ABSTRACT: In this decade, paper-based microfluidics has gained more interest in the research due to the vast applications in medical diagnosis, environmental monitoring, food safety analysis, etc. In this work, we presented a set of experiments to understand the physics of the capillary flow phenomenon through paper strips. Here, using the wicking phenomenon of the liquid in porous media, experimentally, we find out the capillary height of the liquid in filter paper at different time intervals. It was found that the Lucas–Washburn (L–W) model, as well as the evaporation model, fails to predict the capillary rise accurately. However, the detailed numerical solution shows a better similarity with the experimental results. We have also shown the different regimes of the wicking phenomenon using scaling analysis of the modified L–W model. The capillary rise method was applied to detect the added water content in milk. We used milk as a liquid food and found the added water content from the change in the capillary height at different concentrations of milk. Finally, results obtained from the paper-based device were verified with the commercially available lactometer data.

INTRODUCTION

Over the last few decades, microfluidics has been attracting increasing research interest due to the widespread applications in science and technology. Microfluidics deals with the study of fluid manipulation in microchannels. Open surface microfluidics, specifically droplet-based microfluidics, is a subgroup of classical microfluidic studies. Different types of open surfaces are used in microfluidic applications such as metal,\textsuperscript{1} plastic,\textsuperscript{2,3} paper,\textsuperscript{4} fabric,\textsuperscript{5,6} etc. Paper-based devices have various applications in the field of healthcare diagnosis, environmental monitoring, food quality control, biomedical applications,\textsuperscript{6–10} etc. Whatman filter paper is used in most of the research studies because it is easily available, cheap, thin, lightweight, disposable, biodegradable, and easy to store and transport.\textsuperscript{11} In 2007, Whitesides and his group\textsuperscript{1} first used paper as a microfluidic device. They also came up with new fabrication processes and different bioassay identification techniques using a paper microfluidic device.\textsuperscript{12–15} Liquid manipulation is important for making a paper-based device, and it can be easily controlled in a porous substrate by making patterned (hydrophilic–hydrophobic) surfaces. Chatterjee et al.\textsuperscript{16} showed the lateral and transverse transport of liquid experimentally on a paper-based substrate using wettability patterning. Using the concept of liquid manipulation by making patterned surfaces and colorimetric reactions, paper-based microfluidic devices were used to detect contamination in liquid foods such as lime juice, orange juice, tea, drinking water, whiskey, wines, etc.\textsuperscript{18–20} A liquid can easily flow through the gaps in porous media without using any extra energy due to the inherent capillary action. Darcy\textsuperscript{21} first investigated the flow of liquid in porous media experimentally. In 1921, two researchers established a relationship between the capillary height and rising time of a liquid in porous media popularly known as the Lucas–Washburn (L–W) equation.\textsuperscript{22} Using the concept of the L–W model, various studies had been done to understand the physics of liquid wicking in porous media. The L–W model scales the liquid wicking distance (x) with time (t) as \(x \sim t^{1/2}\). However, this model failed to predict the experimental results of the liquid wicking phenomenon in porous media for a long time interval. Schoelkopf et al.\textsuperscript{23} observed the deviation of the L–W model in the case of liquid imbibition through porous media. They also concluded that in a very short time interval, the inertial effect dominated the capillary flow considering no change in the surface properties and geometry. Fries et al.\textsuperscript{24} modified the L–W model for wicking of highly volatile liquids in porous media, including the evaporation effect. They found a good agreement between the experimental and analytical data through a modified analytical model.
The experiments were compared with those from the commercially available lactometer to measure its accuracy. To the best of our knowledge, we have shown for the first time the detailed numerical solutions for the capillary rise of liquid in a paper-based substrate and compared with the experiments and analytical methods for milk. This method can be used efficiently for other liquid foods or even chemicals to identify the amount of water.

## RESULTS AND DISCUSSION

In this study, we observed the capillary flow of water and milk in a paper strip. Two properties that lead to liquid flow in porous media are wettability and wicking. Due to wettability, first the porous surface wets and helps the liquid to wick through the porous media. Due to the effect of negative capillary pressure, the wicking of liquid occurs in porous media spontaneously. Although paper consists of randomly oriented fibers, Lucas—Washburn first model the wicking phenomena by considering paper as bundles of capillary tubes. Darcy explained the wicking phenomena in porous media by considering a single-phase and a two-phase flow. These mathematical models were developed by solving the conservative equations considering the effect of different forces such as pressure, inertia, viscosity, and gravity. The details of the capillary flow models are described in the Experimental and Numerical Procedures section. The results of capillary rise from the experimental study, numerical modeling, and analytical models were compared in water and milk. The effect of different concentrations of milk on the capillary rise was analyzed to identify the added water content in the milk sample. Last, we observed the paper strip prediction and that of the lactometer for finding the amount of dilution in milk.

**Capillary Rise of Water in a Paper Strip.** In Figure 1a, we show the capillary rise of water in a 20 mm width filter paper using the L—W model, evaporation model, numerical simulation, and experiments. Here, we used capillary radius \( R_s \) as half of the pore diameter (25 μm) that is given by the manufacturer. However, the experimental results do not match with the numerical results. Ravi et al. described a method to find out the capillary radius using the capillary pressure generated by reference liquids and a test liquid as \( n \)-hexane and water, respectively. Masoodi et al. described another method of finding the capillary radius of porous media, which we used and modified the capillary radius. They used different polymer wicks and different liquids to perform wicking experiments. By balancing the upward suction force and downward gravitational force, the capillary radius can be expressed as

\[
R_c = \frac{2 \gamma \cos(\theta)}{\rho g L_{ss}}
\]

(1)

where \( R_c \) is the capillary radius, \( \gamma \) is the surface tension of the liquid, \( \theta \) is the static contact angle, \( \rho \) is the density of the liquid, \( g \) is the gravitational acceleration, and \( L_{ss} \) is the saturated capillary rise height. Using these values of \( R_c \) from eq 1, we modified the numerical results. The modified results of liquid wicking for a 20 mm width paper strip are shown in Figure 1b. It can be seen that after modifying the capillary radius, the prediction of the simulation matches very well with the experimental findings.

The average capillary rise at each time interval for different width paper strips was found by performing multiple experiments. Experimental results of the capillary rise were
In Figure 1e, we compared the capillary rise height of pure water using different strip widths at a different time interval. Zhong et al. and Jafry et al. showed that there is no effect of paper strip width on liquid wicking if the strip width is minimal. They found that in the range of 1.2−2 mm width of the paper strip, the variation of liquid velocity is minimal. In eq 13 also, there is no effect of strip width because of considering an infinite width strip. However, it is clear from Figure 1e that the capillary rise is increasing with an increase in the width size. Due to the wider strip, the boundary effect is less than that in the thinner strip. In the side boundaries, the presence of the solid−air interface causes stronger viscous resistance due to the downward surface tension force. Therefore, if the strip is wider, the resultant surface tension force is lower compared to that in a thinner strip. Also, in the case of a wider strip, more amount of liquid is sucked into the strip. Due to more volume, the liquid spreads more, and the height is increased. In Figure 1f, we show the effect of width size on capillary rise using numerical simulation. It is clear from the figure that on increasing the width size, the height is increasing because of less boundary effect. In Figure 1f, we can see that there is almost negligible change in the height in the case of 15 and 20 mm width paper strips. Therefore, from this, we can conclude that if the strip width is more than 20 mm, the boundary effect is negligible. In Figure 2a, it can be seen that for the first few seconds, $h \sim t$. In the initial phase of imbibition, the inertial force balances the capillary force, and an inertial regime (Regime I) of flow is observed. From the scaling of inertial and capillary forces, it can be shown that

$$h \sim \left(\frac{2f}{\rho R_c}\right)^{1/2} t \tag{2}$$

The other two regimes of liquid imbibition are shown in Figure 2b. Regime II is the Lucas−Washburn (L−W) regime, and the scaling of viscous and capillary forces gives $h \sim t^{1/2}$. It can be seen from Figure 2b that the trend of Regime II matches very well with the L−W prediction. In the last part of the imbibition process, gravity dominates the spontaneous spreading of liquid on the paper strip. In Regime III, the capillary height can be calculated using eq 20, which is discussed later. It can be seen from Figure 2b that the trend of Regime III matches very well with the L−W prediction, including the gravity term. The objective of showing the analytical results for the viscous and capillary effect (in Regime II) and gravity effect with the L−W...
model (in Regime III) in the secondary axis is to show the trends of the regimes. The figure clearly shows the trend of the experimental values, and the analytical results match well, although from Figure 1, it is clear that the experimental values and the L−W predictions do not match.

**Capillary Rise of Milk in a Paper Strip.** Milk contains more than 80% of water. Therefore, milk can also smoothly flows through porous media. We performed a similar experimental, analytical, and numerical study of milk wicking in a paper strip. The comparison of these studies was made for a commercial milk (Amul milk) considering a 20 mm paper strip. In Figure 3a, we can see that the L−W model data and

![Figure 3](image-url)

Figure 3. (a) Comparison of capillary rise of Amul milk with a 20 mm width paper strip, showing the different results from the L−W model, evaporation model, and COMSOL simulation and comparison with experimental data. (b) Comparison of the experimental and analytical data using the scaling of the L−W model considering only the viscosity effect in Regime II and gravity effect in Regime III. The predicted values of the L−W model and L−W with gravity are shown in the secondary axis to confirm the data trend. It can be seen from (a) that the analytical data fails to predict the experimental results.

...evaporation model data deviate more from the experimental results. The reason is the same as explained earlier. The evaporation model data is more close to L−W model data because the evaporation rate is less in the case of milk. The different values of the parameters that are used in the case of milk are listed in Table 1.

**Table 1. Parameters Used for Milk Testing**

| name                        | value               |
|-----------------------------|---------------------|
| surface tension             | 0.049 N/m           |
| capillary radius            | 0.160 mm            |
| density of milk             | 1030 kg/m³          |
| viscosity of milk           | 17.9 × 10⁻³ Pa·s    |
| milk saturated pressure     | 4242.85 Pa          |
| latent heat of vaporization | 16 173.25 kJ/kg     |

The simulated data for the capillary rise of milk also does not exactly match the experimental results. All of the properties of the milk are considered as fixed. However, milk is an emulsion and colloidal properties are required to model for better prediction of the behavior of milk. The microscopic behavior of the milk wicking phenomenon is difficult to predict by numerical simulations. There is a possibility of blocking of the pores of the paper strip due to the solid content (10−15%) of the milk. Even the multiphase simulation approach may be required, which is the future scope of the current work. Therefore, the deviation of the experimental and simulation data is expected. However, the trend is almost similar to that of the experiments. In Figure 3b, different regimes of imbibition are shown. The inertia-dominated Regime I is not shown here. As explained earlier, Regime II is the viscous-force-dominated regime and follows the trend of L−W law where \( h \sim t^{1/2} \). Regime III is the slow gravity-dominated regime. It can be seen from Figure 3b that the scales for both the regimes match very well with the experimental data. A detailed description of the experimental processes for identification of the water content in milk is discussed in the next section.

**Water Content in Milk.** For finding the added water content in the milk, we used a paper strip whose schematic is shown in Figure 4a. We used hydrophobic ink to make barriers in the side boundaries for making the flow more controlled, and we put the scale bar on the hydrophobic barriers (flow width is 10 mm). There is an effect of hydrophobic barriers on the rising height because of an increase in viscous resistance. Hong et al., described a detailed study on the effect of the wax barrier in the case of wicking height. Jafry et al., discussed a comparative study of the barrier effect. They used Whatman filter paper grade 1 and made a hydrophobic barrier using wax and SU-8. We used a commercially available Amul milk as a sample and measured the capillary height with respect to time. Then, we added different volumes of water in the pure milk and found the changes in capillary heights. Due to the increased amount of water, the capillary height is also increased. After multiple experiments, we took the average values of heights at different time intervals and mark them for detection of 25, 50, and 75% added water. In Figure 4b, we can see the changes in the capillary rise at different milk concentrations.

![Figure 4](image-url)

Figure 4. (a) Schematic of the paper strip for measuring the capillary height. (b) Change in the capillary height due to change in the water concentration at four different time intervals. Four different colors are showing the different concentrations of added water at a particular time. With the increase of the water concentration, the capillary height is also increased.

We used a commercially available lactometer to compare our results for checking the accuracy of the paper-based detection technique. We calibrated the lactometer using samples of varying concentrations of Amul milk using 0, 25, 50, and 75% added water. We noted down the change of height in the paper strip and lactometer for different concentrations of milk. Paper strip data are taken at a fixed time interval for all of the four different concentrated milk samples. From these successive experimental results, we plotted a graph between the height and % of water content for the lactometer and paper strip. We used those data as a reference and fitted a second-order polynomial curve to the reference values with a regression of 0.9937 for paper and 0.9975 for the lactometer. The equations of the calibration curves are \( y = 1.28x + 0.208x + 2.372 \) and \( y = 1.1429x^2 + 28.857x + 0.1429 \) for the paper strip and lactometer, respectively, where \( y \) represents the capillary height and \( x \) represents the % of added water content in the milk sample. Further, we used these equations of the fitting curves to find out the added water content in milk. We measured the readings from the paper strip as well as from the lactometer for...
samples with random volumes of water and put these in the fitting curve equations. The comparison of both the readings is shown in Figure 5. From the figure, it is clear that the predictions of the paper strip and the lactometer are close to the original added water content. The maximum deviations of the predicted readings from the actual readings in the case of lactometer and paper strip are 34.7 and 16.2%, respectively.

**CONCLUSIONS**

Despite the considerable amount of literature on the capillary rise of liquid on a porous substrate, the analytical models are not able to predict the capillary rise on the paper-based substrate accurately. In this work, we discussed the wicking phenomenon of liquid in Whatman grade 4 filter paper. We explained the physics of the well-known capillary rise of water on the paper-based substrate through experimental results, simulations, the L–W model, and the evaporation model. Apart from the fundamental understanding of the capillary rise of liquid on a porous substrate, this work demonstrates a method for practical applications. The present hydrodynamic model can be modified to study more complex phenomena. Some examples are the evaporation effect during the spreading of a volatile liquid, liquid imbibition in soil, thermal characteristics during the spread of liquid, etc.

Along with the fundamental understanding, the concept of capillary rise in porous media is used to detect contamination in liquid foods such as milk with water. We measured the changes in capillary heights due to the different concentrations of milk. The technique mentioned above of detecting water content using the paper-based substrate can pave the way for identifying adulterants in any liquid food sample like oil, liquor, etc. A similar process can be used for determining the liquid components in chemical mixtures.

**EXPERIMENTAL AND NUMERICAL PROCEDURES**

**Materials.** Whatman filter paper (grade 4) is used in this study. We cut it into different rectangular shapes. We have used a screw gauge to measure the thickness of the paper. As liquid samples, we have used deionized water and commercially available Amul milk (3.1% fat content). Experiments were performed in a controlled environment of known temperature (26 ± 1 °C) and relative humidity (70%). The properties of the materials such as density and pore size were taken from the standard chart. Few other properties such as porosity, permeability, capillary radius, thickness of paper, viscosity, and surface tension of the sample, etc. were measured by performing experiments, which are discussed later. The different values of all of these properties are mentioned in different tables in this paper.

**Experimental Study.** For performing the control experiments, the paper strip must be held in a vertically upward direction. To hold the paper, we made a setup as shown in Figure 6a. The holding setup is made of aluminum. It has a rectangular base and two rectangular blocks, which are connected perpendicularly to the base. Of these two blocks, one is fixed to the base and one is connected to a lead screw. With the help of the lead screw, one block can move up and down for the purpose of adjustment of the paper strips. We attached small rectangular iron plates on the aluminum block using screws. Small magnets are used to hold the paper strips on the iron plates. We attached a scale bar with the paper strips to measure the capillary height. The samples are taken in a measuring jar and put at the bottom of the paper strip. The scanning electron microscopy (SEM) image of Whatman filter paper grade 4 is shown in Figure 6b. For taking videos and photos, we used a DSLR camera (Nikon D750), which is held in front of the setup. A level is marked in the paper strip indicating the level of dipping of the paper strip in the sample. We moved the lead screw slowly downward and stopped when the paper strip mark touched the sample surface. Then, we started the timer and took reading at different intervals of time. The maximum error in taking the readings was ±1 mm. The uncertainties of the measured values are listed in the Table 2. We have considered 99% confidence level to determine the

![Figure 5](https://dx.doi.org/10.1021/acsomega.0c02407
ACS Omega 2020, 5, 22931−22939)
errors in the measured values. The viscosity of the liquid samples is measured using a viscometer (DV-II, Brookfield), and the surface tension is measured using a goniometer (Attension Theta, Biolin Scientific). Brookfield viscometers work on the rotational viscometry principle. By measuring the torque required to rotate a spindle at a constant speed in a fluid sample, the viscosity can be measured because the torque is proportional to the viscous drag. To measure the surface tension, we used the pendant drop method. Using a needle, we make a pendant drop in front of the light source in the goniometer setup. The shape of the drop depends on the surface tension force and gravitational force. We have performed multiple experiments of capillary rise of liquid with different width size (5, 10, and 20 mm) paper strips. The repeatability of the experimental data of all of the three different width paper strips is shown in Figure 7. The different time intervals are shown on the X-axis, and the capillary rise is shown on the Y-axis. With time, the capillary height also increases. We took reading up to 10 min and move the lead screw upward until the paper strip separated from the sample. We took five repeated data of capillary rise for each paper strip under the same operating conditions. The maximum deviation (Δ = (max − min)/max) × 100%) between the highest and the lowest value of height is found to be less than 10% in each case of the paper strip. We measured the capillary height using a standard scale attached to the paper strips. We have followed the process to make our measurements comparable with the lactometer reading (mentioned earlier). To test the accuracy of the method, we have also employed an image processing technique to measure the capillary length. For image processing, we converted the recorded video into images. The image was then converted from RGB to a grayscale image, and then it was further processed to remove any additional noise from it. The filtered grayscale image was later converted into its complementary form to make it easy to distinguish the milk rise from paper. Finally, the edges were detected from the cleaned complementary image using the Canny edge detection method, and the height was measured with the help of a reference scale. For example, the height measured using the image processing technique was 1.38 cm, whereas the scale height was 1.4 cm. Thus, the overall error estimated after multiple experiments and comparing it with the corresponding image processing results was around 1.5%. From these sets of experiments, we can conclude the excellent reliability of the experimental system and proceed with further investigations.

We also performed two different experiments to find out the porosity and permeability of the filter paper. Porosity is the ratio of the empty space volume inside the porous media and the total volume of the porous media. It can vary between 0 and 1. Experimentally, we measured the porosity of Whatman filter paper grade 4. Here, we used the gravimetric test method to find the mean porosity of the filter paper applying eq 3 as described in the literature.29,38

$$\epsilon = \frac{m_{sat}}{\rho A_w L_{ws}}$$  

(3)

where $\epsilon$ is the porosity of filter paper, $m_{sat}$ is the mass of the water soaked by filter paper in a saturated condition, which was determined using a weighing balance (Pioneer, Ohaus), and $A_w$ is the cross-sectional area of the filter paper. For measuring the porosity, we cut the filter paper in a rectangular shape with different widths as 5, 10, and 20 mm. We have carried out five experiments for each of the paper strips. For finding $m_{sat}$, we measure the weight of the filter paper before and after the experiment and took the difference between the two readings. After performing multiple experiments, we got an average porosity value as 0.776, which is comparable with the earlier measurements of porosity for Whatman grade 4 filter paper.40–42

In porous media, the liquid flow is dependent on its permeability value. Permeability is the measurement of the ability of liquid flow through porous media. We used eq 4 to find out the permeability of Whatman filter paper grade 4. Experimentally, we obtained the unknown values of eq 4

$$\ln \left(\frac{x_0}{x} \right) = \frac{K \rho g R_c^2 t}{\mu L_w R_s^4}$$  

(4)

where $x_0$ is the initial height of the water head in the syringe, $x$ is the final height of the water head, $K$ is the permeability of the paper, $\mu$ is the dynamic viscosity of the liquid sample, $R_c$ is the radius of the cylindrical filter paper, $L_w$ is the height of the cylindrical paper, and $R_s$ is the radius of the syringe. Equation 4 is based on the falling head method used by Masoodi et al.29

In the falling head method, permeability can be measured from the change in water head with respect to time. In this test, liquid flows through a porous medium from a source that provides the water head. With time, the water head of the source is decreased. Here, we used a syringe as a source and a filter paper (Whatman grade 4) as a porous medium. At the tip of the syringe, the paper is connected, through which the liquid can flow. We filled the syringe with water and marked a level to start. The time taken for the water head to fall by 5 mm is noted. The similar way multiple readings are taken by changing the length of the filter paper. Scale and screw gauges were used to measure all of the lengths and the diameters. From our experiments, we obtained an average permeability value of 8.67 × 10⁻¹² m², which is comparable with the earlier results of permeability for Whatman grade 4 filter paper.40,41

Further, we...
have used the same values of porosity and permeability in the numerical modeling.

**Numerical Modeling.** A finite element method (FEM) is used to solve the numerical problem using a COMSOL multiphysics environment. Three different physics interfaces from the porous media and the subsurface flow module are used to solve the problem. To describe the fluid movement through the porous medium, we added Darcy’s law interface. This physics interface can be used for the flows with low velocity, where the pressure gradient is the primary driving force. The viscous resistance force in pores is the primary counterforce in this physics. The shear stress in the side boundaries is negligible because there are no hydroscopic boundaries in the paper strip. No flow condition is applied across the vertical boundaries. A reference pressure level p_ref is set as 1 atm, and the initial value of the dependent variable, such as pressure p, is set to be 0 Pa. The equations used for the continuity and momentum balance (Darcy’s law model) are

\[ \frac{\partial (\rho u)}{\partial t} + \nabla \cdot (\rho u) = -Q_m \]  
\[ u = -\frac{K}{\mu} (\nabla p + \rho g) \]

where \( Q_m \) is the mass source (rate of evaporated mass from the porous media), \( u \) is the volume-averaged Darcy velocity, and \( V_p \) is the total pressure drop. The nonzero volumetric evaporation rate term \( (Q_m) \) in the conservation equations is considered when a large temperature difference between the atmosphere and the porous media or external airflow is present in the wicking process. The evaporated mass term is expressed as

\[ Q_m = C(\rho_{vq} - \rho_e) \eta \epsilon \]  

where \( C \) is the evaporation rate constant and \( \rho_{vq} \) and \( \rho_e \) are air and vapor density, respectively, \( w_v \) is the mass fraction of vapor, and \( \eta \) is the volume fraction of air. Here, we only consider the conservation equation of water inside porous media because of the reduction in mass due to evaporation. The interface temperature can be found using the energy balance equation. In the present work, we performed the experiments under an almost constant environment without any effect of external sources. Therefore, in the current work, we have not considered the effect of evaporation; thus, \( Q_m = 0 \) is assumed.

For defining the phase material and the flow transport properties, we used the phase transport at the porous medium interface. Relative permeabilities and capillary pressures are taken into account to model the transport of multiple immiscible phases in a porous medium while using this physics interface. For modeling the capillary pressure in the case of two-phase flow, we chose the Brooks and Corey model and denote the entry capillary pressure as \( P_{ec} \) and pore size distribution index as \( \lambda_p \). For two-phase flow, Darcy’s law without any mass source is defined as

\[ \frac{\partial (\epsilon \rho_i u_i)}{\partial t} + \nabla \cdot (\epsilon \rho_i u_i) = 0 \]  
\[ u_i = -\frac{K_i}{\mu} (\nabla p_i + \rho_i g) \]

where \( i \) represents the number of different phases, \( s_i \) represents the saturation or volume fraction of each phase \( (s_1 + s_2 = 1) \), \( u_i \) is the velocity, and \( K_i \) represents the relative permeabilities. For the wetting phase, the equations used in the Brooks and Corey model are

\[ p_i = P_{ec} s_i^{-1/4} \]  
\[ K_{wi} = s_i^{3+2/\lambda_p} \]  
\[ K_{ri} = s_i^2 (1 - s_i^{1+2/\lambda_p}) \]

where \( p_i \) is the capillary pressure and \( P_{ec} \) is the entry capillary pressure, which is expressed as \( \frac{2 \cos \theta}{\kappa} \). We have considered \( \theta \) as a static contact angle. The Whatman grade 4 paper strip used in the present work is superhydrophilic; thus, a value of 0° is considered. A similar value of a superhydrophilic filter paper (0° static contact angle) is also used in the earlier literature. The initial value of the volume fraction \( s_i \) is taken as 0.985. To combine the functionality of Darcy’s law and phase transport in porous medium interfaces, we used the multiphase flow in porous medium interface. The parameters used to simulate the capillary rise of water in different width paper strips are listed in Table 3.

### Table 3. Parameters Used in Simulation for Water

| name                        | value                      |
|-----------------------------|----------------------------|
| paper strip width \( W_0 \) | 0.005 m, 0.01 m, 0.02 m    |
| paper strip thickness \( \delta \) | 0.203 mm                   |
| surface tension \( \gamma \) | 0.072 N/m                  |
| pore size distribution index \( \lambda_p \) | 2                          |
| porosity \( \epsilon \)     | 0.776                      |
| permeability \( K \)         | 8.67 × 10^{-12} m²        |
| density of air \( \rho_a \)  | 1 kg/m³                    |
| density of water \( \rho_w \) | 1000 kg/m³                |
| viscosity of air \( \mu_a \) | 1.76 × 10^{-5} Pa·s       |
| viscosity of water \( \mu_w \) | 8.9 × 10^{-4} Pa·s        |

**Analytical Models.** Wicking is a spontaneous process where the wetting liquid can flow through any porous medium due to capillary pressure. For predicting the wicking front height, an analytical solution was established, combining the momentum balance equation and Darcy’s law, by Masoodi et al. They considered the porous media as a bundle of capillary tubes of the same size and applied the momentum balance method. In momentum balance equations, they considered only the effect of capillary force and viscous resistance. Due to the capillary pressure, the liquid enters the pores, while the viscous force resists the motion. Considering the properties of porous media, the Lucas–Washburn equation is expressed as

\[ h = \sqrt{\frac{2K_{ec}t}{\epsilon \mu}} \]

where \( h \) is the capillary rise height with respect to time \( t \). The Lucas–Washburn \( (L-W) \) equation is only valid for a very short period of time because in eq 13, the height is changing linearly with \( t \). The velocity of the liquid in a capillary flow in porous media is decreased with time because of the increasing viscous resistance. Due to this, the flow becomes very slow after a certain time and eventually stops when saturation arises.
We have also considered the evaporation model developed by Fries et al.\textsuperscript{24} in 2008. Liu et al.\textsuperscript{38} also used the same model in the case of a paper matrix. They described the wicking phenomenon in paper by varying the width to measure the capillary rise and weight of the water absorbed. The evaporation rate of the wicking liquid is expressed as

\[ m^w = (1 - \phi) \times \rho_w \times \frac{0.089 + 0.0782 V_s}{L_v} \]  

where \( m^w \) is the evaporation rate, \( \rho_w \) is the liquid saturated pressure, \( \phi \) is the relative humidity, \( V_s \) is the airflow rate, and \( L_v \) is the latent heat of vaporization of the liquid. Using eq 14, the total evaporation mass can be calculated at every instant of time, and by subtracting this from the L–W mass, the modified evaporation capillary rise height is obtained as

\[ h_{ev} = 2N \cdot e^{-Mt} \int_0^{\infty} e^{Mt} dt \]  

\[ M = \frac{2m^w}{\rho c \delta} \]  

\[ N = \sqrt{\frac{\gamma \cos(\theta) K}{\mu c R_s}} \]  

where \( \delta \) is the thickness of the porous media. We used the Runge–Kutta (RK4) method in MATLAB to solve the differential equation of \( h_{ev} \). The initial value is taken as \( h_{ev} = 0 \) when \( t = 0 \). Other parameters used in this study are listed in Table 4.

Table 4. Parameters Used in the Evaporation Model for Water

| Parameter                               | Value               |
|-----------------------------------------|---------------------|
| temperature (T)                         | 26 ± 1 °C           |
| relative humidity (\( \phi \))          | 70%                 |
| paper strip thickness (\( \delta \))    | 0.203 mm            |
| water saturated pressure (\( \rho_w \))| 4242.85 Pa          |
| airflow rate (\( V_s \))               | 0                   |
| latent heat of vaporization (\( L_v \))| 2410 kJ/kg          |

The general equation of wicking of liquid in a paper strip can be modeled considering the effect of inertial force, capillary force, viscous resistance, and gravitational force.\textsuperscript{39} The momentum balance equation considering all of these forces can be written as

\[ \frac{d(\hat{h})}{dt} = -\frac{2\gamma \cos \theta}{R_c} + \frac{8\mu \hat{h}^2}{R_c^2} + \rho g \]  

where \( \hat{h} = dh/dt \) represents the rate of change of the capillary rise height. Due to the drawbacks of the L–W model here, we further modified the general momentum balance equation considering the effect of gravity in the imbibition phenomenon. We included the gravitational term with the L–W model for describing the capillary rise at a higher time interval.\textsuperscript{25–27} At the initial stage, gravity is not a relevant term, but with the rising height, the effect of gravitational force becomes significant. Therefore, we added the gravitational force term to the viscous resistance term and modified the L–W model (the inertial term is neglected for long time analysis). From eq 18, we obtained the modified equation as

\[ \frac{dh}{dt} = \frac{R_c \gamma \cos \theta}{4\mu} \left[ 1 - \frac{h}{L_{ss}} \right] \]  

(19)

here, \( L_{ss} \) is dependent on gravity. By using the initial condition as \( h = 0 \) at \( t = 0 \), the solution of eq 19 can be written as

\[ h = \frac{P_c}{\rho g} \left[ 1 + W(-e^{-\gamma^2 \frac{5}{3}\frac{L_{ss}}{\gamma R_c}}) \right] \]  

(20)

where \( W(x) \) is the Lambert function. It should be noted that the model including evaporation and gravitational term can be used to predict the initial part of the imbibition (up to few seconds). However, it fails to predict the long duration imbibition process. We have not included this model; rather, we have discussed about the regime-based model in the Results and Discussion section.

**AUTHOR INFORMATION**

**Corresponding Author**

Pallab Sinha Mahapatra — Department of Mechanical Engineering, IIT Madras, Chennai 600036, India;  
orcid.org/0000-0002-4073-9980; Phone: +44 2257 4692;  
Email: pallab@iitm.ac.in

**Author**

Subhashis Patari — Department of Mechanical Engineering, IIT Madras, Chennai 600036, India;  
orcid.org/0000-0003-2043-5960

Complete contact information is available at:  
https://pubs.acs.org/10.1021/acsomega.0c02407

**Notes**

The authors declare no competing financial interest.

**ACKNOWLEDGMENTS**

S.P. acknowledges the funding received from the Prime Ministers Research Fellowship (PMRF). The authors want to acknowledge the financial support from the Indian Institute of Technology Madras (project number MEE1718695NFSC-PALL and MEE0008846RMFXPALL).

**REFERENCES**

(1) Woolley, A. T.; Mathies, R. A. Ultra-high-speed DNA fragment separations using microfabricated capillary array electrophoresis chips. *Proc. Natl. Acad. Sci. U.S.A.* 1994, 91, 11348–11352.
(2) Barker, S. L.; Tarlov, M. J.; Canavan, H.; Hickman, J. J.; Locascio, L. E. Plastic microfluidic devices modified with polyelectrolyte multilayers. *Anal. Chem.* 2000, 72, 4899–4903.
(3) Morriets, J. M.; Mahapatra, P. S.; Ghosh, A.; Ganguly, R.; Megaridis, C. M. Rapid, self-driven liquid mixing on open-surface microfluidic platforms. *Sci. Rep.* 2017, 7, No. 1800.
(4) Martínez, A. W.; Phillips, S. T.; Butte, M. J.; Whitesides, G. M. Patterned paper as a platform for inexpensive, low-volume, portable biosassays. *Angew. Chem., Int. Ed.* 2007, 46, 1318–1320.
(5) Nîlghaz, A.; Wicaksono, D. H.; Gustiono, D.; Majid, F. A. A.; Supriyanto, E.; Kadir, M. R. A. Flexible microfluidic cloth-based analytical devices using a low-cost wax patterning technique. *Lab Chip* 2012, 12, 209–218.
(6) Neethirajan, S.; Kobayashi, I.; Nakajima, M.; Wu, D.; Gandapal, S.; Lin, F. Microfluidics for food, agriculture and biosystems industries. *Lab Chip* 2011, 11, 1574–1586.
(7) Busa, L. S. A.; Mohammadi, S.; Maeki, M.; Ishida, A.; Tani, H.; Tokeshi, M. Advances in microfluidic paper-based analytical devices for food and water analysis. *Micromachines* 2016, 7, No. 86.
of Aquatic Sediments. ACS Omega 2019, 4, 12665–12670.

(10) Carrell, C.; Kava, A.; Nguyen, M.; Menger, R.; Munshi, Z.; Call, Z.; Nussbaum, M.; Henry, C. Beyond the lateral flow assay: A review of paper-based microfluidics. Microelectron. Eng. 2019, 206, 45–54.

(11) Hua, M. Z.; Li, S.; Wang, S.; Lu, X. Detecting chemical hazards in foods using microfluidic paper-based analytical devices (μPADs): The real-world application. Micromachines 2018, 9, No. 32.

(12) Brzezwick, D. A.; Reches, M.; Whitesides, G. M. Low-cost printing of poly (dimethylsiloxane) barriers to define microchannels in paper. Anal. Chem. 2008, 80, 3387–3392.

(13) Martinez, A. W.; Phillips, S. T.; Carrilho, E.; Thomas, S. W.; III, Sindi, H.; Whitesides, G. M. Simple telemedicine for developing regions: camera phones and paper-based microfluidic devices for real-time, off-site diagnosis. Anal. Chem. 2008, 80, 3699–3707.

(14) Martinez, A. W.; Phillips, S. T.; Wiley, B. J.; Gupta, M.; Whitesides, G. M. FLASH: a rapid method for prototyping paper-based microfluidic devices. Lab Chip 2008, 8, 2146–2150.

(15) Cheng, C.-M.; Martinez, A. W.; Gong, J.; Mace, C. R.; Phillips, S. T.; Carrilho, E.; Mirica, K. A.; Whitesides, G. M. Paper-based ELISA. Angew. Chem., Int. Ed. 2010, 49, 4771–4774.

(16) Sen, U.; Chatterjee, S.; Sinha Mahapatra, P.; Ganguly, R.; Dodge, R.; Yu, L.; Megaridis, C. M. Surface-wettability patterning for distributing high-momentum water jets on porous polymeric substrates. ACS Appl. Mater. Interfaces 2018, 10, 5038–5049.

(17) Chatterjee, S.; Sinha Mahapatra, P.; Ibrahim, A.; Ganguly, R.; Yu, L.; Dodge, R.; Megaridis, C. M. Precise liquid transport on and through thin porous materials. Langmuir 2018, 34, 2865–2875.

(18) Cardoso, T. M. G.; Channon, R. B.; Adkins, J. A.; Talhavini, M.; Coltro, W. K.; Henry, C. S. A paper-based colorimetric spot test for the identification of adulterated whiskeys. Chem. Commun. 2017, 53, 7957–7960.

(19) Shahvar, A.; Saraji, M.; Gordan, H.; Shamsaei, D.; Cardoso, T. M. G.; Adkins, J. A.; Talhavini, M.; Coltro, W. K.; Henry, C. S. A paper-based colorimetric spot test for the identification of adulterated whiskeys. Chem. Commun. 2017, 53, 7957–7960.

(20) Puangbanlang, C.; Sirivibulkovit, K.; Nacapricha, D.; Sameonoi, Y. A paper-based device for simultaneous determination of antioxidant activity and total phenolic content in food samples. Talanta 2019, 198, 542–549.

(21) Darcy, H. The Public Fountains of the City of Dijon; Dalmont: Paris, 1856; Vol. 647.

(22) Washburn, E. W. The dynamics of capillary flow. Phys. Rev. 1921, 17, No. 273.

(23) Schoellkopf, J.; Gane, P. A.; Ridgway, C. J.; Matthews, G. P. Practical observation of deviation from Lucas-Washburn scaling in porous media. Colloids Surf., A 2002, 206, 445–454.

(24) Fries, N.; Odic, K.; Conrath, M.; Dreyer, M. The effect of evaporation on the wicking of liquids into a metallic weave. J. Colloid Interface Sci. 2008, 321, 118–129.

(25) Hamdoumi, M.; Fyala, F.; Nasrallah, S. B. Dynamics of capillary rise in yarns: Influence of fiber and liquid characteristics. J. Appl. Polym. Sci. 2007, 104, 3050–3056.

(26) Hamdoumi, M.; Nasrallah, S. B. Capillary rise kinetics on woven fabrics-Experimental and theoretical studies. Indian J. Fibre Text. Res. 2015, 40, 150–156.

(27) Li, K.; Zhang, D.; Bian, H.; Meng, C.; Yang, Y. Criteria for applying the Lucas-Washburn law. Sci. Rep. 2015, 5, No. 14083.

(28) Chang, S.; Kim, W. Dynamics of water imbibition through paper with swelling. J. Fluid Mech. 2020, 892, A39.

(29) Masoodi, R.; Pillai, K. M.; Varanasi, P. P. Darcy’s law-based models for liquid absorption in polymer wicks. AIChE J. 2007, 53, 2769–2782.

(30) Rath, D.; Sathishkumar, N.; Toley, B. J. Experimental measurement of parameters governing flow rates and partial saturation in paper-based microfluidic devices. Langmuir 2018, 34, 8758–8766.

(31) Rayaprolu, A.; Srivastava, S. K.; Anand, K.; Bhati, I.; Asthana, A.; Rao, C. M. Fabrication of cost-effective and efficient paper-based device for viscosity measurement. Anal. Chim. Acta 2018, 1044, 86–92.

(32) Kar, S.; Das, S. S.; Laha, S.; Chakraborty, S. Microfluidics on Porous Substrates Mediated by Capillary Driven Transport. Ind. Eng. Chem. Res. 2020, 59, 3644–3654.

(33) Ravi, S.; Dharmarajan, R.; Moghaddam, S. Measurement of capillary radius and contact angle within porous media. Langmuir 2015, 31, 12954–12959.

(34) Masoodi, R.; Pillai, K. M.; Varanasi, P. P. In Rule of Hydraulic and Capillary Radii in Improving the Effectiveness of Capillary Model in Wicking; ASME 2008 Fluids Engineering Division Summer Meeting Collocated with the Heat Transfer, Energy Sustainability, and 3rd Energy Nanotechnology Conference, 2008; pp 251–259.

(35) Rob, H.-S.; Raspet, R.; Bass, H. E. Parallel capillary-tube-based extension of thermodynamic theory for random porous media. J. Acoust. Soc. Am. 2007, 121, 1413–1422.

(36) Zhong, Z. W.; Wang, Z. P.; Huang, G. X. D. Investigation of wax and paper materials for the fabrication of paper-based microfluidic devices. Microsyst. Technol. 2012, 18, 649–659.

(37) Jafry, A. T.; Lim, H.; Kang, S. I.; Suk, J. W.; Lee, J. A comparative study of paper-based microfluidic devices with respect to channel geometry. Colloids Surf., A 2016, 492, 190–198.

(38) Liu, Z.; Hu, J.; Zhao, Y.; Qu, Z.; Xu, F. Experimental and numerical studies on liquid wicking into filter papers for paper-based diagnostics. Appl. Therm. Eng. 2015, 88, 280–287.

(39) Hong, S.; Kim, W. Dynamics of water imbibition through paper channels with wax boundaries. Microfluid. Nanofluid. 2015, 19, 845–853.

(40) Rasi, M. Permeability Properties of Paper Materials; Research Report, Department of Physics, University of Jyväskylä, 2013.

(41) Castro, C. Imbibition in Paper-Based Microfluidic Devices. Ph.D. Thesis, UC Riverside, 2016.

(42) Madhu, N. T.; Resmi, P.; Pradeep, A.; Babu, T. S. Design and simulation of fluid flow in paper based microfluidic platforms. IOP Conf. Ser.: Mater. Sci. Eng. 2019, 577, No. 012104.

(43) Kumar, A.; Pramanik, S.; Mishra, M. In COMSOL Multiphysics Modeling in Darcian and Non-Darcian Porous Media, Proceedings of the 2016 COMSOL Conference; Bangalore, India, 2016; 20–21.

(44) Datta, A. K. Porous media approaches to studying simultaneous heat and mass transfer in food processes. I: Problem formulations. J. Food Eng. 2007, 80, 80–95.

(45) Halder, A.; Datta, A. K. Surface heat and mass transfer coefficients for multiphase porous media transport models with rapid evaporation. Food Bioprod. Process. 2012, 90, 475–490.

(46) Chen, Z.; Huan, G.; Ma, Y. Computational Methods for Multiphase Flows in Porous Media; SIAM, 2006; Vol. 2.

(47) Brooks, R. H.; Corey, A. T. Properties of porous media affecting fluid flow. J. Irrig. Drain. Div. 1966, 92, 61–90.

(48) Masoodi, R.; Pillai, K. A general formula for capillary suction-pressure in porous media. J. Porous Media 2012, 15, 775–783.

(49) Masoodi, R.; Pillai, K. M. Wicking in Porous Materials: Traditional and Modern Modeling Approaches; CRC Press, 2012.