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Using Scenarios in Public Policy

Abstract

Futures thinking is a field rich in a wide range of tools and techniques. Of these, scenario development has perhaps the most potential to assist future-focused policy development. This article seeks to stimulate discussion and inform practice in New Zealand, first, by exploring the history of scenarios, and second, by investigating a past scenario development process which sought to guide national health policy.

Keywords scenarios, futures thinking, health policy

2020 is a significant year for futures thinking (aka foresighting) in the New Zealand public sector. Inevitable references to ‘2020 vision’ aside, new state sector legislation includes a requirement for long-term sector statements. The Department of the Prime Minister and Cabinet has compiled a set of futures thinking resources and tools, and explained the benefits of their use (Department of the Prime Minister and Cabinet, 2019). A substantial report, prepared in collaboration with the Office of the Clerk of the House of Representatives, aims to help make government more accountable for the quality of its long-term decision making (Boston, Bagnall and Barry, 2019). There is also a forum, coordinated by Inland Revenue, for the public sector to build capability and apply the discipline of futures thinking. A substantial report from the non-governmental sector has recommended a Future Generations Act to sit above a new (environmentally focused) Futures Commission, a National Futures Strategy and a Futures Group of officials to provide integrated advice to ministers and Cabinet (Severinsen, 2019). The field of futures thinking appears to be making a comeback, after a history in which its fortunes have ebbed and flowed (Menzies, 2018).

This is a field rich in a wide range of tools and techniques. Among others, the Department of the Prime Minister and Cabinet website lists horizon scanning, the futures wheel, scenarios, backcasting, the Delphi technique, cross impact matrix, causal layered analysis and visioning.

Of these, by far the most widely used in the US government have been horizon
Acceptance of scenarios is influenced by source credibility (i.e. who developed them), content credibility (what they say) and channel credibility (by whom and how they are presented).

The scenario technique has the potential to contribute much to future-focused policy development, but there is considerable variability in its application and impact (Volkery and Ribeiro, 2009). This article aims to stimulate discussion and help inform practice in New Zealand by, first, exploring the history of scenarios, and second, by reviewing and learning from a past scenario development process which sought to guide national health policy. We conclude by recommending that scenarios be considered for use across different areas of public policy, particularly where there are seemingly intractable problems or different positions are highly polarised.

A short history of scenarios

The lineage of scenarios has been consistently traced back to its beginnings after the Second World War (e.g. Amer, Daim and Jetter, 2013; Millett, 2003; Varum and Melo, 2010). Herman Kahn is generally regarded as the 'father' of the scenario, particularly in the United States. Kahn defined a scenario as 'a set of hypothetical events set in the future constructed to clarify a possible chain of causal events as well as their decision points' (Amer, Daim and Jetter, 2013). He developed geopolitical scenarios to help understand the strategic implications and possible outcomes for a world which for the first time contained several nuclear-armed powers.

Pierre Wack built on Kahn’s ideas to introduce scenarios to the corporate sphere (Wack, 1985a, 1985b), particularly the Shell Oil Company, which famously used scenarios to anticipate the various oil crises of the early 1970s and to come through those in better shape than did competitors.

From the perspective of today, it might be assumed that the best way to ensure connection with and between scenarios and managers, and to achieve ‘gentle reperceiving’, would be to use highly participatory processes. However, later analysis of Wack’s writings (Chermack and Coons, 2015) shows that he thought scenario planning as a group process was a ‘dangerous trap’ which led to ‘regression to the mean’ or conventional, mediocre thinking. He favoured instead an approach based on workshops as a form of group interviewing, providing input to expert developers who would follow up with stunning presentations to win decision makers’ support. Wack did see side benefits from group processes, such as team building, group dialogue and the sharing of mental models. But to him the primary purpose of scenarios was to change the way decision makers saw the world, so that they would act with a wider, more informed point of view. The world is a ‘noisy’ place and Wack (1985b) quotes Roberta Wohlstetter (1962):

Scenarios provide these hypotheses or mental maps³ that enable heightened sensitivity to the signals that are important (Schoemaker, 1993). Schoemaker describes the theory, practice and methodology that underpin scenarios. To him, scenarios are Hegelian in their underlying philosophical premise (the method courts contradiction and paradox), in contrast to the Liebnizian approaches of traditional decision analysis and forecasting which seeks a single truth and representation of reality.

The gist of the scenario method seems that it is many things: art and science, deduction and induction, structured and fluid, rational (in the unitary actor sense) and political. These multiple facets have caused it to remain elusive and fuzzy by academic standards. Nonetheless, the use of scenarios in strategic management is real, important and growing (ibid.)
There is also value in thinking about change in whole systems rather than as a series of policy projects. Scenarios prompt thinking about systems as a counter to the reduction of complex dynamic systems to linear logic models ‘inculcated with closed system concepts, categories and catechisms that are the bedrock of the project design mentality’ (Patton, 2019).

Futures thinking developed in parallel in other parts of the world. By the late 1950s, Gaston Berger had established the French school of prospective thinking, which emphasised preparation for multiple futures to unfold – leading in turn to an insight that good planning spurs action that changes the present in preparation for the future (Durance, 2010; Spaniol and Rowland, 2018). Berger’s work in the French school of futures thinking was carried on by Michel Godet (1982), among others. The work of Bernard de Jouvenel (1967) was also of seminal importance, while on the other side of the English Channel the concept of ‘foresight’ in this context was derived as a counterpoint to the ‘hindsight’ gained from retrospective studies of how technological innovations had come about (Martin, 2010).

Definitions, criteria and benefits
Schoemaker defined scenarios as ‘focused descriptions of fundamentally different futures presented in coherent script-like or narrative fashion’ (Schoemaker, 1993). If scenarios are presented as possibilities, rather than firm predictions, they become psychologically less threatening to those once an insight has been accepted it is that?’ and ‘how are scenarios being developed and used?’ It may be that the evolution of corporate forms and increasing complexity of decision making creates the need for more, nuanced sources of information and insight (Scharmer, 2007), and scenarios fit the bill. Quantification is still important, but for some people scenario-based narratives, metaphors and visual approaches such as causal maps are often easier to relate to, absorb and communicate than are lists of facts and trends contained in conventional reports.

The term scenario planning has become less favoured … because it suggests a mechanistic or deterministic view more associated with forecasting.
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In 1997 the New Zealand health system was coming to the end of a decade of radical change and still faced a challenging future.

The health sector is affected by both relatively predictable trends, such as the ageing of the population and the increase in lifestyle-associated health risks and diseases, and the more uncertain effects of technological change and differences in access to health resources. In 1997 the New Zealand health system was coming to the end of a decade of radical change and still faced a challenging future. To help galvanise some futures thinking, the then Institute of Policy Studies at Victoria University of Wellington conducted a series of workshops about potential long-term futures for New Zealand’s health sector. From those workshops was compiled a summary report entitled Health Futures: 2020 visions (Krieble and Middleton, 1997), which contained five scenarios for 2020 and which mainly provides an accident and emergency service and basic public health, while insurance firms provide care for those who can afford it.

1. Power to the People: a reframed health concept, resulting in partnerships across professions and the public, and across local and central government sectors. With parallels to the Gaia archetypal image of the future where becoming more and more inclusive is what is important (Inayatullah, 2008), this scenario envisions the merger of economic and social policy into a single public policy, leading to solutions to problems that looked insolvable two decades earlier.

2. A Technocrat’s Dream: a technically highly tuned and less politicised version of the present system. Here, funding levels have kept pace with demographic and economic growth and significant capital injections have been made to get key technological advances off the ground.

3. Two Tiers: a two-tier system brought about by policy gridlock (described in the report as a scenario unlikely to appeal to those within the health sector but which others outside might choose). The two tiers are represented by a publicly funded health service

4. Testing may be required, or is it the process

5. Positively Private and Global: a system driven by the introduction of private healthcare plans. Domestic health plans trade on being locally responsive, while overseas plans offer economies of scale and competitive prices. The state has redefined its role in health to insurance regulation and wider national health matters.

Given that we are now in a future whose possibilities were being imagined over two decades ago, a high-level evaluation, drawing heavily on hindsight, has investigated how useful these scenarios were to decision makers. The results are reported in full in Menzies and Middleton (2019). What follows is a summary of what was done and the conclusions that were drawn.

Evaluating the 1997 scenarios from the perspective of 2020

To develop the 1997 scenarios a series of workshops was held, involving 28 people (including the current authors) from government, business, academia and parts of the health service. Participants were provided with a background document which described a range of drivers of change, based on health policy literature, New Zealand health policy documents and health futures exercises in Australia, the United Kingdom and United States. Information on demographic and social trends (for example, changing family structures and dependency ratios as a result of an ageing population) were included in the background paper, as were epidemiological trends, including,
for example, the potential for an increase in infectious disease as a result of antibiotic resistance and low socio-economic status. With the assistance of decision support software, participants ranked and sorted the likely magnitude and impact of these and other drivers. The final scenarios were then drafted, focusing on those drivers and values where participants collectively thought there was the most uncertainty in how a response might play out. What this meant is that (rightly or wrongly) demographic, social and epidemiological trends were not viewed as highly uncertain but were considered a likely backdrop to all the scenarios. Instead, the scenarios were differentiated by those drivers and values participants thought could have widely different trajectories. Health gain, fair access, and quality came through as the most important values in a future health system. The drivers that could be increasing in importance, decreasing in importance or staying much the same included: rationing pressures; information technology; research and development; efficiency; consumer sovereignty; and personal responsibility.

The underlying logic of the 1997 exercise was that credibly developed scenarios would open the minds of decision makers to possibilities they would not have otherwise considered, leading to better decisions, more relevant, resilient strategies and better health outcomes for New Zealanders. We did not know how much this logic was shared by participants, but in order to test whether the 1997 scenarios did improve longer-term thinking, in 2018 we used criteria proposed by Schoemaker (1993, 1995) as the basis for a high-level evaluation.

These criteria were addressed through a series of semi-structured interviews with five original workshop participants, three of whom are still involved in health policy at senior levels, and one additional ‘modern day equivalent’ (i.e. someone who would have been involved had the 1997 process been run today) about their views of developments in the health sector over the last 20 years. The inclusion of people with continuous involvement proved useful, because they were well equipped to recall the state of play in 1997 and developments since. The criteria covered:

- relevance (in relation to wider needs and impact on decision makers and strategy);
- credibility (of source, content and channel);
- coherence (internal consistency);
- ‘archetypality’ (truly distinct from each other);
- genuinely long term and future-focused.

The interviews also probed:

- What elements of the scenarios have come to pass?
- To what degree were the ‘signals’ from the future recognised?
- What signals were missed altogether?

In order to orientate our work to the same shared history of change, we supplemented our interviewees’ assessment of the underpinning drivers and values that shaped each scenario with the relevant literature on health policy change since 1997.

Findings

The 1997 scenarios were drafted at a time when New Zealand was moving away from a conviction that widespread structural reforms were going to translate seamlessly into improvements. The health futures exercise offered an opportunity to ‘safely’ explore, outside of entrenched ideological positions, what health sector change could look like. Interviewees in 2019 were struck by the ongoing relevance of the underpinning drivers and values that had shaped each scenario with the relevant literature on health policy change since 1997.

Primary healthcare noted but underplayed

The pressures of an ageing population were clearly foreseeable in 1997, prompting concerns about the health sector’s ability to cope with chronic conditions such as diabetes and age-related neurodegenerative diseases. These fears have been realised. Current policy attention is being paid to improving long-term condition management, with a strong emphasis on greater responsiveness from health sector agencies to 20 locally based district health boards. Interviewees pointed out that hard prioritisation calls are still being made by these boards, but the debate is now shifting towards how much New Zealand wants to have national consistency in these decisions and how much is it prepared to live with local variation based on local assessment of needs. In part these changes are linked to the prevailing political climate, and it is worth noting that New Zealand has had two different governments of nine years’ duration – one centre-left and one centre-right – since the 1997 exercise.

Interviewees in 2019 were struck by the ongoing relevance of the underpinning drivers and values that had shaped each scenario in 1997.
attention was paid to the distinct role of the primary sector in the health system in managing chronic conditions. The collectivisation of primary care through new mid-level organisations representing general practice interests was not foreseen, though the potential for better integration of primary and secondary care services due to the spread of larger primary care provider organisations was recognised.

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Research and development and information technology’s continued importance as drivers
The scenarios also foresaw the potential impact of research and development and information technology drivers. Under the title Research and Development were included discoveries expected to assist in improving diagnoses, treatment and system performance, as well as the potential for ethical issues to result. The Technocrat’s Dream highlighted the potential for better information collection and sharing across the sector, including hospital booking systems and unique personal identifiers. What was underplayed was the potential for a digital divide, the social processes needed to support technological change, and the move towards myriad personal information technology systems. Calls in the recent New Zealand health strategy for ‘smart systems’ (Minister of Health, 2016) reflect the long-run interest in the gains expected from new digital ways of working, but interviewees pointed out that much of the potential is still unrealised. In particular, concerns were raised that current ways of delivering health services are not keeping pace with consumer expectations, nor efficiently leveraging mobile and digital technologies.

Signals concerning patient-centred care
Early signals of the importance of patient-centred care were evident in the Power to the People scenario. Other important ideas concerning the broader concept of well-being rather than illness, the socio-economic determinants of health and the importance of consumer empowerment were all anticipated. These centred on one scenario only but were a weak early signal of a set of ideas that have received significant health policy attention since 1997. The introduction of Whānau Ora in New Zealand as a philosophy of holistic health and development operationalised by Māori providers is one obvious example (Boulton and Gifford, 2014).

Shifting private sector roles
One scenario – Two Tiers – presented a health sector in 2020 where New Zealanders had given away any desire to have a universally accessible public health system. This scenario was designed to direct attention towards a future to prevent rather than aspire to – i.e. a future where the state provides an inadequate safety net for the uninsured, public confidence in the public health system fades and policy gridlock prevents progress. The arc of health policy change since 1997 has avoided this scenario, with policies focused on managing a largely state-funded system with an emphasis on quality, efficiency and responsiveness alongside social democratic values (Cheyne, O’Brien and Belgrave, 2008). Interviewees suggested that the debate about privatisation of the health sector and withdrawal of the state encompassed in the Two Tiers scenario missed the more nuanced ways in which the private sector has made inroads into the New Zealand system. Examples included the quiet influx of corporate players into primary care as a way of managing increased demand through shared services, and the rise of private sector responses such as retirement villages in response to home care demands. Moreover, the ongoing tension between the marketing of some products and health promotion activities – for example, high levels of sugar in processed food and drink conflicting with efforts to reduce sugar intake – are further examples of the type of private-public issue not anticipated in any scenario.

Health workforce underplayed
Standing back, a key area that was missed in nearly all the scenarios was consideration of the health sector workforce, alongside a sense of how the structural power of the professions may hinder or enhance change. New occupational groups originating from nursing were anticipated to ‘fulfil the need for hybrid skill sets resulting from consumer demand’ (Muddling Through scenario). However, while the global nature of the workforce was acknowledged in the Positively Private and Global scenario, missed in all five scenarios were the challenges of an ageing general practice workforce, uneven distribution of the workforce between rural and urban areas of New Zealand, and the need to increase the number of Māori students entering health science, medicine and other professional programmes. Surprisingly, and for reasons that are now lost in the mists of time, representatives from the professional colleges and other health workforce unions were not included in the list of workshop participants, which may explain why workforce issues were underplayed. Interestingly, the most extensive futures work that has been undertaken since the scenario exercise has been the work of Health Workforce New Zealand, which sought to build a picture of the health workforce in 2020. This work involved assembling small groups of clinicians to assess the current situation in 15 specialised areas and provide recommendations for improvements. An attempt was made to partner conventional workforce planning approaches with foresight data to consider how the powers of different actors could potentially shape different professional futures (Rees et al., 2018).
How were the scenarios used?
Using criteria identified by Schoemaker (1993, 1995), the 1997 scenarios themselves were relevant, credible and coherent, but not particularly archetypal (this was intentional – they were designed to overlap each other). The process used was valuable in opening up decision makers’ minds to possibilities without them needing to feel threatened or defensive, but, given the New Zealand context, it could have been more inclusive. That said, the conundrum of a highly consultative process versus a ‘think tank’ approach cannot be resolved by a single evaluation. It may also be that the 1997 scenarios did not have a long enough time frame, since there have been repeated nine-year swings of the political pendulum in New Zealand, with consequent changes of direction in the health system. A longer time frame would allow for ‘political swings and roundabouts’ to be treated as a factor to be considered in the development of robust strategy.

In terms of impact on decision making, all interviewees remembered the 1997 scenarios being talked about, albeit for a relatively short time before being overtaken by other developments. The initiative ‘slipped away’ from decision makers’ fields of vision for a number of reasons: its discretionary nature, with no explicit follow-up required; it was time-bound rather than continuous – once finished it was out of sight and easily forgotten; and it was championed by a small group rather than the whole of senior management – a serious mistake (Wilkinson and Kupers, 2014). It would be fair to say that if minds were opened up to the future, it was only for a short time. One respondent suggested that ‘scenario thinking is not a natural way of thinking’ and would take years to embed properly. Another pointed out that the scenarios were referred to in academic circles more so than in policy ones.

Conclusion
It is not the job of a futures project to predict the future, but to challenge the assumption that the future can be forecast from known trends and will look a lot like the present. This article considers the history of scenario development as a technique that enables a ‘whole system’ perspective and supports the design of effective policies and strategies in the face of uncertainty.

We have also investigated what was learned from a process that set out two decades ago to help achieve better health outcomes for today’s New Zealanders. Many of the changes that emerged over those decades were inevitable and foreseeable, but others were surprising. Elements of all the 1997 scenarios have emerged, and the health system has responded as best it could. Perhaps it could have benefited from being more foresighted.

That said, we have been unable to determine whether the 1997 scenarios helped, or whether ‘better’ scenarios would have made a positive difference in the health sector. Hindsight leads us to conclude that any future scenario development project should be designed with evaluation in mind. It is especially important to establish baselines and continuously monitor impacts.

Scenario development might be applied in other areas of public policy, particularly where there are seemingly intractable problems to be solved, or polarised views about future directions. Scenarios allow for the systematic development and description of alternative futures that are not ‘hard and fast’ and enable discussion to occur with the temperature turned down. Since elements of all scenarios are likely to emerge, there is no contest between them to be the winner, and the focus can shift to designing policies and strategies that will be relevant and robust, no matter what occurs. Scenarios complement traditional approaches rather than replace them, and allow for the desired whole-system perspective.

There remains some contention about the best process for scenario development, and our future research will consider the experiences of other jurisdictions – for example, Singapore and Finland. However, New Zealand’s unique economic, social and cultural context clearly requires inclusivity rather than exclusivity – breadth as well as depth (Menzies and Middleton, 2019). This approach requires a judicious mix of independent research and expertise, representative advice, broad consultation, and communication of outcomes through multiple channels.

We also suggest that rather than being delegated and/or carried out during a discrete time period, scenario development should be embedded at the level of senior management as a continuous and constantly updated process. It is encouraging to see scenarios being used and refined in parts of the New Zealand public sector, but more work needs to be done to ensure that they mesh effectively with decision making. Hopefully, growth in use will continue, so that collectively we continue to bank experience and grow good practice.

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Using Scenarios in Public Policy

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