| Section/Topic      | Item No | Checklist item                                                                 | Reported on page No |
|-------------------|---------|----------------------------------------------------------------------------------|---------------------|
| Title and abstract| 1a      | Identification as a randomised trial in the title                                | Title Page          |
|                   | 1b      | Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts) | 1                   |
| Introduction      | 2a      | Scientific background and explanation of rationale                              | 2-3                 |
|                   | 2b      | Specific objectives or hypotheses                                                | 3                   |
| Methods           | 3a      | Description of trial design (such as parallel, factorial) including allocation ratio | 3-4                 |
|                   | 3b      | Important changes to methods after trial commencement (such as eligibility criteria), with reasons | NA                  |
| Participants      | 4a      | Eligibility criteria for participants                                           | 4                   |
|                   | 4b      | Settings and locations where the data were collected                            | 4                   |
| Interventions     | 5       | The interventions for each group with sufficient details to allow replication, including how and when they were actually administered | 4-5                 |
| Outcomes          | 6a      | Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed | 3, 5-6              |
|                   | 6b      | Any changes to trial outcomes after the trial commenced, with reasons           | NA                  |
| Sample size       | 7a      | How sample size was determined                                                   | 7                   |
|                   | 7b      | When applicable, explanation of any interim analyses and stopping guidelines     | NA                  |
| Randomisation:    | 8a      | Method used to generate the random allocation sequence                           | 4                   |
|                   | 8b      | Type of randomisation; details of any restriction (such as blocking and block size) | 4                   |
|                   | 9       | Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned | 4                   |
|                   | 10      | Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions | 4                   |
| Blinding          | 11a     | If done, who was blinded after assignment to interventions (for example, participants, care providers, those | NA                  |
### Results

**Participant flow (a diagram is strongly recommended)**
- Participant flow (a diagram is strongly recommended) 13a For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome 9, 10
- For each group, losses and exclusions after randomisation, together with reasons 13b 10

**Recruitment**
- Dates defining the periods of recruitment and follow-up 14a 3
- Why the trial ended or was stopped 14b 3

**Baseline data**
- A table showing baseline demographic and clinical characteristics for each group 15 10

**Numbers analysed**
- For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups 16 11

**Outcomes and estimation**
- For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval) 17a 8-10, 11
- For binary outcomes, presentation of both absolute and relative effect sizes is recommended 17b NA

**Ancillary analyses**
- Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory 18 7-12

**Harms**
- All important harms or unintended effects in each group (for specific guidance see CONSORT for harms) 19 NA

### Discussion

**Limitations**
- Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses 20 13-14

**Generalisability**
- Generalisability (external validity, applicability) of the trial findings 21 12-14

**Interpretation**
- Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence 22 12-14

### Other information

**Registration**
- Registration number and name of trial registry 23 3

**Protocol**
- Where the full trial protocol can be accessed, if available 24 3

**Funding**
- Sources of funding and other support (such as supply of drugs), role of funders 25 15

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*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see [www.consort-statement.org](http://www.consort-statement.org).*