## Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|------------------------------------|-------------------------------|
| **TITLE**     |         |      |                                    |                               |
| Title         | 1       | Identify the report as a Narrative Review or Literature Review. | Pg 1/line 1-3 | Title |
| **ABSTRACT**  |         |      |                                    |                               |
| Structured summary | 2   | Provide a structured summary with the subsections as: objective, background, methods, conclusion (1). | Pg 2/line 25-40 | Summary |
| **INTRODUCTION** |         |      |                                    |                               |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | Pg 2-5/line 47-95 | Introduction |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Pg 2-5/line 47-95 | Introduction |
| **METHODS**   |         |      |                                    |                               |
| Research selection | 5   | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Pg 5/line 97-102 | Method/Search strategy and selection criteria |
| **DISCUSSION/SUMMARY** |         |      |                                    |                               |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Pg 34-36/line 407-455 | Discussion |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Pg 36-37/line 457-471 | Conclusions |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*