The post-common-envelope binary central star of the planetary nebula PN G283.7–05.1*

A possible post-red-giant-branch planetary nebula central star

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ABSTRACT

We present the discovery and characterisation of the post-common-envelope central star system in the planetary nebula PN G283.7–05.1. Deep images taken as part of the POPIPaNe survey indicate that the nebula may possess a bipolar morphology similar to other post-common-envelope planetary nebulae. Simultaneous light and radial velocity curve modelling reveals that the newly discovered binary system comprises a highly irradiated M-type main-sequence star in a 5.9-hour orbit with a hot pre-white dwarf. The nebular progenitor is found to have a particularly low mass of around 0.4 \( M_\odot \) (PHR J0958–6126; \( \alpha = 09^h 58^m 32.3^s, \delta = -61^\circ 26' 40'\)), which is the product of a common-envelope event while still on the red giant branch. In addition, the model temperature, surface gravity, and luminosity are all found to be consistent with the observed nebula and the low mass of the central star of the nebula is not consistent with post-RGB evolutionary tracks.

Key words. binaries: spectroscopic – binaries: eclipsing – binaries: close – planetary nebulae: individual: PN G283.7–05.1 – stars: AGB and post-AGB

1. Introduction

It is now beyond doubt that central star binarity plays an important role in the formation and evolution of a significant fraction of planetary nebulae (PNe; Soker 1997; Jones & Boffin 2017; Boffin & Jones 2019). However, the exact nature of that role, and its importance for the PN population as a whole, is still not well understood. The strongest impact binary evolution can have on a resulting PN is via the so-called common-envelope (CE) phase, through which some 20% or more PNe are believed to have been formed (see e.g. Miszalski et al. 2009). Such an evolution has been shown to have a clear shaping effect on the resulting PN (Hillwig et al. 2016). However, we still lack a statistically significant sample of these post-CE central stars for which the stellar and orbital parameters are well constrained enough to be able to effectively probe the properties of, and processes at work in, the CE phase. Recent works have shown that detailed studies of post-CE central stars can provide critical information for the understanding of the CE phase, from the pre-CE mass transfer evolution (e.g. Boffin et al. 2012a; Miszalski et al. 2013; Jones et al. 2015) through to the efficiency of the ejection (Iaconi & De Marco 2019).

Here we present the latest results of an ongoing, concerted effort to reveal and characterise the binary nature of the central stars of PNe (CSPNe), in the form of the discovery and combined light and radial velocity curve modelling of the binary central star of PN G283.7–05.1 (PHR J0958–6126; \( \alpha = 09^h 58^m 32.3^s, \delta = -61^\circ 26' 40'\); J2000) discovered by Parker et al. (2006, as part of the MASH project); it was classified as a “likely PN” and described as a “small, approximately circular, faint nebula”. Further imagery was acquired as part of the POPIPaNe survey (Boffin et al. 2012b) hinting at a more complex nebular structure than initially revealed by the shallower and lower resolution survey data used by the MASH project. The POPIPaNe images (Fig. 1) show the same roughly elliptical central nebula with an apparently off-centre central star, but also an
are of emission, visible in both Hα and [O III] images, located to the north-east (around 30 ″ from the central star), as well as a possible counterpart in the south-west (around 22 ″ from the central star). The central region measures roughly 20 ″ of emission, visible in both Hα and [O III] images, located to the north-east (around 30 ″ from the central star), as well as a possible counterpart in the south-west (around 22 ″ from the central star). The central region measures roughly 20 ″ × 10 ″ with a boxy appearance somewhat similar to that of Ou 5 (Corradi et al. 2014), possibly indicating that the nebula may actually be bipolar and that the arcs of emission represent more extended lobes.

This paper is organised as follows. The observations and data reduction are presented in Sect. 2. The PHOEBE2 modelling of the central star system can be found in Sect. 3; an analysis of the nebular spectrum is presented in Sect. 4. Finally, the results are discussed in Sect. 5.

2. Observations and data reduction

2.1. Photometry

Between 22 and 23 March 2015 and then again between 2 and 6 March 2016, imaging observations of the central star system of PN G283.7−05.1 were acquired using the EFOSC2 instrument (Buzzoni et al. 1984; Snodgrass et al. 2008) mounted on the European Southern Observatory’s 3.6 m New Technology Telescope (ESO-NTT). The E2V CCD (pixel scale 0.24 ″ pixel−1) was employed along with the standard broadband filter set: B Bessel (#639), V Bessel (#641), R Bessel (#642) and Gunn i (#705). Roughly ∼20 observations were made using each filter, with the exception of B Bessel and R Bessel where nearly 100 were made. The exact dates of each observation can be found in the online data, while individual exposure times can be acquired (along with the unprocessed data) from the ESO archive1.

The observations were debiased and flat-fielded using routines from the ASTROPY affiliated package CCDPROC. Differential photometry of the central stars was then performed against field stars using the SEP implementation of the EXTRACTOR algorithms (Bertin & Arnouts 1996; Barbuy 2016) before being placed on an apparent magnitude scale using observations of standard stars taken during the course of the observations. A circular aperture of 1 ″ was used for the photometry in order to avoid contamination from a field star roughly 2 ″ to the west of the CSPN. We note that the nebula itself is too faint to significantly contaminate the photometry, even in the broadband filters used. The resulting photometric measurements are available at the CDS.

The light curves were searched for periodicities using the PERIOD package of the STARLINK software suite. The determined ephemeris is

\[ \text{HJD}_{\text{eclipse}} = 2457449.883246(1) + 0.245845(3)E \]  

for the Heliocentric Julian Date of the mid-point of the deepest (primary) eclipse (HJD\(_{\text{eclipse}}\)), where \( E \) is an integer representing the number of orbits since the eclipse time quoted in the ephemeris. The phase-folded light curves for each filter are shown in Fig. 2.

The primary eclipse is relatively well observed in all bands, with depth decreasing with the redness of the passband, entirely consistent with the primary being much hotter than the secondary and thus contributing more in the bluer bands. The secondary eclipse is also clearly detected in both bands (B and R) for which observations were taken at the appropriate phase. These eclipses are observed superimposed upon a roughly sinusoidal modulation with minimum at primary eclipse and maximum at secondary eclipse; this light curve morphology is typical of the secondary being irradiated by the primary, again indicating that the primary must be significantly hotter than the secondary.

2.2. Radial velocity monitoring

Spectroscopic monitoring of the central star system of PN G283.7−05.1 was performed on 5–9 January 2016 using the FOCal Reducer/low dispersion Spectrograph (FORS2; Appenzeller et al. 1998) instrument mounted on the Unit Telescope 1 (UT1 or Antu) of the European Southern Observatory’s 8.2 m Very Large Telescope (ESO-VLT). A 0.7 ″ slitwidth was employed along with the 1400 grism (approximate wavelength coverage, 4600 Å ≤ λ ≤ 5800 Å, with a resolution of \( R \sim 3000 \)) and the blue-sensitive E2V detector. Exposure times were 900 s; the exact dates of each individual observation can be found in Table 1. Basic reduction (debiasing, flat-fielding, wavelength calibration) was performed using the standard FORS2 pipeline before sky-subtraction and optimal extraction of target spectra by standard STARLINK routines (Shortridge et al. 2004). The resulting spectra were then corrected for heliocentric velocity via cross-correlation of the [O III] nebular lines at 4958.911 Å and 5006.843 Å, placing all spectra at the rest velocity of the host nebula.

Fig. 1. POPPIlaN imagery of PN G283.7−05.1 taken in the light of Hα + [N II] (left and right) and [O III] 5007 Å (centre). The location of the central star is identified in the [O III] 5007 Å image, while on the higher contrast presentation of the Hα + [N II] image (right) the location of the “arcs” is indicated by the red arrows. Each image measures 2′ × 2′. North is up, east is left.
The spectrum of the central star of PN G283.7–05.1 shows pronounced He II absorption lines at both 4685.61 Å and 5411.52 Å (see Fig. 3). However, the emission line complex C III and N III at 4630–4650 Å, associated with the irradiation of the secondary by the hot primary (Miszalski et al. 2011b), is only very weakly detected (or even undetected) at most phases (with the exception of observations taken between phases ~0.3 and 0.7 when the irradiated face of the companion is most prominent). Cross-correlation with a template spectrum containing the irradiated emission complex (N III 4643 Å and 4640 Å; C III 4647 Å, 4650 Å, and 4651 Å) was used to derive the radial velocities (RVs) of the companion, while a template with the prominent absorption features shown in Fig. 3 (Hβ; He II 4686 Å and 5412 Å) was used for the RVs of the primary. In both cases, the uncertainties were estimated by fitting a bisector to the strongest peak of the cross-correlation function. The resulting RV measurements are presented in Table 1, while the data is shown folded on the ephemeris derived from the more comprehensive photometric dataset (described in Sect. 2.1) in Fig. 4.

Sine curves fitted to the RVs are in good agreement with the photometric ephemeris, with both components showing velocity zeros during eclipse and maxima or minima at quadrature. The primary RV curve is well fit by a sine of amplitude $K_1 \approx 97$ km s$^{-1}$. The RV curve of the secondary is more sparsely sampled, but fitting results in an amplitude $K_2 \approx 140$ km s$^{-1}$. However, the true centre-of-mass amplitude is likely much greater as the emission lines used to measure the radial velocity of the secondary are only produced in the irradiated hemisphere (Exter et al. 2003; Miszalski et al. 2011a). Together, the RV curves imply a mass ratio, $q = m_2/m_1 \leq 0.7$.

### 2.3. Nebular spectroscopy

On the night of 9 December 2015, the nebula of PN G283.7–05.1 was observed using the FORS2 instrument employing the red-sensitive MIT/LL CCD mosaic and a 0.7" slitwidth at a position angle of ~20° (spatial scale of 0.25′′ pixel$^{-1}$). A 2500 s

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**Table 1.** Radial velocity measurements for the two components of the central star of PNG283.7–05.1.

| HJD        | Hot component (km s$^{-1}$) | Cool component (km s$^{-1}$) |
|------------|-----------------------------|-------------------------------|
| 2457393.78640 | 74.3 ± 7.4                 | –                             |
| 2457393.81527 | 41.0 ± 3.1                  | –                             |
| 2457394.66885 | −34.9 ± 9.6                | –                             |
| 2457394.71376 | 46.4 ± 11.2                | −82.3 ± 25.3                 |
| 2457394.76988 | 84.9 ± 9.2                 | –                             |
| 2457394.81629 | −23.5 ± 5.1                | –                             |
| 2457395.64128 | −65.7 ± 15.3               | 108.2 ± 27.4                 |
| 2457395.72598 | 96.1 ± 5.5                 | −122.2 ± 46.9               |
| 2457395.81005 | −19.2 ± 2.8                | –                             |
| 2457395.86071 | −107.7 ± 7.7               | 123.8 ± 29.6                 |
| 2457396.72222 | 95.2 ± 6.1                 | –                             |
| 2457396.79068 | −26.9 ± 2.5                | –                             |
| 2457396.84338 | −102.4 ± 3.1               | 146.0 ± 13.0                |
| 2457396.87510 | −56.9 ± 4.4                | –                             |

**Notes.** The irradiated emission line complex was not detected in more than half of the spectra, and thus the radial velocity of the cool component was not measured.

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**Fig. 2.** Phase-folded photometry of the central star system of PN G283.7–05.1 overlaid on the best-fitting PHOEBE2 model light curves.
Fig. 3. Example spectrum of the central star of PN G283.7–05.1 (in black), taken at an orbital phase of roughly 0.26. The spectrum highlights the prominent absorption spectrum of the primary as well as the extremely weak nature of the irradiated emission line complex. A TMAP synthetic spectrum with $T_{\text{eff}}$ and surface gravity roughly consistent with the PHOEBE2 model is underlaid in red.

Fig. 4. Phase-folded RVs of the hot (blue) and cool (red) components of the central star system of PN G283.7–05.1, overlaid on the best-fitting PHOEBE2 model RV curves. The centre-of-mass RV curve of the secondary is shown as the dotted grey line, while the RV of its innermost point (i.e. the most highly irradiated part of the stellar surface) is shown as the dashed grey line.

exposure was acquired using the GRIS_1200B grism (resolution $\sim$1 Å across the wavelength range $3600 \lesssim \lambda \lesssim 5000$ Å), and a further 120 s exposure using the GRIS_600RI grism and the GG435 order blocking filter (resolution $\sim$3 Å across the wavelength range $5100 \lesssim \lambda \lesssim 8300$ Å). The raw data were bias subtracted, cleaned of cosmic ray hits, wavelength- and flux-calibrated (via calibrations and standard star observations taken as part of the standard ESO calibration plan) using standard STARLINK routines (Shortridge et al. 2004; Draper et al. 2006). The reduced two-dimensional frames were then extracted to one-dimensional spectra using ESO-MIDAS, avoiding the region containing the central star in order to isolate the nebular spectrum (as in Wesson et al. 2018).

About 15 emission lines are detected in the nebular spectrum, including several hydrogen Balmer lines, and a few of the brightest lines of He I, He II, [O III], [Ar III], and [Ne III] (see Table 3). The extinction could be estimated from the Balmer line ratio of H$\alpha$, H$\beta$, and H$\gamma$ to be $c$(H$\beta$) = 0.4 ± 0.2, corresponding to a visual extinction, $A_V$, of approximately 0.77 magnitudes.

3. Simultaneous modelling of the light curves and RV curves

In order to derive the system parameters of the binary central star of PN G283.7–05.1, the light and radial velocity curves presented in Sects 2.1 and 2.2 were modelled simultaneously using the version 2.2 release of the PHOEBE2 code (Jones et al. 2020).

Simultaneous modelling of The hot primary was modelled as a blackbody with linear limb darkening (LD), where the intensity of a given stellar surface element ($I_\theta$) is taken to vary as a function of the emergent angle ($\theta$, with $\mu$ defined as the cosine of this angle) in the form $I_\theta/I_0 = 1 - x(1 - \mu)$, the coefficient of which ($x$) was considered a free parameter. The secondary was modelled using Castelli & Kurucz model atmospheres (Castelli et al. 2003), with interpolated LD as implemented in the PHOEBE2 code (Prša et al. 2016). The stellar masses, temperatures, and radii, as well as the binary inclination and secondary albedo, were considered free parameters. The systemic velocity of the binary was fixed to the nebular velocity (i.e. zero on the scale of Fig. 4). As mentioned in Sect. 2.2, the RVs of the secondary do not reflect its centre-of-mass RV but rather that of the irradiated region in which the emission lines are produced. By default, PHOEBE2 determines the flux-weighted (i.e. centre-of-light) RVs of the model binary components. As the flux-weighted RVs are derived after the treatment of irradiation, this technique is essentially the same as the $K$-correction method applied to, for example, low-mass X-ray binaries (Muñoz-Darias et al. 2005) and cataclysmic variables (Thorpegood et al. 2005). Without the implementation of irradiated atmosphere models (which would predict the exact zones from which the irradiated emission lines originate), no further improvement is possible on the modelling approach (Horvat et al. 2019). However, the possible implications of this approach on our conclusions will be explored in full.

Following an initial manual exploration of the parameter space, fitting was performed via a Markov chain Monte Carlo (MCMC) method as outlined in Jones et al. (2019). The final model light curves and RV curves are shown overlaid on the data in Figs. 2 and 4, respectively. The model provides a good fit to all the data at all phases. The RV residuals are found to be of order one uncertainty or less for both components at all phases. We note that the model RV curves for both components show appreciable Rossiter-McLaughlin effects as a result of the eclipsing nature of the system. The RV curve of the irradiated companion shows a similar effect away from eclipse, due to the transition of its photocentre from the irradiated hemisphere (which is disappearing from view at these phases) to the now-visible non-irradiated face.

The fit to the photometry is good except in regions where the observations themselves display a large intrinsic scatter such as the $B$-band primary eclipse (where the deviation between observations and model are 3σ at most but generally much lower, particularly when the photometric data are binned). The final model parameters and their uncertainties (from sampling of the MCMC posteriors, as presented in Fig. 5) are shown in Table 2.

The model secondary radius is roughly 50% larger than expected for its mass (see e.g. Parsons et al. 2018), a finding that is not uncommon amongst young post-CE binaries, with most having been found to present much more inflated secondary radii, probably as a result of mass transfer (Jones et al. 2015). The secondary temperature is also a little greater than would be expected for an isolated field star of the same mass and radius; however, given the high levels of irradiation as evident from the shape of the binary light curve, the model temperature seems reasonable.

2 This scatter is likely due to underestimation of the photometric uncertainties, which are purely statistical and include no contribution from nebular contamination.
The model primary mass is found to be particularly low, well-below the transition between post-RGB and post-AGB core masses even when accounting for the uncertainties. However, its relatively high temperature and low surface gravity (log $g \sim 5.3$) are not consistent with post-RGB evolutionary tracks (Hall et al. 2013; Hillwig et al. 2017). The primary mass is principally constrained by the measured secondary RVs which, as highlighted above, do not directly reflect the centre-of-mass RV of the star. If the region from which the irradiated emission lines originate is closer to the first Lagrange point than the $B$-band photocentre of the model, then the model primary mass will inevitably be underestimated. To explore this possibility, a second series of MCMC chains were run, this time taking the secondary RV to be representative of only the point closest to the hot component (i.e. maximising the primary mass while still fitting the other observables$^3$). In this case, the model primary mass increases from $0.34 \pm 0.05 M_\odot$ to $0.42 \pm 0.05 M_\odot$, while its radius hardly changes to $0.23 \pm 0.03 M_\odot$. As such, although the model primary mass quoted in Table 2 may be underestimated, it is unlikely to be greater than $\sim 0.47 M_\odot$, and therefore unlikely to be consistent

$^3$ It is important to repeat the fitting rather than simply adjusting the primary mass while maintaining all other parameters the same; changing the primary mass also alters the orbital separation, and thus means other parameters must be altered in order to fit the observed light curve (namely the stellar radii).
with any post-RGB evolutionary tracks\(^4\). The mass, temperature, and radius of the secondary vary by approximately one uncertainty with respect to the centre-of-light model, meaning that the conclusions regarding its parameters are not significantly different.

The luminosity of the model primary component (log \(L/L_\odot \sim 3.5\)) is extremely high for a post-RGB star, given that a typical maximum luminosity at the tip of the RGB is log \(L/L_\odot \sim 3.4\) \((\text{Salaris} \& \text{Cassisi} 1997)\). However, this maximum value is within two uncertainties of the luminosity of the model central star, implying that the discrepancy may not be irreconcilable. Furthermore, the luminosity is strongly dependent on the effective temperature \(\propto T_{\text{eff}}^4\), and the uncertainty on the primary temperature is almost certainly underestimated. The model primary temperature is strongly dependent on two factors: the amplitude of the observed irradiation effect and the depth of the primary eclipse. We have already highlighted that the treatment of irradiation can introduce additional uncertainties in the context of the observed secondary RVs, but it can also contribute here to the irradiation effect amplitude. As an irradiated star does not simply display the spectrum of a hotter star, but displays emission lines that can contribute unequally between filter bands, the standard treatment of irradiation can cause problems in replicating the observed increase in systemic brightness across these bands. The depth of the primary eclipse should be a more robust estimate of the primary temperature, but again there are additional sources of uncertainty that are not accounted for in the values presented in Table 2. The primary was modelled as a blackbody, any significant deviations from this in the true spectrum could have an impact. Furthermore, the contribution of the secondary (to both the primary eclipse depth and amplitude of the irradiation effect) may be skewed by the use of the Castelli et al. \(2003\) model atmospheres, which only go as low as \(T_{\text{eff}}\) of 3500 K. If the true temperature of the secondary were lower than this limit then the observed amplitude of primary eclipse and irradiation effect could feasibly be reached with a slightly reduced primary temperature (implying a reduced luminosity). Importantly, however, even allowing for an increased uncertainty on the primary temperature, the model is still not consistent with post-RGB tracks (which would require much lower temperatures, in the range 60–70 kK, for such a mass and radius; Hall et al. \(2013\)).

\(^4\)Interestingly, the model luminosity and temperature are consistent with the post-AGB tracks of Miller Bertolami \(2016\) for a remnant mass of \(-0.54 M_\odot\) and an age of \(-10,000\) years.

As a consistency check of the model, synthetic photometry of the system was calculated using SYNPHOT (STScI development Team \(2018\)). The two components were assumed to be blackbodies and reddened following the extinction law of Cardelli et al. \(1989\) with an \(R_V = 3.1\) (just as assumed in the PHOEBE2 modelling). The observed \(B, V, R,\) and \(i\) magnitudes are then well reproduced by the model parameters, with a visual extinction \(A_V \sim 1\) (roughly consistent with that measured from the nebular spectrum, as well as the field extinction of \(A_V = 1.1\) determined from Sloan Digital Sky Survey spectra by Schlaffy \& Finkbeiner \(2011\)) at a distance of approximately \(9.5\) kpc. This distance seems extreme for the relatively low extinction, but the Galactic longitude of PN G283.7−05.1 places it in a line of sight between the Sagittarius and Perseus arms of the Galaxy, for which the extinction may well be minimal. Furthermore, the measured angular size of the nebula is not unreasonable at that distance, implying a physical size of roughly \(1\) pc.

The \(Gaia\) parallax of the central star of PN G283.7−05.1 is \(0.2184 \pm 0.0955\) mas which, although rather imprecise, still permits the distance to be estimated. Bailer-Jones et al. \(2018\) derive a most probable distance of \(4.8\) kpc, with a confidence interval ranging from \(-2.5\)–\(-8.8\) kpc. While the most probable value is certainly at odds with the distance derived by the PHOEBE2 modelling, once the uncertainties on the stellar parameters (equating to approximately \(\pm 0.5\) kpc in terms of distance) are considered, a borderline agreement is found. Again, if an increased uncertainty on the primary temperature is accounted for, the agreement improves.

As a further consistency check, we compared synthetic spectra produced with the Tübingen Model Atmosphere Package (TMAP; Rauch et al. \(2003\); Werner et al. \(2003\)) with the observed spectrum shown in Fig. 3. Assuming a contribution of roughly \(0.16\) magnitudes at the observed phase of \(0.26\) (derived from the change in \(B\)-band brightness between this phase and the egress of primary eclipse), a reasonable fit (shown in red in Fig. 3) is found for an \(H + He\) white dwarf\(^5\) \(T_{\text{eff}} = 90\) kK and \(g = 5.25\) (cf. \(T_{\text{eff}} \sim 93\) kK and \(g \sim 5.3\), as determined by the PHOEBE2 simultaneous light curve and RV curve modelling). As such, the observed spectrum is found to be consistent with the modelled primary parameters.

4. Nebular spectrum

4.1. Empirical analysis

We measured the emission line fluxes in the FORS2 spectrum of PN G283.7−05.1 using ALPA (Wesson \(2016\)), and calculated the physical conditions and ionic abundances using NEAT (Wesson et al. \(2012\)). The shallowness of the observations (only about 15 emission lines are detected) means that the resulting information is sparse; no density diagnostics were available, and only the \([O \text{ III}]\) line temperature diagnostic was available. NEAT defaults to a density estimate of 1000 cm\(^{-3}\) in the absence of an observed value. Abundances could be estimated only for \(He, O, Ne,\) and \(Ar\). For each of the heavy elements, only a single ionisation state was observed, and thus it was not possible to calculate a reliable ionisation correction factor. The measured line fluxes are shown in Table 3, and the calculations of the physical conditions are summarised in Table 4.

\(^5\)The model abundances are \(H:He = 7:3\), interestingly in line with the best-fitting post-AGB track of Miller Bertolami \(2016\) which has \(H:He = 6.7:2.9\), albeit for a higher mass than determined by the PHOEBE2 model.
4.2. Photoionisation model

Although the observed spectrum was shallow, it nevertheless allowed us to construct a simple photoionisation model to determine whether the nebular spectrum is consistent with the central star parameters derived in Sect. 3. We matched our model to a subset of clearly detected emission lines: He i and He ii lines, which indicate the ionisation balance; [O III] lines, which are strongly sensitive to the temperature; and bright Ne and Ar emission lines. The model is also constrained by the weakness of the [N II] lines: the $\lambda 6584$ line may be marginally detected, while $\lambda 6548$ is not detected.

We used MOCA...
is not of great significance. This modelling demonstrates that the nebular spectrum is consistent with the central star parameters derived above.

The non-detection of [N II] lines in the observed spectrum results in an extremely low N/H abundances in the models, with values around $2 \times 10^{-5}$ required. This is a factor of 100 less than the average PN value from Kingsburgh & Barlow (1994). However, the fraction of N in ionised nebulae in the form of N$^+$ is usually very small and will be very sensitive to the shape of the ionising spectrum. Much deeper optical spectra providing sufficient constraints to construct a more detailed photoionisation model would be required to confirm whether this apparently extremely low nitrogen abundance is real.

Table 6 lists the observed and predicted line fluxes from both the formally best-fitting model, and from the best-fitting model using the luminosity and temperature derived in Sect. 3.

### 5. Discussion

We have presented the discovery and characterisation of the post-CE binary nucleus of PN G283.7−05.1. Simultaneous light and radial velocity curve modelling with the PHOEBE2 code reveal the system to comprise a highly irradiated M-type main-sequence star in a 5.9-hour orbit with the nebular progenitor.

The RV curve of the secondary component was derived using a complex of irradiated emission lines. The treatment of such irradiated atmospheres is challenging, with almost all modelling efforts resorting to a bolometric treatment where such emission lines are ignored (see Horvat et al. 2019, for a more detailed discussion). There is some uncertainty as to what region of the secondary they are representative of. Assuming that they are representative of the stellar photocentre (whose the location is dominated by the high levels of irradiation), the primary’s mass is found to be $0.34 \pm 0.05 M_\odot$, inconsistent with a post-AGB core mass. A maximum primary mass was then derived by adjusting the modelling to assume that the irradiated emission lines originate only from the very innermost point on the secondary’s irradiated hemisphere, leading to a primary mass determination of $0.42 \pm 0.05 M_\odot$, spanning acceptable post-AGB and post-RGB core mass. In both cases, the secondary radius and temperature are found to be slightly higher than those found for field stars of the same mass (as is generally the case in young post-CE binaries; Jones et al. 2015). Similarly, the model primary mass, temperature, and radius are found to be inconsistent with evolutionary tracks (Hall et al. 2013; Miller Bertolami 2016). Despite the complexities of evolving through a CE and the uncertainties involved in our modelling, it is difficult to envisage how a CE interaction could lead to configurations that may simply be too difficult to obtain as a solution to the stellar structure equations. In particular, a central star mass as low as the one derived here is difficult to reconcile with AGB evolution, even if it were cut short by a CE.

A sanity check on the model temperatures and radii was performed by calculating synthetic reddened magnitudes for the bands in which the binary was observed, implying a distance of roughly 9 kpc (borderline consistent with the Gaia parallax). At this distance, the PN measures roughly 1 pc and lies between the Sagittarius and Perseus arms of the Galaxy. A further check was performed through comparison of observed nebular emission-line fluxes to those from a simple photoionisation model, the physical parameters of which were consistent with those derived from the simultaneous light and RV curve modelling.

While there is significant uncertainty, the results collectively indicate that the central star mass of PN G283.7−05.1 is roughly $0.3–0.4 M_\odot$, consistent with having experienced the common-envelope event while still on the red giant branch. Only a handful of other post-CE binary central stars of PNe have been identified as possible post-RGB systems, the strongest of which being ESO 330-9 (Hillwig et al. 2017). Meanwhile, recent population synthesis models, based on the observed frequency of Sequence E variables, indicate that post-RGB PNe should be as common as those produced by CE events during the AGB (Nie et al. 2012). Similarly, the strong post-RGB peak at $M < 0.4 M_\odot$ observed in the mass distribution of white dwarf main-sequence binaries discovered by SDSS is another strong indication that CE events on the RGB are both frequent and survivable (Rebassa-Mansergas et al. 2011).

The discovery and characterisation of other post-RGB PNe and their central stars will be critical in constraining the importance and nature of this pathway. They may even hold the key to elucidating other long-standing issues, such as the large abundance discrepancy factors observed in some post-CE PNe that have been speculatively linked to RGB CEs (Jones et al. 2016).

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Table 5. Parameter space covered by our photoionisation models and the best-fitting values. Abundance ratios are expressed by number.

| Parameter  | Range investigated | Best-fitting value |
|------------|--------------------|--------------------|
| $T_e$ (kK) | 80, 90, 93, 96, 100, 110, 120 | 100 |
| $L_e$ (L$_\odot$) | 1285, 2570, 3275, 3850, 5140 | 3275 |
| $n_0$ (cm$^{-3}$) | 500, 1000, 2000, 4000 | 1000 |
| He/H       | 0.096, 0.12 | 0.12 |
| C/H        | 5.77–9.62 x 10$^{-4}$ | 8.47 x 10$^{-4}$ |
| N/H        | 1.50–2.50 x 10$^{-6}$ | 2.20 x 10$^{-6}$ |
| O/H        | 1.46–2.44 x 10$^{-4}$ | 2.15 x 10$^{-4}$ |
| Ne/H       | 2.48–4.12 x 10$^{-5}$ | 3.63 x 10$^{-5}$ |
| S/H        | 0.87–1.45 x 10$^{-6}$ | 1.28 x 10$^{-6}$ |
| Ar/H       | 0.90–1.50 x 10$^{-6}$ | 1.32 x 10$^{-6}$ |

Table 6. Predicted emission line fluxes ($H_\beta = 100$) from the model providing the best fit overall (M1), and the best-fitting model with $T_{\text{eff}}$ and $L$ from Sect. 3 (M2).

| Wavelength (Å) | Ion | Observed flux | M1 | M2 |
|----------------|-----|---------------|----|----|
| 3868           | [Ne III] | 53.5 ± 6.0 | 55.4 | 50.0 |
| 4363           | [O III]  | 6.3 ± 0.8 | 6.2 | 6.6 |
| 4471           | He I    | 5.7 ± 0.6 | 6.2 | 6.1 |
| 4686           | He II   | 9.5 ± 1.0 | 9.9 | 8.0 |
| 4959           | [O III]  | 204.0 ± 5.0 | 205.3 | 203.9 |
| 5007           | [O III]  | 613.0 ± 15.0 | 612.6 | 608.4 |
| 5876           | He I    | 11.2 ± 5.0 | 16.9 | 16.6 |
| 6548           | [N II]   | <8          | 2.5 | 1.6 |
| 6584           | [N II]   | <10         | 7.7 | 5.1 |
| 7135           | [Ar III] | 12.2 ± 3.0 | 12.9 | 10.1 |
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