Extracting Lungs from CT Images using Fully Convolutional Networks

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Abstract—Analysis of cancer and other pathological diseases, like the interstitial lung diseases (ILDs), is usually possible through Computed Tomography (CT) scans. To aid this, a preprocessing step of segmentation is performed to reduce the area to be analyzed, segmenting the lungs and removing unimportant regions. Generally, complex methods are developed to extract the lung region, also using hand-made feature extractors to enhance segmentation. With the popularity of deep learning techniques and its automated feature learning, we propose a lung segmentation approach using fully convolutional networks (FCNs) combined with fully connected conditional random fields (CRF), employed in many state-of-the-art segmentation works. Aiming to develop a generalized approach, the publicly available datasets from University Hospitals of Geneva (HUG) and VESSEL12 challenge were studied, including many healthy and pathological CT scans for evaluation. Experiments using the dataset individually, its trained model on the other dataset and pathological CT scans for evaluation. Experiments using the VESSEL12 challenge were studied, including many healthy and pathological CT scans for evaluation. Experiments using the dataset individually, its trained model on the other dataset and pathological CT scans for evaluation. Experiments using the dataset individually, its trained model on the other dataset and pathological CT scans for evaluation. Experiments using the dataset individually, its trained model on the other dataset and pathological CT scans for evaluation.

I. INTRODUCTION

Cancer is one of the leading causes of death worldwide, with estimates of cases and mortality increasing over the years in less developed countries then more developed ones [1]. Among different types, the lung cancer is the leading cause of death, except less developed countries’ females. Studies in the US presented a declining of lung cancer deaths in last years (mainly in males), as a result of smoking reduction and enhancement in early diagnosis and treatment [2]. Nevertheless, further research is needed to decrease and control cancer cases, also for other health issues, e.g. interstitial lung diseases (ILDs).

Diagnosis of health issues is possible using data of different medical scan technologies. They may present distinct information about the body (e.g. anatomical and/or functional). A wide-used medical exam is the X-ray Computed Tomography (CT), also commonly referred as Computed Tomography. A CT scan can present a 3D structure from some part of or from the entire body, commonly used for detection of body anomalies like cancer. Thoracic area is widely scanned using CT scans to analyze the lung region, for detection of nodules (benign or malignant ones) and irregularities in the parenchyma [3].

Experts analyze each CT slice (a 2D image of some depth from the 3D scan) to evaluate the patient (e.g. to found out malignant nodules). This evaluation can be exhaustive depending on the volume of scans analyzed and on its depth/complexity, which can reduce diagnostic reliability. Semi- and automatic approaches using computational techniques may aid experts, as a second opinion, and minimize the region of interest, thus reducing the number of slices evaluated. To increase the success not only of these approaches, but also to improve the evaluation of experts, a preprocessing step of segmentation is usually performed. In lung-related diseases, this step aims the extraction of the lung region only, removing unimportant and false-positive areas [4].

A. Related Work

Diverse works aimed to segment the lung region using different and combined techniques, that goes through region growing [5], border analysis [6], shape and probabilistic models [7]–[9], and recently deep learning approaches [10].

A combination of histogram and morphological operations to extract the airspace, remove the bronchi and then segment the left and right lungs was proposed in [11], which have obtained a mean overlap score (between lung mask and segmentation) of 97.3% in the LOLA11 dataset [1]. Another lung segmentation work [5] experimented on this dataset, with a 97% mean overlap score. For experiments, they used an in-house software named yacta (yet another CT analyzer), which implements a region growing based method, processing each lung side. A novel robust active shape model (RASM) matching combined with a optimal surface finding method was proposed as a two-step approach for left and right lung segmentation [7].

Experiments with a private dataset containing 30 CT scans (healthy and diseased ones) achieved a Dice similarity coefficient (DSC) of 97.5% ± 0.6%. Another approach is the one proposed by Nakagomi et al. [8]. They presented a novel shape graph cut based lung segmentation, which the best results were achieved by a multi-shape graph cut approach with Jaccard index, also known as Intersection over Union.
(IoU), of 97.68% ± 1.05%. Experiments were performed with a synthetic image and 97 CT scans.

A wide evaluation on more than 400 CT scans with interstitial lung diseases and/or nodules was performed in a two-stage method based on fuzzy connectedness (FC) segmentation, detection of the rib-cage and texture features [12]. This approach consists in obtaining an initial segmentation of the lung parenchyma through thresholding, seed generation for the left and right lungs, then the FC segmentation. In the second stage, a random forest classification combined with space information (e.g. rib cage) was used to identify lung pathologies, hence improving the initial segmentation. Average Dice coefficient of 95.95% ± 0.34% and 96.27% ± 10.58% for each observer were obtained in the datasets studied (excluding the LOLA11 challenge dataset). A mean overlap up to 96.8% was achieved in the LOLA11 dataset. Another fuzzy-based segmentation is the one proposed by Zhou et al. [15], which aimed to extract lungs with juxtapleural nodules. After preprocessing and thorax extraction, lung segmentation is performed using a fuzzy-c-means clustering, then refinement with iterative weighted averaging and adaptive curvature threshold. A mean IoU of 95.81% ± 0.89% was achieved, also stated that every juxtapleural nodules was included in the segmentation. Another graph cut segmentation approach is the one developed in [9], which uses Gaussian mixture models (GMMs) and expectation maximization (EM). After a noise-removal Gaussian smoothing, a graph representing the image is constructed, then the min-cut/max-flow algorithm is applied to segment it into foreground and background. For this segmentation, seed points for both regions are required. Thus, the authors applied the GMMs with aiding of the EM-MAP (Maximum a Posteriori) algorithm for parameter estimation (although K-means clustering is used for parameter initialization). This approach had an average Dice of 98.74% ± 0.70%.

Although Shen et al. proposed a bidirectional chain-code lung segmentation in [12], its focus and evaluation were based on juxtapleural nodules found in the Lung Imaging Database Consortium (LIDC) dataset. Inflation points are detected both horizontally and vertically, based on the initial segmentation. Three features from these points were extracted and used as inputs for the SVM classifier. Then, lung border is reconstructed with the positive-labeled points. Evaluation in 233 CT scans reported a inclusion rate of 92.6% (373 out of 406 juxtapleural nodules), with averages of under- and over-segmentation of 2.4% and 0.3% respectively. Also, a control feedback system based segmentation using morphology and texture was proposed in [15] for analysis of 96 patients, which 81 had presence of ILDs. This approach obtained a Dice coefficient of 98.21% ± 1.35% and 98.58% ± 1.28% for left and right lungs respectively, with an average of 95.40% for both lungs. A proposed combination of incremental and constrained non-negative matrix factorization (NMF), named incremental constrained NMF (ICNMF), was experimented with pathological-simulated lung phantoms and also in real CT scans (a dataset with 17 cases and another from the LOLA11 challenge) [16]. Having the Dice scores of 96% and 96.5% (LOLA11 dataset), the technique had shown its robustness although, as stated by the authors, exclusion of nine dense pathological scans resulted in an increasing of its score to 98.6%, which would suggest a lower performance in cases of this pattern.

Soliman et al. [17] segmented the lungs through adaptive shape model, Linear Combination of Discrete Gaussian (LCDG) and Markov-Gibbs Random Fields (MGRF). Several versions of an original CT scan are generated by Gaussian scale space filtering then, together with the original image, used as inputs for the proposed method. Each one of these scans are subjected to the generation of first (LCDG) and second-order models (spatially uniform MGRF), then combined with shape priors. At last, a majority rule merging results into the final segmentation. Attaining Dice coefficients of 98.4% ± 1.0% and 99.0% ± 0.5%, for the UoLDB (in-house) and VESSEL12 datasets respectively, and an overlap of 98.0% ± 7.5% for the LOLA11 dataset, being ranked first in this competition. Following the popularity of deep learning models in recent years, also in segmentation with fully convolutional networks (FCN), Harrison et al. [10] proposed the P-HNN (progressive holistically-nested networks) model, a FCN-based approach which uses a progressive multi-path scheme to refine its results, aiming pathological lung segmentation. Experiments were conducted in three datasets: from LTRC (Lung Tissue Research Consortium), HUG-ILD and an infection-based dataset from NIH (National Institutes of Health). Respectively, Dice scores of 98.7% ± 0.5%, 97.9% ± 1.0% and 96.9% ± 3.4% were attained. Table I summarizes the works reported above.

### TABLE I
SUMMARY OF RELATED WORKS IN DIFFERENT DATASETS

| Work | Year | Dataset | Results |
|------|------|---------|---------|
| [11] | 2011 | LOLA11  | 97.3% overlap |
| [12] | 2011 | LOLA11  | 97% overlap |
| [13] | 2012 | Private | DSC of 97.5% ± 0.6% |
| [13] | 2013 | Private | IoU of 97.68% ± 1.05% |
| [13] | 2014 | Various | 95.95% ± 0.34% and 96.27% ± 10.58% from 1st and 2nd observers |
| [13] | 2014 | Private | IoU of 95.81% ± 0.89% |
| [13] | 2015 | Private | DSC of 98.74% ± 0.70% |
| [13] | 2015 | LIDC | Inclusion rate of 92.6% |
| [13] | 2016 | Private | DSC of 98.21% ± 1.35% and 98.58% ± 1.28% for left and right lungs. Average of 95.40% |
| [13] | 2017 | UoLDB | DSC of 98.4% ± 1.0% |
| [13] | 2017 | VESSEL12 | DSC of 99.0% ± 0.5% |
| [13] | 2017 | LOLA11 | DSC of 98.0% ± 7.5% |
| [13] | 2017 | LTRC | DSC of 98.7% ± 0.5% |
| [13] | 2017 | HUG-ILD | DSC of 97.9% ± 1.0% |
| [13] | 2017 | NIH | DSC of 96.9% ± 3.4% |
Most works employed specific techniques which may not generalize to deviations from the studied samples, mainly without the presence of ILD cases. Although some works applied techniques in pathological lungs, further work is necessary to improve segmentation, since working on dense pathologies is still a challenge. Besides, popularity and promising results by deep learning approaches in many areas would incentive additional application in medical research. Hence, we propose a fully convolutional network based lung segmentation, which aims not only to segment healthy lungs, but also adapts to dense pathologies, correctly segmenting the lung region with application of more general and straightforward methods.

In the next sections, we present the methodology of our work and the results obtained. Section II briefly describes the datasets studied. Our lung segmentation approach is presented in Section III, then details about experiments and the results achieved by them in Section IV. Finally, Section V concludes our study.

II. DATASETS

In this section, a briefly description of the datasets used in our experiments is presented.

A. HUG-ILD

Cases of interstitial lung diseases (ILDs) were publicly available in a dataset built at the University Hospitals of Geneva (HUG) [18], motivating further studies about ILDs (in this paper, we will be referring it as HUG-ILD dataset). Compromised of 128 patients and 108 annotated CT series, the HUG-ILD dataset contains diagnosis from 13 ILDs, providing more variability. One thing to note is, despite the high number of annotated CT series, they have small quantity of slices (less than 100). Some examples are shown in Figure 1. Also, one case had half of its ground-truths blank, so these slices were removed from the experiments.

Fig. 1. Examples of pathological images in the HUG-ILD dataset.

B. VESSEL12

The VESSEL SEgmentation in the Lung 2012 (VESSEL12) challenge [19] was proposed for the evaluation of both semi- and automatic methods for lungs’ blood vessel segmentation in CT scans. A total of 20 scans were available for testing (plus three as examples). These methods would perform vessel segmentation and then their resulted annotations submitted to an online platform for validation. To aid vessel segmentation, annotated lung masks were included. Scans have an average of 432 slices (examples in Figure 2).

Fig. 2. Some slices from VESSEL12 dataset.

III. LUNG SEGMENTATION WITH FCN AND CRF

In the last years, usage of deep learning models is increasing and evolving to solve computer vision problems. These problems include object detection, biometric recognition and semantic segmentation. Long et al. [20] popularized the usage of convolutional networks for semantic segmentation (e.g. Figure 3) with their work, presenting a fully convolutional network (FCN) with a skip architecture. FCN replaces the usage of fully connected layers with fully convolutional ones. Many latter segmentation works were based on this technique. Other approaches like deconvolution, unpooling, dilated convolution and multi-path refinement were also implemented in these models to enhance segmentation [21].

Fig. 3. Semantic segmentation using convolutional networks. Extracted from [21].

To better understand how FCNs work and their qualities, we first briefly explain what are convolutional networks. Also know as convnets, they are networks composed mainly by convolution layers, besides the presence of pooling and fully
connected layers. Convnets “learn” the patterns of local regions in their convolution layers, applying convolutions in the image with a specific-size kernel, which its weights are tuned by feed-forward computation and back propagation. Also, pooling layers are employed to reduce the size of convolutional layer’s output, increasing the area of effect of convolutions in latter layers, thus obtaining more global features. FCNs are networks composed of convolution layers with the absence of fully connected ones. One can transform a convnet into a FCN by converting its fully connected layers into fully convolutional layers (e.g. shown in Figure 4).

Shelhamer et al. [21] extended their previous paper [20] about a FCN for pixel-wise prediction which adapts a pre-trained classification network with a skip architecture. A classification network, like the VGG16, is then extended using skip layers for pixel-wise prediction. Information of pooling layers (pool3 and 4) is combined with the last convolution layer (conv7), obtaining coarse and fine details to correctly predict local information based on the image structure. Figure 5 illustrates the skip architecture using VGG16. As we can see, shallow layers are used in combination with more deeper layers to refine the segmentation (producing the FCN16 and FCN8 models), as using only the final layers would result in coarser segmentations (FCN32 model).

The problem is that the output of these layers have different sizes and, since layer fusion is a element-wise operation, both outputs need to have the same shape. They solve this by scaling the smaller output to the larger, and cropping it to keep the same aspect ratio (if padding removed it). FCN8, the model used in this work, has three skip layers, combining information from pool4, pool5 and conv7 layers (shown in Figure 3). After this fusion, the final prediction output is upscaled to the image original resolution and then a per-pixel softmax outputs the probabilities of each pixel being part of the lungs or not. Figure 9 presents a CT slice, used as FCN input, and the corresponding output of the lung class, with its probabilities rescaled to better visualize the result obtained.

Despite the robustness of this technique, an enhancement in this initial segmentation can be employed to refine the outcome. Further improvements of the FCN for semantic segmentation refined their results with the Conditional Random Fields (CRFs), such as the DeepLab [22], which also implements the efficient dense CRF proposed in [23] by Krahenbuhl and Koltun. They propose a fully connected CRF using Gaussian edge potentials for fast and reliable inference through a mean field approximation based approach, described below. In the context of CRFs, energy function can be defined as a sum of unary and pairwise potentials:

$$E(x) = \sum_i \psi_u(x_i) + \sum_{i,j} \psi_p(x_i, x_j).$$

As a post-processing step for FCN segmentation, unary potentials can be treated as the probability maps from softmax’s output (more precisely, the negative log of the probability). As for the pairwise potentials, it models relationships between neighborhood, which may be color independent (smoothness kernel) or dependent (appearance kernel). Pairwise potential can be defined as follows:

$$\psi_p(x_i, x_j) = \omega_1 \exp\left(-\frac{||p_i - p_j||^2}{2\sigma^2} - \frac{||I_i - I_j||^2}{2\sigma^2}\right) + \omega_2 \exp\left(-\frac{||p_i - p_j||^2}{2\sigma^2}\right).$$

Then, we find the likely correct assignment (true labels) through a distribution $P(x)$, where $P(x) = \exp(-E(x))$. This distribution can be close calculated using a mean-field
approximation, which generates a distribution $Q(x)$. The idea is to minimize the KL-divergence between $P(x)$ and $Q(x)$. Each iteration of the mean field executes a message passing step, a compatibility transform and then a local update, until convergence. Through experiments, a optimal value of 10 iterations was proposed. More details about the computation by the mean field approximation are explained in the original article [24].

Using the probabilities of being in the lung and non-lung classes computed by the FCN, we apply the fully connected CRF to analyze relationships in neighborhood and increase classes computed by the FCN, we apply the fully connected article [24].

Through experiments, we verified that exclusion of the color independent term (smoothness kernel) in the pairwise potential improved segmentation, so we only utilized the appearance kernel in the post-processing step. For the CRF parameters, the values of $\omega_1 = 3$, $\sigma_\alpha = 5$ and $\sigma_\beta = 26$ contributed most to enhance segmentation. Moreover, inference is executed with 10 iterations (which as also the default value in [23]).

Similar to works reported in Section I-A we evaluate our proposed segmentation with the Dice similarity coefficient (DSC) [26]. The Dice coefficient is the spatial overlap score between two sets (e.g. ground truth and proposed segmentation). Given the number of true positives (TP), true negatives (TN), false positives (FP) and false negatives (FN) for each pixel in the CT scan, DSC can be calculated using the Equation 3 described below:

$$DSC = \frac{2TP}{2TP + FP + FN}$$

This coefficient is report for each patient (i.e. 3D score). For each fold, its DSC is reported as the average Dice between all cases. Final score for the dataset is the average Dice of cases from the entire dataset.

Both datasets have their particularities and can influence our model in different ways. Thus, we present a three-part experiment pipeline to evaluate our proposal detailed. These three main experiments are explained in the subsections below, also with their results and discoveries found.

A. Experiment 1: Individual Data Set Training

In this first experiment, we focus on analyzing the generalization of our model in each dataset individually. The general idea in this experiment is to evaluate each dataset with only their data, for individual study, as one dataset consists mainly of healthy lungs and other of interstitial diseases. Inclusion of data with different characteristics may affect (positively or negatively) overall segmentation. This mixing will be evaluate in latter experiments.

Table II shows the scores obtained in the 5-fold evaluation of HUG-ILD and VESSEL12 datasets individually. Mean scores using FCN without and with CRF are reported for each fold, then for the entire dataset.

|          | HUG-ILD Dataset | VESSEL12 Dataset |
|----------|----------------|-----------------|
|          | w/o CRF (%)   | w/ CRF (%)   | w/o CRF (%)   | w/ CRF (%)   |
| 1        | 98.57 ± 0.89  | 98.82 ± 0.96  | 98.81 ± 0.79  | 99.11 ± 0.60 |
| 2        | 98.49 ± 0.93  | 98.78 ± 0.93  | 99.18 ± 0.28  | 99.38 ± 0.19 |
| 3        | 98.46 ± 0.80  | 98.73 ± 0.77  | 98.68 ± 0.55  | 98.89 ± 0.58 |
| 4        | 98.06 ± 1.12  | 98.31 ± 1.16  | 99.26 ± 0.15  | 99.45 ± 0.14 |
| 5        | 98.42 ± 0.77  | 98.71 ± 0.79  | 98.94 ± 0.58  | 99.10 ± 0.62 |
| ALL      | 98.40 ± 0.91  | 98.67 ± 0.94  | 98.98 ± 0.51  | 99.19 ± 0.47 |

As we can see, employed of the fully connected CRF improved overall scores for both datasets, with extremely statistically significant ($p < 0.0001$). In the HUG-ILD, Fold #4 had the lowest mean and highest standard deviation between all folds. Application of CRF reduced the number of cases with $DSC < 97\%$ from five to three, although two remained with scores below 96% (95.6729% → 95.8967% and...
95.6306% → 95.6326%). Fold #1 achieved the best results, with only two cases lower than 97% (but higher than 96%). Figure 7 illustrates two segmentations from this dataset. Pixels in green are the true positives, red are false positives and pixels in cyan are ground-truth pixels not segmented by our approach. As for the VESSEL12 (examples in Figure 8), a thing to note is that Fold #1 not only improved its DSC average with CRF, but also its standard deviation, enhancing greatly the segmentation in its worst case (97.75% → 98.29%).

Comparing with other state-of-the-art works, we improved significantly the results in the HUG-ILD dataset if compared with the P-HNN approach [10], which had a Dice score of 97.9% ± 1% against 98.40% ± 0.91% of the FCN only (p < 0.001) and 98.67% ± 0.94% from the FCN+CRF approach (p < 0.0001). Despite having a higher mean and lower standard deviation, our FCN+CRF approach in the VESSEL12 dataset was not significantly different from [17], which achieved a DSC of 99.0% ± 0.5% (p > 0.05).

B. Experiment 2: Swapping Datasets

The purpose of this experiment is to analyze variations by using a different testing dataset, not only to check the inter-site differences, but also the peculiarities in a lung pathological dataset. Although the HUG-ILD dataset has slices without pathologies, low quantities may affect results in the VESSEL12 dataset. Table III shows the results obtained using models from the other dataset with FCN and FCN+CRF.

In general, every model from this experiment had inferior scores than the former, although their average did not decreased greatly. As a negative point in convolutional networks, usage of a model trained with highly different samples from the evaluated cases contributed to the high standard deviations, since the model did not learned to predict cases resembling them. This data-dependence can be a problem, though inclusion of sample from new types (e.g. interstitial diseases, tumors, different lung shapes, etc) may reduce or eliminate this behavior. Thus, we present in next subsection an investigation about this solution proposal.

C. Experiment 3: Combination of datasets

In our third and final experiment, we combined the datasets to investigate the influences of a great quantity (from VESSEL12) and variability (from HUG-ILD) of thoracic CT slices. As the former has roughly three times the number of slices than the latter, we selected, for each epoch, only one third of the VESSEL12 dataset for training (the entire dataset is used every three epochs), balancing the influence of both datasets. Table IV presents the results from the combined model evaluated in the HUG-ILD and VESSEL12 datasets.

Despite the fact that state-of-the-art results were achieved, some slices were badly segmented. Examples of bad segmentations in our approach are shown in Figure 2 with correct segmentation in green, and FPs and FNs as red and cyan, respectively. Problems like exclusion of pathological regions, removal of borders and thin regions, and incorporation of incorrect regions, like trachea and parts outside the thorax, were found. Also, uncertain results like regions possibly from...
the lungs not in the ground-truth (Figures 9a and 9d) and inclusion of bronchi in one slice and not in another (Figures 9e and 9f respectively) may attest as why [10] stated errors in HUG-ILD ground-truths.

Compared with using the generated model from each dataset (first experiment), results using the combined model were similar. Thus, this approach may present more reliable results if used in different datasets, since learned well features from both datasets. Table V shows results obtained from our experiments compared with the P-HNN approach [10].

Comparison of our models and the work realized by [17] in the VESSEL12 dataset is presented in Table VI.

V. CONCLUSION

A lung segmentation work using fully convolutional networks with post-processing conditional random field applied in ILD and non-ILD datasets is presented in this paper. In this approach, we used the FCN8 with the VGG16 model to generated the lung segmentation, then analyzed the influence of a
fully connected CRF with Gaussian edge potentials as a post-processing step. Datasets with different patterns (e.g., healthy lungs, cancerous ones, interstitial diseases) were employed in experiments to evaluate generalization of the proposed models. Experiments demonstrated its capability, obtaining a Dice score of $98.67\% \pm 0.94\%$ in the HUG-ILD dataset, outperforming state-of-the-art works ($p < 0.0001$), and obtained similar results with a Dice of $99.19\% \pm 0.37\%$ in the VESSEL12 ($p > 0.05$, though had a higher mean and lower standard deviation). Further experiments using different and more variable samples are encouraged to assess its reliability. Also, usage of other classification networks like ResNet and newer versions of the Inception, combined with enhancements in the skip architecture, may lead to improvements.

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