Theory for Swap Acceleration near the Glass and Jamming Transitions for Continuously Polydisperse Particles

Brito, C.; Lerner, E.; Wyart, M.

DOI
10.1103/PhysRevX.8.031050

Publication date
2018

Document Version
Final published version

Published in
Physical Review X

License
CC BY

Citation for published version (APA):
Brito, C., Lerner, E., & Wyart, M. (2018). Theory for Swap Acceleration near the Glass and Jamming Transitions for Continuously Polydisperse Particles. Physical Review X, 8(3), Article 031050. https://doi.org/10.1103/PhysRevX.8.031050

General rights
It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

Disclaimer/Complaints regulations
If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please Ask the Library: https://uba.uva.nl/en/contact, or a letter to: Library of the University of Amsterdam, Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.

UvA-DARE is a service provided by the library of the University of Amsterdam (https://dare.uva.nl)

Download date: 19 Feb 2025
Theory for Swap Acceleration near the Glass and Jamming Transitions for Continuously Polydisperse Particles

Carolina Brito,1 Edan Lerner,2 and Matthieu Wyart3

1Instituto de Física, UFRGS, 91501-970 Porto Alegre, Brazil
2Institute for Theoretical Physics, University of Amsterdam, Science Park 904, 1098 XH Amsterdam, Netherlands
3Institute of Physics, EPFL, CH-1015 Lausanne, Switzerland

(Received 16 April 2018; revised manuscript received 28 June 2018; published 27 August 2018)

SWAP algorithms can shift the glass transition to lower temperatures, a recent unexplained observation constraining the nature of this phenomenon. Here we show that SWAP dynamics is governed by an effective potential describing both particle interactions as well as their ability to change size. Requiring its stability is more demanding than for the potential energy alone. This result implies that stable configurations appear at lower energies with SWAP dynamics, and thus at lower temperatures when the liquid is cooled. The magnitude of this effect is predicted to be proportional to the width of the radii distribution, and to decrease with compression for finite-range purely repulsive interaction potentials. We test these predictions numerically and discuss the implications of our findings for the glass transition. These results are extended to the case of hard spheres where SWAP is argued to destroy metastable states of the free energy coarse grained on vibrational timescales. Our analysis unravels the soft elastic modes responsible for the speed-up induced by SWAP, and allows us to predict the structure and the vibrational properties of glass configurations reachable with SWAP. In particular, for continuously polydisperse systems we predict the jamming transition to be dramatically altered, as we confirm numerically. A surprising practical outcome of our analysis is a new algorithm that generates ultrastable glasses by a simple descent in an appropriate effective potential.

DOI: 10.1103/PhysRevX.8.031050 Subject Areas: Soft Matter, Statistical Physics

I. INTRODUCTION

Understanding the mechanisms underlying the slowing-down of the dynamics near the glass transition is a long-standing challenge in condensed matter [1,2]. Unexpectedly, SWAP algorithms [3–5] (in which particles of different radii can swap in addition to the usual moves of particle positions) were recently shown to allow for equilibration of liquids far below the glass transition temperature $T_g$ [6–9]. This discovery has practical importance, as it allows one to reach quench rates similar to experiments in glasses, and to observe numerically known phenomena (including the brittleness of metallic glasses [10]) previously very hard to reproduce computationally. For judicious choice of poly-dispersity, one finds the following. (i) The glass transition is shifted to lower temperatures: with swaps the $\alpha$-relaxation time at $T_g$ is only 2 or 3 orders of magnitude slower that in the liquid, instead of 15 orders of magnitude for regular dynamics. The slowing-down of the dynamics occurs at a lower temperature, which we refer to as $T_{SWAP}^0$. (ii) The spatial extent of dynamical correlations, which are significant near $T_g$, are greatly reduced with SWAP and occur only at $T_{SWAP}^0$. (iii) The mean squared displacements of particles on vibrational timescales increases significantly in this temperature range [8]. These observations constrain theories of the glass transition. In particular, these observations appear inconsistent with current formulations of theories based on a growing thermodynamic length scale [11]. A theory of the glass transition should explain both SWAP and non-SWAP dynamics. Goldstein [12] proposed that the glass transition is initiated by a transition in the free-energy landscape: at high temperature, the system resides near saddles, whereas below some temperature $T_0$, the dynamics can occur only by activation (whose nature is debated), and is thus much slower. In mean-field models of structural glasses such a transition in the landscape is predicted [13–16] and corresponds to a mode coupling transition where the relaxation time diverges. It was suggested that the mode coupling transition would be shifted to lower temperature with SWAP dynamics in Ref. [11], as proven...
and confirmed numerically in a mean-field model of glasses [17]. Yet, understanding the real-space mechanisms underlying the speed-up induced by SWAP in finite dimensions (where the relaxation time cannot diverge) as well as the nature of the very stable glassy configurations SWAP can reach remains a challenge.

In this work, we tackle these questions by first reviewing the equilibrium statistical mechanics theory of polydisperse systems [18,19], to show that they are equivalent to a system of identical particles that can individually deform according to a chemical potential \( \mu(R) \), where \( R \) is the particle radius. In the (practically important) case where polydispersity is continuous, \( \mu(R) \) is smooth, allowing us to define normal modes of the generalized Hessian that includes radii as degrees of freedom. We prove that requiring its stability is strictly more demanding than for the usual Hessian. Second, we show that these results stringently constrain the glassy states generated by SWAP algorithms. We illustrate this point by studying the jamming transition in soft repulsive particles, which we prove must be profoundly altered: hyperstaticity is found with an excess number of contacts \( \delta z \) with respect of the Maxwell bound \( \delta z \sim d^{1/2} > 0 \), where \( d \) characterizes the width of the radii distribution \( \rho(R) \). Although we find that the vibrational spectrum of the generalized Hessian is marginally stable with respect to soft extended modes near jamming, these modes are gapped in the regular Hessian, unlike for packings obtained with regular dynamics [20–23]. These results are verified numerically by introducing a novel algorithm performing a steepest descent in the generalized potential energy that includes \( \mu(R) \), which can generate extremely stable glasses without any activation. Third, we investigate the glass transition. We show that the inherent structures obtained after a rapid quench with the regular dynamics are unstable with respect to this new algorithm, which reaches significantly smaller energies. This result indicates that metastable states appear at lower energies with SWAP, and therefore at lower temperatures when the liquid is equilibrated. Thus the Goldstein transition must be shifted to a lower temperature with SWAP dynamics, suggesting a natural explanation for its speed-up, which specifies the collective modes facilitating the dynamics for \( T_{0}^{\text{SWAP}} < T < T_{g} \). We predict this shift to be proportional to \( \alpha \) in general, and to be inversely proportional to the distance to jamming for sufficiently compressed soft spheres. Lastly, we argue that these results apply to hard spheres as well, if the energy is replaced by a coarse-grained free-energy landscape as previously studied in Refs. [21.24–26]. We use this approach to provide a simple phase diagram where the Goldstein transition and the emergence of marginality [20] (referred to as a Gardner transition in infinite dimension [26]) can be related to structure for both SWAP and non-SWAP dynamics.

II. GRAND-CANONICAL DESCRIPTION OF POLYDISPERSE SYSTEMS

A. Effective potential

We next show that systems of polydisperse particles can be described by an effective potential that includes particles’ radii as degree of freedom, an idea first put forward in Refs. [18,19]. We consider a system of \( N \) particles with continuous polydispersity \( \rho(R) \), of width \( \alpha = \langle (R^2) - \langle R \rangle^2 \rangle^{1/2}/\langle R \rangle \). Here \( \{ R \} \) indicates the set of particle radii and \( \{ r \} \) their positions. In what follows we denote \( \langle R \rangle \equiv R_{0} \), and \( \mathcal{U}(\{ r \}, \{ R \}) \) the total potential energy in the system. In the usual view point, \( \{ r \} \) are degrees of freedom and \( \{ R \} \) are fixed parameters. We now show that there is an equivalent formulation of the problem where both \( \{ r \} \) and \( \{ R \} \) play a similar role.

We define the partition function \( Z(\{ r \}) \) annealed over the particle radii:

\[
Z(\{ r \}) = \sum_{P(\{ R \})} \exp[-\beta \mathcal{U}(\{ r \}, \{ R \})],
\]

where the sum runs over all the permutations \( P(\{ R \}) \) of the particle radii. In the thermodynamic limit, a grand-canonical formulation is equivalent, in which particles of different radii correspond to different species. The associated partition function is written as

\[
Z_{\text{GC}}(\{ r \}) = \sum_{\{ R \}} \exp\left[ -\beta \left( \mathcal{U}(\{ r \}, \{ R \}) + \sum_{i} \mu(R_{i}) \right) \right].
\]

where \( \mu(R) \) is the chemical potential of particles with radius \( R \). It is chosen such that in the thermodynamic limit, the distribution of radii that follows from Eq. (2) is

\[
\rho(R) = \frac{1}{Z} \sum_{\{ r \}, \{ R \}} \frac{1}{N} \left( \sum_{i} \delta(R - R_{i}) \right) \times \exp\left[ -\beta \left( \mathcal{U}(\{ r \}, \{ R \}) + \sum_{i} \mu(R_{i}) \right) \right].
\]

A key remark is that once Eq. (2) is integrated on particle positions \( \{ r \} \), one obtains the partition function for the coupled degrees of freedom \( \{ r \} \) and \( \{ R \} \) with an effective energy functional:

\[
\mathcal{V}(\{ r \}, \{ R \}) = \mathcal{U}(\{ r \}, \{ R \}) + \sum_{i} \mu(R_{i}).
\]

031050-2
B. Grand-canonical dynamics

According to Eqs. (2) and (4), equilibration in polydisperse systems can be reached by dynamics where both positions \(\{r\}\) and radii \(\{R\}\) evolve in time, so as to equilibrate the effective energy \(\mathcal{V}\). We shall refer to such procedures as grand-canonical dynamics. We now argue that SWAP belongs to that class in the thermodynamic limit. Indeed, if the system is very large, swapping two particles is equivalent to swapping one particle with a bath of particles of different radii. This bath is described by a chemical potential \(\mu(R)\), which must precisely be such that the polydispersity \(\rho(R)\) is maintained over time.

We see below that the effective energy landscape affecting grand-canonical dynamics (including SWAP) is profoundly different from the usual potential energy landscape affecting the normal dynamics (while all thermodynamic quantities are by construction identical, independently of the dynamics chosen). In particular, inherent structures [i.e., minima of \(\mathcal{V}(\{r\}, \{R\})\)] appear at lower potential energies for grand-canonical dynamics, as we now show using stability considerations.

C. Mechanical stability under SWAP

Let us consider inherent structures (our arguments for the energy landscape are later extended to the free-energy landscape in the case of hard spheres). In the thermodynamic limit, mechanical stability under SWAP dynamics requires \(\mathcal{V}\) to be at a minimum. Beyond the usual force balance condition, it implies:

\[
\frac{\partial \mathcal{U}}{\partial R_i} = \sum_j f_{ij} = -\frac{\partial \mu}{\partial R_i}|_{R=R_i^*},
\]

where \(f_{ij}\) are the contact forces between particle \(i\) and \(j\) (positive in our notations for repulsive forces), and \(\{R^*\}\) the particle positions and radii at the minimum. For unimodal distribution \(\rho(R)\), one expects \(\mu(R)\) to be unimodal, too. In an amorphous solid the fluctuations of the positions \(\rho\) the polydispersity \(\rho\) of order \(\alpha\) of the dynamics chosen). In particular, inherent structures [i.e., minima of \(\mathcal{V}(\{r\}, \{R\})\)] appear at lower potential energies for grand-canonical dynamics, as we now show using stability considerations.

\[
\text{III. SOFT SPHERE SYSTEMS}
\]

To illustrate these ideas, we consider soft spheres with half-sided harmonic interactions, so that

\[
\mathcal{U}(\{r\}, \{R\}) = \sum_{ij}^k \frac{1}{2} (r_{ij} - R_i - R_j)^2 \Theta(R_i + R_j - r_{ij}).
\]

where \(r_{ij}\) is the distance between particles \(i\) and \(j\), and \(\Theta(x)\) is the Heaviside step function.

A. Jamming transition for soft spheres under SWAP

When materials with such finite-range interactions are quenched to zero temperature, they can jam into a solid or not, depending on their packing fraction. At the jamming transition separating these two regimes, vibrational properties are singular [28,29], and the effects of SWAP are expected to be important, as we show next. The vibrational spectrum of the regular Hessian is strongly affected by the excess number of constraints \(\delta z\) with respect to the Maxwell threshold where the numbers of degrees of freedom and constraints match. Effective medium [30] or a variational argument [31] implies that in the absence of prestress, soft normal modes in the Hessian must be present with eigenvalues:

\[
\omega^2 = \omega^2_{SWAP} \sim \frac{k}{k_R^2}, \quad \text{for } k_R \gg k.
\]
\[ \omega^2 \sim k \delta z^2. \]  \tag{9} 

For swap with a small polydispersity \( \alpha \ll \Delta \), where we introduced the dimensionless particle overlap \( \Delta \equiv p R_i^2 / k \), then following Eq. (6) \( k_R \gg k \), and Eq. (7) applies. It implies that soft normal modes will be present at lower eigenvalues \( \omega_{SWAP}^2 \sim \delta z^2 (1 - C_0 \alpha / \Delta) \), where \( C_0 \alpha \) is a numerical constant. Prestress can be shown to shift eigenvalues of the Hessian by some amount \( \approx -C_1 k \Delta \) \cite{20,32}, leading to eigenvalues satisfying \( \omega_{SWAP}^2 \sim \delta z^2 (1 - C_0 \alpha / \Delta) - C_1 k \Delta \). Mechanical stability requires positive eigenvalues, and we obtain

\[ \delta z \geq \sqrt{\frac{C_1 \Delta}{(1 - C_0 \frac{\alpha}{\Delta})}}, \quad \text{for } \alpha \ll \Delta. \]  \tag{10} 

Equation (10) indicates that away from jamming, the relative effects of \( SWAP \) on the structure are proportional to \( \alpha / \Delta \), corresponding to the saturation of the inequalities of the kind of Eq. (10). Below, we provide numerical evidence that it is also the situation if \( SWAP \) is used, at least near jamming. Here this assumption gives an expression for \( \delta z \) which is above (but very close to, in the limit \( \alpha \ll \Delta \)) the bound for non-\( SWAP \) dynamics of Ref. [20], recovered by setting \( \alpha = 0 \). Thus, in this limit, we expect very small change of structure in the glass phase between \( SWAP \) and non-\( SWAP \) dynamics.

For \( SWAP \) with a large polydispersity \( \alpha \gg \Delta \), the situation is completely different. We then have \( k_R \ll k \); in this regime the strong interactions correspond to those between particles in contact. As far as the low-frequency end of the spectrum is concerned, these interactions can be considered to be hard constraints (i.e., \( k = \infty \)), whose number is \( N \delta z / 2 \). The dimension of the vector space satisfying such hard constraints is \( N(d + 1) - N \delta z / 2 = N(1 - \delta z / 2) \). These modes gain a finite frequency due to the presence of the weaker interactions of strength \( k_R \) associated with the change of radius. Importantly, the number of these weaker constraints left is simply the number of particles \( N \). If \( \delta z \) is small, the number of degrees of freedom \( N(1 - \delta z / 2) \) is just below the number of constraints \( N \); for this vector space we are close to the “isostatic” or Maxwell condition where the number of constraints and degrees of freedom match. Thus we can use the same results for the spectrum valid near the jamming transition introduced above. They also apply in that situation, with the only difference that the stiffness scale \( k_R \) is replaced by \( k_R \). In particular, if prestress is not accounted for, a plateau of soft modes must appear above some frequency given by Eq. (9):

\[ \omega_{SWAP}^2 \sim k_R \delta z^2 \sim k \frac{\Delta}{\alpha} \delta z^2. \]  \tag{11} 

This plateau survives up to the characteristic frequency:

\[ \omega_i \sim \sqrt{k_R} \sim \sqrt{\frac{\Delta}{\alpha}}. \]  \tag{12} 

When prestress is accounted for, eigenvalues of the Hessian are again shifted by \( \sim -k \Delta \). Mechanical stability then implies \( \Delta / a \delta z^2 > C_2 \Delta \) and

\[ \delta z \geq C_2 \sqrt{\Delta}, \quad \text{for } \Delta \ll \alpha. \]  \tag{13} 

In this regime, marginal stability [the saturation of the stability bound of Eq. (13)] implies a pressure-independent coordination, with \( \delta z \sim \sqrt{\alpha} \) and

\[ \omega_{SWAP}^2 \sim \sqrt{k \Delta}. \]  \tag{14} 

We thus predict that \( SWAP \) dynamics destroys isostaticity, and significantly affects structure and vibrations. For sufficiently large \( \alpha \), this regime will include the entire glass phase, and vibrational properties and stability will be affected in the vicinity of the glass transition (which sits at a finite distance from the jamming transition \cite{33}) as well.

Note that these predictions apply to algorithms that allow for swap moves up to the jamming threshold. This is not the case, e.g., in Ref. [34], where swaps are used to generate dense equilibrated liquids that are then quenched without swap toward jamming. We also expect isostaticity to be restored in algorithms for which the set of particle radii is strictly fixed, but only below some pressure \( p_R \) that vanishes as \( N \rightarrow \infty \), above which our predictions should apply.

### B. Numerical model

As shown in Eq. (4), \( SWAP \) dynamics is equivalent to a system of interacting particles which can individually deform. To test our predictions, we consider soft spheres as defined in Eq. (8), whose radii follow the internal potential:

\[ \mu(\{R\}) = \frac{k_R}{2} \sum_i (R_i - R_i^{(0)})^2 \left( \frac{R_i^{(0)}}{R_i} \right)^2, \]  \tag{15} 

where \( k_R \) is a characteristic stiffness. We considered a potential diverging as \( R_i \rightarrow 0 \) to avoid particles shrinking to zero size. To avoid crystallization we further considered that particles are of two types: for 50\% of them, \( R_i^{(0)} = 0.5 \), while for the others, \( R_i^{(0)} = 0.7 \). This choice leads to a bimodal distribution of size \( \rho(R) \), as shown in Fig. 1. Our model corresponds to a \( SWAP \) dynamics where swap is allowed only between particles of the same type. Note that broad monomodal distributions can be optimized to make \( SWAP \) more efficient while avoiding crystallization \cite{8}, which would be similar to having a very large \( \alpha \) in our theoretical description. The spatial dimension is \( d = 2 \) in our simulations, and \( k = 1 \) is our unit stiffness, leading to a simple relation \( \Delta = \rho \).

To study the jamming transition, we consider a pressure-controlled protocol at zero temperature described in the Appendix A1. The chemical potential of Eq. (15) must
where $\alpha$ is a parameter that controls the width $\alpha$, as shown in the inset of Fig. 1. For this bimodal distribution, $\alpha$ is defined as $\alpha = (\alpha_1 + \alpha_2)/2$, where $\alpha_1$, $\alpha_2$ are the relative width of each peak in $p(R)$. In the limit where the non-SWAP dynamics is recovered—which happens when $\alpha \to 0$—$\alpha$ and $\bar{\alpha}$ are proportional.

C. Structure and stability

Our central prediction is that for SWAP dynamics, materials must display a larger coordination to enforce stability. This prediction is verified in Fig. 2(a), which shows $\delta z$ versus $\Delta$ for various values of $\bar{\alpha}$. Isostaticity is indeed lost and the coordination converges to a plateau as $\Delta$ decreases. Strikingly, we find for the plateau value $\delta z \sim \sqrt{\Delta}$, consistent with a saturation of the stability bound of Eq. (13). This scaling behavior is implied by the scaling collapse in Fig. 2(b), which also confirms that the characteristic overlap below which swap affects the dynamics scales as $\Delta \sim \bar{\alpha}$. Overall, these results support that the numerical curves $\delta z(\Delta)$ in Fig. 2(a) correspond to the marginal stability lines under SWAP dynamics, shown for different polydispersity (see more on that below).

D. Packing fraction

For traditional dynamics, polydispersity tends to have very limited effects on the value of jamming packing fraction $\phi_J$. We confirm this result in the S.I., by showing that although our model can generate very different distributions $p(R)$, the values we obtain for $\phi_J$ cannot be distinguished if jamming is investigated using non-SWAP dynamics. However, for SWAP dynamics we expect the situation to change dramatically: since stability requires much more coordinated packings, they presumably need to be denser, too. We denote the jamming packing fraction for SWAP $\phi_c = \lim_{\Delta \to 0} \phi(\Delta)$. The inset of Fig. 3(a) confirms that $\phi_c$ increases significantly as $p(R)$ broadens. To quantify this effect we consider $\phi(\Delta, \bar{\alpha})$, as shown in the main panel. Assuming a scaling form for this quantity, and requiring that it satisfies the known results for the jamming transition for $\Delta \gg \bar{\alpha}$ implies $\phi(\Delta, \bar{\alpha}) - \phi_J = f(\Delta/\bar{\alpha}^{\beta})$, where $f(x)$ is some scaling function and $\beta = 1$. Since the coordination does not change for $\Delta \ll \bar{\alpha}$, we expect that it is true for the structure overall and for $\phi$, implying that $f(x) \sim x^0$ as $x \to 0$. These predictions are essentially confirmed in Fig. 3(b). Note, however, that the best scaling collapse is found for $\beta = 0.83 < 1$. These deviations are likely caused by finite-size effects, known to be much stronger for $\phi$ than for the coordination or vibrational properties [35], and which may thus be present for our systems of $N = 484$ particles.

E. Vibrational properties

We computed the Hessian $H_{\text{SWAP}}$ and diagonalized it (see details in S.I) to extract the density of states $D(\omega)$, as shown in Fig. 4(a) for different pressures at fixed polydispersity. As
takes place at a sizable distance form the jamming of Fig. 4(b), as expected for marginal packings if the pressure \( \omega \) is fixed. The cutoff frequency \( \Delta \) at fixed \( [20] \). Further evidence appears in Fig. 4(b), showing an increase substantially, again a signature of marginal stability.

Absence of prestress the minimal eigenvalues of the Hessian structure were marginally stable. As shown in the S.I., in the essence does not depend on \( p \), as expected, at low particle overlap \( \Delta \) two bands appear in the spectrum. The lowest-frequency band presents a plateau above some frequency scale \( \omega_{SWAP} \) which satisfies \( \omega_{SWAP} \sim \sqrt{\Delta} \), as shown in the inset of Fig. 4(a), as expected if the structure were marginally stable. As shown in the S.I., in the absence of prestress the minimal eigenvalues of the Hessian increase substantially, again a signature of marginal stability [20]. Further evidence appears in Fig. 4(b), showing \( D(\omega) \) at fixed \( \Delta = 10^{-4} \) for varying polydispersity. \( \omega_{SWAP} \) essentially does not depend on \( \tilde{a} \), as shown in the inset of Fig. 4(b), as expected for marginal packings if the pressure is fixed. The cutoff frequency \( \omega_i \) of the low-frequency plateau scales as \( \omega_i \sim \sqrt{k_R} \sim 1/\sqrt{\tilde{a}} \), as predicted above.

**IV. GLASS TRANSITION**

We now turn to the glass transition, which always takes place at a sizable distance form the jamming transition [33]: for example, for hard disks, \( \phi_p \approx 0.78 \) and \( \phi_c \approx 0.85 \). A similar difference of hard disks occurs by compressing soft spheres at overlap \( \Delta \approx 0.05 \), as illustrated in Fig. 5(d). From the arguments above, we expect that if the polydispersity is sufficiently large, vibrational properties will be strongly affected even far away from jamming, in particular, near the glass transition.

The direct consequence of this fact is that the energy landscape will be affected by SWAP, which will in turn affect the glass transition. Configurations of high energy are unstable—they reside in the vicinity of saddles with many unstable directions—whereas below some characteristic energy, minima appear. However, since stability is strictly more demanding with SWAP, this characteristic energy must be reduced when SWAP is allowed for. We prove this point in Figs. 5(a) and 5(b), where inherent structures of energy \( U_\infty \) are obtained after using a steepest descent for non-SWAP dynamics. These configurations are not stable for our generalized steepest descent that let particles deform, which leads to configurations of energy \( U_\alpha < U_\infty \). This effect is stronger near jamming in relative terms, as shown in Fig. 5(c), but remains significant away from jamming if

FIG. 4. (a) \( D(\omega) \) for different \( \Delta \) at fixed \( \tilde{a} = 10^{-3} \). Inset: \( \omega_{SWAP} \) versus \( \Delta \), where \( \omega_{SWAP} \) is extracted as \( D(\omega_{SWAP}) = 10^{-2} \). Dashed line corresponds to the marginality condition \( \omega_{SWAP} \sim \sqrt{\Delta} \). (b) \( D(\omega) \) for different \( \tilde{c} \) and fixed \( \Delta = 10^{-4} \). Inset: \( \omega_{SWAP} \) versus \( \Delta \). Dashed line is the theoretical prediction \( \omega_i \sim \sqrt{\Delta}/\sqrt{\tilde{a}} \) and the continuous line corresponds to \( \omega_{SWAP} = \sqrt{\Delta} = 0.001 \).

FIG. 5. (a) Illustration of the effect of SWAP on the energy landscape. Systems rapidly quenched with non-SWAP dynamics display an energy \( U_\infty \). These states are unstable to a steepest descent with SWAP, leading to a lower energy \( U_\alpha \): metastable states appear at lower energies with SWAP. (b) Values for \( U_\infty \) (full symbols) and \( U_\alpha \) (open symbols) as a function of the dimensionless pressure \( \Delta \) imposed during the quenches as a function of \( \tilde{a} \) as shown in the legend. The ratio \( U_\infty / U_\alpha \) is shown in (c), it is stronger near jamming but the effect remains significant important even far for jamming if the system is sufficiently polydisperse. As shown in the inset, in relative terms the shift of the energy of inherent structures \( (U_\infty - U_\alpha)/U_\alpha \) is proportional to \( \alpha \) and inversely proportional to \( \Delta \) when \( \Delta \) is large enough. (d) The packing fraction \( \phi_c \) obtained after SWAP is turned on is larger than \( \phi_c \) obtained for non-SWAP dynamics, an effect that is stronger near jamming.
the polydispersity is broad enough. It corresponds, for example, to a reduction of energy of 25% for \( \Delta = 0.05 \) for our \( \alpha = 0.06 \). We show in the inset of Fig. 5(c) that the relative shift of energy induced by SWAP \( \langle U_\infty - U_0 \rangle / \langle U_0 \rangle \) is proportional to \( \alpha \) and inversely proportional to \( \Delta \) when \( \Delta \) is large enough, consistent with what we found for the structure in Eq. (10).

Thus, as the temperature is lowered in these liquids, the Goldstein temperature where activation sets in will be smaller when SWAP is allowed for. This analysis thus predicts an entire temperature range in which the non-SWAP dynamics is slowed down by activation, whereas with SWAP dynamics the system can flow along unstable modes.

More quantitatively, we predict the shift of glass transition temperature \( T_g = T_g \) induced by SWAP to be proportional to \( \alpha \), consistent with the observation that very broad distributions lead to large SWAP effects [8]. We also predict that \( \Delta T_g / T_g \) is inversely proportional to the distance to jamming \( \Delta \) when this quantity is well defined (e.g., for soft spheres, but also to some extent for Lennard-Jones potentials [29,36]) and large enough. In real space, the unstable modes that render activation useless involve both translational degrees of freedom as well as swelling and shrinking of the particles. We show an example of such a mode in Fig. 6, corresponding to the softest mode of the generalized Hessian we obtain with parameters \( \alpha = 0.06 \) and \( \Delta = 10^{-2} \). It illustrates that the particle displacements are not necessarily divergence-free when SWAP is allowed, since the system can locally compress or expand by changing the particle sizes.

The interpretation of SWAP acceleration described above is consistent with the observation that the dynamics is less collective with SWAP at the temperature where the non-SWAP dynamics is activated, since the system can rearrange locally without jumping over barriers if there are enough unstable modes. Collective dynamics is expected only when these modes become less abundant at lower temperatures. Likewise, we expect the Debye-Waller factor to be larger with SWAP, since the vibrational spectrum is softer. Note that these arguments are not restricted to finite range interactions. We expect them to apply as well to Lennard-Jones potentials, for example, where the abundance of degrees of freedom versus the number of strong interactions is also known to affect the vibrational spectrum [29,36].

V. HARD-SPHERE SYSTEMS

Our arguments above consider the potential energy landscape. For interaction potentials which are very sharp, nonlinearities induced by thermal fluctuations are important, and the vibrational properties of a glassy configuration at finite temperature \( T \) can differ significantly from those of its inherent structure obtained by quenching it rapidly. Here we consider the extreme case of hard spheres where the energy is always zero, and cannot be used to define vibrational modes. Instead, by averaging on vibrational timescales within a glassy configuration, a local free energy can be defined [24–26], where particles that collide within that state interact with a logarithmic potential. This description is exact near jamming and systematic deviations are expected away from it [37]. However, in practice, the Hessian defined from this free energy captures well the fluctuations of particle positions and the vibrational dynamics throughout the glass phase [25]. This procedure can be pursued to include thermal effects in soft spheres as well [38].

Stability and vibrational properties can be computed in terms of this Hessian for non-SWAP dynamics [24,25]. Salient results are shown in the simplified diagram of Fig. 7. Once again, two key determinants of stability are the typical gap between interacting particles \( \hat{\Delta} \equiv T/(p R_0^2) \) relative to the particle radius, and the excess coordination \( \delta z \), where the coordination is defined from the network of particles that are colliding within a glassy state. A marginal stability line separates stable and unstable configurations, as illustrated in Fig. 7, whose asymptotic behavior follows \( \delta z \sim \hat{\Delta}^{(2+2\theta)/(6-2\theta)} \), where \( \theta \approx 0.41 \) [38]. (Strictly speaking, this line will depend slightly on the system preparation, but this dependence is expected to be modest, and is irrelevant for the present discussion.)

Under a slow compression the system follows a line [in red (Fig. 7)] in the \((\hat{\Delta}, \delta z)\) plane. Mechanical stability is reached only for some \( \hat{\Delta} < \hat{\Delta}_0 \), a characteristic onset gap where the dynamic crosses over to an activated regime where vibrational modes become stable, consistent with Goldstein’s proposal. In these materials, deeper in the glass phase the system eventually returns to the stability line, and undergoes a sequence of buckling events that leave it marginally stable [20,21,25]. Marginal stability implies the presence of soft elastic modes (that differ from Goldstone...
VI. CONCLUSION

In SWAP algorithms, the dynamics is governed by an effective potential $\mathcal{V}(\{r\}, \{R\})$ that describes both the particles’ interaction and their ability to deform. As a result, we show that vibrational and elastic properties are softened when swaps are allowed for, while thermodynamic quantities are strictly preserved (when thermal equilibrium is reached). This result supports that the crossover temperature $T_0$, where mechanical stability appears and dynamics becomes activated, must be reduced with SWAP with $T_0^{\text{SWAP}} < T_0$, leading to a natural explanation as to why the glass transition occurs then at a lower temperature $T_0^{\text{SWAP}} < T_0$. Second, SWAP must strongly affect the structure of the glass phase. This is particularly striking near the jamming transition that occurs in hard and soft spheres, where we predict that well-known key properties such as isostaticity must disappear. We confirm these predictions numerically, and find that for rapid quenches the effective potential $\mathcal{V}(\{r\}, \{R\})$ appears to be marginally stable throughout the glass phase.

Concerning the glass transition, our work does not specify the mechanism by which activation occurs in glasses, but it does support that SWAP delays the temperature where activation is required for structural relaxation, which potentially explains several previous observations of SWAP algorithms [6–9]. Possible theories to describe the mechanism by which activation occurs in glasses include elastic [41] and facilitation models [42]. We believe, however, that theories based on a growing thermodynamic barrier (induced by a growing static length $z$) will be hard to reconcile with the notion that some collective modes do not see any barriers at all [43].

Our analysis also makes additional qualitative testable predictions. By increasing continuously the width $\alpha$ of the radii distribution $\rho(R)$, we predict that $T_0^{\text{SWAP}}(\alpha)$ will smoothly decrease, while $T_0(\alpha)$ should be essentially unchanged, with $[T_0(\alpha) - T_0^{\text{SWAP}}(\alpha)]/T_0(\alpha) \propto \alpha$ and, more specifically, $\propto \alpha/\Delta$ for soft spheres. Furthermore, many studies have analyzed correlations between dynamics and vibrational modes, see, e.g., Refs. [14,15,25,46], which can be repeated to relate the SWAP dynamics to the spectrum of the effective potential $\mathcal{V}(\{r\}, \{R\})$. Near $T_0$, we predict the latter to have more abundant modes at low or negative frequencies than the much-studied Hessian of the potential energy, and its softest modes to be better predictors of further relaxation processes. Lastly, the present analysis suggests that adding additional degrees of freedom (such as changing the shape of the particles, and not only their size) will increase even further the difference between SWAP and non-SWAP dynamics.

Finally, we show that ultrastable glasses can be built on the computer, simply by descending along the effective potential $\mathcal{V}(\{r\}, \{R\})$. As illustrated in Fig. 7, these configurations must sit strictly inside the stable region of the regular dynamics (i.e., at a finite distance from the blue
The pairwise potential term reads \( U(\{r\}) \sim \bar{k} R \) around the obtained configurations does not display excess soft anomalous modes at very low frequency, even near the jamming transition: these modes are gapped. This result must hold for the ground state, too (which must be stable toward SWAP), and by continuity also for low-temperature equilibrated states. It may explain why marginal stability (and the Gardner transition leading to it) could not be observed in protocols where a thermal quench was used from SWAP-generated configurations \[47\]. It would be very interesting to see if other well-known excitations of low-temperature glassy solids are also reported to be almost absent in experimental ultra-equilibrated states. It may explain why marginal stability (and the Gardner transition leading to it) could not be observed in protocols where a thermal quench was used from SWAP-generated configurations \[47\].

**ACKNOWLEDGMENTS**

We thank L. Berthier, G. Biroli, M. Cates, M. Ediger, and F. Zamponi for discussions and E. DeGiuli for providing useful comments on the manuscript. E. L. acknowledges support from the Netherlands Organisation for Scientific Research (NWO) (Vidi Grant No. 680-47-554/3259). M. W. thanks the Swiss National Science Foundation for support under Grant No. 200021-165509 and the Simons Foundation Grant (No. 454953 Matthieu Wyart).

**APPENDIX: SUPPLEMENTAL MATERIAL**

This appendix provides (i) descriptions of the numerical model, protocols, and methods used to generate athermal packings under SWAP dynamics at different pressures, (ii) a computation of the Hessian of the potential energy, together with explanations about how prestress affects the vibrational modes, and (iii) a discussion about the effect of the radii distribution generated by SWAP dynamics on the value of the packing fraction of our athermal packings obtained while freezing the degrees of freedom associated with particles’ radii.

1. **Numerical model, protocols, and methods**

We employ systems of \( N = 484 \) particles in a square box in two dimensions. The total potential energy depends upon the particles’ coordinates \( \{r\} \) and radii \( \{R\} \), as

\[
\mathcal{V}(\{r\}, \{R\}) = U(\{r\}, \{R\}) + \mu(\{R\}). \tag{A1}
\]

The pairwise potential term reads

\[
U(\{r\}, \{R\}) = \frac{k}{2} \sum_{ij} |r_{ij} - (R_i + R_j)|^2 \Theta(R_i + R_j - r_{ij}), \tag{A2}
\]

where \( k \) is a stiffness, set to unity, \( r_{ij} \) is the distance between the \( i \)th and \( j \)th particles, and \( \Theta(x) \) is the Heaviside step function. The chemical potential associated with the radii is

\[
\mu(\{R\}) = \frac{\bar{k} R}{2} \sum_i (R_i - R_i^{(0)})^2 \left( \frac{R_i^{(0)}}{R_i} \right)^2 \equiv \bar{\mu}(R, R_i^{(0)}), \tag{A3}
\]

where \( \bar{k} R \) is the stiffness of the potential associated with the radii \( \{R\} \) that serves as a parameter in our study, and is set as described below. \( R_i^{(0)} \) denotes the intrinsic radius of the \( i \)th particle. In each configuration we randomly assigned \( R_i^{(0)} = 0.5 \) for half of the particles and \( R_i^{(0)} = 0.7 \) for the other half. The mass \( m \) of particles, and that associated with their fluctuating radii, are all set to unity. Vibrational frequencies should be understood as expressed in terms of \( \sqrt{k/m} \), and pressures in terms of \( k \).

Configurations in mechanical equilibrium at zero temperature and at a desired target pressure \( p_0 \) were generated as follows. We start by initializing systems with random particle positions at packing fraction \( \phi = 1.2 \), and set the initial radii to be \( R_i = R_i^{(0)} \). We then minimize the total potential energy \( \mathcal{V}(\{r\}, \{R\}) \) at a target dimensionless pressure \( \Delta_0 = 10^{-1} \) using a combination of the FIRE algorithm \[49\] and the Berendsen barostat \[50\]; see further discussion about the latter below. Each packing is then used as the initial conditions for sequentially generating lower-pressure packings, as demonstrated in Fig. 8. Following this protocol, we generated 1000 independent packings at each target dimensionless pressure, which ranges from \( \Delta_0 = 10^{-1} \) up to \( \Delta_0 = 10^{-5} \). For each target pressure, we set the stiffness \( \bar{k} R \) of the chemical potential of the radii

![FIG. 8. Dimensionless pressure \( \Delta \) as a function of iteration number for a packing-generating simulation starting from one particular initial condition. Each step of the staircase shape of the signal corresponds to the production of a packing at some desired target pressure. The criterion for convergence to mechanical equilibrium at each pressure is explained in the text. We produced packings ranging from \( \Delta = 10^{-1} \) to \( \Delta = 10^{-5} \).](image-url)
according to $\tilde{k}_R = p_0/\bar{a}$, and vary $\bar{a}$ systematically between $3 \times 10^{-4}$ and 1. During minimizations we calculate a characteristic net force scale $F_{\text{typ}} = (\sum_i ||\tilde{F}_i||^2/N)^{1/2}$, where $\tilde{F}_i = -\partial V/\partial \tilde{r}_i$ is the net force acting on the $i$th particle, whose coordinates are denoted by $\tilde{r}_i$. A packing is considered to be in mechanical equilibrium when $F_{\text{typ}}$ drops below $10^{-8}\Delta_0$.

a. Berendsen barostat parameter

The FIRE algorithm [49] features equations of motion which are to be integrated as in conventional MD simulations. We exploit this feature and embed the Berendsen barostat [50] in our Verlet integration scheme [51]. This amounts to scaling the simulation cell volume by a factor $\chi$, calculated as

$$\chi = 1 - \xi \delta t (\Delta_0 - \Delta),$$

where $\delta t$ is the (dynamical) integration time step, and $\xi$ is a parameter that determines how quickly the instantaneous dimensionless pressure converges to the target dimensionless pressure $\Delta_0$. Figure 9 shows the $\xi$ dependence of the convergence of the instantaneous dimensionless pressure $\Delta$ to the target value $\Delta_0$. Below $\xi = 0.01$, the behavior of $\Delta$ as a function of iteration number is similar. We therefore set $\xi = 0.01$ throughout this work.

2. Computation of $H_{\text{SWAP}}$

The total potential energy $V(\{r\}, \{R\})$ of our model system is spelled out in Eqs. (A1)–(A3). We next work out the expansion of $V$ in terms of small displacements $\delta \tilde{r}_i$ of particle positions, and small fluctuations $\delta R_i$ of the radii, about a mechanical equilibrium configuration with energy $V_0$, as

$$\delta V = V - V_0 \approx \frac{1}{2} \sum_{ij} \delta \tilde{r}_i \cdot H_{ij} \cdot \delta \tilde{r}_j + \frac{1}{2} \sum_{ij} \delta R_i Q_{ij} \delta R_j + \sum_{ij} \delta R_i T_{ij} \cdot \delta \tilde{r}_j,$$  \hspace{1cm} (A5)

where $H_{ij} \equiv \partial^2 V/\partial \tilde{r}_i \partial \tilde{r}_j$, $Q_{ij} \equiv \partial^2 V/\partial R_i \partial R_j$, and $T_{ij} \equiv \partial^2 V/\partial \tilde{r}_i \partial R_j$. The expansion given by Eq. (A5) can be written using bra-ket notation as

$$\delta V = \frac{1}{2} \langle \delta \vec{c} | H_{\text{SWAP}} | \delta \vec{c} \rangle,$$  \hspace{1cm} (A6)

where $| \delta \vec{c} \rangle$ is a $(d + 1)N$-dimensional vector which concatenates the spatial displacements $\delta \tilde{r}_i$ and the fluctuations of the radii $\delta R_i$: $(\delta \tilde{r}_1, \delta \tilde{r}_2, \ldots, \delta R_N, \delta R_1, \ldots, \delta R_N)$. The operator $H_{\text{SWAP}}$ can be written as

$$H_{\text{SWAP}} = \begin{bmatrix} [H_{Nd,Nd}] & [T_{Nd,N}] \\ [T_{N,Nd}] & [Q_{N,N}] \end{bmatrix}.$$

The elements of the submatrix $H_{Nd,Nd}$ can be written as tensors of rank $d = 2$ as

$$H_{ij} = \delta_{(ij)} \left( \frac{k(r_{ij} - R_i - R_j)}{2r_{ij}} \tilde{n}_{ij} \otimes \tilde{n}_{ij} + \frac{k}{2} \tilde{n}_{ij} \otimes \hat{n}_{ij} \right) + \delta_{ij} \delta_{(ij)} \left( \frac{k(r_{il} - R_i - R_l)}{2r_{il}} \tilde{n}_{il} \otimes \tilde{n}_{il} + \frac{k}{2} \tilde{n}_{il} \otimes \hat{n}_{il} \right),$$

where $\tilde{n}_{ij}$ is a unit vector connecting between the $i$th and $j$th particles, $\hat{n}_{ij}$ is a unit vector perpendicular to $\tilde{n}_{ij}$, $\otimes$ is the outer product, $\delta_{(ij)} = 1$ when particles $i, j$ are in contact, $\delta_{ij}$ is the Kronecker delta, and the sum is taken over all particles $l$ in contact with particle $i$. The elements of the submatrix $Q_{N,N}$ are scalars given by

$$Q_{ij} = \delta_{(ij)} k + \delta_{ij} \left( \sum_{(l)} k + \frac{\partial^2 \mu(R_i, R_i^{(0)})}{\partial R_i^2} \right).$$  \hspace{1cm} (A7)

The matrix $T_{N,Nd}$ is not diagonal, and each element can be expressed as a vector with two components given by

$$T_{ij} = -\delta_{(ij)} k \tilde{n}_{ij} - \delta_{ij} \sum_l k \hat{n}_{il}.$$  \hspace{1cm} (A8)

The eigenvectors of $H_{\text{SWAP}}$ are the normal modes of the system, and the eigenvalues are the vibrational frequencies squared $\omega^2$. The distribution of these frequencies is known as the density of states $D(\omega).$
a. Effect of the prestress on the vibrational modes

When a system of purely repulsive particles is at mechanical equilibrium, forces \( f_{ij} \) are exerted between particles in contact. These forces give rise to a term in the expansion of the energy, of the form

\[
-\frac{1}{2} \sum_{(ij)} \frac{f_{ij}}{r_{ij}} (\delta \vec{r}_j - \delta \vec{r}_i) \cdot \vec{n}_{ij},
\]

often referred to as the “prestress term.” For plane waves, it can be shown that the energy contributed by this term is very small. However, for the soft modes present when the system is close to the marginal stability limit, it can be shown that this term reduces the energy of the modes by a quantity proportional to the pressure [20]. Marginal stability corresponds to a buckling transition where the destabilizing effect of prestress exactly compensates the stabilizing effect of being overconstrained. In this scenario, where two effects compensate each other, the eigenvalue of the softest (non-Goldstone) modes of the Hessian in the absence of prestress \( \omega^2 \) must be much larger than \( \omega_s^2 \) computed when prestress is present. To demonstrate this, we have calculated the density of states for systems while including and excluding the prestress term. The results are shown in Fig. 10, where it is found that near jamming \( \omega_s^2/\omega^2 \approx 5\% \), which is consistent with what was previously found for the traditional jamming transition [21] and supports that the system is very close to (but not exactly at) marginal stability.

3. Packing fraction

In the main text we show that the jamming packing fraction \( \phi_j \) generated using the SWAP dynamics increases when \( \rho(R) \) broadens, i.e., for smaller values of the parameter \( \bar{\alpha} \) that controls the stiffness of the potential energy associated with the radii. Here we compare the dependence of the packing fraction on pressure as measured for systems in which the radii are not allowed to fluctuate. In addition, in this test we borrow the distribution of radii \( \rho(R) \) from SWAP packings generated at \( p = 10^{-4} \), and at various values of the parameter \( \bar{\alpha} \), varied between 1 to \( \infty \) (the latter corresponds to disallowing particle radii fluctuations). Packings were generated using the total potential energy as given by Eq. (A2) (with the radii \( R_i \) considered to be fixed), and using the same protocol and

![Image](https://example.com/image.png)

**FIG. 10.** Top: Density of states \( D(\omega) \) for different dimensionless pressures \( \Delta \) at fixed \( \bar{\alpha} = 10^{-3} \), with the prestress term included (dashed lines) and excluded (continuous lines). Inset: Characteristic frequencies \( \omega^* \) and \( \bar{\omega} \) (as marked in the main panel) versus \( \Delta \). Dashed line correspond to the marginality condition \( \omega^* \sim \sqrt{\Delta} \) and \( \bar{\omega} \sim \sqrt{\Delta} \). Bottom: \( D(\omega) \) for different \( \bar{\alpha} \) and fixed \( \Delta = 10^{-4} \). Note that for these curves \( \omega^*/\bar{\omega}^2 \approx 5\% \), indicating that the system is very close to marginal stability.

![Image](https://example.com/image.png)

**FIG. 11.** Packing fraction \( \phi \) as function of dimensionless pressure \( \Delta \) measured for packings in which radii are not allowed to fluctuate, and whose distribution of radii is borrowed from SWAP packings generated at \( \Delta = 10^{-4} \) and at different values of \( \bar{\alpha} \), as indicated by the legend. The inset shows an enlargement of very small dimensionless pressures, demonstrating that the value of \( \phi_j \) depends very weakly on the borrowed distribution of radii of the SWAP packings, as determined by the parameter \( \bar{\alpha} \).
numerical methods used to generate the SWAP packings. The results are shown in Fig. 11, where it can be seen that the value of \( \rho \) is essentially the same for any borrowed \( \phi \) from the SWAP packings.

[1] M. D. Ediger, C. A. Angell, and S. R. Nagel, *Supercooled Liquids and Glasses*, J. Phys. Chem. **100**, 13200 (1996).
[2] C. A. Angell, *Relaxation in Liquids, Polymers and Plastic Crystals—Strong/Fragile Patterns and Problems*, J. Non-Cryst. Solids **131–133**, 13 (1991).
[3] W. G. T. Kranendonk and D. Frenkel, *Computer Simulation of Solid-Liquid Coexistence in Binary Hard Sphere Mixtures*, Mol. Phys. **72**, 679 (1991).
[4] T. S. Grigera and G. Parisi, *Fast Monte Carlo Algorithm for Supercooled Soft Spheres*, Phys. Rev. E **63**, 045102 (2001).
[5] L. A. Fernández, V. Martín-Mayor, and P. Verrocchio, *Critical Behavior of the Specific Heat in Glass Formers*, Phys. Rev. E **73**, 020501 (2006).
[6] L. Berthier, D. Coslovich, A. Ninarello, and M. Ozawa, *Equilibrium Sampling of Hard Spheres Up to the Jamming Density and Beyond*, Phys. Rev. Lett. **116**, 238002 (2016).
[7] R. Gutiérrez, S. Karmakar, Y. G. Pollack, and I. Procaccia, *The Static Lengthscale Characterizing the Glass Transition at Lower Temperatures*, Europhys. Lett. **111**, 56009 (2015).
[8] A. Ninarello, L. Berthier, and D. Coslovich, *Models and Algorithms for the Next Generation of Glass Transition Studies*, Phys. Rev. X **7**, 021039 (2017).
[9] L. Berthier, P. Charbonneau, D. Coslovich, A. Ninarello, M. Ozawa, and S. Yaida, *Configurational Entropy Measurements in Extremely Supercooled Liquids that Break the Glass Ceiling*, Proc. Natl. Acad. Sci. U.S.A. **114**, 11356 (2017).
[10] M. Ozawa, L. Berthier, G. Biroli, A. Rosso, and G. Tarjus, *Random Critical Point Separates Brittle and Ductile Yielding Transitions in Amorphous Materials*, Proc. Natl. Acad. Sci. U.S.A. **115**, 6656 (2018).
[11] M. Wyart and M. E. Cates, *Does a Growing Static Length Scale Control the Glass Transition?*, Phys. Rev. Lett. **119**, 195501 (2017).
[12] M. Goldstein, *Viscous Liquids and the Glass Transition: A Potential Energy Barrier Picture*, J. Chem. Phys. **51**, 3728 (1969).
[13] V. Lubchenko and P.G. Wolynes, *Theory of Structural Glasses and Supercooled Liquids*, Annu. Rev. Phys. Chem. **58**, 235 (2007).
[14] K. Broderix, K. K. Bhattacharya, A. Cavagna, A. Zippelius, and I. Giardina, *Energy Landscape of a Lennard-Jones Liquid: Statistics of Stationary Points*, Phys. Rev. Lett. **85**, 5360 (2000).
[15] T.S. Grigera, A. Cavagna, I. Giardina, and G. Parisi, *Geometric Approach to the Dynamic Glass Transition*, Phys. Rev. Lett. **88**, 055502 (2002).
[16] J. Kurchan, T. Maimbourg, and F. Zamponi, *Statics and Dynamics of Infinite-Dimensional Liquids and Glasses: A Parallel and Compact Derivation*, J. Stat. Mech. (2016) 033210.
[17] H. Ikeda, F. Zamponi, and A. Ikeda, *Mean Field Theory of the swap Monte Carlo Algorithm*, J. Chem. Phys. **147**, 234506 (2017).
[18] J. G. Briano and E. D. Glandt, *Statistical Thermodynamics of Polydisperse Fluids*, J. Chem. Phys. **80**, 3336 (1984).
[19] D. A. Kofke and E. D. Glandt, *Nearly Monodisperse Fluids. I. Monte Carlo Simulations of Lennard-Jones Particles in a Semigrid Ensemble*, J. Chem. Phys. **87**, 4881 (1987).
[20] M. Wyart, L. E. Silbert, S. R. Nagel, and T. A. Witten, *Effects of Compression on the Vibrational Modes of Marginally Jammed Solids*, Phys. Rev. E **72**, 051306 (2005).
[21] E. DeGiuli, E. Lerner, C. Brito, and M. Wyart, *Force Distribution Affects Vibrational Properties in Hard-Sphere Glasses*, Proc. Natl. Acad. Sci. U.S.A. **111**, 17054 (2014).
[22] S. Franz, G. Parisi, P. Urbani, and F. Zamponi, *Universal Spectrum of Normal Modes in Low-Temperature Glasses*, Proc. Natl. Acad. Sci. U.S.A. **112**, 14539 (2015).
[23] E. Lerner, G. Düring, and E. Bouchbinder, *Statistics and Properties of Low-Frequency Vibrational Modes in Structural Glasses*, Phys. Rev. Lett. **117**, 035501 (2016).
[24] C. Brito and M. Wyart, *On the Rigidity of a Hard-Sphere Glass near Random Close Packing*, Europhys. Lett. **76**, 149 (2006).
[25] C. Brito and M. Wyart, *Geometric Interpretation of Previtrification in Hard Sphere Liquids*, J. Chem. Phys. **131**, 024504 (2009).
[26] A. Altieri, S. Franz, and G. Parisi, *The Jamming Transition in High Dimension: An Analytical Study of the Tap Equations and the Effective Thermodynamic Potential*, J. Stat. Mech. (2016) 093301.
[27] S. Alexander, *Amorphous Solids: Their Structure, Lattice Dynamics and Elasticity*, Phys. Rep. **296**, 65 (1998).
[28] A. J. Liu, S. R. Nagel, W. van Saarloos, and Matthieu Wyart, in *Dynamical Heterogeneities in Glasses, Colloids, and Granular Media*, edited by L. Berthier, G. Biroli, J.P. Bouchaud, L. Cipeletti, and W. van Saarloos (Oxford University Press, Oxford, 2010).
[29] M. Wyart, *On the Rigidity of Amorphous Solids*, Ann. Phys. (Paris) **30**, 1 (2005).
[30] M. Wyart, *Scaling of Phononic Transport with Connectivity in Amorphous Solids*, Europhys. Lett. **89**, 64001 (2010).
[31] L. Yan, E. DeGiuli, and M. Wyart, *On Variational Arguments for Vibrational Modes near Jamming*, Europhys. Lett. **114**, 26003 (2016).
[32] E. DeGiuli, A. Laversanne-Finot, G. A. Düring, E. Lerner, and M. Wyart, *Effects of Coordination and Pressure on Sound Attenuation, Boson Peak and Elasticity in Amorphous Solids*, Soft Matter **10**, 5628 (2014).
[33] A. Ikeda, L. Berthier, and P. Sollich, *Unified Study of Glass and Jamming Rheology in Soft Particle Systems*, Phys. Rev. Lett. **109**, 018301 (2012).
[34] D. Coslovich, L. Berthier, and M. Ozawa, *Exploring the Jamming Transition over a Wide Range of Critical Densities*, SciPost Phys. **3**, 027 (2017).
[35] C.S. O’Hern, L. E. Silbert, A.J. Liu, and S.R. Nagel, *Jamming at Zero Temperature and Zero Applied Stress: The Epitome of Disorder*, Phys. Rev. E **68**, 011306 (2003).
[36] N. Xu, M. Wyart, A.J. Liu, and S.R. Nagel, *Excess Vibrational Modes and the Boson Peak in Model Glasses*, Phys. Rev. Lett. **98**, 175502 (2007).
Thermodynamic barriers should not depend on the set of allowed moves in any Monte Carlo scheme, as long as moves involve only a few degrees of freedom. This result can be proven, for example, in the context of nucleation in magnets [44], precisely in the asymptotic limit of large $\xi$ where theories of the glass transition based on a growing length are formulated. The fact that barriers can completely disappear for a SWAP Monte Carlo algorithm, where moves involve at most two particles, thus supports that barriers seen by the normal dynamics are not thermodynamic ones. This subject is debated [45].

[44] F. Cesi, G. Guadagni, F. Martinelli, and R. H. Schonmann, On the Two-Dimensional Stochastic Ising Model in the Phase Coexistence Region near the Critical Point, J. Stat. Phys. 85, 55 (1996).

[45] L. Berthier, G. B. Biroli, J.-P. Bouchaud, and G. Tarjus, Can the Glass Transition be Explained Without a Growing Static Length Scale?, arXiv:1805.12378.

[46] A. Widmer-Cooper, H. Perry, P. Harrowell, and D. R. Reichman, Irreversible Reorganization in a Supercooled Liquid Originates from Localized Soft Modes, Nat. Phys. 4, 711 (2008).

[47] C. Scalliet, L. Berthier, and F. Zamponi, Absence of Marginal Stability in a Structural Glass, Phys. Rev. Lett. 119, 205501 (2017).

[48] D. R. Queen, X. Liu, J. Karel, T. H. Metcalf, and F. Hellman, Excess Specific Heat in Evaporated Amorphous Silicon, Phys. Rev. Lett. 110, 135901 (2013).

[49] E. Bitzek, P. Koskinen, F. Gähler, M. Moseler, and P. Gumbsch, Structural Relaxation Made Simple, Phys. Rev. Lett. 97, 170201 (2006).

[50] H. J. C. Berendsen, J. P. M. Postma, W. F. van Gunsteren, A. DiNola, and J. R. Haak, Molecular Dynamics with Coupling to an External Bath, J. Chem. Phys. 81, 3684 (1984).

[51] M. P. Allen and D. J. Tildesley, Computer Simulation of Liquids (Oxford University Press, Oxford, 1989).