The effect of Magnetic Field on MQT Escape Time in “Small” Josephson Junctions

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We study the phenomenon of macroscopic quantum tunneling (MQT) in a finite size Josephson junction (JJ) with an externally applied magnetic field. As it is well known, the problem of MQT in a point-like JJ is reduced to the study of the under-barrier motion of a quantum particle in the washboard potential. In the case of a finite size JJ placed in magnetic field, this problem is considerably more complex since, besides the phase, the potential itself, depends on space variables. We find the general expressions both for the crossover temperature $T_0$ between thermally activated and macroscopic quantum tunneling regimes and the escape time $\tau_{\text{esc}}$. It turns out that in proximity of particular values of magnetic field the crossover temperature can vary non-monotonically.

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I. INTRODUCTION

The Josephson effect\cite{1,2} allows the investigation of fundamental aspects of quantum phenomena such as the macroscopic quantum tunneling (MQT)\cite{3,4} which has been more recently observed for the first time also in high-$T_c$ bi-epitaxial $YBCO$ junctions\cite{5,6}. Interesting results have been obtained also in various $Bi-2212$ structures particularly referred to “intrinsic” Josephson junctions.

Usually the phenomenon of macroscopic quantum tunneling is considered in a “point”-like Josephson Junctions (JJ), i.e. completely neglecting the finiteness of the junction size $L$ (some exceptions can be found in theoretical and experimental papers\cite{7,8}). This, zero order in $L$, approximation is based on the assumption that the junction size is much smaller than all other related parameters of the problem, such as the Josephson penetration depth $\lambda J = (\hbar c^2/8\pi e^2 J)_{\text{eff}}^{1/2}$ and the characteristic length $L_H = L^2_{\text{eff}}/\ell_{\text{eff}}^2$, (with $\ell_{\text{eff}} = (\hbar c/eH)^{1/2}$ as the standard quantum mechanical magnetic length)\cite{9,10,11}. The effective length $\ell_{\text{eff}}$ depends on the relation between the thickness $d_{i}(i=L,R)$ of the superconductive electrodes and the London penetration depth $\lambda_{i}$ of the bulk superconductor materials, which the electrodes are made of. In the limiting cases one can find\cite{12}

$$\ell_{\text{eff}} = \left\{ \begin{array}{ll} \lambda_{1} + \lambda_{2} + d_{\text{ox}}, & \lambda_{i} \ll d_{i} \\ d_{1} + d_{2} + d_{\text{ox}}, & \lambda_{i} \ll \lambda_{i} \end{array} \right. .$$ (1)

Thermal fluctuations in Josephson junctions, produce a typical “rounding” of the Josephson current branch in the I-V curves\cite{13,14}. Since the pioneering measurements of thermal fluctuation phenomena, to obtain such an effect, the required condition between thermal energy and Josephson coupling energy ($E_J \sim T$), was usually realized not by increasing the temperature, rather, by reducing the value of $E_J$ by applying a proper magnetic field. This, even in the case of small JJ ($L < \lambda J$), has significant implications which become of paramount importance in MQT activation.

In this context the authors\cite{15,16} reported the analysis of the role of finiteness of the junction’s length $L$, obtaining the general expression for the crossover temperature $T_0$ between thermally activated and MQT regimes for such JJ. The escape time $\tau_{\text{esc}}$ was calculated with the exponential accuracy in the first approximation in $(L/L_H)^2$ for temperatures $T > T_0$ and for small region below $T_0$. It was demonstrated that the account for the junction’s size results in the appearance of a strong sensitivity of the MQT process on applied magnetic field, making the crossover temperature to be non-monotonic function of it. Since magnetic field is an easily adjustable parameter, it can become an important tool in study of such a quantum coherent phenomenon without modification of other junction parameters.

In the present article we will proceed and develop the study of MQT in a finite size Josephson junction (JJ) placed in magnetic field. First we will report the mean field solutions for the effective action of such a finite size Josephson system and find the values of the effective action at the extremal trajectories. Then, the explicit form of phase trajectories close to the extremal ones and corresponding action functional will be found. This will allow us to find the pre-exponential factor in the expression for
II. GENERALITIES

A. Escape time

Starting the discussion of the phenomenon of Josephson current decay in a finite size Josephson junction let us recall the substance of this process in a point-like junction. Let us study the case \( I < I_c \). The minima of potential \( U \) correspond to the metastable states of the junction. We will assume the junction viscosity to be small enough not to affect noticeably the particle oscillations in the well and its under-barrier motion. At high temperatures the thermally activated escape dominates and the result of classical Kramers problem of a particle moving in the washboard potential \( U (x) \) is valid:

\[
\Gamma = \left[ \tau_{\text{esc}}^{(\text{th})} \right]^{-1} \approx \frac{\omega_p}{2\pi} \exp \left[ -\frac{\Delta U}{T} \right],
\]

where the characteristic plasma frequency \( \omega_p \) is given by the interpolation formula

\[
\omega_p = \left[ \frac{1}{M_C} \frac{d^2 U(\phi)}{d\phi^2} \right]_{\phi_{\text{min}}}^{-\frac{1}{2}} = \left( \frac{2\pi c I_c}{\Phi_0 C} \right)^{1/2} \left[ 1 - \left( \frac{I}{I_c} \right)^2 \right]^{1/4}
\]

and \( \Delta U = U_{\text{max}} - U_{\text{min}} \). The extremes of potential \( U_{\text{max}} \) and \( U_{\text{min}} \) correspond to the local maximum and local minimum of the potential energy.

When the temperature decreases thermal activation becomes less and less probable and the process of quantum tunneling through the barrier becomes important. Near some temperature \( T_0 \) the crossover between Arrhenius law and quantum tunneling regime takes place. The latter can be considered as the underbarrier motion of the particle (instanton propagation).

At very low temperatures \( (T \ll \omega_p) \) the tunneling takes place only from the lowest level of the energy spectrum. When \( I_c - I \ll I_c \) the escape rate can be presented in the form:

\[
\Gamma = \frac{6\omega_p}{\sqrt{\pi}} \left( \frac{6\Delta U}{\omega_p} \right)^{1/2} \exp \left[ -\frac{36\Delta U}{5\omega_p} \right].
\]

One can see that the main difference between Eqs. \( 8 \) and \( 9 \) consists only in the temperature dependence of the exponent, whereas in the classical case this is the
activation Boltzmann exponential law with the exponent equal to the barrier height divided \( T \), in the case of the quantum tunneling temperature in exponent has to be substituted by \( \omega_p \).

At an arbitrary temperature the combined tunneling occurs by the following scheme. First, the particle excites in the thermal activation manner and at some moment gets up to the energy level \( E_n \) (calculated neglecting tunneling) and then by means of quantum tunneling passes through the barrier. The total tunneling probability is determined by the sum over all quantum levels of corresponding products of the classical and quantum probabilities:

\[
\Gamma \sim \sum_n \exp \left( -\frac{E_n}{T} \right) \exp \left\{ -A(E_n) \right\}. \tag{9}
\]

Here

\[
A(E_n) = \oint \sqrt{2MC(E_n - U(\phi))}d\phi \tag{10}
\]

is the action corresponding to the under-barrier motion of the particle with energy \( E_n \).

One can say that quantum tunneling occurs when the particle reaches such a level \( E_{\text{sun}} \) at which the probability of the direct quantum tunneling through the barrier becomes larger than the probability of the activation jump on the higher energy levels with further tunneling through the barrier. Quantitatively this can be formulated as the condition for the extremum of the exponent in Eq. (9):

\[
\frac{\partial A(E)}{\partial E} \bigg|_{E_{\text{sun}}} = -\frac{1}{T}. \tag{11}
\]

Condition (11) implies that the period of the particle oscillation in the inverted potential is equal to \( 1/T \). With the growth of temperature the energy \( E_{\text{sun}} \) increases and when \( T = \omega_p / 2\pi \) it reaches the barrier height. At higher temperatures the classical activation escape scheme is realized.

The value of the escape time \( \tau_{\text{esc}} \) of the finite size JJ in magnetic field can be determined in the framework of the general method of functional integration. In this approach the escape rate of the MQT, which is defined by the imaginary part of the free energy \( \tau_{\text{esc}}^{-1} = 2\text{Im} F \), can be expressed in terms of the partition function of the system:

\[
F = -T \ln Z, \tag{12}
\]

where the latter is defined by the functional integral of the S-matrix over all possible trajectories \( \varphi (r, \tau) \) :

\[
Z = \int D\varphi (r, \tau) \exp \left\{ -A(\varphi (r, \tau)) \right\}. \tag{13}
\]

Here \( \varphi (r, \tau) \) is the phase difference on the junction at the point \( r \) and imaginary time \( \tau \) and \( A(\varphi (r, \tau)) \) is the effective action of such extended system.

The problem of MQT makes sense only within the framework of the quasi-classical approximation, i.e. to assume that the value of escape time considerably exceeds all characteristic time-scales of the internal motions. In this case, the imaginary part of the partition function is small in comparison with the real one, hence

\[
\tau_{\text{esc}}^{-1} = \frac{2T}{\text{Re} \int D\varphi (r, \tau) \exp \left\{ -A(\varphi (r, \tau)) \right\}}. \tag{14}
\]

The imaginary part in the numerator of Eq. (14) is determined by the saddle trajectory of action \( \varphi^{\text{sdl}} (r, \tau) \), while the real part of the partition function in denominator has to be calculated at the minimal trajectory \( \varphi^{\text{min}} (r, \tau) \). For high enough temperatures \( T > T_0 \), or in narrow vicinity of \( T_0 \) (\( T - T_0 \ll T_0 \)), both trajectories \( \varphi^{\text{sdl}} (r) \) and \( \varphi^{\text{min}} (r) \) turn out to be time independent,\(^{15,16} \) and the exponential factor in \( \tau_{\text{esc}}^{-1} \), in analogy with Eq. (10), is determined by the expression

\[
\tau_{\text{esc}}^{-1} \sim \exp \left\{ -\Delta A^{\text{dill}}_{\text{min}} \right\}, \quad \Delta A^{\text{dill}}_{\text{min}} = A(\varphi^{\text{sdl}} (r)) - A(\varphi^{\text{min}} (r)). \tag{15}
\]

In the assumption of zero viscosity, one can obtain both thermally activation and MQT escaped times (the latter even with pre-exponential factor accuracy)\(^{15} \). For temperatures above but not too close to \( T_0 \) it is read as

\[
\tau_{\text{esc}}^{-1} = T_0 \frac{\sinh \left( \frac{\varphi^{\text{min}}}{2T_0} \right)}{\sin \left( \pi T_0 / T \right)} \exp \left\{ -\Delta A^{\text{dill}}_{\text{min}} \right\}. \tag{16}
\]

Hence, in order to find the escape time (Eqs. (15)-(16)) one has to calculate the values of action for trajectories \( \varphi^{\text{dill}} \) and \( \varphi^{\text{min}} \). The crossover temperature \( T_0 \) turns to be the bifurcation point, below which the time dependent solution for the saddle point trajectory \( \varphi^{\text{dill}} (r, \tau) \) becomes more favorable than the static one and the definition of escape time presents more sophisticated problems.

### B. Effective action

The effective action of a Josephson junction placed in external magnetic field \( H \) as a function of flowing through the junction current \( I \), can be written down in the most general case basing on the results of\(^{\text{d12,13}} \).
Here \( C \) is the junction capacitance, \( R_N \) is the tunnel resistance, \( R_{sh} \) is the shunt resistance, \( \alpha_{(L,R)} (\tau) \) and \( \beta_{(L,R)} (\tau) \) are integrated over the energy variable normal and anomalous Green functions. The integrals are carried out over the imaginary time and the junction area. The first term corresponds to the kinetic energy of the junction. The second and fourth terms describe the contribution of the potential energy to the action. Let us stress that the third term, corresponding to the capacity renormalization, appears only beyond the quasi-classical approximation. The last term in Eq. (17) accounts for the finite size of the junction and the magnetic field contribution to the effective action.

The natural assumption \( T_0 \ll T \) side by side with the assumed above condition \( L \ll \lambda_j \) allows to considerably simplify the general expression Eq. (17), what was done in the leading approximation in \((L/\lambda_j)^2\) in Ref. 13. It was shown that in these conditions the third term in Eq. (17) disappears being reduced to renormalization of the capacity \( C \) in the first term

\[
C^* = C + \frac{\pi \hbar}{2 R_N} \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} \left( \frac{\partial \alpha_L}{\partial \omega} \right) \left( \frac{\partial \alpha_R}{\partial \omega} \right)
\]

and changing in the definite way the shape of \( \varphi (\tau) \).

Variation of Eq. (17) on \( \varphi \) results in getting of the quasi-classical equations of motion10, which define the extremal trajectories

\[
\frac{\delta A [\varphi]}{\delta \varphi} |_{\varphi = \varphi^{extr} (\tau, \tau)} = 0.
\]

Near the extremal trajectory \( \varphi^{extr} (\tau, \tau) \) the deviation of the function \( \varphi (\tau, \tau) \) can be represented in the form of expansion by normalized functions \( \varphi_n^{k} (\tau, \tau) \)

\[
\varphi (\tau, \tau) = \varphi^{extr} (\tau, \tau) + \sum B_n^{k} \varphi_n^{k} (\tau, \tau)
\]

which are the eigenfunctions of the equation

\[
\frac{\delta^2 A [\varphi]}{\delta \varphi^2} \varphi_n^{k} (\tau, \tau) = \Lambda_n^{k} \varphi_n^{k} (\tau, \tau).
\]

In this representation the action (17) near the extremal trajectory \( \varphi^{extr} (\tau, \tau) \) is presented by Gaussian type functional integral over functions \( \varphi_n^{k} (\tau, \tau) \) which can be carried out analytically. Thus, the problem of definition of the value of escape time is reduced to finding of the eigenvalues \( \Lambda_n^{k} \) of the Eq. (21).

We will restrict our consideration within two regions of temperatures: a) \( T > T_0 \) and b) \( |T - T_0| \ll T_0 \). This choice is related to the fact that in both these regions one can use the functions \( \varphi (\tau, \tau) \) in the form Eq. (20) with time independent \( \varphi^{extr} (\tau) \). The width of the crossover region between thermal activation and macroscopic quantum tunneling regimes turns to be much smaller than \( T_0 \) and will be estimated below.

### III. EXTREMAL TRAJECTORIES IN STATIC APPROXIMATION

Let us find the explicit form of the extremal trajectory \( \varphi^{extr} \) in static approximation, i.e. in the case when it can be considered as time independent. Moreover, in the geometry under consideration, when the magnetic field is applied along the junction, the phase depends only on one coordinate \( x \). Substitution of \( \varphi^{extr} (x, \tau) \equiv \varphi^{extr} (x) \) in Eq. (21) leads to the equation

\[
-\lambda_j^2 \frac{\partial^2 \varphi^{extr} (x)}{\partial x^2} + \frac{1}{2} \sin 2 \varphi^{extr} (x) = \frac{I}{2 j_c S}.
\]

We will look for its solutions in the form

\[
\varphi^{extr} (x) = \varphi_0 - \frac{x}{L_H} + \tilde{\varphi} (x),
\]

where \( \varphi_0 \) is a constant, and \( \left\langle \tilde{\varphi} (x) \right\rangle = 0 \). Corresponding boundary conditions are

\[
\frac{\partial \tilde{\varphi}}{\partial x} \bigg|_{x = -L/2} = \frac{\partial \tilde{\varphi}}{\partial x} \bigg|_{x = L/2} = 0.
\]

One can look for solutions of Eq. (22) in the frameworks of the perturbation theory by the parameter \((L/\lambda_j)^2\). In the first approximation one can rewrite Eq. (22) in the form

\[
-\lambda_j^2 \frac{\partial^2 \tilde{\varphi} (x)}{\partial x^2} = \frac{I}{2 j_c S} - \frac{1}{2} \sin \left( 2 \left( \varphi_0 - \frac{x}{L_H} \right) \right).
\]

This equation with the given above boundary conditions is easily solvable.
I wish to find the relation between $\varphi$ which implicitly relates (26) and performing integration one finds the equation

$$I = \int_0^{L_H} \frac{L_H \sin \left( \frac{L}{L_H} \right) \sin 2\varphi_0 + \frac{1}{2} \left( \frac{L_H}{2\lambda_J} \right)^2 \kappa \left( \frac{L_H}{L} \right) \sin 4\varphi_0 = \frac{I}{j_c S},$$

where

$$\kappa \left( \frac{L_H}{L} \right) = 2 \left( \frac{L_H}{L} \right)^2 \sin^2 \left( \frac{L}{L_H} \right) + \cos^2 \left( \frac{L}{L_H} \right) - 3 \frac{L_H}{2L} \sin^2 \left( \frac{L}{L_H} \right) - \frac{1}{3} \sin^2 \left( \frac{L}{L_H} \right).$$

The critical current $I_{cr} (H)$ is determined by the value $I \left( \varphi_0 \right)$, where the point $\varphi_0$ is solution of the equation

$$\frac{\partial I \left( \varphi_0 \right)}{\partial \varphi_0} \Bigg|_{\varphi_0 = \varphi_0} = 0, \quad I_{cr} (H) = I \left( \varphi_0 \right).$$

IV. THE VALUE OF EFFECTIVE ACTION AT THE EXTREMAL TRAJECTORIES

Let us find the value of effective action of the finite size JJ on the extremal trajectory $\varphi^{extr} (x)$. The knowledge of $A \left[ \varphi^{extr} (x) \right]$ will allow us to find the value of escape time with the exponential accuracy in the wide interval of temperatures above $T_0$, or close enough to this bifurcation point $\left( |T - T_0| \ll T_{c, M} \right)$. Further definition of the pre-exponential factor will require to perform the functional integration in Eq. (14) over the trajectories close to the extremal one.

In the case when the phase trajectory $\varphi (x, \tau) \equiv \varphi (x)$ does not depend on imaginary time (static approximation) Eq. (17) is considerably simplified:

$$A \left[ \varphi (x) \right] = \frac{\hbar S j_c}{eT} \int_{L/2}^{L/2} dx \left\{ - \frac{I}{j_c S} \varphi (x) - \frac{1}{2} \cos 2\varphi (x) + \kappa \left( \frac{L_H}{L} \right) \cos 2\varphi_0 \right\}. \quad (33)$$

The straightforward integration of this expression with the phase $\varphi (x)$ determined from the Eqs. (23), (26) results in

$$A \left( \varphi_0 \right) = \frac{\hbar S j_c}{eT} \varphi_0 - \frac{\hbar S j_c}{2eT} \left( \frac{L_H}{L} \right) \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 + \frac{\hbar S j_c}{8eT} \left( \frac{L_H}{L} \right)^2 \left[ \mu \left( \frac{L_H}{L} \right) - \kappa \left( \frac{L_H}{L} \right) \cos 4\varphi_0 \right]$$

with

$$\mu \left( \frac{L_H}{L} \right) = 2 \left[ \left( \frac{L_H}{L} \right)^2 + \frac{1}{3} \right] \sin^2 \left( \frac{L}{L_H} \right) - 1.$$ \quad (35)

This expression already gives in explicit form the value of action both for minimal and saddle trajectories (determined as function of current and magnetic field by Eq. (34)). Let us mention that Eq. (30) could be obtained from Eq. (31) deriving the action and equating this derivative with zero: $\partial A \left( \varphi_0 \right) / \partial \varphi_0 = 0$. Moreover, calculating the second derivative of the action (31) one find another useful relation

$$\frac{\partial^2 A \left( \varphi_0 \right)}{\partial^2 \varphi_0} = \frac{2\hbar S j_c}{eT} \left[ \left( \frac{L_H}{L} \right) \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 \right] + \frac{1}{2} \kappa \left( \frac{L_H}{L} \right) \cos 4\varphi_0.$$ \quad (36)

Note that both Eqs. (30) and (34) are valid for any value of magnetic field, even in the region where the second (correction) term in Eq. (30) becomes of the order or even larger than the first one. Eq. (32) for the value of $\varphi_0$ can be written in the form:

$$\delta_1 \cos 2\varphi_0 + 2\delta_2 \cos 4\varphi_0 = 0,$$ \quad (37)
where
\[ \delta_1 = \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \quad \text{and} \quad \delta_2 = \frac{1}{2} \left( \frac{L_H}{2\lambda J} \right)^2 \kappa \left( \frac{L_H}{L} \right). \]

(38)

Solutions of Eq. (37) are
\[ \cos 2\varphi_0 = -\frac{\delta_1}{4\delta_2} \pm \sqrt{\left( \frac{\delta_1}{4\delta_2} \right)^2 + \frac{1}{2}}. \]

(39)

In the case when \( |\delta_1/\delta_2| > 1 \) the only physically sensible solutions are given by the equation
\[ \cos 2\varphi_0 = -\frac{\delta_1}{4\delta_2} \sqrt{1 + 8 \left( \frac{\delta_2}{\delta_1} \right)^2 - 1}. \]

(40)

When \( |\delta_1/\delta_2| < 1 \) the solutions corresponding to both signs in Eq. (39) can be realized. This is the hysteresis domain: the type of solution here depends on the prehistory of magnetic field variation. At special points \( H_n = \pi n c/ (eL eH) \), where \( L = \pi n L_H \) \((n = 0, 1, 2, ...)\), both states on each period start to be equivalent.

Let us return to Eq. (30). It can be rewritten by means of the functions \( \delta_1 (H) \) and \( \delta_2 (H) \) (see Eq. (38) as
\[ \delta_1 \sin 2\varphi_0 + \delta_2 \sin 4\varphi_0 = \frac{I}{je S}. \]

(41)

This equation can be solved exactly in the algebraic functions, but for simplicity we will find its solutions, \( \varphi_{0}^{\text{min}} \) and \( \varphi_{0}^{\text{ndl}} \) in the framework of the perturbation theory under the assumption \( |\delta_1| \gg |\delta_2| \). Simple algebra leads to the result:
\[ \frac{1}{2} \arcsin \left( \frac{I}{j e S \delta_1} \right) - \frac{\delta_2}{\delta_1} \left( \frac{I}{j e S \delta_1} \right) = \begin{cases} \varphi_{0}^{\text{min}}, & \text{if } I/je S \delta_1 > 0 \\ \varphi_{0}^{\text{ndl}}, & \text{if } I/je S \delta_1 < 0 \end{cases} \]

and
\[ \frac{\pi}{2} \text{sign} \left( \frac{I}{j e S \delta_1} \right) - \frac{1}{2} \arcsin \left( \frac{I}{j e S \delta_1} \right) - \frac{\delta_2}{\delta_1} \left( \frac{I}{j e S \delta_1} \right) = \begin{cases} \varphi_{0}^{\text{ndl}}, & \text{if } I/je S \delta_1 > 0 \\ \varphi_{0}^{\text{min}}, & \text{if } I/je S \delta_1 < 0 \end{cases}. \]

(42) \hspace{1cm} (43)

\[ \Delta A_{\text{min}}^{\text{ndl}} = A \left[ \varphi_{0}^{\text{ndl}} \right] - A \left[ \varphi_{0}^{\text{min}} \right] = \frac{\hbar I}{e T} \left[ \pi/2 - \arcsin \left| \frac{I}{j e S \delta_1} \right| \right] \]
\[ + \frac{\hbar j e S}{e T} \sqrt{1 - \left( \frac{I}{j e S \delta_1} \right)^2} \left( \frac{L_H}{L} \right) \sin \left( \frac{L}{L_H} \right). \]

(44)

which determine in explicit form the exponential factor of the escape time \( T_0 \). Looking at it one can notice the nontrivial oscillatory type dependence of the escape time on the value of external magnetic field, which we will discuss in the final part of the article.

V. THE VALUE OF EFFECTIVE ACTION AT TRAJECTORIES CLOSE TO THE EXTREMAL (PRE-EXPONENTIAL FACTOR)

The expression (44) obtained above allows to determine the escape rate with the exponential accuracy, what indeed was done above. Determination of the pre-exponential factor is more delicate task which requires knowledge of the shape of trajectories close to the extremal one with further functional integration of the action over them. Now we pass to perform this program.

In real situation the bifurcation point \( T_0 \) lies always much below the critical temperature: \( T_0 \ll T_c \). For temperatures \( T_0 < T < T_c \), or \( |T_0 - T| \ll T_c \) the general expression (17) can be considerably simplified:

\[ A \left[ \varphi (x, \tau) \right] = \frac{1}{L} \int_{-1/2T}^{1/2T} d\tau \int_{-L/2}^{L/2} dx \left\{ \frac{C}{2e^2} \left( \frac{\partial \varphi (x, \tau)}{\partial \tau} \right)^2 - \frac{\hbar}{e} I \varphi (x, \tau) - \frac{\hbar j e S}{2e} \cos \left[ 2 \varphi (x, \tau) \right] \right\} \]
\[ + \frac{\hbar}{4\pi R_{ms} \epsilon^2} \int_{-1/2T}^{1/2T} d\tau_1 \left[ \varphi (x, \tau) - \varphi (x, \tau_1) \right]^{2} \left( \frac{\partial \varphi (x, \tau)}{\partial x} - \frac{e \epsilon_{\text{eff}} H_{\text{ext}}^2}{\hbar c} \right)^2 \right\}. \]

(45)

Let us find the solutions of Eq. (21) in the vicinity of the both time independent extremal trajectories (sur-
faces). We will look for them in the form:
\[ \phi^k_n(x, \tau) = \sqrt{T} \exp(i2\pi T \tau) \chi^k_n(x). \quad (46) \]
Substitution of this expression in Eqs. (17)-(21) leads to equations for \( \chi^k_n(x) \):
\[ -\lambda^2_j \frac{\partial^2 \chi^k_n(x)}{\partial x^2} + [\zeta (n^2 + Q_{sh}|n|)] + \cos(2\varphi^{\text{extr}}(x)) \chi^k_n(x) = \frac{e}{2\hbar c} \Lambda^k \chi^k_n(x), \quad (47) \]
where we have introduced the Q-factor \( Q_{sh}^{-1} = 2\pi T R_{sh} C^*/\hbar \) and the parameter \( \zeta = 2\pi^2 T^2 C^*/(e\hbar c S) \).

Note, that at the point \( T_0 \) one has
\[ \Lambda^0_{\pm 1}(T_0) = 0, \quad (48) \]
since namely at this point appears the first time-dependent solution for the extremal trajectory.

Let us recall that Eq. (47) is valid for both extremal trajectories \( \varphi^{\text{all}} \) and \( \varphi^{\text{min}} \). We will look for its solutions in the form of perturbation theory series in parameter \((L/\lambda_j)^2 \). There are two sets of corresponding eigenfunctions. In the zero order approximation they can be odd or even in \( x \).

For even values of \( k \) \( (k = 2N, N = 0, 1, 2,...) \) we have
\[ \chi^{2N}_{\pm 1}(x) = \cos \left( \frac{2\pi N}{L} x \right) + \gamma^{2N}_{\pm 1}(x), \quad \int_{-L/2}^{L/2} dx \cos \left( \frac{2\pi N}{L} x \right) \gamma^{2N}_{\pm 1}(x) = 0. \quad (49) \]
For odd values of \( k \) \( (k = 2N + 1, N = 0, 1, 2,...) \) the eigenfunctions have form
\[ \chi^{2N+1}_{\pm 1}(x) = \sin \left( \frac{\pi (2N + 1)}{L} x \right) + \gamma^{2N+1}_{\pm 1}(x), \quad \int_{-L/2}^{L/2} dx \sin \left( \frac{\pi (2N + 1)}{L} x \right) \gamma^{2N+1}_{\pm 1}(x) = 0. \quad (50) \]

The last integrals in Eqs. (49) and (50) express the relation of orthogonality between the first order correction \( \gamma_{\pm 1}(x) \) and corresponding zero approximation solution. The functions \( \gamma \) are supposed to be small enough: \( |\gamma_{\pm 1}(x)| \ll 1 \).

For \( k \neq 0 \) one can restrict consideration by the main approximation only and get from Eqs. (48), (49), (50) the following expression for the eigenvalues \( \Lambda^k_{\pm 1} \)
\[ \frac{e}{2\hbar c} \Lambda^k_{\pm 1} = \lambda^2_j \left( \frac{\pi k}{L} \right)^2 + \zeta (n^2 + Q_{sh}|n|) \]
\[ + \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \left[ 1 + \frac{1}{1 - (L/L_H)^2} \right] \cos(2\varphi_0). \quad (51) \]

For the eigenvalues with \( k = 0 \) (\( \Lambda^0_{\pm 1} \)) we have to find the eigenvalues up to the first correction term in parameter \((L/\lambda_j)^2 \). From Eqs. (48), (49) follows the equation for \( \gamma^0_{\pm 1}(x) \):
\[ -\lambda^2_j \frac{\partial^2 \gamma^0_{\pm 1}(x)}{\partial x^2} + \cos(2\varphi_0 - 2\pi \frac{L}{L_H}) \]
\[ - \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 = 0. \quad (52) \]
Its solution, in view of the boundary condition Eq. (24), is:
\[ \gamma^0_{\pm 1}(x) = \left( \frac{L_H}{2\lambda_j} \right)^2 \left[ 2\pi \frac{L}{L_H} \sin \left( \frac{L}{L_H} \right) - \sin \left( \frac{2\pi}{L_H} \right) \right] \sin 2\varphi_0 \]
\[ - \left( \frac{L_H}{2\lambda_j} \right)^2 \left[ \cos \left( \frac{2\pi}{L_H} \right) - \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \right] \cos 2\varphi_0 \]
\[ + \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \left( \frac{2\pi^2}{L_H} - \frac{L^2}{L_H} \right) \cos 2\varphi_0. \quad (53) \]

\( \zeta \)From Eqs. (48), (49), (53) one finds the value of \( \Lambda^0_{\pm 1} \) with the first correction terms (compare to Eq. (51)):
\[ \frac{e}{2\hbar c} \Lambda^0_{\pm 1} = \zeta (n^2 + Q_{sh}|n|) + \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 \]
\[ + \left( \frac{L_H}{2\lambda_j} \right)^2 \kappa \left( \frac{L_H}{L} \right) \cos 4\varphi_0. \quad (54) \]
One can notice, that the eigenvalue \( \Lambda^0_{\pm 1} \) in the vicinity of the saddle point trajectory is negative. This property is an obvious consequence of the Eqs. (36)-(37) and namely this fact results in the appearance of the imaginary part of the partition function (13).

Substitution of \( n = 1 \) to Eq. (51) gives us the explicit definition of the crossover temperature \( T_{\text{cross}} \):
\[ \zeta (T_0) (1 + Q_{sh}(T_0)) + \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 \]
\[ + \left( \frac{L_H}{2\lambda_j} \right)^2 \kappa \left( \frac{L_H}{L} \right) \cos 4\varphi_0 = 0, \quad (55) \]
where \( \varphi_0 = \varphi^{\text{all}} \) and it is the function of external current \( I \) and magnetic field \( H \) (see Eqs. (30)-(32)). For the critical value of current, where \( \partial I/\partial \varphi_0 = 0, T_0 = 0 \). This equality follows immediately from equations Eq. (55). Note that our parameter of perturbation theory is \((L/\lambda_j)^2 \) and the corrections to eigenfunctions (Eqs. (49) and (50)) are small by this parameter for all values of the external current \( I \) and magnetic field \( H \). That means that the Eq. (30) is valid even in the vicinity of the points, where \( \sin(L/L_H) = 0 \). Important that in these regions both terms in the r.h.s. of the Eq. (30) are of the same order and the nontrivial dependence of \( \varphi_0 (I, H) \) arises, since Eq. (30) is equivalent to the fourth order equation and in considered region all its coefficients turn out to be of the same order.
Now one can write down the expression for the effective action \((45)\), valid near both extremal trajectories. It is enough to substitute in Eq. \((14)\) function \(\varphi(x, \tau)\) in the form of Eq. \((20)\) with \(\varphi_k^\pm(x, \tau)\) defined by Eqs. \((40), (49)\) and \((53)\). Since the eigenvalues \(\Lambda_0^\pm\) tend to zero as \(T \to T_0\) for saddle point trajectory we have to keep in expansion of the effective action over the coefficients \(\{B_{0,1}^k\}\) all terms up to the fourth order, keeping also the products of the type \(\{ (B_0^1)^2 B_0^2, (B_0^1)^2 B_0^3 \}\). In result of integration over \(x\) and \(\tau\) (see Appendix A) the action \((14)\) takes the explicit form as the function of coefficients \(B_0^k\):

\[
A \left[ B_0^0, B_1^0, B_2^0, \ldots, B_n^0 \right] = A \left[ \phi_{\text{ext}} (x) \right] - \gamma_1 \left[ 2B_0^1 B_0^0 + (B_0^1)^2 B_0^1 + (B_0^1)^2 B_0^2 \right] - \gamma_2 \left( B_1^0 \right)^2 \left( B_0^1 \right)^2 + \frac{1}{2} \sum_{n,k} \Lambda_0^k |B_n^k|^2. \quad (56)
\]

Calculation of the coefficients \(\gamma_{1,2}\) is cumbersome but straightforward. It is necessary to remember that the functions \(\chi_k(x)\) before to be used in Eq. \((14)\) should be normalized. In result one finds

\[
\gamma_1 = \frac{2h \hbar c}{e} \left( \frac{T}{S} \right)^{1/2} \left\{ \frac{L_H}{L} \sin \left( \frac{L}{L_H} \sin 2\varphi_0 + 2 \left( \frac{L_H}{2 \lambda_j} \right)^2 \kappa \left( \frac{L_H}{L} \sin 4\varphi_0 \right) \right) \right\}, \quad (57)
\]

\[
\gamma_2 = \frac{2h \hbar c}{e} \left( \frac{T}{S} \right) \left\{ \frac{L_H}{L} \sin \left( \frac{L}{L_H} \cos 2\varphi_0 + \frac{1}{2} \left( \frac{L_H}{2 \lambda_j} \right)^2 \left[ 5\kappa \left( \frac{L_H}{L} \cos 4\varphi_0 + 3\mu \left( \frac{L_H}{L} \right) \right) \right] \right\}. \quad (58)
\]

VI. OSCILLATIONS OF THE ESCAPE TIME VS MAGNETIC FIELD

Now we are ready to calculate the escape time of the "small" JJ, which is given by Eq. \((14)\). The imaginary part of the partition function \(\text{Im} Z\) in Eq. \((14)\) is determined by the integral over trajectories close to the saddle point trajectory \(\varphi_{\text{sd}i}^\pm (x)\) (see Eq. \((20)\)). Corresponding expression for action was already obtained above and it is given by Eq. \((14)\). The functional integral in Eq. \((14)\) is reduced now to integration over all coefficients \(B_0^k\).

Let us start from the integration over the coefficient \(B_0^0\). Since the eigenvalue \(\Lambda_0^0\) in vicinity of the saddle point trajectory is negative it requires special considerations. In order to get the finite answer one has before integration to perform analytical continuation \(B_0^0 \to i b\) and only after that to carry out the integral:

\[
\int_{-\infty}^{\infty} \frac{dB_0^1}{\sqrt{2\pi}} \exp \left\{ -\frac{1}{2} \Lambda_0^0 \left( B_0^0 \right)^2 + 2\gamma_1 B_0^0 \left( B_0^1 B_0^0 \right) \right\} \rightarrow i \int_{-\infty}^{\infty} \frac{db}{\sqrt{2\pi}} \exp \left\{ -\frac{1}{2} |\Lambda_0^0|^2 b^2 + 2i\gamma_1 b \left( B_0^1 B_0^1 \right) \right\} = \frac{i}{\sqrt{|\Lambda_0^0|}} \exp \left( \frac{2\gamma_1^2}{|\Lambda_0^0|} \left( B_0^1 B_0^1 \right)^2 \right). \quad (59)
\]

Integration of the coefficients \(B_{0,1}^k\), we will yet leave for further consideration and now perform that one over the coefficients \(B_{-1,2}^0\) in accordance with the formula

\[
\int_{-\infty}^{\infty} \frac{dB_0^1}{2\pi} \exp \left\{ -\Lambda_0^2 \left( B_2^0 \right)^2 + \gamma_1 \left( B_0^1 \right)^2 B_{-2}^0 + \left( B_{-1}^0 \right)^2 B_2^0 \right\} = \frac{1}{2\Lambda_0^2} \exp \left( \frac{\gamma_1^2}{\Lambda_0^2} \left( B_0^1 B_0^1 \right)^2 \right). \quad (60)
\]

Integrations over the remaining coefficients, besides are of the canonical Gaussian type and can be easily performed.

What concerns calculation of the real part of the partition function \(\text{Re} Z\) it is determined by integration over the trajectories passing close to the minimal trajectory \(\varphi_{\text{min}}^\pm (x)\) and in this case one can take the action \((56)\) only with quadratic accuracy over \(B_0^k\).

Performing discussed above integrations in real and imaginary parts of the partition function (see Ref.\(^{15}\)) one finds the escape time for high enough temperatures \(T > T_0\), or in the narrow vicinity of \(T_0\) (\(|T - T_0| \ll T_0\):

\[
\tau_{\text{esc}}^{-1} = 2T_0 \exp \left\{ -\Delta A_{\text{min}}^\text{sd} \right\} \cdot \left\{ \frac{1}{2\sqrt{|\Lambda_0^0|}} \int_{-\infty}^{\infty} \frac{d^2B_0^0}{2\pi} \exp \left[ -\Lambda_0^0 \left| B_0^0 \right|^2 - |B_0^1|^4 \left( -\gamma_2 + \gamma_1^2 \left( \frac{2}{\Lambda_0^0} - \frac{1}{\Lambda_0^0} \right) \right) \right] \right\}_{\text{sd}i} \left\{ \sqrt{|\Lambda_0^0|} \right\}_{\text{min}} ^{-1} Y_1 Y_2, \quad (61)
\]

with

\[
Y_1 = \left\{ \prod_{k=1}^{\infty} \frac{1}{\sqrt{\Lambda_0^k}} \left( \prod_{n=1}^{\infty} \frac{1}{(2\Lambda_0^k)^{n}} \right) \right\}_{\text{sd}i} / \left\{ \prod_{k=1}^{\infty} \frac{1}{\sqrt{\Lambda_0^k}} \prod_{n=1}^{\infty} \frac{1}{(2\Lambda_0^k)^{n}} \right\}_{\text{min}}, \quad (62)
\]
Note that the pre-factor in Eq. (61) contains $T_0$ instead of $T$. The eigenvalues $\{\Lambda_n^0\}_{\text{saddle}}$ are defined by Eqs. (31), (32).

The remaining integral over $B_1^0$ in Eq. (61) can be expressed in terms of Fresnel integral

$$\Phi(x) = \frac{2}{\sqrt{\pi}} \int_0^x dt \exp \left(-t^2\right)$$

and one obtains $\tau_{\text{esc}}^{-1}$ in the final form:

$$\tau_{\text{esc}}^{-1} = \frac{1}{4} \sqrt{\frac{\pi}{B}} T_0 \exp (-\Delta A_{\text{min}}) \left\{ \lambda_0^0 \right\}_{\text{min}} \left( \frac{\Lambda_0^0}{2 \sqrt{B}} \right) \exp \left( \frac{\Lambda_1^0}{4B} \right)_{\text{sdl}},$$

with

$$B = -\gamma_2 + \gamma_1 \left( \frac{2}{|\Lambda_0^0|} - \frac{1}{\Lambda_2^0} \right)_{\text{sdl}}.$$  (66)

Using the explicit Eq. (54) for eigenfunctions $\Lambda_n^0$ one can present Eq. (63) in terms of Euler gamma-function $\Gamma(x)$:

$$Y_2 = \frac{4\hbar j_e \zeta}{\epsilon} \left[ \frac{\Gamma(2-n_1(H))}{\Gamma(1-n_1(H))} \frac{\Gamma(2-n_2(H))}{\Gamma(1-n_2(H))} \right]_{\text{sdl}}.$$  (67)

while the values $[n_{1,2}]_{\text{saddle}}$ are roots of equation

$$\zeta(T) \left[ n^2 + Q_{\text{sh}}(T) n \right] + \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 + \left( \frac{L_H}{2\lambda_j} \right)^2 \kappa \left( \frac{L_H}{L} \right) \cos 4\varphi_0 = 0,$$  (68)

written for $\varphi_0 = \{\varphi_0^{\text{saddle}}, \varphi_0^{\text{min}}\}$ accordingly. From Eq. (67) one can see that the finiteness of $L$ leads to strong variation of $Y_2$ and, consequently $\tau_{\text{esc}}^{-1}$, as the function of magnetic field even for small junction with $L \ll \lambda_j$.

All quantities $\Delta A_{\text{min}}$, $T_0$, $\tau_{\text{esc}}^{-1}$ are oscillatory functions versus magnetic field (see Eqs. (17), (40), (41), (50), (52)). As the example let us consider the behavior of $T_0(H)$. In first approximation by parameter $(L/\lambda_j)^2$ one can obtain from Eqs. (11)–(55) following simple expression for the crossover temperature $T_0(H)$:

$$T_0^2 + \epsilon T_0 - \frac{e j_e S R_{\text{sh}}}{\pi} \sqrt{\frac{\delta_1^2(H) - \left( \frac{I}{j_e S} \right)^2}{\delta_1^2(H) - \left( \frac{I}{j_e S} \right)^2}} \delta_2^2(H) = 0$$

with $\epsilon = Q_{\text{sh}} T / (2\pi R_{\text{sh}} C^*), \delta_1$ and $\delta_2$ defined by Eq. (38). Its physical solution

$$T_0(H) = \frac{\epsilon}{2} \left( 1 + \frac{4e j_e S R_{\text{sh}}}{\pi \epsilon} \sqrt{\frac{\delta_1^2(H) - \left( \frac{I}{j_e S} \right)^2}{\delta_1^2(H) - \left( \frac{I}{j_e S} \right)^2}} \right)^{1/2} - 1 \right\}^{1/2}$$

evidently oscillates versus magnetic field as it is sketched in Fig. 2. Eq. (65) can be used until the second term in square parenthesis is smaller than the first one. Close to the special points $(L = \pi n L_H)$ this condition can be not valid more and in such a case Eqs. (30), (37) should be solved exactly.

In contrast to $Y_2$, the pre-factor $Y_1$ contains only terms with $\Lambda_n^0$ ($k \neq 0$) and in result depends on magnetic field weakly. Nevertheless this dependence turns out to be singular due to the logarithmic divergence of the product in Eq. (32). Details are presented in Appendix B.

Eq. (65) enable us to estimate the width of the crossover region between Arrhenius and macroscopic quantum tunneling regimes. It can be found from condition that the argument of the Fresnel function is of the order of one:

$$\{\Lambda_1^0\}_{\text{sdl}} \sim 2\sqrt{B}.$$  (69)

VII. FINAL REMARKS

Even a weak external magnetic field can change strongly the value of the critical current of the Josephson junction of a small size. Note, that some special points of external magnetic field appear in the problem under consideration. In the vicinity of these points the perturbation theory fails and the escape time can be calculated.
only by means of the exact solution of the equations on 
$T_0$, and $\varphi_0$. It worth to mention that our general e-
quations enable us to consider even such points.

In the vicinity of the crossover temperature $T_0$ from
Arrenius law to the quantum tunneling, one can observe
the strong effect of the finiteness of the junction length
$L$ even in the pre-exponential factor.

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IX. APPENDIX A

The eigenvalues $A_{+1}^0$ at the saddle point trajectory
tend to zero as $T \to T_0$. In result, when one substitutes
the function $\varphi(r, \tau)$ in the form Eq. (20) to the action
Eq. (45) and then expands the expression for action in
Taylor series he has to keep ”dangerous” terms, contain-
ing $B_{+1}^0$, up to the fourth order. Moreover one has to
keep also products of the type $(B_{0}^0)^2 B_{-2}^k$, $(B_{0}^0)^2 B_{2}^k$.
All other terms (containing $B_{0}^n$ with $k \neq 0$ and $n \neq 0, \pm 1$)
is enough to take in the second order approximation. In
this way one writes the value of the effective action (45)
valid near both extremal trajectories in the form (see Ref.13).

FIG. 2: Schematic dependence of crossover temperature on
magnetic field

\[
A[\varphi(x, \tau)] = A[\varphi_{ex}r(x)] + \frac{1}{2} \sum_{n,k} A_{n}^{k} B_{n}^{k}^2 - \frac{2 \hbar S_{\text{jet}}}{e} \sqrt{T} \int_{-L/2}^{L/2} \frac{dx}{L} \sin(2\varphi_{ex}r(x))
\]

\[
\left\{ 2 B_{0}^{0} B_{-1}^{0} \sum_{k} B_{0}^{k} \chi_{0}^{1} \chi_{0}^{1} + \frac{(B_{0}^{0})^2 (\chi_0^1)^2}{||\chi_0^1||^2} \right\}
\]

\[
- \frac{2 \hbar S_{\text{jet}}}{e} T \int_{-L/2}^{L/2} \frac{dx}{L} \cos[2\varphi_{ex}r(x, \tau)] \left\{ \frac{(B_{0}^{0})^2 (B_{-1}^{0})^2 (\chi_0^1)^2 (\chi_0^{-1})^2}{||\chi_0^1||^2 ||\chi_0^{-1}||^2} \right\}
\]

where $||...||$ is the norm of function. Let us carry out the
integrals entering in the Eq. (70) in the explicit form:

\[
I_1 = \int_{-L/2}^{L/2} \frac{dx}{L} \sin(2\varphi_{ex}r(x)) \frac{\chi_0^1 \chi_0^1}{||\chi_0^1||^2 ||\chi_0^{-1}|| ||\chi_0^0||}
\]

\[
= \frac{1}{S^{3/2}} \left[ \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \sin 2\varphi_0 \right]
\]

\[
+ 2 \left( \frac{L_H}{2\Lambda_f} \right)^2 \kappa \left( \frac{L_H}{L} \right) \sin 4\varphi_0
\]

\[
I_2 = \int_{-L/2}^{L/2} \frac{dx}{L} \cos(2\varphi_{ex}r(x)) \frac{(\chi_0^1)^2 (\chi_0^{-1})^2}{||\chi_0^1||^2 ||\chi_0^{-1}||^2}
\]

\[
= \frac{1}{S^2} \left\{ \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \cos 2\varphi_0 \right\} + \frac{1}{2} \left( \frac{L_H}{2\Lambda_f} \right)^2 \left[ 5\kappa \left( \frac{L_H}{L} \right) \cos 4\varphi_0 + 3\mu \left( \frac{L_H}{L} \right) \right]
\]

with the function $\mu$ defined by Eq. (49). Using these ex-
pressions in Eq. (70) one can obtain the final expression
valid for trajectories close to the extremal ones. Integrals (71) - (72) appear in Eq.
by means of the functions (57)- (58):

\[
\gamma_1 = \frac{2\hbar j_c}{e} \sqrt{T_1}, \quad \gamma_2 = \frac{2\hbar j_c S}{e} I_2.
\]  

(73)

X. APPENDIX B

One can see that expression for the pre-exponential factor \( Y_1 \) is divergent at \( \{n,k\} \to \infty \) (this follows from Eq. (53)). This divergency has the logarithmic character and should be cut off at \( n \sim T_e/T_0 \) and \( k \sim \lambda_f/\ell_{\text{eff}} \). As result with the logarithmic accuracy one can find:

\[
Y_1 = \left( \prod_{k=1}^{\infty} \frac{1}{\Lambda_0} \left( \prod_{n=1}^{\infty} \frac{1}{2\Lambda_n} \right) \right)^{-1} \left( \prod_{k=1}^{\infty} \frac{1}{\Lambda_0} \right)_{\text{min}} \exp \left\{ -\frac{1}{2} \frac{L_H}{L} \sin \left( \frac{L}{L_H} \right) \left[ \cos \left( 2\varphi_0^{\text{sdh}} \right) - \cos \left( 2\varphi_0^{\text{min}} \right) \right] \right\} \left( \prod_{k=1}^{\infty} \frac{1}{\Lambda_0} \right)_{\text{min}} \sum_{n=-\infty}^{\infty} \left( \frac{\pi k}{L_H} \right)^2 + \zeta (n^2 + Q_{\text{sn}} |n|) \right\}.
\] 

(74)

The double sum in the first multiplier in the r.h.s. of this expression converges at infinity.

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