Bioreactivity of Stent Material: *In Vitro* Impact of New Twinning-Induced Plasticity Steel on Platelet Activation

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Abstract

A current challenge concerns developing new bioresorbable stents that combine optimal mechanical properties and biodegradation rates with limited thrombogenicity. In this context, twinning-induced plasticity (TWIP) steels are good material candidates. In this work, the hemocompatibility of a new TWIP steel was studied *in vitro* via hemolysis and platelet activation assessments. Cobalt chromium (CoCr) L605 alloy, pure iron (Fe), and magnesium (Mg) WE43 alloy were similarly studied for comparison. No hemolysis was induced by TWIP steel, pure Fe, or L605 alloy. Moreover, L605 alloy did not affect CD62P exposure, αIIbβ3 activation at the platelet surface, or phosphorylation of protein kinase C (PKC) substrates upon thrombin stimulation. In contrast, TWIP steel and pure Fe significantly decreased platelet response to the agonist. Given that similar inhibitory effects were obtained when using a conditioned medium previously incubated with TWIP steel, we postulated TWIP steel corrosion to be likely to release components counteracting platelet activation. We showed that the main ion form present in the conditioned medium is Fe³⁺. In conclusion, TWIP steel resorbable scaffold displays anti-thrombogenic properties *in vitro*, which suggests that it could be a promising platform for next-generation stent technologies.

Keywords

Stent, TWIP Steel, Platelet, Biomaterial, Hemocompatibility
1. Introduction

Endothelial dysfunction due to dyslipidemia, hypertension or pro-inflammatory molecules leads to atherosclerotic plaques formation inside the vessel’s intima layer which may cause coronary artery disease (CAD) [1] [2]. CAD, primarily responsible for myocardial infarction, is currently the first mortality cause worldwide [3] [4]. Coronary angioplasty with stent implantation is one of the most frequently performed therapeutic interventions to treat symptomatic CAD [5]. Stents are tubular scaffolds that are placed and expanded inside the coronary artery, designed to restore normal blood flow by local relief of obstructive lesions. However, harmful events, such as exacerbated smooth muscle cell proliferation in the neointima, chronic inflammatory local reactions, and thrombogenicity, contribute to lumen re-narrowing [6]. The mechanical characteristics, as well as the hemocompatibility of blood-contacting materials, must thus be investigated before considering them appropriate for in vivo applicability [7].

Blood flow through artificial stent-provided surfaces causes hemodynamic stress that may lead to erythrocytes rupture, called hemolysis [8], with associated consequences, including a reduction in oxygen transport to tissues, as well as free hemoglobin toxicity, notably altering kidney function [9]. In addition, the biomaterial exposure to the blood promotes the rapid adsorption of plasma proteins, including fibrinogen or von Willebrand factor, which both interact with the α1β3 platelet integrin receptor, inducing platelet activation [7]. Stable integrin-dependent platelet adhesion leads to further platelet activation, with subsequent release from their granules (α-, dense, and lysosomal) of a broad range of biomolecules that act in both autocrine and paracrine ways to amplify the activation process [10]. Moreover, degranulation alters platelet plasma membrane composition and results in surface exposure of P-selectin (CD62P), a protein involved in the interaction of platelets with endothelial cells and leukocytes [11]. Finally, the artificial stent-provided surfaces can activate the intrinsic coagulation pathway, thereby leading to thrombin generation [7]. Thrombin is not only a potent platelet agonist but also cleaves fibrinogen into fibrin, which accumulates on the biomaterial surface, being recognized as a late stent thrombosis feature [12] [13]. Importantly, platelets and the entire coagulation system have been considered as processes that all interact in multifaceted ways [14]. Altogether, this indicates that platelet activation is undoubtedly an essential part of hemocompatibility testing [7].

Until recently, stent technology was based on using permanent bare metal stents (BMS). Cobalt-chromium (CoCr) has so far been considered to be the backbone of several stent generations [6]. However, the permanent delivery of a metallic implant has been demonstrated to be associated with several drawbacks, including vessel caging, vasomotion impairment, late stent thrombosis, and nonpermissive characteristics for later surgical revascularization [15] [16]. Given that a stent’s scaffolding effect must only persist for 6-12 months, i.e. the time required to achieve arterial remodeling, the development of bioresorbable stents
is a promising approach enabling these limitations to be overcome [17]. Polylactic acid bioresorbable scaffolds failed to demonstrate a better outcome than conventional metallic permanent stents, combining a poor radial force and a higher delayed thrombogenicity. In contrast, iron (Fe) and magnesium (Mg) alloys were reported to be suitable metals for bioresorbable stents in terms of undesirable effects [18] [19] [20] [21] [22]. Pure Fe stent implantation in animals was shown to be associated with good biocompatibility [23] [24] [25]. Mg-based stent has shown a good safety profile in patients [26]. While stents based on some Fe alloys present mechanical properties comparable to those of CoCr alloy, Mg alloy stents suffer from lower mechanical properties [27]. Moreover, Fe and Mg alloys were reported to be associated with an uncontrollable degradation rate [19] [28]. This highlights the need to further pursue investigations in this field, with the aim to modify or better control the degradation rate, particularly by optimizing the chemical compositions of the alloys.

Amongst the Fe-based alloys for bioresorbable stenting solutions, Fe-Mn alloys were so far considered based on their improved mechanical properties [18]. Some of them constitute twinning-induced plasticity (TWIP) steels [29] [30] [31]. The present in vitro study sought to characterize the impact of new TWIP steel composed of Fe, Mn, C with minor additions of Si, and Al on hemolysis and platelet activation. CoCr L605 alloy and Mg WE43 alloy, and pure Fe were tested for comparison.

2. Materials and Methods
2.1. Scaffolds Preparation

In this work, TWIP steel (73.5 wt.% Fe, 24 wt.% Mn, 0.4 wt.% C, 1 wt.% Al, 1 wt.% Si) was compared with CoCr L605 alloy (65 wt.% Co, 27.5 wt.% Cr, 6.2 wt.% Mo and minor additions (<0.5 wt.%) of Fe, Mn, Ni and Si), 99.99% pure Fe, and Mg WE43 alloy (93 wt.% Mg, 4 wt.% Y, 0.5 wt.% Gd, 2 wt.% Nd, 0.5 wt.% Dy, 0.5 wt.% Zr). Ingot of TWIP steel was first cast after induction melting of the different pure elements (provided by Goodfellow) added in the right proportion. This ingot was then reheated to 1250°C for 30 min before being hot rolled. The same procedure was applied for pure Fe ingot. CoCr L605 alloy was provided by Biotronik. Mg WE43 alloy was provided by Magnesium Elektron. All metallic samples were cut into rectangular specimens of 1 mm × 4 mm × 10 mm. For surface preparation, the TWIP steel and pure Fe specimens were chemically etched in a solution of HF2.9M and H2O24.3 M for 3 minutes (min) and rinsed in water. They were then electropolished at 20 V in a solution of HClO4 575 mM and CH3COOH 16.6 M for 1 min. The L605 alloy was electropolished at 4 V in a solution of H3PO4 11.6 M for 6 min. The WE43 alloy was electropolished at 15 V in a solution of CH3OH 20.6M, CH2(CH2)OCH2CH2OH 1272 mM, Cl2MgO8 83 mM, and LiCl208mM for 2 min. All metallic samples were rinsed in denatured C2H5OH 99% (v/v), then dried and kept in a desiccator until use.
2.2. Determination of Blood Cell Number

Whole blood was collected from healthy volunteers using a 21-gauge butterfly needle in a tube containing 1/10 volume of citrated solution (citrate, phosphate, dextrose, and adenine). Metallic samples were immersed in whole blood at 37°C for 1 hour. The tubes were gently mixed every 10 min to avoid blood cell decantation. The numbers of platelets, white blood cells, and red blood cells were measured using Cell-DYN Emerald (Abbott Diagnostics), before and after incubation with the metallic samples.

2.3. Hemolysis Assay

Blood from healthy donors was collected using a 21-gauge butterfly needle in a tube containing 1/10 volume of citrated solution, then diluted with normal saline at a volume ratio of 4:5. Five specimens of L605 alloy, TWIP steel, pure Fe, and WE43 alloy were dipped in 10 mL of normal saline for 30 min at 37°C. Next, 200 μL of diluted blood were added to the tubes containing the samples and incubated for 60 min at 37°C. After the incubation time, the metallic samples were removed, and the blood was centrifuged at 800 g for 5 min. The supernatant was transferred to a 96-well plate for spectroscopic analysis at 540 nm with Victor X4 (Perkin Elmer). An increase in optical density (OD) of the supernatant reflects hemoglobin release from red blood cells via hemolysis. Deionized water was employed as the positive control because its hypotonicity which induces complete hemolysis. Similarly, normal saline was set as the blank control because its isotonicity [9] [32]. The percentage of hemolysis was then calculated as the ratio of OD obtained with the test material with blank subtraction to OD obtained with the positive control with blank subtraction [33], as in Equation (1).

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\text{Hemolysis rate} = \frac{\text{OD of test} - \text{OD of blank control}}{\text{OD of positive control} - \text{OD of blank control}} \times 100
\]  

2.4. Platelet Isolation

Venous blood from healthy volunteers was collected into tubes containing 1/10 volume of citrated solution using a 21-gauge butterfly needle. Platelet-rich plasma (PRP) was obtained by centrifugation at 330 g for 20 min at 22°C. For platelet activation measurement, platelets were isolated from PRP by centrifugation at 800 g for 10 min, in the presence of eptifibatide (4 μg/mL) and apyrase (1 U/mL). The pellet was washed in modified Tyrode’s buffer (135 mM NaCl, 12 mM NaHCO₃, 2.9 mM KCl, 0.3 mM Na₂HPO₄, 1 mM MgCl₂, 5 mM D-glucose, 10 mM Hepes, and 1.5% BSA, pH 7.4, and 37°C) containing eptifibatide (4 μg/mL) and apyrase (1 U/mL). The platelets were then isolated by centrifugation at 1000 g for 10 min at 22°C and re-suspended in modified Tyrode’s buffer. The platelet concentration was measured by means of Cell-DYN Emerald (Abbott Diagnostics) and adjusted to 2.5 × 10⁵ platelets/μL.

2.5. Flow Cytometry Analysis

For the CD62P and αIIBβ3 analyses, washed platelets were treated for 60 min at
37°C with L605 alloy, TWIP steel, pure Fe, or WE43 alloy at a ratio of 1 metallic sample per 500 µL. After incubation, the metallic samples were removed, with the platelets counted using Cell-DYN Emerald (Abbott Diagnostics). Next, treated platelets (6.25 × 10^6) were incubated with PE mouse anti-human CD62P (BD Biosciences, #555524) and FITC mouse PAC-1 antibody (BD Biosciences, #340507) at saturating concentrations (1:12.5) for 15 min at room temperature. After adding 2 mM CaCl₂, the platelets were stimulated with thrombin (0.03, 0.1, or 0.3 U/mL) for 2 min at 37°C. To stop the reaction, they were fixed in 4% formaldehyde. The samples were analyzed using the BD Canto II flow cytometer, with 20,000 events recorded. For preparing the TWIP steel-conditioned medium, TWIP steel specimens were dipped in modified Tyrode’s buffer for 1 hour at 37°C (1 specimen/1mL). The platelets were then re-suspended in the conditioned medium at a concentration of 2.5 × 10^5 platelets/µL. CD62P and PAC-1 quantification was done using flow cytometry after stimulation with thrombin (0.03, 0.1, and 0.3 U/mL), as described before. The results were compared with those obtained when the metallic samples were in direct contact with the platelets.

2.6. Inductively Coupled Plasma and Colorimetric Tests

Metallic specimens of TWIP steel were dipped into modified Tyrode’s buffer for 1 hour at 37°C (1 specimen/1ml), as previously described. The conditioned medium thus produced was collected immediately after incubation. The total Fe was measured in the conditioned medium by inductively coupled plasma (ICP). Moreover, colorimetric detection of Fe^{2+} and Fe^{3+} ions was performed in the conditioned medium using a spectrophotometer. The organic matter from the modified Tyrode’s buffer reacted to create a trouble solution with Fe^{3+}. Therefore, only Fe^{2+} was quantified and Fe^{3+} was deduced by subtracting the Fe^{2+} concentration from the total Fe concentration. Modified Tyrode’s buffer with no metallic incubation was employed to set the blank.

2.7. Western Blotting

For the lysate preparation, platelets were centrifuged, and the pellet was lysed in SDS-Laemmli sample buffer 1× (25 mM Tris-HCl, pH 6.8, 12.5% (w/v) glycerol, 3% (w/v) SDS, 0.01% (w/v), bromophenol blue, and 6.25% (v/v) β-mercaptoethanol). Whole platelet lysates were subjected to Western blotting. Antibody dilutions in 5% BSA were 1:200,000 for the rabbit anti-phospho-PKC substrates antibody (Cell Signaling Technology, #2261S) and 1:30,000 for the HRP-conjugated anti-rabbit antibody (Sigma-Aldrich, #A0545). For the loading control, membranes were treated using azide 0.05%, with the primary antibody being the rabbit anti-gelsolin antibody (Cell Signaling Technology, #12953S) diluted 1:80,000 and the secondary antibody being the HRP-conjugated anti-rabbit antibody diluted 1:30,000. Band intensities were quantified using Image J, and those obtained with the anti-phospho-PKC substrate antibody were normalized to those of the
gelsolin loading control on the same gel.

2.8. Statistical Analysis

All experiments were performed in at least three independent replicates. Results were expressed as mean ± SEM. The statistical analyses were conducted using a one-way or two-way analysis of variance (ANOVA), followed by Tukey’s test for multiple comparison. P < 0.05 values were considered statistically significant. All statistical analyses were carried out using GraphPad Prism (GraphPad Software).

3. Results and Discussion

At first, we assessed the number of platelets, leukocytes, and erythrocytes after the blood had been in contact with the metals, in comparison with the blood not previously exposed to any metal. This was performed using the hematology analyzer Cell-DYN (Abbott Diagnostics). Platelet number (mean platelet count × 10^5/μL ± SEM) was 2.14 ± 0.11 before treatment, 2.13 ± 0.10 after 1 hour without metal, 2.12 ± 0.11 with L605 alloy, 2.10 ± 0.10 with TWIP steel, 2.07 ± 0.11 with pure Fe and 2.09 ± 0.10 with WE43 alloy. Leukocyte number (mean leukocyte count × 10^3/μL ± SEM) was 4.5 ± 0.5 before treatment, 4.4 ± 0.5 after 1 hour without metal, 4.4 ± 0.6 with L605 alloy, 4.4 ± 0.6 with TWIP steel, 4.3 ± 0.6 with pure Fe and 4.4 ± 0.6 with WE43 alloy. Erythrocyte number (mean erythrocyte count × 10^6/μL ± SEM) was 3.7 ± 0.1 before treatment, 3.5 ± 0.1 after 1 hour without metal, 3.4 ± 0.3 with L605 alloy, 3.6 ± 0.1 with TWIP steel, 3.5 ± 0.3 with pure Fe and 3.5 ± 0.1 with WE43 alloy. There was no change in blood cell number, indicating that the tested biomaterials were not thrombogenic and did not induce hemolysis (Figures 1(a)-(c)). The stability of the platelet count was confirmed using the washed platelets (Figure 2). In addition, we measured absorbance at 540 nm in diluted whole blood supernatant in order to assess the release of hemoglobin from damaged erythrocytes. Figure 1(d) shows that, even if the hemolysis rates of TWIP steel and pure Fe were slightly higher compared to that of L605 alloy, the three metals did not induce significant hemolysis according to the ASTM F756-08 standard (hemolysis rate below 5%) [33]. This proved to be in agreement with previous studies showing the low hemolysis rates induced by pure Fe as well as by Fe-3.3 wt.% Mn and Fe-35 wt.% Mn alloys [18] [19] [34] [35]. It is worth noting that the mean hemolysis induced by the WE43 Mg alloy was 8.9%. This observation confirmed the results obtained in several studies demonstrating that Mg alloys displayed hemolysis rates close to [36] or higher [20] [37] [38] [39] [40] than 5%. Importantly, pure Mg was shown to induce a very high hemolysis rate, estimated at 37% [34]. The high hemolysis rate of pure Mg and several of its alloys may be accounted for by the fast corrosion rate of Mg associated with a release of Mg^{2+} ions, as well as an essential pH variation [20] [40]. In another study, the corrosion of pure Fe did not induce significant pH value changes, which possibly explains why it does not affect hemolysis [41].

Platelet activation resulting from interaction with artificial surfaces is a second
Figure 1. Blood cell count in total blood and hemolysis rate. (a), (b), and (c) L605 alloy, TWIP steel, pure Fe, and WE43 alloy were dipped into total blood for 1 hour at 37°C. Blood with no metallic treatment was used as the negative control (-). Platelets, white blood cells, and red blood cells were counted before and after metallic immersion, and the percentage of cells recovered after incubation was calculated. (d) Metallic specimens were dipped in diluted human blood for 1 hour. Following centrifugation, the optical density of the supernatant was measured at 540 nm, and the hemolysis rate was calculated. A hemolysis rate under 5% (ASTM F756-08) represents a criterion for excellent blood compatibility. The results were expressed as mean% ± SEM. The data underwent a one-way analysis of variance (ANOVA) and Tukey's multiple comparison test. * indicates values statistically different with P < 0.05, n = 3.

Figure 2. Isolated platelet count. Platelets were isolated and set at a final concentration of 2.5 × 10⁵ platelets/µl. After immersion of the metallic specimens for 1 hour at 37°C, platelets were counted, and the percentage of platelets recovered after incubation was calculated. Platelets with no metallic treatment were used as the negative control (-). Results were expressed as mean% ± SEM, n = 9.
essential indication of blood incompatibility, as it may lead to thrombotic complications under in vivo conditions [7]. According to ISO-10993-4, platelet activation can be assessed by measuring activated αIIbβ3, along with the presence of CD62P at the platelet surface, by means of flow cytometry [42]. Platelets were incubated for 1 hour with the metals prior to treatment using different thrombin concentrations. As expected, thrombin dose-dependently increased PAC-1 binding and CD62P surface exposure in platelets not previously incubated with metal. While L605 alloy did not affect platelet response upon thrombin stimulation, PAC-1 binding and CD62P exposure were drastically reduced in the presence of TWIP steel, pure Fe, and WE43 alloy (Figure 3(a) and Figure 3(b)). This observation suggests that the three resorbable scaffolds were able to display anti-thrombogenic properties in vitro. Pure Fe exhibited the same effect as TWIP steel, which implies that Fe itself is likely to be responsible for the TWIP

![Figure 3](image.png)

**Figure 3.** Platelet activation. Metallic specimens were immersed in washed platelets for 1 hour at 37°C. Platelets with no metallic treatment were used as the negative control (-). (a) and (b) Platelets were stimulated with thrombin at the indicated concentrations for 2 mins at 37°C. Binding of PAC-1 and surface exposure of CD62P were quantified by flow cytometry (n = 5). (c) Platelets were stimulated with thrombin at the indicated concentrations for 2 mins at 37°C, and proteins were extracted. The relative phosphorylation of the PKC substrates was analyzed by Western blotting (n = 3). Gelsolin was used as the loading control. The results are expressed as mean ± SEM. The data underwent a two-way ANOVA and Tukey’s multiple comparison test. * indicates values statistically different with P < 0.05.
steel-induced antithrombogenic effect. Since the effects of thrombin on platelets are mediated, at least to some extent, through the activation of protein kinase C (PKC) [43], we performed a Western blot analysis of PKC phosphorylated substrates using protein extracts from platelets treated as described above. In line with our previous results, Figure 3(c) shows that the increased phosphorylation state of the PKC substrates in response to increasing thrombin doses was not affected by L605 alloy, whereas it was significantly reduced in the presence of TWIP steel, pure Fe, and WE43 alloy. Moreover, the unchanged platelet count measured following the metallic samples’ immersion in washed platelets for 1 hour indicated that the diminution of CD62P exposure, PAC-1 binding, and phosphorylation state of PKC substrates were not due to a decreased platelet number but rather to a real change in platelet activation. This study is the first to describe CD62P, active αIIbβ3, and the phosphorylation state of PKC substrates following incubation of a Fe-based metallic sample in washed platelets. Platelet adhesion, shape change, and spreading of pseudopodia-like structures also reflected platelet activation [18] [44]. As previously shown, platelets can adhere to pure Fe or Fe-3.3 wt.% Mn alloy but conserve a normal round shape with only a few pseudopodia-like structures, indicating no induction of thrombogenicity [19] [34] [35]. A lower platelet reactivity was described following immersion of stents composed of Fe-35 wt.% Mn alloy in a model of circulating porcine blood, as compared to stainless steel used as reference material. In the latter study, the Fe-35 wt.% Mn alloy stent decreased platelet adhesion, secretion of β-thromboglobulin (a marker of platelet activation), and thrombin generation. It has been suggested that the decreased platelet adhesion resulted from the formation of large amounts of corrosion products (oxide layer) on the surface of the Fe-35 wt.% Mn alloy, rendering the surface nonadherent [18]. We, therefore, investigated whether platelet activation inhibition was due to a direct contact between TWIP steel and platelets or if it resulted from the production of corrosion products released into the incubation medium. To test this, platelets were incubated for 1 hour with a TWIP steel-conditioned medium. We found that the effect of conditioned medium on platelet activation reproduced the effect of direct contact with the metal in regard to both PAC-1 (Figure 4(a)) and CD62P (Figure 4(b)), indicating that TWIP steel corrosion might release components counteracting platelet activation. Moreover, this observation supported the fact that the decrease in platelet activation did not result from a modified metal surface. Fe corrosion produces Fe^{2+} and OH^−, which react to form Fe(OH)_2. This is easily oxidized to Fe(OH)_3 [45]. We found Fe^{2+} (1.3 ± 0.2 mg/L) and Fe^{3+} (13.2 ± 1.4 mg/L) in the TWIP steel-conditioned medium, suggesting that Fe^{3+} might contribute to the inhibition of platelet activation. This was surprising, given that some studies have highlighted the thrombogenic effect of Fe^{3+}-containing molecules in vivo through a mechanism involving induction of oxidative stress in platelets [46] [47]. Moreover, FeCl_3 is currently being used in animal models to induce thrombosis in the arteries. Of note is, however, that FeCl_3-induced
Figure 4. Effect of TWIP steel-conditioned medium on platelet activation. The conditioned medium was prepared by immersion of TWIP steel into a modified Tyrode’s buffer for 1 hour at 37°C. Washed platelets were suspended in the conditioned medium at a concentration of 2.5 × 10⁵ platelets/µL. Platelets were stimulated with thrombin at the indicated concentrations for 2 min at 37°C. Binding of PAC-1 (a) and surface exposure of CD62P (b) were quantified using flow cytometry. The results were compared with those obtained with platelets in direct contact with the metal or without metallic incubation (-). The results were expressed as mean% ± SEM. The data underwent a two-way ANOVA and Tukey’s multiple comparison test. * indicates values statistically different with P < 0.05, n = 3.

thrombosis relies on complex multifaceted and incompletely elucidated mechanisms. It was historically accepted that spherical bodies filled with Fe³⁺ would bud from endothelial cells and support platelet adhesion, triggering their aggregation [48]. Recently, however, several studies have reported that plasma proteins and red blood cells contribute to platelet aggregation, owing to that their negatively-charged proteins bind to positively-charged iron species [49] [50] [51]. Therefore, working on isolated platelets might explain the lack of Fe³⁺-induced platelet activation in our study. In contrast, an antithrombotic effect of Fe³⁺ was previously described by Miron et al., in accordance with our findings. In this latter study, the addition of nonphysiological concentrations of ferric nitrate (Fe(NO₃)₃) to human platelets was shown to activate the ectonucleoside triphosphate phosphohydrolase responsible for the hydrolysis of ADP, as well as the 5'-nucleotidase, responsible for the hydrolysis of AMP into adenosine. These two enzymes led to ADP level depletion and, therefore, decreased platelet activation [52].

4. Conclusion

Our study showed the relative in vitro hemocompatibility of new bioresorbable TWIP steel compared to traditional stent materials. Unlike WE43 alloy, TWIP steel does not induce significant hemolysis. Moreover, it inhibits platelet activation compared to L605 alloy, suggesting that TWIP steel presents antithrombotic
properties. \( \text{Fe}^{3+} \) released as a corrosion product could be responsible for this effect. Our results indicated that TWIP steel is a good potential candidate for cardiovascular stent applications. However, as in vitro tests are unable to reproduce physiological environments, in vivo compatibility evaluation is necessary to confirm our encouraging findings.

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**Conflicts of Interest**

The authors declare no conflicts of interest regarding the publication of this paper.

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