Lauric Arginate/Cellulose Nanocrystal Nanorods-Stabilized Alkenyl Succinic Anhydride Pickering Emulsion: Enhancement of Stabilization and Paper Sizing Performance

Yucheng Li
Qilu University of Technology

Dehai Yu (yudehai@qlu.edu.cn)
Qilu University of Technology  https://orcid.org/0000-0003-4286-3616

Xiangyu Wang
Qilu University of Technology

Qiang Wang
Qilu University of Technology

Zhen Zhang
South China Normal University

Wenxia Liu
Qilu University of Technology

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Abstract

Biodegradable colloidal particle materials are becoming attractive candidates as eco-friendly chemical additives in the low-carbon economy era. However, developing cheap, stable, and efficient paper-sizing agents is still a challenging issue both for paper making academic community and industry. Here, an easy-fabricating, stable, and high-performance alkenyl succinic anhydride (ASA) paper-sizing emulsion is developed, which is stabilized by lauric arginate (LAE)/cellulose nanocrystal (CNC) nanorods. Furthermore, the chemical crosslinking between ASA and LAE/CNC nanorods can adjust the wettability and interfacial adsorption of LAE/CNC, resulting in improved stability of ASA-sizing emulsion. This novel paper-sizing emulsion shows a small droplet size (0.8 μm), high hydrolysis resistance, and a high paper-sizing degree (300 s) along with a remarkable hydrophobicity contact angle of 110° for long-term storage. This work opens a door for realizing an interfacial self-assembled Pickering-stabilizer, which leads to an environmentally friendly, pervasive and cost-effective emulsification technique for the next-generation paper-sizing additives.

1. Introduction

Emulsion is vital in the production of food, medicine, paper and cosmetics industries, owing to its specific physicochemical and biological properties, such as excellent stability and resistance to liquid penetration. However, the traditional emulsion has disadvantages in terms of long-term stability. Therefore, solid particles are applied to stabilize the emulsion and named as Pickering emulsion, in which they are adsorbed on the oil-water interface, and form a mechanical barrier with densely packed particles (Pickering, 1907). In particular, Pickering emulsions stabilized by biodegradable colloidal particles are attracting increasing interest, since the demand for merchandise made of environment-friendly ingredients is growing (Dickinson, 2017; McClements & Gumus, 2016). Therefore, many types of proteins and/or polysaccharide-based colloidal particles have been developed as environment-friendly Pickering emulsifiers (Hong et al., 2018; Sun et al., 2021). Pickering emulsion shows better stability than traditional surfactant-stabilized emulsion due to the irreversible adsorption of particles even at a low particle concentration (Xia et al., 2018).

It is well-known that sizing agent is an important functional additive imparting paper with resistance to liquid penetration. Among them, alkenyl succinic anhydride (ASA) is a commonly applied neutral sizing agent, and needs to be prepared as oil in water emulsion before sizing (G. Li, Song, Liu, Yu, & Wang, 2017; Yu et al., 2020). In the traditional emulsifying process, excessive surfactants can facilitate emulsification, but it will have an adverse effect on sizing (Yu, Lin, & Li, 2013). In addition, ASA is easily hydrolyzed, the hydrolysate will have obstacles on sizing effect and paper-making process (Mohit, Bhadra, Goswami, & Agarwal, 2007; Robert, 1990). Based on problems mentioned above, the preparation and application of ASA emulsion are complex and difficult to control, which cause unstable sizing effect (Hubbe, 2007). In practical production, ASA requires on-site emulsification preparation and immediate usage. In the meantime, nano-clay and the modified particles-stabilized ASA emulsion exhibit good performance and are expect to solve the current issues (Yucheng Li et al., 2021; Yu et al., 2020). However, clays and their
modified products are not degradable and prone to high viscosity of the emulsion through forming gel system in continuous phase (Wang, Deng, Sun, & Yang, 2020; Y. Zhang et al., 2021). Therefore, it is necessary to explore more efficient and environmentally friendly solid emulsifier, and provide reliable methods for green paper additives. Furthermore, the Pickering emulsion system is expected to provide a potential alternative method for paper sizing emulsion, for large-scale manufacturing of paper companies and the rapid development of paper machines (Bai et al., 2021).

Cellulose nanocrystal (CNC) is an effective Pickering stabilizer for oil-in-water (O/W) emulsion due to its superior properties in terms of reusability, sustainability, non-toxicity and biocompatibility (Chen, Liu, & Tang, 2019; Chu, Sun, Wu, & Xiao, 2020; Habibi, Lucia, & Rojas, 2010; Kedzior, Gabriel, Dubé, & Cranston, 2020). CNC can adsorb at the water-oil interface and form a dense interface network, which is derived from its wettability, and rod-like nanostructure (Capron, Rojas, & Bordes, 2017; Lu et al., 2020). Nonetheless, the high hydrophilicity of CNC limits its application in Pickering emulsions, and CNC is generally modified to improve its emulsification performance (Du, Guo, Li, & Gao, 2017; Patel, Lakshmibalasubramaniam, Nayak, & Camire, 2021; Saidane, Perrin, Cherhal, Guellec, & Capron, 2016). Chemical modification of CNC is a widely used strategy (Cunha, Mougel, Cathala, Berglund, & Capron, 2014; Lu et al., 2020; Tang et al., 2014; Zoppe, Venditti, & Rojas, 2012), but physical adsorption with surfactant or macromolecule is a more promising strategy (Ben Azouz, Ramires, Van den Fonteyne, El Kissi, & Dufresne, 2012; Gong, Wang, & Chen, 2017; Huang, Ye, & Berry, 2016; Patel et al., 2021; Tardy et al., 2017) because of its non-toxicity, biocompatibility, and easy processing. Since CNC is negatively charged, cationic organic polymer can bind with CNC through electrostatic adsorption. Lauric arginate (LAE) is a biological and amino acid-based cationic surfactant (Bai, Xiang, Huan, & Rojas, 2018), which is synthesized from lauric acid, arginine and ethanol. It can adsorb onto the surface of CNC, improve their emulsification property, and retain their sustainability (Bai et al., 2018; Chi & Catchmark, 2017). The colloid behavior of LAE/CNC complex is controllable and regulatable at the oil-water interface, which plays a very unique and important role in stabilizing the Pickering emulsion system (Yanan Li et al., 2018).

Herein, the ASA sizing Pickering emulsion stabilized with LAE-modified CNC was prepared. The emulsification mechanism was systematically studied by analyzing the cross-linkage between LAE/CNC and ASA, and the adsorption of LAE/CNC at the water-oil interface. Scheme 1 shows that ASA Pickering emulsion could be obtained by addition of LAE/CNC NRs. The composition and structure of the obtained emulsions as well as the sized paper were analyzed by scanning electron microscopy (SEM), atomic force microscopy (AFM), transmission electron microscopy (TEM), laser scanning confocal microscope (CLSM), fourier transform infrared (FTIR) spectroscopy, and X-ray nanocomputed tomography (nano-CT). Subsequently, the water-repellent and hydrolysis resistance capacity of the sized paper was evaluated. It is expected to prepare an environmentally friendly ASA papermaking sizing emulsion with enhanced sizing performance and higher stability. The introduction of functionalized cellulose nanocrystals into ASA emulsion to prepare superior sizing emulsion is a long-term project, which will enrich the colloid interface chemistry and facilitate application technology of emulsion additives for papermaking.
2. Materials And Methods

2.1 Materials

The cationic, food-grade surfactant ethyl-N\textsuperscript{0}-lauroyl-L-arginate hydrochloride (≥ 98% purity, \(C_{20}H_{41}N_{4}O_{3}Cl\), MW ~ 421.02 g/mol) was bought from Maclin (Shanghai, China). Sulfonate cellulose nanocrystal (CNC) was a needle-like nanomaterial obtained by sulfuric acid treatment of natural plant cellulose. The surface contains sulfonic acid groups and hydroxyl groups, was purchased by ScienceK Co., Ltd. (Hu Zhou, China). ASA oil with the main ingredient of octadecenyl succinic anhydride was supplied by Kamira (Shanghai, China). Nile red and Nile blue dyes were purchased from Maclean (Shanghai, China). Aspen alkaline peroxide mechanical pulp (APMP) was provided in a pulp board form by Shandong Zhongmao Shengyuan Pulping Co., Ltd. Ultrapure water with a resistivity of 18.2 MΩ·cm was produced by a Milli-Q water system attached to an ELGA reverse osmosis unit. Other chemicals used were all analytical reagents.

2.2 Preparation and characterization of LAE/CNC nanorods

Concentrated LAE was diluted to 1.0 wt% by Milli-Q water. The CNC hydrogel was first diluted and then LAE was added to obtain the desired suspended CNC concentrate. Briefly, LAE was first added to the CNC suspension and gently shaken for 20 s, followed by sonicating with an ultrasonic generator (YQ-620C, Shanghai Yi Jing Ultrasonic Instrument Co., Ltd., China) at 25°C for 10 min. The prepared nanorods were left at 25°C before analysis.

Fourier transform infrared spectroscopy (FT-IR) spectra of LAE/CNC were measured by a FTIR spectrophotometer (Bruker Vertex V70, USA) in absorbance mode with the attenuated total reflection (ATR) diamond sensor. Spectra were collected over 600-4000 cm\(^{-1}\) regions at ambient conditions at a resolution of 4 cm\(^{-1}\). All the LAE/CNC suspension samples were filtered by a B-GLM22 syringe filter (BKMAN, China) with 0.22 µm of membrane pore size before measurement. The particle size distribution and zeta potential of the samples were determined by dynamic light scattering measurement using a Nano-ZS Zetasizer (Malvern, U.K.) angle with a He–Ne laser (laser wavelength 633 nm) at a 178° scattering and temperature of 298 K. To prevent multiple scattering effects, samples were diluted to a concentration of 0.005 wt% with MQ water before measuring and repeated three times. The three-phase contact angles of LAE/CNC were measured with an OCA-50 micro contact angle measuring tool (Dataphysics, Germany) using a conventional particle-platelet method (Yucheng Li et al., 2021). Before starting the test, the samples were modulated as 2 mm-thick circular pieces with an HY-12 tablet machine (Tianguang, China). The Protractor software was employed to determine the contact angle via axisymmetric drop shape analysis. The contact angle of each sample was measured three times, and the average of per sample was reported. Atomic force microscope (AFM, Bruker, USA) was employed to measure the morphology of LAE/CNC nanorods in tapping mode. Before inspection, a 10 µL drop of LAE/CNC suspension with concentration of 5 µg/mL was deposited onto a mica substrate (20 × 20 mm) and dried at 25°C overnight. A video optical contact angle measurement instrument (OCA-50, Data
Physics Instruments, Germany) was used to study the surface tension and interface tension of the LAE/CNC suspension using pendant drop method. ASA oil was added to a cuvette, and the transmissivity of the oil container was checked prior to measurement. In brief, the pendant droplets of 5 µL of solution, containing LAE/CNC nanorods, was formed at the end of a low retention pipet tip immersed in oil phase. The droplets were left for 10 s at 25 °C before measurement. The optical turbidities of LAE/CNC suspension were characterized by UV-VIS spectrophotometer (Agilent 8453, U.S) at a wavelength of 600 nm operated at 25 °C.

2.3 Preparation and characterization of ASA Pickering emulsions stabilized by LAE/CNC NRs

LAE/CNC NRs-stabilized Pickering emulsions were prepared as follows: the LAE/CNC NRs suspension was prepared and placed in a plastic tube, followed by ASA oil addition to the suspension and sonication using an ultrasonic generator (YQ-620C, Shanghai Yi Jing Ultrasonic Instrument Co., Ltd., China) with an immersed titanium microtip. In this study, the oil-water ratio of LAE/CNC NRs stabilized ASA Pickering emulsions is 1:2 (v:v).

The stability of emulsions with respect to creaming and coalescence was evaluated by counting the volume of discharged oil and water in 24 h via a FinePix S4050 digital camera (Fujifilm, Japan). The stability is expressed as emulsifying index (EI):

\[ EI = \frac{H_e}{H_E} \]

where \( H_E \) is the total emulsion’s height and \( H_e \) is the serum layer’s height. The values of \( H_E \) and \( H_e \) for different samples were measured via visual analysis of the samples’ photographs using ImageJ software. A DM750M optical microscope (Leica, Germany) was applied to check ASA Pickering emulsions’ morphology without further dilution. The average size of droplet and its distribution in the prepared emulsions were analyzed by ImageJ. For visualizing and distinguishing LAE/CNC and ASA oil in the emulsion system, the ASA oil and LAE/CNC suspension were dyed with Nile blue and Nile red respectively before emulsion preparation. Then, the emulsion droplets were observed under a laser confocal microscope. The adsorption of particles on the surface of emulsion droplet was analyzed by confocal laser scanning microscope (CLSM, Leica, SP8, Germany). The FT-IR spectra of ASA emulsions stabilized by LAE/CNC NRs were measured using a FT-IR spectrophotometer (Vertex V70, Bruker, USA) under an absorbance mode via an attenuated total reflection (ATR) diamond sensor.

Dried ASA droplets loaded with LAE/CNC were inspected under scanning electronic microscope (SEM, Hitachi, Regulus8220, Japan) and transmission electron microscope (TEM, Hitachi Koki Co., Ltd., JEM 2100, Japan). A 10 µL drop of ASA emulsions with concentration of 0.02 g/mL was deposited onto a carbon membrane support (T11023, Beijing XXBR Technology Co., Ltd.) and dried at 25 °C overnight before inspection. Also, the morphology of ASA emulsions was measured by atomic force microscope (AFM, Bruker, USA) under tapping mode. A 10 µL drop of ASA emulsions with concentration of 0.02 g/mL was deposited onto a mica substrate (20 × 20 mm) and dried at 25 °C overnight before inspection. The
data of emulsions’ creaming stability were logged by a Turbiscan device (LUMiSizer, LUM Jiangsu Instruments Co., Ltd., China). Dynamic changes were evaluated by laser light’s backscattering intensity as a function of height during creaming. After high-speed centrifugation (895 \times g, 10 min at 25 °C), samples were prepared in rectangle plastic tubes (10 \times 10 \times 100 \text{ mm}). The viscosities of samples were measured by a rheometer (MCR 300, Anton Paar, Germany) using parallel plates (PP25) with the gap fixed at 1.0 mm. The corresponding viscosity was recorded with a shear rate ranging from 0.01 s\(^{-1}\) to 100 s\(^{-1}\). The dynamic viscoelastic range was derived by strain sweep from 0.01–100% at the constant frequency of 10 rad/s. A dynamic frequency sweep was conducted at an 1.0% constant strain and wide frequency range of 0.1 to 100 rad/s. All measurements were made at 25 °C.

### 2.4 Handsheet making and sizing performance of ASA emulsion

A PTI type paper former (ISO 5269-2, Austria) was used to prepare ASA-sized paper handsheets with a 60 g/m\(^2\) base weight. The pulp was first soaked in water overnight and then dispersed at 20 g/L by a standard disintegrator (Lorentzen & Wettre, Sweden) at 20,000 rpm, followed by purification using a PFI mill (KRK Company, Japan). ASA-sized paper was prepared using a CUF5/200 laboratory coating unit (Sumet Technologies Ltd., Germany). The as-prepared ASA emulsion was diluted to 1.0 wt% before paper sizing, which was quantitatively determined by the liquid permeation method using GB/T460-2008 (Tan et al., 2014), and further used for quantitative determination. An automatic video optical contact angle measurement instrument (OCA-50, Dataphysics, Germany) was used to measure the static water contact angle of the sized paper at various time points. The 3D structural images of sized paper were derived by a multi-scale X-ray nanocomputed tomography (nano-CT) system (Skyscan 2211, Bruker, Germany). The size of the tested sample paper was 2 mm × 2 mm.

### 3. Results And Discussion

#### 3.1. Characterization of LAE/CNC nanorods

The FT-IR spectra of CNC and LAE-modified CNC are displayed and compared in Fig. 1a. It is shown that two new bands at 2915 and 2851 cm\(^{-1}\) were found in the spectra of LAE/CNC, which were assigned to the asymmetric and symmetric stretching of CH\(_2\) in the long alkyl chain of LAE. Meanwhile, the peaks of 3420 cm\(^{-1}\) and 1756 cm\(^{-1}\) were corresponded to the vibration of O-H and carbonyl group on side-chain from LAE. In addition, the signals at 1643 cm\(^{-1}\) and 1530 cm\(^{-1}\) were correlated with amide I (C=O stretching) and amide II (C-N stretching and N-H deformation) from the LAE backbone respectively, which were consistent with the results of Johnson (Johnson, Zink-Sharp, & Glasser, 2011). Overall, LAE has been successfully connected onto CNC NRs.

The surface and interface tensions of CNC nanoparticles (2.0 wt%) with LAE solutions were derived using pendant drop method (Fig. 1b). The results showed that the surficial and interfacial tensions fall rapidly with the addition of LAE, and then approached to a flat until the dosage of LAE was 0.015%, since the
interaction among the hydrophobic LAE tail groups and the electrostatic interaction with CNC can induce local micellization, facilitating LAE binding to the surface of CNC nanorods. When the amount of LAE was 0.015~0.025 wt%, surface tension kept a constant value around 45 mN/m, which could be caused by the formation of free unbound micelles in the native solution, an indication of surfactant saturation binding to CNC NRs. The hydrophobicity of pristine CNC NRs and LAE/CNC NRs was measured with three-phase contact angle (Fig. 1c). It was seen that LAE/CNC NRs had an increasing contact angle to 80° with the increasing dosage of LAE, and then decreased rapidly. Whereas, CNC NRs had a contact angle of 60° and showed a relative hydrophilicity. So the addition of LAE increased the contact angle and hydrophobicity of CNC NRs. The LAE/CNC NRs reached the maximum contact angle about 87.6° with 0.016% LAE, and then decreased to 36.5° with 0.02% LAE, which could be due to the formation of hydrophilic micellar structure with excessive LAE and the reduced hydrophobicity of LAE/CNC NRs. Following LAE modification, the hydrophobicity of CNC particles increased, which may facilitate their attachment to the surface of ASA oil droplet, as well as the formation of stable oil-in-water emulsions with uniform and small spherical droplets.

To have a better understanding on the aggregation of LAE/CNC nanorods, the microstructural changes of primary CNC and its nanorods with different LAE concentrations can be studied by AFM imaging (Fig. 1d). It was obvious that the dispersion of CNC NRs was improved gradually with an increasing amount of LAE, which was mainly because of the electrostatic adsorption and bridging traction action between positive charged LAE and negative charged CNC NRs. The LAE/CNC NRs showed the best dispersion and stability with 0.02% LAE. Furthermore, the LAE/CNC NRs would form bundle structures with the concentration of LAE above 0.02%. The zeta potential and macro morphology of LAE/CNC NRs suspension were recorded in Fig. 1e. The absolute value of zeta potential increased firstly to -70 mV with 0.02% CNC NRs, and then decreased with the increasing dosage of LAE, which illustrated the optimal dispersion and stability of LAE/CNC NRs suspension with 0.02% CNC NRs. With excessive LAE (>0.02%), the absolute value of zeta potential decreased again, which confirmed the connection between LAE and CNC NRs. Otherwise, the decreased absolute value of zeta potential would result in micro-flocculation of LAE/CNC NRs, which was beneficial for the stability of Pickering emulsion (Bollhorst, Rezwan, & Maas, 2017). Meanwhile, this variation tendency was further confirmed by the result of size distribution (Fig. 1f), and the size distribution curve of LAE/CNC NRs was the narrowest with 0.02% LAE.

3.2. ASA Pickering emulsion stabilized by LAE/CNC NRs.

Fig. 2a shows the CLSM image of ASA emulsion with LAE/CNC NRs. The emulsion droplets with uniform diameter were clearly observed, and their diameter had a decreasing tendency with increasing dosage of CNC NRs. The corresponding data of size distribution were analyzed from Fig. 2b; the emulsion droplets had an average diameter of 5.3 μm with 0.2% CNC, while it was reduced to 0.8 μm at 2.0% CNC with a narrow size distribution curve. All freshly prepared ASA emulsion had a homogeneous appearance. Their stabilities were observed within 24 h and the EI values were recorded. It was shown in Fig. 2c that emulsion’s stability was improved by the increasing dosage of CNC, and the emulsion still kept homogeneous appearance with 2.0% CNC after 24 h. The ASA emulsion stabilized by 0.2%, 0.6% and
1.0% CNC all had separated phase and decreased EI values of 92%, 85%, and 64%, respectively. Consistently, the emulsion showed a similar tendency with centrifugal stability. The microphotographs of ASA emulsion are listed in Fig. S1, and all samples were recorded with good homogeneity in 3 h. The emulsion stabilized by low CNC concentration (< 1.8%) showed an uneven distribution of emulsion droplets, and ungraded droplets were also found in the images, which may be the agglomerated emulsion droplets caused by the incomplete coverage. With a higher dosage of CNC at 1.8% and 2.0%, the emulsion droplets showed a decreased diameter and a more uniform distribution. However, the agglomerated emulsion droplets and their uneven distribution were appeared again with excessive CNC (> 2.0%). Therefore, LAE/CNC NRs have improved emulsifying capacity and can adjust the size of Pickering emulsion.

### 3.3. Effect of pH

The pH value of system is an important parameter for the stability of nanocellulose-stabilized Pickering emulsion (Kedzior et al., 2020). It was analyzed from Fig. 3a that pH value had influences on the size distribution and morphology of ASA emulsion. Especially at the pH~7, the emulsion has large droplets and size distribution. However, the emulsion had small droplets and good homogeneity at other pH values. The appearance of the LAE/CNC-stabilized ASA emulsion under different pH values is shown in Fig. 3b. The emulsification index of the freshly prepared emulsion is 100%, and there is no phase precipitation. After being left for 24 h, a large amount of turbid water phases were precipitated in the emulsion at pH>7. This may be due to the precipitation of phases caused by the polymerization of emulsion droplets, which is consistent with the results in Fig. 3a. Given that the carbonyl lactone ring groups of ASA will be in the form of -COOH at a high pH environment, it leads to a hydrolysis reaction and reduces the stability of the emulsion (see Fig. 3c). Furthermore, when the pH>7, hydroxy of LAE/CNC NRs interacted with carboxyl from ASA-acid at the o/w interface, leading to the oriented movement of the weakly hydrogen-bonded water molecules in the interfacial region, which could hinder the penetration of water into an oil phase and/or ASA molecular transport (Scatena, Brown, & Richmond, 2001).

The effect of pH ranging from 3 to 11 on the droplet size distribution of the Pickering emulsions have given in Fig. 3a and 3c. The ASA emulsion stabilized by LAE/CNC under different pH values for 24 h, there is almost no phase precipitation (Fig. 3b). It was analyzed that H⁺ would reduce the repulsion between LAE/CNC NRs within acid circumstance (Patel et al., 2021). Hence, microgels were formed to resist the flocculation of emulsion. The droplet size distribution and optical micrographs of emulsions with different pH values after 24 h are listed in Fig. S3 and S4. Similar trends can be seen in Fig. 3c and S4 that the average droplet size of the prepared emulsion is steady except at pH~9, which implies that the weakly alkaline condition is not conducive to the stability of the LAE/CNC-stabilized ASA emulsion.

### 3.4. Rheological behavior of the ASA Pickering emulsions stabilized by LAE/CNC NRs

To better understand the gel or liquid properties of as-prepared ASA Pickering emulsions, the storage modulus (\(G'\))/loss modulus (\(G''\)) and the viscosity with different \(C_{CNC}\) and pH values were investigated.
The result shows that the value of $G'$ was higher than that of $G''$ in the whole range of angular frequency when the $C_{\text{CNC}}$ was above 1.8%, indicating that the emulsions’ linear rheological behavior was mainly viscoelastic and the existence of well-developed elastic networks formed by the dispersed droplets in the emulsion system (Qiao, Wang, Shao, Sun, & Miller, 2015). The enlarged difference between $G'$ and $G''$ indicated the high resistance to flocculation (Zhang, Gu, Liu, & Wang, 2021), especially when the $C_{\text{CNC}}$ was 2.0%. Moreover, the ASA emulsion stabilized by LAE/CNC NRs with $C_{\text{CNC}} \sim 2.0\%$ showed the maximum values of $G'$ and $G''$, which indicates the high resistance to flocculation and explains the better stability. Setting the pH value of emulsion as variable, the value of $G'$ was higher than that of $G''$ when pH value was 3~9 in the whole angular frequency range. Elasticity has dominated the rheological behavior of the emulsions stabilized by LAE/CNC NRs. It is worth to note that the as-prepared emulsion showed greater $G'$ and $G''$ values at pH~5 than those at other pH values, suggesting that the LAE/CNC NRs-stabilized emulsion at pH~5 shows strong resistant to flocculation (Binks, Muijlwijk, Koman, & Poortinga, 2017).

Fig. 3g shows the relationship between the apparent viscosity of ASA emulsion and shear rate. All emulsions have a reduced viscosity and then tend to a constant with increasing shear rate, so emulsion showed a shearing-thinning behavior, which was due to the deformation of emulsion droplets and their ordered arrangement as well as the continuous phase (Thaiphanit, Schleining, & Anprung, 2016). The results showed that the $C_{\text{CNC}}$ obviously influenced the rheological apparent viscosity behavior of the emulsion. Since the emulsion system's network was mostly destroyed by the shearing force, the repulsive forces were predominant at the high shear rate (Niu et al., 2018). In addition, it can be found that when the shear rate is low, the apparent viscosity of the emulsion decreases at the fastest rate. As the shear rate increases, the range of viscosity reduced is gently decreased. Therefore, the ASA Pickering emulsion prepared by using modified CNC as an emulsifier has the typical characteristics of pseudoplastic fluid. The concentration of CNC affects the overall viscosity of the emulsion, and its overall trend increases in proportion to the concentration. The dependence of apparent viscosity on the shear rate of emulsions prepared at different pH values is shown in Fig. 3h. The flow curves of emulsion samples under all pH value systems exhibited shear thinning, with the viscosity decreasing with the increasing of pH value. A lower pH can decrease the surface charge of CNC/LAE NRs. CNC/LAE NRs are more likely to be attracted and connected with each other to form a stronger network, either by surface-surface or edge-surface interactions. A higher pH can increase $\text{OH}^-$ and decrease $\text{H}^+$, leading to a more negative surface charge of CNC/LAE NRs, which ends with a larger electrical repulsive force among particles. In this case, the viscoelasticity of the interface layer is weak. Hence, the particles would connect with each other by dominated edge-edge particle interactions and form a weaker network. In addition, the highest viscosity among all the emulsions is exhibited by the as-prepared Pickering emulsions at pH~3. These data indicate that interfacial packing behaviors and interactions of particles at the interface are affected by the pH conditions, which could result in a weaker network architecture and vitrified emulsions with poorer viscoelasticity at higher pH (i.e., pH~7, 9 and 12) (Zhou et al., 2018). Thus, ASA emulsions prepared at a pH range between 3 and 5 possessed a more favorable structure with gel-like elastic network.
3.5. Interfacial adsorption of LAE/CNC NRs

Fig. 4a, b shows the CLSM of ASA emulsion, where red color refers to the dyed ASA oil with Nile red, and blue color refers to the emulsifier of LAE/CNC NRs. In addition, the blue color around the droplets refers to the flocculation consisted of LAE/CNC NRs, which is circled with deep orange and white color. Fig. 4c is the merged CLSM image. Interestingly, an incompletely covered ASA droplet with a black loophole (in Fig. 4b) and red oil phase inside (Fig. 4c) can be observed, suggesting that the LAE/CNC NRs jammed on the ASA-water interface instead of entering the oil phase. To observe the distribution of LAE/CNC NRs at the interface, the dosage of CNC NRs was reduced to 0.2%, and the result is shown in Fig. 4d. It can be seen that the LAE/CNC NRs microgels with “fried-egg” structure tended to swell in the oil phase and partially collapse in the water phase with a contact angle (θ) favoring O/W emulsion-type stabilization (Rey, Fernandez-Rodriguez, Karg, Isa, & Vogel, 2020). Under low concentrations of CNC NRs, such microgels would decrease the interfacial stability and lead to the aggregation of adjacent droplets, which resulted in large droplets and accelerated hydrolysis of ASA. The micro-flocculation formed by LAE/CNC NRs caused bridging flocculation between droplets, which could further prevent the coalescence and oil-phase transference between oil droplets (the elliptical area heighted by orange dot-line in Fig. 4b and 4e), facilitating the stability of emulsion obtained.

The total coverage rate $C$ (%) of LAE/CNC NRs on emulsion droplet was calculated by (Bai et al., 2018)

$$C = \frac{m_p D}{6 \pi \rho V_{oil}}$$

where $m_p$ is the mass of LAE/CNC NRs, $D$ is the average diameter of ASA droplets ($D_{43}$), $h$ is the thickness of LAE/CNC NRs (measured from AFM image), $\rho$ is the density of LAE/CNC NRs (1.6 g/cm$^3$), and $V_{oil}$ is the volume of ASA. It was calculated that $C$ was 64.75%, with 0.02% of LAE and 0.2% CNC. When the concentration of CNC increased by 2.0%, $C$ was as high as 84.25%, suggesting well coverage and stabilization of LAE/CNC on the ASA oil.

ASA is a specific oil phase with the ability of esterification reaction and is bound to react with polyhydric CNC, thus modifying the morphology of particles and altering the performance of emulsion. The centrifugal stability of the ASA Pickering emulsion stabilized by LAE/CNC is shown in Fig. 5a. The results show that the centrifugal stability of the emulsion increases firstly and then decreases with the increasing dosage of LAE with the maximum stability achieved at 0.02% LAE. This may be caused by the protective effect of LAE on hydroxyl groups of CNC, which provided LAE/CNC NRs with moderate wettability at the oil-water interface. However, excessive LAE may be obstacles for the reaction, and the high hydrophobicity of CNC is not conducive to the adsorption of LAE/CNC NRs, which ultimately reduces the stability of emulsion. AFM images of the emulsion stabilized by LAE/CNC NRs are shown in Fig. 5b, which shows that the LAE/CNC NRs form denser arrangement around the emulsion droplets with increasing dosage of LAE. The emulsion with 0.02% LAE has smaller droplet size and more uniform
longitudinal distribution (-201.4~165.7 nm), which improve the adsorption stability of LAE/CNC NRs at the water-oil interface.

Fig. 5c displays the SEM image of ASA emulsion stabilized by CNC solely. The granular film structure with honeycomb-like shape is revealed, which may be caused by the aligned arrangement of CNC. It is considered that this arrangement mode may be related to the decreased repulsion between ASA-CNC and CNC caused by reduced amount of hydroxyl groups. Otherwise, such phenomenon of alignment is more obvious without LAE in TEM image (Fig. 5d), where CNC sufficiently reacts with ASA and forms NRs matrix with oriented arrangement (white dotted box). Whereas, the ASA emulsion stabilized by LAE/CNC NRs presents a circular arc granular film in Fig. 5e, due to the effective stabilizing and protecting function of LAE/CNC on ASA droplets by valid coverage. Moreover, the uniformly distributed nanorods on the emulsion's surface can be clearly observed in Fig. 5f. We assume that LAE protects the hydroxyl groups of CNC from being completely esterified, thereby presenting NRs film with anisotropic arrangement, allowing the occurrence of chemical crosslinking between parts of hydroxyl groups on LAE/CNC and carbonyl lactone on ASA at the o/w interface. The LAE/CNC NRs with moderate wettability induced by the esterification could form microgels at the o/w interface, which is consistent with the results observed in Fig. 3d.

The schematic diagram of chemical cross-linking process and the stabilizing effect of LAE/CNC NRs at the ASA-water interface is drawn and displayed in Fig. 5g, h. CNC can sufficiently react with ASA and generate hydrophobic ASA-CNC (blue) at the ASA-water interface with little LAE. Then the ASA is emulsified as oil in water emulsion by interfacial nanoparticles along with CNC NRs in continuous phase. However, the ASA emulsion shows poor stability and easily forms honeycomb-like walls and oriented CNC because of the coalescence and compression of droplets. To some extent, the introduction of LAE restricts the reaction between ASA and CNC, and more LAE/CNC NRs are cross-linked with LAE and form stable interfacial granular film, which leads to the formation of gel state with moderate wettability of LAE/CNC NRs. The chemical crosslinking between LAE/CNC and ASA can efficiently prevent droplet coalescence induced by phase migration, hinder hydrolyzation of ASA and improve the stability of emulsion.

In view of the characteristic functional group, the ASA emulsion shows a high intensity at 1863 cm\(^{-1}\), 1778 cm\(^{-1}\), and essentially unchanged intensity at 1663 cm\(^{-1}\) after 6 h in Fig. 6a, which are assigned to the carbonyl lactone ring of ASA and carboxyl group of ASA-acid, respectively. These peaks show significant changes until 12 h later. After about 144 h, ASA started to lose most of the activity (Fig. S6). It is concluded that LAE/CNC NRs had a lasting protective ability against ASA and significantly inhibited the hydrolysis reaction of ASA within 12 h, which will promote the sizing application of cellulose-fiber paper.

Furthermore, the sizing performance of ASA sizing Pickering emulsion is evaluated with sizing degree and the contact angle of the sized paper. The dynamic water contact angle of the sized paper is shown in Fig. 6b, and the contact angle gradually increases with the increasing amount of CNC added in ASA.
emulsion, which indicates the improved hydrolysis resistance. The ASA sized paper has a contact angle of 115° after retaining water for 1 s with 2% CNC NRs, while the contact angle is 103° for the sized paper with 0.5% CNC NRs. Even after 900 s, the contact angle of the paper sized by ASA emulsion containing 0.5% and 2.0% LAE/CNC NRs decreased slowly to 72° and 93° respectively, which further confirms the reinforcement of LAE/CNC NRs. Fig. 6c shows that the sizing degree improves with increasing dosage of ASA emulsion, and the sizing degree increases by 152 s with 0.5% ASA (relative to oven-dried stock), and then increases by about 300 s with 1.0% ASA. However, the static contact angle of sized paper increases firstly and then decreases with the increasing dosage of ASA, which reaches a maximum value of 113° with the ASA emulsion containing 1.0% CNC NRs. Overall, the ASA emulsion has good internal sizing performance. The micro-CT of ASA emulsion sized paper shows great differences with different emulsifiers in Fig. 6d. The blue and green colors refer to a lot of hydrophilic hydroxyl groups and hydrolyzed ASA acid are remained with ASA emulsion stabilized by CNC NRs solely. Whereas, the golden color refers to a lot of ASA-celluloses, which further explains the enhancement of LAE on the sizing performance of ASA emulsion.

Fig. 7. illustrates the adsorption of LAE/CNC NRs, the chemical cross-linking between LAE/CNC NRs and ASA at the ASA-water interface, and the stabilization mechanism of Pickering emulsion. Otherwise, the interfacial granular film composed of amphiphilic LAE/CNC NRs prevents the migration of oil phase and the coalescence of droplets, reducing the contact and hydrolysis reaction between water and ASA. Moreover, LAE/CNC NRs could be crosslinked with ASA and ASA-acid, generating a more compact interface granular film and improving the stability of emulsion. At present, CNC has been applied to many areas, where cationic surfactants are commonly involved, so it is very important to understand this binding interaction. The binding interactions between CNC and these oppositely charged surfactants could have a profound influence on the colloidal stability and functionality of CNC in these systems, as well as the bulk properties of the systems. We provide a sustainable and ecologically compatible surface modification strategy for CNC by the combination of a novel biologically-derived surfactant and a simple environmental benign mixing approach. The successful formulation of LAE/CNC-stabilized ASA Pickering emulsion provides a basis for the application of ASA paper sizing system with tunable and functional properties based on Pickering systems.

4. Conclusion

This study investigated the dual-enhancement effect of interfacial adsorption and chemical crosslinking on the emulsification properties of the LAE/CNC NRs in ASA Pickering emulsions. Moderate wettability of CNC with a contact angle of 87.6° can be achieved by the introduction of LAE, which facilitates the attachment on the surface of ASA droplets, and generates stable emulsions with uniform, small and spherical droplets. The LAE/CNC-ASA droplets exhibit a small droplet size, long-term storage stability and strong resistance to flocculation when pH is below 5. CLSM images showed that the LAE/CNC are adsorbed at the oil-water interface. SEM and TEM images revealed that the ASA Pickering emulsion droplets were encircled and stabilized by matrix of LAE/CNC NRs, which were densely immobilized at the oil–water interface. The chemical crosslinking between LAE/CNC and ASA can efficiently prevent droplet
coalescence induced by phase migration, hinder hydrolyzation of ASA and improve the stability of emulsion. LAE/CNC NRs had a lasting protective ability against ASA and significantly inhibited the hydrolysis reaction of ASA within 12 h. Sized cellulose paper with LAE/CNC-ASA emulsion conducted 300 s of sizing-degree with 113° of water contact angle. These findings offer significant insights into the fabrication of the surfactant-modified CNC and the commercial application of the LAE/CNC NRs-stabilized ASA Pickering emulsions in the papermaking industry.

Declarations

competing interest

There are no conflicts of interest to declare.

CRediT authorship contribution statement

Yucheng Li: Methodology, Investigation, Software, Methodology, Data Curation, Formal Analysis, Writing - Original Draft. Dehai Yu: Conceptualization, Supervision, Investigation, Writing - Review & Editing. Xiangyu Wang: Investigation. Qiang Wang: Methodology. Zhen Zhang: Resources. Wenxia Liu: Supervision, Writing - Review & Editing.

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Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:

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**Scheme**

Please see the Supplementary Files for the Scheme 1.

**Figures**

![Figure 1](image)

**Figure 1**

(a) FT-IR spectra of LAE, CNC, and LAE/CNC nanorods. (b) Surface tension and interface tension of 2.0% CNC aqueous dispersions containing different amounts of LAE at 25 °C. (c) The three-phase contact angle of LAE/CNC as a function of initial surfactant content. (d) AFM height images of pristine CNC and CNC/LAE nanorods with different content of LAE ($C_{\text{LAE}}$). The CNC initial concentration was 2.0%. All the
scale bars are 200 nm. (e) Zeta potential of LAE/CNC nanorod dispersions with different \( C_{\text{LAE}} \). (f) Particle distribution of LAE/CNC with different \( C_{\text{LAE}} \).

Figure 2

(a) CLSM images of LAE/CNC NRs-stabilized ASA Pickering emulsions with different CNC content \( (C_{\text{CNC}}) \). All scale bars are 10 \( \mu \)m. (b) Particle size distribution of ASA emulsion droplets prepared by LAE/CNC NRs. Insert is the average droplet size spectra of the most probable sizes as a function of the \( C_{\text{CNC}} \). (c)
Appearance pictures of the ASA emulsions prepared after 24 h storage time. (d) Emulsion index of ASA emulsion at different storage times in panel c. (e) Transmittance profiles of as-prepared ASA emulsions containing 0.02% LAE and 0.2%~2.0% CNC (water phase based) after 50 cycles of centrifugation at 2000 rpm. The horizontal axis indicates the height position along the test tube. All the samples were kept undisturbed at ambient temperature.

Figure 3

(a) Droplet size distribution of the ASA emulsion stabilized by LAE/CNC under different pH values. The insert is the relevant optical micrograph. All the scale bases are 50 μm. (b) Digital picture of the emulsion freshly prepared and stored for 24 h. (c) The average droplet size versus pH value. Storage modulus ($G'$, filled symbols), and loss modulus ($G''$, open symbols), as a function of angular frequency for ASA
Pickering emulsions (oil/water = 1:2, v/v) stabilized by LAE/CNC with various CNC concentrations (d) and pH value (e). Flow profiles for ASA Pickering emulsions containing CNC at different concentrations (f) and pH value (g). LAE concentration fixed on 0.02% (based on aqueous phase).

**Figure 4**

CLSM images of ASA Pickering emulsion stabilized by LAE/CNC nanorods with 0.5% CNC and 0.02% LAE. (a) Nile Red, (b) Nile Blue and (c) Merged. The orange and white dotted circles in panel b are used to highlight the oil droplets and particles, respectively. (d) Confocal microscopy image showing a close-up of a latex particle (blue) with a radius of 0.5 μm at the surface of a large droplet of the ASA phase (red) in a matrix of the LAE/CNC water phase. The surface of the particle and the ASA/water interface are indicated by white lines and the contact angle is shown. (e) Schematic illustration of ASA droplets coated by LAE/CNC nanorods in panel b and c.
Figure 5

(a) Transmittance profiles of ASA Pickering emulsions with 2.0% CNC and 0~0.05% LAE (based on water phase) after 50 cycles of centrifugation at 2000 rpm. The horizontal axis indicates the height position along the test tube. All the samples were kept undisturbed at ambient temperature. (b) AFM images of LAE/CNC NRs-stabilized ASA Pickering emulsions with different content of LAE. All the scale bars are 2 μm. The dosage of CNC was fixed to 2.0% and the oil (ASA)/water fraction was 1:2. (c) SEM image of ASA emulsions stabilized by CNC alone. (d) TEM image of emulsion droplets in (c). (e) SEM image of...
ASA emulsions stabilized by LAE/CNC with $C_{\text{LAE}} \approx 0.02\%$. (f) TEM image of ASA droplets stabilized by LAE/CNC. (g, h) Schematics of the stabilization mechanism among LAE/CNC NRs with and without LAE at the ASA/water interface.

Figure 6

(a) FT-IR spectra of the ASA emulsion stabilized by LAE/CNC NRs at different storage time. (b) Optical images revealing the dynamic wetting behaviors of a water droplet ($\approx 25\, \mu\text{L}$) atop sized paper with 0.5 wt\% (top), 1.0 wt\% (middle) and 2.0 wt\% (bottom) CNC at room temperature. The LAE loading is fixed to 0.02 wt\%. (c) Sizing degree and contact angle of the sized paper by ASA based on LAE/CNC NRs with different ASA’s dosage (wt\%), based on dry paper pulp (d) Top view of a micro-CT image of the sized paper with CNC-stabilized ASA and LAE/CNC-stabilized ASA, respectively.
Figure 7

Conceptual schematic of the adsorption and chemical crosslinking of LAE/CNC NRs at ASA-water interfaces.

Supplementary Files

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- SupportingInformation.docx
- Scheme1.png