Mott-moiré excitons

Tsung-Sheng Huang, Yang-Zhi Chou, Christopher L. Baldwin, Fengcheng Wu, and Mohammad Hafezi

Abstract

We develop a systematic theory for excitons subject to Fermi-Hubbard physics in moiré twisted transition metal dichalcogenides (TMDs). Specifically, we consider excitons from two moiré bands with a Mott-insulating valence band sustaining $120^\circ$ spin order. These “Mott-moiré excitons,” which are achievable in twisted TMD heterobilayers, are bound states of a magnetic polaron in the valence band and a free electron in the conduction band. We find significantly narrower exciton bandwidths in the presence of Hubbard physics, serving as a potential experimental signature of strong correlations. We also demonstrate the high tunability of Mott-moiré excitons through the dependence of their binding energies, diameters, and bandwidths on the moiré period. In addition, we study bound states between charges outside of the strongly correlated moiré band and find that these as well exhibit signatures of spin correlation. Our work provides guidelines for future exploration of strongly correlated excitons in triangular Hubbard systems such as twisted TMD heterobilayers.

I. INTRODUCTION

Two-dimensional (2D) semiconducting transition metal dichalcogenides (TMDs) [1–41] have become a rich platform with which to explore the interplay of optoelectronics and many-body physics, due primarily to their band structure properties such as infrared and visible-frequency band gaps [1] and additional valley degrees of freedom at low energy [2]. In particular, many studies have focused on the properties of excitons (bound states of electrons and holes) [3–10], and on understanding how excitons interact with the Fermi sea to form exciton-polarons [11–14,42]. In TMD bilayers [Fig. 1(a)], the relative twist angle between the two layers, and the resulting superlattice period, is a further tunable parameter [17–23,43]. The electronic properties of twisted TMD bilayers are very different from those of monolayers due to the presence of flat moiré bands that significantly enhance the role of many-body interactions, leading to strong correlations [24–38]. The effect of strong correlations on excitons in the presence of moiré structure remains a subject of active investigation.

One consequence of strong-correlation physics in twisted TMD bilayers is the emergence of correlated insulating states and charge order [24–38]. It has been pointed out that generalized moiré-Hubbard models can emerge for the first valence moiré band ($\nu = 1$) in heterobilayers [24] and for the first few valence moiré bands in homobilayers [25,26,30]. Moreover, at certain filling fractions $\nu$ (i.e., number of electrons per superlattice unit cell), these models predict the existence of correlated states such as Mott insulators ($\nu = 1$) and Wigner crystals ($\nu = 4/3, 1, 2/3, 2$) [27,30]. This explains several transport [31,32] and optical [31–33,36] measurements of TMD heterobilayers, which observe enhanced resistivity and incompressibility at the aforementioned filling fractions.

In addition to charge order, spin correlation [28,29,45,46] can significantly influence the properties of twisted TMD bilayers. For example, at half-filling and zero temperature, a triangular-lattice Hubbard model yields a $120^\circ$ magnetically ordered state [24,47,48], and the spin fluctuations on top of such a background can strongly renormalize the charge dynamics, giving rise to magnetic polarons [49–51]. Intuitively, this is because the movement of charges in the ordered state disturbs the spin configuration, leaving a trail of misaligned spins that is energetically unfavored. To the best of our knowledge, conclusive signatures of spin ordering and magnetic polarons in twisted TMD bilayers have not been established experimentally, nor has the question been answered of how spin correlation affects the excitons.

The rich phenomena derived from the Hubbard model motivate us to study “Mott excitons” in twisted TMD bilayers, namely, excitons in which one or both of the charge constituents are magnetic polarons rather than bare charges. Broadly speaking, two distinct types of Mott excitons can exist. We coin them “intraband” and “interband” Mott excitons [see Fig. 1(b)].

Intraband Mott excitons consist of a vacancy and a double-occupancy within a single-band Hubbard model. Since the constituent charges lie within the same Bloch band, the lowest such excitonic state is optically dark (within the dipole approximation) and therefore not readily accessible in solid-state systems. A few theoretical works have considered this type of exciton [44,52–54], with particular focus on how spin fluctuations provide the binding mechanism [44], and despite the experimental challenges, certain indirect optical signatures...
of intraband Mott excitons have recently been reported in iridates [55,56].

On the other hand, interband Mott excitons consist of a vacancy and electron in separate bands, with the valence band described by a Hubbard model and the conduction band otherwise empty. In this case, the binding mechanism has a direct Coulomb origin rather than being spin-mediated. These excitons very well can be optically bright, assuming the valence and conduction bands satisfy the appropriate selection rule. Accordingly, interband Mott excitons have recently been reported in cuprates via reflectivity measurements [37].

In this paper, we investigate the interband Mott exciton formed from a magnetic polaron in the first valence moiré band (v1) and an electron in the first conduction moiré band (c1). We refer to these throughout as “Mott-moiré excitons.” We give a theoretical description for the formation of Mott-moiré excitons with 120° spin order in v1 band, and discuss the role of spin correlation in determining their properties. In particular, we compare Mott-moiré excitons to those that would exist in the same band structure with the same Coulomb interaction but without any Mott physics (we label the latter simply as “moire excitons”). Our main finding is that Mott-moiré excitons can be distinguished by their significantly heavier mass, which serves as a signature in diffusion measurements. Many of our techniques and conclusions hold equally well for Mott excitons in nonmoiré systems. Finally, complementing the study of Mott-moiré excitons, we also study bound states between charges outside the half-filled v1 band. We demonstrate that these “spectator excitons” are also sensitive to spin correlation, providing a potential experimental signature of spin physics in TMDs.

The outline of the paper is as follows. We summarize the model and our main results in Sec. II. We describe our theoretical techniques in Sec. III, and present our results in more detail in Sec. IV. Finally, we discuss potential experimental signatures of Mott-moiré excitons in Sec. V. Various technical details can be found in the Appendixes.

II. SUMMARY

A. Overview of the model

We consider Mott excitons in the presence of a moiré potential coming from a twisted TMD heterobilayer system [see Fig. 1(a)]. Stacking the two monolayers with a small relative twist angle gives the sample a moiré period \(a_M\) greater than the monolayer lattice spacings. This enlarged periodicity folds the band structure into minibands. It is known that a tight-binding model in terms of superlattice sites can describe both c1 and v1, albeit with strong onsite interactions in the latter at half-filling [24,35]. Such a filling condition is achievable by tuning the gate voltage [31]. Hence, we focus on a two-moiré-band model to capture the essence of interband Mott excitons:

\[
H = -t \sum_{\mathbf{R}, \mathbf{R}'} \sum_{\tau} \left[ \hat{c}_{\mathbf{R}, \tau}^{\dagger} \hat{c}_{\mathbf{R}', \tau} + \hat{h}_{\mathbf{R}, \tau}^{\dagger} \hat{h}_{\mathbf{R}', \tau} \right] \\
+ U \sum_{\mathbf{R}} \hat{n}_{\mathbf{R}, \downarrow} \hat{n}_{\mathbf{R}, \uparrow} \\
- \sum_{\mathbf{R}, \mathbf{R}'} \sum_{\tau, \tau'} V_{\mathbf{R} - \mathbf{R}'} \hat{c}_{\mathbf{R}, \tau}^{\dagger} \hat{h}_{\mathbf{R}', \tau'} \\
- \sum_{\mathbf{R}, \mathbf{R}'} \sum_{\tau, \tau'} \hat{V}_{\mathbf{R} - \mathbf{R}'} \hat{c}_{\mathbf{R}, \tau}^{\dagger} \hat{h}_{\mathbf{R}', \tau'} \hat{c}_{\mathbf{R}, \tau} \
\tag{1}
\]

with \(\tau \in \{\uparrow, \downarrow\}\) labeling the spin index [58], and \(\langle \mathbf{R}, \mathbf{R}' \rangle\) denoting nearest-neighbor sites on a triangular superlattice. \(\hat{c}_{\mathbf{R}, \tau}\) represents the c1-electron annihilation operator and \(\hat{h}_{\mathbf{R}, \tau}\) the v1-hole operator. We assume that the charges live on the same triangular superlattice, although they could lie on different lattices microscopically [19]. \(\hat{n}_{\mathbf{R}, \tau} = 1 - \hat{c}_{\mathbf{R}, \tau}^{\dagger} \hat{c}_{\mathbf{R}, \tau}\) is the electron occupation at moiré site \(\mathbf{R}\) and spin \(\tau\) in v1. Note that, as discussed above, we only include the Hubbard interaction \(U\) for electrons in v1, specifically onsite repulsion since the off-site electrostatic interactions can be rendered insignificant by gate screening [24]. We choose the v1-hole and c1-electron...
hopping coefficients $t$ to be equal for simplicity, and assume $U \gg t$ [24]. Lastly, $V_{|\mathbf{R}_n - \mathbf{R}_m|}$ denotes the Coulomb interaction between the two moiré bands. Since the $v1$ is in a (correlated) insulating state and the $c1$ is initially empty, the interaction is not screened.

In TMD heterobilayers, typically Coulomb interaction is more significant than the moiré bandwidths [24,59,60]. Although such a considerable interband attraction could mix the narrow minibands, experiments suggest that these single-particle bands still manifest in optical excitations [61]. Thus, we can focus on specific moiré bands and use Eq. (1) as a minimum model to capture strong correlation physics.

In addition to the density-density attraction in Eq. (1), other interband interactions are present in general. These contributions include exchange Coulomb interaction and optical coupling [62,63]. We drop such terms in Eq. (1) since large band gaps (of order $eV$ [1]) in TMDs diminish their correlation to the exciton energy [62]. In particular, the $C3$ rotational symmetry completely suppresses the interband exchange process within bright Mott-moiré excitons (see Appendix H and Refs. [5,64]). We thus neglect the exchange interaction and optical coupling in our minimum model.

With the two-band model of Eq. (1), we proceed to describe the resulting spin correlation in $v1$. Following the standard arguments [65], including extra charges (in our case vacancies) into the half-filled $v1$ band yields an effective $t$-$J$ model. We take the 120° coplanar spin-ordered phase of such a model as our ground state [24], supported by measurements showing antiferromagnetic Curie-Weiss behavior at half-filling of the moiré valence band [31]. Spin fluctuations on top of such order propagate at energy scale $J \simeq 4t^2/|U|$ [24] and dress the charges into magnetic polarons [49–51]. It is convenient to describe the charge and spin degrees of freedom separately, via slave-fermion [49,66] and Holstein-Primakoff bosons [65], respectively. This reduces Eq. (1) to the following two-body Hamiltonian (see Sec. III):

$$
\hat{H} = \sum_k \varepsilon_k \hat{\psi}^\dagger_k \hat{\psi}_k - 2t \sum_{k,\tau} \gamma_k \hat{c}^\dagger_{k,\tau} \hat{c}_{k,\tau} - \frac{1}{\mathcal{A}} \sum_{q,\tau} V(q) \varepsilon^\dagger_{k+q,\tau} \varepsilon_{k-q,\tau} \hat{\psi}^\dagger_k \hat{\psi}_k, \tag{2}
$$

in which $\hat{\psi}$ stands for the fermionic charge degree of freedom (i.e., holon) in $v1$ band, whereas $\hat{c}$ remains the bare $c1$ electron. $\mathcal{A}$ denotes the system area. Momentum sums run over the first moiré Brillouin zone (mBZ). $\varepsilon_k$ is the (dressed) holon dispersion, $-2t\gamma_k$ is the $c1$ electron dispersion, and $V(q)$ is the Coulomb interaction written in momentum space. See Eqs. (24), (16), and (26) for the explicit expressions and further details.

Equation (2) captures the formation of Mott-moiré excitons from $c1$ electrons and $v1$ holons [see also Fig. 1(b)]. We introduce the composite operator $\hat{X}_{n,\tau}(\mathbf{Q})$ for such a bound state, which we write in the form

$$
\hat{X}_{n,\tau}(\mathbf{Q}) = \sum_p \phi^{(n)}_{\mathbf{Q}}(p) \hat{\psi}_{\mathbf{Q}+\mathbf{p}} \hat{c}_{\mathbf{Q}+\mathbf{p}+\tau}, \tag{3}
$$

where $\mathbf{Q}$ and $p$ are the total and relative momenta of the two particles, respectively, and $n$ labels the internal state. $\phi^{(n)}_{\mathbf{Q}}(p)$ is the corresponding exciton wave function, and if chosen so as to solve an appropriate effective two-particle Schrödinger equation [Eq. (27)], Eq. (2) becomes “quadratic” in terms of the composite operators:

$$
\hat{H} = \sum_{n,\mathbf{Q},\tau} E^{X}_{n,\mathbf{Q}} \hat{X}^\dagger_{n,\tau}(\mathbf{Q}) \hat{X}_{n,\tau}(\mathbf{Q}). \tag{4}
$$

with $E^{X}_{n,\mathbf{Q}}$ denoting the exciton energy. The operator $\hat{X}_{n,\tau}(\mathbf{Q})$ can be shown to satisfy bosonic commutation relations in the dilute limit [63] (with a correction proportional to the exciton density [67]), meaning that Eq. (4) does amount to an approximate diagonalization of the Hamiltonian for small numbers of excitons.

We end this overview by noting that, strictly speaking, Eq. (3) gives such bound state as a composite particle involving a holon rather than magnetic polaron [68]. The holon is merely the charge sector of the polaron: the latter additionally contains a surrounding cloud of spin fluctuations [49,69]. Yet since we shall find that the exciton radius (Fig. 3) is smaller than the polaron radius [69], we feel it is reasonable to consider binding between the electron and holon alone (spin fluctuations are still included via the dressed holon dispersion).

### B. Overview of results

Our main finding is that moiré and Mott-moiré excitons are similar in certain regards (namely, the binding energy and radius) but dramatically different in others (particularly the bandwidth, i.e., exciton mass). We further identify how the properties of the two vary with the moiré period $d_M$; recall that the moiré period is tunable experimentally.

To begin, the dispersions of moiré and Mott-moiré excitons are quite different, as shown in Fig. 2. Whereas moiré excitons possess a band minimum at $\mathbf{Q} = \Gamma \equiv (0,0)$ and maxima at the mBZ boundary, Mott-moiré excitons have the opposite behavior: a maximum at $\mathbf{Q} = \Gamma$ and minima at the mBZ boundary. We shall demonstrate that the inverted dispersion is precisely a consequence of the background spin order. Furthermore, the bandwidth $W_X$ of Mott-moiré excitons is roughly two orders of magnitude smaller than that of moiré excitons [see Fig. 3(c)]. This suppression is primarily due to the reduced holon bandwidth, and experiments in cold-atom quantum simulators have reported similar effects [70]. Interestingly, in a sense we shall make sharp, the lowered holon bandwidth is more a consequence of spin fluctuations than spin order alone. We refer to Sec. IV for more details.

Mott-moiré excitons have a slightly smaller binding energy [71] $E^{X}_{n,\mathbf{Q}}$ and larger diameter $\langle r \rangle_X$ compared to moiré excitons in their lowest internal states ($n = 0$) [see Figs. 3(a) and 3(b)]. Regardless, in both cases the exciton is significantly smaller than a moiré period, and correspondingly the binding energy is much greater than the Coulomb energy scale for charges separated by $d_M$. Qualitatively, this is due to the fact that the onsite Coulomb attraction is noticeably larger than the superlattice hopping amplitudes (see Fig. 11). In reality, exciton sizes could deviate from Fig. 3(b) since a description of the dynamics within a supercell is beyond our two-band model (1). Nevertheless, we still anticipate that the separation between charges in the lowest exciton will be less than a
moiré period, even for a multiband calculation, as long as the bandwidths of incorporated minibands are narrower than the strong Coulomb interaction. Such a conclusion is consistent with first-principle calculations [19] and identifies the bound states as Frenkel type [72], unlike the Wannier-type excitons (size larger than lattice spacing) found in conventional semiconductors [73]. We provide the corresponding analysis in Sec. IV (with further details in Appendix G).

As for how these properties vary with the moiré period $a_M$, a larger period implies significantly suppressed superlattice hopping amplitudes and thus relatively stronger Coulomb binding. This explains the trends seen in Fig. 3: $\langle r \rangle_X$ and $W_X$ both decrease as $a_M$ increases. Since the intersite Coulomb interaction is itself weaker at larger $a_M$, albeit less so than the hopping strength, the binding energy $E_{Bk}^0$ decreases as well. We refer to Sec. IV and Appendix G for more details.

We also compare the Mott-moiré exciton properties at different sublattice magnetizations $m$ (the order parameter for the 120° coplanar spin state). As we are considering 2D systems, spin fluctuations reduce the magnetization even at zero temperature. Linear spin-wave theory predicts $m \approx 0.48$ on the triangular lattice, which we compare to full magnetization $m = 1$. The qualitative trends for all properties are the same at both magnetizations. Furthermore, we see in Fig. 3 that only the exciton bandwidth has a noticeable dependence on $m$ (and even then only by a factor of 2). This is because $m$ influences only the holon kinetic energy, which is a small energy scale regardless [see Fig. 4]. Thus, while the exciton bandwidth (being controlled primarily by the holon bandwidth) is sensitive to magnetization, the other properties (for which the holon acts more or less as inert) are not.

In addition, we study the excited states of Mott-moiré excitons within the two-band model of Eq. (2). In accordance with the symmetry group of this model, we identify nondegenerate...
III. FORMALISM AND METHODS

In this section, we present the formalism describing interband Mott-moiré excitons in TMD heterobilayers. The Hubbard model on a triangular lattice has been investigated with various analytical methods: Hartree-Fock mean-field theory [74], strong-coupling expansions [75], and slave particles [47,48]. Here we use the slave-particle formalism because it is needed only to ensure that Eq. (7) is consistent with the commutation relations. The steps of our calculations are summarized as follows:

1. Implement projection to the subspace of zero double occupancies in $v1$ band and keep only nearest-neighbor terms, thus obtaining a $t$-$J$ model [24,65].

2. Express the Hamiltonian in terms of slave particles, namely, holons and spinons (keep in mind that the spin degrees of freedom described by spinons are locked to the valley degrees of freedom).

3. Focus on the 120° coplanar magnetically ordered phase of the triangular-lattice $t$-$J$ model, as described through a mean-field approximation for the spinons (while still including linear spin-wave fluctuations).

4. Calculate the dispersion of spin-dressed holons within the self-consistent Born approximation (SCBA) [47–49,66].

5. Construct the exciton Hamiltonian from the kinetic energies of dressed holons in $v1$ and electrons in $c1$, together with the Coulomb interaction. Diagonalize this Hamiltonian numerically to obtain the exciton spectrum and wave functions.

Before proceeding, let us emphasize that our usage of mean-field theory to describe the magnetic order implies that our results become inaccurate near its melting point. We nonetheless expect mean-field theory to capture the qualitative features of the 120° spin-ordered phase, and previous studies have confirmed that magnetic order persists (at around 0.4–0.5 of the classical value) even once quantum fluctuations are taken into account [76–78]. Furthermore, our results turn out to be largely insensitive to the precise value of the magnetization (see Sec. II).

A. $t$-$J$ model

Since the derivation of a $t$-$J$ model from a half-filled Hubbard model is by now standard (see, e.g., Ref. [65]), we simply mention the result. Starting from a state with one $v1$ electron per superlattice site, second-order perturbation theory in $t/U$ gives an effective Hamiltonian:

$$\hat{H}_{IJ} = -t \sum_{\tau, R} \sum_{\tau', R'} \hat{\psi}_{R, \tau} \hat{\psi}_{R', \tau'} + \hat{H}_J,$$

$$\hat{H}_J = J \sum_{R, R'} \hat{S}_R \cdot \hat{S}_{R'}, \quad \hat{S}_R \equiv \sum_{\tau, \tau'} \hat{\sigma}_{\tau, \tau'}^{s, R} \hat{\psi}^{\dagger}_{R, \tau} \hat{\psi}^{\dagger}_{R, \tau'} \hat{\psi}_{R, \tau'} \hat{\psi}_{R, \tau},$$

where $J \equiv 4t^2/U$, $\mathbf{\hat{P}}$ is the projector onto the subspace having no more than one electron per site, and $\sigma_{\tau, \tau'}^{s, R}$ denotes the vector of $2 \times 2$ Pauli matrices.

B. Slave particles

The hole creation operator can be represented as (meaning that the two sides obey the same commutation relations)

$$\hat{h}^{\dagger}_{R, \tau} = \hat{\psi}^{\dagger}_{R, \tau} + \tau \hat{\sigma}^{d}_{R, \tau},$$

with fermionic $\hat{\psi}_{R}$ and $\hat{d}_{R}$, and bosonic $\hat{\sigma}^{d}_{R, \tau}$. We interpret $\hat{\psi}_{R}$ as an empty site, a “holon,” and $\hat{\sigma}^{d}_{R, \tau}$ as a singly occupied site with spin (equivalently valley), a “spinon” [79–81]. $\hat{d}_{R}$ corresponds to a doubly occupied site, but since the $t$-$J$ model projects into the subspace with no double occupancies, this operator does not appear in any subsequent expressions [it is needed only to ensure that Eq. (7) is consistent with the commutation relations]. The slave-particle transformation is illustrated in Fig. 5.

Equation (7) indicates that hole creation (i.e., electron annihilation) is equivalent to removing the corresponding spinon and creating a holon in its place (or replacing a double occupancy with the nonannihilated spin). Since we are neglecting double occupancies, any site does not contain a spin by definition contains a hole, and therefore the slave particles must obey the following constraints for all $R$:

$$\hat{\psi}^{\dagger}_{R} \hat{\psi}_{R} + \sum_{\tau} \hat{\sigma}^{d}_{R, \tau} \hat{\sigma}^{d}_{R, \tau} = 1, \quad \hat{d}^{\dagger}_{R} \hat{d}_{R} = 0.$$
FIG. 5. Schematic diagram for the slave-particle formalism. Blue and red arrows represent the states with a single $\tau = \uparrow$ and $\tau = \downarrow$ electron, respectively, and are mapped to states with the corresponding bosonic spinors $\delta$. States with zero and two electrons are mapped to corresponding fermionic slave particles, holons $\hat{\psi}$, and doublons $\hat{\delta}$. Doublons are not shown, as indicated by the cross, because they are projected out due to the large energy cost $U$.

Substituting Eq. (7) into (5) and making use of the constraints allows us to express $\hat{H}_J$ as $\hat{H}_J + H_J$, where

$$\hat{H}_J = -\frac{1}{\gamma} \sum_{\langle \mathbf{R}, \mathbf{R}' \rangle} (\hat{\psi}_R \hat{\psi}_{R}', \hat{\delta}_{R,\tau}, \tau + \text{H.c.})$$

and

$$\hat{H}_J = J \sum_{\langle \mathbf{R}, \mathbf{R}' \rangle} \hat{\mathbf{S}}_R \cdot \hat{\mathbf{S}}_{R}', \hat{\mathbf{S}}_R = \sum_{\tau, \tau'} \hat{\delta}_{R,\tau,\tau'} \hat{\delta}_{R,\tau'}$$

where the spin vectors are now expressed in terms of spinors. Note that the Hamiltonian automatically preserves the conditions in Eq. (8).

C. Magnetic order and spin waves

To study the magnetic order in the $t$-$J$ model, we consider the dilute limit in which the low number of holons does not disturb the spin background. Consequently, $\hat{H}_J$ alone determines the spin ground state of $\hat{H}_J$. In the classical limit, $\hat{H}_J$ is minimized by a 120° spin order such as sketched in Fig. 7. Replacing $\hat{S}_R$ by $\langle \hat{S}_R \rangle = \frac{g_q}{2}$, this classical order on the $A$, $B$, and $C$ sublattices reads as

$$\langle \hat{\sigma}_R \rangle \equiv \hat{n}_R = \begin{cases} e_\tau, & R \in A \\ -\frac{e_\tau}{2} - \sqrt{3}e_\tau, & R \in B \\ -\frac{e_\tau}{2} + \sqrt{3}e_\tau, & R \in C. \end{cases}$$

To include a low density of spin fluctuations on top of this background order, we rewrite the spinors $\hat{\sigma}_{R,\tau}$ in terms of Holstein-Primakoff (HP) bosons $\hat{\delta}_R$ [65]:

$$\hat{U}_R \begin{bmatrix} \hat{\sigma}_{R,\tau} \\ \hat{\sigma}_{R,\tau} \end{bmatrix} = \begin{bmatrix} \sqrt{2S - \hat{\delta}_R^2} \hat{\delta}_R \\ \hat{\delta}_R \end{bmatrix} \hat{\delta}_R$$

(12)

Here $\hat{U}_R$ is the spin rotation matrix from $e_\tau$ to $\hat{\delta}_R$. $S$ denotes the spin magnitude. Although we are ultimately considering $S = \frac{1}{2}$, it is useful to compare with the semiclassical regime $S \gg 1$ [65]. Magnetic order in this calculation is characterized by the (normalized) sublattice magnetization:

$$m \equiv \left[ 1 - \frac{1}{S} (\hat{\delta}_R^2) \right]$$

(13)

We refer to Appendix B for further details.

Thus far, all transformations have been exact (except for the perturbation theory used to derive the $t$-$J$ model). To make further progress, we consider either of two similar approximations. First is the standard linear spin-wave (LSW) theory [47–49,65], namely, expanding in $1/S$ and neglecting all subleading terms. Even though $S = \frac{1}{2}$ is far from the large-$S$ limit, it has been observed that this approximation still gives the correct qualitative features of spin waves [82,83]. Second is a mean-field approximation in which we replace $\sqrt{2S - \hat{\delta}_R^2}$ in Eq. (12) by $\xi = \sqrt{2S - \frac{1}{3} \sum_{\mathbf{R}} (\hat{\delta}_R^2)}$, where the expectation value is in the ground state of $\hat{H}_J$. The value $\langle \hat{\delta}_R^2 \rangle$ is then determined self-consistently.

Both approaches ultimately approximate $\hat{H}_J$ by a quadratic Hamiltonian, which a Bogoliubov rotation then diagonalizes. The resulting expression is, in terms of momenta $\mathbf{q}$,

$$\hat{H}_J = \frac{3}{2} \sum_{\mathbf{q}} \Omega_{\mathbf{q}} \hat{\beta}_{\mathbf{q}} \hat{\beta}_{\mathbf{q}^0}$$

(14)

where

$$\Omega_{\mathbf{q}} = \sqrt{\left(1 + \frac{\gamma_{\mathbf{q}}}{6}\right)^2 - \frac{\gamma_{\mathbf{q}}^2}{4}}$$

(15)

$$\gamma_{\mathbf{q}} = \sum_{\mathbf{q},\mathbf{q}' \neq \mathbf{q}} \cos(|\mathbf{a}_M \cdot \mathbf{q}' - \mathbf{e}_i|)$$

(16)

$$u_{\mathbf{q}} = \frac{1}{2\Omega_{\mathbf{q}}} \left(1 + \frac{\gamma_{\mathbf{q}}}{6} + \Omega_{\mathbf{q}} \right)$$

(17)

$$v_{\mathbf{q}} = \text{sgn}(\gamma_{\mathbf{q}}) \sqrt{\frac{1}{2\Omega_{\mathbf{q}}} \left(1 + \frac{\gamma_{\mathbf{q}}}{6} - \Omega_{\mathbf{q}} \right)}$$

(18)

with $\mathbf{e}_1 = \mathbf{e}_x$ and $\mathbf{e}_{2,3} = -\mathbf{e}_x/2 \pm \sqrt{3}\mathbf{e}_y/2$ ($\mathbf{e}_x$ and $\mathbf{e}_y$ are the $x$ and $y$ unit vectors). LSW theory corresponds to $\xi^2 = 1$, while the mean-field approximation corresponds to $\xi^2 = (1 + m)S$ [see Eq. (13)]. In particular, one finds that $m = 1 - \frac{1}{2} \sum_{\mathbf{q}} v_{\mathbf{q}}^2 \simeq 0.48$ at zero temperature, independent of $t$ and $U$ (see Appendix B).

Making the same approximations in $\hat{H}_J$ gives ($N$ denotes the number of moiré sites)

$$\hat{H}_J = t \xi^2 \sum_{\mathbf{k}} |k| \hat{\psi}_{\mathbf{k}+\mathbf{q}} \hat{\psi}_{\mathbf{k}}$$

$$+ \frac{\sqrt{3} \xi}{\sqrt{N}} \sum_{\mathbf{k},\mathbf{q}} [i|\mathbf{M}_{\mathbf{k}} |\hat{\psi}_{\mathbf{k}+\mathbf{q}} \hat{\psi}_{\mathbf{k}} \hat{\beta}^\dagger_{\mathbf{q}} + \text{H.c.}]$$

(19)

with vertex

$$M_{\mathbf{k},\mathbf{q}} = h_k \chi_{\mathbf{k}} - h_k Q_{\mathbf{k}} u_{\mathbf{q}}$$

(20)

$$h_k \equiv \sum_{i=1}^3 \sin(A M_k \cdot \mathbf{e}_i)$$

(21)

Note that the bare holon hopping in Eq. (19) has the opposite sign compared to that of the original hole, which is $-2t \chi_{\mathbf{k}} \hat{h}_{\mathbf{k},\tau}$ [Eq. (5)]. The minus sign comes from the fact that holon hopping has an additional factor of the dot product between neighboring spin axes [see Eq. (9)], which
is \( \cos 2\pi/3 = -\frac{1}{2} \) for 120° order. Depletion of the magnetization due to spin fluctuations gives a further factor \( \xi^2 \).

**D. Self-consistent Born approximation**

The second term of Eq. (19) leads to a modification of the holon propagator, which we describe via the standard self-consistent Born approximation (SCBA) [47–49] as given in Fig. 6. The SCBA ignores vertex corrections and crossed lines (with renormalized amplitude \( t_1 \)). The dashed line represents the propagator for a Holstein-Primakoff spin excitation, and black dots indicate the holon-spin vertex [second line of Eq. (19)].

**E. Exciton Hamiltonian**

Recall the effective Hamiltonian given in Eq. (2) of Sec. II (reproduced here):

\[
\hat{H} = \sum_k \epsilon_k \hat{\psi}_k \hat{\psi}_k' - 2t_1 \sum_{k, \tau} \gamma_k \hat{c}_{k, \tau} \hat{c}_{k, \tau} - \frac{1}{\mathcal{A}} \sum_{k, \tau} V(q_\tau) \hat{\psi}_k \hat{\psi}_q \hat{c}_{k, \tau} \hat{c}_{q, \tau}. \tag{25}
\]

The preceding subsections have explained the term \( \epsilon_k \hat{\psi}_k \hat{\psi}_k' \), and the term \(-2t_1 \gamma_k \hat{c}_{k, \tau} \hat{c}_{k, \tau} \) is simply the bare c1 electron hopping term written in momentum space. To obtain the second line, we take the Coulomb interaction from our starting Hamiltonian \( V_{R=R'} \hat{c}_{k,R} \hat{c}_{k',R} \hat{\psi}_R \hat{\psi}_{R'} \hat{c}_{k,R} \hat{c}_{k',R} \) and use the constraints on the slave particles [Eq. (8)] to express \( \sum_{\tau} \hat{\psi}_R \hat{\psi}_{R'} \hat{c}_{k,R} \hat{c}_{k',R} \) as \( 1 + \hat{\psi}_R \hat{\psi}_{R'} \). The constant term amounts to a shift of chemical potential (and should be balanced against the background positive charges in any case), thus we ignore it and are left with Eq. (25) in momentum space.

We take the Coulomb interaction to be

\[
V(q) = \frac{2\pi e^2 \tanh (qd)}{\epsilon_r q}. \tag{26}
\]

The factor \( \tanh (qd) \) comes from considering there to be metallic gates at a perpendicular distance \( d \) from the TMD bilayer [84, 85], which screen the charges at distances greater than \( d \) (momenta less than \( d^{-1} \)). We set \( d \gg a_M \), and have found that our results are insensitive to the precise value. The remaining factors in Eq. (26) are simply the bare interaction for charges forced within a 2D plane.

Although written in second quantization, Eq. (25) in the one-electron and one-holon subspace is a two-body Hamiltonian and can readily be diagonalized numerically. This gives a set of excitation energies \( E_n^\text{EX} \) and wave functions \( \phi_Q^n(p) \), where \( Q \) and \( p \) are, respectively, the total and relative momenta of the electron-holon pair, and \( n \) is a discrete index labeling the eigenstates at given \( Q \) (note that the eigenstates are degenerate with respect to the c1 electron spin \( \tau \)). In particular, the energies and wave functions solve the following eigenvalue problem:

\[
\sum_q \left[ \epsilon_Q(p) \delta_{q,0} - \frac{1}{\mathcal{A}} V(q) \right] \phi_Q^{(n)}(p - q) = E_n^X \phi_Q^{(n)}(p). \tag{27}
\]
where \( \varepsilon_Q(p) \) denotes the two-particle kinetic energy

\[
\varepsilon_Q(p) \equiv \varepsilon_{q-p} - 2i\gamma \varepsilon_{q+p}.
\]  

Equation (27) is the standard Wannier equation for excitons [73], albeit with a modified kinetic energy. Those eigenvalues lying within the band gap correspond to bound states.

To describe normal moiré excitons, we again use Eq. (25) but with bare holes in place of holons. Thus, the term \( \varepsilon_{Q/2-p} \) in Eq. (28) is replaced by \(-2i\gamma \varepsilon_{Q/2-p} \) and we otherwise solve Eq. (27) as before.

With the exciton wave functions in hand, we can define composite boson operators \( \hat{X}_{n,\tau}(Q) \) as in Eq. (3), corresponding to creation of an exciton. Then (in the dilute limit) the Hamiltonian takes the “quadratic” form shown in Eq. (4).

F. Exciton-light coupling

As a final step, we investigate the possibility of optically detecting these excitons via light-matter coupling \( \hat{H}_{\text{opt}} \). Within the dipole approximation [73], \( \hat{H}_{\text{opt}} \sim \hat{j} \cdot \mathbf{A} \), with \( \hat{j} \) and \( \mathbf{A} \) denoting the spatially homogeneous current and vector potential, respectively. We focus on the interband current [36] with the following expression (see Appendix E) as it introduces electron-hole pairs:

\[
\hat{j}^{(e)} = \frac{e\nu_F}{c} \sum_{k,\tau} e_i \hat{\delta}^\dagger_{k,\tau} \hat{k}^\dagger_{k,\tau} + \text{H.c.},
\]

with polarization vector \( e_i \equiv \tau e_x - ie_y \). Note that as a result of this polarization vector, circularly polarized light couples selectively to individual spin/valley \( \tau \). This is true for both moiré and Mott-moiré excitons [20] since the Hubbard interaction does not enter into the current operator.

To derive further selection rules for Mott-moiré excitons, we rewrite Eq. (29) in terms of the exciton operators \( \hat{X}_{n,\tau}(Q) \) (see Appendix E). For definiteness, we consider photons with the polarization vector of \( e_i \), and the corresponding longitudinal optical conductivity obtained from linear response theory is given by [87]

\[
\sigma(\omega) \sim \frac{i}{\omega} \sum_{n} \frac{|\Phi^{(n)}_\kappa|^2}{\omega - E^{X}_{n,\kappa} + i\delta_+},
\]

where \( \Phi^{(n)}_\kappa \equiv \frac{1}{\sqrt{N}} \sum_p \phi^{(n)}_\kappa(p) \) is the wave-function amplitude at zero (spatial) separation between electron and holon, specifically at total momentum \( \kappa \) in the mBZ (see Fig. 2). \( \delta_+ \) is an infinitesimal positive regulator. An analogous expression holds for moiré excitons (see Appendix F).

Importantly, since \( \sigma(\omega) \) is proportional to the probability of zero separation between charges, only s-wave excitons are optically bright. In addition, only the states with \( Q \) at mBZ corners contribute to \( \sigma(\omega) \). This is because Mott-moiré excitons are electron-holon states. Consequently, their total momentum differs from electron-hole states by a spin-ordering vector, which is \( \kappa \) as indicated by Eq. (11). Hence, our result is consistent with the fact that zero total momentum electron-hole bound states are bright [73].

IV. RESULTS

A. Single holon

We first present results on the properties of individual dressed holons. Although similar results already exist in the literature [47,48], it is useful to review them here for completeness.

In Fig. 8, we show a representative plot of the dressed holon dispersion \( \epsilon_k \) throughout the mBZ. The minimum is at the point \( M \) and the maximum is at the point \( \kappa \), both at the edge of the mBZ. We also fit to the dispersion of the effective hopping Hamiltonian in Eq. (23), and find reasonable agreement. The values of the fit parameters \( t_{1,2,3} \) as functions of \( a_M \) are shown in Fig. 9. Note that, when viewed as functions of \( t/J \) (see Appendix A), these results apply to general triangular lattices described by a \( t-J \) model and not merely TMD heterobilayers.

The magnitudes of the hopping coefficients decrease significantly as \( a_M \) increases. The same is true for the holon
bandwidth \( W \) (see Fig. 4). We find that \( W \) is comparable to \( J \), much smaller than the bare hole bandwidth (which scales with \( t \)). Qualitatively, this reduction is because a hole in the \( t-J \) model is really a magnetic polaron, a charge with a surrounding cloud of spin fluctuations, and the velocity of the polaron is determined by its much slower spin sector [51].

Another perspective on the dressed holon dispersion comes from a Hartree-Fock treatment of the triangular-lattice Hubbard model, which we present in Appendix D. In the large-\( U \) limit, the Hartree-Fock Hamiltonian, which amounts to particles hopping in a Zeeman field determined self-consistently from the average magnetization, comes out to be precisely of the form in Eq. (23), with parameters \( 2t_1 = -t + 3J/2 \) and \( 2t_2 = -2t_1 = -3J/4 \). This simple treatment correctly predicts the signs of the effective hoppings, including the extra minus sign in \( t_1 \), as well as the locations of band extrema obtained from the more sophisticated SCBA. Interestingly, however, it significantly overestimates the magnitude of the effective hoppings (see Fig. 9), and thus we stick to the SCBA results in what follows.

We lastly compare these properties for \( m = 1 \) (LSW theory) to \( m = 0.48 \) (mean-field approximation), also shown in Fig. 9. The magnitudes of \( t_1, t_2, t_3 \) are all reduced for the smaller magnetization, but otherwise the behavior is largely unaffected.

**B. Mott-moiré exciton**

We now turn to the properties of Mott-moiré excitons obtained by solving Eq. (27). We compare these results to those of normal moiré excitons, where strong correlations in the \( v_1 \) band play no role. All numerical data use dielectric constant \( \epsilon_r = 10 \) unless otherwise noted.

**1. Exciton dispersion**

First, we discuss the dispersion profile for the lowest-energy moiré and Mott-moiré excitons (see Figs. 2 and 10). The former has a minimum at \( \Gamma \) and a maximum at \( \kappa \), whereas the latter has a maximum at \( \Gamma \) and a minimum at \( M \).

Furthermore, the bandwidth of Mott-moiré excitons is drastically narrower than that of moiré excitons.

We can understand these differences by noting that at large superlattice period \( a_M \), since the kinetic energy scale decreases exponentially with \( a_M \) but the interaction scale decreases only as \( 1/a_M \), the term \( \xi_0(p) \) in Eq. (27) can be treated as a perturbation compared to \( V(q) \). At zeroth order, the exciton eigenstates are simply (relative) position eigenstates since these diagonalize the Coulomb interaction. Denote the unperturbed eigenstates by \( |j, Q\rangle \), with \( j \) an integer labeling positions in order of increasing separation, and denote the unperturbed energies by \( -V_j \). We give details of the perturbation theory in Appendix G, ultimately finding that the first momentum-dependent correction to the moiré exciton is \( -\frac{t^2}{\gamma_0} |j, Q\rangle \) whereas that for the Mott-moiré exciton is \( -\frac{t^{1/4}}{\gamma_0} |j, Q\rangle \) (the factor of \( t \) comes from the electron hopping and the factor of \( t_1 \) from the holon). Note first of all the relative minus sign between the two, and second that the Mott-moiré dispersion is...
reduced by an overall factor of $|t_1|/t$. Thus, we see that both the inverted dispersion and smaller bandwidth of Mott-moiré excitons can be traced back to the renormalization of the holon hopping.

Recall that the extra minus sign in $t_1$, and thus the inverted Mott-moiré dispersion, can be understood through Hartree-Fock theory, which treats the background spin order as static. Spin fluctuations can therefore be seen as not essential to this phenomenon. However, they play a much more significant role in the reduced Mott-moiré bandwidth since Hartree-Fock theory alone overestimates the magnitude of $t_1$, and thus the bandwidth, significantly as compared to the SCBA.

2. Properties of the lowest exciton state

We now turn to detailed properties of the lowest-energy excitons, particularly their binding energies, sizes, and bandwidths. The results are summarized in Fig. 3.

Figure 11 compares the separate kinetic and potential energies of both excitons. As argued above, the potential energy is noticeably larger than the kinetic energy within the range of $a_M$ we consider, especially for Mott-moiré excitons. Solid markers indicate the two-particle kinetic energy $\langle \varepsilon_k \rangle$ [Eq. (28)], and empty markers indicate the Coulomb energy $A^{-1}\langle |V(q)| \rangle$ [Eq. (26) with $A$ the system area].

FIG. 11. Average kinetic and potential energies for the lowest-energy exciton as a function of moiré period $a_M$. Total momentum is set to $Q = \kappa$. Dielectric constant is $\varepsilon_r = 10$, and system size is $3 \times 24^2$ sites. Blue and red circles are data for Mott-moiré excitons at $m = 1$ and 0.48, respectively (indistinguishable at this scale). Green circles are for moiré excitons. Solid markers indicate the two-particle kinetic energy $\langle \varepsilon_k \rangle$ [Eq. (28)], and empty markers indicate the Coulomb energy $A^{-1}\langle |V(q)| \rangle$ [Eq. (26) with $A$ the system area].

Finally, we elaborate on the bandwidth $W_X$ for both excitons. We have already discussed how the significantly smaller Mott-moiré bandwidth is a consequence of the dressed holon dispersion, but our perturbative analysis makes a further quantitative prediction: the reduction of the bandwidth is $|t_1|/t$ to leading order. We show in Fig. 12 that this result is borne out quite well in the numerics. A further observation is that even the moiré bandwidth itself is much smaller than the hopping coefficient $t$ which one might naively expect. This effect is due to strong Coulomb binding on the lattice [88], with physical origin given above.

3. Excited states and optical spectrum

The first few excited-state exciton energies $E_{n,Q}^X$ are shown in Fig. 13(a), at the values of $Q$ relevant for the optical conductivity in both cases (I for moiré and $\kappa$ for Mott-moiré). These levels are not well described by the Rydberg series $E_{n,Q}^X \sim (2n + 1)^{-1}$ found in hydrogenic excitons [73], but this is merely a consequence of the lattice structure together with the small exciton radii. Also note that our use of a two-band model restricts us to excitonic states formed from the valence and conduction moiré bands, whereas experimental optical spectra would include contributions from composite particles having constituents in other moiré bands.

Figure 13(b) plots the wave-function amplitude $\Phi_n^{(Q)}$ which determines the oscillator strength. The lowest-energy states substantially dominate the spectra (for both excitons) and, furthermore, as discussed in Sec. III, only $s$-wave excitons exhibit a response.

4. Exciton wave function

We show the lowest state wave functions of different angular momentum $(s, p, d, \text{or } f)$ symmetry for Mott-moiré exciton at $Q = \kappa$ in Fig. 14. We understand their rotational properties with the $D_3$ point-group symmetry of Eq. (27) (in terms of the electron momentum $p_e = \frac{\pi}{L} - p$). D3 point group should give two one-dimensional representations and one two-dimensional representation [89]. The one-dimensional representations can be identified as $s$- and $f$-wave states.
FIG. 13. (a) Energies $E_{n,Q}^X$ of the first few excited states for moiré and Mott-moiré excitons, at the indicated total momenta. The labels $s$, $E$, and $f$ denote the $D_3$ group representations with which the states are associated. (b) Wave-function amplitude $|\Phi_n^X(p)|$ which determines the oscillator strength, for the first few excited states of both excitons. The eigenstate number $n$ simply labels the states (only one of each degenerate pair is shown). The total momenta used ($Q = \kappa$ for Mott-moiré and $Q = \Gamma$ for moiré) are those which are relevant for the optical conductivity [see Eqs. (30) and (F4)]. Data are for moiré period $a_M = 10$ nm, dielectric constant $\varepsilon_r = 10$, magnetization $m = 0$.48, and system size $3 \times 242$ sites.

FIG. 14. The wave functions for the first few excited states of Mott-moiré excitons. We set the total momenta $Q = \kappa$, the moiré period $a_M = 10$ nm, and the magnetization $m = 0.48$ for this figure. The axes $(p_{c,x}, p_{c,y})$ denote the $c_1$ electron momentum of the exciton, within the first mBZ. The color bar gives the exciton wave function $\Phi_n^X(p)$, $n$ in the titles denote the eigenstate number in Fig. 13 to which the wave functions belong. The $n = 0$ and 1 states are $s$ waves with different energies. The $n = 1$ state is similar to $n = 0$ and is not plotted here. The $p$-wave-like state $n = 2$ and $d$-wave-like state $n = 3$ are doubly degenerate. The $n = 4$ state is $f$ wave. The $s$, $E$, and $f$ labels in the titles denote the $D_3$ group representations with which the states are associated.

C. Spectator exciton

We end the results with spectator excitons, providing an additional signature of spin correlation in the half-filled $v_1$ band. These excitations are the lowest internal bound states between a hole in some valence moiré band other than $v_1$, say $v_2$ (with annihilator $\hat{v}$), and a conduction electron (assumed to be $c_1$ for simplicity). Note that neither band involved is directly subject to strong-correlation physics. Nonetheless, the composite particles could gain $v_1$-spin information via the exchange interaction [5,62,64] between $v_1$ and $v_2$ bands (see Fig. 15). Specifically, this vertex could flip $v_2$ spins upon scattering with $v_1$, introducing coupling between the excitons $\hat{x} = \hat{v}_x \hat{c}_x$ and $\hat{v}_x = \hat{v}_{-x} \hat{c}_x$. Such a scattering process is present with a 120° coplanar spin order, opening a gap $\Delta_{v_1}$ between the two spectator excitons. We find that $\Delta_{v_1}$ is proportional to the sublattice magnetization $m$ in $v_1$ (see Appendix 1). Crucially, the two excitons are degenerate when $v_1$ is magnetically disordered, giving a qualitative distinction between the presence and absence of spin order.

We estimate the gap (see Fig. 16) by taking $v_2$ to be the next valence moiré orbital centered around the same set of (see Fig. 14). The two-dimensional representation, which we label $E$, cannot be interpreted cleanly in terms of the usual angular momentum classification (Fig. 14 shows examples of apparently $p$- and $d$-wave states which both belong to $E$).

FIG. 15. Illustration of the spectator exciton formed by an electron in $c_1$ band and a hole in $v_2$ band. It couples to the spin states in the half-filled (denoted with gray dashed line) $v_1$ band via exchange interaction.
lattice sites as \( v \). \( \Delta_{xy} \) decreases with a larger moiré period due to suppressed exchange matrix elements from more extended Wannier orbitals [see Eq. (113)]. In addition, we find \( \Delta_{xy} \approx 20 \) meV at full magnetization: note that this quantitative value depends on the microscopic details, such as the approximate orbitals. The fact that \( \Delta_{xy} \) is much larger than the superexchange constant \( J \) may imply that the exciton dynamics has a significant back-reaction on the spin correlations, which is beyond our analysis. Nevertheless, we still anticipate that the spin-induced spectator exciton gap would be rather large. We refer to Appendix I for details.

We end by pointing out other variants of spectator excitons. These include bound states with charges in moiré bands other than \( v1 \), \( v1 \), and \( v2 \). More generally, they could even be outside of the moiré bilayer [33]; as long as they couple to \( v1 \) spin states with exchange interaction, the same physics is present and the splitting \( \Delta_{xy} \) indicates whether there is spin correlation.

V. CONCLUSION

We have demonstrated the existence of bound states between spin-dressed holons, i.e., magnetic polarons, and conduction electrons on the moiré superlattice of twisted TMD heterobilayers. Such bound states, named Mott-moiré excitons, possess much narrower bandwidths than moiré excitons. Thus, the degree of correlations, controllable by gate voltages [84,85], offers a further mechanism to engineer exciton properties. This is in addition to the already high tunability provided by the moiré period. However, we predict that only \( s \)-wave excitons (both moiré and Mott-moiré) are detectable via optical measurements.

These results are a consequence of two simple physical features. First, the kinetic energy of the holon is heavily suppressed by spin fluctuations. We further draw a distinction between effects which are due to the presence of static spin order versus genuine fluctuations: inversion of the Mott-moiré dispersion can be traced to the former, but the reduction of the bandwidth is due to the latter. Second, the Coulomb energy is much larger than kinetic at large moiré periods due to the exponential suppression of the latter. This allows us to treat the hopping terms as a perturbation, and the exciton properties follow straightforwardly.

One natural question is how to distinguish between moiré and Mott-moiré excitons experimentally. Since the main difference is in their masses (i.e., bandwidths), we propose diffusion measurements as one viable possibility. Intuitively, excitons with larger mass should have slower diffusion, and so diffusion constants should be significantly reduced in the presence of magnetic polaron physics. Recent diffusion measurements have been performed on excitons in TMD heterobilayers [39–41], but have not compared different fillings of the \( v1 \) band (and hence degree of correlations) to the best of our knowledge.

Aside from Mott-moiré excitons, we also study spectator excitons, bound states between charges outside of the strongly correlated moiré band. Incorporating the exchange interaction, we find that they exhibit additional energy splitting when the correlated band is \( 120^\circ \) spin ordered. This result, together with the modified mass of Mott-moiré excitons, demonstrates the importance of spin physics for optical excitations in TMDs.

Nevertheless, the existing experiments have focused thus far on effects due to charge order [31–33,36] rather than spin correlation. Since the energy scale for charge order is \( U \) and that for spin correlation is only \( J \), it should be possible to separate these effects by varying the temperature \( T \). Changes at \( T \sim J \) can likely be attributed to spin physics alone. One example is the exchange-induced splitting of spectator excitons [90]. Another is the enhancement of the Mott-moiré exciton mass, which should appear once the spin correlation length exceeds the polaron size. These qualitative differences at distinct temperature regimes could provide signatures for spin correlation, and our work gives two platforms for corresponding measurements. We therefore expect that our systematic study on these strongly correlated bound states can inform these future experiments.

Much work regarding Mott excitons remains to be done beyond the interband species considered here. For example, at half-filling of the \( v1 \) band, there should also exist \textit{intraband} excitons consisting of two magnetic polarons [see Fig. 1(b)]. Previous work has discussed these excitons for a single-band Hubbard model on the square lattice [44], but no such work for triangular moiré superlattices has been done to the best of our knowledge. The optical properties of strongly correlated excitons, both interband and intraband, such as their coupling to optical cavities and potential cavity-QED effects, are also highly active topics [91,92].

Moreover, twisted TMD bilayers show various strong-correlation phases besides \( 120^\circ \) antiferromagnetic insulators, and excitons therein remain unexplored. For instance, systems allowing for a next-nearest-neighbor superexchange could give rise to spin liquids in a half-filled \( v1 \) band [24,27]. Another example at the same filling is the charge-transfer insulator [30,93] in which Hubbard \( U \) is larger than the gap between the first two valence moiré bands [94]. In addition, other charge and spin orders emerge at fractional
fillings of the $v_1$ band, such as Wigner crystal and ferromagnetism [24,27]. The properties of excitons and whether they are relevant optical excitations in these correlated phases remain open.

Finally, another field to be investigated is the multiexciton many-body physics in moiré TMDs. Beyond the dilute-exciton limit, these composite particles could significantly alter the strong correlations. This is crucial for understanding excitonic insulators in TMD multilayer heterostructures [95,96]. Nonetheless, the interplay between exciton occupation and correlated insulating phases is still an open question.

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APPENDIX A: RESULTS IN DIMENSIONLESS VARIABLES

Our results apply to generic triangular lattices beyond moiré TMDs to which the two-band model (2) applies. $t$ and $U$ (or $J$) are sufficient to set the dressed holon properties in $v_1$ band. For moiré TMDs, these energy scales are dependent on the moiré period $a_M$ (see Fig. 17). We accordingly present the holon results as functions of the $t/J$ (instead of $a_M$ in Figs. 18 and 19) so that the results can be generalized to generic triangular lattices. Similarly, we show how the exciton properties evolve with $t/J$ in Fig. 20. Note that here we fix the Coulomb energy scale $V_1$ while varying $t/J$ (whereas all energy scales change with $a_M$ for moiré TMDs.)

APPENDIX B: SLAVE-FERMION t-J MODEL IN THE HOLSTEIN-PRIMAFOFF REPRESENTATION FOR SPIN

In this Appendix, we provide the details of Holstein-Primakoff (HP) representation of the slave-fermion $t$-$J$ model Eqs. (9) and (10). Following Eq. (12), we express the spinon operator in terms of HP bosons as follows:

$$
\hat{s}_{\tau} = \frac{1}{\sqrt{2}} e^{i\pi/2} \left( \sqrt{2S - \hat{a}_{R}^{\dagger} \hat{a}_{R} - \tau \hat{\theta}_{R}} \right),
$$

where $\theta_{R} = 0, -1, 1$ for $A$, $B$, and $C$ sublattices, respectively, and $S$ is the magnitude of spin ($S = 1/2$ in our problem).

To simplify the problem and incorporate the depletion of magnetization by quantum fluctuation, we employ a mean-field approximation: $\hat{a}_{R}^{\dagger} \hat{a}_{R}$ in Eq. (B1) is replaced by $\frac{1}{N} \sum_{R} \langle \hat{a}_{R}^{\dagger} \hat{a}_{R} \rangle$.

FIG. 17. Energy scales $t$ (solid circles) and $J$ (empty circles) for the $t$-$J$ model in Eq. (5) as a function of moiré period $a_M$, taken from Ref. [24] for WSe$_2$ on top of MoSe$_2$. Also shown are the nearest-neighbor Coulomb scale $V_1 = \frac{e^2}{\epsilon_{r}a_{dd}}$ (empty squares), using dielectric constant $\epsilon_{r} = 10$.

FIG. 18. Dressed holon bandwidth $W$ (in units of $J$) from SCBA as a function of $t/J$ (values taken from Fig. 17), at different sublattice magnetizations $m$ (blue and red). System size is $3 \times 24^2$ sites.

FIG. 19. Fitting parameters $t_{1,2,3}$ of the dressed holon dispersion (in units of $J$) in Eq. (24) as a function of $t/J$ (values taken from Fig. 17). System size is $3 \times 24^2$ sites. Solid and empty circles represent data for $m = 1$ and 0.48, respectively. Blue, red, and green denote $t_1$, $t_2$, and $t_3$, respectively.
and averaging out all moiré sites \( \mathbf{R} \), it becomes
\[
\xi^2 + \frac{1}{N} \sum_q (\hat{a}_q^\dagger \hat{a}_q) = 1. 
\]

The slave-fermion \( t-J \) model in the HP representation within the mean-field approximation is derived as
\[
\hat{H}_{ij} \approx \hat{H}_i + \hat{H}_j,
\]
\[
\hat{H}_i = \left(\frac{t\xi}{2}\right) \sum_{\langle \mathbf{R}, \mathbf{R}' \rangle} \left[ \xi + \sqrt{3} \epsilon_{\mathbf{R} \mathbf{R}'} \hat{a}_{\mathbf{R}}^\dagger \hat{a}_{\mathbf{R}'} \right] + \text{H.c.},
\]
\[
\hat{H}_j = \hat{a}_{\mathbf{R}}^\dagger \hat{a}_{\mathbf{R}'},
\]
\[
+ \left(\frac{J\xi^2}{8}\right) \sum_{\langle \mathbf{R}, \mathbf{R}' \rangle} \left[ \hat{a}_{\mathbf{R}}^\dagger \hat{a}_{\mathbf{R}'} - 3 \hat{a}_{\mathbf{R}}^\dagger \hat{a}_{\mathbf{R}'}^\dagger + \text{H.c.} \right].
\]

where \( \epsilon_{\mathbf{R} \mathbf{R}'} \) is the Levi-Civita symbol which is antisymmetric, i.e., \( \epsilon_{\mathbf{R} \mathbf{R}'} = -\epsilon_{\mathbf{R}' \mathbf{R}} \), and depends only on \( \mathbf{R} \), the sublattice label of \( \mathbf{R} \). Explicitly, \( \epsilon_{\mathbf{A} \mathbf{B}} = \epsilon_{\mathbf{B} \mathbf{C}} = \epsilon_{\mathbf{C} \mathbf{A}} = 1 \) and \( \epsilon_{\mathbf{B} \mathbf{A}} = \epsilon_{\mathbf{C} \mathbf{B}} = \epsilon_{\mathbf{A} \mathbf{C}} = -1 \). The constraint in Eq. (B5) can be incorporated through a Lagrangian multiplier \( \lambda \), which takes the value of \( 3J\xi^2/2 \), determined by minimizing \( \langle \hat{H}_j \rangle \). Also, \( \lambda = 3J\xi^2/2 \) gives gapless spin-wave excitations, consistent with the Goldstone mode from spontaneous symmetry breaking of continuous symmetry. We also ignore the processes involving more than one HP boson, e.g., \( \hat{a}_{\mathbf{R}}^\dagger \hat{a}_{\mathbf{R}'}^\dagger \hat{a}_{\mathbf{R}''} \hat{a}_{\mathbf{R}'''} \), since we are interested in the magnetic ordered state. In the main text, Eqs. (19) and (14) are derived with a Bogoliubov rotation \( \hat{b}_q = \hat{u}_q \hat{a}_q - \hat{v}_q \hat{a}_q^\dagger \), where \( \hat{u}_q \) and \( \hat{v}_q \) are defined in Eqs. (17) and (18), respectively.

To determine the equilibrium magnetization self-consistently, we apply the Bogoliubov rotation to Eq. (B5), giving
\[
\xi^2 = 1 - \frac{1}{N} \sum_q v_q^2,
\]
\[
m = 1 - \frac{2}{N} \sum_q v_q^2. 
\]

We calculate the equilibrium magnetization by numerically doing the sum on the right-hand side of Eq. (B7) for system size as large as possible. Here we do such calculation for system size \( N = 3L^2 \) for \( L = 500, 1000, \ldots, 3000 \), following with an extrapolation using a linear fitting between \( m \) and \( L^{-1} \). It turns out that at \( L \to \infty \), the result obtained is \( m \simeq 0.47896 \). Hence, in our calculation we take \( m = 0.48 \) as the equilibrium magnetization, which is close to the value reported in literature [78].

**APPENDIX C: NUMERICAL SOLUTION OF THE DRESSED HOLON DISPERSION WITHIN SCBA**

In this Appendix, we discuss the numerical procedures for solving SCBA. To numerically solve Eq. (22), we use the fact that all \( \omega_q \) are non-negative. We also exclude the momenta with \( \omega_q = 0 \) since the corresponding states do not belong to spin excitation. Therefore, from Eq. (22), we find that \( \Sigma_k(\epsilon) \) can be always expressed in terms of \( \Sigma_k(\epsilon') \) with \( \epsilon' < \epsilon \). With

![Diagram](https://example.com/diagram.png)
where we write the entropy term of the free energy as
\[ \Sigma_k(\epsilon) \approx \frac{3N^2}{\epsilon^2} \sum_q \frac{M_k^2}{\epsilon - \omega_q - i\epsilon^2\gamma_{k+q}}. \] (C1)

For numerical implementation, we pick an \( \epsilon' < 0 \) that is large enough in magnitude such that \( \Sigma_k(\epsilon') \) satisfies Eq. (C1). Denoting small increment in \( \epsilon \) as \( \Delta \epsilon \), \( \Sigma_k(\epsilon' + \Delta \epsilon) \) is determined by \( \Sigma_k(\epsilon') \) according to Eq. (22). Hence, for \( \epsilon' + \Delta \epsilon \) being multiples of \( \Delta \epsilon \), we can generate \( \Sigma_k(\epsilon) \) recursively.

The dressed holon dispersion is determined by the pole of the dressed holon propagator \( G_k(\epsilon) \), which is given by
\[ G_k(\epsilon) = \frac{1}{\epsilon - i\epsilon^2\gamma_k - \Sigma_k(\epsilon) + i0^+}, \] (C2)
where the infinitesimal regulator \( 0^+ \) is added as \((0.1t)\) to implement the numerical calculation. Hence, the dressed holon dispersion can be obtained by numerically solving \( \epsilon_k = \Sigma_k(\epsilon) + i\epsilon^2\gamma_k \).

A potential issue in numerically solving the self-consistent equations is that there might be multiple solutions, and it is not guaranteed that the solution obtained in this way is the one of interest, which is the lowest energy one. Here we alternatively solve for the dressed holon dispersion by finding the lowest-energy peak of the spectral function \( -\frac{1}{\pi} \text{Im} G_k(\epsilon) \).

**APPENDIX D: HARTREE-FOCK ANALYSIS OF THE HOLE DISPERSION IN TRIANGULAR-LATTICE HUBBARD MODEL**

In this Appendix, we provide an alternative analysis to the hole dispersion for the triangular-lattice Hubbard model from Eq. (2). We begin by considering a Hartree-Fock trial Hamiltonian including the hopping term of the Hubbard model and a sublattice Zeeman splitting field:
\[ \hat{H}_0 = \hat{H}_r + \hat{H}_z. \]
\[ \hat{H}_z = -h_z \sum_{\tau, \tau', k} \hat{h}_R(\tau) \hat{\sigma}_{\tau, \tau'} \cdot \hat{h}_R(\tau')^{\dagger}, \] (D1)
where \( \hat{h}_R \) are sublattice unit vectors defined in Eq. (11), and \( h_z \) is the variational parameter characterizing the strength of the sublattice Zeeman field in the trial Hamiltonian. We use this Zeeman field term to capture the effect of \( 120^\circ \) spin order from the triangular lattice Hubbard model. Note that this trial Hamiltonian is quadratic in fermion while the original Hubbard Hamiltonian is interacting.

Next, we obtain a trial density matrix \( \hat{\rho}_0 = Z_0^{-1} e^{-\frac{\hat{H}_0}{\beta}} \) from this trial Hamiltonian \( \hat{H}_0 \):
\[ F[h_z] = \langle \hat{H} - \hat{H}_0 \rangle_{\hat{\rho}_0} + F_0[h_z], \] (D2)
where we write the entropy term of the free energy as \( T \log \hat{\rho}_0 \) with \( F_0[h_z] = -\hat{H}_0 \hat{\rho}_0 \). To determine \( \hat{\rho}_0 \) and hence \( h_z \), we minimize the free energy with respect to the variational parameter \( h_z \), giving
\[ \partial_{h_z} \langle \hat{H}_U - \hat{H}_Z \rangle_{\hat{\rho}_0} = -\partial_{h_z} F_0[\hat{\rho}], \] (D3)
in which we set \( \hat{H} \) to be the triangular-lattice Hubbard model in Eq. (2), with the onsite repulsion denoted as \( \hat{U}_0 \). The expectation value \( \langle \hat{H}_U \rangle_{\hat{\rho}_0} \) is derived as
\[ \langle \hat{H}_U \rangle_{\hat{\rho}_0} = \frac{NU}{3} \sum \frac{1 - m(\theta_R^2)}{4}, \] (D4)
where \( \theta_R^2 \) labels the sublattice of moiré site \( R \), as defined in Appendix B, and \( m(\theta_R^2) \) denotes the Hartree-Fock sublattice order parameter, which is expressed as
\[ m(\theta_R^2) = \frac{3N}{\tau, \tau', \theta, \theta'} \sum \sigma_{\tau, \tau'} \langle \hat{h}_R, \hat{h}_R^{\dagger} \rangle_{\hat{\rho}_0}. \] (D5)

With these expressions, we reduce Eq. (D3) to
\[ h_z \hat{n}_R = \frac{U}{2} m(\theta_R^2). \] (D6)

To continue, we need to diagonalize the trial Hamiltonian \( \hat{H}_0 \). The convenient way to do this is to apply a spin rotation \( \hat{U}_R \) from \( \hat{e}_z \) to \( \hat{h}_R \), which is defined previously in Eq. (12), and define the rotated fermion operator \( \hat{h}_{R, \tau}^\dagger = \sum_\tau \hat{U}_R |\tau, \tau' \rangle \langle \tau, \tau'| \hat{h}_{R, \tau'} \rangle_{\hat{\rho}_0}, \) where \( \tau = \{+, -\} \) labels the spin state aligned and antialigned to \( \hat{h}_R \), respectively. We take
\[ \hat{U}_R \equiv \hat{U}(\theta_R^2) = \frac{1}{\sqrt{2}} \left[ e^{i\frac{\pi}{4}\hat{n}_3} e^{-i\frac{\pi}{4}\hat{n}_3} e^{i\frac{\pi}{4}\hat{n}_3} e^{-i\frac{\pi}{4}\hat{n}_3} \right]. \] (D7)
This makes the Hartree-Fock trial Hamiltonian become
\[ \hat{H}_0 = \left( -\frac{t}{2} \right) \sum_\tau \sum_{(R, R')} \hat{h}_R^{\dagger} \hat{h}_{R, \tau} \hat{\sigma}_{\tau, \tau'} \cdot \hat{h}_R^{\dagger} \hat{h}_{R, \tau'} \] 
\[ + \frac{i\sqrt{3}m}{2} \sum_\tau \sum_{(R, R')} \epsilon_{RR'} \hat{h}_{R, \tau} \hat{\sigma}_{\tau, \tau'} \cdot \hat{e}_\tau \hat{h}_{R, \tau'}, \] 
\[ - h_z \sum_\tau \sum_{\tau', \theta} \hat{h}_{R, \tau} \hat{\sigma}_{\tau, \tau'} \cdot \hat{e}_\tau \hat{h}_{R, \tau'}, \] (D8)
where \( \epsilon_{RR'} \) is the antisymmetric tensor defined in Appendix B. In momentum-space representation, we have
\[ \hat{H}_0 = \sum_{\tau, \tau', k} \hat{h}_k \left[ -i\tau h_z - \hat{h}_{R, \tau} \hat{\sigma}_{\tau, \tau'} \cdot \hat{e}_\tau \right] \] 
\[ - \frac{\sqrt{3}m h_k(\hat{\sigma}_{\tau, \tau'} \cdot \hat{e}_\tau)}{2} \] 
\[ \] 
\[ \text{with } h_k \text{ defined in Eq. (21). The spectrum of } \hat{H}_0 \text{ follows directly as } \epsilon_{k, \tau} = -\tau h_z + \zeta \gamma_k \text{ with the Hartree-Fock bands labeled by } \zeta = \pm \frac{1}{2}. \] 
\[ \gamma_k = \sqrt{\hbar^2 + 3m^2 h_k^2}. \] (D10)
The eigenmodes \( \hat{h}_{k, \tau} \) are described by \( \hat{h}_{k, \tau} = \sum_\tau W_{\tau}(k) \hat{h}_{k, \tau}^\dagger \) with the following transformation coefficients:
\[ W_{\tau}(k) = (\zeta \text{ sgn}[h_k])^{\frac{1}{2}} \sqrt{\frac{1}{2}} \left[ 1 - \tau \zeta \frac{h_z}{\gamma_k} \right]. \] (D11)
These relations simplify Eq. (D6) to
\[ h_z = \frac{U}{2N} \sum_k \gamma_k, \] (D12)
The dressed holon dispersion discussed in the main text should correspond to a particle-hole transformation to the \( \xi = -1 \) band in the context of Hartree-Fock calculation, which gives
\[
\epsilon_k^{(HF)} = \frac{U}{2} \sqrt{1 + 12 \left( \frac{\theta_k}{U} \right)^2} \approx \frac{U}{2} + \left( \frac{1}{4} \frac{3J}{\gamma_k} \right)
\]
(D13)
in the limit \( U \gg t \). This dispersion is equivalent to Eq. (24) up to an overall constant, and we identify that \( 2t_1 = -t + 3J/2, \)
\( 2t_2 = -3J/4, \) and \( 2t_3 = 3J/4. \)

**APPENDIX E: CURRENT OPERATOR AND OPTICAL CONDUCTIVITY FOR MOTT-MOIRE EXCITON**

In this Appendix, we discuss the derivation of current operator (29) in Sec. III.

To start with, the low-energy physics for Bloch electrons near the valleys within monolayer TMDs is modeled by the massive Dirac fermion model [2]. Hence, we describe twisted TMD bilayer as a monolayer system experiencing the moiré potentials from the other layer, meaning that the low-energy physics of valley \( \tau \) and layer \( l \) is given by
\[
\hat{H}_{l,\tau} = \left[ \begin{array}{cc}
E_0^l/2 & v_f^l (\tau \hat{p}_{l,x} - i \hat{p}_{l,y}) \\
v_f^l (\tau \hat{p}_{l,x} + i \hat{p}_{l,y}) & -E_0^l/2
\end{array} \right] + \Delta_l(\tau_l) + \hat{H}_{SO}.
\]
(E1)
where the basis states for the matrix are the orbitals of electrons in the conduction and valence bands, respectively, \( v_f^l \), \( E_0^l \), and \( \Delta_l(\tau_l) \) are the Fermi velocity, the band gap, and the moiré potential of layer \( l \), respectively. \( \hat{p} \) denotes the momentum operator measured from the valleys and \( \tau_l \) is the position variable for each layer. Note that \( \tau_l \) is discretized by \( a_t \), the lattice spacing of layer \( l \), it is often treated as continuous since \( a_t \) is much smaller than the periodicity of the moiré potential \( a_M \) for small twist angles [20]. \( \hat{H}_{SO} \) denotes the spin-orbit coupling term that is responsible for spin-valley locking of low-energy degrees of freedom in TMD.

The moiré length scale \( a_M \) splits the Brillouin zone for the monolayers into small mBZs. Hence, it is sufficient to consider \( \tau_l \) within the first mBZ such that Eq. (E1) reduces to the decoupled moiré Hamiltonians for the valence and conduction bands, which are folded by the moiré potential into valence and conduction moiré bands, respectively. Focusing on \( c_1 \) and \( v_1 \) bands, which can be described by tight-binding/Hubbard models [24,35], we see that Eq. (E1) becomes Eq. (1).

To derive the expression (29), we replace the momentum operator with \( \hat{p} \rightarrow \hat{p} + (e/c)A \), where \( c \) is the speed of light and \( A \) is the vector potential, and take the functional derivative of the Hamiltonian (E1) with respect to \( A \). Next, we outline the derivation from Eq. (29) to the optical conductivity (30). We consider LSW to linearize Eq. (B1) for simplicity, and ignore all spin fluctuations in the current. In other words, we consider only the classical \( 120^\circ \) spin-ordered state for the spin sector since this dominates in the light-matter coupling \( \hat{H}_{opt} \sim \hat{J} \cdot A \), as long as the strength of the vector potential \( A \) is small.

From Eq. (B1), within LSW treatment, the slave-fermion substitution (7) for the \( \psi \) hole creation operator follows as
\[
\hat{J}_{R,\tau}^{\psi} = \frac{1}{\sqrt{2}} e^{i\frac{3\pi}{4}(1 - \tau \hat{\sigma}_R)} \hat{\psi}_{R,\tau}^{\dagger}
\]
(E2)
with \( \theta_R \) for the three sublattices as defined in Appendix B. The current operator (29) then becomes
\[
\hat{j}^{(cv)} \sim \frac{eV_F}{c} \sum_{k,\tau} \hat{c}_{k,\tau} \hat{\psi}_{-k-\tau}^{\dagger} + \text{H.c.,}
\]
(E3)
in which we neglect the spin-fluctuation term \( \hat{c}_{k,\tau}^{\dagger} \hat{\psi}^{\dagger}_\tau \hat{\sigma}_R \), as mentioned previously, and we use the properties of the sublattice plane-wave factor \( e^{i\frac{3\pi}{4}(1 - \tau \hat{\sigma}_R)} = e^{-i\tau \hat{\sigma}_R} \) with \( \hat{\sigma}_R = -\frac{1}{\sqrt{2}} \hat{\sigma}_x \). The moment labeling \( \kappa \) in mBZ (in units of \( a_M^{-1} \)), assuming the origin \( R = 0 \) takes \( \theta_R = 0 \). We proceed to rewrite Eq. (E3) in terms of exciton operator (3):
\[
\hat{j}^{(cv)} \sim \frac{\sqrt{N} eV_F}{c} \sum_{n,\tau} \hat{c}_{n,\tau} \hat{\phi}_n^{(n)} \hat{r}_n^{\dagger} \hat{r}_{\tau}^{\dagger} \hat{\sigma}_R,(-\tau \kappa) + \text{H.c.,}
\]
(E4)
in which we use \( \hat{\phi}_n^{(n)} = \frac{1}{\sqrt{N}} \sum_{n,\tau} \hat{\phi}_n^{(n)} (p) \). The optical matrix element [17] for the Mott-moire exciton state \( \hat{X}_{n,\tau}(Q) \), denoted as \( J_{n,\tau}(Q) \), is then
\[
J_{n,\tau}(Q) \equiv \frac{1}{\sqrt{A}} (GS| \hat{j}^{(cv)} | \hat{X}_{n,\tau}(Q) | GS \rangle = \frac{N}{\sqrt{A}} eV_F \delta_{Q-\tau \kappa} \hat{J}_{n,\tau}^{(cv)} \]
(E5)
where \( A \) denotes the system area such that \( A/N \) gives the area of unit moiré cell, and \( | GS \rangle \) is the exciton ground state. The optical conductivity from linear response theory [87] follows as
\[
\sigma(\omega) \sim i \sum_{n,\tau} \frac{|J_{n,\tau}(Q)|^2}{\omega - E_{n,\tau}^{X} + i\delta_{\tau}^{X}},
\]
(E6)
where we neglect the branch with \( \omega + E_{n,\tau}^{X} + i\delta_{\tau}^{X} \) since we are interested near resonance, i.e., \( \omega \simeq E_{n,\tau}^{X} \). Putting Eq. (E5) into (E6), we arrive at Eq. (30).

**APPENDIX F: OPTICAL CONDUCTIVITY FOR MOIRE EXCITON**

For moiré excitons (i.e., the absence of intraband correlation), the interband current operator at zero momentum is
\[
\hat{j}^{(cv)} = \frac{\sqrt{2} eV_F}{c} \sum_{n,\tau} \hat{c}_{n,\tau} \hat{J}_{n,\tau}^{(cv)} + \text{H.c.}
\]
(F1)
and similar to Eq. (3) for Mott-moire exciton, we define the moiré exciton operator as
\[
\hat{X}_{n,\tau}(Q) = \sum_{\phi} \phi_{\phi}^{(n)} (p) \hat{\psi}_{n,\tau}^{\dagger} \hat{J}_{n,\tau}^{(cv)}
\]
(F2)
where \( \phi \) in this Appendix denotes the moiré exciton wave function. The current from moiré exciton follows as
\[
\hat{j}^{(cv)} = \frac{\sqrt{2N} eV_F}{c} \sum_{n,\tau} \hat{e}_{n,\tau} \hat{\phi}_{n}^{(n)} \hat{X}_{n,\tau}^{(cv)} + \text{H.c.}
\]
(F3)
FIG. 21. Ratio between $V_0$ and $V_1$ from Eq. (26) for different system sizes $N = 3L^2$. As $q$ is summed over mBZ, $V_0/V_1$ asymptotically approaches a specific value.

where $\hat{X}_{n, r} = \hat{X}_{n, r}^i(0)$ and $\Phi_0^{(n)} = \frac{1}{\sqrt{n!}} \sum_p \Phi_0^{(n)}(p)$. Similar to the calculation presented in Appendix E, we obtain the optical conductivity for moiré exciton as $\sigma_{ij}(\omega) = \sigma(\omega)\delta_{ij}$ with

$$\sigma(\omega) \sim \frac{i}{\omega} \sum_{n, r} \frac{|\Phi_0^{(n)}|^2}{\omega - E_X^{n, 0} + i\Omega}.$$  \hspace{1cm} (F4)

where in this Appendix $E_X^{n, 0}$ denotes the energy of moiré exciton at zero quasiparticles, but we expect $V_0$ to be of order $U$ in this case and hence $V_0 \gg t$ is still valid.

The first-order correction on ground-state energy $\delta E_{0, Q}^{X,(1)} = \langle \epsilon_Q(p) \rangle_{0, Q}$ is zero. This comes from the fact that the momentum-space wave function of the unperturbed ground state $(p, Q, 0, Q) = N^{-1/2}$ is just a constant, and that $\epsilon_Q(p)$ is composed of sinusoidal functions, for both Mott-moiré and moiré excitons. Hence, the leading-order correction to the ground-state energy is at least second order.

Calculations of the second-order correction $\delta E_{0, Q}^{X,(2)}$ require the information of unperturbed excited states. The first few unperturbed excited states are labeled as $|1, Q>, |2, Q>, |3, Q>$, which has well-defined relative distance $|r| = 1, \sqrt{3}$, and 2 (in units of $\alpha_S$), respectively. We denote the corresponding energies as $-W_{1,2,3}$, of which magnitude are much smaller than $V_0$. Note that we suppress the label for the sixfold degeneracy for each $|j > 0, Q>$ for simplicity. Then we proceed for the second-order correction $\delta E_{0, Q}^{X,(2)}$, which involves matrix elements $(j, Q|\epsilon_Q(p)|0, Q)$ for $j > 0$.

We start with the perturbation for moiré excitons. For moiré excitons, only $j = 1$ contributes since the position-space representation of $\epsilon_Q(p)$ contains only nearest-neighbor hopping terms. We then obtain

$$\langle 1, Q|\epsilon_Q(p)|0, Q\rangle = (-2t) \cos \left(\frac{\pi}{2} \cdot e_i\right),$$  \hspace{1cm} (G1)

where $e_i$ are nearest-neighbor vectors defined below Eq. (18). The second-order correction for moiré excitons follows as

$$\delta E_{0, Q}^{X,(2)} = \frac{4t^2}{V_0 - V_1} \gamma_{Q} = \frac{12t^2}{V_0 - V_1}. \hspace{1cm} (G2)$$

The situation is slightly more complicated for Mott-moiré excitons, in which terms with $j = 1, 2, 3$ would contribute to $\delta E_{0, Q}^{X,(2)}$. Nevertheless, only the $j = 1$ term contributes to the exciton bandwidth $W_X$. Direct evaluation gives

$$\langle 1, Q|\epsilon_Q(p)|0, Q\rangle = (-t - t_1) \cos \left(\frac{\pi}{2} \cdot e_i\right) + it \left(\frac{\pi}{2} \cdot e_i\right),$$  \hspace{1cm} (G3)

$$\langle 2, Q|\epsilon_Q(p)|0, Q\rangle = (-2t_2) e^\frac{\pi}{2} r_2,$$  \hspace{1cm} (G4)

$$\langle 3, Q|\epsilon_Q(p)|0, Q\rangle = (-t_3) e^\frac{\pi}{2} r_3,$$  \hspace{1cm} (G5)

where $r_{2,3}$ denotes the relative separation for states with $j = 2, 3$, respectively. Consequently, the second-order correction for Mott-moiré excitons is

$$\delta E_{0, Q}^{X,(2)} = -\frac{6(t^2 + t_1^2)}{V_0 - V_1} - \frac{6t_2^2}{V_0 - V_2} - \frac{6t_3^2}{V_0 - V_3} - \frac{4rt_1}{V_0 - V_1} \gamma_{Q}.$$  \hspace{1cm} (G6)

Comparing the results for moiré exciton and Mott-moiré exciton, the ratio between their bandwidths is

$$\frac{W_{Mm}}{W_X} = \frac{t_1}{t} \ll 1.$$  \hspace{1cm} (G7)

APPENDIX G: PERTURBATION THEORY ON WANNIER EQUATION FOR EXCITONS IN TMD HETEROLAYER

In this Appendix, we discuss the perturbation theory on Eq. (27) in detail. First, we point out that the total momentum $\mathbf{Q}$ is a good quantum number of the Hamiltonian operator in Eq. (27), meaning that the energy eigenstates are also eigenstates of $\mathbf{Q}$. Thus, these energy eigenstates can be labeled as $|n, Q\rangle$, with $n$ labeling the internal states. We suppress the valley degeneracy throughout the discussion in this Appendix.

We consider the strong interacting limit for perturbation, i.e., $\langle \epsilon_Q(p) | n, Q \rangle \ll \langle V(q) | n,q \rangle$. We also emphasize that such a limit is of interest in our work as the exciton dispersion is flat compared to the Coulomb binding for both Mott-moiré and moiré excitons, as indicated by Fig. 3. The unperturbed term in the Hamiltonian for Eq. (27) is then the Coulomb attraction term $\mathcal{A} V(q)$, which gives unperturbed states as eigenstates of the relative distance operator $\mathbf{r}$ according to the position-space representation of $\mathcal{A} V(q)$. Hence, we have $|n, Q\rangle \simeq |j, Q\rangle$ in the strong interacting limit, where $j$ are non-negative integers that label $|r|$ in non-descending order.

The unperturbed ground state is the state with $|r| = 0$, denoted as $|0, Q\rangle$. We denote the unperturbed energy for this state as $-V_0$, which we estimate to be $\mathcal{A}^{-1} \sum_q V(q) \simeq 3.7 V_1$, with $q$ summed over mBZ and $N = 3 \times 24^2$ (see Fig. 21), since we are assuming the electrons and holes are tightly bound to moiré sites. We expect this estimation to capture the correct qualitative properties with this perturbation scheme since we have $V_0 \gg t$ using the above expression. In reality, we expect a smaller $V_0$ due to the finite width of Wannier functions of the
In the case without Mott physics, the hole motion is described by $\hat{H}_c \rightarrow (-2\tau)\sum_\lambda \gamma_\lambda \hat{h}_{\lambda,\mu}^\dagger \hat{h}_{\lambda,\mu}$ in Eq. (2).

where $W^m_{\text{MM}}$ and $W^m_{\lambda}$ denote the bandwidths of lowest Mott-moiré exciton and moiré exciton, respectively. Comparison between numerical and perturbation results is shown in Fig. 12.

Next, we continue to use this perturbative analysis to investigate the exciton binding energy. We start from the qualitative observation that correction to exciton energy $E^X_{\text{MM},Q}$ is at most of order $\tau^2/V_0$ for both Mott-moiré and moiré excitons. Hence, up to linear order in $\tau$, we can approximate $E^X_{\text{MM},Q} \simeq -V_0 - \mu$, where $\mu$ denotes the chemical potential that is set differently for the two types of excitons. Recall that we define the exciton binding energy as the energy reduction from the lowest-branch unbound two-particle kinetic energy to the exciton energy, i.e., $E^X_{\text{MM},Q} \equiv \min_p \epsilon_Q(p) - E^X_{\lambda,\mu}$ with $\epsilon_Q(p)$ as the unbound two-particle kinetic energy defined in Eq. (28). This definition reflects that the Coulomb binding conserves the total momentum $Q$. An example of $\min_p \epsilon_Q(p)$ is plotted in Fig. 22, suggesting that the width of $\min_p \epsilon_Q(p)$ in $Q$ is of order $J$ for Mott-moiré exciton and of order $\tau$ for moiré exciton. From direct calculations, we find that to the linear order in $\tau$, $\min_p \epsilon_Q(p)$ is $-6\tau - \mu$ for Mott-moiré exciton and $-2\tau\gamma_\tau - 6\tau - \mu$ for moiré exciton. Hence, to the linear order in $\tau$, the Mott-moiré exciton binding energy is $E^X_{\text{MM},Q} \simeq V_0 - \mu$, while for moiré exciton it is $E^X_{\text{MM},Q} \simeq V_0 - \mu - 2\tau\gamma_\tau$, which is $V_0 - 3\tau$ at $Q = \kappa$. This explains the slightly larger binding for moiré exciton, as illustrated in Fig. 3(a). We end by pointing out that the non-negligible dependence of binding energy on total momentum $Q$ for moiré exciton is very different from the case for hydrogenic exciton [73]. This is because the center-of-mass degrees of freedom can be separated from the relative motion for hydrogenic exciton, while these degrees of freedoms are not separable for excitons derived from the moiré superlattice [88].

**APPENDIX II: EXCITON EXCHANGE INTERACTION**

In this Appendix, we discuss the role of exchange interaction on the Mott-moiré exciton spectrum following standard procedures [64]. Such vertex emerges microscopically from the Coulomb potential between electrons:

$$V_C = \frac{1}{2} \int_{r_1, r_2} \hat{\psi}^\dagger(r_1) V(r_1) \hat{\psi}(r_2) \hat{\psi}(r_2),$$  \hspace{1cm} (H1)

where $r_{12} = |r_1 - r_2|$, $\int_{r_1, r_2} \equiv \int d^2r_1 d^2r_2$, and $r_{1,2}$ denote continuous position variables. $V(r_{12})$ characterizes the electrostatic interaction, which we take as the Fourier transform of Eq. (26). We consider Eq. (H1) on top of the superlattice. According to Bloch theorem, the electron field operator $\hat{\psi}(r)$ in the moiré band basis is

$$\hat{\psi}(r) = \sum_{P, \lambda, \tau} \psi_{\lambda, P, \tau}(r) \hat{f}_{\lambda, P, \tau},$$  \hspace{1cm} (H2)

where $\lambda$ denotes the moiré band index and $P$ is the superlattice momentum. $\hat{f}_{\lambda, P, \tau}$ represents the electron annihilation operator for a specific moiré-Bloch state and $\psi_{\lambda, P, \tau}(r)$ stands for the associated wave function. The exchange interaction between charges in $\lambda \neq \lambda'$ bands, $V^\lambda_{\text{exc}} + V^\lambda_{\text{exc}}$, emerges as one of the terms appearing after plugging Eq. (H2) into (H1), where

$$V^\lambda_{\text{exc}} = \sum_{\tau' \tau} \sum_{P, P', Q} J^{\lambda, \lambda', P, P'}_{P, P', Q} \hat{f}_{\lambda, P, \tau}^\dagger \hat{f}_{\lambda, P', \tau', Q} \hat{f}_{\lambda, P, \tau},$$  \hspace{1cm} (H3)

where the electron-hole-pair operator (with total and relative momentum $Q$ and $P$) is

$$\hat{f}_{\lambda, P, \tau} = \int_{r} \hat{\psi}_{\lambda, P, \tau}^\dagger(r) \hat{\psi}_{\lambda, P, \tau}^\dagger(r),$$  \hspace{1cm} (H4)

and the exchange matrix element has the following expression:

$$J^{\lambda, \lambda', P, P'}_{P, P', Q} = \frac{1}{2} A \sum_{G} V(Q + G) \Pi_{\lambda, P, \tau}^{\lambda, \lambda', G} \Pi_{P', \tau}^{\lambda', \lambda, G},$$  \hspace{1cm} (H5)

where $G$ denotes reciprocal superlattice vectors and $A$ is the system area. $V(Q)$ follows Eq. (26) and the pair function is

$$\Pi_{\lambda, P, \tau}^{\lambda, \lambda', G}(G) = \int d^2r e^{itG \cdot r} u_{\lambda, P, \tau}(r) u_{\lambda', P', \tau'}^\dagger(r),$$  \hspace{1cm} (H6)

with $u_{\lambda, P, \tau}(r) = e^{-i\phi} \psi_{\lambda, P, \tau}(r)$ being moiré-Bloch functions. We further separate the $G$ summation in Eq. (H5) into two sectors: the long-ranged (LR) and short-ranged (SR) parts with $G = 0$ and $G \neq 0$, respectively. We assume the short-ranged
sector is dominant by the terms with $Q \ll G$ and accordingly take $Q \to 0$ as an approximation. Hence, we have

$$J^{\tau,\tau',\lambda',\lambda}_{PP'Q} \approx J^{\tau,\tau',\lambda',\lambda}_{LRPP'}(Q) + J^{\tau,\tau',\lambda',\lambda}_{SRPP'}(Q),$$

(H7)

$$J^{\tau,\tau',\lambda',\lambda}_{LRPP'}(Q) = \frac{1}{2A} V(Q) \Pi^{\lambda',\lambda}_{P',P}(0) \Pi^{\lambda',\lambda}_{P,P'}(0),$$

(H8)

$$J^{\tau,\tau',\lambda',\lambda}_{SRPP'}(Q) = \frac{1}{2A} \sum_{G\neq 0} V(G) \Pi^{\lambda',\lambda}_{P',P}(G) \Pi^{\lambda',\lambda}_{P,P'}(G),$$

(H9)

where Eq. (H8) captures the long-range exchange processes while Eq. (H9) describes similar short-range scattering.

We first discuss the role for exchange on moiré excitons from $c1$ and $v1$ bands, modeled by the full Hamiltonian $\hat{H} = \hat{H}_X + \hat{V}_{exc}^{c1,v1}$ (we drop $\hat{V}_{exc}^{v1}$ for its suppression with dilute $c1$ electrons). $\hat{H}_X$ involves the single-particle energies of electrons and holes and density-density attraction between them, which eventually gives an exciton Hamiltonian diagonal in $Q$ and $\tau$ [similar to the expression in Eq. (4)]. We also assume such sector to predominantly determine the profile of exciton wave functions such that the associated operators still follow Eq. (F2). Upon a basis transformation from electron-hole pair to exciton (we relate the fermion operators by $\hat{f}_{e1,P,\tau} = i\hat{P}_{\tau}$ and $\hat{f}_{e1,P,\tau} = h_{e1,P,\tau}$), the exchange interaction is

$$\hat{V}_{exc}^{c1,v1} = \sum_{\tau'} \sum_{n=0}^{\lambda} J_{n,0}^{\tau,\tau'} \hat{\phi}^{(n)}_{\tau}(Q) \hat{\phi}^{(n)*}_{\tau'}(Q),$$

(H10)

where we drop the off-diagonal terms in $n$ since their energy corrections are suppressed by the splittings between these levels (which are significant for the first few states due to the large binding). Notably, it provides not only intravalley but also intervalley exciton scattering in general (see Fig. 23). The exchange couplings for moiré excitons are

$$J_{n,0}^{\tau,\tau'} = \sum_{PP'} J_{PP',0}^{\tau,\tau';\tau,\tau'}(Q)\phi^{(n)}_{\tau}(P)\phi^{(n)*}_{\tau'}(P'),$$

(H11)

We focus on the $s$-wave states, which are bright at $Q = 0$. Importing Eq. (H7) into $J^{\tau,\tau'}_{PP'Q}$, its expression separates into LR and SR pieces. Upon a $k \cdot p$ approximation on the moiré-Bloch functions, the LR sector becomes $\sim Q^2 V(Q)$, similar to the results for excitons in monolayer TMDs [5,64]. Notably, the gap between $c1$ and $v1$ bands participates in the denominator of the proportionality constant [64].

The SR sector of Eq. (H11) for $s$-wave states is completely suppressed by the C3 rotational symmetry, which manifests for excitons not only in monolayer TMDs [64] but also in moiré ones [20,22] centered around supersites. To discuss rotational symmetry of Bloch functions, we adopt the envelope function approximation [73]. In this context, Wannier functions of charges can be viewed as product of atomic orbital (labeled by $\eta \in \{c,v\}$) and the ladders from moiré potential (labeled by $\Lambda = \{1,2,3,\ldots\}$), governing spatial variation at the scales of monolayer lattice and $a_M$, respectively. Accordingly, $\lambda = \eta\Lambda$ (e.g., $\lambda = c1$ is equivalent to $\eta = c$ with $\Lambda = 1$). Under C3 rotation (denoted with $\hat{C}_3$), moiré-Bloch functions transform as

$$u_{\lambda,\hat{C}_3\tau}(\hat{C}_3\mathbf{r}) = e^{i\frac{\pi}{3} (\tau l_1 + l_3)} u_{\lambda,\mathbf{r}}(\hat{C}_3\mathbf{r}),$$

(H12)

where $\lambda$ denotes the angular momentum from the moiré orbital, and $\tau l_c = \tau (l_1 + 1)$ and $\tau l_t = l_1$ are those from atomic orbitals [20]. Note that these angular momenta are $\tau$ dependent, which is the origin of valley selectivity. The phase factors in Eq. (H12) are essential in determining whether the SR sector of Eq. (H10) is zero. In particular, for bright moiré excitons giving $\phi^{(n)}_{\eta}(\hat{C}_3\mathbf{P}) = \phi^{(n)}_{\eta}(\mathbf{P})$, such matrix element is trivial unless $(\tau' - \tau)(l_1 - l_3) = 0$. Accordingly, intervalley SR exciton exchange (within charges at $c1$ and $v1$) is absent. Combining with the results for LR exchange, we find absent exchange coupling for bright moiré excitons at different valleys.

Derivation for exchange on Mott-moiré excitons follow similar procedures. The only difference is that these bound states are electron-holon pairs, which exhibits a $\kappa$ total momentum shift from electron-hole pairs due to the $120^\circ$ spin order [see Eq. (E2) and discussion below]. Accordingly, their LR exchange matrix elements become $\sim (\Delta Q)^2 V(\Delta Q)$, where $\Delta Q$ is the total momentum counted from the mBZ corners. In addition, since electron-holon pairs at $Q = \kappa$ and electron-hole pairs at $Q = 0$ are equivalent, the absence of exchange coupling between bright Mott-moiré excitons at different valleys also applies.

We end this Appendix by summarizing the results and relevant experimental implications. For both Mott-moiré and moiré excitons, the momentum dependence of energy correction from exchange coupling (which predominantly comes from the LR sector) would be more suppressed by a larger band gap. For interlayer excitons, such energy scale is controllable with out-of-plane electric field [97]. This provides a way to reduce the effect of the LR exchange interaction on the exciton dispersion such that dropping it in Eq. (1) is legitimate. Accordingly, implications from the bandwidth of interlayer moiré excitons to the diffusion measurements [39–41] can be rendered unaffected. Another important remark is the absence of exchange coupling on the bright excitons, meaning that it does not affect optical measurements on these bound states. From these considerations, it is sufficient to neglect exchange interaction in our theoretical study for Mott-moiré excitons.
model: Sec.II, we take the following Hamiltonian as our minimum. Focusing on these mini-bands according to the discussion in focus on the lowest internal states of these composite particles.

First, in the dilute exciton limit, we anticipate the bound states not to significantly affect spin configuration in v1. This suggests spin correlation therein follows predominantly ˆHJ. Accordingly, we simplify Eq. (11) by averaging over the v1 spin states (denoted with ⟨...⟩v1):

\[ \hat{H} = \sum_{\tau} \sum_{(R,K)} [-t^v_{R_1,\tau} \hat{c}^\dagger_{R_1,\tau} - t^v_{R_2,\tau} \hat{v}^\dagger_{R_2,\tau}] - \sum_{\tau,\tau'} \sum_{R,K} \tilde{V}_{R-R'} c_{R,\tau'} \hat{c}^\dagger_{R',\tau'} \hat{v}_{R,\tau} + \{\hat{V}_{v1,v2} + \hat{V}_{v2,v1}\} v_{v1}, \]

where we suppress \( \hat{H}_J \) as it does not involve the degrees of freedom in c1 and v2. Second, the density-density interaction (assumed to be more significant than tunneling as for Mott-Moire excitons) should separate the bound-state levels. We focus on the lowest manifold, in which bound charges roughly live on the same superlattice. Accordingly, the bound states are

\[ \hat{x}^v_{R,\tau} = \hat{c}^\dagger_{R,\tau} \hat{v}^\dagger_{R,\tau}, \]

\[ \hat{y}^v_{R,\tau} = \hat{c}^\dagger_{R,\tau} \hat{v}^\dagger_{R,\tau}, \]

if the exchange interactions are absent, these states are degenerate, and \( \hat{x}^v_{R,\tau} \) is optically bright while \( \hat{y}^v_{R,\tau} \) is dark according to valley selectivity for excitons in TMDs [20]. The effective Hamiltonian for these degrees of freedom from Eq. (12) becomes

\[ \hat{H} = \hat{H}_{xy} + \sum_{R,\tau} \left[ \hat{x}^v_{R,\tau} \hat{y}^v_{R,\tau} \right] \sum_{L} J_{L,\tau} (\hat{S}_{R+L}) v_{v1}, \]

where \( \hat{H}_{xy} \) denotes the lowest spectator exciton dispersion from the first two lines of Eq. (12). Notably, the second term in Eq. (15) only couples the degrees of freedom at the same \( R \) and \( \tau \). This is because exchange interaction between v1 and v2 preserves all c1-electron labels. With \( \langle \hat{H}_{R+L,\tau} \rangle v_{v1} = \frac{1}{2^\tau}, \) the diagonal exchange matrix elements \( j_{R,\tau}^v \) contribute to a chemical potential shift. In contrast, the off-diagonal ones are

\[ j_{R,\tau}^v = -2 \epsilon_{e,\tau} \cdot \sum_{L} J_{L,\tau} (\hat{S}_{R+L}) v_{v1}, \]

recalling \( e_{e,\tau} = -\tau (e_+ + i e_-) \) and \( \hat{S}_{R+L} \) is the v1-spin vector [see Eq. (6)]. The position-space coefficients follow:

\[ J_{L,\tau} = \frac{1}{\Delta L} \sum_{P,P',Q} e^{i (P-P') L} (P^+) \tau_{v1,v2} J_{L,\tau} \]

Crucially, the expectation values contain information of v1 spins. For a magnetically disordered state, \( j_{R,\tau}^v = 0 \) and thus \( \hat{x} \) and \( \hat{y} \) are still degenerate. On the contrary, in the presence of a 120° coplanar spin order with sublattice magnetization m, Eq. (15) becomes

\[ \hat{H} = \hat{H}_d + m J_{exc} \sum_{R,\tau} \left[ e^{-i \pi \tau} \hat{x}^v_{R,\tau} \hat{y}^v_{R,\tau} + \text{H.c.} \right], \]

where \( \hat{H}_d \) collects all the terms diagonal in the \( (\hat{x}, \hat{y}) \) basis. The exchange coupling constant is

\[ J_{exc} = \sum_{L} e^{-i \pi \tau} \cdot L \]

Accordingly, bright and dark spectator excitons hybridize and split into two levels with a gap \( \Delta_{xy} = 2m J_{exc} \). Note that although such splitting follows from a long-range spin order,
we anticipate it to manifest even with a short-range correlation since Eq. (18) couples only local spectator excitons.

We end this Appendix by estimating $J_{\text{exc}}$. Utilizing Eqs. (I7), (H5), (H6), and (I9), this coefficient becomes

$$J_{\text{exc}} = \sum_{L} e^{-r r L} \int_{r_{1}, r_{2}} \frac{e^{2} \Pi_{L, \tau}^{*}(r_{1}) \Pi_{L, -\tau}(r_{2})}{2 \epsilon_{r_{1} r_{2}}},$$

where the position-space pair function is

$$\Pi_{L, \tau}(r) = W_{\lambda, \tau}(r - L) W_{\lambda, -\tau}^{*}(r),$$

with $W_{\lambda, \tau}(r)$ being the moiré-Wannier orbitals, Fourier transform of Bloch wave functions:

$$\psi_{\lambda, \tau}(r) = \frac{1}{\sqrt{N}} \sum_{L} W_{\lambda}(r - R) e^{i p R}.$$  

For further simplification, we consider tight-binding regime where moiré period is large compared to spatial extension of Wannier orbitals. In this situation, we expect the $L = 0$ term to dominate over others in Eq. (I10), giving

$$J_{\text{exc}} \approx \int_{r_{1}, r_{2}} \frac{e^{2} \Pi_{L, \tau}^{*}(r_{1}) \Pi_{L, -\tau}(r_{2})}{2 \epsilon_{r_{1} r_{2}}}.$$  

Note its similarity with the direct integral for onsite Hubbard $U$: they both contain $e^{2}/\epsilon$, times an integral of the product of four Wannier orbitals. Thus, $J_{\text{exc}}$ could in principle be comparable to $U$. We calculate this integral with $v_{1}$ and $v_{2}$ hole wave functions from the low-energy Hamiltonian below [24]:

$$\hat{H} \simeq -\frac{\hat{p}^{2}}{2m^{*}} + \Delta(r),$$

which follows from Eq. (E1) and discussion in Appendix E. $m^{*} = E_{f}^{2}/2\epsilon_{f}^{2}$ is the charge effective mass. We assume $v_{1}$ and $v_{2}$ charges are at the same layer and hence suppress the layer index. $\Delta(r)$ is the associated moiré potential, captured by the harmonic approximation within the tight-binding regime:

$$\Delta(r)_{x<2} \simeq -\frac{\Delta_{0}}{2m^{*}}(r - R)^{2}.$$  

We adopt $m^{*} = 0.35m_{e}$ ($m_{e}$ being electron mass) and $\Delta_{0} = 0.94$ eV [24] for calculation, taking $v_{1}$ and $v_{2}$ to be the lowest and first-excited states, respectively.

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