3D Monte Carlo simulation of light distribution in mouse brain in quantitative photoacoustic computed tomography

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**Background:** Photoacoustic computed tomography (PACT) detects light-induced ultrasound (US) waves to reconstruct the optical absorption contrast of the biological tissues. Due to its relatively deep penetration (several centimeters in soft tissue), high spatial resolution, and inherent functional sensitivity, PACT has great potential for imaging mouse brains with endogenous and exogenous contrasts, which is of immense interest to the neuroscience community. However, conventional PACT either assumes homogenous optical fluence within the brain or uses a simplified attenuation model for optical fluence estimation. Both approaches underestimate the complexity of the fluence heterogeneity and can result in poor quantitative imaging accuracy.

**Methods:** To optimize the quantitative performance of PACT, we explore for the first time 3D Monte Carlo (MC) simulation to study the optical fluence distribution in a complete mouse brain model. We apply the MCX MC simulation package on a digital mouse (Digimouse) brain atlas that has complete anatomy information. To evaluate the impact of the brain vasculature on light delivery, we also incorporate the whole-brain vasculature in the Digimouse atlas. k-wave toolbox was used to investigate the effect of inhomogeneous illumination on the reconstructed images and chromophore concentration estimation.

**Results:** The simulation results clearly show that the optical fluence in the mouse brain is heterogeneous at the global level and can decrease by a factor of five with increasing depth. Moreover, the strong absorption and scattering of the brain vasculature also induce the fluence disturbance at the local level.

**Conclusions:** Both global and local fluence heterogeneity contributes to the reduced quantitative accuracy of the reconstructed PACT images of mouse brain. Correcting the optical fluence distribution can improve the quantitative accuracy of PACT.

**Keywords:** Quantitative photoacoustic imaging; photoacoustic computed tomography (PACT); 3D Monte Carlo simulation (3D MC simulation); mouse brain imaging; digital mouse brain; whole-brain vasculature; optical fluence distribution

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**Introduction**

Small animal neuroimaging has gained increasing interest in the past decades. This appeal is motivated by the progress in the transgenic manipulation of small animals, especially mice, as models of human brain diseases and pathological conditions. As mouse models share many genes, physiological processes, and disease loci with humans, investigation of these models helps improve the understanding, prevention, diagnosis, and treatment of human diseases. A variety of imaging modalities have been applied for small animal brain imaging, including magnetic resonance microscopy (MRM), positron emission tomography (PET), single-photon emission computed...
PACT system with a spherical matrix array and electroencephalogram recording in real-time, using a linear array PACT system and observed epileptic wave spreading in both hemispheres (25). Ni et al. studied the cortical oxygen perfusion and metabolic rate of oxygen in an arcAβ mouse model of Alzheimer's disease (26). Furthermore, PACT has been used to detect, track, and characterize tumor cells in the mouse brain (27,28). With the development of calcium indicators and voltage sensors,
direct PA visualization of neuronal activities become feasible. For example, hydrophobic anions dipicrylamine has been used for PA imaging of resting potential change (29). Fast brain activation in response to stimulus have been monitored by PAT ex vivo and in vivo on GCaMP mice (30,31).

Most of the functional information provided by PACT, such as blood oxygenation, heavily relies on the estimation of the chromophore concentration. Based on the imaging formation mechanism, the amplitude of the initial PA wave pressure mainly depends on three parameters: the absorption coefficient of the chromophore, the local optical fluence, and the Grüneisen parameter (6,32). In most in vivo cases, the PA signal amplitude is assumed to be directly proportional to the chromophore concentration and does not consider the optical fluence heterogeneity across the region of interest. However, as the brain is a strongly scattering organ and functional regions possess different optical properties, the PA signal strength could reflect different combinations of local optical fluence and chromophore concentrations. Different methods have been reported in order to overcome this limitation and improve the quantitative fidelity of the reconstructed PA images, including adaptive filtered back-projection and model-based reconstruction with fluence distribution estimation (33,34). However, these methods have difficulty for in vivo use, especially in mouse brain tissues that have dense structures.

Therefore, to better understand the impact of optical fluence heterogeneity in mouse brain on the PA imaging and potentially correct it, we propose to apply Monte Carlo (MC) method to simulate the light propagation and resultant optical fluence distribution inside the mouse brain. The MC method constructs a stochastic model to determine the expected light propagation and is the gold standard for studying fluence distribution in biological tissue. It is relatively easy to implement and widely accepted as an accurate method by which to simulate light propagation in tissues (35-37). The MC method has been utilized in PA imaging for simulating imaging depth at different wavelengths, optimizing experimental setup for maximum and homogenous light delivery, and studying the optical fluence distribution inside human infant brain (38-41). So far, the light propagation and fluence distribution inside mouse brain remains to be studied for quantitative PACT. In this paper, we have investigated the optical fluence distribution inside the mouse brain while taking blood vessels into account, and its subsequent impact on the reconstructed PA images.

Methods

Digital mouse brain model

As blood vessels are highly absorbing and scattering compared to other brain tissues, even though they make up only ~5% of the total brain volume, their impact on optical fluence distribution cannot be omitted in in vivo experiments. A hybrid model was thus constructed with blood vessels identified separately from other brain tissues. Due to the lack of a model that identifies both anatomical structure and blood vessel distribution, a hybrid mouse brain model with vasculature identified was created using two published data sets: the Digimouse atlas developed by Dogdas et al. and light sheet fluorescent microscopy (LSFM) images of mouse-brain vasculature acquired by Di Giovanna et al. (Figure 1A) (42,43). Both data sets are volumetric. The Digimouse atlas identifies mouse brain functional regions, such as olfactory bulbs and external cerebrum, as well as anatomical structures, such as skin and skull, all of which are included in the tetrahedral mesh for simulation (Figure 1B). LSFM mouse-brain vasculature images provide the blood vessel population density in different parts of the mouse brain. The hybrid brain model with vasculature identified (Digimouse-vasculature atlas, in short) was created by manually registering the LSFM mouse-brain vasculature images with Digimouse atlas through resizing, shifting, and thresholding (Figure 1C,D,E,F).

3D MC modeling software

MMCLAB, the native MEX version of mesh-based Monte Carlo (MMC) photon simulation software for MATLAB, was used for our simulation (44,45). Different from existing MC software designed for layered or voxel-based media, MMC can represent a complex domain using a volumetric mesh. It can utilize a tetrahedral mesh to model a complex anatomical structure and has been shown to be more accurate and computationally efficient than the conventional MC methods (46,47). In MMC, anatomical structures in the model are identified and assigned with optical properties, including the scattering coefficient (μ_s), absorption coefficient (μ_a), anisotropy (g), and refractive index (n). The model is then converted to a tetrahedral mesh with the iso2mesh MATLAB toolbox. The maximum voxel volume is 0.001 mm^3 (48). Other configurations, including light
source type, location, illumination direction, and number of photons, are predefined before the simulation. The MMC software then simulates photon propagation from the predefined light source through the volume consisted of tetrahedral voxels, and outputs optical fluence distribution normalized to the initial optical energy launched into the simulation volume.

3D MC model construction

In this work, to study the potential effect of blood vasculature on optical fluence distribution in mouse brain, we performed 3D MC simulations on mouse brain models with and without integrated blood vasculature. Both the Digimouse and Digimouse-vasculature atlas were converted into tetrahedral mesh using the iso2mesh toolbox (48). To validate the hybrid Digimouse-vasculature mesh, we estimated the cerebral blood volume (CBV) percentage by calculating the element number ratio between blood vessels and other brain tissues (49). The estimated CBV ratio was 5.9%, with relatively high blood vessel population density in cortex, hypothalamus, and thalamus. Though the two data sets are from two different sources and cannot be perfectly registered, the overall blood vessel population density within the hybrid model is consistent with the reported literature values (49).

3D MC modeling parameters

In PACT of mouse brains, a linear array transducer is commonly used due to its wide availability and high compatibility with commercial US scanners. Figure 2A shows the PACT setup used in our simulations, which images the sagittal planes of the mouse brain. Due to the relatively small skull curvature, imaging the sagittal plane allows better skull aberration correction. The linear array transducer such as L22-14v (Verasonics Inc., Kirkland, WA), is placed on top of the mouse head with
coupling gel to image the sagittal plane (Figure 2B). A linear illumination pattern is chosen because it can provide relatively homogenous optical fluence at the imaging plane. Such illumination is achieved either by mounting optical fiber bundles on both sides of the transducer array or by guiding a free-space linear light beam directly onto the sample surface. In our simulation, the linear light sources were placed outside the model, and each source provided a uniform fluence at the scalp surface with an area of 2×6 mm². The distance between the light incident position and the center of the transducer imaging plane was 3 mm (Figure 2A). As suggested by Sowers et al., the illumination angle was set to 45-deg to achieve highest fluence at the imaging plane (39). The transducer and light sources were immersed in water as the background medium. We assume the background medium was non-scattering and non-absorbing and had no refractive index mismatch with the mouse model.

NIR light is preferred for deep brain imaging due to the relatively low optical scattering from tissues and low optical absorption from water. Using hemoglobin as the endogenous contrast, NIR light can provide relatively deep penetration (6,7). Here, we chose 700 and 1,064 nm as the excitation wavelengths to maximize the absorption difference between oxygenated and deoxygenated hemoglobin. Both wavelengths are commonly available in PAT. In our simulations, two different meshes were simulated at 700 and 1,064 nm using the optical parameters listed in Table 1.

Although further studies are required, Hoshi et al. have suggested that the optical properties of rodent and human tissues are comparable (54). Because the optical properties of mouse brain tissue at 700 and 1,064 nm are not available, we used the optical properties of human tissues based on the work by Jacques et al. (50). The main tissue types in the hybrid mouse model include scalp, skull, eye, brain (with several functional regions), muscles, glands, and blood vessels (50). The optical properties of glands were approximated to those of muscles. Since the lipid makes up 40% of the brain’s dry weight, the absorption coefficient of the brain tissue was approximated to that of lipid (55). As it is computationally challenging to assign each individual blood vessel element with different optical properties, we assumed an average hematocrit of 45% and an average blood oxygenation (sO₂) of 85% (52,56,57). Here, we need to note that the reported optical properties of the brain tissues in the literatures might include the contributions from the blood vessels, depending on the preparation of the specimen for the optical measurement. Nevertheless, we consider the contribution of blood vessels, especially on the µS, to be negligible as the average CBV ratio in the brain is only 5% (49).

**k-Wave modeling parameters**

Quantitative PA imaging relies on accurate estimation of optical fluence inside the tissue, but most of the PA imaging reconstruction algorithms assume constant fluence distribution; therefore, we used the k-Wave toolbox to investigate the effect of inhomogeneous illumination on the reconstructed images and chromophore concentration estimation (58). With the same experimental setup as shown in Figure 2A, a 350×640 k-Wave grid was created to cover a region of 7×12.8 mm². A group of blood vessels were used...
to simulate the deep brain vasculature, and the initial PA pressure was simulated based on the fluence distribution obtained from the 3D MC simulation results. As absorption coefficient of the hemoglobin is at least one magnitude higher than those of other tissues at both wavelengths, PA signals generated from other tissues are negligible. Therefore, in our k-Wave simulation, initial pressure was only assigned to blood vessels. The US detector used in k-Wave was L22-14v (Verasonics Inc., Kirkland, WA), with 128 channels and a 0.1 mm pitch. The simulated PA signals were first band-pass filtered (12.3–24.7 MHz) to assimilate the experimental US transducer with a limited detection bandwidth, and then used for image reconstruction with a time-reversal based method (58,59). The other brain tissues were assumed to be acoustically homogenous, with constant tissue density and zero acoustic attenuation.

Results

Overall 3D optical fluence distribution in mouse brain

The simulated optical fluence maps of several coronal and sagittal planes at selected locations are shown in Figures 3-6, respectively, from models with and without blood vessels. As expected, due to the strong optical scattering of brain tissues, the light is largely diffused after propagating just a few millimeters for either wavelength. In the imaging plane (x=6 mm), the optical fluence with 1,064 nm illumination remains relatively homogenous within the cortex region (1–2 mm deep) and decreases by a factor of 5 at 5 mm depth. Similar fluence pattern is observed at 700 nm, except faster decay and lower fluence at deep region (3–4 mm from scalp surface) due to stronger light attenuation. Outside the imaging plane, the optical fluence is much stronger near the incident location and decreases by a factor of 10 within 2–3 mm propagation for either wavelength. The high optical fluence outside the imaging plane can generate strong out-of-plane signals and result in image artifacts, yet currently there are very few alternative illumination schemes available for linear array transducers.

The influence of blood vessels on optical fluence distribution

The simulation results show that blood vessels have clear influence on the optical fluence distribution. Macroscopically, the optical fluence maps are similar in MC models with and without incorporating blood vessels as shown in Figures 3-6 (D,E,F,G,H,I), but the existence of blood vessels clearly changes the local optical fluence at most of the brain regions [Figures 3-6 (J,K,L)]. We analyzed the optical fluence as a function of depth at six locations, y=4, 5, 6, 7, 8, 9 mm, along the sagittal suture (x=6 mm) (Figures 7,8). At each depth of the selected location, the total optical fluence within a 0.2×0.2 mm² area was plotted. The optical fluence remained relatively flat for the first 1–2 mm beneath the scalp surface, which is mainly the cortex layer, regardless of the existence of blood vessels. However, the optical fluence in the cortex is significantly lower with the blood vessels. Such difference gradually diminishes in the deeper brain beyond 4 mm. As most of the blood vessel elements are concentrated in the cortex, hypothalamus, and thalamus, the strong optical attenuation of blood vessels reduces the local optical fluence. Since the cortex is closer to the illumination location and thus has a higher optical fluence, the fluence reduction is more pronounced than other blood-rich regions. In addition, even in deep brain, where the blood vessel population becomes denser in the model, less light is available and thus the effect of the blood vessels on the fluence is less obvious.

Although the optical fluence distributions on the global level are similar with and without blood vessels, the blood vessels introduce clear local fluctuations in the fluence distribution. The local fluctuations are expected to be more pronounced for actual in vivo applications, as the structural

Table 1 Optical properties of brain tissues for 3D Monte Carlo simulation, approximated from human data

| Tissue type | Wavelength (nm) | Absorption coefficient, $\mu_a$ (mm⁻¹) | Scattering coefficient, $\mu_s$ (mm⁻¹) | Anisotropy, g | Refractive index, n | Ref. |
|-------------|----------------|----------------------------------------|----------------------------------------|--------------|-------------------|-----|
| Scalp       | 700, 1,064     | 0.042, 0.031                           | 27.51, 17.66                           | 0.9          | 1.4               | (50,51) |
| Skull       | 700, 1,064     | 0.0136, 0.0136                         | 13.5, 11.72                           | 0.9          | 1.4               | (50,51) |
| Brain tissue* | 700, 1,064   | 0.0186, 0.0186                         | 15.27, 8.685                          | 0.9          | 1.4               | (50,51) |
| Blood vessel | 700, 1,064   | 0.40, 0.36                             | 85.7, 59.6                            | 0.97         | 1.4               | (52,53) |

*, includes medulla, cerebellum, olfactory bulbs, external cerebrum, stratum, and rest of the brain.
Figure 3 Optical fluence distribution maps of representative coronal planes in 3D MC models with and without blood vessels, simulated at 1,064 nm. Locations of illumination are indicated by red rectangular boxes in (A). (A-C) Black dashed lines indicate the locations of the coronal planes. (D-F) Normalized optical fluence maps without blood vessels shown in decibel scale. (G-I) Optical fluence maps with blood vessels. (J-L) Optical fluence difference between (D-F) and (G-I).

Figure 4 Optical fluence distribution maps of representative coronal planes in 3D MC models with and without blood vessels, simulated at 700 nm. Locations of illumination are indicated by red rectangular boxes in (A). (A-C) Black dashed lines indicate the locations of the coronal planes. (D-F) Normalized optical fluence maps without blood vessels shown in decibel scale. (G-I) Optical fluence maps with blood vessels. (J-L) Optical fluence difference between (D-F) and (G-I).
Figure 5 Optical fluence distribution maps of representative sagittal planes in 3D MC models with and without blood vessels, simulated at 1,064 nm. Locations of illumination are indicated by red rectangular boxes in (A). (A-C) Black dashed lines indicate the locations of the sagittal planes. (D-F) Normalized optical fluence maps without blood vessels shown in decibel scale. (G-I) Optical fluence maps with blood vessels. (J-L) Optical fluence difference between (D-F) and (G-I). MC, Monte Carlo.

Figure 6 Optical fluence distribution maps of representative sagittal planes in 3D MC models with and without blood vessels, simulated at 700 nm. Locations of illumination are indicated by red rectangular boxes in (A). (A-C) Black dashed lines indicate the locations of the sagittal planes. (D-F) Normalized optical fluence maps without blood vessels shown in decibel scale. (G-I) Optical fluence maps with blood vessels. (J-L) Optical fluence difference between (D-F) and (G-I).
Figure 7 Normalized optical fluence at 1,064 nm as a function of depth, i.e., the distance from the scalp surface. Six locations are selected along the sagittal suture (around x=6 mm).

Figure 8 Normalized optical fluence at 700 nm as a function of depth, i.e., the distance from the scalp surface. Six locations are selected along the sagittal suture (around x=6 mm).
Figure 9 Simulated photoacoustic image reconstruction using k-Wave. Blood oxygenation was calculated using linear spectral unmixing. (A) 700 nm fluence map at the imaging plane (x=6 mm) in normalized absolute scale, corresponding to a FOV of 7×12.8 mm². A 4×4 mm² subregion (white dashed box) was segmented out for detail examination. (B) Ground truth hemoglobin concentration map. The vessel is assumed to have a blood oxygenation level of 85%. (C,D) Normalized fluence map in the subregion at 700 and 1,064 nm, respectively. (E,F) Reconstructed images without correcting the fluence at 700 and 1,064 nm, respectively. (G,H) Reconstructed images corrected by the fluence map at 700 and 1,064 nm, respectively. (I,J) Estimated blood oxygenation without (E,F) and with (G,H) fluence correction, respectively.

The influence of heterogeneous optical fluence on quantitative PACT

The fluence distribution inside the tissue is wavelength dependent, a common phenomenon in multispectral PA imaging, also known as spectral coloring. Targets in the deeper and peripheral regions receive lower optical fluence and thus generate weaker PA signals, and thus the homogenous fluence assumption for image reconstruction is no longer valid. The impact of heterogeneous optical fluence on quantitative PA image reconstruction is shown in Figure 9. Using k-Wave, we simulated PA signal generation with heterogeneous fluence at 700 and 1,064 nm. A 4×4 mm² region (y-axis ranges from 2.8 to 6.8 mm, z-axis ranges from 2 to 6 mm, as shown in Figure 9A) was extracted at the sagittal plane x=6 mm. The initial PA pressure was normalized by the fluence map, assuming a homogenous Grüneisen parameter (Figure 9B). The acquired PA signals were bandpass filtered and reconstructed by using a time-reversal based method (Figure 9E,F). Without fluence correction, the recovered µₐ of the deep targets was underestimated in the reconstructed image. For fluence correction, the reconstructed images were normalized to the fluence map. The corrected images can better recover the actual µₐ of the deep targets (Figure 9G,H), despite the missing vertical structures due to the limited-view detection and increased noise floor at deep region (61,62). The oxygenation of hemoglobin (sO₂) was also calculated based on the reconstructed images with and without fluence correction (Figure 9I,J). As expected, without fluence...
correction, the estimated blood oxygenation became less accurate at larger depth. With fluence correction, the blood oxygenation estimation has much improved accuracy.

**Conclusions**

With its balanced resolution and penetration depth and the inherent functional sensitivity, PACT is of high interest to the large neuroscience community. We have previous studied the skull's impact on the acoustic wave propagation in PACT of mouse brain (63). In this paper, we investigate the impact of optical fluence distribution in mouse brain on quantitative PACT. Though the simulation setup is based on a linear-array PACT system, the results can be generalized and translated to other PACT configurations. Our results show that, mouse brain is a highly scattering organ, and the global decay of the optical fluence with depth from the brain surface is non-negligible, regardless of the existence of blood vessels. The optical fluence decreases by a factor of 4–5 over the entire field of view with illumination from one side. The existence of blood vessels introduces additional local fluctuations in optical fluence, due to optical property variation within the tissue structure. Both the global decay and the local fluctuations can lead to inaccurate estimation of chromophore concentrations in quantitative PACT. Correcting the optical fluence distribution can improve the quantitative accuracy of PACT.

Our 3D MC simulation accuracy depends on the digital mouse brain model, which was generated by combining the anatomical information and vascular information from two different data sets. It is technically challenging to register two data sets accurately. In this study, the two data sets were registered manually by mapping their functional regions to the maximum extent while ensuring that the final CBV ratio was consistent with the literature (~5%). To improve the model’s accuracy, regional CBV ratios should also be considered. For example, as shown by Chugh et al., cerebral cortex, hypothalamus, and hippocampus have a total CBV ratio of 7.9%, 4.5%, and 3.7%, respectively (49). The regional differences in both CBV ratio and vasculature pattern are non-negligible. An adaptive registration should be developed to better match different regions of the brain and further improve the accuracy of the combined mouse brain model.

Though our mouse brain model included different functional regions, we used the optical properties extracted from human brain data, due to the lack of published values for mouse brains at 1,064 nm. Several studies have shown that the optical properties (especially \( \mu_s \)) vary for different functional regions of the mouse brain, mainly due to different composition of cell types (64-66). Even though the differences might be insignificant, more accurate optical properties can further improve our mouse brain model’s accuracy.

We used k-Wave simulation to demonstrate the impact of the global decay and local fluctuations in optical fluence on the reconstructed PA images. However, such simulation results are oversimplified. We used only 2d k-Wave simulation and did not consider out-of-plane signals or acoustic attenuation/reverberation. We did not consider the skull’s impact either. Liang et al. have shown that the skull causes strong aberrations in high-frequency transcranial PA signals, leading to inaccurate target location and deteriorated PACT image quality (63). Therefore, for in vivo applications, we expect that the optical fluence heterogeneity is much more complex, and its impact on quantitative PACT is more significant (63).

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**Footnote**

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**Ethical Statement:** This article does not contain any studies
involving animals or human performed by any of the authors.

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