Abstract: Interest in electrochemical analysis of purine nucleobases and few other important purine derivatives has been growing rapidly. Over the period of the past decade, the design of electrochemical biosensors has been focused on achieving high sensitivity and efficiency. The range of existing electrochemical methods with carbon electrode displays the highest rate in the development of biosensors. Moreover, modification of electrode surfaces based on nanomaterials is frequently used due to their extraordinary conductivity and surface to volume ratio. Different strategies for modifying electrode surfaces facilitate electron transport between the electrode surface and biomolecules, including DNA, oligonucleotides and their components. This review aims to summarize recent developments in the electrochemical analysis of purine derivatives, as well as discuss different applications.

Keywords: purine derivatives; electrochemistry of purines; carbon electrode; gold electrode; platinum electrode; indium tin oxide electrode; boron doped electrode; modified electrodes
1. Introduction

Based on their sensitivity, affinity and selectivity biosensors have attracted a broad research interest. Deoxyribonucleic acid (DNA) stores genetic information and is important for protein biosynthesis. Purines are the building blocks of DNA and play an important role in storing genetic information as well as contributing in cell signaling processes. Purine nucleobases (adenine, guanine) and some of their derivatives, i.e., xanthine and hypoxanthine, play an important role in biological processes [1,2]. Purines are widely involved in various diseases, most of them possess great significance in clinical and medical practice, and thus their presence and amount in biological fluids and pharmaceuticals must be carefully identified and quantified. The redox activity of the majority of purines allows their determination by means of sensitive, inexpensive and simple electrochemical sensors. The number of publications in this area is growing and interest in electrochemical analysis of purines in the last decade is documented in Figure 1.

![Figure 1](image)

**Figure 1.** Papers published on electrochemistry of purine derivatives between 2004 and 2013 (from Web of Science database).

Electrochemical bioanalysis basically contains three components: the biomolecules that recognize the analytes present in the sample, the detector system which transforms the signal resulting from the interaction of these biomolecules, and finally the screen which displays the information in some user-friendly manner. Carbon-based electrodes have been used extensively for the detection of biomolecules during recent years, as shown in Figure 1.

Due to the significant role of carbon-based electrodes in biosensor fabrication, they are widely used and carbon has become a primary electrode material for improving the performance of the biosensor. Surface modifications of electrode by using nano-based materials which exhibit extraordinary electronic and physical properties provide a crucial way of influencing the performance of the biosensor. Various nanomaterials, including nanoparticles, nanotubes and graphene have achieved high versatility as electrode materials.
Earlier studies were frequently done on mercury, mercury-film, or amalgam electrodes utilizing their reduction behavior. The analysis methods connected with the mercury electrode, even if they have advantages in some cases, are not widely used nowadays and therefore not discussed in this review. Our attempt is rather focused on oxidation of the mentioned purine derivatives on solid or solid-modified electrodes. It is known that nucleobases, as parts of DNA, RNA, nucleosides and nucleotides, are electrochemically active in the sense of electron exchange. Some of them can be reduced at negative potentials [3,4], all of them can be oxidized at solid electrodes [5,6]. On the other hand, individual electrochemical investigations including structural or analytical analysis of nucleic acids are frequently based on the electrochemical behavior of their nucleobases. This review is aimed at their electrochemical analysis, which is predominantly based on their oxidation behavior on solid electrodes in water solution by sweep voltammetric methods (linear or cyclic) or pulse voltammetric methods (differential or square-wave) and/or in connection of these methods with stripping techniques or a specific electrode modification which results in more sensitive and selective determination [4,7,8]. Regarding the analysis of adenine and xanthine, their determinations connected with enzymatic reactions, taking place either in solution or at the electrode surface, are not included in this review. Additionally, in case of adenine, the same is also true about the determinations connected with ADP and ATP.

2. Electrochemical Oxidation of Purine Derivatives

2.1. Adenine and Its Derivatives

The adenine oxidation at carbon electrodes has been intensively studied and discussed by many authors, e.g., [9–11]. The whole process is irreversible and requires the exchange of six electrons and six protons in three subsequent steps (E1, E2, E3) involving formation of 2-hydroxyadenine (6-amino-1,3-dihydro-2H-purin-2-one) or its tautomer, then 2, 8-dihydroxyadenine (6-amino-7,9-dihydro-1H-purine-2,8-dione) or its tautomer and diimine species, which can hydrolyze and give pH-dependent products [10–13].

The basic scheme is depicted in Scheme 1 [10,11]. The formation of adsorbed dimers was also observed using a carbon fiber microelectrode [14]. It was stated that the oxidation of adenine (Ade) is strongly dependent upon the electrode used and reflects both the kinetics of oxidation and the strength of bonding to the electrode surface [11]. The electrochemical oxidation of adenosine (Ado) [15] and adenosine monophosphate (AMP) [16] is more complex compared to the oxidation of Ade. Ado was found to be oxidized at more positive potentials; at pH 7 the shift is about 300 mV and oxygen-oxygen linked dimers are formed as a major product of oxidation at neutral medium. For AMP the oxidation proceeds in two parallel routes resulting in the formation of a variety of oxygen-oxygen and carbon-carbon linked dimers [16]. Various results dealing with the analysis of Ade and Ado depending on the type of electrode with possible modifications, methods, their detection limit and related applications are summarized in Table 1.
2.2. Guanine and Its Derivatives

The electrochemical oxidation of guanine (Gua) was studied in aqueous media at various carbon electrodes and it was found that voltammetric behavior varied significantly depending on the type of carbon electrode [17]. It was also stated that there are two dominating and controlling factors present: (a) the density of basal plane sites on which Gua can adsorb and (b) the density of edge plane sites necessary for the electrooxidation of the analytes. The oxidation mechanism of Gua is a complex one involving exchange of four electrons and four protons (E1, E2, E3). The Gua oxidation proceeds via a two electron oxidation followed by a chemical step to form 8-oxoguanine (2-amino-7,9-dihydro-1H-purine-6,8-dione), then 8-oxoguanine is further oxidized to form nonelectroactive products [17] (Scheme 2).

It was also proved that the electrochemical oxidation mechanism of Gua using a carbon fiber microelectrode formation of strongly adsorbed dimers is observed on the electrode surface [14]. Various studies on Gua and Guo with different modification on electrode surface are summarized in Table 2.
## Table 1. Adenine and adenosine.

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method | Application | Ref |
|-----------|--------------|------------------------------------------|----------------|--------|-------------|-----|
| **ADENINE** | | | | | | |
| GCE | azocalix[4]arene film | 0.125–200.0 µM | 70 nM | CV, DPV | detection of DNA | [18] |
| BDD | no modification | 0.12 to 25 µM | 19 nM | CV, DPV | detection of Ade in urine | [19] |
| PeGE | 5-amino-2-mercapto-1,3,4-thiazole DNA concentration 50 µg/mL | - | DPV, EIS | analysis of DNA | [20] |
| GCE | polymerized film of melamine | 0.1–60 µM | 70 nM | LSV, SWV | Ade determination | [21] |
| CPE | DNA | - | 1 ppm | CV, DPV | interaction of flutamide with DNA | [22] |
| GCE | tetraoxocalix[2]arene[2]triazone | 0.5–10 µM | 200 nM | CV, DPV, EIS | analysis of ssDNA | [23] |
| GCE | 1-phenyl-3-methyl-4-(2-furoyl)-5-pyrazolone | 0.5–100 µM | 125 nM | - | determination of Ade in pharmaceutical products | [24] |
| GCE | poly(sulfosalicylic acid) and ssDNA | 65–1100 nM | 22 nM | CV, DPV, EIS | analysis of nucleobases | [25] |
| PyGE | no modification | - | - | CV | redox mechanism of Ade | [11] |
| PeGE | - | - | - | DPV | DNA interaction with Pd and Pt complexes | [26] |
| carbon SPE | no modification | - | - | DPV | application in DNA genotoxicity screening | [27] |
| GCE | CdS-chitosan | 0.02–5 µM | 40 nM | DPV | analysis of damage DNA | [28] |
| GCE | poly-(amidosulfonic acid) | 30–1000 nM | 8 nM | CV, DPV, EIS | analysis of vitamin B4 tablets | [29] |
| GCE | cysteinic acid | 0.2–100 µM | 50 nM | DPV | analysis of vitamin B4 tablets | [30] |
| SAE, PtE, AuE, GCE | - | - | - | - | construction of electrochemical multisensors | [31] |
| GCE | Ade | - | 40 ng/mL | SWV | detection of antioxidant capacity in flavored water samples | [32] |
| GCE, CPE, AuE | no modification | 5–30 ng/mL | - | SWV | analysis of DNA | [33] |
| carbon SPE | no modification | - | - | CV, DPV | DNA damage | [34] |
| PeGE | no modification | - | - | AdSCP | detection of apurinic side in DNA | [35] |
| SPE | dsDNA | - | - | DPV | interaction of antitumor drugs with dsDNA | [36] |
| GCE | no modification | - | 70 nM | DPV | determination of all bases in ssDNA | [5] |
| CPE, PeGE | - | - | - | DPV | interaction of DNA with lycorine | [37] |
| BDDE | no modification | 0.1–8 µg/mL | 3.7 ng/mL | CV, SWV | determination of ssDNA and dsDNA | [38] |
### Table 1. Cont.

| Electrode | Modification       | Range of Linear Concentration Dependence | Detection Limit | Method      | Application                                                                 | Ref  |
|-----------|--------------------|------------------------------------------|-----------------|------------|----------------------------------------------------------------------------|------|
| GCE       | no modification    | -                                        | -               | CV, DPV    | interaction between dsDNA and 1,2-dimyristoyl-sn-glycero-3-phosphocholine | [39] |
| AuE       | thrombin aptamer   | 10–1000 nM                               | 10 nM           | DPV        | analysis of Ado in human plasma                                           | [40] |
| CPE       | 1-ethyl-3-methylimidazolium ethylsulfate | 1.0–270 µM | 137 nM | DPV        | analysis of Ado in urine                                                  | [41] |
| carbon SPE | no modification   | -                                        | -               | DPV        | application in DNA genotoxicity screening                                 | [27] |
| CPE, CILE | N-hexylpyridinium-hexafluorophosphate | 1.0–140 µM | 0.91 µM | DPV        | Ado in human urine                                                        | [42] |
| PeGE      | no modification    | -                                        | -               | AdSCP      | detection of apurinic side in DNA                                         | [35] |
| GCE, PyGE | no modification    | -                                        | -               | CV         | oxidation of Ado                                                          | [15] |

### Table 2. Guanine and guanosine.

| Electrode | Modification       | Range of Linear Concentration Dependence | Detection Limit | Method      | Application                                                                 | Ref  |
|-----------|--------------------|------------------------------------------|-----------------|------------|----------------------------------------------------------------------------|------|
| GCE       | azocalix[4]arene film | 2.5–650.0 µM | 50 nM | CV, DPV    | detection of DNA                                                          | [18] |
| BDD       | no modification    | 0.21 to 23 µM                               | 37 nM           | CV, DPV    | detection of Gua in urine                                                 | [19] |
| PeGE      | -                  | 2.92 pM in 100 mL                           | -               | DPV        | detection of hypermethylation of the glutathione S-transferase P1         | [43] |
| GCE       | polymerized film of melamine | 0.1–50 µM | 80 nM | LSV, SWV    | Gua determination                                                         | [21] |
| CPE       | DNA                | -                                        | 1 ppm           | CV, DPV    | interaction of flutamide with DNA                                         | [22] |
| GCE       | tetraoxocalix[2]arene[2]triazine | - | 80 nM | CV, DPV, EIS | analysis of ssDNA                                                          | [23] |
| GCE       | poly(sulfosalicylic acid) and ssDNA | 65–1100 nM | 22 nM | CV, DPV, EIS | analysis of nucleobases                                                   | [25] |
| PyGE, HOPG | -                  | -                                        | -               | CV         | electrode reaction mechanism of Gua                                        | [17] |
| PeGE      | -                  | -                                        | -               | DPV        | DNA interaction with Pd and Pt complexes                                  | [26] |
| carbon SPE | no modification   | -                                        | -               | DPV        | application in DNA genotoxicity screening                                 | [27] |
| GCE       | CdS-chitosan       | 0.001–1.6 µM                               | 2 nM            | DPV        | analysis of damage DNA                                                    | [28] |
| SAE, PeE, AuE, GCE | - | - | - | - | construction of electrochemical multisensors | [31] |
| PeGE      | fish sperm dsDNA  | 0.018–2.56 ppm                             | -               | DPV        | interaction of Efavirenz with fish sperm dsDNA                            | [44] |
| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method | Application | Ref |
|-----------|--------------|------------------------------------------|-----------------|--------|-------------|-----|
| GCE       | Gua          | -                                        | 35 ng/mL        | SWV    | detection of antioxidant capacity in flavored water samples | [32] |
| GCE, CPE, AuE | -           | 5–30 ng/mL                               | -               | SWV    | analysis of DNA | [33] |
| PeGE      | fish sperm dsDNA | -                                      | 0.36 ng/mL     | SWV    | quantification of DNA in plant extracts | [45] |
| GCE       |              | -                                        | -               | CV, NPV, DPV, SWV | characterization of interactions of dsDNA with a drug, DNA damage | [46] |
| carbon SPE | no modification | -                                      | -               | CV, DPV | DNA damage | [34] |
| SPE       | modification by tetraethoxysilane | 0.19–10.8 mg/mL | 0.1 μg/mL     | CV, DPV | electrocatalytic oxidation of Gua | [47] |
| AuE       |              | -                                        | -               | DPV    | DNA analysis | [48] |
| SPE       | dsDNA, ssDNA | -                                        | -               | DPV, SWV | bioanalysis of environmental pollution and DNA-drug interaction | [49] |
| PeGE      | no modification | -                                      | -               | AdSCP  | detection of apurinic side in DNA | [35] |
| PeGE      |              | -                                        | -               | allele-specific DNA biosensor | | |
| SPE       | dsDNA        | -                                        | -               | CV, DPV | interaction of some antitumor drugs with dsDNA | [36] |
| BDDE      |              | 50 µM                                    | -               | -      | detection of nucleosides, nucleotides and oligonucleotides | [51] |
| AuE       |              | 50 µM                                    | -               | CV     | guA oxidation at polycrystalline gold electrodes | [52] |
| GCE       | no modification | -                                      | 70 nM           | DPV    | determination of all bases in ssDNA | [5] |
| CPE, PGE  |              | -                                        | -               | DPV, PSA | interaction of arsenic trioxide with DNA | [53] |
| BDDE      | no modification | 0.1–8 mg/mL | 10 ng/mL     | CV, SWV | determination of ssDNA and dsDNA | [38] |
| AuE       | L-cysteine monolayer | 2.5–15 pmol | -               | SWV    | DNA hybridization | [54] |
| CPE, PeGE |              | -                                        | -               | DPV    | interaction of DNA with lycorine | [37] |
| GUANOSINE |              | -                                        | -               | CV, DPV | interaction between dsDNA and 1,2-dimyristoyl-sn-glycero-3-phosphocholine | [39] |
| CPE       | 1-ethyl-3-methylimidazolium ethylsulfate | 1.0–160 µM | 183 nM           | DPV    | analysis of Guo in urine | [41] |
| GCE       | no modification | 0.5 µM–1.0 mM | 145 nM     | DPV    | Guo in human blood plasma and urine | [55] |
| BDDE      |              | 100 µM                                   | -               | -      | detection of nucleosides, nucleotides and oligonucleotides | [51] |
The mechanism of xanthine (Xan) oxidation was suggested earlier by several electrochemists [9,56,57], revised and discussed later [58]. The whole process proceeds in two steps (E1, E2); in the first step oxidation to uric acid (7,9-dihydro-1H-purine-2,6,8(3H)-trione) takes place, which is immediately oxidized to diimine, which is hydrolyzed and gives pH-dependent products, similarly as in the case of Ade. Therefore, the voltammetric signal corresponds to the overall requirement of four electrons and four protons (Scheme 3). The results published on Xan and its derivatives are summarized in Table 3.

![Scheme 3. Electrooxidation of xanthine.](image)

3. Nucleobase Assemblies on Solid Electrode

3.1. Bare Electrode

In 2004, an important paper was published [5], where bare GCE was used for simultaneous determination of all nucleobases in combination with the DPV method. The GCE was not modified, only electrochemical preconditioning including washing, sonication and anodic polarization was done. It was concluded that detection limits in the nano- and micromolar range were obtained for purine and pyrimidine bases and that the results presented show for the first time that the pyrimidine nucleosides and nucleotides are electroactive on GCE and that, in addition to the easy detection of purines, it was also possible to detect simultaneously the oxidation of pyrimidine residues in ssDNA [5]. Bare GCE was also used for the formation of a dsDNA-liposome complex by the decrease of the dsDNA oxidation peaks, dependent upon the incubation time. This behavior was explained considering the electroactive centers of dsDNA, GMP and AMP residues, part of them hidden inside the dsDNA-liposome complex structure and thus unable to reach the GC electrode and preventing their oxidation [39]. Carbon SPE has been investigated as a possible sensor to identify γ-irradiation induced oxidative damage in dsDNA by CV and DPV [34]. The same electrodes were used for a simple differential pulse voltammetric genotoxicity assay utilizing dsDNA in free solution based on the DNA damage by potassium dichromate [27]. Also other types of unmodified electrodes like the pyrolytic graphite electrode (PyGE) and pencil graphite electrode (PeGE) were used for electrochemical monitoring of nucleobases or DNA. DPV by using renewable PeGE was employed to monitor the DNA interaction of Pd(II) and Pt(II) metal complexes with fish sperm dsDNA based on the oxidation signals of Gua and Ade at the surface or in solution [26].
Table 3. Xanthine and hypoxanthine.

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method | Application | Ref |
|-----------|--------------|------------------------------------------|-----------------|--------|-------------|-----|
| **XANTHINE** |              |                                          |                 |        |             |     |
| GCE       | poly L-methionine | -                                       | 4 nM            | CV, DPV | detection of xanthine in serum | [59] |
| GCE       | poly(xylitol)   | 1.3–75.3 µM                              | 0.75 µM         | CV     | determination in urine         | [60] |
| AuE       | xanthine oxidase | 2–16 µM                                  | 0.15 µM         | -      | xanthine in fish, chicken, pork, and beef meat | [61] |
| GCE       | graphitized mesoporous carbon | 20–320 µM                              | 388 nM          | -      | human blood-plasma, urine and fish samples | [62] |
| PtE       | polyvinylchloride | 25–400 nM                                | 25 nM           | -      | xanthine in fish meat, cow and buffalo milk | [63] |
| GCE       | 3-aminopropyltriethoxysilane/glutaraldehyde/xanthine oxidase/chitosan | 0.5–18 µM | 21.5 nM | - | construction of biosensors, determination of xanthine | [64] |
| GCE       | mesoporous carbon | 20–200 µM                                | 46 nM           | CV, DPV | determination of xanthine       | [65] |
| GCE       | polymerized film of bromocresol purple | 0.1–100 µM   | 60 nM       | DPV    | simultaneous determination in human serum | [66] |
| GCE       | acetylene black and dihexadecyl hydrogen phosphate | three orders of magnitude | 60 nM    | CV | rat striatal microdialysates of freely moving rats | [67] |
| **HYPOXANTHINE** |              |                                          |                 |        |             |     |
| GCE       | poly L-methionine | -                                       | 8 nM            | CV, DPV | detection of hypoxanthine in serum | [59] |
| GCE       | poly(xylitol)   | 5–55 µM                                  | 4.5 µM          | CV     | determination in urine         | [60] |
| GCE       | graphitized mesoporous carbon | 20–240 µM | 351 nM | DPV | human blood-plasma, urine and fish samples | [62] |
| GCE       | 3-amino-5-mercapto-1,2,4-triazole | - | - | DPV | hypoxanthine in human blood serum and urine samples | [68] |
| GCE       | mesoporous carbon | 20–150 µM                                | 69 nM           | CV, DPV | determination of hypoxanthine   | [65] |
| GCE       | polymerized film of bromocresol purple | 0.2–80 µM       | 120 nM | DPV | simultaneous determination in human serum | [66] |
| GCE       | acetylene black and dihexadecyl hydrogen phosphate | three orders of magnitude | 250 nM | CV | rat striatal microdialysates of freely moving rats | [67] |
| **INOSINE** |              |                                          |                 |        |             |     |
| GCE       | 3-amino-5-mercapto-1,2,4-triazole | - | 50 nM | DPV | Inosine in human blood serum and urine samples | [68] |
A simple and rapid approach for detecting apurinic sites in DNA, based on direct stripping chronopotentiometric measurements of Ade and Gua nucleobases at a PeGE was described [35]. Experiments with mixtures of free nucleobases and purine nucleosides revealed that the larger A/G ratio observed in the electrochemical analysis of apurinic site-containing oligomers is attributed to the influence of the acid and/or thermal decomposition products. This study represented the first step in developing a simple and direct electrochemical assay of apurinic sites in ssDNA. PyGE represents a good tool for the study of electrochemical oxidation of Ado in a wide range of pH [15] and the electrochemical oxidation mechanism of Ade which included a reflection of both the kinetics of oxidation and the strength of bonding to the electrode surface, both of which are surface specific [11].

3.2. Boron-Doped Diamond Electrodes

Boron-doped diamond (BDD) electrodes are attractive for electrochemical analysis due to their advantages, i.e., a large potential window in aqueous solution, a low background current, and a high electrochemical stability. BDD electrodes have been used for the electrochemical oxidation of underivatized-nucleic acids in terms of single stranded and double stranded DNA in connection with cyclic voltammetry and square wave voltammetry [38]. At the BDD electrode, at least two well-defined voltammetric peaks were observed for both single stranded and double stranded DNA. BDD electrode is the first material to show a well-defined voltammetric peak for Ade group oxidation directly in the helix structure of nucleic acid due to its wide potential window. For single stranded DNA, a third peak was observed, related to the pyrimidine group oxidation. Linear calibration results have shown linearity of current with concentrations in the range of 0.1–8 µg/mL for both Gua and Ade residues at as-deposited BDD. Detection limits (S/N = 3) of 3.7 and 10 ng/mL for Ade and Gua residue in single stranded DNA, respectively, and 5.2 and 10 ng/mL for Ade and Gua residue in double stranded DNA, respectively, were observed [38].

BDD electrodes are frequently used in chromatographic or electrophoretic detectors due to their high stability for analysis of biological samples. In the case of simultaneous detection of purine and pyrimidine bases in mild acidic media by using HPLC with amperometric detection no deactivation of the electrode was found during cyclic voltammetric and HPLC measurements [69]. Similarly, a good stability and reproducibility reflecting the minimal adsorption of purines at the BDD surface at microchip capillary electrophoresis coupled with a BDD electrode was observed for the separation and detection of several purines and purine-containing compounds [51]. Quite recently, a BDD electrode was proposed as a simple electrochemical sensor for sensitive determination of Ade and Gua in native, thermally and acid denatured DNA samples from fish sperm and acid denatured DNA samples from human placenta [19]. A boron-doped carbon nanotubes modified glassy carbon electrode was predicted to provide a potential application for the electrochemical detection of DNA in the field of genetic-disease diagnosis [70]. This prediction was made on the excellent results in which the remarkable electrocatalytic activity towards the oxidation of purine bases and direct oxidation of pyrimidine bases was followed at this modified electrode.

A BDD electrode was also used for hydrolyzed oligodeoxynucleotides and DNA, and a report on copper-enhanced label-free anodic stripping detection of Ade and Gua bases in acid-hydrolyzed DNA was published [71]. The analysis was performed in a small volume (50 µL) and efficient stirring
during the accumulation step by streaming of an inert gas was used. The accelerated mass transport due to the solution motion resulted in an enhancement of the guanine oxidation signal by about two orders of magnitude (compared to accumulation of the analyte from a solution not containing copper), allowing an easy detection of ~25 fmol of the ODNs [71]. The proposed technique was shown to be suitable for the determination of purine (particularly guanine) content in DNA samples.

3.3. Indium-Tin Oxide (ITO) Electrodes

Indium tin oxide (tin-doped indium oxide) is a solid solution of indium(III) oxide (In$_2$O$_3$) and tin(IV) oxide (SnO$_2$), typically 9:1 by weight, which is optically transparent, electrically conductive, colorless in thin layers, and can be used as a working electrode in electrochemical experiments, e.g., [72]. Its special properties made it a suitable and significant tool for systems dealing with detection of DNA hybridization by electrocatalytic oxidation of Gua [73–75] in the presence of ruthenium tris (2,2'-bipyridine) cation used as a redox mediator for the catalytic reaction [76–79]. ITO surface frequently serves as a substrate for additional modification by different substances, e.g., gold nanoparticles [80], chitosan in combination of MWCNT [81] or graphene [82], titanium dioxide [83], etc.

An ITO electrode modified by nanogold was used for the simultaneous determination of ADO and ATP with detection limits as 0.07 mM and 0.10 mM, respectively [80]. On the other hand, a composite film, which contains MWCNT along with the incorporation of poly(neofuchsin) [84], has been synthesized also on ITO electrode by potentiostatic methods. This composite electrode was used for the simultaneous determination of Gua and Ade [84] with satisfactory results.

4. Surface Modification Approaches to Enhance Electrochemical Activity of Purines

4.1. Nanostructured Materials

Nanostructured materials have received widespread considerable attention due to their extraordinary physical and chemical properties. In recent years nanomaterials with tailored morphological features and exclusive potential properties have provoked an immense interest in the range of fields including electrochemical biosensing. Electrochemical sensing significantly exploited nano-based materials as functional electrode materials in order to achieve a simple and inexpensive analytical method for the detection of biomolecules. To understand the electrochemical behavior nanomaterials including graphene, carbon nanotubes (CNTs) and nanoparticles (NPs) have been discussed in this section. Some papers demonstrate an enhanced electrochemical signal on pencil electrode that can be achieved by various nano-based modifications. The unique properties of nano-based materials accelerate electron transfer and enhance the electrochemical activity of biomolecules.

4.1.1. Graphene

Carbon materials have been widely used in electrochemical sensing because of their promising properties, including a wide potential range compared to other solid electrodes, low cost, low background and chemical inertness for biosensing in various electrolyte solutions [85,86]. In 2004 Novoselov et al. [87,88] observed that carbon sheets of a thickness of up to few atomic layers possessed electric field effects. These two dimensional (2D) sheets of sp$^2$ bonded carbon possess
uncommon electronic and electrochemical properties \([89–91]\) making it a promising candidate for electrochemical applications. There has been a significant increase in the use of graphene for electrochemical application in past years. It has been demonstrated that graphene can exhibit potential advantages including electrochemical activity, surface area compared to the other carbon materials including CNTs \([92–94]\) or glassy carbon \([95]\).

As shown in Figure 2, the graphene based electrode enhanced two to four times oxidation of signals compared to CNTS based electrode. The 2D sheet of aromatic ring is not infinite and differs according to its basal and edge planes \([96]\). However, the edge plane of graphene sheets exhibits electrochemically active sites, whereas the basal plane is considered to be electrochemically inert \([90]\). Subsequently, significant contributions have been made on graphene-based electroanalysis of oxidations of purines \([97–101]\). Zhu \textit{et al.} \([102]\) demonstrated graphene-based electrochemical determination of Ade and Gua on a modified glassy carbon electrode which not only exhibits excellent electrochemical activity for Ade and Gua bases, but also shows high selectivity, reproducibility and stability. The detection limits (based on S/N of 3) for Ade and Gua are 0.1 \(\mu\)M and 0.2 \(\mu\)M, which are more sensitive than a graphene/Nafion composite film modified glassy carbon electrode where the detection limits of Ade and Gua were determined to be 0.75 \(\mu\)M and 0.58 \(\mu\)M, respectively \([100]\). The enhanced electrochemical activity contributed to the exclusive properties of graphene including large surface area, electronic properties \([103]\).

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure2.png}
\caption{DPV of Gua (G) and Ade (A) on glassy carbon (GC), edge plane pyrolytic graphite (EPPG), stacked graphene nanofibers (SGNF), graphite microparticles (G\(\mu\)P), and MWCNT electrodes for electrochemical detection. Reproduced from [93] with permission.}
\end{figure}

More recently, Liu \textit{et al.} \([104]\) demonstrated that the polymer/graphene composite displayed excellent electrocatalytic activities for the determination of Ade and Gua nucleobases. Furthermore, Wang \textit{et al.} \([105]\) showed that increased porosity and acidic groups on the graphene surface enhanced the electrochemical detection of purines. The enhanced performance features of graphene, modified graphene, may be the result of increased edge plane defective sites, which enhances the electron transport \([106]\).
4.1.2. Carbon Nanotubes

Carbon nanotubes (CNTs) have been extensively exploited in the area of electrochemical bio-sensing [107,108]. Since the discovery of CNTs by Iijima in 1991 [109], their exceptional electrochemical properties have captivated bioanalysts to use them as electrode materials for electrochemical analysis [110,111]. CNTs comprise single or multiple layers of needle-like cylindrical hollow structures of carbon having high aspect ratios [109]. A schematic view of single-walled carbon nanotube (SWCNT) or multi-walled carbon nanotube (MWCNT) can be seen in Figure 3.

![Figure 3. Schematic representation of (A) single-walled carbon nanotubes (SWCNT) and (B) multi-walled carbon nanotubes (MWCNT).](image)

SWCNTs are nanometer diameter wrapped sheets of sp² bonded graphene [112], whereas MWCNTs are multiple rolled assemblies of SWCNT [113]. Extensive excellent reviews discuss the potential application of CNTs in the area of electrochemical detection of biomolecules due to their active participation in accelerating electron transfer [110,111,114–119]. During the last decade significant efforts have been made in using CNT-based electrochemical biosensing. The simplest strategy to fabricate CNT modified electrodes is the treatment of the electrode by a dispersion of CNT followed by evaporation of the solvent. CNT modified electrodes are highly sensitive and suitable to detect nucleobases [120]. Wu et al. demonstrated in 2003 [121] the dramatically enhanced response of Gua and Ade on CNT-modified GCE compared to the bare GCE surface. CNT allows a significant adsorption of nucleobases and apparently enhances the oxidation signals [121]. Recent studies have also demonstrated involvement of CNT to enhance the oxidation signals for electrochemical detection of nucleobases [122,123]. Goyal et al. [124] demonstrated an inexpensive and efficient tool for oxidative DNA damage detection. They observed enhanced oxidation signals of 8-hydroxyGua and Gua on a single-walled carbon nanotube (SWCNT) modified edge plane PyGE compared to the bare edge plane PyGE as shown in Figure 4. The observed limits of detection were $0.05 \times 10^{-9}$ and $0.01 \times 10^{-9}$ mol/L, respectively [124].
Furthermore, in another study they determined 2, 8-dihydroxyadenine (2,8-DHA) in order to monitor DNA damage by using an SMNT-modified edge plane pyrolytic graphite electrode. An enhanced electrochemical response with a limit of detection of Ade is 0.038 nM [125]. The extraordinary capability of CNT towards oxidation signals acts as an enhancer to invoke electrochemical detection of Gua and 8-hydroxyGua (Figure 4). It was demonstrated by Goyal and Bishnoi [125]. For reasons of clarity the determination of purine derivatives at various modified electrodes is summarized in Table 4.

4.1.3. Nanoparticles

Nanomaterials have attracted considerable attention during the last decade in various kinds of analytical methods because of their intriguing physicochemical properties different from those of bulk materials. Particles referred to as nanoparticles (NPs), usually in the range between 1 and 100 nm, which exhibit a high surface-to-volume ratio, are potential tools for various applications in biosensing [126–128]. A vast variety of metallic [129,130] and polymeric NPs [131] have been used for electrochemical biosensing. In addition, NPs of noble metals, including gold (Au) NPs, possess potential applications in the field of biosensing due to their attractive physicochemical and catalytic properties [132,133]. Detailed information can be found elsewhere [134]. NPs play a significant role in amplifying the electrochemical response. Because of their high surface energy, NPs become unstable and aggregate, and thus it is difficult to attain monodispersity. To overcome this situation NPs are capped by any suitable stabilizing agent in order to improve the stability and performance [135]. However, due to the high energy and high surface area, NPs bind to biomolecules strongly and allow them to immobilize on the surface by electrostatic or covalent interaction for various biosensor applications [129,136]. Gold NPs have been used more frequently because of biocompatibility and stability; also other NPs were used including Ag, TiO$_2$ Pt, etc. Oxidation of DNA bases highlights the first straightforward detection of DNA damage. Goyal et al. [137] used a gold NPs-modified electrode for the voltammetric determination of Guo in neutral medium. They observed an effective catalytic response towards its oxidation and estimation in the human plasma samples with good reproducibility.
Table 4. Determination of purine derivatives on modified electrodes.

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method | Application | Ref |
|-----------|--------------|------------------------------------------|-----------------|--------|-------------|-----|
| ITO       | gold nanodots | 0.25–90 µM                              | 500 nM          | CV, DPV | Ade determination in human serum | [138] |
| GCE       | Ag-PMel      | 0.1–60 µM                               | 8 nM            | CV, SWV, LSV | detection of Ade | [139] |
| GCE       | chitosan carbon nanofibers | 0.2–50 µM | 73.8 nM | CV | detection of beef kidney sample | [140] |
| Pt        | MWCNT        | -                                        | 3 µM            | LSV | detection of Ade | [141] |
| Pt        | Au NPs/graphene | -          | -          | LSV | detection of Ade | [142] |
| GCE       | Au nps       | -                                        | 4 nM            | CV, DPV | detection of Ade | [143] |
| CPE       | TiO₂-NPs-MgY/Zn | -          | 0.02 µM | CV, DPV | detection of Ade | [144] |
| GCE       | graphite nanopowder and MWCNT | -          | -          | DPV | detection of Ade in meat | [145] |
| GCE       | reduced graphene oxide | -          | 200 nM | - | detection of Ade in ssDNA | [102] |
| GCE       | reduced graphene | 20 µM oligonucleotides | - | DPV | analysis of DNA | [146] |
| GCE       | reduced graphene oxide | units to hundreds nM | - | DPV | detection of DNA | [147] |
| GCE       | multi-layer of graphene | units to tens of nM | - | - | construction of genosensors | [148] |
| GCE       | boron-doped carbon nanotubes | -          | -          | DPV | detection of DNA in the field of genetic-disease diagnosis | [70] |
| SPE       | β-cyclodextrin/poly(N-acetylaniline)/CNT | 10–1020 µM | 50 nM | - | sensor of DNA hybridization | [149] |
| GCE       | MWCNT/choline | -                                        | -              | - | simultaneous detection of DNA | [122] |
| GCE       | ssDNA and AuNP | -          | -          | CV, DPV | inhibition effect of Ade | [150] |
| GCE       | PbO₂/CNT/1-butyl-3-methylimidazolium hexafluorophosphate | -          | 30 nM | - | analysis of herring sperm DNA | [151] |
| GCE       | different chemically-modified graphene | -          | -          | DPV | device for label-free DNA analysis | [152] |
| GCE       | TiO₂-graphene nanocomposite | 0.5–200 µM | 0.1 µM | CV, DPV | electrochemical sensor of Ade | [99] |
| PyGE      | SWCNT        | 5–100 nM                                 | 3.7 nM          | SWV | Ade in human urine | [153] |
| GCE       | TiO₂ nanobelts | -                                      | -              | CV, DPV | analysis of DNA | [154] |
| GCE       | MWCNT        | -                                        | 80 nM           | LSV, CV | analysis of DNA | [155] |
| GCE       | CdS-chitosan | -                                        | nM range | DPV | analysis of DNA damage | [28] |
| graphene NF | CNT   | -                                        | -              | - | analysis of DNA | [93] |
| GCE       | DNA/MWCNT    | -                                        | -              | CV, DPV, SWV | monitoring of phenolic pollutants | [156] |
| GCE, AuE, ITO | MWCNT/poly(new fuchsin) | -          | -          | CV, DPV | | [84] |
| GCE       | β-cyclodextrin/MWCNT | -          | 0.75 nM | DPV | | [157] |
Table 4. Cont.

| Electrode | Modification                                   | Range of Linear Concentration Dependence | Detection Limit | Method | Application                                      | Ref  |
|-----------|------------------------------------------------|------------------------------------------|-----------------|--------|-------------------------------------------------|------|
| GCE       | MWCNT, AuNP                                    | 0.008–2.0 µM                             | 5 nM            | CV,    | analysis of milk, plasma and urine              | [158]|
| GCE       | Ade                                            | -                                        | 40 ng/mL        | SWV    | detection of antioxidant capacity in flavored water samples | [32] |
| GCE       | CNTs/Fe(OH)_3                                  | 220 nM                                   | CV, DPV         | analysis of DNA                               | [159]|
| GCE, CPE, AuE | MWCNT, AuNP, hydroxypropyl-β-cyclodextrin | 5–30 ng/mL                               | -               | SWV    | analysis of DNA                                 | [33] |
| GCE       | SWCNT/poly(acridine orange)                    | -                                        | 1.8 nM          | CV, DPV | simultaneous determination of Ade in DNA        | [161]|
| PyGE      | β-cyclodextrin/CNT                             | -                                        | 0.2 mg/mL       | DPV    | simultaneous or individual determination of Ade | [120]|
| SPE       | MWCNT                                         | -                                        | -               | CV     | detection DNA and RNA                           | [162]|
| GCE       | SWCNT                                         | -                                        | -               | CV, DPV| analysis of DNA                                 | [163]|
| GCE       | SWCNT                                         | -                                        | -               | CV, DPV| analysis of DNA                                 | [164]|
| ADENOSINE |                                                |                                          |                 |        |                                                 |      |
| PyGE      | SWCNT                                         | 10–100 nM                                | 7.6 nM          | SWV    | Ado in human urine                              | [153]|
| GCE       | fullerene C_{60}                               | 0.01–100 µM                              | 80 nM           |       | Ado in urine                                    | [12]  |
| GCE       | fullerene C_{60}                               | 0.5–1000 µM                              | 302 nM          | DPV    | Ado in urine and blood plasma                   | [165]|
| GCE       | fullerene C_{60}                               | 0.5 µM–1.0 mM                            | 302 nM          | DPV    | Ado in human blood plasma and urine             | [55]  |
| GUANINE   |                                                |                                          |                 |        |                                                 |      |
| ITO       | gold nanodots                                  | -                                        | 250 nM          | DPV    | Ade determination in human serum                | [138]|
| GCE       | Ag-PMel                                        | 0.1–50 µM                                | 8 nM            | CV, SWV, LSV | detection of Gua                                | [139]|
| GCE       | chitosan carbon nanofibers                     | 0.2–50 µM                                | 46.8 nM         | CV     | detection of beef kidney sample                 | [140]|
| GCE       | graphene oxide                                 | -                                        | -               | CV, DPV| determination of Gua                            | [166]|
| GCE       | Au NPS                                         | -                                        | 5 nM            | CV, DPV| detection of Gua                                | [143]|
| CPE       | TiO_{2nps-MgY/Zm}                              | -                                        | 0.013 µm        | CV, DPV| detection of gua                               | [144]|
| GCE       | MWCNT/ionic liquid/chitosan                    | 0.5–30 nM                                | 37 pM           | DPV    | detection of human immunoglobulin E            | [167]|
| PeGE      | -                                              | -                                        | 2.92 pM in 100 mL| DPV    | detection of hypermethylation of the glutathione S-transferase P1 | [43] |
| CPE       | nanostructured Pt thin film                    | 0.1–500 µM                               | 31 nM           | DPV    | determination of Gua                            | [168]|
| GCE       | reduced graphene                              | 20 µM oligonucleotides                   | -               | DPV    | analysis of DNA                                 | [146]|
| GCE       | reduced graphene oxide                        | -                                        | 150 nM          | -      | detection of Gua in ssDNA                       | [102]|
Table 4. Cont.

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method | Application | Ref |
|-----------|--------------|----------------------------------------|-----------------|--------|-------------|-----|
| GCE       | boron-doped carbon nanotubes | - | - | DPV | detection of DNA in the field of genetic-disease diagnosis | [70] |
| SPE       | β-cyclodextrin/poly(N-acetylaniline)/CNT | 10–1020 µM | 50 nM | - | sensor of DNA hybridization | [149] |
| GCE       | reduced graphene oxide | units to hundreds mM | - | DPV | detection of DNA | [147] |
| GCE       | multi-layer of graphene | units to tens of mM | - | - | construction of genosensors | [148] |
| PeGE      | polymer-ZnO nanoparticle | - | - | DPV, EIS | sequence-selective DNA hybridization | [169] |
| GCE       | MWCNT/choline | - | - | - | simultaneous detection of DNA | [122] |
| GCE       | PbO₂/CNT/1-butyl-3-methylimidazolium hexafluorophosphate | - | 6 nM | - | analysis of herring sperm DNA | [151] |
| GCE       | worm-like cobalt oxide nanostructures | 40 nM–10 µM | 3 nM | CV | determination of Gua | [170] |
| GCE       | different chemically-modified graphene | - | - | DPV | device for label-free DNA analysis | [152] |
| GCE       | poly(sulfosalicylic acid) and ssDNA | 65–1100 nM | 22 nM | EIS | analysis of nucleobases | [25] |
| GCE       | TiO₂-graphene nanocomposite | 0.5–200 µM | 0.15 µM | CV, DPV | electrochemical sensor of Ade | [99] |
| GCE       | TiO₂ nanobelts | - | - | CV, DPV | analysis of DNA | [154] |
| CPE,      | SWCNT/cobalt phthalocyanine | - | 130 nM | CV, DPV | detection of DNA hybridization | [171] |
| GCE       | MWCNT | - | 20 nM | LSV, CV | analysis of DNA | [155] |
| PeGE      | SnO₂ NPS-poly (vinylferrocenium) | - | - | DPV | DNA hybridization | [172] |
| PyGE, HOPG | - | - | - | CV | electrode reaction mechanism of Gua | [17] |
| PeGE      | - | - | - | DPV | DNA interaction with Pd and Pt complexes | [26] |
| PyGE      | SWCNT | - | - | 0.17 nM | simultaneous determination of Gua and 8-hydroxyguanine | [124] |
| GCE       | CdS-chitosan | - | nM range | DPV | analysis of DNA damage | [28] |
| graphene NF | CNT | - | - | - | analysis of DNA | [93] |
| GCE       | SWCNT | 40–110 nM | 3 nM | - | DNA hybridization biosensor | [173] |
| GCE       | MWCNT | - | - | - | Gua in human prostate cancer (PC-3) cell suspension | [174] |
| GCE       | DNA/MWCNT | - | - | CV, DPV, SWV | monitoring of phenolic pollutants | [156] |
| GCE, AuE, ITO | MWCNT/poly(neofuchsin) | - | - | CV, DPV | - | [84] |
| GCE       | β-cyclodextrin/MWCNT | - | 0.75 nM | DPV | - | [157] |
| SAE, PtE, AuE, GCE | - | - | - | - | construction of electrochemical multisensors | [31] |
| PeGE      | SWCNT | - | - | DPV, EIS | interaction between daunorubicin and dsDNA | [175] |
### Table 4. Cont.

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method       | Application                                                                 | Ref |
|-----------|--------------|------------------------------------------|-----------------|--------------|-----------------------------------------------------------------------------|-----|
| GCE       | MWCNT, Au NPS | 0.008–2.0 µM                              | 5 nM            | CV           | analysis of milk, plasma and urine                                          | [158]|
| CPE       | molybdenum (VI) complex-TiO<sub>2</sub> nanoparticle | 7.0–200 nM                             | 3.4 nM          | CV, DPV, CPA, CHC              | detection of Gua at nanomolar levels                                      | [176]|
| GCE       | CNTs/La(OH)<sub>3</sub> | -                                        | 260 nM          | CV, DPV      | analysis of DNA                                                             | [159]|
| GCE, AuE, TOE | MWCNT, Au NPS, hydroxypropyl-β-cyclodextrin | -                                        | -              | CV                      | electrochemical characterizations and surface morphology studies            | [160]|
| GCE       | SWCNT/poly(acridine orange) | -                                        | 0.9 nM          | CV, DPV      | simultaneous determination of Ade in DNA                                    | [161]|
| PyGE      | β-cyclodextrin/CNT | -                                        | 0.1 mg/mL       | DPV          | simultaneous or individual determination of Ade                             | [120]|
| GCE       | Carbon<sub>90</sub> | 0.5–100 µM                              | 60 nM           | CV           | determination of Gua                                                        | [165]|
| SPE       | MWCNT        | -                                        | -              | CV           | detection DNA and RNA                                                       | [162]|
| GCE       | SWCNT        | -                                        | -              | CV, DPV      | analysis of DNA                                                             | [163]|
| nano electrode arrays | MWCNT nano electrode arrays embedded in an SiO<sub>2</sub> matrix | -                                        | -              | -                        | disposable chips for rapid molecular analysis based on the Gua oxidation   | [177]|
| GCE       | SWCNT        | -                                        | -              | CV, DPV      | analysis of DNA                                                             | [164]|
| nano electrode arrays | MWCNT nano electrode arrays embedded in an SiO<sub>2</sub> matrix | -                                        | -              | -                        | detection of DNA PCR amplicons                                            | [178]|

**XANTHINE**

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method       | Application                                                                 | Ref |
|-----------|--------------|------------------------------------------|-----------------|--------------|-----------------------------------------------------------------------------|-----|
| GCE       | luteolin/MWCNT | -                                        | 0.65 µM         | CV, DPV      | detection of xanthine                                                      | [179]|
| GCE       | MWCNT        | 0.2–10 µM                                | 0.1 µM          | CV           | detection of xanthine                                                      | [180]|
| GCE       | PAP/RGO      | -                                        | 0.5µM           | CV           | detection of xanthine                                                      | [181]|
| GCE       | poly (pyrocatechol violet)/carboxyl MWCNT | -                                        | 500 nM          | DPV          | human serum samples                                                        | [40] |
| ultra-thin CPE | SWCNT/poly(azure I) | 0.2–100 µM                             | 600 nM          | CV           | human urine samples                                                        | [182]|
| GCE       | MWCNT, SWCNT | 200 µM                                   | 134 nM          | DPV          | fish samples                                                               | [183]|

**HYPOXANTHINE**

| Electrode | Modification | Range of Linear Concentration Dependence | Detection Limit | Method       | Application                                                                 | Ref |
|-----------|--------------|------------------------------------------|-----------------|--------------|-----------------------------------------------------------------------------|-----|
| GCE       | reduced graphene oxide attached through 1,6-hexadiamine | -                                        | 320 nM          | DPV          | human blood plasma and urine                                               | [184]|
| GCE       | poly(L-arginine)/graphene composite film | 0.20–20 µM                              | 10 nM           | DPV          | hypoxan in human urine                                                     | [185]|
| GCE       | poly (pyrocatechol violet)/carboxyl MWCNT | -                                        | 20 nM           | DPV          | human serum samples                                                        | [40] |
| ultra-thin CPE | SWCNT/poly(azure I) | 0.4–100 µM                             | 28 nM           | CV           | human urine samples                                                        | [182]|
| GCE       | MWCNT, SWCNT | 150 µM                                   | 2.87 µM         | DPV          | fish samples                                                               | [183]|

*GCE* - Glassy carbon electrode
*CPE* - Carbon paste electrode
*PyGE* - Pyrolytic graphite electrode
*SPE* - Screen printed electrode
*MWCNT* - Multiwalled carbon nanotube
*SWCNT* - Single walled carbon nanotube
*β-cyclodextrin* - β-cyclodextrin
*XANTHINE* - Xanthine
*HYPOXANTHINE* - Hypoxanthine
*CV* - Cyclic voltammetry
*DPV* - Differential pulse voltammetry
*CPA* - Cyclic polarography
*CHC* - Cyclic heterogeneous catalysis
*Ref* - Reference number
The achieved LOD was 0.98 µM. Later, Goyal et al. [55] demonstrated a fullerene-C₆₀ modified GCE for the concurrent determination of Gua and Ade. The LODs achieved were 0.14 µM and 0.3 µM, respectively. The observed detection limits were rather high. However, Xiao et al. [186] used a novel composite film by electrochemically coupling Au NPs on OMIMPF₆-MWCNT film coated GCE for the simultaneous determination of Gua and Ade. The LODs achieved were 0.005 µM for both nucleobases.

Furthermore, Fan et al. [99] demonstrated a titanium oxide TiO₂/graphene nanocomposite for electrochemical sensing of purine nucleobases—Ade and Gua. The NPs and graphene together enhanced the electrochemical activity and voltammetric response and the LODs achieved were 0.10 and 0.15 µM for Ade and Gua, respectively. The TiO₂/graphene composite plays an essential role for enhancing the electrochemical activity of purine nucleobases. The enhanced voltammetric oxidation signals by TiO₂/graphene nanocomposite significantly facilitate the electron transport and provoke the electrochemical signals of Ade and Gua [99]. El-Said et al. [138] developed an electrochemical sensor for the electrochemical detection of Ade and Gua and an excellent electrocatalytic activity was accomplished with a LOD of Ade (500 nM) and Gua (250 nM). Recently, Li et al. fabricated an electrochemical biosensor by electropolymerizing Ag ions and melamine monomer on the GCE surface (Ag-PMel/GCE) for the simultaneous determination of Ade and Gua. The electrochemical oxidative behavior of both purines was investigated by LSV and SWV. The achieved LODs were 8 nM for Ade and Gua [139]. Nanosilver possesses important characteristics as a metal nanomaterial, including the unique property of accelerating electron transport and biocompatibility, which allow electrostatic electron transfer with the electrode.

4.2. Self-Assembled Monolayers (SAMs)

Spontaneously arranged molecular assemblies of organic molecules in liquid phase or gas phase onto solid surfaces form self-assembled monolayers (SAMs). This provides a surface modification in a convenient and flexible way by readily lowering the surface-free energy of the substrate [187]. The molecules involved to form SAMs possess a distinct affinity with the substrate. The molecules adsorbed on the surface consist of a head group which facilitates interaction with the substrate. A broadly studied class of SAMs comes from adsorption of alkanethiols on gold [188,189]. Sowerby et al. [190] demonstrated a self-assembled monolayer of Ade and Gua on graphite.

Zou et al. [23] developed a voltammetric sensor for Ade and Gua by using GCE modified with tetraoxocalix[2]arene[2]triazine and observed a detection limit for Gua equal to 0.08 µM, whereas Jeevagan et al. [191] modified the GCE surface by using SAMs of 1,8,15,22-tetraaminophthalocyanato nickel(II) (4α-NiII-TAPc) and achieved an enhanced electrocatalytic activity with a detection limit of 0.03 µM. The SAMs enhance the oxidation signals of Gua by enhancing its oxidation current in contrast to the bare electrode.

4.3. Metallic Ions

When copper (II) is reduced in the presence of some purine derivatives to copper (I), it can react with these ligands forming a complex compound. The product of this electroreduction has limited stability but can be accumulated on the electrode surface. By changing the electrode potential in the positive direction the Cu (I) is oxidized back to Cu (II), thus giving rise to an oxidation voltammetric
peak reflecting the presence of copper in the solution. When the purine derivative studied provides an oxidation signal in the absence of Cu (II) and then this signal is simultaneously enhanced in the presence of Cu (II), thus reflecting the amount of purine derivatives in the solution. The former peak appears at a less positive potential (ca. 0.4 V in neutral or slightly acidic medium) due to the dissolution of the Cu (I)-purine complex being formed at the electrode at a sufficient starting potential and accumulation time, the latter peak being located close to the original oxidation signal of analyzed purine (Figure 5).

**Figure 5.** Voltammetric responses of oxidation processes of Cu(I)-purine complexes and their corresponding purines on pencil graphite electrodes (PeGEs).

In the case of Xan, an electrochemical anodic stripping procedure for ultra-trace assay in the presence of Cu(II) at a glassy carbon electrode (GCE) was described [58]. The Cu (I)-Xan compound accumulated on the GCE was again dissolved by the oxidation of Cu (I) to Cu (II) and the concentration of Xan in the vicinity of the GCE increased. The results enabled us to use the measurement of the oxidation peak current as the basis of a simple, accurate and rapid method of Xan determination [58]. Differences between voltammetric signals of Ade and Xan depending on the absence and presence of Cu (II) are shown in Figure 6.

Our approach in electrochemical analysis of purine derivatives in the presence of copper is frequently based on the adsorptive stripping voltammetric (AdSV) technique in connection with elimination voltammetry with linear scan (EVLS) [192–196]. It has been known that AdSV enables
measurements in a low concentration of analytes using its enhancement at the electrode by adsorptive forces. On the other hand, EVLS is a data-processing technique, which enables the elimination of selected partial voltammetric currents and the conservation of another one contributing to the increase of current sensitivity, expansion of the electrode potential range (potential window), and separation of overlapped voltammetric signals. The basic idea of the elimination procedure is based on the different dependencies of various voltammetric current components on the scan rate. The elimination result can be achieved by a function obtained by linear combination of total voltammetric currents measured at different scan rates [192–196].

![Figure 6. Linear sweep voltammograms of Ade (A) and Xan (B) in the absence (black line) or presence (red line) of Cu(II) ions. Acetate buffer pH 5.1; scan rate 800 mV/s; c_{Ade} = 20 \mu M, c_{Xan} = 20 \mu M, c_{Cu(II)} = 20 \mu M.](image)

In our previous papers we showed that analysis of purine nucleobases and their derivatives is possible at different carbon electrodes. We proved that on a paraffin-impregnated graphite electrode (PIGE) in chloride or bromide solutions (pH 6), the redox process of Cu(II) proceeds with two cathodic and two anodic potentially separated signals [197]. According to the elimination function E4, eliminating the kinetic and capacitive current components and conserving the diffuse current component provides the possibility of increasing current sensitivity and changing peaks into well-readable peak-counterpeaks [197]. It was suggested that the first cathodic peak corresponds to the reduction Cu(II) + e\(^-\) \rightarrow Cu(I) with the possibility of fast disproportionation 2Cu(I) \rightarrow Cu(II) + Cu(0). The E4 of the second cathodic peak signalized an electrode process controlled by a surface reaction. Anodic stripping voltammetry (ASV) on PIGE was carried out at potentials where the reduction of copper ions took place and Cu(I)-purine complexes were formed. By using ASV and CSV in combination with EVLS, the sensitivity of Cu(I)-purine complex detection was enhanced relative to either ASV or CSV alone, resulting in higher peak currents of more than one order of magnitude. Our results showed that EVLS in connection with the stripping procedure is useful for both qualitative and quantitative microanalysis of purine derivatives and can also reveal details of the electrode processes studied [197].
On the other hand, for electrochemical analysis of aminopurines (Ade, 2-aminopurine, 2,6-diaminopurine) and their complexes with Cu(I) we used a pencil graphite electrode (PeGE). The anodic process of the sparingly soluble Cu(I)-aminopurine complex, corresponding to the oxidation of Cu(I) to Cu(II), takes place in the potential range between 0.4 and 0.5 V. At more positive potentials the aminopurines provide voltammetric peaks in the order 2,6-diaminopurine (~0.85 V), 2-aminopurine (~1.0 V), and adenine (~1.10 V), resulting from the oxidation of the purine ring. The appropriate complex of Cu(I)-aminopurine has a synergic effect on the height of these peaks. The stability of the accumulated complex layer was investigated by the adsorptive transfer stripping technique. The results showed that PeGE in connection with EVLS can be an excellent prototype for a cheap and fast-working sensor for aminopurines in the presence of copper [198].

Quite recently, we analyzed at the same electrode voltammetric responses of Xan and its N-methyl derivatives (1-mXan, 3-mXan, 7-m Xan, 9-mXan) in the presence of Cu(II) ions. For electroanalytical monitoring, linear sweep voltammetry (LSV) and cyclic voltammetry (CV) in connection with the EVLS were used. All substances are oxidized on PeGE providing oxidation peaks in the absence of Cu(II) between 0.83 V (Xan) and 1.08 V (7-mXan). Electrochemically produced Cu(I) ions give rise to new oxidation peaks corresponding to the oxidation of the Cu(I)-purine complex at less positive potentials between 0.32 V (9-mXan) and 0.41 V (Xan), while the former oxidation purine peaks are significantly increased. Peak-counterpeak EVLS signals reflect the irreversible charge transfer processes proceeding in an adsorbed state, and this fact confirms the suggested mechanism of electrode processes. The effect of scan rate was studied in order to evaluate the nature of the oxidation peak and to estimate kinetic parameters such as the charge transfer coefficient and the heterogeneous rate constant. The position of the methyl group on the Xan skeleton is responsible not only for changes of oxidation peak height and peak potentials but also for the mechanism of the corresponding oxidation processes [199].

PeGE was also used for voltammetric study of the 6-benzylaminopurine (BAP)/Cu(I) system. On the case of BAP, which is an adenine-type cytokinin that elicits cell division in plants and possesses antitumor activity when forming complexes with different transition metal ions as Cu(I) [200], it was shown that electrochemical analysis in connection with EVLS allows to propose the stoichiometry of the possible complexes formed and the mechanism for total electrode reactions of the BAP/Cu(I) system.

Ade detection was also performed at a nanostructured copper electrode prepared by electropolating in a porous membrane and characterized by several other methods including scanning electron microscopy, energy-dispersive X-ray spectroscopy, and electrochemical impedance spectroscopy. The research on the nanostructured copper electrode contributes to the development of advanced biosensors, which could be an environmentally safe alternative to mercury for the detection of adenine by voltammetric techniques [201].

5. Conclusions and Future Perspectives

Achieving high sensitivity, selectivity and cost effectiveness has always been the primary goal to design biosensing methods. Electroanalytical methods are simple, sensitive, fast, cost-effective, reliable, and efficient compared to other analytical methods. As we have summarized in this review, the integration of surface modification has opened up new possibilities in the field of electrochemical biosensing.
Figure 7 shows the range of diversities in electrochemical methods starting from buffer solution, different types of electrode with surface modifications, and indicates a very sophisticated system which needs to be more characterized at each level.

Figure 7. Application of electrochemical sensing of purine nucleobases and their analogues.

Nanomaterials provide an outstanding advantage over other types of modifications due to their outstanding electrochemical properties. From many papers it follows that any sensitive detection of purine derivatives is related to structure and chemistry on the electrode surface. It is desirable to know how the molecules are arranged on electrode surfaces and how these molecules interact with the electrode surface, i.e., how they are distributed and whether the interaction between analytes and functionalized solid electrodes is strong enough to provide stability. Moreover, we need more efforts to develop an understanding of what happens at the molecular level during analyte/electrode surface interaction. Besides the range of electrodes, carbon electrodes have been used most extensively and also carbon nanomaterials have been used for modification. The critical point is besides the evident differences between carbon nanomaterials (SWCNTs, MWCNTs and graphene); the results obtained from different experiments apparently cause confusion and problems in designing an efficient electrochemical system for biosensing. There is a need, in order to develop a robust biosensing approach, to focus and concentrate on the characterization of carbon materials with different carbon nanomaterial functionalization. Obviously, the complications arisen from heterogeneous carbon nanomaterials will undoubtedly advance our understanding and therefore will increase our understanding to develop possible applications in the field of biosensing.

Acknowledgment

This research was supported by the following projects: LH 13053 KONTAKT II of the Ministry of Education, Youth, and Sports of the Czech Republic (MEYS CR), SIX CZ.1.05/2.1.00/03.0072, and
the Project Postdoc I, reg. No. CZ.1.07/2.3.00/30.0009 which is co-financed by the European Social Fund and the state budget of the Czech Republic.

**Abbreviations**

Ade adenine  
Ado adenosine  
AMP adenosine monophosphate  
AuE gold electrode  
BAP 6-benzylaminopurine  
BDD boron doped diamond  
BDDE boron-doped diamond electrode  
CILE carbon ionic liquid electrode  
CNT carbon nanotubes  
CV cyclic voltammetry  
DPV differential pulse voltammetry  
EIS electrochemical impedance spectroscopy  
GCE glassy carbon electrode  
Gua guanine  
Guo guanosine  
Ino inosine  
ITO indium tin oxide  
LOD limit of detection  
MWCNT multi-walled carbon nanotubes  
NPs nanoparticles  
ODN oligodeoxynucleotide  
PeGE pencil graphite electrode  
PtE platinum electrode  
PyGE pyrolytic graphite electrode  
SAE solid amalgam electrode  
SAM self-assembled monolayer  
SPE screen-printed electrode  
SQV square-wave voltammetry  
SWCNT single-walled carbon nanotubes  
Xan xanthine  
Xao xanthosine

**Conflicts of Interest**

The authors declare no conflict of interest.
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