Coherent gamma photon generation in a Bose-Einstein condensate of $^{135m}$Cs

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Abstract

We have identified a mechanism of collective nuclear de-excitation in a Bose-Einstein condensate of $^{135}$Cs atoms in their isomeric state, $^{135m}$Cs, suitable for the generation of coherent gamma photons. The process described here relies on coherence transfer from the Bose-Einstein condensate to the photon field, leading to collective decay triggered by spontaneous emission of a gamma photon. The mechanism differs from single-pass amplification, which cannot occur in atomic systems due to the nuclear recoil and the associated large shift between absorption and emission lines, nor does it require the large densities necessary for standard Dicke super-radiance. This overcomes the limitations that have been hindering the production of coherent gamma photons in many systems. Therefore, we propose an approach for generation of coherent gamma rays, which relies on a combination of well established techniques of nuclear and atomic physics, and can be realized with currently available technology.

Keywords: Gamma-ray lasers, Decay isomer, Bose-Einstein Condensates

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1. Introduction

The possibility to realize a gamma-ray laser has been an active field of research since the very first observation of lasing in the visible [1]. Possible applications range from fundamental and applied physics to the bio-medical field, the energy industry and the security sector. Numerous different mechanisms have been proposed for the generation of coherent gamma radiation, such as stimulated $\gamma$ emission from an ensemble of $^{229m}$Th nuclei in a host crystal [2] and annihilation of positronium in a Bose-Einstein condensate [3-4], to name a few.
In this work we propose coherent $\gamma$ photon generation using a Bose-Einstein condensate (BEC) of $^{135}m$Cs isomers. The use of ultra-cold atoms is attractive as it allows one to overcome two fundamental problems which have hindered the realization of a nuclear gamma-ray laser: the accumulation of a large number of isomeric nuclei, and the reduction of the gamma-ray emission linewidth, in particular of Doppler broadening, dramatically decreased at the temperature of the BEC ($T_{BEC} \sim 10^{-7}$ K).

However, it is not obvious which mechanisms could lead to coherent gamma ray production in such a system. Single pass amplification is inhibited by the difference in absorption and emission wavelengths, due to the large recoil associated with nuclear emission. In the specific case of the $^{135}m$Cs $\gamma$ M4 emission of interest here (see also Fig. 1), the nuclear recoil energy is $\sim 2.8$ eV, while the natural linewidth of the transition, dominant at $T_{BEC}$, is $\Gamma \sim 10^{-19}$ eV. This implies that, even in an ultra-cold isomeric sample, stimulated emission and amplification of spontaneously emitted photons are prevented because of Doppler shift.

Furthermore, Dicke super-radiance, a major candidate for $\gamma$ generation [5], cannot occur as the necessary density is not achievable in dilute atomic BECs produced via standard techniques, nor does it appear attainable in practical systems. In fact, Dicke super-radiance requires an average separation between independent emitters comparable or smaller than the wavelength $\lambda_0$ of the radiation of interest. Hence, the density $n_{SR}$ of the super-radiant medium must be $n_{SR} \geq \lambda_0^{-3}$. In the case of interest, this implies an unrealistic $^{135}m$Cs density $n_{SR} \geq 10^{29}$ cm$^{-3}$, corresponding to an average inter-particle separation smaller than the atomic radius. Ultimately, the characteristics of the nuclear $\gamma$ emission and the strict Dicke condition prevent the on-set of multipole-multipole correlations, which are considered the fundamental process underlying the Dicke super-radiance [6, 7].

In this Letter, we identify a mechanism for the collective de-excitation of atomic nuclei in a BEC of $^{135}m$Cs isomers leading to the generation of coherent gamma rays and we demonstrate that it can be triggered also at low atomic densities. The proposed mechanism of collective de-excitation is the atomic analogue of the collective annihilation of positronium BECs described in Refs. [3, 4]. The process, which is - consistently with the above discussion - different from conventional single-pass amplification and super-radiance, takes advantage of the ultra-low temperature and the coherence of the BEC to overcome the problems of linewidth broadening, nuclear recoil and unrealistic emitters’ density. Specifically, the approach proposed here relies on an absolute instability mediated by the BEC’s coherence. This leads to a catastrophic decay of the BEC wavefunction, triggered by spontaneous emission from one of the trapped nuclei. The coherence of the Bose-Einstein condensate, which enables the collective nature of the de-excitation, is thus transferred to the photon field. A coherent burst of gamma photons is produced in an inverted medium constituted by an ultra-cold, coherent quantum object. In this way, no additional establishment of multipole-multipole correlations is required, in contrast with standard super-radiance occurring at high densities.

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2. Theoretical Model

The system proposed here for gamma-ray coherent emission, unlike other approaches, has the significant advantage that it can be realized using a combination of established nuclear and atomic physics techniques. $^{135m}$Cs beams can be produced by proton-induced fission of actinides [8]. After neutralisation [9], laser cooling and trapping, the evaporation to condensation should proceed as for the stable $^{133}$Cs.

![De-excitation scheme of the $^{135m}$Cs isomer](image)

The nuclear system of interest is sketched in Fig. 1. It consists of an isomeric state $J^\pi = 19/2^-$ decaying to $11/2^+$ via an M4 $\gamma$ transition at 846.1 keV, followed by a decay to the $7/2^+$ $^{135}$Cs ground state via an E2 transition. The $^{135}$Cs ground state has a half-life of $2.3 \times 10^6$ y, thus its decay can be ignored in the context of the present study. For identifying instabilities which lead to collective decay, the analysis can be restricted to the transition $J = 19/2^- \rightarrow J = 11/2^+$, without taking into account the fast decay to the long-lived $J = 7/2^+$ state. The fast relaxation of the intermediate state $J = 11/2^+$ can be accounted for as a broadening of the emission.

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The aim of the present work is to demonstrate the onset of instability produced by the coupling between the isomeric BEC and the photon field of the M4 transition. Therefore we first restrict our analysis to the transition $J = 19/2^- \rightarrow J = 11/2^+$, and ignore subsequent fast decay to the long-lived $J = 7/2^+$ state. Accordingly, the $^{135m}$Cs can be modelled as a two-level system, with the population inversion coinciding with the number of isomers in the BEC. It will then be shown that subsequent fast decay of the intermediate state $J = 11/2^+$ to the long-lived $J = 7/2^+$ state leads to a broadening of the emission. The only limitation for the mechanism at hand is the internal conversion, which represents an alternative decay channel for the $J^\pi = 19/2^-$ state, whereby the excited state dissipates energy by releasing atomic electrons. Nevertheless, the relative probability of internal conversion is $\alpha_{IC} \approx 0.04$ [10].
thus it can be neglected for the sake of the present discussion. Therefore, within this approximation, we proceed by first assuming that the $\gamma$ decay is the only relaxation mechanism at play, with the fast relaxation of the intermediate state accounted for at a later stage. The Hamiltonian $H$ of the system can be written as the sum of three terms:

$$H = H_A + H_\gamma + H_{A\gamma}. \quad (1)$$

$H_A$ is the Hamiltonian of the free cesium atoms and it is defined, as in the following, in the laboratory reference frame. For the analysis of gamma-ray generation, only the nuclear excited state $J^\pi = 19/2^-$ and the intermediate state $11/2^+$ are considered, with the energy separation indicated by $\hbar \omega_0 = 846.1$ keV.

Our theoretical model follows the standard approach to study the bulk properties of a Bose-Einstein condensate [3, 4, 11]: we consider a condensate with uniform density within a volume $V$, and then impose the limit $V \to \infty$, while keeping the BEC density constant $n_0$. We also recall that, as standard in spontaneous emission processes, the wavelength of the emitted M4 radiation determines the coherence length. Accordingly, our model applies to condensates whose size exceed all the characteristic lengths of the system.

By introducing second quantization operators, with the system in a cubic box of volume $V$ with periodic boundary conditions, the atomic Hamiltonian $H_A$ can be written as:

$$H_A = \sum_{p} \left[ \left( \frac{p^2}{2m} + \hbar \omega_0 \right) \Theta_p^+ \Theta_p + \left( \frac{p^2}{2m} \right) X_p^+ X_p \right]. \quad (2)$$

$\Theta_p$ is the annihilation operator for an isomer in the excited state $J^\pi = 19/2^-$, with momentum $p$, and $X_p$ is the annihilation operator for the short-living intermediate state $11/2^+$, with momentum $p$.

The Hamiltonian of the photonic field $H_\gamma$ is written as:

$$H_\gamma = \sum_{k, \zeta} \hbar \omega(k) c_{k, \zeta}^+ c_{k, \zeta}, \quad (3)$$

where $c_{k, \zeta}$ is the annihilation operator of a photon of momentum $k$ and helicity $\zeta (\zeta = \pm 1)$, with the photonic dispersion relation $\omega = c|k|$.

Lastly, the Hamiltonian $H_{A\gamma}$

$$H_{A\gamma} = \sum_{k, p, \zeta} \left[ M_{\zeta}(k, p) c_{k, \zeta}^+ \Theta_p X_p^{\pm \hbar k} 
+ M_{\zeta}^*(k, p) c_{k, \zeta} \Theta_p^+ X_p^{\pm \hbar k} \right] \quad (4)$$

describes the interaction between the isomer and the photonic field. $M_{\zeta}(k, p)$ is the amplitude of the decay of an isomer with momentum $p$ into a photon of momentum $\hbar k$ and an atom in the nuclear state $11/2^+$ with momentum $p - \hbar k$. 


In the present case, we are interested in isomers initially at rest, so we will assume \( p = 0 \) in the following.

The relevant matrix elements \( |M_\zeta(k,0)|^2 \) can be calculated, as reported in detail in the supplemental material [12], from Ref. [13]. It will suffice recalling here that \( |M_\zeta(k,0)|^2 \) presents explicit dependences on the initial and final states, \( |J_{1,2}M_{1,2}\rangle \), and on the Euler angle \( 0 \leq \beta \leq \pi \) between the direction of photon emission, \( \hat{k} \), and the \( z \)-axis.

We will show now that the \( ^{135}_{m}\text{Cs} \) atoms, once trapped in a BEC in given conditions, exhibit absolute instability, which produces a collective decay and hence collective emission of \( \gamma \) photons from phase-coupled emitters. In this sense, the key enabling factor is the coherence of the emitting medium: indistinguishable nuclei in the BEC imprint the coherence of the boson field in the photon field. In fact, this process could not happen in mere cold atomic samples.

As initial state of the system, we assume that the photonic field is in the vacuum state, and the atoms are in a BEC of the nuclear excited state \( J^\pi = 19/2^- \). We also assume that there are no atoms in the intermediate short-lived state, \( 11/2^+ \), as well as in the \( 7/2^+ \) state. The latter assumption is perfectly justified, as in cold atom experiments it is possible to select which state to trap, given the isomeric shift, i.e. the difference in frequency of the \( D_2 \) line atomic transitions, relevant for laser cooling and trapping, between the atoms in the nuclear excited state and in the ground state. We estimated a detuning of \( \sim 0.8 \) GHz, roughly \( 10^2 \) times larger than the natural linewidth, between the laser cooling optical transitions of \( ^{135}_{m}\text{Cs} \) and \( ^{133}_{m}\text{Cs} \).

The system dynamics can be conveniently analyzed in the Heisenberg representation by introducing the following operators: 
\[
\tilde{c}_{k,\zeta} = c_{k,\zeta} \exp[i\omega(k)t],
\tilde{\Theta}_q = \Theta_q \exp[i(\frac{q^2}{2m} + \omega_0)t],
\tilde{X}_q = X_q \exp[i\frac{q^2}{2m}t],
\]\nas described in [12].

We assume that the isomers’ BEC constituting the atomic initial state is pure, i.e. with condensed fraction equal to unity. In this condition, the isomers are comprised in a macroscopic quantum object of phase-coupled excited quantum oscillators. This is another striking difference with conventional superradiance, where a classical travelling polarization oscillation sets coherent phase conditions on a number of otherwise independent emitters [7]. In other words, in the present case, the coherent nature of the process is an intrinsic property of the active medium and, therefore, it is extended to the whole volume occupied by the BEC. This is formally implemented by replacing the operator \( \tilde{\Theta}_q \) with the expectation number, according to the Bogoliubov c-number approximation:

\[
\tilde{\Theta}_q = \sqrt{N_0\delta_{q,0}},
\]

where \( N_0 \) is the isomeric BEC atom number and \( \delta_{q,0} \) is the Kronecker symbol. We do not take into account the depletion of the condensate caused by the M4 decay. Such an approach is suited for investigating the onset of the instability.
By using Eq. [5] the system time evolution equations can be written as [12]:

\[ i\hbar \dot{c}_{k,\zeta} = \sqrt{n_0} \xi_{\zeta}(k, 0) \tilde{X}^+_{-hk} \exp[i\Delta_k t] \] (6a)

\[ i\hbar \dot{\tilde{X}}_{hk} = \sqrt{n_0} \sum_{\zeta} \xi_{\zeta}(-k, 0) \tilde{c}^+_{-k,\zeta} \exp[i\Delta_{-k} t] . \] (6b)

Here \( n_0 = N_0/V \) is the volume density of the isomeric BEC, \( \xi_{\pm}(k, 0) \equiv \sqrt{V} M_{\pm}(k, 0) \), which makes the results independent of the BEC volume, and:

\[ \Delta_{\pm k} = \omega(\pm k) + \frac{\hbar(\pm k)^2}{2m} - \omega_0 . \] (7)

In Eq. [7] the opposite linear momenta \( \hbar k \) and \( -\hbar k \) of the photon and the ground state of the M4 transition are made explicit.

The remaining explicit time-dependence in Eqs. [6] can be eliminated by introducing the operator

\[ \tilde{c}_{k,\zeta} = \hat{c}_{k,\zeta} \exp[-i\Delta_k t] , \] (8)

so that the relevant equations become

\[ i\hbar \dot{\tilde{c}}_{k,\zeta} = \hbar \Delta_k \tilde{c}_{k,\zeta} + \sqrt{n_0} \xi_{\zeta}(k, 0) \tilde{X}^+_{-hk} \] (9a)

\[ i\hbar \dot{\tilde{X}}_{hk} = \sqrt{n_0} \sum_{\zeta} \xi_{\zeta}(-k, 0) \tilde{c}^+_{-k,\zeta} . \] (9b)

2.1. Critical Instability

From Eqs. [9] we calculate [12] the total number of photons \( N_k(t) \) emitted in the \( k \)-mode:

\[ N_k(t) = N_{k,-} + N_{k,+} = \frac{2n_0(|\xi_{-(k, 0)}|^2 + |\xi_{+(k, 0)}|^2) [-\cos(\delta_0 t) + \cosh(\delta_1 t)]}{\hbar^2 (\delta_0^2 + \delta_1^2)} , \] (10)

where the index \( \pm \) refers to the photon helicity, and

\[ \delta_0 + i\delta_1 = \frac{1}{\hbar} \sqrt{\hbar^2 \Delta_k^2 - 4n_0 (|\xi_{-(k, 0)}|^2 + |\xi_{+(k, 0)}|^2) . } \] (11)

This produces an exponential emission rate for sufficiently large \( n_0 \). The condition for exponential growth of \( N_k \) is given by \( \delta_1 \neq 0 \), which requires:

\[ \hbar^2 \Delta_k^2 - 4n_0 (|\xi_{-(k, 0)}|^2 + |\xi_{+(k, 0)}|^2) < 0 . \] (12)

Thus, exponential photonic generation is observed in the interval of frequencies (see also inset of Fig. 2):

\[ \frac{-2\sqrt{n_0}}{\hbar} \sqrt{\sum_{\zeta} |\xi_{\zeta}(k, 0)|^2} < \Delta_k < \frac{2\sqrt{n_0}}{\hbar} \sqrt{\sum_{\zeta} |\xi_{\zeta}(k, 0)|^2} . \] (13)
At the center emission frequency $\Delta_k = 0$, i.e., for emission frequency $\omega = \omega_0 - \omega_R$ with $\omega_R = \hbar k^2 / (2m)$ the recoil frequency, the critical parameter $\delta_1$ is:

$$\delta_1 \big|_{\Delta_k=0} = \frac{2\sqrt{n_0}}{\hbar} \sqrt{\sum_\zeta |\xi_\zeta(k,0)|^2}.$$  \hspace{1cm} (14)

$\delta_1$ exhibits a $\sqrt{n_0}$ dependence, and it is non-zero also at low atomic densities, such as those currently attainable in an atomic BEC.

The critical parameter depends on the initial and final $M$-states, as well as on the emission angle $\beta$. We thus consider $\delta_1$ averaged over the initial $M$-states and summed over the final ones, which becomes independent of $\beta$. Its dependence on the isomeric BEC atomic density $n_0$ is reported in Fig. 2, as well as a plot of the absolute instability region, where collective emission of coherent $\gamma$ photons happens.

The behavior exhibited in Fig. 2 - in the gamma spectral region - is possible only because of the coherence of the BEC, which eliminates the need of initial spontaneous oscillations of the fields propagating through the medium, characterized by specific delay. In other words, the fact that all the excited quantum oscillators are already comprised of a single wavefunction (Eq. 5) automatically establishes stable phase-coupling among all the emitters and thus provides the conditions to overcome the Dicke limit.

As consequence, the process is dramatically different from single-pass amplification, where a “seed” quantum of the photonic field is coherently amplified by the surrounding medium. Here, the spontaneous decay of one isomer in the BEC - provided that condition Eq. 13 is satisfied - triggers an absolute instability, independent of the dissipation regime and the shape of the emitting particles. This results in a collective decay of the isomers and in the consequent emission of a coherent pulse of 846.1 keV photons and collapse of the BEC.

The scattering length of $^{135}$Cs and the details of the collisional processes at ultra-cold temperatures are not currently known, therefore a precise estimate of the details of the condensation process or of the expected final atom number $N_0$ is - to date - not possible. Nevertheless, with a condensed fraction equal
to unity, one could infer from results from stable cesium that, with typical densities and number of trapped isomers in the BEC, a burst of $10^4-10^5$ coherent photons will be obtained, as produced by a BEC of similar atom number. In actual experiments, after production, electrostatic acceleration, mass separation and neutralization of the desired $^{135}$Cs, atoms can be trapped in a magneto-optical trap (MOT), via standard laser cooling techniques. The MOT will allow also a further purification of the sample and a preliminary reduction of the linewidth, thanks to the suppression of Doppler broadening. At this stage, however, the lack of coherence prevents any possibility to observe collective phenomena. The atomic cloud will be then transferred to a far-detuned optical dipole trap, where forced evaporation will lead to quantum degeneracy and, ultimately, to a pure BEC. Here, at around $10^{-7}$ K and $10^{12}$ cm$^{-3} \leq n_0 \leq 10^{14}$ cm$^{-3}$, the conditions for coherent generation of $\gamma$ photons will be satisfied within the instability region (Eq. 13). At this stage, absorption imaging of the atomic cloud performed on the optical $D_2$ transition with conventional infra-red laser diodes and the investigation of sample displacement produced by the collective recoil will provide unambiguous indication of the onset of the collective decay. Although internal conversion is expected to reduce the number of significant events, in this case the cloud recoil would be negligible with respect to that produced by the coherent $\gamma$ emission.

Moreover, the gamma-ray emission exhibits a non-trivial angular distribution, as a consequence of the dependence of $|\xi_\zeta(k,0)|^2$ on the final $M_2$ states. To investigate such a distribution, which could be in principle used to further investigate the coherent $\gamma$ emission, in Fig. 3 the dependence of the critical parameter on $\beta$ is displayed for an average over the initial state $M_1$ and a specific choice of the final state $M_2$.

So far we restricted our analysis to a closed two-level system consisting of the nuclear excited state $J^\pi = 19/2^-$ and the state $11/2^+$. Our model can be generalised to include the fast relaxation of the intermediate state [12]. The collective mechanism identified here still holds in the presence of the relaxation of the intermediate state, with the latter one resulting into a broadening of the emission over a range a frequencies determined by the intermediate state relaxation rate.

Figure 3: Critical parameter, averaged over the initial $M$ states, as a function of the emission angle $\beta$, for different final $M$-states and for an isomeric BEC atomic density $n_0 = 10^{14}$ cm$^{-3}$.
3. Conclusions

Our results demonstrate that a mechanism of collective decay occurs for a BEC of $^{135m}$Cs isomers. The collective nature of the phenomenon is highlighted by the exponential dependence of the number of emitted photons with respect to the initial isomer density. The collective de-excitation relies on the coherence of the condensate being transferred to $\gamma$ photons, and occurs at densities much lower than those required by the standard Dicke super-radiance. The identified mechanism provides a promising route to the generation of coherent $\gamma$ radiation, as the associated process can be realized with available technology. $^{135m}$Cs ion beams can be generated by proton-induced fission of actinides. Afterwards, laser cooling and trapping can proceed as well established for $^{133}$Cs and some of its isotopes [14]. The long lifetime of $^{135m}$Cs allows for evaporation and creation of a BEC in an optical trap, along the lines of the procedure for stable cesium. As the collisional properties of ultra-cold $^{135m}$Cs are not known, it is not possible to give an accurate estimate of the expected size of the BEC, and hence of the intensity of the $\gamma$ photons burst. However, the present results indicate that exponential photonic generation occurs for a wide range of BEC densities. We therefore expect coherent emission to occur over a broad range of BEC size, thus demonstrating the validity of the proposed approach for coherent gamma-ray generation.

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