Nonlinear symmetry breaking of Aharonov-Bohm cages

Goran Glorigič1, Petra P. Beličev1, Daniel Leykam2, Aleksandra Maluckov1
1P′ Group, Vinča Institute of Nuclear Sciences, University of Belgrade, P.O. Box 522, 11001 Belgrade, Serbia
2Center for Theoretical Physics of Complex Systems, Institute for Basic Science, Daejeon 34126, Republic of Korea
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We study the influence of mean field cubic nonlinearity on Aharonov-Bohm caging in a diamond lattice with synthetic magnetic flux. For sufficiently weak nonlinearities the Aharonov-Bohm caging persists as periodic nonlinear breathing dynamics. Above a critical nonlinearity, symmetry breaking induces a sharp transition in the dynamics and enables stronger wavepacket spreading. This transition is distinct from other flatband networks, where continuous spreading is induced by effective nonlinear hopping or resonances with delocalized modes, and is in contrast to the quantum limit, where two-particle hopping enables arbitrarily large spreading. This nonlinear symmetry breaking transition is readily observable in femtosecond laser-written waveguide arrays.

Introduction. Perfect wave localization emerges in certain non-interacting tight binding networks via application of a fine-tuned magnetic flux [1, 2]. The localization mechanism in such “Aharonov-Bohm (AB) cages” is the flux-controlled destructive interference between different propagation paths [3, 4], which are recombined and forced to interfere at bottlenecks in the network. What is perhaps most interesting about AB caging is that this perfect localization is not limited to excitations at a precise energy (i.e. of a flat Bloch band); it persists for arbitrary initial states. This requires not just fine-tuning, but also a network topology supporting closed flux-encircling plaquettes, leading to novel topological invariants and edge states [5–7].

First observed in a two-dimensional “dice” superconducting network nearly 20 years ago [8], recent advances in synthetic gauge field engineering have renewed interest in AB caging in the context of quasi-1D and 2D mesoscopic networks including quantum rings [9, 10], Josephson junction arrays [12–16], optical lattices [17, 18], and coupled optical waveguides [6, 19, 21], motivated by the goal of enhancing interaction effects. In particular, single particle (non-interacting) eigenstates in AB cages are compactly localized but non-orthogonal, such that interactions induce two-particle hopping processes. This destroys the caging, leading to delocalized bound pairs, novel strongly correlated quantum phases such as 4e superconductivity, and time-reversal symmetry breaking ground states [22, 31].

Here we study AB caging in the presence of mean field interactions described by the discrete nonlinear Schrödinger equation, relevant to Bose-Einstein condensates [32] and high power light propagation in optical waveguide arrays [33], where AB caging was very recently observed [6, 21]. Due to non-orthogonality of the compact localized eigenstates (CLS), weak nonlinearities are already sufficient to induce linear instabilities via coupling between neighbouring CLS [34, 35]. We demonstrate through numerical simulations that these instabilities are weak in the sense that the dynamics remain (quasi-)periodic and spreading to more distant lattice sites remains negligible; most of the power remains confined to the initially-excited CLS as a stable breathing mode. At a critical nonlinearity strength we observe a sharp transition in the dynamics at which this breather becomes unstable due to nonlinear symmetry breaking between the two legs of each plaquette. Leg-dependent nonlinear phase shifts can then break the AB cage, leading to delocalization beyond that allowed within the linear stability analysis (LSA). Interestingly, this transition is not specific to the AB cage limit, but is also robust to detunings of the effective flux, suggesting it is rooted in the presence of bottlenecks. This nonlinearity-induced transition may be useful for nonlinear switching functionalities, and is distinctly different from the quantum limit in which two particles already delocalize under weak interactions.

Model. We consider light propagation in the quasi-1D diamond chain lattice with synthetically introduced magnetic flux. The diamond lattice has bipartite symmetry [36] with three sites per unit cell: A, B and C as shown in Fig. 1(a). The A sites are fourfold connected with the nearest neighbors, forming bottlenecks, while B and C sites make twofold connections with surrounding sites. Evolution of the optical field $\psi_n = (a_n, b_n, c_n)$ in the presence of on-site nonlinearity is governed by the discrete nonlinear Schrödinger equation,

$$
\begin{align*}
    i\partial_t a_n &= b_ne^{-i\Gamma/2} + b_{n-1} + c_n + c_{n-1}e^{-i\Gamma/2} - g|a_n|^2a_n, \\
    i\partial_t b_n &= a_ne^{i\Gamma/2} + a_{n+1} - g|b_n|^2b_n, \\
    i\partial_t c_n &= a_n + a_{n+1}e^{i\Gamma/2} - g|c_n|^2c_n.
\end{align*}
$$

(1)

Here $z$ is the propagation distance, $g$ is the nonlinearity strength, $\Gamma$ is the flux [20, 24], $n$ is the unit cell index, and we have normalized the coupling to unity without loss of generality. Experimentally, the flux $\Gamma$ can be realized either through sinusoidal modulation of refractive index of waveguides along $z$ direction or by implementation of an auxiliary waveguide with carefully chosen refractive
and we obtain the following dispersion relations: $P_\beta$ index in between two sites $[7, 20, 21]$. Total beam power $P = \sum |a_n|^2 + |b_n|^2 + |c_n|^2$ and the Hamil-тонian are conserved quantities.

In the linear limit ($g = 0$), the Bloch wave eigenmodes are $\{a_n, b_n, c_n\} = (A, B, C) \exp(-i\beta z + i\kappa n)$, where $\beta$ and $\kappa$ denote the propagation constant and Bloch wave number respectively. After its substitution into Eq. (1) we obtain the following dispersion relations:

$$
\beta_{FB} = 0, \quad \beta_{\pm} = \pm 2\kappa \sqrt{1 + \cos(\Gamma/2) \cos(k - \Gamma/2)}.
$$

The $\beta_{FB} = 0$ band is completely flat, regardless of the flux $\Gamma$, and is a consequence of the diamond network’s topology (plaquettes coupled via bottleneck sites). The other bands are in general $\kappa$ dependent, and only become flat in the AB cage limit $\Gamma = \pi$.

When $\Gamma = 0$ or $2\pi$ the flatband touches two surrounding dispersive bands at the Brillouin zone edge, as shown in Fig. 1(b). Fig. 1(c) illustrates the fundamental CLS, which occupies two sites and is localized to a single unit cell. In general, when $\Gamma \neq 0, 2\pi$ the $\beta_{FB} = 0$ flatband is separated from the others by a gap, and the fundamental CLS occupying four sites is not orthogonal with neighboring CLSs, see Fig. 1(d) [30]. Meanwhile, in the AB cage limit the additional flatbands at $\beta = \pm 2\kappa$ host five-site CLS that also excite one of the bottleneck sites [Fig. 1(e)].

**Linear stability of nonlinear CLS.** We start by analyzing how nonlinearity can lead to instability of the CLS, and potentially induce transport. Our focus is on the $\beta_{FB} = 0$ CLS, which exists and can be continued as a nonlinear CLS regardless of the synthetic magnetic flux strength. The general behaviour of perturbed CLSs can be related to the eigenvalue (EV) spectra which are obtained via the linear stability analysis (LSA) by applying a small perturbation $p_n$ to the CLS profile $\psi_n$ and linearizing the equations of motion Eq. (1) [34, 37]. The eigenvalues $\lambda$ of the linearized equations of motion characterize the initial stage of instability development of CLS.

When $\Gamma \neq 0, 2\pi$, nonlinearity can induce coupling between neighboring non-orthogonal CLSs. This can be identified in LSA spectrum via pure real EVs (exponential instabilities) in Fig. 2. The perturbation eigenmodes are compact and have vanishing tails in the AB cage limit ($\Gamma = \pi$), and are localized with exponential tails for other values of $\Gamma$. This source of instability only induces significant coupling between the very first neighboring CLSs originating from the same submanifold (same flatband). It cannot induce longer range spreading.

Typical spectrum of perturbed CLSs emerging from single gapped flatband located at $\beta_{FB} = 0$ is depicted in Fig. 2(a) for the case $\Gamma = 3\pi/4$. Even for small nonlinearity strengths $g$, the pure real EV branch is accompanied by quartets of complex EVs with nonzero real parts, indicating oscillatory instabilities arising due to coupling between the dispersive bands and the CLS. Since the dispersive states are delocalized, this mixing can induce spreading of energy through the entire lattice [34]. Similar scenario is obtained for $\Gamma = \pi, 2\pi$.

On the other hand, for $\Gamma = \pi$ the pure real EV branches simultaneously occur with the complex EVs quartets coming from the flatbands characterized with $\beta_{FB} = \pm 2$ [Fig. 2(b)], whose eigenmodes are also com-
FIG. 3: Nonlinear delocalization and symmetry-breaking of the CLS. (a-c) Intensity profiles $I_n = |a_n|^2 + |b_n|^2 + |c_n|^2$ at $z = 10\pi$ for: $\Gamma = 0$ (a), $\Gamma = 3\pi/4$ (b) and $\Gamma = \pi$ (c). Cases when $g = 0.5$ and $g = 1$ are depicted with blue circle and red square symbol lines, respectively. Vertical dashed yellow lines mark the cell position of the input CLS. (d) Spreading of the CLS measured via the maximal value of the participation ratio $R$ within the propagation length $z = 10\pi$. (e) $z$-average of the normalized leg imbalance $\eta$.

Compact and localized. The corresponding instability eigenmodes share this compact localization, but occupy more sites than the nonlinear CLS, as shown in Fig. [2c]. Now, the complex EV branches can be associated with oscillatory instabilities developed due to the mutual interactions among CLS components arising from different flat-bands. Such oscillations involving multiple CLS are also observable in the linear case (see single “B” site excitation in Ref. [7]) and are specific to AB cages.

Propagation dynamics and symmetry breaking. Above LSA describes the initial dynamics of a perturbed CLS, assuming all other modes remain weakly excited. This assumption is typically satisfied for resonant interactions between nonlinear localized modes and continua of low amplitude dispersive waves, because the latter propagate away from the localized mode, stop interacting with it, and thereby preserve their low amplitude. This argument fails for AB cages because all low amplitude modes are strictly localized; if linear instabilities exist, the unstable mode amplitudes will grow exponentially until nonlinear corrections become important. What then happens? This question cannot be resolved by the LSA and must be tackled using numerical simulations of the propagation dynamics.

Our central result, based on direct simulations of Eq. (1) taking CLS with random weak (5%) perturbations as the initial condition, is that the critical value $g = 1$ represents a bifurcation point, beyond which nonlinear symmetry breaking of CLS occurs. This particular value of nonlinear parameter $g$ separates a weak instability regime from a strong instability regime, regardless of the value of the synthetic magnetic flux $\Gamma$, illustrated by the examples in Fig. 3(a,b,c). For even larger values of $g$ (in the regions where LSA indicates stability), we observe a second transition to conventional self-trapping behaviour for all values of $\Gamma$.

To characterize the transition at $g = 1$, we compute the normalized leg imbalance $\eta = \sum_n (|b_n|^2 - |c_n|^2)/P$ and the participation ratio $R = P^2/\sum_n (|a_n|^4 + |b_n|^4 + |c_n|^4)$. The former vanishes for all single band excitations; nonzero values indicate significant nonlinear interband coupling, enabling intensity-dependent phase shifts that break the AB cage by spoiling the destructive interference at the bottleneck sites. The participation ratio measures the number of sites occupied by the field, quantifying the wavepacket spreading.

As long as $g < 1$, the initially perturbed CLS evolves into a periodic breather, symmetric with respect to the A site and keeping almost of all of the total power...
within the initially-excited nonlinear mode. Moreover, the dynamics are confined to the symmetric subspace, i.e. $|b_{n}| \approx |c_{n}|$ for all $z$. Figs. 3(d,e) show sudden increases of $R$ and $\eta$ occur at the bifurcation point $g = 1$. In this strong instability regime, the breather loses stability and spreading becomes significant (red symbol lines in Figs. 3(a-c)). Although not affecting the precise bifurcation point, AB caging has an impact on $R$, which is smaller compared to the non-AB cage networks with $\Gamma \neq \pi$ due to the absence of delocalized linear modes.

This transition is not specific to the nonlinear CLS. We observe numerically similar nonlinear transitions for single site excitations in the AB cage limit $\Gamma = \pi$. Fig. 4(a-c) shows representative examples of the weak instability regime for the CLS as well as B and A single site excitations, revealing formation of periodic breathers. The corresponding power spectra in Fig. 4(d-f) have sharp peaks corresponding to dimensionless propagation length $\kappa L = 8.5$ with a normalized nonlinear coefficients $g = P\gamma/\kappa$ up to 8, sufficient to observe the three nonlinear regimes of weak instability, strong instability, and self-trapping. As the underlying mechanisms are general, relying only on the interplay between magnetic flux and nonlinear phase shifts at bottlenecks in the AB cage network, we anticipate it can be generalized to two-dimensional AB cage structures such as the dice lattice [17, 25], and other nonlinear platforms such as exciton-polariton condensates [32].

In the strong instability regime, a significant fraction of the power is coupled into other modes and the dynamics become aperiodic for the CLS and B site excitations, as shown in Fig. 5(a,b,d,e). On the other hand, for $1 < g < 2$ the A site excitation forms a different kind of five-site breather, with intensity oscillation frequency $\omega \approx 3.89$ independent of $g$. For $g \geq 2$ the system enters the self-trapping regime, with energy becoming pinned at the initially-excited site. Therefore, an excitation of bottleneck sites remains symmetric regardless of the nonlinearity strength due to the onset of self-trapping, whereas excitations of the legs can undergo the nonlinear symmetry breaking.

**Conclusion.** The diamond network with properly tuned synthetic magnetic flux supports light localization analogous to AB caging in electronic systems. In the linear limit, destructive interference at bottleneck sites completely suppresses the spreading of localized excitations, leading to the existence of compact localized eigenstates. We showed that such eigenstates can persist as stable periodic breathers for sufficiently weak nonlinearities, before undergoing a sudden symmetry-breaking transition at a critical nonlinearity strength. This symmetry breaking enables strong spreading of energy to neighboring cells, breaking the AB caging. We confirmed these statements using linear stability analysis and direct beam propagation simulations, observing that the symmetry-breaking transition is not sensitive to the precise strength of the effective magnetic flux. This transition occurring at finite nonlinearity strength is notably distinct from previous studies focusing on the quantum limit, where all two-particle eigenstates become delocalised for arbitrarily weak interaction strengths.

Nonlinear breathers and symmetry breaking in AB cages are readily observable in femtosecond laser-written arrays similar to those in Refs. [7, 21]. Previous experiments reported an effective nonlinear coefficient of $\gamma = 1.7$ cm$^{-1}$MW$^{-1}$ with probe beam powers up to $P = 4$ MW [32]. Meanwhile, the AB cage experiment of Ref. [7] reported an effective coupling strength of $\kappa = 0.85$ cm$^{-1}$ with a propagation length $L = 10$ cm, corresponding to dimensionless propagation length $\kappa L = 8.5$ with a normalized nonlinear coefficients $g = P\gamma/\kappa$ up to 8, sufficient to observe the three nonlinear regimes of weak instability, strong instability, and self-trapping. As the underlying mechanisms are general, relying only on the interplay between magnetic flux and nonlinear phase shifts at bottlenecks in the AB cage network, we anticipate it can be generalized to two-dimensional AB cage structures such as the dice lattice [17, 25], and other nonlinear platforms such as exciton-polariton condensates [32].

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