Bose-Hubbard ladder subject to effective magnetic field: quench dynamics in a harmonic trap

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Motivated by a recent experiment with optical lattices that has realized a ladder geometry with an effective magnetic field (Atala et al., Nature Physics 10, 588 (2014)), we study the dynamics of bosons on a tight-binding two-leg ladder with complex hopping amplitudes. This system displays a quantum phase transition even without interactions. We study the non-equilibrium dynamics without and with interactions, in the presence of a harmonic trapping potential. In particular we consider dynamics induced by quenches of the trapping potential and of the magnitude of the rung hopping. We present a striking “slowing down” effect in the collective mode dynamics near the phase transition. This manifestation of a slowing down phenomenon near a quantum phase transition can be visualized unusually directly: the collective mode dynamics can be followed experimentally in real time and real space by imaging the atomic cloud.

I. INTRODUCTION

The wavefunction of a charged quantum particle moving in a magnetic field along a closed trajectory acquires a complex phase determined by the magnetic flux penetrating the enclosed area. An artificial magnetic field can be designed for neutral particles by arranging for the wavefunction to acquire the appropriate amount of phase when the particle moves in space. This manner of creating artificial gauge fields [1] [2] have been realized with photons [3] and in several cold atom setups, both in the continuum [4–6] and in optical lattices [7–13]. In an optical lattice, a magnetic field can be mimicked using effective complex hopping amplitudes. This is done for example using laser-assisted tunneling.

In Ref. [12], an effective magnetic field was created for bosons on a two-leg ladder lattice. In a tight-binding description, this can be described by adjusting the phases of the hopping amplitudes so that a hopping around one plaquette increases the phase by $\phi$, which is then regarded as the flux per plaquette. In the Landau gauge this involves real hopping matrix elements along the legs and complex inter-leg coupling, with the phase of successive rung phases differing by $\phi$. The experiment [12] explored the quantum phase transition between small and large magnitudes of the rung coupling, using flux $\phi = \frac{\pi}{2}$ per plaquette. The phase transition is between a vortex phase at small rung hoppings, where the ground state shows current patterns that can be described as a sequence of vortices along the ladder, and a so-called Meissner phase at large rung couplings. In the Meissner phase, the magnetic field is “expelled” from the ladder, so that the currents in the ground state run only around the boundary of the system, i.e., chiral currents along the two legs in opposite directions. The name derives from analogy to the physics of type-II superconductors in a magnetic field: A type-II superconductor expels small fields (Meissner phase) but sustains a vortex lattice above a critical field. In addition to the characteristic current patterns, the vortex phase is also characterized by a modulated density profile and a degeneracy of the single-particle spectrum.

This phase transition was first studied theoretically in the context of Josephson ladders [14–16]. Several theoretical studies of bosons in ladders subject to a magnetic field have appeared in the cold atom context, both before and after the experimental realization of Ref. [12]. Ref. [17], which is closely related to the experiment [12], studied the phase transition for non-interacting bosons. Several studies have appeared for interacting cases (Bose-Hubbard or hard-core bosons), using a variety of methods [18–25]. The predominant interest in these studies, excepting [25], have been phase transitions and other equilibrium properties in uniform systems.

In this work, we consider the non-equilibrium dynamics of bosons in the presence of an additional harmonic trapping potential. Cold atomic systems are particularly suitable for tracking non-equilibrium evolution in real time [26, 27], and this possibility has generated an explosion of theoretical interest in the unitary dynamics of isolated quantum many-body systems [28]. Now that artificial gauge fields have been realized in several setups, non-equilibrium evolution of such systems is a promising and exciting direction of future exploration. Here, we present a non-equilibrium study of one such system. We focus on trapped systems: The experiment [12], like most cold-atom experiments, was performed in the presence of a trap. A many-body system in a trap has collective dynamical modes which have no analog in uniform systems, the simplest being dipole and breathing modes. Because of the omnipresence of trapping potentials in cold-atom experiments, dipole and breathing mode dynamics are pervasive across the field: These modes have been intensively studied and used for diagnostic purposes since the beginning of this field, and continue to generate interest today [27, 29, 30].

We study quenches (sudden changes) of the position and strength of the harmonic potential, which generates dipole and breathing mode dynamics respectively. For both non-interacting and interacting systems, we identify
in the spectrum the eigenstates associated with the different modes, highlighting differences between the Meissner and vortex phases and especially the behavior at the transition. The eigenstates associated with the modes are (very nearly) doubly degenerate in the vortex phase, but not in the Meissner phase. At the phase transition, the eigenstates rearrange their roles in order to accommodate this difference.

Close to the phase transition we observe a slowing down of collective mode oscillations — in the non-interacting case the dipole frequency even vanishes at the transition. This may be regarded as an analog of ‘critical slowing down’ of dynamics near classical phase transitions. The effect found here should be experimentally detectable through direct imaging of the oscillating size or position of the excited cloud. To the best of our knowledge, this is the only known visualization possibility of a real-time slowing-down effect at a quantum phase transition. We attribute this effect to vanishing (or minima) of relevant energy gaps in the low energy spectrum at the critical point. We also show that the effect persists in interacting systems, using exact diagonalization studies of the eigenspectrum and dynamics in multiboson systems, and using the time-dependent Gutzwiller approximation \[\text{III}\]. This phenomenon provides an unusual (real-space and real-time) manifestation of the relationship between vanishing energy scales and diverging time scales near quantum phase transitions. The present results thus supplement, on the one hand, the various frequency-space consequences of this relationship \[\text{IV}\], and on the other hand, the indirect manifestation of quantum-critical slowing down appearing in Kibble-Zurek-like scaling relationships for ramp (‘slow quench’) dynamics \[\text{V}\].

We consider also quenches of the inter-leg hopping magnitude. This generates breathing modes, similar to, e.g., interaction quenches in a trapped bosonic system \[\text{VI}\]. It is possible to use a gauge in which the complex phase \(\phi\) is on the leg hoppings instead of the rung hoppings, as in Refs. \[\text{VI}\] \[\text{III}\] \[\text{I}\] \[\text{IV}\] \[\text{V}\]. If the flux \(\phi\) per plaquette is the same, physical properties are unchanged.

When the density is low enough, we can approximate the cosine dispersion of a lattice particle by a quadratic dispersion (in the leg direction). This “effective mass approximation” ascribes a continuum mass to lattice particles, \(m = \frac{1}{2}\), so that we can relate our trapping strength \(k_t\) to the trapping frequency of a continuum trapping potential \(\frac{1}{2}m\omega_0^2x^2\): \(\omega_0 = \sqrt{2Jk_t}\). We use this expression as the definition of the trapping frequency \(\omega_0\).

Fig. \[\text{I}\] a) shows a sketch of the magnetic ladder system. The phase transition between Vortex and Meissner phases can be tuned either by magnetic flux \(\phi\) or by inter-leg hopping \(K\) \[\text{II}\]. Here we fix \(\phi = \frac{\pi}{2}\) as in the experimental realization and change \(K\). The value of \(K\) at the critical point is \(K_c = \sqrt{2}\) for \(\phi = \frac{\pi}{2}\). We use \(h = 1, J = 1\), measure energy in units of \(J\) and use lattice spacing \(a = 1\).

In the absence of a trap or interactions \((k_t = U = 0)\), the phase transition can be understood by considering the single-particle dispersion as a function of momentum \[\text{II}\] \[\text{IV}\] \[\text{V}\], which is well-defined for translationally invariant systems, e.g., for infinite systems and for periodic boundary conditions (pbc) with \(L = 2\pi n/\phi\) (integer \(n\)). For \(K < K_c\), the dispersion has two minima, at nonzero momenta of opposite signs. Thus in the vortex phase the ground state is doubly degenerate and has finite momentum. When translational invariance is broken, such as with open boundary conditions (obc) or with a trap, momentum is no longer a good quantum number, but an approximate degeneracy persists, and the density profile

\[\text{II. SYSTEM AND HAMILTONIAN}\]

The Hamiltonian we consider is

\[H = -J \sum_l \sum_{\sigma = L, R} \left( b_{l;\sigma}^\dagger b_{l+1;\sigma} + \text{h.c.} \right) - K \sum_l \left( e^{-i\phi} b_{l;L}^\dagger b_{l;R} + \text{h.c.} \right) + \frac{U}{2} \sum_{l,\sigma} n_{l;\sigma}(n_{l;\sigma} - 1) + \frac{k_t}{2} \sum_{l,\sigma} (l - l_0)^2 n_{l;\sigma}. \]

Here \(b_{l;\sigma}, b_{l;\sigma}^\dagger\) are bosonic operators for the site on rung \(l (l = 1 \ldots L)\) and leg \(\sigma = L, R\), \(n_{l;\sigma} = b_{l;\sigma}^\dagger b_{l;\sigma}\), \(\phi\) is the magnetic flux per plaquette, \(J\) is the intra-leg and \(K e^{\pm i\phi l}\) is the inter-leg hopping matrix element, \(l_0\) is the center of the trap, and \(k_t\) is the trapping strength. We take the trap to be centered at one of the rungs, i.e., \(l_0\) is an integer.

We present the effects of the geometry of finite ladders (boundary conditions, presence of trap) on the lower part of the energy spectrum.
shows oscillations with a wavelength corresponding to the inverse of the above-mentioned finite-momentum value. In the Meissner phase \( (K > K_c) \), the dispersion has a single minimum at zero momentum; the eigenstates are not degenerate, and the density profile in obc and trapped cases has no modulations.

III. LOWEST EIGENSTATES OF TRAPPED SYSTEM

In this section we describe the low-energy spectrum of the magnetic ladder with an additional harmonic potential. For harmonically trapped systems, the lowest excited states have simple dynamical interpretations: These states correspond to various collective excitations. Before treating the magnetic ladder, we first review the case of a pure 1D system (either continuum or a single tight-binding chain with small fillings) in a harmonic trap.

A. Review: one-dimensional system

The 1D bosonic Hamiltonian with harmonic trapping potential is reflection-symmetric with respect to the trap center. The eigenstates are alternately symmetric and antisymmetric under reflection. In the single-particle case, these eigenstates are the familiar harmonic oscillator eigenstates, and are characterized by an increasing number of nodes, e.g., the ground state is nodeless, and there are one and two nodes in the first and second excited eigenfunctions respectively.

The lowest two excited states are associated respectively to dipole mode and breathing mode excitations. The dipole mode involves oscillations of the center-of-mass position. It can be excited by shifting the position of the trap minimum, i.e., a trap position quench. The breathing mode involves oscillations of the width of the density distribution, i.e., expansion and contraction of the cloud. It can be excited by a quench of either the trap strength, or (in interacting systems) through a quench of the interaction strength.

The frequency of the collective mode oscillations is equal to the excitation energy of the corresponding eigenstates above the ground state, i.e., \( \omega_{DM} = E_{DM} - E_0 \) and \( \omega_{BM} = E_{BM} - E_0 \) for the dipole and breathing mode respectively. The dipole mode frequency \( \omega_{DM} \) is independent of interaction strength, and is locked to the trapping frequency (Kohn’s theorem [10]). In a non-interacting system, the spectrum is equally spaced, so that the breathing mode frequency \( \omega_{BM} \) is twice the trapping frequency, i.e., the ratio between the lowest collective modes is \( \omega_{BM}/\omega_{DM} = 2 \). For an interacting system, this ratio depends on \( U \) and has a minimum at intermediate \( U \), which for large systems is \( \omega_{BM}/\omega_{DM} = \sqrt{3} \) [31] [32] [37].

![FIG. 1. (a) Sketch of the magnetic tight-binding ladder with complex inter-leg hoppings. Hopping around a plaquette increases the phase by \( \phi \). (b) Low energy excitation spectrum of the trapped magnetic ladder with \( \phi = \frac{\pi}{2} \) for \( N = 1, L = 500, k_{tr} = 10^{-3} \). The eigenstates are nearly degenerate for \( K < K_c \) (vortex phase) and non-degenerate for \( K > K_c \) (Meissner phase). (c) Density distributions of four lowest eigenstates for \( N = 1, L = 120, k_{tr} = 10^{-5} \) and \( K = \{0.5;1\} < K_c \) and \( K = \{1.5;2\} > K_c \) on a leg. For \( K < K_c \) the degenerate eigenstate pairs have identical density distributions. The first degenerate pair have gaussian-like shape and the second pair corresponds to the dipole mode. For \( K > K_c \) the states are rearranged: the second eigenstate takes the shape of a dipole mode state and the third eigenstate becomes a breathing mode state. The labels mark the corresponding eigenenergy in panel (b), and the \( \oplus, \ominus \) signs indicate parity under pseudo-inversion.](image-url)
the ladder ($l_0 = \frac{L+1}{2}$) or if the ladder is infinite, then the Hamiltonian does possess a pseudo-inversion symmetry. The symmetry transformation involves reflection about the trap center and exchange of legs (reflection around rung center), together with a space-independent phase factor. Formally the symmetry transformation leaving the Hamiltonian invariant is $b_{j,L} \rightarrow e^{i\phi l}b_{2L-j,R}$. Each eigenstate of the Hamiltonian is either odd or even under this pseudo-inversion transformation.

Because simple reflection around the central rung is not a symmetry of the Hamiltonian, the eigenstates are not required to have definite parity under such reflection. There is no straightforward correspondence between the density profile (Gaussian-like, dipole-shaped etc) and parity, because the well-defined parity in this system corresponds to pseudo-inversion and not reflection.

Note that, in order to use this symmetry, we do not need the trap center to be at the ladder center as long as we are considering eigenstates that are localized enough that they do not feel the edges of the chain: such eigenstates will possess well-defined parity with respect to inversion around the center of the trap. The symmetry is also present if the trap center is between two rungs, i.e., $l_0$ is half-integer.

C. Single-particle eigenspectrum of trapped magnetic ladder

We now describe the eigenspectrum of the magnetic ladder with a trap for a single particle, for varying rung hopping $K$. The non-interacting multi-particle spectrum can be constructed by filling up the single-particle states. The interacting multi-particle case will be treated briefly in a later section.

Figure 1(b) shows the lowest few states of the single-particle spectrum, for a weak trap. Clearly, the transition (between degenerate states at small $K$ and non-degenerate states at large $K$) survives almost unaltered in the presence of a trap: the low-lying states are (nearly) degenerate for small $K$ and non-degenerate for large $K$. The point $K_c$ where the two lowest states split is a bit smaller than in the uniform case, but $K_c \rightarrow \sqrt{2}$ for decreasing trapping strength, $k_{tr} \rightarrow 0$. The excitation energy of excited states have a minima near $K_c$. For weak traps ($k_{tr} \lesssim 10^{-4}$), the eigenenergy pairs for $K < K_c$ are extremely close, the energy differences between the lowest two states being well below double-precision accuracy (details in Appendix A). Thus for most purposes they can be regarded as degenerate pairs, and we will refer to the pairs as such, even though the degeneracy is not strictly speaking exact. Each such `degenerate' pair includes one even and one odd eigenstate under the pseudo-inversion symmetry introduced above.

At $K \rightarrow 0$ the two legs of the ladder are two separated tight-binding chains. Energy eigenstates are thus truly doubly degenerate. The lowest eigenstates are $\omega_0$-spaced, in contrast to the uniform case. At $K \rightarrow \infty$ the magnetic ladder behaves as a single tight-binding chain with each effective `site' composed out of a rung, resulting in an effective hopping amplitude $J^* = \cos(\frac{\pi}{2})J = J/\sqrt{2}$ and effective trapping frequency $\omega_0^* = 2^{-\frac{1}{4}}\omega_0$. In this limit the states are non-degenerate and $\omega_0^*$-spaced.

Figure 1(c) shows plots of the density distributions of the four lowest eigenstates at different $K$ along one leg. The density distribution is equal on both legs. For $K > K_c$ (lower two panels) the low energy spectrum contains non-degenerate states whose density profiles are familiar from single-chain eigenstates: they have an increasing number of nodes for increasing energy, and correspond to a single gaussian eigenstate, a dipole eigenstate, a breathing eigenstate, etc. For $K < K_c$, the low-lying eigenstates all have density modulations, as expected for the vortex phase [12]. The first two states (belonging to the ground state manifold) have Gaussian-like density profiles (with additional vortex modulation). The second pair have one `node' each in the density distribution, i.e., both have the form of a dipole eigenstate. Thus the gaussian, dipole, breathing,... eigenstates each come in degenerate pairs. Each pair has one inversion-symmetric and an inversion-antisymmetric eigenstate.

At the transition point, the states change their nature. The ground state manifold splits into a gaussian-shaped ground state and a dipole-mode-shaped excited state. The other degenerate manifolds similarly change shape: the lower of the second degenerate pair changes from a dipole profile to a breathing mode profile having two ‘nodes’.

The lifting of the degeneracy of the ground state at the critical point $K_c$, and the lowering of the other excitation energies around $K = K_c$, have intriguing dynamical consequences, detailed in the next section. The dipole and breathing frequency decrease dramatically while approaching $K_c$.

IV. TRAP QUENCHES: CRITICAL SLOWING DOWN

In this section we present ‘critical slowing down’ dynamics of the collective modes, both for single- and multi-boson systems (for $N \geq 1$). We excite collective modes by quenching the trapping potential, i.e. trapping position and trapping strength for dipole and breathing modes respectively. We calculate time dynamics of first and second moments of the density distribution, i.e., center-of-mass position and ‘width’ respectively. Close to the Meissner-vortex phase transition in a trapped system the frequencies of collective modes are significantly suppressed, i.e., the system slows down.
A. Trap position quenches: dipole mode dynamics

In the Figure 2(a1) we plot oscillations of the center-of-mass position after excitation of the dipole mode for a single particle ($N = 1$) at different inter-leg hopping magnitudes $K$. The dipole mode is excited by initializing the system in the inversion-symmetric ground state and then shifting the center of the potential by one site, $d_0 = 1$. The frequency of the dipole mode oscillation is strongly dependent on $K$. The dipole frequency is $\omega_0$ at $K = 0$ and $\omega_0 = 2^{-\frac{4}{3}} \omega_0$ at $K \rightarrow \infty$. In between the frequency has a pronounced minimum around $K_c$, as visible through the several times larger periods at $K \approx 1.2$. The dipole frequency follows closely the excitation energy of the first excited state for $K \gg K_c$ and the excitation energy of the first excited degenerate pair for $K \ll K_c$. This suggests that the frequency could vanish at $K = K_c$, since the lowest two states merge as $K_c$ is approached from above. However, in the transition region, the dynamics becomes multi-frequency, because multiple eigenstates get excited. (This is discussed below in the multi-particle context, Figure 3.)

The same slowing-down effect is observed in multi-boson systems, also in the presence of interactions. In the panels in Fig. 2(a2), we plot mean-field results for $N = 7$ bosons, $U = 1$, obtained using the time-dependent Gutzwiller approximation [41]. The Gutzwiller approximation is of course not exact, but this calculation demonstrates that the slowing down effect is generic and appears also with non-negligible interactions.

In Figure 2(b1,b2) we show the dipole mode oscillation period for $N = 1$, for $N = 4$ interacting $(N = 4)$ systems. The dynamics shown in Fig. 2 is after a trap shift by a single lattice site, $d_0 = 1$. For stronger quenches ($d_0 > 1$) the time evolution is overall similar and the same slowing down effect is seen. For larger $d_0$, more states are excited in stronger beating effects.

Dipole excitations of harmonically trapped one-dimensional system are subject to Kohn’s theorem [40]. In the present case, only the $K = 0$ and $K = \infty$ limits can be regarded as effectively one-dimensional systems. In accordance we see in Fig. 2(b1) that for small and large values of $K$, the oscillation period is equal for non-interacting and interacting system at $U = 1$, when measured in units of the trapping frequency. There is no analogy of Kohn’s theorem for a finite $K$.

B. Trap position quenches: excitation of eigenstates

The dynamics after a quench is determined by the eigenstates of the final Hamiltonian which are excited through the quench, i.e., the distribution of overlaps of the eigenstates of post-quench Hamiltonian with the
initial state, $|\langle \phi_0 | \psi_l \rangle|^2$. The energy difference between states having substantial overlap are the dominant frequencies in the time evolution after a quench.

Fig. 3 shows the energy spectrum for $N = 2$ bosons without and with interactions. The overlap distribution after a trap position quench at each value of $K$ is encoded in the thickness of lines.

Without interactions ($U = 0$, Fig. 3(a)), the $N > 1$ spectrum has the same qualitative features as for $N = 1$, except for additional degeneracies at $K < K_c$ and at large $K \gg K_c$, and visibly larger number of states around $K \approx K_c$. The larger number of states and greater degeneracies can be understood as the number of possibilities for multiple bosons to occupy the single-particle states. Away from the critical region, the effect of a trap position quench is to excite mainly the new ground state and the first excited state (dipole eigenstate), so that the lowest energy gap sets the dipole frequency. In the $K \approx K_c$ region, several states are seen to be excited, leading to multi-frequency dynamics reported already in Fig. 2(a).

Interactions lift degeneracies in the energy spectrum, Fig. 3(b). For $K < K_c$, this leads to the situation, perhaps surprising at first sight, that the dipole-mode eigenstate is not the lowest excited state. This does not occur in pure one-dimensional (single-chain) systems and is a novel feature of ladder geometries. The excitation energies of the lowest excited states have a minimum at $K \approx K_c$ but there is no proper gap closing as one approaches from the $K > K_c$ side, in contrast to the $U = 0$ case. As in the $U = 0$ case, the overlap distribution after a trap quench is dominated by the ground state and dipole eigenstate away from the critical region, while there are multiple eigenstates excited in the $K \approx K_c$ region. For $K < K_c$, the excited states which appear below the dipole-mode state are not excited. The dipole-mode eigenenergy difference with the ground state energy is $\omega_0$ at $K = 0$ and $\omega_0^\prime = 2 - \frac{1}{2} \omega_0$ at $K \to \infty$, just as in the $U = 0$ case, in accordance with Kohn’s theorem according to which this energy difference should be $U$-independent.

C. Trap strength quenches: breathing mode

A similar slowing-down effect is visible for the breathing mode oscillations, in Fig. 4(a,b). The frequency reduction is smaller compared to the dipole mode case.

In Fig. 4(c) we plot the ratio of the energy gaps corresponding to breathing and dipole mode oscillations, calculated from the energy spectrum as a function of inter-leg hopping $K$. The energy gap used is that between the ground state and the next most strongly excited state in Fig. 4(c). The ratio is equal to two, as expected for a single particle. Close to the critical point, the behavior is completely different from non-magnetic system; the divergence-like feature signals that the dipole frequency nearly vanishes in this region.

V. INTER-LEG HOPPING QUENCHES

In this section we treat quenches of the inter-leg hopping magnitude $K$. In Fig. 5 we fix the initial $K_i$ to be in the vortex phase, $K_i < K_c$, and show overlaps with eigenstates of the final Hamiltonian for various $K_f$. We choose the initial state to be one of the two states of the
ground state manifold for $K < K_c$, i.e. either symmetric or anti-symmetric with respect to the pseudo-inversion transformation introduced in subsection III B. Note that both these states have gaussian-like density profiles with additional density modulations (Fig. 1(c)), states I,II,1,2).

For $K_f < K_c$, the quench chooses from each degenerate pair the state with the same symmetry as the initial state, and one of each degenerate pair has nonzero overlap. The highest overlap is with the ground state, and the overlaps get progressively smaller with increasing eigenenergy. For $K_f > K_c$, alternate eigenstates have the same symmetry, so that the nonzero overlaps are either only with odd states, or only with even states. The two cases are shown in the two panels of Figure 5. The situation on the right panel may appear counter-intuitive, as the eigenstates excited have density profiles that appear odd, which for a pure one-dimensional system one would not expect starting from a state with a gaussian profile. However, the more complicated symmetry of the present case allows odd-symmetry states to have gaussian density profile and even-symmetry states to have dipole-like density profile.

The temporal dynamics after a $K$ quench involves complicated multi-frequency oscillations including both breathing and dipole-like components in the densities of both legs (not shown). The total center-of-mass stays fixed but there are out-of-phase dipole oscillations in the two legs.

VI. SUMMARY AND DISCUSSION

In this work, we have provided a theoretical study of some non-equilibrium dynamics of bosons in the magnetic ladder system recently realized in experiment [12], focusing in particular on effects due to the presence of a harmonic trapping potential, which is almost universally present in such experiments. Previous theory studies have focused heavily on the uniform system and equilibrium properties. Other than this work, non-equilibrium non-uniform dynamics was also studied in Ref. [23], where a nonlinear version of the system was studied in the presence of disorder. This may be regarded as a mean-field approximation to a many-boson system with on-site interactions.

By studying trap quenches, we have presented the dynamics and spectral structures related to dipole modes and breathing modes. The most striking result is a slowing-down effect in these modes near the critical point, an effect that should be readily observable in the experimental setup. We are unaware of any other example of a possibility to visualize quantum critical dynamics in real-space oscillation phenomena. Critical slowing down in real-time dynamics is of course well-known for classical phase transitions [43], where the phenomenon can be dramatically visualized, e.g., through the response of a liquid sample near a liquid-gas transition point after being shaken.

We have stressed in particular the connection of specific dynamical phenomena to structures in the eigen-spectrum. This correspondence, and the fact that noteworthy spectral structures can rise to unusual dynamical phenomena, is increasingly appreciated and explicitly studied in the recent non-equilibrium literature, e.g., in the context of self-trapping and related phenomena in Bose-Hubbard dimers and ladders [44, 45], in the study of (repulsive) binding of lattice particles [46], collective modes of trapped systems [31, 54], dynamics in spin chains [47], and various other phenomena [48, 50]. Our results connecting critical slowing down of collective modes to minima in the excitation gaps (or splitting of near-degenerate eigenstate pairs) can be seen as an addition to this theme. In addition, in this work we have examined the eigenstates of the final Hamiltonian that are excited in a quench, i.e., the distribution of overlaps of the final eigenstates with the initial state as a function of energy. This overlap distribution excited in a quench, and its continuous version, the work distribution, has been the focus of much recent attention [51-53].

A peculiar feature of the present system is that gaussian-like and dipole-like shapes do not necessary correspond to even and odd parity respectively, in contrast to the experience obtained from studying purely one-dimensional trapped systems or the harmonic oscillator eigenstates. The reason is that the conserved parity in this case does not relate to a simple reflection around the center rung, but rather a pseudo-inversion involving reflections along both leg and rung directions (plus a possible phase shift). This allows somewhat unexpected situations like the first two (near-degenerate) eigenstates both having gaussian-like profile, the second pair having dipole-like profile, etc., in the vortex phase. At the transition, the states rearrange and change nature, and in the Meissner phase we get a more familiar sequence of a single ground state with gaussian-like density profile, only the first excited eigenstate with dipole-like profile.
der systems which focus on uniform systems. To provide
context, we describe here some effects of the geometry of
the system, by contrasting spectral features of periodic,
open-boundary and trapped systems.

**Periodic boundary conditions** — When $L$ is a mul-
tiple of $2\pi/\phi = 4$, a system with pbc is uniform, and
momentum along the leg direction is a good quantum
number. In such a case diagonalization can be done ana-
lytically in the absence of interactions, by Bogoliubov ro-
tation in momentum space. The resulting single-particle
spectrum has two branches, which we find to be

$$E^{(1)} = -2J A_q - 2KC_q, \quad E^{(2)} = -2J B_q + 2KC_q \quad (A1)$$

with

$$A_q = \cos q \sin^2 \Theta + \cos(q + \phi) \cos^2 \Theta,$$

$$B_q = \cos(q + \phi) \sin^2 \Theta + \cos q \cos^2 \Theta,$$

$$C_q = \sin \Theta \cos \Theta,$$

and

$$\Theta = \frac{1}{2} \arctan \left( \frac{K}{J(\cos(q + \phi) - \cos(q))} \right).$$

Moments take the values $q = \frac{2\pi}{L} n$, with an integer $n = -L/2, -L/2 + 1, \ldots, L/2 - 1$.

When $L$ is an even multiple of 4, i.e., a multiple of
8, moments can be shifted by $\phi/2$: $k = q - \phi/2$
recovering the expression appearing previously in the lit-
erature [17, 20, 22]:

$$E_{\pm} = -2J \cos k \cos \frac{\phi}{2} \pm \sqrt{4J^2 \sin^2 k \sin^2 \frac{\phi}{2} + K^2}. \quad (A2)$$

The spectrum contains two minima for $K < K_c$ (hence
the exact degeneracy) and one minimum for $K > K_c$
(hence the single ground state). Note that this is correct
only for $L = 8n$ with integer $n$. For $L = 4n$ with an odd
$n$ energy spectrum contains doubly degenerate states fro
all $K$.

When $L$ is not a multiple of 4, we are unaware of an an-
alytical solution for pbc without any twist in the bound-
ary condition. Of course, expression (A2) was previously
used with large sizes in mind, where the boundary condi-
tions become insignificant. Our purpose here is to present
explicitly the effects of geometry.

When momentum is well-defined ($L = 4n$), almost all
states are degenerate. The only exceptions are the $k = 0$
states for even $n$ ($L = 8n$). At small $K$, the full spec-
trum (not shown) shows many true level crossings be-
tween such degenerate pairs.

**Open boundary conditions** — With obc, momentum
is not a good quantum number. Level crossings are there-
fore avoided, so that the full spectrum looks visually quite
different from the pbc case. Of course, for large enough

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**Appendix A: Geometry**

In this work we concentrate on trapped systems, in con-
trast to most of the literature on the magnetic lad-
system sizes, the low-energy part of the spectrum looks similar to the pbc case. For $K < K_c$, the energy levels are grouped in pairs, each such pair undergo a succession of mutual avoided level crossings as a function of $K$. With increasing $L$, the gap within each pair decreases, as shown in Fig. 6(a). This is consistent with the obc case in the large-$L$ limit becoming similar to the pbc case (where the $K < K_c$ pairs are degenerate).

System with harmonic trap — The energy spectrum of the trapped system is similar to a system with obc; momentum is not a good quantum number. However, the trapped system displays extremely small gaps between the degenerate pairs for $K < K_c$. In Fig. 6(b) we show the lowest gap as obtained from double-precision computations. The pairs are ‘degenerate’ up to standard numerical accuracy already for $k_t \approx 10^{-4}$. Numerical diagonalization with higher precision shows that the degeneracy is not exact and there is a minute but finite gap for finite $k_t$. At present a detailed explanation of this ultra-small gap is lacking, since we do not have analytical solutions for the trapped or obc cases.

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