Chronic Cognitive Deficits and Associated Histopathology Following Closed-Head Concussive Injury in Rats

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Close-head concussive injury, as one of the most common forms of traumatic brain injury (TBI), has been shown to induce cognitive deficits that are long lasting. A concussive impact model was previously established in our lab that produces clinically relevant signs of concussion and induced acute pathological changes in rats. To evaluate the long-term effects of repeated concussions in this model, we utilized a comprehensive Morris water maze (MWM) paradigm for cognitive assessments at 1 and 6 months following repeated concussive impacts in rats. As such, adult Sprague-Dawley rats received either anesthesia (sham) or repeated concussive impacts (4 consecutive impacts at 1 h interval).

At 1 month post-injury, results of the spatial learning task showed that the average latencies to locate the hidden "escape" platform were significantly longer in the injured rats over the last 2 days of the MWM testing compared to sham controls ($p < 0.05$). In the memory retention task, rats subjected to repeated concussive impacts also spent significantly less time in the platform zone searching for the missing platform during the probe trial ($p < 0.05$). On the working memory task, the injured rats showed a trend toward worse performance, but this failed to reach statistical significance compared to sham controls ($p = 0.07$).

At 6 months post-injury, no differences were detected between the injured group and sham controls in either the spatial learning or probe trials. However, rats with repeated concussive impacts exhibited significantly worsened working memory performance compared to sham controls ($p < 0.05$). In addition, histopathological assessments for axonal neurodegeneration using silver stain showed that repeated concussive impacts induced significantly more axonal degeneration in the corpus callosum compared to sham controls ($p < 0.05$) at 1 month post-injury, whereas such difference was not observed at 6 months post-injury. Overall, the results show that repeated concussive impacts in our model produced significant cognitive deficits in both spatial learning abilities and in working memory abilities in a time-dependent fashion that may be indicative of progressive pathology and warrant further investigation.

Keywords: traumatic brain injury, concussion, cognition, neurobehavior, neurodegeneration
INTRODUCTION

Mild traumatic brain injury (mild TBI) or concussion has been reported to occur to an estimated 42 million people worldwide annually (1). While many patients showed improvements and returned to work within days or months after the injury, reportedly 22–36% suffered from prolonged cognitive impairments that lasted months and years beyond the initial injury (2). As such, there have been empirical data suggesting that specialized treatment is needed to improve the long-term outcomes of mild TBI patients (3). However, it remains challenging to delineate contributing factors that underlie various post-concussion symptoms and explore targeted treatments (4).

To better understand the neurobiology of concussion, we have previously developed and refined a closed-head concussive rat model that simulates a projectile impact concussion in humans and produces concussion-like clinical symptoms, such as loss of consciousness (LOC) (5). Compared to other existing mild TBI animal models (6–8), the WRAIR projectile concussive impact (PCI) model does not require scalp incision or craniotomy, which more closely resembles the real scenario of a close-head concussion. In addition, the PCI device produces a projectile impact at the rat head and the rat's head and cervical spine are allowed to move freely upon the impact, which commonly occurs in a true concussive event. Biomechanical calibration on model parameters, such as projectile mass, impact energy, and head movement kinetics, indicates that this model produces highly consistent and reproducible close-head concussive impacts in rats, making it an optimal exploratory platform for studying concussion preclinically (5).

Using the PCI model, we have previously conducted preliminary neurobiological assessments following a single vs. repeated concussive impacts for up to four impacts at 1 h intervals (5). The duration of loss of righting reflex, which indicates LOC, increases as the number of repeated impacts increases, suggesting increases in injury severity. It is noted that four consecutive concussive impacts produced more severe symptoms than a single impact did but remained to be a mild TBI, indicated by the duration of loss of righting reflex at <15 min (9). Anatomical examination of the brain tissues after four consecutive impacts in the PCI model showed that they were free of gross pathology, also indicating a mild TBI. Given concussive events, such as sports concussions, could occur repeatedly within a short time frame, a repetitive concussive model that results in a mild TBI would have important clinical relevance and more likely to lead to long lasting, rather than transient, cognitive deficits. Therefore, we examined the chronic cognitive deficits in rats subjected to repeated concussive impacts in the PCI model using Morris water maze (MWM).

The MWM is commonly used in animal models for assessing neurobehavior, especially spatial learning ability and memory function (10). It has a wide range of applications in understanding cognitive dysfunctions in neurodegenerative diseases, such as aging and neurotrauma. Different testing paradigms in the MWM have been designed to evaluate various aspects of cognitive dysfunctions in animal models of TBI. For example, retrograde memory loss was detected using MWM memory retention tests in rats that received a lateral fluid percussion injury (FPI), and such memory dysfunction was correlated to ipsilateral hippocampal cell loss (11). When the impact location was changed to the sagittal suture to generate a central FPI, rats performed worse than the controls in the MWM working memory test (12). In another study, the long-term MWM spatial learning disability in rats that sustained contusive impacts to the medial prefrontal cortex was suggested to be the result of attentional deficits due to TBI (13). It has also been reported that rats’ inability to initiate search strategies in the MWM spatial learning task was linked to prefrontal cortical lesions as a result of penetrating injuries to the brain (14). More recently, methods in cognitive evaluation using MWM in neurotrauma have been summarized based on data produced in our lab (15). In the current study, we have re-designed some of the testing parameters for a more sensitive measurement of the spatial acquisition ability, memory retention, and working memory at chronic time points following repeated concussive impacts. Additionally, histological assessment for axonal neurodegeneration was conducted in rats that have completed the behavioral testing to explore possible pathological mechanisms that underlie long-term behavioral changes.

METHODS

Subjects

Male adult Sprague-Dawley rats (48 rats total; 280–320 g; Charles River Labs, Raleigh, NC, USA) were used in these experiments. All procedures involving animal use were reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) of Walter Reed Army Institute of Research. Research was conducted in compliance with the Animal Welfare Act and other federal statutes and regulations relating to animals and experiments involving animals and adheres to principles stated in the Guide for the Care and Use of Laboratory Animals, NRC Publication, 2011 edition. Animals were housed individually under a 12 h light/dark cycle in a facility accredited by the Association for Assessment and Accreditation of Laboratory Animal Care International (AAALACI).

PCI Model

The PCI-induced concussive injury was described previously (5). The PCI apparatus consists of an elevated platform and a computer-controlled electro-pneumatic pressure release system used to launch a small projectile (i.e., a 3.52 g stainless steel sphere) targeted at the rat's head. Following anesthetization with 4% isoflurane, a custom-designed helmet (Army Research Lab, Aberdeen Proving Ground, MD) was securely fastened onto the rat's head. The anesthetized rat was placed on the elevated platform with its head positioned above an oval opening in the elevated platform such that the helmet-protected head was exposed to the projectile. A computer program was used to trigger the targeted release of the projectile at an operating pressure of 80 psi and produce a concussion targeting the right frontal region of the rat brain. Immediately following the concussive impact, the helmet was removed, and the rat was...
returned to its home cage. Rats were subjected to 4 repeated concussive impacts, spaced at 1 h apart, to produce more severe concussive symptoms, yet remaining within the limits of the mild TBI spectrum (5). Prior to each impact, rats were anesthetized, and the time of anesthesia was kept constant. The sham control rats received the same procedures (4 times anesthesia and air puffs, 1 h apart) except the projectile impact.

Morris Water Maze (MWM) Task
Cognitive abilities were assessed in the MWM (Noldus EthoVision XT, VA) at 1 and 6 months in the same animals following repeated concussive impacts or sham procedures (Figure 1).

The MWM apparatus consists of a circular basin (75 cm deep; 175 cm diameter) filled with clear water (22°C room temperature) to a depth of 60 cm placed in a dark room with visual cues. A clear, plexiglas platform was submerged to a depth of 2.5 cm from the water surface and placed in the center of the northwest quadrant of the pool. The platform position remained constant during the spatial acquisition testing paradigm. Rats were placed in the pool at one of the equally spaced starting positions (north, south, east, and west). The starting position was pseudo-randomly determined for each trial within a day, alternating between short- and long-arms in reference to the platform. Each rat was allowed to swim freely to find the hidden platform or until 60 s elapsed. Rats were given four trials per day (5 min inter-trial interval) for 4 consecutive days. Mean latency to find the hidden platform were recorded on each day. A probe trial for testing memory retention was given on the last day immediately following the last trial of the spatial acquisition test. Each rat was allowed to swim freely until 60 s elapsed. Percent time spent in the platform zone searching for the missing platform during the probe trial was recorded. On testing day five, rats were given two sets of “one-trial learning” working memory test. Each set of the trials consist of two trials with 4 min inter-trial interval, in which the rats were given two opportunities to swim freely to search for the hidden platform or until 60 s elapsed. Platform location and starting positions for each trial set were determined pseudo-randomly. Latency difference (delta) to locate the platform between two trials within a trial set during the working memory test was recorded.

Histology
At 1 month following repetitive concussive impacts or sham procedures, a subgroup of animals (n = 12/time point/group) were euthanized after completing the MWM tasks, while the remaining animals were euthanized after they were tested again in the MWM at 6 months post-injury (n = 12/time point/group). For histological studies, rats were transcardially perfused with phosphate-buffered saline (PBS), followed by 4% cold paraformaldehyde under deep anesthesia. Coronal brain sections (40 µm) were cut from +3.72 to −6.84 mm anteroposterior from Bregma. Four sets of serial sections were collected at 960-µm intervals. All the samples were processed at FD NeuroTechnologies (Ellicott City, MD). The first set was processed for the detection of neurodegeneration with FD NeuroSilver Kit II (FD Neurotechnologies, Ellicott City, MD) according to the manufacturer’s instructions. The remaining brain sections were stored for other histopathology assessments. The sections were mounted on microscope slides and coverslipped with Permount (Fisher Scientific, Fair Lawn, NJ). Investigators blinded to the injury conditions took images of the sections using an Olympus VS120 Whole Slide Scanning System (Olympus Corporation of the Americas, Waltham, MA) at uniform criteria for sensitivity and exposure time. Silver positively stained cells were quantified using threshold analysis in the corpus callosum to evaluate neurodegeneration. The threshold value was set to consistently detect maximal positive staining of silver. To ensure objective quantification, the same threshold value was applied to all brain sections. All quantification was performed by an investigator blinded to the groups using Image J (NIH, Version 1.49).

Statistical Analysis
Statistical analysis was performed using SAS software v9.1 (SAS Institute, NC) and SigmaPlot 12.0 (Systat Software Inc., CA). Two-way repeated measures analysis of variance (ANOVA) was used to analyze the behavioral data. One-way ANOVA was used to compare the data obtained from the probe trial of Morris water maze. Student's t-test was used to determine the between-group difference in histology data. The significance criterion of all the statistical tests was set at p < 0.05. Data are presented as the mean ± standard error of means (SEM).

RESULTS
Spatial Acquisition Task
Spatial acquisition learning ability was assessed in the MWM at 1 and 6 months following sham procedure or repeated concussive impacts (Figure 2). In this task, the rats were allowed to swim freely to locate the platform and escape from the water using only spatial cues in a dark room. Representative trace images showed that a sham control rat (Figure 2A) quickly located the platform using visual cues, whereas rats that sustained repeated concussive impacts (Figure 2B) swam longer distance in searching for the hidden platform relatively aimlessly. Group average of mean latency (sec) to locate the platform per day was calculated. At 1 month post-injury, the sham controls showed better ability to navigate and spent significantly less amount of time to locate the platform on the 3rd and 4th day of the spatial acquisition task compared to the concussed rats (p < 0.05; two-way repeated ANOVA with S-N-K post-hoc test) (Figure 2C). At 6 months post-injury, the earlier observed superior searching ability in the sham control rats was lost and they exhibited similar spatial learning ability as the rats sustained concussive impacts (Figure 2D).

Memory Retention Task
Memory retention ability was evaluated during a probe trial in the MWM at 1 and 6 months following sham procedure or repeated concussive impacts (Figure 3). At the end of the spatial acquisition assessment, the hidden platform was removed from the water tank, and rats were put back into the maze to search for the missing platform based on
FIGURE 1 | Timeline of MWM chronic cognitive testing paradigm.

FIGURE 2 | Spatial acquisition task. Trace within the MWM tank (yellow circle) represents swimming to search for the hidden platform to escape from the water (yellow trace—platform; red trace—outside of platform) for a sham (A) or a repeated concussed rat (B). At 1 month post-injury (C), results showed that the average latencies to locate the hidden “escape” platform were significantly longer in rats sustained repeated concussive impacts (RC) over the last 2 days of the MWM testing compared to sham controls (group n = 24; *p < 0.05). At 6 months post-injury (D), no differences were detected between concussed rats (RC) and sham controls (group n = 12).

their recent memory. Representative trace images indicate that a sham control rat (Figure 3A) exhibited better memory retention and spent more time circling in the platform area to escape from the water, whereas a concussed rat (Figure 3B) distributed its search for the platform evenly throughout the water maze. Group average of percent (%) time out of 60 s that the rats spent...
FIGURE 3 | Memory retention task. Trace within the MWM tank (yellow circle) represents swimming to search for the missing platform during the probe trial (yellow trace—platform; red trace—outside of platform) for a sham (A) or a repeated concussed rat (B). At 1 month post-injury (C), rats sustained repeated concussive impacts (RC) spent significantly less time in the platform zone searching for the missing platform during the probe trial in the memory retention task (group n = 12; *p < 0.05). At 6 months post-injury (D), no differences were detected between the concussed rats (RC) and sham controls (group n = 12).

Working Memory Task

Working memory function was assessed using a one-trial learning test in the MWM at 1 and 6 months following sham procedure or repeated concussive impacts (Figure 4).

In this test, paired trials (Trial 1 and Trial 2) with the same starting location and platform location was presented to the rats, in which the difference in time for the rats to locate the platform between the two trials was calculated. The latency different (Time_{Trial1} − Time_{Trial2}) between two trials within a trial pair indicates the working memory ability, such that the larger the latency difference the better working memory function. The test was then repeated with a different pair of trials that have a different set of starting location and platform location from the previous trial pair. Representative trace images demonstrate that a rat spent more time in the first trial (Trial 1; Figure 4A) to locate the platform, while it spent less time when the trial (Trial 2; Figure 4B) was repeated immediately. Group average of the mean latency difference was calculated. At 1 month post-injury, concussed rats exhibited a trend toward worsened working memory function compared to sham controls (p = 0.07; Student’s t-test) (Figure 4C). At 6 months post-injury, rats with repeated concussive impacts showed a significantly worse performance in the working memory task compared to sham controls (p < 0.05; Student’s t-test) (Figure 4D).

Histology

Silver staining for axonal neurodegeneration in the corpus callosum (Supplement Figure 1) was quantified at 1 and 6 months following sham procedure or repeated concussive impacts in rats (n = 12/time point/group) that completed the cognitive assessments (Figure 5).

Representative coronal brain sections showed an example of the intensity of the silver staining in sham (Figure 5B) vs. rats subjected to concussive impacts (Figure 5C). Area fraction of the silver staining in both ipsilateral and contralateral corpus callosum region was presented in the bar graph (Figure 5A). At 1 month post-injury, the results showed that silver staining...
Cognitive deficits are often experienced by mild TBI patients during the acute phase following injuries and in many cases progress to long-term problems. Mild TBI patients have reported to experience numerous cognitive impairments, including having difficulty in learning and memory, and attention and information processing speed (16). In this study, results showed that rats that received repeated concussive impacts performed significantly worse compared to sham controls in the MWM spatial acquisition task and the probe trial at 1 month post-injury. In experimental models, spatial acquisition is thought to largely depend on hippocampal function for retaining spatial memory during the MWM trials (17). In support of that, the current study showed that the concussed rats’ ability to retain memory during the probe trial at 1 month post-injury was also significantly impaired compared to sham controls. Additionally, it has been indicated that dorsal hippocampus is more susceptible to a blunt head impact and thus plays a more important role on spatial learning ability than the ventral side (18). However, the ability to acquire spatial learning strategy may not be limited to mnemonic function, but involves other aspects of the brain function, such as search strategies and attention. For example, lesions to medial
Thalamus in animal models revealed its important role in search strategies and swimming behavior (e.g., thigmotaxic swimming) in the MWM (19). In addition, frontal lobe injuries resulted in rats spending more time and swimming longer distance to find the hidden platform, indicating their inability to initiate search strategies in the MWM (20). Although repeated concussive impacts in our model produces a mild injury, it is possible that the high velocity projectile impact and the rapid rotation of the head lead to impairment of brain functions that depend on frontal lobe and related circuitry. Consistent with that, clinical evidence has shown that frontal lobes and subcortical structures that support executive functions, such as planning, aspects of attention, and purposeful behavior, are vulnerable to injuries, leading to cognitive dysfunctions in mild TBI patients (21).

The MWM one-trial learning test showed that the concussed rats’ performance trended worse compared to sham controls at 1 month and the effect reached statistical significance at 6 months post-injury. In this test, working memory function is required to store and process the trial-specific information for a short term in order to guide the navigation to the platform in the immediately repeated trial. Working memory process is thought to be largely involved with the prefrontal cortical region (22). As such, repeated impacts to the frontal lobe and related circuitry can also lead to working memory deficits, given that these areas appear to be susceptible to injuries in the PCI model as discussed above. Working memory function is essential for complex cognitive activities, including executive functions such as learning and reasoning (23). The cognitive processes that are used in the spatial acquisition task, such as planning, memory, and attention, involve some degree of working memory function. As such, working memory deficits may have contributed partially to the worse performance in the spatial acquisition task in rats that received repeated concussive impacts compared to sham controls. This explains the concurrent deficits in both spatial learning ability and working memory function observed at 1 month following repeated concussive impacts in the current study. Consistent with the observation in the rat
In the present study, MWM tasks were repeated in the same rats at 6 months post-injury in order to evaluate the progression of cognitive dysfunction following repeated concussive impacts. Notably, spatial learning and memory retention deficits observed in the concussed rats at 1 month post-injury was not detected at 6 months post-injury, while working memory dysfunction persisted through 6 months. This suggests cognitive recovery in the time spent in MWM to locate the hidden platform, while other aspects of cognitive deficits worsened. Similarly, Darwish et al. reported that rats showed normal latency to locate the platform in MWM, while impairments in search strategies and memory retention remained within 1 month following a mild TBI (26). Clinically, long-term effects of a mild TBI on cognitive performance are more complex. For example, cognitive dysfunction following sports-related concussion in some patients reverted to normality based on neurocognitive testing at around 2–3 months’ time post-injury and yet self-reported symptoms are more complex. For example, cognitive performance is impaired in mild TBI patients (27). While these self-reported chronic cognitive symptoms are not always reflected by the neurocognitive testing results, mild TBI patients with persistent symptoms showed significantly worse performance in working memory and information processing speed tasks than non-symptomatic mild TBI patients beyond 1 year after injury (28). Consistent with that, experimental TBI models also showed chronic deficits in working memory function that plays a key role in many high-level cognitive activities, including information processing speed and attention. However, working memory dysfunction can persist without overt brain structural damage during chronic phase following TBI. It is suggested that such dysfunction may be, in part, explained by the cellular and molecular mechanisms, such as the increased GABA-mediated inhibition of prefrontal neuronal activity (29). However, neurotransmission inhibition appeared to be acute and resolved in about 1 month post-injury. Alternatively, increased dendritic spine density and altered catecholamine signaling were purported to be responsible for working memory deficits during chronic phase following TBI (25). In this study, repeated concussive injury resulted in a time-dependent change in cognitive function that was detectable using different MWM tasks, each designed to evaluate specific cognitive functions including spatial learning ability and working memory function. As such, the PCI model may serve as an ideal platform for exploring mechanisms that underlie acute and chronic cognitive dysfunctions following close-head concussions.

Silver staining showed that neurodegeneration significantly increased in the corpus callosum in the concussed rats compared to sham controls at 1 month and this level of silver staining sustained out to 6 months following injury. There have been clinical evidence indicating white matter track abnormalities following sports-related concussions in retired athletes, which was purported to associate with cognitive deficits (30). In addition, pronounced atrophy was detected in the corpus callosum in TBI patients who survived the injury after 1 year (31). However, the link between white matter track abnormalities and chronic cognitive deficits remains unclear. It has been purported that axonal demyelination occurs in the corpus callosum, or there have been antegrade degeneration through corpus callosum from ipsilateral degenerating neurons. In addition, chronic inflammation was observed within the corpus callosum in mild TBI models (32, 33). Thus, one of the limitations of this study is that neuroinflammatory responses, such as microglial reactivity, were not investigated. Another limitation would be that cellular mechanisms underlying potential axonal demyelination of the commissural fibers within the corpus callosum were not examined. It should be noted that the silver staining in the corpus callosum in sham controls increased at 6 months compared to 1 month after sham procedure, reaching similar levels as that in rats subjected to repeated concussive impacts measured at 6 months after injury. Similarly, Onyszchuk et al. also reported increased neurodegeneration in the aged sham brains detected by silver staining (34). This study suggests that a more pronounced blood-brain barrier opening in the aged sham animals may have contributed to the increased neurodegeneration, which also positioned the aged brains more vulnerable to injuries (34). In the current study, an earlier onset (1 month) of increased neurodegeneration was detected in the concussed brains compare to the sham controls, but this did not progress when assessed at 6 months post-injury. Given that in this study all the animals received repeated concussive impacts or sham procedure were at the same age (i.e., adults), the mild injuries that the concussed rats sustained may have only expedited the onset of the neurodegeneration process that would have occurred later due to normal aging. However, further studies are warranted to confirm this hypothesis. For the increased axonal degeneration detected by silver staining in the corpus callosum area, there have been reports suggest that damage to callosal fibers can cause visual disturbances in animals (35, 36). Thus, the rats’ MWM performance could be affected by potential impairments to the visual center of the brain, and not limited to memory deficits, indicating a possible limitation of this study. However, MWM data at 6 months post-injury showed that the sham controls and the concussed rats performed similarly in both spatial acquisition task and memory retention task, suggesting that any potential visual center damage may not have induced detectable differences in the MWM performance. In support of that, it has been reported that axonal damage in optic nerve and optic tract areas did not induce noticeable effects on cognitive and motor outcomes (6). Nonetheless, given the higher level of silver staining in the corpus callosum, future studies are warranted to test visual center impairment following concussive injuries.

Previously, we have demonstrated that the PCI model produces clinically relevant concussion symptoms and acute pathological changes in rats. The current study showed that the PCI model also generates long lasting cognitive
deficits that may reflect chronic cognitive impairments seen in mild TBI patients. More importantly, the PCI-induced cognitive deficits in spatial learning ability and working memory developed over time, which may indicate progressive changes in cellular and molecular mechanisms despite the lack of gross pathology. Further studies using this model would be informative with regard to investigating mechanistic factors that underlie chronic clinical symptoms following concussions.

ETHICS STATEMENT

This study was carried out in accordance with the recommendations of the Guide for the Care and Use of Laboratory Animals, NRC Publication, 2011 edition. The protocol was approved by the Institutional Animal Care and Use Committee (IACUC) of Walter Reed Army Institute of Research.

AUTHOR CONTRIBUTIONS

YD-B wrote the manuscript and designed the study. YD-B, LL, SM, JF, FY, WY, and DS contributed to data collection, data analysis, or interpretation. JG and DS reviewed the study design and data analysis, and edited the manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/neur.2019.00699/full#supplementary-material

Supplement Figure 1 | Higher magnification of silver staining in the corpus callosum. Silver staining indicates elevated levels of axonal degeneration in the corpus callosum region in rats received projectile concussive impact (PCI) than the sham controls at 6 months post-injury.

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