Age-Associated Changes in Adverse Events Arising From Anti-PD-(L)1 Therapy

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Background: Immune-related adverse events (irAEs) may complicate the immune checkpoint inhibition (ICI) therapy. The effect of age on these irAEs is not elucidated. The aim of the study was to compare the occurrence of irAEs in different age groups.

Methods: Patients with lung cancer receiving anti-programmed death- ligand 1 (PD-(L)1) were selected from the US Food and Drug Administration Adverse Event Reporting System (FAERS) database. Immune cell infiltration data set was obtained from TIMER 2.0 web server. The patients were stratified for age as follows: <65 year-old (young patients, YP), 65 to 75 year-old (middle aged patients, MP), ≥75 year-old (old patients, OP). The severity of irAEs was compared using logistic binary regression model. The distribution differences of immune cell infiltration were estimated using non-parametric tests.

Results: Of all the 17,006 patients treated by anti-PD-(L)1, 7,355 were <65 (YP), 6,706 were 65–75 (MP), and 2,945 were ≥75 (OP). In general, we analyzed a total of 16 irAEs in this article and found that pulmonary toxicity was more frequent in OP (OP vs. YP: OR = 1.45, 95% CI: 1.28–1.64) and MP (MP vs. YP: OR = 1.38, 95% CI: 1.24–1.52), but hepatitis was less frequent in OP (OP vs. YP: OR = 0.56, 95% CI: 0.32–0.97) and MP (MP vs. YP: OR = 0.57, 95%CI: 0.38–0.85). Further analysis demonstrated that older patients showed less B cell, CD8+ T cell and myeloid dendritic cell infiltration than younger patients.

Conclusions: Elderly patients exhibited higher incidences of pulmonary toxicity, while hepatitis was found at low incidence. Therefore, clinicians should carefully monitor comorbidities in elderly patients.

Keywords: aging, immune checkpoint inhibitors, immune-related adverse events, immune cell infiltration, lung cancer

INTRODUCTION

Programmed cell death protein-1 (PD-1) and programmed cell death protein- ligand 1 (PD-L1) are the two most intensively studied immune regulatory checkpoint pathways in cancer (1), which relies on the presence of ongoing antitumor immune response after blocking this pathway (2). Monoclonal antibody therapies at various clinical levels have now been developed to against...
inhibitor treatment registered as of December 31, 2019 from FAERS. The study was exempt from ethical review under the EKOS (Ethikkommission Ostschweiz, Switzerland) ethics committee policy because all of the analyzed data sets were identified and publicly available. Five reported PD-(L)1 monoclonal antibodies were searched from FAKERS public dashboard. Search terms included “nivolumab,” “pembrolizumab,” “atezolizumab,” “avelumab,” and “durvalumab.” We also selected sixteen common irAEs, including pulmonary toxicity, radiation pneumonitis, myasthenia gravis, adrenal insufficiency, colitis, myocarditis, hepatitis, myositis, hypophysitis, encephalitis, skin reaction, diabetes, thyroid toxicity, hematologic toxicity, neurologic toxicity, and gastrointestinal reaction (9). Clinopathological characteristics enrolled in the model were sex, serious, pathological type, and country. Serious means that one or more of the following outcomes were documented in the report: death, hospitalization, life-threatening, disability, congenital anomaly, and/or other serious outcome. Subsequently, the cohort was trichotomized into three (younger patients (YP) with age <65, middle aged patients (MP) with 65<age<75, and elder patients with age≥75) subgroups using cut-off age of 65 and 75 years.

Tumor-Infiltrating Immune Cell Analysis
The data set of tumor-infiltrating immune cells was downloaded from TIMER 2.0 (http://timer.cistrome.org). TIMER 2.0 consists of three major components, including immune, exploration, and estimation. The estimation component was used to infer immune cell infiltration levels. The TIMER algorithm was chosen for our study. Then, the TIMER data set was matched with the lung cancer data set obtained from the Cancer Genome Atlas (TCGA) database (https://portal.gdc.cancer.gov) according to the TCGA ID number. Similarly, the immune infiltration data was stratified into three subgroups by age (<65 years, 65–75 years, and ≥75 years). A violin plot was constructed using Origin ver. 2019 to show the distribution of tumor-infiltrating immune cells.

Statistical Analysis
All data manipulation and statistical analyses were performed using IBM SPSS version 22 (IBM Corporation, Armonk, NY, USA) and Microsoft Excel (2016, Microsoft). The differences in irAEs of each age group were calculated using a crosstab. Univariate logistic binary regression analysis was applied to calculate the odds ratio (ORs) and 95% confidence intervals (CIs). Subsequently, multivariate logistic regression was used to estimate the odds ratios (ORs) and 95% CI for the association between age and different irAEs, while controlling for potential confounders, including sex, treatment modality, comorbidity (pre-existing autoimmune condition). A forest plot was generated using Stata ver.12.0 to summarize data for each group with ORs and 95% CIs to provide a visual analysis of studies evaluating fatal toxicity events. The distribution of immune cells among different age groups was analyzed using TIMER 2.0 web server. Statistically significant difference was defined as a P-value <0.05.
Ethical Statement
The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Institutional review board approval was not required because FAERS is an unlinkable anonymized database open to the public. Informed consents from patients were waived due to the anonymity of individual patient data. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

RESULTS
Characteristics of the Study Population
In our study, we identified 17006 LC cases from FDA database. Among them, 7355 (43.2%) patients were in the YP (age <65) group, 6706 (39.4%) were in the MP (65≤age<75) group and 2945 (17.4%) were in the OP (age ≥75) group. The median (range) age of YP, MP, and OP subgroups was respectively 58 (0–64), 69 (65–74), and 78 (75–101) years old. In total, 11335 (66.7%) of the patients were male, 10584 (62.2%) were non-small cell lung cancer, and 16351 (96.1%) had serious outcomes. The main countries were Japan (5826[34.3%]), United States (3506 [20.6%]), France (1881[11.1%]), and others (1562[9.2%]). The baseline characteristics in each subgroup are presented in Table 1. We run an univariate and multivariate logistic regression analysis of the odds ratio for different irAEs (Supplementary Table 1). In the univariate analysis, the incidence of irAEs including pulmonary toxicity, radiation pneumonitis, hepatitis, hypophysitis, hematologic toxicity, and gastrointestinal reaction was significantly higher for OP than MP and YP, and subjects with pulmonary toxicity, radiation pneumonitis, adrenal insufficiency, encephalitis, skin reaction, hematologic toxicity were more likely to be males. Multivariate analysis, after controlling for the confounders, demonstrated an independent and significant association between demographic and clinical characteristics and the increased likelihood of irAEs (Supplementary Table 1). The risk of pulmonary toxicity was independently positively associated with older subjects [adjusted OR of 1.381 (95% CI 1.243–1.534, p<0.001) and being male [adjusted OR of 1.537 (95% CI 1.407–1.680, p<0.001); adjusted OR of 1.418 (95% CI 1.115–1.804, p=0.004)]. In addition, patients receiving combinational agent treatment [adjusted OR of 1.334 (95% CI 1.236–1.441, p<0.001)] were also observed with increased pulmonary toxicity. Independent negative associations were observed among the risk of combinational agent treatment [adjusted OR of 0.652 (95% CI 0.526–0.808, p<0.001)] (Supplementary Table 1).

| TABLE 1 | Characteristics of 17006 Patients. |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Characteristics | All n=17006 | age<65 n=7355 | 65≤age<75 n=6706 | age≥75 n=2945 | P-value |
| Sex, No. (%)   |             |               |                 |                 |       |
| Female         | 5414 (31.8)  | 2660 (36.2)   | 1895 (28.3)     | 859 (29.2)      |       |
| Male           | 11335 (66.7)| 4882 (62.3)   | 4723 (70.4)     | 2030 (68.9)     |       |
| Not specified  | 257 (1.5)    | 113 (1.5)     | 88 (1.3)        | 56 (1.9)        |       |
| Serious, No. (%) |         |               |                 |                 | <0.001 |
| Serious        | 16351 (96.1)| 7074 (96.2)   | 6485 (96.7)     | 2792 (94.8)     |       |
| Non-serious    | 655 (3.9)   | 281 (3.8)     | 221 (3.3)       | 153 (5.2)       |       |
| Pathological type, No. (%) |           |             |                 |                 | <0.001 |
| Non-small cell lung cancer | 10584 (62.2)| 4477 (60.9) | 4151 (61.9) | 1956 (66.4) |       |
| Small cell lung cancer | 631 (3.7) | 316 (4.3) | 219 (3.3) | 96 (3.3) |       |
| Not specified  | 5791 (34.1) | 2562 (34.8) | 2336 (34.8)     | 890 (30.3)      |       |
| Country, No. (%) |           |             |                 |                 | <0.001 |
| Japan          | 5826 (34.3) | 1906 (25.9)  | 2663 (39.7)     | 1257 (42.7)     |       |
| United States  | 3506 (20.6)| 1598 (21.7)  | 1240 (18.5)     | 668 (22.7)      |       |
| France         | 1881 (11.1)| 972 (13.2)   | 660 (9.8)       | 249 (8.5)       |       |
| Germany        | 963 (5.7)  | 504 (6.9)    | 340 (5.1)       | 119 (4.0)       |       |
| Italy          | 632 (3.7)  | 227 (3.1)    | 279 (4.2)       | 126 (4.3)       |       |
| Spain          | 414 (2.4)  | 220 (3.0)    | 144 (2.1)       | 50 (1.7)        |       |
| China          | 366 (2.2)  | 235 (3.2)    | 108 (1.6)       | 23 (0.8)        |       |
| United Kingdom | 312 (1.8)  | 125 (1.7)    | 132 (2.0)       | 55 (1.9)        |       |
| Australia      | 300 (1.8)  | 120 (1.6)    | 121 (1.8)       | 59 (2.0)        |       |
| Canada         | 296 (1.7)  | 125 (1.6)    | 114 (1.7)       | 47 (1.6)        |       |
| Belgium        | 229 (1.3)  | 114 (1.5)    | 90 (1.3)        | 25 (0.8)        |       |
| Republic of Korea | 142 (0.8) | 66 (0.9)    | 62 (0.9)        | 14 (0.5)        |       |
| Netherlands    | 137 (0.8)  | 70 (1.0)     | 55 (0.8)        | 12 (0.4)        |       |
| Switzerland    | 117 (0.7)  | 55 (0.7)     | 42 (0.6)        | 20 (0.7)        |       |
| India          | 115 (0.7)  | 80 (1.1)     | 27 (0.4)        | 8 (0.3)         |       |
| Israel         | 108 (0.6)  | 46 (0.6)     | 37 (0.6)        | 25 (0.8)        |       |
| Brazil         | 100 (0.6)  | 49 (0.7)     | 41 (0.6)        | 10 (0.3)        |       |
| Others         | 1562 (9.2) | 833 (11.3)   | 561 (8.2)       | 178 (6.0)       |       |

Serious means that one or more of the following outcomes were documented in the report: death, hospitalization, life-threatening, disability, congenital anomaly, and/or other serious outcomes. Documenting one or more of these outcomes in a report does not necessarily mean that the suspect product(s) named in the report was the cause of the outcomes.
However, subjects who have hepatitis were younger [adjusted OR of 0.622 (95% CI 0.420–0.922, p=0.018)] and received combinational agents [adjusted OR of 2.924 (95% CI 1.966–4.349, p<0.001)].

Impact of Aging on Immune-Related Adverse Events

To confirm whether aging increases the risk of irAEs, we performed analyses of the association between age and irAEs using a crosstab. A total of 16 irAEs were included in our analysis (Table 2, Supplementary Table 1, P<0.05). Among 2137 (12.6%) patients with pulmonary toxicity, 772 (10.5%) were in the YP group, 939 (14%) were in the MP group, and 426 (14.5%) were in the OP group. Compared with YP, OR (OP vs. YP: adjusted OR = 1.381, 95% CI: 1.243–1.534; P<0.001) and MP (MP vs. YP: adjusted OR = 1.270, 95% CI: 1.163–1.388; P<0.001) had increased risks of developing pulmonary toxicity. We also found that OP group had a higher risk of developing pulmonary toxicity than MP group. Within 207 (1.2%) patients with adrenal insufficiency and 177 (1.0%) with hematologic toxicity, the risk of developing adrenal insufficiency (MP vs. YP: adjusted OR = 1.505, 95% CI: 1.092–2.074) in the MP group and hematologic toxicity (OP vs. YP: adjusted OR = 1.513, 95% CI: 1.024–2.236) in the OP group were higher than that in the YP group, while the risk of developing gastrointestinal reaction (OP vs. YP: adjusted OR=1.537, 95% CI: 1.041–2.268) in the OP group was higher than that in the YP group. However, in the 124 (0.7%) patients with hepatitis, the OP (OP vs. YP: adjusted OR=0.504, 95% CI: 0.295–0.861) group and the MP (MP vs. YP: adjusted OR=0.614, 95%CI: 0.416–0.907) group reduced the risk of irAEs. Besides, the OP group had a lower risk of developing hepatitis than MP group. The risk of other irAEs did not differ among the YP, MP, and OP group (Table 2, P > 0.05).

In order to further explore the effect of irAEs on patients receiving anti-PD-(L)1 treatment in combination with cytotoxic T lymphocyte-associated antigen-4 (CTLA-4) agents, we analyzed separately in OP, MP, and MP subgroups. In YP subject treated with both anti-PD-(L)1 and anti-CTLA-4, 125 (4.0%) patients developed colitis, 49 (1.6%) developed hepatitis, 23 (0.7%) developed hypophysitis, 45 (1.4%) developed diabetes, implying an increased risk of irAEs with the combination treatment (Table 3, P<0.05). Among OP subjects, 29 (0.9%), 24 (0.7%), and 28 (0.8%) cases had an increased risk of developing hepatitis, hypophysitis, and encephalitis (Table 3, p<0.05). However, the risk of irAEs on patients aged 75 and older appeared to have no differences in treatment type.

The Distribution of Tumor-Infiltrating Immune Cells

To determine if aging affects tumor-associated immune cell infiltration as well as the number of immune cells primarily involved, split violin plots (Figure 1) were built, allowing a direct comparison between the two populations (OP and MP) and YP. As can be seen from Figure 1A, the immune cell infiltration level of B cell, CD8+ T cell, and myeloid dendritic cell in the OP group was significantly reduced compared with YP group. These immune cells infiltrated exhibited similar distribution patterns between groups of MP and YP (Figure 1B, P<0.05). CD8+ T cell, neutrophil, and macrophage infiltrated did not differ in the OP or MP group versus YP group. The statistical significance was lost in CD8+ T cell, neutrophil and macrophage. Therefore, the OP and MP groups may have unique biological features that are different from YP group.

DISCUSSION

ICI therapy is now increasingly used to treat a variety of solid tumors, including LC. However, the use of PD-(L)1 pathway inhibitors, such as monoclonal antibodies against PD-1 or PD-L1, will inevitably generate a variety of adverse events. ICIs have their own idiosyncratic adverse events, collectively defined as irAEs. Although ICI has a safe toxicity profile in cancer treatment, the toxicity of these molecules may be more challenging in elderly patients due to reduced functional reserve, age-associated comorbidities and polypharmacy.

Some clinical trials have found the relationship between age and toxicities. A previous clinical trial analyzing pooled data from a Nivolumab Phase III registry of different cancer types found that patients aged 70 years and older had higher skin toxicities than those under 65 years old (12). There was also an increase rate of grade III to V toxicities in patients aged 70 years or over than those under 70 years of age (13). In addition, a research team from Sloan Kettering Cancer Center presented at the American Society of Clinical Oncology (ASCO) meeting the benefits and toxicity of ICIs in patients over 80 years of age for melanoma (14). They reported that older patients had slightly higher rates of irAEs and early discontinuation of treatment than younger people. Our comprehensive study that included 17006 patients from FDA database investigated the occurrence of irAEs in elderly patients with lung cancer as compared with younger patients and middle-aged patients. In our results, our analysis showed an increased level of toxicities in older patients than in their younger counterparts when treated with anti-PD-(L)1 agents. Besides, the OP subgroup was having a higher risk of irAEs than MP and YP subgroup. Toxicities were more frequent on lung and endocrine in OP and MP compared with YP (Table 2). These results showed strong evidence of the increasing toxicities of anti-PD-(L)1 for older patients.

In recent years, more and more researchers have reached a consensus that immunosenescence has become a vital intersection of the increasing frequency and severity of cancer, aging, and immunity (15). Immunosenescence refers to a phenomenon of decreased immune function as a result of age-associated declines and impairments of immune function, affecting the process of producing specific responses to foreign antigens and autoantigens (16). One of the major theories to explain immunosenescence is autoimmunity (17). With advancing age, the immune system’s ability to distinguish between invaders and normal tissue diminishes and immune cells begin to attach normal body tissues. Similarly, irAEs are associated with infiltration of normal tissue by activated T cells responsible for autoimmunity. Autoimmune diseases caused by ICIs may be typical examples (18, 19).
### Table 2: Univariate and multivariate logistic regression analysis of the odds ratio for different irAEs, controlling for multiple conditions.

| Variable | Category | Univariate | Multivariate | Univariate | Multivariate |
|----------|----------|------------|--------------|------------|--------------|
|         |          | Crude OR  | 95% CI       | *p* value  | Adjusted OR  | 95% CI       | *p* value  |
| Pulmonary toxicity |          | 1.329     | 1.217–1.451  | **<0.001** | 1.270        | 1.163–1.388  | **<0.001** |
| Gastrointestinal reaction |          | 1.157     | 0.815–1.644  | 0.414      | 1.151        | 0.811–1.635  | 0.431      |
| Myasthenia gravis |          | 1.576     | 0.914–2.718  | 0.102      | 1.570        | 1.133–2.146  | **0.006**   |
| Adrenal insufficiency |          | 1.559     | 0.889–1.733  | 0.187      | 1.505        | 1.092–2.074  | **0.012**   |
| Colitis |          | 1.103     | 0.920–1.323  | 0.289      | 1.107        | 0.865–1.345  | 0.501      |
| Myocarditis |          | 1.011     | 0.851–1.202  | 0.897      | 1.018        | 0.867–1.547  | 0.933      |
| Hepatitis |          | 1.451     | 1.234–1.705  | **<0.001** | 1.433        | 1.219–1.684  | **<0.001** |
| Encephalitis |          | 1.248     | 0.889–1.733  | 0.187      | 1.018        | 0.670–1.547  | 0.933      |
| Hypophysitis |          | 4.277     | 3.063–7.173  | 0.124      | 3.248        | 0.788–13.383 | 0.103      |
| Thyroid toxicity |          | 1.921     | 0.857–1.446  | 0.721      | 1.970        | 0.786–1.462  | 0.663      |
| Diabetes |          | 1.128     | 1.024–1.385  | 0.016      | 1.072        | 0.786–1.462  | 0.663      |
| Skin reaction |          | 0.957     | 0.695–1.391  | 0.790      | 1.047        | 0.786–1.462  | 0.663      |
| Hematologic toxicity |          | 0.957     | 0.560–0.984  | 0.004      | 0.721        | 0.571–0.911  | **0.006**   |
| Neurologic toxicity |          | 0.956     | 0.985–2.334  | 0.059      | 0.956        | 0.985–2.334  | 0.059      |

irAEs, immune-related adverse events; Yes, with irAEs; No, without irAEs. Statistically significant values are in bold (*p* < 0.05).
T cells play an important role in anti-cancer immune defense mechanisms and they recognize tumor antigens, so they are activated and widely clear tumor cells. Studies have shown that diminished T-cell mediated immunity is the primary factor involved in the pathophysiology of immunosenescence (20). T cells undergo significant changes with aging: their absolute number, especially the naïve CD8+ T cells, declines with aging, partly due to thymic retreat and lymphoid stem cell contraction (21–23), and thus resulting in a decreased T cell diversity, decreased T cell proliferation and survival after T cell receptor stimulation, altered cytokines, and decreased cytotoxicity of CD8+ T cells (24, 25). In this article, we explored the age-related immune cell alterations. Our results identified that older age is associated with less CD8+ T cell. Therefore, the decrease in the number and function of CD8+ T cells might lead to poor immunity in patients, which are more likely to have irAEs when using ICIs and thus have a direct impact on the efficacy and toxicity of ICIs in this population. Our current understanding of immunosenescence implicates changes in the adaptive immune system—particularly within T cell populations—as the primary determinants of declining immune function with age. On the other hand, with the increase of age, the infiltration of immune cells into normal tissues increases, which leads to immune hyperactivity and triggers autoimmunity, thereby potentially increasing the incidence of irAEs (17–19).

At the same time, irAEs may be more challenging in older patients due to reduced functional reserve and age-associated comorbidities. Therefore, early detection of irAEs should be strengthened for management of elderly patients, and the severity of irAEs should also be carefully monitored and evaluated as associated comorbidities may be more likely to be decompensated. Finally, it is well known that older patients have a higher prevalence of autoantibodies, and it is expected that ICIs may reveal subclinical autoimmune diseases. Therefore, it is
important to investigate individual or familial autoimmune diseases or viral infections before ICI treatment to prevent irAEs.

This study has some limitations that warrant mention. First, the present study was a retrospective study. Second, adverse events reported in the FAERS database cannot be identified whether they were caused by the drug. When submitting the reports, FDA does not require proof of a causal relationship between an adverse event and a drug, and reports typically do not include detailed information that evaluates an adverse event. Third, the information stored in the FAERS database is basically based on spontaneous reporting. Whether an event can be reported is influenced by a variety of factors, such as the time the product is on the market and the level of public awareness of adverse events. FDA is unable to collect all serious adverse events from patients, which leads to reporting bias.

In conclusion, our study compared the risks of irAEs and the distribution differences of tumor-infiltrating immune cells among different age groups based on real-world data analyses. Our analysis showed increased pulmonary toxicity and decreased hepatitis toxicity in the older group than younger group. Less B cell, CD8+ T cell, and myeloid dendritic cell infiltration were observed in the patients aged ≥75 years. These trends often result in rapid clinical deterioration and poor outcomes. Therefore, clinicians should carefully assess and manage comorbidities in elderly patients, which is essential for better multidisciplinary cancer treatment.

DATA AVAILABILITY STATEMENT

Publicly available data sets were analyzed in this study. These data can be found here: The FAKERS data sets for this study can be found in the https://fis.fda.gov/sense/app/d10be6bb-494e-4cd2-82e4-0135608dcd13/sheet/6b5a135f-f451-45be-893d-20aaee34e28e/state/analysis. The TIMER 2.0 web server for this study can be found in http://timer.cistrome.org/.

ETHICS STATEMENT

Institutional review board approval was not required because FAERS is an unlinkable anonymized database open to the public.

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AUTHOR CONTRIBUTIONS

Conception and design: All authors. Administrative support: JZ. Provision of study materials or patients: All authors. Collection and assembly of data: PH, XH, TT, and YZ. Data analysis and interpretation: PH and XH. Manuscript writing: All authors. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fonc.2021.619385/full#supplementary-material

Supplementary Table 1 | Association between patient characteristics and irAEs.
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