Revisiting the dengue epidemic of 2011 in Paraguay: molecular epidemiology of dengue virus in the Asuncion metropolitan area

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Abstract

Background: Dengue is one of the most important re-emerging viral diseases and the most common human arthropod-borne viral infection worldwide. Any of the four Dengue virus serotypes (DENV-1 to 4) can cause asymptomatic infections or clinical manifestations that range in severity from a mild, self-limited illness, to a severe disease characterized by a shock syndrome that can lead to death. Paraguay suffers periodic epidemic outbreaks of dengue since 1988 when the DENV-1 was introduced in the country. Epidemics caused by all four serotypes have been reported and the country. Although dengue is endemic in Paraguay, few studies have described the molecular epidemiology of DENV in the country, which is important to understand the local and global spread, as well as the evolution of this pathogen.

Methods: This was a cross-sectional study of a convenience sample. Suspected dengue patients of any age were recruited from the Emergency Laboratory of the Central Hospital of the Institute of Social Welfare, Asuncion, Paraguay, from February to June of 2011. A DENV antigen test was used to confirm the infection. The protein E gene sequences of isolated viruses were sequenced for phylogenetic analysis.

Results: Dengue was confirmed in 55.1% of the participants (n = 98/178). The most frequent clinical findings were fever, headache, and myalgia. Identity analyses of the protein E gene sequence of 56 viruses isolated showed the circulation of DENV-1 (n = 45) and DENV-2 (n = 11) in the Asuncion metropolitan area in 2011. Molecular epidemiology analyses suggest that DENV-1 was introduced into Paraguay from Argentina, while the DENV-2 from Brazil, replacing previous virus lineages.

Conclusions: We have analyzed the molecular epidemiology of DENV-1 and DENV-2 isolated in Paraguay in 2011. We found strong evidence that DENV-1 was introduced into Paraguay from Argentina, while the DENV-2 from Brazil, replacing previous virus lineages. Molecular epidemiology studies are of great interest to analyze the dynamic of DENV spread, which are useful for early implementation of containment measures to reduce the risk of explosive epidemics caused by this virus.

Keywords: Dengue virus, Molecular epidemiology, Envelope glycoprotein, Genetic diversity, Phylogenetic relationship

Background

Dengue is the most common human arthropod-borne viral infection, affecting at least 128 countries in tropical and subtropical regions around the world, with an
estimate of 3.97 billion people at risk of infection with the Dengue virus (DENV). The incidence of dengue has grown dramatically worldwide in recent decades, with an estimate of 390 million dengue infections per year, of which 96 million manifests clinically with any severity of disease [1]. DENV viruses are traditionally grouped into four different serotypes (DENV-1 to 4) [2–4], which can cause asymptomatic infections or clinical manifestations that range in severity from a mild, self-limited illness, to a severe disease characterized by a shock syndrome that can lead to death [5]. DENV belongs to the Flaviviridae family, Flavivirus genus. DENV has a positive-sense, single-stranded RNA genome that is ∼11 kb in length and encodes a single polyprotein that is cleaved by viral and cellular proteases in the structural capsid (C), pre-membrane (prM), and envelope (E) proteins, in addition to seven non-structural proteins (NS1, NS2A, NS2B, NS3, NS4A, NS4B, and NS5).

In Paraguay, the first dengue cases were detected in 1988–1989 when DENV-1 caused an epidemic outbreak with more than 40,000 reported cases, affecting mainly the city of Asuncion, the capital of the country [6, 7]. The DENV-1 introduced in the country was closely related to viruses circulating in Brazil, Colombia, Mexico, and the Caribbean region [8]. Ten years later, between 1999 and 2000, the second outbreak of DENV-1 occurred, when the virus spread throughout Asuncion and the Central, Alto Parana, and Amambay Departments, with an estimated 100,000 cases [7, 9]. DENV-2 was introduced in the country in 2001 and co-circulated with DENV-1; only 38 cases were reported in that year [10]. In 2005, a new lineage of DENV-2 was introduced in Paraguay [11]. DENV-3 was detected for the first time in 2002 when this serotype co-circulated with DENV-1 and DENV-2; 1800 cases were reported in that year [12]. Phylogenetic analyses suggest that the DENV-3 was introduced into Paraguay from different regions of Brazil [13–16]. The circulation of DENV-3 continued in the country’s territory, with 28,182 reported cases and, for the first time, deaths (n = 17) due to dengue was observed in Paraguay [17]. Although DENV-3 was responsible for the 2007 outbreak, DENV-2 was also circulating at that moment [18]. After an inter-epidemic period, more than 20,000 cases and 15 deaths were reported from October of 2009 to December of 2010 [19]. The DENV-1, DENV-2, and DENV-3 circulated during that epidemic outbreak. In 2011, during the co-circulation of DENV-1 and DENV-2, Paraguay suffered the most severe dengue epidemic observed until then, with 42,264 cases and 62 deaths [19].

Although Paraguay is a dengue-endemic country, few studies described the molecular epidemiology of DENV in the country. Epidemiological studies are important to understand the local and global spread, as well as the evolution of this pathogen. In this study, we analyzed the molecular epidemiology of DENV-1 and DENV-2 isolated in 2011 in the Asuncion metropolitan area to improve the information in the molecular epidemiology of these viruses in the South cone of South America.

Methods

Study place, patient recruitment and clinical samples
This was a cross-sectional study of a convenience sample comprising 178 participants recruited from February to June of 2011. Suspected dengue patients of any age were recruited from the Emergency Laboratory of the Central Hospital of the Institute of Social Welfare (CH-ISW), Asuncion, Paraguay. The CH-ISW is a tertiary care hospital that provides medical attention to patients from Asunción and the metropolitan area, which includes several neighboring cities. All patients had a dengue NS1 antigen test requested by the attending physicians. Trained staff of the CH-ISW were responsible for the dengue NS1 tests (Standard Diagnostics, Inc., Korea), which was part of the routine laboratory tests performed during the epidemic period. An aliquot (~2 mL) of serum sample of all suspected dengue cases were immediately transported to the Department of Production of the Health Sciences Research Institute (HSRI), National University of Asuncion (UNA), in refrigerated boxes and then stored at −70 °C until use. Demographic and clinical data, including the result of the dengue NS1 antigen test, were obtained retrospectively from the patient’s medical records. The informed consent was not requested to the patients because this is a descriptive and retrospective study in which privacy and confidentiality of clinical data and the subjects involved were assured.

The residence address of patients was mapped using Google Earth 6.2.2.6613 (Google Inc., USA, http://earth.google.com). Asuncion, the capital of Paraguay, is on the western region of Paraguay (25°16’ S, 57°40’ W), at the left side of the Paraguay River, on the border with Argentina. Asuncion metropolitan region includes an urban area of 1014 km² with an estimated population in 2011 of 2,597,588 inhabitants [20]. This region has a humid subtropical climate with an average annual temperature of 23 °C and average annual precipitation of 1700 mm. The Ethics Committee of the HSRI-UNA approved this study (Permit No P15/2011). The inclusion criterion was patients with DENV infection confirmed by the NS1 test. The exclusion criterion was patients with negative NS1 tests.

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Virus isolation
A monolayer of C6/36 cells, contained in a 25 cm² flask in L15 medium, was inoculated with 10 µL of serum samples. Cells were incubated at 28 °C for at least 7 days (passage 0). An aliquot of 50 µL of the inoculated cell culture supernatant was used to inoculate a second flask containing C6/36 cells (passage 1), which were incubated for further 7 days. Virus isolation was confirmed by detection of the viral genome in the supernatant of the cell culture (passage 1) by real-time reverse transcription followed by a polymerase chain reaction (RT-PCR) as described previously [21].

Real-time RT-PCR for detection of DENV genome
A real-time RT-PCR method was used to confirm the DENV infection of the patients and the cell cultures as previously described [21].

Protein E gene amplification and sequencing

Viral RNA purification
The viral RNA was purified from 200 µL of cell culture supernatant using the AxyPrep Body Fluid Viral DNA/RNA Miniprep Kit (Axygen Biosciences, EUA), following manufacturer’s recommendations. The RNA was eluted with 60 µL of elution buffer and stored at −80 °C until use.

DENV protein E gene amplification
The protein E gene of DENV was amplified by a conventional RT-PCR method. The reaction mixture for the reverse transcription of the viral RNA contained 23 µL of RNA, 0.25 mM dNTPs mix (Invitrogen, USA), 80U of RNase inhibitor (RNAseOUT, Invitrogen, USA), 400U of M-MLV Reverse Transcriptase (USB, USA) and 8 µL 5× buffer (250 mM Tris-HCl [pH 8.3], 37 mM KCl, 15 mM MgCl₂) in a final volume of 40 µL. The mixture was incubated at 25 °C for 10 min, followed by incubation at 37 °C for 4 h, and a final incubation of 5 min at 85 °C. The PCR reaction mixture contained 1 µL of the cDNA, 0.2 mM dNTP, 0.3 mM of each primer for DENV-1, DENV-2 and DENV-3 (Table 1), 1.5U of PlatinumTaq DNA Polymerase High Fidelity (Invitrogen, USA), 5 µL of 10× buffer (600 mM Tris-SO₄ [pH 8.9], 180 mM ammonium sulfate), and 2 mM of MgSO₄ in a final volume of 50 µL. The amplification was performed using the MyCycler™ Thermal Cycler (BIO-RAD, USA). The reaction mixture was heated at 94 °C for 2 min followed by 45 amplification cycles of −94 °C for 10 s, 56 °C for 1 min, 68 °C for 1 min, and a final extension at 68 °C for 7 min. Amplification products were detected by 1.8% gel electrophoresis stained with GelRed (Biotium Inc, USA). The amplification products were purified from the agarose gel using the QIAquick Gel Extraction Kit (Qiagen, USA), following the manufacturer’s instructions.

Nucleotide sequencing and similarity analysis of the E protein gene sequences
The PCR DNA fragments were sequenced using the ABI PRISM BigDye Terminator v3.1 Cycle Sequencing kit (Applied Biosystems, EUA), following the manufacturer’s recommendations. The sequencing reaction was subjected to capillary electrophoresis in the ABI PRISM 3500 DNA Sequencer (Applied Biosystems, EUA). Both strains of each DNA fragment were sequenced at least three times using PCR and walking primers. Protein E gene sequences generated in this study were deposited in the GenBank, under the Accession numbers: KF419412-32. Similarity analyses of the sequences were performed with the CLC Main Workbench software (QIAGEN, USA) and the Basic Local Alignment Search Tool (BLAST, National Center for Biotechnology Information, https://www.ncbi.nlm.nih.gov/, USA).

Phylogenetic analysis
The E gene sequences of the DENV-1 (n=15) and DENV-2 (n=6), obtained in this study, were aligned with the E gene sequences of representative DENV-1 (n=381) and DENV-2 (n=702) isolated worldwide. The nucleotide sequences of the viruses were retrieved from the GenBank until June of 2019. The alignment was performed with the CLC Main Workbench software

| Virus | Primers | Sequence (5’ - 3’) | Position | GenBank N° | References |
|-------|---------|--------------------|----------|------------|------------|
| DENV-1 | d1s3 | AAAAGTTCCGTSGCCAGTGGC* | 704–709 | MT447147 | [22] |
|       | d1a17 | CCAATGGCCTGCTAYGTCT* | 2540–2559 | | |
| DENV-2 | ES(D2)B | GCCATACACCCATGAGAACGAC | 858–878 | MN018365 | Designed in this study |
|       | EC(D2)B | AGGGGATTCGGTTGGAATTT | 2518–2538 | | |
| DENV-3 | ES(D3) | GCCCTATTCTTGTCCATACATC | 845–866 | MH823209 | [13] |
|       | EC(D3) | CCGGACACTCCATCTCCCAA | 2560–2580 | | |

* S = G+C; Y = C+T
(QIAGEN, USA). The Galaxy, an open-source, web-based platform, was used for the phylogenetic analysis [23]. The IQ-TREE program was used for phylogenetic reconstruction [24]. The selection of the optimal model of sequence evolution was performed with the ModelFinder program [24]. To compute the support of phylogenetic groups in the Maximum-Likelihood based trees, the ultrafast bootstrap (UFBoot) approximation approach was used [25].

Results

Suspected dengue patients (n=178), managed at the emergency unit of the Central Hospital of the Institute of Social Welfare (CH-ISW) in Asuncion, Paraguay, were recruited in this study. A DENV NS1 antigen test confirms dengue diagnosis in 98/178 (55.1%) patients. Demographic characteristics and symptoms of dengue patients are shown in Table 2. The most frequent clinical findings were fever, headache, and myalgia. We did not find an association between age or gender with the presence of dengue in these patients.

A real-time RT-PCR test detected the presence of DENV genome in the serum sample of 93/98 (94.9%) dengue patients. An aliquot of those samples was inoculated in C6/36 cells for tentative virus isolation. Analysis of the cell culture supernatants by real-time RT-PCR confirmed the virus isolation from 78/93 (83.9%) serum samples. To identify the virus serotypes, the protein E gene of the isolated viruses was amplified by conventional RT-PCR, using primers for the DENV-1, DENV-2, and DENV-3 (Table 1). Primers for the DENV-4 were not used because this virus was still not introduced in the country by that time. We were able to obtain a sufficient amount of PCR products from 56 isolates for nucleotide sequencing. Similarity analyses of the protein E gene sequences, using the Basic Local Alignment Search Tool (BLAST), showed that isolated viruses belong to DENV-1 (n=45) and DENV-2 (n=11).

The geographic distribution of the dengue cases detected in this study is shown in Fig. 1. The dengue cases were distributed mainly in Asuncion and the metropolitan area, which includes the cities of Lambaré, Mariano Roque Alonso, Villa Elisa, Fernando de la Mora, San Lorenzo, Capiatá, Nemby, and Areguá. Although a higher number of DENV-1 cases were detected, both the DENV-1 and DENV-2 cases were evenly distributed in the Asuncion metropolitan area. Few patients belonged to cities outside the Asuncion metropolitan area, from Villa Hayes at the West (n=1), Emboscada at the Northeast (n=1), and Itá (n=1) at the southeast of Asuncion.

Table 2 Demographic characteristics and symptoms of dengue patients (n=98)

| Characteristic       | Frequency | %    |
|----------------------|-----------|------|
| Gender               |           |      |
| Male                 | 49        | 50.0 |
| Female               | 49        | 50.0 |
| Age                  |           |      |
| 2–15                 | 29        | 29.6 |
| 16–31                | 28        | 28.6 |
| 32–47                | 19        | 19.4 |
| 48–63                | 10        | 10.2 |
| 64–78                | 2         | 2.0  |
| No data              | 10        | 10.2 |
| Symptoms             |           |      |
| Fever                | 92        | 93.9 |
| Headache             | 68        | 69.4 |
| Myalgia              | 67        | 68.4 |
| Arthralgia           | 52        | 53.1 |
| Retro-orbital pain   | 50        | 51.0 |
| Nausea               | 38        | 38.8 |
| Abdominal pain       | 22        | 22.4 |
| Vomit                | 15        | 15.3 |
| Petechiae            | 9         | 9.2  |
| Exanthema            | 6         | 6.1  |
The virus then spread to Argentina, Bolivia, Paraguay, and Brazil. The Paraguayan isolates were closely related to a virus isolated in Argentina in 2010 (GenBank Nº HNRG27486), suggesting that the DENV-1 was introduced into Paraguay from Argentina (Fig. 3).

The E protein gene sequences of DENV-2 isolated from 11 patients in the metropolitan area of Asuncion showed an identity among them ranging from 99.73 to 100%. Six non-identical sequences of DENV-2, isolated in this study, were aligned with the E protein gene sequence of DENV-2 (n=702) isolated worldwide (Additional file 2). The phylogenetic tree, constructed based on the nucleotide alignment, shows the clustering of DENV-2 strains into the six characteristic groups or genotypes: American, SE Asia/American, Cosmopolitan, Asian I, Asian II, and Sylvatic (Fig. 4). All the DENV-2 isolated in Paraguay grouped within the SE Asia/American genotype. The DENV-2 isolated in Paraguay in 2011 grouped in a different cluster from those isolated in 2001–2005, suggesting the introduction of a new virus lineage in the country. The Paraguayan DENV-2 isolated in 2011 were located in a clade including viruses from Peru and Bolivia isolated between 2009 and 2011, and the Southeast region of Brazil, the oldest one isolated in 2007–2008 in Rio de Janeiro, which was probably the place where this clade was originated (Fig. 5).

**Discussion**

In this study, we have identified the circulation of DENV-1 and DENV-2 in the Asuncion metropolitan area during the epidemic of 2011, which agrees with data reported by the national health authorities [26]. However, a greater prevalence of DENV-1 was observed in this study, while the national health authorities found a greater prevalence of DENV-2. In 2011, the dengue epidemic affected almost the whole country, with 42,264 cases reported. Our study was restricted to the circulation of DENV mainly in the Asuncion metropolitan area,
Fig. 2  DENV-1 phylogenetic tree. Phylogenetic relationships among the E protein gene sequences of DENV-1 were resolved using a Maximum-Likelihood tree inferred with IQ-TREE under the GTR + R4 model of nucleotide substitution. Robustness of tree topology was assessed with 1000 bootstrap replicates. Nodes with bootstrap values ≥ 95% are shown. A Sylvatic isolate (Malaysia_P72-1244_1972_EF457905) of the genotype III was used to root the tree. The tree was visualized with the CLC Sequence Viewer 8 program (QIAGEN, USA).

Fig. 3  The Paraguayan cluster of DENV isolated in 2011. Zoom of the clade where the DENV-1 isolated in the Asuncion metropolitan area in 2011 are grouped.
which may explain the difference in serotype prevalence found in this study when compared with those reported by the national health authorities. This epidemic appeared after 11 years of the last one caused by DENV-1, when approximately 27,000 to 100,000 dengue cases may have occurred in the Asuncion metropolitan area [7, 9]. In addition, a limitation of our study was the use of convenience sampling, which may have influenced the prevalence of DENV serotypes found in this study. Asuncion and the cities of the metropolitan area have experienced a demographic growth in the last years. In 2000, the Central Department, where the cities of the Asunción metropolitan area belong, had a population of 1,342,589 inhabitants, while in 2011, this number has reached to 1,811,838 inhabitants [27]. Besides, when DENV-2 was introduced in the country in 2001, and then in 2005, a few numbers of dengue cases were reported [11]. These data explain the high number of susceptible individuals, which might have favored the dengue epidemic in 2011 when co-circulation of both DENV-1 and DENV-2 were detected.

We have used the Maximum-Likelihood method to analyze the phylogenetic relationship of DENV isolated in this study. The Maximum-Likelihood consensus tree showed the expected topology and classical segregation of the sequences into five genotypes for DENV-1 [28, 29] and six genotypes DENV-2 [29, 30], respectively. The Paraguayan DENV-1 isolates were all grouped with viruses of the genotype V, which also includes most of the isolates from South America, Central America, and the Caribbean region, as well as isolates from India, East Africa, West Africa, and Southeast Asia. Our phylogenetic analysis shows that the DENV-1 of the 2000 and 2011 epidemics grouped in different clusters, indicating the introduction of a new virus lineage in the country in 2011. The cluster where the DENV-1 isolated in the Asuncion metropolitan area are grouped, arose probably in Venezuela, around the late 1980s, and represents the most successfully disseminated viral lineage in the American continent [31]. This lineage of DENV-1 spread from Venezuela to several countries, including Argentina, and from there to the Brazilian Northeastern region [31]. Our phylogenetic analysis showed a close relationship of the DENV-1 isolated Paraguay in 2011 with a DENV-1 isolated in Argentina in 2010, strongly suggesting that this lineage was disseminated also from Argentina to Paraguay. This finding is further supported by epidemiological data. Between August to December of 2008, the Paraguayan health authorities have not detected any suspected dengue cases, suggesting the virus was not circulating in the country during that period of time [32]. In the first months of 2009, new dengue cases were reported in Paraguay, suggesting a recent introduction of the virus in the country [33]. In the meantime, between October 2008 and June 2009, an outbreak of DENV-1 was first detected in Bolivia, spreading then to Argentina. The
DENV-1 was initially detected in the Northern provinces of Argentina and, finally, reaching the capital, Buenos Aires and the metropolitan area, where the highest number of cases was reported in that country [34, 35]. There is a long history of Paraguayan emigrating to Argentina seeking better economic opportunities, which in addition to the commercial and tourism trips, lead to an intense movement of individuals between both countries that might have been responsible for the introduction of the DENV-1 from Argentina to Paraguay in 2009. The introduction of DENV-1 from Bolivia is least likely because very few travels between Paraguay and Bolivia occur due to economical and geographical issues. The spread of DENV between Paraguay and Argentina has been described previously; however, in the opposite direction. Previous studies have shown that the DENV-1 and DENV-3 have been disseminated from Paraguay to Argentina in 2000 and 2007, respectively [36, 37]. A spatiotemporal dynamic of dissemination of DENV-1 in the Americas has also confirmed the dissemination of this virus from Paraguay to Argentina in 2000 [31]. The DENV-1 of the epidemic of 2000 detected in Paraguay and Argentina grouped in two different lineages [7, 36]. Barrero and colleagues [36] suggested that one lineage of DENV-1 was introduced from Paraguay and the other from Brazil, which is also supported by our phylogenetic analysis (Fig. 5).

The DENV-2 described in this study grouped within the SE Asia/America genotype, which includes most of the DENV-2 isolated in South America and the Caribbean region, in agreement with results obtained in other studies [11, 38–44]. Aquino and colleagues [11] have found the circulation of two DENV-2 lineages in 2005, one including viruses circulated between 2001 and 2005 and the other only viruses from 2005, demonstrating the introduction in Paraguay of a new DENV-2 lineage in that year. The viruses isolated in 2011 in the Asuncion metropolitan area grouped in a different clade where the
2001–2005 viruses were located, indicating the introduction of a new virus lineage in the country in 2011. The monophyletic cluster where the Paraguayan DENV-2 of 2011 were grouped includes viruses isolated in 2008 in Rio de Janeiro, Brazil, as the oldest viruses of this cluster, suggesting this is the origin of the DENV-2 introduced in Paraguay. Besides, this cluster includes viruses isolated in Peru and Bolivia, suggesting the same virus lineage introduced in Paraguay was also disseminated into Peru and Bolivia. A similar phylogenetic relationship of DENV-2 from Paraguay, Peru, Bolivia, and Brazil has been found in a multicenter surveillance program, which includes three DENV-2 isolated in Paraguay in 2010 [45]. Two of the DENV-2 of that study were isolated in Asuncion and one in the Department of Alto Parana, located in the East region of the country, in the border with Brazil. The DENV-2 isolated in 2010 was closely related to those isolated in 2011 (Fig. 5), suggesting that only one lineage of this virus was circulating in Paraguay by that time.

Conclusions

The DENV-1 and DENV-2 were responsible for the dengue epidemic affected Paraguay in 2011. We found strong evidence that the DENV-1 was introduced into Paraguay from Argentina, while the DENV-2 from Brazil, replacing previous virus lineages. Molecular epidemiology studies are of great interest to analyze the dynamic of DENV spread, which are useful for early implementation of containment measures to reduce the risk of explosive epidemics caused by this virus.

Supplementary Information

The online version contains supplementary material available at https://doi.org/10.1186/s12879-021-06487-9

Additional file 1. Alignment of DENV-1. The E gene sequences of the DENV-1 (n = 15) obtained in this study were aligned with the E gene sequences of representative DENV-1 (n = 381) isolated worldwide. The alignment was performed with the CLC Main Workbench software (QIAGEN, USA).

Additional file 2. Alignment of DENV-2. The E gene sequences of the DENV-2 (n = 6) obtained in this study were aligned with the E gene sequences of representative DENV-1 (n = 702) isolated worldwide. The alignment was performed with the CLC Main Workbench software (QIAGEN, USA).

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