New iterative and staggered solution schemes for incompressible fluid-structure interaction based on Dirichlet-Neumann coupling

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Summary
In the presence of strong added mass effects, partitioned solution strategies for incompressible fluid-structure interaction are known to lack robustness and computational efficiency. A number of strategies have been proposed to address this challenge. However, these strategies are often complicated or restricted to certain problem classes and generally require intrusive modifications of existing software. In this work, the well-known Dirichlet-Neumann coupling is revisited and a new combined two-field relaxation strategy is proposed. A family of efficient staggered schemes based crucially on a force predictor are formulated alongside the classical iterative approach. Both methodologies are rigorously analyzed on the basis of a linear model problem derived from a simplified fluid-conveying elastic tube. The investigation suggests that both the robustness and the efficiency of a partitioned Dirichlet-Neumann coupling scheme can be improved by a relatively small nonintrusive modification of a standard implementation. The relevance of the model problem analysis for finite element-based computational fluid-structure interaction is demonstrated in detail for a submerged cylinder subject to an external force.

KEYWORDS
added mass, Dirichlet-Neumann coupling, incompressible fluid-structure interaction, partitioned solution strategy, staggered scheme

1 | INTRODUCTION

1.1 Background

Partitioned Dirichlet-Neumann iterative solution schemes for fluid-structure interaction described, for instance, by Küttler and Wall,1 allow for the integration of existing specialized subsolver software for the fluid and solid phases. Furthermore, the computer implementation of such strategies is generally relatively straightforward and nonintrusive. Hence, they are widely available in today’s commercial engineering software packages. However, it is well known that for problems with a very high degree of two-way coupling the number of iteration steps required is often excessive.
or even prohibitive. In many cases, the iteration is inherently divergent. This phenomenon has been investigated by Causin et al., Förster et al., Joosten et al., van Brummelen, and others. It has been attributed to the fact that the inertia term in the solid solver does not account for the added fluid mass. The convergence of the subiteration can be improved to some extent, if relaxation is employed. It can be shown that the beneficial effect of relaxation is directly linked to the added mass phenomenon. The problem of added mass related instabilities is particularly notable for incompressible fluid flows. The stabilizing effect of fluid compressibility has been investigated by van Brummelen and exploited by Farhat and coworkers. The latter have proposed efficient staggered solution schemes for compressible fluid-structure interaction, which require the execution of the fluid and solid subsolvers only once per time step. Such schemes are often referred to as semiexplicit or weakly coupled. Pioneering work in this area of research was presented by Felippa and Park.

In recent years, a number of iterative or staggered schemes suitable for incompressible fluid-structure interaction with strong added mass effects have been proposed. Significant contributions to this field of research were presented by Gerbeau, Fernandez, Burman, and their coworkers and also by Jaiman, Wüchner, and others. Some strategies are based on alternative types of boundary conditions, namely, Robin or Nitsche boundary conditions, while others are restricted to thin-walled structures or integrate the structural solver with certain steps of a segregated fluid solver. However, these methodologies are generally far more complex than Dirichlet-Neumann coupling and, with few exceptions, do not allow for the utilization of existing subsolver software. Some of them depend on the appropriate choice of artificial physical control parameters, which may be problematic for complex real-world applications.

In an earlier article, the authors of this work have presented a provably second-order accurate staggered scheme for incompressible fluid-structure interaction that exploits the benefit of relaxation normally used in Dirichlet-Neumann subiteration. The computer implementation is nonintrusive and requires only a small modification of the Dirichlet-Neumann iterative scheme. The integration of existing subsolver software into the strategy is straightforward. It is shown that the critical amount of added mass is identical to the corresponding iterative solution scheme. However, while the performance of the subiteration deteriorates for increasing added mass effects, the proposed staggered scheme remains unconditionally stable and equally efficient up to the critical amount of added mass. In the article, a basic one-dimensional linear model problem is used to support the proposed scheme with an analytical investigation. The authors have demonstrated the good performance of this staggered scheme in the context of arbitrary Lagrangian-Eulerian strategies as well as immersed boundary methods for fluid-structure interaction. The strategy has been applied to hydraulic valves and to the interaction between wind and a thin-walled solar collector.

For the sake of completeness, it is pointed out that the added mass related instabilities of partitioned solvers for fluid-structure interaction can be avoided by the employment of monolithic solution schemes based on Newton-Raphson-type strategies. The development of such solvers for fluid-structure interaction has been advanced by Tezduyar, Bazilevs, and their coworkers, who have applied them to large-scale problems including parachute and wind turbine simulations, but also by Heil, Detmer and Perić, Wall, and others. The drawbacks of such strategies consist in the nonstandard derivatives required to ensure robustness and convergence, in the large and often prohibitive computational times as well as in the difficulties associated with the integration of existing subsolver software. In this context, the effect of neglecting certain cross-derivatives has been investigated by Dettmer and Perić. They have also presented a methodology based on Schur complements, which, for small number of interface degrees of freedom and linear fluid solver, competes with staggered schemes in terms of computational cost, but at the same time is insensitive to added mass. This methodology is ideally suited for fluid-rigid body interaction.

1.2 Contribution of this work

As mentioned above, Dirichlet-Neumann coupling can be implemented without intrusive software modification. While this is an outstanding advantage, the instabilities generally experienced in the presence of strong added mass effects render this type of coupling unfeasible for a wide range of practical applications. In a sense, the contribution of this work is to extract improved performance out of basic Dirichlet-Neumann coupling without resorting to intrusive software modification. This is done on a theoretical level on the basis of a linear model problem. The focus is clearly on the proposed staggered schemes. For the sake of completeness and comparative considerations, the analysis of the associated iterative strategies is presented in similar depth. The different schemes evolve from different application of numerical relaxation,
namely, single-field and sequential two-field relaxation. One of the described staggered strategies, based on single-field relaxation, was presented in a second-order accurate setting in an earlier article by the authors and has been successfully applied to a number of numerical examples. In the following, the article’s contribution is summarized under four headings:

**Model problem:** It is shown that the linear one-dimensional model problem used in a number of the authors’ previous publications is equivalent to the model problem used in the classic article by Causin et al. Essentially, the linearized problem of a fluid-conveying thin-walled elastic tube reduces to the superposition of fundamental solutions that are equivalent to one-dimensional linear oscillators with split inertia terms and potentially substantially different amounts of added mass. One aspect of this work is the investigation of the effect of the presence of both low and high added mass modes in a generic fluid-structure interaction problem on the performance of iterative solution schemes.

**More insight into existing schemes:** The model problem is used to assess the performance of iterative and staggered Dirichlet-Neumann solution schemes with velocity or force relaxation. The results obtained for the iterative strategies confirm those reported by other researchers, while those obtained for the staggered scheme provide more insight into the good performance of the algorithm proposed and tested in the authors’ earlier article. The effect of fluid damping on the solution schemes is also demonstrated.

**Improved performance and stability with two-field relaxation:** Iterative and staggered schemes with combined two-field relaxation are proposed. Namely, interface velocity and traction forces are relaxed in a sequential manner with the same relaxation factor. The analysis of the model problem shows that this significantly increases the critical amount of added mass for both staggered and iterative schemes. Furthermore, it accelerates the convergence of the iterative scheme in the presence of multiple added mass modes and increases the accuracy of the staggered scheme. It is suggested that the combined relaxation presents a nonintrusive modification of basic Dirichlet-Neumann coupling that significantly increases the efficiency and range of applicability of traditional iterative schemes and of the earlier staggered scheme.

**Relevance of the model problem analysis:** The presented solution schemes are implemented for a two-dimensional finite element-based example problem of incompressible fluid-structure interaction. A detailed investigation shows the close qualitative and quantitative agreement of the simulation with the conclusions drawn from the model problem. In order to allow for a well-founded conclusion, the example problem is run with a number of finite element formulations that employ different strategies to satisfy the incompressibility constraint.

All developments shown in this work are based on backward Euler time integration in the fluid and solid phases. The iterative and staggered coupling schemes discussed in this article are therefore restricted to first-order accuracy in time. A particular version of the staggered strategy covered in this work was presented in a second-order accurate setting in an earlier article by the authors. More results on second-order accurate strategies will be presented in forthcoming publications.

### 1.3 Layout of this article

This article is organized as follows. In Section 2, the model problem is derived. In Section 3, Dirichlet-Neumann iteration and the staggered scheme are applied to the model problem and the tools for the analysis of the solution schemes are introduced. The effect of fluid damping on the solution schemes is investigated. Section 4 presents different relaxation strategies and their effect on the iterative and staggered schemes. In particular, velocity, traction force, and combined relaxation are considered. The results of the model problem analysis are summarized in Section 5. In Section 6, the proposed schemes are implemented for different finite element-based fluid solvers. A detailed comparison between the model problem analysis and the numerical examples is presented on the basis of a submerged rigid cylinder that is subject to an external force. Conclusions are drawn in Section 7.

### 2 THE MODEL PROBLEM

#### 2.1 Summary of the model problem presented by Causin et al

Consider a thin-walled elastic tube with circular cross-section that contains fluid. The fluid flow is governed by the Navier-Stokes equations and the tube wall is linear elastic. The radius $R$, the length $L$, the interface $\Sigma$, the fluid and solid domains $\Omega_F$ and $\Omega_S$ are defined as shown in Figure 1.
Following Causin et al., a number of assumptions are applied:

- The fluid is incompressible and inviscid,
- convection is negligible,
- structural displacements are small,
- the stiffness of the tube wall in axial direction is negligible.

Hence, the conservation of momentum and mass of the fluid reduce to

\[
\begin{align*}
\rho_f \dot{u} + \nabla p &= 0 \\
\nabla \cdot u &= 0
\end{align*}
\]

in \( \Omega_F \),

\[ (1) \]

where \( u \) and \( p \) denote, respectively, the fluid velocity and pressure fields, while \( \rho_f \) is the fluid density. The radial displacement \( \eta \) of the tube wall is governed by

\[
\rho_s h_s \ddot{\eta} + a \eta = f \quad \text{in } \Omega_S,
\]

\[ (2) \]

where \( \rho_s, h_s, a, \) and \( f \) represent, respectively, the wall density, thickness, stiffness, and the external traction force acting at the interface with the fluid. The interaction between the fluid and the solid phases must satisfy the requirements of kinematic consistency and equilibrium of the traction forces. Thus, the following equations hold

\[
\begin{align*}
\mathbf{u} \cdot \mathbf{n} &= \eta \\
f &= p
\end{align*}
\]

in \( \Sigma \),

\[ (3) \]

where \( \mathbf{n} = \{1,0\}^T \) denotes the outward normal unit vector on \( \Sigma \). The boundary conditions at the orifices of the tube determine particular rather than fundamental solutions and are not relevant for the following analysis.

The solution to the coupled problem given by Equations (1), (2), and (3) can be expressed as the superposition of fundamental solutions, that is,

\[
\eta = \sum \eta_k, \quad u = \sum u_k, \quad p = \sum p_k, \quad f = \sum f_k, \quad k = 1, 2, \ldots
\]

with

\[
\eta_k(x,t) = \hat{\eta}_k(t) \sin \left( \frac{x}{\lambda} \right)
\]

\[ (5) \]

\[
u_k(r,x,t) = \frac{\hat{\eta}_k}{I_1 \left( \frac{r}{2} \right)} \left\{ \sin \left( \frac{r}{2} \right) I_1 \left( \frac{r}{2} \right) \right\}
\]

\[ (6) \]

\[
p_k(r,x,t) = -\rho_f \lambda \dot{\eta}_k \sin \left( \frac{x}{\lambda} \right) \frac{I_0 \left( \frac{r}{2} \right)}{I_1 \left( \frac{r}{2} \right)}
\]

\[ (7) \]
\[ f_k(x, t) = -\rho_f \lambda \ddot{\eta}_k \sin \left( \frac{x}{\lambda} \right) \frac{I_0 \left( \frac{R}{\lambda} \right)}{I_1 \left( \frac{R}{\lambda} \right)}, \]  

(8)

where

\[ \lambda = \frac{L}{\pi k}. \]  

(9)

The modified Bessel functions \( I_0(\bullet) \) and \( I_1(\bullet) \) are given by

\[ I_n(z) = \sum_{m=0}^{\infty} \frac{1}{m!(m+n)!} \left( \frac{z}{2} \right)^{2m+n}. \]  

(10)

Using Equations (4) to (9) and defining

\[ \mu_k := \lambda \frac{I_0 \left( \frac{R}{\lambda} \right)}{I_1 \left( \frac{R}{\lambda} \right)} \]  

(11)

the problem given by Equations (1) to (3) reduces to a set of differential equations for the scalar amplitudes of the wall displacement \( \dot{\eta}_k \)

\[ \rho_s h_s \ddot{\eta}_k + a \dot{\eta}_k = \hat{f}_k, \]  

(12)

\[ \rho_f \mu_k \dddot{\eta}_k = -\hat{f}_k. \]  

(13)

One observes that the acceleration of the solid mass \( \rho_s h_s \) requires the simultaneous acceleration of the fluid mass \( \rho_f \mu_k \). Hence, the expression \( \rho_f \mu_k \) is identified as the \textit{added mass} associated with the \( k \)th fundamental solution. The study of Equation (11) reveals that the added mass effect is weak for large values of \( k \) (short wave lengths \( \lambda \)), while it is strong for small values of \( k \) (long wave lengths \( \lambda \)). The schematic representation of a number of different mode shapes in Figure 2 illustrates that longer wave length responses are associated with more fluid inertia than shorter ones. It follows that \( \mu_{\text{max}} = \mu_1 \). Furthermore, in the limit of slender tubes with \( L \gg R \), one obtains

\[ \mu_{\text{max}} \approx \frac{2L^2}{\pi^2 R}. \]  

(14)

By combining Equations (12) and (13) one observes that high added mass modes are associated with low frequencies in the time domain and vice versa. Hence, in the context of time discretization, a time step size \( \Delta t \) that is large for a low added mass/high frequency mode is small for a high added mass/low frequency mode.

\[ \text{FIGURE 2} \quad \text{Deformed configurations of the tube associated with a number of fundamental solutions} \]
2.2 Equivalence to the model problem used in Dettmer and Perić\textsuperscript{27}

By defining

\[ \alpha := \frac{\rho_s h_s}{\rho_s h_s + \rho_f \mu_k}, \quad \omega := \sqrt{\frac{\alpha}{\rho_s h_s + \rho_f \mu_k}}, \quad u := \dot{\eta}_k, \quad \text{and} \quad f := \frac{\dot{f}_k}{\rho_s h_s + \rho_f \mu_k}. \]  

Equations (12) and (13) can be rewritten as

\[ a \ddot{u} + \omega^2 u = f, \quad (16) \]

\[ (1 - \alpha) \ddot{u} = -f. \quad (17) \]

Introducing a viscous term with a damping coefficient \( \xi \) in Equation (17) renders the model problem used by the authors in their earlier article,\textsuperscript{27} that is,

\[ a \ddot{u} + \omega^2 u = f \quad (\text{solid}), \]

\[ (1 - \alpha) \ddot{u} + 2 \xi \omega \dot{u} = -f \quad (\text{fluid}). \quad (19) \]

It is noted that the parameter \( \alpha \) is equal to the ratio of the solid mass over the sum of the solid mass and the added mass of fluid. Thus, it follows that \( 0 \leq \alpha \leq 1 \). Problems involving strong added mass effects are characterized by values of \( \alpha \) close to zero, while small added mass effects are associated with values of \( \alpha \) close to one. In the limit of slender tubes characterized by Equation (14), the smallest value of \( \alpha \) for a tube with \( L = 100 \text{ mm}, R = h_s = 1 \text{ mm}, \) and \( \rho_s = \rho_f \) is obtained as \( 4.93 \times 10^{-4} \). Hence, it is clear that many applications including, for instance the modeling of components of the vascular system, are associated with very small values of \( \alpha \).

2.3 The challenge arising from multiple modes

The representation of the response of the tube to mechanical excitation such as, for instance, an initially deformed configuration or time variable inflow boundary conditions, generally requires the superposition of a large number of fundamental solutions with a range of different wave lengths \( \lambda \). Hence, the fluid-structure interaction problem of the tube consists of a number of systems described by Equations (18) and (19) that span a wide range of values of \( \alpha \).

As is generally the case with large complex and nonlinear mechanical systems, the modal decomposition of a realistic fluid-structure interaction problem is impossible or, at best, impractical. Any viable solution strategy for the coupled system must work simultaneously on all modes, since it is impossible to tune any solution control parameters to each individual mode. For a viable methodology one set of such solution parameters must work for the whole system. This is important for the investigation in Section 3.

2.4 Time discretization of the model problem

The investigations in Sections 3 and 4 are based on the standard implicit first-order accurate and unconditionally stable backward Euler discretization of the time derivatives in Equations (18) and (19). Hence, the following approximations are employed

\[ u_{n+1} = \frac{u_{n+1} - u_n}{\Delta t}, \quad \text{and} \quad \dot{u}_{n+1} = \frac{\dot{u}_{n+1} - \dot{u}_n}{\Delta t}. \quad (20) \]

where the subscript \( n \) identifies all quantities associated with the time instance \( t_n \) and \( \Delta t = t_{n+1} - t_n \). Using this in Equations (18) and (19) renders, after some manipulation,

\[ u_{n+1} = \frac{1}{\Delta t} \left[ f_{n+1} \Delta t^2 + a \dot{u}_n \Delta t - \omega^2 \Delta t^2 u_n \right] =: \text{solid}(f_{n+1}, u_n, \dot{u}_n). \quad (21) \]
\[ u_{n+1} = u_n + \dot{u}_{n+1} \Delta t. \]  \hspace{1cm} (22)

\[ f_{n+1} = -\left( (1 - \alpha) \frac{\ddot{u}_{n+1} - \ddot{u}_n}{\Delta t} + 2\zeta \omega \dot{u}_{n+1} \right) = : \text{fluid}(\dot{u}_{n+1}, \dot{u}_n). \]  \hspace{1cm} (23)

In the following, Equation (21) is referred to as the solid solver and Equation (23) is termed the fluid solver.

As presented in Equation (21), the solid solver returns the interface velocities rather than the displacements. It is important to note that this choice has been made exclusively to allow for a shorter presentation of the analysis in Sections 3 and 4. The results of the analysis are not affected by this choice. In practice, any standard finite element software for solid dynamics returns both displacements and velocities.

### 3 | PARTITIONED SOLUTION SCHEMES

#### 3.1 | Dirichlet-Neumann iteration

The most intuitive strategy for the resolution of the strong coupling between the fluid and the solid phases is commonly referred to as iterative Dirichlet-Neumann coupling.\(^1\) Based on an initial guess of the interface configuration the fluid solver is executed and the traction field exerted by the fluid on the interface is passed to the solid solver where it is used as external loading, that is, Neumann boundary condition. Next, the interface displacement and velocity fields obtained from the solid solver are transferred to the fluid solver and used as Dirichlet boundary conditions. This process is repeated iteratively. In terms of the model problem given by Equations (18) and (19) this procedure can be expressed as

\[ f_{n+1}^{(i+1)} = \text{fluid}(\dot{u}_{n+1}^{(i)}, \dot{u}_n) \]
\[ \dot{u}_{n+1}^{(i+1)} = \text{solid}(f_{n+1}^{(i+1)}, u_n, \dot{u}_n) \]  \hspace{1cm} (24)

or, shorter,

\[ \dot{u}_{n+1}^{(i+1)} = \text{solid}(\text{fluid}(\dot{u}_{n+1}^{(i)}, \dot{u}_n), u_n, \dot{u}_n), \]  \hspace{1cm} (25)

where the superscript \( i \) identifies the iteration step. Recalling Equations (21) and (23) renders

\[ \dot{u}_{n+1}^{(i+1)} = \frac{1 - \alpha + 2\alpha^2 \Delta t}{\alpha + \omega^2 \Delta t^2} \dot{u}_{n+1}^{(i)} - \frac{\omega^2 \Delta t}{\alpha + \omega^2 \Delta t^2} u_n + \frac{1}{\alpha + \omega^2 \Delta t^2} \ddot{u}_n. \]  \hspace{1cm} (26)

The factor \( A \) is known as the amplification factor. Since \( A \) multiplies the numerical error in each iteration step, convergence requires that \(|A| < 1\). Convergence is poor if \(|A|\) is close to one and fast if \(|A|\) is close to zero. To investigate the performance of the scheme in Equation (25), it is convenient to consider the small and large time step limits of \( A \). One obtains

\[ A_0 = \lim_{\Delta t \to 0} A = 1 - \frac{1}{\alpha}, \]  \hspace{1cm} (27)
\[ A_\infty = \lim_{\Delta t \to \infty} A = 0. \]  \hspace{1cm} (28)

It is shown in Section 3.3.1 that the study of the limit cases is sufficient for the assessment of the convergence unless the damping in the fluid is excessive. The condition \(|A_0| < 1\) requires

\[ \alpha > \frac{1}{2}, \]  \hspace{1cm} (29)

while \(|A_\infty| < 1\) is satisfied in any case.

Recalling the nature of the parameter \( \alpha \) as described in Section 2.2, it is observed that, in the small time step regime, the scheme only converges if the added fluid mass is smaller than the structural mass. This condition must be met for each mode of the model response. Furthermore, convergence is slow if there exists at least one mode with a value of \( \alpha \)
close to 1/2. On the other hand, if all values of $\alpha$ are close to 1, convergence is fast. For larger time steps the dependency of convergence on the added mass phenomenon weakens and vanishes as $\Delta t \to \infty$.

### 3.2 Staggered solution strategy

Based on the backward Euler scheme in the fluid and solid subsolvers (see Section 2.4), the following staggered solution procedure is considered:

1. set traction force predictor $f_{n+1}^P = f_n$
2. execute solid solver
   
   $$
   \begin{align*}
   \dot{u}_{n+1} &= \text{solid}(f_{n+1}^P, u_n, \dot{u}_n) \\
   u_{n+1} &= u_n + \dot{u}_{n+1} \Delta t 
   \end{align*}
   $$
   \tag{30}

3. execute fluid solver $f_{n+1} = \text{fluid}(u_{n+1}, \dot{u}_n)$
4. proceed to next time step $n \leftarrow n + 1$

This procedure corresponds closely to the first step of the Dirichlet-Neumann iteration described in Section 3.1. While the latter can be started with an initial guess of the traction forces or the interface configuration without affecting the performance and the critical condition (29), it is essential for stability that this staggered scheme is based on a traction force predictor rather than a predictor of the interface configuration. The solid solver requires the displacement $u_n$ as an input argument. Hence, Step 2 of the staggered scheme includes the calculation of the displacement $u_{n+1}$, based on the backward Euler formula, in readiness for the next time step.

A key feature of the scheme (30) is the explicit coupling of the implicit solid and fluid subsolvers. The solid and the fluid phases share the interface kinematics, whereas the equilibrium of the traction forces at the interface is satisfied only approximately. The solid interface tractions are equal to the predictor $f_n$, while the fluid interface tractions are equal to $f_{n+1}$.

The staggered scheme (30) can be essentially reduced to the relations

$$
\begin{align*}
\dot{u}_{n+1} &= \text{solid}(f_n, u_n, \dot{u}_n) \\
\dot{u}_n &= \text{solid}(f_n, u_n, \dot{u}_n) \\
\dot{f}_{n+1} &= \text{fluid}(\text{solid}(f_n, u_n, \dot{u}_n), \dot{u}_n).
\end{align*}
$$

Due to the linearity of the expressions, the above system of equations can be written in matrix form as

$$
\begin{bmatrix}
\dot{u}_{n+1} \\
\dot{u}_n \\
\dot{f}_{n+1}
\end{bmatrix}
= A
\begin{bmatrix}
\dot{u}_n \\
\dot{u}_n \\
\dot{f}_n
\end{bmatrix}
$$

with

$$
A = \frac{1}{\alpha + \omega^2 \Delta t^2}
\begin{bmatrix}
\alpha & \alpha & 1 \\
-\omega^2 \Delta t^2 & \alpha & 1 \\
\omega^2 \Delta t^2 (1 - \alpha + 2 \omega \xi \Delta t) & \alpha \omega^2 \Delta t^2 (1 - \alpha) - 2 \omega \xi \Delta t & -(1 - \alpha + 2 \omega \xi \Delta t)
\end{bmatrix}.
$$

For stability in the time domain, the spectral radius $\rho(A) = \max(|\lambda_j|, j = 1, 2, 3)$ of the amplification matrix $A$, where $\lambda_j$ are the eigenvalues of $A$, must not exceed the value of 1. Similarly to the analysis in Section 3.1 the small and large time step limits are considered. One obtains

$$
\rho_0 = \lim_{\Delta t \to 0} \rho(A) = \max \left(1, \left| \frac{1 - 1}{\alpha} \right| \right),
$$

$$
\rho_\infty = \lim_{\Delta t \to \infty} \rho(A) = 0.
$$

(36) (37)
It is argued in Section 3.3.2 that the analysis of the limit cases is sufficient unless the numerical damping in the fluid is excessive. The requirement for stability $|\rho_0| \leq 1$ renders

$$\alpha \geq \frac{1}{2},$$

while $|\rho_\infty| \leq 1$ is met in all cases. Therefore, if the condition in (38) is met, the Scheme (30) is unconditionally stable.

Except for the inclusion of the critical value $\alpha = 1/2$ into the range of admissible values of $\alpha$, the condition in (38) is identical to the one obtained for the iterative Dirichlet-Neumann iteration in (29). Thus, with regard to the added mass phenomenon, the two strategies have the same range of applicability. However, while a value of $\alpha$ close to 1/2 jeopardizes the convergence of the Dirichlet-Neumann iteration and hence drastically increases the computational cost, the same value of $\alpha$ does not affect the performance of the staggered scheme. This is a crucial advantage. The stability of the staggered scheme for any time step size is further illustrated in Figure 3 in terms of the spectral radius of the amplification matrix. It is noted that, despite its semiexplicit nature, the staggered scheme in (30) behaves very similarly to the strongly coupled solution. Interestingly, it maintains the high frequency limit $\rho_\infty = 0$ of the backward Euler schemes in the subsolvers.

Next, the accuracy of the staggered scheme is investigated. The procedure adopted for this purpose is the same as the one used by Chung and Hulbert\textsuperscript{43} and in earlier work by the authors.\textsuperscript{27,44} First, the exact solution of the system of Equations (18) and (19) is determined and written in the format of an amplification matrix

$$\begin{bmatrix} u_{n+1} \\ \dot{u}_{n+1} \Delta t \end{bmatrix} = A_{\text{exact}} \begin{bmatrix} u_n \\ \dot{u}_n \Delta t \end{bmatrix} \text{ where } A_{\text{exact}} = \exp\left( - \begin{bmatrix} 0 & -1 \\ \omega^2 \Delta t^2 & 2\xi \omega \Delta t \end{bmatrix} \right).$$

The eigenvalues of $A_{\text{exact}}$ are obtained as

$$\lambda_{\text{exact}} = e^{(-\xi \pm \sqrt{1-\xi^2})\omega \Delta t}.$$

Inserting them into the characteristic polynomial of the numerical amplification matrix $A$ from Equation (35) and expanding the resulting expression in terms of powers of $\Delta t$ renders

$$p_A(\lambda_{\text{exact}}) = -\frac{\omega^3}{\alpha} (3\xi (1-\alpha) - 2\xi^3 (1-2\alpha) \pm i \sqrt{1-\xi^2} (2-\alpha - 2\xi^2 (1-2\alpha))) \Delta t^3 + O(\Delta t^4).$$

If all terms involving factors of $\xi$, which is generally small, are neglected, this reduces to

$$p_A(\lambda_{\text{exact}}) = \pm i \left( 1- \frac{2}{\alpha} \right) \omega^3 \Delta t^3 + O(\Delta t^4).$$
The order of accuracy of the scheme is obtained by reducing the lowest exponent of $\Delta t$ by 2. Hence the weakly coupled staggered scheme is first-order accurate and therefore maintains the accuracy of the backward Euler scheme in the subsolvers on the level of the overall coupled problem.

For a detailed comparison, the temporal accuracy of the solution obtained with the Dirichlet-Neumann iteration described in Section 3.1 can be found by performing a similar analysis. This requires the derivation of the two-dimensional numerical amplification matrix associated with the strongly coupled problem. One obtains

$$\begin{align*}
\{ u_{n+1} \} = A_{\text{strong}} \begin{bmatrix} u_n \\ u_n \Delta t \end{bmatrix}
\end{align*}$$

with

$$A_{\text{strong}} = \begin{bmatrix} 1 + 2\omega\xi \Delta t & 1 \\ -\omega^2 \Delta t^2 & 1 \end{bmatrix}$$

and

$$p_{A_{\text{strong}}} (\lambda_{\text{exact}}) = -\omega^3 (2\xi - 2\xi^3 \pm i\sqrt{1 - 2\xi^2}) \Delta t^3 + O(\Delta t^4)$$

or, neglecting higher orders of $\xi$,

$$p_{A_{\text{strong}}} (\lambda_{\text{exact}}) = \pm i\omega^3 \Delta t^3 + O(\Delta t^4).$$

The comparison of Equations (42) and (45) shows that, depending on the value of $\alpha$ with $\frac{1}{2} \leq \alpha \leq 1$, the approximation error in time of the strongly coupled solution is between 1 and 3 times smaller than for the staggered one. However, by reducing the time step size by a small factor, the staggered scheme will outperform the accuracy of the Dirichlet-Neumann iteration and still be significantly more efficient.

3.3 The effect of the fluid damping

The analyses in Sections 3.1 and 3.2 of the performance of the Dirichlet-Neumann iteration and of the staggered scheme is based on the time step limits $\Delta t \to 0$ and $\Delta t \to \infty$. In the following paragraphs, it is shown that this is indeed sufficient.

3.3.1 Dirichlet-Neumann iteration

Consider the case without damping in the fluid, that is, $\xi = 0$. The amplification factor in Equation (26) reduces to

$$A = -\frac{1 - \alpha}{\alpha + \omega^2 \Delta t^2}.$$  \hspace{1cm} (46)

Clearly, the function $A(\Delta t)$ transitions smoothly and monotonously from $\Delta t = 0$ to $\Delta t \to \infty$ without any stationary points. It follows that, for $\xi = 0$, the consideration of the small and large time step limits in the convergence analysis in Section 3.1 is sufficient. Hence, provided that the critical condition in (29) is met, any values of $|A(\Delta t)| > 1$ must be due to the effect of the fluid viscosity.

Reintroducing the damping $\xi > 0$ in the amplification factor, differentiating it with respect to $\Delta t$ and equating the result to zero renders the position of the minimum value $A_{\min}$. Solving $A_{\min} = -1$ for $\xi$ gives

$$\xi_{\text{max}} = \sqrt{2\alpha - 1}. \hspace{1cm} (47)$$

Hence, if there is no added mass in the system, that is, $\alpha = 1$, even excessive fluid damping with values of $\xi$ close to 1 does not jeopardize the convergence of the scheme. If $\alpha$ is close to the critical value of 0.5, where convergence is slow, values of $\xi > 0$ can cause divergence. However, a numerical study shows that, for moderate values of $\xi$, this occurs only in the very close vicinity of $\alpha = 0.5$. For instance, for $\alpha = 0.51$, one obtains $\xi_{\text{max}} = 0.1414$, which is still a very substantial and unlikely amount of damping. Examples of $A(\Delta t)$ for different values of $\alpha$ and $\xi$ are visualized in Figure 4.

Therefore, one concludes that the effect of fluid damping on the convergence of the Dirichlet-Neumann iteration is negligible in most cases and the consideration of the small and large time step limits in the convergence analysis is sufficient. However, close to the critical amount of added mass, high physical or artificial fluid viscosities may trigger convergence issues.
3.3.2 | Staggered scheme

An analysis similar to Section 3.3.1 requires the analytical expressions for the spectral radius of the amplification matrix in Equation (35). This gives rise to lengthy expressions and is omitted. Instead, analogously to Figure 4, the spectral radius of the amplification matrix is shown in Figure 5 as a function of $\Delta t$ and for different values of $\alpha$ and $\xi$. The figure suggests that the effect of fluid damping on the stability of the staggered scheme is similar to its effect on the convergence of the Dirichlet-Neumann iteration: For $\xi = 0$, the spectral radius transitions monotonously from $\Delta t = 0$ to $\Delta t \to \infty$. For larger values of $\xi$, a relative maximum develops. Numerical evidence suggests the same critical value for $\xi$ as given by Equation (47). Hence, very large fluid viscosities may cause stability issues close to the critical amount of added mass. This effect is negligible and the analysis of the staggered scheme can be based on the small and large time step limits.

3.4 | Summary

It has been established that the schemes presented in Sections 3.1 and 3.2 are unsuitable for the simulation of problems with strong added mass effects where at least one of the modes features $\alpha < 0.5$: The Dirichlet-Neumann iteration fails to converge and the staggered scheme is unstable.

It has also been shown that, in the regime of smaller added mass effects with $\alpha \geq 0.5$, the staggered scheme is substantially more efficient than the Dirichlet-Neumann iteration without jeopardizing the stability or accuracy in time.
This is especially the case for problems involving one or more modes with values of \( \alpha \) close to 0.5. In this regime the Dirichlet-Neumann iteration requires a large number of iteration steps since the amplification factor is close to 1.

In the next section, it is investigated to what extent basic modifications of the two schemes can remove the limitations posed by the added mass phenomenon.

4 | MODIFICATION OF SOLUTION SCHEMES

The following subsections present modifications of the Dirichlet-Neumann iteration and of the staggered scheme presented in Sections 3.1 and 3.2, respectively. In particular, the effects of velocity and of traction force relaxation are investigated.

4.1 | Velocity relaxation

4.1.1 | Dirichlet-Neumann iteration

Introducing relaxation of the interface velocity in the Dirichlet-Neumann iteration as described by Equation (24) renders

\[
\begin{align*}
    f_{n+1}^{(i+1)} &= \text{fluid}(\dot{u}_{n+1}^{(i)}, \ddot{u}_n) \\
    \dot{u}_{n+1}^{(i+1)} &= (1 - \beta) \ddot{u}_{n+1}^{(i)} + \beta \text{solid}(f_{n+1}^{(i+1)}, u_n, \dot{u}_n)
\end{align*}
\]  

(48)

or, in short,

\[
\dot{u}_{n+1}^{(i+1)} = (1 - \beta) \ddot{u}_{n+1}^{(i)} + \beta \text{solid}(\text{fluid}(\dot{u}_{n+1}^{(i)}, \ddot{u}_n), u_n, \dot{u}_n).
\]

(49)

where \( \beta \) is the relaxation factor and can be chosen freely to optimize the rate of convergence. It is noted that, by using Equation (20), this can be rephrased as relaxation of the displacement \( u_{n+1} \).

Recalling Equations (21) and (23) the iteration can be expressed as

\[
\dot{u}_{n+1}^{(i+1)} = (1 + \beta(A - 1)) \dot{u}_{n+1}^{(i)} + \beta \left( -\frac{\omega^2 \Delta t}{\alpha + \omega^2 \Delta t^2} u_n + \frac{1}{\alpha} \right) \dot{u}_n,
\]

(50)

where the factor \( A \) introduced in Equation (26) is reused. Convergence requires that the modified amplification factor \( A' \) satisfies \( |A'| < 1 \). Similarly to Section 3.1, the small and large time step limits are considered and one obtains

\[
A'_0 = \lim_{\Delta t \to 0} A' = 1 - \frac{\beta}{\alpha}
\]

(51)

\[
A'_\infty = \lim_{\Delta t \to \infty} A' = 1 - \beta.
\]

(52)

It follows from \( |A'_0| < 1 \) that

\[
0 < \beta < 2\alpha,
\]

(53)

while \( |A'_\infty| < 1 \) requires

\[
0 < \beta < 2.
\]

(54)

This result has also, in different notation, been reported by Causin et al\(^2\) and others\(^3,4,6\). It is noted that the condition in (53) implies (54). Setting \( \beta = 1 \) correctly recovers the inequality in (29). Furthermore, there exists an optimal relaxation factor \( \beta^* \) that renders \( A' = 0 \) and therefore requires only one iteration step to obtain the exact solution. In the small time step limit

\[
\beta^* = \alpha
\]

(55)

and, in the large time step limit, \( \beta^* = 1 \).
Considering the regime of small time steps and recalling the nature of the parameter $\alpha$, one observes that problems with large added mass effects require the choice of a value of $\beta$ close to zero, while for small added mass effects the interval of admissible values for $\beta$ is much larger. However, for all $\alpha$ with $0 < \alpha \leq 1$, $\beta$ can be chosen such that convergence is ensured and there exists an optimal value $\beta^*$ which renders the solution after a single iteration step.

As described in Section 2, realistic fluid-structure interaction problems involve a large spectrum of values $\alpha$. For convergence, the relaxation parameter for the overall problem must be chosen such that

$$\hat{A}(\beta) := \max(\{A_0^{(k)}(\beta)\}, k = 1, 2, 3, ... ) < 1.$$  \hspace{1cm} (56)

Furthermore, the optimal relaxation factor is found from

$$\hat{A}(\beta) \Rightarrow \text{MIN}.$$  \hspace{1cm} (57)

If $\alpha_{\min}$ and $\alpha_{\max}$ denote the smallest and the largest values of $\alpha$ present in a particular fluid-structure interaction problem, then one can deduce that convergence is conditional on

$$0 < \beta < 2\alpha_{\min}$$  \hspace{1cm} (58)

and, in the small time step limit, the optimal relaxation factor and amplification factor are, respectively,

$$\beta^* = \frac{2\alpha_{\max}\alpha_{\min}}{\alpha_{\max} + \alpha_{\min}} \quad \text{and} \quad \hat{A}(\beta^*) = \frac{\alpha_{\max} - \alpha_{\min}}{\alpha_{\max} + \alpha_{\min}}.$$  \hspace{1cm} (59)

This is illustrated in Figure 6. As described in Section 2.1, a time step size which is small for the low frequency high added mass mode with $\alpha_{\min}$ is large for the high frequency low added mass mode with $\alpha_{\max}$. Thus, by using $A_0^\prime$ for $\alpha_{\min}$ and $A_\infty^\prime$ for $\alpha_{\max}$, one obtains, instead of Equation (59),

$$\beta^* = \frac{2\alpha_{\min}}{1 + \alpha_{\min}} \quad \text{and} \quad \hat{A}(\beta^*) = \frac{1 - \alpha_{\min}}{1 + \alpha_{\min}}.$$  \hspace{1cm} (60)

As an example, consider two modes with $\alpha_1 = 0.99$ and $\alpha_2 = 0.01$. Convergence requires $\beta \in [0, 0.02]$. Equation (59) renders $\beta^* = 0.0198$ and $\hat{A}(\beta^*) = 0.98$. It follows that even the optimal amplification factor requires 228 iterations in order to reduce the solution error by a factor of 100. Also note the close vicinity of $\beta^*$ to the critical value of 0.02. The values obtained from Equation (60) are slightly more disadvantageous. Hence, it is clear that a large spectrum of added mass modes substantially jeopardizes the convergence of the Dirichlet-Neumann iteration and potentially makes the strategy unviable.
4.1.2 Staggered solution strategy

The integration of interface velocity relaxation into the staggered scheme described in Section 3.2 requires the distinction of solid and fluid interface kinematics. Therefore, the superscripts $s$ and $f$ are reintroduced to denote the quantities associated with the solid and the fluid phases, respectively. The staggered scheme (30) is then modified as follows:

1. set traction force predictor
   \[ f_{n+1}^P = f_n \]
2. execute solid solver
   \[
   \begin{align*}
   \dot{u}_{n+1}^s &= \text{solid}(f_{n+1}^P, u_n^s, \dot{u}_n^s) \\
   u_{n+1}^s &= u_n^s + \dot{u}_{n+1}^s \Delta t
   \end{align*}
   \]
3. compute fluid interface velocity
   \[ \dot{u}_{n+1}^f = (1 - \beta) \dot{u}_n^f + \beta \dot{u}_{n+1}^f \]
4. execute fluid solver
   \[ f_{n+1} = \text{fluid}(\dot{u}_{n+1}^f, \dot{u}_n^f) \]
5. proceed to next time step
   \[ n \leftarrow n + 1 \]

This procedure can be rewritten in matrix form as

\[
\begin{pmatrix}
\dot{u}_{n+1}^s \\
\dot{u}_{n+1}^f \\
\end{pmatrix} = \begin{pmatrix}
\alpha & 0 & 1 \\
\beta & 0 & 1 \\
\gamma & \delta & \delta
\end{pmatrix}
\begin{pmatrix}
u_n^s \\
\dot{u}_n^s \\
\dot{u}_n^f
\end{pmatrix}
\]

\[ \begin{pmatrix}
u_{n+1}^s \\
\dot{u}_{n+1}^f
\end{pmatrix} = \begin{pmatrix}
\alpha & 0 & 1 \\
\beta & 0 & 1 \\
\gamma & \delta & \delta
\end{pmatrix}
\begin{pmatrix}
u_n^s \\
\dot{u}_n^s \\
\dot{u}_n^f
\end{pmatrix}
\]

\[ \begin{pmatrix}
u_{n+1}^s \\
\dot{u}_{n+1}^f
\end{pmatrix} = \begin{pmatrix}
\alpha & 0 & 1 \\
\beta & 0 & 1 \\
\gamma & \delta & \delta
\end{pmatrix}
\begin{pmatrix}
u_n^s \\
\dot{u}_n^s \\
\dot{u}_n^f
\end{pmatrix}
\]

where, for brevity, \( \delta = \alpha + \omega^2 \Delta t^2 \) and \( \eta = 1 - \alpha + 2 \omega \xi \Delta t \). Analysis similar to Section 3.2 renders

\[ \rho_0 = \lim_{\Delta t \to 0} \rho(A) = \max \left( 0, 1, \left| 1 - \frac{\beta}{\alpha} \right| \right), \]

\[ \rho_\infty = \lim_{\Delta t \to \infty} \rho(A) = \max(0, \left| 1 - \beta \right|). \]

It follows that the scheme is unconditionally stable provided

\[ 0 < \beta \leq 2 \alpha. \]

In the context of multiple solution modes with a range of values of \( \alpha \), the relaxation parameter must satisfy

\[ 0 < \beta \leq 2 \alpha_{\min}. \]

which is identical to the condition for convergence of the Dirichlet-Neumann iteration (58), except for the critical value lying inside the admissible interval of \( \beta \). The minimization of the term \( |1 - \beta/\alpha| \) which renders the optimal performance of the Dirichlet-Neumann iteration given in Equation (59) is not relevant in the context of the staggered scheme.

Inserting the eigenvalues (40) of the exact amplification matrix (39) into the characteristic polynomial of the amplification matrix (63) renders

\[ p_A(\lambda_{\text{exact}}) = -\frac{\alpha^3}{\alpha}(\xi(1 + 2\beta - 3\alpha) - 2\xi^2(\beta - 2\alpha) \pm i\sqrt{1 - \xi^2(1 + \beta - \alpha - 2\xi^2(\beta - 2\alpha)) \Delta t^3}) + O(\Delta t^4). \]
If all terms involving factors of $\xi$, which is generally small, are neglected this reduces to

$$p_A(\lambda_{\text{exact}}) = \pm i \left( 1 - \frac{1 + \beta}{\alpha} \right) \omega^3 \Delta t^3 + O(\Delta t^4).$$  \hspace{1cm} (69)

Clearly, for $\beta = 1$ the expression in Equation (42) is recovered. The presence of the term $1/\alpha$ in Equation (69) indicates that the approximation error grows as added mass effects increase, that is, the results of the simulation deviate more strongly from the strongly coupled computation as $\alpha \to 0$.

### 4.2 | Force relaxation

#### 4.2.1 | Dirichlet-Neumann iteration

Introducing relaxation of the traction force in the Dirichlet-Neumann iteration as described by Equation (24) renders

$$f_{n+1}^{i+1} = (1 - \beta)f_{n+1}^{i} + \beta \text{fluid}(\dot{u}_{n+1}, \ddot{u}_n)$$

$$\dot{u}_{n+1}^{i+1} = \text{solid}(f_{n+1}^{i+1}, u_n, \dot{u}_n).$$  \hspace{1cm} (70)

Formulating the second equation at $(i)$ instead of $(i+1)$ and inserting it into the first yields a shorter representation of the scheme,

$$f_{n+1}^{i+1} = (1 - \beta)f_{n+1}^{i} + \beta \text{fluid}(f_{n+1}^{i}, u_n, \dot{u}_n, \ddot{u}_n).$$  \hspace{1cm} (71)

Recalling Equations (21) and (23) the iteration can be expressed as

$$f_{n+1}^{i+1} = \underbrace{(1 + \beta(A - 1))f_{n+1}^{i}}_{A'} + \beta \left( \omega^2 \frac{1 - \alpha}{\alpha + \omega^2 \Delta t^2} u_n + \frac{\omega^2 \Delta t(1 - \alpha) - 2\alpha \omega^2 \Delta t}{\alpha + \omega^2 \Delta t^2} \dot{u}_n \right),$$  \hspace{1cm} (72)

where the factor $A$ introduced in Equation (26) is reused. The comparison of Equations (72) and (50) shows that force relaxation yields the same amplification factor $A'$ as displacement relaxation. Hence, the performance of the iterative schemes described by Equations (49) and (71) is identical. It has been investigated in detail in Section 4.1.1.

#### 4.2.2 | Staggered solution strategy

The integration of interface displacement relaxation into the staggered scheme described in Section 3.2 is straightforward and leads to the following scheme:

1. set traction force predictor
   $$f_{n+1}^P = f_n$$
2. execute solid solver
   $$\begin{cases} 
   u_{n+1} = \text{solid}(f_{n+1}^P, u_n, \dot{u}_n) \\
   \dot{u}_{n+1} = u_n + \ddot{u}_{n+1} \Delta t
   \end{cases}$$
3. execute fluid solver
   $$f_{n+1}^* = \text{fluid}(u_{n+1}, \dot{u}_n)$$
4. compute traction force
   $$f_{n+1} = (1 - \beta)f_{n+1}^P + \beta f_{n+1}^*$$
5. proceed to next time step
   $$n \leftarrow n + 1$$

This procedure can be rewritten in matrix form as

$$\begin{pmatrix} 
   u_{n+1} \\
   \dot{u}_{n+1} \\
   f_{n+1} \end{pmatrix} = \begin{pmatrix} 
   u_n \\
   \dot{u}_n \\
   f_n \end{pmatrix} \begin{pmatrix} 
   A \\
   A \Delta t \\
   A \Delta t^2 \end{pmatrix} \begin{pmatrix} 
   \Delta t \\
   \Delta t \\
   \Delta t^2 \end{pmatrix}$$  \hspace{1cm} (74)
with

\[
A = \begin{bmatrix}
\frac{a}{a+\omega^2\Delta t^2} & \frac{\alpha}{a+\omega^2\Delta t^2} & \frac{1}{a+\omega^2\Delta t^2} \\
-\frac{\omega^2\Delta t^2}{a+\omega^2\Delta t^2} & \frac{\omega^2\Delta t^2}{a+\omega^2\Delta t^2} & \frac{1}{a+\omega^2\Delta t^2} \\
\beta\omega^2\Delta t^2 & \frac{-\omega^2\Delta t^2}{a+\omega^2\Delta t^2} & 1 - \beta \frac{\omega^2\Delta t^2}{a+\omega^2\Delta t^2}
\end{bmatrix}
\]  

(75)

Analysis of the small and large time step limits renders

\[
\rho_0 = \lim_{\Delta t \to 0} \rho(A) = \max \left(1, \left|1 - \frac{\beta}{\alpha}\right\right)
\]

(76)

\[
\rho_\infty = \lim_{\Delta t \to \infty} \rho(A) = \max(0, |1 - \beta|).
\]

(77)

Hence, \(\rho_0\) and \(\rho_\infty\) are identical to the staggered scheme based on displacement relaxation and the results of the stability analysis described in Section 4.1.2 apply. The accuracy analysis also renders exactly the same error terms as in Equations (68) and (69). A second-order accurate version of this staggered scheme based on the generalized-\(\alpha\) method has been published and thoroughly tested by the authors.\(^{27-29}\)

4.3 Combined relaxation

4.3.1 Dirichlet-Neumann iteration

Using relaxation for both the traction force and the velocity in the iteration described by Equation (24) renders

\[
\begin{align*}
\mathcal{f}^{(i+1)}_{n+1} &= (1 - \beta)\mathcal{f}^{(i)}_{n+1} + \beta \text{fluid}(u^{(i)}_{n+1}, u_n), \\
\mathcal{u}^{(i+1)}_{n+1} &= (1 - \beta)\mathcal{u}^{(i)}_{n+1} + \beta \text{solid}(u^{(i)}_{n+1}, u_n).
\end{align*}
\]

(78)

The same relaxation factor \(\beta\) is applied to the force and to the velocity. The employment of two different values does not render any benefit and is not considered here. The above system of equations can be written in matrix form as

\[
\begin{bmatrix}
\mathcal{u}^{(i+1)}_{n+1} \\
\mathcal{f}^{(i+1)}_{n+1}/\Delta t
\end{bmatrix} =
A
\begin{bmatrix}
\mathcal{u}^{(i)}_{n+1} \\
\mathcal{f}^{(i)}_{n+1}/\Delta t
\end{bmatrix}
\]

(79)

with

\[
A = \begin{bmatrix}
1 - \beta - \beta^2 \frac{1-a+2\alpha \xi \Delta t}{a+\omega^2\Delta t^2} & \beta \frac{1-\beta}{a+\omega^2\Delta t^2} \\
-\beta(1-a+2\alpha \xi \Delta t) & 1 - \beta
\end{bmatrix}
\]

(80)

The analysis of the small and large time step limits renders

\[
\rho_0 = \lim_{\Delta t \to 0} \rho(A) = \max \left(1 - \beta - \beta^2 \frac{1-a}{2a} \pm \frac{\beta}{2a} \sqrt{(1-a)(\beta^2(1-a) - 4a(1-\beta))} \right)
\]

(81)

\[
= \begin{cases}
1 - \beta & \text{for } 0 < \beta < \frac{2\sqrt{a}}{1+\sqrt{a}} \\
\frac{1+\beta + \beta^2 \frac{1-a}{2a} \pm \frac{\beta}{2a} \sqrt{(1-a)(\beta^2(1-a) - 4a(1-\beta))}}{1+\sqrt{a}} & \text{for } \beta > \frac{2\sqrt{a}}{1+\sqrt{a}}
\end{cases}
\]

(81)

\[
\rho_\infty = \lim_{\Delta t \to \infty} \rho(A) = |1 - \beta|.
\]

(82)

It follows from \(\rho_0 < 1\) that

\[
0 < \beta < \frac{2\sqrt{a(1-a)} - \alpha}{1-2a}
\]

(83)
and from $\rho_\infty < 1$ that

\[ 0 < \beta < 2. \tag{84} \]

The latter represents the same large time step convergence criterion that applies to the single-field relaxation of velocity or traction force as shown in Sections 4.1.1 and 4.2.1. The small time step regime requires more attention. Figure 8 shows the contour plot of the spectral radius $\rho_0$. The comparison with Figure 7 illustrates that convergence is achieved in a larger region of the $\alpha-\beta$ plane. It follows from the critical values of the relaxation factor $\beta$ as given in the conditions in (53) and (83), that combined relaxation allows for substantially larger values of $\beta$ in the high added mass regime, where $\alpha$ is close to zero. In fact, for combined relaxation, the ratio of the critical value of $\beta$ over $\alpha$ tends to infinity for $\alpha \to 0$, whereas it is equal to 2 for single-field relaxation. As an example, $\alpha = 0.01$ requires $\beta < 0.02$ or $\beta < 0.1827$ for, respectively, single-field or combined relaxation.

The optimal value of the relaxation factor in the small time step limit is obtained as

\[ \beta^* = \frac{2\sqrt{\alpha}}{1 + \sqrt{\alpha}} \quad \text{with} \quad \rho_0(\beta^*) = 1 - \beta^*. \tag{85} \]

Hence, $\beta$ cannot be chosen such that $\rho_0$ disappears. This is illustrated in Figure 8. Yet, this is disadvantageous only in the case of a single-solution mode. As discussed in Section 2.3, physically relevant fluid-structure interaction problems typically feature multiple solution modes that range from low to high added mass effects and, therefore, do not share the
same optimal value of $\beta$. Considering the example of $a_{\text{min}} = 0.01$ and $a_{\text{max}} = 0.99$, one obtains $\beta^* = 0.1818$ and $\rho_0(\beta^*) = 0.8182$. It follows that 23 iteration steps are required to reduce the approximation error by a factor of 100. This compares very favorably to 228 steps that are required by single-field relaxation as shown in Section 4.1.1.

### 4.3.2 Staggered solution strategy

Combining the relaxation of the interface velocity and traction forces, that is, merging the algorithms in (61) and (73), one obtains the following staggered scheme:

1. set traction force predictor
   \[ f_{n+1}^P = f_n \]
2. execute solid solver
   \[
   \begin{align*}
   \dot{u}_n^s &= \text{solid}(f_n^P, u_n^s, \dot{u}_n^s) \\
   u_{n+1}^s &= u_n^s + \dot{u}_{n+1}^s \Delta t \\
   \dot{u}_{n+1}^s &= (1 - \beta)\dot{u}_n^s + \beta \dot{u}_{n+1}^s
   \end{align*}
   \]
3. compute fluid interface velocity
   \[ \dot{u}_n^f = (1 - \beta)\dot{u}_n^f + \beta \dot{u}_{n+1}^f \]
4. execute fluid solver
   \[ f_{n+1}^f = \text{fluid}(\dot{u}_{n+1}^f, \dot{u}_n^f) \]
5. compute traction force
   \[ f_{n+1} = (1 - \beta)f_n^P + \beta f_{n+1}^f \]
6. proceed to next time step
   \[ n \leftarrow n + 1 \]

This procedure can be rewritten in matrix form as

\[
\begin{bmatrix}
  u_{n+1}^s \\
  \dot{u}_{n+1}^s \\
  \dot{u}_{n+1}^f \\
  f_{n+1}^f \\
\end{bmatrix} =
\begin{bmatrix}
  a & \delta & 0 & 0 \\
  \delta & a & 1 - \beta & 0 \\
  \beta \omega & -\beta \omega & \beta \omega & 1 - \beta \\
  \beta \omega & -\beta \omega & 1 - \beta & \beta \omega
\end{bmatrix}
\begin{bmatrix}
  u_n^s \\
  \dot{u}_n^s \\
  \dot{u}_n^f \\
  f_n^f \\
\end{bmatrix}
\]

(87)

with

\[
A =
\begin{bmatrix}
  a & \delta & 0 & 0 \\
  \delta & a & 1 - \beta & 0 \\
  \beta \omega & -\beta \omega & \beta \omega & 1 - \beta \\
  \beta \omega & -\beta \omega & 1 - \beta & \beta \omega
\end{bmatrix}
\]

(88)

where, for brevity, $\delta = \alpha + \omega^2 \Delta t^2$ and $\eta = 1 - \alpha + 2\omega \xi \Delta t$. The analysis of the small and large time step limits renders

\[
\rho_0 = \lim_{\Delta t \to 0} \rho(A) = \max \left(1, \left|1 - \beta - \beta^2 \frac{1 - \alpha}{2\alpha} \pm \beta \frac{\beta}{2\alpha} \sqrt{(1 - \alpha)(\beta^2(1 - \alpha) - 4\alpha(1 - \beta))}\right) \right),
\]

(89)

\[
\rho_\infty = \lim_{\Delta t \to \infty} \rho(A) = \max(0, |1 - \beta|).
\]

(90)

It follows from $\rho_0 \leq 1$ that

\[
0 < \beta \leq 2 \frac{\sqrt{\alpha(1 - \alpha) - \alpha}}{1 - 2\alpha}
\]

(91)

and from $\rho_\infty \leq 1$ that

\[
0 < \beta \leq 2.
\]

(92)

Hence, the critical values of the relaxation factor correspond exactly to those obtained for the iterative scheme in Section 4.3.1 and are larger than their counterparts associated with single-field relaxation.
Inserting the eigenvalues (40) of the exact amplification matrix (39) into the characteristic polynomial of the amplification matrix (88) renders

\[ p_A(\lambda_{\text{exact}}) = -\frac{\beta \omega^3}{\alpha} (\xi(2 + \beta - 6\alpha + 3\alpha\beta) + 2\xi^2(4\alpha - \beta - 2\alpha\beta)) \pm i\sqrt{1 - \xi^2(2 - 2\alpha + \alpha\beta + 2\xi^2(4\alpha - \beta - 2\alpha\beta))} \Delta t^3 + O(\Delta t^4). \] (93)

If all terms involving factors of \( \xi \), which is generally small, are neglected, this reduces to

\[ p_A(\lambda_{\text{exact}}) = \pm i \left( \frac{2\beta}{\alpha} - 2\beta + \beta^2 \right) \omega^3 \Delta t^3 + O(\Delta t^4). \] (94)

The error term includes the expression \( 2\beta/\alpha \). Even though the critical \( \beta \) is much larger for this scheme than it is for single-field relaxation, the condition in (91) states that smaller values of \( \alpha \) still require the choice of a smaller value of \( \beta \). Thus, the term \( 2\beta/\alpha \) does not cause the loss of accuracy for small values of \( \alpha \) that is associated with the expression \( 1/\alpha \) in the leading order error term for the staggered scheme with single-field relaxation in Equation (69).

## 5 SUMMARY OF MODEL PROBLEM ANALYSIS

The results of the analysis presented in Sections 3 and 4 are summarized in Table 1. The table shows the critical conditions required to ensure convergence or stability of, respectively, the iterative or the staggered scheme. It also shows the expressions that have been derived for the amplification factors and spectral radii in the small and large time step limits. For the staggered schemes, the leading order error terms are provided.

The correspondence of the critical amounts of added mass between the iterative and the proposed staggered schemes is evident. It must be recalled, however, that the performance of the iterative scheme deteriorates significantly as the critical added mass is approached, while the efficiency of the staggered schemes is not affected until the critical added mass is exceeded.

| Relaxation | Iterative | Staggered |
|------------|-----------|-----------|
| None       | \( A_0 = 1 - \frac{1}{\alpha} \) | \( \rho_0 = \max\left(1, \left|1 - \frac{1}{\alpha}\right|\right) \) |
| \( \Delta t \to 0 \) | \( \alpha > \frac{1}{2} \) | \( \alpha \geq \frac{1}{2} \) |
| Truncation error | n.a. | \( \epsilon = 1 - \frac{2}{\alpha} \) |
| Single field | \( A_0 = 1 - \frac{\beta}{\alpha} \) | \( \rho_0 = \max\left(1, \left|1 - \frac{\beta}{\alpha}\right|\right) \) |
| \( \Delta t \to 0 \) | \( 0 < \beta < 2\alpha \) | \( 0 < \beta \leq 2\alpha \) |
| \( \Delta t \to \infty \) | \( \rho_\infty = 1 - \beta \) | \( \rho_\infty = \max(0, |1 - \beta|) \) |
| Truncation error | n.a. | \( \epsilon = 1 - \frac{1 + \beta}{\alpha} \) |
| Combined | \( \rho_0 = \begin{cases} 1 - \beta & \text{for } 0 < \beta \leq \frac{2\sqrt{\alpha}}{1 + \alpha} \\ f(\alpha, \beta)^f & \text{for } \beta > \frac{2\sqrt{\alpha}}{1 + \alpha} \end{cases} \) | \( \rho_0 = \begin{cases} \max(1, |1 - \beta|) & \text{for } 0 < \beta \leq \frac{2\sqrt{\alpha}}{1 + \alpha} \\ \max(1, f(\alpha, \beta)^f) & \text{for } \beta > \frac{2\sqrt{\alpha}}{1 + \alpha} \end{cases} \) |
| \( \Delta t \to 0 \) | \( 0 < \beta < \frac{2\sqrt{\alpha(1 - \alpha - \alpha^2)}}{1 + \alpha} \) | \( 0 < \beta \leq \frac{2\sqrt{\alpha(1 - \alpha - \alpha^2)}}{1 + \alpha} \) |
| \( \Delta t \to \infty \) | \( \rho_\infty = 1 - \beta \) | \( \rho_\infty = \max(0, |1 - \beta|) \) |
| Truncation error | n.a. | \( \epsilon = \frac{2\beta}{\alpha} - 2\beta + \beta^2 \) |

\( f(\alpha, \beta) = -1 + \beta + \beta^2 \frac{1 + \alpha}{\alpha} + \frac{\beta}{\alpha} \sqrt{(1 - \alpha)(\beta^2(1 - \alpha) - 4\alpha(1 - \beta))}. \)
For both the iterative and the staggered schemes, velocity and traction force relaxation render identical results. The model problem analysis suggests that combined relaxation allows for the resolution of substantially larger added mass effects.

In the context of the staggered schemes, combined relaxation has two advantages over single-field relaxation: It features larger critical values of $\beta$, especially in the regime of strong added mass effects, and the approximation error (the deviation from the strongly coupled solution) does not grow proportionally to the inverse of $a$.

6 | NUMERICAL EXAMPLE

In this section, the agreement of the model problem analysis of Sections 2 to 5 with different finite element models of a basic two-dimensional fluid-structure interaction system is investigated. In order to allow for meaningful conclusions, different finite element-based fluid subsolvers for the incompressible Navier-Stokes equations are considered and presented in Section 6.1. In Section 6.2, these fluid subsolvers are integrated in the staggered schemes and used to simulate the problem of a rigid cylinder submerged in two-dimensional fluid flow and pulled by a prescribed external force. In Section 6.3 the iterative schemes are applied to the same problem.

It is important to note that, despite the simple setup described in Section 6.2, the problem of the submerged rigid cylinder features strongly coupled fluid-structure interaction and fully resolved incompressible fluid flow and is not based on any simplifying assumptions. Hence, if the model problem analysis is indeed relevant for real applications of fluid-structure interaction, it must predict the performance of the numerical strategies for this test case with a good degree of accuracy. This is verified in the following subsections.

The implementation of the iterative and staggered schemes can be based on the algorithms shown in Equations (48), (70), (78) and (61), (73), (86), respectively, and is straightforward. The fluid and solid subsolvers used in this section employ the same backward Euler time discretization scheme as the model problem. Note that the convective velocity is evaluated at the previous time instant, thereby avoiding nonlinearity and allowing for fully linear fluid solvers.

6.1 | Fluid flow solver

6.1.1 | Governing equations

Consider a domain $\Omega \subset \mathbb{R}^d$ ($d \leq 3$) with boundary $\Gamma$ which is separable into Dirichlet and Neumann subsets, $\Gamma_D$ and $\Gamma_N$. The velocity field $u$ and pressure field $p$ are described by the incompressible Navier-Stokes equations

$$\rho \left( \frac{\partial u}{\partial t} + (u - v) \cdot \nabla u \right) - \nabla \cdot 2\mu \nabla^s u + \nabla p = f \quad \text{in } \Omega,$$

$$\nabla \cdot u = 0 \quad \text{in } \Omega,$$

$$u = u_D \quad \text{on } \Gamma_D,$$

$$(2\mu \nabla^s u - p I) \cdot n = 0 \quad \text{on } \Gamma_N,$$

$$u|_{t=0} = u_0 \quad \text{in } \Omega,$$

where $f$ is the body force vector, $u_D$ is the velocity prescribed on $\Gamma_D$, and $n$ is the outward normal to $\Gamma$. The velocity of the reference frame is denoted by the vector field $v$. The symmetric gradient is expressed as $\nabla^s(\bullet) := \frac{1}{2}(\nabla(\bullet) + \nabla^T(\bullet))$.

6.1.2 | Finite element method: Mixed Taylor-Hood elements

In order to satisfy the LBB stability condition, a Taylor-Hood element is chosen for the spatial discretization (see Figure 9). Thus, the velocity interpolation is piecewise quadratic, while the pressure interpolation is piecewise linear.
The weak form reads: Find \((u^h, p^h) \in (S^h, P^h)\), such that, for all \((w^h, q^h) \in (V^h, P^h)\),

\[
\int_{\Omega^h} w^h \cdot \rho \left( \frac{\partial u^h}{\partial t} + ((u^h - v^h) \cdot \nabla) u^h \right) + \nabla w^h : (2\mu \nabla^2 u^h) - (\nabla \cdot w^h) p^h + \nabla q^h \cdot u^h \, d\Omega^h = 0. \tag{100}
\]

where \(S^h\), \(P^h\), and \(V^h\) are the appropriate finite element spaces of piecewise continuous quadratic and linear basis functions.

### 6.1.3 Finite element method: Stabilized SUPG/PSPG elements

The velocity and the pressure fields are both interpolated with the same piecewise continuous linear basis functions. Following the original work by Tezduyar et al,\textsuperscript{45} the SUPG/PSPG stabilized weak form reads: Find \((u^h, p^h) \in (S^h, P^h)\), such that, for all \((w^h, q^h) \in (V^h, P^h)\),

\[
\int_{\Omega^h} w^h \cdot \rho \left( \frac{\partial u^h}{\partial t} + ((u^h - v^h) \cdot \nabla) u^h \right) + \nabla w^h : (2\mu \nabla^2 u^h) - (\nabla \cdot w^h) p^h + \nabla q^h \cdot u^h \, d\Omega^h
\]

\[
+ \sum_{e=1}^{n_e} \int_{\Omega^e} [\tau_p \rho((u^h - v^h) \cdot \nabla w^h) + \tau_p \nabla q^h] \cdot \rho \left( \frac{\partial u^h}{\partial t} + ((u^h - v^h) \cdot \nabla) u^h \right) \, d\Omega^e = 0. \tag{101}
\]

The scalar stabilization parameters are defined as

\[
\tau_p = \kappa \frac{h^2}{4\mu} \quad \text{and} \quad \tau_u = \left( \frac{4\mu}{h^2} \right)^2 \left( \frac{2\rho \|u^h - v^h\|_h}{h} \right)^2, \tag{102}
\]

where \(h\) denotes the characteristic element size and \(\kappa\) is a scaling factor which allows for different weighting of the pressure stabilization. Note that, in order to avoid nonlinearity, the norm of the convective velocity in the expression for \(a_{tuu}\) is taken from the previous time instant. Much more sophisticated stabilization expressions have been proposed by Tezduyar and coworkers. However, for the purpose of the present work, the above terms, which work well in the regime of laminar flow, are sufficient.

### 6.1.4 Finite element method: Projection scheme

For the projection scheme considered in this work, the velocity and the pressure fields are interpolated, respectively, with piecewise quadratic and piecewise linear basis functions as shown in Figure 9. Following a decoupling strategy-based on the original nonincremental projection method by Chorin,\textsuperscript{46} the semidiscrete form of the Navier-Stokes equations is partitioned into three steps:

**Step 1:**

\[
\frac{\rho}{\Delta t} (\tilde{u}_{n+1} - u_n) + \rho ((u_n - v_{n+1}) \cdot \nabla) \tilde{u}_{n+1} - \nabla \cdot 2\mu \nabla^2 \tilde{u}_{n+1} = 0. \tag{103}
\]

This is essentially the momentum equation after the application of the backward Euler time integration scheme, where the pressure gradient has been removed. It is solved for the so-called intermediate velocity \(\tilde{u}_{n+1}\). Note that
\( \hat{u}_{n+1} \) satisfies the Dirichlet boundary condition in Equation (97). The weak form reads: Find \( \hat{u}^h_{n+1} \in \tilde{Z}^h \), such that for all \( w^h \in \tilde{V}^h \)

\[
\int_{\Omega^h} w^h \cdot \rho \left( \frac{\hat{u}^h_{n+1} - u^h_n}{\Delta t} + ((u^h_n - \hat{u}^h_{n+1}) \cdot \nabla) \hat{u}^h_{n+1} \right) + \nabla w^h : (2\mu \nabla \hat{u}^h_{n+1}) d\Omega^h = 0,
\]

where \( \tilde{Z}^h \) and \( \tilde{V}^h \) represent the appropriate finite element spaces based on piecewise quadratic basis functions.

**Step 2:**

\[
\begin{align*}
\frac{\rho}{\Delta t} (u^h_{n+1} - \hat{u}^h_{n+1}) + \nabla p^h_{n+1} &= 0, \\
\nabla \cdot u^h_{n+1} &= 0, \\
\left. u^h_{n+1} \cdot n \right|_{\Gamma_D} &= 0.
\end{align*}
\]

Taking the divergence of the terms in Equation (105) and making use of Equation (106) renders the so-called pressure Poisson problem from which the pressure \( p^h_{n+1} \) is obtained. The weak form of step 2 is written as follows: Find \( p^h_{n+1} \in P^h \), such that for all \( q^h \in P^h \)

\[
\int_{\Omega^h} \nabla q^h \cdot \nabla p^h_{n+1} - q^h \frac{\rho}{\Delta t} \nabla \cdot \hat{u}^h_{n+1} d\Omega^h = 0,
\]

where \( P^h \) represents the appropriate finite element space based on piecewise linear basis functions.

In Step 3, the physical velocity is recovered from Equation (105) as

**Step 3:**

\[
u^h_{n+1} = \hat{u}^h_{n+1} - \frac{\Delta t}{\rho} \nabla p^h_{n+1}.
\]

It is noted that the evaluation of the right-hand side is not trivial since the velocities are nodal quantities, while the pressure gradient is available only in Gauss points. In the present work, Equation (109) is solved weakly, which requires a global matrix system. Finally, the traction forces are computed by substituting \( u^h_{n+1} \) and \( p^h_{n+1} \) into the weak form of the momentum equation (95) and evaluating the reaction forces at the mesh boundary.

It is generally possible to eliminate the end-of-step velocity \( u^h_{n+1} \) and thereby obtain a more efficient procedure. However, the traction forces obtained from Equation (104) are less accurate than those obtained by the procedure described above.

More information on segregated solution schemes for the incompressible Navier-Stokes equations is provided in a recent article by the authors and many references therein. In their article, the authors employ a model problem similar to the one used in the present work to provide insight into such methodologies.

### 6.2 Submerged cylinder subject to external force: Staggered schemes

Consider a rigid solid cylinder of density \( \rho_s \) submerged in a square domain of fluid with density \( \rho_f = 1 \) and viscosity \( \mu = 0.01 \) as shown in Figure 10. The cylinder is free to move in \( x \)-direction and subject to an external force \( F^\text{ext}_x(t) \) with

\[
F^\text{ext}_x(t) = \begin{cases} 
0.3 \left( 1 - \cos \frac{\pi t}{10} \right) & \text{for } t < 10 \\
0.6 & \text{for } t \geq 10.
\end{cases}
\]

Hence, the external force accelerates the cylinder until it is balanced by the increasing drag force. The motion of the cylinder at terminal velocity corresponds to flow around a fixed cylinder at Reynolds number \( Re \approx 100 \). The finite element
mesh used in all simulations is also shown in Figure 10. The number of nodes and of degrees of freedom depends on which of the fluid solvers described in Section 6.1 is employed.

This problem is chosen due to its simplicity and due to the fact that it is well known that the amount of added fluid mass corresponds to the mass of the fluid displaced by the cylinder. Arguing that the solution to the problem can be described by a single mode in the sense of Sections 2 to 5, it follows that a representative value of \( \alpha \) can be obtained from

\[
\alpha = \frac{\rho_s}{\rho_s + \rho_f}. \tag{110}
\]

It can be varied by using different values for the solid density \( \rho_s \). The solid solver resolves only the inertia of the cylinder and, therefore, reduces to

\[
\dot{d}_s^{\text{c}} = \frac{(F_{n+1} + F_{\text{ext}}(t_{n+1})) \Delta t}{\pi R^2 \rho_s} + \dot{d}_n, \tag{111}
\]

where \( \dot{d}_s^{\text{c}} \) and \( F \) represent, respectively, the cylinder velocity and the interface traction force in \( x \)-direction, while \( R \) is the radius of the cylinder. The fluid solver takes as input the velocity of the cylinder and applies it as a Dirichlet boundary condition at the interface boundary and also as reference frame velocity throughout the fluid domain. Hence, the fluid mesh moves with the same velocity as the cylinder and does not deform. Similarly to the model problem of Sections 2 to 5, the solid displacement at the interface does not need to be transferred to the fluid domain. The fluid solver returns the interface traction force which is obtained by summing the nodal reaction forces on the interface boundary. Periodic vortex shedding develops in all simulations shortly after the terminal velocity has nearly been reached. This is, however, not relevant for the current investigation.

### 6.2.1 Robustness

In order to establish critical values for the relaxation parameter \( \beta \), the simulations are performed for different combinations of \( \alpha \) and \( \beta \). Figure 11 shows the results of a typical unstable and a typical stable simulation in terms of the evolution of the cylinder velocity. Simulations are regarded as stable if no spurious oscillations occur within the time domain \( 0 < t \leq 40 \). All simulations employ the time step size \( \Delta t = 0.1 \). The largest values of \( \beta \) which result in stable simulations for a range of values of \( \alpha \) are shown graphically in Figure 12. A sufficient number of simulations has been performed to accurately obtain the first two nonzero digits of the critical value of \( \beta \). The figure also shows the critical values of \( \beta \) derived from the model problem analysis in Section 4, Equations (66) and (91).

The following two observations are made from Figure 12:

1. For all types of fluid solvers employed and for all values of \( \alpha \) considered, the critical values of \( \beta \) agree well with the analytical expressions derived from the model problem analysis.
FIGURE 11  Submerged cylinder: Example of a stable and an unstable simulation; staggered scheme with force relaxation, stabilized SUPG/PSPG elements and $\kappa = 1$, $\alpha = 0.1$, and $\Delta t = 0.1$.

FIGURE 12  Submerged cylinder: Critical relaxation factors for different staggered schemes and different flow solvers; the diagrams show the largest values of $\beta$ that result in stable simulations for different values of $\alpha$. The solid lines represent the critical values obtained in Equations (66) and (91) from the model problem analysis.
2. The accuracy of the agreement with the analytical expressions varies with the type of fluid solver employed. In particular, one observes that the largest deviation from the analytical expression amounts to approximately 10% and is obtained for single-field relaxation with Taylor-Hood elements. On the other hand, the critical values of $\beta$ obtained for the projection scheme agree very accurately with analytical values for all values of $\alpha$. The stabilized finite element method with $\kappa = 1$ recovers the analytical expressions quite accurately, but is inherently unstable for $\alpha = 0.01$ and combined relaxation. Reducing $\kappa$ to 0.5 allows for the stable simulation of $\alpha = 0.01$, but causes a slightly larger deviation of the critical values of $\beta$ for all values of $\alpha$ considered. Experiments with smaller time steps also require that $\kappa$ is reduced. Small spurious oscillations observed in the response of the Taylor-Hood elements with combined relaxation disappear if the pressure boundary condition at the outflow boundary is removed. The methodology is then found to be stable in the range of small values of $\alpha$ and $\Delta t$ with critical values of $\beta$ close to the values predicted by the model problem.

Crucially, Observation 1 confirms the relevance of the model problem and the model problem analysis for multidimensional computational fluid-structure interaction.

Observation 2 suggests that the accuracy of the agreement of the critical value of $\beta$ with the model problem analysis depends on the mechanism used in the fluid solver to satisfy the incompressibility of the fluid. The effect of changing the factor $\kappa$ in the stabilized finite element method shows this very clearly. This is consistent with the well known sensitivity of the robustness of iterative partitioned solvers to the treatment of the fluid incompressibility.

### 6.2.2 Accuracy

The diagrams in Figures 13 to 15 show the evolution of the interface traction force and the cylinder velocity for three sets of simulations which have all been performed with stabilized finite elements. The results obtained from Taylor-Hood elements and from the projection scheme deviate very little and are not shown in order to avoid repetition. The cases investigated are summarized in Table 2.

The following observations are made from Figures 13 to 15:

1. For $\alpha = 0.2$ (Case 1, Figure 13), velocity relaxation, traction force relaxation and combined relaxation render almost identical results.
2. For $\alpha = 0.01$ and $\Delta t = 0.1$ (Case 2, Figure 14), velocity relaxation renders accurate traction forces and fluid interface velocity, while the solid interface velocity features a strong artificial maximum before it approaches the terminal velocity. Traction force relaxation, on the other hand, yields an accurate solid traction force, but results in a poor fluid traction force and an artificial velocity maximum prior to approaching the terminal velocity. Combined relaxation yields accurate results for the solid force and the fluid velocity, while the results obtained for the fluid force and the solid velocity are not as accurate but of good quality. Altogether it is evident that the accuracy of the staggered scheme with combined relaxation is superior to single-field relaxation.
3. For $\alpha = 0.01$ and $\Delta t = 0.01$ (Case 3, Figure 15), the artificial effects in the solutions obtained for $\Delta t = 0.1$ (Case 2) from single-field relaxation are substantially reduced. For the combined relaxation method, the fluid and solid velocities and forces coincide.

Observation 1 confirms that, in the low added mass regime with large values of $\alpha$, all three variants of the staggered scheme are viable. Observation 2 suggests that, in the high added mass regime with small values of $\alpha$, the combined
Submerged cylinder: Simulations with SUPG/PSPG elements and $\alpha = 0.2$ and $\Delta t = 0.1$ (Case 1 in Table 2). The fluid velocities and solid forces computed with combined relaxation are shown in all diagrams as reference solutions.

relaxation outperforms single-field relaxation. Observation 3 confirms that the poor accuracy of single-field iteration in the large added mass regime is effectively reduced by using smaller time steps. All observations are consistent with the model problem analysis in Section 4.

### 6.3 Submerged cylinder subject to external force: Iterative schemes

The same submerged cylinder is considered as in Section 6.2. The fluid solver is based on stabilized SUPG/PSPG elements with $\kappa = 1$ and $\Delta t = 0.1$. The parameters $\alpha$ and $\beta$ are varied. The simulation is run until $t = 5$. The fluid-structure interaction is resolved by Dirichlet-Neumann iteration. The iterations are stopped once the absolute change in the interface velocities and in the interface forces, respectively, is smaller than $10^{-3}$. For a small problem such as the one under consideration, this is a relatively large tolerance. Figures 16 to 18 show the number of iterations required by the different relaxation strategies. The optimal relaxation factors that render minimum numbers of iteration steps are extracted from Figures 16 to 18 and compared to the analytical expressions derived from the model problem in Figure 19.
The following observations are made:

1. Figure 19 shows that the optimal values for the relaxation factor agree well with those obtained from the model problem analysis.

2. The qualitative behavior of the iteration numbers shown in Figures 16 to 18 agrees well with the model problem analysis:
   For single-field relaxation and small values of \( \alpha \), the number of iterations rises sharply on either side of the optimal relaxation factor \( \beta^* \). For larger values of \( \alpha \) iteration numbers increase more slowly as \( \beta \) deviates from \( \beta^* \). This corresponds to the narrowing interval of admissible values of \( \beta \) as \( \alpha \) approaches zero and is visualized in Figure 7. The performance for \( \beta = \beta^* \) is similar for all values of \( \alpha \), approximately two iteration steps per time step. This is due to the fact that for any value \( \alpha \) the optimal relaxation factor results in an amplification factor of zero in the small time step limit.
   For combined relaxation, the iteration numbers rise sharply as \( \beta \) exceeds \( \beta^* \) while they rise more slowly and follow the same path as \( \beta \) is reduced. The minima of the iteration numbers increase as \( \alpha \) becomes smaller. This behavior is in perfect agreement with the variation of the spectral radius shown in Figure 8.

3. For an application involving the combination of low and high added mass modes, the combined relaxation results in fewer iteration steps than single-field iteration, confirming the claim in Section 4.3.1: Assume a problem involving
two cylinders, one corresponding to $\alpha_1 = 0.05$ and the other corresponding to $\alpha_2 = 0.5$. The relaxation factor has to be chosen such that the iteration converges for both values of $\alpha$. It is observed from Figures 16 to 18 that the minimum numbers of total iteration steps are obtained as 730 ($\beta \approx 0.07$), 600 ($\beta \approx 0.07$), and 500 ($\beta \approx 0.32$) for, respectively, velocity relaxation, traction force relaxation and combined relaxation. In order to avoid excessive numbers of iterations the problem has not been run for values $\alpha < 0.05$. However, it can be deduced from the Figures 16 to 18, that for smaller minimum values of $\alpha$ the difference between the numbers of iteration steps required is much more significant.

7 | CONCLUSIONS

The achievements and conclusions of this work may be summarized as follows:

Model problem derivation and relevance: The equivalence of the linear one-dimensional model problem used earlier by the authors\textsuperscript{4,27,42} with the work by Causin et al\textsuperscript{2} has been shown and a model problem based setting for the analysis of computational strategies for fluid-structure interaction has been described. The accurate agreement of the findings from the model problem analysis with the finite element simulation of a submerged rigid cylinder accelerated by an external
**FIGURE 16** Submerged cylinder: Total number of iteration steps (summed over 50 time steps) required for iterative coupling with velocity relaxation for different values of $\alpha$.

**FIGURE 17** Submerged cylinder: Total number of iteration steps (summed over 50 time steps) required for iterative coupling with force relaxation for different values of $\alpha$.

**FIGURE 18** Submerged cylinder: Total number of iteration steps (summed over 50 time steps) required for iterative coupling with combined relaxation for different values of $\alpha$. 
force has been shown in detail, including the consideration of different finite element-based solvers for incompressible fluid flow, namely, stabilized, LBB-stable, and segregated methods.

More insight into existing schemes: The inadequacy of standard iterative relaxation techniques to support convergence in the simultaneous presence of low and high added mass modes has been demonstrated. A detailed investigation of a backward Euler based version of the staggered scheme proposed earlier by the authors\textsuperscript{27} has been presented, including the derivation of the critical relaxation factor and the leading order error term. The effect of fluid viscosity on convergence has been investigated.

Improved performance and stability with two-field relaxation: Combined velocity and traction force relaxation has been shown to allow for substantially larger relaxation factors and to improve convergence of the iterative scheme in the case of multiple added mass modes. For the staggered scheme with standard relaxation, the leading-order term of the approximation error increases for stronger added mass effects. This is not the case for combined relaxation, which allows for the simulation of stronger added mass effects with larger values of the relaxation parameter.

Staggered schemes: A family of staggered schemes with force predictor and Dirichlet-Neumann coupling has been proposed and proven to be unconditionally stable below a critical added mass limit. This limit has been shown to be identical to the corresponding iterative schemes. While the performance of iterative schemes deteriorates in the vicinity of the critical relaxation factor, the performance of the staggered scheme is not affected. This is especially beneficial in the presence of multiple added mass modes, typically encountered in fluid-flexible structure interaction. Hence, the study presented in this article suggests that the staggered schemes are more robust in the added mass limit and significantly more efficient than their iterative counterparts. The strategy presented earlier by the authors\textsuperscript{27} is a second-order accurate member of this family of staggered schemes and has been applied to a number of numerical examples and applications,\textsuperscript{27-30} including hydraulic valves and a solar collector. Future work will include the numerical testing of the staggered scheme with combined relaxation and its formulation in a second-order accurate setting.
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**SUPPORTING INFORMATION**

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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