Plant performance on Mediterranean green roofs: interaction of species-specific hydraulic strategies and substrate water relations

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Abstract. Recent studies have highlighted the ecological, economic and social benefits assured by green roof technology to urban areas. However, green roofs are very hostile environments for plant growth because of shallow substrate depths, high temperatures and irradiance and wind exposure. This study provides experimental evidence for the importance of accurate selection of plant species and substrates for implementing green roofs in hot and arid regions, like the Mediterranean area. Experiments were performed on two shrub species (Arbutus unedo L. and Salvia officinalis L.) grown in green roof experimental modules with two substrates slightly differing in their water retention properties, as derived from moisture release curves. Physiological measurements were performed on both well-watered and drought-stressed plants. Gas exchange, leaf and xylem water potential and also plant hydraulic conductance were measured at different time intervals following the last irrigation. The substrate type significantly affected water status. Arbutus unedo and S. officinalis showed different hydraulic responses to drought stress, with the former species being substantially isohydric and the latter one anisohydric. Both A. unedo and S. officinalis were found to be suitable species for green roofs in the Mediterranean area. However, our data suggest that appropriate choice of substrate is key to the success of green roof installations in arid environments, especially if anisohydric species are employed.

Keywords: Anisohydric; arbutus; drought stress; green roof; isohydric; Mediterranean region; sage.

Introduction

Green roofs are engineered ecosystems designed to favour plant establishment on manufactured layers installed over rooftops, and typically comprise lightweight mineral substrate, drainage and moisture retention layers and a root-resistant waterproofing barrier (VanWoert et al. 2005; Berndtsson 2010). Modern green roofs were first developed in the 1960s in Germany and, over the last 15 years, this technology has received increasing attention in several countries of Northern and Central Europe, North America, Australia, Japan and China (Bowler et al. 2010; Dvorak and Volder 2010; Williams et al. 2010; Chen 2013). This renewed interest for green roofs is a consequence of recent experimental evidence highlighting the ecological, economic and social benefits provided by this technology to urban areas. In fact, green roofs have been reported to improve...
urban management of water runoff (e.g. Getter et al. 2007; Lundholm et al. 2010; MacIvor and Lundholm 2011; Nardini et al. 2012a), reduce the consumption of energy for thermal comfort of buildings (e.g. Theodosiou 2003; Sailor et al. 2008; Blanusa et al. 2013), mitigate the ‘urban heat island’ effect (Gill et al. 2007; Takebayashi and Moriyama 2007; Mackey et al. 2012), improve acoustic insulation (Van Renterghem and Botteldooren 2008, 2009), improve air (Rowe 2011) and water quality (Carter and Jackson 2007; Berndtsson 2010) and sequester CO₂ (Getter et al. 2009; Li et al. 2010). Moreover, this technology could prove useful for recycling of waste materials (Solano et al. 2012; Mickovski et al. 2013) and might provide effective instruments to ameliorate the urban appeal, increase the number of recreational spaces and improve urban biodiversity (Brenneisen 2006; MacIvor and Lundholm 2011).

Green roofs are rather hostile environments for plant growth, because of shallow substrate, high temperatures and irradiance and wind exposure (Getter and Rowe 2008; Liu et al. 2012). In particular, structural features of buildings frequently require the use of reduced substrate depths, with predictable impacts on water availability to vegetation. This, in turn, limits the number of species that can thrive over green roofs, especially in hot and arid regions like Mediterranean countries (Fioretti et al. 2010; Nardini et al. 2012b), where drought, high irradiance and temperatures are common stress factors even for natural vegetation (Sánchez-Gómez et al. 2006; David et al. 2007; Nardini et al. 2014). Under these environmental conditions, the plants’ growth over green roofs is particularly challenging and thus requires specific technological and ecophysiological strategies to improve plant survival (Dvorak and Volder 2013).

In particular, the selection of substrates with high water holding capacity and high amounts of water available to plants is apparently a key requirement to improve the performance of green roofs in arid climates. As an example, Farrell et al. (2012) reported a correlation between the survival rate of different succulent species under drought stress and the water holding capacity of different substrates. Similarly, Razzaghamanesh et al. (2014) reported significant effects of substrate type on growth and survival of different grass species native to the Australian flora. Moreover, improving water holding capacity of the substrate, amended with different materials, has been reported to be effective in increasing plant survival rates and ameliorating plant water status under drought conditions (Farrell et al. 2013; Papafotiou et al. 2013; Savi et al. 2014).

The selection of drought-resistant plant species is as important as substrate features in order to assure the success of green roofs in arid environments. Specific studies addressing the relative suitability of different plant species for green roof development have appeared in recent years (Dvorak and Volder 2010; MacIvor and Lundholm 2011; Cook-Patton and Bauerle 2012; Papafotiou et al. 2013; Van Mechelen et al. 2014), but the most commonly used species are still small succulents, mainly belonging to the genus Sedum (Snodgrass and Snodgrass 2006; Oberndorfer et al. 2007; Rowe et al. 2012). These are characterized by shallow roots, high drought tolerance and relatively fast propagation (Snodgrass and Snodgrass 2006; Getter and Rowe 2009; Farrell et al. 2012). In contrast, only few studies have explored the possibility to use alternative plant species over green roofs in arid regions, despite the high number (and drought adaptation) of species native to the Mediterranean region (Benvenuti and Bacci 2010; Papafotiou et al. 2013; Benvenuti 2014; Van Mechelen et al. 2014). In particular, the impressive heterogeneity in plant hydraulic strategies and water relations displayed by Mediterranean plants (Nardini et al. 2014; Vilagrosa et al. 2014) might represent an important resource for designing green roofs with specifically requested technical features. As an example, isohydric species that display tight stomatal control of transpiration might help to design green roofs with high resistance against drought, as well as with low irrigation requirements (Rowe et al. 2014). On the other hand, anisohydric species that maximize transpiration and photosynthesis while tolerating very negative water potential values might represent a more interesting choice in order to favour transpirational cooling of buildings (Schweitzer and Erell 2014) and/or improve the capacity of green roofs to intercept water during intense albeit sporadic rainfall events (Nardini et al. 2012a).

In the present study, we provide experimental evidence for the importance of substrate characteristics, with special reference to water retention properties, to assure sufficient water availability to plants over green roofs under drought stress conditions. Moreover, we provide insights into the importance of species-specific drought-resistance strategies and hydraulic properties for selecting Mediterranean native species best suited for specific technical functions and ecological requirements of green roofs. To this aim, experiments were performed using two Mediterranean shrub species: Arbutus unedo L. and Salvia officinalis L. Salvia officinalis (sage) is a perennial, evergreen, sub-shrub species widely naturalized even outside its original habitat. Arbutus unedo (arbutus) is an evergreen shrub or small tree widely distributed in the Mediterranean Basin (Pignatti 2002). Both species are well known for their drought tolerance, although a specific comparison of their hydraulic strategies has not been previously performed.
Methods

Experiments were performed between May and July 2012 on 36 plants of *A. unedo* and 36 plants of *S. officinalis*. Plants were provided at the end of April 2012 by a local nursery and planted in 24 experimental green roof modules with dimensions 75 × 23 × 27 cm (i.e. 12 modules per species, 3 plants per module [see Supporting Information]). The modules were assembled with the SEIC® extensive system (Harpo Spa, Trieste, Italy). The layering included a water retention geotextile (MediPro MP), a drainage and aeration element (MediDrain MD), a filtering layer (MediFilter MF 1) and 18 cm of one of the two different experimental substrates provided by SEIC. Species-specific modules were divided into two main categories on the basis of substrate type tested: substrate A and substrate B. In summary, six modules per species contained substrate A and six modules were filled with substrate B [see Supporting Information]. Both substrates consisted of a mixture of mineral material (lapillus, pomix, zeolite) and organic material (peat) with grain size ranging from 0.05 to 20 mm. However, substrate A had a lower percentage of grain size ranging from 0.05 and 10 mm, higher electrical conductivity (20 versus 13 mS/m) and pH (8.9 versus 7.6) and lower percentage of organic matter (4.2 versus 6.2 %) than substrate B (Table 1, data kindly provided by SEIC).

The water retention properties of the two substrates were preliminarily measured using a dewpoint potentiometer (WP4, Decagon Devices, Pullman, WA, USA). In particular, the relationships between water content (WC) and water potential (pressure–volume curve) of the two substrates were measured to estimate the amount of water available to plants (Whalley et al. 2013). Samples of the two substrates were watered to saturation. After complete drainage of excess water, small samples (a few grams each) were collected and placed in dedicated WP4 sample-holders. Water potential of substrate ($\Psi_s$) was measured in the continuous mode and after each reading, samples were weighed with an electronic balance (Basic BA110S, Sar-torius AG, Göttingen, Germany) to obtain their fresh weight (FW), and then oven-dried at 70 °C for 24 h. Samples were weighed again to get their dry weight (DW). Water content of samples was calculated as (FW − DW)/DW. Measurements were performed on fully hydrated samples as well as on samples air-dehydrated for increasing time intervals.

Green roof modules were randomly located over the flat rooftop of the Department of Biological and Environmental Sciences, University of Messina. On the basis of irrigation regime, experimental modules were further divided in four experimental groups per species [see Supporting Information]: three modules per substrate type category were regularly watered to field capacity (well-watered plants: WA and WB), while the other three modules per substrate-type category received irrigation up to 75 % field capacity (stressed plants: SA and SB). Irrigation was supplied at 48 h intervals for 10 weeks. At the end of the treatment, all plants were irrigated to field capacity and physiological measurements were performed again 24 and 48 h after irrigation. During the study period, mean air temperatures and relative humidity in the area were 19 ± 1 °C and 74 ± 7 % in May, 24 ± 2 °C and 75 ± 5 % in June and 28 ± 1 °C and 74 ± 5 % in July, respectively. The total rainfall was 13 mm only. Climatic data were obtained from the weather station of Torre Faro, Messina, Italy.

At the beginning and at the end of the experiment (i.e. beginning of May and end of July, respectively), two plants within each module of *S. officinalis* and two plants within each module of *A. unedo* per each experimental group (i.e. WA, SA, WB and SB) were selected and the following parameters were measured: plant height (H), trunk diameter at the root-stem transition zone (Ø) and total number of leaves per plant (N leaves/plant). During the study period, substrate water status ($\Psi_s$) of both W and S-modules was estimated by measuring the pre-dawn water potential ($\Psi_{pd}$) of six leaves wrapped in cling-film the day before measurements (two leaves per species and per module) and sampled at 0500 hours.

### Table 1. Percentage of different grain sizes, organic matter, porosity and values of electrical conductivity and pH of the two substrate types utilized (i.e. A and B). Data are kindly provided by SEIC.

| Substrate type | Grain size <0.05 (% m/m s.s.) | Grain size <0.55 (% m/m s.s.) | Grain size <0.25 (% m/m s.s.) | Grain size <0.50 (% m/m s.s.) | Grain size <1.00 (% m/m s.s.) | Grain size <2.00 (% m/m s.s.) | Grain size <5.00 (% m/m s.s.) | Grain size <10.00 (% m/m s.s.) | Grain size <16.00 (% m/m s.s.) | Grain size <20 (% m/m s.s.) | Organic matter (% s.s.) | Porosity (% v/v) | Electrical conductivity (mS/m s.s.) | pH |
|----------------|-------------------------------|-----------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|------------------------|----------------|-----------------------------|-----|
| Substrate A    | 0                             | 2                           | 2                             | 6                             | 13                            | 20                            | 50                            | 93                            | 99                            | 100                           | 4.3                    | 65.9              | 20                          | 8.9 |
| Substrate B    |                              |                             | 7                             | 12                            | 16                            | 30                            | 53                            | 100                           | 100                           |                              | 6.2                    | 65.7              | 13                          | 7.6 |
Measurements of plant hydraulic conductance ($K_{\text{plant}}$)

Whole-plant hydraulic conductance ($K_{\text{plant}}$) was estimated in planta using the Evaporative Flux Method on at least one plant per module per species and per experimental group (Nardini et al. 2003). $K_{\text{plant}}$ was calculated as: $E_L/(\Psi_{\text{midday}} - \Psi_S)$, where $E_L$, $\Psi_{\text{midday}}$ and $\Psi_S$ were measured as described above. All hydraulic conductance values were corrected to a temperature of 20 °C, to take into account changes in water viscosity.

Statistical analysis

Data were analysed with the SigmaStat 2.0 (SPSS, Inc., Chicago, IL, USA) statistics package. To test the differences among substrate type and the effects of both irrigation regimes and time after last irrigation on $\Psi_S$, so that $\Psi_{\text{pd}} \sim \Psi_S$ (Richter 1997; Nardini et al. 2003). The indirect estimation of $\Psi_S$ was preferred to direct sampling of the substrate, in order to avoid the risk of damage to the root system. Measurements of $\Psi_{\text{pd}}$ were performed on the same days selected for gas exchange and midday leaf water potential measurements (see below).

Results

Both irrigation regime and measurement time influenced plant size, as estimated in terms of final plant height and number of leaves per plant in S. officinalis but not in A. unedo plants (Tables 2 and 4). In fact, in well-watered sage samples (WA and WB), plant height was ~26 cm in May, and increased to ~40 cm by the end of the experimental treatment. In contrast, the size of stressed samples increased by only less than ~30 cm. A different trend was recorded in A. unedo plants, where an increase of ~25 % in terms of plant height was recorded after 10 weeks in all experimental groups, with no effect of irrigation regime. The increase in the number of leaves per plant during the study period was larger in S. officinalis than in A. unedo, both in well-watered (+100 % versus about +60 %, respectively) and stressed samples (see below). Moreover, in S. officinalis as well as in A. unedo the number of leaves per plant was influenced by irrigation regime and time.

Figure 1 reports the relationship between soil water potential and WC as measured for substrates A and B. Water content at saturation (SWC) was ~0.43 g g$^{-1}$ for substrate A and 0.39 g g$^{-1}$ for substrate B. At $\Psi_S = -1.5$ MPa (i.e. the reference value of permanent wilting point, WW), WC was ~0.07 g g$^{-1}$ for both substrate types. Hence, the amount of water available to plants (AWC) calculated as SWC—WWC turned out to be ~12 % higher in substrate A (0.36 g g$^{-1}$) than in substrate B (0.32 g g$^{-1}$).

In accordance with the above-reported differences in terms of SWC and AWC, larger drops of $\Psi_S$ were recorded within 48 h in modules containing substrate B than modules filled with substrate A, irrespective of the species (Fig. 2). In detail, $\Psi_S$ values, as recorded 48 h after irrigation, were about ~0.5 and ~0.7 MPa in WA and SA sage plants, respectively, while values of about ~0.7 and ~0.9 MPa were recorded in WB and SB samples. Likewise, in WA and SA arbutus plants, 48 h after last irrigation, $\Psi_S$ values of about ~0.3 and ~0.5 MPa were recorded in WA and SA samples and values of about ~0.9 and ~1.0 MPa.
were found in WB and SB ones. Midday L values recorded in S. officinalis growing in modules containing substrate A were higher than values recorded in samples growing in modules containing substrate B, as recorded 24 h after last irrigation (i.e. \( \approx 300 \) mmol m\(^{-2}\) s\(^{-1}\)) versus \( \approx 270 \) mmol m\(^{-2}\) s\(^{-1}\)). Moreover, while in WA, WB and SA samples stomatal conductance decreased no more than \( \approx 10\% \) within 48 h after last irrigation, in SB samples a decrease of \( \approx 50\% \) of \( \gamma_L \) values was recorded 48 h after last irrigation (Fig. 3A). A different trend was recorded in arbutus plants (Fig. 3B) where in samples growing in substrate A, \( \gamma_L \) decreased by \( \approx 10\% \) in well-watered samples and by \( \approx 20\% \) in stressed samples. In WB arbutus plants \( \gamma_L \) decreased by \( \approx 40\% \) 48 h after last irrigation with respect to values recorded 24 h before. Moreover, SB samples showed values of \( \approx 80\% \) mmol m\(^{-2}\) s\(^{-1}\) 24 h after the last irrigation and further decreasing to \( \approx 70\% \) mmol m\(^{-2}\) s\(^{-1}\) 48 h after last irrigation. A contrasting behaviour was observed in S. officinalis and A. unedo also in terms of changes in leaf water potential. In Figure 1. Relationships between water potential (\( \psi_c \)) and water content (WC) as measured for the substrate A (A) and B (B). Regression curves are expressed by the following function: \( f = y_0 + (a/x) + (b/x^2) + (c/x^3) \). Coefficient values and correlation coefficients \( r^2 \) are reported.
WA and SA sage plants, $\Psi_{\text{midday}}$ showed similar values (i.e. about $-1.25$ MPa) and remained quite constant over 48 h after last irrigation (Fig. 3C). In contrast, $\Psi_{\text{midday}}$ measured in WB and SB samples was about $-1.7$ MPa in both experimental groups 24 h after last irrigation and, 48 h after last irrigation, midday leaf water potential values remained quite constant in WB plants while decreased to about $-2.3$ MPa in SB samples. In arbutus plants, $\Psi_{\text{midday}}$ was maintained constantly around $-1.8$ MPa in all treatments except in SB samples where values of about $-1.5$ MPa were recorded (Fig. 3D).

All recorded $\Psi_{\text{midday}}$ values were within the positive turgor region (Table 2). However, midday leaf water potential of sage plants growing in substrate B was close to the critical turgor loss point. In fact, $\Psi_{\text{tip}}$ values of W and S sage samples were about $-1.8$ and $-2.3$ MPa, respectively. However, in WA and SB samples, $\Psi_{\text{midday}}$ values no lower than about $-1.3$ MPa were recorded while in WB and SA sage samples $\Psi_{\text{midday}}$ values were low as about $-1.72$ MPa and about $-2.2$ MPa, respectively (Fig. 3C).

In arbutus plants, $\Psi_{\text{tip}}$ was $-2.4 \pm 0.1$ and $-2.6 \pm 0.01$ MPa in WA and WB treatments, respectively, and about $-3$ MPa in S samples, whereas $\Psi_{\text{midday}}$ remained above $-2.0$ MPa (Fig. 3D). Changes in $\Psi_{\text{tip}}$ in watered and stressed plants as recorded in both species under study were apparently driven by changes in different parameters. Irrigation regimes, in fact, significantly affected only $\Psi_{\text{tip}}$ values in sage plants, while more apparent changes in $\Psi_{\text{max}}$ values were recorded in arbutus plants (Table 3).

$K_{\text{plant}}$ values changed in response to both type of substrate and time after last irrigation in S. officinalis samples (Fig. 4A, Table 4). In WA and SA sage samples and in WB and SB plants, $K_{\text{plant}}$ decreased over 48 h after the last irrigation. However, 24 h after last irrigation, plants growing in modules containing substrate B showed values of $K_{\text{plant}}$ lower than samples growing in modules containing substrate A (i.e. $\sim 8$ versus $\sim 12$ mmol m$^{-2}$ s$^{-1}$ MPa$^{-1}$, respectively). In arbutus, $K_{\text{plant}}$ was maintained at a constant value of $\sim 2$ mmol m$^{-2}$ s$^{-1}$ MPa$^{-1}$ in all treatments over 48 h after the last irrigation (Fig. 4B).

When $g_{s}$ values were plotted versus the corresponding $\Psi_{s}$, different relationships were observed in sage and arbutus plants (Fig. 5). In sage plants, $g_{s}$ values remained quite constant until $\Psi_{s}$ was above $-0.6$ MPa. In contrast, in arbutus plants, $g_{s}$ was related to $\Psi_{s}$ according to an inverse first-order polynomial equation. Likewise, different values of $K_{\text{plant}}$ as a function of $\Psi_{s}$ were recorded in sage plants, while a constant water transport efficiency from root to leaves was recorded in arbutus plants, despite the treatments (Fig. 6).

**Discussion**

Our data suggest that the use of species selected from the native flora of the Mediterranean region might be a valuable strategy for implementation of green roof systems in hot and arid areas. On the other hand, our findings reveal that even subtle differences in terms of substrate properties, with special reference to water relation parameters, can have very important consequences for the performance and persistence of vegetation over green roofs.

Substrate A was more suitable than substrate B for installation of efficient and fully functional green roofs in arid-prone areas. This was mainly due to the higher water retention capability related to the particle size, and especially to the higher amounts of water potentially available to plants (Fig. 1). This feature resulted in the maintenance of higher soil water potential values over 48 h after the last irrigation in plants growing in modules containing substrate A than in samples growing in
modules filled with substrate B, as observed in both species, despite their different water relations strategies (Figs 2 and 3).

Arbutus and sage plants apparently adopted contrasting strategies to cope with drought stress. On the basis of relationships between $g_L$ and leaf water potential, it can be suggested that A. unedo adopted a rather typical isohydric behaviour, while S. officinalis displayed a significant level of anisohydry, although a recent study has highlighted the fact that there might be a continuum of

![Figure 3. Leaf conductance to water vapour ($g_L$, A and B) and leaf water potential ($\Psi_{miday}$, C and D) as recorded in plants of S. officinalis and A. unedo growing in the two types of substrate (A and B) and under different irrigation regimes (W: plants irrigated to field capacity; S: plants irrigated to 75 % field capacity, for details, see text). Means are given $\pm$ SD ($n = 3$). Different letters indicate statistically significant differences for Tukey pairwise comparison.](https://academic.oup.com/aobpla/article-abstract/doi/10.1093/aobpla/plv007/199388)

**Table 3.** Leaf water potential at turgor loss point ($\Psi_{tlp}$), osmotic potential at full turgor ($\pi_o$) and bulk modulus of elasticity ($f_{max}$) as recorded in plants of S. officinalis and A. unedo growing in two types of substrate (A and B) and irrigation regimes (W: plants irrigated to field capacity; S: plants irrigated to 75 % field capacity) (for details, see text). Means are given $\pm$ SD ($n = 3$). Different letters indicate, for each measured parameter, statistically different mean values for Tukey pairwise comparison, after performing a three-way ANOVA test.

|            | S. officinalis | A. unedo |
|------------|----------------|---------|
|            | $\Psi_{tlp}$ (MPa) | $\pi_o$ (MPa) | $f_{max}$ (MPa) | $\Psi_{tlp}$ (MPa) | $\pi_o$ (MPa) | $f_{max}$ (MPa) |
| WA         | 1.61 ± 0.01a    | 1.36 ± 0.14a | 11.35 ± 1.4      | 2.41 ± 0.1a    | 1.96 ± 0.2    | 22.95 ± 1.8b    |
| WB         | 1.84 ± 0.13a    | 1.49 ± 0.09a | 13.20 ± 1.1      | 2.61 ± 0.01a   | 2.20 ± 0.2    | 25.30 ± 3.0b    |
| SA         | 2.40 ± 0.13b    | 1.73 ± 0.08b | 13.03 ± 1.1      | 2.92 ± 0.03b   | 2.17 ± 0.2    | 31.85 ± 1.1a    |
| SB         | 2.29 ± 0.16b    | 1.83 ± 0.04b | 11.73 ± 1.2      | 3.03 ± 0b      | 2.11 ± 0.07   | 34.75 ± 2.0a    |
water relations strategies along these two ideal extremes (Klein 2014). Values of $g_L$ were lower in arbutus than in sage, even in well-watered samples ($\approx 130$ versus 300 mmol m$^{-2}$ s$^{-1}$, respectively, Fig. 3A and B), and a further reduction of stomatal conductance was observed in arbutus plants under water stress ($\approx 70$ mmol m$^{-2}$ s$^{-1}$). Progressive stomatal closure apparently allowed arbutus plants to limit water loss and maintain relatively stable leaf water potential values both under well-watered and drought stress conditions, especially in samples growing in modules filled with substrate type A (Figs 3D and 5B). In contrast, S. officinalis plants maintained values of $g_L$ as high as $\approx 300$ mmol m$^{-2}$ s$^{-1}$ as long as soil water potential remained above a critical value of about $-0.6$ MPa (Figs 3C and 5A). Below this threshold, gas exchange rates were reduced by $\approx 50\%$ (from 300 to 150 mmol m$^{-2}$ s$^{-1}$, as recorded in SB samples 48 h after last irrigation Fig. 3A). This, in turn, induced statistically significant differences in leaf water potential values as a function of the time after the last irrigation, regime

Table 4. Results of: (A) a three-way ANOVA of different measured parameters by soil type, $S$ (i.e. A and B), irrigation regime, $I$ (i.e. samples regularly watered to field capacity and samples watered to 75 % field capacity) and time, $T$ (i.e. time after last irrigation for soil water potential $\psi_s$, maximum diurnal leaf conductance to water vapour $g_L$, minimum diurnal leaf water potential $\psi_{min}$ and plant hydraulic conductance $K_{plant}$, and time of year for plant height $H$, stem diameter $\phi$ and number of leaves per plant $N$ leaves/plant) treatments; (B) a two-way ANOVA of parameters determined from P–V curves by soil type, $S$ (i.e. A and B) and irrigation treatment, $I$ (i.e. time of the year) recorded in S. officinalis and in A. unedo. For details, see the text. Numbers represent $F$ values, *$P < 0.05$, **$P < 0.01$, ***$P < 0.001$. 

|       | $S$ | $I$ | $T$ | $S \times I$ | $S \times T$ | $T \times I$ | $S \times T \times I$ |
|-------|-----|-----|-----|--------------|--------------|--------------|---------------------|
| **A. unedo** |     |     |     |              |              |              |                    |
| $\psi_s$ | 219.1*** | 31.3*** | 287.9*** | 1.597 | 193.2*** | 0.13 | 0.033 |
| $g_L$ | 58.4*** | 170.67*** | 84.15*** | 3.65 | 144 | 3.38 | 23.32*** |
| $\psi_{min}$ | 13.98** | 6.75* | 3.07 | 1.19 | 0.101 | 0.133 | 0.195 |
| $K_{plant}$ | 0.07 | 0.378 | 2.602 | 0.289 | 0.97 | 3.005 | 0.088 |
| $H$ | 1.37 | 0.314 | 180.3*** | 1.873 | 0.033 | 0.00109 | 0.55 |
| $\phi$ | 0.128 | 3.872 | 1889.6*** | 0.512 | 2.048 | 0.032 | 3.2 |
| $N$ leaves/plant | 1.305 | 275.09*** | 2000.92*** | 0.603 | 1.305 | 366.51*** | 1.3 |

|       | $S$ | $I$ | $S \times I$ |
|-------|-----|-----|--------------|
| **S. officinalis** |     |     |              |
| $\psi_{tip}$ | 0.149 | 29.8*** | 2.11 |
| $\pi_o$ | 4.19 | 40.69*** | 0.071 |
| $\varepsilon_{max}$ | 0.182 | 0.0282 | 5.97* |
| **A. unedo** |     |     |              |
| $\psi_{tip}$ | 5.98 | 85.09*** | 0.591 |
| $\pi_o$ | 1.17 | 0.293 | 2.625 |
| $\varepsilon_{max}$ | 3.87 | 55.93*** | 0.125 |
of irrigation and the type of substrate (Fig. 3C, Table 4). The different water use strategies adopted by arbutus and sage plants to face drought stress were also confirmed by the analysis of leaf water potential isotherms. In fact, water-stressed plants of *S. officinalis* lowered the leaf water potential at the turgor loss point by osmotic adjustment. In the case of arbutus, water stress induced a significant increase of the bulk modulus of elasticity ($k_{\text{max}}$, Tables 3 and 4).

Isohydric and anisohydric behaviour of different species/genotypes could arise from different stomatal sensitivity to xylem-born ABA (Tardieu and Simonneau 1998; Beis and Patakas 2010; Gallé et al. 2013) and/or to different levels of xylem hydraulic safety/efficiency (Schultz 2003; Tombesi et al. 2014). Different levels of stomatal control of transpiration under drought stress are known to affect photosynthetic productivity and plant growth (Medrano et al. 2002; Xu and Zhou 2008). In the present study, the anisohydric behaviour recorded in sage plants was coupled to a strong reduction of the number of leaves per plant as recorded in July in stressed versus watered samples (i.e. ~100 % versus ~40 %). Isohydric and anisohydric behaviours of the two study species were further supported by estimates of plant hydraulic conductance (Fig. 5). In fact, arbutus plants (isohydric) showed three times lower $K_{\text{plant}}$ than sage plants (anisohydric, Fig. 4), and this parameter remained quite constant up to 48 h after the last irrigation in samples growing in modules filled with substrate B, despite wide variations in terms of soil water availability (Figs 2B, 4B and 5B). In contrast, $K_{\text{plant}}$ of *S. officinalis* strongly changed as a function of $\Psi_s$ (Figs 4A and 5A). In other words, the isohydric behaviour of arbutus allowed to maintain stable $K_{\text{plant}}$ values, while anisohydry in sage implied a drop of $K_{\text{plant}}$ as drought progressed.

**Conclusions**

Data recorded in the present study suggest that arbutus plants could overcome intense drought conditions and,
might be more suitable for Mediterranean green roofs than to sage plants. In fact, the higher water use of the latter species might imply the need of additional irrigation to prevent foliage damage and/or desiccation under prolonged drought. In the literature, A. unedo is frequently reported to be able to survive even severe drought stress (i.e. Castell and Terradas 1995; Gratani and Ghia 2002; Munne-Bosch and Peñuelas 2004), as it apparently maintains a positive carbon balance until predawn leaf water potential values of $-4$ MPa (Filella and Peñuelas 2003). In contrast, sage plants are known to show leaf senescence symptoms when exposed to severe drought conditions (i.e. $\Psi_{pd} < -1$ MPa, Munne-Bosch et al. 2001; Abreu and Munne-Bosch 2008; Savi et al. 2013). Hence, while arbutus might represent a suitable species for green roofs with very low input of additional irrigation, sage might be more recommendable in order to maximize the transpirational cooling of buildings and/or to favour fast water depletion from substrates, thus improving the effectiveness of green roofs to mitigate water runoff during occasional storms, although the use of this species would probably be possible only when regular albeit low irrigation inputs are guaranteed (Savi et al. 2013). Additional studies focussed on testing the physiological performance and water requirements of a large number of Mediterranean species over green roofs are required to conclude about possible relationships between plant hydraulic strategies and green roof performance under drought.

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**Contributions by the Authors**

P.T., M.A.L.G., S.A. and A.N. designed the experiment and planned the measurements. F.R., P.T., S.A. and T.S. carried out experiments. F.R. and P.T. analysed the data. P.T. wrote the manuscript. M.A.L.G., A.N. and T.S. revised and finalized the manuscript. All authors read and approved the final manuscript.

**Conflicts of Interest Statement**

None declared.

**Supporting Information**

The following additional information is available in the online version of this article –

**Figure S1.** Schematic representation of the experimental design. Twenty-four modules (75 × 23 × 27 cm) were divided in two groups of 12 modules in which 36 plants of A. unedo and 36 plants of S. officinalis were planted, respectively (i.e. 3 plants per module). Two types of substrate (A and B) and two irrigation regimes (well watered, W and stressed, S) were tested. More in detail, 12 modules per species were divided in two categories on the basis of substrate type tested: 6 modules per species contained substrate A and the other 6 modules contained substrate B. These modules were further divided in four experimental groups on the basis of irrigation regime: 3 modules per substrate type tested: 6 modules per species contained substrate A and the other 6 modules contained substrate B. These modules were further divided in four experimental groups on the basis of irrigation regime: 3 modules per substrate type category were regularly watered to field capacity (i.e. WA and WB modules), and 3 modules per substrate type category received irrigation up to 75 % field capacity (i.e. SA and SB modules).

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