Heights of polynomials over lemniscates

by

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Dedicated to the memory of Peter Borwein

1. Polynomials of small height over lemniscates. Let $\mu$ be a positive unit Borel measure with compact support $S = \text{supp } \mu$ in the complex plane $\mathbb{C}$. For any polynomial $P$, one can define the standard $L_p(\mu)$ norms by setting

$$
\|P\|_p := \left( \int |P|^p \, d\mu \right)^{1/p}, \quad 0 < p < \infty, \quad \text{and} \quad \|P\|_\infty := \sup_{S} |P|, \quad p = \infty.
$$

The other endpoint $p = 0$ of this range corresponds to the geometric mean with respect to $\mu$:

$$
\|P\|_0 = M(P) := \exp \left( \int \log |P| \, d\mu \right).
$$

It is well known that these norms are subordinated as follows:

$$
M(P) \leq \|P\|_p \leq \|P\|_\infty, \quad 0 < p < \infty,
$$

where the first inequality is a consequence of Jensen’s inequality [14, pp. 138, 152], and the second one is immediate.

A particular choice of the measure $\mu$ in (1) and (2) certainly depends on the problem one wants to consider. Perhaps the most classical and popular choice is the uniform distribution $d\mu(e^{i\theta}) = d\theta/(2\pi)$ on the unit circumference $\mathbb{T}$. This provides us with a very important tool in the study of algebraic numbers, namely with the Mahler measure. For an arbitrary polynomial

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\[ P(z) = c_n \prod_{k=1}^{n} (z - z_k) \text{ with } c_n \neq 0, \]
the Mahler measure is given by
\[ M(P) := \exp\left(\frac{1}{2\pi} \int \log |P(e^{i\theta})| \, d\theta\right) = |c_n| \prod_{k=1}^{n} \max(1, |z_k|), \]
where the second equality is a well known consequence of Jensen’s formula; see [3] and [6] for background and applications.

The goal of this paper is to construct a natural family of polynomial heights over lemniscates that generalizes and includes the full range of the above \( L_p \) norms on the unit circle \( \mathbb{T} \). In many important cases, we solve the problem of finding integer polynomials of smallest height over a lemniscate, and show their uniqueness. The generalized Mahler measure we introduce here is used to study algebraic integers on and near lemniscates, and obtain results that directly correspond to Kronecker’s theorem on algebraic integers in the unit disk [16], and other standard results related to the Mahler measure.

For a polynomial \( V(z) = a_m \prod_{k=1}^{m} (z - \zeta_k) \in \mathbb{C}[z] \) with \( a_m \neq 0 \), and for any \( r > 0 \), define its lemniscate as
\[ L := \{ z \in \mathbb{C} : |V(z)| = r \}. \]
We also use the filled-in lemniscate \( E \), i.e., the union of the lemniscate \( L \) and its interior in \( \mathbb{C} \):
\[ E := \{ z \in \mathbb{C} : |V(z)| \leq r \}. \]
It is clear that if \( r = 0 \) then both \( L \) and \( E \) degenerate to the set of zeros of \( V \). If \( r > 0 \) is sufficiently small, then \( L \) consists of analytic closed curves, with each curve surrounding a zero of \( V \). In particular, if all zeros of \( V \) are simple, then we have exactly \( m \) analytic non-intersecting components of \( L \). When \( r \) increases, those components monotonically increase in size because of the Maximum Modulus Principle for \( V \), and they eventually meet at the critical points of \( V \). For sufficiently large \( r \), the lemniscate \( L \) is always a single analytic curve that approaches infinity as \( r \to \infty \). More details on the properties and geometry of lemniscates can be found in [34, pp. 17–22]. Some of the most historically important lemniscates include Cassini ovals and the lemniscate of Bernoulli, where both examples are defined by \( V(z) = z^2 - 1 \) with respective values \( r \in (0, 1) \) and \( r = 1 \). While lemniscates are rather special curves, they can approximate essentially arbitrary geometric shapes by Hilbert’s Lemniscate Theorem [22, p. 158].

We now specify the measure \( \mu \) in the definitions for the polynomial heights (1) and (2) as the equilibrium measure of the lemniscate \( L \) in the sense of logarithmic potential theory (see [22] and [33]), which is a unit measure supported on \( L \) expressing the steady state distribution of charge if \( L \) is viewed as conductor. This equilibrium measure is defined for general...
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compact sets in potential theory and complex analysis, and it already found many applications in number theory, e.g., in connection with asymptotic distribution of algebraic numbers. For example, the equilibrium measure was used to define generalizations of the Weil height ([27], [7]), and of the Mahler measure [21]. It is known that in our case the equilibrium measure of the lemniscate $L$ of (5) is given explicitly by

$$d\mu(z) = \frac{|V'(z)|}{2\pi mr} |dz|, \quad z \in L$$

(see [31, p. 350]). Thus the support of $\mu$ is $L$, and the heights we use in this paper are defined by the integrals with respect to this measure in (1) and (2).

It is immediately clear that for $V(z) = z$ and $r = 1$ the above measure reduces to the familiar $d\theta/(2\pi)$ on $\mathbb{T}$. In fact, one does not need to know potential theory to understand the results of this paper, which is primarily due to the direct generalization of (4) in the explicit version of Jensen’s formula for lemniscates stated below.

**Proposition 1.1.** Let $L$ be the lemniscate $\{z \in \mathbb{C} : |V(z)| = r\}$ defined by (5). If $P(z) = c_n \prod_{k=1}^{n}(z - z_k) \in \mathbb{C}[z]$ is any polynomial with $c_n \neq 0$, then the generalized Mahler measure $M_L(P)$ with respect to the equilibrium measure $\mu$ of $L$ in (7) is given by

$$M_L(P) = |c_n| |a_m|^{-n/m} \left( \prod_{k=1}^{n} \max(r, |V(z_k)|) \right)^{1/m}.$$

Furthermore,

$$M_L(P) \geq |a_m|^{-n/m} |\text{Res}(P, V)|^{1/m},$$

where $\text{Res}(P, V)$ is the resultant of $P$ and $V$.

We observe once again that if $V(z) = z$ and $r = 1$, then $L = \mathbb{T}$ and (8) reduces to the regular Mahler measure (4). It is also transparent from either (2) or (8) that the generalized version of the Mahler measure inherits many properties of the classical one. For example, it is multiplicative, i.e., $M_L(PQ) = M_L(P)M_L(Q)$ for any pair of polynomials $P, Q$. In all subsequent results, we consider polynomials that are not identically zero, but one can also set $M_L(P) = 1$ for $P \equiv 0$, following the standard agreement for the classical Mahler measure.

Problems on minimizing certain norms or heights by polynomials are abundant in mathematics in general and in number theory in particular. A selection of extremal problems on polynomials with integer coefficients can be found, for example, in [3]. We are primarily interested in the problem of minimizing the heights (1) and (2), defined by the measure $\mu$ of (7) on lemniscates, for polynomials with integer coefficients. This group of problems
has a long history, going back to the work of Hilbert [15] on integer polynomials 
with small $L_2$ norm on an interval of the real line, some results of Schur [28] 
and Fekete [8] for the supremum norm on general sets of the real line and the 
complex plane, and numerous applications: see, e.g., [3], [19], [10], [32], and 
references therein. Despite this long history and extensive work, finding exact 
solutions and extremal polynomials is usually out of reach, and even providing 
good estimates proved difficult. Nevertheless, we give the exact values for the 
lowest heights and exhibit the smallest polynomials, under the hypothesis 
that $V \in \mathbb{Z}[z]$ is irreducible, on many important classes of lemniscates.

**Theorem 1.2.** Let $L$ be defined by (5), where $V(z) = a_m z^m + \cdots \in \mathbb{Z}[z]$ 
is irreducible and $0 < r \leq 1/|a_m|$. The smallest value of the heights (1) 
and (2), with respect to $\mu$ of (7), for the family of all polynomials $P \in \mathbb{Z}[z]$ 
of degree $\deg(P) \leq km$, $k \in \mathbb{N}$, such that $P \not\equiv 0$, is given by

$$\inf \{ \|P\|_p : P \in \mathbb{Z}[z], P \not\equiv 0, \deg(P) \leq km \} = r^k, \quad 0 < p \leq \infty,$$

and

$$\inf \{ M_L(P) : P \in \mathbb{Z}[z], P \not\equiv 0, \deg(P) \leq km \} = r^k.$$

Furthermore, we have the following uniqueness results:

(i) If $r < 1/|a_m|$ then equality holds in (10) or (11) if and only if $P(z) = 
\pm V^k(z)$.

(ii) If $r = 1/|a_m| < 1$, then equality holds in (10) if and only if $P(z) = 
\pm V^k(z)$.

(iii) For $|a_m| = r = 1$, equality holds in (10) if and only if $P(z) = \pm V^k(z)$ 
or $P(z) = \pm 1$.

In the special case $V(z) = z$, this result states that the extremal polynomials 
for circles $L$ centered at the origin are the monomials, which was 
certainly known before. For general lemniscates, Theorem 1.2 is completely 
new for all $p \in [0, \infty)$. If $p = \infty$ then (10) was already stated in [20, Theorem 1.5], 
but the uniqueness of extremal polynomials part is new even in this case. From the number-theoretic point of view, the most interesting 
cases of Theorem 1.2 are $p = \infty$ that corresponds to the integer Chebyshev 
(or integer transfinite diameter) problem, and $p = 0$ that corresponds to the 
generalized Mahler measure. References on the integer Chebyshev problem 
include [1], [2], [3], [4], [5], [11], [12], [19], [20], but we do not attempt to give 
a comprehensive up-to-date survey. A more or less general discussion of the 
integer Chebyshev problem is contained in [20].

The most studied case of the integer Chebyshev problem is related to the 
interval $[0, 1] \subset \mathbb{R}$, but even this instance of the problem remains open to a 
large extent. As far as we know, the only non-trivial case when the integer 
Chebyshev problem is explicitly solved (by finding the smallest value of the
supremum norm on the corresponding set and exhibiting the extremal integer polynomials) is contained in Theorem 1.2. It is interesting that in the latter case the polynomials of the smallest supremum norm are unique (up to a change of sign, of course). This is not true for the integer Chebyshev problem on $[0,1]$; see [4, p. 665] for an example of two different extremal polynomials of degree 4. While Theorem 1.2 does not give uniqueness results for the polynomials $P$ minimizing $M_L(P)$ when $r = |a_m| = 1$ in (ii) and (iii), we fill this gap below in Theorem 2.1. It is certainly of interest to study the remaining cases that are not covered by Theorem 1.2 and other results of this paper, e.g., when $r = |a_m| > 1$.

For $r/|a_m| > 1$, the problem can be handled by purely analytic methods, and we find that the smallest height polynomials on a lemniscate defined by any polynomial $V$ with complex coefficients are $P(z) = \pm 1$, as stated below in Proposition 1.3. One can easily see from (8) that

\[ M_L(P) \geq |c_n| \left( \frac{r}{|a_m|} \right)^{n/m} \geq \left( \frac{r}{|a_m|} \right)^{n/m}, \]

where $P(z) = c_n z^n + \cdots \in \mathbb{Z}[z]$, $c_n \neq 0$. Combining this with (3), we obtain the following result:

**Proposition 1.3.** Let $L$ be defined by (5), where $V(z) = a_m z^m + \cdots \in \mathbb{C}[z]$ and $r/|a_m| \geq 1$. The smallest value of the heights (11) and (12), with respect to $\mu$ of (7), for the family of all polynomials $P \in \mathbb{Z}[z]$ such that $P \neq 0$, is given by

\[ \inf M_L(P) = \inf \|P\|_p = 1. \]

For $r/|a_m| > 1$, equality holds in (13) if and only if $P(z) = \pm 1$.

In the next section we give a detailed analysis for the polynomials of lowest height in the sense of the generalized Mahler measure. Section 3 contains proofs of all results.

2. **Generalized Mahler measure and algebraic integers.** The importance of the Mahler measure (4) in number theory is primarily related to its role in the study of algebraic numbers on and near the unit circle $\mathbb{T}$ (see [3], [6], [29], [30], etc.). We show in this section that the generalized Mahler measure can be used in the same fashion to understand the distribution of algebraic numbers on or near lemniscates.

It is immediate from [4] that the (classical) Mahler measure satisfies $M(P) \geq 1$ for any $P \in \mathbb{Z}[z]$, $P \neq 0$, with equality holding if and only if $\pm P$ is monic and has all roots in the closed unit disk. Since the Mahler measure is multiplicative, we deduce that $M(P) = 1$ iff $M(Q) = 1$ for every irreducible factor $Q$ of $P$. Hence we can restrict our attention to irreducible polynomials. Kronecker’s theorem [16] now shows for a monic irreducible
$P \in \mathbb{Z}[z]$ that $M(P) = 1$ if and only if either $P$ is cyclotomic or $P(z) = z$. In particular, the polynomials of smallest Mahler measure are not unique in this case. Note that Theorem 1.2 does not provide uniqueness information as $V(z) = z$ with $a_n = r = 1$ here, but we fill this gap below.

Suppose that the polynomial $V$ defining the lemniscate $L$ in (5) is monic, but not necessarily irreducible. Following the same argument as above in the generalized Mahler measure case, we observe from (8) and (12) that $M_L(P) \geq r^{n/m}$ for any $P \in \mathbb{Z}[z], P \neq 0, \deg(P) = n$. Moreover, $M_L(P) = r^{n/m}$ if and only if $\pm P$ is a monic polynomial with all roots in the filled-in lemniscate $E$ defined by (6). Since the generalized Mahler measure is multiplicative, we can restrict the argument to irreducible polynomials, as before. The following version of Kronecker’s theorem holds for $M_L(P)$ on the lemniscate $L$ of a polynomial $V$, which is stated in terms of the composition $\Phi \circ V$ for a cyclotomic polynomial $\Phi$.

**Theorem 2.1.** Let $L$ be defined by (5), where $V(z) = z^m + \cdots \in \mathbb{Z}[z]$ is monic, and $r = 1$. The generalized Mahler measure (8) satisfies

$$M_L(P) \geq 1, \quad P \in \mathbb{Z}[z], P \neq 0.$$  \hspace{1cm} (14)

Equality is attained above if and only if $P$ has leading coefficient $\pm 1$, and all roots of $P$ are located in $E$ defined by (6).

More precisely, we have $M_L(P) = 1$ for a monic irreducible $P \in \mathbb{Z}[z]$ if and only if either $P | V$ or $P | \Phi \circ V$ for a cyclotomic polynomial $\Phi$. Hence if $\alpha$ is an algebraic integer contained in $E$ together with all of its conjugates, then we have two possibilities:

(i) $\alpha$ is a root of $V$ when $\alpha \in E^\circ$;
(ii) $\alpha$ is a root of $\Phi \circ V$, for a cyclotomic polynomial $\Phi$, when $\alpha \in L$.

One interesting consequence of this result is the description of all complete sets of conjugate algebraic integers located on a lemniscate satisfying the conditions of Theorem 2.1. The fact that we have infinitely many complete sets of conjugate algebraic integers was already observed by Fekete and Szegö [9, p. 162], in the form of roots for the equation $V^n(z) = 1, n \in \mathbb{N}$, but those authors did not give a full description of such sets on a lemniscate.

**Corollary 2.2.** Let $L$ be defined by (5), where $V(z) = z^m + \cdots \in \mathbb{Z}[z]$ and $0 < r \leq 1$.

(i) If $0 < r < 1$ then there are no complete sets of conjugate algebraic integers located on $L$.

(ii) For $r = 1$, $\{\alpha_k\}_{k=1}^n \subset L$ is a complete set of conjugate algebraic integers if and only if $\{\alpha_k\}_{k=1}^n$ is a (complete conjugate) subset of the roots of $\Phi \circ V$, where $\Phi$ is a cyclotomic polynomial.
The problem of describing complete sets of conjugate algebraic integers located in a given set is another old question that remains open in many basic cases. For example, it is known from the same work of Kronecker [16] that complete sets of conjugates in an interval \([a, a+4]\), with \(a \in \mathbb{Z}\), are roots of the scaled Chebyshev polynomial \(2T_n\((x-a)/2\)). However, if \(a \notin \mathbb{Z}\) then the description of complete sets of conjugates is not known, nor is it known whether there are infinitely many such sets in \([a, a+4]\). For more information on this problem see [24], [25], [26] and the survey [18], where one can find many additional references.

Our next logical step is an analogue of the celebrated Lehmer’s conjecture. The original version appeared in [17], and it is very well known and thoroughly studied; see [3], [6], [29], [30] for references. Since \(M(P) \geq 1\) for any \(P \in \mathbb{Z}[z]\), \(P \neq 0\), Lehmer was interested in a natural question on how close the Mahler measure of a non-cyclotomic polynomial can be to 1. In fact, he observed from computations that the smallest such measure seems to be achieved by the polynomial \(L(z) = z^{10} + z^9 - z^7 - z^6 - z^5 - z^4 - z^3 + z + 1\):

\[
M(P) \geq M(L) \approx 1.176280818,
\]

where \(P \in \mathbb{Z}[z]\) and \(M(P) \neq 1\). We do not attempt to prove the original Lehmer’s conjecture, but instead relate it to an analogous statement for lemniscates. Theorem 2.1 shows that \(M_L(P) \geq 1\), \(P \in \mathbb{Z}[z]\), \(P \neq 0\), essentially as in the classical case \(L = T\), and also explains when the value 1 is achieved. Thus we are led to the question on the greatest lower bound for the generalized Mahler measure of all polynomials \(P\) with \(M_L(P) > 1\):

\[
B_L := \inf\{M_L(P) : P \in \mathbb{Z}[z], M_L(P) > 1\},
\]

where \(L\) is defined by \([5]\), with \(V(z) = z^m + \cdots \in \mathbb{Z}[z]\) and \(r = 1\). One can rephrase the original Lehmer’s question as whether \(B_T = M(L)\), or, in a weaker form, whether \(B_T > 1\) (with \(V(z) = z\)). We show that \(B_T > 1\) is equivalent to \(B_L > 1\), i.e., the weaker form of Lehmer’s conjecture holds if and only if its analogue holds for any lemniscate.

**Theorem 2.3.** Let \(L\) be defined by \([5]\), with \(V(z) = z^m + \cdots \in \mathbb{Z}[z]\) and \(r = 1\). Then

\[
(B_T)^{1/m} \leq B_L \leq B_T.
\]

Thus \(B_T > 1\) implies \(B_L > 1\) for all lemniscates \(L\) satisfying the above assumptions, and \(B_L > 1\) for a single such lemniscate implies \(B_T > 1\). It is clear from the proof of Theorem 2.3 that most of the known lower bounds for the Mahler measure can be translated into the corresponding analogues for the generalized Mahler measure.
3. Proofs

Proof of Proposition 1.1. We deduce from (2) that

\[ \log M_L(P) = \int \log |P| \, d\mu = \log |c_n| + \sum_{k=1}^{n} \log |t - z_k| \, d\mu(t), \]

where we use the fact that the equilibrium measure \( \mu \) defined in (7) is a unit measure. We recall some well known properties of the equilibrium potential \( \int \log |t - z| \, d\mu(t) \), such as \[ p. 59 \]

\[ \int \log |t - z| \, d\mu(t) = \log \text{cap}(L), \quad z \in E, \]

where \( \text{cap}(L) \) is the logarithmic capacity of \( L \) known explicitly \[ pp. 134–135 \] as

\[ \text{cap}(L) = \left( \frac{r}{|a_m|} \right)^{1/m}. \]

Another important fact we need is the connection between the equilibrium potential and the Green function \( g(z, \infty) \) for the complement of \( E \) with logarithmic pole at infinity \[ p. 107 \]:

\[ \int \log |z - t| \, d\mu(t) = g(z, \infty) + \log \text{cap}(L), \quad z \in \mathbb{C} \setminus E. \]

Since the Green function is also known explicitly in this case \[ p. 134 \] as

\[ g(z, \infty) = \frac{1}{m} \log \frac{|V(z)|}{r}, \quad z \in \mathbb{C} \setminus E, \]

we can summarize these findings in the following formula for the equilibrium potential:

\[ \int \log |z - t| \, d\mu(t) = \begin{cases} \frac{1}{m} \log \frac{r}{|a_m|}, & z \in E, \\ \frac{1}{m} \log \frac{|V(z)|}{|a_m|}, & z \in \mathbb{C} \setminus E, \end{cases} \]

\[ = \frac{1}{m} \log \max \left( r, \frac{|V(z)|}{|a_m|} \right), \quad z \in \mathbb{C}. \]

Applying the latter explicit evaluation of the equilibrium potential in (17), and passing to the exponential form, we verify (8).

It is immediate from (8) that

\[ M_L(P) = |c_n| |a_m|^{-n/m} \left( \prod_{k=1}^{n} \max \left( r, |V(z_k)| \right) \right)^{1/m} \]

\[ \geq |a_m|^{-n/m} \left( |c_n|^m \prod_{k=1}^{n} |V(z_k)| \right)^{1/m} = |a_m|^{-n/m} |\text{Res}(P, V)|^{1/m}, \]

so that (9) is also proved.

We state a simple fact needed in the proof of Theorem 1.2.
Lemma 3.1. Let $L$ be defined by (5) with $V(z) = a_m z^m + \cdots \in \mathbb{Z}[z]$, $a_m \neq 0$. If $Q \in \mathbb{Z}[z]$, $\deg(Q) = l \in \mathbb{N}$, satisfies
\[
|a_m|^l (M_L(Q))^m < 1,
\]
then $\text{Res}(Q, V) = 0$. If, in addition, $V$ is irreducible, then $V \mid Q$.

Proof. It follows from (9) that
\[
|\text{Res}(Q, V)| \leq |a_m|^l (M_L(Q))^m < 1.
\]
Since $Q, V \in \mathbb{Z}[z]$, we have $\text{Res}(Q, V) \in \mathbb{Z}$, and therefore $\text{Res}(Q, V) = 0$. The last claim is clear. ■

Proof of Theorem 1.2. Note that if $P = V^k$, $k \in \mathbb{N}$, then $\|P\|_p = M_L(P) = r^k$. Thus to prove (10) and (11) we need to show that $\|P\|_p < r^k$ or $M_L(P) < r^k$ is not possible for $P \in \mathbb{Z}[z]$, $P \neq 0$, $\deg(P) = n \leq km$. If $\|P\|_p < r^k$ then $M_L(P) < r^k$ by (3), so that we assume the latter inequality holds and reach a contradiction. For that purpose, suppose that $P = V^d R$, where $d \geq 0$ and $R \in \mathbb{Z}[z]$, $V \nmid R$, $\deg(R) = n - dm \leq (k - d)m$. Observe that $d < k$ here, because otherwise $P = cV^k$, $|c| \in \mathbb{N}$, and $\|P\|_p = M_L(P) = |c|r^k \geq r^k$. Since $M_L(P) = M_L(V^d)M_L(R) = r^d M_L(R)$ and $M_L(P) < r^k$ by our assumption, we conclude that $M_L(R) < r^{k-d}$. But $|a_m|r \leq 1$ gives
\[
|a_m|^{n-dm} (M_L(R))^m \leq |a_m|^{(k-d)m} (M_L(R))^m < (|a_m|r)^{(k-d)m} \leq 1.
\]
It follows from Lemma 3.1 with $Q = R$ that $V \mid R$, contradicting our assumption.

We now turn to the proof of the uniqueness statements (i)–(iii).

Proof of (i). Note first that $\|P\|_p = r^k$ implies $M_L(P) = r^k$ by (3) and (11). If $|a_m|r < 1$ and $M_L(P) = r^k$, then we let $P = V^d R$, where $R \in \mathbb{Z}[z]$, $V \nmid R$, $\deg(R) = n - dm \leq (k - d)m$, as in the first part of this proof. This yields $M_L(P) = M_L(V^d)M_L(R) = r^d M_L(R)$ and $M_L(R) = r^{k-d}$. If $d < k$ then $|a_m|r < 1$ gives
\[
|a_m|^{n-dm} (M_L(R))^m \leq |a_m|^{(k-d)m} (M_L(R))^m = (|a_m|r)^{(k-d)m} < 1,
\]
and Lemma 3.1 leads us to the contradiction $V \mid R$. Hence $d = k$ and $R$ is a constant polynomial, which must be $\pm 1$ to satisfy $M_L(P) = r^k$.

Proof of (ii). Here we have $|a_m|r = 1$, $r < 1$ and $\|P\|_p = r^k$, $0 < p \leq \infty$. If $M_L(P) < \|P\|_p = r^k$ then we proceed in essentially the same way as before by assuming that $P = V^d R$, where $R \in \mathbb{Z}[z]$, $V \nmid R$, $\deg(R) = n - dm \leq (k - d)m$. Since $M_L(P) = M_L(V^d)M_L(R) = r^d M_L(R)$ and $M_L(P) < r^k$, we obtain $M_L(R) < r^{k-d}$ and $d < k$. This gives
\[
|a_m|^{n-dm} (M_L(R))^m \leq |a_m|^{(k-d)m} (M_L(R))^m < (|a_m|r)^{(k-d)m} = 1.
\]
Applying Lemma 3.1 we obtain $V \mid R$, contradicting our assumption.
It remains to handle the case when \( M_L(P) = \|P\|_p \). From the equality case in Jensen’s inequality (see [14, p. 138]), we know that \( M_L(P) = \|P\|_p \) is possible if and only if \( |P(z)| \) is constant for all \( z \in L \). The latter means that \( |P(z)| = r^k, z \in L, \) and \( P \) is not a constant, as \( r < 1 \). Once again, we set \( P = V^dR, \) where \( R \in \mathbb{Z}[z], \) \( V \nmid R, \deg(R) = n - dm \leq (k - d)m, \) which implies \( |R(z)| = r^{k-d}, z \in L. \) Since the roots of \( V, \) denoted by \( \{\zeta_j\}_{j=1}^m, \) are all located inside \( L, \) the Maximum Modulus Principle implies that \( |\bar{R}(\zeta_j)| < r^{k-d}, j = 1, \ldots, m. \) We deduce directly from the resultant formula that

\[
|\text{Res}(R,V)| = |a_m|^{n-dm} \prod_{j=1}^m |R(\zeta_j)| < |a_m|^{(k-d)m} r^{(k-d)m} = 1.
\]

Thus \( \text{Res}(R,V) = 0, \) and the polynomials \( V \) and \( R \) have a common root. Since \( V \) is irreducible, we obtain \( V \mid R \) in contradiction to our assumption.

**Proof of (iii).** This proof is almost identical to that of case (ii), with one additional possibility that an extremal polynomial \( P \) may be constant. But if \( P \equiv c \) then \( c = \pm 1, \) as \( \|P\|_p = r^k = 1. \)

**Proof of Proposition 1.3.** As we already noted before the statement of this proposition, a combination of (3) and (12) gives (13). Indeed,

\[
\|P\|_p \geq M_L(P) \geq |c_n| \left( \frac{r}{|a_m|} \right)^{n/m} \geq \left( \frac{r}{|a_m|} \right)^{n/m} \geq 1,
\]

where \( P(z) = c_n z^n + \cdots \in \mathbb{Z}[z], c_n \neq 0. \) Equality is always achieved in (13) by \( P = \pm 1. \) But if \( n > 0 \) and \( r/|a_m| > 1, \) then the above estimate shows that such a polynomial \( P \) cannot be extremal for (13). Thus any extremal \( P \) must be constant when \( r/|a_m| > 1, \) and obviously \( P = \pm 1. \)

**Proof of Theorem 2.1.** Inequality (14) follows from (8) and (12) as was already explained before the statement of this theorem. In the case of equality in (14), we see under our assumptions that for \( P(z) = c_n \prod_{k=1}^n (z - z_k) \in \mathbb{Z}[z] \) with \( c_n \neq 0 \) the generalized Mahler measure satisfies

\[
M_L(P) = |c_n| \left( \prod_{k=1}^n \max(1,|V(z_k)|) \right)^{1/m} = 1.
\]

The above equality holds if and only if \( |c_n| = 1 \) and \( |V(z_k)| \leq 1, k = 1, \ldots, n, \) which is equivalent to \( \{z_k\}_{k=1}^n \subset E. \)

Suppose now that \( P(z) = \prod_{k=1}^n (z - \alpha_k) \in \mathbb{Z}[z] \) is irreducible, i.e., it is the minimal polynomial for a complete set \( \{\alpha_k\}_{k=1}^n \) of conjugate algebraic integers. We showed that \( M_L(P) = 1 \) if and only if \( \{\alpha_k\}_{k=1}^n \subset E, \) which is the same as \( |V(\alpha_k)| \leq 1, k = 1, \ldots, n. \) Define the monic polynomial \( Q(w) = \prod_{k=1}^n (w - V(\alpha_k)), \) and note that its coefficients are symmetric polynomials in \( \{\alpha_k\}_{k=1}^n \) with integer coefficients. Hence the coefficients of \( Q \) are integer polynomials in elementary symmetric functions of \( \{\alpha_k\}_{k=1}^n, \) and are
ultimately integers. Thus $Q$ is a monic polynomial with integer coefficients and roots $\{V(\alpha_k)\}_{k=1}^n$ located in the closed unit disk. Kronecker’s theorem now implies that either $V(\alpha_k) = 0$ (when $|V(\alpha_k)| < 1$) or $V(\alpha_k)$ is a root of unity (when $|V(\alpha_k)| = 1$). If $V(\alpha_k) = 0$, we observe that $\alpha_k$ is also a root of the irreducible monic polynomial $P$, so that $P | V$ and $V(\alpha_k) = 0$ for all $k = 1, \ldots, n$. If in turn $|V(\alpha_k)| = 1$, there is a cyclotomic polynomial $\Phi$ such that $\Phi(V(\alpha_k)) = 0$, which means that $\Phi \circ V \in \mathbb{Z}[z]$ shares a root with the irreducible polynomial $P \in \mathbb{Z}[z]$. Hence we obtain $P | \Phi \circ V$ and $\Phi(V(\alpha_k)) = 0$ for all $k = 1, \ldots, n$. This completes the proof of Theorem 2.1 and also of part (ii) of Corollary 2.2.

Proof of Corollary 2.2. We start with part (i). If a complete set of conjugate algebraic integers $\{\alpha_k\}_{k=1}^n$ is located on $L$ then

$$M_L(P) = \left( \prod_{k=1}^{n} \max(r, |V(\alpha_k)|) \right)^{1/m} = r^{n/m}$$

for the minimal polynomial $P(z) = \prod_{k=1}^{n}(z - \alpha_k)$. Since $V(z)$ is assumed monic, we obtain

$$|a_m|^n(M_L(P))^m = r^n < 1,$$

and applying Lemma 3.1, we conclude that $\text{Res}(P,V) = 0$ and $P | V$. It follows that all roots of $P$ coincide with some roots of $V$, and are located inside $L$.

Part (ii) was already established in the proof of Theorem 2.1.

Proof of Theorem 2.3. If $Q(w) = b_n \prod_{k=1}^{n}(w - \beta_k) \in \mathbb{Z}[w]$ is any polynomial such that $M(Q) > 1$, then we have either $|b_n| > 1$, or $|b_n| = 1$ and $|\beta_j| > 1$ for some $j$, $1 \leq j \leq n$. Consider $P(z) = Q(V(z)) \in \mathbb{Z}[z]$, $\deg(P) = mn$, with roots $\{\alpha_{i,k}\}, i = 1, \ldots, m, k = 1, \ldots, n$, that satisfy $V(\alpha_{i,k}) = \beta_k, i = 1, \ldots, m$, for all $k = 1, \ldots, n$. Note that $|\beta_j| > 1$ implies $\alpha_{i,j} \notin E$ for all $i = 1, \ldots, m$. Thus we have

$$M_L(P) = |b_n| \left( \prod_{k=1}^{n} \prod_{i=1}^{m} \max(1, |V(\alpha_{i,k})|) \right)^{1/m} = |b_n| \prod_{k=1}^{n} \max(1, |\beta_k|) = M(Q).$$

It is now clear that $M_L(P) > 1$, and so $M_L(P) \geq B_L$ by (15). Hence $M(Q) \geq B_L$ and we obtain $B_T \geq B_L$ by taking the infimum over all $Q$.

Let $P(z) = c_n \prod_{k=1}^{n}(z - \alpha_k) \in \mathbb{Z}[z]$ be any polynomial with $M_L(P) > 1$, which means that either $|c_n| > 1$, or $|c_n| = 1$ and $\alpha_j \notin E$ for some $j$, $1 \leq j \leq n$, by Theorem 2.1. Consider $Q(w) = c_n^m \prod_{k=1}^{n}(w - V(\alpha_k))$ and observe that the coefficients of $Q/c_n^m$ are symmetric polynomials in $\{\alpha_k\}_{k=1}^{n}$ with integer coefficients, whose degree in each $\alpha_k$ does not exceed $m$. Hence these coefficients are integer polynomials in elementary symmetric functions.
of \( \{\alpha_k\}_{k=1}^n \), of degree at most \( m \), and therefore they become integers after multiplying by \( c_n^m \). Thus \( Q \in \mathbb{Z}[w] \). We also note that if \( |c_n| > 1 \) or \( |V(\alpha_j)| > 1 \) then \( M(Q) > 1 \). It follows that

\[
M_L(P) = |c_n| \left( \prod_{k=1}^n \max(1, |V(\alpha_k)|) \right)^{1/m} = (M(Q))^{1/m} \geq (B_T)^{1/m} \geq 1.
\]

Thus we obtain \( B_L \geq (B_T)^{1/m} \) from the definition (15).

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