# Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|------------------------------------|-----------------------------|
| **TITLE**     |         |      |                                    |                             |
| Title         | 1       | Identify the report as a Narrative Review of … | page 1/ line 1-3            | Title page/ First Section   |
| **ABSTRACT**  |         |      |                                    |                             |
| Unstructured summary | 2   | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | page 1 and 2/ line 15-38   | Abstract/All paragraph      |
| **INTRODUCTION** |     |      |                                    |                             |
| Rationale/background | 3  | Describe the rationale for the review in the context of what is already known. | Page 2-4/ line 43-89       | Introduction/Paragraphs    |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | page 4 line 86-89          | Introduction/last paragraph|
| **METHODS**   |         |      |                                    |                             |
| Research selection | 5   | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | page 4-5/ line 91-102      | Methods/Single paragraph    |
| **DISCUSSION/SUMMARY** | |      |                                    |                             |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | page 5-27/ line 103-633   | Discussion/All paragraph   |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | page 28-29/ line 634-669  | Conclusion section/Paragraph|

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*