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COVID-19 diagnosis by SARS-CoV-2 Spike protein detection in saliva using an ultrasensitive magneto-assay based on disposable electrochemical sensor

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1. Introduction

It has been almost two years now since SARS-CoV-2 was first described, yet reports in the literature show that there has been little improvement in the control of the SARS-CoV-2 viral shedding [1]. With more than 230 million cumulative number of reported cases, the Coronavirus 2019 disease (COVID-19) has evolved into a pandemic health crisis since March 2020, posing a considerable burden on public life and healthcare worldwide [2]. In this context, the development and application of rapid and easily accessible diagnostic tests have proven to be a critical component of the holistic approach toward the prevention and control of COVID-19.

According to the World Health Organization (WHO), nucleic acid amplification tests (NAAT) are the most sensitive and specific testing technique for bacterial or viral detection, and are therefore recommended as the reference standard test for the diagnosis of acute SARS-CoV-2 infection [2]. In spite of its proven efficacy, the NAAT testing method has some underlying non-negligible limitations. Among the major limitations of the NAAT testing technique include the following: i) the high costs of the test impede its wide availability, especially in low and middle-income countries; ii) the test is relatively time-consuming and the analysis requires the use of highly qualified personnel; and iii) the test is of limited use when it comes to qualitative analyses in most cases [4]. In light of these limitations, as an alternative to the NAAT tests, WHO recommends the use of viral antigen tests for the detection of SARS-CoV-2 infection because these tests are relatively...
cheaper and simpler to operate, in addition to providing quicker results; this allows policymakers and healthcare providers to ensure significantly higher test coverage of the population in a relatively short period of time [5].

The detection of viral gene or antigen in swab or saliva samples has been used for diagnosis of COVID-19 in the early stage and human antibodies have been used for screening of previous exposure to the virus, or collection of epidemiological data, determination of the immune status of asymptomatic individuals [6,7]. The detection of viral RNA by reverse transcription polymerase chain reaction (RT-PCR) is considered the gold standard technique for COVID-19 diagnosis [6]. However, RT-PCR requires expensive equipment and trained technicians at certified laboratories and long times to generate results for the diagnosis. Therefore, several studies published in the literature have investigated the use of SARS-CoV-2 Spike protein as one of the suitable tools for the development of new alternative tests for the detection of the viral antigens [8,9]. The Spike protein of SARS-CoV-2 is constituted by (i) a receptor-binding domain (RBD), which binds to human angiotensin-converting enzyme 2 (ACE2) receptor and mediates the entry of Coronavirus into host cells [10], and (ii) a fusion domain, which fuses host cell and viral membranes through the C-terminal S2 subunit [11]. Considering that it plays a fundamental role in the infection and dissemination of SARS-CoV-2, the Spike protein of SARS-CoV-2 has become the main tool employed in the development of new tests aimed at the detection of SARS-CoV-2 antigens [12]. Recently, several studies reported in the literature have shown that Spike detection-based diagnostic tests exhibit high sensitivity and specificity when applied for the diagnosis of SARS-CoV-2 infection [13,14]. However, most of the Spike detection-based diagnostic tests reported in the literature are highly expensive and complex to perform, apart from their being incapable of providing quick results.

Over the past few years, there has been a gradual rise in the development of simple, portable, and low-cost devices for protein immuno-detection using screen-printed carbon electrodes (SPCE) [15,16]. These devices can provide valuable information on the incidence, prevalence, severity, and transmissibility of diseases that are primarily caused by viruses and bacteria [17,18]. The incorporation of magnetic beads in these detection devices can amplify the electrochemical signal for biomolecules, such as proteins and peptides [19,20], facilitating the separation and washing procedures and enabling the pre-concentration of the analyte, in addition to increasing the selectivity and sensitivity of the method [21,22]. These improvements in the functional properties of the detection devices allow for substantial gains in the diagnosis of bacterial or viral infections. In particular, nanomaterials, such as gold nanoparticles, can be applied as electrochemical markers with a view toward improving the sensitivity of the analytical method and for the indirect detection of various biomolecules [23], including DNA and RNA [24,25], antibodies [26,27], and proteins [28,29].

The present work reports the development of a magneto-assay based on a mimotope of ACE2 for the detection of Spike protein in saliva samples for the diagnosis of COVID-19. The detection device was constructed using magnetic beads (MBs) and gold nanoparticles (AuNPs) modified with ACE2 peptide; this device was used for capturing and separating the Spike protein in saliva samples and for the conduct of electrochemical detection analysis. The Spike protein bioconjugate was incorporated into an unmodified SPCE, and the redox properties of the gold in AuNPs enabled the detection of the Spike protein. The application of the magneto-assay helped differentiate the saliva samples of healthy subjects from those of the subjects infected by SARS-CoV-2 with high sensitivity and specificity.

2. Experimental

The Supplementary Material (SM) describes the reagents, materials, and equipment used in the study.

2.1. Synthesis of the ACE2 peptide and the peptide immobilization using MBs and AuNPs

The ACE2 peptide (KQAKTFLKFNHEADFLFYQ_{24}C), corresponding to the region of interaction between the human ACE2 and the Spike protein [30], was synthesized using a cysteine residue at the C-terminal (see details in Fig. S1 of the SM), using standard solid-phase synthesis strategy and Fluorenylmethoxycarbonyl (Fmoc) chemistry. The ACE2 peptide was immobilized on MBs and AuNPs, and this led to the formation of the conjugated materials named MBs-ACE2 (Fig. S2) and ACE2-AuNPs (Fig. S3), respectively. The trimeric Spike protein of SARS-CoV-2 in the prefusion conformation, which was produced in HEK293 cells [31], was kindly provided by the Cell Culture Engineering Lab of COPPE/UFRJ (Federal University of Rio de Janeiro). The Spike proteins were cross-linked to form poly-Spike proteins, as described in the SM.

2.2. Sample Collection

The saliva samples were collected from the UFSCar University Hospital; all the ethical procedures involving the participation of the research subjects were approved by the UFSCar Research Ethics Committee (Number: 66076017.3.0000.5504). All the participants who took part in the research provided their written informed consent prior to their inclusion in the study. The RT-PCR tests conducted confirmed that the subjects were infected by SARS-CoV-2. Prior to performing the tests, the saliva samples of the subjects were heated at 80 °C for 15 min in order to inactivate the virus [32–34].

2.3. Steps involved in the capture and separation of the Spike protein in saliva samples under the magneto-assay

The detection of the SARS-CoV-2 Spike protein in the saliva samples employed pointed to the presence of SARS-CoV-2. Fig. 1A presents the steps involving the magnetic capture of the SARS-CoV-2 Spike protein in saliva samples using the magneto-assay proposed in this study. Initially, the saliva samples were diluted 1000 times in phosphate buffer saline solution (PBS) with pH 7.4; the PBS solution was composed of the following: 10 mmol L^{-1} phosphate, 2.7 mmol L^{-1} KCl, and 137 mmol L^{-1} NaCl; 1.0 mmol L^{-1} CaCl_2 and 0.5 mmol L^{-1} MgCl_2 (PBS-Ca-Mg).

After that, an amount of 450 µL of the diluted sample was transferred to a microtube containing 20 µL of MBs-ACE2 and 30 µL of ACE2-AuNPs, as shown in Fig. 1A (Step 1). The mixture containing the saliva sample and the bioconjugates were incubated under slow shaking for 1 h at 24°C; this led to the formation of the MBs-ACE2/SARS-CoV-2 Spike protein/ACE2-AuNPs bioconjugate (Fig. 1A - Step 2). After the incubation time, the MBs-ACE2/SARS-CoV-2 Spike protein/ACE2-AuNPs bioconjugate was separated from the sample solution, keeping the mixture in a magnetic rack for 2 min and discarding the supernatant (Fig. 1A, Step 3). The MBs-ACE2/ SARS-CoV-2 Spike protein/ACE2-AuNPs bioconjugate was then washed with PBS containing 0.05% of Tween 20 (PBS-TW); the washing procedure was repeated three times. Finally, the bioconjugate was dispersed in 400 µL of PBS pH 7.4 and applied on the SPCE, which was subsequently used for the electrochemical detection of the SARS-CoV-2 Spike protein.

2.4. Electrochemical Detection of SARS-CoV-2 Spike Protein in Saliva Samples

The electrochemical detection of the SARS-CoV-2 Spike protein in the saliva samples was performed using a SPCE array with 8 independent cells. The detection was carried out without the modification of the working electrodes (WEs). A 3D printed support was constructed containing a keyboard which was used to position the magnets exactly on each working electrode; this was done for the magnetic particles of the bioconjugate to be retained on the electrode surface (see Fig. 1B and S4).
The SPCE array was connected to a portable potentiostat, and the electrochemical detection of the Spike protein was conducted by adding an aliquot of 25 µL of MBs-ACE2/SARS-CoV-2 Spike protein/ACE2-AuNPs dispersion in each of the 8-WEs of the independent electrochemical cells (Fig. 1C). Subsequently, a volume of 25 µL of 0.2 mol L⁻¹ HCl was added to each cell as a supporting electrolyte for the detection analysis. The electrochemical detection of the Spike protein was performed by differential pulse voltammetry (DPV) (Fig. 1D), based on the parameters evaluated previously by Afonso et al. (2013) [35], using the following conditions: deposition potential (E_{dep}) = +1.25 V, deposition time (t_{dep}) = 120 s, scan rate (ν) = 34 mV s⁻¹, step potential (ΔE_s) = 10 mV, and pulse amplitude (α) = 50 mV.

3. Results and discussion

3.1. Characterization of the nanomaterials and bioconjugates

The nanoparticles and bioconjugates obtained in this study were characterized using transmission electron microscopic (TEM), ultraviolet-visible spectrophotometry (UV-Vis), and energy-dispersive X-ray (EDX) analysis. As can be observed in the TEM image in Fig. 2A, the commercial MBs deliver uniform and highly defined spherical beads. The AuNPs (Fig. 2B) also have an aspheric shape with an average diameter of 21 nm, as described in the literature [36].

UV-Vis was applied to characterize the ACE2 solution and the AuNPs and ACE2-AuNPs bioconjugate dispersions (Fig. 2C). The absorption band of the ACE2 peptide (black line) was found in the UV region at 209 nm; this is typically characteristic of the amino acids, including histidine and cysteine, present in the peptide structure [37]. About the AuNPs dispersion, the absorption spectra were found in the region that corresponded to the surface plasmon resonance absorbance (A_{SPR}) at 520 nm - see Fig. 2B (red line); this region indicated stability and was characterized by a spherical shape, as previously reported in the literature through TEM analysis [38]. By contrast, the ACE2-AuNPs exhibited a decrease in A_{SPR}, see Fig. 2B (blue line). The thiol group present in the ACE2 cysteine reacted with the AuNPs, presumably through a covalent bond [39,40], and this led to a significant decrease in A_{SPR} through the formation of the bioconjugate [41]. In addition, at 209 nm, the band that corresponded to the peptide remained present though at a lower intensity, indicating its presence after binding with AuNPs [42,43]. These results point to the formation of the AuNPs-ACE2 bioconjugate.

Figs. 2D and 2E show the TEM images of MBs-ACE2/SARS-CoV-2 Spike protein/ACE2-AuNPs bioconjugate formed following the procedure reported. As can be seen, AuNPs are presented on the surface of the MBs demonstrating that the SARS-CoV-2 Spike had been successfully captured by the ACE2 conjugated with AuNP. This result was also confirmed by EDX analysis, as can be seen in Fig. 2F. Fe and Au signals
immobilized on the gold surface of quartz crystal via thiol-gold interaction. To show that the ACE2 peptide synthesized in this study is able to bind to the SARS-CoV-2 Spike protein to human ACE2 with high affinity; in other words, the pathway by which SARS-CoV-2 enters the cell [49,50].

Spike protein by quartz crystal microbalance (QCM) measurements [44,46]. These results demonstrate that the magneto-assay proposed was successfully applied, indicating that AuNPs can be effectively used as a redox probe for electrochemical detection of Spike protein.

3.2. Analysis of the interaction between ACE2 peptide and SARS-CoV-2 Spike protein by quartz crystal microbalance (QCM)

Previous studies published in the literature reported the binding of SARS-CoV-2 Spike protein to human ACE2 with high affinity [47,48]; in other words, the pathway by which SARS-CoV-2 enters the cell [49,50]. To show that the ACE2 peptide synthesized in this study is able to bind to the SARS-CoV-2 Spike protein, the ACE2 peptide was covalently immobilized on the gold surface of quartz crystal via thiol-gold interaction [51]; saliva samples from healthy individuals which were fortified with SARS-CoV-2 Spike protein were used for the analysis of the interaction by quartz crystal microbalance (QCM) (Fig. S7A and B). Although a similar pattern of behavior was observed in the curves in the presence and absence of the SARS-CoV-2 Spike protein, there was a negative variation in the resonance frequency when the SARS-CoV-2 Spike protein-containing saliva was analyzed; this result points to an increase in mass of the quartz crystal (Fig. S7A and B). Saliva is a complex matrix with high content of proteins including mucins; mucins are heavily glycosylated high molecular weight glycoproteins which are responsible for the viscoelastic properties of saliva [52,53]. The increase in mass of the quartz crystal observed when the non-fortified saliva was injected can be linked to the unspecific absorption of the proteins in saliva on the crystal surface which were not been completely removed after the washing procedure. Interestingly, in the presence of the SARS-CoV-2 Spike protein, the variation observed in the resonance frequency was significantly higher than that observed when the non-fortified saliva sample was applied (Fig. S7B). This outcome points to the successful binding of the SARS-CoV-2 Spike protein to the ACE2 peptide immobilized on the crystal surface [54,55]. In essence, the results obtained here clearly show that the ACE2 peptide interacts effectively with the SARS-CoV-2 Spike protein in the saliva samples.

3.3. Electrochemical detection of SARS-CoV-2 Spike protein

The electrochemical detection of the Spike protein was performed in standard PBS-Ca-Mg solutions with or without 360 fg mL$^{-1}$ of SARS-CoV-2 Spike protein to mimic the viral structure with many Spike proteins on the surface. The MBs-ACE2/SARS-CoV-2 Spike protein/AuNPs bioconjugate obtained was placed on the surface of an unmodified working electrode with a magnet positioned externally under the electrode. After that, a diluted HCl solution was added to the bioconjugate mixture, and the potential of +1.25 V was applied for 120 s in order to oxidize the Au present in the AuNPs, leading to the formation of the complex [AuCl]$_2$. Subsequently, the application of DPV led to the generation of a cathodic peak at approximately 0.3 V (Fig. 3A) due to the reduction of [AuCl]$_2$ to Au [56]. The peak current observed for the sample without the SARS-CoV-2 Spike protein can be linked to the non-specific binding of the ACE2-AuNPs and the adsorption of the saliva proteins on the surface of the MBs during incubation, which influenced the analytical response of the control material [57,58]. By contrast, a more intense peak current was observed in the presence of the SARS-CoV-2 Spike protein; this clearly points to the interaction between the SARS-CoV-2 Spike protein and the ACE2 peptide [55,59].

A thorough analysis was also performed in order to evaluate the influence of incubation time on the capture of the SARS-CoV-2 Spike protein and the quantity of ACE2-AuNPs employed in the magneto-assay (Figs. 3B and 3C). The quantity of ACE2-AuNPs was controlled by adding different volumes of a standard dispersion of the conjugate mixture, and the potential of +1.25 V was applied for 120 s. The volume of 50 µL ACE2-AuNPs was selected for conduct of analysis because it exhibited slightly lower values with better standard deviation (Fig. 3B). With regard to incubation, the application of 60 min incubation time yielded the highest peak response (Fig. 3C).

Fig. 2. A) TEM image of the MBs and B) AuNPs. C) UV–vis spectra recorded for ACE2 solution, AuNPs dispersion, and ACE2-AuNPs bioconjugate. D) and E) MBs-ACE2/SARS-CoV-2 Spike protein/ACE2-AuNPs bioconjugate. F) EDX analysis of MBs-ACE2/SARS-CoV-2 Spike protein/ACE2-AuNPs bioconjugate.
3.4. Analytical performance of the magneto-assay

After selecting the optimal experimental parameters, the magneto-assay was applied using standard solutions containing SARS-CoV-2 Spike protein at concentrations ranging from 0.0009 to 360.00 fg mL\(^{-1}\), as shown in Fig. 4A. Peak current values were obtained as a function of the SARS-CoV-2 Spike protein concentrations and were used to construct the calibration curve (Fig. 4B). The calculated linear regression equation obtained was as follows: 

\[
I_p (\mu A) = 0.0887 + 0.0918 \log [\text{SARS-CoV-2 Spike protein}] (\text{fg mL}^{-1}),
\]

with a
linear correlation coefficient of 0.998; this value indicates an excellent linear correlation between the current response and the SARS-CoV-2 Spike protein concentration. The limit of detection (LOD) obtained was 0.35 ag mL\(^{-1}\); this value was calculated based on the following equation: 3.3 \(\times\) SD/\(\theta\), where SD is the standard deviation of the intercept of the analytical curve, and \(\theta\) is the slope of the analytical curve [60].

The repeatability of the magneto-assay was analyzed using SARS-CoV-2 Spike protein in PBS standard solution at a concentration of 78 fg mL\(^{-1}\) and using different arrays. The relative standard deviation (RSD) obtained for the intra-day (n = 4) (Fig. 4C) and inter-day (n = 5) (Fig. 4D) analyses were 2.62% and 3.81%, respectively; these results point to the precision of the analytical method proposed in this study.

3.5. Analysis of saliva samples from the cohorts of SARS-CoV-2-free healthy and SARS-CoV-2-infected subjects using the magneto-assay

Sixteen saliva samples were collected from SARS-CoV-2–free healthy subjects (negative group) and sixteen saliva samples were collected from SARS-CoV-2 infected subjects (positive group). The saliva samples were diluted 1000 times in PBS-Ca-Mg aqueous solution before evaluating the analytical performance of the magneto-assay.

A comparative analysis was performed using the results obtained from the analysis of the saliva samples of SARS-CoV-2–free healthy subjects and SARS-CoV-2 infected subjects under the magneto-assay technique and the results obtained from the application of the RT-PCR technique using nasopharyngeal and oropharyngeal swab samples collected from the same subjects. The cycle threshold (Ct) values obtained from the RT-PCR test for the N1 and N2 genes were correlated with the subjects’ viral load. Overall, the subjects with higher viral loads (consequently, lower Ct values) in the nasopharyngeal and oropharyngeal swab samples also presented higher SARS-CoV-2 Spike protein levels in the magneto-assay (Fig. 5A). These results clearly point to the satisfactory selectivity and specificity of the magneto-assay as an efficient analytical method for the detection of SARS-CoV-2 Spike protein in human saliva samples.

The performance of the magneto-assay was evaluated in terms of discriminating healthy saliva samples from SARS-CoV-2-infected saliva samples. The analysis of the area under the receiver operating characteristic (ROC) curve demonstrated that the application of the magneto-assay technique yielded an area under the curve (AUC) of 0.996 (p < 0.001) (Fig. 5B) - which is clearly an excellent value [61]. It is worth noting that there are noticeable trade-offs between sensitivity and specificity; in other words, as sensitivity increases, specificity decreases and vice versa. A high sensitivity rules out the presence of the disease if a person’s test is negative. Meanwhile, a test with high specificity confirms the presence of the disease if a person’s test is positive [62]. The interactive dot diagram between the negative and positive subjects showed an ideal cutoff point of > 81 fg mL\(^{-1}\), based on the Youden index. This cut-off point differentiated saliva samples of SARS-CoV-2-free healthy subjects from those of SARS-CoV-2-infected subjects with sensitivity of 100.0% and specificity of 93.7% (Fig. 5C).

These findings show that the magneto-assay proposed in this study has a good degree of accuracy comparable to that of the RT-PCR technique [63–66].

One needs to point out that the use of saliva samples without thermal treatment may improve the efficiency of the magneto-assay through the application of a fully automated system, such as labs-on-chips or microfluidic devices [67,68]. Heating saliva to high temperatures can denature the SARS-CoV-2 Spike protein and prevent its receptor-binding domain from interacting with the ACE2 peptide. Thus, the use of thermal treatment can be a limiting factor when analyzing human saliva samples under the method proposed in this study [69].

4. Conclusions

This work demonstrated that the magneto-assay proposed in the study is able to discriminate SARS-CoV-2-free healthy subjects from SARS-CoV-2-infected subjects; the results obtained showed the application potential of the proposed technique in terms of the successful diagnosis of SARS-CoV-2 infection. Compared to the RT-PCR detection

Fig. 5. A) Peak current values obtained from the analysis of saliva samples from SARS-CoV-2–free healthy (negative) and SARS-CoV-2–infected (positive) subjects using the magneto-assay and RT-PCR Ct values for N1 and N2 genes of swab samples obtained from the same subjects. B) ROC curve for SARS-CoV-2 Spike protein detection using the magneto-assay (healthy vs. infected subjects). C) Interactive point diagram of peak current responses obtained for SARS-CoV-2 Spike protein in saliva samples for SARS-CoV-2–free healthy and SARS-CoV-2–infected subjects; * t-test, p < 0.0001.
technique, the magno-assy was found to present outstanding advantages, which include the following: short analysis time (approximately 60 min); simple sample preparation without requiring long, tedious steps - such as RNA extractions, reverse transcription, and thermal cycling; and low-cost equipment. The outstanding advantages of the magno-assy technique for the detection of SARS-CoV-2 make the detection method relevant for public health policy in the sense that the implementation of the technique can help expand the capacity to detect SARS-CoV-2 infection and be a useful aid in the fight against the spread of the COVID-19 disease.

CRediT authorship contribution statement
Ronaldo C. Faria, Vitor M. Faça, Henrique Pott-Junior, Felipe R. Teixeira; Conceptualization, Ronaldo C. Faria; Project administration, Ronaldo C. Faria.; Funding acquisition, Ronaldo C. Faria, Evarí D. Nascimento, Wilson T. Fonseca and Tássia R. de Oliveira.; Method, Ronaldo C. Faria, Vitor M. Faça, Camila R. S. T. B. de Correia, Beatriz P. de Morais, Virginia C. Silvestrini, Henrique Pott-Junior and Felipe R. Teixeira; Resources, Evarí D. Nascimento, Wilson T. Fonseca, Tássia R. de Oliveira, and Ronaldo C. Faria.; Investigation, Evarí D. Nascimento, Wilson T. Fonseca, Tássia R. de Oliveira and Ronaldo C. Faria.; Writing, Ronaldo C. Faria.; Supervision, Ronaldo C. Faria.;

Declaration of Competing Interest
The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Ronaldo Censi Faria reports was provided by State of Sao Paulo Research Foundation. Ronaldo Censi Faria reports a relationship with State of Sao Paulo Research Foundation that includes: Ronaldo Censi Faria has patent #BR 10 2021 005125 6 issued to Asignee.

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Appendix A. Supporting information
Supplementary data associated with this article can be found in the online version at doi:10.1016/j.snb.2021.131128.

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