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Relationship between SARS-CoV-2 in wastewater and clinical data from five wastewater sheds

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A B S T R A C T

The Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) has resulted in a global pandemic starting in 2019 with nearly 500 million confirmed cases as of April 2022. Infection with SARS-CoV-2 is accompanied by shedding of virus in stool, and its presence in wastewater samples has been documented globally. Therefore, monitoring of SARS-CoV-2 in wastewater offers a promising approach to assess the pandemic situation covering pre-symptomatic and asymptomatic cases in areas with limited clinical testing. In this study, the presence of SARS-CoV-2 RNA in wastewater from five wastewater resource recovery facilities (WRRFs), located in two adjacent counties, was investigated and compared with the number of clinical COVID-19 cases during a 2020-2021 outbreak in the United States. Statistical correlation analyses of SARS-CoV-2 viral abundance in wastewater and COVID-19 daily vs weekly clinical cases was performed. While a weak correlation on a daily basis was observed, this correlation improved when weekly clinical case data were applied. The viral fecal indicator Pepper Mild Mottle Virus (PMMoV) was furthermore used to assess the effects of normalization and the impact of dilution due to infiltration in the wastewater sheds. Normalization did not improve the correlations with clinical data. However, PMMoV provided important information about infiltration and presence of industrial wastewater discharge in the wastewater sheds. This study showed the utility of WBE to assist in public health responses to COVID-19, emphasizing that routine monitoring of large WRRFs could provide sufficient information for large-scale dynamics.

1. Introduction

The novel coronavirus SARS-CoV-2 (Severe Acute Respiratory Syndrome-Corona Virus-2) has led to the spread of the COVID-19 worldwide with nearly 500 million confirmed cases and over 6 million deaths, as of the beginning of April 2022 (World Health Organization, 2022). The main reasons for the wide spread of the initial outbreak (Alpha strain) are the long incubation period (up to 14 days; median: 4-5 days) and simultaneous viral shedding and transmission by asymptomatic infected individuals precluded from clinical testing data (Chen et al., 2020; Xu et al., 2020). Wastewater-based epidemiology (WBE) has pre-COVID-19 been utilized as a successful surveilling and early warning tool to monitor poliovirus and SARS-CoV-1 (Jafferali et al., 2020; Michael-Kordatou et al., 2020) in the wastewater shed (catchment area population of wastewater resource recovery facilities, WRRFs) (Xagoraraki and O’Brien, 2020). Studies over the last decades have shown that sewage monitoring of pathogens can be effectively used to determine the presence and relative abundance of the pathogen within a community (Larsen and Wigginton, 2020; Peccia et al., 2020) thus informing public health interventions (Asghar et al., 2014). In addition, sewage, or wastewater monitoring can help ascertain whether the transmission of a pathogen (e.g., a virus) is declining or increasing (Larsen and Wigginton, 2020). Specifically, wastewater surveillance has been used to monitor both the prevalence and severity of outbreaks by analyzing viral RNA in wastewater systems throughout a variety of community types (D’Aoust et al., 2020; Jafferali et al., 2020).

Wastewater surveillance of viral RNA and the trends, also known as wastewater-based epidemiology (WBE), provides unique insights not af-
forded by clinical testing alone. Due to a combination of limited equipment or capabilities in addition to a high level of an infected population being asymptomatic (Gandhi et al., 2020), reported numbers of infected individuals may be below the true infected count (Lu et al., 2020b). WBE can therefore provide complementary information as it is not procedure-intensive and also can detect RNA from asymptomatic individuals (Michael-Kordatou et al., 2020; Wu et al., 2020b). An additional benefit is that WBE is unbiased as it is centered around a community or select population, rather than particular individuals, and there is no discrepancy for those with underlying or pre-existing conditions and includes also those individuals not reporting their symptoms or seeking healthcare (Wu et al., 2020b). WBE can detect low viral concentrations in large wastewater volumes, although this can depend on environmental conditions, and sensitivity of the analytical procedures (Lu et al., 2020a; Wu et al., 2020a).

As domestic wastewater is prone to the impact of dilution (e.g., via rainfall, snow melt, stormwater, industrial wastewater), fecal indicator viruses such as the Pepper Mild Mottle Virus (PMMoV) are used to normalize analytical results from wastewater samples (Medema et al., 2020). Currently, the U.S. Centers for Disease Control and Prevention (CDC) utilizes PMMoV as one of its two primary fecal indicators, specifically for the normalization of SARS-CoV-2 levels in wastewater (Centers for Disease Control and Prevention (CDC), 2022). PMMoV is one of the most abundant viruses in the human gut (Kitajima et al., 2018; Rosario et al., 2009). Therefore, it has often been used by researchers to determine the amount of fecal solids in a sample (D’Aoust et al., 2020) and can be quantified and used to adjust reported SARS-CoV-2 values to account for the relative extent at which the sample has been diluted (Ahmed et al., 2021; Medema et al., 2020). Additionally, PMMoV is found to be stable in wastewater and shows low seasonal variations (Kitajima et al., 2018) Another benefit is that PMMoV, despite possessing slight diet-based variability, is present in the vast majority of human fecal samples (Hsu et al., 2022; Kitajima et al., 2018).

The first objective of this study was to evaluate the feasibility of selected methodologies for wastewater data analysis and to enhance analytical laboratory procedures for wastewater analysis of viral RNA. The second objective was to evaluate trends of SARS-CoV-2 abundance compared to observed clinical surveillance data for five differently-sized wastewater sheds serving the five WRRFs. Previous studies have indicated that correlations are often observed as trends, being compared on a weekly basis (Stadler et al., 2020; Weidaaha et al., 2021). However, some studies have had success in generating correlations utilizing daily clinical cases with frequent wastewater testing, albeit often with a slight time lag (Feng et al., 2021; Karthikeyan et al., 2021b). Therefore, this study investigates whether there is an improvement in correlation when shifting from a data-point based comparison to a weekly analysis. The third objective of this study was to investigate the benefit of data normalization with PMMoV in obtaining improved correlations between wastewater data and clinical viral cases of SARS-CoV-2.

### 2. Materials and Methods

Wastewater samples were collected and analyzed from five WRRFs, located in two adjacent counties in the same geographical region of an urban nature. Samples were collected during the period of October 15, 2020 to April 15, 2021 by operators at the WRRFs (Table 1).

#### Table 1

| WRRF   | Estimated 2020 Population | Service area (square miles) | Flow (L/day) |
|--------|---------------------------|-----------------------------|--------------|
| WRRF1  | ~5,300                    | 4.9                         | 0.33·10^5    |
| WRRF2  | ~20,000                   | 46.9                        | 6.1·10^7     |
| WRRF3  | ~56,000                   | 13.9                        | 2.5·10^7     |
| WRRF4  | ~175,000                  | 102.4                       | 9.5·10^7     |
| WRRF5  | ~241,000                  | 126.7                       | 8.4·10^7     |

Samples were collected primarily as flow-dependent composite samples (24-hr) collected in volumes of either 400-500 mL or 900-1000 mL. All samples were stored at 4°C during and post-sampling and transported to the UMD laboratory on ice for processing, and often processed immediately. Portions of the samples were transferred to two 50 mL Falcon conical centrifuge tubes (Corning, Corning, NY, USA) at a fill volume of 45 mL per tube after shaking. In the event that samples could not be processed immediately, samples were stored at 4°C for up to an additional 48 hours.

#### 2.1. Sample concentration and quantification

All samples were concentrated from 90 mL (as two 45 mL aliquots) to approximately 1 mL using the following method, as initially determined by Kaya et al. (2022) as the preferred procedure.

##### 2.1.1. Centrifugation

The 50 mL Falcon conical tubes were centrifuged in a benchtop centrifuge (Allegra X-22, Beckman-Coulter, Brea, CA, USA) with a swinging-bucket rotor, at 3,400 G for 20 min to remove the solid fraction and large particles. The supernatant was transferred to new 50 mL Falcon centrifuge tubes and apportioned over three centrifugal cycles into 15 mL Amicon Ultra-15 Centrifugal Filter Devices with a cut-off of 100 kDa (Millipore, Amsterdam, the Netherlands) for 15 min at 3,400 G. If the liquid did not pass through the device during the allotted runtime, additional centrifugation time was provided. Additionally, if a sample would have a higher solids content (a rare occurrence), the sample would have to undergo further centrifugation as to avoid noted inhibition of the RT-PCR signal.

##### 2.1.2. Concentration

Once centrifugation yielded a total residual liquid (two 45 mL aliquots combined) of less than 1.5 mL, the duplicate samples were combined, and the concentrated sample was adjusted to 1 mL with RNase-free water. After rinsing and agitation, the sample was transferred to sterile 1.5 mL RNase-free Microfuge tubes (Invitrogen, Carlsbad, CA, USA) for subsequent RNA extraction.

##### 2.1.3. RNA extraction

Quick-RNA™ Miniprep kits (Zymo Research, Irvine, CA, USA) were used to extract RNA. Specific modification included utilizing 0.3 mL of each sample and 0.6 mL of Lysis buffer. As per the protocol, final RNA volume for each sample was 0.1 mL. Reverse transcription was performed as outlined in the publication by Kaya et al. (2022), section 2.8. A noted exception was the use of a smaller volume of reverse transcriptase (1 µL rather than 1.25 µL), in order to preserve stock (see Table 2 for full details). This modification was made for most samples and no discrepancies were observed by this reduction.

##### 2.1.4. RT-qPCR

Protocols were predicated upon CDC recommendations (Corman et al., 2020; Lu et al., 2020c). SARS-CoV-2 gene (N) plasmids (2019-nCoV RUO Kit - Cat. No:10006625, IDT) were linearized via manufacturer’s protocol prior to use as an RT-PCR standard. Standard curves for assays were prepared by performing serial dilutions (10-fold)
Table 2
Modified Standard Protocol for cDNA Synthesis

| Reaction mix 1: | vol. /25 μL, μL | vol. /50 μL, μL |
|----------------|----------------|----------------|
| Random Hexamer (primer mix) (60 μM) | 1.5 | 3 |
| dNTP mix (10mM) | 1.25 | 2.5 |
| H2O (RNase-free), μL | 3.25 | 6.5 |
| Sample RNA | 6 | 12 |
| Total vol | 12 | 24 |

Reaction mix 1 denatured for 5 minutes at 70°C. Spun/centrifuged briefly and put on ice for 2 min.

| Reaction mix 2: | vol. /25 μL, μL | vol. /50 μL, μL |
|----------------|----------------|----------------|
| 5X ProtoScript II Buffer | 5.25 | 10 |
| RNase Inhibitor (40 U/μl) | 0.5 | 1 |
| 0.1M DTT | 2.5 | 5 |
| ProtoScript II RT (200U/μl) | 1' | 2.5 |
| H2O (RNase-free) | 3.75 | 7.5 |
| Total vol | 13 | 26 |

Reaction mix 2 added and samples incubated at 42°C for 1hr. Enzyme inactivated at 70°C for 20 min and kept at 4°C until tubes removed from machine.

* Some October and early November samples used 5 μL of buffer and 1.25 μL of transcriptase.

Table 3
Primers and probes used in this study.

| Description | Oligonucleotide Sequence (5’-3’) | product length, bp | Final Conc., nM | Ref. |
|-------------|----------------------------------|-------------------|----------------|-----|
| N1 FWD      | GAC CCC AAA ATG CGG GAAT AT      | 72                | 67             | (Lu et al., 2020) |
| REV         | TCT GGT TAC TGC CAG TAT CTG      | 67                | 67             | 2020b |
| Probe       | [FAM]-ACC CGG CAT TGC TGT TGG ACC-BHQ1 | 17            | (Lu et al., 2020) |
| N2 FWD      | TTA AAA ACA TTG GCC GAC AA       | 67                | 67             | (Lu et al., 2020) |
| REV         | GCG GCG CAT TGC GAA GAA          | 67                | 67             | 2020b |
| Probe       | [FAM]-ACA ATT TGC CCC CAG GCC TCC AG-BHQ1 | 17            | (Lu et al., 2020) |
| BRSV FWD    | GCCAGCTGAGGAGAGTGTATAAT          | 124               | 500            | (Boxus et al., 2005) |
| REV         | ACAGTGAATGAGGACCCCATTC           | 500               | (Boxus et al., 2005) |
| Probe       | [HEX]-ACAGAACGT- [TEN]-GTATGATGCTGCAAAGCA | 250            | (Lee et al., 2018) |
| PMMoV FWD   | GAG TGG TTT GAC CTG AAC GTT GTA  | ~1900             | 500            | (Lee et al., 2018) |
| REV         | TTG TCG GTT GCA ATG GAA GT       | 500               | (Lee et al., 2018) |
| Probe       | 6-FAM-CCT ACC GAA GCA AATG-MGB   | 250               | (Lee et al., 2018) |

in order to verify quantitative results. Additional specifications used are outlined in Kaya, et al. (2022).

RT-PCR was conducted using a CFX Connect Real-Time PCR Detection System (Bio-Rad, Hercules, CA, USA), using standard and calibration curves to determine the viral concentration. TaqMan® (Promega, Madison, WI, USA) Master primer mix was used along with specific primers and probes (Table 3). Positive control was established via standard curves run on each plate, when performing RT-PCR. Specifically, linearized standards of the relevant plasmid (e.g., N or PMMoV) were added in triplicate to each well plate. N-plasmids, used for N1 and N2 analysis, ranged from 10^1-10^6 gc/L in concentration. De-ionized water was used as a method/extraction blank and RNase-free water was used as negative controls in each PCR well. These were done either in duplicate or triplicate. Both the N1 and N2 primer mixes were diluted to preserve stock, and it was confirmed that there was no loss, nor any significant change compared to undiluted stock. The initial viral load (RNA) in the original wastewater sample was calculated. Data was measured via RT-PCR utilizing either the N1 or N2 gene, with both genes being analyzed for comparison.

2.2. Process control - Bovine respiratory syncytial virus (BRSV)

Bovine Respiratory Syncytial Virus (BRSV) (Inforce 3 Cattle VaccineTM, Zoetis, Parsippany, NJ, USA) was used as a surrogate (process control), as it was used to determine the level of recovery. BRSV was chosen due to its inherent stability (Bivins et al., 2021b) and availability. Additionally, BRSV was found to function well as a surrogate due to its morphological similarities to the SARS-CoV-2 virus and its documented use as an extraction control for drinking and wastewater samples (Bivins et al., 2021a; Bivins et al., 2021b; Valarcher and Taylor, 2007)

For each 45 mL aliquot of sample, a 1:1000 ratio (45 μL-45 mL) of BRSV stock concentration (median concentration of 10^11 ± 10^12 gc/L) was added prior to all sample processing, including centrifugation. The reported recovery determined via BRSV analysis was approximately 8.5% and most values ranged between 0.5-20% consistent with findings in similar studies (Alygizakis et al., 2020; Bivins et al., 2021b; Prado et al., 2021), several studies (Li et al., 2021; Maestre et al., 2021) reported difficulty in utilizing BRSV as a normalization approach and obtaining high recoveries. However, in this study it was a beneficial surrogate to determine if a WWRF sample was negative (i.e., below the threshold), that it was not due to a procedural error, but rather either that it was a true value or that the low value was due to an error with the N-gene primer mix or standards.

2.3. Normalization - Pepper Mild Mottle Virus (PMMoV)

PMMoV RNA was quantified via RT-PCR in an identical manner to SARS-CoV-2 and BRSV primers. The specific primers used to detect the Pepper Mild Mottle Virus (PMMoV) can be seen in Table 3. A series of 10-fold dilutions were used to establish a proper calibration curve (5-point) and all samples were analyzed at least in duplicate, utilizing at least one negative and positive control. PMMoV values ranged from 2×10^4 gc/mL to 4×10^7 gc/mL but typically were in the 10^5-10^6 gc/mL range. The average Ct value was 27.54 ± 2.01 min.

3. Results and discussion

3.1. Non-adjusted data and trends

Monitoring of SARS-CoV-2 RNA from the five different sized WWRFs in the Mid-Atlantic region, USA was performed during the period of Oct.15, 2020 – Apr. 15, 2021 (Fig. 1). The results showed presence
of SARS-CoV-2 in most samples with a presence of approximately 0.5-1.5 \times 10^6 gene copies per liter, which is consistent with the literature. Ct cycle values of the N1 plasmid ranged between 31.3 - 40.3 min, with an average value of 36.09 \pm 1.56 min. Less than 3% of values had a Ct ≥ 39.0 min. Ct cycle values of the N2 plasmid processed with a delay and therefore ranged between 35.6 - 45.1 min, with an average value of 40.21 \pm 1.83 min. Only 2% of values had a Ct ≥ 44.0 min. The threshold of output values, when converted for starting concentration, was approximately 1 \times 10^6 gene copies per liter (gc/L).

Converted values, calculated to determine initial starting SARS-CoV-2 viral concentration were obtained via Eq. 1 and ranged from 1.9 \times 10^3 - 3.8 \times 10^7 gc/L for N1 and 1.0 \times 10^3 - 8.7 \times 10^6 gc/L for N2, with average values of 3.1 \times 10^6 and 8.5 \times 10^6 gc/L, respectively. As noted in the literature (Pérez-Cataluña et al., 2021; Saththasivam et al., 2021; Sherchan et al., 2020) and conferring with other studies, N2 values can have higher Ct values, leading to lower concentrations (gc/L) than for N1.

3.2. Correlations between WRRF data and Covid-19 cases

The results obtained from each WRRF were compared with the reported Covid-19 cases for all zip codes contained within the service area of the individual wastewater sheds. Correlations were observed both visually (graph-based overlays) and statistically. In the former instance, the number of new cases reported over time within a set of zip codes was overlaid with the measured wastewater data for that respective WRRF (Fig. 3). Overall, there was an insignificant improvement in correlations between the detected N1 gene SARS-CoV-2 numbers and clinical case data marked by the use of PMMoV normalization (Fig. 3) for WRRF 2-5. However, WRRF1 showed the greatest improvement by normalization, which may be due to a much smaller population size and geographical area of WRRF1 in comparison to the other plants, thus being prone, perhaps, to greater volatility. The normalization with PMMoV corrected unusually large peaks of SARS-CoV-2 presence during the monitoring period and provided trends that were not observed before normalization (for more detail see SI).

Spearman’s rank correlation analysis was used to evaluate the temporal relationship between the viral data in wastewater and the new clinical case numbers in the sewer sheds (all p < 0.05). To evaluate the temporal effect, the viral load was paired with the daily and the
With the exception of WRRF1 (which had a slightly negative correlation) Spearman rank coefficients ranged from 0.137 to 0.177. This confirmed the presence of a poor correlation between wastewater and clinical data values. In agreement with other studies (Al-Faliti et al., 2022; Fitzgerald et al., 2021; Rusiñol et al., 2021), the large size WRRFs have a better correlation (Spearman’s Rho = 0.64) between the viral loads and the daily clinical cases than the medium and small size WRRFs. The use of PMMoV normalization decreased Spearman coefficients for WRRFs 2, 3 and 4 but increases were observed for WRRF1 and WRRF5. WRRF1, as noted previously, had the greatest fluctuations in values of all WRRFs due to its small population size thus many values fell below the detection limit. WRRF5 had the lowest suspended solids content as well as the greatest flow and population size/area. For WRRF5, the Spearman rank coefficient improved from 0.158 to 0.220. Combined average val-
ues from all five WRRFs did not statistically change with the PMMoV normalization.

When the correlation was performed based on the total number of clinical cases reported in the week for which the sampling was done at the WRRFs was considered, the correlations improved for WRRFs 1-4. The Spearman rank coefficients ranged from 0.434 to 0.599 with WRRFs 2, 3 and 4 having the greatest similarity. WRRF5, possibly due to it having the greatest dilution, was the only WRRF positively impacted by the use of PMMoV normalization. WRRF3 and WRRF4 had no notable change, while WRRF1 and WRRF2 had negative impacts from the use of normalization. These findings demonstrate that wastewater can be used to monitor dynamic trends of COVID-19 infections in a community, regardless of the population size and magnitude of confirmed cases.

Many studies have claimed (Feng et al., 2021; McLerran, 2022; Stadler et al., 2020) that normalization based on the presence of PMMoV does not often significantly increase correlations significantly and can sometimes even make them worse. However, PMMoV and similar viral RNA are used to normalize wastewater data in an effort to validate the data obtained (Li et al., 2022), and has an additional benefit, as it can also be used as an additional recovery tool (Feng et al., 2021). Therefore, use of PMMoV should be performed together with analysis of additional parameters such as rain fall data to assess the risk of infiltration and the presence of industrial wastewater contributions, where PMMoV is unlikely to be present.

3.3. The effects of flow rate, suspended solids, and dilution

To better understand the potential benefit of PMMoV, the effects of flow rate, suspended solids and dilution were evaluated further (Table 4). WRRF1 covered a smaller geographical area and also represented a comparatively smaller population thus it was more prone to fluctuation. At times, samples from this WRRF were collected on different dates than the other WRRFs due to the geographic location. Additionally, the flow rate for WRRF1 was approximately one order of magnitude lower than the other four WRRFs, but its population served was as much as fifty times less than the other WRRFs, thereby having the possibility of higher dilution. For WRRFs 1, 2 and 5, the reported flow also included recycling of the influent prior to the measurement. Average suspended solids values for each WRRF were also assessed and WRRF4 and WRRF5 had the lowest values. This also corresponded with the measured PMMoV values, as WRRF4 and WRRF5 showed the lowest PMMoV values (Table 4).

The use of the PMMoV and suspended solids data showed that WRRF5 samples were more diluted than the other large WRRFs and therefore it is likely that more values fell below the detection threshold. Although the solids content was similar for WRRF4 and WRRF5, the increased flow for WRRF5 also impacted the SARS-CoV-2 dilution. Another factor impacting dilutions, was a period in mid-February with prolonged snow accumulation followed by melting. This led to dilution, for both the N1 and N2 genes, where many values on Feb. 15th and 18th fell below or close to the threshold (Fig. 2). The usefulness of the PMMoV normalization can be seen in Fig. 2 for dates in early to mid-February, during which there was frequent snow and inclement weather. The data illustrate how normalization can correct for these dilutions. The strong correlation between PMMoV values and suspended solids is well studied and although prone to variation and impact by non-fecal solids, there is often a strong relationship between the two (Kim et al., 2022). The PMMoV data obtained in this study was compared to the suspended solids for each WRRF of the studied time period (Figure 4).

Although the relationship between PMMoV and the fecal solids or “fecal strength” is well documented (Graham et al., 2020; Kim et al., 2022; Wolfe et al., 2021), there are few papers specifically correlating the suspended solids of WRRFs to PMMoV levels, as is indicated in Fig. 4. This relationship, nevertheless, was not always a good tool for normalization as it only sometimes improved the Spearman Rank correlation (see above). This is concurrent with discrepancies in the literature. For example, Zhan et al. (2022) noted an increased correlation between wastewater and clinical cases through the use of PMMoV normalization ($r_5 = 0.35 \rightarrow r_5 = 0.73$). They noted that this success occurred when clinical cases where low and the effects of normalization were more pronounced (Zhan et al., 2022). In contrast, Feng et al. (2021) found PMMoV normalization to either cause nominal improvement or decrease correlations. They posit this is due to the complex nature of wastewater and differences in how viruses interact in sewer environments. Most similar to this study, Duvallet et al. (2022) found that in some instances PMMoV increased correlation, while in others, it decreased correlations or had no effect. They attribute this to the variability of both the wastewater matrices and of the treatment plant design (Duvallet et al., 2022). Padilla-Reyes et al. (2022) noted that irrespective of normalization, weekly or biweekly correlations were stronger than daily correlation but that correlations also often had to be adjusted for time discrepancies (lags) between peaks in WW versus clin-

Table 4
Flow rates, suspended solids, and PMMoV values for each WRRF, specifically during the period studied.

| WRRF | FLOW* (mg/d) | SS* (mg/L) | PMMoV Values (gc/L) |
|------|-------------|------------|---------------------|
| WRRF1 | 1.0**       | 170.8*     | 4.68 × 10^9         |
| WRRF2 | 17.6**      | 213.0      | 7.49 × 10^9         |
| WRRF3 | 7.4         | 205.2      | 6.45 × 10^9         |
| WRRF4 | 20.3        | 149.9      | 2.57 × 10^9         |
| WRRF5 | 29.5**      | 140.7      | 1.46 × 10^9         |

* Values reported are for Raw Influent (source for samples).
** These values reported are flow + recycle.

Fig. 4. Relationship between the average concentration of Pepper Mild Mottle Virus (PMMoV) and Suspended Solids in the samples from the five WRRFs.
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Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.hazad.2022.100159.

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