A Concordance Picture of FRB 121102 as a Flaring Magnetar Embedded in a Magnetized Ion–Electron Wind Nebula

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Abstract

The fast radio burst FRB 121102 has repeated multiple times, enabling the identification of its host galaxy and of a spatially coincident, compact, steady (“persistent”) radio synchrotron source. It was proposed that FRB 121102 is powered by a young flaring magnetar, embedded within a decades-old supernova remnant. Using a time-dependent one-zone model, we show that a single expanding magnetized electron–ion nebula (created by the same outbursts likely responsible for the fast radio bursts) can explain all of the basic properties of the persistent source (size, flux, self-absorption constraints) and the large but decreasing rotation measure (RM) of the bursts. The persistent emission is powered by relativistic thermal electrons heated at the termination shock of the magnetar wind, while the RM originates from non-relativistic electrons injected earlier in the nebula’s evolution and cooled through expansion and radiative losses. The model contains few free parameters, which are tightly constrained by observations: the total energy injected into the nebula over its history, \( \sim 10^{40} \)–\( 10^{51} \) erg, agrees with the magnetic energy of a millisecond magnetar; the baryon loading of the magnetar outflow (driven by intermittent flares) is close to the neutron star escape speed; the predicted source age \( \sim 10 \)–40 yr is consistent with other constraints on the nebula size. For an energy input rate \( \dot{E} \propto t^{-\alpha} \) following the onset of magnetar activity, we predict secular decay of the RM and persistent source flux, which approximately follow \( \dot{E} \propto t^{-(\alpha+7\alpha-2)/4} \), respectively.

Key words: stars: magnetars

1. Introduction

Fast radio bursts (FRB) are short pulses of coherent radio emission lasting less than a few milliseconds (Lorimer et al. 2007; Keane et al. 2012; Thornton et al. 2013; Spitler et al. 2014; Ravi et al. 2015; Champion et al. 2016; Petroff et al. 2016; Lawrence et al. 2017) with large dispersion measures (DMs; \( \text{DM} \approx 300\text{–}2000 \text{pc cm}^{-3} \)), well above the contribution from the Milky Way and thus implicating an extragalactic origin. The cosmological distance of at least one FRB was confirmed by the discovery of a repeating FRB 121102 (Spitler et al. 2014, 2016) and its subsequent localization (Chatterjee et al. 2017) to a dwarf star-forming galaxy at a redshift of \( z = 0.1927 \) (Tendulkar et al. 2017). Radio interferometric localization of FRB 1211012 revealed a compact (size < 0.7 pc) luminous (\( \nu L_\nu \sim 10^{39} \text{erg s}^{-1} \)) steady radio synchrotron source coincident to within \( \lesssim 40 \text{pc} \) of the FRB location (Marcote et al. 2017). Another important clue to FRB 121102 comes from its enormous rotation measure (RM), \( \text{RM} \sim 10^5 \text{ rad m}^{-2} \) (Michilli et al. 2018; see also Masui et al. 2015), which greatly exceeds those of other known astrophysical sources, with the exception of Sgr A* and the flaring magnetar SGR J1745-2900 located in the Galactic Center (Eatough et al. 2013).

Though dozens of models have been proposed for FRBs, most are ruled out by a repeating, cosmological source like FRB 121102. Among the few surviving possibilities are bursts created from a young flaring magnetar (Popov & Postnov 2013; Kulkarni et al. 2014; Lyubarsky 2014; Katz 2016; Lu & Kumar 2016; Beloborodov 2017; Kumar et al. 2017; Lu & Kumar 2017; Metzger et al. 2017; Nicholl et al. 2017b).

Supporting this connection are the atypical properties of the host galaxy of FRB 121102, particularly its small size and high specific star formation rate (Bassa et al. 2017), which are similar to those that preferentially host long gamma-ray bursts and superluminous supernovae (Metzger et al. 2017), transient events independently attributed to magnetar birth (e.g., Duncan & Thompson 1992; Thompson et al. 2004; Kasen & Bildsten 2010). In such a model, the spatially coincident persistent radio source could be understood as emission from a compact magnetized nebula surrounding the young (decades to centuries old) neutron star, embedded behind the expanding supernova ejecta shell (Murase et al. 2016; Kashiyama & Murase 2017; Metzger et al. 2017; Omand et al. 2018). The nebula is powered by nearly continual energy release from the magnetar, likely during the same sporadic flaring events responsible for the repeated radio bursts (Beloborodov 2017).

While no single piece of evidence supporting the magnetar model for FRB 121102 is alone convincing, in aggregate the weight of evidence becomes more compelling. In Section 2, we briefly summarize the physical model and current observational constraints. In Section 3 we present a one-zone model for an expanding magnetized electron–ion wind nebula surrounding the young flaring neutron star. For physically motivated parameters, we show that the properties of FRB 121102 and its persistent source are quantitatively consistent with the magnetar model. Based on this surprisingly tightly constrained “concordance picture,” we make predictions for the future evolution of the source properties.

2. Observational Constraints

The main reservoir responsible for powering both the FRB and persistent radio emission is the magnetic energy of the
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Figure 1. Observational constraints on the age, $t_{\text{age}}$, of the magnetar giving rise to FRB 121102 and the radius $R_n$ of the compact synchrotron nebula, are shown. These include: lower limits on $R_n$ based on the lack of self-absorption features in the synchrotron spectrum (Equation (21), shown for both 1.4 GHz and 6 GHz); upper limits on $R_n$ from very long baseline interferometry (VLBI) imaging; upper limits on the source age from the magnetic energy budget (Equation (2) for $B_s \sim 10^{16}$ G); and approximate lower limits on the source age based on the supernova ejecta not overproducing the DM or free–free optical depth. The shaded blue region is the allowed parameter space. Dashed gray curves show the implied expansion velocity of the nebula, $v_{\text{ej}} / t_{\text{age}}$. Our best-fit models, which fit the persistent source flux and RM, are shown as stars. The timescale over which magnetic energy is released from the magnetar interior, $t_{\text{mag}}$ (Equation (3)), which may be associated with the FRB active lifetime (Beloborodov 2017), also falls within the concordance region.

magnetar,

$$E_{\text{Bn}} \approx \frac{B_s^2 R_n^2}{6} \approx 3 \times 10^{49} B_{16}^2 \text{erg},$$

where $B_s = B_{16} \times 10^{16}$ G is the interior magnetic field strength, and $R_n \approx 12$ km is the neutron star radius. Rotational energy may be important at early times, particularly in the case of the magnetars born with millisecond rotation periods, as needed to power gamma-ray burst jets or luminous supernovae; however, given the rapid rate at which magnetars undergo magnetic braking, rotational energy is less significant for decades-old sources of interest and is thus neglected hereafter.

The injection of particle and magnetic energy by the active magnetar inflates a compact synchrotron nebula behind the expanding supernova ejecta shell. Figure 1 summarizes constraints that can be placed on the age of FRB 121102 since its birthing supernova, $t_{\text{age}}$, and the radius of the synchrotron radio nebula, $R_n$ (Metzger et al. 2017; Waxman 2017). A lower limit of $t_{\text{age}} \gtrsim 6$ yr follows from the currently active time since its discovery. An upper limit is set by the requirement of powering the persistent source luminosity, $v L_\nu \sim 10^{39}$ erg s$^{-1}$, over a timescale $\sim t_{\text{age}}$,

$$t_{\text{age}} \lesssim \frac{E_{\text{Bn}}}{v L_\nu} \approx 900 B_{16}^2 \text{yr},$$

under the conservative assumption that the radio-emitting electrons are fast-cooling close to the present epoch.

An additional age limit of $t_{\text{age}} \gtrsim 10$–100 yr follows from the requirement that the supernova ejecta be transparent at \~{}1 GHz to free–free absorption, and to not overproduce constraints on the time derivative of the DM (Connor et al. 2016; Piro 2016; Margalit et al. 2018). However, the precise value of this lower limit depends on the free–free optical depth of the ejecta, which in turn depends on the level of photoionization by the spin-down powered nebula (Margalit et al. 2018). The latter will be smaller for magnetars with strong dipole magnetic fields $B_d \gtrsim 10^{15}$ G, due to their rapid magnetic braking. As a final consistency check, Nicholl et al. (2017a) showed that if all FRB sources repeat in a manner similar to FRB 121102, then the birth rate of FRB-producing sources is consistent with those of superluminous supernovae or long GRBs for magnetar active lifetimes of $t_{\text{age}} \sim 6\xi^{-1}(\eta/0.1)^{-1}$ yr, where $\xi < 1$ is the duty cycle and $\eta < 1$ is the FRB beaming fraction (see Law et al. 2017; Lu & Kumar 2017).

The radius of the magnetar-inflated nebula $R_n$ must be smaller than that of the freely expanding supernova ejecta shell, $R_{ej} \approx v_{ej} t_{\text{age}} \approx 0.1 (t_{\text{age}}/10 \text{ yr})$ pc, where $v_{ej} \sim 10^3$ cm s$^{-1}$ is the typical mean ejecta speed for hydrogen-poor supernovae. An upper limit on the nebula diameter $2R_n \lesssim 0.66$ pc follows from very long baseline interferometry (VLBI) imaging (Marcote et al. 2017). A lower limit on the nebula size follows from the lack of a clear signature of synchrotron self-absorption (SSA) above 6 GHz in the spectral energy distribution (Equation (21)); uncertainty in this constraint follows from the fact that the spectrum does show a break, possibly attributed to SSA, at 1.6 and 6 GHz (see the top panel of Figure 4).

Combining the above constraints, the allowed parameter space, $t_{\text{age}} \sim 10$–1000 yr and $R_n \sim 10^{17} – 10^{18}$ cm (Figure 1), is consistent with a nebula of size $R_n \sim 0.1$–$1 R_{ej}$ for $v_{ej} = 10^3$ cm s$^{-1}$. The age also broadly agrees with theoretical predictions for the active lifetimes of magnetars. Magnetic flux escapes from the interior of the young magnetar on a timescale set by ambipolar diffusion from the star’s neutron core (Beloborodov & Li 2016),

$$t_{\text{mag}} \sim 400 L_{16}^{-1.6} B_{16}^{-1.2} \text{yr},$$

where $\delta B_s \sim B_s/2$ and $L_{16} = L_{\text{km}}$ km are the amplitude and length-scale of the magnetic field fluctuations. For $L_{16} \sim 1$–10 allowed by the neutron star size, the predicted lifetimes range from decades to centuries for strong-field $B_{16} \gtrsim 1$ millisecond magnetars (like those we find are responsible for FRB 121102), to $t_{\text{age}} \gtrsim 10^3$–$10^4$ yr for weaker-field magnetars, as may characterize those in our Galaxy.

The large rotation measure $\sim 10^5$ rad m$^{-2}$ of FRB 121102 shows that it is embedded in a dense electron–ion plasma (Michilli et al. 2018; see also Masui et al. 2015). The magnetic field of the medium responsible for the RM must exceed $\sim 1$ mG (Michilli et al. 2018). Though too high for the interstellar medium (ISM) of the host galaxy, such a large field strength might instead be attributed to the persistent synchrotron nebula. The plasma nebula composition must be ion–electron, rather than electron-positron, because the RM contribution of the latter case is zero (Michilli et al. 2018). Although this disfavors a pulsar-like wind nebula dominated by rotational energy input (e.g., Murase et al. 2016; Kashiyama & Murase 2017; Metzger et al. 2017), we will show that it follows naturally for a nebula powered by magnetic energy (Beloborodov 2017). The energetic plasma outflow that accompanied the giant flare of SGR 1806-20 in 2004 (Palmer et al. 2005) was indeed inferred to be heavily mass-loaded from its sub-relativistic expansion speed and radio afterglow (Granot et al. 2006).
The RM of FRB 121102 was furthermore observed to decline by \(~10\%) over a 7 month interval (Michilli et al. 2018). This may suggest that a turbulent magnetized environment surrounds the burst, as in the Galactic Center magnetar (Eatough et al. 2013). Alternatively, the decline may implicate secular evolution originating from the source being embedded in an expanding, diluting magnetized medium, either from the supernova shock wave interacting with dense circumstellar gas (Piro & Gaensler 2018), or the same burst-powered synchrotron nebula responsible for the quiescent radio emission (Margalit et al. 2018). Figure 2 shows a schematic diagram of the latter possibility, which we now explore in greater depth.

3. One-zone Nebula Model

We assume that the nebula is spherical and freely expanding, with a characteristic radius \( R_n = v-navbar\) at time \( t \) after the explosion and a constant radial velocity \( v_r \lesssim v_\gamma \approx 10^5 \text{ km s}^{-1} \). The magnetar releases its free magnetic energy \( E_B \) (Equation (1)) into the nebula at a rate that we model as a power-law in time

\[
E = (\alpha - 1) \frac{E_B}{t_0} \left( \frac{t}{t_0} \right)^{-\alpha}, \quad t \geq t_0, \quad \alpha > 1
\]

where \( t_0 \) is the onset of its active period, which may be controlled by the timescale for magnetic flux to begin to leak out of the magnetar core (Equation (3)). We model \( E \) as a smooth function of time, but in reality the energy release could occur intermittently, e.g., associated with the same discrete flaring events responsible for powering the repeating FRB (Beloborodov 2017). Although the nebula may not strictly expand with a constant velocity, the ratio of the nebula radius to that of the freely expanding supernova ejecta, \( R_\text{ej} \sim v_\gamma t \), is expected to be a weakly varying function of time (Chevalier 1977), which for characteristic nebula energies obeys \( R_n \sim 0.1-1 R_\text{ej} \).

The magnetar injects ions, and their associated electrons, into the nebula at the rate

\[
\dot{N}_e = (1 + \sigma)^{-1} \chi^{-1} \dot{E},
\]

where \( \sigma \) is the magnetization of the injected outflow, and \( \chi \) the mean energy per particle and we have assumed a proton–electron composition. Even if the initial phase of a magnetar flare produces an ultra-relativistic electromagnetic pulse with \( \chi \gg m_\text{pd} \), \( \sigma \gg 1 \) (e.g., Lyubarsky 2014; Beloborodov 2017), the ejecta containing the bulk of the energy may not be so “clean.” Indeed, values \( \chi \approx 0.16-10 \text{ GeV} \) are motivated by the baryon loading of the outflow associated with the giant flare of SGR 1806-20 (Palmer et al. 2005; Granot et al. 2006) and the minimum value set by the requirement to escape the gravitational potential of the neutron star, \( \chi_{\text{min}} = GM_\ast m_p/R_\ast \approx 0.2 \text{ GeV} \), where \( M_\ast = 1.4 M_\odot \) is the neutron star mass. We adopt a fiducial value of \( \sigma = 0.1 \), as the efficiency of synchrotron maser emission is sharply peaked about this upstream magnetization (e.g., Hoshino et al. 1992). Beloborodov (2017) proposed that FRB emission is produced by internal shocks as ultra-relativistic flare ejecta collides with the slower, baryon-loaded wind created by the accumulation of previous flares.

Energy injected by the mildly relativistic magnetar wind thermalizes at a termination shock before entering the nebula. Although some of the power of a collisionless magnetized shock is transferred into the ions, we assume that the electrons are also efficiently heated, e.g., by small-scale turbulence generated by the ions ahead of the shock (Sironi & Spitkovsky 2011) or other plasma scale processes. Electrons are thus heated upon entering the nebula to a mean particle Lorentz factor,

\[
\gamma \approx \frac{\chi}{2m_e c^2} \approx 196 \left( \frac{\chi}{\chi_{\text{min}}} \right).
\]

The number density of electrons with Lorentz factors between \( \gamma \) and \( \gamma + d\gamma \) in the nebula is defined as \( N_e d\gamma \), and obeys a continuity equation

\[
\frac{\partial}{\partial t} N_e + \frac{\partial}{\partial \gamma} (\gamma N_e) - \frac{R_n}{R_\ast} N_e = 0.
\]

The source term is assumed to be a relativistic Maxwellian of temperature \( kT = \gamma m_e c^2/3 \approx \chi/6 \) (Equation (6)), normalized such that the total injection rate \( \dot{N}_e = V_n \int N_e d\gamma \), where \( V_n \) is the nebula volume, is determined by Equation (5), and the loss term \( \gamma \sim \gamma_{\text{adiab}} + \gamma_{\text{syn}} + \gamma_{\text{IC}} + \gamma_{\text{brem}} \) includes adiabatic expansion (Vurm & Metzger 2018)

\[
\gamma_{\text{adiab}} = -\frac{1}{3} \gamma \beta^2 \frac{d \ln V_n}{dt} = -\gamma \beta^2 \frac{\dot{R}_n}{R_\ast},
\]

synchrotron and inverse Compton radiation

\[
\gamma_{\text{syn, IC}} = -\frac{4}{3} m_e c^2 \gamma^2 \left( f_{\text{syn}}(\gamma) B_B^2 / 8\pi, \text{ syn} \right) \frac{L_{\text{rad}}}{4\pi c R_\ast^2}, \text{ IC}
\]

and bremsstrahlung

\[
\gamma_{\text{brem}} \approx -\frac{5}{3} \sigma_T \alpha_{\text{fs}} n_e \gamma^{1.2},
\]

where \( \alpha_{\text{fs}} \approx 1/137 \) and \( \sigma_T = 6.65 \times 10^{-25} \text{ cm}^2 \).
The magnetic field in the nebula, $B_n = (6E_B/R_n^3)^{1/2}$, is related to its total magnetic energy, $E_B$. The latter is governed by injection of magnetic energy from the source and adiabatic losses,

$$\frac{dE_B}{dt} = -\frac{\dot{R}_n E_B}{R_n} + \frac{\sigma}{1 + \sigma} \dot{E},$$

where we have assumed that the field is tangled and thus evolves as a gas with an effective adiabatic index $\Gamma = 4/3$.

At each time we calculate the synchrotron luminosity,

$$L_\nu = 4\pi^2 R_n^2 \frac{\dot{j}_e}{\alpha_\nu} (1 - e^{-\alpha_\nu R_n}),
$$

using the emissivity and absorption coefficient

$$\dot{j}_e = \int \frac{N_e P_e(\gamma)}{4\pi} d\gamma, \quad \alpha_\nu = -\int \frac{2 P_e(\gamma)}{8\pi m_e c^2 \nu^2} \frac{\partial}{\partial \gamma} \left[ \frac{N_e}{\gamma^2} \right] d\gamma,$$

respectively, and where

$$P_e = \frac{2e^3 B_n}{\sqrt{3} m_e c^2} F \left( \frac{\nu}{c \gamma} \right) F(\chi) \equiv x \int_0^\infty \frac{K_{3/2}(\gamma) dy}{\gamma^{3/2}},$$

is the spectral power of a synchrotron-emitting electron with characteristic frequency $\nu = \gamma eB/2\pi m_e c$ (e.g., Rybicki & Lightman 1979).

Synchrotron self-absorption is important in our regimes of interest, and affects the emitted spectrum as well as the synchrotron cooling rate of relativistic electrons $\gamma_{\text{syn}}$. We thus modify the optically thin synchrotron cooling rate in Equation (9) by a factor

$$f_{\text{self}}(\gamma) \approx \frac{\text{radiated power at } \gamma}{\text{optically thin power at } \gamma} \approx 1 - \frac{e^{-\tau(\gamma)}}{\tau(\gamma)}$$

where $\tau(\gamma) = \alpha_\nu(t_\nu[\gamma]) R_n$ is an estimate of the synchrotron optical depth for an electron radiating at Lorentz factor $\gamma$.

Given the electron distribution function and magnetic field, we calculate the rotation measure through the nebula according to

$$\text{RM} \approx \frac{e^3}{2\pi m_e^2 c^4} \left( \frac{\lambda}{R_n} \right)^{1/2} R_n B_n \int N_e \frac{1}{\gamma^3} d\gamma,$$

where $\lambda \leq R_n$ quantifies the correlation length-scale of the magnetic field in the nebula, and the $1/\gamma^2$ correction is an approximate interpolation between the non- and ultra-relativistic regimes (Quataert & Gruzinov 2000).

4. Results

We first describe some general features of the nebula evolution, before moving onto a few specific models found to reproduce most of the observed features of FRB 121102. The electron energy distribution, $N_e$, which at $t_0$ tracks the injected distribution peaking at $\gamma \sim \gamma_0$ (Equation (6)), rapidly evolves due to synchrotron cooling that extends the electron population to low Lorentz factors. The nebula’s compactness and large radiation field, however, imply a high self-absorption frequency, below which synchrotron cooling is less efficient (Equations (9), (15)). This effectively maintains the cooling frequency locked to the self-absorption frequency, creating a “pile-up” of electrons at that Lorentz factor, $\gamma_{\text{cool,syn}}$. Inverse Compton emission can also be important at early times ($\sim t_0$) in cooling electrons below the self-absorption frequency; however, it quickly becomes negligible as the nebula expands. Throughout the remainder of the nebula’s evolution, the self-absorption frequency decreases while $\gamma_{\text{cool,syn}}$ rapidly increases, and the integrated number of low Lorentz factor electrons does not increase significantly (both because cooling is less effective and because, for our chosen values of $\alpha > 1$ in Equation (4), most particles are injected at $t \approx t_0$). After this point, the distribution is governed by adiabatic cooling which sets $N_e \propto \gamma^{-2}$ for $\gamma \leq \gamma_0$ with an exponential cutoff above (the exponential cutoff is due to the assumed Maxwellian injection distribution).

We take $E_B = 5 \times 10^{50}$ erg, $t_0 = 0.2$ yr, $v_e = 3 \times 10^7$ cm s$^{-1}$, $\lambda = R_n$, and $\alpha = 1.3$ for our fiducial model A and fix $\chi = 0.2$ GeV $\approx \chi_{\text{min}}$. The RM as a function of time for this model is shown with a solid red curve in Figure 3. The dashed horizontal line in this figure marks the observed RM $= 1.46 \times 10^5$ rad m$^{-2}$ for FRB 121102 as of late 2016 December (Michilli et al. 2018). The intersection of the model-predicted RM with this curve defines the age of FRB 121102 within model A, yielding $t_{\text{age}} \approx 12.4$ yr. The inset panel shows a zoom-in with the published RM data from Michilli et al. (2018) overlain as black circles. Our models generically predict a secular decline in RM with time, broadly consistent with the $\sim 10\%$ decline measured over a 7 month baseline. The numerical models asymptote to the analytic estimate described in the next section (Equation (19); dashed gray curves in Figure 3), which predicts an asymptotic power-law decline of $\text{RM} \propto t^{-n}$ with $n = -(6+\alpha)/2 \approx -3.7$. The actual slope at $t_{\text{age}}$ is shallower than the analytic value, closer to $n \approx -3$ for model A.

Figure 3 also shows the DM due to the nebula for model A (dashed red curve; multiplied times one thousand), illustrating that it is extremely small and cannot contribute significantly to the inferred local $55 \lesssim \text{DM} \lesssim 225$ pc cm$^{-3}$ of FRB 121102.
and we have assumed small magnetization, i.e., \( s \approx 4.9 \times 10^{50} \) erg. Overlain in black circles is the persistent source associated with FRB 121102.

Figure 3: Curves, respectively.

Figure 4. Radio synchrotron emission from the nebula. Top: spectral energy distribution at the observed epoch \( \nu \) (solid curves; models color coded as in Figure 3) and at \( \nu = \nu_{\text{age}}/3 \) (dashed and dotted curves, respectively). Overlain in black circles is the persistent source associated with FRB 121102 (Chatterjee et al. 2017). The models predict a radio source broadly consistent FRB 121102 at an epoch when the model RM also fits the repeater (Figure 3). Bottom: light-curve at 3 GHz, 1.4 GHz, and 325 MHz (blue, red, and yellow curves, respectively) for model C. The age of the source for this model is shown as a vertical dashed line. The newly discovered radio source J1419+3940 hypothesized to be related in nature to the persistent radio source associated with FRB 121102 is plotted in comparison (Law et al. 2018). The model qualitatively agrees with the data, though no attempt was made to tune the model parameters for this application (beyond an arbitrary offset in the \( x \)-axis).

(Tendulkar et al. 2017) when compared to other sources such as the surrounding supernova ejecta (e.g., Margalit et al. 2018).

Two additional models, B and C, are also plotted in Figure 3 (blue and yellow curves, respectively). As illustrated in Figure 1, these models are chosen to yield: three times larger \( \nu_{\text{age}} \) and same \( R_{\text{B}}/\nu_{\text{age}} \) as model A, and three times larger \( R_{\text{B}}/\nu_{\text{age}} \) and same \( \nu_{\text{age}} \) as model A, respectively. The following set of parameters were thus chosen: \( E_{\text{B}} = 5 \times 10^{50} \) erg, \( t_0 = 0.6 \) yr, \( \nu_0 = 10^{10} \) cm s\(^{-1}\), and \( \alpha = 1.3 \) for model B; and \( E_{\text{B}} = 4.9 \times 10^{51} \) erg, \( t_0 = 0.2 \) yr, \( \nu_0 = 9 \times 10^{8} \) cm s\(^{-1}\), and \( \alpha = 1.83 \) for model C, resulting in \( \nu_{\text{age}} \approx 37.8 \) yr and \( \nu_{\text{age}} \approx 13.1 \) yr for the two models, respectively.

Radio light-curves and spectra for our models are shown in Figure 4. The top panel shows snapshots of the synchrotron spectrum at \( t = \nu_{\text{age}} - 100 \) days \( \approx \nu_{\text{age}} \) (solid curves) and at \( t = \nu_{\text{age}}/3 \) and \( t = 3\nu_{\text{age}} \) (dashed and dotted curves, respectively). The offset of 100 days roughly corresponds to the time difference in the source frame between the first RM measurement (Michilli et al. 2018; to which we normalize \( t = \nu_{\text{age}} \)) and the date at which the Very Large Array (VLA) spectrum of the persistent source was measured (Chatterjee et al. 2017; shown as black circles), but is not significant. Our models produce a spectrum that is broadly consistent with the data, though an “exact” match is lacking. In particular, models A and C exhibit a self-absorption break around \( \nu \sim 5 \) GHz, in tension with the lowest frequency data point. It is possible that geometric effects extending the one-zone picture presented here may contribute to smooth the turnover around \( \nu \sim \nu_{\text{sea}} \) (by effectively viewing multiple emitting regions with different optical depths) and alleviate this tension. Alternatively, the heated electron spectrum may not be precisely that of a single-temperature relativistic Maxwellian. A detailed exploration of such extensions is beyond the scope of this Letter.

The lower panel of Figure 4 show the light-curve for model C at 3 GHz, 1.4 GHz, and 325 MHz (blue, red, and yellow curves, respectively). The dashed vertical curve marks \( \nu_{\text{age}} \) for this model, for which the GHz band light-curve is near its peak. Additionally shown is data from the transient radio source J1419+3940 recently discovered by Law et al. (2018) in a small star-forming galaxy with remarkably similar properties to the host of FRB 121102 (Ofek 2017). Although this event could represent the orphan radio afterglow of a long GRB, our modeling supplies some additional support for the magnetar nebula hypothesis. More broadly, for our range of models, the light-curve is predicted to decay as \( F_\nu \propto t^{-m} \) with \( m = -(\alpha+7\alpha-2)/4 \approx -3.5 \) sufficiently late after the light-curve peak, as set by self-absorption. At times of interest (\( \langle t_{\text{obs}} \rangle \)), our representative models are not yet within this regime at GHz frequencies (e.g., Figure 4) and the effective slope \( m \) is smaller. Additionally, at late times an exponential cutoff due to the Maxwellian injection distribution steepens the slope significantly.

4.1. Analytic Estimates

The model parameters needed to explain FRB 121102 are highly constrained by the requirements to reproduce the RM and its time derivative, while simultaneously obtaining the persistent source luminosity and spectrum. Here we present analytic constraints on the nebula radius and energy based on the arguments above.

Accounting for adiabatic losses, the magnetic field in the nebula at time \( t \) is a function of the energy injected within the last expansion timescale \( \sim E t = \left( E_0 t_{\text{s}} \right) 10^{50} \) erg,

\[
B_0 \approx 0.24 \, G \, \sigma^{-1/2} R_{17}^{-3/2} \left( E t \right)^{1/2} \sim t^{-2(\alpha-2)/2},
\]

where \( \sigma_0 \equiv \sigma/0.1 \) and \( R_{17} \equiv R_0 / 10^{17} \) cm. The number of non-relativistic electrons in the nebula

\[
N_0 \approx 4 \times 10^{53} \chi_{0.2}^{-1} E_50,
\]

is conversely set by the injection of energy at early times when cooling is efficient, \( \sim E_0 \approx E_{50} 10^{50} \) erg, where \( \chi_{0.2} \equiv \chi/0.2 \) GeV and we have assumed small magnetization, i.e., \( (\beta+\chi) \approx 1 \). The RM is proportional to the number of non-relativistic electrons (Equation (18)) and the magnetic field
The light-curve’s temporal scaling can similarly be estimated. As the magnetic field dilutes (Equation (17)), emission at frequency υ originates from higher Lorentz factor electrons, so that \( \gamma(υ) \propto t^{-2+(\gamma-1)/2} \). As discussed in Section 4, the electron distribution is frozen-in at late times, following \( N_e \propto \gamma^{-\alpha} t^{-\gamma+7/2} \) with an exponential cutoff above \( \gamma \propto \gamma_0 \). We can therefore express the synchrotron luminosity as
\[
L_\nu \approx \frac{4\pi e^4}{m_e c^2} R_n^3 \gamma N_e B_n \propto \nu^{-(\alpha-1)/2} t^{-\gamma+7/2}/c^2.
\]

It is important to note that this scaling is only correct when both \( \nu \gg \nu_{sd}(t) \) and \( \gamma(\nu, t) \ll \gamma_0 \), the former of which does not hold for GHz frequencies at \( t_{\text{obs}} \) in our representative models.

The lack of clear self-absorption in the persistent source of FRB 121102 is instead below 1.6 GHz, then a more stringent constraint of the nebula electrons (e.g., Yang et al. 2016) is not required. Thermal heating of electrons at the termination shock, for wind baryon-loading \( \chi \approx \chi_{\text{min}} \) inferred from giant Galactic flares (Granot et al. 2006) and the natural scale set by the gravitational potential of a neutron star, is sufficient to explain all of the available observations.

We predict approximate power-law decays of the RM \( \propto t^{-\alpha/2} \) and persistent source flux \( F_\nu \propto t^{-\alpha/2} + \gamma_0^2/\nu^2 \) (Equations (19), (20)), where \( \alpha \geq 1 \) sets the magnetar energy injection rate, \( E \propto t^{-\alpha} \) (Equation (4)). The RM, this is an asymptotic scaling and the slope of RM versus \( t \) is generally somewhat shallower, while the analytic result for \( F_\nu \) is significantly modified at times of interest \( t_{\text{obs}} \) due to self-absorption (decreasing the effective slope dramatically) and by an exponential cutoff at very late times (increasing it).

Importantly, in both cases our models describe the secular trend averaged over long baselines, as the turbulent environment of the nebula (and of the ISM of the host galaxy or Milky Way) could produce shorter timescale fluctuations. Our predicted long-baseline secular evolution is distinct from the stochastic or periodic RM evolution implied by models attributing the RM to the environment near a galactic nucleus (e.g., Thompson 2017; Zhang 2018), and thus provides a possible way to distinguish such models.

Although FRB 121102 can be understood in the magnetar picture, the model does place stringent requirements on the source properties. The total energy of the magnetar likely must obey \( E_B \geq 10^{50} \) erg, requiring a large interior magnetic field strength, \( B_\gamma \geq 2 \times 10^{16} \) G (Equation (1)). While seemingly extreme, such a magnetic energy still represents less than a few percent of the rotational energy present in a millisecond magnetar, the latter being a requirement for powering a GRB or superluminous supernova. Such a strong field may also be required for magnetic flux to emerge from the magnetar on the requisite short timescale of decades (Equation (3)).

To reproduce the RM of FRB 121102, the radial component of the nebular magnetic field must possess a coherence length comparable to the nebula size \( (\lambda \sim R_N \text{ in Equation (16)}) \). Such an ordered field may also be supported empirically by the ~constant direction of the polarization vector of the bursts from FRB 121102 over several months (Michilli et al. 2018). FRBs originate from the forward shock generated as flare ejecta collide with the magnetar wind (Beloborodov 2017), then this indicates that the upstream magnetic field of the wind itself is fixed in its direction over many flare timescales.

One way such a large coherence length might be established is through self-organization of an initially random magnetic field due to an inverse energy cascade in relativistic magnetohydrodynamic turbulence (Zrake 2014). In this scenario, the RM may randomly reverse sign over an eddy turnover timescale \( \sim R_N/\nu_\lambda \sim 4 \) months \( R_N \sigma^{-1/2} \), where \( \nu_\lambda = \sigma c \) is the Alfvén speed. The secular decline implied by our model (Equation (16)) should then be interpreted as a long baseline envelope of \( \text{RM} \).

Another possibility is that rotation of the magnetar plays a role in setting the magnetic field orientation. Indeed, a toroidal field perpendicular to the rotation axis is a general feature of pulsar winds. On the other hand, the build-up of too large an ordered field in the nebula could lead to non-axisymmetric kink instabilities (Begelman 1998) and associated magnetic dissipation that regulates to an ordered component with \( \sigma \lesssim 0.1 \) (e.g., Porth et al. 2013). Such instabilities could also play a role in

\[
R_{17} \gtrsim 0.469 \nu_{\text{obs}}^{11/12} (\dot{E}_{\text{fr}})^{1/11} L_\nu^{4/11} (\nu_{\text{obs}})^{-10/11}
\]

for \( \nu_{\text{obs}} \approx 2.7 \times 10^{29} \) erg s\(^{-1}\) Hz\(^{-1}\) and \( \nu_{\text{obs}} \approx 7.2 \) GHz corresponding to the redshift-corrected luminosity of the persistent source observed at 6 GHz (Chatterjee et al. 2017). This criterion, plotted in Figure 1, is only weakly dependent on the model parameters \( \dot{E}, \sigma \), but becomes more stringent if the 1.6 GHz frequency VLA data is assumed to be unabsorbed as well, yielding \( R_{17} \gtrsim 1.62 \).

Combining Equations ((19), (21)) and requiring \( R_M \approx 1.46 \) to fit the observed RM\(_{\text{obs}}\) (Michilli et al. 2018), and additionally imposing \( \dot{E} < E_B \) as appropriate for a decreasing energy injection rate (Equation (4)), we find that
\[
E_B > 4 \times 10^{48} \text{ erg} \sigma^{-2/13} \chi_{0.2}^{11/13} \nu_{\text{obs}}^{21/26} \nu_{\text{obs}}^{-35/13} R_\lambda^{11/13}
\]
is required to satisfy both the RM and self-absorption constraints. Equation (22) is a strong function of frequency, such that if one assumes that the observer-frame self-absorption frequency is instead below 1.6 GHz, then a more stringent constraint of \( E_B > 1.7 \times 10^{50} \) erg is obtained.

5. Discussion and Implications

The radio flux and RM contribution of an expanding magnetized electron–ion nebula, inflated behind the supernova ejecta by a flaring young magnetar, are consistent with the observed properties of the repeating burster FRB 121102 for source ages \( t_{\text{age}} \sim 10-40 \) yr consistent with a variety of other observational constraints (Figure 1). Our model predicts the presence of a self-absorption turnover in the spectral energy distribution that should be observable with low-frequency observations. Our detailed calculations broadly follow the scenario outlined by Beloborodov (2017). However, we find that non-thermal particle acceleration or sustained heating of
generating the necessary radial component of the field needed for the RM.

Our representative models have been chosen by hand, with no attempt to rigorously fit the data. Given the number of constraints imposed on the model and its relative simplicity, it is thus non-trivial that we have been able to find reasonable parameters which produce both RM and $\alpha$ at a given epoch to within an order of magnitude, while also satisfying all other observational constraints (Figure 1). As one example, we found that $E = constant$ ($\alpha = 0$) models cannot reproduce the observations, because the number of electrons injected at early times is too low for values of $E$ that continue to power a sufficient radio luminosity at the source’s age, resulting in the RM being underproduced.

Our finding that FRB 121102 requires an energy injection rate $\dot{E} \propto t^{-\alpha}$ with $\alpha > 1$, has potential implications for its FRB activity. This implies that either the rate of FRB activity will slow down, or that flares will on average become less energetic, over a timescale of decades. Assuming energy release tracks FRB activity, we can make a prediction for the range of RM for a population of FRB sources. Under the assumption that all (even currently non-repeating) FRBs are similar flaring magnetars, and that FRBs follow the release of magnetic energy, we can estimate the probability of detecting an FRB at a given RM. Using our analytic prediction for the dependence of RM on time (Equation (19)) along with $E(t)$ from Equation (4), we find that $\langle dE/dRM \rangle / \langle RM \rangle \propto RM^{2(\alpha-1)/(\alpha+1)}$. For the range of $\alpha$ adopted in our representative models, this implies a relatively “flat” distribution, e.g., $\langle dE/dRM \rangle / \langle RM \rangle \propto RM^{0.08}$ for our fiducial $\alpha = 1.3$. Although the RM is highest early in the nebula history when $E$ is large, sufficient RM is released at later times that many sources should be detected once the RM has dropped to much lower values.

Consistent with such a distribution, a few FRBs other than FRB 121102 have measured RM values, ranging from small values $\lesssim 30$ rad m$^{-2}$ consistent with the Galactic contribution (Ravi et al. 2016; Petroff et al. 2017) to higher values still less than in FRB 121102 (Masui et al. 2015). Many FRBs with zero measured linear polarization could in fact have similarly high RM to FRB 121102, due to artificial depolarization caused if the observations are taken with insufficient frequency resolution (Michilli et al. 2018).

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