Research Report

The Accuracy of Imaging Guided Targeting with Microelectrode Recoding in Subthalamic Nucleus for Parkinson’s Disease: A Single-Center Experience

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Abstract

Background: Accurate electrode targeting was essential for the efficacy of deep brain stimulation (DBS). There is ongoing debate about the necessary of microelectrode recording (MER) in subthalamic nucleus (STN)-DBS surgery for accurate targeting.

Objective: This study aimed to analyze the accuracy of imaging-guided awake DBS with MER in STN for Parkinson’s disease in a single center.

Methods: The authors performed a retrospective analysis of 161 Parkinson’s disease patients undergoing STN-DBS at our center from March 2013 to June 2021. The implantation was performed by preoperative magnetic resonance imaging (MRI)-based direct targeting with intraoperative MER and macrostimulation testing. 285 electrode tracks with preoperative and postoperative coordinates were included to calculate the placement error in STN targeting.

Results: 85.9% of electrodes guided by preoperative MRI were implanted without intraoperative adjustment. 31 (10.2%) and 12 (3.9%) electrodes underwent intraoperative adjustment due to MER and intraoperative testing, respectively. We found 86.2% (245/285) of electrodes with trajectory error $\leq 2$ mm. The MER physiological signals length $< 4$ mm and $\geq 4$ mm group showed trajectory error $> 2$ mm in 38.0% and 8.8% of electrodes, respectively. Compared to non-adjustment electrodes, the final positioning of MER-adjusted electrodes deviated from the center of STN.

Conclusion: The preoperative MRI guided STN targeting results in approximately 14% cases that require electrode repositioning. MER physiological signals length $< 4$ mm at first penetration implied deviation off planned target. MER combined with intraoperative awake testing served to rescue such deviation based on MRI alone.

Keywords: Accuracy, deep brain stimulation, microelectrode recording, Parkinson’s disease, subthalamic nucleus
INTRODUCTION

Subthalamic nucleus (STN) deep brain stimulation (DBS) is a well-established neuromodulation treatment for Parkinson’s disease (PD) worldwide. So far, there are several electrodes implantation methods, including preoperative imaging-guided, microelectrode recordings (MER) assisted with intraoperative test, and intraoperative computerized tomography (CT) or magnetic resonance imaging (MRI)-verified approach. MER in DBS surgery is recognized as an efficient method for targeting STN region in previous studies [1, 2]. In recent decades, it has been proposed that the MER is not mandatory for STN-DBS as imaging-guided DBS surgery experienced significant growth [3, 4]. Imaging-guided targeting has also sparked the possibility of performing DBS during asleep procedure [5]. Considering the level of stress and discomfort, PD patients prefer asleep over awake surgery [6]. However, intraoperative CT or MRI facilities to confirm electrode position are not widely available, especially in developing countries. Therefore, it is critical to obtain an estimate rate of success of STN targeting by preoperative-MRI alone.

The targeting accuracy is highly associated with the outcome of STN-DBS for symptomatic improvement [7]. Different implantation methods from various medical centers have reported different level of targeting accuracy [3, 4, 8–10]. Some factors are known to have certain influence on targeting accuracy, such as stereotactic system used [11], target [12], and brain shift due to cerebrospinal fluid loss and intracranial air [13]. Here we propose that MER can serve as a predictive factor for targeting accuracy during STN-DBS.

In this study, the authors retrospectively analyzed single-center data of patients undergoing awake STN-DBS. The authors investigated the rate of success of implantation based on preoperative-imaging alone, and the targeting accuracy by preoperative-imaging alone vs. MER-guided procedures.

MATERIALS AND METHODS

Patients

We retrospectively analyzed 161 PD patients undergoing STN-DBS at our center from March 2013 to June 2021. Seven patients were excluded for anesthetic influence on MER. Three patients had unilateral implantation and 151 patients had bilateral implantation. MER was recorded in 305 hemispheres (153 left hemispheres, and 152 right hemispheres). The postoperative-electrodes coordinates were available in 285 hemispheres. The study was conducted with the approval by the ethics committee of Zhejiang University School of Medicine Second Affiliated Hospital, approval number 2021-0925.

Preparation and target formulation

The implantation was planned by preoperative MRI-based (contrast enhanced 1.5T T1-weight MRI, and 3.0 T T2-weight axial MRI sequence) direct targeting. The patients were installed with Leksell frame under local anesthesia and performed three-dimensional CT scan subsequently. The images were ported to workstation (StealthStation, Medtronic or SinoPlan, Sinovation) for target planning. The neurosurgeon (ZZ) planned STN target trajectories via direct visualization at the maximum diameter slice of the red nucleus relative to the anterior-posterior commissures (AC-PC) line as previously described [14].

Surgery and electrode adjustment

Surgery was performed under local anesthesia. If bilateral implantation was performed, we first operated on the hemisphere contralateral to the side with more severe symptoms. Burr holes of 1.4 cm were placed by an arc incision through two ways: 1) simultaneous bilateral; 2) staged bilateral. Single-track microelectrodes were inserted through guide tube in a planned trajectory for recording electrophysiological signals. The recordings started from 10 mm above
planned target with a microdrive of 0.5 mm steps until substantia nigra activity appeared, or until STN activity disappeared [15]. Trajectories with STN MER physiological signals length $\geq 4$ mm were considered ideal [16]; otherwise, microelectrode was adjusted to a new trajectory and repeated recording until MER physiological signals length $\geq 4$ mm were achieved (maximum 5 penetrations). The final placement of DBS electrodes was validated by intraoperative test for acceptable threshold for adverse effects with satisfactory improvement of symptom. The patients then underwent general anesthesia for implanting extension cables and implantable pulse generator.

**Postoperative electrode localization**

Permanent electrodes (four contacts with 1.5 mm length, 0.5 mm interval, Medtronic model 3389 or Pins model L301S) were used in this study. Postoperative CT images were obtained and imported to workstation (SinoPlan, Sinovation) to fuse preoperative MRI to visualize the final placement and coordinates in stereotactic space. The final placement coordinates were defined by identifying the center of the artifact perpendicular to planned target [17]. The trajectory error was defined as the perpendicular deviation from the final electrode to the planned trajectory. Postoperative-CT was obtained during postoperative one week. The electrode positions in STN region were defined as central, medial margin, medial outside, lateral margin, and lateral outside at the plane 4 mm below the AC-PC line (Fig. 2).

### Table 1

Demographics of patients

| Characteristics | Value ± SD |
|-----------------|------------|
| No. Patients    | 155        |
| Age (y)         | 62.6 ± 7.6 |
| Gender (Male/Female) | 76/78  |
| Duration of symptoms (y) | 9.5 ± 3.3 |
| L-dopa equivalents dose | 891.2 ± 343.7 |
| UPDRS III-off   | 55.2 ± 16.0 |
| UPDRS III-on    | 28.2 ± 11.0 |

UPDRS, Unified Parkinson’s Disease Rating Scale; SD, standard deviation.

**Statistical analysis**

Categorical variables were tested by two tails chi-square test. Two tails unpaired $t$-test with Welch’s correlation was used for comparing trajectory error of MER physiological signals length $\geq 4$ mm and < 4 mm group. The chi-square test with Bonferroni correction was used for comparing STN subregion position of MER adjusted and non-adjusted electrodes. $p < 0.05$ was considered statistically significance. Statistical analysis was performed in Statistical Product and Service Solutions (SPSS) version 22.0.

**RESULTS**

The demographics of patients are shown in Table 1. In total, 154 patients (76 male and 78 female) were included in our study, with a mean age of 62.6 ± 7.6 (mean ± SD).

85.9% (262/305) of electrodes were implanted based on preoperative-imaging alone without adjustment. 11.8% (18/153) of the electrodes in the left hemisphere and 16.4% (25/152) in the right hemisphere were adjusted intraoperatively. This result showed that imaging-guided alone was insufficient, as approximately 14% of electrodes needed repositioning.

Moving to intraoperative MER data, 15.0% (23/153) and 18.4% (28/152) of electrodes in the left and right hemispheres showed MER physiological signals length < 4 mm at first penetration, respectively. Of the 51 electrodes that required a second MER trajectory, 51.0% (26/51) required only one additional trajectory to identify the physiologically optimal target location, while 49% (25/51) required more than one additional penetration. The adjustment directions of microelectrodes were mostly medial-posterior and lateral-anterior (Fig. 3). We were unable to obtain MER criteria in 3.9% (12/305) of
electrodes despite multiple repositioning. Inversely, 2.3% (7/305) of electrodes showed satisfactory threshold testing results, despite suboptimal MER findings.

The targeting error in the planned vs. final placement of electrodes verified by postoperative images were shown in Table 2. The mean trajectory error was 1.22 ± 0.06 mm (mean ± SEM) and 1.26 ± 0.06 mm (mean ± SEM) in the left and right hemispheres, respectively, with no significant difference in x, y, and z axial. 86.0% (245/285) of electrode trajectory errors were ≤ 2.0 mm (Fig. 4), while 12.4% and 14.3% of electrodes trajectory error were > 2 mm in the left and right hemispheres, respectively. Neither laterality nor timing of second electrodes implantation (simultaneous vs. staged) showed significant influence on trajectory error.

![Fig. 3. The intraoperative microelectrodes adjustment direction.](image)

TRAJECTORY ERROR IN GROUPS WITH MER PHYSIOLOGICAL SIGNALS LENGTH ≥4 mm AND < 4 mm AT FIRST PENETRATION WERE COMPARED (FIG. 5). THE MER PHYSIOLOGICAL SIGNALS LENGTH ≥4 mm GROUP SHOWED A SIGNIFICANTLY SMALLER TRAJECTORY ERROR VS. THE MER PHYSIOLOGICAL SIGNALS LENGTH < 4 mm GROUP (1.15 mm vs. 1.67 mm, p < 0.01). FURTHER, THE TRAJECTORY ERROR (PERCENTAGE)

![Fig. 5. The histogram represents trajectory error difference between MER physiological signals length ≥4 mm and < 4 mm groups at first penetration. **p < 0.01.](image)

**Table 2**

| The pre- and post-electrodes coordinate in stereotactic space and deviation |
|------------------------------------------------------------------|
| **Left side (mm)**                                      | **Right side (mm)**                                |
| x y z                                                 | x y z                                              |
| Pre-op ± SEM                                          | 111.3 ± 0.20 95.0 ± 0.42 113.1 ± 0.79 | 88.1 ± 0.19 95.1 ± 0.41 113.2 ± 0.79 |
| Post-op ± SEM                                         | 111.0 ± 0.20 94.8 ± 0.40 113.0 ± 0.79 | 88.0 ± 0.64 94.9 ± 0.76 113.2 ± 1.11 |
| Vector error ± SEM                                     | -0.3 ± 0.07 -0.1 ± 0.08 -0.1 ± 0.04              | -0.1 ± 0.07 -0.2 ± 0.08 0.0 ± 0.05       |
| Absolute vector error ± SEM                           | 0.7 ± 0.05 0.7 ± 0.05 0.4 ± 0.03                 | 0.7 ± 0.04 0.8 ± 0.05 0.5 ± 0.03         |
| Trajectory error ± SEM                                 | 1.22 ± 0.06                                       | 1.26 ± 0.06 |

SEM, standard error of mean.

![Fig. 4. The deviation of final electrodes position compared with the planned target (0,0,0). The red dots represent trajectory error ≤ 2 mm electrodes and the blue dot represent trajectory error > 2 mm electrodes. A, anterior; D, dorsal; L, lateral; M, medial; P, posterior; V, ventral.](image)
Table 3
The adjusted and non-adjusted electrode position in postoperative STN region

|                      | Central | Medial margin | Medial outside | Lateral margin | Lateral outside | Total | $\chi^2$ | $p$     |
|----------------------|---------|---------------|---------------|----------------|----------------|-------|---------|---------|
| Non-adjusted electrodes | 179 (71.9%) | 57 (22.9%)  | 5 (2.0%)      | 8 (3.2%)       | 0 (0%)         | 249   | 34.8    | <0.001 |
| Adjusted electrodes   | 13 (36.1%) | 12 (33.3%)  | 7 (19.4%)     | 4 (11.1%)      | 0 (0%)         | 36    |         |         |
| Total                | 192 (67.4%) | 69 (24.2%)  | 12 (4.2%)     | 12 (4.2%)      | 0 (0%)         | 285   |         |         |

of leads with $>2$ mm targeting error) was compared in above groups. 38.0% (19/50) of electrodes with MER physiological signals length $<4$ mm show trajectory error $>2$ mm, while 8.8% (21/238) of electrodes with MER physiological signals length $\geq4$ mm show trajectory error $>2$ mm ($\chi^2 = 29.59$, $p < 0.001$).

Finally, we verified final electrode positions in non-adjusted and MER-based adjusted trajectory in Table 3. Our results showed that electrodes that were adjusted intraoperatively had significantly greater level of deviation compared to electrodes without intraoperative adjustment ($\chi^2 = 34.8$, $p < 0.001$).

DISCUSSION

In this study, we aim to evaluate the success rate of preoperative imaging-guided alone STN-DBS surgery. The results show that 85.9% of electrodes are implanted without intraoperative adjustment, while 14.1% of electrodes need repositioning. These results are slightly better than previous study by Lozano et al. and Montgomery et al. [8, 18], as they reported that 70–80% of the electrodes were in good position using imaging-guided alone method. Our results reiterate the validation that preoperative imaging-guided alone was not sufficient for optimal electrodes placement during DBS procedure.

The electrode implantation accuracy assisted by MER in our study is similar to previous studies [7, 9, 10, 17]. Some studies propose smaller trajectory error using intraoperative MRI/CT-guided technique compared to MER [10, 17]. One possible reason is the multi-penetration in MER caused loss of cerebrospinal fluid and generation of intracranial air, while intraoperative MRI/CT-guided method usually only required one penetration. Similar finding is reported when dural sealant system prevented brain shift and improved targeting accuracy [19]. This may explain the result in our study that MER physiological signals length $<4$ mm group show greater trajectory error, as multiple penetrations are done in this group. In our study, we choose 2 mm error as cut-off to represent optimal electrode accuracy based on volume of tissue activation model [20, 21], which has also been used as re-implantation breakpoints in previous clinical studies [22]. Our results also show that the electrode adjustment due to MER criteria predict deviation off central STN region. We find that neither laterality nor timing of second electrode implantation had significant impact on targeting accuracy, which is consistent with another previous study [23].

There is ongoing debate about MER’s necessity in STN-DBS surgery [24, 25]. Limousin et al. [4] performed preoperative MRI-guided and intraoperative MRI-verified approach without MER, and showed satisfactory UPDRS III scores improvement in 5 to 8 years. Similar findings were also reported in other studies [9, 10, 26]. MER may increase the risk of surgical complication, such as intracranial hemorrhage, compared to DBS surgery without MER [27]. However, in both awake and asleep STN-DBS surgery, the MER could be used to map out boundaries of the STN [28–30]. In our center, we find that MER provides useful targeting information intraoperatively. 31 (10.2%) of electrodes are repositioned to an optimal placement after intraoperative MER and symptom evaluation, which rescue suboptimal targeting at first penetration. However, whether MER is necessary for STN-DBS remains controversial. Different perspectives, such as outcomes, complication risks, side effects, and cost should be also be taken into account.

There are several limitations in our study. First, we do not include UPDRS III improvement outcome, and the optimal electrodes placement is based on intraoperative tests. There is no lead location correlation with therapeutic benefit to verify the very objective of the study. Second, the electrode position is obtained postoperative one week after surgery, during which brain shift remains a potential factor to error of actual location. Postoperative imaging performed at one month after surgery may be more reliable. Also, we do not consider the intracranial pneumocephalus in our study, which is suggested as a critical factor in stereotactic accuracy [31].
CONCLUSIONS

Our study concludes that preoperative imaging-guided alone STN targeting resulted in approximately 14% of electrodes that require intraoperative repositioning. Cases with intraoperative MER physiological signals < 4 mm at first penetration showed worse targeting accuracy, which can be rescued by MER and intraoperative testing.

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CONFLICT OF INTEREST

The authors declared no conflicts of interest.

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