**Toxic Effects of Aflatoxin B$_1$ in Chinese Sea Bass (Lateolabrax maculatus)**

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**Abstract:** This study was performed to assess the effects of dietary aflatoxin B$_1$ (AFB$_1$) on the growth, antioxidant and immune response, digestive enzyme activities, and intestinal morphology of *Lateolabrax maculatus* during a 56-day feeding trial. Four diets were formulated including 0, 0.1, 0.5, and 1.0 mg/kg of AFB$_1$. Each diet was randomly assigned to 3 fish tanks with 40 fish per tank. Results indicated that the fish's final body weight, weight gain rate, specific growth rate, feed intake, condition factor, viscerosomatic index, hepatosomatic index, and intestinesomatic index decreased (*p* < 0.01) as dietary AFB$_1$ increased. AFB$_1$ levels in diets increased (*p* < 0.05) serum total antioxidant capacity (TAOC), superoxide (SOD), catalase, malondialdehyde (MDA), alkaline phosphatase (AKP), and lysozyme (LZM), and increased (*p* < 0.05) the TAOC, SOD, MDA, AKP, LZM, and immunoglobulin M in the livers of the fish. Dietary AFB$_1$ decreased (*p* < 0.05) intestinal trypsin activity and induced intestinal injury. In summary, dietary AFB$_1$ up to 1.0 mg/kg was toxic to *L. maculatus* as judged by reduced growth, enhanced antioxidant and immune response, decreased intestinal trypsin activity, and impaired intestinal morphology.

**Keywords:** aflatoxin B$_1$; toxicity; *Lateolabrax maculatus*

**Key Contribution:** The present study reports the comprehensive response of *Lateolabrax maculatus* to dietary AFB$_1$. These results provide a reference for further studies on AFB$_1$ in aquaculture.

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**1. Introduction**

Aflatoxin B$_1$ (AFB$_1$) is mainly produced by *Aspergillus flavus*, which exists in some raw feed materials for animal use, such as maize, peanut, and wheat flour [1]. AFB$_1$ is a major challenge to aquaculture due to its high toxicity to aquatic animals and great threat to food safety. The biotransformation of AFB$_1$ mainly occurs in the liver and intestine [2]. Intake may induce an inflammatory response, interrupt intestinal integrity, and eventually inhibit the growth of fish [3,4]. At present, research in this field has focused mainly on the effects of dietary AFB$_1$ on growth, bioaccumulation, muscle quality, immune response, hematology, and hepatic function indices of aquatic animals [5–18]. Little information is available that evaluates the effect of AFB$_1$ on the health of the gut, the largest digestive and immune organ in the animal body. Strengthening research in this area can provide a better understanding of the mechanism for AFB$_1$-induced changes in the growth and intestinal health of aquatic animals. The biological effects AFB$_1$ has on aquatic animals are directly associated with the animal species and the dietary concentrations of AFB$_1$ [5]. The effects of AFB$_1$ on the growth and health of tilapia (*Oreochromis niloticus × O. aureus*) [6], grass carp (*Ctenopharyngodon idella*) [7], common carp (*Cyprinus carpio*) [8], channel catfish [9], *Clarias batrachus* [10], rainbow trout (*Onchorhyncus mykiss*) [4,11], *Sciaenos ocedatas* [12], *Litopenaeus vannamei* [13–15], turbot (*Scophthalmus maximus*) [16], gibel carp [17], and Indian carp (*Labeo rohita*) [18] have been assessed. However, information is rare regarding *Lateolabrax maculatus*,...
a popular carnivorous fish in the southern region of China in recent years, known for its rapid growth and superb taste [19]. In 2020, the nationwide fish yield exceeded 160,000 tons, according to the 2020 China Fishery Statistical Yearbook. Previous studies documented that *Litopenaeus vannamei* and gibel carp (*Carassius auratus gibelio*) could tolerate dietary AFB\(_1\) up to 2 mg/kg [13] and 0.5 mg/kg [17], respectively. Other species tolerated dietary AFB\(_1\) ranging from 0.1 to 2.5 mg/kg [6,7,9]. This had not yet been evaluated for *L. maculatus*, however. The present study was conducted to assess the effects of dietary AFB\(_1\) on growth, antioxidant and immune response, digestive enzyme activities, and intestinal morphology of *L. maculatus*.

2. Results

2.1. Growth Performance

Increasing dietary AFB\(_1\) from 0 to 1.0 mg/kg linearly and quadratically decreased \((p < 0.01)\) the final body weight (FBW), weight gain rate (WGR), specific growth rate (SGR), and feed intake (FI), but did not alter the feed coefficient (FC) or survival rate (SR) \((p > 0.05)\) (Table 1). The condition factor (CF), viscerosomatic index (VSI), and intestinesomatic index (ISI) linearly decreased \((p < 0.05)\), and the hepatosomatic index (HSI) linearly and quadratically decreased \((p < 0.05)\) as dietary AFB\(_1\) increased.

### Table 1. Effects of AFB\(_1\) on survival and growth of *L. maculatus*.

| Items \(^3\) | Diets \(^1\) | SEM | P | Polynomial Contrasts \(^2\) |
|---|---|---|---|---|
| | G0 | G0.1 | G0.5 | G1.0 | L | Q |
| SR, % | 86.67 | 89.52 | 92.38 | 90.48 | 1.38 | 0.591 | 0.302 | 0.435 |
| FBW, g | 45.56 a | 45.31 a | 41.34 a | 26.70 b | 2.41 | <0.001 | <0.001 | 0.022 |
| WGR, % | 1464.43 a | 1455.98 a | 1323.00 a | 818.07 b | 82.76 | <0.001 | <0.001 | 0.001 |
| SGR, %/d | 4.10 a | 4.09 a | 3.96 a | 3.31 b | 0.10 | <0.001 | <0.001 | 0.001 |
| FI, g/fish | 48.52 a | 46.54 a,b | 43.50 b | 27.83 c | 2.50 | <0.001 | <0.001 | 0.001 |
| FC | 1.14 | 1.10 | 1.13 | 1.17 | 0.01 | 0.301 | 0.258 | 0.154 |
| CF, g/cm\(^3\) | 1.65 a | 1.62 a,b | 1.56 b | 1.57 b | 0.01 | 0.036 | 0.007 | 0.581 |
| VSI, % | 9.27 a | 8.29 b | 7.55 c | 6.77 d | 0.15 | <0.001 | <0.001 | 0.633 |
| HSI, % | 0.84 a | 0.62 b | 0.54 b | 0.56 b | 0.03 | 0.001 | 0.001 | 0.039 |
| ISI, % | 0.63 a | 0.64 a | 0.51 b | 0.53 b | 0.01 | 0.004 | 0.040 | 0.148 |

\(^1\) G0–G1.0, basal diet added 0, 0.1, 0.5 and 1.0 mg/kg of AFB\(_1\). \(^2\) L, linear effect; Q, quadratic effect. \(^3\) SR, survival rate; FBW, final body weight; WGR, weight gain rate; SGR, specific growth rate; FI, feed intake; FC, feed coefficient; CF, condition factor; VSI, viscerosomatic index; HSI, hepatosomatic index; ISI, intestinesomatic index. \(^a,b,c,d\) Different letters within a row denote difference \((p < 0.05)\).

2.2. Antioxidant and Immune Response

The serum total antioxidant capacity (TAOC), superoxide dismutase (SOD), and catalase (CAT) linearly increased \((p < 0.05)\), and malondialdehyde (MDA) linearly and quadratically increased \((p < 0.01)\) as dietary AFB\(_1\) increased and reached significance at the level of 1.0 mg/kg (Table 2).

### Table 2. Effects of AFB\(_1\) on the antioxidant and immune response of *L. maculatus*.

| Items \(^3\) | Diets \(^1\) | SEM | P | Polynomial Contrasts \(^2\) |
|---|---|---|---|---|
| | G0 | G0.1 | G0.5 | G1.0 | L | Q |
| Serum antioxidant | | | | | | |
| TAOC, U/mL | 4.12 b | 6.24 a,b | 5.91 a,b | 7.26 a | 0.46 | 0.082 | 0.023 | 0.609 |
| SOD, U/mL | 153.55 b | 163.96 a,b | 161.62 a,b | 171.97 a | 2.82 | 0.126 | 0.026 | 0.995 |
| CAT, U/mL | 11.55 b | 14.51 a,b | 15.36 a,b | 19.96 a | 1.28 | 0.115 | 0.025 | 0.707 |
| GPx, U/mL | 363.19 | 410.42 | 438.68 | 421.97 | 15.24 | 0.374 | 0.162 | 0.314 |
| MDA, nmol/mL | 3.68 b | 2.76 b | 3.32 b | 7.15 a | 0.58 | 0.003 | 0.003 | 0.004 |
| Serum immune | | | | | | |
| AKP, U/L | 275.87 c | 283.95 c | 382.74 b | 507.73 a | 29.46 | <0.001 | <0.001 | 0.017 |
Table 2. Cont.

| Items                        | Diets 1 | SEM | P   | Polynomial Contrasts 2 |
|------------------------------|---------|-----|-----|------------------------|
|                              | G0      | G0.1| G0.5| G1.0                   |
| Liver antioxidant TAOC, U/mg prot | 34.31 b | 40.57 b | 54.21 b | 92.78 a | 9.01 | 0.003 | 0.001 | 0.052 |
| Liver antibody AKP, U/mg prot  | 10.34 b | 11.37 b | 16.29 b | 25.39 a | 2.01 | 0.004 | 0.001 | 0.097 |
| Liver immune IgM, µg/mg prot  | 31.18 b | 39.63 a,b | 48.99 a,b | 64.33 a | 5.44 | 0.153 | 0.019 | 0.239 |
| Liver immune C3, µg/mg prot   | 26.68   | 25.95   | 27.92   | 32.66   | 1.46 | 0.404 | 0.160 | 0.370 |

1 G0–G1.0, basal diet added 0, 0.1, 0.5 and 1.0 mg/kg of AFB1.  
2 L, linear effect; Q, quadratic effect.  
3 TAOC, total antioxidant capacity; SOD, superoxide dismutase; CAT, catalase; GPx, glutathione peroxidase; MDA, malondialdehyde; AKP, alkaline phosphatase; LZM, lysozyme; IgM, immunoglobulin M; C3, complement C3. 

Different letters within a row denote difference (p < 0.05).

Increased dietary AFB1 linearly and quadratically increased (p < 0.05) serum alkaline phosphatase (AKP) and linearly increased (p < 0.05) lysozyme (LZM). The serum glutathione peroxidase (GPx) was similar among groups (p > 0.05).

The liver TAOC and MDA were linearly increased (p < 0.05), and SOD was linearly and quadratically increased (p < 0.05) as dietary AFB1 increased.

Increased dietary AFB1 linearly increased (p < 0.05) liver AKP, LZM, and immunoglobulin M (IgM). Dietary treatment did not alter the CAT, GPx, or complement C3 (C3) in the liver of fish (p > 0.05).

2.3. Intestinal Digestive Enzyme Activities and Histological Appearance

The intestinal trypsin activity was lower (p < 0.05) in G0.1 and G0.5 than in G0, and was lower (p < 0.05) in G1.0 than in other groups (Figure 1). The activities of lipase and amylase were similar among groups (p > 0.05).

Figure 1. Cont.
Figure 1. Effects of AFB<sub>1</sub> on the intestinal digestive enzyme activities ((a), lipase; (b), amylase; (c), trypsin) of <i>L. maculatus</i>. G0–G1.0, basal diet added 0, 0.1, 0.5 and 1.0 mg/kg of AFB<sub>1</sub>. * <i>p</i> < 0.05 compared to G0. # <i>p</i> < 0.05 compared to G0.1.

The intestinal villus in G0 was most regular in shape (Figure 2), whereas the villus in G0.1, G0.5, and G1.0 had different degrees of deformation as reflected by the irregular arrangement of the villus.

Figure 2. Effects of AFB<sub>1</sub> on the intestinal histological appearance (×100) of <i>L. maculatus</i>. G0–G1.0, basal diet added 0, 0.1, 0.5 and 1.0 mg/kg of AFB<sub>1</sub>.

3. Discussion
3.1. Effect of AFB<sub>1</sub> on the Growth of <i>L. maculatus</i>

The similar SR of fish among the groups suggested that dietary AFB<sub>1</sub> up to 1.0 mg/kg did not alter the survival of <i>L. maculatus</i>. However, the decreased FI, WGR, and SGR as dietary AFB<sub>1</sub> increased suggests that AFB<sub>1</sub> adversely impacts the palatability of feed and the growth of <i>L. maculatus</i>. To the best of our knowledge, this is the first study assessing the effects of dietary AFB<sub>1</sub> on the growth of <i>L. maculatus</i>. Similar results were
also reported in tilapia [6], grass carp [7], common carp [8], *Pelteobagrus fulvidraco* [20], channel catfish [9], *Clarias batrachus* [10], rainbow trout [11], *Litopenaeus vannamei* [13], and gibel carp [17]. Growth inhibition is regarded as one of the main toxic effects of AFB\(_1\) on aquatic animals [1]. It has been reported that dietary AFB\(_1\) inhibits the growth of gibel carp by inducing liver function impairment and metabolic disorders [17]. In this study, the decreased hepatosomatic index, along with the declined intestinesomatic index of *L. maculatus* as dietary AFB\(_1\) increased, suggests that AFB\(_1\) may cause dysorganoplasia of the liver and intestine since AFB\(_1\) can induce degeneration and hepatocyte necrosis [21] and weaken the intestinal barrier function [22]. Using growth performance as the evaluation index, the recommended inclusion level of AFB\(_1\) in the *L. maculatus* diet is less than 1.0 mg/kg.

### 3.2. Effects of AFB\(_1\) on the Antioxidant and Immune Response of *L. maculatus*

The assessment of serum antioxidant and immune parameters can provide a better understanding of the mechanism for AFB\(_1\)-induced damage in the growth and health of *L. maculatus*. In this study, the increased TAOC in either serum or the liver indicated that dietary AFB\(_1\) up to 1.0 mg/kg enhanced the antioxidant response of *L. maculatus*. Antioxidant enzymes including SOD and CAT have been known to play a key role in alleviating oxidative stress via scavenging reactive oxygen species [23]. The increased SOD and CAT activities, along with increased MDA concentrations in fish fed AFB\(_1\)-treated diets in this study, suggest that dietary AFB\(_1\) causes oxidative stress. It has been reported that SOD could catalyze the dismutation of superoxide anion free radicals and thereby alleviate cellular DNA damage [24]. CAT protects the cell from oxidative injury by catalyzing hydrogen peroxide decomposition [25]. MDA is a product of lipid peroxidation, which can induce oxidative stress [26]. These increased antioxidant parameters in fish fed AFB\(_1\)-treated diets are most likely in response to the physiological toxicity or oxidative stress stimulated by AFB\(_1\) rather than an improved antioxidant capacity of the fish. Similar results were also reported by Wang et al. [14], stating that including 5 mg/kg of AFB\(_1\) in *Litopenaeus vannamei* diets induced dysregulation of the antioxidant system of shrimp by increasing SOD and CAT activities and MDA concentration during the 30 days of the AFB\(_1\) challenge.

Similarly, the increased immune parameters as reflected by the increased AKP and LZM in the serum, as well as the increased AKP, LZM, and IgM in the livers of the fish, suggests that dietary AFB\(_1\) enhanced the immune response of *L. maculatus*. AKP, an unconventional immune protein, influences inflammation through the regulation of purinergic signaling [27]. LZM, a critical defense protein in the innate immune system, plays an important role in defending against microbial invasion [28]. IgM is the first antibody to respond to an antigen and is an effective defense factor against adverse stress [29]. Similar results were reported by Li [30], stating that dietary inclusion of 10 mg/kg and 50 mg/kg of AFB\(_1\) increased serum LZM and AKP activities and IgM concentration in *Cyprinus carp*.

### 3.3. Effects of AFB\(_1\) on Intestinal Digestive Enzyme Activities and the Histological Appearance of *L. maculatus*

Intestinal digestive enzymes, including trypsin, lipase, and amylase, are often used as indicators to assess the digestive process of fish [31] or as feedback related to changes in feed formula [32]. Although the effects of AFB\(_1\) on the intestinal digestion of livestock have been assessed [33,34], information is rarely available for fish. In this study, dietary AFB\(_1\) significantly decreased intestinal trypsin activity but did not alter the lipase and amylase activities of *L. maculatus*. Wang et al. [35] reported that including 55 µg/kg of AFB\(_1\) in *Cyprinus carpio* diets decreased the apparent digestibility of crude protein owing to decreased intestinal trypsin activity. A similar result was observed by Ostrowski-Meissner [36], in that dietary AFB\(_1\) of up to 210 µg/kg only decreased the digestibility of crude protein in the intestines of ducklings. However, including 300 µg/kg of AFB\(_1\) in piglet diets [33] and 80 µg/kg of AFB\(_1\) in broiler diets [34] did not affect their intestinal
digestive enzyme activities. Variations among studies seem to be attributed to species differences and may result from different concentrations of AFB1 in diets. In this study, the decreased growth of *L. maculatus* fed a diet containing 1.0 mg/kg of AFB1 may partly contribute to the decreased digestibility of crude protein, as reflected by the declined intestinal trypsin activity. However, crude protein digestibility was not evaluated in the present study and further research is still needed to confirm this hypothesis.

Changes in histological morphology commonly indicate pathological alteration caused by feed sources [37]. In this study, the atrophic intestinal villus observed in the AFB1-treated groups indicated that dietary AFB1 caused intestinal injury to *L. maculatus*. This is similar to the report by Wang et al. [38], stating that including 5 mg/kg of AFB1 in *Litopenaeus vannamei* diets destroyed the histomorphology of the intestine by reducing the height of the intestinal villus and completely detaching epithelial cells from the basement membrane. Others also observed similar results in rainbow trout (*Oncorhynchus mykiss*) [4] and common carp [8]. Documentation shows that such histological damage interferes with the absorption of nutrients [39,40]. In tilapia, the decreased growth performance of the fish was due to intestinal lesions induced by AFB1 [39]. The intestinal histological damages induced by AFB1 in this study may also account for the decreased growth performance of *L. maculatus*.

4. Conclusions

Dietary AFB1 up to 1.0 mg/kg enhanced antioxidant and immune response, decreased intestinal trypsin activity, and induced intestinal histological damages in *L. maculatus*, eventually reducing the growth performance of the fish. The findings of this study provide a better understanding of the mechanism for AFB1-induced damages in the growth and intestinal health of *L. maculatus*.

5. Materials and Methods

5.1. Experimental Diets

The compositions of the experimental diets are shown in Table 3. Four diets were prepared including 0 (G0), 0.1 (G0.1), 0.5 (G0.5), and 1.0 (G1.0) mg/kg of AFB1 (from *Aspergillus flavus*, Sigma, Canada). Dietary AFB1 concentrations were determined using liquid chromatography tandem mass spectrometry [41]. The actual AFB1 concentrations in G0, G0.1, G0.5, and G1.0 were 0, 0.09, 0.47, and 1.02 mg/kg, respectively.

### Table 3. Ingredients and proximate composition (g/kg DM) of the basal diet.

| Ingredients                  | 
|------------------------------|---|
| Fish meal                    | 180 |
| Casein                       | 180 |
| Soy protein concentrate      | 160 |
| High gluten                  | 280 |
| Monocalcium phosphate        | 15 |
| Fish oil                     | 40 |
| Soybean oil                  | 20 |
| Soy lecithin                 | 20 |
| Vitamin premix 1             | 2 |
| Mineral premix 2             | 5 |
| Choline chloride             | 5 |
| Vitamin C ester              | 1.5 |
| Lysine                       | 0.3 |
| Methionine                   | 2.2 |
| Betaine                      | 5 |
| Zeolite powder               | 30 |
| Cellulose                    | 54 |
Table 3. Cont.

| Ingredients                  | Condensed tannins | Proximate composition                  |
|------------------------------|-------------------|----------------------------------------|
|                              |                   | Dry matter 912.4                        |
|                              |                   | Crude protein 406.7                     |
|                              |                   | Crude lipid 109.8                       |
|                              |                   | Ash 73.0                                |

1 One kilogram of diet provided: VA, 3230 IU; VD, 1600 IU; VE, 160 mg; VK₃, 4 mg; VB₁, 4 mg; VB₂, 8 mg; VB₆, 4.8 mg; VB₁₂, 0.016 mg; nicotinic acid, 28 mg; pantothenic acid calcium, 16 mg; biotin, 0.064 mg; folic acid, 1.285 mg, inositol, 40 mg. 2 One kilogram of diet provided: Ca, 1150 mg; K, 180 mg; Mg, 45 mg; Fe, 50 mg; Zn, 40 mg; Mn, 9.5 mg; Cu, 7.5 mg; Co, 1.25 mg; I, 0.16 mg; Se, 0.25 mg.

5.2. Feeding Trial

In total, 480 juvenile *L. maculatus* (initial body weight 2.9 ± 0.02 g) were randomly distributed into 12 tanks (40 fish per tank), with 3 tanks per diet. Fish were hand-fed to apparent satiation twice daily at 07:00 and 19:00 for 56 days. During the feeding trial, the water temperature was 25–27 °C, dissolved oxygen was above 6.0 mg/L, pH was 7.4–8.0, and ammonia and nitrite levels were below 0.01 mg/L. The protocol of this study was approved by the Animal Care and Use Committee of Guangdong Academy of Agricultural Sciences (Guangzhou, China).

5.3. Sampling

At the termination of the trial, fish were fasted for 24 h and then anesthetized with 3-aminobenzoic acid ethyl ester methanesulfonate (40 mg/L, Sigma, Oakland, CA, USA) before sampling. Fish per tank were counted and weighed to analyze the SR, FBW, WGR, SGR, and FC. Feed intake (FI) was determined as the gravimetric difference between the feed offered and orts. Six fish in each tank were randomly selected for analysis of CF, VSI, his, and ISI.

Blood was collected from the caudal veins of six fish in each tank, kept at 25 °C for 30 min, and centrifuged at 8000×g for 10 min. Serum was stored at −80 °C for subsequent analysis of serum antioxidant and immune indexes.

The livers of three fish per tank were taken to determine antioxidant and immune indexes. The intestines of three fish per tank were sampled for trypsin analysis (Ultraviolet colorimetry), lipase (colorimetry), and amylase (colorimetry) activities using commercial kits supplied by Nanjing Jiancheng Bioengineering Institute (Nanjing, China). The intestines of three other fish per tank were randomly collected for intestinal histological examination [42].

5.4. Sample Analyses

Proximate compositions of diets, including dry matter, crude protein, crude lipid, and ash, were measured following the AOAC method [43].

The TAOC (colorimetry), SOD (hydroxylamine method), CAT (ammonium molybdate spectrophotometric method), GPx (colorimetry), MDA (thiobarbituric acid method), AKP (microplate culture method), and LZM (turbidimetry) in the serum and liver were determined using commercial kits provided by Nanjing Jiancheng Bioengineering Institute (Nanjing, China). Concentrations of liver IgM and complement C3 were determined by ELISA kits using immunoturbidimetry (R&D Systems, Minneapolis, MN, USA).

5.5. Calculations and Statistical Analysis

The WGR, FI, FC, SR, SGR, VSI, his, and ISI were calculated by Peng et al. [44].

All data were analyzed by ANOVA and the SAS Mixed procedure system [45] with a tank as the statistical unit. Polynomial contrasts were used to analyze the linear and/or quadratic responses to dietary AFB₁ concentrations. Differences were compared using
LSMEANS with the PDIFF option and adjusted with a Tukey test. Significance was regarded as $p < 0.05$.

**Author Contributions:** K.P. conceived and designed the experiments; B.C., H.Z. and W.H. performed the experiments; K.P. analyzed the data and wrote the paper. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** The study was conducted according to the guidelines of the Declaration of Helsinki, and approved by the Animal Care and Use Committee of Guangdong Academy of Agricultural Sciences (protocol code 20201111 and date of approval 2020/04/16).

**Informed Consent Statement:** Informed consent was obtained from all subjects involved in the study.

**Data Availability Statement:** Data are available upon request, please contact the contributing authors.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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