FABRICATION OF NANO CLAY INTERCALATED POLYMERIC MICROBEADS FOR CONTROLLED RELEASE OF CURCUMIN

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Objective: The objective of this study was to formulate and evaluate the Curcumin (CUR) encapsulated sodium alginate (SA)/badam gum (BG)/kaolin (KA) microbeads for controlled drug release studies.

Methods: The fabricated microbeads were characterized by fourier transform infrared spectroscopy (FTIR), differential scanning calorimetry (DSC), thermogravimetric analysis (TGA), X-ray diffraction (X-RD), and scanning electron microscopy (SEM). Dynamic swelling studies and in vitro release kinetics were performed in simulated intestinal fluid (pH 7.4) and simulated gastric fluid (pH 1.2) at 37 °C.

Results: FTIR confirms the formation of microbeads. DSC studies confirm the polymorphism of CUR in drug loaded microbeads which indicate the molecular level dispersion of the drug in the microbeads. SEM studies confirmed the microbeads are spherical in shape with wrinkled and rough surfaces. XRD studies reveal the molecular dispersion of CUR and the presence of KA in the developed microbeads. In vitro release studies and swelling studies depend on the pH of test media, which might be suitable for intestinal drug delivery. The % of drug release values fit into the Korsmeyer-Peppas equation and n values are obtained in the range of 0.577-0.664, which indicates that the developed microbeads follow the non-Fickian diffusion drug release mechanism.

Conclusion: The results concluded that the CUR encapsulated microbeads are potentially good carriers for controlled drug release studies.

Keywords: Sodium alginate, Badam Gum, Kaolin, Curcumin, Microbeads, Drug delivery

INTRODUCTION

A drug delivery system is designed to allow a therapeutic agent to be introduced into the biological organism and to enhance its effectiveness and safety by controlling the release rate, time and place of drug release in the body [1]. The development of effective therapeutic drug delivery systems is essential for medicine and health care in order to increase the safety, efficacy, and bioavailability of the drugs. Over the past few decades, polymeric matrices are used in many pharmaceutical applications because it offers various advantages like efficiency in administering the drug to the specific target at a proper time thereby improving the overall therapeutic response of a dosage form, high water absorption tendency and capable of swelling under physiological conditions [2-4]. Hence, the utility of polymeric materials is increasing day by day as the pharmaceutical industry expands globally. Now-a-days, Polymeric interpenetrating polymer network hydrogels have been widely used in biomedical applications such as drug delivery and tissue engineering due to their water intake capacity, biocompatibility, and biodegradability [5]. However, IPN hydrogels dosage forms have few drawbacks like uncontrolled swelling and release rate, which leads to several side effects. The polymeric networks are crosslinked with several crosslinking agents, coated with other polymers and intercalated with clay minerals, which control the release and swelling rates. Presence of clay minerals in polymeric matrices, minimizing side effects and maintaining the effective drug concentration in plasma over a period of time [6].

From the last few decades, clay minerals are used in solid and semisolid pharmaceutical preparations for topical and oral administration, as well as cosmetic formulations [7, 8]. Kaolin is a hydrated two-dimensional (2D) aluminosilicate clay mineral, used as active ingredients due to their uninjured bioactivity and therapeutic effects. They are developed as a hemostatic agent, dermatological protector, anti-inflammatory agent and pekatherapy, or oral products as a gastrointestinal protector, antinflamatory, detoxifying or anti-diarrheal agent in health-care topical items [9-13]. Moreover, kaolin and its modified derivatives have recently been considered a promising material in many areas of biomedical research, such as drug, protein and gene delivery, based on the high capacity of interaction with organic and biochemical molecules, bio-adhesion and cellular uptake. It can acts as an active ingredient or as adjuvant component in pharmaceutical dosage forms by controlling the efficiency and consistency in the dosage formulations and improving the drug bioavailability [14-16].

Sodium alginate (SA) is a linear polymer that has D-mannuronic acid and L-guluronic acid residues in the polymer chain, obtained from brown seaweed [17]. SA is one of the most adaptable, versatile polymers, widely used in the food, cosmetic, and pharmaceutical industries because of its properties like biocompatible, biodegradable, inherent hydrophilicity, non-toxic and good potentiality in drug delivery applications [18]. In recent decades, it is used as a potential tool for developing a different type of controlled, sustained, and targeted drug delivery systems. In addition, it is also used in the semisolid formulation and wound dressing applications [19]. Badam gum (BG) is a natural gum obtained from Terminalia catappa Linn, belongs to the family Combretaceae [20]. It can be used in pharmaceutical applications because of its abundant availability, reliability, efficiency, eco-friendly, and economical features. Previously Srikanth et al. [21] has reported that BG was used in controlled drug delivery systems as a retarding polymer for a highly soluble drug like propranolol HCl.

Curcumin is a natural bioactive compound derived from the Curcuma longa species and possesses a wide range of pharmacological properties such as antiinflugal, antiviral, antibacterial, anti-inflamatory, anti-malarial, antioxidant, anti-mutagenic agent, wound healing properties as well as it enhances anti-tumour activity against different types of cancer cells [22-24]. However, due to its poor water solubility, short life and low bioavailability, the therapeutic use of CUR are limited [25, 26]. Generally, simple ionotropic gelation techniques are used to encapsulate hydrophilic drugs in hydrogel beads, but because of its poor water solubility, this technique gives low CUR encapsulation efficiency. Thus, in the present study, KA clay material was used to increase the drug encapsulation efficiency of CUR, the...
muco-adhesiveness of KA clay material facilitates the intercalation of drug molecules which in turn increases the encapsulation and bioavailability of CUR.

In the present research work, we focussed on the fabrication of nano KA clay intercalated with SA/BG microbeads. The presence of KA in the polymer networks increases the bioavailability of CUR and also controls the release rate of CUR. The developed microbeads were characterized by different techniques such as FTIR, DSC, TGA, XRD, and SEM. The swelling studies and in vitro drug release kinetics were performed in both simulated intestinal fluid and simulated gastric fluid at 37 °C and the results are presented here.

MATERIALS AND METHODS

Materials

Badam gum and Kaolin were purchased from Sigma Aldrich (USA). Sodium alginate and calcium chloride were purchased from Sd. Fine chemicals, Mumbai, India. Curcumin was purchased from Loba Chemicals, Mumbai, India. Double distilled water was used throughout the study.

Methods

Preparation of SA/BG/KA microbeads

A Simple gelation method was used to fabricate drug-loaded SA/BG/KA microbeads [7]. Briefly, different amounts of SA and BG (table 1) were dissolved in water overnight under constant stirring. Different blends of these solutions were prepared by mixing varying amounts of SA and BG (as per given in table 1) and stirred well until to obtain a complete homogeneous solution. To this blend solution, different amounts of CUR and KA (table 1) were added and stirred well up to the formation of a homogeneous mixture. Then the blend mixture was added drop wise into 5% CaCl2 solution through a syringe (1 mm diameter) under constant stirring. The obtained microbeads were collected by decantation, washed three times with double distilled water to remove the drug attached on the bead surface, and finally were dried in air overnight at room temperature. A schematic diagram (Scheme 1) for the synthesis of CUR encapsulated SA/BG/KA microbeads is given below.

Table 1: Formulation and composition of all samples

| Formulation code | SA (mg) | BG (mg) | Water (ml) | KA (mg) | Drug (mg) |
|------------------|---------|---------|------------|---------|-----------|
| SB1              | 320     | 80      | 20         | 100     | 100       |
| SB2              | 280     | 120     | 20         | 100     | 100       |
| SB3              | 240     | 160     | 20         | 100     | 100       |
| SB4              | 240     | 160     | 20         | 200     | 100       |
| SB5              | 240     | 160     | 20         | 300     | 100       |
| SB6              | 240     | 160     | 20         | 100     | 150       |
| SB7              | 240     | 160     | 20         | 100     | 200       |
| Placebo          | 240     | 160     | 20         | 00      | 000       |

Thermal analysis

To investigate the molecular dispersion of CUR and thermal stability of KA intercalated SA/BG/CUR loaded microbeads, differential scanning calorimetry (DSC) and Thermo-gravimetric analysis (TGA) were performed by heating the sample at a heating rate of 10 °C/min under nitrogen atmosphere from 40 to 600 °C.

X-ray diffraction (XRD)

The X-ray diffraction of CUR, KA, placebo microbeads, and drug loaded microbeads were performed by a wide angle X-ray scattering diffractometer (Panalytical X-ray Diffractometer, model- X’pert Pro) with CuKα radiation (λ= 1.54060) at a scanning rate of 10 °/min to determine the crystallinity.

Scanning electron microscopy (SEM)

The morphological characterization of microbeads was observed by using SEM (JOEL MODEL JSM 840A) with an accelerated voltage of 20 kV.

Encapsulation efficiency

The encapsulation efficiency of drug loaded microbeads was estimated by the following procedure. Weight exactly 20 mg of microbeads and placed into 100 ml of phosphate buffer solution (pH 7.4 containing 5 % absolute ethyl alcohol) for 24 h. Afterward, the solution was stirred and placed sonication for 5 min to ensure the complete extraction of CUR from the microbeads. Supernatants were filtered and analyzed by ultraviolet (UV) spectrophotometer (LabIndia, Mumbai, India) at the λmax of 470.00 nm with placebo microbeads used as a blank correction. The percentage of encapsulation efficiency was determined by the following formula.

\[
\% \text{ EE} = \frac{W_w}{W_i} \times 100
\]

Where \( W_i \) is total amount of CUR in the microbeads and \( W_w \) is total amount of CUR initially added during the preparation.

Swelling measurements

The swelling behaviour of different formulations was determined gravimetrically in simulated intestinal fluid (pH 7.4) and simulated gastric fluid (pH 1.2) at 37 °C. The % of equilibrium swelling degree was calculated using the following equation:

\[
\% \text{ swelling degree} = \frac{W_w - W_d}{W_d} \times 100
\]

Where \( W_w \) is the weight of the wet microbeads and \( W_d \) the weight of the dried microbeads.
**In vitro drug release studies**

In vitro drug release studies of developed microbeads were carried out in simulated intestinal fluid (pH 7.4) and simulated gastric fluid (pH 1.2) at 37 °C using a dissolution tester (Lab India, Mumbai, India). Briefly, 100 mg of drug loaded microbeads were taken in dialysis bags and placed in 900 ml of phosphate buffer solution (PBS) at a rotation speed of 50 rpm. At regular intervals of time, 5 ml aliquot samples were withdrawn, and analyzed using UV spectrophotometer at fixed λmax value of 470.00 nm, at the same time equal amount of PBS sample was added into the system to maintain sink condition.

**Drug release kinetics**

The drug release kinetics was analyzed by fitting the data into kinetic models, which include zeroth, first order, Higuchi and Korsmeyer-Peppas [27-30]. Based on the goodness of data fit, the most suitable model was also determined [31].

**RESULTS AND DISCUSSION**

**Intercalation kinetics**

To investigate the intercalation time of CUR with KA intercalation kinetics were performed and the result was displayed in fig. 1. The result reveals that 14.59 % of CUR intercalated with electrostatically within 90 min and remained constant up to 360 min. Therefore in the present study, we should maintain 90 min time for interaction between CUR and KA to prevent partial interaction.

**FTIR spectral analysis**

To find out the type of bonding  as well as the ionic interactions between polymer, CUR and KA FTIR analysis were performed and the results are displayed in fig. 2. The FTIR spectra of CUR show characteristic bands at 3496 cm-1 and 2923 cm-1, which corresponds to phenolic O–H stretching and aromatic C–H stretching vibrations respectively, a band at 1513 cm-1 corresponds to mixed (C=O) and (C–C) vibration, a band at 1272 cm-1 is assigned to Ar–O stretching vibration, and a band at 1513 cm-1 corresponds to mixed (C–O) vibration. Absorption bands of KA were found at 3688, 3625, 3456 and 2360 cm-1 can be associated with the O–H, hydroxyl or carboxyl groups of polymer molecules and also a new band appears at 911 cm-1, which confirmed that the KA intercalates with active sites of polymer matrices and drug molecules [33].

![Fig. 1: Effect of time for intercalation of CUR with KA](image)

**Thermal analysis**

To investigate the crystalline nature of CUR in the polymer matrix as well as the interaction of KA with polymer matrix DSC analysis was performed and the results were displayed in fig. 3. The DSC of KA showed peaks at 272 and 496 °C, whereas SB7 microbeads also showed similar peaks like that of KA at 321 and 481 °C but a slight variation was observed, which confirmed that the interaction takes place between active sites of the polymer matrix and KA. The DSC curve of CUR showed a sharp peak at 189 °C, whereas such a peak was not observed in SB7 microbeads, suggesting that the CUR has molecularly dispersed in the polymer networks.

To find out the thermal stability of microbeads, TGA analysis was performed and the results are shown in fig. 4. The TGA curve of SA showed three weight loss steps, the first weight loss step with weight loss of 17 % was observed in the region of 40–118 °C due to the dehydration process. The next two weight loss steps were found in the region of 123–215 and 227–600 °C with weight loss of 4 and 48 % respectively, which is due to the formation of sodium carbonate residue [34]. The thermal decomposition of BG occurs in two steps, the first weight loss step was found in the region of 40–196 °C with a weight loss of 18%, which is due to dehydration of adsorbed water molecules on the surface. The next weight loss step was found in the region of 201–600 °C with a weight loss of 55%, corresponds to the decomposition of BG polymer. The TGA curve of CUR showed that the CUR could remain stable up to 168 °C, following the mass loss and maximum at 391 °C due to the complete degradation of CUR [35]. The thermal decomposition of KA showed two weight loss steps, the first step was observed in the region of 40–256 °C with a loss of 6 % followed by weight loss of 13% in the region of 259–600 °C, corresponds to the loss of structural water molecules [7]. The TGA curve of placebo microbeads showed three consecutive weight loss steps with a loss of 24 % was observed in the region of 40–192 °C, following the loss of structural water molecules. The second step was observed in the region of 197–305 °C with a loss of 34% followed by the weight loss of 15% in the region of 311–600 °C due to the decomposition of the polymer network. Similarly, CUR loaded microbeads (SB7) also showed three weight loss steps, the first weight loss step with a loss of 24 % was found in the region of 40–192 °C, following the loss of structural water molecules. The second step was observed in the region of 197–305 °C with a loss of 34% followed by the weight loss of 15% in the region of 311–600 °C due to the decomposition of the polymer network. Similarly, CUR loaded microbeads (SB7) also showed three weight loss steps, the first weight loss step with a loss of 24 % was found in the region of 40–192 °C, following the loss of structural water molecules. The second step was observed in the region of 197–305 °C with a loss of 34% followed by the weight loss of 15% in the region of 311–600 °C due to the decomposition of the polymer network. Similarly, CUR loaded microbeads (SB7) also showed three weight loss steps, the first weight loss step with a loss of 24 % was found in the region of 40–192 °C, following the loss of structural water molecules. The second step was observed in the region of 197–305 °C with a loss of 34% followed by the weight loss of 15% in the region of 311–600 °C due to the decomposition of the polymer network. Similarly, CUR loaded microbeads (SB7) also showed three weight loss steps, the first weight loss step with a loss of 24 % was found in the region of 40–192 °C, following the loss of structural water molecules. The second step was observed in the region of 197–305 °C with a loss of 34% followed by the weight loss of 15% in the region of 311–600 °C due to the decomposition of the polymer network.
X-RD analysis

To examine the molecular dispersion of CUR and the presence of KA in the developed microbeads X-RD analysis was performed and the results are displayed in fig. 5. The diffractogram of CUR shows characteristic peaks in the 2θ region of 12-28° because of its crystallinity. These peaks are not observed in the polymer matrix of SB-7 microbeads, which indicates that CUR has molecularly dispersed in the polymeric microbeads. Kaolinite and quartz phases were observed in the kaolin clay. The diffractogram of KA shows characteristic peaks at 11.95°, 18.34°, 19.97° and 24.84° which indicate the presence of kaolinite. A small reflection at 26.6° was observed in the diffractogram of KA, which indicates the presence of traces of quartz. These results are in good agreement with Khan et al. [36] who found the same results from the pyrolysis kinetics of the conversion of Malaysian kaolin to metakaolin.

The diffractogram of SB-7 microbeads also showed similar peaks to that of KA with slight variations, suggesting that the KA has successfully loaded in the microbeads.

SEM analysis

The topographical images of developed microbeads were found out using SEM analysis and the images are presented in fig. 6. The microbeads are spherical in shape with wrinkled and rough surfaces. It is interesting that the surface of SB-7 has high roughness compare to placebo microbeads, which indicates the presence of KA platelets on the outer surface of microbeads. A similar observation was reported by Reddy et al. [7] from the development of sodium alginate/gelatin microbeads-intercalated with kaolin nanoclay. The average diameter of the microbeads obtained from the SEM was in the range of 700-1300 μm.
Fig. 5: XRD patterns of CUR, placebo, KA and SB-7

Fig. 6: The topographical images of drug loaded microbeads (SB7) (a and b) and placebo microbeads (c and d)

Fig. 7: EDS spectra of placebo and SB-7 microbeads
Energy-dispersive X-ray spectra (EDS) analysis

To find out the elements present in the developed microbeads, energy-dispersive X-ray spectra (EDS) analysis were performed and the results are presented in Fig. 7. The EDS spectra of placebo microbeads showed C, O, Al, Cl, and Ca elemental peaks. Whereas in the case of KA-loaded microbeads (SB-7) showed similar elements that of placebo microbeads along with the new elemental peaks such as Na, Si, and Al were observed with high intensity, which confirms the presence of KA in the SB-7 microbeads.

Swelling measurements

Swelling degree plays a key role in the controlled release of drugs in polymeric drug delivery systems. In the present study swelling experiments were carried out at pH 1.2 and 7.4 at 37 °C and the results were displayed in Fig. 8. From the results, it was clearly observed that a higher swelling degree was observed at pH 7.4 than at pH 1.2, which may be due to at pH 7.4, carboxylic groups show fewer interactions with buffer media and thus the network becomes looser, making it easier for the entrapped drug molecules to leach out of the polymer network. A similar observation was reported by Reddy et al. [37] from their glycopyrrolate release studies of sodium alginate/poly (vinylpyrrolidone-co-vinyl acetate) microbeads. The developed microbeads are therefore good promising carriers for delivering drug molecules to the intestine and preventing the gastric release of drugs.

Encapsulation efficiency (% EE)

The percentages of encapsulation efficiency (% EE) of CUR loaded microbeads are displayed in Table 2. The % EE values lie between 45% to 53%. This indicates the % EE dependence on formulation parameters which include % drug loading, polymer blend composition and amount of KA. The % EE increases with the increase of drug loading in the polymer matrix. The % EE increases with an increase of SA in the polymer matrix; this is due to curcumin alginate interactions (Hydrophilic and Hydrophobic). A similar observation was observed by Govindaraju et al. [38] from their curcumin encapsulated in alginate-polysorbate 80 nanoparticles. The % EE increases with the increase of KA content in the polymer matrix, which is due to the availability of large basal space, good absorption capacity, and availability of free –OH groups of KA. The presence of –OH groups develops a hydrogen bonding between CUR and KA, consequently % EE increases.

Table 2: Encapsulation efficiency (% EE) of all samples

| S. No. | Formulation code | %EE     |
|-------|------------------|---------|
| 1     | SB1              | 48±1.6  |
| 2     | SB2              | 47±1.2  |
| 3     | SB3              | 45±0.8  |
| 4     | SB4              | 51±1.3  |
| 5     | SB5              | 53±1.1  |
| 6     | SB6              | 47±1.5  |
| 7     | SB7              | 48±2.1  |

(Results are expressed as mean±SD, n=3)
**In vitro drug release studies**

The in vitro release studies of all profiles were investigated under both pH 1.2 and pH 7.4 at 37 °C and the results are shown in fig. 9 to 12. The findings show that the percentage of CUR release is higher at pH 7.4 than at pH 1.2, which is attributed to at pH 7.4 the carboxylate group has fewer interactions with the buffer media, thus the network becomes slacker, hence the trapped drug molecules are quickly leached out of the polymer matrix. It has been observed that similar to swelling behaviour, in vitro release rate also shows the same type of results. In vitro drug release studies for all profiles at pH 7.4 were discussed in terms of polymer blend variation, drug variation, and KA variation, and the results are displayed in fig. 10 to 12.

**Effect of polymer content**
The effect of the polymer blend matrix on drug release profiles was studied at the constant loading of the drug (100 mg) and KA (100 mg). The drug release profiles of SB1, SB2 and SB3 are 82, 80 and 75 % respectively are displayed in fig. 10. The percentage of CUR release was increased with the increasing amount of SA, this is due to the more hydrophilic nature of SA. These results are in good agreement with Rao et al. [39] who observed similar results from their drug release studies of sodium alginate–locust bean gum IPN hydrogel beads.

**Effect of KA content**
To find out the effect of KA on in vitro release profiles were studied at constant polymer matrix and drug content. The release profiles of SB3, SB4 and SB5 are 75, 71 and 66 % respectively are shown in fig. 11. The release rate of CUR was decreased with increasing the KA content, because the intercalated drug molecules cannot be exchanged completely with phosphate ions in the buffer solution during the ion exchange process, which results in the incomplete release process, consequently release rate decreases.

**Effect of drug content**
The effect of drug content on in vitro release profiles was studied at the constant polymer and KA content. The release rate of B3 (100 mg), SB6 (150 mg) and SB7 (200 mg) are 75, 77 and 80% respectively are displayed in fig. 12. The results suggesting that as the amount of drug content increases the release rate also increases. Hence, the release rate is higher for those formulations having a higher amount of drug and vice-versa. These results are good agreement with Madhavi et al. [40] who found that the drug release rate increases with the increase of drug concentration from their drug release studies of simvastatin.
Fig. 11: Effect of KA content on % of CUR release in PBS pH-7.4 at 37 °C

Fig. 12: Effect of drug content on % of CUR release in PBS pH-7.4 at 37 °C

Fig. 13: Evaluation of drug release models in PBS 7.4 at 37 °C (A) Higuchi model (B) first order and (C) zero order
Drug release kinetics

The cumulative drug release data of all profiles were fitted into various mathematical models such as zero order, first order and Higuchi. The correlation coefficient and rate constant values of all models are shown in Table 3 and fig. 13. The correlation coefficient values of CUR loaded microbeads were close to the Higuchi model. According to the Higuchi model, the release of drug from the microbeads involves the penetration of liquid into the matrix and dissolves the drug, which then diffuses the drug through pores or intestinal channels into the exterior liquid. However, this type of phenomenon is observed in the hydrophilic matrix system. Therefore the drug release rate of CUR loaded microbeads shows the phenomenon of swelling and erosion of the polymer simultaneously. To understand the drug release mechanism, the in vitro release data were fitted into the following Korsmeyer-Peppas equation.

$$M_t = M_0 e^{kt^n}$$

Where, Mt is the cumulative release of CUR at time t, M0 is the total amount of CUR in the matrix, k is a characteristic release constant of the drug-polymer system and n is the release exponent indicating the type of drug release mechanism. The results n and k are listed in Table 2.

For spherical drug carriers, if n<0.43, the drug diffuses from the polymer matrix according to Fickian diffusion; if 0.43<n<0.85, anomalous or non-Fickian type drug diffusion occurs; if n = 0.85, Case-II kinetics is operative; if n>0.85, the mode of drug release follows the super Case-II diffusion. In the present data n values are obtained in the range of 0.577-0.664 indicates non-Fickian type of diffusion process.

CONCLUSION

In the present work, KA intercalated SA/BG microbeads were fabricated using a simple ionicotropic gelation method for the controlled release of CUR. FTIR confirmed the interaction between CUR molecules and the polymer network. TGA, DSC and XRD studies confirmed the chemical stability and molecular dispersion of CUR. SEM studies reveal that the developed microbeads are spherical and also confirmed the chemical stability and molecular dispersion of CUR. SEM, FTIR and TGA, DSC and XRD studies were fitted into the following Korsmeyer-Peppas equation.

$$r^n = k t^n$$

Table 3: Release kinetics parameters at pH-7.4 and encapsulation efficiency (% EE) of all samples

| Formulation code | Korsmeyer peppas | Higuchi | First | Zero |
|------------------|------------------|--------|-------|------|
| SB1              | 0.973            | 0.577  | 0.937 | 18.380 |
| SB2              | 0.975            | 0.626  | 0.965 | 18.508 |
| SB3              | 0.985            | 0.650  | 0.970 | 17.831 |
| SB4              | 0.985            | 0.664  | 0.977 | 17.280 |
| SB5              | 0.991            | 0.632  | 0.979 | 16.037 |
| SB6              | 0.964            | 0.623  | 0.962 | 17.935 |
| SB7              | 0.961            | 0.616  | 0.944 | 18.225 |

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