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Pathological Mechanism for Delayed Hyperenhancement of Chronic Scarred Myocardium in Contrast Agent Enhanced Magnetic Resonance Imaging

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Abstract

Objectives: To evaluate possible mechanism for delayed hyperenhancement of scarred myocardium by investigating the relationship of contrast agent (CA) first pass and delayed enhancement patterns with histopathological changes.

Materials and Methods: Eighteen pigs underwent 4 weeks ligation of 1 or 2 diagonal coronary arteries to induce chronic infarction. The hearts were then removed and perfused in a Langendorff apparatus. The hearts firstly experienced phosphorus 31 MR spectroscopy. The hearts in group I (n = 9) and II (n = 9) then received the bolus injection of Gadolinium diethylene triamine pentaacetic acid (0.05 mmol/kg) and gadolinium-based macromolecular agent (P792, 15 μmol/kg), respectively. First pass $T_2^*$ MRI was acquired with a gradient echo sequence. Delayed enhanced $T_1$ MRI was acquired with an inversion recovery sequence. Masson’s trichrome and anti-von Willebrand Factor (vWF) staining were performed for infarct characterization.

Results: Wash-in of both kinds of CA caused the sharp and dramatic $T_2^*$ signal decrease of scarred myocardium similar to that of normal myocardium. Myocardial blood flow and microvessel density were significantly recovered in 4-week-old scar tissue. Steady state distribution volume ($AR_1$, relaxation rate) of Gd-DTPA was markedly higher in scarred myocardium than in normal myocardium, whereas $AR_1$ relaxation rate of P792 did not differ significantly between scarred and normal myocardium. The ratio of extracellular volume to the total water volume was significantly greater in scarred myocardium than in normal myocardium. Scarred myocardium contained massive residual capillaries and dilated vessels. Histological stains indicated the extensively discrete matrix deposition and lack of cellular structure in scarred myocardium.

Conclusions: Collateral circulation formation and residual vessel effectively delivered CA into scarred myocardium. However, residual vessel without abnormal hyperpermeability allowed Gd-DTPA rather than P792 to penetrate into extravascular compartment. Discrete collagen fiber meshwork and loss of cellularity enlarged extracellular space accessible to Gd-DTPA, resulting in the delayed hyper-enhanced scar.

Introduction

MR delayed hyperenhancement after administration of extra-cellular contrast agent (CA) such as Gd-DTPA was exclusively associated with scar tissue in chronic myocardial infarction (MI) [1,2]. The accuracy of delayed enhancement imaging in determining scar size was validated with nuclear imaging techniques [3,4]. However, the mechanism for delayed hyperenhancement of scarred MI remains poorly understood. Scar healing after MI is associated with vascular adaption and structural reconfiguration, greatly affecting first pass and delayed distribution of CA. Therefore, to investigate the relationship of CA first pass and delayed enhancement patterns with pathological changes might provide important insight into possible mechanism.

MR delayed enhancement observed after CA injection is affected by the infarct-related artery patency and microvascular obstruction [5,6,7]. After release of prolonged coronary occlusion, restoration of blood flow to infarcted regions is heterogeneous and relevant to differential delayed enhancement patterns in acute reperfused MI. Hyperenhanced regions, mainly located in the periphery of acute MI, display definite restoration of regional blood flow [3,6]. After massive CAs enter into MI region with...
effective reperfusion, loss of cell membrane integrity cannot exclude CA from intracellular space and results in an enlarged distribution volume. Hypoenhancement at the infarct core is closely related to the no-reflow phenomenon, which reveals severe and widespread microvascular obstruction due to erythrocytes stasis, neutrophils accumulation and endothelial cell swelling [7,8]. Consequently, effective delivery of CA into MI regions is the prerequisite for late delayed hyperenhancement. Whether the reestablishment of collateral circulation during scar healing allows for CA into scarred myocardium remains to be clarified.

Equilibrium distribution patterns of CA not only depend on its delivery by blood flow perfusion, but also on the properties of CA, vascular permeability and the size of interstitial space accessible to CA. Myocytes necrosis results in the disruption of cellular membrane, allowing for extracellular CA into intracellular space and creating an increased distribution volume [9,10]. Therefore, myocardial cell injury might be evaluated by extracellular agent. Additionally, myocardial ischemia causes the injury to vasculature and elevates the permeability of capillaries. Intravascular agent is retained within intravascular space in normal myocardium, but leaks into interstitial space and causes a relatively increased distribution volume in MI region [11,12]. Therefore, microvascular damage might be probed by intravascular agent. Scar repairing in chronic MI originates from complete cellular necrosis and ends with marked deposition of collagen matrix. It is unclear whether vascular reconstruction causes hyperpermeability of vessel wall in scar tissue. Therefore, the potential of MRI to provide information about vascular permeability and the accessibility of interstitial space will be determined by the relation of contrast enhancement patterns with the underlying pathophysiology.

Phenyolphosphonate (PPA) distributes only into the extracellular compartment, whereas dimethyl methylphosphonate (DMMP) evenly expands into the entire water space. Both phosphorous-containing compounds have the specific and distinct peak position in phosphorous 31 MR spectra, and intensity of corresponding peak reflects the volume of extracellular compartment and the entire water space. Thus, the ratio of PPA to DMMP signal intensity can reflect the percentage of interstitial compartment to the whole space.

**Materials and Methods**

**Ethics statement**

This study was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of Huazhong University of Science and Technology. The protocol was approved by the Committee on the Ethics of Animal Experiments of Wuhan Union Hospital (Permit Number: 2008037). All surgery were performed under general anesthesia, and all efforts were made to minimize suffering.

**Pig model of chronic scarred myocardium**

Eighteen domestic pigs weighing 20–25 kg were sedated with an intramuscular injection of diazepam (0.4 mg/kg body wt) and ketamine (20 mg/kg body wt). After the induction of anesthesia, pigs were intubated and ventilated with gas anesthesia comprising 1%–2% isoflurane in a mixture of oxygen and nitrous oxide. Using a sterile technique, a lateral thoracotomy was performed at a sterile technique, a lateral thoracotomy was performed at 58%–2% isoflurane in a mixture of oxygen and nitrous oxide.

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**Isolated pig heart preparation**

At the end of 4-week recovery period, animal chest was reopened through median sternotomy under a general anesthesia. The pericardium was opened longitudinally along the midline. The aorta and pulmonary artery, inferior and superior vena cava were dissected and clamped. Cold (−4°C) cardioplegia was infused into aortic root to arrest the heart. The heart was quickly excised and immersed in cold saline solution for instrumentation. The brachiocephalic artery and subclavian artery were cannulated for achievement of antegrade perfusion and measurement of antegrade pressure. A mixture of autogenous blood and modified Krebs-Henseleit solution in 1:1 ratio was used to perfuse the hearts. The concentrations of potassium and magnesium in the perfusion medium were each adjusted in 16 mmol/L to keep hearts quiescent throughout the imaging period.

**Experimental protocol**

Isolated hearts were placed in Langendorff perfusion apparatus positioned in the center of a 7T magnet. The hearts were perfused by mixture of pig blood with K-H solution at perfusion pressure of approximately 60 mmHg. All hearts were subjected to a protocol consisting of 40-min P31 MR spectroscopy and 55-min acquisition of MR imaging. Dimethyl methylphosphonate (DMMP, 20 mmol/L) and phenylphosphonic acid (PPA, 10 mmol/L) were added into perfusion medium. 31P MR spectra were acquired from normal region and scarred myocardium, respectively. DMMP evenly distributes into the entire water space, whereas PPA distributes only into extracellular compartment. Both phosphorous-containing compounds have the specific peak position in 31P MR spectra, and intensity of corresponding peak reflects the volume of extracellular compartment and the entire water space.

In the phase of MR imaging studies, T1- weighted imaging was firstly performed without CA using T1-weighted inversion-recovery (IR) turbo fast low-angle shot (turboFLASH) sequence. Afterwards, hearts received the bolus injection of either 0.05 mmol/kg of Gd-DTPA (group I; n = 9) or 15 µmol/kg of P792 (group II; n = 9), respectively. To prevent air-tissue interface artifact on T2 *- weighted imaging, the pig heart was immersed in the perfusate during images studies. The effect of CA on T2 * signal intensity during its first passage through myocardium was monitored using a gradient-recalled echo (GRE) fast low-angle shot (FLASH) sequence. The CA delayed enhanced T1 imaging was conducted at 5 different time points with 10-minute time interval after CA administration with a T1 -weighted IR turboFLASH sequence.

Following the MR imaging studies, perfusion was maintained as during MR imaging and the hearts were injected with colored microsphere to assess regional myocardial blood flow. Hearts were removed from perfusion line and sectioned into slices according to scout imaging to ensure a correlation to MR imaging. The slices were used to perform microsphere analysis and histological examination.

**Colored microspheres and histochemical staining procedure**

At the end of each experiment, approximately 5 × 10^6 to 8 × 10^6 nonradioactive red-colored microspheres (13 ± 1.9 µm diameter, suspended in 2 ml of saline solution) were injected through the aorta. Arterial reference samples were withdrawn simultaneously from the ascending aorta at a constant rate of 3 ml/mm for 3 min,
starting 1 min before injection of the microspheres. Hearts were removed and sectioned into short axis slice from base to apex. Alternating sections were used for histochemical staining, with the opposing side used for colored microsphere analysis. Sections for histochemical staining firstly were stained by 2% TTC solution and photographed under room light to determine the infarct region. Following TTC staining, there sections were separated into the infarcted scar tissue and normal myocardium, which were frozen by immersion in liquid nitrogen. 5 µm-thick slices from two kinds of myocardium were stained with hematoxylin and eosin. Masson's trichrome stain was used to define scarred myocardium. Pie – shaped sample was collected from normal regions and infarct scar. Positive TTC staining in the matched, opposing sections and thinning of ventricular wall can be thought to be the index of infarcted region. The average weight of each sample was approximately 0.5 g. After collection, tissue and blood sample were digested. The numbers of microspheres in the samples were counted using a spectrophotometer at a wavelength of 536 nm.

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Immunohistochemical staining for von-Willebrand Factor (vWF)

The endothelial cell and angiogenesis were traced by antibody to vWF (Sigma, St. Louis, MO, USA). Tissue sections were fixed with 4% paraformaldehyde for 10 minutes at room temperature, washed three times with PBS containing 0.3% Triton X-100, and blocked with 2% goat serum and 1% bovine serum albumin (BSA) for 30 minutes at room temperature. Slides were then incubated with primary antibodies against vWF for 1 hour at 37°C. After three washes with PBS, slides were incubated with Alexa Fluor 594-conjugated goat anti pig IgG (Invitrogen, Invitrogen, Carlsbad, CA, USA) for 45 minutes at 37°C. After three more washes with PBS, the slides were stained for nuclei with 4’,6-diamidino-2-phenylindole (DAPI, Sigma). The slides were observed by a Carl Zeiss fluorescence microscope. Microvessels were counted in at least three random fields under a fluorescence microscope. The vWF-positive capillaries were counted and the microvessel density was expressed as counts per mm².

31P MR spectroscopy

31P MR spectroscopy was performed on a 7-Tesla magnet equipped with a Biospec spectrometer (Bruker, Karlsruhe, Germany). A MR surface coil with 1.5 cm of diameter was firstly positioned over chronic scarred region. Then the surface coil was moved to normal myocardium of LAD region. The P31 MR spectra were therefore acquired from normal myocardium and infarcted scar region, respectively.

MR signals (free induction decay, FID) were obtained by use of a hard pulse with a pulse length of 75 µsec and a repetition time of 2 sec. Six FID signals were accumulated for each 31P MR spectrum. Thus each spectrum was averaged over a 2-minute sample time.

The observed phosphorus compounds included DMMP, PPA, inorganic phosphate (Pi), phosphocreatine (PCr), three peaks (α, β, γ) of adenosine triphosphate (ATP).

Magnetic resonance imaging

MR imaging studies were performed on a similar 7T, 40 cm horizontal bore magnet. MR images were acquired with a Helmholtz coil. Scout images were acquired to locate long axis, from which three parallel short-axis slices were prescribed.

Monitoring of T2 \(^*\) signal intensity was performed using a FLASH gradient echo sequence during the first pass of CA. Gradient echo sequence parameters were as follows: matrix: 120×120; field of view: 120×120 mm; slice thickness: 3 mm; flip angle: 8°, echo time: 15msec; acquisition time: 1815.16msec; repetition time: 20msec. All MR images were acquired from the arrested heart to eliminate motion artifact.

Regular T1-weighted images were acquired with a TurboFLASH inversion-recovery sequence. Nine T1-weighted images were obtained with nine different inversion times (10, 100, 200, 400, 700, 1200, 2000, 5000 and 10,000msec) to measure T1 relaxation time and calculate AR1 relaxation rate. All T1 images were acquired from a 5 mm thick slice with a 120×120 mm field of view and imager matrix size of 128×128.

Data analysis

31P spectra were analyzed using 1D-WINNER (Bruker, Karlsruhe, Germany). The ratio of extracellular volume to the entire water volume was obtained from dividing DMMP intensity peak by PPA intensity peak. MR imaging data were processed using Marevisi software package (NRC-Institute for Biodiagnostics, Winnipeg, Canada). Round, hand-drawn regions of interest (ROIs) were created by correlating the MR images to the TTC-stained references.

T2 \(^*\) time intensity curves were obtained from 50 consecutive perfusion images using the Marevisi software. For one slice, two curves for scarred and normal myocardium were generated to represent the characteristic passage of CA. T1 relaxation time with or without CA was measured according to T1 imaging acquired with nine different inversion time in scarred and normal myocardium. Distribution volume of CAs was expressed as AR1 relaxation rate (1/T1 after contrast administration – 1/T1 before contrast administration).

Statistical analyses

All numerical results were presented as mean ± standard deviation. Statistical analysis was performed using Statistica (Statsoft Inc, Tulsa, OK). Differences in signal intensity and AR1, relaxation rate between normal and scarred myocardium at specific time points were analyzed by Bonferroni’s t test. The changes over time of signal intensity and AR1, relaxation rate obtained from scarred myocardium were compared with the patterns obtained from normal myocardium by repeated measures analysis of variance (ANOVA). Moreover, differences in these values determined by histology and spectroscopy were studied by means of a paired t test. A value of p<0.05 indicates statistical significance.

Results

First pass kinetics and MR perfusion imagings of extravascular or intravascular CA

Baseline T2 \(^*\) signal intensity (SI) of scarred and normal myocardium did not differ significantly: 98.2%±2.5% versus 99.2%±3.1% of initial intensity. Wash-in of Gd-DTPA resulted in a great extent of T2 \(^*\) signal decrease in scarred myocardium (from 98.2%±2.5% to 23.7%±13.1%) (Figure 1a), even though peak T2 \(^*\) SI in scarred myocardium was higher than that in normal myocardium (23.7%±13.1% versus 17.8%±6.8%). Moreover, there wasn’t time difference in peak effect or decline of T2 \(^*\) SI between scarred and normal myocardium (Figure 1a). Therefore, the extent of T2 \(^*\) signal hypoenhancement in scarred myocardium was equivalent to that in normal myocardium at T2 \(^*\) wash-in and peak imagings of Gd-DTPA (Upper Panel, Figure 2).
The magnitude of $T_2^*$ signal loss caused by wash-in of P792 in scarred myocardium was comparable to that in normal myocardium (Figure 1b). No delayed transit was observed in scarred myocardium. Thus, there was not difference in $T_2^*$ signal decrement between normal and scarred myocardium at $T_2^*$ wash-in and peak imagines of P792 (Lower Panel, Figure 2). These suggest that low and high molecular weight CAs both can be effectively delivered into scarred myocardium.

The ratio of extracellular volume to the entire water space in normal and scarred myocardium

Normal myocardium was stained brick red, whereas scarred myocardium wasn’t completely stained by TTC (Figure 3a). $^{31}$P spectra acquired from scarred myocardium displayed a more striking PPA peak and a negligible ATP peak relative to normal myocardium (Figure 3b). The ratio of extracellular volume to the entire water volume was significantly greater in scarred myocardium (0.66±0.03) than in normal myocardium (0.41±0.04) (Figure 3c). These suggest that extracellular volume is significantly enlarged in scarred myocardium. The ATP content was 26.4±3.01 a.u in normal myocardium, whereas scarred myocardium contained almost no ATP (3.71±1.34 a.u) (Figure 3d). This further demonstrates that $^{31}$P spectra were exclusively obtained from scarred myocardium.

Distribution volumes and delayed enhanced MR imagings of extravascular and intravascular CA

After the administration of Gd-DTPA, the $D_{R1}$ relaxation rates of scarred myocardium ranged from 5.4±0.7 to 4.3±0.2 for different time points postinjection of Gd-DTPA and were significantly greater than those of normal myocardium, ranging from 3.6±0.4 to 2.9±0.3 (Figure 4a). Therefore, scarred myocardium exhibited the significant hyperenhancement compared with normal myocardium in Gd-DTPA enhanced $T_1$.
Figure 3. Representative $^{31}$P spectra acquired from scarred and normal myocardium. $^{31}$P spectra from scarred myocardium exhibited a more striking PPA peak (the extracellular compartment) as compared with normal myocardium (a and b). The ratio of extracellular volume to the entire space was significantly greater in scarred myocardium than in normal myocardium (c). The ATP content was substantially lower in scarred myocardium than in normal myocardium (d).

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Figure 4. ΔR1 relaxation times measured after the administration of Gd-DTPA (a) and P792 (b). Administration of Gd-DTPA was associated with a higher ΔR1 relaxation time of scarred myocardium compared to normal myocardium, whereas there was not difference in ΔR1 relaxation time between scarred and normal myocardium post injection of P792.

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Myocardial blood flow and microvessel density

After the administration of P792, the $\Delta R_1$ relaxation rates of scarred myocardium were not significantly different from those of normal myocardium for different times post injection of P792 (Figure 4b). Thus, homogeneous hyperenhancement was observed within scarred and normal myocardium after the administration of P792. Upper panel: Gd-DTPA enhanced T$_1$ imaging; Second vertical line: T$_1$ imaging 5 min post injection; Third vertical line: T$_1$ imaging 15 min post injection; Fourth vertical line: TTC stained section.

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and 1.18±0.14 in scarred and normal myocardium, respectively. Myocardial microvessel densities were 197.6±55.3 and 248.1±49.6 vessels/mm² in scarred and normal myocardium, respectively. Other investigators also have demonstrated that the pig develops a significant collateral network and exhibits a substantial increase in collateral blood flow after 3–4 weeks of gradual coronary artery occlusion [14,15,16]. Similar animal model as our study displayed that collateral blood flow was increased dramatically at 4 weeks after permanent coronary occlusion compared to the onset of acute occlusion [17]. Clinical human study also have indicated that well-developed collateral vessels are rarely present at the time of infarct and are manifest with the well visualization of vessel distal to occlusion in angiogram within 2 weeks after permanent occlusion of diseased artery [18]. Therefore, the gradual establishment of collateral circulation might be direct reason for the buck of CAs to flow into scarred myocardium. Coronary collateral vessels originated principally from the branches of other coronary artery or extracardiac artery mainly involving the internal mammary arteries and the bronchial arteries [16]. Maturation and growth of collateral vessel serve as the chief avenue from the other coronary artery to scarred myocardium, typically, bridging across the occluded coronary artery. In addition, our histological staining of scar tissue showed that dilated vessels could be seen frequently within the infected scar tissue. Although the bulk of capillaries of infected myocardium disappeared due to ischemic necrosis, many dilated vessels seemed to persist in scarred myocardium [19].

The relative distribution volume of CAs in the tissue can be estimated from the relative change (Δ) in the longitudinal relaxation rate (R_L) [ΔR_L = 1/T_1 before contrast administration - 1/T_1 after contrast administration] [11,20]. We found that ΔR_L relaxation rate of Gd-DTPA (small molecular weight) was significant higher in scarred myocardium than in normal myocardium. This observation is in agreement with several prior studies. Flacke et al demonstrated that the distribution coefficients (λ) of Gd-based contrast in chronic infarction were significantly elevated as compared with those in normal myocardium [21]. Rehwald et al demonstrated that Gd-DTPA concentrations were increased in the infected scar tissue in comparison with normal myocardium using electron probe x-ray microanalysis [22]. Conversely, there was not a significant difference in ΔR_L relaxation rate of P792 (large molecular weight) between scarred and normal myocardium. Saeed et al also found that intravascular CA did not produce the delayed hyperenhancement of 8-week-old scar tissue [23]. The absence of delayed enhancement in chronic infarctions after intravascular CA can be attributed to the intact permeability of remodeled vessel which retains intravascular contrast. More importantly, 31P spectra in conjunction with chemical marker of cellular compartment (DMMP and PPA) found that ratio of extracellular volume to the entire water volume was significant higher in scarred myocardium than in normal myocardium. Therefore, delayed enhancement of scar should be attributed to the increased extracellular volume percentage and the enlarged distribution volume of Gd-DTPA.

Striking reduction in cellularity enlarges percentage of the extracellular volume in scarred myocardium. Permanent coronary occlusion produces sudden and total interruption of blood and oxygen supply to cardiomyocytes, resulting in extensive cardiomyocytes necrosis achieved by coagulation necrosis and myocyteosis [24]. As a result, histological section of scarred myocardium demonstrated that cardiomyocytes had almost completely vanished at 4 week post infarction. Myocytes density declines abruptly from 98% preinfection to 9.8% after 1 week and 2.7% after 3 weeks post-infarction in the infected region [19]. Additionally,
extensively extracellular matrix deposition is believed to be another critical reason for the increased percentage of extracellular volume. Fibrillar collagen content in the developing scar tissue increases steadily over the first few weeks after myocardial infarction, reaching a plateau after 4 weeks or more post-infarction [25,26]. Subsequently, accumulated collagen gradually deposits into the network of collagen fibers. Most of collagen fibers are typically oriented almost parallel to the longitudinal direction of the original myofiber bundles [27,28]. Other studies have shown that a small amount of collagen fiber is usually aligned at some oblique angle in the longitudinal direction [29]. Consequently, scarred myocardium consists largely of three-dimensional structural framework of fibrosis collagens to which discrete matrix components are attached [30,31]. Our histological staining section clearly indicated that scarred myocardium was deficient in cellularity and mainly comprised discrete matrix deposition. Although increased extracellular volume percentage is mainly responsible for enlarged distribution of CAs, it cannot be neglected that capillary permeability is also the critical factor to affect the distribution of CA. Different from Gd-DTPA, distribution volume of P792 in scarred myocardium didn’t differ from that in normal myocardium, indicating that the macromolecular CA was still retained within intravascular space. Therefore, the permeability of vessels within scarred myocardium is comparable to that of normal myocardium, permitting free diffusion of Gd-DTPA rather than P792 into enlarged interstitial space of scarred myocardium.

Delayed enhancement occurs for both acute (necrosis) and chronic (scar) myocardial infarction after the administration of Gd-DTPA [32]. The mechanism responsible for the delayed hyper-enhancement of myocardial infarction has been widely and extensively studied in prior investigations. However, most prior studies have focused more on acute infarction than chronic infarction. Delayed enhancement in acute infarction can be attributed to the increased extracellular space consequent to the loss of cell membrane integrity, which allows the contrast molecule to enter the myocyte intracellular space [33]. As infarction evolves, the necrotic myocytes were replaced by a dense fibrous scar with remodelled vessels. The pathological alterations of acute and chronic infarction differ considerably, thus the enhancement patterns in acute and chronic infarction might also be different. The delayed hyper-enhancement of chronic infarction is mostly due to remodelled microvessels supporting contrast transportation and the relatively large extracellular matrix of the developed scar allowing contrast accumulation.

In summary, MR contrast agents are able to enter the scarred myocardium as a consequence of newly formed collateral flow and remaining vessels of dilation within scar tissue. Microvascular permeability within scarred myocardium allows extracellular rather than intravascular CAs to leak into interstitial compartment. The striking decrease in cellularity and extensively discrete matrix deposition provide the enlarged extravascular space for extracellular CAs. Therefore, scarred myocardium exhibits hyperenhancement in Gd-DTPA enhanced T₁ imaging, whereas administration of P792 causes the homogeneous enhancement in regions of scarred and normal myocardium.
Author Contributions

Conceived and designed the experiments: JW GT. Performed the experiments: JW BX HL. Analyzed the data: H-YL. Contributed reagents/materials/analysis tools: DF RCA. Wrote the paper: JW.

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