Polymorphism of the major histocompatibility complex (MHC) influences susceptibility to experimental autoimmune encephalomyelitis (EAE) induced by myelin basic protein (MBP) in rats. Current concepts relate such influences to the capacity of class II molecules to present relevant peptides to autoreactive T cells. We have here analyzed the MHC influence on the immune response and the development of EAE after immunization with the immunodominant peptide MBP-63-88. Analysis of MHC-congenic LEWIS strains showed that RT1^a, RT1^c and RT1^1 haplotypes are permissive for disease induction, whereas RT1^d and RT1^u are resistant. All EAE responding strains showed peptide-specific proliferation and interferon (IFN)-γ secretion, but no early significant tendency to express interleukin (IL)-4 or transforming growth factor (TGF)-β mRNA in lymphocytes in response to the MBP 63–88, 7 days post immunization (p.i.). Later, 14 days p.i., peptide-specific induction of IL-4 and TGF-β occurred in RT1^l rats. Among the EAE non-responders strains, only the RT1^u rats showed an immune response to MBP 63–88. This response, however, was qualitatively different from the immune response in the EAE-susceptible strains. Thus, there was no proliferation and only moderate IFN-γ production in response to peptide, but in contrast, a significant and early peptide-induced IL-4 and TGF-β response was observed. The data suggest that the MHC-associated susceptibility to EAE is partly related to the ability to mount a TH1-like immune response while the MHC-associated EAE resistance may either be related to MBP peptide non-responsiveness or to peptide recognition and induction of a qualitatively different and disease down-regulatory immune response.
there are several lines of evidence suggesting that IFN-γ-producing T cells promote disease development (for reviews see [11, 12]) whereas IL-4- and TGF-β-producing T cells have no or possibly a down-regulating role [13-15]. It has recently been shown that cloned MBP-reactive TH1 cells but not TH2 cells transfer disease [15]. EAE down-regulatory properties of certain cytokines have been suggested from experiments in which CD4+ T cells could suppress IFN-γ producing effector T cells by producing IL-4 and TGF-β in a class II-restricted fashion [16, 17].

To specifically address the MHC association of disease susceptibility and the relevance for a possible MHC association of the cytokine pattern of the T cell response we have analyzed a series of MHC congenic LEWIS strains with the immunodominant MBP 63–88 peptide. We found that susceptibility to the disease correlated with a TH1 type of response, whereas resistance to disease was related either to an MBP peptide non-responsiveness or to an additional early appearance of a qualitatively different response with production of IL-4 and TGF-β.

2 Materials and methods

2.1 Induction and evaluation of EAE

Specific pathogen-free LEWIS-congenic strains (LEWIS, LEW1.A, LEW1.F, LEW1.N, LEW1.D, LEW1.C and LEW1.W) were originally provided by the Zentralinstitut für Versuchstiersucht (Hannover, Germany) and subsequently bred in the animals department of Biomedical Centre, Uppsala University. The rats were kept in a separate animal room under climate-controlled conditions with a 12-h light/dark cycle, housed in polystyrene cages containing wood shavings and fed standard rodent chow and water ad libitum. The rats were 8–12 weeks old and were age- and sex-matched before the experiment. During the experiment 2–3 rats were housed in each cage. The rat colonies were regularly screened for pathogens and were found to be free from common pathogens including Sendai virus, Hantaan virus, coronavirus, reovirus, cytomegalovirus and Mycoplasma pulmonis.

For induction of EAE, the MBP 63–88 peptide was used. This peptide is known to contain the immunodominant T cell epitope which has precisely been mapped to the 68–88 peptide and which contains earlier identified B cell epitopes [18]. The MBP 63–88 peptide contains the following residues (one letter code): AARTTHYGSLPQKSQR-SQDENPVVHF and represents the guinea pig MBP sequence which differs from the rat homologue at position 79 (T instead of S). This peptide was synthesized on a peptide synthesizer (model 430A; Applied Biosystems, Inc., Foster City, CA) followed by purification on HPLC employing reverse-phase chromatography on the C18 column eluted with acetonitrile gradient (0–60%) in 0.1% trifluoroacetic acid. Amino acid analyses confirmed the correct product. Another peptide of MBP (MBP 89–101) with a sequence VHFFKNIVTPRTP, used in various immunoassays, was also synthesized. Whole guinea pig MBP was prepared as described [19]. Con A was purchased from Flow (Flow Laboratories, Irvine, Scotland).

Each rat was immunized into both hind foot pads with 100 μl of an inoculum, containing in total 100 μl Freund's incomplete adjuvant (FIA; Difco, Detroit, MI), 2 mg of Mycobacterium tuberculosis (MT), 100 μl saline and 250 μg MBP 63–88.

Clinical grading was done every second day as follows: 0 = no illness, 1 = flaccid tail, 2 = moderate paraparesis, 3 = severe paraparesis, 4 = moribund state or death. Rats were killed under ether anaesthesia on day 7 or 14 post-immunization (p.i.) for various immunoassays, while four rats of each strain were observed until day 40 p.i. Popliteal and inguinal lymph node cells were dissected and lymph node cell (LNC) suspension prepared by standard techniques.

For immunohistochemical grading of the CNS inflammation, segments of the lumbar spinal cord, from 2–4 rats of most congenic strains day 14 p.i., were snap-frozen in liquid nitrogen. Cryostat sections were stained with monoclonal antibodies against a series of T lymphocytes antigens and MHC class I and II antigens as described before [20]. The noted inflammation was roughly categorized into 0 = no inflammation, + = few inflammatory infiltrates, ++ = moderate number of inflammatory infiltrates, +++ = extensive inflammation with dense distribution of foci.

2.2 T cell-mediated immunity measured by antigen-induced IFN-γ secretion and T cell proliferative response

LNC suspensions were washed twice and adjusted to 5 × 10^6 viable cells/ml in complete Dulbecco's modified Eagles medium (DMEM) (Flow Labs.) containing 1% (v/v) minimum essential medium (Flow), 50 IU/ml penicillin, 60 μg/ml streptomycin (Gibco, Paisley, Scotland), 2 mM glutamine (Flow) and 5% (v/v) heat-inactivated fetal calf serum (Gibco).

An immunospot assay that enables detection of single cells secreting IFN-γ [21] was adopted to enumerate rat IFN-γ secreting cells [22]. In principle, nitrocellulose-bottom microtiter plates (Millilitre-HAM, Millipore Co., Bedford, MA) were coated with mAb directed against rat IFN-γ (DB1, a generous gift from Dr. Peter van der Meide, TNO Primate Centre, Rijswijk, The Netherlands) [23]. LNC suspensions (200-μl aliquots, 10^6 cells/well) were added to duplicate or triplicate wells and antigens added to obtain final concentrations of 10 μg/ml of MBP 63–88 and MBP 89–101, and 5 μg of Con A. Other duplicate wells received no exogenous antigen to serve as background controls. After 48-h culture at 37°C and 7% CO2 in humid atmosphere, the cells were discarded and secreted and bound IFN-γ visualized by a rabbit polyclonal anti-rat IFN-γ antibody, biotinylated anti-rabbit IgG, avidin-biotin peroxidase staining, resulting in stained spots corresponding to single cells that had secreted the cytokine. The number of spots were enumerated and expressed as number per 10^6 plated LNC.

For measurement of antigen-induced lymphocyte proliferation, aliquots in triplicates (200μl) of LNC suspension were applied in round-bottom 96-well microtiter plates (Nunc Copenhagen, Denmark) at a cell density of 3 × 10^5
cells/ml. The different antigens were added as described above. After 60 h of incubation, the cells were pulsed for 10 h with \[{}^{3}H\]methyl-thymidine (10\mu l, 100 \mu Ci/ml; Amer- sham, Little Chalfont, GB). Cells were harvested and thymidine incorporation was counted in a \(\beta\)-scintillation counter.

### 2.3 Antigen-induced mRNA expression for IFN-\(\gamma\), IL-4 and TGF-\(\beta\)

For each sampling interval, day 7 and 14 p.i., a total of six to eight rats from each strain were used for these studies. The cultures were performed on four different occasions. Aliquots 200\mu l of LNC suspensions from individual rats of the different strains were plated in round-bottom microtiter plates at a density of \(5 \times 10^6\) LNC/ml medium. Separate cultures either received no stimulus, 10-\mu l aliquots of Con A (5 \mu g/ml) or MBP 63–88 (10\mu g/ml). We have previously shown that 24 h is an optimal stimulation time for these cytokines [24]. Thus, after 24-h incubation, cells were washed in PBS and \(10^5\) MNC from each culture were dried onto restricted areas of microscope slides (Probe On, Fisher, Scientific, Pittsbugh, PA) at room temperature. In situ hybridization was performed essentially as described by Dägerlind et al. [25], with \(35\text{S}\)-labeled synthetic oligonucleotide probes (Scandinavian Gene Synthesis AB, Köping, Sweden). The labeling was performed with \(35\text{S}\)-deoxyyadenosine 5'-\(\alpha\)-thiotriphosphate (New England Nuclear, USA) with terminal deoxynucleotidyl transferase (Amer- sham). Typically, for each cytokine, a mixture of four different oligonucleotide probes was employed in order to increase the sensitivity of the method. The oligonucleotide was obtained from GenBank through the use of the MacVector system. The rat IFN-\(\gamma\) probes (GenBank accession numbers M29315, M29316, M29317 [26]) were complementary to bases 298–345 (exon 1), 80–125 (exon 2), 303–350 (exon 3) and 180–227 (exon 4). The rat IL-4 probes (GenBank accession number X02812, [28]) were complementary to bases 1363–1410, 1457–1504, 1766–1813 and 1953–2000. Control slides were hybridized with the same total amount of radiolabeled oligonucleotide probe 891 anti-sense nucleotide sequence for rat IFN-\(\gamma\) exon 4. A constant ratio of the GC content of approximately 60% was employed. The oligonucleotide probes were approximately 48 bases long and checked for the absence of palindromes and long sequences of homology within the species against available GenBank data. After emulsion autoradiography, slides were coded, cells expressing numerous grains over their cytoplasm were counted by dark field microscopy and the results expressed as number of labeled cells per \(10^5\) plated cells. To validate this estimation of cells expressing mRNA for IFN-\(\gamma\), IL-4 and TGF-\(\beta\), three slides were selected and we counted the number of grains in 100 randomly selected cells as well as the number of grains in cells judged as positive. Counts for cells judged as positive for IFN-\(\gamma\), IL-4 and TGF-\(\beta\) were 73.2 \(\pm\) 23.6, 34.7 \(\pm\) 8.5 and 45.6 \(\pm\) 11.2 grains per cell, respectively. In cells judged negative, background count was 2.7 \(\pm\) 1.3 grain per cell for the three cytokines. This suggests a bimodal distribution of cells; cytokine negative cells with “background” grains and cytokine positive cells with numerous grains. Use of the irrelevant probe on a total of 20 slides, including lectin and MBP 63–88 stimulated cells, did not result in any cells with grains exceeding these background counts.

### 2.4 Statistical analysis

The non-parametric Mann-Whitney’s test was used.

### 3 Results

#### 3.1 MHC association with MBP 63–88-induced EAE

A survey of RT1 class II haplotypes and the EAE susceptibility is presented in Table 1. LEW1.A, LEW1.C and LEWIS developed clinical disease. A classical disease pattern was noted with onset of tail weakness, at around day 10 p.i. progressing to paresis and in some cases death, with maximum severity at days 13–15 p.i.. The rats had recovered between day 16 and 20 p.i. Four rats of each strain were observed to day 40 p.i. and no disease relapses were noted. The LEW1.C strain had a relatively mild form and not all of these rats showed neurological deficits. LEW1.D, LEW1.F, LEW1.N and LEW1.W were resistant.

Immunohistochemical studies of spinal cord were performed since it is well known that clinical signs of EAE and

| Strain | RT1 B | Clinical incidence | Mean maximum severity | Mean histological score day 14 |
|--------|--------|-------------------|----------------------|-----------------------------|
| LEW1.A | a      | 10/10             | 3.2 \(\pm\) 0.4       | +++                         |
| LEW1.C | c      | 7/9               | 1.2 \(\pm\) 0.8       | +(+)                        |
| LEW1.D | d      | 0/10              | 0                    | n.d.                        |
| LEW1.F | f      | 0/4               | 0                    | n.d.                        |
| LEWIS  | l      | 8/8               | 2.5 \(\pm\) 0.5       | +++                         |
| LEW1.N | n      | 0/6               | 0                    | 0                           |
| LEW1.W | u      | 0/10              | 0                    | 0                           |

a) Summary of alleles in rat MHC haplotypes from data review [36, 37]. RT1.B and RT1.D denotes MHC class II molecules. RT1.B corresponds to H-2A and HLA DQ in mice and humans respectively, while RT1.D corresponds to H-2E and HLA DR.

b) Data refer to rats observed until or beyond day 14.
the degree of CNS inflammation may sometimes dissociate. However, in the present experiment these two parameters roughly correlated to each other.

3.2 T cell proliferation and IFN-γ secretion

Early (7 days) or late (14 days) after immunization with the MBP 63–88 peptide, cells from draining popliteal and inguinal lymph nodes were challenged in vitro with MBP 63–88 or with MBP 89–101 as a negative control or with Con A as a positive control. The stimulations were assayed by measurement of DNA synthesis, an assay well known to reflect T cell proliferation and IFN-γ production by enumerating single cells secreting the cytokine (Figs. 1 and 2). Much higher background counts, in cultures receiving no exogenous antigen, were recorded day 7 p.i. than day 14 p.i., probably due to a more conspicuous in vivo activation at the early time interval. Statistical comparison did not reveal significant differences between MBP 63–88-induced responses at day 7 p.i.. However, at day 14 p.i., as expected, only EAE-susceptible strains (LEW1.A, LEWIS and LEW1.C) showed an MBP 63–88 peptide specific proliferative responses. These also showed the highest IFN-γ responses at both day 7 and day 14 p.i.. It is notable, however, that relative magnitudes of the immune response did not correlate with the degree of clinical disease; the LEW1.C rats developed the strongest responses but had the mildest disease. Among the EAE-resistant strains, the LEW1.W rats developed a significant IFN-γ response which was more pronounced late after immunization. There were no responses with MBP 89–101 as an antigen, while high responses to Con A were observed in all strains.

3.3 IFN-γ, IL-4 and TGF-β mRNA expression

To analyze further the quality of the responding LNC, in situ hybridization was carried out using IFN-γ-, IL-4- and
4 Discussion

We have here analyzed the role of MHC for EAE susceptibility after induction of the immunodominant MBP 63–88 peptide in a series of MHC congenic LEWIS strains. The importance of MHC could be confirmed by the finding that three (with class I1 haplotypes a, c and l) out of seven investigated congenic strains were susceptible to disease induction. Our results partly confirm previous findings obtained after immunization of LEWIS congenic strains with guinea pig spinal cord homogenate; where only LEWIS (RT11) developed clinical disease while strains with a, f, d and u were resistant [6]. In other studies it has been shown that DA rats are highly susceptible to EAE induced with guinea pig spinal cord homogenate or with MBP showing that class II genes of the a allele are permissive for disease induction although in this strain other background genes are also of great importance [5]. Thus the present

TGF-β-specific probes (Figs. 3–5). The number of IFN-γ mRNA-expressing cells appearing in response to MBP 63–88 exceeded those detected as IFN-γ secreting cells (sc) approximately tenfold. This can either be due to different sensitivities in the techniques or to the fact that not all mRNA-expressing cells eventually secreted the formed product. The relative responses between different strains were, however, fully consistent between the two techniques.

The detected number of MBP 63–88-induced IL-4 and TGF-β mRNA-expressing cells was generally much lower than that of IFN-γ mRNA-expressing cells. The most remarkable finding was that the LEW1.W strain showed the strongest activation of IL-4- and TGF-β-producing cells especially early in the immune response. Also the LEWIS strain developed a significant IL-4 and TGF-β response, but only late in the immune response.

Figure 3. Number of IFN-γ mRNA-expressing cells among draining lymph node cells exposed to MBP 63–88 compared to background (no antigen) in the different MHC congenic rat strains. The data refer to mean number of IFN-γ mRNA-expressing cells per 10⁵ lymph node cells ± SEM and is calculated from results of individual cultures from a total of six to eight rats of each strain run on four different occasions. * = p < 0.01, ** = p < 0.001, *** p < 0.0005.

Figure 4. Number of IL4 mRNA-expressing cells among draining lymph node cells (LNC) exposed to MBP 63–88 compared to background (no antigen) in the different MHC congenic rat strains. The data refer to mean numbers of IL4 mRNA-expressing cells per 10⁵ lymph node cells ± SEM and is calculated from results of individual cultures from a total of six to eight rats of each strain run on four different occasions. * = p < 0.01, ** = p < 0.001, *** p < 0.0005.
per

The data refer to mean numbers of TGF-β mRNA-expressing cells at different occasions. It was used in the a and c haplotype rats, which were found here to be susceptible. It has recently been shown that the B1 and Bα molecules display considerable differences [30] but that the class II molecules of a and c are relatively similar. Thus, Dα and Dβ share the first domains, while the Bα and Bβ first domains differ only in the Bβ chain [31]. In addition it has been reported earlier that class II-restricted T cells from rats with RT1c, in similarity with RT1b rats, recognize the MBP 63–88 peptide in an immunodominant fashion [32]. From these considerations we conclude that in all three EAE-susceptible haplotypes (a, l and c) a class II-restricted T cell activation in response to the MBP 63–88 peptide occurred.

Since IFN-γ was produced by T cells from haplotypes a, l and c, the claim that the pathogenic T cells predominantly exert TH1-like activity is supported [11, 15, 22]. However, among the responder strains, the magnitude of disease did not correlate with the number of IFN-γ-producing cells; cells from RT1b showed a more vigorous MBP 63–88 induced IFN-γ production than cells from RT1b and RT1l, despite the fact that the former strain had a milder disease course than the latter. The reason(s) for this are unclear, but it is possible that more extended studies might reveal an MHC-directed influence on production of other putative disease up- or down-regulatory cytokines such as lymphotoxin or IL-10.

Among the EAE-resistant strains we found that rats with RT1d did not mount an immune response to MBP 63–88. In initial experiments we made the same observation with the RT1b haplotype (data not shown). In contrast, the LEW1.W strain, carrying the RT1b haplotype was resistant to EAE but mounted a significant immune response to MBP 63–88. In initial experiments also the same was noted for RT1l. Of the used strains only LEW1.W showed an IL-4 and TGF-β response as early as 7 days after immunization. It is tempting to suggest that this obviously MHC-regulated feature of the immune response might be causally related to the absence of clinical EAE. Recent results from other groups support this interpretation. Direct treatment of rats with TGF-β counteracts EAE and IL-2-mediated proliferation [33]. After recovery of EAE in LEWIS rats CD4+ cells has been isolated, which secretes IL-4 and TGF-β and suppress IFN-γ mediated effects [17]. These data could explain the limitations of the disease course in the LEWIS rats and is compatible with our observation that the peptide-specific response with IL-4 and TGF-β production tends to increase later in the immune response. A new finding is that the LEW1.W strain may recognize the MBP 63–88 peptide in a way which triggers an early T cell expression of IL-4 and TGF-β mRNA, instead of mounting a pure TH1 type response. A close-to-hand explanation is that the peptide may be bound to class II molecule of the u haplotype in a different way as compared to binding in haplotypes susceptible to EAE. A different affinity, or different processing requirements, may for instance lead to a presentation of the peptide predominantly by B cells, instead of macrophage or dendritic cells leading to another type of T cell response. A role for the antigen-presenting effects by B cells is supported by recent experiments in which tolerization to EAE was achieved by specifically addressing the MBP 63–88 peptide to B cells in vivo by usage of an anti-β conjugate [34]. Moreover, an MHC influence on the quality of the T cell response has been described for the response to a peptide of type IV collagen in the mouse and in this case this influence has been located to the peptide and MHC class II molecule complex [10, 35]. The present observation is the first made of such a phenomenon in the regulation of an autoimmune disease and adds a new way how MHC association to autoimmune disease may operate. The observed skewing of the immune response in the LEW1.W strain towards IL-4 and TGF-β production may not necessarily, however, be attributed to

Figure 5. Number of TGF-β mRNA-expressing cells among draining lymph node cells (LNC) exposed to MBP 63–88 compared to background (no antigen) in the different MHC congenic rat strains. The data refer to mean numbers of TGF-β mRNA-expressing cells per 10⁶ LNC ± SEM and is calculated from results of individual cultures from a total of six to eight rats of each strain run on four different occasions. * = p < 0.01, ** = p < 0.001, *** p < 0.0005.
the class II molecule. It has earlier been postulated that the
induction of oral tolerance in rats is mediated by CD8+
T cells secreting TGF-β locally in the inflammatory region
[13]. This would imply a role for class I molecules. This is
also compatible with our observations since we have not
formally excluded a role either of polymorphism in the
MHC class I region, or of other putatively important
polymorphic genes within MHC. This will be studied by use
of F1 hybrids, MHC-recombinant strains and with MHC
class II transgenic rats.

In conclusion we have in the present communication
defined MHC association for EAE induced with the major
immunogenic peptide MBP 63–88. We have also suggested
a new mechanism by which certain MHC haplotype may
exert a suppressive influence on the susceptibility to EAE
by priming for a qualitatively different response instead of a
pure TH1 type of response which normally leads to
disease.

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