Continuous-Time Analysis of Accelerated Gradient Methods via Conservation Laws in Dilated Coordinate Systems

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Abstract

We analyze continuous-time models of accelerated gradient methods through deriving conservation laws in dilated coordinate systems. Namely, instead of analyzing the dynamics of $X(t)$, we analyze the dynamics of $W(t) = t^\alpha (X(t) - X_c)$ for some $\alpha \in \mathbb{R}$ and $X_c \in \mathbb{R}^n$. In this work, we present a methodology for analyzing accelerated gradient methods through deriving conservation laws, analogous to the conservation of energy of physics, for some $\alpha \in \mathbb{R}$ and $X_c \in \mathbb{R}^n$. Through this methodology, we recover many known continuous-time analyses in a streamlined manner and obtain novel continuous-time analyses for OGM-G, an acceleration mechanism for efficiently reducing gradient magnitude that is distinct from that of Nesterov. Finally, we show that a semi-second-order symplectic Euler discretization in the dilated coordinate system leads to an $O(1/k^2)$ rate on the standard setup of smooth convex minimization, without any further assumptions such as infinite differentiability.

1. Introduction

Despite the significance of acceleration within the study of first-order optimization methods, a fundamental understanding of the acceleration phenomena remains elusive. Recently, continuous-time analyses of accelerated gradient methods have been extensively pursued, even using ideas from mathematical physics. However, these continuous-time analyses still retain a component of mystery: They rely on establishing that certain energy functions are nonincreasing but do not justify the origin of such energy functions.

In this work, we present a methodology for analyzing accelerated gradient methods through deriving a conservation law, analogous to the conservation of energy of physics, in a dilated coordinate system. Namely, instead of analyzing the dynamics of $X(t)$, we analyze the dynamics of $W(t) = t^\alpha (X(t) - X_c)$ for some $\alpha \in \mathbb{R}$ and $X_c \in \mathbb{R}^n$. Through this methodology, we recover many known continuous-time analyses in a streamlined manner. Furthermore, the methodology enables us to perform a novel analysis of an ODE model of OGM-G of Kim & Fessler (2021), an acceleration mechanism distinct from that of (Nesterov, 1983). Finally, we show that a semi-second-order symplectic Euler discretization in the dilated coordinate system leads to an $O(1/k^2)$ rate on the standard setup of smooth convex minimization, without any further assumptions such as infinite differentiability.

1.1. Preliminaries and notation

We review the standard definitions of convex optimization and set up the notation (Nesterov, 2004; Boyd & Vandenberghe, 2004; Bauschke & Combettes, 2017; Nesterov, 2018; Ryu & Yin, 2022). Throughout the paper, we use $\mathbb{R}^n$ for the underlying Euclidean space with Euclidean norm $\| \cdot \|$ and inner product $\langle \cdot, \cdot \rangle$. For $L > 0$, $f : \mathbb{R}^n \to \mathbb{R}$ is $L$-smooth if $f$ is differentiable and

$$\| \nabla f(x) - \nabla f(y) \| \leq L \| x - y \|, \quad \forall x, y \in \mathbb{R}^n.$$ 

For $\mu > 0$, $g : \mathbb{R}^n \to \mathbb{R}$ is $\mu$-strongly convex if $g(x) - \langle \mu/2 \| x \| ^2$ is convex. When $f$ is differentiable and convex,

$$f(x) - f(y) - \langle \nabla f(y), x - y \rangle \geq 0$$

holds for all $x, y \in \mathbb{R}^n$, and we refer to this inequality as the convexity inequality. Throughout this paper, consider

$$\text{minimize}_{x \in \mathbb{R}^n} \ f(x), \quad (1)$$

where $f : \mathbb{R}^n \to \mathbb{R}$ is convex and differentiable. When (1) has a minimizer, write $X_* \subset \mathbb{R}^n$ to denote a minimizer. Write $f_* = \inf_{x \in \mathbb{R}^n} f(x)$ for the optimal value of the problem.

Energy and conservation law. Let $A : (0, \infty) \to \mathbb{R}$ be differentiable and $B : (0, \infty) \to \mathbb{R}$ be integrable. Suppose

$$0 = \dot{A}(t) + B(t)$$

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holds for all $t > 0$. Then, for $0 < t_0 < t < \infty$, integrating from $t_0$ to $t$ gives us the conservation law

$$E \equiv A(t_0) = A(t) + \int_{t_0}^{t} B(s) \, ds,$$

where the energy $E$ is independent of time. Moreover, if the limit $\lim_{t_0 \to 0} A(t_0)$ exists, then

$$E \equiv \lim_{t_0 \to 0} A(t_0) = A(t) + \int_{0}^{t} B(s) \, ds.$$

**Partial derivatives.** Consider a function $U(W, t)$ with variables $W = (w_1, \ldots, w_n) \in \mathbb{R}^n$ and $t \in \mathbb{R}$. Define

$$\nabla_W U(W, t) = \left( \frac{\partial}{\partial w_1} U(W, t), \ldots, \frac{\partial}{\partial w_n} U(W, t) \right) \in \mathbb{R}^n.$$

When $W(t)$ is differentiable, the chain rule gives us

$$\frac{d}{dt} U(W(t), t) = \left( \nabla_W U(W(t), t), \dot{W}(t) \right) + \frac{\partial}{\partial t} U(W(t), t).$$

To clarify, the distinction between $\frac{d}{dt}$ and $\frac{\partial}{\partial t}$ corresponds to viewing $W(t)$ as a curve dependent on $t$ or viewing $W$ as an input to $U$ independent of $t$. We clarify this notation fully in Appendix A. Then for $0 < t_0 < t < \infty$, integrating from $t_0$ to $t$ gives us

$$\int_{t_0}^{t} \left\langle \nabla_W U(W, s), \dot{W}(s) \right\rangle \, ds = U(W(t), t) - U(W(t_0), t_0) - \int_{t_0}^{t} \frac{\partial}{\partial s} U(W, s) \, ds.$$

### 1.2. Prior work

In convex optimization and machine learning, the classical goal is to reduce the function value efficiently. In the smooth convex setup, Nesterov’s celebrated accelerated gradient method (AGM) (Nesterov, 1983) achieves an accelerated rate of $O(1/k^2)$. Recently, the optimized gradient method (OGM) (Kim & Fessler, 2016) improved the rate of AGM by a factor of 2, and this rate is in fact exactly optimal (Drori, 2017). In the smooth strongly convex setup, the strongly convex AGM (SC-AGM) (Nesterov, 2018, 2.2.22) achieves an accelerated rate. The review by d'Aspremont et al. (2021) provides a comprehensive historical review.

The study of first-order convex optimization algorithms efficiently reducing the squared gradient norm was initiated by Nesterov (2012). For smooth non-convex minimization, gradient descent (GD) achieves an $O((f(x_0) - f_\star)/k)$ rate (Nemirovski, 1999, Proposition 3.3.1). In the smooth convex setup, OGM-G (Kim & Fessler, 2021) achieves an $O((f(x_0) - f_\star)/k^2)$ rate. M-OGM-G (Zhou et al., 2022) and OBL-G (Park & Ryu, 2021) are variants of OGM-G achieving similar rates. Combining AGM with OGM-G (Nesterov, 2018, Remark 2.1) yields an $O(\|x_0 - x_\star\|^2/k^4)$ rate, which matches the $\Omega(\|x_0 - x_\star\|^2/k^4)$ lower bound of (Nemirovsky, 1991; 1992) and is therefore optimal.

An ODE model for the heavy ball method with constant friction, i.e., constant damping, was introduced by Polyak (1964) and follow-up work studying variations flourished (Attouch & Alvarez, 1998; Alvarez & Attouch, 2001; Attouch & Czarnecki, 2002; Alvarez et al., 2002; Attouch et al., 2002; 2012; Attouch & Czarnecki, 2017; Boţ & Csetneky, 2017; 2019; Adly & Attouch, 2020b; Adly et al., 2021b; Aujol et al., 2021; 2022). The study of ODE models of AGM and accelerated mirror descent with vanishing damping was initiated by Su et al. (2014; 2016); Krichene et al. (2015). Specifically, Su et al. (2014) studied the dynamics of $0 = \dot{X} + \frac{r}{2} X + \nabla f(X)$ and proved $f(X(t)) - f_\star \leq (r - 1)^2 \|X_0 - X_\star\|^2/(2t^2)$ for $r \geq 3$. Attouch et al. (2018c) improved the constant of this bound for $r > 3$. For $r < 3$, Attouch et al. (2019c) established an $O(t^{-2r/3})$ rate. Improved rates under the additional, so-called, $H_1(\gamma)$ hypothesis were established by Aujol et al. (2019); Sebbouh et al. (2019); Apidopoulos et al. (2021). A wide range of variations of the ODE with vanishing damping were also studied (Attouch & Chbani, 2015; May, 2017; Attouch et al., 2018a,b,d; Attouch & Cabot, 2018a; Attouch et al., 2019b; Attouch & Peyrouquet, 2019; Attouch & László, 2020; Attouch et al., 2020a; 2021a,d; Attouch & László, 2021; Attouch & Cabot, 2017; Attouch & Laszlo, 2021; Boţ et al., 2021; Attouch et al., 2022; 2021b). Similar analyses were extended to differential inclusions for non-differentiable functions (Attouch & Maingé, 2011; Attouch & Peyrouquet, 2016; Aujol & Dossal, 2017; Apidopoulos et al., 2017; 2018), monotone inclusions (Boţ & Csetneky, 2016; 2018; Boţ et al., 2018; Bot & Hulett, 2022), primal-dual methods (Boţ & Nguyen, 2021), and splitting methods França et al. (2018); Hassan-Moghaddam & Jovanović (2021); França et al. (2021b); Attouch et al. (2021c).

This intense study of ODEs modeling optimization algorithms motivated the development of tools utilizing the following ideas: variational principle and Lagrangian mechanics (Wibisono et al., 2016; Jordan, 2018; Zhang et al., 2021; Wilson et al., 2021); duality gap and convex-analytical techniques (Diakonikolas & Orecchia, 2019); Hamiltonian mechanics (Diakonikolas & Jordan, 2021); control theory (Hu & Lessard, 2017); continuous-time complexity lower bounds (Muehlebach & Jordan, 2020); and perturbation analysis of physics, leading to the high-resolution ODE (Shi et al., 2021).

The study of continuous-time models, in turn, motivated the study of discretizing such ODEs to obtain implementable algorithms. Discretizing ODEs with vanishing damping
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(Wibisono et al., 2016; Attouch et al., 2018a; Attouch & Cabot, 2018b; Attouch et al., 2019a; Adly & Attouch, 2020a; Adly et al., 2020a; Attouch & Cabot, 2020; Attouch et al., 2020b; Adly & Attouch, 2021; Adly et al., 2021a; Diakonikolas & Jordan, 2021) and discretizing alternate ODEs (Scieur et al., 2017; Wilson et al., 2019; Muehlebach & Jordan, 2019; Zhang et al., 2019) have been studied. Specifically, Zhang et al. (2018) achieved an $O(1/k^2)$ rate using the Runge–Kutta discretization on the ODE by Su et al. (2014) under additional assumptions.

The study of using symplectic integrators, a discretization scheme designed to conserve energy (Hairer et al., 2006), for discretizing the ODE models was initiated by Betancourt et al. (2018) and was further developed in a series of work (Maddison et al., 2018; França et al., 2020a; Muehlebach & Jordan, 2021; França et al., 2021a). However, these approaches did not obtain an asymptotic $O(1/k^2)$ rate in the sense usually considered in optimization. An $O(1/k^2)$ rate was obtained by Shi et al. (2019) combining symplectic integration with the high-resolution ODE framework. Furthermore, we show that the coordinate change can also significantly simplify under an alternate dilated coordinate system. We establish this claim by presenting a methodology for continuous-time analysis while producing an implementable (but randomized) discrete algorithm with rate $O(1/k^2)$.

1.3. Contribution

The central thesis, the main contribution, of this paper is that continuous-time analyses of accelerated gradient methods significantly simplify under an alternate dilated coordinate system. We establish this claim by presenting a methodology analyzing the ODEs by deriving conservation laws in dilated coordinate systems and recovering many prior analyses in a streamlined manner. We then use the methodology to perform the first continuous-time analysis of OGM-G, whose acceleration mechanism was understood far less than the acceleration mechanism of Nesterov.

Moreover, we show that the coordinate change can also benefit the analysis of discretizations. Specifically, we apply a semi-second-order symplectic Euler discretization in the dilated coordinate system to obtain an $O(1/k^2)$ rate in the standard setup of smooth convex minimization, without any further assumptions such as infinite differentiability. This is the first result of its kind, in the precise sense clarified in Section 5.1, and it will be interesting to see, in future work, to what extent discretizations exploiting our dilated coordinates can achieve competitive rates.

2. Conservation laws from dilated coordinates

Our main methodology for continuous-time analysis is to perform a coordinate change and then obtain a conservation law. In this section, we quickly exhibit this methodology applied to the classical AGM ODE and then present a generalized form which we will use in later sections.

Consider problem (1). Assume a minimizer of $f$ exists and write $X_*$ for a minimizer of $f$. (We do not assume the minimizer is unique.) Write $f_*=f(X_*)$. The AGM ODE presented by Su et al. (2014) is

$$0 = \dot{X} + \frac{3}{t} \ddot{X} + \nabla f(X)$$

with initial condition $X(0) = X_0$, $\dot{X}(0) = 0$. Here, $X: [0, \infty) \to \mathbb{R}^n$ is a function of the time $t$, but we often write $X$ in place of $X(t)$ for the sake of notational brevity. Consider the dilated coordinate $W = t^\alpha (X - X_*)$ with a yet undetermined $\alpha \in \mathbb{R}$. The ODE in the $W$ coordinate is

$$0 = \frac{1}{t^\alpha} \ddot{W} + \frac{3 - 2 \alpha}{t^{\alpha+1}} \dot{W} + \nabla_W U(W, t)$$

with

$$U(W, t) = \frac{\alpha \alpha - 2}{2 t^{\alpha+2}} \|W\|^2 + t^\alpha (f(X(W, t)) - f_*)$$

and $X(W, t) = \frac{W}{t^\alpha} + X_*$. Since $U$ contains $t^\alpha (f(X) - f_*)$, we choose $\alpha = 2$ in anticipation of the $O(1/t^2)$ rate to get

$$0 = \frac{1}{t^2} \ddot{W} - \frac{1}{t^3} \dot{W} + \nabla_W U(W, t).$$

Taking the inner product between $\dot{W}$ and (6) and using (2), we get

$$0 = \frac{d}{dt} \left( \frac{1}{2t^2} \|\dot{W}\|^2 + \int \nabla_W U(W, t) \dot{W} \right) = \frac{d}{dt} \left( \frac{1}{2t^2} \|\dot{W}\|^2 + U(W(t), t) \right) - \frac{\partial}{\partial t} U(W(t), t).$$

The corresponding conservation law is

$$E \equiv 2 \|X_0 - X_*\|^2$$

$$= \lim_{t_0 \to 0} \left( \frac{1}{2t_0^2} \|\dot{W}(t_0)\|^2 + U(W(t_0), t_0) \right)$$

$$= \frac{1}{2t^2} \|\dot{W}(t)\|^2 + U(W(t), t) - \int_0^t \frac{\partial}{\partial s} U(W(s), s) \, ds.$$
and

\[ E \equiv 2 \|X_0 - X_*\|^2 \]
\[ = t^2 (f(X) - f_*) + \frac{1}{2} \|t\dot{X} + 2(X - X_*)\|^2 \]
\[ + \int_0^t 2s (f_*(X) - (\nabla f(X), X_* - X) ) \, ds \]

for all \( t \geq 0 \). Since \( f \) is convex, the integrand is nonnegative, and we conclude

\[ f(X) - f_* \leq \frac{E}{t^2} = \frac{2 \|X_0 - X_*\|^2}{t^2}. \]

**General form of conservation laws.** We now generalize the previous analysis for later sections. Let \( U : \mathbb{R}^n \times \mathbb{R} \rightarrow \mathbb{R} \), and consider the ODE

\[ 0 = a(t)\dot{W} + b(t)\dot{W} + \nabla_W U(W,t). \]

Take the inner product with \( \dot{W} \) and integrate to obtain the conservation law

\[ E \equiv \frac{a(t_0)}{2} \|W(t_0)\|^2 + U(W(t_0), t_0) \]
\[ = \frac{a(t)}{2} \|W(t)\|^2 + \int_{t_0}^t (b(s) - \frac{\dot{a}(s)}{2}) \|\dot{W}(s)\|^2 \, ds \]
\[ + U(W(t), t) - \int_{t_0}^t \frac{\partial}{\partial s} U(W(s), s) \, ds. \]

Note that if \( a(t) = 1 \) and \( U(W, t) = U(W) \), then this conservation law is nothing but the familiar conservation of energy in physics; within \( E \), the first term \( (1/2)\|W\|^2 \) is kinetic energy, the second term \( \int_{t_0}^t b(s)\|\dot{W}\|^2 \, ds \) is energy dissipated by heat due to friction, the third term \( U(W) \) is potential energy, and the fourth term vanishes as the potential \( U \) is independent of time.

Throughout this paper, we consider dilated coordinates of the form \( W = e^{\gamma(t)}(X - X_c) \) for some \( X_c \in \mathbb{R}^n \). As a consequence, \( U(W, t) \) will contain \( e^{\gamma(t)}(f(X(W,t)) - f(X_c)) \). The convexity inequality enters the integral of \( \frac{\partial}{\partial s} U(W(s), s) \) through the identity

\[ -\frac{\partial}{\partial t} e^{\gamma(t)} (f(X(W,t)) - f(X_c)) \]
\[ = \dot{\gamma}(t) e^{\gamma(t)} (f(X_c) - f(X) - (\nabla f(X), X_c - X)). \]

Note, if \( e^{\gamma(t)} = 1 \) for all \( t \), i.e. if there is no coordinate change, then \( \dot{\gamma}(t) = 0 \) and the convexity inequality does not enter the conservation law. In this sense, the coordinate change is essential for our analysis to utilize convexity.

**Connection with Lyapunov analyses.** Our analyses based on conservation laws are not fundamentally different from the Lyapunov analyses of the prior work. The first two terms of the conservation law for the AGM ODE

\[ \Phi(t) = t^2 (f(X) - f_*) + \frac{1}{2} \|t\dot{X} + 2(X - X_*)\|^2, \]

form the exact Lyapunov function of Su et al. (2014). Once \( \Phi(t) \) is stated, it is relatively straightforward to verify \( \Phi(t) \leq 0 \) through direct differentiation. The conservation laws of Section 3 also contain Lyapunov functions of prior work (Attouch et al., 2019c; Aujol & Dossal, 2017a; Aujol et al., 2019).

The analyses of prior work often start by stating a Lyapunov function of unclear origin and then proceed with the analysis. In truth, these Lyapunov functions are obtained through many hours of trial and error. A core motivation of our work is to provide a systematic methodology for obtaining such Lyapunov functions.

The closely related prior work of Diakonikolas & Jordan (2021) presents a methodology based on Hamiltonian mechanics. While they also provide a unified methodology for analyzing continuous-time models of accelerated gradient methods, there are some key differences that we further clarify in Appendix B. One key difference is that while we start from a given ODE and derive conservation laws, Diakonikolas & Jordan (2021) start from a Hamiltonian with "potential energy" and "kinetic energy" terms and derive the ODE. From our framework, a \( \|W\|^2 \) term arises naturally as in (5) and as in the third term of (10), but \( \|W\|^2 \) does not arise from the approach of Diakonikolas & Jordan (2021). Our analyses of the generalized AGM, SC-AGM, and OGM-G ODEs crucially rely on using the \( \|W\|^2 \) term and therefore cannot be obtained by the methodology of Diakonikolas & Jordan (2021) as is.

### 3. Continuous-time analyses of Nesterov-type acceleration via conservation laws in dilated coordinate systems

Again, consider problem (1). Assume a minimizer of \( f \) exists and write \( X_* \) for a minimizer of \( f \). Write \( f_* = f(X_*). \) Su et al. (2016) presented the generalized ODE

\[ 0 = \ddot{X} + \frac{r}{t} \dot{X} + \nabla f(X) \]

and provided Lyapunov analyses for \( r \geq 3 \). We consider the dilated coordinate \( W = t^r(X - X_*) \) and follow a similar line of reasoning as that of Section 2 to obtain the
conservation law

\[
E \equiv t^\alpha (f(X) - f_*) + \frac{1}{2} t^{\alpha-2} \| t\dot{X} + \alpha (X - X_*) \|^2 \\
+ \frac{\alpha(\alpha + 1 - r)}{2} t^{\alpha-2} \| X - X_* \|^2 \\
+ \int_t^0 \left( \frac{(2r - 3\alpha)s^{-3}}{2} \| s\dot{X} + \alpha (X - X_*) \|^2 \\
+ \frac{\alpha(\alpha + 1 - r)(2 + 2s^{-3}) \| X - X_* \|^2 }{2} \right) ds \\
+ \int_0^t s^{-1} (f_* - f(X) - \langle \nabla f(X), X_* - X \rangle ) ds.
\]

Note that when \( r = 3, \alpha = 2, \) and \( t_0 = 0, \) half of the terms vanish and the conservation law reduces to (7).

Throughout this section, we present the analysis results based on conservation laws while deferring the detailed derivations to Appendix C.

### 3.1. AGM ODE \( r > 3 \)

Let \( r > 3, \) Plug \( \alpha = 2 \) and \( t_0 = 0 \) into (10) and evaluate integrals as described in Appendix C.2 to get

\[
E \equiv (5 - r) \| X_0 - X_* \|^2 \\
= -2(r - 3) \| X_0 - X_* \|^2 \\
+ t^2 (f(X) - f_*) + \frac{1}{2} \| t\dot{X} + 2(X - X_*) \|^2 \\
+ (r - 3) \| X - X_* \|^2 + \int_0^t \frac{r - 3}{s} \| s\dot{X} \|^2 ds \\
+ \int_0^t 2s (f_* - f(X) - \langle \nabla f(X), X_* - X \rangle ) ds.
\]

All terms depending on \( t \) are nonnegative when \( r > 3. \) Thus \( E + 2(r - 3) \| X_0 - X_* \|^2 \geq t^2 (f(X) - f_*) \) holds, and we conclude

\[
f(X) - f_* \leq \frac{(r - 1) \| X_0 - X_* \|^2}{t^2}.
\]

This rate improves upon the rate \( f(X) - f_* \leq \frac{(r - 1) \| X_0 - X_* \|^2}{2t^2} \) by Su et al. (2014) and matches the rate of Attouch et al. (2018c). This conservation law also implies \( E \geq (r - 3) \| X - X_* \|^2, \) and boundedness of \( \| X - X_* \| \) can be used to establish convergence of \( X(t) \) (Chambolle & Dossal, 2015; Attouch et al., 2018c).

### 3.2. AGM ODE \( r < 3 \)

Let \( 0 \leq r < 3. \) Plug \( \alpha = \frac{2r}{3} \) to (10) to get

\[
E \equiv t^{\frac{2r}{3}} (f(X) - f_*) + \frac{r(3 - r)}{9} t^{\frac{2r}{3}-2} \| X - X_* \|^2 \\
+ \frac{1}{2} t^{\frac{2r}{3}-2} \| t\dot{X} + \frac{2r}{3} (X - X_*) \|^2 \\
+ \int_t^{\frac{2r}{3}} s^{\frac{2r}{3}-3} (f_* - f(X) - \langle \nabla f(X), X_* - X \rangle ) ds.
\]

We let the starting time be nonzero, i.e., \( t_0 > 0, \) to ensure all of the terms do not blow up. All terms are nonnegative. Thus \( E \geq t^{\frac{2r}{3}} (f(X) - f_*), \) and we conclude

\[
f(X) - f_* \leq \frac{E}{t^{\frac{2r}{3}}}.
\]

This recovers the result of Attouch et al. (2019c).

### 3.3. AGM ODE with growth condition

Aujol et al. (2019) consider convex functions satisfying the so-called \( H_1(\gamma) \) hypothesis, defined as

\[
f(x) - f_0 \leq \frac{1}{\gamma} \langle \nabla f(x), x - X_* \rangle , \quad \forall x \in \mathbb{R}^n
\]

for a \( \gamma \geq 1, \) and obtain improved rates. To utilize the \( H_1(\gamma) \) hypothesis, rather than the convexity inequality, we rescale the ODE by multiplying \( t^\beta \) and then obtain the conservation law (8) with the rescaled ODE. The derivations are detailed in Appendix C.3. With values \( \alpha = \frac{2r}{3} \) and \( \beta = \frac{2(\gamma - 1)r}{\gamma + 2} \) we get

\[
E \equiv t^{\frac{2r}{3}} (f(X) - f_*) + \frac{1}{2} t^{\frac{2r}{3}-2} \| t\dot{X} + \alpha (X - X_*) \|^2 \\
+ \frac{r(2 - \gamma (r - 1))}{(\gamma + 2)^2} t^{\frac{2r}{3}-2} \| X - X_* \|^2 \\
+ \int_t^{\frac{2r}{3}} \frac{2r(2r - \gamma (r - 1))(2 - \gamma (r - 1))}{(\gamma + 2)^3} s^{\frac{2r}{3}-3} \| X - X_* \|^2 ds \\
+ \int_0^t \frac{2r}{\gamma + 2} \left( f_* - f(X) - \frac{1}{\gamma} \langle \nabla f(X), X_* - X \rangle \right) ds.
\]

When \( \gamma \geq 1 \) and \( r \leq 1 + \frac{3}{\gamma}, \) all terms are nonnegative, and we get

\[
f(X) - f_* \leq \frac{E}{t^{\frac{2r}{3}}},
\]
We conclude this section by showing that dilated coordinates Wilson et al. (2021) presented the following ODE of the with initial condition \( \mu \)

\[ E \quad \text{for } \gamma \geq 1. \]

3.4. SC-AGM

Wilson et al. (2021) presented the following ODE of the strongly convex accelerated gradient method (SC-AGM)

\[ 0 = \ddot{X} + 2\sqrt{\mu} \dot{X} + \nabla f(X) \quad (11) \]

with initial condition \( X(0) = X_0, \dot{X}(0) = 0, \mu > 0 \) is the strong convexity parameter of \( f \).

Consider the dilated coordinate \( W = e^{\sqrt{\mu} t}(X - X_*) \). The resulting conservation law with \( t_0 = 0 \) is

\[
\begin{align*}
E &\equiv f(X_0) - f_* \\
&= -\frac{\mu}{2} \|X_0 - X_*\|^2 \\
&\quad + e^{\mu t} \left( f(X) - f_* + \frac{1}{2} \|X + \sqrt{\mu}(X - X_*)\|^2 \right) \\
&\quad + \int_0^t \frac{\sqrt{\mu} e^{\sqrt{\mu}s}}{2} \|\dot{X}\|^2 ds + \int_0^t \sqrt{\mu} e^{\sqrt{\mu}s} (...) ds,
\end{align*}
\]

where

\[
\begin{align*}
(...) &= f_* - f(X) - \langle \nabla f(X), X_* - X \rangle - \frac{\mu}{2} \|X - X_*\|^2 \\
&\geq 0.
\end{align*}
\]

The inequality follows from \( \mu \)-strong convexity of \( f \). All the terms depending on \( t \) are nonnegative, thus \( E + \frac{\mu}{2} \|X_0 - X_*\|^2 \geq e^{\mu t} (f(X) - f_*), \) and we conclude

\[
f(X) - f_* \leq e^{\mu t} \left( f(X_0) - f_* + \frac{\mu}{2} \|X_0 - X_*\|^2 \right).
\]

This recovers the result of (Wilson et al., 2021).

3.5. Gradient flow

We conclude this section by showing that dilated coordinates also simplify the analysis of the gradient flow ODE

\[ 0 = \ddot{X} + \nabla f(X) \]

with \( X(0) = X_0 \), which is a first-order ODE model of gradient descent.

Consider the dilated coordinate \( W = t(X - X_*) \). With \( a(t) = 0 \) in (8), we get the conservation law with \( t_0 = 0 \)

\[
\begin{align*}
E &\equiv -\frac{1}{2} \|X_0 - X_*\|^2 \\
&= t (f(X) - f_*) + \frac{1}{2} \|X - X_*\|^2 - \|X_0 - X_*\|^2 \\
&\quad + \int_0^s \|\dot{X}\|^2 ds + \int_0^t (f_* - f(X) - \langle \nabla f(X), X_* - X \rangle) ds.
\end{align*}
\]

We recover the well-known result

\[
f(X) - f_* \leq \frac{\|X_0 - X_*\|^2}{2t}.
\]

4. Continuous-time analysis of OGM-G

We now present a novel ODE model of OGM-G (Kim & Fessler, 2021), which optimally reduces the squared gradient magnitude (rather than the function value) for smooth convex minimization. Consider problem (1). Assume \( f_* = \inf_{x \in \mathbb{R}^n} f(x) > -\infty \). (We do not assume a solution exists.) Following steps similar to those of Su et al. (2014) with OGM-G, we obtain the OGM-G ODE

\[ 0 = \ddot{X} - \frac{3}{t - T} \dot{X} + 2\nabla f(X) \]

for \( t \in (0, T) \) with initial value \( X(0) = X_0, \dot{X}(0) = 0 \). The precise derivation of the OGM-G ODE and the calculations throughout this section are presented in Appendix D.

Choose the dilated coordinate \( W = (T - t)^\alpha(X - X_c) \) for some \( X_c \in \mathbb{R}^n \). Since we expect the rate \( O(1/T^2) \), we choose \( \alpha = -2 \). The corresponding conservation law is

\[
\begin{align*}
E &\equiv \frac{2}{T} (f(X_0) - f(X_c)) \\
&= \frac{2}{(T - t)^2} (f(X) - f(X_c)) - \frac{2}{(T - t)^4} \|X - X_c\|^2 \\
&\quad + \frac{1}{2(T - t)^4} \|\dot{X} - 2(X - X_c)\|^2 \\
&\quad + \int_0^t \frac{4}{(T - s)^3} (f_* - f(X) - \langle \nabla f(X), X_c - X \rangle) ds.
\end{align*}
\]

4.1. OGM-G ODE \( r = -3 \)

We now establish an \( O(1/T^2) \) rate on \( \| \nabla f(X(T)) \|^2 \) via a conservation law. At first, this may seem curious as the conservation law contains no terms directly involving \( \nabla f(X) \).

We first characterize the dynamics of the solution to the OGM-G ODE near the terminal time \( t = T \).

**Lemma 4.1.** Let \( X : [0, T) \to \mathbb{R}^n \) be the solution to the OGM-G ODE. We can continuously extend \( X(t), \dot{X}(t) \) to \( t = T \) with

\[ \dot{X}(T) = 0, \quad \ddot{X}(T) = \lim_{t \to T^-} \frac{\dot{X}(t)}{t - T} = \nabla f(X(T)). \]

**Proof outline.** For simplicity, assume \( \lim_{t \to T^-} \dot{X}(t) \) and \( \lim_{t \to T^-} \ddot{X}(t) \) exist. We will formally prove these assumptions in Appendix D.3.

Consider the conservation law with \( \alpha = 0 \) and \( X_c = X_0 \):

\[
E \equiv \frac{1}{2} \|\dot{X}\|^2 + 2(f(X) - f(X_0)) + \int_0^T \frac{3}{T - s} \|\ddot{X}\|^2 ds.
\]
We now prove the promised result.

Theorem 4.2. Let \( X : [0, T] \rightarrow \mathbb{R}^n \) be the extended solution to the OGM-G ODE. Then \( X \) exhibits the rate
\[
\| \nabla f(X(T)) \|^2 \leq \frac{4(f(X_0) - f(X(T)))}{T^2} \leq \frac{4(f(x_*) - f(X_0))}{T^2}.
\]

Proof. Consider the conservation law with \( X_c = X(T) \) and define the Lyapunov function
\[
\Phi(t) = 2 \frac{(T - t)^2}{(T - t) - 2} (f(X) - f(X(T))) - \frac{2}{(T - t)^2} \| X - X(T) \|^2.
\]

Then \( \Phi(t) \) is monotonically nonincreasing by the conservation law, and so \( \Phi(0) \geq \lim_{t \to T^-} \Phi(t) \).

By applying L’Hôpital’s rule,
\[
\lim_{t \to T^-} \frac{f(X(t)) - f(X(T))}{(T - t)^2} = \frac{1}{2} \| \nabla f(X(T)) \|^2.
\]

Therefore,
\[
\lim_{t \to T^-} \Phi(t) = \| \nabla f(X(T)) \|^2 - \frac{1}{2} \| \nabla f(X(T)) \|^2 = 0
\]
\[
= \frac{1}{2} \| \nabla f(X(T)) \|^2
\]
and we conclude
\[
\frac{1}{2} \| \nabla f(X(T)) \|^2 \leq \frac{2}{T^2} (f(x) - f(X(T))).
\]

In the proof of Theorem 4.2, \( \nabla f \) does not explicitly appear in the conservation law and only arises at the terminal time \( T \) due to Lemma 4.1. For this reason, we can establish a bound on \( \| \nabla f(X(t)) \|^2 \) only at the terminal time.

Lee et al. (2021) presented the first Lyapunov analysis of the discrete-time OGM-G. We show in Appendix D.4 that the Lyapunov function of Theorem 4.2 is the continuous-time analog of the Lyapunov function of Lee et al. (2021). The discrete-time analysis for OGM-G also establish a rate on \( \| \nabla f(x_k) \|^2 \) only for the terminal iteration \( k = K \).

4.2. OGM-G ODE for \( r < -3 \)

Following Su et al. (2014), we generalize the OGM-G ODE to general \( r \):
\[
0 = \dot{X} + \frac{r}{T} \ddot{X} + 2 \nabla f(X).
\]

In Appendix D.3, we directly extend the arguments of Lemma 4.1 to conclude \( \lim_{t \to T^-} \frac{\dot{X}(t)}{T - t} = -\frac{2}{T + 1} \nabla f(X(T)) \).

With the dilated coordinate \( W = (T - t)^{-2}(X - X(T)) \), we get the conservation law
\[
E \equiv \frac{2}{T^2} (f(X) - f(X(T))) + \frac{r + 3}{T^4} \| X - X(T) \|^2
\]
\[
= \frac{2}{(T - t)^2} (f(X) - f(X(T))) + \frac{r + 1}{(T - t)^4} \| X - X(T) \|^2
\]
\[
+ \frac{1}{2(T - t)^4} \| (T - t) \dot{X} + 2(X - X(T)) \|^2
\]}
\[
\int_0^T \frac{4}{2(T - s)^2} (f(X(T)) - f(X) - \langle \nabla f(X), X(T) - X \rangle) \, ds.
\]

Theorem 4.3. Let \( X : [0, T] \rightarrow \mathbb{R}^n \) be the extended solution to the OGM-G ODE with \( r < -3 \). Then,
\[
\| \nabla f(X(T)) \|^2 \leq \frac{2(1 - r)(f(x) - f(X(T)))}{T^2}
\]

Proof outline. The arguments are similar to those of Theorem 4.2: Define a Lyapunov function \( \Phi(t) \) based on the conservation law and consider the inequality \( \Phi(0) \geq \lim_{t \to T^-} \Phi(t) \). Details are presented in Appendix D.5.

4.3. Obtaining \( \| \nabla f(X(T)) \|^2 \leq O(1/T^4) \) with OGM + OGM-G ODE

We state a simple technique to obtain an \( O(\| x_0 - x_* \|^2 / T^3) \) rate from the \( O((f(x) - f_*)/T^2) \) rate of the OGM-G ODE. This technique is based on the idea of Nesterov (2012), Nesterov et al. (2020) to concatenate AGM with OGM-G to obtain a \( \| \nabla f(x) \|^2 \leq O(\| x_0 - x_* \|^2 / K^4) \) rate.

If one starts the AGM ODE with \( X_F(0) = X_0^F \) and \( X^F(0) = 0 \), the terminal solution \( X_F(T) \) satisfies \( f(X_T^F) - f_* \leq 2\| X_0 - X_* \|^2 / T^2 \). Then we start the OGM-G ODE with \( X^G(0) = X^F(T) \) and \( X^G(0) = 0 \) and obtain the solution \( X^G(T) \) satisfying \( \| \nabla f(X^G(T)) \|^2 \leq 4(f(X^G(0)) - f_*) / T^2 \). Concatenating these two guarantees, we obtain \( \| \nabla f(X^G(T)) \|^2 \leq 8 \| X_0 - X_* \|^2 / T^4 \).
5. Discretization in dilated coordinates via semi-second-order symplectic Euler

In this section, we show that discretizing the AGM ODE (\( r = 3 \)) using a semi-second-order symplectic Euler discretization in the dilated coordinate system leads to an algorithm with an \( \mathcal{O}(1/k^2) \) rate. Despite the extensive prior work on continuous-time analyses and discretizations of the AGM ODE, obtaining an accelerated rate through a direct and “natural” discretization has been surprisingly tricky. Our result is the first to accomplish this, in the precise sense clarified in Section 5.1.

Again, the ODE (3), restated, is \( 0 = \ddot{X} + \frac{2}{\tau} \dot{X} + \nabla f(X) \).

With \( W = t^2(X - X_s) \), the ODE (6), restated, is

\[
0 = \frac{1}{t^2} \dot{W} - \frac{1}{t^3} \ddot{W} + \nabla W U(W, t).
\]

We first identify a generalized coordinate \( W \) and conjugate momentum \( P \) to replace \( X \) and \( \dot{X} \). The dilated coordinate \( W = t^2(X - X_s) \) has been chosen, so we determine the generalized momentum via the Lagrangian formulation.

Recall from (5) that \( U(W, t) = t^2(f(X(W, t)) - f_s) \). Define the Lagrangian as

\[
L(W, \dot{W}, t) = \frac{1}{2t^2} \| \dot{W} \|^2 - t U(W, t).
\]

Then the Euler–Lagrange equation \( \frac{d}{dt} \nabla_W L = \nabla_W L \) yields the ODE (6) and \( P = \nabla_W L = \frac{W}{t} = t \dot{X} + 2(X - X_s) \) is the conjugate momentum. Express (6) in \( W \) and \( P \):

\[
P = -t \nabla f(X(W, t))
\]

\[
\dot{W} = t P
\]

and \( \dot{W} = P - t^2 \nabla f(X(W, t)) \).

Inspired by the symplectic Euler (Hairer et al., 2006) and velocity Verlet integrators (Verlet, 1968; Swope et al., 1982; Allen & Tildesley, 2017) we consider alternating updates of \( W \) and \( P \) but use a second-order update for \( W \):

\[
P(t + h) \approx P(t) - t \nabla f(X) h
\]

\[
W(t + h) \approx W(t) + \dot{W}(t) h + \dot{W}(t) \frac{h^2}{2}
\]

\[
= W(t) + t P(t) h + \left( P(t) - t^2 \nabla f(X(W, t)) \right) \frac{h^2}{2}.
\]

We refer to this method as a semi-second-order symplectic Euler. This discretization is also an instance of the Nyström method (Hairer et al., 2006).

Identifying \( w_k \) and \( p_k \) with \( W(hk) \) and \( P(hk) \) and defining \( x_k \) through \( x_k = h^2 k^2 (x_k - X_s) \), we get the method

\[
p_{k+1} = p_k - \frac{h^2}{2} k^2 \nabla f(x_k)
\]

\[
x_{k+1} = \frac{k^2}{(k+1)^2} \left( x_k - \frac{h^2}{2} k^2 \nabla f(x_k) \right) + \frac{2k + 1}{(k+1)^2} \left( \frac{p_{k+1}}{2} + X_s \right).
\]

Finally, letting \( s = \frac{h^2}{2} \), \( \theta_k = \frac{k}{2} \) and \( z_k = \frac{p_k}{2} + X_s \), we get

\[
x_{k+1}^+ = x_k - \frac{s}{2} \nabla f(x_k)
\]

\[
z_{k+1} = z_k - s \theta_k \nabla f(x_k)
\]

\[
x_{k+1} = \frac{\theta_{k+1}^2 - 2\theta_k^2}{\theta_{k+1}^2} x_{k+1}^+ + \left( 1 - \frac{\theta_{k+1}^2}{\theta_{k+1}^2} \right) z_{k+1}
\]

for \( k = 0, 1, \ldots \). The starting point is \( x_0 = z_0 = X_0 \in \mathbb{R}^n \), since \( z_0 \) corresponds to \( \frac{P(0)}{2} + X_s = X_0 \).

**Theorem 5.1.** Assume \( f \) is convex and \( L \)-smooth. Assume \( f \) has a minimizer \( X_s \). For \( s \in (0, \frac{2}{7}) \), (12) exhibits the rate

\[
f(x_{k+1}^+) - f_s \leq \frac{2}{sk^2} \left\| X_0 - X_s \right\|^2.
\]

**Proof outline.** The proof is based on the Lyapunov analysis \( \Phi_k \leq \Phi_{k+1} \leq \cdots \leq \Phi_0 = 0 \) with

\[
\Phi_k = 2c_k \left( f(x_{k+1}^+) - f_s - s \frac{1}{4} \left\| \nabla f(x_{k+1}) \right\|^2 \right) + \frac{1}{s} \left\| z_{k+1} - X_s \right\|^2
\]

and \( c_k = \frac{\theta_{k+1}^2 - \theta_k^2}{\theta_{k+1}^2 - \theta_k^2} \) for \( k = 0, 1, \ldots \). The details are presented in Appendix E.

5.1. Discussion

**Hamiltonian mechanics.** Some may wonder what can be said from a Hamiltonian mechanics perspective. We discuss this matter briefly in Appendix F, and (Diakonikolas & Jordan, 2021; França et al., 2021a) pursues this direction deeply. Here, we point out the quick observation that the explicit time-dependence of the Lagrangian makes the Hamiltonian time-dependent, and this time-dependence makes the Hamiltonian a non-conserved quantity. Therefore, the classical theory of symplectic integrators is not immediately applicable, but we nevertheless use our method and obtain an accelerated rate.

**Prior discretizations.** The discretization of (Wibisono et al., 2016) achieves an \( \mathcal{O}(1/k^2) \) rate, but, arguably, this discretization “does not flow natural from the dynamical-systems framework” (Jordan, 2018, p. 529). Zhang et al. (2018) achieved an accelerated rate with a Runge–Kutta method, but their \( \mathcal{O}(1/k^2) \) rate requires the additional assumption of infinite differentiability. Shi et al. (2019) used a symplectic integrator with \( X \) as the momentum (no coordinate change) and achieved an \( \mathcal{O}(1/k^2) \) rate, but they crucially rely on the high-resolution ODE formulation. França et al. (2021a) proposed a generalized symplectic integrator and established \( \mathcal{O}(1/k^2) \) rate for exponentially large \( k \) depending on the stepsize, but their rate does not hold for all \( k \in \mathbb{N} \). Even et al. (2021) introduced alternative “continued” framework and obtained \( \mathcal{O}(1/k^2) \) with randomized discretizations. On the other hand, our result is a direct, non-randomized discretization of the AGM ODE.
that achieves an $O(1/k^2)$ rate without making additional assumptions or using a high-resolution formulation.

**Discretized rate surpasses AGM.** The rate of Theorem 5.1 with $s = \frac{-2}{t}$ is

$$f(x_k^s) - f_s \leq \frac{L \|X_0 - X_s\|^2}{k^2}.$$  

Interestingly, this rate is smaller (better) than the rate of Nesterov’s AGM by a factor of 2 (Nesterov, 1983) but is slightly larger (worse) than the exact optimal rate of OGM (Drori & Teboulle, 2014; Kim & Fessler, 2016; Drori, 2017). This improvement seems to be in part due to the choice of Lyapunov function, inspired by (Park et al., 2021), that allows a tighter analysis. By taking the continuous-time limit of AGM and then discretizing, we arrived at a discretized algorithm that is better than the original AGM.

**Interpreting $z_k$ as conjugate momentum.** Lee et al. (2021) point out that many known accelerated gradient methods have an auxiliary $z_k$-sequence satisfying a geometric structure. In our analysis of the AGM ODE, we identify that $z_k$ is (up to a factor-2 scaling and translation with $X_s$) the conjugate momentum $P = W/t = t\dot{X} + 2(X - X_s)$ of the dilated coordinate $W = t^2(X - X_s)$.

Moreover, we’ve observed that this interpretation of the $z$-variables as conjugate momenta of the dilated coordinate systems (with some rescaling and translation) also holds in other setups, including the SC-AGM and the OGM-G setups. Specifically, when we discretize the ODEs in the dilated coordinate systems $W(t)$, the discretized methods closely resemble the known accelerated methods, and the $z$-variables roughly correspond to conjugate momenta $P(t)$. We leave the formalization and development of this observation as future work.

**6. Conclusion**

This work presents a methodology for analyzing continuous-time models of accelerated gradient methods through deriving conservation laws in dilated coordinate systems. Using this methodology, we recover many known continuous-time analyses in a streamlined manner and obtain novel continuous-time analyses of OGM-G.

We hypothesize that our dilated coordinates can simplify analyses of other setups beyond those explored in Sections 3 and 4. For example, exploring the use of dilated coordinates in stochastic differential equations modeling stochastic optimization and investigating whether dilated coordinates generally simplify discretization, as was the case for the AGM ODE ($r = 3$) in Section 5, are interesting directions of future work. Finally, finding a more fundamental understanding of the interpretation of $z_k$ as the conjugate momentum would also be interesting.

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A. Partial derivative notation

For $U: \mathbb{R}^n \times \mathbb{R} \to \mathbb{R}$, we assign symbols $W \in \mathbb{R}^n$ and $t \in \mathbb{R}$ for the inputs, i.e., we write $U(W,t)$. At the same time, we consider the curve $W: \mathbb{R} \to \mathbb{R}^n$ a function of $t \in \mathbb{R}$, i.e., we write $W(t)$. When we provide the curve $W(t)$ as the first input to $U$, we get $U(W(t),t)$, which is now a function solely of $t \in \mathbb{R}$, and we can take the total derivative $\frac{d}{dt}$ of it. Using the chain rule of vector calculus, we get

$$\frac{d}{dt} U(W(t), t) = \left( (D_1 U)(W(t), t), \dot{W}(t) \right) + (D_2 U)(W(t), t)$$

where $D_1 U$ is the derivative of $U(\cdot, \cdot)$ with respect to the first $n$ coordinates and $D_2 U$ is the derivative of $U(\cdot, \cdot)$ with respect to the last coordinate. When $U(W, t)$ is viewed as a function of $W$ and $t$ (when $W$ is an input variable independent of $t$ rather than a curve), then

$$D_1 U = \nabla_W U, \quad D_2 U = \frac{\partial}{\partial t} U.$$ 

Write $\nabla_W U(W(t), t)$ to mean take the partial derivative of $U(W, t)$ with respect to $W$ and then plug in $W = W(t)$. Likewise, write $\frac{\partial}{\partial t} U(W(t), t)$ to mean take the partial derivative of $U(W, t)$ with respect to $t$ and then plug in $W = W(t)$. Finally, we can write

$$\frac{d}{dt} U(W(t), t) = \left( (D_1 U)(W(t), t), \dot{W}(t) \right) + (D_2 U)(W(t), t)$$

$$= \left( \nabla_W U(W(t), t), \dot{W}(t) \right) + \frac{\partial}{\partial t} U(W(t), t).$$

B. Comparison with (Diakonikolas & Jordan, 2021)

Diakonikolas & Jordan (2021) present a methodology based on Hamiltonian mechanics, and their goal is also to provide a unified methodology for analyzing continuous-time models of accelerated gradient methods. However, our methodology differs from that of Diakonikolas & Jordan (2021) in the following three ways.

- We start from a given ODE and derive conservation laws, while Diakonikolas & Jordan (2021) start from a Hamiltonian and derive the ODE.
- In our framework, different choices of ‘$\alpha$’ produce different conservation laws for one fixed ODE, but in (Diakonikolas & Jordan, 2021) different choices of ‘$\alpha$’ corresponds to different ODEs and different corresponding energies.
- Our framework accommodates translation with respect to an arbitrary “center point” $X_c$.

Our analyses of the AGM, SC-AGM, and OGM-G ODEs crucially rely on these differences and therefore cannot be obtained by the methodology of Diakonikolas & Jordan (2021) as-is:

- The approach of Diakonikolas & Jordan (2021) does not lead to a Lyapunov function or a conservation law containing $\|W\|^2$. Many of our results crucially rely on using an energy $U(W, t)$ with the $\|W\|^2$ term.
- The translation with respect to $X_c = X(T)$ is essential for the analysis of OGM-G ODE in Theorem 4.2.

C. Omitted calculations of Section 3

C.1. Conservation law for generalized $r$

We start with ODE (9)

$$0 = \ddot{X} + \frac{r}{t} \dot{X} + \nabla f(X).$$

Now consider the coordinate change $W = t^\alpha (X - X_s)$. Then we see

$$W = t^\alpha (X - X_s)$$

$$\dot{W} = t^\alpha \dot{X} + \alpha t^{\alpha - 1} (X - X_s)$$

$$\ddot{W} = t^\alpha \ddot{X} + 2\alpha t^{\alpha - 1} \dot{X} + \alpha (\alpha - 1) t^{\alpha - 2} (X - X_s).$$
From this, we can rewrite \( X, \dot{X}, \ddot{X} \) in terms of \( W, \dot{W}, \ddot{W} \),

\[
X = \frac{W}{t^\alpha} + X_\star, \\
\dot{X} = \frac{W}{t^\alpha} - \frac{\alpha W}{t^{\alpha+1}}, \\
\ddot{X} = \frac{1}{t^\alpha} \dot{W} - \frac{2\alpha}{t^{\alpha+1}} W + \frac{\alpha(\alpha + 1)}{t^{\alpha+2}} W.
\]

Plugging these to (9) we get ODE

\[
0 = \frac{1}{t^\alpha} \dot{W} + \frac{r - 2\alpha}{t^{\alpha+1}} W + \frac{\alpha(\alpha + 1 - r)}{t^{\alpha+2}} W + \nabla f \left( \frac{W}{t^\alpha} + X_\star \right).
\]

Now by defining

\[
U(W, t) = \frac{\alpha(\alpha + 1 - r)}{2t^{\alpha+2}} \|W\|^2 + t^\alpha \left( f \left( \frac{W}{t^\alpha} + X_\star \right) - f_\star \right)
\]

we can rewrite the ODE as

\[
0 = \frac{1}{t^\alpha} \dot{W} + \frac{r - 2\alpha}{t^{\alpha+1}} W + \nabla W U(W, t). 
\]

Now plugging \( a(t) = \frac{1}{t^\alpha}, b(t) = \frac{r - 2\alpha}{t^{\alpha+1}} \), from conservation law (8) we get

\[
E \equiv \frac{1}{2t^\alpha} \left\| W(t_0) \right\|^2 + \frac{\alpha(\alpha + 1 - r)}{2t^{\alpha+2}} \|W(t_0)\|^2 + t_0^\alpha \left( f \left( \frac{W(t_0)}{t_0^\alpha} + X_\star \right) - f_\star \right)
\]

\[
= \frac{1}{2t^\alpha} \left\| \dot{W} \right\|^2 + \frac{\alpha(\alpha + 1 - r)}{2t^{\alpha+2}} \|W\|^2 + t^\alpha \left( f \left( \frac{W}{t^\alpha} + X_\star \right) - f_\star \right) + \int_{t_0}^t \frac{2r - 3\alpha}{2s^{\alpha+1}} \|\dot{W}\|^2 \, ds
\]

\[- \int_{t_0}^t \left( \alpha s^{\alpha - 1} \left( f \left( \frac{W}{s^\alpha} + X_\star \right) - f_\star \right) - \left\langle \nabla f \left( \frac{W}{s^\alpha} + X_\star \right), \frac{W}{s^\alpha} \right\rangle \right) - \frac{\alpha(\alpha + 1 - r)(\alpha + 2)}{2s^{\alpha+3}} \|W\|^2 \, ds.
\]

Rewriting in terms of \( X, \dot{X}, \ddot{X} \) with some reordering we have

\[
E \equiv t_0^\alpha \left( f(X(t_0)) - f_\star \right) + \frac{1}{2} t_0^{\alpha-2} \left\| t_0 \dot{X}(t_0) + \alpha(X(t_0) - X_\star) \right\|^2
\]

\[
= t^\alpha \left( f(X) - f_\star \right) + \frac{1}{2} t^{\alpha-2} \left\| t \dot{X} + \alpha(X - X_\star) \right\|^2 + \frac{\alpha(\alpha + 1 - r)}{2} t^{\alpha-2} \|X(t_0) - X_\star\|^2
\]

\[+ \int_{t_0}^t \left( \frac{(2r - 3\alpha)s^{\alpha-3}}{2} \|s \dot{X} + \alpha(X - X_\star)\|^2 + \frac{\alpha(\alpha + 1 - r)(\alpha + 2)}{2} s^{\alpha-3} \|X - X_\star\|^2 \right) ds
\]

\[+ \int_{t_0}^t \alpha s^{\alpha-1} \left( f_\star - f(X) - \left\langle \nabla f(X), X_\star - X \right\rangle \right) ds.
\]

C.2. AGM ODE with \( r > 3 \)

Plugging \( \alpha = 2, t_0 = 0 \) to (10), we have

\[
E \equiv (5 - r) \|X_0 - X_\star\|^2
\]

\[= t^2 \left( f(X) - f_\star \right) + \frac{1}{2} \left\| t \dot{X} + 2(X - X_\star) \right\|^2 + (3 - r) \|X - X_\star\|^2
\]

\[+ \int_{0}^t \left( \frac{r - 3}{s} \|s \dot{X} + 2(X - X_\star)\|^2 + \frac{4(3 - r)}{s} \|X - X_\star\|^2 \right) ds
\]

\[+ \int_{0}^t 2s \left( f_\star - f(X) - \left\langle \nabla f(X), X_\star - X \right\rangle \right) ds.
\]
Also, since
\[
\int_0^t \left( \frac{r - 3}{s} \left\| s \dot{X} + 2(X - X_*) \right\|^2 + \frac{4(3 - r)}{s} \left\| X - X_* \right\|^2 \right) ds
\]
\[= \int_0^t \left( \frac{r - 3}{s} \left\| s \dot{X} \right\|^2 + 4(r - 3) \langle \dot{X}, X - X_* \rangle \right) ds = \int_0^t \frac{r - 3}{s} \left\| s \dot{X} \right\|^2 ds + \left[ 2(r - 3) \left\| X - X_* \right\|^2 \right]_0^t
\]
\[= \int_0^t \frac{r - 3}{s} \left\| s \dot{X} \right\|^2 ds + 2(r - 3) \left( \left\| X - X_* \right\|^2 - \left\| X_0 - X_* \right\|^2 \right).
\]

Therefore
\[
E \equiv (5 - r) \left\| X_0 - X_* \right\|^2
\]
\[= t^2 \left( f(X) - f_* \right) + \frac{1}{2} \left\| t \dot{X} + 2(X - X_*) \right\|^2 + (r - 3) \left\| X - X_* \right\|^2 - 2(r - 3) \left\| X_0 - X_* \right\|^2
\]
\[+ \int_0^t \frac{r - 3}{s} \left\| s \dot{X} \right\|^2 ds + \int_0^t 2s(f_* - f(X) - (\nabla f(X), X_* - X)) ds.
\]

C.3. AGM ODE with growth condition

Rescaling (13) by multiplying \( t^\beta \) we get
\[
0 = \frac{1}{t^{\alpha - \beta}} \dot{W} + \frac{r - 2\alpha}{t^{\alpha - \beta + 1}} W + \nabla W \left( \frac{\alpha + 1 - r}{2t^{\alpha - \beta + 2}} \left\| W \right\|^2 + t^{\alpha + \beta} \left( f \left( \frac{W}{t^\alpha}, X_* \right) - f_* \right) \right).
\]

Now plugging \( a(t) = \frac{1}{t^{\alpha - \beta}}, b(t) = \frac{r - 2\alpha}{t^{\alpha - \beta + 1}}, \) from conservation law (8) we get
\[
E \equiv \frac{1}{2t_{t_0}^{\alpha - \beta}} \left\| \dot{W}(t_0) \right\|^2 + \frac{\alpha + 1 - r}{2t_{t_0}^{\alpha - \beta + 2}} \left\| W(t_0) \right\|^2 + t_{t_0}^{\alpha + \beta} \left( f \left( \frac{W(t_0)}{t^\alpha}, X_* \right) - f_* \right)
\]
\[= \frac{1}{2t_{t_0}^{\alpha - \beta}} \left\| \dot{W} \right\|^2 + \frac{\alpha + 1 - r}{2t_{t_0}^{\alpha - \beta + 2}} \left\| W \right\|^2 + t_{t_0}^{\alpha + \beta} \left( f \left( \frac{W}{t^\alpha}, X_* \right) - f_* \right)
\]
\[+ \int_{t_0}^t \frac{2r - 3\alpha - \beta}{s^{\alpha - \beta + 1}} \left\| W \right\|^2 ds + \int_{t_0}^t \frac{\alpha + 1 - r)(\alpha - \beta + 2)}{2s^{\alpha - \beta + 3}} \left\| W \right\|^2 ds
\]
\[= \int_{t_0}^t s^{\alpha + \beta - 1} \left( (\alpha + \beta)(f_* - f(X)) - \alpha \langle \nabla f(X), X_* - X \rangle \right) ds.
\]

Rewriting in terms of \( X \) we have
\[
E \equiv t_{t_0}^{\alpha + \beta}(f(X(t_0))) - f_* + \frac{1}{2}t_{t_0}^{\alpha + \beta - 2} \left\| t_0 \dot{X}(t_0) + \alpha(X(t_0) - X_*) \right\|^2 + \frac{1}{2} \alpha(\alpha + 1 - r)t_{t_0}^{\alpha + \beta - 2} \left\| X(t_0) - X_* \right\|^2
\]
\[= t^{\alpha + \beta}(f(X) - f_* + \frac{1}{2}t^{\alpha + \beta - 2} \left\| t \dot{X} + \alpha(X - X_*) \right\|^2 + \frac{1}{2} \alpha(\alpha + 1 - r)t^{\alpha + \beta - 2} \left\| X - X_* \right\|^2
\]
\[+ \int_{t_0}^t \frac{2r - 3\alpha - \beta}{2} \left\| s \dot{X} + \alpha(X - X_*) \right\|^2 + \int_{t_0}^t \frac{\alpha(\alpha + 1 - r)(\alpha - \beta + 2)}{2s^{\alpha + \beta - 3}} \left\| X - X_* \right\|^2 ds
\]
\[+ \int_{t_0}^t s^{\alpha + \beta - 1} \left( (\alpha + \beta)(f_* - f(X)) - \alpha \langle \nabla f(X), X_* - X \rangle \right) ds.
\]

To utilize the \( H_{1}(\gamma) \) hypothesis, it is natural to choose \( \alpha, \beta \) such that \( \frac{\alpha}{\alpha + \beta} = \frac{1}{\gamma} \). The choice \( \alpha = \frac{2\gamma}{\gamma + 2}, \beta = \frac{2(\gamma - 1)\gamma}{(\gamma + 2)^2} \) makes \( \frac{\alpha}{\alpha + \beta} = \frac{1}{\gamma} \), and \( 2r - 3\alpha - \beta = 0 \), and we get the conservation law used in Section 3.3.

\[
E \equiv t^{\frac{2\gamma}{\gamma + 2}}(f(X) - f_* + \frac{1}{2}t^{\frac{2\gamma}{\gamma + 2} - 2} \left\| t \dot{X} + \frac{2r}{\gamma + 2}(X - X_*) \right\|^2 + \frac{r(2 - \gamma(r - 1))}{(\gamma + 2)^2} t^{\frac{2\gamma}{\gamma + 2} - 2} \left\| X - X_* \right\|^2
\]
\[+ \int_{t_0}^t \frac{2r(2r + 2 - \gamma(r - 1))}{(\gamma + 2)^3} \left\| X - X_* \right\|^2 ds
\]
\[+ \int_{t_0}^t s^{\frac{2\gamma}{\gamma + 2} - 1} \left( 2\gamma r \left( f_* - f(X) - \frac{1}{\gamma} \langle \nabla f(X), X_* - X \rangle \right) ds.
\]
C.3.1. LYAPUNOV FUNCTION FOR $r > 3$ IN (SU ET AL., 2014)

Plugging $\alpha = r - 1$, $\beta = 3 - r$, $t_0 = 0$ to (14), we have

$$
E \equiv \left(\frac{r - 1}{2}\right)^2 \|X_0 - X_*\|^2 \\
= t^2(f(X) - f_*) + \frac{1}{2}\left(\|t\dot{X} + (r - 1)(X - X_*)\|^2 \\
+ \int_0^t s(r - 1)\left(f_* - f(X) - \langle \nabla f(X), X_* - X \rangle \right)ds \right) + \int_0^t s(r - 3)\left(f(X) - f_*\right)ds.
$$

Since all terms are nonnegative, we immediately get

$$
f(X) - f_* \leq \frac{(r - 1)^2}{2t^2} \|X_0 - X_*\|^2.
$$

In (Su et al., 2014), they also present

$$
\int_0^\infty t(f(X(t)) - f^*)dt \leq \frac{(r - 1)^2}{2(r - 3)} \|X_0 - X_*\|^2,
$$

and this can also be obtained immediately from conservation law.

C.4. SC-AGM ODE

We proceed the argument similar to C.1. Start with the ODE (9)

$$
0 = \ddot{X} + 2\sqrt{\mu} \dot{X} + \nabla f(X).
$$

Now consider the coordinate change $W = e^{\beta t}(X - X_*)$. Then we see

$$
W = e^{\beta t}(X - X_*) \\
\dot{W} = e^{\beta t}\left(\dot{X} + \beta(X - X_*)\right) \\
\ddot{W} = e^{\beta t}\left(\ddot{X} + 2\beta \dot{X} + \beta^2(X - X_*)\right).
$$

From this, we can rewrite $X, \dot{X}, \ddot{X}$ in terms of $W, \dot{W}, \ddot{W}$,

$$
X = e^{-\beta t}W + X_* \\
\dot{X} = e^{-\beta t}\left(\dot{W} - \beta W\right) \\
\ddot{X} = e^{-\beta t}\left(\ddot{W} - 2\beta \dot{W} + \beta^2W\right).
$$

Plugging these to (9) we get ODE

$$
0 = e^{-\beta t}\left(\ddot{W} + 2(\sqrt{\mu} - \beta)\dot{W} + \beta(\beta - 2\sqrt{\mu})W\right) + \nabla f\left(e^{-\beta t}W + X_*\right).
$$

Now by defining

$$
U(W, t) = \frac{\beta(\beta - 2\sqrt{\mu})}{2} e^{-\beta t}\|W\|^2 + e^{\beta t}\left(f(e^{-\beta t}W + X_*) - f_*\right),
$$

we can rewrite the ODE as

$$
0 = e^{-\beta t}\ddot{W} + 2(\sqrt{\mu} - \beta)e^{-\beta t}\dot{W} + \nabla W U(W, t).
$$
Now plugging $a(t) = e^{-\beta t}, b(t) = 2(\sqrt{\mu} - \beta)e^{-\beta t}$, from conservation law (8) we get

\[
E \equiv \frac{e^{-\beta t}}{2} \left\| \dot{W}(t_0) \right\|^2 + \frac{\beta(\beta - 2\sqrt{\mu})}{2} e^{-\beta t_0} \left\| W(t_0) \right\|^2 + e^{\beta t_0} \left( f(e^{-\beta t_0} W(t_0) + X_s) - f_* \right) \\
= \frac{e^{-\beta t}}{2} \left\| \dot{W} \right\|^2 + \frac{\beta(\beta - 2\sqrt{\mu})}{2} e^{-\beta t} \left\| W \right\|^2 + e^{\beta t} \left( f(e^{-\beta t} W + X_s) - f_* \right) + \int_{t_0}^{t} 4\sqrt{\mu} - 3\beta e^{-\beta s} \left\| W \right\|^2 ds \\
- \int_{t_0}^{t} \left( \beta e^{\beta s} \left( f(e^{-\beta s} W + X_s) - f_* - \langle \nabla f(e^{-\beta s} W + X_s), e^{-\beta s} W \rangle \right) - \frac{\beta(\beta - 2\sqrt{\mu})}{2} e^{-\beta s} \left\| W \right\|^2 \right) ds.
\]

Plugging $t_0 = 0$ and rewriting in terms of $X, \dot{X}, \ddot{X}$ we have

\[
E \equiv f(X_0) - f_* + \beta(\beta - \sqrt{\mu}) \left\| X_0 - X_* \right\|^2 \\
= e^{\beta t} \left( f(X) - f_* + \frac{1}{2} \left\| \dot{X} + \beta(X - X_*) \right\|^2 + \frac{\beta(\beta - 2\sqrt{\mu})}{2} \left\| X - X_* \right\|^2 \right) \\
+ \int_{0}^{t} 4\sqrt{\mu} - 3\beta e^{\beta s} \left\| \dot{X} + \beta(X - X_*) \right\|^2 ds \\
+ \int_{0}^{t} \beta e^{\beta s} \left( f_* - f(X) - \langle \nabla f(X), X_* - X \rangle + \frac{\beta(\beta - 2\sqrt{\mu})}{2} \left\| X - X_* \right\|^2 \right) ds.
\]

Now plugging $\beta = \sqrt{\mu}$ we have

\[
E \equiv f(X_0) - f_* \\
= e^{\sqrt{\mu} t} \left( f(X) - f_* + \frac{1}{2} \left\| \dot{X} + \sqrt{\mu}(X - X_*) \right\|^2 - \frac{\mu}{2} \left\| X - X_* \right\|^2 \right) \\
+ \int_{0}^{t} \sqrt{\mu} e^{\sqrt{\mu} s} \left\| \dot{X} + \sqrt{\mu}(X - X_*) \right\|^2 ds \\
+ \int_{0}^{t} \sqrt{\mu} e^{\sqrt{\mu} s} \left( f_* - f(X) - \langle \nabla f(X), X_* - X \rangle - \frac{\mu}{2} \left\| X - X_* \right\|^2 \right) ds.
\]

Finally, from

\[
\int_{0}^{t} \frac{\sqrt{\mu}}{2} e^{\sqrt{\mu} s} \left\| \dot{X} + \sqrt{\mu}(X - X_*) \right\|^2 ds \\
= \int_{0}^{t} \left( \frac{\sqrt{\mu}}{2} e^{\sqrt{\mu} s} \left\| \dot{X} \right\|^2 + \mu \frac{d}{ds} e^{\sqrt{\mu} s} \left( 2 \langle \dot{X}, X - X_* \rangle + \sqrt{\mu} \left\| X - X_* \right\|^2 \right) \right) ds \\
= \int_{0}^{t} \frac{\sqrt{\mu}}{2} e^{\sqrt{\mu} s} \left\| \dot{X} \right\|^2 + \frac{\mu}{2} \frac{d}{ds} \left( e^{\sqrt{\mu} s} \left\| X - X_* \right\|^2 \right) ds \\
= \int_{0}^{t} \frac{\sqrt{\mu}}{2} e^{\sqrt{\mu} s} \left\| \dot{X} \right\|^2 ds + \frac{\mu}{2} \left[ e^{\sqrt{\mu} s} \left\| X - X_* \right\|^2 \right]_{0}^{t} \\
= \int_{0}^{t} \frac{\sqrt{\mu}}{2} e^{\sqrt{\mu} s} \left\| \dot{X} \right\|^2 ds + \frac{\mu}{2} \left( e^{\sqrt{\mu} t} \left\| X - X_* \right\|^2 - \left\| X_0 - X_* \right\|^2 \right).
\]

we conclude

\[
E \equiv f(X_0) - f_* \\
= e^{\sqrt{\mu} t} \left( f(X) - f_* + \frac{1}{2} \left\| \dot{X} + \sqrt{\mu}(X - X_*) \right\|^2 \right) - \frac{\mu}{2} \left\| X_0 - X_* \right\|^2 \\
+ \int_{0}^{t} \frac{\sqrt{\mu}}{2} e^{\sqrt{\mu} s} \left\| \dot{X} \right\|^2 ds + \int_{0}^{t} \sqrt{\mu} e^{\sqrt{\mu} s} \left( f_* - f(X) - \langle \nabla f(X), X_* - X \rangle - \frac{\mu}{2} \left\| X - X_* \right\|^2 \right) ds.
\]
C.5. Gradient flow

Recall, gradient flow was written as
\[ 0 = \dot{X} + \nabla f(X). \]

Consider the dilated coordinate \( W = t(X - X_\star) \). Then we see
\[
\begin{align*}
W &= t(X - X_\star) \\
\dot{W} &= t \dot{X} + (X - X_\star).
\end{align*}
\]

Then \( X, \dot{X} \) can be rewritten as
\[
\begin{align*}
X &= \frac{W}{t} + X_\star \\
\dot{X} &= \frac{\dot{W}}{t} - \frac{W}{t^2}.
\end{align*}
\]

Plugging these to ODE, we have
\[
0 = \frac{\dot{W}}{t} - \frac{W}{t^2} + \nabla f \left( \frac{W}{t} + X_\star \right).
\]

Now by defining
\[
U(W, t) = -\frac{1}{2t^2} \| W \|^2 + t \left( f \left( \frac{W}{t} + X_\star \right) - f_\star \right),
\]
we can rewrite ODE as
\[
0 = \frac{\dot{W}}{t} + \nabla W U(W, t).
\]

Now plugging \( a(t) = 0, b(t) = \frac{1}{t} \), from conservation law (8)
\[
E \equiv \lim_{t_0 \to 0} U(W(t_0), t_0)
\]
\[
= \int_0^t \frac{1}{s} \| \dot{W} \|^2 ds + U(W, t) - \int_0^t \frac{\partial}{\partial s} U(W, s) ds
\]
\[
= \int_0^t \frac{1}{s} \| \dot{W} \|^2 ds - \frac{1}{2t^2} \| W \|^2 + t \left( f \left( \frac{W}{t} + X_\star \right) - f_\star \right)
\]
\[
- \int_0^t \left( \frac{1}{s^3} \| W \|^2 + \left( f \left( \frac{W}{s} + X_\star \right) - f_\star + s \left\langle \nabla f \left( \frac{W}{s} + X_\star \right), -\frac{W}{s^2} \right\rangle \right) \right) ds.
\]

Rewriting in terms of \( X, \dot{X}, \) we get the conservation law in Section 3.5
\[
E \equiv -\frac{1}{2} \| X_0 - X_\star \|^2
\]
\[
= t (f(X) - f_\star) - \frac{1}{2} \| X - X_\star \|^2
\]
\[
+ \int_0^t \left( \frac{1}{s} \| s \dot{X} + (X - X_\star) \|^2 - \frac{1}{s} \| X - X_\star \|^2 \right) ds - \int_0^t (f(X) - f_\star - \langle \nabla f(X), X - X_\star \rangle) ds
\]
\[
= t (f(X) - f_\star) - \frac{1}{2} \| X - X_\star \|^2
\]
\[
+ \int_0^t \left( s \| \dot{X} \|^2 + \frac{d}{ds} \| X - X_\star \|^2 \right) ds + \int_0^t (f_\star - f(X) - \langle \nabla f(X), X_\star - X \rangle) ds
\]
\[
= t (f(X) - f_\star) + \frac{1}{2} \| X - X_\star \|^2 - \| X_0 - X_\star \|^2 + \int_0^t s \| \dot{X} \|^2 ds + \int_0^t (f_\star - f(X) - \langle \nabla f(X), X_\star - X \rangle) ds.
\]
D. Omitted calculations of Section 4

D.1. Derivation of OGM-G ODE

OGM-G in (Kim & Fessler, 2021) was presented as

\[ x_k^+ = x_k - \frac{1}{L} \nabla f(x_k) \]
\[ x_{k+1} = x_k^+ + \frac{(\theta_{K-k} - 1)(2\theta_{K-(k+1)} - 1)}{2\theta_{K-k} - 1}(x_k^+ - x_{k-1}^+) + \frac{2\theta_{K-(k+1)} - 1}{2\theta_{K-k} - 1}(x_k^+ - x_k). \]

Plugging \( x_k^+ = x_k - \frac{1}{L} \nabla f(x_k) \) to the second line and using the fact \( \theta_{K-k} = \frac{K-k}{2} + o(K) \) we have

\[ x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k) + \frac{(K - k - 2 + o(K))^2}{(K - k + o(K))(K - k - 1 + o(K))} \left( x_k - x_{k-1} - \frac{1}{L} (\nabla f(x_k) - \nabla f(x_{k-1})) \right) \]
\[- \frac{K - k - 2 + o(K)}{K - k - 1 + o(K)} \frac{1}{L} \nabla f(x_k) \]
\[ = x_k + \left( 1 - \frac{3(K - k) + o(K)}{(K - k)^2 + o(K)K} \right) (x_k - x_{k-1}) - \left( 2 - \frac{1}{K - k + o(K)} \right) \frac{1}{L} \nabla f(x_k) \]
\[- \frac{1}{L} \frac{(K - k)^2 + o(K)K}{(K - k)^2 + o(K)K} (\nabla f(x_k) - \nabla f(x_{k-1})). \]

Similar to (Su et al., 2014), we use the identification \( \frac{1}{h} = h^2, t = kh \) and \( x_k = X(kh) \). Moreover for fixed \( T > 0 \), we use identification \( T = Kh \). Adding \(-2x_k + x_{k-1} \) and dividing \( h^2 \) both sides we have

\[ \frac{(x_{k+1} - x_k) - (x_k - x_{k-1})}{h^2} = \frac{3(Kh - kh) + o(K)h}{(Kh - kh)^2 + o(K)Kh^2} \frac{x_k - x_{k-1}}{h} - \left( 2 - \frac{h}{Kh - kh + o(K)h} \right) \nabla f(x_k) \]
\[- \frac{(Kh - kh)^2 + o(K)Kh^2}{(Kh - kh)^2 + o(K)Kh^2} (\nabla f(x_k) - \nabla f(x_{k-1})) \]
\[- \frac{3}{T - t} \frac{X(t) - X(t - h)}{h} = 2\nabla f(X(t)) - (\nabla f(X(t)) - \nabla f(X(t - h)) + o(K)h. \]

Finally taking limit \( h \to 0 \), we obtain the desired ODE

\[ 0 = \ddot{X}(t) - \frac{3}{t - T} \dot{X}(t) + 2\nabla f(X(t)). \]

D.1.1. OGM-G ODE coincides with the ODE model of OBL-Gs

The method OBL-Gs (Park & Ryu, 2021)

\[ x_k^+ = x_k - \frac{1}{L} \nabla f(x_k) \]
\[ z_{k+1} = z_k - \frac{1}{L} \frac{K - k + 1}{K - k + 2} \nabla f(x_k) \]
\[ x_{k+1} = \frac{K - k - 2}{K - k + 2} x_k^+ + \frac{4}{K - k + 2} z_{k+1}. \]

is a variant of OGM-G. Interestingly, the ODE model of OBL-Gs exactly coincides with OGM-G ODE.

Note this method is written in the form with auxiliary sequence \( z_k \), we derive the ODE in a different way. We take the same identification \( \frac{1}{h} = h^2, Kh = T, kh = t, x_k = X(kh), z_k = Z(kh) \). Then we may regard the method as a system of first-order ODEs. From \( z_k \) update, by taking limit \( h \to 0 \) we have

\[ \frac{z_{k+1} - z_k}{h} = \frac{Kh - kh + h}{2} \nabla f(x_k) \]
\[ \overset{h \to 0}{\Rightarrow} \dot{Z}(t) = - \frac{T - t}{2} \nabla f(X). \]
We proceed argument similar to C.4. Start with ODE presented in Section 4.2

Thus we get system of first-order ODEs. Now to derive a second-order ODE, multiplying \( T - t \) to (15) and differentiating, we have

\[
(T - t)\ddot{X}(t) - \dot{X}(t) = 4\left( \dot{X}(t) - \ddot{X}(t) \right) = 4\left( -\frac{T - t}{2} \nabla f(X) - \ddot{X}(t) \right).
\]

Dividing \( T - t \) and organizing the result, we conclude

\[
0 = \ddot{X}(t) - \frac{3}{T - t} \dot{X}(t) + 2\nabla f(X).
\]

D.2. Conservation law for OGM-G ODE

We proceed argument similar to C.4. Start with ODE presented in Section 4.2

\[
0 = \ddot{X} + \frac{r}{T - t} \dot{X} + 2\nabla f(X).
\]

Now consider the coordinate change \( W = (T - t)^\alpha (X - X_c) \).

Then we see

\[
W(t) = (T - t)^\alpha (X(t) - X_c),
\]

\[
\dot{W}(t) = (T - t)^\alpha \dot{X}(t) - \alpha(T - t)^{\alpha - 1}(X(t) - X_c)
\]

\[
\ddot{W}(t) = (T - t)^\alpha \ddot{X}(t) - 2\alpha(T - t)^{\alpha - 1}\dot{X}(t) + \alpha(\alpha - 1)(T - t)^{\alpha - 2}(X(t) - X_c).
\]

Note the sign flips while differentiating \((T - t)^\alpha\).

From this, we can rewrite \( X, \dot{X}, \ddot{X} \) in terms of \( W, \dot{W}, \ddot{W} \),

\[
X(t) = (T - t)^{-\alpha} W(t) + X_c
\]

\[
\dot{X}(t) = (T - t)^{-\alpha} \dot{W}(t) + \alpha(T - t)^{-\alpha - 1} W(t)
\]

\[
\ddot{X}(t) = (T - t)^{-\alpha} \ddot{W}(t) + 2\alpha(T - t)^{-\alpha - 1} \dot{W}(t) + \alpha(\alpha + 1)(T - t)^{-\alpha - 2} W(t).
\]

Plugging these to (9) we get ODE

\[
0 = \frac{1}{(T - t)^\alpha} \ddot{W} + \frac{2\alpha - r}{(T - t)^{\alpha + 1}} \dot{W} + \frac{\alpha(\alpha + 1 - r)}{(T - t)^{\alpha + 2}} W + 2\nabla f\left( \frac{W}{(T - t)^\alpha} + X_c \right).
\]

Now by defining

\[
U(W, t) = \frac{\alpha(\alpha + 1 - r)}{2(T - t)^{\alpha + 2}} \|W\|^2 + 2(T - t)^\alpha \left( f\left( \frac{W}{(T - t)^\alpha} + X_c \right) - f(X_c) \right)
\]

we can rewrite the ODE as

\[
0 = \frac{1}{(T - t)^\alpha} \ddot{W} + \frac{2\alpha - r}{(T - t)^{\alpha + 1}} \dot{W} + \nabla W U(W, t).
\]

Now plugging \( a(t) = \frac{1}{(T - t)^\alpha}, b(t) = \frac{2\alpha - r}{(T - t)^{\alpha + 1}} \), from conservation law (8) we get

\[
E \equiv \frac{1}{2(T - t_0)^\alpha} \|W(t_0)\|^2 + \frac{\alpha(\alpha + 1 - r)}{2(T - t_0)^{\alpha + 2}} \|W(t_0)\|^2 + 2(T - t_0)^\alpha \left( f\left( \frac{W(t_0)}{(T - t_0)^\alpha} + X_c \right) - f(X_c) \right)
\]

\[
= \frac{1}{2(T - t)^\alpha} \|\dot{W}\|^2 + \frac{\alpha(\alpha + 1 - r)}{2(T - t)^{\alpha + 2}} \|W\|^2 + 2(T - t)^\alpha \left( f\left( \frac{W}{(T - t)^\alpha} + X_c \right) - f(X_c) \right)
\]

\[
+ \int_{t_0}^{t} \frac{3\alpha - 2r}{2(T - s)^{\alpha + 3}} \|W\|^2 ds - \int_{t_0}^{t} \frac{\alpha(\alpha + 1 - r)(\alpha + 2)}{2(T - s)^{\alpha + 3}} \|W\|^2 ds
\]

\[
- \int_{t_0}^{t} \frac{2\alpha}{(T - s)^{\alpha + 1}} \left( f(X_c) - f\left( \frac{W}{(T - s)^\alpha} + X_c \right) - \left\langle \nabla f\left( \frac{W}{(T - s)^\alpha} + X_c \right), \frac{W}{(T - s)^\alpha} \right\rangle \right) ds.
\]
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Plugging \( t_0 = 0 \) and rewriting in terms of \( X, \dot{X}, \ddot{X} \) we have

\[
E = 2T^\alpha (f(X_0) - f(X_c)) + \left( \frac{\alpha^2}{2} + \frac{\alpha(\alpha + 1 - r)}{2} \right) T^{\alpha - 2} \| X_0 - X_c \|^2 \tag{17}
\]

\[
= 2(T - t)^\alpha (f(X) - f(X_c)) + \frac{1}{2} (T - t)^{\alpha - 2} \left( \| (T - t)\dot{X} - \alpha(X - X_c) \|^2 + \frac{\alpha(\alpha + 1 - r)}{2} (T - t)^{\alpha - 2} \| X - X_c \|^2 \right)
\]

\[
+ \int_0^t \left( \frac{3\alpha - 2r}{2} (T - s)^{\alpha - 3} \left\| (T - s)\dot{X} - \alpha(X - X_c) \right\|^2 - \frac{\alpha(\alpha + 1 - r)(\alpha + 2)}{2} (T - s)^{\alpha - 3} \| X - X_c \|^2 \right) \, ds
\]

\[
+ \int_0^t (2\alpha)(T - s)^{\alpha - 1} (f(X_c) - f(X) - \langle \nabla f(X), X_c - X \rangle) \, ds.
\]

Now plugging \( \alpha = -2 \) we get the energy in Section 4.2, moreover plugging \( r = -3 \) we get the energy for \( r = -3 \) in Section 4.

D.3. Regularity of OGM-G ODE at terminal time \( T \)

Since the argument for \( r = -3 \) is exactly same for general \( r \), we prove the statement for the general \( r < 0 \). We will present our proofs in following order.

(i) \( \sup_{t \in [0, T]} \left\| \dot{X}(t) \right\| \) is bounded.

(ii) \( X(t) \) can be continuously extended to \( T \).

(iii) \( \lim_{t \to T^-} \ddot{X}(t) = 0 \).

(iv) \( \lim_{t \to T^-} \frac{\dot{X}(t)}{T - t} = -\frac{2}{1 + r} \nabla f(X(T)) \).

(v) \( \lim_{t \to T^-} \ddot{X}(t) = -\frac{2}{1 + r} \nabla f(X(T)) \).

(i), (ii) holds for \( r \leq 0 \), (iii) holds for \( r < 0 \), and (iv), (v) holds for \( r < 0 \) with \( r \neq -1 \).

D.3.1. \( \sup_{t \in [0, T]} \left\| \dot{X}(t) \right\| \) is bounded if \( r \leq 0 \)

Considering conservation law (17) with \( \alpha = 0 \), \( X_c = X_0 \), we have

\[
E \equiv 0 = \frac{1}{2} \left\| \dot{X}(t) \right\|^2 + 2(f(X(t)) - f(X_0)) - \int_0^t \frac{r}{T - s} \left\| \dot{X}(s) \right\|^2 \, ds.
\tag{18}
\]

Collecting the terms except the integrand, define \( \Psi: [0, T] \to \mathbb{R} \) as

\[
\Psi(t) = \frac{1}{2} \left\| \dot{X}(t) \right\|^2 + 2(f(X(t)) - f(X_0)).
\]

Observe for \( r \leq 0 \)

\[
\dot{\Psi}(t) = \frac{r}{T - t} \left\| \dot{X}(t) \right\|^2 \leq 0,
\]

so \( \Psi(t) \) is a nonincreasing function. Thus \( \Psi(t) \leq \Psi(0) = 0 \), and from the fact \( f_* = \inf_{x \in \mathbb{R}^n} f(x) > -\infty \), we have

\[
\left\| \dot{X}(t) \right\|^2 = 2\Psi(t) + 4(f(X_0) - f(X(t))) \leq 4(f(X_0) - f_*).
\]

Therefore \( \sup_{t \in [0, T]} \left\| \dot{X}(t) \right\| \leq 2\sqrt{f(X_0) - f_*} \), we get the desired result.
D.3.2. $X(t)$ CAN BE CONTINUOUSLY EXTENDED TO $T$

We first prove $X(t)$ is uniformly continuous. From the result of D.3.1, we see

$$
\|X(t) - X(t + \delta)\| = \left\| \int_t^{t + \delta} \dot{X}(s) \, ds \right\| \leq \int_t^{t + \delta} \|\dot{X}(s)\| \, ds \leq \int_t^{t + \delta} 2\sqrt{f(X_0) - f_*} \, ds = 2\delta \sqrt{f(X_0) - f_*}.
$$

Thus for $X$ is $2\sqrt{f(X_0) - f_*}$-Lipschitz function, we can conclude $X$ is uniformly continuous.

Now from the fact of basic analysis, we know for $D \subset \mathbb{R}^n$, uniformly continuous function $g : D \to \mathbb{R}^n$ can be extended continuously to $\bar{D}$. Therefore $X : [0, T) \to \mathbb{R}^n$ can be extended to $[0, T] = [0, T]$, we get the desired result.

D.3.3. $\lim_{t \to T^-} \|\dot{X}(t)\| = 0$

We first prove the limit $\lim_{t \to T^-} \|\dot{X}(t)\|$ exists. From $\Psi$ defined in D.3.1 we have

$$
\|\dot{X}(t)\| = \sqrt{2\Psi(t) + 4(f(X_0) - f(X(t)))},
$$

so it is enough to show $\lim_{t \to T^-} \Psi(t)$ and $\lim_{t \to T^-} f(X(t))$ exists. From D.3.2 we know $\lim_{t \to T^-} X(t)$ exists, thus from continuity of $f$, we have $\lim_{t \to T^-} f(X(t))$ exists. It remains to show $\lim_{t \to T^-} \Psi(t)$ exists.

Recall $\Psi$ is nonincreasing. Moreover, since $f_* = \inf_{x \in \mathbb{R}^n} f(x) > -\infty$ we have

$$
\Psi(t) = \frac{1}{2} \|\dot{X}(t)\|^2 + 2(f(X(t)) - f(X_0)) \geq 2(f_* - f(X_0)),
$$

so $\Psi$ is bounded below. Thus $\Psi$ is nonincreasing and bounded below, by completeness of real numbers, we conclude $\lim_{t \to T^-} \Psi(t)$ exists. Therefore $\lim_{t \to T^-} \|\dot{X}(t)\|$ exists.

Now we prove $\lim_{t \to T^-} \|\dot{X}(t)\| = 0$. Let $C = \lim_{t \to T^-} \|\dot{X}(t)\| \geq 0$. Assume for contradiction that $C > 0$. Then there is $\epsilon > 0$ such that $T - \epsilon < s < T$ implies $\|\dot{X}(s)\| > \frac{C}{2}$. Thus for $t > T - \epsilon$, if $r \leq 0$ we have

$$
\int_0^t \frac{r}{T - s} \|\dot{X}(s)\|^2 \, ds = \int_0^{T - \epsilon} \frac{r}{T - s} \|\dot{X}(s)\|^2 \, ds + \int_{T - \epsilon}^t \frac{r}{T - s} \|\dot{X}(s)\|^2 \, ds \leq \int_{T - \epsilon}^t C^2 \frac{r^2}{4(T - s)} \, ds.
$$

Since $\lim_{t \to T^-} f_{T - \epsilon} \frac{C^2}{4(T - s)} \, ds = -\infty$ if $r < 0$, we conclude $\lim_{t \to T^-} \frac{r}{T - s} \|\dot{X}(s)\|^2 \, ds = -\infty$ from above inequality. By the way from (18) we know $\Psi(t) = \int_0^t \frac{r}{T - s} \|\dot{X}(s)\|^2 \, ds$, but we have just observed above that $\Psi(t)$ is bounded below. This is a contradiction, we conclude $\lim_{t \to T^-} \|\dot{X}(t)\| = 0$.

D.3.4. $\lim_{t \to T^-} \frac{\dot{X}(t)}{T - t} = -\frac{2}{r + t} \nabla f(X(T))$

The key observation of the proof is

$$
\frac{d}{dt} \left( (T - t)^r \dot{X}(t) \right) = -2(T - t)^r \nabla f(X(t)).
$$

We can check above is true from the ODE $0 = \dot{X} + \frac{r}{T - t} \ddot{X} + 2\nabla f(X)$. With this observation, we can handle the separated terms $\dot{X}$ and $X$ as one term.

Integrating both sides from 0 to $t$, we get

$$
(T - t)^r \dot{X}(t) = -\int_0^t (T - s)^r \nabla f(X(s)) \, ds.
$$
We claim there is a correspondence between this function and the Lyapunov function we’ve presented in Theorem 4.2. We know the limit \( \lim_{t \to T^-} \frac{\dot{X}(t)}{t - T} \) exists. Moreover from D.3.3, we see the numerator for left hand side reaches to zero as \( t \to T^- \). Therefore we can apply L'Hôpital’s rule (componentwisely), for \( r \neq -1 \) we conclude

\[
\lim_{t \to T^-} \frac{\dot{X}(t)}{t - T} = - \lim_{t \to T^-} t \int_0^t 2(T - t)^r \nabla f(X(s)) ds. 
\]

From (Rockafellar, 1970, Corollary 25.5.1), the fact \( f \) is convex and differentiable implies continuity of \( \nabla f \). From D.3.2, we see \( \lim_{t \to T^-} - \nabla f(X(t)) \) exists. Moreover from D.3.3, we see the numerator for left hand side reaches to zero as \( t \to T^- \). Therefore we can apply L'Hôpital’s rule (componentwisely), for \( r \neq -1 \) we conclude

\[
\lim_{t \to T^-} \frac{\dot{X}(t)}{t - T} = \frac{2}{r + 1} \lim_{t \to T^-} t \int_0^t 2(T - t)^r \nabla f(X(s)) ds = \frac{2}{r + 1} \lim_{t \to T^-} \nabla f(X(t)) = \frac{2}{r + 1} \nabla f(X(T)). 
\]

By flipping the sign of both sides, we get the desired result.

D.3.5. \( \lim_{t \to T^-} \dot{X}(t) = - \frac{2}{r + 1} \nabla f(X(T)) \)

From ODE (16) we have

\[
\dot{X}(t) = \frac{r}{T - t} \dot{X}(t) - 2\nabla f(X(t)). 
\]

We know the limit \( t \to T^- \) for right hand side exists by D.3.4. Therefore \( \lim_{t \to T^-} \dot{X}(t) \) exists, by L’Hôpital’s rule we have

\[
\lim_{t \to T^-} \dot{X}(t) = \lim_{t \to T^-} \frac{\dot{X}(t)}{t - T} = - \frac{2}{r + 1} \nabla f(X(T)). 
\]

D.4. Correspondence with discrete analysis of OGM-G

Lee et al. (2021) presented Lyapunov function proof for convergence analysis of OGM-G. They first rewrote OGM-G with auxiliary sequence \( z_k \) as follows

\[
x_k^+ = x_k - \frac{1}{L} \nabla f(x_k) \\
z_{k+1} = z_k - \frac{\theta_t}{\theta_t - k} \nabla f(x_k) \\
x_{k+1} = \frac{\theta_t^4 (k + 2)}{\theta_t^4 (k + 1)} x_k^+ + \left( 1 - \frac{\theta_t^4 (k + 2)}{\theta_t^4 (k + 1)} \right) z_{k+1}. 
\]

Then they presented the Lyapunov function as follows

\[
U_k = \frac{1}{\theta_t^2 (k - 1)} \left( \frac{1}{2L} \| f(x_K) \|^2 + \frac{1}{2L} \| f(x_k) \|^2 + f(x_k) - f(x_K) - \langle \nabla f(x_k), x_k - x_{k-1}^+ \rangle \right) + \frac{L}{\theta_t^4 (k - 1)} \langle z_k - x_{k-1}^+, z_k - x_{k-1}^+ \rangle. 
\]

We claim there is a correspondence between this function and the Lyapunov function we’ve presented in Theorem 4.2. We use same identification as did in D.1, \( \frac{1}{T} = h^2, kh = t, Kkh = T, x_k = X(kh), z_k = Z(kh) \). Then we derive continuous counterpart of \( U_k \) by dividing \( 2h^2 \) then ignoring \( o(K)h \) and \( O(h) \).

We first calculate the continuous counterpart of \( z_k \). Rewrite the update equation (20) as

\[
x_{k+1} - x_k^+ = \left( 1 - \frac{\theta_t^4 (k + 2)}{\theta_t^4 (k + 1)} \right) (z_{k+1} - x_{k+1}^+). 
\]

Dividing left hand side with \( h \) we observe

\[
\frac{x_{k+1} - x_k^+}{h} = \frac{x_{k+1} - x_k + h^2 \nabla f(x_k)}{h} = \frac{x_{k+1} - x_k}{h} + O(h) = \dot{X}(t) + O(h).
\]
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Then from the fact \( \theta_{K-k} = \frac{K-k}{2} + o(K) \), we observe

\[
\frac{1}{h} \left( 1 - \frac{\theta_{K-k}^4}{\theta_{k}^4} \right) = \frac{1}{h} \left( 1 - \frac{(K-k-2 + o(K))^4}{(K-k-1 + o(K))^4} \right)
\]

\[
= \frac{1}{h} \left( \frac{(2(K-k) + o(K))(2(K-k)^2 - 6(K-k) + o(K)K)}{(K-k)^4 + o(K)K^3} \right)
\]

\[
= \frac{1}{h} \left( \frac{(2(Kh-kh) + o(K)h)(2(Kh-kh)^2 - 6(Kh-kh)h + o(K)Kh^2)}{(Kh-kh)^4 + o(K)K^3h^4} \right)
\]

\[
= \frac{2(2(T-t) + o(K)h)(2(2(T-t)^2 - 6(T-t)h + o(K)Th)}{(T-t)^4 + o(K)T^3h} = \frac{4}{T-t} + o(K)h.
\]

Dividing (23) by \( h \), applying above observations, corresponding \( z_{k+1} \) with \( Z(t+h) = Z(t) + O(h) \) we have

\[
\dot{X}(t) + O(h) = \frac{x_{k+1} - x_{k}^+}{h} = \frac{1}{h} \left( 1 - \frac{\theta_{K-k}^4}{\theta_{k}^4} \right) (z_{k+1} - x_{k}^+) = \frac{4}{T-t} (Z(t) - X(t)) + O(h) + o(K)h.
\]

Organizing with respect to \( Z \), we have

\[
Z(t) = \frac{T-t}{4} \dot{X}(t) + X(t) + O(h) + o(K)h.
\]

Now to conclude the desired result, we observe the followings. First, observe the terms with gradient are \( O(h) \). For example,

\[
\frac{1}{2T} \left\| \nabla f(x(t)) \right\|^2 = \frac{k^2}{T} \left\| \nabla f(x(t)) \right\|^2 = O(h).\]

With this observation, we see \( x_{k-1}^+ = x_{k-1} - \frac{1}{2} \nabla f(x_{k-1}) \) can be replaced with \( x_{k-1} \). Second, observe \( h\theta_{K-k} = \frac{T-t}{4} + o(K)h \). Third, we correspond \( x_{k-1} \) with \( X(t-h) = X(t) + O(h) \).

Plugging these to (22), and dividing by \( 2h^2 \), we get

\[
\frac{U_k}{2h^2} = \frac{1}{2T^2} \left( f(x_k) - f(x_{k+1}) + O(h) \right) + \frac{1}{2T^2} \left( z_k - x_k + O(h) \right)
\]

\[
= \frac{2}{T-t} (f(X(t)) - f(X(T))) + \frac{1}{2(T-t)^4} \left( \frac{Z(t) - X(t)}{T-t} \right) + O(h) + o(K)h
\]

\[
= \frac{2}{T-t} (f(X(t)) - f(X(T))) + \frac{1}{2(T-t)^4} \left( \frac{\left\| (T-t)\dot{X}(t) + 2(X(t) - X(T)) \right\|^2}{T-t} - 4 \left\| X(t) - X(T) \right\|^2 \right)
\]

\[ + O(h) + o(K)h. \]

Ignoring \( O(h) \) and \( o(K)h \), we see \( \frac{U_k}{2h^2} \) corresponds to the Lyapunov function defined in Theorem 4.2.

D.5. Details for Theorem 4.3

Recall by plugging \( \alpha = -2, X_e = X(T), t_0 = 0 \) to (17), we obtained the conservation law presented in 4.2.

\[
E = \frac{2}{T^2} (f(X_0) - f(X(T))) + \frac{r+3}{T^4} \left\| X_0 - X(T) \right\|^2
\]

\[
= \frac{2}{T-t} (f(X) - f(X(T))) + \frac{1}{2(T-t)^4} \left\| (T-t)\dot{X} + 2(X - X(T)) \right\|^2 + \frac{r+1}{(T-t)^4} \left\| X - X(T) \right\|^2
\]

\[
+ \int_0^t \frac{(-(r+3))}{(T-s)^3} \left\| (T-s)\dot{X} + 2(X - X(T)) \right\|^2 ds
\]

\[
+ \int_0^t \frac{4}{(T-s)^3} (f(X(T)) - f(X) - \langle \nabla f(X), X(T) - X \rangle) ds.
\]

By collecting first three terms, define the Lyapunov function as

\[
\Phi(t) = \frac{2}{T-t} (f(X) - f(X(T))) + \frac{1}{2(T-t)^4} \left\| (T-t)\dot{X} + 2(X - X(T)) \right\|^2 + \frac{r+1}{(T-t)^4} \left\| X - X(T) \right\|^2.
\]
Therefore we get

$$\Phi(t) = \frac{r + 3}{(T-t)^3} \left\| (T-t)\dot{X} + 2(X - X(T)) \right\|^2 - \frac{4}{(T-t)^4} (f(X(T)) - f(X) - \langle \nabla f(X), X - X(T) \rangle) \leq 0.$$ 

Note the first term is nonpositive since \( r \leq -3 \). Especially \( \Phi(0) \geq \lim_{t \to T^-} \Phi(t) \).

Now we calculate \( \lim_{t \to T^-} \Phi(t) \). From D.3 we know \( \lim_{t \to T^-} \frac{\dot{X}(t)}{t-T} = -\frac{2}{r+1} \nabla f(X(T)) \). By applying L’Hôpital’s rule we have

\[
\lim_{t \to T^-} \frac{f(X(t)) - f(X(T))}{(T-t)^2} = \lim_{t \to T^-} \frac{\langle \nabla f(X(t)), \dot{X}(t) \rangle}{-2(T-t)} = \left\langle \nabla f(X(T)), \lim_{t \to T^-} \frac{\dot{X}(t)}{2(t-T)} \right\rangle = -\frac{1}{r+1} \| \nabla f(X(T)) \|^2
\]

\[
\lim_{t \to T^-} \frac{X(t) - X(T)}{(T-t)^2} = \lim_{t \to T^-} \frac{\dot{X}(t)}{-2(T-t)} = \frac{1}{2} \lim_{t \to T^-} \frac{X(t)}{t-T} = -\frac{1}{r+1} \nabla f(X(T))
\]

Therefore we get

\[
\lim_{t \to T^-} \Phi(t) = \lim_{t \to T^-} \left( \frac{2(f(X) - f(X(T)))}{(T-t)^2} + \frac{1}{2} \left\| \frac{X}{t-T} + 2 \frac{X - X(T)}{(T-t)^2} \right\|^2 + (r+1) \left\| \frac{X - X(T)}{(T-t)^2} \right\|^2 \right)
\]

\[
= -\frac{2}{r+1} \| \nabla f(X(T)) \|^2 + \frac{1}{2} \left( \frac{2}{r+1} \nabla f(X(T)) - \frac{2}{r+1} \nabla f(X(T)) \right)^2 + \frac{1}{r+1} \| \nabla f(X(T)) \|^2
\]

\[
= \frac{1}{-(r+1)} \| \nabla f(X(T)) \|^2.
\]

Finally applying above calculation we have

\[
\frac{1}{-(r+1)} \| \nabla f(X(T)) \|^2 = \lim_{t \to T^-} \Phi(t) \leq \Phi(0) = \frac{2}{T^2} (f(X_0) - f(X(T))) + \frac{r+3}{T^4} \| X_0 - X(T) \|^2 \leq \frac{2}{T^2} (f(X_0) - f(X(T))).
\]

This proves Theorem 4.3.

**E. Proof of Theorem 5.1**

Recall, with \( \theta_k = \frac{k}{2} \) the discretized method was

\[
x_k^+ = x_k - \frac{s}{2} \nabla f(x_k)
\]

\[
z_{k+1} = z_k - s \theta_k \nabla f(x_k)
\]

\[
x_{k+1} = \frac{\theta_k^2}{\theta_{k+1}^2 - \theta_k^2} x_k^+ + \left( 1 - \frac{\theta_k^2}{\theta_{k+1}^2 - \theta_k^2} \right) z_{k+1},
\]

and with \( c_k = \frac{\theta_{k+1}^2}{\theta_{k+1}^2 - \theta_k^2} \) the Lyapunov function was

\[
\Phi_k = 2c_k \theta_k^2 \left( f(x_k) - f_* - \frac{s}{4} \| \nabla f(x_k) \|^2 \right) + \frac{1}{s} \| z_{k+1} - X_* \|^2
\]

for \( k = 0, 1, \ldots \). We first prove \( \Phi_{k+1} \leq \Phi_k \), then we will get the desired result from \( \Phi_k \leq \Phi_0 \).

**(i) \Phi_{k+1} \leq \Phi_k**

For convenience, name

\[
A_k = c_k \theta_k^2 = \frac{\theta_{k+1}^2}{\theta_{k+1}^2 - \theta_k^2} \theta_k^2.
\]
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Observe since \( c_k = \frac{2(k+1)}{(k+1)^2 - k^2} = \frac{2(k+1)}{2k+1} \geq 1 \), we have \( A_k \geq \theta_k^2 \). From this we have

\[
\frac{1}{s} \| z_{k+1} - X_* \|^2 - \frac{1}{s} \| z_{k+2} - X_* \|^2 = 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle - s\theta_{k+1}^2 \| \nabla f(x_{k+1}) \|^2 \\
\geq 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle - sA_{k+1} \| \nabla f(x_{k+1}) \|^2.
\]

Applying this fact we have

\[
\Phi_k - \Phi_{k+1} = 2A_k \left( f(x_k) - f_* - \frac{s}{4} \| \nabla f(x_k) \|^2 \right) - 2A_{k+1} \left( f(x_{k+1}) - f_* - \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ \frac{1}{s} \| z_{k+1} - X_* \|^2 - \frac{1}{s} \| z_{k+2} - X_* \|^2 \\
\geq 2A_k \left( f(x_k) - f_* - \frac{s}{4} \| \nabla f(x_k) \|^2 \right) - 2A_{k+1} \left( f(x_{k+1}) - f_* - \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle - sA_{k+1} \| \nabla f(x_{k+1}) \|^2 \\
= 2A_k \left( f(x_k) - f_* - \frac{s}{4} \| \nabla f(x_k) \|^2 \right) - 2A_{k+1} \left( f(x_{k+1}) - f_* + \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle \\
= 2A_k \left( f(x_k) - f_* - \frac{s}{4} \| \nabla f(x_k) \|^2 \right) - 2A_{k+1} \left( f(x_{k+1}) - f_* + \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ 2\left( A_k - A_{k+1} + \theta_{k+1} \right) \left( f(x_{k+1}) - f_* + \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
= \frac{\theta_k^2}{\theta_k^2 + \theta_{k+1}^2} \geq 0
\]

\[-2\theta_{k+1} \left( f(x_{k+1}) - f_* + \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) + 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle \\
\geq 2A_k \left( f(x_k) - f_* - \frac{s}{4} \| \nabla f(x_k) \|^2 \right) - 2A_k \left( f(x_{k+1}) - f_* + \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
- 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle + 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - X_* \rangle \\
= 2A_k \left( f(x_k) - f(x_{k+1}) - \frac{s}{4} \| \nabla f(x_k) \|^2 - \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ 2\theta_{k+1} \langle \nabla f(x_{k+1}), z_{k+1} - x_{k+1} \rangle \\
\geq 2A_k \left( f(x_k) - f(x_{k+1}) - \frac{s}{4} \| \nabla f(x_k) \|^2 - \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ 2\theta_{k+1} \langle \nabla f(x_{k+1}), \frac{\theta_k^2}{\theta_k^2 + \theta_{k+1}^2} (x_{k+1} - x_k^+) \rangle \\
= 2A_k \left( f(x_k) - f(x_{k+1}) - \frac{s}{4} \| \nabla f(x_k) \|^2 - \frac{s}{4} \| \nabla f(x_{k+1}) \|^2 \right) \\
+ 2A_k \langle \nabla f(x_{k+1}), x_{k+1} - x_k + \frac{s}{2} \nabla f(x_k) \rangle \\
= 2A_k \left( f(x_k) - f(x_{k+1}) + \langle \nabla f(x_{k+1}), x_{k+1} - x_k \rangle - \frac{s}{4} \| \nabla f(x_k) \|^2 - \| \nabla f(x_{k+1}) \|^2 \right) \geq 0
\]

The inequalities \((a)\) and \((b)\) come from the fact \( s \in (0, \frac{2}{3}] \) and \( L \)-smoothness of \( f \).

(ii) From \( \Phi_k \leq \Phi_0 \), we have \( f(x_k^+) - f_* \leq \frac{k+1}{4} \left\| x_k - X_0 \right\|^2 \)

From \( \theta_0 = 0 \) we have \( A_0 = 0 \), and so \( z_1 = z_0 + s\theta_0 \nabla f(X_0) = z_0 = X_0 \). Therefore

\[
\Phi_0 = 2A_0 + \frac{1}{s} \| z_1 - X_* \|^2 = \frac{1}{s} \| X_0 - X_* \|^2
\]
Now since \( f \) is \( L \)-smooth, for \( s \in (0, \frac{2}{L}] \), we have
\[
 f(x^+_k) \leq f(x_k) - \frac{1}{2L} \|\nabla f(x_k)\|^2 \leq f(x_k) - \frac{s}{4} \|\nabla f(x_k)\|^2,
\]
and so
\[
 2A_k (f(x^+_k) - f_*) \leq 2A_k \left( f(x_k) - f_* - \frac{s}{4} \|\nabla f(x_k)\|^2 \right) \leq \Phi_k \leq \Phi_0 = \frac{1}{s} \|X_0 - X_*\|^2.
\]
Therefore, we conclude
\[
 f(x^+_k) - f_* \leq \frac{\|X_0 - X_*\|^2}{2sA_k} = \left( \frac{\theta_{k+1}^2 - \theta_k^2}{\theta_k^2} \right)^{-1} \frac{\|X_0 - X_*\|^2}{2s} = \left( \frac{2k+1}{2(k+1)} \times \frac{4}{k^2} \right) \frac{\|X_0 - X_*\|^2}{2s} = \frac{k+1}{k+1} \frac{2}{s} \frac{\|X_0 - X_*\|^2}{s^2}.
\]
Since \( \frac{k+1}{k+1} \leq 1 \), this implies \( f(x^+_k) - f_* \leq \frac{2\|X_0 - X_*\|^2}{sk^2} \) as well. This proves Theorem 5.1.

### F. Time-dependent Hamiltonian

For the sake of completeness, we show how the dynamics is described through a Hamiltonian perspective. With the Hamiltonian
\[
 H(W, P, t) = \langle P, \dot{W} \rangle - L(W, P, t) = \frac{t}{2} \|P\|^2 + t^3 (f(X(W, t)) - f_*),
\]
the dynamics of the Euler–Lagrange equation can be equivalently specified with
\[
 \dot{P} = -\nabla_W H(W, P, t) = -t \nabla f(X(W, t)) \quad \dot{W} = \nabla_P H(W, P, t) = tP.
\]
However, our setup differs from the classical setup in that the Lagrangian and the Hamiltonian explicitly depend on time. One consequence of this difference is that the Hamiltonian is not conserved:
\[
 \frac{d}{dt} H(W, P, t) = \left( \dot{W}, \nabla_W H(W, P, t) \right) + \left( \dot{P}, \nabla_P H(W, P, t) \right) + \frac{\partial}{\partial t} H(W, P, t)
= \left( \nabla_P H(W, P, t), \nabla_W H(W, P, t) \right) + \left( -\nabla_W H(W, P, t), \nabla_P H(W, P, t) \right) + \frac{\partial}{\partial t} H(W, P, t)
= \frac{\partial}{\partial t} H(W, P, t) \neq 0.
\]
Since \( H \) is not conserved, the classical theory of symplectic integrators is not immediately applicable.