The static spherically symmetric body in relativistic elasticity

Jörg Frauendiener¹ and Alexander Kabobel²

¹ Center of Mathematics for Applications, University of Oslo, PO Box 1053 Blindern, NO-0316 Oslo, Norway
² Institut für Astronomie und Astrophysik, Universität Tübingen, Auf der Morgenstelle 10, D-72076 Tübingen, Germany

E-mail: joergf@cma.uio.no and alexander.kabobel@uni-tuebingen.de

Received 3 July 2007
Published 3 September 2007
Online at stacks.iop.org/CQG/24/4817

Abstract

In this paper, a class of static spherically symmetric solutions of the general relativistic elasticity equations is discussed. The main point of the discussion is the comparison of two matter models given in terms of their stored energy functionals, i.e., the rule which gives the amount of energy stored in the system when it is deformed. Both functionals mimic (and for small deformations approximate) the classical Kirchhoff–St Venant materials but differ in the strain variable used. We discuss the behavior of the systems for large deformations.

PACS numbers: 04.40.−b, 04.40.Dg

(Some figures in this article are in colour only in the electronic version)

1. Introduction

Classical elasticity is a phenomenological theory to describe the properties of solids. It is used heavily in applications such as structural mechanics and other engineering disciplines. This also explains the influence of classical elasticity in the formulation of the popular finite element method for the numerical solution of partial differential equations (see, e.g., [1]). While it is entirely sufficient to restrict oneself to a classical theory for bulk matter to describe everyday engineering problems, it is nevertheless of conceptual interest to formulate a theory of elasticity which is compatible with the spacetime structure established by Einstein’s theories of relativity.

The first attempts to merge elasticity with special relativity go back to the early 20th century and there have been several other formulations including Synge [2] and Rayner [3]. The most influential work, however, has been the paper by Carter and Quintana [4] who formulated the geometric setting for the theory and derived the basic field equations. The theory has also been considered from a field theoretical point of view by Kijowski and Magli...
Recently, the theory has been analyzed from the point of view of the initial-value problem formulation by Beig and Schmidt [6]. They showed that the field equations can be put into a first-order symmetric hyperbolic form and they prove among other things that the Cauchy problem for the system is well posed under various circumstances. Based on this formulation it is shown in [7] that there exist solutions of the elasticity equations in Newtonian theory and in special relativity describing elastic bodies in rigid rotation. In [8], it is proved that there exist solutions of the static elastic equations for sufficiently weak gravitational interaction. Losert [9] analyzes the case of a self-gravitating elastic spherical shell and shows the existence of solutions in the Newtonian case.

In a series of papers [10–12], Karlovini, Samuelsson and Zarroug adopt the formulation of Carter and Quintana to discuss spherically symmetric equilibrium configurations and their radial perturbations. They also present an exact static and spherically symmetric solution with constant energy density.

Our intention in this paper is to discuss two different equations of state in the static and spherically symmetric context with two different materials. In [6], the familiar Kirchhoff–St Venant stored energy functional for hyper-elastic isotropic materials has been extended to the relativistic case. Recall that this functional is quadratic in the strain variable and contains the Lamé coefficients as two material constants. Kijowski and Magli in [5] use the same functional. However, they adopt a different definition for their strain variable which has a nonlinear relationship to the strain used by Beig–Schmidt. Hence, this results in two different stored energy functionals which have the property that, by construction, they agree with the classical Kirchhoff–St Venant functional in the non-relativistic, small deformation limit.

The plan of the paper is as follows. In section 2, we provide the necessary background on the formulation of the theory of relativistic elasticity. The exposition follows that of [6]. We present the two formulations by Beig–Schmidt and Kijowski–Magli and point out their differences. It turns out that the only difference is in the definition of the strain variable which accounts for the above-mentioned different energy functionals.

In section 3, we specialize to the static and spherically symmetric case and derive the equations which govern this situation. We show that this system of equations has a unique smooth solution once the central compression of the body has been specified.

Section 4 is devoted to a study of various models. In order to compare the two energy functionals we consider various scenarios. We discuss a solid aluminum sphere and a relativistic highly compact material similar to the nucleonic matter inside a neutron star, described with both theories and the classical theory of elasticity. We also discuss how the choice of different natural states affects the solutions.

2. Preliminaries

2.1. Relativistic elasticity

The relativistic theory of elasticity in the form that we will use in this work has been described in [6]. The kinematic structure of the theory can be formulated as follows. As the basic variable one considers a (smooth) map

$$f : \mathcal{M} \to \mathcal{B} \quad (2.1)$$

from spacetime $\mathcal{M}$ to a three-dimensional manifold $\mathcal{B}$, the ‘material manifold’ or ‘body manifold’ or simply ‘the body’. This is a reference manifold which carries some additional structure which will be described later. The body manifold can be interpreted as the collection $\mathcal{B}$. In this paper, we use geometric units and the conventions of [22].
The static spherically symmetric body in relativistic elasticity

Coordinates on $\mathcal{B}$ are labels for each individual ‘particle’ of the body. The map $f$ is a map from a four-dimensional to a three-dimensional manifold, so its derivative $df$ must have a kernel. One requires that $F = df$ has maximal rank at each point so that this kernel has dimension 1 and is spanned by a unit vector field $u^a$. Using small Latin indices for tensors on $\mathcal{M}$ and capital Latin indices for tensors on $\mathcal{B}$, the derivative of $f$ may be written as $F^a_A = \partial_a f^A$. In local coordinates $(x^u)$ on $\mathcal{M}$ and $(X^A)$ on $\mathcal{B}$ the map $f$ is given by expressions of the form

$$X^A = f^A (x^u).$$

(2.2)

The dynamics of the theory is specified by a Lagrangian density $\rho$ which is regarded as a functional of $f$ and its first derivative $df$. In addition, it will depend on the metric $g$. Thus, the action may be written as

$$A[f, df; g] = \int \rho[f, df; g] \sqrt{-\det g} \, d^4 x.$$  

(2.3)

The Euler–Lagrange equations for this action are

$$\mathcal{A}_A := \frac{1}{\sqrt{-\det g}} \partial_a \left( \sqrt{-\det g} \frac{\partial \rho}{\partial (\partial_a f^A)} \right) - \frac{\partial \rho}{\partial f^A} = 0.$$  

(2.4)

From the properties of $f$ one can already derive several useful consequences. Let $\Omega_{ABC}$ be a 3-form on $\mathcal{B}$. This 3-form can be interpreted as defining a measure on $\mathcal{B}$ which gives to each subset of $\mathcal{B}$ the number of particles contained in it. The pullback of $\Omega_{ABC}$ to $\mathcal{M}$ along $f$ is a 3-form $\omega_{abc}$ on $\mathcal{M}$ which is dual to a vector field $\omega^a$. It is clear that this vector field spans the kernel of $f$ so that it must be proportional to $u^a$. Hence, we have the formulae

$$\omega_{abc} = \Omega_{ABC} F^A_B F^C_C = \epsilon_{abc} \omega^d, \quad \omega^a = n u^a = \frac{1}{6} \epsilon^{abcd} \omega_{bcd}.$$  

(2.5)

The proportionality factor $n$ is interpreted as the number density of particles (baryon density) constituting the body in the state it acquires when embedded into spacetime.

The energy–momentum tensor of the theory is defined as usual by the variation of the action with respect to the metric

$$T_{ab} = -2 \frac{\partial \rho}{\partial g_{ab}} + \rho g_{ab}.$$  

(2.6)

A consequence of the diffeomorphism invariance of the Lagrangian is (see [6]) that

$$\nabla_b T^b_a = \mathcal{A}_A F^A_a,$$  

(2.7)

i.e., that the elastic field equations are satisfied if and only if the energy–momentum tensor is divergence free. This is not necessarily the case in other field theories, such as, e.g., for the Maxwell field.

The inverse metric $g^{ab}$ defines a contravariant, symmetric and positive definite 2-tensor $H^{AB}$ on the body by push-forward with the map $f$ (the minus sign is due to our signature)

$$H^{AB} = -g^{ab} F^A_a F^B_b.$$  

(2.8)

This characterizes the current state of the body which can vary due to the spacetime curvature. In order to describe the variation the conventional way is to compare the actual state with a reference state that is given a priori as a fixed structure on the body $\mathcal{B}$. This can be done by postulating the existence of a (positive definite) reference metric $\gamma_{AB}$ on the body manifold which characterizes a ‘natural’ state of the body in which—by definition—there is no strain$^4$. The difference $E^{AB} = H^{AB} - \gamma^{AB}$ between $H^{AB}$ and the inverse $\gamma^{AB}$ provides

$^4$ Carter and Quintana [4] point out that in the context of neutron stars where the solid structure of the material exists only due to the high pressure, it is useless to specify an undeformed state. They propose a high-pressure formulation in which one does not specify a strain-less state but for a fixed value of the pressure one specifies a state with shear. We will not pursue this formulation further but leave it for a separate investigation.
a measure of the ‘size’ of the strain on the body. Equivalently, one may use the linear map 
\[ E = H^{AB} - \delta^{A} \delta^B \]
obtained by lowering an index on \( E^{AB} \) with \( \gamma^{AB} \).

Writing \( \rho = ne \) where \( e \) is the energy per particle the second Piola–Kirchhoff stress tensor is obtained as the derivative

\[ \tau_{AB} = 2 \frac{\partial e}{\partial H^{AB}}. \]  

Thus, specifying \( e \) as a function of the strain provides the stress–strain relation, i.e., the equation of state for the material under consideration. If the stress tensor \( \tau_{AB} \) does not vanish in the natural state in which there is no strain then one talks about a pre-stressed state; otherwise the state is called stress free or relaxed. We will be concerned only with a relaxed state. Thus, the energy density has a minimum in the natural state. For most applications it is enough to assume that the energy density is at most quadratic in the strain and we will do so here.

Invariance under coordinate transformations in the body implies that it can depend only on the scalar invariants of \( E \) and since we are in three dimensions those invariants which are at most quadratic in \( E \) are \( \text{Tr} E \) and \( \text{Tr}(E^2) \). Thus, the energy density can be written as

\[ \rho = \frac{nm}{\sqrt{\det \gamma}} \left( 1 + \frac{1}{8} \left( p \text{Tr}(E^2) + q \left( \text{Tr} E \right)^2 \right) \right), \]

where \( m \) is the rest mass of a particle and \( p \) and \( q \) are constants. This is the stored energy functional which is assumed in [6]. It describes the so-called Kirchhoff–St Venant materials. When we refer below to the Beig–Schmidt (BS) formulation we mean the use of this stored energy functional.

The fact that there exists a metric on the body implies that there are now two 3-forms available: the 3-form \( \Omega_{ABC} \) which gives the number of particles in each sub-domain of the body and the volume form \( V_{ABC} \) induced by \( \gamma_{AB} \) which gives the volume of the sub-domain. Since the two forms must be proportional we have

\[ \Omega_{ABC} = n_0 V_{ABC}, \]

thus defining the particle density \( n_0 \) in the natural state. This can be used to define the mass density \( \rho_0 = mn_0 \) in the natural state. Using the ‘natural’ particle density \( n_0 \) we can obtain the following formula:

\[ \omega_{abc} = \Omega_{ABC} F^A_a F^B_b F^C_c = n_0 V_{ABC} F^A_a F^B_b F^C_c = n \epsilon_{abcd} u^d = n \epsilon_{abc}. \]

In local coordinates where \( \Omega_{ABC} \parallel \sqrt{\det \gamma} \ dx^3 \) and \( \epsilon_{abc} \parallel \sqrt{-\det h} \ dx^3 \) with \( h_{ab} = g_{ab} - u_a u_b \), we have

\[ n_0 \sqrt{\det \gamma} \det F = n \sqrt{-\det h}. \]

2.2. The Kijowski–Magli strain

The main difference between the Beig–Schmidt [6] and Kijowski–Magli [5] formulations is the choice of the variable which measures the deformation. Beig–Schmidt use the difference between the actual and the relaxed metrics on the body while Kijowski–Magli use a logarithmic variable. They claim that this variable has better behavior when large deformations are studied.

With our choice of conventions and notation this variable is

\[ S^a_b = -\frac{1}{2} \log \left( u_a u^b - \gamma^a_b \right), \]

where \( \gamma_{ab} = F^A_a F^B_b \gamma_{AB} \) is the pullback of the reference metric on \( \mathcal{B} \) to the spacetime. Note, that \( \gamma_{ab} \) is positive definite so that the tensor inside the parentheses has only positive eigenvalues and the logarithm is well defined.
Kijowski–Magli write an action functional in terms of this variable. As before, the scalar character of the action implies that it can depend only on the scalar invariants of $S$ and Kijowski–Magli assume that it is at most quadratic in $S$. They introduce the invariants
\[ \alpha = \text{Tr} \, S, \quad \beta = \frac{1}{2} \text{Tr} \, S^2 \] (2.14)
where $\tilde{S}$ is the trace-free part of $S$. Then, they write the action in the form
\[ \mathcal{A} = \int n \left( m + \frac{1}{2} A \alpha^2 + B \beta \right) \sqrt{-\det g} \, d^4x. \] (2.15)
Here, we have adapted the formula of Kijowski–Magli somewhat because we use the particle density $n$ instead of the matter density and consequently we have to interpret $e$ as the energy per particle. When we refer to the Kijowski–Magli (KM) formulation we mean the use of this stored energy functional.

When deriving the equations of motion Kijowski and Magli use familiar techniques from Lagrangian field theory. However, their energy–momentum tensor is the canonical one and not the dynamical (symmetric) one which is obtained by varying the action with respect to the metric (see [13] for a thorough discussion of this difference). Since we use the latter tensor we cannot simply take over the expression of Kijowski–Magli. Instead, we need to derive this energy–momentum tensor explicitly as given in appendix A. We obtain
\[ T_{ab} = \rho u_a u_b + n \alpha A h_{ab} + n B \tilde{S}_{ab}. \] (2.16)

2.3. Comparison of the two formulations

In this section, we want to compare the two presented formulations of relativistic elasticity. We establish that they agree on the linearized level and show how they differ for large deformations. In order to compare these two formulations we introduce the following variable which measures the deformation from a given state:
\[ \epsilon_{ab} = - (h_{ac} + \gamma_{ac}) h_{cb} = - h_{ab} - \gamma_{ab} . \]
In terms of $\epsilon_{ab}$ we can write the KM deformation tensor in the form
\[ S = - \frac{1}{2} \log(1 + \epsilon). \]
The BS deformation is $E^{AB} = H^{AB} - \gamma^{AB}$. We can relate these two difference deformation variables by the following computation:
\[ E_{ab} = F^a_b F^b_a, \]
\[ E^{AB} = -X^{cd} F^a_b Y^{CD} F^D_c Y_{CD} - X^{cd} Y_{AB} Y_{CD} Y^{CD} \]
\[ = -Y_{ac} (h_{bd} + \gamma_{bd}) X^{cd} = \gamma_{ac} \epsilon_{bd} . \] (2.17)
It follows that $E^{A}_A = (H^{AB} - \gamma^{AB}) Y^{AB} = \epsilon_{ab} h_{ab} = \epsilon_a^a$ and also $E_{AB} E^{AB} = \epsilon_{ab} \epsilon^{ab}$. Thus, the BS-energy density takes the form
\[ \rho_{BS} = n m \left( 1 + \frac{1}{2} \left\{ pe_{ab} \epsilon^{ab} + q (\epsilon_a^a)^2 \right\} \right) . \]
The KM variables $\alpha$ and $\beta$ can be expressed in terms of $\epsilon$ as well. Thus, e.g., $\alpha$ becomes
\[ \alpha = - \frac{1}{2} \log \det(1 + \epsilon) \]
and, similarly, $\beta$ can be expressed as before in terms of $S$ and hence in terms of $\epsilon$. In order to connect with the BS formulation we expand the energy density up to quadratic terms in $\epsilon$. For the expansion of $\alpha$ and $\beta$ we find
\[ S_{ab}^a \approx - \frac{1}{2} \epsilon_{ab}^a, \quad \alpha \approx - \frac{1}{2} \epsilon_{ab}^a, \quad \beta \approx \frac{1}{8} \epsilon_{ab} \epsilon^{ab} - \frac{1}{24} (\epsilon_a^a)^2 . \]
so that the energy density of Kijowski–Magli up to second order in $\epsilon$ is

$$\rho_{KM} = n \left( m + \frac{1}{2} A \alpha^2 + B \beta \right) \approx n \left( m + \frac{A}{8} \epsilon_a^a \right)^2 + \frac{B}{8} \epsilon_a^a \epsilon_b^b - \frac{B}{24} \left( \epsilon_a^a \right)^2.$$ 

The expressions for the energy density in the two formulations agree in this approximation if we put

$$mp = B, \quad mq = A - \frac{1}{3} B.$$

The coefficients in front of the quadratic terms can be related to the classical elastic constants. Introducing the number density $n_0$ in the natural state one defines the Lamé coefficients $\lambda = n_0mq$ and $2\mu = n_0mp$. Then, $n_0mA$ becomes the bulk modulus $K$ while $\mu$ is the shear modulus of the material.

Under these circumstances the energy–momentum tensor is given up to first-order terms in $\epsilon_{ab}$ by

$$T_{ab} = \frac{n}{n_0} \rho_0 u_a u_b - \frac{1}{2} \frac{n}{n_0} (2\mu \epsilon_{ab} - \lambda \epsilon^c_c \gamma_{ab}).$$

We contrast this with the exact energy–momentum tensors

$$\text{BS: } T_{ab} = \frac{n}{n_0} \rho_0 u_a u_b + \frac{1}{2} \frac{n}{n_0} (2\mu \gamma_{ab} \epsilon^c_b + \lambda \epsilon^c_c \gamma_{ab})$$

$$\text{KM: } T_{ab} = \frac{n}{n_0} \rho_0 u_a u_b + \frac{n}{n_0} (2\mu \gamma_{ab} \alpha + \lambda S_{ab}).$$

In the case of no deformation, i.e., at a point where the body is in the natural state, one has

$$\gamma_{ab} = -h_{ab}.$$ 

The BS-energy–momentum tensor reflects this relationship. It almost agrees with the linearized energy–momentum tensor except that $\gamma_{ab}$ appears instead of $-h_{ab}$. Both theories are quadratic in their respective deformation variables and therefore describe in some sense a Hookean theory in which stress and strain are proportional. However, the relationship between the two different strain variables is highly nonlinear. While the two energy–momentum tensors agree for small strain they disagree heavily for large deformations. Similarly, the stored energy functionals which give the energy per particle as a function of strain are completely different in the two cases when viewed in terms of the strain variable $\epsilon_{ab}$. Thus, the two formulations describe materials with different equations of state. Both materials behave like the usual Kirchhoff–St Venant materials for small strain, but have completely different behavior for large deformations. We want to explore some of the consequences of these differences in the remainder of this paper.

In the KM formulation the strain variable is defined in terms of the difference tensors in space. This results in a term proportional to $h_{ab}$ in the energy–momentum tensor, i.e. a term which is isotropic in space. In contrast, in [6] the difference between the actual and the reference state on the body is used as the basic variable. This results in a term proportional to $\gamma_{ab}$, i.e. isotropic on the body. This has the consequence that it is much easier to describe a fluid as a special case of elastic material within the KM framework than in the BS case.

3. Spherical symmetry

Now we specialize to spherical symmetry. We take the spacetime metric to be the general spherically symmetric and static metric

$$g = e^{2\nu} \, dt^2 - e^{2\psi} \, dr^2 - r^2 \left( d\theta^2 + \sin^2 \theta \, d\phi^2 \right).$$ 

(3.1)
and we assume that the body metric $γ$ is spherically symmetric as well\(^5\), i.e., when expressed in polar coordinates
\[ γ_{AB} = e^{2ξ_0} dr^2 + R^2 \left( dθ^2 + \sin^2 θ dφ^2 \right) . \]
(3.2)

Since the geometry at the origin should be regular we need $e^{2ξ_0} = 1$ at the origin, i.e., $ξ_0(0) = 0$. The functions $ξ$ and $η$ depend on $r$ while $ξ_0$ depends only on $R$. The map $f : M → B$ is assumed to be equivariant and thus without loss of generality it can be expressed as
\[ f(r, θ, φ) = (F(r), θ, φ) \]
(3.3)

for some function $F(r)$ with $F(0) = 0$. Then, the deformation gradient is given as
\[ F_A^a = F' dr ⊗ ∂_r + dθ ⊗ ∂_θ + dφ ⊗ ∂_φ . \]
(3.4)

Clearly, because of staticity we must have $u^a = e^{-η} ∂_t$ and from (2.12)
\[ \frac{n}{n_0} = F' \frac{e^{ξ_0} F^2 \sin θ}{e^{ξ} r^2 \sin θ} = F' \frac{e^{ξ_0} F^2}{r^2} . \]
(3.5)

The pullback $γ_{ab}$ of the reference metric on $B$ is
\[ γ_{ab} = (e^{ξ_0} F^2)^2 dr^2 + F^2 (dθ^2 + \sin^2 θ dφ^2) . \]
(3.6)

With these formulae and the abbreviations $x = F' e^{-ξ - ξ_0}$ and $y = F/r$ we can compute the deformation tensor
\[ ε^a_b = (x^2 - 1) dr ⊗ ∂_r + (y^2 - 1) (dθ ⊗ ∂_θ + dφ ⊗ ∂_φ) . \]
(3.7)

Using this variable and formulae (2.18) and (2.19) we can find the energy–momentum tensors in both cases. They are given explicitly in appendix B.

3.1. The equations

The Einstein equations in the spherically symmetric and static case are well known, see, e.g., [14]. They are
\[ G_0^0 = e^{-2ξ} \left\{ \frac{1}{r^2} (1 - e^{2ξ}) - \frac{2}{r} ξ' \right\} = -8πρ , \]
(3.8)

\[ G_1^1 = e^{-2ξ} \left\{ \frac{1}{r^2} (1 - e^{2ξ}) + \frac{2}{r} η' \right\} = 8πP , \]
(3.9)

\[ G_2^2 = e^{-2ξ} \left\{ η'' + (η')^2 - η'ξ' - \frac{1}{r} (η' - ξ') \right\} = 8πQ , \]
(3.10)

where we have put $T_0^0 = ρ$, $P = -T_1^1$ and $Q = -T_2^2$. These are three equations for the unknown functions $ξ$, $η$ and $f$ (the function $ξ_0$ which specifies the reference metric is considered as given). A consequence of the Einstein equations is that the divergence of the energy–momentum tensor vanishes identically
\[ ∇_a T^a_b = 0 . \]
(3.11)

Under the current conditions this equation has only one non-trivial component
\[ P' + η'(ρ + P) + \frac{2}{r} (P - Q) = 0 . \]
(3.12)

\(^5\) Note, however, that this is a priori not at all necessary. It could be that the body’s natural state is not symmetric.
In order to obtain a useful system one replaces equation (3.10) by (3.12). Furthermore, one integrates (3.8) by introducing the mass function

\[ M(r) = 4\pi \int_0^r \rho \tilde{r}^2 \, d\tilde{r} \]  

(3.13)

or, equivalently, the mean density \( w = M(r)/r^3 \) to obtain

\[ e^{-2\xi} = 1 - 2r^2 w(r). \]  

(3.14)

Inserting this into (3.9) one can solve for \( \eta' \) and insert this into (3.12). Then the following system of equations is obtained:

\[ rw' = -3w + 4\pi \rho, \]  

(3.15)

\[ r\eta' = r^2 \frac{4\pi P + w}{1 - 2r^2 w}, \]  

(3.16)

\[ rP' = -r^2 \frac{4\pi P + w}{1 - 2r^2 w} (\rho + P) - 2(P - Q). \]  

(3.17)

This system is somewhat deceptive, because \( \rho, P \) and \( Q \) are functions of \( F \) and its derivatives. Since they contain \( F \) and \( F' \) in a nonlinear way the third equation gives a complicated nonlinear equation for \( F'' \). Equivalently, we will regard these functions as depending on \( x \) and \( y \) defined above. Then \( P' = P_x x' + P_y y' \). From their definition we get a relationship between \( x \) and \( y \),

\[ ry' = x e^{\xi_0} - y, \]  

(3.18)

which can be used to substitute for \( y' \). With this preparation we now have the following final system of equations:

\[ rw' = -3w + 4\pi \rho, \]  

\[ ry' = \frac{x}{\sqrt{1 - 2r^2 w}} e^{-\xi_0} - y, \]  

(3.19)

\[ rx' = \frac{P_y}{P_x} \left( y - \frac{x}{\sqrt{1 - 2r^2 w}} e^{-\xi_0} \right) - r^2 \frac{4\pi P + w}{1 - 2r^2 w} \frac{\rho + P}{P_x} - \frac{2}{P_x} (P - Q). \]

Once a solution of this system is found we can obtain \( \eta \) by integrating (3.16), \( e^{-2\xi} \) is given by (3.14) and \( F \) is found from the definition of \( x \). The functions \( \rho, P \) and \( Q \) are specified by the choice of the elastic model as functions of \( x \) and \( y \), while \( e^{-\xi_0} \) is any given function of \( r \) characterizing the natural state of the body. It is only restricted by having the value of unity at the origin.

### 3.2. Behavior at the origin

The equations are singular at the origin \( r = 0 \) and it is not \textit{a priori} clear whether there exist regular solutions. If there are solutions which are bounded near the origin then they have specific values there which can be obtained from the system by putting \( r = 0 \). Then the left-hand sides vanish and from the right-hand sides we get

\[ w(0) = \frac{4\pi}{3} \rho(0), \quad y(0) = x(0) =: a, \quad P(0) = Q(0). \]  

(3.20)

This shows us that the only free datum is the value \( a \). It characterizes the volume change of the body at its center. Since the body should be compressed we assume that \( a = \lim_{r \to 0} F(r)/r > 1 \). The initial value for \( w \) can be computed from the expression of \( \rho \) in terms of \( x \) and \( y \). The third condition states that in the center the radial and the
tangential stresses should be equal and this is a condition on the matter model which cannot be influenced by specifying initial conditions. The fact that the central compression is enough to characterize a solution uniquely is physically reasonable and corresponds to the fact that a static fluid configuration is uniquely characterized by the central pressure.

In order to show that with these initial conditions there exist regular unique solutions we apply the theorem by Rendall and Schmidt [15]. The verification of the conditions necessary for that theorem is somewhat lengthy and we refer the reader to appendix C. It follows from this analysis that for a given value \( a \) there exists a unique and smooth solution of the system of equations (3.19) in the neighborhood of the origin.

4. Numerical modeling of spherical elastic bodies

4.1. The models

In the remainder of this paper we solve system (3.19) for several specific matter models. We consider two situations, a sphere consisting entirely of an ordinary material such as aluminum and a sphere which consists of a material which resembles the neutron star crust. In both cases we choose the two different energy functionals corresponding to the BS and KM formulations, respectively. For aluminum we use the values \( \rho_0 = 2720 \text{ kg m}^{-3}, \lambda = 63.3 \text{ GPa} \) and \( \mu = 25 \text{ GPa} \).

For the neutron star matter we follow the presentation in [16], where the structure of the neutron star crust is described in detail. In the crust of a neutron star the density increases from the outer layer with \( 10^6 \text{ g cm}^{-3} \) to the inner edge where the density is approximately \( 10^{14} \text{ g cm}^{-3} \). While the ground state of the matter is a lattice which has anisotropic elastic properties it is customary to approximate it by a homogeneous and isotropic elastic material. This material is under high pressure and hence it is much easier to shear it than to compress it. In fact, the material is often assumed to be incompressible. The shear modulus of the matter in the neutron star crust has been calculated in, e.g., [17] and we use a value of \( \mu = 10^{26} \text{ Pa} \). The fact that the crust material is almost incompressible means that the bulk modulus \( K \) is very large compared to the shear modulus and hence that also the Lamé coefficient \( \lambda \) is very large.

We take it here three orders of magnitude larger than the shear modulus, i.e., \( \lambda = 10^{29} \text{ Pa} \).

In the relativistic theories there is no canonical choice for the relaxed state of the body. While it seems natural to specify a flat metric on \( \mathcal{B} \) this is not necessary. The choice of the relaxed metric has been discussed in the literature [18, 19]. We follow here a suggestion by Carter [20] according to which one can obtain the relaxed state by the following procedure. One assumes that the body is heated up until it melts and then one lets it cool down until it solidifies again. Assuming that the fluid phase is an ideal fluid then the body settles in a state which can be described by a solution of the perfect fluid equations. Hence, besides a flat metric we also consider the spatial metric corresponding to an incompressible fluid with a constant density \( \rho_0 \), i.e., we put

\[
e^{-2\xi} = 1 - \frac{8\pi}{3} \rho_0 r^2.
\]

As a third formulation we consider the classical non-relativistic theory of elasticity. The equations for the classical theory can be obtained from the relativistic equations as the Newtonian limit, see [6]. The difference from the relativistic equations is that one puts \( \xi = \xi_0 = 0 \), so that \( x = F' \). Furthermore, equation (3.12) is replaced by

\[
P' + \eta' \rho + \frac{2}{r} (P - Q) = 0,
\]

6 We wish to thank Curt Cutler for clarifications in this respect.
where $\eta'$ is the gravitational force, determined from the equation

$$\eta' = M(r)/r^2 = rw.$$  \hspace{1cm} (4.3)

The stress components $P$ and $Q$ have the same functional form in terms of $x$ and $y$ as those for the BS-energy–momentum tensor, while $\rho$ is the mass density in the actual state, given by

$$\rho = \frac{n}{n_0} \rho_0 = xy^2 \rho_0.$$  

Hence, the non-relativistic system is

$$rw' = -3w + 4\pi \rho,$$
$$ry' = x - y,$$
$$rx' = \frac{P_x}{P_x} (y - x) - \frac{r^2}{P_x} w\rho - \frac{2}{P_x} (P - Q).$$  \hspace{1cm} (4.4)

All the numerical solutions have been obtained using the Runge–Kutta ODE solver suite provided in MATLAB. The calculation is started with an initial value $a$ for $x(0) = y(0)$ which is used to calculate the initial value for $w(0) = 4\pi/3\rho(0)$ from the energy–momentum tensor. The calculation stops when $P$ vanishes, indicating that the boundary of the body has been found.

4.2. Numerical examples

We first study the aluminum sphere for the three formulations of elasticity. Clearly, for small values of the relative central compression $\delta = a - 1$ the three formulations should be almost identical. We show in figure 1 the profile of the average density across the sphere for the three formulations for $\delta = 0.001$. In this case, we find a sphere with a radius of 535 km and a mass of $1.74 \times 10^{12}$ kg. The figure shows the relative difference $\Delta w = (w - w_N)/w_N$ between the classical solution $w_N$ and the BS and KM solutions $w$, respectively. The BS solution is
indistinguishable from the classical solution, the maximum value of the relative difference being $6 \times 10^{-13}$, while the KM solution already indicates its general property: the system is more tightly bound than in the classical or BS case. Still, in this situation of small relative central compression the maximal difference is only $7.5 \times 10^{-6}$.

4.2.1. Aluminum with BS formulation. Let us now look at the BS model in more detail. The radial pressure is given by (B.2)

$$P = \frac{1}{2}(xy^2)\lambda^2((\lambda + 2\mu)(x^2 - 1) + 2\lambda(y^2 - 1)).$$  \hfill (4.5)

On the boundary of the body, this expression vanishes. This can happen either when $x = 0$ or $y = 0$ or if the term in parentheses vanishes. However, it follows from the equation for $y'$ that as long as $x$ remains positive we have $y' > 0$ for $y = 0$ so that $y$ cannot vanish before $x$ vanishes. Thus, on the boundary we have either $x = 0$ or the pair $(x, y)$ lies on the ellipse defined by

$$(\lambda + 2\mu)x^2 + 2\lambda y^2 = 3\lambda + 2\mu.$$  \hfill (4.6)

In figure 2, we show a sequence of such final pairs $(x, y)$ obtained from initial values $\delta$ in the interval $[0.01, 4]$. Obviously, both cases discussed above can occur. For small relative central compressions the final pair $(x, y)$ lies on the ellipse and for increasing compression it moves toward the $y$-axis until it hits it for an initial value of $\delta \approx 0.585$. Then it moves along the $y$-axis for unlimited values of $y$. The vanishing of $x$ at the boundary means that the radial distance between two adjacent particles there becomes infinite, i.e. the body ruptures. Imagine a large elastic sphere without gravitational self-interaction being compressed so that the central compression is above the critical value. When gravity is switched on, the sphere will be divided into a central piece and a shell at the radius where $x$ vanishes.

The equation for $x'$ in (3.19) shows that $x$ vanishes with an infinite negative slope because the leading term on the right-hand side goes like $1/x$ near $x = 0$. Thus, the solution becomes singular just at the boundary.

Figure 2. A sequence of pairs $(x, y)$ for relative central compressions $0.01 \leq \delta \leq 4$. 

The static spherically symmetric body in relativistic elasticity 4827
The two different cases just discussed can also be seen in the behavior of the mass–radius diagram in figure 3, where we display radius and mass of the aluminum spheres corresponding to relative central compressions \( \delta \in [10^{-3}, 10^{3}] \). We plot it on double logarithmic and linear axes. The curve shows three different regimes; the classical one where \( M \propto R^3 \) (indicated by the solid line) and an ‘extreme’ regime where \( M \propto R^9 \), indicated by the dashed line and finally a ‘linear’ regime with \( M \propto R \) where the mass and radius decrease with increasing central compression. The cross indicates the configuration which is closest to the critical configuration where the radial strain \( x \) vanishes. This mass–radius diagram should be compared with figure 1 from [12]. The similarity of the qualitative behavior is obvious. Karlovini and Samuelsson argue that the branch from the maximal mass toward zero is unstable and we do find numerical indications of this here as well. Increasing the central compression beyond the value needed for the maximal mass configuration we observe that we can generate smaller configurations up to a certain value of \( \delta \) depending on the required precision. Beyond this value the solver suddenly settles to a solution which yields a configuration in the ‘eye’ inside the mass–radius diagram. This dot, in fact, contains nine different configurations. The location of the ‘eye’ is roughly at the mass, resp. radius, for which the radius, resp. the mass, is maximal on the curve. The behavior of this system close to the eye should be analyzed in much more detail using more accurate solution methods.

4.2.2. Aluminum with KM formulation. In the formulation of Kijowski–Magli the radial pressure \( P \) is given by (B.8)

\[
P = (xy^2)((\lambda + 2\mu) \log x + 2\lambda \log y).
\]  

As before, at the boundary we have either \( x = 0 \) or

\[
(\lambda + 2\mu) \log x + 2\lambda \log y = 0,
\]

the case \( y = 0 \) being excluded as before. However, now, a final pair needs to lie on the curve defined by

\[
y = \frac{1}{x^{\frac{2\mu}{\lambda + 2\mu}}}, \quad \alpha = \frac{2\mu}{\lambda} > 0.
\]
Figure 4. A sequence of pairs \((x, y)\) for the relative central compressions \(0.001 \leq \delta \leq 25\).

Figure 5. Mass–radius diagram for KM aluminum spheres with the relative central compression \(\delta, \log_{10} \delta \in [-3, 3]\), in units of the Earth’s mass and radius, respectively. The solid line indicates the curve \(M \propto R^3\).

This curve approaches the \(y\)-axis but never intersects it. This indicates that only the case when the final pair lies on the curve occurs. This is, in fact, confirmed in figure 4 where we show the final pairs \((x, y)\) for aluminum spheres with relative central compression \(\delta \in [0.001, 25]\). While in the BS case the value of \(y\) can grow arbitrarily, this is not the case here. In fact, the numerical investigations show that the exhibited value of \(y \approx 4.1\) is the maximal value that \(y\) can achieve. This behavior can be understood when we show the mass–radius diagram for the KM aluminum spheres in figure 5 which shows a peculiar spiral. The maximal value of
y is reached at the same point as the maximal radius. Thus, it is not possible with the KM formulation to create arbitrarily large objects. There exist a maximal mass and a maximal radius for KM aluminum spheres achieved for different objects and there exists a region where a KM aluminum sphere of a given radius can have at least four different masses. It looks like the sequence converges to a limit point. We have not been able to prove this rigorously.

4.2.3. Neutron star matter. We have also looked at an exotic material which is somewhat similar to the nucleonic matter that is assumed to be present in neutron stars. We show in figures 6 and 7 the mass–radius diagrams for the neutron star-like matter distributions with the BS and KM stored energy functionals. In both cases the diagrams look qualitatively the same as those for aluminum except that the sizes of the configurations are orders of magnitudes different. In the KM case we find a spiral as before while in the BS case we have the ‘loop’ with a linearly decreasing branch. Again, this branch seems to be unstable and the final dot in the diagram is the last one for which we could generate a configuration.

This shows that there is no qualitative difference in the behavior of aluminum and exotic matter. This might change if one were to use the high-pressure formulation developed by Carter and Quintana [4].

4.2.4. The role of the relaxed metric. As discussed above we employ two possible choices for the metric of the relaxed state of an elastic configuration. To compare the two different scenarios we compute configurations with the same relative central compression $\delta$ for values of $\delta$ between $10^{-3}$ and 1 for the two energy functionals and the two possible materials. In figure 8 we show the behavior of the maximal absolute value

$$\frac{\Delta w}{w} = \max_r \left| \frac{w_r - w_f}{w_f} \right|$$
Figure 7. Mass–radius diagram for KM neutron star-like matter with the relative central compression $\delta$, $\log_{10} \delta \in [-3, 3]$, in units of solar mass and kilometers.

Figure 8. Maximal relative difference in the mean density $w$ between the calculation with flat and curved metric for the relaxed state for given $\delta$ with $\log_{10} \delta \in [-3, 0]$.

of the relative difference of the mean densities $w_f$ and $w_c$ for the flat and curved cases resp. as a function of $\delta$. Obviously, in the given range of $\delta$ the difference between the two configurations is almost negligible. The difference is larger for the exotic neutron star-like material than for aluminum. The maximal difference is reached for the BS-energy functional with roughly 3%. For increasing $\delta$ the differences in the three cases reach a maximum and afterward decrease again. With increasing $\delta$ the elastic energy in the configuration increases with respect to the
gravitational rest mass energy. Thus, the more the energy of the configuration is dominated by the elastic energy the smaller is the influence of the choice of a relaxed state. In any case, what can be learned from figure 8 is, that for practical purposes one can safely assume that the metric of the relaxed state is flat.

5. Conclusion

We have discussed in this work the spherically symmetric body in relativistic elasticity for two different stored energy functionals. We find that the BS functional corresponding to the classical Kirchhoff–St Venant materials and the KM functional have entirely different behavior for large deformations even though they agree for small deformations. The BS functional gives rise to a mass–radius diagram which qualitatively is very similar to that found by Karlovini and Samuelsson in [12]. They obtain this diagram for a stiff ultra-rigid equation of state in the Carter–Quintana high-pressure formulation. They find that the decreasing branch is unstable. We can confirm this numerically and we even see indications of another region of configurations. This is an indication that the BS functional gives rise to an increasingly stiff equation of state quite in contrast to the KM functional for which the equation of state becomes increasingly soft. The result of this softness can be seen in the qualitatively very different behavior of the mass–radius diagram which shows a spiral which approaches a limit point for large deformations.

We looked at these functionals for two different materials, the ‘everyday’ material aluminum and an artificial exotic material. While the sizes of the individual configurations are very different, the qualitative behavior is very similar in both cases.

In order to analyze in more detail the features in these configurations and in particular the stability properties of the different branches of the mass–radius diagrams it might be advantageous not to formulate the problem as an initial-value problem as we have done here. Instead of specifying the central compression and integrating outward to (possibly) find the boundary of a configuration one would instead set up a boundary value problem on the body subject to the boundary conditions imposed by the symmetry requirements in the center and the vanishing of the radial pressure on the boundary. Steps in this direction have already been made by Losert [9].

Of course, our considerations are to a certain point academic because any real material will break at already quite moderate deformations compared to those we have used. But we feel that such questions of principle may shed some light on the differences between the various possible choices and therefore on the justification of assumptions made when relativistic elasticity is used for real problems.

Acknowledgments

The authors are very grateful to Robert Beig and Bernd Schmidt for several very valuable discussions. This work was supported by a grant from the Deutsche Forschungsgemeinschaft.

Appendix A. The symmetric energy–momentum tensor for the Kijowski–Magli action

The action for the Kijowski–Magli formulation of elasticity is (2.15)

$$\mathcal{A} = \int n \left( m + \frac{1}{2} A \alpha^2 + B \beta \right) \sqrt{-\det g} \, d^4x.$$
The energy–momentum tensor for this action is obtained (with our conventions) by variation
of \( \mathcal{A} \) with respect to the inverse metric
\[
T_{ab} = -2 \frac{\partial \rho}{\partial g_{ab}} + \rho g_{ab}. 
\]
(A.1)
The energy density \( \rho \) is specified in terms of the variables
\[
\alpha = S_{aa} \quad \text{and} \quad \beta = \frac{1}{2} S_{ab} S^{ab} - \frac{1}{6} (S_{a}^{a})^{2}
\]
The tensor \( S_{a}^{b} \) was defined in (2.13),
\[
S_{a}^{b} = - \frac{1}{2} \log (u_{a} u^{b} - \gamma_{a}^{b}).
\]
(A.2)
To find the variation in these variables we first need to compute the variation with
\( g_{ab} \) in the
tensor
\[
K_{a}^{b} = u_{a} u^{b} - \gamma_{ac} g^{cb}. 
\]
(A.3)
We sketch the calculations here without going into too much detail. We start with the variation
of (2.5) to obtain
\[
\delta \omega^{d} = \frac{1}{2} (g^{ab} \delta g_{ab}) \omega^{d}.
\]
Since \( n^{2} = g_{ab} \omega^{a} \omega^{b} \) we can now obtain the variation in \( n \),
\[
\frac{2 \delta n}{n} = h_{ab} \delta g^{ab},
\]
and with \( \omega^{a} = n u^{a} \) this yields the variation of \( u^{b} \) and \( u_{a} \),
\[
\delta u^{b} = \frac{1}{2} (u_{c}, u_{d} \delta g^{cd}) u^{b}, \quad \delta u_{a} = \frac{1}{2} (u_{c}, u_{d} \delta g^{cd}) u_{a} - g_{ac} u_{d} \delta g^{cd}. \quad \text{(A.3)}
\]
From this we find
\[
\delta (u_{a} u^{b}) = (u_{c}, u_{d} \delta g^{cd}) u_{a} u^{b} - g_{ac} u_{d} u^{b} \delta g^{cd} = -h_{ac} u_{d} u^{b} \delta g^{cd} \quad \text{(A.4)}
\]
and hence
\[
\delta K_{a}^{b} = -h_{ac} u_{d} u^{b} \delta g^{cd} - \gamma_{ac} \delta g^{cb}. \quad \text{(A.5)}
\]
To compute \( \delta \alpha \) we use the formula
\[
\text{Tr} \log A = \log \det A
\]
which follows from the corresponding well-known equation
\[
\det \exp B = \exp \text{Tr} B,
\]
valid for any matrix \( B \). Thus, we have
\[
\delta \alpha = -\frac{1}{2} \delta \text{Tr} \log K = -\frac{1}{2} \delta \log \det K = -\frac{1}{2} \frac{1}{\det K} \delta \det K.
\]
Using the formula
\[
\delta \det K = \det K \text{Tr}(K^{-1} \delta K)
\]
we get the final result
\[
\delta \alpha = -\frac{1}{2} \text{Tr}(K^{-1} \delta K) = -\frac{1}{2} (K^{-1})_{b}^{a} \delta K_{a}^{b}. \quad \text{(A.7)}
\]
The variation of \( \beta \) follows from the formula which can easily be derived,
\[
\delta \text{Tr} f(A) = \text{Tr} (f'(A) \delta A).
\]
We have \( \beta = \frac{1}{2} \text{Tr}(S^{2}) - \frac{1}{6} (\text{Tr} S)^{2} \) so we first compute
\[
\delta \text{Tr}(S^{2}) = \frac{1}{2} \delta \text{Tr}(\log(K)^{2}) = \frac{1}{2} \text{Tr}(\log(K) K^{-1} \delta K) = -\text{Tr}(SK^{-1} \delta K) = -S_{a}^{b} (K^{-1})_{b}^{c} \delta K_{c}^{a}.
\]
With this result we obtain
\[
2\delta\beta = -\text{Tr}(SK^{-1}\delta K) + \frac{1}{3}\text{Tr}S\text{Tr}(K^{-1}\delta K) = -\text{Tr}(\tilde{S}K^{-1}\delta K).
\] (A.8)
These formulae can be simplified as follows. Using the fact that \(S_{ab}u^a = 0\) and \(K_{ab}u^a = u_b\)
we get
\[
(K^{-1})_{ab}\delta K_a^b = -(K^{-1})_{ab}(h_{bc}u_d\delta g^{cd} + \gamma_{bc}\delta g^{ca}) = -(K^{-1})_{ab}\gamma_{bc}\delta g^{ca} = -(u_bu_c - K_{bc})\delta g^{ca} = h_{ab}\delta g^{ab}.
\]
Therefore, we have
\[
\delta\alpha = -\frac{1}{2}h_{ab}\delta g^{ab}
\]
and, similarly,
\[
\delta\beta = -\frac{1}{2}\tilde{S}_{ab}\delta g^{ab}.
\]
Now we can write the variation of the energy
\[
\delta\rho = \frac{\delta n}{n}\rho = n(Aa\delta\alpha + B\delta\beta) = -\frac{n}{2}[A\alpha h_{ab} + B\tilde{S}_{ab}]\delta g^{ab}.
\]
With this in hand we can now finally write the energy–momentum
\[
T_{ab} = \rho u_a u_b + n\alpha A h_{ab} + nB\tilde{S}_{ab}.
\]

Appendix B. Energy–momentum tensors

Using the abbreviations \(x = F' e^{-(\xi - \xi_0)}\) and \(y = F/r\) the energy–momentum tensor for the Beig–Schmidt theory is obtained from (2.18) using the expression (3.7) for \(\epsilon_{ab}\) in spherical symmetry. It has the following non-trivial components:
\[
T_{0}^0 = \rho = xy^2 \left(\rho_0 + \frac{\mu}{4}((x^2 - 1)^2 + 2(y^2 - 1)^2) + \frac{\lambda}{8}(x^2 - 1) + 2(y^2 - 1)^2\right),
\] (B.1)
\[
T_{1}^1 = -P = \frac{1}{2}(xy^2)x^2((\lambda + 2\mu)x^2 - 1 + 2\lambda(y^2 - 1)),
\] (B.2)
\[
T_{2}^2 = T_{3}^3 = -Q = \frac{1}{2}(xy^2)y^2((2\lambda + 2\mu)y^2 - 1 + \lambda(x^2 - 1)).
\] (B.3)

The energy–momentum for the Kijowski–Magli formulation in spherical symmetry is obtained in a similar way from (2.19) once the tensor \(S_{ab}\) and its invariants \(\alpha\) and \(\beta\) are determined. Since \(S = -\frac{1}{2}\log(1 + \epsilon)\) and \(\epsilon\) is diagonal in spherical symmetry this is straightforward:
\[
S_{ab} = -(\log x)dr \otimes \partial_r - (\log y)(d\theta \otimes \partial_\theta + d\phi \otimes \partial_\phi).
\] (B.4)
Hence, we get
\[
\alpha = -(\log x + 2\log y)
\] (B.5)
and
\[
\beta = \frac{1}{2}(\log x)^2 + 2(\log y)^2 - \frac{1}{6}(\log x + 2\log y)^2.
\] (B.6)
With these expressions we obtain the non-trivial components of the energy–momentum tensor
\[
T_{0}^0 = \rho = xy^2(\rho_0 + \mu((\log x)^2 + 2(\log y)^2) + \frac{\lambda}{2}(\log x + 2\log y)^2),
\] (B.7)
\[
T_{1}^1 = -P = -(xy^2)((\lambda + 2\mu)\log x + 2\lambda\log y),
\] (B.8)
\[
T_{2}^2 = T_{3}^3 = -Q = -(xy^2)((2\lambda + 2\mu)\log y + \lambda\log x).
\] (B.9)
Appendix C. Existence and regularity of the solutions

Our goal here is to see whether the theorem by Rendall and Schmidt can be applied to our situation. For easy reference, we cite the theorem here.

\textbf{Theorem C.1 (Rendall and Schmidt).} Let $V$ be a finite-dimensional vector space, $N : V \to V$ a linear map all of whose eigenvalues have positive real parts, and $G : V \times (-\epsilon, \epsilon) \to V$ and $g : (-\epsilon, \epsilon) \to V$ smooth maps, where $\epsilon > 0$. Then, there exist $\delta < \epsilon$ and a unique bounded $C^1$ function $u : (-\delta, 0) \cup (0, \delta) \to V$ which satisfies the equation

\[ \frac{du}{ds}(s) + Nu(s) = sG(u(s)) + g(s) \quad (C.1) \]

Moreover, $u$ extends to a smooth solution of (C.1) on $(-\delta, \delta)$. If $N$, $G$, and $g$ depend smoothly on a parameter $t$ and the eigenvalues of $N$ are distinct, then the solution depends smoothly on $t$.

To analyze the behavior of the equations at the center we follow the paper by Park [21] who has found that the equations for the Kijowski–Magli formulation allow smooth regular solutions. We need the same result for the equations coming from the formulation of Beig and Schmidt.

It is easy to see that a regular spherically symmetric scalar function $u(r)$ on a spherically symmetric spacetime can smoothly be extended as an even function of $r$ to negative values of the radius. Thus, they depend smoothly on $s = r^2$ and their derivative at the center vanishes.

Using $s$ as the independent parameter instead of $r$ our system (3.19) is

\[ 2sw' + 3w = 4\pi \rho, \quad (C.2) \]
\[ 2sy' + y = xf, \quad (C.3) \]
\[ 2sx' = Py(y - fx) - s^2(w + 4\pi P)(P + \rho) - 2(P - Q), \quad (C.4) \]

where we have introduced $f = (1 - 2sw)^{-1/2}$. The solutions of this system will be regular only if $x(0) = y(0) = a$, $P(0) = Q(0)$ and $w(0) = 4\pi/3\rho(0)$. Thus, we can write

\[ x = a + sx_1(s), \quad y = a + sy_1(s) \]

and derive equations for the functions $x_1(s)$ and $y_1(s)$. This yields the equations

\[ 2sw' + 3w = 4\pi \rho, \]
\[ 2sy_1' + 3y_1 = a \frac{f - 1}{s} + x_1 f, \]
\[ 2sx_1' + 2x_1 = \frac{P}{P_\epsilon} \left( \frac{1}{s} - f a + (y_1 - fx_1) \right) - \frac{f}{s} \frac{P}{P_\epsilon} (w + 4\pi P)(P + \rho) - 2 \frac{s - Q}{P_\epsilon}. \]

The desired form is

\[ 2su' + Nu = sG(u(s)) + g(s). \]

The first equation is already in this form. In the second equation, the right-hand side contains nonlinear terms in $w$ (via $f$) but these terms have no factor $s$ in front. So we expand

\[ f = (1 - 2sw)^{-1/2} = 1 + sw + \mathcal{O}(s^2) \]

and get

\[ 2sy_1' + 3y_1 = aw + x_1 + \mathcal{O}(s). \]
Thus, this equation is in the desired form. Note that it is not important for this analysis to know \( O(s) \) exactly. It is enough to know that they are well behaved at the origin. \( O(s) \) implies that they have the desired factor of \( s \) in front.

The third equation is more difficult. Here, the right-hand side of the equations contains nonlinear terms in \( w, x_1 \) and \( y_1 \) through the dependence of \( f \) and the functions \( P, \rho \) and \( Q \). Therefore, we have to expand the right-hand side around \( s = 0 \) and see whether we can isolate constant linear terms and nonlinear terms proportional to \( s \). So we write

\[
P = \sum_{i,j} P_i(x,y) \xi_i \xi_j = \sum_{i,j} P_{ij}(x,y) \xi_i \xi_j + O(s^2)
\]

and similarly for all the other functions on the right-hand side. We write \( P(a,a) = P_0 \) and similarly for the other functions. First, we observe that we need to have

\[
P_0 - Q_0 = 0 \quad \text{and} \quad P_0 x = 0 \quad \text{for the right-hand side to be regular at all.}
\]

Expanding the right-hand side as indicated we get

\[
2 s x_1 + 4 x_1 + w \frac{P_0}{p_x} + y_1 \frac{P_0}{p_y} - 2 Q_0 \frac{p_y}{p_y} x + x_1 \frac{P_0}{p_x} - 2 Q_0 \frac{p_x}{p_y} y - 4 \pi \frac{P_0}{p_x} \rho - 0 + O(s).
\]

This is the desired form and we can collect the coefficients of the linear terms in the matrix \( N \),

\[
N = \begin{pmatrix}
3 & 0 & 0 \\
-\alpha & 3 & -1 \\
\rho^x + \rho^y - a \rho^x & \rho^y - 2 Q^x & 4 + \frac{\rho^y - 2 Q^y}{p_y}
\end{pmatrix}.
\]

For the theorem to apply the eigenvalues of this matrix must be positive. This leads to the following conditions: if \( P_0 > 0 \) then also

\[
6 P_0 + 2 P_0 - 3 Q_0 > 0, \quad (C.5)
\]

and for \( P_0 < 0 \) the above expressions must also be negative.

Now we have reduced the question of regularity at the center to a condition for the energy functional which specifies the elastic properties of the material. It is straightforward to check that these conditions are satisfied for both the Beig–Schmidt and Kijowski–Magli stored energy functionals.

References

[1] Hughes T J R 2000 The Finite Element Method (New York: Dover)
[2] Synge J L 1959 Math. Z. 72 82
[3] Rayner C B 1963 Proc. R. Soc. Lond. A 272 44
[4] Carter B and Quintana H 1972 Proc. R. Soc. Lond. A 331 57
[5] Kijowski J and Magli G 1992 J. Geom. Phys. 9 207
[6] Beig R and Schmidt B G 2003 Class. Quantum Grav. 20 889
[7] Beig R and Schmidt B G 2005 Class. Quantum Grav. 22 2249–68
[8] Andersson L, Beig R and Schmidt B G 2006 Static self-gravitating elastic bodies in Einstein gravity
  http://arxiv.org/abs/gr-qc/0611108
[9] Losert C M 2006 Static elastic shells in Einsteinian and Newtonian gravity http://arxiv.org/abs/gr-qc/0603103
[10] Karlovini M and Samuelsson L 2003 Class. Quantum Grav. 20 3613
[11] Karlovini M, Samuelsson L and Zarroug M 2004 Class. Quantum Grav. 21 1559
[12] Karlovini M and Samuelsson L 2004 Class. Quantum Grav. 21 4531
[13] Szabados L B 2004 Living Rev. Rel. 7 http://www.livingreviews.org/lrr-2004-4
[14] Wald R M 1984 General Relativity (Chicago, IL: Chicago University Press)
[15] Rendall A and Schmidt B G 1991 *Class. Quantum Grav.* **8** 985
[16] Haensel P 2001 *Physics of Neutron Star Interiors (Lecture Notes in Physics* vol 578) ed D Blaschke, N Glendenning and A Sedrakian (Berlin: Springer) pp 127–74
[17] Strohmayer T, van Horn H M, Ogata S, Iyetomi H and Ichimaru S 1991 *Astrophys. J.* **375** 379
[18] Kabobel A 2001 *Master’s Thesis* Universität Tübingen
[19] Lukács B 1977 *Nuovo Cimento* **B 40** 169
[20] Carter B 2005 personal communication
[21] Park J 2000 *Gen. Rel. Grav.* **32** 235 (Preprint gr-qc/9810010)
[22] Penrose R and Rindler W 1984 *Spinors and Spacetime* vol 1 (Cambridge: Cambridge University Press)