Comparative Study of Curcumin and Its Hydrogenated Metabolites, Tetrahydrocurcumin, Hexahydrocurcumin, and Octahydrocurcumin, on Melanogenesis in B16F10 and MNT-1 Cells

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Abstract: Curcumin, a bioactive from *Curcuma longa*, has been shown to possess anti-melanogenic activity previously; however, the effects of its hydrogenated metabolites (HMs)—Tetrahydrocurcumin (THC), Hexahydrocurcumin (HHC), and Octahydrocurcumin (OHC)—on melanogenesis have not been sufficiently explored. We have studied and compared three HMs (THC, HHC, and OHC) with the parent compound, curcumin (PC), on melanin synthesis in B16F10 mouse and MNT-1 human melanoma cells. Our results demonstrated that all the HMs were nontoxic over the concentration range 5–40 µM, while PC was nontoxic at 5 µM but induced toxicity at 20 and 40 µM in B16F10 cells. All three HMs enhanced melanin synthesis, while PC (5 µM) inhibited it. THC (40 µM) significantly stimulated melanin synthesis to a greater degree than HHC and OHC in both B16F10 and MNT-1 cells; the order of melanogenesis stimulation was THC = OHC > HHC in B16F10 mouse cells, while it was THC > HHC > OHC in MNT-1 cells. HMs stimulated melanogenesis by pathways not involving tyrosinase, as neither the intracellular tyrosinase activity nor the protein levels of tyrosinase were affected. In addition, mushroom tyrosinase activity, using L-Dihydroxyphenylalanine (L-DOPA) as the substrate, showed no direct effects of HMs. In summary, our results demonstrate that the HMs enhanced melanogenesis, which establishes that the hydrogenation of the heptadiene moiety of curcumin leads to a loss of its anti-melanogenic activity and instead results in the stimulation of melanogenesis. This stimulation is not further enhanced upon hydrogenation of the β-diketone, which was noted in MNT-1 cells, although the correlation to the number of keto groups differed in B16F10 cells where HHC was the weakest stimulator of melanogenesis. Collectively, THC with both keto groups intact is the best stimulator. Moreover, our results also validate that the electrophilicity of curcumin is necessary for its anti-melanogenic activity, as the non-electrophilic HMs did not inhibit melanogenesis. Furthermore, our results suggest that THC might hold promise as a stimulator of melanogenesis for treatment of hypopigmentation disorders and anti-graying therapies. Future studies to probe the molecular signaling mechanisms and test whether the pro-melanogenic activity of HMs is retained in primary human melanocytes are warranted.

Keywords: melanogenesis; tetrahydrocurcumin; hexahydrocurcumin; octahydrocurcumin; curcumin; heptadiene moiety; β-diketone

1. Introduction

Melanin is a polymeric pigment synthesized within melanosomes by melanocytes, cells derived from the neural crest, and it confers a host of protective biological benefits ranging from UV photoprotection [1] to free-radical chelation [2] and immune regulation [3]. The synthesis of melanin within melanosomes is primarily regulated by
the rate-limiting enzyme tyrosinase which catalyzes the conversion of L-Tyrosine to L-Dihydroxyphenylalanine (L-DOPA) and undergoes further oxidation to the quinone, L-dopaquinone, which is then polymerized to melanin [4]. The overproduction of melanin leads to hyperpigmentation, which manifests as skin disorders such as melasma, freckles, and post-inflammatory hyperpigmentation (PIH) [5], while an underproduction of melanin leads to hypopigmentation disorders such as vitiligo and leukoderma [6,7]. These disorders lead to uneven skin pigmentation, which may have a profound psychosocial impact in individuals; hence, there is a growing need for the identification of novel compounds that can control pigmentation disorders. Several natural compounds suppress melanogenesis by inhibiting the activity of the enzyme tyrosinase; commercial skin-whitening agents include tyrosinase inhibitors such as kojic acid, arbutin, and hydroquinone. However, due to toxicological effects associated with their use [8,9], efforts have been directed toward the identification of natural compounds devoid of such toxicity.

Curcumin, a yellow polyphenolic derivative of ferulic acid obtained from turmeric rhizome (Curcuma Longa) and well-known for its broad spectrum of pharmacological activities, has been shown to inhibit melanogenesis in several earlier reports [10–14]. Reduction in vivo or catalytic hydrogenation in vitro of curcumin results in the formation of the metabolites—Tetrahydrocurcumin (THC), Hexahydrocurcumin (HHC), and Octahydrocurcumin (OHC) [15] (Figure 1). THC is a colorless metabolite of curcumin in which the two double bonds of the heptadiene moiety have been hydrogenated. While hydrogenation of the two double bonds alone in the heptadiene moiety in THC diminishes the intense yellow color of curcumin, studies reported that the biological properties of this derivative are also altered; THC has demonstrated superior antioxidative activities compared to curcumin, which are attributable to the retention of its β-diketone moiety [16,17]. THC exhibited wound-healing properties, enhanced synthesis of extracellular matrix [18], and exhibited anti-inflammatory activity in macrophages [19]. THC has also been shown to have neuroprotective effects in hippocampal HT22 cells [20] and a rat spinal cord injury model [21] as well as exert anti-diabetic effects [22] and anti-adipogenic effects [23]. The therapeutic efficacy of THC for cancer prevention has also been reviewed previously [24].

![Figure 1. Chemical structures of the parent compound, curcumin (PC) and its hydrogenated metabolites (HMs): Tetrahydrocurcumin (THC), Hexahydrocurcumin (HHC) and Octahydrocurcumin (OHC).](image)

HHC is a cyclooxygenase 2 (COX-2) inhibitor that showed better anticancer effects in combination with 5-fluorouranil in colon cancer [25]. Several other studies have documented that HHC showed vasorelaxant effects [26], anti-angiogenic effects [27], and anti-atherosclerogenic effects by inhibiting platelet aggregation [28]. Furthermore, HHC alleviated brain damage in rats after cerebral ischemia/reperfusion injury [29]. OHC is the final hydrogenated metabolite (HM) of curcumin and has been shown to exert better antitumor efficacy than curcumin [30]. The antioxidant activity of the hydrogenated derivatives has been shown to be higher than that of curcumin in a previous study [31]. Additionally, OHC and THC were shown to be superior to curcumin in suppressing COX-2 expression and nuclear factor-κB (NF-κB) pathways in a mouse paw edema model [32]. To the best of our knowledge, there has been no study on the effects of THC, HHC, and OHC on melanogenesis in cell cultures or their comparison
with the parent compound curcumin. Hence, in this work, we tested and compared the HMs, THC, HHC, and OHC with PC on melanogenesis in vitro using B16F10 mouse melanoma cells and MNT-1 human melanoma cells.

2. Results

2.1. Effects of Compounds on Cell Viability in B16F10 Cells

We first tested the three HMs (THC, HHC, and OHC) as well as PC for cytotoxicity to B16F10 mouse melanoma cells over a duration of 72 h. Our results showed that the compounds THC, HHC, and OHC were nontoxic over the concentration range 5–40 µM (Figure 2A), while PC induced significant cytotoxicity at higher concentrations; the mean cell viability was 20.24% for PC at 20 µM (which was also significantly lower than PC at 5 µM) and 16.64% at 40 µM (Figure 2B). Hence, we selected the HMs (5–40 µM) and PC (5 µM) in subsequent experiments.

2.2. Effects of Compounds on Melanin Synthesis in B16F10 Cells

PC (5 µM) significantly inhibited melanin synthesis by 21.76%, while the HMs had an opposite effect and stimulated melanin synthesis (Figure 2C). All the HMs stimulated melanin synthesis by similar amounts at 5 µM (14% increase by all HMs); at 20 µM, melanin synthesis was further increased (THC—20.19%; HHC—10.64%, OHC—17.78%). These increases were not significantly different among the three metabolites and did

![Figure 2](image-url)
not show significance as compared to control. However, at the highest dose of 40 µM, THC significantly stimulated melanin synthesis by 32.67% ($p < 0.01$), while HHC only stimulated melanin synthesis by 20.42% ($p > 0.05$) and OHC significantly stimulated melanin synthesis by 25.93% ($p < 0.05$). The microscopic images of B16 cells showed no alterations in cellular morphology after treatment with the three HMs at 40 µM (Figure 2D); an increased production of melanin granules within cells in THC and OHC groups was observed as compared to control, which was correlated to the quantitative results. Overall, the order of stimulation of melanin biosynthesis was THC = OHC > HHC.

2.3. Effects of Compounds on Intracellular Tyrosinase Activity in B16F10 Cells

None of the HMs affected tyrosinase activity at any concentration, while PC (5 µM) significantly inhibited tyrosinase activity by 29.58% as compared to control (Figure 2E), indicating that the hydrogenation of the heptadiene moiety of curcumin abolishes its anti-tyrosinase activity. In addition, these results also suggest that the mechanism of enhancement of melanin synthesis by HMs is unrelated to tyrosinase activity.

2.4. Effects of Compounds on L-DOPA and L-Tyrosine Oxidation in a Cell-Free System

We next assessed if the pro-melanogenic activity of HMs could be explained, at least in part, by a direct effect on mushroom tyrosinase enzyme in a cell-free system. Our results showed that all the HMs (THC, HHC, and OHC) unexpectedly inhibited monophenolase activity of the purified mushroom enzyme as compared to control in a dose-dependent manner, while PC (5 µM) did not affect monophenolase activity (Figure 3A). At the lowest concentration of 5 µM, only HHC showed a significant inhibition (19.94%); while HHC, along with THC and OHC, showed significant inhibition at 20 µM, with inhibition of 29.70%, 22.99%, and 29.77% ($p < 0.01$) for THC, HHC, and OHC, respectively. All the three compounds showed further inhibition at 40 µM with inhibition of 61.99%, 41.10%, and 45.10% for THC, HHC, and OHC, respectively. Notably, inhibition by THC (40 µM) was significantly greater than that from HHC and OHC at 40 µM.

![Figure 3](image-url). Effect of PC, THC, HHC, and OHC on (A) monophenolase activity and (B) diphenolase activity of mushroom tyrosinase; (# $p < 0.001$ vs. Ctrl; letter a—$p < 0.001$ vs. HHC40; letter b—$p < 0.01$ vs. OHC40; One-way ANOVA followed by Tukey’s test); (C) Tyrosinase protein levels in B16F10 cells treated with 40 µM of THC, HHC, and OHC for 3 d and protein levels were measured by ELISA; All data is mean ± SD of triplicates.

Our results on diphenolase activity showed that neither THC, HHC, OHC, nor PC (5 µM) had any effect on the diphenolase activity of mushroom tyrosinase at any con-
centration (Figure 3B). Overall, the results suggested that the pro-melanogenic effect of HMs on mammalian cells is not likely to be attributed to a direct effect on any step of tyrosinase-catalyzed reaction.

2.5. Effects of Compounds on Tyrosinase Protein Expression in B16F10 Cells

The HMs (THC, HHC, and OHC at 40 µM) were evaluated to test whether their pro-melanogenic activity might arise, at least partially, from an increase in the expression of tyrosinase protein. Our results showed that none of the HMs (THC, HHC, and OHC) had any significant effect on tyrosinase protein levels in B16F10 cells (Figure 3C). Altogether, these results suggest that the pro-melanogenic activity of HMs cannot be ascribed to expression of tyrosinase.

2.6. Effects of Compounds on Viability in MNT-1 Cells

The HMs were next evaluated for cytotoxicity to MNT-1 human melanoma cells; PC was included for comparison. Our results revealed that all the three HMs (THC, HHC, and OHC) were nontoxic over the concentration range 5–40 µM, while PC was nontoxic only at 5 µM (Figure 4A). Hence, these concentrations were assayed for effects on melanogenesis.

**Figure 4.** (A) Viability of MNT-1 human melanoma cells treated with compounds for 5 d over a concentration range (5–40 µM) measured by Alamar Blue assay; (p > 0.05; One-way ANOVA with Tukey’s test; data are mean ± SD of at least two independent experiments); (B) Melanin content in MNT-1 cells treated with PC and HMs for 5 d; (* p < 0.05 vs. Ctrl; # p < 0.001 vs. Ctrl; letter a—p < 0.01 vs. HHC40; One-way ANOVA with Tukey’s test; data are pooled from at least two independent experiments); (C) Representative images of MNT-1 cells treated with vehicle (0.4% DMSO) or with HMs at 40 µM; scale bar is 100 microns; (D) Tyrosinase activity in MNT-1 cells treated with PC and HMs for 5 d; (p > 0.05; One-way ANOVA with Tukey’s test; data are means ± SD of at least two independent experiments); (E) Tyrosinase protein levels in MNT-1 cells treated with 40 µM of THC, HHC, and OHC for 5 d and protein levels were measured by ELISA. (One-way ANOVA with Tukey’s test; no significance was obtained (p > 0.05); data is mean ± SD of triplicate determinations).
2.7. Effects of Compounds on Melanin Synthesis in MNT-1 Cells

Our results on the effects of HMs on melanin production in MNT-1 cells showed a dose-dependent increase in intracellular melanin content with THC being the most potent amongst all HMs. THC (40 µM) significantly stimulated melanin levels by 35.71% \( (p < 0.001) \) and HHC (40 µM) significantly stimulated melanin levels by 25.87% \( (p < 0.05) \), while OHC (40 µM) did not affect melanin content (Figure 4B). The increase in melanin content by THC (40 µM) was also significantly higher \( (p < 0.01) \) than OHC (40 µM). PC (5 µM) was inactive at inhibiting melanogenesis. The micrographs of MNT-1 cells treated with HMs (40 µM) showed a visibly higher content of melanin pigment in THC (40 µM) as compared to the other two HMs as well as control (Figure 4C). Overall, the order of melanogenesis stimulation was THC > HHC > OHC. These results agree with our earlier results with B16F10 mouse melanoma cells where THC showed greater pro-melanogenic activity compared to HHC and OHC.

2.8. Effects of Compounds on Intracellular Tyrosinase Activity and Tyrosinase Protein Expression in MNT-1 Cells

Our results showed that all the HMs (THC, HHC, and OHC) in the tested concentration range had no effect on intracellular tyrosinase activity (Figure 4D) in MNT-1 cells. Moreover, the HMs (THC, HHC, and OHC all at 40 µM) were evaluated to test if they might increase tyrosinase protein levels, which might explain their melanogenesis stimulatory activity, but there was no change in protein levels compared to control; a trend for reduction was noted for OHC, which did not reach significance (Figure 4E). Collectively, our data demonstrate that the stimulation of melanogenesis by HMs is not mediated by changes in tyrosinase activity or tyrosinase protein levels but might involve other pathways.

3. Discussion

Our results demonstrate these salient findings: (i) all the HMs (THC, HHC, and OHC) stimulated melanogenesis in contrast to PC, which inhibited melanogenesis; (ii) the heptadiene moiety in the parent compound curcumin appears to be critical for anti-melanogenic activity, since hydrogenation of the heptadiene moiety leads to stimulation rather than the inhibition of melanogenesis; (iii) the successive hydrogenation of \( \beta \)-diketone does not lead to a further stimulation of melanogenesis. Our results further highlighted that the heptadiene moiety in the curcumin structure, which imparts electrophilicity to curcumin and aids in conjugation to enhance tautomerism, is critical for anti-melanogenic activity but also contributes to cytotoxicity, since the three HMs did not exhibit any cytotoxicity. Our dissection of the role of the heptadiene moiety in HMs showed that the potency of enhancement of melanin levels in MNT-1 cells follows the order THC > HHC > OHC, which coincides with the order of successive hydrogenation of \( \beta \)-diketone: THC has both keto groups intact, HHC has one keto group reduced, and OHC has both keto groups reduced. The order of stimulation of melanogenesis was THC = OHC > HHC in B16F10 mouse melanoma cells, which was different from that of MNT-1 human melanoma cells where the order was THC > HHC > OHC. It is worthwhile to note that the effect of the degree of hydrogenation of \( \beta \)-diketone did not follow a linear correlation to the levels of melanin synthesis in B16F10 cells, where HHC seemed to be the weakest stimulator of melanogenesis, so that only one keto group remaining seems to be the key to minimize the effect of stimulation of melanogenesis. We speculate that these divergent effects might be ascribed to the differences in the catalytic properties of human and mouse melanogenic enzymes that have been noted previously \[33,34\], which might differentially regulate the effects of HMs on them. Nonetheless, as the further application of the HMs would be most likely for human use, our results, and the order of correlation with the successive hydrogenation in MNT-1 cells provides credence to our findings.

Currently, there are no reports on the effects of HHC and OHC on melanogenesis, while the effects of THC are conflicting with findings of both inhibition and stimulation of melanogenesis. For example, two studies documented the anti-melanogenic activity of
low and high dose THC in hormone-stimulated B16F10 cells [35,36], while a mixture of tetrahydrocurcuminoids (not pure THC; Sabiwhite™, 95% THC) at 0.25% has been in commercial use for skin-whitening. Another report documented the pro-melanogenic activity of THC in vivo, where a cream formulated with a mixture of tetrahydrocurcuminoids in conjunction with UVB phototherapy was shown to stimulate skin pigmentation in vitiligo patients [18]. In addition, a patent has been issued on the use of tetrahydrocurcuminoids for self-tanning [37]. Our in vitro results of the stimulation of melanogenesis by THC (40 µM) contrast with findings of the study [36] where THC at concentrations of 10 µg/mL (equivalent to 26 µM) and higher inhibited melanin synthesis in hormone-stimulated B16F10 cells as well another study where a much lower THC concentration of 0.1 µg/mL (~0.26 µM) inhibited melanin synthesis in hormone-stimulated B16F10 cells [35]. Overall, our in vitro results agree with in vivo findings of the stimulation of melanogenesis by THC [18,37].

In this work, our primary focus was to test and compare the three HMs to PC, which was used as a reference compound. Although there are no reports of PC on melanogenesis yet, a crude mixture of curcumin (containing 70% PC) previously demonstrated anti-melanogenic activity in B16F10 cells [38]. We selected PC (or curcumin I as it is also called, to distinguish it from its further demethoxylated analogs), instead of the crude mixture of curcuminoids to better elucidate the structure–activity relationships (SAR), since we sought to compare it with its purified HMs. We found that PC inhibited melanin synthesis at 5 µM but induced cytotoxicity at higher concentrations in B16F10 cells, while it was inactive at melanogenesis at the same concentration in MNT-1 cells with cytotoxicity at higher concentrations of 20 µM and 40 µM (Figure S1). The reasons for the discrepancy between the cell lines could be ascribed to differences in sensitivity of the compound to two different cell lines and inherent species-specific differences. In addition, it could be explained by the higher basal pigmentation of MNT-1 cells than in B16F10 cells; compounds which inhibit melanin synthesis in B16F10 might fail to show activity at same concentrations in MNT-1 cells. Nevertheless, our results of the cytotoxicity profile of PC in both cells are consistent. The enone moiety of curcumin is a typical Michael-addition acceptor and can react with biologically relevant nucleophilic groups such as the sulfhydryl groups present in glutathione as well as proteins involved in melanogenesis. Hence, we studied the effects of L-cysteine on PC toxicity in B16F10 cells, and our results showed that L-cysteine lowered the cytotoxicity of PC indicative of the involvement of Michael-type addition reactions (Figure S2).

Unlike the diphenolase activity, the monophenolase activity of tyrosinase is characterized by a lag period which has been shown to be lengthened by certain tyrosinase inhibitors [39]. In the present study, we did not evaluate if the HMs might also have an effect on the lag time in our assays of monophenolase activity. Our results of cell-free mushroom tyrosinase activity showed a significant inhibition of the monophenolase activity by HMs, while the diphenolase activity was unaffected, which is suggestive of the capacity of HMs to selectively inhibit the first step of enzyme catalysis. However, our cell culture studies indicated that these compounds were in fact stimulators of melanogenesis. Similar findings were also noted with the compounds methyl cinnamate (structurally similar to curcumin) and methyl 3-phenylpropionate, where authors noted that the latter compound inhibited monophenolase activity with no effects on diphenolase activity but stimulated melanogenesis in cell cultures [40]. Another study also reported a similar observation in which the authors noted the inhibition of mushroom tyrosinase activity but the stimulation of melanogenesis in B16F10 cells by plasma-activated compounds [41]. This discrepancy can be explained by the differences between mushroom tyrosinase and human tyrosinase [42]; it has been reported that results from the mushroom tyrosinase assay may not be a true indicator of response from cellular melanin levels [43]. The enzyme TRP-2 (also called as dopachrome tautomerase; DCT) catalyzes the tautomerization of Dopachrome to 5,6-dihydroxyindole-2-carboxylic acid (DHICA) while 5,6-dihydroxyindole (DHI) is produced non-enzymatically in mammals [44]. The oxidative polymerization of both DHI and DHICA generates the natural eumelanin pigment found in mammals. One possibility that might explain, at least in part, the pro-melanogenic effect of HMs is that they might
bind to melanin pigment during dopaquinone and DHI polymerization (Raper–Mason pathway) via their hydroxy or keto groups leading to the formation of a greater amount of dark pigment, which was detected in our spectrophotometric assays.

The role of melanosome pH in the regulation of melanin synthesis has been described previously, and compounds that increase melanosome pH can stimulate melanin synthesis [45,46]. We had previously reported on calebin-A, a curcuminoid analog, which suppressed melanin synthesis in B16F10 cells via the acidification of cell organelles without affecting the intracellular tyrosinase activity [47]. Another study [48] also reported a similar finding by a flavone hesperidin that suppressed melanin synthesis in human melanoma cells in the absence of effects on cellular tyrosinase activity but induced the acidification of melanosomes. We speculate that our findings of the stimulating effects of THC on melanogenesis in the absence of effects on cellular tyrosinase activity might be related to changes in the ionic equilibrium of melanocytes and pH or effects on protein expression of proton-dependent channels in melanocytes, which warrants further investigation.

Although the levels of stimulation of melanogenesis by HMs were moderate in B16F10 cells, in MNT-1 cells, the degree of activation of melanogenesis can be considered robust, since MNT-1 cells have a much higher melanin content than B16F10 cells yet were shown to demonstrate stimulation by HMs. The effects of THC, HHC, and OHC on both cells are outlined in Table S1. Nevertheless, further studies will be necessary before HMs could be definitively touted as stimulators of melanogenesis.

4. Materials and Methods

4.1. Materials

Tetrahydrocurcumin (THC; >95% purity), Hexahydrocurcumin (HHC; >95% purity), and Octahydrocurcumin (OHC; >98% purity) were purchased from Chemsence Inc. (Monmouth Junction, NJ, USA). Curcumin (PC; 99% purity) was purchased from Sellbeck Chemicals (Houston, TX, USA). Mushroom tyrosinase, kojic acid (KA), L-Tyrosine, and L-dihydroxyphenylalanine (L-DOPA) were purchased from Sigma-Aldrich (St. Louis, MO, USA). Alamar blue reagent (Cat# DAL1025) and bicinchoninic acid (BCA) protein assay kit (Thermo Scientific™ Pierce™) was purchased from Thermo Fisher Scientific (Waltham, MA, USA).

4.2. Cell Culture

B16F10 mouse melanoma cells were obtained from the American Type Culture Collection (ATCC; Manassas, VA, USA) and cultured using Dulbecco’s Modified Eagle’s Medium (DMEM) supplemented with 10% heat-inactivated fetal bovine serum (HI-FBS; R&D Systems, Minneapolis, MN, USA) and 1% antibiotics (penicillin–streptomycin). MNT-1 human melanoma cells were obtained as a kind gift from Dr. Michael Marks (University of Pennsylvania, Philadelphia, PA, USA) and cultured using DMEM supplemented with 18% HI-FBS, 1% Minimum Essential Medium (MEM; Gibco), 1% antibiotics, and 10% AIM-V medium (Invitrogen, Waltham, MA, USA). All cells were cultured at 37 °C in a humidified atmosphere in a 95% air—5% CO2 incubator.

4.3. Testing in B16F10 and MNT-1 Cells

4.3.1. Cytotoxicity Assay

The compounds were first tested for cytotoxicity to B16F10 cells using Alamar Blue dye cytotoxicity assay before testing them in melanogenesis assays. Briefly, B16F10 cells (5 × 10^3 cells/well) were plated in 96-well plates for 24 h followed by the addition of compounds and further incubated for 72 h. The final DMSO concentration in all groups including the control was 0.4%. After the treatments, the medium was replaced by 100 µL of fresh medium with 10 µL of Alamar Blue dye and incubated for 2 h, after which the absorbance was read at 570 nm and 600 nm as a reference wavelength, using a Versamax microplate reader. The method adopted for the calculation of cellular viability by Ala-
The blue dye has been validated in previous reports [49,50] and has been listed under supplementary methods.

MNT-1 cells were cultured in 96-well plates (1 × 10⁴ cells/well) and compounds were added the next day, and cells were cultured for a period of 5 d with the compounds replenished on the third day of culture. At the end of treatments, the viability was measured by Alamar Blue assay similar to the method outlined above for B16F10 cells.

### 4.3.2. Melanogenesis Assay

B16F10 cells (5 × 10⁴ cells/well) were cultured in 12-well plates for 24 h followed by the addition of compounds and further cultured for 72 h. At the end of the treatments, the cells were detached using TrypLE (TrypLE Express, 1X, Gibco), washed in phosphate buffered saline (PBS), and 250 µL of 1N NaOH was added and heated to 70 °C for 30 min to solubilize melanin. Aliquots were transferred to a 96-well plate, and the absorbance was read at 475 nm using a microplate reader, and a portion of the lysate was used to evaluate the total protein content using BCA assay. The absorbance was normalized to the total protein contents and reported as relative melanin levels as a percentage of the control.

We tested the effects of compounds on melanin synthesis in MNT-1 cells using a method similar to the one outlined above for B16F10 cells. Briefly, MNT-1 cells were seeded in 6-well plates for 24 h and treated with compounds for 5 d. After the treatments, cells were harvested, washed in PBS, and solubilized in 450 µL 1N NaOH at 70 °C, and the absorbance of aliquots (200 µL) was read at 475 nm and normalized to the total protein content. The relative melanin levels were expressed as percentage of control.

### 4.3.3. Intracellular Tyrosinase Activity

B16F10 cells (2 × 10⁴ cells/well) were cultured in 24-well plates for 24 h followed by the addition of compounds and further incubated for 72 h. At the end of treatments, cells were detached, and cell pellets were washed in PBS and lysed using lysis buffer containing 1% Nonidet-P 40 (NP-40). Lysates (50 µL) were aliquoted in a 96-well microplate, and 100 µL of 3 mM L-DOPA was added. The absorbance was measured at 475 nm in the kinetic mode every 30 sec for 30 min at 30 °C using a microplate reader. The percentage of tyrosinase activity was calculated from the slope of the linear range of the velocities of inhibition and was normalized to the total protein contents.

MNT-1 cells (1.2 × 10⁵ cells/well) were seeded in 12-well plates and treated with the compounds the next day, and cultures were continued for a duration of 5 d. At the end of treatments, the intracellular tyrosinase activity was assayed similar to the method outlined earlier for B16F10 cells.

### 4.3.4. Tyrosinase Protein Levels

B16F10 cells (5 × 10⁴ cells/well) were cultured in 12-well plates for 24 h followed by the addition of compounds, and cultures were maintained for 72 h. At the end of treatments, cells were lysed, and supernatants were collected and stored at −20 °C. For assaying tyrosinase protein levels, a sandwich-based ELISA kit (LSBio, Seattle, WA, USA) was run according to the manufacturer’s instructions. The relative tyrosinase expression was evaluated by measurement of absorbance at 450 nm, which was normalized to total protein contents and reported as percentage of the untreated control group.

MNT-1 cells were seeded in a 96-well plate and treated with compounds for 5 d and then analyzed for tyrosinase protein expression using a cell-based ELISA (Lifespan Biosciences Inc., Seattle, WA, USA) based on the manufacturer’s instructions. The use of cell-based ELISA as a modified ELISA capable of detecting protein markers on cell surfaces with a higher sensitivity has been validated in previous reports [51,52]. Crystal violet stain was used to normalize the absorbance values to cell density in each well and relative levels of tyrosinase protein expression was reported as percentage of control.
4.4. Cell-Free Tyrosinase Activity Using L-TYR and L-DOPA Substrates

In order to elucidate if the mechanism of melanogenesis stimulation by HMs might include a direct effect on tyrosinase enzyme activity, we tested the compounds with a purified mushroom tyrosinase using two substrates: L-TYR (monophenolase) and L-DOPA (diphenolase) based on the method reported in our earlier work [53]. For testing monophenolase activity, 80 µL of compounds prepared in 0.05 M sodium phosphate buffer were added to 96-well plates followed by the addition of 100 µL of 1 mM L-TYR substrate. The reaction was initiated by adding 20 µL of enzyme (final enzyme concentration was 12.5 µg/mL) and monitored by measuring absorbance at 475 nm for 30 min, using a microplate reader in kinetic mode. The slopes of the plots of absorbance vs. time were normalized to total protein content and expressed as percentage of control. For testing diphenolase activity, a similar method was used, except the substrate used was 100 µL of 6 mM L-DOPA and 20 µL of enzyme (at final concentration of 3.5 µg/mL). The slopes of the kinetic readings were calculated to determine and compare tyrosinase activity from the control.

4.5. Statistical Analysis

One-way analysis of variance (ANOVA) with Tukey’s test or Dunnett’s post-hoc test was run using GraphPad Prism software (version 4.0, GraphPad Software Inc, La Jolla, CA, USA). Differences were considered statistically significant at \( p < 0.05 \). All data are reported as mean ± SD.

5. Conclusions

In conclusion, our results demonstrate a proof-of-principle for the critical role of the β-diketone moiety of curcumin in inhibiting melanogenesis, since its hydrogenation resulted in the enhancement of melanogenesis instead of inhibition. Furthermore, our results in MNT-1 cells demonstrate that the successive hydrogenation of β-diketone does not lead to a further stimulation of melanogenesis. We also report the novel finding of pro-melanogenic activity of HMs of curcumin, with THC emerging as the best candidate for stimulating melanogenesis in B16F10 mouse melanoma cells and MNT-1 human melanoma cells, which is indicative of its promise as a pro-melanogenic compound for gray hair and vitiligo therapy. THC, in contrast to the other two HMs (HHC and OHC), merits further investigation as a bioactive candidate for increasing melanin synthesis, and more in-depth studies on a mechanistic level and testing in primary human melanocytes are warranted for future work.

Supplementary Materials: The following are available online at https://www.mdpi.com/2079-2842/8/1/4/s1. Figure S1: Viability of MNT-1 human melanoma cells treated with PC at various concentrations (5–40 µM) for duration of 5 d tested by Alamar Blue assay; \# \( p < 0.001 \) vs. control; One-way ANOVA with Dunnett’s test; Data are mean ± SD of triplicate determinations; Figure S2: Viability of B16F10 mouse melanoma cells treated with PC (10 µM) in the presence or absence of L-Cysteine (Cy) for duration of 3 d tested by Alamar Blue assay. Co-addition of L-cysteine (Cy) restores the cytotoxicity of PC indicating a role of the Michael reaction acceptor on the β-diketone bond; PC10 indicates PC at 10 µM; L-Cysteine (Cy) at 300 µM and 600 µM was added; (\#—\( p < 0.001 \) vs. Ctrl; letter a—\( p < 0.001 \) vs. PC10; One-way ANOVA with Tukey’s test); Data is mean ± SD of triplicate determinations. Table S1: Summary of the effects of THC, HHC and OHC on melanogenesis in both melanoma cells.

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Abbreviations

| Acronym | Description |
|---------|-------------|
| SAR     | Structure-Activity Relationship |
| PC      | Pure Curcumin |
| HM      | Hydrogenated Metabolite |
| THC     | Tetrahydrocurcumin |
| HHC     | Hexahydrocurcumin |
| OHC     | Octahydrocurcumin |
| KA      | Kojic Acid |
| DMEM    | Dulbecco’s Modified Eagle Medium |
| MEM     | Minimum Essential Medium |
| L-DOPA  | L-Dihydroxyphenylalanine |
| TYR     | Tyrosinase |
| ANOVA   | Analysis of Variance |
| HBSS    | Hank’s Balanced Salt Solution |
| HI-FBS  | Heat-Inactivated Fetal Bovine Serum |
| ELISA   | Enzyme-Linked Immunosorbent Assay |

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