1. Introduction

The positive semidefinite (psd) rank of a nonnegative matrix was introduced in [7] and [10] and is a special case of the cone rank of a nonnegative matrix from [10]. A familiar example of a cone rank is that of nonnegative rank; given a nonnegative matrix $M \in \mathbb{R}^{p \times q}$, its nonnegative rank is the smallest positive integer $k$ such that there exists nonnegative vectors $a_1, \ldots, a_p, b_1, \ldots, b_q \in \mathbb{R}^k$ such that $M_{ij} = a_i^T b_j$ for each $i$ and $j$. Let $S^k$ denote the vector space of all real symmetric $k \times k$ matrices and $S^k_+$ denote the cone of all psd matrices in $S^k$. Then the psd rank of $M$ is the smallest integer $k$ such that there exists matrices $A_1, \ldots, A_p, B_1, \ldots, B_q \in S^k_+$ such that $M_{ij} = \langle A_i, B_j \rangle := \text{Trace}(A_i B_j)$ for all $i$ and $j$. We denote it as $\text{rank}_{\text{psd}}(M)$ and call the matrices $A_1, \ldots, B_q$ a psd factorization of $M$.

Nonnegative rank has been studied for several years, has many applications [4], and is NP-hard to compute [18]. There are several techniques for finding lower bounds to nonnegative rank, most of which are based on the zero/nonzero structure (support) of the matrix [4, 6], and some newer methods that do not rely on support [2, 5]. For a nonnegative $p \times q$ matrix, the psd rank is at most the nonnegative rank which in turn is at most $\min\{p, q\}$. However, psd rank is more complicated than nonnegative rank with almost no techniques available for finding bounds. In this paper we exhibit bounds for psd rank in several contexts, and establish new tools for studying this rank.

The motivation for the definition of psd rank came from geometric problems concerning the representation of convex sets for linear optimization. For instance, given a polytope $P \subset \mathbb{R}^n$, one can ask whether $P$ can be expressed as the linear image of an affine slice of some positive orthant $\mathbb{R}_+^k$. If $k$ is small relative to the number of facets of $P$, then this implicit representation of $P$ can be far more
efficient that the natural representation of $P$ by inequalities in $n$ variables. In the foundational paper [20], Yannakakis proved that the smallest $k$ possible for a given $P$ is the nonnegative rank of a slack matrix of $P$ (also called the nonnegative rank of $P$). If $P$ is a full-dimensional polytope in $\mathbb{R}^n$ with vertices $p_1, \ldots, p_v$ and $f$ facet inequalities $d_j - c_j^T x \geq 0$ where $c_j \in \mathbb{R}^n, d_j \in \mathbb{R}$, then the corresponding slack matrix of $P$ is the $v \times f$ nonnegative matrix whose $(i, j)$-entry is $d_j - c_j^T p_i$, the slack of vertex $p_i$ in the facet inequality $d_j - c_j^T x \geq 0$. Yannakakis' result was extended in [7] and [10] to show that the psd rank of a slack matrix of $P$ is exactly the smallest $k$ such that $P$ is the linear image of an affine slice of the psd cone $S^k$. Affine slices of the psd cone are called spectrahedra and can be written as $\{(x_1, \ldots, x_{d-1}) \mid g(x_1, \ldots, x_{d-1}) \geq 0\}$ where $g$ is the linear matrix pencil $x_1 G_1 + \ldots + x_{d-1} G_{d-1} + G_d$ defined by the matrices $G_1, \ldots, G_d \in S^k$. Again, if $k$ is small compared to $f$, one can very often optimize a linear function efficiently over $P$ via semidefinite programming. This geometric connection has made psd rank an important invariant of a polytope and both upper and lower bounds on this rank shed information on the complexity of the polytope. One can further extend Yannakakis' theorem (and hence psd rank) to all convex sets [10] but in this paper we only consider polytopes.

Finding lower bounds on the psd rank of a nonnegative matrix is notoriously hard, even harder than in the case of nonnegative rank, and only somewhat trivial bounds are known. For example, simple dimension counting is enough to conclude that the psd rank of a matrix $M$ is at least $\frac{1}{2} \sqrt{1 + 8 \text{rank}(M)} - \frac{1}{2}$. Support based bounds, the most popular type of bounds for nonnegative rank, are of limited strength in the psd case, but can still yield interesting applications, as shown in [13]. In the special case of slack matrices of polytopes, we can do slightly better. For example, if $M$ is the slack matrix of an $n$-dimensional polytope $P$, we actually have $\text{rank}_{\text{psd}}(M) \geq \text{rank}(M) - n + 1$, as seen in [11] [13], by support based arguments. Furthermore, direct application of quantifier elimination bounds guarantees that if $M$ has psd rank $k$, then $P$ has at most $k^{O(k^2 n)}$ facets (see [10]). This translates to saying that $\text{rank}_{\text{psd}}(P) \geq \text{Exp}(\frac{1}{2} W(O(\log(f)/n)))$, where $f$ is the number of facets of $P$ and $W$ the Lambert $W$-function. Using the asymptotic behavior of $W$, this results in a lower bound of the type $O\left( \sqrt{\frac{\log(f)}{n \log \log(f)}} \right)$.

In this paper we establish several new bounds on psd rank for particular families of matrices with a focus on slack matrices of polytopes. In Section 2 we show that a generic $n$-dimensional polytope with $v$ vertices has psd rank at least $(nv)^\frac{2}{3}$, much improving the lower bounds discussed earlier. An analogous result for nonnegative rank of generic polytopes was proven in [8]. This implies that a generic polygon with $v$ vertices has psd rank at least $(2v)^\frac{3}{4}$ while all $v$-gons have psd rank at most $v$. In Section 3 we improve the upper bound for polygons from $v$ to $4 \lceil v/6 \rceil$ by showing that all hexagons have psd rank four and then using some psd rank calculus from [10]. Slack matrices of polygons have rank three and we use the previous upper bound on polygons to show that all rank three matrices have psd rank at most $4 \lfloor \min\{p, q\}/6 \rfloor$. These results give psd analogs for very recent results on nonnegative rank in [17]. Next we shift gears in Section 4 and examine how low the psd rank of a matrix of fixed rank can get. A nonnegative matrix of rank $\lceil k/2 \rceil$ has psd rank at least $k$. This bound is tight if and only if it is possible to sandwich the psd cone $S^k_+$ in between two polyhedral cones coming from $M$. We then reduce
this geometric condition to the feasibility of a semialgebraic system and use results on quantifier elimination to show that when \( k \) is fixed, it is possible to decide in polynomial time whether a nonnegative matrix of rank \( \binom{k+1}{2} \) has psd rank \( k \).

2. A LOWER BOUND ON PSD RANK OF GENERIC POLYTOPES

In this section we will focus on lower bounds for the psd ranks of generic polytopes. A polytope \( P \subseteq \mathbb{R}^n \) is said to be generic if the coordinates of its vertices form an algebraically independent set over the rationals, i.e. the vertex coordinates do not satisfy any non-trivial polynomial equation with rational coefficients. It is clear that no simple description of such a polytope can be expected. It was shown in [12] that the nonnegative rank of a generic polygon with \( v \) vertices is at least \( \sqrt{2v} \). Their proof in fact extends to showing that the nonnegative rank of a generic \( n \)-dimensional polytope with \( v \) vertices is at least \( \sqrt{nv} \). We adapt the philosophy of their proof to the psd case to prove the lower bound, \( \text{rank}_{\text{psd}}(P) \geq (nv)^{\frac{1}{4}} \).

**Theorem 2.1.** If \( P \subseteq \mathbb{R}^n \) is a generic polytope with \( v \) vertices, then its psd rank is at least \( (nv)^{\frac{1}{4}} \).

**Proof.** Let \( d_k := \frac{k(k+1)}{2} \) be the dimension of the \( \mathbb{R} \)-vector space \( S^k \) of \( k \times k \) real symmetric matrices. Suppose \( P \subseteq \mathbb{R}^n \) is a generic polytope with \( v \) vertices and \( \text{rank}_{\text{psd}}(P) = k \). Then \( P \) is the image under a linear map of a spectrahedron living in \( S^k_+ \). Without loss of generality, we may assume that this linear map is projection onto the first \( n \) coordinates and that \( P \) can be written as:

\[
P = \{ (x_1, \ldots, x_n) \mid \exists x_{n+1}, \ldots, x_{d_k-1} \text{ with } g(x_1, \ldots, x_{d_k-1}) \geq 0 \}
\]

where \( g(x_1, \ldots, x_{d_k-1}) = x_1 G_1 + \ldots + x_{d_k-1} G_{d_k-1} + G_d, \) each \( G_i \in S^k \).

Let \( \Gamma \) be the set of distinct real entries in the matrices \( G_i \). Then \( |\Gamma| \leq d_k^2 \leq k^4 \). Consider the extension field \( \mathbb{Q}(\Gamma) \) and its real closure \( \mathbb{R}(\Gamma) \). The transcendence degree of \( \mathbb{Q}(\Gamma) \) is at most \( |\Gamma| \) (see [12] Chap 6 for the definition of transcendence degree and its basic properties). We now show that the vertex coordinates of \( P \) are all contained in \( \mathbb{Q}(\Gamma) \).

Let \( p = (p_1, \ldots, p_n) \) be a vertex of \( P \) and \( \omega \in \mathbb{Q}^n \) a vector such that the linear program \((L)\): \( \max\{\omega^T x : x \in P\} \) has \( p \) as its unique optimal point. Let \( \bar{\omega} := (\omega, 0, \ldots, 0) \in \mathbb{Q}^{d_k} \) and let \( S := \{ (x_1, \ldots, x_{d_k-1}) \mid g(x_1, \ldots, x_{d_k-1}) \geq 0 \} \). Then the semidefinite program \((SP)\): \( \max\{\bar{\omega}^T x : x \in S\} \) has the the same optimal value as \((L)\) and the solutions of \((SP)\) are the points in \( S \) that project to \( p \).

We may assume that \( S \cap \text{int}(S^k_+) \neq \emptyset \) (else we could write \( P \) as the projection of a spectrahedron from a smaller psd cone). Hence, Slater’s condition [19] Chap 4] is satisfied for \((SP)\). Let \((SD)\) denote the semidefinite program dual to \((SP)\). From semidefinite programming duality theory [19] Chap 4], we know that a pair \((x, Y) \in \mathbb{R}^{d_k-1} \times S^k \) is an optimal primal-dual pair for the programs \((SP)\), \((SD)\) if and only if they satisfy the following first order conditions:

\[
g(x) \geq 0, \quad Y \succeq 0, \quad \langle G_i, Y \rangle = \bar{\omega}_i, \quad \langle g(x), Y \rangle = 0.
\]

These conditions are a series of polynomial equations and inequalities with coefficients in \( \mathbb{Q}(\Gamma) \). By the Tarski-Seidenberg Theorem [1] Chap 5], we have that there exists a solution to these equations over \( \mathbb{R} \) if and only if there exists a solution to these equations over \( \mathbb{Q}(\Gamma) \). Since Slater’s condition was satisfied, strong duality holds for \((SP)\), and there are solutions \((x, Y)\) over \( \mathbb{R} \). By our choice of \((SP)\), we have

\[
\text{rank}_{\text{psd}}(P) \geq (nv)^{\frac{1}{4}}.
\]
that each of these solutions \((x, Y)\) is of the form \((p_1, \ldots, p_n, x_{n+1}, \ldots, x_{d_k-1}, Y)\). Hence, the coordinates \(p_1, \ldots, p_n\) are contained in \(\mathbb{Q}(\Gamma)\).

By repeating this procedure for each vertex of \(P\), we see that \(\mathbb{Q}(\Gamma)\) contains \(nv\) algebraically independent elements. Thus, the transcendence degree of \(\mathbb{Q}(\Gamma)\) is at least \(nv\). Hence, we have that \(nv \leq |\Gamma| \leq k^4\). \(\square\)

In \([8]\), the authors also prove that for each \(v \geq 3\), there is a \(v\)-gon with integer vertices lying in \([2v] \times [4v^2]\) whose nonnegative rank is \(\Omega((v/\log v)^{\frac{3}{2}})\). The same statement also holds in the psd setting with the bound changing to \(\Omega((v/\log v)^{\frac{1}{2}})\) as recently shown in \([3]\).

3. An Upper Bound on PSD Rank of Polygons

The result in the previous section implies that the psd rank of a generic \(v\)-gon is at least \((2v)^{\frac{1}{2}}\), while on the other hand, \(v\) is a trivial upper bound on the psd rank of any \(v\)-gon since its slack matrix has size \(v \times v\). This tells us that the worst case rank of a \(v\)-gon lies somewhere between the two. In this section we will use some simple geometric tools to show that the trivial upper bound can be slightly improved by a constant to \(4 \lceil \frac{v}{6} \rceil\). This result can be stated more generally for matrices of rank three. We will show that if \(M\) is a nonnegative matrix of rank three of size \(p \times q\), then \(\text{rank}_{\text{psd}}(M) \leq 4 \min\{p, q\} + 1\). These results are analogous to recent results on nonnegative rank of polygons and rank three matrices. In \([17]\), Shitov proved that the nonnegative rank of a \(v\)-gon is at most \(\lceil \frac{6v}{25} \rceil\), and more generally, that the nonnegative rank of a rank three nonnegative matrix of size \(p \times q\) is at most \(\lceil \frac{6 \min\{p, q\}}{7} \rceil\). Thus once again, matching psd results are possible.

We begin with a general lemma about psd rank of polytopes.

**Lemma 3.1.** Let \(P\) be a polytope with \(\text{rank}_{\text{psd}}(P) = k\), and let \(\widetilde{P}\) be a polytope obtained from \(P\) by adding either a single inequality to the facet description of \(P\) or a single point to the vertex description of \(P\). Then \(\text{rank}_{\text{psd}}(\widetilde{P}) \leq k + 1\).

**Proof.** First, suppose that \(\widetilde{P}\) arises by adding a single inequality to the facet description of \(P\). Then there exists some affine halfspace \(A\) such that \(\widetilde{P} = P \cap A\). Write \(A\) in the form \(\{x \in \mathbb{R}^n \mid a_0 + a_1 x_1 + \ldots + a_n x_n \geq 0\}\). Since \(\text{rank}_{\text{psd}}(P) = k\), we can write \(P\) in the form:

\[
P = \{(x_1, \ldots, x_n) \mid \exists x_{n+1}, \ldots, x_{d_k-1} \text{ with } g(x_1, \ldots, x_{d_k-1}) \geq 0\}
\]

where \(g\) is the linear pencil given by matrices \(G_1, \ldots, G_{d_k} \in S^k\). Now define a vector \(\tilde{a} = (a_1, \ldots, a_n, 0, \ldots, 0, a_0)\) and define matrices \(\tilde{G}_i \in S^{k+1}\) where the upper left block is \(G_i\), the lower right diagonal entry is \(\tilde{a}_i\), and all other entries are 0. If we let the \(\tilde{G}_i\)’s play the role of the \(G_i\)’s in (1), then this new set will be equal to \(\widetilde{P}\). Hence, \(\widetilde{P}\) has a lift into \(S_+^{k+1}\) and we have that \(\text{rank}_{\text{psd}}(\widetilde{P}) \leq k + 1\).

The case when \(P\) arises by adding a point to the vertex description of \(P\) follows from the fact that a polytope and its polar both have the same psd rank \([10]\). \(\square\)

**Example 3.2.** In \([11]\) it was shown that all triangles and quadrilaterals have psd rank three and any polygon with at least five sides has psd rank at least four. Since a pentagon can be obtained by adding an inequality to the facet description of a quadrilateral, Lemma 3.1 implies that all pentagons have psd rank exactly four.
The following lemma is a direct consequence of the definition of psd rank.

**Lemma 3.3.** Let $P$ be a polytope and suppose there exists a polyhedron $Q$ and a linear map $\pi$ such that $P = \pi(Q)$. Then $\text{rank}_{\text{psd}}(P) \leq \text{rank}_{\text{psd}}(Q)$.

**Theorem 3.4.** Every hexagon has psd rank exactly four, and the psd rank of a polygon with $v$ sides is at most $4\left\lceil \frac{v}{6} \right\rceil$.

**Proof.** Let $H$ be a hexagon. From [11], we know that $\text{rank}_{\text{psd}}(H) \geq 4$. Since psd rank is invariant under invertible affine transformations, we may assume that $H$ has vertices $(1,0), (a,b), (0,1), (c,d), (0,0),$ and $(e,f)$ where $(a,b), (c,d),$ and $(e,f)$ lie in the first, second, and fourth quadrants, respectively, and these points also satisfy $a + b > 1$, $c + d < 1$, and $e + f < 1$.

Consider the polytope $O$ in $\mathbb{R}^3$ with vertices $(0,0,0), (1,0,0), (0,1,0), (0,0,1), (z_1,0,z_3),$ and $(0,w_2,w_3)$. If we impose that $z_1 < 0, z_3 > 0, w_2 < 0, w_3 > 0, z_1 + z_3 < 1,$ and $w_2 + w_3 < 1$, then $O$ has the combinatorial structure of an octahedron. Theorem 4.8 in [11] proves that an octahedron has psd rank four if and only if its vertices satisfy certain planarity conditions. Using our coordinates from the hexagon, let

$$z_1 = c - \frac{ad}{b}, \quad z_3 = d - \frac{be}{a}, \quad w_2 = f - \frac{be}{a}, \quad w_3 = e - \frac{ad}{b}.$$ 

Then the planarity conditions in [11] Theorem 4.8 are satisfied and $\text{rank}_{\text{psd}}(O) = 4$. Define a linear map $\pi : \mathbb{R}^3 \to \mathbb{R}^2$ by the matrix \[
\begin{pmatrix}
1 & 0 & a \\
0 & 1 & b
\end{pmatrix}
\]. Then $\pi(O) = H$ and by Lemma 3.3, $\text{rank}_{\text{psd}}(H) = 4$.

To show the second statement, divide the vertices of a $v$-gon into $\lceil \frac{v}{6} \rceil$ groups of at most six. The convex hull of each group of vertices is a polygon with at most six sides and the $v$-gon is the convex hull of the union of these $\lceil \frac{v}{6} \rceil$ small polygons. Proposition 2.8 in [10] states if a convex set $C$ is the convex hull of $C_1 \cup C_2$ where $C_1$ and $C_2$ are also convex, then $\text{rank}_{\text{psd}}(C) \leq \text{rank}_{\text{psd}}(C_1) + \text{rank}_{\text{psd}}(C_2)$. It now follows that the psd rank of a $v$-gon is at most $4\left\lceil \frac{v}{6} \right\rceil$.

To obtain our results for nonnegative matrices of rank three, we recall the notion of a generalized slack matrix and an interpretation of its psd rank.

**Definition 3.5.** Let $P \subset \mathbb{R}^n$ be a polytope and $Q \subset \mathbb{R}^n$ be a polyhedron with $P \subseteq Q$. Suppose $P$ is represented as a convex hull of points in the form $P = \text{conv}(p_1, \ldots, p_v)$ and $Q$ is represented by inequalities as $Q = \{ x \mid Bx \leq b \}$ where $B$ is an $f \times n$ matrix with rows $B_j$. Then the generalized slack matrix of the pair $P,Q$ is the $v \times f$ nonnegative matrix $S_{P,Q}$ whose $(i,j)$-entry is $b_j - B_j p_i$.

It is a well-known result in the community that the nonnegative rank of $S_{P,Q}$ is the smallest nonnegative rank of a polyhedron $R$ such that $P \subseteq R \subseteq Q$ ([2], see [9],[15] for related statements). The same result holds also for psd rank, and in fact for any cone rank in the sense of [10]. We include a proof of the psd case, as we will use the result more than once and it does not seem to be written anywhere.

**Proposition 3.6.** Let $P$ and $Q$ be polyhedra as in Definition 3.3 and suppose $Q$ does not contain any lines. Then $\text{rank}_{\text{psd}}(S_{P,Q})$ is equal to the smallest $k$ such that there exists an affine slice $L$ of $S^k_+$ and a linear map $\pi$ such that $P \subseteq \pi(L) \subseteq Q$. (We call $k$ the psd rank of the pair $P,Q$ and it measures the smallest possible psd rank of a convex set sandwiched between $P$ and $Q$.)
Then the pair with 1 rows of we are interested in rank psd 1 is a strictly positive vector since

1 − ⟨σk,π⟩ is factorizable through S+ k. By [10, Theorem 2.4], the slack operator S C is factorizable through S+ k, i.e. there exist maps σ : C → S+ k and τ : C ∩ S+ k such that 1 − ⟨x,y⟩ = ⟨σ(x),τ(y)⟩ for (x,y) ∈ C × C ∩ S+ k. Here C ∩ S+ k denotes the polar of C. Then σ(p1),...,σ(pq),τ(B1),...,τ(Bℓ) give a S+ k-factorization of S P,Q, and so k ≥ ℓ. □

Now suppose we are given a nonnegative p × q matrix M with rank (M) = 3 and we are interested in rankpsd (M). First, we may assume that M has no zero rows since adding or removing zero rows from M will not affect its psd rank. Therefore, M1 is a strictly positive vector since M is a nonnegative matrix. Since scaling the rows of M by positive scalars does not affect the psd rank, we can then assume that 1 is in the column span of M. Now consider a rank factorization M = UV with U ∈ R p×3 having rows U i = (1,uT i ) for u i ∈ R 2 and V ∈ R 3×q. Let

\[ P := \text{conv}(u_1, ..., u_p) \quad \text{and} \quad Q := \{ x ∈ R^2 : (1,x^T)V ≥ 0 \} . \]

Then the pair P,Q satisfies the conditions of Proposition 3.6 and M = S P,Q. Hence,

\[ \text{rank}_{\text{psd}} (M) = \text{rank}_{\text{psd}} (S P,Q) ≤ \text{rank}_{\text{psd}} (P) ≤ 4 \left\lfloor \frac{p}{6} \right\rfloor , \]

where the first inequality follows from Proposition 3.6 and the second inequality from Theorem 3.4. Since rankpsd (M) = rankpsd (M T ), we arrive at the following.

**Theorem 3.7.** Let M be a nonnegative p × q matrix with rank (M) = 3. Then rankpsd (M) ≤ 4 \left\lfloor \frac{\min(p,q)}{6} \right\rfloor .

Very little is known about the ranks of v-gons for v ≥ 7. For example, we know that all 7-gons have psd rank either four or five by Theorem 3.4, Lemma 5.1 and [11], but there is no concrete heptagon whose psd rank is actually known. We know some 8-gons with psd rank four, but we have no idea how high their psd rank can be, apart from the trivial upper bound of six, obtained again by Lemma 3.1. In fact the smallest “concrete” polygons known to have psd rank greater than four are the generic polytopes whose lower bounds are guaranteed by Theorem 2.4 which in this case is a generic 129-gon.

**4. Geometry of Minimal PSD Rank**

Up until now in this paper we focused on studying matrices of a fixed rank which have high psd rank. In particular, in the previous section we gave upper bounds on the psd rank of a rank three matrix. In this section we go in the opposite direction and study matrices of fixed rank with minimal psd rank. Given a nonnegative
matrix $M$ of rank three, a dimension count immediately shows that $\text{rank}_{\text{psd}} (M) \geq 2$. We now derive a geometric characterization of when $\text{rank}_{\text{psd}} (M) = 2$ which will generalize to higher values of rank and yield a complexity result for psd rank.

As before Theorem 4.3.7 we may assume that our rank three matrix $M$ has size $p \times q$, it has no all-zero rows or columns, and that $\mathbb{1}$ is in the column span of $M$. Let $M = UV$ be a rank factorization of $M$ with $\mathbb{1}$ as the first column of $U$. Let the rows of $U$ be $(1, u_1^T), \ldots, (1, u_p^T)$ and define polyhedra $P := \text{conv}(u_1, \ldots, u_p)$ and $Q := \{ x \in \mathbb{R}^2 \mid (1, x^T)V \geq 0 \}$ as before. Then $\mathbb{P} \subseteq Q$ and $M = \mathbb{S}_{P,Q}$.

By Proposition 3.6 we know that $\text{rank}_{\text{psd}} (M) = 2$ if and only if there exists a linear map $\pi$ and an affine space $L$ such that $\mathbb{P} \subseteq \pi(L \cap \mathbb{S}_{P,Q}^2) \subseteq Q$. Since translating $P$ and $Q$ will not affect the slack matrix $M$, we may assume that $0 \in \text{int}(\mathbb{P})$. Under this assumption, we see that the affine space $L$ cannot be all of $\mathbb{S}^2$. Hence, $L$ must be a two-dimensional slice of $\mathbb{S}^2$ and $\pi|_L$ must be invertible. Since $\mathbb{S}_{P,Q}^2$ is linearly equivalent to the positive half of the three-dimensional second order cone, $\{(x,y,z) \mid x^2 + y^2 \leq z^2 \text{ and } z \geq 0\}$, we see that $L \cap \mathbb{S}_{P,Q}^2$ is the linear image of a “half-conic” where the half-conics are all the ellipses, parabolas, and connected components of hyperbolas in $\mathbb{R}^2$. Finally, we use the fact that the set of conics is invariant under invertible linear transformations to see the following.

**Proposition 4.1.** Let $M$ be a nonnegative rank three matrix. Let $\mathbb{P} \subseteq Q \subseteq \mathbb{R}^2$ be the polytope and polyhedron arising from a rank factorization of $M$ as above. Then $\text{rank}_{\text{psd}} (M) = 2$ if and only if there exists a half-conic $C$ such that $\mathbb{P} \subseteq C \subseteq Q$. In particular if $Q$ is bounded, then $\text{rank}_{\text{psd}} (M) = 2$ if and only if we can fit an ellipse between $P$ and $Q$.

**Example 4.2.** Consider the one-parameter family of matrices

$$M_\varepsilon = \begin{bmatrix} 2 - \varepsilon & 2 - \varepsilon & \varepsilon & \varepsilon \\ \varepsilon & 2 - \varepsilon & 2 - \varepsilon & \varepsilon \\ \varepsilon & \varepsilon & 2 - \varepsilon & 2 - \varepsilon \\ 2 - \varepsilon & \varepsilon & \varepsilon & 2 - \varepsilon \end{bmatrix},$$

with $\varepsilon \in [0,1]$. For $\varepsilon \neq 1$ this matrix has rank $3$, and we would like to know for which (if any) values of $\varepsilon$ we get $\text{rank}_{\text{psd}} (M) = 2$. Note that $M_\varepsilon = \mathbb{S}_{(1-\varepsilon)^2P,P}$, where $P$ is the $\pm 1$ square. It is easy to see that we can put a half-conic between $(1-\varepsilon)P$ and $P$ if and only if $1 - \varepsilon \leq \sqrt{2}/2$ as seen in Figure 4. Since it is known that the square itself has psd rank three, Proposition 3.6 allows us to completely determine the psd ranks of this matrix family:

$$\text{rank}_{\text{psd}} M_\varepsilon = \begin{cases} 1 & \text{if } \varepsilon = 1; \\ 2 & \text{if } \varepsilon \in [1 - \sqrt{2}/2, 1); \\ 3 & \text{if } \varepsilon \in [0, 1 - \sqrt{2}/2). \end{cases}$$

The geometric techniques used above generalize to higher rank matrices. Let $M \in \mathbb{R}^{p \times q}$ be a nonnegative matrix of rank $d = \binom{k+1}{2}$. Then by a dimension count, $\text{rank}_{\text{psd}} (M) \geq k$. Thus we can ask the following decision problem about $M$:

**Definition 4.3.** MIN PSD RANK: Given a nonnegative matrix $M$ of rank $\binom{k+1}{2}$, is $\text{rank}_{\text{psd}} (M) = k$?

For ease in working with higher dimensions, we will switch from the polytope viewpoint used above to a conic viewpoint. In the remainder of this section $d = \binom{k+1}{2} = \text{rank} (M)$. Let $M = UV$ be a rank factorization and let $P,Q$ be the cones
Proposition 4.4. The psd rank of $M$ is $k$ if and only if there is an invertible linear map $\pi : S^k \to \mathbb{R}^d$ such that $P \subseteq \pi(S^k_+) \subseteq Q$.

In [18], Vavasis defined EXACT NMF (Nonnegative Matrix Factorization) as the problem of determining whether the nonnegative rank of a given matrix $M$ equals its rank. He also defined INTERMEDIATE SIMPLEX which asks, given two nested polyhedra $P \subseteq Q$, if there is a simplex $T$ such that $P \subseteq T \subseteq Q$. He proceeded to show that EXACT NMF is equivalent to INTERMEDIATE SIMPLEX. The above reduction of MIN PSD RANK to the geometric condition of Proposition 4.4 can be thought of as the psd analog to the equivalence shown by Vavasis.

Now we will reduce the geometric criterion into a semialgebraic set feasibility problem. Consider the basis of $S^k$ given by the elementary symmetric matrices $E_{ij}$ defined as follows. Let $E_{ii}$ be the matrix with a one in position $(i, i)$ and zeros everywhere else. For $i < j$, let $E_{ij}$ be the matrix with $\frac{1}{\sqrt{2}}$ in positions $(i, j)$ and $(j, i)$ and zeros everywhere else. This basis allows a natural bijection between $S^k$ and $\mathbb{R}^d$ by identifying a symmetric matrix $Y = \sum_{1 \leq i \leq j \leq d} E_{ij} y_{ij}$ with the vector $y = (y_{ij}) \in \mathbb{R}^d$. Note that this bijection preserves the inner product in $S^k$ (this is the reason for the $\sqrt{2}$ factors). Let $L$ be the $r \times r$ nonsingular matrix representing the invertible linear map $\pi$ with respect to the above basis. Then $\pi(Y) = Ly$, and $\pi^{-1} : \mathbb{R}^d \to S^k$ sends $z \mapsto L^{-1}z$ where $L^{-1}z$ corresponds to a matrix in $S^k$ under the bijection discussed above. We can now write down the conditions given by Proposition 4.4 in terms of $L$ and $L^{-1}$.

The condition that $P \subseteq \pi(S^k_+)$ is equivalent to $\pi^{-1}(u_i) \in S^k_+$ for every generator $u_i$ of $P$. Thus we need $L^{-1}u_i \succeq 0$ for each row $u_i$ of $U$. Note that each entry in the symmetric matrix corresponding to $L^{-1}u_i$ is a linear polynomial in the entries of $L^{-1}$. The condition $\pi(S^k_+) \subseteq Q$ says that for each column $v_j$ of $V$, the linear inequality $v_j^T x \succeq 0$ is valid on $\pi(S^k_+)$, or equivalently, that for every matrix $A \in S^k_+$, $v_j^T (\pi(A)) \succeq 0$. Therefore, we get that for every column $v_j$ of $V$, the symmetric matrix corresponding to $v_j^T L$ is psd. Putting all this together we get the following reduction of the MIN PSD RANK problem.

Proposition 4.5. The matrix $M$ has psd rank $k$ if and only if there are two matrices $L, K \in \mathbb{R}^{d \times d}$ such that
(1) $L$ is the inverse of $K$, i.e., $LK = KL = I$.
(2) The $k \times k$ linear matrix inequality $K u_i \succeq 0$ holds for each row $u_i$ of $U$.
(3) The $k \times k$ linear matrix inequality $v_j^T L \succeq 0$ holds for each column $v_j$ of $V$.

Further, the above system can be written down in polynomial time from $M$.

Proof. The equivalence of MIN PSD RANK and the feasibility of the above system was argued in the discussion before the proposition. The scalars in the system come from a rank factorization of $M$ which can be done in polynomial time. □

The number of variables in the above semialgebraic system depends only on $k$ and not on the size of the input matrix $M$. In [10], Renegar showed that the feasibility of a system of $m$ polynomial inequalities and equalities in $\ell$ variables with degree at most $j$ can be determined in time $(mj)^{O(\ell)}$. Here, Renegar used the Blum-Shub-Smale model of complexity for computing with real numbers, so the only requirement on the coefficients of the polynomials is that they are real numbers. We use this to get a complexity result for MIN PSD RANK.

**Theorem 4.6.** Using the Blum-Shub-Smale model of complexity, the problem MIN PSD RANK can be solved in time $(pq)^{O(d^{2.5})}$ where $p \times q$ is the dimension of the input matrix $M$ and $d = \binom{k+1}{2}$ is the rank of $M$. In particular, for fixed rank, the problem MIN PSD RANK can be solved in polynomial time.

Proof. First, we consider the problem formulated in Proposition 4.5. This problem can be formulated as the existence of a solution to a system of $d^2 + 2k(p + q)$ polynomial equalities and inequalities in $2d^2$ variables with each polynomial having degree less than or equal to $k$. By applying [16] and noting that $d \sim k^2$, we see that this problem can be solved in time $(pq)^{O(d^{2.5})}$. We conclude by noting that MIN PSD RANK can be reduced to the above problem in time polynomial in $pq$. □

In [18], Vavasis showed that EXACT NMF is NP-Hard. The corresponding question for MIN PSD RANK is still open. We can consider the more general problem: given a nonnegative $p \times q$ matrix $M$ and a number $k$, determine if $\text{rank}_{psd}(M) \leq k$.

For the analogous problem with nonnegative rank, Moitra [14] showed an algorithm that runs in time $(pq)^{O(k^3)}$. Theorem 4.6 can be seen as a restricted psd analog of Moitra’s result.

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CMUC, DEPARTMENT OF MATHEMATICS, UNIVERSITY OF COIMBRA, 3001-454 COIMBRA, PORTUGAL  
E-mail address: jgouveia@mat.uc.pt

DEPARTMENT OF MATHEMATICS, UNIVERSITY OF WASHINGTON, BOX 354350, SEATTLE, WA 98195, USA  
E-mail address: rzr@uw.edu

DEPARTMENT OF MATHEMATICS, UNIVERSITY OF WASHINGTON, BOX 354350, SEATTLE, WA 98195, USA  
E-mail address: rrthomas@uw.edu