DIFFERENT DYNAMICS OF SENSORY-MOTOR DEVELOPMENT AND BEHAVIOR DURING THE TRANSITIONAL PERIOD IN PUPPIES: PRELIMINARY RESULTS

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ABSTRACT

Many studies have analyzed the behavior of puppies during their socialization period, while little attention has been paid to the transitional period, when vision and hearing develop. Here, we compared the average age of sensory and motor development, and the behavior among a total of 25 puppies. Each litter was videotaped during 1-hour daily sessions on postnatal days 10-21 and coded for the following mutually exclusive behavioral categories: sleeping, suckling and moving. The moving category included side-to-side head swinging, exploring, rolling and allogrooming. The opening of the eyelids, appearance of the startle response and ability to stand up with either the front or hind legs were identified. The duration and frequency of puppy behaviors varied significantly with breed and season of birth. Breed and gender differences in gross motor and sensory development were also observed. These findings may turn out to be crucial to enhance the welfare, standards of rearing, and behavioral interventions aimed at improving adaptability to novel stimuli in pet dogs.

Key words: behavior, development, transitional period, puppies, dog

INTRODUCTION

Currently, there are estimated to be 77.8 million registered dogs in the US and 81 million dogs in Europe (Statista 2015). Just as humans can develop close bonds of affection with other people, so too they develop strong emotional ties with their dogs (1). For many people, the idea of family extends beyond just humans to also include pets. In fact, 93.3% of owners regard their pet as a family member, and particularly like a child (2, 3). Along with this comes a growing interest among dog owners and scientists in issues of canine welfare. A good start to ensuring the welfare of an animal is to focus on discreet measurable parameters, such as measures of physiological functioning and incidence of behaviors (4). According to Plomin and Asbury (5), the combination of genetics, environment and experience during sensitive periods may affect the physiology and behavior of puppies, having neuroendocrine, behavioral or epigenetic consequences that may persist throughout life. Sensitive periods are of particular importance to canine behavior scientists and consultants, because they represent periods in development during which certain capacities are readily shaped or altered by experience. Six sensitive periods, including the prenatal period, neonatal period, transitional period, socialization period, juvenile period and adult period, in domestic canine development have been described (6, 7). While the socialization period, during which the puppy becomes accustomed to its own environment, has been and still is of great interest to researchers in the field of ethology (8), up to date very little research has examined the transitional period. This is a phase during which healthy puppies show a predictable pattern of rapid behavioral changes and states, sensory abilities, and physiologic
adaptations. As their sensory organs develop, puppies begin to be bombarded by a multitude of stimuli (9) and their ability to perceive the outside world and to process information increases dramatically (10). During this period, puppies start to explore their environment and to interact with social and environmental stimuli. Consequently, the environment must provide adequate amounts, types, and timing of stimulation. Animal based research suggests that poor or little sensory exposure at this time can result in reduced sensory capacity (11) and modifications of normal patterns of postnatal sensory experience can have significant effects on early brain growth and development (12, 13). Overall, this can ultimately affect the ability of puppies to demonstrate adaptability to novel stimuli and good social skills as adults, which in turn may lead to the development of behaviors which are commonly perceived as problematic to their owners (3). Unfortunately, a large proportion of dogs are given to rescue organizations because of the owner’s perception of the animal having problematic behaviors (14). It therefore becomes imperative to learn more about how and when exactly the behavioral and sensory systems become functional in postnatal development and to explore the potential benefits of addressing these notions to promote successful puppy breeding, rearing and ownership.

The transitional period is typically designated as beginning with the opening of the eyelids and ending when the startle response appears (10). It is worth reminding that the various sensory systems do not become functional at the same time in prenatal and postnatal development, and this asynchronous activation likely has significant consequences for the course of early postnatal perceptual development (15). Moreover, much remains to be learned about links between the order and timing of early sensory experience and postnatal perceptual processing (16).

Developmentally, with growth the sensory acuity increases, the muscles become stronger and more functional, and the central nervous system matures. All these improvements cause the motor responses to become better organized and behaviors being even more complex and under voluntary control. Vice versa, increased behavioral activity stimulates the development of new synapses, thus strengthening neural pathways (17).

The present study addressed this issue by analyzing the three behavioral categories (sleeping, suckling, moving) that are reliably recognized in puppies during the transitional period, as well as their sensory-motor development. The objective was to explore these patterns and to examine whether and how they differed by breed, gender, litter size and season of birth of puppies.

**MATERIAL AND METHODS**

*Animals*

Observations of puppies were conducted on 5 different litters with no kinship (2 of Jack Russell terriers and 3 of Beagles), through continuous video recordings on postnatal days 10 to 21. All of the dogs in this study (a total of 25 pups: 13 males and 12 females) were from the same official breeder, that complies with the Dog Breeder Code of Ethics provided by the Italian Kennel Club E.N.C.I. (18), which establishes both standards and guidelines for the ownership, breeding, and sales of the dogs. Main characteristics of litter data are reported in Table 1.

The females were all multiparous and between 2 and 8 years old (average 5.2 ± 1.2 SEM), and the litter sizes varied from 2 to 7 (average 5 ± 0.9 SEM). The puppies were all conceived naturally and were born by natural birth. Females stayed with their pups in fostering rooms which included both an indoor whelping area (2x1.5 m) and an outdoor

| Number | Breed                  | Sex   | Season |
|--------|------------------------|-------|--------|
| 4      | Beagle                 | male  | spring |
| 4      | Beagle                 | female| spring |
| 4      | Beagle                 | female| summer |
| 4      | Jack Russell terrier   | male  | spring |
| 3      | Jack Russell terrier   | female| spring |
| 5      | Jack Russell terrier   | male  | summer |
| 1      | Jack Russell terrier   | female| summer |
space (4x2 m), until puppies were weaned at the age of eight weeks. The outdoor environment was adequately protected against bad weather and direct sunlight. All the puppies were gently handled daily, as this practice has been shown to have beneficial effects on the emotional development and welfare of the puppy (19, 20).

Observation and recording procedure of puppies
Behavior was recorded continuously for all litters by an experimenter with a digital camera, and video files were stored for later analysis offline. Behavioral recordings were done using animal focal sampling during 1-hour daily sessions in the morning (10:00 a.m.), while the pups were mainly confined to the pup box. This observation schedule provided 12 h of continuous recordings per litter. Analysis of behavior was carried out using the Observer XT software package (Noldus Information Technology, 6702 EA Wageningen, The Netherlands). We identified three mutually exclusive behavioral categories, namely sleeping, suckling and moving (Table 2). The behaviors of each single puppy were analyzed in terms of relative frequency (rate per minute) and duration. The age of onset of eyelid opening, startle response to auditory stimuli and puppy’s ability to support its weight on either the forelimbs or all four legs were measured. Startle tests were conducted by startling the pups with a handclap. A positive response was marked by a sudden abduction of the limbs, flexion on the head and blinking of the eyes after startling (21). After the startle event, the experimenter handled the puppy gently, with petting and soothing voice. In order to avoid interference with the behavioral observations, the test was always performed at the end of the 1-hour recording session.

Intra-observer reliability of the experimenter who analyzed the videos was computed by coding of independent samples of videotaped sessions twice several weeks apart and calculating the percentage of agreement (22), which revealed a kappa value of 0.85 (95% CI: 0.81-0.92).

Statistical analysis
Statistical analysis was performed using IBM SPSS Statistics for Windows, version 24.0 (IBM Corp, Armonk, NY). All data were analyzed through nonparametric statistical tests. The Kruskal–Wallis test for multiple comparisons and the Mann-Whitney U-test with the Bonferroni correction for pairwise comparisons were used to analyze sex, breed and season of birth differences in the duration of behaviors, as well as age at onset of sensory-motor development. Pearson χ² test of independence was applied in 2x2 contingency tables to compare breed differences in the prevalence of behaviors. Values are expressed as the mean ± SEM. P values ≤ 0.05 and ≤ 0.01 were deemed statistically significant and highly significant, respectively.

RESULTS
Sensory-motor development
Table 3 shows the mean age at which puppies exhibited eyelid unsealing, onset of auditory function and ability of getting up on either the front or hind legs. On average, puppies opened their eyes and started getting up on front legs 12 days after birth, whereas they started getting up on hind legs and startled to noise 17 to 18 days after birth.

Nonparametric Mann-Whitney U comparisons revealed a pattern of within-breed effects on timing of sense and motor skill development (Fig.1). In particular, Beagles could be distinguished by earlier onset of the acoustic reflex and delayed motor skill development compared to Jack Russel terriers.

Table 2. Behavioral variables recorded during the study

| Category   | Behaviors                        | Description                                           |
|------------|----------------------------------|-------------------------------------------------------|
| Sleeping   | -                                | lying either in lateral, sternal or dorsal recumbency; eyes are closed |
| Suckling   | -                                | nipple grasping accompanied by forelimb thrusting      |
| Moving:    | side-to-side swinging head swinging | swinging the head from side to side, occasionally moving the front legs |
|            | exploring                        | moving slowly, apparently sniffing or mouthing/ sniffing the environment |
|            | rolling around                   | rolling around on the floor                           |
|            | allogrooming                     | two or more individuals interacting, especially licking the anogenital region |
In Beagles, but not in Jack Russell terriers, from the day of occurrence of the acoustic reflex onward moving bouts became significantly (P = 0.001) longer (347.82 ± 43.70 sec) compared to previous days (184.33 ± 16.67 sec). A significant sex-difference in the mean age of eye opening was found: females had their onset earlier than males (11.37 ± 0.28 days versus 12.64 ± 0.14 days, P = 0.026). No significant effect was found for litter size.

Behaviors

Nonparametric within-breed comparisons revealed that Jack Russell terriers displayed longer suckling (295.11 ± 15.7 sec) and more frequent sleeping bouts (0.2 ± 0.0 acts per minute) than did Beagle puppies (suckling: 219.6 ± 16.0 sec, P = 0.001; sleeping bouts 0.11 ± 0.0 acts per minute, P = 0.048) (Fig. 2, 3). Moreover, Jack Russell terriers displayed sleeping episodes immediately after suckling (50.3%) significantly more frequently than Beagles (40%) (χ² = 6.325 on 1 df, P = 0.012). In other words, Jack Russell terriers seemed to be relaxed, slow feeders; they did nurse more than Beagles, falling asleep frequently.

Beagles were more active than Jack Russell terriers, as they spent more time moving (239.53 ± 14.91 sec vs 135.66 ± 22.84 sec, P = 0.003) and all moving behaviors were also significantly more frequent than in Jack Russell terriers (Table 4).

The variable “season” had a statistically significant effect on suckling, sleeping and moving. Puppies born in spring had longer suckling bouts than those born in summer (366.00 ± 19.36 sec vs 262.99 ± 17.64 sec, P = 0.012). They also had longer (939.84 ± 29.31 sec vs 872.31 ± 23.16 sec, P = 0.040) but less frequent sleeping episodes (0.094 ± 0.00 act/min vs 0.129 ± 0.00 act/min, P = 0.002). Moreover, spring puppies spent longer periods moving than summer puppies (219.00 ± 15.70 vs 128.47 ± 26.67, P = 0.003), though again less frequently (0.083 ± 0.004 act/min vs 0.102 ± 0.008 act/min, P = 0.003).

Table 3. Mean age of sensory-motor development

| Senses and mobility          | Age (days) |                |                |
|------------------------------|------------|----------------|----------------|
|                              | Mean ± SEM | Minimum - Maximum | Minimum - Maximum |
| Eyelid opening               | 12.12 ± 0.18 | 10-13           |                |
| Startle response             | 18.70 ± 0.18 | 17-20           |                |
| Getting up on front legs     | 12.20 ± 0.25 | 10-14           |                |
| Getting up on hind legs      | 17.16 ± 0.18 | 15-19           |                |

SEM, standard error of the mean
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**Figure 2.** Breed differences in the time spent by all the puppies, expressed in seconds, in the three behavioral categories. Mann-Whitney U-test with the Bonferroni correction used (P ≤ 0.001)

**Figure 3.** Breed differences in mean frequency of behaviors. Mann-Whitney U-test with the Bonferroni correction used (P ≤ 0.001)

**Table 4.** Breed differences in mean relative frequency (rate per minute) of moving behaviors

| Moving Behaviors       | Breed                | Rate per minute | Mann-Whitney | U-test P (two-sided) |
|------------------------|----------------------|-----------------|--------------|----------------------|
|                        |                      | Mean    | SEM       |                      |
| Exploring              | Beagle               | 0.11    | 0.0       | 0.001                |
|                        | Jack Russell Terrier | 0.06    | 0.0       |                      |
| Side-to-side head swinging | Beagle               | 0.10    | 0.0       | 0.001                |
|                        | Jack Russell Terrier | 0.08    | 0.0       |                      |
| Grooming               | Beagle               | 0.08    | 0.0       | 0.012                |
|                        | Jack Russell Terrier | 0.06    | 0.0       |                      |
| Rolling around         | Beagle               | 0.08    | 0.0       | 0.001                |
|                        | Jack Russell Terrier | 0.04    | 0.0       |                      |

SEM, standard error of the mean.
DISCUSSION

We investigated the puppy’s perceptual and motor development and behavior during the transitional period, and whether there were significant differences between sexes, breeds and spring versus summer-born puppies. In the current study, based on the mean age at which puppies’ eyes unsealed and the startle reflex occurred, the time range was 12-19 days, which is quite in line with what other investigators have reported (9; 10; 23; 24). However, the pups showed significantly different timings and patterns. Opening of the eyes occurred significantly earlier in females than in males. Sex differences have been reported in several facets of infant vision, with girls preceding boys in the maturation of visual acuity (25), and evoked responses to changes in the visual pattern (26). It should be noticed, however, that these early sex differences in maturation of visual processes are transient and appear to have no long-term consequences for behavior (27).

In light of the critical role played by the timing of early postnatal sensory development in guiding and shaping perception, learning and memory (28; 29), these findings underscore the need for additional multi-breed studies including larger number of puppies. The acoustic reflex response appeared significantly earlier in Beagles than in Jack Russel terriers.

It is worth clarifying that the onset of acoustic reflex does not exactly coincide with the beginning of a puppy’s auditory ability, that could only be highlighted using sophisticated survey methods (e.g., functional magnetic resonance imaging) (30), but with a puppy’s capacity to demonstrate it. The acoustic startle reflex is a contraction of muscles in response to a sound of high intensity which is commonly used to measure the behavioral response to sound in animals (31), and, in turn, may be used to indirectly estimate hearing sensitivity.

The auditory startle reflex has a well-known adaptive function, as it prepares the organism for situation of alert in relation to unexpected events, and is therefore responsible for protecting the individual. Recently, some studies have found couplings between human infant auditory function and the developmental processes of body movements (32, 33), particularly those socially-oriented communicative, thus pinpointing the evolutionary importance of auditory-motor interactions for development of social interactions (34). It is likely that coupling between acoustics and these movements, integrated as early as at the beginning of postnatal life, help motivate environment interaction (34). The behavioral dynamics of Beagle puppies in our study could be seen from this perspective. In fact, Beagle puppies stayed awake for longer and more frequent intervals, during which they were more explorative (e.g., exploring behavior with the head and eyes) and socially interactive with their littermates (e.g., social grooming), and these periods increased significantly precisely following the onset of auditory function. These findings suggest that movement might play a role in facilitating the maturational course of acoustic sensory. However, this potential causal relationship deserves more detailed investigation.

Moreover, in human newborns, higher neonatal activity level is positively associated with higher approach to novelty (35) in early childhood. Whether puppies’ higher activity level might meaningfully predict their later temperament is also worth investigating further.

Jack Russel terriers, in turn, had earlier gross motor development of the type associated with myelination of motor neurons, which milestones were considered here in terms of starting to stand up on the four limbs. The standing posture drives the developmental transition from crawling to walking, carrying multiple benefits to the puppy. Standing up constrains looking in other ways. As for infants, while prone or crawling, puppies mostly see the floor; but when they sit or stand up, the whole room swoops into view (36). Standing is the prelude to walking, by which puppies may cover more space more quickly, and what they gain in space and speed has implications for exploration and engagement with the surrounding environment (37). Lastly, walking provides puppies with new opportunities for actions and interactions in their social context. All in all, postural skill acquisition is important because it serves as a foundation for the development of functional skills in early life (38), being a strategy that will facilitate developmental change in perceptual, cognitive, and social domains too (39).

Childrearing practices have a profound influence on which motor skills children acquire, the age and sequence in which children acquire them, and the subsequent developmental trajectory (39). The influence should be similar in puppy dogs and deserves deeper investigation.

Jack Russel terriers exhibited a peculiar regulation of nursing, with long suckling bouts coupled with frequent sleeping. A similar infant-regulated pattern has been previously observed.
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by Dienske Van Vreeswijk (40) in chimpanzees, in which longer nursing was followed by relatively long pauses with daytime sleep. As suckling fulfills a combination of nutritional and social (comfort-related) needs, this would suggest a higher dependency upon their mother in Jack Russel terriers, compared to Beagles.

The behavioral analysis showed that, in all puppies, the suckling duration and frequency was affected by the season of birth, and so this factor would need to be taken into account in assessments of neonate puppies. In fact, the longer suckling bouts as well as the longer and less frequent sleeping episodes during spring may indicate that puppies were not bothered by the excessive heat of the summer days, when the ambient temperatures have reached higher values.

In conclusion, the transitional period represents a radical change in the newborn puppy’s living conditions and physiological functions, because it is when the puppy begins to perceive a wide array of stimuli from which give sense of the surrounding world. We found either breed, sex or season of birth-dependent differences in the sensory-motor and behavioral timing and dynamics of puppies which could affect their later processes of learning and development. Moreover, we provided potential evidence of how early movements might accelerate sensory maturation in puppies, probably by their direct effect on sensory stimulation.

This pilot study is the initial step in our research to examine the puppy’s early development and its contribution to later behavior and ability to adapt to novel stimuli, which is of relevance for appropriate puppy breeding and rearing practices, as well as for successful ownership.

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CONFLICT OF INTEREST STATEMENT

The authors declared that they have no potential conflict of interest with respect to the authorship and/or publication of this article.

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