Introduction

Dengue infection is a serious health problem in tropical and subtropical regions of the world (1). Two-thirds of the world’s population is at risk of dengue infection; an estimated 50 million cases occur annually, and around 2.5% of those affected die (2). Dengue has a wide spectrum of clinical presentations and often has unpredictable clinical outcomes. Dengue viral infection may be asymptomatic or may cause undifferentiated febrile illness (viral syndrome), dengue fever (DF), or dengue haemorrhagic fever (DHF) including dengue shock syndrome (DSS), and this can cause death (3, 4). Despite much research, pathogenesis which can explain the severity of dengue remains unclear (3, 5, 6).

The main pathogenesis of DHF is the loss of endothelial integrity caused by an abnormal immune response and immune system dysregulation (6). Elevated levels of several
Measurement of soluble Fas ligand

The soluble Fas ligand was measured using a Quantikine Fas ligand kit. This assay uses the quantitative sandwich enzyme immunoassay technique. Whole blood was collected in the EDTA tubes and then centrifuged at 1000 g for 15 min at 4 °C. The supernatants were stored at or below -20 °C or used immediately in the assay. The wells were washed by adding 400 µL of wash buffer to each well. Washing was repeated three times. After the final wash, the wells were drained by a paper towel to remove any remaining wash buffer. By using a pipette, 200 µL of Fas ligand conjugate was added to each well, covered with adhesive strip, and incubated for 1 h at room temperature. Then, 200 µL of substrate was added to each well and incubated for 30 min at room temperature. The solution was kept in the dark. Finally, 50 µL of stop solution was added to each well. The optical density of each well was determined within 30 min using a microplate reader at 450 nm.

Statistical Analysis

The data was analysed using the Statistical Package for Social Sciences (SPSS). A nonparametric Kruskal–Wallis test was used to compare the median soluble Fas ligand level between the groups. Then, a Mann–Whitney U test for paired comparison with the Bonferroni correction was performed. The significance level was set at \( P < 0.05 \).

Results

There were 62 samples in the study: 42 were from dengue patients, of which 22 were diagnosed as DF (53%) and 20 were diagnosed as DHF (47%), and 20 were from the healthy people in the control group. Table 1 summarises the demographic and clinical data for the dengue patients.

The median soluble Fas ligand level in the control group, DF patients, and DHF patients was 87.16 (24.91), 104.73 (53.94), and 130.19 (36.26) pg/mL, respectively (Figure 1). The DHF patients showed elevated median soluble Fas ligand levels compared to the DF patients and the control group. The Kruskal–Wallis test showed significant differences in the mean soluble Fas ligand levels between the three groups (\( P < 0.001 \)).
Table 1. Patient demographics (n = 62)

| Variable                        | Control (n = 20) | DF (n = 22) | DHF (n = 20) | Total n (%) |
|---------------------------------|-----------------|-------------|-------------|-------------|
| **Variable**                    | n (% )          | n (% )      | n (% )      | n (%)       |
| **Age (years)**                 | 24 (1.39)       | 26 (13.16)  | 23 (9.96)   | 23 (9.89)   |
| **Gender**                      |                 |             |             |             |
| Male                             | 10 (50.0)       | 15 (68.2)   | 7 (35.0)    | 32 (51.6)   |
| Female                           | 10 (50.0)       | 7 (31.8)    | 13 (65.0)   | 30 (48.3)   |
| **Haemorrhagic manifestation**  |                 |             |             |             |
| Spontaneous bleeding             | 1 (4.5)         | 2 (10.0)    | 3 (7.1)     |             |
| Petechiae                        | 0 (0.0)         | 3 (15.0)    | 4 (9.5)     |             |
| **Symptom**                     |                 |             |             |             |
| Headache                         | 22 (100.0)      | 20 (100.0)  | 42 (100.0)  |             |
| Arthralgia                       | 22 (100.0)      | 20 (100.0)  | 42 (100.0)  |             |
| Nausea and vomiting              | 7 (31.8)        | 10 (50)     | 17 (41.5)   |             |
| Conjunctival injection           | 1 (4.5)         | 0 (0.0)     | 1 (2.4)     |             |
| Rash                             | 1 (4.5)         | 3 (15.0)    | 4 (9.5)     |             |
| Sore throat                      | 1 (4.5)         | 0 (0.0)     | 1 (2.4)     |             |
| **Serological assays**           |                 |             |             |             |
| IgM (+)                          | 4 (18.2)        | 2 (10.0)    | 6 (14.3)    |             |
| IgG (+)                          | 20 (90.9)       | 19 (95.0)   | 39 (92.9)   |             |
| NS1 (+)                          | 18 (81.8)       | 19 (95.0)   | 37 (88.1)   |             |

*Mean (SD)

Table 2. Comparison of soluble Fas ligand levels in control group, DF (dengue fever) and DHF (dengue haemorrhagic fever) patients

| Group   | n  | Level of FasL (pg/ml) | Median (IQR) | P-value |
|---------|----|---------------------|--------------|---------|
| Control | 20 |                     | 87.16 (24.91)|         |
| DF      | 22 |                     | 104.73 (53.94)| < 0.001*|
| DHF     | 20 |                     | 130.19 (36.26)|         |

*Kruskal Wallis test, P < 0.05 is significant. IQR, interquartile range.
Pos Hoc Mann-Whitney test with Bonferroni correction, P < 0.017 is significant.
DF patients versus controls, P = 0.003; DF patients vs DHF patients, P < 0.001;
DHF patients versus controls, P < 0.001

Figure 1. Box plot comparing level of soluble Fas ligand

Furthermore, we investigated the different soluble Fas ligand levels between two groups and conducted a Mann–Whitney U test (Table 2). Bonferroni correction was performed by dividing the P-value of the Mann–Whitney test by 3 (number of pairs). The significance level was set at P < 0.05. The median soluble Fas ligand levels between the DHF patients and DF patients and between the DF patients and the control group showed significant differences (P < 0.017).

Monocytes are the first target cell of the dengue virus. The interaction between monocytes and the dengue virus plays an important role in the disease course (9). Monocytes which are infected by the dengue virus secrete proinflammatory cytokines and chemokines and increase the expression of the Fas ligand. Monocytes also have Fas receptors, resulting in the apoptosis of monocytes which are infected by dengue. During apoptosis, monocytes release the dengue virus and cytokines, thereby increasing the activation of monocytes and other immune cells around it. Monocytes which are infected by dengue also secrete metalloproteinases (MMP), leading to an increase in the soluble Fas ligand (10). High levels of soluble Fas ligand will cause the apoptosis of endothelial cells, which also has Fas receptors. The apoptosis of endothelial cells will lead to plasma leakage. The soluble Fas ligand binds to receptors found in the endothelial cells. The binding of the Fas ligand and Fas
receptor leads to the formation of the death-inducing signalling complex (DISC), and caspase activation from the procaspase will start the execution phase of the apoptosis.

In this study, a significant increase \( (P < 0.001) \) was observed in the median soluble Fas ligand level in DHF patients compared to DF patients, and a significant difference \( (P = 0.003) \) was observed in the median soluble Fas ligand level in DF patients compared to the control group. Previous studies showed apoptosis in peripheral blood mononuclear DENV infected patients, and there was a significant associated number of apoptosis with disease severity \( (11) \). In accordance with our result, Liao et al. \( (11) \) demonstrated vascular endothelial cell apoptosis through the activation of Fas ligand and increased expression of soluble Fas ligand in patients with dengue infection \( (12) \). In line with these studies, other studies have also found apoptosis in liver cells, mast cells, and monocytes infected by dengue virus through extrinsic pathways and intermediary Fas ligands \( (12, 13) \).

This study has the following limitations. The soluble Fas ligand level was not measured in the blood samples on the same day as the fever, and the time course of the soluble Fas ligand levels was not evaluated.

**Conclusion**

In conclusion, DHF patients showed an increased soluble Fas ligand level compared to DF patients and the healthy people. This result suggests that the soluble Fas ligand may play important roles in the severity of dengue infection, and it can be used as a marker for the severity of dengue infection. However, a larger number of samples will need to be tested before its potential as a diagnostic severity marker can be evaluated.

**Authors' Contribution**

Conception and design: NZ, STP
Analysis and Interpretation of the data: NZ, STP
Drafting of the article: NZ
Critical revision of the article for important intellectual content: STP, HH, UZ
Final approval of the article: NZ, STP, HH, UZ
Provision of study materials or patients: NZ
Statistical expertise: NZ, STP
Obtaining of funding: NZ
Administrative, technical, or logistic support: NZ
Collection and assembly data: NZ, UE

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