Quantitative Estimation of Permeability Surface-Area Product in Astroglial Brain Tumors Using Perfusion CT and Correlation with Histopathologic Grade

BACKGROUND AND PURPOSE: Glioma angiogenesis and its different hemodynamic features, which can be evaluated by using perfusion CT (PCT) imaging of the brain, have been correlated with the grade and the aggressiveness of gliomas. Our hypothesis was that quantitative estimation of permeability surface area product (PS), cerebral blood volume (CBV), cerebral blood flow (CBF), and mean transit time (MTT) in astroglial brain tumors by using PCT will correlate with glioma grade. High-grade gliomas will show higher PS and CBV as compared with low-grade gliomas.

MATERIALS AND METHODS: PCT was performed in 32 patients with previously untreated astroglial tumors (24 high-grade gliomas and 8 low-grade gliomas) by using a total acquisition time of 170 seconds. World Health Organization (WHO) glioma grades were compared with PCT parameter absolute values by using Student or nonparametric Wilcoxon 2-sample tests. Receiver operating characteristic (ROC) analyses were also done for each of the parameters.

RESULTS: The differences in PS, CBV, and CBF between the low- and high-grade tumor groups were statistically significant, with the low-grade group showing lower mean values than the high-grade group. ROC analyses showed that both CBV (C-statistic 0.930) and PS (C-statistic 0.927) were very similar to each other in differentiating low- and high-grade gliomas and had higher predictability compared with CBF and MTT. Within the high-grade group, differentiation of WHO grade III and IV gliomas was also possible by using PCT parameters, and PS showed the highest C-statistic value (0.926) for the ROC analyses in this regard.

CONCLUSIONS: Both PS and CBV showed strong association with glioma grading, high-grade gliomas showing higher PS and CBV as compared with low-grade gliomas. Perfusion parameters, especially PS, can also be used to differentiate WHO grade III from grade IV in the high-grade tumor group.

Quantifying tumor neoangiogenesis and neovascularity is important in predicting tumor grade, treatment options, treatment response, and prognosis because it appears to play a central role in the growth and spread of tumors. However, it has been difficult to assess tumor angiogenesis primarily because of the complexity of the microvascular environment of the tumors as well as because of limited resolution of the available clinical imaging tools. Microvascular density has been used as the gold standard to assess this because of its direct association with angiogenic growth factor expression, tumor growth, and occurrence of metastases. Increased vascular permeability has also been associated with malignant tumor microvessels and has been evolving as a surrogate marker of tumor angiogenesis and thus tumor grade. Higher permeability has been associated with higher tumor grade and has also been shown to decrease in response to antiangiogenic therapy due to decreased tumor growth predicting tumor response. Noninvasive measurement of vascular permeability has been done by using various MR perfusion techniques, which also have been correlated with glioma grading and treatment response. Perfusion CT (PCT) has been used for assessment of brain tumors and has a number of advantages over MR imaging techniques, the most important of which may be the linearity of signal-intensity change to tissue concentration of contrast agent, which may not be the case with MR perfusion. With PCT, multiple perfusion parameters such as permeability surface-area product (PS), cerebral blood volume (CBV), cerebral blood flow (CBF), and mean transit time (MTT) can be obtained with a single acquisition, which may be difficult with a single MR perfusion technique. Hence, in the present study, PCT was used to measure PS, CBV, CBF, and MTT in 32 patients with previously untreated gliomas; we hypothesized that glioma grade would be correlated with various perfusion parameters and high-grade gliomas would show higher PS and CBV as compared with low-grade gliomas.

Materials and Methods

Patient Population

Our Health Insurance Portability and Accountability Act–compliant study was approved by the institutional review board, and an informed consent was obtained from each participant before the study. Between January 2006 and February 2007, 40 patients with previously untreated or treatment-naïve gliomas underwent PCT. Eight patients with oligodendroglialomas were excluded from this analysis because oligodendroglialomas are known to have higher blood volume as compared with the astroglial tumors. Of 32 patients included in this study, 8 patients had low-grade gliomas (World Health Organization...
[WHO] grades I and II) and 24 patients had high-grade gliomas (WHO grades III and IV). In the high-grade group, 18 patients had glioblastoma multiforme and 6 patients had anaplastic astrocytomas (On-line Table). Twenty-seven patients underwent cytoreductive surgery (subtotal resection, 25; gross total resection, 2), and 5 patients had biopsies obtained from the tumor. All the histopathologic specimens were examined by a board-certified pathologist (I.G.) and were graded as per WHO guidelines. Ages of the patients ranged from 25 to 70 years (mean, 47.78 years), and there were 20 men and 12 women. All patients underwent PCT before any treatment except 13 patients who were on a stable dose of corticosteroids at the time of PCT examination. Tumor contrast enhancement was recorded on preoperative MR imaging for all patients (On-line Table). Tumor area was also measured on postcontrast T1-weighted images on the axial section showing the largest tumor dimensions and ranged from 4.24 to 35.37 cm² (mean, 14.35 cm²).

**Perfusion CT Technique**

Perfusion studies were performed by using 16-section (LightSpeed; GE Healthcare, Milwaukee, Wis) and 64-section (VCT, GE Healthcare) multidetector-row CT scanners in 11 and 21 patients, respectively. A noncontrast CT head scan was done to localize the region of interest before obtaining a perfusion scan. For the perfusion scan, 50 mL of nonionic contrast (Ioversol; Optiray 300 mg/mL, Mallinckrodt, St. Louis, Mo) was injected at a rate of 4 mL/s through a 20-gauge intravenous line by using an automatic power injector. At 5 seconds into the injection, a cine (continuous) scanning was initiated with the following technique: 80 kVp, 190–200 mA, and 1 second per rotation for a duration of 50 seconds. After the initial 50-second cine scanning, 8 more axial images were acquired, 1 image every 15 seconds for an additional 2 minutes, thus giving a total acquisition time of 170 seconds. Four 5-mm-thick axial sections were acquired with the 16-section CT scanner, which were reformatted into two 10-mm-thick sections, whereas for the 64-section CT scanner, eight 5-mm-thick axial sections were acquired, resulting in a total coverage area of 4 cm instead of 2 cm with the 16-section scanner. Perfusion maps of CBV, CBF, MTT, and PS were generated at an Advantage Windows workstation by using CT perfusion 3.0 software (GE Healthcare) and a 2-compartment model in all patients. We used the superior sagittal sinus as the venous output function in all patients and the artery with the greatest peak and slope on time-attenuation curves as the arterial input function. A region of interest was drawn within the confines of a large vessel, and this observation was used to help guide drawing the regions of interest placed on each CT section, trying to cover as much of the tumor as possible (ie, 2-cm coverage with the 16-section CT scanner and 4-cm coverage with the 64-section CT scanner).

**Permeability Surface-Area Product (PS)**

PS characterizes the diffusion of some of the contrast agent from the blood vessels into the interstitial space due to deficient or leaky blood-brain barrier (BBB). Permeability is related to the diffusion coefficient $K$ of the contrast agent in the assumed water-filled pores of the capillary endothelium. The diffusion flux of contrast agent across the capillary endothelium is dependent on both the diffusion coefficient and the total surface area of the pores. PS is computed from the impulse residue function (IRF). Contrast agent diffusion appears in the IRF as a residual enhancement that occurs after the initial impulse response and that decreases exponentially with time. The IRF is used to estimate the first-pass fraction of contrast agent that remains in the tissue, the extraction fraction, $E$.\(^5\) The extraction fraction is related to the rate at which contrast leaks out of the vasculature via the following relationship:

$$E = 1 - e^{-\frac{PS}{F}}$$

where $PS$ is the permeability surface-area product and $F$ is flow. The PS product has the same dimensions as flow, and thus the ratio $\frac{PS}{F}$ is dimensionless. In physiologic terms, $PS$ is the rate at which contrast agent flows into the extravascular tissues; it is related to another commonly stated parameter of vascular leakage, the transfer constant, by the following:

$$K^{trans} = EF,$$

where $K^{trans}$ is the transfer constant with, again, the same dimensions as flow. It is easily demonstrated that if $\frac{E}{F}$ $\leq$ 1, then $K^{trans} = PS$. In normal cerebral vasculature, $PS$ is negligible for all contrast agents presently in use.

**Perfusion CT Map Analysis**

Regions of interest were drawn on the PCT maps by 2 authors (R.J., S.K.E.) by consensus in all cases. MR images obtained before the PCT examination were evaluated for the size and the extent of the tumor on the basis of enhancing or nonehancing solid and necrotic/cystic parts, and this observation was used to help guide drawing the regions of interest on PCT maps. Regions of interest were manually drawn to include the solid portions of the tumor, taking care not to include necrotic/cystic parts of the tumor, especially in higher grade tumors, and also by avoiding any major cortical vessels on each axial CT section. Absolute values and SDs of various perfusion parameters, such as PS (milliliters per 100 grams per minute), CBV (milliliters per 100 grams), CBF (milliliters per 100 grams per minute), and MTT (seconds) within the tumoral region of interest were recorded. We obtained means of these parameters from all the regions of interest placed on each CT section, trying to cover as much of the tumor as possible (ie, 2-cm coverage with the 16-section CT scanner and 4-cm coverage with the 64-section CT scanner).

**Statistical Analysis**

Descriptive statistics (means and SDs) for each parameter were computed for the different tumor groups. The tumor groups were compared by using Student or nonparametric Wilcoxon 2-sample tests. In addition, receiver operating characteristic (ROC) analyses were done

| Group (No. of patients) | PS (mL/100 g/min) | CBV (mL/100 g) | CBF (mL/100 g/min) | MTT (s) |
|------------------------|-------------------|----------------|-------------------|--------|
| Low grade (8)          | 0.52 (0.15)       | 0.95 (0.22)    | 27.0 (8.3)        | 4.24 (1.42) |
| High grade (24)        | 2.37 (1.40)       | 2.79 (1.20)    | 62.0 (73.7)       | 4.67 (1.37) |
| $P$ value              | < .001            | < .001         | .0224             | 564    |
| C-statistic            | 0.927             | 0.930          | 0.849             | 0.573  |

ROC indicates receiver operating characteristic; PS, permeability surface-area product; CBV, cerebral blood volume; CBF, cerebral blood flow; MTT, mean transit time.
to compute the area under the curve (C-statistic) for each of the parameters. This statistic can help assess which parameter is the best in differentiating between different grades of glioma; the higher the C-statistic, the better is the predictability of the parameter.

Results

Low-Grade Versus High-Grade Gliomas

Table 1 contains the results for the 2 groups (Fig 1). The differences in PS, CBV, and CBF between the 2 groups were statistically significant, with the low-grade tumor group showing a lower mean value for all parameters than the high-grade group (Figs 2 and 3). However, the difference in MTT between the 2 groups was not statistically significant. ROC analyses showed that both CBV (C-statistic 0.930) and PS (C-statistic 0.927) were very similar to each other in differentiating low- and high-grade gliomas and had higher predictability compared with CBF (C-statistic 0.849) and MTT (C-statistic 0.573).

Grade III Versus Grade IV Gliomas

Within the high-grade group differentiation into grade III and grade IV gliomas also could be done by using the perfusion parameters. PS showed the highest C-statistic value (0.926) for the
ROC analyses, suggesting the highest predictability in differentiating grade III from grade IV as compared with other parameters (Table 2).

Nonenhancing Versus Enhancing Grade III, Nonenhancing Grade III Versus Low Grade, and Enhancing Grade III Versus Grade IV Gliomas

Out of 6 grade III gliomas, images of 3 patients showed contrast enhancement on MR imaging, and those of 3 patients did not show any contrast enhancement. Enhancing grade III gliomas (Fig 4 and Table 3) had a higher mean PS (1.61 versus 0.46; P value, .011), mean CBV (2.77 versus 0.88; P value, .029), mean CBF (51.7 versus 26.1; P value, .055), and also a higher mean MTT (5.96 versus 3.23; P value, .012) as compared with nonenhancing grade III gliomas (Fig 5 and Table 3). However, no statistically significant differences were seen as far as differentiating low-grade gliomas, none of which showed any contrast enhancement (On-line Table), from nonenhancing grade III gliomas on the basis of PCT parameters. Similarly in differentiating enhancing grade III from grade IV gliomas, suggesting the highest predictability in differentiating grade III from grade IV as compared with other parameters (Table 2).
grade IV gliomas, all of which showed contrast enhancement, only PS showed borderline statistical significance (P value, .052), and the rest of the perfusion parameters did not show any statistically significant difference (Table 3).

Discussion

Tumor Vascular Permeability: Common Facts and Their Importance

It is a common fact that tumor blood vessels have defective and leaky endothelium. Hypoxia or hypoglycemia that occurs in rapidly growing tumors increases the expression of vascular endothelial growth factor (VEGF), which is not only a potent angiogenic factor but also a potent permeability factor.24,25 VEGF leads to the development of neoangiogenic vessels, which are immature and tortuous26,27 and also have increased permeability to macromolecules due to large endothelial cell gaps, incomplete basement membrane, and absent smooth muscle.28 These abnormal tumor vessels can be used as potential markers to assess the tumor grade. Grading of gliomas is important from the perspective of treatment and patient prognosis. The current standard for tumor grading is histopathologic assessment of tissue, which has inherent limitations, such as sampling error, interobserver variation, and a wide variety of classification systems that are available, of which the most commonly used is the WHO grading system.29,30 Thus in vivo assessment of the complex and heterogeneous vascular microenvironment for preoperative grading of gliomas,33-35 and can also help on the imaging technique and the mathematic model that is used with PCT. In the present study, the acquisition time of 170 seconds could also explain the higher values that we obtained because this scanning sequence was optimized to include delayed permeability as also described previously. Gliomas, particularly high-grade gliomas, can have extremely variable and heterogeneous blood flow due to the complex tumor vasculature, which can influence permeability.42,43,46 Other factors that can also influence permeability include luminal surface area and interstitial, hydrostatic, and osmotic pressure across the endothelium. Slow blood flow or low osmotic gradients, which can occur in high-grade tumor with a lot of vasogenic edema and also in the central parts of large tumors, can lead to a larger component of delayed permeability, requiring longer acquisition times. In the present study, we used an acquisition time of 170 seconds to measure delayed permeability. Quantification of vessel permeability with various perfusion imaging techniques requires 2 or more compartment pharmacokinetic models with an arterial input function, making these studies more complex than CBV estimation,47 and is dependent on the imaging technique and the mathematic model used. Postgadolinium T1-weighted MR imaging gives a rough estimate of the disruption of the BBB and has been used in the past for quantitative estimation of permeability, but dynamic imaging acquisition provides a better estimate of vascular permeability.47 Dual-echo gradient-echo perfusion-weighted imaging48 is based on a simple 2-compartment kinetic model49 and has more recently been used to measure vascular permeability and to estimate correctly blood volume in brain tumors with deficient or absent BBB. There are several studies that have found a correlation between increased vascular permeability and higher tumor grade.5,10,33-35 However, MR perfusion techniques have certain limitations because of the nonlinear relationship of the signal intensity with the contrast, both for dynamic contrast-enhanced imaging with T1-weighting18-20,50 and for dynamic susceptibility contrast imaging
with T2- or T2*-weighting. In the latter case, if the contrast agent remains intravascular, the method is widely accepted as a relative estimate of CBF and CBV, though there is a possibility for artifacts because of difficulties in assessing the shape and timing of the arterial input function.51-57

In the event that substantial leakage of contrast agent from intra- to extravascular space takes place, a strong and competing T1 contrast effect is often noticed in areas of pathology because of the necessity of short (approximately 1 second) repetition times needed to estimate CBF. As a first-order tactic to minimize the competing T1 contrast, preloading with contrast agent has been proposed,49 with some success. However, this approach does not allow an estimate of $K^{\text{trans}}$. An alternative has also been proposed.58 To decrease the T1 effect, this approach used a slower TR, lengthening the TR of the experiment and undermining the estimation of CBF, thus yielding only estimates of CBV and $K^{\text{trans}}$. A further refinement, allowing the estimate of blood volume and producing an index of transfer constant, has been suggested,49 and a dual-echo gradient-echo sequence48 also shows some potential for an index of blood volume and transfer constant. Despite the partial success of these rapid imaging studies, in contrast to CT perfusion, there does not appear to be an MR imaging technique that will reliably quantify CBF, CBV, and $K^{\text{trans}}$ in 1 experiment. Another major disadvantage of MR perfusion is susceptibility artifacts due to hemorrhage and various mineral depositions, which can be a major issue in posttreatment tumor patients.

**Relationship Between Glioma Grade and Perfusion CT Parameters**

In the present study, we could differentiate the high-grade tumor group into grade III and grade IV on the basis of perfusion parameters (Table 2), and especially PS showed a stronger association (P value < .001) with glioma grade than CBV, CBF, or MTT. This is in keeping with the current WHO guidelines of including microvascular proliferation as a diagnostic criterion of grade IV but not for grade III astrocytic tumors. Increased angiogenesis in grade IV tumors is characterized by an increased number and density of vessels as compared with grade III astrocytic tumors.59 Grade IV tumor vessels are especially characterized by disproportionate lengthening, increased pliability, and irregular shape,59 which can explain the difference in perfusion parameters for grade IV as compared with grade III tumors.

Within the WHO grade III group, 3 patients had nonenhancing infiltrative tumors, whereas 5 patients showed contrast enhancement on MR imaging. Nonenhancing grade III tumors showed lower mean PS, CBV, and CBF as compared with the enhancing grade III group (Table 3). This difference is probably due to more microvascular density and proliferation seen in enhancing tumors as compared with the nonenhancing group. This could have prognostic implications because the enhancing grade III tumors that show higher PS, CBV, and CBF may be more aggressive, with a higher recurrence rate and shorter survival periods as compared with the nonenhancing grade III, which remains to be determined. The present study is limited because the number of patients in these 2 subgroups is small, and it also does not have survival or follow-up data.

It is possible to underestimate the grade of nonenhancing tumors solely on the basis of morphologic imaging features. The perfusion parameters, which are primarily based on estimation of microvascular proliferation and tumor neangiogenesis, also may not help in such a scenario. In the present study, we did not find any statistically significant difference of any of the perfusion parameters for differentiating nonenhancing grade III gliomas from low-grade gliomas (WHO grades I and II), all of which did not show any contrast enhancement. This could be explained by the fact that the only difference between these groups was presence or absence of mitosis by WHO grading criteria, and most of these nonenhancing grade III gliomas showed very little microvascular proliferation. For differentiating enhancing grade III gliomas from grade IV, only PS showed a borderline statistical significance; however, the present analysis is also limited by the small number of enhancing grade III gliomas. This potential role of PS in differentiating these 2 groups is probably based on the difference and complexity of angioarchitecture.59

**Limitations of the Study**

Limitations of the study include: 1) a relatively small sample size, 2) questionable reproducibility of absolute perfusion CT parameters by using different arterial input and venous output functions, 3) surgical sampling error could be another potential limitation particularly in cases in which the histologic specimen was obtained with biopsy only, and 4) steroids can also influence the perfusion parameters, particularly PS, and only 13 out of 32 patients in the present study were on a stable dose of corticosteroids at the time of PCT examination.

**Conclusions**

Perfusion CT can be used with a longer acquisition time to measure PS, including delayed permeability in gliomas. Both PS and CBV have shown strong association with glioma grading. These 2 perfusion parameters may be measuring 2 slightly different aspects of tumor microvasculature and may also provide different information about tumor biology. Further long-term and larger studies will be required to investigate which perfusion parameter correlates better with treatment outcome and prognosis. Perfusion parameters also can be used to differentiate grade III from grade IV in the high-grade tumor group, with PS showing slightly stronger association as compared with CBV and CBF in the present study. CT perfusion parameters provide physiologic information, which may supplement conventional morphologic imaging in predicting glioma grade and may also be useful in assessing response to various therapies in the future.

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