Leptospirosis bacteria detected in rodents in Tana River and Garissa counties of Kenya

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ABSTRACT

Introduction: Leptospirosis is a bacterial zoonotic disease with wide geographical spread. Its presence in Kenya and some of the neighbouring countries has been documented before and it is thought to contribute significantly to the number of febrile cases in human populations and abortions in livestock. This study investigated Leptospira spp. presence in rodents collected in both a pastoral and irrigated region of Kenya.

Materials and methods: Blood and kidney samples were screened for leptospiral DNA by PCR, and ELISA was used to detect antibodies in tissue fluid.

Results and discussion: Almost 42% (28/67) of the rodents were found to be PCR positive and 25% (14/56) by the ELISA test. Focus group discussions revealed that the local population perceived an increase in the rodent population and febrile illnesses not responsive to malarial treatment, a possible attestation of importance of non-malarial acute febrile illnesses such as leptospirosis in the communities.

Conclusion: While the study was small, it indicated that rodents could play an important role as reservoir hosts for the bacteria in these areas.

Introduction

Leptospirosis is a neglected zoonotic disease caused by pathogenic bacteria of the genus Leptospira [1]. Rodents are known to be important reservoirs of the bacteria, with rats being shown to be important reservoirs of the bacteria in urban environments [2] and field mice important for occupationally-acquired leptospirosis in other parts of the world [3]. The burden in Africa is far from being fully understood to date, due to the lack of proper surveillance and diagnosis [4]. It is most likely that leptospirosis is a common, but usually non-diagnosed, cause of febrile illness in large areas of the African continent, which is now more noticable when an increasing number of these cases are being regarded as non-malarial [5].

In Kenya, seroprevalence studies have been performed in various parts of the country to investigate the disease in human hosts in outbreak investigations [6,7] and in at-risk populations [8,9]. One study has so far included both human and livestock hosts in its study population, an important consideration in integrating one-health approaches in research on the disease [10]. Few studies in the country have investigated rodents for the causative bacteria [11].

Kenya has seen increased efforts in placing its large portion of arid and semi-arid land (ASAL) under agriculture over the recent past with an aim of making it more food secure. Changes in human activity are common drivers of disease, and the increased irrigation may contribute to increased disease incidence [12,13]. The Tana River area of Kenya has seen an increase in irrigated land, with a concomitant drop in vegetation cover. This has led to a decline in population densities of larger wildlife and an increase in small ruminants. The creation of novel mosquito breeding sites due to irrigation has resulted in an increase in the exposure to mosquito-borne pathogens like Rift Valley fever virus, Plasmodium spp. as well as West Nile and dengue fever viruses, changing the risks for vector-borne zoonotic diseases [9,14–16]. Less is known about the impact of land-use changes as a driver of disease on rodent-borne diseases. Increased clearing of bushes and use of land for cultivation may contribute to the increase in synanthropic rodent populations in these areas [9,17] and therefore create a possible risk of rodent borne pathogens to human and animal populations. This study investigated the presence of Leptospira spp. in rodents collected from ASAL areas of Kenya with the aim of demonstrating the public health importance of these carriers and to inform future research efforts.
Materials and methods

Study area

The study was performed in Bura and Hola irrigation schemes in Tana River County, and Ijara and Sangailu towns in Garissa County (Figure 1). Many inhabitants in Tana River county live under the absolute poverty line, which is estimated at a little over a one thousand shillings earnings a month. The county had a population density of 383.5 people per square kilometer from the last population census in 2010 and receives a low amount (long-term annual average between 220 and 500 mm) of rainfall with bimodal distribution in the months of April to June and November to December. The Bura and Hola irrigation schemes were set up to support economic activities in the region; mainly crop farming and to a lesser extent, extensive livestock production. The biggest irrigation schemes are the Bura Irrigation Scheme, the Tana Delta Irrigation Project, and the Hola Irrigation Scheme, and are used for production of important cereals like rice and maize [18–20].

Ijara and Sangailu towns are located in Garissa County of Kenya which has a population density of 723.7 people per square kilometer. The majority of inhabitants practice transhumant pastoralism. The River Tana is an important source of water for the county, with mean rainfall of between 250 and 300 mm. Rainfall also typically presents in bimodal distribution from March to May and from September to October [18]. The county is considered among the poorest in the country and has been shown to have severe gaps in access to water [21,22].

Study design and ethical approval

The work was designed as a pilot study to investigate the occurrence of rodents at the different sites and to detect Leptospira spp. in rodents. The design was cross-sectional in nature. The study was implemented in a small area within the region used for the Dynamic Drivers of Disease in Africa: Ecosystems, livestock/wildlife, health and wellbeing: RVF case study in Kenya project (REF. NE/J001422/1). Ethical approval for this project was provided by the Ethics and Scientific Review Committee (ESRC) of the Africa Medical and Research Foundation (AMREF) (REF: AMREF-ESRC P65/2013).

Focus group discussions

Focus group discussions (FGDs) were conducted in order to collect qualitative data on people’s perceptions, historical and recent observation of rodent populations, unusual diseases and the sources of such diseases. Multi-level stratified random sampling of the participants was done. All the participants had to be residents of the irrigation schemes in Tana River County or the dryland communities in the study sites in Garissa County. Within the irrigation schemes, communities lived in villages which was considered a cluster. Individuals within each village were randomly picked to be part of the focus group. Stratification was also made based on gender because of cultural considerations. Initial discussions with key informants, who were either community leaders or government agricultural extension officers helped refine the focus group discussions guides based on their knowledge of local norms. The focus groups in the study ended up having 8 participants on average. The discussions were recorded and later transcribed. The data were analyzed using conventional content analysis method [23]. To ensure active participation of all participants and accurate answers, the moderators tested the level of knowledge of wildlife species and disease symptoms.

Setting up of rodent traps

The procedure for trapping rodents followed standard protocol as outlined by Eymann et al. [24] and was implemented by mammalogists at the National Museums of Kenya (NMK). Forty Sherman rodent live traps (H. B. Sherman Traps Inc., Tallahassee, FL) were used for trapping rodents, on paceline transect established in the field traversing farms and fallow bush. Within settlements, traps were set in houses, stores and along fences of homesteads, from around 5.30 pm to 7.30 pm and checked for trapped rodents at 7 am the next morning. Traps were closed during the day, and rebaited the following evening in the same location, for two consecutive trap nights per site. Each trap was baited using oats and peanut butter and set one per trapping station spaced at 10 meters apart in the bush and farms but irregularly in settlements. Rodent collection was performed in Bura and Hola in October 2013 and March 2014. Rodents from Ijara were collected in December 2013 and March 2014. Rodents in Sangailu were collected in December 2013 and during January and February 2014. In total there were 80 trap nights per site.

Sample collection

The rodent species were identified morphologically by mammalogists from NMK. Collected rodents were euthanized using an intraperitoneal injection of 0.1–0.5 ml Ketaminol (50 mg/ml). Blood samples were collected via cardiac puncture and urine samples were obtained when possible. Rodent morphometric data was recorded (weight, total length, and lengths of the tail, hind foot, forearm and ear). Internal organs (heart, liver, kidneys, lungs, spleen, caecum and bladder) were
collected from each rodent. The sex and estimated age (whether adult, juvenile or sub-adult) of the rodents were noted, as well as autopsy comments made.

All organ samples were collected in sterile cryovials with unique barcode identifiers and immediately preserved in liquid nitrogen from where they were transported to the International Livestock Research Institute (ILRI) headquarters in Nairobi, Kenya.

**PCR testing and phylogenetic analysis**

Blood and/or kidney samples from 67 rodents were analyzed. Extraction of DNA was performed using the high-performance MagNA Pure Total Nucleic Acid isolation kit (Roche Diagnostics; Basel, Switzerland) according to the manufacturer’s recommendations. Nucleic acid concentration was determined using the NanoDrop 2000 spectrophotometer (Thermo Scientific; Wilmington, Delaware).

Conventional PCR was used to detect leptospiral DNA using primers described by Gravekamp et al., (1993) that target the *Leptospira* spp. secY gene of pathogenic leptospires with the exception of *L. kirschneri*. A 25 µl reaction assembly was comprised of 1× DreamTaq Green PCR Master Mix (ThermoFisher Scientific; Waltham, Massachusetts), 400 nM of both G1 and G2 primers, 2 µl of extracted DNA and nuclease-free water. Thermocycling was performed on the GeneAmp® PCR system 9700 Thermocycler (ThermoFisher Scientific; Waltham, Massachusetts) using the following conditions; initial denaturation at 95°C for 3 minutes, with 40 cycles of 95°C for 30 seconds, 55°C for 1 min, and 72°C for 1 minute. Final extension was done at 72°C for 10 min. Both positive and negative controls were included in the PCR runs. PCR bands of interest (at 285bp) were detected using agarose gel electrophoresis. DNA purification was performed using the Wizard®SV Gel and PCR Clean-Up System (Promega; Madison, Wisconsin). Positive rodents were determined as those with positive amplification from kidney tissue, blood or both samples (if present). A negative rodent was determined when there were no amplification in any of the samples used for analysis.

PCR products from 5 positive samples were purified and sent to Macrogen Inc. (Amsterdam, The Netherlands) for Sanger sequencing. Sequence analysis was performed using the CLC Main Workbench software package version 6 (Qiagen; Aarhus, Denmark) and sequences searched using the BLASTn tool on the NCBI website. Sequences were deposited to GenBank and allocated accession numbers MG963181, MG963182, MG963183, MG963184 and MG963185. Phylogenetic analysis was performed by the MEGA6 software [25]. Nineteen partial sequences of the secY gene representative of several leptospiral species were chosen as reference sequences, including non-pathogenic leptospires as outliers. The phylogenetic tree was generated using the Maximum Likelihood method using the Tamura-Nei model [26] and the tree

![Figure 1. Map of Kenya and the two study areas, Tana River and Garissa Counties, with towns involved in the study highlighted.](image-url)
with the highest log likelihood was generated and drawn to scale. Initial tree(s) for the heuristic search were obtained automatically by applying the Maximum Parsimony method. The tree was drawn to scale, with branch lengths measured in the number of substitutions per site. Evolutionary analyses were conducted in MEGA6 [27]. Twenty four (24) nucleotide sequences were included in total (Figure 2).

**Serological testing**

The volume of blood obtained from the rodents was too small to be used directly in a serological assay. Blood or body fluids from rodent organs (lungs or liver) were absorbed on Nobuto filter paper strips (Toyo Roshi Kaisha Ltd, Tokyo, Japan), dried and sent to the Zoonosis Science Center at Uppsala University for analysis. The paper strips were resuspended in 400 µl phosphate buffer saline (PBS). However, since different blood volumes were initially available, the final concentration varied between the samples. When the entire strip had absorbed fluids, this was estimated to be equal to 4 µl, giving a final dilution of 1:100. If the filter paper had only absorbed blood or body fluids to 25% of its surface area, the dilution was estimated to be as high as 1:400, increasing the risk of false negative samples. Heat inactivation of the PBS dilutions were done at 56ºC for 30 minutes.

The diluted samples were then screened using a commercial enzyme-linked immunosorbent assay (ELISA) kit (Qualitative Rat Leptospira IgG (LS-IgG), MyBioSource, San Diego, California) designed

Figure 2. The phylogenetic analysis was performed on isolates from both study counties (highlighted with black dots) and compared with sequences of the secY gene of known leptospiral species. The evolutionary history was inferred using the Maximum Likelihood method based on the Tamura-Nei model [26]. The tree with the highest log likelihood (−1108.1041) is shown. The percentage of trees in which the associated taxa clustered together is shown next to the branches.
for usage on blood, serum, tissue homogenates and body fluids. Since the test samples were diluted at least 1:100 during resuspension from filter paper, the sensitivity was expected to be decreased. According to the instructions for the kit, samples are not supposed to be diluted unless OD values higher than the highest standard are obtained. Apart from this deviance, the instructions of the manufacturer were followed. Samples with optical densities higher than the average of the negative controls +0.15 were regarded as positive for leptospiral-reactive IgG, according to the instructions of the ELISA manufacturers.

**Statistical analysis**

Laboratory data was initially entered into MS Excel (Microsoft Corporation, USA) and later imported to STATA 14.0 (StataCorp Ltd, US) for analysis. Univariable analyses were performed using Chi² test, or Fisher’s exact test (when the assumptions for Chi² test were not met).

**Results**

A total of 119 rodents representing six identified species (Table 1) were collected at the four sites, over the two trapping periods. Trap success rates were 28.1% (45/160) in Bura, 24.4% (39/160) in Hola, 17.5% (14/80) in Ijara and 13.1% (21/160) in Sangailu. The most abundant species was the common house mouse, *Mus musculus* (74) followed by the multimammate rat, *Mastomys natalensis* (33). In spite using the same number of traps the same number of nights on all sites, the total capture was higher in the irrigated areas, Bura and Hola, than in the two non-irrigated sites of Ijara and Sangailu. *Mus musculus* was most frequently trapped adjacent or inside houses, while *Mastomys natalensis* was more often trapped in bushes. Majority of the rodents collected were adults (n = 108, 90.8%), with sub-adults (n = 7, 5.9%) and juveniles (n = 4, 3.4%) being fewer.

**Qualitative analysis**

There were a total of 20 FGDs held across the study site. The community members provided a historical timeline with major environmental changes and accompanying changes in human health and a summary of the results from the various study sites is presented in Table 2 below. There was a general perception by the local population that there was a correlation between increased irrigation in the area over the years and cases of non-malarial fever.

**Molecular analyses**

In total, blood and kidney tissues from 67 rodents were available for testing in this study (from both wet and dry seasons in Ijara and Sangailu, and the dry season in Bura and Hola). DNA was extracted and analyzed by PCR for the presence of leptospira DNA, with positive results obtained on samples from 28 rodents (41.8%, 95% CI = 29.8% – 54.5%). The percent positivity was highest in Ijara with 82% (95% CI 48.22 – 97.72), followed by Sangailu with 58% (95% CI 27.67–84.83). In the irrigated areas, the percent positive was 16% (95% CI 4.54 –36.08) in Bura and 42% (95% CI 20.25–66.50) in Hola (Table 1).

There were significantly (p = 0.001) higher proportions of rodents that were PCR positive among samples from pastoral areas collected in the wet season (69.6%), than those collected in the dry season in the irrigation areas (27.3%), with the odds ratio being 6.25.

Comparing adults to the juvenile and sub-adults, more young were found PCR positive (60.0%) than the adults (31.3%), but the difference was not significant (p = 0.2). Comparing mice and multimammate rats, there was no significant difference in PCR results. Phylogenetic analysis showed that all 5 sequences from this study clustered with the partial sequences from the species *Leptospira interrogans*. Other leptospiral species also clustered closely with each other, corroborating the ability of the secY gene of the bacteria in differentiating the various species within the leptospiral genotypic classification system [11,28–30].

**Serological analyses**

Serological analysis revealed only 14 out of 56 tested rodents (25.0%, 95% CI 14.4–38.4%) as being seropositive, with 9 (36%, 95% CI 18.0–57.5%) from Bura, 2 (11.8%, 95% CI 1.5–36.4%) from Hola, 1 (12.5%, 95% CI 0.3–52.7%) from Ijara and 2 (33.3%, 95% CI 4.3–7.8%) from Sangailu. There were no significant differences (p = 0.25) between the sites. Multimammate rats were more likely (p < 0.001) to be found seropositive (58.8%) than mice (11.4%). More adults were seropositive (26.7%) compared to young (11.1%), though the difference was not significant.

There was no significant difference in seropositivity when comparing irrigated (Bura and Hola) with the non-irrigated, pastoral sites (Ijara and Sangailu). A comparison of the samples tested both with PCR and ELISA is shown in Table 3.

**Discussion**

Results from the FGDs were consistent with the little tree cover noted in the pastoral Garissa county
and the high human settlements and irrigation activities noted in the irrigation area of Tana River county. These anthropogenic activities in the area have also been linked with low biodiversity [9].

Frequent rodent sightings reported by the participants could also be an indicator of leptospirosis exposure in humans as has been shown in a slum area in the country [11]. Participants also reported infection with non-severe malaria or sleeping sickness that did not respond to conventional drugs administered in the local health facilities being common in the area. This is despite the diseases being recently demonstrated in the study area [9].

Poor knowledge of leptospirosis and other non-malarial acute febrile illnesses has been shown to be more prevalent in rural populations as opposed to urban populations in other parts of the world [31, 32]. However, there has been an increased number of non-malarial acute undifferentiated fevers in the African continent due to arboviral diseases and others such as brucellosis and leptospirosis [4, 33]. This therefore could corroborate the perceptions of the study participants of the importance of 'malaria' and such similar febrile illnesses being important considerations in the community's health. This also underpins the usefulness of participatory epidemiological methods in future studies in a bid to produce research outputs more relevant to the local communities as well as assist in disease surveillance in rural communities [34, 35].

This study shows the presence of leptospires in rodents in two counties in North-Eastern Kenya. This study further demonstrates the usefulness of participatory epidemiological methods in future studies in a bid to produce research outputs more relevant to the local communities as well as assist in disease surveillance in rural communities [34, 35].

| Species                  | Bura Total | PCR | ELISA | Hola Total | PCR | ELISA | Ijara Total | PCR | ELISA | Sangailu Total | PCR | ELISA | Total Total | PCR | ELISA |
|--------------------------|------------|-----|-------|------------|-----|-------|-------------|-----|-------|---------------|-----|-------|-------------|-----|-------|
| Acomys wilsoni           | 0          | NT  | NT    | 1          | 1   | 0/1   | 0           | 0   | 0/1   | 0             | 0   | 0/1   | 8           | 1   | 0/1   |
| Arvicanthis niloticus    | 1          | NT  | NT    | 0          | 0   | 0     | 0           | 0   | 0     | 0             | 1   | NT    | NT          | 1   | NT    |
| Gerbillusculus robustus  | 0          | 0   | 0     | 1          | 1   | 0/1   | 0           | 0   | 0/1   | 0             | 0   | 1/1   | 0/1         | 1   | 0/1   |
| Mastomys natalensis      | 18         | 2/13| 8/13  | 3           | 2/2 | 0/2   | 1           | 1/1 | 1/1   | 11            | 4/5 | 1/1   | 33          | 9   | 2/17  |
| Mus musculus             | 26         | 2/12| 1/12  | 27          | 4/15| 2/13  | 11          | 6/8 | 0/5   | 10            | 3/7 | 1/5   | 74          | 15  | 4/33  |
| Rattus rattus            | 0          | 2   | 2/2   | 0           | 0   | 0     | 0           | 0   | 0     | 0             | 0   | 2/2   | 0/2         | 2   | 100%  |
| Total                    | 45         | 4/25| 9/25  | 39          | 8/19| 2/17  | 14          | 9/11| 1/8   | 21            | 7/12| 2/6   | 119         | 28  | 67/67 |
|                          | 16%        | 82% | 36%   | 42.1%       | 11.8%| 12.5% | 81.8%       | 58.3%| 33.3% | 41.8%         | 25.0%| 0%    | 0%          |      |        |

NT = not tested.
Table 2. Summary findings of focus group discussion of the perceptions of human diseases and wildlife in the community.

| Period        | Perceptions about important wildlife and the environment | Perceptions of most definitive illnesses in the communities |
|--------------|--------------------------------------------------------|----------------------------------------------------------|
| 1961         | Lots of wild animals (big game) including big cats, wild dogs and elephants | Non-severe malaria, bilharzia, typhoid and few cases of blood pressure |
| 1970–1980    | Big mammals were many but reducing (elephants were not seen) | Diarrhoea, measles, chicken pox, trypanosomiasis/sleeping sickness |
| 1982–1987    | Some big game (zebras, big gazelles, hyenas and wild pigs). Increase in rat numbers noted | Malaria, typhoid, dehydration, HIV/AIDS, ulcers, blood pressure, pesticide poisoning (directly and indirectly) |
| 1988–1989    | Collapse of the irrigation schemes, reduced number of big game and other wild animals except baboons, wild pigs, porcupines, squirrels. Introduction of the Mathenge weed (Prosopis juliflora) | Malaria, typhoid, dehydration, HIV/AIDS, ulcers, high blood pressure, pesticides poisoning (directly and indirectly) |
| From the 1990s | Expansion of Prosopis juliflora | Malaria, pneumonia, high blood pressure, typhoid, diabetes, chicken pox, sleeping sickness, bilharzia, HIV/AIDS, tuberculosis, fungal infections, livestock diseases and deaths |
| 2000         | Increase in big rats, squirrels, re-emergence of lions, caracal | Malaria, stomach illnesses, dehydration, anaemia, malnutrition |
| 2003–onwards | Mathenge (Prosopis juliflora) forests, revival of the irrigation schemes, increase in rodents | Amoebasis, typhoid fever, cancer, malaria, bilharzia, HIV/AIDS, asthma |

Table 3. Rodent samples from Garissa and Tana river county tested for Leptospira spp. using both ELISA and PCR.

|          | ELISA |         |         |
|----------|-------|---------|---------|
|          | Positive | Negative | Total   |
| PCR      | 4      | 18      | 22      |
| Negative | 9      | 24      | 33      |
| Total    | 13     | 42      | 55*     |

*One sample was not available for PCR testing but only for the ELISA test.

However, utilized a small sample size and therefore may not have been enough to state the prevalence of the bacteria in the counties.

This study also shows that land-use may have an effect in the percent positivity of Leptospira in rodent carriers. Rodents collected from the pastoral regions (Ijara and Sangailu) had six times the odds of carrying the bacteria than those from the irrigated regions (Bura and Hola). It is likely that the presence of synanthropic rodent populations harbouring the bacteria could lead to more maintenance of the bacteria and likely transmission of human and animal leptospirosis as has been hypothesized in other parts of the world [39]. However, due to insecurities in the area, this study was only able to analyze samples from the dry season from the irrigated areas, and samples from the wet and dry seasons in the pastoral areas. The confounding effects of season between irrigated and pastoral areas are therefore not possible to separate. This is especially so because both rodent abundance and leptospirosis carriage in rodents have both been shown to be affected by seasonality of weather, with warm and wet seasons seeing higher rodent populations and survival of the bacteria in the moist and warm environment [39]. It has however been proposed that drier environments may encourage for more circulation of leptospires among hosts due to rodents living closer to human housing areas due to lack of food in their habitats or even sharing the few watering points in the locality that may be contaminated by infected urine [9,38].

The serological testing was also expected to have a lower sensitivity, and there may be therefore many false negatives affecting this result. Serologically positive animals were often negative by PCR, which is not unusual since the antibodies indicate a past exposure, and not necessarily an ongoing infection. The PCR and ELISA tests did also not agree well when a Cohen’s kappa was done (data not shown), which can be explained by the fact that the two tests detect DNA and antibodies respectively. Future studies that factor in seasonality in the sampling by including both wet and dry seasons over a longer period of time would also reveal seasonality of the disease, if any. This would greatly inform control measures in these ASAL areas. There is a need to show the presence of the bacteria in various animal hosts, including both domestic and wild animals. Knowledge on locally circulating serovars is also very needful as this will inform diagnosis and control strategies in the country, especially since immunity in humans is serovar-specific and so are vaccines available for human use currently [40]. MAT testing, though very important in leptospirosis research, was not performed in this study to confirm the results obtained due to lack of resources.

This study did not show any association between the rodent species or age and the percent positivity of the bacteria using PCR analyses, although that has been shown by others [11,41–44]. This study was however very small, and the power may not have been sufficient to detect this.

Multimammate rats were found to have a higher percent positivity than the other species by the ELISA test. Demonstration of leptospiral antibodies in the rodents is further proof of exposure of the rodents to the bacteria. The use of diluted samples in the ELISA test may have underestimated the seroprevalence. It did however show that the filter paper method can be used for analyses by this ELISA kit, although probably with a lower sensitivity. This can be important in circumstances that would not allow the direct use of blood or tissue fluid.
Though we utilized a small sample size, this study is one of the few that has demonstrated the presence of leptospira in rodent carriers in these remote, areas of Kenya and, by extension, the risk that it poses in these poor and marginalized communities. This demonstrates the understated public health importance of leptospirosis in these areas. The use of a sample size that is more statistically representative of the number and species of rodents in the area will also reveal more on these rodent carriers of the disease.

Conclusion

While the study was small to illustrate the epidemiological situation in Kenya, it has shown molecular and serological evidence of leptospiral infections in rodents from north-eastern Kenya. This finding will therefore underline the risk posed by rodent carriers in the area and the need for control strategies.

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Disclosure statement

No potential conflict of interest was reported by the authors.

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