Transcriptional Analysis of MexAB-OprM Efflux Pumps System of *Pseudomonas aeruginosa* and Its Role in Carbapenem Resistance in a Tertiary Referral Hospital in India

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Abstract

Carbapenem resistance presents severe threat to the treatment of multidrug resistant *Pseudomonas aeruginosa* infections. The study was undertaken to investigate the role of efflux pumps in conferring meropenem resistance and effect of single dose exposure of meropenem on transcription level of *mexA* gene in clinical isolates of *P. aeruginosa* from a tertiary referral hospital of India. Further, in this investigation an effort was made to assess whether different components of MexAB-OprM operon expresses in the same manner and the extent of contributions of those components in meropenem resistance in its natural host (*P. aeruginosa*) and in a heterologous host (*E. coli*). Out of 83 meropenem nonsusceptible isolates, 22 isolates were found to possess efflux pump activity phenotypically. Modified hodge test and multiplex PCR confirmed the absence of carbapenemase genes in those isolates. All of them were of multidrug resistant phenotype and were resistant to all the carbapenem drug tested. MexAB-OprM efflux pump was found to be overexpressed in all the study isolates. It could be observed that single dose exposure meropenem could give rise to trivial increase in transcription of *mexA* gene. Different constructs of MexAB-OprM (mexR-mexA-mexB-OprM; mexA-mexB-OprM; mexA-mexB) could be expressed in both its natural (*P. aeruginosa* PAO1) and heterologous host (*E. coli* JM107) but transcription level of *mexA* gene varied in both the hosts before and after single dose exposure of meropenem. Different components of the operon failed to enhance meropenem resistance in *E. coli* JM107 and *P. aeruginosa* PAO1. This study could prove that MexAB-OprM efflux pump can significantly contribute to meropenem resistance in hospital isolates of *P. aeruginosa* where an acquired resistant mechanism is absent. Thus, equal importance should be given for diagnosis of intrinsic resistance mechanism so as to minimize treatment failure. As
meropenem could not enhance *mexA* transcriptions significantly, there might be a possibility that the increase in expression of efflux pump genes does not mediated by single antibiotic but rather by a combination of antipseudomonal drugs which are used during treatments. Early detection of efflux genes will help in selection of proper therapeutic options.

Introduction

*Pseudomonas aeruginosa* pose severe threat in treatment of nosocomial infections because of its intrinsic and acquired resistance towards a wide range of antimicrobial agents. Carbapenems play a significant role in treatment of the infection caused by multidrug resistant *P. aeruginosa* but development of resistance towards this particular group of drug has further restricted the therapeutic options [1]. In absence of acquired resistant determinants (carbapenem hydrolyzing enzymes), carbapenem resistance in *P. aeruginosa* is mediated by various intrinsic mechanisms which includes increased activity of tripartite multi drug efflux pumps belonging to resistance-nodulation-cell division (RND) family (examples include MexAB-OprM; MexCD-OprJ; MexEF-OprN; MexXY-OprM; MexJK-OprM; MexVW-OprM); down regulation of outer membrane porin, OprD and increased production of chromosomally encoded beta-lactamases [2].

Overexpression of MexAB-OprM is generally mediated by mutation in a repressor gene, *mexR* (*nalB* mutant) located upstream of the MexAB-OprM operon [3]. The mutation leads to loss of DNA binding capacity of the mexR repressor protein to the mexR-mexA intergenic region and thereby losing its ability to repress MexAB-OprM operon. This results in hyperexpression of MexAB-OprM in *nalB* mutants [4,5]. *nalD* and *nalC* type of mutants have also been identified which occurs in response to mutation in *nalC* and *nalD* gene respectively. Both type of the mutants lead to upregulation of MexAB-OprM [6].

Efflux pump overexpression which results in subsequent reduction of antibiotic concentration allows the bacteria to select high level resistant determinants (production of carbapenemases). Because of its association with other resistance mechanisms, the diagnosis by phenotypic analysis often gets complicated because the high level acquired resistant determinants sometimes masks the contribution of overexpressed efflux on MICs. Efflux mediated resistance in clinical isolates can be detected more accurately by molecular methods [7].

Considering the impact of efflux pump mediated resistance mechanism on antimicrobial therapy in clinical settings and lack of data in this regard from this particular region of the world; the study was undertaken to investigate the role of efflux pump based mechanism conferring meropenem resistance among nosocomial isolates of *P. aeruginosa* collected from a tertiary referral hospital of north east India. Another problem with efflux mediated resistance is that they can be overexpressed during treatment which leads to treatment failure because in such situation, the antibiotics which were chosen on the basis of original susceptibility profiles no longer work. Therefore, with a view to study the effect of a carbapenem drug (meropenem) on expression of MexAB-OprM efflux pump, transcriptional levels of *mexA* gene was determined after single dose exposure of meropenem in efflux pump overexpressing strains. Further, in this study, different constructs of MexAB-OprM operon was cloned in its natural host (*P. aeruginosa*) and in a heterologous host (*E. coli*) to examine the expression pattern of different components of the operon in both the hosts and to evaluate their ability to mediate meropenem resistance.
### Methods

#### Bacterial Isolates

A total of 83 carbapenem non susceptible clinical isolates of *P. aeruginosa* were obtained from the patients who were admitted to or attended the clinics of Silchar medical college and hospital, Assam, India from March, 2013 to February, 2014. Carbapenem nonsusceptible *P. aeruginosa* isolates were selected on the basis of resistance to meropenem. *P. aeruginosa* PAO1 (Kindly donated by Prof. Keith Poole, Queens University, Canada) was taken as the quality control strain.

#### Ethical Approval

The work was approved by Institutional Ethical committee of Assam University, Silchar vide reference no.: IEC/AUS/2013-003. The authors confirm that participants provided their written informed consent to participate in this study. Consent process was approved by the institutional ethics committee.

#### Phenotypic detection of efflux pump activity

Efflux pump activity of the strains were phenotypically detected by using meropenem (10 mg, Himedia, Mumbai) with and without CCCP (carbonyl cyanide m-chlorophenylhydrazone, 100mM, Himedia, Mumbai)[8].

MIC (Minimum inhibitory concentration) reduction assay was performed with meropenem alone and in combination with CCCP at concentration 20 μg/ml [9]. An efflux pump-overexpressed phenotype was defined as any strain exhibiting at least a fourfold decrease in MIC when tested in the presence of CCCP. *P. aeruginosa* PAO1 and *P. aeruginosa* knockout mutant (Kindly donated by Prof. Keith Poole, Queens University, Canada) of MexAB-OprM was taken as negative control.

#### Detection of carbapenemases

Presence of carbapenemase activity in the selected isolates were assessed by modified Hodge Test [10]. To confirm the absence of carbapenemase genes, PCR assay was performed for detection of various carbapenemase gens, *bla*VIM*, bla*NDM*, *bla*IMP*, *bla*OXA-48*, *bla*OXA-23*, *bla*OXA-24/40* and *bla*OXA-58*. The reaction conditions and primers were used as described previously [11, 12, 13, 14]

#### Antimicrobial susceptibility testing and Minimum Inhibitory Concentration determination

Antibiotic susceptibility testing was performed on Mueller-Hinton agar (Himedia, Mumbai, India) plates by Kirby-Bauer disc diffusion method and interpreted as per CLSI recommendations [15]. The antibiotics tested viz., ciprofloxacin (5μg), amikacin (30μg), gentamicin (10μg), carbenicillin (10μg), polymixin B (300 μg), ceftazidime (30 μg), Piperacillin-Tazobactam (100/10 μg) (Himedia, Mumbai, India).

Minimum inhibitory concentration (MIC) was determined on Muller Hinton Agar plates by agar dilution method against imipenem and meropenem (Himedia, Mumbai, India) according to CLSI guidelines and interpreted according to CLSI breakpoint [15].
Detection of transcription of MexAB-OprM by quantitative real time PCR before and after single dose exposure of meropenem

Expression of mexA gene was determined by qRT-PCR as described previously with some modification [16]. RNA was isolated from overnight culture grown to log phase of growth using RNeasy Kit (Qiagen, India). cDNA was prepared from mRNA using QuantiTect Reverse Transcription Kit (Qiagen, India). All the prepared cDNA were subjected to semiquantitative PCR. mRNA transcription level was determined using SYBRGreen PCR Master Mix (Applied Biosystems, Foster City, CA) in Step one plus real time PCR system (Applied Biosystem, USA). Relative quantities of gene expression were calculated using the $\Delta\Delta$Ct method. Expression of the 30S ribosomal gene rpsL was determined in parallel to normalize the transcriptional levels of target genes and they were further calibrated against corresponding mRNA expression by P. aeruginosa PAO1. Samples were run in triplicate and contained 50 ng of RNA per reaction. MexAB-OprM efflux pump was considered overexpressed when transcription level was at least 2-fold higher compared with that of P. aeruginosa PAO1 [1].

Transcription levels were also determined after antibiotic exposure by growing in Luria Bertani (LB) Broth containing 0.125 meropenem ug/ml. All experiments were carried out in triplicates.

Cloning and analysis of MexAB-OprM efflux pump system in E. coli and in P. aeruginosa

Different components of MexAB-OprM operon was cloned in a heterologous host Escherichia coli and in natural host P. aeruginosa.

For cloning, three different constructs were made which are given as follows: Construct 1: MexAB; Construct 2: MexAB-OprM; Construct 3: MexR+MexAB-OprM (Fig 1). Primers used for amplification are designed for the study and are given in Table 1. PCR amplifications

Fig 1. Figure describing different regions of mexAB-OprM operon which are amplified using different primers as shown.

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were performed using 50 μl of total reaction volume. Reactions were run under the following conditions: initial denaturation at 94°C for 2 min, 32 cycles of 94°C for 25 Sec., 52°C for 1 min, 72°C for 3 min and final extension at 72°C for 10 min. PCR products were examined on 1.0% (w/v) agarose gels and purified using the GeneJET Gel extraction Kit (Thermo Scientific). Amplified products were ligated in PGEM-T vector (Promega) and were transformed on E.Coli JM107 and P. aeruginosa PAO1 by heat shock method. Transformants were further selected on screen agar.

Antibiotic stress and determination of transcription level of mexA gene in E.coli JM107 and P. aeruginosa PA01, both carrying MexAB-OprM or its components were done in the same procedure as described above.

MIC of the transformants (E.coli JM107 and P. aeruginosa PA01) carrying MexAB-OprM or its components were tested against meropenem.

DNA fingerprinting by REP PCR

REP PCR was performed to determine clonal relatedness of all the isolates selected under the present work. The primers and reaction condition used were same as described previously [17].

Results

Phenotypic screening of efflux pump activity and detection of carbapenemases

Among 83 carbapenem non-susceptible isolates 45% (38/83) were found to exhibit enhanced efflux pump activity against meropenem. 26% of them (22/83) were devoid of carbapenemase activity and multiplex PCR could not establish the presence of carbapenemase genes in the isolates. All the 22 carbapenem non-susceptible and carbapenemase non-producing isolates were found to demonstrate efflux pump activity phenotypically and a sharp reduction in MIC was observed in all the isolates when CCCP was added at a fixed concentration of 20 ug/ml (Table 2).

Antimicrobial susceptibility testing and Minimum Inhibitory Concentration determination

All the isolates with phenotypically predicted efflux pump activity were of multidrug resistant phenotype. However, Polymixin B was found to have moderate activity. Other group of antibiotics came up with very low efficacy (Table 3) The isolates were above breakpoint level for the all the carbapenem drug tested (Table 4).

Detection of transcription of MexAB-OprM by quantitative real time PCR before and after single dose exposure of meropenem

As the test isolates with high MIC value were also devoid of carbapenemase activity, so the expression of MexAB-OprM efflux pump was investigated in the isolates from each MIC.

| Construct | Construct1 (MexR+MexAB) | Construct2 (MexAB-OprM) | Construct3 (MexAB) |
|-----------|-------------------------|-------------------------|-------------------|
| Primer name and sequence | mexF: 5’ AGTCTTGACTTTGTCCAAC 3’ | F1: 5’ GCATCAGGTCGGGATTCACGG 3’ | F1: 5’ GCATCAGGTCGGGATTCACGG 3’ |
| Amplicon length (bp) | 6505 | 6231 | 4661 |

Table 1. Details of primers used for cloning of efflux pump genes.
range. Studies revealed that all the 22 isolates belonging overexpressed MexAB-OprM efflux pump. Further, to check the effect of a commonly prescribed carbapenem, meropenem on the expression of MexAB-OprM, the transcriptome level of \textit{mexA} gene was determined in the same strains after giving single dose exposure with meropenem. Expression of mRNAs from bacteria with and without antibiotic exposure are shown in Fig 2. It can be seen that, though there is slight increase in expression level of \textit{mexA} gene for most of the isolates but the increase is not significant. However, in case of two isolates there is a significant change in expression

| Sl No. | Isolate ID | MIC against Meropenem (μg/ml) | MIC against Meropenem (after addition of CCCP) (μg/ml) | Fold decrease in MIC |
|--------|------------|-------------------------------|------------------------------------------------|---------------------|
| 1      | AM-361     | 8                             | 0.25                                               | 32                  |
| 2      | AM-18      | 8                             | 0.5                                                | 16                  |
| 3      | AM-121     | 16                            | 2                                                   | 8                   |
| 4      | AM-329     | 16                            | 2                                                   | 8                   |
| 5      | AM-219     | 16                            | 0.5                                                | 32                  |
| 6      | AM-173     | 16                            | 4                                                   | 4                   |
| 7      | AM-529     | 32                            | 8                                                   | 4                   |
| 8      | AM-592     | 32                            | 8                                                   | 4                   |
| 9      | AM-335     | 32                            | 2                                                   | 16                  |
| 10     | AM-609     | 32                            | 8                                                   | 4                   |
| 11     | AM-131     | 32                            | 4                                                   | 8                   |
| 12     | AM-146     | 32                            | 4                                                   | 8                   |
| 13     | AM-67      | 64                            | 16                                                  | 4                   |
| 14     | AM-534     | 64                            | 8                                                   | 8                   |
| 15     | AM-536     | 64                            | 4                                                   | 16                  |
| 16     | AM-335     | 64                            | 8                                                   | 8                   |
| 17     | AM-75      | 64                            | 8                                                   | 8                   |
| 18     | AM-608     | 128                           | 32                                                  | 4                   |
| 19     | AM-466     | 128                           | 16                                                  | 8                   |
| 20     | AM-326     | 128                           | 32                                                  | 4                   |
| 21     | AM-352     | 128                           | 32                                                  | 4                   |
| 22     | AM-64      | 128                           | 32                                                  | 4                   |

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Table 3. Antibiogram of \textit{P. aeruginosa} with increased efflux pump activity.

| Antibiotics         | Total no. of isolates with increased efflux pump activity | No. of susceptible samples |
|---------------------|---------------------------------------------------------|-----------------------------|
| Amikacin            | 22                                                      | 1                           |
| Gentamycin          | 22                                                      | 3                           |
| Pipercillin-tazobactum | 22                                                  | 5                           |
| Faropenem           | 22                                                      | 3                           |
| Polymixin b         | 22                                                      | 9                           |
| Carbenicillin       | 22                                                      | 3                           |
| Cefazidime          | 22                                                      | 4                           |
| Tigicycline         | 22                                                      | 6                           |
| Ciprofloxacin       | 22                                                      | 4                           |

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level of mexA; approximately 4 fold and 2 fold increase in expression can be seen for AM536 and AM64 respectively.

Cloning and analysis of MexAB-OprM efflux pump system in E. coli and in P. aeruginosa

In order to study the expression of different components of MexAB-OprM operon in the natural host and in a non-host, different components of the operon (Construct 1, 2 and 3) were expressed in P. aeruginosa PAO1 and in E. coli JM107 respectively. The expression of mexA gene was checked in transformants. Expression of mexA gene in transformants (E. coli JM107 and P. aeruginosa PAO1) before and after drug exposure carrying different components of MexAB-OprM is shown in Fig 3. In PAO1 carrying construct 1 (mexR-mexA-mexB-OprM), the expression level of mexA gene was comparatively lower than that of E.coli JM107 carrying the same construct. However, after exposure, the increase in mexA level in E. coli was much lower compared to PAO1. In PAO1 carrying construct 2 (MexAB-OprM), mexA expression was higher than E.coli JM107 carrying the same construct. Though after antibiotic stress, a completely different scenario was observed. Exposure resulted in slight increase in mexA level in PAO1 carrying construct 2, but in case E.coli JM107 with construct 2, it resulted in decrease in expression of mexA. E.coli JM107 with construct 3 (MexAB) expressed mexA in lower level

Table 4. MIC$_{50}$ and MIC$_{90}$ of efflux mediated carbapenem resistant P. aeruginosa isolates.

| Antibiotics | MIC$_{50}$ (μg/ml) | MIC$_{90}$ (μg/ml) |
|-------------|-------------------|-------------------|
| Imipenem    | 16                | 128               |
| Meropenem   | 32                | 128               |
| Ertapenem   | 64                | >256              |

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Fig 2. Expression of mexA gene before and after single dose exposure with meropenem in bacteria.

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than that of PAO1 with same construct and were around in the same level as that of *E. coli* and *P. aeruginosa* carrying construct 3 respectively and antibiotic stress did not result in rise in transcript level. In order to examine, how the components contribute to carbapenem resistance, their MIC against meropenem was checked. It was seen that regardless of the expression of MexAB-OprM in the transformants, they failed to enhance meropenem resistance in *E. coli* JM107 and *P. aeruginosa* PAO1.

**DNA fingerprinting by REP PCR**

A total of 13 REP type was found and no significant similarity between the study isolates could be observed among the study isolates (Fig 4).

**Discussion**

The grave situation of pan resistance in *P. aeruginosa* has been observed globally in the last decade. The decreasing effectiveness of some antimicrobials limits the therapeutic options to a great extent [1]. Carbapenems are the most effective agents used in the treatment of multi drug resistant *P. aeruginosa* infections but their effectiveness is significantly reduced due to development of bacterial resistance. [8] Carbapenem resistance in *P. aeruginosa* often associated with resistance to other antimicrobial classes which complicates the selection of appropriate antimicrobial chemotherapy [18]. The main mechanisms which leads to carbapenem resistance in *P. aeruginosa* includes production of carbapenem hydrolyzing enzymes (carbapenemases), reduced expression of outer membrane porin, OprD and overexpression of efflux pumps belonging to RND family. Intrinsically produced efflux pumps play a major role in carbapenem resistance [19]. The RND efflux pump systems subsists as a tri-partite system consisting of a cytoplasmic exporter protein (RND) and an outer membrane factor (OMF) and a membrane fusion protein spanning the periplasm (MFP) that link RND and OMF[3]. Among the ten RND efflux pumps identified in *P. aeruginosa*, MexAB-OprM is one of the most clinically
important pumps and contributes significantly to intrinsic resistance towards a wide range of antimicrobials including quinolones, macrolides, chloramphenicol, tetracycline, novobiocin, most beta-lactams including meropenem but not imipenem [4].

In this study, carbapenem (Imipenem and meropenem) MIC was above breakpoint level for all the 22 carbapenem nonsusceptible carbapenemase nonproducing isolates. They were resistant to all the tested antimicrobials and overproduces MexAB-OprM system. A strong correlation was observed between meropenem resistance and mexA overexpression which is in coincidence with other previous reports [10].

The isolates with overexpressed MexAB-OprM were given single dose exposure by meropenem to investigate its effect on transcriptional level of mexA gene. Despite being a preferred substrate of MexAB-OprM pump,[3] meropenem leads to a slight increase in mRNA level of mexA gene except two strains (AM536 and AM64), where a significant change in expression level was observed after induction. The relative increase in mRNA level of mexA gene varies among isolates. However, transcription level of MexAB-OprM could not be correlated with respective MIC value of the isolates towards meropenem antibiotics. Roiu et al. [20] while examining the effect of antibiotic treatment on expression of RND efflux pump gene found that during treatment the frequency of efflux genes (mexA and mexX) increases. A significant increase in frequency was observed when all the genes were considered globally and the most used antimicrobials were piperacillin–tazobactam (26 pts), amikacin (22 pts), meropenem
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nem revealed interesting results. After antibiotic stress, transcript level of tams [23]. However, a acrAB deleted strain of detergents, dyes, quinolones, macrolides, chloramphenicol and penicillin subgroup of beta-lac-operon failed to enhance antibiotic resistance towards a series of antimicrobials including meropenem resistance. A previous study reported that, with an extra set of plasmid borne efflux operon (PAO1 with construct 2) failed to enhance construction 1 was increased in comparison to this scenario. Construct 3 resulted in no significant change in expression of mexA after decrease in transcript level. A detailed study is required to understand the mechanism behind obvious as MexAB-OprM system is intrinsically present in mexA of P. aeruginosa. In PAO1 carrying construct 1 (mexR-mexA-mexB-OprM), the expression level of mexA was lower than that of E.coli JM107 carrying the same construct. This is however obvious as MexAB-OprM system is intrinsically present in P. aeruginosa [22]. P. aeruginosa with an extra set of plasmid borne efflux operon (PAO1 with construct 2) failed to enhance meropenem MIC. Even though the operon is functional in E. coli, but it could not demonstrate meropenem resistance. A previous study reported that, E. coli DH5α carrying MexAB-OprM operon failed to enhance antibiotic resistance towards a series of antimicrobials including detergents, dyes, quinolones, macrolides, chloramphenicol and penicillin subgroup of beta-lactams [23]. However, aacrAB deleted strain of E. coli exhibited elevated resistance to the antimicrobials mentioned above. Though AcrAB efflux system of E. coli shares a considerable homology with the MexAB of P. aeruginosa, but the resistance level is much narrower in case of E. coli expressing MexAB-OprM than in P. aeruginosa. [23]. The expression of mexA gene in E.coli with construct 3 (MexAB) was lower than that of PAO1 with same construct and were approximately in the same level as that of E. coli and P. aeruginosa carrying construct 2 respectively without any sort of augmentation in resistance. The present study reports that meropenem resistance cannot be attributed by E. coli carrying components of MexAB-OprM operon.

Antibiotic exposure of transformants (E. coli JM107 and P. aeruginosa PAO1) with meropenem revealed interesting results. After antibiotic stress, transcript level of mexA in PAO1 with construct 1 was increased in comparison to E. coli with same construct. In case of construct 2, there was trivial increase in transcription in PAO1 but in E. coli, there was an unexpected decrease in transcript level. A detailed study is required to understand the mechanism behind this scenario. Construct 3 resulted in no significant change in expression of mexA after
exposure. A previous study demonstrated that imipenem and meropenem induction leads to varied responses in OprM and OprN efflux genes. Though, in most cases imipenem and meropenem increased OprM and OprN mRNA levels. The authors concluded that responses of antibiotic resistant genes in P. aeruginosa is to some extent frenzied [24]. The present study also, above results calls for further investigation in mRNA regulatory pathways of MexAB-OprM efflux pump genes as far as meropenem resistance is concerned.

**Conclusion**

In the present study it has been observed that in absence of acquired resistant determinants (carbapenemases), overexpression of MexAB-OprM efflux pumps was responsible for meropenem resistance in clinical isolates of P. aeruginosa in this geographical region of the world. This study also establishes the fact that combination of factors might be responsible to induce overexpression of MexAB-OprM and despite expression of different components of MexAB-OprM in a heterologous host E. coli, the components failed to enhance meropenem resistance in both host and in non host. In spite of being a well characterized mechanism of resistance, MexAB-OprM mediated mechanism is often neglected and diagnostic laboratories are yet to incorporate a phenotypic tool for their detection in routine practice. Thus, equal importance should be given for diagnosis of intrinsic resistance mechanism so as to minimize treatment failure. As meropenem could not enhance mexA transcriptions significantly, there might be a possibility that the increase in expression of efflux pump genes does not mediated by single antibiotic but rather by a combination of antipseudomonal drugs which are used during treatments. The study emphasizes early detection of this intrinsic resistance mechanism improving the selection of proper therapeutic options.

**Supporting Information**

S1 Table. Clinical details of P. aeruginosa isolates with overexpressed mexA gene.

(DOCX)

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**Author Contributions**

Conceived and designed the experiments: DC AB. Performed the experiments: DC APM DP. Analyzed the data: DC AB ADT MDC. Contributed reagents/materials/analysis tools: DC AB ADT MDC DDC AC. Wrote the paper: DC AB ADT MDC.

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