Chapter 18
FEM Human Body Model with Embedded Respiratory Cycles for Antenna and E&M Simulations

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18.1 Background

Human respiration is the exchange of air between the lungs and the ambient atmosphere. Below, we briefly summarize some major facts pertinent to our study.

Mechanics. Respiratory mechanics represent a complex multi-object deformation process. It predominantly involves the non-rigid motion of the (i) diaphragm; (ii) thoracic cage including ribs, cartilage, and sternum; (iii) lungs; (iv) heart; (v) liver; (vi) kidneys; and (vii) intestine. For inhalation, the diaphragm contracts and pushes the contents of the abdomen in the inferior direction as shown in Figs. 18.1 [1] and 18.2 [2]. Simultaneously, the external intercostal muscles expand the rib cage and slightly raise it. For exhalation, the diaphragm and the external intercostal muscles relax.
Diaphragm motion. Respiration is chiefly driven by the diaphragm with primary motion in the superior-inferior direction; total travel is estimated as 10–30 mm during quiet breathing [1]. Other studies report 20 ± 7.0 mm average [2]. A simplified 1D diaphragm motion, $x(t)$, is non-harmonic, and the exhalation portion dominates the inhalation. Given the exhalation at origin, one has

$$x(t) = -A \cos^4 \omega t$$

(18.1)

where $A$ is the corresponding amplitude [3, 4]. Furthermore, the respiratory motion often exhibits hysteresis in space, with an amplitude on the order of 2–4 mm [1].

Adjacent tissues. Closely adjacent structures (i.e., liver, etc.) show comparable motion amplitudes. Furthermore, the following motion amplitudes have been observed (cf. a review in Ref. [1]):

- Motion with an average amplitude of 12 mm in the lung for targets not attached to rigid structures
- 1–25 mm superior-inferior motion of the kidneys, 13 mm superior-inferior motion of the spleen, 2–8 mm motion of the heart (the heart motion is mostly a simple rigid-body translation [5, 6]), and 1–7 mm motion of the trachea
- 13 mm superior-inferior motion of the spleen

Fig. 18.1 (a) Maximum exhalation position, (b) maximum inhalation position, after [1]

Fig. 18.2 Respiratory motion captured via MRI retrospective gating and averaging over multiple cycles, after [2]. The green contour indicates lung volume at maximum exhalation
Thoracic cage kinematics. During respiration, the ribs rotate about an axis through their costal necks to affect the anteroposterior and transverse diameters of the thoracic cavity as shown in Fig. 18.3 [5, 7].

CAD B-Spline modeling. Modeling of the breathing cycle to date has been mostly performed via deformable NURBS surfaces (B-splines) for the lungs and surrounding tissues. The changes the phantoms undergo are then typically splined over time to create time continuous 4D respiratory models [5, 8, 9], which indeed utilize free-form deformations.

Challenges of FEM CAD Modeling. Commercial FEM codes do not operate with B-spline surfaces but rather with triangulated surfaces and tetrahedral/hexahedral volumes. This is in particular valid for most frequency-domain electromagnetics solvers such as ANSYS EM Suite/Maxell 3D and CST Microwave Studio. Therefore, a free-form breathing sequence has to be ultimately converted to a (large) discrete series of separate (full-body) triangulated CAD models, even if the original data were in the form of parametric B-splines. Generally, a conversion from NURBS surfaces to FEM triangular surfaces requires very significant additional meshing times.

The size of one detailed FEM full-body model is quite large (about 200–1000 Mbytes in ANSYS) and a computation with 20–30 such models would be a significant challenge from several points of view. For example, a user will need to create, run, and then post-process a number of large distinct project files, each of which must replicate his/her own excitation setup (e.g., a coil, an antenna, or a radar) and employ a new human model. Furthermore, manual repositioning is necessary for any and all on-body and in-body devices at every step, which would potentially create errors.

18.2 Methods

Built-in affine transformations. A commercial CEM package typically includes a set of nine affine transformations:

Three translations (in the x, y, z directions)
Three rotations (about the x, y, z axes)
Three directional scaling transformations (along the x, y, z axes)

applicable to any object (including a triangular tissue mesh) or to a group of objects and in the form of a parametric sweep. These transformations can be performed in
either global or local coordinate systems. The user can initialize a discrete generic global variable, \( x_n, n = 0, \ldots, N \), define object geometry parameters as certain unique functions of \( x_n \), and then move, rotate, or deform every object of a multi-object structure independently within the framework of the same project file.

Our approach. We apply built-in parameterized affine transformations to construct breathing cycles (quiet, deep, shallow) using only one base full-body human model [10] source not found and using only one project file. Along with the base static human CAD model, this project file includes a parametric sweep or sweeps modeling deformations of involved tissues. Such an approach is not exact, but it may have sufficient accuracy when the parametric sweep is carefully designed. It will allow us to employ any temporal resolution, which is impossible with discrete models. To construct an anatomically relevant breathing cycle, we will try to follow the anatomical data collected from Refs. [1–9] as close as possible.

Challenges. To design an FEM-compatible and anatomically justified multi-tissue affine parametric sweep, a very extensive preprocessing of the static human CAD model is necessary, which is a significant undertaking.

### 18.2.1 Selecting a Sweeping Variable

The natural sweeping variable \( x_n \) is proportional to the diaphragm motion. Since the breathing cycle is periodic, only one period \( T \) must be considered. According to Eq. (18.1), physical time, \( t \), is expressed through a sweep variable by

\[
t = T \left[ \frac{1}{2} - \frac{1}{\pi} \cos \left( \frac{x_n}{\sqrt{N}} \right) \right] \quad \text{when } 0 \leq t \leq T / 2
\]

This result can be programmed in MATLAB as

\[
E = 11; t_0:0:E; T = 1; t = T*(pi/2-acos((t_/E).^0.25))/pi; plot(t_, t, 'o'); grid on.
\]

Table 18.1 gives the corresponding numerical time values. Sweeping variable \( x_n \) runs from zero to \( N = 11 \) in 12 uniform steps. Its zero value corresponds to maximum exhalation; its maximum value of 11 corresponds to maximum inhalation. Higher \( N \) values can be considered for a better accuracy.

### 18.2.2 Static CAD Model

As a base human model at maximum exhalation, we will choose the VHP-Female v.3.1 CAD model (http://www.nevaem.com/) shown in Fig. 18.4. The source data for this model was provided by the National Library of Medicine’s Visible Human Project in the form of full color cryosection images. These images were hand segmented and registered in a global coordinate frame. The model has 26 individual tissues, 270 individual tissue parts, major blood vessels and peripheral nerves, and
a superior resolution in the spinal cord/cranium. All tissue structures are manifold shells and no shell intersects with any neighboring shell. The sweep for the respiratory motion will be implemented for both BASE and SMOOTH sub-models. Only the results for the BASE sub-model will be reported here.

The subject is a ~60-year-old white female with a height $h$ of 162 cm measured from top of the scalp to the average center of both heels. The body mass $M$, computed using standard tissue densities [11] and assigning the average body shell, which includes internal tissues, the density of muscle, is ~88 kg. The computed BMI is ~33.5 (moderately obese). The subject has a heart pathology.

18.2.3 Respiratory Cycle and CAD Tissues Affected by Respiration Motion

The overall change in lung volume is set at 0.32 L, which is close to a normal-to-shallow breathing sequence for this subject. Default temporal resolution includes 12 discrete uniform steps from 0 to 11 in steps of 1 from maximum exhalation to

Table 18.1  Time values in terms of period, $T$, corresponding to the sweeping variable $x_n$, $n = 0, \ldots, N$ for $N = 11$

| $x_n$ | $t/T$ |
|-------|-------|
| 0     | 0.0000|
| 1     | 0.1850|
| 2     | 0.2265|
| 3     | 0.2571|
| 4     | 0.2830|
| 5     | 0.3066|
| 6     | 0.3292|
| 7     | 0.3515|
| 8     | 0.3747|
| 9     | 0.4000|
| 10    | 0.4308|
| 11    | 0.5000|
| 10    | 0.5692|
| 9     | 0.6000|
| 8     | 0.6253|
| 7     | 0.6484|
| 6     | 0.6708|
| 5     | 0.6934|
| 4     | 0.7170|
| 3     | 0.7429|
| 2     | 0.7735|
| 1     | 0.8150|
| 0     | 1.0000|

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maximum inhalation. The default full cycle includes 23 discrete steps. Breathing cycles with finer resolution may be trivially constructed.

We choose the following major set of tissue parts (35 in total) to be affected by the respiratory motion:

- Lungs
- Ribcage with 24 ribs (every rib is moved independently)
- Thoracic cage cartilage
- Sternum
- Pectoralis muscles (major/minor)
- Abdominal muscles
- Erector spinae muscles
- Heart (muscle)
- Liver
- Stomach
- Outer shell – average body
- Outer shell – skin

These objects are transformed so that there are no intersections between any of them at any time moment, with the minimum deformation factors. These transformations are to be performed in global or local coordinate systems.
18.2.4 Required Accuracy: Total Body Mass

Since the respiratory motion modeled with multiple deformed CAD objects is an approximation, a requirement should be made with regard to the total mass error. We will require that the maximum relative body mass variation shall not exceed 0.1% during the entire respiratory cycle.

18.2.5 Algorithm

Below, we briefly review suggested kinematics and dynamics for the individual tissues. All quantitative approximations and the final formulas are thoroughly described in Appendix A.

Lung dynamics This is the first deformation step described in detail in Appendix A. In a local coordinate system associated with the top of the lung, the lung is deformed in all three directions and is moved in one direction in order to guarantee the expected diaphragm movement of 20 mm and simultaneously the volume change of 0.32 L, while maintaining anatomically sound overall deformations.

Thoracic cage kinematics This is the second deformation step. Since the rotation axes in Fig. 18.3 are very loosely defined for the actual anatomical data, we have rotated each rib pair about a fixed axis passing through the heads of two ribs (the end parts closest to the spine). We have also rotated slightly the rib pairs about the vertical axis. Thus, every rib pair is subject to rotation about two axes. All permissible variations of rotation angles have been tested, for every rib pair, in order to satisfy two criteria: (i) avoid intersections with the lung and (ii) stay as close to the lung as possible.

Sternum/cartilage dynamics This is the next deformation step. The sternum is subject to a translation motion, without rotation. Fixed control points on its surface are introduced. Those control points, along with the rib tips, form lines, along which the corresponding cartilage parts will further be deformed (moved and expanded).

Muscles dynamics In this case, we apply rotations, movements, and slight deformations. The goal is to minimize overall movement while avoiding intersections with the thoracic cage.

Heart kinematics The heart is moved in two respective directions without rotations and deformations. The cardiac cycle is not considered.

Liver/stomach kinematics Liver and stomach are moved in two respective directions and are slightly deformed; see Appendix A.
**Outer full-body shells**  This is the only case where we cannot apply affine transformations. However, we may apply Boolean operations with the tissue CAD objects. A number of deformed chests objects are created internally, and then they are united with the otherwise static full-body shells. This operation requires greater care since we have two very closely spaced (1 mm) body shells.

### 18.2.6 Polynomial Interpolation

After a discrete set of affine transformations has been established, this set was converted to polynomials applicable to any temporal resolution and reported in Appendix A. The polynomial approximations have been independently tested with a fine grid. As an example, Table 18.2 reports affine polynomial approximations for several muscles. Note that the dynamic variable $t$ in Table 18.1 is not the actual time, but is proportional to the diaphragm motion $x(t)$ in Eq. (18.1).

### 18.3 Results

The corresponding full-body VHP-Female model with the embedded respiratory motion in the form of a parametric sweep described in Appendix A has been independently realized in
- ANSYS Electronics Desktop software package
- CST Studio Suite software package
- MATLAB

The maximum body mass variation during the entire respiratory cycle is 80 g, *which is less than 0.1% of the total body mass*. The parametric sweep may be adjusted/modified at any time in response to further anatomical evaluations and customer needs.

#### 18.3.1 RF Test at 300 MHz

The problem geometry is shown in Fig. 18.5. An incident plane wave at 300 MHz has a horizontal polarization. The simulations have been performed in ANSYS HFSS with three adaptive mesh refinement passes and with the final meshes approaching 1 M tetrahedra.

**Near field**  Figure 18.5 shows the near-field results at three observation points given a 1 V/m incident wave. The scattered field is plotted. In the illuminated zone, the co-pol near field data may vary by about 3% due to the respiratory motion. In the
Table 18.2 Affine transformations of some muscles (inhalation only) of the VHP-Female model

| Muscles                  | Polynomials of deformation factors (angles recorded in degrees) |
|--------------------------|------------------------------------------------------------------|
| **Pectoralis minor**     |                                                                  |
| (in local CS)            |                                                                  |
| **Left**                 |                                                                  |
| Rot z                    | $-7.149e - 5 * t^6 + 0.00252 * t^5 - 0.03393 * t^4 + 0.2181 * t^3 - 0.681 * t^2$  |
|                         | +1.406 * t + 0.005579                                             |
| Move y                   | $0.0002042 * t^6 - 0.007194 * t^5 + 0.09695 * t^4 - 0.6231 * t^3 + 1.946 * t^2$  |
|                         | -4.016 * t - 0.01594                                               |
| Scale y                  | $2.042e - 7 * t^6 - 7.194e - 6 * t^5 + 9.695e - 5 * t^4 - 0.0006 * t^3 + 0.001946 * t^2$  |
|                         | -0.004 * t + 0.999984                                              |
| **Right**                |                                                                  |
| Rot z                    | $1.083e - 05 * t^6 + 8.348e - 05 * t^5 - 0.00957 * t^4 + 0.1344 * t^3 - 0.7021 * t^2$  |
|                         | +1.774 * t + 0.01398                                               |
| Move y                   | $-3.095e - 5 * t^6 - 0.0002385 * t^5 + 0.02734 * t^4 - 0.3841 * t^3 + 2.006 * t^2$  |
|                         | -5.067 * t - 0.03994                                               |
| Scale y                  | $3.09e - 8 * t^6 - 2.385e - 7 * t^5 + 2.73e - 5 * t^4 - 0.00038 * t^3 + 0.002 * t^2-$  |
|                         | 0.005067 * t + 0.99996                                               |
| **Pectoralis major**     |                                                                  |
| (in local CS)            |                                                                  |
| **Left**                 |                                                                  |
| Move z                   | $-0.00013 * t^6 + 0.004709 * t^5 - 0.0656 * t^4 + 0.4366 * t^3 - 1.388 * t^2$  |
|                         | +2.397 * t - 0.005142                                              |
| Move y                   | $-0.05 + 0.0002525 * t^6 - 0.00914 * t^5 + 0.1272 * t^4 - 0.8445 * t^3 + 2.673 * t^2$  |
|                         | -4.721 * t + 0.01132                                               |
| Scale y                  | $2.6e - 7 * t^6 - 9.418e - 6 * t^5 + 0.0001312 * t^4 - 0.00087 * t^3 + 0.0028 * t^2$  |
|                         | -0.0048 * t + 1.00001028                                           |
| **Right**                |                                                                  |
| Move z                   | $-4.642e - 05 * t^6 + 0.001553 * t^5 - 0.02174 * t^4 + 0.1655 * t^3 - 0.6858 * t^2$  |
|                         | +1.801 * t + 0.02082                                               |
| Move y                   | $9.284e - 05 * t^6 - 0.003107 * t^5 + 0.04348 * t^4 - 0.331 * t^3 + 1.372 * t^2$  |
|                         | -3.602 * t - 0.04165                                               |
| Scale y                  | $9.284e - 8 * t^6 - 3.107e - 6 * t^5 + 4.348e - 5 * t^4 - 0.00033 * t^3 + 0.00137 * t^2$  |
|                         | -0.0036 * t + 0.99995835                                           |

(continued)
| Muscles                  | Polynomials of deformation factors (angles recorded in degrees) |
|-------------------------|---------------------------------------------------------------|
| **Erector Spinae**      |                                                               |
| (in local CS)           |                                                               |
| **Left**                |                                                               |
| Scale y                 | \(8.987e-06 \times t^6 - 0.0003339 \times t^5 + 0.004839 \times t^4 - 0.03445 \times t^3 + 0.1242 \times t^2 - 0.2474 \times t + 0.998756\) |
| Scale x                 | \(4.493e-06 \times t^6 - 0.0001669 \times t^5 + 0.00242 \times t^4 - 0.01723 \times t^3 + 0.06208 \times t^2 - 0.1237 \times t + 0.9993778\) |
| Move y                  | \(-1.123e-05 \times t^6 - 0.000174 \times t^5 + 0.006049 \times t^4 - 0.04307 \times t^3 + 0.1552 \times t^2 - 0.3093 \times t + 0.3093\) |
| **Right**               |                                                               |
| Scale y                 | \(-0.02 \times t + 1\)                                       |
| Scale x                 | \(-0.02 \times t + 1\)                                       |
| Move y                  | \(-0.05 \times t\)                                          |
| **Abdominal**           |                                                               |
| (in global CS)          |                                                               |
| Move z                  | \(0.09091 \times t \times 10^{-3}\)                          |
| Move y                  | \(-0.35 \times t \times 10^{-3}\)                           |
shadow zone, the corresponding variation is negligibly small. Cross-polarization components may exhibit considerably larger relative near-field variations.

**RCS** Figure 18.6 shows the monostatic radar cross section (RCS) of the heterogeneous breathing VHP-Female model during the respiratory cycle. The RCS variations are about 1%. More data may be acquired from the website www.nevaem.com.

![Monostatic RCS during the respiratory cycle](image)

**Fig. 18.5** Scattered field in the Fresnel region at 300 MHz

![Monostatic RCS, m² at 300 MHz](image)

**Fig. 18.6** Monostatic RCS during the respiratory cycle
Appendix A: Realization of the Respiratory Cycle for the VHP-Female CAD Model

**Lung Deformation Sequence**

New global coordinate system: Lung_CS. The origin is located at \((0, \text{max (Py)}, \text{max (Pz)})\) with P being the point cloud of the lungs. The origin coordinates are given by

\[
X = 0, \quad Y = 122.8347, \quad Z = -131.3727
\]  

(18.A1)

Scaling in Lung_CS over \(N (N = 11)\) iterations total: Resulting Parametric Sweep in ANSYS

- 10% size increase in the \(z\)-direction: \(\text{lung\_scalez} = (1 + (0.1 / N))^t\)
- 1% size increase in the \(x\)-direction: \(\text{lung\_scalex} = (1 + (0.01 / N))^t\)
- 1% size increase in the \(y\)-direction: \(\text{lung\_scaley} = (1 + (0.01 / N))^t\)

Variable \(t\) (sweeping variable, not time!) is running from 0 to \(N\). This will result in the overall volume change from 2.22 L to 2.54 L, i.e., 0.32 L. Other sequences may be constructed in a similar fashion.

Translation in Lung_CS over \(N (N = 11)\) iterations total: Resulting parametric sweep in ANSYS

- 3 mm overall in the \(y\)-direction: \(\text{lung\_movey} = -\frac{3 * t * 10^{-3}}{N} \) (m)

Rotation: None

**Ribs Deformation Sequence**

New global coordinate system: None

Scaling: None

Translation: None

Rotation: Every rib is rotated individually for a particular lung deformation so that there are no intersections between ribs and lungs given the minimum separation distance. Two rotation angles are used:

- Rotation about a rib axis, which is created by connecting two control points of two adjacent ribs closest to the vertebral column
- Rotation about the \(z\)-axis, in a new local CS, which is obtained by translation of the origin of the global CS to the rib control point(s) (individually for every rib)

Control points: Closest points to the vertebral column

Definition of rotation angles:
θ – Rotation angle about the rib axis, which results in an upward motion of the rib pair

φ – Rotation angle about the local z-axis, which results in an outward motion of the rib pair

See Tables 18.A1, 18.A2, and 18.A3

**Sternum Deformation Sequence**

New global coordinate system: **Sternum _ CS**. The origin is located at \((3 \times \text{min} (P_x) + \text{max} (P_x)/5), \text{max} (P_y), (3 \times \text{max} (P_z)/5))\) with \(P\) being the point cloud of the sternum. The origin coordinates are given by

\[ X = 20.78, \ Y = -28.86, \ Z = -290.3 \]

Scaling: None
Translation: None
Rotation in **Sternum _ CS**: one degree about the new global y-axis over \(N (N = 11)\) iterations total.

Resulting parametric sweep in ANSYS

\[ \text{sternum \_ rot} = 0.09091 \times t. \]

**Cartilage Deformation Sequence (Implemented in MATLAB)**

New global coordinate system: None
Scaling: Two movement vectors are determined for every cartilage component at each iteration which will decide its scaling factor as follows:

\[ \text{New Movement Vector} = \vec{m}_n \]
\[ \text{Old Movement Vector} = \vec{m}_0 \]

\[ \text{Scaling Factor} = \frac{|m_n|}{|m_0|} \]

\[ \text{Scaling Vector} = -\frac{m_n}{|m_n|} \]
Table 18.A1  Rib deformation sequence: table of computed control points (mm)

| Coord./Rib Par# | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  |
|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| X               | 44.690 | 43.810 | 43.42 | 44.11 | 39.57 | 32.07 | 30.61 | 34.9 | 34.31 | 35.91 | 46.5 | 54.13 |
|                 | −27.49 | −19.62 | −17.15 | −18.25 | −13.45 | −4.1 | −1.296 | −0.242 | −1.062 | −2.352 | −10.33 | −21.09 |
| Y               | 58.37 | 80.38 | 91.95 | 104.3 | 107.7 | 104.5 | 106.3 | 103.3 | 102.7 | 106.3 | 112.5 | 109.3 |
|                 | 61.14 | 76.38 | 93.32 | 100.7 | 106.7 | 102.6 | 106.3 | 106.9 | 102.9 | 103   | 108  | 115.1 |
| Z               | −117.2 | −131.4 | −149.7 | −167.3 | −187.8 | −215.3 | −233.8 | −260.5 | −281.3 | −306.4 | −334  | −367.3 |
|                 | −121.7 | −134  | −156.6 | −170  | −192.2 | −217.8 | −232.7 | −257  | −279.9 | −304.8 | −334  | −365.4 |
| Iter. #/Rib pair # | \( \theta \) | \( \varphi \) |
|-------------------|------------|------------|
| \( R = 1 \)       | 0.1667     | 0.0800     |
| \( R = 2 \)       | 0.6667     | 0.2400     |
| \( R = 3 \)       | 1.5000     | 0.5000     |
| \( R = 4 \)       | 0.6667     | 0.0800     |
| \( R = 5 \)       | 0.4167     | 0.1600     |
| \( R = 6 \)       | 1.0000     | 0.5000     |
| \( R = 7 \)       | 0.5833     | 0.8750     |
| \( R = 8 \)       | 0.8000     | 1.2000     |
| \( R = 9 \)       | 0.8000     | 1.2000     |
| \( R = 10 \)      | 0.4000     | 0.8000     |
| \( R = 11 \)      | 0.3750     | 0.8750     |
| \( R = 12 \)      | 0.4000     | 1.2000     |
Table 18.A3  Rib deformation sequence: table of rotation angles (deg.) extracted from MATLAB

| Iter. #/Rib pair # | Polynomials of rotation angle (deg) |
|-------------------|------------------------------------|
| $n_R = 1$         | $\theta$ 5.901e−05 $\phi$ 0.0001035 |
| $n_R = 2$         | $\theta$ 0.3333 $\phi$ 0.08 |
| $n_R = 3$         | $\theta$ 0.5 $\phi$ 0.08 |
| $n_R = 4$         | $\theta$ 0.6667 $\phi$ 0.08 |
| $n_R = 5$         | $\theta$ -1.844e−05 $\phi$ -3.54e−05 |
| $n_R = 6$         | $\theta$ 0.45 $\phi$ 0.4 |
| $n_R = 7$         | $\theta$ 0.2917 $\phi$ 0.4 |
| $n_R = 8$         | $\theta$ 0.3333 $\phi$ 0.4 |
| $n_R = 9$         | $\theta$ 0.375 $\phi$ 0.4 |
| $n_R = 10$        | $\theta$ 0.4 $\phi$ 0.4167 |
| $n_R = 11$        | $\theta$ 2.986e−05 $\phi$ 2.156e−05 |
| $n_R = 12$        | $\theta$ 0.25 $\phi$ 0.5 |

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Translation: A translation vector determines the movement of the cartilage for every iteration, given by:

\[ \text{Translation Vector} = \vec{m}_n - \vec{m}_0 \]

Rotation: The rotation axis and the rotation degree are given by:

\[ \text{Rotation Vector} = \cos^{-1} \left( \frac{\vec{m}_n \cdot \vec{m}_0}{|\vec{m}_n| |\vec{m}_0|} \right) \]

\[ \text{Rotation Axis} = \vec{m}_0 \times \vec{m}_n \]

See Tables 18.A4 and 18.A5

**Muscle Deformation Sequence (Pectoralis Major, Pectoralis Minor, Abdominal Muscles, and Erector Spinae)**

New local coordinate systems: A local coordinate system is defined for each muscle using a simple translation. The origins are located at \((\min(P_x), \max(P_y), \max(P_z))\) with \(P\) being the point cloud of each left muscle and \((\max(P_x), \max(P_y), \max(P_z))\) of each right muscle. Abdominal muscles are only transformed with respect to the global coordinate system: the origin at \((0, 0, 0)\)

- Scaling in local CSs: See the following tables for individual muscles
- Translation in local CSs: See the following tables for individual muscles
- Rotation in local CSs: See the following tables for individual muscles

See Tables 18.A6, 18.A7, 18.A8, 18.A9, 18.A10, 18.A11, 18.A12, 18.A13, and 18.A14

**Heart Deformation Sequence**

New local coordinate systems: According to literature, the pumping motion of the heart is independent of breathing. As a result, the heart object will only be transformed to avoid intersection with lungs in breathing sequence, with respect to the origin of the global coordinate system \((0, 0, 0)\). See Tables 18.A15 and 18.A16
Table 18.A4  Cartilage deformation sequence: table of rotation angles (radians)

| Iter. #/Cartilage pair # | 1    | 2    | 3    | 4    | 5    | 6    | 7    | 8    | 9    | 10   | 11   |
|--------------------------|------|------|------|------|------|------|------|------|------|------|------|
| Left1                    | 0    | 0    | 0.01445 | 0.01388 | 0.01334 | 0.03706 | 0.03272 | 0.07020 | 0.01471 | 0.00713 | 0.00692 |
| Right1                   | 0    | 0    | 0.01445 | 0.01388 | 0.01334 | 0.03706 | 0.03272 | 0.07020 | 0.01471 | 0.00713 | 0.00692 |
| Left2                    | 0    | 0.02217 | 0.02194 | 0.02169 | 0.02143 | 0.02114 | 0.02084 | 0.02053 | 0.02021 | 0.01988 | 0.01954 |
| Right2                   | 0    | 0.02287 | 0.02281 | 0.02272 | 0.02260 | 0.02246 | 0.02230 | 0.02211 | 0.02190 | 0.02167 | 0.02142 |
| Left3                    | 0    | 0.03000 | 0.02975 | 0.02945 | 0.02910 | 0.02870 | 0.02826 | 0.02779 | 0.02728 | 0.02674 | 0.02618 |
| Right3                   | 0    | 0.02900 | 0.02858 | 0.02813 | 0.02763 | 0.02710 | 0.02655 | 0.02597 | 0.02537 | 0.02476 | 0.02413 |
| Left4                    | 0    | 0.03671 | 0.03598 | 0.03517 | 0.03430 | 0.03338 | 0.03242 | 0.03142 | 0.03041 | 0.02939 | 0.02837 |
| Right4                   | 0    | 0.03461 | 0.03470 | 0.03470 | 0.03461 | 0.03443 | 0.03416 | 0.03381 | 0.03338 | 0.03288 | 0.03231 |
| Left5                    | 0    | 0.01392 | 0.01361 | 0.01331 | 0.02113 | 0.02019 | 0.01195 | 0.01883 | 0.01801 | 0.01073 | 0.01049 |
| Right5                   | 0    | 0.01605 | 0.01575 | 0.01544 | 0.02521 | 0.02417 | 0.01399 | 0.02263 | 0.02167 | 0.01262 | 0.01234 |
| Left6                    | 0    | 0.00617 | 0.00610 | 0.00603 | 0.00596 | 0.00590 | 0.00583 | 0.00577 | 0.00571 | 0.00565 | 0.00559 |
| Right6                   | 0    | 0.01445 | 0.01388 | 0.01334 | 0.03706 | 0.03272 | 0.07020 | 0.01471 | 0.00713 | 0.00692 | 0.00672 |
Table 18.A5  Cartilage deformation sequence: table of expansion factors

| Iter. #/Cartilage pair # | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Left1                    | 0   | 0.002864 | 0.004915 | 0.003289 | 0.005533 | 0.005889 | 0.013425 | 0.012064 | 0.012891 | 0.013652 | 0.011283 |
| Right1                   | 0   | 0.003292 | 0.005705 | 0.003689 | 0.006288 | 0.006622 | 0.015209 | 0.013425 | 0.014189 | 0.014884 | 0.012137 |
| Left2                    | 0   | 0.005041 | 0.005525 | 0.005993 | 0.006444 | 0.006876 | 0.007290 | 0.007685 | 0.008061 | 0.008417 | 0.008753 |
| Right2                   | 0   | 0.001314 | 0.001875 | 0.002430 | 0.002978 | 0.003518 | 0.004046 | 0.004562 | 0.005064 | 0.005552 | 0.006023 |
| Left3                    | 0   | 0.003696 | 0.004616 | 0.005512 | 0.006378 | 0.007211 | 0.008008 | 0.008765 | 0.009481 | 0.010153 | 0.010781 |
| Right3                   | 0   | 0.006657 | 0.007496 | 0.008297 | 0.009057 | 0.009774 | 0.010446 | 0.011073 | 0.011653 | 0.012188 | 0.012677 |
| Left4                    | 0   | 0.009183 | 0.010484 | 0.011701 | 0.012829 | 0.013864 | 0.014804 | 0.015651 | 0.016405 | 0.017069 | 0.017648 |
| Right4                   | 0   | 0.001770 | 0.000510 | 0.000766 | 0.002033 | 0.003287 | 0.004517 | 0.005714 | 0.006871 | 0.007980 | 0.009035 |
| Left5                    | 0   | 0.010654 | 0.010767 | 0.010868 | 0.023283 | 0.023299 | 0.011074 | 0.023284 | 0.023185 | 0.011103 | 0.011113 |
| Right5                   | 0   | 0.009079 | 0.009300 | 0.009506 | 0.020776 | 0.021132 | 0.010164 | 0.021585 | 0.021758 | 0.010557 | 0.010633 |
| Left6                    | 0   | 0.007867 | 0.007894 | 0.007918 | 0.007940 | 0.007959 | 0.007977 | 0.007992 | 0.008006 | 0.008017 | 0.008027 |
| Right6                   | 0   | 0.019481 | 0.019443 | 0.019386 | 0.062856 | 0.061347 | 0.165538 | 0.035730 | 0.016683 | 0.016521 | 0.016358 |
### Table 18.A6 Origin coordinates for the local coordinate systems

| Muscle                  | Local X (mm) | Local Y (mm) | Local Z (mm) | 0.008753 |
|-------------------------|--------------|--------------|--------------|----------|
| Pectoralis minor left   | 89.03        | 27.64        | −201.93      | 0.006023 |
| Pectoralis minor right  | −56.28       | 29.22        | −189.24      | 0.010781 |
| Pectoralis major left   | 18.83        | 76.19        | −192.42      | 0.012677 |
| Pectoralis major right  | 14.82        | −31.92       | −197.71      | 0.017648 |
| Erector spinae left     | 0            | 146.73       | −450.22      | 0.009035 |
| Erector spinae right    | 0            | 146.79       | −453.65      | 0.011113 |

### Table 18.A7 Deformation factors for pectoralis minor left muscle. All angles are recorded in degrees

| Configuration number | Rotation about Z axis (θ) | Movement in Y direction | Scaling in Y direction |
|----------------------|---------------------------|-------------------------|------------------------|
| 1                    | ±0.9545                   | −2.7273                 | −0.0027                |
| 2                    | ±1.2727                   | −3.6364                 | −0.0036                |
| 3                    | ±1.9091                   | −5.4545                 | −0.0055                |
| 4                    | ±2.2273                   | −6.3636                 | −0.0064                |
| 5                    | ±2.8636                   | −8.1818                 | −0.0082                |
| 6                    | ±3.1818                   | −9.0909                 | −0.0091                |
| 7                    | ±3.8182                   | −10.9091                | −0.0109                |
| 8                    | ±4.1364                   | −11.8182                | −0.0118                |
| 9                    | ±4.4545                   | −12.7273                | −0.0127                |
| 10                   | ±5.0909                   | −14.5455                | −0.0145                |
| 11                   | ±5.4091                   | −15.4545                | −0.0155                |

### Table 18.A8 Deformation factors for pectoralis minor right muscle. All angles are recorded in degrees

| Configuration number | Rotation about Z axis (θ) | Movement in Y direction | Scaling in Y direction |
|----------------------|---------------------------|-------------------------|------------------------|
| 1                    | ± 1.2727                  | −3.6364                 | −0.0036                |
| 2                    | ± 1.5909                  | −4.5455                 | −0.0045                |
| 3                    | ± 1.9091                  | −5.4545                 | −0.0055                |
| 4                    | ± 2.2273                  | −6.3636                 | −0.0064                |
| 5                    | ± 2.5455                  | −7.2727                 | −0.0073                |
| 6                    | ± 3.1818                  | −9.0909                 | −0.0091                |
| 7                    | ± 3.8182                  | −10.9091                | −0.0109                |
| 8                    | ± 4.4545                  | −12.7273                | −0.0127                |
| 9                    | ± 5.0909                  | −14.5455                | −0.0145                |
| 10                   | ± 5.4091                  | −15.4545                | −0.0155                |
| 11                   | ± 6.0455                  | −17.2727                | −0.0173                |
Table 18.A9 Deformation factors for pectoralis major left muscle. All angles are recorded in degrees

| Configuration number | Movement in Z direction | Movement in Y direction | Scaling in Y direction |
|----------------------|-------------------------|-------------------------|------------------------|
| 1                    | 1.3636                  | −2.7273                 | −0.0027                |
| 2                    | 1.8182                  | −3.6364                 | −0.0036                |
| 3                    | 2.2727                  | −4.5455                 | −0.0045                |
| 4                    | 2.7273                  | −5.4545                 | −0.0055                |
| 5                    | 3.6364                  | −7.2727                 | −0.0073                |
| 6                    | 4.0909                  | −8.1818                 | −0.0082                |
| 7                    | 5.0000                  | −10.0000                | −0.0100                |
| 8                    | 5.4545                  | −10.9091                | −0.0109                |
| 9                    | 5.9091                  | −11.8182                | −0.0118                |
| 10                   | 6.3636                  | −12.7273                | −0.0127                |
| 11                   | 7.2727                  | −14.5455                | −0.0145                |

Table 18.A10 Deformation factors for pectoralis major right muscle. All angles are recorded in degrees

| Configuration number | Movement in Z direction | Movement in Y direction | Scaling in Y direction |
|----------------------|-------------------------|-------------------------|------------------------|
| 1                    | 1.3636                  | −2.7273                 | −0.0027                |
| 2                    | 1.8182                  | −3.6364                 | −0.0036                |
| 3                    | 2.2727                  | −4.5455                 | −0.0045                |
| 4                    | 2.7273                  | −5.4545                 | −0.0055                |
| 5                    | 3.1818                  | −6.3636                 | −0.0064                |
| 6                    | 3.6364                  | −7.2727                 | −0.0073                |
| 7                    | 4.0909                  | −8.1818                 | −0.0082                |
| 8                    | 5.0000                  | −10.0000                | −0.0100                |
| 9                    | 5.4545                  | −10.9091                | −0.0109                |
| 10                   | 5.9091                  | −11.8182                | −0.0118                |
| 11                   | 6.8182                  | −13.6364                | −0.0136                |

Table 18.A11 Deformation factors for erector spinea left muscles. All angles are recorded in degrees

| Configuration number | Scaling in Y direction | Scaling in X direction | Movement in Y direction |
|----------------------|------------------------|------------------------|-------------------------|
| 1                    | −0.1600                | −0.0800                | 0.2000                  |
| 2                    | −0.2000                | −0.1000                | 0.2500                  |
| 3                    | −0.2400                | −0.1200                | 0.3000                  |
| 4                    | −0.2800                | −0.1400                | 0.3500                  |
| 5                    | −0.3200                | −0.1600                | 0.4000                  |
| 6                    | −0.3600                | −0.1800                | 0.4500                  |
| 7                    | −0.4000                | −0.2000                | 0.5000                  |
| 8                    | −0.4400                | −0.2200                | 0.5500                  |
| 9                    | −0.4800                | −0.2400                | 0.6000                  |
| 10                   | −0.5200                | −0.2600                | 0.6500                  |
| 11                   | −0.5600                | −0.2800                | 0.7000                  |
Liver Deformation Sequence

New local coordinate systems: The liver object is deformed to avoid intersection with lungs in breathing sequence, with respect to the origin of a local coordinate system: (0, max (Py), max (Pz)). See Tables 18.A17, 18.A18, and 18.A19

### Table 18.A12  Deformation factors for erector spinea right muscles. All angles are recorded in degrees

| Configuration number | Scaling in Y direction | Scaling in X direction | Movement in Y direction |
|----------------------|------------------------|------------------------|-------------------------|
| 1                    | −0.0200                | −0.0200                | 0.0500                  |
| 2                    | −0.0400                | −0.0400                | 0.1000                  |
| 3                    | −0.0600                | −0.0600                | 0.1500                  |
| 4                    | −0.0800                | −0.0800                | 0.2000                  |
| 5                    | −0.1000                | −0.1000                | 0.2500                  |
| 6                    | −0.1200                | −0.1200                | 0.3000                  |
| 7                    | −0.1400                | −0.1400                | 0.3500                  |
| 8                    | −0.1600                | −0.1600                | 0.4000                  |
| 9                    | −0.1800                | −0.1800                | 0.4500                  |
| 10                   | −0.2000                | −0.2000                | 0.5000                  |
| 11                   | −0.2200                | −0.2200                | 0.5500                  |

### Table 18.A13  Deformation factors for abdominal muscles in the global coordinate system. All angles are recorded in degrees

| Configuration number | Movement in Z direction | Movement in Y direction |
|----------------------|------------------------|-------------------------|
| 1                    | −0.0909                | −0.0909                 |
| 2                    | −0.1818                | −0.1818                 |
| 3                    | −0.2727                | −0.2727                 |
| 4                    | −0.3636                | −0.3636                 |
| 5                    | −0.4545                | −0.4545                 |
| 6                    | −0.5455                | −0.5454                 |
| 7                    | −0.6364                | −0.6363                 |
| 8                    | −0.7273                | −0.7272                 |
| 9                    | −0.8182                | −0.8181                 |
| 10                   | −0.9091                | −0.9090                 |
| 11                   | −1.0000                | −1.0000                 |
Table 18.A14  Muscle deformations: Polynomials of deformation factors

| Muscles                        | Polynomials of deformation factors (angles recorded in degrees) |
|--------------------------------|---------------------------------------------------------------|
| **Pectoralis minor** (in local CS) |                                                              |
| **Left**                       |                                                              |
| Rot z                          | $-7.149e-5 \ast t^6 + 0.00252 \ast t^5 - 0.03393 \ast t^4 + 0.2181 \ast t^3 - 0.681 \ast t^2$
|                                | $+1.406 \ast t + 0.005579$                                   |
| Move y                         | $0.0002042 \ast t^6 - 0.007194 \ast t^5 + 0.09695 \ast t^4 - 0.6231 \ast t^3 + 1.946 \ast t^2$
|                                | $-4.016 \ast t - 0.01594$                                    |
| Scale y                        | $2.042e-7 \ast t^6 - 7.194e-6 \ast t^5 + 9.695e-5 \ast t^4 - 0.0006 \ast t^3 + 0.001946 \ast t^2$
|                                | $-0.004 \ast t + 0.999984$                                   |
| **Right**                      |                                                              |
| Rot z                          | $1.083e-5 \ast t^6 + 8.348e-6 \ast t^5 - 0.0002385 \ast t^4 + 0.1344 \ast t^3 - 0.7021 \ast t^2$
|                                | $+1.774 \ast t + 0.01398$                                    |
| Move y                         | $-3.095e-5 \ast t^6 - 0.0002385 \ast t^5 + 0.02734 \ast t^4 - 0.3841 \ast t^3 + 2.006 \ast t^2$
|                                | $-5.067 \ast t - 0.03994$                                    |
| Scale y                        | $3.09e-8 \ast t^6 - 2.385e-7 \ast t^5 + 2.73e-6 \ast t^4 - 0.00038 \ast t^3 + 0.002 \ast t^2$
|                                | $-0.005067 \ast t + 0.99996$                                 |
| **Pectoralis major** (in local CS) |                                                              |
| **Left**                       |                                                              |
| Move z                         | $-0.00013 \ast t^6 + 0.004709 \ast t^5 - 0.0656 \ast t^4 + 0.4366 \ast t^3 - 1.388 \ast t^2$
|                                | $+2.397 \ast t - 0.005142$                                   |
| Move y                         | $-0.05 + 0.0002525 \ast t^6 - 0.00914 \ast t^5 + 0.1272 \ast t^4 - 0.8445 \ast t^3 + 2.673 \ast t^2$
|                                | $-4.721 \ast t + 0.01132$                                    |
| Scale y                        | $2.6e-7 \ast t^6 - 9.418e-6 \ast t^5 + 0.0001312 \ast t^4 - 0.00087 \ast t^3 + 0.0028 \ast t^2$
|                                | $-0.0048 \ast t + 1.00001028$                                |
| **Right**                      |                                                              |
| Move z                         | $-4.642e-5 \ast t^6 + 0.001553 \ast t^5 - 0.02174 \ast t^4 + 0.1655 \ast t^3 - 0.6858 \ast t^2$
|                                | $+1.801 \ast t + 0.02082$                                    |
| Move y                         | $9.284e-5 \ast t^6 - 0.003107 \ast t^5 + 0.04348 \ast t^4 - 0.331 \ast t^3 + 1.372 \ast t^2$
|                                | $-3.602 \ast t - 0.04165$                                    |
| Scale y                        | $9.284e-8 \ast t^6 - 3.107e-6 \ast t^5 + 4.348e-5 \ast t^4 - 0.00033 \ast t^3 + 0.00137 \ast t^2$
|                                | $-0.0036 \ast t + 0.99995835$                                |

(continued)
Table 18.A14 (continued)

| Muscles                  | Polynomials of deformation factors (angles recorded in degrees) |
|-------------------------|---------------------------------------------------------------|
| **Erector spinae**      |                                                               |
| (in local CS)           |                                                               |
| **Left**                |                                                               |
| Scale y                 | $8.987e-06 \cdot t^6 - 0.0003339 \cdot t^5 + 0.004839 \cdot t^4 - 0.03445 \cdot t^3 + 0.1242 \cdot t^2 - 0.2474 \cdot t + 0.998756$ |
| Scale x                 | $4.493e-06 \cdot t^6 - 0.0001669 \cdot t^5 + 0.00242 \cdot t^4 - 0.01723 \cdot t^3 + 0.06208 \cdot t^2 - 0.1237 \cdot t + 0.9993778$ |
| Move y                  | $-1.123e-05 \cdot t^6 - 0.0004174 \cdot t^5 + 0.006049 \cdot t^4 - 0.04307 \cdot t^3 + 0.1552 \cdot t^2 - 0.3093 \cdot t - 0.3093$ |
| **Right**               |                                                               |
| Scale y                 | $-0.02 \cdot t + 1$                                           |
| Scale x                 | $-0.02 \cdot t + 1$                                           |
| Move y                  | $-0.05 \cdot t$                                               |
| **Abdominal (in global CS)** |                                                               |
| Move z                  | $0.09091 \cdot t \cdot 10^{-3}$                              |
| Move y                  | $-0.35 \cdot t \cdot 10^{-3}$                                |
### Table 18.A15  Deformation factors for the heart

| Configuration number | Movement in Z direction | Movement in Y direction |
|----------------------|-------------------------|-------------------------|
| 1                    | −0.15                   | −0.05                   |
| 2                    | −0.3                    | −0.1                    |
| 3                    | −0.45                   | −0.15                   |
| 4                    | −1.5                    | −0.5                    |
| 5                    | −2.85                   | −0.95                   |
| 6                    | −4.35                   | −1.45                   |
| 7                    | −5.7                    | −1.9                    |
| 8                    | −7.2                    | −2.4                    |
| 9                    | −8.7                    | −2.9                    |
| 10                   | −10.05                  | −3.35                   |
| 11                   | −11.55                  | −3.85                   |

### Table 18.A16  Heart deformations: polynomials of deformation

| Heart | Polynomials of deformation factors (angles recorded in degrees) |
|-------|----------------------------------------------------------------|
| Move z| $-6.672e-06 \times t^6 + 0.0008203 \times t^5 - 0.02038 \times t^4 + 0.2019 \times t^3 - 0.917 \times t^2 + 0.7346 \times t - 0.03539$ |
| Move y| $2.451e-06 \times t^6 - 8.201e-05 \times t^5 + 0.0009 \times t^4 - 0.0015 \times t^3 - 0.04611 \times t^2 + 0.03447 \times t - 0.0046$ |

### Table 18.A17  Local coordinate system: liver

|                   | Local X (mm) | Local Y (mm) | Local Z (mm) |
|-------------------|--------------|--------------|--------------|
| Liver             | 0            | 120.136      | −373.331     |

### Table 18.A18  Deformation factors for the liver

| Configuration number | Movement in Z direction | Movement in Y direction | Scale in Z direction |
|----------------------|-------------------------|-------------------------|----------------------|
| 1                    | −0.18                   | −0.04                   | −0.001               |
| 2                    | −0.36                   | −0.8                    | −0.002               |
| 3                    | −1.44                   | −0.32                   | −0.008               |
| 4                    | −2.52                   | −0.56                   | −0.014               |
| 5                    | −3.6                    | −0.8                    | −0.020               |
| 6                    | −5.04                   | −1.12                   | −0.028               |
| 7                    | −6.48                   | −1.44                   | −0.036               |
| 8                    | −7.92                   | −1.76                   | −0.044               |
| 9                    | −9.36                   | −2.08                   | −0.052               |
| 10                   | −10.8                   | −2.4                    | −0.060               |
| 11                   | −12.24                  | −2.72                   | −0.068               |
Skin Shell Deformation

First, the skin shell deformation starts with a generation of N chest objects for each step via non-rigid transformations. This process was accomplished in MATLAB. A deformed chest region is defined as

\[141.3 \, \text{mm} < P(:,1) < 173.4 \, \text{mm}\]

\[P(:,2) < 64 \, \text{mm}\]

\[-330.6 \, \text{mm} < P(:,3) < -150.6 \, \text{mm}\]

All nodes in the chest region of the skin shell are selected and transformed in the y-direction using the following equation:

\[P(:,2) = P_{\text{base}}(:,2) - \frac{10}{N} \times t \times \sin(P(:,3) - \min(P(:,3)))\]

We chose nodes in the chest region so that \(P(:,3) - \min(P(:,3))\) goes from 180 to 0. Therefore, nodes that are closer to the upper and lower boundaries of the region will move less than the nodes that are closer to the center. With maximum inhalation, the center node of the chest region will move by 10 mm in the Y direction. Thus, only coordinates of nodes belonging to the chest area are changed. Also, the connectivity matrix, \(t\), of the entire skin shell still remains the same. As a result, 11 skin shell objects with different chest regions will be generated.

Second, these new skin shells are subtracted from the original skin shell in HFSS, which results in N smaller deformed chest objects. These chest objects are spaced evenly (400 mm in Y direction) in front of the original shell and then united. A moving box is carefully designed so that it covers only one chest object at any time instant \(t\). Then, the intersection is performed. The process is illustrated in Fig. 18.A1.

Box original position is given by: \(-300 \, \text{mm}, (200 - t \times 400) \times 10^{-3}, -350 \, \text{mm}\).

An intersection operation is performed with the box and the chest array object, which results in one chest object for a particular time \(t\). Finally, the chest object is moved and a unite operation is performed with the original skin shell (shown in Fig. 18.A2).

### Table 18.A19  Liver deformations: polynomials of deformation

| Heart | Polynomials of deformation factors (angles recorded in degrees) |
|-------|---------------------------------------------------------------|
| Move  | Z \(-6.672e-06 + 0.0008203 \times t^4 + 0.02038 \times t^3 + 0.2019 \times t^2 - 0.917 \times t + 0.7346 \times t - 0.03539\) |
| Move  | Y \(2.451e-06 - 8.2e-05 \times t^5 + 0.0009106 \times t^4 - 0.001488 \times t^3 - 0.0461 \times t^2 + 0.0344 \times t - 0.004638\) |
| Scale | Z \(6.1e-08 - 2.05e-06 \times t^4 + 2.7e-05 \times t^3 - 3.7e-05 \times t^2 - 5 \times t^3 - 0.00115 \times t^2 + 0.00086 \times t + 0.99989\) |
Fig. 18.A1  A box is carefully designed so that each iteration covers only one chest object at a time

Fig. 18.A2  (a) (left). Skin Shell with $t = 0$. (b) (right). Skin shell with $t = 11$
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