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Oksel, C., Granell, R., Mahmoud, O., Custovic, A., Henderson, J., investigators, STELAR., Investigators, B. T., Power, U., & Shields, M. (2018). Causes of variability in latent phenotypes of childhood wheeze. Journal of Allergy and Clinical Immunology. https://doi.org/10.1016/j.jaci.2018.10.059

Published in:
Journal of Allergy and Clinical Immunology

Document Version:
Peer reviewed version

Queen's University Belfast - Research Portal:
Link to publication record in Queen's University Belfast Research Portal

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PII: S0091-6749(18)31723-8
DOI: https://doi.org/10.1016/j.jaci.2018.10.059
Reference: YMAI 13755

To appear in: Journal of Allergy and Clinical Immunology

Received Date: 8 June 2018
Revised Date: 29 August 2018
Accepted Date: 12 October 2018

Please cite this article as: Oksel C, Granell R, Mahmoud O, Custovic A, Henderson AJ, on behalf of STELAR, Breathing Together investigators, Causes of variability in latent phenotypes of childhood wheeze, Journal of Allergy and Clinical Immunology (2019), doi: https://doi.org/10.1016/j.jaci.2018.10.059.

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Causes of variability in latent phenotypes of childhood wheeze

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Funding: CO is funded through the Wellcome Trust Strategic Award 108818/15/Z
The UK Medical Research Council and the Wellcome Trust (Grant ref: 102215/2/13/2) and the
University of Bristol provide core support for ALSPAC. A comprehensive list of grants funding is
available on the ALSPAC website (http://www.bristol.ac.uk/alspac/external/documents/grant-
acknowledgements.pdf). STELAR cohorts are funded by The UK Medical Research Council
(MRC) Grants G0601361 and MR/K002449/1. This analysis was funded by the Wellcome Trust
Strategic Award 108818/15/Z

Disclosure of potential conflict of interest: The authors declare that they have no conflict of
interests.

Abstract word count: 248

Word count: 3537
ABSTRACT

Background: Latent class analysis (LCA) has been used extensively to identify (latent) phenotypes of childhood wheezing. However, the number and trajectory of discovered phenotypes differed substantially between studies.

Objective: To investigate sources of variability affecting the classification of phenotypes, identify key time points for data collection to understand wheeze heterogeneity, and ascertain the association of childhood wheeze phenotypes with asthma and lung function in adulthood.

Methods: We used LCA to derive wheeze phenotypes among 3167 participants in the ALSPAC cohort who had complete information on current wheeze recorded at 14 time points from birth to age 16½ years. We examined the effects of sample size, data collection age and intervals on the results, and identified time points. We examined the associations of derived phenotypes with asthma and lung function at age 23-24 years.

Results: A relatively large sample size (>2000) underestimated the number of phenotypes under some conditions (e.g. number of time points <11). Increasing the number of data points resulted in an increase in the optimal number of phenotypes, but an identical number of randomly selected follow-up points led to different solutions. A variable selection algorithm identified 8 informative time points (months 18, 42, 57, 81, 91, 140, 157 and 166). The proportion of asthmatics at age 23-24 years differed between phenotypes, while lung function was lower among persistent wheezers.

Conclusions: Sample size, frequency, and timing of data collection have a major influence on the number and type of wheeze phenotypes identified by LCA in longitudinal data.

Key Messages
The number and the nature of wheeze phenotypes identified by latent class analysis are dependent on the sample size, frequency, timing and distribution of data collection time points, model dimensionality, and combinations of these factors.

Not all data collection points carry useful information in distinguishing wheeze phenotypes.

Capsule Summary

We determined dependence of phenotype discovery on frequency, timing and distribution of data collection, identifying eight informative, time-specific follow-up points from infancy to adolescence.

Keywords

Childhood asthma, wheeze phenotypes, longitudinal analysis, latent class analysis, ALSPAC

Abbreviations used

ALSPAC : Avon Longitudinal Study of Parents and Children
PIAMA : Prevention and Incidence of Asthma and Mite Allergy
TCRS : Tucson Children's Respiratory Study
LCA : Latent class analysis
BIC : Bayesian information criterion
AIC : Akaike information criterion
LMR : Lo–Mendell–Rubin
ARI : Adjusted Rand index
GLI : Global lung function initiative
INTRODUCTION

Wheeze is a common symptom in the early years of life, with nearly one third of children experiencing it at least once before their third birthday.\textsuperscript{1-3} Although the symptoms of most infants with wheeze seem to remit by the time the child reaches school age\textsuperscript{4}, infantile wheeze may also persist into later childhood and adulthood after a period of remission.\textsuperscript{5,6} Conversely, the majority of patients with persistent asthma start wheezing in early childhood.\textsuperscript{2} However, at the onset of symptoms, patients with “transient wheeze” and “persistent wheeze” look very similar, and it is difficult to predict which of the early childhood wheezers will stop wheezing (and when), and which will develop persistent wheezing and asthma.

Understanding the heterogeneity of wheezing disorders and distinguishing wheeze phenotypes in early childhood is critical to developing interventions targeted at those who will persist with wheezing into later childhood, and to avoid overtreatment of individuals with transient wheeze.\textsuperscript{7} Over the last two decades, substantial effort has been devoted to understanding the heterogeneity of childhood wheezing illness (reviewed in\textsuperscript{7-10}). In general, population-based birth cohorts are regarded as the optimal data sources for understanding temporal patterns of wheezing, and relating them to different risk factors, since the information is collected prospectively and therefore free from recall bias.\textsuperscript{11} The initial approach of hypothesis testing using data on wheezing collected at ages three and six years in the Tucson Children’s Respiratory Study (TCRS) described three wheezing phenotypes (transient early, late-onset and persistent).\textsuperscript{2} This finding was confirmed in several independent cohorts.\textsuperscript{3, 12, 13} Subsequently, the methodology to discover “wheeze phenotypes” was extended to the use of unsupervised, data-driven approaches such as the latent class analysis (LCA).\textsuperscript{1, 14-18} These analyses revealed
different structure within the data and suggested the existence of one,\textsuperscript{19, 20} or two further intermediate phenotypes.\textsuperscript{1, 17, 18} It is important to emphasize that although “wheeze phenotypes” derived from different analyses tend to share the same nomenclature, phenotypes with the same assignment often differ substantially in terms of the age of onset, temporal trajectory, distributions within a population\textsuperscript{8} and associated risk factors, making comparison between studies difficult, and clinical application uncertain.\textsuperscript{8, 10} For example, late-onset wheezers were reported to start experiencing symptoms after the age of three,\textsuperscript{19} four,\textsuperscript{16} or five years\textsuperscript{13} in different studies. The inconsistencies between studies may be partly attributed to differences in study design or could be due to true differences between different populations. However, this seems unlikely, as most evidence comes from broadly similar population-based studies with comparable ethnic mixes.

If we are to understand factors associated with patterns of wheezing with different long-term consequences, then “phenotypes” must be consistent and reproducible. Despite the widespread use of LCA, little is known about the external factors that influence the outcomes of LCA models in phenotype identification. We propose that sample size and the timing and frequency of data collection affect the number and type of discovered wheeze phenotypes in LCA, and that not all time points carry useful information (and therefore some might be redundant, or even cause uncertainty in the results). To provide a better understanding of the influence of input data characteristics on the identified longitudinal trajectories of wheezing, we investigated the effect of the number of data points, age at which information was collected, and sample size on the number and/or the nature of wheeze phenotypes discovered.
by LCA. We also sought to identify data collection points which are most informative in distinguishing wheeze phenotypes.
METHODS

Study design, setting and participants

The Avon Longitudinal Study of Parents and Children (ALSPAC) is a population-based birth cohort established in 1991 in Avon, UK. It recruited 14,701 children born between 1st April 1991 and 31st December 1992. Ethical approval for the study was obtained from the ALSPAC Ethics and Law Committee and Local Research Ethics Committees. Details of the study protocol can be found elsewhere.\textsuperscript{21} The study website contains details of all the data that are available through a fully searchable data dictionary at www.bris.ac.uk/alspac/researchers/data-access/data-dictionary/.

Data sources and definition of outcomes

Participating mothers were sent a self-completion questionnaire about the health of their child at 14 time points from birth to age 16½ years: months 6, 18, 30, 42, 57, 69, 81, 91, 103, 128, 140, 157, 166 and 198. Current wheeze was defined as a positive answer to the question “In the last 12 months has he/she had any periods when there was wheezing or wheezing with whistling on his/her chest when he/she breathed?”.\textsuperscript{22} Study subjects attended research clinic at age 23-24 years in which lung function was measured using spirometry.\textsuperscript{23, 24} Post-bronchodilator FEV\textsubscript{1} was ascertained 15 minutes after administration of 400 mcg of salbutamol. We expressed FEV\textsubscript{1} as % predicted against the GLI-curves.\textsuperscript{25} Self-reported asthma ever was defined as a positive answer to the question “Have you ever had asthma?”. Self-reported current asthma was defined at age 23 years as asthma ever
together with a positive answer to either “Have you had any wheezing or whistling in the past 12 months?” or “Have you taken asthma medication in the last 12 months?”.

### Statistical analysis

Children with complete reports of wheezing at all 14 time points from birth to age 16½ years (n=3167) were included in the analysis to obtain better representation of the latent structure. We performed LCA to investigate how latent class subpopulation structure varied by the timing and frequency of observations. Starting with a latent model including 4 phenotypes, we compared models with varying sample sizes (3167, 2500, 2000, 1500, 1000 and 500), number of latent classes (4 to 6) and number of time points (14, 11, 8 and 6) based on their statistical fit, including the Akaike information criterion (AIC), Bayesian information criterion (BIC), Lo–Mendell–Rubin (LMR) and Bootstrapped likelihood ratio, model quality (model entropy) and interpretability. The best fitting model in each run was selected based on the lowest BIC. We then repeated our analyses among 12,290 participants with at least 2 questionnaire responses.

We identified critical data collection points for the identification of distinct phenotypes of wheeze based on stochastic evolutionary search via a genetic algorithm (see Online Repository for more details on the methodology for selection of informative data collection points). The Adjusted Rand Index (ARI) was used as a similarity measure when comparing different clustering results. Variable specific entropy values were used to show how well individual data collection points identify the latent classes. We calculated Confidence Intervals (CIs) for the difference of population proportions to compare the frequency of participants with asthma at age 23 years between different phenotypes. Differences in lung function were tested using one-way ANOVA
and Tukey’s HSD (honestly significant difference) test. All analyses were performed in Stata

v15, Mplus 8, and R using the packages poLCA, DiagrammeR and LCAvarsel.
RESULTS

A total of 3167 participants had complete reports of wheeze at all 14 time points. In line with our previous results,\textsuperscript{17, 18} the best-fitting model resulted in six distinct wheezing phenotypes: Never/infrequent wheeze; Persistent wheeze; two early-onset transient classes (Early-onset preschool remitting and Early onset mid-childhood remitting); and two late-onset persisting classes (School age-onset and Late childhood-onset).

Influence of sample size

We varied the sample size from 3167 to 500, and developed 11 different models based on randomly selected sub-samples of six different sizes (N=500, 1000, 1500, 2000, 2500 and 3167), holding all else constant. Figure 1a shows the best-fitting models based on different sample sizes and the prevalence of each phenotype based on the estimated model. Four phenotypes (Never/infrequent, Persistent, Transient early and Late onset) were identified with a sample size of 500. The best fitting model based on 1000 participants resulted in four to five phenotypes.

Larger sample sizes (2000 participant or more) were needed to detect smaller phenotypes (<5% frequency). LCA identified six latent wheeze phenotypes in samples of ≥2000 children with complete data (Figure 1a), and in samples of ≥5000 children with incomplete data (Figure E2).

Influence of data collection frequency

We then varied the frequency of data collection time points from 6 to 14, and developed 10 different models based on randomly selected time points while maintaining a constant sample size (N=3167). Adding more time points to the latent model increased the number of wheeze

\textsuperscript{10}
phenotypes that were identified (Figure 1b). However, in some cases, an identical number of (randomly selected) data collection points (e.g. 11 time points) resulted in different optimal number of phenotypes, depending on the intervals between time points. This suggests that, in addition to sampling frequency, timing and distribution of time points at which data are collected may influence wheeze phenotype identification, and that there might be critical data collection points which are more informative in distinguishing wheeze phenotypes.

**Combined effects of sample size and data collection frequency**

To examine how both the frequency of data collection (number of time points) and the size of the studied population affects the optimal number, trajectory, and frequency of the identified phenotypes, we varied the number of data collection points from 6 to 11 and randomly selected sub-samples of four different sizes, resulting in a total of 12 data conditions (Figure 1c).

Models with small sample sizes (N<2500) did not identify low-frequency phenotypes (<5%), regardless of the frequency of data sampling. However, there was a clear link between sample size, number of data points and the optimal number of wheeze phenotypes. The model with sample size of ≥2500 identified six phenotypes when the number of data collection points included in the analysis was relatively high. However, models with decreasing number of data points were unable to detect six phenotypes, and models with the same sample size did not identify small phenotypes (<5% frequency) under certain conditions (e.g. number of time points <11).
Selection of the most informative data collection points

Figure E1 shows the correlations (phi coefficients) between wheeze reports at different time points. Time points close to each other were moderately correlated (e.g. month 157 and 166; month 81 and 91 etc.), suggesting that some of the adjacent time points convey similar information. In order to discard the non-informative data collection points, we performed stochastic evolutionary search via a genetic algorithm, which retained 8 informative time points (months 18, 42, 57, 81, 91, 140, 157, and 166), while 6 were dropped as uninformative (months 6, 30, 69, 103, 128 and 198). Comparing the clustering of the models using eight time points to the clustering from the model using the full dataset showed a satisfactory level of agreement, with Rand and Adjusted Rand indices of 82 and 64%, respectively (Table 1).

Latent transition probabilities with increasing number of classes

To understand how the trajectories and estimated phenotypes changed over a sequence of increasing number of classes, and how children move from one class to another in models with an increasing number of classes, we developed three LCA models with four, five and six classes. Persistent and never/infrequent wheeze classes had similar patterns in all three models, with a slight decrease in estimated prevalence from four to six-class solution (Figure 2 panel A). With the addition of a fifth latent class, Transient-early wheeze divided into two remitting classes (Pre-school and Mid-childhood resolution, Figure 2 panel B), while the Late-onset wheeze remained almost identical. The addition of a sixth class resulted in the division of the Late-onset wheeze into two similar-sized sub-groups (School-age and Late childhood onset, Figure 2 panel C). We then assigned participants to the most likely phenotype based on the maximum membership probability, and calculated transition probabilities reflecting the proportion of
participants moving from one phenotype to another when the number of phenotypes increased from four up to six. Figure 3 shows whether members of distinct phenotypes remained in the same phenotype or shift into another one (either existing or newly formed) with increasing number of phenotypes. The figure also demonstrates where the intermediate phenotypes arise from, and which phenotypes become separated or remain undivided with increasing number of latent classes. The results based on analysis of participants with incomplete reports of wheeze (12,290 participants with at least 2 responses to questionnaires about wheezing) did not materially differ from those obtained among children with complete data set and are presented in this article’s Online Repository (Figures E2-E6).

Asthma and lung function in adulthood in different wheeze phenotypes

Of 3797 participants who attended age 23-24 years follow-up, 1492 had complete reports of wheezing (14 points), of whom 240 (16%) reported current asthma; 1345 had valid lung function. The proportion of subjects with current asthma was highest in the Persistent wheeze (99.7%), Table 2. In the two early-onset transient phenotypes, the proportion of asthmatics was significantly higher in Mid-childhood remitting (60.4%) compared to the Pre-school remitting (6.4%) (Mean difference 0.54, 95%CI 0.40-0.68, p<0.0001). In the two late-onset phenotypes, the proportion of asthmatics was significantly higher in School-age onset (88.4%) compared to Late-childhood onset (68.1%) (Mean difference 0.20, 95%CI 0.05-0.36, p<0.02).

Pre- and post-bronchodilator lung function differed significantly across phenotypes (p=0.005 and p=0.04 respectively, ANOVA), and was significantly lower in Persistent wheeze and Early-onset pre-school remitting wheeze compared to Never/infrequent wheeze, with little evidence of differences between other phenotypes (Tables 3, E1-3). The Preschool-onset remitting
phenotype mostly overlapped with no asthma (94%), but the pre- and post-bronchodilator lung function at age 24 was significantly lower in this class compared to Never/infrequent wheeze.
DISCUSSION

Key results

Our results suggest that the number and the nature of wheeze phenotypes from infancy to adolescence identified by LCA are dependent on several factors including sample size, frequency, timing and distribution of data collection time points, model dimensionality, as well as the combination of these factors. Transition analysis revealed that subjects assigned to Never or Persistent wheeze tend to stay in these phenotypes, whilst most of the switching goes on in the intermediate classes. Given the strong interplay between the birth cohort design (including the number of participants, data collection frequency and distribution) and the optimal number of phenotypes identified by means of developmental trajectory modelling, care should be taken when interpreting wheeze phenotypes emerging from small studies with few data collection points. When the sample size is small, a wheeze phenotype that exists in the population may be unidentifiable, whereas excessive data collection may result in the identification of trivial or clinically irrelevant phenotypes. In general, increasing data collection frequency helps detect more complex structure and larger number of phenotypes by capturing less-frequently observed subgroups. However, it also increases the risk of violating the fundamental assumption of LCA modelling where indicator variables (e.g. presence/absence of wheeze at subsequent ages) are independent of each other. When frequent data collection and large sample sizes are not obtainable, collecting data at critical time points may help counterbalance the effects of sub-optimal conditions (e.g. smaller sample size and infrequent data collection). In our study, time points which proved most informative in distinguishing wheeze phenotypes were months 18, 42, 57, 81, 91, 140, 157 and 166.
Limitations

There are several limitations to our findings. Despite latent models’ usefulness in disentangling disease complexity, one unresolved issue in the application of LCA is that there is not one commonly accepted statistical indicator for deciding on the number of subgroups in a study population. The limitation of this study is that we do not know how many true phenotypes there are, and we assumed that the classification obtained on the largest sample and using all time points corresponded to the best-available approximation of the ‘true classification’. In the absence of clear statistical requirements for identifying clinically important groups of small size, validation of the phenotypes with late asthma outcomes provides the only clues about their clinical relevance. However, we acknowledge that in our study information on asthma and lung function measures at age 23-24 years was available for ~45% of participants used to derive wheeze phenotypes.

Another limitation is that we could only vary conditions using the sampling framework that was available to us, which was fixed by the study design, so this analysis has limited direct application to other studies that have used different sampling frames. We also acknowledge that the definition of current wheeze which we used in our models is based on parental reporting using validated questionnaires (as in most other epidemiological studies) and that this may lead to overestimation of the true prevalence.28

As most previous studies, we used information on current wheeze for our modelling. It is possible that a more holistic examination of other features (e.g. frequency and severity of wheeze) and/or other symptoms (e.g. cough, atopic dermatitis and rhinitis)22 and lung function29 may allow better distinction of the underlying pathophysiological mechanisms.
The key advantage of our study is the large sample size with complete data on wheezing collected frequently and prospectively. Another advantage is that participants were followed from birth to late adolescence, covering a longer period compared to most prior studies.\textsuperscript{1, 13, 18, 19, 30}

Finally, it is worth noting that subtypes discovered using data-driven methods are not observed, but are latent by nature, and ideally should not be referred to as “phenotypes” (i.e. observable characteristics). However, as the term “phenotype” has been used in this context for over a decade, we have maintained this nomenclature.

\textit{Interpretation}

A number of previous studies (including our own) embarked on identifying wheeze phenotypes from birth to mid-school age (summarized in Table E4). However, the inconsistency of findings has led to a debate on the validity and clinical value of phenotyping studies,\textsuperscript{10, 31, 32} hampering the discovery of pathophysiological endotypes and translation into clinically actionable insights.

The four phenotypes of persistent, never, transient early and late-onset wheeze have been long postulated in descriptive,\textsuperscript{2} and data-driven studies.\textsuperscript{33} We found that when the sample size is relatively small, a particular wheeze phenotype that exists in the population may be undetectable. Therefore, relatively smaller sample size in some studies might have contributed to the inability to detect intermediate wheeze phenotypes with a relatively low prevalence.

Using more time points allowed the identification of less common phenotypes (<5% frequency) by increasing possible response patterns. When the data collection was frequent (>11 time points), a sample size of \~2500 was found to be sufficiently large to distinguish six phenotypes. However, even a larger sample size of 3167 might be insufficient to detect uncommon
phenotypes (<5% frequency) under certain conditions (e.g. data collection points <11). Our findings suggest that increasing data collection frequency may help compensate for a modest sample size in phenotype identification. In line with this finding, Depner et al. identified an intermediate phenotype in the PASTURE cohort that existed during the first six years of life, using a similar sample size but more data collection points than those used in the TCRS. However, the selection of follow up points needs a careful thought. Our analyses have shown that although adding more time points to the latent model increased the number of identified phenotypes with distinguishable interpretations, in some cases the same number of randomly selected data collection points resulted in a different optimal solution. This suggests that the timing and distribution of follow-ups is important, and that there might be critical data collection points which are more informative than others. A variable selection method which we applied to the data identified 6 time points which were not carrying additional useful information (months 6, 30, 69, 103, 128 and 198).

The proportion of asthmatics was highest in the Persistent wheeze (98.5%), and subjects in this phenotype had diminished pre and post-bronchodilator lung function (at the time of maximally attained physiological lung function plateau) compared to all other phenotypes. The proportion of asthmatics differed between intermediate phenotypes (15.1% and 75.3% in two transient early phenotypes, Pre-school remitting and Mid-childhood remitting respectively; 91.3% and 70.0% in two late-onset phenotypes, Late childhood and School-age onset). These findings suggest that all phenotypes are distinct and that this may be a true classification. However, we acknowledge that the observed associations may also be a proxy of severity.
The preschool-onset remitting phenotype mostly overlapped with no asthma (94%) but the pre- and post-bronchodilator lung function at age 24 was significantly lower in this class compared to Never/infrequent wheeze. Although this may be seen as a contradiction, we would stress that diminished lung function does not equate to asthma. There is evidence that early transient wheeze is associated with low lung function; as lungs/airways grow the symptoms regress but lung function impairments may persist. In TCRS, the lowest infant lung function test values were associated with low lung function at 22 years; so early wheeze that remits may be a marker of low lung function in early life that persists to adulthood, but without the development of airway inflammation or asthma.

In conclusion, our findings add to the understanding of childhood wheeze phenotypes by extending the knowledge on potential causes of variability in classification of wheezing. Sample size, frequency, and timing of data collection have a major influence on the number and type of phenotypes identified by data-driven techniques. Our results, which include information on the most informative follow-up points, are important to interpret (or reanalyze) existing studies and to inform better design of future cohorts. However, we wish to note that these data collection points should not be regarded as absolute; rather, they should be treated as relative values with respect to our population, and considerations for investigators when designing future studies.

Acknowledgments: Asthma UK Grant ref. 06/005 funded the collection of the wheezing and asthma data in ALSPAC. We are extremely grateful to all the families who took part in this study, the midwives for their help in recruiting them, and the whole ALSPAC team, which
includes interviewers, computer and laboratory technicians, clerical workers, research scientists, volunteers, managers, receptionists, and nurses.
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Figure 1. The optimal number, shape and prevalence of wheeze phenotypes identified by using latent class analysis:

a) 11 latent models based on randomly selected sub-samples of six different sample sizes (N=500, 1000, 1500, 2000, 2500 and 3167) while maintaining a constant number of follow-up points (14 time points)

b) 10 latent models based on randomly selected time points (6, 8, 11 and 14 TPs) while maintaining a constant sample size (N=3167)

c) 12 latent models based on randomly selected sub-samples of four different sample sizes (N=500, 1500, 2500 and 3167) and different number of time points (6, 8 and 11 TPs)

Figure 2. Estimated prevalence of wheeze for each wheezing phenotype in four-, five- and six-latent class solutions identified by LCA

Figure 3. Assignment of children into distinct wheeze phenotypes over a sequence of LC model with four, five and six classes based on most likely class membership (3167 children cohort with complete reports of wheezing at 14 time points). Ellipse nodes show class membership (most likely phenotype) whilst the values along the arrow represent the % of children moving from one class to another in models with an increasing number of classes.
**Table 1:** Clustering summary of the LCA model fitted to the data sub-set (8 time points identified via a genetic algorithm search) and its comparison the model fitted to the full dataset (14 data collection points): based on 3167 participants with complete information on current wheeze recorded at 14 time points

| Model Characteristics | Variable Selection (stochastic search) |
|-----------------------|----------------------------------------|
| No. of classes        | Selected time points (months)          |
|                       |                                        |
|                       | 6                                      |
|                       | 15508                                  |
| BIC                   | 18                                     |
|                       | 0.502                                  |
| Entropy               | 42                                     |
|                       | 0.581                                  |
|                       | 57                                     |
|                       | 0.590                                  |
|                       | 81                                     |
|                       | 0.578                                  |
| Rand Index            | 91                                     |
|                       | 0.588                                  |
| Adjusted Rand Index   | 140                                    |
|                       | 0.549                                  |
| Jaccard Index         | 157                                    |
|                       | 0.576                                  |
|                       | 166                                    |
|                       | 0.582                                  |
### Table 2: Proportion of asthmatics at age 23-24 in each phenotype

| Wheezing Phenotypes 0-16½ years | Self-reported asthma ever | Current asthma at age 23 | Asthma medication use at age 23 |
|----------------------------------|---------------------------|--------------------------|--------------------------------|
|                                  | No. of asthmatics/total   | Percent*                 | No. of asthmatics/total        | Percent*          | No. of med. users/total | Percent* |
| Never-infrequent                 | 105/1111                  | 9.4                      | 50/985                         | 5.1               | 33/985                  | 3.3      |
| Pre-school remitting             | 54/355                    | 15.1                     | 19/295                         | 6.4               | 9/295                   | 3.2      |
| Mid-childhood remitting Transient early | 72/95                    | 75.3                     | 30/49                          | 60.4              | 14/49                   | 29.5     |
| School-age onset Late-onset      | 56/61                     | 91.3                     | 38/43                          | 88.4              | 25/43                   | 58.3     |
| Late-childhood onset Persistent wheeze | 58/82                    | 70.0                     | 38/55                          | 68.1              | 25/55                   | 45.3     |
|                                  | 81/82                     | 98.5                     | 65/65                          | 99.7              | 53/65                   | 82.1     |

*The percentage is estimated from weighted cross tabulations.
Table 3: Lung function at age 24 years by wheeze phenotype (restricted to 1343 participants with \( \text{FEV}_1 \) % predicted data and 1351 with \( \text{FEV}_1/\text{FVC} \) data)

| Wheezing Phenotypes 0-16½ years | Baseline lung function at 24y | Post-bronchodilator lung function at 24y |
|---------------------------------|------------------------------|----------------------------------------|
|                                 | \( \text{FEV}_1 \) % predicted | \( \text{FEV}_1/\text{FVC} \) | \( \text{FEV}_1 \) % predicted | \( \text{FEV}_1/\text{FVC} \) |
|                                 | No. | Mean (SD) | No. | Mean (SD) | No. | Mean (SD) | No. | Mean (SD) |
| Never-infrequent                 | 1004 | 95.0 (11.7) | 1009 | 0.84 (0.06) | 830 | 97.9 (11.7) | 834 | 0.86 (0.06) |
| Pre-school remitting             | 329 | 93.4 (11.4) | 330 | 0.82 (0.07) | 274 | 96.8 (10.9) | 275 | 0.85 (0.06) |
| Mid-childhood remitting          | 89  | 93.5 (11.4) | 91  | 0.82 (0.06) | 71  | 97.5 (11.8) | 73  | 0.84 (0.05) |
|                                 | 61  | 95.4 (11.2) | 61  | 0.81 (0.08) | 47  | 100.8 (10.8) | 47  | 0.86 (0.06) |
| School-age onset                 | 79  | 94.0 (12.1) | 80  | 0.82 (0.07) | 62  | 98.7 (10.8) | 63  | 0.85 (0.05) |
| Late-childhood onset             | 80  | 91.6 (12.4) | 80  | 0.79 (0.09) | 59  | 96.5 (11.1) | 59  | 0.83 (0.07) |
A summary of prevalence rates for different stages of onset across different sample sizes:

- **Never or Infrequent:**
  - N=12290: 60.0%
  - N=7500: 57.3%
  - N=5000: 58.6%
  - N=2500: 56.7%
  - N=1500: 56.5%
  - N=500: 67.5%

- **Persistent:**
  - N=12290: 4.9%
  - N=7500: 5.0%
  - N=5000: 4.7%
  - N=2500: 5.0%
  - N=1500: 8.9%
  - N=500: 6.5%

- **Pre-school Remitting:**
  - N=12290: 18.6%
  - N=7500: 21.9%
  - N=5000: 20.4%
  - N=2500: 23.7%
  - N=1500: 15.4%
  - N=500: 8.6%

- **Mid-childhood Remitting:**
  - N=12290: 7.5%
  - N=7500: 6.1%
  - N=5000: 7.0%
  - N=2500: 8.6%
  - N=1500: 7.7%

- **School-age Onset:**
  - N=12290: 4.2%
  - N=7500: 4.7%
  - N=5000: 4.6%
  - N=2500: 6.1%

- **Late-childhood Onset:**
  - N=12290: 4.7%
  - N=7500: 5.0%
  - N=5000: 4.6%
  - N=2500: 9.2%
Causes of variability in latent phenotypes of childhood wheeze

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ONLINE DATA SUPPLEMENT
METHODS

Study design: Unselected birth cohort study.

Setting: ALSPAC is based on the former administrative County of Avon, United Kingdom covering a population of approximately 0.9 million.

Screening and recruitment: ALSPAC initially recruited 14,541 pregnant women resident in Avon, UK with expected dates of delivery between April 1, 1991 and December 31, 1992. This initial number of pregnancies, known as core sample, included the mothers enrolled in the ALSPAC study and had either returned at least one questionnaire or attended a ‘Children in Focus’ research clinic by 19th July 1999. These initial pregnancies had a total of 14,676 fetuses, resulting in 14,062 live births and 13,988 children who were alive at age 1 year. When the oldest children were approximately seven years of age, an attempt was made to bolster the initial sample with eligible cases who had failed to join the study originally. As a result, there are extra data available when considering variables collected from the age of seven years onwards. The number of new pregnancies, not in the core sample, known as phases II and III enrolments, is 706 (452 and 254 recruited during Phases II and III respectively), resulting in an additional 713 children being enrolled. The phases of enrolment are described in more detail in the cohort profile paper. Therefore, the total sample size for analyses using any data collected after the age of seven years is therefore 15,247 pregnancies, resulting in 15,458 fetuses with 14,775 live births and 14,701 alive children at 1 year of age.

Spirometry: Performed according to American Thoracic Society/European Respiratory Society guidelines, using a Vitalograph pneumotachograph system with animated incentive software (Spirotrac, Vitaograph, UK) in a dedicated research clinic by trained technicians. Calibration checks were performed with a standard 3L calibration syringe according to the manufacturer’s instructions at the start of each half-day clinic session. Subjects were seated with a nose clip in place and were asked to inhale to total lung capacity (TLC), then instructed to perform a forced expiration, through a mouthpiece, to residual volume (RV). The test was repeated at intervals of 30 seconds until 3 technically acceptable traces were obtained from a maximum of eight
attempts. Forced expiratory volume in one second (FEV₁) and Forced vital capacity (FVC) were recorded and the data expressed as FEV₁ % predicted and FEV₁/FVC ratio.

**Definition of outcomes**

*Current wheeze:* Positive answer to the question “In the last 12 months has he/she had any periods when there was wheezing or wheezing with whistling on his/her chest when he/she breathed?”

*Current asthma:* Self-reported current asthma at 23 years based on asthma ever at 22+ together with current wheezing and/or current treatment: “Have you had any wheezing in the past 12 months?” and/or “Have you taken asthma medication in the last 12 months?”.

*Asthma ever:* Positive answer to the question “Have you ever had asthma?” at age 22+.

Study data were collected and managed using REDCap electronic data capture tools hosted at ALSPAC facilities. Please note that the study website contains details of all the data that is available through a fully searchable data dictionary and variable search tool (http://www.bris.ac.uk/alspac/researchers/data-access/data-dictionary/).

**Statistical analysis**

*Measures of fit in LCA*

An optimal model is defined as the free model that best fits the data. To assess model fit, we used (1) the Bayesian information criterion (BIC), a function of the likelihood that rewards parsimony and (2) entropy, an assessment of model classification based on the posterior class membership probabilities. The BIC is an index used in Bayesian statistics to choose among a set of competing models; the model with the lowest BIC is preferred. Entropy is a measure of classification certainty that that ranges from 0 to 1, with values near 1 indicating a clear delineation of classes and values near 0 indicating low certainty in classification.

*Selection of informative data collection points*
A genetic algorithm was employed to search for the optimal set of clustering variables (e.g. time points) to distinguish wheeze subgroups, using the LCAvarsel R package. During the search, multiple sets of clustering variables were considered at the same time; then, for each set, a latent class analysis model was estimated on the clustering variables and a regression/independence model was estimated on the non-clustering ones. Different sets were generated by various genetic operators and the fittest individuals were selected. The fitness function was defined as the BIC of the joint distribution of both clustering and non-clustering variables, where clustering variables were modeled via a latent class analysis model and non-clustering variables were modeled via multinomial logistic regression. Variable specific entropy contribution of each time point was used to assess how well individual time points identified the latent classes. These univariate entropies varying between 0 and 1 were directly comparable to each other, with large values indicating the clear separation of classes. The Rand Index (RI) and Adjusted Rand Index (ARI) was used as a similarity measure when comparing different clustering results. More specifically, ARI was used to measure the level of agreement between two partitions, the model fitted to the data subset and the full dataset. A larger RI and ARI means a higher agreement between two partitions.
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LEGEND FOR FIGURES

**Figure E1.** Heatmap showing the phi coefficient of pairwise comparison between data collection points

**Figure E2.** The optimal number, shape and prevalence of wheeze phenotypes with different (12,290, 7500, 5000, 2500, 1500, 500) sample sizes based on children with at least 2 observations of wheeze (the optimal was chosen based on the lowest BIC)

**Figure E3.** The optimal number, shape and prevalence of wheeze phenotypes with different number of data collection points (6, 8, 11 and 14) based on children with at least 2 observations of wheeze.

**Figure E4.** The optimal number, shape and prevalence of wheeze phenotypes with combined effects of sample size and data collection frequency based on children with at least 2 observations of wheeze.

**Figure E5.** Estimated prevalence of wheeze for each wheezing phenotype in four-, five- and six-latent class solutions identified by LCA based on children 12,290 children with at least 2 observations of wheeze.

**Figure E6.** Assignment of children into distinct wheeze phenotypes over a sequence of LC model with four, five and six classes based on most likely class membership (12,290 children with at least 2 observations of wheeze). Ellipse nodes show class membership (most likely phenotype) whilst the values along the arrow represent the % of children moving from one class to another in models with an increasing number of classes.
Table E1: Differences of lung function (FEV₁ % predicted) at 24 years between wheezing phenotypes: ANOVA and Tukey HSD test of pairwise comparisons.

| Variation source | df | Pre-BD | Post-BD | Pre-BD | Post-BD | Pre-BD | Post-BD | Pre-BD | Post-BD | Pre-BD | Post-BD |
|------------------|----|--------|---------|--------|---------|--------|---------|--------|---------|--------|---------|
| Phenotypes       | 5  | 5      | 2243    | 1463   | 2243    | 1463   | 448.6   | 292.6  | 448.6   | 292.6  | 3.313   | 2.252   | 0.005561 | 0.04709 |
| Residual         | 1651 | 1351 | 223565  | 175521 | 223565  | 175521 | 135.4   | 129.9  | 135.4   | 129.9  | 0.0        | 0.0      |           |         |

Tukey's HSD (Honestly Significant Difference) Test

| Pairwise comparison of wheeze phenotypes | Mean Differences | Significant (p adjusted<0.05)? | 95 % CI of differences (lower, upper) |
|-----------------------------------------|------------------|-------------------------------|--------------------------------------|
|                                        | Pre-BD FEV₁ % pred. | Post-BD FEV₁ % pred. | Pre-BD FEV₁ % pred. | Post-BD FEV₁ % pred. | Pre-BD | Post-BD |
| Mid-childhood remitting AND Late-childhood onset | -0.66 | -1.61 | No | No | (-5.82, 4.49) | (-7.27, 4.05) |
| Never/infrequent AND Late-childhood onset | 0.69 | -1.34 | No | No | (-3.11, 4.50) | (-5.52, 2.84) |
| Pre-school remitting AND Late-childhood onset | -1.59 | -3.11 | No | No | (-5.78, 2.60) | (-7.69, 1.47) |
| Persistent AND Late-childhood onset | -3.26 | -3.41 | No | No | (-8.44, 1.93) | (-9.26, 2.44) |
| School-age onset AND Late-childhood onset | 1.51 | 1.70 | No | No | (-4.11, 7.12) | (-4.45, 7.86) |
| Never/infrequent AND Mid-childhood remitting | 1.36 | 0.27 | No | No | (-2.40, 5.12) | (-3.85, 4.39) |
| Pre-school remitting AND mid-childhood remitting | -0.93 | -1.50 | No | No | (-5.08, 3.22) | (-6.03, 3.03) |
| Persistent AND Mid-childhood remitting | -2.59 | -1.80 | No | No | (-7.75, 2.56) | (-7.61, 4.00) |
| School-age onset AND Mid-childhood remitting | 2.17 | 3.31 | No | No | (-3.42, 7.76) | (-2.80, 9.43) |
| Pre-school remitting AND Never/infrequent | -2.29 | -1.77 | Yes | No | (-4.55, -0.02) | (-4.20, 0.66) |
| Persistent AND Never/infrequent | -3.95 | -2.07 | Yes | No | (-7.76, -0.15) | (-6.45, 2.30) |
| School-age onset AND Never/infrequent | 0.81 | 3.04 | No | No | (-3.56, 5.18) | (-1.73, 7.82) |
| Persistent AND Pre-school remitting | -1.66 | -0.30 | No | No | (-5.86, 2.52) | (-5.06, 4.46) |
| School-age onset AND Pre-school remitting | 3.10 | 4.81 | No | No | (-1.61, 7.81) | (-0.32, 9.94) |
| School-age onset AND Persistent | 4.77 | 5.12 | No | No | (-0.85, 10.38) | (-1.17, 11.4) |
Table E2: Differences of lung function (FEV₁/FVC ratio) at 24 years between wheezing phenotypes: ANOVA and Tukey HSD test of pairwise comparisons.

### ANOVA

| Variation source | Pre-BD FEV₁/FVC ratio | Post-BD FEV₁/FVC ratio | Pre-BD FEV₁/FVC ratio | Post-BD FEV₁/FVC ratio | Pre-BD FEV₁/FVC ratio | Post-BD FEV₁/FVC ratio | Pre-BD FEV₁/FVC ratio | Post-BD FEV₁/FVC ratio |
|------------------|------------------------|-------------------------|------------------------|-------------------------|------------------------|-------------------------|------------------------|-------------------------|
| Phenotypes       | 5                      | 5                       | 0.3269                 | 0.1527                  | 0.06539                | 0.03054                 | 14.51                  | 8.33                    | 6.2E-14                 | 9.0E-08                |
| Residual         | 1600                   | 1358                    | 7.482                  | 4.977                   | 0.00451               | 0.00366                 |                        |                         |                         |                        |

### Tukey's HSD (Honestly Significant Difference) Test

#### Pairwise comparison of wheeze phenotypes

| Phenotype Comparison | Mean Differences | Significant (p adjusted<0.05)? | 95% CI of differences (lower, upper) |
|----------------------|------------------|-------------------------------|--------------------------------------|
| Mid-childhood remitting AND Late-childhood onset      | 0.01  -0.01      | No                            | (-0.02, 0.04)                        |
| Never/infrequent AND Late-childhood onset             | 0.02  0.01       | No                            | (0.00, 0.04)                         |
| Pre-school remitting AND Late-childhood onset          | 0.00  -0.01      | No                            | (-0.03, 0.02)                        |
| Persistent AND Late-childhood onset                    | -0.03 -0.03      | No                            | (-0.06, 0.00)                        |
| School-age onset AND Late-childhood onset              | 0.00  0.00       | No                            | (-0.04, 0.03)                        |
| Never/infrequent AND Mid-childhood remitting           | 0.01  0.02       | No                            | (-0.01, 0.04)                        |
| Pre-school remitting AND mid-childhood                 | -0.01 0.00       | No                            | (-0.04, 0.01)                        |
| Persistent AND Mid-childhood remitting                 | -0.03 -0.02      | Yes                           | (-0.06, 0.00)                        |
| School-age onset AND Mid-childhood remitting           | -0.01 0.01       | No                            | (-0.04, 0.02)                        |
| Pre-school remitting AND Never/infrequent              | -0.03 -0.02      | Yes                           | (-0.04, -0.01)                      |
| Persistent AND Never/infrequent                        | -0.05 -0.04      | Yes                           | (-0.07, -0.03)                      |
| School-age onset AND Never/infrequent                  | -0.03 -0.01      | Yes                           | (-0.05, -0.00)                      |
| Persistent AND Pre-school remitting                    | -0.02 -0.02      | No                            | (-0.05, -0.00)                      |
| School-age onset AND Persistent                        | 0.00 0.01        | No                            | (-0.03, 0.03)                        |
| School-age onset AND Persistent                        | 0.02  0.03       | No                            | (-0.01, 0.05)                        |

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**Table E3**: The FEV$_1$ reversibility at age 24 years by phenotype (restricted to 1364 participants with FEV$_1$ reversibility data)

| Wheezing Phenotypes 0-16½ years | FEV$_1$ reversibility at 24y | P-value* | (optional) % positive FEV$_1$ reversibility |
|---------------------------------|-----------------------------|----------|------------------------------------------|
|                                 | No. | Mean (SD) |                       |                                          |
| Never-infrequent                 | 898 | 2.87 (6.2) | Baseline | 80.0                                      |
| Pre-school remitting             |     |           |                       |                                          |
| Transient early                  | 224 | 4.02 (5.4) | 0.104 | 81.3                                      |
| Mid-childhood remitting          | 69  | 4.03 (5.3) | 0.627 | 84.1                                      |
| School-age onset                 |     |           |                       |                                          |
| Late-onset                       | 49  | 4.94 (4.9) | 0.171 | 89.8                                      |
| Late-childhood onset             | 65  | 4.22 (5.4) | 0.490 | 83.1                                      |
| Persistent wheeze                | 59  | 6.29 (5.9) | 0.0003 | 91.5                                      |

* Tukey test.
Table E4: Wheeze phenotypes from birth up to 9 years of age identified based on temporal pattern

| Cohort    | Sample Size | Number of time points | Years covered | Number of phenotypes |
|-----------|-------------|-----------------------|---------------|----------------------|
| CCCEH     | 689         | 15                    | 9             | 4                    |
| TUSCON    | 826         | 2                     | 6             | 4                    |
| PASTURE   | 953         | 6                     | 6             | 5                    |
| MAAS      | 1184        | 8                     | 8             | 5                    |
| PIAMA     | 2810        | 8                     | 8             | 5                    |
| ALSPAC    | 5760        | 8                     | 8             | 6                    |
| ALSPAC    | 6265        | 7                     | 7             | 6                    |