THE DISCOVERY OF BINARY WHITE DWARFS THAT WILL MERGE WITHIN 500 Myr*

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ABSTRACT

We present radial velocity observations of four extremely low-mass (0.2–0.8 M⊙) white dwarfs (WDs). All four stars show peak-to-peak radial velocity variations of 540–710 km s−1 with 1.0–5.9 hr periods. The optical photometry rules out main-sequence companions. In addition, no millisecond pulsar companions are detected in radio observations. Thus, the invisible companions are most likely WDs. Two of the systems are the shortest period binary WDs yet discovered. Due to the loss of angular momentum through gravitational radiation, three of the systems will merge within 500 Myr. The remaining system will merge within a Hubble time. The mass functions for three of these systems imply companions more massive than 0.46 M⊙; thus, those are carbon/oxygen core WDs. The unknown inclination angles prohibit a definitive conclusion about the future of these systems. However, the chance of a supernova Ia event is only 1%–5%. These systems are likely to form single R Coronae Borealis stars, providing evidence for a WD + WD merger mechanism for these unusual objects. One of the systems, SDSS J105353.89+520031.0, has a 70% chance of having a low-mass WD companion. This system will probably form a single helium-enriched subdwarf O star. All four WD systems have unusual mass ratios of <0.2–0.8 that may also lead to the formation of AM CVn systems.

Key words: stars: individual (SDSS J082212.57+275307.4, SDSS J084910.13+044528.7, SDSS J105353.89+520031.0, SDSS J143633.29+501026.8) – stars: low-mass – white dwarfs

Online-only material: color figures

1. INTRODUCTION

Mergers of binary white dwarfs (WDs) have been proposed to explain supernovae (SNe) Ia events, extreme helium stars including R Coronae Borealis (RCrB) stars, and single subdwarf B and O stars (Iben & Tutukov 1984; Webbink 1984; Saio & Jeffery 2000, 2002; Heber 2009). However, radial velocity surveys of WDs have not revealed a large binary population that will merge within a Hubble time (Marsh 1995; Maxted et al. 2000; Napiwotzki et al. 2001, 2002; Karl et al. 2003; Nelemans et al. 2005). In addition to a few pre-WD + WD merger systems (e.g., Geier et al. 2007; Tovmassian et al. 2010), Napiwotzki et al. (2004b) identify only eight merger candidates from the SN Ia Progenitor Survey and the literature.

Radial velocity observations of extremely low-mass (ELM; M ∼ 0.2 M⊙) WDs provide a new opportunity to find short period binaries. The universe is not old enough to produce ELM WDs through single star evolution. These WDs must therefore undergo significant mass loss during their formation in binary systems. The majority of ELM WDs have been identified as companions to millisecond pulsars. However, not all ELM WDs have such companions (van Leeuwen et al. 2007; Agüeros et al. 2009a). Radial velocity, radio, and X-ray observations of the lowest gravity WD found in the Sloan Digital Sky Survey (SDSS), J0917+4638, show that the companion is almost certainly another WD (Kilic et al. 2007a; 2007b; Agüeros et al. 2009b).

Recently, Eisenstein et al. (2006) identified a dozen ELM WDs in the SDSS Data Release 4 area. Here, we present radial velocity observations of four WDs from that sample; SDSS J082212.57+275307.4, SDSS J084910.13+044528.7, SDSS J105353.89+520031.0, and SDSS J143633.29+501026.8. Our observations are discussed in Section 2; an analysis of the spectroscopic data and the nature of the companions are discussed in Section 3. The future of these binary systems and the merger products are discussed in Section 4.

2. OBSERVATIONS

We used the 6.5 m MMT equipped with the Blue Channel Spectrograph to obtain moderate resolution spectroscopy of four ELM WDs on UT 2009 March 27–29 and April 1–3. In addition, we observed J0822+2753 on UT 2008 September 23–24. We used a 1″ slit and the 832 line mm−1 grating in second order to obtain spectra with a wavelength coverage of 3600–4500 Å and a resolving power of R = 4300. We obtained all spectra at the parallactic angle and acquired He–Ne–Ar comparison lamp exposures after every science exposure. We checked the stability of the spectrograph by measuring the centroid of the Hg emission line at 4358.34 Å. The line is stable to within 10 km s−1, with an average offset from the rest wavelength of −0.4 ± 4.9 km s−1. We flux-calibrated the spectra using blue spectrophotometric standards (Massey et al. 1988).

Brown et al. (2006) observed J1053+5200 in 2006 February as part of their hypervelocity B-star survey. We include this additional MMT spectrum in our analysis to extend the time baseline. We use the cross-correlation package RVSAO (Kurtz & Mink 1998) to measure heliocentric radial velocities. We obtain preliminary velocities by cross-correlating the observations with bright WD templates of known velocity. However, greater
Table 1
Radial Velocity Measurements

| Object   | HJD    | Helio-centric Radial Velocity (km s\(^{-1}\)) |
|----------|--------|---------------------------------------------|
| J0822+2753 | -254.7 ± 13.6 |
| ... | 305.4 ± 11.9 |
| ... | 312.4 ± 13.5 |
| ... | 295.7 ± 13.4 |
| ... | 238.0 ± 14.1 |
| ... | 216.2 ± 10.8 |
| ... | 291.8 ± 4.5 |
| ... | +995.4 ± 4.8 |
| ... | +971.7 ± 7.6 |
| ... | -121.5 ± 7.8 |
| ... | -148.0 ± 5.3 |
| ... | +128.6 ± 6.4 |
| ... | +223.9 ± 7.3 |
| ... | -60.8 ± 5.9 |
| ... | -37.1 ± 8.3 |
| ... | -99.8 ± 11.2 |

| J0849+0445 | +415.3 ± 11.0 |
| ... | +247.1 ± 14.1 |
| ... | -195.9 ± 10.4 |
| ... | -283.1 ± 11.2 |
| ... | -144.7 ± 12.9 |
| ... | -12.6 ± 10.9 |
| ... | -136.6 ± 12.7 |
| ... | -34.2 ± 11.0 |
| ... | -292.4 ± 13.5 |
| ... | +189.2 ± 18.8 |
| ... | +391.2 ± 10.3 |
| ... | -142.9 ± 14.9 |

| J1053+5200 | -45.2 ± 8.5 |
| ... | +287.6 ± 8.9 |
| ... | -261.0 ± 9.3 |
| ... | +98.6 ± 10.4 |
| ... | +10.8 ± 7.4 |
| ... | -65.2 ± 7.8 |
| ... | -220.1 ± 7.8 |
| ... | +177.3 ± 7.7 |
| ... | +220.5 ± 6.4 |
| ... | +45.3 ± 14.0 |
| ... | +260.2 ± 13.7 |
| ... | -249.6 ± 14.7 |
| ... | +235.9 ± 13.5 |
| ... | -60.0 ± 13.5 |

| J1436+5010 | +301.4 ± 7.4 |
| ... | -50.8 ± 11.5 |
| ... | +224.2 ± 5.6 |
| ... | +230.8 ± 6.8 |
| ... | +498.8 ± 6.7 |
| ... | +41.9 ± 5.8 |
| ... | -188.1 ± 7.0 |
| ... | -296.2 ± 6.6 |
| ... | +109.6 ± 6.1 |
| ... | -140.7 ± 9.3 |
| ... | +112.2 ± 11.8 |
| ... | +327.2 ± 10.6 |
| ... | +243.6 ± 15.9 |
| ... | -72.7 ± 11.0 |
| ... | -324.1 ± 11.0 |
| ... | -372.5 ± 14.0 |

Figure 6 shows the effective temperatures and surface gravities for our targets (red circles) plus the previously identified ELM WDs in the literature. Open circles show the WD...
Figure 1. Radial velocities of the WD J0822+2753 observed in 2008 September (top left panel), 2009 March (middle left panel), and 2009 April (bottom left panel). The right panel shows all of these data points phased with the best-fit period. The solid line represents the best-fit model for a circular orbit with a radial velocity amplitude of 271.1 km s\(^{-1}\) and a period of 0.2440 days.

Figure 2. Radial velocities of the WD J0849+0445 observed in 2009 March and April (left panels). The right panel shows all of these data points phased with the best-fit period. The solid line represents the best-fit model for a circular orbit with \( K = 366.9 \text{ km s}^{-1}\) and \( P = 0.0787 \text{ days} \).

| Object     | \( P \) (days) | \( K \) (km s\(^{-1}\)) | Systemic Velocity (km s\(^{-1}\)) | Spectroscopic Conjunction (HJD) | Mass Function |
|------------|----------------|-------------------------|-----------------------------------|---------------------------------|---------------|
| J0822+2753 | 0.2440 ± 0.0002 | 271.1 ± 9.0             | −52.2 ± 4.5                       | 2454732.8312                   | 0.5038 ± 0.07745 |
| J0849+0445 | 0.0787 ± 0.0001 | 366.9 ± 14.7            | 47.8 ± 7.4                        | 2454918.6200                   | 0.4026 ± 0.06380 |
| J1053+5200 | 0.0426 ± 0.0001 | 264.8 ± 15.0            | 21.4 ± 7.7                        | 2453790.7977                   | 0.08195 ± 0.01418 |
| J1436+5010 | 0.0458 ± 0.0001 | 347.4 ± 8.9             | −30.2 ± 5.1                       | 2454922.8430                   | 0.1990 ± 0.02969 |

Table 3

| Object     | \( T_{\text{eff}} \) (K) | \( \log g \)          | Mass (\( M_\odot \)) | Companion Mass (\( M_\odot \)) | \( i = 60^\circ \) | NS Probability | SN Ia Probability | Merger Time (Gyr) |
|------------|----------------------------|-----------------------|-----------------------|-------------------------------|-------------------|-----------------|-------------------|------------------|
| J0822+2753 | 8880 ± 60                  | 6.44 ± 0.11           | 0.17                  | \( \geq 0.76 \)                | 1.05              | 18%             | 5%                | \( \leq 8.42 \)   |
| J0849+0445 | 10290 ± 250                | 6.23 ± 0.08           | 0.17                  | \( \geq 0.64 \)                | 0.88              | 15%             | 4%                | \( \leq 0.47 \)   |
| J1053+5200 | 15180 ± 600                | 6.55 ± 0.09           | 0.20                  | \( \geq 0.26 \)                | 0.33              | 4%              | 1%                | \( \leq 0.16 \)   |
| J1436+5010 | 16550 ± 260                | 6.69 ± 0.07           | 0.24                  | \( \geq 0.46 \)                | 0.60              | 9%              | 4%                | \( \leq 0.10 \)   |
companions to millisecond pulsars PSR J1012+5307 and J1911-5958A (van Kerkwijk et al. 1996; Bassa et al. 2006). Filled triangles show the ELM sdB star HD 188112 (Heber et al. 2003) and the WDs SDSS J0917+4638 (Kilic et al. 2007a, 2007b) and LP400–22 (Kawka et al. 2006; Kilic et al. 2009; Vennes et al. 2009). All of these WDs show radial velocity variations. Solid lines show the constant mass tracks for low-mass WDs from our updated model calculations based on the Panei et al. (2007; labeled in $M_{\odot}$ on the right side of the figure) study. We model the evolution of He-core WDs in close binary systems, improving on the earlier models of Althaus et al. (2001) and Panei et al. (2007). Instead of $M \geq 0.18 M_{\odot}$ as found in Althaus et al. (2001), we find that for masses $M > 0.17017 M_{\odot}$ diffusion-induced hydrogen-shell flashes take place, which yield small hydrogen envelopes. The models with $M \leq 0.17017 M_{\odot}$ do not experience thermonuclear flashes. As a result, they have massive hydrogen envelopes, larger radii, lower surface gravities, and they evolve much more slowly compared to more massive WDs.

Figure 3. Radial velocities of the WD J1053+5200 observed in 2006 February, 2009 March, and April (left panels). The right panel shows all of these data points phased with the best-fit period. The solid line represents the best-fit model for a circular orbit with $K = 264.8 \text{ km s}^{-1}$ and $P = 0.0426 \text{ days}$.

Figure 4. Radial velocities of the WD J1436+5010 observed in 2009 April (left panels). The right panel shows all of these data points phased with the best-fit period. The solid line represents the best-fit model for a circular orbit with $K = 347.4 \text{ km s}^{-1}$ and $P = 0.0458 \text{ days}$.

Figure 6 shows that both J0822+2753 and J0849+0445 are 0.17 $M_{\odot}$ WDs, whereas J1053+5200 and J1436+5010 are 0.20 $M_{\odot}$ and 0.24 $M_{\odot}$ WDs, respectively. The errors in these mass estimates are $\approx 0.01 M_{\odot}$. The models by Althaus et al. (2001) also predict masses within 0.01–0.02 $M_{\odot}$ of the above estimates.

4. DISCUSSION

4.1. J0822+2753

The temperature and surface gravity for J0822+2753 imply an absolute magnitude of $M_g = 10.1 \text{ mag}$, a radius of 0.04 $R_{\odot}$, and an age of 1.2 Gyr. This luminosity places it at a distance of 430 pc, 250 pc above the plane. J0822+2753 has a proper motion of $\mu_\alpha \cos \delta = 3.4 \pm 3.5$ and $\mu_\delta = -19.2 \pm 3.5 \text{ mas yr}^{-1}$ (Munn et al. 2004). Based on the mass and radius estimates, the gravitational redshift of the WD is 2.7 km s$^{-1}$. Therefore, the true systemic velocity is $-54.9 \text{ km s}^{-1}$. The velocity components with respect to the local standard of rest as defined
Figure 5. Spectral fits (red solid lines) to the composite spectra of our targets (jagged lines, left panels) and to the flux-normalized line profiles (right panels).

(A color version of this figure is available in the online journal.)

Figure 6. Best-fit solutions for the surface gravity and temperatures of our targets (filled circles) overlaid on tracks of constant mass from our new calculations based on the Panei et al. (2007) models. Spectroscopically confirmed ELM WDs and sdBs found in the literature are shown as filled triangles. Companions to millisecond pulsars PSR J1012+5307 and J1911-5958A are shown as open circles.

(A color version of this figure is available in the online journal.)

by Hogg et al. (2005) are $U = 64 \pm 6$, $V = -22 \pm 8$, and $W = -25 \pm 7$ km s$^{-1}$. Clearly, J0822+2753 is a disk star (Chiba & Beers 2000).

We combine the spectra near maximum blue-shifted radial velocity and near minimum radial velocity into two composite spectra. If there is a contribution from a companion object, it may be visible as an asymmetry in the line profiles. We do not see any obvious asymmetries in the line profiles and our optical spectroscopy does not reveal any spectral features from a companion object. A main-sequence star companion with $M \geq 0.76 M_\odot$ would have $M_I < 6.5$ mag (Kroupa & Tout 1997), brighter than the low-mass WD ($M_I \approx 9.3$ mag) and detectable in the $I$ band.

Figure 7 shows the SDSS photometry of our targets compared to WD model predictions. None of the targets in our sample, including J0822+2753, show excess flux in the optical. Hence, a main-sequence star companion is ruled out for J0822+2753.

Using the mean inclination angle for a random stellar sample, $i = 60^\circ$, the companion has a mass of 1.05 $M_\odot$ and a separation of 1.8 $R_\odot$. This separation is about 40× larger than the radius of the WD. The probability of a neutron star companion, i.e., $M = 1.4–3.0 M_\odot$, is 18%. Agüeros et al. (2009a) obtained radio observations of all four of our targets, including J0822+2753, using the Green Bank Telescope. They do not see any evidence of a millisecond pulsar companion. Therefore, the companion is most likely a massive WD. However, follow-up X-ray observations are required to rule out a neutron star companion.
4.2. J0849+0445

J0849+0445 falls in between the cooling sequences for $M = 0.17017$ and 0.1705 $M_{\odot}$ in the temperature versus surface gravity diagram (Figure 6). Thus, J0849+0445 is 1–2 Gyr old, has $M_\text{R} \approx 9.5$ mag, and is located at 930 pc away from the Sun. The relatively large uncertainty in the age estimate is due to the differences between the models with masses larger/smaller than 0.17017 $M_{\odot}$. The measured proper motion for J0849+0445 is consistent with zero (Munn et al. 2004). The gravitational redshift of the WD is $\approx 2.3$ km s$^{-1}$. Hence, the true systemic velocity is 45.5 km s$^{-1}$. The velocity components with respect to the local standard of rest are $U = -21 \pm 13$, $V = -24 \pm 13$, and $W = 25 \pm 14$ km s$^{-1}$. J0849+0445 is also a disk star.

As in the case of J0822+2753, we do not see any evidence of a companion in our spectra. Main-sequence companions are ruled out based on the SDSS photometry. In addition, radio observations do not reveal a millisecond pulsar companion. There is a 70% probability that the companion is less massive than 1 $M_{\odot}$. Therefore, the companion is most likely another WD, and specifically a low-mass carbon/oxygen core WD. Assuming an inclination angle of 60°, the companion is probably a 0.60 $M_{\odot}$ object at 0.5 $R_{\odot}$ separation.

J1053+5200 has $M = 0.20 M_{\odot}$, $R = 0.04 R_{\odot}$, and $M_\text{R} = 8.7$ mag. This absolute magnitude corresponds to a WD cooling age of 160 Myr. Its distance is 1.1 kpc, 1 kpc above the plane. It has a proper motion of $\mu_\alpha \cos \delta = -29.7 \pm 3.5$ and $\mu_\delta = -31.2 \pm 3.5$ mas yr$^{-1}$ (Munn et al. 2004). The gravitational redshift of the WD is 3.2 km s$^{-1}$. The velocity components with respect to the local standard of rest are $U = -110 \pm 19$, $V = -192 \pm 28$, and $W = 8 \pm 12$ km s$^{-1}$. J1053+5200 lags by ~200 km s$^{-1}$ behind the Galactic disk and is clearly a halo star.

The mass function for J1053+5200 implies that the companion is more massive than 0.26 $M_{\odot}$. A 0.26 $M_{\odot}$ main-sequence star would be about 50% fainter than the WD in the I band and it would have been detected in the SDSS i- and z-band data. The lack of excess flux in the SDSS photometry (Figure 7) rules out a main-sequence companion. A neutron star companion is unlikely (4% probability). The companion is most likely another WD, and specifically a low-mass ($M < 0.45 M_{\odot}$) WD. J1053+5200 has a 70% chance of having a low-mass WD companion. Assuming an inclination angle of 60°, the companion is probably a low-mass object with $M = 0.33 M_{\odot}$ at 0.4 $R_{\odot}$ separation.

4.4. J1436+5010

J1436+5010 is a 40–70 Myr old $M \approx 0.24 M_{\odot}$ WD at a distance of ~ 800 pc, 710 pc above the Galactic plane. The gravitational redshift of the WD is 4.2 km s$^{-1}$. It has a proper motion of $\mu_\alpha \cos \delta = 7.8 \pm 3.5$ and $\mu_\delta = -5.1 \pm 3.5$ mas yr$^{-1}$ (Munn et al. 2004). The velocity components with respect to the local standard of rest are $U = 44 \pm 14$, $V = -5 \pm 12$, and $W = -28 \pm 8$ km s$^{-1}$. J1436+5010 is a disk object.

We do not see any evidence of a companion in our MMT spectra of this object. In addition, the companion has to be more massive than 0.46 $M_{\odot}$, and such a main-sequence star companion is ruled out based on the SDSS photometry data. There is a 9% chance that the companion is a neutron star. However, the companion is most likely a carbon/oxygen core WD. Assuming an inclination angle of 60°, the companion is probably a 0.60 $M_{\odot}$ object at 0.5 $R_{\odot}$ separation.

Ramírez et al. (2007) used Gaussian probability distributions to assign stars to the different Galactic components based on kinematics. Using the same criterion, J0822+2753, J0849+0445, and J1436+5010 have 94–97% chances of being thin disk members. On the other hand, J1053+5200 has a 99% chance of being a halo member. These statistics confirm our membership assignments presented above.

5. THE COMMON-ENVELOPE PHASE

Our radial velocity observations and the available optical photometry show that none of our targets have main-sequence companions. The probability of neutron star companions ($M > 1.4 M_{\odot}$) ranges from 4% to 18%. However, no such companions are visible in the radio data (Agúeros et al. 2009a). Therefore, the companions are most likely other WDs.

The formation scenarios for close WD pairs include two consecutive common-envelope phases or an Algol-like stable mass transfer phase followed by a common-envelope phase (e.g., Iben et al. 1997). The mass ratios ($q = M_{\text{bright}}/M_{\text{dim}}$) of our targets range from 0.22 to 0.77, and they favor a scenario involving two common-envelope phases (see Nelemans et al. 2000 and references therein).

Nelemans et al. (2000) and Nelemans & Tout (2005) demonstrate that the standard common-envelope formalism (the $\alpha$-formalism equating the energy balance in the system) does not always work. Instead, they suggest that the common-envelope evolution of close WD binaries can be reconstructed with an algorithm ($\gamma$-algorithm) imposing angular momentum balance. Studying the prior evolution of 10 WD + WD binaries where both WD masses are known, Nelemans et al. (2005) find that the $\gamma$-algorithm is able to explain the observed properties of those systems following two common-envelope phases. Most of the systems can be accounted for with a single-valued $\gamma = 1.5$, where $\gamma$ is the rate of angular momentum loss as defined by Paczynski & Ziolkowski (1967). However, $\gamma$ is not a stiff parameter, and it may vary between 0.5 and 4. The same systems may be explained by means of various $\gamma$s and assuming different initial parameters (Nelemans & Tout 2005). The mass ratios of these 10 systems are on the order of unity.

Kilic et al. (2007b, 2009) used the $\gamma$-algorithm to study the prior evolution of the ELM WD systems J0917+4638 and LP400–22. These two systems have mass ratios of $\lesssim 0.61$ and $\lesssim 0.46$, respectively. Using $\gamma = 1.5$, Kilic et al. (2007b) find that the J0917+4638 system can be explained as the descendant of a binary system including a 2.2 and a 0.8 $M_{\odot}$ star at an orbital separation of 0.4 AU. A similar study of the LP400–22 system shows that $\gamma = 2$ may be more appropriate for this binary (Kilic et al. 2009).

In order to understand the prior history of the short-period binary systems presented in this paper, we consider an initial system involving a 3 $M_{\odot}$ and a 1 $M_{\odot}$ star. The 3 $M_{\odot}$ star evolves off the main sequence, overflows its Roche lobe as a giant with a 0.6 $M_{\odot}$ core, forms a helium star (sdB) which does not expand after He-exhaustion in the core, and turns into a WD. The 1 $M_{\odot}$ star also overflows its Roche lobe after main-sequence evolution, when its core is 0.24 $M_{\odot}$. We also assume that the current orbital period is 0.0458 days (as in the J1436+5010 system). The current separation of this system is $0.5 R_{\odot}$. Evolving the system back in time, and considering the latest common-envelope phase, the 1 $M_{\odot}$ star had a 0.24 $M_{\odot}$ core when its radius was 10 $R_{\odot}$ (Iben & Tutukov 1985).
Taking this radius as the Roche lobe radius (Eggleton 1983), the separation prior to the second common-envelope phase is 25 $R_\odot$ (Nelemans & Tout 2005), which corresponds to $\gamma = 2.01$.

Considering the first common-envelope phase, the 3 $M_\odot$ star has a 0.6 $M_\odot$ core when its radius is 410 $R_\odot$. Taking this radius as the Roche lobe radius, the separation prior to the first common-envelope phase is 860 $R_\odot$ (4.0 AU), which corresponds to $\gamma = 1.58$. Similar to this system, the common-envelope evolution of all four systems discussed in this paper can be explained with $\gamma = 1.6$–2.2. In this scenario, the companions are older, smaller, and fainter than the 0.17–0.24 $M_\odot$ WDs observed today, consistent with the lack of evidence for the presence of companions in the SDSS photometry and our optical spectroscopy.

6. THE FUTURE: MERGER PRODUCTS

Short period binaries may merge within a Hubble time by losing angular momentum through gravitational radiation. The merger time for such binaries is

$$\tau \approx \frac{(M_1 + M_2)^{1/3}}{M_1 M_2} P^{8/3} \times 10^7 \text{ yr},$$

where the masses are in solar units and the period is in hours (Landau & Lifshitz 1958). For minimum mass companions ($i = 90^\circ$) the merger times for our targets (in right ascension order) are 8420, 470, 160, and 100 Myr, respectively. All four targets will merge within a Hubble time. We now explore possible outcomes of the merger process.

6.1. Extreme Helium Stars

Hydrogen-deficient luminous stars, in order of decreasing effective temperature, include extreme helium, RCrB, and hydrogen-deficient carbon stars. Studies of the chemical compositions of these stars suggest that they form an evolutionary sequence (García-Hernández et al. 2009). There are two leading scenarios to explain the origin of extreme helium stars. In one scenario, the merger of an He-star or an He-core WD with a carbon/oxygen core WD forms a hydrogen-deficient supergiant (Webbink 1984; Iben & Tutukov 1984; Iben et al. 1996; Saio & Jeffery 2002). The other scenario, commonly referred to as the born-again scenario, suggests that a hydrogen-deficient star forms when a post-asymptotic giant branch star experiences a late helium shell flash (see Iben et al. 1983, and references therein). This flash converts the hydrogen-rich envelope to helium, creating a hydrogen-deficient star.

Studies of elemental and isotopic abundances for carbon, nitrogen, and oxygen are useful for differentiating between these two scenarios. Based on the observed abundances, Saio & Jeffery (2002) and Pandey et al. (2006) argue that most hydrogen-deficient carbon stars and RCrB stars form through WD mergers. In addition, Clayton et al. (2007) find that every RCrB and hydrogen-deficient carbon star that they have observed has enhanced $^{18}$O/$^{16}$O ratios compared to the solar value. They propose the WD merger scenario as a likely formation mechanism. Based on preliminary calculations, Clayton et al. (2007) suggest that the accretion of the helium WD by the carbon/oxygen WD is rapid and it induces nucleosynthesis, which converts $^{14}$N to $^{18}$O by $\alpha$-capture.

The overproduction of $^{18}$O is not predicted in the born-again scenario, because either the $^{14}$N is burnt to $^{22}$Ne or $^{18}$O is destroyed by proton capture (García-Hernández et al. 2009). There is at least one star identified as a product of the born-again scenario (see Clayton et al. 2006, Miller Bertolami & Althaus 2007, and references therein). Sakurai’s object (V4334 Sgr). Therefore, not all extreme helium stars form through WD mergers.

Three of the ELM WDs in our sample, J0822+2753, J0849+0445, and J1436+5010, have companions more massive than 0.46 $M_\odot$. These three systems most likely have carbon/oxygen WD companions. They will merge within 100 Myr to 8.4 Gyr and form extreme helium stars. Therefore, these three systems provide independent evidence that there is a mechanism to form hydrogen-deficient stars through WD mergers.

6.2. Single Hot Subdwarf Stars

Close binary evolution plays an important role in the formation of subdwarf B stars, as witnessed by the large fraction (>40%) of sdB stars in binaries. Mass transfer between the companions and common-envelope evolution can lead to large amounts of mass loss prior to the start of core He burning, creating an sdB star in a binary. Castellani & Castellani (1993) demonstrated that if low-mass stars lose enough mass on the red giant branch, they can depart the red giant branch before the core He flash. Instead, the He flash happens on the hot WD cooling track. Depending on when this flash happens, sdB or He-enriched sdO stars form.

Only about 4% of He-enriched sdO stars are in binary systems (Napiwotzki et al. 2004a). The mergers of two He-core WDs can explain the lower fraction of binaries observed among the He-enriched sdO stars (Han et al. 2003). With shrinking separation, the less massive object is accreted onto the companion, leading to He ignition (Heber 2009). The merger product will be enriched in CNO, similar to the observed abundances of He-enriched sdO stars (Saio & Jeffery 2000). In addition to the merger scenario, single hot subdwarf stars can also be produced through a common-envelope phase with a massive planet or a brown dwarf. The recent discoveries of planets around the subdwarf B stars V Pegasus (Silvotti et al. 2007) and HD 149382 (Geier et al. 2009) show that this channel of formation contributes to the single subdwarf B star population.

There is a 70% chance that the companion to one of our targets, J1053+5200, is a low-mass He-core WD. The merger of this binary WD system will most likely create an He-enriched sdO star. Hence, binary mergers of two He-core WDs contribute to the single hot subdwarf population in the Galaxy.

6.3. SNe Ia and .Ia

SNe Ia are caused by the thermonuclear explosion of WDs growing to the Chandrasekhar mass either by accretion from a companion or by mergers of two degenerate stars. The double degenerate scenario requires mainly mergers of two CO WDs to have sufficient mass to exceed the Chandrasekhar mass limit (Webbink 1984; Iben & Tutukov 1984). However, if the mass transfer is stable, accretion from an He-core WD can also result in accumulation of Chandrasekhar mass by the CO WD accretor and this can result in an SN Ia explosion. The population synthesis models by Yungelson (2005) demonstrate that the expected contribution of He+CO WD binaries to the SNe Ia rate

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7 Two more have been discussed extensively in the literature, FG Sge and V605 Aql.

8 With a mass ratio of $\lesssim 0.22$, J0822+2753 may become an AM CVn system instead (see Section 6.5).
is 2 orders of magnitude smaller than that of the CO+CO WD systems.

The visible components of the four binaries discussed in this paper are 0.17–0.24 \( M_\odot \) WDs. There is a 1%–5% chance that the companions are massive WDs and the total mass of the binary systems exceed 1.4 \( M_\odot \) (see Table 3). Our targets are most likely not SNe Ia progenitors.

Recently, Guillochon et al. (2010) presented a new mechanism for the detonation of a sub-Chandrasekhar mass CO WD through accretion from a low-mass He-core WD. If the mass accretion is dynamically unstable, the instabilities in the accretion stream can lead to the detonation of surface helium that accumulates on the CO primary during the final few orbits prior to merger. These detonations are likely to resemble dim Type Ia SNe (or Ia; Bildsten et al. 2007), and would primarily synthesize intermediate-mass elements. Under certain conditions, the primary itself is also detonated. An important feature of this mechanism is that the total system mass does not need to exceed the Chandrasekhar limit. As such, the systems we present in this paper could very well be the progenitor systems for these events.

6.4. White Dwarf + Neutron Star Mergers

Green Bank Telescope observations do not detect millisecond pulsar companions around our targets. However, neutron star companions cannot be ruled out based on the radio data alone. X-ray observations can detect the blackbody emission from a neutron star companion even if it is radio quiet or if its pulsar beam misses our line of sight. XMM-Newton observations of the ELM WD, SDSS J0917+4638, do not detect a neutron star in the system (Agüeros et al. 2009b). Similar observations will be necessary to search for neutron star companions in our targets.

Nelemans et al. (2001) estimate that NS + WD merger rate is 2 orders of magnitude smaller than WD + WD merger rate. However, based on the mass function alone, there is a 4%–18% chance that the companions to our targets are neutron stars. García-Berro et al. (2007) study the evolution of a 1.4 \( M_\odot \) neutron star and a 0.6 \( M_\odot \) merger using a smoothed-particle hydrodynamics code. They find that, once the WD has filled its Roche lobe, it is disrupted in a few orbital periods, e.g., on the order of 5 minutes. The final configuration consists of a neutron star surrounded by an accretion disk, and the mass loss from the system is negligible. However, the outcome of mergers of neutron star with lighter WDs is not clear. Yungelson et al. (2002) suggest that mass exchange in a 0.2 + 1.4 \( M_\odot \) system may be stable. Nelemans et al. (2010) argue for WD or He-star donors in several ultracompact X-ray binary systems. These donors have initial masses larger than 0.32–0.35 \( M_\odot \) and they somehow survive disruption in the merger with the neutron star. Therefore, 0.2 \( M_\odot \) WDs may also survive mergers with neutron stars.

6.5. An Alternative Future: AM CVn Systems

AM CVn stars are interacting double stars with WD accretors and orbital periods less than about 1 hr. There are three formation scenarios for AM CVn systems involving three types of donor stars: WDs, helium stars, or evolved main-sequence stars (see Postnov & Yungelson 2006 and references therein). Studying the CNO and He abundances of known AM CVn systems, Nelemans et al. (2010) find evidence of WD donors in some systems, and evolved helium star donors in others.

The WD channel requires a binary system with short enough orbital period that gravitational wave radiation drives the stars into contact. The low-mass WD fills its Roche lobe and transfers mass to the companion. Depending on the mass ratio of the binary system (if the mass ratio is small), the mass transfer is stable and the system evolves to longer periods (see Marsh et al. 2004, Nelemans et al. 2010, and references therein). Marsh et al. (2004) argue that despite the absence of a single system of extreme mass ratio amongst the observed close double WD population, this channel of formation is probable.

Here, we have uncovered four binary systems with extreme mass ratios of \( \lesssim 0.22 \) to \( \lesssim 0.77 \). The important question is whether these systems will merge or if they will instead create AM CVn systems. Marsh et al. (2004) suggest that the mass transfer between double WDs can be dynamically stable, unstable, or the intermediate case of either stability or instability depending on the degree of spin–orbit coupling. Motl et al. (2007) and Racine et al. (2007) demonstrate that the spin/orbit coupling is strong, raising the critical mass ratio to avoid merger from around 0.2 (if there is no coupling) to 0.4–0.7. Based on these studies, we would expect the majority of the WDs discussed in this paper to form AM CVn systems. However, the smoothed particle hydrodynamics and grid-based calculations of mergers of WDs do not completely agree on the outcome of contact, and the prior evolution of AM CVn systems is still uncertain (see Fryer & Diehl 2008 for a discussion). Nevertheless, with mass ratios of \( \lesssim 0.27 \), J0822+2753 and J0849+0445 are strong candidates for future AM CVn systems.

7. CONCLUSIONS

Almost all known double WD systems have mass ratios on the order of unity (Nelemans et al. 2005). Recently, Kilic et al. (2007b, 2009) identified two WD binary systems with mass ratios \( \lesssim 0.6 \). However, these two systems (SDSS J0917 and LP400–22) will not merge within a Hubble time.

The four binary systems discussed in this paper will merge within a Hubble time. They have extreme mass ratios and are likely progenitors of RCrB stars, single He-enriched sdO stars, or AM CVn stars. These systems may even contribute to the SNe Ia population, but the probability of this event is small. Liebert et al. (2005) estimate that low-mass (\( M < 0.45 \ M_\odot \)) WDs make up about 10% of the local WD population, corresponding to a formation rate of \( 4 \times 10^{-16} \ \text{pc}^{-3} \ \text{yr}^{-1} \). Eisenstein et al. (2006) discovered only 13 ELM WDs out of a sample of 9316 WDs found in a survey volume of \( \gtrsim 4 \text{kpc}^3 \) in the SDSS Data Release 4 footprint. ELM WDs are rare, they make up about 0.14% of the local WD sample. Of course, the SDSS spectroscopic sample suffers from selection bias and incompleteness, but taken at face value, 0.14% corresponds to a formation rate of \( 6 \times 10^{-16} \ \text{pc}^{-3} \ \text{yr}^{-1} \). However, all four ELM WDs discussed in this paper are going to merge within a Hubble time, and some within the next few hundred Myr. Therefore, the formation rate of ELM WDs may be higher by an order of magnitude. For the SDSS DR4 survey volume of 4 kpc\(^3\), the formation rate is \( (0.2–2) \times 10^{-5} \ \text{yr}^{-1} \), with the caveat that this number is highly uncertain due to selection bias present in the SDSS spectroscopic survey. Bogomazov & Tutukov (2009) estimate a CO+He WD merger rate of \( (6–8) \times 10^{-7} \ \text{yr}^{-1} \). The ELM WD mergers discussed in this paper contribute only a small fraction to the overall CO+He WD merger rate in the Galaxy. Yungelson (2005) estimate an SNe Ia occurrence rate of \( 10^{-5} \ \text{yr}^{-1} \) from CO+He WD progenitors. Our estimate of the formation rate of ELM WDs is similar to this result.

In this paper, we present radial velocity data for four stars. However, we are obtaining radial velocity observations for the
remaining ELM WDs in the Eisenstein et al. (2006) sample. To date, almost all of these ELM WDs show significant radial velocity variations indicating the presence of a companion star. We are continuing to follow-up these objects at the MMT to constrain their orbital periods accurately. The importance of these observations is that we not only find short period binaries that will merge within a Hubble time, but also the majority of the binaries have extreme mass ratios. Understanding the prior history of these systems requires an understanding of the common-envelope phase. Studying the mass ratios and physical characteristics of these systems will help in understanding common-envelope evolution of close binary pairs.

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