Quantum Spin-Dimers from Chiral Dissipation in Cold Atom Chains

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We consider the non-equilibrium dynamics of a driven dissipative spin chain with chiral coupling to a 1D bosonic bath, and its atomic implementation with a two-species mixture of cold quantum gases. The reservoir is represented by a spin-orbit coupled 1D quasi-condensate of atoms in a magnetized phase, while the spins are identified with motional states of a separate species of atoms in an optical lattice. The chirality of reservoir excitations allows the spins to couple differently to left and right moving modes, which in our atomic setup can be tuned from bidirectional to purely unidirectional. Remarkably, this leads to a pure steady state in which pairs of neighboring spins form dimers that decouple from the remainder of the chain. Our results also apply to current experiments with two-level emitters coupled to photonic waveguides.

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In an open quantum many-body system, the competition of particle interactions, external driving and the dissipative coupling to a quantum reservoir can result in novel scenarios for the formation of strongly correlated quantum states [1]. This is not only of interest as a non-equilibrium condensed matter problem per se [2–9], but dissipatively prepared entangled states also provide a potential resource for quantum information tasks [10–14]. Quantum optical systems of cold atoms or solid state impurities provide a natural setting for such open many-body quantum systems. The paradigmatic example is given by an ensemble of two-level atoms driven by laser light, and coupled to a photonic reservoir [15–17], e.g. as one-dimensional engineered photonic band gap materials [18]. These model systems can be described as a collection of spin-1/2s, which via the photonic modes interact with long-range dipole-dipole interactions, and exhibit collective and enhanced decay into radiation modes of photonic structures. The realization of such Dicke-type models [19, 20] coupled to low-dimensional quantum reservoirs, and the observation of the associated dynamical quantum phases and phase transitions is at present an outstanding challenge in quantum optics [21–23].

In the present work we introduce a realization of dissipative quantum magnetism based on cold atoms in optical lattices [24, 25], where the quantum reservoir is represented by photonic degrees of freedom of a 1D spin-orbit coupled Bose-Einstein quasi-condensate (quasi-BEC) [26–32]. This model system provides a faithful and experimentally realistic representation of a chain of driven spin-1/2 particles coupled to a 1D bosonic bath. Crucially, spin-orbit coupling (SOC) makes the reservoir chiral, with the spins coupling differently to the left and right propagating modes, \( \gamma_L \neq \gamma_R \) [cf. Fig. 1(a)]. This asymmetry is moreover tunable via the atomic parameters, allowing to engineer the spin-bath coupling from purely unidirectional to fully bidirectional.

Figure 1. 1D spin chain coupled to a 1D chiral bosonic reservoir. (a) Driven spins decay into right and left moving reservoir modes with rates \( \gamma_R \) and \( \gamma_L \). For \( \gamma_R \neq \gamma_L \), quantum spin-dimers (indicated by \( |D\rangle \)) are formed as the unique pure steady state. (b-d) Implementation with a two-species mixture of cold atoms. (b) Spins are represented by the two lowest vibrational states of atoms \( a \) on each site of a 1D optical lattice, which can “decay” due to collisions with a 1D optical lattice, with a SOC quasi-BEC, representing the bath. (c) SOC of atoms \( b \) due to coupling of two internal states \( |\uparrow\rangle \) and \( |\downarrow\rangle \) via a Raman process [26]. (d) Dispersion relations \( \hbar \omega_{k_L,k_R} \) of the bath excitations in the plane wave phase. The red and blue arrows indicate excitations of atoms \( b \) from the quasi-BEC (circle at \( k_m \)) to wave vectors \( k_L \) and \( k_R \), resonant with \( \hbar \omega \).

To describe the dynamics of our 1D spin chain, we derive a quantum optical master equation for the reduced system density matrix \( \rho(t) \), tracing over the reservoir degrees of freedom. This equation contains both long range dipolar spin interactions, as mediated by the exchange of Bogoliubov excitations, and collective dissipative terms. Remarkably, at long times the system evolves to a pure many-body state of quantum spin dimers, \( \rho(t) \xrightarrow{t \to \infty} |\Psi\rangle \langle \Psi| \) with \( |\Psi\rangle = \bigotimes_{j=1}^{N/2} |D\rangle_{2j-1,2j} \). Here

\[
|D\rangle_{j,l} = \frac{1}{\sqrt{1 + |\alpha|^2}} \left[ (g_j^* e_j)^l + \frac{\alpha}{\sqrt{2}} (g_j^* |e\rangle_l - |e\rangle_j g_j^* l) \right],
\]

(1)
is the spin-dimer state of a pair of spin-1/2s at lattice sites $j,l$ with $|g⟩,|e⟩$ denoting the corresponding ground and excited states, and $\alpha$ a parameter defined below. This result is valid for a generic range of parameters in case of reservoirs with broken left-right symmetry and an even number of spins [cf. Fig. 1(a)]. Further, it is also of immediate relevance in the context of recent proposals and experiments for two-level systems (TLSs) coupled to a photonic chiral reservoir [33–35].

Model. We realize a driven dissipative spin chain coupled to a 1D bosonic reservoir with a two-species mixture of quantum gases. The corresponding setup is shown in Fig. 1(b–d). The spin chain is represented by spinless atoms of a first species $a$ (with mass $m_a$), trapped in a species-selective 1D optical lattice [3] of period $d$ [cf. Fig. 1(b)]. We assume filling with one atom per site and a deep lattice to completely suppress the tunneling (Mott insulator). Thus, the ground and first vibrational states are decoupled due to the lattice anharmonicity. We can drive these TLSs near their transition states $|g⟩_j$ and $|e⟩_j$, or effective spin-1/2. Other vibrational states are decoupled due to the lattice anharmonicity. We can drive these TLSs near their transition frequency $\omega$ via a Raman process with frequency $\nu$ and Rabi frequencies $\Omega_j$. In the rotating wave approximation (RWA), the Hamiltonian for the driven spin chain with $N$ atoms reads $\sigma_j \equiv |g⟩_j (|e⟩_j)$(1)

$$H_{\text{sys}} = \hbar \sum_{j=1}^{N} \sigma_j^{(a)} \sigma_j^{(b)} + h \sum_{j=1}^{N} (\Omega_j \sigma_j e^{i\omega t} + \text{h.c.}) . \quad (2)$$

The 1D bosonic quantum reservoir is realized with a second atomic species $b$ (with mass $m_b$). We assume again trapping in a 1D geometry (aligned with the optical lattice), however, with the atoms $b$ now moving freely along a 1D wire. In addition, we prepare them in the quasi-BEC regime [31, 32, 36–38], i.e. the linear density $\bar{\rho}$ satisfies $\hbar^2 \bar{\rho}^2 / m_b \gg k_B T, \mu$, with $T$ the temperature and $\mu$ the chemical potential. Atoms $a$ will couple to the reservoir atoms $b$ via collisional interactions. In particular, there will be resonant processes, where an atom $a$ “decays” from $|e⟩$ to $|g⟩$, creating an excitation of energy $\hbar \omega$ in the reservoir gas [24, 39] [cf. Fig. 1(b)]. These excitations will propagate along the wire, and represent the right and left moving bosonic excitations constituting our 1D bath. First experiments along these lines have been realized with a 3D BEC as the reservoir [3, 4].

A chiral reservoir with asymmetric decay of spins to left and right moving modes ($\gamma_L \neq \gamma_R$), is obtained by adding SOC to the 1D quasi- BEC. Following Ref. [26], SOC with equal Rashba and Dresselhaus contributions can be implemented by coupling two internal states $|↑⟩$ and $|↓⟩$ of the reservoir atoms $b$ via Raman lasers with momentum transfer $2h \delta_0$, coupling strength $\Omega_0$, detuning $2\delta_0$ and recoil energy $E_0 \equiv \hbar^2 k^2 / (2m_b)$ [cf. Fig. 1(c)]. Using an extension of Bogoliubov theory to quasi-condensates [36, 38], one can diagonalize the reservoir Hamiltonian in terms of Bogoliubov-like excitations as $H_{\text{res}} = \sum_{k,\beta} \hbar \omega_{k,\beta} b_{k,\beta}^\dagger b_{k,\beta}$. We refer to the supplemental material (SM) [40] for details. Here $b_{k,\beta}$ are bosonic annihilation operators for excitations with wavevector $k$ in the branch $\beta = \pm$ and $\omega_{k,\beta}$ is the corresponding excitation spectrum shown in Fig. 1(d) for $\hbar \delta_0 \ll E_0$. Crucial for our proposal is that at energies $\sim E_0$, there is an energy window $\sim \Omega_0$ in which excitations are chiral, i.e. all excitations with positive group velocity are strongly polarized along $|↑⟩$, while the ones with negative group velocity are strongly polarized along $|↓⟩$. This locking of the propagation direction to the spin is reminiscent of chiral edge modes in systems with artificial gauge fields [41, 42]. To be specific, the excitation spectrum of Fig. 1(d) is obtained when the SOC quasi-BEC is prepared in the so-called plane wave phase [43–45] with quasi-condensation at a positive wavevector $k_a$. This can be achieved by using a finite detuning $\delta_0 < 0$, satisfying $\delta_0 - g_T + g_{T1} > 0$, where $g_T, g_{T1}, g_{T2} > 0$ are the 1D collision interaction parameters of the reservoir gas. An important characteristic of this phase is that the atoms in the quasi-BEC are spin-polarized, as manifested by $\bar{\rho}_{g/\bar{\rho}} < 1$, where $\bar{\rho}_g$ and $\bar{\rho}_l$ are the mean densities of the different spin components ($\bar{\rho} = \bar{\rho}_g + \bar{\rho}_l$). A feature of the synthetic SOC is the tunability of this spin polarization with $\Omega_0$ [cf. Fig. 2(a)].

We take a quantum optical point of view in describing the system-bath interaction, which is motivated by the analogy with TLSs coupled to a 1D photonic bath in the weak coupling limit. Microscopically, it is given in our setup by collisional interactions between $a$ and $b$ atoms. For spinless atoms $a$, these collisions are spin-conserving and reduce to interspecies density-density interactions. Therefore, density fluctuations of the reservoir atoms in a frequency band around $\omega$ provide an energy-conserving mechanism for spin decay. In terms of $\omega$ the decay rate into chiral left and right moving modes $\gamma_L / \gamma_R$ is given as a function of $\hbar \delta_0 / \hbar \gamma_L$ [36, 39]. The dash-dotted line shows the reservoir spin-polarization $\bar{\rho}_{g/\bar{\rho}}$ for $g_{T1} = 0$ (solid) and $g_{T1} = 0$ (dashed). The dash-dotted line shows the reservoir spin-polarization $\bar{\rho}_{g/\bar{\rho}}$. (b) Density fluctuation coefficients $Q_L^\dagger(k)$ (λ=↑,↓) in the lower branch for $\hbar \delta_0 = 0.2E_0$. The wavevectors for left and right moving excitations $k_\pm (s=L, R)$ are indicated, where $Q_L^\dagger(\pm)$ show their strong spin polarization. Other parameters are $\bar{\rho} = 6.14k_0, m_a/m_b = 2, g_{T1} = g_{T2} = g_{T3} = 0.23E_0/k_0, g_{T1} = -0.37E_0/k_0, \hbar \omega = 1.46E_0$ and $\delta_0 = -0.004E_0$. Figure 2. Tunability of decay asymmetry into chiral left and right moving modes (a) $\gamma_L / \gamma_R$ as a function of $\hbar \delta_0 / \hbar \gamma_L$ for $g_{T1} = 0$ (solid) and $g_{T1} = 0$ (dashed). The dash-dotted line shows the reservoir spin-polarization $\bar{\rho}_{g/\bar{\rho}}$. (b) Density fluctuation coefficients $Q_L^\dagger(k)$ (λ=↑,↓) in the lower branch for $\hbar \delta_0 = 0.2E_0$. The wavevectors for left and right moving excitations $k_\pm (s=L, R)$ are indicated, where $Q_L^\dagger(\pm)$ show their strong spin polarization. Other parameters are $\bar{\rho} = 6.14k_0, m_a/m_b = 2, g_{T1} = g_{T2} = g_{T3} = 0.23E_0/k_0, g_{T1} = -0.37E_0/k_0, \hbar \omega = 1.46E_0$ and $\delta_0 = -0.004E_0$.
of elementary excitations they can be written as \( \delta \rho_\lambda = \sqrt{\rho_\lambda / L} \sum _{k,\beta=\pm} Q^\lambda _\beta (k) b_{k,\beta} e^{i(k-k_m)x} + \text{h.c.} \) [38, 40], where \( L \) is a quantization length and the coefficients \( Q^\lambda _\beta (k) \) (with \( \lambda \in \{\uparrow, \downarrow\} \)) reflect the spin-polarization of excitations [cf. Fig.2(b)]. By placing the TLS transition frequency \( \omega \) in the aforementioned energy window around \( E_0 \), the RWA restricts the reservoir to chiral excitations only, provided \( \gamma_L, \gamma_R \ll \Omega_0, \omega \). Further, we can linearize the dispersion around the corresponding resonant wavevectors \( k_L \) and \( k_R \), with group velocities \( v_L < 0 \) and \( v_R > 0 \) [cf. Fig.1(d)]. As a result, the interaction Hamiltonian can be written in a form reminiscent of the prototypical quantum optical RWA Hamiltonian as [cf. SM]

\[
H_{\text{int}} = i\hbar \sum _{s=L,R} \sqrt{\frac{\gamma_s}{L}} \sum _{k,j} \sigma^j _s b_{k,-} e^{i(k-k_m)x_j} + \text{h.c.},
\]

with decay rates into the left and right propagating modes \( (s=R,L) \) given by

\[
\gamma_s = \frac{\eta(k_s) e^{-\eta(k_s)}}{\hbar^2 |v_s|^2} \left( \sum _{\lambda=\uparrow, \downarrow} \rho_\lambda \sqrt{\rho_\lambda} Q^\lambda _\lambda (k_s) \right)^2.
\]

Here \( \rho_{\uparrow}, \rho_{\downarrow} \) are the collisional couplings between \( a \) and \( b \) atoms, and \( \eta(k) \equiv (E_0/\hbar \omega)(m_b/m_a)(|k-k_m|/k_0)^2 \).

The physical origin of the decay asymmetry \( \gamma_R \neq \gamma_L \) is primarily the preparation of the reservoir in the plane wave phase at \( k_m > 0 \). For \( \hbar \Omega_0 \ll E_0 \), the reservoir atoms are strongly spin polarized \( \rho_\uparrow \gg \rho_\downarrow \) [cf. Fig.2(a)], suppressing the creation of left moving excitations in the spin-conserving collisions due to the small overlap of the spin wavefunctions. In addition, creating left or right moving excitations requires different momentum transfers [cf. Fig.1(d)] which also give rise to an asymmetry, reflected by the coupling constants \( \eta(k_s) \). As illustrated in Fig.2(a) the decay asymmetry can be tuned with \( \Omega_0 \) from essentially unidirectional \( \gamma_L/\gamma_R \ll 1 \) to fully bidirectional \( \gamma_L/\gamma_R = 1 \). Another mechanism for an asymmetry is provided in the case of spin-dependent collisions \( (g_{a\uparrow} \neq g_{a\downarrow}) \). In particular, for \( g_{a\uparrow} \gg g_{a\downarrow} \), there is predominant decay to the right-moving modes. Remarkably, there are parameters for which \( Q^- _L (k_L) = 0 \) [cf. SM], allowing to realize an ideal cascaded spin chain with \( \gamma_L = 0 \), if \( g_{a\uparrow} = 0 \) [cf. Fig.2(a)].

**Master equation.** We derive a master equation for the reduced density operator \( \rho(t) \) of the spin chain by eliminating the reservoir atoms in the Born-Markov approximation [24, 46]. For \( \hbar \omega \gg k_B T \), and neglecting retardation effects provided \( \gamma_s < 2\pi |v_s|/(N \delta) \) [15, 47], we find

\[
\dot{\rho} = -i(\hbar)[H_{\text{sys}}, \rho] + \mathcal{L}_\text{n}\rho + \mathcal{L}_C\rho,
\]

where \( H_{\text{sys}} \) is defined in Eq. (2) and the Liouvillian terms describing reservoir-mediated interactions read

\[
\mathcal{L}_\text{n}\rho \equiv \gamma_L \sum _{j,l} \left[ -i \sin(|\phi_{jl}|) [\sigma^j_l \sigma^l_j, \rho] + \cos(|\phi_{jl}|) D(\sigma^l_j, \sigma^j_l) \rho \right],
\]

\[
\mathcal{L}_C\rho \equiv \frac{\Delta \gamma}{2} \sum _j \mathcal{D}(\sigma^j_j, \sigma^j_j) \rho + \Delta \gamma \sum _{j \neq l} \left( e^{-i\phi_{jl}} [\sigma^j_l \sigma^l_j, \rho] + \text{h.c.} \right).
\]

In writing Eq. (5) we used the notation \( D(a,b) \rho \equiv 2a b^\dagger \rho b - b^\dagger a^\dagger \rho - b^\dagger a \rho b \) and assumed \( \Delta \gamma \equiv \gamma_R - \gamma_L \geq 0 \). Additionally, we defined phase factors \( \phi_{jl} = (x_j - x_l)(k_R - k_L)/2 \), and redefined \( \sigma_j \rightarrow \sigma_{jl} = e^{-i(k_R - k_L)x_j/2} \) and \( \Omega_j \rightarrow \Omega_{jl} = e^{i(k_R - k_L)x_j/2} \).

The Liouvillian \( \mathcal{L}_B \) is familiar from TLSs coupled to a symmetric (bidirectional) 1D waveguide [15, 21]. It contains a coherent (Hamiltonian) part, describing infinite-range dipole-dipole interactions and an incoherent part with “quantum jump operators” [46] associated with infinite-range super-radiant collective decay. Its strength is given by the smaller of the decay rates \( \gamma_L \). The last term, \( \mathcal{L}_C \), is the Liouvillian of a cascaded quantum system [10, 46], i.e. where bath excitations can only move to the right. Its strength is given by \( \Delta \gamma \) and thus it appears only if the left-right symmetry is broken.

**Quantum spin-dimers as steady state.** We consider a situation where the lattice spacing \( d \) is commensurate with the wavelength of the reservoir excitations, \( (k_R - k_L)d = 4\pi n \) \( (n \text{ integer}) \), so that the dipole-dipole interactions vanish. In addition, we assume that all spins are driven homogeneously \( \Omega_j = \Omega \) and on-resonance \( \nu = \omega \).

We note that for \( \Delta \gamma = 0 \), Eq. (5) reduces to the purely dissipative Dicke model, where a non-equilibrium quantum phase transition at a critical driving \( \Omega \equiv N\gamma_L \) has been predicted [19, 21]. In this case, only coupling within the so-called Dicke-manifolds is allowed, which leads to multiple steady states. In contrast, when \( \Delta \gamma \neq 0 \) this symmetry is broken and the steady state is unique. Remarkably, for an even number of spins, the steady state is pure and dimerizes, i.e. each spin pairs up with one of its neighbors in the entangled state \( |D \rangle \) given in Eq. (1) with singlet fraction \( \alpha = 2\sqrt{2}\Omega /\Delta \gamma \). Such a dimerized state represents a dark state of the dissipative many-body dynamics [48], where excitations are exchanged between two adjacent spins, but do not escape from the pair due to quantum interference. For the ideal cascaded case \( (\gamma_L = 0) \), Ref. [10] has previously discussed such “cooling to dimers” with engineered optomechanical systems. In the SM we give a formal proof that this dimerization is in fact the generic steady state of Eq. (5) for the whole range \( 0 \leq \gamma_L/\gamma_R < 1 \).

To gain insight into how a spin chain dynamically purifies and arranges itself into dimers, we numerically calculate the time evolution of the purity of the total state \( \mathcal{P} \equiv \text{Tr}(\rho^2) \), and the entropy of adjacent spin pairs \( S_{j,j+1} \equiv -\text{Tr}(\rho_{j,j+1} \ln(\rho_{j,j+1})) \). Here \( \rho_{j,l} \) is the reduced density operator for spins \( j \) and \( l \). The formation of pure dimers is manifested by \( \mathcal{P}(t) \rightarrow 1 \) and
Figure 3. Dynamical formation of spin-dimers as the unique steady state of the driven-dissipative spin chain. We plot the entropy $S_{j,j+1}(t)$ of all adjacent spin pairs (colored solid) and the purity $\mathcal{P}(t)$ of the total state (black dashed) for the initial condition $|\Psi(0)\rangle = \otimes_{j=1}^N |g_j\rangle$. Results are shown for $\Omega = 0.5\gamma_R$ and (a) $N = 10$, $\gamma_L = 0$, (b) $N = 10$, $\gamma_L = 0.4\gamma_R$, (c) $N = 9$, $\gamma_L = 0$, (d) $N = 9$, $\gamma_L = 0.4\gamma_R$.

$S_{2j-1,2j}(t) \to 0$, $\forall j = 1,\ldots,N/2$ as shown in Fig. 3(a,b). For any ratio $\gamma_L/\gamma_R < 1$, pairs are purified “from left to right”, but only in the cascaded limit this happens successively at a constant speed [cf. Fig. 3(a)]. The timescale $t_{ss}$ to reach the steady state increases with $\gamma_L/\gamma_R$. In the limit $\gamma_L/\gamma_R \to 1$, we numerically find the scaling $t_{ss} \sim (1 - \gamma_L/\gamma_R)^{-4}$ for small system sizes [cf. SM]. When the number of spins is odd, it is not possible for all of them to pair up in dimers. Nevertheless, in the cascaded limit dimers are still formed, leaving only the last unpaired spin in a mixed state [cf. Fig. 3(c)]. The excitations emitted by this last spin propagate only to the right and do not affect the dimers on its left. On the other hand, if excitations can also propagate to the left, no dimers are formed because the output of an unpaired spin breaks them up [cf. Fig. 3(d)].

To ensure robustness of dissipative dimerization, we studied numerically the effect of various imperfections on the steady state of Eq. (5), reflected by the pair-purities $\mathcal{P}_{2j-1,2j} \equiv \text{Tr}((\rho_{2j-1,2j})^2)$. In general, imperfections give rise to an incomplete decoupling of spin pairs from the rest of the chain, as Fig. 4(a) illustrates for deviations from the commensurability condition, quantified by $\epsilon \equiv (k_R - k_L)N - 4\pi n$. We observe particular robustness for low $\gamma_L/\gamma_R$ and a decrease in the pair-purities from left to right. However, already for $\epsilon \lesssim 0.1$ we obtain $\mathcal{P}_{2j-1,2j} \gtrsim 0.9$, when $\gamma_L = 0.1\gamma_R$. Qualitatively the same behavior is observed for deviations in the detuning and phases of the coherent driving field. On the other hand, onsite decay outside the 1D reservoir leads to a significant decrease of the purities [cf. Fig. 4(b)]. This could be a concern for implementations with photonic waveguides [16, 18]. However, in the setup proposed here, such processes are only weakly induced (e.g. by classical noise [49]), and thus expected to be negligible compared with $\gamma_R$.

Estimates. We consider a quasi-BEC of $^{87}\text{Rb}$ with $E_0/(2\pi\hbar) \approx 3.5 \text{kHz}$, $2|\delta_0| \gtrsim 25 \text{Hz}$ [26], $T = 5 \text{nK}$, $\bar{\rho} = 48 \mu\text{m}^{-1}$ (e.g. with 4800 atoms confined to $L \sim 100 \mu\text{m}$ [31, 32, 50]), and a transverse trapping frequency $\omega_L/(2\pi) = 10 \text{kHz}$. For the spin chain we consider Yb, because it is spinless and heavy ($a_s/a_b \approx 2$) [cf. SM]. With interspecies scattering lengths between $^{87}$Rb and $^{172}$Yb of $a_{1g} = a_{1d} \approx -160.7 a_{\text{Bohr}}$ [51] and $\hbar\omega/(2\pi) \approx 5.3 \text{kHz}$, one obtains decay rates $\gamma_R/(2\pi) \approx 100 \text{Hz}$, with asymmetries $10^{-3} < \gamma_L/\gamma_R < 1.1$ [cf. Fig. 2(a)]. These rates validate a posteriori the RWA and Markov approximations, as well as neglecting retardation effects for systems up to $N \sim 30$ spins spaced by $d \sim 800 \mu\text{m}$. We note that these “quantum optical” approximations can be deliberately violated in our setup to study retardation and non-Markovian effects outside the validity of the master equation treatment.

Outlook. We have shown how SOC in an atomic gas can be used to engineer a chiral reservoir for spin chains. The tunable asymmetry of the coupling to left and right moving excitations leads to a pure steady state in which neighboring spins are dimerized, representing a novel form of dissipative quantum magnetism [52]. While the cold atom realization provides particular advantages, our results also apply to implementations with photons [33–35]. We have shown [53] that the present results generalize to the dissipative formation of pure many-body states of spin-1/2 tetramers, hexamers, etc., by appropriate driving patterns [10]. This multipartite entanglement can be detected via the Fisher information [54], which recently has been measured in cold atom experiments [55].

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Supplemental Material for:
Quantum Spin-Dimers from Chiral Dissipation in Cold Atom Chains

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I. DIAGONALIZATION OF THE SPIN-ORBIT COUPLED RESERVOIR HAMILTONIAN IN THE 1D QUASI-CONDENSATE REGIME

In this section we give an explicit expression for the effective 1D many-body reservoir Hamiltonian $H_{\text{res}}$ of the main text, taking into account spin-orbit coupling (SOC) and contact interactions. Assuming the 1D quasi-BEC regime \cite{1-4}, we diagonalize $H_{\text{res}}$ in terms of elementary (Bogoliubov-like) excitations by using an extension of Bogoliubov theory developed by Mora and Castin in Ref. \cite{4}. In passing, we derive the expression for the density fluctuations in terms of Bogoliubov-like excitations also given in the main text.

A. Many-body Hamiltonian for reservoir atoms

The reservoir is composed of a gas of $M$ cold bosonic atoms with two internal states $\{|\uparrow\rangle, |\downarrow\rangle\}$, which are coupled via Raman lasers to realize artificial SOC with equal Rashba and Dresselhaus contributions \cite{5}. In addition, we strongly confine the atoms in two directions such that the dynamics is effectively restricted to 1D \cite{6} and we neglect the trapping potential in this remaining direction. Importantly, these reservoir atoms are not affected by the optical lattice potential also present in the setup \cite{See Fig. 1(b) of main text}, which can be realized by using a species-specific optical lattice \cite{7}. As a result, the SOC reservoir atoms are freely moving along a 1D wire. Taking into account the contact interactions, the many-body Hamiltonian $H_{\text{res}}$ reads

$$H_{\text{res}} = \sum_{\nu,\lambda = \uparrow, \downarrow} \int dx \left[ \psi_\nu^\dagger H_{\nu\lambda}^\text{SOC} \psi_\lambda + \frac{g_{\nu\lambda}}{2} \psi_\nu^\dagger \psi_\lambda^\dagger \psi_\lambda \psi_\nu \right], \quad (6)$$

where the field operators $\psi_\nu(x)$ with $\nu = \{\uparrow, \downarrow\}$ satisfy bosonic commutation relations $[\psi_\nu(x), \psi_\lambda(x')] = \delta_{\nu\lambda} \delta(x - x')$ and $g_{\nu\lambda}$ are the 1D-renormalized s-wave interaction parameters \cite{6} between atoms in different internal states. In addition, $H_{\nu\lambda}^\text{SOC}$ denote the components of the SOC Hamiltonian given by

$$H_{\nu\lambda}^\text{SOC} \equiv \frac{1}{2m_b} \left( -i \hbar \frac{\partial}{\partial x} - \hbar k_0 \tau_z \right)^2 + \hbar \Omega_0 \tau_x + \hbar \delta_0 \tau_z. \quad (7)$$

Here the $\tau$ symbols are the standard $2 \times 2$ Pauli matrices and $m_b$ is the mass of the reservoir atoms. In current experiments \cite{5}, this Hamiltonian (7) is implemented by coupling two hyperfine states (e.g. $^{87}\text{Rb}$) via a Raman process with momentum transfer $2\hbar k_0$, coupling strength $\Omega_0$ and two photon detuning $2\delta_0$ and recoil energy $E_0 \equiv \hbar^2 k_0^2/(2m_b)$. Note that the time-independent form of the SOC Hamiltonian in Eq. (7) is not given in the lab frame, but rather in a spin-rotated frame after applying the unitary $U \equiv e^{i(k_0 x + \Delta_{\omega}/2)\tau_x}$, with $\Delta_{\omega}$ being the frequency difference between Raman lasers \cite{8}.

B. Coarse-graining in position space

For our later analysis of the interaction between lattice atoms and reservoir, it will be very useful to have a diagonal expression of the reservoir Hamiltonian (6) in terms of elementary excitations on top of a macroscopic equilibrium configuration. Due to the large phase fluctuations in the 1D gas, there is no single macroscopically occupied state even at zero temperature \cite{9, 10} and thus the standard Bogoliubov treatment is not valid. Nevertheless, in the so-called quasi-condensate regime of weak interactions and very low temperature, the relative density fluctuations around a mean density are small, which allows for a systematic expansion and subsequent diagonalization of the many-body Hamiltonian $H_{\text{res}}$ in a Bogoliubov-like manner. Several methods have been proposed in the literature to tackle this problem \cite{1-4}, but here we use the one developed by Mora and Castin in Refs. \cite{4, 11}, since it allows us to treat particle-like excitations with energies on the order of or greater than the chemical potential $\mu$. This approach has been mainly used to describe single-component low-dimensional Bose gases, but here we apply the same principles to a two component case with additional SOC, formally similar to the situation considered in Ref. \cite{12}. We start by writing the field operators in a density-phase representation, $\psi_\nu(x) \equiv e^{i\theta_\nu} \sqrt{\rho_\nu(x)}$, where $\rho_\nu(x)$ and $\theta_\nu(x)$ are the density and phase operators for each spin component $\nu = \{\uparrow, \downarrow\}$. It will be convenient to decompose the latter operators further as

$$\rho_\nu = \tilde{\rho}_\nu + \delta \rho_\nu, \quad \theta_\nu = \tilde{\theta}_\nu + \delta \theta_\nu, \quad (8)$$

where $\delta \rho_\nu(x)$ and $\delta \theta_\nu(x)$ describe the density and phase fluctuations of each spin component $\nu$ around the mean density and phase $\tilde{\rho}_\nu(x)$ and $\tilde{\theta}_\nu(x)$, respectively. In or-
order to consistently define hermitian density and phase operators that approximately satisfy the standard commutation relations \([\rho_\nu(x), \theta_\lambda(x')] \approx i\delta_\nu\lambda \delta(x - x')\) and do not lead to divergences in the theory, Mora and Castin propose to apply a coarse-grained approximation in position space, assuming the large mean density limit. Additionally, for the direct application of the method in Ref. [4] to this two component case, here we also require a non-vanishing mean density for each spin separately \(\bar{\rho}_\nu(x) \neq 0\), a condition that can always be met by a suitable change of spin basis in Eq. (6) [c.f. Sec. IE for more details]. The procedure consists of discretizing the 1D space of length \(L\) (with periodic boundary conditions) in small boxes of length \(l\) for which the centers are located on a uniform grid at discrete positions \(x\). The length \(l\) must be chosen large enough such that there is a large mean number of particles in each box, but at the same time \(l\) should be much smaller than all other relevant length scales of the system, so that the inclusion of the grid does not modify the physics of the continuous model. Therefore, the necessary inequalities read,

\[
\bar{\rho}^{-1} \ll l \ll \xi, \lambda_T, \pi/\max, \tag{9}
\]

where \(\bar{\rho} \equiv \sum_x \sum_{\nu} \bar{\rho}_\nu(x) \approx M/L\) is the total mean density of particles, \(\xi\) the coherence length, \(\lambda_T\) the thermal wavelength and \(\max\) the maximum momentum of excitations that we want to resolve in the theory. Seen another way, the discretization of space introduces a momentum cutoff \(\sim \pi/l\), which must be greater than all relevant momentum scales in the system and thus

\[
\pi/\xi, \pi/\lambda_T, \max \ll \pi/l \ll \pi\bar{\rho}. \tag{10}
\]

Note that the first and second inequalities in Eq. (10) are equivalent to the weakly interacting \((\mu \ll \hbar^2 \bar{\rho}^2/m_b)\) and low temperature conditions \((k_B T \ll \hbar^2 \bar{\rho}^2/m_b)\), respectively. These are characteristic of the 1D quasi-BEC regime and allows for the coarse-graining procedure. Putting this all together, the reservoir Hamiltonian in Eq. (6) can be consistently rewritten as

\[
\mathcal{H}_{\text{res}} = \sum_{\nu, \lambda} \sum_x \left[ \sqrt{\rho_\nu} e^{-i\theta_\nu} H^{\text{SOC}}_{\nu, \lambda} e^{i\theta_\lambda} \sqrt{\bar{\rho}_\lambda} + \frac{g_{\nu, \lambda}}{2} \left( \rho_\nu \rho_\lambda - \frac{\delta_\nu\lambda}{4} \rho_\nu \right) \right], \tag{11}
\]

where the discrete spatial derivatives contained in \(H^{\text{SOC}}_{\nu, \lambda}\) are defined as \(\Delta^2 f/\Delta x^2 \equiv [f(x + l) + f(x - l) - 2f(x)]/l^2\) and \(\Delta f/\Delta x \equiv [f(x + l) - f(x - l)]/2l\), with \(f(x)\) an arbitrary function [4]. Importantly, the commutation relations for density and phase are also discretized and read

\[
[\rho_\nu(x), \theta_\lambda(x')] = i\delta_\nu\lambda \delta_{xx'}/l. \tag{12}
\]

### C. Perturbative expansion and diagonalization of the reservoir Hamiltonian

We are now in position to identify the small parameters of the theory in order to perform a perturbative expansion of the Hamiltonian in Eq. (11). A direct application of the method in Ref. [4] to our two-component case requires that, for each spin component separately, the relative density fluctuations and the phase fluctuation change over cells are small:

\[
e_1' \equiv |\delta\rho_\nu|/\bar{\rho}_\nu \ll 1, \tag{13}
\]

\[
e_2' \equiv |\Delta\theta_\nu/\Delta x| \ll 1. \tag{14}
\]

Here \(|A|\) represents the typical value of an operator \(A\) in the state of the system. As in Ref. [12], we additionally require that the difference between phase fluctuations in spin up and down components is small

\[
e_3 \equiv |\delta\theta_\uparrow - \delta\theta_\downarrow| \ll 1. \tag{15}
\]

In Sec. 1D we self-consistently check \(a posteriori\) under which parameter conditions the assumptions (13)-(15) indeed hold true, but for now we expand the reservoir Hamiltonian in Eq. (11) up to second order in powers of the five small parameters \(\epsilon\) as \(H_{\text{res}} = H^{(0)}_{\text{res}} + H^{(1)}_{\text{res}} + H^{(2)}_{\text{res}} + O(\epsilon^3)\).

The zeroth order Hamiltonian can be written as

\[
H^{(0)}_{\text{res}} = \sum_x \left[ -\frac{\hbar^2}{2m_b} \sum_{\nu} \sqrt{\rho_\nu} \frac{\Delta^2 \sqrt{\rho_\nu}}{\Delta x^2} + \sum_{\nu} (\nu\hbar\delta_0 - \mu) \bar{\rho}_\nu + 2\hbar\Omega_0 \cos(\bar{\Theta}) \sqrt{\rho_\uparrow} + \frac{1}{2} \sum_{\nu, \lambda} g_{\nu, \lambda} \bar{\rho}_\nu \bar{\rho}_\lambda + \frac{\hbar^2}{2m_b} \sum_{\nu} \frac{\Delta \rho_\nu}{\Delta x} \right]^2, \tag{16}
\]

where \(\Theta \equiv \bar{\theta}_\uparrow - \bar{\theta}_\downarrow\) is the zeroth order phase difference between spin components and the numerical values \(\nu = \{+1, -1\}\) are assigned corresponding to \(\nu = \{\uparrow, \downarrow\}\), respectively. The mean density and phase functions are determined by minimizing the energy functional \(H^{(0)}_{\text{res}} = H^{(0)}_{\text{res}}[\rho_\nu, \theta_\nu]\), yielding Gross-Pitaevskii (GP) type equations:

\[
-\frac{\hbar^2}{2m_b} \frac{\Delta^2 \sqrt{\rho_\nu}}{\Delta x^2} + \frac{\hbar^2}{2m_b} \left( \frac{\Delta \bar{\rho}_\nu}{\Delta x} - \nu k_0 \right)^2 + (\nu\hbar\delta_0 - \mu) \sqrt{\rho_\nu} + \hbar\Omega_0 \cos(\bar{\Theta}) \sqrt{\rho_\uparrow} + \sum_{\lambda} g_{\nu, \lambda} \bar{\rho}_\lambda \sqrt{\rho_\nu} = 0, \tag{17}
\]

\[
\frac{\hbar^2}{2m_b} \frac{\Delta^2 \bar{\rho}_\nu}{\Delta x} + \frac{\hbar^2}{2m_b} \left( \frac{\Delta \bar{\rho}_\nu}{\Delta x} - \nu k_0 \right)^2 + \hbar\Omega_0 \sin(\bar{\Theta}) \sqrt{\rho_\uparrow} \bar{\rho}_\downarrow = 0. \tag{18}
\]

Assuming that \(\bar{\rho}_\nu(x)\) and \(\bar{\theta}_\nu(x)\) are solutions of these GP equations, one can show that the first order correction of \(H_{\text{res}}\) vanishes exactly \(H^{(1)}_{\text{res}} = 0\), as it is also the case.
for the single-component quasi-BEC treatment [4]. To make use of known analytical solutions for $\tilde{\rho}_\nu$ and $\tilde{\theta}_\nu$, it is convenient to define the complex classical field $\tilde{\psi}_\nu \equiv e^{i\theta_\nu} \sqrt{\rho_\nu}$, such that $H_{\text{res}}^{(0)}$ in Eq. (16) can be rewritten as

$$H_{\text{res}}^{(0)} = \sum_{\nu} \sum_{\nu,\lambda} \left[ \tilde{\psi}_\nu \tilde{H}_{\nu,\lambda}^{\text{SOC}} \tilde{\psi}_\lambda + \frac{g_{\nu\lambda}}{2} |\tilde{\psi}_\nu|^2 |\tilde{\psi}_\lambda|^2 \right]. \quad (19)$$

Taking the continuum limit, Eq. (19) is formally the same mean-field energy functional used in Ref. [13] to predict a rich phase diagram for the homogeneous 3D BEC with SOC. Different phases were found as a function of $\Omega_0$ and the three interaction parameters $G_1 \equiv (\tilde{\rho}/8)(g_{1\uparrow} + g_{1\downarrow} + 2 g_{1\uparrow\downarrow})$, $G_2 \equiv (\tilde{\rho}/8)(g_{1\uparrow} + g_{1\downarrow} - 2 g_{1\uparrow\downarrow})$ and $G_3 \equiv (\tilde{\rho}/4)(g_{1\uparrow\downarrow} - g_{1\uparrow\downarrow})$, when keeping the detuning fixed to $\hbar \delta_0 = -G_3$. Nevertheless, for our reservoir engineering purposes with the 1D SOC quasi-BEC, we are interested in the particular situation where quasi-condensation occurs deterministically at a finite positive wavenumber $k_m > 0$, for all values of $\Omega_0$. Using the same variational approach as in Ref. [13], it can be shown that when having a finite negative detuning $\delta_0 < 0$ satisfying

$$2G_2 + G_3 < |\hbar \delta_0| \ll E_0, \quad (20)$$

the required magnetized phase can always be prepared (assuming $G_1 > 0$). In the experimentally relevant case of $^{87}$Rb, the conditions (20) is particularly easy to meet, because the interaction parameters satisfy $0 < 2G_2 = G_3 \ll G_1, E_0$. Putting all of this together, the zeroth order solutions for density, phase and ground state energy read

$$\tilde{\rho}_\nu = \tilde{\rho}(1 + \nu q)/2, \quad (21)$$

$$\tilde{\theta}_\nu = q k_0 x + \pi (\nu - 1)/2, \quad (22)$$

$$E_{\text{GS}} = M [E_0 + G_1 - q(\hbar |\delta_0| - G_3)] - q^2 (E_0 - G_2) - \hbar \Omega_0 \sqrt{1 - q^2}. \quad (23)$$

Here $q \equiv k_m/k_0 \in [0, 1]$ corresponds to the only positive solution of the 4th order equation

$$q^4 + 2 C q^3 + (C^2 + D^2 - 1) q^2 - 2 C q - C^2 = 0, \quad (24)$$

with

$$C \equiv \frac{\hbar |\delta_0| - G_3}{2(E_0 - G_2)} \ll 1, \quad (25)$$

$$D \equiv \frac{\hbar \Omega_0}{2(E_0 - G_2)}. \quad (26)$$

For $D \ll 1$, we obtain up to second order in $C$ and $D$, $q = 1 - D^2/2 \ll 1$ and for $D \gg 1$, $q$ approaches zero, but never vanishes exactly if $C \neq 0$. The chemical potential $\mu \equiv \partial E_{\text{GS}}/\partial N$ is obtained directly from Eq. (23), which in the limit $D \ll 1$ takes the simple form $\mu = \tilde{\rho} g_{1\uparrow\downarrow} - \hbar |\delta_0| - E_0 D^2$, again up to second order in $C$ and $D$.

As in Ref. [4], we use the second order correction of the Hamiltonian $H_{\text{res}}^{(2)}$ to calculate the Heisenberg equations of motion for the density and phase fluctuations. In our particular case, assuming the zeroth order solution in Eqs. (21)-(22), they read

$$\hbar \delta \dot{\rho}_\nu = -\frac{\hbar^2 k_0}{m_b} \frac{\Delta^2 \delta \nu}{\Delta x^2} - \frac{\hbar^2 k_0}{m_b} (q - \nu) \frac{\Delta^2 \delta \rho_\nu}{\Delta x}$$

$$\frac{2}{\hbar \Omega_0} \sqrt{\rho_\nu} (\sqrt{\rho_\nu} \delta \rho_\nu - \sqrt{\rho_\nu} \delta \theta_\nu). \quad (27)$$

$$\hbar \delta \dot{\theta}_\nu = \frac{\hbar^2}{4m_b \rho_\nu} \frac{\Delta^2 \delta \rho_\nu}{\Delta x^2} - \frac{\hbar^2 k_0}{m_b} (q - \nu) \frac{\Delta^2 \delta \theta_\nu}{\Delta x} - \sum_{\lambda} g_{\nu\lambda} \delta \rho_\lambda$$

$$- \frac{\hbar \Omega_0}{2 \rho_\nu} \left( \sqrt{\rho_\nu} \delta \rho_\nu - \sqrt{\rho_\nu} \delta \rho_{-\nu} \right). \quad (28)$$

It is convenient to define the non-hermitian operators

$$B_\nu(x) \equiv \frac{\delta \rho_\nu}{2 \sqrt{\rho_\nu}} + i \sqrt{\rho_\nu} \delta \theta_\nu, \quad (29)$$

which by construction obey bosonic commutation relations $[B_\nu(x), B_\nu(x')] = \delta_{\nu\nu} \delta_{x,x'}/\hbar$ and whose dynamics is governed by the linear equations

$$i \hbar \dot{B}_\nu = \mathcal{L}_\nu B_\nu + (\eta_{1\nu} - \hbar \Omega_0 B_{-\nu} + \nu \eta_{\nu} B_{\nu} + \eta_{1\nu} B_{1\nu}^\dagger, \quad (30)$$

with

$$\mathcal{L}_\nu \equiv -\frac{\hbar^2}{2m_b} \frac{\Delta^2}{\Delta x^2} - \frac{\hbar^2 k_0}{m_b} (q - \nu) \frac{\Delta}{\Delta x} + \hbar \Omega_0 \sqrt{\rho_{-\nu}/\rho_\nu} + \eta_{\nu}, \quad (31)$$

$$\eta_{\nu} \equiv g_{\nu\lambda} \sqrt{\rho_\nu} \rho_\lambda. \quad (32)$$

Importantly, in terms of these bosonic operators $B_\nu$, the second order Hamiltonian $H_{\text{res}}^{(2)}$ takes the quadratic form

$$H_{\text{res}}^{(2)} = \sum_x \sum_\nu \left[ B_\nu^\dagger \mathcal{L}_\nu B_\nu + \frac{1}{2} (\eta_{1\nu} - \hbar \Omega_0) (B_\nu^\dagger B_{-\nu} + B_{1\nu}^\dagger B_{-\nu}) + \frac{\eta_{\nu} B_{\nu}^\dagger B_{-\nu} + \eta_{1\nu} B_{1\nu}^\dagger B_{-\nu} B_{\nu}^\dagger \right], \quad (33)$$

which can be straightforwardly diagonalized using the standard Bogoliubov-de-Gennes (BdG) procedure [4, 14]. In the present homogeneous case, the normal mode decomposition of $B_\nu$ in the Heisenberg picture reads

$$B_\nu(t) = \frac{1}{\sqrt{L}} \sum_{k,\beta} u^{\nu \dagger}_{k,\beta} b^{\dagger}_{k,\beta} e^{i[(k-k_m)x - \omega_{k,\beta} t]}$$

$$+ \frac{1}{\sqrt{L}} \sum_{k,\beta} u^{\nu}_{k,\beta} b_{k,\beta} e^{-i[(k-k_m)x - \omega_{k,\beta} t]}, \quad (34)$$

where the real coefficients $u^\nu_{k,\beta}$ and $u^{\nu \dagger}_{k,\beta}$ [normalized as $\sum_{\nu} (u^\nu_{k,\beta})^2 - (u^{\nu \dagger}_{k,\beta})^2 = 1$], as well as the the excitation spectrum $\omega_{k,\beta}$, are determined from the BdG equations arising from Eq. (30). As a result, the reservoir Hamiltonian up to second order in the five small parameters $\epsilon$, takes the diagonal form

$$H_{\text{res}} = E_{\text{GS}} + \sum_{k,\beta} \hbar \omega_{k,\beta} b_{k,\beta}^\dagger b_{k,\beta} + \mathcal{O}(\epsilon^3). \quad (35)$$
Here the bosonic Bogoliubov-like operators $b_{k,\beta}$, satisfying $[b_{k,\beta}, b_{k',\beta'}^\dagger] = \delta_{k, k'} \delta_{\beta, \beta'}$, annihilate an elementary excitation with wavenumber $k$ and at branch $\beta = \pm$. In Fig. 5(a-b) we show typical excitation spectra $\hbar \omega_{k,\beta = \pm}$ for the 1D quasi-BEC prepared in the plane-wave phase. We note that Eq. (35) is the expression for the reservoir Hamiltonian used in the main text, where the ground state energy $E_{\text{GS}}$ has been omitted. Using Eqs. (29) and (34), the density fluctuation operator in the Schrödinger picture can be conveniently expressed in terms of the elementary excitations as,

$$\delta \rho_\nu = \sqrt{\frac{\rho_\nu}{2\pi}} \sum_{k, \beta} Q^\nu_{k}(k) [b_{k,\beta} \epsilon^{(k-k_0)x} + \text{h.c.}], \quad (36)$$

where the coefficients $Q^\nu_{k}(k) \equiv u^\nu_{k,\beta} + v^\nu_{k,\beta}$ reflect the strong spin polarization of the excitations with $|k| \gtrsim k_0$ [cf. Fig. 5(c-d)]. Note that for the parameters in Fig. 5(d), $Q^\dagger_{\nu}(k)$ has a zero crossing at a negative wave vector $k$. This allows for the realization of an ideal unidirectional reservoir as mentioned in the main text.

![Figure 5. Numerical excitation spectra $\hbar \omega_{k,\beta = \pm}$ and density fluctuation coefficients $Q^\nu_{k}(k)$ (with $\nu = \uparrow, \downarrow$) in the plane-wave phase (with quasi-condensation at $k_m = q k_0$), for $\hbar \Omega_0 = 0.4 E_0$, $\hbar \Omega_0 = -0.1 E_0$ (a,c) and $\hbar \Omega_0 = 1.94 E_0$, $\hbar \Omega_0 = -0.004 E_0$ (b,d). Other parameters are $\bar{\rho} = 6.14 k_0$ and $g_{\uparrow\downarrow} = g_{\downarrow\uparrow} = 0.23 E_0/k_0$.](image)

**D. Validity of the expansion**

Following Ref.[4], the order of magnitude of the assumed small parameters in Eqs. (13)-(15) can be self-consistently estimated by taking their root mean square values in a thermal state as $e_1^\nu \sim \langle \delta \rho_\nu^2 / \bar{\rho} \rangle^{1/2}$, $e_2^\nu \sim \langle (\Delta \delta \theta / \Delta x)^2 \rangle^{1/2}$ and $e_3 \sim \langle (\delta \theta_1 - \delta \theta_2)^2 \rangle^{1/2}$. Using Eq. (29), the solution of the BdG equations (34) and taking the continuum limit in the sum over $k$, the corresponding expectation values read

$$\langle \delta \rho_\nu^2 / \bar{\rho} \rangle^2 = \int \frac{dk}{2\pi} \sum_{\beta} (u^\nu_{k,\beta} + v^\nu_{k,\beta})^2 (2n_{k,\beta} + 1), \quad (37)$$

$$\langle (\Delta \delta \theta / \Delta x)^2 \rangle = \int \frac{dk}{2\pi} \sum_{\beta} (u^\nu_{k,\beta} - v^\nu_{k,\beta})^2 (2n_{k,\beta} + 1), \quad (38)$$

$$\langle (\delta \theta_1 - \delta \theta_2)^2 \rangle = \int \frac{dk}{2\pi} \sum_{\beta} (u^\nu_{k,\beta} - v^\nu_{k,\beta})^2 (2n_{k,\beta} + 1). \quad (39)$$

Here the integrals run over the domain $k \in [-\pi/l, \pi/l]$ and $n_{k,\beta} \equiv 1/(e^{\hbar \omega_{k,\beta}/k_B T} - 1)$ is the usual Bose distribution. Integrating numerically Eqs. (37)-(39), one can show that provided the inequalities in Eq. (9) hold (with $k_{\text{max}} \sim k_0$), the $\epsilon$ parameters are of order

$$e_1^\nu \sim e_2^\nu \sim \frac{1}{\sqrt{\bar{\rho} \nu}} \sim \frac{1}{\sqrt{\bar{\rho} \bar{\rho} / (1 + \nu q)}, \quad (40)$$

$$e_3 \sim \frac{1}{\sqrt{\bar{\rho} \nu}} \sim \frac{1}{\sqrt{\bar{\rho} \bar{\rho} / (1 - q)}. \quad (41)$$

For $\bar{\rho} \gg 1$, as assumed in Eq. (9), all these parameters are small except in the limit $q \gg 1$ ($\hbar \Omega_0 \ll E_0$), where there is strong spin polarization in the quasi-BEC along the $|\downarrow\rangle$ state ($\bar{\rho}_\uparrow \gg \bar{\rho}_\downarrow$). To also capture this parameter regime in our theory, we present in the following a slightly more general approach.

**E. Expansion in a rotated spin basis**

We change the reference frame by applying a global spin rotation around the $y$ axis, $R \equiv e^{i(\theta_y/2)\tau_y}$. The transformed field operators read

$$\psi_+(x) \equiv \cos(\theta_y/2) \psi_1 + \sin(\theta_y/2) \psi_4,$$  \quad (42)

$$\psi_-(x) \equiv -\sin(\theta_y/2) \psi_1 + \cos(\theta_y/2) \psi_4,$$  \quad (43)

which can be further expressed in the density-phase representation as $\psi_\alpha(x) \equiv e^{i(\theta_\alpha + \delta \theta_\alpha)} \sqrt{\bar{\rho}_\alpha + \delta \rho_\alpha}$, with $\alpha = \{+,-\}$. Here, $\delta \rho_\alpha$ and $\delta \theta_\alpha$ denote the density and phase fluctuations of the reservoir atoms in spin states $|\alpha\rangle = \{|\uparrow\rangle, |\downarrow\rangle\}$, around the mean values $\bar{\rho}_\alpha$ and $\bar{\theta}_\alpha$, respectively. The rotation angle $\theta_y \equiv \arctan(g q / \sqrt{1 - q^2})$ is chosen such that, for all values of $q$, the quasi-BEC atoms have equal populations in both spin states $|\alpha\rangle$ and therefore equal zeroth order densities $\bar{\rho}_\alpha = \bar{\rho} / 2$. In this rotated basis, we perform exactly the same Mora-Castin discretization and expansion procedure as done above in the $\{|\uparrow\rangle, |\downarrow\rangle\}$ basis. As a result, the BdG equations for the bosonic operators $B_\alpha \equiv \delta \rho_\alpha / (2 \sqrt{\bar{\rho} \nu}) + i \delta \theta_\alpha$ read

$$i \hbar \dot{B}_\alpha = L_\alpha B_\alpha + \mathcal{P} B_{-\alpha} + (g \bar{\rho} / 2)(B_\alpha^\dagger + B_{-\alpha}^\dagger), \quad (44)$$
where
\[ L_a = -\hbar^2 \Delta^2 2m_a \Delta x^2 - \frac{i\hbar^2 k_0}{m_a} [g - \alpha \cos(\theta_q)] \Delta x + \frac{\hbar g\rho}{2} \]
\[ + \cos(\theta_q)\hbar \Omega_0 + \sin(\theta_q) \left( \frac{h^2 k_0^2 \rho}{m_a} + h|\delta_0| \right), \quad (45) \]
\[ \mathcal{P} = -\frac{i\hbar^2 k_0}{m_a} \sin(\theta_q) \Delta x - \cos(\theta_q)\hbar \Omega_0 \]
\[ -\sin(\theta_q) \left( \frac{h^2 k_0^2 \rho}{m_a} + h|\delta_0| \right) + \frac{\hbar g\rho}{2}. \quad (46) \]

For notational simplicity we assume the intraspecies coupling constants to be all equal \( g^+_\uparrow = g^\uparrow = g^\uparrow \equiv g \).

The solution to the BdG equations (44) can be again expressed in terms of the Bogoliubov-like excitations as
\[ B_\alpha(t) = \frac{1}{\sqrt{L}} \sum_{k,\beta} u^\alpha_{k\beta} b_{k\beta} e^{i(k-k_m)x - w_{k\beta} t} \]
\[ + \frac{1}{\sqrt{L}} \sum_{k,\beta} v^\alpha_{k\beta} b_{k\beta} e^{-i(k-k_m)x - w_{k\beta} t}, \quad (47) \]
where the real coefficients \( u^\alpha_{k\beta} \) and \( v^\alpha_{k\beta} \) are normalized as \( \sum_\alpha (u^\alpha_{k\beta})^2 - (v^\alpha_{k\beta})^2 = 1 \) and the dispersion relation \( \omega_{k\beta} \) is the same as above. The advantage of this basis is that the expansion parameters, calculated analogously to Eqs. (37)-(39) and under the same assumptions of Eq. (9), are always small independent on the value of \( q \): \( \epsilon_1^q \approx \epsilon_2^q \approx 1/\sqrt{\rho_d} \approx 1/\sqrt{\rho_l/2} \ll 1 \) and \( \epsilon_3 \approx 1/\sqrt{\rho} \ll 1 \). Finally, the density fluctuations \( \delta \rho \) in the original \( \{ |\uparrow\rangle, |\downarrow\rangle \} \) spin states can always be expressed in terms of the elementary excitations using Eq. (36), with the spinor coefficients given by
\[ Q^\alpha_\beta(k) = \sum_\alpha \left[ \frac{1 + \nu \sin(\theta_q) + \nu \alpha \cos(\theta_q)}{2\sqrt{1 + \nu \alpha}} \right] (u^\alpha_{k\beta} + v^\alpha_{k\beta}). \quad (48) \]
We note that even though the approximations are justified only in the rotated basis for all values of \( q \), the final results are independent of the basis choice.

II. SYSTEM-RESERVOIR INTERACTION

In this section we make use of the density fluctuation expression in Eq. (36), to derive the system-reservoir interaction Hamiltonian \( H_{\text{int}} \), given in Eq. (3) of the main text. On a microscopic level, the undriven system Hamiltonian for the lattice atoms \( a \) (with mass \( m_a \)) is given by
\[ H^{(0)}_{\text{sys}} = \int dx \psi^\dagger_a \left( -\frac{\hbar^2}{2m_a} \frac{d^2}{dx^2} + V(x) \right) \psi_a + \frac{g_a}{2} \psi^\dagger_a \psi^\dagger \psi_a \psi_a, \quad (49) \]
where \( \psi_a(x) \) is the field operator of atomic species \( a \), trapped in a 1D optical lattice potential \( V(x) = V_0 \sin^2(\pi x/d) \) of period \( d \), and \( g_a \) is the 1D interaction constant.

To map this system to a 1D chain of spins we consider a situation, where the lattice filling is one atom per lattice site, and the lattice is deep \( |V_0| \gg \hbar^2 k_{\text{lat}}^2/(2m_a) \), where \( k_{\text{lat}} \approx \pi/d \), such that tunneling between the sites is suppressed. Restricting the dynamics to the two lowest vibrational states on each site \( j \), i.e. the Wannier states \( w_\uparrow(x - x_j) \) and \( w_\downarrow(x - x_j) \), the mapping to two-level systems (TLSs) is formally achieved by replacing \( \psi_a(x) \rightarrow \sum_j w_\uparrow(x - x_j) |g\rangle_j + \sum_j w_\downarrow(x - x_j) |e\rangle_j \), giving the undriven system Hamiltonian \( H^{(0)}_{\text{sys}} = \hbar \omega \sum_j |e\rangle_j \langle e| \) (up to an irrelevant constant). In addition these TLSs can be driven by coupling the two lowest vibrational states via a Raman process, leading to the final system Hamiltonian in Eq. (2) of the main text. As with the intraspecies interactions, the interspecies interactions on a microscopical level stem from s-wave collisions between the system atoms \( a \) and the reservoir atoms \( b \). The Hamiltonian accounting for this system-reservoir interaction can be written as
\[ H_{\text{int}} = \sum_{\nu=\uparrow,\downarrow} \int dx \psi^\dagger_\nu \psi^\dagger_\nu \psi_\nu, \quad (50) \]
where \( g_{\nu \nu} \) are the effective 1D interspecies interaction constants. We note that, in writing Eq. (50) we exclude the possibility for spin changing collisions. This can be achieved by a suitable choice of the atomic species \( a \) with zero electronic angular momentum, e.g. Ytterbium, such that spin changing collisions are prohibited by angular momentum conservation. In this interaction Hamiltonian (50) we can replace the density of system atoms \( a \) as
\[ \psi^\dagger_\nu(x) \psi_\nu(x) \rightarrow \sum_j \sum_{r=e,g} |w_r(x - x_j)|^2 |r\rangle_j \langle r| \]
\[ + \sum_j \left( w_e(x - x_j) w_g(x - x_j) |e\rangle_j \langle g| + \text{h.c.} \right), \quad (51) \]
and use \( \psi^\dagger_\nu \psi_\nu \equiv \bar{\rho}_\nu + \delta \rho_\nu \), with the density fluctuations of reservoir atoms given in Eq. (36). We note that the system atoms couple only to the density fluctuations in the reservoir. As a result, one can express \( H_{\text{int}} \) in terms of elementary excitations as
\[ H_{\text{int}} = \sum_{k,\beta,j \, \text{rr} \, e=g} G^{r,r'}_{\beta}(k) |r\rangle_j \langle r'| b_{k\beta} e^{i(k-k_m)x_j} + \text{h.c.}, \quad (52) \]
with the coupling constants
\[ G^{r,r'}_{\beta}(k) = \sum_\nu g_{\nu \nu} \sqrt{\frac{\bar{\rho}_\nu}{L}} Q^\nu_{\beta}(k) \int dx w_r(x) w_{r'}(x) e^{i(k-k_m)x}. \quad (53) \]
In a rotating-wave approximation (RWA) \cite{15} we neglect intraband couplings, because (i) the coupling constants
$G_{n}^{<}(k) \to 0$ for $k \to k_m$, reflecting the vanishing static structure factor in the phononic part of the Bogoliubov spectrum, and (ii) the roton gap at $k_{\text{rot}} \sim -k_m$ is large enough such that excitations around the roton minimum are suppressed, i.e. $\omega_{k_{\text{rot}} \to -} \gg |G_{n}^{<}(k_{\text{rot}})|$ [cf. Fig. 5(a)]. In this RWA, we can therefore restrict the reservoir only to resonant excitations with energies around the interband transition frequency $\omega$. By placing $h\omega$ in the spin-orbit gap at energies $\sim E_0$ [cf. Fig. 1(d) of the main text] there are two such resonant types of excitations, left moving ones with wavevectors $k \in [k_L - k_0, k_L + k_0]$ and group velocity $v_L < 0$, and right moving ones with wavevectors $k \in [k_R - k_0, k_R + k_0]$ and group velocity $v_R > 0$. Here $k_0$ is a momentum cutoff due to the RWA [15]. This allows us to write the system reservoir interaction Hamiltonian in the form

$$H_{\text{int}} = \hbar \sum_{s=L,R} \sqrt{\gamma_s|\psi_s\rangle} \sum_{k=k_0}^{k_L + k_0} \sum_{j} \sigma^s_j b_{e,k_j} e^{i(k-k_m)x_j} + \text{h.c.},$$

(54)

with couplings to left and right moving modes,

$$\gamma_s \equiv \frac{\eta(k_s)e^{-\eta(k_s)}}{\hbar^2|\psi_s|} \left( \sum_{\nu} g_{\alpha\nu}\sqrt{\rho_{\nu}}Q^\nu_{\nu}(k_s) \right)^2,$$  

(55)

also given in Eqs. (3) and (4) of the main text ($s=L, R$). Here we evaluated the integrals in Eq. (53), by approximating the Wannier states with harmonic oscillator wavefunctions giving $\eta(k) \equiv (E_0/h\omega)(m_b/m_a)(|k-k_m|/k_0)^2$.

Note that the requirement $\hbar \omega \sim E_0$ constrains the choice of lattice depth $V_0$ and lattice wave vector $k_{\text{lat}}$. Taking this into account, the condition for a deep lattice required to define our two-level system reads,

$$\left( \frac{2E_0}{\hbar\omega_0} \right)^2 \left( \frac{m_b}{m_a} \right)^2 \left( \frac{k_{\text{lat}}}{k_0} \right)^4 \ll 1.$$  

(56)

To satisfy this condition, it is required to have $m_a > m_b$ and $k_0 > k_{\text{lat}}$.

We note that throughout the paper we assumed the reservoir to be homogeneous and infinite along one dimension. However, we expect that the inclusion of a finite trapping potential for the atoms $b$ in this direction does not modify the relevant physics, as long as (i) the density of reservoir atoms $\rho$ varies slowly on a scale $d$, and (ii) the corresponding trapping depth is lower than the energy $\hbar \omega$ of the reservoir excitations. The latter condition ensures that the excitations are not reflected at the boundaries and can escape from trap [15], as required for the Markov approximation used to derive the master equation (5) of the main text.

III. DIMERIZED STEADY STATE SOLUTION FOR ASYMMETRIC BIDIRECTIONAL COUPLING

In this section we give a proof that the dimerised pure state $|\psi\rangle = \bigotimes_{i=1}^{N/2} |D_{2i-1,2j}\rangle$ is a steady state of Eq. (5) of the main text for any ratio $0 \leq \gamma_L/\gamma_R < 1$. We also perform numerics for small system sizes in order to extract the scaling of the timescale $t_{\text{ss}}$ to reach this state as $\gamma_L/\gamma_R \to 1$.

A. Construction of the dimerized steady state

We remind the reader that we consider the setting $\Omega_i = \Omega, \nu = \omega$ and $(k_R - k_L)d = 4\pi n$ (with $n$ integer). In this case, the driven master equation can be rewritten as

$$\dot{\rho} = -i/\hbar[H_{\text{sys}}, \rho] + L_L\rho + L_R\rho,$$  

(57)

where the Liouvillian term $L_R$ describes cascaded evolution to the right, and $L_L$ cascaded evolution to the left, that is

$$L_L\rho \equiv \frac{\gamma_L}{2} \sum_{j} \mathcal{D}(\sigma_j, \sigma_j)\rho + \gamma_L \sum_{j < l} \left( [\sigma_j, \rho\sigma_l^+] + \text{h.c.} \right),$$

(58)

$$L_R\rho \equiv \frac{\gamma_R}{2} \sum_{j} \mathcal{D}(\sigma_j, \sigma_j)\rho + \gamma_R \sum_{j > l} \left( [\sigma_j, \rho\sigma_l^+] + \text{h.c.} \right).$$

(59)

For notational convenience we go to a rotating frame with the driving frequency, such that (with an abuse of notation) the system Hamiltonian becomes $H_{\text{sys}} = h\Omega\sum_j (\sigma_j + \sigma_j^T)$. To construct the steady state of this master equation, we first consider a purely unidirectional system, that is $\gamma_L = 0$. In Ref. [17] it was shown that when driving the latter system symmetrically and on resonance with Rabi frequency $\Omega_R$, the steady state is pure and a product of dimers $|\Psi\rangle = \bigotimes_{j=1}^{N/2} |D_{2j-1,2j}\rangle$, with $|D\rangle = (|gg\rangle + \alpha_R |SS\rangle)/\sqrt{1 + |\alpha_R|^2}$, with $|S\rangle \equiv 1/\sqrt{2}(|eg\rangle - |eg\rangle)$ with a singlet fraction $\alpha_R = 2i\sqrt{2} \Omega_R/(\gamma R)$. This can be shown by exploiting the unidirectional character of the master equation in the following sense: The unidirectionality leads to a closed equation for the reduced system density operator of the first two spins. This reduced equation has the dark state $|D\rangle$ as its unique, pure steady state. Since this state is pure, the first two spins are not entangled with the rest of the system and thus the first pair can be factorized out. Once this first dimer is formed, and the first two spins are in their dark state, the equation of motion for the third and fourth spin also decouple from the rest and these two spins are driven into the dimer state as well. This argument can be repeated iteratively to show that indeed the product of such dimers is the unique steady state of a purely unidirectional cascaded spin chain with an even number of spins. Completely analogously, one can show that the...
unique steady state of a system (with an even number of spins) that is cascaded in the opposite direction ($\gamma_R = 0$), is also a product of dimers, but the sign of $\alpha$ is reversed ($\alpha_L = -i2\Omega_{\gamma}/\gamma_L$) since the singlet is anti-symmetric under exchange of the spins.

If we now consider asymmetric bidirectional decay in the system, i.e. a cascaded channel to the left and to the right ($\gamma_L, \gamma_R > 0$) with different strengths $\gamma_L \neq \gamma_R$, such an iterative solution for the steady state is no longer possible due to the lack of strict unidirectionality. However, the master equation (57) still has a dimerized unique dark steady state for any nonzero value of the decay asymmetry $\Delta \gamma$. To identify the steady state, we split the system Hamiltonian as

$$H_{\text{sys}} = \gamma_R \frac{\hbar \Omega}{\Delta \gamma} \sum_j (\sigma_j + \sigma_j^\dagger) - \gamma_L \frac{\hbar \Omega}{\Delta \gamma} \sum_j (\sigma_j + \sigma_j^\dagger),$$

so that we can write the total master equation as a sum of a cascaded one to the right that is driven with a Rabi frequency $\Omega_R \equiv \gamma_R \Omega/\Delta \gamma$ and a cascaded one to the left, driven with Rabi frequency $\Omega_L \equiv -\gamma_L \Omega/\Delta \gamma$. From the above discussion we know that both parts separately have the product of dimers $|D\rangle$ with $\alpha = 2i\sqrt{2}\Omega/\Delta \gamma$ as their steady state, which is therefore also the steady state of the total system. We note that this construction of the steady state out of the unidirectional steady state works only if the system has an even number of spins, that allows all of them to pair up in dimers. Only then the steady state of the cascaded parts to the left and to the right are compatible. If the number of spins is odd, the steady state of the unidirectional master equation is such that all spins pair up, in a product of dimers, except the last one, which goes to the well known mixed steady state of a single coherently driven two level system. This state is however not a steady state of the cascaded master equation to the opposite direction.

B. Timescale for reaching the steady state

Quantitatively, the spin chain reaches the pure steady state on a timescale $t_{ss} \equiv -1/\text{Re}(\lambda_1)$, with $\lambda_1$ being the first nonzero eigenvalue of the total Liouvillian on the right hand side of Eq. (57). In Fig. 6 we display $1/t_{ss}$ on log-log scale as a function of $\Delta \gamma$ and $\Omega$, for different $N$. Leaving aside the special case of $N = 2$, we can extract from Fig. 6(a) the power law behaviour $t_{ss} \sim \Delta \gamma^{-4}$. This stems from the fact that for $\Delta \gamma = 0$ the steady state is not unique. In this perfectly bidirectional case Eq. (57) has an additional symmetry and does not couple different Dicke manifolds. From Fig. 6(b) we can extract that $t_{ss}$ increases with the Rabi frequency $\Omega$ as $t_{ss} \sim \Omega^2$ for $\Omega \gg \gamma_R$.

While the results presented in this work are for small number of spins, we also solved the master equation for larger system sizes using quantum trajectories [18], demonstrating the formation of dimers and investigating the scaling of the dynamics with $N$ [19].

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