The Da Silva cone operation after the Starnes procedure for Ebstein’s anomaly: New surgical strategy and initial results

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Neonates with severe Ebstein’s anomaly (EA) represent a surgical challenge. The Starnes procedure has been used as effective surgical palliation for these critically ill patients.1 This strategy decompresses the right ventricle, allowing the left ventricle to assume a globular shape, improving function.3 Kumar and associates3 reported mid-term survival of 81% at 10 years by committing patients to the single-ventricle pathway after the Starnes procedure.3 However, this strategy exposes these patients to long-term complications associated with Fontan palliation. Instead, we pursued the long-term benefits of the 2-ventricle circulation, reactivating the right ventricle after the Starnes procedure using the cone repair technique. Here we describe our initial experience with this new approach.

METHODS
Patients
As of May 2019, 2 patients with severe EA and pulmonary atresia who underwent a neonatal Starnes procedure followed a 1-1/2- or 2-ventricle repair strategy. The patients’ parents provided signed consent for publication of the medical data.

Patient 1 was a 3-kg full-term neonate who initially received a Blalock–Taussig shunt. Extracorporeal membrane oxygenation (ECMO) support was required to manage low cardiac output. The next day, she underwent a Starnes procedure with cryoablation of the Wolff–Parkinson–White pathways. One day later, ECMO support was discontinued. At 4 months, she underwent a bidirectional Glenn procedure with pulmonary valvotomy.

At 17 months, she underwent tricuspid valve cone repair and pulmonary valvuloplasty. Patient 2 was a 3.3-kg full-term neonate who needed ECMO support soon after birth due to tachyarrhythmia and low cardiac output. At 4 days of life, she underwent a Starnes procedure. Left bronchomalacia and left lower pulmonary vein stenosis complicated her recovery, necessitating mechanical ventilation and tracheostomy. At 5 months, heart catheterization revealed a mean pulmonary artery pressure of 21 mm Hg, elevated left ventricular end-diastolic pressure (15 mm Hg), and 42/8 mm Hg right ventricular (RV) pressures. This condition, combined with the pulmonary problems and mechanical ventilation dependency, contraindicated a Glenn procedure. Owing to episodes of hypoxemia, she underwent a cone repair, pulmonary valvuloplasty, left lower pulmonary vein repair, and ablation of the atrial reentry circuits.

Operative Technique
Both operations were performed using bicaval cannulation, moderate hypothermia, and cold blood cardioplegia. The Ebstein’s valve malformations were repaired using the cone procedure (Figure 1), as detailed elsewhere.4 The well-developed pulmonary valve in patient 1 required additional commissurotomy and polytetrafluoroethylene patch reconstruction of a torn leaflet (Video 1). The hypoplastic pulmonary valve in patient 2 was repaired by commissurotomy and monocusp polytetrafluoroethylene patch enlargement. In both patients, the atrial septal defect was partially closed with a fenestrated patch.
RESULTS

Both patients had excellent hemodynamic results at discharge, with oxygen saturation levels >92% in room air. The hospital discharge echocardiograms showed that patient 1 had trivial tricuspid regurgitation, mild pulmonic valve insufficiency, and mild RV dysfunction. Patient 2 had mild tricuspid regurgitation, severe pulmonary insufficiency, and moderate RV dysfunction. Figure 2 shows the morphological changes in the right ventricle over time for both patients.

DISCUSSION

Neonates with severe EA palliated with the Starnes procedure usually follow the single-ventricle repair pathway. Although usually successful, this approach excludes the right ventricle from the pulmonary circulation, which dooms the patients to the potential long-term complications of single-ventricle physiology.

Here we demonstrated that it is possible to rehabilitate the right ventricle after the Starnes procedure in patients with EA and pulmonary atresia. In theory, the 1-1/2 repair has low risk when performed after the Glenn procedure, as in patient 1. We recommend this procedure to all patients with sufficient tricuspid valve tissue approximately 6 months after the Glenn procedure, when mature lungs and a well-developed pulmonary artery demand less RV performance for a successful outcome. We consider a direct 2-ventricle repair in selected patients who are poor candidates for a Glenn procedure. Fortunately, the right ventricle undergoes a progressive reverse remodeling process after the Starnes procedure. At some point, it may become a capable pump, permitting the repair. Patient 2 achieved an adequate situation at 5 months; his RV systolic pressure was 42 mm Hg at the heart catheterization. In both situations, leaving an atrial septal fenestration appears to be important to compensate for possible early postoperative RV dysfunction.

Encouraged by these initial results, we envision that the efficacy of the neonatal Starnes procedure and the feasibility of RV rehabilitation after that procedure favor this staged repair over primary 2-ventricle repair in selected critical newborns with EA.

In conclusion, the Da Silva cone operation appears to be a viable alternative for repairing EA after an initial neonatal...
Starnes procedure. Further studies are needed to confirm the theoretical benefits of this strategy over the single-ventricle pathway.

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