostic assessment of social, play/imagination, and communication skills, as well as restricted/repetitive interests/behaviors, was administered to the children with ASD and the Autism Diagnostic Interview-Revised (ADI-R; Lord et al., 1994), a structured interview that provides a diagnostic algorithm for autism, was administered to their parents. To verify the ADHD diagnosis, the Parent Interview for Child Symptoms (PICS; Ickowicz et al., 2006), a semi-structured interview assessing disruptive behavior disorders, was administered to the parents of children with ADHD. Children with ADHD were further classified into three subtypes: inattentive, hyperactive, and combined. Of the 26 children with ADHD who were recruited, 10 children were classified as inattentive, two were classified as hyperactive, and 14 were classified as combined. The degree of severity was determined using the PICS symptom count, where a greater number of symptoms indicates a greater degree of severity. Of 18 symptoms listed on the PICS, the average number of symptoms reported was 9.1 (3.8). Children were considered typically developing (TD) if they had no history of neurodevelopmental, psychiatric, or neurologic disorder and no first-degree family history of neurodevelopmental disorder.

Cognitive Measure
Cognitive ability was measured using the full-scale standard score of one of the following standardized assessments of general cognitive functioning: the Wechsler Abbreviated Scale of Intelligence (WASI; Wechsler, 1999), the Wechsler Abbreviated Scale of Intelligence—Second Edition (WASI-II; Wechsler, 2011), the Wechsler Intelligence Scale for Children—Fourth Edition (WISC-IV; Wechsler, 2003) or the Wechsler Intelligence Scale for Children—Fifth Edition (WISC-V; Wechsler, 2014). However, given the likelihood for language impairment in a subset of children with ASD and ADHD, we chose to only include non-verbal IQ scores in our statistical analyses. Significant differences in the mean non-verbal IQ scores were found across groups. A Kruskal–Wallis non-parametric ANOVA post hoc test revealed that the ASD and ADHD groups were not significantly different from one another, but were both significantly different from the TD group (Table 1).

Language Measure
Language ability was measured using the receptive and expressive language composite scores from the Oral and Written Language Scales—Second Edition (OWLS-II; Carrow-Woolfolk, 2011), the Clinical Evaluation of Language Fundamentals—Fourth Edition (CELF-IV; Semel et al., 2003) and, the Clinical Evaluation of Language Fundamentals—Fifth Edition (CELF-V; Wiig et al., 2013), standardized assessments of general language ability that assess morphology, syntax, and phonology (structural language) in receptive and expressive domains.

MRI Acquisition and Processing
All participants were scanned at the Hospital for Sick Children in Toronto, Canada on a Siemens 3T scanner. During the study, the scanner underwent an upgrade from Trio Tim to Prisma. We covaried for the scanner to account for differences between sequences. T1-weighted MPRAGE scans were acquired with grappa acceleration. The scans from the Trio Tim had a TE of 2.96 ms, TR of 2,300 ms, and 1 mm³ isotropic voxels; whereas scans from the Prisma had a TE of 3.14 ms, TR of 1,870 ms, and 0.8 mm³ isotropic voxels.

Scans were processed with CIVET version 2.1 on CBRAIN (Ad-Dab’bagh et al., 2006; Sherif et al., 2014), after denoising with adaptive non-local means filtering (Manjón et al., 2010). CIVET comprises intensity normalization, n4 bias field correction, linear and nonlinear registration to the ICBM2009s symmetric non-linear template, gray/white matter surface extraction, surface registration, and cortical morphometry calculations.

CIVET scans were quality controlled in a semi-automatic fashion, using the CIVET quality control pipeline. The stringency of the quality control pipeline was marginally reduced to include scans with fewer than 150 surface-surface intersections and self-intersections per hemisphere. The adjusted threshold was determined based on an acceptable trade-off between the inclusion of high-quality scans and exclusion of low-quality scans identified by hand in a subset of the data. Also, scans, where at least one atlas structure was not identified in the segmentation, were not included in the analysis.

Thickness, area, and volume estimates for cortical structures of interest were extracted using the Automated Anatomical

| TABLE 1 | Behavioral characteristics across diagnostic groups. |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Characteristic  | ASD (N = 92)    | ADHD (N = 26)   | TD (N = 47)     | p               | Post hoc comparisons |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Age (years)     | 12.9 (2.7)      | 11.8 (1.5)      | 14.8 (3.7)      | <0.01 ASD < TD  | ADHD < TD |
| Range           | 10–21           | 10–16           | 10–21           |                 |                 |
| Nonverbal IQ    | 105.1 (17.8)    | 103.48 (15.1)   | 113.5 (15.9)    | 0.013 ASD < TD  | ADHD < TD |
| Range           | 71–150          | 70–124          | 77–164          |                 |                 |
| Sex (male)      | 69 (75.8)       | 19 (73.0)       | 26 (56.5)       | <0.01 ASD > TD  | ADHD > TD |
| N (%)           |                 |                 |                 |                 |                 |

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residual thickness, area, or volume with diagnosis, sex, age, for the area, volume, and thickness separately. First, scanner identified by CIVET the following analysis was conducted and expressive structural language ability, we conducted a whole-separately and subject to FDR correction.

To compare structural language abilities across children with ASD, ADHD, and TD, regression analyses were conducted to determine whether receptive and expressive structural language scores differed across groups. We entered age into the model to control for the wide age range of participants, sex to account for group differences in sex distribution, and non-verbal IQ to control for group differences in non-verbal cognitive functioning and diagnosis. Analyses for receptive and expressive structural language scores were conducted separately. We applied the Benjamini-Hochberg correction (Benjamini and Hochberg, 1995) to control for the expected false discovery rate (FDR) at 0.05.

To compare neural structures across children with ASD, ADHD, and TD, regression analyses were conducted to determine whether diagnosis predicted differences in thickness, area, or volume of the neural structures supporting procedural memory. We entered age, sex, scanner to control for the differences between the two scanners that were used, whole-brain volume to control for non-specific differences in overall brain size across participants, non-verbal IQ, and diagnosis. The cortical and subcortical structures of interest included: (1) the inferior frontal gyrus; (2) the parietal gyrus; (3) the caudate; (4) the supramarginal gyrus; and (5) the subcomponents of the cerebellum. Although the putamen is part of the procedural network, it is largely involved in motor learning (Ullman, 2001, 2004; Doyon et al., 2009). Given that we aimed to identify the role procedural memory plays in structural language, we chose to exclusively examine structures that are involved in cognitive procedural learning. Analyses for each structure were conducted separately and subject to FDR correction.

To examine if cortical anatomy was associated with receptive and expressive structural language ability, we conducted a whole-cortex vertex-wise analysis. At each vertex in the cortical mesh identified by CIVET the following analysis was conducted for the area, volume, and thickness separately. First, scanner was regressed out of the vertex measure. Then, receptive and expressive language scores were separately regressed against residual thickness, area, or volume with diagnosis, sex, age, and whole-brain volume as covariates. P-values for the effect of diagnosis were computed for each vertex and measures were computed and subject to FDR correction.

To examine if subcortical anatomy was associated with receptive and expressive structural language ability, we conducted a two-step regression analysis. These structures included the caudate and the subcomponents of the cerebellum. We first regressed scanner against subcortical structure volumes to obtain residual volumes. These residual volumes, as well as age, sex, whole brain volume, non-verbal IQ, and diagnosis, were entered as predictors into a second regression for receptive and expressive language scores. P-values were subject to FDR correction.

RESULTS

The regression analyses revealed that diagnosis uniquely predicted receptive, \( F_{(1,161)} = 11.00, p < 0.01 \), and expressive language scores, \( F_{(1,161)} = 10.53, p < 0.01 \), independent of age, sex and non-verbal IQ. Kruskal–Wallis post hoc comparisons revealed that the mean receptive language scores for the ASD and ADHD groups were not significantly different from one another, but were both significantly different from the TD group. Also, the mean expressive language scores for the ADHD and TD groups were not significantly different from one another but were both significantly different from the ASD group (Table 2).

The regression analyses revealed that after FDR correction, diagnosis was not a significant predictor of the thickness, area, or volume of the structures comprising the procedural memory network (Table 3). The whole-cortex vertex-wise analyses revealed associations between several cortical structures and receptive and expressive language scores independent of age, sex, whole brain area/volume, non-verbal IQ, and diagnosis (Table 4). Notably, the area and volume of the right superior frontal gyrus, right inferior frontal gyrus, and right middle frontal gyrus were significantly associated with both receptive and expressive language scores across ASD, ADHD, and TD groups (Figures 1, 2). The area of the left superior parietal gyrus, left inferior frontal gyrus, left superior frontal gyrus, left anterior cingulate and paracingulate gyri, left angular gyrus and the left middle and superior occipital gyri were only associated with expressive language scores across ASD, ADHD, and TD groups (Figure 1).

Further, regression analyses indicated that the caudate and subcomponents of the cerebellum, two of the most critical subcortical structures underlying the procedural memory

### Table 2 | Receptive and expressive language abilities across diagnostic groups.

| Characteristic       | ASD (N = 92) | ADHD (N = 26) | TD (N = 47) | \( p \)   | Post hoc comparisons |
|----------------------|--------------|--------------|-------------|---------|---------------------|
| **Receptive language** |              |              |             |         |                     |
| Mean (SD)            | 94.1 (19.3)  | 95.65 (15.7) | 108.1 (11.8) | <0.01   | ASD < TD            |
| Range                | 40–132       | 59–122       | 80–129      |         | ASD < TD            |
| **Expressive language** |              |              |             |         |                     |
| Mean (SD)            | 90.4 (20.5)  | 101.8 (13.7) | 107.2 (12.4) | <0.01   | ASD < ADHD          |
| Range                | 40–133       | 73–130       | 79–133      |         | ASD < TD            |
## Table 3

Thickness (mm), area (mm²), and volume (mm³) of structures of interest by diagnostic groups.

| Measure         | Structure of interest | ASD (N = 91) | ADHD (N = 26) | TD (N = 45) |
|-----------------|-----------------------|--------------|---------------|-------------|
| Thickness       | Inferior frontal gyrus| 3.7 (0.3)    | 3.6 (0.3)     | 3.7 (0.2)   |
|                 | Left opercularis      | 3.7 (0.2)    | 3.7 (0.2)     | 3.7 (0.2)   |
|                 | Right opercularis     | 3.7 (0.3)    | 3.7 (0.3)     | 3.7 (0.3)   |
|                 | Right triangularis    | 3.7 (0.3)    | 3.7 (0.3)     | 3.7 (0.2)   |
|                 | Supramarginal gyrus   | 3.7 (0.3)    | 3.6 (0.3)     | 3.6 (0.3)   |
|                 | Left                  | 3.7 (0.2)    | 3.7 (0.2)     | 3.7 (0.2)   |
|                 | Right                 | 3.7 (0.2)    | 3.7 (0.2)     | 3.7 (0.2)   |
| Area            | Inferior frontal gyrus| 1,482.1 (147.2)| 1,434.7 (136.8)| 1,464.8 (135.5)|
|                 | Left                  | 462.0 (64.2) | 444.5 (60.7)  | 480.2 (62.4) |
|                 | Right                 | 642.6 (68.1) | 630.3 (63.1)  | 630.5 (71.4) |
| Volume          | Whole brain           | 1,482.1 (147.2) | 1,434.7 (136.8) | 1,464.8 (135.5) |
| White matter    |                       | 462.0 (64.2) | 444.5 (60.7)  | 480.2 (62.4) |
| Cortical grey matter |                   | 642.6 (68.1) | 630.3 (63.1)  | 630.5 (71.4) |
| Subcortical grey matter |           | 102.7 (17.3) | 100.0 (18.4)  | 88.3 (16.9)  |
| Caudate         |                       | 3,708.1 (500.3) | 3,575.2 (576.4) | 3,703.4 (434.5) |
|                  | Left                  | 3,708.1 (500.3) | 3,575.2 (576.4) | 3,703.4 (434.5) |
|                  | Right                 | 3,708.1 (500.3) | 3,575.2 (576.4) | 3,703.4 (434.5) |
| Cerebellum      | I, II                 | 202.4 (58.2) | 203.6 (49.3)  | 213.6 (59.3) |
|                 | III                   | 557.4 (103.3) | 541.4 (63.2)  | 563.9 (80.8) |
|                 | IV                    | 1,784.9 (343.2) | 1,749.0 (260.2) | 1,882.7 (311.1) |
|                 | V                     | 3,864.1 (575.2) | 3,731.6 (420.4) | 3,974.3 (412.1) |
|                 | VI                    | 8,151.3 (1198.5) | 7,898.9 (784.4) | 8,254.6 (1127.0) |
|                  | Left                  | 3,708.1 (500.3) | 3,575.2 (576.4) | 3,703.4 (434.5) |
|                  | Right                 | 3,708.1 (500.3) | 3,575.2 (576.4) | 3,703.4 (434.5) |
|                  |                       | 1,482.1 (147.2) | 1,434.7 (136.8) | 1,464.8 (135.5) |
|                  |                       | 462.0 (64.2)   | 444.5 (60.7)   | 480.2 (62.4)   |
|                  |                       | 642.6 (68.1)   | 630.3 (63.1)   | 630.5 (71.4)   |
|                  |                       | 102.7 (17.3)   | 100.0 (18.4)   | 88.3 (16.9)    |
|                  | Left                  | 13,685.1 (1663.4) | 13,422.0 (1660.9) | 13,363.5 (1814.5) |
|                  | Right                 | 13,685.1 (1663.4) | 13,422.0 (1660.9) | 13,363.5 (1814.5) |
|                  |                       | 9,352.3 (1344.6) | 9,255.7 (1214.4) | 9,371.9 (1572.2) |
|                  | VIII                  | 4,272.3 (737.4) | 4,115.3 (486.6) | 4,114.7 (487.6) |
|                  | VIII A               | 5,593.0 (1015.5) | 5,348.1 (661.4) | 5,680.2 (779.0) |
|                  | VIII B               | 3,544.4 (605.7) | 3,450.5 (477.3) | 3,603.0 (497.7) |
|                  | IX                    | 3,578.2 (687.8) | 3,569.2 (714.1) | 3,481.4 (541.7) |
|                  | X                     | 518.0 (58.2)   | 493.8 (61.4)   | 517.5 (62.1)   |
|                  | Left                  | 202.4 (58.2)   | 203.6 (49.3)   | 213.6 (59.3)   |
|                  | III                   | 661.7 (124.0)  | 643.0 (76.8)   | 665.6 (118.2)  |
|                  | IV                    | 1,381.3 (261.3) | 1,361.2 (210.3) | 1,455.8 (240.4) |
|                  | V                     | 3,944.1 (611.3) | 3,794.8 (474.6) | 4,125.8 (522.3) |
|                  | VI                    | 8,640.0 (1243.6) | 8,564.2 (790.5) | 8,701.8 (1177.9) |
|                  |                       | 13,422.0 (1660.9) | 13,363.5 (1814.5) | 13,603.0 (2078.7) |
|                  | Left                  | 13,422.0 (1660.9) | 13,363.5 (1814.5) | 13,603.0 (2078.7) |
|                  | Right                 | 13,422.0 (1660.9) | 13,363.5 (1814.5) | 13,603.0 (2078.7) |
|                  |                       | 9,815.2 (1055.3) | 9,813.5 (1281.1) | 9,963.2 (1355.3) |
|                  |                       | 4,961.2 (670.9) | 4,926.0 (646.5) | 5,036.6 (646.5) |
|                  |                       | 4,406.0 (506.1) | 4,539.4 (550.9) | 5,036.6 (646.5) |
|                  |                       | 3,379.5 (441.2) | 3,517.5 (466.4) | 3,405.4 (479.5) |
|                  |                       | 3,372.5 (571.0) | 3,405.4 (479.5) | 3,405.4 (479.5) |
|                  |                       | 526.4 (51.9)    | 547.5 (86.0)    | 547.5 (86.0)    |
|                  | Left                  | 10,718.0 (1775.7) | 10,038.5 (1266.8) | 9,870.9 (1570.8) |
|                  | Right                 | 10,718.0 (1775.7) | 10,038.5 (1266.8) | 9,870.9 (1570.8) |
network, were not associated with receptive or expressive language scores.

**DISCUSSION**

This study aimed to explore the brain-behavior associations outlined by the PDH (Ullman and Pierpont, 2005) in children with ASD, ADHD and TD, which suggests that differences in the neural structures underlying procedural memory contribute to the structural language impairments observed in children with neurodevelopmental disorders including ASD and ADHD. To test this hypothesis: we (1) compared receptive and expressive language abilities; (2) compared the thickness, area, and volume of the neural structures underlying the procedural memory network; and (3) attempted to establish whether these neural structures were associated with structural language ability across children with ASD, ADHD, and TD.

Based on the PDH, we expected that receptive and expressive language abilities would differ between children with ASD, ADHD, and TD. Our analyses revealed that children with ASD and ADHD were comparable in their receptive language abilities, but were both significantly different from children with TD,

### TABLE 4 | Area (mm²) and volume (mm³) of structures with significant vertices that predict expressive and receptive language abilities across diagnostic groups.

| Measure | Language | Structure | Number of significant vertices |
|---------|----------|-----------|-------------------------------|
| Area    | Receptive| Right superior frontal gyrus  | 311                           |
|         |          | Right inferior frontal gyrus  | 265                           |
|         |          | Right middle frontal gyrus    | 98                            |
|         | Expressive| Left superior parietal gyrus  | 615                           |
|         |          | Right inferior frontal gyrus  | 345                           |
|         |          | Left inferior frontal gyrus   | 326                           |
|         |          | Right superior frontal gyrus  | 260                           |
|         |          | Left anterior cingulate and paracingulate gyri | 245 |
|         |          | Left angular gyrus            | 129                           |
|         |          | Right middle frontal gyrus    | 108                           |
|         |          | Left superior frontal gyrus   | 73                            |
|         |          | Left middle occipital gyrus   | 14                            |
|         |          | Left superior occipital gyrus | 6                             |
| Volume  | Receptive| Right inferior frontal gyrus  | 311                           |
|         |          | Right superior frontal gyrus  | 154                           |
|         |          | Right middle frontal gyrus    | 48                            |
|         | Expressive| Right inferior frontal gyrus  | 208                           |
|         |          | Right superior frontal gyrus  | 196                           |
|         |          | Right middle frontal gyrus    | 37                            |

**FIGURE 1 |** Brain regions where the cortical area is significantly associated with receptive (right) and expressive (left) language scores across diagnostic groups. Colored vertices depict t-statistics for the effect of the cortical area in vertex the specific regression where the vertex was significant after false discovery rate (FDR) correction.
who showed stronger receptive language abilities. This finding is consistent with previous studies that have reported structural language difficulties in the receptive domain in both ASD and ADHD populations (Tager-Flusberg, 2006; Sciberras et al., 2014). For expressive language abilities, however, children with ADHD and TD were comparable to one another, but were both significantly different from children with ASD, who showed weaker expressive language abilities. This finding is consistent with ADHD studies that have suggested that children with ADHD tend to show fewer challenges with expressive language relative to receptive language (e.g., Tannock and Schachar, 1996).

Next, we expected that the thickness, area, and volume of the neural structures comprising the procedural memory network would differ between children with ASD, ADHD, and TD. Our analyses yielded statistically non-significant group differences across the neural structures that comprise the procedural memory system. In the literature, results have varied. While some studies have reported differences in the inferior frontal gyrus as well as the caudate and cerebellum in ASD and ADHD relative to TD (Castellanos et al., 2002; Hill et al., 2003; Hollander et al., 2005; Langen et al., 2007; Valera et al., 2007), others have not (Pineda et al., 2002; Hazlett et al., 2005; Sussman et al., 2015). These findings could suggest that differences in thickness, area and volume do not exist across children with ASD, ADHD, and TD. However, a second and more likely explanation is that if only some children with ASD and ADHD exhibit structural language difficulties, there may not have been a sufficient number of those children in our sample to show potential group differences in the neural structures underlying the procedural memory network.

As a result, it is unclear whether differences in the structural properties (thickness, area, and volume) of the brain regions supporting the procedural memory system contribute to the structural language deficits observed across ASD and ADHD.

Lastly, we expected that the thickness, area, and/or volume of the brain structures underlying the procedural memory system would be associated with the structural language abilities of children with ASD, ADHD, and TD. Our analyses showed that several structures were associated with receptive and expressive language abilities across diagnostic groups. Four of these structures are linked to the procedural memory network: (1) the right frontal gyrus—superior, middle, and inferior; (2) the left superior and inferior frontal gyrus; and (3) the left superior parietal gyrus. These structures have well-established roles in language comprehension and production. The right inferior frontal gyrus is known to be involved in language processing, broadly speaking (Doyon et al., 1997; Conway and Christiansen, 2001; Ullman, 2004) and is, thus, consistent with our results that indicate that the area and volume of this structure predict both receptive and expressive language abilities. Its left homolog, however, the left inferior frontal gyrus, plays a more active role in the articulatory network, processing phonological information, which would explain why it surfaced as an exclusive predictor of expressive language ability (Holland et al., 2007; Kadis et al., 2008; Pang et al., 2011). The left superior parietal gyrus and the left superior frontal gyrus have both been linked to working memory (Boisgueheneuc et al., 2006; Koenigs et al., 2009). Working memory houses the phonological loop, which is said to process and temporarily store articulatory information (Baddeley
processing and production (Ardila et al., 2015) independent of
inferior frontal gyrus, have well-established roles in language
abilities only and not associated with receptive
language abilities. It is, therefore, not surprising that these
structures would also predict expressive language abilities.

The remaining structures that our analyses revealed were
associated with language abilities are not known to be part
of the procedural memory network. These structures include:
(1) the left angular gyrus; (2) the left superior and middle
occipital gyri; and (3) the left anterior cingulate and paracingulate
gyri. Some of these structures have been linked to language
phenomena, namely the left angular gyrus, the left superior
and middle occipital gyri. The left angular gyrus is commonly
associated with semantic processing of oral speech (Binder
et al., 2009) and is linked to the declarative memory network.
Language abilities that are not driven by rules or sequences,
such as lexical-semantic knowledge, are arguably supported by
the declarative memory system, an explicit long-term memory
system that forms, stores, and retrieves fact-based information.
This memory system is linked to lexico-semantic development
including vocabulary acquisition (Ullman, 2001, 2004; Ullman
and Pierpont, 2005). Given that some vocabulary is incorporated
within the listening comprehension and oral expression scales of
the OWLS-II, it is not surprising that we would find structures
associated with declarative memory also surface as predictors of
language abilities. Some studies have speculated that the middle
and superior occipital gyri are involved in identifying letters
and character sequences in word reading as well as transferring
that information to the left posterior superior temporal gyrus
(Wernicke’s area) for processing (Sakurai, 2004; Levy et al.,
2009). Furthermore, research has shown reduced activity in
at least the middle occipital gyrus in Dyslexia, a learning
disorder that primarily impairs the ability to read and write
(Paulesu et al., 2001).

The structures that are not typically related to language
processing, but were found to be associated with structural
language abilities include the areas of the anterior cingulate
and paracingulate gyri as well as the right superior and middle
frontal gyri. These structures have been linked to different
forms of executive function. Specifically, the anterior cingulate
and paracingulate gyri have been reported to be involved in
conflict resolution and resource allocation (Abutalebi et al., 2013;
Gennari et al., 2018). The right superior and middle frontal
gyri, on the other hand, have been reportedly involved with
reorienting attention (Japee et al., 2015) and response inhibition
(Aron et al., 2003). There is a growing evidence that executive
functions contribute to language processing (Kaushanskaya et al.,
2017) and is, therefore, not unusual that these structures
would be engaged while completing language tasks. It is, however,
unclear why these structures were associated with expressive
language abilities only and not associated with receptive
language abilities.

Our findings show that in the presence of group differences
in structural language, the neural structures that make up the
procedural memory network were not structurally different
across ASD, ADHD, and TD groups. Further, very few structures
that comprise the procedural memory network were associated
with structural language ability and those that did, like the
inferior frontal gyrus, have well-established roles in language
processing and production (Ardila et al., 2015) independent of
their role in procedural learning and as part of the procedural
memory system. Subcortical structures such as the caudate of
the basal ganglia and cerebellum, which arguably play critical roles in
procedural learning, were not associated with structural language
abilities across diagnostic groups. Based on these findings, it is
unclear whether procedural memory plays a fundamental role in
structural language learning in ASD, ADHD, and TD.

Limitations

Though these findings contribute to our understanding of the
procedural memory network in ASD and ADHD, there are
some limitations to consider. First, we did not use a measure of
procedural memory. The purpose of this study was to test the
PDH-derived hypothesis that differences in the neural structures
underlying procedural memory are related to differences in
structural language abilities. Generally, procedural memory
studies aim to make inferences about the state and function
of the neural correlates supporting procedural memory based
on performance on procedural memory tasks such as the serial
reaction time task. Here, we were able to make conclusions about
the structural parameters of these neural correlates because we
examined these structures directly.

Second, we did not consider the entire range of structural
language ability across ASD and ADHD. One of the study’s
inclusionary criteria was that participants were required to
have a non-verbal IQ standard score of 70 or above. This
would have preemptively narrowed our subset of children with
ASD and ADHD to children with mild to moderate structural
language impairments and left the majority of children with
severe structural language impairments out of our sample. Future
studies need to evaluate the impact that intellectual disability
has on the relationship between neural structures supporting
procedural memory and structural language ability.

CONCLUSIONS

This study is the first to test the procedural deficit hypothesis
(Ullman and Pierpont, 2005) in ASD, ADHD and TD by
comparing the structural language abilities, the neural
structures underlying the procedural memory network, and the
relationship between structural language and neural structure
across diagnostic groups. We found differences in receptive
and expressive structural language abilities but did not
find differences in the neural structures underlying the
procedural memory network in ASD, ADHD, or TD. Exploring
the relationships between structural language abilities and
neural structure revealed that the area and volumes of some
structures supporting the procedural memory network, namely
the inferior frontal gyrus and the superior parietal gyrus,
were associated with individual differences in expressive and
receptive structural language abilities across ASD, ADHD,
and TD. These findings provide some support for the
theoretical framework of the PDH, which suggests that structures
supporting procedural memory underlie structural language
learning. More importantly, however, our results inform our
understanding of the neural basis of language by revealing other
...
structures not traditionally associated with language learning in typical development and in ASD and ADHD.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the Research Ethics Boards at all sites. Written informed consent to participate in this study was provided by the participants’ legal guardian/next of kin.

AUTHOR CONTRIBUTIONS

TS: conceptualization and writing. CH: analysis and writing. JB, JC, RS, EK, XL, RN, and JL: conceptualization, writing, and reviewing. AI: data curation, writing, and reviewing, All authors contributed to the article and approved the submitted version.

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The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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