Comparison of the pharmacodynamic profiles of a biosimilar filgrastim and Amgen filgrastim: results from a randomized, phase I trial

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Abstract Further to the patent expiry of Neupogen® (Amgen filgrastim), Hospira has developed a biosimilar filgrastim (Nivestim™) that may offer a clinically effective alternative for multiple hematologic and oncologic indications. Here results are reported from a phase I trial, primarily designed to compare the pharmacodynamic profiles of Hospira filgrastim and Amgen filgrastim. A phase I, single-center, double-blind, randomized trial was undertaken to demonstrate equivalence of the pharmacodynamic characteristics of Hospira filgrastim and Amgen filgrastim. Fifty healthy volunteers were randomized to receive 5 or 10 µg/kg dosing, before further randomization to treatment sequence. All volunteers received five daily subcutaneous doses of Hospira filgrastim or Neupogen, with subsequent crossover to the alternative treatment. Bioequivalence was evaluated by analysis of variance; if the estimated 90% confidence intervals (CIs) for the ratio of ‘test’ to ‘reference’ treatment means were within the conventional equivalence limits of 0.80–1.25, then bioequivalence was concluded. Forty-eight volunteers completed the study. Geometric mean absolute neutrophil count area under the curve from time 0 to the last time point at day 5 (primary endpoint) was comparable in volunteers given Hospira filgrastim or Amgen filgrastim at 5 µg/kg (ratio of means, 0.98; 90% CI, 0.92–1.05) or 10 µg/kg (ratio, 0.97; 90% CI, 0.93–1.01); 90% CIs were within the predefined range necessary to demonstrate bioequivalence. Hospira filgrastim was well tolerated with no additional safety concerns over Amgen filgrastim. Hospira filgrastim is bioequivalent with Amgen filgrastim with regard to its pharmacodynamic characteristics.

Keywords Filgrastim · Biosimilar · G-CSF · Neutropenia

Introduction

Recombinant granulocyte colony-stimulating factor (G-CSF; filgrastim) has formed an integral part of supportive therapy across multiple oncologic and hematologic indications under the trade name Neupogen® (Amgen filgrastim; Amgen Inc., Thousand Oaks, CA, USA) [1–3]. Hospira has developed a biosimilar version of filgrastim (Hospira filgrastim, Nivestim™), which could potentially provide a clinically effective alternative to Amgen filgrastim.

The current use of Amgen filgrastim and the early development of Hospira filgrastim have been described previously in this journal as part of a study that demonstrated the bioequivalence of the two filgrastims in terms of their pharmacokinetic (PK) characteristics [4]. This published study was the first of two randomized, phase I trials conducted to compare the properties of Hospira filgrastim and Amgen filgrastim in healthy volunteers.
Here we report results from the second randomized, phase I trial, which was primarily designed to compare the pharmacodynamic (PD) profiles of Hospira filgrastim and Amgen filgrastim following administration of multiple, consecutive subcutaneous (s.c.) doses at two dose levels (5 or 10 µg/kg). PK and safety assessments were secondary objectives of the study.

Design and methods

Eligibility

The study protocols and all amendments were approved by a local research ethics committee and the UK Medicines and Healthcare Products Regulatory Agency. All volunteers gave written informed consent before any study-specific procedures were undertaken. Volunteers were free to withdraw from the study at any time.

Healthy, non-smoking, male or female volunteers aged 18–50 years, with a body mass index of 19–30 kg/m² and a body weight of 50–110 kg, were recruited. Exclusion criteria were identical to those described for the previously reported phase I PK study of Hospira filgrastim, except for those specifically relating to i.v. drug administration [4]. Concurrent use of prescription or over-the-counter medicines (excluding hormonal contraceptives and occasional use of paracetamol) was not permitted. Similarly, caffeine- and alcohol-containing beverages were not allowed during the assessment periods or in the 24 h prior to first dose.

Study design and outcomes

Volunteers were treated at Charles River Clinical Services, Edinburgh, UK, between November 2, 2006 and January 24, 2007, as part of a randomized, double-blind, comparator-controlled, two-way, crossover trial. Volunteers were randomized to one of two dose levels (5 or 10 µg/kg) before further randomization to order of agent administration. An initial screening period of up to 21 days was followed by two 10-day assessment periods, separated by a washout period of at least 13 days. Volunteers received a total of five s.c. injections of Hospira filgrastim (at one of the two doses) or Amgen filgrastim (at a matching dose level) over five consecutive days, at approximately the same time each day, with crossover to the alternative study drug in the second assessment period. Randomization was performed according to a computer-generated randomization list, produced by Constella Group Ltd, Abingdon, UK. Conditions relating to provision of meals, fasting periods, overnight stays, and levels of permitted physical activity were standardized throughout.

The primary endpoint was absolute neutrophil count (ANC) area under the curve from time 0 to the last time point ($AUC_{0-T}$) at day 5, while secondary endpoints included ANC time at which maximum observed plasma concentration ($C_{max}$) occurred ($T_{max}$), $ANC_{max}$, $ANC_{min}$, and CD34+ cell count, also at day 5. Secondary PK endpoints included $C_{max}$, minimum concentration observed ($C_{min}$), $T_{max}$, elimination half life ($T_{1/2}$), $AUC_{0-T}$ from time 0 to 24 h ($AUC_{0-24}$) h, $AUC$ from 0 to infinity ($AUC_{0-\infty}$), terminal elimination rate constant ($\lambda_e$), and clearance for plasma concentration of G-CSF at day 5. Safety was also assessed.

Blood samples were collected for measurement of plasma G-CSF at −1 h on days 1–4 and at −1, 0.25, 0.5, 0.75, 1, 2, 3, 4, 6, 8, 10, 12, 16, and 24 h post dose on day 5 of each assessment period. For PD (ANC) analysis, samples were collected at −1 h on days 1–4 and at −1, 0.5, 1, 2, 4, 6, 8, 24, 48, 72, 96, and 120 h following dose administration on day 5. For determination of CD34+ cell counts, samples were collected on days 1 (predose), 3 (6 h post dose), 5 (6 h post dose), 7 (48 h post dose), and 10 (120 h post dose). G-CSF concentrations were assessed by the Charles River Laboratories Central Laboratory using a validated commercial assay [5–9]. CD34+ cell counts were determined in the same laboratory using a commercial flow cytometry kit (Stem-Kit™, Beckman Coulter, High Wycombe, UK) that was validated in house. Cells were labeled using a phycoerythrin-conjugated anti-CD34 monoclonal antibody, and analyzed using a COULTER® EPICS® XL™ Flow Cytometer.

Safety was assessed based on observed adverse events (AEs), clinical laboratory tests (hematology, biochemistry, and urinalysis), physical examination, results of 12-lead and 30-min continuous ECG, vital sign assessments, chest X-rays, and G-CSF antibody analysis.

Statistical analysis

The PD, PK, and safety populations were defined as described previously [4]. In the PK analysis, $\lambda_e$ and derivative parameters were not estimated for volunteers whose plasma concentration-time profiles in the terminal (log-linear) phase were not clearly defined with at least three quantifiable concentrations.

$ANC$ $T_{max}$ and $T_{max}$, $\lambda_e$, and clearance for plasma concentration of G-CSF were summarized descriptively only. All other PK and PD parameters were log$_e$ transformed prior to statistical analysis and presented as geometric means, along with other summary statistics. Missing concentrations were deleted, resulting in an interpolation between the nearest two values. Outliers were identified using an outlier check (T procedure). PK data were analyzed by non-compartmental methods using...
WinNonlin® (Pharsight® Corporation, Mountain View, CA, USA).

Bioequivalence was assessed for the primary and secondary endpoints using a mixed effects analysis of variance as described previously. If the 90% confidence interval (CI) for the ratio of ‘test’ to ‘reference’ means was completely within the conventional bioequivalence limits of 0.80–1.25, then bioequivalence was concluded.

A total of 48 evaluable volunteers were required for 80% power ($\alpha=0.05$) to demonstrate bioequivalence between Hospira filgrastim and Amgen filgrastim, assuming a within-volunteer coefficient of variation of 23% and an equivalence range of ±20% in the ‘test’ to ‘reference’ mean ratio for ANC AUC$_{0-t_{\text{last}}}$ at day 5.

**Results**

**Volunteer disposition**

A total of 50 volunteers were enrolled: 24 into the 5-µg/kg dose group and 26 into the 10-µg/kg dose group (Fig. 1). Two volunteers in the 10-µg/kg dose group did not complete the study: one withdrew due to an AE (moderate musculoskeletal chest pain and mild back pain after completing the 5-day course of Amgen filgrastim) and one withdrew for personal reasons (after completing the 5-day course of Amgen filgrastim). These volunteers were excluded from the PD and PK analyses. One further volunteer in the 10-µg/kg dose group was excluded from the PD analyses because of insufficient data (missing last time point). One additional volunteer in the 5-µg/kg dose group was excluded from the PK analyses for the same reason. All volunteers were evaluable for safety.

Investigators permitted several volunteers to take paracetamol for pain relief; however, this was not considered to affect study outcomes and therefore volunteers were not withdrawn. Baseline demographics were generally well matched between groups, although the proportion of Caucasian volunteers was slightly higher in the 5-µg/kg dose group than in the 10-µg/kg dose group, and accordingly the proportion of Black volunteers was slightly higher in the 10-µg/kg dose group than in the 5 µg/kg group (Table 1).

**Pharmacodynamics**

The primary PD endpoint (geometric mean ANC AUC$_{0-t_{\text{last}}}$ at day 5) was similar in volunteers who received Hospira filgrastim or Amgen filgrastim in both the 5-µg/kg (ratio of means, 0.98; 90% CI, 0.92–1.05) and 10-µg/kg (ratio of means, 0.97; 90% CI, 0.93–1.01) dose groups (Table 2). For both dose groups, 90% CIs were within the predefined range necessary to demonstrate bioequivalence of the two agents. The ANC profiles at both dose levels confirmed the similarity of Hospira filgrastim and Amgen filgrastim (Fig. 2). Secondary PD parameters were also generally similar between volunteers given Hospira filgrastim or Amgen filgrastim in both dose groups (Table 2). The only difference was that ANC T$_{\text{max}}$ at day 5 in the 10-µg/kg dose group occurred slightly earlier with Hospira filgrastim than with Amgen filgrastim (geometric mean, 7.85 vs. 9.45 h, respectively). In the 5-µg/kg dose group, ANC T$_{\text{max}}$ at day 5 was similar following administration of either Hospira filgrastim or Amgen filgrastim (geometric mean, 7.81 vs. 7.80 h, respectively). Ninety percent CIs for ANC C$_{\text{max}}$, ANC C$_{\text{min}}$, and CD34+ cell counts at day 5 were all within the predefined range required to demonstrate bioequivalence of the two agents.

Further analysis of CD34+ cell counts supported the bioequivalence of Hospira filgrastim and Amgen filgrastim. Geometric mean CD34+ cell counts remained similar with both agents, regardless of dose or time point (Fig. 3). The maximum mean CD34+ cell count (day 5) was 47.2 cells/µl (95% CI, 36.1–61.7) with Hospira filgrastim and 46.0 cells/µl (95% CI, 33.6–63.0) with Amgen filgrastim in the 5-µg/kg dose group. The maximum mean CD34+ cell counts were also similar with each agent in the 10-µg/kg dose group: 81.9 cells/µl (95% CI, 64.5–104.0) with Hospira filgrastim and 77.5 cells/µl (95% CI, 59.4–101.3) with Amgen filgrastim.

**Pharmacokinetics**

Following multiple dosing with 5 µg/kg s.c. Hospira filgrastim and Amgen filgrastim, the ratios of geometric means for AUC$_{0-t_{\text{last}}}$, AUC$_{0-24}$ h, C$_{\text{max}}$ and C$_{\text{min}}$ at day 5 were 1.11 (90% CI, 1.00–1.23), 1.11 (90% CI, 1.00–1.23), 1.13 (90% CI, 0.99–1.27), and 1.01 (90% CI, 0.90–1.15), respectively. The 90% CIs for AUC$_{0-t_{\text{last}}}$, AUC$_{0-24}$ h, and C$_{\text{min}}$ were within the range required to show bioequivalence of the two drugs. The upper CI for C$_{\text{max}}$ was slightly above the predefined upper equivalence limit of 1.25, but if outliers were excluded ($n=2$), 90% CIs for C$_{\text{max}}$ were shown to be within the predefined equivalence limits (ratio of means, 1.08; 90% CI, 0.97–1.21). Mean T$_{\text{max}}$ at day 5 occurred slightly earlier after administration of Amgen filgrastim 5 µg/kg compared with Hospira filgrastim 5 µg/kg (3.83 vs. 4.21 h, respectively).

Following multiple dosing with 10 µg/kg s.c. Hospira filgrastim and Amgen filgrastim, geometric mean ratios of 1.10 (90% CI, 0.97–1.26), 1.10 (90% CI, 0.97–1.26), 1.17 (90% CI, 1.03–1.32), and 1.05 (90% CI, 0.92–1.20) were reported for AUC$_{0-t_{\text{last}}}$, AUC$_{0-24}$ h, C$_{\text{max}}$, and C$_{\text{min}}$ at day 5, respectively. Hospira filgrastim and Amgen
filgrastim were shown to be bioequivalent for $C_{\text{min}}$, but not for $AUC_{0-\text{tlast}}$, $AUC_{0-24\text{ h}}$, and $C_{\text{max}}$, as the upper CIs for these parameters were slightly above the predefined upper equivalence limit. If outliers were excluded ($n=3$), however, 90% CIs for $AUC_{0-\text{tlast}}$ and $AUC_{0-24\text{ h}}$ were shown to be within the predefined equivalence limits (for both parameters, ratio of means, 1.07; 90% CI, 0.97–1.17). Mean $T_{\text{max}}$ at day 5 occurred slightly later after administration of Amgen filgrastim 10 µg/kg compared with Hospira filgrastim 10 µg/kg (4.37 vs. 3.55 h, respectively).

$AUC_{0-\infty}$ and $T_{1/2}$ were not analyzed due to missing data.

**Safety**

The incidence of AEs in volunteers given Hospira filgrastim was slightly lower than that observed in volunteers given Amgen filgrastim in both the 5-µg/kg (79% vs. 83%, respectively) and 10-µg/kg (77% vs. 92%, respectively) dose groups (Table 3). The incidence of AEs related to the

### Table 1 Baseline demographics

| Variable                     | 5µg/kg dose ($n=24$) | 10µg/kg dose ($n=26$) |
|------------------------------|----------------------|-----------------------|
| Male gender, $n$ (%)         | 15 (62.5)            | 16 (61.5)             |
| Mean age, years (SD)         | 31.6 (8.6)           | 29.2 (6.9)            |
| Ethnicity, $n$ (%)           |                      |                       |
| Caucasian                    | 23 (95.8)            | 20 (76.9)             |
| Black                        | 1 (4.2)              | 5 (19.2)              |
| Asian                        | 0 (0)                | 0 (0)                 |
| Other                        | 0 (0)                | 1 (3.8)               |
| Mean height, cm (SD)         | 172.5 (8.2)          | 171.0 (9.4)           |
| Mean weight, kg (SD)         | 75.8 (11.4)          | 73.0 (12.8)           |
| Mean BMI, kg/m$^2$ (SD)      | 25.4 (3.0)           | 24.8 (3.1)            |

SD standard deviation, BMI body mass index
study drug was also slightly lower in volunteers who received Hospira filgrastim compared with those who received Amgen filgrastim in the 10-µg/kg dose group (77% vs. 88%, respectively), but was similar in both subsets of volunteers in 5-µg/kg dose group (75% with both agents).

Fig. 2 Mean ANC over time in subjects given Hospira filgrastim or Amgen filgrastim; a 5-µg/kg dose group and b 10-µg/kg dose group. Data shown are geometric means. Samples taken outside each schedule timepoint window have been excluded. ANC absolute neutrophil count, AUC$_{0-t_{\text{last}}}$ area under the curve from time 0 to the last time point, CI confidence interval

The most common AEs were back pain and headache (Table 3), most of which were related to the study drug. Only minor differences in AE profiles were observed between Hospira filgrastim and Amgen filgrastim (Table 3).

No serious AEs were reported and all AEs were mild or moderate in intensity, with the exception of two events:

**Table 2** Summary of PD data

| PD parameter | Hospira filgrastim | Amgen filgrastim | Ratio | 90% CI |
|--------------|--------------------|------------------|-------|--------|
| 5 µg/kg dose (n=24) | | | | |
| ANC AUC$_{0-t_{\text{last}}}$, pg h/ml | 1,633 (918–2,633) | 1,660 (696–2,535) | 0.98 | 0.92–1.05$^a$ |
| ANC $C_{\text{max}}$, $\times 10^9$ l/l | 36.09 (24.12–52.19) | 35.66 (18.14–58.17) | 1.01 | 0.96–1.07$^a$ |
| ANC $C_{\text{min}}$, $\times 10^9$ l/l | 3.39 (1.01–8.32) | 3.82 (1.71–7.83) | 0.89 | 0.80–0.98$^a$ |
| ANC $T_{\text{max}}$, h | 7.81 (6.00–8.00) | 7.80 (6.00–24.00) | – | – |
| CD34$^+$ count, cells/µl | 47.2 (14.0–158.0) | 46.0 (12.0–187.0) | 1.03 | 0.85–1.24$^a$ |
| 10 µg/kg dose (n=23) | | | | |
| ANC AUC$_{0-t_{\text{last}}}$, pg h/ml | 2,170 (1,091–3,341) | 2,249 (1,099–3,970) | 0.97 | 0.93–1.01$^a$ |
| ANC $C_{\text{max}}$, $\times 10^9$ l/l | 46.10 (30.53–69.65) | 47.20 (25.09–66.44) | 0.98 | 0.95–1.01$^a$ |
| ANC $C_{\text{min}}$, $\times 10^9$ l/l | 3.01 (1.86–6.11) | 3.24 (1.69–4.90) | 0.93 | 0.83–1.04$^a$ |
| ANC $T_{\text{max}}$, h | 7.85 (4.00–24.00) | 9.45 (6.00–24.07) | – | – |
| CD34$^+$ count, cells/µl | 82 (19–184) | 78 (28–232) | 1.06 | 0.90–1.24$^a$ |

$^a$The 90% CI was within the predefined equivalence range of 0.80–1.25, demonstrating bioequivalence between the two agents.
severe headache following administration of Amgen filgrastim 10 µg/kg; and severe muscle spasms following administration of Hospira filgrastim 5 µg/kg. Both of these AEs were considered to be related to study medication.

Laboratory data demonstrated: increases in lymphocyte, monocyte, eosinophil, basophil, and large unclassified cell counts; reductions in platelet counts; elevations in alkaline phosphatase, phosphate, lactate dehydrogenase and uric acid; and decreases in bilirubin. None of these changes were different between the study drugs. Two volunteers had clinically significant hematologic abnormalities (decreased/increased platelet count) and a further six had biochemistry abnormalities (increased gamma glutamyl transferase [GGT; n=3]; alanine aminotransferase [ALT; n=1]; GGT and ALT [n=1]; and GGT, ALT, and lactate dehydrogenase [n=1]). These changes occurred with both study drugs. No clinically significant changes in blood pressure, urinalysis, and physical examination were reported.

Discussion

According to guidelines issued by the European Medicines Agency (EMA), biosimilar medicinal products containing filgrastim should demonstrate comparability with Amgen filgrastim [10]. The EMA recommends a series of preclinical and clinical studies, including PD investigations in healthy volunteers, preferably at multiple-dose levels, with ANC as the primary endpoint and CD34+ cell count as a secondary parameter. The phase I PD study reported here was designed to fulfill EMA guidelines and forms part of the regulatory assessment for Hospira filgrastim.

Bioequivalence of the two filgrastims was demonstrated for all PD parameters tested (including ANC AUC₀–tₚₙₐₓ [primary endpoint]) at 5 or 10 µg/kg doses. The only difference between the two agents was that ANC Tₚₙₐₓ at day 5 in the 10-µg/kg dose group occurred slightly earlier with Hospira filgrastim than with Amgen filgrastim, but this is unlikely to have any clinical significance. Data on CD34+ cells demonstrate that Hospira filgrastim is equivalent to Amgen filgrastim for the mobilization of peripheral blood progenitor cells (PBPCs). This shows that Hospira filgrastim has potential for use as a growth factor to support autologous and allogeneic PBPC transplantation, indications where G-CSF has been used successfully for many years [11].

PK analyses largely supported the bioequivalence of Hospira filgrastim and Amgen filgrastim. However, for
several PK parameters, bioequivalence could only be concluded when outliers (as are commonly observed in studies of this kind [12, 13]) were excluded. Bioequivalence could not be shown for C\text{max} at day 5, even when outliers were excluded. There was also some slight variability between the two agents in terms of T\text{max} at day 5 at both dose levels.

While some PK parameters did not meet the prespecified bioequivalence limits for the 90% CI for the ratio of ‘test’ to ‘reference’ means, it should be considered that this study was primarily designed to evaluate PD characteristics and was not specifically designed to detect differences in PK. Furthermore, studies have indicated that there are PD–PK interactions between neutrophils and G-CSF, since neutrophils appear to contribute to G-CSF clearance [14]. This effect could have confounded the PK data, and it is therefore unsurprising that the bioequivalence of Hospira filgrastim and Amgen filgrastim was not demonstrated by all PK parameters.

Hospira filgrastim was generally well tolerated, with no unexpected toxicities. The AE profiles of Hospira filgrastim and Amgen filgrastim were comparable in terms of their nature and intensity, and similar to those reported previously for recombinant G-CSF in healthy volunteers [15]. The biochemical abnormalities were not considered to be related to study medication, but may instead have been caused by environmental stimuli or metabolic changes. However, mild reversible elevations in lactate dehydrogenase, alkaline phosphatase, and uric acid, and decreases in bilirubin, have been reported previously with G-CSF [8, 16]. The general hematopoietic effect of G-CSF on lymphocytes, monocytes, basophils, and eosinophils is also well documented in the literature [15, 17–19].

In conclusion, this study builds on evidence from the phase I PK study (previously reported in this journal) to support the further clinical evaluation of Hospira filgrastim. In line with this, results were recently reported from a large, randomized, double-blind, phase III trial of Hospira filgrastim versus Amgen filgrastim in patients receiving myelosuppressive chemotherapy for the treatment of breast cancer [20]. Data from these studies indicate that Hospira filgrastim is well tolerated and may provide a clinically effective alternative to Amgen filgrastim for a range of indications in which G-CSF is routinely used.

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Authorship and disclosures CW contributed to the study design, the interpretation of the data and the consideration of its relevance to clinical practice. MB contributed to the interpretation of the data and the consideration of its relevance to clinical practice. SM was the principal investigator and had overall responsibility for the conduct of

| AE                                      | 5µg/kg dose, n (%) | 10µg/kg dose, n (%) |
|-----------------------------------------|--------------------|---------------------|
|                                         | Hospira filgrastim | Amgen filgrastim    |
|                                         | (n=20)             | (n=22)              |
|                                         | 20 (76.9)          | 23 (92.0)           |
| Gastrointestinal disorders              | 5 (20.8)           | 6 (25.0)            |
| Nausea                                  | 2 (8.3)            | 3 (12.5)            |
| General disorders and administration    | 5 (20.8)           | 6 (25.0)            |
| Chest pain                              | 2 (8.3)            | 4 (16.7)            |
| Infections and infestations             | 3 (12.5)           | 4 (16.7)            |
| Nasopharyngitis                         | 2 (8.3)            | 3 (12.5)            |
| Musculoskeletal and connective tissue   | 12 (50.0)          | 13 (54.2)           |
| Arthralgia                              | 4 (16.7)           | 4 (16.7)            |
| Back pain                               | 11 (45.8)          | 9 (37.5)            |
| Neck pain                               | 1 (4.2)            | 2 (8.3)             |
| Pain in extremity                       | 4 (16.7)           | 4 (16.7)            |
| Nervous system disorders                | 12 (50.0)          | 15 (62.5)           |
| Headache                                | 11 (45.8)          | 14 (58.3)           |
| Respiratory, thoracic, and mediastinal  | 7 (29.2)           | 4 (16.7)            |
| Epistaxis                               | 2 (8.3)            | 2 (8.3)             |
| Skin and s.c. tissue                    | 3 (12.5)           | 1 (4.2)             |

Table 3 Treatment-emergent AEs occurring in greater than five volunteers across all treatment groups
the study, RC is the Clinical Program Director at Hospira UK Ltd. All authors critically reviewed each draft of the manuscript prior to submission. CW and MB have consultancy agreements with Hospira UK Ltd, and SM is the Medical Director of Operations at Quotient Clinical. No other conflicts of interest were reported.

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