Selected Metals in Urban Road Dust: Upper and Lower Silesia Case Study

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Abstract: In this study, urban road dust (URD) samples were collected in two populated agglomerations of Wrocław and Katowice (Lower and Upper Silesia) in Poland. Both the total concentrations of URD-bound Mn, Ni, Cu, Zn, As, Rb, Ba, Cr, Mg, and Al and concentrations of their water-soluble fraction were determined. The contamination characteristics and health risk related to these elements were assessed. Contamination level assessment was done by Pollution Load Index (PLI), which indicated much higher pollution of Katowice agglomeration than Wrocław. The enrichment factor values (EF) showed that the most elements in both Katowice and Wrocław originated from anthropogenic sources. The calculations of geo-accumulation index (Igeo) showed that Zn and As are the key pollutants in Katowice; and in the Wrocław region, Cu, Zn, Cr, and Ni are. The principle component analysis (PCA) and correlation analysis provide information about the potential sources of metals. Additionally, a positive matrix factorization (PMF) was performed and four factors in PMF analysis were found and then interpreted by comparing to the source profiles. Three contamination sources were revealed: fossil fuel combustion, road traffic and industrial emissions. Although the main source of studied metals in Lower Silesia is road traffic, in Upper Silesia, domestic heating with the use of hard and brawn coal and industrial activity predominates. Human exposure to individual toxic metals through road dust was assessed for both children and adults. By calculating the average daily dose (ADD) via ingestion, inhalation, and dermal contact, it was found that ingestion and then dermal contact were the greatest exposure pathways for humans in Katowice and Wrocław. Children had greater health risks than adults. According to the health risk assessment, the overall non-carcinogenic risks in both urban areas was rather low. The only exception was As bound to urban road dust in Katowice agglomeration, which indicates risk for children when ingested. The total excess cancer risk (ECR) was also lower than the acceptable level (10⁴–10⁻⁴) for both adults and children, although ECR for Katowice was closer to this limit.

Keywords: street dust; heavy metals; health hazard; water-soluble; environmental mobility; road traffic; exhaust and non-exhaust emission

1. Introduction

Poland is one of the three countries with the worst air quality in Europe [1]. Thirty-three of the 50 most polluted European cities of fine particulate matter (PM2.5) are in Poland [2]. Most of them are located in the south of the country.

Many previous scientific papers focused on the chemical composition and origin of PM in various cities in Poland [3–10]. It has been proved that the problem with exceeding the limits of air
concentrations, including carcinogenic, potentially carcinogenic or toxic compounds results mainly from burning of fossil fuels. This problem is present all year round and applies to the whole of Poland. Although, the strongest impact is observed in the cold season (late autumn, winter and early spring) when energy consumption is the highest. In some regions of the country with the beginning of the heating season we can observe almost an immediate increase of PM concentrations and other priority pollutants in the air [7,11–13], which is a result of local emissions. In other regions, this effect is somewhat delayed as it is associated with direct impacts of local emission sources and with inflow of air masses from other parts of the country or agglomeration [14,15]. The impact of these emissions on the chemical composition of urban road dust (URD) in Poland has not been studied so far. Only a few Polish papers have focused on this issue in Poland [16–20].

Although URD studies have been widely conducted in many countries around the world [21–25], their purpose is mainly to assess the environmental and health impact of URD in densely populated urban areas. There is no doubt, that in the urban environment in Europe, the chemical composition of URD is determined by road traffic emissions [26–28]. Coarse dust from non-exhaust road traffic sources (e.g., abrasion of car components, brake pads, tires) on roads and streets is constantly mixed with elements of soil and mineral dust from the road abrasion and surrounding building elements. Then, URD could indicate metal pollution from atmospheric deposition [29]. At the same time, these particles are in constant contact with a mixture of volatile, semi-volatile, liquid and solid fine particles emitted along with gases from the exhaust pipes of cars. For this reason, the chemical properties of URD, although strongly variable in time and space, allow, under certain conditions and using specific models and/or properties of URD components (including correlations and/or relationships between specific compounds/elements), to assess basic sources of elements and persistent organic compounds in URD and, what is more important, identifying the main sources of air pollution in a specific area [30–33]. It was found that in some urbanized areas, the impact of other emission sources is so strong to overweight road traffic emissions, although the chemical composition of URD is dominated by road traffic emission [27,34–37]. This can be assessed by the observation of mutual relationships and registration of concentrations of those dust compounds and elements that are stable in the atmosphere.

The aim of this study was to evaluate the URD elemental composition in two regions of southern Poland—Upper and Lower Silesia. The sampling sites were selected in the urban agglomerations of Katowice and Wrocław, respectively. Both regions differ in hierarchy and participation of emission sources contributing to particulate matter in the air [7,9,38]. In Wrocław, traffic-related emissions are more important; in Katowice, municipal and industrial emissions predominate. The properties of URD in these agglomerations have not been studied so far. The changes in the hierarchy and participation of various emission sources influence the elemental composition and the environmental and health impact of URD. In addition, the participation of the mobile fraction of studied metals in URD was assessed as this is the fraction of studied elements which is easily extracted in water. The summer season was chosen for studies in order not to interfere with the winter season anomalies occurring for most of the year associated with the occurrence, especially in this part of Poland, of smog episodes [11]. It should be underlined that the URD we collected is not the same as ambient aerosol. Although, the metal sources associated with the ambient aerosol are the same as the metal sources in road dust. Generally, the contribution of specific sources of air pollution is more or less fixed and does not change dynamically over time. Therefore, the chemical composition of PM and URD is also more or less fixed and similar over longer periods of time. This allows to assess the environmental and health impact of URD. Such an approach can be also found in other papers e.g., Shi et al. [29], Han et al. [39], Li et al. [40] etc. In other case, many years of PM and road dust studies are recommended. Therefore, there is no difference if the data from short period of time or e.g., a year could be used since the conclusions will be related to the entire lifetime, etc. Within a 70-year period of average lifetime could happen 1 year or even several years where the physicochemical parameters of PM or road dust will differ from average results coming from many years of studies.
On the other hand, it is also assumed that in urban areas, the metal sources in PM and road dust are the same, and it can be said that PM is a metal source for road dust and vice versa [41]. Moreover, the analysis of carcinogenic exposure to metals in URD was done on water-soluble fraction of metals as it is known that this fraction comes mainly from the deposition of PM-bound metals [42].

2. Experiments

2.1. Sampling Organization

Sampling of URD was carried out in two large Polish urban agglomerations, in Katowice agglomeration (Upper Silesia) and Wrocław (Lower Silesia). A portable vacuum cleaner, fitted with the empty pre-weighed filter bag, was used to collect RD from road surfaces. In Katowice, we have chosen eight sites (K1-K8), and in Wrocław we selected nine sites (W1-W9); Figure 1. Each site was a separate research area, characteristic in terms of the environment and particularly in terms of the nearest type of neighbourhood with its separate PM sources. To exclude that URD sample was a random sample and to assure that it is representative for a larger area than the sampling point only, the collection of samples from one site consisted of six sub-samplings. In the case of sites located near roads, we took three samples on one side and another three samples on the opposite side of the road. The distance between points was about 20 m. In the case of sites located at intersections, we also took six samples: four located in the corners of the intersection, and the other two samples near the middle point. Additionally, sampling sites have been chosen in areas where PM emissions are determined by the burning of fossil fuels (of course this is also a certain simplification)—solid (and biomass)—Katowice, liquid—Wrocław. This has already been established in previous studies [43,44]. Moreover, the problem of insufficient intensity and frequency of cleaning roads and streets with dust has already been well known in Poland for years. In Wrocław, the largest streets are wet cleaned in summer and rainless periods once a week; in Katowice it is done less often. Thus, the material collected is more or less averaged over a longer period of time than the sampling period. In addition, the areas were selected where the intensity of road traffic is stable throughout the year, the density of land development and land use are also known. This means that large differences are not expected in the elemental composition of road dust throughout most of the year. The short periods after wet road cleaning and the winter season, when the roads are defrosted with special agents or sprinkled with sand are the exception. In these periods, an increased content of toxic or potentially carcinogenic metals in road dust due to road traffic is not expected. On the other hand, in the winter-heating season, the increased metal emissions associated with individual heating of houses in both locations can be observed. Thus, the optimal variant was chosen—the sampling period took place when road dust was relatively abundant (rainless, warm period), its composition was averaged over time (longer period without cleaning the road), but excluding time when it was heavily polluted by municipal emissions or when its composition was “diluted” by the addition of road salt or sand (winter, black ice).

The samples were taken on August 2018, on sunny days without rainfall. Altogether, 102 samples were taken from two areas of studies. The sampling was repeated at the same sites. Samples of URD, after being transported to the laboratory, were weighed then homogenized and dried and sieved through a 2 mm sieve. The samples were sieved through a 2 mm mesh in order to remove larger particles and debris. The whole mass of each of the 17 samples was weighed and 20 g of each sample was divided into two parts. Ten grams was mineralized, then digested solutions were used to determine the total metal content; the second part was used to prepare water extracts to assess the content of the water-soluble fraction of metals.
2.2. Extraction and Chemical Analysis

The water extraction of URD was as follows: Samples were mixed with synthetic fresh water in a 1:2 (v/v) ratio, kept in the dark for 1 h 25 min and finally centrifuged for 30 min at 300 rpm (SIGMA 2K15).
For determination of the total content of metals spectral purity, HCl, HNO₃ and HF were used (Suprapur; Merck Milipore). Prepared samples were digested in an Anton Paar Microwave 3000 oven (1200 W, 35 min). Along with water extracts and digests of URD, a suitable blank sample was prepared. Blank samples were subjected to metal content analysis together with other samples. Metal concentrations in blank samples were subtracted from the concentrations obtained for studied samples.

The content of Mn, Ni, Cu, Zn, As, Rb, Ba, Cr, Mg, and Al in water extracts and digests were determined with ICP-MS (Elan 6100 DRC-e Perkin Elmer).

The operating conditions were as follows: ICP RF power: 1125 W; nebulizer gas flow rate: 0.78–0.83 L/min; auxiliary gas flow: 1.15 L/min; plasma gas flow: 15 L/min; and sample flow rate: 1 mL/min. We measured all of the samples in triplicate. Certified multi-element standard stock solutions, Periodic table mix 1 and Transition metal mix 2 (Fluka), were used as calibration solutions.

The method was validated with two certified reference materials SRM 1643e (recovery in the range 95(Ni)–116%(Cr)) and SRM 1648a (recovery in the range 75(As)–127%(Cr)) both obtained from the National Institute of Standard and Technology (NIST). Detection limits: 0.151 μg/L for Al, Mg and Zn; 0.019 μg/L for As; 0.013 μg/L for Cr; 0.022 μg/L; 0.017 μg/L for Ni; 0.048 μg/L for Cu; and 0.003 μg/L for Rb; 0.010 μg/L for Ba.

To calculate the water solubility of each element, we defined the solubility of element x as follows:

\[
S = \frac{x_{WS}}{x_T} \times 100\%
\]

where:
- \(S\) — solubility (%),
- \(x\) — corresponding element,
- \(x_{WS}\) — concentration of water soluble fraction of element \(x\) (mg/kg),
- \(x_T\) — total concentration of element \(x\) (mg/kg).

### 2.3. Exposure Dose

Health risk assessment for the inhabitants of the agglomerations was carried out using the US EPA method [45]. The assessment includes exposure to the following elements: Cu, Ni, Zn, Cr, As, Mn, and Mg throughout the life of the average child as well as the average adult. It was assumed that the penetration of the above-mentioned elements can take place via the oral, inhalation and dermal routes. The formula assumes the exposure period of an adult as 70 years, and a child as 6 years. The environmental exposure was estimated on the basis of calculating the amount of harmful substance in which the organism comes in contact per day, calculated per 1 kg of body weight [46,47]. The exposure dose was determined according to the following formulas:

\[
ADD_{ing} = C \times \frac{\text{IngR} \times \text{EF} \times \text{ED}}{\text{BW} \times \text{AT}}
\]

\[
ADD_{inh} = C \times \frac{\text{InhR} \times \text{EF} \times \text{ED}}{\text{PEF} \times \text{BW} \times \text{AT}} \times 10^6
\]

\[
ADD_{derm} = C \times \frac{\text{SL} \times \text{SA} \times \text{ABS} \times \text{EF} \times \text{ED}}{\text{BW} \times \text{AT}}
\]

where:
- \(C\) — average metal concentration in road dust (mg/kg);
- \(\text{IngR}\) — value of daily accidental dust intake (mg/d);
- \(\text{InhR}\) — daily lung ventilation (m³/d);
- \(\text{EF}\) — contact frequency (d/year);
- \(\text{ED}\) — duration of contact (year);
- \(\text{BW}\) — average body weight (kg);
- \(\text{AT}\) — averaging period (d);
- \(\text{PEF}\) — particle emission factor (m³/kg);
SL—coefficient of dust adherence to the skin (mg/cm² × d);
SA—skin surface exposed to dust (cm²);
ABS—percutaneous absorption coefficient, unnamed quantity.
These parameters are shown in Table 1.

| Table 1. The parameters for calculation of the ADD based on literature data [48]. |
|-----------------------------------------------|
| Parameter | Adults | Children |
|-----------|--------|----------|
| IngR      | 200    | 100      |
| EF        | 180    | 180      |
| ED        | 70     | 6        |
| AT        | ED × 365 d/year = 70 year × 365 day | ED × 365 d/year = 6 year × 365 day |
| BW        | 70     | 15       |
| InhR      | 20     | 7.6      |
| PEF       | 1.39 × 10⁸ | 1.39 × 10⁸ |
| ABS       | 0.001  | 0.001    |
| SL        | 0.7    | 0.2      |
| SA        | 5700   | 2800     |
| ET        | 14     | 8        |

2.4. Non-Cancerogenic Health Risk

In order to assess non-carcinogenic health risk, hazard quotient (HQ) and hazard index (HI) were applied. The equations for HQ and HI are as follows:

\[ HQ = \frac{ADD}{RfD} \]  \hspace{1cm} (5)

\[ HI = \sum HQ \]  \hspace{1cm} (6)

Where,
ADD—ingestion, inhalation or dermal dose;
RfD—reference dose that is given in the Integrated Information Risk System (IRIS) [49,50] (Table 2). Exposure indicators have not been calculated for two elements: Rb and Al, because there is no data in the literature on the RfD value that is key to calculating the health risk hazard quotient.

If HQ has values higher than 1, it suggests that adverse effects on human health can occur, if value HQ is <1, there is no health risk. A similar rule is applied to HI values, if HI <1 there is no risk of health hazards [48].

| Table 2. The values of the reference doses (RfD) [48]. |
|-------------------------------|
| ng/kg × d | RfDing | RfDinh | RfDderm |
| Cu       | 4 × 10⁴  | 4 × 10⁴  | 1.2 × 10⁴ |
| Ni       | 2 × 10⁴  | 2 × 10⁴  | 5.4 × 10²  |
| Zn       | 3 × 10⁵  | 3 × 10⁵  | 6 × 10⁴   |
| Cr       | 3 × 10³  | 2.86 × 10³ | 6 × 10¹   |
| Mn       | 1.4 × 10⁵ | 1.4 × 10⁵ | 4 × 10³   |
| As       | 3 × 10²  | -       | 3 × 10⁰   |
| Mg       | 1.4 × 10⁵ | 1.4 × 10⁵ | -       |
| Ba       | 2 × 10⁹  | 14.3 × 10⁹ | 4.9 × 10³ |

2.5. The Assessment of Cancer Risk

In order to calculate the excessive risk of cancer development (ECR), the parameters for the penetration of substances by inhalation only were applied, this parameter cannot be calculated for all studied metals, because all are not carcinogenic. ECR has been calculated for the following metals: Cr, Ni and As. ECR can be calculated with the formula listed below [51]:
ECR = \frac{C \times ET \times EF \times ED \times IUR}{BW \times AT} \tag{7}

Where:
C—average metal concentration in road dust (water soluble) (mg/kg);
ET—exposure time (h/d);
EF—contact frequency (d/year);
ED—duration of contact (year);
IUR—slope factor (\mu g/m²);
BW—average body weight (kg);
AT—averaging period (d);

The IUR values of Cr, Ni and As are 0.012, 0.00024 and 0.0043, respectively [48]. The other parameters remained the same like for calculation of risk hazard quotient (HQ) and hazard index (HI). If the ECR ranges between 10^4–10^5, there is a low risk of cancer. According to IRIS, the carcinogenic risk was calculated for Cr, Ni and As. As chromium occurs in two persisting forms (Cr III and Cr VI), only Cr VI was considered to be carcinogenic, and based on IRIS recommendations it was assumed that it constitutes one-seventh of the total mass of chromium in road dust, since the ratio of Cr VI to Cr III is about 1:6 [52]. Water-soluble metal concentrations were used to calculate the carcinogenicity coefficients. The cancer risk was calculated for water soluble fraction only according to the assumption that this fraction is the most available in URD.

2.6. Statistical Methods

The data were analyzed using statistical methods. The calculations were performed using Python 3.7, with the following packages: Pandas [53], Matplotlib [54] and Seaborn [55], Orange Data Mining Toolbox [56], and using EPA Positive Matrix Factorization 5.0 [57].

Firstly, the relations between the measured values of the concentration of metals in RD were determined. Pearson’s coefficient of correlation was applied. The significance of the correlation was checked using t test for Pearson’s coefficient r with null hypothesis r = 0 and alternative hypothesis r ≠ 0.

Principal Component Analysis (PCA) was performed. This method helps to identify the main component explaining the variance in the sample. PCA is usually used in multivariate analysis of metal contamination of RD and soils [50,58–61]. To simplify the interpretation of the results, 10 parameters (total concentration of metals) were reduced to four components.

Besides PCA analysis, we also performed positive matrix factorization (PMF) [62] of sampling sites. The key difference between PCA and PMF is the assumption of the non-negativity of loadings in PMF. The factors found in PMF analysis can be interpreted by comparing them to the source profiles [59,63]. As a method of comparing PMF results with source profiles, we chose a cosine similarity, a measure of the cosine of the angle between two vectors representing profiles.

Then, pollution level at all sites was assessed using Pollution Load Index-PLI [64]. The PLI is defined as a geometric mean of contamination factors:

\[ \text{PLI}_{\text{site}} = \sqrt[k]{ \prod_{n=1}^{k} \text{CF}_n } \tag{8} \]

\[ \text{CF}_n = \frac{C_n}{B_n} \tag{9} \]

where \( C_n \) is the concentration of metal in RD, and \( B_n \) is the concentration in the background. Contamination factors for all 10 studied metals were calculated. As a background concentration, the upper-crust concentration values were taken into account [65]. If the PLI_{site} > 1, the site can be treated as polluted [66].
Pollution Load Index for Katowice and Wrocław (which is also defined as a geometric mean) was also defined but this time the PLI was calculated for sites located in Katowice and Wrocław according to the following formula:

\[
\text{PLI}_{\text{city}} = \sqrt[k]{\prod_{n=1}^{k} \text{PLI}_{\text{site},n}}
\]  

(10)

Similarly, the criterion of pollution load for an area, like a whole city, is \(\text{PLI}_{\text{city}} > 1\).

The Enrichment Factor (EF) in metals and Geoaccumulation Index \(I_{\text{geo}}\) are indicators used to assess the presence and intensity of anthropogenic contaminant deposition on surface soil or URD. We determined Enrichment Factors (EF) [67] for metals. EF is defined as a ratio of CF for given metal \(n\) and \(CF\) for reference metal.

\[
\text{EF}_n = \frac{C_n}{CF_n}
\]

(11)

One of the widely and successfully used reference elements is aluminum [68,69], thus, we also used aluminum. The value of EF can be ranked in five classes [61]. The description of the classes is provided in Table 3.

**Table 3.** Enrichment factor classes according to Yongming [61].

| Class of EF | Description          |
|-------------|----------------------|
| EF \(\leq 2\) | minimal enrichment   |
| \(2 < \text{EF} \leq 5\) | moderate enrichment |
| \(5 < \text{EF} \leq 20\) | significant enrichment |
| \(20 < \text{EF} \leq 40\) | very high enrichment |
| \(\text{EF} > 40\) | extremely high enrichment |

Afterwards, we evaluated the Index of geoaccumulation \(I_{\text{geo}}\) [70]. The index for the element \(n\) is defined as:

\[
I_{\text{geo},n} = \log_2 \left( \frac{C_n}{1.5B_n} \right)
\]  

(12)

The analysis of the formula above shows that \(I_{\text{geo}}\) is, in fact, a logarithm base 2 of \(CF\), thus, the rates of change of \(I_{\text{geo},n}\) with \(C_n\) are lower than that for \(CF_n\). The value of \(I_{\text{geo}}\) correspond to seven \(I_{\text{geo}}\) classes [71]. The classes are presented in Table 4.

**Table 4.** Classes of geoaccumulation index \(I_{\text{geo}}\) according to Müller [71].

| \(I_{\text{geo}}\) | \(I_{\text{geo}}\) Class | Description                |
|-----------------|-----------------------|---------------------------|
| \(I_{\text{geo}} \leq 0\) | 0 | Practically unpolluted |
| \(0 < I_{\text{geo}} \leq 1\) | 1 | Unpolluted to moderately polluted |
| \(1 < I_{\text{geo}} \leq 2\) | 2 | Moderately polluted |
| \(2 < I_{\text{geo}} \leq 3\) | 3 | Moderately to strongly polluted |
| \(3 < I_{\text{geo}} \leq 4\) | 4 | Strong polluted |
| \(4 < I_{\text{geo}} \leq 5\) | 5 | Strong to extremely polluted |
| \(I_{\text{geo}} > 5\) | 6 | Extremely polluted |

3. Results and Discussion

3.1. Road Dust Metal Concentration

The descriptive statistics of the studied metal concentrations in URD as well as concentrations of URD-bound water-soluble fraction of the metals are presented in Figure 2 and Figure 3. The elements in plots are ordered according to the median for concentrations both for the plot describing Katowice and Wrocław. The median concentration of total metal in URD in Katowice is ordered as
follows: Mg > Al > Mn > Zn > Ba > Cu > Cr > As > Ni > Rb, while in Wroclaw, the order is similar with one exception, Mg > Al > Mn > Zn > Ba > Cu > Cr > Ni > Rb > As. Concentrations of water-soluble fractions of elements are as follows: Mg > Mn > Ba > Zn > Cu > As > Cr > Rb > Ni > Al in Katowice, while in Wroclaw: Mg > Ba > Mn > Cu > Ni > Rb > Zn > Al > Cr > As. In general, concentrations of the studied metals in URD are lower in Wroclaw than in Katowice both for total and water-soluble fraction of metals.

**Figure 2.** The total concentration of metals in the URD (T-total). In the plot, the box represents the interquartile range, the median is marked with an orange line, and whiskers are from the minimum to maximum concentration.

**Figure 3.** The concentration of water-soluble metals in the URD (WS-water-soluble). In the plot, the box represents the interquartile range, the median is marked with an orange line, whiskers are from the minimum to maximum concentration.

The correlations between total element concentrations in the URD are presented in Tables 5 and 6. There are only six significant correlations between metals (at \( p = 0.1 \)) in Wroclaw, while in Katowice there are 15 correlations. At level \( p = 0.05 \), seven correlations in Wroclaw are significant and in Katowice 14; at level \( p = 0.01 \), four correlations in Wroclaw and two in Katowice. Strong correlations for Katowice agglomeration were observed between Cu and Zn, As, Ba, Al; between Zn and As, Ba, Mg and Al; between As and Ba, Mg and Al; between Ba and Mg and Al; between Mg and Al; and finally between Ni and Mg, which could be related with traffic pollution and industrial
activity in this region [72]. The number of strong correlations (0.01) for Wroclaw agglomeration is quite small as they were observed between Mn and Rb, between Ni and Mg, between Cu and Zn, between Ba and Cr, Al, and between Cr and Al, only which could be related to traffic pollution mainly [73].

Table 5. Correlation matrix of total concentrations of metals in URD in Katowice (T-total), correlations highlighted with orange are statistically significant at level \( p = 0.1 \), with yellow \( p = 0.05 \), with green \( p = 0.01 \).

| Element | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Rb-T | Ba-T | Cr-T | Mg-T | Al-T |
|---------|------|------|------|------|------|------|------|------|------|------|
| Mn-T    | 1.00 |      |      |      |      |      |      |      |      |      |
| Ni-T    | 0.36 | 1.00 |      |      |      |      |      |      |      |      |
| Cu-T    | 0.47 | 0.54 | 1.00 |      |      |      |      |      |      |      |
| Zn-T    | 0.39 | 0.60 | 0.95 | 1.00 |      |      |      |      |      |      |
| As-T    | 0.40 | 0.59 | 0.97 | 0.99 | 1.00 |      |      |      |      |      |
| Rb-T    | 0.08 | 0.55 | 0.38 | 0.62 | 0.55 | 1.00 |      |      |      |      |
| Ba-T    | 0.12 | 0.54 | 0.76 | 0.88 | 0.88 | 0.63 | 1.00 |      |      |      |
| Cr-T    | -0.33 | -0.28 | -0.35 | -0.34 | -0.41 | 0.03 | -0.59 | 1.00 |      |      |
| Mg-T    | 0.54 | 0.89 | 0.67 | 0.76 | 0.76 | 0.65 | 0.73 | -0.46 | 1.00 |      |
| Al-T    | 0.19 | 0.68 | 0.81 | 0.91 | 0.88 | 0.67 | 0.85 | -0.25 | 0.74 | 1.00 |

Table 6. Correlation matrix of total concentrations of metals in URD in Wroclaw (T-total), correlations highlighted with orange are statistically significant at level \( p = 0.1 \), with yellow \( p = 0.05 \), with green \( p = 0.01 \).

| Element | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Rb-T | Ba-T | Cr-T | Mg-T | Al-T |
|---------|------|------|------|------|------|------|------|------|------|------|
| Mn-T    | 1.00 |      |      |      |      |      |      |      |      |      |
| Ni-T    | 0.19 | 1.00 |      |      |      |      |      |      |      |      |
| Cu-T    | 0.11 | -0.15 | 1.00 |      |      |      |      |      |      |      |
| Zn-T    | 0.50 | -0.31 | 0.72 | 1.00 |      |      |      |      |      |      |
| As-T    | 0.64 | 0.62 | 0.27 | 0.33 | 1.00 |      |      |      |      |      |
| Rb-T    | 0.84 | -0.06 | 0.09 | 0.49 | 0.53 | 1.00 |      |      |      |      |
| Ba-T    | 0.47 | -0.08 | 0.10 | 0.48 | 0.32 | 0.27 | 1.00 |      |      |      |
| Cr-T    | 0.25 | 0.26 | -0.18 | 0.18 | 0.53 | 0.25 | 0.68 | 1.00 |      |      |
| Mg-T    | 0.02 | 0.82 | -0.25 | -0.32 | 0.58 | -0.19 | 0.28 | 0.66 | 1.00 |      |
| Al-T    | 0.27 | 0.07 | -0.28 | 0.20 | 0.33 | 0.09 | 0.20 | 0.80 | 0.92 | 0.53 |

The concentrations of elements in URD in this study were compared to different sites in the world (Table 7) [18,23–26,74–76]. Mn, Cr, Mg, Rb, Ba, and Al are crustal elements; Zn, As and Cu may originate from fuel combustion, traffic activities, domestic heating and industrial emissions; and Ni may derive from the large furnaces used to make alloys, power plants and trash incinerators [18,23–26,74–76]. Values in the table indicate that Cu-T (T-total concentration) concentrations in road dust in Poland are at a similar level (Katowice 175 mg/kg, Wroclaw 126 mg/kg, Radom 173 mg/kg, Warsaw 109 mg/kg). Definitely, lower Cu-T concentration was recorded for example in Tokat (Turkey), where the lowest concentration of Cr-T was also noted. A higher level of Cr-T and Ni-T was recorded in Greece (Cr 187 mg/kg, Ni 96 mg/kg) than in Poland. Zn-T is an element whose highest concentration was observed in Katowice and the lowest in Tokat. This element is connected with anthropogenic emission sources such as industrial emissions. It is transmitted as a result of engine oil usage, and it is present in fuel, engine lubricants and anti-wear additives [77]. In Katowice, the highest concentrations of Mn-T and As-T were also noted (Table 7). Mn is a ubiquitous environmental heavy metal and it is an essential element for living organisms. Although, as a result of vehicle emissions, the deposition of Mn on the road may result in its incorporation into street dust [78]. As is commonly present in road dust, their anthropogenic sources are mostly road traffic, mining, smelting, refining, waste incineration, and fossil fuel combustion [79]. As concentrations of some elements were the highest in Katowice agglomeration, it suggests a strong influence of industrial activities and traffic in this region.
Table 7. Total metal concentrations in URD in Poland and in selected places in the world (the average values) (T-total) (mg/kg).

| Country | City        | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Rb-T | Ba-T | Cr-T | Mg-T | Al-T | References |
|---------|-------------|------|------|------|------|------|------|------|------|------|------|------------|
| Poland  | Katowice    | 1619 | 34   | 175  | 2683 | 109  | 9    | 162  | 106  | 21,015| 22,370| this study |
| Poland  | Wroclaw     | 258  | 50   | 126  | 153  | 3    | 10   | 84   | 77   | 6700  | 5133  | this study |
| Greece  | Thessaloniki| 529  | 96   | 526  | 671  | 13   | -    | -    | 187  | 9500  | 29,200|           |
| Australia | Sydney     | 48   | 15   | 160  | 850  | -    | -    | -    | 65   | -     | -     |           |
| China   | Beijing     | 55,373| 32  | 83   | 280  | 5    | -    | -    | 92   | -     | -     |           |
| Turkey  | Tokat       | 285  | 65   | 29   | 63   | -    | -    | -    | 30   | -     | -     |           |
| England | New castle  | -    | 26   | 132  | 421  | -    | -    | -    | -    | -     | -     |           |
| Iran    | Teheran     | 1176 | 31   | 203  | 791  | -    | -    | -    | 31   | -     | -     |           |
| Poland  | Lublin      | -    | 27   | 66   | 202  | -    | -    | -    | 53   | -     | -     |           |
| Poland  | Radom       | -    | 37   | 173  | 515  | -    | -    | -    | 65   | -     | -     |           |
| Poland  | Warszawa    | -    | -    | 109  | 348  | -    | -    | -    | -    | -     | -     |           |
The water-soluble fraction of Mn, Zn, As, Ba, Mg, in URD was higher for Katowice than Wroclaw agglomeration (Table 8). All these metals could be related to emissions from road traffic, the state of the roads, and industrial activities, but also other sources [11,80]. Comparing the results of the water-soluble fraction of metals in URD-bound in Upper and Lower Silesia with the results from other sites (for example from Hungary, UK, Greece or China), it can be stated that the range of their solubility is not very significant [27,28,37,81]. The exception is Al; average solubility of Al in dust originating from Greece is 70%, while in Katowice it is 0.0% (Table 8). The large differences are also observed when comparing solubility of Zn in dust samples from the UK and China with samples from Upper and Lower Silesia (UK 60%, China 40%, Katowice 3%, Wroclaw 4%; Table 8).
Table 8. The water-soluble fraction of metals in URD in Poland and in the selected places in the world (the average values) (WS—water-soluble) (%).

| Country   | City                  | Mn-WS | Ni-WS | Cu-WS | Zn-WS | As-WS | Rb-WS | Ba-WS | Cr-WS | Mg-WS | Al-WS | References |
|-----------|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------------|
| Poland    | Katowice              | 52    | 27    | 17    | 3     | 31    | 90    | 51    | 15    | 86    | 0.0   | this study |
| Poland    | Wroclaw               | 26    | 16    | 27    | 4     | 82    | 66    | 58    | 8     | 65    | 0.1   | this study |
| Greece    | Thessaloniki          | 12    | 15    | 10    | 10    | 90    | -     | 20    | 30    | 30    | 70    | [27]       |
| China     | Beijing               | 30    | 30    | 20    | 40    | 40    | -     | -     | 10    | -     | 2     | [37]       |
| Hungary   | Tihany (Lake Balaton) | 5     | 32    | 13    | 12    | 19    | -     | -     | 17    | -     | -     | [28]       |
| UK        | Edinburgh             | 38    | 10    | 45    | 60    | 63    | -     | -     | 13    | -     | -     | [81]       |
3.2. The Origin of URD in Katowice and Wroclaw Agglomerations

Major Component Analysis (PCA) is a technique used to highlight variability and extract strong patterns in a data set. PCA was performed for samples from Katowice and Wroclaw (total metal content in URD). We have found that in both cases the four main components can explain over 90% of the variance of the concentrations (Tables 9,10). The first main component (PC1) accounted for 65% of the variance in the Katowice agglomeration and it was dominated by Zn, As, Ba, Mg, and Al. This component is probably therefore attributed to anthropogenic and lithogenic sources. PC1 dominant elements were also strongly correlated with each other (p = 0.01; Table 5). Generally, similar relationships are observed for dust from industrial emissions and coal combustion. Especially, the presence of As in the Upper Silesian Agglomeration is strongly connected with emissions from coal combustion, which influences the chemical composition of dust or particulate matter (PM) [38,82]. The second component (PC2) accounted for 13% variance and was only explained by the high-Mn charge (Table 9). It seems that PC2 can be interpreted as a representative of road traffic emissions. The third factor (PC3) accounted for 9% of variance with the following components, Mn, Ni and Cu, suggesting the impact of industrial activities and oil combustion processes. However, Ni correlations with the majority of the elements are not conclusive. Probably PC3 like PC2 may also represent traffic emissions, but in the case of PC3, it seems that it may contribute more to non-exhaust emission. The last factor (PC4) explained 8% of the variance only through Ni.

On the other hand, in Wroclaw agglomeration, the first component (PC1) explained 40% of variance and was dominated by As, Ba, and Cr, which is probably attributed to non-exhaust road traffic emission (Table 10); this is mainly proved by the correlation of As and Cr, but also the correlation of Cr with the crustal elements, Table 6. It cannot be excluded that PC1 can be explained by mixed emissions from coal combustion and road traffic. The second factor (PC2) accounted for 17% of the variance and was explained by Ni and Mg high factor loadings. The third factor (PC3) was responsible for 16% of variance with Ni and As. Both PC2 and PC3 may be related to industrial emission and/or crude oil combustion. The last factor (PC4) explained 11% of variance by Cu only. It is almost certain that PC4 could contribute to exhaust emissions from road traffic in Lower Silesia [73,83].

| Component | PC1 | PC2 | PC3 | PC4 |
|-----------|-----|-----|-----|-----|
| Mn-T      | 0.172 | 0.587 | 0.507 | -0.307 |
| Ni-T      | 0.297 | -0.033 | 0.442 | 0.363 |
| Cu-T      | 0.349 | 0.109 | -0.141 | -0.442 |
| Zn-T      | 0.377 | -0.060 | -0.121 | -0.265 |
| As-T      | 0.375 | 0.011 | -0.173 | -0.252 |
| Rb-T      | 0.261 | -0.495 | 0.254 | 0.196 |
| Ba-T      | 0.353 | -0.083 | -0.381 | 0.205 |
| Cr-T      | -0.181 | -0.569 | 0.400 | -0.529 |
| Mg-T      | 0.352 | 0.084 | 0.324 | 0.282 |
| Al-T      | 0.358 | -0.236 | -0.091 | -0.069 |

Total variance explained: 65% for Katowice, 78% for Wroclaw.
Table 10. PCA components for Wroclaw sites, components with loading above 0.35 are in bold.

| Component | PC1  | PC2  | PC3  | PC4  |
|-----------|------|------|------|------|
| Mn-T      | 0.345| −0.274| 0.204| −0.395|
| Ni-T      | 0.196| 0.359| 0.528| 0.060|
| Cu-T      | 0.023| −0.399| 0.224| 0.632|
| Zn-T      | 0.200| −0.500| −0.024| 0.297|
| As-T      | 0.404| −0.016| 0.423| 0.071|
| Rb-T      | 0.278| −0.339| 0.128| −0.512|
| Ba-T      | 0.380| −0.091| −0.390| 0.168|
| Cr-T      | 0.425| 0.173| −0.256| 0.095|
| Mg-T      | 0.294| 0.455| 0.159| 0.219|
| Al-T      | 0.388| 0.160| −0.436| −0.013|

Total variance explained | 40% | 67% | 83% | 94% |

The results of PCA analysis—four components—resolves the dependencies in the sampling sites, however, some of the loadings are negative. In order to obtain additional information about sources of URD, we performed PMF. We decided, similarly like in PCA, to find four factors. The results of PMF were compared with profiles available in source apportionment for Europa [63] using the cosine similarity. As a result, a cosine of the angle between two vectors was found. The higher cosine, the lower the angle between vectors. We chose profiles with similarity higher than 0.95 i.e., when the angle is lower than 0.32 radians. We took under consideration only sources which had all of the elements we have measured (Supplementary Material Tables S1 and S2).

On the basis of the obtained results, it is obvious that it is not possible to clearly assign the emission sources to suitable factors. However, it is possible to refer to source profiles which are already defined [63] and to compare the results with the conclusions from PCA analysis (Tables 9 and 10). First of all, it should be underlined that only profiles that consisted of the same elements which were identified in our URD samples from Katowice and Wroclaw were taken into account for the analysis of factors similarity (from the PMF analyzes and the form profiles present at source apportionment for Europa [63]. However, these profiles comprised of other elements also. Therefore, the obtained PMF results should be interpreted with caution. For example, factor 1 of elemental profile in Katowice had a similarity with the profile of the marine aerosol (Supplementary materials, Table S1). It is obvious that the marine aerosol had no effect on the composition of the URD in Katowice, because the Baltic Sea is located about 500 km north of this sampling area (winds prevailing in Poland are from southern directions). The “marine aerosol” profile from source apportionment for Europa [63] consisted of elements identified in our URD, but also sodium (40%) among others. This element was not assessed in the present study. Hence, the similarity of factor 1 in Katowice with marine aerosol is accidental. However, the second profile related with factor 1 in Katowice seems to confirm the fact that in this city industrial emissions are the main source of metals in URD and PM. The profiles related with factors 2–4 suggest that metals in URD are associated with industrial emissions (e.g., power plant, iron ore converter complex, industrial combustion, coke gas (and coal)). It can also be noticed that, as in the case of PCA analysis, factor 3 is similar to the emission profile of burned coal pellets. This proves the relation of metals in URD with low municipal emissions in Katowice. Factor 2 shows similarities with the profiles of emissions from coal combustion in the energy sector—a small coal boiler and power plant. However, the most probable (best matching factor with profile) is that factor 2 is associated with the metals release in URD from the road surface and mineral dust and soil. The same conclusions could be made from PCA analysis. Although, also in this case, it should be taken into account that source profiles, apart from metals assessed in our study, contained also other elements e.g., silicon, calcium, organic matter or iron (ranged from a few to even 40% of its mass) [41].

In the first factor calculated for metals in URD from Wroclaw, the similarities with profiles typical for road dust (industrial road, near by works, urban road, poor state of pavement) could be noticed; (Supplementary materials, Table S2). Therefore, it seems that PCA results suggesting the association of URD in Wroclaw mainly with non-exhaust road traffic emission and crustal/mineral matter are right. In Wroclaw, as in Katowice, similarity was found in PMF analysis of the factors 2–4.
with the profiles of industrial emissions and emissions from coal combustion. The profiles related in Wroclaw with factor 4 are related with factor 1 in Katowice, while those related with factor 2 in Katowice are more or less the same as those related with factor 3 in Wroclaw; similar profiles are also related with factor 4 in Katowice and factor 2 in Wroclaw. Therefore, if it is assumed that the sources and profiles are actually assigned to these factors, it can be simplified that industrial emissions had the largest participation in Katowice and the lowest in Wroclaw. The most important emission in Wroclaw was typical of non-exhaust emission sources and soil dust; this type of emission was on the second place in Katowice. In this agglomeration, emission from coal burning in domestic furnaces clearly consists of one distinguished factor, which confirms the earlier conclusions about the origin of metals in URD in both cities.

3.3. Assessment of Heavy Metals Pollution Level

3.3.1. Pollution Load Index (PLI)

The Pollution Load Index was calculated for sites based on total concentrations of 10 elements. The results are provided in the Figure 4. All sites in Katowice have a PLI higher than 1 and all sites in Wroclaw have a PLI lower than 1. The geometric mean PLI calculated for eight sites in Katowice and nine sites in Wroclaw was 1.79 and 0.67 respectively. In general, Wroclaw seems to be significantly less polluted than Katowice, according to a PLI. Probably the presence of abandoned industrial companies and coal-fired houses contributed significantly to the highest values of PLI obtained for Katowice agglomeration [11,38,84]. Even the contaminants deriving from former, abandoned industries could influence the URD composition.

![Figure 4. The PLI values for K1–K8 (Upper Silesia) and W1–W9 (Lower Silesia).](image)

3.3.2. The Enrichment Factor (EF)

The enrichment factors were calculated for all sites and total concentration of particular metals. As a reference element, Al was used. We adopted a profile for the upper continental crust and therefore the profile representing quite generally and broadly the upper crust composition. The results are presented in Figure 5. Only at one site in Katowice region the EF of Mn has moderate enrichment. At other sites, it ranges from significant enrichment to extremely high enrichment, while in the Wroclaw regions (Lower Silesia), only significant enrichment of URD in Mn is observed; no extremely high enrichment was observed, suggesting that Wroclaw agglomeration may experience low anthropogenic influence compared to Katowice region. Results of EF for Ni show a different pattern. Sites located in Wroclaw reveal very high to extremely high enrichment while in Katowice from minimal enrichment to very high enrichment (Figure 5). The content of Ni in URD might suggest that both areas can be related to emission from human activities such as the metallurgical industry, commercial centers and plants [39,40]. URD is similarly enriched in Cu both
in Katowice and Wroclaw, suggesting the influence of traffic on both regions [82,85]. The case of Zn is similar to that of As; all samples collected in Katowice are extremely highly enriched, while in Wroclaw there are sites with less enriched URD. Zn and As are also related to various human activities, mainly with fossil fuels combustion [39,40]. The results in Figure 5 suggest that there are weak anthropogenic sources of Rb and Ba in both Polish locations. The enrichment factors for URD in Cr in Katowice (except one site) and in Wroclaw vary in the same range (from significant enrichment to extremely high enrichment), however, it seems that there are more sites with very high enrichment in Wroclaw than in Katowice. Probably this is the result of presence and demolition of the Fe-Cr slag heap in the Wroclaw agglomeration as this type of waste was left after a smelter closed near Wroclaw and it was used for road construction purposes. The EF of Mg suggests significant enrichment at all sites, both in Katowice and Wroclaw.

|   | Mn | Ni | Cu | Zn | As | Rb | Ba | Cr | Mg | Al |
|---|----|----|----|----|----|----|----|----|----|----|
| K1 | ◙  | ◙  | ●  | ●  | ●  | ○  | ○  | ○  | ○  | ○  |
| K2 | ◙  | ◙  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| K3 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ○  | ○  | ○  |
| K4 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| K5 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| K6 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| K7 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| K8 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W1 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W2 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W3 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W4 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W5 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W6 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W7 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W8 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |
| W9 | ●  | ○  | ●  | ●  | ●  | ○  | ○  | ●  | ○  | ○  |

Figure 5. The enrichment factors (EFs) for URD samples from all studied sites in Upper and Lower Silesia. The ○ symbol represents minimal enrichment, ◙ represents moderate enrichment, ●—significant enrichment, ◯—very high enrichment, ◙—extremely high enrichment.

3.3.3. Geoaccumulation Index Igeo

The geoaccumulation index (Igeo) was also calculated for both regions. Mn, Zn, As, Cr, and Mg have higher Igeo classes in Katowice than in Wroclaw, while for Ni, higher Igeo classes are observed in Wroclaw (Figure 6). The values of Igeo indicate no pollution of Mn, Mg, and Al in Wroclaw and Rb and Ba in Katowice. The geoaccumulation index class of Zn and As in a few Katowice sites is 6,
i.e., these sites are extremely polluted by Zn and As. In Upper Silesia, Zn and As are typical markers of coal combustion [38].

Figure 6. Heatmap with $I_{geo}$ classes of all elements in 17 sites from Upper and Lower Silesia, Poland.

3.4. The Assessment of Health Risk

3.4.1. Exposure Dose

Health risk assessment is closely related to the exposure dose introduced via oral (ing), inhalation (inh) or dermal (derm) route (Tables 11 and 12). Our studies have shown that the largest amounts of URD-bound metals are absorbed via oral route (maximum dose was obtained for Mg in Katowice for children—Average Daily Dose (ADD)$_{\text{ing}}$ $1.4 \times 10^5$ ng/kg·d), as shown in Table 11. It was also observed that dust is minimally absorbed by inhalation (the minimum dose was recorded for Ni in Katowice for adults—ADD$_{\text{inh}}$ $1.7 \times 10^{-3}$ ng/kg·d). There were also differences in exposure within adults and children. ADD for children via oral route was almost two times higher than adults.

For example, ADD$_{\text{ing}}$ for Mn ranged from $1.3 \times 10^3$ to $4.2 \times 10^3$ ng/kg·d for adults and from $3 \times 10^3$ to $9.8 \times 10^3$ ng/kg·d for children. However, when comparing dermal exposure pathway is the highest for adults: for example, ADD$_{\text{derm}}$ for Mn ranged from $2.6 \times 10^1$ to $8.3 \times 10^1$ ng/kg·d for adults and from $1.7 \times 10^{-1}$ to $5.5 \times 10^1$ ng/kg·d for children.

Similar observations were recorded by other studies [27,86]. Children are the most exposed health risk group as ADD via oral and inhalation route is about two times higher in children than adults, while the opposite trend was observed when analyzing the dermal route, in this case adults are the most endangered group [27,86].
Table 11. Ranges (minimum—maximum) (T—total concentration of element) of Average Daily Dose (ADD) via oral, inhalation, and dermal routes for Katowice agglomeration (ng/kg-d).

|        | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Ba-T | Cr-T | Mg-T |
|--------|------|------|------|------|------|------|------|------|
| Adults |      |      |      |      |      |      |      |      |
| ADDing | 1.3 × 10⁻⁴ to 4.2 × 10⁻³ | 2.3 × 10⁻³ | 5.5 × 10⁻³ | 6.6 × 10⁻³ | 1.7 × 10⁻³ | 1.6 × 10⁻³ | 6.1 × 10⁻⁴ to 3.4 × 10⁻² | 3.1 × 10⁻² |
| ADDi inh | 9.4 × 10⁻¹ to 3 × 10⁻¹ | 1.7 × 10⁻¹ to 3.2 × 10⁻³ | 3.3 × 10⁻¹ to 4.8 × 10⁻³ | 4.7 × 10⁻¹ to 6.4 × 10⁻³ | 9.6 × 10⁻¹ to 1.7 × 10⁻² | 1.2 × 10⁻¹ to 2.1 × 10⁻² | 1.2 × 10⁻¹ to 2.6 × 10⁻² | 4.4 × 10⁻¹ to 7.7 × 10⁻² |
| Adult derm | 2.6 × 10⁻¹ to 3.8 × 10⁻¹ | 4.6 × 10⁻¹ to 6.2 × 10⁻¹ | 9.2 × 10⁻¹ to 1.2 × 10⁻¹ | 1.3 × 10⁻¹ to 1.8 × 10⁻¹ | 5.1 × 10⁻¹ to 7.6 × 10⁻¹ | 3.3 × 10⁻¹ to 1.3 × 10⁻¹ | 1.2 × 10⁻¹ to 3.7 × 10⁻¹ | 2.1 × 10⁻¹ to 4.4 × 10⁻¹ |
| ADDi ng | 8.3 × 10⁻¹ to 9.8 × 10⁻¹ | 3.0 × 10⁻¹ to 4.0 × 10⁻¹ | 5.4 × 10⁻¹ to 6.5 × 10⁻¹ | 1.1 × 10⁻¹ to 1.5 × 10⁻¹ | 3.4 × 10⁻¹ to 5.4 × 10⁻¹ | 3.0 × 10⁻¹ to 4.0 × 10⁻¹ | 1.2 × 10⁻¹ to 2.5 × 10⁻¹ | |
| Children |      |      |      |      |      |      |      |      |
| ADD inh | 1.6 × 10⁻¹ to 5.3 × 10⁻² | 3.0 × 10⁻² to 8.2 × 10⁻² | 2.6 × 10⁻² to 1.1 × 10⁻¹ | 1.1 × 10⁻¹ to 2.1 × 10⁻¹ | 2.1 × 10⁻¹ to 7.7 × 10⁻¹ | 7.7 × 10⁻² to 1.4 × 10⁻¹ | 7.8 × 10⁻² to 1.4 × 10⁻⁻⁸ |
| ADD derm | 1.7 × 10⁻¹ to 5.5 × 10⁻² | 3.0 × 10⁻² to 8.4 × 10⁻² | 8.7 × 10⁻² to 2.2 × 10⁻¹ | 2.1 × 10⁻¹ to 7.9 × 10⁻¹ | 7.9 × 10⁻¹ to 1.4 × 10⁻⁸ |

Table 12. Ranges (minimum—maximum) (T—total concentration of element) of Average Daily Dose (ADD) via oral, inhalation, and dermal routes for Wroclaw agglomeration (ng/kg-d).

|        | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Ba-T | Cr-T | Mg-T |
|--------|------|------|------|------|------|------|------|------|
| Adults |      |      |      |      |      |      |      |      |
| ADDing | 2.4 × 10⁻⁴ to 6 × 10⁻³ | 4.2 × 10⁻³ to 6.8 × 10⁻³ | 5.3 × 10⁻³ to 3.2 × 10⁻² | 1.2 × 10⁻² to 6.9 × 10⁻³ | 2.9 × 10⁻² to 1.7 × 10⁻¹ | 7.5 × 10⁻² to 2.9 × 10⁻¹ | 5.3 × 10⁻² to 6 × 10⁻¹ |
| ADDi inh | 10⁻¹ to 4.3 × 10⁻² | 3.0 × 10⁻² to 4.9 × 10⁻² | 3.8 × 10⁻² to 2.3 × 10⁻² | 8.5 × 10⁻² to 4.7 × 10⁻² | 2.1 × 10⁻² to 4.7 × 10⁻² | 1.2 × 10⁻² to 4.3 × 10⁻² | |
| Adult derm | 4.8 × 10⁻¹ to 1.2 × 10⁰ | 8.4 × 10⁻¹ to 1.3 × 10⁰ | 1.1 × 10⁻¹ to 6.5 × 10⁰ | 2.4 × 10⁻¹ to 1.4 × 10⁻¹ | 5.9 × 10⁻¹ to 3.3 × 10⁻¹ | 1.5 × 10⁻¹ to 5.8 × 10⁻¹ | 1.4 × 10⁻¹ to 3.3 × 10⁻¹ |
| ADDi ng | 5.6 × 10⁻¹ to 1.4 × 10⁰ | 9.8 × 10⁻¹ to 1.6 × 10⁰ | 1.2 × 10⁻¹ to 7.6 × 10⁰ | 2.8 × 10⁻¹ to 1.6 × 10⁻¹ | 6.9 × 10⁻¹ to 3.9 × 10⁻¹ | 1.7 × 10⁻¹ to 6.8 × 10⁻¹ | 1.4 × 10⁻¹ to 3.8 × 10⁻¹ |
| Children |      |      |      |      |      |      |      |      |
| ADD inh | 3.1 × 10⁻¹ to 7.6 × 10⁻² | 5.3 × 10⁻² to 8.7 × 10⁻² | 6.7 × 10⁻² to 4.1 × 10⁻² | 1.5 × 10⁻² to 8.8 × 10⁻² | 3.8 × 10⁻² to 2.1 × 10⁻² | 9.6 × 10⁻³ to 2.1 × 10⁻³ | 7.7 × 10⁻³ to 7.7 × 10⁻³ |
| ADD derm | 3.1 × 10⁻¹ to 5.5 × 10⁻¹ | 6.9 × 10⁻¹ to 4.2 × 10⁻¹ | 1.5 × 10⁻¹ to 9 × 10⁻² | 3.9 × 10⁻¹ to 2.2 × 10⁻¹ | 9.8 × 10⁻¹ to 3.8 × 10⁻² | 7.2 × 10⁻¹ to 2.1 × 10⁻² | 7.9 × 10⁻¹ to 2.1 × 10⁻² |

3.4.2. Non-Cancerogenic Health Risk Assessment

The results clearly indicate that the greatest health risk is caused by URD penetrating through the digestive tract (in this case HQ had the highest values), as shown in Tables 13 and 14. It is clear because HQ values are results of the exposure dose (Tables 13 and 14). The hazard quotient values decrease as follows: HQing > HQderm > HQinh both for adults and children and both in Katowice and Wroclaw. The overall hazard index HI values for studied metals are rather low and in most cases, HI value does not exceed 1 (is in the range 0–1 × 10⁻³). These results indicate a low harmfulness of WORD-related metals to human health in Katowice and Wroclaw. One exception is As in URD from Upper Silesia. The HI result for As in Katowice for children is 1.3 × 10⁻², which indicates harmful effects on human health, especially for children. In URD samples from Wroclaw, no metal has HI value greater than 1. In general, both HQ and HI values are lower for URD samples from Lower Silesia than in the URD samples from Upper Silesia (Tables 13 and 14).
Table 13. Ranges of Hazard Quotient and Hazard Index for adults and children for Katowice agglomeration (T—total concentration of element).

|     | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Ba-T | Cr-T | Mg-T |
|-----|------|------|------|------|------|------|------|------|
| HQ  | 9.3 × 10⁻⁴ | 1.2 × 10⁻³ | 1.4 × 10⁻³ | 2.2 × 10⁻⁴ | 1.2 × 10⁻³ | 8.2 × 10⁻⁴ | 2.7 × 10⁻³ | 7.6 × 10⁻³ |
| HQd | 3.0 × 10⁻⁴ | 4.1 × 10⁻³ | 1.6 × 10⁻² | 4.5 × 10⁻³ | 4.0 × 10⁻³ | 1.5 × 10⁻² | 1.1 × 10⁻³ | 4.4 × 10⁻³ |
| inh | 1.2 × 10⁻⁶ | 1.2 × 10⁻⁷ | 1.2 × 10⁻⁷ | 3.2 × 10⁻⁸ | 1.3 × 10⁻⁷ | 3.6 × 10⁻⁸ | 8.6 × 10⁻⁸ | 3.2 × 10⁻⁸ |
| HQd | 7.3 × 10⁻⁴ | 1.2 × 10⁻³ | 7.7 × 10⁻³ | 2.2 × 10⁻⁴ | 8.4 × 10⁻⁵ | 6.8 × 10⁻⁵ | 2.0 × 10⁻⁵ | 2.0 × 10⁻⁵ |
| HId | 2.9 × 10⁻⁴ | 3.1 × 10⁻³ | 1.1 × 10⁻² | 4.4 × 10⁻³ | 2.8 × 10⁻³ | 1.5 × 10⁻² | 1.1 × 10⁻² | 1.1 × 10⁻² |
| HId | 6.1 × 10⁻⁴ | 2.8 × 10⁻³ | 5.0 × 10⁻² | 9.4 × 10⁻³ | 2.1 × 10⁻² | 1.2 × 10⁻² | 6.4 × 10⁻² | 6.0 × 10⁻² |
| HQ  | 7.5 × 10⁻⁴ | 2.7 × 10⁻³ | 2.7 × 10⁻³ | 6.9 × 10⁻⁵ | 1.3 × 10⁻⁴ | 5.8 × 10⁻⁵ | 4.7 × 10⁻⁵ | 5.4 × 10⁻⁵ |
| HId | 1.1 × 10⁻⁷ | 9.6 × 10⁻¹ | 3.8 × 10⁻² | 1.0 × ¹⁰ | 1.3 × 10⁻¹ | 2.6 × 10⁻¹ | 3.1 × 10⁻¹ | 3.1 × 10⁻¹ |

Table 14. Ranges of Hazard Quotient and Hazard Index for adults and children for Wroclaw agglomeration (T—total concentration of element).

|     | Mn-T | Ni-T | Cu-T | Zn-T | As-T | Ba-T | Cr-T | Mg-T |
|-----|------|------|------|------|------|------|------|------|
| HQ  | 1.7 × 10⁻⁴ | 2.8 × 10⁻³ | 1.3 × 10⁻³ | 3.9 × 10⁻⁴ | 2.1 × 10⁻³ | 3.7 × 10⁻⁴ | 1.8 × 10⁻³ | 4.3 × 10⁻³ |
| HQd | 4.3 × 10⁻⁴ | 7.2 × 10⁻³ | 1.7 × 10⁻² | 4.9 × 10⁻³ | 8.3 × 10⁻³ | 9.7 × 10⁻³ | 1.2 × 10⁻³ | 1.2 × 10⁻³ |
| inh | 1.2 × 10⁻⁴ | 1.5 × 10⁻³ | 1.1 × 10⁻² | 2.8 × 10⁻³ | 1.4 × 10⁻² | 1.4 × 10⁻² | 3.1 × 10⁻² | 3.1 × 10⁻² |
| HQd | 3.0 × 10⁻⁷ | 5.2 × 10⁻³ | 1.2 × 10⁻² | 2.7 × 10⁻³ | 3.3 × 10⁻³ | 8.3 × 10⁻³ | 1.0 × 10⁻² | 2.0 × 10⁻³ |
| HId | 4.2 × 10⁻⁴ | 1.1 × 10⁻³ | 2.1 × 10⁻⁴ | 1.0 × 10⁻⁴ | 4.7 × 10⁻⁴ | 6.7 × 10⁻⁴ | 2.0 × 10⁻⁴ | 2.5 × 10⁻⁴ |
| HId | 4.2 × 10⁻⁴ | 1.1 × 10⁻³ | 3.2 × 10⁻⁴ | 2.7 × 10⁻⁴ | 5.3 × 10⁻⁴ | 1.3 × 10⁻⁴ | 4.3 × 10⁻⁴ | 6.1 × 10⁻⁴ |
| HId | 1.4 × 10⁻⁴ | 1.3 × 10⁻¹ | 1.5 × 10⁻⁴ | 4.5 × 10⁻⁴ | 9.7 × 10⁻⁴ | 3.4 × 10⁻⁴ | 5.9 × 10⁻⁴ | 5.9 × 10⁻⁴ |

3.4.3. Cancer Risk Assessment

Results of the excess cancer risk (ECR) calculations are presented in tables 15 and 16. The highest ECR (2.2 × 10⁻⁵–2.4 × 10⁻⁷) was recorded for As, for children living in Katowice while the lowest ECR (for children 5.2 × 10⁻¹⁰, 1.1 × 10⁻⁷) was recorded for Ni, for children in Katowice also. None of obtained values were higher than 10⁻⁶, which indicates that there is no serious risk of cancer. However, it was observed that ECR values for URD from Katowice are closer to the permissible limit (10⁻⁶) than those in Wroclaw (Tables 15 and 16).

In general, the cancer risk due to URD should be estimated taking into account PAHs. They are obviously components in collected samples as URD involves both elemental and organic carbon. The estimates presented in this work are lower estimates.

What is interesting, the comparison made with other studies for URD and PM species suggest that the increase of ECR for Upper Silesia population was recorded in both cases, thus the simplified approach presented in this paper could be justified [41,87].

Table 15. Excess cancer risk for Katowice (WS—water-soluble fraction of studied element).

| Element | Group | Ranges |
|---------|-------|--------|
| As-WS   | Adults| 2.2 × 10⁻⁵–2.4 × 10⁻⁷ |
|         | Children| 5.0 × 10⁻⁶–5.5 × 10⁻⁸ |
4. Conclusions

The present study demonstrated the distribution, possible sources of selected elements Mn, Ni, Cu, Zn, As, Rb, Ba, Cr, Mg, and Al; and environmental and health risk assessment of urban road dust (URD) in two city agglomerations: Wroclaw (Lower Silesia) and Katowice (Upper Silesia). In general, the total content of metals in URD were higher in Katowice than in Wroclaw. Pollution Load Index (PLI) indicates that all sites in Katowice region are more severely polluted by studied elements than Wroclaw region. The results of enrichment factor (EF) of URD samples from Katowice showed Zn and As were the main anthropogenic origin pollutants in URD. URD from Katowice was from very highly to extremely highly enriched with Cu and minimally to extremely high enriched with Mn, Cr, Mg, and Ni. The EF factor for Wroclaw agglomeration indicated Cu as a main anthropogenic pollutant in URD, then Ni, Zn and As showed from very high to extremely high EF. URD in Wroclaw was minimally to extremely highly enriched with Mn, Cr, Mg, Rb, Ba, and Al, which are typical crustal elements in URD both in Katowice and Wroclaw. The mean values of $I_{geo}$ for Katowice region suggest that Zn and As are the main pollutants, while in the Wroclaw region, there are Cu, Zn, Cr, and Ni. According to the pollution indices, Zn, As and Cu are the primary pollution elements in both regions, probably originated from fuel combustion, traffic activities, domestic heating, and industrial emissions. Additionally, the potential origins of Cu were alloys corrosion in vehicle covers and components, or other materials and metallic surfaces. The principle component analysis (PCA) and correlation analysis provide important information about the potential sources of the elements in URD, which was supported by the results obtained for a positive matrix factorization (PMF) as four factors in PMF analysis were found and interpretation was done by comparing them to the source profiles available at source apportionment for Europa [63]. Two main emission sources of URD-bound metals were identified: road traffic (both exhaust and non-exhaust) and domestic/industrial combustion of fossil fuels. The first one is most important for the shape of elemental composition of URD in Lower Silesia; the second for elemental composition of URD in Upper Silesia.

The health risk analysis shows that intake of the contaminated urban road dust particles was the major pathway of exposure to the metals (oral route) for the children and the adults in both agglomerations, then through dermal contact. The health exposure expressed by the health risk hazard quotient decreases: HQing > HQdurm > HQinh. However, the overall hazard index is rather low, which suggests a low harmfulness of the URD for human health in both Katowice and Wroclaw agglomerations. The only exception is URD-bound As in Katowice agglomeration, which indicates the great health impact of this metal when ingested by children.

The trend of excess cancer risk (ECR) was similar in both adults and children: As > Cr (VI) > Ni in Katowice and Wroclaw. All the values were within safe limit as they were under the range limit of $10^{-5}$, which means that URD did not produce a serious carcinogenic risk. Although again the values from Katowice agglomeration were closer to limit values.

To summarise, the elements content in URD from typical urban sites in Upper Silesia were relatively higher than in urban sites in Lower Silesia. It is due to the influences of domestic heating
with the use of hard and brawn coal and industrial activity. The main source of metals in road dust in Lower Silesia region is heavy road traffic. It was demonstrated that stationary combustion of fossil fuels is probably a more effective source of toxic and potentially toxic metals than fuel combustion in mobile sources.

Finally, it must be underlined that the environmental risk of metals in URD also depends on their speciation in the URD and contribution of different size particles. According to foreign studies [88], nearly one half of street dusts may become re-suspended into the air with the wind and about 10% street dust enter into the respiratory system. However, such studies have never been conducted in Poland. That is why the analysis of carcinogenic exposure to metals in URD was done on water-soluble fraction of metals, as it is known that this fraction comes mainly from the deposition of PM-bound metals.

Supplementary Materials: The following are available online at www.mdpi.com/xxx/s1, Table S1. PMF factors for Katowice sites; Table S2. PMF factors for Wroclaw sites.

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