Temporal coherence of a photon condensate: A quantum trajectory description

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In order to study the temporal coherence of a single-mode dye-cavity photon condensate, a model is developed for the dynamics which treats the condensate mode on a quantum-mechanical level. The effects of driving-dissipation and Kerr interactions on the number fluctuations are studied analytically and numerically, including the finding of a long-τ antibunching effect. Depending on the interaction strength, we quantitatively observe an exponential Schawlow-Townes-like decay or Gaussian Henry-like decay of phase correlations. The adequacy of a heuristic phasor model originating from laser physics in describing the number and phase dynamics is validated within the experimentally relevant parameter regime. The ratio of the first- and second-order coherence times is shown to be inversely proportional to the number fluctuations, with a prefactor that varies smoothly throughout the crossover between canonical and grand-canonical statistics.

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I. INTRODUCTION

In the last few decades, a vast amount of research has been done on the related phenomena of Bose-Einstein condensates (BECs) and quantum fluids [1,2], for reasons of fundamental interest as well as their exploitation for quantum simulation. The traditional platform for the realization of quantum fluids is ultracold atoms, but another fascinating platform is a BEC of photons. Because their effective mass is many orders of magnitude lower, condensation can take place at room temperature. In order to achieve thermalization, a successful approach has been to use effective photon-photon interactions in a nonlinear material, resulting in the condensation of polaritons: coherent superpositions of photons and excitons [3], of which the temporal coherence has been studied in [4] and [5].

An alternative approach, where there is no need for the photons to be hybridized, consists of letting the photons interact with their environment [6–12]. This is realized experimentally by frequent absorptions and emissions of the photons by dye molecules (the gain medium), which are themselves thermalized by collisions with solvent molecules. It has been shown [13,14] that there is a smooth crossover between laser physics and a photon BEC. The distinction is that in the latter, almost-full thermalization is reached with minor leakage, whereas in a laser, which is driven further out of equilibrium, gains and losses dominate the dynamics. A consequence is that lasers generally need population inversion for the gain medium, while a photon BEC does not.

An interesting, presently realized, feature of photon BECs in a dye microcavity system, as opposed to other BECs, is that the number of photons does not remain fixed through time, even in the absence of losses. If the gain medium is sufficiently large that saturation effects are small, the condensate will exhibit grand-canonical statistics [15–18]. This is remarkable, because the noninteracting Bose gas is one of the few systems where ensemble equivalence is not satisfied [19].

Along with these statistical fluctuations of the particle number, one observes fluctuations of the phase [20–22], as first predicted in [23]. These can be understood from a heuristic phasor model (HPM), originally proposed in laser physics [24,25], because the phase fluctuations at sufficient particle number correspond to the standard Schawlow-Townes broadening [25]. The dynamics seems richer, though, because in the grand-canonical regime the particle number can become zero so that the phase of a subsequent new photon is entirely random, known as a 'phase jump.' Although predictions from the HPM seem to match experiments so far, the theoretical understanding is still limited.

In particular, the phase jump picture suggests that a dramatic increase in temporal coherence occurs when the second-order coherence falls below roughly $g^2(0) = 1.5$, where the probability of having zero photons in the condensate starts to become exponentially small [20]. We show here that throughout the crossover between canonical and grand-canonical statistics, the phase coherence time behaves much more smoothly than expected by the phase jump analysis.

We also study the influence of a weak Kerr nonlinearity on the coherence. For ultracold atoms, the temporal coherence properties in the presence of interactions have been studied in [26] for bosons and [27] for fermions. Nonlinearities are not necessary for condensation to occur and are thus often disregarded [21]. Nevertheless, they naturally emerge in experimental setups, where a not entirely decoherent dye induces a natural Kerr effect [28]. Furthermore, it is possible to engineer these interactions on purpose, which makes the photons behave more like polaritons and might open the possibility for effects such as superfluidity [29]. It has also been proposed to realize similar behavior with $\chi^{(2)}$-nonlinear materials [30]. Although the precise intrinsic value of the Kerr nonlinearity in the commonly used dye molecules is still

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the subject of debate (a recent discussion is given in [28]), we show that already small values of the Kerr nonlinearity can substantially affect the coherence properties. Because the interaction strength can vary by many orders of magnitude, we here focus on the qualitative influence on interaction scales where the number and phase dynamics are altered significantly, while the associated energy scale per particle remains small compared to other energy scales. Apart from the instantaneous Kerr effect, delayed interaction may also arise in photonic condensates because of thermo-optical effects [31]. The latter are out of the scope of this paper because they are expected to contribute significantly only on time scales much longer than our simulations, although, in principle, our model could be extended to include them.

Throughout this work, we assume for simplicity the presence of only a single photon mode. In many experimental setups, this is valid because of the lower population of excited modes, the fact that these do not interact, and their small overlap with the condensate [32]. Analytical predictions considering only a single mode have also been successful in describing phenomena such as the decay of second-order coherence [21]. As confinement is improving with novel experiments, restriction to a single mode becomes more realistic in practice. Nevertheless, beyond this single-mode description, photonic condensates in some parameter regimes can also exhibit effects arising from multiple modes that lead to interesting physics: if the occupation of other modes is large and the finite size of the reservoir is important, mode competition can become important [12]. Large occupation of other modes in a substantially interacting system will additionally result in Beliaev-Landau scattering, which may give corrections to the single-mode results [1].

In the next section (Sec. II), we describe the photon condensate system in more detail and study the number statistics. We revisit standard results with the inclusion of a Kerr nonlinearity and present thermodynamic and dynamical estimates for the number fluctuations, which are verified by solving stochastic rate equations. We also show that weak interactions for the number fluctuations, which are verified by solving the rate equation exactly in a truncated Fock space. Therefore, at high occupation of other modes the presence of phase jumps has only a limited quantitative effect on the phase decay. We formulate our conclusions in Sec. VI. In the Supplemental Material we provide [37].

II. NUMBER STATISTICS

A. Model for a driven-dissipative, interacting photon condensate

We assume a reservoir containing \( M_{\text{tot}} \) two-level dye molecules, of which \( M_1 \) (\( M_2 \)) are in the excited state (ground state). Because of the rapid decoherence due to collisions with solvent molecules [13], these numbers can be treated as classical integers. We consider this reservoir to be coupled with a single, quantum mechanical, photon mode with number operator \( \hat{n} \). Because we restrict ourselves in this section to number statistics, it is sufficient to consider only number eigenstates (Fock states) with \( n \) photons. The corresponding rate equation for the photons is then given by

\[
\frac{dn}{dt} = -dN + dM. \tag{1}
\]

Here \( dN \) and \( dM \) are Poisson processes describing molecular absorption at rate \( B_{12} M_1 n \) and molecular emission at rate \( B_{21} M_2 (n+1) \), respectively, where \( B_{12} \) and \( B_{21} \) are the modified Einstein coefficients for absorption and emission [15]. For convenience, we define \( \gamma := B_{12} M_1 \) and \( R := B_{21} M_1 \). In the absence of losses, the total number of excitations \( \hat{X} = M_1 + n \) is conserved such that \( dM_1 = -dn \) and \( dM_2 = dn \). For this system, many previous analytical results regarding the number distribution and correlation functions have been summarized in [21]. In practice, the quality factors of cavities are restricted so that an additional loss at rate \( \kappa \langle n(t) \rangle \) [6] takes place, which is compensated by an additional pumping of molecules. In a typical experimental setup, \( \gamma \gg \kappa \), so that we expect losses not to affect the number statistics significantly. As we are concerned with ensemble statistics only, we have the freedom to choose the photon-counting unraveling for external losses [38], such that they are also modeled by a Poisson process \( dK \). This results in a rate equation,

\[
\frac{dn}{dt} = -dN + dM - dK. \tag{2}
\]

In order to keep the long-time expectation value of \( \hat{X} \) constant, the molecule reservoir is pumped through a process \( dP \) with constant rate \( \kappa \pi \), where \( \pi \) is the average particle number such that

\[
dM_1 = dN - dM + dP \tag{3}
\]
In general, the Einstein coefficients $B_{12}$ and $B_{21}$ of the absorption and emission processes are related by the Kennard-Stepanov law (see the Supplemental Material to [15]):

$$\frac{B_{21}(\omega)}{B_{12}(\omega)} = \frac{\omega_1}{\omega_2} e^{-\beta(\omega_1 - \omega_2)}.$$  \hspace{1cm} (6)

Here, $\omega$ is the frequency of the photon, $\omega_0$ the frequency of the atomic transition between the ground and the excited states of the dye, $\beta = \frac{1}{T}$ the inverse temperature (we set $k_B = \hbar = 1$ throughout this work), and $w_{\pm}$ are weight coefficients taking into account the internal molecular density of (rovibrational) states in the electronic ground and excited level. For noninteracting photons with frequency $\omega$, the frequency dependence in (6) depends only on the detuning $\omega_0 - \omega = \Delta$.

A Kerr effect adds by definition an interaction energy $E_{int}(n) = \frac{\omega}{2} n^2$ to the photons. The $n$th photon now carries a frequency $\omega = \omega_0 + [E_{int}(n) - E_{int}(n-1)] \approx \omega_0 + \omega n$. As long as the interaction strength and particle number are not excessively large, only the relative difference between $B_{21}(\omega)$ and $B_{12}(\omega)$ is important, so that we can treat $B_{12}$ as constant. With this, we rewrite (6) as

$$B_{21}(n) = \frac{B_{21}}{B_{12}} \frac{\omega_1}{\omega_2} e^{-\beta(\Delta + \mu/n)}, \hspace{1cm} (7)$$

B. Number statistics

As in Ref. [15] the steady-state number distribution can be found by assuming detailed balance,

$$\frac{P_{n+1}}{P_n} = \frac{X - n}{M - X + n + 1} \frac{B_{21}(n)}{B_{12}}, \hspace{1cm} (8)$$

such that

$$P_n = \left(\frac{X}{n}\right)^n \frac{B_{21}(n)}{B_{12}} e^{-\beta \Delta + \mu/n}, \hspace{1cm} (9)$$

where the notation within brackets refers to binomial coefficients. In the limit of an infinite reservoir, (9) reduces to a Bose-Einstein distribution,

$$P_n \propto \left(\frac{M}{M_1}\right)^n e^{-\beta E[n]} = \exp \left(-\frac{(\Delta - \mu)n + (\omega/2)n^2}{T}\right), \hspace{1cm} (10)$$

where the chemical potential is $\mu = T \log (M/M_1)$.

In Fig. 1, we see that the predictions in number distributions, (9), closely match numerical results from rate equations, (2), for a set of parameters corresponding to recent experiments [39], as summarized in Table I. As for the interaction strength, we have taken the value $U = 10^{-5} h M_{tot} B_{12}$, corresponding to a dimensionless interaction parameter $\tilde{\gamma} = \frac{\gamma}{\omega_0} \approx 9.95 \times 10^{-5}$ for trapping frequency $\Omega \approx 8 \pi \times 10^{10}$ Hz, which is larger than the most common estimates of the natural

![FIG. 1. Particle number distribution, (9), without (a) and with (b) interactions, for the parameters listed in Table I. Green lines: analytical results, (9), covered by the numerical simulation of the rate equations, (2) and (3) (blue line), and HPM (red line) results. In both cases there is a very good agreement between the analytical prediction and the numerical results obtained by rate equations. These are also matched by the predictions from the HPM. Stochastic results are obtained from $10^5$ independent samples, each evolving a time $10^9 B_{12}^{-1} M_{tot}^{-1}$.](https://example.com/fig1.png)

Kerr effect [28,32]. Importantl, by defining the effective reservoir size

$$M_{eff} = \frac{M_{tot}}{2} (1 + \cosh (\beta (\Delta + U \pi)))^{-1}, \hspace{1cm} (11)$$

one can distinguish in the noninteracting case a canonical regime with Poissonian number statistics ($\pi^2 \gg M_{eff}$), a grand-canonical regime with Bose-Einstein statistics ($\pi^2 \ll M_{eff}$), and a transition region ($\pi^2 \approx M_{eff}$).

For our parameters in Table I, we have an effective reservoir $M_{eff} = 7.6 \times 10^7 \gg \pi^2 \approx 10^6$ such that the system is rather on the grand-canonical side of this crossover. Definition (11) only weakly depends on $U$ to the extent that it changes the average energy per photon. However, also for fixed $M_{eff}$, the number distribution is significantly altered by interactions: the number fluctuations are reduced, as predicted by [17]. This can be understood thermodynamically: by approximating $n$ to be continuous and integrating (10) over positive $n$, we

| Parameter       | Value          |
|-----------------|----------------|
| $B_{12}$        | 2.5 kHz        |
| $M_{tot}$       | 10^9           |
| $\Delta$        | -2.4kT/h       |
| $T$             | 300 K          |
| $U$             | $10^{-5} B_{12} M_{tot} = 6.4 \times 10^{-7} k_B T/h$ |
| $w_{\uparrow}/w_{\downarrow}$ | 1 |
| $\kappa$        | 2.2 GHz = $8.3 \times 10^{-4} B_{12} M_{tot}$ |

TABLE I. Experimental parameters corresponding to Rhoamine 6G at 560 nm. [39]. Further, we have taken for the simulations $\pi = 1000$, which is somewhat smaller than in typical experimental setups, to reduce the relevant time scales. We have chosen the finite value of the interaction strength such that the phase and number statistics are significantly altered ($\sigma = \frac{\gamma}{\omega_0}$ of order one), while the average interaction energy per particle $U \pi$ remains small compared to other energy scales. The notion of ‘without interactions’ refers to $U = 0$, whereas ‘without losses’ means $\kappa = 0$. 

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obtain the grand-canonical partition function $Z$. From the associated free energy $F = -T \log Z$, the equation of state $\bar{n}(\mu)$ can be obtained, as well as the amount of number fluctuations $\text{Var}[n](\mu)$. Eliminating $\mu$, the ratio $\eta = \frac{\sqrt{\bar{n}^2 - \bar{n}}}{\bar{n}}$ can be expressed as a function of the interaction parameter $\sigma = \frac{U}{\Gamma_1}$, as shown in Fig. 2. Asymptotically, the relative amount of fluctuations $\eta$ decreases as $1 - \sigma$ for small $\sigma$ and as $\sigma^{-1/2}$ for large interactions $\sigma$. For our parameters, we find $\sigma = 0.64$, corresponding to $\eta = 0.75$, whereas our noninteracting condensate has $\eta = 0.99$.

For a finite reservoir, $\mu$ becomes dependent on $n$, so that the above thermodynamic analysis is no longer valid. $\eta$ can also be computed self-consistently from the number distribution, (9), or analytically from the dynamical argument below.

### C. Second-order coherence

The second-order coherence time $\tau^{(2)}$, the decay time of $\bar{g}^{(2)}(t) = \frac{\bar{n}(\mu(t))}{\bar{n}}$, can be obtained by an extension of the approach in [21]. In linear approximation, $B_{21} = \bar{B}_{21}(1 - \beta U \delta n(t))$, such that the average fluctuation evolves as

$$\frac{\partial}{\partial t} \delta n(t) = -\left[ \frac{\bar{B}_{21} \bar{m}}{\bar{n}} + (B_{12} + \bar{B}_{21}) \bar{n} \right] \delta n(t) + \beta U \bar{B}_{21} M_\uparrow (1 + \bar{n}) \delta n(t) + O(\delta n(t)^2),$$

where the driven-dissipative nature has been disregarded. Accordingly, the number correlations decay at rate

$$\Gamma_2 = \left[ 1 + \sigma + \frac{\bar{n}^2}{M_{\text{tot}} - \bar{n}} B_{12} M_{\text{tot}} \right] \bar{B}_{21} M_\uparrow \bar{n}$$

or analytically from the dynamical argument below.

As long as $U\bar{n} \ll \Delta$, the change in $\Gamma_2 = (\tau^{(2)})^{-1}$ from a noninteracting condensate is directly proportional to the interaction parameter $\sigma$. Note that the same expression, (13), is also obtained if $B_{21}$ is treated as constant while considering frequency dependence in $B_{21}$. We verify the validity of the decay rate, (13), by comparison to numerical simulations by rate equations in Fig. 3.

For generic parameter values, $\bar{g}^{(2)}(0) = 1 + \eta^2$ can also be estimated by the stationary solutions of the expectation value of

$$d[\delta n(t)^2] = 2\delta n(t)d[\delta n(t)] + d[\delta n(t)]^2$$

$$= -2\Gamma_2 \delta n(t)^2 dt + R(\bar{n} + \delta n + 1) dt + \gamma(\bar{n} + \delta n),$$

from which

$$\bar{g}^{(2)}(0) - 1 = \eta^2 = \frac{\bar{n}^2}{\bar{n}} = \frac{1}{1 + \sigma + \frac{\bar{n}}{M_{\text{tot}}}}.$$

For an infinite reservoir ($M_{\text{eff}}/\bar{n} \rightarrow \infty$), we can compare this dynamical result directly with the thermodynamic result above. As we see in Fig. 2, the relative difference in predictions for $\eta$ remains smaller than 5% for all values of $\sigma$, and (17) becomes exact in the limit of large $\sigma$. We can attribute the deviations at smaller $\sigma$ to higher-order contributions in $\delta \delta n$.

Such an estimate of $\eta$ is also useful to initiate the number of excited molecules in the numerical simulations. As can be seen from Eq. (5), both the average number of photons and its fluctuations determine the number of excited molecules:

$$M_\uparrow = X(\bar{n}) - \bar{n} = \frac{(B_{12} \bar{M} + \kappa \bar{n}) + (B_{12} + \bar{B}_{21} \bar{n}^2 \eta^2)}{B_{21}(\bar{n} + 1 - \beta U \bar{n}^2 \eta^2) + B_{12} \bar{n}}.$$

In previous analytic discussions, we have disregarded the driven-dissipative nature of the system. Intuitively, one might expect that losses will reduce the second-order coherence time. Such an effect is not observed in the number distribution, as shown in Fig. 1.
However, as we see in Fig. 3, $g^{(2)}(\tau)$ is altered on time scales long compared to the photon correlation time $\tau_c^{(2)}$, where a long-$\tau$ antibunching effect appears. This can be explained in the following way: if at $\tau = 0$ the stochastic particle number is $n = \bar{n} + \delta n$, the corresponding fluctuation modifies the excitation number by $\Delta X = -\kappa \, \delta n \tau_c^{(2)}$. Because $\bar{n} = \langle n \rangle X$, the particle number expectation value is altered to $\bar{n}' = \bar{n} + \frac{\sigma}{\Delta X} \Delta n$, where from (5), $\frac{\sigma}{\Delta X} \approx \frac{1}{\pi (\bar{n} + R \tau)}$, so that $g^{(2)}(\tau)$ changes in the order of

$$\frac{\bar{n}'}{\bar{n}^2} - \frac{\bar{n}}{\bar{n}^2} \approx \frac{\bar{n}^2 (B_{12} + B_{21})^2}{B_{12} B_{21} M_{\text{tot}}} \kappa \tau_c^{(2)},$$

where we have used that in the grand-canonical regime, $\delta n \sim \bar{n}$. Expression (19) predicts a decrease in $g^{(2)}(\tau)$ of about 0.012. We verify this numerically by averaging $g^{(2)}(\tau)$ over a time interval $10^4 B_{12} M_{\text{tot}}^{-1} - 5 \times 10^4 B_{12} M_{\text{tot}}^{-1}$, which is sufficiently larger than $\tau_c^{(2)}$ but smaller than the time scale of fluctuations in total excitation number $\tau_X$ and obtain a value $g^{(2)}(\tau = \tau_c^{(2)} < \tau < \tau_X) - 1 = -0.012$ for the experimental $\kappa$ and $g^{(2)}(\tau = \tau < \tau_X) - 1 = 0.003$ without losses, in agreement with our results. Of course, one always has $g^{(2)}(\infty) = 1$ as the initial and final states become entirely independent, but the relaxation from deviation, (19), only takes place over the time scale of the dynamics of $X$, namely, $\tau_X = (\kappa \sigma / \Delta X)^{-1}$, which is of order $10^3 B_{12}^{-1} M_{\text{tot}}^{-1}$ in our simulations. Because of the different values for $\tau_c^{(2)}$ and $\eta$, this effect is weaker in our simulations of the interacting condensate.

III. THE HEURISTIC PHASOR MODEL FOR PHASE EVOLUTION

A. A semiclassical model

Next, we proceed to the evolution of the phase. Some descriptions of the temporal coherence of a photon condensate rely on a heuristic phasor model [21], originally developed in laser physics [24,25], which we repeat here with the addition of Kerr interactions. According to the HPM, one considers the field to be classical such that the state is defined by a single phasor (corresponding to a coherent state). The energy of a state with $n$ photons, relative to a situation where all excitations are in the dye, is given by

$$E(n) = \Delta n + \frac{U}{2} n^2,$$

where $\Delta$ is the detuning between the cavity and the dye transition. As we treat the phasor as an order parameter, the phase oscillates at speed [1]

$$\nu_p = \frac{dE}{dn} = \Delta + Un.$$  

As statistical properties remain the same in a rotating frame, we may replace $\Delta$ in numerical simulations with $\Delta' = 0$ (no rotation for the vacuum) or $\Delta' = -U \bar{n}$ (no rotation on average) for convergence. Absorption, stimulated emission, and external losses are here treated as deterministic currents that retain the coherence entirely: they are modeled by an evolution of the particle number

$$dn = (R - \gamma - \kappa)n \, dt,$$

where $Rn$ is the rate of stimulated emission, $\gamma n$ the rate of absorption, and $\kappa n$ the rate of external losses through the mirrors. Spontaneous emissions into the condensate mode are then taken into account as an additional Poisson process $dM_s$ with expectation $\frac{dM_s = Rd}{dt}$. For each spontaneous emission, a vector $e^{i\theta}$ with unit magnitude and random phase is added to the field $\sqrt{n} e^{i\theta}$, with the motivation that this represents an additional photon that is fully incoherent [40]. In fact, such a spontaneous emission does not deterministically change the number with one and may even reduce it. As before, $R$ and $\gamma$ depend on $\bar{n} M_1$, which is evolved simultaneously with the photon number. Since the photon number now varies continuously, the numbers of molecules in the ground ($M_1$) and excited ($M_1$) states are no longer integers.

B. Predictions

If $M_1$ and $M_1$ are sufficiently large that $R$ and $\gamma$ remain approximately constant, the following analytic discussion applies: for geometric reasons, the phase evolves as [24]

$$d \theta = \frac{1}{\sqrt{n}} \sin(\phi) \, dM_{\text{spont}}.$$  

From this, we obtain $d \text{Mean}(\theta) = 0$ and

$$d \text{Var}[\theta] = \frac{R}{2n} \, dt.$$  

Meanwhile, the photon number evolves as

$$dn = (R - \gamma - \kappa)n \, dt + (1 + 2 \sqrt{n} \cos \phi) \, dM_s,$$

such that

$$d \text{Mean}[n] = d\bar{n} = -(\gamma + \kappa) \bar{n} \, dt + R(\bar{n} + 1) \, dt$$

and

$$d \text{Var}[n] = 2(R - \gamma - \kappa) \text{Var}[n] \, dt + R(2\bar{n} + 1) \, dt.$$  

Despite its simplicity, the HPM is able to give a simple explanation for Schawlow-Townes phase diffusion [25].

A special case occurs when the particle number vanishes entirely. Here, Eq. (24) becomes singular. This means that, in the absence of other photons, the phase of the spontaneous emission is entirely random over the interval $[0, 2\pi]$ and a so-called phase jump occurs [21].

In Figs. 1 and 3, we see that the predictions of the HPM match the exact values for the number statistics, as described in the previous section. In Figs. 4(a)–4(c) we show the evolution of the phase and particle number of a typical HPM sample.

Despite these successes, there are some conceptual difficulties with the HPM. First, by treating the field as classical, any squeezing effects are disregarded. Second, the continuous variation of the field is inconsistent with the fact that the emission and absorption are discrete processes at the level of the dye. Third, it is physically dubious that only spontaneous emission and neither absorption nor stimulated emission causes shot noise. In the phasor model, the overly large noise from the spontaneous emission actually mimics the shot noise from all loss and gain processes. Note that even though a single spontaneous emission event adds one photon on average, this number has an uncertainty of $\sqrt{n}$, such
A): in (e) scales corresponding to typical experiments. Furthermore, it is clear that according to both the HPM and the trajectories, the phase fluctuates regarding the photon number, the evolution of the HPM (c) is indistinguishable from the trajectory (f; blue line) on sufficiently large time scales, where the phase evolution according to the HPM (b) becomes equivalent to that of a trajectory (e; blue line). Also, spontaneous emissions, noise remains on all scales within a quantum trajectory (d). However, this qualitative difference is washed away on short time scales: whereas the fluctuations of the phasor model (a) are discrete events corresponding to

that a spontaneous emission can even decrease the photon number. Finally, regarding the phase, one may wonder what is so special about these spontaneous emission events that these influence \( \theta \) whereas other processes do not.

**IV. THE QUANTUM TRAJECTORY DESCRIPTION**

A. A quantum model

In order to address the questions posed at the end of the previous section, we study the photon field on a fully quantum mechanical level. Because of its driven-dissipative nature, the photon condensate is an open quantum system. The study of an open system starts with the distinction between system and environment. Here, we treat the condensate mode as the system to be modeled by a quantum-mechanical stochastic wave function, \( |\psi(t)\rangle \). We use the notation \( \langle \cdot \rangle \) to denote quantum expectation values with respect to this wave function. The gain medium, on the other hand, is modeled classically: of the \( M_{\text{tot}} \) dye molecules, the integer amounts \( M_f(t) \) [\( M_i(t) \)] are in the excited [ground] state as described by stochastic rate equations given in Sec. II. This is justified because of the frequent collisions with solvent molecules that lead to thermalization [10].

The coherent evolution of the photons, in the frame rotating at the dye transition frequency, is governed by the Hamiltonian

\[
\hat{H} = \Delta \hat{a}^\dagger \hat{a} + \frac{U}{2} \hat{a}^\dagger \hat{a} \hat{a} \hat{a}^\dagger,
\]  

where the operators \( \hat{a} (\hat{a}^\dagger) \) annihilate (create) a photon, defining also the number operator \( \hat{n} = \hat{a}^\dagger \hat{a} \). Again, for numerical purposes we can go to a rotating frame and replace \( \Delta \) with arbitrary \( \Delta' \). In the absence of Hamiltonian dynamics, the evolution of the photon field is governed by three processes: gain (corresponding to emission of the dye molecules) occurring at rate \( R(\hat{n}) + 1 \), absorption at rate \( \gamma (\hat{n}) \), and external losses through the mirrors at rate \( \kappa (\hat{n}) \). Because of the discrete nature of the dye excitations, the first two processes are naturally described through a photon-counting unraveling as if the photon number is 'measured' by the dye. External losses are modeled by a heterodyne unraveling, first, because heterodyne detection is typically performed in experiments on this leaking current and, second, because it keeps the wave function localized in phase space, which is helpful. By combining these processes, we readily obtain a stochastic
Schrödinger equation [33]:

\[
\hat{\psi} = \left[ 1 - i \left( \hat{H} - \frac{i}{2} (\gamma + R + \kappa) \hat{n} \right) dt + \kappa \langle \hat{a} \rangle^* \hat{a} dt + \sqrt{\kappa} \hat{a} dZ^* + \left( \frac{\hat{a}^*}{\langle \hat{a} \rangle} - 1 \right) dN + \left( \frac{\hat{a}^*}{\langle \hat{a} \rangle} - 1 \right) dM \right] \hat{\psi},
\]

(29)

Here, the tilde denotes that the left-hand side describes the unnormalized wave function, to be renormalized after every time step. \( dZ = \frac{1}{\sqrt{2}} (dW_x + idW_y) \) is a complex (Itô) Wiener noise process such that \( d[Z]^2 = dt \), and \( dN \) and \( dM \) describe Poisson processes as defined in Sec. II, where the role of \( n \) is now replaced with \( \langle \hat{n} \rangle \). Because the photon number typically becomes mesoscopic, exact evolution of (29) in a truncated Fock basis rapidly becomes computationally unfeasible. A number of variational approaches have been proposed for efficient simulation to this extent [41,42]. Here, the fact that the system is a single bosonic mode with large occupation, combined with a visual inspection of the Wigner function in Fig. 5, leads us to model the field as being Gaussian in particle number and phase: an ‘\( N \Theta \)-Gaussian’ state as was also used in [35]. Under this assumption, the field \( |\psi\rangle \) is entirely characterized by the expectation values \( \langle \hat{n} \rangle \), \( \langle \hat{\theta} \rangle \), \( \langle \hat{\delta}_\theta \delta_n \rangle \), \( \langle \hat{\delta}_\theta^* \delta_n^* \rangle \), \( \langle \hat{\delta}_\theta \delta_n \rangle_{\text{sym}} \), and \( \langle \hat{\delta}_\theta \delta_n \rangle_{\text{stat}} \), where \( \delta_\theta := \hat{O} - \langle \hat{O} \rangle \) is defined as the fluctuation of operator \( \hat{O} \). The full variational equations for these expectation values are given in Appendix A. Note that if external decay vanishes, or if it is described as a photon-counting process, we find that \( \langle \hat{\delta}_\theta \delta_n \rangle \rightarrow 0 \), \( \langle \hat{\delta}_\theta \delta_n \rangle \rightarrow \infty \), and the equations reduce to stochastic rate equation as in Sec. II. Interestingly, it is thus the (small) losses that allow us to define a phase and avoid the condensate to become a particle number eigenstate [43].

Because in the grand-canonical regime the particle number fluctuates also to vanishingly low densities we use a combination of both the exact, (29), and the variational, (A2)–(A6), evolution. That is, we define threshold particle numbers \( n_{\text{trans}, \uparrow} \) and \( n_{\text{trans}, \downarrow} \). When \( \langle \hat{n} \rangle < n_{\text{trans}, \uparrow} \) we perform the exact evolution and when \( \langle \hat{n} \rangle > n_{\text{trans}, \downarrow} \) we perform the variational evolution. In the intermediate window, \( n_{\text{trans}, \uparrow} < \langle \hat{n} \rangle < n_{\text{trans}, \downarrow} \), the method of the previous regime remains in use. The transitions between methods are discussed in more detail in Appendix B. Whereas the variational equations are solved by a straightforward Euler method with direct addition of the Poisson increments, for proper numerical convergence of the exact trajectories, an approach where the deterministic and diffusive evolution is separated from the individual jumps [45] is used.

B. Predictions

Similarly to the HPM, we calculate the evolution of the moments of the field while treating \( \gamma \) and \( R \) as constant. We use the variational equations from Appendix A as a starting point, considering highest-order \( O(\langle \hat{n} \rangle) = O(\langle \hat{\delta}_\theta \delta_n \rangle) = O(\langle \hat{\delta}_\theta \delta_n \rangle^{-1}) \) [this relation between orders can be seen from a coherent state where \( \langle \hat{n} \rangle = \langle \hat{\delta}_\theta \delta_n \rangle \) and relation (A9)]. Under the assumption \( \langle \hat{\delta}_\theta \delta_n \rangle_{\text{sym}} \equiv 0 \) and neglecting noise, one obtains as the stationary solution for the phase variance, (A5),

\[
\langle \hat{\delta}_\theta \delta_n \rangle_{\text{stat}} = \frac{1 + \sqrt{2(1 + \frac{\gamma + R}{\kappa})}}{4 \langle \hat{n} \rangle}.
\]

(30)

Substituting in (A4) results in

\[
d \langle \hat{\theta} \rangle = \frac{\kappa + \gamma + R}{2 \sqrt{\langle \hat{n} \rangle}} dW_\theta,
\]

(31)

where \( dW_\theta \) denotes a real Wiener process from which

\[
d \text{Mean}[\hat{\theta}] = d \langle \hat{\theta} \rangle = 0
\]

(32)
and
\[ d \text{Var}_2 \hat{\theta} = \alpha [\hat{\theta}^2] - d[\hat{\theta}^2] = \frac{\kappa + \gamma + R}{4 \langle \hat{\theta} \rangle} dt. \tag{33} \]

In trajectory simulations, the total variance of an observable \( \text{Var}[\hat{O}] = \text{Var}_1 \hat{O} + \text{Var}_2 \hat{O} \) can be decomposed into the intratrajectory variance \( \text{Var}_1 \hat{O} = \langle \hat{D}_0 \hat{D}_0 \rangle \) and the intertrajectory variance \( \text{Var}_2 \hat{O} = \text{Var}(\hat{O}) \) [33]. Here, from our stationary assumption, \( d \text{Var}_2 \hat{\theta} = 0 \) such that \( d \text{Var}[\hat{\theta}] = d \text{Var}_1 \hat{\theta} \).

Similarly, we obtain the stationary solution for the particle number from (A3),
\[ \langle \hat{\theta} \hat{n} \rangle_{\text{stat}} = \frac{\sqrt{\kappa}}{\sqrt{2} \sqrt{\gamma + R}} \langle \hat{n} \rangle, \tag{34} \]
where we have used \( \kappa \ll \gamma, R \). Substituting in (A2) results in
\[ d \text{Mean}[\langle \hat{n} \rangle] = d[\langle \hat{n} \rangle] = (R - \gamma - \kappa) \langle \hat{n} \rangle dt \tag{35} \]
and
\[ d \text{Var} \hat{n} = d \text{Var}_2 \hat{n} = d[\langle \hat{n} \rangle^2] - d[\langle \hat{n} \rangle^2] = [2(R - \gamma - \kappa) \text{Var} \hat{n} + (\gamma + R + \kappa) \langle \hat{n} \rangle] dt. \tag{36} \]

Comparing Eqs. (32), (33), (35), and (36) with the predictions from the HPM, (24), (26), and (27), the similarity is evident. In line with the expectations, the HPM predicts a variance increase proportional to the gain \( R \), whereas this is symmetrical in \( R, \gamma, \kappa \) according to our trajectory result. In the steady state, however, \( R \approx \gamma + \kappa \) at least to highest order in \( \langle \hat{n} \rangle \), such that the time-averaged result is the same. This correspondence is also reminiscent of the result for a laser [25]: also there, the phase model predicts a phase diffusion proportional to the gain coefficient \( R \), whereas a more detailed quantum-mechanical derivation makes clear that \( R_{\text{eff}} \) is the correct quantity, although both become equivalent at threshold where \( R \approx \kappa \).

In Figs. 4(d)–4(f) a representative evolution of phase and particle number during a single trajectory simulation is shown. In short times there is a qualitative difference from the HPM: discrete steps corresponding to emission events are replaced by scale-invariant noise, induced by the heterodyne detection and fueled by all emission and absorption processes. However, current experiments cannot resolve these small fluctuations on short time scales, as long as they do not affect correlation functions. It is clear in Fig. 4 that the predictions of both methods become qualitatively indistinguishable on longer time scales. We see also that for both methods, the phase diffuses more rapidly at lower photon numbers, as predicted by Eqs. (24) and (33).

V. FIRST-ORDER COHERENCE

In Fig. 6 the first-order correlation function \( g^{(1)}(\tau) = \frac{\langle \hat{O}(t) \hat{O}(t+\tau) \rangle_{\text{stat}}}{\langle \hat{O}(t) \rangle^2} \) is shown, and again, predictions of the HPM agree well with the exact result, obtained by trajectories. In the noninteracting case, the decay of correlations is clearly exponential, whereas it is Gaussian in the presence of interactions. The decay can be understood from multiple points of view; let us start with the noninteracting case.

[Fig. 6. First-order correlation function for the parameters in Table 1: (a) noninteracting and (b) interacting cases. Colors as in previous figures. Yellow line: the polariton result of (46) and (47) from [4]. The result without losses (purple line) is also obtained by the HPM. The quantum-trajectory results are obtained from 84 (noninteracting) or 112 (interacting) independent samples, each evolving a time \( 10^3 B_{12}^{-1} M_{\text{tot}}^{-1} \).

A. Schawlow-Townes effect from the canonical to the grand-canonical regime: The influence of ‘phase jumps’

According to the HPM picture, absorption and stimulated emission only affect the phasor radially, as
\[ d \sqrt{\hat{n}} = \frac{d\alpha}{2\sqrt{\hat{n}}} = \frac{\gamma - R}{\sqrt{\hat{n}}} dt, \]
where we have used Eq. (22) and neglected the external losses. The stochastic evolution of the HPM can then be written in terms of the phasor alone as
\[ d\alpha = -\frac{\gamma - R}{2\alpha} dt + dS, \tag{37} \]
where \( dS \) is additive noise corresponding to the spontaneous emissions. In the grand-canonical limit, \( \gamma \) and \( R \) can be treated as constants, such that for the expectation value,
\[ d\alpha = -\frac{\gamma - R}{2\alpha} = \frac{-R}{2\alpha}. \tag{38} \]
From the quantum regression theorem [25], it is then clear that
\[ g^{(1)}(\tau) = e^{-(\alpha/\tau)^2}, \tag{39} \]
where
\[ \frac{1}{\tau^{(1)}} = \frac{R}{2\alpha} = \frac{B_{12} M_1}{2\alpha} \approx \frac{B_{12} M_1}{2\alpha} = \frac{B_{12} M_{\text{tot}}}{2\alpha(1 + e^{\delta \Delta})}. \tag{40} \]

By another line of reasoning, the phase evolution is dominated by large phase jumps when the photon number in the cavity vanishes as described in [20,21]. From estimating the probability of having zero photons in the cavity, one obtains the ‘phase jump rate’ \( \Gamma_0 = \frac{B_{12} M_1}{\pi} \). In the grand-canonical limit, \( \zeta = 1 \), so that this is consistent with (40) up to a scaling factor of order one. The picture of phase jumps would further predict that the phase evolution is suppressed if the probability for the zero-photon state vanishes (\( \zeta \to \infty \)), as occurs outside of the grand-canonical limit, towards the canonical regime \( M_{\text{eff}} \ll \pi \), where \( M_{\text{eff}} \) is defined as in Eq. (11). By additional numerical simulations shown in Fig. 7, we see that this is not the case. At most, the first-order coherence time, rescaled with the molecule number, only scales by a factor of two. This is not entirely unsurprising, as the remaining value corresponds to the standard Schawlow-Townes dephasing [25] occurring.
In the limit where the number distribution is sharply peaked, as can already be seen from (24). We are thus led to write generically
\[ \Gamma_1 \equiv \frac{1}{\tau_c^{(1)}} = \frac{B_{12} M_1}{\xi \pi}, \] (41)
where \( \xi = 2 \) in the grand-canonical limit and \( \xi = 4 \) in the canonical limit. Comparing with the decay of second-order coherence, (13), we find that
\[ \frac{\tau_c^{(1)}}{\tau_c^{(2)}} = \frac{\Gamma_2}{\Gamma_1} = \frac{\xi}{\eta^2} = \frac{\xi}{(g^{(2)}(0) - 1)}, \] (42) (43) (44)
where we have used (17) for the third equality. However, in the inset in Fig. 7, we see that on sufficiently short time scales, there is always an initial decay with \( \xi = 2 \). There is a clear intuition here. In general, \( \gamma - R \equiv \bar{\gamma} - \bar{R} + (B_{12} + B_{21}) \delta n \), where \( \delta n = n - \bar{n} \). When, at short time scales, \( \delta n \) remains approximately constant, a similar reasoning to the grand-canonical regime yields
\[ g^{(1)}(\tau) = \frac{e^{-\bar{\gamma} \tau / 2 \bar{n}}}{\bar{n}} n \exp \left( - \frac{(B_{12} + B_{21}) \delta n}{2} \tau \right) \]
\[ \approx e^{\frac{\xi}{\eta^2} \tau} \left( 1 - \frac{\eta^2}{2} (B_{12} + B_{21}) \bar{n} \tau \right) \]
\[ \approx e^{\frac{\xi}{\eta^2} \tau}. \] (45)

At later times, higher-order effects set in and restrict the dynamics. It is instructive to compare these results with the ones obtained by Whittaker and Eastham [4] in a polariton context. There, a Schawlow-Townes decay is predicted to be of the form
\[ |g^{(1)}(\tau)| = \exp \left[ \frac{\eta^2}{4} (e^{-\bar{\gamma} \tau} - \Gamma_2 \tau - 1) \right]. \] (46)
For \( \Gamma_2 \tau \ll 1 \), this reduces to an exponential decay at rate \( \frac{\xi}{2} \Gamma_2 \), whereas for \( \Gamma_2 \tau \gg 1 \), (46) decays exponentially at rate \( \frac{\xi}{2} \Gamma_2 \). This can be understood because at short times the number fluctuations contribute to the decay of \( g^{(1)} \), but after a time \( 1/\Gamma_2 \) only Schawlow-Townes phase diffusion remains. There remain a few differences between the physics of (46) and the photon condensate. First, (46) is derived in [4] under the explicit assumption that the whole ensemble has a Gaussian number distribution peaked around \( \bar{n} \) [46]. This assumption is physical for the photon condensate only in the canonical regime, where the probability of having zero photons is negligible. This means that the predicted long-time value of \( \xi \) equals 4, in agreement with our prediction for the canonical regime.

Finally, the time scale of the transition between the two decay rates is for photon condensates determined not by \( \Gamma_2 \), but only by the second term in (13), which is responsible for the time dependence of \( R \) and \( \gamma \). In the grand-canonical limit, this means that a slowing of the decay would only take place at infinitely long times, unlike the prediction of (46), as shown in Fig. 6.

### B. Effect of Kerr interactions

In the presence of finite photon-photon interactions, the decay of first-order coherence is altered, as we see in the right panel in Fig. 6(b). The profile is Gaussian rather than exponential. This is characteristic for the so-called Henry mechanism [24]. Whereas Schawlow-Townes decay is attributed to direct fluctuations of the phase, Henry decay results from phase diffusion as a consequence of number fluctuations causing a change of the interaction energy. For the Henry effect, Ref. [4] predicts an additional decay,
\[ |g^{(1)}(\tau)| = \exp \left[ -\frac{\eta^2 U^2}{2} (e^{-\bar{\gamma} \tau} + \tau \Gamma_2 - 1) \right], \] (47)
which reduces to a Gaussian decay with characteristic time \( (\sqrt{2}/U \bar{n}) \) at short time scales. As we see in Fig. 6, there is good agreement with our numerical results at short times, although deviations occur at later times, which we can attribute to the non-Gaussian character of the number distribution.

The fact that the prediction of Gaussian decay for short time scales remains valid in the grand-canonical limit can be understood because in a frame rotating at the bare cavity frequency, the expectation value of a phase factor of a state with \( n \) photons at time \( \tau \) is
\[ e^{-iU \bar{n} \tau} = \exp \left[ \sum_{m=1}^{\infty} k_m (-i)^m U^{m} \bar{n}^m \right] m! \]
\[ \approx e^{-\bar{n} U \bar{n} \tau} e^{-i U \tau \bar{n} \bar{n} + O(U^2 \bar{n}^2)}, \] (48)
where \( k_m \) is the \( m \)th cumulant of the distribution of \( n \). Here, we have implicitly assumed that \( n \) remains approximately constant at short times.

VI. CONCLUSIONS

We have studied the temporal coherence of a single-mode photon condensate both with and without weak Kerr interactions and have also accounted for the effects of driving and dissipation. We have shown thermodynamically and dynamically how interactions reduce the number fluctuations and calculated the corresponding enhancement of the decay of second-order correlations, which we numerically verified and calculated the corresponding enhancement of the decay dynamically how interactions reduce the number fluctuations of second-order correlations, which we numerically verified and calculated the corresponding enhancement of the decay of phase fluctuations. Thus, we have implicitly assumed that because of the coupling of the photon number to the slow reservoir dynamics. We have reviewed the heuristic phasor model and shown analytically and numerically its adequacy in describing experimentally relevant quantities while being numerically efficient. For comparison, a quantum mechanical model of the condensate mode based on variational quantum trajectories was introduced, assuming only classical coupling with the dye molecules. Exhibiting similarities with both a laser far from equilibrium [24] and an isolated atomic BEC [26], we have observed both Schawlow-Townes (exponential) and Henry (Gaussian) contributions to the decay of phase fluctuations. With the dye molecules. Exhibiting similarities with both a laser far from equilibrium [24] and an isolated atomic BEC [26], we have observed both Schawlow-Townes (exponential) and Henry (Gaussian) contributions to the decay of phase fluctuations. With the dye molecules. Exhibiting similarities with both a laser far from equilibrium [24] and an isolated atomic BEC [26], we have observed both Schawlow-Townes (exponential) and Henry (Gaussian) contributions to the decay of phase fluctuations.

Finally, we have assumed here that the absorption and emission processes are Markovian and coupling between the photons and the molecules is weak.

It remains an open question to what extent our conclusions remain valid outside of these approximations [47]. Because our conclusions at strong thermal equilibrium and with weak losses are similar to those for a threshold laser far from equilibrium, regarding both the validity of the HPM and the shape of the autocorrelation functions, we expect these conclusions to remain valid for all usual parameter values for photon condensates.

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APPENDIX A: THE VARIATIONAL EVOLUTION

Following Ref. [35] (which has, however, a different sign convention for the parameter \( \Delta \)), the trajectory evolution, (29), can be recast in terms of (normalized) expectation values \( \langle \hat{O} \rangle \) to be

\[
d\langle \hat{O} \rangle = i[\langle [H, \hat{O}] \rangle dt - \frac{\gamma + R + \kappa}{2} \langle \hat{O} \rangle dt + (\gamma + R)\langle \hat{O} \rangle dt + \kappa \langle \hat{a}^\dagger O \hat{a} \rangle dt \\
+ \sqrt{\kappa} \langle (\hat{a} \delta_0) dZ + (\delta_0 \hat{a}) dZ^* \rangle + \left( \langle \hat{a}^\dagger O \hat{a} \rangle - \langle O \rangle \right) dN + \left( \langle \hat{a} O \hat{a}^\dagger \rangle - \langle O \rangle \right) dM,
\]

where, again, \( \delta_0 = \hat{O} - \langle O \rangle \). By introducing a Dirac phase through \( \hat{\alpha} = e^{\hat{\theta}} \sqrt{\hat{N}} \) satisfying \( \langle \hat{n}, \hat{\theta} \rangle = i \) and using Wick’s theorem, we obtain for the Gaussian correlation functions \( \langle \hat{n} \rangle, \langle \hat{\theta} \rangle, \langle \hat{n} \delta_n \rangle = (\langle \hat{n} \rangle - \langle \hat{n} \rangle)^2, \langle \hat{n} \delta_\theta \rangle = \langle \Hat{\theta} \rangle - \langle \hat{n} \rangle \rangle \), and \( \langle \hat{n} \delta_\theta \rangle_{\text{sym}} = (\langle \hat{\theta} \rangle - \langle \hat{n} \rangle) / 2 + (\langle \hat{n} \rangle - \langle \hat{\theta} \rangle) / 2 \); the evolution

\[
d \langle \hat{n} \rangle = - (\gamma + R) \langle \hat{n} \delta_n \rangle dt - \kappa \langle \hat{n} \rangle dt + 2 \text{Re}[(C_2 - C_1) \sqrt{\kappa} dZ] + \left( \frac{\langle \hat{n} \delta_n \rangle}{\langle \hat{n} \rangle} - 1 \right) dN + \left( \frac{\langle \hat{n} \delta_n \rangle}{\langle \hat{n} \rangle} + 1 \right) dM,
\]

\[
d \langle \hat{n} \delta_n \rangle = - 2 \kappa \langle \hat{n} \delta_n \rangle dt + \kappa \langle \hat{n} \rangle dt - 2 \kappa |C_2 - C_1|^2 dt + 2 \text{Re}[(D_3 - 2C_2 + C_1(1 - \langle \hat{n} \delta_n \rangle))] \sqrt{\kappa} dZ
\]

\[
- \frac{\langle \hat{n} \delta_n \rangle^2}{\langle \hat{n} \rangle^2} dN - \frac{\langle \hat{n} \delta_n \rangle^2}{\langle \hat{n} \rangle^2} dM,
\]

\[
d \langle \hat{\theta} \rangle = \left( -\Delta + \frac{U}{2} \right) - U \langle \hat{n} \rangle - (\gamma + R) \langle \hat{n} \delta_\theta \rangle_{\text{sym}} dt + 2 \text{Re}[C_6 \sqrt{\kappa} dZ] + \frac{\langle \hat{n} \delta_\theta \rangle_{\text{sym}}}{\langle \hat{n} \rangle} dN + \frac{\langle \hat{n} \delta_\theta \rangle_{\text{sym}}}{\langle \hat{n} \rangle + 1} dM,
\]
\[ d \langle \hat{n}_0 \hat{\delta}_0 \rangle = -2U \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} + \frac{\kappa}{4} E_1 dt - 2\kappa |C_0|^2 dt + 2 \text{Re} \{ (D_1 - \langle \hat{n}_0 \hat{\delta}_0 \rangle) C_1 \sqrt{\delta} dZ \} \]
\[ + \left( -\frac{\langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}}}{\langle \hat{n} \rangle} \right)^2 + \frac{E_1}{4 \langle \hat{n} \rangle} \right) \right) dN + \left( -\frac{\langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}}}{(\langle \hat{n} \rangle + 1)^2} \right)^2 + \frac{E_2}{4 (\langle \hat{n} \rangle + 1)^2} \right) dM, \quad (A5) \]
\[ d \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} = -U \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} - \kappa \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} dt - 2\kappa \text{Re} \{ (C_2 - C_1) C_0^* \} dt \]
\[ + 2 \text{Re} \left[ \left( -C_0 \left( \frac{\langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} + i/2}{2} C_1 + D_2 \right) \right) \sqrt{\delta} dZ \right] - \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} dN - \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}} \frac{\langle \hat{n} \rangle + 1}{(\langle \hat{n} \rangle + 1)^2} dM. \quad (A6) \]

Here, the coefficients \( C \) and \( D \) are defined as in [35] and
\[ E_1 := \left( \frac{1}{\langle \hat{n} \rangle} \right) \approx \frac{1}{\langle \hat{n} \rangle} \left( 1 + \frac{\langle \hat{n}_0 \hat{\delta}_0 \rangle}{\langle \hat{n} \rangle} \right), \quad (A7) \]
\[ E_2 := \left( \frac{1}{\langle \hat{n} \rangle + 1} \right) \approx \frac{1}{\langle \hat{n} \rangle + 1} \left( 1 + \frac{\langle \hat{n}_0 \hat{\delta}_0 \rangle}{(\langle \hat{n} \rangle + 1)^2} \right). \quad (A8) \]

By considering the measurements to be perfect, we can do a restriction towards pure states, for which the relation
\[ \langle \hat{n}_0 \hat{\delta}_0 \rangle_{\text{sym}}^2 = \frac{1}{4} \]

is satisfied [35]. This constraint allows us to compute \( \langle \hat{n}_0 \hat{\delta}_0 \rangle \) (or another variance) directly from the others.

**APPENDIX B: TRANSITIONS BETWEEN EXACT AND VARIATIONAL REGIMES**

### 1. From variational to exact

When \( \langle \hat{n} \rangle \) decreases from the variational regime below the threshold \( n_{\text{trans}, \gamma} \), the \( N\Theta \)-Gaussian state must be explicitly expressed in the Fock base to continue numerically exact evolution. A generic Gaussian density operator [38] can, by definition, be written as
\[ \rho = N \exp \left\{ -\beta \hat{H}_{\text{eff}} \right\} \]

for a quadratic \( \hat{H}_{\text{eff}} \). A Gaussian state that is pure is obtained by taking the limit \( \beta \to \infty \), which is equivalent to taking the lowest eigenvector (‘ground state’) of \( \hat{H}_{\text{eff}} \).

In order to construct \( \hat{H}_{\text{eff}} \), we need explicit matrix representations of \( \hat{n} \) and \( \hat{\theta} \). For the particle number operator \( \hat{n} = \hat{a}^\dagger \hat{a} \) this is straightforward. Regarding \( \hat{\theta} \) we encounter the fact that phase is not a true observable, with the consequence that, strictly speaking, no Hermitian phase operator exists [48]. However, as long as the Fock space is truncated (which is the case here) at level \( N_{\text{max}} \), a meaningful phase operator can be obtained through the Pegg-Barnett formalism to be
\[ \hat{\theta}_\text{PB}(\theta_0) = \theta_0 + \frac{N_{\text{max}} \pi}{N_{\text{max}} + 1} + \frac{2\pi}{N_{\text{max}} + 1} \sum_{j \neq k}^{N_{\text{max}}} \exp \{ i(j - k)\theta_0 \} |j\rangle \langle k| \]

\[ - \frac{2\pi}{N_{\text{max}} + 1} \sum_{j \neq k}^{N_{\text{max}}} \exp \{ i(j - k)\pi \} / (N_{\text{max}} + 1) - 1 \]

\[ \quad (B2) \]

[48]. One free parameter, \( \theta_0 \), remains, corresponding to the phase cut. That is, because phase is a periodic variable, there must be a cut where (going counterclockwise) the phase sharply changes with \( -2\pi \). In order to avoid secondary effects of this cut, we use \( \theta_0 = (\hat{\theta} - \pi) \) such that the \( N\Theta \)-Gaussian state is as far from the phase cut as possible.

Using the operators \( \hat{n} \) and \( \hat{\theta} := \hat{\theta}_\text{PB}(\hat{\theta} - \pi) \), an effective Hamiltonian,
\[ \hat{H}_{\text{eff}} = (\hat{n} - \langle \hat{n} \rangle)^2 (\hat{n}_0 \hat{\delta}_0) + (\hat{\theta} - \langle \hat{\theta} \rangle)^2 (\hat{n}_0 \hat{\delta}_n) - (\hat{n} - \langle \hat{n} \rangle) (\hat{n}_0 \hat{\delta}_0)_{\text{sym}} - (\hat{\theta} - \langle \hat{\theta} \rangle) (\hat{n}_0 \hat{\delta}_n)_{\text{sym}} \]

is constructed. \( |\psi\rangle \) is obtained as the eigenvector of \( \hat{H}_{\text{eff}} \) corresponding to the lowest eigenvalue.

### 2. From exact to variational

When, in the exact regime, \( \langle \hat{n} \rangle = \langle \psi | \hat{n} | \psi \rangle \) increases above \( n_{\text{trans}, \gamma} \), the Gaussian moments must be computed. As in the previous case, this is entirely straightforward regarding \( \langle \hat{n} \rangle \) and \( \langle \hat{n}_0 \hat{\delta}_n \rangle \). For the phase, we want to use the operator \( \hat{\theta}_\text{PB}(\theta_0) \) again, although this time it is not \( a \text{ priori} \) clear which value of \( \theta_0 \) to use. We therefore make an initial guess \( \theta_0^{(0)} \) and construct a corresponding \( \hat{\theta}_\text{PB}(\theta_0^{(0)}) \). We then iteratively use \( \theta_0^{(j+1)} = \langle \psi | \hat{\theta}_\text{PB}(\theta_0^{(j)}) | \psi \rangle - \pi \) and repeat the procedure self-consistently until convergence is reached. The resulting \( \hat{\theta}_\text{PB}(\theta_0^{(j)}) \) can then be used to proceed in calculating the Gaussian moments. We have verified that the above procedure results in the expected phase \( \arg |\alpha| \) when applied to an arbitrary coherent state \( |\alpha| \). After this transition, we use the purity relation, (A9), as a numerical check and as verification for the validity of the Gaussian ansatz.

The fact that in this work two different definitions of a phase operator (Dirac and Pegg-Barnett) are used causes no problems because the particle number at the transitions is sufficiently large and the trajectory states are sufficiently well behaved.
