The Outcome of the Axillofemoral Bypass: A Retrospective Analysis of 45 Patients

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Abstract

Purpose This study was designed to retrospectively analyze outcomes of axillofemoral bypass (AxFB) operations performed in patients with severe comorbidities.

Methods All patients \((n = 45)\) who received an AxFB between 1990 and 2005 for aortoiliac occlusive disease (AIOD, \(n = 35)\) or infectious aortic disease (IAD, \(n = 10)\) were included. Information on patency of the bypass and mortality was retrieved from patient records. A Kaplan–Meier survival analysis was performed to illustrate survival rates, limb salvage, and primary and secondary patency.

Results Included patients had several comorbidities and a high operative risk. In this group, a 30-day mortality rate of 20% was found: 17% for the AIOD group, and 30% for the IAD group. During 5-year follow-up 20 patients died, of which 15 during the first year after operation. Survival rates were at 64 and 41% at 1 and 5 years and limb salvage rates were 84% for both these years. Primary patency rates at 1 and 5 years were 72 and 58%, respectively, and secondary patency rates were 86% at both time points.

Conclusions High mortality rates were found in AIOD or IAD patients who received an AxFB. However, for high-risk patients with an already reduced life expectancy, the AxFB remains an alternative with acceptable patency rates.

Introduction

The axillo(bi)femoral bypass (AxFB) operation is an alternative to direct arterial reconstruction, such as aortobifemoral grafting. This procedure is performed in patients with aortic graft sepsis or a mycotic aneurysm and in patients with a totally occluded abdominal aorta with a high operative risk. The advantage of the AxFB operation is that it is a less invasive operation compared with a total reconstruction of the aorta and that no surgical replacement of the infected aortobifemoral graft is required in the “hostile” abdomen.

Previous retrospective studies in groups varying in size from 34 to 108 patients who underwent surgery for aortoiliac occlusive disease (AIOD) or infectious aortic disease (IAD; infected aortic graft or mycotic aneurysm) reported 30-day mortality rates after AxFB surgery between 4 and 13%. Primary patency rates at 5 years varied widely from 57 to 74% [1–6].

Compared with the AxFB, aortic bifurcation grafts for aortoiliac occlusive disease or for replacement of the infected aortic graft give higher survival rates, lower 30-day mortality, and appear to have better patency rates from previous studies [6–11]. Thirty-day mortality varies from 3.9 to 8% in these patients and the survival rate after 5 years is approximately 63–89%. Furthermore, the primary patency after 5 years varies from 70 to 89%. These outcomes are generally better than the reported outcomes for the AxFB in both AIOD and IAD patients, but in these patients with several comorbidities and a high operative risk aortic surgery is not preferable. The survival rates after

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operation in this complicated population mean that a less risky operation, such as the AxFB, might be a good alternative. Although several previous studies are performed in AxFB grafting, the current role of the AxFB for the management of AIOD and IAD in high-risk patients is not clear.

For this reason, this study was designed to investigate indications, risk factors, comorbidities, and outcomes of AxFB surgery for AIOD or IAD. Limb salvage, primary and secondary patency rates, and mortality of the AxFB operation were analyzed.

Methods

The medical records of patients who received an AxFB between 1990 and 2005 in the BLINDED (Amphia hospital, Breda, the Netherlands) were retrospectively analyzed. Information about cardiovascular risk factors, previous operations, and existing comorbidities was obtained from the patient records. Risk factors included smoking, diabetes, hyperlipidemia, hypertension, coronary artery disease, and cerebrovascular disease. Six staff vascular surgeons performed the AxFB operation under general anesthesia based on two different indications. Routinely, two vascular surgeons operated as a team to reduce the operation time.

The first indication for AxFB operation was aortoiliac occlusive disease (AIOD) in patients who had a high operative risk as a result of impaired function of one or more vital organs. The operative risk was classified according the ASA classification by an anesthesiologist [12]. Patients with recent myocardial infarction, congestive heart failure, significant anginal symptoms, chronic obstructive lung disease, or chronic renal insufficiency were candidates for axillofemoral grafting (ASA class III). The second indication was infectious aortic disease (IAD) in patients with an infected abdominal aorta or aortic graft sepsis.

All patients received duplex scanning and/or CT or catheter angiography preoperatively to evaluate the extent of lower extremity disease. Graft placement was done with a PTFE or Dacron bypass of 6- or 8-mm diameter.

Information on 30-day mortality rates, survival time, and graft patency was obtained from patient records. When possible, a follow-up of 5 years was performed in the outpatient clinic. The general practitioner from each patient who terminated outpatient clinic follow-up was contacted. The graft patency was evaluated by clinical examination, ankle-arm indices, and/or duplex scanning. Kaplan–Meier survival analysis was used to plot survival, limb salvage, and primary and secondary patency rates. Differences in survival rate and primary patency for graft type (Dacron or PTFE), graft size, and the site of anastomosis were calculated with the log-rank test.

Results

A total of 46 patients received an AxFB. One patient was excluded from analysis because the patient records were lost. Therefore, 45 patients remained for analysis: 29 men and 16 women. Eighteen patients received an axillounifemoral bypass, and 27 patients were treated with an axillofemoral bypass. The median age of the total patient group was 70 (range 45–85) years. All patients had ASA class III or higher. In comparison, only 64% of patients who received an aortofemoral bypass in our hospital had this ASA classification. Table 1 shows patient characteristics with cardiovascular risk factors, existing comorbidities, and previous operations. There were no significant differences in risk factors between AIOD and IAD patients.

A PTFE bypass was placed in 25 patients (of which 21 with AIOD), a Dacron bypass in 17 patients (13 with AIOD), and in 3 patients the type of bypass was unknown. To prevent graft occlusion, before 2000, all patients were treated after surgery with anticoagulation to reach an INR > 2.5. After publication of the BOA trail, our hospital guidelines were adjusted and all patients were treated with antiplatelet therapy [13].

The 30-day mortality rate was 20% (9/45 patients). During 5 years of follow-up, 20 patients died and 15 of these patients died during the first year after operation. Figure 1 shows the Kaplan–Meier survival curves after 5-year follow-up, and Table 2 shows patients at risk and survival rates per interval. Follow-up varied from 1 to 60 (median 16) months. The graft occluded in 14 patients (31%) during follow-up. Amputation was needed in six patients. The limb salvage rate at 1 year was 84% and at 5 years also was 84% (see Table 3 for limb salvage rates). Primary patency rates at 1, 3, and 5 years were 72, 58, and 58%, respectively. The Kaplan–Meier curves of the primary patency are shown in Fig. 2, and the cumulative patency rates per interval are shown in Table 4. The secondary patency at 1 year was 86% and remained equal in the following years (Fig. 3 and Table 5). Survival and patency were not different between patients with a Dacron or PTFE bypass ($P > 0.05$). Furthermore, the graft size did not influence survival ($P > 0.05$). However, primary patency of the 8-mm grafts was better than that of the 6-mm grafts ($P < 0.05$). Primary patency after 1 year of follow-up in patients with 8-mm grafts was 80% compared with 69% for the 6-mm grafts.

In 22 patients the distal anastomosis of the bypass was made to the common femoral artery, in 9 patients to the superficial femoral, and in 9 patients to the profunda femoral artery. In five patients, the site of anastomosis was not stated in the operation files. The site of anastomosis and the preoperative patency of the femoral artery did not lead to different outcomes of primary patency ($P > 0.05$).
Hereafter, the results are presented separately for the two different indications.

Aortoiliac occlusive disease (AIOD)

This group consisted of 35 high-risk patients; 10 patients had an occluded abdominal aorta, 6 had a total occlusion of the iliac artery, 4 had a thrombus in the original aortobifemoral graft, and 15 had an infrarenal calcified aortic wall. The mean age of these patients was 70.2 years. Smoking was the most prevalent risk factor with 77% (see Table 1 for more patient characteristics).

The following indications for surgery in the AIOD group were described: 2 patients with claudication, 22 suffered from rest pain, 10 had established tissue loss, and for 1 patient the indication was not described. Median length of hospital stay was 18 (range, 9–65) days. Six patients (17%) died within 1 month of operation. One patient died from a disseminated intravascular coagulation, which led to pulmonary emboli and gastrointestinal bleeding, three patients developed sepsis, and two patients died from a cerebrovascular accident. Figure 1 shows the Kaplan–Meier survival curves with a 5-year follow-up (see Table 2 for interval rates).

In total, the graft occluded in 12 patients (34%) during follow-up. Two patients received a second AxF bypass because of an occlusion of the former AxF bypass, both due to a thrombosis of the subclavian artery. One patient received a femorofemoral crossover bypass. In six cases thrombectomy or urokinase treatment was performed to treat the occluded graft. Amputation took place in three patients as primary intervention after occlusion of the graft. Amputation after a primary intervention, e.g., lower leg amputation or thrombectomy, was performed in two patients in this group. Limb salvage was 83% after 1 and 5 years. Five patients underwent a secondary intervention for reocclusion.

| Table 1 Patient characteristics | Total (N = 45) | Aortoiliac occlusive disease (n = 35) | Infectious aortic disease (n = 10) |
|---------------------------------|---------------|--------------------------------------|----------------------------------|
| **Patient characteristics**     |               |                                      |                                  |
| Age in years (range)            | 70 (45–85)    | 70 (48–85)                           | 64 (45–80)                       |
| Male                            | 29 (64%)      | 21 (60%)                             | 8 (80%)                          |
| **Cardiovascular risk factors** |               |                                      |                                  |
| Smoking                         | 32 (71%)      | 24 (77%)                             | 8 (80%)                          |
| Hypertension                    | 23 (51%)      | 19 (58%)                             | 4 (40%)                          |
| Diabetes                        | 12 (27%)      | 10 (29%)                             | 2 (20%)                          |
| Coronary heart disease          | 16 (36%)      | 13 (37%)                             | 3 (30%)                          |
| Hyperlipidemia                  | 19 (42%)      | 15 (43%)                             | 4 (40%)                          |
| Cerebrovascular disease         | 14 (31%)      | 10 (29%)                             | 4 (40%)                          |
| **Comorbidities**               |               |                                      |                                  |
| Malignancy<sup>a</sup>          | 4 (9%)        | 4 (11%)                              | 0                                |
| COPD                            | 12 (27%)      | 11 (31%)                             | 1 (10%)                          |
| Chronic renal insufficiency     | 3 (7%)        | 2 (6%)                               | 1 (10%)                          |
| **Previous operations**         |               |                                      |                                  |
| Amputation of upper or lower leg| 6 (13%)       | 4 (11%)                              | 2 (20%)                          |
| Bypass operation for arterial occlusive disease<sup>b</sup> | 14 (31%) | 10 (29%) | 4 (40%) |

Fig. 1 In the left figure survival until 5 years is shown for the total group and in the right figure for the infectious aortic disease group (—) and the aortoiliac occlusive disease group (–). The censored points (● and +) are the patients who were lost during follow-up.

<sup>a</sup> Malignancies that occurred during the period of AxF operation: mamma carcinoma, colon carcinoma, larynx carcinoma and bronchus carcinoma

<sup>b</sup> This includes: aortoiliac or femoral bypass, femoropopliteal bypass, femorofemoral bypass and iliofemoral bypass
Primary patency rates in the aortoiliac occlusive group at 1, 3, and 5 years were 69, 51, and 51%, respectively. The Kaplan–Meier curves of the primary patency are shown in Fig. 2 (see Table 4 for interval patency rates). The secondary patency at 1 year was 86% and remained equal in the following years (Fig. 3).

Infectious aortic disease (IAD)

The 10 patients with IAD had a median age of 64 years. Median length of hospital stay was 42 (range, 2–99) days. Most patients had multiple risk factors (Table 1). Three patients (30%) died within 1 month of operation: one patient died due to multiple organ failure, one patient had a cardiac arrest, and one appeared to die from rupture of the aortic stump. No autopsy was performed in this last patient. The Kaplan–Meier survival curves for this patient group are shown in Fig. 1.

During the first year, two bypasses obstructed, which led to thrombectomy, but in the following years none of the other bypasses obstructed. The primary patency rate at 1, 3, and 5 years was therefore 80% (Fig. 2). Only one of the two bypasses that was obstructed occluded again within a few days, resulting in a secondary patency of 90% during 5 years of follow-up. This bypass reocclusion resulted in an amputation. Limb salvage at 1 year was 90%. None of the patients had an infection of the AxFB graft after their operation.

Discussion

In the literature various outcomes in patency and mortality rates of the axillofemoral bypass have been reported. In this study we evaluated the outcomes of high-risk patients who received an AxFB in our hospital for aortoiliac occlusive disease (AIOD) or infectious aortic disease (IAD). For the whole population, our results showed a high 30-day mortality rate of 20% and acceptable patency rates:

| Interval (year) | No. patients at risk | No. deaths | No. patients withdrawn^a | Cumulative limb salvage (%) | SE (%) |
|----------------|----------------------|------------|--------------------------|-----------------------------|--------|
| 0–1            | 45                   | 15         | 7                        | 64                          | 7.5    |
| 1–2            | 23                   | 1          | 2                        | 61                          | 7.7    |
| 2–3            | 20                   | 2          | 4                        | 54                          | 8.4    |
| 3–4            | 14                   | 2          | 1                        | 46                          | 8.8    |
| 4–5            | 11                   | 0          | 3                        | 46                          | 8.8    |

^a Patients were withdrawn because they were lost to follow-up

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**Table 3** Limb salvage rates of the axillofemoral bypass for both AIOD and IAD patients

| Interval (year) | No. patients at risk | No. amputations | No. patients withdrawn^a | Cumulative limb salvage (%) | SE (%) |
|----------------|----------------------|-----------------|--------------------------|-----------------------------|--------|
| 0–1            | 45                   | 6               | 17                       | 84                          | 6.0    |
| 1–2            | 22                   | 0               | 3                        | 84                          | 6.0    |
| 2–3            | 19                   | 0               | 5                        | 84                          | 6.0    |
| 3–4            | 14                   | 0               | 3                        | 84                          | 6.0    |
| 4–5            | 11                   | 0               | 0                        | 84                          | 6.0    |

^a Patients were withdrawn because they were lost to follow-up.

Rates for the AIOD group and IAD group are not given separately, but numbers are mentioned in the text.

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**Fig. 2** In the left figure primary patency until 5 years is shown for the total group and in the right figure for the infectious aortic disease group (—) and the aortoiliac occlusive disease group (–). The censored points (● and +) are the patients who were lost during follow-up.
72% for primary patency and 86% for secondary patency at 1 year follow-up.

Considering only the AIOD group, we found a mortality rate of 17%. This is much higher than in a similar study by Martin and Katz where in 60 patients the 30-day mortality rate was only 4.9%. The mean age of this group was 74 years and there were comparable percentages of comorbidities, e.g., diabetes and smoking [5]. Schneider et al. describe a 30-day mortality rate of 9% (3/34 patients) in their AxFB group, but during hospitalization three other patients died in this study, resulting in a hospital mortality rate of 18% [14]. This was relatively high compared with the aortobifemoral bypass group in this same study with a mortality rate of 1% during hospitalization. It must be considered, however, that the patients in the AxFB group were older and had more major risk factors than the aortobifemoral bypass patients in this study. Therefore, the difference in mortality rates in AxFB studies might be due to the differences in comorbidities and the patients' physical condition preoperatively. Patients with more comorbidities have a lower life expectancy and have less chance of survival after operation. The median age of AIOD patients in our study was 71 and many had comorbidities, indicating that these patients have a low life expectancy, which may explain the high mortality rate after operation in this population. The hospital stay was long in both patient groups in our study, because almost half of the patients had postoperative complications, such as wound infections, urine tract infections complicated with sepsis, pneumonia, and neurologic complaints.

Regarding graft patency, somewhat different outcomes were found in previous studies. We found a primary patency rate of 49% at 3 years for the AIOD patients, which was 72% in the study by Martin and Katz and 63% by Schneider et al. [5, 14]. In our study two patients (6%) received a second AxFB graft because of occlusion of the primary graft. Both of these secondary AxFB grafts remained patent, but in nearly all patients with graft failure who were treated with urokinase, thrombectomy, or amputation in this study, the graft did not remain patent.

| Table 4 | Primary patency axillofemoral bypass for AIOD and IAD |
|---------|-------------------------------------------------------|
| Interval (year) | No. grafts at risk | No. occluded grafts | No. patients withdrawn* | Cumulative patency (%) | SE (%) |
| All patients (both AIOD and IAD) | | | | | |
| 0–1 | 45 | 11 | 16 | 72 | 7.6 |
| 1–2 | 18 | 1 | 2 | 68 | 8.1 |
| 2–3 | 15 | 2 | 2 | 58 | 9.5 |
| 3–4 | 11 | 0 | 3 | 58 | 9.5 |
| 4–5 | 8 | 0 | 0 | 58 | 9.5 |
| AIOD | | | | | |
| 0–1 | 35 | 9 | 13 | 69 | 8.9 |
| 1–2 | 13 | 1 | 2 | 64 | 9.7 |
| 2–3 | 10 | 2 | 2 | 49 | 12 |
| 3–4 | 6 | 0 | 1 | 49 | 12 |
| 4–5 | 5 | 0 | 0 | 49 | 12 |
| IAD | | | | | |
| 0–1 | 10 | 2 | 3 | 80 | 12.6 |
| 1–2 | 5 | 0 | 0 | 80 | 12.6 |
| 2–3 | 5 | 0 | 0 | 80 | 12.6 |
| 3–4 | 5 | 0 | 2 | 80 | 12.6 |
| 4–5 | 3 | 0 | 0 | 80 | 12.6 |

* Patients were withdrawn because of death or were lost to follow-up

| Table 5 | Secondary patency axillofemoral bypass for AIOD and IAD |
|---------|----------------------------------------------------------|
| Interval (year) | No. grafts at risk | No. occluded grafts | No. patients withdrawn* | Cumulative patency (%) | SE (%) |
| All patients (both AIOD and IAD) | | | | | |
| 0–1 | 45 | 5 | 20 | 86 | 6.1 |
| 1–2 | 20 | 0 | 0 | 86 | 6.1 |
| 2–3 | 17 | 0 | 0 | 86 | 6.1 |
| 3–4 | 13 | 0 | 0 | 86 | 6.1 |
| 4–5 | 10 | 0 | 0 | 86 | 6.1 |

* Patients were withdrawn because of death or were lost to follow-up

Rates for the AIOD group and IAD group are not given separately, but numbers are mentioned in the text.

Fig. 3 In the left figure secondary patency until 5 years is shown for the total group and in the right figure for the infectious aortic disease group (—) and the aortoiliac occlusive disease group (—). The censored points (● and +) are the patients who were lost during follow-up.
of the infected aortic graft [2]. Comparable postoperative mortality rates (11–15%) were found for treatment of aortic graft infection with extra-anatomic bypass grafting [1, 16]. Another treatment option for aortic graft infection is excision of the infected aortic graft and a simultaneous placement of a new aortic graft. There are several types of grafts available, such as a vein autograft or a prosthetic graft. In studies where those graft replacements were studied, the 30-day mortality varied from 8 to 20% and the 5-year primary patency from 66 to 91% [7, 17, 18]. Furthermore, Johnson et al. found that the use of different types of grafts for the AxFB operation results in similar long-term patencies [19]. Although in this study we did not find a significant difference in outcomes of patency between both types of grafts, when comparing the graft size, we found a significantly better primary patency for the largest size (8 mm vs. 6 mm). This difference might be due to an increased wall shear stress in the smaller diameter graft, which could increase the probability to develop stenosis [20]. Therefore, we now prefer to use the 8-mm graft for AxFB operations.

A limitation of this study was the long time period (1990–2005) in which patients were included and followed. This raises the possibility of a change in practice patterns and variability due to advances in perioperative care during the study period. We were, however, not able to identify those changes and thus to analyze their influence. Because of the relatively poor outcomes of AxFB compared with other operations, such as an aortobifemoral bypass, we adjusted the management of operating high-risk patients in our hospital. In recent years only high-risk patients with a very short life expectancy (<5 years) are treated with an AxFB. This is contrary to an increase in abdominal endovascular therapy in our hospital; during the period from 1990 to 2000, 150 endovascular procedures were performed yearly, and from 2000 more than 200 procedures yearly. In our practice, endovascular therapy is now the preferred option for treatment of occlusive arterial disease. The AxFB is applied only in specific cases in which endovascular therapy is not possible.

Another limitation of this study is that it was based on retrospective research and clinical records, which are not always complete. A prospective study with closer attendance to follow-up might have gathered more information on factors predictive of graft failure, including information on the patency of the superficial femoral arteries and the pre- and postoperative ankle-arm indices.

Conclusions

The axillofemoral bypass operation has relatively high postoperative mortality rates but acceptable patency outcomes in our study. The high mortality rates are partially explained by an already short life expectancy of patients. In patients with a reasonable life expectancy alternative treatment, such as aortofemoral bypass for aortoiliac occlusive disease or autogenous graft for infectious aortic disease, may be preferred. However, for high-risk patients with a reduced life expectancy, axillofemoral bypass is still an acceptable alternative for treatment of aortoiliac occlusive disease or infectious aortic disease.

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