Across the Green Valley with HST grisms: colour evolution, crossing time-scales and the growth of the red sequence at $z = 1.0 - 1.8$

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ABSTRACT
We measure the colour evolution and quenching time-scales of $z = 1.0 - 1.8$ galaxies across the green valley. We derive rest-frame $NUV/rK$ colours and select blue-cloud, green-valley and red-sequence galaxies from the spectral energy distribution modelling of CANDELS GOODS-South and UDS multi-band photometry. Separately, we constrain the star-formation history (SFH) parameters (ages, $\tau$) of these galaxies by fitting their deep archival HST grism spectroscopy. We derive the galaxy colour-age relation and show that only rapidly evolving galaxies with characteristic delayed-$\tau$ SFH time-scales of $\lesssim 0.5 \text{ Gyr}$ reach the red sequence at these redshifts, after a period of accelerated colour evolution across the green valley. These results indicate that the stellar mass build-up of these galaxies stays minimal after leaving the blue cloud and entering the green valley (i.e., it may represent $\lesssim 5\%$ of the galaxies’ final, quiescent masses). Visual inspection of age-sensitive features in the stacked spectra also supports the view that these galaxies follow a quenching sequence along the blue-cloud $\rightarrow$ green-valley $\rightarrow$ red-sequence track. For this rapidly evolving population, we measure a green-valley crossing time-scale of $0.99^{+0.42}_{-0.25} \text{ Gyr}$ and a crossing rate at the bottom of the green valley of $0.82^{+0.27}_{-0.25} \text{ Gyr/Mag}$. Based on these time-scales, we estimate that the number density of massive ($M_* > 10^{10} M_{\odot}$) red-sequence galaxies doubles every Gyr at these redshifts, in remarkable agreement with the evolution of the quiescent galaxy stellar mass function. These results offer a new approach to measuring galaxy quenching over time and represent a pathfinder study for future JWST, Euclid, and Roman Space Telescope programs.

Key words: galaxies: general – galaxies: evolution – galaxies: high-redshift

1 INTRODUCTION
The bimodal colour distribution of galaxies has been fairly well studied and characterized up to relatively high redshifts (at least up to $z \sim 3$; e.g., Whitaker et al. 2011; Fang et al. 2018). Blue galaxies have young stellar populations and are experiencing active episodes of star formation while red galaxies are older and predominantly quenched. The quiescent (red and dead) galaxy population is thought to build via the cessation of star formation in star-forming galaxies through in-situ and/or external quenching mechanisms (e.g., Peng et al. 2010, 2012; Darvish et al. 2016; Huertas-Company et al. 2016; Bower et al. 2017; Nantais et al. 2017). Proposed in-situ mechanisms include internal processes preventing the accretion of cold gas from the intergalactic medium (IGM), or preventing the cooling or collapse of available gas in the interstellar medium (ISM) (through, e.g., stellar feedback, AGN feedback, starvation, or bulge growth; Martig et al. 2009; Peng et al. 2015; Zolotov et al. 2015; Pontzen et al. 2017; Trussler et al. 2020). On the other hand, proposed environmentally-driven quenching mechanisms generally include processes that remove, heat, or abruptly consume available gas (through, e.g., mergers, harassment, strangulation, ram-pressure or tidal stripping; Gunn & Gott 1972; Moore et al. 1996; Abadi et al. 1999; van den Bosch et al. 2008; Zolotov et al. 2015; Poggianti et al. 2016).
al. 2017; Pontzen et al. 2017). Some studies have suggested that for \( M_* \gtrsim 10^{10} M_\odot \) galaxies, environmental quenching starts playing a major role at \( z \gtrsim 1 \), whereas in-situ quenching might be dominant at \( z \gtrsim 1 \) and correlates with stellar mass (Darvish et al. 2016; see also Peng et al. 2010). While the contribution of external mechanisms might not be as strong at \( z \gtrsim 1 \) compared to \( z \lesssim 1 \), at all cosmic epochs various combinations of the different quenching processes can be interlinked and may in reality be at play in the quenching of galaxies (e.g., Zolotou et al. 2015; Bower et al. 2017; including interplay between external and in-situ mechanisms, such as, for instance, AGN feedback triggered by merger events; Hopkins et al. 2008; Yuan et al. 2010; Pontzen et al. 2017; Rodríguez Montero et al. 2019). Given this complexity and the multiplicity of quenching pathways, there is still to date no clear consensus on the relative contributions of the different quenching mechanisms over time.

Cosmological hydrodynamical simulations have however shown that galaxy quenching time-scales vary greatly (Sales et al. 2015; Nelson et al. 2018; Rodríguez Montero et al. 2019; Wright et al. 2019) and may be generally categorized into two classes, fast or slow, depending on galaxy properties (typically stellar or halo mass), cosmic epoch, and the quenching mechanisms involved (e.g., Rodríguez Montero et al. 2019; Wright et al. 2019). Constraining quenching time-scales from observations at different cosmic epochs and using different samples of galaxies (i.e., selected in stellar or halo masses, local density, morphology, etc) may therefore help us better disentangle the relative contributions of the physical processes responsible for the cessation of star-formation over cosmic time. Over the last decade, a number of observational studies have started to constrain the time-scales associated with galaxy quenching in the low, intermediate and high-redshift Universe. By constraining galaxy star-formation histories (SFHs) through the spectral energy distribution (SED) modelling of multi-wavelength broadband photometry, Carnall et al. (2020) have shown for instance that massive quiescent galaxies already in place at \( 2 < z < 5 \) must have quenched rapidly and at early times. Other studies, at slightly lower redshifts (\( z \sim 1 \)), have shown that there exist a diverse range of possible quenching time-scales for \( M_* \gtrsim 10^{10} M_\odot \) galaxies at these redshifts, from \( \sim 10^7 \) Myr to \( \lesssim 2 \) Gyr (Bell et al. 2019; Estrada-Carpenter et al. 2020; Wild et al. 2020), although rapid quenching scenarios remain possible (e.g., Schawinski et al. 2014). At low and intermediate redshifts (i.e., \( z < 1 \)), these rapid and slow quenching time-scales have been shown to be associated with different quenching pathways through the green valley (e.g., Schawinski et al. 2014; Moutard et al. 2016b).

The green valley is thought of as the transitional region between the star-forming and quiescent populations and is often defined using rest-frame colour diagnostics used to identify star-forming, dusty star-forming and quiescent galaxies. Indeed, these populations (star-forming, dusty star-forming, and quiescent galaxies) have for more than a decade been identified based on their rest-frame colours using diagnostics such as the rest-frame \( U/VJ \) (e.g., Labbé et al. 2005; Wuyts et al. 2007; Williams et al. 2009; Fang et al. 2018), or, more recently, the rest-frame \( NUVVrK \) (e.g., Arnouts et al. 2013; Moutard et al. 2016b; Vergani et al. 2018) colour-colour diagrams. To distinguish between the three populations, these methods rely on the presence or absence of age-sensitive and dust-sensitive features in the SEDs of galaxies. Specifically, filters bracketing the rest-frame 4000 Å region (e.g., \( U-V \), \( NUVV-r \)) are sensitive to galaxy stellar ages via (i) the strong UV and blue continuum excess of young, massive O and B stars (\( T>10^4 \) K, \( t<10^8 \) yrs) which produce blue \( U-V \) or \( NUVV-r \) colours, and (ii) the strong Balmer and 4000Å breaks caused by hydrogen, calcium, and metallic absorption lines in the spectra of older stellar populations below rest-frame 4000 Å, which produce red \( U-V \) or \( NUVV-r \) colours of quiescent populations, resulting in an old-vs.-dusty degeneracy (e.g., Bramer et al. 2009). To counter this potential degeneracy, filters bracketing redder wavelengths (e.g., \( V-J, r-K \)) are used in these colour-colour diagrams to discriminate between dust-absorbed and quiescent populations as only the dusty star-forming galaxies will show red \( V-J \) or \( r-K \) colours produced by their dust attenuation curve attenuating the underlying blue stellar continua (e.g., Williams et al. 2009; Patel et al. 2011; Arnouts et al. 2013; Fang et al. 2018).

The main, but crucial, difference between the \( NUVVrK \) and the shorter wavelength-baseline \( U/VJ \) diagnostics is that \( NUVV-r \) colours offer a wider dynamic range in colour between young and old stellar populations compared to \( U-V \) colours, in part due to the stronger blue continuum excess of young stellar populations in the rest-frame \( NUVV-r \) colours are therefore more sensitive to stellar population ageing (and especially the ageing of young stellar populations) than are \( U-V \) colours (e.g., Bruzual A. & Charlot 1993; Bruzual & Charlot 2003; Salim et al. 2005; Arnouts et al. 2013). For this reason, the \( NUVVrK \) is better than the \( U/VJ \) diagram at resolving the separation between the star-forming and quiescent populations, and allows the identification of the so-called green-valley galaxies which accumulated evidence shows are a transitional population between the star-forming blue cloud and the quiescent red sequence (e.g., green-valley galaxies are intermediate between the blue and red populations in terms of sSFR, e.g., Siudek et al. 2018; Moutard et al. 2020b, or other properties, e.g., see Salim 2014 for a review).

In this paper, we aim at measuring the quenching (transition) time-scale of galaxies through the green valley (i.e., the green-valley crossing time-scale) in the cosmic noon Universe, and testing the hypothesis that the quiescent galaxy population builds-up via the quenching of star-forming galaxies. We make use of the rest-frame \( NUVVrK \) diagram to photometrically classify blue-cloud, green-valley, and red-sequence galaxies, and we compare our measured quenching (i.e., crossing) time-scales to the growth of the quiescent stellar mass function reported in the literature to test our hypothesis.

The paper is structured as follows. Section 2 describes our parent photometric and spectroscopic datasets. In Section 3, we describe our photometric sample selection as well as our broadband SED-fitting procedure, including rest-frame colours and our green-valley definition. In Section 4, we describe our \( HST \) grism spectroscopic sample selection as well as the procedure we use to fit the grism data, while Section 5 provides details of the SFH models we use in this work. Section 6 reports and discusses our results, including the determination of spectroscopic SFH populations (Section 6.1), the analysis of correlations between photometric colours and spectroscopically-derived galaxy ages and SFH time-scales (Section 6.2), visual inspection of the stacked spectra of our different galaxy populations (Section 6.3), the derivation of the galaxy colour-age relation (Section 6.4), measurements of the green-valley crossing time-scales (Section 6.5), and predictions of the growth of the red sequence (Section 6.6). We summarize our results in Section 7. Throughout the paper we use AB magni-
tudes and a flat ΛCDM cosmology with \( \Omega_M = 0.3 \), \( \Omega_k = 0.7 \), and \( H_0 = 70 \text{ km s}^{-1} \text{ Mpc}^{-1} \).

## 2 PARENT DATASETS

### 2.1 Photometry

Our parent photometric dataset consists of the CANDELS GOODS-South (Guo et al. 2013) and UDS (Galametz et al. 2013) multi-wavelength catalogues. While the CANDELS observations alone consist of HST imaging in 5 to 9 filters depending on field and depth, the GOODS-S and UDS multi-wavelength catalogues also include ancillary ground- and space-based observations in a total of 17 and 19 bands, respectively, from the near-UV to the mid-infrared. The photometry reaches \( 17 \) and \( 15 \)\( \mu \)m, respectively. The catalogues contain a total of 70862 sources, including 34930 and 35932 in GOODS-S and UDS, respectively.

For both fields, source detection was performed by the CANDELS team with SExtractor (Bertin & Arnouts 1996) on the WFC3 F160W images using the so-called cold-hot modes (Galametz et al. 2013). Photometry in the additional HST bands was then obtained using SExtractor in dual-image mode after PSF-matching the images to the F160W data. For the lower-resolution ground-based and Spitzer imaging, photometry was derived using the TFIT software (Laidler et al. 2007) that uses a template fitting method with prior information from the high resolution data to accurately recover fluxes in the low resolution images.

The Guo et al. (2013) and Galametz et al. (2013) catalogues include galaxy physical properties and a number of rest-frame colours derived from SED fitting, but do not contain \( NUV \) rest-frame colours required to trace galaxy evolution in the \( NUVrK \) diagram. Additionally, the new generation of SED-fitting codes now include more robust treatments of the underlying physics as well as better exploration of the parameter spaces and posterior available including more robust treatments of the underlying physics as well as better exploration of the parameter spaces and posterior available.

### 2.2 Spectroscopy

Our parent spectroscopic dataset consists of publicly available \( HST \) WFC3/IR G102 & G141 grism spectroscopy from the GOODS-S and UDS footprints. The G102 grism covers the wavelength range \( \lambda = 0.80 - 1.15 \mu \text{m} \) with a throughput > 10\% at a low spectral resolution of \( R = 210 \), while the G141 covers the range \( \lambda = 1.08 - 1.70 \mu \text{m} \) with a throughput > 10\% at a low spectral resolution of \( R = 130 \). Dispersions of the G102 & G141 grisms are 24.5 Å pix\(^{-1} \) and 46.5 Å pix\(^{-1} \), respectively. These grisms were chosen as they cover strong age- and metallicity-sensitive spectral features at our redshifts of interest. These features are the 4000Å break, and metallic and hydrogen lines (i.e., Ca H & K, H\( \delta \), G-band, H\( \gamma \), H\( \beta \), Mg, Na) which cover the rest-frame wavelength range \( \lambda = 4000 - 6000 \text{ Å} \) at \( z = 1.0 \) and \( \lambda = 11200 - 16800 \text{ Å} \) at \( z = 1.8 \), fully covered by the G102 & G141 grisms. At slightly lower and higher redshifts, not all features are visible within the G102 & G141 wavelength windows, but a number of them are still visible depending on redshift.

We extract our spectroscopic dataset from the database of the Grism Redshift and Line Analysis software (Grizli, Brammer 2019) hosted on G. Brammer's Amazon Web Services repository. This database consists of catalogues (including redshift fits) and enhanced data products (spectra, emission-line maps, etc) of reprocessed archival HST grism spectroscopic observations in a number of extragalactic fields including CANDELS (Grogin et al. 2011; Koekemoer et al. 2011), 3D-HST (Brammer et al. 2012; Momcheva et al. 2016), WISPS (WFC3 Infrared Spectroscopic Parallel Survey; Atek et al. 2010), HFF (Hubble Frontier Fields; Lotz et al. 2017), CARLA (Clusters Around Radio-Loud AGN; Noirot et al. 2016, 2018), and others. Reprocessing of these data (data query, reduction, spectral extraction, and additional products) had been performed with Grizli version 1.0-6-gb542eb3 at the time of extraction.

We refer the reader to the official Grizli webpages for a detailed overview of the processing steps (see also, e.g., Abramson et al. 2020). In short, after initial query of the archive, the different processing steps include: exposure file association, bad pixel and cosmic-ray rejection, persistence masking, relative exposure-level astrometric alignment, flat-fielding, direct imaging and grism sky-background subtraction, fine astrometric alignment to the Gaia Data Release 2 (Gaia Collaboration et al. 2018) or other available reference catalogue, direct image mosaicking, and SExtractor source detection and matched-aperture photometry on the different filters available. The source catalogue is then used to associate sources to their spectral traces, and perform morphology-dependent spectral modelling and contamination removal at the exposure level. Next, 2D spectra are extracted at the individual exposure level as well as stacked in the resampled drizzled space. Redshift fits, following a template-fitting approach similar to that of EAZY (Brammer et al. 2008), are then performed on the 2D spectra and emission line maps are created.

From this Grizli database, we first extract the Grizli catalogues for all sources in the GOODS-S and UDS footprints (15501 and 34638 sources, respectively), and only extract spectral products for those in our final spectroscopic sample that we describe in Sec. 4.1. They are the spectra we use with our grism data fitting procedure that we describe in Sec. 4.2 and from which we derive galaxy physical parameters and SFHs independently from our broadband SED-fitting.

## 3 PHOTOMETRIC SAMPLE

### 3.1 Sample selection

From the full CANDELS GOODS-S and UDS catalogues, we first select sources with good photometry. These are sources that are neither contaminated by bright nearby objects, saturated, truncated, nor suffer other photometric issues (i.e., have \( \text{FLAGS} = 0 \), and \( \text{PhotFlag} = 0 \) in the CANDELS catalogues). We additionally reject sources with stellarity indexes > 0.25 as measured with SExtractor on the F160W detection band, and exclude objects identified as AGN in Xue et al. (2011) and Ueda et al. (2008) for GOODS-S and UDS, respectively (\( \text{AGNFlag} = 0 \)). From this first selection of non-AGN, extragalactic objects with good photometry, we then further reduce our sample to objects brighter than 26 AB mag in the \( H \)-band, measured by SExtractor MAG\_AUTO on the F160W

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1. Access available on reasonable request by contacting G. Brammer.
2. https://github.com/gbrammer/grizli
data, and use an additional cut of SNR > 3 in the F160W band to ensure robust detections. As we are interested in investigating the colour evolution of galaxies in the late cosmic noon epoch for which near-infrared HST grism data cover spectral features of interest (4000Å break, hydrogen and metallic absorption lines, hydrogen and oxygen emission lines, etc), we finally use a redshift cut of 0.9 < \( z_{\text{best}} < 1.8 \). Here, \( z_{\text{best}} \) is the best redshift estimate available in the CANDELS catalogue, i.e., either a spectroscopic redshift from the literature, if available, or the photometric redshift as estimated by the CANDELS team from a hierarchical Bayesian approach that takes into account and combines the redshift probability distributions derived by six different CANDELS team members (Santini et al. 2015; see also Dahlen et al. 2013 for details on the individual methods). After applying these steps, we have our primary photometric sample which consists of a total of 13279 sources, including 5569 in GOODS-S and 7710 in UDS, respectively.

### 3.2 Broadband SED-fitting

We use the CANDELS PSF-matched broadband photometry of our GOODS-S and UDS sample to homogeneously derive rest-frame colours and physical parameters of our sources.

#### 3.2.1 Galaxy physical properties

The broadband SED-fitting technique has for many years now provided a way to estimate physical parameters of high-z galaxies from their broadband fluxes (e.g., Sawicki & Yee 1998; Papovich et al. 2001; Sawicki 2001; Labbé et al. 2005; Shapley et al. 2005; Erb et al. 2006; Arnouts et al. 2007; Gawiser et al. 2007; Yabe et al. 2009; Sawicki 2012a,b). In recent years, many improvements have been made in SED-fitting codes to alleviate parameter-space gridding shortcomings as well as to optimize likelihood convergence and better characterize parameter posterior probabilities. This new generation of codes (e.g., GALMC: Acquaviva et al. 2011; BEAGLE: Chevallard & Charlot 2016; PROSPECTOR: Leja et al. 2017; Johnson et al. 2021; DENSE BASIS: Iyer & Gawiser 2017; Iyer et al. 2019; BAGPIPES: Carnall et al. 2018, 2019b) is based on optimized Bayesian inference algorithms (e.g., MULTINest: Foreman-Mackey et al. 2013; GEORGE: Ambikasaran et al. 2013; DYNESTY: Speagle 2020) and also allows for the exploration of flexible star-formation histories. In addition, these new codes also include treatment of a number of physical components such as, e.g., nebular emission lines, multi-component dust emission models, etc, that were often not considered in older codes.

To take advantage of these recent improvements, in this work we use the Bayesian inference SED-fitting code BAGPIPES (Carnall et al. 2018) to derive new photometric redshifts, rest-frame colours, and stellar masses of the sources in our photometric dataset. The code uses the (Bruzual & Charlot 2003; BC03) stellar population synthesis models, Kroupa (2001) initial mass function (IMF), Draine & Li (2007) dust emission models, and Cloudy (Ferland et al. 2017) photoionization prescriptions, and performs parameter-range exploration and posterior estimation using PYMULTINest (Buchner et al. 2014), the PYTHON wrapper of MULTINest, a nested-sampling (Skilling 2004) algorithm. MULTINest, similarly to other nested-sampling algorithms (e.g., DYNESTY; ULTRANEST: Buchner 2021), continuously explores and reduces the parameter space on the fly (see Feroz et al. 2009, 2019; Buchner et al. 2014 for details). BAGPIPES also includes several parametrizations of star formation histories which determine the overall shape of when and how many stars formed over time (see, e.g., Paczynski et al. 2015; Iyer & Gawiser 2017; Lee et al. 2018; Carnall et al. 2019a; Leja et al. 2019; Lower et al. 2020 for the pros and cons of choosing different SFH models). In this paper, we adopt the delayed-\( \tau \) SFH model of the form

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SFR(t) = \tau \exp(-t/\tau),
\]

where \( t \) is time since the onset of star formation (i.e., “age”) and \( \tau \) is the characteristic time at which the SFR reaches its maximum. Section 5 discusses the delayed-\( \tau \) model and its characteristic time-scales in more detail. We defer the exploration of other SFHs, including more flexible SFHs, to a future paper. Flexible (i.e., “non-parametric”) SFHs are indeed better suited to recover rejuvenation or multiple burst episodes, which cannot be investigated with our current models. While this is a limitation of our current study, it is not expected to significantly affect our results and conclusions (see, e.g., Chauke et al. 2019).

We fit each object in our sample with a set of six free parameters with uniform priors. The parameters we fit are: (a) redshift, \( z \), free to vary in the range 0.75 to 1.95, (b) age, from 0.1 Gyr to the age of the Universe at redshift \( z \), (c) \( \tau \), from 0.05 to 3 Gyr, (d) the total mass of stars formed throughout the object’s star-formation history, \( M_*= \), from 6 to 13 log\( (M_*/10^3 \text{M}_\odot) \), (e) metallicity, Z, from 0.1 to 2.5 Z_\odot (with Z_\odot = 0.02), and (f) dust attenuation in the V band, \( A_V \), from 0 to 2 mag, parametrized using the default Calzetti et al. (2000) dust attenuation law. While all these six parameters are fit, we are mostly interested here in the stellar masses \( M_\ast \), photometric redshifts, and derived galaxy rest-frame colours. Note that we derive new photometric redshifts for all galaxies in our sample, including galaxies with available spectroscopic redshifts in the CANDELS catalogues. Also, while the Universe is about 5.8 Gyr old at \( z = 1.0 \), we do not attempt to fit \( \tau \) parameters beyond values of \( \tau = 3.0 \) Gyr. As discussed in Sections 6.1 & 6.2, we cannot well discriminate between the SFHs of galaxies with large \( \tau \) values of about \( > 1.5 \) Gyr, and only treat this group as a single ‘large-\( \tau \)’ population. Moreover, we are mostly interested in our analysis in galaxy populations with smaller \( \tau \) values for which the posteriors are well constrained. Using a larger \( \tau \) prior would therefore not affect our conclusions.

#### 3.2.2 Rest-frame colours

Rest-frame colours can be directly derived from the posterior SED models by integrating the rest-frame posterior SEDs over the filters of interest. In the past, this often led to colour issues arising from the non-optimized step-wise sampling of the parameter space or other modelling assumptions (no nebular emission, etc). To mitigate such SED-fitting code limitations and properly derive rest-frame colours, previous works used correction terms based on the observed-frame colours closest in (rest) wavelength to the rest-frame colours of interest (e.g., Rudnick et al. 2003; Ilbert et al. 2005; Taylor et al. 2009; Williams et al. 2009; Patel et al. 2011; Ilbert et al. 2013; Moutard et al. 2016b). Although BAGPIPES and other recent codes do not suffer from this so-called gridding of parameter space and better model the underlying physics compared to the previous generation of codes, rest-frame colour estimation is still often unrealistic and can lead

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3 Note that for a given object, its total mass \( M_\ast \) is the integral of its SFH and therefore includes the mass of material recycled back to the interstellar medium (ISM), while its stellar mass \( M_\ast \) is the current (living) stellar mass at the redshift of observation.

4 Note that this has the advantage to minimize the \( k \)-correction term.
interest and the magnitudes of the rest-frame SED in the rest-frame bands of interest. As noted above, by selecting the observed bands that best correspond to the rest-frame bands of interest, these approaches have the advantage to minimize the $k$-correction term as well as the contribution from the model SED. To derive realistic rest-frame quantities, we also take the uncertainties of the observed photometry into account when applying the $k$-correction term. To do that, we generate observed-magnitude normal distributions for each source using their reported (i.e., catalogue) values and associated errors, and randomly sample from these distributions when applying the correction. After applying this correction to each iteration of the fitting procedure, this gives us the full posterior distribution of corrected $NUV, r,$ and $K$ rest-frame colours for all the sources in our sample. Note that we use the same $NUVrK$ rest-frame filter set as in the COSMOS2015 catalogue (Laigle et al. 2016), namely: GALEX $NUV$, Subaru SuprimeCam $r$, and VISTA $K_s$.

We then only keep in our final sample sources with sufficient SNR, selected in the following way. We select the three observed bands that best correspond to the rest-frame $NUV, r,$ and $K$ at the redshift of each source, and keep all the sources for which these observed bands each have a SNR > 3. For cases where a band has a SNR < 3, we also consider SNR constraints over longer wavelength baselines. For each rest-frame band ($NUV, r,$ and $K$) we select the three observed bands that best bracket the rest-frame at the redshift of each source. In our final sample we keep the sources that satisfy: (a) at least two of the three best-bracketing bands have SNR > 1.5, or (b) the three bracketing observed-bands have a combined SNR > 10 from the posterior SED. Following Moutard et al. (2016b), we only use our colour correction method if the observed-bands best probing the rest-frame have errors < 0.3 mag. This ensures that our colours are not too noisy and relatively well constrained even if the observed SNR is relatively low. When errors are > 0.3 mag, we use the posterior SED colours without correction. In total, our final photometric catalogue consists of 10787 sources (4071 in GOODS-S, and 6716 in UDS), including 69% (GOODS-S) and 59% (UDS) with SNR > 3 and errors < 0.3 mag in all the bands of interest.

The top panel of Fig. 1 shows the rest-frame $NUVrK$ colour-colour diagram of our final photometric sample, colour-coded by specific star-formation rates (sSFR=SFR/$M_\star$) derived from our photometric fitting. The diagram shows the galaxy bimodal colour distribution as well as the correspondence between galaxy colour and sSFR. As mentioned in Sec. 1, the advantage of the $NUVrK$ diagram over shorter wavelength-baseline diagnostics such as the $UVJ$ diagram is that it better resolves the separation between the blue and red populations, and allows for a clear identification of the so-called green-valley galaxies. We describe our procedure to identify these populations in the next section.

### 3.3 Green-valley definition and $\Delta_{GV}$ distance

#### 3.3.1 Green-valley definition

In this work, and similarly to previous studies that use the $UVJ$ or $NUVrK$ diagrams (e.g., Williams et al. 2009; Arnouts et al. 2013; Ilbert et al. 2015; Mortlock et al. 2015; Moutard et al. 2016b; Vergani et al. 2018; Moutard et al. 2020b), we define the separation between star-forming and quiescent galaxies as the lowest density region between the two clusters formed by the blue and red populations in colour-colour space (i.e., the $NUVrK$ diagram shown in the top panel of Fig. 1 in our work). Using the $NUVrK$ diagram, Moutard et al. (2016b) determined the separation (i.e., the lowest

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**Figure 1.** Rest-frame $NUVrK$ colours. The top panel shows the distribution of rest-frame photometric colours of galaxies in the $NUVrK$ diagram. Colours of points encode galaxy specific star formation rates measured from broadband photometry alone. The dashed black line shows the bottom of the green valley, while the solid black lines show the green-valley boundaries (defined in Sec. 3.3). Bottom panel: as in the top panel, but now showing the distance from the bottom of the green valley, $\Delta_{GV}$, as a function of $r-K$ colour. The top panel shows all galaxies with photometric information (10787 sources), while in the bottom panel only galaxies with grism data (265 sources) are shown as coloured points, while the full photometric sample is shown in gray.

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density region) between the blue and red populations in six redshift intervals in the range $z = 0.2 - 1.0$, and show that the $NUV - r$ normalization of the red/blue separation linearly varies with time at a rate of $2.9 \times 10^{-2}$ mag/Gyr over the redshift range considered. Extrapolated to higher redshifts, this corresponds to a $NUV - r$ reddening of the lowest density region between the blue and red populations of $6.4 \times 10^{-2}$ mag from $z = 1.8$ to $z = 1.0$, which represents less than 8% of the width of the green-valley region that we derive here (see below). We therefore do not sub-divide our galaxy sample into multiple redshift intervals to construct our $NUVrK$ diagram.

These previous works determine the normalization of the red/blue separation based on finding the minimum galaxy number density between the two populations either visually using Gaussian fits to the bimodal distribution, and determine the slope of the separation visually. To best determine the lowest density region between the blue and red populations (i.e., determine the slope and normalization of the separation without arbitrary choices), we here first divide the colour-colour plane in four equal-width bins of $r - K$ colour over which the red and blue populations overlap (i.e., $r - K = 0.9 - 1.3$ in this work). In each bin, we then fit the $NUV - r$ colour distribution with a double Gaussian model and determine the lowest density point as the minimum between the two Gaussians. This gives us four density minima between the blue and red populations which we then fit with a first order polynomial in the colour-colour plane. For $r - K < 0.9$ where the blue and red populations do not overlap, we use the same slope and normalization as in Moutard et al. (2016b) at similar redshift. By construction, this fit, shown as the dotted line in the top panel of Fig. 1, represents the bottom of the green valley and does not depend on arbitrary choices of slope or normalization to separate the blue and red populations in the region where both overlap. The bottom of the green valley is thus defined by

$$\langle NUV - r \rangle = \begin{cases} 1.171 \times (r - K) + 2.399 & \text{for } (r - K) > 0.51 \\ 3.00 & \text{otherwise} \end{cases}$$

However, owing to the fact that the colour distribution is bimodal, defining boundaries to the green-valley region around this density minimum based on colour alone remains imperfect, as is also the case for other methodologies in the literature that are based on bimodal distributions between the red and blue populations (e.g., sSFR, SFR–mag, or SFR–$M_*$ plane definitions). Here, we define the green-valley boundaries as the density values around the four density minima that reach 35% of the peak of each Gaussian on the red and blue sides independently, and constrain the linear fits of these density boundaries in the colour-colour plane to have the same slopes as the bottom of the green valley. We show the green-valley boundaries based on this definition as solid lines in Fig. 1, which overlap well with the low density gap of the colour distribution. Our boundaries are parametrized by an $NUV - r$ offset of $+0.3$ mag on the red side and $-0.5$ mag on the blue side of the bottom of the green valley defined in Eq. 2. This boundary definition, although somewhat arbitrary, is consistent with other robust colour-based definitions in the literature at these redshifts (e.g., Moutard et al. 2016b) as well as with definitions based on, e.g., sSFR.

Among the limited number of studies that have defined green-valley samples at the redshifts probed here, sSFR thresholds approximately range from $\log_{10}(sSFR) = -10.5$ to $\log_{10}(sSFR) = -9.5$ yr$^{-1}$ (e.g., Pandya et al. 2017; Jian et al. 2020), which is similar to the typical sSFR values of the green-valley galaxies in our sample based on our colour definition, as can be seen in Fig. 1. Note that these green-valley definitions are however also based on somewhat arbitrary choices to define the width of the green-valley region. For instance, Pandya et al. (2017) adopt a somewhat arbitrary threshold between 0.4 and 1.6 dex below the fit to the star-forming main sequence in the SFR–$M_*$ plane, while Jian et al. (2020) adopt a somewhat arbitrary width of $\pm 0.2$ dex around their separation between the star-forming and quiescent populations in the SFR–$M_*$ plane. We therefore cannot adequately compare these methods to our own green-valley definition, but note the tight correlation between $NUVrK$ colours and sSFR in our sample as well as the reasonably good correspondence between the sSFR values of our green-valley galaxies and those defined in Pandya et al. (2017) and Jian et al. (2020) (see top panel in Fig. 1). As already mentioned and shown in several studies, the $UVJ$ diagram does not well distinguishes between star-forming, transitioning, and quiescent galaxies near the transition region between the different populations (see, e.g., Figs. 2 in Siudek et al. 2018 and Moutard et al. 2020b). This is in contrast to the $NUVrK$ diagram where the populations are well separated and have little overlap in e.g., sSFR. We refer the reader to Siudek et al. (2018), Moutard et al. (2020b) and references therein for more details on these comparisons.

### 3.3.2 Distance from the bottom of the green valley, $\Delta_{GV}$

In an attempt to overcome potential issues from these imperfect boundary definitions, we define a new parameter, $\Delta_{GV}$, which is the $NUV - r$ colour difference between a given point in the $NUVrK$ plane and the bottom of the green valley at that $r - K$ colour. In other words, $\Delta_{GV}$ is the vertical distance between a galaxy and the bottom of the green valley and encodes how likely a given object is a transitioning (i.e., green-valley) galaxy, independently from any green-valley boundary definition. We show $\Delta_{GV}$ as a function of $r - K$ colour in the bottom panel of Fig. 1 for our final grism spectroscopic sample that we describe in Sec. 4. This diagram can be thought of as a transformation of the $NUVrK$ colour-colour diagram where the bottom of the green valley is set at $\Delta_{GV} = 0$. It is expected that when galaxies quench, they move predominantly vertically (upward) in this diagram, with $\Delta_{GV}$ encoding their progress along their quenching track and $\Delta_{GV} = 0$ marking the bottom of the green valley. In this diagram, our green-valley boundaries are located at $\Delta_{GV} \approx -0.5$ mag and $\Delta_{GV} = 0.3$ mag on the blue and red sides of the plane, respectively.

The additional benefit of the $\Delta_{GV}$ parameter is its robustness against dust reddening (i.e., dust attenuation, $A_V$). As their dust content increases, and assuming a Calzetti et al. (2000) dust law, (dusty) star-forming galaxies move predominantly diagonally in the $NUVrK$ (or $UVJ$) colour-colour diagram, following the slanted locus of the blue-cloud galaxies (i.e., parallel to the separation between the blue cloud and the red sequence; Wytys et al. 2007; Williams et al. 2009; Patel et al. 2012). By transforming the $NUV - r$ axis with respect to the bottom of the green valley, $\Delta_{GV}$ colours are therefore not expected to evolve with $A_V$. In the bottom panel of Figure 1, dust content is only expected to displace galaxies horizontally, towards redder $r - K$ colours (supporting that quenching alone is expected to move galaxies vertically in this diagram, and that $\Delta_{GV}$ encodes their progress along their quenching track). In that respect, $\Delta_{GV}$ represents a dust-corrected colour, allowing us to derive the ($\Delta_{GV}$) colour evolution of galaxies as a function of their age using monotonic parametrizations of the colour-age relation (see Sec. 6.4).
4 SPECTROSCOPIC SAMPLE

4.1 Sample selection

We first match our grism spectroscopic data in GOODS-S and UDS (see Sec. 2.2) to our final photometric sample using 1.0″ sky-apertures and verify that no additional astrometric correction is needed. From this matched sample, we then only select sources that have photometric and Griz11 grism redshifts estimates that are consistent within 15% of (1 + z). We further reduce the sample to sources which have exposure times between 20,000 and 30,000 seconds (i.e., ~10 to 15 HST orbits) in the G102 grism to ensure sufficient SNR for the age- and metallicity-sensitive spectral features that are visible in the G102 grism in our redshift range. Note that almost all of these sources were also observed with the G141 grism, over 2 to 15 orbits, which extends their spectral coverage to longer wavelengths; these G141 data are also included in our analysis when available. Finally, we only keep in our sample galaxies which have reliable Griz11 grism redshifts as defined in the following way: (i) the Griz11 redshift fitting has converged (status = 6), (ii) the reduced chi-square of the redshift fitting is \( \chi^2 < 1.5 \), and (iii) the Griz11 redshift quality is \( q_z > -1.5 \), where \( q_z \) typically varies between -5 and 0, with values closer to 0 indicating higher redshift quality. To determine this Griz11 \( q_z > -1.5 \) threshold, we calibrated \( q_z \) using sources from our full grism dataset that have available spectroscopic redshifts from the literature provided in the Griz11 catalogues. Comparing the grism and spectroscopic redshifts of these sources, we find that a quality of \( q_z > -1.5 \) corresponds to \( \geq 60\% \) of the sources having grism and spectroscopic redshifts within 2% of (1 + \( z_{spec} \)), and \( \geq 75\% \) within 15% of (1 + \( z_{spec} \)). Higher \( q_z \) values naturally increase redshift purity but at the cost of sample size. We therefore choose a threshold of \( q_z > -1.5 \) as a trade-off between the two.

After applying the aforementioned quality cuts, our sample consists of a total of 265 sources (156 in GOODS-S and 109 in UDS) and constitutes the final grism sample that we use in Sec. 4.2 to derive the SFHs and physical parameters of our sources independently from their photometric physical parameters and rest-frame colours that we derived in Sec. 3.2. The bottom panel of Figure 1 shows the \( \Delta_{G_V} \) colour diagram of our final grism sample (coloured circles, colour-coded by sSFR) overlaid on our final photometric sample (grey points). In Figure 2 we show example 2D grism spectra from a star-forming (left panels) and a quiescent source (right panels) in our final spectroscopic sample. We show both the G102 and G141 data (top rows in each grism panel), as well as the Griz11 continuum models and the residuals, in the middle and bottom rows, respectively. The Figure shows the excellent modelling of the continuum for these two sources. As seen in the bottom panel, only the emission lines (namely, \( H_\beta \), [O\( III \)]\( 5007 \), and \( H_\alpha \)) remain visible for the star-forming source, while only the noise is seen in the residuals of the quiescent source.

In Figure 3, we show the stellar mass vs. redshift distribution of our final photometric (small points) and spectroscopic (diamonds) samples, colour-coded by \( \Delta_{G_V} \). For our final photometric sample (small points), the redshift is the photometric redshift derived from our SED-fitting procedure using MAGPHYS, while we show the Griz11 grism redshift for sources in our final spectroscopic sample (shown as diamonds).
quantities from the full population of quenching pathways at those redshifts. As seen in Figure 3, both photometric and spectroscopic samples cover the stellar mass range \( M_\ast \sim 10^{7.5} - 10^{11.5} M_\odot \). We use the full mass range when appropriate and also adopt a threshold of \( M_\ast = 10^{10} M_\odot \) to define a mass complete sample (see, e.g., Sec. 6.6.1). Grazian et al. (2015) derive the strict stellar mass completeness limit as a function of redshift up to \( z = 8 \) for a CANDELS GOODS-S and UDS H-band < 26 mag (AB) selected sample. They derive the completeness limit of the sample using maximally old galaxies from their template library, with formation redshift \( z_{\text{form}} \sim 20 \), dust extinction \( E(B-V) = 0.1 \), metallicity of \( Z = 0.2 Z_\odot \), and an exponentially declining SFH with declining time-scale of 0.1 Gyr. As seen in their Fig. 1, this completeness limit stays well below \( M_\ast = 10^{10} M_\odot \) at all redshifts up to \( z = 2 \). We therefore use this threshold of \( M_\ast = 10^{10} M_\odot \) to ensure a conservative mass completeness over our redshift range for all galaxy populations in our photometric sample. To assess the impact of our spectroscopic selection function on the stellar mass completeness, we also perform a KS-test statistic between the final photometric and spectroscopic samples. We use a sliding stellar mass threshold in the range \( M_\ast = 10^{8} - 10^{11.25} M_\odot \) in steps of 0.01 \( \log(M_\ast/M_\odot) \) and evaluate the KS-test statistic between the photometric and spectroscopic stellar mass distributions for galaxies with masses above that threshold at each step. For thresholds up to \( M_\ast \sim 10^{9.2} M_\odot \), we find \( p \)-values lower than 0.01 and can therefore confidently reject the null hypothesis that the distributions are identical. For thresholds above \( M_\ast \sim 10^{9.2} M_\odot \), we however cannot confidently reject the null hypothesis (i.e., we find \( p \)-values > 0.01). This indicates that our photometric mass completeness threshold of \( M_\ast = 10^{10} M_\odot \) also ensures the mass completeness of our spectroscopic sample.

### 4.2 Fitting of the grism data

Several broadband SED-fitting codes allow the user to fit 1D spectroscopic data (e.g., bagpipes, beagle, dense basis, prospector). However, these codes are generally not well adapted for the fitting of slitless grism spectroscopy which requires a source-dependent modelling of the model spectra to account for the spectroscopic smearing of adjacent pixels in the direct imaging. To date, GRIZLI is only one of a handful of publicly-available codes that perform forward-modelling of input model spectra and their fitting to the 2D grism data in the native slitless grism frames. It is the code that we use to fit our grism data. We use GRIZLI version 1.0.0.dev1365 at the time of this analysis.

To generate model spectra for GRIZLI, we use the PYTHON version of the Flexible Stellar Population Synthesis (FSPS) code (Conroy et al. 2009; Conroy & Gunn 2010). FSPS includes the Padova (Marigo et al. 2008), MIST (Paxton et al. 2011, 2013, 2015; Choi et al. 2016; Dotter 2016), PARSEC (Bressan et al. 2012), BaSTI (Pietrinferni et al. 2004), GENEVA (Ekström et al. 2012), and BPASS (Eldridge & Stanway 2009; Stanway & Eldridge 2018) stellar tracks and isochrones, as well as the MILES (Sánchez-Blázquez et al. 2006) and BaSeL (Westera et al. 2002) spectral templates. Here, we use the default combination of MIST and MILES tracks and templates, which assume solar metallicities of \( Z_\odot = 0.0142 \) (Asplund et al. 2009) and \( Z_\odot = 0.019 \), respectively.5 FSPS also includes Cloudy photoionization for nebular emission (Ferland et al. 2017), the Draine & Li (2007) dust emission models, and the

5 Note that while the assumed solar metallicities are different, FSPS interpolates the spectral library to the isochrone grid at fixed \( Z/Z_\odot \).

Villaume et al. (2015) AGB circumstellar dust models. For consistency with our broadband SED-fitting, we assume the Kroupa (2001) IMF and Calzetti et al. (2000) dust attenuation model, as well as delayed-\( \tau \) SFHs. In total, we use a set of four parameters in the fitting: age, \( \tau \), metallicity, and dust attenuation in the \( V \) band, \( A_V \), that we define in the same ranges and with the same uniform priors as for the photometric SED-fitting in Sec. 3.2. We do not fit again for redshift – which we fix to the GRIZLI redshift – and we use the same photoionization parameter as we did with bagpipes (i.e., \( \log_{10}(u) = -2 \)). Similarly to bagpipes, we also use a nested-sampling algorithm (Skilling 2004), here dynesty (Speagle 2020), to perform and optimize the exploration of the parameter space, the fitting convergence, and posterior estimation. Within dynesty, we use uniform parameter sampling to explore the parameter space, and the multiple bounding ellipsoids technique (Feroz et al. 2009) to iteratively reduce the prior volume. In the following, all the physical parameters we report are those derived from our spectroscopic (grism) fitting, except galaxy colours and stellar masses that we independently derive from our broadband SED fits (see Sec. 3.2). This independent fitting ensures that correlations between our spectroscopic and photometric measurements, if any, are primarily driven by the data and do not suffer from improper weighting between the datasets or from model-driven parameter correlations that could have occurred had we attempted to fit our photometric and (independent) spectroscopic datasets together.

### 5 SFH MODELS

As mentioned in the previous sections, we use delayed-\( \tau \) models (Eq. 1) to parametrize the star-formation histories in our spectroscopic (and photometric) SED-fitting procedures. To better understand the results of our grism SED-fitting, we here clarify the physical meaning of the parameters of these models, namely \( \tau \) and age.

In the top panel of Fig. 4 we show a representative delayed-\( \tau \) model. Age represents the time between the onset of star formation and the epoch of observation (i.e., the age of the oldest stellar population), while \( \tau \) represents the time between the onset of star formation and the time at which the SFR peaks (as can easily be shown by differentiating SFR(\( t \)) with respect to \( t \) in Eq. 1). Additionally, age–\( \tau \) represents the time since the peak of star formation for galaxies that have already passed that peak (i.e., galaxies on the declining phase of their SFH), or the remaining time to the peak for those that haven’t done so yet (i.e., galaxies still on their rising phase).

Next, for a galaxy that has passed its peak of star formation (i.e., age – \( \tau \) > 0), \( \tau / \text{age} \) gives the fraction of its life to date that the galaxy has spent increasing its star formation rate (i.e., spent in its rising phase), and (age – \( \tau \))/age gives the fraction of the galaxy’s current age that the galaxy has spent with its SFR declining (i.e., spent in its declining phase). Similarly (age – \( \tau \))/\( \tau \) is the ratio of times in the declining and increasing modes of star formation.

In the middle and bottom panels of Fig. 4 we additionally show three delayed-\( \tau \) models, normalized by their total integrated SFRs, with characteristic (i.e., rising-phase) time-scales of \( \tau = 0.25, 1.0 \) and 2.3 Gyr shown in orange, purple, and grey, respectively. The middle and bottom panels show these three galaxies seen at \( z = 1.25 \) Gyr and 3.5 Gyr, respectively. This shows that at similar ages, and/or SFRs, galaxies can be at various stages of their evolution (rising, near the peak, declining, or nearly or completely quenched) depending on their respective characteristic SFH time-scale, \( \tau \). Galaxies with similar values of \( \tau \) may form an evolutionary sequence that connects galaxies of the same SFH (i.e., the same \( \tau \))
observed at different times in their histories\(^6\). Although ideally, e.g., given a statistically large enough sample, formation redshifts (\(z_f = z_{\text{obs}} - \text{age}\)) and SFH normalizations (e.g., total masses at a given \(t\)) should also be considered when connecting galaxies on such SFH-based evolutionary sequences.

\(^6\) See also Abramson et al. (2016) for a detailed discussion of how log-normal SFHs may reproduce a number of observables in the Universe while only connecting galaxies through their \(\tau_{\log}\)-normal SFH parameter.

Figure 5 shows the stellar mass vs. \(\tau/\text{age}\) distribution of our final spectroscopic sample, colour-coded by \(\Delta_{\text{GV}}\). For each galaxy, we derive its \(\tau/\text{age}\) posterior distribution by randomly drawing 500 times from the age and \(\tau\) spectroscopic-fitting posterior distributions and evaluating \(\tau/\text{age}\) at each iteration. In the Figure, the data points and uncertainties represent the median and 68\% interval of the posterior distributions, respectively. We use the same approach to derive the other age – \(\tau\) quantities in the rest of the paper (i.e., \(\text{age} - \tau\), \(\text{age} - \tau/\text{age}\)). In the Figure, galaxies with \(\text{age}/\tau < 1\) are on the rising phase of their SFHs, while galaxies with \(\text{age}/\tau > 1\) are on the declining phase of their SFHs. We see that galaxies with photometric blue colours span a large range of stellar masses from about \(10^8\) to \(10^{10.5}M_\odot\) (~ 2.5 dex) and \(\text{age}/\tau\) from about \(10^{-7}\) to 10 (~ 2 dex) which includes both rising and declining phase galaxies, while galaxies with photometric red colours have masses spanning ~ 1.5 dex from about \(10^{9.8}\) to \(10^{11.3}M_\odot\) and \(\text{age}/\tau\) spanning ~ 0.5 dex around \(\tau/\text{age} = 10\) (i.e., these only include galaxies in the declining phase of their SFHs, with little remaining star-formation activity). While this is consistent with the gradual build-up of stellar mass as galaxies age and become red and quiescent, and also showcases the consistency between our spectroscopic and photometric measurements, we also see the effect of our selection function as well as galaxy downsizing (see text in Sec. 5 for details).
The distribution of (median) \( \tau \) values, derived using the median of the \( \tau \) posterior for each galaxy. The black solid line is the best-fitting Gaussian mixture model to the data, with the individual components shown as dashed lines. The best-fitting model is a three-component model, as determined by the Bayesian Information Criterion (BIC) shown in the inset panel. As the inset shows, the three-component model better describes the data than other models with one to five components. The vertical lines show the intersection between the components. We define three populations based on these separations: ‘fast’, which are objects with \( \tau < 0.5 \) Gyr, ‘intermediate’ which are those with \( 0.5 < \tau < 1.5 \) Gyr, and ‘slow’ which are objects with \( \tau > 1.5 \) Gyr. See the middle and bottom panels of Fig. 4 for example SFHs of these three populations. The yellow histogram, overlaid on the blue, represents the contribution of galaxies in the declining phase of their SFHs (i.e., age \( \tau > 0 \)) with respect to the total distribution. The grey histogram represents the contribution of rising-phase galaxies (i.e., age \( \tau < 0 \)).

## 6 RESULTS

### 6.1 Distribution of spectroscopic \( \tau \) values

Figure 6 shows the probability density distribution of the spectroscopically-derived \( \tau \) values of galaxies in our final sample, derived using the median of the \( \tau \) posterior for each galaxy. The distribution of (median) \( \tau \) values is clearly multi-modal. To identify different populations within the distribution, we fit the distribution with a Gaussian Mixture Model (Dempster et al. 1977) with up to 5 components and use the Bayesian Information Criterion (BIC; Schwarz 1978; Liddle 2007) to determine the best fitting model, which here is the three-component model, \( N_{\text{comp}} = 3 \). The three populations identified by this procedure are \( \tau < 0.5 \) Gyr, \( 0.5 < \tau < 1.5 \) Gyr, and \( \tau > 1.5 \) Gyr, which we refer to as the ‘fast’, ‘intermediate’ and ‘slow’ populations, respectively. Most of our galaxies are in the fast (25%) and slow (60%) populations, with only a small number in the intermediate population (15%). In the Figure, we also show the contribution of galaxies in the declining phase of their SFHs (i.e., \( \tau > 0 \); yellow histogram in the Figure) with respect to the total probability density distribution shown in blue. We observe that declining-phase galaxies almost entirely account for the total distribution at \( \tau < 1.5 \) Gyr. This can be expected, as by definition, a larger fraction of rapidly evolving galaxies at any redshift is expected to be observed after the peak of their SFHs compared to slowly evolving galaxies simply due to their shorter rising time-scales. On the other hand, the distribution for galaxies on the rising phase of their SFHs (shown in grey in the Figure), is uni-modal and is comprised almost exclusively of slowly evolving galaxies (i.e., galaxies with \( \tau > 1.5 \) Gyr). This can again be expected, as rapidly evolving galaxies may reach the peak of their SFHs within relatively short time-scales, and only remain visible in the declining phase of their SFHs thereafter. Inversely, only slowly evolving galaxies may remain visible on the rising phase of their SFHs for relatively long time-scales.

However, as we also discuss in Section 6.2, we have to caution the reader of the poor constrains imposed on the \( \tau \) values of rising-phase galaxies (comprised almost exclusively of \( \tau > 1.5 \) Gyr galaxies) as well as declining-phase galaxies with large \( \tau \) values, showing systematically large \( \tau \) uncertainties. In contrast, the \( \tau \) values of declining-phase galaxies with intermediate and small \( \tau \) values are better constrained by the data. These effects are seen in the full \( \tau \) posterior distributions of the galaxies in our sample, where galaxies with small and intermediate (median) \( \tau \) values (comprised exclusively of galaxies observed in the declining phase of their SFHs) have on average well constrained, Gaussian-shaped posteriors that span a few Myr, while galaxies with large (median) \( \tau \) values have on average flat posterior distributions over the range of \( \tau \sim 1.5 - 3.0 \) Gyr with a rapid cut-off at smaller \( \tau \). This indicates that while our grism fitting procedure is able to discriminate between short and long SFHs, it unfortunately cannot well discriminate between two SFHs with long, albeit different, \( \tau \) time-scales. While this might come as a potential bias, we note that we do not attempt in this work to further discriminate our sample beyond the three \( \tau \) populations derived here, and that most of our analysis in the next sections focuses on the fast \( \tau \)-population for which SFH parameters are relatively well constrained. The three models in the middle and bottom panels of Fig. 4 are schematic representations of these three \( \tau \)-populations (i.e., fast, intermediate, and slow), normalized by their total integrated SFHs in the Figure (i.e., to \( t \rightarrow +\infty \)).

### 6.2 Age-\( \tau \) diagrams

In Figure 7 we show the relation between age and \( \tau \) (both measured from spectroscopy) and galaxy \( NUVrK \) colours (measured from photometry). All panels are shown as a function of age \( \tau \) (in Gyr), which measures the time before (if negative) or after (if positive) the peak of a galaxy’s SFH. Furthermore, in all panels the points are colour-coded by their distance to the green valley, \( \Delta_{GV} \), which is shown as a function of \( r-K \) colour in the inset of the middle panel. In all panels, we also represent the three \( \tau \)-populations identified in Sec. 6.1 (i.e., fast, intermediate, and slow) with squares, triangles, and circles, respectively. We also show model tracks of constant \( \tau \) as dashed lines and age isochrones as dotted lines. By definition, stellar populations with delayed-star formation histories move along the constant-\( \tau \) tracks from left to right. Consequently, in this picture, galaxies located on lines of constant \( \tau \) may be thought to form an evolutionary sequence.

In the top panel of Fig. 7 we first investigate how the elapsed (or remaining) time since (until) the peak of star-formation compares to the rising time-scale (i.e., \( \tau = (\tau - t)/\tau \)). By definition, galaxies in the lower left quadrant have rising SFRs, and those in the upper right quadrant have declining SFRs. In this context, we see a clear correspondence between the \( \tau \) and age tracks, spectroscopic \( \tau \) and age measurements, and the photometric colours. First, the lower left quadrant (galaxies with rising SFRs) contains only galaxies that are photometrically classified as being in the blue cloud (i.e., star-forming). In other words, our spectroscopic measurements confirm that galaxies with rising SFRs are all photometrically classified as star-forming. In contrast, the upper right quadrant, which shows galaxies with declining SFRs, is populated by galaxies of all photometric types: blue cloud, green valley, and red sequence. In other words, galaxies with declining star formation
Across the Green Valley

histories can be found in all regions of the NUVrK diagram, and may still be strongly star-forming, already quiescent, or anywhere in between. However, galaxies populate different regions of the age-$\tau$ diagram depending on their photometric colours. Specifically, photometrically-classified blue-cloud galaxies (blue symbols) cover the full range of ages for the slow $\tau$ tracks, and only cover young ages on the faster tracks. Inversely, photometrically-classified red-sequence galaxies (red symbols) mainly populate the faster $\tau$ tracks from intermediate to the oldest ages, while green-valley galaxies (yellow and orange points) only cover intermediate ages for the faster $\tau$ tracks and older ages for slower tracks.

Overall, all three photometric galaxy populations (blue, green, red) are present on the diagram and tend to follow trends indicative of a clear evolutionary sequence along fixed $\tau$ tracks. In particular, for the faster SFHs (small $\tau$ values) we see galaxies on a photometric colour sequence (correlated to spectroscopic age) from the blue cloud to the green valley and then to the red sequence. For the slower tracks (large $\tau$ values), the absence of red galaxies indicate that we are seeing galaxies whose SFHs are already declining but which, given their long decline times, have not yet had time to leave the blue cloud within the relatively short Hubble time at these redshifts (the Universe is 3.6 Gyr old at $z = 1.8$, 4.2 Gyr old at $z = 1.5$, and 5.8 Gyr old at $z = 1.0$). Finally, we note that at least for the faster tracks ($\tau < 0.5$ Gyr), galaxies seem to be going through their transitional phase (i.e., leaving the blue cloud) when (age $- \tau$) is roughly almost an order of magnitude larger than $\tau$; i.e., galaxies move away from the (photometric) blue cloud when they have spent almost $\sim 10^4$ more time in the declining phase than in the rising phase of their SFHs.

In the middle and bottom panels of Figure 7 we investigate the fractional times that galaxies spend in either the rising or declining phases of their SFHs. In the middle panel we focus on galaxies in their rising phase, and show the completed fractional time to the peak of star formation, which we define as $f_{rise} = age/\tau$. Galaxies with $f_{rise} \sim 0$ just started to form stars, while galaxies with $f_{rise} \sim 1$ are just reaching the peak of their star formation. Galaxy positions cannot be well constrained for these objects, as is indicated by the large error bars and the alignment of points in the diagram. Following our discussion in Sec. 6.1, we conclude that, at least with the present spectroscopic data, we cannot precisely determine the star formation history (i.e., $\tau$ parameter) of a galaxy in its rising phase of star formation.

In the bottom panel of Figure 7 we focus on the star formation histories of declining-phase galaxies. In contrast to rising-phase galaxies, we show the fractional time a galaxy has spent in its declining phase with respect to its total age. We define this as $f_{fall} = (age - \tau)/age$. An object with $f_{fall} = 0.5$ has spent as much time in its rising phase as in its declining phase. As can be seen in the Figure, such $f_{fall} \sim 0.5$ objects remain in the (photometric) star-forming blue cloud. In other words, galaxies that have spent a significant amount of their lifetime with declining star-formation rates may still be photometrically classified as star-forming. Roughly, galaxies seem to move away from the photometric blue cloud only when $f_{fall} \gtrsim 0.8$, which corresponds to mass fractions of $\gtrsim 0.95$ of their total final masses as evaluated by integrating over their total SFHs (i.e., to age $\to +\infty$). This seems to indicate that stellar mass build-up is minimal once a galaxy leaves the blue cloud and enters the green valley; this phase contributes just a few percent of the galaxy’s total, final expected mass. This suggests that lower bound thresholds for quenching time-scale definitions based on the fraction of mass a galaxy has formed (often measured from their SFHs) should be carefully chosen and may need to be as high.

![Figure 7](image_url)

Figure 7. Age $- \tau$ diagram. Top: $(age - \tau)/\tau$ vs. age $- \tau$. For positive age $- \tau$, this panel shows how the declining time-scale $(age - \tau)$ compares to the rising time-scale ($\tau$) as a function of time since the peak of star-formation. For negative age $- \tau$, it shows the remaining fractional time (in negative values) for a galaxy to reach its peak of star-formation. Middle: This panel, related to the top panel’s lower left quadrant, shows the completed fractional time to the peak of star-formation ($f_{rise} = age/\tau$) for galaxies in their rising phase (age $- \tau < 0$). Bottom: Related to the top panel’s upper right quadrant, this panel shows the fractional time a galaxy has spent on its declining phase with respect to its age ($f_{fall} = (age - \tau)/age$). In this panel, we only show galaxies that are past their peak of star-formation. In all panels, data points are colour coded by their distance to the green valley, $\Delta_{GV}$, which is shown in the inset as a function of $r-K$ colour. Additionally, squares indicate the fast population as shown in Fig. 6 ($\tau < 0.5$ Gyr), triangles the intermediate population ($0.5 < \tau < 1.5$ Gyr), and circles the slow population ($\tau > 1.5$ Gyr). In all panels, we also show tracks of constant $\tau$ as dashed lines ($\tau = 0.1, 0.2, 0.5, 1.3, 3.0$ Gyr) and age isochrones as dotted lines (age $=0.1, 0.5, 1, 2, 3, 4, 5$ Gyr).
as 95% to correspond to transition time-scales derived from colour definitions such as in this work.

6.3 Spectroscopic properties of our different populations

Figures 8 and 9 present the stacked rest-frame spectra of our different galaxy populations, grouped with respect to (spectroscopic) τ and (photometric) ΔGV colour. To create the stacks, we first interpolate all G102 and G141 spectra to a common rest-frame wavelength grid of Δλrest = 8 Å and Δλrest = 16 Å, respectively, and normalize them to the source observed flux densities in the F105W-band. We additionally mask all spectral regions that either have a SNR < 3 per resolution element or have contamination from neighboring objects that is above 25% of the source flux. For each rest-frame wavelength covered by at least five sources, we then average-stack the spectra by inverse-variance weighting, and bootstrap resample 500 times to estimate the uncertainties in our stacking. We repeat this procedure for each population of interest.

In Figure 8 we examine the stacked spectra of the (photometric) blue-cloud galaxies (i.e., ΔGV < −0.5 mag) with respect to our three (spectroscopic) τ-populations as defined in Sec. 6.1 (i.e., fast, τ < 0.5 Gyr; intermediate, 0.5 < τ < 1.5 Gyr; and slow, τ > 1.5 Gyr). As expected of star-forming galaxies, the blue-cloud galaxies of the fast, intermediate, and slow τ-populations (shown in the bottom, middle and top panels of the Figure, respectively) reveal spectral emission lines (Hα/[S ii]λ6725, [O iii]λ5007/Hβ, and [O ii]λ3727) indicative of on-going star-formation activity (e.g., Kennicutt 1998; Kewley et al. 2004; Moustakas et al. 2006). Moreover, the spectra do not show significant 4000Å breaks or strong metallic absorption lines indicative of more evolved stellar populations (e.g., Bruzual A. 1983; Hamilton 1985; Jaskch & Jaskch 1995; Bruzual & Charlot 2003), which confirms that blue NUV/rK-selected galaxies are indeed star-forming, and predominantly young (i.e., dominated by light from young stars). The slow τ-population, however, shows much stronger emission lines than the intermediate and fast blue-cloud galaxies, with the intermediate population only displaying moderate Hα and moderate to weak [O iii]λ5007 & [O ii]λ3727, and the fast population only revealing moderate Hα emission (and perhaps some weak absorption lines). Unless these spectral features are due to AGN contamination, this trend is consistent with galaxies on slow tracks being visible over longer times near the peak of their star formation compared to rapidly evolving galaxies, and therefore showing on average higher star-formation rates. As seen in Figure 7 (as well as in Fig. 10 in the next Section), this seems to be supported by our data where all of our blue-cloud galaxies on fast tracks are seen on the declining phase of their SFHs while blue-cloud galaxies on slower tracks are also seen around or before the peak of their SFHs. Consequently, a higher fraction of our fast blue-cloud galaxies are near the transition to the green-valley region compared to the slow population, which might further reduce the average emission line strength of our fast blue-cloud population. It is beyond the scope of this paper to further explore these potential effects.

Next, in Figure 9, we examine the stacked spectra of our (spectroscopic) fast-τ galaxies in the (photometric) blue-cloud, green-
valley, and red-sequence regions\(^7\). As also seen in Fig. 8, the (fast-\(\tau\)) blue-cloud galaxies (bottom panel in the Figure) show moderate H\(\alpha\) emission and no other significant spectral features, consistent with ongoing star formation activity. On the other hand, the green-valley galaxies (middle panel) already present a significant 4000Å break and several moderate to weak absorption lines (namely, Ca \(\text{H} \& \text{K}, \text{H}\(\alpha\), G-band and/or H\(\gamma\), and H\(\beta\)), and only reveal weak to very weak H\(\alpha\) emission. The appearance of the 4000Å break in the green-valley spectrum is expected, since spectral synthesis models show that the 4000Å break appears rather quickly (~100 Myr after the cessation or decline of star-formation activity) and subsequently grows only slowly with time (see, e.g., Fig. 4 in Bruzual A. & Charlot 1993). The absorption lines seen in the green-valley spectrum have also been shown to be associated with the presence of a significant number of cool, late-type stars in galaxy spectra (i.e., typically A to G types, Jaschek & Jaschek 1995), while the level of H\(\alpha\) emission seen in the stacked spectra indicates only low-level, residual star-formation activity, unless significantly dust-absorbed. The presence of these spectral features is consistent with the ageing of the stellar populations and the ongoing quenching of previously blue, star-forming galaxies now moved into the green valley. In the top panel of Figure 9, which shows the stacked spectra of the red-sequence population, we again see the presence of the 4000Å break and the previously identified absorption lines characteristic of relatively old stellar populations. In contrast to the other panels, we do not see any residual emission lines commonly associated with star-formation activity, and we identify the presence of moderate to strong Mg and Na absorption lines, not seen in the other stacks. While Mg and Na are also commonly associated with old stellar populations, they typically show strong absorption in cooler, later star-types than the previously mentioned lines (roughly F to K-types, and K to M-types, respectively, although they weakly start to appear in the stellar photospheres of slightly earlier stellar types; Jaschek & Jaschek 1995). Together, this is consistent with the further ageing of the stellar populations for the red-sequence population compared to the blue cloud and the green valley, as well as the further (and likely near complete) cessation of star formation.

Overall, these behaviours are consistent with the gradual stellar population ageing and SFR decline of our fast \(\tau\)-population from the blue cloud, through the green valley, and on to the red sequence. Consequently, by securely resolving the green valley using the \(\nu VrK\) diagram and spectroscopically examining the galaxies therein, we support the picture whereby green-valley galaxies are intermediate in evolutionary state between the star-forming and quiescent populations and, indeed, lie on a blue-cloud \(\rightarrow\) green-valley \(\rightarrow\) red-sequence quenching time-sequence.

6.4 The galaxy colour-age relation

As seen in Figure 7, there is a clear relationship between galaxy age and colour at fixed \(\tau\), which is also supported by our visual inspection of the stacked spectra in the previous Section (i.e., Fig. 8 & 9). For each of the three \(\tau\)-populations defined in Sec. 6.1, we quantitatively derive the colour evolution of its galaxies, quantified by \(\Delta_{GV}\), as a function of their age. In an attempt to better connect

\(^{7}\) Note that we cannot investigate the stacked spectra of our intermediate and fast \(\tau\) galaxies in the green-valley and red-sequence regions as our sample contains too few or no such galaxies. This can be seen in Fig. 7 and is further observed in Fig. 11 as well.
terms of final total masses, $M_{T,f}$, as a function of age/$\tau$. In the Figure, galaxies move horizontally from left to right as they age and become red. We create two samples, a first statistical sample that includes all galaxies with $M_{T,f} > 10^{9} M_\odot$ (hereafter S1), and a refined sample that only includes galaxies with $M_{T,f} > 10^{10} M_\odot$ (hereafter S2). We use the same thresholds to create similar samples for the intermediate and slow $\tau$-populations, but in the following (i.e., Fig. 11) we only show results for the $M_{T,f} > 10^{9} M_\odot$ samples as they do not differ from the higher mass samples for these two $\tau$-populations. While our S1 samples are statistically more significant than our S2 samples, they contain galaxies with a large range of final masses which could present a potential bias (e.g., as seen in Figure 10, our sample does not capture the red descendants of our fast-$\tau$. $M_{T,f} < 10^{10} M_\odot$ blue galaxies). On the other hand, our refined, S2 samples ensure that galaxies not only follow similar $\tau$-tracks (i.e., have similar SFH shapes) but also follow more consistent stellar mass build-up (i.e., have similar SFH normalizations), albeit at the cost of sample size. Note that for the fast-$\tau$ population, the S1 sample is comprised of 65 sources, including 37, 12, and 16 in the blue cloud, green valley, and red sequence, respectively. On the other hand, the S2 sample is lacking the $M_{T,f} < 10^{10} M_\odot$ sources of the S1 sample, which are all blue-cloud galaxies, and is comprised of 45 sources, including 17, 12, and 16 in the blue cloud, green valley, and red sequence, respectively. For both S1 & S2 fast-$\tau$ samples, the stellar mass ($M_\ast$) and final total mass ($M_{T,f}$) distributions are almost identical, only offset by an approximately constant ~0.2 dex due to (i) the mass difference between living stellar mass ($M_\ast$) and total mass formed ($M_{T,f}$), and (ii) the minimal remaining stellar mass build-up for galaxies that have already spent a significant amount of time on the declining phase of their SFHs, which includes all fast-$\tau$ galaxies in our sample (see Sec. 6.2 and Fig. 10, respectively).

To derive each colour-age relation, we fit linear models to the data with the Markov Chain Monte Carlo (MCMC) python sampler EMCEE (Foreman-Mackey et al. 2013). For the fast $\tau$-population, which covers the full range of photometric colours (blue-cloud, green-valley, and red-sequence galaxies), we first fit the S1 galaxies with a model (hereafter Model 1) consisting of three contiguous segments defined by a total of six free parameters: the slopes of the three segments, the zero-point of the first segment, and the two break-points between the three segments. This choice of modelling allows us to fit the colour-age relation irrespective of our boundaries for what constitutes the blue cloud, the green valley and the red sequence. We only use single slope models for the intermediate and slow $\tau$-populations which only cover the range of blue photometric colours. In all fits, we also include a nuisance parameter and we use 32 walkers for a total of 20,000 steps with a burn-in of 4000 and a thinning of 10. In Figure 11 we show the medians (solid lines) and 68% intervals (shaded areas) of the models for the fast, intermediate and slow $\tau$-populations in orange, purple, and grey, respectively. As seen in the Figure, the fast population shows the most colour evolution with time (i.e., with galaxy age). First, this population leaves the blue cloud at age ~2.4 Gyr, shows an acceleration in colour change slightly before its galaxies enter the green valley, and finally reaches the red sequence at age ~3.2 Gyr with some flattening of the colour evolution (albeit marginal in this model). As expected, the other two $\tau$-populations show flatter trends over the full range of galaxy ages, with changes of less than $\Delta_{GV}$~1 mag within ~4 Gyr of evolution. In the time available at these redshifts, these slower populations never reach the green valley or the red sequence, as was also seen in Figure 7.

To explore systematic effects in our derived colour-age relation of the fast-$\tau$ population, we also fit the data in the following ways:

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8 While $M_{T,f}$, defined in Sec. 3.2, represents the total mass formed up to the redshift of observation (i.e., $M_{T,f} = \int_{0}^{z_{\text{obs}}} SFR(t) dt$), $M_{T,f}$ represents here the final total mass formed after a given galaxy will have ceased forming new stars according to its SFH, i.e., $M_{T,f} = \int_{0}^{\text{age}} SFR(t) dt$. 

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Figure 10. Evolutionary sequence selection in terms of final total mass, $M_{T,f}$, vs. age/$\tau$ for the fast-$\tau$ population, colour-coded by $\Delta_{GV}$. In this diagram, galaxies move horizontally from left to right as they age and become red. Galaxies that have similar final total masses, $M_{T,f}$, form a consistent evolutionary sequence. Because of limited statistics, we create two samples only. Sample 1 (S1) which imposes no selection in final total mass and includes all galaxies with $M_{T,f} > 10^{9} M_\odot$, and Sample 2 (S2) which only includes galaxies with final total masses $M_{T,f} > 10^{10} M_\odot$. We apply the same selection criteria to create S1 and S2 samples for the intermediate and slow $\tau$-populations.

Figure 11. Distance to the bottom of the green valley, $\Delta_{GV}$, versus age for each $\tau$ population (fast, intermediate and slow, shown in orange, purple, and grey, respectively). For each population, the solid line and shaded area represent the median and 68% interval of the derived colour-age relation. The relation for the fast-$\tau$ population (orange) is derived using a three-slope model, while we use single-slope models to derive the relations of the intermediate (purple) and slow (grey) populations (see Sec. 6.4 for details). In this model, the fast- $\tau$ galaxies take ~0.8 Gyr to cross the green valley, starting at age ~2.4 Gyr. Slower- $\tau$ galaxies show shallow colour evolution, and stay within the blue cloud at the redshifts probed here.

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galaxies on consistent evolutionary sequences, we further divide each $\tau$-population into bins of galaxy final total masses, $M_{T,f}$, as defined by integrating over the individual galaxies’ total SFHs (i.e., to age $\rightarrow +\infty$).  

Figure 10 shows our selection for the fast $\tau$-population, in
reach the lower boundary of the green-valley region (i.e., Fig. 11, the lines and shaded areas represent the median and (same as Fig. 11), but for the five fast-\(r\) models explored in Sec. 6.4. As in Fig. 11, the lines and shaded areas represent the median and 68% interval of the derived colour-age relation for each model, through MCMC fitting of the data. Models 1 & 2 are based on the fitting of the fast-\(r\) S1 sample, while Models 3, 4, & 5 are based on the fitting of the S2 sample (see Fig. 10 and Sec. 6.4 for details on the Samples and Models). The inset shows the derived colour-age relation from all five models combined. Again, the line and grey shaded area represent the median and 68% interval of the relation. The relation is steady in the blue cloud, accelerates in the green valley, and subsequently flattens in the red sequence.

(a) we first adjust our Model 1 parameters by constraining the model break-points to our green-valley boundaries as defined in Sec. 3.3 (i.e., \(\Delta G_V = -0.5\) and 0.3 mag); this imposes that each photometric region defined here (blue-cloud, green-valley, and red-sequence) is fitted with a single slope, we call this Model 2; (b) we also fit S2 galaxies (i.e., \(M_{\text{rf}} > 10^{10} M_\odot\)) following the approaches of Model 1 and Model 2, hereafter referring to them as Model 3 and Model 4, respectively; (c) last, we also fit S2 galaxies with a single slope model, hereafter Model 5. Figure 12 shows the derived colour-age relations from the five models. Model 2, shown in red, is consistent with Model 1 in the blue-cloud and green-valley regions and shows a flatter slope in the red sequence. Despite the smaller number of galaxies in the S2 sample, especially at young ages (i.e., \(\lesssim 2\) Gyr) in the blue cloud (7 sources compared to 18 in the S1 sample), Models 3, 4, and 5 have similar slopes to those of Models 1 and 2 in the green valley, albeit slightly shallower and entering the green valley at younger ages. Additionally, Models 3 and 4, similarly to Model 2, show a flattening of the colour-age relation at \(\Delta G_V \gtrsim 0.3\) mag, consistent with galaxies experiencing no further significant colour evolution and resting in the red sequence after quenching. Albeit not informative with respect to potential differences between the colour regions, the simpler single-slope Model 5, shown in yellow in Figure 12, is globally consistent with the range of colours and ages of the other models. The inset in the Figure shows the median and 68% interval of all five models combined, derived by randomly drawing 500 samples from the posterior distribution of each colour-age relation. It shows and confirms that, on average, the galaxy colour-age relation is steady in the blue cloud, accelerates in the green valley, and subsequently flattens in the red sequence.

From the combined colour-age relation (inset panel in Fig. 12), we can measure the average time required for a fast-\(r\) galaxy to reach the lower boundary of the green-valley region (i.e., \(\Delta G_V = -0.5\) mag). We measure this time to be 1.81\(^{+0.5}_{-1.3}\) Gyr. For our fast-\(r\) population, we also measure a median \(r\) value of \(-0.25\) Gyr. Taken at face value, this indicates that, on average, galaxies reaching the lower boundary of the green valley have already spent a significant amount of time on the declining phase of their SFHs (i.e., with declining SFRs), about \(\approx 1.5\) Gyr at the redshifts probed here. This represents the time between the peak of a galaxy’s SFR and when it enters the green-valley region as defined in our work, and roughly represents 1.5/1.8 \(\sim 80\%\) of the galaxies’ lifetime (i.e., age) at the time that they enter the green valley. This is consistent with our previous results from Sec. 6.2 (bottom panel in Fig. 7), where we find that galaxies on fast-\(r\)-track only leave the photometric blue cloud after they have spent up to \(\sim 80\%\) of their lifetime (i.e., age) on the declining phase of their SFHs.

### 6.5 Green-Valley crossing time

#### 6.5.1 Green-Valley crossing time and crossing rate

In this Section we use the derived colour-age relations of the fast-\(r\) population to constrain the galaxy transition time-scale through the green valley. The top panel of Figure 13 shows the derived green-valley crossing time-scales, \(t_{GV}\), of the five models of Sec. 6.4. This time-scale is here defined as the time difference between \(\Delta G_V = 0.3\) mag (i.e., our red-sequence/green-valley boundary) and \(\Delta G_V = -0.5\) mag (i.e., our green-valley/blue-cloud boundary) in the colour-age relations. While the fits to the S1 galaxy sample (i.e., Models 1 and 2) show slightly faster crossing time-scales compared to the fits to the S2 sample (i.e., Models 3, 4, and 5), all time-scales are roughly consistent within the uncertainties, and we measure a global, combined \(t_{GV}\) of 0.99\(^{+0.42}_{-0.25}\) Gyr. In the Figure, the data points and uncertainty ranges represent the medians and 68% intervals of each \(t_{GV}\) measurement, derived by measuring \(t_{GV}\) on 500 samples randomly-drawn from the posterior distribution of each colour-age relation, separately. We show the combined median and 68% interval from the five models as the solid and dashed lines, respectively, derived by randomly drawing 500 samples from the \(t_{GV}\) distribution of each individual model. Our result suggests that on average, all the galaxies populating the green valley at the redshifts of our sample, will have transitioned to the red sequence within \(\sim 1\) Gyr.

One of the complications of discussing green-valley crossing time-scales is that such measurements depend on the width of the green valley, which is likely different in different studies. To present a more universal quantity, we also consider the instantaneous crossing rate at the bottom of the green valley. In the bottom panel of Figure 13, we show the galaxy crossing rate at the bottom of the green valley, \(d(\Delta G_V = 0)/dt\), measured from our data and reported in mag/Gyr, where magnitudes correspond to \(\Delta G_V\) colours (i.e., \(NUV - r\) magnitudes). This represents the rate at which galaxies are progressing on the colour-colour diagram as they cross the lowest density region between the blue cloud and the red sequence. As in the top panel of Figure 13, individual points represent each of our five fitting models and the solid and dashed lines represent the median and 68% interval of all models combined, all derived similarly as for our \(t_{GV}\) measurements. While individual points show some differences, they are again consistent within the uncertainties, and we measure a combined crossing rate at the bottom of the green valley of 0.82\(^{+0.27}_{-0.25}\) mag/Gyr. While our measured green-valley transition time-scale of 0.99\(^{+0.42}_{-0.25}\) Gyr depends on the definition of our green-valley boundaries, we note that the crossing rate at the bottom of the green valley measured here is independent from such choices and may represent a more robust measurement of the crossing rate of galaxies as they transition from the blue, star-forming region to the red, quiescent region of the \(NUV + rK\) colour-colour.
As already emphasized, note that defining green-valley galaxies in the ($u$–$r$) colour
dimensional cuts is somewhat arbitrary (e.g., Ilbert et al. 2018) who independently estimate lower limits on the transition
time-scales of $M_* > 10^{10.6} M_\odot$ post-starburst (PSB) and green-valley galaxies from the GAMA survey at $z = 0.05$ – 1.0. In their work, they define PSB and green-valley galaxies from a Principal Component Analysis introduced in Wild et al. (2007, 2009) based on spectral indices related to the strength of the 4000Å break and the excess of the Balmer absorption lines, and derive their time-scales based on the comparison of the SMFs of the two populations to that of the red sequence. Assuming that the growth of the quiescent population is entirely due to their green-valley population (i.e., assuming no contribution from the PSB galaxies), they find a constant transition time-scale of 2.6–0.3 Gyr over $z = 0.05$ – 1.0, which they indicate may represent a lower limit estimate as both green-valley and PSB populations may, in reality, be transitioning to the red sequence. Inversely, the same authors find a transition time-scale through the PSB phase at $z = 0.7$ of 0.5–0.1 Gyr, assuming that the green-valley population does not contribute to the growth of the quiescent population. In other words, according to these authors, PSB galaxies could entirely account for the growth of the quiescent population at $z > 0.7$ given a visibility time-scale of $\sim 0.5$ Gyr for these galaxies. We further discuss the visibility time-scales of PSB and green-valley galaxies and their implications with respect to the growth of the quiescent population in Section 6.6.

Additionally, Moutard et al. (2016b) estimate green-valley crossing time-scales at $0.2 < z < 0.5$ by comparing the colour evolution of BC03 models to the distribution of $M_* > 10^{10.8} M_\odot$ galaxies in the NUVrK diagram. In their work, they use a sample of galaxies from the VIPERS (Guzzo et al. 2014) Multi-Lambda Survey (VIPERS-MLS; Moutard et al. 2016a) and, similarly to our work, define the green valley in relation to the lowest density region number densities between their transitioning and quiescent populations

\[ M_* > 10^{10.9} M_\odot \]

in the NUVrK diagram reduces the contamination from the star-forming and quiescent populations compared to other methods employing, e.g., U-band to optical colours (see Siudek et al. 2018; Moutard et al. 2020b). Careful considerations should therefore be taken when comparing time-scales derived using different methodologies, and we here do not attempt to compare different results beyond general trends.

6.5.2 Comparison to the literature

The current literature lacks comparable (i.e., NUVrK-based) estimates of the transition time-scale of green-valley galaxies at the redshifts probed in this work. We therefore compare our results to that of other approaches and to that of lower-redshift NUVrK studies. At similar redshifts to ours, Pandya et al. (2017) estimate transition time-scales based on the identification of star-forming, transitioning, and quiescent galaxies in the sSFR-$M_*$ plane. Using a sample of $M_* > 10^9 M_\odot$ galaxies within $0.5 < z < 3$ from CANDELS complemented by the GAMA survey (Driver et al. 2011; Liske et al. 2015) at low redshifts (i.e., $0.005 < z < 0.12$), they define such transitioning galaxies as the objects within 1.5$\sigma$ to 3.5$\sigma$ below the fits to the star-forming main sequence (SFMS) in seven redshift bins up to $z = 3$. Estimating the $M_* > 10^{10} M_\odot$ galaxy number densities of each population (i.e., star-forming, transitioning, and quiescent), they then estimate the galaxy transition time-scale through the transition phase based on the relative change in

\[ \Delta \mathcal{G}_V = \frac{d}{dt} (\text{mag}/\text{Gyr}) \]

Table 1 summarizes the measured green-valley crossing time-scales ($t_{\mathcal{G}_V}$) and crossing rates at the bottom of the green valley ($d(\Delta \mathcal{G}_V = 0)/dt$) for the five models explored here as well as for all the models combined.

Figure 13. Top panel: measured green-valley crossing time-scales ($t_{\mathcal{G}_V}$) in Gyr, for each model as described in Sec. 6.4. The solid and dashed lines represent the median and 68% interval of all five models combined. We measure a combined green-valley crossing time-scale of 0.99$^{+0.42}_{-0.25}$ Gyr. Bottom panel: same as the top panel but for our measured crossing rates at the bottom of the green valley ($d(\Delta \mathcal{G}_V = 0)/dt$), in mag per Gyr. Again, the solid and dashed lines represent the median and 68% interval of all five models combined, and we measure a combined crossing rate at the bottom of the green valley of 0.82$^{+0.27}_{-0.32}$ mag/Gyr. Table 1 summarizes the measured time-scales for each model.
between the blue cloud and the red sequence in the NUVrK diagram. Exploring a suite of SFHs of constant star-formation followed by an exponential decline and tracking the NUVrK colours of these models with respect to the observed NUVrK distribution, they show that the models most consistent with their observations allow a range of crossing time-scales within about 1 to 3.5 Gyr at 0.2 < z < 0.5. They conclude that the building of the M* ∼ 10^{10.6} M☉ quiescent population must be driven by slow quenching mechanisms at these redshifts. This is consistent with the other studies at similar redshifts discussed above, and, assuming a gradual lengthening of quenching time-scales over time, it is in overall agreement with our measured crossing time-scale of 0.99^{+0.42}_{-0.25} Gyr at z = 1.0 − 1.8. Note that these results are also consistent with the individual time-scales we measure for each combination of model and sample (Models 1 to 5, and samples S1 & S2, see Table 1). It is worth mentioning that this includes Models 3, 4, & 5 for which the range of galaxy stellar masses considered (i.e., the S2 sample, M_{TF} > 10^{10} M☉) might be more similar to the studies mentioned here, compared to Models 1 & 2 which include our entire fast-τ population (i.e., the S1 sample). Note, however, that the small size of our S2 sample, and especially its apparent lack of young blue galaxies (7 sources with ages < 2 Gyr compared to 18 for the S1 sample), are a potential bias of Models 3, 4, & 5, and we therefore do not attempt a more detailed comparison of our individual time-scales to that of the literature beyond the global trends mentioned here.

### 6.6 Growth of the quiescent galaxy stellar mass function

#### 6.6.1 Growth of the red sequence

Stellar mass functions (SMFs) have been widely used in the literature to investigate stellar mass build-up through cosmic time and understand differences in the growth of stellar mass for different galaxy populations within a wide range of cosmic epochs (e.g., Ilbert et al. 2010, 2013; Muzzin et al. 2013; Mortlock et al. 2015; Huertas-Company et al. 2016; Moutard et al. 2016b; Davidson et al. 2017; Arcila-Osejo et al. 2019; Kavirwanchilakij et al. 2020; McLeod et al. 2021). At low to intermediate redshifts, it is now fairly well accepted that the growth of the quiescent galaxy SMF is primarily driven by two different processes: mass-quenching at high masses (i.e., M > M_{TR} > 10^{10} M☉) and environmental quenching at lower masses (e.g., Peng et al. 2010), which result in quiescent SMFs that are comprised of two components, each described by a Schechter (1976) function. In this scenario, it can be assumed that the shape of each component is independent of redshift and follows the Schechter functional form, with fixed turnover mass (M_{TR}) and low-mass slope coefficients (α1, α2), while only the normalizations of the quiescent galaxy number densities (φ1, φ2) evolve, separately, for each component (Peng et al. 2010). Evidence for this growth scenario of the quiescent SMF is seen observationally both in the local Universe (Peng et al. 2010; Baldry et al. 2012) and up to intermediate redshifts (z ∼ 1.5, Arcila-Osejo & Sawicki 2013; Arcila-Osejo et al. 2019; McLeod et al. 2021), and these SMF results support the idea that mass-quenching has been the dominant mechanism for the growth of the massive quiescent galaxy population over the past ∼ 9 Gyr of cosmic time.

However, this scenario assumes that galaxies move from the blue cloud to populate the quiescent SMF, whereby, by construction, they must first transition through the green valley. Many of the crossing time measurements in the literature rely on this assumption to derive their crossing time-scales (Sec. 6.5.2), while our own crossing time measurements do not (Sec. 6.5.1). We can therefore test this growth scenario by checking whether there exists sufficiently many such transitioning galaxies to account for the growth of the quiescent galaxy population in the young Universe. As seen in Sec. 6.5.1, galaxies currently in the green valley at our redshifts will have all transitioned to the red sequence on the time-scale t = t_{GVR} ∼ 1 Gyr. Using this time-scale and our green-valley and red-sequence number densities we can therefore predict the growth rate of the red-sequence population within t = 1 Gyr of evolution at our redshifts, and compare it to the growth rate of the quiescent SMFs from the literature at these epochs.

We derive our galaxy number densities for our green-valley and red-sequence populations using our final photometric sample down to stellar masses of 10^{10} M☉. As mentioned in Sec. 4.1, this threshold ensures a conservative mass completeness over our redshift range for all galaxy populations (see, e.g., Fig. 1 in Grazian et al. 2015). To test for systematic effects, we also use a more relaxed (10^{9.5} M☉) and a more conservative (10^{10.5} M☉) threshold, and find that doing so doesn’t change our results. We therefore only report results using our 10^{10} M☉ mass threshold. We find equivalent galaxy number densities between our green-valley and red-sequence populations (150 and 174 sources over our photometric volume within z_{phot} = 1.0 − 1.8, respectively). Albeit statistically poorer, we also find equivalent number densities between both populations when using our spectroscopic sample down to the same stellar mass threshold (10 and 12 sources over our spectroscopic volume
Figure 14. Growth of the quiescent $\phi^r$ as a function of redshift. The data points show the measured $\phi^r$ of the quiescent SMFs from different surveys in the literature. The black arrows are an independent measurement and represent our predicted $\phi^r$ growth based on our derived green-valley crossing time-scale, $t_{GV}$, and our mass-complete green-valley and red-sequence galaxy number densities (see details in Sec. 6.6). The arrows and shaded areas represent the medians and 68% intervals of our $\phi^r$ growth predictions over 1 Gyr of evolution, where 1 Gyr corresponds to the green-valley crossing time-scale from our data (i.e., $t_{GV} = 0.99^{+0.42}_{-0.25}$ Gyr). The arrows assume a linear growth over time, while, for comparison, the thin dashed lines represent our predictions assuming a linear growth in redshift space. There is a remarkable agreement between our predicted $\phi^r$ growth and the measured $\phi^r$ of the quiescent SMFs from the literature. The grey dotted lines represent scenarios where we consider alternative green-valley crossing time-scales of $0.25 \times t_{GV}$, $0.5 \times t_{GV}$, $2 \times t_{GV}$, and $4 \times t_{GV}$, which correspond to crossing time-scales of about 0.25, 0.5, 2, and 4 Gyr, respectively. In contrast to the predictions based on our actual measured time-scale (black arrows), these alternative scenarios do not reproduce the growth of the quiescent SMF observed in the literature.

within $z_{grism} = 1.0 - 1.8$, respectively). These green-valley and red-sequence number densities suggest that our red-sequence population would overall grow by a factor of $\sim 2$ once all green-valley galaxies will have transitioned to the red sequence. Taken at face value together with our green-valley crossing time-scale measured in Sec. 6.5, this implies a factor of $2.01^{+0.33}_{-0.30}$ number density growth of the red sequence over 1 Gyr of evolution at these redshifts.

This, however, assumes that all green-valley galaxies in our mass-complete sample will move on to the (mass-complete) red sequence. As mentioned earlier, this does not account for the possibility of rejuvenation (either in-situ or external in origin), nor does it account for the possibility of green-valley/red-sequence galaxies of (pre-merger) stellar masses below $10^{10} M_\odot$. Therefore, our green-valley number density estimate might not be accounting for a (small) number of green-valley galaxies (of masses slightly below $10^{10} M_\odot$) that would be the progenitors (either through remaining star-formation or major dry mergers) of some red-sequence galaxies with stellar masses near our stellar mass completeness threshold. Similarly, major merger events between $M_* < 10^{10} M_\odot$ red-sequence/red-sequence galaxies can in principle contribute to the build-up of the quiescent SMFs from the green-valley transition time-scale of $\sim 1$ Gyr. Taken into account, these effects would potentially (slightly) increase our estimated growth rate of the red sequence. While the net effect of all these potential biases remain to be determined, they likely do not significantly affect our results as they are usually small effects (Weigel et al. 2017; Chauke et al. 2019). Moreover, these effects would individually contribute in opposite directions to our red-sequence growth rate estimate (i.e., both towards its increase and towards its decrease). We defer the further exploration of these effects to a future analysis.

6.6.2 Prediction of the growth of the quiescent SMF

If the red sequence is populated by galaxies crossing the green valley, the growth rate of the quiescent galaxy SMFs must match...
the growth rate we predict from our crossing time measurements (i.e., 2.01^{+0.33}_{-0.30} \text{Gyr}^{-1}, see Sec. 6.6.1). To compare to the SMFs in the literature, we first compile the normalization parameters $\phi_0$ of the quiescent SMFs measured within $z = 0.8 - 2.0$ from different surveys (namely, Ilbert et al. 2013; Muzzin et al. 2013; Huertas-Company et al. 2016; Moutard et al. 2016b; Davidson et al. 2017). These surveys all derive their quiescent SMFs in our redshift range of interest with single Schechter functions down to roughly similar mass completenesses of $\sim 10^{9.8} M_\odot$ and turnover masses of $M_\star \sim 10^{10.7} M_\odot$, with only small variations depending on redshifts and surveys; these mass ranges correspond to the mass-quenching regime of the SMFs. While these surveys cover different total sky areas (i.e., from $\sim 0.24$ deg$^2$ to $\sim 22$ deg$^2$) and use different colour-selection techniques to separate the star-forming and quiescent populations (i.e., $UVJ$, $NUVrJ$, or $NUVrK$ definitions), there is an overall good agreement and consistent trend of the evolution of $\phi_0$ as a function of redshift. In Figure 14 we show the $\phi_0$ measurements from these surveys at different redshifts (data points). There is a clear trend whereby the number density of quiescent galaxies, $\phi_0$, grows with decreasing redshift. Only Moutard et al. (2016b) report lower values of $\phi_0$ in their highest redshift bin of $z = 1.1 - 1.5$ compared to the other surveys. While derived over a much larger sky-area than the other surveys ($\sim 22$ deg$^2$ compared to $\lesssim 1.5$ deg$^2$ for the others), this discrepancy might partially be a result of their more stringent selection of the quiescent population as they identify and separate green-valley galaxies from the star-forming and quiescent populations, while the other surveys compiled here only identify the latter two populations. Despite this difference, their results follow a similar trend than the other surveys for the evolution of $\phi_0$ with redshift (see Moutard et al. 2016b for a more detailed discussion of their results and comparison to other works).

In Figure 14 we also show our independent predictions of the growth of $\phi_0$ over time at these redshifts (black arrows, with shaded grey areas indicating uncertainty ranges). We anchor our predictions by normalizing our red-sequence growth rate of $2.01^{+0.33}_{-0.30} \text{Gyr}^{-1}$ to the median of the direct $\phi_0$ measurements at $z = 1.75$ and, separately, at $z = 1.3$. For both 1 Gyr intervals (i.e., $z = 1.75$ to $z = 1.3$, and $z = 1.3$ to $z = 1.0$), the arrows and shaded areas represent the medians and 68% intervals of our $\phi_0$ growth predictions over 1 Gyr of evolution, respectively. In the Figure, we show our predictions assuming both a linear growth over time (black arrows), as well as in redshift space (thin dashed lines), which are almost identical. We also consider alternative growth scenarios using green-valley crossing time-scales of $0.25 \times t_{GV}$, $0.5 \times t_{GV}$, $2 \times t_{GV}$, and $4 \times t_{GV}$, which we show as grey dotted lines in the Figure. These correspond to crossing time-scales of about $0.25, 0.5, 2,$ and $4$ Gyr, respectively, as opposed to $\sim 1$ Gyr for our predicted $\phi_0$ growth. As seen in the Figure, these alternative scenarios do not reproduce the growth of the quiescent SMFs from the literature.

The agreement seen in Fig. 14 between the redshift-dependent quiescent number densities measured by SMF studies (data points), and our predictions based on our time-scale measurement (black arrows) is remarkable. It seems to account completely for the growth of the quiescent SMF at these redshifts and supports the idea that green-valley galaxies move on to the red sequence. Consequently, it supports the scenario whereby the massive quiescent galaxy population at these redshifts grows via the mass-quenching of star-forming galaxies through the green-valley, within crossing time-scales as measured in Sec. 6.5 (i.e., $t_{GV} = 0.99^{+0.45}_{-0.25} \text{Gyr}$).

6.6.3 Contribution from PSB galaxies

As mentioned in Section 6.5.2, other works in the literature have suggested that the growth of the red sequence could be entirely accounted for by galaxies going through a PSB phase characterized by rapid quenching, assuming that such transition phase be of the order of, e.g., $\sim 0.5$ Gyr at $z \sim 0.7$ (Rowlands et al. 2018), or shorter at even higher redshifts. Indeed, Wild et al. (2016) compare the post-starburst SMFs to that of the quiescent population at different redshift intervals within $z = 0.5 - 2.0$ for a sample of $M_*>10^{10.5}M_\odot$ galaxies selected from the UKIDSS Ultra Deep Survey (Lawrence et al. 2007) and show that very short PSB visibility time-scales of the order of 250 Myrs are required at $z = 0.5 - 1.5$ for the red-sequence growth to be entirely accounted for by the PSB galaxies.

However, based on the SED-fitting of deep Keck MOSFIRE and LRIS spectra of a sample of $M_*>10^{10.5} - 10^{11.5}M_\odot$ galaxies at $z = 1.0 - 2.5$, Belli et al. (2019) derive PSB visibility times of $\lesssim 0.5$ Gyr based on the derived ageing of PSB galaxies along the blue side of the quiescent population in the $UVJ$ diagram. Using the PSB and red-sequence number densities from the UltraVISTA survey (McCracken et al. 2012), Belli et al. (2019) subsequently indicate that this fast quenching through the PSB phase could potentially only account for up to half of the growth of the red sequence at $z \sim 2.2$ and up to only one fifth of the growth of the red sequence at $z \sim 1.4$ (and therefore probably even lower at lower redshifts, including the redshift range considered in Wild et al. 2016). In a recent work, Wild et al. (2020) also measure PSB visibility times based on the SED-fitting of VLT/VIMOS and FORS2 spectra of 39 galaxies within $z = 0.5 - 1.3$ and $M_*>10^{10.5}M_\odot$, and find values of 0.5 to 1 Gyr. Based on their previous work (i.e., Wild et al. 2016), the authors suggest that only up to 25 to 50% of the growth of the red sequence may actually be accounted for by the quenching of galaxies through a PSB phase at redshifts slightly lower than one. This indicates that PSB galaxies may not contribute as much to the growth of the red sequence as previously thought, at least up to intermediate redshifts.

However, note that different works in the literature not only employ different methodologies to estimate transition time-scales and to determine contributions to the growth of the quiescent population, but also often use different definitions to identify transitioning galaxies (whether PSB or green-valley). PSB definitions typically rely on either: (i) spectroscopic features via the strengths of the H$\delta$ absorption line, the 4000Å break, and the [O iii]13727 emission line (e.g., Goto 2007; Wild et al. 2007; Muzzin et al. 2014) or other spectral measurement (e.g., the $\lambda/\lambda$ stellar-template ratio and Ha equivalent width, Quintero et al. 2004), or (ii) photometric features via super-colours (e.g., Wild et al. 2020) or galaxy colours in the rest-frame $UVJ$ diagram (e.g., Whitaker et al. 2012; Belli et al. 2019). Galaxies defined in these ways may contribute in various amounts to the population of $(M_*>10^{10.5}M_\odot)$ green-valley galaxies as defined in our work. However, based on a sample of $z = 1.0 - 1.4$ cluster galaxies from the GOGREEN survey (Balogh et al. 2017), McNab et al. (2021) show that the population of spectroscopic PSB and photometric ($UVJ$) PSB galaxies (referred to as Blue Quiescent galaxies in their work) do not significantly overlap with their green-valley population as defined using rest-frame $NUV-V$ vs. $V-J$ colours. This suggests that our $NUVrK$ green-valley region is likely not comprised of a significant number of PSB galaxies, and that the contribution from galaxies going through a PSB phase probably remains low in (a) our derived green-valley crossing time-scale, (b) red-sequence growth rate, and (c) predictions of the quiescent $\phi_0$ growth. However, we note that precisely understanding the level of
such contribution in our work would require a detailed investigation of the spectral features of each galaxy identified in our green-valley region.

7 CONCLUSIONS

In this paper, we constrain the colour evolution and quenching timescales of $z = 1.0$–1.8 galaxies across the green valley. We first derive rest-frame $NUVrK$ colours (as well as stellar masses and other properties) by SED-fitting CANDELS GOODS-S and UDS broadband data. We then photometrically identify blue-cloud, green-valley, and red-sequence galaxies based on the galaxy bi-modal distribution in the $NUVrK$ colour-colour diagram, which better resolves the green valley and better distinguishes between star-forming and quiescent galaxies compared to colour diagnostics covering shorter wavelength windows such as the $UVJ$. We additionally introduce a new colour parameter, $\Delta_{GV}$, which is the $NUV - r$ colour-distance to the bottom of the green valley (in AB mag), and encodes how likely a galaxy is a transitioning (i.e., green-valley) galaxy, independently from any green-valley boundary definition. Independently from our broadband SED-fitting, we derive SFH parameters (i.e., ages, $\tau$) based on the fitting of deep HST G102 & G141 grism spectroscopic data available in the Gruzi database over the GOODS-S and UDS footprints. Combining our photometric $NUVrK$ classification with our independent spectroscopic SFH measurements, we investigate trends in the galaxy populations and reach the following conclusions:

1. We first investigate the relation between galaxy photometric colours and spectroscopically-derived SFH parameters, and reveal that galaxies follow different evolutionary tracks. We find a multimodal $\tau$ distribution, and identify three $\tau$-populations: fast (i.e., $\tau < 0.5$ Gyr), intermediate (i.e., $0.5 < \tau < 1.5$ Gyr), and slow (i.e., $\tau > 1.5$ Gyr). Most galaxies are on the fast and slow tracks, with only a small number on the intermediate track. We see that galaxies on a given spectroscopic $\tau$-track form a photometric colour-sequence (also correlated to spectroscopic age) from the blue cloud to the red sequence via intermediate, green-valley, colours, although only galaxies on fast $\tau$-tracks are seen on the red sequence at these redshifts. Galaxies on slower tracks did not yet leave their star-forming phase, which is not surprising given their long $\tau$ time-scales and the short Hubble times at these redshifts.

2. We show that fast $\tau$-tracks galaxies only leave the blue cloud after they have spent a significant amount of time on the declining phase of their SFHs, of up to $\sim 80\%$ of their lifetime (i.e., age), up to that point, which corresponds to $\sim 1.5$ Gyr for these galaxies. This indicates that galaxy stellar mass build-up is minimal after a galaxy leaves the blue cloud, and may contribute to no more than $\sim 5\%$ of these galaxies’ total, final masses. This also suggests that quenching time-scale definitions based on the fraction of mass a galaxy has formed should be carefully chosen and may be as high as $95\%$ for the lower bound thresholds only to correspond to time-scales derived from colour definitions such as in this work.

3. We visually identify strong spectral features in the stacked grism spectra characteristic of the ageing of the stellar populations and the steady decline of the star formation along the blue-cloud $\rightarrow$ green-valley $\rightarrow$ red-sequence track. This confirms that green-valley galaxies are intermediate in evolutionary state between the star-forming and quiescent populations.

4. We derive the colour-age relation of galaxies along the different $\tau$ tracks. We show that galaxies on intermediate and slow tracks undergo small and steady colour evolution, of less than $\sim 1$ mag within $\sim 4$ Gyr, and remain in the blue cloud over this time. In contrast, for galaxies on the fast tracks (i.e., $\tau < 0.5$ Gyr), we show that their colour-age relation is steady in the blue cloud, accelerates in the green valley, and subsequently flattens in the red sequence within the same (i.e., $\sim 4$ Gyr) amount of time. For this group of galaxies, we measure a green-valley transition time-scale of $0.99^{+0.42}_{-0.25}$ Gyr within our green-valley boundaries, and we measure a $\Delta_{GV}$ (i.e., $NUV - r$) crossing rate at the bottom of the green valley of $0.82^{+0.27}_{-0.32}$ mag/Gyr (independent of green-valley boundary definitions).

5. Based on our green-valley transition time-scale for fast $\tau$ galaxies and our mass-complete (i.e., $M_\star > 10^{10}M_\odot$) green-valley and red-sequence number densities, we estimate the growth of the red sequence at our redshifts and find a factor of $2.01^{+0.33}_{-0.30}$ growth in number density per Gyr. Using this growth estimate, we predict the growth of the quiescent galaxy characteristic number density, $\phi^*$, within $z = 1.8$ – 1.0 and find remarkable agreement between our prediction and the evolution of $\phi^*$ from direct SMF measurements in the literature. This remarkable agreement supports the scenario whereby the $M_\star > 10^{10}M_\odot$ quiescent galaxy population grows via the mass-quenching of star-forming galaxies through the green valley.

Altogether, our analysis is consistent with the scenario in which the quiescent galaxy population at $z = 1.0$ – 1.8 grows primarily through the quenching of star-forming galaxies. This is supported by our results that show: (i) a remarkable agreement between the growth of the quiescent galaxy SFM measurements reported in the literature and the predicted number density growth of the red-sequence population that we derive from our spectroscopic measurements of the green-valley crossing time-scales, and (ii) spectroscopic features consistent with these galaxies following a time progression from the blue cloud, to the green valley, and on to the red sequence.

Our results offer a new approach to studying galaxy quenching and the build-up of the red-sequence population over time. In the future, we plan to extend our analysis by employing flexible star formation histories (e.g., Iyer et al. 2019; Leja et al. 2019) to better constrain the evolutionary pathways of quenching galaxies, and by examining the physical sizes of galaxies in the green valley. This work with HST grisms represents a pathfinder study for future slitless-spectroscopic grism surveys using, e.g., the JWST’s Near Infrared Imager and Slitless Spectrograph (NIRISS; Willott et al. 2022; R. Doyon et al., in prep), Euclid’s Near Infrared Spectrophotometer (NISP; Costille et al. 2018), the Roman Space Telescope’s grism spectrometer (Gong et al. 2020) or the grism spectrograph onboard the planned Cosmological Advanced Survey Telescope for Optical and UV Research (CASTOR; Cote et al. 2019).

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APPENDIX A: UNCORRECTED REST-FRAME COLOURS

Figure A1 shows the $NUVr/K$ distribution of corrected and uncorrected rest-frame colours. We indicate with black contours, and black diamonds outside of the contours, the $NUVr/K$ distribution of our final photometric sample; i.e., the galaxies with rest-frame colour estimation is often unrealistic, likely due to assumptions. These issues can lead to underestimated scatter and boxy patterns in colour-colour space. As seen in Appendix A, uncorrected rest-frame colours are directly derived from the posterior SED models by integrating the rest-frame posterior SEDs by sSFR). These uncorrected colours are directly derived from the distributions for uncorrected rest-frame colours (circles, colour-coded. These are the colours usually calculated by SED-fitting codes, including the new posterior SED models. As mentioned in Sec. 3.2.2, such rest-frame colour estimation is often unrealistic, likely due to improper propagation of parameter uncertainties (e.g., redshift), limitations from the explored parameter ranges, or modelling assumptions. These issues can lead to underestimated scatter and uncertainties, and boxy patterns in colour-colour space. As shown in Figure A1, the uncorrected colours of our photometric sample (circles) indeed show unrealistically small scatter, artificially bounded to a narrow range of $r-K$ colours of about 1 mag over a wide range of $NUV - r$ colours. Figure A2 shows the distribution of $NUV - r$ (top panel) and $r - K$ (bottom panel) uncertainties. Each panel shows the distribution for uncorrected and corrected colours (hatched blue and black histograms, respectively). As expected, the panels show the clear
underestimation of colour uncertainties for uncorrected colours, with unrealistically sharp cut-offs below 1 mag. Note that for $r - K$ colours, this sharp cut-off is likely correlated to the narrow range over which colours are artificially constrained. To alleviate such undesirable effects and derive realistic rest-frame colours, we therefore use our corrected rest-frame colours throughout the paper. Note that the difference between the median corrected and uncorrected colours is negligible (< 0.1 mag and ~ 0.1 mag for $NUV - r$ and $r - K$ colours, respectively), which suggests that the colour correction does not introduce any bias with respect to the uncorrected colours, and only mitigates the underestimated scatter and uncertainties. We refer the reader to Sec. 3.2.2 for the details of our colour correction.

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