Endosomal phosphatidylinositol 3-phosphate controls synaptic vesicle cycling and neurotransmission

Guan-Ting Liu¹, Gaga Kochlamazashvili¹, Dmytro Puchkov¹,2, Rainer Müller², Carsten Schultz²,3, Albert I Mackintosh¹, Dennis Vollweiter¹, Volker Haucke¹,4,5,* & Tolga Soykan¹,**

Abstract

Neural circuit function requires mechanisms for controlling neurotransmitter release and the activity of neuronal networks, including modulation by synaptic contacts, synaptic plasticity, and homeostatic scaling. However, how neurons intrinsically monitor and feedback control presynaptic neurotransmitter release and synaptic vesicle (SV) recycling to restrict neuronal network activity remains poorly understood at the molecular level. Here, we investigated the reciprocal interplay between neuronal endosomes, organelles of central importance for the function of synapses, and synaptic activity. We show that elevated neuronal activity represses the synthesis of endosomal lipid phosphatidylinositol 3-phosphate [PI(3)P] by the lipid kinase VPS34. Neuronal activity in turn is regulated by endosomal PI(3)P, the depletion of which reduces neurotransmission as a consequence of perturbed SV endocytosis. We find that this mechanism involves Calpain 2-mediated hyperactivation of Cdk5 downstream of receptor- and activity-dependent calcium influx. Our results unravel an unexpected function for PI(3)P-containing neuronal endosomes in the control of presynaptic vesicle cycling and neurotransmission, which may explain the involvement of the PI(3)P-producing VPS34 kinase in neurological disease and neurodegeneration.

Keywords endocytosis; endosomes; neurotransmission; phosphatidylinositol 3-phosphate; synaptic vesicle

Subject Categories Membranes & Trafficking; Neuroscience

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Introduction

Neurotransmission is mediated by the stochastic calcium-triggered fusion of presynaptic vesicles with the plasma membrane to release neurotransmitters (Sudhof & Rothman, 2009), which bind to and activate postsynaptic receptors, for example, ionotropic glutamate receptors. Neurotransmission is fine-tuned in a synapse-specific manner by short- and long-term synaptic plasticity (Katz & Shatz, 1996; Abbott & Regehr, 2004), while the robustness of synaptic transmission is ensured by homeostatic adaptations such as presynaptic homeostatic plasticity that stabilize excitatory neurotransmission in response to alterations in postsynaptic function (Davis & Muller, 2015). For example, perturbation of postsynaptic excitability in Drosophila neuromuscular junctions (Davis & Goodman, 1998) is counteracted by a homeostatic facilitation of presynaptic neurotransmitter release. In addition to these pathways, the proper functioning of neuronal networks also requires mechanisms that limit excitatory neurotransmission. On the circuit level, glutamate-induced postsynaptic depolarization is thought to be counteracted mainly by inhibitory synaptic inputs (Katz & Shatz, 1996; Abbott & Regehr, 2004; Marder & Goaillard, 2006; Hu et al, 2014). Consistently, impairment of inhibitory synapse function is associated with hyperexcitation and epileptiform activity in animal models and in humans (Nelson & Valakh, 2015). In parallel to circuit level organization, neurons may intrinsically monitor and adjust their excitability and neurotransmission via mechanisms that mediate crosstalk between synaptic activity and intracellular signaling. How such cell-intrinsic control of neurotransmission is achieved at the molecular-mechanistic level remains poorly understood, but could possibly involve alterations in the exo-endocytosis of SVs, that is, the cell biological processes that underlie chemical neurotransmission.

SV cycling is based on the action potential (AP)-triggered calcium-driven exocytic fusion of SVs at active zone release sites (Jahn & Fasshauer, 2012; Sudhof, 2013). Exocytic SV fusion is followed by endocytosis of SV membranes and the endocytic...
reformation of functional SVs (Saheki & De Camilli, 2012; Rizzoli, 2014; Chanaday et al, 2019) from internal, possibly endosome-like organelles via clathrin- and adaptor-mediated budding (Cheung & Cousin, 2012; Kononenko et al, 2014; Watanabe et al, 2014). The speed and efficacy of SV endocytosis is facilitated by the calcium-dependent phosphatase calcineurin (Saheki & De Camilli, 2012; Cheung & Cousin, 2013; Rizzoli, 2014; Wu et al, 2014; Soykan et al, 2016) and repressed by the synaptic protein kinase Cdk5 (Tan et al, 2003; Ferguson et al, 2007; Armbruster et al, 2013), a master regulatory switch for presynaptic neurotransmission (Kim & Ryan, 2010, 2013). In most cell types, endosomes are marked by high levels of phosphatidylinositol 3-phosphate [PI(3)P], a signaling lipid that is crucial for endosome function (Di Paolo & De Camilli, 2006; Balla, 2013; Raiborg et al, 2013). Hence, endosomal PI(3)P may conceivably regulate SV cycling (see e.g., (Geumann et al, 2010; Uytterhoeven et al, 2011; Rizzoli, 2014; Jahne et al, 2015)) and, thereby, impinge on neuronal network activity, a hypothesis that we have tested in this study.

Here, we unraveled a mechanism for the control of presynaptic function that involves a reciprocal interplay between synaptic activity and endosomal PI(3)P levels. We demonstrate that PI(3)P synthesis via VPS34 controls neurotransmission and SV cycling via a feedback-regulated mechanism that determines the activity status of Calpain 2 and cyclin-dependent kinase 5 (Cdk5), an enzyme crucial for tuning presynaptic neurotransmitter release and SV recycling (Tan et al, 2003; Kim & Ryan, 2010, 2013; Shah & Lahiri, 2014), to prevent hyperexcitation and epileptiform neuronal activity. Our data have implications for our understanding of neuronal network function and help to explain the role of VPS34 in neurological and neurodegenerative disorders.

**Results**

**Neuronal activity represses endosomal PI(3)P synthesis mediated by the lipid kinase VPS34**

Endosomes and endosome-like organelles have been proposed to play important roles in synaptic function including the recycling of SV membranes, presynaptic protein sorting and quality control, and the exo-endocytic trafficking of postsynaptic receptors during synaptic plasticity (Park et al, 2004; Uytterhoeven et al, 2011; van der Sluijs & Hoogenraad, 2011; Saheki & De Camilli, 2012; Rizzoli, 2014; Watanabe et al, 2014; Wu et al, 2014; Chanaday et al, 2019). Surprisingly little is known about the distribution and dynamics of neuronal endosomes marked by PI(3)P, a lipid of crucial importance for endosome and lysosome function in non-neuronal cells (Simonsen et al, 1998; Di Paolo & De Camilli, 2006; Balla, 2013; Raiborg et al, 2013) and in neurons (Morel et al, 2013; Miranda et al, 2018). To close this knowledge gap, we first monitored the nanoscale distribution of PI(3)P in cultured hippocampal neurons by multicolor time-gated stimulated emission depletion microscopy (gSTED) using the recombinant 2xFYVE domain of Hrs (Gaullier et al, 1998; Balla, 2013) (see also (Ketel et al, 2016) for specificity) as a specific probe. PI(3)P-containing endosomes were detected throughout neuronal somata and neurites including pre- and postsynaptic compartments immunopositive for the SV-associated protein Synapsin and postsynaptic Homer, respectively (Fig 1A and B).

Further analysis by confocal microscopy imaging revealed similar levels of PI(3)P at excitatory synapses marked by the vesicular glutamate transporter 1 (vGLUT1) and at inhibitory synapses identified by the vesicular GABA transporter vGAT (Fig 1C and D). These data show that PI(3)P-containing endosomes are present at both excitatory and inhibitory synapses, consistent with their presumed roles in synapse physiology and neurotransmission.

To obtain further insights into the dynamics and function of PI(3)P-containing endosomes at synapses, we analyzed the mechanism of neuronal PI(3)P synthesis. Synthesis of PI(3)P in most mammalian cells and tissues is mediated predominantly by the endosomally localized class III PI 3-kinase VPS34, an essential factor for neuronal survival to prevent neurodegeneration (Zhou et al, 2010; Morel et al, 2013), and, to a minor extent, by the class II PI 3-kinases PI3K-C2α and PI3K-C2β (Di Paolo & De Camilli, 2006; Balla, 2013). We confirmed the expression of VPS34, PI3K-C2α, and PI3K-C2β in brain and found these enzymes to be enriched in crude SV fractions prepared from lysed presynaptic nerve terminals (Fig EV1A). Selective inhibition of VPS34 by the well-established specific small molecule inhibitor VPS34IN1 (Bago et al, 2014; Ketel et al, 2016) effectively reduced somatic and synaptic PI(3)P to nearly undetectable levels (Figs 1E and EV1B). A similar efficacy of VPS34IN1-mediated PI(3)P depletion was observed at excitatory and inhibitory presynaptic sites (Fig EV1C and D). Hence, the endosomal class III PI 3-kinase VPS34 is the major enzyme that produces PI(3)P at excitatory and inhibitory synapses in hippocampal neurons.

Given these data and the alleged functions of neuronal or synaptic endosomes (Park et al, 2004; Uytterhoeven et al, 2011; van der Sluijs & Hoogenraad, 2011; Saheki & De Camilli, 2012; Rizzoli, 2014; Watanabe et al, 2014; Wu et al, 2014; Chanaday et al, 2019), we hypothesized that endosomal PI(3)P may impinge on or be controlled by neuronal network activity. Sustained stimulation of hippocampal neurons with repetitive trains of APs (200 APs, 40 Hz, 5 s) resulted in the depletion of PI(3)P from endosomal puncta present in neuronal somata and at presynaptic nerve terminals marked by the SV protein Synaptophysin (Fig 1F and G). In striking contrast, we confirmed the previously observed stimulation-induced elevation of presynaptic phosphatidylinositol 4,5-bisphosphate [PI(4,5)P2] levels at active synapses (not shown; (Micheva et al, 2001)). Elevation of neuronal network activity by disinhibition in the presence of the γ-amino-butyric acid (GABA) type A (GABA_A) receptor antagonist Gabazine (Zhao et al, 2011; Jeans et al, 2017), led to a similar reduction in somatic and synaptic PI(3)P levels (Figs 1H and EV1E). Conversely, blockade of endogenous network activity by the N-methyl-D-aspartate (NMDA) receptor antagonist AP5, the sodium channel blocker tetrodotoxin (TTX), or the α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptor inhibitor CNQX caused a profound elevation of somatic and synaptic PI(3)P levels (Fig 11 and J). Endosomal PI(3)P levels are, thus, inversely correlated with and, possibly, controlled by neuronal activity. In non-neuronal cells, cyclin-dependent kinases have been shown to repress VPS34-mediated PI(3)P synthesis by phosphorylating VPS34 at Thr159 (Furuya et al, 2010). We therefore reasoned that the observed repression of PI(3)P synthesis by neuronal activity might be mediated by Cdk5, a major negative regulator of neurotransmission (Kim & Ryan, 2010, 2013) and SV endocytosis (Tan et al, 2003; Ferguson et al, 2007; Armbruster et al, 2013). Consistently,
Figure 1.

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from the plasma membrane (Gaullier et al., likely via alterations in presynaptic release probability. 

indicate that repression of VPS34-mediated PI(3)P synthesis reduces excitatory neurotransmission (Fig 2A) and elevated paired-pulse 
sure of presynaptic release probability. A similar depression of basal paired pulse ratio (Figs 2B and Appendix Fig S1C), a surrogate mea-

Appendix Fig S1A and B). This was paralleled by an increased decline of field excitatory postsynaptic potentials (fEPSP) (Figs 2A, 

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PI(3)P and Homer 1 (postsynaptic marker). Scale bar, 0.5 μm. PI(3)P-positive structures appear in both pre- and postsynaptic compartments.

B Line scan fluorescence intensity profiles of single synapses from the images in A, normalized to maximum value for each channel. 

Representative 3-color confocal images of cultured hippocampal neurons fixed and stained for VGluT1, VGAT, and PI(3)P. Arrows indicate PI(3)P puncta in VGluT1− or VGAT− presynaptic terminals. Scale bar, 10 μm.

D PI(3)P intensity in VGluT1− and VGAT− presynaptic terminals. PI(3)P is equally abundant in excitatory and inhibitory presynaptic terminals. N = 3 independent experiments (≥ 15 images per condition); Student’s t-test.

E Relative PI(3)P levels in the MAP2+ (Soma) and Syn+ (Synapse) areas in DMSO and VPS34IN1-treated neurons. N = 3 independent experiments (≥ 35 images per condition); Student’s t-test.

F Cultured hippocampal neurons were field-stimulated with four trains of 200 APs (40 Hz, 5 s; 90 s gap between each train) (Stim) or left unstimulated (−), fixed and stained for MAP2, Synaptophysin (Synp), and PI(3)P. Arrows indicate PI(3)P puncta in synapses. Scale bar, 10 μm. PI(3)P puncta that do not overlap with neuronal soma and synapses belong to astrocytes in culture and are disregarded from the quantification.

G Relative intensity of PI(3)P in neuronal somata (MAP2+ or synapses (Syn+) from the images in F. N = 5 independent experiments; (≥ 40 images per condition); Student’s t-test.

H Relative intensity of PI(3)P in neuronal somata (MAP2+ or synapses (Syn+) of cultured hippocampal neurons treated with DMSO or Gabazine (10 μM) overnight. N = 3 independent experiments (≥ 65 images per condition); Student’s t-test.

I Cultured hippocampal neurons treated with APs (20 μM), CNQX (10 μM) or TTX (0.2 μM) overnight, fixed and stained for MAP2, Synp and PI(3)P. Arrows indicate PI(3)P puncta in synapses. Scale bar, 10 μm.

J Relative intensity of PI(3)P in neuronal somata (MAP2+) or synapses (Syn+) from the images in I. N ≥ 4 independent experiments (≥ 60 images per condition); Student’s t-test.

K Relative intensity of PI(3)P in neuronal somata (MAP2+) or synapses (Syn+) of cultured hippocampal neurons were treated with Roscovitine (10 μM) for 1 h and field-stimulated with four trains of 200 APs (40 Hz, 5 s; 90 s gap between each train) (Stim) or left unstimulated (−). N = 3 independent experiments (≥ 40 images per condition); Two-way ANOVA; Fisher’s Least Significant Difference Test.

Data information: Data presented as mean ± SEM in all panels; n.s. not significant; *P < 0.05; **P < 0.01; ***P < 0.001; ****P < 0.0001. p, t, q, df values are provided in the Source Data Statistics file.

Source data are available online for this figure.

we found that pharmacological inhibition of Cdk5 activity by Roscovitine or Dinaciclib occludes the activity-induced repression of VPS34-mediated PI(3)P synthesis in neuronal somata and at synapses (Figs 1K and E1–F). Furthermore, overexpression of a nonphosphorylatable mutant of VPS34 (T159A) led to elevated PI(3)P levels in neuronal somata and occluded Gabazine-induced down-regulation of PI(3)P synthesis (Fig E1 and J).

These results indicate that endosomal PI(3)P synthesis is repressed by neuronal activity via Cdk5-mediated feedback regulation of VPS34.

PI(3)P depletion reduces neurotransmission and perturbs 

SV endocytosis

To analyze the functional consequences of reduced PI(3)P synthesis at synapses, we probed the effects of pharmacological inhibition of VPS34-mediated PI(3)P synthesis on neurotransmission by electrophysiological recordings in acute hippocampal slice preparations from genetically unperturbed wild-type mice. Depletion of PI(3)P in the presence of VPS34IN1 resulted in a rapid and progressive decline of field excitatory postsynaptic potentials (EESPP) (Figs 2A, Appendix Fig S1A and B). This was paralleled by an increased paired pulse ratio (Figs 2B and Appendix Fig S1C), a surrogate mea-

ure of presynaptic release probability. A similar depression of basal excitatory neurotransmission (Fig 2A) and elevated paired-pulse response (Appendix Fig S1D) was observed upon application of another VPS34 inhibitor, SAR405 (Ronan et al., 2014). These data indicate that repression of VPS34-mediated PI(3)P synthesis reduces basal excitatory neurotransmission in response to depolarizing stim-

uli, likely via alterations in presynaptic release probability.

As VPS34 operates mainly on endosomes and PI(3)P is absent from the plasma membrane (Gaullier et al., 1998; Di Paolo & De Camilli, 2006; Balla, 2013; Morel et al., 2013; Raiborg et al., 2013; Ketel et al., 2016), we speculated that reduced basal neurotransmis-

sion in PI(3)P-depleted neurons might be accompanied or partially caused by impaired SV endocytosis and/or recycling, which may involve endosome-like intermediates (Rizzoli, 2014; Watanabe et al., 2014; Jahne et al., 2015; Chanaday et al., 2019). We tested this by monitoring SV endocytosis using the pH-sensitive reporter Synaptophysin-pHluorin, a chimera between pH-sensitive super-elliptic GFP and the SV protein Synaptophysin (Miesenbock et al., 1998; Kavaleri & Jorgensen, 2014). Pharmacological inhibition of endosomal PI(3)P synthesis caused a progressive impair-

ment of Synaptophysin-pHluorin endocytosis in hippocampal neurons stimulated with brief trains of APs (20APs, 20 Hz) (Fig 2C). Delayed kinetics of Synaptophysin-pHluorin retrieval were paralleled by a pronounced retention of nonretrieved Synaptophysin-pHluorin molecules on the neuronal surface (Fig 2D). Under these conditions of repeated AP train stimulation (see also Fig 4A–D) no overt defect in SV exocytosis was observed, suggesting that AP train-induced presynaptic calcium elevation can override a reduction in release probability caused by depletion of PI(3)P. To corroborate these results from optical imaging experiments, we analyzed the ultrastructure of synapses from VPS34IN1-treated hippocampal neurons stimulated with trains of 200 APs or kept at rest by electron microscopy (EM) and quantitative morphometry and by tomographic 3D reconstructions (Fig 3). Synapses from stimulated neurons depleted of PI(3)P by application of VPS34IN1 displayed a profound reduction in the SV pool size (Fig 3A and D) and an accumulation of endocytic plasma membrane invaginations (Fig 3B and E) and endosome-like vacu-

ules (Fig 3C and F), in addition to clathrin-coated endocytic pits and vesicles (Fig 3B, G and H) compared to DMSO-treated controls. No significant SV depletion or accumulation of unresolved intermediates of SV endocytosis were observed in nonstimulated hippocampal neurons (Fig 3D–H).
Figure 2. Loss of PI(3)P leads to reduced basal synaptic transmission and perturbs SV endocytosis.

A Basal excitatory synaptic transmission of CA3-CA1 connections in acute hippocampal slices treated with DMSO (0.03%) or the VPS34 inhibitors, VPS34IN1 (3 µM) or SAR405 (20 µM). Representative fEPSP traces (above) and the relative slope of fEPSPs (below) are shown. VPS34 inhibition causes reduced excitatory synaptic transmission down to 46.0 ± 4.1% and 55.0 ± 4.4% for VPS34IN1 and SAR405 at the end of 60-min treatment. N = 6 slices per condition from ≥ 4 mice; Student’s t-test.

B Increased paired-pulse facilitation (PPF) at hippocampal CA3-CA1 synapses after VPS34 inhibition. Representative traces of fEPSPs with a 20 ms interpulse interval is shown above. The ratio of the slope of the second to the first response over a range of interstimulus intervals (10–500 ms) is plotted below, indicating an increased facilitation of the second response in VPS34IN1-treated acute hippocampal slices. PI(3)P depletion causes a significant facilitation of the second fEPSP, indicative of reduced initial release probability. N = 6 slices per condition from 6 mice; Two-way ANOVA.

C Synaptophysin-pHluorin responses normalized to baseline from neurons stimulated with 12 consecutive trains of 20 APs (20 Hz, 1 s) with 30 s gap between each stimulus. Neurons are acutely treated with DMSO (0.1%) or VPS34 inhibitor1 (50 µM) starting from the onset of 2nd stimulation. The timing of the treatment and the stimulation trains are indicated.

D Quantification of data from C. Net difference of Synaptophysin-pHluorin fluorescence 2 s before and 28 s after each stimulation (2 s before the next stimulation) to estimate relative surface retention of SVs. SV endocytosis is blocked within 5 min of treatment with VPS34 Inhibitor1, leading to progressive accumulation of Synaptophysin-pHluorin signal. N = 4 or 5 independent measurements per condition; Student’s t-test.

Data information: Data presented as mean ± SEM in all panels; *P < 0.05; **P < 0.01; ***P < 0.001; p, t, q, df values are provided in the Source Data Statistics file. Source data are available online for this figure.
These data show that PI(3)P depletion perturbs SV endocytosis and reduces presynaptic release probability.

**Depletion of endosomal PI(3)P impairs SV endocytosis via a mechanism that depends on neuronal activity**

We reasoned that the observed defects in SV endocytosis in hippocampal neurons depleted of PI(3)P likely originate at internal, that is, endosomal compartments known to play a role in SV recycling in response to sustained stimulation (Saheki & De Camilli, 2012; Rizzoli, 2014; Wu et al., 2014; Chanaday et al., 2019). We therefore tested whether PI(3)P depletion impairs SV endocytosis not only in response to brief AP trains (Fig 2C and D) but also under conditions of sustained high-frequency stimulation. Pretreatment of Synaptophysin-pHluorin-expressing hippocampal neurons with VPS34IN1 (10 µM, 1 h) followed by repetitive strong stimulation with trains of 50 APs or 200 APs resulted in a progressive kinetic delay in SV endocytosis (Fig 4A and C) and an accumulation of...
nonendocytosed Synaptophysin-pHluorin molecules on the neuronal surface (Fig 4B and D), as further evidenced by their accessibility to externally added low pH buffer (Fig EV2A and B). A similar stimulation-induced surface accumulation was observed for the endogenous SV protein Synaptotagmin 1 (Sudhof & Rothman, 2009) (Fig 4E and F) or if pHluorin-tagged vesicular glutamate transporter 1 (vGlut1) was used as a reporter (Fig EV2D). Washout of the drug (Fig EV2C) or restoring PI(3)P levels by bath application of synthetic cell permeable PI(3)P (Subramanian et al., 2010) reversed the phenotype (Fig 4H). The kinetics of SV endocytosis was also perturbed upon VPS34 inhibition by SAR405 (Fig 4G). As pharmacological inhibitors may display off-target effects, we...
challenged our findings by two further independent approaches. First, we depleted neurons of VPS34 kinase by shRNA-mediated knockdown, which led to profoundly reduced PI(3)P levels (Fig EV2E). Second, we acutely depleted PI(3)P from Rab5-positive neuronal endosomes by Rapalog-induced recruitment of the PI(3)P 3-phosphatase MTM1 (Fili et al, 2006) (Fig EV2F). Either of these treatments caused a progressive kinetic delay of SV endocytosis (Figs 4I and EV2G) akin to pharmacological inhibition of VPS34-mediated PI(3)P synthesis. These collective data demonstrate that genetic or pharmacological depletion of endosomal PI(3)P impairs SV endocytosis in response to either brief AP trains (Fig 2) or sustained repetitive high-frequency stimulation (Figs 3 and 4).

What might be the molecular explanation for the requirement for endosomal PI(3)P for SV endocytosis? One possibility is that depletion of PI(3)P perturbs SV endocytosis because PI(3)P regulates so far unknown components of the SV endocytosis machinery. Given that VPS34 and its product PI(3)P are not required for endocytosis in non-neuronal cells (Di Paolo & De Camilli, 2006; Balla, 2013; Raiborg et al, 2013; Ketel et al, 2016), we followed the alternative hypothesis that PI(3)P levels impact on the activity or nanoscale distribution of cell surface signaling molecules, for example, receptors, that might regulate directly or indirectly neurotransmission and SV cycling. We therefore examined if the effects of VPS34IN1-mediated loss of PI(3)P on SV endocytosis depend on prior network activity. To this aim, we pre-incubated hippocampal neurons simultaneously with VPS34IN1 and the activity blocker TTX (Fig 5A) or the calcium chelator EGTA (Fig 5B). Strikingly, application of either TTX or EGTA occluded the inhibitory effect of PI(3)P depletion on SV endocytosis. Given the activity and calcium dependence of this phenotype, we analyzed next whether NMDA receptor activity, a major postsynaptic regulator of excitatory neurotransmission, is involved in the pathway. Blockade of NMDA receptor activity with AP5 led to a near full rescue of the effects of VPS34IN1 on SV endocytosis (Fig 5C). Finally, VPS34 inhibition also failed to impair SV endocytosis in hippocampal neurons expressing a dominant-negative version of the endosomal protein Rab5 (Fig 5D), a Ras-related GTPase that is a fundamental component of endocytic recycling and intracellular trafficking of cell surface receptors and known to be hyper-activated upon depletion of PI(3)P (Law et al, 2017).

These results identify a PI(3)P-dependent pathway that controls SV cycling via a mechanism that depends on neuronal activity, NMDA receptors, and the endosomal GTPase Rab5.

Impaired SV endocytosis and reduced neurotransmission upon depletion of PI(3)P are caused by Calpain 2-mediated hyperactivation of Cdk5

An accumulation of endocytic pits and plasma membrane invaginations akin to those observed in PI(3)P-depleted synapses (Fig 3) has previously been observed at synapses from dynamin 1 single or dynamin 1/3 double knockout mice defective in SV endocytosis (Ferguson et al, 2007; Raimondi et al, 2011). We therefore hypothesized that the activity-dependent kinetic delay of SV endocytosis in PI(3)P-depleted neurons may result from the dysregulation of a signaling pathway that impinges on the endocytic protein dynamin or its regulators. To identify the molecules involved in this pathway, we resorted to the biochemical analysis of the effects of PI(3)P depletion in cerebellar granule neurons (CGNs) that can be cultured in the virtual absence of other cell types, for example, astrocytes. Treatment of CGNs with VPS34IN1 did not alter the levels of major exocytic and endocytic proteins including Syntaxin 1A, SNAP-25, Dynamin, or Clathrin (Fig EV3A). Instead, we found a prominent change in the ratio of the p35/p25 subunit of Cdk5 (Fig 5E), a synaptic protein kinase that negatively regulates SV recycling via phosphorylation of dynamin 1 (Tan et al, 2003; Ferguson et al, 2007; Armbruster et al, 2013) and represses presynaptic neurotransmission (Kim & Ryan, 2010, 2013; Rothman et al, 2016). In PI(3)P-depleted neurons, p35>Cdk5 appeared to be proteolytically converted to the hyperactive p25>Cdk5 isoform, a reaction known to be catalyzed by the calcium-dependent protease Calpain (Shah & Lahiri, 2014). Consistent with this, we observed that specific pharmacological inhibition of Calpain by ALLN (Baudry & Bi, 2016)
prevented p35-to-p25 conversion in CGNs (Fig 5E) and in hippocampal neurons (Fig EV3C). Importantly, ALLN completely occluded the inhibitory effect of PI(3)P depletion on SV endocytosis (Fig 5F). Occlusion of VPS34IN1-mediated inhibition of SV endocytosis was also observed, if Calpain activity was blocked by Calpeptin (Fig EV3B) or depletion of Calpain 2, but not Calpain 1 by shRNA-mediated knockdown (Figs 5G and H, and EV3D and E).

Our data described thus far suggest that PI(3)P depletion via activation of Calpain 2 hyperactivates Cdk5 to repress SV endocytosis and excitatory neurotransmission (Fig 6A). We directly tested this model in hippocampal neurons in culture and in acute slice preparations by pharmacological inhibition of Cdk5. Cdk5 hyperactivation is known to kinetically impair SV endocytosis (Tan et al., 2003; Ferguson et al., 2007; Armbruster et al., 2013) and to reduce presynaptic neurotransmitter release (Kim & Ryan, 2010, 2013). If hyperactivation of Cdk5 would causally underlie defective SV endocytosis and reduced neurotransmission in VPS34IN1-treated neurons, repression of its activity should rescue impaired SV endocytosis and neurotransmitter release. Pharmacological blockade of Cdk5 by the specific inhibitor Roscovitine (Tan et al., 2003; Shah & Lahiri, 2014) indeed rescued defective SV endocytosis under conditions of PI(3)P loss (Fig 6B). Conversely, the effects of VPS34IN1

![Figure 5](https://example.com/figure5.png)

**Figure 5. Impaired SV endocytosis upon PI(3)P depletion is activity- and Calpain 2-dependent.**

A–C The kinetic block of SV endocytosis at excitatory synapses depleted of PI(3)P depends on prior neuronal activity and Ca²⁺. VPS34IN1-induced defects in SV endocytosis are reverted by parallel treatment with TTX (0.2 µM) in A, EGTA (2 mM) in B and AP5 (20 µM) in C, in Synaptophysin-pHluorin-expressing neurons stimulated and analyzed as in Fig 4C and D. N = 3 independent experiments (≥ 10 images per condition); Two-way ANOVA; Tukey’s Multiple Comparison Test.

D Overexpression of dominant-negative Rab5 (Rab5DN), but not constitutively active Rab5 (Rab5CA), rescues the progressive accumulation of Synaptophysin-pHluorin on the surface of VPS34IN1-treated hippocampal neurons stimulated and analyzed as in A–C. N = 3 independent experiments (≥ 10 images per condition); Two-way ANOVA; Tukey’s Multiple Comparison Test.

E–H Levels of various synaptic proteins in DMSO (0.1%) and VPS34IN1 (10 µM) treated cultured cerebellar granule neurons analyzed by western blot. VPS34 inhibition results in p35 processing to hyperactive p25, a reaction blocked by Calpain inhibitor ALLN (100 µM).

F–H Calpain inhibition by ALLN (100 µM) in F or Calpain 2 knockdown via lentiviral shRNA (shCAPN2) in H rescue the progressive accumulation of Synaptophysin-pHluorin on the neuronal surface induced by VPS34IN1. Calpain 1 knockdown via lentiviral shRNA (shCAPN1) in G had no impact on VPS34IN1-induced kinetic delay of SV endocytosis. Data are similar to those shown in A–C. N = 3 independent experiments (≥ 11 images per condition); Two-way ANOVA; Tukey’s Multiple Comparison Test.

Data information: Data presented as mean ± SEM in all panels; n.s. not significant; *P < 0.05; **P < 0.01; ***P < 0.001; ****P < 0.0001; p, t, q, df values are provided in the Source Data Statistics file.

Source data are available online for this figure.
on the kinetics of SV endocytosis in response to repetitive train stimulation were phenocopied by application of Cyclosporin A, a selective inhibitor of Calcineurin phosphatase activity known to counteract Cdk5 in the presynaptic compartment (Tan et al., 2003; Kim & Ryan, 2013) (Fig 6C). Blockade of Cdk5 activity by Roscovitine also largely occluded the adverse effects of VPS34IN1 on excitatory neurotransmission in acute hippocampal slice preparations. Instead, fEPSPs were facilitated in the presence of Roscovitine.
facilitatory effect of Roscovitine was similar albeit less pronounced than that seen in recordings from Roscovitine-treated control slices lacking VPS34IN1 (Fig 6D). Furthermore, Roscovitine reverted the increase in paired pulse ratios induced by VPS34IN1 alone (Fig 2B) and, instead, caused paired-pulse depression (Fig 6E). Finally, hippocampal neurons subjected to repetitive high frequency stimulation (4 x 200 APs), that is, conditions which repress endosomal PI(3)P synthesis (Fig 1F and G), displayed reduced synaptophysin- pHluorin exocytosis in response to mild 10 AP stimuli. This train stimulation-induced exocytic depression was occluded by inhibition of Cdk5 in the presence of Roscovitine (Fig EV4A and B).

These results from optical imaging and electrophysiological recordings in acute hippocampal slice preparations show that PI(3)P depletion impairs SV endocytosis and reduces excitatory neurotransmission via Calpain 2-mediated hyperactivation of Cdk5.

**VPS34-mediated endosomal PI(3)P synthesis is part of an autoregulated cell-intrinsic pathway that controls SV recycling and neuronal network activity via Cdk5**

Depressed excitatory neurotransmission induced by activity-dependent PI(3)P loss may be of particular importance to control and restrict neuronal network activity, for example, to prevent epileptic seizures under physiological or pathophysiological conditions. We tested this hypothesis by recording population spikes (PS) in CA1 stratum pyramidale (Fig EV5A), which are potently modulated by inhibitory transmission to prevent polyspiking. Depletion of PI(3)P in the presence of VPS34IN1 decreased baseline PS amplitudes, whereas Cdk5 inhibition by Roscovitine resulted in elevated PS amplitudes (Fig EV5B), akin to results from IEPSP recordings in stratum radiatum. To probe whether PI(3)P loss restricts excitatory neurotransmission when the inhibitory network is impaired, we disinhibited hippocampal networks and measured polyspiking to probe neuronal network excitability. Activity-dependent disinhibition induced by 1 Hz stimulation revealed a profound repression of polyspiking activity in VPS34IN1-treated slices, while Roscovitine treatment facilitated polyspiking (Fig 7A and B). During the 1 Hz stimulation train, the PS amplitudes were facilitated to similar values under all conditions (Fig EV5C). Hence, the opposite effects of VPS34 vs. Cdk5 inhibition on polyspiking were not an indirect consequence of the altered baseline PS responses (Fig EV5B). Next, we determined whether the opposing effects of VPS34IN1 and Roscovitine on polyspiking activity might result from altered synaptic inhibition of local neuronal networks. To this aim, we probed the regulation of PS amplitudes via feedback inhibition using a paired stimulation protocol, in which the amplitude of the second PS is modulated by synaptic feedback inhibition. Measurements of paired PS amplitudes did not reveal evidence for reduced feedback inhibition. In fact, paired PS ratios rather than being facilitated were reduced by Roscovitine treatment (Fig EV5D), in agreement with the effects of Roscovitine on baseline PS amplitudes (Fig EV5B) and paired-pulse facilitation (Fig 6E). In contrast, VPS34IN1 treatment led to elevated paired PS ratios (Fig EV5D), consistent with the reduced baseline PS amplitudes (Fig EV5B) and increased paired-pulse facilitation of synaptic transmission (Fig 2B). These data suggest that loss of endosomal PI(3)P restricts neuronal network activity by repressing excitatory neurotransmission, independent of synaptic inhibition. To further challenge this hypothesis, we induced polyspike waves by applying the GABAA receptor antagonist Picrotoxin to block inhibitory transmission (Fig EV5E and F). Acute inhibition of VPS34-mediated PI(3)P synthesis potently repressed the strong polyspiking activity under these conditions (Fig 7C and D).

These data show that endosomal PI(3)P depletion restricts neuronal network activity independent of the effects of synaptic inhibition. Collectively, our findings suggest a crucial hitherto unknown function for endosomal PI(3)P in the control of SV recycling and neuronal network activity (Fig 7E).

**Discussion**

Our findings reported here suggest that neurotransmitter release and vesicle cycling are cell-intrinsically controlled by an autoregulatory pathway that is based on the endosomal lipid PI(3)P. Repression of PI(3)P synthesis by VPS34 on endosomes is shown to trigger the calcium- and Calpain-driven activation of Cdk5, resulting in reduced neurotransmission and impaired SV endocytosis. The VPS34-Cdk5 pathway appears to be feedback-controlled by Cdk5 itself as pharmacological inhibition of Cdk5 (Figs 1K and EV1F) prevents the activity-induced repression of VPS34-mediated PI(3)P synthesis on endosomes in hippocampal neurons. We, thus, hypothesize that endosomal VPS34 and Cdk5 are part of an autoregulated signaling circuit (Fig 7E) that limits neurotransmission and SV cycling within neuronal networks to prevent hyperexcitation and epileptiform activity. We speculate this VPS34-Cdk5 pathway that may contain additional elements such as lipid phosphatases, to be part of a hypothetical two-stage emergency response system, in which excessive neurotransmitter release is first counteracted by Calpain 2-mediated activation of p25-Cdk5 to restrict SV exo-endocytosis. If hyperactive neuronal signaling persists, such neurons may eventually be eliminated by Calpain 2-triggered apoptosis to restore neural network function. Consistent with this scenario, it has been shown that neuronal loss of VPS34 results in severe neurodegeneration in vivo (Zhou et al., 2010), a phenotype linked to Caspase activation downstream of active Calpain (Baudry & Bi, 2016). From a neural network perspective, the endosomal VPS34-Cdk5 pathway thus plays a complementary function to homeostatic scaling, a process in which excitatory neurotransmitter release is facilitated under conditions of reduced postsynaptic excitability to homeostatically restore neural circuit function (Davis & Goodman, 1998; Turrigiano & Nelson, 2004; Davis & Muller, 2015; Delvendahl et al., 2019). While our analysis focuses on the study of neurotransmission in the hippocampus, we postulate that the basic principles of the autoregulatory VPS34-Cdk5 signaling circuit are conserved in other networks, for example, in the neocortex and in the cerebellum.

At present, several open questions remain regarding the precise molecular machinery involved in this pathway. For example, it is unclear how exactly PI(3)P depletion results in the activity- and calcium-dependent activation of Calpain 2. One possibility is that PI(3)P levels affect the localization and/or activity of calcium-permeant NMDA receptors or other types of calcium channels. Consistently, we find that pharmacological inhibition of NMDA receptor activity occludes the adverse effects of PI(3)P depletion on SV cycling (Fig SC). Alternatively, PI(3)P may alter calcium homeostasis or release from internal stores such as the endoplasmic reticulum.
that is linked to endosomes via membrane contact sites (Wu et al., 2018). A third possibility is that PI(3)P directly or indirectly affects the localization of Calpain 2 itself. Such a scenario is supported by data from non-neuronal cells suggesting that Calpain 2 activation is mediated by Rab5-mediated recruitment to early endosomes (Mendoza et al., 2018), that is, organelles that contain PI(3)P. These scenarios will need to be studied in detail in the future. Second, given the multiple roles of Cdk5 in presynaptic neurotransmission and SV...
cycling, it is possible that hyperactivation of Cdk5 impinges not only on SV endocytosis (Tan et al., 2003; Armbuster et al., 2013) but may involve additional target proteins such as voltage-gated calcium channels (Kim & Ryan, 2010), crucial factors for the regulation of presynaptic release probability. Consistently, we observe that AP train-induced presynaptic calcium elevation can override the reduction in release probability caused by depletion of PI(3)P but not the defects in SV endocytosis (see Figs 2C and 4A–D). Further studies will be needed to unravel the exact mechanism by which Cdk5 activation in response to PI(3)P depletion represses presynaptic neurotransmission and vesicle cycling.

The neuronal function of VPS34 and its lipid product PI(3)P in the regulation of neurotransmission and SV cycling described here is distinct from the known roles of PI(3)P in non-neuronal cells such as cell division (Sagona et al., 2010), protein sorting, and membrane recycling and turnover (Simonsen et al., 1998; Raiborg et al., 2013; Ketel et al., 2016). The fact that acute inhibition of Cdk5 activity rescues defects in synaptophysin-pHfluorin endocytosis during multiple trains of APs (compare Fig 6B) in the near complete absence of PI(3)P further indicates that PI(3)P-containing endosomes are unlikely to be absolutely essential for SV recycling in excitatory hippocampal neurons. However, other functions of endosomes in synaptic (e.g., postsynaptic receptor recycling (van der Sluijs & Hoogenraad, 2011)) and/or axonal membrane homeostasis (Jahne et al., 2015), and in neurodegeneration (Zhou et al., 2010). For example, it is conceivable that loss of PI(3)P observed in the brains of Alzheimer’s disease patients (Morel et al., 2013; Zhou et al., 2010) may impact on tau phosphorylation via hyperactivation of Cdk5. Pharmacological targeting of endosomal PI(3)P synthesis and turnover may thus open new avenues for the treatment of these diseases and other neurological disorders associated with imbalanced excitatory/inhibitory neurotransmission or epileptic forms of activity.

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**Materials and Methods**

### Reagents and Tools table

| Reagent/Resource | Reference or source | Identifier or catalog number |
|------------------|---------------------|-----------------------------|
| **Recombinant DNA** |                     |                             |
| Synaptophysin-pHfluorin | L. Lagnado, University of Sussex, UK | N/A |
| VGlut1-pHfluorin | S. Voglmaier, UCSF, San Francisco, CA | N/A |
| mRFP-FKBP-hMTM1 | T. Bala, NIH, Bethesda, MD | N/A |
| FRB-irFP-Rab5 | This paper | N/A |
| VPS34-SNAP | This paper | N/A |
| VPS34-SNAP T159A | This paper | N/A |
| mCherry-Rab5 S34N (DN) | Addgene | Cat#: 35139 |
| mCherry-Rab5 Q79L (CA) | Addgene | Cat#: 35140 |
| MISSION™ pLKO.1-puro Non-Mammalian shRNA Control Plasmid DNA | Sigma-Aldrich | Cat#: SHC002 |
| pLKO.1-puro shRNA against mouse PIK3C3 (VPS34) | Sigma-Aldrich | Cat#: TRCN000025373 |
| pLKO.1-puro shRNA against mouse CAPN1 (Calpain 1) | Sigma-Aldrich | Cat#: TRCN000030664 |
| pLKO.1-puro shRNA against mouse CAPN2 (Calpain 2) | Sigma-Aldrich | Cat#: TRCN000030672 |

### Antibodies

| Antibodies | Reference or source | Identifier or catalog number |
|------------|---------------------|-----------------------------|
| GFP (rabbit polyclonal, used at 1:1,000 in IF) | Abcam | Cat# ab6556, RRIDAB_305564 |
| GFP (mouse monoclonal, used at 1:500 in IF) | Invitrogen | Cat# A11120, RRID: AB_221568 |
| DsRed (rabbit polyclonal, used at 1:300 in IF) | Takara Bio Clontech | Cat# 632496, RRID:AB_10013483 |
| MAP2 (guinea pig polyclonal, used at 1:500 in IF) | Synaptic Systems | Cat# 188 004, RRID:AB_2138181 |
| Synapsin 1/2 (guinea pig polyclonal, used 1:200 in IF) | Synaptic Systems | Cat# 106 004, RRID:AB1106784 |
| Homer1 (mouse monoclonal, used at 1:100 in IF) | Synaptic Systems | Cat# 160 011, RRID:AB_2120992 |
| vGlut1 (guinea pig polyclonal, used at 1:500 in IF) | Synaptic Systems | Cat# 135 304, RRID:AB_887878 |
| PS095 (mouse monoclonal, used at 1:100 in IF) | Thermo-Fisher | Cat# MA1-045, RRID:AB_325399 |
| vGAT (guinea pig polyclonal, used at 1:100 in IF) | Synaptic Systems | Cat# 131 011, RRID:AB_887872 |

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### Reagents and Tools table (continued)

| Reagent/Resource                                      | Reference or source | Identifier or catalog number |
|-------------------------------------------------------|---------------------|------------------------------|
| Gephyrin (mouse monoclonal, used at 1:100 in IF)      | Synaptic Systems    | Cat# 147 111, RRID:AB_887719 |
| vGlut (rabbit polyclonal, used at 1:1,000 in IF)      | Synaptic Systems    | Cat# 135 302, RRID:AB_887877 |
| Synaptophysin (mouse monoclonal, used at 1:500 in IF) | Synaptic Systems    | Cat# 101 011, RRID:AB_887824 |
| Synaptotagmin 1 (rabbit polyclonal, used at 1:100 in IF) | Synaptic Systems | Cat# 105 103, RRID:AB_11042457 |
| Calpain 1 (mouse monoclonal, used at 1:100 in IF)     | Thermo-Fisher       | Cat# MA3-940, RRID:AB_2069338 |
| Calpain 2 (rabbit polyclonal, used at 1:100 in IF)    | Cell Signaling      | Cat# 2539, RRID:AB_2069843   |
| Calpain 2 (mouse polyclonal, used at 1:50 in IF)      | Santa Cruz          | Cat# SC-373966, RRID:AB_10917913 |
| Goat anti mouse IgG Alexa Fluor 488 (used at 1:400 in IF) | Thermo-Fisher   | Cat# A-11001, RRID:AB_2534069 |
| Goat anti rabbit IgG Alexa Fluor 488 (used at 1:400 in IF) | Thermo-Fisher | Cat# A-11008, RRID:AB_143165 |
| Goat anti mouse IgG Alexa Fluor 568 (used at 1:400 in IF) | Thermo-Fisher   | Cat# A-11004, RRID:AB_2534072 |
| Goat anti rabbit IgG Alexa Fluor 568 (used at 1:400 in IF) | Thermo-Fisher | Cat# A-11011, RRID:AB_143157 |
| Goat anti mouse IgG Alexa Fluor 647 (used at 1:400 in IF) | Thermo-Fisher | Cat# A-21235, RRID:AB_2535804 |
| Goat anti guinea pig IgG Alexa Fluor 568 (used in 1:400) | Thermo-Fisher     | Cat# A-11075, RRID:AB_141954 |
| Goat anti rabbit Alexa 594 (used at 1:200 in IF)      | Thermo-Fisher       | Cat# A-32740, RRID:AB_2762824 |
| Goat anti mouse Alexa 594 (used at 1:200 in IF)       | Thermo-Fisher       | Cat# A-32744, RRID:AB_2762826 |
| Donkey anti guinea pig Atto647N (used at 1:200 in IF)  | Jackson             | Cat# 706-005-248, RRID:AB_2340443 |
| Donkey anti mouse Atto542 (used at 1:200 in IF)       | Jackson             | Cat# 715-005-151, RRID:AB_2340759 |
| Donkey anti rabbit Atto542 (used at 1:200 in IF)      | Jackson             | Cat# 711-005-152, RRID:AB_2340585 |
| VPS34 (rabbit monoclonal, used at 1:250 in WB)        | Cell Signaling      | Cat# 4263, RRID:AB_2299765   |
| Synaptotagmin 1 (mouse monoclonal, used at 1:500 in WB) | Synaptic Systems | Cat# 105 011, RRID:AB_887832 |
| Clathrin heavy chain (mouse, used at 1:10 in WB)      | Volker Haucke Lab  | N/A                          |
| Syntaxin 1A (mouse monoclonal, used at 1:500 in WB)   | Synaptic Systems    | Cat# 110 001, RRID:AB_887843 |
| SNAP25 (mouse monoclonal, used at 1:500 in WB)       | Synaptic Systems    | Cat# 111 001, RRID:AB_887794 |
| Dynamin 1-2-3 (rabbit polyclonal, used at 1:500 in WB) | Synaptic Systems    | Cat# 115 002, RRID:AB_887714 |
| Dynamin 1 (rabbit polyclonal, used at 1:1,000 in WB)  | Pietro De Camilli, Yale University, New Haven, CT | N/A                          |
| Dynamin 1 phoshp S774 (rabbit polyclonal, used 1:4,000 in WB) | Abcam        | Cat# ab55324, RRID:AB_879828 |
| Dynamin 1 phoshp S778 (sheep polyclonal, 1:1,000 in WB) | Rockland/Biomol   | Cat# 612-601-D33, RRID:AB_11182908 |
| HSC70 (mouse monoclonal, used at 1:1,200 in WB)       | Thermo-Fisher       | Cat# MA3-006, RRID:AB_325454 |
| Pi3KCɔ2ɔ (rabbit polyclonal, used at 1:100 in WB)     | Abcam              | Cat# ab154583, RRID:AB_2861168 |
| Pi3KCɔβ (mouse monoclonal, used at 1:100 in WB)      | BD transduction    | Cat# 611342, RRID:AB_398864 |
| Rab5S (mouse monoclonal, used at 1:200 in WB)        | BD transduction    | Cat# 610724, RRID:AB_398047 |
| GM130 (mouse monoclonal, used at 1:5,000 in WB)      | BD transduction    | Cat# 610822, RRID:AB_398141 |
| CdkS (mouse monoclonal, used at 1:250 in WB)         | Santa Cruz         | Cat# sc-6247, RRID:AB_627241 |
| p35/p25 (rabbit monoclonal, used at 1:250 in WB)     | Cell Signaling     | Cat# 2680, RRID:AB_1078214   |
| Active capase3 (rabbit polyclonal, used at 1:100 in WB) | Cell Signaling   | Cat# 9661, RRID:AB_2341188   |
| Tau (mouse monoclonal, used at 1:1,000 in WB)        | Thermo Fisher      | Cat# MN1000, RRID:AB_2314654 |
| Tau phoshp S199, S202 (rabbit polyclonal, used at 1:500 in WB) | Thermo Fisher | Cat# 4-4-768G, RRID:AB_2533749 |
| Tau phoshp S202, T205 (mouse monoclonal, used 1:500 in WB) | Thermo Fisher | Cat# MN1020, RRID:AB_223647 |
| β3-tubulin (rabbit polyclonal, used at 1:10,000 in WB) | Synaptic Systems   | Cat# 302 302, RRID:AB_10637424 |
| GAPDH (mouse monoclonal, used at 1:5,000 in WB)      | Sigma-Aldrich      | Cat# GA895, RRID:AB_1078991 |
| β-Actin (mouse monoclonal, used at 1:5,000 in WB)    | Sigma-Aldrich      | Cat# A5441, RRID:AB_476744   |

### Chemicals and other reagents

- VPS34N1 (used at 3–10 µM) | MRC PPU Reagents | N/A
- SAR405 (used at 20–30 µM) | MRC PPU Reagents | N/A
NBA medium (Gibco) at 37 °C parallel, neurons were starved in osmolarity-adjusted, serum-free HEPES buffer and 6 DIV7-9 using the calcium phosphate method (Promega). Briefly, 2 transfected with overexpression or shRNA knockdown plasmids at 100 μM were mixed with 250 mM CaCl2 and incubated for 20 min to allow precipitate formation. In this step, 2 ml of plasmid DNA were mixed with 250 mM CaCl2 and incubated for 20 min to allow precipitate formation. The recording electrode was placed 300 μm from the stimulating electrode to the recording electrode (Warner instruments RC-27L), filled with oxygenated (95% O2/5% CO2) dissection ACSF at room temperature (22 °C). Hippocampal slices were collected in a chamber (Harvard apparatus, BSC-PC) filled with resting/recording ACSF supplemented with 120 mM of NaCl instead of 250 mM of sucrose. Rsting solution was continuously oxygenated and kept at room temperature (22–24 °C) letting slices to recover for at least 1.5 h before recordings (pH 7.35–7.40). After recovery, slices were transferred to a recording chamber (Warner instruments RC-27L) filled with oxygenated ACSF at room temperature (22–24 °C) with solution exchange of 3–5 ml per min. Slices were fixed to prevent floating and an upright microscope (Olympus, BX61WI) was used for positioning the stimulating and recording electrodes. A glass stimulating electrode (Hilgenberg) filled with ACSF (1–1.5 MΩ) was positioned to stimulate the Schaffer collaterals of the CA1 stratum radiatum. A similar glass electrode (1.5–2.5 MΩ) placed in the distal part of the CA1 region was used for fEPSP and PS recordings. Data were recorded at a sampling rate of 10 kHz, low-pass filtered at 3 kHz and analyzed using PatchMaster software (Heka Elektronics).

**Reagents and Tools table** (continued)

| Reagent/Resource | Reference or source | Identifier or catalog number |
|------------------|---------------------|-----------------------------|
| VPS34 inhibitor 1 (used at 50 μM) | SelleckChem | Cat#: S8456 |
| ALLN (used at 100 μM) | Sigma-Aldrich | Cat#: A6185 |
| Calpeptin (used at 10 μM) | Sigma-Aldrich | Cat#: C8999 |
| Roscovitine (used at 10 μM) | Sigma-Aldrich | Cat#: R7772 |
| Dinaciclib (used at 10 μM) | Sigma-Aldrich | Cat#: S2768 |
| Cyclosporin A (used at 10 μM) | Sigma-Aldrich | Cat#: C3662 |
| Gabazine (used at 10 μM) | Sigma-Aldrich | Cat#: S106 |
| D-APS (used at 20 μM) | Abcam | Cat#: ab120003 |
| CNQX (used at 10 μM) | Sigma-Aldrich | Cat#: C127 |
| Picrotoxin (used at 50 μM) | Sigma-Aldrich | Cat#: P1675 |
| Tetrodotoxin (TTX) (used at 0.2–0.5 μM) | Tocris | Cat#: 1078 |
| EGTA (used at 2 mM) | Sigma-Aldrich | Cat#: E3889 |
| Rapalog (used at 2 μM) | Takara Bio | Cat#: 635056 |
| SNAP-ligand JF646 (used at 1 μM) | J. Broichhagen, FMP, Berlin | Poc et al (2020) |
| PIP3-AM (used at 20 μM) | C. Schultz, OHSU, Portland, OR | Subramanian et al (2020) |

1Unconjugated antibodies were purchased from Jackson and custom labeled with Atto542 or Atto647N by Atto-Tec.

**Methods and Protocols**

**Animals for neuron cultures and acute slice preparations**

All animal experiments were reviewed and approved by the ethics committee of the “Landesamt für Gesundheit und Soziales” (LAGeSo) Berlin and were conducted accordingly to the committee’s guidelines. Mice used for all experiments (C57BL/6 strain) had a normal health and immune status and were regularly checked for standard pathogens. Mice were housed under 12/12-h light/dark cycle and up to five animals per cage, with access to food and water ad libitum.

**Preparation of primary hippocampal and cerebellar neuron cultures and transfection**

Hippocampal neurons were used for transfection, live-imaging, immunocytochemistry, and electron microscopy. The assessment of synaptic protein levels by immunoblotting after pharmacological treatments were carried out using cerebellar neurons. To prepare neuronal cultures, hippocampus or cerebellum were surgically removed from postnatal mice at p1-3 or p6, respectively. This was followed by trypsin digestion and dissociation into single neurons. Primary neurons were plated onto PLL-coated coverslips for 6-well plates and cultured in MEM medium (Thermo Fisher) containing 2% B27 and 5% FCS. The medium for cerebellar cultures additionally contained 25 mM of KCl. To avoid astrocyte growth, hippocampal cultures were treated with 2 μM of AraC. Neurons were transfected with overexpression or shRNA knockdown plasmids at DIV7-9 using the calcium phosphate method (Promega). Briefly, 2× HEPES buffer and 6 μg of plasmid DNA were mixed with 250 mM of CaCl2 and incubated for 20 min to allow precipitate formation. In parallel, neurons were starved in osmolarity-adjusted, serum-free NBA medium (Gibco) at 37°C, 5% CO2. Precipitates were added to the neurons and incubated for 30 min at 37°C, 5% CO2. Finally, the coverslips were washed twice with osmolarity-adjusted HBSS (Gibco) and returned to the original neuronal medium.

**Hippocampal slice preparation and instrumentation for electrophysiological recordings**

Acute hippocampal slices were prepared from 2–3 months-old C57BL/6 mice. Mice were quickly decapitated after cervical dislocation, and brains extracted into ice-cold dissection artificial cerebrospinal fluid (ACSF) containing: 2.5 mM of KCl, 1.25 mM of NaH2PO4, 24 mM of NaHCO3, 1.5 mM of MgSO4, 2 mM of CaCl2, 25 mM of glucose, 250 mM of sucrose. 350 μm thick transversal slices (Leica, VT 1200S) were prepared from both hemispheres in oxygenated (95% O2/5% CO2) dissection ACSF at low temperature (4°C). Hippocampal slices were collected in a chamber (Harvard apparatus, BSC-PC) filled with resting/recording ACSF supplemented with 120 mM of NaCl instead of 250 mM of sucrose. Resting solution was continuously oxygenated and kept at room temperature (22–24°C) letting slices to recover for at least 1.5 h before recordings (pH 7.35–7.40). After recovery, slices were transferred to a recording chamber (Warner instruments RC-27L) filled with oxygenated ACSF at room temperature (22–24°C) with solution exchange of 3–5 ml per min. Slices were fixed to prevent floating and an upright microscope (Olympus, BX61WI) was used for positioning the stimulating and recording electrodes. A glass stimulating electrode (Hilgenberg) filled with ACSF (1–1.5 MΩ) was positioned to stimulate the Schaffer collaterals of the CA1 stratum radiatum. A similar glass electrode (1.5–2.5 MΩ) placed in the distal part of the CA1 region was used for fEPSP and PS recordings. Data were recorded at a sampling rate of 10 kHz, low-pass filtered at 3 kHz and analyzed using PatchMaster software (Heka Elektronics).

**fEPSP recordings**

The recording electrode was placed 300–500 μm away from the stimulating electrode in stratum radiatum for fEPSP recordings and slowly advanced until largest responses were obtained. Stable baseline recordings of 30–50% of the maximal responses were monitored at 0.2 ms stimulus duration and 0.05 Hz frequency for at least 10 min before recordings. Once stable baseline recordings were

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obtained, input–output stimulus response curves were recorded as a measure of basal excitatory synaptic transmission. Slopes of the fEPSP were plotted against fiber volley (FV) amplitudes as a function of increasing stimulation intensity. Stimulation intensity was increased by 20 µA steps until the maximal fEPSP were obtained, defined as a response with superimposed population spike (PS) component on decaying fEPSP responses (Appendix Fig S1A). Synaptic transmission was recorded at 0.05 Hz frequency and 50% of maximal stimulation intensity for 1 h to evaluate the effect of different treatments on basal synaptic transmission. As a control treatment 0.03% of DMSO in ACSF was used similar to what was needed to dissolve chemicals. The mean slopes of fEPSPs recorded 10 min before treatment were taken as 100% and effects measured as mean average values between 50 and 60 min (Appendix Fig S1B). Paired-pulse facilitation as a surrogate measure for release probability was tested by delivering two pulses at time intervals 10, 20, 50, 100, 200, and 500 ms at a stimulation intensity, which induced one third of the maximal responses. PPF was calculated as a percentage increase of the slope of the second response compared to the first (Appendix Fig S1C).

Population spike recordings
Output APs from pyramidal cells were measured as a function of the excitability of neuronal networks. For these sets of experiments, the recording electrode was placed ~300 µm away from the stimulating electrode in the CA1 stratum pyramidale. Once stable baseline recordings were obtained at a stimulation intensity that yielded about one third of the maximal responses, input–output stimulus response curves from 0 to 300 µA, with 30 µA steps were recorded. The amplitudes of PS and fiber volleys (FV) were plotted as a function of increasing stimulation intensity (Fig EV5A). To probe feedback GABAergic inhibitory modulation of PS amplitudes, we delivered two pulses of stimulation at a supramaximal intensity of 200 µA at different time intervals (from 10 to 500 ms). Paired pulse modulation of the amplitudes of the second to the first response were calculated (as indicated in Fig EV5D) and expressed in %. Each trace measured for the stimulus response curve and paired pulse parameters is an average of three consecutive stimulations delivered every 20 and 30 s for stimulus response curves and paired pulse protocols, respectively, for both fEPSP and PS recordings. To analyze activity-dependent disinhibition of hippocampal networks, we recorded PSs by delivering 60 pulses at 1 Hz with the same supramaximal intensity of 200 µA. The amplitudes of the PSs and the appearance of polyspikes were analyzed as a measure of activity-dependent disinhibition of hippocampal networks. Polyspiking induced by the GABAergic antagonist picrotoxin were calculated as the sum area changes of PS and polyspikes using a custom-written algorithm implemented in R (version 3.6.0) using the “area-between-curves”-function as indicated in Fig EV5E and F.

Live imaging of synaptic vesicle exo- and endocytosis via pHluorins
pHluorin-based assays (e.g., synaptophysin-pHluorin or vGLUT1-pHluorin) were used for tracking SV exo-/endocytosis. Cultured neurons at DIV12-16 were pre-incubated with different pharmacological inhibitors and placed into an RC-47FSLP stimulation chamber (Warner instruments) for electrical field stimulation using a Digitimer Ltd MultiStim System-D330 electrical stimulator (100 mA pulses with 1 ms width). Imaging was performed at 37°C in basic imaging buffer (170 mM of NaCl, 3.5 mM of KCl, 20 mM of N-Tris(hydroxymethyl)-methyl-2-aminoethane-sulfonic acid (TES), 0.4 mM of KH2PO4, 5 mM of glucose, 5 mM of NaHCO3, 1.2 mM of MgCl2, 1.2 mM of Na2SO4, 1.3 mM of CaCl2, 50 mM of APS, and 10 mM of CNQX, pH 7.4). To distinguish whether increased surface retention of pHluorin-tagged SV proteins is due to defective endocytosis or impaired re-acidification of endocytosed vesicles, acidic quench assays were performed by locally perfusing neurons with acidic imaging buffer (where TES was replaced by 2-(N-morpholino) ethane-sulfonic acid, adjusted to pH 5.5) for 20 s before and after electrical stimulation (Fig EV2A). All images were obtained by epifluorescence microscopy (Nikon Eclipse Ti) using an eGFP filter set F36-526, 40X oil-immersion objective, and a sCMOS camera (Neo, Andor), and analyzed by ImageJ using custom-written macros (available at https://github.com/DennisVoll/pHluorin_ROI-selector/). The fluorescent changes were normalized to the average fluorescence signal of the first 10 s before electrical stimulation.

For stimulations with multiple trains (e.g., × 200 APs, 40 Hz, 5 s), the surface levels of synaptophysin and pHluorin at 90 s after each stimulation was plotted. Surface retention was assessed by normalizing the surface pHluorin levels to baseline fluorescence.

Immunocytochemistry of hippocampal neurons in culture
For P(3) labeling, DIV12–16 neurons were fixed with 2% PFA for 15 min at RT, washed three times for 5 min with PBS containing 50 mM of NH4Cl and permeabilized for 5 min by 20 µM of Digitonin in Buffer A (20 mM of pipes, 137 mM of NaCl and 2.7 mM of KCl, pH 6.8). Excess digitonin was removed by washing neurons in Buffer A. To block the antibody epitopes and to label P(3), neurons were treated for 30 min with Buffer A containing 5% normal goat serum and 0.5 µg/ml of GFP-2XFYVE probe [purified from bacteria as previously described (Hammond et al, 2009)]. To remove the unbound probe, neurons were washed for 5 min with Buffer A, followed by 1 h incubation with primary antibodies against GFP, MAP2 and Synaptophysin (Table EV1) and a 45 min incubation at room temperature with corresponding secondary antibodies coupled to Alexa Fluor 488, 568, 647 for confocal imaging and to Alexa 594, Atto542, and Atto647N for STED imaging. Unbound antibodies were removed by washing with Buffer A after each step. Stained neurons were postfixed with 2% PFA for 5 min and mounted on glass slides using Immumount (Thermo Fisher) for confocal imaging and ProLong Gold Antifade Mountant (Thermo Fisher) for STED imaging.

Confocal and gSTED imaging of hippocampal neurons
For confocal imaging, neurons were imaged by Zeiss Axiovert 200 M spinning disk confocal microscope equipped with the Perkin-Elmer Ultra View ERS system and a Hamamatsu C9100 EM-CCD camera under the control of Volocity software (Perkin-Elmer). The cumulative fluorescence intensities in a region of interest are calculated using the built-in analyze particles function of ImageJ (NIH). Where indicated, neurons were stimulated with 4 × 200 APs (40 Hz, 5 s) at 90 s interstimulus train intervals using RC-47FSLP stimulation chambers (Warner instruments) and a Digitimer Ltd MultiStim System-D330 electrical stimulator (100 mA pulses with 1 ms width). STED imaging was performed on a Leica SP8 TCS 3× STED microscope (Leica Microsystems) equipped with a pulsed white-light excitation laser (WLL; ~80 ps pulse width, 80 MHz
repetition rate; NKT Photonics) and a STED laser for depletion at 775 nm. DMSO and VPS34IN1-treated neurons were acquired with equal settings. Three-channel STED imaging was performed by sequentially imaging at 540 nm excitation/550–600-nm emission for Atto542; 594 nm excitation/604–650-nm emission for Alexa594; and 646-nm excitation, 656–750-nm emission for Atto647N. The 775-nm STED laser was used to deplete all fluorophores. Fluorescence signals were detected sequentially by hybrid detectors at appropriate spectral regions separated from the STED laser. Images were acquired with an HC PL APO CS2 100×1.40 N.A. oil objective (Leica Microsystems), a scanning format of 1,024 × 1,024 pixels and six-fold zoom, resulting in 18.9-nm pixel size. Raw data obtained from three-channel time gated STED (gSTED) imaging were analyzed with ImageJ (NIH). Synapses, where a clear apposition between pre- and postsynaptic clusters that appeared parallel to the focal plane, were selected for image representation. To determine the localization of the synaptic PI(3)P clusters, multicolor line profiles were generated perpendicular to the Synapsin and Homer 1 cocluster with a length of 1 μm.

**Electron microscopy and tomography**

DIV14 neurons were treated with 0.1% DMSO or 10 μM VPS34IN1 for 1 h and electrically stimulated with 4 × 200 APs (40 Hz, 5 s) at 90 s interstimulus train intervals using RC-47FSLP stimulation chambers (Warner instruments) and a Digitimer Ltd MultiStim System-D330 electrical stimulator (100 mA pulses with 1 ms width). The stimulation chambers were disassembled and 20 s after the end of the stimulation the coverslips were immersed into PBS with 2% glutaraldehyde. The coverslips were then postfixed with 1% OsO4 and 4% paraformaldehyde, and 1% potassium hexacyanoferrat (III) and stained en bloc with 1% uranyl acetate, followed by dehydration in a methanol gradient, propylene oxide, and Epoxy resin infiltration. After polymerization, coverslips were removed and 50-nm sections were cut and contrasted with uranyl acetate and lead citrate. Images were obtained using a Zeiss 900 transmission electron microscope (TEM). The density of synaptic vesicles (SVs), clathrin-coated vesicles (CCVs), clathrin-coated pits (CCPs), endosome-like vacuoles, and noncoated invaginations were measured from synaptic profiles with a clearly visible active zone and adjacent SVs. For TEM tomography, 250-nm sections were cut and collected on coated slotted grids with 10-nm gold fiducials. Series of images from ~60° to ~60° were taken with a 1° step at Tecnai G20 microscope. Ectomo/IMOD https://bio3d.colorado.edu/imod/ (Kremer et al, 1996) and Microscopy imaging browser MIB http://mib.helsinki.fi/index.html were used to work with 3D volumes and render 3D models of subsynaptic structures (Belevich et al, 2016).

**Immunoblotting and quantification of protein content**

Cerebellar granule neurons at DIV7 were treated with different inhibitors for 1 h, and washed 2× with ice-cold PBS. Cell lysates were harvested in sample lysis buffer (20 mM of Tris pH 7.4, 1% SDS, 5% glycerol, 5 mM of β-mercaptoethanol, 0.01% bromophenol blue, 0.3% protease inhibitor cocktail (Sigma-Aldrich), and phosphatase inhibitors (cocktails 2 and 3, Sigma-Aldrich). Equal protein amounts of lysates were analyzed by SDS-PAGE and immunoblotting. Primary antibodies against various synaptic proteins were used in immunoblotting, followed by LI-COR 800CW and 680RD as secondary antibodies. Immunoblots were imaged by LI-COR-Odyssey FC detection with Image Studio Lite Version 4.0.

**Brain fractionation**

Fifteen to twenty brains from 8- to 10-weeks-old C57 mice were collected and homogenized in ice-cold sucrose buffer (320 mM of sucrose, 4 mM of HEPES, pH 7.4). Homogenate fraction (H) was taken and the rest of the samples were centrifuged at 800 g for 10 min. Pellets were resuspended in lysis buffer (10% sucrose, 4 mM of HEPES, 1 mM of PMSF, and protease inhibitor cocktail) as PI fraction. The supernatant (S1) was further centrifuged at 9,200 g for 15 min. Supernatant was collected again (S2) and pellets (P2) were washed by sucrose buffer. The washed pellets were centrifuged at 10,200 g for 15 min. P2’ pellets were resuspended in sucrose buffer and further homogenized. Homogenized samples were initially centrifuged at 25,000 g for 20 min to obtain pellets (LP1), and the supernatant was further centrifuged at 165,000 g for 2 h. The pellets were collected and suspended through 27 G needle with lysis buffer as LP2 fraction as the crude SV fraction. All steps were performed at 4°C.

**Statistics and reproducibility**

All data are presented as mean ± SEM and were obtained from multiple independent experiments (e.g., independent animals or mouse cultures), with total sample numbers provided in the figure legends as N (biological replicates) or n (technical replicates). No statistical method was used to predetermine sample size as sample sizes were not chosen based on prespecified effect size. Instead, multiple independent experiments were carried out using several sample replicates as detailed in the figure legends. No blinding strategy was applied during experimentation. In the experiments that involve light or electron microscopy, the statistical significance between two groups for all normally distributed data (e.g., effects of chemical inhibitors or genetic knockdowns on pHluorin surface retention levels, relative PI(3)P intensity) was evaluated with a two-tailed Student’s t-test. The statistical significance between more than two groups for all normally distributed data (e.g., percentage of pHluorin surface retention where inhibitor-treatment, protein overexpression, and gene knockdown constructs are combined) was determined by a two-way ANOVA using GraphPad Prism and Sidak’s Multiple Comparison Test (when two groups are compared) or Tukey’s Multiple Comparison Test (when more than two groups are compared) applied for significance determination between different groups. SigmaPlot (Systat Software Inc.) and IGOR Pro (WaveMetrics, Inc.) were used for electrophysiological data analyses and presentation. For PPF measurements, significance was evaluated using Two Way RM ANOVA. For PS and polyspike amplitude and area measurements significance was evaluated using One Way ANOVA or Student’s t-test. The level of significance is indicated in the figures by asterisks (*P < 0.05; **P < 0.01; ***P < 0.001; ****P < 0.0001). The exact mean ± SEM values for each figure panel, as well as the sample size, the exact statistical test for comparison and significance determination, p, t (or q), and df values for each experiment are provided in the Source Data file.

**Data availability**

Requests for materials should be addressed to V.H. (haucke@fmp-berlin.de). Source data are available online. All other data are
contained in the main manuscript, expanded view, and Appendix. This study includes no data deposited in external repositories.

**Expanded View** for this article is available online.

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**Author contributions**

**Volker Haucke:** Conceptualization; Resources; Supervision; Funding acquisition; Writing—original draft; Project administration; Writing—review & editing. **Guan-Ting Liu:** Investigation; Methodology. **Gaga Kochlamazashvili:** Data curation; Formal analysis; Investigation; Methodology. **Dmytro Puchkov:** Conceptualization; Data curation; Investigation; Methodology. **Rainer Mueller:** Resources; Methodology. **Carsten Schultz:** Supervision; Funding acquisition; Methodology. **Albert I Mackintosh:** Investigation; Dennis Vollweiter: Investigation; Methodology; Tolga Soysan: Conceptualization; Supervision; Investigation; Methodology; Writing—original draft; Writing—review & editing.

In addition to the CRediT author contributions listed above, the contributions in detail are:

G-TL and TS conducted pHluorin imaging experiments, GK performed all electrophysiology experiments with help in data analysis from DV, DP performed electron microscopy analysis, AIM performed brain fractionations, CS and RM contributed synthetic membrane-permeant PI(3)P. VH supervised the study and together with TS wrote the paper with input from all authors.

**Disclosure and competing interests statement**

The authors have no relevant financial or nonfinancial interests to disclose and declare no competing interests.

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