Supplementary Table 1. Demographic and socioeconomic characteristics of patients with childhood-onset and adult-onset T1DM

| Parameter                        | All* (n = 569) | Childhood onset (n = 132) | Adult onset (n = 437) | P value |
|---------------------------------|----------------|--------------------------|-----------------------|---------|
| Female sex                      |                |                          |                       | 0.113   |
| Age at enrollment, yr           | 34.8 ± 12.4    | 23.8 ± 5.6               | 38.1 ± 12.0           | <0.001  |
| Diabetes duration, yr           | 5.9 (3.1–10.3) | 9.3 (5.8–13.7)           | 5.1 (2.6–8.5)         | <0.001  |
| Age at diagnosis, yr            | 25.6 (18.3–33.8) | 13.9 (11.6–16.1)        | 29.1 (23.5–36.5)      | <0.001  |
| Family history of diabetes      | 149 (26.5)     | 35 (26.7)                | 114 (26.4)            | 0.940   |
| Family history of T1DM          | 25 (4.4)       | 2 (1.5)                  | 23 (5.3)              | 0.064   |
| Education level: less than university | 177 (31.4)     | 46 (35.4)                | 131 (30.3)            | 0.269   |
| Having insurance                | 490 (86.1)     | 112 (84.8)               | 379 (86.7)            | 0.582   |
| Marital status (alone)          | 344 (61.3)     | 26 (20.2)                | 318 (73.6)            | <0.001  |
| Living status (single)          | 45 (8.3)       | 11 (8.7)                 | 34 (8.2)              | 0.861   |
| Diabetic education              | 432 (77.6)     | 90 (70.9)                | 342 (79.5)            | 0.040   |
| Received nutrition therapy education | 239 (42.0)    | 50 (37.9)                | 188 (43.0)            | 0.294   |
| Adhering to diabetic diet       | 398 (71.2)     | 84 (65.1)                | 314 (73.2)            | 0.075   |
| Exercise ≥150 min/week          | 228 (49.0)     | 56 (52.8)                | 172 (47.9)            | 0.373   |
| Smoker                          | 92 (16.2)      | 10 (7.6)                 | 82 (18.8)             | 0.002   |
| Alcohol drinker                 | 50 (8.8)       | 5 (3.8)                  | 45 (10.3)             | 0.020   |
| Clinical visit times per year <12| 289 (53.7)    | 75 (61.5)                | 214 (51.4)            | 0.051   |

Values are presented as number (%), mean ± standard deviation, or median (interquartile range). P value: childhood-onset vs. adult-onset. T1DM, type 1 diabetes mellitus.

*Missing data: family history of diabetes, 7 (1.2%); family history of T1DM, 7 (1.2%); family history of T1DM, 7 (1.2%); living status, 26 (4.6%); marital status, 8 (1.4%); diabetic education, 12 (2.1%); adhering to diabetic diet, 10 (1.8%); exercise status, 104 (18.4%); alcohol drinker, 1 (0.2%); smoker, 1 (0.2%); clinical visit times per year, 31 (5.4%).