Effectiveness of Three Post-Harvest Rehabilitation Treatments for Runoff and Sediment Reduction on Skid Trails in the Hyrcanian Forests

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Abstract

Ground-based skidding operations can lead to soil compaction and displacement, which could cause negative effects on forest soil. Hence, some efforts such as forestry best management practices (BMPs) must be implemented in the prone area to mitigate these possible impacts. Several materials and treatments have been adopted to suppress these adverse effects by increasing the ground cover. However, the effects of mulch treatments on runoff and sediment yield are inconclusive with a diverse range of effectiveness. For these reasons, in this research mulch treatments were tested as to determine how the application of organic mulch amendments such as straw and leaf litter and contour-felled logs would alleviate the runoff and sediment yield on machine operating trails and ensure successful hillslope stabilization. The aims of the study were to analyze and compare the effectiveness of leaf litter (LM) and straw mulch (SM) rate and different distances of contour-felled logs (CFL) to mitigate the runoff and sediment yield, and examine the impact of rainfall intensity on effectiveness of litter mulch, straw mulch, and contour-felled logs. Totally, 30 bounded runoff plots in the machine operating trails and four treatments including litter mulch (LMR1: 0.62, LMR2: 1.24, and LMR3: 1.86 kg m$^{-2}$), straw mulch (SMR1: 0.45, SMR2: 0.92, and SMR3: 1.34 kg m$^{-2}$), contour-felled logs (CFL10: 10, CFL20: 20, and CFL30: 30 m), and untreated area were established in triplicate with 4 m width and 100 m length. During the study period, the runoff and sediment yield in the untreated trails (U) were 2.36 mm and 11.84 g m$^{-2}$. Straw (from 41.5 to 60.6%) and litter mulch (from 38.1 to 55.1%), and contour-felled logs treatments (from 70.8 to 88.1%) significantly decreased the runoff, compared to U treatment. Results show that mulch treatments with three different levels of Litter Mulch Rate, LMR1, LMR2, and LMR3 decreased mean sediment by 46.6, 64.0 and 71.8%, in the treatments with three different levels of Straw Mulch Rate, SMR1, SMR2, and SMR3 decreased mean sediment by 42.9, 62.1, and 69.9%, and in the treatments with three different distances of Contour-Felled Logs, CFL10, CFL20, and CFL30 decreased mean sediment by 90.6, 94.7 and 88.3% comparing to U, respectively. The relationships of the runoff and sediment responses to increasing mulching rate of litter and straw followed as negative logarithmic curves, but the decreasing-increasing trends were observed in runoff and sediment yield as the distance between contour-felled logs increased from 10 to 30 m. Polynomial regression equations were developed for predicting the runoff and sediment yield as a function of the application rate of litter and straw mulch and the distance between contour-felled logs, and rainfall intensity. We concluded that contour-felled logs treatment was more effective than both litter and straw mulch to mitigate the runoff, runoff coefficient, and sediment yield on machine operating trails. As a management measure, it could be possible to propose that the contour-felled logs with a distance of 20 m be prescribed to protect the machine operating trails from the negative effects of surface runoff.

Keywords: forest utilization, soil compaction, runoff flow, soil loss, mulching, litter mulch, straw mulch, contour-felled logs
1. Introduction

Ground-based skidding operations by forestry machines can lead to soil compaction and displacement, which could cause negative hydrological and physical effects on forest soil depending on forest site characteristics (Picchio et al. 2019), silvicultural treatment (Picchio et al. 2016) and forest logging typologies and quality (Hansson et al. 2018, Jourgholami et al. 2019a). After ground-based skidding operations, soil compaction occurs which causes an increase in soil bulk density and a decrease of total porosity (Batey 2009, Picchio et al. 2012, Nawaz et al. 2013 and 2016, Jourgholami et al. 2019b). Moreover, soil disturbance leads to the elimination of the litter layer, and also results in reduced water absorption capacity and decreases water infiltration rate as well as saturated hydraulic conductivity (Hamza and Anderson 2005, Jourgholami et al. 2018a and b, Poltorak et al. 2018). The impact of raindrops on the bare mineral soil causes the surface runoff flow to increase causing detachment, transport, and deposit of the soil particles. This leads to soil loss, sedimentation, and flooding hazards that have a substantial impact on downstream municipal infrastructures (Jiang et al. 2019).

Machine operating trails and depots were considered as major sources of runoff and sediment generation (Cristan et al. 2016). Hence, some efforts such as forestry best management practices (BMPs) must be implemented in the prone area to mitigate the adverse effects of forestry machines on forest soil (Wear et al. 2013, Cristan et al. 2016). Several materials and treatments have been adopted to suppress the adverse effects of ground-based skidding operations including mulches and seeding by increasing the ground cover (Jourgholami and Etehadi Abari 2017). Other alternatives, such as log erosion barriers (contour-felled logs) are installed to decrease the erosive power of runoff, increase the infiltration rate, store the eroded materials, and reinforce and stabilize the hillslopes (Wagenbrenner et al. 2006, Kim et al. 2008, Robichaud et al. 2008a). Generally, in agriculture, mulch includes any organic and inorganic material such as agricultural straw, plant leaves, plastic film, wood strands, wood chips, wood shreds, gravel, and loose soil, which is dispersed on the soil surface to protect it from raindrop impact, soil sealing, and evaporation (Smets et al. 2008, Jordán et al. 2010). However, the effects of mulch treatments on runoff and sediment yield are inconclusive with a diverse range of effectiveness (Robichaud et al. 2016, Jourgholami and Etehadi Abari 2017). In addition, mulch treatments by coverage of the soil surface can absorb the kinetic energy of raindrops, reduce splash erosion and soil detachment, decrease the transport capacity of eroded sediment, alleviate temperature fluctuations, and enhance infiltration rate (Robichaud et al. 2008a, Jordán et al. 2010).

Previous studies have demonstrated that the distribution of logs per area, quality of installation, storage capacity of sediment, and rainfall intensity were the main important factors that influenced the effectiveness of contour-fell log treatment (Wagenbrenner et al. 2006, Kim et al. 2008, Robichaud et al. 2008a). The effectiveness of contour-felled log treatment mostly depends on the log distribution, installation, sediment storage capacity, and storm intensity (Wagenbrenner et al. 2006). Log Erosion Barriers (LEBs) can increase the infiltration rate of surface flow and decrease erosive power and velocity of runoff, and reduce soil loss (Yanosek et al. 2006). Jourgholami et al. (2018b) indicated that the useful life of contour-fell log and also the storage capacity decreased after installation due to sediment accumulation and log degradation. In addition, Kim et al. (2008) concluded that the ineffectiveness of LEBs for post-fire vegetation recovery was attributed to the small diameter of logs (<10 cm) that decreased the runoff storage capacity behind logs. In the western United States, installing of LEBs can mitigate runoff and sediment yield compared to control watershed (Robichaud et al. 2008b).

Newly fallen leaves and rice straw can be applied as mulch to protect surface mineral soil against rain drop and throughfall impact, detachment of soil particles, and prevent soil aggregate losses, which resulted in a decrease of surface runoff and soil loss (Sayer 2006, Robichaud et al. 2013, Li et al. 2014, Prats et al. 2014, Vega et al. 2014, Vega et al. 2015, Fernández and Vega 2016, Jourgholami et al. 2019a). Under laboratory conditions in Northern China, the litter rate mulching decreased the runoff by 29.5–31.3%, compared to bare plot (Li et al. 2014). In contrast, Jourgholami et al. (2019a) found that increasing litter mulch rate from 0.42 to 1.69 kg m\(^{-2}\) significantly reduced the runoff (by 49–79%) and sediment yield (by 76–93%) on the machine operating trails, compared to the untreated treatment. In the Hyrcanian deciduous forests in northern Iran, spreading straw mulch and sawdust mulch on the skid trail decreased the runoff by 36.5% and 72.8%, respectively, and also reduced sediment by 51.9% and 94.9%, respectively, compared to untreated trails (Jourgholami and Etehadi Abari 2017).

The application rate of mulch can significantly influence the effectiveness of mulch for suppressing the runoff and soil loss (Li et al. 2013). In contrast, Li et al. (2014) concluded that the litter mass (rate) has no significant linear correlation with runoff yield. Accordingly, several studies determined that the rate of
straw and leaf litter mulch or mulch thickness affected the surface runoff flow and sediment yield (Wagenbrenner et al. 2006, Kim et al. 2008, Robichaud et al. 2008a, Jourgholami and Etehadi Abari 2017, Jourgholami et al. 2019a). Previous studies have proved that rainfall intensity significantly contributed to runoff and sediment yield under different treatments (Geißler et al. 2012, Li et al. 2014). By increasing rainfall intensity, runoff and soil loss reduced as litter rate increased (Jourgholami et al. 2019a). Similarly, Jourgholami and Etehadi Abari (2017) found a linear increase of runoff with the increase of the rainfall intensity.

The aims of the study were to (1) analyze and compare the effectiveness of leaf litter and straw mulch rate and different distance of contour-felled logs to mitigate runoff and sediment yield, and (2) examine the impact of rainfall intensity on effectiveness of leaf litter, straw mulch, and contour-felled logs. The main hypothesis was that the application of organic mulch amendments such as straw and leaf litter and contour-felled logs would alleviate the runoff and sediment yield on machine operating trails and ensure successful hillslope stabilization.

2. Materials and Methods

2.1 Study Areas

This study was conducted in the compartment no. 617 of the Tangar district in the Tyrumrud watershed of the Hycraniel forests (Fig. 1). The ground slope ranged from 10–45% facing east. The study site has an elevation ranging from 510 to 570 m a.s.l. and the mean annual precipitation is 1360 mm, falling mostly as rain, with the highest and lowest amounts occurring in October and July, respectively. The climate of the study area is humid and temperate with a mean annual temperature of 14.2 °C, with the hottest in July (23.7 °C) and coldest in January (6.8 °C), respectively. According to the United States Department of Agriculture (USDA) soil taxonomy, the soils are Alfisols and the soil texture was classified as clay loam from limestone. The study area is a part of the Hycraniel forests, which is a natural deciduous uneven-aged forest dominated with species including hornbeam (Carpinus betulus L.), velvet maple (Acer velutinum Boiss.), oak (Quercus castaneifolia C.A.M.), Caucasian alder (Alnus subcordata C.A.M.), and Persian ironwood (Parrotia persica C.A.M.) with the average growing stock of 268 m³ ha⁻¹. Tree felling and delimbing were performed with chain-saws. Afterwards, a TAF E655 (wheeled skidder) was used to extract logs (5–15 m in length) from the stand to the roadside landings in May 2016. The skidder was equipped with a 49 kW engine, weighed 6.8 tonnes unloaded and was fitted with size 18.4–26 tires inflated to 659 kPa on both front and rear axles. The average skidding load was 2.86 m³ per cycle and the skid trail longitudinal gradient ranged between 20–25%, with a mean skid trail width of 3.4 m.

2.2 Experimental Design and Measurements

Totally, 30 bounded runoff plots in the machine operating trails with the same slope (20–25%) and machine traffic level with a completely randomized design were selected following ground-based skidding operations for runoff plot establishment. In the study area, four treatments were triplicately established including litter mulch (LM) with different rate, straw mulch (SM) with different rate, contour-felled logs (CFL) with different distance, and untreated area (U) (Fig. 1). Therefore, treatments in this study included; U = Untreated area, LMR1 = rate of 0.62 kg m⁻², LMR2 = rate of 1.24 kg m⁻², LMR3 = rate of 1.86 kg m⁻², SMR1 = rate of 0.45 kg m⁻², SMR2 = rate of 0.92 kg m⁻², SMR3 = rate of 1.34 kg m⁻², CFL10 = with distance of 10 m, CFL20 = with distance of 20 m, CFL30 = with distance of 30 m.

In each treatment, runoff plots 4 m wide and 100 m long were randomly established on the machine operating trails. Weed free rice straw mulch was applied with 100% coverage. Rice straws were, on average, 4–17 cm long and 4–6 mm thick (Robichaud et al. 2008a, Jourgholami and Etehadi Abari 2017). The litter mulch treatment was composed of litter from two species, including hornbeam and velvet maple that was manually spread on the skid trail surface with a combination of 1:1 undecomposed litter weight of hornbeam and velvet maple (Li et al. 2014). The contour-felled log (CFL) erosion barriers were applied by establishing the logs with diameters ranging from 25 to 30 cm and 4 m in length in a diagonal direction to the longitudinal axis of the skid trails (Jourgholami et al. 2018b). The distance between each contour-felled log varied in different treatments, which was set at 10, 20, and 30 m. The untreated area or bare machine operating trail had no ground cover protection and had the same traffic intensity and slope, aspect, and vegetation cover as the other treatments. The amounts of runoff in each runoff plot were measured for a total of 25 rainfall events during the study period (i.e., from July 03, 2016 through November 20, 2019). The perimeter of the runoff plots were bounded by wooden boards inserted 20 cm inside the soil and extended 20 cm above the surface and acted as a measure to eliminate water in/to the plots (Kim et al. 2014). For each runoff plot, the runoff...
was collected and routed to a 0.20 m³ storage tank. In all cases, the storage tanks were located at the lower end of the plots. To determine the sediment yield, a subsample of 1 liter for each runoff plot was measured, filtered through filter paper with size of 2 μm, and oven-dried at 105 °C for 24 h (Sosa-Pérez and MacDonald 2017). Three rainfall gauges were placed in an open area neighboring the stand (located less than 100 m away from the runoff plots) to measure gross rainfall. A manual rain collector with diameter of 9 cm and height of 20 cm was used to measure the amount of throughfall underneath the forest canopy within each runoff plot (Kim et al. 2014). Runoff coefficient (RC) was measured by Eq. 1 as follows (Li et al. 2014):

\[ RC = \frac{RV}{TR} \]  

Where:
- \( RV \) = runoff volume, mm
- \( TR \) = total rainfall, mm

Soil samples from the top 5 cm in each runoff plot were taken with a steel cylinder (with length of 40 mm and diameter of 56 mm) to measure the variables including soil bulk density, total porosity, organic matter content, canopy cover, and soil particle-size distribution. In each runoff plot, five sampling points randomly selected, thus totaling 150 soil samples, were measured. Soil samples were placed in plastic bags, labeled, and transported to the laboratory. A portion of soil samples was weighed after collecting and then oven dried at 105 °C until a constant mass was reached to determine the moisture content and the soil bulk density. In order to determine the soil particle size distribution for particles smaller than 0.075 mm, the hydrometer method was used (Gee and Bauder 1986), and the larger particles were separated by sieving through a series of sieves of varying apertures. To assess the soil particle density, the ASTM D854-00 2000 standard was applied and total porosity was determined by Eq. 2 as follows (Jourgholami et al. 2018a):

\[ TP = \left[ 1 - \left( \frac{ds}{pd} \right) \right] \times 100 \]  

Where:
- \( TP \) = total porosity, %
- \( ds \) = bulk density, g cm⁻³
- \( dp \) = particle density, g cm⁻³.

The Walkley-Black technique (Walkley and Black 1934) was applied to determine soil organic C. An ocular observation was conducted in three points at each runoff plots to predict the canopy cover.

The multivariate polynomial regression (Sinha 2013) model of the form (Eq. 1) was used for developing the relationship between runoff and sediment with rainfall intensity and mulch rate and contour-felled logs with different distance:

\[ Y = a + bx_1 + cx_2 + dx_1^2 + ex_2^2 + fx_1^3 + gx_2^3 + hx_1x_2 + ix_1^2x_2 + jx_1x_2^2 \]  

Where:
- \( a, b, c \) = constant variables
- \( x_1, x_2 \) = different variables

### 2.3 Statistical Analysis

A factorial experiment with a complete block design was randomly assigned to the different rates of litter and straw mulch, and contour-felled logs. The normal distribution of data was checked with the use of the Kolmogorov-Smirnov test. Levene’s test was conducted for testing the homogeneity of variance among treatments. In order to compare the runoff, runoff coefficient, and sediment yield among treatments (litter and straw mulch, contour-felled logs, and untreated trails (U)), a one-way analysis of variance (ANOVA) was performed. Duncan’s Multiple Range tests were applied to find differences among litter and straw mulch, contour-felled logs, and untreated trails (U), a one-way analysis of variance (ANOVA) was performed. Duncan’s Multiple Range tests were applied to find differences among litter and straw mulch, contour-felled logs, and untreated trails (U) means at \( p \leq 0.05 \), after finding significant differences among treatments by the ANOVA. The Pearson correlation was conducted to examine the relationships between treatments, runoff, sediment yield, studied soil properties, and canopy cover. The SPSS software package (release 17.0; SPSS, Chicago, IL, USA) was used to perform all statistical tests. The relationship between runoff and sediment yield with the mulch rate (Litter mulch rate, LMR; Straw mulch rate, SMR; contour-felled logs with different distance, CFL), and rainfall intensity (RI) were plotted and predicted by the multivariate polynomial regression model using the Curve Expert Professional 1.6 software.

### 3. Results

#### 3.1 Rainfall and Site Characteristics

For the study period from 3 July 2016 to 20 November 2016, a total of 25 rainfall events were measured, with a total of 1003.2 mm, ranging from 7.4 mm/day to 94 mm/day with an average of 40.1 mm/day.

As Duncan’s test indicated, significant differences in soil bulk density, total porosity, organic matter
content, canopy cover, sand, clay, and silt among the treatments were not found before the study started in 2016 in the runoff plots, (Table 1). Results of the Pearson correlation show a significant negative relationship between treatment and runoff \((r=-0.75)\), and also sediment yield \((r=-0.78)\). Meanwhile, soil bulk density, total porosity, organic matter content, canopy cover, sand, clay, and silt were not significantly correlated with treatment, amount of runoff and sediment yield (Table 2).

### 3.2 Runoff and Runoff Coefficient

**Significant differences in runoff and runoff coefficient among treatments were found after applying litter and straw mulch and contour-felled logs treatment on machine operating trails.** The runoff was significantly higher on the U treatment (2.36 mm), followed by SMR1>LMR1=SMR2, whereas the lowest runoff was observed on CFL20 (0.28 mm) followed by CFL10. Compared with U treatment, runoff in the treatments LMR1, LMR2, and LMR3 decreased by 41.5, 54.7, and 60.6%, respectively. Runoff in the treatments SMR1, SMR2, and SMR3 decreased by 38.1, 50.4, and 55.1%, respectively, as compared to U treatment. Likewise, compared with U treatment, runoff in the treatments CFL10, CFL20, and CFL30 decreased by 83.5, 88.1, and 70.8%, respectively (Table 4).

Straw and litter mulch, and contour-felled log treatments significantly decreased runoff coefficient, as compared to untreated trails (U) (Table 3). Mean runoff coefficient were in the order of 0.03 in LMR1>0.023 in LMR2>0.019 in LMR3 at the litter mulch, and 0.032 in SMR1>0.025 in SMR2>0.022 in SMR3 at the straw mulch, respectively. Also, the lowest runoff coefficient was observed on CFL20 (0.005) ≈ CFL10 (0.007) followed by CFL30 (Table 4).

Results show that runoff significantly decreased by increasing the application rate of both litter and straw mulch as shown by logarithmic curves (Fig. A1A). Similarly, when the distance between contour-felled logs from 10 to 30 m increased, runoff significantly showed two trends, first decreasing from 10 m to 20 m, then increasing from 20 m to 30 m, as compared to U treatment (Fig. A1B).

Time sequences of rainfall intensity (mm/day) and runoff under the litter mulch, straw mulch, and contour-felled logs are shown in Fig. A2. In the U treatment, the highest runoff values of 5.31 mm and 5.07 mm were observed at the corresponding rainfall intensity of 77.4 mm and 93.8 mm on 17 September and on 21 October, respectively (Fig. A2). During the study period, runoff values were in the range of 0.28 to 3.25 mm, 0.19 to 2.67 mm, and 0.21 to 2.5 mm when applying the LMR1, LMR2, and LMR3, respectively (Fig. A2A). Also, runoff values were in the range of 0.35 to 3.48 mm, 0.17 to 3.03 mm, and 0.29 to 2.76 mm when applying the SMR1, SMR2, and SMR3, respectively (Fig. A2B). The lowest values of runoff were within the range of 0.19 to 1.22 mm, 0.02 to 0.91 mm, and 0.2 to 2.0 mm when applying the CFL10, CFL20, and CFL30, respectively (Fig. A2C).

### 3.3 Sediment Yield

Straw and litter mulch, and contour-felled log treatments significantly decreased sediment yield, as compared to untreated trails (U) (Table 3). The mulch treatments with LMR1, LMR1, and LMR1 decreased mean sediment yield by 46.6, 64.0 and 71.8%, respectively, compared with the U. Sediment in the treatments SMR1, SMR2, and SMR3 decreased by 42.9, 62.1, and 69.9%, respectively, as compared to U treatment. However, the mean sediment was 90.6, 94.7 and 88.3% lower in the treatments with CFL10, CFL20, and CFL30 compared to U, respectively (Table 4).

The relationship of the sediment responses to increasing mulching rate of litter and straw followed negative logarithmic curves (Fig. A1C). A decreasing-increasing trend was observed in sediment yield as distance between contour-felled logs from 10 to 30 m increased (Fig. A1D).

Time sequences of rainfall intensity (mm/day) and sediment yield under the litter mulch, straw mulch, and contour-felled logs are shown in Fig. A2. In the U treatment, the highest sediment values of 30.37 and 27.67 g m\(^{-2}\) were observed at the corresponding rainfall intensity of 93.8 and 77.4 mm on 21 October and on 17 September, respectively (Fig. A2D). During the study period, sediment yield values were in the range of 0.61 to 18.83 g m\(^{-2}\), 0.44 to 13.36 g m\(^{-2}\), and 0.52 to 9.36 g m\(^{-2}\) after applying the LMR1, LMR2, and LMR3, respectively (Fig. A2D). Sediment yield values with straw were in the range of 0.75 to 19.67 g m\(^{-2}\), 0.33 to 12.73 g m\(^{-2}\), and 0.52 to 10.32 g m\(^{-2}\) when applying the SMR1, SMR2, and SMR3, respectively (Fig. A2E). The lowest values of sediment yield were within the range of 0.53 to 3.14 g m\(^{-2}\), 0.08 to 1.82 g m\(^{-2}\), and 0.21 to 3.89 g m\(^{-2}\) when applying the CFL10, CFL20, and CFL30, respectively (Fig. A2F).

### 3.4 Runoff and Sediment Yield Model

The developed polynomial regression model for the relationship between runoff and sediment yield, mulch rate (Litter mulch rate; LMR, Straw mulch rate; SMR, contour-felled logs; CFL), and rainfall intensity (RI) were as follows (Eq. 4–9):

\[
\text{RI} = \text{LMR1>0.025 in LMR2>0.022 in LMR3 at the litter mulch, and 0.032 in SMR1>0.025 in SMR2>0.022 in SMR3 at the straw mulch, respectively.}
\]
Runoff model for litter mulch:

\[
\text{Runoff}_{\text{litter}} = 0.0261 - 0.888 \times LMR + 0.055 \times RI + \\
+ 1.039 \times LMR^2 + 0.0002 \times RI^2 - \\
-0.349 \times LMR^3 - 0.000002 \times RI^3 - 0.037 \times LMR \times RI + \\
+ 0.012 \times LMR^2 \times RI - 0.00001 \times LMR \times RI^2
\] (4)

Runoff model for straw mulch:

\[
\text{Runoff}_{\text{straw}} = 0.043 - 1.216 \times SMR + 0.054 \times RI + \\
+ 1.842 \times SMR^2 + 0.00015 \times RI^2 - \\
-0.824 \times SMR^3 - 0.000001 \times RI^3 - 0.043 \times SMR \times RI + \\
+ 0.0197 \times SMR^2 \times RI - 0.00003 \times SMR \times RI^2
\] (5)

Runoff model for contour-felled logs:

\[
\text{Runoff}_{\text{CFL}} = 0.164 - 0.121 \times CFL + 0.047 \times RI + \\
+ 0.01 \times CFL^2 + 0.0003 \times RI^2 - \\
-0.0002 \times CFL^3 - 0.000002 \times RI^3 - 0.005 \times CFL \times RI + \\
+ 0.00014 \times CFL^2 \times RI - 0.0000001 \times CFL \times RI^2
\] (6)

Sediment yield model for litter mulch:

\[
\text{Sediment}_{\text{litter}} = -0.011 - 6.532 \times LMR + 0.326 \times RI + \\
+ 6.055 \times LMR^2 - 0.0015 \times RI^2 - \\
-1.62 \times LMR^3 + 0.00001 \times RI^3 - 0.144 \times LMR \times RI + \\
+ 0.036 \times LMR^2 \times RI - 0.0003 \times LMR \times RI^2
\] (7)

Sediment yield model for straw mulch:

\[
\text{Sediment}_{\text{straw}} = 0.036 - 7.62 \times SMR + \\
+ 0.311 \times RI + 8.86 \times SMR^2 - 0.0008 \times RI^2 - \\
-2.991 \times SMR^3 + 0.000009 \times RI^3 - 0.188 \times SMR \times RI + \\
+ 0.056 \times SMR^2 \times RI - 0.0002 \times SMR \times RI^2
\] (8)

**Fig. 1** Study area in Tyrumrud forests in the Hyrcanian forests, schematic of the experimental design on machine operating trail
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Sediment yield model for contour-felled logs:

\[
\text{Sediment}_{\text{CFL}} = 0.283 - 0.747 \times \text{CFL} + 0.313 \times RI + 0.068 \times \text{CFL}^2 - 0.001 \times RI^2 - 0.002 \times \text{CFL}^3 + 0.000009 \times RI^3 - 0.028 \times \text{CFL} \times RI + 0.0007 \times \text{CFL}^2 \times RI - 0.00001 \times \text{CFL} \times RI^2 \quad (9)
\]

The coefficients of determination for the Eqs. 3 to 8 were 79.4, 82.1, 87.4, 82.5, 81.1 and 86.4%, respectively. Based on multivariate polynomial regression analyses, predicted model for runoff and sediment yield in function of litter and straw mulch and contour-felled logs, and rainfall intensity are depicted in Figs. 2 and 3. Irrespective of the applying rates for litter and straw mulch, runoff and sediment steadily increased as rainfall intensity increased. Furthermore, the changes in runoff and sediment yield after the application of litter and straw mulch have the same trend. Also, at low rainfall intensities, the effects of increasing application rate for both litter and straw mulch were not noteworthy. However, at high rainfall intensities (>50 mm), the increase in the application rate for both litter and straw mulch significantly resulted in a reduction of runoff and sediment yield (Figs. 2A, B and 3A, B). For each rainfall intensity, runoff and sediment yield show two trends with increasing distance between contour-felled logs; first, decreased from 10 m to 20 m, and then, increased from the distance of 20 m to 30 m (Figs. 2C and 3C).

3.5 Figures, Tables and Schemes

Table 1 Mean values (±SD) of different soil physical properties and canopy cover before the experiment started in 2016 in the runoff plots with different treatments

| Treatment | Bulk density Mg m⁻³ | Total porosity % | Organic matter content, % | Canopy cover % | Sand % | Clay % | Silt % |
|-----------|---------------------|------------------|---------------------------|---------------|-------|-------|-------|
| U         | 1.35±0.02A          | 47.9±0.85A       | 2.7±0.30A                 | 81.17±2.46A   | 24.12±1.20A | 32.21±1.33A | 43.67±2.52A |
| LMR1      | 1.36±0.04A          | 47.73±1.55A      | 2.41±0.37A                | 79.73±2.47A   | 25.67±0.58A | 33.21±1.23A | 41.12±2.30A |
| LMR2      | 1.35±0.03A          | 48.03±1.15A      | 2.44±0.52A                | 80.13±4.24A   | 28.0±1.40A  | 33.0±1.73A  | 39.0±1.60A  |
| LMR3      | 1.33±0.03A          | 48.83±1.10A      | 2.39±0.67A                | 80.2±3.27A    | 26.0±1.80A  | 33.3±2.52A  | 40.67±3.21A |
| SMR1      | 1.35±0.02A          | 48.2±0.95A       | 2.58±0.42A                | 79.53±1.80A   | 25.0±2.65A  | 30.67±5.15A | 44.33±8.14A |
| SMR2      | 1.32±0.01A          | 49.2±0.35A       | 2.49±0.42A                | 81.07±3.79A   | 22.67±1.53A | 28.67±1.53A | 48.67±3.06A |
| SMR3      | 1.35±0.03A          | 48.2±1.15A       | 2.42±0.39A                | 82.07±1.98A   | 24.33±2.08A | 29.0±1.60A  | 46.67±3.06A |
| CFL10     | 1.34±0.03A          | 48.67±1.19A      | 2.39±0.49A                | 80.37±2.36A   | 26.0±1.30A  | 33.0±1.40A  | 41.0±1.73A  |
| CFL20     | 1.34±0.03A          | 48.5±1.11A       | 2.33±0.66A                | 80.73±4.1A    | 27.0±1.10A  | 31.33±3.51A | 41.67±3.51A |
| CFL30     | 1.32±0.01A          | 49.27±0.45A      | 2.46±0.35A                | 81.13±2.24A   | 26.67±0.58A | 29.0±2.30A  | 44.33±2.52A |

Table 2 Pearson correlations between runoff, sediment yield, targeted soil properties, canopy cover, and treatment

| Variable              | Sediment yield g m⁻² | Runoff mm | Bulk density Mg m⁻³ | Total porosity % | Organic matter content, % | Canopy cover % | Sand % | Clay % | Silt % |
|-----------------------|----------------------|-----------|---------------------|------------------|---------------------------|---------------|-------|-------|-------|
| Treatment             | −0.78***            | −0.75***  | −0.36***            | 0.35***          | −0.13***                  | 0.10***       | 0.15***| −0.37***| 0.18***|
| Sediment yield, g m⁻² | 1                    | −0.77***  | 0.32***             | −0.31***         | 0.26***                   | 0.08***       | −0.36***| 0.13***| 0.07***|
| Runoff mm             | −1                   | −0.32***  | 0.27***             | −0.27***         | 0.16***                   | −0.09***      | −0.41***| 0.07***| 0.14***|
| Bulk density, Mg m⁻³  | −1                   | −1        | −1                  | −1.00***         | 0.15***                   | 0.18***       | 0.03***| 0.10***| −0.08***|
| Total porosity, %     | −1                   | −1        | −1                  | −1.00***         | 0.15***                   | −0.19***      | −0.02***| −0.09***| 0.07***|
| Organic matter content, % | −1                  | −1        | −1                  | −1.00***         | 0.15***                   | −0.19***      | −0.02***| −0.09***| 0.07***|
| Canopy cover, %       | −1                   | −1        | −1                  | −1.00***         | 0.15***                   | −0.19***      | −0.02***| −0.09***| 0.07***|
| Sand, %               | −1                   | −1        | −1                  | −1.00***         | 0.15***                   | −0.19***      | −0.02***| −0.09***| 0.07***|
| Clay, %               | −1                   | −1        | −1                  | −1.00***         | 0.15***                   | −0.19***      | −0.02***| −0.09***| 0.07***|
| Silt, %               | −1                   | −1        | −1                  | −1.00***         | 0.15***                   | −0.19***      | −0.02***| −0.09***| 0.07***|

Note: ***p<0.01; **: not significant
4. Discussion

Several studies have demonstrated a clear relationship between soil compaction and runoff following machinery-traffic, as soil compaction leads to increase soil bulk density, decrease total porosity and aeration, increase soil strength, which results in a reduction of water infiltration, and increase of surface runoff flow (Ekwue and Harrilal 2010, Majnounian and Jourgholami 2013, Etehadi Abari et al. 2017, Jourgholami et al. 2018a and b). The following sub-chapters have discussed the studied treatments, mulch rate, distance between logs, and rainfall intensity.

Table 3 ANOVA test results referred to the treatment effect on runoff and sediment yield

| Source     | d.f. | F     | P value | Runoff mm | Sediment yield, g m² | Runoff | Sediment yield |
|------------|------|-------|---------|-----------|----------------------|--------|----------------|
| Treatment | 9    | 29.01 | ≤0.001** | 41.06     | ≤0.001**              |

Note: **p < 0.01

Table 4 Mean (±SD) of runoff, sediment yield, and runoff coefficient on different treatments; U = Untreated area, LMR1 = Litter mulch rate of 0.62 kg m², LMR2 = Litter mulch rate of 1.24 kg m², LMR3 = Litter mulch rate of 1.86 kg m², SMR1 = Straw mulch rate of 0.45 kg m², SMR2 = Straw mulch rate of 0.92 kg m², SMR3 = Straw mulch rate of 1.34 kg m², CFL10 = contour-felled logs with distance of 10 m, CFL20 = contour-felled logs with distance of 20 m, CFL30 = contour-felled logs with distance of 30 m

| Treatment | Runoff mm | Sediment yield g m² | Runoff coefficient |
|-----------|-----------|---------------------|--------------------|
| U         | 2.36±0.61A | 11.84±2.37A         | 0.059±0.009A       |
| LMR1      | 1.38±0.47BC | 6.32±1.63B          | 0.030±0.002B       |
| LMR2      | 1.07±0.42CD | 4.26±0.89C          | 0.023±0.002CD      |
| LMR3      | 0.93±0.34D  | 3.34±0.61C          | 0.019±0.002DE      |
| SMR1      | 1.46±0.38B  | 6.76±1.76B          | 0.032±0.003B       |
| SMR2      | 1.17±0.29BC | 4.48±0.82C          | 0.025±0.004C       |
| SMR3      | 1.06±0.23CD | 3.56±0.68C          | 0.022±0.003CD      |
| CFL10     | 0.39±0.13F  | 1.11±0.17D          | 0.007±0.001F       |
| CFL20     | 0.28±0.11G  | 0.63±0.12D          | 0.005±0.001F       |
| CFL30     | 0.69±0.17E  | 1.38±0.21D          | 0.014±0.002E       |

Note: Different letters after means within the same column indicate significant differences by Duncan test (p < 0.05)

Fig. 2 Predicted runoff (y, mm) as a function of rainfall intensity (RI, mm) and litter mulch rate (LMR, A), straw mulch rate (SMR, B), and contour-felled logs with different distance (CFL, C) based on multivariate polynomial regression analysis

4.1 Litter and Straw

In line with previous studies (Li et al. 2014, Jourgholami et al. 2019a), our data indicated that the runoff and sediment yield in the litter and mulch...
treatments were lower compared to the U treatment. The key role of mulch spreading on surface mineral soil is to increase the ground cover, which leads to protect soil surface from crusting, enhance soil aggregation, increase infiltration, resulting in a decrease in rills development (Jordán et al. 2010, Robichaud et al. 2013). The mulch application rate is an important issue that should be taken into account. Results of the current study show that runoff, runoff coefficient, and sediment yield decreased as the applying rates of litter and straw mulch increased in the range of 0.62 to 1.86 kg m\(^{-2}\) and 0.45 to 1.34 kg m\(^{-2}\), respectively. These results are consistent with the findings by Wagenbrenner et al. (2010) and Robichaud et al. (2013), who stated that the depth and thickness of mulch cover can influence the generation of runoff and sediment yield. Furthermore, when the applying rates of litter and straw mulch were increased, the surface flow continuity could not be formed and overland flow decreased (Xing et al. 2016, Zhang et al. 2018). In line with previous studies (Li et al. 2014, Jourgholami et al. 2018b, Jourgholami et al. 2019a), our study indicated that both litter and straw absorb the raindrop and throughfall energy, increase the surface roughness, which leads to increased infiltration rate, delayed concentration time, and reduced runoff and sediment yield. Oppositely, the higher runoff was observed in straw mulch cover than in the bare soil according to previous work (McGregor et al. 1988, Jourgholami and Etehadi Abari 2017), which can be explained by the impervious nature of surface cover with straw mulch, which in turn leads to the concentration of the surface flow, which resulted in a decrease in infiltration rate and increase in surface flow. Additionally, litter and straw mulches can develop mini-dams, which resulted in a slower surface water flow and greater infiltration rate and sediment deposition (Foltz and Dooley 2003). In line with previous studies (Li et al. 2014, Fernández and Vega 2016, Jourgholami and Etehadi Abari 2017), our study indicated that runoff and sediment were less in LMR1 and SMR1 than litter and straw mulch with greater applying rate. Fernández and Vega (2016) and Jourgholami and Etehadi Abari (2017) pointed out that the mulch materials were eliminated from the bare surface soil over a period of a few months after applying. When the low application rate of litter and straw mulch was combined with the high rainfall intensity, the soil detachment could be increased, which in turn resulted in an increase in substantial sediment yield over a one-year period after soil compaction and removal of the litter layer.

Our data indicate that the greatest amounts of runoff were found in the first testing rates of both litter and straw mulching, and further increasing the litter and straw mass had no substantial effects on decreasing runoff. Similar to our data, Jourgholami et al. (2019a) reported that by increasing the litter rate from 0.42 to

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**Fig. 3** Predicted sediment (g g\(^{-2}\)) as a function of rainfall intensity (RI, mm) and litter mulch rate (LMR, A), straw mulch rate (SMR, B), and contour-felled logs with different distance (CFL, C) based on multivariate polynomial regression analysis.
1.31 kg m\(^{-2}\), runoff decreased by 75%; and by further increasing the litter rate from 1.31, and 1.69 kg m\(^{-2}\), only a 4% decrease in runoff was observed. Similarly, Li et al. (2014) reported that subsequent increasing of the litter mass >0.3 kg m\(^{-2}\) had no significant change in runoff. According to previous work (Li et al. 2014), consistency in runoff response after additional increase in litter and straw mulch can be attributed to the formation of flow channel in the upper layer, which in turn resulted in an increase in the overland flow on the surface layer.

The longevity and durability of litter and straw mulch is an important factor that affected the efficacy of rehabilitation treatments on machine operating trails. Within one or two years after applying mulch, the decomposition of mulch reduces its effectiveness to suppress runoff and sediment yield. Some mulch, such as wood shreds, is not effective in mitigating sediment on decommissioned forest roads because of wash away after the first rainfall events (Foltz 2012), which should be considered when applying litter and straw mulch on the compacted bare soil. Similar to our data, Xing et al. (2016) reported that increasing mulch cover increases the runoff and sediment due to enhanced water infiltration and reinitialization processes. We observed that the straw mulch was sensitive to wind, which led to the removal of the straw mulch from the surface soil and also to inconsistent mulch coverage of machine operating trails, which was confirmed by previous observations (Robichaud et al. 2013, Jourgholami and Etehadi Abari 2017). Additionally, rice straw can introduce invasive species to forest ecosystems (Robichaud et al. 2013).

### 4.2 Contour-Felled Logs

Previous studies have concluded that log erosion barriers, such as contour-felled logs, could be an effective solution to slow the velocity of surface runoff and trap the detached soil particles, if contour-felled logs were installed correctly and had an adequate sediment storage capacity (Wagenbrenner et al. 2006, Yanosek et al. 2006, Kim et al. 2008, Robichaud et al. 2008a, Naghdi et al. 2017). Contour-felled logs provided the storage capacity for runoff and sediment especially in high rainfall intensity, which resulted in a greater concentration time and infiltration rate than the litter and straw mulch, which led to a significant reduction of the runoff and sediment yield (Robichaud et al. 2008b).

Results of the current study show that runoff in the contour-felled logs decreased by increasing the distance between them from 10 to 20 m (in range of 83.5–88.1%), and increased by increasing the distance from 20 to 30 m (70.8%), compared to U treatment. One of the important factors affecting the efficacy of contour-felled logs to suppress runoff and sediment yield is the distance between them (Robichaud et al. 2008a, Fernández and Vega 2016). Our study is in line with the results of Prats et al. (2016), which confirmed that runoff in the slope length of 0.5 m was ten times higher than in a 25 m length in the first year after a wildfire. In the current study, the concentration time (a concept used in hydrology to measure the response of a watershed to a rain event and defined as the time needed for water to flow from the most remote point in a watershed to the watershed outlet) and the time needed to start surface flow increased, since the distance between the contour-felled logs increased from 10 to 20 m. However, further increasing the distance between contour-felled logs resulted in a filling of the storage capacity, overflow occurred, and then runoff increased especially in the high intensity rainfall. Previous studies found that runoff decreased significantly by increasing the distance between logs (Boix-Fayos et al. 2007, Prats et al. 2016, Xing et al. 2016, Zhang et al. 2018). Similarly, Zhang et al. (2018) indicated that surface runoff flow occurred, as the rainfall duration surpasses the concentration time. According to previous work (Zhang et al. 2018), flow continuity developed below the mulch layer following the high rainfall intensity because of the absence of the humus layer, which in turn led to increased flow velocity, soil particle detachment and sediment yield. In contrast, Wagenbrenner et al. (2006) found that the effectiveness of rehabilitation treatments to suppress runoff and sediment was greater with mulching than with contour-felled logs three years after a fire due to enhanced ground coverage.

### 4.3 Rainfall Intensity

Results of the current study demonstrated that runoff, runoff coefficient, and sediment yield increased by increasing the rainfall intensity in all the treatments (i.e., litter, straw, and contour-felled logs). Similar to our data, several studies pointed out that strong relationships were observed between rainfall intensity and runoff, runoff coefficient, and sediment yield (Geißler et al. 2012, Fernández and Vega 2016, Sosa-Pérez and MacDonald 2017, Jourgholami et al. 2019a). According to previous work (Sosa-Pérez and MacDonald 2017), rainfall intensity regulates the rainsplash soil loss. In line with previous studies (Li et al. 2014, Jourgholami et al. 2019a), our study indicated that the effect of rainfall intensity to change runoff and sediment yield after litter and straw mulching was greater in low applying rates than in high rates of mulch. Also, previous studies reported...
that the combinations of rainfall intensity and mulch rates (or distances between contour-felled logs) governs the infiltration rate and surface water flow, which influences the velocity energy of surface flow, detachment of soil particles, and transportation of sediment (Li et al. 2014, Sosa-Pérez and MacDonald 2017, Jourgholami et al. 2019a). Similar to our data, previous studies reported that the high rainfall intensity resulted in the greater runoff coefficient, which in turn led to increase runoff flow and increase detachment soil particles, and increase sediment deposition into lowland infrastructures (Parsons et al. 2006, Xing et al. 2016). Furthermore, the peak discharge of runoff increased at the corresponding infiltration rate by increasing the rainfall intensity (Kinnell 2016).

Our data supported the hypothesis that the application of organic mulch amendments, such as straw and leaf litter, and contour-felled logs, may suppress runoff, sediment yield, and the runoff coefficient.

5. Conclusions

Our study demonstrated that the effects of three post-harvest rehabilitation treatments (i.e. straw and leaf litter mulch, and contour-felled logs) can be effective to mitigate surface runoff and sediment yield under the natural conditions on the machine operating trails. Our findings revealed that contour-felled logs with different distance were found to be more effective than the litter and straw mulch to reduce runoff, runoff coefficient, and sediment yield compared to untreated treatment. The application rate of 1.24 kg m⁻² was observed to be an optimal mass for litter mulch, while further increase of litter depth had no significant effect in decreasing runoff and sediment yield; the optimal applying rate for straw mulch was observed to be 0.92 kg m⁻² in our study. Our findings suggest that contour-felled logs with a distance of 20 m proved to be more effective than others to mitigate runoff and sediment yield. Our study highlighted that the combination of rainfall intensity and mulch rates (or distances between contour-felled logs) controls the infiltration rate and surface water flow, which in turn resulted in a decrease in runoff and sediment yield. Regardless of the mulching rates for litter and straw, and distances between contour-felled logs, runoff and sediment steadily increased as rainfall intensity increased. As a management measure, the results of the current study proposed that the contour-felled logs with a distance of 20 m be prescribed to protect the machine operating trails in the Hycranian forest from the negative effects of surface waterflow.

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Appendix A

Fig. A1 Relationship between litter and straw mulch rate (A, C) and contour-felled logs with different distance (B, D) versus runoff and sediment yield. The unit of x axes including 1, 2, 3 and 4 presents classes of variables as: 1: U; 2: LMR2, SMR2, CFL10; 3: LMR3, SMR3, CFL20; 4: LMR4, SMR4, CFL30. The regression equation and the coefficient of determination ($R^2$) are shown in each graph. Note: *: $p < 0.05$; **: $p < 0.01$; ns: not significant.
Fig. A2 Relationship between runoff (mm) and sediment (g m\(^{-2}\)) with daily rainfall (mm) and different treatments including litter mulch rate (A, D), straw mulch rate (B, E), contour-felled logs with different distance (C, F), compared to the untreated area (U)
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