Optimising Electrogenerated Chemiluminescence of Quantum Dots via Co-Reactant Selection

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Abstract
We demonstrate that for quantum dot (QD) based electrochemiluminescence (ECL), the commonly used co-reactant does not perform as effectively as potassium persulfate. By exploiting this small change in co-reactant, ECL intensity can be enhanced dramatically in a cathodic based ECL system. However, TPA remains the preferential co-reactant based system for anodic ECL. This phenomenon can be rationalised through the relative energy level profiles of the QD to the co-reactant in conjunction with the applied potential range. This work highlights the importance of understanding the co-reactant pathway for optimising the application of ECL to bioanalytical analysis, in particular for near infrared (NIR) QDs which can be utilised for analysis in blood.

Introduction
The application of electrochemiluminescence (ECL) in research and commercial applications have been predominantly focused on ruthenium complexes that displayed intense, stable signals in both organic and aqueous media.\textsuperscript{1-4} The vast majority of these systems are based upon the classic \([\text{Ru(bpy)}_3]^{2+}\)-tri-\(n\)-propylamine (TPA) co-reactant system and the development of new luminophores and alternative co-reactants has attracted much attention. Following the discovery of ECL emission from silicon QDs,\textsuperscript{5} the focus of investigations shifted towards nanomaterials that displayed size-tunable emission and enhanced optical and electronic properties.\textsuperscript{6} The vast majority of
these works focused on materials that emitted in the visible region, resulting in a good understanding of the ECL behaviour of these materials.

The ECL of visible region QDs has been studied extensively, which have been shown to produce an ECL response with a variety of co-reactants.\textsuperscript{7-10} This has allowed the development of a number of ECL biosensors that use visible region QDs as labels.\textsuperscript{11-14} NIR QDs are of increasing interest owing to their emission wavelength that lies outside the absorption range of biological fluids and tissue. The potential benefits of NIR emitting species in biosensing and imaging applications have been well documented because of their improved penetrability through biological samples and reduced tissue autofluorescence.\textsuperscript{15,16} This can provide more detailed and better defined images for deep tissue imaging. For biosensing, it opens up opportunities for development of systems with detection directly from whole blood samples, negating the requirement for time-consuming and expensive sample preparation procedures.

Currently, no such investigations into the behaviour of NIR QDs in different systems have been carried out, with the majority of work focused on cathodic NIR ECL with potassium persulfate co-reactant.\textsuperscript{17-19} Only a single example exists of anodic NIR ECL\textsuperscript{20,21} and there are currently no documented ECL systems that utilise NIR emitting QDs and no additional co-reactant (termed co-reactant free systems). Therefore, the ECL characteristics of these QDs have not been determined in a variety of systems, which has prevented a full understanding of their ECL behaviour. Investigation into these properties should supplement the electrochemical characterisation of these QDs and could aid in the development of a greater variety of NIR ECL biosensors.

NIR emitting QDs are beginning to emerge as leaders in this field as a result of their excellent optical properties, large surface-to-volume ratio and surface modification opportunities.\textsuperscript{22} They have successfully been used within \textit{in vivo} imaging studies,\textsuperscript{23-27} however, there has been limited work on their application within ECL biosensing platforms.\textsuperscript{19,20} This has recently been shown for the determination of dopamine in whole blood, highlighting the significance of NIR QDs for biosensing.\textsuperscript{21} This research demonstrates the flexibility of NIR QDs,
which can generate an ECL signal with a variety of co-reactant systems. Therefore, the development was the optimisation of these conditions to obtain the most sensitive, responsive and stable ECL signal. This has not been done previously with NIR QDs and there is thus a clear requirement for such investigations.

The aim of this work was to investigate the ECL characteristics of NIR QDs in a variety of co-reactant systems and determine the likely mechanisms of their response and to determine the optimal co-reactant for a defined application. Although this work is specific to NIR QD ECL the insights found can be applied to any QD ECL based system.

**Experimental**

**Apparatus**

Electrochemical measurements were carried out using a CH instrument model 760D electrochemical analyser. All experiments were carried out using a conventional three-electrode assembly, consisting of a 3 mm diameter GC working electrode (unless otherwise stated), Pt wire counter electrode and Ag/AgCl reference electrode. Working electrodes were cleaned by successive polishing using 1, 0.3 and 0.05 μM alumina slurry, followed by sonication in ethanol and water, respectively, for 30 mins. The electrodes were then dried under a flow of N₂ gas. CV was carried out at a scan rate of 100 mV s⁻¹ and sample interval of 1 mV across a potential range outlined in each figure. Measurements involving simultaneous detection of light and current utilised a CH instrument model 760D connected to a Hamamatsu H10723-20 PMT. The input voltage to the PMT was + 5 V and the control voltage was set between 0.5 and 1.05 V depending on the required sensitivity. The scan rate was 100 mV s⁻¹ (unless otherwise stated). During electrochemical experiments, the cell was kept in a light-tight Faraday cage in a specially designed holder configuration where the working electrode was positioned directly above the PMT window. All measurements were made at room temperature.

**Materials**
Core-shell CdSeTe/ZnS QDs (Qdot® 800 ITK™ organic quantum dots, 1 μM in decane) were purchased from Invitrogen. 2-(dimethylamino)ethanthiol (DAET), Nafion® 117 solution, chitosan (medium molecular weight, 75-85% deacetylated), phosphate buffered saline (PBS, pH 7.4), potassium persulfate (K2S2O8), hydrogen peroxide (H2O2), tripropylamine (TPA), sodium oxalate (Na2C2O4), tris acetate-EDTA buffer (TAE), 4-Morpholineethanesulfonic acid hydrate (MES), sodium bicarbonate, sulfuric acid (H2SO4) and sodium hydroxide (NaOH) were all purchased from Sigma-Aldrich and used as received. All other reagents used were of analytical grade, and all solutions were prepared in milli-Q water (18 mΩ cm).

Methods

Preparation of water soluble CdSeTe/ZnS core-shell QDs

The method followed was similar to that developed by Woelfle and Claus.\textsuperscript{28,29} 0.5 mL of 0.5 M DAET in methanol was mixed with 0.25 mL of the CdSeTe/ZnS QDs in decane (1 μM). N2 was bubbled through the solution for 5 mins, which was then sealed and left stirring overnight in the dark at room temperature. The QDs were then precipitated with an excess of acetone followed by centrifugation at 5000 rpm for 6 mins. The filtrate was removed and the precipitate was re-dispersed in 0.25 mL of distilled water. These water-soluble QDs were centrifuged for a further 6 mins at 3000 rpm to remove any impurities and then stored in darkness at 4°C.

Preparation of CdSeTe/ZnScore-shell QD-polymer composite films

A 0.1 % stock solution of chitosan in 1 % acetic acid was prepared. The QD/chitosan composite was prepared by mixing aliquots of the water-soluble QDs with the chitosan solution in a 1:1 (v/v) ratio. 3 μL of this composite was then carefully cast onto the electroactive portion of a GC electrode and allowed to dry for 1 hr 4°C. A film of bare QDs and QD-nafion was prepared in the same manner, with water and 0.1 % Nafion 117 in MeOH/H2O (4/1) used instead of chitosan respectively. The polymer concentration was altered by changing the concentration of its stock solution pre-dilution with the QDs. QD concentration in the film was altered by mixing the water-soluble QDs with a suitable volume of water prior to mixing in a 1:1 (v/v) ratio with chitosan.
Preparation of co-reactant solutions

Co-reactant solutions of TPA, Na$_2$C$_2$O$_4$, H$_2$O$_2$ and K$_2$S$_2$O$_8$ were prepared in 0.1 M PBS (pH 7.4) at the concentrations outlined in each figure.

Results & Discussion

Estimation of HOMO and LUMO energy levels

The onset of QD oxidation and reduction has previously been used to estimate the HOMO-LUMO gap,\textsuperscript{24,30} also known as the quasi-particle gap. Often the quasi-particle gap estimated in this way can be unreliable, as the true oxidation and reduction potentials of the QDs cannot always be detected. Therefore, it was proposed that the onset potential for ECL could be used as a more accurate estimate of these potentials, as the rate-determining step for ECL generation is the oxidation or reduction of QDs. Figure 1 shows the anodic and cathodic ECL profiles of NIR QDs. The oxidative and reductive ECL onset potentials for the QDs and the HOMO-LUMO energy gap is shown in Table 1.

| QD / nm | Reduction ECL onset / V vs. Ag/AgCl | Oxidation ECL onset / V vs. Ag/AgCl | HOMO – LUMO energy gap / eV |
|---------|-------------------------------------|-------------------------------------|-----------------------------|
| 800     | -0.75                               | 0.75                                | 1.50                        |

The estimated HOMO-LUMO energy gap of 800 nm QDs (1.50 eV) is in good agreement with the optical $E_g$ of 1.569 eV from optically-induced emission and 1.529 eV from ECL emission (See Figure 2). This confirms that ECL emission is originating from the QD core. The proposed electronic structure of these NIR QDs is outlined in Figure 3. The HOMO and LUMO energy levels are calculated from the reduction and oxidation ECL onset potentials (the energy level of Ag/AgCl in a vacuum is calculated as -4.74 eV).\textsuperscript{31,32}
Figure 1: ECL response of 800 nm QD/chitosan film in 1 mM TPA (red) and 1 mM K$_2$S$_2$O$_8$ (black) at a scan rate of 100 mV s$^{-1}$ over the potential range -2 ≤ ν ≤ 2 V vs. Ag/AgCl.

Figure 2: Emission profiles of 800 nm QDs from optically-induced (red) and ECL (blue) processes.

HOMO energy is in excellent agreement with that obtained from DPV, whilst LUMO energy is 0.70 eV less energetic when using ECL onset potentials. This data suggests electron injection into the 1S($e$) quantum confined orbital of the NIR QDs is taking place at a more positive potential than that observed using voltammetric techniques. The similarity between optical $E_g$ and the HOMO-
LUMO energy gap calculated from ECL onset potentials suggests this method of electronic structure estimation is more accurate than that using CV or DPV.

**Figure 3:** Energy level diagram for 800 nm CdSeTe/ZnS QDs based on their reductive and oxidative ECL onset potentials and HOMO-LUMO energy gap.

**Co-Reactant Assessment:**

In order to develop a highly sensitive ECL system, a number of co-reactants were examined to ensure maximum performance for these NIR QDs. As biomedical diagnostics continually drives towards improved biosensor sensitivities, this is a key parameter in the development of any sensing system.

Anodic ECL involves an oxidative-reductive system in which a hole is injected into the 1S(h) energy level of the QD through heterogeneous electron transfer with the electrode. This is followed by electron injection into the 1S(e) energy level of this charged particle via homogeneous electron transfer with a co-reactant that has sufficient reducing power. Tripropylamine (TPA) and sodium oxalate (Na$_2$C$_2$O$_4$) are typical anodic ECL co-reactants that have been studied extensively within ruthenium-containing systems.$^{2,3,33-36}$ However, generation of an ECL signal between these co-reactants and NIR QDs has not
yet been investigated. Figure 4 shows the ECL profile of NIR QDs with TPA and Na₂C₂O₄ co-reactants, as well as in a solution of 0.1 M PBS (co-reactant free system).

**Figure 4:** ECL response of 800 nm QD/chitosan film in 0.1 M PBS (red) + 1mM Na₂C₂O₄ (blue) and + 1mM TPA (black) at a scan rate of 100 mV s⁻¹ over the potential range 0.5 ≤ ν ≤ 1.6 V vs. Ag/AgCl.

Cathodic ECL involves formation of ECL precursor species through reduction at the electrode surface, followed by homogenous electron transfer between these species to generate an excited state (reductive-oxidative system). For QDs, an electron is injected into the 1S(e) energy level of their conduction band at a potential governed by their size. For emission of an ECL signal, hole injection into the 1S(h) orbital of this charged QD is then required, which is achieved through interaction with a strong oxidising agent created via reduction and decomposition of a suitable co-reactant species. Typical co-reactant species capable of forming such reactive intermediates include hydrogen peroxide (H₂O₂) and potassium persulfate (K₂S₂O₈).¹,¹⁸,³⁷⁻⁴² Figure 5 shows the QD ECL profile with H₂O₂ and K₂S₂O₈ co-reactants, and in PBS (co-reactant free system).
Cathodic ECL was observed with K$_2$S$_2$O$_8$ and H$_2$O$_2$ co-reactants and with the co-reactant free system. Both H$_2$O$_2$ and 0.1 M PBS exhibit a double peak profile with onset of reductive ECL peak 1 at -0.75 V (ECL-1) and onset of peak 2 at -1.15 V (ECL-2). Maximum intensity of these peaks are reached at -1.00 and -1.35 V respectively. The strongest ECL signal was obtained with K$_2$S$_2$O$_8$, which displayed a single reductive ECL peak with onset at -0.75 V and peak maximum at -1.00 V.

As mentioned, in the presence of H$_2$O$_2$, two ECL peaks were present, which has been observed previously.$^{21}$ The initial peak, ECL-1, was shown to result from the interaction of QDs with radical oxygen species (ROS) created following O$_2$ reduction at the electrode surface. ECL-2 is produced following the 1-electron reduction of H$_2$O$_2$ to produce OH$,^+$, which can then interact with QDs to generate ECL as outlined in equations 1-7. Previous investigations have shown that ECL-2 is more sensitive to the dissolved H$_2$O$_2$, and thus should be chosen to detect H$_2$O$_2$ for the production of ECL through the following electrochemical reactions:$^{21}$

$$QDs + 1e^- \rightarrow QDs(e^-1Se) \quad \quad (1)$$

$$H_2O_2 + 1e^- \rightarrow OH^- + OH^+ \quad \quad (2)$$
QDs($e^{-1}_{\text{Se}}$) + H$_2$O → QDs + OH$^{-}$ + OH$^{-}$ \hspace{1cm} (3)

OH$^{-}$ + QDs → OH$^{-}$ + QDs(h$^{+1}_{\text{Sh}}$) \hspace{1cm} (4)

QDs($e^{-1}_{\text{Se}}$) + OH$^{-}$ → OH$^{-}$ + QDs$^{*}$ \hspace{1cm} (5)

QDs($e^{-1}_{\text{Se}}$) + QDs(h$^{+1}_{\text{Sh}}$) → QDs$^{*}$ \hspace{1cm} (6)

QDs$^{*}$ → QDs + hν(800 nm) \hspace{1cm} (7)

This shows that a NIR QD ECL response can be generated in the presence of commonly used cathodic (K$_2$S$_2$O$_8$ and H$_2$O$_2$) and anodic (TPA and Na$_2$C$_2$O$_4$) region co-reactants, which were shown to enhance ECL intensities compared to co-reactant free systems. Therefore, these co-reactants were selected for investigation with the aim of determining which system provided optimal ECL performance. A comparison of the ECL response from these co-reactants is shown in Figure 6.

Figure 6: ECL response of 800 nm QD/chitosan film with 1mM K$_2$S$_2$O$_8$ (red), 1 mM H$_2$O$_2$ (blue), 1 mM TPA (black) and 1 mM Na$_2$C$_2$O$_4$ (purple) at a scan rate of 100 mV s$^{-1}$ over the potential range $-2 \leq \nu \leq 1.6$ V vs. Ag/AgCl.

It is clearly evident from Figure 6 that K$_2$S$_2$O$_8$ generates the most intense ECL response from NIR QDs that have been confined to the electrode surface. This is followed by TPA, H$_2$O$_2$ and Na$_2$C$_2$O$_4$. Figure 7 shows the maximum ECL intensity attained with each co-reactant.
Figure 7: Maximum ECL intensity of 800 nm QD/chitosan film in a selection of co-reactant systems. The inset shows the lower response of H$_2$O$_2$ and Na$_2$C$_2$O$_4$ for clarity with the averaged result also shown.

This data illustrates that maximum ECL intensity was obtained with K$_2$S$_2$O$_8$, which was over 450 times greater than with alternative cathodic co-reactant, H$_2$O$_2$. It was 30 times greater than with TPA and over 1100 times greater than with Na$_2$C$_2$O$_4$. With anodic co-reactants, maximum ECL intensity was 40 times greater in TPA compared to Na$_2$C$_2$O$_4$. Figure 8 shows a clearer image of the ECL response with H$_2$O$_2$, TPA and Na$_2$C$_2$O$_4$ using more sensitive PMT settings, confirming the trend in sensitivity is TPA > H$_2$O$_2$ > Na$_2$C$_2$O$_4$. 

| Co-reactant | Maximum ECL intensity / A.U. |
|-------------|-----------------------------|
| K$_2$S$_2$O$_8$ | 6547.8 |
| H$_2$O$_2$ | 14.4 |
| TPA | 232.7 |
| Na$_2$C$_2$O$_4$ | 5.8 |
Figure 8: ECL response of 800 nm QD/chitosan film with 1 mM H₂O₂ (red), 1 mM TPA (blue) and 1 mM Na₂C₂O₄ (black) at a scan rate of 100 mV s⁻¹ over the potential range -2 ≤ ν ≤ 1.6 V vs. Ag/AgCl.

As mentioned cathodic ECL, required the formation of an excited state QDs, this occurs through interaction with a suitably strong reducing agent – SO₄⁻ and OH⁻ for K₂S₂O₈ and H₂O₂ co-reactants respectively. Rapid band-edge recombination of this excited state QD dominates over any oxidation processes, protecting destruction of the QDs following hole injection and allowing efficient ECL production. The rate of this intermolecular electron transfer between a negatively charged QD and the oxidising agent is a major factor in the generated ECL intensity. Therefore, the strength of the oxidising agent has a critical impact on the observed ECL intensity. The standard redox potential (vs. Ag/AgCl) for the SO₄⁻/SO₄²⁻ couple is approximately 3.16 V, whereas for the OH⁺/OH⁻ couple it is 2.16 V (vs. Ag/AgCl) at physiological pH. Figure 9 shows a comparison of the energetics of these species with the QD HOMO and LUMO levels, and their interactions during the ECL process.
Both oxidising species are capable of hole injection into the 1S(h) quantum confined orbital of the NIR QDs. This can be seen in both Figure 9 as well as the fact that an ECL response is observed with both co-reactants. The greater oxidising strength of SO$_4^{2-}$ compared to OH$^-$ results in a more rapid rate of QD hole injection and therefore a more rapid rate of excited state QD formation. This manifests itself as an increase in ECL intensity with the K$_2$S$_2$O$_8$ system. It must be noted that the double peak nature of the ECL profile in H$_2$O$_2$ will likely influence the ECL intensity of the H$_2$O$_2$ sensitive peak. This is because the concentration of QDs(e$^{-}$\(1S_e\)) for interaction with OH$^-$ will have been diminished following consumption during generation of peak 1.

For anodic ECL, one factor affecting intensity is the ability of the electrogenerated co-reactant species to inject an electron into the 1S(e) energy level of oxidised QDs. Figure 10 shows a comparison of the energetics of these co-reactant species (TPA$^-$ and CO$_2$) with the QD HOMO and LUMO levels and their interactions during the ECL process. The standard redox potential of TPA$^-$/P, where P is the products of TPA$^-$ oxidation, is approximately...
-1.70 V (vs. Ag/AgCl)\textsuperscript{47} and that of CO\textsubscript{2}/CO\textsubscript{2} is approximately -2.00 V (vs. Ag/AgCl)\textsuperscript{48}.

**Figure 10**: Significant energy level interactions and resulting ECL process of 800 nm QDs with TPA and Na\textsubscript{2}C\textsubscript{2}O\textsubscript{4} co-reactants.

The stronger reducing power of CO\textsubscript{2}\textsuperscript{•} compared to TPA\textsuperscript{•} does not result in a more intense ECL signal (Figure 7), as would be expected due to faster homogenous electron transfer with QDs(h\textsuperscript{•}(1S\textsubscript{n})). This means another factor is affecting excited state formation in this system. This is related to consumption of QDs(h\textsuperscript{•}(1S\textsubscript{n})) during electrogeneration of CO\textsubscript{2}\textsuperscript{•}. The result is that ECL intensity of the QD/TPA system is significantly greater, as electrogeneration of TPA\textsuperscript{•} can occur directly at the electrode surface, even though homogeneous electron transfer kinetics in this system are likely slower.

These results clearly show that maximum NIR QD ECL sensitivity is achieved in the cathodic region with K\textsubscript{2}S\textsubscript{2}O\textsubscript{8} co-reactant. Development of NIR QD ECL systems that require maximum sensitivity should therefore focus on cathodic ECL with this co-reactant. The data have also shown that H\textsubscript{2}O\textsubscript{2} and TPA are suitable co-reactants, however, a limited response with Na\textsubscript{2}C\textsubscript{2}O\textsubscript{4} suggests it is unsuitable for use in this system.
Conclusion

Significantly, this is the first detailed investigation into the optimal conditions for generation of ECL from NIR QDs based on co-reactant selection, which are likely to play a key role in future development of ECL biosensors.\(^3\) In the future, this research will aid in the selection of suitable co-reactants for achieving optimal biosensor response from these NIR QDs. The main point of significance from this research is the far superior sensitivity of \(K_2S_2O_8\) co-reactant ECL compared to other common co-reactants indicates that this should be used preferentially to obtain the most intense response. For any QD based system, this requires consideration of the electrode platform, whether anodic or cathodic responses are required, the onset and energy level interactions resulting from the QD and co-reactant which can be based upon the data presented here. It should be noted that the energy levels for the QDs are specific to their size and will impact on the selection of an appropriate co-reactant.

However, the detection of both cathodic and anodic ECL responses demonstrates the versatility of these NIR QDs, which should allow their use in a wide variety of sensing systems and to expand the application of ECL based systems into biological samples such as blood and tissues. Overall, these investigations have outlined the best electrochemical system for generation of an intense NIR QD ECL response. This provides the framework for further NIR QD ECL biosensor development.

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Compliance with Ethical Standards
The authors have no conflict of interest to report.
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