The performance of the Dutch Safety Management System frailty tool to predict the risk of readmission or mortality in older hospitalised cardiac patients

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Abstract

Background: Early identification of older cardiac patients at high risk of readmission or mortality facilitates targeted deployment of preventive interventions. In the Netherlands, the frailty tool of the Dutch Safety Management System (DSMS-tool) consists of (the risk of) delirium, falling, functional impairment, and malnutrition and is currently used in all older hospitalised patients. However, its predictive performance in older cardiac patients is unknown.

Aim: To estimate the performance of the DSMS-tool alone and combined with other predictors in predicting hospital readmission or mortality within 6 months in acutely hospitalised older cardiac patients.

Methods: An individual patient data meta-analysis was performed on 529 acutely hospitalised cardiac patients ≥70 years from four prospective cohorts. Missing values for predictor and outcome variables were multiply imputed. We explored discrimination and calibration of: (1) the DSMS-tool alone; (2) the four components of the DSMS-tool and adding easily obtainable clinical predictors; (3) the four components of the DSMS-tool and more difficult to obtain predictors. Predictors in model 2 and 3 were selected using backward selection using a threshold of $p = 0.157$. We used shrunk c-statistics, calibration plots, regression slopes and Hosmer-Lemeshow $p$-values ($P_{HL}$) to describe predictive performance in terms of discrimination and calibration.

Results: The population mean age was 82 years, 52% were males and 51% were admitted for heart failure. DSMS-tool was positive in 45% for delirium, 41% for falling, 37% for functional impairments and 29% for malnutrition. The incidence of hospital readmission or mortality gradually increased from 37 to 60% with increasing DSMS scores. Overall, the DSMS-tool discriminated limited (c-statistic 0.61, 95% 0.56–0.66). The final model included the DSMS-tool, diagnosis at admission and Charlson Comorbidity Index and had a c-statistic of 0.69 (95% 0.63–0.73; $P_{HL}$ was 0.658).

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**Discussion:** The DSMS-tool alone has limited capacity to accurately estimate the risk of readmission or mortality in hospitalised older cardiac patients. Adding disease-specific risk factor information to the DSMS-tool resulted in a moderately performing model. To optimise the early identification of older hospitalised cardiac patients at high risk, the combination of geriatric and disease-specific predictors should be further explored.

**Keywords:** Aged, Cardiovascular diseases, Frailty, Mortality, Patient readmission, Predictive value of tests, Risk assessment

**Background**
Hospitalisation of older cardiac patients is associated with increased risk of functional loss, readmission or mortality [1–3]. Geriatric conditions such as malnutrition, tendency to fall and functional impairment are common in older cardiac patients and contribute to these adverse health outcomes [2, 4, 5].

Measurement of risk in older cardiac patients facilitates early initiation of targeted interventions to delay or prevent complications such as (further) functional loss, readmission or mortality in those patients susceptible to such interventions [6]. Risk stratification may help to determine in which patients guideline-recommended treatments may be deployed and for which patients harms outweigh benefits [4, 7, 8].

The Dutch Safety Management System (Veiligheids-ManagementSysteem, DSMS) of the Ministry of Health, Welfare and Sport, developed the DSMS-screening tool to detect hospitalised older patients at high risk of functional loss [9]. The DSMS-tool has been in use since 2012 and all Dutch hospitals are required to screen hospitalised older patients on (their risk of) four geriatric domains; delirium, falling, functional impairment and malnutrition. Functional loss is associated with a high risk of readmission and mortality [10–13]. As the DSMS detects frail older patients at high risk of functional loss, the tool may also be capable of identifying patients at high risk of these adverse outcomes and if so, would enable timely targeted deployment of preventive interventions. Therefore, the aim of this study is to estimate the performance of the DSMS-tool alone and combined with other predictors in predicting all-cause unplanned hospital readmission or mortality within 6 months in acutely hospitalised older cardiac patients.

**Methods**
An individual patient data meta-analysis was performed on 529 acutely hospitalised cardiac patients ≥70 years from four prospective cohort studies: 1) The Hospital-ADL study [12] examined the development and course of geriatric conditions during and after hospitalisation; 2) the Surprise Question Cohort [14] examined to what extent a negative answer of healthcare professionals to the question “would I be surprised if this patient died in the next year?”, corresponded to mortality within the next year; 3) the Transitional Care Bridge study [15], a multi-centre randomised trial (RCT) on nurse-coordinated transitional care. Only patients of the control group were included in this study because the intervention was found to have a statistically significant effect on mortality; 4) the Cardiac Care Bridge [16], a multi-centre RCT. All patients were included in the current study because the interventions proved to be ineffective.

Patients were eligible for the current study if they 1) had been admitted with a cardiac disease, 2) had been acutely hospitalised for ≥48 h, and 3) were aged ≥70 years.

**The DSMS-screening tool**
Table 1 shows the content of the DSMS-tool [9]. The tool consists of single yes/no questions that assess the four geriatric domains; delirium, falling, functional impairment and malnutrition. Functional loss is associated with a high risk of readmission and mortality [10–13]. As the DSMS detects frail older patients at high risk of functional loss, the tool may also be capable of identifying patients at high risk of these adverse outcomes and if so, would enable timely targeted deployment of preventive interventions. Therefore, the aim of this study is to estimate the performance of the DSMS-tool alone and combined with other predictors in predicting all-cause unplanned hospital readmission or mortality within 6 months in acutely hospitalised older cardiac patients.

**Outcome**
The primary outcome was the performance of the DSMS-tool in predicting six-month all-cause unplanned readmission or mortality. Readmission data were collected from medical files in the participating hospitals and supplemented with patients’ and family members’ self-reported readmissions in other hospitals. Mortality was registered within the original cohorts and originates from medical files, the Dutch National Personal Records Database [19], or information from family members at follow-up.

**Statistical analyses**
**Missing data**
Additional file 1 shows the frequency of missing data in the four cohorts. Missing values for predictor and outcome variables were imputed 20 times using the MICE package in R-Studio (version 3.6.1), involving 19 variables, including 3 indicator variables to identify the 4 cohorts [20]. The only continuous variable with missing values, length of stay (days), was log-transformed before
imputation. We used predictive mean matching throughout. The complete datasets (m = 20) were analysed separately and the results pooled using the pooled sampling variance method [21].

**Descriptive statistics**

Descriptive statistics are reported as means with standard deviation (SD) for normally distributed continuous variables and medians with interquartile range (IQR) for non-normally distributed data. Categorical variables are reported as frequencies and percentages. The incidence of all-cause unplanned readmission or mortality at 6 months is reported per DSMS-score. DSMS-scores 3 and 4 were merged to indicate high-risk patients due to the limited numbers with score 4.

**Regression models**

The prediction model for readmission or mortality within 6 months was developed and tested by using an individual patient data meta-analysis of prediction models. Both geriatric and disease-specific candidate predictors associated with readmission or mortality were selected. We explored discrimination and calibration of: 1) DSMS alone (delirium, falling, functional impairment and malnutrition); 2) clinical candidate predictors easily obtainable from medical files or by short questions: age, sex, educational level, living arrangement, polypharmacy (≥ 5 medicines), admission in the previous 6 months and cardiac diagnosis at admission, first without and then including the items of the DSMS; 3) a model based on the four components of the DSMS and more difficult to obtain candidate predictors: Charlson comorbidity index, Mini-Mental State Examination (MMSE), handgrip strength, Short Physical Performance Battery (SPPB) and Geriatric Depression Scale-15 and forcing the DSMS-items into the model. In steps 2 and 3, a backward selection procedure was performed. Predictors were retained in the model if their p-value was < 0.157, corresponding with Akaike’s information criterion [22]. No dummy variables were included for the included cohorts. Subsequently, we tested the differences in c-statistics between the models by using the D3 method for pooling Likelihood ratio statistics [23]. The DeLong method was used to obtain the standard error of each imputed dataset and subsequently, the difference in pooled c-statistic was calculated [24].

We internally validated the models using 250 bootstrap samples, which were drawn from the original dataset with missing values and missing values filled in by multiple imputation (m = 20) in every single bootstrap sample. We used shrunk c-statistics, calibration plots (Fig. 4, Additional files 2, 3 and 4), regression slopes and Hosmer-Lemeshow p-values (PHL) to describe discrimination and calibration. Regression coefficients were shrunk by a single shrinkage factor to reduce over-optimism of model performance in new populations [25]. Since two of the data sets were from randomised trials, that used frailty instruments as an inclusion criterion, we tested model calibration on the combined data of the two observational cohorts to ensure application to a more natural target population. We used the psfmi package in R-studio (version 3.6.1) for these analyses. The psfmi package is fully described elsewhere [24].

**Results**

**Population characteristics**

In total, 529 patients were included in this study (Fig. 1, Table 2). The mean age was 82 years and 52% were males. Most patients had been admitted for heart failure (51%), 38% had been admitted to the hospital in the previous 6 months and 25% of the included patients had cognitive impairment (MMSE < 24). Regarding the DSMS-score, a positive screening was observed in 45% for the risk of delirium, 41% for fall risk, 37% for functional impairment and 29% for malnutrition. The prevalence’s were 21, 31, 30 and 19% for a DSMS-score of 0, 1, 2 and 3 or 4, respectively. Figure 2 shows the crude incidence of the composite outcome and readmission and mortality separately at 6 months follow-up. The crude incidences of the composite outcome at 6 months

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**Table 1 Screening tool for vulnerable elderly of the Dutch Safety Management System**

| Domain              | Instrument            | Questions                                                                 | Cut-off | Score |
|---------------------|-----------------------|---------------------------------------------------------------------------|---------|-------|
| Delirium risk       | Single questions      | Assessing whether: 1) the patient has memory problems; 2) the patient needed help with self-care in the last 24 h; 3) the patient has previously had a delirium | ≥ 1 point | 1     |
| Fall risk           | Single question       | Have you fallen in the last 6 months?                                     | yes     | 1     |
| Functional impairment| KATZ-6 [17]           | Assessing whether the patient currently needs help with 1) bathing, 2) dressing, 3) toileting, 4) transferring from bed to a chair, 5) eating, and 6) whether the patient uses incontinence material | ≥ 2 points | 1     |
| Malnutrition        | SNAQ [18]             | Assessing whether the patient: 1) lost weight unintentionally in the last month (> 3 kg) or last 6 months (> 6 kg) and/or 2) has poor appetite in the last month and 3) used supplemental drinks or tube feeding in the last month. | Question 1 = yes and/or question 2 + 3 = yes | 1     |

**Total score**

0–4

*KATZ-6 [17] Modified KATZ-6 index, kg kilogram, SNAQ [18] Short Nutritional Assessment Questionnaire*
were 32, 41, 46 and 58% in patients with DSMS score 0, 1, 2 and 3 or 4, respectively.

**Performance of the DSMS-tool**

Table 3 and Fig. 3 show the predictive performance of the three models in predicting readmission or mortality within 6 months. In model 1, including the DSMS only, malnutrition was the strongest predictor (OR 2.29, 95% CI 1.47–3.56). The model discriminated limited (c-statistic 0.61, 95% CI 0.56–0.66) and after internal validation discrimination decreased (c-statistic 0.55).

In model 2a (without the DSMS-items) only sex, admission in the previous 6 months and diagnosis at admission remained in the model. In model 2b, the DSMS-items were added to the predictors in 2a which slightly improved discrimination (c-statistic 0.66, 95% CI 0.61–0.71). The discrimination of model 2b was statistically significantly better than that of model 1 (p = 0.002). In the observational cohorts, the c-statistic of model 2b was 0.57 (95% CI 0.48–0.65), however, the model was well calibrated (corrected slope 0.71, $P_{HL} = 0.89$) (Additional files 2 and 3).

In model 3, the admission diagnosis and Charlson co-morbidity index were selected, which yielded a model c-statistic of 0.69 (95% CI 0.63–0.73), which fell to 0.66 after internal validation. Model 3 discriminated statistically significantly better than model 1 ($p < 0.001$) and model 2b ($p = 0.007$). The calibration plot of model 3 is shown in Additional file 4. In the observational cohorts, the discriminative performance was lower (c-statistic 0.58, 95% CI 0.47–0.68) but well calibrated (corrected slope 0.76, $P_{HL} = 0.66$) as shown in Fig. 4.

**Discussion**

We examined the performance of the DSMS-tool, alone and combined with other predictors, on all-cause
Table 2 Baseline characteristics

| Sociodemographics | Hospital-ADL (n = 120) | Surprise question cohort (n = 84) | Transitional care bridge study (n = 45) | Cardiac care bridge (n = 280) |
|-------------------|------------------------|----------------------------------|---------------------------------------|-----------------------------|
| Age 70–79 years   | 79.3 ± 6.1             | 82.8 ± 6.4                       | 81.8 ± 7.6                            | 82.3 ± 6.3                  |
| ≥ 80 years        | 65 (45.2)              | 28 (33.3)                        | 22 (48.9)                             | 86 (30.7)                   |
| Sex               | 65 (54.2)              | 45 (54.8)                        | 17 (37.8)                             | 145 (51.8)                  |
| Educational level | Primary school or less | 31 (25.8)                        | 35 (40.5)                             | 37 (82.2)                   |
| College or university | 68 (56.6)          | 34 (40.5)                        | 5 (11.1)                              | 92 (32.9)                   |
| Living arrangement| Living alone           | 48 (40.0)                        | 44 (52.4)                             | 16 (35.6)                   |
| Hospital admission| Heart failure          | 48 (40.0)                        | 26 (31.0)                             | 25 (55.6)                   |
| Diagnosis on admission | Acute coronary syndrome | 28 (23.3)                      | 33 (39.3)                             | 10 (22.2)                   |
| Length of stay    | 5.1 [3.3–8.5]          | 7.0 [4.0–12.0]                   | 8.0 [5.0–16.5]                       | 7.0 [4.3–10.0]              |
| Hospital admission ≤ 6 months prior to index event | 37 (30.8) | 20 (23.8) | 17 (37.8) | 128 (45.7) |
| Geriatric conditions| Polypharmacy            | ≥ 5 medicines                    | 79 (65.8)                             | 62 (73.8)                   |
| Charlson Comorbidity Index | 1 [1–3]           | 2 [1–4]                          | 4 [2–5]                               | 3 [1–4]                     |
| MMSE              | 26.5 ± 2.9             | 25.3 ± 1.8                       | 25.7 ± 3.6                            | 24.7 ± 3.6                  |
| Depression        | GDS-15                 | 3.4 ± 2.5                        | 4.7 ± 1.5                             | 4.7 ± 1.6                   |
| Handgrip strength | kg                     | 27.6 ± 10.4                      | 23.7 ± 2.4                            | 18.4 ± 7.3                  |
| Functional status | SPPB                   | 7.0 ± 3.5                        | 5.5 ± 2.1                             | 5.4 ± 1.8                   |
| DSMS-items²       | Delirium risk score    | DSM5 at risk of delirium         | 19 (15.8)                             | 24 (28.6)                   |
|                  | Fall ≤ 6 months        | DSM5 risk of falling             | 39 (32.5)                             | 21 (25.0)                   |
|                  | Functional impairment (KATZ-6) | DSM5 impairment in ADL        | 38 (31.7)                             | 22 (26.2)                   |
|                  | Malnutrition risk (SNAQ)| DSM5 risk of malnutrition      | 32 (26.7)                             | 5 (6.0)                     |
|                  | DSMS score 0           | 43 (35.8)                        | 44 (52.4)                             | 3 (6.7)                     |
|                  | DSMS score 1           | 42 (35.0)                        | 15 (17.9)                             | 8 (17.8)                    |
|                  | DSMS score 2           | 24 (20.0)                        | 20 (23.8)                             | 19 (42.2)                   |
|                  | DSMS score 3 or 4      | 11 (9.2)                         | 5 (6.0)                               | 15 (33.3)                   |

Mean ± standard deviation, median [25–75 centile], N (%). ²Primary education: elementary or primary school. Secondary education: pre-vocational, senior general or pre-university. Higher education: higher professional or university. ³Dominant hand highest value. ⁴Dutch Safety Management System [9]: the score between 0 and 4 points, based on four domains of frailty: (risk of) delirium, falling, functional impairment, and malnutrition.

Abbreviations: ADL Activities of Daily Living, DSMS Dutch Safety and Management System, GDS Geriatric Depression Scale, KATZ-6 [17] Modified KATZ-6 index, kg kilogram, MMSE Mini-Mental State Examination, SNAQ [18] Short Nutritional Assessment Questionnaire, SPPB Short Physical Performance Battery.
unplanned hospital readmission or mortality within 6 months in older patients acutely hospitalised for a cardiac reason. Our results show that the DSMS-tool’s performance is limited in this population. However, in combination with the diagnosis on admission and the Charlson comorbidity index, reasonably good predictions could be made.

Originally, the DSMS-items were introduced into Dutch hospitals to assess the risk of functional loss in older patients on admission and to selectively deploy

Fig. 2 Incidence of adverse outcomes at 6 months follow-up

Table 3 Multivariable analyses and predictive performance for readmission or mortality at six-months

| Model | OR  95% CI | p-value | OR  95% CI | p-value | OR  95% CI | p-value | OR  95% CI | p-value |
|-------|----------|---------|----------|---------|----------|---------|----------|---------|
| DSMS  |          |         |          |         |          |         |          |         |
| Delirium | 1.39 (1.29–1.50) < 0.001 | 1.29 (0.93–1.79) 0.127 | 1.06 (0.76–1.46) 0.740 |
| Fall risk | 1.09 (0.77–1.55) 0.642 | 1.1 (0.81–1.49) 0.551 | 1.07 (0.80–1.44) 0.664 |
| Functional impairment | 1.24 (0.91–1.69) 0.174 | 1.23 (0.88–1.74) 0.236 | 1.18 (0.77–1.81) 0.457 |
| Malnutrition | 2.21 (1.45–3.38) < 0.001 | 1.89 (1.31–2.72) < 0.001 | 1.79 (1.26–2.53) 0.001 |
| Female | 0.80 (0.61–1.06) 0.113 | 0.73 (0.54–1.00) 0.045 |
| Admission previous 6 months | 1.33 (0.97–2.13) 0.156 | 1.34 (0.97–1.84) 0.073 |
| Admission diagnosis | | | | |
| Heart failure | Reference 0.004 | Reference 0.026 | Reference 0.102 |
| Acute coronary syndrome | 0.74 (0.52–1.06) | 0.84 (0.56–1.24) | 0.90 (0.62–1.31) |
| Other | 0.57 (0.40–0.79) | 0.60 (0.42–0.87) | 0.68 (0.48–0.97) |
| Charlson comorbidity Index | | | | |
| Score 0 | Reference 0.002 |
| Score 1 | 1.12 (0.64–1.96) |
| Score 2 | 1.06 (0.59–1.90) |
| Score 3 | 1.71 (0.95–3.07) |
| Score 4 | 1.93 (1.02–3.66) |
| Score ≥ 5 | 2.72 (1.42–5.27) |

Model 1: DSMS delirium, DSMS fall risk, DSMS functional impairment, DSMS malnutrition
Model 2a: sex, admission in the previous 6 months and cardiovascular diagnosis
Model 2b: sex, admission in the previous 6 months and cardiovascular diagnosis + model 1
Model 3: Charlson comorbidity index [26], cardiovascular diagnosis + model 1
Abbreviations: DSMS Dutch Safety Management System
*aNo dummy variables for the four cohorts were included in the multivariable analyses*
interventions to prevent functional loss early [9]. However, the predictive performance has not been studied before implementation in 2012. Heim et al. [27] studied discrimination of the DSMS-tool in predicting the occurrence of a composite outcome of death, high healthcare demand or at least one additional dependency in activities of daily living within 3 months follow-up among acutely and electively hospitalised patients ≥70 years at departments of neurology, urology, surgery and orthopaedics. On external validation in 812 patients (of which 105 only had data on healthcare demand), they found a sensitivity of 0.61 and a specificity of 0.75 (c-statistics 0.68) for the DSMS-tool reinforced by information on age (cut-off at 80 years). Using different methods (cardiac patients, all acutely admitted, six-month composite outcome of readmission or death, multiple imputation of missing values, bootstrapping and shrinkage), we found that discrimination of the DSMS-tool to predict the occurrence of six-month hospital readmission or mortality was much lower (shrunk c-statistic = 0.55). Although the contrasting c-statistics may be explained by the different outcome measures and time window, it could also be explained by differences between the study populations. For example, Heim et al. [27] included both acutely and electively hospitalised patients including a high percentage of surgical and orthopaedic patients, whereas we focussed solely on the acutely hospitalised cardiac population in which a high prevalence of

![Fig. 3 Areas under the curve and 95% confidence intervals for predictors of six-month readmission or mortality. Model 1: DSMS delirium, DSMS fall risk, DSMS functional impairment, DSMS malnutrition. Model 2a: sex, admission in the previous 6 months and cardiovascular diagnosis. Model 2b: sex, admission in the previous 6 months and cardiovascular diagnosis + model 1. Model 3: Charlson comorbidity index [26], cardiovascular diagnosis + model 1.](image1)

![Fig. 4 Calibration plot of readmission or mortality within 6 months (model 3) in the two observational cohorts](image2)
geriatric conditions and comorbidities were found. In addition, more patients in our study were cognitively impaired (MMSE ≤23 21.3% versus 15.9%) [27]. Surprisingly, and despite a fairly wide range of ages in our study, age was not a strong predictor and was not selected in any of the models.

Hermans et al. [28] studied, in a retrospective analysis of routine data, the association between the DSMS-score and the occurrence of mortality or a composite of various complications after a percutaneous coronary intervention within 30 days in patients with ST-elevated myocardial infarction ≥70 years. They found an OR of 9.6 (95%CI 1.6–56.9) for a DSMS-score (≥ 1) to predict 30-day mortality. However, the authors were hindered by the low incidence of mortality (n = 11; 5%) which may have led to severe overfitting of their regression model.

Until now, only few studies have studied the performance of the DSMS-tool. These studies vary in study population, time window, outcomes and methods and are therefore difficult to compare. As a result, more research is needed to study the performance of the DSMS-tool, especially since in the Netherlands its use is compulsory in all patients ≥70 years who are hospitalised. In our analyses, we focussed on the original and routinely used, binary cut-off points within the four domains of the DSMS. For further research, it would be interesting to elucidate the performance of the most efficient subset of these 13 items within the four domains, possibly modelling these as a continuous score.

In addition, it is important to not only identify patients at risk but also act on it, that is, initiate early preventive interventions in those patients indicated by their predicted high risk. As far as we are aware, treatment thresholds, in terms of predicted risk, are seldom specified. Within the DSMS-tool, attention is payed to practical hospital-based interdisciplinary interventions in patients with one or more risk factors present [9]. However, it is known that common geriatric syndromes are often still present 3 months post-discharge [12]. The DSMS recommends transferring risk information to caregivers in primary care. However, more attention may be needed to continue interventions from hospital to home. For example, transitional care interventions contribute to continuity of care across care settings and have been shown to reduce the risk of readmission and mortality in several populations [29, 30].

We conclude that a combination of variables reflecting geriatric conditions (the DSMS-items and the Charlson comorbidity index) and a disease-related factor (diagnosis at admission), led to better predictive performance than a model of the DSMS-items alone. A recent systematic review of risk prediction models in cardiac patients showed that only few studies use geriatric predictors, such as physical performance or dementia, to estimate patients’ probabilities of experiencing an unplanned readmission (van Grootven, submitted). However, models containing geriatric predictors did not seem to predict differently than those without. This may partly be explained by the relatively low mean age in the underlying studies as most studies included patients ≤70 years. This lowers the presence of geriatric syndromes, which may hinder accurate detection of potential predictive capabilities. The SILVER-AMI study included patients ≥75 years and developed risk prediction models for 30 and 180-day readmission [2, 31]. In accordance with our results, they found that a combination of geriatric as well as disease-specific risk factors best predicted the risk of readmission.

Strengths and limitations
In this study we combined data of older cardiac patients of four studies to examine the performance of the DSMS-tool and the contribution of additional variables using rigorous statistical methods. Our study contributes to the evidence on how to identify older cardiac patients at risk of readmission or mortality.

Some limitations should however be considered. First, we examined the performance of the DSMS-tool on the risk estimation of hospital readmission or mortality in older cardiac patients. However, the tool has originally been developed to identify older patients at risk of functional loss. Since functional loss is strongly related to hospital readmission or mortality, testing the performance of the DSMS-tool on these outcomes is considered plausible [10, 11]. Second, no c-statistics for readmission and mortality as separate outcomes were reported due to the limited number of events per outcome. However, the outcome-specific preventive options to be considered after high-probability predictions of readmission or death from a model are comparable [32]. Third, while we were able to select a broad range of geriatric predictors, some important medical (disease-specific) predictors (e.g. left ventricular ejection fraction, and stage of disease (NYHA)) were not available. Information on these tests is usually not available on hospital admission (and in our four cohorts) and were therefore not included in our model which focusses on the early admission phase. However, data about the disease history and comorbidities may be available at hospital admission. For example, the presence of specific comorbidities such as renal failure, diabetes [33, 34] or chronic obstructive pulmonary disease [2, 31] are known to increase the risk of adverse outcomes and may be of additional value in future risk prediction models for older cardiac patients. Fourth, in the two intervention cohorts a selected subgroup of 87% frail older cardiac patients according to the DSMS-tool was included, compared to 44% in the
two observational cohorts. We therefore performed a second internal validation process on the two observational cohorts to reflect model performance in a hospitalised older cardiac patient population representative of that encountered in clinical practice. Last, despite rigorous steps taken to assess the internal validity of our models, an additional external validation in independent datasets is recommended to examine the generalisability of our results.

Conclusion
The DSMS-tool alone has limited capacity to accurately estimate the risk of readmission or mortality in hospitalised older cardiac patients. Adding disease-specific risk factor information to the DSMS-tool resulted in a moderately performing model. To optimise the early identification of older hospitalised cardiac patients at risk, the combination of geriatric and disease-specific predictors should be further explored.

Abbreviations
CI: Confidence interval; DSMS: Dutch Safety Management System; HL: Hosmer-Lemeshow; IQR: Interquartile range; MMSE: Mini-Mental State Examination; OR: Odds ratio; RCT: Randomised controlled trial; SD: Standard deviation; SPPB: Short Physical Performance Battery

Supplementary Information
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Additional file 1. Frequency of missing data per variable in the four cohorts.

Additional file 2: Supplemental Figure 1. Calibration plot of readmission or mortality within 6 months (model 2b) in 250 bootstrapped samples.

Additional file 3: Supplemental Figure 2. Calibration plot of readmission or mortality within 6 months (model 2b) in the two observational cohorts.

Additional file 4: Supplemental Figure 3. Calibration plot of readmission or mortality within 6 months (model 3), in 250 bootstrapped samples.

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Authors’ contributions
All authors have made substantial contributions to the conception and design of the work. PJ, LV, AT, MW and GtR were responsible for the acquisition, analysis and interpretation of the data. PJ, LV and GtR drafted the manuscript. AT, MH, IF, CL, RP, WS and BB substantively revised the manuscript. All authors have approved the submitted version. All authors have agreed both to be personally accountable for the author’s own contributions and have ensured that questions related to the accuracy or integrity of any part of the work, even ones in which the author was not personally involved, are appropriately investigated, resolved, and the resolution documented in the literature.

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Availability of data and materials
The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Declarations
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Not applicable.

Consent for publication
Not applicable.

Competing interests
None declared.

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