Study		Standardised Mean Difference	SMD	95%–CI
Omitting Song−−2009	−2.27 [−3.41; −1.13]
Omitting Li−−2011	−2.51 [−3.65; −1.37]
Omitting Lin−−2015	−2.24 [−3.35; −1.13]
Omitting Lu−−2017	−1.82 [−2.69; −0.96]
Omitting Cheng−−2018	−1.88 [−2.75; −1.01]
Omitting Wei−−2019	−2.52 [−3.58; −1.47]
Random effects model	—	−2.20 [−3.13; −1.27]

FS1, The pain severity
| Study                      | Mean Difference | MD     | 95% CI              |
|----------------------------|-----------------|--------|---------------------|
| Omitting Song—2009         |                 | -1.63  | [-4.53; 1.27]       |
| Omitting Li—2011           |                 | -2.96  | [-3.67; -2.26]      |
| Omitting Lu—2017           |                 | -1.47  | [-4.09; 1.15]       |
| Random effects model       |                 | -2.02  | [-3.81; -0.23]      |

FS2, The cessation of pustules time
| Study                  | Mean Difference | MD   | 95% CI          |
|-----------------------|-----------------|------|-----------------|
| Omitting Song−−2009   | -1.66           | -1.66| [-4.94; 1.63]   |
| Omitting Li−−2011     | -3.97           | -3.97| [-5.48; -2.46]  |
| Omitting Lu−−2017     | -2.39           | -2.39| [-7.20; 2.42]   |
| Random effects model  | -2.69           | -2.69| [-5.42; 0.04]   |

FS3, The time to scab
Study Random effects model

Omitting Song—2009
Omitting Li—2011
Omitting Lu—2017

Mean Difference

95%–CI

Mean Difference

95%–CI

FS4, The rash healing time
Study | Odds Ratio | OR | 95%−CI
--- | --- | --- | ---
Omitting Song—2009 | 0.32 | [0.01; 8.24]
Omitting Lin—2015 | 0.10 | [0.00; 1.88]
Omitting Cheng—2018 | 0.17 | [0.02; 1.49]
Random effects model | 0.17 | [0.02; 1.49]

FS5, Safety evaluation
FS6, The incidence of postherpetic neuralgia