High viral loads of circulating Epstein-Barr virus DNA copy number in peripheral blood is associated with inferior prognosis in patients with mantle cell lymphoma

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Abstract

Mantle cell lymphoma (MCL) is a distinct subtype of B cell non-Hodgkin lymphoma. No research has yet documented to investigate the prognostic implications of Epstein-Barr virus (EBV) infection in MCL. The objective of this study was to determine whether EBV DNA load may influence the heterogeneity in the course of the disease in MCL patients. Eighty-eight MCL patients were retrospectively enrolled in the study. EBV DNA load was detected by real-time quantitative PCR for quantification. The univariate and multivariate Cox proportional hazards models were established for the estimation of prognostic factors. Twenty-seven patients were detected positive for EBV DNA and the median virus titer was 1.72×10⁴ copies/mL (range, 8.20×10² to 4.14×10⁵ copies/mL). With a median follow-up of 39 months (range, 9 to 120 months), patients in EBV DNA-positive group displayed unfavorable progression-free survival (PFS) (P=0.012) and overall survival (OS) (P=0.004) than patients in EBV DNA-negative group. Multivariate Cox regression analysis revealed that EBV DNA-positivity was an independent risk factor for both PFS (HR, 2.04; 95% CI, 1.07 to 3.92; P=0.031) and OS (HR, 2.68; 95% CI, 1.20 to 6.00; P=0.016). Reduction in EBV copies was significantly associated with therapy-response.

Circulating EBV DNA load in whole blood proved to be a significant predictor of prognosis in patients with MCL, which needs further validation in large-scale clinical studies.

Key words: Mantle cell lymphoma; Circulating Epstein-Barr virus DNA load; Overall survival; Progression free survival

Introduction

Mantle cell lymphoma (MCL) is a distinct subtype of B cell non-Hodgkin lymphoma (NHL) manifested by extensive lymphadenopathy, blood and bone marrow involvement, and splenomegaly with a short remission duration to standard therapies [1]. The past few decades have witnessed great progresses in improving the outcomes of MCL patients owing to the widespread use of rituximab in combination with anthracycline-containing regimens as well as new approaches [2]. However, patients with MCL still presented great heterogeneity in the clinical course with a median overall survival (OS) of 3–5 years [1].

Epstein-Barr virus (EBV), also known as human herpesvirus 4 (HHV-4), is a ubiquitous herpesvirus that infects more than 90% of all humans, contributing to the development of EBV-associated lymphomas, lymphoproliferative disorders, hemophagocytic
lymphohistiocytosis and solid tumors [3]. Several 
researches showed that high level of EBV DNA loads 
in whole blood or plasma predicted adverse 
prognosis in EBV-negative lymphomas, such as 
chronic lymphocytic leukemia (CLL), invariably 
EBV-positive lymphomas, such as extranodal natural 
killer/T-cell lymphoma (ENKTL) and 
angioimmunoblastic T-cell lymphoma (AITL), and 
partially EBV-positive lymphomas, such as diffuse 
large B-cell lymphoma (DLBCL) and Hodgkin 
lymphoma (HL) [4–8]. Though MCL is not currently 
considered as a subtype of EBV-associated 
lymphoma, some of the patients are inevitably 
infected with EBV [9]. Notably, due to the rarity of 
MCL, the pathogenetic roles and detailed mechanisms 
of EBV in the development of MCL are dismal. 
Furthermore, there are no reports on the prevalence 
and clinical significances of EBV in patients with MCL 
until now. Hence, we conducted the retrospective 
analysis to comprehensively explore the potential 
prognostic impacts of circulating EBV DNA load in 88 
MCL patients.

Materials and Methods

Patients

A total of 88 consecutive subjects histologically 
newly diagnosed MCL patients between September 
2008 and November 2017 were enrolled in this 
retrospective study in the First Affiliated Hospital of 
Nanjing Medical University, Jiangsu Province 
Hospital (Nanjing, China). Diagnosis of MCL, 
dependent on a surgical specimen, preferably a lymph 
node biopsy, was in accordance with criteria of World 
Health Organization (WHO) classification 2008 [10]. 
Besides, detection of t(11;14)(q13;q32) and 
overexpression of cyclin D1 is mandatory for the 
diagnosis of MCL. Inclusion criteria were as follows: 
histologically confirmed MCL; at least had one 
efficacy assessment after receiving  first-line 
chemotherapy of R-hyper-CVAD regimen (rituximab, 
cyclophosphamide, doxorubicin, vincristine and 
dexamethasone) alternated with the MA regimen 
(high-dose methotrexate and cytarabine) or a 
modified R-hyper-CVAD regimen or R-CHOP-like 
(rituximab, cyclophosphamide, vincristine, 
doxorubicin and prednisolone) regimen. Blastoid type 
of MCL was excluded from this study.

Efficacy assessment was strictly in accordance 
with International Working Group Criteria and 
responses were classified as complete response (CR), 
unconfirmed CR (CRu), partial response (PR), stable 
disease (SD), and progressive disease (PD) [11].

Data collection

Baseline clinical characteristics including gender, 
age, bone marrow involvement (BMI), Ann Arbor 
stage, Eastern Cooperative Oncology Group (ECOG) 
score, B symptoms, white blood cell (WBC) counts, 
absolute monocyte counts (AMC), serum lactic 
dehydrogenase (LDH), serum beta-2 microglobulin 
level (β2-MG) and simplified MCL International 
Prognostic Index (sMIPI) score (covering age, ECOG, 
LDH and WBC) at admission were entirely available.

EBV DNA load at initial diagnosis, as well as, 
before each cycle of chemotherapy was detected by 
real-time quantitative PCR with an ABI PRISM 7500 
(Applied Biosystems, Foster City, CA) using DNA 
extracted with the EBV-PCR Fluorescence 
Quantitative Diagnostic Kit (Da An Gene Co., 
Guangzhou, China) from whole blood according to 
instruction manuals. As for EBV DNA copy number, 
with the improvement of sensitivity, the boundary of 
5×10^2 copies/mL was established as a cut-off value to 
distinguish EBV DNA-positive from EBV DNA-
negative individuals.

Furthermore, anti-EBV antibody detection, 
consisting of Epstein-Barr nuclear antigen EBNA-IgG, 
EBV-VCA-IgG, EBV-VCA-IgA, EBV-VCA-IgM, and 
EBV-EA-IgG were conducted using 
chemiluminescence immunoassay in part  of the 
subjects.

Statistical analysis

All statistical analyses were performed using 
SPSS for Windows (version 21.0; IBM Corporation, 
Armonk, NY, USA) and Graphpad Prism 6. Follow-
up was through September 2018. Progression-
free survival (PFS) was calculated as the duration 
from initial diagnosis to the first time of progression, 
relapse from response, death or last follow-up. OS 
was defined as the time between diagnosis and death 
or last follow-up. The best cut-off values were 
determined by X-tile according to OS [12]. Survival 
curves were carried out using the Kaplan–Meier 
method and statistical significance was assessed using 
the two-sided log-rank test. Mann-Whitney U test and 
Fisher exact test were respectively adopted to conduct 
correlation analysis between EBV DNA and 
continuous variables and categorical variables for 
unpaired samples. The Cox proportional hazards 
models were established for the estimation of factors 
both in univariate and multivariate analysis. 
Multivariate proportional hazards regression was 
performed with statistically significant factors from 
the univariate analysis. All statistical tests were two-

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Results

Patient characteristics

The baseline clinical and pathologic characteristics of 88 patients with MCL involved in this study at admission were presented in Table 1. Among the 88 patients, there were 69 males and 19 females with an M: F ratio of 3.6: 1, presenting a striking male predominance. The median age was 60 years (range, 28 to 81 years) and approximately 51% of the patients were over 60 years old. Thirteen (14.8%) patients had an ECOG score of more than 2. The majority of patients (94.3%) were at advanced stage (Ann Arbor stage III–IV) and 57 (64.8%) patients had BMI. Elevated LDH and β2-MG were shown in 19 (21.6%) and 60 (68.2%) patients, respectively. Thirty-eight (43.2%) patients were found suffering from B symptoms. The number of patients at low risk (sMIPI score 0–3), intermediate risk (sMIPI score 4–5) and high risk (sMIPI score 6–11) stratified by sMIPI were 40 (45.4%), 29 (33.0%) and 19 (21.6%), respectively.

Additionally, 27 (30.7%) patients were detected positive for EBV DNA and the median virus titer was 2.05×10⁴ copies/mL (range, 8.20×10² to 4.14×10⁵ copies/mL). However, pretreatment results of anti-EBV antibody tests of 28 patients were obtained. Our results showed that 12 patients (42.9%) had serological evidence of prior EBV-infection (EBNA-IgG-positive and EBV-VCA-IgG-positive). Nine patients (32.1%) were at the late stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive) while six patients (21.4%) were at the early stage of infection (EBV-VCA-IgG-positive, EBV-EA-IgG-positive) and nine patients (32.1%) were at the late stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive). Nine patients (32.1%) were at the early stage of infection (EBNA-IgG-positive, EBV-VCA-IgG-positive and EBV-EA-IgG-positive).

Table 1. Clinical characteristics with the analysis of pretreatment EBV DNA in 88 patients with mantle cell lymphoma

| Characteristic | No. (%) | EBV DNA-positivity (n=27) | EBV DNA-negativity (n=61) | P-value |
|---------------|---------|--------------------------|---------------------------|--------|
| Male sex      | 69 (78.4) | 25 (92.6) | 44 (72.1) | 0.047 |
| B symptoms    | 38 (43.2) | 13 (48.1) | 25 (41.0) | 0.642 |
| Age >60 yr    | 45 (51.1) | 18 (66.7) | 27 (44.3) | 0.066 |
| ECOG 2–4      | 13 (14.8) | 6 (22.2) | 7 (11.5) | 0.207 |
| Stage III–IV  | 83 (94.3) | 27 (100.0) | 56 (91.8) | 0.318 |
| LDH >ULN      | 19 (21.6) | 8 (29.6) | 11 (18.0) | 0.265 |
| WBC >6.7×10⁹/L | 50 (56.8) | 20 (74.1) | 30 (49.2) | 0.037 |
| BMI           | 57 (64.8) | 19 (70.4) | 38 (62.3) | 0.629 |
| β2-MG >ULN    | 60 (68.2) | 22 (81.5) | 38 (62.3) | 0.180 |
| sMIPI score 4–11 | 48 (54.5) | 18 (66.7) | 30 (49.2) | 0.077 |
| AMC>0.5×10⁹/L | 42 (47.7) | 17 (63.0) | 25 (41.0) | 0.067 |
| EBV DNA-positivity | 27 (30.7) | 100 (100.0) | 0 (0) | 0.001 |

ECOG, Eastern Cooperative Oncology Group; LDH, serum lactate dehydrogenase; ULN, upper limits of normal; WBC, white blood cells; BMI, body mass index involvement; β2-MG, serum beta-2 microglobulin level; sMIPI, simplified mantle cell lymphoma International Prognostic Index; AMC, absolute monocyte counts; EBV, Epstein-Barr virus.

 Associations between EBV DNA and other baseline characteristics

Associations between EBV DNA load and other baseline characteristics were described in Table 1. In our cohort, a statistically evident dominance was identified that high level of EBV DNA copy number was more likely in males (P=0.047) and patients with high WBC (>6.7×10⁹/L) (P=0.037). Moreover, EBV DNA-positive patients seemed to take up a larger proportion in age >60yr group (P=0.066), intermediate- to high- risk group (P=0.077), indicating a tendency toward significance. With the use of X-tile plots, the cut-off point at 0.50×10⁹ monocyte cells/L yielded the highest difference in OS. Among the 42 patients whose monocyte cell counts exceeded the value, there were 17 (40.5%) patients in EBV DNA-positive group while 25 (59.5%) patients in EBV DNA-negative group. EBV DNA-positive patients seemed to take up a larger proportion in high AMC group (P=0.067). No significant correlations were observed between EBV DNA load and other factors.

Clinical outcomes for MCL patients

Generally, we conducted efficacy assessment of each patient with the completion of treatment. Subjects received a median of six courses of immunochemohtherapy (range 2–6). Median follow-up was 40 months (range, 9 to 120 months). Patients who achieved CR / CRu and PR accounted for 22.7% and 48.9%, respectively. Forty-three (48.9%) patients progressed and 28 (31.8%) died. For the entire cohort, the median PFS and OS were 32 months (range, 1–90 months) and 70 months (range, 2–116 months). The 3-, 5-year PFS rate was 38.0%±5.2% and 24.0%±6.3%, while the 3-, 5-year OS rate was 58.0%±5.6% and 48.0%±6.1%.

Prognostic impacts of pretreatment EBV DNA in MCL

Not only did PFS estimation differ between the pretreatment EBV DNA-positive and EBV DNA-negative group (P=0.012), but also inferior OS was observed in the pretreatment EBV DNA-positive group than in the EBV DNA-negative group (P=0.004), which was shown in Fig. 1. The 3-year PFS and OS rate were 18.0%±8.4% and 31.0%±9.9% in EBV DNA-positive group vs. 46.0%±6.4% and 69.0%±6.7% in EBV DNA-negative group.

The univariate and multivariate Cox regression analyses of PFS and OS for potential risk predictors in MCL were summarized in Table 2 and Table 3. Univariate Cox regression analysis demonstrated that B symptoms (HR, 2.01; 95% CI, 1.07 to 3.78; P=0.029), LDH >upper limits of normal (ULN) (HR, 2.13; 95% CI, 1.07 to 4.21; P=0.030) and EBV DNA-positivity
(HR, 2.20; 95% CI, 1.16 to 4.17; P = 0.015) were related to inferior PFS. In addition, variables including male sex (HR, 8.62; 95% CI, 1.17 to 63.66; P = 0.035), B symptoms (HR, 5.06; 95% CI, 2.08 to 12.32; P < 0.001), LDH > ULN (HR, 2.53; 95% CI, 1.12 to 5.70; P = 0.026), WBC > 6.7 × 10^9/L (HR, 2.69; 95% CI, 1.16 to 6.22; P = 0.021), BMI (HR, 3.87; 95% CI, 1.32 to 11.33; P = 0.014), high sMIPI score (HR, 1.75; 95% CI, 1.08 to 2.84; P = 0.023) and EBV DNA-positivity (HR, 3.04; 95% CI, 1.32 to 6.98; P = 0.049) (Fig. 3C), LDH > ULN (HR, 2.53; 95% CI, 1.12 to 5.70; P = 0.026), PFS, progression-free survival; OS, overall survival; HR, hazard ratio; CI, confidence interval; ECOG, Eastern Cooperative Oncology Group; LDH, serum lactate dehydrogenase; ULN, upper limits of normal; WBC, white blood cells; BMI, bone marrow involvement; j2-MG, serum beta-2 microglobulin level; sMIPI, simplified mantle cell lymphoma International Prognostic Index; EBV, Epstein-Barr virus.

Table 3. Multivariate Cox regression analysis of PFS and OS in 88 patients with mantle cell lymphoma

| Characteristic | HR (95% CI) | P-value | HR (95% CI) | P-value |
|---------------|-------------|---------|-------------|---------|
| sMIPI score   | 1.28 (0.85−1.91) | 0.237 | 1.59 (0.98−2.59) | 0.062 |
| EBV DNA-positivity | 2.04 (1.07−3.92) | 0.031 | 2.68 (1.20−6.00) | 0.016 |

sMIPI, simplified mantle cell lymphoma International Prognostic Index.

Figure 1. Progressive-free survival (PFS) and overall survival (OS) for 88 patients with the analysis of pretreatment Epstein-Barr virus (EBV) DNA status.
Discussion

In order to facilitate clinical decisions for MCL, prognostic indexes including sMIPI, Ki-67, TP53, serum β2-MG, chromosome karyotype have been assessed to enable risk-adapted treatment strategies [13–17]. With more and more attention to EBV in recent years, EBV DNA load at initial diagnosis has been demonstrated to have an adverse prognostic impact on patients with several lymphomas [4–8]. As is reported in literatures, EBV may activate B cells, stimulate their proliferation, and inhibit their apoptosis. Furthermore, EBV can express latent membrane protein 1 (LMP1), a latent protein expressed, leading to tumor angiogenesis by activating downstream signaling pathways and modulating the expression of cellular genes [18]. However, to the best of our knowledge, it is the first time to interpret the relevance between EBV DNA and MCL though the specific intrinsic mechanism of EBV in MCL is unclear.

In this retrospective research, we checked the prognostic differences between EBV DNA-positive and EBV DNA-negative MCL in small scale and found that the pretreatment EBV DNA-positivity was an effective marker for predicting PFS and OS of MCL patients. Song et al revealed that lymphoma was at an increased risk among individuals with HBV. It was possible that HBV was harbored in non-liver cells, inducing local inflammation, which played a role in the development of cancer. One of the mechanisms of EBV might be the same as that of HBV [19]. Besides, some demonstrated that high level of EBV DNA loads may represent a consequence of the deeper immunosuppression in CLL and AITL [20,21]. As is demonstrated in AITL, Liang et al found that EBV DNA-positive patients were more associated with lower lymphocyte-monocyte ratio (LMR) [8]. Actually, tumor microenvironment and host immunity are significantly associated with outcome in patients with MCL since AMC and absolute CD4+ T cell counts (ACD4C) have been confirmed to be significant predictors of unfavorable OS [22,23]. In the present study, EBV DNA-positive patients tended to have high AMC, which reflected immune-deficient state for MCL patients to some extent, then adding to tumor aggressiveness, though statistical significance was not reached. Therefore, monitoring of AMC, T lymphocyte counts and natural killer cell counts as well as immunoglobulin level might be necessary for MCL patients. In addition, a significant correlation was noted between EBV DNA-positivity and male sex and WBC. Also, patients had high EBV DNA copies tended to be more likely in age >60yr group and intermediate- to high- risk group regardless of insignificant difference, in line with the standpoint that latently-EBV-infected B-cells induced sustained telomerase which was associated with an aggressive clinical behavior [24,25]. These might account for the relationship between EBV DNA positivity and inferior OS in MCL patients.

In this current study, we only obtained 28 pretreatment results of anti-EBV antibody tests of MCL patients and failed to further explore the relevance between anti-EBV antibody and prognosis and clinical characteristics of MCL. However, according to 24-year experience at a single institution, Huang et al. provided convincing evidence that raised serum EBV EA-IgA and VCA-IgA levels were related to adverse ENKTL profile and correlated with poor treatment response, early relapse, and poor prognosis in patients with ENKTL [26]. It served as a reminder.
that sufficient examinations including anti-EBV antibody tests should be regularly performed for our better understanding of MCL.

Figure 3. Kaplan-Meier curves of overall survival (OS) for different levels of EBV DNA load stratified by age (A), ECOG (B), WBC (C), LDH (D). ECOG, Eastern Cooperative Oncology Group; WBC, white blood cell counts; LDH, serum lactic dehydrogenase.
As we all known, the International Prognostic Index (IPI), as a traditional model for risk stratification of patients with aggressive non-Hodgkin lymphoma, was discarded for risk stratification of MCL as a result of its weak discriminatory, particularly for the lower risk patients. For better classification, we focused on subgroup analyses and found that the 3-, 5-year PFS and OS rate of EBV DNA-positive group were remarkably lower than EBV DNA-negative group (18.0%±8.4% and 31.0%±9.9% vs. 46.0%±6.4% and 69.0%±6.7%; 18.0%±0.0% and 31%±0.0% vs. 25.0%±9.0% and 55%±8.5%, respectively). Beyond that, EBV DNA-positive subjects were noted to have shorter PFS and OS in sMIPI score 0–5, ECOG 0–1 and LDH ≤ULN groups, indicating that the survivals of MCL patients with EBV DNA-positivity remained shorter even if he or she was classified as low-risk patients. In addition, patients with EBV DNA-positivity would have much worse PFS and OS if he or she was over 60yr and had high WBC.

Dynamic detection of EBV DNA changes is of equal important. In this cohort, a phenomenon raised our attention that patients who responded to treatment well were accompanied with decline of EBV DNA load while those who experienced progressed disease were with elevated EBV DNA copy numbers. Of interest, one of the patients was assessed PR after third cycle of treatment with elevated EBV DNA load at this time. Therefore, we come up with some speculations: (1) Whether EBV DNA load could be incorporated into prognostic index together with sMIPI worth further investigation since circulating EBV DNA level was added into the prognostic index for ENKTL (PINK-E); (2) Whether serial monitoring of EBV DNA quantitation after induction chemotherapy should be carried out regularly and formally based on protocol for all patients; (3) Whether appropriate antiviral therapy should be adopted to improve survivals of MCL patients with EBV DNA positivity since we don’t have any anti-drug to fight against EBV at present.

It must be admitted that the current study has some limitations. Firstly, due to the retrospective nature, information bias exists. Secondly, on account of the low incidence of MCL, a small cohort of MCL patients was enrolled and the numbers of subjects in some subgroups were small, thus some of the results requiring validation in a larger cohort. Thirdly, Chinese population alone without other populations may limit our ability to discover more information. To sum up, pretreatment EBV DNA copy number was an important prognostic and monitoring marker for MCL patients which might be added into the further prognostic index based on large-scale, multi-central and multi-racial prospective studies for MCL patients.

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Figure 5. Kaplan-Meier curves of progressive-free survival (PFS) for different levels of EBV DNA load stratified by age (A), ECOG (B), WBC (C), LDH (D). ECOG, Eastern Cooperative Oncology Group; WBC, white blood cell counts; LDH, serum lactic dehydrogenase.
Competing Interests

The authors have declared that no competing interest exists.

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