Neuropeptidomic Components Generated by Proteomic Functions in Secretory Vesicles for Cell–Cell Communication

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Abstract. Diverse neuropeptides participate in cell–cell communication to coordinate neuronal and endocrine regulation of physiological processes in health and disease. Neuropeptides are short peptides ranging in length from ~3 to 40 amino acid residues that are involved in biological functions of pain, stress, obesity, hypertension, mental disorders, cancer, and numerous health conditions. The unique neuropeptide sequences define their specific biological actions. Significantly, this review article discusses how the neuropeptide field is at the crest of expanding knowledge gained from mass-spectrometry-based neuropeptidomic studies, combined with proteomic analyses for understanding the biosynthesis of neuropeptidomes. The ongoing expansion in neuropeptide diversity lies in the unbiased and global mass-spectrometry-based approaches for identification and quantitation of peptides. Current mass spectrometry technology allows definition of neuropeptide amino acid sequence structures, profiling of multiple neuropeptides in normal and disease conditions, and quantitative peptide measures in biomarker applications to monitor therapeutic drug efficacies. Complementary proteomic studies of neuropeptide secretory vesicles provide valuable insight into the protein processes utilized for neuropeptide production, storage, and secretion. Furthermore, ongoing research in developing new computational tools will facilitate advancements in mass-spectrometry-based identification of small peptides. Knowledge of the entire repertoire of neuropeptides that regulate physiological systems will provide novel insight into regulatory mechanisms in health, disease, and therapeutics.

KEY WORDS: bioinformatics; cell–cell communication; mass spectrometry; neuropeptides; neuropeptidomics; proteomics; secretory vesicle.

INTRODUCTION NEUROPEPTIDES FOR CELL–CELL COMMUNICATION

Neuropeptides Regulate Neuronal and Endocrine Functions

Neuropeptides are required for physiological functions as neurotransmitters in the nervous system and are essential as peptide hormones for endocrine regulation of target biological systems (Fig. 1). Thus, neuropeptides are critical mediators of cell–cell communication in neuroendocrine systems. Such neuropeptides are composed of diverse peptide sequences typically consisting of about 3–40 residues. It is estimated that hundreds to thousands of different neuropeptides may exist, with many yet to be discovered.

Neuropeptides represent one of two main classes of neurotransmitters. Prior to the discovery of the neuropeptides, classical neurotransmitters are known as key mediators of cell–cell communication in the nervous system (1). The “classical” neurotransmitters consist of small molecules such as, for example, norepinephrine, serotonin, GABA, acetylcholine, and many others (1). The classical neurotransmitters are synthesized by (a) modifications of single amino acids such as, for example, norepinephrine synthesized from tyrosine and serotonin synthesized from tryptophan or (b) synthesized by enzymatic reactions such as, for example, acetylcholine generated from choline and acetyl-CoA by the choline acetyl transferase enzyme. The “peptide” and “classical” neurotransmitters together mediate neuronal cell–cell communication.
Among the neuropeptides, each of their unique primary sequences defines selective and potent biological actions. The same neuropeptide may participate in multiple regulatory systems in the nervous system and endocrine systems (Table I). For example, enkephalin neuropeptides function as neurotransmitters in the brain for regulation of behavior and pain and are also involved in peripheral actions including regulation of intestinal motility and immune cell functions (1,2). Adrenocorticotropic hormone (ACTH) is present in the brain where it functions as a neuromodulator; furthermore, ACTH is a prominent peptide hormone released from the pituitary gland for control of glucocorticoid production in the adrenal cortex (3). Neuropeptides such as ß-endorphin, neuropeptide Y (NPY), galanin, corticotropin-releasing factor (CRF), vasopressin, insulin, and numerous others mediate diverse physiological functions that include analgesia, feeding behavior and blood pressure regulation, cognition, stress, water balance, and glucose metabolism, respectively (4,5). These and other neuropeptides regulate physiological functions in mammalian systems, as well as in invertebrate and related organisms (6–8). Clearly, neuropeptides possess a wide scope of diverse actions among numerous organisms.

Neuropeptides Generated by Proteolytic Processing of Prohormones

Neuropeptides are derived from larger protein precursors known as prohormones or proneuropeptides (9–11). The term “prohormone” is most commonly used in the field. Such protein precursors undergo proteolytic processing to generate the smaller peptide neurotransmitters and hormones.

Prohormone precursors share distinct and common features. Notably, the small active form of each neuropeptide is a domain present within its prohormone protein. A prohormone
Peptide neurotransmitters and hormones are collectively termed Neuropeptides. Neuropeptides typically consist of small peptides of approximately 3-40 residues. Examples of several neuropeptides and their biological functions are listed: ACTH adenocorticotropic hormone, α-MSH α-melanocyte-stimulating hormone, NPY neuropeptide Y, CRF corticotropin-releasing factor, and other neuropeptides (23-26). Pain involves the tachykinins, notably substance P, for afferent transmission of pain to spinal and brain neurons, with modulation of the spinal–brain pain pathway by opioid neuropeptides including enkephalin and dynorphins (27,28). Multiple vasoactive peptide hormones including angiotensin (Ang), vasopressin, bradykinin (BK), and others regulate blood pressure conditions including hypertension (29-31). These examples illustrate that profiles of neuropeptides participate in regulating specific physiological functions.

**Advantages of Mass Spectrometry-Based Neuropeptide Analyses Compared to Traditional Radioimmunoassay of Neuropeptides**

The analysis of profiles of distinct groups of neuropeptides can be readily accomplished by mass spectrometry-based neuropeptidomics. Liquid chromatography separation of neuropeptides with online tandem mass spectrometry allows identification of hundreds to thousands of peptides in single experiments. In contrast, traditional antibody-based detection of neuropeptides can only obtain information of one neuropeptide in a single assay, resulting in lack of knowledge of profiles of neuropeptides. A key limitation of antibody-based radioimmunoassays (RIA) is that RIA detection of a peptide in the biological sample indicates that it is “related” to the standard peptide, but the peptide sequence structure of the detected peptide(s) is not defined by the RIA method since antibodies can detect several related peptides. Significantly, directed mass spectrometry of selected neuropeptides provides definitive identification of the peptide of interest. Relative quantitation of the peptide can be achieved by “normalized spectral abundance” analyses or by isotopic labeling approaches (29,32-34). Such directed “multiple reaction monitoring” (MRM) of peptides is useful for designated peptides of biological interest. These neuropeptidomic and MRM mass spectrometry approaches provide identification and quantitation of defined peptide species in a single experiment, which is not possible with antibody-based approaches. The mass spectrometry-based neuropeptidomic approach provides knowledge of neuropeptide profiles that participate in biological regulation.

Importantly, most neuropeptides are active at very low concentrations in vivo (nanomolar range). Therefore, the high sensitivity of the mass spectrometry approach is advantageous for identifying neuropeptides. Application of mass

### Table 1. Neuropeptides in the Nervous and Endocrine Systems

| Neuropeptides                        | Physiological functions                        |
|--------------------------------------|------------------------------------------------|
| (Met)enkephalin and (Leu)enkephalin  | Analgesia, pain relief                          |
| Beta-endorphin                       | Analgesia, pain relief                          |
| Dynorphin                            | Analgesia, pain relief                          |
| ACTH                                 | Steroid production                              |
| α-MSH                                | Skin pigmentation, appetite                     |
| CRF                                  | ACTH secretion                                   |
| Insulin                              | Glucose metabolism                              |
| Glucagon                             | Glucose metabolism                              |
| Galanin                              | Cognition                                        |
| NPY                                  | Obesity, blood pressure                         |
| Somatostatin                         | Growth regulation                               |
| Vasopressin                          | Water balance                                    |
| Calcitonin                           | Calcium regulation                               |
| Cholecystokinin                      | Learning, memory, appetite                       |
| PACAP                                | Neuronal differentiation                        |

Peptide neurotransmitters and hormones are collectively termed neuropeptides. Neuropeptides typically consist of small peptides of approximately 3–40 residues. Examples of several neuropeptides and their biological functions are listed: ACTH adenocorticotropic hormone, α-MSH α-melanocyte-stimulating hormone, NPY neuropeptide Y, CRF corticotropin-releasing factor.
Spectrometry will likely lead to identification of numerous peptides generated from respective prohormone precursors. Subsequent biological analyses will then be needed to determine active peptides or inactive peptide products. Smaller inactive peptides may represent degradation of active neuropeptides; the spectrum of degradative pathways to inactivate neuropeptides has yet to be fully defined. Comparison of neuropeptide profiles under different cellular conditions in future studies can indicate how regulation of neuropeptide forms participates in health, disease, and drug treatment conditions.

**NEUROPEPTIDOMICS DEMONSTRATE NOVEL PEPTIDES GENERATED FROM PROENKEPHALIN AND CHROMOGRANIN A IN DENSE CORE SECRETORY VESICLES**

**Proenkephalin-Derived Neuropeptides**

The active pentapeptides (Met)enkephalin (ME) and (Leu)enkephalin (LE) are both derived from the proenkephalin (Fig. 2) precursor by proteolytic processing (9–11,15,16). Each proenkephalin precursor yields four copies of ME, one copy of LE, and the related peptides ME-Arg-Gly-Leu and ME-Arg-Phe. Studies of these active peptides have been based on their selection by bioassay and peptide sequencing of purified (Met)enkephalin (35) and deduced enkephalin-related peptides resulting from proteolytic processing of proenkephalin at dibasic residues.

Neuropeptidomic analyses by nano-liquid chromatography tandem mass spectrometry (LC-MS/MS) of neuropeptide-containing secretory vesicles isolated from a human pheochromocytoma revealed new information of how proenkephalin is processed (Fig. 3) (18). Peptides were analyzed in a low molecular weight pool of peptides less than 10 kDa (obtained by passage of the soluble fraction of isolated secretory vesicles through a 10-kDa Millipore membrane). Tandem mass spectrometry identified numerous extended forms of (Met)enkephalin that included “intervening” sequences of non-enkephalin domains. Also, intervening peptide sequences that did not include enkephalin sequences were identified. Yet, some intervening peptide domains were...
not detected (residues 145–161). These intervening peptide sequences have never been observed in prior studies.

Chromogranin-A-Derived Neuropeptides

In secretory vesicles isolated from human pheochromocytoma, the chromogranin A (CgA) precursor undergoes proteolysis to generate an extensive group of peptide products (Fig. 4)(18,36). Neuropeptidomic data identified numerous CgA-derived peptide domains of catestatin, vasostatin, parastatin, and related neuropeptides derived by proteolytic processing of CgA (18). Interestingly, the low molecular pool of peptides less than 10 kDa contained several intervening peptides of CgA. But some intervening peptide domains of CgA were not detected. Thus, similar to peptides derived from proenkephalin, the presence of intervening peptide domains indicates products derived from proenkephalin processing. In addition, the absence of particular intervening peptide products may indicate their presence only with the intact precursor or of high molecular weight intermediate fragments larger than 10 kDa, or as peptide domains that may have undergone extensive proteolysis.

These neuropeptidomic results demonstrate that global, unbiased analyses of peptides by nano-LC-MS/MS indicates multiple, diverse peptides generated from proenkephalin. Ongoing (19–21) and future mass spectrometry analyses of prohormone precursors will reveal a multitude of previously unknown peptide products generated from such precursors. The diversity of neuropeptides implicates their broad biological activities.

PROFILING OF VASOACTIVE PEPTIDE HORMONES IN PLASMA BY MASS SPECTROMETRY REVEALS NOVEL ANTIHYPERTENSIVE DRUG MECHANISMS

Secretion of active neuropeptides participates in peptide hormone regulation of physiological systems in health and disease conditions. Profiling changes in the levels of functionally related peptide hormones is critical to understanding the effectiveness of therapeutic strategies. The high potency of low concentrations of plasma peptide hormones indicates the necessity for quantitative detection of low-abundance plasma peptides, with the challenge of their high turnover and regulated levels in physiological functions. Our recent studies demonstrate the use of nano-LC-MS/MS with stable isotope labeling and MRM analysis for measuring selected groups of vasoactive peptides consisting of angiotensin, bradykinin, and related peptide hormones (29). The effects of an inhibitor of angiotensin-converting enzyme (ACE) on the profile of these vasoactive peptides illustrated that the drug affects not only its ACE target for angiotensin production but also results in prominent alteration of the profiles of bradykinin and related peptides that regulate blood pressure (Fig. 5)(29). The ACE

Fig. 3. Neuropeptidomic analyses of human proenkephalin-derived peptides in secretory vesicles. Neuropeptidomic studies investigated endogenous peptides derived from human proenkephalin in chromaffin secretory vesicles. Endogenous peptides derived from human PE in human adrenal medullary secretory vesicles (purified from human pheochromocytoma tissue) are illustrated with respect to their location within PE. Peptides were identified by ion-trap and QTOF MS/MS, combined with InsPect (Ins) and Spectrum Mill (SM) bioinformatic analyses of MS/MS data at 1% false discovery rate (FDR; with the exception of (Leu)enkephalin that was indicated at 5% FDR) (18). Peptides identified under each of these conditions were mapped to PE, illustrated by colored lines: QTOF MS/MS data analyzed by InsPect (Ins, orange) or Spectrum Mill (SM, yellow) and ion-trap (Trap) analyzed by InsPect (Ins, green) or SM (olive). Within PE, the active enkephalin neuropeptide sequences are shown in yellow. Dibasic cleavage sites are highlighted by boxes; in addition, monobasic residues within PE are shown. (Hyphens at the end of some lines indicate peptides that were split between two lines in the figure.)
inhibitor, captopril, reduced plasma levels of several angiotensin-related peptides, as expected. The drug also resulted in substantial time-dependent increases in bradykinin and kallidin. Thus, the drug has widespread effects on profiles of vasoactive peptide hormones.

Clearly, targeted peptidomic analyses to profile related peptides can enhance elucidation of the events regulating complex and dynamic physiological processes responding to therapeutic agents.

THE SECRETORY VESICLE PROTEOME FOR BIOSYNTHESIS OF ITS NEUROPEPTIDOME

The “neuropeptidome,” representing the profile of cellular neuropeptides, is produced from protein precursors within regulated secretory vesicles of neurons and endocrine cells. The “proteome” of these secretory vesicles is responsible for the biosynthesis, storage, and secretory release of the cellular “neuropeptidome.” The key segments of the secretory vesicle proteome responsible for biosynthesis of neuropeptidomes consist of the protease pathways utilized to convert proneuropeptides into active neuropeptides and protein systems required by secretory vesicles for vesicular trafficking, neuropeptide biosynthesis, signal transduction, and secretion of neuroeffectors.

Protease Pathways for Neuropeptidome Production

Chemical Biology for Activity-Based Identification of Proteases by Mass Spectrometry. Recent achievements in development of active site-directed affinity probes for proteases and other enzyme classes provide direct chemical labeling of proteases of interest in the biological system (37–40). Such activity-based probes that selectively label the main protease subclasses—cysteine, serine, metallo, aspartic, and threonine—provide advantageous chemical approaches for functional protease identification. Such chemical probes directed to cysteine proteases have been instrumental for identification of the new cathepsin L cysteine protease pathway for neuropeptide biosynthesis.

The activity probe DCG-04, the biotinylated form of E64c that inhibits cysteine proteases, was utilized for specific affinity labeling and mass spectrometry identifica-

**Fig. 4.** Neuropeptidomic analyses of human chromogranin-A-derived peptides in secretory vesicles. Neuropeptidomics studies investigated endogenous peptides derived from human CgA in chromafin secretory vesicles. CgA-derived peptides in human adrenal medullary secretory vesicles (purified from human pheochromocytoma tissue) identified in neuropeptidomic studies are illustrated within the CgA precursor (18). Peptides were identified (as described in legend of Fig. 3) by ion-trap and QTOF MS/MS, combined with InsPect (Ins) bioinformatic analyses of MS/MS data at 1% FDR. Peptides identified under each of these conditions were mapped to CgA, illustrated by colored lines: QTOF MS/MS data analyzed by InsPect (Ins, purple) and ion-trap (Trap) MS/MS data analyzed by InsPect (Ins, olive green). Within CgA, names of known peptide sequences are indicated. Dibasic cleavage sites are highlighted by boxes.
tion of the primary proenkephalin cleaving activity as cathepsin L (41–44). Confirmation of the localization of cathepsin L in neuropeptide-containing secretory vesicles was demonstrated by immunofluorescence confocal microscopy and immunoelectron microscopy (44–47). The key role of cathepsin L for neuropeptide biosynthesis has been illustrated by gene knockout, gene expression, and inhibitor studies. Results demonstrate the significant function of cathepsin L for producing neuropeptides including enkephalin, beta-endorphin, dynorphin, ACTH, α-melanocyte-stimulating hormone (α-MSH), cholecystokinin, NPY, and others (41–47). These findings suggested a new biological function for cathepsin L in secretory vesicles (in contrast to its known role in lysosomes) for producing the enkephalin and related neuropeptides.

Together with current knowledge in the field, prohormone processing utilizes two distinct protease pathways (Fig. 6) consisting of the cathepsin L cysteine protease pathway that includes Arg/Lys aminopeptidase (aminopeptidase B) and the well-known proprotein convertase (PC) family of subtilisin-like proteases (9–11) that process proenkephalins with carboxypeptidase E. These protease pathways, and possibly others, generate neuropeptidomes of neuroendocrine cells.

Plasma Vasoactive Peptides: Response to ACE Inhibitor

![Graph](Image)

**Fig. 5.** Multiple vasoactive peptide hormones regulated by ACE inhibitor drug therapeutics. The effects of an ACE inhibitor, captopril, on levels of plasma vasoactive peptides were analyzed in time course studies by nano-LC-MS/MS with quantitation using stable isotope-labeled internal peptide standards (29). ACE inhibitors are utilized as antihypertensive drugs. Chromatographic separation of target peptides and MRM provided quantitation of Ang I, Ang II, Ang1–7, BK 1–8, BK 2–9, and kallidin (KD). Results show significant reduction by the ACE inhibitor of the angiotensin peptides, with an interesting concomitant increase in plasma bradykinins and kallidin (potent vasodilators). The percent change in plasma concentration at different times after drug administration is shown in the table below the bar graph. Results illustrate the utility of simultaneous profiling of multiple peptides using mass spectrometry analysis to monitor drug-induced changes in vasoactive neuropeptides.

**Advances in Computational Mass Spectrometry Are Necessary for Neuropeptidomic and Proteomic Investigations of the Systems Biology of Cell–Cell Communication**

Computational mass spectrometry for bioinformatic analyses of mass spectrometry data is essential for identification and organization of peptidomic and proteomic components. Bioinformatics comprises the major effort for understanding mass spectrometry information. Importantly, analyses of neuropeptides and proteins subjected to mass spectrometry analyses each requires different bioinformatic approaches, as explained below.
Bioinformatics for Peptidomics

Mass spectrometry data of neuropeptidomes utilize bioinformatics that is distinguished from that used for protein identification. Unique features of peptides, compared to proteins, require distinct and appropriate bioinformatic tools for several reasons. Mass spectrometry analyses of neuropeptides depend entirely on the successful identification of a single peptide, which contrasts with protein identification by several peptide fragments generated by protease (typically trypsin) digestion. The neuropeptides of very short lengths of three to seven residues or of long lengths of more than 15–20 residues will benefit from the design of new algorithms for effective identification. Furthermore, whereas neuropeptides are nontryptic, many bioinformatic programs are designed for analyzing tryptic peptides for protein identification. Peptide identifications by search of protein databases are difficult because a substantial fraction of all short peptide sequences is present in the database, thus essentially reducing the search to de novo sequencing (a search in the space of all possible peptide sequences). In this case, the difficulty is that database search algorithms perform poorly whenever the database contains a substantial fraction of all possible peptides. Therefore, it will be necessary to improve search algorithms for peptide identifications. In addition, if the sequence database used is large, short peptides are likely to be present in the corresponding decoy database simply by chance, thus making peptide identification difficult. Significantly, structural complexity of neuropeptides is represented by posttranslational modifications including C-terminal amidation, acetylation, phosphorylation, sulfation, and other modifications (6,58). Thus, while some neuropeptides can be identified with current bioinformatic tools, complete neuropeptidomics will require the design of novel computational tools for identifying small neuropeptides from mass spectrometry data.

Bioinformatic analyses of neuropeptide sequences include genomic analyses for predictions of neuropeptide genes and peptide products from prohormones (59–64). Design of novel computational tools for predictions of neuropeptides from combined genomic and peptidomic sequences is an active area of algorithmic research in biomedical research. Such new bioinformatics tools will facilitate identification of neuropeptides by mass spectrometry, which will likely lead to discovery of previously unknown neuropeptides.

Bioinformatics for Proteomics

Investigation of proteomic data of secretory vesicles obtained from sympathoadrenal chromafin cells has been achieved in our studies with bioinformatic analyses of mass spectrometry data by Spectrum Mill and Sequest (48,49). The identified proteins comprising these data were clustered to gain knowledge of the protein functional protein categories present in secretory vesicles for neuropeptide biosynthesis and regulated secretion, as illustrated in Fig. 7. These
proteomic data indicate how these protein systems together coordinate secretory vesicle functions for neuropeptide production and release to mediate extracellular cell–cell communication.

CONCLUSION: NEUROPEPTIDOMICS AND PROTEOMICS FOR INVESTIGATION OF THE REGULATION OF NEUROPEPTIDES IN HEALTH, DISEASE, AND THERAPEUTICS

Regulation of brain and neuroendocrine functions utilizes profiles of neuropeptides that together function to mediate the complex cell–cell communication network among organ systems. Changes in physiological functions are represented by alterations in profiles of neuropeptides that can be investigated by neuropeptidomic approaches in health and disease. Furthermore, neuropeptidomics will be used for biomarker applications for monitoring disease status and the effectiveness of therapeutic agents. Significantly, because the secretory vesicle organelle produces neuropeptides, joint proteomic studies of this organelle provide knowledge of the key protein systems required for neuropeptide production. Elucidation of the neuropeptidomic systems, and their biosynthesis by the secretory vesicle proteome, can provide insight into new drug targets for novel disease therapeutics.

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