Maximising Yield and Engine Efficiency Using Optimised Waste Cooking Oil Biodiesel

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Abstract: In this study, waste cooking oil (WCO) was used as a feedstock for biodiesel production, where the pretreatment of WCO was performed using mineral acids to reduce the acid value. The response surface methodology (RSM) was used to create an interaction for different operating parameters that affect biodiesel yield. The optimised biodiesel yield was 93% at a reaction temperature of 57.50 °C, catalyst concentration 0.25 w/w, methanol to oil ratio 8.50:1, reaction stirring speed 600 rpm, and a reaction time of 3 h. Physicochemical properties, including lower heating value, density, viscosity, cloud point, and flash point of biodiesel blends, were determined using American Society for Testing and Materials (ASTM) standards. Biodiesel blends B10, B20, B30, B40, and B50 were tested on a compression ignition engine. Engine performance parameters, including brake torque (BT), brake power (BP), brake thermal efficiency (BTE), and brake specific fuel consumption (BSFC) were determined using biodiesel blends and compared to that of high-speed diesel. The average BT reduction for biodiesel blends compared to HSD at 3000 rpm were found to be 1.45%, 2%, 2.2%, 3.09%, and 3.5% for B10, B20, B30, B40, and B50, respectively. The average increase in BSFC for biodiesel blends compared to HSD at 3500 rpm were found to be 1.61%, 5.73%, 8.8%, 12.76%, and 18% for B10, B20, B30, B40, and B50, respectively.

Keywords: biodiesel; waste cooking oil; transesterification; response surface methodology; central composite design

1. Introduction

Over the last few decades, the rapid decline of fossil fuels has become a significant problem. On the other hand, the energy demand is continuously rising owing to the rapidly expanding population coupled with the increased rate of urbanisation [1–3]. This scenario demands the adoption
of alternative energy resources to address the issues related to the energy as well as the environment [4–7]. Recently, biofuels produced from a variety of naturally occurring resources [8,9] have emerged as an alternative energy source owing to their comparable physicochemical, performance, and emission characteristics [10–12]. The main hindrance in the commercialisation of biodiesel is its production cost, and the production cost mainly depends upon the feedstock oil used. The use of edible oils for the production of biodiesel may cause an imbalance in the food chain, and has sparked the ‘food vs. fuel’ debate for decades. Waste cooking oil (WCO) can be a potential alternative to edible oil for biodiesel production. WCO, when disposed of without treatment, causes environmental pollution. The use of WCO for biodiesel production not only reduces the production cost of biodiesel, but also decreases the environmental burden.

Generally, biodiesel can be used as a blend (with or without additives) with diesel in diesel engines without any modification in the engines [13,14]. Biodiesel can be converted to fatty acid esters by reacting fatty acids and short-chain alcohol through a process known as transesterification [15,16]. Homogeneous alkaline catalysts such as KOH, NaOH, and CH₃ONa have been used as catalysts in this process [17,18]. Methanol is suitable for the transesterification process [19]. The biodiesel yield depends upon the operating parameters of the transesterification process, which include temperature, catalyst concentration, methanol to oil ratio, reaction speed, and reaction time [20]. The operating parameters should be optimised to obtain the optimum yield of fatty acid methyl ester (FAME) [21]. The effectiveness of the transesterification process is assessed by the reaction kinetics, mass transfer, and equilibrium in the reaction mixture. The results of this process are used to predict the conversion yield and design a model which can be used for the prediction of conversion yield [22].

Performance of CI engines operated with biodiesel depends upon different factors including, but not limited to, compression ratio, injection timing and injection pressure [23,24]. A slight reduction in brake thermal power and brake torque was observed when biodiesel tested on the six cylinder DI diesel engine [25]. Biodiesel blends significantly reduced emissions such as carbon monoxide, carbon dioxide with a slight increase in oxides of nitrogen NOx [26,27]. A previous study by Nirmala et al. [28] tested pure WCO based biodiesel (WCOBD) and compared the results with that of pure diesel. WCOBD showed 4.2% higher BSFC, 3.6% lower BTE, and 10.8% lower BP than conventional diesel. Akcay et al. [29] studied hydrogen addition to intake air in conjunction with 25% WCO biodiesel blend (B25). The effects of hydrogen on the BSFC of B25 fuel were not significant compared to diesel fuel. Can [30] studied the engine performance of 5% and 10% blend of WCO with diesel and reported a slight increase in BSFC (up to 4%) and a small reduction of BTE (up to 2.8%) with the addition of the biodiesel for all tested engine loads.

Many techniques have been reported to optimise biodiesel yield. RSM is one of the most widely employed techniques [31–34]. RSM is a mathematical technique used for empirical model building. Yield is known as the response which depends upon independent variables which are the operating parameters of the transesterification process. RSM develops a suitable experimental design model to provide optimum operating conditions [35]. Jamshaid et al. [36] used the RSM technique for the optimisation of biodiesel yield from cottonseed oil and reported an optimum biodiesel yield of 98.3%. Mostafaei et al. [32] examined the effect on the biodiesel yield of the independent variables reactor diameter, ultrasound strength, and liquid height. The RSM technique was used to develop interaction among these independent variables. Anwar et al. [37] investigated the yield optimisation of second-generation biodiesel produced from Australian native stone fruit oil using the RSM technique, and thereby an optimum yield of 95.8% was obtained. This article focuses on optimising the biodiesel production process from WCO of Pakistani origin using the RSM technique that involved CCD [38].

The prevalent energy crisis has adversely affected the global economy. The economies of many developing countries, like Pakistan, have gone uncompetitive due to the shortage of usable energy. With large agriculture land and a population of over two hundred and twenty million, Pakistan is one of those economies which has the potential to generate large quantities of renewable power. Besides, waste recovery after the use of edible oils is almost non-existent in such economies. This makes the
problem more complicated. If properly treated, WCO has the potential to partially substitute some of the non-renewable fuels used for energy generation in the transportation, domestic, or industrial sectors. This present study is one such effort that investigates the possibility of using WCO in a diesel engine.

2. Materials and Methods

2.1. Materials

Work reported in this study is based on WCO collected from four different restaurants. Any suspended particles in WCO were first removed using filter papers of size 12.5 mm diameter. The filtered WCO was heated at 100 °C for 1 h to remove the moisture content, followed by the cooling process. HSD for preparing biodiesel blends was purchased from local market. Methanol, ethanol, sulphuric acid, potassium hydroxide, and phenolphthalein were purchased from Sigma Aldrich (purity > 99%).

2.2. Biodiesel Production Using WCO

The physicochemical properties of WCO were illustrated in Table 1. Density and viscosity of WCO were observed higher than original canola oil (the source oil) due to the formation of unsaturated bonds through continuous use. This may also result in a high acid value of WCO. The acid value (AV) should be decreased before the conversion of WCO into biodiesel using mineral acids. Therefore, the raw WCO was treated with mineral acids (H2SO4, HCl, and H3PO4) through a process known as esterification for reducing its free fatty acid (FFA) contents, which in turn dictates the AV [39,40].

| Properties          | Units       | Values  |
|---------------------|-------------|---------|
| Density at 15 °C    | kg/m³       | 910.30  |
| Acid Value          | mg KOH/g    | 7.80    |
| Free fatty acid     | %           | 3.90    |
| Molecular weight    | g/mol       | 860.56  |
| Viscosity at 40 °C  | mm²/s       | 6.80    |

The most important factor in the esterification process was the quantity of methanol. Increasing the methanol concentration in the mix would result in more effective FFA reduction. Other parameters were, reaction speed that was 600 rpm, the temperature was 60 °C and time for this reaction was 3 h. In this process amount of methanol used was 2.25 × FFA and the amount of sulphuric acid used was 0.05 × FFA. In this study, the maximum reduction (74.7%) in FFA was observed by treating WCO with H2SO4, which was followed by H3PO4 (63.1%) and HCl (54.9%). To reduce the FFA of the WCO, the oil was treated into two steps using H2SO4. In the first step, AV was reduced from 3.9 to 1.45 mg KOH/g and in the second step it was reduced to 0.34 mg KOH/g. After this WCO was converted into biodiesel through transesterification process. The amount of catalyst used for transesterification was determined using Equation (1)

\[
\text{Catalyst amount} = \frac{\text{Catalyst concentration} \times \text{Amount of WCO used}}{100}
\] (1)

In the presence of KOH catalyst and methanol, WCO has been converted into biodiesel by transesterification process [16,40]. In general, methanol is soluble in FAME or biodiesel but insoluble in triglycerides [41]. Methanol was added to WCO in the presence of KOH at the temperature range from (50 to 65 °C) with reaction times of 1–3 h which settled down overnight. Biodiesel appeared to be collected in the top layer whereas glycerine settled down in the bottom, the later was separated with a separating funnel. Transesterified biodiesel was washed with hot water continuously for removal of
impurities which included catalysts and unused methanol. Biodiesel was washed using distilled water, and this process was done until the used distilled water became transparent. After this, the rotary evaporator was used to remove the remains of water content and methanol form biodiesel. After rotary evaporation, biodiesel was filtered with Whatman filter paper to remove the traces amount of KOH catalyst. Biodiesel yield was calculated using Equation (2)

\[
\text{Yield} = \frac{\text{Amount of biodiesel produced}}{\text{amount of WCO used}} \times 100
\]  

(2)

2.3. Biodiesel Property Analysis

The lower heating value (LHV) of biodiesel was determined using a bomb calorimeter. The flashpoint and fire point of biodiesel was measured using the Cleveland open cup apparatus (Koehler, New York, NY, USA). The FAME composition was determined using GCMS 5975C with triple I Detector. Helium gas was used as a carrier gas. For determination of the acid value of WCO, 0.5 N KOH was mixed with 50 mL distilled water and the mixture was used for titration. A mixture of 0.25 g phenathpelin and 25 mL ethyl alcohol was used as an indicator. A solution of 50 mL (95% ethyl alcohol and 5% distilled water) was prepared, and a 1 ml indicator was added into a solution of WCO. The AV of WCO was calculated using Equation (3) [40,42]

\[
\text{Acid Value} = \frac{56.1 \times N \times V}{W}
\]  

(3)

where N is the normality of KOH, V is the volume of KOH and distilled water used for titration, and W is the weight of WCO used.

2.4. Method for Biodiesel Yield Optimisation

Five major operating parameters that affect biodiesel yield are temperature, catalyst concentration, and methanol to oil ratio, reaction speed and time. Design-Expert software 8.0.6 was used to design experimental conditions for the optimisation of biodiesel yield. The six-level, five factors CCD has been used in this study that requires 46 experiments. The ranges of operating parameters have been shown in Table 2.

| Operating Parameters      | Unit | Ranges      |
|---------------------------|------|-------------|
| Temperature               | °C   | 50–65       |
| Catalyst Concentration    | w/w  | 0.25–1.75   |
| Reaction Time             | h    | 1–3         |
| Reaction Speed            | rpm  | 400–800     |
| Methanol to oil ratio     | -    | 5:1–12:1    |

The data collected from performed experiments were analysed on Design-Expert 8.0.6 (Stat-Ease, Minnesota, MN, USA) and then interpreted. Three main analytical steps required to develop optimum conditions include regression analysis, plotting of response surface and analysis of variance (ANOVA). After optimising the yield, biodiesel was produced at a pilot scale using the optimised parameters for the engine performance test. Biodiesel blends were formulated using an electrical homogeniser. This homogeniser was rotated at 1500 rpm for 20 min to mix HSD with biodiesel in different concentrations. B10, B20, B30, B40, and B50 were prepared on volume bases where the concentration of biodiesel is specified with digits in blend name.
2.5. Engine Setup

Blends of biodiesel obtained from WCO with diesel (B10, B20, B30, B40, and B50) was used to run the CI engine. The pictorial view, as well as the schematic diagram of the diesel engine test rig, is exhibited in Figure 1. The experimental setup consists of a six-cylinder, four-stroke, water-cooled, indirect injection diesel engine connected with a hydraulic dynamometer. The characteristics of the CI engine were shown in Table 3. Before collecting data, in every test, steady-state engine operation was ensured by running the engine for 20 min. Initially, the engine was operated with pure diesel to collect baseline/reference data and later on performance with biodiesel blends was tested. Engine performance (brake torque, brake power, BTE, and BSFC) at different engine speeds (1000–3500 rpm) at full load conditions were tested and reported in the following sections.

Figure 1. (a) Pictorial view and (b) schematic of the experimental testbed.
Table 3. Specification of CI engine.

| Description          | Specifications |
|----------------------|----------------|
| No. of cylinders     | 6              |
| Displacement (cm³)   | 2825           |
| Bore (mm)            | 85             |
| Stroke (mm)          | 83             |
| Cooling system       | Water-cooled   |
| Compression ratio    | 22:4           |
| Maximum power        | 73.55 kW/4800 rpm |
| Maximum torque       | 178.48 Nm/3000 rpm |
| Dynamometer          | Hydraulic      |
| Injection system     | Indirect       |

3. Results and Analysis

3.1. Physicochemical Properties of Biodiesel

Table 4 presents the physicochemical properties of biodiesel sourced from the WCO. These properties have been compared with standard thermophysical properties of biodiesel as per ASTM standards. GCMS has determined the components of FAME, Table 5 illustrates the percentage composition of different long carbon chain elements.

Table 4. Physicochemical characteristics of biodiesel blends and HSD.

| Properties                      | Diesel | B100 | B10 | B20 | B30 | B40 | B50 |
|---------------------------------|--------|------|-----|-----|-----|-----|-----|
| Density at 15 °C (kg/m³)        | 831    | 892  | 833.5 | 837.5 | 842.5 | 851.5 | 859.5 |
| Viscosity at 40 °C (mm²/s)      | 3.9016 | 5.69 | 3.993 | 3.58  | 4.163 | 4.648 | 4.933 |
| Acid value (mg KOH/g)           | <0.247 | 0.6732 | 0.25  | 0.265 | 0.269 | 0.276 | 0.285 |
| Flashpoint (°C)                 | 79     | 140  | 135.78 | 133.34 | 130  | 124.56 | 120  |
| Pour point (°C)                 | 7      | 1.2  | 1.5  | 1.8  | 2    | 2.5  | 3    |
| Lower Heating Value (MJ/kg)     | 44.2   | 38.753 | 42.209 | 41.987 | 41.632 | 40.098 | 39.456 |

Table 5. FAME (w/w %) biodiesel produced from WCO.

| Common Name         | Structure | WCOME |
|---------------------|-----------|-------|
| Methyl Palmitate    | C16:0     | 6     |
| Methyl Palmitoleate | C16:1     | 0.6   |
| Methyl Eicosenoate  | C20:1     | 0.8   |
| Methyl Behenate     | C22:0     | 0.9   |
| Methyl Arachidate   | C20:0     | 0.9   |
| Methyl Stearate     | C18:0     | 0.8   |
| Methyl Oleate       | C18:1     | 54.0  |
| Methyl Linoleate    | C18:2     | 25.7  |
| Methyl Erucate      | C22:1     | 2.2   |
| Methyl Linolenate   | C18:3     | 8.1   |

3.2. Model Fitting and ANOVA

Table 6 represents ANOVA parameters for the quadratic polynomial model. These predicted values are obtained from model fitting techniques using Design–Expert software 8.0.6. There are various data fitting models that include linear, two factorial, cubic and quadratic. The quadratic polynomial model was used for data fitting, and the equation for this model is shown below.

\[
Yield (\%) = +84.33 - 0.16X_1 - 5.34X_2 - 7.59X_3 + 3.44X_4 + 0.97X_5 + 4.00X_1X_2 + 1.75X_1X_3 \\
+ 5.50X_1X_4 + 2.13X_1X_5 + 6.38X_2X_3 - 0.38X_2X_4 - 0.13X_2X_5 - 0.38X_3X_4 + 1.62X_3X_5 + \\
0.50X_4X_5 - 2.56X_1^2 - 2.06X_2^2 - 6.81X_3^2 - 1.19X_4^2 - 2.90X_5^2 \quad (4)
\]
where $X_1$ is temperature, $X_2$ is catalyst concentration, $X_3$ is methanol to oil ratio, and $X_4$ is stirring speed, $X_5$ is reaction time. The model F-value of 2.70 means that the model is significant. A model F-value this large could only occur at 1.00% due to noise. “Prob > F” values less than 0.0500 show significant model terms. Values over 0.1000 are not significant in terms of the model. The experimental matrix developed by Design-Expert software which consists of CCD arrangements and responses has been shown in Table 7.

Table 6. ANOVA for the quadratic polynomial model.

| Source      | Sum of Squares | Degree of Freedom | Mean Square | F Value | Prob > F |
|-------------|----------------|-------------------|-------------|---------|----------|
| Model       | 2401.89        | 20                | 120.09      | 2.7     | 0.0100   |
| A-Temperature | 0.39            | 1                 | 0.39        | 8.78*10^{-3} | 0.9261 |
| B-Catalyst concentration | 456.89          | 1                 | 456.89      | 10.27   | 0.0037   |
| C-Methanol/Oil | 922.64          | 1                 | 922.64      | 20.74   | 0.0001   |
| D-Stirring speed | 189.06          | 1                 | 189.06      | 4.25    | 0.0498   |
| E-Time      | 15.02          | 1                 | 15.02       | 0.34    | 0.5664   |
| AB          | 64             | 1                 | 64          | 1.44    | 0.2416   |
| AC          | 12.25          | 1                 | 12.25       | 0.28    | 0.6043   |
| AD          | 121            | 1                 | 121         | 2.72    | 0.1116   |
| AE          | 18.06          | 1                 | 18.06       | 0.41    | 0.5297   |
| BC          | 162.56         | 1                 | 162.56      | 3.66    | 0.0674   |
| BD          | 0.56           | 1                 | 0.56        | 0.013   | 0.9114   |
| BE          | 0.063          | 1                 | 0.063       | 1.41*10^{-3} | 0.9704 |
| CD          | 0.56           | 1                 | 0.56        | 0.013   | 0.9114   |
| CE          | 10.56          | 1                 | 10.56       | 0.24    | 0.6303   |
| DE          | 1              | 1                 | 1           | 0.022   | 0.8820   |
| A2          | 57.31          | 1                 | 57.31       | 1.29    | 0.2671   |
| B2          | 37.13          | 1                 | 37.13       | 0.83    | 0.3696   |
| C2          | 405.03         | 1                 | 405.03      | 9.11    | 0.0058   |
| D2          | 12.31          | 1                 | 12.31       | 0.28    | 0.6035   |
| E2          | 73.19          | 1                 | 73.19       | 1.65    | 0.2113   |
| Residual    | 1111.92        | 25                | 44.48       |         |          |
| Lack of Fit | 981.58         | 20                | 49.08       | 1.88    | 0.2498   |
| Pure Error  | 130.33         | 5                 | 26.07       |         |          |
| Cor Total   | 3513.8         | 45                |             |         |          |

*a* Significant at “prob > F” less than 0.05; *b* Insignificant at “prob > F” more than 0.100.

Table 7. CCD arrangements and responses.

| Trail No | Temperature (A) | Catalyst Concentration (B) | Methanol-Oil Ratio (C) | Stirring Speed (D) | Time (E) | Biodiesel Yield |
|----------|-----------------|-----------------------------|------------------------|-------------------|----------|-----------------|
| 1        | 65              | 1.75                        | 8.5                    | 600               | 2        | 76              |
| 2        | 57.5            | 1                           | 5                      | 600               | 3        | 84              |
| 3        | 65              | 1                           | 8.5                    | 600               | 3        | 77              |
| 4        | 57.5            | 1                           | 8.5                    | 800               | 2        | 90              |
| 5        | 57.5            | 0.25                        | 12                     | 600               | 2        | 63.5            |
| 6        | 57.5            | 1                           | 8.5                    | 800               | 3        | 85              |
| 7        | 57.5            | 1                           | 12                     | 800               | 2        | 76              |
| 8        | 65              | 1                           | 5                      | 600               | 2        | 86.5            |
| 9        | 65              | 1                           | 12                     | 600               | 2        | 77.5            |
| 10       | 57.5            | 1                           | 8.5                    | 600               | 2        | 84.5            |
| 11       | 57.5            | 1                           | 12                     | 600               | 3        | 65.5            |
| 12       | 50              | 1                           | 8.5                    | 800               | 2        | 84              |
| 13       | 57.5            | 1                           | 8.5                    | 600               | 2        | 91.5            |
| 14       | 57.5            | 1                           | 5                      | 400               | 2        | 75              |
| 15       | 57.5            | 1                           | 5                      | 600               | 1        | 86.5            |
| 16       | 57.5            | 1                           | 8.5                    | 800               | 1        | 74              |
| 17       | 57.5            | 1                           | 8.5                    | 600               | 2        | 75.5            |
| 18       | 57.5            | 0.25                        | 8.5                    | 600               | 1        | 91              |
### Table 7. Cont.

| Trail No | Temperature (A) | Catalyst Concentration (B) | Methanol-Oil Ratio (C) | Stirring Speed (D) | Time (E) | Biodiesel Yield |
|----------|-----------------|----------------------------|------------------------|-------------------|---------|----------------|
| 19       | 65              | 1                          | 8.5                    | 800               | 2       | 92.5           |
| 20       | 50              | 1                          | 8.5                    | 600               | 3       | 76             |
| 21       | 57.5            | 0.25                       | 5                      | 600               | 2       | 89.5           |
| 22       | 57.5            | 1.75                       | 12                     | 600               | 2       | 72.5           |
| 23       | 65              | 1                          | 8.5                    | 400               | 2       | 71             |
| 24       | 57.5            | 1                          | 12                     | 600               | 1       | 61.5           |
| 25       | 57.5            | 1.75                       | 8.5                    | 800               | 2       | 71             |
| 26       | 50              | 1                          | 12                     | 600               | 2       | 63             |
| 27       | 57.5            | 0.25                       | 8.5                    | 600               | 3       | 93             |
| 28       | 50              | 1                          | 8.5                    | 600               | 1       | 85             |
| 29       | 57.5            | 1                          | 8.5                    | 400               | 1       | 70             |
| 30       | 57.5            | 1                          | 8.5                    | 400               | 3       | 79             |
| 31       | 57.5            | 0.25                       | 8.5                    | 400               | 2       | 93             |
| 32       | 65              | 1                          | 8.5                    | 600               | 1       | 77.5           |
| 33       | 57.5            | 1.75                       | 8.5                    | 600               | 1       | 73             |
| 34       | 57.5            | 1                          | 8.5                    | 600               | 2       | 85             |
| 35       | 57.5            | 1                          | 8.5                    | 600               | 2       | 85             |
| 36       | 57.5            | 1.75                       | 8.5                    | 400               | 2       | 74             |
| 37       | 57.5            | 1.75                       | 8.5                    | 600               | 3       | 74.5           |
| 38       | 57.5            | 1                          | 12                     | 400               | 2       | 62.5           |
| 39       | 57.5            | 0.25                       | 8.5                    | 800               | 2       | 91.5           |
| 40       | 50              | 0.25                       | 8.5                    | 600               | 2       | 83.5           |
| 41       | 50              | 1                          | 8.5                    | 400               | 2       | 84.5           |
| 42       | 50              | 1.75                       | 8.5                    | 600               | 2       | 74.5           |
| 43       | 57.5            | 1.75                       | 5                      | 600               | 2       | 73             |
| 44       | 65              | 0.25                       | 8.5                    | 600               | 2       | 69             |
| 45       | 57.5            | 1                          | 8.5                    | 600               | 2       | 84.5           |
| 46       | 50              | 1                          | 5                      | 600               | 2       | 79             |

### 3.3. Effect of Operating Parameters

This section explains the effects of temperature, catalyst concentration, methanol to oil ratio, reaction stirring speed and reaction time on the biodiesel yield. Figure 2a presents experimentally obtained RSM plot to investigate the effect of catalyst concentration, methanol to oil ratio, stirring speed, reaction time, at a constant temperature range. The amount of WCO sample was 20 g, and the operating temperature ranged between 50 °C to 65 °C. The catalyst concentration was varied between 0.25 \( \text{wt} / \text{wt} \) to 1.75 \( \text{wt} / \text{wt} \). As shown in Figure 2a, biodiesel yield increased from 50 °C to 57.50 °C and decreased afterwards. The yield decreased by increasing catalyst concentration from 0.25 \( \text{wt} / \text{wt} \) to 1.75 \( \text{wt} / \text{wt} \). Figure 2b illustrates a relation between temperature, methanol to oil ratio and percentage yield of biodiesel at a constant catalyst concentration of 1 \( \text{wt} / \text{wt} \), constant stirring speed of 600 rpm and constant reaction time of 2 h. The biodiesel yield was increased from 5:1 to 8:1 and decreased afterwards. The maximum yield of 93% was obtained at 8.50:1 methanol to oil ratio. Figure 2c illustrates a relationship between temperature, stirring speed and yield. Biodiesel yield was optimised at stirring speeds between 560 to 640 rpm, and it decreased at higher stirring speeds. Figure 2d illustrates a relationship between temperature, reaction time and percentage yield of biodiesel at a constant catalyst concentration of 1 \( \text{wt} / \text{wt} \), methanol to oil ratio of 8.50:1 and a constant stirring speed of 600 rpm. A slight increase in yield was observed by increasing reaction time from 1 h to 2 h. Biodiesel yield was enhanced when the temperature increased to 57.50 °C and then decreased by increasing the temperature further. The above-stated trends are consistent with the results already reported in the literature [43,44].

Figure 3a illustrates response surface plots as a function of catalyst concentration, methanol to oil ratio and percentage yield of biodiesel at a constant temperature of 57.50 °C, the rotational speed of 600 rpm and constant reaction time of 2 h. Minimum biodiesel yield was observed at 12:1 methanol to oil ratio with catalyst concentration of 1.75 \( \text{wt} / \text{wt} \). Maximum biodiesel yield (93%) was observed at 8.50:1 methanol to oil ratio and 0.25 \( \text{wt} / \text{wt} \) catalyst concentration. Figure 3b shows that, by changing
rotational speed from 400 rpm to 800 rpm, there is a sharp increase in percentage yield from 80% to 90% at a catalyst concentration of 0.25 w/w. Figure 3c illustrates that both reaction time and catalyst concentration affect the percentage yield. By increasing the reaction time up to a certain limit, and by decreasing catalyst concentration, the percentage yield of biodiesel increased.

**Figure 2.** Experimentally obtained RSM plot to investigate the effect of (a) catalyst concentration, (b) methanol to oil ratio (c) stirring speed (d) reaction time, at a constant range of temperature.

Figure 4a illustrates response surface plots as a function of methanol to oil ratio, stirring speed and percentage yield of biodiesel at a constant temperature, catalyst concentration and reaction time that are 57.50 °C, 1 w/w and 2 h respectively. Percentage yield sharply increased from 70% to 90% by increasing the stirring speed from 400 rpm to 800 rpm with methanol to oil ratio 8.50:1. As shown in Figure 4b, the optimum yield of biodiesel was observed at 7:1 to 8:1 methanol to oil ratio. Reaction time also affects the yield. Ghadge et al. [45] also reported the use of the same methanol to oil ratio in his investigation. Figure 5, illustrates response surface plots as a function of stirring speed, reaction time and percentage yield of biodiesel at a constant temperature, catalyst concentration, and methanol to oil ratio that are 57.50 °C, 1 w/w and 8.50:1 respectively. The graph shows a steady increase in yield by increasing rotational speed and reaction time.
Figure 3. Experimentally obtained RSM plot to investigate the effect of (a) methanol to oil ratio, (b) stirring speed and (c) reaction time, at a constant range of catalyst concentration.

Figure 4. Experimentally obtained RSM plot to investigate the effect of (a) stirring speed, (b) reaction time, at a constant range of methanol to oil ratio.
3.4. Performance Characteristics

3.4.1. Brake Torque and Brake Power

Figure 6a,b shows the variation of brake torque and brake power with engine speed at full load condition for biodiesel blends and HSD. The trends for biodiesel blends were found to be similar to the HSD. Initially, the brake torque for HSD and biodiesel blends increases with the increase in engine speed, and it reaches a maximum value and then starts to decrease afterwards. This trend can be attributed to: firstly, the volumetric efficiency of the engine which decreases with increase in engine speed and secondly, the increase in frictional losses at higher engine speeds which results in the reduction of the brake torque. The maximum values of engine torque for both HSD and biodiesel blends were found at 3000 rpm. Biodiesel blends exhibited slightly lower brake torque than that of HSD. This can be attributed to the relatively low LHV and higher kinematic viscosity of biodiesel blends. Higher kinematic viscosity results in a greater delay in the start of injection, which also leads to poorer fuel atomisation [46]. The average torque reduction for biodiesel blends compared to HSD at 3000 rpm was found to be 1.45% for B10, 2% for B20, 2.2% for B30, 3.09% for B40, and 3.5% for B50. Brake power is derived from brake torque by multiplying with the angular speed. From Figure 6b, the highest power was observed at 3500 rpm. Again, the highest power was shown by HSD followed by B10, B20, B30, B40 and B50, respectively. Rizwanul Fattah et al. [46] studied the engine performance, and emission characteristics of Malaysian Alexandrian Laurel oil-based biodiesel (ALB) blend with diesel. They also reported a slight reduction in maximum brake powers for ALB10 and ALB20 compared to that of diesel fuel. The power outputs were 48.5 kW, 48.3 kW, and 48.2 kW, for diesel, ALB10, and ALB20, respectively. They attributed this reduction to the lower LHV and higher viscosity of blends, both of which result in poor fuel atomisation compared to that of diesel fuel.
3.4.2. Brake Specific Fuel Consumption and Brake Thermal Efficiency

Figure 7a presents the variation in BSFC for biodiesel blends and HSD as a function of engine speed. Biodiesel blends have lower LHV and higher densities compared to that of HSD, resulting in higher fuel consumption for biodiesel blends. It is evident for the figure that, BSFC first decreased to the lowest at 2000 rpm, and then increased with increase in speed. The average increase in BSFC for biodiesel blends as compared to HSD at 3500 rpm is found as 1.61% for B10, 5.73% for B20, 8.8% for B30, 12.76% for B40, and 18% for B50. The increase in BSFC for biodiesel blends was due to volumetric effect of the constant fuel injection rate together with the higher kinematic viscosity and lower LHV of biodiesel and its blends, and this became more pronounced in higher biodiesel blends such as B50. Palash et al. [47] also reported a similar finding for *Aphananixis polystachya* biodiesel (APME) blends with the average BSFC values for diesel, APME5, and APME10 of 352.96 g/kWh, 356.05 g/kWh, and 359.29 g/kWh, respectively. Figure 7b represents variation in BTE as a function of engine speed at full load conditions. Thermal efficiency varies inversely with the product of BSFC and LHV of the fuel [46]. The highest BTE for all fuels were observed at 3000 rpm at full load condition. The BTE values for HSD, B10, B20, B30, B40 and B50 are 34.97%, 32.78%, 33.36%, 33.76%, 34.15%, and 32.11%, respectively.
4. Conclusions

Biodiesel yield was optimised at optimum operating conditions. FFAs of WCO were reduced by acid treatment. Among mineral acids, $\text{H}_2\text{SO}_4$ was found to be more effective. It reduces the FFAs value of 91.36%. Transesterification of WCO with methanol was found to be very effective. A biodiesel yield of 93% was obtained with a 57.50 °C reaction temperature, 0.25% catalyst concentration, 8.50:1 methanol to oil ratio, 600 rpm stirring speed, and 3 h reaction time. Various physiochemical properties justify the quality of biodiesel. Oleic acid (C18:1), linoleic acid (C18:2), $\alpha$-linoleic acid (C18:3), and palmitic acid (C16:0) were the major constituents of biodiesel. Performance characteristics of a diesel engine using diesel fuel and biodiesel blends B10, B20, B30, B40, and B50 were tested and compared. Engine performance in terms of brake torque, brake power, BSFC, and BTE was determined. The average torque reduction for biodiesel blends compared to HSD at 3000 rpm were found to be 1.45%, 2%, 2.2%, 3.09%, and 3.5% for B10, B20, B30, B40, and B50, respectively. The average increase in BSFC for biodiesel blends compared to HSD at 3500 rpm were found to be 1.61%, 5.73%, 8.8%, 12.76%, and 18% for B10, B20, B30, B40, and B50, respectively. Pakistan is spending a huge amount of money in importing HSD to fulfill their energy requirements. The government is looking for alternative fuels that have the potential to reduce the consumption of HSD. At present, the most suitable alternative fuel is biodiesel produced from WCO. The conversion of WCO into biodiesel not only reduces the import of HSD, but also reduces environmental concerns.

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Nomenclature

| Acronym | Description                                      |
|---------|--------------------------------------------------|
| ANOVA   | Analysis of Variance                             |
| ANFIS   | Adaptive neuro-fuzzy inference system            |
| AV      | Acid value                                       |
| BSFC    | Brake specific fuel consumption                  |
| BP      | Brake power                                      |
| BTE     | Brake thermal efficiency                         |
| BT      | Brake torque                                     |
| CCD     | Central Composite Design                         |
| CI      | Compression ignition                             |
| DI      | Direct injection                                 |
| FAME    | Fatty acid methyl ester                          |
| FFA     | Free fatty acid                                  |
| GCMS    | Gas chromatography-mass spectroscopy             |
| HSD     | High-speed diesel                                |
| HPLC    | High-Performance Liquid Chromatography           |
| LHV     | Lower heating value                              |
| NMR     | Nuclear magnetic resonance                       |
| RSM     | Response surface methodology                     |
| WCO     | Waste cooking oil                                |
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