A novel family of dynamical Monte Carlo algorithms for lattice polymers is proposed. Our central idea is to simulate an extended ensemble in which the self-avoiding condition is systematically weakened. The degree of the self-overlap is controlled in a similar manner as the multicanonical ensemble. As a consequence, the ensemble—the multi-self-overlap ensemble—contains adequate portions of self-overlapping conformations as well as higher energy ones. It is shown that the multi-self-overlap ensemble algorithm reproduce correctly the canonical averages at finite temperatures of the HP model of lattice proteins. Moreover, it outperforms massively a standard multicanonical algorithm for a difficult example of a polymer with 8-stickers. Alternative algorithm based on exchange Monte Carlo method is also discussed.
Monte Carlo simulations of lattice polymers has been an important subject in a wide area of scientific researches, for example, statistical physics, physical chemistry and theoretical biology. Simulations of lattice heteropolymers, which consist of several different types of monomers, are especially interesting because they are minimal models of protein folding. Such simulations, however, often suffer from slow relaxations and metastablity caused by the competition between short-ranged interactions and connectivity constraints among the monomers. For other systems with metastability, such as a spin system which exhibits the first-order phase transition, the multicanonical ensemble method is known to work well. But for the heteropolymer simulations, the multicanonical ensemble will not be a desired solution. In fact, even a self-avoiding walk, which is the simplest lattice polymer, is not easy to generate, although no interaction energy is assumed between monomers other than the constraint of the self-avoidingness.

In this letter, we propose a novel approach to the dynamical Monte Carlo simulation of lattice polymers. The present approach is a variant of Monte Carlo algorithms based on extended ensembles and can be applied to a wide range of models including lattice heteropolymers and protein models on lattices. Our starting point is the introduction of an artificial ensemble that contains conformations with finite self-overlaps. With this relaxation of the self-avoidingness, the conformations with self-overlaps play a role of "bridges" between metastable states and the rapid mixing of the Markov chain is expected. In fact, Shakhnovich et al. have reported that the folding becomes considerably faster than usual in the lattice protein model that allowed doubly and triply self-overlapping conformations.

In the multi-self-overlap ensemble, self-overlapping conformations are allowed and the probability is modified further as

$$P_\beta(\Gamma) \propto \exp(-g(E(\Gamma), V(\Gamma))).$$

Here $V(\Gamma)$ is the effective energy associated with the self-overlap in the conformation $\Gamma$, which is defined as

$$V(\Gamma) = \sum_{i \in G'} (n_i(\Gamma) - 1)^2,$$

where $n_i(\Gamma)$ is the number of the monomers on a lattice point $i$, and $G'$ means a set of lattice points which are occupied by at least one monomer. When the polymer is in a self-avoiding conformation, $V(\Gamma) = 0$, and when it is collapsed into a pair of points, $V(\Gamma) \sim 2 \cdot (N/2 - 1)^2$; values of $V(\Gamma)$ for any other conformations lie in between these two limiting values. Here we assume that the definition of the original energy function $E(\Gamma)$ is extended to the conformations with self-overlaps in a reasonable way. We tune the values of $g(E, V)$ by a preliminary run so that we get a sufficiently flat bivariate marginal distribution of $(E, V)$ in a prescribed range $E_{\text{min}} \leq E \leq E_{\text{max}}, 0 \leq V \leq V_{\text{max}}$. Then a run for the measurement of physical quantities is performed.

The relaxation of self-avoidingness alone, however, is not sufficient for an ensemble of good performance when the models with attractive interactions are considered. With these models, the polymer tends to collapse at low temperatures, if finite self-overlaps are allowed. Such behavior is evidently not desirable for our purpose, because the severely collapsed conformations have smaller entropy and do not work as good "bridges". Thus we need an ensemble extended to two directions, that is, the number of self-overlaps and the interaction energy. There are several ways to realize such an ensemble. Among them, we will discuss a particular type of ensemble — multi-self-overlap ensemble — in detail.

Let us consider a heteropolymer of length $N$ on a lattice $G$. The energy of the polymer in a conformation $\Gamma$ is denoted by $E(\Gamma)$. Then the canonical distribution that we want to sample by Monte Carlo simulations is

$$P_\beta(\Gamma) \propto \exp(-\beta E(\Gamma)).$$

In the conventional multicanonical algorithm, we simulate the system with a modified probability

$$P_f(\Gamma) \propto \exp(-f(E(\Gamma))),$$

where $f$ is a function only of $E$. Only the self-avoiding conformations are allowed as $\Gamma$. The form of the function $f$ is tuned so that the marginal distribution of $E$ becomes as uniform as possible in a prescribed interval $E_{\text{min}} < E < E_{\text{max}}$. In actual implementations of the multicanonical algorithm, the appropriate values of $f(E)$ are learned by the iterative construction of the energy histogram through preliminary runs. Then the canonical average at inverse temperature $\beta$ is calculated by the histogram reweighting.

The reweighting formula for the present algorithm is

$$\langle A \rangle projection \frac{\sum_i A(\Gamma_i)P_\beta^{-1}(\Gamma_i)\exp(-\beta E(\Gamma_i)) \sum_i P_\beta^{-1}(\Gamma_i)\exp(-\beta E(\Gamma_i))}{},$$

where $\Gamma_i$ is the number of the monomers on a lattice point $i$, and $G'$ means a set of lattice points which are occupied by at least one monomer. When the polymer is in a self-avoiding conformation, $V(\Gamma) = 0$, and when it is collapsed into a pair of points, $V(\Gamma) \sim 2 \cdot (N/2 - 1)^2$; values of $V(\Gamma)$ for any other conformations lie in between these two limiting values. Here we assume that the definition of the original energy function $E(\Gamma)$ is extended to the conformations with self-overlaps in a reasonable way. We tune the values of $g(E, V)$ by a preliminary run so that we get a sufficiently flat bivariate marginal distribution of $(E, V)$ in a prescribed range $E_{\text{min}} \leq E \leq E_{\text{max}}, 0 \leq V \leq V_{\text{max}}$. Then a run for the measurement of physical quantities is performed.
where $\Gamma_i$ represents a conformation at $i$th Monte Carlo Step and the summations are taken over the self-avoiding conformations.

Before discussing the numerical results, we will touch on related works on extended ensembles. Urakami and Takasu investigated lattice heteropolymers by means of the conventional multicanonical algorithm. Bruce et al. calculated the free energy difference between crystals of different lattice structures using an extended ensemble. Although they treated very different systems, their idea had some common feature with ours.

Now we consider a specific example as a touchstone of the algorithm, that is, the HP model of protein on the square lattice. This model consists of a self-avoiding polymer chain on a lattice with two types of monomers ("amino acids") H(hydrophobic) and P(polar). A conformation of the polymer is indexed by $r = \{r_i\}$, where $r_i$ is the vector of coordinates of the $i$th monomer. The interaction $u$ between a pair of monomers is defined as $u(H, H) = -1$, $u(H, P) = u(P, H) = u(P, P) = 0$. The energy $E(r)$ of a conformation $r$ of a polymer is written as

$$ E(r) = \sum_{i<j} u(S_i, S_j) \Delta(r_i - r_j), \quad (6) $$

where $S_i \in \{H, P\}$ is the index of the type of $i$th monomer. The factor $\Delta(r_i - r_j)$ takes the value 1 if and only if $r_i$ and $r_j$ are on adjoining lattice sites but not consecutive along the chain. We restrict the bond length between the consecutive monomers as 1, even for self-overlap conformations. Then, we can simply use the same definition of the energy eq. (5) for all the conformations. We take $V_{max} = 4$ throughout the following simulations.

Next, we select a set of "elementary moves" used in the simulations. The following six moves are included, which are widely used in dynamical Monte Carlo simulations of lattice polymers: (1) one-bead flip, (2) 90° end-bond rotation, (3) 180° end-bond rotation, (4) ±90° rotation, (5) 180° rotation, (6) rotation and reflection. We further add the following two new moves which are possible only for self-overlapping conformations to the move set: (7a) "jackknife" shown in Fig.1a and (8a) "loop overturn" shown in Fig.1b. Note that the degrees of freedom for the moves of the conventional types are increased when self-overlaps are allowed.

Let us turn to numerical results. First we consider the sequence $PH^2P^2H^2P^2H^2P^2HP$ of length 16, which is taken from the reference. This sequence has nine distinguishable ground states which are not related with each other by symmetry. We calculate the temperature dependence of the "local field" $f_i = \sum_j u(S_i, S_j) \Delta(r_i - r_j)$ felt by the $i$th monomer. The results are shown in Fig. 2 along with the data calculated by the exact enumeration of all the conformations. A good agreement to the exact result supports the validity of the present algorithm.

Next we consider the "8-sticker" sequence $P^3(HP^6)^7HP^3$ of length 56. The polymer with this sequence has a number of ground states. They
can be classified into three large groups by the combinations of contacting H monomers \[13\]. Simulations of such polymer are evidently far from trivial. We compare the performance of the multi-self-overlap algorithm with the conventional multicanonical algorithm for this example. Instead of the new elementary moves (7a) and (7b), we use the following two moves in the conventional multicanonical algorithm: (7b) 180° crankshaft and (8b) three-bead J flip.

Time-series of the energy in both algorithms are plotted in Fig.3. The definition of one Monte Carlo step is that all types of the moves are tried once for all the monomers, irrespective of whether the resulting conformation satisfies the self-avoiding condition or not. For the multi-self-overlap algorithm, the values of the energy only of self-avoiding conformations are shown. It is clearly seen that inclusion of the self-overlapping conformation accelerates the up-down itinerancy of energy very much. In Fig.4, visit to each type of the ground states are recorded. Jumps between the ground states of different types are evidently more frequent in the multi-self-overlap simulation than in the conventional multicanonical simulation. It suggests that the relaxation is much faster in the multi-self-overlap algorithm. We also make similar calculations by the multi-self-overlap algorithm without using a new global move (8a). As a result, we find that the performance slightly lowers than before but still is much higher than that of the conventional algorithm.

![FIG. 3. Time series of the energy for the 8-sticker polymer of the length 56. The upper figure is for the conventional multicanonical ensemble, and the lower one is for the multi-self-overlap ensemble. Only the energy of the self-avoiding conformations are plotted in the lower figure; for counting the Monte Carlo steps, however, the self-overlapping conformations are also taken into account.](image)

So far, we discuss the performance in the measurement runs. On the other hand, our experience shows that the multi-self-overlap algorithm has better performance even in the preliminary runs, i.e., the tuning of the weight requires much shorter CPU time than in the conventional multicanonical algorithm, despite the two-dimensional nature of the histogram to be constructed in the preliminary runs. Actually, we need a few iterations each of which consists only of 50000 Monte Carlo steps to obtain sufficiently uniform histogram by the multi-self-overlap algorithm. On the other hand, at least 10^6 Monte Carlo steps are needed in each iteration by the conventional multicanonical algorithm.

Finally, we briefly discuss a different implementation of our idea. Here we construct an extended ensemble following a method similar to the exchange Monte Carlo algorithm \[10,12\] (equivalently, Metropolis-coupled Markov chain Monte Carlo algorithm \[3\] or, Time-homogeneous annealing algorithm \[3\]). Instead of a series of canonical ensembles with different temperatures in the usual exchange algorithm \[10\], we introduce a series of canonical ensembles with different temperatures in the usual exchange algorithm \[10\].

\[
P_k(\Gamma_k) \propto \exp(-\beta_k E(\Gamma_k) - \lambda_k V(\Gamma_k))
\]

with different degrees of penalties \(\lambda_k\) to self-overlap and inverse temperatures \(\beta_k\). The value of \(\lambda_0\) is set large enough to prevent self-overlap and \(\beta_0\) as the inverse temperature \(\beta\) originally required in the problem. The exchange algorithm is defined as follows: \(n\) dynamical Monte Carlo simulations are performed in parallel, each for \(k\)th parameter set \((\lambda_k, \beta_k)\), with a pair of the conformations \(\Gamma_k\) and \(\Gamma_{k'}\) being exchanged at a prescribed interval according to a probability.
The equilibrium distribution of this coupled Markov chain is the simultaneous distribution $\Pi_k P_k$. Then, a sample from the distribution $P_n$ is regarded as a sample from the desired distribution.

In this paper, we proposed a novel family of dynamical Monte Carlo algorithms for the simulation of lattice polymers. The essence of our algorithms is the introduction of extended ensembles in which the self-avoiding conditions are systematically weakened. We discussed two different implementations of the idea. Both ensembles contain an adequate portion of higher energy conformations as well as self-overlapping conformations. We perform the numerical simulations using one of them, the multi-self-overlap ensemble algorithm. It achieved superior performance compared with the conventional multicanonical algorithm in the hard problem of 8-sticker HP polymers. The following point should be stressed: Although only a portion of the generated conformations satisfy the self-avoiding condition (about 1/5 in the simulations presented above, since $V_{\text{max}} = 4$), we still can get much more statistically independent samples compared with the conventional multicanonical ensemble, because the relaxation is accelerated very much. We also note that the proposed algorithms correctly reproduce the canonical averages at finite temperature when the averages are taken over self-avoiding conformations.

We believe that the present algorithm is powerful and general tool to investigate lattice heteropolymers. An interesting application will be in the design of lattice proteins [13]. Research in this direction is now in progress and will be published in the forthcoming paper [19]. Finally, we point out that the idea behind the multi-self-overlap ensemble is easily extended to simulations of off-lattice polymer models. Application to the finite temperature simulations of the realistic protein models will also be an interesting problem, where the conventional multicanonical ensemble method is currently used.

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[16] Description of the conventional moves are found in ref. 2.

[17] We use a convention to contract the notation. For example, $H^2P^2$ means $HHHPPP$ and $(HP)^2$ means $HPHP$.

[18] Each ground state conformation has two H cores, each of which consists of four H monomers making $2 \times 2$ square. Type 1 ground states have $H$ cores of (4,11,18,25) monomers and (32,39,46,53) monomers. Type 2 consists of two types of $H$ core structures: (4,11,18,53) and (18,25,32,39) or (4,39,46,53) and (11,18,25,32). In type 3 ground states, $H$ cores are (4,11,46,53) and (18,25,32,39).

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