Silencing Livin improved the sensitivity of colon cancer cells to 5-fluorouracil by regulating crosstalk between apoptosis and autophagy

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Abstract. Colorectal cancer (CRC) is the third most common cause of cancer-associated mortality worldwide. Currently, 5-fluorouracil (5-FU) remains a widely used chemotherapeutic drug in the treatment of CRC; however, 5-FU resistance during treatment has become a common problem. Livin, a member of the inhibitor of apoptosis protein family, is considered to be associated with tumor resistance to chemotherapy. In the present study, Livin-silenced cells were generated by introducing a lentivirus into HCT116 and SW620 colon cancer cell lines. Acridine orange/ethidium bromide staining was used as an indicator of cell death. Western blot analysis was performed to detect protein expression levels, and transmission electron microscopy was used to assess autophagy. The half-maximal inhibitory concentration of 5-FU in colon cancer cells was evaluated using a Cell Counting Kit-8 assay. The results of the present study confirmed that silencing Livin significantly enhanced colon cancer cell death in the presence of 5-FU, increased expression levels of various apoptosis- and autophagy-associated proteins and augmented chemotherapeutic sensitivity to 5-FU. Furthermore, the present study demonstrated that this effect may be reversed when autophagy or apoptosis was inhibited, indicating that apoptosis and autophagy were involved in this process. The protein kinase B signaling pathway and B-cell lymphoma-2 expression levels significantly decreased following Livin knockdown, suggesting they may contribute to the regulation of apoptosis and autophagy crosstalk, which caused the Livin knockdown-induced cell death observed.

Introduction

Colorectal cancer (CRC) is one of the most common types of malignancies in Western countries, causing ~500,000 cancer-associated mortalities annually worldwide (1). Despite undergoing surgical resection, nearly 50% of patients do not respond to chemotherapy due to drug resistance (2). Previous studies have revealed that this may be, at least in part, due to anti-apoptotic responses (3-5).

The inhibitor of apoptosis protein (IAP) family is crucial to the anti-apoptotic responses of tumor cells (6). Livin, an important member of IAP, is considered to negatively regulate apoptosis-associated proteins and prevent apoptosis. It is strongly expressed in numerous common human neoplasms including CRC and lung cancer (7,8). Overexpression of Livin in tumors is associated with resistance to chemotherapy and radiotherapy, increased tumor recurrence and decreased patient overall survival (9-11). In CRC tissues, Livin expression levels are significantly increased and considered to be an independent prognostic factor (12).

In the past three decades, 5-fluorouracil (5-FU) chemotherapy has been the primary choice for the adjuvant treatment of CRC, although its resistance in the course of treatment has become a common problem. Briefly, 5-FU is an analog of uracil with a fluorine atom at the C-5 position in place of hydrogen. It inhibits thymidylate synthase and influences uracil metabolism to induce apoptosis in cancer cells (13,14). Previous studies have revealed that Livin serves a role in 5-FU resistance, and that the knockdown of Livin expression in cancer cell lines facilitates 5-FU-induced cell apoptosis (15,16). However, the mechanisms underlying Livin-mediated reversal of 5-FU chemoresistance have not yet been fully elucidated.

Apoptosis, also known as type I cell death, is a well-researched form of programmed cell death that involves the rapid demolition of cellular structures and organelles...
via the activation of catabolic enzymes (17). Autophagy is a conserved catabolic process in which cellular contents are degraded in lysosomes (18). Autophagy is considered to serve an important role in tumor development and chemoresistance (19). Previous studies have demonstrated that autophagy may serve a beneficial or detrimental effect on cancer cells, depending on the response to environmental stressors (20). With regard to benefits, autophagy provides the metabolites and ATP required for cell survival upon exposure to diverse environmental stressors, including treatment with chemotherapeutic agents, endoplasmic reticulum stress and hypoxia (21). Conversely, in certain cases, autophagy can lead to cell death by lysosome-mediated cell degradation (a distinct form of cell death compared with apoptosis) (22). Autophagy and apoptosis serve important roles in oncogenesis and tumor progression in mammals; they may be triggered by common upstream signals, resulting in combined autophagy and apoptosis (23,24). In other instances, their occurrence may be mutually exclusive. For example, researchers have demonstrated autophagy-mediated removal of protein of aggregates and harmful organelles, which induced inhibition of cell apoptosis (25). Despite efforts, the crosstalk between autophagy and apoptosis remains unclear. Previous studies have suggested the involvement of B-cell lymphoma-2 (Bcl-2)-beclin-1 interaction (25). In more recent studies, protein kinase B (Akt) was hypothesized to be involved in the crosstalk between apoptosis and autophagy (26). The present study revealed that apoptosis and autophagy were triggered by two common upstream signals, specifically Bcl-2 and the Akt signaling pathway.

Materials and methods

Antibodies and drugs. Anti-Livin, anti-Schizont membrane-associated protein (SMAC), anti-light chain 3 (LC3), anti-actin, anti-P62, anti-Bcl-2 and anti-caspase-3 antibodies were purchased from Abcam (Cambridge, UK); anti-phosphorylated (p)‑Akt, anti-total (T)‑Akt were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). The 5-FU, autophagy inhibitor 3-methyladenine (3-MA) and apoptosis inhibitor benzyloxyxy Carbonyl-Val-Ala-Asp fluoromethylketone (z-VAD-FMK) were purchased from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany).

Cell lines and cell culture. HCT116 and SW620 human colon carcinoma cell lines were obtained from the Cell Bank of the Chinese Academy of Sciences (Shanghai, China) and maintained in RPMI-1640 (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) culture medium supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin. All cells were grown in a humidified incubator at 37°C with 5% CO₂.

Short hairpin (sh)RNA synthesis and construction of Livin shRNA lentiviral vectors. The double stranded RNA sequences, simultaneously aimed at both Livin mRNA isomers (GenBank accession nos. NM_139317 and NM_022161), were designed as previously described (27,28). The sense strand was 5'-CAGGAGAGAGCTCCAGTCTCGA-3' and the antisense strand was 5'-TCAGACTGGACCCCTCTCGG-3'. They were synthesized by Shanghai GeneChem Co., Ltd. (Shanghai, China). Their connection to the lentiviral vector pGCL-GFP (Shanghai GeneChem Co., Ltd.) was verified by Shanghai GeneChem Co., Ltd. using polymerase chain reaction (PCR) and DNA sequencing (data not shown). Briefly, the products were transformed to fresh component bacteria E. coli (Shanghai GeneChem Co., Ltd.) and 10 clones were selected for each plasmid. PureLink™ Genomic DNA Purification kit (Thermo Fisher Scientific, Inc.) was used for DNA extraction and purification prior to being subjected to PCR amplification (forward primer, 5'-CGCAACGGCACAAAGACGA-3' and reverse primer, 5'-GTCAGTTCTGCTCCTGGAAC-3'). Taq DNA Polymerase (Thermo Fisher Scientific, Inc.) was used for DNA amplification. The thermocycling conditions were as follows: 95°C for 5 min, followed by 25 cycles of 95°C for 30 sec, 55°C for 60 sec, 72°C for 60 sec, and a final extension at 72°C for 7 min. The products were identified by 2% agarose gel electrophoresis and further determined by DNA sequencing (Shanghai GeneChem Co., Ltd.).

Transfection. The verified lentiviral vector was packaged by 293T packaging cells (Shanghai Gefan Biotechnology Co., Ltd., Shanghai, China), and vector particles were concentrated and purified to reduce toxicity. These lentiviral vectors infected HCT116 and SW620 cells when the cells achieved a confluence of ~80% following incubation at 37°C for 48 h. Expression of the green fluorescent protein reporter gene on the lentivirus was observed 4-5 days after infection (multiplicity of infection =50). Cells were collected with a transfection efficiency >80%. Further experiments were performed 6-10 days after transfection. The cells into which the lentivirus-shLivin was transfected were named the shLivin group, the cells transfected with the negative control (NC) shRNA were named the NC group, and the untransfected HCT116 and SW620 cells were named the control group.

Reverse transcription-quantitative (RT-q)PCR analysis. Livin expression levels in HCT116 and SW620 cell lines were determined by RT-qPCR analysis, using the standard methods previously described (29). Total RNA was extracted from HCT116 and SW620 cell pellets prepared by centrifugation at 500 x g for 5 min at room temperature using TRIzol® reagent (Takara Biotechnology Co., Ltd., Dalian, China). Reverse transcription was performed using the Prime Script Strand cDNA Synthesis kit (Takara Biotechnology Co., Ltd.) according to the manufacturer's protocol. cDNA were amplified using SYBR Premix Ex Taq (Takara Biotechnology Co., Ltd.). The PCR primer sequences were as follows: Livin forward, 5'-CGCAACGGCACAAAGACGA-3' and reverse, 5'-GTCAGTTCTGCTCCTGGAAC-3'; β-actin forward, 5'-AGCCATGTA CGTAGCCATCC-3' and reverse, 5'-CTTCAGGCTTGGTGT GTGAAAC-3'. PCR thermocycling conditions were set as follows: Pre-denaturing at 95°C for 30 sec, denaturing at 95°C for 5 sec, annealing at 60°C for 34 sec with 40 cycles, denaturing at 95°C for 15 sec, annealing at 60°C for 60 sec, and 95°C for a final 15 sec. PCR was performed using the Mastercycler nexus (Eppendorf, Hamburg, Germany). Data were analyzed using the comparative Cq method (2^ΔΔCq) (30). Three independent experiments were performed for each clone.

Western blot analysis. Western blot analysis was performed as previously described (31). The cells were homogenized
in radioimmunoprecipitation assay lysis buffer (Thermo Fisher Scientific, Inc.) and heated to 100˚C for 10 min prior to analysis. Protein concentration is performed using the Bradford assay (Bio-Rad Laboratories, Inc., Hercules, CA, USA). In total, 30 µg of protein mixture from cells was loaded per lane and separated by electrophoresis on an SDS-PAGE (10% gel). Proteins were then transferred to nitrocellulose blotting membranes. Membranes were blocked for 1 h with 5% milk. The membranes were then blotted with anti-Livin (cat. no. ab97350; 1:1,000), anti-β-Catenin (cat. no. ab51520; 1:1,000), anti-p62 (cat. no. ab91526; 1:1,000), anti-caspase-3 (cat. no. ab13847; 1:1,000), anti-SMAC (cat. no. ab8115; 1:1,000), anti-p-Akt (cat. no. ab81283; 1:1,000), anti-Akt (cat. no. ab179463; 1:1,000), anti-Bcl-2 (cat. no. ab59348; 1:1,000 diluted) and anti-actin (cat. no. ab8010; 1:1,000 diluted) which were all purchased from Abcam (Cambridge, UK) at 4˚C overnight. After washing three times with TBST (Thermo Fisher Scientific, Inc., Waltham, MA, USA), membranes were incubated with corresponding horseradish peroxidase-conjugated secondary antibodies (goat anti-rabbit; cat. no. ab6721; 1:5,000; Abcam) for 2 h at room temperature. Protein densitometry values were performed using an open source image-processing program ImageJ 1.46r (National Institutes of Health, Bethesda, MD, USA) according to a protocol described previously (32). The relative protein expression levels in different cell lines were normalized to β-actin. Three independent experiments were performed for each clone.

**Cell viability assay.** Cell viability was assessed using a Cell Counting Kit-8 (CCK-8; Dojindo Molecular Technologies, Inc., Kumamoto, Japan) assay, as described previously (33). Cells were seeded (5x10^3 cells/well) in 96-well microplates and grown in humidified incubator at 37˚C and 5% CO_2_ overnight. Various concentrations of 5-FU (10, 20, 40, 80 and 100 µM) were used to determine the concentration that produced the optimal HCT116 and SW620 cell response, following incubation for 24 h. The concentrations of 5-FU that promoted a half-maximal growth inhibition (IC_{50}) are presented as the mean ± standard deviation (SD), derived from triplicate samples of three independent experiments. The roles of autophagy and apoptosis in the Livin knockdown-induced recovery of 5-FU sensitivity were also further defined. In this regard, following Lv-sh Livin transfection, HCT-116 and SW620 cells were pretreated with an autophagy inhibitor (3-MA, 3 mM) at 37˚C for 2 h, or an apoptosis inhibitor (Z-VD-FMK, 40 µM) at 37˚C for 1 h prior to 5-FU (20 µM) treatment, as previously described (34,35).

**Acridine orange (AO)/ethidium bromide (EB) double staining.** The DNA binding dyes AO and EB can be used for the morphological detection of cell death (36). A cocktail of EB and AO (100 µg/ml) was prepared in PBS. Following treatment with 5-FU (20 µM) at 37˚C for 24 h, the cells were washed twice with PBS, followed by replacement with fetal bovine serum (Gibco; Thermo Fisher Scientific, Inc.). Following 30 min incubation at 37˚C, the cells were washed again with PBS, stained with AO/EB, and incubated at 37˚C for 30 min in the dark. The cells were washed with PBS and analyzed by fluorescent microscopy (magnification, x200) (36). The cell death rate (%) was calculated as the percentage of positively stained cells, namely the number of cells undergoing programmed cell death (per 100 cells). Three independent experiments were performed for each clone.

**Lactate dehydrogenase (LDH) assay.** To further investigate the effect of Livin knockdown on the response of colon cancer cells to 5-FU, an LDH assay was performed. LDH release from HCT116 and SW620 cells was determined using the LDH Cytotoxicity Detection kit-PLUS (Roche Applied Science, Penzberg, Germany), according to the manufacturer's protocol. Briefly, cells were seeded in 96-well plates and cultured at 37˚C for 24 h with 20 µM 5-FU. The percentage of LDH released from the treated cells was calculated by comparing it with the maximum release obtained with 2% Triton X-100 treatment (positive control) and spontaneous LDH release (mock-treated cells considered as a negative control), as follows: Cytotoxicity (%) = (experimental value - negative control)/(positive control - negative control) x100.

**Transmission electron microscopy.** The colon cancer cells were seeded into 6-well plates at 37˚C for 48 h and then fixed in 3% glutaraldehyde in 0.1 M cacodylate buffer (Electron Microscope Sciences, Hatfield, PA, USA) at 37˚C for 1 h. Following fixation, the samples were post-fixed in 1% osmium tetroxide in the same buffer at 37˚C for 30 min. Ultra-thin sections were then observed by transmission electron microscopy (magnification, x12,000).

**Statistical analysis.** Statistical analyses were performed using the GraphPad Prism version 5.0 (GraphPad Software, Inc., La Jolla, CA, USA). One-way analysis of variance (ANOVA) or two-way ANOVA, with Tukey’s or Bonferroni post hoc tests, were utilized to analyze the differences between groups. Data are presented as the mean ± standard error. P<0.05 was considered to indicate a statistically significant difference.

**Results**

**Protein and mRNA expression levels of Livin are markedly decreased in Livin-knockdown HCT116 and SW620 cell lines.** To confirm the effect of Livin knockdown in HCT116 and SW620 cell lines, the protein and mRNA expression levels of Livin were evaluated by western blot analysis and RT-qPCR, respectively. Western blot analysis indicated that Livin was significantly down regulated in the shLivin group, compared with the NC and control groups, in HCT116 and SW620 cells. β-actin was used as the loading control. All western blotting results are representative of at least three independent experiments (Fig. 1A and B). Ratios between Livin to actin in the shLivin group were significantly lower compared with the control or NC groups (Fig. 1C and D). Band densitometries were evaluated using ImageJ as aforementioned, expression level comparisons of Livin and actin were compared using two-way analysis of variance (P<0.05, shLivin group vs. control or NC groups). In addition, a marked inhibition of Livin mRNA expression was observed in the shLivin group compared with in the NC and control groups (P<0.05, shLivin group vs. control or NC groups; Fig. 1E and F). Each bar represents the mean ± SD (n=3).

**Silencing Livin increases the chemotherapeutic sensitivity of colon cancer cells to 5-FU.** AO-EB staining was performed to...
confirm that silencing Livin increased the chemotherapeutic sensitivity of colon cancer cells to 5-FU. Following treatment with 5-FU (20 μM) for 24 h, higher level of granular yellow-green nuclear AO staining and concentrated orange nuclear EB staining, were detected in the shLivin group compared with the control or NC groups (Fig. 2A). This indicated a higher level of apoptosis. The cell death rate of shLivin group was significantly higher compared with those of the control and NC groups (P<0.05; Fig. 2B). These results confirmed that silencing Livin enhanced 5-FU sensitivity in HCT116 and SW620 cell lines.

To further investigate the effect of Livin knockdown on the response of colon cancer cells to 5-FU, the LDH assay was performed. The present study revealed that the shLivin group had a significantly higher cell toxicity compared with the control and NC groups, which indicated participation of Livin in 5-FU-induced cell death (P<0.05; Fig. 2C).

Cell viability was evaluated by a CCK-8 assay. Concentrations of 5-FU that resulted in a 50% growth inhibition are indicated as the IC\textsubscript{50} values (Fig. 2D). In the HCT116 cells, the IC\textsubscript{50} of the shLivin, NC and control groups after 24 h were 19.733±4.127, 35.323±4.356 and 39.380±3.628 μM, respectively. In the SW620 cell line, the IC\textsubscript{50} of the shLivin, NC and control groups after 24 h were 32.537±3.925, 56.880±3.082 and 61.120±2.661 μM, respectively. The IC\textsubscript{50} of the shLivin group was significantly lower, compared with those of the control and NC groups (P<0.05; Fig. 2D). Data are presented as the mean ± SD of three experiments.

Blockade of autophagy or apoptosis inhibits Livin knockdown-induced recovery of 5-FU sensitivity in HCT116 and SW620 cells. To further confirm the involvement of autophagy and apoptosis in Livin knockdown-induced HCT116 and SW620 cell death, the autophagy inhibitor 3-MA, and the apoptosis inhibitor Z-VAD-FMK, were used to investigate whether Livin knockdown-induced cell death may be attributed to autophagy and apoptosis. Following Lv-sh Livin transfection into HCT-116 and SW620 cells, 3 mM 3-MA was added 2 h prior to 24 h of 5-FU (20 μM) treatment. Cell viability was evaluated with a CCK-8 assay; the IC\textsubscript{50} values of pretreated groups were significantly increased to 26.583±3.387 and 46.027±4.832 μM in HCT-116 and SW620 cell lines, respectively, which was significantly increased compared with the non-pretreated shLivin group (P<0.05; Fig. 2D). Similarly,
Z-VAD-FMK (40 µM) was added to the culture for 1 h prior to 5-FU treatment; the IC\textsubscript{50} of pretreated groups were raised to 34.053±3.913 and 60.703±5.001 µM in the HCT-116 and SW620 cells, respectively, which was significantly increased compared with the non-pretreated shLivin group (P<0.05; Fig. 2D). Inhibitor pretreatments markedly abrogated Livin knockdown-induced cell death, which indicated that autophagy and apoptosis contributed to Livin knockdown-induced 5-FU sensitivity recovery in HCT-116 and SW620 cells.

Silencing Livin induces the upregulation of apoptosis and autophagy in HCT116 and SW620 cells. Western blot analysis was performed to determine the expression levels of autophagic and apoptotic markers in the control, NC and shLivin groups (Fig. 3A). The ratio of LC3-II to LC3-I, an established indicator of autophagy, was markedly enhanced in the shLivin group, compared with in the control and NC groups. Conversely, P62 remained at a lower level in the shLivin group compared with in the control and NC groups (Fig. 3B-D). Caspase-3 and SMAC, crucial executioners of apoptosis, were highly upregulated following Livin silencing, which indicated that apoptosis is upregulated by Livin down regulation (P<0.05; Fig. 3C and D). These results indicated an induction of apoptosis and autophagy mediated by Livin silencing. To confirm the activation of autophagy, the ultrastructure of cells was observed with electron microscopy (Fig. 4A and B). A markedly higher number of autophagosomes were observed in the shLivin group compared with in the control and NC groups (Fig. 4A). Quantification of autophagosomes from 12 random fields of view in three independent experiments revealed that a significantly higher number of autophagosomes in shLivin group compared with the control and NC groups (P<0.05; Fig. 4B).

Inhibition of the Bcl-2 and Akt signaling pathways is involved in cell death induced by Livin silencing. Previous studies have demonstrated that Bcl-2 can regulate autophagy and apoptosis due to cooperation with a number of substances, including Ca\textsuperscript{2+} and autophagy protein 5 (Atg5) (23). The Search Tool
for the Retrieval of Interacting Genes/Proteins analysis revealedLivin and associated protein-protein interactions in the literature (confidence mode; http://string-db.org/). Livin, and the autophagy/apoptosis markers Bel-2 and Akt, were
input into STRING and a main cluster was formed. Blue lines represent interactions between proteins, and line thickness denotes the confidence level associated with each interaction. Within this cluster, Bcl-2 and Akt, which were located in the key nodes and mutually interacted, were selected for further analysis (Fig. 5A). Western blot analysis was performed to detect the protein expression level of Bcl-2, p-Akt and T-Akt from the control, NC and shLivin groups. Images are representative of three independent experiments. Histograms represent p-Akt, T-Akt and Bcl-2 protein expression levels quantified by western blotting and the optical analysis software ImageJ in (C) HCT116 and (D) SW620 cells (P<0.05, shLivin group vs. control or NC groups). Data are presented as the mean ± standard deviation of three independent experiments. Bcl-2, B-cell lymphoma-2; LC3, light chain 3; SMAC, Schizont membrane-associated cytoadherence protein; Akt1, protein kinase B 1; p, phosphorylated; T, total; NC, negative control; shLivin, lentivirus-short hairpin Livin; STRING, Search Tool for the Retrieval of Interacting Genes/Proteins; 5-FU, 5-fluorouracil.

Figure 5. Inhibition of Bcl-2 and the Akt signaling pathway were involved in silenced-Livin-induced cell death. (A) STRING analysis revealed Livin and associated protein-protein interactions (confidence mode; http://string-db.org/). Within this cluster, Bcl-2 and Akt, which were located in the key nodes and mutually interacted, were selected for further analysis. (B) HCT116 and SW620 cells were incubated with 20 µM 5-FU for 24 h, harvested and subjected to western blot analysis to detect the protein expression level of Bcl-2, p-Akt and T-Akt from the control, NC and shLivin groups. Images are representative of three independent experiments. Histograms represent p-Akt, T-Akt and Bcl-2 protein expression levels quantified by western blotting and the optical analysis software ImageJ in (C) HCT116 and (D) SW620 cells (P<0.05, shLivin group vs. control or NC groups). Data are presented as the mean ± standard deviation of three independent experiments. Bcl-2, B-cell lymphoma-2; LC3, light chain 3; SMAC, Schizont membrane-associated cytoadherence protein; Akt1, protein kinase B 1; p, phosphorylated; T, total; NC, negative control; shLivin, lentivirus-short hairpin Livin; STRING, Search Tool for the Retrieval of Interacting Genes/Proteins; 5-FU, 5-fluorouracil.

Discussion

Livin is a crucial factor that contributes to therapeutic resistance in various tumor types (37). Previous studies have proposed Livin as a potential therapeutic target, owing to its high expression level and association with tumor pathology and outcome (38). A previous study investigated the expression levels of Livin in four colon cancer cell lines and revealed that the overexpression of Livin inhibited the activation of apoptosis in the chemotherapy-resistant cells (39). The present study confirmed that silencing Livin may improve sensitivity to 5-FU chemotherapy. The downregulation of Livin induced a high level of cell death, as revealed by AO-EB staining. Furthermore, it was demonstrated that this cell death was induced by apoptosis and autophagy. To the best of our knowledge, no previous experiments have been performed to analyze the association between Livin and the autophagic cell death of colon cancer cells when treated with 5-FU.

Self-destructive cell processes, namely autophagy and apoptosis, have been the focus of numerous researchers. Cell apoptosis serves an important role in suppressing cancer cell proliferation, which is involved in the activation of catabolic enzymes in particular proteases in the signaling cascade and leads to the rapid destruction of cellular structures and organelles (40). Previous studies have revealed that the apoptosis-associated gene Livin can regulate tumor cell apoptosis induced by chemotherapy (41). The present study demonstrated the upregulation of caspase-3 following Livin knockdown, which revealed that silencing Livin enhanced the sensitivity of colon cancer cells to 5-FU, leading to apoptosis. The use of the IAP (Z-VAD-FMK) indicated that the IC_{50} of
SVI-shLivin cells significantly increased following inhibition of apoptosis by Z-VAD-FMK. These results indicated that silencing Livin improved the sensitivity of colon cancer cells to 5-FU, resulting in apoptosis. Autophagy is initially induced to allow cells to adapt to stress; however, it also induces cell death in certain cases (42). Previous studies indicated that autophagy may be stimulated by numerous forms of cellular stresses, including nutrient or growth factor deprivation and hypoxia (43,44). Conversely, certain studies suggested that autophagy may kill cancer cells via cellular digestion caused by lysosomal enzymes (45,46). The results of the present study are consistent with the latter hypothesis. The expression levels of autophagy-associated proteins were detected via western blotting. The results indicated an increase in LC3-II, and a decrease in LC3-I, P62 and Bcl-2 expression levels in shLivin group compared with control and NC groups. Electron microscopy was used to observe the appearance of autophagosomes. The results indicated that there was a markedly increased number of autophagosomes in the shLivin group, compared with the control and NC groups, which indicated that autophagy was promoted by silencing Livin. To further confirm the involvement of autophagic cell death, the inhibitor of autophagy, 3-MA, was added. The results demonstrated that the IC_{50} of SVI-shLivin cells was significantly increased following the inhibition of autophagy. These results implied that silencing Livin enhanced the sensitivity of colon cancer cells to 5-FU, leading to autophagic cell death.

The mechanisms underlying apoptosis and autophagy vary, and the functional association/crosstalk between them is complex (25). A previous study revealed that Bcl-2 can regulate autophagy and apoptosis due to cooperation with numerous substances, including Ca^{2+} and Atg5, which may be involved in oncogenesis and tumor progression (23). Based on the aforementioned information, and on the co-participation of autophagic cell death and apoptosis in the silenced-Livin-induced 5-FU sensitivity improvement, Bcl-2 expression was evaluated in the Livin-silenced cells. The result demonstrated a significant decrease in Bcl-2 protein expression level. Certain previous studies confirmed the involvement of the Akt signaling pathway in the induction of autophagy (47,48). The expression level of Akt was detected by western blotting to verify whether it was involved in the cell death induced by Livin silencing. The results indicated that Akt expression was significantly decreased due to Livin knockdown. The present study investigated the involvement of Bcl-2 and the Akt signaling pathway. Future studies are required to investigate the specific mechanism underlying the decrease in Bcl-2 and Akt expression induced by Livin silencing, and to explore the crosstalk between autophagic cell death and apoptosis processes regulated by Bcl-2 and Akt.

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Availability of data and materials
The datasets generated and analyzed in the present study are included in this published article.

Authors' contributions
CSL designed the experiments; SL and XL performed the experiments and analyzed the data. QL, HJL, YLS, HQZ and CSL designed the experiments; SL and XL performed the experiments; QL, HJL, YLS, HQZ and CSL analyzed the data. SL and XL wrote the manuscript in consultation with QL, HJL, YLS, HQZ and HJZ. All authors approved the final manuscript.

Ethics and consent to participate
Not applicable.

Consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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