### Narrative Review Checklist

| Section/Topic | Item No | Item |
|---------------|---------|------|
| TITLE         |         |      |
| Title         | 1       | Identify the report as a Narrative Review of … |
| ABSTRACT      |         |      |
| Unstructured summary | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. |
| INTRODUCTION  |         |      |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. |
| METHODS       |         |      |
| Research selection | 5       | Specify the process for identifying the literature search (e.g., years considered, language, publication status, study design, and databases of coverage). |
| DISCUSSION/SUMMARY |         |      |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. |

**Reported on Page Number/Line Number**
- Title: Page 2, line 45 (abstract)
- Abstract and Introduction: Page 2
- Rationale/background: Page 3, line 65-74
- Introduction: Page 3, line 72-74
- Search strategy: Page 3, line 76-832
- Main text; all subchapters: Page 3-14
- Conclusion: Page 14-15, line 351-362

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

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