Titanium and Iron Oxide Nanoparticles for Cancer Therapy: Surface Chemistry and Biological Implications

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Currently, cancer is among the most challenging diseases due to its ability to continuously evolve into a more complex multidimensional system, in addition to its high capability to spread to other organs and tissues. In this context, the relevance of nanobiomaterials (NBMs) for the development of new more effective and less harmful treatments is increasing. NBMs provide the possibility of combining several functionalities on a single system, expectedly in a synergic way, to better perform the treatment and cure. However, the control of properties such as colloidal stability, circulation time, pharmacokinetics, and biodistribution, assuring the concentration in specific target tissues and organs, while keeping all desired properties, tends to be dependent on subtle changes in surface chemistry. Hence, the behavior of such materials in different media/environments is of utmost relevance and concern since it can compromise their efficiency and safety on application. Given the bright perspectives, many efforts have been focused on the development of nanomaterials fulfilling the requirements for real application. These include robust and reproducible preparation methods to avoid aggregation while preserving the interaction properties. The possible impact of nanomaterials in different forms of diagnosis and therapy has been demonstrated in the past few years, given the perspectives on how revolutionary they can be in medicine and health. Considering the high biocompatibility and suitability, this review is focused on titanium dioxide– and iron oxide–based nanoagents highlighting the current trends and main advancements in the research for cancer therapies. The effects of phenomena, such as aggregation and agglomeration, the formation of the corona layer, and how they can compromise relevant properties of nanomaterials and their potential applicability, are also addressed. In short, this review summarizes the current understanding and perspectives on such smart nanobiomaterials for diagnostics, treatment, and theranostics of diseases.

Keywords: smart nanobiomaterials, cancer theranostics, titanium dioxide nanoparticles (TiO2 NP), iron oxide nanoparticles (IO NP), nanomedicine, corona effect, nanoparticle surface chemistry, nanoparticle stabilizing agents
INTRODUCTION

Cancer is a disease with a great impact on the world population. According to the most recent World Health Organization’s (WHO) report, among noncommunicable diseases, cancer was the leading cause of death in global population in 2019 (WHO, 2020). Cancer is commonly caused by accumulation of genetic mutations, which yield cells with high genomic instability and high capability of replication that finally leads to tissue invasion and tumor formation (Hanahan and Weinberg, 2011). Furthermore, the characteristics of cancer cells change and evolve with the growth of the solid tumor, generating a quite complex ecosystem, where the diagnosis and prescription of the treatment are quite challenging tasks.

Cancer treatment protocols such as surgery, radiotherapy, and chemotherapy are already consolidated. However, these are not always the most suitable ones for the patient clinical conditions since each cancer subtype has many characteristics that are specific to the organ of origin, thus increasing, even more, the complexity of diagnostics and treatment. Furthermore, such conventional therapies do not achieve high efficiency in all cases as they can promote unwanted selection of the most resistant and eventually aggressive subtypes. This can lead to an apparent improvement of patients’ clinical conditions, but that can degenerate rapidly due to recurrence with increased resistance to antitumor drugs (Cree and Charlton, 2017). Another negative feature of the current therapies is the frequent emergence of undesirable side effects, directly impacting the quality of life of the patients. In this context, nanotechnology shows special relevance, as it enables the optimization of the materials properties for the desired application. Hence, more effective and less harmful treatments of diseases are expected using nanomaterials since they make possible the combination of several functionalities on a single system in a synergic way (Svenson, 2013).

Nanotechnology aims at the development of materials with at least one of its dimensions in the nanometric scale (1 to ~100 nm) that can present unique physico-chemical properties as a consequence of their nanometric dimensions and associated high surface areas (Boverhof et al., 2015). Nanomaterials properties can be modified and controlled according to their composition, shape, size, and surface chemistry, fundamental to make them suitable for applications in catalysis, energy conversion systems, sensors, medical diagnostics, and treatment, among others (Teja and Koh, 2009). Among them, possibly those for biomedical application are the most rewarding since each cancer subtype has many characteristics that are specific to the organ of origin, thus increasing, even more, the complexity of cancer as well as the lack of a more thorough understanding about the interactions of nanomaterials with biological systems are imposing difficulties (Singh et al., 2020). Hence, studies addressing issues such as nanomaterials fate in biological systems, the mechanisms of nanobio interaction, and further understanding of pathological, inflammatory, and other biological responses are fundamental. Moreover, to fully address these aspects, a multidisciplinary team encompassing different areas of knowledge such as chemistry, physics, biology, pharmacy, and medicine is necessary. The contribution of specialists with different expertise should lead to faster and more accurate analyses and solutions of the several issues. In this context, we expect to contribute to the progress of the field from a chemical perspective.

Therefore, this review is aimed to present the state of the art on NBMs based on titanium dioxide (TiO$_2$) and iron oxide (IO), discussing the current context and perspectives on nanomaterials for cancer diagnostics and/or treatment. Also, the correlation of surface chemistry with the mechanisms of cell-NBM interaction is addressed, as well as the effects induced by common phenomena such as aggregation and agglomeration, and corona effect, and how they can compromise the nanomaterials properties and change their biological fate. These will be illustrated and discussed based on the most recent literature, thus providing new perspectives and clues on how addressing the challenges for the development of new nanoagents for cancer diagnostics, therapy, and theranostics.

SURFACE CHEMISTRY, TARGETING, AND FATE OF NANOPARTICLES

The control on nanomaterials’ surface chemistry is fundamental when designing NBMs for medical and biomedical applications since the molecular layer acts as the interface with the surrounding environment, thus playing a major role in the interactions and determining the biological fate of nanomaterials (Nel et al., 2009). Furthermore, the conjugation of different molecules on the surface enables the modulation of their physico-chemical properties and the incorporation of various functionalities, to adjust their biological activity.

Biological Impacts of the Coating Layer: Colloidal Stability and Stealthing

Colloidal stability (CS) is a critical property of nanosystems for biomedical applications that relies on the interactions of the
continuous liquid phase and the dispersed phase. Specifically, it is achieved when nanoparticles are prevented from aggregate/agglomerate, remaining dispersed in the medium. Two are the main factors contributing to CS: the NPs intrinsic interaction with the solvent and the attractive or repulsive NP-NP interactions. Since the biological media are usually aqueous, highly dispersible NPs are achieved when hydrophilic molecules are bound on their surface. Furthermore, conjugation of stabilizing agents reduces the probability of direct interaction between NPs core, which presents an enhanced area/volume ratio and high surface energy, which could lead to undesirable aggregation processes. Accordingly, different molecules have been tested to get stable NPs dispersions in biological environments, exploring the steric and electrostatic effects (Mo et al., 2016).

Steric stabilization usually is achieved by the conjugation of high molecular weight polymers on the NPs surface. The presence of such coating layer increases the repulsive forces between NPs due to two main factors: 1) the large volume of the polymeric chains prevents the NPs core to come into close contact while decreasing the attractive forces, thus leading to an excluded volume effect, and 2) when two NPs approach each other, a region with a high density of polymers and a diminished number of solvent molecules is created between them, leading to a repulsive osmotic pressure effect (Elbasuney, 2017). Hence, the combination of these two and the repulsive effect caused by the motion of dangling side chains provide what is called the steric stabilization effect. Synthetic polymers such as polyethylene glycol (PEG) and polyacrylic acid (PAA), as well as natural polymers such as bovine serum albumin (BSA), chitosan, and dextran, are among the most explored stabilizing agents in the biomedical area (Arteaga-Cardona et al., 2016; Tegafaw et al., 2017; Abdollah et al., 2018; Nosrati et al., 2018; Dhavale et al., 2021). Particularly, PEG has been extensively studied since prolongs the blood circulation time of its conjugates (e.g. drugs, proteins, NPs) by preventing the adsorption of opsonins, specific biomolecules that activate the immune system. Also, the so-called "stealth effect" inhibits a quick

![FIGURE 1](image-url) 

Scheme illustrating the possible components of multifunctional nanobiomaterials (NBMs). The NBM core can be made of materials such as metals, metal oxides, polymers, lipids, among others, but this review is focused on NBMs based on NBMs with IO and TiO2 cores conjugated to different molecules (coating layer or shell). These molecules are classified according to the functionality they add up to the NBM: therapeutic agents (e.g. drugs); stabilizing agents (e.g. polymers); targeting agents such as vitamins, aptamers, peptides, antibodies, and antigens; and tracing agents such as fluorescent biomarkers, radiotracers, and contrast agents. The diameter of the core and the thickness of the molecular coating layer are not been shown in the actual proportion in the scheme, as they may vary according to each engineered NBM.
blood clearance, allowing the NBMs accumulation in their target sites, a fundamental feature in cancer theranostics. However, concerns have been raised about PEG effectiveness in clinical trials considering the possible production of anti-PEG antibodies (aPAb) upon exposure (Grenier et al., 2018). In fact, some studies detected pre-existing aPAb even in individuals that have never been exposed to PEG-containing treatments (Yang and Lai, 2015; Yang et al., 2016). This was assigned to the growing medicinal and consumer use of PEG, including in hygiene and cosmetic products and food additives, leading to involuntary exposure of population and consequent activation of that immune response. Such hypothesis was tested by Grenier et al. who injected NPs of poly(ethylene glycol)-b-poly(lactic-co-glycolic acid) copolymer in mice 7 days after exposing them to different materials conjugated with PEG. Interestingly, the PEGylated nanomaterials were more rapidly cleared by the experimental groups in comparison with the control group that was injected only with PBS solution. However, PEGylated BSA and the free polymer did not change the clearance parameters maintaining the same rates as the control. Such difference was assigned to the conformation of the PEG chains on NBMs surface, which might facilitate their binding to aPAbs (Grenier et al., 2018). On the other hand, Joh et al. investigated the antigenicity of the 3D-hyperbranched derivative of PEG-denominated poly(oligo(ethylene glycol)methylether methacrylates) (POEGMA), which has ethylene glycol (EG) oligomers as side chains on a poly(methylmethacrylate) backbone, in a “bottlebrush” architecture. POEGMAs with a variable number of EG repeat units were grown on solid surfaces and challenged against the plasma of aPAb-positive patients. Interestingly, the structures containing branches with 2 or 3 EG repeats presented a reduced recognition by anti-PEG antibodies, probably due to steric factors inhibiting their binding to the EGs (Joh et al., 2019). That result was supported by a previous work showing that a therapeutic peptide conjugated to POEGMA has an enhanced circulation time and reduced antigenicity by aPAb in mice (Qi et al., 2017). Considering the above discussion and that this approach is extensively used in NBMs for cancer theranostics, further studies are needed to fully understand the PEG recognition mechanism by anti-PEG antibodies in the surface and evaluate whether other polymers can induce acquired immunogenicity as well.

Another classical approach for colloidal stabilization is by modulation of the electrostatic interactions between the NPs (Mo et al., 2016) that can be achieved by the conjugation of electrically charged molecules on the NPs surfaces thus conferring high enough zeta potentials to them. Hence, when two NPs with the same charge come into close range, the Coulombic electrostatic repulsion forces will eventually overcome the attraction forces, inhibiting their aggregation, and thus imparting colloidal stability to the system. However, this approach is highly dependent on factors such as the pH and the ionic strength of the medium. For instance, the cellular culture mediums (CCMs) generally present a high concentration of inorganic salts as well as different types of biomolecules. The high ionic strength tends to compress the double electric layer of NPs, decreasing its thickness (Moore et al., 2015) and shortening the range of action of the electrostatic repulsive forces, thus favoring the approach and agglomeration of NPs. Moreover, the adsorption of biomolecules present in the CCM, or ligand exchange processes, may change the NPs zeta potential thus inducing their aggregation. In fact, the binding energy of molecular species on NP’s surface is strongly dependent on the coordination strength of the anchoring groups.

Generally, a zeta potential equal to or larger than about 30 mV is considered enough to assure CS in an aqueous solution (Clogston and Patri, 2011). However, this can be misleading when the measurement is carried out in pure water, and not in a complex media such as CCMs which simulate better an biological environment containing different salts including calcium salts (Moore et al., 2015). In this case, negatively charged nanomaterials stabilized by carboxylate, phosphate, and phosphonate groups can be easily precipitated out since Ca2+ ions can act as bridging group generating coordination polymer-like materials (Safi et al., 2011). Also, an increase in ionic strength tends to compact the electric double layer and decreases the electrostatic repulsion granted by charged particles (Edwards and Williams, 2004). Accordingly, only ligands containing very weakly coordinating negatively charged group (e.g. sulfonate in tiron ligand) can be effective for electrostatic stabilization in a wide range of pHs, thus conferring good CS in biological media. However, there is no other way to overcome the destabilizing effect of ionic strength unless by exploiting steric forces, especially those provided by the motion of dangling side chains and substituents (Mo et al., 2016).

In this context, it is also very important controlling the size, electric charge, and morphology since larger particles are easily recognized by the mononuclear phagocytic system (MPS) and cleared by phagocytosis or endocytosis (e.g. in liver), whereas very small particles (<5–10 nm) tend to be renal cleared (Tsoi et al., 2016; Ferretti et al., 2021). Preferentially, the core and the conjugated molecular layer should be biocompatible since some materials may elicit toxic effects related to the core (e.g. CdS) exposition, which have been associated with oxidative stress (Soenen et al., 2015), but can be turned biocompatible when protected by an inert shell (e.g. silica) (Veeranarayanan et al., 2012).

**Nanoparticles Aggregation and Biological Activity**

In the context of nanoparticles, several tests must be performed to investigate the suitability of metal oxide NPs for biomedical applications, where the cytotoxicity and in vivo toxicity assays play a fundamental role. The initial studies usually are carried out by in vitro assays, where the relevance of two recurrent phenomena are being overlooked or underestimated: aggregation and agglomeration. Both terms are associated with the phenomenon of NPs sticking together leading to the formation of larger structures, but they hide a very important conceptual difference. Nevertheless, a similar meaning tends to be attributed in the literature such that both are employed to describe the dispersion state of nanoparticles in a medium. Accordingly, before discussing the implications of the agglomeration and aggregation processes, it is interesting to...
address the meaning of these two terms and how they influence the properties of nanomaterials dispersions.

According to the definitions of the International Organization for Standardization, 2015 (ISO), agglomerate is defined as “a collection of weakly or medium strongly bound particles where the resulting external surface area tends to approach the sum of the surface areas of the individual components. The forces holding an agglomerate together are weak forces, for example, van der Waals forces, or simple physical entanglement.” This contrasts with the definition of aggregate that is “a particle comprising strongly bonded or fused particles where the resulting external surface area is significantly smaller than the sum of calculated surface areas of the individual components. The forces holding an aggregate together are strong forces, for example, covalent or ionic bonds, or those resulting from sintering or complex physical entanglements, or otherwise combined former primary particles” (ISO, 2015). Accordingly, the agglomeration process is reversible, whereas the aggregation process is irreversible (Alemán et al., 2007) since nanoparticles cores are closely and strongly bound together, as illustrated schematically in Figure 2.

From a thermodynamic point of view, agglomerates can be described as a set of nanoparticles with low surface energy that are weakly interacting with each other through the protecting/functionalization molecular layer. Thus, a simple dilution or a change of solvent can shift the equilibrium in a reversible way destroying the agglomerates, similarly to a conventional precipitation process that can be reversed by shifting the solubility equilibrium. The formation and stability of these clustered systems can be explained by the Derjaguin-Landau-Verwey-Overbeek (DLVO) theory (Hoek and Agarwal, 2006; Alemán et al., 2007), considering the forces acting on each NP in the agglomerates, and the interparticle interactions, such as the van der Waals and electrostatic forces, to explain the CS. The DLVO theory is based on the net potential energy of the particles system, more specifically the resultant of the attractive and repulsive forces between the NPs, to predict the conditions under which the system will be stable or unstable in relation to the agglomerates/aggregates. Additional steric forces are included in the DLVO theory, mainly when the nanoparticles' surfaces are covered with high molecular weight molecules such as polymers (Hoek and Agarwal, 2006; Striolo and Egorov, 2007). Although this theoretical approach is satisfactory in predicting the CS of NPs, they offer little or no information on the size distribution of the agglomerates and aggregates. Accordingly, other approaches are needed to predict their actual sizes, such as by potential of mean force (PMF) calculations or by experimental evaluation by light scattering techniques such as dynamic light scattering (DLS) and nanoparticle tracking analysis (NTA). Electron microscopy techniques such as scanning electron microscopy (SEM) and transmission electron microscopy (TEM) can also be used for that purpose (Striolo and Egorov, 2007). The scattering techniques offer the advantage of analyzing the particles directly in the dispersions, whereas the sample preparation needed for SEM and TEM can completely change the size of the agglomerates/aggregates but can provide a better perspective on the core size of individual NPs.

The phenomenon of nanoparticles aggregation should be considered when the protecting molecular layer is not tight and/or strong enough to avoid the direct contact of the core material with high surface energy, leading to the formation of strong bonds holding them together in an irreversible way (Hotze et al., 2010). The physical dimensions of such larger structures can affect critical parameters such as the reactivity, surface area,
bioavailability, and toxicity. The aggregated structures must therefore be carefully evaluated and considered when interpreting the transport, biodistribution, and toxicity data of nanomaterials.

**In vitro** tests have been required to evaluate the risk and toxicologic properties since a much larger scale production of nanoparticles with several different surface functionalizations has being started (Stone et al., 2009; Cho et al., 2013). Even though **in vitro** assays are simple to carry out than **in vivo** experiments, there are some key differences that must be considered in the case of nanomaterials. Cells are cultured in a medium that provides the essential nutrients for cellular growth and proliferation in controlled osmolarity and pH conditions. Hence, the medium contains several inorganic salts and biomolecules which can change the colloidal stability of nanoparticles, as described by Moore et al. that have provided a systematic picture of the composition of the commonly used CCM (Moore et al., 2015).

Safi et al. proposed an elegant series of tests to verify the CS of IO NPs in biological media. Briefly, they dispersed the NPs in PBS, fetal bovine serum (FBS) supplemented and non-supplemented Roswell Park Memorial Institute (RPMI) CCM, water containing divalent metal cations such as Ca$^{2+}$ and Mg$^{2+}$, and FBS supplemented medium which was previously incubated with the cells that were used in the experiments (Safi et al., 2011). We would like to call your attention to this last condition since cells do release intracellular components into the CCM that may interfere in nanoparticles CS. Therefore, this simple set of experiments can provide critical information whether NPs will agglomerate/aggregate or not in the medium as a consequence of the cellular activity. In fact, such an initial assessment is strongly recommended and must be carried out to improve the confidence in their dispersion properties in the biological medium before proceeding. Unfortunately, most published studies provide the CS to validate the assays only considering the size distribution and ζ-potential measured in water, typically by DLS technique. However, as emphasized by Moore et al., water is a completely different environment as compared with physiological media. In fact, CCMs also have compositions that contrast with animal and human blood/serum as well (Moore et al., 2015). Hence, CS needs to be meticulously evaluated; otherwise, it can be the source of misinterpretations and eventual unintentional misleading data.

For instance, Safi et al. further demonstrated that citrate-coated (CA) IO NPs did aggregate, while PAA-coated ones remained dispersed in RPMI medium. They also showed that the agglomerated/aggregated CA-NPs did adsorb on 2139 human lymphoblastoid cell membranes and are more rapidly internalized than the PAA-NPs (Safi et al., 2011). Mondini et al. compared the behavior of IO NPs conjugated with zwitterionic dopamine sulfonate (ZDS) and 2-(2-methoxyethoxy)ethoxy acid (MEEA). The incubation with HepG2 hepatocarcinoma cell lines demonstrated that the MEEA-NPs form aggregates and were internalized more effectively than the ZDS-coated ones, which remained fully dispersed (Mondini et al., 2015). As illustrated by the above examples, agglomeration/aggregation changes the interaction of NPs with biological systems. In fact, Wills et al. pointed out that the bioavailability and thus the toxicological dose-response data of aggregates are different enough from the corresponding dispersed NPs such that these cannot be considered representative of the sample in real applications (Wills et al., 2017).

Generally, NPs aggregation takes place in an uncontrolled manner generating aggregated particles with a broad distribution of sizes and shapes, thus changing the cellular uptake mechanism due to the size limitation of the endosomes involved in the internalization process. For instance, caveolae-dependent endocytosis leads to the formation of vesicles with about 100 nm diameter, while phagosomes can be as large as 10 μm (Donahue et al., 2019; Almeida et al., 2021). Accordingly, the uptake efficiency of non-spherical NPs should be significantly influenced by the direction of approach with cells. In fact, it was demonstrated by Albanese et al. and Champion et al. that the uptake of NPs and their aggregates are dependent on the contact angle with the cell membrane (Champion and Mitragotri, 2006; Albanese and Chan, 2011). Accordingly, special attention should be addressed to differentiate adsorbed NPs from those effectively internalized by cells (Alkilany et al., 2016) since most quantification methods are not able to distinguish them.

Finally, the aggregated particles can interfere with the therapeutic effectiveness of NPs. For instance, Guibert et al. demonstrated that the aggregation state influences the efficiency of magnetic hyperthermia of magnetic IO NPs. They found out that loosely bond small agglomerates do not cause major changes in the specific loss power, but large dense aggregates decreased significantly the hyperthermia efficiency (Guibert et al., 2015).

**Corona Effect**

One of the main routes for administration of NBMs for cancer theranostics is the intravenous (i.v.) via, which poses major challenges in the development of new nanosystems. Once injected, NBMs will interact with a complex mixture of biomolecules naturally present in the bloodstream that can bind on their surface generating a biomolecular corona, which can confer a new biological identity to the NPs, inducing what is called the “corona effect”. This is a major concern since the characteristics of the outermost molecular layer are always responsible for the interaction of such “modified NBMs”, thus influencing the way they will interact with the biological system, such as the vessel walls, tissues, and organs. Accordingly, the formation of a biomolecular corona can completely change the biological parameters, such as the pharmacokinetics and fate of nanoparticles, now strongly influenced by the biomolecules that are adsorbed on the NPs surface (Corbo et al., 2015).

Furthermore, the corona layer can interfere in the biological activity as illustrated by Salvati et al. The group demonstrated that transferrin-conjugated NPs, a glycoprotein known to target transferrin receptors overexpressed in some cancer cell subtypes, can lose the vectoring ability upon adsorption of biomolecules (Salvati et al., 2013).

The corona layer consists of two parts, the hard corona and the soft corona (Figure 3). The former one is comprised of molecules that are strongly bound to the NPs surface and have a slow exchange rate, while the latter one is constituted by more weakly
and dynamically attached biomolecules (Corbo et al., 2015). Ashby et al. showed that the nature of the IO NPs coating layer influences the bonding/dissociation dynamic of the corona. A soft corona is preferentially formed when the hydrophobicity of the NPs surface is increased since proteins with faster exchange rates tend to be adsorbed (Ashby et al., 2014). Furthermore, the corona composition can change the cellular uptake mechanism as demonstrated by Francia et al. in vitro incubating nanoparticles with different amounts of human serum. Similar result was obtained by changing the nanomaterial size or composition (Francia et al., 2019). Accordingly, Papini et al. pointed out that the NP/biomolecules ratio must be an important parameter to be considered since the surface area available for adsorption is proportional to the NP concentration, and a more complex heterogeneous corona is expected as it increases (Papini et al., 2020). These aspects are interesting since the plasma components and respective concentrations can vary significantly among patients and the disease stage, resulting in NPs with biomolecular coronas with different compositions and biological outcomes (Corbo et al., 2017; Sepand et al., 2020). To sum up, the corona effect is dependent on two groups of factors, as proposed by Singh et al. (Singh et al., 2021): 1) material parameters such as NBM molecular coating, charge, and size, and 2) environmental parameters such as the incubation time, pH, and type and concentration of proteins.

The corona effect has a direct influence on the biological interactions and fate of NBM in vivo that often cannot be anticipated by in vitro studies, probably due to the difficulties in reproducing such a complex environment. Clearly, however, the formation of hard corona can be controlled/avoided by suitable design of the NBM's surface chemistry, or by precoating them with specific biomolecules (Singh et al., 2021). In fact, it has been shown that the corona composition can be controlled by a proper engineering of the conjugated molecular layer. In this way, it is possible to transform an impairing phenomenon into an ally to improve not only the CS but also the circulation time by stealthing them from the immune and clearance systems, while further modulating their interactions with cells (Cai et al., 2020). For instance, Szekeres et al. studied the effect of human plasma on the CS of IO NPs by monitoring their hydrodynamic size as a function of plasma concentration (0–80% v/v in Tris buffer saline solution). The addition of low concentrations of plasma into non-functionalized (NF) and citrate-coated NPs led to the formation of large aggregates that precipitated out. Nevertheless, at much larger plasma concentrations, CA-NPs did not precipitate out, and their size distribution remained similar to the initial one indicating that they were covered up and stabilized by a biomolecular corona layer (Szekeres et al., 2017). Accordingly, Moya et al. suggested human serum albumin (HSA) as a good candidate to improve the colloidal stability of CA-IO NPs in the human serum, without compromising the NP efficiency as magnetic resonance imaging (MRI) contrast agent. In fact, a compact enough protein corona is formed to increase the digestion time with an acid condition (such as lysosomes in cells), a valuable feature since it would avoid the need of re-administration in case the MRI diagnostic must be repeated (Moya et al., 2019). On the other hand, PEG stealth effect could be related not only to the polymer itself but also to a clusterin-rich associated biomolecular corona (Schöttler et al., 2016). However, there is no enough evidence yet to categorize clusterin as a dysopsonin, a biomolecule that actively suppresses the capture of NPs from bloodstream by the MPS (Papini et al., 2020). A designed peptide that binds to transferrin was especially

### FIGURE 3

Schematic representation of the biomolecular corona, showing the hard corona and the soft corona, that can confer a new biological identity to nanobiomaterials (NBM). The hard corona is comprised of strongly bound biomolecules to the NBM surface, whereas the soft corona is formed by weakly interacting biomolecules.
conjugated on the NPs surface by Santi et al. leading to an increased NP internalization by Mia Pa-Ca 2, a high transferrin receptor-expressing cell line (Santi et al., 2017), thus demonstrating the possibility of targeting based on proteins recruited as corona layer while Ritz et al. demonstrated that the preincubation of NPs with the specific proteins ApoA4 or ApoC3, or ApoH, can modulate the cellular uptake by decreasing it or increasing it, respectively, in human mesenchymal stem cells (hMSC) model (Ritz et al., 2015).

In short, the formation, composition, and effects of a biomolecular corona layer on biological processes and activities are fundamental aspects that ought to be considered when designing theranostic nanomaterials. Some examples and perspectives were presented here, but it is discussed in more details in the reviews by Pinals et al. and Carrillo-Carrion et al., who have summarized the various techniques for direct and indirect analyses of the corona layer associated with NPs (Carrillo-Carrion et al., 2017; Pinals et al., 2020).

**Promising Approaches for Enhancing Biocompatibility and Non-immunogenicity**

Considering the relevance of the conjugated molecular layer and all processes that can change the properties governing the nanoparticles interactions in biological systems, such as the formation of a corona as above-mentioned, promising strategies for NPs surface functionalization have been explored aiming the development of biocompatible, non-immunogenic and stealth NBMs for application in cancer theranostics (Figure 4).

Among them, there are those based on zwitterions, molecular species containing different functional groups with positive and negative charges but overall neutral charge. They are hydrophilic granting good affinity with aqueous media, similarly to PEG. Furthermore, zwitterions tend to inhibit the adsorption of proteins, including opsonins, blood components responsible for the activation of the immune system, thus conferring an effective stealth effect to the nanomaterials, as proposed by Schlenoff (2014). Briefly, the water molecules around the zwitterions are organized in structures resembling those in bulk water, in order to maximize the amount of hydrogen bonds. Consequently, there would be no significant entropy change associated with the rearrangement of water molecules induced by protein adsorption onto a zwitterionic molecular layer. Also, the charges in zwitterionic species are self-counterbalanced and there is no associated counterion hence making protein adsorption less likely to take place, giving rise to a

**FIGURE 4** | Scheme summarizing the most promising surface chemistry approaches for the preparation of NBMs for cancer theranostics: coating the nanoparticles (NP) with zwitterions, heparin and its derivatives, cell membranes, or red blood cells (RBC) adhesive molecules (RBC-hitchhiking). Also, some of the advantages are listed for each approach. Abbreviations: i.v-intravenous injection via; i.a-intra-arterial injection via.
kind of natural antifouling property (Schlenoff, 2014). Consistently, Ma et al. compared IO NPs, designed for use as MRI contrast agent, conjugated with PEG, and PEG cysteine (PEG-Cys), a zwitterionic amino acid, which demonstrated a significantly lower tendency to adsorb BSA (Ma et al., 2017). In addition, the uptake of PEG-Cys zwitterionic IO NPs by RAW264.7 murine macrophage cell lines was significantly diminished as compared with conventional NPs. Similar results were reported by Mondini et al. who demonstrated that ZDS-IO NPs were less internalized by HepG2 hepatocarcinoma cell lines than MEEA-coated NPs, a PEG-like carboxylic acid. Accordingly, it was suggested that the lower cellular internalization of zwitterionic NPs might be related to the above-mentioned thermodynamically induced antifouling properties (Mondini et al., 2015).

Another emerging approach to improve the stealth properties of nanomaterials is by covering them up with biomolecules, such as carbohydrates, lipids, and proteins, as well as cellular components usually found in the blood, thus inhibiting their recognition and clearance by the MPS. This strategy was reviewed in detail by Gulati et al. (2018) so that only some typical examples will be described herein. For instance, among the carbohydrates, heparin (HEP) is a naturally occurring glycosaminoglycan, well known for its anticoagulant properties. Additionally, recent clinical evidence suggested that HEP might also present antimitastatic and antiangiogenic effects, improving the survival rates of cancer patients (Ma et al., 2020). Hence, heparin and its derivatives are quite interesting molecules that were used by Ternent et al. to coat IO NPs that showed a good CS and nuclear spin relaxivity, demonstrating their potential as MRI contrast agents (Ternent et al., 2016). On the other hand, Fazilati designed a magnetic HEP-coated IO NPs loaded with the antitumoral drug cisplatin demonstrating a synergistic effect that enhanced the drug cytotoxicity against CP70 human ovarian cancer cell in vitro (Fazilati, 2014). Also, Groult et al. demonstrated that heparin and its derivatives can have anti-heparanase activity when conjugated to IO NPs, not only acting as stealth and stabilizing agent. Heparanase is a protein expressed in tumor microenvironment and participates in angiogenesis. Hence HEP-IO NP was proposed as an MRI theranostic agent (Groult et al., 2017). More recently, HEP-IO NPs doped with the $^{68}$Ga radionuclide were demonstrated to be suitable for dual-mode PET/MRI theranostics (Groult et al., 2021).

Blood circulating cells are interesting shuttles and camouflage for NPs since they are not recognized as foreign bodies and thus do not activate the immune system. Accordingly, erythrocytes (red blood cells, RBCs) have been explored in two ways: 1) by the so-called “RBC-hitchhiking” approach and 2) based on the use of its cellular membrane as camouflage. RBC-hitchhiking NPs were explored for the first time by Chambers and Mitragotri, inspired by the strategy utilized by the mammalian pathogens Haemobartonella and Eperythrozoonosis which can remain in blood circulation for several weeks bound on RBCs (Chambers and Mitragotri, 2004). Zelepukin et al. did a systematic study to understand the interaction of magnetic IO NPs with RBCs assessing parameters such as size, surface chemistry, corona effect, in vitro cytotoxicity, in vivo pharmacokinetics, and biodistribution. Thus, it was demonstrated that 100-nm large chitosan-coated NPs were suitable for RBC hitchhiking and delivery of doxorubicin to lung cells for effective treatment of B16-F1 melanoma cell line metastasis in the C57BL/6 mice model. The effectiveness of this strategy has been attributed to the mechanism of delivery, which relies on the ex vivo adsorption of NPs on RBCs, followed by intravenous injection and detachment of NPs when passing through fine capillaries due to the shear stress against the walls (Anselmo et al., 2013; Zelepukin et al., 2019). In an elegant work, Brenner et al. demonstrated that it is further possible to target specific organs by RBC-hitchhiking strategy via intra-arterial administration (Brenner et al., 2018). Excellent reviews on the use of blood cells hitchhiking strategy for the development of advanced drug delivery systems (DDS) for biomedical applications have also been published (Anselmo and Mitragotri, 2014; Villa et al., 2016). In addition, the RBC membrane can be utilized to coat NPs after isolation and suitable treatment, making them invisible to the immune system. In fact, the presence not only of naturally occurring membrane lipids but also of proteins, receptors, and other biomolecules associated to the cell membrane avoids their recognition and consequent activation of the immune response. Rao et al. showed that IO NPs coated with RBC-derived cell membrane exhibited a superior performance remaining in circulation for a longer period in comparison with NPs conjugated with PEG (Rao et al., 2015). Similar results were reported by Ren et al. and by Rao et al. who further demonstrated that RBC-membrane-coated IO NPs could be used as efficient theranostic agents (Ren et al., 2016; Rao et al., 2017). Furthermore, this strategy is not limited to RBCs, as summarized by Fang et al., but can be extended to the membrane of other cell types; thus, it has been possible to modulate the NPs properties for specific applications (Fang et al., 2018).

**Co-adjuvant Molecules**

The impact of the NPs surface chemistry in the CS and in the interaction with biomolecules and cells present in the bloodstream was addressed so far. In this section, we will briefly discuss about co-adjuvant molecules that grant additional functionalities to the NBMs (Figure 1).

**Therapeutic Agents**

In cancer theranostics, the nanotechnology approach confers new prospects for the usage of antitumoral drugs. Most therapeutic agents are hydrophobic molecules incompatible with aqueous biological media. This characteristic restrains their solubility and therefore their bioavailability, a critical parameter that defines the drug dosage and possible undesirable side effects. Accordingly, nanotechnology has been applied to overcome those limitations by exploring liposomal and nanocapsule formulations as drug nanocarriers, significantly altering the pharmacokinetics, pharmacodynamics, and toxicological effects (Apolinário et al., 2020; Deda et al., 2020). These nanocarriers can enhance the apparent solubility and bioavailability of drugs, conferring stealth effect and safety, reducing systemic adverse effects, and even
enhancing the cellular uptake. Another possibility to improve the pharmacological parameters of a drug is by combining it with specially designed nanoparticles. In this case, their surface chemistry must be engineered in such a way to make them highly dispersive and colloidal stable in aqueous media, even though with a significant hydrophobic load (Romano et al., 2020). For instance, we have demonstrated that by co-conjugating methotrexate, an antitumoral drug, with the stabilizing agents, glycerol phosphate and phosphorylethanolamine onto IO NPs, it is possible to get an NBM capable to decrease the IC50 of MCF-7 breast cancer cell line in ten folds (Deda et al., 2021).

In addition, Jeon et al. and Augustin et al. have demonstrated the potential of IO NPs conjugated with paclitaxel and doxorubicin (Dox) for the treatment of some cancer subtypes. Furthermore, the polymer matrix of the molecular coating layer of NPs can be used to load and deliver drugs (Augustin et al., 2016; Jeon et al., 2019). For instance, Liu et al. incorporated cisplatin on TiO2 NPs coated with hyaluronic acid (HA), a polysaccharide that acts not only as a stabilizing agent but the matrix for drug loading. Moreover, HA has a high affinity for CD44, a receptor overexpressed in some cancer cell lines. Hence, cisplatin-loaded TiO2@HA nanoparticles were tested in the neoadjuvant chemotherapy of ovarian cancer (Liu et al., 2015).

**Targeting Agents**

When engineering a DDS, it is fundamental that the NBMs have a high selectivity for the therapeutic site, or in other words, for the cells and tissues to be treated (Wilczewska et al., 2012). This can be achieved by the conjugation of appropriate targeting agents, such as HA, leading to their recognition, interaction, and concentration in the areas of therapeutic interest, where the drug ought to be released to provide its beneficial effects (Gu et al., 2007). This process of concentration in selected sites, called vectoring or targeting, is one of the most fundamental requirements and challenges to overcome when designing NBMs for both diagnostics and treatment, including by multimodal strategies. Several classes of molecules have been studied as targeting agents for the preparation of NBMs for cancer theranostics. The selective concentration of antitumoral compounds by using drug delivery nanosystems may occur in two ways: 1) passively by enhanced permeability and retention, EPR, when the accumulation of nanoparticles in solid tumors is consequence of the abnormal physiology of the newly formed vessels (Xie et al., 2010), or 2) actively, when the process is driven by ligands on the NPs surface that is able to recognize and interact specifically with tumor cells or structures, such as vitamins, aptamers, polysaccharides, peptides, and antibodies (Xie et al., 2010; Yoo et al., 2019). The implementation of this characteristic to bioactive nanoparticles enables the administration of much lower doses since they will be delivered in the right place for a localized and effective action, as expected for a safer therapy with none or minimal side effects. Furthermore, targeting is also a key property for the realization of efficient and safer platforms for molecular diagnostics. Finally, it is interesting to mention that a new class of targeting agents is emerging. They are based on naturally occurring extracellular vesicles (EV) thus imparting all the advantages of previously mentioned cell-membrane-derived NPs coatings, especially stealthing for longer circulation time. EVs function in intercellular communication, and hence, they present a complex variety of interesting components embedded in the cellular membrane for specific recognition of given structures (Piffoux et al., 2019). Thus, EVs can be used as Trojan horses for loading NPs and/or therapeutic agents, to produce theranostic agents for cancer, as illustrated by the elegant work of Silva et al. EVs derived from human macrophages THP1 cell line were loaded with magnetic IO NPs and photosensitizers, and tested in vivo for MRI diagnostic and PDT treatment, two techniques that will be discussed later on in this review (Silva et al., 2013). For more details on this novel approach, we recommend the review article by Piffoux et al. (2019), Walker et al. (2019).

**Radiotracers**

Another class of co-adjuvant molecules explored in cancer theranostics is the radiotracers, which comprises radionuclides that emit high-energy photons and particles used for radiotherapy and/or imaging diagnosis (Hong et al., 2009). In particular, radionuclides that are γ or β+ particle emitters are utilized in the imaging techniques by single-photon emission computed tomography (SPECT) and positron emission tomography (PET), respectively, while the ones that are α or β− particle emitters, or Auger electron emitters, are commonly used for therapy. The nanoparticles surface can be used as an anchoring site for these radionuclides which can be directly adsorbed or conjugated by utilizing chelating ligands (Lamb and Holland, 2018). This way, the NPs act as radiotracer carriers and can be employed in radionuclide-based imaging techniques, as illustrated by de Rosales et al., in which IO NPs were radio-labeled with 99mTc, a classical radionuclide used in SPECT, through a bisphosphonate-based chelator (de Rosales et al., 2011). It is interesting to observe that bisphosphonate-based chelators also can be conjugated on TiO2 NPs, demonstrating their potential as nanocarriers of radiotracers and radiopharmaceuticals (Rehöf et al., 2011). For example, Cędrowska et al. have proposed the use of TiO2 NPs for radiotargeting based on 225Ac, an alpha-particle emitter radionuclide (Cędrowska et al., 2018). Also, we have investigated IO NPs as a multifunctional platform for dual-mode diagnostic of breast cancer in in vivo models by conjugating the Trastuzumab antibody as a targeting agent, and simultaneously attaching pentetic acid (DTPA) as a chelating agent for coordination of 99mTc and 68Ga. The resultant NBMs were successfully concentrated on a breast cancer model xenographed on the back of Balb/c nude mice (de Souza Albernaz et al., 2018).

**NANOBIOMATERIALS BASED ON TITANIUM DIOXIDE NANOPARTICLES**

Titanium dioxide is a semiconductor material with favorable physico-chemical properties for application in white paint pigments and sunscreens, due to its high chemical stability

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and interesting optical properties, especially the high refractive index and capacity to absorb UV light, and reflect/scatter visible light (Antoniou et al., 2008). On the other hand, charge separation can be induced by photoexcitation exploring its semiconductor properties, generating a high-energy hole in the valence band that has been extensively explored to promote photodegradation processes, for example, of contaminants in water. The concomitantly generated electron in the conduction band also can be used in reduction processes despite its relatively low energy.

TiO$_2$ nanoparticles are generally produced on a large scale by reaction of titanium tetrachloride and water, a high throughput, and efficient method, but more refined techniques are generally necessary for the preparation of NPs for biomedical applications. There are several methods available for the synthesis of TiO$_2$ NPs, such as chemical deposition methods (Seifried et al., 2000; Oh and Ishigaki, 2004), electrophoretic deposition methods (Nyongesa and Aduda, 2017), spray pyrolysis (Okuya et al., 2004), sonochemical and microwave-assisted methods (Zhu and Chen, 2014), hydro or solvothermal methods (Kim et al., 2003; Feng et al., 2005), sol-gel methods (Oskam et al., 2003), and template-assisted methods (Jiang et al., 2007; Yuan et al., 2013). The most used among all are the sol-gel, the hydro and solvothermal, and the template-assisted methods, given the simplicity allied to improve the control on the size and shape combined with colloidal stabilization and functionalization strategies.

The widespread application of TiO$_2$ NPs as a white pigment in cosmetic formulations, such as sunscreens, powders, and eyeshadows, is related to their high availability allied to low toxicity. However, it is important to notice that in those cases, the material is applied on the skin, a quite stringent barrier (Dréno et al., 2019). The situation changes significantly when intravenous or other internal applications are considered since it involves the administration of nanomaterials directly in the blood or tissues as discussed in the previous topics. In this context, the toxicity becomes very dependent on factors such as size, morphology, and surface chemistry of nanoparticles. Hence, toxicological studies are essential for the evaluation of the biocompatibility, biodistribution, clearance, and possible toxicity. Aula et al. have systematically described the in vitro and in vivo assays to assess the toxicological effects of NBMs (Aula et al., 2015). Ideally, both in vitro and in vivo experiments are necessary for the evaluation of the toxicological parameters in a complementary way. As mentioned in the previous topics, the in vitro and the in vivo conditions differ considerably due to the biological medium, biomolecules concentration, shear stress, dynamic flow, the corona effect, among other factors that affect the NPs stability and aggregation process, and ultimately the biological interactions and fate. Accordingly, biocompatible NBMs are achieved when they exert their functionality without showing significant adverse toxic effects to the organism.

In fact, the nature of the molecular species conjugated on NPs surface may be used to control the eventual toxic effects, thus adjusting it to the requirements of a given application. For instance, Thévenot et al. showed that the cytotoxic effects on cancer cells were dependent on the molecules conjugated on the NBMs as well as the cell line. Uncoated TiO$_2$ NPs reduced mice-derived LLC lung carcinoma viability considerably, but the mouse-derived B16F1 skin melanoma viability was not affected at a concentration as high as 10 mg/ml. Interestingly, the cytotoxicity on LLC cells was decreased upon conjugation of polymers to the NPs surface (Thévenot et al., 2008). Uncoated TiO$_2$ NPs were shown to aggregate in 0.9% saline solution and accumulate mainly in the liver, spleen, and lungs upon i.v. administration in rats, but without toxic effects at a dose of 7.7–9.4 mg/kg (Elgrabli et al., 2015). Another critical aspect during the modification of the molecular outer layer is ensuring the colloidal stability of the suspensions since aggregation processes irreversibly compromise their interaction properties with biological systems (Albanese and Chan, 2011). Aggregation may even compromise the NPs functionality, for example, attenuating the photodynamic therapy efficiency (Kamps et al., 2013). In order to enhance the NP stability and to reduce the clearance by MPS and the accumulation in the liver, spleen, and kidney of mice, Li et al. utilized RBC-derived membranes to coat mesoporous TiO$_2$ NPs. This strategy enabled an NBM able to accumulate more effectively in MCF-7 tumor in vivo model (Li et al., 2021).

The semiconductor properties of TiO$_2$ NPs conjugated with suitable molecules are being explored in therapeutic approaches such as photodynamic therapy, which is considered economical, more effective, and less invasive than conventional approaches, reducing the need of repeated and prolonged treatments. PDT is recommended primarily for oral, head, and neck cancer although the possibility of treating other subtypes is being currently explored (dos Santos et al., 2019). PDT combines the interaction between a photosensitizer (PS) and light, generally in the presence of molecular oxygen, which is excited to a very reactive singlet state, the active species (Kou et al., 2017). Most photosensitizers exhibit autofluorescence, which makes easier to track them when concentrated in specific parts of the body requiring treatment, but are activated only when combined with light of suitable wavelengths thus imparting good control on the PDT treatment (Usuda et al., 2007). In fact, despite the systemic application of PS, the production of reactive oxygen species (ROS), responsible for cells death, is circumvented only to the local where they were photoexcited, greatly reducing the toxicity to normal tissues (Wang et al., 2011). TiO$_2$ NPs, most frequently associated with photoactive organic dyes such as porphyrins and phthalocyanines, are being explored as theranostic agents against various cancer subtypes (Yurt et al., 2018; Shi et al., 2020).

Nanobiomaterials based on TiO$_2$ NPs have also been investigated for cancer therapy, but in a modest extent when compared with IO NPs. For instance, the combination of TiO$_2$ NPs with antitumoral agents has been proposed as an efficient drug delivery platform for chemotherapy (Chen et al., 2017). Different drug release mechanisms such as pH-triggered (Wang et al., 2019) and irradiation-triggered delivery (Li et al., 2009), among others, have been explored in that context. The release of drugs triggered by a stimulus grants a more effective and controlled delivery of bioactive molecules to tumor cells in contrast to healthy cells (Wang et al., 2016; Raja et al., 2020).
This is a highly pursued condition since the amount of chemotherapeutic agent used in the treatment can be significantly decreased, while maintaining the desired pharmacological effects, thus minimizing the occurrence of adverse side effects.

The perspectives of such NBMs in cancer therapy are better illustrated by exploring the combination of TiO$_2$ NPs with Dox, a well-established antitumoral drug used against several cancer subtypes to block cellular replication and tumor growth. In addition, it is known to produce free radical species causing irreversible damage to biomolecules and consequent cell death (Tacar et al., 2013). Nevertheless, Dox has nonspecific action, and its usage leads to undesired side effects when devoid of a targeted delivery system. Hence, its combination with NPs was expected to reduce the cytotoxic effects to healthy tissues, while maintaining or enhancing the efficacy against cancer cells, as confirmed by Du et al. who presented exciting in vitro and in vivo results using MDA-MB-231-GFP-Fluc breast cancer cells as a model. Dox loaded onto PEG-coated TiO$_2$ NPs showed improved antitumoral efficiency with minimal side effects. Such results were attested by the absence of histological changes and minimal weight loss by the test animals suggesting no significant adverse systemic effects, thus indicating that TiO$_2$-based nanocarriers can increase the chemotherapeutic effects of doxorubicin in vivo (Du et al., 2015).

Several works reported the combination of doxorubicin with a PDT photosensitizer aiming to increase the cytotoxic effects toward cancer cells (Zeng et al., 2015; Tong et al., 2017; Chen et al., 2017; Flak et al., 2017). Flak et al. (2017) presented two theranostic TiO$_2$-based nanomaterials obtained by conjugation of zinc phthalocyanine and Dox. These NBMs were able to penetrate HeLa 3D-spheroid cells and impart enhanced cytotoxicity against fibroblast MSU-11.1 model cells. Furthermore, their potentiality for bioimaging by confocal fluorescence microscopy was demonstrated. A similar strategy was also explored in an elegant work by Zeng et al. (2015), who designed a Janus nanocomposite of rare-earth NaYF$_4$:Yb/Tm and TiO$_2$, which act as an inorganic photosensitizer, loaded with Dox and folic acid (FA), for simultaneous PDT and drug delivery based on up-conversion luminescence (UCL). Rare-earth-based nanomaterials enable an alternative PDT approach due to the UCL property. Upon excitation with near-infrared light (NIR), the rare-earth nanoparticle emits UV radiation that is absorbed by the TiO$_2$ NPs producing high-energy electrons and holes capable of generating ROS. This is one of the few examples of nanomaterials using an inorganic PS to activate a semiconductor active component. The nanocomposite was tested with breast cancer cell lines, demonstrating low cytotoxicity and improved efficacy against multidrug-resistant MCF-7/ADR cells as compared to free Dox in in vitro assays. This result was confirmed in vivo by using nude mice model, which presented no alteration in the major organs 15 days post-intravenous administration of FA-NPs-Dox in comparison with the controls PBS, FA-NPs, and free Dox. A similar approach was proposed by Chen et al. and Tong et al., who proposed nanoparticles with rare-earth core and hollow mesoporous TiO$_2$ shell, conjugated with PEG and 3-aminopropyltriethoxysilane, and loaded with Dox, as pH-dependent DDS and simultaneous NIR-triggered PDT nanoagents (Chen et al., 2017; Tong et al., 2017). According to the in vitro MTT assays, such a dual therapy approach enhanced the cytotoxicity and promoted a significant reduction in HeLa cells viability when compared to the drug delivery therapy alone. In short, nanoagents based on TiO$_2$ NPs combining chemotherapy with PDT, by concomitant local delivery of an antitumoral agent, such as Dox, with image diagnostic by fluorescence, are very promising NBMs to improve the treatment of cancer.

At this point, it is important to note that some Dox drug delivery nanosystems were co-conjugated with folic acid as a targeting agent (Tong et al., 2017; Chen et al., 2017). Folic acid is a vitamin related to the DNA nucleic bases synthesis, essential for survival and growth of normal cells as well as of tumor cells in rapid proliferation. For this reason, folic receptors are overexpressed in the plasmatic membrane of tumor cells making them interesting targets (Fernández et al., 2018). Hence, folic acid can be explored to actively vectoring nanobiomaterials for diagnostic, drug delivery, and theranostic of diseases such as breast and ovarian carcinoma, among others. The incorporation of folic acid was shown to increase the selectivity inducing their concentration in MCF-7, SKOV3, and HeLa tumor cells in comparison with normal cells, thus demonstrating its effectiveness in targeting strategy. In another vectoring approach, Sette et al. had presented a novel antibody for conjugation with PEG-TiO$_2$ NPs, and targeting K$_v$ 11.1 potassium channel, expressed on the plasma membranes of pancreatic ductal adenocarcinoma cells (Sette et al., 2013). Furthermore, Jana et al. presented an interesting approach for the dual co-conjugation of biomolecules on TiO$_2$ NPs by multifunctionalizing them with tris-(nitrotriacetic acid) (Tris-NTA) and biotin anchoring sites for oligo-histidine and avidin-modified biomolecules, respectively (Jana et al., 2013). By using this approach, a vast class of targeting biomolecules such as antibodies can be conjugated to TiO$_2$ NPs generating NBMs aiming for specific diseases.

The works presented so far intended to illustrate the possibilities of application of TiO$_2$ NPs and how the results can be influenced by the composition and the size, as well as the molecules intentionally conjugated on the surface, or unintendedly adsorbed such as due to the formation of a corona. Of course, the variety of studies and approaches that can be found in the recent literature involving TiO$_2$ NBMs spans a much broader scope, and the examples presented below refer only to those published and consolidated in the last two decades. For example, it has been consistently demonstrated that TiO$_2$ NPs have no significant tendency to penetrate the gastrointestinal tract (Janer et al., 2014; Bachler et al., 2015). On the other hand, histopathological investigations for almost three months indicated that when i.v. administered, they tend to accumulate mainly in the liver, but also in the spleen, lungs, and kidneys in minor extent (Fabian et al., 2008; Geraets et al., 2014). A complementary work by Xie et al. showed that the main route of elimination of titanium dioxide-based nanomaterials is via renal excretion (Xie et al., 2011), a quite favorable route. Finally, the agglomeration of nanoparticles is dependent on several factors, such as pH and ionic strength, but also concentration since saturation can be reached leading to agglomeration. Nevertheless, this is a problem that can be solved by proper choice of the molecules conjugated on the NPs surface. In fact, there are bright perspectives for the development of efficient TiO$_2$-based nanoagents for...
diagnostic and treatment of cancer, as presented in Table 1, where examples are listed according to the type of nanoparticle, the stabilizing and/or targeting agents, the in vitro or in vivo models, and possible applications in oncological therapy.

### Table 1: Examples of TiO₂-based nanomaterials and its application in cancer theranostics.

| Applications          | Material                      | Size (nm) | Shape     | Stabilizing agent | Co-adjuvant agents | Biological studies                          | Reference |
|-----------------------|-------------------------------|-----------|-----------|-------------------|--------------------|---------------------------------------------|-----------|
| Chemodynamic therapy/SDT | Fe-doped anatase TiO₂         | 2.49      | ND        | PEG               | -                  | HUVEC (N.C. 80 μg Ti/ml), 4T1 (80 μg Ti/ml) | Bai et al. (2020) |
| Drug Delivery         | Anatase TiO₂                  | 30–60     | Sphere    | Alginate           | Temozolomide (TMZ) | SH-SYSY (100 μg TMZ-NP/ml)                  | Zhao et al. (2021) |
|                       | Anatase TiO₂                  | 5–25      | Sphere    | -                 | Erlotinib, Vornostat | MCF-7/10A (1 mg drug loaded NP/ml), MDA-MB-231 (1 mg drug loaded NP/ml), WiSH (1 mg drug loaded NP/ml) | Abdel-Ghany et al. (2020) |
|                       | Anatase TiO₂                  | Pore: 187.81 Length: 1236 | NTB Polyethyleneimine | Camptothecin (CPT), Ferric NPs | HeLa (50 μg CPT-NTB/ml) | - | Kafshgari et al. (2019) |
| Photodynamic therapy  | N-doped anatase TiO₂          | 20–120    | Sphere    | -                 | -                  | A375 (N.C. 100 μg NP/ml), Human fibroblast (N.C. 100 μg NP/ml) | Mohammadalipour et al. (2020) |
|                       | Anatase, rutile and amorphous TiO₂ | 5–1000    | NA        | Transferrin        | -                  | - | Lane et al. (2020) |
| Photothermal therapy  | Anatase TiO₂                  | 10–25     | Sphere    | PEG               | -                  | - | Behman et al. (2018) |
|                       | TiO₂                          | 5–10      | Sphere    | RBC membrane      | Au nanorods        | MCF7 (0.8 x 10⁻¹⁰ M Au/TiO₂@RBC)           | Li and Zhang (2020) |
| Radiotherapy          | Anatase TiO₂ and TiO₄         | 50        | Sphere    | Polyacrylic acid  | H₂O₂              | BxPC3 (0.895 mg NP/ml)                      | Morita et al. (2021) |
| Sonodynamic therapy   | C-doped anatase TiO₂          | 100–200   | Sphere    | Glucose           | -                  | L292 (15 mg NP/ml), 4T1 (15 mg NP/mL)       | Yang et al. (2020) |
|                       | Anatase TiO₂                  | 200       | Sphere    | Polymeric phenyboronic acid | Dox | MCF7 (2.5 μM Dox-NP), MDA-MB-231 (2.5 μM Dox-NP), RBCs (2.5 μM Dox-NP) | Kim et al. (2020) |

Abbreviations: Dox, doxorubicin; NA, nanoaggregate; N.C., no cytotoxicity observed; ND, nanodot; NP, nanoparticle; N.T., no toxicity observed in major systemic organs; NTB, nanotube; PEG, polyethylene glycol; RBC, red blood cells; SDT, sonodynamic therapy; T.N.E., in vivo toxicity was not evaluated.

### Nanobiomaterials Based on Iron Oxide Nanoparticles

Iron oxide can be found as several polymorphs, being hematite (α-Fe₂O₃) the thermodynamically most stable one, along with magnetite (Fe₃O₄) and maghemite (γ-Fe₂O₃). Magnetite and maghemite exhibit interesting magnetic as well as bonding properties for the preparation of functional nanomaterials, thanks to the possibility of easy conjugation of many molecular species on the surface, including biomolecules (Chouhan et al., 2021). More recently, the semiconductor properties of hematite have been more intensely explored for application in photo-driven processes, such as photodecomposition of contaminants and water splitting, as an alternative to TiO₂ (Mishra and Chun, 2015). Nevertheless, probably, nanomaterials based on magnetite and maghemite are
among the most extensively studied ones for biomedical applications, especially given to their high biocompatibility and abundance allied to the intrinsic superparamagnetic and magnetic hyperthermia properties. The superparamagnetism is observed when the core is smaller than a specific critical size, below about 16 nm for maghemite, yielding superparamagnetic IO NPs (SPIONs). It is important to point out that superparamagnetic materials present no magnetic remanence and coercivity in the absence of an external magnetic field. Furthermore, the magnetic moments of these nanoparticles are thermally randomized resulting in the absence of any magnetic attraction between them, a very convenient feature for biomedical applications (Gyergyek et al., 2017). Magnetite and maghemite belong to the class of materials called ferrites and mixed ferrites that can be prepared by replacing the iron(II) ions in tetrahedral holes of inverse spinel structure by metal ions such as copper(II), nickel(II), cobalt(II), zinc(II), manganese(II), barium(II), and strontium(II) to get similar magnetic materials, whose nanoparticles also can be classified as SPIONs (Laurent et al., 2008; Melo et al., 2021). Accordingly, all such materials can be applied for the development of nanoagents for cancer diagnosis and therapy, but we should be aware that they can exhibit much larger toxicity than the ones solely based on iron.

There are several methods for the preparation of iron oxide-based nanomaterials but some of them are recurrent in the literature: hydrothermal reactions (Gyergyek et al., 2017), solgel synthesis (Lemine et al., 2014), microemulsion method (Zhang et al., 2010), and sonochemical reactions (Dolores et al., 2015). However, in the case of magnetic nanoparticles, the chemical co-precipitation from iron salts (Martinez-Mera et al., 2007; LaGrow et al., 2019) and the thermal decomposition methods (Guardia et al., 2010; Escoda-Torroella et al., 2021) are among the most popular given their simplicity. Briefly, in thermal decomposition, the IO NPs are prepared from organometallic precursors at high temperatures, in a nonaqueous solvent. This technique yields magnetic nanoparticles with narrow size distribution, high crystallinity, and controlled morphology (Wu et al., 2015; Roca et al., 2019). However, co-precipitation is the most conventional method, in which a mixture of ferrous and ferric ions is reacted with a strong base (Wu et al., 2015). In all cases, several contaminants can be present in the reaction mixture, and purification methods such as ultracentrifugation (Sjögren et al., 1997; Carney et al., 2011), size exclusion chromatography (Strable et al., 2001), magnetic filtration (Babes et al., 1999), or flow field gradient (Hassan et al., 2008) are necessary to remove them. Among the possible contaminants, there are salts, decomposition byproducts, and eventual free iron ions and nonmagnetic particles formed in the reaction. Those methods also can be used to select and narrow the size distribution, especially to exclude larger aggregated particles.

Toxicological studies, in vitro and in vivo, provide important insights about the toxicity and are fundamental to evaluate the biocompatibility of the NBMs. Prodan et al. demonstrated that IO NPs did not have cytotoxic effects on HeLa cells even at concentrations as high as 30 µg/ml, showing no morphological changes in histopathological analysis after intraperitoneal injection in concentration up to 1.4 mmol/kg in Brown Norway rats (Prodan et al., 2013). But IO NBMs showed different biological responses depending on the size and the surface chemistry. Feng et al. showed that smaller PEG-coated NPs exhibited much lower in vitro cellular uptake than polyethyleneimine-coated ones, but slower clearance and higher accumulation in SKOV-3 ovarian tumor in vivo (Feng et al., 2018). Along in vitro and in vivo, ex vivo assays are also useful for studying the biocompatibility of the NBMs. Among them, the hemocompatibility can be verified by the hemolysis assay incubating them with animal or human blood samples. For instance, Janko et al utilized this assay to demonstrate that hemocompatibility can be achieved by performing a BSA corona on lauric acid-conjugated SPION (Janko et al., 2017). In vivo hematology and blood biochemistry tracking also may provide relevant information about the effects of IO NBMs in the organism. Gu et al. observed that oleic acid-coated IO NPs encapsulated in PEG-phospholipids micelles did accumulate in liver and spleen after i.v. injection (5 mg/kg) in Balb/c mice. IO NBMs are expected to be biodegraded without toxic effects due to natural iron metabolism, but they were not completely cleared even after a month despite a significant decrease in concentration. Interestingly, the hematological studies showed that blood cell levels were in the normal range, but with increased levels of enzymes, mainly those associated to liver cells that were suggested to be related with the metabolism of oleic acid in the liver (Gu et al., 2012). Sagnier et al. showed that the rate of intracellular biodegradation of IO NPs by hMSC spheroid model is dependent on NBMs characteristics (Sagnier et al., 2019) such as size, morphology, and surface chemistry demonstrating their relevance on the design of biocompatible theranostic nanoagents.

Magnetic resonance image is a powerful noninvasive and non-harmful diagnostic technique that is able to provide high spatial resolution images, by monitoring the relaxation of the nuclear spin usually of protons, whose precession is synchronized by a radio frequency pulse and the intensity decay monitored as a function of time to generate 3D images (Mukhtar, et al., 2020). The so-called "nuclear spin relaxation process" takes place by two mechanisms giving rise to longitudinal (T1, spin-lattice) and transverse (T2, spin-spin) relaxation times. Each compound has protons in different chemical environments, giving rise to characteristic Larmor frequencies and relaxation times, that are further influenced by the medium where they are, making it possible to generate the images. However, sometimes a contrast agent is required to improve the resolution and get more accurate information. Currently, paramagnetic gadolinium(III) chelates are generally used for such purposes in clinical practices. But it is well-known that T1 and T2 relaxation times are decreased by materials with magnetic properties, such as SPIONs, which can be used as contrast agents in MRI techniques (De León-Rodríguez et al., 2015). In the human body, the hydrogen atoms are present mainly in water, carbohydrates, and biomolecules. Hence, the presence or accumulation of SPIONs in certain sites/tissues (e.g. a tumor) can be used to create a much clear contrast in relation to the surrounding tissues (Mukhtar et al., 2020; Santhosh and Ulrich, 2013). There are some examples of IO-based MRI contrast nanoagents that were approved by drug regulatory...
In addition to the intrinsic magnetic properties explored for the development of MRI contrast agents, the rich surface coordination chemistry enables the attachment of different types of chemical species, including molecules that provide preferential interactions with specific biological structures. This possibility is rather interesting since it can be used not only to induce accumulation in desired sites, thus decreasing the required dose for an image in diagnosis, but also to bind bioactive molecules and deliver locally the medicines in a selective way. IO NPs can be designed as passive or active vectoring antitumoral drug carriers (Santhosh and Ulrich, 2013).

The magnetic properties of IO NPs also can enable a therapy mode called magnetic hyperthermia (MHT). In this approach, an alternating magnetic field (AMF) is applied to generate enough heat to increase the local temperature and promote cell death, and/or induce the activation of the immune system. This method has a great advantage for the treatment of solid tumors since it is possible to magnetically accumulate them in the target sites, and selectively induce cancer cell death without harming the surrounding healthy tissue (Pério et al., 2015). In 2010, EMA approved the magnetic fluid named NanoTherm® (Table 2), the first example of a product based on IO NBM for treatment by MHT by direct injection in the tumor, followed by sessions of AMF. Clinical studies have been carried out to evaluate the effect of MHT combined with radiotherapy for the treatment of patients with glioblastoma (Maier-Hauff et al., 2010; Grauer et al., 2018). More in-depth discussion about the treatment by magnetic hyperthermia was provided by Chang et al. in a review article (Chang et al., 2018).

Many are the possibilities for designing IO nanomaterials that can rely on a single mechanism of action, as reported by Li et al. and Vyas et al., who explored IO NPs as Dox nanocarriers for treatment, respectively, of breast and liver cancer cells (Vyas et al.,

| Product name and number | Brand Name(s) | Core material | Stabilizing agent | Application/Indication | Approval status | Reference |
|-------------------------|---------------|---------------|------------------|------------------------|----------------|----------|
| Ferumoxide AMI-24       | Feridex I.V. © | Fe₃O₄          | Dextran          | Diagnosis: MRI contrast agent for liver imaging | Approved by FDA: 1996 (Discontinued in 2008) | Kondo et al. (2000), Senetere et al. (1996) |
| Ferumoxil AMI-121       | Gastromark™ Lumirem® | Fe₃O₄ | Siloxane | Diagnosis: MRI contrast agent for gastrointestinal imaging | Approved by FDA: 2001 (Discontinued in 2009) | Johnson et al. (1996) |
| Ferucarbotran SHU555A   | Resovist® | Fe₃O₄/Fe₃O₅ | Carboxydxetrax | Diagnosis: MRI contrast agent for liver imaging | Approved in some European countries: 2001 | Sofue et al. (2010), Reimer and Balzer (2003) |
| Ferucarbotran SHU555C   | Supravist® | Fe₃O₄ | Carboxydxetrax | Diagnosis: MRI contrast agent for blood pooling | Clinical development | Vellinga et al. (2009) |
| Ferumoxtran-10 AMI-227  | Combi dex® Sinirem® | Fe₃O₄ | Dextran | Diagnosis: MRI contrast agent for lymph node metastases imaging | Application withdrawn from EMA:2008 | Heersakk et al. (2009) |
| Ferumoxytol AMI-7228    | Feraheme® | Fe₃O₄ | Polyglucose sorbitol carboxymethylether | Therapy: Iron replacement for anemia treatment in patients with chronic kidney disease | Approved by FDA: 2009 | Vasanavala et al. (2016), Turkbey et al. (2015) |
| Magnetic Fluid MFL AS1  | NanoTherm® | Fe₃O₄ | Aminosilane | Therapy: Hyperthermia agent for glioblastoma treatment | Approved by EMA: 2010 | Grauer et al. (2018), Maier-Hauff et al. (2010) |
Nevertheless, the current trend is the development of multifunctional NBMs combining different therapies in the quest for synergistic effects, thus enhancing the efficacy of the treatment, while incorporating simultaneous image diagnostics capability (Cai et al., 2017). For instance, several groups reported the use of IO NBMs for simultaneous treatment by Dox-targeted delivery and magnetic hyperthermia, coupled with image diagnostic by MRI, thus demonstrating the potentiality and good perspectives of such types of theranostic agents (Huang et al., 2017; Angelopoulou et al., 2019; Mansur et al., 2020). Furthermore, a common feature in these works is the use of FA as targeting agent to improve their selectivity towards cancer cell lines overexpressing folate receptors. A recent work showed that the conjugation of FA on SPIONs enhanced the cellular uptake of the corresponding NBM by HeLa cells, demonstrating the possibility of active targeting to selectively favor their accumulation in tumor tissues (Deda et al., 2017; Deda et al., 2021).

The design of nanosystems based on iron oxide NBMs for controlled drug release is another promising area that is being intensively pursued using different approaches, such as drug encapsulation in the polymeric coating layer (Khaledian et al., 2020; Tsai et al., 2020), or by drug co-encapsulation in micelles (Bai et al., 2018; Manigandan et al., 2018), hydrogels (Indulekha et al., 2017; Zou et al., 2020), liposomes (Jose et al., 2019; Szuplewska et al., 2019), lipid NPs (Świeżek et al., 2020), polymeric NPs (Mosafer et al., 2017; Luque-Michel et al., 2021), and mesoporous silica nanostructures (Asghar et al., 2015; Li and Zhang, 2020).
The stimulated release is a very interesting strategy since it allows a better control on the delivery, ensuring the medicine will be released in the desired site and the therapeutic dose will be achieved (Santhosh and Ulrih, 2013; Monnier et al., 2014). Another important issue that can be avoided is the burst effect, associated with a sudden increase of physiological drug concentration upon administration of NP-based formulations in living organisms. Hence, the cancer treatment efficacy will be remarkably improved by utilizing stimulus-response-based release nanosystems. For example, the release can be induced by local changes in pH (Bai et al., 2018) or temperature (Dorjsuren et al., 2020), or by irradiation of AMF (Forbes Brollo et al., 2020) or high-energy photons (Di Corato et al., 2015).

Another interesting strategy that has been explored in the treatment of cancer is photothermal therapy (PTT), following the current trend on new multifunctional nanosystems. In order to achieve a multimodal treatment, it is necessary to produce NBMs with synergic and/or complementary features, for example, conjugating antitumoral drugs and photosensitizers for PDT (Di Corato et al., 2015; Sun et al., 2019), or photothermal conversion agents (PTCA) such as organic dyes and gold NPs (Espinosa et al., 2015; Wang et al., 2018; Li and Zhang, 2020) for PTT. Briefly, PTT is a new cancer therapy modality that explores the photothermal property of NIR-light-absorbing materials, such as plasmonic or semiconducting carbon nanomaterials, to generate heat and induce tumor cells death, in a similar way to magnetic hyperthermia. However, until very recently, the use of IO NPs had been limited to MHT combined with drug delivery chemotherapy, such that the PTT property of magnetite NBMs had been barely investigated. But, this has changed after Chu et al. and Shen et al. showed that enough heat is generated upon NIR irradiation of Fe₃O₄ NPs to increase the local temperature and induce cancer cells death, thus demonstrating their potential as PTCA (Chu et al., 2013; Shen et al., 2013). In addition, Espinosa et al. and Shen et al. reported that IO-based NBMs can have photothermal efficiencies comparable to gold nanomaterials (Shen et al., 2013; Espinosa et al., 2016). Nevertheless, the property was shown to be highly dependent on aggregation state and morphology of the iron oxide nanocrystals, where the effect can be enhanced by conjugation of NIR absorbing polymers such as polydopamine (Liao et al., 2012; Shen et al., 2013; Chen et al., 2014; Espinosa et al., 2016). Since these findings, the number of works reporting on IO magnetic NPs for PTT combined with other therapy modalities has increased (Huang et al., 2015; Guo et al., 2017; Oh et al., 2017; Yang et al., 2017; Fathy et al., 2021). In fact, magnetite NBMs are being intensively studied aiming for application as multimodal cancer theranostic agents.

The works presented to demonstrate the high potential of IO NBMs for real application in cancer theranostics. Iron oxides exhibit interesting optical and magnetic properties and have a versatile surface chemistry allowing easy conjugation of molecular species, as well as fine control of their size and morphology. Such possibilities are listed in Table 3 where some examples of NBMs and their related applications are presented, as well as the conjugated stabilizing and co-adjuvant agents employed, and the in vitro or in vivo model utilized in the biological assays.

**PERSPECTIVES AND CONCLUSION**

Health problems caused by diseases and tumors are among the many problems faced by our society, where cancer probably is one of the most pernicious and complex, thus demanding innovative solutions. In all cases, early diagnostics and treatment probably are the most recommended protocol, especially if based on personalized materials that seek and concentrate on specific targets dispersed in the body. Such kind of technology can become a reality but depends on the development of innovative smart nanobiomaterials able to overcome the harsh conditions imposed by the biological environment, such as the clearance and immune system, which rapidly can filtrate them out from the vascular system. These processes make them unavailable imposing the need of much larger concentrations to achieve the therapeutic dose and proportionally larger risk of unwanted side effects. Accordingly, stealthing strategies such as the conjugation of zwitterionic species, extracellular vesicle, or cell membranes, or even the use of properly treated cells, such as emptied RBCs, as shuttles, are being proposed to improve the circulation time. However, targeting is a fundamental property that must be implemented in all, even in such more sophisticated NBMs, to make then smarter and safer, while fulfilling requirements of CS, size, and morphology, as well as of a functional load of diagnostic and/or therapeutic agents. Clearly, this is a description of multi-conjugated multi-functional nanomachines where iron oxide and titanium dioxide nanoparticles are two highly biocompatible materials that can be used as platform. They encompass high surface areas and structural stability, exhibit mild and flexible enough surface chemistry as well as useful magnetic, optical, and semiconducting properties that can be explored in diagnostic by resonance magnetic image, treatment by hyperthermia, and local generation of very reactive species, respectively. However, it is highly recommended to include in the development protocol, careful systematic studies in media mimicking as close as possible the biological fluids and biological environments of in vivo systems since tests carried out in water tend to provide misleading results. For instance, CS is a fundamental property that tends to be highly influenced by the medium in which the NBMs are dispersed, such that the agglomeration or aggregation can completely change the uptake, pharmacokinetics, biolocalization, and clearance. Accordingly, the formation of a corona should also be carefully evaluated, but it can be controlled by adjusting the surface chemistry or used to improve the colloidal stability and circulation time taking benefit of the stealthing properties it can impart. In short, this review summarized the current understanding and state of the art on the design of smart nanobiomaterials based on IO and TiO₂ nanoparticles as platform. In fact, innovative nanomaterials for application in personalized molecular diagnostics and therapy of diseases can be realized by multi-functionalization and co-conjugation of complimentary molecular species opening great new perspectives in the biomedical area.
AUTHOR CONTRIBUTIONS

RKK contributed to the general design, conceptualization, and preparation of the manuscript, the figures, and tables; MR contributed to the revision and the preparation of the figures and tables; ND contributed to the search and construction of the tables; KA contributed to the conceptualization, supervision, and final revision of the work. All authors contributed to the writing, reviewed, and gave the final approval to the manuscript.

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