A continuous Mott transition between a metal and a quantum spin liquid

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More than half a century after first being proposed by Sir Nevill Mott, the deceptively simple question of whether the interaction-driven electronic metal-insulator transition may be continuous remains enigmatic. Recent experiments on two-dimensional materials suggest that when the insulator is a quantum spin liquid, lack of magnetic long-range order on the insulating side may cause the transition to be continuous, or only very weakly first order. Motivated by this, we study a half-filled extended Hubbard model on a triangular lattice strip geometry. We argue, through use of large-scale numerical simulations and analytical bosonization, that this model harbors a continuous (Kosterlitz-Thouless-like) quantum phase transition between a metal and a gapless spin liquid characterized by a spinon Fermi sea, i.e., the “spin Bose metal”. These results may provide a rare insight into the development of Mott criticality in strongly interacting two-dimensional materials and elucidate a mechanism by which spin-liquid phases are stabilized in the vicinity of such transitions.

Strongly correlated electronic systems may have insulating phases that originate entirely from electron-electron interactions. These insulators, and their phase transitions to metallic phases have a long history reaching back into the pioneering work of Mott.1–12 However, despite decades of study, metal-insulator transitions driven by strong correlations—Mott’s namesake—remain rather poorly understood. Central to this difficulty is the fact that Mott transitions exhibit strong quantum fluctuations, which can inherit correlations from both the adjacent metallic and insulating phases. Thus, the nature of the Mott transition may depend crucially on the properties of each of these phases.

Conventional insulating phases, such as those with magnetic long-range order, appear to predominantly give rise to first-order Mott transitions, as has been observed in a number of experimental systems in the past.13–16 The reason for first-order behavior is simple: The properties of both the spin and charge sectors change qualitatively at the transition, the former developing magnetic long-range order and the latter localizing to form an insulating state. In contrast, systems that harbor unconventional, exotic insulating phases showing no symmetry breaking down to zero temperature—so-called quantum spin liquid—17–20 offer a promising playground for finding the long-sought-after continuous Mott transition. For example, one beautiful possibility is that the spin sector on the insulating side may be described by a spinon Fermi surface coupled to a U(1) gauge field21 (the so-called “spin Bose metal”). In this case, the behavior of the spin correlations would be qualitatively unchanged22 upon crossing the transition, making the nature of the transition determined entirely by the charge sector. Thus, as proposed in Refs. 13,17 perhaps the electronic Mott transition in d spatial dimensions can be in the (d + 1)D XY universality class, the same as obtained for bosons.15

Fortunately, this sort of physics is more than just a theorist’s dream, as recently several experimental groups have found strong evidence for spin-liquid behavior proximate to a Mott transition in two separate quasi-two-dimensional triangular lattice organic materials. In 2003, a putative spin-liquid phase in κ-(BEDT-TTF)2Cu2(CN)3 was discovered,19 which is insulating at ambient pressure with no apparent long-range order but can indeed be driven metallic by application of moderate pressure.20 More recently, Itou et al. found21 a spin-liquid candidate in EtMe3Sb[Pd(dmit)2]2.22 Further experiments indicated the existence of highly mobile gapless spin excitations in both compounds.22,23

FIG. 1: Schematic of the half-filled extended Hubbard model on the two-leg triangular strip and its phase diagram. Top: Our electronic model contains electron hoppings t and t′ in addition to repulsive Hubbard interactions up to fourth neighbor [see Eqs. (1)–(2)]. As shown, we view the two-leg triangular strip as a 1D chain and attack the problem with DMRG and bosonization. Bottom: The phase diagram of our model as a function U/t for the chosen characteristic parameters (see text).
though the precise nature of the spin excitations in κ-(BEDT-TTF)$_2$Cu$_2$(CN)$_3$ at the lowest temperatures is still highly controversial. These findings suggest that the spin Bose metal is likely a good starting point for understanding the spin-liquid behavior observed in these two materials. In addition, the pressure-induced Mott transition from the metal to the spin liquid is observed to be either only very weakly first order or perhaps even continuous.

Motivated by these experiments, we consider a model of interacting electrons on a half-filled triangular lattice “strip” geometry (see Fig. 1), which we solve using large-scale density matrix renormalization group (DMRG) calculations. By increasing the strength of the repulsive electron-electron interactions, we drive the ground state of the system from a metallic Fermi liquid-like phase to an insulating phase identified as the electronic spin Bose metal via an intervening continuous Kosterlitz-Thouless-like quantum phase transition. Further increasing the electron interactions eventually drives the system into a spin-gapped valence bond solid (VBS) insulator—the phase realized by the effective Heisenberg spin model that our half-filled electronic model approaches at strong repulsion. Our calculations thus represent a direct quasi-one-dimensional (quasi-1D) analog of tuning a two-dimensional (2D) half-filled Hubbard-type model from a metal to a quantum spin liquid to a conventional ordered phase via increasing overall electron repulsion, a result with clear potential relevance to the Mott physics observed in the organic spin liquid.

EXTENDED HUBBARD MODEL ON THE TWO-LEG TRIANGULAR STRIP

The most appropriate microscopic model for the triangular-lattice organic materials is a Hamiltonian consisting of electron hopping plus moderately strong, possibly extended, Coulomb repulsion. As is well-known from 30 years of research on the high-temperature cuprate superconductors, such a model does not succumb easily to either exact analytical field theory nor direct numerical simulations in two dimensions due to the fermionic “sign problem”.

Recently, some of us have proposed a novel approach to the 2D limit of such models through a sequence of studies on quasi-1D ladder geometries, which have the significant advantage that they can be solved exactly with DMRG. Sheng et al. used this line of attack to extensively study an effective spin model appropriate for the “weak” Mott insulating regime of the organic materials and indeed found exceptionally strong evidence that quasi-1D descendants of the spin Bose metal exist as the ground state over a large region of the phase diagram. The low-energy degrees of freedom of this exotic spin liquid are modeled as mobile and charge-neutral spin-1/2 fermionic spinons coupled to a U(1) gauge field. In 2D, these gapless spinons give rise to a spin structure factor with power-law singularities residing on an entire “Bose surface” in momentum space. However, in quasi-1D the Bose surface is reduced to a set of points, so that quasi-1D descendants of the 2D spin liquid are dramatically recognizable on ladders, making the quasi-1D approach very fruitful.

Inspired by these recent developments and restricting ourselves to the two-leg triangular strip for numerical tractability, we consider the following extended Hubbard model (see Fig. 1):

\[
H = -\sum_{x,\alpha} \left[ t c_{\alpha}^\dagger(x) c_{\alpha}(x + 1) + t' c_{\alpha}^\dagger(x) c_{\alpha}(x + 2) + \text{H.c.} \right] + \frac{1}{2} \sum_{x,x'} V(x - x') n(x) n(x'),
\]

where \(c_{\alpha}(x)\) destroys an electron at site \(x\) with spin \(\alpha = \uparrow, \downarrow\), \(n(x) = \sum_{\alpha} c_{\alpha}^\dagger(x) c_{\alpha}(x)\) is the electron number operator, and we take the system to be half-filled with one electron per site.

In the usual on-site Hubbard model, we would have \(V(x - x') = U \delta_{x,x'}\). However, inspired by the results of Ref. we allow for longer-ranged repulsion in our Hamiltonian. For concreteness, we take the following model potential:

\[
V(x - x') = \begin{cases} U, & |x - x'| = 0 \\ \kappa U e^{-\gamma |x - x'|}, & 1 \leq |x - x'| \leq 4 \\ 0, & |x - x'| > 4. \end{cases}
\]

The reasoning for considering such longer-ranged repulsion in the model Hamiltonian is twofold. First, such terms are well-motivated by recent ab initio

\[\epsilon(q) = -2t \cos(q) - 2t' \cos(2q) - \mu\]

\[k_{F2} = -k_{F1} - \pi/2\]

FIG. 2: Electron/spinon bands on the two-leg triangular strip. In the noninteracting \(U/t = 0\) limit, the ground state of our model for \(t'/t > 0.5\) consists of two disconnected Fermi seas (bands) with Fermi points as labeled above. On the other hand, the insulating two-band spin Bose metal can be modeled, in a pure spin system, by Gutzwiller projecting the same band structure (see Ref. [13]). Here, we realize a continuous Mott transition between these two phases driven at strong interactions by an eight-fermion umklapp term which scatters both spin-up and spin-down electrons across each Fermi sea (black arrows).
MOTT METAL-INSULATOR TRANSITION AND REALIZATION OF THE ELECTRONIC SPIN BOSE METAL

We first sketch the low-energy effective theory describing the putative metal to spin Bose metal transition and then present strong numerical evidence that this exotic scenario is indeed realized. In the absence of interactions \( U/t = 0 \), our model for \( t'/t > 0.5 \) simply describes two bands of noninteracting spinful electrons (see Fig. 2). Importantly, the weak-coupling analysis of Ref. 26 indicates that this spin gapless two-band metallic state—so-called C2S2 in the literature, where \( \text{CoS}_2 \beta \text{denotes a Luttinger liquid with } \alpha \text{ gapless charge modes and } \beta \text{ gapless spin modes} \)—is stable in our extended Hubbard model, Eqs. (1 + 2), in the presence of infinitesimal \( U/t \). At half-filling, there is an allowed eight-fermion umklapp term in our two-band system (see Fig. 3). Bosonizing (see, e.g., Refs. 39[12]) this interaction gives

\[
H_S = 2u \cos(4\theta_{p^+}),
\]

where \( \theta_{p^+} \) is the density field for the overall charge mode, i.e., \( \delta n(x) = 2\theta_{p^+}/\pi \) is the coarse-grained electron density. Assuming the C2S2 metal is stable against opening of a spin gap, then the fixed-point Lagrangian \( L_{\text{C2S2}} \) involves four gapless bosonic modes, one being \( \theta_{p^+} \) (see the Supplementary Information and Ref. 26 for details). For free electrons, the scaling dimension of the eight-fermion umklapp term is \( \Delta[H_S] = 4 > 2 \), so that \( H_S \) is strongly irrelevant at weak coupling. However, increasing \( U/t \) in our microscopic model will feed into “stiffening” \( \theta_{p^+} \) in \( L_{\text{C2S2}} \), thus decreasing \( \Delta[H_S] \). Eventually \( \Delta[H_S] = 2 \), beyond which the umklapp is relevant so that \( u \) grows at long scales pinning \( \theta_{p^+} \) into one of the minima of the cosine potential in \( H_S \). The resulting phase is a remarkable C1S2 Luttinger liquid, which is precisely the electronic spin Bose metal where the remaining “charge mode” does not transport charge along the ladder but rather represents local current loop fluctuations.

The critical theory describing the C2S2→C1S2 metal-insulator transition is a sinea-Gordon-like theory, with a technical complication arising because \( \theta_{p^+} \) is coupled to the “relative charge” field \( \theta_{p^-} \) in \( L_{\text{C2S2}} \) (see the Supplementary Information). Nonetheless, the transition is still Kosterlitz-Thouless-like \( [(1+1)D \text{ XY}] \) and represents a direct, nontrivial two-leg analog of the (2 + 1)D scenario recently proposed by Senthil.

We now present our numerical results, giving strong evidence that the above scenario is actually realized. To numerically characterize the system, we focus on four main quantities: the density structure factor \( \langle \delta n_q \delta n_{-q} \rangle \), the spin structure factor \( \langle S_q \cdot S_{-q} \rangle \), the dimer structure factor \( \langle B_q B_{-q} \rangle \), and the electron momentum distribution function \( \langle c_{q\alpha} c_{q\alpha} \rangle \), where \( \delta n_q \), \( S_q \), \( B_q \), and \( c_{q\alpha} \) are the Fourier transforms of the local operators \( \delta n(x) \equiv n(x) - \langle n(x) \rangle \), \( S(x) \equiv \frac{1}{2} \sum_{\alpha,\beta} c_{q\alpha}^\dagger(x) \sigma_{\alpha\beta} c_{q\beta}(x) \), \( B(x) \equiv S(x) \cdot S(x + 1) \), and \( c_{q\alpha}(x) \), respectively. In the data presented here, we consider systems up to \( L = 96 \) sites with periodic boundary conditions. (See the Supplementary Information for all details, including discussion of boundary conditions, as well as further complementary data.)

We focus first on the density (charge) structure factor \( \langle \delta n_q \delta n_{-q} \rangle \). A crucial aspect of \( \langle \delta n_q \delta n_{-q} \rangle \) lies in its ability to distinguish metallic from insulating behavior at small wavevectors \( q \). For a metallic state, we expect \( \langle \delta n_q \delta n_{-q} \rangle \sim |q| \) for \( q \to 0 \). Specifically, for the two-band C2S2 metal, the slope of \( \langle \delta n_q \delta n_{-q} \rangle \) at \( q = 0 \) is related to the “Luttinger parameter” \( g_{p^+} \) for the overall charge mode \( \theta_{p^+} \):

\[
\langle \delta n_q \delta n_{-q} \rangle = 2g_{p^+} |q|/\pi \quad \text{as } q \to 0.
\]

Importantly, the quantity \( g_{p^+} \) as determined from Eq. (3) gives a direct measure of the scaling dimension of \( H_S \): \( \Delta[H_S] = 4g_{p^+} \) (see the Supplementary Information). Once \( \Delta[H_S] < 2 \) (corresponding to measured \( g_{p^+} < 1/2 \) in Eq. (4)), then the umklapp is relevant, and the system is necessarily insulating. We then expect \( g_{p^+} \to 0 \) at long scales so that \( \langle \delta n_q \delta n_{-q} \rangle \) becomes quadratic at small \( q \): \( \langle \delta n_q \delta n_{-q} \rangle \sim q^2 \) in the Mott insulator.

In Fig. 3 we show a series of density structure factor measurements ranging from the noninteracting limit at \( U/t = 0 \) to deep in the Mott insulating phase at \( U/t = 7.0 \). In the inset, we show estimates of \( g_{p^+} \) by plotting \( \langle \delta n_q \delta n_{-q} \rangle/(2|q|/\pi) \) [see Eq. (4)]. Based on the above arguments, we see that the Mott transition occurs near a critical value of \( U/t = 1.6 \) where \( g_{p^+} \) drops below 1/2. Note, however, that for these system sizes \( \langle \delta n_q \delta n_{-q} \rangle \) still appears linear in \( q \) until much larger overall repulsion, i.e., \( U/t \approx 5.0 \). Still, we argue that the system becomes insulating at \( U/t = 1.6 \), as this is where \( H_S \) is determined to be relevant based on the measurement of \( g_{p^+} \). That is, we, rather remarkably, have an insulating state with a charge correlation length comparable to our system size \( (L = 96) \) for \( 1.6 \leq U/t \leq 5.0 \). Indeed, such large correlation lengths are expected in the weak Mott insulating spin Bose metal, which we now argue is precisely the phase realized immediately on the insulating side of our model.

To this end, we now turn to the spin structure factor \( \langle S_q \cdot S_{-q} \rangle \) in Fig. 4. In the noninteracting limit
$U/t = 0$, we have familiar singularities at wavevectors $q = 2k_{F1}, 2k_{F2}, \pi/2, k_{F2} - k_{F1}$ originating from various “$2k_F$” processes in our two-band system (see Fig. 2). These singularities are simple slope discontinuities, i.e., the scaling dimension for the spin operator at each wavevector is unity as guaranteed by Wick’s theorem. As we enter the putative interacting $\text{C}_2\text{S}_2$ metal by turning on finite $U/t$, the scaling dimensions at wavevectors $2k_{F1}, 2k_{F2}, \pi/2, k_{F2} - k_{F1}$ are renormalized slightly but remain near unity.

Near the Mott transition value $U/t = 1.6$ as determined from $\langle \delta n_q \delta n_{-q} \rangle$ above, we observe the remarkable result that the singular features in $\langle \text{S}_q \cdot \text{S}_{-q} \rangle$ all survive, and those at $q = 2k_{F1}, 2k_{F2}, \pi/2$ are actually enhanced upon entering the insulating phase. Indeed, these are characteristic signatures of the spin Bose metal. (In Figs. 3, we display characteristic $\text{C}_2\text{S}_2$ spin Bose metal data at $U/t = 4.0$ with distinctive dark green square symbols.) First, the singular features in $\langle \text{S}_q \cdot \text{S}_{-q} \rangle$ still correspond to the same “$2k_F$” processes as in the metallic phase, but with the charge gapped they now correspond to spinon transfers across the Fermi sea. Second, in the spin Bose metal, we indeed expect the scaling dimensions of the spin operator at wavevectors $2k_{F1}, 2k_{F2}, \pi/2$ to be decreased (singularities enhanced) from their mean-field values. This enhancement can be understood clearly within the bosonization framework. Specifically, when written in terms of bosonized fields, the slowly varying part of the spin operator at wavevectors $Q = 2k_{F1}, 2k_{F2}, \pi/2$ contains directly the field $\theta_{\rho^+}$, i.e., $\langle \text{S}_q \cdot \text{S}_{-q} \rangle \propto e^{i \theta_{\rho^+}}$ (see the Supplementary Information and Ref. 13). Thus, pinning of $\theta_{\rho^+}$ at the Mott transition reduces the fluctuating content of the spin operator at these wavevectors, which in turn reduces the scaling dimensions and, ultimately, enhances the structure factor singularities. This enhancement is actually a (1+1)D realization of “Amperean” attraction between a spinon “particle” and “hole” moving in opposite direction.

In the density structure factor measurements of Fig. 3, we also have singular features at the “$2k_F$” wavevectors $q = 2k_{F1}, 2k_{F2}, \pi/2, k_{F2} - k_{F1}$ within the metallic phase, and in fact in the noninteracting $U/t = 0$ limit, the density and spin structure factors as defined are identical: $\langle \delta n_q \delta n_{-q} \rangle = \frac{1}{2} \langle \text{S}_q \cdot \text{S}_{-q} \rangle$. In the interacting $\text{C}_2\text{S}_2$ metal, the features at $q = 2k_{F1}, \pi/2, k_{F2} - k_{F1}$ are still clearly visible. In fact, some of these features survive even upon entering the putative spin Bose metal insulator and remain until $U/t \simeq 4.0$ (see black * symbols in Fig. 3). That is, we have power-law density correlations at finite $2k_F$ wavevectors—a manifestation of which are the famous Friedel oscillations common in metals—even in a Mott insulator!

Indeed, this remarkable result is expected in the two-band spin Bose metal theory, where, as with the spin operator, the slowly varying part of the density operator at wavevectors $Q = 2k_{F1}, 2k_{F2}, \pi/2$ again contains...
In the top inset of Fig. 4, we show behavior of a direct two-leg analog coupling. Interestingly, all these power-law density correlations in Fig. 4. However, there are overriding nonuniversal amplitudes that are expected to be small in a Mott insulator thus preventing observation of this enhancement—this is likely the case in our data. Furthermore, we see development of a feature, though apparently weak or with very small amplitude, as anticipated, at a wavevector $q = 4k_F = -4k_F$ (see black hexagram symbols in Fig. 3). This feature is again expected from theory and is actually a four-fermion contribution to the density operator (and thus is extremely weak at weak coupling). Interestingly, all these power-law density correlations in our electronic two-band spin Bose metal are a direct two-leg analog of the charge Friedel oscillations expected on the insulating side of the continuous Mott transition in higher dimensions, as recently stressed by Mross and Senthil.

Returning to the spin sector, we can use the small $q$ behavior of $\langle S_{q} \cdot S_{-q} \rangle$ to assess whether or not the spin sector is gapless in the realized phases. In analogy with Eq. (4), for a spin gapless state we have

$$\langle S_q \cdot S_{-q} \rangle = 3g_{\sigma+}|q|/2\pi \text{ as } q \to 0,$$

where $g_{\sigma+}$ is the “Luttinger parameter” associated with the overall spin mode $\theta_{\sigma+}$, which for a gapless SU(2) invariant fixed point is necessarily unity: $g_{\sigma+} = 1$ (see the Supplementary Information and also, e.g., Refs. [2-18]. In the top inset of Fig. 4, we show $\langle S_q \cdot S_{-q} \rangle/(3|q|/2\pi)$, where we see that for free electrons $g_{\sigma+} = 1$, while increasing $U/t$ pushes the $L = 96$ estimate of $g_{\sigma+}$ above unity—this increasing trend continues until $U/t \approx 4.0$, i.e., well beyond the Mott critical value of $U/t = 1.6$. This robust increasing measurement of $g_{\sigma+} > 1$ (we expect $g_{\sigma+} \to 1$ as $L \to \infty$) well into the insulator is a strong indicator that the spin is gapless on both the metallic and insulating sides of the Mott transition, lending strong credence that we are indeed observing the sought-after C2S2→C1S2 scenario described above. In the Supplementary Information, we discuss these results in more detail and make comparisons to how $g_{\sigma+}$ behaves in the on-site $t$-$t'$-$U$ Hubbard model at $\kappa = 0$.

Eventually, above $U/t \approx 5.0$ we see that $g_{\sigma+}$ drops below unity and $\langle S_q \cdot S_{-q} \rangle \sim q^2$ for small $q$, indicating the opening of a spin gap. We identify this strong Mott insulating phase as a fully gapped (C0S0) period-2 valence bond solid, which is continuously connected to the dimerized phase realized by the $J_1$-$J_2$ Heisenberg model (and also the on-site $t$-$t'$-$U$ Hubbard model at large $U/t$). To this end, we turn to the dimer structure factor in Fig. 5. In the inset, we indeed see clear Bragg peaks developing in $\langle B_q B_{-q} \rangle$ at $q = \pi$ for $U/t \gtrsim 5.0$, hence strongly indicative of period-2 valence bond solid order. Furthermore, the operator content of the density, $\delta n(x)$, and bond energy, $B(x)$, are identical at all wavevectors except $\pi$ (see Ref. [18] and the Supplementary Information). Thus, in the gapless phases (C2S2 and C1S2) we expect singularities in $\langle B_q B_{-q} \rangle$ at the same “$2k_F$” wavevectors for which we find singularities in $\langle \delta n \delta n_{-q} \rangle$ (see Fig. 3). Indeed, in the main plot of Fig. 5, we clearly see features in
\[ \langle B_q B_{-q} \rangle \text{ at } q = 2k_{F1}, 2k_{F2}, k_{F2} - k_{F1}, \text{ and } 4k_{F2}. \]

Once in the putative C1S2 insulator, these features are more apparent in \( \langle B_q B_{-q} \rangle \) than in \( \langle \delta n \delta n_{-q} \rangle \) since the latter are expected to have small amplitudes in a Mott insulator. In our data, this is especially true at wavevectors 2\( k_{F2} \) and 4\( k_{F2} \), the latter of which is very nontrivial four-fermion contribution discussed above.

Finally, we discuss the behavior of the electron momentum distribution function \( \langle c_{q\alpha}^\dagger c_{q\alpha} \rangle \) as shown for a dense scan of \( U/t \) values in Fig. 3. Beyond the Mott transition, when the field \( g_{p+} \) gets pinned, we expect the electron Green’s function to decay exponentially so that the power-law singularities in \( \langle c_{q\alpha}^\dagger c_{q\alpha} \rangle \) at the four Fermi points \( q = \pm k_{F1}, \pm k_{F2} \) become gapped. While it is not exceedingly apparent that finite correlation lengths emerge at the Fermi points when we cross the Mott transition at \( U/t = 1.6 \) (as determined from \( g_{p+} \) measurements—see Fig. 3), we believe this is another manifestation of the large charge correlation lengths present in the exotic C1S2 insulator. Deep into the putative C1S2 phase though, e.g., for \( U/t \simeq 4.0 \), finite correlation lengths are more apparent.

**DISCUSSION AND OUTLOOK**

In this paper, we have explored the Mott transition between a metal and a quantum spin liquid, presenting strong evidence through large-scale DMRG simulations in quasi-1D that such a continuous transition can be realized in reasonable electronic models. Our study is strongly motivated by recent experiments on the quasi-two-dimensional organic materials \( \kappa-(\text{BEDT-TTF})_2\text{Cu}_2(\text{CN})_3 \) and EtMeSb[Pd(dmit)]\(_2\)_2, each of which is a quantum spin liquid that can be driven through a Mott transition to a Fermi liquid under pressure. We believe our simulations of an extended Hubbard model—a model well-motivated by recent ab initio calculations—\(^{30}\) and \( \kappa-(\text{BEDT-TTF})_2\text{Cu}_2(\text{CN})_3 \)—represent an important first step toward numerically characterizing this transition. While our study is restricted to the two-leg triangular strip, it does show the universal physics of a clear and direct quasi-1D analog of the continuous Mott metal-to-spin liquid transition in two dimensions.\(^{10}\)

Our calculations also elucidate the remarkable properties of the spin-liquid state stabilized on the insulating side. In many ways, this electronic “spin Bose metal” weak Mott insulator, as realized in our model, behaves very much like a metal on length scales shorter than the charge correlation length, and indeed exhibits long-distance density and spin correlations reminiscent of the nearby metallic phase (see Figs. 3 and 1). It is precisely this striking similarity between the metallic and insulating states—in basically all properties except the finite charge correlation length in the latter—which makes a continuous Mott metal-insulator transition plausible, perhaps even likely.

Going forward, it would clearly be desirable to move towards two dimensions and explore the Mott transition in models such as Eq. (1) on wider ladders and eventually in full 2D, with the goal to make real connections with the actual experiments.\(^{20,25}\) In the end, the transition may turn out to not be continuous but instead be weakly first order, as is perhaps realized in \( \kappa-(\text{BEDT-TTF})_2\text{Cu}_2(\text{CN})_3 \). Still, our numerical calculations presented here, as well as the recent field theoretic work of Senthil and Mross, suggest that a continuous Mott transition in the \((d+1)\)D XY universality class between a metal and quantum spin liquid is a very real, exciting possibility.

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**SUPPLEMENTARY INFORMATION**

I. DETAILS OF DMRG CALCULATIONS AND OBSERVABLES

We use large-scale DMRG calculations to calculate ground state properties of our model Hamiltonian, Eqs. (1)–(2), on finite-size chains of length \( L \) sites. While we have performed simulations with both open and periodic boundary conditions, we find the latter to be preferable for our model in spite of the well-known more challenging convergence properties with periodic boundaries.
in DMRG calculations. The long-ranged nature of our interaction potential [Eq. (2)], however, makes open boundary problems problematic. The issue is that all interactions up to fourth neighbor are chosen to scale with the overall Hubbard strength $U$, so that, at least for the parameters chosen in our study, it is energetically favorable for the end sites of an open chain to become doubly occupied at large $U/t$. That is, even though the system then has to pay very large on-site $U$ to have all sites occupied, the energy gained from having the system at a higher density is sufficient to overcome the on-site $U$.

For the dimer structure factor in Eq. (9), we do not subtract a product of local averages from the total structure factor $S_q$, the dimer structure factor $\langle \mathcal{B}_q \mathcal{B}_{-q} \rangle$, and the electron momentum distribution function $\langle c^\dagger_\alpha c_\alpha \rangle$ (where $\alpha = \uparrow, \downarrow$) with no implied summation). In each case, the structure factor is defined as the Fourier transform of the associated two-point function. Specifically, we have

$$\langle \delta n_q \delta n_{-q} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle \delta n(x) \delta n(x') \rangle,$$

$$\langle S_q \cdot S_{-q} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle S(x) \cdot S(x') \rangle,$$

$$\langle c^\dagger_{q\alpha} c_{q\alpha} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle c^\dagger_{\alpha}(x) c_{\alpha}(x') \rangle,$$

$$\langle \mathcal{B}_q \mathcal{B}_{-q} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle \mathcal{B}(x) \mathcal{B}(x') \rangle,$$

where $n(x) = \sum_{\alpha = \uparrow, \downarrow} c^\dagger_\alpha(x) c_\alpha(x)$ is the number operator [with $\delta n(x) = n(x) - \langle n(x) \rangle$], $S(x) = 1/2 \sum_{\alpha, \beta} c^\dagger_\alpha(x) \sigma_{\alpha \beta} c_\beta(x)$ is the spin operator, and $\mathcal{B}(x) = S(x) \cdot S(x+1)$ is the bond energy operator. For simplicity, we set $\langle \mathcal{B}(x) \mathcal{B}(x') \rangle = 0$ if $\mathcal{B}(x)$ and $\mathcal{B}(x')$ share common sites. When presenting all structure factor measurements, we only show data for $q \geq 0$ since the measurements are symmetric about $q = 0$.

For the dimer structure factor in Eq. (7), we do not subtract a product of local averages from the total structure factor $S_q$, the dimer structure factor $\langle \mathcal{B}_q \mathcal{B}_{-q} \rangle$, and the electron momentum distribution function $\langle c^\dagger_\alpha c_{\alpha} \rangle$ (where $\alpha = \uparrow, \downarrow$) with no implied summation). In each case, the structure factor is defined as the Fourier transform of the associated two-point function. Specifically, we have

$$\langle \delta n_q \delta n_{-q} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle \delta n(x) \delta n(x') \rangle,$$

$$\langle S_q \cdot S_{-q} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle S(x) \cdot S(x') \rangle,$$

$$\langle c^\dagger_{q\alpha} c_{q\alpha} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle c^\dagger_{\alpha}(x) c_{\alpha}(x') \rangle,$$

$$\langle \mathcal{B}_q \mathcal{B}_{-q} \rangle = \frac{1}{L} \sum_{x,x'} e^{-i q (x-x')} \langle \mathcal{B}(x) \mathcal{B}(x') \rangle,$$

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II. LUTTINGER LIQUID DESCRIPTION AND SOLUTION BY BOSONIZATION

In this section, we spell out the effective low-energy description of the C2S2 metal and C1S2 spin Bose metal and intervening Kosterlitz-Thouless (KT)-like Mott transition, focusing on those aspects of the theory most relevant to the DMRG results presented in the main text. Some aspects of our presentation follow those of Refs. [13] and [20].

A. Long-wavelength description of C2S2 metal and C1S2 spin Bose metal

Consider noninteracting electrons at half-filling on the two-leg triangular strip (see Fig. [1]). When viewed as a 1D chain with first-neighbor and second-neighbor hopping, $t$ and $t'$, the electron dispersion is given by (see also Fig. [2])

$$\epsilon(q) = -2t \cos(q) - 2t' \cos(2q) - \mu.$$

For $t'/t > 0.5$, which is the case of interest here, the ground state consists of two disconnected Fermi seas.
(bands) which we label by \( a = 1, 2 \). We take the convention for electrons moving near \( k_{fa} \) \((-k_{fa})\), corresponding to right and left movers, respectively. Furthermore, taking the system to be at half-filling gives the sum rule \( k_{f1} + k_{f2} = -\pi/2 \mod 2\pi \).

As usual\cite{22}, we take the low-energy continuum limit and expand the electron operator in terms of slowly varying continuum fields at the four Fermi points:

\[
c_{a}(x) = \sum_{\alpha,P} e^{ik_{fa}x} c_{P\alpha a},
\]

where \( \alpha = \uparrow, \downarrow \) denotes the electron spin, and the sum runs over \( a = 1, 2 \) for the two Fermi seas and \( P = R/L = +/− \) for the right and left movers at the Fermi points of each Fermi sea. Although not written explicitly, the continuum fields depend on position \( x \):

\[
c_{P\alpha a}(x) = c_{P\alpha a}(x).
\]

Next, we bosonize\cite{23} the continuum fields according to

\[
c_{P\alpha a} = \eta_{\alpha a} e^{i(\varphi_{\alpha a} + p\theta_{\alpha a})},
\]

where \( \varphi_{\alpha a} \) and \( \theta_{\alpha a} \) are the canonically conjugate bosonic phase and phonon fields, respectively. Specifically, we have

\[
[\varphi_{\alpha a}(x), \varphi_{\beta b}(x')] = [\theta_{\alpha a}(x), \theta_{\beta b}(x')] = 0, \quad (13)
\]

\[
[\varphi_{\alpha a}(x), \theta_{\beta b}(x')] = i\pi \delta_{ab} \delta_{\alpha \beta} \Theta(x - x'). \quad (14)
\]

The fields \( \eta_{\alpha a} \) are the Klein factors, i.e., Majorana fermions \( \{\eta_{\alpha a}, \eta_{\beta b}\} = 2\delta_{ab} \delta_{\alpha \beta} \), which are necessary to ensure the correct anticommutation relations among different fermionic species \( a\alpha \). Finally, the slowly varying component of the electron density is given by the derivative of the \( \theta_{\alpha a} \) fields: \( ρ_{\alpha a} = \sum_{P=±} c_{P\alpha a}^\dagger c_{P\alpha a} = \partial_x \theta_{\alpha a}/\pi \), where \( c_{P\alpha a}^\dagger c_{P\alpha a} = \partial_x (\theta_{\alpha a} + P\varphi_{\alpha a})/(2\pi) \). Hence, Eq. (14) is essentially a statement of the density-phase uncertainty relation: \( [\rho(x), \varphi(x')] = i\delta(x - x') \).

Next, we linearize about the Fermi points and express the problem in terms of the bosonized fields introduced above. Working in the Euclidean path integral formalism, the low-energy continuum Lagrangian density for the two-band noninteracting electron gas then reads:

\[
\mathcal{L}_{\text{free}} = \mathcal{H}_{\text{free}} + \sum_{a,\alpha} \frac{i}{\pi} (\partial_x \theta_{\alpha a})(\partial_x \varphi_{\alpha a}),
\]

where

\[
\mathcal{H}_{\text{free}} = \sum_{a,\alpha} \frac{v_{fa}}{2\pi} [(\partial_x \theta_{\alpha a})^2 + (\partial_x \varphi_{\alpha a})^2]. \quad (15)
\]

We now introduce the “charge” and “spin” modes for each band:

\[
\theta_{\alpha p/σ} = \frac{1}{\sqrt{2}} (\theta_{\alpha \uparrow} ± \theta_{\alpha \downarrow}), \quad (17)
\]

and the “overall” and “relative” combinations with respect to the two bands:

\[
\theta_{\mu \pm} = \frac{1}{\sqrt{2}} (\theta_{\mu \uparrow} ± \theta_{\mu \downarrow}), \quad (18)
\]

where \( \mu = ρ, σ \). Fields analogous to Eqs. (17) and (18) are also defined for the \( \varphi \)'s. These newly defined fields satisfy the same canonical commutation relations as the original fields [Eqs. (15)-(16)]. The free-electron Lagrangian \( \mathcal{L}_{\text{free}} \) then as usual decouples into charge and spin sectors:

\[
\mathcal{L}_{\text{free}} = \mathcal{L}^ρ_{\text{free}} + \mathcal{L}^σ_{\text{free}},
\]

where

\[
\mathcal{L}^ρ_{\text{free}} = \mathcal{H}^ρ_{\text{free}} + \sum_{\alpha} \frac{i}{\pi} (\partial_x \theta_{\alpha ρ})(\partial_x \varphi_{\alpha ρ}), \quad (20)
\]

\[
\mathcal{H}^ρ_{\text{free}} = \sum_{a} \frac{v_{fa}}{2\pi} [(\partial_x \theta_{\alpha ρ})^2 + (\partial_x \varphi_{\alpha ρ})^2]. \quad (21)
\]

We are finally in position to discuss interactions. In the interacting C2S2 Luttinger liquid, the fixed-point theory is similar to Eq. (19), i.e.,

\[
\mathcal{L}_{\text{C2S2}} = \mathcal{L}^ρ_{\text{C2S2}} + \mathcal{L}^σ_{\text{C2S2}},
\]

except we have general mode velocities and, in the charge sector, nontrivial Luttinger parameters. For convenience in the discussion that follows, in the charge sector we work in the \( \rho^± \) basis of Eq. (18) and write the most general charge sector Lagrangian as

\[
\mathcal{L}^ρ_{\text{C2S2}} = \mathcal{H}^ρ_{\text{C2S2}} + \frac{i}{\pi} \partial_x \Theta^T \cdot \partial_x \Phi, \quad (23)
\]

\[
\mathcal{H}^ρ_{\text{C2S2}} = \frac{1}{2\pi} \left[ \partial_x \Theta^T \cdot A \cdot \partial_x \Theta + \partial_x \Phi^T \cdot B \cdot \partial_x \Phi \right], \quad (24)
\]

where \( \Theta^T \equiv (\theta_{\rho^+, \theta_{\rho^-}}) \) and \( \Phi^T \equiv (\varphi_{\rho^+, \varphi_{\rho^-}}) \); \( \Theta \) and \( \Phi \) are symmetric, positive definite 2x2 matrices which encode interactions. Note that even for free electrons, if \( v_{f1} ≠ v_{f2} \), the charge sector is not diagonal in the \( \rho^± \) basis, i.e., \( A_{12} = A_{21} ≠ 0, B_{12} = B_{21} ≠ 0, \) and in general the interacting C2S2 metal will have coupled \( ρ^+ \) and \( ρ^- \) modes\cite{25}.

For the spin sector, we stay in the band basis \( a = 1, 2 \) and write

\[
\mathcal{L}^σ_{\text{C2S2}} = \mathcal{H}^σ_{\text{C2S2}} + \sum_{a,\alpha} \frac{i}{\pi} (\partial_x \theta_{\alpha σ})(\partial_x \varphi_{\alpha σ}), \quad (25)
\]

\[
\mathcal{H}^σ_{\text{C2S2}} = \sum_{a,\alpha} \frac{v_{sa}}{2\pi} \left[ \frac{1}{g_{ασ}} (\partial_x \theta_{α σ})^2 + g_{ασ} (\partial_x \varphi_{α σ})^2 \right]. \quad (26)
\]

SU(2) invariance dictates only trivial Luttinger parameters in the spin sector, i.e., \( g_{1σ} = g_{2σ} = 1 \) (see Sec. II.C), but we keep them general in Eq. (26) for further analysis below. Our representation of the spin sector here is somewhat schematic in that allowed strictly marginal chiral
interactions will couple the bare spin modes [Eq. (17)] in the quadratic part of the C2S2 action. However, the resulting $H_{\text{C2S2}}^\sigma$ is symmetric under interchanging $\theta_{\sigma\sigma} \leftrightarrow \varphi_{\sigma\sigma}$ and so can easily be brought back to diagonal form via a simple orthogonal transformation which acts identically on the $\theta_{\sigma\sigma}$ and $\varphi_{\sigma\sigma}$ fields, hence keeping the Luttinger parameters at their trivial values. Thus, for the quadratic part of the C2S2 fixed-point theory, Eq. (20) is completely general for our purposes. Interestingly, the full C2S2 fixed-point theory also contains a strictly marginal chiral interband scattering term of the form $(H_{\text{chiral}}^\sigma)_{\perp} \sim \cos(2\varphi_{\sigma-}) \cos(2\theta_{\sigma-})$, which is nonharmonic [25]. However, we expect that the presence of this, presumably exactly marginal, nonharmonic chiral interaction will not quantitatively alter the spin sector at the C2S2 (and C1S2; see below) fixed point—at least with respect to the Luttinger parameters and contributions to the scaling dimensions of various operators (see Sec. II C). In fact, assuming that $(H_{\text{chiral}}^\sigma)_{\perp}$ is exactly marginal already implies trivial spin sector Luttinger parameters, $g_{1\sigma} = g_{2\sigma} = 1$, which is encouraging.

In addition to such strictly marginal interactions, there are many nonchiral interactions allowed by symmetry which may be added to Eq. (22) and potentially destabilize the C2S2 theory described above. To connect to a given microscopic Hamiltonian, a common approach is to employ a weak-coupling renormalization group (RG) scheme. That is, one can project the microscopic interactions onto all continuum symmetry-allowed interactions and read off initial conditions for all such couplings; these initial conditions can then be subsequently used in a controlled RG analysis valid for weak microscopic coupling $U/t \ll 1$. Then, bosonizing the four-fermion interactions—particularly those that may flow to strong coupling, hence destabilizing the “mother” C2S2—emits a direct physical interpretation of the resulting phase. This is the approach pioneered many years ago in Ref. [36] where it was shown (see also Ref. [37]) that for the on-site $t$-$t'$-$U$ Hubbard model, the C2S2 metal is generally unstable at weak repulsive interactions to the opening of a spin gap. The basic idea is that the RG flow equations—which are indeed rather complicated for the two-band system and in general require a detailed numerical analysis—have a tendency to eventually drive attractive divergent couplings in the spin sector (e.g., the terms denoted $g_{1\sigma}$ in Ref. [39] or, equivalently, $\lambda_{s\sigma}^c$ in Ref. [28]). These divergent couplings conspire to gap out all modes except the overall conducting charge mode $\theta_{\rho+}$, leaving a one-mode C1S0 conducting Luttinger liquid, essentially the quasi-1D analog of a superconductor.

However, this spin-gap tendency is not unavoidable. For example, one can fight such pairing tendencies by adding longer-ranged repulsion to the model Hamiltonian. This approach was recently explored systematically in Ref. [28] where it was shown that the C2S2 metal occupies a substantial portion of the weak-coupling phase diagram for the model considered in our work: Eqs. (1)–(2). Stability of the C2S2 metal at weak coupling indeed seems to be a necessary component for realizing the C2S2→C1S2 Mott transition presented numerically in the main text, and we buttress off the weak-coupling phase diagram presented in Ref. [28] when selecting the specific parameters of our model Hamiltonian.

Finally, as stressed in the main text, our Mott transition is driven at strong interactions by an eight-fermion umklapp term wherein both spin-up and spin-down electrons are scattered across each Fermi sea (see Fig. 2):

$$H_8 = u(c_{R1\uparrow}^c c_{R1\downarrow}^c c_{R2\uparrow}^c c_{R2\downarrow}^c c_{L1\downarrow} c_{L1\uparrow} c_{L2\uparrow} c_{L2\downarrow} + H.c.),$$

which when written in terms of the bosonized fields simply becomes a cosine of the overall charge field $\theta_{\rho+}$:

$$H_8 = 2u \cos(4\theta_{\rho+}).$$

The C1S2 spin Bose metal spin liquid corresponds to relevance of $H_8$ so that $u$ flows to strong coupling. That is, the field content of the C1S2 fixed-point theory looks identical to that of C2S2 but with a massive overall charge mode $\theta_{\rho+}$. Specifically, we have

$$\mathcal{L}_{\text{C1S2}} = \mathcal{L}_{\text{C1S2}}^\rho + \mathcal{L}_{\text{C1S2}}^{\sigma},$$

where the “charge sector” now only contains the $\rho-$mode:

$$\mathcal{L}_{\text{C1S2}}^\rho = \mathcal{H}_{\text{C1S2}}^\rho + \frac{i}{\pi} \partial_x \theta_{\rho-} \partial_x \varphi_{\rho-},$$

$$\mathcal{H}_{\text{C1S2}}^\rho = \frac{v_{\rho-}}{2\pi} \left[ \frac{1}{g_{\rho-}}(\partial_x \theta_{\rho-})^2 + g_{\rho-}(\partial_x \varphi_{\rho-})^2 \right],$$

which physically represents gapless local current fluctuations, and the spin sector formally reads the same as before:

$$\mathcal{L}_{\text{C1S2}}^{\sigma} = \mathcal{L}_{\text{C2S2}}^{\sigma},$$

still with trivial Luttinger parameters, $g_{1\sigma} = g_{2\sigma} = 1$. For an extensive discussion of the C1S2 phase with respect to its features and stability, we refer the reader to Ref. [13].

### B. Renormalization group analysis of the C2S2→C1S2 Mott transition

We now present the details of the critical theory describing our Mott transition. The theory is KT-like with a complication arising because the field $\theta_{\rho+}$, which is being gapped out, is coupled to the field $\theta_{\rho-}$ in the Gaussian fixed-point action for the C2S2 [see Eq. (24)], and $\theta_{\rho-}$ is massless on both sides of the transition.

From the above considerations, the charge sector Lagrangian describing the transition between the C2S2 metal and C1S2 spin Bose metal reads

$$\mathcal{L} = \mathcal{L}_0 + \mathcal{L}_{\text{cos}},$$

where
where
\[ \mathcal{L}_0 = \frac{1}{2\pi} \left[ \partial_\mu \Theta^T \cdot \mathbf{C} \cdot \partial_\mu \Theta + \partial_\mu \Theta^T \cdot \mathbf{D} \cdot \partial_\mu \Theta \right] \] (34)
is just \( \mathcal{L}^{\text{CS2}} \) from Eq. (23) with the \( \varphi \)'s integrated out, \( \Theta^T \equiv (\theta_{\rho^+}, \theta_{\rho^-}) \), and
\[ \mathcal{L}_{\text{cos}} = 2u \cos(n\theta_{\rho^+}) \] (35)
with \( n = 4 \) is our eight-fermion umklapp term. It is convenient to diagonalize the quadratic part of the theory \( \mathcal{L}_0 \) in a fashion similar to that described in Ref. [26] thus obtaining for the full theory
\[ \mathcal{L}_0 = \frac{1}{2\pi} \sum_{i=1,2} \left[ \frac{1}{v_i} (\partial_\mu \theta_i)^2 + v_i (\partial_\mu \theta_i)^2 \right], \] (36)
\[ \mathcal{L}_{\text{cos}} = 2u \cos(n_1 \theta_1 + n_2 \theta_2), \] (37)
where we have absorbed the nontrivial Luttinger parameters of the two normal modes, \( \theta_1 \) and \( \theta_2 \), into the real coefficients \( n_1 \) and \( n_2 \) via a rescaling of the fields. While \( \theta_1 \) and \( \theta_2 \) are specific linear combinations of \( \theta_{\rho^+} \) and \( \theta_{\rho^-} \), e.g., \( n\theta_{\rho^+} = n(c_1 \theta_1 + c_2 \theta_2) = n_1 \theta_1 + n_2 \theta_2 \), we do not spell out the details here, but instead refer the reader to the Appendix of Ref. [26] for a similar calculation. Ultimately, this linear combination, as well as the velocities and Luttinger parameters of the normal modes in the diagonalized system, are rather complicated, but still analytic, functions of the original parameters \( \mathbf{C} \) and \( \mathbf{D} \) of the coupled system.

We have performed a renormalization group (RG) analysis of the above two-mode system, obtaining the following leading-order KT-like (see below) flow equations for all couplings:
\[ \frac{dC_{11}}{d\ell} = \frac{\pi n_1^2}{\Lambda v_{11}} I \left( \frac{v_2}{v_1}, \frac{n_2^2}{4} \right) u^2, \] (38)
\[ \frac{dD_{11}}{d\ell} = \frac{\pi n_2^2}{\Lambda v_{11}} \left( \frac{v_2}{v_1} \right)^{-2n_2^2/4} I \left( \frac{v_1}{v_2}, \frac{n_1^2}{4} \right) u^2, \] (39)
\[ \frac{du}{d\ell} = \left[ 2 - \left( \frac{n_1^2}{4} + \frac{n_2^2}{4} \right) \right] u, \] (40)
where
\[ I(\alpha, \beta) \equiv \int_0^{2\pi} d\theta \frac{\cos^2 \theta}{(\cos^2 \theta + \alpha^2 \sin^2 \theta)^\beta} \geq 0. \] (41)

As with ordinary KT, the coupling \( u \) renormalizes according to the scaling dimension of the cosine with respect to the quadratic action,
\[ \Delta[\cos(n\theta_{\rho^+})] = \Delta[\cos(n_1 \theta_1 + n_2 \theta_2)] = \frac{n_1^2}{4} + \frac{n_2^2}{4} \] (42)
and obtaining its beta function, Eq. (40), can proceed in a textbook Wilsonian fashion [42]. However, renormalizing the parameters in \( \mathcal{L}_0 \) is significantly more involved and depends on the specific regularization scheme employed.

First, note that since \( \mathcal{L}_{\text{cos}} \) contains only the field \( \theta_{\rho^+} \), it cannot possibly renormalize any terms containing \( \theta_{\rho^-} \) to any order in perturbation theory; hence, the only nonzero beta functions are those for the couplings \( C_{11} \) and \( D_{11} \). The respective beta functions, Eqs. (38) and (39), were obtained using a field-theoretic approach [23] in which we consider insertions into correlation functions of the form \( \langle \partial_\rho \varphi(x) \partial_\rho \varphi(y) \rangle \), where \( x \) and \( y \) are points in our \((1+1)\)D space-time. At \( \mathcal{O}(u^2) \), one has to integrate over two 2D points from two \( u \) insertions, say \( z \) and \( z' \). Indeed, as \( z \rightarrow z' \) becomes small, the integral diverges logarithmically, and we cut it off at a short-distance scale \( \Lambda^{-1} \). We then compute corrections to \( \langle \partial_\rho \varphi(x) \partial_\rho \varphi(y) \rangle \) from posited “counterterms” in \( \mathcal{L}_c \) which are chosen to exactly cancel the aforementioned logarithmic divergence. This allows us, after an altogether somewhat lengthy calculation, to arrive at the above RG flow equations for \( C_{11} \) and \( D_{11} \).

The case of vanishing \( \theta_{\rho^+} \)–\( \theta_{\rho^-} \) coupling in Eq. (41) corresponds to the limit \( n_2 \rightarrow 0 \), so that \( \theta_1 \propto \theta_{\rho^+} \) and \( C_{11} \) and \( D_{11} \) renormalize at the same rate (up to an overall scale of \( v_1^2 \)). This of course corresponds to ordinary Kosterlitz-Thouless RG wherein only one parameter in \( \mathcal{L}_0 \) renormalizes: \( \frac{d\rho_{\rho^+}}{d\ell} \sim u^2 \), with \( g \) the single-mode Luttinger parameter [24].

In the general case, the beta functions for \( C_{11} \) and \( D_{11} \) involve highly nonuniversal content, and thus we have not attempted a detailed study of the flows. Still, the transition is KT-like in nature except that two parameters (as opposed to one) in \( \mathcal{L}_0 \) are renormalized by the single cosine, and the transition occurs when the scaling dimension of the cosine equals the space-time dimension: \( \Delta[\cos(n\theta_{\rho^+})] = \frac{n_1^2}{4} + \frac{n_2^2}{4} = 2 \), where \( n_1 \) and \( n_2 \) are functions of the parameters \( \mathbf{C} \) and \( \mathbf{D} \).

We can formally argue for the KT-like nature as follows. From the start, we focus only on the flowing parameters \( C_{11}, D_{11}, \) and \( u \). Let us denote the (non-negative) factors multiplying \( u^2 \) in the beta functions for \( C_{11} \) and \( D_{11} \) as \( A(C_{11}, D_{11}) \) and \( B(C_{11}, D_{11}) \), respectively, and also denote the coefficient of \( u \) in the beta function for \( u \) as \( \Gamma(C_{11}, D_{11}) \). We emphasize that \( A, B, \) and \( \Gamma \) are functions of \( C_{11} \) and \( D_{11} \), which, while perhaps complicated functions, are analytical and not special. As we vary in the \((C_{11}, D_{11}) \) plane, we generically expect to find a line where \( \Gamma = 0 \) separating regions where a small \( u \) perturbation is relevant or irrelevant. Let us consider one point on this line, \((C_{11}^{(0)}, D_{11}^{(0)})\), and study small deviations \( \delta(C_{11}, D_{11}) \) from this point. The RG equations are, to leading order,
\[ \frac{d\delta C_{11}}{d\ell} = A^{(0)} u^2, \] (43)
\[ \frac{d\delta D_{11}}{d\ell} = B^{(0)} u^2, \] (44)
\[ \frac{du}{d\ell} = \left( \alpha^{(0)} \delta C_{11} + \beta^{(0)} \delta D_{11} \right) u, \] (45)
where \( A^{(0)} \) and \( B^{(0)} \) are the \( A \) and \( B \) functions evalu-
ated at \((C^{(0)}_{11}, D^{(0)}_{11})\), while \(\alpha^{(0)}\) and \(\beta^{(0)}\) are derivatives \(\partial\Gamma/\partial C_{11}\) and \(\partial\Gamma/\partial D_{11}\) evaluated at the same point. Deviations satisfying \(\alpha^{(0)}\delta C_{11} + \beta^{(0)}\delta D_{11} = 0\) correspond to moving along the \(\Gamma = 0\) line, while generic deviations will cut across this line. Formally, we can change variables to \(r = \alpha^{(0)}\delta C_{11} + \beta^{(0)}\delta D_{11}, s = -\beta^{(0)}\delta C_{11} + \alpha^{(0)}\delta D_{11}\), which flow as

\[
\frac{d r}{d \ell} = \left(\alpha^{(0)} A^{(0)} + \beta^{(0)} B^{(0)}\right) u^2, \\
\frac{d s}{d \ell} = -\beta^{(0)} A^{(0)} + \alpha^{(0)} B^{(0)} u^2, \\
\frac{d u}{d \ell} = ru.
\]

Thus, the flow equations for the \(r\) and \(u\) variables have familiar KT-like form and subsequent standard analysis can kick in. On the other hand, the flow of the \(s\) variable is simply slaved to \(u\) and does not affect the KT analysis.

In principle, one should be able to confirm the KT universality class from the numerical DMRG data, for example, by performing Weber-Minnhagen style fits to finite-size estimates of the scaling dimension of the cosine in the metallic phase (essentially the stiffness in the XY model context; see also Sec. II C below). However, this requires highly accurate data on large system sizes in the scaling regime, which is currently prohibitive for our multimode electronic system (see Sec. II B). Also, it is not unreasonable to expect that the presence of two renormalizing parameters in \(\mathcal{L}_0\), instead of one, might make the finite-size effects more severe. In the end though, this is a rather nonuniversal matter which we do not pursue further.

C. Observables and stiffness parameters

To characterize the system, we have focused on the density structure factor, the spin structure factor, the dimer structure factor, and the electron momentum distribution function as presented in the main text and as defined in Sec. II. In this section, we lay out the details of the bosonization treatment which allows us to use these measurements, both at finite and zero wavevectors, to probe the nature of the Luttinger liquid phases realized by our model Hamiltonian.

1. Establishing the result \(\Delta[\mathcal{H}_S] = 4g_{\rho^+}\)

As stressed in the main text, we can directly measure the scaling dimension of the eight-fermion umklapp term \(\text{[see Eqs. (3) and 25]}\) responsible for driving our Mott transition by measuring the slope of the density structure factor at \(q = 0\) momentum \(\text{[see Eq. (4)]}\). We now spell out how these two quantities, \(\Delta[\mathcal{H}_S]\) and \(g_{\rho^+}\), are formally related.

The former is defined through the corresponding two-point function:

\[
\left\langle e^{i 4\theta \rho^+ (x)} e^{-i 4\theta \rho^+ (0)} \right\rangle \sim \frac{1}{|x|^{2\Delta[\mathcal{H}_S]}},
\]

where, for simplicity, we work at equal (imaginary) time such that \(x\) is a spatial coordinate only. Assuming that the system is in the C2S2 phase so that the charge sector is described by the quadratic Lagrangian \(\mathcal{L}_{\text{C2S2}}\) of Eq. (23), we can use a standard identity \(\text{[23]}\) and write

\[
\left\langle e^{i 4\theta \rho^+ (x)} e^{-i 4\theta \rho^+ (0)} \right\rangle = e^{-\frac{x^2}{2}\left((\theta_{\rho^+ (x)} - \theta_{\rho^+ (0)})^2\right)}. 
\]

Now, the slowly varying component of the total electron density (measured relative to the average density) is given by \(\delta n(x) = 2\theta_{\rho^+} / \pi\), so that the long-wavelength contribution to the density-density correlation function in real space is given by

\[
\langle \delta n(x) \delta n(0) \rangle = \frac{4}{\pi^2} \partial_x \partial_{x'} \langle \theta_{\rho^+ (x)} \theta_{\rho^+ (x')} \rangle |_{x' = 0} + \cdots .
\]

The right-hand side can be obtained from Eq. (50) via straightforward manipulations, which after invoking Eq. (49) gives

\[
\langle \delta n(x) \delta n(0) \rangle = -\frac{\Delta[\mathcal{H}_S]}{2\pi^2} \frac{1}{x^2} + \cdots .
\]

On the other hand, we define the slope of the momentum-space density structure factor as \(q \to 0\) according to Eq. (4), i.e.,

\[
\langle \delta n_q \delta n_{-q} \rangle = \frac{2g_{\rho^+}}{\pi} |q|,
\]

such that \(g_{\rho^+} = 1\) corresponds to a two-band noninteracting electron gas. After Fourier transformation, Eqs. (52) and (53) imply that

\[
\Delta[\mathcal{H}_S] = 4g_{\rho^+},
\]

which is the desired result. Note that \(g_{\rho^+}\) is not generally a genuine Luttinger parameter due to the coupling between the \(\rho^+\) and \(\rho^-\) sectors in the C2S2 phase, but should instead be viewed as a direct measurement of \(\Delta[\mathcal{H}_S]\) through the density structure factor.

In the main text, we relied heavily upon Eq. (54) to distinguish between metallic and insulating behavior, where measured \(g_{\rho^+} > 1/2\) \(\text{(}g_{\rho^+} < 1/2\text{)}\) implies that \(\mathcal{H}_S\) is irrelevant (relevant) so that the system is metallic (insulating). Of course, if \(\Delta[\mathcal{H}_S] < 2\), the system is necessarily insulating and Eq. (53) no longer applies; instead we have \(\langle \delta n_q \delta n_{-q} \rangle \sim q^2\) as \(q \to 0\). That is, measured \(g_{\rho^+} < 1/2\) via Eq. (53) on a finite-size system corresponds in the thermodynamic limit to \(g_{\rho^+} \to 0\). In Fig. 3 even well into the insulating phase of our model as determined by the above arguments, we see on our \(L = 96\) site system that apparently \(\langle \delta n_q \delta n_{-q} \rangle \sim |q|\); however, with \(\mathcal{H}_S\) relevant, this must be a finite-size effect due to the large charge correlation length present in our weak Mott insulating C1S2.
2. Bosonized representation of operators at finite wavevectors

We now give the bosonized expressions for the spin and density operators at finite \(2k_F\) wavevectors and mathematically establish the Amperean enhancement mechanism summarized in the main text. Expanding the spin operator as \(S(x) = \sum_{Q} S_Q e^{iQx}\), we can easily write the slowly varying part of the spin operator at various wavevectors, i.e., \(S_Q = S_Q(x)\), in terms of the right and left moving electron operators defined in Sec. II A

\[
S_{2k_Fa} = \frac{1}{2} \epsilon_{La\alpha} \sigma_{\alpha\beta} c_{La\beta},
\]

\[
S_{z/2} = \frac{1}{2} c_{R1\alpha} \sigma_{\alpha\beta} c_{R2\beta} + \frac{i}{2} c_{R2\alpha} \sigma_{\alpha\beta} c_{L1\beta},
\]

\[
S_{k_F2-kF1} = \frac{1}{2} c_{R1\alpha} \sigma_{\alpha\beta} c_{R2\beta} + \frac{i}{2} c_{R2\alpha} \sigma_{\alpha\beta} c_{L1\beta}.
\]

Similarly, for the density operator, we have

\[
\delta n_{2k_Fa} = c_{La\alpha}^\dagger c_{Ra\alpha},
\]

\[
\delta n_{z/2} = c_{R1\alpha}^\dagger c_{La\alpha} + c_{R2\alpha}^\dagger c_{L1\alpha},
\]

\[
\delta n_{k_F2-kF1} = c_{R1\alpha}^\dagger c_{R2\alpha} + c_{L2\alpha}^\dagger c_{L1\alpha}.
\]

In each case, summations over spin indices are implied, and \(S_{-Q} = S_Q^\dagger\) and \(\delta n_{-Q} = \delta n_Q^\dagger\). Throughout, our use of denoting wavevectors with either \(Q\) or \(q\) is an attempt to distinguish the long-wavelength component of an operator, \(O_Q\), from the actual exact operator used in the DMRG, \(O_q\).

Bosonizing the above electron bilinears using Eq. (12) results in the following expressions for the spin:

\[
S_{2k_Fa}^x = -i \tilde{e}^{i\theta_{\rho^+}} e^{i\theta_{\rho^-}} \sin(\sqrt{2} \varphi_{\sigma}) + i \tilde{e}^{i\theta_{\rho^-}} e^{i\theta_{\rho^+}} \sin(\sqrt{2} \varphi_{\sigma}),
\]

\[
S_{2k_Fa}^y = -i \tilde{e}^{i\theta_{\rho^+}} e^{i\theta_{\rho^-}} \sin(\sqrt{2} \varphi_{\sigma} - \varphi_{\sigma^+}) + i \tilde{e}^{i\theta_{\rho^-}} e^{i\theta_{\rho^+}} \sin(\sqrt{2} \varphi_{\sigma} + \varphi_{\sigma^+}),
\]

\[
S_{2k_Fa}^z = -i \tilde{e}^{i\theta_{\rho^+}} e^{i\theta_{\rho^-}} \sin(\sqrt{2} \varphi_{\sigma^+} - \varphi_{\sigma^-}) + i \tilde{e}^{i\theta_{\rho^-}} e^{i\theta_{\rho^+}} \sin(\sqrt{2} \varphi_{\sigma^+} + \varphi_{\sigma^-}),
\]

\[
S_{z/2}^x = e^{-i\theta_{\rho^-}} \left[ -i \eta \tilde{e}^{i\theta_{\rho^-}} e^{-i\theta_{\rho^+}} \sin(\varphi_{\rho^-} + \varphi_{\sigma^+}) + i \eta \tilde{e}^{i\theta_{\rho^+}} e^{-i\theta_{\rho^-}} \sin(\varphi_{\rho^-} - \varphi_{\sigma^+}) \right],
\]

\[
S_{z/2}^y = e^{-i\theta_{\rho^-}} \left[ -i \eta \tilde{e}^{i\theta_{\rho^-}} e^{-i\theta_{\rho^+}} \cos(\varphi_{\rho^-} + \varphi_{\sigma^+}) + i \eta \tilde{e}^{i\theta_{\rho^+}} e^{-i\theta_{\rho^-}} \cos(\varphi_{\rho^-} - \varphi_{\sigma^+}) \right],
\]

\[
S_{z/2}^z = e^{-i\theta_{\rho^-}} \left[ -i \eta \tilde{e}^{i\theta_{\rho^-}} e^{-i\theta_{\rho^+}} \sin(\varphi_{\rho^-} + \varphi_{\sigma^-}) + i \eta \tilde{e}^{i\theta_{\rho^+}} e^{-i\theta_{\rho^-}} \sin(\varphi_{\rho^-} - \varphi_{\sigma^-}) \right],
\]

\[
S_{k_F2-kF1}^x = e^{-i\theta_{\rho^-}} \left[ -i \eta \tilde{e}^{i\theta_{\rho^-}} e^{-i\theta_{\rho^+}} \sin(\varphi_{\rho^-} + \varphi_{\sigma^+}) + i \eta \tilde{e}^{i\theta_{\rho^+}} e^{-i\theta_{\rho^-}} \sin(\varphi_{\rho^-} - \varphi_{\sigma^+}) \right],
\]

\[
S_{k_F2-kF1}^y = e^{-i\theta_{\rho^-}} \left[ -i \eta \tilde{e}^{i\theta_{\rho^-}} e^{-i\theta_{\rho^+}} \cos(\varphi_{\rho^-} + \varphi_{\sigma^+}) + i \eta \tilde{e}^{i\theta_{\rho^+}} e^{-i\theta_{\rho^-}} \cos(\varphi_{\rho^-} - \varphi_{\sigma^+}) \right],
\]

\[
S_{k_F2-kF1}^z = e^{-i\theta_{\rho^-}} \left[ -i \eta \tilde{e}^{i\theta_{\rho^-}} e^{-i\theta_{\rho^+}} \sin(\varphi_{\rho^-} + \varphi_{\sigma^-}) + i \eta \tilde{e}^{i\theta_{\rho^+}} e^{-i\theta_{\rho^-}} \sin(\varphi_{\rho^-} - \varphi_{\sigma^-}) \right],
\]


denom = 1

\[
d\eta_{n_{2k_Fa}} = 2e^{i\theta_{\rho^+}} e^{i\theta_{\rho^-}} \cos(\sqrt{2} \eta_{\varphi_{\sigma}}),
\]

\[
d\eta_{n_{z/2}} = 2e^{-i\theta_{\rho^-}} \left[ -i \tilde{e}^{i\theta_{\rho^-}} e^{i\theta_{\rho^+}} \sin(\varphi_{\rho^-} + \varphi_{\sigma^+}) + i \tilde{e}^{i\theta_{\rho^+}} e^{i\theta_{\rho^-}} \sin(\varphi_{\rho^-} - \varphi_{\sigma^+}) \right],
\]

\[
d\eta_{n_{k_F2-kF1}} = 2e^{-i\theta_{\rho^-}} \left[ -i \tilde{e}^{i\theta_{\rho^-}} e^{i\theta_{\rho^+}} \sin(\varphi_{\rho^-} + \varphi_{\sigma^-}) + i \tilde{e}^{i\theta_{\rho^+}} e^{i\theta_{\rho^-}} \sin(\varphi_{\rho^-} - \varphi_{\sigma^-}) \right],
\]

where for expressions with ± in the exponent, + refers to band \(a = 1\), while − refers to band \(a = 2\).

Perhaps the most important point to take away is that all operators at \(Q = 2k_Fa, \pi/2\) are proportional to \(e^{\pm i\theta_{\rho^+}}\). Therefore, the fluctuating field content of these operators is reduced upon gapping out (pinning of) \(\theta_{\rho^+}\) when crossing the Mott transition from the C2S2 metal to C1S2 insulator. This leads to lowering of the associated scaling dimensions and subsequent enhancement of the structure factor singularities. To illustrate this concretely, assume for the moment that the \(\rho^+\) and \(\rho^-\) sectors are decoupled in the charge sector Lagrangian for the C2S2, i.e., \(A_{12} = A_{21} = B_{12} = B_{21} = 0\) in Eq. (21), with corresponding Luttinger parameters \(g_{\rho^+}\) and \(g_{\rho^-}\). We then have the following for the scaling dimensions of the above operators:

\[
\Delta[S_{2k_Fa}] = \Delta[\delta n_{2k_Fa}] = \frac{1}{2} + \frac{g_{\rho^-}}{4} + \frac{g_{\rho^+}}{4},
\]

\[
\Delta[S_{\pi/2}] = \Delta[\delta n_{\pi/2}] = \frac{1}{2} + \frac{1}{4g_{\rho^-}} + \frac{g_{\rho^+}}{4},
\]

\[
\Delta[S_{k_F2-kF1}] = \Delta[\delta n_{k_F2-kF1}] = \frac{1}{2} + \frac{1}{4g_{\rho^-}} + \frac{g_{\rho^+}}{4},
\]

where we have assumed SU(2) invariance, \(g_{12} = g_{22} = 1\) (see the next section). Right at the Mott transition \(g_{\rho^+} = 1/2\), while immediately on the insulating side \(g_{\rho^+} \to 0\). Therefore, the dimensions in Eqs. (73) and \(\Delta[S_{2k_Fa}, \pi/2]\) should indeed decrease at the transition (by an amount of 1/8 in the decoupled approximation). Such an enhancement of the associated spin structure factor singularities on the
insulating side of the Mott transition is in fact dramatically seen in the DMRG data of Fig. 3.

Furthermore, stability of the C1S2 insulator requires $g_{p^{-}} < 1$ (see Ref. [13]), which implies $\Delta|S_{\pi/2}| > \Delta|S_{2k_{F_a}}|$ (and similarly for $\delta n_{Q}$). Thus, for the structure factors in the C1S2 phase, the features at $q = 2k_{F_a}$ should be more pronounced than those at $q = \pi/2$. Indeed, this is observed in the spin structure factor data of Fig. 4 on the insulating side of the Mott transition in our model. More generally, the presence of clear power-law singularities in $\langle S_{\alpha} \cdot S_{\beta} \rangle$ at finite wavevectors in both the metal and weak Mott insulator points strongly towards presence of gapless spin excitations in both phases [see also Sec. II C 3].

Note that the density operator at $Q = 2k_{F_a}, \pi/2, k_{F_2} - k_{F_1}$ still remains power law when $\theta_{p^{+}}$ gets pinned, i.e., $\delta n_{Q}$ does not contain the wildly fluctuating field $\varphi_{p^{+}}$. In fact, for $Q = 2k_{F_a}, \pi/2$ the density also contains directly $\theta_{p^{+}}$ [see Eqs. (70), (71)] and has the same scaling dimension as the spin operator: $\Delta[\delta n_{Q}] = \Delta[S_{Q}]$. Therefore, such Friedel oscillations should actually be enhanced in the Mott insulator.25 This enhancement is difficult to see in the density structure factor DMRG data of Fig. 3, but that is likely due to the small amplitudes of the features. The power-law nature, however, is still apparent, at least around $q = 2k_{F_1}, k_{F_2} - k_{F_1}$.

The bilinears that get enhanced, i.e., those at $Q = 2k_{F_a}, \pi/2, k_{F_2} - k_{F_1}$, can be predicted by simple “Amperean rules”. Specifically, in the $(1+1)$D U(1) gauge theory formulation of the C1S2 spin Bose metal phase,13 $\theta_{p^{+}}$ corresponds to the mode that is pinned upon inclusion of gauge fluctuations which implements at long wavelengths the constraint of one spinon per site (in this language, the up and down spinons carry the same gauge charge). We then expect that the bilinears that get enhanced upon introducing the gauge fluctuations are those composed from operators that produce parallel gauge currents, so-called Amperean attraction.20 This is indeed the case for the spin and density operators at $Q = 2k_{F_a}, \pi/2$ which involve a particle and hole moving in opposite directions. In contrast, the bilinears at $Q = k_{F_2} - k_{F_1}$ involve operators with antiparallel gauge currents and are therefore not enhanced; indeed these operators do not contain $\theta_{p^{+}}$ at all. We remark that in our electronic model, the above “gauge constraint” is implemented dynamically by electron repulsion upon pinning of the overall conducting charge mode $\theta_{p^{+}}$.

In the main text, we have also used the dimer correlations, as defined and detailed in Sec. I to characterize the ground state. Following Ref. [13] we can approximate the bond energy as the electron hopping energy, i.e., $B(x) \sim -t \sum_{\alpha} \langle c_{\alpha}^{\dagger}(x) c_{\alpha}(x + 1) \rangle$. In fact, in our DMRG measurements it would have been reasonable to use this as the definition of $B(x)$, but we instead implemented the full $B(x) = S(x) - S(x + 1)$, which makes the two-point function $\langle B(x) B(x') \rangle$ a four-spin (eight-electron) measurement. In any case, expansion in continuum fields reveals

$$B_{Q} \sim e^{iQ/2} \delta n_{Q},$$

which holds for all $Q \neq \pi$. Hence, we expect features at the same wavevectors in measurements of both $\delta n_{Q}$ and $\langle B_{Q} B_{-Q} \rangle$. This is indeed observed in Figs. 3 and 5, where in the putative C1S2 insulator the power-law nature of the features is, as expected, much more apparent in the dimer correlations than in the density correlations.

We further note that $\langle B_{Q} B_{-Q} \rangle$ very clearly picks up a feature at $q = 4k_{F_2} = -4k_{F_1}$, while this feature is much weaker, though still present, in $\delta n_{Q}$. As mentioned in the main text, the wavevector $4k_{F_2} = -4k_{F_1}$ is a four-fermion contribution to the density/bond energy. Specifically,

$$\delta n_{4k_{F_1}} : c_{L1 a}^{\dagger} c_{L1 a}^{\dagger} c_{R1 a} c_{R1 a} \sim e^{i2\theta_{p^{+}}} e^{i2\theta_{p^{-}}},$$

$$\delta n_{4k_{F_2}} : c_{R2 a}^{\dagger} c_{R2 a}^{\dagger} c_{L2 a} c_{L2 a} \sim e^{-i2\theta_{p^{+}}} e^{i2\theta_{p^{-}}},$$

both contribute with independent numerical prefactors, and have scaling dimensions in the decoupled $p^{\pm}$ approximation of

$$\Delta[\delta n_{4k_{F_2}}] = \Delta[\delta n_{4k_{F_1}}] = \Delta[4k_{F_2}] = g_{p^{+}} + g_{p^{-}}. (79)$$

In the C1S2, $g_{p^{+}} \rightarrow 0$ so that $\Delta[4k_{F_2}] = g_{p^{-}}$. Gaplessness of the spin sector requires $g_{p^{-}} < 1$ (see Refs. [13], [20]). Hence, the singularity at $q = 4k_{F_2}$ in $\langle B_{Q} B_{-Q} \rangle$ should be stronger than a slope discontinuity (unit scaling dimension of the associated operator)—this indeed appears to be the case in our dimer structure factor data of Fig. 5.

There is yet another important four-fermion contribution to the spin and density/bond energy at wavevector $Q = \pi$. We here focus on the latter, where for the bond energy we get contributions such as

$$B_{\pi} : \delta n_{2k_{F_1}, 1} \delta n_{2k_{F_2}, 2} + H.c.,$$

which when bosonizes gives

$$B_{\pi} \sim \langle \cos(2\theta_{\pi^{+}} + \cos(2\theta_{\pi^{-}})) \sin(2\theta_{p^{+}}) + \cdots \rangle. (80)$$

This operator has unit scaling dimension at the C1S2 fixed point ($\Delta[\delta n_{\pi}] = 1$) and should thus correspond to a slope discontinuity in $\langle B_{Q} B_{-Q} \rangle$ at $q = \pi$. Remarkably, this appears to be consistent with e.g. our characteristic C1S2 data point at $U/t \approx 4.0$ as presented in the main text (see curve with green squares in Fig. 5).

Furthermore, inspecting Eq. (80) reveals that this feature will only be present in the C1S2 if the pinning of $\theta_{p^{+}}$ due to relevance of $H_{S} = 2u \cos(4\theta_{p^{+}})$ is such that $\sin(2\theta_{p^{+}}) \neq 0$. This is precisely what we would expect if the pinned value of $\theta_{p^{+}}$ occurs at $4\theta_{p^{+}} = \pi$ mod $2\pi$, which corresponds to the minima of $\cos(4\theta_{p^{+}})$. We thus conclude that $u > 0$ in our eight-fermion umklapp interaction, as might initially be expected for repulsively interacting electrons.13 On the other hand, $u < 0$ would lead to pinning of $\theta_{p^{+}}$ such that $4\theta_{p^{+}} = 0 \mod 2\pi$, i.e., $\sin(2\theta_{p^{+}}) = 0$, thus killing the feature in $\langle B_{Q} B_{-Q} \rangle$ at $q = \pi$.

At wavevector $Q = \pi$, the bond-centered density $B_{\pi}$ is odd under mirror symmetry ($x \rightarrow -x$), while the site-centered density $\delta n_{\pi}$ is even. Contributions to the latter
include $\delta n_\pi : \delta n_{2kF_1} : \delta n_{2kF_2} + H.c.$, which in terms of the bosonized fields reads

$$\delta n_\pi \sim \cos(2\theta_{\pi^+}) + \cos(2\theta_{\pi^-}) \cos(2\theta_{\rho^+}) + \cdots .$$  \hspace{1cm} (81)

Hence, the pinning condition $4\theta_{\rho^+} = \pi$ mod $2\pi$ inferred above implies $\cos(2\theta_{\rho^+}) = 0$. Indeed, the DMRG data shows no feature in $\langle \delta n_\pi \delta n_{-q} \rangle$ at $q = \pi$ within the putative C1S2 phase (see Fig. 3). Again, we conclude that for our system with repulsively interacting electrons, we must have $u > 0$ in $\mathcal{H}_R$.

Finally, presence of a feature at $q = \pi$ in $\langle \delta n_\pi \delta n_{-q} \rangle$ in the C1S2 weak Mott insulator would lead to long-range period-2 (site-centered) charge density wave order in the C0S0 strong Mott insulator at very large $U/t$. Instead, the strong Mott insulator realizes 2D spin density modes, we have a peak in $\langle B \rangle$ above implies $\cos(2\theta_{\rho^+}) = 0$. Indeed, the DMRG data shows no feature in $\langle \delta n_\pi \delta n_{-q} \rangle$ (see Fig. 3). Again, we conclude that for our system with repulsively interacting electrons, we must have $u > 0$ in $\mathcal{H}_R$.

We finally discuss the electron operator itself [Eq. (12)], which is of course the most primitive operator of all. When written in terms of "$\rho \pm$" and "$a\sigma$" modes, we have

$$c_{\rho a \sigma} = \eta_{a \sigma} \exp \left\{ \frac{i}{\sqrt{2}} \left[ \frac{1}{\sqrt{2}} (\varphi_{\rho^+} \pm \varphi_{\rho^-}) \pm \varphi_{a\sigma} \right] + \frac{1}{\sqrt{2}} \left[ \frac{1}{\sqrt{2}} (\theta_{\rho^+} \pm \theta_{\rho^-}) \pm \theta_{a\sigma} \right] \right\} ,$$

where the first $\pm$ on each line refers to $a = 1, 2$, while the second refers to $\alpha = \uparrow, \downarrow$. Of course, once the $\theta_{\rho^+}$ field is pinned, the electron Green’s function $\langle c_\alpha^\dagger(x) c_\alpha(0) \rangle$ is expected to decay exponentially at all wavevectors. Mathematically, this is due to its conjugate field $\varphi_{\rho^+}$ also being present in the bosonized representation of the electron operator: By the uncertainty principle, pinning of $\theta_{\rho^+}$ will cause $\varphi_{\rho^+}$ to fluctuate wildly leading to exponential decay of the Green’s function. While this is somewhat difficult to ascertain this exponential decay within the putative C1S2 phase for the electron momentum distribution function DMRG data of Fig. 3, we again believe this is due to the excessively large charge correlation lengths present in our electronic spin Bose metal.

From Eq. (22), we also see that gapping of a spin mode will cause the associated electron Fermi point to gap out, and thus the electron Green’s function can in principle detect spin-gap behavior. However, this is rather difficult in practice\cite{25} and in the following section we discuss a better approach as employed in the main text.

3. Assessing gaplessness of the spin sector through $g_{\sigma^\pm}$

Inspection of the bosonized expressions for the different components of the spin operator at wavevectors $Q = 2k_{F\sigma}$ in Eqs. (61)-(63), reveals that in the fixed-point theory for either the C0S2 metal or C1S2 insulator we must have only trivial Luttinger parameters in the spin sector: $g_{\pi\sigma} = g_{\sigma^\pm} = 1$. Specifically, for arbitrary $g_{\pi\sigma}$ as in Eq. (26) and decoupled $\sigma^\pm$ and $\rho^\pm$ modes as in the illustrative discussion in Sec. IIIC2 above, we have

$$\Delta[S^z_{2k_{F\sigma}}] = \Delta[S^y_{2k_{F\sigma}}] = \frac{g_{\rho^+}}{4} + \frac{g_{\rho^-}}{4} + \frac{1}{2g_{\pi\sigma}} ,$$

\hspace{1cm} (83)

$$\Delta[S^x_{2k_{F\sigma}}] = \frac{g_{\rho^+}}{4} + \frac{g_{\rho^-}}{4} + \frac{g_{\pi\sigma}}{2} ,$$

\hspace{1cm} (84)

where in the C1S2 insulator we have $g_{\rho^+} \to 0$. Therefore, SU(2) spin invariance manifest through isotropic spin-spin correlations functions at wavevectors $2k_{F\sigma}$, i.e., $\Delta[S^z_{2k_{F\sigma}}] = \Delta[S^y_{2k_{F\sigma}}] = \Delta[S^x_{2k_{F\sigma}}]$, indeed dictates that

$$g_{\pi\sigma} = g_{\sigma^\pm} = 1 ,$$

\hspace{1cm} (85)

which constitutes a simple generalization of the well-known one-mode case\cite{26} (see also Ref. 48).

We now show how measurement of the spin structure factor at zero momentum can assess the condition in Eq. (85). The slowly varying part of the spin density is $S^z(x) = \partial_x \theta_{\pi^+}/\pi$, hence the long-wavelength part of the real-space spin-spin correlation function evaluated in the fixed-point theory for either the C0S2 or C1S2 [see Eq. (26)] reads

$$\langle S^z(x) S^z(0) \rangle = -\frac{g_{\rho^+}}{2\pi^2} \frac{1}{r^2} + \cdots ,$$

\hspace{1cm} (86)

where we have defined

$$g_{\sigma^\pm} = \frac{g_{\pi\sigma} + g_{\sigma^\pm}}{2} .$$

Equation (86) gives for the spin structure factor as $q \to 0$:

$$\langle S^z_q S^z_{-q} \rangle = \frac{g_{\rho^+}}{2\pi} |q| ,$$

\hspace{1cm} (88)

which we use in the main text to estimate the parameter $g_{\sigma^\pm}$ [see Eq. (5)] and the inset of Fig. 2. Clearly then within the fixed-point theory we should have $g_{\sigma^\pm} = 1$, while in the presence of a spin gap $\langle S^z_q S^z_{-q} \rangle \sim q^2$, so that $g_{\sigma^\pm} \to 0$. Note that, as with $g_{\rho^+}$ above, $g_{\sigma^\pm}$ is not a genuine Luttinger parameter as even free electrons are not generally diagonal in the $\sigma \pm$ basis.

The above considerations are valid for the fixed point in the thermodynamic limit. However, there are several marginal interactions that need to be irrelevant for the spin sector to remain gapless and the C0S2 and C1S2 to be stable phases. Thus, the presence of such marginally irrelevant interactions will affect measurement of $g_{\rho^+}$ on finite-size systems. In the case of our C0S2 and C1S2, the residual interactions in the spin sector that mix right and left movers read

$$\mathcal{H}^R_{RL} = -\sum_{a,b} \left( \omega_{ab}^\sigma \mathbf{J}_{Rab} \cdot \mathbf{J}_{Lab} + \lambda_{ab}^\sigma \mathbf{J}_{Raa} \cdot \mathbf{J}_{Lbb} \right),$$

\hspace{1cm} (89)
where $J_{\rho ab} \equiv \frac{1}{2} c^\dagger_{\rho a}\sigma_\alpha c_{\rho\beta}$. In the C2S2 and C1S2, the $w^\text{ab}_{\alpha\beta}$ terms are strictly irrelevant, while the $\lambda^\alpha_{\sigma\rho\beta}$ terms are only marginally irrelevant \cite{13, 20}. Bosonizing the latter interactions gives

$$\hat{H}'_{RL} = V_z + V_\perp,$$

$$V_z = \sum_a \frac{\lambda^\sigma_{aa}}{8\pi^2} \left[ (\partial_x \varphi_{aa})^2 - (\partial_x \theta_{aa})^2 \right],$$

$$V_\perp = \sum_a \lambda^\sigma_{aa} \cos(2\sqrt{2}q_{aa}) + 2\lambda^\beta_{12}\Gamma \cos(2\theta_{\sigma}) \cos(2\varphi_{\sigma}),$$

where $\Gamma \equiv \eta_1 \eta_\ell \eta_2 \eta_3$.

A necessary condition for the spin to be gapless is that the couplings $\lambda^\alpha_{\sigma\rho\beta}$ be initially positive, corresponding to the system being overall repulsive in the spin sector. Ultimate stability of the C2S2 and C1S2 corresponds to $\lambda^\alpha_{\sigma\rho\beta}$ renormalizing to zero via slow marginal flows. It should in principle be possible to calculate precise flows (and finite-size scaling behavior) of our effective $g_{\sigma+}$ parameter by analyzing the behavior of the zero-momentum piece of the spin structure factor perturbatively in the $\lambda^\alpha_{\sigma\rho\beta}$. We do not pursue this here, but instead to get a rough, initial feel for the trends within our Abelian bosonization, imagine for the moment naively ignoring the $V_\perp$ cosines and $\lambda^\beta_{12}$ cross terms. Then, the quadratic $V_z$ terms effectively feed into renormalizing the $g_{\sigma+}$ Luttinger parameters above (below) unity for $\lambda^\sigma_{aa}$ positive (negative), hence effectively corresponding to $g_{\sigma+} > 1$ ($g_{\sigma+} < 1$) on a finite-size system. This is indeed the expected trend for overall repulsion in the spin sector.

On the other hand, the flows for the C1S0 superconductor (the main instability of the C2S2) correspond to $\lambda^\sigma_{aa}$ eventually becoming negative (attraction in the spin sector) and then diverging to $-\infty$. All modes then eventually get gapped out except the overall conducting $\rho+\text{mode}$ \cite{10, 20, 27}, so that for the spin structure factor we have $\langle S^z_{\sigma} S^z_{-\sigma} \rangle \sim q^2$ as $q \to 0$, i.e., $g_{\sigma+} \to 0$. On a finite-size system, we thus expect the spin gap to be manifest as a measured $g_{\sigma+} < 1$. Note, though, that due to initial repulsion in the spin sector [$\lambda^\sigma_{aa}(k = 0) > 0$], even an eventual C1S0 may exhibit “stiffening” of the spin sector on relatively short length scales, i.e., measured $g_{\sigma+} > 1$. These considerations highlight how it is so difficult to detect spin-gap behavior in models such as the $t$-$t'$-$U$ Hubbard model \cite{20}. We stress, however, that in our model with longer-ranged repulsion—a model which is known to be spin gapless at weak coupling ($U/t \ll 1$) for our chosen parameter \cite{20}—measurements of $g_{\sigma+}$ still strongly indicate spin gaplessness all the way up to $U/t \approx 5.0$, well past the Mott critical value of $U/t = 1.6$. In the next section, we contrast this with the behavior of the on-site $t$-$t'$-$U$ Hubbard model at $\kappa = 0$ in which the metal and insulator are presumably both spin gapped.

Finally, we again mention that the observed power-law singularities in the spin structure factor at the various “$2k_F$” wavevectors [see the main text and Sec. \textsc{Ic} \textsc{2}] provide complementary evidence that the spin sector is gapless in both the metal (C2S2) and weak Mott insulator (C1S2) of our model.

## D. Further analysis of $g_{\sigma+}$ DMRG data

Here we present more data of our DMRG measurements of the parameter $g_{\sigma+}$ discussed in the previous section. Specifically, we define a finite-size estimate of $g_{\sigma+}$ via Eq. \textbf{(94)} by evaluating the slope of the spin structure factor at a momentum $q = n\frac{2\pi}{L}$ with $n$ a small integer:

$$g_{\sigma+}(L, n) \equiv \frac{L}{3n} \langle \mathbf{S}_q \cdot \mathbf{S}_{-q} \rangle_{q = n\frac{2\pi}{L}},$$

where in what follows we choose $n = 2$.

In Figs. \textbf{7} and \textbf{8} we show $g_{\sigma+}(L, n = 2)$ versus $U/t$ on several system sizes $L$ for the extended Hubbard model as presented in the main text [Eqs. \textbf{(1)}-\textbf{(2)} with $t'/t = 0.8$, $\kappa = 0.5$, $\gamma = 0.2$] and the on-site $t$-$t'$-$U$ Hubbard model [Eqs. \textbf{(1)}-\textbf{(2)} with $t'/t = 0.8$, $\kappa = 0$], respectively. In the former case, we use periodic boundary conditions due to the reasons discussed in Sec. \textbf{1} while in the latter case we use standard open boundary conditions. Note that the $L = 96$ data in Fig. \textbf{7} corresponds to the second $(q = 2\frac{2\pi}{L})$ data points in the inset of Fig. \textbf{4}.

We first focus on the extended Hubbard model data as shown in Fig. \textbf{7}. Here, $g_{\sigma+}(L)$ increases above unity as we turn on $U/t$ and continues to do so well past the putative Mott transition from the C2S2 metal to C1S2 insulator at $U/t = 1.6$. Rather remarkably, the data does not start renormalizing visibly downwards until $U/t \gtrsim 4.0$. Around $U/t \simeq 5.0$, the system starts showing signs of spin-gap behavior (e.g., a Bragg peak in the dimer structure factor; see Fig. \textbf{3}) near which $g_{\sigma+}(L)$ finally starts bending downward. While the data points on the large sizes are still not fully converged due to the periodic boundary conditions and inherent difficulty involved in converging such a quantity at small momenta, we believe that as $L \to \infty$ we would find $g_{\sigma+} = 1$ for $U/t \lesssim 5.0$ and $g_{\sigma+} = 0$ for $U/t \gtrsim 5.0$ (see the previous section).

We here mention that we are not generally able to converge perfectly to a spin-singlet in our DMRG simulations. To assess this, we can measure the total spin $S_{\text{tot}}$ in the ground state (we work only in the $S_{\text{tot}} = 0$ sector in the DMRG) by evaluating the computed spin structure factor at $q = 0$:

$$\langle \mathbf{S}_q \cdot \mathbf{S}_{-q} \rangle_{q = 0} = \frac{1}{L} \langle S^z_{\text{tot}} \rangle = \frac{1}{L} S_{\text{tot}}(S_{\text{tot}} + 1).$$

In simulations of Eqs. \textbf{(1)}-\textbf{(2)} with periodic boundary conditions, we often find for $S_{\text{tot}}$ some small noninteger value on the order of unity. For example, on $L = 96$ sites with $m = 6000$ states, at the free electron point $U/t = 0$, we find $S_{\text{tot}} = 0.60$, and at the characteristic C1S2 spin
Bose metal point $U/t = 4.0$, we find $S_{\text{tot}} = 0.46$. However, we believe this is just a benign effect of our inability to fully converge the DMRG and the eventual ground state at $n \to \infty$ will be a spin-singlet with $S_{\text{tot}} = 0$. We know this to be true at $U/t = 0$, while all indications point toward a spin-singlet C1S2 for $1.6 < U/t \lesssim 5.0$, e.g., the features at $2k_{F1}$ and $2k_{F2}$ are symmetrically located about $q = \pi/2$ in measurements of $\langle S_q \cdot S_{-q} \rangle$ (see Fig. 4). In fact, this convergence difficulty is to be expected in our parameter regime of $t'/t = 0.8$, as realization of the two-band spin Bose metal in a pure spin model with ring exchanges (Ref. 13) found similar DMRG convergence problems in the corresponding parameter regime of that model.

Also, these difficulties are likely responsible for the small “jumps” in the data in Fig. 7, since measured finite total spin will have a small, somewhat unpredictable, quantitative effect on our $g_{\sigma^+}(L, n)$ values. For instance, we are able to converge to a singlet for all $U/t$ on the $L = 36$ site system, and hence its curve is smooth. On the other hand, on the $L = 48$ site system, the measured total spin starts abruptly dropping toward zero near $U/t = 4.4$, and we believe this behavior is responsible for the corresponding feature in the $L = 48$ curve of Fig. 7. Ultimately, however, these convergence problems will almost certainly have no qualitative effect on our conclusions being drawn from the $g_{\sigma^+}$ data.

In Fig. 8, we show analogous $g_{\sigma^+}(L, n = 2)$ measurements for the ordinary on-site $t$-$t'$-$U$ Hubbard model at $t'/t = 0.8$. This model has a spin gap at weak coupling $U/t \ll 1$ (see, e.g., Refs. 13, 36, 37), so that at small finite interaction strengths we expect the system to be in a spin-gapped C1S0 phase. However, the RG flows which describe the opening of this spin gap are rather intricate. Specifically, due to the repulsive Hubbard $U$, the system is initially repulsive (stable) in the spin sector, while the eventual gapping out of both the spin modes and the “$p^-$” mode happens due to a delicate interplay of all channels (see Fig. 3 of Ref. 26). We believe this initial repulsion in the spin sector is responsible for measured $g_{\sigma^+} > 1$ (see also discussion in the previous section), while it will drop below unity for large enough sizes. On the other hand, if the spin sector is initially attractive (unstable), then we observe $g_{\sigma^+} < 1$ for all sizes. This occurs, e.g., in electronic models with explicit Heisenberg coupling $JS_i \cdot S_j$ that favors a spin-gapped (Luther-Emery) liquid (see Ref. 51).

The Mott transition in the $t$-$t'$-$U$ Hubbard model will also be driven by the same eight-fermion umklapp term discussed above. By measuring its scaling dimension in the same fashion as we have done for the extended model (Fig. 3 and Sec. IV), we have determined that for the $U$-only Hubbard model at $t'/t = 0.8$ the Mott transition occurs near $U/t = 3.5$, after which period-2 VBS order sets in immediately (see Ref. 51 for more details). We see, however, that $g_{\sigma^+}(L)$ already starts bending downward well before then. We stress that this is in sharp contrast to the data of Fig. 7 in which our model with longer-ranged repulsion shows no signs of a spin gap until well past the Mott transition. In that case, the intervening phase is the spin gapless C1S2 spin liquid insulator.
