Anti-interleukin-6 Antibody Clazakizumab in Antibody-mediated Kidney Transplant Rejection: Effect on Donor-derived Cell-free DNA and C-X-C Motif Chemokine Ligand 10

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Background. Targeting interleukin-6 (IL-6) was shown to counteract donor-specific antibody production and antibody-mediated rejection (AMR) activity. It is not known whether, or to what extent, IL-6 antagonism modulates biomarkers indicative of tissue damage (donor-derived cell-free DNA [dd-cfDNA]) and parenchymal inflammation (C-X-C motif chemokine ligand [CXCL] 10).

Methods. We report a secondary endpoint analysis of a phase 2 trial of anti-IL-6 antibody clazakizumab in late AMR (ClinicalTrials.gov, NCT03444103). Twenty kidney transplant recipients were randomized to treatment with clazakizumab or placebo over 12 wk (part A), followed by an extension in which all recipients received clazakizumab through week 52 (part B). Biomarkers were evaluated at day 0 and after 12 and 52 wk, respectively. Results. Fractional dd-cfDNA (dd-cfDNA[%]) did not significantly change under clazakizumab, with no differences between study arms (clazakizumab versus placebo) at week 12 (1.65% [median; interquartile range: 0.91%–2.78%] versus 0.97% [0.56%–2.30%]; P = 0.25) and no significant decrease from weeks 12 to 52 (1.15% [0.70%–2.38%] versus 1.0% [0.61%–1.70%]; P = 0.25). Similarly, urine CXCL10 was not different between groups at week 12 (55.7 [41.0–91.4] versus 60.2 [48.8–208.7] pg/mg creatinine; P = 0.44) and did not change over part B (CXCL10 [pg/mg creatinine]: from 58 [46.3–93.1] to 67.4 [41.5–132.0] pg/mL creatinine; P = 0.95). Similar results were obtained for serum CXCL10. There was no association between biomarker levels and resolution of molecular and morphologic AMR activity.

Conclusions. Our results suggest that IL-6 blockade does not significantly affect levels of dd-cfDNA[%] and CXCL10. Subtle responses to this therapeutic principle may be overlooked by early biomarker surveillance.

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Antibody-mediated rejection (AMR) is a leading cause of kidney transplant dysfunction and failure. Its treatment, particularly that of chronic AMR, remains a major challenge. Recent studies have suggested therapeutic efficacy of interleukin-6 (IL-6) or IL-6 receptor (IL-6R) blockade to counteract late AMR, presumably via interference with B cell-driven alloimmunity and promotion of regulatory T cells. Two therapeutic antibodies are now under investigation in this specific context, the anti-IL-6R antibody tocilizumab and clazakizumab, which directly neutralizes IL-6. We have recently published the results of a randomized, controlled phase 2 study including 20 kidney transplant recipients diagnosed with late chronic active or active AMR. Consistent with other uncontrolled studies, our trial revealed that IL-6 antagonism was associated with a reduction in donor-specific antibody (DSA) levels and after 9–12 mo of treatment with a decrease in AMR activity. In addition, a preliminary analysis of renal function suggested a possible less pronounced decline in estimated glomerular filtration rate (eGFR).

Renal biopsies are the current gold standard in the diagnosis of rejection, and apart from widely used surrogates of treatment responsiveness, such as levels of DSA in serum and the early course of renal function, several interventional trials in late/chronic AMR have relied on follow-up biopsies to monitor new treatment strategies. However, the use of serial protocol biopsies to detect treatment effects has its limitations, most importantly due to the invasiveness of the procedure and the risk of bleeding complications. In this context, the implementation of serial noninvasive biomarker monitoring for the early detection of cellular injury and ongoing inflammation in the graft could be of clinical value.

In recent years, there has been a growing interest in quantifying donor-derived cell-free DNA (dd-cfDNA) to detect ongoing rejection processes. Several studies have shown a pronounced release of dd-cfDNA into the circulation during rejection, with particularly high levels in patients with AMR. At the same time, however, it has become evident that this molecular biomarker may not be entirely specific for allograft rejection but may also increase in other processes that trigger active graft injury, such as ischemia-reperfusion injury, polyomavirus allograft nephropathy, or glomerulonephritis. Because of a considerable diagnostic and predictive value for rejection, as has been demonstrated in large multicenter cohorts, measuring fractions of dd-cfDNA (dd-cfDNA[%]) is now increasingly used in transplantation routine, for example, in an effort to avoid unnecessary biopsies. There is preliminary evidence from cohort studies that dd-cfDNA[%] could also play a role in monitoring response to rejection treatment, but systematic studies evaluating this biomarker in the context of a randomized controlled interventional trial are still lacking.

Another promising biomarker is the detection of C-X-C motif chemokine ligand (CXCL) 10, also known as interferon-γ-inducible protein-10. This chemokine, produced by a variety of different cell types, including endothelial cells in the tubulointerstitial area, plays a critical role in leukocyte trafficking, recruitment, and activation. Observational studies have shown that urine and serum/plasma CXCL10 levels are elevated in T cell-mediated rejection (TCMR) and AMR and may even anticipate increases in serum creatinine or biopsy-based diagnosis of rejection. However, some of these studies have shown that chemokine levels are also affected by other processes, such as polyomavirus nephropathy or urinary tract infection. A recent study has shown that an integrative approach including different confounding variables improves the prediction of rejection. A large multicenter trial is currently underway using chemokine monitoring to guide biopsy management and treatment. Although observational studies have suggested utility of CXCL10 monitoring to assess responsiveness to (primarily T cell-mediated) rejection treatment, there has been no comparative evaluation of this marker in a randomized controlled trial design.

The primary objective of this secondary endpoint analysis of a recently reported randomized controlled interventional trial was to assess whether clazakizumab has an effect on (i) dd-cfDNA[%] as an estimate of allograft injury and (ii) urinary/serum CXCL10 reflecting renal parenchymal inflammation. In addition, since only a subset of patients showed resolution of AMR, we were interested in whether biomarker levels are able to detect reversal of molecular and morphological rejection activity. We analyzed samples collected at predefined time intervals to decipher associations of biomarker levels with efficacy endpoints.

### MATERIALS AND METHODS

#### Study Design and Patients

This substudy of biomarkers was performed as part of a randomized, double-blind, placebo-controlled phase 2 trial designed to evaluate the safety (primary endpoint), and efficacy of the anti-IL-6 antibody clazakizumab (Vitaeris Inc., Vancouver, Canada) in late AMR (ClinicalTrials.gov, NCT03444103). The study was conducted between January 2018 and April 2020 at 2 locations (Medical University of Vienna, Austria; Charité Universitätsmedizin Berlin, Germany). The protocol and eligibility criteria, as well as key safety and efficacy results are described in previous publications. Briefly, the trial included 20 renal allograft recipients with HLA classes I and II DSA-positive active or chronic active AMR ≥365 d after transplantation. Key patient characteristics are listed in Table 1. As illustrated in Figure 1, the study consisted of a 12-wk randomized placebo-controlled phase (1:1 permuted block randomization) to decipher the short-term effects of treatment (part A), followed by a 40-wk open-label extension in which all subjects received clazakizumab (part B). As previously reported, 11 (35%) subjects did not receive all 13 scheduled clazakizumab injections (12 doses: n = 3; 11 doses: n = 2; 10 doses: n = 2; 9 doses: n = 1; 8 doses: n = 1; 4 doses: n = 1; 2 doses: n = 1), due to adverse events (n = 10) or personal reasons (n = 1). All patients gave written informed consent before study inclusion. The study was approved by the institutional review boards of the Medical University of Vienna and the Berlin State Ethics Committee and conducted in accordance with the principles of the Declaration of Helsinki 2008, and the Declaration of Istanbul.

#### Measurement of Biomarkers

According to the trial protocol (Figure 1), biologic material (plasma, serum, urine) for biomarker testing was collected at day 0 (n = 20), week 12 (n = 20), and week 52...
Mayer et al (n = 18); 2 patients had been withdrawn from the trial, respectively. Samples were stored in aliquots at –80°C until the bioanalysis.

dd-cfDNA
For the quantification of dd-cfDNA fractions (dd-cfDNA[%]), we used biobanked ethylenediaminetetraacetic acid (EDTA)-plasma samples. Following a previously published protocol, cfDNA was extracted from ≥0.5 mL plasma using Qiagen’s QIAamp Circulating Nucleic Acid Kit (Qiagen, Venlo, The Netherlands), and a double AMPure clean-up step was included to remove contaminating cell-derived DNA. Levels of dd-cfDNA[%] were measured using the AlloSeq cfDNA assay (CareDx, Fremantle, WA, Australia), a next-generation targeted sequencing assay that uses biallelic single nucleotide polymorphisms to quantify dd-cfDNA without separate recipient or donor genotyping. Sequencing run results generated as FASTQ files were automatically analyzed using AlloSeq cfDNA Software (CareDx). As previously described, the test threshold for dd-cfDNA[%] was 0.15%. For 2 of the 58 tested plasma samples sequencing failed to yield a valid dd-cfDNA result (1 of these samples had been collected at day 0 [placebo in part A], a second at week 52 from another patient [placebo in part A]).

Chemokines
Serum and urine CXCL9 and CXCL10 were quantified using Human ProcartaPlex Simplex Immunoassays (Thermo Fisher Scientific, Waltham, MA, United States) according to a previously described protocol. Measurements were performed in duplicate on a Lumixen 200 instrument (Luminex Corp., Austin, Tx, United States). Urinary chemokine levels were normalized to urinary creatinine (Urinary CXCL10/Cr; pg [biomarker]/mg [creatinine]).

HLA Antibody Detection
As detailed elsewhere, we used LABscreen Single Antigen assays (One Lambda, Thermo Fisher Scientific,
Canoga Park, CA, United States) for HLA antibody detection. Serum samples were pretreated with EDTA (10 mM) to counteract complement interference. 38 DSA (mean fluorescence intensity [MFI] threshold >1000) were analyzed according to the results of serological and low- or high-resolution donor/recipient HLA typing (HLA-A, -B, -Cw, -DR, -DQ, and DP).

Transplant Biopsies

According to the trial protocol (Figure 1), renal biopsies were performed at the time of screening, and after 11 and 51 wk, respectively. 6,37 Formalin-fixed paraffin-embedded sections were used for standard-of-care histomorphology and C4d staining. Biopsies were evaluated locally (Medical University of Vienna, Charité Universitätsmedizin Berlin) in a blinded fashion according to the rules of the Banff 2017 scheme.39 A sum score of glomerulitis (g) and peritubular capillaritis (ptc) was used to describe the extent of microvascular inflammation (MVI). In addition, biopsy specimens were analyzed at the Alberta Transplant Applied Genomics Centre (ATAGC, University of Alberta, Edmonton, AB, Canada) using the Molecular Microscope Diagnostic System (MMDx).40,41 Molecular scores based on lesion-based classifiers related to rejection (AMR, all rejection, acute [acute kidney injury score], or chronic injury [atrophy/fibrosis score]) were generated using a reference set of 1529 biopsies.7 Biopsy-based responses to treatment at the end of the trial were defined as resolution of molecular (7 patients showed a molecular AMR score <0.2; 1 had a score of 0.23).

Statistics

Continuous data are presented as median and interquartile range (IQR), and categorical variables as absolute and relative frequencies. For group comparisons, we used Fisher’s exact, Mann-Whitney U, or Wilcoxon tests as appropriate. For non-parametric correlation analysis, we used the Spearman rank test. A 2-sided P value <0.05 was considered statistically significant. IBM SPSS Statistics version 24 (IBM Corporation, Armonk, NY) was used for statistical analysis.

RESULTS

Patient Characteristics and Disposition

Baseline characteristics, DSA data, standard-of-care histomorphology, and MMDx results are provided in Table 1. The study population consisted of 20 patients with late AMR diagnosed a median of 10.6 y after transplantation. Ten (50%) subjects were female, and 6 (30%) were living donor transplant recipients. The majority of the patients were on triple immunosuppressive therapy (90%) and tacrolimus-based immunosuppression (65%). Median levels of eGFR and protein/creatinine ratio were 39.3 mL/min per 1.73 m² and 962 mg/g, respectively. All participants were (as predefined in the protocol) DSA-positive (75% with anti-DQ DSA) at the time of biopsy, with median MFI of 11 708. Index biopsies showed chronic active AMR in 90%, and positive C4d staining in 35% of the recipients. The median MVI (g+ptc) score according to the Banff 2017 scheme; 3 of them had a molecular AMR score <0.2; 1 had a score of 0.23).
was 3. Median molecular AMR, all rejection, acute kidney injury, and atrophy/fibrosis scores were 0.65, 0.69, 0.40, and 0.68, respectively (Table 1).

As shown in Figure 1, study participants were randomized to receive clazakizumab versus placebo for a period of 12 wk. As shown in Table 1, baseline variables were well balanced with some exceptions. Differences in the proportion of female recipients and levels of protein/creatinine ratio, however, were not significant. Thereafter, all patients were scheduled to receive clazakizumab until the end of the trial. Two subjects were withdrawn from the trial, 1 at the end of part A, and 1 after a single clazakizumab injection in part B. Due to adverse events (n = 10) or personal reasons (n = 1), 11 patients did not receive all 13 scheduled clazakizumab injections. None of the patients underwent indication biopsies outside of the protocol or received additional antirejection therapy. As described in a previous publication and illustrated in Figure S1 (SDC, http://links.lww.com/TXD/A473), treatment with clazakizumab led to an early decline in DSA levels. As shown in Figure S1 (SDC, http://links.lww.com/TXD/A473), transplant glomerulopathy (cg score) reflecting the extent of MVI and molecular rejection activity. The extent of MVI or C4d staining (Figure S3, SDC, http://links.lww.com/TXD/A473), or clinical variables, such as recipient sex, eGFR, or protein excretion. There were also no correlations with molecular AMR and all rejection scores, or classifiers of acute or chronic kidney injury, respectively (Figure S4, SDC, http://links.lww.com/TXD/A473).

At wk 12, at the end of part A, we found no significant difference between clazakizumab and placebo groups with respect to dd-cfDNA(%) (1.65% [0.91–2.78%] versus 1.50% [0.79–2.80%]).

### Fractional dd-cfDNA

Among the 19 recipients with valid dd-cfDNA results at baseline (1 patient allocated to placebo, sequencing did not yield valid results), dd-cfDNA(%) was 1.5% (median; IQR: 0.79%–2.78%). Twelve of 19 recipients (63.2%) had fractions ≥1.0%. Although median dd-cfDNA(%) at baseline was numerically higher in patients assigned to the clazakizumab arm (2.1% [0.76% versus 3.35%] versus 1.1% [0.7%–2.1%] in placebo patients), the proportions of recipients with dd-cfDNA(%) ≥1.0% were similar between groups (7 of 10, 70% versus 5 of 9, 55.6%). Baseline dd-cfDNA(%) did not correlate with DSA levels, a g+ptc sum score reflecting the extent of MVI or C4d staining (Figure S3, SDC, http://links.lww.com/TXD/A473), or clinical variables, such as recipient sex, eGFR, or protein excretion. There were also no correlations with molecular AMR and all rejection scores, or classifiers of acute or chronic kidney injury, respectively (Figure S4, SDC, http://links.lww.com/TXD/A473).

### Biomarker Results

Biologic material collected at day 0, week 12, and week 52 (in total 58 plasma, serum, and urine samples) was retrospectively tested for dd-cfDNA(%) and CXCL10. Two samples obtained in 2 different patients (both in the placebo arm; 1 at day 0, the other at week 52) were not adequate for dd-cfDNA analysis. The results of biomarker testing in relation to treatment allocation are presented in Table 2.

### Table 2.

| Biomarkers<sup>ab</sup> | All patients (n = 20) | Results (n) | Clazakizumab (n = 10) | Results (n) | Placebo (n = 10) | Results (n) |
|------------------------|-----------------------|-------------|-----------------------|-------------|-----------------|-------------|
| **Day 0**              |                        |             |                       |             |                 |             |
| dd-cfDNA(%)            | 1.50 (0.79–2.80)       | 19          | 2.10 (0.76–3.35)      | 10          | 1.10 (0.68–2.10) | 9           |
| Urinary CXCL10/Cr (pg/mg creatinine) | 81.0 (49.1–113.8)  | 20          | 69.3 (52.6–103.8)     | 10          | 96.6 (45.4–152.9) | 10          |
| Serum CXCL10           | 91.8 (69.1–158.0)      | 20          | 94.2 (60.2–167.6)     | 10          | 91.8 (75.2–144.0) | 10          |
| **Week 12**            |                        |             |                       |             |                 |             |
| dd-cfDNA(%)            | 1.15 (0.70–2.38)       | 20          | 1.65 (0.91–2.78)      | 10          | 0.97 (0.56–2.30) | 10          |
| Urinary CXCL10/Cr (pg/mg creatinine) | 58.0 (46.9–93.1)  | 20          | 55.7 (41.9–91.4)      | 10          | 60.2 (48.8–208.7) | 10          |
| Serum CXCL10           | 98.0 (50.3–126.0)      | 20          | 98.0 (77.1–305.3)     | 10          | 80.7 (47.4–125.4) | 10          |
| **Week 52**            |                        |             |                       |             |                 |             |
| dd-cfDNA(%)            | 1.0 (0.61–1.70)        | 17          | 1.35 (0.68–2.85)      | 9           | 0.97 (0.60–1.35) | 8           |
| Urinary CXCL10/Cr (pg/mg creatinine) | 67.4 (41.5–132.0) | 18          | 71.0 (30.5–164.7)     | 9           | 65.4 (50.9–132.0) | 9           |
| Serum CXCL10           | 119.0 (58.6–135.4)     | 18          | 102.3 (56.1–136.2)    | 9           | 127.1 (58.4–141.9) | 9           |
| **Percent baseline—week 12** |                       |             |                       |             |                 |             |
| dd-cfDNA(%)            | 82.1 (59.1–120.3)      | 19          | 100.2 (70.0–123.5)    | 10          | 77.3 (56.8–122.1) | 9           |
| Urinary CXCL10/Cr (pg/mg creatinine) | 92.4 (58.6–143.8) | 20          | 103.2 (48.1–147.9)    | 10          | 90.5 (58.4–144.3) | 10          |
| Serum CXCL10           | 126.4 (65.4–147.4)     | 20          | 138.4 (120.9–264.5)   | 10          | 85.4 (54.8–144.8) | 10          |
| **Percent baseline—week 52** |                       |             |                       |             |                 |             |
| dd-cfDNA(%)            | 85.8 (51.1–129.5)      | 16          | 84.6 (69.0–135.3)     | 8           | 104 (35.4–130.0) | 8           |
| Urinary CXCL10/Cr (pg/mg creatinine) | 80.9 (58.4–149.5) | 18          | 90.1 (38.0–190.3)     | 9           | 80.9 (58.4–123.3) | 9           |
| Serum CXCL10           | 124.6 (71.0–163.2)     | 18          | 115.0 (84.3–178.5)    | 9           | 129.4 (45.4–163.2) | 9           |

<sup>a</sup>Results are provided as median and interquartile range.

<sup>b</sup>Intergroup differences with respect to biomarker results (clazakizumab vs placebo; Mann-Whitney U test) and changes from week 12 to week 52 (overall study cohort; paired analysis applying Wilcoxon test) were nonsignificant (P > 0.05).

<sup>c</sup>For 2 of the 56 tested plasma samples sequencing did not yield valid dd-cfDNA results (1 of these samples had been collected at day 0, a second from another patient at week 52 [both patients allocated to receive placebo in part A]).

<sup>d</sup>Two patients were withdrawn from the study and therefore no biomarker results were available for week 52.

Cr, creatinine; CXCL, C-X-C motif chemokine ligand; dd-cfDNA, donor-derived cell-free DNA.
When evaluating the study cohort over part B (from week 12 to week 52), we found no significant change of dd-cfDNA[%] (median dd-cfDNA[%] from 1.15% [0.70%–2.38%] to 1.0% [0.61%–1.70%], $P=0.25$) (Table 2; Figure 2). Individual courses of dd-cfDNA[%] in relation to treatment allocation in parts A and B are illustrated in Figure 3. At the end of the trial (week 52), 10 of 17 patients with dd-cfDNA results still had fractions ≥1% (2 patients had been withdrawn from the trial; in a third patient allocated to placebo in part A, stored plasma did not yield valid test results). Patients with a molecular response to treatment at the end of the study (AMR score <0.2; $n=7$) did not differ from patients with persistent activity (AMR score ≥0.2) with respect to dd-cfDNA[%] (Figure 4).

Urinary CXCL10/Cr

In the overall cohort, baseline levels of urinary CXCL10/Cr were 81.0 (median; IQR: 49.1–113.8) pg/mg creatinine, respectively. Urine CXCL10/Cr at baseline was found to correlate with the MFI of the immunodominant DSA ($\rho=0.68$, $P=0.001$), but not with C4d staining, MVI, or molecular rejection scores (Figures S3 and S4, SDC, http://links.lww.com/TXD/A473). In addition, there were no correlations with transplant glomerulopathy (cg score), clinical variables such as recipient sex, eGFR and protein excretion, or with dd-cfDNA[%] (data not shown).
At the end of part A of the study (week 12), we found no significant difference between clazakizumab and placebo in terms of CXCL10/Cr (55.7 [median; IQR: 41.0–91.4] versus 60.2 [48.8–208.7] pg/mg creatinine; \( P = 0.44 \)) (Table 2; Figure 2). Overall, there was no change in median CXCL10/Cr between week 12 and week 52 (from 57.6 [46.3–93.1] to 67.4 [41.5–132.0] pg/mg creatinine; \( P = 0.95 \)) (Table 2; Figure 2). Figure 3 illustrates individual courses of CXCL10 levels. At the end of the trial, molecular responders (AMR score <0.2) or recipients with morphologic resolution of AMR activity did not differ from recipients with persistent rejection features with respect to CXCL10/Cr (Figure 4). In addition, using logistic regression analysis, we found no significant effect of combined dd-cfDNA and urinary CXCL10 in relation to AMR activity (Table S1, SDC, http://links.lww.com/TXD/A473).

Serum CXCL10

Unlike urinary CXCL10, serum levels of this chemokine were not associated with any serologic, morphologic, or molecular parameter at baseline (Figures S3 and S4, SDC, http://links.lww.com/TXD/A473). There was also no correlation with cG or clinical baseline variables (not shown). Furthermore, there was no difference at week 12, at the end of part A (clazakizumab versus placebo: 98.0 [median; IQR: 77.1–305.3] versus 80.7 [47.4–125.4] pg/mL; \( P = 0.48 \)), and levels did not significantly change from week 12 to the end of the study (from 98.0 [50.3–126.0] pg/mL to 119.0 [58.6–135.4] pg/mL; \( P = 0.85 \)) (Table 2; Figure 2). Finally, subjects with molecular and morphologic resolution of AMR activity did not differ from those with persistent rejection activity (Figure 4). Logistic regression analysis with interaction terms did not show a significant effect of combined dd-cfDNA and serum CXCL10 in relation to AMR activity at the end of the trial (Table S1, SDC, http://links.lww.com/TXD/A473).

Events Unrelated to Immunologic Rejection

A total of 10 episodes of lower urinary tract infection (in 5 subjects) were reported during the study period, 3 in part A and 7 in part B (data not shown). In addition, 1 patient developed pyelonephritis. Only 1 patient (placebo; diagnosis 1 wk after entry into part B of the trial) developed urinary tract infection at about the time of a study visit. This patient showed urine and serum CXCL10 levels of 71.1 pg/mg creatinine and 75.5 pg/mL at baseline, respectively. There were no apparent increases in urinary levels at week 12 (61.9 pg/mL creatinine), but, at the same time, we observed an approximately 40% increase of serum levels (108.2 pg/mL). At week 52, levels of 62.1 pg/mg creatinine and 34.5 pg/mL were recorded. Fractions of dd-cfDNA were stable over time (0.54%, 0.54%, and 0.56% at 0, 12, and at 52 wk). All other episodes of urinary tract infection and the case of pyelonephritis occurred beyond plus/minus 4 wk of 12- or 52-wk study visits. None of the patients developed polyomavirus infection. There was 1 patient who developed diarrhea-associated acute
renal failure 13 d after the first visit, which resolved within a week and was therefore considered irrelevant to biomarker results obtained 2 mo later (data not shown).

**DISCUSSION**

The main finding of our present study was that treatment of late AMR with the anti-IL-6 monoclonal antibody did not significantly modulate the levels of 2 distinct biomarkers, namely plasma dd-cfDNA[%] as an estimate of allograft injury and CXCL10 in serum or urine reflecting parenchymal inflammation. There was no difference between clazakizumab and placebo at week 12, and, under clazakizumab, no decrease in median urinary CXCL10 or dd-cfDNA[%] until the end of the trial. This was in some contrast to the decline in DSA-MFI, which was observed as early as 3 mo after the start of treatment, as well as changes in a molecular classifier of AMR, which became negative in 7 recipients after 9–12 mo of treatment.

To date, there is no noninvasive rejection biomarker that has proven useful to timely detect treatment responses and thus guide the intensity of immunosuppressive treatment. However, there are several observational studies that have examined the course of CXCL10 or dd-cfDNA[%] after rejection treatment. For example, a recently published observational study has shown a decline in levels of urinary CXCL10 within 1–2 mo in 31 recipients undergoing treatment for biopsy-confirmed rejection. However, only a few cases of AMR were included, and the authors noted that the number of cases was not sufficient to definitively report on urinary CXCL10/Cr changes in this specific context. Significant changes after rejection treatment were also found for dd-cfDNA[%], although in a recent cohort study changes after treatment of AMR were found to be less pronounced than those in TCMR. In 11 pediatric patients with AMR and 5 with mixed rejection, dd-cfDNA[%] after treatment with rituximab/IVIG did not reach baseline levels and fractions
remained in a range above 1%. Persistent dd-cfDNA release reflected ongoing rejection processes as also suggested by the results of follow-up biopsies. In a retrospective analysis of the DART study, dd-cfDNA[%] showed a numerical decrease in 9 AMR patients receiving a variety of different treatments, but, in contrast to TCMR, levels again remained >1%. In some cases, fractions even continued to rise. Whether this was related to ongoing rejection, remained unclear, as no posttreatment biopsies were available. Finally, Gupta et al reported 26 kidney transplant recipients with acute rejection (mostly TCMR) or chronic active AMR who were followed via dd-cfDNA[%] monitoring and a posttreatment biopsy approximately 6–8 wk after completion of rejection therapy. Patients with resolution of rejection on MMDx as well as histopathology (n = 8; 50% TCMR) showed a decline in levels (from 0.94% to 0.20%; P = 0.015), whereas 18 nonresponders, most of them (89%) diagnosed with AMR, did not.

It can be argued that the differences in the behavior of TCMR and AMR observed in the studies mentioned earlier could be due to potentially inadequate treatment of AMR unable to fully resolve ongoing inflammation and injury. It is well known that AMR treatment, especially in late cases, is a great challenge and many cases do not respond to currently used therapeutic approaches. However, as previously described in detail, molecular rejection activity (in some contrast to morphologic MVI) was significantly reduced in our trial, and, after 9–12 mo of IL-6 blockade, 7 recipients presented with a negative AMR score on MMDx. At the same time, DSA-MFI, were in median reduced to 79%. These results were suggestive of a therapeutic effect, at least in some of the patients. Unexpectedly, however, molecular resolution of AMR was not associated with a significant decline in dd-cfDNA[%] or CXCL10. Even for the 4 patients who showed resolution of morphologic AMR activity (3 patients also showed a negative molecular AMR score) no significant effect was observed. When interpreting these results, the limitations of a small sample size must be taken into account, but it may also be of interest that gene expression patterns associated with acute or chronic injury did not change under 9–12 mo of clazakizumab treatment. Persistent acute graft injury, which may not be visible in conventional histomorphology, may at least partly explain the behavior of dd-cfDNA, which from a physiological point of view can be regarded as an indicator of tissue injury. The ongoing release of dd-cfDNA and persistently elevated chemokine levels may suggest incomplete responsiveness to treatment, as also suggested by a continuing decline in eGFR (even though our preliminary data suggested some amelioration of its course) and persistence of morphological MVI in the majority of the patients (4 recipients showed resolution of morphologic AMR activity). One may also argue that treatment was too short to achieve visible changes of all efficacy endpoints and in parallel a decrease in tested biomarkers. However, at the end, our data clearly indicate that apparently in some contrast to DSA monitoring and molecular assessment of follow-up biopsies, they may not be helpful in detecting subtle changes in AMR activity in the first year after initiation of treatment.

At baseline, chemokine levels and dd-cfDNA[%] showed a considerable level of variation, with a significant proportion of patients (n = 7 of 19) showing dd-cfDNA[%] below 1%, but this seemed not to correlate with features reflecting different phenotypic presentations of AMR. Notably, the 2 biomarkers did not correlate with each other, but in this context, a different pathophysiologic background can be assumed. Allograft immune activation indicated by increased chemokine levels may not necessarily be associated with graft damage-induced dd-cfDNA release, and vice versa. Moreover, there was no correlation between biomarker levels and biopsy features indicating rejection activity, such as MVI or scores of molecular rejection classifiers. Our results are in some contrast with the results in the Trifecta study, wherein in a cohort of 289 kidney transplant recipients dd-cfDNA[%] showed a high correlation with different molecular scores from rejection-associated transcript sets and classifiers, including a molecular AMR score (and less tightly with other classifiers including those reflecting acute kidney injury). Discrepancies to this large study, which analyzed a heterogeneous case mix (30% of biopsies with AMR), however, could, apart from a limited sample size, be due to a preselection of patients with AMR in our trial. One may argue that associations with the molecular AMR classifier are nonlinear, with increased levels even in residual mild AMR.

Aside from immunologic rejection, there can be various triggers for the release of dd-cfDNA and chemokines, such as polyomavirus nephropathy, urinary tract infection, and acute renal failure. None of the study participants had BK or JC viremia, and only 1 developed moderate acute renal failure due to diarrhea, but this event was not associated with any of the time points, wherein biomarker testing was performed. During the trial, 10 episodes of lower urinary tract infection were recorded, and, in addition, 1 had pyelonephritis. Only 1 subject was diagnosed with urinary tract infection at about the time of biomarker assessment (diagnosis 1 wk after the 12-wk visit). In this patient, we observed an increase of CXCL10 in serum (but not of urinary chemokine levels or plasma dd-cfDNA), which we cannot exclude as being related to infection.

Although the prospective randomized controlled design of our study, which included predefined intervals of serial biomarker monitoring in connection with systematic follow-up biopsies, is a strength, it has several inherent limitations that need to be considered. A major limitation is the small sample size which, given the considerable variation in biomarker levels, may have made it more difficult to detect subtle changes in disease activity and subsequent graft injury. Despite stratified randomization, some baseline variables, such as recipient sex or protein/creatinine ratio, were not well balanced, although differences were not significant. However, this may be of limited relevance as there was no association of these parameters with biomarker levels. Another limitation may be that the trial design included only a short 3-mo phase of a double-blind randomized design. The trial then entered an open-label phase and all patients, including those randomized to placebo, received clazakizumab. This precluded a head-to-head comparison of clazakizumab versus placebo beyond 3 mo. In fact, the only efficacy endpoint that showed a significant intergroup difference after the first 12 wk was the DSA level, whereas no such effect was visible for different morphologic and molecular biopsy features. Given the latter result, our failure to detect early differences between groups regarding the course of biomarkers was not unexpected. Although the validity of 1-y efficacy results may be limited due to the open-label design of the extension phase, significant therapeutic efficacy can be inferred from our study results, particularly...
given the observed changes of gene expression patterns detected in 12-mo follow-up biopsies and the further reduction of DSA levels. These effects, however, were not complete and one may speculate that treatment was too short and that, as now studied in a large phase 3 trial, an extension of treatment would have significantly increased the observed effects on secondary outcomes. On the other hand, one would expect an ideal biomarker to be able to detect or predict very subtle treatment effects at an early stage, which our study failed to show. When discussing the results on efficacy endpoints and biomarker levels, it is important to consider that 11 of the included patients did not receive all 13 scheduled doses of clazakizumab, primarily due to adverse events. It can be argued that this may have influenced study outcomes to some extent. Finally, a possible limitation could be that data on absolute levels of dd-cfDNA, suggested by some authors to add diagnostic accuracy, were not available for our study.13,44

In conclusion, the results of our study suggest that IL-6 blockade in late AMR may not trigger a significant decline in dd-cfDNA[%] and CXCL10 levels, at least over a 9–12 mo treatment period. These 2 noninvasive biomarkers may not be sensitive enough to timely detect subtle treatment effects of IL-6 neutralization in patients with late AMR.

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