Cerebral vasospasm and hypoperfusion after traumatic brain injury: Combined CT angiography and CT perfusion imaging study

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INTRODUCTION

Management of acute severe traumatic brain injury (TBI) still represents a significant challenge. Contemporary treatment protocols are mainly directed at the preservation of the intracranial pressure (ICP) and cerebral perfusion pressure within the normal range using a variety of means, both therapeutic and surgical, and are strongly influenced by the imaging data, usually obtained with plain head CT. However, this modality can provide only structural information and does not assess the physiological alterations of cerebral blood flow (CBF), while their...
timely identification may be rather important. In fact, severe perfusion abnormalities after TBI are rather common (2–9% of cases) and may result in a significant increase in morbidity and mortality. However, the optimal strategy of their clinical evaluation has not been established yet. According to the standard protocol adopted in the Tokyo Women's Medical University Medical Center East, all patients with TBI routinely undergo plain head CT at admission, and if intracranial hemorrhage is demonstrated, CT angiography (CTA) and CT perfusion (CTP) imaging are additionally performed at the same setting to facilitate differential diagnosis with the cerebrovascular accident (CVA). These radiological data were utilized for the present retrospective study directed at the evaluation of the post traumatic cerebral vasospasm and hypoperfusion.

MATERIALS AND METHODS

This case series comprised 25 consecutive adult patients with closed TBI accompanied by the various types of intracranial hematoma, who were admitted to our center from January 2012 to September 2015 and were evaluated by means of CTA and CTP both at acute and subacute stages, that is, on days 0 (D0) and 7 ± 1 (D7) after trauma. Informed consent before these examinations and any invasive intervention (including surgery) was provided by each patient and/or his/her nearest family member. CTA and CTP investigations at admission were not considered in moribund patients with fixed dilated pupils, patients with TBI combined with other injuries, as well as in cases of renal failure or allergy for iodine-based contrast medium.

The final analysis of data was done in May 2020 and was independently performed by two authors (T.M.; A.S.) with resolution of all disagreements on discussion. All evaluated variables were extracted from the electronic medical records. No one case was excluded from the study cohort. Research protocol was approved by the Ethics Committee of Tokyo Women's Medical University (No. 2883).

Treatment

All patients were treated in the dedicated Neuro-ICU, and 15 of them (60%) underwent emergency surgery directed at the evacuation of the intracranial hematomas and/or external decompression in the presence of severe brain swelling. In all cases of severe TBI intraparenchymal sensor for prolonged ICP monitoring were inserted. Treatment with barbiturate-induced coma was applied if deemed necessary, but therapeutic hypothermia was not utilized. In general, treatment strategy was not modified according to results of CTA and CTP examinations, both of which on D0 were consistently performed before any surgical intervention.

CTA and CTP imaging

CTA and CTP investigations were done by means of 64-detector row CT scanners (LightSpeed VCT XT or Discovery CT750 HD; GE Healthcare, Milwaukee, WI, USA) with the use of toggling-table technique (VolumeShuttle; GE Healthcare) to extend the coverage to 80 mm in the Z-axis for the perfusion scan with the following parameters: tube voltage, 80 kVp; tube current, 180 mA; rotation time, 0.4 s; sampling interval, 2.8 s. The intravenous injection of 40 mL of iodine-based contrast medium (Iopamiron 370; Bayer Schering Pharma AG, Berlin-Wedding, Germany) was followed by a 20 mL saline flush. To reduce image noise artifacts and to achieve a low-volume CT dose index of 85 mGy during the multiphase CTP scanning, an adapted statistical iterative reconstruction algorithm (GE Healthcare) for perfusion source images was used.

The post processing transformation of the acquired data into CBF, cerebral blood volume, and mean transit time (MTT) maps was performed within the Advantage Workstation (GE Healthcare) using CTP software, Version 3.0 (GE Healthcare), which is based on the deconvolution method and generally considered as highly accurate technique for the perfusion studies with low contrast injection rate. The technique was standardized for all patients according to the recommended guidelines with arterial input and venous output functions measured, respectively, at the A2 segment of the anterior cerebral artery (ACA) and the superior sagittal sinus.

Analysis of CTA and CTP data was done by two neurosurgeons highly experienced with these imaging modalities (T.M.; A.S.), who were blinded to the clinical details of evaluated cases. The presence of vasospasm was considered if CTA demonstrated segmental or diffuse narrowing of more than 50% of the blood vessel diameter in large cerebral arteries. Hypoperfusion on CTP was assessed qualitatively based on the determination of MTT prolongation in brain regions, corresponding to the major vascular territories of ACA, middle cerebral arteries (MCA), and posterior cerebral arteries (PCA) on both sides (i.e., in six separate brain regions per each case).

Outcome assessment

Outcome was assessed at the time of discharge from the hospital according to the Glasgow Outcome Scale (GOS) and was considered as favorable (GOS scores 4–5) or unfavorable (GOS scores 1–3).

Statistical analysis

The following factors were compared between different subgroups of patients: gender (men vs. women), age (<52 years vs. >52 years), cause of TBI (yes vs. no for each...
individual cause), Glasgow Coma Scale (GCS) score at admission (9–15 vs. 3–8), imaging findings on plain head CT on D0 and D7 (yes vs. no for each individual finding), treatment (surgery vs. pure conservative therapy with or without ICP monitoring), and outcome (favorable vs. unfavorable). Comparison of numerical and categorical variables was done, respectively, with the Student’s t-test and Chi-square test. Factors, which showed statistically significant associations with the variable of interest in the univariate analysis, were included in the multivariate model. For all calculations, the commercially available software JMP® Pro 15 (SAS Institute Inc.; Cary, NC) was used. The level of statistical significance was defined at \( P < 0.05 \).

**RESULTS**

The clinical characteristics of the case series are presented in [Table 1]. There were 16 men and nine women (mean age, 52 years). The most common cause of trauma was fall (12 cases; 48%). Severe TBI (GCS score at admission, 3–8) was noted in seven patients (28%). The most common imaging finding on plain head CT at admission was subarachnoid hemorrhage ([SAH] 18 cases; 72%).

**Post traumatic vasospasm**

CTA on D0 did not demonstrate post traumatic vasospasm in any case but showed it on D7 in nine patients (36%); their characteristics are presented in [Table 2].

In comparison to patients without post traumatic vasospasm, those with vasospasm significantly more often had subdural (89% vs. 44%; \( P = 0.0270 \)) and intraventricular (22% vs. 0%; \( P = 0.0493 \)) hematomas on D0 (i.e., at admission) and SAH on D7 (89% vs. 31%; \( P = 0.0056 \)), and less frequent presence of intracerebral hemorrhage on D7 (0% vs. 44%; \( P = 0.0194 \)). Other evaluated factors did not show statistically significant difference between subgroups of patients with and without post traumatic vasospasm. However, in the multivariate model based on logistic regression, only the presence of SAH on D7 has confirmed its independent statistically significant association with the development of post traumatic vasospasm (\( P = 0.0201 \)). Identification of SAH on D7 predicted the presence of post traumatic vasospasm with 0.89 sensitivity, 0.69 specificity, 0.62 positive predictive value (PPV), 0.92 negative predictive value (NPV), and 0.76 accuracy.

**Cerebral hypoperfusion**

According to CTP, the number of brain regions affected by hypoperfusion on D0 and D7 varied, respectively, from 0 to 6/patient (mean, 2.6/patient) and from 0 to 4/patient (mean, 1.4/patient); the details of their distribution are shown in [Table 3]. Out of 150 brain regions evaluated in 25 patients included in the study cohort, in 25 (17%) hypoperfusion was marked on both D0 and D7, in 40 (27%) on D0 only, in 11 (7%) on D7 only, and in 74 (49%) neither on D0 nor on D7.

Overall, cerebral hypoperfusion on D0 was identified in 65 (43%) out of 150 evaluated brain regions. In comparison to their counterparts, the mean number of brain regions affected by hypoperfusion on D0 was significantly greater in patients with GCS score 3–8 at admission (3.9 vs. 2.1; \( P = 0.0475 \)), those who had subdural hematoma (3.5 vs. 1.3; \( P = 0.0051 \)) and SAH (3.1 vs. 1.3; \( P = 0.0383 \)) on D0 (i.e., at admission), those who underwent surgical treatment (3.3 vs. 1.5; \( P = 0.0214 \)), and those who had intracerebral hemorrhage on D7 (4.0 vs. 2.1; \( P = 0.0257 \)). Other evaluated factors did not show statistically significant associations with the number of brain regions affected by hypoperfusion on D0. However, in the multivariate model based on multiple regression, none of the aforementioned factors has confirmed its independent statistically significant association with the number of brain regions affected by hypoperfusion on D0.

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**Table 1: Clinical characteristics of the case series.**

| Clinical characteristics | Number of cases |
|--------------------------|-----------------|
| Number of patients       | 25 (100%)       |
| Gender (men/women)       | 16 (64%)/9 (36%)|
| Age (years)              | Mean: 52; Range: 16–83|
| Cause of TBI             |                |
| Fall                     | 12 (48%)        |
| Traffic accident          | 7 (28%)         |
| Bicycle accident          | 1 (4%)          |
| Sport (baseball)          | 1 (4%)          |
| Unknown                   | 4 (16%)         |
| GCS score at admission    |                 |
| 15                        | 4 (16%)         |
| 9–14                     | 14 (56%)        |
| 3–8                      | 7 (28%)         |
| Imaging findings on plain head CT at admission (Day 0)/on Day 7 | |
| Epidural hematoma         | 5 (20%)/1 (4%)  |
| Subdural hematoma         | 15 (60%)/8 (32%)|
| Brain contusion*          | 17 (68%)/14 (56%)|
| Intracerebral hemorrhage* | 7 (28%)/7 (28%) |
| Intraventricular hematoma | 2 (8%)/2 (8%)   |
| Subarachnoid hemorrhage   | 18 (72%)/13 (52%)|
| Surgical treatment        |                 |
| Craniotomy/decompressive craniectomy | 15 (60%) |
| Burr hole (ICP monitoring) only | 1 (4%) |
| None (conservative therapy) | 9 (36%) |
| Outcome                   |                 |
| Favorable (GOS scores 4–5) | 15 (60%) |
| Unfavorable (GOS scores 1–3) | 10 (40%) |

TBI: Traumatic brain injury. GCS: Glasgow Coma Scale. ICP: Intracranial pressure. GOS: Glasgow Outcome Scale. *Intraparenchymal high density areas were defined as brain contusion and intracerebral hemorrhage if their largest diameter was <1 cm and >1 cm, respectively.
Overall, cerebral hypoperfusion on D7 was identified in 36 (24%) out of 150 evaluated brain regions. In comparison to their counterparts, the mean number of brain regions affected by hypoperfusion on D7 was significantly greater in patients with GCS score 3–8 at admission (2.4 vs. 1.1; \( P = 0.0416 \)), those who had subdural hematoma (2.1 vs. 0.4; \( P = 0.0032 \)) and SAH (1.8 vs. 0.4; \( P = 0.0367 \)) on D0 (i.e., at admission), and those who had brain contusion (2.1 vs. 0.6; \( P = 0.0166 \)), intracerebral hemorrhage (2.9 vs. 0.9; \( P = 0.0019 \)), and SAH (2.2 vs. 0.7; \( P = 0.0123 \)) on D7.

Other evaluated factors did not show statistically significant associations with the number of brain regions affected by hypoperfusion on D7. However, in the multivariate model based on multiple regression, only GCS score 3–8 at admission (\( P = 0.0107 \)) and presence of intracerebral hemorrhage on D7 (\( P = 0.0255 \)) have confirmed their independent statistically significant association with the greater number of brain regions affected by hypoperfusion on D7.

The number of brain regions affected by hypoperfusion on D0 and D7 was significantly associated with each other (\( P = 0.0003 \)). Identification of the cerebral hypoperfusion on D0 predicted its presence within the same brain region on D7 with 0.69 sensitivity, 0.65 specificity, 0.38 PPV, 0.87 NPV, and 0.66 accuracy.
Interrelationships of post traumatic vasospasm and cerebral hypoperfusion

In nine patients with post traumatic vasospasm, cerebral hypoperfusion on D0 and D7 was revealed, respectively, in 32 (59%) and 22 (41%) of 54 evaluated brain regions. In this subgroup, in 17 brain regions (31%) hypoperfusion was marked on both D0 and D7, in 15 (28%) on D0 only, in 5 (9%) on D7 only, and in 17 (31%) neither on D0 nor on D7. The mean number of brain regions affected by hypoperfusion on D0 did not differ significantly between subgroups of patients with and without post traumatic vasospasm (3.6 vs. 2.1/patient; \( P = 0.0687 \)). In contrast, the mean number of brain regions affected by hypoperfusion on D7 was significantly greater in the subgroup of patients with post traumatic vasospasm (2.4 vs. 0.9/patient; \( P = 0.0106 \)).

Out of 16 vascular territories affected by the post traumatic vasospasm on D7, the cerebral hypoperfusion in corresponding brain regions was noted on D0 and D7 in 12 (75%) and 11 (69%) of cases, respectively. Identification of the cerebral hypoperfusion on D0 predicted the development of post traumatic vasospasm in corresponding vascular territory on D7 with 0.75 sensitivity, 0.60 specificity, 0.18 PPV, 0.95 NPV, and 0.62 accuracy. Identification of the cerebral hypoperfusion on D7 predicted the presence of post traumatic vasospasm in the corresponding vascular territory with 0.69 sensitivity, 0.81 specificity, 0.31 PPV, 0.96 NPV, and 0.80 accuracy.

Outcome

Overall, favorable and unfavorable outcomes were noted in 15 (60%) and 10 (40%) cases, respectively. The number of unfavorable outcomes did not differ significantly between subgroups of patients with and without post traumatic vasospasm (44% vs. 38%; \( P = 0.7337 \)). Furthermore, the outcome was not significantly associated with the number of brain regions affected by hypoperfusion on D0 (mean, 2.2 vs. 3.2/patient in cases of favorable and unfavorable outcome, respectively; \( P = 0.2285 \)). In contrast, the number of brain regions affected by hypoperfusion on D7 was significantly greater in cases of unfavorable outcome (mean, 0.9 vs. 2.3/patient in cases of favorable and unfavorable outcome, respectively; \( P = 0.0187 \)).

Illustrative case

A 77-year-old woman fell from the staircase and was transferred to our center by ambulance. At admission, her GCS score was 9 (eye opening, 2; verbal response, 2; motor response, 5). Plain head CT revealed acute subdural hematoma above the right cerebral convexity causing brain shift, as well as multiple brain contusions, intracerebral hemorrhages, and SAH, whereas CTA defined spot signs within the anterior right temporal and posterior left temporal lobes [Figure 1]. One hour later, prominent expansion of the intracerebral hemorrhages was noted, thus urgent right-sided decompressive craniectomy, the evacuation of subdural hematoma, and insertion of the ICP monitor, were done. The patient underwent treatment in Neuro-ICU. CTA and CTP performed on the 8th day after trauma revealed localized vasospasm of the left M2 segment and marked hypoperfusion of the left frontal and temporal lobes. Subsequent diffusion-weighted imaging demonstrated multiple ischemic lesions in both hemispheres, which most probably contributed to the unfavorable treatment outcome (GOS score 2).

DISCUSSION

The current concept of TBI considers brain contusion, intracerebral hemorrhages, intracranial hematomas, corresponding abnormalities of CBF, acute disruption of the blood-brain barrier, and brain edema as primary brain injury caused by trauma itself, whereas the following secondary brain injury is mainly related to the cerebral hypoperfusion, alterations of the metabolite transport, and neuronal tissue disorders.\(^{[13]}\) Thus, post traumatic CVA may result both from the direct biomechanical injury at the moment of trauma and from the subsequent development of delayed molecular and cellular responses.\(^{[18]}\)

Extensive research has been done in the past on post traumatic vasospasm, which affects 27–40% of patients with TBI.\(^{[1,2,4,11,17,22]}\) Nevertheless, its pathophysiological mechanisms, the associated risk factors, and optimal therapy still largely remain unknown and data of the related reports are generally inconclusive. It may be caused, in part, by the complex design of clinical studies in cases of acute TBI, characterized by the significant heterogeneity of multiple variables reflecting the medical background of patients, mechanisms and severity of the trauma, types of brain injury, and treatment strategies. Nevertheless, similar to aneurysmal SAH (aSAH), the presence of thick subarachnoid blood clot (i.e., Fisher grade\(^{[19]}\)) is usually considered as a main predictor of post traumatic vasospasm, which well corresponds to the findings of the present study. Among our patients, the identification of SAH sustained at the subacute stage of TBI (i.e., on D7) predicted the presence of post traumatic vasospasm with 0.62 PPV, 0.92 NPV, and 0.76 accuracy. Other factors are seemingly playing a less important role. It corroborates with the previous report of our group suggesting that the development of vasospasm after aSAH may be determined solely by the presence of blood clots in the subarachnoid cisterns and not associated with the primary brain injury after aneurysm rupture.\(^{[23]}\)

On the other hand, the results presented herein also demonstrated that in 75% of cases the post traumatic vasospasm revealed by CTA on D7 has appeared in the brain regions affected by the cerebral hypoperfusion on D0. Such
an association can be explained considering the concept of neurovascular unit (NVU), which presumes the presence of the cell-level component of the cerebrovascular system, consisting of neurons, astrocytes, endothelial cells, pericytes, and smooth muscle cells. The brain injury resulting in neurovascular tissue damage may cause degeneration of the cellular components of NVU and its functional dysregulation with possible excess of endothelin-1, a vasoconstrictor secreted by pericytes and closely related to the development of post traumatic vasospasm.\textsuperscript{[12,13,18]} At the same time, the overall number of the brain regions affected by hypoperfusion on D0 did not differ significantly between subgroups of patients with and without vasospasm, while showed a trend to be greater in the former. It may certainly result from the underpowered statistical analysis owed to the small number of evaluated cases, but also may indicate a somewhat lesser role of the global cerebral ischemia, in comparison to the local one, in the development of the post traumatic vasospasm.

Figure 1: Neuroimaging findings in a 77-year-old woman with traumatic brain injury. Plain head CT at admission (a) revealed acute subdural hematoma above the right cerebral convexity causing brain shift, as well as multiple brain contusions, intracerebral hemorrhages, and subarachnoid hemorrhage, whereas CT angiography (CTA) (b) defined spot signs (arrows) within the anterior right temporal and posterior left temporal lobes. One hour later prominent expansion of the intracerebral hemorrhages was noted (c), thus urgent right-sided decompressive craniectomy and the evacuation of subdural hematoma were done. On the 8\textsuperscript{th} day after trauma and surgery, CTA (d and e) revealed localized vasospasm of the left M2 segment (arrows), whereas CT perfusion (f) showed marked hypoperfusion of the left frontal and temporal lobes (circle). Subsequent diffusion-weighted imaging (g and h) demonstrated multiple ischemic lesions (arrows) in both hemispheres.
Complex spatial and temporary interrelationships of the vasospasm with cerebral hypoperfusion probably reflect the comprehensive interplay of multiple related factors and underlying mechanisms. Based on the findings of the presented study it can be speculated that pathophysiological reactions leading to the development of vasospasm after TBI are primarily induced by the early post traumatic ischemic brain tissue damage, and further augmented by the prolonged presence of blood products in the subarachnoid cisterns.

Cerebral hypoperfusion at least in one evaluated brain region was noted on D0 and D7 in 76% and 60% of our patients, respectively. Moreover, the outcome in the analyzed cohort was significantly related to the number of brain regions affected by hypoperfusion at the subacute stage of TBI (i.e., on D7), which, in turn, was related to GCS score at admission and presence of intracerebral hemorrhage on D7. Nevertheless, post traumatic cerebral hypoperfusion has demonstrated highly variable spatial distribution and temporal development. In some cases, it did not show significant changes between CTP examinations on D0 and D7, in others it regressed with time, or, contrary, appeared de novo or was augmented affecting additional brain regions. Such dynamic changes can be hardly predictable based on clinical data or structural imaging. For instance, multivariate analysis did not reveal any factor demonstrating a statistically significant association with the presence of cerebral hypoperfusion at admission (i.e., on D0), which by itself has limited value for prediction of cerebral hypoperfusion at the subacute stage of TBI (i.e., on D7) with PPV as low as 0.38. Thus, to facilitate timely delivery of the appropriate treatment, monitoring of perfusion abnormalities with specific examinations seems necessary. Nevertheless, possible significance of such additional information for the modifications of therapeutic strategy and their impact on the outcome require further large-scale clinical studies.

Importance of CTA and CTP examinations after TBI

Transcranial Doppler (TCD) is widely used in the neurosurgical practice for the evaluation of cerebral vasospasm. This method is rather convenient, since does not require administration of any contrast media, allows bedside investigation without the need for in-hospital patient transfers, and easily repeatable. On the other hand, TCD examination is time-consuming and demands sufficient expertise of the operator. Moreover, some reports indicated difficulties in TCD assessment of vasospasm in the ACA and PCA,[20,24] and screening of all major cerebral arteries, as required in patients with TBI, may be difficult. In addition, the obtained results may be influenced by the thickness of the cranial bones and hardly comparable between patients with or without available bone window due to external decompression. Finally, TCD cannot directly assess perfusion abnormalities within the neuronal tissue.

The variety of methods for clinical evaluation of the cerebral perfusion includes positron emission tomography, single photon emission computed tomography, and xenon-enhanced CT, but since their development in the late 1990s, the contrast-enhanced CTA and CTP got the widest acceptance in practical neurosurgery due to such advantages as simplicity, speed of investigation, low operator dependence, and unnecessary cooperation of the patient.[6,11,14,16] CTA has been considered more advantageous in the evaluation of cerebral vasospasm in comparison to TCD,[6] whereas CTP was characterized as an important adjunct to plain head CT providing valuable clinical information with the potential impact on therapeutic strategy in patients with TBI.[5,6,25] In the present study, the combined use of CTA and CTP was done serially at the acute and subacute stage of brain injury, which has allowed for effective simultaneous assessment of both vasospasm and cerebral perfusion, as well as for the evaluation of their interrelationships. It may be presumed that such information may be effectively applied for treatment guidance.

Although in our previous study on high-grade aSAH quantitative evaluation of the CTP data was done,[31] it should be noted that in contrast to spontaneous CVA with minimal structural changes of the brain, determination of the optimal position for the region-of-interest in cases of severe TBI accompanied by brain contusions and various types of intracranial hematomas may be rather difficult. Therefore, in the present study, cerebral perfusion was assessed only qualitatively. Nevertheless, the results of quantitative and qualitative analyses of the CTP data are comparable.[20] Determination of the MTT prolongation in brain regions corresponding to the major vascular territories, as was done in the present study, is considered highly reliable for the evaluation of CBF.[20] Although with the use of this method the area of corresponding abnormalities may be overextended due to the inclusion of both ischemic core and penumbra,[9] it may better predict the possible expansion of the brain area affected by hypoperfusion.

Study limitations

The main limitations of the presented study are related to its single-center basis, retrospective design, a small number of investigated cases, and evaluation of the outcome only at the time of discharge from the hospital. Medical history of patients was not available for detailed assessment, thus information on risk factors for CVA, such as arterial hypertension, diabetes mellitus, dyslipidemia, smoking, and alcohol abuse,[9] which may be associated with the development of both post traumatic vasospasm and cerebral hypoperfusion, remained unknown. Finally, analysis of CTP...
data was limited to a qualitative evaluation of the MTT prolongation.

CONCLUSION

In the present study, post traumatic vasospasm affected one third of patients and its presence was merely related to SAH sustained at the subacute stage of TBI. Cerebral hypoperfusion at least in one evaluated brain region was noted at admission and subacute stage of TBI in, respectively, 76% and 60% of cases, and showed highly variable spatial distribution and temporal development. According to our results, the outcome after TBI is strongly associated with the number of brain regions affected by hypoperfusion at the subacute stage of TBI (i.e. on D7). It emphasizes the importance of aggressive therapy preventing development and progression of the cerebral perfusion abnormalities. Such treatment may be significantly facilitated and effectively guided by the serial combined CTA and CTP examinations.

Declaration of patient consent

Institutional Review Board (IRB) permission obtained for the study.

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Conflicts of interest

There are no conflicts of interest.

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