Automatic Detection of B-lines in Lung Ultrasound Videos From Severe Dengue Patients

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ABSTRACT
Lung ultrasound (LUS) imaging is used to assess lung abnormalities, including the presence of B-line artefacts due to fluid leakage into the lungs caused by a variety of diseases. However, manual detection of these artefacts is challenging. In this paper, we propose a novel methodology to automatically detect and localize B-lines in LUS videos using deep neural networks trained with weak labels. To this end, we combine a convolutional neural network (CNN) with a long short-term memory (LSTM) network and a temporal attention mechanism. Four different models are compared using data from 60 patients. Results show that our best model can determine whether one-second clips contain B-lines or not with an F1 score of 0.81, and extracts a representative frame with B-lines with an accuracy of 87.5%.

Index Terms— Lung ultrasound (LUS), video analysis, classification

1. INTRODUCTION
Ultrasound imaging is gaining popularity for real-time patient management in the intensive care units (ICU) because it is mobile, fast, non-invasive, safe for patients and relatively inexpensive. Specifically, lung ultrasound (LUS) is becoming the reference modality for rapid lung assessment but unlike all other ultrasound imaging applications, the purpose of LUS is to capture image artefacts that indicate a pulmonary abnormality, including features of extravascular lung water such as oedema and effusions \cite{1}. Fluid leakage is one of the characteristic clinical features of severe dengue and accurate assessment of this is critical for dengue patient care \cite{2}. To this end, ultrasound imaging can be used to assess leakage through the presence and appearance of B-lines (e.g. Fig.1, frame 12), bright lines extending from the surface of the lung distally following the direction of propagation of the sound waves. These lines appear and disappear during the respiratory cycle and may be found only in some regions of the affected lung \cite{3}. As a result, manually detecting these lines is a very challenging task, particularly for inexperienced operators.

Recent advances in computer vision, machine learning and particularly deep learning have brought great advances in challenging computer vision tasks such as classification and object detection. Applied to medical imaging, these tasks could help automate problems such as B-line detection in LUS. Despite the wide use of such techniques to more common applications of ultrasound imaging, very few works, and very recently only, have been published on automatic analysis of LUS images. Related work can be organised in two categories: detection of B-lines (or other artefacts) in an image; and segmentation or localisation of lung lesions in an image.

The first category of methods use classification techniques to detect B-lines in individual LUS frames. For example, Sloun et al. \cite{4} applied classification and weakly-supervised localization of B-lines to LUS from COVID-19 patients. A fully convolutional network was trained to recognize abnormality in images, followed by class activation maps (CAMs) \cite{5} to produce a weakly-supervised segmentation map of the input. Unlike \cite{4} that used CAMs for localization, Roy et al. \cite{6} exploited a spatial transformer network for weakly-supervised localization. Further, they proposed an ordinal regression to predict the presence of COVID-19 related artefacts and a score connected to the disease severity. In another study \cite{7}, a single-shot CNN was employed to predict bounding boxes for B-lines. All these methods classify one frame at a time, either requiring a method to extract a frame from the ultrasound stream first, or needing a method to unify a prediction from all predictions done on individual frames from one
The second category of methods is focused on using attention mechanisms, particularly on CT and x-ray lung images. A residual attention U-Net for multi-class segmentation of COVID-19 Chest CT images was proposed by Chen et al. [8]. Similar architecture was applied by Gaal et al. [9] but for x-ray lung segmentation of pneumonia. In [10], a 3D CNN network with online attention refinement and dual-sampling strategy was developed to distinguish COVID-19 from the pneumonia in chest CT images. A lesion-attention deep neural network (LA-DNN) was proposed by [11], learning two tasks: a primary binary classification task on presence of COVID-19 and an auxiliary multi-label attention learning task on five lesions. It was shown that the auxiliary task promotes the primary task to focus attention on the lesion areas and consequently improve the classification performance.

In all the mentioned studies, CAMs and attention mechanisms have been used for the spatial localization of lung lesions. Differently, we leverage temporal analysis networks and use attention to find and localize the most important frames (i.e. B-line frames) within a video that contains B-lines. Indeed, B-line artefacts appear at arbitrary frames within a LUS video, hence the ability to first detect whether there are B-line frames in the video or not is essential for clinical applicability. A variety of classical models [12][13] have been applied for temporal context modeling. Most recently, RNNs and particularly LSTM have become popular due to their ability for end-to-end training when combined with CNN. Several recent studies incorporated spatial/optical-flow CNN features with LSTM models for global temporal modeling of videos [14][15]. We also incorporate CNN features with LSTM for LUS video classification. However, we use a new variant of the LSTM model equipped with an attention network that allows it to focus and highlight B-lines artefacts as discriminative frames in the ultrasound video.

In summary, the novel contributions of this paper are: 1) analysis of ultrasound videos, instead of ultrasound frames, exploiting temporal information that captures the dynamic nature of the underlying anatomy; and 2) utilization of temporal attention to localise in time the video frames where B-lines are shown.

2. MODEL ARCHITECTURE

The overall model architecture is shown in Fig. 2. It consists mainly of three parts: convolutional neural network (CNN), bidirectional long short-term memory (LSTM) network and temporal attention mechanism.

The input to the model is a sequence of N frames that is represented using a matrix of $X = (x_0, ..., x_N), X \in R^D$. Spatial features are extracted from this sequence using the CNN model described below. The CNN architecture (shown in Fig. 2b) consists of four layers of convolution with ReLU activation, and two max-poolings. Each convolution filter uses $3 \times 3$ kernels with unit stride. A fully connected layer is used at the end to produce a 256-dimensional feature vector to represent each frame in the input video. Then, this feature vector is passed as input to the bidirectional LSTM to extract temporal features. We use a bidirectional LSTM with 16 hidden units and tanh activation function. The LSTM outputs are then passed to the attention network to generate an attention score. We adopt the temporal attention mechanism proposed by Bahdanau et al. [16] for neural machine translation. Specifically, this attention model computes an attention score $e_t$ for each attended frame $h$ at time step $t$:

$$e_t = h_t w_a$$  \hspace{1cm} (1)
Here $h_t$ is the representation of the frame at time step $t$ and $w_{at}$ is the weight matrix for the attention layer. From the attention score $e_t$, an importance attention weight $a_t$ is computed for each frame at each time $t$:

$$a_t = \frac{\exp(e_t)}{\sum_{i=1}^{T} \exp(e_i)}$$

The importance attention weights are multiplied by the feature vector output by the LSTM, hence effectively learning which frame of the video to pay attention to. A higher attention weight reflects a more discriminative value of the frame with respect to the B-line detection task. The attention-weighted temporal feature vector is averaged over time, $\bar{A} = \frac{1}{n} \sum_{i=1}^{n} A_i$, and passed to a fully connected layer for the final LUS video classification.

3. DATA, MATERIALS AND EXPERIMENTS

In this section, the data collection procedure and materials used are first explained. Then, experiments and evaluation criteria are presented.

3.1. Data

The LUS exams were carried out using a Sonosite M-Turbo machine (Fujifilm Sonosite, Inc., Bothell, WA) with a low-medium frequency (3.5-5 MHz) convex probe by qualified sonographers. LUS was performed using a standardised operating procedure based on the Kigali ARDS protocol [17]: assessment for B-lines [18][19], consolidation and pleural effusion, performed at 6 points on each side of the chest (2 anterior, 2 lateral and 2 posterolateral).

For this study, data from 60 patients were acquired between June 2019 and June 2020. Each patient had an average five LUS examinations, totaling 298 examinations. The video resolution was $640 \times 480$ with a frame rate of 30fps. The acquired dataset has about five hours LUS video data containing B-line and non-B-line videos. Four-seconds clips at each acoustic window were stored as AV[1] format and fully anonymised through masking. These video clips were annotated by a qualified sonographer using the VGG annotator tool [20]. The annotation procedure was performed by assigning a label (either B-line or non-B-line) to each video clip and then localizing the B-line frames in the B-line videos. Then, the annotation output was saved in JSON[2] format ready to be used by the model. For the model training, each four-seconds clip was converted into shorter clips of one second with an overlap of 20 percent between consecutive frames in the video.

3.2. Materials and Implementation Details

The proposed model was implemented using Keras library with a Tensorflow backend. The standard Adam optimizer was used for the network optimization with the learning rate set to 0.0001. A batch size of 20 and batch normalization were utilized for both convolutional and LSTM network layers. Dropout of 0.2 and $L2 = 10^{-5}$ for regularization were considered. During the training stage, all the input videos were resized to $64 \times 64$ video clips. The dataset was augmented by adding horizontally-flipped frames to the training data. We used 5-fold cross validation and trained the network.
3.3. Experiments

As an evaluation metric for the classification task, precision, recall, and F1 score were reported. Intersection Over Union (IoU) of the predicted and ground truth temporal labels was used as the attention error metric.

To evaluate the potential benefit of exploiting temporal information and the effectiveness of the attention mechanism, four model architectures were compared: as a baseline, 2D convolutions in the initial CNN subnet followed by temporal attention module and no LSTM (C2D+A); a model with 3D convolutions in the CNN subnet followed by temporal attention and no LSTM (C3D+A); a model with 2D CNN followed by LSTM (C2D+LSTM); and last, a model with 2D CNN followed by LSTM and temporal attention (C2D+LSTM+A).

3.4. Results

Results on our LUS video dataset are presented in Table 1. As it is shown, C2D+A model has the least F1 score because it cannot model the temporal aspect of the data with 2D CNN and no recursion over time. Using C3D+A model, the performance improves which shows the ability of C3D+A structure for modelling the temporal aspect of the data but with a short context span over time. However, adding LSTM to C2D model (C2D+LSTM) indicates that LSTM part of the model is crucial for the final performance as it considers long temporal progression of the LUS video data. Finally, C2D+LSTM+A model outperforms the other models and shows that with the temporal attention mechanism F1 score improved from 0.79 (in C2D+LSTM) to 0.81 (+ 0.02).

This experiment demonstrates that all the sub-components of the proposed method contribute to the final performance improvement.

### Table 1. Precision, Recall and F1 score results on the LUS video dataset using different models.

| Model         | Precision | Recall | F1  |
|---------------|-----------|--------|-----|
| C2D+A         | 0.57      | 0.61   | 0.58|
| C3D+A         | 0.73      | 0.82   | 0.77|
| C2D+LSTM      | 0.75      | 0.85   | 0.79|
| C2D+LSTM+A    | 0.76      | 0.89   | 0.81|

Besides improving the classification performance, it is shown that the temporal attention mechanism is able to highlight discriminative frames that contain B-lines quantitatively in Table 2. These predicted temporal localized frames are compared with the ground truth annotation at different IoU thresholds, achieving an accuracy of up to 67.1%. To illustrate the meaning of this number, the example shown in Fig. 1 had an IoU of 78%. Further, the representative frame with B-lines (i.e. a frame with the highest attention weight) was identified on the test set with the accuracy of 87.5%. This is useful to automatically provide clinicians with insight to localize B-lines in the LUS video. Temporal attention results are visualized in Fig. 1. The figure shows a representative example of attention weight values on a sample LUS video containing B-line and non-B-line frames. Seven frame samples were picked that show a variety of attention weights. It shows that temporal attention module is able to automatically detect important frames and to avoid frames corresponding to non-B-line frames, which maybe irrelevant after we know there are B-lines in the sequence.

### Table 2. B-line localization accuracy (%) at different IoU α’s.

| IoU   | α=0.1 | α=0.2 | α=0.3 | α=0.4 |
|-------|-------|-------|-------|-------|
| C2D+A | 36.2  | 31.4  | 28.6  | 22.4  |
| C3D+A | 63.3  | 61.1  | 54.0  | 45.7  |
| C2D+LSTM+A | 67.1  | 65.3  | 54.5  | 49.5  |

4. CONCLUSION

We have proposed an attention-based convolutional+LSTM model capable of detecting the B-line artefacts and localizing them within LUS videos. This architecture allows us to capture features from both spatial and temporal dimensions. Further, the temporal attention mechanism enables the localization of B-line frames. The performance of this model was evaluated on our LUS video dataset and showed classification F1 score of 0.81 and B-line localization accuracy of 67.1%. These results demonstrate the efficacy of our approach and are consistent with qualitative analysis via visual inspection of the calculated attentions, which highlight frames with the most salient B-lines in the video.

Future work includes investigating more accurate spatial feature extractors such as VGG19 [21] and ResNet101 [22] architectures that will likely lead to better overall performance. In addition, it is interesting to add a spatial attention mechanism to the model to detect B-line regions in the LUS video along with the B-line frames, which is the first step towards the quantification of the severity of the disease. Further, architectures like temporal convolutional networks [23] that have worked well in other domains for sequence modeling could be applied to LUS video analysis. Overall, our results on the automation of B-Line detection using LUS will assist the fluid status assessment and management of patients with dengue and other diseases, especially for users with less ultrasound expertise.

5. COMPLIANCE WITH ETHICAL STANDARDS

This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the Ethics
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