Differential involvement of amygdala and cortical NMDA receptors activation upon encoding in odor fear memory

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Although the basolateral amygdala (BLA) plays a crucial role for the acquisition and storage of fear memories, sensory cortices were involved in their long-term storage in rats. However, the time course of their respective involvement has received little investigation. Here we assessed the role of the glutamatergic N-methyl-D-aspartate (NMDA) receptors in the BLA and olfactory cortex at discrete moments of an odor fear conditioning session. We showed that NMDA receptors in BLA are critically involved in odor fear acquisition during the first association but not during the next ones. In the cortex, NMDA receptor activation at encoding is not necessary for recent odor fear memory while its role in remote memory storage needs further investigation.

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Although the amygdala plays a crucial role for the acquisition of fear memories, sensory cortices are involved in their long-term storage in rats. However, the precise time course of amygdala and sensory cortices involvement in fear conditioning remains to be clearly identified. In a recent study investigating hippocampal–cortical interactions, Lesburguères et al. (2011) showed that neurons in the rat cortex undergo a “tagging process” upon encoding to ensure the progressive rewiring of cortical networks that support remote memory storage. We reasoned that the same phenomenon might occur in amygdala-dependent memories and that the amygdala and cortical networks might be involved together at the time of encoding in order for fear memories to be stored in the long term.

In a previous study using odor fear conditioning, we compared the dynamics of glutamate fluctuations between basolateral amygdala (BLA) and olfactory cortex (posterior piriform cortex: pPC) during the acquisition session (Hegoburu et al. 2009). In the BLA, we observed a transient increase in glutamate in response to the first odor–shock pairing only, whereas in the pPC increases in glutamate were seen after each pairing of the acquisition session. This led us to hypothesize that two parallel processes take place at encoding: the BLA might be critically involved early and transiently to encode unexpected stimulus–danger association; in parallel via a glutamatergic projection pathway, the BLA would trigger the involvement of the pPC which might be engaged regularly throughout the session to progressively build up the long-term engram as suggested by the literature (Sacco and Sachetti 2010; Lesburguères et al. 2011). Because N-methyl-D-aspartate (NMDA) receptors play a major role in memory processes (for review, see Riedel et al. 2003), in this study we manipulated NMDA receptors in either the BLA or the pPC, at discrete moments of the acquisition session. We predicted that blocking NMDA receptors in the BLA before odor–shock training would prevent learning, while delaying the blockade to after the first pairing would not. In contrast, blocking NMDA receptors in the pPC before training should not alter recent memory but should compromise its remote storage.

We first assessed the effects of the injection of the NMDA antagonist AP5 (D,L-2-amino-5-phosphonovaleric acid) in the BLA either before or after the first odor–shock association, on the animal’s performance 24 h later. Adult Long-Evans male rats (Janvier, France; 250–300 g) were housed individually and maintained under a 12-h light–dark cycle with ad libitum access to food and water. All experiments and surgical procedures were conducted in accordance with the European Community Council Directive (86/609/EEC) and the French National Committee for care and use of laboratory animals. Forty-two animals were implanted bilaterally with 23-gauge guide cannulae positioned 2 mm above the BLA (AP +2.8 mm relative to bregma; ML +4.9 mm; DV −5.2 mm from dura). Injection needles (30 gauge, extending 2 mm from the tip of the guide cannula) connected to a microinfusion pump (Harvard Apparatus) allowed the infusion of AP5 (Sigma-Aldrich; 2.5 µg/0.5 µL, 0.5 µL per hemisphere). After 1 wk of recovery from the surgery, the animals were trained in an olfactory fear conditioning paradigm (Sevelinges et al. 2004; Hegoburu et al. 2009). Briefly, the animal received six pairings of 20 sec peppermint odor coterminating with a 1-sec footshock (0.4 mA) using a 4-min intertrial interval (total session duration: 28 min). The conditioned fear was assessed 24 h later, by presenting the peppermint odor four times for 20 sec with a 1-min intertrial interval (total session duration: 6 min). During the different phases of the experiment, the animal’s freezing behavior was videotaped for offline analysis (Hegoburu et al. 2011). During acquisition, post-shock freezing was measured and expressed as a percentage of the whole session duration (except the 4-min acclimation period preceding the first pairing). During the 24-h retention test, the amount of freezing...
during the 2 min before odor introduction (Pre-Odor Period) was compared with the first minute of odor presentation (Odor Period). Analysis of variance (ANOVA) with repeated measures followed by Fisher post hoc tests was used. Significance was taken at $P \leq 0.05$.

The experimental groups were divided into six categories. In the 6_Pre groups, AP5 (6_Pre AP5, $n = 7$) or NaCl (6_Pre NaCl, $n = 7$) was infused in the BLA 1 min prior to the conditioning session that included six odor–shock pairings. In the 6_Post groups, AP5 (6_Post AP5, $n = 7$) or NaCl (6_Post NaCl, $n = 7$) was infused 3 min after the first pairing of the training session. In the 1_Post groups, the conditioning session included only one odor–shock pairing and AP5 (1_Post AP5, $n = 7$) or NaCl (1_Post NaCl, $n = 7$) was infused 3 min after the pairing. In all the groups, the animals remained tethered to the infusion tubing throughout training. Retention was assessed 24 h after the conditioning session. Figure 1A illustrates the injection cannula placements in BLA in the six experimental groups. During acquisition, the level of post-shock freezing was similar in the six experimental groups ($F(5,36) = 1.2, P = 0.33$; Fig. 1B). For the 24-h retention test, we carried out a three-factor mixed ANOVA, with the Drug (AP5 versus NaCl) and the Time of infusion (Pre- versus Post-first pairing) as independent factors, and the Period (Pre-Odor versus Odor) as repeated measures. The comparison of the four groups with six odor–shock pairings (6_Pre and 6_Post) revealed a significant effect of Drug ($F(1,24) = 10.25, P = 0.004$), Period ($F(1,24) = 55.83, P < 0.001$), and Drug × Time of infusion × Period interaction ($F(1,24) = 4.8, P = 0.038$). Post hoc analyses showed that all the groups except the 6_Pre AP5 group presented a significant increase in freezing in response to the learned odor compared with pre-odor levels (see Fig. 1C for the $P$ values). Comparison of the 6_Post groups with the 1_Post groups revealed a significant effect of Number of pairings (6 versus 1; $F(1,24) = 4.41, P = 0.046$), Period ($F(1,24) = 39.17, P < 0.001$), and Number of pairings × Period interaction ($F(1,24) = 7.64, P = 0.011$), but no effect of Drug. Post hoc comparisons showed that while freezing increased significantly in response to the learned odor in the 6_Post groups, the increase did not reach significance in the 1_Post groups (Fig. 1C). In summary, these data show that AP5 infused in the BLA pretraining prevented fear memory acquisition. In contrast, when AP5 was infused after the first pairing, learning was not impaired, and was higher than that observed with only one pairing.

We then assessed the functionality of the glutamatergic amygdala-olfactory pathway by measuring the impact of an artificial increase of glutamate in the BLA on glutamate levels in the pPC via high temporal resolution microdialysis (Parrot et al. 2004). Twelve animals were included in this experiment carried out on anesthetized animals (urethane, 1.4 g/kg, 0.5 mL/100 g, i.p.). For six animals, an injection cannula and a microdialysis probe were implanted in the BLA (AP $–2.8$ mm; ML $+4.9$ mm; DV $–7.5$ mm from dura). In the other six, the injection cannula was implanted in the BLA, while the microdialysis probe was implanted in the ipsilateral pPC (AP $–1.8$ mm; ML $+5.5$ mm; DV $–8.2$ mm from dura). The microdialysis sampling procedure has been described previously (Bert et al. 2002; Hegoburu et al. 2009). Briefly, sampling (1 $\mu$L/min) started 3 h after the probe/injection cannula implantation. The first four samples constituted the baseline level. Then the first infusion of the glutamate uptake inhibitor PDC (L-trans-pyrroline-2,4-dicarboxylic acid, 0.3 $\mu$L at 2 $\mu$L/min; Tocris Bioscience) was delivered followed by a second infusion 8 min later. The samples were then analyzed for glutamate content using capillary electrophoresis coupled to a laser-induced fluorescence detector as previously described (Hegoburu et al. 2009). Figure 2A illustrates the placement of the microdialysis probes in the BLA and pPC, as well as the PDC infusion sites in BLA. As expected PDC infusion in BLA increased glutamate levels locally, reaching 400%–600% of the baseline concentration from the start of the infusion to 4–5 min after ($F(25,125) = 4.6, P < 0.0001$; Fig. 2B, upper part). Each infusion of PDC in BLA also induced a significant increase of glutamate levels in pPC ($F(25,75) = 1.7, P = 0.044$; Fig. 3B, lower part), in particular 1 and 5 min after the first infusion, and 2 min after the second one ($P < 0.05$). For both infusions, the increase in glutamate was delayed for 1 or 2 min in pPC compared with BLA.

**Figure 1.** Effects of NMDA receptors blockade in basolateral amygdala (BLA) at different moments of the odor fear acquisition session. AP5 or NaCl was injected in the BLA either before (Pre groups) or after (Post groups) the first odor–shock pairing. (A) Histological verification of injection cannula placement in BLA of NaCl (empty circles) and AP5 (gray circles) injected animals in the different experimental groups (see Materials and Methods for details). (B) Post-shock freezing in the six experimental groups during the acquisition session. (C) Freezing during the 24-h retention test. In each group, freezing was measured before (Pre-Odor) and during (Odor) learned odor presentation.
Microdialysis probe and cannula placement

A

Microdialysis probe

Injection cannula

BLA

Microdialysis probe

Injection cannula

pPC

Figure 2. Effects of an artificially induced increase in glutamate in the basolateral amygdala (BLA) on glutamate levels in the posterior piriform cortex (pPC). (A) Histological verification of microdialysis probes and injection cannula placement in the BLA and pPC, in the two experimental conditions (see Materials and Methods for details). (B) Glutamate variations measured using high temporal resolution microdialysis in BLA and pPC, in response to two infusions of PDC (glutamate reuptake inhibitor) in BLA.

To summarize, PDC infusion in the BLA induced a strong and immediate local increase in glutamate, and a delayed distal increase in the pPC.

Finally, we assessed the effects of the pretraining injection of an NMDA antagonist (AP5) in the pPC. Fourteen animals were implanted bilaterally with guide cannulae above the pPC (AP = 1.8 mm; ML +5.5 mm; DV = 5.4 mm from dura); they were divided into two experimental groups. In the pPC_Pre AP5 group (n = 7), AP5 was infused 1 min before the beginning of the conditioning session that included six odor–shock pairings, while in the pPC_Pre NaCl group (n = 7), NaCl was infused. The animals were tested for retention at both 24 h and 30 d post-training.

Figure 3A illustrates the placement of injection cannulae in pPC in the two groups. During acquisition, the amount of post-shock freezing was similar in the two groups (Fig. 3B). For the retention tests performed at 24 h and 30 d (Fig. 3C), an ANOVA for repeated measures was carried out with Drug (AP5 versus NaCl) as independent factor and Period (Pre-Odor versus Odor) and Test (24 h versus 30 d) as repeated measures. A significant effect was found for Drug (F(1,12) = 6.63, P = 0.024) and Period (F(1,12) = 25.02, P < 0.0001) and a close to significant Period × Test interaction was obtained (F(1,12) = 3.60, P = 0.08), while the other interactions were not significant. Interestingly, the tendency for Period × Test interaction was increased when comparisons were restricted to the AP5 group (F(1,6) = 5.30, P = 0.06) but not to the NaCl group (F(1,6) = 0.45, P = 0.53). Indeed, in the AP5 group, the Period effect (i.e., higher freezing levels during the CS Odor than before) was significant at the recent test (F(1,6) = 56.85, P < 0.001) but not at the remote one (F(1,6) = 0.35, P = 0.58). In regard to the Drug effect obtained in the global ANOVA, significant differences were found when the comparisons were restricted to the remote test (Fig. 3C, right part; F(1,12) = 4.92, P = 0.046; with nonsignificant Period × Drug interaction) but not to the recent one (Fig. 3C, left part; F(1,12) = 0.44, P = 0.52) indicating that the levels of freezing of AP5 animals at the 30-d retention test were globally lower than those of NaCl animals. Finally, pre-CS freezing significantly increased between the 24 h and the 30 d tests (F(1,12) = 6.21, P = 0.03) irrespective of the group (Drug F(1,6) = 0.66, P = 0.43; Drug × Test interaction F(1,12) = 0.0421, P = 0.85), which could reflect some contextual fear generalization with the passage of time (Wiltgen and Silva 2007; Winocur et al. 2007). Taken together these data suggest that there is a tendency for AP5 animals to exhibit lower remote memory performance. However, the absence of significant Drug × Period × Test interaction does not allow us to unambiguously conclude that the AP5 treatment has no effect on recent memory but impairs remote memory.

This work was aimed at investigating the involvement of NMDA receptors transmission in amygdala and cortical networks at the time of encoding on the acquisition and long-term storage of fear memories. We first showed that NMDA receptor transmission in BLA is critically involved in odor fear acquisition, mainly during the first association. Numerous studies have shown that pretraining blockade of NMDA receptors in the amygdala disrupts fear acquisition (for reviews, see Walker and Davis 2002; Rodrigues et al. 2004; Pape and Pare 2010). Our data bring new information concerning the precise time of NMDA receptors involvement. Indeed, while previous studies have targeted the acquisition session as a whole, here we highlighted the specific role of the first trial of the session. Specifically, we showed that blockade of NMDA receptors after the first pairing of a session of six pairings induced no deficit in the learning. It could be argued that the lack of deficit observed in animals receiving AP5 in BLA after the first pairing is due to the fact that the animals have learned the association in a single
odor presentation, in both NaCl and AP5 groups. Freezing was measured before (Pre-Odor) and during (Odor) learned acquisition for remote memory storage, our results clearly demonstrate that amygdala and cortical NMDA receptors activation during conditioning plays different roles in odor fear learning and memory processes.

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Armony JL, Servan-Schreiber D, Romanski LM, Cohen JD, LeDoux JE. 1997. Stimulus generalization of fear responses: effects of auditorypairing (Laurent-Demir and Jaffard 2000). Here we show that the animals’ performances were lower with one pairing than with six and were unaffected by AP5 treatment. Taken together these data suggest that after the first pairing, NMDA receptors are no more involved in the processing of the next pairings or in consolidation processes, comforting our previous data showing an increase in glutamate release in BLA for the first pairing but not for the next ones (Hegoburu et al. 2009). This observation is in line with previous studies showing that intra amygdala injections of NMDA antagonists carried out post-training (Maren et al. 1996; Walker and Davis 2002) or before testing (Rodrigues et al. 2001; Walker et al. 2005 in odor fear conditioning) have no effect on consolidation and expression of auditory fear conditioning. However, it is well known that the BLA is involved in memory processes occurring during or just after training and at testing (for review, see Fanselow and Gale 2003). For instance, different studies have shown increases in training-related plasticity in the BLA beyond the first trial (Quirk et al. 1995; Repa et al. 2001; Rosenkranz and Grace 2002, for odor fear conditioning). In addition, Schafe and LeDoux (2000) reported that immediate post-training infusion of anisomycin impaired fear memory retention, suggesting that BLA is essential for memory consolidation of auditory fear conditioning. Finally, AMPA-receptors-mediated fast excitatory transmission in the BLA has been shown to be involved in fear learning and fear expression (Kim et al. 1993; Walker and Davis 2002).

Interestingly, recent studies showed that the amygdala is an effective detector of unpredicted stimuli (Herry et al. 2007), surprising events (Klavir et al. 2013), or unexpected changes related to aversive stimuli (Diaz-Mataix et al. 2013). We therefore propose that the first odor–shock pairing (for which the surprise effect is the greatest) induces a strong increase in glutamate release, enabling NMDAR activation in BLA, which triggers the cascade of cellular events leading to long-term plasticity assumed to be involved in the maintenance of fear memory (for review, see Orsini and Maren 2012). In parallel, during the next pairings, non-NMDA-dependent processes occur in the BLA, allowing further strengthening of the learning.

Our microdialysis data showed that an artificial increase in glutamate in BLA was able to trigger a glutamate increase in pPC with a 1–2 min delay. While the existence of projections from the piriform cortex to the amygdala is well known (Krettek and Price 1978; McDonald 1998), the reciprocal projection has received less attention (Majak et al. 2004). Recently, Luna and Morozov (2012) reported that the pPC differentially responds to amygdaloid versus cortical inputs by utilizing distinct local microcircuits. The pPC is thus an ideal locus to combine the sensory characteristics of the stimulus with its affective learned value transmitted by the BLA to keep the trace of this emotional olfactory memory as suggested by previous studies (Sevelinges et al. 2004, 2008, 2011; Barnes et al. 2011; Chen et al. 2011).

Most studies questioning the role of sensory cortices in fear conditioning have used auditory stimuli. These studies revealed that the lesion of auditory sensory cortices do not prevent the acquisition of auditory fear conditioning, thus arguing against their involvement in the learning (Campeau and Davis 1995; Armony et al. 1997). However, these studies have only investigated recent memory (Romansi and LeDoux 1992). Interestingly, Sacco and Sacchetti (2010) reported that excitotoxic lesions of auditory, visual, or olfactory secondary sensory cortices impaired remote, but not recent, fear memories in rats. These data show that sensory cortices are involved in the long-term storage of the sensory attributes of remote fear memories in rats. This study suggests that when NMDA receptors are blocked in pPC before training, there is a tendency toward lower remote memory performance while recent memory is unaffected. However, in contrast to Sacco and Sacchetti (2010) who described a remote memory deficit consisting of a decreased CS freezing with no change in pre-CS freezing, the deficit we observed at 30 d resulted from both a tendency to increased pre-CS freezing and decreased CS freezing. This lack of clear-cut effect in our experimental conditions could be due to the smaller size of our groups (7 versus 12–13) and/or the technique used (transient and more localized pharmacological blockade versus large lesion). Even if further experiments are needed to confirm the role of NMDA-dependent processes in pPC during acquisition for remote memory storage, our results clearly demonstrate that amygdala and cortical NMDA receptors activation during conditioning plays different roles in odor fear learning and memory processes.

Figure 3. Effects of pretraining NMDA receptors blockade in the posterior piriform cortex (pPC) on recent (24 h) and remote (30 d) odor fear memory. (A) Histological verification of injection cannula placement in pPC of NaCl (empty circles) and AP5 (gray circles) injected animals in the two experimental groups (see Materials and Methods for details). (B) Post-shock freezing in the two experimental groups during the acquisition session. (C) Freezing during the 24-h- and 30-d-retention tests: Freezing was measured before (Pre-Odor) and during (Odor) learned odor presentation, in both NaCl and AP5 groups.
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