Chest radiograph features of multisystem inflammatory syndrome in children (MIS-C) compared to pediatric COVID-19

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Abstract

Background Although the radiographic features of coronavirus disease 2019 (COVID-19) in children have been described, the distinguishing features of multisystem inflammatory syndrome in children (MIS-C) associated with COVID-19 are not well characterized.

Objective We compared the chest radiographic findings of MIS-C with those of COVID-19 and described other distinguishing imaging features of MIS-C.

Materials and methods We performed a retrospective case series review of children ages 0 to 18 years who were hospitalized at Children’s Healthcare of Atlanta from March to May 2020 and who either met the Centers for Disease Control and Prevention (CDC) case definition for MIS-C (n=11) or who had symptomatic, laboratory-confirmed COVID-19 (n=16). Two radiologists reviewed the most severe chest radiographs for each patient. The type and distribution of pulmonary opacities and presence or absence of pleural effusions were recorded. The chest radiographs were categorized based on potential COVID-19 imaging findings as typical, indeterminate, atypical or negative. An imaging severity score was also assigned using a simplified version of the Radiographic Assessment of Lung Edema Score. Findings were statistically compared between patients with MIS-C and those with COVID-19. Additional imaging findings of MIS-C were also described.

Results Radiographic features of MIS-C included pleural effusions (82% [9/11]), pulmonary consolidations (73% [8/11]) and ground glass opacities (91% [10/11]). All of the lung opacities (100% [10/10]) were bilateral, and the majority of the pleural effusions (67% [6/9]) were bilateral. Compared to children with COVID-19, children with MIS-C were significantly more likely to develop pleural effusions on chest radiograph (82% [9/11] vs. 0% [0/0], P-value <0.01) and a lower zone predominance of pulmonary opacifications (100% [10/10] vs. 38% [5/13], P-value <0.01). Children with MIS-C who also had abdominal imaging had intra-abdominal inflammatory changes.

Conclusion Key chest radiographic features of MIS-C versus those of COVID-19 were pleural effusions and lower zone pulmonary opacifications as well as intra-abdominal inflammation. Elucidating the distinguishing radiographic features of MIS-C may help refine the case definition and expedite diagnosis and treatment.

Keywords Abdomen • Chest • Children • Computed tomography • Coronavirus disease 2019 • Multisystem inflammatory syndrome in children • Radiography • Ultrasound

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**Introduction**

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is the novel betacoronavirus responsible for coronavirus disease 2019 (COVID-19). This virus first emerged in Wuhan, China, in December 2019 and has since been declared a pandemic by the World Health Organization (WHO) [1]. Although severe disease disproportionately affects older adults and individuals with underlying comorbidities, a spectrum of disease severity has also been observed in a minority of children [2]. Recently, a multisystem inflammatory syndrome in children (MIS-C) temporally associated with COVID-19 has been described [3–6]. Children with this syndrome have had either epidemiologic exposure to COVID-19 or evidence of current or preceding SARS-CoV-2 infection by positive polymerase chain reaction (PCR) or serologic testing [7]. They have presented with signs of hyperinflammation and multi-organ dysfunction [8, 9], often developing myocarditis [10] and cardiorespiratory failure, and occasionally dying [5, 6]. Although the radiographic features of COVID-19 in children have been characterized [11], data describing the radiographic findings of MIS-C are limited [12].

In this retrospective case series, we reviewed chest radiographs of children hospitalized with either MIS-C or COVID-19 and categorized their imaging findings according to a recently proposed classification system for describing chest imaging findings in COVID-19 [13, 14]. We statistically compared chest imaging findings of children with MIS-C versus COVID-19 to identify distinguishing radiographic features of these two entities, which have overlapping clinical features. Differentiating MIS-C from COVID-19 and other diagnoses with similar clinical appearances early in the disease course could help guide patient management and improve outcomes.

**Materials and methods**

**Institutional review board approval**

This retrospective study was approved by the institutional review board of Children’s Healthcare of Atlanta with a waiver of informed consent. This study was conducted in compliance with the Health Insurance Portability and Accountability Act (HIPAA).

**Study population**

Patients 0 to 18 years of age admitted to Children’s Healthcare of Atlanta with a diagnosis of either COVID-19 or MIS-C from March through May 2020 were included. Children were classified as having COVID-19 if they were symptomatic and tested positive for SARS-CoV-2 by nasopharyngeal PCR. Children were classified as having MIS-C if they met the Centers for Disease Control and Prevention (CDC) case definition [7] and tested positive for SARS-CoV-2 by either nasopharyngeal PCR or by nucleocapsid protein antibodies in the serum (Abbott Laboratories, Abbott Park, IL). Demographic and clinical data were obtained from the electronic medical record (Epic Systems Corporation, Verona, WI).

**Imaging analysis**

The most severe radiograph for each patient, that is the radiograph with the most extensive pulmonary opacification, was selected by a fellowship-trained pediatric radiologist (B.S.R., with 4 years of post-fellowship experience and a Certificate of Added Qualification [CAQ] in pediatric radiology). These radiographs were then independently reviewed by two fellowship-trained pediatric radiologists (B.S.R. and J.H.S. [1 year of post-fellowship experience and CAQ eligible]), and discrepancies were resolved by joint review. The following features of the pulmonary opacities were recorded: type (consolidation or ground glass), laterality (left, right or bilateral), distribution (peripheral, central or neither) and zonal predominance (upper, lower or neither). The presence or absence of pleural effusions were also recorded. The chest radiographs were categorized as typical, indeterminate, atypical or negative, based on imaging findings that could be attributed to COVID-19 [13]. These categories were initially described for use with computed tomography (CT) in adults and were subsequently adapted for use in pediatric chest radiography by Foust et al. [14]. Typical indicates commonly reported chest radiograph findings of pediatric COVID-19. Indeterminate indicates nonspecific chest radiograph findings of pediatric COVID-19. Atypical indicates chest radiograph findings that are uncommon or not reported in pediatric COVID-19. Negative indicates no chest radiographic findings of pediatric pneumonia. Radiographs were assigned a severity score based on a simplified version of the Radiographic Assessment of Lung Edema Score, which has previously been used by Wong et al. [15] to describe chest radiograph findings in adults with COVID-19 [16]. A score of 0–4 was assigned to each lung depending on the extent of involvement by consolidation or ground glass opacity (0=no involvement, 1=<25% involvement, 2=25–50% involvement, 3=50–75% involvement, 4=>75% involvement) [16]. The scores for each lung were added to produce the final severity score of 0–8. The frequencies of radiographic findings between patients with MIS-C and those with COVID-19 were then statistically compared.

All other imaging studies performed for patients with MIS-C were similarly independently reviewed by two fellowship-trained pediatric radiologists (B.S.R. and S.S.M. [13 years of post-fellowship experience and a CAQ in pediatric radiology]). Imaging utilization and key findings were summarized.
Data analysis

Statistical analysis was performed using GraphPad Prism version 8.0 (GraphPad Software, San Diego, CA). Frequencies were compared using chi-squared tests, and continuous variables were compared using Student’s t-tests. P-values \( \leq 0.05 \) were considered statistically significant.

Results

Baseline characteristics

Baseline characteristics for the study population are shown in Table 1. The majority of children hospitalized with MIS-C and COVID-19 were male (64% [7/11] of patients with MIS-C and 63% [10/16] of patients with COVID-19). Children with MIS-C were significantly younger than those with COVID-19 (mean age: 9.0 years [standard deviation (SD) 3.5] vs. 13.5 years [SD 5.2], \( P \)-value=0.02). In terms of the clinical presentation, the majority of children with MIS-C and COVID-19 presented with fever (100% [11/11] of patients with MIS-C and 88% [14/16] of patients with COVID-19). Children with MIS-C were significantly more likely than children with COVID-19 to present with vomiting (100% [11/11] vs. 50% [8/16], \( P \)-value <0.01) and abdominal pain (73% [8/11] vs. 6% [1/16], \( P \)-value <0.01), and less likely to present with respiratory symptoms (27% [3/11] vs. 88% [14/16], \( P \)-value <0.01). Whereas the majority of children with MIS-C were previously healthy with a normal body mass index (BMI) (73% [8/11]), the majority of children with COVID-19 had underlying comorbidities (81% [13/16]) including obesity (63% [10/16]), asthma (19% [3/16]), malignancy (13% [2/16]), neurological disease (13% [2/16]) and cardiac disease (6% [1/16]).

All children with MIS-C in our study developed fluid-refractory shock requiring volume resuscitation and vasoactive medications. All children with MIS-C had hypoalbuminemia, 82% (9/11) required intravenous albumin infusion and

| Table 1 Demographics and presenting symptoms of children with multisystem inflammatory syndrome in children (MIS-C) and coronavirus disease 2019 (COVID-19) |
|---|---|---|
| Gender | MIS-C (n=11) | COVID-19 (n=16) | \( P \)-value |
| Male, n (%) | 7 (64%) | 10 (63%) | >0.99 |
| Female, n (%) | 4 (36%) | 6 (38%) | |
| Age in years, mean (SD) | 9.0 (3.5) | 13.5 (5.2) | 0.02 |
| Constitutional symptoms | | | |
| Fever, n (%) | 11 (100%) | 14 (88%) | 0.50 |
| Headache, n (%) | 4 (36%) | 3 (19%) | 0.39 |
| Sore throat, n (%) | 0 (0%) | 3 (19%) | 0.25 |
| Myalgia, n (%) | 2 (18%) | 2 (13%) | >0.99 |
| Respiratory symptoms (any) | 3 (27%) | 14 (88%) | \(<0.01\) |
| Cough, n (%) | 3 (27%) | 13 (81%) | 0.02 |
| Dyspnea, n (%) | 0 (0%) | 6 (38%) | 0.05 |
| Chest pain, n (%) | 0 (0%) | 3 (19%) | 0.25 |
| Abdominal symptoms (any) | 11 (100%) | 10 (63%) | 0.05 |
| Vomiting, n (%) | 11 (100%) | 8 (50%) | \(<0.01\) |
| Diarrhea, n (%) | 7 (64%) | 4 (25%) | 0.06 |
| Abdominal pain, n (%) | 8 (73%) | 1 (6%) | \(<0.01\) |
| Comorbidities (any) | 3 (27%) | 13 (81%) | 0.02 |
| Obesity, n (%) | 1 (9%) | 10 (63%) | \(<0.01\) |
| BMI in kg/m\(^2\), mean (SD) | 20.4 (5.8) | 32.9 (12.2) \(^a\) | \(<0.01\) |
| Asthma, n (%) | 3 (27%) | 3 (19%) | 0.66 |
| Malignancy, n (%) | 0 (0%) | 2 (13%) | 0.50 |
| Cardiac disease, n (%) | 1 (9%) | 1 (6%) | >0.99 |
| Neurological disease, n (%) | 0 (0%) | 2 (13%) | 0.50 |
| Outcomes | | | |
| Length of stay in days, mean (SD) | 12.8 (6.1) | 18.8 (32.6) | 0.55 |

Bold values indicate statistical significance

\( BMI \) body mass index, SD standard deviation

\(^a\) \( n=14\); BMI was not available in two cases
91% (10/11) received intravenous furosemide. All children with MIS-C survived; one child with COVID-19 died of complications from acute myelogenous leukemia.

**Chest radiographs in children with COVID-19 versus those with MIS-C**

Analysis and categorization of the most severe chest radiograph from each patient with MIS-C versus those with COVID-19 are shown in Table 2. Selected chest radiographs from patients with COVID-19 and MIS-C are shown in Figs. 1 and 2, respectively. The percentage of normal baseline chest radiographs was greater in children with MIS-C (64% [7/11]) than in children with COVID-19 (38% [6/16]), but this did not reach significance (P-value=0.25). Children with MIS-C did have a significantly higher number of chest radiographs obtained (6.3 [SD 5.1] vs. 2.8 [SD 2.6], P-value=0.03).

Children with MIS-C were significantly more likely to have an atypical categorization than children with COVID-19 (82% [9/11] vs. 6% [1/16], P-value <0.01). The majority of children with MIS-C (73% [8/11]) had both consolidation and ground glass opacities. Compared to children with COVID-19, children with MIS-C were significantly more likely to have lower zone predominance of pulmonary opacities (100% [10/10] vs. 38% [5/13], P-value <0.01) and pleural effusions (82% [9/11] vs. 0% [0/16], P-value <0.01). In children with MIS-C and pleural effusions, 67% (6/9) of the pleural effusions were bilateral.

**Additional imaging findings in MIS-C**

Additional imaging studies performed in patients with MIS-C are shown in Online Supplementary Material 1. In addition to chest radiographs, all children with MIS-C had echocardiograms performed, 64% (7/11) had abdominal radiographs and

| Table 2 Chest radiograph findings in pediatric patients with multisystem inflammatory syndrome in children (MIS-C) and coronavirus disease 2019 (COVID-19) |
|---------------------------------------------------------------|
| **MIS-C** (n=11) | **COVID-19** (n=16) | **P-value** |
|---------------------------------------------------------------|
| Baseline chest radiograph normal, n (%) | 7 (64%) | 6 (38%) | 0.25 |
| Number of chest radiographs, mean (SD) | 6.3 (5.1) | 2.8 (2.6) | **0.03** |
| Day of most severe radiograph, mean (SD) | 4.5 (2.3) | 3.3 (3.6) | 0.34 |
| Severity score, mean (SD) | 3.6 (1.4) | 2.9 (2.4) | 0.39 |
| COVID-19 classification | | | |
| Typical, n (%) | 2 (18%) | 4 (25%) | >0.99 |
| Indeterminate, n (%) | 0 (0%) | 8 (50%) | <0.01 |
| Atypical, n (%) | 9 (82%) | 1 (6%) | <0.01 |
| Negative, n (%) | 0 (0%) | 3 (19%) | 0.25 |
| Opacity, n (%) | | | |
| Consolidation only, n (%) | 0 (0%) | 0 (0%) | >0.99 |
| Ground glass opacities only, n (%) | 2 (18%) | 8 (50%) | 0.12 |
| Both, n (%) | 8 (73%) | 5 (31%) | **0.05** |
| None, n (%) | 1 (9%) | 3 (19%) | 0.62 |
| Laterality of opacitiesa | | | |
| Right only, n (%) | 0 (0%) | 0 (0%) | >0.99 |
| Left only, n (%) | 0 (0%) | 2 (15%) | 0.49 |
| Bilateral, n (%) | 10 (100%) | 11 (85%) | 0.49 |
| Distribution of opacitiesa | | | |
| Peripheral, n (%) | 4 (40%) | 5 (38%) | >0.99 |
| Central, n (%) | 0 (0%) | 2 (15%) | 0.50 |
| Neither, n (%) | 6 (60%) | 6 (46%) | 0.70 |
| Predominance of opacitiesa | | | |
| Upper zone, n (%) | 0 (0%) | 0 (0%) | >0.99 |
| Lower zone, n (%) | 10 (100%) | 5 (38%) | <0.01 |
| Neither, n (%) | 0 (0%) | 8 (62%) | <0.01 |
| Pleural effusion, n (%) | 9 (82%) | 0 (0%) | <0.01 |

Findings are based on the most severe radiograph. Bold values indicate statistical significance. SD standard deviation

a n=13 for patients with COVID-19 and n=10 for patients with MIS-C; three patients with COVID-19 and one patient with MIS-C had no opacities by chest radiography

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73% (8/11) had sonography performed, either of the abdomen (55% [6/11]), neck (9% [1/11]) or extremities (27% [3/11]). Six children (55%) had CT performed, either of the abdomen and pelvis (36% [4/11]), head (18% [2/11]), or face (9% [1/11]). No children with MIS-C at our center had CT of the chest performed. Only one child had magnetic resonance imaging (MRI), and this was of the brain.

Imaging findings among children with MIS-C are summarized in Table 3 with imaging examples given in Fig. 3. Echocardiographic findings included depressed myocardial function (64% [7/11]), valvular regurgitation (64% [7/11]), and pericardial (82% [9/11]) and pleural (82% [9/11]) effusions. In addition to the pulmonary and cardiac findings, the majority of children who had abdominal imaging performed (n=4) also had abnormalities including mesenteric adenopathy (75% [3/4]), mesenteric edema (50% [2/4]), bowel wall thickening (25% [1/4]), ascites (57% [4/7]) and gallbladder wall thickening (29% [2/7]). Additionally, one child had cervical lymphadenopathy identified by neck ultrasound, and one child had a cytotoxic lesion of the corpus callosum on MRI.

**Discussion**

In this retrospective case series, radiographic features of MIS-C on the most severe chest radiographs included pleural effusions (82% [9/11]), pulmonary consolidations (73% [8/11]) and ground glass opacities (91% [10/11]). Children with MIS-C were significantly more likely than children with COVID-19 to develop pleural effusions (82% [9/11] vs. 0% [0/16], P-value <0.01) and a lower zone predominance of pulmonary opacifications (100% [10/10] vs. 38% [5/13], P-value <0.01). As all children with MIS-C in our study had fluid-refractory shock requiring volume resuscitation and vasoactive medications, we suspect the evolution of pleural effusions and ground glass opacities during their hospitalizations were, in part, attributable to third spacing and pulmonary edema. This is consistent with observations previously described by Hameed et al. [12], who identified pleural effusions (11% [4/35]) and pulmonary opacifications presumed to be edema (31% [11/35]) among their cohort of children with MIS-C, although less frequently.

The majority of children with MIS-C also had depressed myocardial function by echocardiography (64% [7/11]). Cardiac injury and myocarditis are known complications of MIS-C, and they can result in acute heart failure with cardiac decompensation in the setting of severe systemic inflammation and cytokine storm. In a case series of 35 children with MIS-C and acute heart failure, Belhadjer et al. [10] found that 80% required inotropic support and 28% required extracorporeal membrane oxygenation (ECMO). Although none of the patients with MIS-C in our cohort required ECMO, all required inotropic support, and the majority had evidence of myocardial dysfunction (64% [7/11]), which likely contributed to their imaging findings. The extent to which volume overload, depressed myocardial function, and an overwhelming systemic inflammatory response contributed to pleural effusions and third spacing in our study is unclear, as all processes appeared to occur simultaneously. This leads us to suspect that the pathogenesis of the disease process leading to these findings is multifactorial.

We categorized chest radiographs as typical, indeterminate, atypical or negative for findings of COVID-19, according to the classification initially described for use with CT in adults and subsequently adapted for use in pediatric chest radiography by Foust et al. [13, 14]. We found that children with MIS-C were significantly more likely to have an atypical

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**Fig. 1** Chest radiographs of children with coronavirus disease 2019 (COVID-19). a Posteroanterior chest radiograph in a 15-year-old boy with COVID-19 demonstrates a unilateral ground glass opacity (arrow) in the left lung. Categorization: indeterminate (based on a unilateral opacity). Severity score: 1. b Anteroposterior chest radiograph in a 17-year-old boy with COVID-19 demonstrates bilateral multifocal consolidative and ground glass opacities (arrows). Categorization: indeterminate (based on multifocal opacities without a specific distribution). Severity score: 5.
categorization than children with COVID-19, primarily because of pleural effusions. Therefore, 82% (9/11) of radiographs in patients with MIS-C were atypical, compared to only 6% (1/16) of radiographs in patients with COVID-19 (P-value<0.01). However, two of the children with MIS-C had chest radiographs that were typical for COVID-19, indicating that MIS-C and COVID-19 radiographic findings can overlap in some cases.

We additionally compared the type and distribution of chest radiograph airspace opacities found among children with MIS-C versus those with COVID-19 and calculated a severity score using a simplified version of the Radiographic Assessment of Lung Edema Score, which has previously been used by Wong et al. [15] to describe chest radiograph findings in adults with COVID-19 [16]. All (10/10) of the pulmonary opacities found in children with MIS-C were lower zone predominant, compared to 38% (5/13) of the pulmonary opacities in children with COVID-19. For context, when Wong et al. [15] applied this analysis to adults with COVID-19, they found that 50% (32/64) of patients had lower zone distribution, 50% (32/64) had bilateral involvement and 3% (2/64) had pleural effusions. The mean chest radiograph severity score in our study was 3.6 (SD 1.4) for children with MIS-C compared to 2.9 (SD 2.4) for children with COVID-19. These differences were not statistically different (P-value=0.39), and according to Wong et al. [15], scores tend to vary widely during the course of hospitalization.

Abdominal imaging in patients with MIS-C demonstrated inflammation including mesenteric adenopathy (75% [3/4]), mesenteric edema (50% [2/4]), ascites (57% [4/7]), bowel wall thickening (25% [1/4]) and gallbladder wall thickening (29% [2/7]). These imaging findings are consistent with the

Fig. 2 Chest radiographs of children with multisystem inflammatory syndrome in children (MIS-C). a Anteroposterior (AP) chest radiograph in a 12-year-old boy with MIS-C demonstrates bilateral consolidative and ground glass opacities (arrows) in a peripheral lower zone distribution. Categorization: typical (based on bilateral peripheral opacities). Severity score: 4. b AP chest radiograph in a 10-year-old girl demonstrates bilateral consolidative and ground glass opacities (arrows) in a peripheral lower zone distribution. Categorization: typical. Severity score: 4. c AP chest radiograph in a 4-year-old boy demonstrates a right-side pleural effusion (arrow), a right-side ground glass opacity and a left-side consolidative opacity. The opacities are in a lower zone distribution. Categorization: atypical (based on the presence of a pleural effusion). Severity score: 4. d AP chest radiograph in a 3-year-old boy demonstrates bilateral pleural effusions (arrows) and bilateral ground glass opacities in a peripheral lower zone distribution. Categorization: atypical (based on the presence of a pleural effusion). Severity score: 4.
clinical features of MIS-C, as 100% (11/11) of children in our cohort had gastrointestinal symptoms at the time of presentation and these were distinguishing features of MIS-C compared to COVID-19 (P-value=0.05). Other recent studies have also found a predominance of gastrointestinal symptoms in MIS-C [5, 6], and Hameed et al. [12] similarly observed signs of gastrointestinal inflammation in a proportion of children with MIS-C who had abdominal imaging performed. One patient who had a palpable neck mass was found to have cervical lymphadenopathy on neck ultrasound, which has been reported in up to 10% of children with MIS-C. Another patient, who had signal abnormality in the corpus callosum, was recently described [17].

Limitations of our study include its small sample size and retrospective nature. Although our study found that pleural effusions are much more common in patients with MIS-C than in patients with COVID-19, pleural effusions can be seen with COVID-19. Also, our study focused on the most severe chest radiograph. We did this to maximize the sensitivity of the chest imaging findings on radiography, but this also limits our study’s ability to evaluate the evolution of imaging findings over time. Additionally, not all patients had abdominal imaging studies, and thus the abdominal imaging findings could not be completely characterized. Further studies are needed to more fully characterize imaging findings of MIS-C and to compare them to other inflammatory syndromes, including Kawasaki disease and toxic shock syndrome. Although the imaging findings identified in patients with MIS-C in this study could not be considered pathognomonic,
much remains to be learned about this novel clinical syndrome. The current CDC case definition of MIS-C is quite broad, and could likely be refined as we learn more about the characteristic clinical, laboratory and radiographic features of MIS-C. Radiologists should be aware of any differentiating imaging findings that may alert clinicians to this diagnosis, as its management is unique from other systemic inflammatory conditions and its outcomes can be severe.

**Conclusion**

Distinguishing radiographic features of MIS-C include pleural effusions, bilateral pulmonary consolidations with lower zone predominance and intra-abdominal inflammatory changes. Identifying these findings in a pediatric patient in the era of COVID-19 should prompt the radiologist to consider MIS-C in the differential diagnosis. Elucidating the distinguishing radiographic features of MIS-C may help refine the case definition and expedite diagnosis and treatment.

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**Compliance with ethical standards**

**Conflicts of interest** Christina A. Rostad has received royalties unrelated to this manuscript from MedImmune, Regeneron, Paxvax, Pfizer, GSK, Merck, Novavax, Sanofi-Pasteur and Micron.

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