Oxycodone versus sufentanil in adult patient-controlled intravenous analgesia after abdominal surgery

A prospective, randomized, double-blinded, multiple-center clinical trial

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Abstract

Background: A randomized controlled trial was performed to compare analgesic effects and adverse effects of oxycodone and sufentanil in patient-controlled intravenous analgesia (PCIA) after abdominal surgery under general anesthesia.

Methods: Adult patients undergoing elective abdominal surgery were randomly allocated into oxycodone and sufentanil groups according to the randomization sequence. Study personnel, health-care team members, and patients were masked to the group assignment throughout the study period. Oxycodone (0.1 mg/kg for endoscopy; 0.15 mg/kg for laparotomy) or sufentanil (0.1 μg/kg for endoscopy; 0.15 μg/kg for laparotomy) was administrated at the end of surgeries. Postoperative pain was controlled using PCIA. Bolus dose was 2 mg and 2 μg for oxycodone and sufentanil group, respectively. The lockout time was 5 minutes for all patients, and there was no background infusion for oxycodone group, whereas 0.02 μg/kg/h background infusion was administrated in sufentanil group. The primary outcomes were the total analgesic doses in PCIA, effective bolus times, the length of first bolus since patients returning to ward from postanesthesia care unit (PACU), rescue analgesic rate in PACU, numeric rating scales, functional activity scores, and patients' satisfaction scores.

Results: A total of 200 patients were screened, and 175 patients were enrolled. Patients were randomly assigned to oxycodone (n=87) and sufentanil (n=88) groups. Both oxycodone and sufentanil PCIA provided adequate postoperative pain relief. Patients in oxycodone group showed a shorter consciousness recovery time after surgery. The major adverse effect in patients from oxycodone group was nausea/vomiting, whereas multiple adverse complications including nausea/vomiting, pruritus, and respiratory depression were observed in patients from sufentanil group. Patients from oxycodone group showed significantly reduced analgesic drug consumption (calculated as equivalent dose of morphine), functional activity scores, and patient satisfaction scores.

Discussion: Compared with sufentanil PCIA, oxycodone PCIA showed better analgesic effects, lower incidence of adverse complications, and less analgesic drug consumption during postoperative pain management.

Abbreviations: BIS = bispectral index, BP = noninvasive blood pressure, ECG = electrocardiogram, FAS = functional activity score, HR = heart rate, NRS = numeric rating scales, PACU = postanesthesia care unit, PCIA = patient-controlled intravenous analgesia, SpO2 = pulse oximetry.

Keywords: abdominal surgery, oxycodone, patient-controlled intravenous analgesia, sufentanil
1. Introduction

Acute postoperative pain is one of the major challenges for anesthesiologists, surgeons, and patients despite the common concern and advancements in pain management strategies in recent years. In America, approximately 86% patients suffered from pain after surgery and 75% of these patients had moderate/extreme pain during the immediate postsurgical period, with 74% still experiencing these levels of pain after discharge.[1] Although there were no national data reported, Wang and Lin[2] found that 86.3% patients experienced moderate or severe pain after orthopedic surgeries in Beijing, illustrating the poor postoperative analgesia in China. Morphine is widely used in Europe and North America, sufentanil and fentanyl are more popular in China in postoperative analgesia by anesthesiologists because of their quicker onset of action and less adverse effects especially respiratory depression and postoperative nausea and vomiting.[3] Because of the shorter half-life of fentanyl and sufentanil (0.5 and 1.5 hours, respectively), continuous infusion dose is usually needed in patient-controlled intravenous analgesia (PCIA) after surgeries, which may increase the risk of respiratory depression when compared with the demand-only infusion PCIA.[4] Moreover, both fentanyl and sufentanil are potent agonists for μ-opioid receptors and have little effects on κ-opioid receptor, which has been confirmed to be the major opioid receptor involved in the visceral pain.[5,6] Therefore many patients complain about vague, diffuse, and poorly defined discomfort, although PCIA is used after abdomen surgeries.[7]

Oxycodone is a semisynthetic baine derivative opioid receptor agonist, which has been in clinical used since 1917.[8] Unlike morphine, fentanyl, and sufentanil, which are full agonists of μ-opioid receptor, oxycodone binds to both μ- and κ-opioid receptors, although its affinity to κ-opioid receptor is relatively lower.[9] Considering the pivotal role of κ-opioid receptors in visceral pain attenuation, it is reasonable to deduce that oxycodone may provide better acute postoperative analgesia (improved analgesia effect, higher patient satisfaction, and less side effects) when compared with pure μ-opioid receptor agonists such as fentanyl and sufentanil, which, however, is controversial in clinical practice.[10-14]

In the present study, sufentanil and oxycodone were administered as PCIA for 48 hours to patients undergoing abdominal surgeries under general anesthesia, respectively, and their analgesia effects, analgesic consumption, adverse complications, and degree of satisfaction were compared.

2. Materials and Methods

2.1. Study design

The trial was registered at www.chictr.org.cn (ChiCTR-IOR-17013515). This study was approved by the clinical research ethics committees from all 3 hospitals (2017015; 201707; 20170416). Written informed consent was obtained from each of the patients. Pain management was conducted following established before the anesthesia.

Total intravenous general anesthesia was conducted in this study. General anesthesia was induced with 0.05mg/kg midazolam, 0.4 μg/kg sufentanil, 0.2mg/kg etomidate, and 0.2mg/kg cisatracurium. During the operation, the maintenance doses of propofol and remifentanil (0.1–0.3 μg/kg/min) were adjusted to keep BIS between 45 and 60, and hemodynamic alteration between 20% compared to the baseline BP. The maintenance infusion rate of cisatracurium was 2 μg/kg/min.

Infusion of cisatracurium was terminated 30 minutes before the end of surgery, and 0.5 mg/kg ketorolac tromethamine, 0.1 mg/kg dexamethasone, and 0.1 mg/kg tropisetron were given intravenously to the patients. Oxycodone (0.1 mg/kg for endoscopy procedures; 0.15 mg/kg for laparotomy procedures) or sufentanil (0.1 μg/kg for endoscopy procedures; 0.15 μg/kg for laparotomy procedures) was administrated intravenously at the end of surgery. PCIA was given to the patients immediately at the end of surgery. Bolus dose was 2 mg and 2 μg each time for patients in oxycodone and sufentanil group, respectively. The lockout time was 5 minutes for both of groups. There was no continuous infusion for oxycodone groups, whereas 2mL/h (0.02 μg/kg/h) continuous infusion was administrated to patients in sufentanil groups.

Patients were transferred into postanesthesia care unit (PACU), and extubation was performed when patients recovered from anesthesia. Postoperative pain was evaluated with numeric rating
scales (NRS) 5 minutes after extubation by an anesthesiologist or nurse who was unaware of patient’ allocation. Bolus dose (2 µg sufentanil or 2 mg oxycodone injection) was given to the patients immediately if NRS was >3. The procedures could be repeated 5 minutes later until NRS <4. PACU discharge was decided by the responsible intensivists according to the Steward scores.

Postoperative follow-up in wards was performed by an anesthesiologist or a nurse who was unaware of patient allocations. Postoperative cumulative analgesic doses delivered, time for the bolus administration, NRS, and adverse complications were documented. The upper limit of bolus dose was 10 mg oxycodone or 10 µg sufentanil within 1 hour. If the consumptive analgesia drugs reached the limit and patients still felt pain, responsible anesthesiologist was then contacted, and alternative rescue analgesia should be administrated and recorded. The overall satisfaction was measured as follows: very poor (1 point), poor (2 points), moderate (3 points), good (4 points), and excellent (5 points). When SpO2 was <90% and respiration rate was <10 breath/min, it was documented as respiratory depression.

2.5. Outcomes

Outcome assessment was completed by research remembers who were trained before the study and not involved in the clinical care of the patients. The primary outcomes were the total postoperative analgesic doses patient used (calculated as the equal dose of morphine), postoperative effective bolus times pressed by patients, the length of first bolus since patients returning to ward from PACU, rescue analgesic dose need in PACU, NRS scores, functional activity score (FAS), and patients’ satisfaction for PCIA. The secondary outcomes included recovery length from anesthesia after surgery, length of stay in PACU, side effects especially respiratory depression, and postoperative nausea and vomiting (PONV) and FAS.

2.6. Statistical analysis

In our preliminary study, PACU rescue analgesia rates in oxycodone and sufentanil groups were 39% and 42.11%, respectively. There was 20% to 33% decrease in VAS score with respect to previous studies,[14] so we calculated the sample size based on a mean difference of 30% in NRS score between the 2 groups with 2-tailed α = 0.05 and β = 80%, total sample size required was 56 patients (23 patients per group), calculated with the SAS software (SAS Institute Inc, Cary, NC). Considering the potential difference caused by different surgery types (endoscopy/laparotomy), patient number for each group was increased to 46. Take into account a dropout rate of approximately 25%, we planned to enroll 60 patients for each group.

Statistical analysis was performed using Graphpad Prism 6.0 software (Graphpad software Inc, La Jolla, CA). Data were presented as mean ± SD. Data were tested for Gaussian distribution (Anderson-Darling test). Numeric variables were analyzed by unpaired t test (if data were Gaussian distribution) or Wilcoxon rank-sum test (if data were not Gaussian distribution). Categorical variables were analyzed with the χ² test. The value of P < .05 was taken as significant difference.

3. Results

As shown in Figure 1, 200 patients were screened in our study between April and November 2017; of these 175 patients were enrolled and randomly allocated into oxycodone group (n = 87) and sufentanil group (n = 88). During the study period, there were

Figure 1. Trial profile. Data analysis included all patients in the groups to which they were randomly assigned. CRF = case report form, PCIA = patient-controlled intravenous analgesia.
Consciousness recovery time, min 13.68 ± 13.47

Comparison of recovery, postoperative analgesia, and side effects in postanesthesia care unit.

Comparison of demographic data in patients.

|                | Sufentanil | Oxycodeone | P     |
|----------------|------------|------------|-------|
| Age, y         | 50.12 ± 10.54 | 47.75 ± 9.67 | .20   |
| Sex (F/M)      | 49/8       | 55/8       | .83   |
| BMI            | 23.84 ± 3.15 | 24.05 ± 2.66 | .71   |
| Types of procedures | 29/27  | 31/33     | .85   |

Length of anesthesia, min 158.20 ± 65.85

Length of incision, cm 9.49 ± 6.49

Sufentanil consumption in surgery, µg 27.21 ± 6.99

BMI = body mass index.

no lapses in the binding. Anesthesia drugs were modified in 18 patients because of adverse events such as hypertension and unexpected arrhythmia or surgeon requests. The other dropout reasons included unexpected termination of PCAI after surgery due to equipment dysfunction/intravenous line problem (14 patients), patients’ allergy during procedures (5 patients), transferring into intensive care unit (3 patients), incomplete case report form (12 patients), and hemorrhage during operations (3 patients). Therefore, 63 patients in oxycodone group and 57 patients in sufentanil group were included in the final data analysis.

There was no significant difference in demographic data including age, sex, BMI, types of procedures, length of anesthesia, length of incision, or sufentanil consumption during surgery between sufentanil and oxycodone group (P > .05, Table 1).

The consciousness recovery time in patients from oxycodone group was significantly shorter than that in patients from sufentanil group (P < .05, Table 2). However, there was no difference in extubation time between patients from oxycodone and sufentanil groups (P > .05). Both oxycodone and sufentanil provided adequate analgesia for most of patients in PACU (NRS < 4). For those patients need rescues analgesia, 1 bolus infusion was enough to achieve satisfied postoperative pain control, no significant difference in rescues analgesia rate in PACU was observed between oxycodone and sufentanil groups (P > .05, Table 2). There was no difference in either length between extubation and discharge from PACU, or PACU staying time between sufentanil and oxycodone groups (P > .05, Table 2).

Nausea and vomiting were observed in patients from both groups, but no difference was observed (P > .05, Table 2). Pruritus and respiratory depression in PACU was only observed in sufentanil but not in oxycodone group; however, there was no statistical difference between these 2 groups (P > .05, Table 2).

We analyzed demand bolus times, analgesic dose consumption of PCAI, and FAS after surgery in wards. The median demand bolus times in oxycodone group within 24 hours after surgery was 0.86, which increased to 2.08 in patients from sufentanil group; however, no statistical difference was observed (P > .05, Table 3). Twenty-four to 48 hours after surgery, median demand bolus times between oxycodone and sufentanil groups became similar (0.48 vs 0.45, P > .05, Table 3). Taken together, there was no statistical difference in total demand bolus times between oxycodone and sufentanil groups after surgery (P > .05, Table 3). Compared with sufentanil group, patients from oxycodone group consumed significantly less analgesic dose for PCAI when calculated as equal dose to morphine (P < .05, Table 4). Similarly, patients from oxycodone group showed higher FAS in wards when compared with that from sufentanil group (P < .05, Table 4). Patients from both groups were satisfied for the PCAI; however, the satisfaction scores in sufentanil group were significantly lower when compared with those patients from oxycodone group (P > .05, Table 4).

We further compared the length of first demand bolus infusion in wards since patients were discharged from PACU. Patients from oxycodone group showed much longer median length (250 minutes) when compared with patients in sufentanil group (90 minutes, P < .05, Table 5).

Respiratory depression was observed in 1 patient from sufentanil group within 3 hours after surgery, whereas no respiratory depression was observed in patients from oxycodone group (Table 6). Nausea and vomiting were observed in patients from all of groups, and there was a higher incidence rate in nausea and vomiting in patients from sufentanil group when compared with those patients from oxycodone group after 3, 24, and/or 48 hours after surgery (P < .05, Table 6). Pruritus was observed in patients from both sufentanil and oxycodone groups after surgery; however, we did not observe any statistical difference (P > .05, Table 6).

4. Discussion

In this study, patients undergoing endoscopy were given 0.1 mg/kg oxycodone or equal dose of sufentanil (0.1 µg/kg) at the end of surgery, similar to previous studies. In our preliminary study, 0.1 mg/kg oxycodone could not provide adequate transition analgesia for patients undergoing laparotomy (data not shown), 0.15 mg/kg oxycodone or 0.15 µg/kg sufentanil was thereby administrated, which was similar with a previous study, although the surgeries were different. As expected, both

|                | Sufentanil | Oxycodeone | P     |
|----------------|------------|------------|-------|
| Consciousness recovery time, min | 13.68 ± 13.47 | 6.75 ± 5.72 | .001 |
| Extubation time, min | 17.96 ± 15.53 | 18.76 ± 13.83 | .77   |
| PACU staying time, min | 41.56 ± 25.28 | 39.60 ± 23.49 | .66   |
| Length between extubation and discharge from PACU, min | 23.59 ± 15.62 | 20.85 ± 13.75 | .31   |
| Rescues analgesia rate in PACU (%) | 14(24.1%) | 12 (18.8%) | .53   |
| Nausea and vomiting in PACU | 8 (13.8%) | 4 (6.2%) | 1.95 |
| Pruritus in PACU | 3 (5.3%) | 0 (0.0%) | .10   |
| Respiratory depression in PACU | 1 (1.8%) | 0 (0.0%) | .47   |

PACU = postanesthesia care unit.
Oxycodone and sufentanil provided satisfied transition analgesia, which was consistent with previous studies. Interestingly, the recovery of consciousness from general anesthesia in oxycodone group was significantly quicker; however, there was no difference in exhalation time and PACU staying time between oxycodone and sufentanil groups, which may be induced by discrepant understanding and practice habitation between nurses or doctors responsible in PACU, especially in different hospitals. After returning to wards, both oxycodone-PCIA and sufentanil-PCIA provided adequate postoperative pain analgesia (NRS < 4). However, patients undergoing endoscopy required less demand bolus in oxycodone group. This could be ascribed to the fact that oxycodone effectively alleviated visceral pain, a type of nociceptive pain that comes from the internal organs and is usually induced by mechanical strain, spasm, ischemia, and inflammation. Oxycodone binds to both mu- and kappa-opioid receptors and alleviated not only somatic but also visceral pain, consequently showing higher therapeutic efficacy in acute postoperative pain after abdominal surgery. This was further confirmed by less FAS in patients from oxycodone group. After surgery, coughing is essential for keeping lungs clear, preventing pneumonia, and the acceleration of patients’ recovery. However, many patients refuse to breathe deeply and cough because of postoperative pain. In this study, patients from oxycodone group showed less hesitation for coughing due to the milder postoperative pain, demonstrating that oxycodone could provide more effective motion pain control.

The impressing part of this study was that sufentanil was associated with far more doses delivered in PCIA when compared with oxycodone, which was consistent with previous study. This was ascribed to 2 possible explanations. Firstly, continuous infusion was used in patients administrated with sufentanil-PCIA, whereas patients with oxycodone-PCIA used demand-only infusion. In recently published guideline of postoperative analgesia, demand-only infusion PCIA was recommended due to the potential association between adverse complications and continuous opioid infusion especially respiratory depression. In China, sufentanil instead of morphine is the most commonly used opioid analgesic in PCIA; however, it is not suitable for demand-only infusion due to its short half-life of clearance. Consequently, patients needed to redose frequently. In our preliminary study, demand-only sufentanil PCIA was applied; however, the intervals between bolus analgesia were too short (approximately 1 hour), which severely interfered patients’ recovery and rest especially in the evening, consequently reduced patients’ satisfaction for PCIA. Continuous sufentanil provided less hesitation for coughing due to the milder postoperative pain, demonstrating that oxycodone could provide more effective motion pain control.

### Table 3
Comparison of patient-controlled intravenous analgesia times between groups.

| PCIA periods | Sufentanil | Oxycodone |
|--------------|------------|-----------|
|              | P25    | P50    | P75    | P25    | P50    | P75    |
| 24 h         | 0.19   | 2.08   | 5.20   | 0.01   | 0.86   | 3.96   | .19    |
| 48 h         | 0.00   | 0.48   | 1.50   | 0.00   | 0.45   | 1.61   | .79    |
| Total        | 0.21   | 2.56   | 7.20   | 0.19   | 2.00   | 5.42   | .46    |

PCIA = patient-controlled intravenous analgesia.

### Table 4
Comparison of analgesic dose, functional activity score, and satisfaction scores between groups.

| Groups       | FAS in wards | Analgesic dose of PCIA | Satisfaction scores |
|--------------|--------------|------------------------|---------------------|
|              | 12 h         | 24 h                   | 48 h                | (equal to morphine, mg) |                          |                          |
| Sufentanil   | 2.05±0.74    | 1.82±0.63              | 1.53±0.60           | 116.96±18.42          | 4.33±0.83                |
| Oxycodone    | 1.33±0.51    | 1.21±0.45              | 1.10±0.34           | 6.19±7.26             | 4.84±0.37                |
| P            | <.001        | <.001                  | <.001               | <.001                 | <.001                    |

FAS = functional activity score, PCIA = patient-controlled intravenous analgesia.

### Table 5
Comparison of first bonus analgesia in wards between groups.

| Groups   | P25 | P50 | P75 | P   |
|----------|-----|-----|-----|-----|
| Sufentanil | 27.5| 90.0| 284.0| .02*|
| Oxycodone  | 87.5| 250.0| 645.0|

### Table 6
Comparison of patient-controlled intravenous analgesia adverse complications in wards between groups.

| Side effects                | Sufentanil | Oxycodone | P   |
|-----------------------------|------------|-----------|-----|
| Nausea (3 h)                | 15 (26.3%) | 4 (6.9%)  | .003*|
| Nausea (24 h)               | 18 (31.6%) | 3 (4.8%)  | <.001*|
| Nausea (48 h)               | 9 (15.8%)  | 2 (3.1%)  | .02  |
| Vomiting (3 h)              | 11 (19.3%) | 1 (1.6%)  | .001*|
| Vomiting (24 h)             | 10 (17.5%) | 1 (1.5%)  | .003*|
| Vomiting (48 h)             | 6 (10.5%)  | 1 (1.6%)  | .09  |
| Respiratory depression (3 h)| —          | —         | —    |
| Respiratory depression (24 h)| —        | —         | —    |
| Respiratory depression (48 h)| —      | —         | —    |
| Pruritus (3 h)              | 4 (7.0%)  | 1 (1.6%)  | .30  |
| Pruritus (24 h)             | 2 (3.5%)  | 1 (1.6%)  | .92  |
| Pruritus (48 h)             | 2 (3.5%)  | 0 (0.0%)  | .22  |

PCIA = patient-controlled intravenous analgesia.
infusion PCA was thereby used in this study, which unavoidably increased analgesic dose consumption during PCA. The equivalent dose converting between parenteral morphine and oxycodone is variable, with a suggested ratio of 0.65 to 1.5.\textsuperscript{[21-23]}

In this study, the ratio of 1 was chosen on the assumption that 1 dose of oxycodone may be equivalent to morphine according to the recently published literature.\textsuperscript{[23]} Another possible explanation was that the analgesic effects of oxycodone could last longer than sufentanil. In this study, we compared the first bolus dose length since patients returning back to wards from PACU, and the median length in patients from oxycodone group was almost 3-fold longer than that from sufentanil group, indicating that oxycodone could provide longer intervals between bolus analgesia, thereby reducing bolus dose requirement and consumption of analgesics, consequently increased patients’ satisfaction for postoperative analgesia.

The higher sufentanil delivery dose increased adverse complications. Respiratory depression, one of the most concerned anesthesia-related adverse complications after surgery, was observed in patients from sufentanil but not oxycodone group, indicating that oxycodone may be safer than sufentanil in PCA. This was mainly caused by less oxycodone dose consumption in PCA in relative to sufentanil due to their different delivery patterns. However, another possible explanation was that, patients from sufentanil group may require more bolus dose because of their discomforted feeling of visceral pain, leading to the overdose of sufentanil, consequently inducing respiratory depression. The high dose consumption in sufentanil also induced higher adverse complications such as nausea and vomiting. However, in a prior study, Wang et al\textsuperscript{[24]} found that oxycodone-PCA induced similar side effects when compared with sufentanil. The difference may be induced by distinct PCA models between these 2 studies. In Wang’s study, no background infusion was used in sufentanil-PCA, thereby reduced analgesic dose consumption, consequently showed less side effects. In another study performed in patients after cesarean section,\textsuperscript{[24]} patients accepted oxycodone-PCA showed less nausea when compared with sufentanil-PCA, which was consistent with our study. Nausea and vomiting is a concerned issue in PCA because it severely reduced the patients’ satisfaction for PCA. In this study, standard preventive treatments were used and the incidence rate of nausea was approximately 35\% in sufentanil groups, which is similar to previous studies.\textsuperscript{[25]} However, incidence rate of nausea and vomiting in patients from oxycodone was much lower, illustrating an important advantage of oxycodone in the management of postoperative pain.

One of the limitations in this study was that the study was performed in one province of China. Previous studies have shown that there was a significant interindividual variation in the need for oxycodone for sufficient analgesia\textsuperscript{[13]}; therefore, difference in the analgesia effects for postoperative pain between oxycodone and sufentanil may be narrowed. Further evaluation and study about oxycodone for PCA should be conducted in a clinical trial across whole China to reveal the various responses to oxycodone/sufentanil PCA in Chinese population.

In conclusion, our study demonstrated that demand-only oxycodone PCA could provide comparable effects for postoperative pain relief compared with continuous sufentanil infusion PCA in patients, with better motion pain control, and less cumulative analgesic dose consumption and adverse complications. We therefore concluded that oxycodone may be useful as an alternative to sufentanil PCA after abdominal surgery.

Author contributions

LH and YS contributed to study design, project administration, data analysis, and manuscript preparation; SX, XD, KD, QL, and JL contributed to study conduction and data collection; JL contributed to patients’ randomization and allocation, data input, and statistical analysis; SL contributed to the project supervision, study design and administration, data analysis, manuscript preparation, and revision.

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