Dabigatran versus warfarin under standard or pharmacogenetic-guided management for the prevention of stroke and systemic thromboembolism in patients with atrial fibrillation: a cost/utility analysis using an analytic decision model

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Abstract

Background: Atrial fibrillation (AF) is the most common form of heart arrhythmia and a leading cause of stroke and systemic embolism. Chronic anticoagulation is recommended for preventing those complications. Our study aimed to compare the cost/utility (CU) of three main anticoagulation options: 1) standard warfarin dosing (SD-W) 2) warfarin dosage under the guidance of CYP2C9 and VKORC1 genotyping (GT-W) and 3) dabigatran 150 mg twice a day.

Methods: A Markov state transition model was built to simulate the expected C/U of dabigatran, SD-W and GT-W anticoagulation therapy for the prevention of stroke and systemic thromboembolism in patients with atrial fibrillation over a period of 5 years under the perspective of the public health care system. Model inputs were derived from extensive literature search and government databases. Outcomes considered were the number of total major events (thromboembolic and hemorrhagic events), total costs in Canadian dollars (1CAD$ = 1$US), total quality-adjusted life years (QALYs), costs/QALYs and incremental costs/QALYs gained (ICUR).

Results: Raw base case results show that SD-W has the lowest C/U ratio. However, the dabigatran option might be considered as an alternative, as its cost per additional QALY gained compared to SD-W is CAD $4,765, i.e. less than 50 000, the ICUR threshold generally accepted to adopt an intervention. At the same threshold, GT-W doesn’t appear to be an alternative to SD-W. Our results were robust to one-way and multi-way sensitivity analyses.

Conclusion: SD-W has the lowest C/U ratio among the 3 options. However, dabigatran might be considered as an alternative. GT-W is not C/U and should not currently be recommended for the routine anticoagulotherapy management of AF patients.

Keywords: Atrial fibrillation, Simulation, Cost-utility, Dabigatran etexilate, Warfarin, Anticoagulation, CYP2C9, VKORC1

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Introduction

Atrial fibrillation (AF) is the most common form of heart arrhythmia. Its prevalence exceeds 2% in the general population of individuals who are 40 years old and more and increases with age from 0.1% in 50 years old patients to 10%-15% in those who are more than 80 years old [1]. The number of AF patients is expected to increase as the result of population ageing [1]. AF is the leading cause of stroke and is also associated with a high risk of systemic embolism [2,3]. Thus, long-term anticoagulation therapy is recommended in all patients with AF. Vitamin K antagonists such as warfarin are currently the most prescribed oral anticoagulants with, in the USA only, around 31 million prescriptions filled each year [4].

By depleting active vitamin K, warfarin therapy reduces the risk of stroke by about 60 percent in patients with AF [2]. However, warfarin has a narrow therapeutic range and is not devoid of adverse reactions: hemorrhages or thromboses occur in 6 to 39% of patients annually and are mainly related to the effectiveness of anticoagulation [5-7].

Yet, there is a large inter-individual heterogeneity in the optimal warfarin dosage required to achieve a therapeutic effect (inter-patients variability varies by a factor of 20) [8-10]. This optimal dosage is defined as a 2 to 3 score in the international normalized ratio (INR) score of the prothrombin time, as a score below 2 increases the risk of thrombotic events and a score above 3 of hemorrhagic events. Maintaining patients in the therapeutic range is therefore of utmost importance. Close INR monitoring is needed to reduce the risk of bleeding and thromboembolism [8-10].

Inter-patient variability in plasma warfarin concentration is dependent on variables such as age, diet, drug interactions, and liver function but also on some genes that affect the metabolism of the drug [11]. The most important known genes in the pharmacokinetics of warfarin are CYP2C9 (the gene coding for cytochrome P450 2C9) and VKORC1 (a gene coding for the vitamin K epoxide reductase complex subunit). Genetic variation in these two genes account for approximately 30% to 50% of the variance in warfarin concentration between individuals [9,10,12]. Adjusting the first doses of warfarin under the guidance of CYP2C9 and VKORC1 alleles determination reduces the risk of bleeding and thromboembolic complications [13]. Indeed, the US Federal Drug Administration (FDA) suggested, in August 2007, to update the warfarin information sheet to include information on the possibility of CYP2C9 and VKORC1 pharmacogenetic testing [14].

Several new drugs have been developed recently that represent a new strategy in the fight against thromboembolism in FA patients. Dabigatran is the first of these new products and constitutes the main alternative to warfarin presently. Dabigatran exerts its anti-thrombotic effect by binding to thrombin, which prevents the conversion of fibrinogen to fibrin. It has been shown to be associated with a lower occurrence of systemic embolism and stroke than warfarin and does not require a close laboratory monitoring [15,16]. However, because of its higher price, some health authorities still consider dabigatran as an exception drug that requires an authorization prior to its prescription for patients covered by public health insurances.

Economic studies have shown that dabigatran is expected to be a C/U option under an acceptability threshold of 50 000$/QALY [17-22], while results on the comparison between warfarin standard dosing (SD-W) and warfarin genetic-guided dosing (GT-W) remain inconclusive [23-26]. Only one study has compared the 3 strategies (dabigatran 150 mg, SD-W and GT-W). It concluded that dabigatran 150 mg is a C/U option, under the perspective of the acceptability threshold of 50 000$/QALY. However, this study did not consider all major events related to anticoagulation and used a time horizon poorly supported by data [21]. Our study was conducted to evaluate the expected C/U of these anticoagulation options under the perspective of the public health care system in order to provide elements in support to the decision making process by health authorities.

Methodology

Modeling and event probabilities

A Markov state transition model was built to simulate the C/U of anticoagulation therapy for a virtual population of 10 000 individuals with a new diagnosis of AF under the perspective of the public health care system (Figure 1). The virtual population consisted of new AF patients with a mean age of 64 years (sd. = 8), who never had a previous stroke and who didn’t have a contraindication to anticoagulation therapy.

Outcomes considered were major hemorrhagic and thromboembolic events per 100 person-years, direct medical costs and quality-adjusted life-years (QALY). The model consists of daily cycles starting at the first day of anticoagulation treatment and ending 5 years later or at the death of an individual. The 5 years time horizon was chosen in order to take into account the chronicity of anticoagulation therapy in AF while avoiding to speculate about the long term effects of dabigatran.

Input parameters were retrieved from an extensive literature search of guidelines on anticoagulation in FA patients, and peer-reviewed published studies prioritized according to the following order: Quebec, other provinces of Canada, United States of America (USA), Europe and Australia.

The model begins by presenting the following three options: 1) SD-W; 2) GT-W; and 3) dabigatran 150 mg twice per day. Dabigatran was chosen among the new oral anticoagulants because it is the first one that has been approved in Canada and the first one that has been
included in drug lists of the Canadian provincial public insurance schemes.

In the warfarin options (SD-W and GT-W), treatment monitoring is performed by measuring the international normalized ratio (INR). INR may be below (<2), within (between 2 and 3), or above (>3) the therapeutic range. In the SD-W base case scenario, the time spent in each category (below, within and above) was based on the results of the RE-LY clinical trial comparing dabigatran and warfarin [16], while in the GT-W option, it was calculated using data from Anderson et al. 2007 [13]. We assumed that after one year 100% of individuals, whatever the warfarin group they belong to, had reached a stable maintenance dose [27]. The proportion of patient time spent in each INR category (below, within and above) was considered to be similar for both groups [27]. In the dabigatran option, it was assumed that no laboratory monitoring was required.

According to event probabilities [16,17,28,29], patients move into the Markov model through the following health states: no major event, major hemorrhagic event, major thromboembolic event, and death (Figure 2).

Major thromboembolic and hemorrhagic events were considered according to the definition of Fihn et al. [30]. Hemorrhages were classified into two categories: 1) intracranial (intracerebral and subdural hematoma) and 2) extracranial. We assumed that all extracranial hemorrhages were gastrointestinal as they constitute the majority of extracranial hemorrhages related to anticoagulant therapy regardless of the type of treatment.

![Markov state transition model](image1)

![Diagram of Markov health states transition](image2)
Major thromboembolic events considered were strokes, myocardial infarctions (MI), deep vein thromboses (DVT) and pulmonary embolisms (PE). Following the occurrence of a major event, the model assumed that an individual visits the emergency room and that he has a defined probability of being hospitalized for a short or a long period of time. In addition, the model considers the probability of survival and of death after each event as well as the probability to have mild or severe post-event sequelae (see Table 1). It also considers a complete cessation of anticoagulant therapy in case of intracranial hemorrhage and a one month cessation in case of gastrointestinal bleeding [26].

**Costs**

Costs included in the study are those of the public health care system. Only direct costs were estimated (Table 2).

Health services consumed along the course of an anticoagulation therapy relate primarily to services associated with prescription, warfarine monitoring and management of thromboembolic or hemorrhagic complications (deep vein thromboses, pulmonary embolisms, strokes, myocardial infarctions, intracranial, sub-dural and extracranial hemorrhages) [42,49-55] as well as the cost of follow-up in case of sequelae from a stroke or an intracranial hemorrhage.

The quantification of services consumed was based on the literature. In all cases, we considered for baseline values, recommendations by the Canadian guidelines on the management of thrombosis and anticoagulation [42,49-55]. For items not found in the guidelines, we used relevant economic studies published in peer-reviewed journals. Unit prices for services consumed were calculated from the administrative data of the Quebec public health care system. The lowest prices from the list of drugs covered by Quebec public healthcare insurance (Régie d'assurance maladie du Québec (RAMQ)) were used to estimate the cost of outpatient medication, to which were added 6% for wholesalers as well as the pharmacist fees paid by RAMQ. Diagnosis related-groups (DRG) data were used to calculate the average cost of hospitalization to which were added the physician fees paid by RAMQ. The ministry of health SIFO data bank was used to calculate activity center unit prices for ambulatory care. These prices were increased to reflect the contribution of support activity centers to clinical services, using the direct method [56]. The rate base used for these sources was the values of the 2010-2011 fiscal year.

**Utilities**

Utility scores used for each health states are presented in Table 1. They were retrieved from published studies [21,47,48]. Utility scores were then used to weight the time spent in each health state to produce QALYs.

**Simulation process and analysis**

Simulations were carried out on the SCHNAPS platform simulator [57,58] that runs on the CLUMEQ network super computers. In the “individual sampling model (ISM)” simulation that was performed, each virtual individual is generated and has his own path in the simulation process. Simulations were repeated 1000 times with different virtual populations of 10 000 individuals. However, each of the 1000 different virtual population generated was used for the three options compared. The principal outcome measured was the incremental cost-utility (ICUR) ratio calculated using the difference in average individual cost over the 1000 simulations divided by the difference in average QALYs. We considered the literature that proposes that an option can be accepted as cost-effective if its ICUR is CAD$ 50 000/QALY or less [59]. An option was considered dominated if it was more costly and less effective (less QALY) in comparison to its alternative (strict dominance) or if it’s incremental cost-effectiveness ratio was greater than that of the next, more effective, and more expensive alternative (extended dominance). All costs and QALY were discounted at a baseline annual rate of 3%.

**Sensitivity analyses**

Univariate and multiway probabilistic sensitivity analyses were performed using the parameters that were unforeseen as having a possible impact on the outcomes (Table 1). One way sensitivity analyses were performed to evaluate the eventual impact of each single parameter on the results. We tested the minimum and the maximum values (from the 95% confidence intervals) for each of these variables. For the GT-W option, we tested several patient percentage times in therapeutic range (TTR) values in order to find the value for which GT-W would be cost-effective compared to SD-W. Subsequently, multi-way probabilistic sensitivity analyses using Monte Carlo simulations were performed using a virtual population of 5000 individuals. We assumed that event probabilities and utility scores followed a beta distribution, that costs followed a gamma distribution while relative risks were assumed to have a log-normal distribution [60]. A C/U acceptability curve [61] was then produced from 1000 Monte Carlo iterations in order to better define the joint uncertainty of the parameters on C/U ratios.

**Validation**

The Markov state decision model and the parameterization were validated by two experts (MA, PM) in genetics and anticoagulotherapy.

The simulation process was validated at each step to ensure that the data generated matched expected data. This consisted in verifying that the number of events (major bleedings and major thromboembolisms)
### Table 1 Model input parameters

| Parameter                                                                 | Baseline | Range for sensitivity analysis | Distribution | Reference(s) |
|---------------------------------------------------------------------------|----------|---------------------------------|---------------|--------------|
| **Event probabilities**                                                   |          |                                 |               |              |
| Percentage of INR time in therapeutic range (2-3) in warfarin usual standard dosing | 64%      | 55-69%                          | Beta          | [16]         |
| Proportion of INR time range below therapeutic range (<2)                 | 54%      | 45-60%                          |               | [13]         |
| Percentage of increasing of TTR by warfarin pharmacogenetic guided dosing | 7.3%     | 0-30%                           |               | [13]         |
| Risk of major bleedings INR in therapeutic range                          | 1.4%     | 0.9-2.3%                        |               | [32,33]      |
| Relative risk of major bleedings INR above therapeutic range              | 1        | -                               | Fixed (reference) |              |
| Relative risk of major bleedings INR below therapeutic range              | 4.7      | 3.57-10                         | Log-normal    |              |
| Relative risk of major hemorrhagic event dabigatran 150 mg vs warfarin    | 0.93     | 0.81-1.07                       |               | [16,17,28,29]|
| Major hemorrhagic events (warfarin treatment)                             |          |                                 |               |              |
| Proportion intracranial                                                   | 42%      | 20-45%                          | Beta          | [24,31]      |
| Proportion extracranial                                                   | 58%      | 55-80%                          |               | [31]         |
| Proportion major hemorrhagic events Dabigatran 150 mg                     |          |                                 |               |              |
| % Intracranial                                                           | 12.6%    | 6.3-13.4%                       |               | [14,18-20]   |
| % Extracranial                                                           | 90.4%    | 86.6-93.7                       |               |              |
| Risk of major thromboembolic events INR in therapeutic range              | 2.4%     | 1.2-4.9                         |               | [32,34]      |
| Relative risk of major thromboembolic events INR above therapeutic range  | 3.5      | 2.8-44                          | Log normal    |              |
| Relative risk of major thromboembolic events INR below therapeutic range  | 0.9      | 0.6-1.3                         |               |              |
| Relative risk of major thromboembolic events dabigatran 150 vs warfarin    | 0.66     | 0.53-0.82                       |               | [16]         |
| Stroke and systemic embolism                                              |          |                                 |               |              |
| MI                                                                        | 1.38     | 1-1.91                          |               | [16]         |
| PE                                                                        | 1.61     | 0.76-3.42                       |               | [16]         |
| Major thromboembolic events (warfarin treatment)                          |          |                                 |               |              |
| % Stroke                                                                 | 52.5%    | Fixed                           |               | [35]         |
| % Myocardial infarctus (MI)                                               | 12.5%    |                                 |               |              |
| % Pulmonary embolism (PE)                                                 | 30%      |                                 |               |              |
| % Deep venous thrombosis (DVT)                                            | 5%       |                                 |               |              |
| Complications                                                             |          |                                 |               |              |
| Intracranial                                                              | No deficit | 8%                          |               | [31,36]      |
| Mild deficit                                                              | 16%      |                                 |               |              |
| Severe deficit                                                            | 34%      |                                 |               |              |
| Death (first month)                                                       | 42%      |                                 |               |              |
| Extracranial                                                             | 2%       |                                 |               | [31]         |
| Major thromboembolism event                                               | Stroke   | Month 1 : 8.3%                   |               | [24,36,37]   |
| Death                                                                     | Months 2 and 3 : 5.6% per month |              |               |              |
| Severe deficit                                                            | 40.2%    |                                 |               |              |
| Mild deficit                                                              | 42.5%    |                                 |               |              |
| No deficit                                                                | 9.1%     |                                 |               |              |
| Death PE                                                                  | 12%      |                                 |               | [38,39]      |
| Death DVT                                                                 | 6%       |                                 |               | [38,40]      |
| Death IM                                                                  | 7%       |                                 |               | [24]         |
Table 1 Model input parameters (Continued)

| Treatment discontinuation after a major event | Intracranial hemorrhage | Extracranial hemorrhage |
|-----------------------------------------------|-------------------------|-------------------------|
| Intracranial hemorrhage                       | 100% during the entire period |
| Extracranial hemorrhage                       | 100% during 30 days |

Costs (CAD$)

| Drug costs | Dabigatran 150 mg | 3.20/day | 1-5 | Gamma |
|-------------|-------------------|----------|-----|-------|
|             | Warfarin 5 mg     | 0.074/day| 0.03-0.1 |
|             | LMWH              | 27.90/5 days | - | Fixed |

| INR monitoring (first year) | SD-W | 8.06/month | 5-12 | Gamma |
|-----------------------------|------|------------|------|-------|
|                             | GT-W | 4.03/month | 2-6  | Assumption |

| INR monitoring (subsequent years) | 4.03/month | 2-6 | Assumption |

| Genetic tests (CYP2C9 and VKORC1) | 615 | 100-1000 |
|-----------------------------------|-----|----------|

| One-time event treatment costs | Ischemic stroke, no deficit | 845 | 500-100 |
|--------------------------------|------------------------------|-----|---------|
|                                 | Ischemic stroke, mild deficit | 23772 | 15000-40000 |
|                                 | Ischemic stroke, severe deficit | 42620 | 30000-60000 |
|                                 | Intracranial hemorrhage (ICH), non deficit | 1067 | 25000-50000 |
|                                 | ICH mild deficit | 21218 | 15000-25000 |
|                                 | ICH severe deficit | 36451 | 25000-50000 |
|                                 | Subdural hematoma | 31942 | 20000-45000 |
|                                 | Extracranial hemorrhage | 8146 | 5000-12000 |
|                                 | DVT | 2576 | 1500-4000 |
|                                 | PE | 8799 | 5000-9000 |
|                                 | MI | 7177 | 5000-15000 |

| Post-event cost | Severe disability stroke/ICH | 6259/month | 3000-10000 |
|-----------------|------------------------------|------------|------------|
|                 | Mild disability stroke/ICH | 1855/month | 1000-3000 |

| Health utilities | | |
|------------------|------------------|---|---|
| Warfarin no event | 0.95 | 0.95-0.98 | Beta | [21,47,48] |
| Dabigatran no event | 0.95 | 0.95-0.98 | [21,47,48] |
| Major bleeding | ICH | No deficit | 0.51 | 0.15-0.60 | [21,47,48] |
|                 | Mild deficit | 0.75 | 0.70-0.90 |
|                 | Severe deficit | 0.95 | 0.90-0.95 |
|                 | Extracranial | 0.80 | 0.75-0.85 |
| Stroke | No deficit | 0.95 | 0.90-0.95 | [21,47,48] |
|         | Minor | 0.75 | 0.70-0.90 |
|         | Severe | 0.39 | 0.15-0.50 |
| MI | 0.84 | 0.80-0.90 | [21,47,48] |
| PE | 0.76 | 0.70-0.90 | [21,47,48] |
| DVT | 0.84 | 0.80-0.90 | [21,47,48] |
corresponded to their predefined expected occurrence according to the literature [49-54].

Ethical approval
This project was approved by the Research Ethics Committee of Laval University.

Table 2 Base case results

| Option                                      | Major bleeds/100 person-year | Major TE/100 person-year | Cost/patient (CAD $) | QALY/patient | Cost/QALY Δ Cost CAD $ | Δ QALY ICUR |
|---------------------------------------------|------------------------------|---------------------------|----------------------|--------------|------------------------|-------------|
| Standard warfarin* dosage                   | 3.21                         | 2.12                      | 7 289                | 3.5368       | 2061                   |             |
| Pharmacogenetic oriented warfarin dosage    | 3.09                         | 2.126                     | 7 749                | 3.5453       | 2186                   | 460         |
| Dabigatran 150 mg BID                       | 2.872                        | 1.813                     | 8 494                | 3.7897       | 2241                   | 745         |

*Less costly option.

Results

Base-case C/U results are presented in Table 2. SD-W has the lowest raw C/U ratio. However, compared to SD-W, dabigatran increases QALYs by 0.2529 and increases the cost/individual by CAD$ 1205 for an ICUR of 4765/QALY gained. It is therefore under the commonly proposed

Table 3 One-way Sensitivity analysis results

| Parameter                                                                 | Option                                      | Cost/patient | Δ cost QALY | Δ QALY ICUR |
|---------------------------------------------------------------------------|---------------------------------------------|--------------|-------------|-------------|
| 76.8% of Patient TTR with warfarin pharmacogenetic guided dosing          | Warfarin standard                           | 7289         | 3.5358      |             |
|                                                                           | Warfarin genetic testing                     | 7611         | 3.6348      | 0.099       | 3253         |
|                                                                           | Dabigatran 150                               | 8494         | 3.7897      | 0.1549      | 5700         |
| RR major hemorrhagic event dabigatran 150 vs warfarin = 0.81             | warfarin standard                            | 7289         | 3.5358      |             |
|                                                                           | warfarin genetic testing                     | 7749         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | Dabigatran 150                               | 8142         | 3.8667      | 0.3214      | 2586         |
| RR major hemorrhagic event dabigatran 150 vs warfarin = 1.07             | warfarin standard                            | 7289         | 3.5358      |             |
|                                                                           | warfarin genetic testing                     | 7749         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | Dabigatran 150                               | 8765         | 3.708       | 0.1627      | 8570         |
| RR stroke dabigatran 150 VS warfarin = 0.82                             | warfarin standard                            | 7289         | 3.5358      |             |
|                                                                           | warfarin genetic testing                     | 7749         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | Dabigatran 150                               | 8298         | 3.8113      | 0.2755      | 3660         |
| RR stroke dabigatran 150 VS warfarin = 0.53                             | warfarin standard                            | 7289         | 3.5358      |             |
|                                                                           | warfarin genetic testing                     | 7749         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | Dabigatran 150                               | 8765         | 3.708       | 0.1627      | 8570         |
| Cost genetic tests = CAD$ 100                                            | warfarin standard                            | 7289         | 3.5368      |             |
|                                                                           | warfarin genetic testing                     | 7330         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | dabigatran 150                               | 8494         | 3.7897      | 0.2444      | 4765         |
| Cost genetic tests = CAD$ 1000                                           | warfarin standard                            | 7289         | 3.5368      |             |
|                                                                           | warfarin genetic testing                     | 8050         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | dabigatran 150                               | 8494         | 3.7897      | 0.2444      | 4765         |
| Day cost of dabigatran 150 = 1CAD$                                      | Dabigatran 150                               | 5217         | 3.7897      |             |
|                                                                           | Warfarin standard                            | 7289         | 2072        | 3.5368      | -0.2444      | Dominated  |
|                                                                           | Warfarin genetic testing                     | 7749         | 460         | 3.5453      | -0.0085      | Dominated  |
| Day cost of dabigatran 150 = 5CAD$                                      | Warfarin standard                            | 7289         | 3.5368      |             |
|                                                                           | Warfarin genetic testing                     | 7749         | 3.5453      | 0.0085      | Dominated    |
|                                                                           | Dabigatran 150                               | 11182        | 1164        | 3.7897      | 0.2444      | 15393       |
| Utility score dabigatran without event = 0.98                           | warfarin standard                            | 7289         | 3.5358      |             |
|                                                                           | warfarin genetic testing                     | 7749         | 460         | 3.5453      | 0.0085      | Dominated  |
|                                                                           | Dabigatran 150                               | 8494         | 745         | 3.002       | 0.3567      | 3290        |
threshold of 50 000$/QALY. GT-W is not C/U. Compared to SD-W, it increases QALYs only by 0.0085, and increases the cost/individual ratio by CAD$ 460 for an ICER of 54 118/QALY gained. It is also dominated by dabigatran (extended dominance).

Sensitivity analyses show that the results were robust either in one-way or in probabilistic multiway sensitivity analyses. In one-way sensitivity analyses, dabigatran remains an alternative to the SD-W option if the threshold of 50 000$/QALY is socially considered as acceptable [59]. Compared to SD-W, GT-W is not C/U except when this strategy allows patients to have an average of 76.8% of patient TTR, i.e. 20% more than in the SD-W option in the first year (Table 3). This value was found as the threshold for GT-W to be cost-effective and the ICUR is then 3250/QALY gained which is less than the acceptability threshold of 50 000 CAD $ [59].

In probabilistic multiway sensitivity analyses, dabigatran 150 mg remains the most C/U option. Compared to SD-W, it is dominant in 32% of iterations and cost-effective in 99.75% of iterations if the ceiling ratio threshold is fixed at CAD$ 50 000/QALY gained (Figure 3).

**Discussion**

In this study, we evaluated through a simulation model the expected cost-utility of three anticoagulation options namely SD-W, GT-W and dabigatran 150 mg twice daily, over a 5 years’ time horizon and under a public health care perspective. Our results show that the dabigatran option is the most C/U option if the public health care system accepts to invest CAD $4 800 per additional QALY gained. This amount is lower than the 50 000 per QALY gained commonly proposed as the threshold to adopt an innovation in North-America [59]. Although our study has used a more complete model than several other C/E analyses, its results are consistent with the literature [17-20,22]. Nevertheless, we don’t know if the results could be generalized to all other NOACs as there is still a lack of data concerning the direct comparison between the different products on the market. Currently, only indirect comparisons exist on the efficacy and safety of the NOACs that show that they are effective compared to warfarin. Yet, when they are compared to each other, there is no difference in efficacy, although some differences in safety might exist [62,63].

The GT-W option was not cost/effective (if not dominated) compared to the two other options. This is in line with other studies that have compared warfarin treatments with or without genetic testing [23,25,26]. However, GT-W could be the most C/U option compared to SD-W and dabigatran150 mg, if the average patient time in the therapeutic range moves from 66.6% to 76.8% i.e. if it is 20% higher than in the SD-W option in the first year. However, this is a very ambitious objective to reach even in clinical trial conditions [13]. This result is close to that of You et al. [21] who showed that the GT-W option could become the most cost-effective option if the patient time in the therapeutic range was > 77%.

This study has some limitations. First, the key input parameters (events probabilities, INR control) comparing dabigatran vs. SD-W or SD-W vs. GT-W were taken from one single randomized controlled clinical trial. This issue could have decreased the ICUR since the effectiveness of dabigatran or GT-W may be overestimated by controlled clinical trials compared to the situation in real life. Nevertheless, we have done extensive sensitivity analyses in order to handle this problem.

The second limitation is the complexity of mapping the reality. Some simplifications and assumptions were inevitable in the modeling approach. For example, we did not consider minor events (bleedings and thromboembolism)
that occur with anticoagulation therapy. This issue could have increased the ICURs.

Thirdly, our model did not consider patients’ adherence with medication in order to make a fairly comparison of the dabigatran option with the two others. Indeed, while longtime adherence for warfarin is available, there is still a lack of data on longtime adherence for dabigatran [64]. Taking into account the medication adherence would have led us to make assumptions about the adherence for dabigatran.

Finally, our model is limited by the consideration of only direct costs and one single perspective, i.e. the public healthcare perspective. The addition of the patients’ perspective could increase the ICUR especially in the case of SD-W that might require time and travel expenses for INR control.

Despite these limitations, the results of this study suggest that dabigatran 150 mg twice per day is a C/U alternative to SD-W. Its additional cost per QALY gained is considered as socially acceptable. GT-W is not C/U and should not be recommended in routine management of warfarin anticoagulotherapy in FA patients. However, our results produced in the Quebec/Canadian context (a quasi-exclusive public health care system) remain to be confirmed for other health care jurisdictions especially where the public system is not dominant.

Competing interests
The authors declare that they have no competing interests.

Authors’ contributions
All authors: Conception, design, acquisition and validation of data. MG, XD, DF: computer simulations. NL, DR, YG, FR, CG, AM, MP: analysis and interpretation of results. NL, DR, JD: Drafting the article. NL, DR, FR, AM, YG, MP: critically revising of the article. All authors approved the final version of article.

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