Pharmacological evaluation of the semi-purified fractions from the soft coral *Eunicella singularis* and isolation of pure compounds

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**Abstract**

**Background:** Gorgonians of the genus *Eunicella* are known for possessing a wide range of pharmacological activities such as antiproliferative and antibacterial effect. The aim of this study was to evaluate the anti-inflammatory and gastroprotective effect of the organic extract and its semi-purified fractions from the white gorgonian *Eunicella singularis* and the isolation and identification of pure compound(s) from the more effective fraction.

**Methods:** Anti-inflammatory activity was evaluated, using the carrageenan-induced rat paw edema test and in comparison to the reference drug Acetylsalicylate of Lysine. The gastroprotective activity was determined using HCl/EtOH induced gastric ulcers in rats. The purification of compound(s) from the more effective fraction was done by two chromatographic methods (HPLC and MPLC). The structure elucidation was determined by extensive spectroscopic analysis (¹H and ¹³C NMR, COSY, HMBG, HMQC and NOESY) and by comparison with data reported in the literature.

**Results:** The evaluation of the anti-inflammatory activity of different fractions from *Eunicella singularis* showed in a dependent dose manner an important anti-inflammatory activity of the ethanol fraction, the percentage of inhibition of edema, 3 h after carrageenan injection was 66.12%, more effective than the reference drug (56.32%). In addition, this ethanolic fraction showed an interesting gastroprotective effect compared to the reference drugs, ranitidine and omeprazol. The percentage of inhibition of gastric ulcer induced by HCl/ethanol in rats was 70.27%. The percentage of the reference drugs (ranitidine and omeprazol) were 65 and 87.53%, respectively. The purification and structure elucidation of compound(s) from this ethanolic fraction were leading to the isolation of five sterols: cholesterol (5α-cholest-5-en-3β-ol) (1); ergosterol (ergosta-5,22-dien-3β-ol) (2); stigmasterol (24-ethylcholesta-5,22-dien-3β-ol) (3); 5α,8α-epidioxyergosta-6,22-dien-3β-ol (4) and 3β-hydroxy-5α,8α-epidioxyergosta-6-ene (5); and one diterpenoid: palmonine D (6).

**Conclusion:** Based on data presented here, we concluded that diterpenoids and sterols detected in the ethanolic fraction can be responsible for its pharmacological activity.

**Keywords:** *Eunicella singularis*, Anti-inflammatory activity, Gastroprotective effect, Marine natural product, Diterpenoid, Sterols
Background
Nature has developed an enormous diversity during several billion years of evolution. The Mediterranean Area represents one of the world’s major centers of animal diversity; with around 20 gorgonian species, four belong to the genus *Eunicella*: *E. verrucosa*, *E. filiformis*, *E. cavolini* and *E. singularis* [1].

Although natural compounds have been replaced by synthetic chemistry as the main source of new drugs, marine invertebrates remain an unequalled source of biochemical diversity. The studies on gorgonian have great importance in the research of marine resources of active compounds mainly by the pharmaceutical industry or for other uses. In fact, the gorgonians (Anthozoa, Gorgonacea) are known for possessing a wide range of pharmacologic and health promoting properties including antibacterial [2], antiviral [3], antiplasmodial [4], antifouling [5], antiproliferative [6], cytotoxic [7] and insecticidal [8] effects. The gorgonian of the genus *Eunicella* has been demonstrated to contain a wide variety of natural products as steroids and diterpenes [9,10]. These compounds posses anticancer, gastroprotective and anti-inflammatory activities [11]. For many years, our marine pharmacological group in Tunisia has been involved in an accurate research program on gorgonian constituents in order to define both their chemical composition and their biological activities. On the other hand, the use of non-steroidal anti-inflammatory drugs (NSAID) for the treatment of inflammatory diseases is associated with adverse effects as peptic ulcer [12]. Therefore, the research of potent anti-inflammatory drugs from natural sources and with fewer side effects had become necessary. This study has yielded the anti-inflammatory and gastroprotective effects of the organic extract and its semi-purified fractions of the white gorgonian *Eunicella singularis* (Esper, 1791). The structure elucidation of the isolated compounds from the active fraction was done by 1D and 2D NMR experiments and by comparison with literature data.

Methods
General procedures

HPLC was performed using a Waters model 510 pump equipped with Waters Rheodine injector and a differential refractometer, model 401. Medium pressure liquid chromatography (MPLC) was performed on a Buchi apparatus using a silica gel (230–400 mesh) column.

NMR spectra were obtained on Varian Inova 400 and Varian Inova 500 NMR spectrometers (1H at 400 and 500 MHz, 13C at 100 and 125 MHz, respectively) equipped with a Sun hardware, δ (ppm), / in hertz, and spectra referred to CD3Cl₃ (δH=7.27; δC= 70.0 ) as internal standard. High-resolution ESIMS spectra were performed with a Micromass QTOF Micro mass spectrometer. All reagents were commercially obtained (Aldrich, Fluka) at the highest commercial quality and used without further purification except where noted. All reactions were monitored by TLC on silica gel plates (Macherey–Nagel). Carrageenan (BDH Chemicals Ltd Poole England), Acetylsalicylate of Lysine (ASL) were purchased from Sigma Chemical (Berlin, Germany). Ranitidine was obtained from Medis (Tunis, Tunisia), omeprazole was obtained from AstraZeneca (Monts).

Collection and extraction

*E. singularis* was collected from the Mediterranean Sea in various areas of the coastal region of Tabarka (Tunisia), in June 2010, at a depth between 20 and 30 m. Identification of specimens was carried out in the National Institute of Marine Sciences and Technologies (Salamboo, Tunisia) where a voucher specimen of *E. singularis* was deposited under the following reference 1132. After maceration of 600 g of the powdered material with methanol and dichloromethane (1:1, v/v) for 48h three times, the organic extract (40 g) was purified, using C18 cartridges (Sep-pack, Supelco), by gradient elution with different organic solvents in the order of decreased polarity: ethanol, acetone and methanol/CH2Cl2 (1:1) to give three semi-purified fractions: ethanol (F-EtOH), acetone (F-Ac) and methanol/CH2Cl2 (F-MeOH/CH2Cl2) fractions. Organic solvents were removed from recuperated fractions using rotating evaporator at 40°C.

Purification, isolation and structure elucidation

F-EtOH (15 g) was fractionated according to the Kupchan partitioning procedure [13] as follow: the ethanolic fraction was dissolved in a mixture of MeOH/H2O containing 10% H2O and partitioned against n-hexane to give 10.3 g of the crude extract. The water content (% v/v) of the MeOH extract was adjusted to 30% and partitioned against CHC1₃ to give 3.9 g of the crude extract. The aqueous phase was concentrated to remove MeOH and then extracted with n-BuOH (268 mg of crude extract) (Figure 1). The n-hexane extract (5 g) was fractioned by silica gel MPLC using a solvent gradient system from CH2Cl2 to MeOH. Fraction eluted with CH2Cl2:MeOH 99:1 (307 mg) was purified by HPLC on a Nucleodur 100–5 C18 (5 μm; 10 mm i.d. × 250 mm) with 99% MeOH: H2O as eluent (flow rate 3mL/min) to give 1.3 mg of 5α-cholest-5-en-3β-ol (1) (tR=55 min) and 2.4 mg of 24-ethylcholesta-5, 22-dien-3β-ol (3) (tR=83min) (Figure 1).

Fraction eluted with CH2Cl2:MeOH 95:5 (288 mg) was purified by HPLC on a Nucleodur 100–5 C18 (5 μ, 4.6 mm i.d. × 250 mm) with 95% MeOH:H2O as eluent (flow rate 1 mL/min) to give 0.1 mg of ergosta-5,22-dien-3β-ol (2) (tR=74 min) (Figure 1).
The CHCl₃ extract (3.9 g) was chromatographed by silica gel MPLC using a solvent gradient system from CH₂Cl₂ to CH₂Cl₂: MeOH 1:1.

Fraction eluted with CH₂Cl₂: MeOH 95:5 (187.5 mg) was further purified by HPLC on a Nucleodur 100–5C 18 (5 μ, 4.6 mm i.d. × 250 mm) with 80% MeOH:H₂O as eluent (flow rate 1 mL/min) to give 0.3 mg of 5α,8α-epidioxyergosta 6,22-dien-3β-ol (4) (tᵣ=29 min), and 0.6 mg of 3β-hydroxy-5α,8α-epidioxyergosta-6-ene (5) (tᵣ=2 min) and 3 mg of palmonine D (6) (tᵣ=3 min) (Figure 1).

The purities of compounds were determined to be greater than 95% by HPLC and NMR. Furthermore, HPLC chromatograms and spectroscopic data of each compound were reported (Additional file 1).

**Pharmacological evaluation**

**Animals**

Wistar rats of either sex, weighing 150–200 g were obtained from Pasteur Institute (Tunis, Tunisia). Housing conditions and *in vivo* experiments were approved according to the guidelines established by the European Union on Animal Care (CCE Council 86/609).

**Carrageenan-Induced Rat Paw Edema**

The anti-inflammatory activity of the organic extract and its semi-purified fractions on carrageenan-induced paw edema was determined according to Winter et al. [14]. The animals were divided into eleven groups of six rats each. The control group received an intraperitoneal (i.p.) dose of saline solution (NaCl 9g/L, 2.5 mL/kg), the reference group received Acetylsalicylate of Lysine (ASL) (300 mg/kg, i.p.), and the test groups received the organic extract of *E. singularis* (50, 100 and 200 mg/kg, i.p.) and its semi-purified fractions F-EtOH, F-Ac and F-MeOH/CH₂Cl₂ (25 and 50 mg/kg, i.p.). After 30 min, 0.05mL of a 1% carrageenan suspension was injected into the left hind paw. The paw volume up to the tibiotarsal articulation was measured using a plethysmometer (model...
7150, Ugo Basile, Italy). The measures were determined at 0 h (V₀) (before carrageenan injection) and 1, 3 and 5 h later (Vₜ) (after carrageenan injection). Paw swelling was determined for each rat and the difference between Vₜ and V₀ was taken as the edema value. The percentages of inhibition were calculated according to the following formula:

\[
\% \text{ inhibition} = \frac{(V₀ - Vₜ)\text{ control} - (V₀ - Vₜ)\text{ treated group}}{(V₀ - Vₜ)\text{ control}} \times 100
\]

**Gastric lesions induced by HCl/ethanol**

The gastroprotective activity of the organic extract of *E. singularis* and its semi-purified fractions F-EtOH, F-Ac and F-MeOH/CH₂Cl₂ was studied in 150 mM HCl/EtOH induced gastric ulcer [15]. Rats were divided into fifteen groups, fasted for 24 h prior receiving an intraperitoneal doses of vehicle (NaCl 9g/L, 2.5 mL/kg) for the control group, organic extract (50, 100 and 200 mg/kg, i.p.) and its semi-purified fractions F-EtOH, F-Ac and F-MeOH/CH₂Cl₂ (5, 10 and 25 mg/kg, i.p.) for the twelve test groups. Two other groups received ranitidine (60 mg/kg, i.p.) and omeprazole (30 mg/kg, i.p.) as reference drugs. After 30 min, all groups were orally treated with 1mL of 150 mM HCl/EtOH solution for gastric ulcer induction. Animals were killed 1 h after the administration of ulcerogenic agent, their stomachs were excised and opened along the great curvature, washed and stretched on cork plates. The surface was examined for the presence of lesions and the extent of the lesions was measured. The summative length of the lesions along the stomach was recorded (mm) as lesion index.

**Statistical analysis**

Data are presented as the mean±standard error (s.e.m). Statistical analysis was performed using Student’s t-test. The significance of difference was considered to include values of P<0.05.

**Results and discussion**

The current study was carried out to determine the in vivo anti-inflammatory and gastroprotective activities of the organic extract of *E. singularis* and its semi-purified fractions. The chemical composition of the more effective fraction was determined by both 1D and 2D NMR analysis of the ethanolic fraction (F-EtOH) from the gorgonian *E. singularis*. The five sterols identified in our study were isolated from *E. singularis*. Massileunicellin diterpenoid structure. The 13C NMR spectrum of compound 6 was identified as 3β-hydroxy-5α,8α-epidioxyergosta-6-ene [21].

Compound 5 was isolated as white powder. The molecular formula was determined to be C28H46O. Its identity was determined by 1D and 2D NMR data as 24-ethylcholest-5,22-dien-3β-ol (stigmasterol) earlier isolated from the halophyte *Salicornia herbacea* [18] and then reported also from the plant *Aglaia eximia* [19].

**Statistical analysis**

Data are presented as the mean±standard error (s.e.m). Statistical analysis was performed using Student’s t-test. The significance of difference was considered to include values of P<0.05.

**Results and discussion**

The current study was carried out to determine the in vivo anti-inflammatory and gastroprotective activities of the organic extract of *E. singularis* and its semi-purified fractions. The chemical composition of the more effective fraction was determined by both 1D and 2D NMR experiments.

As shown in Figure 2, 1D and 2D NMR analysis of the ethanolic fraction (F-EtOH) from the gorgonian *E. singularis* resulted in the identification of six compounds.

Compound 1 was isolated as colorless powder. The molecular formula was determined to be C27H46O. Analysis of 1H and 13C NMR data evidenced a Δ⁵ dihydroxy-steroid structure with a saturated C8 cholestane side chain. Comparison with literature data allowed assigning the 5α-cholest-5-ene-3β-ol (cholesterol) structure [16].

Compound 2 has a molecular formula of C28H46O as determined by HRESIMS. Compound 2 was identified as ergosta-5,22-dien-3β-ol (ergosterol) [17] (Figure 2). This compound was also isolated from the soft coral *Tubastrea coccinea* and *T. tagusensis* [17].

Compound 3 was isolated as colorless powder. The molecular formula was determined to be C28H46O. Its identity was determined by 1D and 2D NMR data as 24-ethylcholest-5,22-dien-3β-ol (stigmasterol) earlier isolated from the halophyte *Salicornia herbacea* [18] and then reported also from the plant *Aglaia eximia* [19].

Compound 4 was isolated as white powder. The molecular formula was determined to be C28H44O3 by HRESIMS. NMR data disclosed the 5α,8α-epidioxyergosta 6,22-dien-3β-ol structure. This compound was also isolated from the fungus *Sporothrix schenckii* [20] and the fungus *Cryptopus volvatus* [21].

Compound 5 was isolated as colorless powder. The molecular formula was determined to be C28H46O as determined by HRESIMS. 1H and 13C NMR indicated that compound 5 is the Δ² derivative of compound 4. Therefore compound 5 was identified as 3β-hydroxy-5α,8α-epidioxyergosta-6-ene [21].

Compound 6 was isolated as colorless oil. The molecular formula was determined to be C28H46O by HRESIMS. The analysis of 1H NMR spectrum clearly revealed an eunicellin diterpenoid structure. The 13C NMR spectrum revealed 24 carbon signals. 1H- and 13C-NMR assignments were carried out with the aid of the detailed 2D analyses (COSY, HMQC, NOESY, and HMBC) and the resulting NMR evidence revealed 6 to be defined as palmonine D [22]. Three sterols named 5α, 8α-epidioxy sterols, pregnanes and 9,11-seco sterols were separated from *E. cavolini*, another specie of the genus *Eunicella* [10,11]. The five sterols identified in our study were isolated for the first time from *E. singularis* and were not yet found with another specie from this genus.

Palmonine D is also purified from *E. labiata*, another specie of the genus *Eunicella* [22]. Other researchers reported the isolation of five diterpenoids from the gorgonian *E. labiata*, labiatamide A, labiatamide B, labiatin A, labitin B and labatin C [23] but these compounds were not yet separated from *E. singularis*. Massileunicellin A, was obtained from *E. cavolini* [24] but also was not identified from *E.singularis*.

The results reported in Figures 3 and 4 showed the anti-inflammatory effects of organic extract and its semi-purified fractions from *E. singularis* administered intraperitoneally.

*E. singularis* organic extract presented a dose-related, statistically significant anti-inflammatory activity on carrageenan induced paw edema which was comparable with the reference drug, Acetylsalicylate of Lysine (ASL),...
a potent inhibitor of cyclooxygenase-2. The percent inhibition of edema at dose levels of 50, 100 and 200 mg/kg were 42.61%, 56.47% and 64.31% (at 3 h), respectively (Table 1). The semi-purified fractions (F-Ac, F-EtOH, F-MeOH/CH₂Cl₂) were assessed for anti-inflammatory effect at 25 and 50 mg/kg. A dose-related anti-inflammatory property was observed for the three fractions with highly significant activity of F-EtOH at dose 50 mg/kg with a percentage of inhibition of 66.12% at 3 h. While F-Ac and F-MeOH/CH₂Cl₂ at a dose of 50 mg/kg reduced

![Figure 2 Chemical structures of six compounds isolated from the white gorgonian E. singularis. Five sterols (1-5): 5α-cholest-5-en-3β-ol (1); ergosta-5,22-dien-3β-ol (2); 24-ethylcholesta-5,22-dien-3β-ol (3); 5α,8α-epidioxyergosta-6,22-dien-3β-ol (4) and 3β-hydroxy-5α,8α-epidioxyergosta-6-ene (5); and one diterpenoid, palmonine D (6).](image)

![Figure 3 Effect of intraperitoneal administration of the organic extract from E. singularis on the carrageenan-induced rat paw edema. Values are mean ± SEM.](image)
edema with a percentage of 50.22 and 54.78% (at 3 h), respectively. ASL as a reference standard drug inhibited the edema formation due to carrageenan to an extent of 56.32% (at 3 h) at the dose of 300 mg/kg. The development of edema induced by carrageenan corresponds to the events in the acute phase of inflammation mediated by histamine, bradykinin and prostaglandins produced under an effect of cyclooxygenase-2 (COX-2) [25]. This enzyme is an inducible cyclooxygenase which boosts the inflammatory response by COX-2 mediated prostaglandin E2 (PGE2) [26]. Hence, it is probably that the organic extract and its semi-purified fractions from the gorgonian E. singularis reduced inflammation by blocking the cyclooxygenase2 (COX-2). Morever, several studies reported that steroids isolated from other species of the genus Eunicella have anti-inflammatory activity such as secosteroids [11]. The high anti-inflammatory activity of the fraction F-EtOH can be related with the presence of its main steroid constituents. The chemical analysis of this fraction (F-EtOH) revealed the presence of five sterols: 5α-cholest-5-en-3β-ol (cholesterol) (1); ergosta-5,22-dien-3β-ol (ergosterol) (2); 24-ethylcholesta-5,22-dien-3β-ol (stigmasterol) (3); 5α,8α-epidioxyergosta 6,22-dien-3β-ol (4) and 3β-hydroxy-5α,8α-epidioxyergosta-6-ene (5).

The gastroprotective effect of E. singularis organic extract and its semi-purified fractions against HCl/EtOH induced gastric damage in rats is shown in (Table 2) and the results are comparable to that of the reference drugs ranitidine, histamine H2 receptor antagonist, and omeprazole, a proton pump inhibitor [27]. Oral administration of

| Treatment                | Dose (mg/kg) | Edema (10⁻²/ml) (mean±s.e.m) | Edema inhibition (%) |
|--------------------------|--------------|------------------------------|----------------------|
|                          |              | 1 h                          | 3 h                  | 5 h                  | 1 h       | 3 h       | 5 h       |
| Vehicle                  | -            | 30.12±2.38                   | 55.35±3.3            | 58.5±4.69            | -         | -         | -         |
| Organic extract          | 50           | 24.62±2.8                    | 31.76±3.6**          | 35.14±4.1*           | 18.26     | 42.61     | 39.92     |
|                          | 100          | 22.22±2.9                    | 23.94±4.1**          | 27.95±1.5**          | 32.84     | 56.47     | 52.21     |
|                          | 200          | 15.5±3.2*                    | 19.75±2.4**          | 22.75±3.6**          | 48.53     | 64.31     | 61.11     |
| F-EtOH                   | 25           | 19.73±1.6                    | 42.74±2.7            | 51.26±2.6            | 34.49     | 22.78     | 12.36     |
|                          | 50           | 12.25±1.5**                  | 18.75±2.4**          | 20.37±2.4**          | 59.32     | 66.12     | 65.17     |
| F-Ac                     | 25           | 21.55±2.6                    | 48.24±2.4            | 52.33±3.5            | 28.42     | 12.84     | 10.53     |
|                          | 50           | 20.63±2.4                    | 27.55±3.2**          | 31.27±2.7*           | 31.48     | 50.22     | 46.54     |
| F-MeOH/CH2Cl2            | 25           | 22.85±3.2                    | 39.67±2.6            | 44.2±4.8             | 24.12     | 28.32     | 24.43     |
|                          | 50           | 20.82±2.4                    | 25.02±2.9**          | 34.79±3.4*           | 30.86     | 54.78     | 40.52     |
| ASL                      | 300          | 19.66±3.4                    | 24.17±2.7**          | 27.95±3.1**          | 34.71     | 56.32     | 52.22     |

Values are expressed as mean±SEM; n=6 animals. *P<0.01, **P<0.001.
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Table 2 Effect of E. singularis organic extract and its semi-purified fractions (F-EtOH, F-Ac, F-MeOH/CH2Cl2), and of reference drugs (ranitidine and omeprazole) on gastric ulcer induced by HCl/ethanol in rats

| Treatment       | Dose (mg/kg) | Ulcer index (mm) | Inhibition (%) |
|-----------------|--------------|------------------|----------------|
| Vehicle         | -            | 78.5±3.49        | -              |
| Organic extract | 50           | 31.52±2.42**     | 59.84          |
|                 | 100          | 24.46±2.48**     | 68.84          |
|                 | 200          | 19.49±3.48**     | 75.16          |
| F-EtOH          | 5            | 43.36±1.52*      | 44.76          |
|                 | 10           | 37.20±3.05**     | 52.61          |
|                 | 25           | 23.33±1**        | 70.27          |
| F-Ac            | 25           | 61.97±0.7        | 21.05          |
| F-MeOH/CH2Cl2   | 5            | 66.9±2.33        | 15.17          |
|                 | 10           | 58.78±2.82       | 25.11          |
|                 | 25           | 29.17±4.04**     | 62.84          |
| Ranitidine      | 60           | 27.47±2.3**      | 65             |
| Omeprazol       | 30           | 9.78±0.81*       | 87.53          |

Values are expressed as mean±SEM; n=6 animals. *P<0.01, **P<0.001.

HCl/EtOH produced gastric mucosal damage with severe hemorrhage with lesion index of 78.5 mm in the untreated group. Treatment of rats by organic extract of E. singularis produced a significant decrease in gastric hemorrhage and the lesion index was inhibited by 60, 68 and 75% at doses of 50, 100 and 200 mg/kg, respectively. The semi-purified fractions were assessed for gastroprotective activity at 5, 10 and 25 mg/kg. A dose-related gastroprotective effect was observed for the fractions F-EtOH and F-MeOH/CH2Cl2 with highly significant activity for the ethanolic fraction (F-EtOH) at 25 mg/kg. The lesion index was inhibited by 44, 52 and 70% at doses of 5, 10 and 25 mg/kg, respectively; while in the ranitidine treated animals (60 mg/kg) the inhibition was 65%. F-Ac failed to protect stomach tissues from mucosal damage. The two classical ulcer drugs ranitidine and omeprazole showed a significant activity with a percentage of inhibition of gastric lesions of 65 and 87%, respectively. Some reports on the gastroprotective effect of diterpenes belonging to different structural skeletons are published [28]. In addition, another studies demonstrated that several terpenes or their derivatives posses gastroprotective activity in different models of induced gastric lesions in animals [29]. This gastroprotective effect seems to be related with an increase of the defensive mechanisms of the stomach, such as prostaglandin synthesis and mucus production [30].

F-EtOH in the DPPH test [6] suggests that the antioxidant activity may be one of the mechanisms of its gastroprotective and anti-inflammatory properties. Furthermore, the high free radical scavenging activity of F-EtOH in the DPPH test [6] suggests that the antioxidant activity may be one of the mechanisms of its gastroprotective and anti-inflammatory properties, because both ulcerous and inflammatory processes are related to an increase of free radicals [33].

Conclusion
In conclusion, the obtained results demonstrated that the ethanolic fraction of E. singularis had the highest activity in the two tests (anti-inflammatory and gastroprotective). The structure elucidation of compounds isolated from this fraction revealed the presence of five sterols and a eunicellan-based diterpenoid which may be responsible for its activity.

Additional file
Additional file 1: HPLC chromatograms and spectroscopic data of six compounds isolated from the white gorgonian E. singularis.

Competing interests
The authors declare that they have no competing interests.

Authors’ contributions
AB and HBJ were the supervisors and designed the study. MD carried out pharmacological activities. CF and LG contribute to the chemical study. SDM and MVDA carried out the structure elucidation. RBS made contribution to preparation of organic extract and fractions from E. singularis. All authors read and approved the final manuscript.

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