1s-intraexcitonic dynamics in monolayer MoS$_2$ probed by ultrafast mid-infrared spectroscopy

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The 1s exciton—the ground state of a bound electron-hole pair—is central to understanding the photoresponse of monolayer transition metal dichalcogenides. Above the 1s exciton, recent visible and near-infrared investigations have revealed that the excited excitons are much richer, exhibiting a series of Rydberg-like states. A natural question is then how the internal excitonic transitions are interrelated on photoexcitation. Accessing these intraexcitonic transitions, however, demands a fundamentally different experimental tool capable of probing optical transitions from 1s ‘bright’ to np ‘dark’ states. Here we employ ultrafast mid-infrared spectroscopy to explore the 1s intraexcitonic transitions in monolayer MoS$_2$. We observed twofold 1s→3p intraexcitonic transitions within the A and B excitons and 1s→2p transition between the A and B excitons. Our results revealed that it takes about 0.7 ps for the 1s A exciton to reach quasi-equilibrium; a characteristic time that is associated with a rapid population transfer from the 1s B exciton, providing rich characteristics of many-body exciton dynamics in two-dimensional materials.
Photogenerated electron-hole (e–h) pairs in solids create bound states, whose elementary quasiparticle state is called 1s exciton in a Wannier–Mott exciton model. Since the optoelectronic response is governed by the light-induced dynamic behaviour of this elementary ground state, knowledge of the 1s exciton response to the optical stimuli has been a crucial issue in many optoelectronic applications, such as phototransistors13, photovoltaics14, light-emitting diodes15, van der Waals heterostructure-based optoelectronics16–18 and valleytronic device applications19–21. In transition metal dichalcogenides (TMDCs), this is particularly the case as the two-dimensional (2D) materials approach a monolayer limit, where the reduced dielectric screening results in a strong Coulomb interaction22–24, leading to an unusually large 1s exciton binding energy $E_{\text{bind}}$, typically a few hundreds of meV below the electronic bandgap of a few eV (refs 25,26–27).

Above the fundamental 1s exciton, theories predicted the presence of densely spaced exciton states in monolayer MoS$_2$ with 1s exciton $E_{\text{bind}}$ of 0.4–0.54 eV (refs 18–21,28–31), whose (s-like) bright and (p-like) dark exciton characters were later confirmed by a series of seminal experiments via linear one-photon absorption21,22, two-photon photoluminescence excitation (PLE)22–24,32 and nonlinear wave-mixing spectroscopy25,32 whereby $E_{\text{bind}}$ was experimentally measured to be between 0.22 (ref. 26) and 0.44 eV (refs 23,26), the reported $E_{\text{bind}}$ however, shows somewhat discrepancy depending on the measurement methods and is varied from samples to samples23,26–27. These experimental techniques, although they are appropriate to clarify the optical state of the excitons, may address indirectly the dynamic transient information between the 1s exciton and the excited np ‘dark’ exciton ($n$ is the principle quantum number); we denoted the exciton states in analogy to the hydrogen series21.

By contrast, if one measures the 1s $\rightarrow$ np transitions, then the data should describe the internal excitonic transients, directly providing the transient optical nature of the fundamental 1s exciton dynamics. This, so called intraexcitonic spectroscopy33, fundamentally differs from band-to-band and other time-resolved spectroscopies8,34–36, and the technique can not only explain the transient response of the 1s exciton, but more importantly, may provide experimental manoeuvre in exploiting the photoinduced excitonic responses to the TMDC-based optoelectronic devices. For example, knowledge of the 1s and np exciton energies and their associated dynamics afford the first-order quantitative information on the exciton dissociation energy, where in an ideal case at least $E_{\text{bind}}/e$ ($e$ is the electron charge) of an external or internal potential is required to dissociate the bound e–h pairs. In addition, because intraexcitonic spectroscopy can access the $p$-like dark excitons, one may design a scheme of coupling an infrared (IR) light to the 2D TMDC materials, via below-gap two-photon excitation, for the light-harnessing applications.

Here we explore the 1s intraexcitonic transient dynamics in monolayer MoS$_2$ by using time-resolved mid-IR spectroscopy. Inspired by a theoretical GW–Bethe–Salpeter result19, where the fundamental 1s$\rightarrow$2p transitions are predicted to be 0.32 and 0.3 eV for the A and B exciton in isolated, suspended monolayer MoS$_2$, we employed an ultrafast mid-IR spectroscopy (0.23–0.37 eV probe) in conjunction with an ultrafast white-light continuum spectroscopy (Fig. 1a). The mid-IR measurements show that there are two 1s$\rightarrow$3p transitions for A and B exciton and 1s$\rightarrow$2p between 1s A and 2p B exciton. The time-dependent IR absorption rapidly subdues over broad probe–photon energies, representing the transient absorption from the 1s to the quasi-continuum states after pump excitation.

**Results**

**Time-resolved intraexcitonic and band-to-band dynamics.** The samples used in our experiment were monolayer MoS$_2$ grown by chemical vapour deposition method, and were transferred to a CaF$_2$ substrate (see Supplementary Note 1 for the sample characterization). As schematically shown in Fig. 1a, the sample was non-resonantly excited by a 70 fs, 3.1 eV pump pulse, and the corresponding differential-transmission changes $\Delta T/T_0$ were measured in a vacuum cryostat (Methods). The 3.1 eV pump excites carriers into the quasi-continuum of the A and B excitons37,38 or into the band-nesting C-band near the $\Gamma$ point39,40. The former generates the unbound e–h plasma above the A and B excitons and the latter case experiences a rapid inter-valley scattering into K and K’ valley. Nevertheless, both cases generate carriers in much higher energy compared with the A or B exciton resonance. Figure 1b shows a direct comparison of two representative data measured by mid-IR probe (0.35 eV) and interband A-exciton probe (1.86 eV) with the same pump fluence $F = 24.4 \mu$J cm$^{-2}$ (equivalent to e–h pair density of $7.4 \times 10^{12}$ cm$^{-2}$, given 15% absorption)8,41 measured at 77 K. The polarization of pump and probe beam are linear and orthogonal with respect to each other, such that we do not account for the recently discovered valley-exciton-locked selection rule32. The fact that two $\Delta T/T_0$ transients exhibit an opposite sign implies the kinetic origin of the photoresponses is indeed different. For the 1.86 eV dynamics, the increased...
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We observed that this rapid upsurge of the 1.86 eV is not a
Fig. 1b). Immediately after the pump, the 1.86 eV probe rapidly
appears
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band-to-band A-exciton energy, one may attribute the decreased
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excitation38. As discussed, more details in Supplementary Note 4,
formation33,54. We find that there exists a clear time departure between the

dynamics above, the photoexcited unbound e–h pairs experience
empty final
Gexcitons or quasi-continuum states. The measured
intraband oscillator strength is much smaller than the interband one,
considering that the mid-IR peak signal is only 36.2% of the
many works on the quasi-2D quantum wells54 or recent 2D MoS2 (ref. 45); as
discussed later in Figs 2–4, we provide compelling experimental
evidences to support our rationale (see also Supplementary Note 2 (refs 46–48)). The increased probe absorption of the
mid-IR suggests that there exists an occupied state below the
mid-IR transient and right panel is the IR transient
Figure 2 | Temporally and spectrally resolved transitions from 1s state.
Left panel is the mid-IR transient and right panel is the IR transient

probe transmission is typically attributed to the ground-state
bleaching35,42,43, where the increased occupation probability of
electrons in conduction band and holes in the valance band leads to the reduced probe absorption, that is, increased \( \Delta T/T_0 \) > 0. On the other hand, given that the 0.35 eV probe is far below the
band-to-band A-exciton energy, one may attribute the decreased
\( \Delta T/T_0 \) < 0 (increased probe absorption) to the transition within the
bands, that is, intraband free-carrier absorption. However, considering that the mid-IR peak signal is only 36.2% of the
1.86 eV one, we can exclude this possibility because the intraband oscillator strength is much smaller than the interband one,
usually by an order of magnitude, as revealed by prior works on the quasi-2D quantum wells54 or recent 2D MoS2 (ref. 45); as
discussed later in Figs 2–4, we provide compelling experimental
evidences to support our rationale (see also Supplementary Note 2 (refs 46–48)). The increased probe absorption of the
mid-IR suggests that there exists an occupied state below the
electronic gap.

We find that there exists a clear time departure between the
two rising dynamics, where the onset of the 0.35 eV probe peak appears \( \sim 0.2 \) ps later than the 1.86 eV probe (dashed line in Fig. 1b). Immediately after the pump, the 1.86 eV probe rapidly
increases, while the 0.35 eV dynamics emerge rather slowly. We observed that this rapid upsurge of the 1.86 eV is not a
local spectral behaviour, but being presented in a broad range of
high-energy probes (Supplementary Notes 3 and 4), evidencing the quasi-instantaneous ground-state bleaching35. Understanding
this high-energy dynamics has been a subject to debate; different investigations have proposed different kinetic origins of the 1s
exciton, such as exciton linewidth broadening35, stimulated emission42, dynamic bandgap renormalization49 and biexciton formation55. As discussed, more details in Supplementary Note 4, both earlier50–52 and recent studies35,42,53, have shown that the
3.1 eV photoexcitation into the quasi-continuum of unbound states generates a significant amount of free-carriers. Because the
exciton formation occurs after exciton–free carrier scattering, the
initial decaying kinetics of mid-IR is slightly delayed compared with the rising transient of the interband one, explaining the observed time-delay between the two transients of Fig. 1b. Since the mid-IR probe can resonantly measure the internal exciton dynamics, the measured intracexcitonic transients are expected to provide pure population dynamics of the ground 1s exciton33,54.

Temporally and spectrally resolved intracexcitonic dynamics.
Figure 2 is the temporally and spectrally resolved mid-IR dynamics. Here we probed not only the broad mid-IR transients
(0.23–0.37 eV), but also measured the IR dynamics
(0.47–0.67 eV). This scheme affords a simultaneous access to the
dynamic transitions from the 1s ground exciton to the higher
lying \( np \) excitons or quasi-continuum states. The measured
\( \Delta T/T_0 \) spectra show peculiar energy-dependent behaviours. At
\( \Delta t \leq 0.4 \) ps, the – \( \Delta T/T_0 \) spectra are strongly reshaped, exhibiting a
relatively small increase of differential absorption (not absolute absorption) near 0.27 eV compared with the increased absorption
around 0.3–0.5 eV. The increased absorption is more prominent at
\( \Delta t > 0.4 \) ps, where one can see that – \( \Delta T/T_0 \) is gradually larger
near 0.27 eV with increasing \( \Delta t \), and the differential absorption at
0.3–0.5 eV is concurrently smaller with increasing \( \Delta t \). Between
0.4 < \( \Delta t \leq 0.9 \) ps, – \( \Delta T/T_0 \) above 0.3 eV is rapidly vanished, while
the absorption resonance below 0.3 eV is accordingly increased. After \( \Delta t > 0.9 \) ps, the absorption resonance below 0.3 eV keeps
reserved and it slowly subdues with featureless IR spectra above 0.3 eV.

For a quantitative analysis of the observed transient spectra, we use the following model consisted of multi-oscillator components55:

\[
x(E) = \sum_n \frac{\hbar^2 S_{1s-\text{np}}(n)}{2\hbar^2 c \sqrt{\epsilon} (E_n - E)^2} + \Theta(E - E_{\text{bound}}). \tag{1}
\]

The term of summation represents the intracexcitonic absorption from 1s to either A or B excitonic \( np \) state and the second term \( \Theta(E - E_{\text{bound}}) \) is a step-like transition from 1s to the continuum with \( E_{\text{bound}} \) of 0.44 eV. In the equation, \( \epsilon =4.2 \) (refs 14,27) and \( \epsilon_0 \) are the dielectric constant of monolayer MoS2 and the vacuum
dielectric constant, respectively. There, the absorption amplitude
\( S_{1s-\text{np}} \), or the spectral weight of the intracexcitonic 1s→np
transition, is proportional to the product of the oscillator strength
\( f_{1s-\text{np}} \) and the ground exciton density \( n_{1s} \) (refs 39,40,55,56).
Because the 3.1 eV pump excitation creates e–h plasma in the
band nesting resonance, an accurate estimation of \( n_{1s} \) requires both
theoretical study of intervalley scatterings and the corresponding ultrafast measurements, which is beyond the
scope of our ultrafast mid-IR intracexcitonic spectroscopy. In fact,
the spectral weight from \( 1s \rightarrow np \) is not only proportional to the
population, but also depends on the probability of finding an
empty final \( np \) state. As discussed about the transient spectra
dynamics above, the photoexcited unbound e–h pairs experience rapid relaxation and start to form a ground-state exciton within
\( \sim 0.4 \) ps. It is strictly true that the \( np \) exciton population is
negligible only at \( \Delta t \geq 0.4 \) ps. Similar studies on 1D and quasi-2D
quantum-well structures have shown that the contribution from
\( np \rightarrow \text{continuum} \) is negligible33,34,56–58. We found that the
spectral fit matches well the measured data when we used up to
three mid-IR oscillators, with the following transition energy \( E_n \)
of \( E_1 = 0.27 \) eV, \( E_2 = 0.31 \) eV, and \( E_3 = 0.36 \) eV. On the basis that
the observed \( E_{\text{obs}} \) do not vary \( \Delta t \), we fit \( E_{\text{obs}} \) to fit the time-resolved
mid-IR spectra, but vary \( S_{1s-\text{np}} \) and the phenomenological
exciton broadening parameter \( \Gamma \). For the IR transients, the
spectra are featureless representing the step-function-like 1s to the
continuum transition21; this featureless IR spectrum is
Figure 3 | Schematic for $1s$ intraexcitonic transition and relevant spectral weight. (a) Energy diagram of the ground state (G), and the fundamental excitons ($1s_A$ and $1s_B$) and the higher excited $np$ dark excitons in shown. Transition energies of three oscillators are indicated by blue (0.27 eV), orange (0.31 eV) and green (0.36 eV) arrows. The transient band-to-band dynamics (b) is directly compared with the intraexcitonic absorption dynamics (c–e). Transient dynamics of the intraexcitonic spectral weight parameter $S_{1s\rightarrow np}$ for each three oscillator are shown at each row: (c) $1s_A \rightarrow 3p_A$, (d) $1s_B \rightarrow 3p_B$ and (e) $1s_A \rightarrow 2p_B$, respectively. Dashed lines show the maximum $S_{1s\rightarrow np}$ peak for each intraexcitonic transition.

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Figure 4 | Temperature- and fluence-dependent mid-IR dynamics. (a) Temperature-dependent $-\Delta T/T_0$ dynamics measured at 0.6 eV. Inset: the peak value of $-\Delta T/T_0$ is plotted as a function of the temperature. No temperature-dependent dynamics were observed, thereby the free-carrier absorption can be excluded in the analysis of Figs 1–3. We performed fitting using a biexponential function. The summarized results are shown in b for the fast $\tau_1$ and in c for the slow decay component $\tau_2$, where both components are temperature-independent. (d) Fluence-dependent $-\Delta T/T_0$ dynamics measured at 0.6 eV probe. Inset: the peak $-\Delta T/T_0$ shows a linear fluence dependence, such that no higher-order nonlinear exciton dynamics were observed. Fluence-dependent fast $\tau_1$ (e) and slow decay component $\tau_2$ (f). Solid line for each trace is the corresponding biexponential fit. Both $\tau_1$ and $\tau_2$ are independent of the pump fluence, implying that no absorption occurs from the defect states.
excitonic nature for \( n \geq 3 \). This is because any intraexcitonic \( 1s \rightarrow np \) transition depends both on the wavefunction of the \( n \)th exciton as well as the \( 1s \) exciton state, and the latter certainly deviates from the 2D-hydrogen model. Recent PLE\(^{23}\) revealed that the energy levels of the exciton Rydberg series are 1.88 eV (1\( s \)), 2.05 eV (2\( s \)) and 2.15 eV (3\( s \)) for \( A \) exciton and 2.03 eV (1\( s \)), 2.24 eV (2\( s \)) and 2.34 eV (3\( s \)) for \( B \) exciton. By considering 0.15 eV energy splitting between \( A \) and \( B \) excitons and the difference of reduced exciton masses of 0.25\( m_0 \) (\( A \) exciton) and 0.28\( m_0 \) (\( B \) exciton)\(^{18}\), we estimated the intraexcitonic transition energies of 0.27 eV for \( E_{1A} \rightarrow 3A \), 0.31 eV for \( E_{1B} \rightarrow 3B \) and 0.36 eV for \( E_{1A} \rightarrow 2B \) which are exactly matched our measured intraexcitonic transition energy \( \epsilon \). Interestingly, these values are somewhat deviated from the GW–Bethe–Salpeter prediction\(^{19}\), possibly due to the substrate dielectric screening effect. Nevertheless, our measurements agree well with the experimental PLE investigation due to similar dielectric constant of CaF\(_2\) and fused silica\(^{23}\) as a substrate. Although there is a small difference (\( \approx 20 \) meV) for the \( A \) exciton energy between PLE (1.88 eV) and our photo-current spectra and ultrafast absorption measurement (1.86 eV, Supplementary Notes 1 and 3), the difference is very marginal\(^{19,28,30,31}\) and the intraexcitonic spectroscopy can measure the energy difference between \( 1s \) and \( np \), regardless of the \( A \)-exciton resonance. In accordance with PLE and our mid-IR measurements, we expect the fundamental \( 1s \rightarrow 2p \) would be 0.17 eV for the \( A \) exciton and 0.21 eV for the \( B \) exciton, and this is beyond our capability of tuning the mid-IR spectrum. Therefore, as schematically shown in Fig. 3a, we understand our intraexcitonic transition energy of \( E_1 \) as \( 1s \rightarrow 3p_A \) within \( A \) exciton, \( E_2 \) as \( 1s_B \rightarrow 3p_B \) within \( B \) exciton and \( E_3 \) as \( 1s_A \rightarrow 2p_B \) between \( A \) and \( B \) exciton. Indeed, our energy assignment well-corroborates a recent many-body Bethe–Salpeter prediction on the nonhydrogenic characters of excited excitons\(^{19,20,28,30,31}\), underscoring a distinct capability of our intraexcitonic spectroscopy in measuring the relative energy difference between \( 1s \) and \( np \). For the exciton broadening parameter \( \Gamma \), since the effective mass of \( A \) and \( B \) exciton is different, \( \Gamma = (\approx 282 \text{ meV}) \) for \( 1s_A \rightarrow 3p_A \), \( \Gamma = (\approx 37.4 \text{ meV}) \) for \( 1s_B \rightarrow 3p_B \) and \( \Gamma = (\approx 30 \text{ meV}) \) for \( 1s_A \rightarrow 2p_B \) are slightly different due to the different exciton dispersion.

**Dynamics of \( 1s \rightarrow np \) intraexcitonic spectral weights.** For further analysis, we show the temporal dynamics of \( S_{1s_A \rightarrow 3p_A} \) (Fig. 3c, blue), \( S_{1s_B \rightarrow 3p_B} \) (Fig. 3d, orange) and \( S_{1s_A \rightarrow 3p_B} \) (Fig. 3e, green). We identify three different kinetic regimes: immediately after the pump, the rising transients of all three spectral weights show similar behaviours, representing the hot-carrier relaxation from the quasi-continuum to the \( A \) and \( B \) exciton branch. This kinetics clearly differs from the dynamics of 1.86 eV probe (Fig. 3b), where the latter arises from the quasi-instantaneous bleaching dynamics. At 0.4 < \( \Delta t \) < 0.7 ps, the dynamics of \( S_{1s_B \rightarrow 3p_B} \) rapidly decrease, while the peak \( S_{1s_A \rightarrow 3p_A} \) and \( S_{1s_A \rightarrow 3p_B} \) emerge \( \sim 0.3 \text{ ps} \) later. Because the \( 1s \) exciton is 0.15 eV higher than that of \( 0 \) exciton (Fig. 3a), the \( 1s \) exciton serves as a population supplier to the energetically lower \( 1s \) A exciton, thereby the two transients show a complementary dynamics. At longer \( \Delta t > 0.7 \) ps, because the \( 1s \) A excitons are thermalized and reaches a quasi-equilibrium condition, the dynamics of \( S_{1s_A \rightarrow 3p_A} \) nearly follows that of \( S_{1s_A \rightarrow 2p_B} \). This highlights that although \( S_{1s_A \rightarrow 3p_A} \) and \( S_{1s_A \rightarrow 3p_B} \) are spectrally separated apart, that is 0.27 and 0.36 eV, respectively, both transients are closely interrelated because these absorptions originate from the same \( 1s_A \) ground state exciton.

**Discussion**

At an elevated temperature, the free-carrier absorption from \( 1s \), \( 2s \), \( 2p \), \( 3s \), \( 3p \) ... may contribute to the increased probe absorption with \( \Delta T/T_0 < 0 \). This scenario typically shows a strong temperature dependence of the relaxation rate, in which the higher temperature the larger the electron–phonon scattering rate, resulting in the dynamics to be highly temperature dependent. Here given that the formation time scale of the \( 1s \) exciton is very fast within 0.4 ps (see Figs 2 and 3) and the Drude scattering rate cannot be extended to the mid-IR range (Supplementary Note 2), the contribution of \( np \) continuum transition may be very insignificant to the temperature-dependent mid-IR intraexcitonic response. Figure 4a shows that our mid-IR transients, fitted by a biexponential function, exhibit nearly temperature independent of the relaxation components (Fig. 4b,c). This implies that the effect of free-carrier absorption is negligible. We additionally show in Fig. 4b that the recombination of excitons arises on sub-ps and tens of ps time scale. At \( T = 77 \text{ K} \), the mid-IR peak \( [A(T)/T_0] \) linearly increases with \( F \) up to 32.5 \( \mu \text{J cm}^{-2} \) (equivalent to \( e^- \) hole density \( 9.86 \times 10^{12} \text{ cm}^{-2} \)) (refs 8,41). The linear F-dependence reflects that there exists no high-order nonlinear excitonic interaction, ensuring that our mid-IR transients represent the first-order population dynamics. A recent pump–probe study\(^{45}\) reported very similar relaxation times to our results. These time components were explained using defect-assisted exciton recombination. Given that we observed negligible F-dependent relaxation dynamics (Fig. 4e,f), we can infer that our mid-IR decay transients do not arise from the photoinduced absorption of filled \( e^- \) h pair in the localized states, but arise from the exciton capture into the defects.

In summary, we report the experimental observation of the 1s intraexcitonic transition. Recently, Poellmann et al.\(^{47}\) investigated a similar variation of intraexcitonic transition in monolayer WSe\(_2\), reporting the presence of strong absorption in a 2D TMDC, whose fundamental optical absorption originates from the 1s ground exciton. Our ultrafast mid-IR measurements reveal twofold 1s \( \rightarrow 3p \) transition energies to be 0.27 eV and 0.31 eV for \( A \) and \( B \) exciton, respectively. We additionally uncover an intraexcitonic relaxation channel of 1s \( \rightarrow 2p \) to be 0.36 eV between \( 1A \) and \( 2B \) exciton. The large exciton-binding energy due to the non-local dielectric screening ensures not only 1s \( \rightarrow 2p \) transition\(^{47}\) to be observable, but also a higher-order transition of 1s \( \rightarrow 3p \) in a monolayer 2D TMDC at an elevated temperature, which cannot be accessible using conventional interband spectroscopy, or any in quasi-2D quantum-well structures. In addition, looking to the future, the availability of electric-gate tuning may enable to investigate the coherent many-body inter-excitonic correlations among exciton, biexciton\(^{38,59}\) and trion\(^{12,13,18,48}\) in a time-resolved controlled manner, which is non-trivial to study in other low-dimensional inorganic semiconductor structures.

**Methods**

**Ultrafast optical pump–probe spectroscopy.** Using 250 kHz, 50 fs Ti:sapphire laser system (Coherent RegA 9050), optical parametric amplifier (Coherent OPA 9850) yields signal (0.77–1.12 eV) and idler (0.47 eV–0.67 eV) pulses that are used to generate mid-IR pulse (0.23–0.37 eV) via difference frequency generator (Coherent DFG). The idler and DFG output serve as the probe pulse in the IR and mid-IR range, respectively. The chirp of mid-IR pulse is discussed in Supplementary Note 5. High-energy interband response was measured by using a white-light continuum (1.76–2.03 eV) generated by focusing 1.55 eV pulses into a 1 mm sapphire disk. For the group-delay dispersion (GDD) of the white-light continuum pulse, we compensated using a pair of prism, and further checked the GDD-induced delay via cross-correlation of the white-light pulse and 1.35 eV pulse, whose details are explained in the Supplementary Note 3. The 3.1 eV pump pulse was created by second harmonic generation of 1.55 eV pulse in a 1-mm-thick beta barium borate (BBO) crystal. Due to the combination of OPA and DFG, where both signal and idler from OPA were used to generate the mid-IR DFG output, the only available seed pulse for 3.1 eV pump pulse was 1.55 eV in our system, so the mid-IR measurement with resonant pump excitation at either \( A \) or \( B \) 1s exciton was not possible in our current system. For the each mid-IR or IR measurement, pump pulse and probe pulse are simultaneously focused on the sample in the
cryostat equipped with two CaF2 windows, and pump–probe delay is controlled by a mechanical delay stage (Newport M-IMS300LM). The spot size of our pump and probe beams were 100 µm, and 50 µm, respectively, which were simultaneously focused using a 50 mm lens before the temperature-controlled vacuum cryostat. In our optical geometry, the 3.1 eV pump passes through a mechanical delay stage, so called 'pump delay'. Because the pump delay is recorded in a computer as an absolute length, we performed cross-correlation measurement to estimate the probe delay by using BBO (visible upconversion) and KTA (mid-IR upconversion) crystals. More detailed information for determining the pump–probe ‘time-zero’ is explained in Supplementary Note 6. Differential transmission signal (ΔTDT) was recorded in a lock-in amplifier (Stanford Research Systems SR850) with 10 kHz chopping frequency (Sfeco 300CD). The schematics of mid-IR and IR setup are illustrated in the Supplementary Fig. 9.

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Author contributions
S.C. and H.C. conceived the idea and designed the experiments. H.H., J.H.S. and M.-H.J. fabricated and characterized vapour-phase-grown MoS2 monolayer crystals; and S.C., S.S. and J.P. conducted the ultrafast optical pump–probe spectroscopy. S.C., J.H.S. and S.S. analysed the results. All authors discussed the results and prepared the manuscript.

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