Cartilage oligomeric matrix protein neoepitope in the synovial fluid of horses with acute lameness: A new biomarker for the early stages of osteoarthritis

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Summary

Background: Clinical tools to diagnose the early changes of osteoarthritis (OA) that occur in the articular cartilage are lacking.

Objectives: We sought to identify and quantify a novel cartilage oligomeric matrix protein (COMP) neoepitope in the synovial fluid from the joints of healthy horses and those with different stages of OA.

Study design: In vitro quantitative proteomics and assay development with application in synovial fluids samples obtained from biobanks of well-characterised horses.

Methods: Articular cartilage explants were incubated with or without interleukin-1β for 25 days. Media were analysed via quantitative proteomics. Synovial fluid was obtained from either normal joints (n = 15) or joints causing lameness (n = 17) or with structural OA lesions (n = 7) and analysed for concentrations of the COMP neoepitope using a custom-developed inhibition enzyme-linked immunosorbent assay (ELISA). Explants were immunostained with polyclonal antibodies against COMP and the COMP neoepitopes.

Results: Semitryptic COMP peptides were identified and quantified in cell culture media from cartilage explants. A rabbit polyclonal antibody was raised against the neoepitope of the N-terminal portion of one COMP fragment (sequence SGPTHEGVC). An inhibition ELISA was developed to quantify the COMP neoepitope in synovial fluid. The mean concentration of the COMP neoepitope significantly increased in the synovial fluid from the joints responsible for acute lameness compared with normal joints and the joints of chronically lame horses and in joints with chronic structural OA. Immunolabelling for the COMP neoepitope revealed a pericellular staining in the interleukin-1β-stimulated explants.

Main limitations: The ELISA is based on polyclonal antisera rather than a monoclonal antibody.

Conclusions: The increase in the COMP neoepitope in the synovial fluid from horses with acute lameness suggests that this neoepitope has the potential to be a unique candidate biomarker for the early molecular changes in articular cartilage associated with OA.

Keywords: horse; cartilage oligomeric matrix protein neoepitope; biomarker; osteoarthritis; synovial fluid; lameness

Introduction

Many horses retire at a young age because of osteoarthritis (OA) [1,2], the most common reason for failure to train and race, and OA accounts for the greatest single economic loss in the horse racing industry and impacts on equine welfare [3]. The diagnosis of OA relies on clinical and radiological examinations of late, irreversible stages. Sensitive serum biomarkers specific for early, potentially reversible, stages of the disease are lacking [4]. Despite the increase in knowledge regarding the pathogenic mechanisms of OA, no disease-modifying OA drugs (DMOADs) exist for treatment [5] because: 1) the disease progresses over a long period of time; 2) no biological markers exist that can be used to monitor the
Material and methods

In vitro cartilage inflammation model

For the proteomic study, articular cartilage was aseptically collected from the medial and lateral weightbearing parts of the distal metacarpal bone III of the fetlock joint from two 2.5-year-old slaughtered horses without any clinical history of joint disease. Sixteen cartilage explants were pooled into 2 groups of 8 explants (4 from the left and 4 from the right joints) each weighing 70 mg in total per group. All explants were incubated in 2 mL Dulbecco’s modified Eagle medium Nutrient Mixture F-12 (DMEM/F12) containing 0.1 mg/mL cell culture-tested bovine serum albumin\(^\text{5}\), 0.1 mg/mL ascorbic acid and 4% penicillin/streptomycin at 37°C in 7% CO\(_2\) for 24 h to allow adaptation of culture conditions before culturing in the presence or absence of equine recombinant interleukin (IL)-\(\beta\) (10 ng/mL) for 25°C. The medium was changed and harvested at Days 0, 3, 6, 9, 12, 15, 18 and 22 (time points).

Sample preparation of medium at 3, 6, 9, 12, 15, 18 and 22 days was performed as previously described [12]. Briefly, extracted proteins from the concentrated media were reduced, alkylated and digested with trypsin. Peptides were labelled with TMT\(^\text{3}\) and samples were prefractionated with strong cation exchange chromatography separation on an AKTA purifier system\(^\text{6}\). A proteomic liquid chromatography – tandem mass spectrometry (MS/MS) analysis was performed using an LTQ Orbitrap-Velos mass spectrometer\(^\text{7}\) integrated with a nanoliquid chromatography reversed-phase column. Data analysis was performed on merged MS raw data files using Proteome Discoverer version 1.3\(^\text{2}\). Database searches were performed with the Mascot search engine version 2.3, (in-house server) using the following criteria: UniProtKB Equus protein database (27,746 sequences), MS peptide tolerance 10 ppm, MS/MS tolerance 0.5 Da, semi-trypsin digestion (to obtain the biological cleavage site) allowing for one missed cleavage with variable modifications; methionine oxidation, cysteine-cysteinylation and fixed modifications; N-terminal TMT6-plexlabel; and lysine TMT6-plexlabel. The data have been deposited to the ProteomeXchange via the PRIDE database, project accession: PXD004993.

Polypeptide preparation, TMT labelling and a proteomic analysis were performed on medium at 3, 6, 9, 12, 15, 18 and 22 days, as previously described [12].

Polyclonal antibody

The GenScript custom rabbit polyclonal antibody service\(^\text{8}\) was used to raise polyclonal antibodies against the neoepitope at the N-terminus of one COMP fragment using an immunogenic peptide (SGPTGHEVC) containing 5 amino acids from the native COMP sequence, followed by 3 glycine residues and one cysteine residue. In brief, the protocol included peptide synthesis and KLH (Keyhole Limpet Hemocyanin) conjugation followed by rabbit immunisation. Polyclonal antisera were purified by affinity chromatography using the immunogenic peptide conjugated to a solid resin.

Neoeptope ELISA

An inhibition ELISA was developed to quantify the concentration of the COMP neoepitope in synovial fluid. NUNC plates\(^\text{4}\) were coated with 4.0 μg/mL peptide (sequence SGPTHEVC) diluted in 0.1 mol/L carbonate buffer, pH 9.6 and incubated at 4°C overnight. A serial dilution of 5.0 μg/mL peptide (sequence SGPTHEVGCMA) in 10 mmol/L phosphate buffered saline (PBS) with 0.6% BSA and 0.8% SDS was used as a calibration curve (range = 5–0.078 μg/mL). Synovial fluid samples were diluted 1:20 in PBS with 0.84% SDS. Duplicates of standard and synovial fluid were incubated in 96-well Sterilin plates\(^\text{5}\) at 25°C overnight. On the second day, primary anti-COMP antibody (diluted in PBS with 1% BSA and 4% Triton-X-100) was added to the Sterilin plates and the plates were incubated for 1 h 20 min at 25°C NUNC plates were washed and blocked with PBS with 1% BSA and 0.1% Tween for 1 h at 25°C. A total of 100 μL was transferred from the Sterilin plates to the NUNC plates and incubated for 1 h at 25°C. After incubation, the NUNC plates were washed, and secondary antibody (Goat Anti-Rabbit IgG H&L [HRP] [Ab97051])\(^\text{8}\) diluted 1:20,000 in PBS with 1% BSA and 0.1% Tween was added. The plates were incubated for 1 h at 25°C and washed 6 times and incubated with substrate for approximately 8 min at 25°C. Stop solution (1 mol/L H\(_2\)SO\(_4\)) was added, and the absorbance was measured at 450 nm.

To investigate the assay specificity for the neoepitope, a synovial fluid sample was spiked with different concentrations (1–4 μg/mL) of the overlapping peptide. In addition, the specificity of the neoepitope antibody was tested using a serial dilution of overlapping peptide or neoepitope peptide. Antibody specificity for the COMP fragment neoepitope was also evaluated by coating the ELISA plate with a peptide overlapping the neoepitope (PPGS/SPHTHEVCMC). The intra-assay precision was determined through an analysis of 20 replicates of 3 samples with a medium-to-high concentration of the COMP neoepitope. The interassay precision was determined through an analysis of 20 replicates of 2 samples on 2 occasions. Linearity was tested via the serial dilution (1:5–1:120) 2 synovial fluid samples. The detection limit for the assay was determined via an analysis of 10 replicate at varying concentrations.

Synovial fluid sampling

Synovial fluid samples were obtained from 3 biobanks: Biobanks I and II were collected for other studies [13,14], and the third is an on-going sample. The inclusion criteria for the current study were: 1) >100 μL of available fluid; 2) a history of acute lameness (<4 weeks duration); 3) a history of chronic lameness (>4 weeks duration); 4) a history of no lameness and a joint with normal morphology; or 5) a joint with a structural OA present.

All biobanks I, II and III consisted of synovial fluid that had been analysed for total protein (g/L) and total number of leucocytes. Aliquots (100 μL) of centrifuged samples were frozen at −80°C and stored. Biobank I and III comprise synovial fluid from live horses and biobank II from horses that had been subjected to euthanasia.

Biobank I [14] included young Standardbred trotters trained by the same trainer. These horses started their training at a mean age of 19.5 months and finished at a mean age of 40 months. All of the horses were clinically healthy and were examined on six occasions (visits 1–6) including synovial fluid sampling. At the synovial fluid sampling, lameness examination with a flexion test including radiographs and scintigraphy of the carpal joints was performed. A previous report described these horses, their training programme and their synovial fluid concentrations of total COMP [14].

Samples from Biobank II came from Standardbred and Swedish warm-blooded riding horses that were subjected to euthanasia at one abattoir and reported previously [13]. The synovial fluid from the left intercarpal joint was sampled immediately post-mortem. The articular cartilage was characterised as normal or with chronic structural OA lesions of the proximal articular surface at the third carpal bone [13,15].

Biobank III consisted of synovial fluid from clinically lame horses (all breeds) referred to the Animal Hospital at the Swedish University of Agricultural Sciences. The horses underwent lameness examination including flexion tests, intra-articular anaesthesia and wireless, inertial sensor-based lameness evaluation [16]. This bank consists of synovial fluid from joints with defined lameness localised to a specific joint and synovial fluid was obtained from metacarpophalangeal (n = 7), middle carpal (n = 6), tarsocural (n = 5) and distal interphalangeal (n = 1) joints.

Overall, the material used in the current study included (Table 2) synovial fluid from the middle carpal joints from young healthy racehorses in training (n = 7, Biobank I), horses with macroscopically normal articular cartilage (n = 8, Biobank II), and mild-to-moderate structural OA changes of the articular cartilage (n = 4, Biobank II), and various different joints responsible lameness (<4 weeks) (n = 8, Biobank III, n = 1, Biobank II) and >4 months (n = 8, Biobank III).

Immunohistochemistry

Formalin-fixed blocks of cytokine-stimulated explants and unstimulated explants were immunostained for total COMP (rabbit polyclonal antibody [Ab74524rr]\(^\text{9}\) and the COMP neoepitope (rabbit polyclonal antibody). The polyclonal antibodies were used at dilutions of 1:800 and 1:1000, respectively. Briefly, the specimens were sectioned and mounted onto slides, deparaffinised, rehydrated and washed in PBS (0.01 mol/L phosphate, 0.15 mol/L NaCl, pH 7.4). Endogenous peroxidase activity was
quenched with 3% hydrogen peroxide in PBS. Nonspecific binding was blocked by incubating the sections in 2% normal goat serum, then dried and incubated with the polyclonal antisera (X0907) for 60 min at room temperature. After rinsing in PBS, the sections were incubated with horseradish peroxidase-conjugated secondary antibodies (K5007) for 30 min at room temperature. Visualisation was performed using the colour developer 3,3-diaminobenzidine (K4065; K5007) and counterstaining with haematoxylin. As the negative (isotype) controls, the primary antibody was substituted with nonimmune rabbit serum (X0936) in the same dilution as the primary antibody. The sections were evaluated subjectively using a Nikon Eclipse E600 microscope and NIS Elements Basic Research software, version 3.22.1h.

Data analysis
The data are presented as the means ± s.d. and differences among means were assessed via a one-way ANOVA using GraphPad Prism 6l. Tukey’s multiple comparisons test was performed for between-group comparisons. The level of significance was set at P<0.05.

Results
The identification of COMP neoepitopes released from articular cartilage explants stimulated with IL-1β
Semitryptic COMP peptides were identified and quantified in cell culture media from cartilage explants. During a culture period of 22 days, a relative quantification was performed by comparing the release of neoepitopes from IL-1β-stimulated and nonstimulated explants. The neoepitopes were released at a higher abundance in the IL-1β-stimulated cartilage explants compared to nonstimulated (Table 1).

One of the identified semitryptic COMP peptides (SGPTH EG VGMAFK), released early at day 3, was selected for further investigation, and the neoepitope specific antibodies were raised against the N-terminal portion of the peptide (SGPTH) for immunoassay development.

Neoepitope ELISA
The antibody selectivity for the COMP fragment neoepitope was evaluated by coating the ELISA plate with a peptide that overlapped the neoepitope (PPGYSGPTHEVGM). Since analysis of control samples (blanks) did not yield a signal for the wells coated with the overlapping peptide in the competitive ELISA, we conclude that there was no antibody binding to the overlap peptide. The selectivity for the neoepitope was further confirmed since the analysed concentration of COMP fragments did not differ between nonsparked and spiked samples using the overlapping peptide. The specificity of the neoepitope antibody was demonstrated by serial dilution of the overlapping or the neoepitope peptide. The result clearly showed that the neoepitope antibody specifically bound to the neoepitope peptide and no binding to the overlapping peptide was observed (Fig 1). The intra-assay precision was established to be 10.9%. The interassay precision was established as 10.7%. The detection limit for the assay was 0.156 μg/mL based on analysis of 10 replicates at varying concentrations, and the lower limit of quantification was defined as the concentration where the coefficient of variation increased to >20%.

OA classification
The Biobank sources, age and breed distributions of the groups are presented in Table 2. In samples from Biobank III, acute lameness included horses lame for <4 weeks and chronic lameness was diagnosed when horses were lame for >4 months. The mean concentrations of total protein (<23 g/L) and the white blood cell count (WBC; <500 x 10⁶) were within normal levels in the synovial fluid from both normal and OA joints.

TABLE 2: Age and breed of horses with healthy joints and those with acute (<4 weeks) or chronic (~4 months) lameness or joints with structural osteoarthritis (OA) lesions

|          | Healthy control | Acute lameness | Chronic lameness | OA |
|----------|-----------------|----------------|------------------|----|
| n        | 15              | 9              | 8                | 7  |
| Mean age (years) | 3.9            | 9.8            | 13.1             | 7.6|
| Age range (years) | 1–12           | 4–20           | 4–18             | 3–19|
| Standardbred | 14             | 1              |                  | 7  |
| Swedish Warmblood horse | 1            | 5              | 4                | 4  |
| Pony     |                 |                |                  |     |
| Biobank I [ref 14] | 7              | 1              |                  | 7  |
| Biobank II [ref 13] | 8              |                |                  | 8  |
| Biobank III | 8              |                |                  |     |

TABLE 1: Cartilage oligomeric matrix protein neoepitopes released from articular cartilage explants stimulated with interleukin-1β (IL-1) using mass spectrometry and relative quantification with isobaric tandem mass tags. The relative amount (ratio of peptides versus reference pool) of peptides in culture media of unstimulated (control) and IL-1 stimulated explants are given at different time points

| Peptide sequence     | Mascot ion score | Position HORSE | IL-1/Control Day 3 | IL-1/Control Day 6 | IL-1/Control Day 9 | IL-1/Control Day 12 | IL-1/Control Day 15 | IL-1/Control Day 18 | IL-1/Control Day 22 |
|----------------------|------------------|----------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| Y1 SGPTH EG VGM AF K | 56               | 1561/157       | 2.342               | 2.216               | 1.773               | 2.080               | 1.175               | 1.328               | 2.203               |
| GI SFC QCP GPG FG VGD AS GCRPR | 36               | 2002/201       | 1.774               | 1.853               |                     |                     |                     |                     |                     |
| DVDHDF VGD AC DSDQD K | 81               | 433/434        | 2.433               | 1.397               |                     |                     |                     |                     | 0.000               |
proteomics, we identified unique fragments of COMP generated by degrading enzymes activated selectively in an in vitro cartilage inflammation model [12]. The amino acid sequence that forms the new terminal (i.e. neoepitope) in one of the COMP fragments was identified. This neoepitope was identified at an early time point (Day 3) in the in vitro inflammation model and it presented the highest ratio in the media from IL-1β-stimulated compared with unstimulated explants. Five amino acids (SGPT) were used to raise polyclonal antibodies directed towards the new cleavage site. An inhibition ELISA was created, and the neoepitope was quantified in synovial fluid from a selected set of lame and nonlame horses with and without evidence of OA. The highest concentration of the COMP neoepitope was found in synovial fluid from horses with acute lameness (<4 weeks duration). The immunohistochemistry results confirm the proteomic data with no staining of the COMP neoepitope in the unstimulated cartilage explant. However, the IL-1β-stimulated cartilage explants showed clear staining of the COMP neoepitope at Day 25. Our analysis also identified previously reported COMP neoepitopes [9,10].

The ECM degradation occurred in a distinct time pattern, with early fragmentation of aggrecan and late fragmentation of collagen type II in this in vitro inflammation model [12]. Aggrecan is lost during the initial in vivo stages of OA articular cartilage, and collagen type II is lost later when the collagen network is fragmented [17,18]. COMP is a disulfide-bonded homopentamer belonging to the TSP family with calcium-binding properties as a common feature. The homopentamer structure of this protein gives it flexibility to interact through the C-terminal globular domain with other proteins and cell surfaces. The function of COMP is not fully understood; however, it interacts with several cartilage ECM molecules such as collagen, aggrecan, fibronectin, matrilins and small leucine-rich repeat proteins through the C-terminal globular domain [19–21]. COMP also interacts with chondrocytes [22] and growth factors [23,24] via the C-terminal globular domain. These interactions play essential roles in the matrix assembly and cellular functions present in the normal chondrogenesis of articular cartilage [25]. A recent report has hypothesised that COMP is a potential OA biomarker for early detection, treatment monitoring, prognosis and drug development [7].

Early diagnosis prior to the irreversible destruction of the collagen network in the joint is a prerequisite for the development of new drugs for treatment. OA is a chronic progressive disease that is always detected at a late stage both in horses and man. The human OA process progresses over decades [26]. Limitations in imaging techniques have shifted the focus of research towards biochemical markers that can be detected in synovial fluid, serum or urine. A new classification scheme for OA biomarkers has been proposed of human biomarkers [27,28]: burden of disease, investigative, prognostic, efficacy of intervention, and diagnostic and safety represented by the acronym BIPEDS is used to classify the different categories of markers. Potential biomarkers are validated against these categories. In the current study, we tested the potential COMP neoepitope with a focus on the fifth category, diagnosis.

A significant increase of the neoepitope was found in horses with a diagnosis of acute lameness compared with those with healthy joints or a diagnosis of chronic lameness or structural OA. In chronic and structural OA, the articular cartilage has been inflamed and hence degraded for a longer period and the total amount of COMP is reduced due to loss of articular cartilage. A lower synthesis of COMP has been shown in horses with moderate structural OA compared to mild lesions, which also correlated with lower concentration of total COMP in synovial fluid [13]. In addition, the neoepitope was visualised via immunostaining in IL-1β-stimulated cartilage explants, suggesting an early COMP fragmentation with a subsequent development of the unique neoepitope. The neoepitope was not visualised in the unstimulated explant; thus, it is probably not a part of the normal cartilage turnover.

Classical biochemical assays are often based on the measurement of the leakage of the components from damaged cells. OA assays have been developed that can detect matrix components such as COMP and different inflammatory cytokines [29] in body fluids. However, these markers are not sensitive enough on the individual level because they reflect a combination of normal and pathological turnover with anabolic and catabolic processes, and they include factors involved in inflammation. Available biomarker assays that are specific for different time points of OA do not exist. A recent review concluded that the urine concentrations of C-terminal
telopeptide of collagen type II and COMP were of diagnostic value for the progression of human OA [30].

Available biomarker assays are unable to distinguish pathological fragmentation from normal cartilage turnover [31]; however, the unique COMP neoepitope presented in this study appears to be almost nonexistent in the normal articular cartilage and show low concentrations in the normal equine joint. Hence, this COMP fragment has the potential to be a unique biomarker for the early stages of matrix degradation of the articular cartilage that are related to inflammation. This COMP neoepitope identified in the IL-1β-stimulated cartilage explants might be a candidate to monitor the early events of the OA process in equine joints in vivo.

**Authors’ declaration of interests**

No competing interests have been declared.

**Ethical animal research**

The Ethical Committee on Animal Experiments, Stockholm, Sweden approved the study protocol (Dnr; N378/12). Horse owners provided informed consent for the collection of synovial fluid for biobanking for research purposes.

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**Authorship**

E. Skölädebrand and U. Rüetschi helped conceive, design and execute the study, collect, analyse and interpret the data, and prepare and edit the final manuscript. S. Ekman and A. Lindahl helped acquire and interpret the data as well as prepare and review the manuscript. E. Svala helped acquire the data and conducted the in vitro explant model. C. Sihlbom conducted the proteomic analysis. A. Lundqvist and L. Mattsson-Hultén were responsible for the establishment and evaluation of the ELISAs. K. Björkman helped to develop and perform the ELISAs. P. Onnefjord contributed to the design of

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Fig 3: Immunohistochemistry of cartilage explants stained with polyclonal antibodies against total cartilage oligomeric matrix protein a,b), against the cartilage oligomeric matrix protein fragment c,d) and negative (isotype) controls e,f). Explants a, c and e were unstimulated and kept in media for 25 days, and explants b, d and f were stimulated with interleukin-1β (10 ng/mL) for 25 days. a) severe diffuse staining of the extracellular matrix (ECM); b) moderate cytoplasmic and pericellular staining (white arrows) and diffuse staining of the ECM (territorial and interterritorial); c) no staining; d) mild cytoplasmic and pericellular staining (black arrows); e,f) no staining. Scale bar = 50 µm.
the study as well as the interpretation and discussion of the results. All the authors have given final approval of this manuscript.

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Manufacturers' addresses

Life Technologies, Paisley, UK.
Sigma Aldrich, St Louis, Missouri, USA.
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DakoCytomation A/S, Glostrup, Denmark.
Axon Instruments Inc., Melville, New York, USA.
GraphPad Software Inc., San Diego, California, USA.

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