Clinical and molecular practice of European thoracic pathology laboratories during the COVID-19 pandemic. The past and the near future

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Available online 2 December 2020

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Background: This study evaluated the consequences in Europe of the COVID-19 outbreak on pathology laboratories orientated toward the diagnosis of thoracic diseases.

Materials and methods: A survey was sent to 71 pathology laboratories from 21 European countries. The questionnaire requested information concerning the organization of biosafety, the clinical and molecular pathology, the biobanking, the workload, the associated research into COVID-19, and the organization of education and training during the COVID-19 crisis, from 15 March to 31 May 2020, compared with the same period in 2019.

Results: Questionnaires were returned from 53/71 (75%) laboratories from 18 European countries. The biosafety procedures were heterogeneous. The workload in clinical and molecular pathology decreased dramatically by 31% (range, 3%-55%) and 26% (range, 7%-62%), respectively. According to the professional category, between 28% and 41% of the staff members were not present in the laboratories but did teleworking. A total of 70% of the laboratories developed virtual meetings for the training of residents and junior pathologists. During the period of study, none of the staff members with confirmed COVID-19 became infected as a result of handling samples.

Conclusions: The COVID-19 pandemic has had a strong impact on most of the European pathology laboratories included in this study. Urgent implementation of several changes to the organization of most of these laboratories, notably to better harmonize biosafety procedures, was noted at the onset of the pandemic and maintained in the event of a new wave of infection occurring in Europe.

Key words: COVID-19, pathology, biosafety, lung cancer, activity

INTRODUCTION

After the initial emergence of the infection in China in early 2020, the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) virus spread to Europe in February 2020, first to Italy and then rapidly in March-April 2020 to all European countries, notably to Spain, France, Belgium and the United Kingdom. None of the countries of the European Union were spared infection, and as of March-May 2020, Europe was declared as the epicenter of the world pandemic (https://www.euro.who.int/en/health-topics/health-emergencies/coronavirus-covid-19/novel-coronavirus-2019-ncov). The contagiousness of SARS-CoV-2 and the uncertainty of human infection suddenly changed the functioning of hospitals and led to a new way of organizing the activity, as well as the setup of measures to protect the health of hospital workers. In this context, the clinical and molecular pathology laboratories, notably those receiving specimens from the respiratory tract, were required to face up to the new constraints associated with the COVID-19 pandemic.

This study aimed to evaluate in Europe the consequences of the COVID-19 pandemic on pathology laboratories that have a strong activity in thoracic diseases for the period between 15 March and 31 May 2020. Attention was given to (i) changes to organization and the establishment of protective measures, (ii) the clinical, molecular and biobanking activities, (iii) the setting up of research projects in the field of COVID-19 and the continuity of training programs for residents and pathologists, (iv) the planned projects for improvement of the management of these laboratories following the first wave of infection, and (v) the number of staff members who were potentially infected or developed COVID-19.

MATERIAL AND METHODS

Study oversight

On behalf of the Pulmonary Pathology Working Group of the European Society of Pathology, a survey was sent to 71 pathologists, mainly experts in thoracic pathology, in several European countries (https://www.esp-pathology.org/working-groups/esp-working-groups/pulmonary-pathology.html). This survey contained questions focused globally on the consequences of the COVID-19 pandemic on the organization and the activities of the pathology laboratories between 15 March and 31 May 2020 (Supplementary Table S1, available at https://doi.org/10.1016/j.esmoop.2020.100024). The different parts of the survey included questions on: (i) the pre-existing or new setups for biosafety procedures, (ii) the clinical diagnostic activity in the area of thoracic cellular pathology, (iii) the molecular pathology applied to lung cancer samples, (iv) the collection of biospecimens for translational research purposes, (v) the development of research focused on COVID-19, (vi) the organization of the work time of staff members, (vii) the training and educational programs, (viii) the different measures considered following the first wave of the COVID-19 pandemic, and, (ix) information on the SARS-CoV-2-infected or suspected-infected staff members (Supplementary Table S1, available at https://doi.org/10.1016/j.esmoop.2020.100024). This study was registered with the ClinicalTrials.gov identifier, number NCT04476823. Moreover, the study complied with the law of January 1978 (78-17) relating to computing, data, and freedom known as ‘computing and freedoms’ and with rules 2016/679 of the European Parliament (of 25 May 2018) concerning the general data protection regulation (GDPR; MR004). The study was registered by the Nice University Hospital (R04-39) and filed on the Health Data Hub website (7 July 2020) (www.health-data-hub.fr/depot).

Statistical analysis

All the data were collected and entered into an Excel® file. Categorical data were determined as frequencies and percentages. Statistical comparisons were evaluated with the paired and unpaired chi-square or Fisher’s exact tests when
indicated. Quantitative data were determined as the mean, standard deviation, range, and quartile; the paired and unpaired Student’s t or Wilcoxon tests were used to compare these data. All statistical analyses were two-sided and generated with R-3.5.1 software.

RESULTS

A total of 53 out of 71 (75%) pathology laboratories from 42 cities of 18 European countries participated in the survey (Supplementary Figure S1A, available at https://doi.org/10.1016/j.esmoop.2020.100024). The number of participants per country varied from 1 to 19 (Supplementary Figure S1B, available at https://doi.org/10.1016/j.esmoop.2020.100024). The COVID-19 incidence during this period in the participating countries had no impact on the number of questionnaires returned, as we had as many surveys returned from countries with high COVID-19 incidence (mean = 3 returned questionnaires; e.g. Italy, Spain, France) as in countries with low COVID-19 incidence (mean = 3 returned questionnaires; e.g. Sweden, Germany, Finland). The main data are shown in Figures 1-5.

Pre-existing or new setups for biosafety procedures

Sample workflow from the clinical and surgical departments to the pathology department and procedures for handling biospecimens in the laboratory. The COVID-19 status of patients for whom cytological, biopsy, or surgical specimens were taken was known before the handling of the samples by the staff of the pathology laboratory in 30/53 (56.6%), 29/53 (54.7%), and 39/53 (73.5%) cases, respectively (Figure 1). Thirty out of 53 (56.6%) laboratories did not have pneumatic tubes and received samples by hospital couriers (Figure 1). Among the 23/53 (43.3%) remaining laboratories, 3/23 (13%) stopped using pneumatic tubes and received the samples by hospital courier only. Samples were sent to the laboratories in a triple package (as recommended by international guidelines according to UN 3373 and P650 norms) in 20/53 (37.7%) cases and in usual packages in 33/53 (62.3%) of cases (Figure 1). Ten out of 53 (18.8%) laboratories were equipped with a class 2 biosafety cabinet (BSC-2) in the room for gross macroscopy, which required handling of fresh tissue and frozen sections (Figure 1). Forty-two out of 53 (79.2%) laboratories had a BSC-2 for cytological samples, notably for handling and processing of fresh body fluids such as broncho-alveolar lavage (BAL) samples. The number of staff members allowed to work at the same time in the gross macroscopy room varied (from 2 to 16, median 2) or was not regulated by a consistent rule in 18/52 (34.6%) of cases.

Personal protective equipment. When handling tissue and cytological samples, 24/53 (45.3%) and 29/53 (54.7%) of the personnel (pathologists and technicians) wore a surgical or filtering face piece class 2 (FFP2)/N95 mask, respectively. Thirty-one out of 53 laboratories (58.5%) used one pair of gloves while 22 (41.5%) used two pairs. Twenty out of 52 laboratories (38.5%) wore surgical caps and 10/51 (19.6%) used surgical overshoes. The use of other personal protective equipment (PPE) varied according to the institution.

![Figure 1](https://doi.org/10.1016/j.esmoop.2020.100024)

Figure 1. Sample workflow from the clinical and surgical departments to the pathology department and procedures for handling biospecimens in the pathology laboratory.

(A) Knowledge of the COVID-19 infectious status before the transfer, according to the type of procedure. (B) Transport method. (C) Packaging method. (D) Class 2 biological safety cabinet (BSC-2) equipment in the room for gross macroscopy and frozen section.
The clinical diagnostic activity of thoracic cellular pathology. The number of histological, cytological, and surgical samples decreased significantly for the considered period of analysis from 2019 to 2020 but was variable according to the type of biospecimen (Figure 2). The most significant decrease was recorded for the intraoperative frozen sections (Figure 2). The decrease in the number of surgical interventions could explain, at least partially, the decrease in the thoracic pathology activity, whereas the incidence of severe lung cancer cases dramatically increased for the same studied period (Supplementary Figure S2, available at https://doi.org/10.1016/j.esmoop.2020.100024). Additionally, the mean number of autopsies slightly decreased from a mean of 27.47 (2019) to a mean of 25.29 (2020) (Figure 2). Moreover, only 19/53 (35.8%) institutions carried out autopsies on COVID-19-positive patients. Nine out of these 19 laboratories (47.3%) had a biosafety level 3 (BSL-3) autopsy room.

Molecular pathology for lung cancer patients. Some molecular pathology analyses were maintained, in particular for the next-generation sequencing (NGS) tests (Figure 3). However, a significant decrease from 2019 to 2020 was noted for the number of liquid biopsies (median decrease, 30.19%), the NGS analysis for clinical trials (median decrease, 17.54%), specific polymerase chain reaction (PCR) tests (median decrease, 14.06%), and the analyses using in situ fluorescent hybridization (median decrease, 10.84%) (Figure 3).

Collection of biospecimens for translational research purposes. The amount of biobanking of tumor tissues and liquid biopsies dropped from 2019 to 2020 (Figure 4). Only a few laboratories [3/53 (5.6%)] actively collected samples from COVID-19 patients (not shown). Twenty out of 53 (43.4%) pathology laboratories carried out or were associated with a research project into COVID-19. Overall, the

Figure 2. Comparison of the clinical activity from 15 March to 31 May 2019 and from 15 March to 31 May 2020. Vertical axis, type of analysis; horizontal axis, log[adjusted odds ratio] (0 = no effect, <0 = reduction in activity between 2019 and 2020); solid line, ±2 (standard deviation), the area of each square is proportional to the sample size of analysis 2019 and 2020; P value, P value for linear regression model adjusted to the center; log (OR), logarithm of the odds ratio (OR) for the linear regression model; SD, standard deviation of the log(OR).
**Figure 3.** Comparison of the molecular pathology activity from 15 March to 31 May 2019 and from 15 March to 31 May 2020.

Vertical axis, type of analysis; horizontal axis, log[adjusted odds ratio] (0 = no effect, <0 = reduction in activity between 2019 and 2020); solid line: ±2 (standard deviation), the area of each square is proportional to the sample size of analysis 2019 and 2020; P value, P value for linear regression model adjusted to the center; log [OR], logarithm of the odds ratio (OR) for the linear regression model; SD, standard deviation of the log[OR].

NGS, next-generation sequencing; PCR, polymerase chain reaction.

**Figure 4.** Comparison of the biobanking activity between 15 March to 31 May 2019 and from 15 March to 31 May 2020.

Vertical axis, type of analysis; horizontal axis, log[adjusted odds ratio] (0 = no effect, <0 = reduction in activity between 2019 and 2020); solid line, ±2 (standard deviation), the area of each square is proportional to the sample size of analysis 2019 and 2020; P value, P value for linear regression model adjusted to the center; log [OR], logarithm of the odds ratio (OR) for the linear regression model; SD, standard deviation of the log[OR].

FFPE, formalin-fixed paraffin-embedded.
activity of the 23 pathology laboratories led (to date) to 71 manuscripts accepted for publication (median 3, range 1-10) in the area of COVID-19.

**Organization of the staff members’ work time.** The majority [47/53 (88.6%)] of pathology laboratories set up teleworking for at least one of the occupational categories, but mainly for the pathologists, the technicians, and the residents (Figure 5). The mean percentage of teleworking varied according to the occupational categories; notably, it was 28.3% (range, 0%-80%), 32.8% (range, 0%-80%), and 40.7% (range, 0%-100%), for the pathologists, the technicians, and the residents, respectively (Figure 5).

**Training programs.** Educational programs for residents and junior pathologists were maintained in the majority of cases [38/53 (71.7%)] using webinars (24.5%), digital pathology training and/or virtual courses (20.7%), and other activities (73.6%).

**Different measures considered following the ‘first wave’ of the COVID-19 pandemic.** The survey included a free text entry field to add information on different strategies to be considered after the first wave of the COVID-19 crisis. The questions focused notably on improvement of biosafety, development of training, and the intent to develop specific research into COVID-19 (Supplementary Table S1, available at https://doi.org/10.1016/j.esmoop.2020.100024). Globally, most of the laboratories considered improving their biosafety procedures [32/49 (65.3%)], and a few of them aimed to optimize the rooms for gross macroscopy, notably to set up a biosafety level 2 (BSL-2) environment and maintain the PPE. Some laboratories [28/49 (57.1%)] claimed that they would develop virtual training, but without giving any detail. Finally, a few laboratories carried out or participated in translational research projects on COVID-19.

**Information into the SARS-CoV-2-infected or suspected-infected staff members.** Of the personnel, 218/3368 (6.4%) and 136/3368 (4.9%) had fever or associated symptoms, respectively, which were suggestive of COVID-19. It is noteworthy that among these staff members, there was a higher number of technicians (110) than pathologists (65). A positive RT-PCR for SARS-CoV-2 was obtained in 64/777 (8.2%) of the tested personnel and 182/3368 (5.4%) staff members were in quarantine. Those with COVID-19 (64/64) were strongly suspected of having been infected outside of the workplace (infection by a family member known to be SARS-CoV-2-positive). No infection at the work site was identified, neither due to an inter-individual nor due to sample/aerosol contamination. Of the personnel, 547/3368 (16.2%) had a serological test for SARS-CoV-2 antibodies. A positive serological test was declared for only 36/547 (6.6%) of staff members.

**DISCUSSION**

This study showed that the consequences of the COVID-19 pandemic in pathology laboratories in Europe were heterogeneous, notably for those in the field of thoracic pathology. Consequences concerned: (i) the biosafety measures and the introduction of changes to the organization of laboratory practices and (ii) the different activities including clinical and molecular pathology diagnoses as well as biobanking activities (Figure 6). This has been presented according to the different countries, cities, and institutions.

The COVID-19 pandemic has a strong impact on clinical and molecular pathology in oncology (Figure 6). Delays due to COVID-19 had dramatic changes on the number of underdiagnosed cancer cases and additional cancer deaths, as recently reported by two modelling studies in England. This is highlighted in the present study by a substantial decrease in the activity in Italy, France, Spain, and the UK, and to a lesser degree in some of the other countries. Though the level of decline was not reported in this study, it could be explained, at least partially, by a decrease in the number of hospitalized patients with a thoracic pathology (other than a COVID-19 associated disease) during this period. For example, some patients with lung cancer seemed to have avoided hospitalization out of fear of being infected with SARS-CoV-2 or the care of these patients was delayed by the physicians. Moreover, some cancer patients were assumed not to be treated adequately due to extensive devotion of medical services to COVID-19 patients. In addition, in certain institutions, the staff members of pathology laboratories were reoriented to work in the emergency or other clinical departments to take part in the different activities against COVID-19 and to help take care of COVID-19-positive patients. A European decrease in the molecular pathology analyses for genomic alterations in lung cancer was noted during the studied period. This could be explained by the fact that molecular biology testing needed more staff members on-site and less social distancing between the personnel, which was mandatory in certain laboratories. Moreover, during the COVID-19 crisis, we assume that a minimum of molecular testing (such as EGFR mutations and ALK rearrangement) have been carried out as mandatory for the standard of care. In addition, a lower number of patients being included in clinical trials also led to the exclusive use of automatic
targeted sequencing systems. Moreover, in the laboratories performing liquid biopsies, the number of respective molecular analyses decreased, including the number of targeted sequencing tests.

Sustaining clinical and molecular pathology during the COVID-19 pandemic, notably to perform the different diagnostic tests requested by the physicians for hospitalized lung cancer patients could be challenging in the pathology laboratories due to a possible reduced number of healthcare workers (HCWs). Thus, staff members may become infected with SARS-CoV-2 (notably after viral transmission among HCWs or from an external positive COVID-19 individual) and the staff members who came in contact with the infected HCW may be placed in quarantine. This could lead to reduced ability to perform critical steps of the molecular pathology analyses of cancer patients. In this context, to prevent the shutdown of clinical and molecular pathology, it is critical to adopt a strategy aimed at restricting the maximum number of personnel inside the laboratory, but also to keep a safe distance between operators. Hence technicians and medical staff should plan their daily routine based on the minimum number of individuals required for each room. Moreover, it is important to adopt as much as possible teleworking for all professional categories. Senior consultants, medical students, and residents should not be present in the laboratory during the COVID-19 crisis. The present study showed that, apart for some laboratories, most of them had a common strategy to reduce the number of personnel working at the same time in the same room, at least in the rooms dedicated to macroscopy and preparation of frozen sections with more than 80% of the laboratories having no more than two staff members working at the same time in these rooms. Moreover, teleworking was set up in most of the laboratories not only for the pathologists and the technicians but also for other professional categories.

We tried to evaluate the number of HCWs in a large number of European pathology laboratories who may have been SARS-CoV-2 positive or had some suggestive clinical symptom(s) of COVID-19 including fever. Thus, even if a small number of staff members became infected, as confirmed by a positive COVID-19 RT-PCR, more than 5% of the staff members showed a strong suspicion of COVID-19 as they had suggestive symptoms of this disease. Moreover, the impact of these different symptoms and results on the measures of quarantine was quite substantial since around 4%-6% of the staff members were required to stay at home due to a strong suspicion of COVID-19 or due to contact with another COVID-19-positive staff member. None of the cases of infection arose due to handling of SARS-CoV-2-positive samples and for a few HCWs, infection outside the workplace was quite certainly due to infection via family members. One major limitation of this study is that the staff members were not regularly tested by RT-PCR and infection of HCWs due to contact with asymptomatic subjects in the laboratory could not be ruled out.

It is noteworthy that despite the rapid introduction of international guidelines concerning the laboratory biosafety guidance relative to COVID-19 (https://www.who.int/docs/default-source/coronavirus/laboratory-biosafety-novel-corona-virus-version-1-1.pdf?sfvrsn=912a9847_2; https://www.cdc.gov/coronavirus/2019-ncov/lab/lab-biosafety-guidelines.html; https://www.cap.org/advocacy/latest-news-and-practice-data/march-26-2020), the different protective measures for pathology laboratory HCWs were implemented in a variable
One of the consequences of the COVID-19 crisis was the absolute necessity to develop virtual educational programs, notably for residents and junior pathologists (digital pathology training, virtual courses, webinars, etc.). However, the results of the present survey showed that only around 25% of the laboratories set up these programs, highlighting the urgent need to become aware of the utility of these different tools. In addition, some information, in particular concerning the biosafety procedures to follow in a pathology laboratory should be established through virtual training, and this was the case in the present study for no more than 25% of the laboratories.

One of the more important negative consequences of the COVID-19 pandemic occurred in the biobanking field for translational research purposes, notably for the collection of samples from lung cancer patients. Biobanking in the field of thoracic pathology decreased substantially or was shut down in most of the pathology laboratories participating in this survey. Biobanking has been extremely important to provide material to solve the COVID-19 pathogenesis and a seminal contribution of pathology. Thus, pathologists should be strengthened to assure the continuity of the COVID-19 biobanking.

Conversely, a number of the pathology laboratories included in the present work had the possibility to participate in and/or lead research projects into COVID-19. Bio-banking of thoracic pathology decreased substantially or was shut down in most of the pathology laboratories participating in this survey. Biobanking has been extremely important to provide material to solve the COVID-19 pathogenesis and a seminal contribution of pathology. Thus, pathologists should be strengthened to assure the continuity of the COVID-19 biobanking.

Our study has a couple of limitations. Not all European countries were included. There is heterogeneity between the laboratories located in different countries, mostly with regard to the molecular pathology activity and the caseload (academic versus community hospitals). Because the survey herein was designed to address the measures taken from 15 March to 31 May 2020, the results of the current study might not apply to the later periods of the pandemic. Finally, it would be of interest to see if the different COVID-19 incidences according to the countries participating in this survey have a different impact on the pathology laboratories’ activity. However, it was difficult to have regional incidence data inside each country (e.g. north versus south) given the scattered nature of the laboratories.

While Europe was the epicenter of the COVID-19 pandemic between February and May 2020, subsequently, the number of infected patients who were hospitalized decreased progressively. Thus, at the time of submission of this study, the aim was to sustain and/or to reinforce the different protective measures so far implemented, at least partially. Some of these procedures are costly, constrain the activity of HCWs, and modify the organization of the daily practice of the pathology laboratories. In this regard, the following questions may be asked: (i) is it possible to again use pneumatic tubes for sample transportation, (ii) can pathologists again use multi-head microscopes for collective observation of slides, (iii) should all the HCWs keep wearing...
masks when working in all the sectors of the laboratory, (iv) should teleworking become permanently established as a way of working, irrespective of the professional category, (v) is it now mandatory to use a BSC-2 for gross macroscopy of fresh tissue samples and frozen sections, in association with a chemical hood with a HEPA filter for handling formalin-fixed specimens, and (vi) is it always critical to know the COVID-19 status of patients before receiving tissue and cytological samples, notably fresh samples and before frozen section and/or biobanking procedures? The results of the present survey demonstrated that depending on the pathology laboratory participating in this study, the strategy to adopt still varied, despite the current international guidelines.39

Whatever the adopted strategy, the COVID-19 pandemic sparked the improvement of the biosafety procedures now in place in many European pathology laboratories participating in this study and to the re-evaluation of the organization of the work. It is noteworthy that although many pathology laboratories were not optimally equipped, the rate of infection among HCWs was low and COVID-19-positive staff members were infected outside of the workplace. This highlights that major prevention measures such as wearing surgical or FFP2/N95 masks and adopting a safe distance between operators were certainly effective in containing/reducing infection between staff members. We strongly believe that most of the different actions that have been set up must now be sustained and that the pathology laboratories need to rapidly adapt their working day to change the organization, notably in the event of futures COVID-19 waves.40

ACKNOWLEDGEMENTS
This study was commissioned by the Pulmonary Pathology Working Group of the European Society of Pathology. No financial funding was provided.

FUNDING
None declared.

DISCLOSURE
The authors have declared no conflicts of interest.

DATA SHARING
Anonymized participant-level data are available for investigators.

ETHICAL APPROVAL
The study complied with the law of January 1978 (78-17) relating to computing, data, and freedom known as ‘computing and freedoms’ and with rules 2016/679 of the European Parliament (of 25 May 2018) concerning the general data protection regulation (GDPR; MR004). The study was registered by the Nice University Hospital (R04-39) and filed on the Health Data Hub website (7 July 2020) (www.health-data-hub.fr/depot).

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