The Characterisation of Electrodeposited MoS₂ Thin Films on a Foam-Based Electrode for Hydrogen Evolution

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Abstract: Molybdenum sulphide is an emerging precious-metal-free catalyst for cathodic water splitting. As its active sites catalyse the Volmer hydrogen adsorption step, it is particularly active in acidic media. This study focused on the electrochemical deposition of MoS₂ on copper foam electrodes and the characterisation of their electrocatalytic properties. In addition, the electrodeposition was modified by adding a reducing agent—sodium hypophosphite—to the electrolyte. To reveal the role of hypophosphate, X-ray photoelectron spectroscopy (XPS) analysis was carried out in addition to scanning electron microscopy (SEM) and energy-dispersive X-ray spectroscopy (EDX). MoS₂ films, electrodeposited at various charges passed through the cell (catalyst loadings), were tested for their catalytic activity towards hydrogen evolution in 0.5 M H₂SO₄. Polarisation curves and Tafel slope analysis revealed that the electrodeposited MoS₂ films are highly active. Namely, Tafel slopes fell within the 40–50 mV dec⁻¹ range. The behaviour of as-deposited films was also evaluated by electrochemical impedance spectroscopy over a wide overpotential range (0 to −0.3 V), and two clear time constants were distinguished. Through equivalent electrical circuit analysis, the experimental data were fitted to the appropriate model, and the obtained values of the circuit components were examined as a function of overpotential. It was found that the addition of NaH₂PO₂ into the electrodeposition solution affects the intrinsic activity of the material. Finally, a method is proposed to approximate the number of active sites from impedance data.

Keywords: molybdenum sulphide; electrodeposition; hydrogen evolution reaction; water splitting; electrocatalysis; electrochemical impedance spectroscopy; active sites

1. Introduction

Within the field of renewable energy generation, storage and transportation, H₂ is considered a feasible energy carrier due to its significant gravimetric energy density when compared to carbon-based fuels [1]. However, the most widely used industrial-scale hydrogen production method currently is the steam reforming process, where hydrocarbons react with steam, yielding H₂ and CO₂ [2]. An excellent alternative—electrochemical water splitting—is a phenomenon that has been observed since as early as 1789 [3,4]. With the application of sufficient overpotential on an electrode in an aqueous solution, the H₂O molecules spontaneously split into H₂ and O₂. The cathodic half-reaction is called the hydrogen evolution reaction (HER) [5].

The mechanism of HER in acidic solutions consists of three steps: electrochemical hydrogen adsorption (Volmer reaction), followed by electrochemical (Heyrovsky reaction) and/or chemical (Tafel reaction) hydrogen desorption [6]. The rate of HER therefore depends on the adsorption
energy of atomic hydrogen. The so-called “volcano plots” were the first attempt to systemically show correlation between M-H bond energy and HER rate, in terms of exchange current density, and explained the empirically-observed fact that platinum is the best heterogeneous HER catalyst [7–9]. Contemporary volcano plots exchange the M-H bond energy for adsorption energy (\(\Delta G_{\text{ad}}\)), calculated by density function theory (DFT) [10], but show the same general trend. Although the theory is sound, difficulties arise, for example, when characterising easily oxidising metals [11].

With this knowledge-based approach in mind, research into feasible alternatives to platinum for HER electrocatalysis has focused on noble-metal-free catalysts: transition metal sulphides, selenides, phosphides, nitrides and carbides, all of which have been comprehensively covered in multiple review papers [12–15]. In particular, it was found that the free adsorption energy of hydrogen onto MoS\(_2\) was close to that of Pt [16]. This led to further application of MoS\(_2\) as a HER catalyst. The catalytically active sites were found to be the edge sites (\(\Delta G_{\text{ad}}^0 \approx 0.115\ \text{eV}\)), sulphur vacancies (\(\Delta G_{\text{ad}}^0 \approx -0.095\ \text{eV}\)) and grain boundaries [17,18]. Nanoclusters of \([\text{Mo}_3\text{S}_{13}]^{2-}\) demonstrated excellent HER catalytic activity [19]. The structure of amorphous MoS\(_{2-x}\) was later elucidated to consist of such \([\text{Mo}_3\text{S}_{13}]^{2-}\) building blocks, joined into a polymeric chain; the implications of this structure are that amorphous MoS\(_{2-x}\) can corrode cathodically, shortening the polymeric chain, but also creating new unsaturated Mo\(^{IV}\) active sites for \(\text{H}_2\) evolution [20].

MoS\(_2\) films and structures can be obtained by numerous methods, the pros and cons of which have been considered extensively in review papers [21,22]. Among those methods, electrochemical deposition is of particular interest, as it is a relatively inexpensive and fast way to obtain MoS\(_2\) films on electrode surfaces. Cathodic electrodeposition from an ammonium tetrathiomolybdate ((NH\(_4\))\(_2\)MoS\(_4\)) solution yields amorphous MoS\(_{2-x}\) films, which can attain crystallinity upon annealing [23,24]. Crystalline MoS\(_2\) materials are typically more electrochemically stable [25], but amorphous films have greater HER electrocatalytic activity due to their rough, nanostructured surface morphology, and consequently higher density of defect (active) sites [26,27].

Different methods to improve the catalytic activity of transition metal dichalcogenides such as MoS\(_2\) have been proposed. Doping with lithium, transition metals or even anionic nitrogen has been shown to have various effects on MoS\(_2\), including an enhanced catalytic activity when compared with the unmodified material [28–31]. Some methods focus on nanostructurisation to reveal a maximum amount of active sites [32], while others combine MoS\(_2\) with electro- or photoactive materials to form functional composites with combined properties [33].

Earlier, our group reported on the HER electrocatalytic activity of electrodeposited MoS\(_{2-x}\) films and the application of electrochemical impedance spectroscopy (EIS) to characterise them [34]. EIS can provide kinetic information additional to steady-state measurements and allows the determination of reaction rate constants [6], charge transfer kinetics [35] and double layer capacitance, which is proportional to the electrocatalytically active surface area [36,37]. As the method itself is non-destructive, it excels in the characterisation of heterogeneous electrocatalysis.

As a continuation of our previous investigations on MoS\(_2\) synthesis and application for HER electrocatalysis, this study focused on the aspects of engineering of an electrode with a relatively large geometric surface area and increasing the intrinsic per-site activity. In addition, we investigated the influence of sodium hypophosphite (NaH\(_2\)PO\(_2\)) as a chemical reducing agent on electrodeposition, the films’ structure and their HER activity.

2. Results

2.1. MoS\(_2\) Electrodeposition

The electrodeposition of MoS\(_2\) films in both solutions (without and with hypophosphite) was investigated by cyclic voltammetry to establish a working potential range, where the dominating cathodic reaction is MoS\(_2\)\(^{2-}\) reduction to MoS\(_2\). Firstly, CV scans were taken on a 1 cm\(^2\) surface area copper rod electrode, at potentials from −1.2 to 0.2 V vs. Ag/AgCl (Figure 1). No prominent cathodic
peaks are present in these cycles due to overlaying of MoS$_4^{2-}$ reduction peaks with hydrogen evolution, which occurs across the entire potential range. At about $-1$ V, the cathodic current begins to increase more rapidly, which reveals that MoS$_4^{2-}$ reduction and hydrogen evolution are occurring. The addition of NaH$_2$PO$_2$ does not change the profile of the cycles, nor do any peaks become apparent. There is a small difference in the anodic part of the cycles, but in this system the anodic current is entirely dominated by the corrosion of the copper substrate, and the oxidation of electrodeposited MoS$_2$. CVs performed on the Cu-foil electrodes have a slight difference in the cathodic profile of the curves. A minor increase in the current is observed with the addition of hypophosphite, but no distinguishable reductive peaks appear. A small anodic peak at $-0.68$ V is seen in both cases and is likely caused by rapid hydrogen desorption from the large surface area and catalyst-covered electrode. The sharp increase in oxidative current at higher anodic potentials again occurs due to above-discussed reasons.

Figure 1. First CV cycles at scan rate of 2 mV s$^{-1}$ for MoS$_2$ electrodeposition on Cu rod electrode (geometrical area of 1 cm$^2$) and 3D-foam.

All further research was conducted on the Cu-foil electrodes, prepared as described in Section 3.2. Galvanostatic conditions were chosen for the electrodeposition, because reductive peaks were not visible in CV, and the geometrical surface area of the substrates is uncertain. Therefore, a cathodic current of 10 mA corresponding to a potential, where intense hydrogen evolution does not yet occur, was selected. At this current, the potential settles at ~1.05 V, which is almost identical to the one we used for potentiostatic deposition in the precluding research [34]. The films were electrodeposited at increasing charges passed through the cell (from 10 to 40 C). This range was selected to encompass a wider array of film thicknesses: thinner MoS$_2$ films (10-20 C) were expected to have better adhesion to the substrate, more resistance to delamination and more favourable electron transfer kinetics from the catalyst/solution interface to the substrate. In contrast, thicker films may exhibit poorer physical stability due to internal stresses and weaker chemical bonding to the substrate. However, the increased catalyst loading (higher charged passed) should result in better HER catalytic activity.

To relate electrodeposition parameters to catalyst loading, the films, electrodeposited for discrete amounts of charge passed, were weighed, thus measuring the mass of the MoS$_2$ deposits. The reductive deposition of MoS$_2$ conforms to Faraday’s law—there is a linear correlation between charge passed and mass of the electrodeposited film. Up to 0.25 mg of material is deposited per 1 C. In terms of current efficiency, this corresponds to ~32%, which is a known limit for MoS$_4^{2-}$ electroreduction [24]. However, a decrease in current efficiency was observed with increasing charge up to 40 C. This can be caused by the formation of an active electrocatalytic film, which catalyses simultaneous hydrogen
evolution, and in turn inhibits MoS$_2$ electrodeposition. The current efficiency then drops to ~23%.
It must be noted that the amount of material deposited without and with NaH$_2$PO$_2$ is almost identical.
The calculated efficiencies are slightly lower for the electrolyte with hypophosphite, but not by any
significant degree. Therefore, the addition of NaH$_2$PO$_2$ has no effect on the kinetics or mechanism of
reductive MoS$_2$ deposition. The actual catalyst loading for films, electrodeposited for a similar amount
of charge without or with hypophosphite, can be assumed to be identical. For that reason, the changes
in the films’ structure, morphology and catalytic activity discussed below have to be attributed to
changes in the intrinsic properties of the MoS$_2$ films and not extrinsic parameters, e.g., catalyst loading.

2.2. Composition and Surface Morphology

The MoS$_2$ films, electrodeposited without and with NaH$_2$PO$_2$ were examined by SEM, and their
chemical composition was determined by EDX. A visible effect of hypophosphite is observed on
the morphology of the electrodeposited MoS$_2$ films. The deposits grow more evenly and with less
apparent roughness (Figure 2). In the base electrolyte, MoS$_2$ appears to grow in clusters of nodules,
protruding from the surface and away from the substrate, but often not connecting amongst each
other. This leaves empty gaps in the film and creates disorder in the structure. In contrast, the addition
of NaH$_2$PO$_2$ causes the formation of more compact films. There are fewer disconnected nodules,
and MoS$_2$ growth occurs homogenously over a larger surface area. Overall, this change in morphology
would certainly cause a decrease in the micro-level roughness of the deposits. Some cracks can be
seen in the thicker MoS$_2$ films (e.g., deposited at 30 C), which have also been observed in our previous
studies, and are directly related to the thickness and consequent tensile stress of the electrodeposited
films. Fewer cracks are seen for the films, electrodeposited with hypophosphite, feasibly due to the
lower stress of the deposits.

![Figure 2](image_url) SEM images (low and high magnifications) of electrodeposited MoS$_2$ films at cathodic current
of 10 mA on Cu-foam electrodes from electrolytes: (a) without sodium hypophosphite; and (b) with
sodium hypophosphite. Here, Q marks the cathodic charge in coulombs for which the films were
electrodeposited (10 and 30 C).
Interestingly, sodium hypophosphite provides a similar effect on the electrodeposition of various transition metal alloys. For example, when depositing a Fe-W-P film, a certain concentration of NaH$_2$PO$_2$ in the deposition solution resulted in lower stress of the film and smaller crystallite sizes; the grain sizes decreased when the NaH$_2$PO$_2$ concentration was increased [38]. Similarly, for Co-Ni-P electrodeposits, the amount of NaH$_2$PO$_2$ in the electrodeposition solution was observed to affect the surface morphology—the surface appeared smooth and less nodular [39].

The elemental analysis showed that deposited MoS$_2$ films are rather thin; therefore, a strong signal from the substrate material (Cu) is present in the EDX spectra (Table 1). A significant amount of oxygen is also detected in all samples, which may be due to surface oxidation that has been documented to occur, as MoS$_2$ active sites readily oxidise when the film is left to dry in the open air.

Table 1. Dependence of chemical composition of MoS$_2$ films on the passed charge at a cathodic current of 10 mA; films electrodeposited from electrolytes containing MoS$_4^{2-}$, and MoS$_4^{2-}$ + NaH$_2$PO$_2$ (denoted with *).

| Q, C | Mo | Mo* | S | S* | O | O* | P | P* |
|------|----|-----|---|----|---|----|---|----|
| 10   | 9.60 | 6.63 | 17.99 | 13.90 | 72.40 | 79.41 | 0.047 | 1.87 | 2.10 |
| 20   | 8.15 | 7.26 | 13.81 | 14.25 | 78.04 | 78.38 | 0.11 | 1.72 | 1.98 |
| 30   | 9.06 | 8.14 | 15.92 | 16.06 | 75.0 | 75.73 | 0.065 | 1.75 | 1.96 |
| 40   | 8.12 | 9.54 | 14.69 | 15.86 | 77.18 | 74.47 | 0.13 | 1.83 | 1.66 |

There is no direct correlation between electrodeposition conditions and composition of MoS$_2$ films. The deposits are sulphur-deficient, and, for those obtained from the base solution, the MoS$_{2-x}$ stoichiometry ranges from MoS$_{1.72}$ to MoS$_{1.87}$. Some difference in composition is observed for the films, electrodeposited with hypophosphite. The amount of Mo and S in atomic per cent increases with passed charge, and the background signal of the copper substrate consequently decreases. In MoS$_2$ films, electrodeposited with hypophosphite, the Mo:S ratios are closer to the stoichiometric. The film deposited for 10 C even exhibits a sulphur surplus, which may be caused by a chemical reaction, for example the formation of copper sulphide. A small amount of phosphorus is present in the EDX spectra, but, in some cases, it was smaller than the reliable detection limit deviation. It must be concluded that there exists a possibility of phosphide incorporation into the MoS$_2$ structure, but, if so, its amount is near the detection limit. Because the active sites of MoS$_2$ for HER catalysis are sulphur vacancies, it can be suspected that the stoichiometry difference will have an effect on the electrocatalytic activity of these deposited films. Indeed, the research has shown that there is an optimal amount of point defects (active sites) that results in best HER catalytic activity [40].

2.3. X-ray Photoelectron Spectroscopy

X-ray photoelectron spectra were obtained for the MoS$_2$ films, electrodeposited with and without NaH$_2$PO$_2$, to investigate the possible differences in their structure (Figure 3). The sulphur 2p region is determined by a single doublet corresponding to S 2p$_{1/2}$ and S 2p$_{3/2}$ lines that is characteristic for the presence of the 2H-MoS$_2$ phase. For the MoS$_2$ films, electrodeposited without NaH$_2$PO$_2$ (Figure 3b), the 2p$_{3/2}$ maximum is seen at a binding energy of 161.9 eV, whereas deposition with hypophosphite leads to the shift of the peak position towards slightly higher energies at 162.1 eV. Another S 2p doublet was added in the model for better fitting of the spectra. A second doublet in the S 2p region has been attributed to the existence of different S-S bonds in the material (terminal and bridging bonds) [19,20]. However, in our case, the second S 2p doublet appears more similar to those that have been reported to be caused by sulphur residuals from polysulphide that may have formed in the deposition solution. Thus, it can be inferred from the spectra that the near-surface sulphur atoms exist almost entirely in one oxidation state.
Deconvolution of the Mo 3d region revealed that Mo exists in multiple oxidation states, and is coordinated by different elements (Figure 3a,c). The films electrodeposited without hypophosphite (Figure 3a) show a spectrum that is almost entirely decided by two peaks at 231.7 eV and 234.8 eV. Judging by these binding energies, these peaks likely belong to Mo⁶⁺ oxides. However, a very similar binding energy (230.76 eV) may also be attributed to an intermediate Mo oxidation state (e.g., 5+) that is only partially coordinated by sulphur (with a sulphur vacancy—active site) [20,45]. The depressed, wide peaks at a very high binding energies (228.8 eV) could not be attributed to any state of Mo and are assumed to be caused by some residual compound from the solution.

The peaks at binding energies of 229.35 and 232.3 eV have been reported to correspond to Mo⁴⁺ d-S₂ and 3d₂ components of 2H-MoS₂ (marked Mo⁴⁺-S) [44]. This, along with the previously discussed characteristic S 2p peaks, confirms the presence of the 2H-MoS₂ phase. The origin of the doublet (3d₃/₂ 230.2 eV; 3d₅/₂ 233.2 eV) is ambiguous. Such binding energies correspond well to Mo⁴⁺ oxides [41,42], which may exist in the electrodeposited film due to reasons discussed above related to Mo⁶⁺ oxides. However, a very similar binding energy (230.76 eV) may also be attributed to an intermediate Mo oxidation state (e.g., 5+) that is only partially coordinated by sulphur (with a sulphur vacancy—active site) [20,45]. The depressed, wide peaks at very high binding energies (234.5–237.8 eV) could not be attributed to any state of Mo and are assumed to be caused by some residual compound from the solution.

Figure 3. XPS spectra and fitted peaks of MoS₂ films, electrodeposited on copper foams: (a,b) without NaH₂PO₂; and (c,d) with NaH₂PO₂.
XPS analysis showed that within films, electrodeposited without \( \text{NaH}_2\text{PO}_2 \), molybdenum is widely coordinated by oxygen, i.e., the film contains a lot of molybdenum oxide. This is also supported by EDX analysis, where the amount of oxygen in these films was relatively large. When electrodeposition is carried out with hypophosphite, a much stronger Mo\(^{4+}\)-S bond signal is observed. Because the S 2p signal does not change in any major way, it is assumed that the material retains the same 2H-MoS\(_2\) structure, and that the effect of \( \text{NaH}_2\text{PO}_2 \) on the electrochemical deposition of MoS\(_2\) is mainly targeting the suppression of Mo-O bond formation, or, conversely, the assistance of Mo-S bond formation.

### 2.4. Electrocatalytic Activity for HER

The most common and conventionally informative way to characterise the electrocatalytic activity of an electrode is linear sweep voltammetry (LSV) in a wide overpotential range. As MoS\(_2\) is a catalyst in acidic media, the electrodeposited films were studied by LSV in 0.5 M H\(_2\)SO\(_4\). The initial potential was set close to thermodynamic equilibrium (0 V vs. SHE), and a scan rate of 2 mV s\(^{-1}\) was applied. A cut-off condition of 100 mA of cathodic current was set to end the scan. In this way, three scans were recorded, and the third scan was selected for analysis (Figure 4a). Note that the cathodic current on the ordinate axis has not been normalised into geometrical surface area, because it would be incorrect for such an electrode, where current density distribution does not guarantee equal HER turnover over the entire electrochemically active surface area. More discussion on this issue follows in the Section 2.5. It can be seen that MoS\(_2\) films, electrodeposited for increased passed charge (higher catalyst loading) predictably have better total activity. The onset overpotential (arbitrary, where the HER current would begin to sharply rise) is also lower for higher-loading electrodes. Thus, a MoS\(_2\) film electrodeposited from the base MoS\(_4^{2-}\) solution for 10 C could reach a HER cathodic current of 100 mA at an overpotential of \(-0.227\) V. In comparison, a film electrodeposited for 10 C in the presence of \( \text{NaH}_2\text{PO}_2 \) could reach \(-100\) mA at \(-0.21\) V, representing a 17-mV improvement. The effect of adding sodium hypophosphite into the electrodeposition solution has a prominent effect on the electrocatalytic activity of the films—their total activity generally increases. On LSV curves, this results in lower overpotentials, required to reach the same HER current. A smaller, but similar difference is observed in all cases. Because the mass of the Cu-foam MoS\(_2\) electrodes (catalyst loading) is alike, this must be caused by changes of the intrinsic activity of the film.

![Figure 4](image-url)
Two more important parameters characterising the electrocatalytic HER activity of the MoS$_2$ films are the Tafel slope and exchange current. The Tafel slopes are shown in Figure 4b, and the corresponding values are presented in Table 2. The determined values for slopes (40–50 mV dec$^{-1}$) are commonly reported for MoS$_2$-based electrodes and materials, where HER undergoes via mixed Volmer–Heyrovsky kinetics. MoS$_2$ films, electrodeposited with hypophosphite, have slightly lower Tafel slopes. For exchange current, only a small change of this parameter is seen upon addition of NaH$_2$PO$_2$ as $I_0$ decreases in most cases. However, due to the potential variance in the geometrical surface area of Cu-foam electrodes, these values are not necessarily correct representations of the intrinsic activity of the electrodeposited films.

| Q, C. | Tafel slope | $\eta$, mV dec$^{-1}$ | Exchange current | $I_0$, $\mu$A |
|-------|-------------|----------------------|------------------|----------------|
|       | 47.5        | 42.5                 | 2.62             | 1.43           |
| 10    | 47          | 47                   | 4.22             | 5.23           |
| 20    | 54.5        | 51.7                 | 21.5             | 16.8           |
| 30    | 51.4        | 49.0                 | 14.9             | 12.3           |
| 40    |             |                      |                  |                |

The electrochemical stability of electrodeposited MoS$_2$ films was tested by a galvanostatic step technique: the cathodic current was set at incrementally increasing values (from −10 to −100 mA), and the potential response was measured for 500 s in order to approach a steady state value (Figure 5). In terms of stability, all films are stable at lower applied currents (up to −40 mA), and a slight decrease in overpotential is observed over each 500-s step. Furthermore, MoS$_2$ films electrodeposited from the solution with hypophosphite possess worse catalytic activity at lower currents than in the absence of it, as they reach the same current density at higher overpotentials. However, at cathodic currents higher than −50 mA, the curves overlap, and the films electrodeposited with hypophosphite exhibit improved catalytic activity. These results are in line with the Tafel analysis discussed above, because these films were found to have lower Tafel slopes values, and, as a result, their catalytic activity reaches its full ability only at high applied currents or overpotentials. However, at higher cathodic currents (over −50 mA), a rapid drop in measured overpotential is observed, which indicates a loss in catalytic activity. This is likely due to the cathodic corrosion, i.e., shortening of the polymeric S-Mo-S chains by cleavage of Mo-S bonds, as described in [20]. Experimental observations support this theory, because the colourless sulphuric acid solution attained a faint yellow hue, likely due to sulphide ions dissolving into the solution.

![Figure 5. Galvanostatic stability curves of MoS$_2$ films, electrodeposited with and without NaH$_2$PO$_2$.](image-url)
2.5. HER Study by EIS

EIS can be an informative and non-destructive method to characterise a heterogeneous catalyst-solution interface. This method is especially useful to characterise electrodes that have an uncertain geometric surface area (such as metallic foams) based on the parameters of double-layer \((C_{dl})\) and polarisation \((C_p)\) capacitance that are directly proportional to the electrochemically and electrocatalytically active surface area. The spectra were registered at increasingly cathodic overpotentials \((0, -0.1, -0.15, -0.175, -0.2, -0.25\) and \(-0.3\) V) to obtain more data (in addition to Tafel analysis) on the kinetics of HER catalysis. Based on the results of Kramers–Kronig procedure, the system was found to be linear and stable, and spectra obtained even at high overpotentials were of good quality. The impedance of the system decreases dramatically with the increase of the overpotential (Figure 6), owing to the intensity of HER. Two semicircles become especially pronounced from \(-0.15\) V, when hydrogen evolution begins to occur at an increasing rate (Figure 6a). At higher overpotentials, the semicircles become similar in magnitude (Figure 6b). If the spectra were to be registered at even higher overpotentials, only the high-frequency semicircle could be distinguished. The Bode plots (Figure 6c) also show two distinguishable peaks, with the low-frequency peak shrinking in magnitude when the overpotential is increased. Such behaviour of the system can be described by equivalent electric circuit (EEC) containing two time constants in the system: \(\tau_{HF}\) and \(\tau_{LF}\) shown in Figure 7. This EEC is commonly used to interpret EIS data for electrode processes containing adsorbed intermediate compounds, and it is often applied to model HER in both acidic and alkaline media [46].

Here, \(C_{dl}\) and \(C_p\) are represented by constant phase elements that account the inhomogeneity of the surface. In agreement with the previously discussed spectra, this model contains two time constants: \(\tau_{HF} = C_{dl}R_{ct}\) and \(\tau_{LF} = C_pR_a\). Values of CPE were recalculated into capacitance by Brug et al.’s Equation [47]:

\[
C_{dl} = T_{dl}^{\frac{1}{n}}\left(\frac{1}{R_s} + \frac{1}{R_{ct}}\right)^{1-\frac{1}{n}}
\]

\[
C_p = T_{a}^{\frac{1}{n}}\left(\frac{1}{R_s + R_{ct}} + \frac{1}{R_a}\right)^{1-\frac{1}{n}}
\]

Here, \(T_{dl}\) and \(T_a\) are values of the CPE_{dl} and CPE_{a} elements, respectively.

Although at lower overpotentials the system behaves in a moderately blocking manner (Figure 6d), the rate of HER increases rapidly, reactive resistance decreases and the system becomes almost conductive.

EIS spectra vary with amount of charge used for MoS\(_2\) film electrodeposition from the solutions with and without hypophosphite ions (Figure 8). At the same overpotential, the shape of the spectra remains identical, and two semicircles can be distinguished for all films. It means that the mechanism of HER does not change. The magnitude of the impedance spectra, however, decreases with increasing charge used for electrodeposition of MoS\(_2\). The most significant difference is obtained for the low-frequency semicircle, which, as discussed below, is correlated to the polarisation resistance and capacitance. The spectra also show that the MoS\(_2\) films which were electrodeposited with hypophosphite have lower impedance magnitudes and are thus more catalytically active.

All of the parameters of the EEC are correlated to the material’s electrocatalytic activity towards HER, and therefore their relation to the applied overpotential reveals important information about kinetics. The inverse of charge transfer resistance \((1/R_{ct})\) is directly proportional to the reaction rate, assuming a simplified Volmer–Heyrovsky mechanism. The \(1/R_{ct} - \eta\) plots for all studied MoS\(_2\) films (Figure 9) show that the rate of HER is generally higher when the films were electrodeposited at more charges passed for MoS\(_2\) deposition. Furthermore, addition of hypophosphite to the electrodeposition solution increases the catalytic activity of the films. The tendencies in terms of HER activity as a function of deposition charge correspond to the polarisation curves seen in Figure 4.
Although at lower overpotentials the system behaves in a conductive way, the rate of HER increases rapidly, reactive resistance decreases and the system becomes almost polarisation capacitance; the low-frequency semicircle, which, as discussed below, is correlated to the polarisation resistance with and without hypophosphite ions (Figure 8). At the same overpotential, the shape of the spectra with and without hypophosphite have lower impedance magnitudes and are thus more catalytically active.

Figure 6. EIS spectra of HER from 0.5 M H₂SO₄ on the electrodeposited MoS₂ film (Q = 10 C): (a) Nyquist plots obtained at various overpotentials; (b) spectra, obtained at higher overpotentials; and (c, d) Bode plots of respective overpotentials. Points are experimental data, while lines represent fitting to EEC shown in Figure 7.

Figure 7. Equivalent electrical circuit, used to model impedance data. Rₛ, solution resistance; Cₛₜ, constant phase element related to double layer capacitance; Rᶜᵗ, charge transfer resistance; Cᵃ, polarisation capacitance; Rᵃ, polarisation resistance.

Figure 8. Nyquist plot of EIS for films, electrodeposited with and without NaH₂PO₂, for a different amount of charge. Points are experimental data, while lines represent fitting to EEC shown in Figure 7.
The measured double layer capacitance $C_{dl}$ is directly proportional to the electrochemically active surface area of the electrode, and it is especially important to approximate when the geometrical surface area is uncertain. The values of $C_{dl}$ also vary as a function of overpotential (Figure 10) and reach a peak at $\eta = -0.2$ V. Overall, the $C_{dl}$ values of the MoS$_2$ films, electrodeposited with hypophosphite, are larger throughout the entire overpotential range, meaning that the observed smoother surface morphology in fact results in a larger electrochemically active surface area in contact with the electrolyte. The apparent values of $C_{dl}$ are on the order of 10–100 mF, which is a conceivably large value, given the vast surface area of the Cu-foam electrode and the affinity of MoS$_2$ to adsorb H$^+$ under these experimental conditions.

As discussed above, the low-frequency RC-element in the equivalent circuit used to fit the impedance data causes the formation of a large depressed semicircle that is strongly correlated to
the applied overpotential (Figures 6 and 8). It is therefore expected that the values of $C_a$ and $R_a$ should also change significantly. $C_a$, which can also be imagined as a pseudocapacitance that arises from the modulating surface coverage by adsorbed hydrogen $H_{ads}$, is relatively constant until $-0.2$ V, after which it increases linearly with applied overpotential (Figure 11a). As it is generally assumed that with increasingly negative overpotential the surface coverage $\Theta_H$ approaches to 1 [8], $C_a$ could be expected to plateau at even larger overpotentials, but that was not observed in this experimental series. When considering the effect of hypophosphite on the electrodeposited MoS$_2$ films, it can be seen that the values of $C_a$ are lower than for the respective films from the base solution. This suggests that there is a change in the surface coverage by $H_{ads}$ when the films act electrocatalytically, but the precise kinetic reason is difficult to establish from these data alone. In addition, as the difference seems to exist only in the intermediate overpotential range and at $-0.3$ V, the $C_a$ values for the respective compared MoS$_2$ films overlap. The other component in the low-frequency RC-element—an adsorption resistance, $R_a$—decreases exponentially with applied overpotential, and it is the most significantly affected parameter of the system (Figure 11b). Note that here the data from 0 V are not presented, but $R_a$ can be imagined to trend towards infinity. $R_a$ values decrease by several magnitudes over the measured overpotential range (for example, for a MoS$_2$ film, deposited for 30 C, a decrease from 26.1 $\Omega$ at $-0.1$ V to 0.09 $\Omega$ at $-0.3$ V is seen). $R_a$ as a function of $\eta$ begins to plateau at overpotentials larger than $-0.2$ V and could conceivably reach a constant value. Here, it can also be seen that the MoS$_2$ films, electrodeposited with NaH$_2$PO$_2$, exhibit lower $R_a$ values than those electrodeposited in the base solution.

![Figure 11](image-url)

*Figure 11.* Values of the low-frequency RC circuit as a function of overpotential (red lines correspond to samples, deposited with NaH$_2$PO$_2$): (a) capacitance, related to hydrogen adsorption and desorption, and (b) hydrogen adsorption resistance.

All the data from the EIS fitting and calculations can be summed up in terms of time constants and their dependence on the HER overpotential. Because the time constant is a measure of the system response rate to an applied overpotential perturbation, the $\tau_{HF}$ and $\tau_{LF}$ values will be correlated to HER kinetics. The high frequency time constant $\tau_{HF} = R_a \cdot C_{dl}$ rises until it reaches a peak value, after which it begins to decrease (Figure 12a). This tendency was also seen for the double layer capacitance (Figure 10) and is likely related to the surface coverage by $H_{ads}$. At a certain overpotential, the two capacitances diverge: $C_a$ increases, while $C_{dl}$ begins to drop, and this point corresponds to the highest value of $\tau_{HF}$. It is interesting to note that the high frequency response at low and high overpotentials is similar; the peak only occurs at $-0.2$ V, at which point hydrogen evolution is already intense with a current of up to $-100$ mA, as seen from polarisation experiments. The low-frequency time constant is a product of $C_a$ and $R_a$, and, because of the small changes of $C_a$, it is completely determined by the $R_a$ component. Like $R_a$, $\tau_{LF}$ decreases exponentially with overpotential by several
magnitudes over the measured range (Figure 12b). At high overpotentials of −0.3 V, both \( \tau_{HF} \) and \( \tau_{LF} \) become comparable for all samples. For example, for the MoS_2 film, electrodeposited for 10 C with NaH_2PO_2, \( \tau_{LF} \) is 0.029 s\(^{-1}\), \( \tau_{HF} \) is 0.0078 s\(^{-1}\) and \( \tau_{LF}/\tau_{HF} = 3.7 \). It is also apparent that films with less catalyst loading (i.e., less electrodeposition charge used for MoS_2 deposition) have a faster response to perturbation (lower \( \tau_{LF} \) values). In fact, these results correlate directly to the Tafel slopes presented in Table 2: the film with the lowest Tafel slope also has the lowest \( \tau_{LF} \) values at the entire overpotential range. The results provide an insightful observation: although higher catalyst loading does result in increased total electrode activity, the intrinsic activity is degraded.

In a previous attempt to apply EIS for the approximation of the number of active sites on a MoS_2 electrocatalyst, it has been shown that with certain assumptions the values of \( C_a \) obtained from impedance fitting could be used in calculations [28]. However, there the number was likely underestimated due to the low applied overpotential (−0.1 V). In theory, the surface coverage by adsorbed hydrogen approaches \( \Theta_H = 1 \) at highly negative overpotentials [6]. Therefore, the same analysis was done in this study in order to approximate the number of active sites on the MoS_2 deposited on the Cu-foam electrodes, and to calculate the turnover frequencies.

It must be noted that both physically and mathematically the number of active sites will depend on the applied overpotential, so the following calculations were performed using the most cathodic overpotential for which experimental data were obtained in this study: −0.3 V. The following assumptions were made: hydrogen adsorption is a one-electron process, one active site adsorbs one H\(^+\) and \( \Theta_H \approx 1 \). Then, the charge needed to attain a monolayer of H\(_{\text{ads}}\) is:

\[
Q_a = C_a \eta
\]

where \( C_a \) is the adsorption capacitance, \( \eta \) is the applied overpotential (−0.3 V).

The number of active sites is calculated from Equation (4):

\[
N_a = \frac{Q_a N_A}{nF}
\]  

It may then be inferred, from the results in Figure 11a, that at sufficiently negative overpotentials the compared MoS_2 films that were electrodeposited with and without hypophosphite will have the same number of active sites. Indeed, no significant difference is seen in the values, as presented in Table 3. \( N_a \) increases with electrodeposition charge as more material is deposited. The values in total
for the whole electrode are on the order of $10^{18}$, which, accounting for the large geometrical surface area of the substrate, are within range of commonly reported values. In comparison, the previous application of this method resulted in $N_0$ of up to $2.8 \times 10^{16}$ sites cm$^{-2}$ for MoS$_2$, electrodeposited on a Cu rod electrode [28].

### Table 3. Calculated numbers of active sites and turnover frequencies (at $-0.2$ V) for the electrodeposited MoS$_2$ films from electrolytes containing MoS$_4^{2-}$ and MoS$_2^{2-}$ + NaH$_2$PO$_2$ (denoted with *).

| Q, C | $N_4 \times 10^{16}$, Total Sites | $N_4 \times 10^{16}$, Total Sites * | $\text{TOF}_{\eta} = \frac{-0.19 \, \text{V} \times 10^{-2}, \text{s}^{-1}}{\eta}$ | $\text{TOF}_{\eta} = \frac{-0.19 \, \text{V} \times 10^{-2}, \text{s}^{-1}}{\eta}$ * |
|------|----------------------------------|-----------------------------------|--------------------------------|--------------------------------|
| 10   | 1.01                             | 1.02                              | 7.81                          | 12.5                          |
| 20   | 1.43                             | 1.42                              | 10.8                          | 11.0                          |
| 30   | 2.35                             | 1.99                              | 9.7                           | 14.7                          |
| 40   | 2.22                             | 2.26                              | 10.7                          | 12.4                          |

The turnover frequencies (number of hydrogen molecules evolved per site per second) were then calculated using the obtained number of active sites (Table 3). For comparison, TOFs at overpotential of $-0.19$ V (where experimental data were available for all measurements) are also given. Even though hydrogen evolution is vigorous and large cathodic currents are observed at this overpotential (see Figure 4a), the actual TOFs are fairly small owing to the large number of active sites. However, the turnover frequencies of MoS$_2$ films electrodeposited with NaH$_2$PO$_2$ are marginally higher than those of MoS$_2$ electrodeposited from the base solution. This again suggests that incorporation of hypophosphite into the electrodeposition solution results in catalytic MoS$_2$ films that exhibit higher per-site activity, as the enhanced HER performance can no longer be attributed to changes in surface morphology alone.

It has been suggested that the ideal way to compare catalysts regardless of geometrical surface area is plotting the turnover frequency as a function of overpotential [48]. Therefore, Figure 13 presents these dependencies for all catalytic films examined in this study. It can be seen that the MoS$_2$ films, electrodeposited with NaH$_2$PO$_2$, exhibit distinctly better electrocatalytic activity. They reach higher TOF values at lower overpotentials, which signals a more rapid hydrogen evolution performance of their active sites. The TOF values may be susceptible to error due to the method used in approximation of the number of active sites. However, regardless of possible errors in calculations, the general tendency is that using hypophosphite in the electrodeposition bath did result in enhanced catalytic performances of the deposited MoS$_2$ films.

### Figure 13. TOF values plotted as a function of overpotential for MoS$_2$ films, electrodeposited without and with NaH$_2$PO$_2$. (Red lines correspond to samples, deposited with NaH$_2$PO$_2$).

#### 3. Materials and Methods

##### 3.1. Electrolyte Preparation

Molybdenum disulphide films were electrodeposited from a tetrathiomolybdate (MoS$_4^{2-}$/TTM) solution, containing 25 mM MoS$_4^{2-}$ and 0.1 M Na$_2$SO$_4$. This base solution was prepared via a chemical
four-step sulphidation of molybdate reaction, as described in our previous work [34], but without additional surfactants. The pH of the solution was kept neutral at ~pH 7, to prevent precipitation of insoluble MoS$_3$ and suppress hydrogen evolution during electrodeposition. To study the effect of a chemical reducer, 0.1 M of sodium hypophosphite (NaH$_2$PO$_2$) was added to the base solution. The pH was again adjusted to pH 7 prior to an electrodeposition.

3.2. MoS$_2$ Electrodeposition

All electrochemical measurements (galvanostatic electrodeposition, linear sweep voltammetry (LSV), electrochemical impedance spectroscopy (EIS), cyclic voltammetry (CV)) were performed in a standard three-electrode cell set-up using a potentiostat/galvanostat Autolab 302N (Metrohm, Utrecht, The Netherlands). Unless specified otherwise, the potentials are in reference to an Ag/AgCl electrode. Commercial open-cell copper foam was used as the deposition substrate. The foam had a density of 1.02 g cm$^{-3}$, a porosity of 87.6% and an approximate ligament diameter of 150–200 µm. Electrodes for deposition were prepared from a 2 cm × 2 cm × 0.13 cm cut-out of the copper foam sheet, shaped into a cylinder to promote equal current density distribution across the entire geometrical surface area. The substrates were degreased in acetone in an ultrasonic bath for 5 min. Before electrodeposition, they were immersed into a 2 M H$_2$SO$_4$ solution to remove surface oxides, and then rinsed well with distilled water. Cyclic voltammetry measurements were used to assess the working potential range for MoS$_2$ electrodeposition in both solutions. The electrodeposition was carried out for four values of passed charge, namely 10, 20, 30 and 40 C (at a galvanostatic current of −10 mA), to evaluate the effect of catalyst loading on HER activity. The electrodes were weighed before electrodeposition and after characterisation. Current efficiencies were calculated from the obtained data, assuming that MoS$_2$ electrodeposition is a two electron reaction (Equation (5)) [24].

\[
\text{MoS}_4^{2-} + 2e^- + 2H_2O \rightarrow \text{MoS}_2 + 2S\text{H}^- + 2\text{OH}^-(5)
\]

The surface morphology and chemical composition of the electrodeposited MoS$_2$ films were evaluated using a scanning electron microscope (SEM, Hitachi TM 3000, Tokyo, Japan) with an integrated energy-dispersive X-ray module (EDS, Oxford Instruments, Buckinghamshire, UK).

The XPS analyses were carried out with a Kratos Axis Supra spectrometer (Kratos Analytical Limited, Manchester, UK) using a monochromatic Al K(alpha) source (25 mA, 15 kV). The Kratos charge neutraliser system was used on all specimens. Survey scan analyses were carried out with an analysis area of 300 µm × 700 µm and a pass energy of 160 eV. High resolution analyses were carried out with an analysis area of 300 µm × 700 µm and a pass energy of 20 eV. The XPS signal due to adventitious carbon located at 284.8 eV was used as a binding energy (BE) reference.

3.3. Electrocatalytic Activity Measurements

The deposited films were rinsed with distilled water, and immediately transferred into a 0.5 M H$_2$SO$_4$ electrolyte for HER electrocatalysis experiments. A typical characterisation procedure consisted of the following steps: (1) settling of open circuit potential (OCP) for 120 s; (2) LSV at a rate of 2 mV s$^{-1}$ from 0 V vs. RHE to a cut off condition of −100 mA, for 3 curves; and (3) EIS measurements at increasingly cathodic overpotentials (0, −0.1, −0.15, −0.175, −0.2, −0.25 and −0.3 V). The EIS spectra were measured in the frequency range from 10 kHz to 10 MHz, with an amplitude of 20 mV. The system had satisfactory linearity, causality and stability, and therefore this amplitude provided excellent electrochemical impedance spectra. The EIS data were interpreted in the frame of equivalent electric circuit (EEC). The determined solution resistance (Rs) was used to correct the iR drop in the recorded voltammetric data. The values of the pseudocapacitance, attributed to the adsorption time constant process, were used for an approximation of the number of active sites.
4. Conclusions

In this study electrodes for efficient HER catalysis were prepared by electrodepositing thin MoS$_2$ films onto 3D copper-foam substrates. MoS$_2$ was deposited cathodically from a solution with or without the reducing agent NaH$_2$PO$_2$. It was found that sodium hypophosphite had no influence on the mechanism of MoS$_2$ formation, but a decrease in the micro-level roughness of the deposited films was observed. XPS study showed that, when electrodeposition is carried out with hypophosphite, a much stronger Mo$^{4+}$-S bond signal is observed. Thus, the effect of NaH$_2$PO$_2$ on the electrochemical deposition of MoS$_2$ is mainly targeting the suppression of Mo-O bond formation or, conversely, the assistance of Mo-S bond formation. The catalytic effect for HER from 0.5 M H$_2$SO$_4$ was determined, and total electrode activity increased with higher catalyst loading. MoS$_2$ films, electrodeposited with hypophosphite, exhibited greater catalytic activity and had slightly lower Tafel slopes. The lowest slope (42.5 mV dec$^{-1}$) was observed for a MoS$_2$ film, electrodeposited with NaH$_2$PO$_2$, with low loading (equivalent to 10 C charge passed for electrodeposition of MoS$_2$). The films were stable at low overpotentials, but lost activity rapidly when operating at high currents. The results of the polarisation experiments, Tafel and EIS analyses of HER show that addition of sodium hypophosphite into the electrodeposition solution results in MoS$_2$ films with better intrinsic per-site activity. Films, electrodeposited with NaH$_2$PO$_2$, had lower $R_{ct}$, larger $C_{dl}$ values and smaller $R_a$ values, indicating faster charge transfer, a larger electrochemically active surface area and more rapid hydrogen adsorption/desorption. A method for the approximation of the number of active sites based on the calculated pseudocapacitance is proposed. The calculations resulted in values of about 10$^{18}$, which is comparable to those found in our previous research on thin plane MoS$_2$ films. The number of active sites was identical for films, electrodeposited from both solutions, which meant that, in terms of turnover frequency, the films, deposited with hypophosphite, were conclusively more catalytically active.

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