Viral RNA in City Wastewater as a Key Indicator of COVID-19 Recrudescence and Containment Measures Effectiveness

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In recent years, and more specifically at the beginning of the COVID-19 crisis, wastewater surveillance has been proposed as a tool to monitor the epidemiology of human viral infections. In the present work, from July to December 2020, the number of copies of SARS-CoV-2 RNA in Marseille's wastewater was correlated with the number of new positive cases diagnosed in our Institute of Infectious Disease, which tested about 20% of the city's population. Number of positive cases and number of copies of SARS-CoV-2 RNA in wastewater were significantly correlated (p = 0.013). During the great epidemic peak, from October to December 2020, the curves of virus in the sewers and the curves of positive diagnoses were perfectly superposed. During the summer period, the superposition of curves was less evident as subject to many confounding factors that were discussed. We also tried to correlate the effect of viral circulation in wastewater with containment measures, probably the most unbiased correlation on their potential inflection effect of epidemic curves. Not only is this correlation not obvious, but it also clearly appears that the drop in cases as well as the drop in the viral load in the sewers occur before the containment measures. In fact, this suggests that there are factors that initiate the end of the epidemic peak independently of the containment measure. These factors will therefore need to be explored more deeply in the future.

Keywords: COVID-19, SARS-CoV-2, sewers, wastewater, RNA

INTRODUCTION

In December 2019, an outbreak of coronavirus disease, further referred to as Covid-19, was detected in Wuhan, China (Al-Tawfiq, 2020; Huang et al., 2020; Rothan and Byrareddy, 2020; Toit, 2020). This epidemic is due to Severe Acute Respiratory Syndrome—Coronavirus 2 (SARS-CoV-2), which was classified as a new strain of coronavirus. WHO declared on March 11, 2020 a worldwide pandemic (World Health Organization, 2020b). To date, more than 136 million cases and more than 2.9 million deaths have been reported worldwide as of March 9, 2021 (World Health Organization, 2020a).
This new coronavirus resembles classical respiratory infection with common symptoms, including dry cough, fever, tiredness, myalgia and difficulty in breathing (Petersen et al., 2020).

SARS-CoV-2 is able to cause gastrointestinal symptoms in addition to respiratory symptoms, in approximately 2–10% of positive cases (Gao et al., 2020; Memish et al., 2020). Several recent studies reported the presence of SARS-CoV-2 RNA in stool and anal/rectal swabs feces, not only in symptomatic, but also in asymptomatic patients (Gu et al., 2020; Holshue et al., 2020; Song et al., 2020; Tang et al., 2020; Xiao et al., 2020). It has even been shown that virus in stools was still infectious (Dergham et al., 2020).

Setting up monitoring of virus levels in wastewater seemed thus logical. Indeed, wastewater-based epidemiology approach has already been used to follow disease outbreak, as previously demonstrated for enteric viruses, such as poliovirus or hepatitis virus (Asghar et al., 2014; Hellmér et al., 2014) and could also been used to monitor SARS-CoV-2 clusters (Carducci et al., 2020; Randazzo et al., 2020). Detection of SARS-CoV-2 RNA in wastewater samples has already been reported in many countries (Ahmed et al., 2020; Albastaki et al., 2020; Alpaslan Kocamemi et al., 2020; Bar Or et al., 2020; Haramoto et al., 2020; Hasan et al., 2020; La Rosa et al., 2020; Medema et al., 2020; Randazzo et al., 2020; Wang et al., 2020; Wu et al., 2020; Wurtzer et al., 2020).

In the present work, we evaluated the number of copies of SARS-CoV-2 RNA in Marseille wastewater and correlated these data with the number of new positive cases observed in Marseille at our Institute of Infectious Diseases since July 1, 2020. Correlation between these two indicators was made on the basis of daily observations and confronted with the effectiveness of the containment measures decreed by the national Ministry of Health throughout the crisis.

MATERIALS AND METHODS

Sampling Sites and Wastewater Collection

Wastewater was collected from two distinct sewer networks. The separate network (noted RS) drains the major surface part of Marseille wastewater and nearly all hospitals of the city, especially COVID-19 dedicated units (zone in red line in Figure 1). The number of inhabitants connected to this network is 614,623. The combined network (noted RU), that contains a mixture of rainwater and wastewater, drains the city center of Marseille (zone in green on the map and dark blue line in Figure 1), a place that concentrates most of the touristic activity of Marseille, including most restaurants and night festive life. The number of inhabitants connected to this network is 359,123.

The two samples of 250 ml each were collected by the SERAMM (Marseille Metropole Sanitation Department) by 2 independent vacuum samplers “ASP-Station 2000 RPS20B” (Endress Hauser, Huningue, France). This type of sampler allows the filling of a refrigerated flask of 20 L per 24 h of wastewater collected from 8 a.m. to 8 a.m. The dates of collection were from July 1st, 2020 to December 15th 2020. Samples were transferred every day on ice to NRBC’s laboratory (NRBC unit—nuclear, radiological, biological, chemical) of the BMPM unit (Marseille Fire Brigade Battalion) and treated within 1 h of collection. Before treatment, they were stored at 4°C. In total over the period tested (i.e., 168 days), 117 wastewater samples were collected, which corresponds to approximately one sample every 1.4 days. SARS-CoV-2 copy number of RU and RS were totaled with adjustment to the respective population of their area when combined. An 8 days moving average was performed and the results were correlated with the SARS-CoV-2 Marseille positive cases.

SARS-CoV-2 Virus Semi-Quantitative Evaluation in Wastewater

For detection of SARS-CoV-2 in wastewater, the BioFire® COVID-19 Test (BioFire Defense, Salt Lake City, United States), a nested multiplexed real-time RT-PCR that detect 3 targets of SARS-CoV-2 genome, was used for qualitative detection of the virus according to the manufacturer’s instructions, using FilmArray Torch instrument (Biomérieux, Grenoble, France). The limit of detection (LoD) of the BioFire® COVID-19 Test provided by the manufacturer (BioFire Defense, LLC) is 330 genomic copies per milliliter. To control this LoD, serial dilutions of known copies of synthetic SARS-CoV-2 RNA (SARS-CoV-2 Standard COV019, Biorad France, 200,000 copies/ml) were performed, from 2,000 genomic copies/ml to 50 copies/ml. Five technical replicates were performed at each dilution. Interpretation was made according to manufacturer’s instructions and based on melt curve analysis as follows: “positive” when at least 2 out of 3 targets were detected, “negative” when no target was detected and “equivocal” when 1 target was detected. For the semi-quantitative evaluation of SARS-CoV-2 virus in wastewater, twofold serial dilutions of the wastewater were performed. The last positive reported dilution as defined above indicates the number of copies per ml. The wastewater data were compared against community infection data evaluated in our institute1.

Factors of Variation Analyzed

The daily mean temperature and amount of rain (Supplementary Table 1) that can affect the number of positive SARS-CoV-2 cases or copy numbers were analyzed. The different measures implemented by the French government analyzed herein were obligation to wear a mask everywhere in Marseille, total closure of bars and restaurants in Marseille, obligation to wear a mask in confined area, re-opening of bars and restaurants in Marseille, reduction to 50% of the presence of student in universities, implementation of the curfew and implementation of the lockdown (Supplementary Table 1).

Statistical Analysis

The concordance between the time series has been studied using cross-correlation for finding the lag between the curves and co-integration using the Johansen procedure (Johansen, 1991), after having tested the presence of unit roots with the Elliott, Rothenberg and Stock unit root test (Elliott et al., 1996). Using

1https://www.mediterranee-infection.com/
co-integration allows avoiding the risk of detecting a spurious correlation between the times series due to their on-stationarity. Statistical processes were done on R (v 4.0.2).

RESULTS

Validation of the Limit of Detection (LoD)
Verification of LoD showed that at 2,000 and 600 copies, all replicates were positive with 2 or 3 genes detected (Table 1). At 400 copies, 1 replicate was positive for all 3 targets, whereas 3 replicates were positive for 2 targets and one was equivocal. For 300 copies, 3 replicates were positive for two targets and 2 replicates were equivocal. Below 300 copies, all sample tested were equivocal or negative. Thus, the LoD where all samples are detected is 300 genomic copies/ml in perfect agreement with manufacturer’s data. This value was used as our reference for further analyses.

Evolution of SARS-CoV-2 Quantification in Wastewater and COVID-19 Cases During the 6 Months of Survey
From July 1st to September 1st, the amount of virus in the sewer increases to reach a mean of almost 6,000 copies/ml. Then, the amount of virus in the sewer dropped to an average of approximately 1,000 copies/ml from September 1 to September 23. From September 24, the level of virus increased rapidly with a peak on October 22, with a quantity of 9,000 copies/ml on that day. Subsequently, a decrease in the amount of virus was observed in wastewater reaching < 300 copy/ml.

Variations in mean outdoor temperature (ranging between 4.1 and 29.5) had no effect on the number of SARS-CoV-2 copy numbers in wastewater (Figure 2). There was 2 episodes of rain from September 19 to 22 and November 7 to 8. The quantity of viruses did not drop during the first episode, but possibly with the second.

The daily number of new cases of SARS-CoV-2 in Marseille detected at the IHU using an 8 days moving average was analyzed and is represented on Figure 3. Since July 1st, the number of positive cases has been slowly increasing until reaching a plateau in September 2020 with an average number of positive cases of about 100 per day. This plateau is grossly observable during the first 3 weeks of September. Then, for 1 week, the number of positive cases decreased with a minimum average number of positive cases of about 60. From September 28, a rapid increase in the number of positive cases was observed, peaking on October 26 with a maximum of 303 positive cases on that day. From this date, the number of positive cases decreases

![Wastewater networks in Marseille. The separate network (red lines) drains the major surface part of Marseille wastewater. The combined network (green lines), that contains a mixture of rainwater and wastewater, drains the city center. The blue circle represents the sampling point.](image-url)
TABLE 1 | Results of the BioFire COVID-19 using serial dilutions of synthetic SARS-CoV-2 RNA.

| Biofire LoD | Genomic copies /ml | Number of replicates | 3/3 positive | 2/3 positive | 1/3 equivocal | 0/3 negative |
|-------------|--------------------|----------------------|--------------|--------------|---------------|--------------|
| 0.15        | 50                 | 5                    | 0            | 0            | 0             | 5            |
| 0.3         | 100                | 5                    | 0            | 0            | 2             | 3            |
| 0.6         | 200                | 5                    | 0            | 0            | 4             | 1            |
| 0.9         | 300                | 5                    | 0            | 3            | 2             | 0            |
| 1.2         | 400                | 5                    | 1            | 3            | 1             | 0            |
| 1.8         | 600                | 5                    | 3            | 2            | 0             | 0            |
| 6           | 2,000              | 5                    | 5            | 0            | 0             | 0            |

FIGURE 2 | Variations in mean outdoor temperature (dark gray) and rain fall (light gray) during the period of study (from July 1 to December 15). Copy number of SARS-CoV-2 in RU (green) and RS (red) wastewater networks were represented.

considerably, reaching an average of 20 positive cases in the first weeks of December.

When looking at the evolution between the number of SARS-CoV-2 copies in wastewater and the number of SARS-CoV-2 positive cases, from July 1st to September 1st, the amount of virus in the sewer increases as does the number of positive cases. Then, while the number of positive patients stagnates, the amount of virus in the sewer drops from September 1st to September 23rd. In this phase, a discrepancy between the number of SARS-CoV-2 positive cases and the amount of virus in the wastewater was observed. From September 24, a perfect correspondence was observed between the number of positive cases and the amount of virus observed in the sewers, with a peak observed on October 22. Then, a decrease in the amount of virus was observed in wastewater, in agreement with the decrease in the number of SARS-CoV-2 positive cases. The cross-correlation testing of the curves shows a maximal correlation with a lag = 0 ($r = 0.648$, $p < 0.01$). Testing these curves with the Johansen procedure rejects the null hypothesis of no cointegration with $p = 0.013$, proving that there is a statistically significant connection between the two curves.

Correlation Between SARS-CoV-2 Quantification in Wastewater and Containment Measures Effectiveness

The different measures implemented by the French government with precise dates were correlated with the evolution of the cases and the concentration of the virus in wastewater (Figure 3), and their effect was tentatively assessed between 5 and 10 days after their implementation (in gray). The first measure implemented during summer was the mandatory wearing of a mask in confined areas on July 20. Five to ten days after this was introduced, the number of SARS-CoV-2 positive cases continues to increase slowly, as does the number of SARS-CoV-2 copies in wastewater. The 25th of August, to wear a mask.
became mandatory everywhere in Marseille. Five to ten days later, the number of SARS-CoV-2 positive cases continued to increase, while the number of SARS-CoV-2 copies stagnated and began to decline. The 27th of September, bars and restaurants in Marseille were ordered to close. Five to ten days later, both level of positive cases and copy number of SARS CoV-2 first slowly decreased, and then rapidly increased. Finally, the bars and restaurants reopened on October 5 and on October 6, and universities reduced their capacity by 50%. The curve for positive cases and wastewater SARS-CoV-2 copy numbers continued to increase rapidly. The 17th of October, a curfew was implemented from 9 p.m. to 6 a.m. This curfew coincided to the fall vacations for the children and therefore the closure of schools for 2 weeks. Five to ten days later, the number of positive cases reached a peak and the copy number of SARS-CoV-2 started to decrease. Just after this period, a lockdown was implemented (October 30). First, immediately after the implementation of the lockdown, the decline in Covid cases and in the copy number of SARS-CoV-2 stopped abruptly and, paradoxically, increased before the downtrend resume. Following this period, the drop in the number of positive cases and the amount of virus in sewers continued, reaching a level roughly equivalent to that of early August for cases and early July for wastewater.

DISCUSSION

Recently, several studies have explored the detection and quantification of SARS-CoV-2 in wastewater around the world, such as in the Netherlands (Medema et al., 2020), France (Wurtzer et al., 2020), United States (Wu et al., 2020), Australia (Ahmed et al., 2020), Italy (La Rosa et al., 2020), and Germany (Westhaus et al., 2021). However, few have attempted to establish a correlation between viral load in the wastewater and the number of infected patients (Ahmed et al., 2020; Chavarria-Miró et al., 2021; Medema et al., 2020; Randazzo et al., 2020; Trottier et al., 2020; Vallejo et al., 2020; Wu et al., 2020; Wurtzer et al., 2020).

In the present work, a correlation between the quantitative detection of SARS-CoV-2 in wastewater and the number of cases diagnosed in our institute was observed. The BioFire FilmArray System is PCR assays that combines all the reagents necessary for sample extraction (including extraction controls), reverse transcription, PCR (and associated positive and negative controls). Indeed, the Biofire system possess two control systems, a RNA and a DNA controls that verify the quality of the extraction, reverse transcription and PCR. The RNA process control assay targets an RNA transcript from the yeast Schizosaccharomyces pombe. The yeast is present in the pouch in a freeze-dried form and becomes rehydrated when sample is loaded. The control material is carried through all stages of the test process, including lysis, nucleic acid purification, reverse transcription, PCR1, dilution, PCR2, and DNA melting. A positive control result indicates that all steps carried out in the BioFire COVID-19 Test were successful. The PCR2 control assay targets an RNA transcript from the yeast Schizosaccharomyces pombe. The yeast is present in the pouch in a freeze-dried form and becomes rehydrated when sample is loaded. The control material is carried through all stages of the test process, including lysis, nucleic acid purification, reverse transcription, PCR1, dilution, PCR2, and DNA melting. A positive control result indicates that all steps carried out in the BioFire COVID-19 Test were successful. The PCR2 control assay detects a DNA target that is dried into wells of the array along with the corresponding primers. A positive result indicates that PCR2 was successful. Both control assays must be positive for the test run to pass. Using endpoint melting curve data, the BioFire
System software automatically analyzes the results for each target. In practice, it is a very sensitive and very specific detection system with its own controls which has only two major flaws, its excessively high cost and the impossibility of carrying out a quantitative evaluation. It is for this reason of using successive dilutions in order to make a semi-quantitative evaluation of the number of copies and to verify its LoD using a calibrated control. The Biofire system, which is not usually used in this application, appeared to be effective and the LoD supplied by the manufacturer was in agreement both with our titration controls and with the previous studies (Liotti et al., 2020). This does not mean that the absolute copy number was absolutely correct, because there are possible inhibitors or interfering substances in the wastewater (Shieh et al., 1995; Haramoto et al., 2020), but it still allowed us to study the kinetics of viral circulation. As for prolonged excretion of SARS-CoV-2 in feces, it is a variable that is impossible to control and which is common to all works of the same type. In addition, prolonged carriage (beyond a week) is above all the prerogative of immunocompromised patients, therefore in the minority in the population. Finally, the use of an 8 days moving average makes it possible to smooth out this type of variation. With the virus circulating at a high level, virus concentration was always well above the biofire LoD. But it is likely that at the end of the current epidemic episode, when the virus level in wastewater will have dropped, a concentration step will be necessary. As for COVID-19 cases, the number was based on people attending our institute, which represents 20% of all SARS-CoV-2 tests carried out for the whole city during the period of the present study2. While other private sites, even during the summer, had deadlines for making appointments and reporting results ranging from 2 to 5 days, by modifying our organization (Bouam et al., 2021; Fournier et al., 2021), all people arriving at the institute without an appointment between 7 a.m. and 7 p.m. obtained their results in less than 12 h, on their mobile phone if they have one, or by picking it up at the institute. Thus, the rates observed in our institute were representative of the evolution of the epidemic in real time.

Throughout the study period, i.e., from July to mid-December, three types of curves and correlations between the levels of SARS-CoV-2 in wastewater and the number of cases could be observed. The statistical analysis of these two curves shows that during the study period they exhibit a concordant evolution with no temporal lag. A longer study period would be preferable but in a very different way. The copy number of SARS-CoV-2 and the number of cases increased in a linear and perfectly parallel manner. In contrast, unlike in the third period, the rate of viruses in wastewater was comparatively higher than in the last period. This discrepancy could be due to the fact that the increase in wastewater precedes the appearance of signs in patients for a longer period of time during the summer period. Indeed, in other studies, it has been observed that the increase in wastewater rates precedes the increase in cases by 4 days to several weeks (Ahmed et al., 2020; La Rosa et al., 2020; Medema et al., 2020; Randazzo et al., 2020; Trottier et al., 2020). The particularity during the summer was also that the tourists invested in masse the city during the day and part of the night for visits, then the restaurants and nightclubs (some received up to 3,000 people simultaneously), but they did not stay there permanently. They could therefore emit the virus in the toilets in quantity but were mostly not tested in Marseille. This type of discrepancy would certainly be avoidable by continuously measuring the effluent flow rate and not considering that this flow rate is always the same, as if true for a constant population, it can change during periods of high tourist activity. Another hypothesis could be that patients were less symptomatic in summer and therefore less tested. This has been verified in other works and other viral diseases (Shaman et al., 2018; Jones et al., 2020) and may be partly related to the fact that those infected during the summer were on average much younger. Indeed, younger subjects are both less symptomatic and less inclined to be tested with minor symptoms (Kronbichler et al., 2020; Gautret et al., 2021). The last period of interest is intermediate, spanning approximately the month of September. It corresponds to the time of the departure of the tourists from the city, the return of the inhabitants and the beginning of the school year. During this period, there is a real dissociation between the rates of virus in the sewers, which drop sharply before gradually increasing, while the number of positive cases remains stable. This shift was due to interfering factors, such as temperature or precipitation, but found no correlation (Figure 2). There is a time lag between case and virus in the sewers, which is comparable to that observed in the first phase but in reverse. In conclusion, there are two really different episodes, the epidemic from early July to early September, where the difference between the wastewater virus and the case of COVID-19 is significant, then the period from the beginning of October to the end of December, where a real correlation exists. Besides the period (great summer heat) and the different habits (nightlife and more visitors), the last thing that was different over these periods is the distribution of the majority

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positive cases began to clearly decrease before the lockdown was implemented and not (Spaccaferri et al., 2020). The study shows that, in our city, lockdown does not play a role in slowing down the rate of contamination. Nor is it associated with death rates in all countries affected by the pandemic, and no one has tried to understand whether this disappearance could be linked to factors other than strict quarantine measures. The results that we report here on the fact that the epidemic linked to the majority clone of the period begins to decrease independently of these measures suggest that for SARS-CoV-2, other factors than containment measures, may play a role. Identifying them could have a major effect on the control of the current pandemic and should avoid the most restrictive that were not proven to be efficient as compared to less restrictive (Bendavid et al., 2021).

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the Nasopharyngeal samples were done at the IHU Mediterranean infection as part of COVID-19 diagnosis and follow-up of patients. The study was approved by the ethical committee of the University Hospital Institute Méditerranée Infection (No: 2020-029). Informed consent was obtained from all subjects involved in the study. Written informed consent for participation was not required for this study in accordance with the national legislation and the institutional requirements.

AUTHOR CONTRIBUTIONS

AL, PA, BL, and AD: conceptualization. NW and AL: methodology and writing-original draft preparation. BL and PA: validation, project administration, and funding acquisition. NW, AL, and AG-G: formal analysis. NW, AL, PJ, XF, MV, and AA: investigation. BL and P-EF: writing-review and editing. All authors have read and agreed to the published version of the manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb.2021.664477/full#supplementary-material
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