SEXUALLY TRANSMITTED INFECTIONS AMONG ADOLESCENT AND ADULT WOMEN VICTIMS OF SEXUAL VIOLENCE IN THE METROPOLITAN REGION OF SÃO PAULO, BRAZIL

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Abstract

Background: Sexual violence is a serious violation of human rights that mainly affects women. Among the impacts on health, sexually transmitted infections (STIs) are important due to their high prevalence and possible reproductive harm. Objective: To check and compare the incidence of STIs in adolescent and adult women victims of sexual violence. Method: Retrospective cohort study with 135 adolescents (10-19 years) and 154 adult women (≥20 years) attending the Pérola Byington Hospital, São Paulo, Brazil, with vaginal and/or anal unprotected exposure during the sexual crime, with ingestion between 72 hours and 10 days of the violence, who did not receive prophylaxis for STIs, hepatitis B or HIV. Cases with earlier STIs, pregnant women and violence from an intimate partner were excluded. The outcome was the occurrence of STIs in the two groups. Data were introduced in the program Epi Info6, version 6.04b, with statistical analysis by chi-square test. Results: The diagnosis of STIs occurred for 32.6% of adolescents and 31.1% of adult women. The median age was 21.0±5.8 years. Adolescents were more vulnerable to the related and known aggressors. Ninety-two patients with STIs (31.8%) were found along with 120 infections among the 289 women, distributed between HPV (16.9%), trichomoniasis (6.6%), chlamydia (3.8%), herpes (2.4%), hepatitis B (2.4%), syphilis (2.1%), gonorrhea (1.7%) pelvic inflammatory disease (1.7%), hepatitis C (1.4%), HIV (1.4%) and HTLV I and II (1.0%). Conclusion: The incidence and distribution of STIs show no differences in the two groups, suggesting similar risk for adolescent and adult women when submitted to the same forms of exposure during sexual crime.

Keywords: Sex offences, Adolescent, Sexually transmitted diseases, HIV infections, Clinical laboratory techniques, Crime victims.

Introduction

Sexually transmitted infections (STIs) are considered a public health problem. The World Health Organization (WHO) estimates that in 2018 there were 376 million new cases of chlamydia, gonorrhoea, syphilis and trichomoniasis. More than 500 million people are estimated to have genital herpes simplex virus and 290 million women have a human papillomavirus infection. A further one million cases of viral STIs were diagnosed in the same period, generating considerable economic costs for the health system. 1

STIs have consequences that may impair the sexual and reproductive health of women, related to ectopic pregnancy and anogenital cancer. 1 Between 10% and 40% of young women with untreated gonococcus or chlamydia infection develop pelvic inflammatory disease (PID), which in almost 25% of cases can result in infertility by tuboperitoneal factor. 1

There is enough evidence associating STIs with unsafe sexual behaviours or vulnerable situations. 2 In recent decades, there has been growing interest in the link between STIs and sexual crimes. 3 Sexual violence is a global problem of...
enormous magnitude and rapid growth, defined by the WHO as any sexual act attempted or consummated without the consent of the victim, perpetrated through coercive or intimidating means, with use of force, threat, weapons or psychological fear.4

Within the context of violence in large urban centres, the most frequent victims of sexual violence are young women or teenagers, white, unmarried, poorly educated, often approached by unknown offenders in public spaces during daily activities.5

On the other hand, it is estimated that between 10% and 50% of women suffer some kind of physical, sexual or psychological violence committed by an intimate partner at some point in their lives.5 Sexual crimes against children also tend to occur in private, usually intrafamily environments, mainly involving known offenders, often with kinship with the child or with privileged access to their routine.7

Sexual violence is considered to be the extreme restriction of sexual and reproductive autonomy of women. STIs are one of its consequences, affecting a significant proportion of women with varying prevalence of each aetiologic agent.2,8 However, the incidence of STIs is not clear in sex crimes.

There is little information on the prevalence of STIs among adult men who practise sex crimes, and that is limited to the populations of convicted men.9 Furthermore, the diagnosis of STIs does not differentiate infections resulting from sexual violence from those pre-existing in sexually active women. Thus, most studies have mainly contributed to prevalence data.8

Information on the incidence and prevalence of STIs among adolescents in sexual violence situations is less common. Several studies that include children and adolescents in their analyses are based on their common condition of vulnerability and need for legal protection. However, children are less subjected to sexual offences with acts of penetration than teens, causing less exposure to STIs.10

Other studies with adolescents do not distinguish sexual abuse cases with prolonged or repeated exposure to STIs with the same offender, which can modify its prevalence. The objective is to describe and compare the incidence of STIs among adolescents and adult women exposed to a single episode of sexual violence.

Method

Study Design

This is a retrospective cohort study of 289 female patients, from the metropolitan area of São Paulo, who have suffered sexual violence. The study was carried out at the Department of Legal Abortion and Sexual Violence at the Pérola Byington Hospital, São Paulo, Brazil, between August 2004 and December 2015. The convenience sample was divided into two groups, with 135 adolescents (aged ≥ 10 and < 20 years) and 154 adult women (aged ≥ 20 years).

Selection and inclusion of research subjects

Inclusion criteria were 1) the exposure to semen or other biological material potentially infected with human immunodeficiency virus (HIV) from an offender of unknown status, and 2) time to service after 72 hours and before completing 10 days after the sexual crime. We considered only single-sex crimes and acts of vaginal and/or anal penetration, and not those associated with oral exposure. The included patients did not receive prophylaxis for bacterial sexually transmitted infections (STIs), hepatitis B or HIV, because they arrived after the limit time recommended by the National STIs and AIDS Programme.2 The criterion used to establish the sex crime was the claim of the patient or her legal representative consistent with Articles 213 and 217-A of the Brazilian criminal law. The Article 213 typifies as sexual violence unauthorized sexual contact in which the perpetrator employs the violence or the serious threat to its imposition. The Article 217-A addresses the sexual violence of vulnerable persons, including sexual acts against persons under 14 years of age or persons of any age who cannot offer valid resistance or consent to the sexual act.2

Exclusion criteria

The following were excluded: women and adolescents with at least one STIs diagnosed at admission between 72 hours and 10 days, pregnant women, cases of chronic or repeated sexual assault by the same perpetrator, sex crimes committed by intimate partners, condom used during the sexual abuse, patients previously vaccinated against hepatitis B, injecting drug users, and patients with at least one condom failure in the case of resumption of sexual activity during the six-month investigation.
Laboratory investigation

Cervical and vaginal samples were collected for a search for gonococcus, chlamydia and trichomonas on admission, and six weeks and three months after sexual violence. Samples for serological investigation of syphilis, HIV, human T-cell lymphotropic virus (HTLV) I and II, and hepatitis B and C were taken on admission. After six weeks, tests for syphilis and HIV were repeated. Three months after sexual violence a new syphilis serology investigation was conducted for HIV, HTLV, and hepatitis B and C. At six months of follow-up, tests for HIV, HTLV, and hepatitis B and C were repeated. For HPV, a Pap smear was performed at baseline and six months after sexual violence. The colposcopic examination was used at baseline and at three and six months after the sexual crime, with a biopsy of the lower genital tract held by abnormal colposcopic presence. Other STIs that may be identified by Pap smear were considered.

Laboratory investigations of STIs exams were routinely employed in the institution. For the diagnosis of syphilis, the Venereal Disease Research Laboratory (VDRL) test and the Fluorescent Treponemal Antibody Absorption test (FTAAbs) were used. The herpes infection was diagnosed from a Pap staining scraped from the vesicles. For gonococcus, a cervical smear was performed for identification of gram-negative diplococci and culture medium modified Thayer-Martin. For chlamydia, we used direct immunofluorescence and trichomoniasis direct examination of the vaginal contents. Positive biomarkers HBsAg, anti-HBc IgM and HBeAg were considered for the diagnosis of acute hepatitis B infection. Hepatitis C and HTLV were surveyed by serology. Enzime Linked Immunosorbent Assay (Elisa) was used to search for HIV. Positive samples were confirmed by a second immunoassay and Western blot test. Pelvic inflammatory disease (PID) with no aetiologic agent identified was characterized according to the criteria of the National STIs and AIDS Programme.2

Outcome variables

The outcome was the occurrence of STIs in both age groups, based on the classification of the National STIs and AIDS Programme.7 We considered cases of infection such as syphilis, trichomoniasis, chlamydia, human papillomavirus (HPV), herpes, gonococcus, HTLV I and II, HIV, PID and hepatitis B and C.

Instrument and data computerization

The data of interest for the study were extracted from standardized medical records and entered into Epi Info6, version 6.04b. Data consistency was confirmed by double entry verification, comparison of files and correction of discrepancies.

Statistical analysis

The individual STIs frequency was calculated and compared for each age group, based on the total number of adolescents and women exposed by looking up the possibility of more than one STIs occurring with the same patient. Frequency tables were constructed for data analysis by applying Pearson's chi-square (χ²) hypothesis test, fixing the level of rejection of the null hypothesis at 0.05 (p ≤ 0.05). Odds ratio was used to associate the presence of STIs with each age group, with a Confidence Interval (CI) of 95%.

Ethical aspects

All patients received medical, social and psychological counselling about STIs and sexual violence, instructed and encouraged to use male or female condoms in all sexual relations until the end of the investigation. Access to condoms was unrestricted and free. Resolutions No. 196/1996 and No. 466/12 of the National Health Council (CNS) were observed regarding the ethical aspects inherent to the conduct of research involving human beings. The database did not incorporate any elements that would allow the identification of patients. The study was approved by the Research Ethics Committee of the Pérola Byington Hospital, protocol n° 034/11, in September 2011.

Results

The 289 women studied accounted for 25.8% of the total 1,118 cases of sexual violence treated in the period, applying the inclusion and exclusion criteria. The mean age was 21.0 (SD 5.8) years. In the group of adult women, ages ranged between 20 and 62 years, with a mean of 26.5 years. Among adolescents, the mean age was 15.6 years. A comparison of the type of exposure to STIs among adolescents and adult women, according to the type of sexual act committed during the crime, is shown in Table 1. The incidence and frequency of STIs are described in Table 2.

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Discussion

The occurrence of sexually transmitted infections (STIs) in sex crimes depends on different factors such as the type and frequency of exposure, the occurrence of genital lesions, age and susceptibility of the victim, hymenal rupture of the membrane, HIV status or viral load of the perpetrator, exposure to sexual secretions or blood, or presence of inflammatory STIs or genital ulcer at the time of violence.\(^2\)

Vaginal penetration is described as the act most frequently practised in sexual crimes against women of reproductive age.\(^11\) In this study, the types of sex acts performed showed similar prevalence in both age groups, indicating equivalent exposure to STIs and similar risk of genital lesions. Forced vaginal penetration also exposes women of reproductive age to unwanted pregnancy. In such cases, the STIs can bring additional complications for both the woman and the foetus.
including abortion, premature labour, premature rupture of membranes, chorioamnionitis, low birth weight, growth restriction, foetal death, or infection and neonatal death.12

In the USA, between 2004 and 2006, 105,000 emergency room visits were made by young women with physical injuries resulting from sexual violence, with 27,000 cases between the ages of 10 and 14 years.13 However, studies differ on the frequency of genital lesions among women who suffer sexual violence, with findings from 5% to 65%, depending on the classification used. The same occurs with extragenital damages present between 10% and 80% of cases.14,15

Women who suffer sexual violence at the hands of strangers in urban centres are usually constrained by serious threat, and the common use of cold weapons or firearms.16 In those circumstances, the threat of death can inhibit women's resistance, leading to the occurrence of physical damage.17 Yet genital damage may disrupt the integrity of the genital tissues, causing the inoculation of STIs.18 This risk is also considered for virgin women at the time of sexual crime, when the vaginal penetration breaks the hymenal membrane.18

Moreover, the frequency of genital trauma among virgin females who suffer sexual crime is 2.5 times higher than among those who are sexually active.17 Furthermore, there is evidence that the loss of virginity in forced and violent conditions may impose more serious emotional sequelae.19 Cases of intrafamiliar sexual violence committed by known perpetrators show a greater tendency for under-reporting, limiting attendance at health services.15 Under those conditions, prophylaxis and diagnosis of STIs are postponed, exposing the different injuries and damages to reproductive health.16

In Seattle, USA, research with adult women and adolescents who were treated within 72 hours of sexual violence compared cervicovaginal samples collected at baseline and after two weeks. Controlling the cases considered prior to violence found 4.2% of positive tests for gonococcus and chlamydia and 1.5% to 12.3% for trichomonas.8 The most common STIs reported in sexual assault are those that are common in the population and include Chlamydia trachomatis and Neisseria gonorrhoeae.20

Further investigation with young women corroborate these observations, with findings ranging between 0.8% and 9.6% for gonococcus, 1.5% and 26% for chlamydia and 2.1% and 22% for trichomonas, similar to that observed in this study.5,18 In France, a study of victims of sexual violence detected 3% of cases with co-infection.21 A study in the city of Rio de Janeiro of adolescents at poverty and social risk found 19% of girls aged 11-14 had a history of violence or sexual exploitation, with 22% of them having STIs.22

The transmission of gonococcus is 50% by sexual intercourse, with a prevalence of 0.9% among Brazilian women and 1.5% among pregnant women.2 There is a direct relationship between infertility and tuboperitoneal damage caused by ascending vaginal and cervical infections. The main agents of pelvic inflammatory disease (PID) are Chlamydia trachomatis and Neisseria gonorrhoeae.23 A case-control study in Rwanda found that a history of sexual violence, being seropositive for human immunodeficiency virus (HIV) infection and genital herpes or chlamydia were predictive factors for tubal factor infertility.24

Among adult women who suffer sexual violence, the incidence of human papillomavirus (HPV) varies between 2% and 40%.5,18,25 A longitudinal study, controlled and randomized with 665 young American women who had suffered sexual violence in the previous 12 months, showed a 4.5 times greater chance of testing positive for HPV 16 or 18 in the cervix, suggesting sexual violence as a risk factor for infection.26 The current 2015 Centers for Disease Control and Prevention (CDC) has updated their recommendations for sexually assaulted patients to now receive the HPV vaccine.27

While some authors do not check cases of HIV infection in situations of sexual violence, others have found positive HIV tests.5,18 The frequency of transmission is low, given that the risk of HIV transmission in consensual sex is 0.1% to 0.2% for vaginal and 0.5% to 3% for receptive anal intercourse. HIV prophylaxis should be recommended as per the HIV postexposure prophylaxis guidelines from the CDC when there is genital or anal penetration with known ejaculation, especially if trauma occurred.28 One can assume that these risks are greater when sex is not consensual and accompanied by violence by the largest association with clinical or subclinical genital lesions.

In South Africa, the results of positive HIV tests performed by 1,435 women who experienced sexual violence increased from 0.9% to 6.4% between the years 2001 and 2005, with the highest frequency of cases among women from 16 to 20 years of age.29 In this sense, the convergence between HIV and sexual violence has a particular impact on vulnerable populations, such as those in which armed conflict occurs. Supervie et al. (2010)30 estimate that about 20,000 women and girls in Uganda are infected with HIV each year as a result of rape, which even qualifies as a serious war crime.30

Infection by herpes viruses (HSV) can occur in about 5% of cases of sexual assault.18 The majority of genital infections are caused by HSV-2, although virus type 1 can also cause the infection. The prevalence of antibodies to anti-HSV-2 reaches 30% of American women, although only 5% of them report genital lesions.31 The percentage of antibodies to HSV-2 among Brazilian pregnant women ranges from 22% to 42%, but genital manifestation of the disease is found in only 11% of cases.2

There are a few references to infection by HTLV in women in situations of sexual violence.32 The viral tropism for T lymphocytes leads to lymphopenia and consequent inversion of the CD4/CD8 ratio. After two to three decades of
incubation, a minority of infected people may develop complications. The HTLV I is associated with T-cell leukaemia in adults, tropical spastic paraparesis and myelopathy associated with HTLV I. The implication of HTLV II with human disease is not fully understood, although it is associated with T-cell lymphoma and neurological diseases.

The main known mode of transmission of HTLV is through sex from men to women, through the lymphocytes present in the semen. The prevalence of antibodies to anti-HTLV I and II in the Brazilian urban population varies between 0.15% and 2%, reaching 13% in certain indigenous populations in the Amazon. However, there is no information about its prevalence among sex offenders.

Syphilis remains a systemic disease of global importance, with a prevalence of about 4% in the general population and 2% among Brazilian pregnant women. Treponema pallidum can be diagnosed in between 1% and 12% of women who suffer sexual offences. Transmission by sexual intercourse is 60% when the offender has hard chancre or flat condyloma. In Uganda, infection by Treponema pallidum can achieve higher percentages, reaching almost 4% of victims. In Mozambique, the prevalence of HIV and syphilis among pregnant women reached 12.2% and 2.9%, respectively, with 8.4% of cases having a history of sexual violence.

Among 105 men convicted of sexual offences, 6.5% had a positive serology for hepatitis C and 13% for hepatitis B. In Brazil there are about two million chronic hepatitis B carriers and three million chronic hepatitis C carriers, most unaware of their condition, which affects directly the continuous transmission of the virus. However, the prevalence of sex offender carriers of these infections is unknown. Transmission of hepatitis B is found in up to 3% of victims of sexual violence. Sexual transmission of hepatitis C is less frequent, estimated at between 2 and 6% among steady sexual partners. Less reported in the literature, hepatitis C can be diagnosed in between 1.4% and 3.0% of women suffering sexual crimes.

Trichomoniasis is a infection with a risk of transmission of between 60% and 80% by sexual intercourse, caused by the flagellated protozoan Trichomonas vaginalis, and can occur in 2% - 22% of women in situations of sexual violence. Although it is not usual to assign greater importance to this protozoan in other circumstances, in pregnant women who suffer sexual violence it may be related to infection with preterm labour, premature rupture of membranes and low birth weight.

Magalhães et al. report the case of an 11-year-old female victim of chronic sexual abuse. The donovanosis is a chronic sexually transmitted infectious caused by the Gram-negative bacteria Klebsiella granulomatis, endemic in tropical and subtropical regions. The infection is rarely described in the literature in cases of sexual violence.

Infections of two or more concurrent STIs were observed in 18.1% of adolescents and 41.6% of adult women in this study, an average of 1.2 STIs among adolescents and 1.4 STIs among adult women, as also noted by Estreich et al. In recent years there has been an increase in the number of victims of sexual violence who use urban health services early and maintain adherence to follow-up, enabling the prevention, investigation and proper treatment of STIs. These protective actions for women, although evident, still depend on public policies that effectively change old inadequate practices in health services. In Brussels, Belgium, a recent review of emergency services showed that only 20% of women have received adequate care after suffering sexual crimes.

The health care of women, children and adolescents in situations of sexual violence requires interdisciplinary teams and institutions prepared to provide foster care, prevention, treatment and rehabilitation. We consider important points of this study the period of data collection, the number of patients involved and the strict criteria of inclusion and exclusion. It is worth mentioning the conduction of the study in a reference institution for women victims of sexual violence. However, the retrospective design of the study limits the external validation of the results. Situations of domestic sexual violence may result in different rates of STIs. It was not possible to adopt molecular methods for the research of HPV, chlamydia and gonococcus, which may have interfered in the results of these infections.

**Conclusion**

The distribution and incidence of sexually transmitted infections (STIs) were similar in both age groups, indicating that adolescents and adult women face similar risks when submitted to the same unique forms of unprotected exposure to aggressors. The frequency of STIs found in both age groups did not differ from the variation described in the literature, but particular attention must be given to the cases of infection with human T-lymphotrophic viruses (HTLV) type I diagnosed due to the sparse reports in the literature.

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SEXUALLY TRANSMITTED INFECTIONS AMONG ADOLESCENT AND ADULT WOMEN VICTIMS OF SEXUAL VIOLENCE IN THE METROPOLITAN REGION OF SÃO PAULO, BRAZIL

Author Contributions
The author Jefferson Drezett (author 1) participated in the developed the research question, performed the statistical analysis, interpreted results, provided the tables, and drafted the manuscript. The author Maria Misrelma Moura Bessa (author 2) participated in the interpretation the results, and drafted the manuscript. The author Vitor Engracia Valenti (author 3) participated in the statistical analysis and drafted the manuscript. The author Fernando Adami (author 4) participated in the statistical analysis, and provided the tables. The author Luiz Carlos de Abreu (author 5) participated in the developed the research question, and interpreted results. All authors read and approved the final manuscript.

Abbreviations and Symbols
STI Sexually transmitted infections
WHO World Health Organization
PID pelvic inflammatory disease
HIV human immunodeficiency virus
HTLV human T-cell lymphotropic virus
VDRL Venereal Disease Research Laboratory
FTAAbs Fluorescent Treponemal Antibody Absorption
ELISA Enzyme Linked Immunosorbent Assay
HPV human papillomavirus,
CNS National Health Council
CDC Centers for Disease Control and Prevention
HSV herpes simplex virus
HSV herpes simplex virus