Electrocaloric effects in the lead-free Ba(Zr, Ti)O₃ relaxor ferroelectric from atomistic simulations

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Abstract

Atomistic effective Hamiltonian simulations are used to investigate electrocaloric (EC) effects in the lead-free Ba(Zr₀.₅Ti₀.₅)O₃ (BZT) relaxor ferroelectric. We find that the EC coefficient varies non-monotonically with the field at any temperature, presenting a maximum that can be traced back to the behavior of BZT’s polar nanoregions. We also introduce a simple Landau-based model that reproduces the EC behavior of BZT as a function of field and temperature, and which is directly applicable to other compounds. Finally, we confirm that, for low temperatures (i.e., in non-ergodic conditions), the usual indirect approach to measure the EC response provides an estimate that differs quantitatively from a direct evaluation of the field-induced temperature change.

I. INTRODUCTION

The electrocaloric (EC) effect characterizes the change in temperature induced by a change in electric field [1–6], with the electrocaloric coefficient being defined as \( \alpha = \frac{dE}{dT} \) \( S \), where \( T \) is the temperature, \( E \) is the electric field and \( S \) is the entropy. It has the potential to be an efficient solid-state refrigeration system for a wide range of applications [6–9]. Numerous studies have been recently conducted via measurements, phenomenologies and atomistic simulations (see, e.g., Refs [1, 6, 10–24] and references therein) and have led to a better knowledge of electrocaloric effects in typical ferroelectrics, such as BaTiO₃, LiNbO₃, Pb(Zr₀.₄Ti₀.₆)O₃, (Ba₀.₅Sr₀.₅)TiO₃, as well as antiferroelectrics such as La-doped Pb(Zr,Ti)O₃. On the other hand, fewer investigations about EC effects [25–27] have been performed in another class of ferroelectrics, namely the relaxor ferroelectrics. These intriguing materials exhibit unusual features, such as a frequency-dependent and broad dielectric response versus temperature while remaining macroscopically paraelectric down to 0 K [28]. They also display several characteristic temperatures (i.e., the \( T_b \) Burns temperature, the \( T^* \) temperature and the \( T_m \) temperature) that are associated with a subtle change in some physical properties [29–34]. For instance, in Ba(Zr₀.₅Ti₀.₅)O₃ (BZT) relaxor ferroelectrics, calculations [35] indicate that the Burns temperature (below which the dielectric response does not obey the Curie-Weiss law [36]) is \( T_b \approx 450 \) K, \( T^* \approx 240 \) K, and \( T_m \approx 130 \) K is the temperature at which the dielectric response exhibits a peak, as also in line with measurements in BZT compounds [33, 34, 37, 38]. The microscopic origin of these features is commonly believed to be the existence of the so-called polar nanoregions (PNRs) below the Burns temperature [39]. Interestingly, studies devoted to EC effects in relaxor ferroelectrics have resulted in original findings. One example includes the failure of indirect methods (which are based on thermodynamic equilibrium considerations) in the relaxor ferroelectric PVDF-TrFE-CFE terpolymer to obtain the real change in temperature induced by an electric field for temperatures below which the broad dielectric constant peaks, because of non-ergodicity [25]. Another example is the non-monotonic behavior of the EC coefficient with the magnitude of the electric field at the fixed critical point temperature \( T_{CP} \) in Pb(Mg,Nb)O₃ (PMN), (Pb,La)(Zr,Ti)O₃ and Pb(Mg,Nb)O₃–PbTiO₃ relaxors [27]; especially intriguing is the existence of a maximum of this coefficient at the specific field \( \xi_{CP} \) for this \( T_{CP} \) temperature, with \( (T_{CP}, \xi_{CP}) \) corresponding to the critical point at which the paraelectric-to-ferroelectric transition changes its nature from first order to second order. It is worthwhile to realize that these latter results were obtained for lead-based relaxor ferroelectrics while there are also (environmentally-friendly) lead-free relaxor ferroelectrics, such as Ba(Zr₁₋ₓTiₓ)O₃, that are fundamentally distinct. For instance, the difference in polarizability between Ti and Zr ions in Ba(Zr₀.₅Ti₀.₅)O₃ was found to be essential to reproduce relaxor behavior via the formation of small Ti-rich PNRs embedded in a paraelectric matrix [35], while the relaxor nature of lead-based PMN was predicted to rather originate from a complex interplay between random electric fields, ferroelectric and antiferroelectric interactions – yielding much larger PNRs touching each other at low temperatures [40]. Another striking difference between Ba(Zr₀.₅Ti₀.₅)O₃ and PMN is that a recent atomistic simulation did not find any trace of a first-order paraelectric-to-ferroelectric phase transition when subjecting Ba(Zr₀.₅Ti₀.₅)O₃ to electric fields, that is, the polarization seems to always continuously evolve with the magnitude of the electric field in this lead-free compound [41].

One may therefore wonder about EC effects in lead-free relaxor ferroelectrics, even more when realizing that a recent study done in Ba(Zr₁₋ₓTiₓ)O₃ with \( x = 0.20 \) reported a giant \( \alpha \) electrocaloric coefficient [42, 43] (note that this system is different from Ba(Zr₀.₅Ti₀.₅)O₃ in the sense that it possesses a polar ground state in addition to some relaxor features). For instance, many questions remain to be addressed in Ba(Zr₀.₅Ti₀.₅)O₃: Do indirect and direct methods also provide different results below a specific temperature? How does...
α behave with the dc electric field for the different temperature ranges in BZT, i.e. above $T_b$, between $T_b$ and $T^*$, between $T^*$ and $T_m$, and below $T_m$? In particular, can α exhibit a maximum for some intermediate field at any of these temperature ranges? If such maximum exists, what is its microscopic origin? Other natural questions to ask are if and how α depends on temperature for fixed electric fields, and if it is possible to reproduce and understand such (presently unknown) dependency.

As we will see below, this manuscript provides an answer to all these open questions, by conducting and analyzing atomistic simulations on Ba(Zr$_{0.5}$Ti$_{0.5}$)O$_3$ ferroelectric relaxors. This article is organized as follows. Section II provides details about the methods used here. Results are given, analyzed and explained in Section III. Finally, Section IV concludes this work.

II. METHODS

We use here a first-principles-based effective Hamiltonian (H$_{eff}$) approach that has been recently developed for Ba(Zr$_{0.5}$Ti$_{0.5}$)O$_3$ (BZT) solid solutions [35, 41, 44–46]. The total energy of the effective Hamiltonian used here contains two main terms: $E_{\text{int}}(\{\mathbf{u}_i\}, \{\mathbf{v}_i\}, \eta_{HT}, \{\sigma_j\}) = E_{\text{av}}(\{\mathbf{u}_i\}, \{\mathbf{v}_i\}, \eta_H) + E_{\text{loc}}(\{\mathbf{u}_i\}, \{\mathbf{v}_i\}, \{\sigma_j\})$, where $\{\mathbf{u}_i\}$ is the local soft mode in unit cell $i$ (which is related to the electric dipole of that cell and that is technically centered on the Zr or Ti ions), $\{\mathbf{v}_i\}$ are variables related to the inhomogeneous strain inside each cell, $\eta_H$ is the homogeneous strain tensor, and $\{\sigma_j\}$ represents the atomic configuration of the BZT solid solutions (i.e., how Zr and Ti ions are distributed within the B-sublattice of BZT). $E_{\text{av}}$ contains five energetic terms: (i) the local-mode self-energy; (ii) the long-range dipole-dipole interaction; (iii) the energy due to short-range interactions between local modes; (iv) the elastic energy; and (v) the energy representing the interaction between local modes and strains [47]. $E_{\text{loc}}$ describes how the actual distribution of Zr and Ti cations affects the energetics involving the local soft-modes $\mathbf{u}_i$ and the local strain variables, and therefore depends on the $\{\sigma_j\}$ distribution [35, 41, 44]. One can also add to $E_{\text{int}}$ an energy given by the dot product between polarization and electric field, in order to mimic the effect of such field on physical properties.

This effective Hamiltonian successfully predicted the existence of three characteristic temperatures in BZT, namely the Burns temperature ($T_b \approx 450$ K) below which the dielectric response does not follow anymore the Curie-Weiss law [36], the so-called $T^*$ (that is close to $\approx 240$ K), and the $T_m$ temperature at which the dielectric response can exhibit a peak ($T_m \approx 130$ K) [35], as consistent with experimental findings for BZT systems [33, 34, 37, 38]. This atomistic scheme also yields polar nanoregions inside which the Ti-centered dipoles are aligned parallel to each other, with these PNRs being dynamic in nature between $T^*$ and $T_b$ while, below $T_m$, they are static and all have a polarization pointing along one of the eight $(111)$ pseudo-cubic directions [35]. The polarizations of these different PNRS cancel each other, as consistent with the fact that BZT is macroscopically paraelectric down to 0 K [33–35, 37, 38]. This effective Hamiltonian was also successful in reproducing the unusual dielectric relaxation known to occur in relaxor ferroelectrics [46]. Here, we implement this $H_{eff}$ within Monte Carlo (MC) and Molecular Dynamics (MD) simulations, in order to determine and understand EC effects in BZT relaxors — as modeled by $14 \times 14 \times 14$ supercells (13720 atoms) in the MC computations and $32 \times 32 \times 32$ (32768 atoms) in the MD simulations. Note that this different choice of supercells between the MC and MD simulations originates from the fact that the code we used for the MD computations can handle larger supercells, and that the use of $32 \times 32 \times 32$ supercells allows the temperature change in MD simulations to be easily sorted out from the temperature fluctuations. Note also that we numerically checked that the use of $12 \times 12 \times 12$, $14 \times 14 \times 14$ and $16 \times 16 \times 16$ supercells provides similar results, which suggests that our Monte-Carlo simulations are free from significant size effects. These supercells are periodic along the three Cartesian directions, and Zr and Ti atoms are randomly distributed inside them. We also average our physical results over 20 of these random configurations for both MC and MD simulations, in order to mimic well disordered BZT solid solutions.

Let us now indicate how we practically compute, from these simulations, the electrocaloric coefficient $\alpha = \frac{\partial T}{\partial E}|_E$ leading to the adiabatic temperature change

$$\Delta T = - \int \frac{E^2}{C_E(T)} \left[ \frac{\partial P}{\partial T} \right]_E dE,$$

where $P$ is the macroscopic polarization and $C_E$ is the heat capacity per unit volume under constant dc electric field. Such latter equation therefore tells us that we can obtain $\alpha$ from MC simulations by computing

$$\alpha = - \frac{T}{C_E} \left[ \frac{\partial P}{\partial T} \right]_E.$$

This way of extracting $\alpha$ is coined MC-1 here.

For instance, Fig. 1(a) reports the polarization as a function of temperature obtained from MC simulations on Ba(Zr$_{0.5}$Ti$_{0.5}$)O$_3$, for dc electric fields all applied along the pseudo-cubic [001] direction and ranging between $2.0 \times 10^7$ and $3.0 \times 10^8$ V/m in magnitude. Values of $\left[ \frac{\partial P}{\partial T} \right]_E$ are then obtained from cubic B-spline fits to these $P(T)$ curves, which allows us to determine $\alpha$ via Eq. (2). Note that the heat capacity at a given electric field $E$ is calculated as: $C_E = \frac{\langle (E_{\text{int}}^2) - (E_{\text{int}})^2 \rangle}{T^2 k_B} + \frac{15}{2} k_B$, where $N$ is the number of sites in the supercell, $E_{\text{int}}$ is the total internal energy provided by the effective Hamiltonian, $\langle \rangle$ denotes the average over the MC sweeps at every considered $T$ temperature, $k_B$ is
from zero to a specific value, $\mathcal{E}_f$, and then ramped down from $\mathcal{E}_f$ to zero. Practically, we chose the time dependence of the applied field $\mathcal{E}(t)$ amplitude to be

$$\mathcal{E}(t) = \frac{\mathcal{E}_f}{2} \left( \tanh \left( \frac{t - t_{up}}{\tau} \right) - \tanh \left( \frac{t - t_{down}}{\tau} \right) \right), \tag{4}$$

where $t_{up}$ and $t_{down}$ denote the times when the field magnitude reaches $\mathcal{E}_f/2$ during ramping up and down, respectively. The ramping up/down time frames thus correspond to

$$t_{up/down} - \tau/2 \leq t \leq t_{up/down} + \tau/2, \tag{5}$$

with $\tau$ representing the time interval during which the field on/off switching happens. The “hyperbolic tangent” time profile is commonly used in linear response calculations and was chosen to obtain a smooth time dependence of the external field. Notably, we observed no significant differences with test calculations where the time dependence of the external field was assumed linear as described in Ref. [18]. To test the convergence of results with respect to $\tau$, and the integration time-step $\Delta t$, the test runs were performed for values of $\tau$ ranging from 20 ps to 200 ps and values of $\Delta t$ from 0.001 fs to 4 fs. All the simulation were performed using the Omelyan second order symplectic integration algorithm [51]. Based on the convergence tests, the final chosen value of $\tau$ was of 188 ps with $\Delta t$ equal to 0.1 fs ensuring the energy conservation for constant field simulation up to the maximum relative error of $10^{-6}$. The inverse rate of the change of the applied field was thus close to 188 fs · cm/kV for the applied field magnitude of 1000 kV/cm. For the chosen simulation parameters, we find that the calculated field induced temperature change upon ramping down $\Delta T_{down}$ is equal in magnitude, but opposite in sign, to the temperature change $\Delta T_{up}$ produced by the switching on the external field for temperatures above $T_m$ — a result that is naturally expected for time-reversible processes. However, for $T < T_m$, during the ramping down of the applied field the temperature first exhibited a drop which was subsequently followed by an increase (note that this result was also tested for convergence with respect to $\tau$ and $\Delta t$). Such behavior, broadly speaking, can be attributed to the loss of ergodicity below $T_m$. The detailed investigation of the microscopic mechanism responsible for this unusual behavior lies beyond the scope of the current study and, for the purposes of the present work, the EC temperature change $\Delta T$ was defined to be equal to $\Delta T_{up}$, and the $\alpha$ EC coefficient associated with a specific field’s magnitude can then be obtained by taking the derivative of $\Delta T_{up}$ with respect to $\mathcal{E}_f$ at this specific field’s magnitude. Such results will be denoted as “MD” here [52].

Note that data from MC-1 and MC-2 approaches can be considered to be associated with the indirect method to obtain EC effects, because they are based on thermodynamic equilibrium. On the other hand, data obtained from MD computations yield the direct EC effects, which may differ from those obtained from the indirect way for systems adopting

The Boltzmann constant, and $V$ is the volume of the unit cell. The factor $\frac{15}{2}$ in that formula reflects that there are five atoms in the unit cell of perovskites [16]. Moreover, $C_{\mathcal{E}}$ is computed for different temperatures and electric fields, implying that it can, in principle, depend on $T$ and $\mathcal{E}$. However, we numerically found that these dependencies are rather weak as consistent with measurements [42] and that $C_{\mathcal{E}}$ is always very close to 2.18 MJ/K m$^3$.

Interestingly, there is another way to obtain the EC coefficient from MC runs, that is by taking advantage of the cumulant formula given in Ref. [48]:

$$\alpha = -Z^* \alpha_{lat} NT^2 \left\{ \frac{\langle |u| E_{int} \rangle - \langle |u| \rangle \langle E_{int} \rangle}{\langle E_{int}^2 \rangle - \langle E_{int} \rangle^2} \right\}, \tag{3}$$

where $Z^*$ is the Born effective charge, $\alpha_{lat}$ is the five-atom lattice constant, $N$ is the number of sites in the supercell, $T$ is the considered temperature, $u$ is the supercell average of the local mode, $E_{int}$ is the total energy of the effective Hamiltonian, and $\langle \rangle$ denotes the average over the MC sweeps at every considered temperature. This method will be called MC-2 here. Technically, the computation of $\alpha$ via Eq. (3) is done for a chosen combination of temperature and magnitude of a $dc$ electric field applied along the pseudo-cubic [001] direction, which therefore allows us to determine the effect of temperature and applied electric field on the EC coefficient. In the following, we will also be interested in comparing the predictions of MC-1 and MC-2, mostly because the MC-2 method is less known than MC-1 while being computationally more accurate (since, unlike MC-1, it does not rely on a fit of $\frac{\Delta P}{\Delta T_s}$).

Regarding the direct approach, we determine the electrocaloric coefficient by using the ramping method of Ref. [18] within Molecular Dynamics. First, an Evans-Hoover thermostat [49, 50] is used in the MD simulations in order to equilibrate the system at an initial temperature $T$ when no electric field is applied. The electric field is then applied along the pseudo-cubic [001] direction and ramped up (with time)

**FIG. 1.** (Color online) Physical properties associated with the MC-1 method. Panel (a) shows the temperature dependency of the polarization in BZT systems subject to different $dc$ electric fields, all applied along the pseudo-cubic [001] direction but varying by $2.0 \times 10^7$ to $3.0 \times 10^8$ V/m in magnitude by steps of $2.0 \times 10^7$ V/m. Panel (b) shows the resulting change in temperature as a function of $\Delta \mathcal{E}=\mathcal{E}_2-\mathcal{E}_1$ for four selected initial temperatures, as computed from Eq. (1) and choosing $E_1 = 2.0 \times 10^7$ V/m. Note that Panel (b) also further reports the direct change in temperature at 100 K as a function of $\mathcal{E}_f$. 

$\frac{15}{2}$

$\alpha$

$\mathcal{E}_f$

$\alpha_{lat}$

$\Delta \mathcal{E}$

$\Delta T_{up}$

$\Delta T_{down}$

$T_{m}$

$\tau$

$\Delta t$

$\alpha$

$\Delta T$

$\alpha_{lat}$

$E_{int}$

$\langle \rangle$

$\langle |u| \rangle$

$\langle |u| E_{int} \rangle$

$\langle E_{int}^2 \rangle$

$\langle E_{int} \rangle$

$Z^*$

$\alpha$
non-ergodic behavior, as the one that relaxors are known to exhibit below some specific temperature $T_m$ at which the dielectric response peaks [53]. Comparisons between our MC and MD results should thus tell us the difference between the indirect and direct ways to extract EC effects in relaxors. Since we are also interested in checking if and how this difference (if any) depends on the investigated temperature region, we decided to focus on four particular representative temperatures. They are: (1) 500 K, which is above the predicted Burns temperature ($T_b \approx 450$ K) of BZT [35, 37]; (2) 300 K, which is located in-between our critical $T^* \approx 240$ K [33–35] and $T_b$; (3) 200 K, that is now between the computed $T_m$ temperature of BZT ($T_m \approx 130$ K) [35, 38] and $T^*$; and (4) 100 K, which is thus below $T_m$ (note that the Supplemental Material [54] also shows our results for the EC coefficient in BZT at 600 K).

III. RESULTS

A. EC coefficients

Figure 2 shows the electrocaloric coefficient as a function of electric field, $\mathcal{E}$, for these four different selected temperatures, and as computed from the aforementioned MC-1, MC-2 and MD methods. One can first clearly see that, for any of these temperatures, the (indirect) MC-1 and MC-2 approaches provide nearly identical results. Similarly, $\alpha$ predicted by the (direct) MD scheme agrees very well with those of MC-1 and MC-2 for 200 K, 300 K and 500 K at any field, which demonstrates that indirect methods based on Maxwell thermodynamic relation can be safely used to estimate $\alpha$ above the $T_m$ temperature of relaxors. On the other hand, Fig. 2(a) clearly reveals that the EC coefficient of the MD method significantly differs from that predicted by MC-1 and MC-2 at 100 K, as a result of non-ergodicity. In particular, at 100 K, the $\alpha$ deduced from the indirect methods are smaller than that those directly extracted, which is in agreement with previous reports [25, 53, 55]. It is also interesting to realize that the EC coefficient of the MD method gets closer to those of MC-1 and MC-2 at 100 K for the highest considered electric fields. This is because, under high electric fields, BZT relaxors can be converted to a normal ferroelectric and thus becomes ergodic [41].

Moreover, the results of Fig. 2(d) also indicate that $\alpha$ at 500 K is vanishing at small fields and then increases with $\mathcal{E}$, until it very slightly decreases for our highest investigated fields. Interestingly, our values of $\alpha$ for high fields at 500 K are of the order of $0.5 \times 10^{-7}$ K m/V, that is similar to the predicted one of $0.67 \times 10^{-7}$ K m/V in a ferroelectric phase of (Ba, Sr)TiO$_3$ [15]. Figures 2(a), 2(b) and 2(c) also show that, for temperatures below the Burns temperature, $\alpha$ adopts a very clear maximum for an intermediate field (whose value is dependent on temperature) within our investigated range of electric fields. In other words, at temperatures of 300 K, 200 K or 100 K, the EC coefficient first increases with field before noticeably decreasing. Such non-monotonic behavior of $\alpha$ (starting with a vanishing value at small fields and having a peak for an intermediate field before decreasing for larger fields) was indeed measured, as well as reproduced by the so-called phenomenological spherical random bond random field model, in Pb(Mg,Nb)O$_3$, (Pb,La)(Zr,Ti)O$_3$ and Pb(Mg,Nb)O$_3$–PbTiO$_3$ relaxors in Ref. [27], but only for a specific temperature: namely, the critical temperature at which the discontinuous electric-field-induced ferroelectric transition of these systems becomes continuous (for the value of the electric field associated with the maximum of $\alpha$). Our results displayed in Fig. 2 therefore generalize such finding by indicating that, for any temperature, $\alpha$ of BZT can also exhibit a maximum within the investigated field range. Further, note also that BZT differs from the cases of Pb(Mg,Nb)O$_3$, (Pb,La)(Zr,Ti)O$_3$ and Pb(Mg,Nb)O$_3$–PbTiO$_3$ in the sense that the temperature behavior of the polarization displayed in Fig. 1(a) is always continuous for any investigated field. It is worthwhile to know that the maximum of $\alpha$ at a certain field was also predicted to occur in Ba$_{0.5}$Sr$_{0.5}$TiO$_3$ [16] and defect doped BaTiO$_3$ [56], and that we also found this non-monotonic behavior of $\alpha$ in the paraelectric phase of BaTiO$_3$ (BTO) bulk – as evidenced in the Supplemental Material [54].

B. Analysis of the results via a Landau-like model

Let us now try to understand the main results of Fig. 2. For that, we start from a simplest Landau free-energy potential

\[ \beta \frac{\partial^2 \alpha}{\partial T^2} \left| T \right|, \]

where $\beta$ is a constant and $\partial^2 \alpha / \partial T^2$ is obtained from the data of Fig. 3. Error bars (resulting from the use of 20 different disordered alloy configurations) are also shown for the MC-2 data.
describing the behavior of a non-linear dielectric
\[ F = F_0(T) + \Delta F(T, P, E) \]
\[ = F_0(T) + \frac{1}{2}a(T)P^2 + \frac{1}{4}bP^4 - EP, \]
where \( F_0(T) \) captures the basic temperature dependence of the free energy of the materials, and the other terms account for the variations that involve the development of a polarization or application of an electric field. Note that the temperature dependence of the harmonic \( a(T) \) parameter can be a complex one in our BZT compound with various regimes, as inferred from the temperature behavior of the dielectric response under dc field and discussed in Ref. [35]: for \( T > T_b \) we have \( a(T) \propto (T - T_0) \), while for \( T < T_m \) we have \( da(T)/dT \sim 0 \), and for \( T_m < T < T_b \) we have a smooth interpolation between these two regimes (note that (i) \( T_0 \) is extracted from the Curie-Weiss behavior of the dielectric response above \( T_b \) and can be negative in relaxor ferroelectrics, as predicted and experimentally found in Refs. [35, 37]; and (ii) that the aforementioned behaviors of \( a(T) \) implies that it is increasing with temperature above \( T_m \)). In the following equations we will work with a generic \( a(T) \) > 0, noting that the final results have to be interpreted depending on the \( T \) region we are in. In particular, the phenomenological equations to be derived here (namely, Eqs. (6)-(16)) can only be safely applied to temperatures above \( T_m \). This is because these equations rely on thermodynamic equilibrium while BZT is non-ergodic below \( T_m \). Finally, the positive parameter \( b > 0 \) accounts for the saturation of the dielectric response of the material.

Let us now discuss the behavior of the EC coefficient as predicted by this simple model. The entropy can be obtained as
\[ S = -\frac{dF}{dT} = -\frac{dF_0}{dT} - \frac{\partial \Delta F}{\partial T} - \frac{\partial \Delta F}{\partial P} \frac{dP}{dT}. \]
Noting that at equilibrium we have \( \partial \Delta F/\partial P = 0 \), we obtain:
\[ S = -\frac{dF_0}{dT} - \frac{\alpha'(T)}{2}P^2, \]
where \( \alpha' = da/dT \). It is then straightforward to derive the following expression for \( \alpha \):
\[ \alpha = -\frac{T}{C_E} \frac{\partial S}{\partial E} \bigg|_T \]
\[ = \frac{T\alpha'(T)}{2C_E} \frac{\partial P^2}{\partial E} \bigg|_T \]
\[ = \frac{T\alpha'(T)}{C_E} P \chi, \]
where \( \chi \) is the dielectric susceptibility.

Interestingly, the behavior of a dielectric for small electric fields can be readily discussed from this expression. Indeed, if \( P = 0 \) for \( E = 0 \), then we have \( P = \chi E \), which leads to \( \alpha \propto E \), assuming that the dependence of the specific heat \( C_E \) on the electric field can be neglected. This prediction is fully consistent with the null value of \( \alpha \) reported in Fig. 2 at zero field for any temperature, and immediately implies that \( \Delta T \propto E^2 \) – which shows that the EC effect is null in the limit of small \( E \).

To discuss the behavior of \( \alpha \) for arbitrary electric-field values, we recall the equilibrium condition \( \partial F/\partial P = 0 \) to obtain
\[ a(T)P + bP^3 = E. \]
Further, if we take the derivative with respect to the electric field on both sides of this equation, we get
\[ a(T)\chi + 3bP^2\chi = 1, \]
which leads to
\[ \alpha = \frac{2T}{C_E} \frac{\alpha'(T)P}{a(T) + 3bP^2}. \]
This interesting expression implies that, in the limit of large polarizations (or, equivalently, large electric fields), we have \( \alpha \rightarrow 0 \). Hence, since we also know that \( \alpha = 0 \) for \( E = P = 0 \), it immediately follows that the EC coefficient will present at least one extremum (maximum or minimum) at intermediate values of the electric field, as also consistent with our numerical results of Fig. 2. Of course, whether or not such an extremum is experimentally accessible will depend on the breakdown field of a particular material or sample; yet, at least one extremum has to exist in principle. Note also that \( \alpha \) will adopt a maximum if \( \alpha'(T) \) is positive (which is the case of BZT) while it will possess a minimum if \( \alpha'(T) \) is negative.

To find the electric field that makes \( \alpha \) maximum, we have to solve
\[ \frac{d\alpha}{dE} = -\frac{2a'(T)}{C_E}(\chi^2 + P_m\chi') = 0, \]
where \( \chi' = d\chi/dE \) captures the non-linear dielectric response of the material, and \( P_m \) is the value of the polarization for which \( \alpha \) is maximum. The non-linear response \( \chi' \) is related to \( P \) and \( \chi \) by
\[ a(T)\chi' + 6bP\chi^2 + 3bP^2\chi' = 0, \]
which we obtain by taking the field derivative of both sides of Eq. (11). From the last two relations, one can show that the condition to have an extremum of \( \alpha \) reduces to
\[ P_m^2 = \frac{a(T)}{3b}, \]
from which several conclusions can be immediately drawn. First, for stiff materials – i.e., those with \( a(T) \gg 0 \) – the extremum of \( \alpha \) will occur at relatively large value of the polarization and applied electric field. Similarly, if the dielectric response is very linear – i.e., for small \( b > 0 \) –, the extremum of \( \alpha \) will also tend to occur for large values of \( P \) and \( E \). Finally, using a linear approximation for the polarization as a function of field, \( P \sim \chi E \), we can write
\[ E_m^2 \approx \frac{a(T)}{3b\chi^2} = \frac{4a^3(T)}{3b}. \]
which provides us with a useful (albeit approximate) expression for the electric field corresponding to $\alpha$’s extremum. For instance, it tells us that $E_m$ should increase with temperature if $\alpha(T)$ is enhanced with temperature (which is precisely the case for BZT). This increase of $E_m$ with temperature is indeed confirmed in Fig. 2 for temperatures above 200 K, and is also consistent with the fact that, at 500 K, the maximum of $\alpha$ occurs for electric fields being close to our highest investigated values.

Moreover, the second line of Eq. (9) indicates that $\alpha = \beta T \frac{\partial P^2}{\partial E} \bigg|_T$, with $\beta = \alpha'(T)$. In other words, assuming that $C_E$ is independent of temperature and electric field, and that $\alpha'(T)$ is also a constant (which is, e.g., what Curie-Weiss law [36] provides), this expression implies that the numerical data of the MC-1 and MC-2 approaches for the EC coefficient should be well fitted by the product of temperature and the derivative of the square of the polarization with respect to electric field, once rescaling this product by a constant [57, 58]. Figure 2 indeed tells us that this is the case for any temperature (especially at and above 200 K, where we are in ergodic equilibrium conditions), since these figures further display the results of such fits by means of solid green curves. In other words, one can safely use Eq. (9) to reproduce and understand the EC coefficients numerically obtained by the indirect methods for any temperature and field (note that the Supplemental Material also shows that Eq. (9) can be accurately used for the $\alpha$ coefficient of typical ferroelectrics, such as BaTiO$_3$, which further emphasizes its generality). In particular, the second line of Eq. (9) indicates that, for a given temperature, the non-monotonic and unusual behavior of $\alpha$ with fields obtained by MC-1 and MC-2 should be directly related to the dependence of $\frac{\partial P^2}{\partial E} \bigg|_T$ with $E$. To check such interesting idea, Figs. 3(a)-3(d) report the square of the macroscopic polarization as a function of electric field applied along the [001] direction at 100 K, 200 K, 300 K and 500 K, respectively. The central inset of these figures displays the derivative of this quantity with respect to the field, and reveal that, indeed, $\frac{\partial P^2}{\partial E} \bigg|_T$ has the same trend as the indirect EC coefficient of Fig. 2. In particular, Figs. 3(a)-3(d) reveal that $\alpha$ is very small for low fields at any temperature, simply because the square of the polarization is basically independent of electric fields for small $E$ [59]. Such strong connection between $\alpha$ and $\frac{\partial P^2}{\partial E} \bigg|_T$ is reinforced when realizing that the field resulting in a maximum of the $\alpha$ coefficient of the MC-1 and MC-2 methods at 100 K, 200 K, 300 K and 500 K is very close to the field at which $\frac{\partial P^2}{\partial E} \bigg|_T$ is optimal at these temperatures. It is also interesting to realize that the maximal value of $\alpha$ of the indirect methods increases by a factor of about 3 when increasing the temperature from 100 K to 300 K, while the corresponding maximum of $\frac{\partial P^2}{\partial E} \bigg|_T$ is quite similar between 100 K and 300 K. Such feature can, in fact, be understood by the fact that the second line of Eq. (9) indicates that the EC coefficient is directly proportional to the temperature. In other words, increasing the temperature increases $\alpha$ in case of similar $\frac{\partial P^2}{\partial E} \bigg|_T$ (note that Eq. (9) is also consistent with the computational finding of the enhancement of $\alpha$ with temperature in the ferroelectric phases of (Ba,Sr)TiO$_3$ in Ref. [15]),

C. Microscopic insights

Let us now try to reveal the microscopic origins of the maximum of $\frac{\partial P^2}{\partial E} \bigg|_T$ at 200 K and 300 K (which explains the maximum of the indirect and direct $\alpha$ of these temperatures) as well as the peak of the $\alpha$ obtained by the MD simulations at 100 K (recall that, for temperature below $\approx$ 130 K, BZT is non-ergodic and thus can not be technically described by Eq. (9)). For that, we focus on the field evolution of the microscopic configurations of BZT at 100 K. Some insets of Fig. 3(a) show dipolar snapshots within a given $(x, z)$ plane obtained from MC simulations at 100 K for different electric fields. They reveal that the microscopic dipolar pattern is rather complex and sensitive to electric fields. For instance, there are different polar nanoregions inside which the dipoles centered on Ti ions align along one of the eight ($111$) pseudocubic directions (with this direction varying from one PNR to another, e.g. from [111] to [111]), when no external field is applied [see left bottom inset of Fig. 3(a)]. Increasing the electric field then leads to the local dipoles of the PNRs ro-

FIG. 3. (Color online) The square of the macroscopic polarization as a function of the applied dc electric field, at 100 K, 200 K, 300 K and 500 K (Panels (a)-(d), respectively). The red line represents a fit by $T^{th}$ degree polynomials, which were then used to calculate the derivative $\frac{\partial P^2}{\partial E}$ that is shown in the corresponding central inset of each panel. The other insets of Panel (a) show the dipolar configurations in a given $(x, z)$ plane at 100 K, as obtained from MC simulations for different dc electric fields (0 V/m, 1.2 $\times$ 10$^5$ V/m and 3.0 $\times$ 10$^5$ V/m) applied along the pseudo-cubic [001] direction. In these latter insets, the blue and green colors indicate that the local dipoles are centered on Ti and Zr ions, respectively, and the red solid lines delimit the PNRs.
\textbf{D. Resulting change in temperature}

Let us now concentrate on the $\Delta T$ change in temperature, associated with the EC coefficient and as computed from Eq. (1), for the four studied temperatures of 100 K, 200 K, 300 K and 500 K. Note that, unlike for 200 K, 300 K and 500 K, this change in temperature will not be the “direct” one for 100 K because the system is non-ergodic at this temperature, while Eq. (1) assumes thermodynamic equilibrium. We nevertheless report in Fig. 1(b) the data for $\Delta T$ as a function of a change in electric field, $\Delta \mathcal{E}$, at 100 K, along with those of 200 K, 300 K and 500 K, for the sake of comparison. Technically, the $\Delta T$ of Eq. (1) is computed by integrating the $\alpha$ coefficient calculated by the MC-1 indirect method (see Eq. (2)) from $\mathcal{E}_1$ to $\mathcal{E}_2$, with $\Delta \mathcal{E}$ being the difference between the magnitude of these two fields and always choosing $\mathcal{E}_1 = 2.0 \times 10^7$ V/m while varying $\mathcal{E}_2$ when changing $\Delta \mathcal{E}$. Two main features can be seen from Fig. 1(b): (i) for any temperature, $\Delta T$ is not linear with $\Delta \mathcal{E}$, as also observed near 310 K in the Ba(Zr$_{0.3}$Ti$_{0.7}$)O$_3$ material [42] exhibiting relaxor behavior and which is in contrast with, e.g., the cases of the ferroelectric Pb(Zr$_{0.95}$Ti$_{0.05}$)O$_3$, Pb(Zr$_{0.4}$Ti$_{0.6}$)O$_3$, (Ba$_{0.5}$Sr$_{0.5}$)TiO$_3$ and Pb(Mg,Nb)O$_3$-PbTiO$_3$ systems reported in Refs. [4, 14, 15, 60]; and (ii) for any given electric field above $\approx 1.5 \times 10^8$ V/m, $\Delta T$ is enhanced when the considered initial temperature increases. Item (i) originates from the fact that $\alpha$ strongly depends on electric field and can even be non-monotonous with $\mathcal{E}$ in relaxor ferroelectrics (see Fig. 2). Item (ii) can be simply understood by realizing that Eq. (9) provides a dependence of the EC coefficient on temperature. Note that we also numerically checked that our $\Delta T$ are not directly proportional to the power 2/3 of the electric field, except for fields above $10^8$ V/m at 500 K, which contrasts with the prediction of Ref. [23]. Furthermore, our MD predictions for $\Delta T$ at 100 K are also given for comparison in Fig. 1(b), which demonstrates, once again, that results from direct and indirect approaches differ below $T_m$. One should also recall that atomic schemes, such as effective Hamiltonians, typically provide an overestimation by one order of magnitude with respect to experiments for electric fields [61] while they tend to yield correct values for the EC coefficient (as shown in the Supplemental Material). Experiments are thus called for to determine by which factors the temperatures and fields of Fig. 1(b) would have to be rescaled in BZT (if any).

\section{IV. SUMMARY}

In summary, we combined an atomistic effective Hamiltonian scheme with Monte-Carlo and Molecular Dynamics techniques to investigate electrocaloric effects in the lead-free BZT systems subject to electric fields of different magnitude and all oriented along the pseudo-cubic [001] direction. It is found that, for any temperature, $\alpha$ exhibits a non-monotonic behavior with field that consists of small values at low fields, followed by an increase up to a maximum before decreasing for larger fields. Below the Burns temperature, this maximum of $\alpha$ is demonstrated to be correlated to a very specific microscopic feature, namely to the largest number of dipoles being oriented along $\langle 111 \rangle$ directions having positive $z$-component. Finally, equalities that are derived from a simple Landau model (including one relating $\alpha$ with the product of temperature and the partial derivative of the square of polarization) reproduce and further help to understand the anomalous behavior of $\alpha$ with field and temperature in BZT, for any temperature above $T_m$ (note that we also found that this...
model can predict EC effects in typical ferroelectrics, such as BaTiO$_3$, as shown in the Supplemental Material). Our simulations also confirm that indirect and direct approaches yield similar results of the $\alpha$ EC coefficient for any temperature above the $T_m$ temperature but differ from each other for temperature below $T_m$, because of the non-ergodicity adopted by BZT at these low temperatures [7, 25].

We therefore hope that our study leads to a broader knowledge of EC effects and relaxor ferroelectrics.

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Note that the molecular dynamics simulations conducted here were done without a full account of strain dynamics following the approach of Ref. [18]. As a result, the results for the EC coefficient for the MD method were renormalized (multiplied by a factor of $C'_E/C_E$, where $C'_E$ corresponds to specific heat computed from MD simulations using fluctuation-dissipation theorem), in order to account for the concomitant change in the specific heat. Note, however, that we also performed MD simulations that include strain dynamics for some temperatures and found that the corresponding $\alpha$ coefficient is very similar (namely, within 2%) to this renormalized one for investigated electric field values.

Note that the second line of Eq. (9) can also be derived from the equality $dT = \frac{2A}{C}TPdP$ provided in Ref. [58], where $A$ is constant and where $C$ is a specific heat.