Development and Characterization of Cowry Shell-Based Hydroxyapatite for Dental and Orthopaedic Applications

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Annotation

This work investigated the suitability of the utilization of cowry shell-based hydroxyapatite (HA) in orthopaedic and dental applications. HA was synthesized via aqueous precipitation process and sintered at different temperatures. The pH and density of the synthetic HA were determined before subjecting the samples to mechanical characterization. The chemical analysis of the HA was carried out with the aid of Energy Dispersive X-ray Florescence (ED-XRF), Atomic Absorption Spectrophotometer (AAS), Fourier's Transform Infrared Spectroscopy (FTIR) and X-ray Diffraction (XRD) while the microstructural analysis was evaluated using Scanning Electron Microscopy (SEM) and Energy Dispersive Spectroscopy (EDS).

The weight of the precipitate produced at pH 9 and 10 are similar to the theoretical HA which is 8.17 g per precipitation batch assuming complete transformation of Calcium (Ca) to HA while the weight recovered at the pH 10 to 12 are greater than the theoretical value and this might be due to the presence of adsorbed water layers on the surface of the powder at the corresponding pH. The density of the synthetic HA is in the range of 2.66–3.75 g/cm³ which falls within the theoretical density of HA. The HA has the optimum hardness value of 742 HV at 900°C. The compressive strength obtained ranges from 252.20-452.5 MPa while the optimum compressive strength is 452.5 MPa at 1200°C. The tensile strength obtained is in the range of 55.84 to 86.41 MPa. The optimum value being 86.41 MPa was obtained at 1200°C and this falls within the range of the tensile strength of dense HA. The range of the elasticity of the synthetic HA is 30.83–65.05 G Pa and it was observed that the elasticity of the material increases as the sintering temperature increases. The value obtained is higher than the modulus of bone and that of human tooth but falls within the range of value of a dense HA. The fracture toughness obtained ranges from 0.65 – 2.55 MPam1/2. The optimum value of the fracture toughness which is 2.55 MPam1/2 at 1200°C is within the range of the fracture toughness of human compact bone. The ED-XRF and AAS reveal that the main component of the synthetic HA powder are calcium and phosphorus. It can be deduced from the FTIR that the synthetic sample is hydroxyapatite. Observation from the XRD patterns shows that the material is a crystalline single phase with large amount of amorphous phase which is good because amorphous components present an improve biodegradable attributes. Pure HA and other phases in minute concentration were observed in the XRD results. The SEM analysis of the HA material shows that the particle size of the material has a high dispersion. It can be observed that the images of the synthesized hydroxyapatite are porous in nature and this porous nature is a good desirable property of bone substitute. The EDS technique reveals that the elemental constituent of the synthesized HA was obtained to be Ca 55.25 wt%, P 26.91 wt% and O 17.84 wt% which implies high purity of the calcium phosphate produced through the continuous precipitation technique. The particle sizes obtained through the SEM micrographs are within the range of the sizes that can enhance bone regeneration.

This synthetic hydroxyapatite will be compatible with the human physiological environment since biocompatibility is a direct result of their chemical constituents which include ions that are commonly found in the physiological environment. The synthetic HA will therefore find applications in filling of bone defects in orthopaedic surgery, coating of dental implants and metallic prosthesis.

Keywords: Orthopaedic; Dental; Hydroxyapatite; Precipitation; Crystalline; Bone; Biocompatibility

Introduction

Bones which exist as a natural composite possess type 1 collagen with calcium phosphate in the form of hydroxyapatite in human body [1]. Bone performs several roles which include serving as a calcium reservoir, aiding the soft tissues and providing the cells...
found in the marrow that differentiate into blood cells and the likes. However, its main function is to serve as mechanical support for soft tissues as well as anchoring for the muscles which generate motion [2]. The case of fractures increases greatly with age and accident. Especially, fractures due to age is partly as a result of extraosseous factors like impaired reflex of the old age, reduced proprioceptive efficiency, reduced cushioning by fat, weakened musculature and by osseous factors such as the structural changes in the shape and size of the bone and by deterioration of the condition of the bone material also [3].

Bone graft materials are quickly becoming a vital tool in reconstructive orthopaedic surgery and demonstrate considerable variability in their appearance. Functions of bone graft materials and bone healing provide a structural substrate for these processes and serve as a vehicle for direct antibiotic delivery [4]. The most prominent and major material in the teeth and human bones is hydroxyapatite (HA). Due to this, HA with similar characteristics to natural HA are widely developed to repair and function as bone substitutes.

HA is a crucial element needed for bone regeneration. Various forms of HA have been utilized for a long time. The essence of bone regeneration always revolves around the healthy underlying bone or it may be the surroundings that give sufficient strength. HA is widely known for bone regeneration through conduction or by acting as a scaffold for filling of defects from ancient times, but emerging trends of osteo-inductive characteristics of HA are much promising for new bone regeneration [5]. Emerging technology has made the dreams of clinicians to realize the use of HA in different forms for various regenerative purposes both in vivo and in vitro.

Hydroxyapatite is among the bioceramics which represents the most commercially available regenerative graft material. Hydroxyapatite also belongs to the inorganic components of the bone and is closely associated with the bone apatite structure. It is bounded in the organic matrix, so that it exists with other mineral trace elements in the normal bone [6]. Due to the attribute of the HA, it is attracting more relevant in regenerative science as a good substitute potential material next to autograft. HA has been applied as a substitute for bone due to its chemical nature which is similar to the natural bone. The major constituent of bone is 69 wt% mineral phase, 22 wt% organic matrix and 9 wt% water [7]. Bone is the most prominent calcified tissue in mammals [6] and is a ceramic–organic bionanocomposite with a complex structure. The general formula of HA is Ca_{10}(OH)_{2}(PO_{4})_{6}, which is similar to an inorganic component of bone matrix. As a result of this similarity, rigorous and extensive research is in progress to utilize HA as a substitute for bone. HA is one of the most stable and less-soluble calcium phosphate bio ceramics with Ca/P ratio of 1.67 [7,8]. The pure HA powder is white but the naturally occurring HA can as well possess green, yellow, or brown colorations, comparable to the discolorations of dental fluorosis. In biological systems, HA occurs as a principal inorganic component of normal (bone, teeth, fish enameloid, and some species of shells) and pathological (dental and urinary calculus and stones) calcifications. The mechanical properties of HA depend on crystal size, porosity, sinterability, phase composition, density and the likes. The bending, compressive, and tensile strength values of HA ceramics respectively fall in the range of 38–250, 120–150, and 38–300 MPa [7,8]. Young’s modulus of dense HA ceramics varies from 35 to 120 GPa, depending on the residual porosity and impurities. Weibull’s modulus of dense HA ceramics lies in the range 5–18, characteristic of brittle materials. The Vicker’s hardness of dense HA ceramics is 3–7 GPa. The mechanical properties of HA bioceramics strongly depend on the microstructure and sintering ability; densely sintered bodies with fine grains are tougher and stronger than porous ones with larger grains [9].

HA bio ceramics have been widely used as artificial bone substitutes due to their excellent biological properties, which among others include bioactivity, biocompatibility, bio-affinity, osteoconduction [15], osteointegration [14] and osteoinduction [20]. HA constitutes only calcium and phosphate ions and hence no adverse local or systemic toxicity has been reported in any study. When implanted, newly formed bone binds directly to HA through a carbonated calcium-deficient apatite layer at the bone implant interface [10]. HA surface supports osteoblastic cell adhesion, growth, and differentiation, and new bone is deposited by the creeping substitution from the adjacent living bone. HA scaffolds can also function as delivery vehicles for cytokines with a capacity to bind and concentrate bone morphogenetic proteins (BMPs) in vivo [11]. HA have been investigated for its clinical viability in various bone defects [12]. Many researchers have demonstrated a better initial osseointegration and a high short-term success rate [13-15]. HA-coated implants showed varying results of survival [16-20]. Different forms of HA have been derived from different origins for various uses. Bovine HA [21-30] and synthetic HA [31-34] are major sources of HA grafts. These have shown varying success rates.

Materials and Method

The raw material for this research is cowry shell purchased from Agbado Oja, Agbado, in Ogun State Nigeria. Some of the reagents used include 0.12 M calcium hydrogen phosphate hydrate \([\text{Ca(HPO}_4\text{)}_2\cdot\text{H}_2\text{O}])\) solution, 0.3 M calcium hydroxide \([\text{Ca(OH)}_2]\) suspension, 0.3 M orthophosphate acid \((\text{H}\text{PO}_4)\) solution, 1.0 M ammonium hydroxide \((\text{NaOH})\) solution, 0.3 M ammonium phosphate \((\text{NH}_3\cdot\text{HPO}_4)\) suspension.

Pretreatment operation

The cowry shells were washed thoroughly to get rid of sand, dirt and insect larva and rinsed in deionized water prior to oven dried at 110°C for 30 minutes in order to get rid of the moisture content. The shells were pulverized into powder and subjected to sieve analysis using a sieve machine with meshes 1000 to 50 microns. The powder was calcined in a platinum crucible at 1000°C for 3 hours. The calcium oxide (CaO) formed from the calcination was converted to calcium hydroxide; \(\text{Ca(OH)}_2\) by treating it with the required amount of deionized water boiled for an hour.
Synthesis of hydroxyapatite

The synthesis of HA was achieved through an aqueous precipitation process. The 0.12 M calcium hydrogen phosphate hydrate Ca(H₂PO₄)₂·2H₂O solution and the 0.3 M Ca(OH)₂ suspension was prepared at room temperature while stirring vigorously for 15 minutes. The Ca(H₂PO₄)₂·2H₂O was slowly added to the Ca(OH)₂ suspension and stirred gently at room temperature for 60 minutes while the pH was monitored with a Jenway pH meter. The mixture was later subjected to magnetic stirrer and aged for 24 hours at room temperature. The supernatant was decanted while the precipitate was filtered off with filter paper and the residue (HA) was washed with acetone and deionized water to separate it from impurity like NH₄⁺ and the pH was also monitored. The product obtained after filtration was dried in an oven at 110°C for 24 hrs and the result obtained was made into powder.

Sample preparation

Various samples were prepared and sintered at 900, 1000, 1100, and 1200°C to investigate some of the mechanical and chemical properties as well as the phases present in the synthetic hydroxyapatite. The mechanical properties investigated include among others: the compressive strength, tensile strength, hardness, fracture toughness, modulus of elasticity. The average values of five (5) samples of the properties investigated was recorded.

Measurement of density

The density of the developed HA was evaluated with the aid of Archimedes’ principle [35]. The volume of water displaced was equal to the volume of the body immersed. The weights of the HA were obtained through Ohaus Scout TM Pro Balance SP2001 equipped with a spring balance as shown in figure 1. The HA sample was suspended in air on the spring with the aid of a thin thread and its weight determined as \( W_1 \). It was then completely submerged in a beaker of water and the new weight measured and recorded as \( W_2 \). Its density was therefore determined from equation 1 (Figure 1).

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\text{Density of HA} = \frac{\text{Weight in air}}{\text{Volume of HA}} = \frac{W_1}{W_1 - W_2}
\]

Figure 1: Set up for density determination.

Characterization techniques and mechanical tests

Vickers micro hardness, fracture toughness, tensile, compression strength tests and modulus were performed to determine the mechanical properties of the samples. The hardness of the samples was measured with a Vickers micro hardness testing system and performed on the sintered samples at 900, 1000, 1100 and 1200°C respectively. A load of 100 kg-f was applied on the sample for 20 seconds during indentation. Five (5) indentations were performed on each sample and the average was taking, recorded and plotted.

The fracture toughness, tensile and the compression tests were carried out using a Universal Testing Machine.

Chemical characterization of the developed HA was performed through Fourier transformed infrared spectroscopy (FT-IR), with a Perkin-Elmer 2000 FT-IR spectrometer, Energy Dispersive X-Ray Fluorescence (ED-XRF) and Atomic Absorption Spectrophotometer (AAS). To confirm the presence of hydroxyapatite, X-ray diffraction (XRD) analysis was carried out with the aid of an Advanced X-ray diffractometer (DE) with Cu Ka radiation. Scanning Electron Microscopy (SEM) and Energy Dispersive Spectroscopy (EDS) were employed for microstructural characterization of the developed materials.

Result

The results obtained in this research are presented below (Figure 2-9) (Table 1&2) (Figure 10-12).
Figure 4: Hardness Value of HA sintered at 900, 1000, 1100 and 1200°C.

Figure 5: Compressive Strength of HA sintered at 900, 1000, 1100 and 1200°C.

Figure 6: Tensile Strength sintered at 900, 1000, 1100 and 1200°C.
**Figure 7:** Elastic Modulus of synthetic HA sintered at 900, 1000, 1100 and 1200°C.

**Figure 8:** Fracture Toughness of HA sample sintered at 900, 1000, 1100 and 1200°C.

**Figure 9:** FTIR of the synthetic HA.
Figure 10: XRD Patterns of the synthetic HA at 900, 1000, 1100 and 1200.

Figure 11: XRD Patterns of the synthetic HA at 900, 1000, 1100 and 1200.

Figure 12: EDX of HA samples sintered at 1000, 1100 and 1200°C.
The hardness attribute of a material is very vital and typical requirement when making material selection for medical device applications. In orthopaedic and dental implants for instance, it is recommended that the hardness of the biomaterials be similar to that of the bone being substituted [37]. Kokubo reported that the implants penetrate the bone and cause harm to the host in case the hardness of the implant exceed the bone [38]. From the figure 4, it can be observed that the sintering temperature increase with increase in the hardness value of the synthetic hydroxyapatite. The HA has the optimum hardness value of 742 HV at 900°C. From [3], the Vickers hardness value of dense HA is 500-800 HV and all the values obtained from the synthetic HA are within this range.

**Compressive strength**

Hydroxyapatite lacks the mechanical strength needed for long term application in biomedical implants. In practice hydroxyapatite is either used as a bioactive coating on implants or reinforced by metal, polymer, fibre or ceramic phases. The compressive strength obtained from figure 5 ranges from 252.20 - 452.5 MPa while the optimum compressive strength is 452.5 MPa at 1200°C and these are much higher when compare to the Compressive strength of human compact bone which is 170 – 193 MPa in the direction parallel to the bone axis 133 MPa in the direction normal to the bone axis. Also, the compressive strength of human dentine and enamel are respectively 250-350 MPa and 95-370 MPa and these fall within the limit of the value of the synthetic HA.

**Tensile Strength**

Strength of implant material has great effect on the fracture of artificial organ. Inadequate strength can cause implant fracture. When the bone implant interface starts to fail, developing a soft fibrous tissue at the interface can make more relative motion between the implant and the bone under loading [45]. This causes the patient to suffer pain and after a while, the pain becomes too much unbearable and hence, the implant requires substitution through a revision surgery [39]. The tensile strength obtained ranges from 55.84 to 86.41 MPa figure 6. The maximum value being 86.41 MPa at 1200°C and this is within the range of the tensile strength of dense HA which is 40-100 MPa [40]. However, the value obtained here could not be used in the human compact bone substitute in the direction parallel to the bone axis to prevent implant failure since the tensile strength of this synthetic HA is less than that of the human compact bone in the parallel axis (124-174 MPa) but can be applied in the human compact bone at the direction normal to the bone axis [49 MPa]. Whereas, the tensile strength of human tooth (dentine and enamel) are respectively 21-53 MPa and 10 MPa [50] and are within the range of the value.
obtained, hence the synthetic HA will find applications in filling of bone defects in orthopedic surgery, coating of dental implants and metallic prosthesis.

**Modulus of Elasticity**

The modulus of elasticity of a material is a crucial property being considered in selecting material for biomedical applications. For major applications such as total joint replacement, must have higher yield strength coupled with the lower modulus similar to that of human bones [39]. The magnitude of the modulus of bone ranges from 4 to 30 GPa depending on the nature of the bone and direction of measurement [17]. If the modulus of the implant is much higher than that of the bone being replaced, it can generate severe stress concentration such as load shedding from natural bone that might make the bone to be weakened and hence, deteriorate the implant/bone interface, loosening and consequently lead to the implant failure [28,35]. The value of the average modulus of elasticity as shown in figure 7 shows that the range of the elasticity of the synthetic HA is 30.83 – 65.05 GPa and that the elasticity increases as the sintering temperature increases. The value obtained is higher than the modulus of bone and that of human tooth but falls within the range of value of a dense HA [4].

**Fracture toughness**

The fracture strength is the response of the material to the repeated cyclic loads. Fracture leads to most of the major challenges associated with implant loosening, stress shielding and ultimate implant failure. It is often reported for hip prostheses [34]. The nature of fracture greatly depends on the microstructures of the material. The microstructures of metallic biomaterials change based on the processing and heat treatment technique employed [4]. The value of the fracture toughness obtained as indicated in figure 8 ranges from 0.65 – 2.55 MPam1/2 are within the range of the dense HA. The optimum value which is 2.55 MPam1/2 at 1200 °C is within the range of the fracture strength of human compact bone [50].

**Chemical analysis**

The chemical attribute of a biomedical implant is very vital in functioning of the body. Most ceramics which have been investigated in vivo do not cause increase activity of immune system when dissolved in body fluid or in contact with tissues [16]. However, this synthetic hydroxyapatite will be compatible with the human physiological environment since biocompatibility is a direct result of their chemical constituents which include ions that are commonly found in the physiological environment such as Ca²⁺, K⁺, Mg²⁺, Na⁺ and of other ions showing very limited toxicity to body tissues such as Al³⁺ and Ti⁴⁺ as shown in table 1.

Calcium is the most abundant mineral present in the perforated cowry shell [2] and this is confirmed in table 2. The high content of calcium confirms its medicinal role in bone formation. It was reported that the content of the cowry shell can be used as possible cement for bone formation [2] and are used as cement supplement. Iron, Aluminium and Sodium are found in reasonable amount. Sodium is an extracellular cation involved in the regulation of plasma volume, acid-base balance, nerve and muscle contraction. High dietary sodium has been associated with hypertension. Iron is an important trace element in the human body. It plays prominent roles in haemopoiesis, control of infection and cell mediated immunity. The presence of these minerals contributes to its medicinal value (Sing, 2012). The presence of phytochemicals like Alkaloids, Glycosides, Tannins, Saponins, Quinones in perforated cowry shells, which are biologically important contributes to its value in many areas of medicine e.g. in physiotherapy and pharmacy. Cardenolides/Cardiac glycosides are known to be used in the treatment of congestive heart failure (Schneider and Wolfing, 2004). Saponin inhibits Na⁺ efflux and activates Na⁺ and Ca⁺⁺ antiporter in Cardiac muscle. The increased influx of Ca⁺⁺ which strengthens the contractions of heart muscle and thereby reducing congestive heart failure. Sing reported that cowry marine ecosystems: an environmental protection shells contain some minerals and secondary plant and products which are of biological importance. The reasonable level of sodium in cowry shell is desirable against the backdrop of reported health challenge of high sodium intake. The presence of cardenolides or cardiac glycosides and saponin confirms its therapeutic effects on heart related diseases (Sing, 2012).

From figure 9 the FTIR result revealed that the bands at 565-645, 960 and 1030 to 1115 cm⁻¹ correspond to phosphate group (PO₄³⁻) whereas the band at 3580 cm⁻¹ corresponds to OH group; hence these bands correspond to HA spectrum and are in tandem with [44]. The large gap between the bands reveals the presence of crystalline phase. A weak band of CO₃⁻ was also detected in the region around 1512.05 cm⁻¹ [41.43]. The wide band at 3041 cm⁻¹ and 1682.40 cm⁻¹ were attributed to absorbed water [42]. Hence, it can be deduced that the synthetic sample is certainly hydroxyapatite.

**XRD analysis**

Figure 10 shows the XRD pattern of the HA powders at 900, 1000, 1100 and 1200oC. Critical observation of the micrographs shows that the material is a crystalline single phase. The analyses of indexation indicate that this material has an hexagonal hydroxyapatite structure with the unit cell parameters determined from the XRD patterns of Ca₅₀(PO₄)₆(OH)₂ [a=b=9.263Å and c=6.941Å] derived from the Suryanarayana et al. process [25]; and this is in tandem with [31]. At the angle 2θ ranging from 20 to 60° the most sharp and intense lines could be observed. These lines correspond with the lines of the XRD spectrum in JCPDS 9–0432 file, which is similar to hydroxyapatite.

**SEM analysis**

Figure 11 shows the SEM images of hydroxyapatite sintered at 900, 1000, 1100, and 1200°C and it can be observed that the particle size varied from 200 µm to 250 µm and that some particles were agglomerated to the larger size of 250µm to 360 µm showing that the particle size of the material has a high dispersion. It can also be noticed that the images of the synthesized hydroxyapatite...
is porous in nature and this porous nature is a good desirable property of implant material since it could exhibit positive impact when applied into the dental or orthopaedic implant as it facilitates interaction between the implant and the biological environment [44].

The graphic results of the semi quantitative elemental chemical analysis yielded by EDS technique in figure 12 shows that the elemental constituent of the final synthesized white powders was obtained to be Ca 55.25 wt%, P 26.91 wt% and O 17.84 wt%. These results show high purity of the calcium phosphate produced through the continuous precipitation technique since no other chemical element was detected by the EDS technique when hydroxyapatite was analysed in different zones of the sample.

Particle size

From observation, the pore size ranging from 200–400 μm has optimal for cell and bone-tissue regenerations, and enough vascularization [1]. For instance, an in vitro and in vivo study [11] which examined poly(caprolactone) (PCL) scaffolds with various range of pore sizes, revealed chondrocytes and osteoblasts preferred larger pore sizes ranging from 380–405 μm when cultured in vitro. However, when implanted in vivo (craniac defects of rabbits), PCL scaffolds with a lesser pore size of the range 290–310 μm revealed more new bone ingrowth, which moved further into the centre of the scaffold [4]. The particle sizes obtained through the SEM micrographs are within the range of the sizes that can enhance bone regeneration. The pattern of the arrangement of the pores and size of the interconnectivity pose great influence on mechanical properties as well as the osteocoitivity of the implant. The osteoconductive scaffold makes available an appropriate environment for bone cells and bone proteins. The newly placed osteoconductive HA which lacks mechanical bone characteristics gradually acquires mechanical strength which mimic the cancellous bone due to growth of bone after incorporation [45-47].

Conclusion

HA was synthesized via aqueous precipitation process. It was discovered that the HA powder exhibits improved sinter ability and enhanced densification due to a larger surface area, which could improve the mechanical properties of the synthetic HA. The high proportion of calcium as revealed from the ED-XRF and AAS analyses confirm its medicinal role in bone regeneration. The high proportion of calcium as revealed from the ED-XRF and AAS analyses confirm its medicinal role in bone regeneration. Hence, by these various characterizations conducted it can be concluded that Hydroxyapatite exists in the prepared sample and thus, will be useful in filling of bone defects in orthopaedic surgery and coating of dental implants [48-50].

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Conflict of Interest

No conflict of interest.

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