Physical Activity Resource Assessment Instrument (PARA)

1) Date ____________________________ 2) Data collection _______ 3) HD/PA Resource ID ____________________________

4) Time ____________________________ 5) Phone Call ____________________________ 6) Type of Resource ____________________________

start: _______ departure: _______ arrival: _______ 7) Approximate Size: 1 sm 2 med 3 lg

8) Capacity (indoor) ____________________________

9) Cost 1 Free 2 Pay at the door 3 Pay for only certain programs 4 Other ____________________________

10) Hours a) open _______ b) close _______

11) Signage – Hours yes □ no □ ____________________________

12) Signage – Rules yes □ no □ ____________________________

| Feature | Rating | Amenity | Rating |
|---------|--------|---------|--------|
| 13) Football Oval | 0 1 2 3 | 26) Access Points | 0 1 2 3 |
| 14) Basketball courts | 0 1 2 3 | 27) Bathrooms | 0 1 2 3 |
| 15) Soccer field | 0 1 2 3 | 28) Benches | 0 1 2 3 |
| 16) Bike Rack | 0 1 2 3 | 29) Drinking fountain | 0 1 2 3 |
| 17) Exercise Stations | 0 1 2 3 | 30) Fountains | 0 1 2 3 |
| 18) Play equipment | 0 1 2 3 | 31) Landscaping efforts | 0 1 2 3 |
| 19) Pool > 1 Metre deep | 0 1 2 3 | 32) Lighting | 0 1 2 3 |
| 20) Sand Pit | 0 1 2 3 | 33) Picnic tables shaded | 0 1 2 3 |
| 21) Sidewalk | 0 1 2 3 | 34) Picnic tables no-shade | 0 1 2 3 |
| 22) Tennis courts | 0 1 2 3 | 35) Shelters | 0 1 2 3 |
| 23) Trails – running/biking | 0 1 2 3 | 36) Shower/Locker room | 0 1 2 3 |
| 24) VB courts | 0 1 2 3 | 37) Rubbish bins | 0 1 2 3 |
| 25) Wading Pool < 1 metre deep | 0 1 2 3 | | |

| Incivilities | Rating | Incivilities | Rating |
|--------------|--------|--------------|--------|
| 38) Auditory annoyance | 0 1 2 3 | 44) Graffiti/tagging | 0 1 2 3 |
| 39) Broken glass | 0 1 2 3 | 45) Litter | 0 1 2 3 |
| 40) Dog refuse | 0 1 2 3 | 46) No grass | 0 1 2 3 |
| 41) Dogs Unattended | 0 1 2 3 | 47) Overgrown grass | 0 1 2 3 |
| 42) Evidence of alcohol use | 0 1 2 3 | 48) Sex paraphernalia | 0 1 2 3 |
| 43) Evidence of substance use | 0 1 2 3 | 49) Vandalism | 0 1 2 3 |

Comments: ____________________________