**Additional file 1: The evaluation sheet used in quantitative test phase**

| Evaluation sheet / Questions                                                                 |
|---------------------------------------------------------------------------------------------|
| How long did it take you to complete the questionnaire?                                      |
| If someone would have given you the link to this online questionnaire, would you have         |
| participated in the study?                                                                   |
| Would you have finished the questionnaire completely?                                        |
| Would you have preferred to select just one constraint per item instead of three?             |
| Other comments, criticism and suggestions for improvement:                                  |