Abstract. The present study aimed to identify the function of miR-491-3p in regulating non-small cell lung cancer (NSCLC). Tumor tissues and adjacent normal tissues were collected from 43 patients with NSCLC. A549 and H1299 cells were transfected with microRNA (miR)-491-3p mimic, mimic negative control (NC), miR-491-3p inhibitor, inhibitor NC, pcDNA3.1-FGF5 vector and control vector. Cell counting kit-8 assay and Edu experiments were performed to assess cell viability and proliferation. Matrigel experiment, wound healing assay and flow cytometric analysis were performed to explore cell invasion, migration and apoptosis. A dual-luciferase reporter experiment was performed to identify the relationship between miR-491-3p and fibroblast growth factor 5 (FGF5). In vivo study was conducted by using nude mice. The miR-491-3p and FGF5 protein expression levels were investigated using reverse transcription-quantitative polymerase chain reaction and western blot analysis. In NSCLC tumor tissues, miR-491-3p was downregulated and FGF5 was upregulated (P<0.01). Low miR-491-3p expression and high FGF5 mRNA expression was associated with poor outcomes in patients, including advanced TNM stage and lymph node metastasis (P<0.05). miR-491-3p upregulation suppressed viability, proliferation, invasion and migration of NSCLC cells; however, it promoted apoptosis (P<0.01). FGF5 was a target gene for miR-491-3p. miR-491-3p directly inhibited FGF5 expression. Upregulation of FGF5 significantly reversed the inhibitory effects of miR-491-3p on malignant phenotypes of NSCLC cells (P<0.01). miR-491-3p overexpression suppressed the in vivo growth of NSCLC. Thus, it was identified that miR-491-3p functions as a tumor suppressor in NSCLC by directly targeting FGF5.

Introduction

Lung cancer is one of the most common malignant tumors and ~25% of all cancer-related deaths are related to lung cancer (1). Lung cancer can be divided into small cell lung cancer and non-small cell lung cancer (NSCLC) according to its histopathological features (2). The proportion of NSCLC cases is 80-85% of all the lung cancer cases (3). In the past decades, several effective novel strategies have been emerged in NSCLC treatment research, such as immunotherapy (4). Moreover, anti-angiogenic agents have been also discovered to improve the outcomes of patients with NSCLC (5). Previously, drug-loaded nanoparticle treatment and nanotechnology drug delivery strategies in the lungs have been reported to be effective in the treatment of lung cancer (6-8). However, the 5-year survival rate is only ~20% despite improved treatment methods (2). Exploration and elucidation of its molecular mechanisms is key to improving the prognosis.

MicroRNAs (miRNAs or miRs) are a class of non-coding small RNAs (9). They play a crucial role in regulating biological processes, such as apoptosis, invasion, autophagy and proliferation (10,11). miR-491-3p plays an indispensable role in regulating development in certain human tumors. For instance, invasion, migration, and proliferation were weakened and apoptosis was exacerbated in retinoblastoma cells after miR-491-3p was upregulated (12). miR-491-3p acts as a tumor suppressor in osteosarcoma by inhibiting the growth and invasion of the osteosarcoma cells (13). Zhao et al (14) showed that miR-491-3p attenuated the multidrug resistance of hepatocellular carcinoma. Simultaneously, low miR-491-3p expression was associated with poor outcomes in patients with tongue cancer. The inhibition of miR-491-3p expression enhanced the chemotherapy resistance of the tongue cancer cells (15). However, the role of miR-491-3p in NSCLC remains unclear. In our preliminary research (Fig. 1A), it was found that miR-491-3p expression was abnormally low expressed in patients with NSCLC. Therefore, it was hypothesized that miR-491-3p may be involved in regulating the progression of NSCLC. The present study was then executed to identify the function of miR-491-3p in NSCLC progression.

It has been revealed that one of the main ways of miRNAs to regulate diseases development is to regulate coding genes expression via binding to specific mRNA targets (16). through

miR-491-3p functions as a tumor suppressor in non-small cell lung cancer by targeting fibroblast growth factor 5

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TargetScan version 7.1 (http://www.targetscan.org/vert_71/) prediction, it was observed that fibroblast growth factor 5 (FGF5) had the binding site for miR-491-3p in the 3'-untranslated (UTR) region. Notably, our preliminary research (Fig. 1B) indicated that FGF5 was aberrantly up-regulated in patients with NSCLC. FGF5 has been reported to be overexpressed in NSCLC. The silencing of FGF5 reduced proliferation, migration and invasion and enhanced apoptosis in NSCLC cells (17). Moreover, high FGF5 expression was reported to be associated with poor overall survival and relapse-free survival patients with lung adenocarcinoma (18). Taking together, it was hypothesized that miR-491-3p may regulate NSCLC progression by targeting FGF5. In the present study, a series of experiments were performed to identify this hypothesis. The present findings may provide a novel molecular target for NSCLC treatment.

Materials and methods

Patients and tissues. Patients with NSCLC (n=43) from Yijishan Hospital (Wuhu, China) participated in the present study. Patients with previous history of cancer-related treatments were not included. Patients with other severe organic diseases were excluded. All patients with NSCLC were treated with surgical resection from April 2018 to November 2019 at the First Affiliated Hospital of Wannan Medical College Yijishan Hospital (Wuhu, China). tumor tissues and adjacent normal tissues were collected and stored in liquid nitrogen.

Clinicopathological characteristics of all the patients were recorded. The research protocol was reviewed and approved (approval no. TCH036) by the Ethics Committee of the First Affiliated Hospital of Wannan Medical College Yijishan Hospital (Wuhu, China) and was in line with the Declaration of Helsinki. Written informed consent was obtained from all patients. Details of all were de-identified patients. The document of the Ethics Committee was related to the human studies of the present study.

Cell culture and transfection. A549 (CCL-185) and H1299 cells (CRL-5803) were commercially obtained from Shanghai Institute of Cell Biology (Shanghai, China). Cells were maintained in Dulbecco’s Modified Eagle’s medium (DMEM) with 10% fetal bovine serum (FBS; both from Beijing Solarbio Science & Technology Co., Ltd.), 100 U/ml penicillin and 100 µg/ml streptomycin at 37℃ with 5% CO2. In the present study, a series of experiments were performed to identify this hypothesis. The present findings may provide a novel molecular target for NSCLC treatment.

Cell viability was evaluated using a CCK-8 assay. A549 and H1299 cells were prepared into a cell suspension (1x10⁶ cells/ml) with DMEM containing 10% FBS. The cell suspension (100 µl) was added to a 96-well plate for culturing at 37℃ with 5% CO2. Cell viability was observed every 24 h. CCK-8 solution (10 µl) was added into each well and incubated for 2 h at 37℃. The optical density (OD) was measured at 450 nm using a microplate reader (BioTek Instruments, Inc.).

Ethynyldeoxyuridine (EdU) experiment. Cell proliferation was observed using the Edu experiment. The suspension (1x10⁶ cells/ml, 1 ml) of A549 and H1299 cells was seeded in a 6-well plate and cultured at 37℃ with 5% CO2 for 48 h. Subsequently, cell proliferation was observed using the EdU detection kit (Guangzhou Ribobio Co., Ltd.) according to the manufacturer instructions. Cells were stained using an anti-EdU working solution (100 µl, for 2 h at 37℃) and 4′-diamidino-2-phenylindole (DAPI, 1 mg/ml) was used to stain the nucleus (15 min at room temperature). Cells were observed and images were captured under a confocal laser scanning microscope (Olympus Corporation). The Edu staining positive cells (red fluorescent) and DAPI staining positive cells (blue fluorescence) were calculated using ImageJ software (Version 1.45s; National Institutes of Health). Five randomly-selected fields were observed in each group.

Matrigel experiment. The upper chamber (8-μm pore size) was precoated with Matrigel (30 min at 37℃), followed by seeding with 2x10⁴ cells (dispersed in 200 µl serum-free DMEM). DMEM containing 10% FBS (600 µl) was added into the lower chamber. Cells were cultured for 24 h at 37℃ with 5% CO2. Cells on the upper surface were gently scraped off using a cotton swab. Paraformaldehyde (4%) was used to fix (15 min at room temperature) the cells on the lower surface. Then, the invasive cells were stained with 0.1% crystal violet for 20 min at room temperature. The invasive cells in five randomly-selected fields were counted under a confocal microscope (Olympus Corporation).

Wound healing assay. A549 and H1299 cells were prepared into cell suspension with DMEM without FBS. The suspensions (1x10⁶ cells/ml, 1 ml) were seeded onto a 6-well plate and incubated at 37℃ with 5% CO2. When the cells attached to the bottom of the wells, they were scratched using a 100-µl sterile pipette tip. The initial wound width was measured and recorded. The residual liquid was replaced with fresh DMEM (without FBS). Cells were cultured at 37℃ with 5% CO2. After 24 h, the final wound width was measured. The relative wound width was calculated (final wound width/initial wound width).
Flow cytometric analysis. A549 and H1299 cells (1x10^6 cells/ml) were added into flow tubes. The cells were washed in pre-cooled phosphate buffer solution (PBS) three times. Then, they were washed in 1X binding buffer once. Apoptosis (early + late) was detected using the Annexin V-fluorescein isothiocyanate apoptosis detection kit (Biovision, Inc.) according to the manufacturer's protocol. The percentage of apoptosis in cells was evaluated using flow cytometry (FACScan; BD Biosciences) and analyzed by the Diva software (version 8.0, Becton, Dickinson and Company).

Dual-luciferase reporter gene assay. Using TargetScan version 7.1. (http://www.targetscan.org/vert_71/), it was observed that FGF5 and miR-491-3p had common binding site in the 3'-UTR region. Based on this, dual-luciferase reporter gene assay was performed with A549 and H1299 cells to establish a relationship between miR-491-3p and FGF5. The cells (1x10^6 cells/ml) were seeded in a 6-well plate with serum-free DMEM. They were transfected with miR-491-3p mimic, mimic NC, miR-491-3p inhibitor, and inhibitor NC. Using Lipofectamine 2000, pmirGLO-FGF5-wild-type (WT) and pmirGLO-FGF5-mutant type (MUT) luciferase reporter vectors (Shanghai GenePharma Co., Ltd.) were individually transfected into A549 and H1299 cells. After incubating for 48 h at 37°C, the luciferase activity was measured using the dual-luciferase reporter assay system (Promega Corporation). Renilla luciferase activity was used as control.

In vivo study. Animal experiments were approved (approval no. AE041A) by the Animal Ethics Committee of First Affiliated Hospital of Wannan Medical College Yijishan Hospital (Wuhu, China). The document of the Animal Ethics Committee was related to the animal experiments of the present study. A total of 12 BALB/c nude mice (male, 4 weeks old, weight 220-240 g, obtained from Vital River Laboratory Animal Technology; Beijing, China) were randomly divided into two groups: NC group (n=6) and miR-491-3p group (n=6). Lentiviruses (hU6-MCS-CMV-Puromycin) were purchased from Shanghai GeneChem Co., Ltd. The 293T cells were seeded at a density of 6x10^5 cells/ml in a 15-cm culture dish, cultured at 37°C with 5% CO₂ to 70-80% confluence, and the lentivirus plasmids were co-transfected into 293T cells using Lipofectamine® 2000 (Invitrogen; Thermo Fisher Scientific, Inc.), at 37°C for 6 h. The supernatant of 293T cells transfected for 72 h was collected, centrifuged at 4,000 x g for 10 min at 4°C to remove cell debris, filtered, centrifuged at 7,000 x g for 5 min at 4°C, resuspended in ice-cold PBS to detect the titer, and stored at -80°C. Based on the transfection, the cells were divided into miR-491-3p and NC groups. The A549 cells at a density of 6x10^5 cells/well in a six-well culture plate were infected with the miR-491-3p with a multiplicity of infection of 20, and the miR-491-3p gene expression sequence carried by the lentivirus was integrated into the cell to obtain stable overexpression. A549 cells were transfected with lentivirus/medium at a ratio of 1:50. Stable cell lines were selected by puromycin (Sigma-Aldrich; Merck KGaA) at 5 µg/ml for 2 weeks. The lentiviral vectors contained enhanced green fluorescent protein (eGFP). Lentiviral-transfected A549 cells were harvested and dispersed into PBS to prepare cell suspension. The density of each cell suspension samples was 1x10^7 cells/ml. Nude mice of NC group and miR-491-3p group were injected subcutaneously with 100 µl of the corresponding cell suspension samples. The injection site was on the back. After injection, nude mice were kept at 22±2°C for 28 days in a 12 h day/night cycle room with free access to food and water. The tumor volume was measured at 7-day intervals by (length x width^2)/2. Nude mice were then euthanized by rapid cervical dislocation after deep anesthesia with 5% isoflurane. The xenograft tumor tissues were collected, weighted and stored in a refrigerator at -80°C. During the 28-day, the humane endpoint of mice was defined as the following symptoms: hunched posture, pale extremities, inactivity and dyspnea; and the tumor size exceeded 20 mm in one dimension. Mice with these aforementioned symptoms were then immediately euthanized. The regularly tumor progression was checked every day by using vernier caliper in order to ensure the tumor size was within the allowable range of humane endpoints.

Immunohistochemistry (IHC). The protein expression of FGF5 and Ki67 in the xenograft tumor tissues was detected by performing IHC. Briefly, the xenograft tumor tissues were embedded into paraffin before being cut into 4-µm sections. After dewaxing in xylene and rehydration in descending ethanol series, the sections were treated with 3% H₂O₂ for 10 min at room temperature and then subjected to antigen retrieval in boiled citrate buffer. The blockage of the sections was implemented by 5% normal goat serum. Thereafter, the sections were incubated overnight with rabbit anti-FGF5 primary antibody (1:100; cat. no. ab88118) and rabbit anti-Ki67 primary antibody (1:100; cat. no. ab15890; both from Abcam) at 4°C. PBS was utilized to wash the sections twice. The sections were then treated for 30 min with horseradish peroxidase-conjugated goat anti-rabbit secondary antibody (1:200; cat. no. ab6721; Abcam) at 37°C. Post twice washing with PBS, the sections were stained with 3,3’-diaminobenzidine (for 5 min at room temperature) and hematoxylin (for 30 sec at room temperature). After dehydration, the sections were sealed in neutral resin and observed under a light microscope (Olympus Corporation; magnification, x200; scale bar: 100 µm).

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). TRIzol® reagent (Wuhan Boster Biological Technology, Ltd.) was added into tissues and cells to extract total RNA. The total RNA sample was reverse transcribed to obtain the cDNA template. It was reverse transcribed using the PrimeScript RT Master Mix (Takara Bio, Inc.) according to the manufacturer's protocol. RT-qPCR was performed using the SYBR Premix Ex Taq (Takara Bio, Inc.) in an ABI 7500 Real-Time PCR system (Applied Biosystems; Thermo Fisher Scientific, Inc.). The thermocycling conditions were as follows: 40 cycles at 95°C for 5 min, 95°C for 30 sec, 60°C for 45 sec, and 72°C for 30 min. The primers were designed by Shanghai GenePharma Co., Ltd. and the sequences were as follows: miR-491-3p forward, 5'-AGTGGGGAACCCCTCC-3' and reverse, 5'-GAACATGTCTGG-TATCTC-3'; U6 forward, 5'-AAAGCAATCATCGGACACC-3' and reverse, 5'-GTA CAACACATTGTGTCTCCTCGA-3'; FGF5 forward, 5'-TTC TCTTTCACAGCAAAAA-3' and reverse, 5'-CTCCCTTGT TCTAAACCATC-3'; and β-actin forward, 5'-AGGCAGCAT CCCCCAAGTT-3' and reverse, 5'-GGGCACGAGGC
TCATCATT-3'. U6 was used as control for miR-491-3p relative expression using the 2^−ΔΔCq method (19).

Western blot analysis. Total proteins were extracted from tissues and cells using RIPA lysis buffer (Beyotime Institute of Biotechnology) containing protease inhibitor. The concentration of total proteins was determined using a BCA kit (Beyotime Institute of Biotechnology). A 10 µg protein sample was mixed with 1X loading buffer and separated using 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis. The proteins were transferred onto a polyvinylidene fluoride (PVDF) membrane and blocked with 5% skimmed milk for 1 h at room temperature. Rabbit anti-FGF5 primary antibody (1:1,000) and rabbit anti-β-actin primary antibody (1:1,000; cat. no. ab8227; Abcam) were used to probe the PVDF membrane for 12 h at 4˚C. horseradish peroxidase-conjugated goat anti-rabbit secondary antibody (1:2,000) was used to treat the PVDF membrane for 1 h at room temperature. The protein blots were visualized using enhanced chemiluminescence detection reagent (Beyotime Institute of Biotechnology). The quantitative analysis of proteins was performed using Quantity one software (version 4.6.3; Bio-Rad Laboratories, Inc.). β-actin was used as the control for the relative expression of FGF5 protein.

Statistical analysis. All experiments were performed in triplicate. SPSS 19.0 (IBM Corp.) and GraphPad Prism 5.0 software (GraphPad Software, Inc.) were used to analyze the data (mean ± standard deviation). The two-tailed paired Student’s t-test was used for the comparison between two groups. More than two groups were compared using One-way ANOVA followed by Tukey’s post hoc test. Pearson’s correlation coefficient test was employed to identify the correlation between miR-491-3p and FGF5 mRNA in tumor tissues of patients with NSCLC. P<0.05 was considered to indicate a statistically significant difference.

Results

miR-491-3p is downregulated and FGF5 is upregulated in patients with NSCLC. In the present study, the expression of miR-491-3p and FGF5 protein was evaluated in 43 patients with NSCLC. miR-491-3p expression was distinctly low in tumor tissues compared with the adjacent normal tissues (P<0.01) (Fig. 1A). By contrast, FGF5 protein expression was higher in tumor tissues of patients with NSCLC compared with normal adjacent tissues (P<0.01) (Fig. 1B). The relationship between miR-491-3p expression and clinicopathological characteristics of patients was demonstrated in Table I. NSCLC patients with low miR-491-3p expression exhibited advanced tumor stages and lymphatic metastasis (P<0.05). Additionally, the relationship between FGF5 mRNA expression and clinicopathological characteristics of NSCLC patients was listed in Table II. High FGF5 mRNA expression was associated with advanced TNM stage and lymphatic metastasis of NSCLC patients (P<0.05). Therefore, miR-491-3p was downregulated and FGF5 was upregulated in tumor tissues of NSCLC patients. Low miR-491-3p expression and high FGF5 mRNA expression was associated with poor outcomes in NSCLC patients, including advanced TNM stage and lymph node metastasis.

Additionally, the expression of miR-491-3p, FGF5 mRNA and protein expression in A549 and H1299 cells were monitored by RT-qPCR and western blotting (Fig. 1C and D). An opposite trend was found between miR-491-3p and FGF5 expression levels in A549 and H1299 cells.

miR-491-3p overexpression inhibits viability, proliferation, migration and invasion, and promotes apoptosis in NSCLC cells. A549 and H1299 cells were transfected with miR-491-3p mimic and corresponding NC. After transfection, cell viability and proliferation were investigated using CCK-8 assay and Edu
After 48 h, the OD (at 450 nm) values for A549 and H1299 cells in the miR‑491‑3p mimic group were significantly lower compared with the NC mimic group (P<0.05 or P<0.01; Fig. 2A). In the miR‑491‑3p mimic group, the number of Edu positive cells was decreased compared with the NC mimic group (P<0.01; Fig. 2B). Therefore, miR‑491‑3p overexpression inhibited viability and proliferation of NSCLC cells.

The Matrigel experiment was used to study the invasion ability of the NSCLC cells. As revealed in Fig. 2C, compared with the NC mimic group, A549 and H1299 cells of the miR‑491‑3p mimic group exhibited a significantly lower invasive cell number (P<0.01). Wound healing assay demonstrated a significantly higher relative wound width in A549 and H1299 cells of the miR‑491‑3p mimic group compared with the NC mimic group (P<0.01; Fig. 2D). Therefore, miR‑491‑3p overexpression inhibited invasion and migration of NSCLC cells.

Flow cytometric analysis was utilized for observing cell apoptosis. The percentage of apoptosis was subsequently investigated. A549 and H1299 cells in the miR‑491‑3p mimic group showed a higher cell apoptotic percentage, compared with the NC mimic group (P<0.01; Fig. 2E). Therefore, miR‑491‑3p overexpression facilitated apoptosis in NSCLC cells.

miR‑491‑3p directly inhibits the expression of FGF5. Using TargetScan 7.1. online prediction software, it was identified that FGF5 possessed a binding site for miR‑491‑3p in the 3′‑UTR region (Fig. 3A). Subsequently, the dual‑luciferase reporter gene assay was used to detect the relationship between miR‑491‑3p and FGF5. As revealed in Fig. 3B, the relative luciferase activity of WT‑FGF5 reporter in A549 and H1299 cells was lower in the miR‑491‑3p mimic group compared with the NC mimic group (P<0.01). By contrast, the miR‑491‑3p inhibitor group revealed higher relative luciferase activity of WT‑FGF5 reporter in A549 and H1299 cells compared with the NC inhibitor (P<0.01). However, no significant changes in relative luciferase activity of MUT‑FGF5 reporter were observed among the four groups. FGF5 mRNA expression in clinical samples of patients with NSCLC was monitored using RT‑qPCR. Significantly upregulated FGF5 mRNA was detected in tumor tissues compared with that in adjacent normal tissues (P<0.01). The miR‑491‑3p and FGF5 mRNA level in tumor tissues of patients with NSCLC exhibited a negative correlation (P=0.0008; Fig. 3C). Additionally, FGF5 mRNA and protein expression was detected in A549 and H1299 cells of the four groups. As a result, the FGF5 mRNA and protein expression was decreased in A549 and H1299 cells of the miR‑491‑3p mimic group in comparison with the NC mimic group (P<0.01). Compared with the NC inhibitor group, FGF5 mRNA and protein expression significantly increased in A549 and H1299 cells of the miR‑491‑3p inhibitor group (P<0.01; Fig. 3D). These results indicated that FGF5 expression is directly inhibited by miR‑491‑3p.

Table I. The relationship between miR‑491‑3p expression and clinicopathological characteristics of patients with non‑small cell lung cancer.

| Clinicopathological characteristics | Number of patients | Expression level of miR‑491‑3p | P‑value |
|------------------------------------|--------------------|--------------------------------|---------|
|                                    |                    | Low (<median) | High (≥ median) |         |
| Number                             | 43                 | 21             | 22             | 0.625   |
| Age, years                         |                    |                |                |         |
| <60                                | 18                 | 8              | 10             |         |
| ≥60                                | 25                 | 13             | 12             |         |
| Sex                                 |                    |                |                | 0.658   |
| Female                             | 19                 | 10             | 9              |         |
| Male                               | 24                 | 11             | 13             |         |
| TNM stage                          |                    |                |                | 0.004   |
| I/II                               | 20                 | 5              | 15             |         |
| III/IV                             | 23                 | 16             | 7              |         |
| Pathological type                  |                    |                |                | 0.745   |
| Squamous                           | 22                 | 12             | 10             |         |
| Adenocarcinoma                     | 14                 | 6              | 8              |         |
| Large cell lung cancer             | 7                  | 3              | 4              |         |
| Smoking status                     |                    |                |                | 0.850   |
| Non‑smoker                         | 17                 | 8              | 9              |         |
| Smoker                             | 26                 | 13             | 13             |         |
| Lymphatic Metastasis               |                    |                |                | 0.002   |
| No                                 | 16                 | 3              | 13             |         |
| Yes                                | 27                 | 18             | 9              |         |

miR, microRNA.
FGF5 upregulation reverses the inhibitory effects of miR-491-3p on NSCLC cell malignant phenotype. pcDNA3.1-FGF5 plasmid and control vectors were transfected into A549 cells. The transfection efficiency was analyzed using RT-qPCR. A549 cells of the FGF5 group exhibited significantly higher FGF5 protein expression compared with the vector group (P<0.01; Fig. 4A).

After 72 h, compared with the NC mimic + vector group, the OD value of A549 cells decreased in the miR-491-3p mimic + vector and increased in NC mimic + FGF5 groups, respectively (P<0.01). Meanwhile, compared with the miR-491-3p mimic + FGF5 group, the OD value of A549 cells in the miR-491-3p mimic + vector group decreased, and in the NC mimic + FGF5 group increased (P<0.01; Fig. 4B).

Compared with the NC mimic + vector group, the Edu positive cell number decreased in the miR-491-3p mimic + vector and increased in NC mimic + FGF5 groups, respectively (P<0.01). Compared with the miR-491-3p mimic + FGF5 group, the Edu positive cell number decreased in the miR-491-3p mimic + vector group and increased in the NC mimic + FGF5 group, respectively (P<0.01; Fig. 4C).

In the Matrigel experiment, compared with the NC mimic + vector group, the invasive cell numbers were lower in the miR-491-3p mimic + vector and higher in the NC mimic + FGF5 groups, respectively (P<0.01). Similarly, compared with the miR-491-3p mimic + FGF5 group, the invasive cell numbers decreased in the miR-491-3p mimic + vector and increased in the NC mimic + FGF5 groups, respectively (P<0.01; Fig. 4D).

Wound healing assay was performed to evaluate the cell migration ability. The results showed that compared with the NC mimic + vector group, the relative wound width was larger in the miR-491-3p mimic + vector and smaller in the NC mimic + FGF5 groups, respectively (P<0.01). Similarly, compared with the miR-491-3p mimic + FGF5 group, the relative wound width was larger in the miR-491-3p mimic + vector and smaller in the NC mimic + FGF5 groups, respectively (P<0.01; Fig. 4E).

Flow cytometric analysis was used to detect apoptosis. Compared with the NC mimic + vector group, the cell apoptosis percentage was higher in the miR-491-3p mimic + vector and lower in the NC mimic + FGF5 groups, respectively (P<0.01). Moreover, compared with the miR-491-3p mimic + FGF5 group, the cell apoptosis percentage of A549 cells was higher in the miR-491-3p mimic + vector and lower in the NC mimic + FGF5 groups, respectively (P<0.01; Fig. 4F). These results suggested that FGF5 upregulation reversed the inhibitory effect of miR-491-3p on the NSCLC cell malignant phenotype.

miR-491-3p overexpression suppresses the in vivo growth of NSCLC. In vivo study was performed to monitor the effect of miR-491-3p on the in vivo development of NSCLC. As revealed in Fig. 5A and B, miR-491-3p overexpression suppressed the
in vivo growth of NSCLC cells, as proved by the lower tumor volume and weight in miR-491-3p group compared with the NC group (P<0.01). Xenograft tumor tissues were subjected to RT-qPCR to detect the expression of miR-491-3p and FGF5 mRNA. As a result, higher miR-491-3p expression as well as lower FGF5 mRNA expression was revealed in the xenograft tumor tissues of miR-491-3p group when compared with NC group (P<0.01; Fig. 5C). Simultaneously, less Ki67 and FGF5 protein expression was identified in the xenograft tumor tissues of miR-491-3p group compared with the NC group (Fig. 5D). Thus, miR-491-3p suppressed the in vivo growth of NSCLC.
Discussion

The expression of miRNA is tissue-specific and is usually dysregulated in multiple human types of cancer (20). In the present study, the tumor-suppressive role of miR-491-3p was demonstrated in NSCLC. Low miR-491-3p expression was associated with poor outcomes in patients with NSCLC, including advanced TNM stage as well as lymph node metastasis. The overexpression of miR-491-3p promoted apoptosis and inhibited viability, proliferation, migration and invasion of the NSCLC cells. Additionally, miR-491-3p overexpression suppressed the in vivo growth of NSCLC. This is the first time, to the best of our knowledge, that miR-491-3p is identified as a tumor suppressor in NSCLC.

miRNAs are important regulators of tumorigenesis. They can promote degradation in mRNA or suppress translation of proteins by interacting with the 3′-UTR region of the mRNA of target genes (21). In recent years, the role of miRNAs in the progression of NSCLC has attracted extensive attention. For instance, miR-605-5p was revealed to be overexpressed in NSCLC. The malignant phenotype of NSCLC cells, such as migration and invasion, were intensified after the overexpression of miR-605-5p (22). miR-512-5p played a tumor-suppressive effect on NSCLC. The upregulation of miR-512-5p enhanced the apoptosis and suppressed the invasion of NSCLC cells (23). By contrast, miR-148b was identified to be poorly expressed in NSCLC patients with low miR-148b expression showed shorter overall survival. The elevated miR-148b expression suppressed NSCLC cell growth, migration and invasion (24).

In clinical practice, the effective delivery of miRNAs to the tumor sites remains an important challenge in the transition of miRNAs therapy. Notably, recently, it has been demonstrated that nano-formulations of miRNAs not only reduce systemic and cytotoxicity, but also elevate the bioavailability of miRNAs and the accumulation of miRNAs at the tumor site (26). Therefore, in the future, the development of nano-formulations of miR-491-3p for NSCLC target therapy will be a promising direction to realize the clinical use of miR-491-3p.

FGF5 is involved in multiple biological processes, such as tissue growth and repair (27). A recent study has proved that
Figure 4. FGF5 upregulation reverses the inhibitory effects of miR-491-3p on NSCLC cell malignant phenotype. (A) A549 cells were successfully transfected using pcDNA3.1-FGF5 plasmid and control vector. (B) FGF5 upregulation reversed the inhibitory effects of miR-491-3p on NSCLC cell viability. (C) FGF5 upregulation reversed the inhibitory effects of miR-491-3p on NSCLC cell proliferation. 200x magnification. Scale bar: 50 µm. (D) FGF5 upregulation reversed the inhibitory effects of miR-491-3p on NSCLC cell invasion. 200x magnification. Scale bar: 50 µm. (E) FGF5 upregulation reversed the inhibitory effects of miR-491-3p on NSCLC cell migration. (F) FGF5 upregulation reversed the effects of miR-491-3p on NSCLC cell apoptosis. *P<0.01. FGF5, fibroblast growth factor 5; miR, microRNA; NSCLC, non-small cell lung cancer; NC, negative control.
FGF5 is a cancer promoting factor. FGF5 upregulation in breast cancer was associated with poor prognosis (28). Han et al (29) reported that FGF5 was required for the proliferation of osteosarcoma cells. The addition of exogenous FGF5 enhanced proliferation and suppressed apoptosis in osteosarcoma cells by activating the mitogen-activated protein kinase (MAPK) signaling pathway. The upregulation of FGF5 partially reverses the suppression of miR-567 in osteosarcoma cell migration and invasion (30). Moreover, FGF5 was verified to be a target of miR-188-5p. Restoring FGF5 expression reversed the inhibitory effect of miR-188-5p on the metastasis of hepatocellular carcinoma (31). FGF5 expression is aberrantly elevated in pancreatic cancer. The growth of pancreatic cancer cells is significantly exacerbated after treatment with exogenous FGF5. However, the addition of exogenous FGF5 enhanced the activity of the MAPK signaling pathway (32). Similarly, it was demonstrated that FGF5 was highly expressed in patients with NSCLC. miR-491-3p directly restrained the expression of FGF5. Moreover, restoring the FGF5 expression abrogated the inhibition of miR-491-3p on the malignant phenotype of NSCLC cells. Thus, miR-491-3p could suppress the progression of NSCLC by targeting FGF5. The mechanism diagram is revealed in Fig. 6.

Nevertheless, there are certain limitations to the present study. First, the sample size/power analysis was not performed. Moreover, a previous study has reported that FGF5 could promote the activity of the MAPK signaling pathway (29). However, due to laboratory limitations, it could not be confirmed whether FGF5 promoted NSCLC progression via regulating the MAPK signaling pathway activity. Furthermore, the present study focused on miR-491-3p and its downstream gene in NSCLC. It should be better to explore whether miR-491-3p expression correlates with driver gene status. Meanwhile, the concomitant mutations or co-mutations

Figure 5. miR-491-3p overexpression suppresses the in vivo growth of NSCLC. (A and B) The volume and weight of xenograft tumor tissues was measured. (C) Reverse transcription-quantitative PCR was implemented to detect the expression of miR-491-3p and FGF5 mRNA in xenograft tumor tissues. (D) Immunohistochemical analysis was carried out to detect the expression of Ki67 and FGF5 protein in xenograft tumor tissues. 200x magnification. Scale bar: 100 µm. **P<0.01. miR, microRNA; NSCLC, non-small cell lung cancer; FGF5, fibroblast growth factor 5; NC, negative control.

Figure 6. Mechanism diagram of the present study.
should also be investigated. These aforementioned issues will be addressed in future studies.

These findings indicated that miR-491-3p acts as a tumor suppressor in NSCLC. It weakens the proliferation, migration, invasion, and enhances the apoptosis of NSCLC cells by targeting FGF5. Restoring FGF5 expression reverses the suppression role of miR-491-3p on the NSCLC cell malignant phenotype. More importantly, miR-491-3p overexpression suppresses the in vivo growth of NSCLC. Therefore, miR-491-3p may be a potential target for the treatment of NSCLC.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors' contributions

GZ was responsible for study design and data collection. LW contributed to data analysis. GZ and HZ were in charge of clinical data recording and data analysis. GZ, HZ and LW performed the experiments. GZ, HZ and LW wrote the manuscript. All authors read and approved the final manuscript. GZ and LW confirm the authenticity of all the raw data.

Ethics approval and consent to participate

The research protocol was reviewed and approved (approval no. TCH036) by the Ethics Committee of the First Affiliated Hospital of Wannan Medical College Yijishan Hospital (Wuhu, China) and was in line with the Declaration of Helsinki. Animal experiments were approved (approval no. AE041A) by the Animal Ethics Committee of First Affiliated Hospital of Wannan Medical College Yijishan Hospital (Wuhu, China). Written informed consent was obtained from all patients.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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