Primary cilia disappear in rat podocytes during glomerular development

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Abstract Most tubular epithelial cell types express primary cilia, and mutations of primary-cilium-associated proteins are well known to cause several kinds of cystic renal disease. However, until now, it has been unclear whether mammalian podocytes express primary cilia in vivo. In this study, we determined whether primary cilia are present in the podocytes of rat immature and mature glomeruli by means of transmission electron microscopy of serial ultrathin sections. In immature glomeruli of fetal rats, podocytes express the primary cilia with high percentages at the S-shaped body (88±5%, n=3), capillary loop (95±4%, n= 4), and maturing glomerulus (76±13%, n=5) stages. The percentage of ciliated podocytes was significantly lower at the maturing glomerulus stage than at the former two stages. In mature glomeruli of adult rats, ciliated podocytes were not found at all (0±0%, n=11). These findings indicate that the primary cilia gradually disappear in rat podocytes during glomerular development. Since glomerular filtration rate increases during development, the primary cilia on the podocytes are subjected to a stronger bending force. Thus, the disappearance of the primary cilia presumably prevents the entry of excessive calcium-ions via the cilium-associated polycystin complexes and the disturbance of intracellular signaling cascades in mature podocytes.

Keywords Glomerular epithelial cell · Primary cilium · Glomerulogenesis · Serial ultrathin sections · Rat (Wistar)

Introduction

The cilium is one of the most elementary cellular organelles and is composed of a ciliary membrane and a microtubule-based axoneme protruding from a basal body. Two kinds of cilium are distinguished on the basis of their structure and function: motile and primary cilium (Satir and Christensen 2007; Wheatley et al. 1996). Motile cilia are densely found in specific epithelial cell types, such as the ciliated cells of respiratory tract, and play a role in escalator transportation on the luminal surface. In this type of cilium, the axoneme is arranged in a 9+2 pattern, with nine peripheral microtubule-doublets on the periphery surrounding a pair of central microtubule-singlets. On the other hand, the primary cilia are recognized in a variety of cell types, including epithelial, endocrine, and neuronal cell types. There are two ultrastructural characteristics of the primary cilia: (1) the axoneme is arranged in a 9+0 pattern; and (2) the primary cilium uses the mother centriole of the centrosome as its basal body. The primary cilia serve as cellular mechano- and chemo-sensors, and are immotile except for those on the epithelium around the primitive node of the embryonic disc (Nonaka et al. 1998).

Primary cilia are recognized in most of the epithelial cell types constituting the nephron and collecting duct (Andrews and Porter 1974; Bulger et al. 1974). Mutations in the primary-cilium-associated proteins (polycystin-1,
polycystin-2, and so on) cause the irregularity of spatiotemporal proliferation in the tubular epithelium, and further clinically cause a variety of cystic kidney diseases (Veland et al. 2009; Yoder 2007). Considerable research has thus been done on the primary cilia in renal epithelium in an attempt to determine the mechanism of cystogenesis and develop a treatment for cystic kidney diseases (see Rodat-Despoix and Delmas 2009 and references therein).

Although the importance of primary cilia has been clarified in tubular epithelial cells, it remains controversial whether glomerular epithelial cells (podocytes) express primary cilia in vivo. Some research seems to contend that the podocytes express no primary cilium (Weinstein et al. 1992). However, other studies report that primary cilia are present on the podocytes in some mammalian (rhesus monkey and dog) (Andrews 1975; Rufío et al. 1966) and lower vertebrate species (Miyoshi 1978; Ojéda et al. 2003; Zuasti et al. 1983) on the basis of electron-microscope observation. Furthermore, in cultured podocytes, the presence of primary cilia is also controversial (Kreisberg et al. 1978; Weinstein et al. 1992; Yaoita et al. 1995).

In this study, we examined whether primary cilia are present in rat podocytes of mature and immature glomeruli by means of immunohistochemistry of cilium-specific antigens and TEM of serial ultrathin sections. In the immature glomeruli of fetal rats, most of the immature podocytes possessed the primary cilia. However, in the glomeruli of adult rats, we did not find any primary cilia in the mature podocytes. Our present findings indicate that primary cilia disappear in rat podocytes during glomerular development. We also discuss the physiological significance of the primary-cilium disappearance in rat podocytes.

### Materials and methods

#### Animals

Six male (6 weeks) and one pregnant Wistar rats were obtained from Charles River Japan (Kanagawa, Japan). Fetal rats were removed from the pregnant rat at day 18 of gestation. All animal experiments were approved by the ethical committee of the university and carried out in compliance with the guidelines for animal experimentation of Juntendo University School of Medicine.

#### Antibodies

Mouse monoclonal anti-acetylated-α-tubulin IgG (clone 6-11B-1, working dilution 1:500) and mouse monoclonal...
Fig. 1 Immunofluorescence labeling for acetylated α-tubulin (Ac-tub, red) in adult rat kidney. 

(a–a″) Strong immunofluorescence signal for Ac-tub is found in the glomerulus (G). Such strong signal is not found in the proximal tubules (PT) and distal tubules (DT). Actin filaments are visualized with FL-phallacidin (green) for identification of glomerulus, tubules, and vasculature. 

(b–b″) In the proximal and distal tubules, the primary cilia (arrowheads) are detected with the anti-Ac-tub antibody at the luminal surface. 

(c–c″) In the glomerulus, immunofluorescence signal for Ac-tub (red) is largely colocalized with that for podocalyxin (green), which is predominantly localized at the apical surface membrane of podocytes. It is difficult to determine whether or not the mature podocytes of adult rats possess the primary cilia in this staining. 

Bars 20 µm

Z-stacked images of 5 µm thickness.
anti-detyrosinated-α-tubulin IgG (clone 1D5, 1:50) were from Sigma-Aldrich (St. Louis, MO) and Synaptic Systems (Gottingen, Germany), respectively. Rabbit polyclonal anti-podocalyxin antibody (1:500) was raised against the glutathione S-transferase fusion protein with the entire cytoplasmic domain of rat podocalyxin (Kobayashi et al. 2009). TRITC-conjugated donkey anti-mouse IgG F(ab')2 fragment (1:200) and FITC-conjugated donkey anti-rabbit IgG F(ab')2 fragment (1:100) were from Jackson ImmunoResearch Laboratories (West Grove, PA).

Confocal laser scanning microscopy

Three adult and four fetal rats were perfused with 4% paraformaldehyde fixative buffered with 0.1 M phosphate buffer under anesthesia with pentobarbital. The perfused kidneys were cut into small pieces, and immersed in the same fixative for about 30 min. After washing with PBS, the samples were immersed successively in PBS containing 10, 15, and 20% sucrose for 4, 12, and 4 h, respectively. Subsequently, the samples were frozen in OCT compound (Sakura Finetechnical, Tokyo, Japan), and cut into 10-µm-thick cryosections with a 2800E Jung Frigocut (Leica, Wetzlar, Germany). After mounting on aminosilane-coated glass slides (Matsunami Glass Industry, Osaka, Japan), the sections were washed with PBS, blocked with blocking solution (0.1% bovine serum albumin in PBS), and incubated for 2 h with the anti-α-tubulin (6-11B-1 or 1D5) and anti-podocalyxin antibodies diluted with the blocking solution. After washing with blocking solution, the sections were incubated for 1 h with the fluorescence dye-conjugated secondary antibodies diluted with the blocking solution. Some sections were double-stained with the anti-α-tubulin antibody (6-11B-1 or 1D5) and BODIPY FL phallacidin (FL-P, 1:200; Molecular Probes, Eugene, OR), which is specifically labeled actin filaments. The fluorescence specimens were observed with a LSM510 META confocal laser scanning microscope (Carl Zeiss, Oberkochen, Germany). As the negative control experiment, the primary antibodies were either omitted from the incubation solution or substituted with normal mouse IgG or normal rabbit serum at the same concentrations as the primary antibodies.

Transmission electron microscopy

Three adult and two fetal rats were perfused with 2.5% glutaraldehyde fixative buffered with 0.1 M phosphate buffer under anesthesia with pentobarbital. The perfused
kidneys were cut into small blocks and immersed in the same fixative for a few days. The blocks were cut into 250-µm-thick slices with a DTK-1000 Microslicer (Dosaka EM, Kyoto, Japan), and the slices were processed by modified cold dehydration method. This method enabled detailed morphological observation of the extracellular matrices and cytoskeletons including microtubules, as reported previously (Ichimura et al. 2007, 2009). In brief, the slices were successively immersed in 0.4% OsO4 in 0.1 M phosphate buffer for 1 h, 2% low molecular weight tannic acid (Electron Microscopy Sciences, Hatfield, PA) in 0.05 M maleate buffer for 4 h, and 1% uranyl acetate in 0.05 M maleate buffer for 3 h. The slices were then dehydrated with a graded series of cold acetone, and were embedded in Epon 812. In each rat, 150–200 serial ultrathin sections (90–100 nm thickness) containing two to six glomeruli were produced with an ultra 45° diamond knife (Diatome, Biel, Switzerland). The serial ultrathin sections were transferred to copper grids (50 mesh) which had been coated with Formvar membrane. The serial sections without electron staining were digitally photographed with a H-7100 transmission electron microscope (Hitachi High-Technologies, Tokyo) which was equipped with a C4742-95 CCD camera (Hamamatsu Photonics, Shizuoka, Japan). The numbers of glomeruli and podocytes examined are shown in Tables 1 and 2.

Fig. 3 Serial transmission electron micrographs of a mature podocyte in adult rat (a–g). These sections include both the mother (solid arrows) and daughter (open arrows) centrioles, which are located near the nucleus. The mother centriole is not in touch with the surface plasma membrane, and no primary cilium was projected from the mother centriole. Bar 1 µm. h The podocyte shown by the serial sections is located in the rectangle.
Statistical analysis

Values are presented as means±SD. Differences were tested using Student’s t test, with p<0.05 being considered significant.

Results

Immunohistochemical detection of the primary cilia on podocytes

We used specific antibodies to acetylated α-tubulin (Ac-tub, clone 6-11B-1) and detyrosinated α-tubulin (Detyr-tub, clone 1D5) for the detection of the primary cilia in mature and immature glomeruli of adult (6 weeks) and fetal (embryonic day 18) rats. α-Tubulin in the ciliary axoneme is highly acetylated and detyrosinated, and thus the monoclonal antibodies to Ac-tub or Detyr-tub have been frequently used for the immunohistochemical detection of the primary cilia in a variety of cell types (Lu et al. 2008; Poole et al. 2001; Wheatley 1995).

In the renal cortex of adult rats, the immunofluorescence signals for both Ac-tub and Detyr-tub were predominantly found at the glomeruli (Fig. 1a–a″; Electronic supplementary material, ESM, Fig. S1a–a″). Such prominent signals in the glomeruli were derived from the podocytes, since these signals were found in the glomerulus-forming cells expressing podocalyxin, an apical cell membrane protein of podocytes (Fig. 1c–c″; ESM, Fig. S1c–c″). In mature podocytes, the signals for Ac-tub and Detyr-tub were widely distributed within the cell bodies and primary processes. It was therefore difficult to determine whether or not mature podocytes possess the primary cilia by means of the immunohistochemistry of Ac-tub and Detyr-tub. On the other hand, the primary cilia on tubular epithelial cells were easily detected by the antibodies, as reported previously (arrowheads in Fig. 1b–b″; ESM, Fig. S1b–b″) (Verghese et al. 2008, 2009; Wang et al. 2008).

Unlike mature glomeruli in adult rats, the immunofluorescence intensity of Ac-tub and Detyr-tub was much lower in the immature glomeruli of rat fetuses, whose kidneys exhibited all stages of glomerulogenesis except for the
completely mature stage (Fig. 2; ESM, Fig. S2). However, Ac-tub and Detyr-tub signals, which looked like little pieces of red thread, were frequently recognized between or on the immature podocytes at the S-shaped body and capillary loop stages (arrowheads in Fig. 2; ESM, Fig. S2), and the maturing glomerulus stages (data not shown). These thread-like signals for Ac-tub or Detyr-tub presumably represented the primary cilia.

Electron-microscopic detection and quantification of the primary cilia on podocytes

The immunohistochemistry of Ac-tub or Detyr-tub was not suitable to determine whether mature podocytes express the primary cilia. We thus examined the serial ultrathin sections containing entire centrosome and associated structures of the mature podocytes, since the primary cilium utilizes the mother centriole of centrosome as the basal body. We observed the serial sections of centrosomes for 149 mature podocytes, which were derived from 11 glomeruli of three adult rats. None of the 149 mature podocytes expressed the primary cilium whose axoneme protruded from the mother centriole (solid arrows in Fig. 3; Table 1).

In most cases of mature podocytes, the centrosome was located away from the surface plasma membrane and surrounded by the Golgi apparatus. We could easily distinguish between the mother and daughter centrioles in the serial ultrathin sections, since the mother centriole was associated with six transient fibers at the distal end and two or three basal feet on the side, as previously reported in other cell types (Fig. 4a–d) (Wheatley 1982). In rare cases, the distal end of the mother centriole was beneath the surface plasma membrane, but the transient fibers, which are involved in the connection between the mother centriole/basal body and the plasma membrane, were not

![Fig. 5 Serial transmission electron micrographs of a ciliated immature podocyte in fetal rat (a–i). These sections include both basal body/mother centriole (solid arrows) and daughter centriole (open arrows). A primary cilia protruded from the bottom of shallow recess, and the basal body/mother centriole is located beneath the bottom membrane of the recess. Bar 1 μm. j The podocyte shown by the serial sections is located in the rectangle.](image-url)
in direct contact with the plasma membrane (Fig. 4e). The striated rootlet(s), which were 50–650 nm in length, was occasionally found near the centrosome, although the mature podocytes did not express the primary cilia (Fig. 4f, g).

Unlike the mature podocytes, the immunohistochemistry of Ac-tub and Detyr-tub suggested that the immature podocytes in fetal glomeruli expressed the primary cilia. For confirmation, we observed the serial ultrathin sections containing entire centrosome and associated structures for 221 immature podocytes, which were derived from 12 glomeruli of two fetal rats. Of all the immature podocytes observed, 187 (85%) expressed the primary cilium whose axoneme protruded from the mother centriole (Figs. 5 and 6; Table 2).

The percentage of ciliated podocytes was different among the stages of glomerular development (Fig. 7, Table 2). The immature podocytes expressed primary cilia with high percentages at the S-shaped body stage (88±5%, n=3) and the capillary loop stage (95±4%, n=4). The percentage significantly decreased at the maturing glomerulus stage (76±13%, n=6), in comparison with the former two stages.

The length of the primary cilia ranged approximately from 0.5 to 7.5 µm in the immature podocytes. In most cases, the primary cilium is located in the sheath-like invagination (arrowheads). Bar 1 µm. I The podocyte shown by the serial sections is located in the rectangle.

Fig. 6 Serial transmission electron micrographs of a ciliated immature podocyte in fetal rat (a-k). These sections include both basal body/mother centriole (solid arrows) and daughter centriole (open arrows). In this case, the recess is very deep and forms a sheath-like invagination. Most part of
primary cilium protruded from a membrane recess of the cell body surface (Figs. 6 and 8a). The recess was sometimes very deep and contained almost whole primary cilium (arrowheads in Fig. 6). The basal body was associated with the transitional fibers and the basal feet, and was surrounded by the Golgi apparatus, as reported previously in other cell types (Fig. 8a, b) (Hagiwara et al. 2008; Wheatley 1982; Yamamoto and Kataoka 1986). The striated rootlets were frequently found in the immature podocytes unlike mature podocytes, and their maximum length was about 800 nm (Fig. 8c, d). In the immature podocytes without the primary cilia, the mother centrioles were also found near the surface plasma membrane (solid arrows in Fig. 9).

Discussion

Until now, it has been unclear whether or not podocytes express the primary cilia in vivo. In the present study, by means of TEM of serial ultrathin sections, we clarified that: (1) most of the immature podocytes in fetal rats expressed the primary cilia; (2) the primary cilia on the podocytes gradually disappeared depending on the stage of glomerular development; and (3) the mature podocytes in adult rats completely lost the primary cilia (summarized in Fig. 10).

The primary cilia in tissues and cultured cells have been detected by the use of several methods, e.g., SEM, TEM, and immunological detection of cilium-specific antigens including Ac-tub and Detyr-tub (Wheatley 1995). Among these methods, TEM of serial ultrathin sections is the most reliable method for both identification and quantification of the primary cilia (Wheatley 1995). However, only a few researchers have adopted this method (Elofsson et al. 1984; Karlsson 1966; Sasano 1986), since it takes a great deal of time and effort both to make serial ultrathin sections and to observe them. In the present study, we could save several steps including electron staining and film processing by the use of a CCD camera, which is capable of obtaining the digital images from the non-stained ultrathin sections.

The specific antibodies to Ac-tub and Detyr-tub are frequently used for the detection of the primary cilia in both tissues and cultured cells (Lu et al. 2008; McGlashan et al. 2006; Wheatley 1995). In most cell types including tubular epithelial cells, these antibodies are useful to detect the primary cilia, as reported previously (Verghese et al. 2008, 2009; Wang et al. 2008). However, in the mature podocytes, prominent immunofluorescence signals for Ac-tub and Detyr-tub were found throughout the cell body and primary processes. It was therefore difficult to determine whether or not the mature podocytes expressed the primary cilia by these antibodies.

Acetylation and detyrosination of α-tubulin are post-transcriptional modifications, and proceed gradually after microtubule assembly (see Fukushima et al. 2009 and references therein). Thus, the high content of Ac-tub and Detyr-tub, as seen in the mature podocytes, represents sustained presence and stability of the microtubules, although the acetylation and detyrosination of α-tubulin do not contribute to the stabilization of microtubules (Khawaja et al. 1988; Palazzo et al. 2003). The microtubules containing Ac-tub provide a scaffold for the motor protein kinesin-1, and contribute to anterograde transport of vesicles in neuronal cells (Bulinski 2007; Reed et al. 2006). The stable microtubules with high content of Ac-tub presumably play an important role in ensuring the morphological and functional integrity in the mature podocytes. However, the biological significance on the stabilization and posttranscriptional modifications of microtubules in podocytes has yet to be elucidated.

The disappearance of primary cilia in podocytes during glomerular development suggests that the mature podocytes in adult glomeruli are adapted to the peculiar environment which induces the disappearance of primary cilia. Since the glomerular filtration rate (GFR) increases during development, the primary cilia on the immature

![Fig. 7 Percentage of the ciliated podocytes in fetal and adult rat glomeruli. In fetal rat kidneys, the immature podocytes expressed primary cilia with high percentages at the S-shaped body (88±5%, n=3) and capillary loop stages (95±4%, n=4). The percentage significantly decreased at the maturing glomerulus stage (76±13%, n=5), in comparison with the former two stages. At the mature stage in adult kidneys, the podocytes express no primary cilia (0±0%, n=11). The numbers of glomeruli and podocytes examined are shown in Tables 1 and 2. p<0.05 was considered significant](image-url)
podocytes are subjected to a stronger bending force, and it is highly likely that the influx of calcium ion via the polycystin complexes is increased in the immature podocytes. Therefore, the disappearance of primary cilia in mature podocytes presumably is required to prevent the excessive influx of calcium ion. Some previous papers have reported that primary cilia were found on the mature podocytes in lower vertebrates (lamprey, sturgeon, and gilthead sea bream) (Miyoshi 1978; Ojeda et al. 2003; Zuasti et al. 1983), which exhibit extremely low GFR in comparison with birds and mammals (Braun and Dantzler 1997). This fact supports the above hypothesis that a high GFR is one of the factors inducing the primary cilia to disappear in podocytes.

The next issue is whether or not diseased podocytes re-express the primary cilia in culture. Cultured podocytes lose various phenotypes found in the mature podocytes in vivo, and this phenomenon is regarded as dedifferentiation (Mundel et al. 1997). As shown in the present study, most immature podocytes express primary cilia, hence cultured podocytes are highly likely to express the primary cilia. Several researchers have previously reported that the polygonal cell type grown from isolated glomeruli was...
derived from podocytes and expressed the primary cilia (Kreisberg et al. 1978; Weinstein et al. 1992). However, Yaoita and colleagues indicated that there were two cell types derived from isolated glomeruli: polygonal and arborized cell types, and that only the arborized cell type, but not the polygonal, was derived from podocytes (Yaoita et al. 2001; Yaoita et al. 1995). The arborized cell type was reported to express no primary cilium from the findings of SEM (Yaoita et al. 1995), but further investigation is required.

In conclusion, rat podocytes lose their primary cilia during glomerular development, and the primary cilium is

Fig. 9 Serial transmission electron micrographs of a non-ciliated immature podocyte in fetal rat (a–j). These sections include both mother (solid arrows) and daughter (open arrows) centrioles. The mother centriole is not in contact with the surface plasma membrane, and no primary cilium was projected from the mother centriole. Bar 1 µm. k The podocyte shown by the serial sections is located in the rectangle

Fig. 10 Diagram showing that the primary cilia disappear in rat podocytes during glomerular development. In immature glomeruli of fetal rats, the podocytes express the primary cilium with high percentages. However, in mature glomeruli of adult rats, the podocytes express no primary cilia.
one of the characteristic features of podocyte immaturity. The mature podocytes in adult rats are exposed to strong shear stress by their larger GFR than that of lower vertebrates. The disappearance of the primary cilia presumably prevents the entry of excessive calcium via cilium-associated calcium channels and the disturbance of intra-cellular signaling cascades in mature podocytes.

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