Association of vitamin D receptor Fok I polymorphism with the risk of prostate cancer: a meta-analysis

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ABSTRACT

Several previous studies have been reported to examine the association between Vitamin D receptor (VDR) gene Fok I polymorphism and susceptibility to prostate cancer (PCa), however the results remain inconclusive. To provide a relatively comprehensive account of the association, we searched PubMed, Embase, CNKI, and Wanfang for eligible studies and carry out this meta-analysis. A total of 27 case-control studies with 10,486 cases and 10,400 controls were included. In the overall analysis, Fok I polymorphism was not significantly associated with the susceptibility to PCa. Subgroup analyses showed that significantly association was existed in Caucasian population, the subgroup of population-based controls and the stratified group with advanced tumor. These results indicate that the VDR Fok I polymorphism might be capable of causing PCa susceptibility and could be a promising target to forecast the PCa risk for clinical practice. However further well-designed epidemiologic studies are needed to confirm this conclusion.

INTRODUCTION

Prostate cancer (PCa) is now thought to be one of the most commonly diagnosed malignant tumors in old men throughout the world, and the second cause of cancer in males. It accounted for approximately 233,000 (27%) new cases and 30,000 deaths in the United States in 2014 [1]. The global incidence of PCa has increased annually. The etiology of PCa is largely unknown. Several factors have been suggested to be strongly associated with the increased risk, including ethnic origin, family history, hormonal status, dietary structure and age [2].

Low levels of vitamin D are considered to be a risk factor for PCa [3]. In vitro experiments suggested that vitamin D inhibits the growth and differentiation of prostate cancer cells, promotes cell apoptosis. It can also inhibit the invasion, metabolism and angiogenesis of tumor cell [3]. A clinical trial of PCa patients showed that calcitriol, analogue of vitamin D can significantly reduce the prostate specical antigen (PSA) level, and improve the patients survival rate [4].

The anticancer effect of vitamin D is activated mainly through the vitamin D receptor (VDR) [5]. 1,25-Dihydroxy vitamin D3 (1,25(OH)₂D₃), the active form of vitamin D, binds to VDR and form a heterodimer complex, which subsequently binds to the vitamin D response element and down-regulate the transcription of numerous genes that stimulating the cell growth and differentiation [6].

Several single nucleotide polymorphisms (SNPs) of VDR gene were reported to be associated with risk of PCa [7]. Fok I variant (rs10735810) located in exon 2 of VDR gene is one of the most extensively studied SNPs [8]. It could result in a frame-shift mutation in the expression of VDR. It has been reported that f allele results in three amino acids longer VDR than the F allele, and extensive researches indicate that f allele is less effective than the F allele in transcription activity and transactivation of the 1,25(OH)₂D₃ signal [8]. Recent studies have shown that Fok I polymorphism might accelerate the progression of PCa. However, the results are disputable and contradictory [9, 10], as it might be underpowered for individual study.
Therefore, we performed this meta-analysis to draw a more precise conclusion based on the published literature.

RESULTS

Characteristics of studies included in this meta-analysis

A total of 277 potentially relevant studies were identified following the searching strategy. 27 studies [2, 6, 7, 9, 10, 12-32] were finally included in this meta-analysis according to the inclusion criteria (Figure 1). Publication years ranged from 1999 to 2015, the number of cases varied from 28 to 1,518, and the number of controls varied from 56 to 1,432 (Table 1). The distribution of genotype frequency in the control groups was in accordance with the HWE for almost studies, except two studies [9, 15] in which source of controls was hospital-based. As a result, data for our meta-analysis were available from 27 studies with a total of 10,468 cases and 10,400 controls. The eligible studies were assessed by the NOS. Each of the studies scored more than 4, which suggested that all of them are of high quality researches (Table 1).

Meta-analysis results

The results of overall analysis are showed in Table 2 and Figure 2. The pooled results indicated that Fok I polymorphism is not associated with the PCa risk in the overall populations (ff vs. FF: OR=1.07, 95%CI=0.98-1.16, p=0.131; Ff vs. FF: OR=1.03, 95%CI=0.97-1.10, p=1.05; Ff/ff vs. FF: OR=1.04, 95%CI=0.98-1.10, p=0.173; ff vs. FF/Ff: OR=1.04, 95%CI=0.96-1.12, p=0.318; f vs. F allele: OR=1.03, 95%CI=0.99-1.07, p=0.138). (Table 2).

For the subgroup analysis of ethnicity stratification. Significantly increased risk of PCa was detected in Caucasian populations in the comparison of homozygote model (ff vs. FF: OR=1.107, 95%CI=1.005-1.219, p=0.04), dominant model (Ff/ff vs. FF: OR=1.079, 95%CI=1.010-1.152, p=0.024) and allele-frequency genetic model (f vs. F allele: OR=1.054, 95%CI=1.006-1.103, p=0.026)(Table 3 & Figure 2). However, when 11 studies conducted in Asian populations and 2 studies in African populations were analyzed, no significant associations were found between Fok I polymorphism and the susceptibility to PCa (Table 3).

For the stratified analysis of source of controls. We found that Fok I polymorphism could significantly increase the risk of PCa in the subgroup of population-based controls in homozygote model (ff vs. FF: OR=1.112, 95%CI=1.011-1.223, p=0.029) and allele-frequency genetic model (f vs. F allele: OR=1.005-1.099, p=0.03) (Table 4 & Figure 3). Meanwhile, no significantly increased risk was observed in the subgroups of hospital-based or BPH controls (Table 4).

![Figure 1: Study flowchart for the process of selecting the final 27 studies.](image-url)
Table 1: Characteristics and quality assessment of the studies included in this meta-analysis

| Study ID       | Year | Country     | Ethnicity | Genotyping method | Source of controls | Total sample size (case/control) | HWE | Quality indicators from NOS |
|----------------|------|-------------|-----------|-------------------|-------------------|---------------------------------|-----|---------------------------|
| Atoum          | 2015 | Jordan      | Asian     | TaqMan             | PB                | 124/100                         | Y   | 6                         |
| Bai            | 2009 | China       | Asian     | PCR-RFLP          | HB                | 122/130                         | Y   | 6                         |
| Bodiwala       | 2004 | UK          | Caucasian | PCR-RFLP          | HB/BPH            | 368/243                         | Y   | 6                         |
| Chen           | 2001 | China       | Asian     | PCR-RFLP          | HB                | 101/145                         | N   | 5                         |
| Cheteri        | 2004 | USA         | Caucasian | PCR-RFLP          | PB                | 552/521                         | Y   | 6                         |
| Chokkalingam   | 2001 | China       | Asian     | PCR-RFLP          | PB                | 187/302                         | Y   | 6                         |
| Cicek          | 2006 | USA         | Mixed     | PCR-RFLP          | PB                | 439/479                         | Y   | 6                         |
| Correa-Cerro   | 1999 | Germany/France | Caucasian | PCR-RFLP        | HB                | 118/89                          | Y   | 6                         |
| Hayes          | 2005 | Australia   | Caucasian | DGGE*            | PB                | 811/713                         | Y   | 7                         |
| Holick         | 2007 | USA         | Caucasian | SNPlex           | PB                | 583/552                         | Y   | 6                         |
| Holt           | 2009 | USA         | Caucasian | SNPlex           | PB                | 705/716                         | Y   | 6                         |
| Huang          | 2006 | China       | Asian     | PCR-RFLP          | HB/BPH            | 416/502                         | Y   | 6                         |
| Jiang          | 2013 | China       | Asian     | PCR-RFLP          | PB                | 100/108                         | Y   | 6                         |
| John           | 2005 | USA         | Caucasian | TaqMan          | PB                | 425/437                         | Y   | 6                         |
| Li             | 2007 | USA         | Caucasian | PCR-RFLP        | PB                | 1010/1432                       | Y   | 8                         |
| Luscombe       | 2001 | UK          | Caucasian | PCR-RFLP        | BPH               | 209/154                         | Y   | 6                         |
| Mikhak         | 2007 | USA         | Caucasian | TaqMan          | PB                | 670/673                         | Y   | 7                         |
| Mishra         | 2005 | India       | Asian     | PCR-RFLP          | HB                | 147/128                         | Y   | 6                         |
| Oakley-Grivan  | 2004 | USA         | Mixed     | PCR-RFLP          | PB                | 345/292                         | Y   | 6                         |
| Oh             | 2013 | Korea       | Asian     | IGGGS#           | BPH               | 272/173                         | Y   | 6                         |
| Rowland        | 2013 | USA         | Mixed     | TaqMan           | PB                | 1518/1070                       | Y   | 7                         |
| Ruan           | 2009 | China       | Asian     | PCR-RFLP          | BPH               | 100/100                         | Y   | 5                         |
| Rukin          | 2007 | UK          | Caucasian | Pyrosequencing   | BPH               | 430/320                         | Y   | 6                         |
| Tayeb          | 2004 | UK          | Caucasian | PCR-RFLP        | BPH               | 28/56                           | Y   | 6                         |
| Torkko         | 2008 | USA         | Caucasian | TaqMan           | PB                | 585/761                         | Y   | 6                         |
| Yang           | 2004 | China       | Asian     | PCR-RFLP          | PB                | 80/96                           | Y   | 5                         |
| Yousaf         | 2014 | Pakistani   | Asian     | PCR-RFLP          | HB                | 41/108                          | N   | 6                         |

Abbreviations: HWE, Hardy-Weinberg equilibrium; PB, population-based; HB, hospital-based; BPH, Benign Prostate Hyperplasia; RFLP, restriction fragment length polymorphism; DGGE, denaturing gradient gel electrophoresis; IGGGS, Illumina Golden Gate genotyping system.

Table 2: Results of the association between Fok I polymorphism and PCa risk in the whole population

| Comparison   | Studies | Overall effect | Heterogeneity | Public bias |
|--------------|---------|----------------|---------------|-------------|
|              |         | OR              | Z-score       | p-value     | F      | P-value              | Begg's test | Egger's test |
| ff vs FF     | 27      | 1.07 [0.98-1.16] | 1.51          | 0.131       | 14%    | 0.255               | 0.087       | 0.118       |
| Ff vs FF     | 27      | 1.03 [0.97-1.10] | 1.05          | 0.296       | 0%     | 0.809               | 0.402       | 0.866       |
| ff+Ff vs FF  | 27      | 1.04 [0.98-1.10] | 1.36          | 0.173       | 0%     | 0.475               | 0.133       | 0.322       |
| ff vs FF+Ff  | 27      | 1.04 [0.96-1.12] | 1             | 0.318       | 13%    | 0.274               | 0.227       | 0.138       |
| f vs F       | 27      | 1.03 [0.99-1.07] | 1.48          | 0.138       | 27%    | 0.102               | 0.027       | 0.101       |
In the stratified analysis by genotyping method, there was no significant association in different subgroups, which were stratified into TaqMan, PCR-RFLP, SNPlex and other subgroups. As showed in Table 5, the pooled outcome showed that the genotyping methods reported in the included studies are both effective and applicative. Among the 27 studies included in our meta-analysis, there were two studies that deviated from HWE in the controls [9], we conducted a subgroup analysis. When the 2 studies excluded, another result obtained, which is similar to the overall analysis (The result was not given).

A subgroup analysis based on the tumor stages was also conducted to delineate the association in more detail. As presented in Table 6 and Figure 4, the pooled results from 6 studies showed that Fok I polymorphism is associated with the advanced tumor in homozygote model (ff vs. FF: OR=1.210, 95%CI=1.020-1.437, p=0.029) and allele-frequency genetic model (f vs. F allele: OR=1.085, 95%CI=1.000-1.178, p=0.05). Meanwhile, no significant difference in the genetic variants was detected between localized tumor cases or controls.

Heterogeneity

There was no significant between-study heterogeneity in all the comparison models in the overall analysis (ff vs. FF: p=0.131, I²=14%), Ff vs. FF: p=0.105, I²=0%; Ff/ff vs. FF: p=0.173, I²=0%; ff vs. FF/Ff: p=0.318, I²=13%; and f vs. F allele: p=0.138, I²=27%) (Table 2). Thus, fixed-effects estimates would be more appropriate for data analysis.

Publication bias and sensitivity analysis

The publication bias of literature assessed with both funnel plots and Egger’s test. As shown in Figure 5, it did not reveal any obvious asymmetry in the funnel plots (Figure 5). Moreover, the Egger’s test which was used to provide statistical evidence of publication bias suggested that no evidence of publication bias existed in the overall analysis (p=0.118 for ff vs. FF; p=0.866 for Ff vs. FF; p=0.322 for Ff/ff vs. FF; p=0.138 for ff vs. FF/ Ff; and p=0.101 for f vs. F allele) (Table 2) and almost the subgroup analyses (Table 3-6). Sensitivity analyses showed that omitting individual study from all the analyses did not affect the pooled ORs significantly, no substantial change was detected, indicating that our results were statistically robust (Figure 6).

DISCUSSION

The VDR gene has earned special attention because an increasing number of studies have revealed that polymorphisms of the VDR gene were associated
with the risk of PCa [33]. However, the results across studies have been equivocal [34, 35, 36]. Previous meta-analyses were performed by Xu et al. in 2014, Guo et al. in 2013 and Yin et al. in 2009 [34, 37, 44]. Xu et al. and Yin et al. reported the relationship of cancer risk with several VDR SNPs including Fok I. For the association of Fok I polymorphism with PCa, they included 19 studies and 16 studies, respectively. The shortage of these two studies is that they only performed overall analyses without any detailed subgroup analyses. Guo et al. included 22 studies and conducted the stratified analyses. But from 2013 to now, some new data appeared, differently from the results of previous meta-analyses [34, 37, 44]. Our study included 10,468 cases and 10,400 controls from 27 independent studies, which is much more than the former three studies. Therefore, the results we obtained might be more stringent and comprehensive.

| Comparison   | Studies | Overall effect | Heterogeneity | Public bias |
|--------------|---------|----------------|---------------|-------------|
|              |         | OR             | Z-score       | p-value     | F            | P-value | Begg's test | Egger's test |
| Asian        |         |                |               |             |              |         |             |             |
| ff vs FF     | 11      | 0.940 [0.771-1.150] | 0.58          | 0.561       | 48%          | 0.037   | 0.876       | 0.901       |
| Ff vs FF     | 11      | 1.032 [0.880-1.210] | 0.39          | 0.696       | 18%          | 0.276   | 0.721       | 0.819       |
| Ff/ff vs FF  | 11      | 1.003 [0.864-1.166] | 0.04          | 0.964       | 43%          | 0.063   | 0.213       | 0.635       |
| ff vs FF/Ff  | 11      | 0.944 [0.797-1.117] | 0.67          | 0.501       | 41%          | 0.078   | 0.876       | 0.95        |
| f vs F       | 11      | 0.983 [0.892-1.082] | 0.36          | 0.722       | 59%          | 0.007   | 0.213       | 0.637       |
| Caucasian    |         |                |               |             |              |         |             |             |
| ff vs FF     | 15      | 1.107 [1.005-1.219] | 2.06          | 0.04        | 0%           | 0.769   | 0.138       | 0.034       |
| Ff vs FF     | 15      | 1.070 [0.998-1.147] | 1.9           | 0.058       | 0%           | 0.973   | 0.488       | 0.562       |
| Ff/ff vs FF  | 15      | 1.079 [1.010-1.152] | 2.25          | 0.024       | 0%           | 0.915   | 0.488       | 0.176       |
| ff vs FF/Ff  | 15      | 1.057 [0.969-1.152] | 1.24          | 0.214       | 0%           | 0.694   | 0.276       | 0.089       |
| f vs F       | 15      | 1.054 [1.006-1.103] | 2.23          | 0.026       | 0%           | 0.679   | 0.428       | 0.06        |
| African      |         |                |               |             |              |         |             |             |
| ff vs FF     | 2       | 1.165 [0.603-2.249] | 0.45          | 0.65        | 0%           | 0.406   | 1           | -           |
| Ff vs FF     | 2       | 0.861 [0.646-1.148] | 1.02          | 0.309       | 73%          | 0.055   | 1           | -           |
| Ff/ff vs FF  | 2       | 0.899 [0.673-1.173] | 0.83          | 0.405       | 75%          | 0.045   | 1           | -           |
| ff vs FF/Ff  | 2       | 1.215 [0.633-2.330] | 0.58          | 0.559       | 0%           | 0.554   | 1           | -           |
| f vs F       | 2       | 0.945 [0.751-1.189] | 0.48          | 0.631       | 73%          | 0.052   | 1           | -           |

Our meta-analysis indicated the relationship of VDR gene Fok I polymorphism with the PCa risk is not existed in overall population. It is consistent with the results of previous meta-analyses [34, 37, 44]. But for the subgroup analysis of ethnicity, significant association was found in Caucasians. It is not reported by previous meta-analyses [34, 37, 44]. It suggests that in individuals of Caucasian ethnicity but not of Asians or Africans, the FF genotype and F allele might be protective. Ethnicity is one of the most important biological factors that might influence the function of VDR through gene-gene interaction [38]. The difference might be caused by the discrepancies in racial backgrounds and geography [40]. Besides, different diet structure could play a role in the discrepancies [41]. Our results suggested that the Fok I polymorphism could be a potential biomarker to forecast the PCa risk of Caucasians for clinical practice. Further studies of Asian and African are required.
Table 4: Results of the association between \textit{Fok I} polymorphism and PCa risk in different source of controls

| Comparison          | Studies | Overall effect | Heterogeneity | Public bias |
|---------------------|---------|----------------|---------------|-------------|
|                     | OR      | Z-score        | p-value       | I²          | P-value | Begg's test | Egger's test |
| Population-based    |         |                |               |             |         |             |              |
| ff vs FF            | 15      | \textbf{1.112} [1.011-1.223] | 2.19          | 0.029       | 0%      | 0.958       | 0.434         | 0.186       |
| Ff vs FF            | 15      | 1.051 [0.983-1.124]     | 1.45          | 0.148       | 0%      | 0.809       | 0.202         | 0.126       |
| Ff/F vs FF          | 15      | 1.064 [0.998-1.133]     | 1.9           | 0.058       | 0%      | 0.811       | 0.174         | 0.053       |
| ff vs FF/Ff         | 15      | 1.074 [0.984-1.171]     | 1.6           | 0.109       | 0%      | 0.935       | 0.773         | 0.367       |
| f vs F              | 15      | \textbf{1.051} [1.005-1.099] | 2.17          | 0.03        | 0%      | 0.833       | 1.108         | 0.016       |
| Hospital-based      |         |                |               |             |         |             |              |              |
| ff vs FF            | 6       | 0.931 [0.711-1.219]     | 0.52          | 0.062       | 52%     | 0.063       | 0.452         | 0.524       |
| Ff vs FF            | 5       | 1.088 [0.866-1.337]     | 0.81          | 0.42        | 47%     | 0.11        | 0.806         | 0.419       |
| Ff/F vs FF          | 6       | 1.045 [0.862-1.268]     | 0.45          | 0.653       | 59%     | 0.033       | 0.452         | 0.999       |
| ff vs FF/Ff         | 6       | 0.910 [0.718-1.152]     | 0.79          | 0.432       | 46%     | 0.103       | 1             | 0.642       |
| f vs F              | 6       | 0.992 [0.871-1.129]     | 0.13          | 0.897       | 69%     | 0.006       | 1             | 0.973       |
| BPH                 |         |                |               |             |         |             |              |              |
| ff vs FF            | 7       | 0.941 [0.982-1.159]     | 0.55          | 0.584       | 48%     | 0.071       | 0.548         | 0.077       |
| Ff vs FF            | 7       | 1.030 [0.861-1.231]     | 0.32          | 0.748       | 0%      | 0.678       | 0.23          | 0.025       |
| Ff/F vs FF          | 7       | 1.001 [0.846-1.183]     | 0.01          | 0.994       | 26%     | 0.231       | 0.368         | 0.037       |
| ff vs FF/Ff         | 7       | 0.928 [0.955-1.107]     | 0.85          | 0.394       | 35%     | 0.159       | 0.368         | 0.196       |
| f vs F              | 7       | 0.972 [0.875-1.081]     | 0.52          | 0.604       | 54%     | 0.042       | 0.368         | 0.102       |

Figure 3: Forest plots to estimate the association of \textit{VDR} Fok I polymorphism with PCa in the subgroup analysis of source of controls. A. Homozygote model (ff vs. FF). B. Allelic frequency model (f vs. F allele).
Table 5: Results of the association between Fok I polymorphism and PCa risk in different genotyping method

| Comparison     | Studies | Overall effect | Heterogeneity | Public bias |
|----------------|---------|----------------|---------------|-------------|
|                |         | OR             | Z-score       | p-value     | I² | P-value | Begg's test | Egger's test |
| PCR-RFLP       |         |                |               |             |    |         |             |              |
| ff vs FF       | 17      | 1.014 [0.895-1.148] | 0.21          | 0.83        | 36% | 0.068   | 0.077       | 0.182        |
| Ff vs FF       | 16      | 1.063 [0.970-1.165] | 1.3           | 0.192       | 0%  | 0.611   | 0.192       | 0.565        |
| Ff/ff vs FF    | 17      | 1.051 [0.964-1.146] | 1.13          | 0.257       | 27% | 0.149   | 0.053       | 0.18         |
| ff vs FF/Ff    | 17      | 0.983 [0.822-1.189] | 0.3           | 0.766       | 23% | 0.188   | 0.149       | 0.176        |
| f vs F         | 17      | 1.020 [0.960-1.083] | 0.63          | 0.526       | 49% | 0.012   | 0.019       | 0.127        |
| TaqMan         |         |                |               |             |    |         |             |              |
| ff vs FF       | 5       | 1.155 [0.989-1.349] | 1.82          | 0.068       | 0%  | 0.8     | 1           | 0.822        |
| Ff vs FF       | 5       | 1.018 [0.914-1.134] | 0.33          | 0.74        | 8%  | 0.364   | 0.806       | 0.785        |
| Ff/ff vs FF    | 5       | 1.047 [0.946-1.159] | 0.88          | 0.377       | 0%  | 0.676   | 1           | 0.854        |
| ff vs FF/Ff    | 5       | 1.131 [0.981-1.305] | 1.69          | 0.09        | 4%  | 0.385   | 0.806       | 0.891        |
| f vs F         | 5       | 1.056 [0.983-1.136] | 1.49          | 0.137       | 0%  | 0.934   | 0.806       | 0.989        |
| SNPlex         |         |                |               |             |    |         |             |              |
| ff vs FF       | 2       | 1.120 [0.866-1.416] | 0.95          | 0.343       | 0.00% | 0.702 | 1           | -            |
| Ff vs FF       | 2       | 1.003 [0.846-1.188] | 0.03          | 0.976       | 0%  | 0.532   | 1           | -            |
| Ff/ff vs FF    | 2       | 1.031 [0.983-1.102] | 0.37          | 0.712       | 0.00% | 0.509 | 1           | -            |
| ff vs FF/Ff    | 2       | 1.118 [0.902-1.386] | 1.02          | 0.309       | 0.00% | 0.884 | 1           | -            |
| f vs F         | 2       | 1.047 [0.935-1.171] | 1.48          | 0.138       | 0%  | 0.57    | 1           | -            |
| Others         |         |                |               |             |    |         |             |              |
| ff vs FF       | 3       | 1.013 [0.802-1.280] | 0.11          | 0.913       | 0%  | 0.475   | 1           | 0.607        |
| Ff vs FF       | 3       | 0.995 [0.828-1.195] | 0.06          | 0.956       | 0%  | 0.803   | 0.296       | 0.175        |
| Ff/ff vs FF    | 3       | 0.994 [0.837-1.182] | 0.06          | 0.95        | 0%  | 0.656   | 0.296       | 0.49         |
| ff vs FF/Ff    | 3       | 0.989 [0.822-1.189] | 0.12          | 0.904       | 1%  | 0.365   | 1           | 0.362        |
| f vs F         | 3       | 0.944 [0.889-1.110] | 0.11          | 0.91        | 1%  | 0.366   | 1           | 0.637        |

Table 6: Results of the association between Fok I polymorphism and PCa risk in different tumor stage

| Comparison     | Studies | Overall effect | Heterogeneity | Public bias |
|----------------|---------|----------------|---------------|-------------|
|                |         | OR             | Z-score       | p-value     | I² | P-value | Begg's test | Egger's test |
| Advanced       |         |                |               |             |    |         |             |              |
| ff vs FF       | 6       | **1.210 [1.020-1.437]** | 2.18          | 0.029       | 26% | 0.24    | 0.26        | 0.278        |
| Ff vs FF       | 6       | **1.023 [0.904-1.158]** | 0.36          | 0.715       | 0%  | 0.832   | 0.707       | 0.112        |
| Ff/ff vs FF    | 6       | **1.070 [0.952-1.202]** | 1.13          | 0.259       | 0%  | 0.564   | 0.452       | 0.164        |

(Continued)
Figure 4: Forest plots to estimate the association of VDR Fok I polymorphism with PCa in the subgroup analysis of tumor stage.

A. Homozygote model (ff vs. FF).
B. Allelic frequency model (f vs. F allele).

| Comparison        | Studies | Overall effect | Heterogeneity | Public bias |
|-------------------|---------|----------------|---------------|-------------|
|                   |         | OR             | Z-score       | p-value     | I²           | P-value | Begg's test | Egger's test |
| ff vs FF/Ff       | 6       | 1.194 [1.022-1.395] | 2.23          | 0.026       | 5%          | 0.388   | 0.26        | 0.412        |
| f vs F            | 6       | 1.085 [1.000-1.178] | 1.96          | 0.05        | 19%         | 0.292   | 0.26        | 0.271        |

Localized

| Comparison        | Studies | Overall effect | Heterogeneity | Public bias |
|-------------------|---------|----------------|---------------|-------------|
| ff vs FF          | 5       | 1.002 [0.817-1.229] | 0.02          | 0.984       | 0%          | 0.628   | 0.462       | 0.482        |
| Ff vs FF          | 5       | 1.031 [0.891-1.193] | 0.41          | 0.679       | 0%          | 0.902   | 0.462       | 0.28         |
| Ff/ff vs FF       | 5       | 1.024 [0.892-1.175] | 0.34          | 0.737       | 0%          | 0.768   | 0.462       | 0.384        |
| ff vs FF/Ff/Ff    | 5       | 0.980 [0.814-1.179] | 0.22          | 0.828       | 0%          | 0.731   | 0.462       | 0.512        |
| f vs F            | 5       | 1.006 [0.913-1.108] | 0.12          | 0.903       | 0%          | 0.595   | 0.806       | 0.437        |

Figure 5: Begg's funnel plots to examine publication bias for reported comparisons of VDR gene Fok I polymorphism.

A. Overall comparison for the recessive model (ff vs. FF/Ff).
B. Subgroup analysis of tumor stage for the recessive model (ff vs. FF/Ff).
For the source of controls, borderline significant association was found in population-based controls. Possibly some sick population were enrolled in the groups of hospital-based controls and HBP controls, so that these groups could not represent all population [42]. Hence, the results of these groups would be lack of credibility. Our results showed that no difference between the genotyping methods. It suggested that all the genotyping methods applied in the included studies are appropriate to get accurate genotype distribution. As a research reported in 2004, polymorphism would be associated with the tumor stage of PCa [43]. We also performed a stratified analysis by tumor stage. Differently from the previous meta-analyses [44, 45], we found that in the subgroup of advanced tumor stage, ff genotype and f allele might increase the PCa risk. It indicating that Fok I polymorphism could indeed be a risk factor associated with PCa progression.

The heterogeneity between the studies was very low in the overall analysis. It suggested that the results from these studies were suitable to be pooled [46]. Although evidence of heterogeneity existed in some subgroup analyses, the sensitivity analysis indicated that studies contribute to the heterogeneity did not significantly alter the pooled results. It suggested our results were statistically robust.

Several limitations in our meta-analysis should be acknowledged. First, several studies with small sample size included in our analysis might be underpowered to detect the relationship. Second, our results were according to the unadjusted parameters, a more accurate analysis should be performed, in which the outcomes would be adjusted by some related parameters, including age, dietary status, and other important lifestyle factors.

In conclusion, our meta-analysis might be the largest meta-analysis to estimate the association of VDR gene Fok I polymorphism with the risk of PCa. Although no significantly association of Fok I polymorphism with PCa risk was found in overall population, the possibility of an association in specific subpopulations such as Caucasians and the advanced tumor patients could not be ruled out. In the future, large and well-designed studies are required to illustrate the interactions of VDR genetic variants including Fok I polymorphism, environmental factors, lifestyle and PCa.

![Figure 6: Sensitivity analysis of the comparison in recessive model (ff vs. FF/Ff) in the overall analysis.](image-url)
MATERIALS AND METHODS

Literature and search strategy

The PubMed, Embase, Wanfang and Chinese National Knowledge Infrastructure (CNKI) database searches were conducted for all the eligible papers. The following search terms were used: “VDR/vitamin D receptor” and “prostate cancer/tumor/carcinoma”. Manually searching for the additional studies was conducted according to the references of the original and review reports. The literature search was updated on February, 2016.

Study selection

Retrieved studies screened should meet the following criteria: (i) studies on human beings; (ii) in a case-control or nested case-control design; (iii) investigated the association between VDR gene Fok I polymorphism and PCa risk; (iv) detailed genotype distribution frequency of cases and controls could be obtained or calculated; (v) and received more than four points in the Newcastle-Ottawa Scale (NOS), which was considered to be high quality.

Data extraction

The studies meeting the inclusion criteria were read carefully by two investigators independently (Yansheng Zhao and Lei Wang). The following information was extracted for reaching consensus on all of the items: the first author’s name, year of publication, country of origin, ethnicity of study population, genotyping methods, source of controls, and number of cases and controls. The subjects were categorized as Asians, African and Caucasians for ethnicity; TaqMan, PCR-RFLP, SNPlex and other subgroup for genotyping method; population-based, hospital-based and Benign Prostate Hyperplasia (BPH) for the source of controls, respectively. We also divided the clinical stages into a localized group and an advanced group. Any disagreements were resolved by a third reviewer (Geng Zhao).

Statistical analysis

A χ²-test based on the Q statistic was conducted to assess the heterogeneity. The between-study heterogeneity was considered to be significant when I²>50% and p<0.1, and the random effects model was chosen to combine values from studies [11]. Otherwise, for homogeneous studies, the fixed effects model was used. The pooled odds ratios (ORs) together with its 95% confidence intervals (95% CIs) were calculated to evaluate the risk. In addition, subgroup analyses were conducted based on ethnicity, genotyping method, source of controls and clinic stages. Sensitivity analysis was performed to assess the stability of pooled results. Begg’s Funnel plot and Egger’s test were preformed to assess the potential publication bias. Moreover, Hardy-Weinberg equilibrium (HWE) of controls was reexamined by us with the goodness-of-fit χ²-test. All analyses were performed using STATA package version 11.0 (Stata Corp, College Station, TX, USA).

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Conceived and designed the experiments: Shaosan Kan and Xiaqiang Li. Extracted data: Yansheng Zhao, Geng Zhao and Lei Wang. Performed the data analysis: Jian Liu, Xi Chen and Liguo Zhang. Wrote the paper: Anliang Yao and Xiaojun Zhang.

CONFLICTS OF INTEREST

The authors report no conflicts of interest.

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