# Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|-------------------------------------|-------------------------------|
| **TITLE**     |         |      |                                     |                               |
| Title         | 1       | Identify the report as a Narrative Review or Literature Review. | Page 1 / Lines 2 - 3          | Title page / First section    |
| **ABSTRACT**  |         |      |                                     |                               |
| Structured summary | 2       | Provide a structured summary with the subsections as: objective, background, methods, conclusion (1). | Page 2 / Lines 23 - 40        | Abstract / Paragraph 1 - 4     |
| **INTRODUCTION** |       |      |                                     |                               |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | Page 3 - page 5               | Introduction / Paragraph 1 - 4  |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Page 5 / Line 105 - 106       | Introduction / Paragraph 5     |
| **METHODS**   |         |      |                                     |                               |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 6 /Line 110 - 123        | Methods / Single paragraph     |
| **DISCUSSION/SUMMARY** |     |      |                                     |                               |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 18 / Line 377 - 429      | Discussion / Paragraph 1 - 7   |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 21 / Line 431 - 437      | Conclusions / Single paragraph  |

Reference

1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. J Sports Chiropr Rehabil 2001;15:5–19.

Article information: https://dx.doi.org/10.21037/atm-21-2508

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*