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Dodelson-Widrow Mechanism in the Presence of Self-Interacting Neutrinos

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keV-scale gauge-singlet fermions, when allowed to mix with the active neutrinos, are elegant dark matter (DM) candidates. They are produced in the early Universe via the Dodelson-Widrow mechanism and can be detected as they decay very slowly, emitting x-rays. In the absence of new physics, this hypothesis is virtually ruled out by astrophysical observations. Here, we show that new interactions among the active neutrinos allow these sterile neutrinos to make up all the DM while safely evading all current experimental bounds. The existence of these new neutrino interactions may manifest itself in next-generation experiments, including DUNE.

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A fourth neutrino $\nu_4$ with mass around the keV scale is an attractive dark matter (DM) candidate. Other than its mass $m_4$, $\nu_4$ is characterized by a small active-neutrino component, parametrized by a mixing angle $\theta$. Even in the case where the new interaction eigenstate $\nu_4$ has no standard model (SM) quantum numbers and the mixing angle is tiny, nonzero values of $\theta$ allow for the nonthermal production of $\nu_4$ via neutrino oscillations in the early Universe. Dodelson and Widrow showed that, with judicious choices of $m_4$ and $\theta$, $\nu_4$ can make up 100% of the DM [1]. The same physics—$\theta \neq 0$—allows for the $\nu_4$ to decay, very slowly, into light neutrinos plus a photon [2]. This renders this scenario falsifiable since one predicts the existence of an x-ray line from regions of the Universe where DM accumulates.

In more detail, $\nu_4$ is a linear combination of $\nu_\alpha$ and $\nu_\beta$ ($\alpha$ for active), the latter a linear combination of the standard model interaction-eigenstates $\nu_e$, $\nu_\mu$, $\nu_\tau$.

$$\nu_4 = \cos \theta \nu_\alpha + \sin \theta \nu_\beta.$$  \hspace{1cm} (1)

We will be interested in the limit $\theta \ll 1$ and will refer to $\nu_4$ (and $\nu_\beta$) as the “sterile” neutrino whenever the usage of the term does not lead to any confusion.

In a nutshell, the Dodelson-Widrow (DW) mechanism works as follows. In the early Universe, the active neutrinos are in thermal equilibrium with the other SM particles, whereas the sterile neutrino is out of equilibrium and assumed to have negligible initial abundance. The weak-interaction eigenstates $\nu_\alpha$ are constantly produced and propagate freely in the plasma for a time interval $t$ before they are “measured” by another weak-interaction reaction. If this interval is long enough for neutrino oscillations to occur, the state $\nu(t)$ is no longer identical to its initial state and develops a $\nu_4$ component. When a “measurement” occurs, there is a small probability that the neutrino will collapse into a sterile state and, for the most part, remain in that state thereafter. This process occurs until the active neutrinos decouple from the rest of the Universe and one is left with a relic population of sterile neutrinos.

In the absence of new physics, this elegant mechanism is in tension with various current astrophysical observations. A very light sterile-neutrino dark matter is inconsistent with various cosmological observations on small scales. A conservative limit $m_4 \gtrsim 2$ keV arises from phase space density derived for dwarf galaxies [3–6]. This lower limit could be further improved by Lyman-$\alpha$ forest observations up to $\sim 30$ keV [7]. Moreover, for $m_4 > 2$ keV, the mixing angle $\theta$ required so that $\nu_4$ makes up all of the DM leads to enough x-ray radiation from $\nu_4$ decays that it should have been observed by x-ray telescopes in the last decade [8–12]. On the other hand, the unidentified 3.5 keV photon line [13,14] might be interpreted as evidence for decaying sterile-neutrino DM. This interpretation, however, favors mixing angles that are small enough that the $\nu_4$ does not make up all of the DM.

A popular new-physics solution to alleviate the tension highlighted above is to postulate the existence of a large lepton-number asymmetry in the Universe [15].
This hypothesis is, in general, difficult to test unless the asymmetry is really large, while it does not explain why the lepton asymmetry is much larger than the baryon asymmetry. In this Letter, we propose a new, experimentally testable sterile-neutrino-dark-matter production mechanism. We introduce a light scalar particle that mediates self-interactions among the active neutrinos. These new interactions enable the efficient production of sterile neutrinos in the early Universe via the DW mechanism and allow one to resolve all the tensions in a straightforward way. The existence of the new interactions is testable; part of the allowed parameter space will be probed at future neutrino experiments, including DUNE [16].

Concretely, we add the following interaction term involving SM neutrinos:

$$\mathcal{L} \supset \frac{\lambda_{\phi}}{2} \nu_{\alpha} \nu_{\beta} \phi + \text{H.c.},$$

where $\phi$ is a complex scalar with mass $m_{\phi}$ and we are only interested in the interactions with $\nu_{\alpha}$, the linear combination of active neutrinos that mix with $\nu_{\beta}$. For the remainder of this Letter, we only consider the effective two-neutrino $\nu_{\alpha} - \nu_{\beta}$ system. SM gauge invariance of the new interaction can be restored with the insertion of the vacuum expectation value of the Higgs field. The operator can be further embedded in reasonable ultraviolet-complete models [17–19].

The equation that describes the evolution of the sterile neutrino population as a function of time, for fixed neutrino energy $E \equiv xT$, where $T$ is the temperature of active neutrinos, is [1,20,21]

$$\frac{df_{\nu_\alpha}}{dz} = \frac{\Gamma \sin^2 \theta_{\text{eff}}}{4 \text{ Hz}} f_{\nu_\alpha}, \quad (3)$$

$$\sin^2 \theta_{\text{eff}} \approx \frac{\Delta^2 \sin^2 \theta}{\Delta \sin^2 \theta + \Gamma^2/4 + (\Delta \cos \theta - V_T)^2}. \quad (4)$$

Here, $f_{\nu_\alpha}(x,z)$ is the phase-space distribution function of the sterile neutrino, and we define the dimensionless evolution variable $z \equiv \mu/T$, where $\mu \equiv 1$ MeV. We restrict our discussions to $m_{\phi} \lesssim 1$ MeV. $\Gamma$ is the total interaction rate for the active neutrino, $\theta_{\text{eff}}$ is the effective active-sterile neutrino mixing in the early Universe, and $H$ is the Hubble rate. $f_{\nu_\alpha}$ is the usual Fermi-Dirac thermal distribution function for the active neutrinos. $\Delta \equiv m_{\phi}^2/(2E)$ is

$$V_T^\phi (E, T) = \frac{\lambda_{\phi}^2}{16 \pi^2 E^2} \int_0^{\infty} dp \left[ \frac{m_{\phi}^2 p^2}{2 E} L_+^\phi (E, p) - \frac{4 p^2 E^2}{\omega} \right] \frac{1}{e^{\omega/T} - 1} + \frac{m_{\phi}^2}{2} \frac{L_1^\phi (E, p) - 4 E p}{e^{\omega/T} + 1},$$

$$L_+^\phi (E, p) = \ln \frac{4 p E + m_{\phi}^2}{4 p E - m_{\phi}^2}, \quad L_1^\phi (E, p) = \ln \frac{(2 p E + 2 E \omega + m_{\phi}^2)(2 p E - 2 E \omega + m_{\phi}^2)}{(-2 p E + 2 E \omega + m_{\phi}^2)(-2 p E - 2 E \omega + m_{\phi}^2)}. \quad (7)$$

In contrast, a light $\phi \left(T \gtrsim m_{\phi}\right)$ can be directly produced in the plasma and neutrinos mainly self-interact through the decay and inverse decay of $\phi$, with

$$\Gamma_{\phi} \approx \frac{\lambda_{\phi}^2 T^2}{16 \pi^2 \mu E^3} \left[ \frac{\pi^2}{6} + \ln(1 + e^{\omega}) + \frac{\omega^2}{2} \right]. \quad (6)$$

where $\omega = m_{\phi}^2/(4 E T)$; see the Supplemental Material [22] for details. The total rate $\Gamma$ is the sum of $\Gamma_{\phi}$ to the SM interaction rate, $\Gamma_{\text{SM}} \sim G_F E T^4 \left[ 20,21 \right]$. The thermal potential $V_T$ receives contributions from SM weak interactions, $V_T^{\text{SM}} \sim G_F E T^4 / M_W^2 \left[ 20,21 \right]$, where $G_F$ is the Fermi constant, and from the new neutrino interaction. For generic mass $m_{\phi}$, the contribution from the new interaction is [23,24]:
where $\omega = \sqrt{p^2 + m^{2}_\nu}$. This potential takes the asymptotic form $V^\phi_f = \frac{7\pi^2 \lambda^{2}_\phi E T^4}{(90m^{4}_\phi)}$ for $m_\phi \gg T$, and $V^\phi_f = \frac{\lambda^{2}_\phi T^2}{(16 E)}$ for $m_\phi \ll T$ [25,26].

We numerically integrate Eq. (3) up to $z \sim 10$. Note that, at this temperature, the relativistic approximation is no longer strictly valid for neutrinos heavier than 100 keV; however these neutrinos are produced much earlier, and hence our calculation still holds. The yield $Y_\nu$ is given by the ratio $n_\nu / s$, where $s$ is the entropy density of the Universe at $z = 10$. The sterile neutrino relic density today can then be written as $\Omega = Y_\nu s_0 m_4 / p_0$, where $s_0 = 2891.2$ cm$^{-3}$ is the entropy density today, and $p_0 = 1.05 \times 10^{-5}$ h$^{-2}$ GeV/cm$^3$ is the critical density. We identify the points in the parameter space where $\nu_4$ account for all of the DM. These are depicted in Fig. 2, for fixed $m_4 = 7.1$ keV, $\theta = 4 \times 10^{-6}$, and $a = \mu$on flavor. Figure 2 reveals that the DM-abundance constraint is satisfied along the “S-shaped” orange curve.

To understand the shape of the orange curve in Fig. 2, we enlarge three specific points, labeled by A (green), B (red), and C (blue). It is possible to derive the dependence of $\Omega$ on the model parameters by exploiting the behavior of the right-hand side of Eq. (3) in some limiting cases. We define $z_0$ as the time when $\Delta \approx |V_f|$, $\Gamma$, after which the effective mixing angle $\theta_{\text{eff}}$ for $\nu_4$ production is no longer suppressed relative to the vacuum angle $\theta$. We also define $z_1 = \mu / m_\phi$ as the time when $\phi$ becomes heavy relative to the temperature of the Universe. For case A, sterile neutrinos are mainly produced through the scattering of active neutrinos [Fig. 1(left)]. In this case, $df_{\nu_4} / dz \propto z^8$ for $z < z_0$, and $df_{\nu_4} / dz \propto z^{-4}$ for $z > z_0$, which implies that $\nu_4$ is mainly produced around the time $z \sim z_0$. The resulting relic density is $\Omega \propto \lambda^{2}_\phi \theta^{2} m_{4}/m^{2}_\phi$. This behavior is depicted by the dotted green line in Fig. 2(left). For cases B and C, where $\lambda_{\phi} \ll 1$, $\nu_4$ is mainly produced through the decay of on-shell $\phi$ [Fig. 1(right)] while it is still light and well populated in the thermal plasma ($z < z_1$). One can estimate that $z_0 \sim 10^{-2}(\lambda_{\phi}/10^{-5})$ (keV/m$_4$). For case C, $z_0 < z_1$ and $\nu_4$ is dominantly produced during the epoch $z_0 < z < z_1$, where $df_{\nu_4} / dz$ is approximately independent from $z$. The resulting $\Omega \propto \lambda^{2}_\phi \theta^{2}/m^{2}_\phi$ corresponds to the blue dotted line in Fig. 2(left). In this case, the effective mixing angle $\theta_{\text{eff}}$ is close to the vacuum one, $\theta$. In contrast, case B has a relatively larger $\lambda_{\phi}$, thus $z_0 > z_1$, and $\nu_4$ is mostly produced while the effective mixing angle is still suppressed due to thermal effects ($\theta_{\text{eff}} \ll \theta$), leading to $df_{\nu_4} / dz \propto z^4$ during the epoch $z < z_1$. As a result, $\Omega \propto m^{2}_4 \theta^2/(\lambda^{2}_\phi m^{2}_\phi)$ corresponds to the red dotted line in Fig. 2(left).

The $z$ dependence of $df_{\nu_4} / dz$ for cases A, B, and C, defined above, is depicted in Fig. 3. The values of $\theta$ and $m_4$ are identical to the ones in Fig. 2 and we concentrate on $x = 1$ ($E = T$). Fig. 3 allows one to identify the dominant sterile-neutrino-production epoch for each case. The black curve, labeled DW for the original Dodelson-Widrow scenario, is the result obtained in the absence of new neutrino interactions. In cases A and B, the effective Fermi constant $G_{\text{eff}} = \lambda^{2}_\phi / m^{2}_\phi$ is much larger than $G_F$ and the new
self-interaction at high temperatures enhances—relative to the SM—the thermal potential $V_T$, suppressing the effective mixing angle $\theta_{\text{eff}}$. As a result, the onset of sterile-neutrino production in cases A and B is delayed relative to that in the to the SM. Meanwhile, the new interaction is able to keep the active neutrino in thermal equilibrium for a longer period of time, relative to the SM case. [The extra peak around $z \sim 0.007$ on the red curve (case B) is due to an accidental resonant effect when $\Delta \cos 2\theta = V_T$ in the denominator of Eq. (3).

Some of the new-physics parameter space can be explored in the laboratory. For example, Fig. 2(right) depicts (green shaded region) the region of parameter space ruled out by searches for $K^+ \rightarrow \mu^+\bar{\nu}_\mu + (\phi \rightarrow \nu\nu)$ [27], assuming $a$ is the muon flavor. If $m_\phi$ is below a few MeV [blue shade region in Fig. 2(right)], $\phi$ production will significantly modify the expansion rate of the Universe and affect the success of big bang nucleosynthesis (BBN) [28]. Cosmological observations sensitive to the neutrino free-streaming length can be inferred from the CMB and translate into weaker bounds ($\lambda_\phi \gtrsim m_\phi/30$ MeV) on the parameter space [17]. A light mediator $\phi$, as discussed in [17,18], will be radiated during neutrino-matter interactions and will manifest itself as missing transverse momentum in fixed-target neutrino-scattering experiments. DUNE is expected to be sensitive to the parameter space above the thick green curve in Fig. 2(right). Hence, for this value of $m_4$ and $\theta$, DUNE will be able to directly test some of the parameter space ($\lambda_\phi \gtrsim 10^{-2}$) where the sterile neutrinos account for all of the DM. Other neutrino beam experiments sensitive to such $\phi$ emission have been discussed at length in [17].

Another imprint of the new neutrino interaction lies in the energy spectrum of the sterile-neutrino dark-matter, depicted in Fig. 4 for cases A, B, and C. Case B yields the hardest spectrum and hence the warmest DM, while in case C the DM energy spectrum is the coolest. Different dark-matter spectra correspond to different free-streaming lengths in the early Universe and may lead to identifiable features in small-scale structure observables such as the Lyman-$\alpha$ forest [29,30].

FIG. 3. Differential sterile neutrino production rate in the early Universe, for the points A, B, and C, labeled in Fig. 2. DW is the case of no neutrino interactions other than the ones in the SM.

FIG. 4. Energy spectra of the sterile-neutrino dark-matter for cases A, B, and C, labeled in Fig. 2. DW is the case of no neutrino interactions other than the ones in the SM.

FIG. 5. Region of the $m_4$ vs $\sin^2 2\theta$-parameter space where one can find values of $(\lambda_\phi, m_\phi)$ such that the sterile neutrino, produced via the DW mechanism, accounts for all the DM. The colored-shaded region has been excluded by searches for an excess of x-rays from DM-rich regions (blue) [8–12] and small-scale structure observations (green) [3,4]. The small-scale structure bounds are also consistent with the bounds arising out of free-streaming considerations of the sterile neutrinos [31]. The reach of the KATRIN experiment [32] is shaded in purple.

FIG. 5. Region of the $m_4$ vs $\sin^2 2\theta$-parameter space where one can find values of $(\lambda_\phi, m_\phi)$ such that the sterile neutrino, produced via the DW mechanism, accounts for all the DM. In the absence of new neutrino interactions, one is confined to the black line. The solid, shaded regions of parameter space are excluded by x-ray (blue) and small-scale scale (green) observations, while the purple region indicates the expected sensitivity of KATRIN. In the hatched regions (red) there are no allowed values of $(\lambda_\phi, m_\phi)$ where the sterile neutrino makes up all the DM. The point with error bars corresponds to assigning the unidentified 3.5 keV x-ray line to DM sterile-neutrino decay [13].
of parameter space where sterile neutrinos account for all
the DM in the absence of new neutrino interactions. It is,
for the most part, in severe tension with existing astro-
physical constraints. In contrast, when we “turn on” the
new neutrino interactions in Eq. (2), the viable parameter
space expands into the region between the two hatch-
shaded regions (red). Some of the region above the DW
line is now allowed, which is due to destructive inter-
ference between the SM and the new-interaction contri-
butions to the thermal potential. After imposing the
existing constraints from x-ray and dwarf galaxy obser-
vations, for any point in the empty (white) region, there is
a family of values of \((\lambda_\phi, m_\phi)\) that lead the sterile neutrino
to account for all the DM. The lower bound on \(\theta\) as a
function of \(m_\phi\) is associated with the strong lower bound
on \(m_\phi\) from BBN, depicted in Fig. 2(right). The keV
sterile neutrino parameter space can also be strongly
constrained from anomalous energy-loss arguments from
SN1987A [33].

Figure 5 reveals that the presence of the new neutrino
interaction extends the allowed parameter from a narrow
line to a broad band. Some of the extended parameter space
will be challenged by the next generations of x-ray
observations [34], but we expect some of the parameter
space associated to the smallest mixing angles will remain
available even in the absence of a discovery from these
astrophysical probes. On the other hand, for those values of
\(\theta\), one requires new neutrino interactions that are stronger
than what is depicted in Fig. 2 and hence searches at future
laboratory experiments, including DUNE, are expected to
play a nontrivial role.

It is amusing that a new interaction that acts exclusively
on the active neutrinos can enhance the production of sterile
neutrinos in the early Universe via the DW mechanism.
While here we concentrated on the scalar interaction
Eq. (3), we speculate that similar results would arise from
different types of neutrino self-interactions, including those
mediated by a new gauge boson which couples to the active
neutrinos. These are associated to slightly different phe-
nomenological and model-building challenges. We also
note that the impact of new interactions involving the
sterile neutrino to the dynamics of these light fermions in
the early Universe—different from what we are discussing
here—have been explored in [25,35–41].

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