Responses of Habitat Quality and Animal Biodiversity to Grazing Activities on the Qinghai-Tibet Plateau

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Grazing activities perhaps lead to habitat quality degradation and animal biodiversity loss while the effects on the Qinghai-Tibet Plateau (QTP) is still relatively poorly studied. Based on the Integrated Valuation of Ecosystem Services and Tradeoffs model, geographical detector model and generalized linear mixed model, the responses of habitat quality and animal biodiversity to grazing activities at 5 km grid scale were analyzed. Results showed that the overall habitat quality on the QTP was high with 76.43% of the total area, and poor level accounted for 19.56%. High level habitat was mainly distributed in the southern part, while the poor level in the northern part. The mean grazing activity explanatory ability to habitat quality, bird species richness and mammal richness were 0.346, 0.430, and 0.354. The interaction effects between slope and grazing activities on habitat quality, bird species richness and mammal richness were the most important interaction effects, and the area affected by the interaction was 73.82, 46.00, and 46.17% of habitat quality, bird species richness and mammal richness, respectively. The interaction effects on habitat quality, bird species richness and mammal richness all showed “low in the northwest and high in the southeast”. Grazing activities and habitat quality had a positive correlation while bird species richness, and mammal richness negative correlations. The spatial relationship of grazing activities of habitat quality was “higher in the middle and lower around the periphery”, while the spatial distribution of grazing activities of bird species richness and mammal richness was “higher in the east and lower in the west”. This study explicitly revealed the responses of habitat quality and animal biodiversity to grazing activities, thus providing references for biodiversity conservation on the QTP.

Keywords: grazing intensity, biodiversity conservation, interaction relationship, random effect, fixed effect

INTRODUCTION

Grassland is one of the most extensive ecosystems in the world (Li L. et al., 2019). As an important ecological land type in China, grassland not only serves a range of ecosystem services, but also provides livestock products, thus bringing economic income to residents (Wang Y. et al., 2020). In China, grazing activities are mainly distributed in the northern and western regions. With
the development of economy, grazing activities are increasingly intensified, and overgrazing has occurred in many areas (Zhao et al., 2020a). However, intensive grazing activities can lead to grassland degradation, which in turn affects habitat quality and reduces biodiversity (Liu et al., 2020).

The Qinghai-Tibet Plateau (QTP), as the largest plateau in the world, has a grassland area of $1.59 \times 10^6$ km$^2$, accounting for up to 60% of the total area (Liu et al., 2021b). It not only plays an important role in water retention, but also is an important ecological security barrier in China with great biodiversity protection value (Wang Y. et al., 2020). However, studies have shown that in recent years, the QTP is facing many threats with the intensification of human activities, such as excessive grazing, large-scale infrastructure construction, resulting in ecological degradation, wildlife habitat fragmentation, and biodiversity loss (Dong et al., 2020). Therefore, it is urgent to strengthen the protection of biodiversity on the QTP.

Habitat quality is an important indicator of regional ecological security, which can reflect the level of regional biodiversity and ecosystem services (Tang et al., 2020; Zhu C. et al., 2020). Therefore, habitat quality has become a hot issue in ecological security research. At present, habitat quality can be assessed based on the measured species diversity, or through the analysis of the evolution of the habitat by parameter substitution (Andrus et al., 2021). As the parameter substitution method has become the main method, the relationship between resources and habitat suitable land is mainly discussed from the perspective of landscape pattern (Zhu Z. et al., 2020). Generally, it is believed that construction land, cultivated land and roads are the main sources of threats to habitat quality, while natural ecosystems provide a relatively complete habitat for species, and their habitat quality is overall good (Zhang H. et al., 2020). Current studies on habitat quality are mainly based on the above threat factors, and the Integrated Valuation of Ecosystem Services and Tradeoffs (InVEST) model is used to evaluate the regional habitat quality (Moreira et al., 2018).

Current studies about the relationship between habitat quality and human disturbances mainly focus on the response of habitat quality to land use change (Roche et al., 2016; Yang H. et al., 2021). These studies are usually divided into two categories, one is about the impact of long-term land use change on habitat quality, and the second is mainly about simulating and predicting the impact of future land use change on habitat quality. Some of these studies revealed the impact of long-term land use change on habitat quality of coastal zones (Zhang X. et al., 2020), there were also studies on long-term land use change on habitat quality at county level (Tang et al., 2020). These studies all found that long-term increase of land use change would lead to continuous decline in habitat quality. The second category is mainly based on the current land use change to simulate and predict the impact of future land change on habitat quality. Previous studies have revealed the impact of future land use change on habitat quality across China, and found that the expansion of large cities had a greater impact on future habitat quality than that of small cities (Song et al., 2020). There were also studies on the direct and indirect impacts of urban expansion on habitat quality in the future, and it was found that the indirect impact of urban expansion on habitat quality was greater than the direct impact (Yang et al., 2020).

Grazing activities, as one of the most important human activities on the QTP, is the direct cause of grassland degradation (Zhang Y. et al., 2021). Grassland is the largest ecosystem on the QTP, and its degradation will have serious impacts on ecosystem services (Dong et al., 2020). However, there have been few studies on the ecological effects of grazing activities on the QTP at a large scale. Because of its special geographical environment, the QTP has a fragile ecological environment (Li L. et al., 2019). Overgrazing activities will affect the plant community and reduce the height and coverage of vegetation. Studies have shown that changes in vegetation structure characteristics have significant effects on the community structure, bird species richness and mammal richness (Leal et al., 2019).

In addition, the impact of grazing activities on habitat quality is also particularly obvious (Su et al., 2020). However, as far as the ecological effects of grazing activities are concerned, many studies have focused on the stress of grazing activities on plants or the impact on wild animal habitats (Zhang X. et al., 2021). Some studies have compared and analyzed the difference between long-term grazing exclusion and regular grazing activities on vegetation biodiversity, and found that long-term grazing exclusion would reduce vegetation biodiversity, while regular grazing activities was a better management strategy to restore and improve biodiversity (Yao et al., 2019). As for the impact of different grazing measures on habitat quality under the implementation of the policy, some studies have explored the impact of long-term grazing exclusion and sustainable grazing activities on habitat quality, and found that the longer the grazing exclusion lasted, the less the biodiversity of vegetation decreased, but moderate grazing activities would effectively restore vegetation biodiversity (Liu et al., 2020).

However, most studies focused on a single species or single habitat. Due to the particularity of the QTP and the availability of biodiversity data, the effect of grazing activities on habitat quality is still lacking. In addition, the QTP has a vast territory, so the effects of grazing activities on habitat quality and animal biodiversity are different (Dong et al., 2020; Liu et al., 2020).

In addition, up to now, studies on mammal richness and bird species richness have mainly focused on forest ecosystems, and there are relatively few research topics about the responses of habitat quality and animal biodiversity to grazing activities on grassland ecosystems. Therefore, the study on the responses of habitat quality and animal biodiversity to grazing activities on the QTP will cover the gap of this field. Here, three issues should be addressed as follows: (1) how is the habitat quality distributed. (2) How are the independent and interaction effects of grazing activities on habitat quality and animal biodiversity distributed at the spatial scale? (3) What is the spatial relationship between grazing activities and habitat quality and animal biodiversity?

Most of the methods to analyze the impact of human activities on vegetation biodiversity and habitat quality were correlation analysis, linear regression (Gosselin and Callois, 2018; Yohannes et al., 2021). Some advanced methods were adopted.
to reveal more mechanism, such as generalized linear model (GLM) and censored linear regression to analyze the impact of grazing activities on habitat sustainability (Moore et al., 2018; Leal et al., 2019). However, there are generally two problems in the above methods, one is that the interaction between factors is not considered in the study of biodiversity conservation by grazing activities, the other is that the fixed and random effect of factors on biodiversity conservation and habitat quality is not taken into consideration. Based on these considerations, the geographical detector method could be a good solution to the first problem, as it is a spatial method for examining the interaction of two explanatory variables on dependent variables (Han et al., 2021). For the second problem, the generalized linear mixed model (GLMM) is very suitable because it takes the fixed and random effects of the factors into account. Studies have shown that the GLMM can improve the accuracy of the results more effectively than the traditional method (Evans and Holsinger, 2012; Hubin and Storvik, 2018).

Therefore, the InVEST model, geographical detector method and GLMM were applied to conduct research in this study to (1) explore the spatial distribution characteristics of habitat quality and animal biodiversity in grazing regions, (2) study the independent effects of grazing activities and interaction effects between grazing activities and various factors on habitat quality and animal biodiversity, and (3) analyze the relationship between grazing activities and habitat quality and animal biodiversity on the basis of considering fixed and random effects. Through the research on the responses of habitat quality and animal biodiversity to grazing activities on the QTP, we aim to provide effective references for the habitat quality improvement and biodiversity conservation.

MATERIALS AND METHODS
Study Area
Located in southwest China (26°00′–39°47′N, 73°19′–104°47′E), the QTP is the largest plateau in the world, covering an area of about $2.57 \times 10^6$ km$^2$ (Figure 1) (Cao et al., 2018). It is known as “the roof of the world” for its high altitude and “the third pole of the Earth” for its alpine environment (Chen et al., 2021). The climate of the QTP is characterized by intense radiation, much sunshine, low temperature, and small accumulated temperature (Jiang et al., 2020). The mean annual solar radiation varies from 5,000 to 8,500 MJ/m$^2$, the average annual precipitation ranges from 415 to 515 mm, which mainly occurs from May to September, and the average temperature is between $−2.2$ and $0^\circ$C (Li et al., 2013). The vegetation types on the QTP are forest, meadow, grassland, desert, and alpine vegetation. Among them, the alpine grassland with the largest area is concentrated in the Northern Tibetan Plateau, accounting for 27.54% of the total plateau area (Zhan et al., 2021). The second is alpine meadow, mainly distributed in the headwaters of the Yarlung Zangbo River, Yellow River, Yangtze River, and Lancang River, accounting for more than 25% of the total area of the plateau. Alpine desert accounted for 8.96% of the total area, and the vegetation coverage decreases gradually from southeast to northwest (Wang D. et al., 2020). In general, grazing activities is one of the most important activities, although the extent of grazing activities shows large spatial differences on the QTP. The grazing activities is weak
TABLE 1 | The brief description, website, unit, and time of data.

| Data                | Brief description                                                                 | Website                          | Unit            | Time  |
|---------------------|-------------------------------------------------------------------------------------|----------------------------------|-----------------|-------|
| LULC                | Land use and cover was classified into seven types, including cultivated land,     | http://www.resdc.cn/             | –               | 2015  |
|                     | forest, grassland, waterbody, construction land, and bare land                     |                                  |                 |       |
| Grazing intensity   | Number of livestock grazing in a given period of time per grassland area           | http://www.dx.doi.org/10.11922/  | kg m\(^{-2}\)   | 2015  |
| (Sun et al., 2020a) |                                                                                     | scienceeb.org/00171               |                 |       |
| Motor way           | A highway used exclusively for motorizing at high speed                             | https://download.geofabrik.de/   | –               | 2015  |
| National way        | Main trunk roads                                                                    | index.html                        |                 |       |
| Provincial way      | Provincial trunk highway                                                            | https://download.geofabrik.de/   | –               | 2015  |
| Railway             | A railway line used by trains and other vehicles                                     | index.html                        |                 |       |
| Population density  | Spatial distribution data of population                                              | http://www.resdc.cn/             | People per square kilometer | 2015  |
| GDP density         | Spatial distribution data of GDP                                                     | http://www.resdc.cn/             | Ten thousand yuan/km\(^2\) | 2015  |
| Precipitation       | Annual mean precipitation                                                            | https://catalogue.ceda.ac.uk/    | mm              | 2015  |
| Temperature         | Annual mean temperature                                                             | https://catalogue.ceda.ac.uk/    | °C              | 2015  |
| Slope               | Degree of steepness                                                                  | http://www.gscloud.cn/           | °              | –     |
| Elevation           | Average elevation                                                                    | http://www.gscloud.cn/           | m              | –     |
| Mammal richness     | The species numbers of mammal richness in a particular class.                       | http://sedac.ciesin.columbia.edu/ |                 |       |
| Bird species richness | The species numbers of birds in a particular class.                             | http://sedac.ciesin.columbia.edu/ |                 |       |

In the southern part of the QTP, and strong in the central and southern part of Qinghai province and the northeast part of the QTP (Li et al., 2019b). There are many precious animals on the QTP, such as the golden monkey, Tibetan antelope, wild yak, Tibetan wild donkey, argali sheep, snow leopard and so on (Huang et al., 2020). The main animal species are bird species and mammal richness, and the amphibians are very few (Yao et al., 2019).

**Data Sources**

For the selection of animal biodiversity indicators, although there is amphibian richness on the QTP, but the numbers are very small, and there is no data on insects, so these two types of datasets were not taken into consideration. Therefore, we chose bird species richness with a spatial resolution of 10 km and mammal richness with a spatial resolution of 1 km as the representatives of animal on the QTP. Based on the differences in the spatial scale of animal biodiversity between bird species richness and mammal richness, the response of grazing activities to animal biodiversity is investigated at 5 km grid scale. The datasets of motor way, national way, provincial way and railway data are in the vector scale of 1:250,000. The remaining datasets are raster data with a spatial resolution of 1 km except for the dataset of bird species richness. In addition, the brief description, website, unit and time of data are listed in Table 1.

**Methods**

In this study, the InVest model was applied with LULC dataset, threat factors, habitat sustainability of LULC types and their sensitivity to threat factors. Geographical detector model was used to analyze the independent effects of grazing activities and interaction effects between grazing activities and the factors on habitat quality and animal biodiversity. Finally, GLMM was used to analyze the relationship between grazing activities and habitat quality and animal biodiversity based on the consideration of random and fixed effects.

**Habitat Quality Model**

Habitat quality refers to the ability of an ecosystem to provide living conditions for individual organisms and populations, which is represented by the availability of biological resources, and the number of biological reproduction and existence (Caro et al., 2020). The habitat quality change is thought to be representative of changes in genes, species, or ecosystems (Tang et al., 2020). Habitat quality model was used to examine the spatial distribution of habitat quality. The total threat level of habitat is formulated by the Eq. 1 as follows (Song et al., 2020):

\[
D_{xf} = \sum_{r=1}^{R} \sum_{y=1}^{Y} \left( \frac{w_r}{\sum_{r=1}^{R} w_r} \right) r_xy y S_{xf} \]

Where, \( D_{xf} \) represents for threat level of the xth grid in the jth LULC type; \( y \) represents for the total grids on threat factor \( r \)'s raster; \( w_r \) stands for the weight of the threat factor \( r \); \( r_xy \) is the threat intensity of the yth grid; \( r_{xy} \) denotes the distance between the habitat and the threat source; \( \beta_x \) is the accessibility level of
the xth grid; \( S_{ij} \) represents for the jth land cover type's sensitivity on the threat factor \( r_i \). \( i_{xy} \) has two decay functions, linear and exponential decay, which can be expressed as Eqs 2 and 3, shown as follows (Moreira et al., 2018):

\[
i_{xy} = 1 - \left( \frac{d_{xy}}{d_{r_{max}}} \right) \text{ if linear}
\]

\[
i_{xy} = \exp \left( - \left( \frac{2.99}{d_{r_{max}}} \right) d_{xy} \right) \text{ if exponential}
\]

Where, \( d_{xy} \) is the straight-line distance between the xth grid and the yth grid; \( d_{r_{max}} \) is the maximum impact distance (Max_Dist) of threat factor \( r \). The Max_Dist, distance attenuation function and weight of each stress factor are comprehensively referred to relevant literature, as shown in Table 2 (Tang et al., 2020; Li et al., 2021).

After the calculation of \( D_{xy} \), the habitat quality of each grid can be calculated by the Eq 4 combining land cover and threat factors as follows (Ma et al., 2021):

\[
Q_{sj} = H_j \left[ 1 - \left( \frac{D_{sj}^2}{D_{xy}^2 + k^2} \right) \right]
\]

Where \( Q_{sj} \) stands for the habitat quality of x in the jth grid; \( H_j \) is the habitat sustainability of the jth grid; \( D_{sj}^2 \) represents for threat level of the xth grid in the jth LULC type; \( z \) is a normalized constant, usually equal to 2.5 and \( k \) is half-saturation constant, with a default value of 0.5. The value of \( Q_{sj} \) ranges from 0 to 1, and the higher the value, the better the habitat quality.

Based on the research of Tang et al. (2020) and Wei Y. et al. (2021), the habitat suitability of LULC types and their sensitivity to various threat factors on the QTP are obtained, shown in Table 3 (Tang et al., 2020; Wei Y. et al., 2021).

### Geographical Detector Method

The geographical detector method, proposed by Wang et al. (2010), is usually applied to quantify the impact of influencing factors and determine whether the spatial distribution of the explanatory variable is the same as that of the dependent variable (Wang et al., 2010). The geographical detector method is not based on linear assumptions, but rather compares the spatial consistency of the distribution of independent variables with the geographic layer with the underlying factors (Liu et al., 2021a). The geographical detector consists of four kinds of detectors, which are factor detector, interaction detector, ecological detector, and risk detector (Fan et al., 2021). In this study, factor and interaction method detector are used to analyze the effects of grazing activities on habitat quality and animal biodiversity.

#### Factor Detector Method

The factor detector is applied to evaluate the independent effects of the explanatory variable on independent variable. The explanatory power of each factor is expressed by \( q \) value, and the formula is shown in the Eq. 5 as follows (Zhao et al., 2020b):

\[
q = 1 - \frac{\sum_{h=1}^{L} N_h \sigma_h^2}{N \sigma^2}
\]

Where \( q \) is the explanatory ability of explanatory variable to independent variable; \( N \) is the total number of grids and \( h \) stands for the number of classifications of independent variable; \( N_h \) is the number of samples in \( h \); \( \sigma_h^2 \) and \( \sigma^2 \) represent the variance of the independent variable for the units in class \( h \) and the entire region of different grids, respectively. The value of \( q \) is from 0 to 1. If \( h \) is produced by explanatory variable, then the \( q \) value means that the explanatory variable accounts for 100 × \( q \% \) of independent variable. The greater the value of \( q \), the more explanatory ability explanatory variable has on independent variable.

#### Interaction Detector Method

The interaction detector is used to investigate the interaction effects between two explanatory variables on independent variable, namely \( q(X_1) \) and \( q(X_2) \), in which the interaction effects \( q(X_1 \cap X_2) \) can be roughly divided into three types: weakening, enhancement, and independence. The detailed description and interaction relationships are shown in Table 4 (Qiao et al., 2019).

### Generalized Linear Mixed Model

Generalized linear mixed model is a method to explore the relationship between independent variables and dependent variables on the basis of considering the random and mixed effects of independent variables. As an extension of GLM, GLMM is mainly suitable for dealing with discrete random variables that do not obey the normal distribution, mainly including three parts: the distribution of the independent variable \( y \), connection function and linear prediction of the system. One of the common connection function of exponential distribution family into five kinds, which are normal distribution, binomial distribution, Poisson distribution, exponential distribution, and gamma distribution, respectively (Li et al., 2012). The expression of GLMM is shown in the Eq 6 as follows (Venables and Dichmont, 2004):

\[
y = X\beta + zb + \varepsilon
\]

Where \( y \) is an observation vector of \( n \times 1 \), \( X \) is a known design matrix of \( n \times p \), \( z \) is a design matrix of \( n \times q \), \( \beta \) is an unknown parameter vector of \( p \times 1 \), \( b \) is a random vector of \( q \times 1 \), \( \varepsilon \) is a random error vector of \( n \times 1 \), and \( b \) and \( \varepsilon \) are independent of each other.
Study Framework
The purpose of this study was to analyze the responses of habitat quality and animal biodiversity to grazing activities on the QTP. Firstly, the InVEST model was used to analyze the habitat quality. Secondly, the independent and interaction effects of grazing activities on habitat quality and animal biodiversity were explored by geographical detector method. Finally, based on the results of geographical detector method, the GLMM was applied to reveal the relationships between grazing activities and habitat quality and animal biodiversity in the case of random and fixed effects. The overall technical approach was illustrated in Figure 2.

RESULTS
Spatial Distribution Characteristics of Habitat Quality and Animal Biodiversity
The spatial distribution characteristics of habitat quality, bird species richness and mammal richness in grazing regions on the QTP was shown in Figure 3. The proportion of poor, low, moderate, good, and high habitat quality of grazing regions on the QTP was 19.56, 0.55, 1.67, 1.79, and 76.43%, respectively, indicating that the habitat quality level of the QTP was mainly high, followed by poor habitat quality (Figure 3A). The areas with poor habitat quality were distributed throughout the whole area, but mainly in the central and northern regions, while the areas with low habitat quality were only distributed in part of the southern and eastern areas. The regions with high habitat quality were distributed in the southern part of the QTP, while the areas with high habitat quality were distributed in all regions, and mainly in the western, southern and southeastern regions.

Although the number of mammal richness was smaller than that of bird species richness, the spatial distribution characteristics of bird species richness and mammal richness were generally similar, with the lowest in the central region and an upward trend from middle to all directions (Figures 3B,C). Both bird species richness and mammal richness reached their maximum in the southeastern region of the QTP.

Independent and Interaction Effects of Grazing Activities on Habitat Quality and Animal Biodiversity
The factor detector was applied to analyze the independent effects of grazing activities on habitat and animal biodiversity, and the spatial distribution of the influence was shown in Figure 4.

The influence of grazing activities on habitat quality ranged from 0.002 to 0.999, and the distribution characteristics showed a decreasing trend from east to west on the QTP (Figure 4A). The areas with the largest impact were mainly concentrated in the southeastern part of the QTP, while the areas with the least impact were mainly concentrated in some areas of Tibet province on the QTP.

The influence range of grazing activities on bird species richness was 0.001–0.920, and the distribution characteristics mainly showed a trend of decreasing first, then increasing, and finally decreasing from east to west on the QTP (Figure 4B). The areas with the largest impact were mainly concentrated in part of Qinghai province and the southwest region of Tibet province on the QTP, while the areas with small impact were mainly concentrated in the western region of the QTP.

The influence of grazing activities on mammal richness ranged from 0.005 to 0.797 (Figure 4C). The regions with the largest impact were mainly concentrated in the southeastern part of the QTP, while the regions with small impact were mainly concentrated in some areas of Qinghai and Tibet provinces.

The interaction effects between grazing activities and various influencing factors on habitat quality and animal biodiversity were analyzed, and it was found that the interaction between grazing activities and all factors all showed bivariate enhancements or nonlinear enhancements, indicating that the interaction effects between grazing activities between all factors were all greater than the single action of the grazing activities.

### TABLE 3 | Habitat suitability of different land cover types and their sensitivity to threat factors.

| Land cover type | Habitat sustainability index | Cultivated land | Construction land | National way | Provincial way | Railway | Motor way | GDP | Population |
|-----------------|-----------------------------|----------------|------------------|-------------|---------------|---------|-----------|-----|------------|
| Cultivated land | 0.4                         | 0.25           | 0.4              | 0.4         | 0.4           | 0.3     | 0.4       | 0.3 | 0.3        |
| Forest          | 1                           | 0.7            | 0.8              | 0.8         | 0.8           | 0.75    | 0.8       | 0.5 | 0.5        |
| Shrub           | 1                           | 0.5            | 0.5              | 0.8         | 0.8           | 0.75    | 0.5       | 0.5 | 1         |
| Meadow          | 1                           | 0.7            | 0.75             | 0.8         | 0.8           | 0.75    | 0.5       | 0.5 | 1         |
| Steppe          | 1                           | 0.3            | 0.3              | 0.6         | 0.6           | 0.55    | 0.5       | 0.5 | 1         |
| Sparse grassland| 1                           | 0.3            | 0.3              | 0.5         | 0.5           | 0.45    | 0.5       | 0.5 | 1         |
| Waterbody       | 0.8                         | 0.65           | 0.7              | 0.65        | 0.65          | 0.6     | 0.65      | 0.6 | 0.5       |
| Construction land| 0                          | 0              | 0                | 0           | 0             | 0       | 0         | 0   | 0         |
| Unused land     | 0                           | 0              | 0                | 0           | 0             | 0       | 0         | 0   | 0         |

### TABLE 4 | Interaction categories and interaction relationships.

| Description | Interaction |
|-------------|-------------|
| $q(x_1 \cap x_2) < \min (q(x_1), q(x_2))$ | Weaken; univariate |
| $\min (q(x_1), q(x_2)) < q(x_1 \cap x_2) < \max (q(x_1), q(x_2))$ | Weaken; univariate |
| $q(x_1 \cap x_2) > \max (q(x_1), q(x_2))$ | Enhanced, bivariate |
| $q(x_1 \cap x_2) = q(x_1) + q(x_2)$ | Independent |
| $q(x_1 \cap x_2) > q(x_1) + q(x_2)$ | Nonlinearly enhance |
The factors with the greatest interaction with grazing activities in different grids were screened out, and the result was shown in Figure 5. The results showed that the interaction effects between grazing activities and slope were the main interaction on the QTP (Figure 5A). The interaction effects between grazing activities and elevation, precipitation, temperature, and slope had the greatest impact on habitat quality, with the area proportions of 6.33, 8.51, 11.34, and 73.82%, respectively (Figure 5D).
The interaction effects between slope and grazing activities were the largest, which were mainly distributed in the central and northeastern regions, followed by the interaction effects between grazing activities and temperature, which was mainly distributed in the northwest region (Figure 5B). The interaction effects between grazing activities and elevation, precipitation, temperature, and slope had the greatest impact on bird species richness, with the area proportions being 8.35, 15.04, 30.60, and 46.00%, respectively (Figure 5E).

Among them, the largest interaction effect between precipitation and slope were mainly distributed in the central to eastern and central to southwestern regions (Figure 5C). The interaction effects between grazing activities and altitude, rainfall, temperature, and slope had the largest impact on mammal richness, with the area proportions being 10.82, 15.71, 27.30, and 46.17%, respectively (Figure 5F).

The influence of the maximum interaction effects between grazing activities and the factor on habitat quality, bird species
richness, and mammal richness was shown in Figure 6. The interaction effects on habitat quality ranged from 0.068 to 1.000 (Figure 6A). The areas with the weakest interaction effects were mainly concentrated in the central part to the west on the QTP, while the regions with the strongest interaction effects were mainly distributed in the central, eastern, and southeastern parts of the QTP.

The interaction effects on bird species richness ranged from 0.084 to 1.000 (Figure 6B). The areas with the weakest interaction effects were concentrated in the northwest part of the QTP, while the regions with the strongest effect were mainly concentrated in the southeast of the QTP.

The interaction effects on mammal richness ranged from 0.084 to 1.000 (Figure 6C). The areas with the weakest interaction effects were mainly distributed in the central part to the west on the QTP, while the regions with the strongest effect were mainly concentrated in the east and southeast.

In general, although the factors of maximum interaction effects affected by habitat quality, bird species richness, and mammal richness in each region were different, the distribution of maximum interaction degree on habitat quality, bird species richness, and mammal richness were roughly the same, with the characteristics of “lower in the northwest and higher in the southeast”.

**Relationships Between Grazing Activities and Habitat Quality and Animal Biodiversity**

Based on the results of the geographical detector, the factor with the least interaction of grazing activities in each grid was selected, and the factor and grid number were assumed as the random effect of the GLMM of different grid. The other four variables were set as the fixed effect of different grids, and then the GLMM of different grids was established. After the significance analysis of the parameter estimation of the fixed effect items, the fixed variables were gradually removed, the modeling was carried out. The obtained model was analyzed by variance to determine the final random effect factors, and the optimal GLMM of each grid was screened out. Since grazing activities was the main influencing factor of habitat quality and animal biodiversity and was fixed effect in each grid, only the regression coefficient distribution of grazing activities was displayed in Figure 7.

Grazing activities was the main influencing factor of habitat quality, the regression coefficients of grazing activities ranged from −0.633 to 0.259, and there were both positive and negative distribution in the study area, indicating that the impact of grazing activities on habitat quality was not stable (Figure 7A). According to the absolute value of the regression coefficient of grazing activities, the spatial distribution of grazing activities was generally “high in the middle and low around the periphery”. There was a positive correlation between grazing activities and habitat quality, and the positive correlation regions were mainly distributed in the south, northwest, and southeast of the QTP.

The regression coefficient of grazing activities of bird species richness ranged from −8.322 to 27.967 (Figure 7B), with both positive and negative distribution, indicating that the influence of grazing activities on bird species richness was not stable. According to the absolute value of the regression coefficient of grazing activities, the spatial distribution of grazing activities showed a downward trend from east to west, with the highest value in the east and the lowest value in the west. In general, there was a negative correlation between grazing activities and bird species richness, and the positive correlation regions were distributed in all regions, but mainly in the eastern and central parts of the QTP.

The regression coefficients of grazing activities of mammal richness were between −18.676 and 1.106, with both positive and negative distribution, indicating that grazing activities had an unstable influence on mammal richness (Figure 7C). According to the absolute value of the regression coefficient of grazing activities, the spatial distribution characteristics of grazing activities mainly showed a trend of low in the west and high in the east, with the lowest value in the west and the highest value in the east. In general, grazing activities and mammal richness were mainly negatively correlated, and the areas with positive correlation were mainly distributed in the eastern and central regions of the QTP.

For bird species richness and mammal richness, the spatial distribution characteristics of regression coefficients of grazing activities on the QTP were generally similar, and both were mainly negatively correlated, and the areas with positive correlation were mainly distributed in the eastern region.

**DISCUSSION**

**Rationality of Indicators and Model Selection**

In this study, we applied InVEST model to estimate the habitat quality on the QTP. Although the parameter setting of InVEST model was subjective to a certain extent, it was still a good method to explore the habitat quality of the QTP for the following two reasons. First, it can replace the detailed method to quickly examine the habitat quality changes (Zhu C. et al., 2020). Second, due to the large area of the QTP, there was a lack of species distribution data in many areas, and this method could well solve the problem of missing data which cannot be estimated (Zhang X. et al., 2020). Third, the variability of different habitats to the same environment under threat was considered (Tang et al., 2020).

Generally, cultivated land and construction land were selected as indicators in the habitat quality module of InVEST model (Shaffer et al., 2019). However, with the deepening of the study on habitat quality, road factors were added to the selection of threat factors from the initial cultivated land and construction land (Zhu C. et al., 2020). In recent years, GDP and population factors have been gradually added into the research, making the indicators selection more comprehensive. Therefore, for a comprehensive consideration, this study selected cultivated land, construction land, road factors, GDP and population as threat sources (Zhao and Li, 2020).

In traditional studies, only single factor is considered to affect the biodiversity conservation. However, in addition to the individual effect of the factor, biodiversity conservation is
Relationship Between Habitat Quality and Animal Biodiversity

Traditionally, there has been a high correlation between habitat quality and animal biodiversity (Edmonds et al., 2021). However, the responses of habitat quality and animal biodiversity to grazing activities on the QTP has not been studied. As the largest plateau in the world, the QTP had a large area and a relatively complex ecological environment (de Lima Filho et al., 2021). Due to the great differences in natural environment, the distribution of grazing activities, animal biodiversity, and habitat quality in different regions on the QTP were all spatially heterogenous (Su et al., 2020), therefore, some studies have inferred that the responses of habitat quality and animal biodiversity to grazing activities varies with different regional locations. In addition, the spatial resolution of raster data used in this study was 1 km except for the spatial resolution of bird species richness, which was 10 km. Studies have shown that grazing activities would directly affect the plant community on grassland and reduce the height and coverage of vegetation, leading to the reduction of vegetation types, and indirectly interfering with the activities of birds on grassland (Li L. et al., 2018). The ecological environment of the QTP was complex, the bird species richness varied in different regions because of the different tolerance of different birds to grazing activities (Wang Y. et al., 2020). Based on comprehensive consideration of the above research conclusions, the responses of habitat quality and animal biodiversity to grazing activities were selected at 5 km grid scale.

The spatial relationship between habitat quality and animal biodiversity was analyzed, and the result was shown in Figure 8. The correlation coefficients between habitat quality and bird species richness ranged from $-0.354$ to $0.666$ (Figure 8A), and that between habitat quality and mammal richness ranged from...
−0.256 to 0.708 (Figure 8B). The regions with higher positive correlation between habitat quality and bird species richness and mammal richness were mainly concentrated in some regions in the eastern and southwest of the QTP. The regions with low correlation mainly concentrated in some areas in central and southern Tibet province and the northern and western part of Qinghai province. The area with negative correlation between habitat quality and bird species richness accounted for 30.38%, which was mainly distributed in the northern region of Tibet, while the areas with negative correlation between habitat quality and mammal richness accounted for 53.54%, which were mainly distributed in the western region of QTP. Above results were consistent with the results of existing studies. The studies have shown that the vegetation cover of the QTP showed a decreasing trend from southeast to northwest, and the higher the vegetation cover, the better the habitat quality (Wei H. et al., 2021). As a place for animals to survive, the quality of habitat would affect animal biodiversity (Chabuz et al., 2019). However, because of the special characteristics of the QTP, the eastern region, although it would take longer to recover after being damaged by human activities, also became a more suitable habitat for animals on the QTP due to its relatively suitable habitat conditions (Shi et al., 2018).

Therefore, it can be concluded that the relationship between habitat quality and animal biodiversity on the QTP was indeed complex. In general, the correlation relationships between habitat quality and bird species richness and between habitat quality and mammal richness were all higher in the eastern part of the region, but weaker in the central and western regions. The correlations were different among different grids. This result also proved that the selection of the index of animal biodiversity should be considered comprehensively in the study of animal biodiversity conservation on the QTP.

Response of Habitat Quality to Grazing Activities

In this study, we used the InVEST model to estimate the habitat quality on the QTP, and found that the habitat quality was generally good, and the areas with poor habitat quality were mainly distributed in the central part of Tibet, the northern part, and the northwestern part of the QTP. These conclusions were similar to the research of Sun et al. (2020), in 2015, the habitat quality in the northern and central parts of the QTP was poor (Sun et al., 2020b). The research of Li et al. (2018a,b) found that the eastern basin of the QTP and the central region of Tibet were more vulnerable to human disturbances (Li et al., 2018a,b). By overlay analysis of grassland types and habitat quality on the QTP, it was found that the areas with poor habitat quality in this study were consistent with areas with alpine desert on the QTP. According to the study of Li H. et al. (2019), it was found that the lower the vegetation was, the lower the habitat quality was (Li H. et al., 2019).

In this study, the geographical detector and GLMM were used to analyze the impact of grazing activities on habitat quality, the results showed that although the habitat quality in the southeast on the QTP was high, it was more sensitive to grazing activities. When grazing activities intensified, the habitat quality in this region would decline. In addition, the northern part of the QTP showed the same response to grazing activities. The independent effect of grazing activities on habitat quality was the largest in the eastern region. The interaction effects between grazing activities and slope were the main interaction. This conclusion was related to the study of Li L. et al. (2019) and Yang C. et al. (2021), in the southeastern part of the QTP, the vegetation was relatively lush and mostly forest (Li et al., 2019b; Yang C. et al., 2021). The forest ecosystem was the dominant ecosystem in the above regions. Since the restoration ability of the forest ecosystem was worse than that of the grassland and rational grazing capacity was relatively low (Jian et al., 2021). Therefore, the intensification of grazing activities would lead to the habitat quality degradation. The results of Dong et al. (2020) showed that grazing activities was the main external disturbance factors that led to habitat quality degradation in the central and northern parts of the QTP. However, moderate grazing activities in these areas did not have negative effect on habitat quality, but can moderately improve habitat quality (Dong et al., 2020). In recent years, as the state attached great importance to the ecological environment of the QTP, many measures have been carried out to benefit the ecological environment, such as pastureland rehabilitation, grazing exclusion and so on (Wu et al., 2017; Sun et al., 2019). According to the research of Su et al. (2020), because the grazing exclusion and rotation grazing policies have been implemented in most of the central and western regions of the QTP, the grazing intensity have decreased year by year, and the situation of overgrazing in most areas was gradually improving (Sun et al., 2020). Therefore, grazing activities had a positive impact on habitat quality in the above areas. However, the pressure of overgrazing still remained in the central and northern parts of the QTP for a long time (Liu et al., 2021). Hence, grazing activities had a negative impact on habitat quality in these regions.

Response of Animal Biodiversity to Grazing Activities

In this study, two indicators, bird species richness and mammal richness, were selected to represent animal biodiversity. The distribution characteristics of the two types of animals were consistent. The areas where grazing activities had the greatest impact on bird species richness were mainly in the alpine desert region and the southwestern part of the QTP, while the impact on mammal richness was mainly distributed in the southeastern part of the QTP. Both bird species richness and mammal richness were mainly affected by the interaction between grazing activities and temperature. Different was that the area proportion of bird species richness affected by the interaction between grazing activities and temperature was much higher than that of mammal richness. Moreover, the areas where bird species richness were mainly affected by the interaction between temperature and grazing activities were mainly in the southwest, central, and northeast of the QTP, while the areas where mammal richness were mainly affected by the interaction between temperature and grazing activities were mainly in the northern part of Tibet. Based on GLMM, it was found that the grazing activities mainly had a
negative impact on bird species richness, and the areas affected by the positive impact were mainly concentrated in the southeastern area of the QTP, while the grazing activities mainly had a negative impact on mammal richness, and the areas affected by the positive impact were mainly distributed in the middle of Tibet province and part of Qinghai province. There was a certain degree of uncertainty in bird species richness, so only there may be potential regularities on large scales.

Above conclusions were similar to the research of Li L. et al. (2018), it was found that areas with strong grazing activities exerted greater pressure on bird species richness, and the distribution of bird species richness on the QTP was related to the complexity of vegetation zones and the height of sea level (Li L. et al., 2018). However, according to the research results of Päckert et al. (2015) and Jian et al. (2021), slope had a more significant impact on bird species richness than other environmental factors (Päckert et al., 2015; Jian et al., 2021). According to the study of Zou et al. (2020), it was found that vegetation flourished in the southeastern part of the QTP, and the reasonable storage capacity was low (Zou et al., 2020). The density of mammal richness in this region was high, and once grazing was overdone, the grassland recovery time in this region would be longer than that in other areas, and the habitat of mammal richness would be destroyed, which would lead to the decrease of mammal richness (Wilson and Smith, 2015; Huang et al., 2020). Due to the particularity of the distribution of mammal richness, with the increase of the elevation on the QTP, temperature gradually decreased, and mammal richness were gradually affected by the interaction of elevation, temperature, and grazing activities (Zhang et al., 2016; Li X. et al., 2018). Studies have shown that the habitat selection of birds tends to focus on vegetation structure, vegetation coverage and other living conditions, and the higher the altitude is, the more suitable survival of birds (Jian et al., 2021). However, when it reaches a certain height, the sudden drop in temperature is not conducive to the habitat of birds, and the bird species richness will decrease. Compared with slope and altitude, the effects of temperature and precipitation are relatively small (Päckert et al., 2015). The results were relatively consistent with the study of Jian et al. (2021) and Päckert et al. (2015). According to the study of Liu (2004), the distribution of mammal richness was closely related to the quality of their habitats. The abundance of mammals decreased with the increase of the elevation gradient of 1,000 m and the decrease of air temperature by 0.6°C (Liu, 2004). Moreover, with the increase of the average temperature, it showed significant fluctuations and tended to decrease. However, the response of mammal richness to precipitation increased first and then decreased with the increase of precipitation (Zhang et al., 2016).

The environment of the QTP is complex, and the effects of grazing activities on different bird species richness and mammal richness are different. However, the species and number of birds and mammal richness in some areas are not completely clear, so it is necessary to conduct research in depth in the future.

Limitations and Future Works
In this study, based on consideration of interaction effects between the factors and consideration of fixed or random effects of factors, we explored the responses of habitat quality and animal biodiversity to grazing activities. Thus, the results of the study can provide references for biodiversity conservation on the QTP. However, there were still some limitations in this study. First, in this study, we investigated the responses of habitat quality and animal biodiversity to grazing activities at 5 km grid scale. Studies have shown that there was a scale effect of human activities on habitat quality and animal biodiversity (Li et al., 2019a; Su et al., 2019). For the QTP, which was a large area with a more complex environment, the effects of grazing activities on habitat quality and animal biodiversity may vary greatly at different raster scales.
Therefore, considering the above deficiencies, we will explore the impact of grazing activities on habitat quality and animal biodiversity at different scales, and combine with field research to make the results more accurate and reliable.

**CONCLUSION**

The responses of habitat quality and animal biodiversity and their interaction mechanisms were revealed spatially on the QTP in this study. Grazing activities lead to degradation of habitat quality and a sharp decline in biodiversity. In this study, based on the InVEST model, the habitat quality in grazing areas on the QTP was evaluated, and it was found that the overall habitat quality was good. The habitat quality level was mainly high, accounting for 76.43% of the area, and mainly distributed in the southern part. Then geographical detector method elucidated the independent effects of grazing activities and interaction effects between grazing activities and the factors on habitat quality and animal biodiversity. Finally, based on GLMM, considering the random effects and fixed effects of different grids, we found the relationship between grazing activities and habitat quality and animal biodiversity was mainly positive and negative, respectively. The regression coefficients distribution of grazing activities of habitat quality and animal biodiversity showed great spatial difference. The results showed that the areas where grazing activities had the greatest impact on habitat quality, bird species richness and mammal richness were mainly concentrated in the southeast, northeast, and southeast of the QTP, respectively.

The results of our study are of great significance for the study of responses of habitat quality and animal biodiversity to grazing activities and can provide effective guidance for biodiversity conservation on the QTP.

**DATA AVAILABILITY STATEMENT**

The original contributions presented in the study are included in the article-supplementary material, further inquiries can be directed to the corresponding author.

**ETHICS STATEMENT**

Ethical review and approval was not required for the study on human participants in accordance with the local legislation and institutional requirements. The patients/participants provided their written informed consent to participate in this study. Ethical review and approval was not required for the animal study because the animal studies are based on animal biodiversity data, which is freely available on the website.

**AUTHOR CONTRIBUTIONS**

SL and YL designed the research. FW, YS, ML, QW, and LY analyzed the data. All authors interpreted results and wrote the manuscript.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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