### Supplementary Table S1. Details of ethics committees

| IRB or IEC (name/address)                                                                 | Ethic Committee No (GER) /Registration No. (RUS)                                      |
|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Ethik-Kommission der Bayrischen Landesärztekammer Mühlbauerstraße 16 81677 München, Germany | Ethic Committee No. 16004                                                               |
| LOCAL ETHICS COMMITTEE at “Alliance Biomedical-Russian Group”, LLC 126 Griboedov Channel Embankment, Saint Petersburg, 190068, Russia | Registration No. 49870 dated 20.02.2016                                               |
| LOCAL ETHIC COMMITTEE of St. Petersburg State Budgeted Healthcare Institution “City Out-patient hospital #109” 8, bld.2, Oleko Dundicha str., Saint Petersburg, Russia | Registration No. 49870 dated 20.02.2016                                               |
| Independent Multidisciplinary Ethics Expertise Committee on Clinical Trials 51, Leningradsky pr. Moscow, 125468, Russia | Registration No. 49870 dated 20.02.2016                                               |
| LOCAL ETHICS COMMITTEE of “Medical Center ”Reavita Med SPb” 2 Uchebny per., Saint Petersburg, Russia | Registration No. 49870 dated 20.02.2016                                               |