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Study on the resistance of severe acute respiratory syndrome-associated coronavirus

Xin-Wei Wang a, Jin-Song Li b, Min Jin a, Bei Zhen b, Qing-Xin Kong a, Nong Song a, Wen-Jun Xiao b, Jing Yin a, Wei Wei b, Gui-Jie Wang b, Bing-yin Si b, Bao-Zhong Guo b, Chao Liu c, Guo-Rong Oua, Min-Nian Wang b, Tong-Yu Fang d, Fu-Huan Chao a, Jun-Wen Lia

a Tianjin Institute of Environment and Health, 1 Da Li Road, Tianjin 300050, PR China
b Beijing Institute of Microbiology and Epidemiology, Beijing 100072, PR China
c Beijing Institute of Pharmacology and Toxicology, Beijing 100850, PR China
d Beijing Institute of Basic Medicine, Beijing 100850, PR China

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Abstract

In this study, the persistence of severe acute respiratory syndrome-associated coronavirus (SARS-CoV) was observed in feces, urine and water. In addition, the inactivation of SARS-CoV in wastewater with sodium hypochlorite and chlorine dioxide was also studied. In vitro experiments demonstrated that the virus could only persist for 2 days in hospital wastewater, domestic sewage and dechlorinated tap water, while 3 days in feces, 14 days in PBS and 17 days in urine at 20 °C. However, at 4 °C, the SARS-CoV could persist for 14 days in wastewater and at least 17 days in feces or urine. SARS-CoV is more susceptible to disinfectants than Escherichia coli and f2 phage. Free chlorine was found to inactivate SARS-CoV better than chlorine dioxide. Free residue chlorine over 0.5 mg/L for chlorine or 2.19 mg/L for chlorine dioxide in wastewater ensures complete inactivation of SARS-CoV while it does not inactivate completely E. coli and f2 phage.

Keywords: SARS-CoV; Resistance; In vitro; Disinfection

1. Introduction

Between late 2002 and the first half of 2003, SARS outbreaks occurred in 32 countries and regions, over 8436 SARS cases and 812 deaths were reported by July 5, 2003 while a worldwide alert on SARS was removed (WHO, 2003a). The major mode of transmission of SARS-CoV is through close person contact, in particular, exposure to droplets of respiratory secretions from an infected person (Rota, 2003; Lee, 2003; Tsang, 2003; WHO, 2003b). While a cluster of SARS cases was reported in an apartment block in Hong Kong, wastewater is believed to play a role through droplets containing coronavirus from the wastewater system (WHO, 2003a). SARS-CoV RNA was detectable in urine, stool, and oropharyngeal washing fluid (He et al., 2004; A Study Group of SARS in China, 2004). Liu et al. (2003) reported that the median (range) duration of SARS-CoV excretion in sputa and stools was 21 (14–52) and 27 (16–126) days, respectively. RNA of SARS-CoV was found in the wastewater samples from the Xiao Tang Shan Hospital and 309th Hospital of PLA, which were designated to receive SARS patients in Beijing in 2003 (Wang et al., 2004). These caused serious concern to the disinfection of wastewater of hospitals received SARS patients. However, there have only been a few inactivation studies of SARS-CoV, and much higher concentrations of disinfectants was used (Liu, 2003; Tsang, 2003; Li J, 2003).
WHO has warned of the possibility of another outbreak in the winter of 2003, and many infectious disease experts and epidemiologists also predicted new outbreaks in the winter of 2003 or the spring of 2004 (Enserik, 2003; Holden, 2003). These opinions were based mostly on the fact that SARS is spread by the respiratory route and may behave as does influenza. However, there are no new outbreaks as predicted with the exception of some laboratory acquired infected cases and sporadic cases until the spring of 2003 (WHO, 2003d). In part, this is due to the effective prevention methods. But we argue that some unique features of the SARS-CoV such as short persistence in the environment and low resistance to disinfectants may also explain why there are no further outbreaks.

The purpose of this paper is to explore conditions that favored the persistence of SARS-CoV in different environments and the effect of disinfectants in inactivating SARS-CoV, *Escherichia coli* and *f*2 phage.

2. Materials and methods

2.1. Viruses and the culture methods

The bacteriophage *f*2 (*f*2 phage), which may be present in wastewater and is suitable for serving as an indicator microorganism for evaluating disinfection effects (Havelaar, 1987; Sebastiani, 1989), was prepared and detected according to the methods described by Womack et al. (1995). SARS-CoV was prepared and detected using culture methods on Vero E6 cell. The cells were grown in Eagle’s growth medium (Difco Laboratories, Detroit, MI) containing 8% fetal bovine serum (FBS), 0.015 M DMEM buffer and antibiotics (kanamycin 100 μg/ml), and maintained in the same medium with 1.5% FBS. Medium was replaced for 1–2 days of incubation. Culture was terminated 7 days after inoculation, and the culture was observed daily for cytopathic effects.

2.2. Test of virus infectivity

After disinfection, samples at every time point (1, 5, 10, 20 and 30 min) were used to inoculate cells, and the titer of infectivity was determined in terms of the 50% tissue culture infective dose (TCID50) per milliliter (Olivieri et al., 1985). The following equation was used to calculate the infectivity inactivation ratio of virus.

Rate of inactivation (%) = \( \frac{-\text{TCID}_{50} \text{ml of disinfection group}}{\text{TCID}_{50} \text{ml of control group}} \times 100 \)

2.3. Environmental samples

Three samples of stool and two samples of urine were taken from five SARS cases undergoing treatment in the designated Xiao Tang Shan Hospital on June 15, 2003; but the test of SARS-CoV and nucleic acid in the samples proved negative. Wastewater samples used in the experiments were taken from another hospital for SARS patients-309th Hospital of PLA. The wastewater was collected at 7 o’clock in the morning of June 15, 2003 and stored airtight. Domestic sewage was collected from a housing estate in Fengtai district of Beijing City on June 15, 2003. The wastewater for the experiment was centrifuged at 6000 rpm for 30 min to remove the suspended particles and bacteria, and the supernatant was removed for use in the experiments.

2.4. Persistence test of SARS-CoV in waters

Sodium thiosulfate (10% Na2S2O3) was added to hospital wastewater, domestic sewage and tap water, respectively, and mixed to neutralize disinfectant possibly present. One milliliter of 10^5TCID50 SARS-CoV (BJ01, isolated from a SARS patient by the Academy of Military Sciences) was then seeded into the hospital wastewater supernatant, domestic sewage, tap water and PBS. The above samples were divided into two parts, incubated at 4 °C and 20 °C, respectively. Every day, 2 ml of the samples was withdrawn and mixed with 2 ml of growth medium, DMEM, containing 10% of calf serum, and filtered with 0.22 μm membrane filter to remove the bacteria. The filtrate was inoculated onto the cells by adsorption at 37 °C for 2 h, and then it was discarded. Maintenence medium was then added and the persistence of virus was observed daily.

2.5. Persistent nature of SARS-CoV in excrement and urine

Ten milliliters of PBS and 1 ml of 10^5TCID50 SARS-CoV were added into the 4–5 g of feces taken from three SARS patients in the hospitals. The same procedure was used for the urine samples from two SARS patients. These samples were stored as mentioned above. Every day, 2 ml of the samples was mixed with equal volume of DMEM and then centrifuged at 6000 rpm for 10 min. The supernatants were filtered and inoculated as above.

2.6. Preparation and analysis of chlorine solutions

Chlorine solution was made by dissolving sodium hypochlorite (5% free chlorine) into deionized distilled water. The stock chlorine solution was stored in amber-colored bottles at 4 °C. Chlorine dioxide was generated using a modified version of standard method 4500 (APHA, 1980). A 25% (wt/vol) solution of NaClO2 was introduced by pumping it at a feed rate of 2–3 ml/min into a gas-generating bottle containing 12N H2SO4. This bottle was connected to a chlorine scrubber bottle containing a 10% (wt/vol) solution of NaClO2. The scrubber was connected to a chlorine dioxide collection bottle filled with deionized distilled water. At the end of the series, an additional chlorine dioxide trap bottle with 10% (wt/vol.) KI was present to trap any remaining
chlorine dioxide. Overall, the stock chlorine dioxide solution purity averaged 99%. The stock chlorine dioxide solution was usually diluted to obtain a concentration of about 1 g/L in order to facilitate the addition of low-concentration to water samples. Diluted chlorine dioxide stock solution was stored in head-free 50 ml amber vials at 4 °C and in the dark. The residual chlorine and chlorine dioxide concentrations were both measured by N,N-diethyl-p-phenylenediamine colorimetric method (DPD method), for chlorine dioxide detection with the addition of glycine to mask interferences (APHA, 1980; Li, 2002).

2.7. Disinfection of SARS-CoV in wastewater

2.7.1. Inactivation of microorganisms by different concentrations of disinfectants

Five 250 ml flasks containing 100 ml of domestic sewage were seeded with 1 ml of 10^5 TCID_50 of SARS-CoV, 10^6 cfu of E. coli 8099, 10^5 pfu of f2 phage and mixed. Then different concentrations of chlorine or chlorine dioxide (5, 10, 20, and 40 mg/L) were added into each flask. After 30 min, the residual chlorine was neutralized with 1 ml of Na_2S_2O_3 (10%), and inactivation effect of virus was observed.

2.7.2. Inactivation of microorganisms with different disinfection time

Ten milligram per liter of chlorine or chlorine dioxide (low-concentration group), 20 mg/L of chlorine or 40 mg/L of chlorine dioxide (high-concentration group) were added into each flask. After 1, 5, 10, 20 and 30 min, Na_2S_2O_3 was added, and inactivation effect of virus was observed.

2.8. Detection of SARS-CoV by RT-PCR

2.8.1. RNA extraction

Virus RNA extracting kit (TRIzol reagent) made by Invitrogen™ Life Technologies for the extraction of exceedingly pure viral RNA was utilized in our experiment to extract virus RNA, and all operations were strictly performed in accordance with the stipulations in reagent instruction manual.

2.8.2. Primer design for assay of SARS-CoV nucleic acid

Three sets of primers from WHO Network Laboratories (WHO, 2003d) were used to detect the SARS-CoV RNA: Cor-p-F2 (+) 5′-CTAACATGCTTAG GATAATGG-3′, Cor-p-F3 (+) 5′-GCCTCTCTGTTCTTGCTCGC-3′ and Cor-p-R1 (−) 5′-CAGGTAAGCTAAAACTC4-3′ and Cor-p-F2/Cor-p-R1 gave a 368 bp product, and Cor-p-F3/Cor-p-R1 yielded 348 bp section.

2.8.3. Detection of SARS-CoV by RT-PCR

Two microlitres of RNA solution was analyzed with RT-PCR assay. The KaTaRa one step RNA PCR kit (KaTaRa Biotechnology, Dalian) was used for the reaction. Positive RT-PCR control (supplied by the company in the kit, the amplification product is 348 bp) and a negative control were included in each run, and all operations were carried out strictly in accordance with the kit instruction manual.

2.8.4. Detection of the PCR product

PCR products were analyzed by electrophoresis with 1.5% (w/v) agarose gels containing 0.5 μg of ethidium bromide per milliliter. These were visualized with UV illumination and photographed. DNA marker (pUC19 DNA/MSP 1 Marker, Gibco/BRL) was included in each agarose gel electrophoresis run.

3. Results

3.1. Persistent nature of SARS-CoV in different samples

SARS-CoV only persisted for 2 days in hospital wastewater, domestic sewage, and dechlorinated tap water at 20 °C (Table 1). When nucleic acid of virus was detected with RT-PCR, the RNA could still be detectable on the 7th day, though the copies of RNA were so few that must be detected by nested PCR (Fig. 1). At 4 °C, SARS-CoV in these samples could persist for 14 days (Table 2).

3.1.1. Persistent nature of SARS-CoV in stool and urine

SARS-CoV only survived for 3 days in stool, while for at least 17 days in the urine at 20 °C (Table 3). At 4 °C, SARS-CoV could survive for more than 17 days in either the above samples.

Table 1

| Water samples          | Detection time (day) |
|------------------------|----------------------|
| 309th hospital         | + + + + + + + + + + |
| Domestic sewage        | + + + + + + + + + + |
| Dechlorinated tap water| + + + + + + + + + + |

Results from three experiments.

Fig. 1. Detection of SARS-CoV RNA from the seeded samples for 7 days: (1) Negative control; (2) cell control; (3) positive control (348 bp); (4) marker (pUC19 DNA/MSP 1 Marker); (5) wastewater of the 309th hospital; (6) normal saline; (7) municipal sewage; (8) dechlorinated water.
Table 2
Persistence of SARS-CoV in different waters at 4°C

| Water samples   | Detection time (day) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 8 | 14 |
|----------------|----------------------|---|---|---|---|---|---|---|---|----|
| 30th hospital  | + + + + + + + +     | + | + | + | + | + | + | + | + | + |
| Domestic sewage| + + + + + + + +     | + | + | + | + | + | + | + | + | + |
| Dechlorinated  | + + + + + + + +     | + | + | + | + | + | + | + | + | + |
| Tap water      | + + + + + + + +     | + | + | + | + | + | + | + | + | + |

* Results from three experiments.

Dechlorinated tap water.

Table 3
Persistence of SARS-CoV in patients stool and urine at 20°C

| Samples          | Detection time (day) | 0b  | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 11 | 17 |
|------------------|----------------------|-----|----|----|----|----|----|----|----|----|----|
| Stool 1          | + + + + −−−−−−−−−−−−− | +   | +  | +  | +  | +  | +  | +  | +  | +  | +  |
| Stool 2          | + + + + −−−−−−−−−−−−− | +   | +  | +  | +  | +  | +  | +  | +  | +  | +  |
| Stool 3          | + + + + −−−−−−−−−−−−− | +   | +  | +  | +  | +  | +  | +  | +  | +  | +  |
| Urine 1          | + + + + + + + + + + + | +   | +  | +  | +  | +  | +  | +  | +  | +  | +  |
| Urine 2          | + + + + + + + + + + + | +   | +  | +  | +  | +  | +  | +  | +  | +  | +  |

* Results from three experiments.

b Detection immediately after SARS-CoV seeded.

3.2. Disinfection of SARS-CoV in wastewater

3.2.1. Inactivation of microorganisms by different concentration of disinfectants

SARS-CoV could be inactivated completely (to measure inactivation via culture and plaque forming units) after 30 min of disinfection with more than 10 mg/L chlorine (the free residual chlorine was more than 0.4 mg/L). However, E. coli and f2 phage were not completely inactivated under the same conditions. Chlorine dioxide was less effective for the inactivation of SARS-CoV than chlorine. SARS-CoV could be inactivated completely only after 30 min of disinfection with 40 mg/L chlorine dioxide (2.19 mg/L of free residual chlorine), while E. coli and f2 phage could still not be inactivated completely (Table 4).

3.2.2. Disinfection of microorganisms by low-concentration disinfectants

SARS-CoV could be inactivated completely with 10 mg/L chlorine for 10 min or more. Under the same conditions, E. coli and f2 phage could not be inactivated effectively. Even

Table 4
Disinfection of SARS-CoV in wastewater by chlorine and chlorine dioxide

| Disinfectants          | Dose (mg/L) | Inactivation rate (%) | Free residue chlorine (mg/L) |
|------------------------|-------------|-----------------------|------------------------------|
|                        | SARS-CoV    | f2 phage              | E. coli (8099)               |
| Chlorine               | 5           | 68.38                 | 30.91                        | 0.11                         |
|                        | 10          | 100                   | 27.27                        | 0.40                         |
|                        | 20          | 100                   | 79.09                        | 0.50                         |
|                        | 40          | 100                   | 100                          | 0.82                         |
| Chlorine dioxide       | 5           | 0                     | 0                            | 0.00                         |
|                        | 10          | 94.38                 | 52.73                        | 0.00                         |
|                        | 20          | 82.22                 | 42.73                        | 0.00                         |
|                        | 40          | 100                   | 60.00                        | 9.46                         |

* SARS-CoV, 10^7.75TCID50/ml; f2, 1.1 x 10^5 pfu/L; E. coli, 1.3 x 10^8 cfu/L; temperature, 20°C; disinfection for 30 min. Results from three experiments.

Table 5
Effect of contacting time on inactivation of SARS-CoV in wastewater with low-concentration disinfectants

| Disinfectants          | Contacting time (min) | Inactivation rate (%) | Free residue chlorine (mg/L) |
|------------------------|-----------------------|-----------------------|------------------------------|
|                        | SARS-CoV              | f2 phage              | E. coli (8099)               |
| Chlorine               | 1                     | 43.77                 | 15.79                        | 0                            |
|                        | 5                     | 68.38                 | 15.79                        | 0                            |
|                        | 10                    | 100                   | 18.32                        | 0.40                         |
|                        | 20                    | 100                   | 21.05                        | 0.40                         |
|                        | 30                    | 100                   | 31.58                        | 0.23                         |
| Chlorine dioxide       | 1                     | 43.77                 | 42.11                        | 0                            |
|                        | 5                     | 68.38                 | 26.32                        | 17.30                        |
|                        | 10                    | 68.38                 | 17.99                        | 0                            |
|                        | 20                    | 68.38                 | 26.32                        | 14.29                        |
|                        | 30                    | 55.33                 | 47.37                        | 21.74                        |

* Concentration of chlorine and chlorine dioxide was 10 mg/L. SARS-CoV, 10^7.75TCID50/ml; f2, 1.1 x 10^5 pfu/L; E. coli, 4.6 x 10^7 cfu/L; temperature, 20°C.

(−) Not detected. Results from three experiments.
chlorine dioxide was also almost equal to chlorine in inactivation of SARS-CoV. The free residual chlorine at different time was maintained at about 0.4 mg/L, but the free residual chlorine dioxide was under detectable value (Table 5).

### 3.2.3. Disinfection of microorganisms by high-concentration disinfectants

SARS-CoV could be completely inactivated with 20 mg/L chlorine in 1 min or more, while E. coli could be inactivated by 99% in more than 5 min. However, it is not so less effective in inactivation of f2 phage that could not be inactivated completely with 30 min of disinfection. SARS-CoV in wastewater could be totally inactivated for 5 min with 40 mg/L chlorine dioxide. E. coli was also inactivated up to 99.99%. However, chlorine dioxide was also less effective on inactivating f2 phage (Table 6).

### 4. Discussion

SARS is a new infectious disease caused by a new coronavirus (Rota, 2003; Tsang, 2003b; Cyranoski, 2003). Although there is prevailing belief of another SARS outbreak (Enserik, 2003; Holden, 2003), only two laboratory acquired infections in Singapore and Taiwan, nine cases in China (two were suspected lab-cross infection from the Chinese National Institute of Virology in Beijing, Center for Disease Control, and the others were in contact with these two cases), and four separate cases in Guangzhou (all the four cases were in contact with animals like civet cat), have been reported so far (WHO, 2003).

SARS-CoV does not appear to persist in vitro environments, as was believed previously. However, SARS-CoV may persist longer at relative low temperatures, and will do so in PBS and urine. This may relate to the fact that such fluids contain salts, which maintain osmotic pressure of virus needs for persistence. Such characteristics of SARS-CoV found in our experiment are basically similar to other reports. A report in China’s Science and Technology Daily on 4 June, 2003 noted that the researchers of the Academy of Military Medical Sciences, and Center for Disease Control and Prevention of China found that at 24 °C, SARS-CoV may persist for 5 days in sputum and feces, 19 days in urine and 3 days on the surfaces of objects (Liu, 2003). Tsang et al. (2003) also reported that SARS-CoV might survive for 1–4 days in feces and 0.5–3 days on the surfaces of objects.

The major transmission mode of SARS-CoV is via close human contact, in particular, exposure to droplets of respiratory secretions from an infected person (Lee, 2003). However, in a cluster of SARS cases in a Hong Kong apartment block, investigators found that SARS-CoV nucleic acid can also be detected from stools of the patients (Cyranoski, 2003). So there is a great concern on the disinfection of SARS-CoV in patient excrements and wastewater.

Because wastewater always contains high number of potentially pathogenic bacteria and viruses, some non-pathogenic organisms are often used as indicators in studies on disinfection effect of disinfectants on pathogenic organisms in wastewater. The most commonly used indicators include E. coli, f2 phage, MS2 phage and poliovirus. Tree et al. (2003) reported that inactivation (>5 log10 units) of E. coli and Enterococcus faecalis was rapid and complete but that there was poor inactivation (0.2–1.0 log10 units) of F+-specific RNA bacteriophage (MS2) at all the three chlorine concentrations (8, 16 and 30 mg/L). However, seeded poliovirus was significantly more susceptible (2.8 log10 units) to inactivation by chlorine than was the MS2 phage. Shah PC and McCamish J. (1972) found that relative chlorine resistance of f2 phage (F+-RNA) is obviously stronger than that of poliovirus and T2 phage. Tyrrell et al. (1995) found that the resistance of F+-phage against chlorine was as 10 times as that of E. coli and Enterococcus in disinfection of secondary effluent from wastewater treatment plants. After comparing disinfection effects of different microorganism in different waters, Havelaa (1987)
Tsang or peracetic acid, while the virus could also be killed with activated within a few minutes by 500–1000 mg/L of chlorine. Liu (2003) states that SARS-CoV in feces or urine could be inactive in the dried state, persistence times were 24 h versus 6 days. The stability of SARS-CoV under different conditions, both in suspension and dried on surfaces, in comparison with human coronavirus HCoV-229E. In suspension, HCoV-229E gradually lost its infectivity completely while SARS-CoV retained its infectivity for up to 9 days; in the dried state, persistence times were 24 h versus 6 days. Thermal inactivation at 56 °C was highly effective in the absence of protein. Duan et al. (2003) reported that SARS coronavirus under the testing condition could survive in the serum, 1,200 diluted sputum and feces for at least 96 h, whereas it could remain alive in urine for at least 72 h with a low level of infectivity. The persistence on the surfaces of eight different materials and in water was comparable, revealing reduction of infectivity after 72–96 h exposure. Viruses remained stable at 4 °C, at room temperature (20 °C) and at 37 °C for at least 2 h without remarkable change in the infectious ability in cells, but were converted to be non-infectious after 90-, 60- and 30-min exposure at 56, 67 and 75 °C, respectively. Irradiation of UV for 60 min on the virus in culture medium resulted in the destruction of viral infectivity at an undetectable level. One article in China’s Science and Technology Daily on June 4, 2003 states that SARS-CoV in feces or urine could be inactivated within a few minutes by 500–1000 mg/L of chlorine or peracetic acid, while the virus could also be killed with ultraviolet radiation or heating for 30 min (Liu, 2003). Tsang (2003) reported that SARS-CoV could be inactivated in 75% alcohol, 2% hydroxybenzene solution, 500 mg/L sodium hypochlorite or detergents for 5 min, which suggests that the virus is sensitive to all sorts of disinfectants. LIJ et al. (2003) reported that SARS-CoV could also be inactivated more than 5 log_{10} units within 60 s in 80% solution of a compound disinfectant comprising 1700–1900 mg/L of chlorhexidine acetate and 1000 mg/L of nano-zinc oxide.

As shown by the above results, SARS-CoV is sensitive to either environmental factors or disinfectants. However, the concentration of disinfectants was too high to apply in water or wastewater disinfection practice. We observed the inactivation effect of chlorine and chlorine dioxide on SARS-CoV with common concentrations and persistence in different wastewater. It is found that SARS-CoV was easier to inactivate by chlorine or chlorine dioxide than E. coli and f2 phage in wastewater, and its infectivity in environment is easy to lose. The characteristics of SARS-CoV could be confirmed indirectly by another experiment (Wang, 2004). Only 1% of SARS-CoV seeded in wastewater could be recovered by a type of electropositive filter media particle, which worked well with the recovery of many types of enteroviruses in the previous study (Li et al., 1998). We believe that the reason for the low recovery of SARS-CoV may be due to its weak resistance and high sensitivity to the environment factors as well as damage to the virus during concentration procedures.

Chlorine has long been used as a simple and economic method for disinfection worldwide to ensure the safety of drinking water, however, the continued use of chlorine for the disinfection of potable water supplies comes under greater scrutiny owing to the potential health hazards posed by the resulting chlorinated hydrocarbons, including trihalomethanes and haloacetic acids (Rook, 1974). Furthermore, chlorine is a poor disinfectant above pH 8 and in some cases a poor virucide at pH 5 and 6 (Taylor and Butler, 1982a). Chlorine dioxide is used as an alternative disinfectant because it does not form halogenated by-products, and is better than or equivalent to chlorine in the bactericidal effects and more resistant than that of chlorine as a virucide in a wider pH range (Li et al., 1996, 2004; Taylor and Butler, 1982b; Huang et al., 1997). However, Tsai and Lin (1999) reported that hypochlorite was better in inactivating E. coli in hospital wastewater and sludge than chlorine dioxide. This study also suggested that in terms of inactivating E. coli, f2 phage and SARS-CoV, chlorine is better than chlorine dioxide. The reason for this is not very clear but may probably be related to excessive content of reducing substances or organisms. Therefore, in terms of economics or security, chlorine is the best choice for disinfection of hospital wastewater.

Above all, SARS-CoV can only persist as infectious particles for a very short time in vitro environments and is highly sensitive to conventional disinfectants. In addition, large amount of various disinfectants were used for environment disinfection in China’s mainland during the SARS epidemic in 2003, the effect of high temperature in summer-time, and stick control and management, except animal-to-human transmission or cross infection within labs, there is little possibility for another outbreak caused by SARS-CoV from environmental sources.

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