3D bioprinting for skin tissue engineering: Current status and perspectives

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Abstract
Skin and skin appendages are vulnerable to injury, requiring rapidly reliable regeneration methods. In recent years, 3D bioprinting has shown potential for wound repair and regeneration. 3D bioprinting can be customized for skin shape with cells and other materials distributed precisely, achieving rapid and reliable production of bionic skin substitutes, therefore, meeting clinical and industrial requirements. Additionally, it has excellent performance with high resolution, flexibility, reproducibility, and high throughput, showing great potential for the fabrication of tissue-engineered skin. This review introduces the common techniques of 3D bioprinting and their application in skin tissue engineering, focusing on the latest research progress in skin appendages (hair follicles and sweat glands) and vascularization, and summarizes current challenges and future development of 3D skin printing.

Keywords
3D bioprinting, skin, skin appendages, tissue engineering, regenerative medicine

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Introduction
Skin, as the largest organ in direct contact with the outside world. There is no doubt that skin is also the most vulnerable organ. Although skin has higher regeneration ability than most tissues, the repair of large-scale deep injuries, such as deep burns, is mainly scar repair.1 The original cellular environment cannot be completely repaired, resulting in the inability to regenerate hair follicles and sweat glands, which greatly impairs prognosis and life quality of patient. For example, in a high-temperature environment, patients who lack sweat glands cannot regulate their body temperature through perspiration, leading to hyperthermia, heat stroke, and even death.2 Deep burns destroy a large number of hair follicles, which greatly affects personal appearance and may lead to psychological diseases such as depression.

To date, the most used treatment for skin defects is autologous skin transplantation. However, the shortage of donor sites, secondary injuries, and infection risk limit the application of autologous skin transplantation. Compared with traditional treatment methods, skin tissue engineering (STE) provides a novel approach to treat skin defects. Various types of tissue-engineered skin (TES) have been developed, such as Integra, Dermagraft, and PELNAC.3 TES is mainly composed of biomaterials, cells, and bioactive factors. It can completely cover skin wounds, accelerating wound healing with less scar and promoting the vascularization of dermal substitutes.4 However, there are

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still many limitations of TES, such as non-pigmented skin, insufficient elasticity of dermis, long-term postoperative scars, loss of skin appendages, and malfunctional nerve recovery, which negatively affect the quality of life of patients after wound healing. Therefore, the regeneration of skin and appendages is an urgent problem to be solved in the field of tissue engineering (TE) and regenerative medicine. With the continued development of three-dimensional (3D) printing technology, its accuracy and high resolution has allowed us to print functional skin and appendages. Therefore, these limitations of TES will likely be resolved.

Traditional artificial deposition methods include electrospinning, fiber deposition, freeze-drying, and salt leaching. Electrosprining is the most versatile fabrication method. Compared to conventional dressings and hydrogels, Electrospun nanofibrous materials present remarkable property as dermal substitutes, due to their permission of structures that closely resemble the native extracellular matrix (ECM) of the skin, where cells can adhere, proliferate, infiltrate the scaffold, and induce neodermis regeneration. Recently, in situ deposition of electrospun fibers using hand-held electrospinning devices has been used as a promising alternative to conventional electrospinning. In this way, the fibers are directly deposited on the impaired tissue to promote tissue repair and regeneration. In addition, 3D nanofiber structures fabricated by wet electrospinning and multilayering provide the advantage of morphological control with tunability of scaffold porosity and fiber size.

Compared with the traditional artificial deposition method, 3D bioprinting has some advantages in TES preparation, including: (1) According to the shape and depth of the wound surface, the computer scanning imaging technology can quickly print out the skin graft matched with the wound, which has the characteristics of timeliness, high flux, and high repeatability. (2) Multiple bioinks are available. They can flexibly and accurately deposit different biological agents (including living cells, nucleic acids, growth factors, and pregelatinized solutions, etc.) to construct tissue structures, which exhibit morphology and physiology similar to that of normal skin. (3) Using the principle of layer-by-layer deposition, skin tissue can be printed in situ on the wound surface. (4) 3D-bioprinting constructs with interconnected pores and large surface areas support cell attachment, growth, intercellular communication, and exchange of gas and nutrients, a notable advantage over traditional solvent casting, phase separation, and melt molding techniques. Over the past decade, 3D bioprinting technology has been used for the manufacture of biological tissues in various fields, such as vascular systems, heart, bone, cartilage, skin, and liver. At present, 3D bioprinting technology has attracted increasing attention based on its immense potential for the development of TES (Figure 1).

Structure and functions of skin and appendages

Skin

Skin is the largest organ of the body, accounting for about 16% of the total body weight in adults. The skin is composed of epidermis, dermis, and subcutaneous tissue (Figure 2). The constituents and functions of the three layers are summarized in Table 1. The epidermis is the outermost layer, consisting of keratinocytes (KCs), and contains no blood vessels. The epidermis can be divided into five layers from the basal layer to the surface; namely, the stratum basale, the stratum spinosum, the stratum granulosum, the stratum lucidum, and the stratum corneum. Four different cell types reside in these layers of the epidermis: KCs, melanocytes (MCs), Langerhans cells, and Merkel cells. The middle layer is the dermis, which is much thicker than the epidermis, and can be divided into papillary dermis and reticular dermis. Blood vessels and nerves pass through the dermis to provide nutrition and sensation. Various appendages can also be found in this layer, including sweat glands, hair follicles, and sebaceous glands. The innermost layer is subcutaneous tissue, composed of adipocytes and collagen. It can resist cold, buffer deep tissues from severe trauma, provide buoyancy, store energy, and can even function as an endocrine organ. The skin can protect tissues against external stimulation, prevent invasion of microorganisms, and prevent extravasation of body fluids and absorption of external substances. In addition, the skin has functions such as immune regulation, body temperature regulation, and sensing of external stimuli.

Skin appendages

Skin appendages include hair follicles, sebaceous glands, and sweat glands. For skin 3D printing, few studies have explored the regeneration of sebaceous glands. Therefore, this review mainly introduces the structure, function, and bioprinting research progress of hair follicles and sweat glands.

Hair follicles reside in the dermal layer of the skin and are made up of hair papillae, hair matrix, root sheath, and hair bulge. The papilla is a large structure at the base of the hair follicle, which is mainly composed of connective tissue and a capillary loop. The papilla is a key part of hair follicle, which determines the length, hardness, and growth cycle of hair. The root sheath is composed of an external and internal root sheath. The bulge is located in the outer root sheath at the insertion point of the arrector pili muscle. It houses several types of stem cells, which supplies the entire hair follicle with new cells and plays a role in healing the injured epidermis. Hair follicles are widely distributed throughout the body, with only a few
Figure 1. Schematic representation of skin 3D bioprinting.

Figure 2. Schematic representation of the skin structure.
exceptions, such as the palmoplantar skin, lips, and glans penis. Hair follicles are important accessory organs of the skin, with a unique structure and ability to periodically regenerate. In addition to forming a physical barrier, hair follicles may exhibit antibacterial ability and inhibit scar formation.

Eccrine sweat glands play an important role in regulating body temperature. They can be found all over the body, especially in the palms and soles. Eccrine sweat glands are composed of coiled secretory portion and long duct that courses through the dermis to open into the epidermis. They can be activated by either thermal or emotional stimuli and excrete sweat onto the surface of the skin. There are also various proteolytic enzymes and active interleukin-1 in sweat, which are believed to contribute to the barrier function of the skin. Exocrine sweat glands not only take part in maintaining body temperature, but also produce urea, lactic acid, and creatine, thus inhibiting the growth of bacteria on the skin surface.

Besides hair follicles and sweat glands, skin color is one of the important skin accessory functions. Skin color is mainly related to MCs, which are located in the basal layer of the epidermis and can produce melanin stored in melanosomes. The melanosomes are excreted into the ECM and then transported to surrounding KCs to protect the skin from UV damage. Studies have shown that KCs have a certain regulatory effect on MCs. When KCs and MCs are co-cultured, the growth factors secreted by KCs can promote the proliferation, differentiation, and migration of MCs. In addition, the basement membrane at the dermoepidermal junction can regulate the uptake of tyrosine by MCs. Therefore, the addition of MCs in the process of 3D skin bioprinting may address the non-pigmented problem.

### 3D bioprinting technology

3D bioprinting is the utilization of rapid prototyping technologies to print cells, growth factors, and other biomaterials in a layer-by-layer fashion to produce biomedical components that maximally imitate natural tissue/organ characteristics. Bioprinting is an extended application of rapid prototyping or an additive manufacturing (AM) technique. AM generates complex 3D biocompatible structures via automated deposition of biological substances on a substrate using computer-aided design/computer-aided manufacturing (CAD/CAM) technology. According to the different molding principles and printing materials, 3D bioprinting technologies can be roughly divided into droplet-based bioprinting (DBB), extrusion-based bioprinting (EBB), and photocuring-based bioprinting (PBB). This part will focus on the introduction of several 3D bioprinting technologies, which are widely used in clinical and scientific research.

#### Droplet based bioprinting (DBB)

DBB technology mainly includes Inkjet bioprinting (IJB), Electrohydrodynamic (EHD) jetting bioprinting, Laser-assisted bioprinting (LAB). IJB can be divided into continuous inkjet (CIJ) printing and drop-on-demand (DOD) printing. Briefly, CIJ printing relies on the inherent tendency of a liquid stream flow to continuously disperse ink droplets with conductivity. By contrast, DOD printing
generates drops of bioink over the substrate when required. CIJ-based bioprinters generate drops at a much faster rate than DOD systems. Compared with CIJ, DOD is suitable for material deposition and patterning due to its high precision and minimal waste of bioink. DOD mainly uses piezoelectric, thermal, or electrostatic forces to generate droplets, which can flexibly and accurately deposit different biological materials to build a spatially heterogeneous tissue structure. Its non-contact printing mode is more suitable for in situ biological printing. Some studies have used DOD technology to directly print bioink with human KCs and Fbs on full-thickness skin defects on the back of athymic mice. Compared with the control group without any biological dressing, the skin grafts in the experimental group promoted wound healing and the skin contracture phenomenon was reduced. However, DOD has some limitations. First, its ink-jet aperture is extremely small (10–150 µm), which is easily blocked by biological materials. Only low viscosity hydrogel or other low concentration biological agents can be applied to DOD. Second, TES produced by DOD printing generally has no porous structure, which is not conducive to tissue perfusion and substance exchange and limits its clinical application. EHD jetting bioprinting uses an electric field to pull bioink droplets through an orifice, causing bioink droplets to be ejected. Therefore, electric field strength (applied voltage), flow rate of bioink, and bioink characteristics (including cell type and concentration) can determine printing methods and cell viability. EHD jetting bioprinting is suitable for bioprinting of highly concentrated bioink (volume weight up to 20%).

**Laser-assisted bioprinting (LAB)**

The LAB system consists of four parts, including a pulsed laser source, a laser focusing tool, a laser energy absorption system, and a receiving substrate. The LAB technology emits laser light through a pulsed laser source. The laser light is focused on the metal film on the back of the silicate glass and heated locally, so that the bioink deposited on the glass rapidly evaporates and is sprayed onto the substrate in the form of liquid drops. LAB mainly uses a nanosecond laser with ultraviolet or near-ultraviolet wavelengths as an energy source, and its printing resolution can reach the picogram level. Michael et al. created a Grafskin skin substitute using LAB technology, which was a major victory in the field of LAB. Koch et al. used laser printing based on laser-induced forward transfer (LIFT) to print cells derived from skin cell lines (Fbs: NIH-3T3/KCs: HaCaT) and human mesenchymal stem cells (hMSCs). All cell types maintain their ability to proliferate after LIFT, and skin cells and hMSCs show ~98% and ~90% cell survival, respectively. LAB equipment has no nozzle, performs non-contact printing, and can print cells with high activity and high resolution. However, LAB still lacks a suitable rapid gelation mechanism, which limits its realization of high throughput printing.

**Extrusion-based bioprinting (EBB)**

EBB technology achieves highly controllable printing through fluid distribution systems and automated machine systems. Under the control of a computer, the bioink containing cells passes through a micro-nozzle in the form of continuous drops and is ejected. Therefore, electric field strength (applied voltage), flow rate of bioink, and bioink characteristics (including cell type and concentration) can determine printing methods and cell viability. EHD jetting bioprinting is suitable for bioprinting of highly concentrated bioink (volume weight up to 20%).

**Stereolithography apparatus (SLA)**

SLA, a type of bioprinting method that uses photopolymers to generate photopolymerization under precisely controlled light and then solidifies and forms. Compared with other bioprinting methods, SLA has the advantages of high precision, fast speed, etc. In the biological field, SLA is often applied to print controllable geometric shapes, including high-precision tissue scaffolds with porous structures. SLA can achieve higher cell vitality (>85%) without applying shear force to cells and has the ability of fast bioprinting structure with high resolution (~1 m). However, one of the main disadvantages of SLA is that the liquid must be transparent. Otherwise, light would not pass through the material uniformly, resulting in a nonuniform crosslinking. Due to this requirement, the cell density in bioink is limited to about 10^6 cells/ml. In 2014, cell-loaded SLA printing was implemented by the Boland team in Clemson University. Zhu et al. constructed pre-vascularized tissue with complex 3D microstructure by micro-size continuous optical
bioprinting. At present, SLA technology is widely used in scaffold printing, while it is rarely used in cell-based printing.

Summary and comparison of common skin 3D bioprinting technologies

3D bioprinting technology has the advantages of multi-cell spatial directional manipulation and controllable deposition of different cell densities, which make it the most ideal method for constructing active 3D cell structures in vitro. Different 3D bioprinting technologies have different printing mechanisms, in which the printing equipment, viscosity of the bioink, the concentration and viability of cells, the temperature, and the gelation time of the biomaterials are important factors affecting the bioprinting results. Table 2 summarizes the main parameters of several common different bioprinting technologies. Figure 3 shows the EBB equipment owned by our research group and some scaffolds for pre-printing.

The essential elements for skin bioprinting

The first step of skin 3D bioprinting is to prepare bioink. The second step is to accurately print skin substitutes according to requirements. The printed skin substitutes can be directly transplanted to the wound surface or can be transplanted to the skin wound surface after in vitro culture. The scaffold material is gradually degraded and absorbed in the body, and the implanted cells or bioactive substances continuously proliferate and secrete ECM in vitro. Different 3D bioprinting technologies have different printing mechanisms, in which printing equipment, viscosity of the bioink, the concentration and viability of cells, the temperature, and the gelation time of the biomaterials are important factors affecting the bioprinting results. Table 2 summarizes the main parameters of several common different bioprinting technologies. Figure 3 shows the EBB equipment owned by our research group and some scaffolds for pre-printing.

Biomaterials suitable for bioink

At this time, biomaterials that constitute bioink are basically divided into two types: natural biomaterials and synthetic biomaterials. Natural biomaterials include substances present in ECM, such as collagen, gelatin, fibrin, and hyaluronic acid (HA), as well as other natural biomaterials, such as acellular dermal matrix (ADM), agarose, alginate, chitosan (CS), and silk fibroin. Natural materials have good biocompatibility, but they have the disadvantages of insufficient mechanical properties and long gelation times. Unlike natural biomaterials, synthetic biomaterials have more controllable mechanical and chemical properties. Polyethylene glycol (PEG), polylactic acid (PLA), polycaprolactone (PCL), and gelatin methacrylate (GelMA) are widely used as bioink in 3D bioprinting. However, these materials lack suitable biocompatibility and biodegradability, which limits their application in 3D bioprinting.

Natural biomaterials for skin 3D bioprinting

Collagen, as a natural polymer material, has good biocompatibility, can promote cell adhesion, proliferation, and migration, is safe for the host, does not cause serious inflammation or immune rejection, and can be enzymatically degraded. It can be printed at a low temperature and forms a solidified gel at body temperature. However, low mechanical strength and slow gelation speed limit the application of collagen. As a denatured form of collagen, gelatin also has good biocompatibility. Gelatin can be thermally cross-linked to gels, and the gel strength depends on its concentration. HA is an anionic polysaccharide that promotes tissue regeneration, such as cartilage. Due to its poor mechanical properties, it is usually modified with acrylic acid to form a 3D scaffold by photocuring. Low molecular weight HA can promote cell differentiation and angiogenesis. Agarose is in gel form at room temperature and melts at temperatures above 90°C. Agarose printing has the advantages of high mechanical strength without immunogenicity, but has the disadvantage of low cell adhesion. Alginate is a naturally derived linear polymer from the cell wall of brown algae. Alginate printing can retain cell viability and the gelation time is short. In addition, it has outstanding biocompatibility, biodegradability, non-antigenicity, and chelating ability. The main disadvantages of alginites are their weak mechanical properties, poor cell adhesion, and the lack of alginate-degrading enzymes in mammals. CS is derived from chitin, which is a polysaccharide found in the exoskeleton of shrimp and other sea crustaceans. CS has a linear structure, which can be quickly formed into a gel matrix using NaOH as a crosslinking agent. CS has good biocompatibility, biodegradability, and bacteriostatic effect, but its slow gelation speed, low mechanical strength, and fast degradation speed limit its application.

ADM is an emerging material for tissue engineering applications. ADM is produced through a series of physical and chemical treatments to remove all cells and components from the dermis that may be recognized by the host and cause rejection. ADM retains the components and complexity of natural ECM which makes the bio-printed
Table 2. The comparison of the main parameters of several common different bioprinting technologies.

| 3D Bioprinting technologies | Print speed | Resolution (μm) | Viscosity of bioink (MPa s) | Cell concentration | Cell viability | Disadvantages | Advantages | References |
|-----------------------------|-------------|-----------------|-----------------------------|--------------------|---------------|---------------|------------|------------|
| Extrusion-based bioprinting | Slow        | 100–200         | $3 \times 10^{-4} \times 10^7$ | High               | 80%–90%       | Lower resolution | Wide range of available materials, printability of highly viscous bioinks, Can print porous structure | Michael et al.\textsuperscript{58} |
| Laser assisted bioprinting  | Medium      | pL level        | 1–300                       | $\leq 1 \times 10^8$/ml | $>95\%$       | Slow printing speed (limited by gel method), Comparatively high costs | High-resolution, high cell viability ($>95\%$) | Duan et al.\textsuperscript{14} Binder et al.\textsuperscript{47} |
| Droplet-based bioprinting   |             |                 |                             |                    |               |               |            |            |
| Thermal inkjet bioprinting  | Fast        | 30–60           | –                           | –                  | 70%–90%       | The range of available materials is small, Heat and shear can damage cells, and is not suitable for single-channel printing | Low cost and flexible printing process | Fitzpatrick and Morelli\textsuperscript{39} |
| Electrostatic inkjet bioprinting | Fast       | 10–60           | –                           | –                  | 70%           |               |            | Chung et al.\textsuperscript{41} |
| Piezoelectric inkjet bioprinting | Fast       | 50–100          | –                           | –                  | 70%–90%       | Contains glass parts, not suitable for printing certain bioinks, such as fibrinogen | Low cost and flexible printing process Suitable for single channel printing | Chung et al.\textsuperscript{41} |
| Stereolithography           | Fast        | High ($\approx 1 \mu$m) | No limitation | $\leq 1 \times 10^8$/ml | $>85\%$       | Crosslinking requires transparent and photosensitive bioink limiting choice of additives and cell density | High cell viability, High variety of printable bioinks, High resolution of bioprinting | Serra et al.\textsuperscript{60} Patrasciuciu et al.\textsuperscript{61} |

"-" means no valid data is obtained.
Figure 3. (a) Device diagram of extrusion-based bioprinting. Dotted line frame A is an extrusion device, dotted line frame B is a printing platform, and dotted line frame C is a cleaning and correction device, wherein the cleaning device is located at the front, which mainly cleans syringes, and the rear is a correction device. (b) hydrogel scaffold printed with 1% ADM and 5% GelMA. (c) hydrogel scaffold printed with 5% GelMA. (d) hydrogel scaffold printed with 2% ADM. (e) hydrogel scaffold printed with 100 ppm AgNPs and 15% GelMA. (f) printed 100 ppm AgNPs and 15% GelMA scaffolds. (g) HE staining of 3D bioprinted skin after 14 days of gas-liquid culture (b–d: bar:2 mm, E: bar:5 mm, G: bar:50 μm).

Figure 4. Design strategy of ideal bioink.
ADM structure suitable for reconstructing the microenvironment for printed cells to improve morphology and function. Therefore, ADM has high biocompatibility and low immunogenicity. ADM can gel at 37°C at an appropriate pH. Ventura et al. proved isopropanol/surfactants could effectively remove cell and lipid during decellularization while preserving the higher amount of ECM proteins. Khan and Bayat performed qualitative and quantitative analyses of our decellularized scarred dermis, and these analyses may influence the cellular compartment during cutaneous wound healing. Leng et al. described a skin scaffold map by integrated proteomics and systematically analyzed the interaction between ECM proteins and epidermal cells in skin microenvironment on this basis. They had revealed that ECM played a role in determining the fate of epidermal stem cells through hemidesmosome components. Some studies have mixed mouse embryo Fbs into porcine ADM for 3D bioprinting and observed that mouse embryo Fb had higher cellular activity on the 7th day of culture. The skin model using skin ADM provided well-organized/stratified epidermis and stabilized/fibroblasts-stretched dermis during tissue maturation. Possibly, the ECM components such as HA, fibronectin, collagen type I, and other types of collagen might enhance the cellular functionality of ADM. However, its disadvantages are poor mechanical properties, low printing resolution, and easy collapse when the printing equipment has no heating module.

Composite natural biomaterials are also commonly used in bioprinting. Collagen and alginate are materials commonly used for biological scaffolds. Previous studies have shown that collagen/alginate scaffolds printed by continuous EBB showed good structural stability and resulted in good cell viability, similar to a pure collagen scaffold. In an in vivo test, the collagen/alginate scaffold was used as a dermal substitute and provided good granulation tissue formation and rapid vascularization. CS can be combined in porous matrices with other natural biomaterials to enhance their properties. Such a combination increases cell proliferation and shows improved cell mobility, migration, and multiplication. Collagen-CS scaffold (CCS) has the characteristics of appropriate pore size, good biocompatibility, and low antigenicity. It is a proper material for constructing a TE dermal substitute and has great potential in 3D bioprinting applications. However, composite natural biomaterials still have poor mechanical properties, making them susceptible to shrink and deform in the mechanical environment in vivo, which makes maintaining the original 3D porous structure difficult, thus limiting the growth of cells, blood vessels, and tissues. Therefore, materials with more controllable mechanical properties are required for 3D bioprinting.

### Synthetic biomaterials for skin 3D bioprinting

The mechanical properties and controllability of synthetic biomaterials exceed those of natural biomaterials. Synthetic polymer materials such as PLA, PCL, poly-glycolic acid (PGA), poly lactic-co-glycolic acid (PLGA), as well as GelMA are commonly used for skin bioprinting. PLA has good mechanical and physical properties and biocompatibility and can be completely degraded into carbon dioxide and water in the body. Therefore, PLA is widely used in the field of biological TE. Using PLA as raw material, TE scaffold can be manufactured by 3D printing technology. The scaffold is beneficial to cell adhesion, differentiation, and growth.

Composite natural biomaterials are also commonly used for skin bioprinting. GelMA under light exposure with the presence of a photoinitiator) to go photoinitial radical polymerization (i.e. under UV light exposure with the presence of a photoinitiator) to form covalently crosslinked hydrogels. The polymerization can be performed under mild conditions (neutral pH, aqueous environment, room temperature, etc.) and the reaction can be controlled in time and space. This allows for the micromachining of hydrogels to create unique morphologies, patterns, and 3D structures. GelMA with excellent biocompatibility, degradability, and processability will play an important role as a printable biomaterial in 3D bioprinting technology.

### Composite biomaterials for skin 3D bioprinting

It is an urgent problem to improve the mechanical properties of materials.
based on maintaining good biocompatibility is an important issue. Some studies have indicated that a polymeric blend of PCL/gelatin addressed the shortcomings of natural and synthetic polymers, resulting in a new biomaterial with good biocompatibility and improved mechanical, physical, and chemical properties.  

Chong et al. observed significant cell adhesion, growth, and proliferation of human skin Fbs on electrospun PCL/gelatine scaffolds. To mimic skin ECM hierarchy, Pallabi et al. developed a bilayer 3D structure with varied morphology via electrospin differential stirring periods of a PCL/CS emulsion. The porous structure of the 3D scaffold layer allows for an influx of host cells, integrates effectively with the wound bed, and facilitates the deposition of granulation tissue matrix, while surface exposure of the nanofibrous layer with a limited aperture prevents water loss and serves as the basis for the migration of KCs. In addition, enhanced dermal regeneration templates (PLGA knitted mesh-reinforced collagen/CS scaffolds, PLGA/CCSs) independently developed by our research group have suitable 3D porous structure, biological properties matching skin tissue, and the ability to rapidly induce tissue regeneration.

Numerous studies have shown that adding natural polymers to GelMA can significantly improve its mechanical properties. This use of the additive HA with GelMA to produce a GelMA/HA mixture enhanced printability over GelMA alone. Stratesteffen et al. reported that GelMA-collagen hydrogels showed favorable biological and rheological properties, which were suitable for the manufacture of pre-vascularized tissue replacement by 3D bioprinting. Shi et al. reported a novel bioink made of GelMA and collagen doped with tyrosinase used to 3D bioprint living skin tissues through extrusion bioprinting. Their results showed that bioink can form stable 3D living constructs using the 3D bioprinting. Cell culture studies showed that three major cell lines ([human MCs, human KCs (HaCat), and human dermal Fbs], exhibit high cell viabilities (>90%). In vivo tests have shown that wound healing rates can be accelerated when treated with tyrosinase-doped bioinks.

**Seeding cells**

Natural skin contains nearly a dozen lineages of differentiated cells and pluripotent stem cells, and various cells are positioned relative to each other with high specificity. At this time, the sources of seed cells for 3D-printed skin are mainly KCs, Fbs, and stem cells including epidermal stem cells (ESCs), adipose-derived stem cells (ADSCs), amniotic fluid-derived stem cells (AFSCs), MSCs, bone marrow MSCs (BMSCs), and induced pluripotent stem cells (iPSCs).

Dermal cells are mainly Fbs, which can secrete collagen and elastin to promote wound healing, and can also secrete fibroblast growth factor (FGF) to regulate the function of epidermal cells. Related studies have found that even in the same anatomic location, Fbs are composed of many subgroups with unique phenotypes and functions. Fbs in each subgroup have obvious heterogeneity, and each subgroup affects different stages of wound healing and skin regeneration. CD26 can be used as a new marker to distinguish different Fb subpopulations. Our research group found through previous studies that CD26 could increase collagen deposition in wound tissues, promote the process of wound epithelization and shorten wound healing time by regulating fibroblast proliferation, migration, adhesion, synthesis and secretion of ECM, and other biological behaviors. Therefore, we speculate that adding CD26 as seed cells to dermal printing is expected to accelerate wound healing. KCs are the principal cells of the epidermis. During the process of keratinization, they migrate up from the basement membrane toward the stratum corneum. KCs can synthesize keratin and have the capacity to increase their rate of replication during periods of inflammation, disease, or injury. Electrospun nanofiber scaffolds seeded with skin cells (e.g. dermal Fbs and KCs) have been applied for full-thickness wound repair. Sheikh et al. reported a cold plate electrospinning technique for manufacturing 3D nanofiber structures that were co-cultured with human skin Fbs and KCs to make skin substitutes. In another study, Wang et al. created a skin tissue construct with electrospun PCL/collagen nanofibers and Fbs and KCs. After 2 weeks of culture in vitro, the construct was implanted into full-thickness wounds in nude mice, which resulted in an effective healing of these wounds with complete wound closure and epidermal regeneration. In summary, KCs and Fb are often used as skin seed cells in 3D bioprinting technology.

Ideally, 3D bioprinted skin should have various functions that include functional blood vessels, normal pigmentation, and various skin appendages (hair follicles, sweat glands, sebaceous glands). Since angiogenesis is an important factor that determines the success of 3D printed skin, endothelial cells have been used along with other cells during printing. Normal skin pigmentation is formed by the transfer of melanin from MCs to surrounding KCs. At this time, some scientists have already constructed TES that exhibits pigment function through incorporation of MCs. Another studies have shown that MCs in the epidermis may originate from MC stem cells in the bulge of the hair follicle. Therefore, MCs, MC stem cells, and KCs are expected to become seed cells for 3D skin printing to solve the skin color problem. Recent studies have shown that hair follicle stem cells (HFSCs) and hair papilla cells (HPCs), as hair follicle seed cells, play an important role in the formation and regeneration of hair follicles. HFSCs include hair follicle epidermal stem cells (HFESC) and hair follicle dermal stem cells (HFDS).
HFESCs have the potential to regenerate the skin and can form epidermal structures. HFESCs can form skin appendages such as hair follicles, sweat glands, and sebaceous glands under the appropriate microenvironment. There are relatively few studies on HFDSs, and it is currently believed that HFSCs may be located in the dermal sheath of the hair follicle. HFSDs, as “reserve cells” or precursor cells of hair papillae, play an important role in maintaining a constant number of HPCs. HPCs controls the signals of hair follicle growth and cycle and plays a key role in the process of hair follicle regeneration. Studies have confirmed that HPCs have specific “aggregation” growth characteristics and have the functions of inducing hair follicle regeneration and supporting hair growth in vivo and in vitro. In terms of skin sweat gland reconstruction, the stem cells used for sweat gland regeneration mainly include ESCs, MSCs, BMSCs, and mammary progenitor cells (MPCs).

Most current TE strategies depend on a sample of autologous cells from the damaged host tissue or organ. When it is difficult to obtain cells from the damaged host, especially when the injury or damage is extensive, alternative cell sources become a necessity. In recent years, with the development of stem cell technology, more stem cell types have been applied to 3D skin printing. ADSCs can be applied in skin 3D bioprinting. Due to the popularity of plastic liposuction, ADSCs are readily available in large quantities and can be applied to 3D bioprinting without amplification. ADSCs can secrete a variety of cytokines to promote Fb migration during wound healing. They can also upregulate the expression of vascular endothelial growth factor (VEGF) and promote neovascularization. MSCs have therapeutic potential for repair and regeneration of tissues damaged by injury or disease. MSC treatment of acute and chronic wounds results in accelerated wound closure, increased epithelialization, formation of granulation tissue, and angiogenesis. Many clinical trials have demonstrated that BMSCs play a critical role in wound repair and tissue regeneration. Therefore, they are an ideal cell source for skin and appendage regeneration. AFSCs are an attractive cell source for regenerative medicine because of their high proliferation capacity, multipotency, immunomodulatory activity, and lack of significant immunogenicity. Unlike embryonic stem cells, AFSCs do not form teratomas when injected into immune-deficient mice. Furthermore, the isolation of AFSCs is a simpler process than that of MSCs, and a large number of AFSCs can be isolated and expanded from as little as 2 ml of amniotic fluid. iPSCs have multi-directional differentiation potential and can differentiate into all cells derived from three germ layers in vivo, making them a good choice for seed cells for disease treatment. Studies showed that iPSCs could differentiated into various types of skin cells with the capacity to form multi-differentiated epidermises with hair follicles and sebaceous glands. Previous studies have developed skin constructs using iPSC-derived Fbs, KCs, and MCs. Therefore, it is possible to regenerate skin and skin appendages with iPS cells. Stem cells have shown potential in the field of TES, but the specific mechanism by which stem cells play a role in wound healing is unclear and it is difficult to avoid potential risks such as mutations and tumorigenicity during the culture process. The ethical challenges around stem cells persist across various fields.

Bioactive factors

At this time, growth factors applied to bio-printed skin include epidermal growth factor (EGF), FGF, VEGF, or platelet-derived growth factor (PDGF). The effects of adding growth factors in the process of 3D skin printing include stimulating growth, proliferation, and migration of various cells, improving the activity of cells in printed skin, inducing the differentiation of stem cells to a preset direction, and driving autologous endogenous cells to gather around the wound when applied in vivo. EGF, a single polypeptide chain of 53 amino acids with three interchain disulphide bonds required for biological activity, plays an important role in accelerating and enhancing wound healing by stimulating proliferation of most epithelial cells, Fbs, endothelial cells, and even collagen deposition. It also stimulates the migration and proliferation of KCs. Huang et al. created a cell-laden 3D-ECM. The bioprinted 3D-ECM mimicked organized patterns of mouse plantar dermis components, and EGF within composite gelatin and sodium alginate hydrogels yielded important information for the effective and accurate differentiation of mouse dorsal epithelial progenitors in vitro and in vivo. FGF-2 is a multifunctional polypeptide that promotes growth, migration, and differentiation of a broad variety of cell types, including dermal Fbs, KCs, endothelial cells, and MCs. FGF-2 is known to stimulate VEGF expression, granulation tissue formation, and blood vessel maturation. Xiong et al. added FGF-2 to a 3D-printed gelatin-fibrin scaffold. The results showed that the incorporation of FGF-2 into the scaffold increased the cell proliferation rate (about 40%–75%) and promoted the healing of full-thickness skin defects. One of the major limitations of skin bioprinting, as is true for engineering most tissue types, is achieving vascularization. Early attempts applied growth factors such as VEGF with KCs or scaffolds such as gelatine-sulfonated silk composite to encourage neovascularization. Recent studies had found that the pro-angiogenic secretome from human skin-derived multipotent stromal cells had the potential to promote skin regeneration. In future studies, growth factors can be added to bioprinted skin. These factors can increase the activity of cells, facilitate the survival of artificial skin, and accelerate wound healing. On the other hand, with the enhancement of cell proliferation activity, the biocompatibility requirements of bioink materials can be relatively reduced, so the selection range of materials will be further expanded.
The development of bioink is a major challenge. Firstly, bioink should have excellent biocompatibility. Only by forming a microenvironment similar to the ECM can further regulate the cell behavior after printing and construct the communication and connection between cells. Due to the special process of the 3D bioprinting, the bioink is required to exist in a dynamic state during printing, and then can be solidified and formed rapidly after printing. Therefore, printability is another requirement that bioink needs to meet. Shape fidelity, gelation kinetics, rheological characteristics, material properties, and printing resolution are important considerations when assessing the printability of bioink. Similarly, the biomechanical and structural characteristics of the skin are also important considerations for choice of bioink. The ideal skin printable bioink should be able to support the functions of different types of cells in the skin and promote the regeneration of skin appendages and angiogenesis. In summary, the development of skin printing bioink with suitable physical and chemical properties is still a key core issue in skin 3D bioprinting.

**Regeneration of skin tissue and appendages through 3D bioprinting**

In this section, we present the current research status and progress of 3D bioprinted full-thickness skin, dermis, skin vascularization, skin pigmentation, and skin appendages including sweat glands and hair follicles, and discuss future development direction and clinical applications (Table 3).

**Dermis bioprinting**

The integrity of the dermal structure is closely related to the elasticity and flexibility of the skin. Reconstruction of the integrity and continuity of dermal tissue structure through 3D bioprinting technology has made important progress in effectively repairing wounds. Ng et al. reported the use of polyelectrolyte gelatin-CS (PGC) hydrogel for 3D bioprinting of dermis. The inherent antimicrobial and hemostatic properties of CS make it compatible in wound healing applications. The PGC hydrogels showed good printability at room temperature, high shape fidelity of the printed 3D constructs, and good biocompatibility with Fbs. Michael et al. used a laser-assisted bioprinting technique to create dermal substitutes. They positioned Fbs on top of a stabilizing matrix (Matriderm). Subsequently, the grafts were placed into full-thickness skin wounds in nude mice. The grafts adhered well to tissue around the skin wound after 11 days. Some blood vessels were found to grow from the wound bed and the wound edges in the direction of the printed cells. Furthermore, normal skin grew into the printed dermis layer, and the upper layer of dermis collagen was dense while the lower layer was sparse, which conformed to the normal dermal structure of the human body.

**Bioprinting of full-layered skin**

At present, the number of cases of skin defects caused by trauma, burns, ulcers, and surgical trauma is increasing. The introduction of 3D-bioprinted skin makes it possible to customize autologous skin for patient wounds or to directly perform in situ skin bioprinting to treat wounds. Previous studies have shown that 3D-printed skin is similar to normal skin tissue when mature. Lee et al. used KCs and Fbs as seed cells to print skin tissue. Collagen was used to function as the dermal matrix of the skin. Optimizing printing parameters for maximum cell viability and cell densities in the epidermis and dermis is important to mimic physiologically relevant attributes of human skin. Histology and immunofluorescence showed that 3D-printed skin tissue was morphologically and biologically representative of in vivo human skin tissue. Cubo et al. used a 3D bioprinting technique (free-form fabrication bioprinting,) to print a human bilayered skin using bioinks containing human plasma and primary human Fbs and KCs that were obtained from skin biopsies (Figure 5). Based on careful histological and immunohistochemical in vitro and in vivo analysis, they demonstrated that the printed skin was very similar to normal human skin. To overcome poor printability and long cross-linking duration of collagen biomaterials, Wang et al. designed and printed a bilayer membrane (BLM) scaffold consisting of an outer PLGA membrane and a lower alginate hydrogel layer, which mimicked the skin epidermis and dermis, respectively. The multi-porous alginate hydrogel of the BLM scaffolds promoted cell adhesion and proliferation in vitro, while the PLGA membrane prevented bacterial invasion and maintained the moisture content of the hydrogel. The results showed that the application of a BLM scaffold resulted in high levels of skin regeneration by increasing neovascularization and boosting collagen I/III deposition. Lee et al. used a solid freeform fabrication (modified version of extrusion-based bioprinting) technique to create multi-layered engineered tissue composites. Collagen-based hydrogel bioink was printed in a layer-by-layer fashion, resulting in two distinct cell layers of inner Fbs and outer KCs. Highly viable proliferation of each cell layer was observed on both planar and non-planar surfaces.

In situ bioprinting involves direct printing of pre-cultured cells onto the site of injury for wound closure, allowing for skin maturation at the wound site. The application of in situ bioprinting in burn wound reconstruction provides many advantages, including accurate deposition of cells on the wound, elimination of the need for expensive and time-consuming in vitro differentiation, and the need for multiple surgeries. Binder used inkjet bioprinting...
| Skin tissues                  | Cell sources                                      | Materials                                                                 | Printing method                  | Results                                                                                                                                                                                                 | References |
|------------------------------|---------------------------------------------------|---------------------------------------------------------------------------|----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Dermis                       | Neonatal human foreskin Fbs                       | Polyelectrolyte gelatin-chitosan hydrogel Matriderm®                       | DOD bioprinting Laser-assisted   | The printed 3D constructs showed high shape fidelity and good biocompatibility with fibroblasts. The printed fibroblasts produced collagen, some blood vessels were found to grow in the direction of the printed cells. The stratified layers of printed FB and KC within the multi-layered collagen scaffold were observed. The printed skin was very similar to normal human skin. After 8 weeks, wound healing and complete re-epithelialization were observed. In a murine full-thickness wound model, this in situ bioprinting system showed accelerated wound closure (<15% of original wound size at 2 weeks) with entire wound closure after 3 weeks post-surgery. | Ozbolat and Hospodiuk48 Maxson et al.143 |
|                             | NIH3T3 Fbs                                        |                                                                           |                                  |                                                                                                                                                                                                     |            |
|                             |                                                   |                                                                           |                                  |                                                                                                                                                                                                     |            |
|                             | Collagen hydrogel                                 |                                                                           | Extrusion                        | Neovascularization was observed in the skin grafts 2 weeks after surgery. Formation of capillary-like structures was dependent on a sufficient local density of endothelial cells. AFSCs and BMSCs can accelerate wound healing and increased microvessel density and capillary diameters. Highly organized vascular networks were generated in the construct. Reporting a new approach for creating vascularized, heterogeneous tissue constructs on demand based on 3D bioprinting.          | De Coppi et al.45 Aasen et al.147 Laato et al.149 Gainza et al.150 |
| Full-layered skin           | Primary human Fbs and KCs                         | Collagen hydrogel Human plasma Fibrinogen/collagen hydrogels Fibrin/collagen hydrogel | Extrusion                        | The stratified layers of printed FB and KC within the multi-layered collagen scaffold were observed. The printed skin was very similar to normal human skin. After 8 weeks, wound healing and complete re-epithelialization were observed. In a murine full-thickness wound model, this in situ bioprinting system showed accelerated wound closure (<15% of original wound size at 2 weeks) with entire wound closure after 3 weeks post-surgery. |            |
|                             | Primary human Fbs and KCs                         |                                                                           | Inkjet                           |                                                                                                                                                                                                     |            |
|                             | Human KCs and Fbs                                |                                                                           | In situ bioprinting              |                                                                                                                                                                                                     |            |
|                             | Allogeneic or autologous dermal Fbs and epidermal KCs |                                                                           |                                  |                                                                                                                                                                                                     |            |
| Blood vessel-containing skin| Newborn dermis Fbs, KCs, and HUVECs               | Type collagen I and fibrinogen Collagen hydrogel containing VEGF Fibrin-collagen gel Biodegradable PLA fibers and GelMA hydrogels. | Inkjet Laser-assisted A bioprinting device developed in-house FDM 3D bioprinting and SLA bioprinting | Neovascularization was observed in the skin grafts 2 weeks after surgery. Formation of capillary-like structures was dependent on a sufficient local density of endothelial cells. AFSCs and BMSCs can accelerate wound healing and increased microvessel density and capillary diameters. Highly organized vascular networks were generated in the construct. Reporting a new approach for creating vascularized, heterogeneous tissue constructs on demand based on 3D bioprinting. | Fielding et al.65 Pai et al.119 Zuo et al.129 Duncan et al.158 |
|                             | hMSCs and endothelial cells                       |                                                                           |                                  |                                                                                                                                                                                                     |            |
|                             | AFSCs and BMSCs                                   |                                                                           |                                  |                                                                                                                                                                                                     |            |
|                             | Human endothelial cell, and hMSC                  |                                                                           |                                  |                                                                                                                                                                                                     |            |
|                             | HUVECs and Fbs                                    | Pluronic F127 and GelMA                                                   | 3D bioprinting                   | Neovascularization was observed in the skin grafts 2 weeks after surgery. Formation of capillary-like structures was dependent on a sufficient local density of endothelial cells. AFSCs and BMSCs can accelerate wound healing and increased microvessel density and capillary diameters. Highly organized vascular networks were generated in the construct. Reporting a new approach for creating vascularized, heterogeneous tissue constructs on demand based on 3D bioprinting. |            |
| Melanocytes-containing skin | HUVECs, Fbs, KCs                                  | Acellular fat matrix and fibrinogen as the subdermal layer; Gelatin and thrombin were used as vascular channels. ADM was used as a dermis layer Multiple layers of collagen hydrogel Hierarchical porous collagen-based structures | Extrusion and inkjet A two-step DOD bioprinting | A novel printing platform is suggested for engineering a matured perfusable vascularized 3D human skin equivalent composed of epidermis, dermis, and hypodermis. MC-containing epidermal layer showed freckle-like pigmentation at the dermal-epidermal junction. Histological analysis indicated the presence of a well-developed epidermal region and uniform distribution of melanin granules in the epidermal region of the 3D-bioprinted pigmented skin constructs. | Ng et al.61 Curbo et al.143 Wang et al.164 Lee et al.165 Ozbolat166 |
|                             | MCs, Fbs, and KCs (HaCaT)                         |                                                                           |                                  |                                                                                                                                                                                                     |            |
|                             | KCS, MCs, and Fbs from three different skin donors|                                                                           |                                  |                                                                                                                                                                                                     |            |
| Hair follicle/Sweat glands   | Dermal papilla cells (DPCs) Mouse dorsal epithelial progenitors, plantar dermis homogenate, and EGF MSCs Mouse mammary progenitor cells (MPCs) | Collagen gel containing dermal fibroblasts A cell-laden 3D extracellular matrix mimics (3D-ECM) with composite hydrogels based on gelatin and sodium alginate Gelatin-alginate hydrogels and components from mouse sweat gland extracellular matrix proteins | Extrusion Extrusion Extrusion | DPCs in a physiologically relevant extracellular matrix and initiation of epidermal-mesenchymal interactions, which results in HF formation in human skin constructs in vitro. Bioprinted 3D-ECM could effectively create a restrictive niche for epidermal progenitors that ensures unilateral differentiation into sweat gland cells. Representing a novel strategy of directing MSC differentiation for functional SG regeneration by using 3D bioprinting. Differentiated mouse MPCs could regenerate SG cells by engineered SG microenvironment in vitro and Shh pathway was found to be correlated with the changes in the differentiation. | Kang et al.173 Abaci et al.136 Ng et al.185 Feng194 |
technology to directly print primary human KCs and Fbs on full-thickness (3.0 × 2.5 cm) wounds on the backs of nude mice. First, Fbs (1.0 × 10^5 cells/cm^2) incorporated into fibrinogen/collagen hydrogels were printed on the wounds, followed by a layer of KCs (1.0 × 10^7 cells/cm^2) above the fibroblast layer. After 8 weeks, wound healing and complete re-epithelialization were observed. Recently, Albanna et al.\textsuperscript{168} developed a portable, easy-to-operate, and relatively inexpensive skin in situ bioprinting system. First, the entire wound was scanned continuously using a 3D laser scanner, after which the scanned data were converted into a wound model. Using fibrin/collagen as a hydrogel carrier, allogeneic or autologous dermal Fbs and epidermal KCs were directly transported to the whole skin defect to form a layered skin structure. In a murine full-thickness wound model, this in situ bioprinting system showed accelerated wound closure (<15% of original wound size at 2 weeks) with entire wound closure after

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**Figure 5.** (A) Scheme of the bioprinting process: The extrusion module contained four syringes, loaded with (a) hFbs, (b) plasma, (c) CaCl\textsubscript{2}, (d) hKCs, respectively, (e) equivalents printed on transwell inserts could differentiate at the air–liquid surface for 17 days, and (f) equivalents printed on P100 plates were grafted on to the backs of immunodeficient mice for 8 weeks. (B) In vitro 3D human skin equivalents obtained after 17 days of differentiation at the air–liquid interface: (a) "handmade" skin equivalent following our previous protocol, (b–d) printed skin equivalents, (a and b) H/E staining, (c and d) immunostaining using an anti-K10 antibody (c) and an anti-human vimentin antibody (d). Ep and De in (a–d) denote the epidermal and the dermal compartments, respectively. (C) Histological analysis (8 weeks postgrafting) of bioprinted human skin grafted to immunodeficient mice: (a) visual appearance of the grafted human skin, (b) H/E staining of the regenerated human skin, (c) H/E staining of normal human skin. The white dotted line in (b) and (c) indicates the dermo-epidermal junction (basal membrane, BM). Scale bar: 100 μm.

Source: Adapted with permission from Cubo et al.\textsuperscript{163}
3 weeks post-surgery. The dermis structure and composition of regenerated tissue were similar to healthy skin and many collagen deposits were arranged in regular fibers with the formation of mature blood vessels.

The above studies have preliminarily supported the feasibility of 3D bioprinting to construct TES, which has provided a foundation for clinical applications. In addition to wound treatment, 3D-bioprinted skin can also be used as an in vitro model for cosmetics and chemical tests. At this time, the European Union has issued a decree banning the testing of cosmetic ingredients on animals. To this end, L’Oreal has developed a patented skin called Episkin for the testing and development of products, which addresses the ethical problems of animal experiments. In addition, 3D bioprinting can generate skin disease models for pathophysiological research, drug screening, or evaluation of therapeutic effects in vitro.

**Bioprinting of blood vessel-containing skin**

Timely vascularization after 3D-printed skin transplantation is key for survival of the graft. Studies have shown that in the absence of blood vessel distribution, the maximum nutrient diffusion distance that can guarantee cell survival is 100–200 µm. Thus, tissue constructs with a thickness greater than 100–200 µm require blood vessel distribution. At this time, there are many pro-vascularization methods used in TES, including optimizing the porous structure of TES, loading pro-angiogenic factors, inoculation with vascular endothelial cells, and stem cells.

To improve the vascularization of printed skin tissues, Yanez et al. used inkjet printing technology to construct artificial skin with newborn dermis Fb, KC, and human umbilical vascular endothelial cells (HUVECs) as seed cells and type I collagen and fibrinogen as a matrix. 3D-printed skin graft was transplanted into the back wound of thymus-free nude mice. The results showed that 3D-printed skin grafts can accelerate wound healing, and neovascularization was observed in the skin grafts 2 weeks after surgery. Among the above cell types, HUVECs play an important role. Abaci et al. established a novel bioengineering approach to micropattern spatially-controlled and perfusable vascular networks in 3D human skin equivalents using both primary and iPSC-derived endothelial cells. Using 3D printing technology allows us to control the geometry of the micropatterned vascular networks. These results showed that vascularized human skin equivalents (vHSEs) can both promote and guide neovascularization during wound healing (Figure 6). Kerouedan et al. developed LAB to pattern lines of tdTomato-labeled endothelial cells cocultured with MSCs seeded onto a collagen hydrogel. Overlay of the pattern with collagen I hydrogel containing VEGF allowed capillary-like structure formation and preservation of the printed pattern over time. In addition, the use of biomaterials such as fibrin and HA can also promote angiogenesis so that 3D-printed skin can initially provide vascular networks through the printed channels and induce blood vessels to form a replacement for the original hollow network.

Previous reports have suggested that the provision of angiogenic growth factors regulates several stages of angiogenesis including endothelial cell migration, vessel sprouting, perivascular cell recruitment, and ECM production. The combination of 3D-printed scaffolds and angiogenic growth factors can significantly improve the vascularization of 3D-printed skin tissue. Xiong et al. demonstrated that 3D-printed gelatin-based silk fibroin scaffolds promoted healing of full-thickness skin defects. Modified silk fibroin with sulfonated moieties was used in the scaffold to increase hydrophilicity, as well as to facilitate incorporation of FGF-2 to further enhance the treatment efficacy. Incorporation of FGF-2 within the scaffold enhanced the proliferation rate (from ~40% to ~75%), tissue morphology, collagen fibril assembly, blood vessel formation, and expression of various corresponding markers. Skardal et al. resuspended AFSCs and BMSCs in fibrin-collagen gel and printed over the full-thickness skin wounds in nude mice. Their results suggested that AFSCs and BMSCs can accelerate wound healing. In addition, histological examination showed increased microvessel density and capillary diameters in the AFSC-treated wounds. Cui et al. explored the fabrication of complex vascularized skin constructs. The construct was fabricated on a dual 3D bioprinting platform comprised of an FDM 3D bioprinter and an SLA 3D bioprinter, using alternate deposition of biodegradable PLA fibers and cell-laden GelMA hydrogels. Moreover, bioactive factors such as bone morphogenetic protein2 (BMP2) and VEGF were incorporated into the construct to simultaneously promote cell proliferation and angiogenesis through the construct. After perfusion culture, highly organized vascular networks were generated.

Flow shear stress can promote angiogenesis; thus, dynamic flow is key to develop the vascular system required for full-thickness skin tissue. Mori et al. prepared a perfusable vascular channel in the skin substitute and coated endothelial cells in the channel and then fixed it to a culture device connected to an external pump and tubes. Results showed that vascular channels were constructed in the skin substitute, and the endothelial cells formed tight junctions on the vascular channel wall. The barrier function of the skin-equivalent was also confirmed. To reduce the diameter of vascular channels, some studies have used sacrificial materials. Kolesky et al. used an aqueous fugitive bioink composed of Pluronic F127 to print channels with a pore diameter of less than 45 µm. The remaining structure of the outer ring was printed with GelMA loaded with Fbs, after which the entire structure was cooled to 4°C to liquefy Pluronic F127. Subsequently,
Figure 6. (A) Development of vascularized HSEs: (a) schematic description of the protocol to develop vHSEs, (b) two different vasculature patterns were used in our studies and generated using fluorescently tagged alginate. Scale bar: 600 μm. (B-a) The effect of vHSEs on host neovascularization. Blood perfusion in HSEs: (i) without channels (Control I), with acellular microchannels (Control II), vHSEs with HUVECs, and iECs grafted on SCID mice and harvested after 2 weeks. Scale bar: 2.5 mm, (ii) immunostaining of explanted HSEs (control) and vHSEs with CD31 (red) and Ki67 (green) to visualize the invasion of the host vessels and the presence of proliferating cells, respectively. Scale bars: 250 μm, (iii) quantification of the percentage of the total area covered by the host vasculature and the percentage of Ki-67 positive cells (*p < 0.05, **p < 0.005, and N=4). (B-b) (i) Pictures of newly formed host vasculature following the micropatterned human iEC-containing microchannels in vHSEs. Scale bars: 2.5 mm and 500 μm, (ii) confocal image of the explanted vHSEs showing the overlapping pattern of Rhodamine-dextran (70 kDa) perfused mice vessels and the microchannels containing GFP-tagged HUVECs (N=4 for all conditions). Scale bar: 500 μm. Source: Adapted with permission from Abaci et al.136
an empty syringe was used to extract the liquefied Pluronic F127 in the channel, and HUVECs were injected into the channel to achieve endothelialization of the vessel. In addition to using sacrificial materials, Bertassoni et al.\(^\text{181}\) reported a 3D micromolding technique using bioprinted agarose template fibers to fabricate microchannel networks with various architectural features within photo-crosslinkable hydrogel constructs. This method casted GelMA around the printed agarose fibers and then removed the agarose by manual suction instead of using sacrificial materials. In the resulting lumen, HUVECs were used to form a vascular endothelial monolayer structure. Kim et al.\(^\text{182,183}\) developed a fully perfused vascularized 3D-printed skin model. In the self-made PCL transwell chamber, they used acellular fat matrix and fibrinogen as the subdermal layer by extrusion bioprinting. Gelatin and thrombin (sacrificial material) loaded with HUVECs were used as vascular channels. ADM mixed with Fbs was used as a dermis layer and KCs were inkjet printed on the scaffold. The skin model showed good biological characteristics. After 7 days of culture, it was found that the dermis and the subdermal layer were connected, as opposed to the skin model without vascular channels, and formed a stabilized fibroblast-stretched dermis and stratified epidermis layers after 14 days.

**Bioprinting of MC-containing skin**

One of the main goals of skin 3D bioprinting is to print skin tissues with skin pigmentation function to meet the requirement of patients for normal skin color. Previous studies have successfully printed a full-layer skin model containing pigment using 3D biological printing technology. Min et al.\(^\text{184}\) have reported a 3D bioprinting technique that is capable of producing a full-thickness skin model containing pigmentation. Multiple layers of fibroblast-containing collagen hydrogel precursor were printed and crosslinked through neutralization using sodium bicarbonate, constituting the dermal layer. MCs and KCs were sequentially printed on top of the dermal layer to induce skin pigmentation upon subsequent air-liquid interface culture. Results showed MC-containing epidermal layer showed freckle-like pigmentation at the dermal-epidermal junction. Ng et al.\(^\text{185}\) demonstrated the feasibility of applying a two-step bioprinting-based strategy to fabricate 3D in vitro pigmented human skin constructs (using KCs, MCs, and Fbs from three different skin donors) (Figure 7). A two-step DOD bioprinting strategy facilitated the deposition of cell droplets to emulate the epidermal melanin units and manipulation of the microenvironment to fabricate 3D biomimetic hierarchical porous structures found in native skin tissue. Histological analysis indicated the presence of a well-developed epidermal region and uniform distribution of melanin granules in the epidermal region of the 3D-bioprinted pigmented skin constructs. Furthermore, immunochemical analysis revealed the presence of important biomarkers (col VII, HMB-45, K1, and K6) in the 3D-bioprinted pigmented skin constructs. The above studies have supported the operability of printing MCs to increase skin pigmentation. However, there are many unanswered questions in these studies, such as whether MCs proliferate after printing and whether melanin has spread to the surrounding KCs. In addition, it remains unclear whether MCs containing melanin stem cells improve the long-term sustainability of pigment formation after 3D-printed skin transplantation.

**Bioprinting of hair follicles**

Hair follicle reconstruction is the premise for constructing tissue-engineered skin with hair formation ability, and the key to hair follicle reconstruction is to find or improve the ability of seed cells to induce hair formation. Currently, hair follicle seed cells with the best potential are HFSCs and HPCs. The location of these two cells in hair follicles is relatively clear and the isolation method is mature. Studies have shown that newly isolated HFSCs mixed with dermal cells or HPCs mixed with epidermal cells can induce hair follicle regeneration. Wu et al.\(^\text{186}\) mixed dermal papilla cells (DPCs), hair follicle epithelial cells, dermal sheath cells, and collagen to form dermal analogues, and then transplanted them under subcutaneous tissue of the dorsal skin of nude mice and the formation of hair fibers was observed. The latest research had found that epidermal CD34\(^+\) stem cells located in the bulge area of hair follicles can induce HF neogenesis and promote wound healing after transplantation.\(^\text{187}\)

A prerequisite for hair follicle regeneration in clinical treatment is that the cells must be of ethnic origin. However, most of the HPCs studied for hair follicle regeneration are of mouse origin. Few studies have shown that human HPCs cultured in vitro can regenerate intact hair follicles because human HPCs quickly lose their induction ability in vitro.\(^\text{188}\) In a previous study, mouse tissue DPCs and human KCs were used to inoculate TES formed using collagen glycosaminoglycan matrix. Transplantation into nude mice resulted in the formation of new hair follicles; however, hair follicles did not form when human DPCs were used instead of murine DPCs.\(^\text{189}\) Therefore, maintaining the induction ability of dermal papilla in vitro remains challenging. The induction of HPCs to hair follicles and the expression of characteristic genes of dermal papilla are highly dependent on their internal microenvironment. After in vitro culture, the expression of many characteristic genes of HPCs, such as Akp2, Alx3, and Alx4, decreased rapidly, accompanied by a decline in hair follicle induction ability. In summary, the greatest challenge in hair follicle regeneration is improving conditions of in vitro 3D culture, which in turn would simulate the growth environment.
of hair follicles in vivo and maintain the biological characteristics of HPCs and HFSCs to realize reconstruction of mature hair follicles in vitro. Higgins et al.\(^{190}\) demonstrated that the intact dermal papilla transcriptional signature could be partially restored through the growth of papilla cells in 3D spheroid cultures. This signature change translated to a partial restoration of inductive capability, and induced de novo hair follicles in human skin. Miao et al.\(^{191}\) also prepared 3D-structured HPC spheres on a Matrigel scaffold. HPC spheres showed marker gene expression characteristic of hair papilla [NCAM, Versican, and \(\alpha\)-smooth muscle actin (\(\alpha\)-SMA)], which are lost during 2D culture. Zhang et al.\(^{192}\) used a hair follicle regeneration model to evaluate the hair follicle-inducing ability of dermal papilla multicellular spheroids that formed on nanofiber sponge. Phosphate buffer solution (PBS) containing dermal papilla microtissues were injected into the dorsal hypodermis of nude mice. Experiments showed that

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**Figure 7.** (A-a) Schematic drawing of a two-step bioprinting strategy for design and fabrication of 3D pigmented human skin constructs. (A-b) fabrication process for the 3D pigmented human skin constructs, (B) representative images of 3D pigmented human skin constructs fabricated via 3D bioprinting. 3D bioprinted pigmented human skin constructs with uniform skin pigmentation, pigmented area is enclosed by the brown dotted line. scale bar: 2 mm, (C) representative images of H&E staining of 3D pigmented human skin constructs. scale bar: 50 \(\mu\)m. The epidermal region is indicated by E and the dermal region is indicated by D, and (D) representative images of Fontana Masson staining of 3D pigmented human skin constructs. scale bar: 50 \(\mu\)m. Arrows indicating the distribution of melanin granules within the epidermal region of 3D matrices (stained brownish-black).

*Source:* Adapted with permission from Ng et al.\(^{185}\)
cultured dermal papilla multicellular spheroids could effectively enhance hair follicle-inducing ability.

In recent years, with breakthroughs in stem cell research and the development of 3D bioprinting technology, research on hair follicle regeneration using 3D bioprinting technology has advanced. Abaci et al.\textsuperscript{193} developed a biomimetic approach for generation of human hair follicles within human skin constructs by recapitulating the physiological 3D organization of cells in the hair follicle microenvironment using 3D bioprinting technology. 3D bioprinting technology created the structures of human hair follicles with high aspect ratios, which was not possible using previous microfabrication techniques (Figure 8). Overexpression of Lef-1 in DPCs restores the intact DPC transcriptional signature and significantly enhances the efficiency of hair follicle differentiation in human skin constructs. Feng et al.\textsuperscript{194} used 3D bioprinting to print a hair follicle-like 3D structure containing epidermal cells and Fbs derived from the foreskin of children in the dermis layer of epidermal/dermal TES. The constructed TES was transplanted to the full-thickness skin defect on the back of nude mice, and white hair was visible after 3 weeks. Biological 3D printing for regenerating hair follicles requires a suitable microenvironment for hair follicle growth. This microenvironment can maintain the function of hair papilla cells. Biological 3D printing technology can simulate the microenvironment of hair follicles in vitro and induce hair follicle regeneration. Therefore, 3D bioprinting has provided new solutions for hair follicle regeneration and promoted the development of STE and regenerative medicine.

**Figure 8.** (A) Patterning of collagen type-1 gel using 3D-printed molds allows for physiological arrangement of cells in the hair follicle. Hair follicle molds were designed (a) and 3D-printed (b), (c) the collagen gel containing dermal fibroblasts could solidify around the HF-like extensions to create an array of microwells in which the DPCs formed spontaneous aggregates, (d) top view of HSCs containing DPCs which settled down into the microwells (lower panel: higher magnification of the microwells), and (e) DPCs formed spontaneous aggregates at the center of the microwells (dashed line circles the aggregates). Scale bars for (d) and (e) are 100 μm. (B) (a) Low magnification image demonstrating expression of AE13 in HSCs generated using Lef-1-transfected DPCs and the high efficiency in HF lineage differentiation, histological H&E staining of the constructs generated by empty vector-transfected DPCs (b), lef-1-transfected DPCs (c), Wnt10b-treated DPCs (d), and CHIR99021-treated DPCs (e) (arrows showing differentiated KC morphology), (f) success rate, defined as the ratio of the HFUs exhibiting hair follicle differentiation to the total number of HFUs, for HSCs with DPCs at different treatment conditions compared to FB control. Scale bars are 300 μm. (C) (a) (as a control), (b) engraftment of high follicle-density HSCs onto immune-deficient nude mice led to hair growth in the grafts after 4–6 weeks (b), (c and d) human-specific nuclear staining (green) indicated that the de novo hair follicles marked with K71 (c) and DPCs marked with VCAN (d) are comprised of human cells. Bright-field microscopy of unpigmented terminal human hair (e), engineered human hair in the grafts (f), and unpigmented human vellus hair (g) showed morphological similarities between human hair and engineered hair. Scale bars for (a, b), (c−d), and (e−g) are 2 mm, 200 μm, and 50 μm respectively.

Source: Adapted with permission from Abaci et al.\textsuperscript{193}
Bioprinting for sweat glands

Previous studies have successfully induced stem cells into functional sweat gland cells in vitro using a 3D bio-printed sweat gland development microenvironment. The stem cells used for sweat gland regeneration today mainly include ESCs, MSCs, bone marrow MSCs (BM-MSCs), and mammary progenitor cells (MPCs).

ESCs, as a source of sweat gland cell development in vivo, have advantages as seed cells in inducing sweat gland regeneration in vitro. Huang et al.79 used 3D bioprinting technology to construct a 3D ECM in vitro with gelatin/alginate hydrogel as bioink. At the same time, mouse ESCs, plantar dermis homogenate, and EGF were incorporated into 3D ECM to simulate the microenvironment of sweat gland development. Finally, the hydrogel was placed on the burn wound of a mouse paw. The 3D ECM containing the above-mentioned cells continuously and slowly synthesized and released EGF and BMP4. Meanwhile, under the action of plantar dermal cells, epidermal stem cells differentiated into sweat gland cells on the 14th day after transplantation. Due to their ability for self-renewal and multipotent properties, ESCs have broad prospects in therapeutic TE and regenerative medicine.195 Yao et al.196 used alginate/gelatin hydrogel as bioink and adopted a 3D bioprinting technique to mimic the regenerative microenvironment that directed the specific sweat gland differentiation of MSCs and ultimately guided the formation and function of glandular tissue. Their findings demonstrated that directed differentiation of MSCs into sweat glands in a 3D-printed matrix both in vitro and in vivo was feasible. Bioprinting MSCs successfully repaired the damaged sweat glands in vivo, suggesting that it can improve the regenerative potential of exogenous differentiated MSCs. Furthermore, they identified that CTHRC1 and Hmox1 were critical biochemical regulators for sweat gland specification; CTHRC1 and Hmox1 synergistically boosted the sweat gland gene expression profile (Figure 9).

BM-MSCs have been used in stem cell therapy to help wound healing and skin appendage repair.197,198 Previous studies have confirmed that BM-MSCs can differentiate into sweat gland-like cells in vitro and develop secretory function after transplantation in vivo.198–200 Another studies have cultured mouse BM-MSCs in a sweat gland development microenvironment constructed in vitro and found that cells aggregated and proliferated into clusters.201 The high expression of sweat gland-specific keratin and secretion-related genes was detected in cells. In vivo experiments have shown that the induced stem cells can promote the functional repair of sweat glands. The above experiments indicated that mouse BM-MSCs were successfully transformed into mouse functional sweat gland cells across lineages after being induced by the 3D bioprinted sweat gland microenvironment. Preliminary studies support a mechanism in which CTHRC1 protein in mouse foot homogenate activates the EDA-Shh signaling pathway of sweat gland development during induction.

Mammary glands and sweat glands are both secretory organs with the same origin and have similar structure and cell type.202 Studies have shown that mouse MPCs transplanted into salivary glands in mice can develop into salivary gland-like structures, indicating that differentiation of MPCs can be affected by changes in the microenvironment. Therefore, MPCs as a cell source have great potential in inducing sweat gland regeneration in vitro.203,204 Wang et al.205 explored the critical role of the engineered sweat gland microenvironment in reprogramming MPCs into functional sweat gland cells. They used a 3D sweat gland microenvironment composed of gelatin-alginate hydrogels and components from mouse sweat gland extracellular matrix proteins to reroute the differentiation of MPCs to study the functions of this microenvironment. MPCs were encapsulated into the artificial sweat gland microenvironment and were printed into a 3D cell-laden construct. Based on these results, MPCs encapsulated in the bioprinted 3D sweat gland microenvironment exhibited significant expression of the functional markers of mouse sweat glands. The differentiated mouse MPCs could regenerate sweat gland cells in the engineered sweat gland microenvironment in vitro. The Shh pathway was found to be correlated with changes in the differentiation. When the Shh pathway is inhibited, the expression of sweat gland-associated proteins in MPCs under the same induction environment is significantly reduced.

Although previous studies have successfully reprogrammed animal-derived stem cells into sweat gland cells using 3D bioprinting methods in vitro, their induction efficiency is relatively low. Transplantation rejection and the long-term safety of xenogeneic cells are the main obstacles that restrict the widespread application of sweat gland regeneration in clinic. The physical and chemical factors of the 3D sweat gland microenvironment constructed in vitro affects the efficiency of sweat gland regeneration, such as the hardness and degradation rate of the microenvironment. Therefore, identifying more suitable bioinks to simulate the microenvironment of sweat gland development is important.

Perspectives and challenges

3D bioprinting has the advantages of high resolution, flexible operation, repeatable printing, and high-throughput output. However, all technologies, including 3D bioprinting, suffer from certain limitations and pose challenges. First, there are still key technical problems that must be addressed in bioink: (1) Human skin has unique physical and mechanical characteristics, which makes it important to select biological materials corresponding to skin tissue characteristics in the process of skin 3D bioprinting. (2) The selected printing materials must be compatible with the 3D printing...
system. Due to shrinkage or decreased strength of these materials after printing, they cannot meet the use requirements of 3D bioprinting. (3) The mechanical strength of 3D bioprinted hydrogels is insufficient, and maintenance of structural stability after compression is difficult. Therefore, it is important to identify a superior gelation method to achieve rapid and stable gelation of the pregelatinized solution without affecting cell viability. The research status of 3D bioprinting for TES indicates that an ideal bioink remains to be identified. In future, the material composition of bioink can be further optimized, such as by the introduction of nanomaterials, to improve the regeneration of tissues or organs.

3D-bioprinted skin tissue constructs cannot simulate the precise structure of skin (such as blood vessels, nerves, and skin appendages). Currently, printing skin structures with highly developed vasculature remains challenging. Nerve regeneration of 3D-printed skin is a challenging but interesting topic. During the process of 3D-printed skin-induced neo-tissue formation, nerve regeneration is dependent on newly formed blood vessels. With a lack of blood supply, nerve regeneration is almost completely inhibited. Furthermore, Schwann cells play an important role in nerve regeneration. The roles of Schwann cells in promoting nerve regeneration include: (1) proliferation and aggregation to form a tubular structure similar to a “nerve conduit,” which induces the directional growth of nerve fibers, (2) synthesizing and secreting a large number of laminins, which promote nerve growth and can significantly accelerate the regeneration of class A nerve fibers, and (3) secretion of nerve growth factor and other neurotrophic factors to promote axon regeneration by upregulating the expression of neuronal cell adhesion molecules. Hence, Schwann cells, as a key cellular component in skin sensory nerve regeneration, are added to the 3D printed scaffold in vitro, which is a good method for the regeneration of 3D-printing skin sensory nerves.

**Figure 9.** Directed regeneration of sweat gland (SG) in thermal-injured mouse model after transplantation of induced SG cells (iSGCs): (a) schematic illustration of approaches for engineering iSGCs and transplantation, (b) sweat test of mice treated with different cells, (c) histology of plantar region without treatment and transplantation of MSCs and iSGCs (scale bars, 200 µm), (d) involvement of GFP-labeled iSGCs in directed regeneration of SG tissue in thermal-injured mouse model (K14, red; GFP, green; DAPI, blue; scale bar, 200 µm), and (e) SG-specific markers K14, K19, K8, and K18 detected in regenerated SG tissue (arrows) (K14, K19, K8, and K18, red; GFP, green; scale bars, 50 µm).

Source: Adapted with permission from Yao et al.
Finally, seed cells are also an important aspect to consider in 3D bioprinting technology. Stem cells have attracted a great deal of attention as an important source of tissue-engineered seed cells. Recent studies indicated that stem cells can play an important role in promoting skin appendage regeneration, wound healing, and tissue reconstruction. Stem cells have great potential in the field of TES, but ethical issues, costs, and technical requirements hinder the full use of stem cells. Although many studies have shown good prospects for the combination of 3D-printed skin and growth factors, research progress remains slow. There are a number of possible explanations for this: (1) growth factors are expensive and easy to deactivate, and have stringent storage, transportation, and production requirements, (2) the application and regulation of multiple growth factors remains challenging, and (3) the method of introducing growth factors into TE scaffolds involves a variety of chemical reagents, and their safety, effectiveness, and stability raise potential biosafety concerns. In addition, currently available 3D-printed skin is limited by long healing times and high cost. Although 3D bioprinting may significantly shorten healing time, cost should be considered.

The application of 3D bioprinting technology in the field of tissue repair and regeneration is feasible. The possibility of 3D bioprinting skin, thereby eliminating donor site morbidity associated with skin grafts, as well as creating in vitro tumor models such as malignant melanoma, could have significant health benefits. It is possible to study cell proliferation, metastasis and chemotherapy drug detection by recapitulating the skin and skin cancer microenvironment with 3D bio-printing. In the long term, 3D bioprinting, as a panacea, is able to directly print skin onto a wound caused by skin cancer excision, burns, could revolutionize the prognosis of patients. So far, research in this field has shown that 3D bioprinting will allow for accurate placement of all the various native skin cell types and precisely reproducible fabrication of constructs to replace injured or wounded skin. However, reproducing the structural integrity and functionality of native skin to allow wound repair, temperature control, and sensation is yet to be achieved. With the progress of related technologies and the exploration of multidisciplinary cooperation, 3D bioprinting is expected to overcome these obstacles and play an important role in bioengineering and skin bionics.

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Authors’ contributions

TW and XW designed the major structure of this review. TW and XW conducted the search on related literature. TW, WZ, PW, YX, MY, RJ, SX, JW, HC, and XW were involved in the literature review. All authors were involving in drafting the article or revising it critically for important intellectual content, and all authors approved the final version to be published. All authors read and approved the final manuscript.

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Availability of data and materials

All data or related information supporting the conclusions of the review is included in the article.

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