Occupant Satisfaction in Mixed-Mode Buildings
Gail Brager¹ and Lindsay Baker²

Introduction
In current commercial buildings in the U.S., cooling and mechanical ventilation account for over 30% of total energy use, approximately 20% of electricity use, and approximately 40% of peak demand. However, prior to the 1950s, air conditioning and mechanical ventilation were not yet commercially viable, and so commercial buildings had little choice but to utilize natural ventilation for cooling. Buildings typically had extended perimeter zones so that every office could have access to windows that would open to the outdoors, and provide the primary source of light and fresh air. But the availability in the 1950’s of large-scale mechanical ventilation and cooling, along with other technologies such as curtain walls and fluorescent lighting (as well as market pressures to maximize floor areas and flexibility of interior space), led to the more common commercial building forms of today that are typically all-glass, flush-skin buildings with large floor plates and no operable windows. These buildings miss out on the large number of documented benefits of operable windows – thermal comfort over a wider range of temperatures based on the adaptive comfort zone (Humphreys, 1975; deDear and Brager, 1998), reduced energy consumption compared to conventional air-conditioned buildings (Emmerich and Crum, 2005), and fewer Sick Building Syndrome symptoms (Seppänen and Fisk, 2001).

But even with all these potential benefits, there are a variety of concerns and design challenges associated with operable windows. The ability to rely solely on natural ventilative cooling is limited by loads and climate. And given our modern day expectations, engineers are often uneasy about the lack of predictability and control over indoor thermal conditions in naturally ventilated buildings. As a result, many innovative engineers are exploring “mixed-mode” buildings – a way to combine the best features of naturally ventilated and air-conditioned buildings, and essentially extend the range of climates in which operable windows are feasible even when they cannot provide acceptable comfort year round.

“Mixed-mode” refers to a hybrid approach to space conditioning that uses a combination of natural ventilation from vents or operable windows (either manually or automatically controlled), and mechanical systems that may provide ventilation, interior air distribution and/or some form of cooling. For our purposes, we are focusing on buildings with operable windows, and also on systems with active cooling. With this in mind, a well-designed mixed-mode building would ideally allow spaces to be naturally ventilated during periods of the day or year when it is feasible or desirable, and would use mechanical ventilation or cooling only as necessary for supplemental cooling when natural ventilation is not sufficient. The goal is to maximize comfort while minimizing the significant energy use and operating costs of mechanical ventilation and/or cooling.

¹ Professor, Dept. of Architecture and Associate Director, Center for the Built Environment, University of California, Berkeley
² Graduate Student Researcher, Center for the Built Environment, University of California, Berkeley
While mixed-mode buildings are much more common in Europe, it is a relatively newer concept for American engineers. The U.S. building design industry is generally unfamiliar with mixed-mode cooling strategies, and there is a lack of published case studies or design and analysis tools to facilitate their ability to chart new territory. To address this need, the Center for the Built Environment (CBE) developed a web-based library of mixed-mode building case studies, covering a range of climates, design approaches, and control strategies (CBE, 2006). The library offers two levels of information: 1) a database with a broad list of buildings and basic project information, and 2) more detailed case studies. The database includes approximately 150 mixed-mode buildings, with over 60 of them in North America. It is downloadable as an Excel spreadsheet to allow for easy sorting, and includes basic information about each project including location, year built, type of building, owner, architect, engineer, brief comments about the mechanical system, operable windows, and control & operation strategies and web links for more information. The 8 case studies provide more detailed narrative and graphic descriptions obtained from literature reviews, drawings and photographs, and interviews with building owners, architects, engineers, and facility managers. The case studies include information about the windows, HVAC system, control strategies, building design process (design tools used, commissioning, relevant code issues), cost (where available), and additional green features of the building. The Resources section of the website also includes a more report with 23 new case studies that focus on control algorithms (Brager et al., 2007).

What motivates building owners and the design team to move beyond conventional air-conditioning and design a mixed-mode building? Without question, it is absolutely crucial to reduce energy consumption in buildings, and help avoid the potentially devastating impacts of climate change. But in terms of the building owner’s pocketbook, energy costs are still relatively small compared to worker salaries, which represent over 90% of the annual operating costs per square foot of a commercial building (Kats et al., 2003). In addition, the cost of worker recruitment and retention is significant (ICW, 2001). So from the building or company owner’s point of view, perhaps the most persuasive argument for sustainable design in general – and operable windows in particular, where applicable – is one that makes the connection between a higher quality indoor environment, and increased comfort, health and productivity of the workers. There is clear evidence that health and productivity of occupants is positively correlated with comfort and satisfaction (Leaman and Bordass, 2001). So if we can demonstrate that occupant satisfaction can be higher in buildings with operable windows, then that can be a powerful part of the argument to avoid or minimize the use of air-conditioning or other forms of centrally-controlled mechanical cooling.

So how does one learn about the quality of the indoor environment? Sadly, very few architects or other members of the design team are likely to know how well their building is working after it is completed and occupied, the fees have been paid, and they are on to another project. Without learning from experience in an objective way, building industry professionals are less likely to make design or economic decisions that will truly enhance the performance and experiential quality of their buildings. Physical measurements can be valuable, but by themselves they also need to be interpreted in terms of how they impact the occupants. Buildings occupants themselves are a rich, yet underutilized, source of direct information about how well a building is working, but the challenge is how to collect both the positive and negative subjective feedback in a systematic and objective way (Vischer, 2008). Detailed thermal comfort field studies that
include both physical measurements and subjective surveys are the most revealing, but are also time consuming and expensive, and therefore the number of buildings that can be investigated is inherently more limiting.

Web-based surveys are an effective way to study building performance from the occupants’ point of view. They can be used as a diagnostic tool to help designers, building owners and operators, and tenants evaluate how well their office buildings are working from the occupants’ perspective, and to help prioritize investments to improve performance. The surveys can also be used as a research tool for specific projects requiring the assessment of occupant response, or for broader benchmarking and comparative analysis of the performance of particular building design, technologies, and operation strategies. It was with these dual purposes in mind that the Center for the Built Environment (CBE) developed their survey.

Methods
CBE Survey
In 2000, CBE began developing a web-based indoor environmental quality (IEQ) survey and accompanying online reporting tools. Advantages of the web-based format are 1) it is quick and inexpensive to use; 2) it allows for branching questions to get more detailed information where appropriate (in particular, when the occupant indicates dissatisfaction with a certain area), thus avoiding making the survey too long for everyone with overly detailed or inappropriate question; and 3) survey results can be accessed using an automated, advanced reporting tool that allows users to filter, aggregate, compare, or benchmark their data.

In addition to basic questions about demographics and workspace descriptions, the core CBE survey measures occupant satisfaction and self-reported productivity related to nine environmental categories: office layout, office furnishings, thermal comfort, air quality, lighting, acoustics, cleanliness and maintenance, overall satisfaction with the building, and with the workspace. Satisfaction questions use a consistent 7-point scale ranging from “very satisfied” (coded as 3) to “very dissatisfied” (-3), with a neutral midpoint (0). We use a secure SQL (standardized query language) server database for collecting and recording the responses. It takes approximately 5-12 minutes to complete the survey, depending on the number of branching questions one receives, and the number of open-ended comments one writes in. Additional, custom survey modules can be added which gather data about a variety of supplemental topics, depending on available building features or the client’s particular interests. Examples include modules on specific issues such as daylighting, radiant cooling, and accessibility, and modules for specific building types such as healthcare facilities, K-12 schools, and dormitories. In addition to the occupant survey, a representative of the building owner or design team fills out a building information form to provide descriptive information about the building and its systems, such as the age of the building, the number of occupants, the type of HVAC systems, and whether the windows are sealed or operable.

CBE also developed an automated web-based reporting tool that researchers and clients can use starting approximately one week after the survey is completed, allowing time to create a final data set where responses of participants who answer less than 15 questions are removed. The reporting tool allows one to produce standardized summaries of the responses in a particular building, compare them to the overall benchmarking database, or do more in-depth data mining.
to compare responses from selected subgroups of people or explore relationships between questions.

The CBE Survey benchmarking database represents the portion of buildings we have surveyed that meet certain quality control criteria, such as the number of responses or percent response rate. At the time of our analysis, the CBE Survey benchmarking database included over 370 buildings, with over 43,000 individual responses, and 3.8 million data points.

More information about the CBE Survey can be found in Zagreus et al. (2004). One previous study focused on comparing the performance of green and LEED\(^3\) buildings to the overall database (Abbaszadeh et al, 2004), where it was found that there was not necessarily a correlation between buildings with a large number of LEED IEQ points, and the IEQ performance from the occupants’ perspective. Another focused on the role of air movement and personal control in influencing thermal comfort and perceived air quality for the database overall (Huizenga et al, 2006). In that study, it was found that satisfaction with both thermal comfort and air quality increases significantly in buildings that provide people with some means of personal control over their environment, such as thermostats or operable windows.

**Mixed-mode buildings**

The purpose of this analysis was to examine occupant satisfaction in mixed-mode buildings, with the aim of comparing patterns to those found in the other buildings in the database (which are primarily sealed with mechanical cooling). The 12 mixed mode buildings that were analyzed for this study were identified from the CBE Survey database. A representative of the building fills out a “building characteristics” form, which helps us identify basic descriptive information about the building. Unfortunately, this form is not always filled out fully or consistently. So while there are possibly additional buildings in the CBE database that may have operable windows, we only included those in the study for which we had sufficient information about the building from the characteristics form, and where we could find other available case study material confirming that they all were mixed mode buildings. For similar reasons, we have had difficulty identifying buildings in the database that are rely on natural ventilation exclusively, and so we are unable to compare their performance. Finally, to avoid the potential bias associated with low response rates (which are more common in internet surveys) we only included surveys that had a response rate of over 50% for buildings with fewer than 50 occupants, or a response rate of over 25% for buildings with 50 or more occupants.

Table 1 summarizes some basic characteristics of the 12 mixed-mode buildings compared to the other 358 buildings in the database, as well as the total number and rate of responses in each group. Overall, the mixed mode buildings are relatively newer and smaller, but not necessarily less dense. The buildings were more likely to incorporate other green building features (75% were LEED-certified, compared to only 12% of the general building stock), including innovative mechanical cooling systems such as underfloor air distribution.

---

\(^3\) LEED\(^\circledast\) stands for Leadership in Energy and Environmental Design, and is a green building rating system developed by the U.S. Green Building Council.
Table 1: Building Characteristics - Mixed Mode vs. Rest of Database

|                        | Mixed Mode | Database |
|------------------------|------------|----------|
| Number of buildings    | 12         | 358      |
| Avg. occupancy         | 100        | 426      |
| Avg. building age      | 2.4        | 23 years |
| Avg. building floor area | 4756 sq. meters | 21,886 sq. meters |
| Avg. floor area per person | 47 sq. meters/person | 51 sq. meters/person |
| Number of LEED-certified | 9 (75%) | 44 (12%) |
| Number of underfloor air systems | 4 (33%) | 28 (7%) |
| Number of survey respondents | 520 | 42,700 |
| Avg. response rate     | 64%        | 50%      |

Table 2 identifies the location and general control scheme for the 12 mixed-mode buildings. The group of mixed mode buildings that was analyzed in the study represents a broad range of climates, building types, sizes, and uses. They range in size from 1100 square meters to over 14,000 square meters. The buildings also ranged in number of occupants; the buildings often had a significant transient occupancy, especially in educational buildings. But we only offered the survey to employees and so the occupancy numbers in Table 2 reflect the number of employees rather than all occupants of the building.

The buildings also represent a variety of different organizational or control strategies, including zoned systems (where the natural ventilation and mechanical cooling essentially occurs in different areas), changeover systems (where the mechanical cooling is shut off when the windows are open), concurrent systems (where the windows and mechanical cooling can be operated simultaneously), and “red light/green light” systems (what we call “informational controls”, where indicator lights controlled by temperature and humidity sensors tell occupants when they can open windows.) In many cases, buildings can combine more than one of these operational strategies.

Three of the 12 mixed mode buildings have air conditioning only in very limited areas (i.e., zoned strategy). Instead, they are using natural ventilation in the primary occupied spaces, and in two of the cases, mechanical fans bring unconditioned outdoor air into the rooms directly. In these three buildings, which are all educational spaces, air-conditioning is only provided in spaces that have a programmatic need for more cooling (e.g., laboratories, large assembly rooms, etc).
Results
Overview of IEQ scores
Figure 1 shows a summary of the average (mean) scores in each IEQ category, for the 12 mixed-mode buildings (total of 520 individuals) and the full survey database (total of 42,700 individuals). One thing we commonly see is that people may give a building low scores in individual categories, but will tend to give better marks for general satisfaction with the building or workspace. Across the entire database, thermal comfort, air quality, and acoustic quality received the lowest scores. These are also areas that can be potentially and significantly impacted by operable windows and mixed mode systems, and so we will focus on these areas.

On average, mixed-mode buildings are performing significantly better than the remaining (primarily air-conditioned) buildings in the database in nearly every category except lighting and office layout (where performance is close to being equal), and acoustics (where performance is only marginally better). The improvement in office furnishings is most likely attributable to the mixed-mode buildings being newer.

The biggest IEQ improvements in mixed-mode buildings compared to sealed, air-conditioned buildings are for thermal comfort and air quality. Even the slight improvement in acoustics is surprising given that one might anticipate that open plan offices that facilitate natural ventilation often contribute to poorer acoustic environments, and outside noises are often perceived to be a barrier for operable windows - but evidence suggests that these were not problems for these particular sites. The higher acoustics performance may also be attributable to the lower level of occupancy of the mixed mode buildings compared to the database. Also surprising was the higher rating for cleanliness and maintenance in mixed-mode compared to sealed buildings. This is often perceived as a problem with operable windows, but perhaps the mixed-mode buildings being newer offset this.
As noted in Table 1, the 12 mixed-mode buildings differed from the overall database in several characteristics. On average, they were smaller in size (gross floor area), newer, and also included a larger percentage of educational buildings. To examine the extent to which these differences affected the satisfaction scores, we compared thermal comfort and air quality satisfaction in the mixed-mode buildings to subsets of the larger database that were comparable in these three characteristics. The findings, summarized in Table 3, reveal that the mixed mode buildings still had clearly higher levels of thermal comfort and air quality satisfaction even when these characteristics were comparable.

A significant majority of the buildings we’re surveyed have been office buildings. Although the educational buildings represent a much smaller sample size, there is a clear trend that satisfaction with both thermal comfort and air quality was higher in these buildings compared to the overall database (and this holds true for both the mixed mode and other educational buildings). As noted previously, three of the four mixed-mode educational buildings had air-conditioning only in limited spaces such as laboratories and large assembly rooms. So the rooms more commonly occupied by survey respondents in those three buildings were likely relying exclusively on natural ventilation.

For the non-mixed mode buildings, satisfaction with thermal comfort and air quality improved slightly in the subset of smaller buildings, and even more significantly in the newer buildings (the improvement in air quality satisfaction was the most significant). So while the mixed mode buildings were still scoring higher, the difference between them and the other buildings in these subsets was less pronounced.

**Thermal comfort**

Thermal satisfaction was assessed with the question “How satisfied are you with the temperature in your workspace?” Looking first at the overall database (i.e., primarily air-conditioned buildings, with the 12 mixed-mode buildings removed), when we analyze responses by individuals, we find that 41% of all workers are expressing some level of dissatisfaction with the thermal environment (Figure 2). This is a far cry from the goal of thermal comfort standards, which aim to create environments in which no more than 20% of the people are dissatisfied. This can be compared to Figure 3, the frequency distribution of thermal satisfaction responses in the 12 mixed-mode buildings. Dissatisfaction has dropped to 25%, significantly lower, but still somewhat above the acceptability criteria in the thermal comfort standards.
We wondered if there were perhaps just a small fraction of poorly performing buildings contributing to the low satisfaction, so we did the analysis again for the non-mixed mode buildings, using the building as the unit of analysis (Figure 4). These results were equally concerning, revealing that only 11% of the buildings in our database were meeting ASHRAE Standard 55’s 80% acceptability threshold (where “acceptability” here is defined as votes of ≥4, or neutral plus the top 3 categories of satisfaction). This is rather convincing evidence that the standard practice of air-conditioned buildings is not reliably providing occupants with a satisfactory thermal comfort.

When we looked at results from the branching questions, inquiring about reasons for dissatisfaction (Figure 5), we found that the top reasons were about spatial non-uniformity (“my area is hotter/colder than other areas”), control (“thermostat is inaccessible”, or “…adjusted by other people”), lack of air movement (“air movement too low”), and speed of response (“heating/cooling system does not respond”). Only 3% of the dissatisfied respondents referred to drafts from windows.

Figure 6 is a cumulative frequency graph showing the percentile ranking of all 370 buildings in the database, based on the building’s mean score for the “thermal satisfaction” question. The
triangles represent buildings that are mixed-mode, while the diamonds represent the remaining buildings in the database. The median satisfaction score for each of these building sets is shown as colored symbols on the y-axis. The mixed mode buildings were all in the top half of the percentile ranking, with a few of them being among the very best performers. In fact, 8 out of 12 mixed mode buildings are in the top quarter of the percentile ranking. Of the mixed-mode buildings that had relatively lower scores, open-ended comments referred to complaints about conditions being too cold (sometimes referring to winter, other times suggesting that the air-conditioner was on when it did not need to be); complaints about drafts from vents, or thermostats not working. Only one building had a few complaints related to the windows, and did not like that the mechanical air distribution was turned off when a window was opened, because sometimes only a limited number of people got the benefit of the window while the air circulation was shut off to a larger zone.

**Figure 6 – Cumulative frequency distribution for thermal satisfaction**

Using these cues, we looked further into the thermal comfort scores for the group of mixed mode buildings, testing for a variety of different indicators that might be contributing to the high satisfaction scores, including size of the building, number of occupants, year of completion, and climate. The relationship to size and number of occupants was not significant within this group of 12 buildings, but climate and age did reveal a pattern.

Using annual heating degree days (HDD) (assuming a base temperature of 65°F, 18°C) as a simple metric for the severity of climate, we found that there was a correlation with the climate that the buildings were situated in. Figure 7 shows the relationship between HDD and the thermal comfort scores reported in the mixed-mode buildings.
The cluster of 6 buildings in more moderate climates had mean satisfaction scores over a wide range, and also included the buildings with the highest thermal satisfaction scores. But we can see that most of the buildings in the colder climates (higher HDD) have somewhat lower satisfaction scores than warmer ones. Looking through comments and sources of dissatisfaction for the colder climate group, we did not find evidence that occupants were opening windows during the winter. As noted above, problems generally focused on thermostats that were not working, drafts from vents, etc.

In addition, there was a positive correlation between thermal comfort and the year that the building was built (Figure 8), which is promising for the future of mixed mode buildings. In our database overall, there is a similar, but much less pronounced trend towards higher thermal comfort satisfaction levels in newer buildings.

There was some commonality with the types of systems in the lower scoring mixed mode buildings. The systems are primarily ‘changeover’ systems, where the HVAC system has been interlocked with the windows so that when the windows are opened, the HVAC system turns off. In these cases, there were specific complaints that when one occupant would open a window, the subsequent HVAC shut-down would make others uncomfortable.

Finally, there was also some commonality with the systems in the higher scoring mixed-mode buildings. None of the top five have air conditioning systems in the commonly occupied parts of the building; instead, two have radiant cooling systems, and the other three rely on ventilation systems (both natural and mechanical) for cooling.

**Air quality**
Air quality satisfaction was assessed with the question “‘How satisfied are you with the air quality in your workspace?’” Air quality fared slightly better than thermal satisfaction. Again, when we analyze responses by individuals, overall 31% of workers are dissatisfied with air quality in the non-mixed mode buildings(Figure 9), compared to only 14% in the mixed-mode buildings (Figure 10). When we analyze the non-mixed mode responses by building, only 26% of the buildings are meeting the common 80% acceptability threshold (Figure 11). The most common complaints from those who were dissatisfied were that the air was “stuffy/stale”, “not clean”, and was “smelling bad”.
The cumulative frequency graph for air quality satisfaction (Figure 12) shows that mixed-mode buildings are typically performing very well, with all but two falling in the upper quartile. Complaints from one of the buildings that did not perform as well spoke frequently of dryness, while another referred to smells from a nearby cafeteria and the lack of fresh air.

In comparing air quality satisfaction with annual heating degree days (Figure 13), we found the same general trend towards a slightly lower satisfaction level as heating degree days increase. In particular, the two outliers with the lowest satisfaction scores are both in cold dry climates. In both cases, occupants complain that the air is too dry and stuffy and that there is not enough fresh air in the building. The comments indicate that the windows might not be open often (especially in the winter), so the air quality problems are more likely stemming from the lack of humidification in the mechanical systems of the building.
There is also a positive correlation between the year of completion of the building and air quality satisfaction, as seen in Figure 14. This relationship is more pronounced than the similar thermal comfort correlation (Figure 8).

Acoustics
For the entire database, acoustics received the lowest mean satisfaction scores. Figure 15 shows that mixed mode buildings performed only slightly better on average, but they cover the full range, from the best to the worse. This is where the comments can be particularly revealing. In one building, people spoke of being under a metal roof that was noisy during heavy rain and snow. In another, they complained about the public address system and the disruption of tours going through the laboratory. Only one person in all of the mixed mode buildings complained of acoustical issues that were related to open windows—a teacher in a classroom that was situated next to a noisy playground. This does not imply that outdoor noise is never a problem in buildings with operable windows, just that it was not in this particular set, and the issue is clearly very site-dependent.

Given that mixed mode buildings generally outperform the larger database of buildings in many areas, it was notable to see that they received scores closer to the overall database average in this area. Most of the mixed mode buildings are ‘green’ buildings that have been designed for daylighting and good indoor air quality, leading to open plan offices that contain many hard finish materials. Comments from respondents indicate that these factors may be the cause of the higher levels of acoustical dissatisfaction in these buildings, who often note that there is little acoustical privacy in their space. For instance, one occupant notes this relationship specifically,
saying, “There is a certain openness to the building and that lends to the acoustics not being very effective.”

**Figure 15 – Cumulative frequency distribution for acoustic satisfaction**

![Cumulative frequency distribution for acoustic satisfaction](image)

**Conclusions**
ASHRAE publishes standards for both thermal comfort and acceptable air quality in buildings (ASHRAE Standard 55-2004, and 62.1-2004, respectively), both recommending conditions in which 80% of the occupants are satisfied. But when we look at satisfaction scores from the buildings in our database (excluding the mixed-mode), most of which have conventional air-conditioning systems, we find that buildings are falling far short of these standards. It was disturbing to find that only 11% of the these buildings met the intent of the thermal comfort standard, with an overall average of only 59% of the occupants expressing satisfaction with the thermal environment. Thermal dissatisfaction was most commonly related to people feeling that they did not have enough control over their environment, in addition to complaints about air movement being too low. This is particularly interesting given that thermal comfort standards are geared towards limiting air movement, mistakenly believing that drafts are a more common problem.

Mixed-mode buildings, are performing much better than the overall building stock in the database, particularly with regard to thermal and air quality satisfaction. Using a 7-point satisfaction scale of +3 (very satisfied) to -3 (very dissatisfied), the mean thermal satisfaction in mixed-mode buildings was 0.81, compared to -0.13 for the overall database (a difference of 0.94 points). The difference was even larger for air quality, with a mixed-mode mean of 1.71, compared to 0.28 for the overall database (a difference of 1.43 points). When we compared mixed-mode buildings to smaller subsets of the database that had comparable characteristics of
size and building age, mixed-mode buildings continued to perform better, although the
differences were reduced somewhat (particularly for air quality in newer buildings). For both
thermal and air quality satisfaction in mixed-mode buildings, we found a relationship between
climate (the highest scoring buildings were in more moderate climates, while buildings in colder
climates scored lower on average, particularly with regard to air quality), and age of buildings
(there was greater satisfaction in the newer buildings, again even more pronounced for air
quality).

While the trends in occupant satisfaction are clear, the exact causal mechanisms are less so, and
would require more rigorous case studies and field monitoring beyond the scope of the survey
methods used in this research. Occupants’ comments in the surveys, combined with findings
from other research in the field, suggest that people value operable windows for a wide variety of
reasons – personal control of their thermal environment, increased air movement, perceived fresh
air, and connection to the outdoors. Mixed-mode buildings can potentially provide these
benefits, while still offering a higher degree of thermal control through mechanical means
compared to buildings that rely on natural ventilation exclusively.

In the group of mixed-mode buildings we studied, we saw some general trends related to the
types of mechanical systems and controls. The best performing buildings had either radiant
cooling or only mechanical ventilation, but no air-cooled systems in the spaces primarily
occupied by workers (i.e., they may have had air-conditioning in large assembly rooms). The
lowest performing mixed-mode buildings tended to be changeover systems, where there were
problems with the window interlock systems. This suggests the importance of a well-integrated
design where the mechanical and natural systems can work well together, and occupants have the
ability to override automated controls as needed or desired.

Occupants who have taken our survey can often provide very useful cues for understanding how
the building is working not just at their individual desks, but for the building as a whole. In
mixed mode buildings, comments indicate that the relationship between the mechanical and
natural systems in the building are not always working as planned, which can lead to the
windows being shut more often than necessary. As one respondent who worked in the building
that scored lowest on thermal comfort noted, “I do wonder why they put windows in then told us
not to open them, as they would mess up the air system.” This type of disparity between how the
buildings were designed and how they are running needs to be actively addressed through
building commissioning and clear and robust communication to building occupants. While these
issues are, of course, important in conventional air-conditioned buildings as well, they are
particularly critical given the unfamiliarity of mixed-mode design and operation.

Providing workers with a quality indoor environment should be a goal of any building design,
but is particularly important for green buildings that claim to be more responsive to supporting
occupant comfort, health and productivity. Improving the quality of our buildings critically
depends on accountability and learning from experience – what works, what does not, and what
choices about building design or operation can make the biggest difference. The voices of the
occupants are an invaluable component of that assessment. As we move towards embracing
high-performance, green buildings as the industry standard (as we must), we must also insist that
post-occupancy evaluations be a natural part of that process. In the end, everyone benefits from learning how a building performs in practice.

Acknowledgements
We would like to acknowledge the members of CBE who have contributed to this work, including John Goins, Charlie Huizenga, and Ed Arens. And we also thank all of the building owners, facility managers, design team members, and especially the occupants, from enabling us to learn from their performance.

References

Abbaszadeh, S., L. Zagreus, D. Lehrer and C. Huizenga. 2004. “Occupant Satisfaction with Indoor Environmental Quality in Green Buildings”. Indoor Air; 14 (suppl 8) December 2004. 65-74.

Brager, G., S. Borgeson, Y.S. Lee. 2007. Control Strategies for Mixed-Mode Buildings. Summary Report, Center for the Built Environment.

Center for the Built Environment (CBE). 2006. Website: Mixed-Mode Building Case Studies. www.cbe.berkeley.edu/mixedmode.

De Dear, R. and G. Brager. 1998. “Developing an Adaptive Model of Thermal Comfort Preference.” ASHRAE Transactions. 104(1): 27 – 49. Atlanta: The American Society of Heating, Refrigeration, and Air-conditioning Engineers

Emmerich, S.J. and J. Crum. 2005. Simulated Performance of Natural and Hybrid Ventilation Systems in an Office Building. Final Report, Air-Conditioning and Refrigeration Technology Institute, ARTI-21CR/611-40076-01.

Huizenga, C., S. Abbaszadeh, L. Zagreus and E. Arens. 2006. “Air Quality and Thermal Comfort in Office Buildings: Results of a Large Indoor Environmental Quality Survey”. Proceedings of Healthy Buildings, Lisbon, Vol. III, 393-397.

Humphreys, M.A. 1975. “Field studies of thermal comfort compared and applied.” U.K. Department of Environmental Building Research Establishment Current Paper. (76/75)

Institute for a Competitive Workforce (ICW). 2001. Keeping Competitive. U.S. Chamber of Commerce, Washington, DC.

Kats, G., L. Alevantis, A. Berman, E. Mills, and J. Perlman. 2003. The Costs and Financial Benefits of Green Buildings. Report to California’s Sustainable Building Task Force, pp.54-55.

Leaman, A. and B. Bordass. 2001. “Assessing building performance in use 4: the Probe occupant surveys and their implications”. Building Research & Information; 29(2), p129-143
Seppänen, O. and W. Fisk. 2001. “Association of ventilation system type with sick building symptoms in office workers”, *Proceedings: Indoor Air*, pp. 98-112.

Vischer, J. 2008. “Towards a user-centred theory of the built environment”. *Building Research & Information*; 36(3), pp.231-240.

Zagreus, L., C. Huzenga, E. Arens, and D. Lehrer. “Listening to the Occupants: A Web-based Indoor Environmental Quality Survey”. *Proceedings: Indoor Air* 2004; 14 (suppl 8) December 2004. 65-74.