Polycyclic Aromatic Hydrocarbons in Sediments from Typical Algae, Macrophyte Lake Bay and Adjoining River of Taihu Lake, China: Distribution, Sources, and Risk Assessment

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Abstract: Polycyclic aromatic hydrocarbons (PAHs) are ubiquitous environmental pollutants in sediments and pose a serious risk for freshwater ecosystems. In this study, sediment samples from 24 sites were collected from the cyanobacterial bloom-occurring, macrophyte-growing lake bay and adjoining river of Taihu Lake. Here, the concentration levels, sources, and risk assessment of 16 priority PAHs in the surface sediments from typical algae, macrophyte lake bay and adjoining river of Taihu Lake, were investigated, and the results were compared with those of previous studies. The total PAH (ΣPAH) concentrations ranged from 4900 to 16800 ng·g⁻¹ in sediments of the Taihu Lake bay and from 5736.2 to 69362.8 ng·g⁻¹ in sediments of the adjoining river. The level of PAHs in riverine sediments was significantly higher than those of the Taihu Lake bay, and that of the Dongshan River was significantly higher than that of the Mashan River, while there was no significant difference in the concentrations of PAHs between the cyanobacterial bloom-occurring and macrophyte-growing lake zone. The results indicated petroleum contamination was dominated in the cyanobacterial bloom-occurring, macrophyte-growing lake bay, while PAHs of the riverine sediments derived from petroleum contamination and the combined combustion including wood, coal combustion, and petroleum combustion according to the molecular diagnostic ratio and principal component analysis (PCA). Sediment risk assessment based on sediment quality guidelines (SQGs) suggested that partial regions of the Taihu Lake bay were subjected to the potential ecological risk of the 3-ring and 5-ring PAHs, and there existed negative effects related to naphthalene pollutant in all survey regions. The adjoining riverine sediments showed a high ecological risk.

Keywords: polycyclic aromatic hydrocarbons (PAHs); sediment; lake bay; adjoining river; distribution; sources; risk assessment

1. Introduction

Polycyclic aromatic hydrocarbons (PAHs) are a class of persistent organic pollutants that are prevalent in the environment, which could be transported to the lakes and rivers through surface runoff, sewage discharge, atmospheric deposition, and some other means, such as oil leaks [1–4]. PAHs entering the water body are easily adsorbed on the particles and tend to accumulate in the sediments [5]. Hence, sediment is one of the important environmental reservoirs for PAHs [6,7]. Due to their mutagenicity, carcinogenicity, and toxicity, PAHs pollution raises great concerns worldwide [8,9].
Knowledge of the distribution, sources, and risk assessment of PAHs in sediments from typical macrophyte, algae lake bays and adjoining rivers is crucial for effective abatement of pollution and risk [10–12]. Previous studies have found that the sediment-water interfaces in the cyanobacterial bloom-occurring, macrophyte-growing lake zone of Taihu Lake have significant differences in environmental conditions [13,14], which affect the content, distribution characteristics, degradation characteristics, and ecological risks of PAHs in sediments [2,12]. The accumulation and deposition of cyanobacteria in the typical algae lake zone accelerate the migration and transformation process of PAHs into lake sediments [12,15,16], while the growth and decay of aquatic plant residues in the typical macrophyte lake zone also affect the distribution characteristics of PAHs in sediments [17,18]. Thus, it is necessary to investigate the distribution and sources of PAHs in surface sediments from the cyanobacterial bloom-occurring, macrophyte-growing lake bay.

PAHs can be derived from natural or anthropogenic sources, and anthropogenic sources are generally considered to be the main sources of PAHs in the environment [2,8], which was mainly related to industrial and agricultural development and human transportation. Anthropogenic activities such as incomplete combustion of fossil fuels, mass production of coal tar, oil spills, and wood processing have caused a large number of organic pollutants into natural water bodies [19,20]. The potential pollution sources of sampling sites in the rivers surrounding Taihu Lake were mainly shipping activities, industrial shipping, agricultural activity, aquaculture, and domestic sewage from a residence community, but sites in the lake bays were also subjected to aquaculture and shipping activities [2]. Compared to lake bays, rivers surrounding the Taihu Lake are more seriously influenced by anthropogenic activities, and the sources and components of pollutants are more complex. Therefore, studying the pollution status of PAHs in surface sediments of the lake bay and adjoining river can better evaluate the ecological risk of PAHs in the Taihu Lake basin.

In recent years, many studies have been carried out on PAHs in environmental media such as lake, river, and bay sediments [8,21,22]. Qian et al. found that the PAHs pollutants in sediments from different regions of the Haihe River in China were significantly different, and most of them derived from the combined combustion sources, including various combustion processes [23]. Li et al. investigated the source of PAHs in sediments from Chaohu Lake, China by different receptor models combined with the PAHs diagnostic ratios, and the results indicated that the input of PAHs was closely related to coal and wood combustion from the surrounding industrial development [24]. Zhang et al. used three receptor models to determine the distribution of potential sources of PAHs in sediments of the Taihu Lake, and found that vehicle emissions were one of the main sources with higher toxicity risk, followed by coal and wood combustion sources [25]. In addition, studies also focused on the influence of eutrophication on PAHs biogeochemical processes in Taihu Lake [26,27]. However, studies related to the differences of distribution, sources, and risk assessment of PAHs in surface sediments from the cyanobacterial bloom-occurring, macrophyte-growing lake bay and adjoining river have rarely been reported.

In this study, the typical algae, macrophyte lake bays of Taihu Lake (Meiliang Lake bay and East Taihu Lake bay, respectively), and the adjoining rivers (Mashan river and Dongshan river, respectively) were selected for sampling survey. The objective of this study was to determine the concentration levels, distribution, composition, and main sources of PAHs in surface sediments of the cyanobacterial bloom-occurring, macrophyte-growing lake zone of Taihu Lake and the adjoining rivers, and assess their status of the ecological environment risk.

2. Materials and Methods
2.1. Study Area and Sample Collection

The studied Meiliang Lake bay (cyanobacterial bloom-occurring zone in Taihu Lake) is located in 10 km southwest suburb of Wuxi City, within the Jiangsu Province of China.
Water 2021, 13, 470

(31°32′ N, 120°13′ E). It is a scenic spot with a length of 16 km from north to south and a width of 7–10 km from east to west. Mashan river is located in Mashan Town on the southwest side of Meiliang Lake bay, which is an important channel that runs through two lake bays in the northern part of Taihu Lake. There are frequent commercial ships and dense industrial districts around the river. In addition, Meiliang Lake bay is the parking place for cyanobacteria salvage ships. The Dongshan river is an important branch of East Taihu Lake, which runs through Dongshan Town, Suzhou City, Jiangsu Province (31°5′ N, 120°24′ E). The river flows through many residential and industrial areas, with a total length of about 12 km. It performs a central role as a channel for aquaculture, commercial port traffic, and the ship processing industry, forming a complex estuarine environment around East Taihu Lake. The studied East Taihu Lake bay (macrophyte-growing zone in Taihu lake) is close to the estuary of Dongshan river connecting East Taihu Lake.

According to the vicinity of potential input of PAHs from different pollution sources or anthropogenic pollution sources, surface sediment samples were collected from twenty-four sites located all around the macrophyte-growing, cyanobacterial bloom-occurring lake bay and adjoining rivers of Taihu Lake. The locations of the sampling station were shown in Figure 1. All the surface sediment samples were collected by a stainless-steel grab sampler, placed in polyethylene bags, stored in an incubator paving with ice bags, and transported back to laboratory. At the lab, sediment samples were stored at −20 °C until use.

Figure 1. Location of sampling sites in the lake bay and adjoining river of Taihu Lake.

2.2. Sample Preparation and Analysis

The 16 priority PAHs included naphthalene (Nap), acenaphthene (Ana), fluorene (Flu), phenanthrene (Phe), anthracene (Ant), fluoranthene (Flua), pyrene (Pyr), benz(a)anthracene (BaA), chrysene (Chr), benzo(b)fluoranthene (BbF), benzo(k)fluoranthene (BkF), benzo(a)pyrene (BaP), dibenz(a,h)anthracene (DbA), benzo(g,h,i)perylene (BghiP), acenaphthylene (Any), and indeno(1,2,3-cd)pyrene (InP).

For PAHs analysis, the sediment samples were freeze-dried, crushed into powder, and passed through a 100-mesh sieve. PAHs concentrations in sediments were determined according to previous studies [2,3,10,19,28]. Approximately 4 g of sieved sediment
sample combined with equal volume quartz sand and 3 g of copper powder were extracted with accelerated solvent extraction (ASE, Dionex ASE 100) with dichloromethane solvent (chromatographic purity). The extracts were completely condensed to approximately 2 mL, followed by Florisil solid-phase extraction column for clean-up. PAHs fraction was obtained by elution with 70 mL of acetonitrile. The eluent was collected, condensed, and then concentrated to 1 mL under a gentle flow of high-purity nitrogen for analysis.

The levels of PAHs in sediment samples were analyzed with a high-performance liquid chromatograph (HPLC) (Agilent 1200, USA) fitted with a 4.6 × 250 mm reverse phase C18 column using 8:2 acetonitrile:water (v:v) as the mobile phase at a flow rate of 1 mL min⁻¹ at 25 °C. The HPLC analysis was performed by fluorescence detector and UV detector. For the fluorescence detector, the excitation wavelength was 260 nm and 290 nm. The emission wavelength was 380 nm and 410 nm, and the excitation and emission wavelengths were changed according to a time program. For UV detector, the detection wavelength was designated as 254 nm. Identification of individual PAHs was based on the comparison of retention time between samples and the standard solution.

2.3. Quality Assurance and Quality Control

The analytical process was subjected to strict quality control procedures for all samples. The peak identification of PAHs was based on the retention time of standard components analyzed with the same operation conditions of instrument. The quantification was performed using a calibration curve established using external standard for each individual PAH. The calibration curves of individual PAH were established according to the peak area through determining a series of concentrations of the standard solutions. Calibration plots had satisfactory linear regression coefficients with R² values greater than 0.99. The standard solution was also inserted every tested fifteen samples to recalibrate the retention time of the target compounds. The PAH recoveries were determined by adding the known concentration of standards solutions containing 16 priority PAH compounds. The mean recoveries ranged from 76.9 ± 7.1% to 88.4 ± 9.5% for 16 PAHs standrds. The detection limits were 0.1–5.0 µg·kg⁻¹ for sediment samples. All reported concentrations were within the quality control range, given on a dry weight basis.

2.4. Statistical Analysis

Student’s t-test was performed to test the differences in the concentrations of PAHs between the cyanobacterial bloom-occurring and macrophyte-growing lake zone. Statistical significance of differences was determined by one-way analysis of variance using SPSS software (IBM SPSS Statistics 19). A P < 0.05 was considered significant.

3. Results and Discussion

3.1. Level and Distribution of PAHs in Sediments

The collected samples were surface (0–10 cm) sediments, and PAHs were detected in all the surface sediments at different points in Taihu Lake. The total concentration of 16 priority PAHs in sediments from the macrophyte-growing, cyanobacterial bloom-occurring lake bay of Taihu Lake ranged from 4900 to 16,800 ng·g⁻¹ dry weight (dw) in sediments, and the total concentration range of 16 PAHs in sediments of the adjoining river ranged from 5736.2 to 69,362.8 ng·g⁻¹ (dw). The concentrations of PAHs in sediments worldwide were shown in Table 1. The concentrations of ΣPAHs in sediments from typical macrophyte, algae lake bay of Taihu Lake were lower than those from Dianchi, Chaohu and Nansi Lake in China and riverine and estuarine sediments in elsewhere in the world [29–31]. Compared with other studied lakes and bays located in more developed areas around the world, such as Mill River in USA and Tokyo Bay in Japan [32,33], the level of ΣPAHs in sediments of the lake bay in this study was relatively lower.
Table 1. Comparison of polycyclic aromatic hydrocarbons (PAHs) concentrations (ng·g⁻¹ dry weight (dw)) in surface sediments from different rivers, estuaries, and lakes in the world.

| Location                                      | Number of PAHs | ∑PAHs (ng·g⁻¹ dw) Range | References |
|-----------------------------------------------|----------------|--------------------------|------------|
| Haihe River, China                           | 16             | 258.77–11,296.66         | [34]       |
| Chaohu Lake, China                           | 15             | 80.82–30,365.01          | [30]       |
| Dianchi Lake, China                         | 16             | 210–11,070               | [29]       |
| Erhai Lake, China                           | 16             | 32420–55,8530            | [35]       |
| Liaohe River, China                         | 16             | 92.2–29,5635.2           | [36]       |
| Nansi Lake, China                           | 16             | 160–32,600               | [31]       |
| Nanfei River (Chaohu Lake), China           | 28             | 7140–70,500              | [30]       |
| Fuhe River (Baiyangdian Lake), China        | 16             | 191.6–6360.5             | [37]       |
| Mill River, US                               | 16             | 0–39,000                 | [32]       |
| Susquehanna River, US                        | 16             | 74–18,073                | [38]       |
| Tyne River, UK                               | 16             | 9100–23,700              | [39]       |
| Tokyo Bay, Japan                             | 16             | 534–29,237               | [33]       |
| Manzala Lake, Egypt                          | 39             | 246–9910                 | [40]       |
| Calabar River, Nigeria                       | 17             | 1670–20,100              | [41]       |
| Lenga Estuary, Chile                         | 16             | 290–6118                 | [42]       |
| Bahía Blanca Estuary, Argentina              | 18             | 15–10,260                | [43]       |
| Meiliang Lake Bay and East Taihu Lake Bay    | 16             | 4900–16,800              | this study |
| Mashan River and Dongshan River              | 16             | 5736.2–69,362.8          |            |

Based on the Sediment Quality Guideline thresholds (SQG), the level of PAHs pollution can be divided into four categories: (a) low, 0–100 ng/g; (b) moderate, 100–1000 ng/g; (c) high, 1000–5000 ng/g; or (d) extremely high, > 5000 ng/g [44]. According to SQG, the concentration of PAHs in sediments from the adjoining river was at an extremely high level of PAHs pollution in this study. Compared with the adjoining river, the level of PAHs in the sediments from typical macrophyte, algae lake bay of Taihu Lake had lower PAHs concentrations. These results suggest that rivers are essential channels for connecting land and lake ecosystems, which support many human activities exerting anthropogenic stresses [2].

The contents of PAHs in surface sediments from lake bays and adjoining rivers are shown in Figure 2. The highest PAHs concentration was observed at the site from Dazuishan Bridge (S21, 69,362.8 ng·g⁻¹ dw) of Dongshan river. Dazuishan Bridge was a local aquatic product trading place, which may be greatly affected by oil spills from frequent fishing ships and the fossil fuel, wood, and coal combustion [2,10]. PAHs were present at higher concentrations in sediments from Gangdong Bridge (S16, 57,573 ng·g⁻¹ dw), Ferry Bridge (S14, 43,217.3 ng·g⁻¹ dw), Dashui Harbor (S17, 33163.2 ng·g⁻¹ dw), and Dingxianghu Lake bay (S15, 30193.7 ng·g⁻¹ dw) than those in sediments from the other sites, which is due to the human activities, such as district for residential areas and ship repairing sites as potential pollution sources. In the Taihu Lake bay, the highest concentration of PAHs was observed at a gate control section of Meiliang Lake bay (S5, 16,800 ng·g⁻¹) connecting with Liangxi river, and the concentrations at other sites were relatively low (below 10,000 ng·g⁻¹dw). For the distribution of PAHs concentration, there was no significant difference in the concentrations of PAHs between the cyanobacterial bloom-occurring and macrophyte-growing lake zone (P = 0.772 > 0.05). These results suggested that the distribution of PAHs concentration in sediments is more dependent on specific pollutant sources than lake-zone type or other environmental factors.
Figure 2. The contents of PAHs in surface sediments of the lake bay and adjoining river.

It was also observed that the concentration of PAHs in sediments of the Dongshan river (S14–S21) was significantly higher than that in the Mashan river (S7–S10), with a significant difference ($P = 0.024 < 0.05$). This may be due to the denser population on both sides of the adjoining river of Taihu Lake in Dongshan Town, which was more affected by residential activities (fossil fuel, wood, and coal combustion) and industrial emissions (diesel and gasoline combustion). In addition, the average concentration of PAHs in sediments from the adjoining river was nearly three times ($P = 0.026 < 0.05$) than those of the macrophyte, algae lake bay, which was due to river ecosystems supporting numerous human activities, such as human infrastructure around a river that exert considerable anthropogenic pressure [1,2]. Pollution entered the river at many different locations (point source of PAHs) along the length of the river. These PAHs contaminants also entered into the sediments of lake bay zones, which might become potential centralized sources of PAHs in these areas.

The composition pattern of PAHs in sediments was shown in Figures 3-4. Based on the number of aromatic rings, the 16 PAHs compounds could be divided into the following five groups as follows:

1. two-ring PAHs (Naphthalene, Nap);
2. three-ring PAHs (Any, Ana, Flu, Phe, Ant);
3. four-ring PAHs (Flua, Pyr, BaA, Chr);
4. five-ring PAHs (BbF, BkF, BaP, DbA);
5. six-ring PAHs (InP, BghiP) [45].
Figure 3. Composition of PAHs in the surface sediment collection from the lake bay and adjoining river.

Figure 4. The composition patterns of PAHs by ring size in surface sediments samples. (2-3 rings: sum of naphthalene (Nap), acenaphthylene (Any), acenaphthene (Ana), fluorene (Flu), phenanthrene (Phe), and anthracene (Ant); 4 rings: sum of Flt, pyrene (Pyr), benz(a)anthracene (BaA), and chrysene (Chr); 5-6 rings: sum of benzo(b)fluoranthene (BbF), benzo(k)fluoranthene (BkF), benzo(a)pyrene (BaP), dibenz(a,h)anthracene (DbA), benzo(g,h,i)perylene (BghiP), and indeno (1,2,3-cd)pyrene (InP)).

The analysis results showed that the proportion of 2-ring PAHs compounds (Nap, 34–91%) in the macrophyte-growing, cyanobacterial bloom-occurring lake bay was generally higher than that of the adjoining river (14–69%). It can be found that the proportion of 3-ring PAHs in the adjoining riverine sediments was slightly higher than that of the lake bay. The total proportion of the 2–3 ring was higher in the algae, macrophyte lake bay of Taihu Lake, which may be due to oil spill from frequent fishing ships around Meiliang Lake bay and East Taihu Lake bay. The proportions of 4-5- and 6-ring PAHs in sediments
of the adjoining river of Taihu Lake were 12–42%, 5–24%, and 2–16%, respectively, which were higher than those of the lake bay (5–26%, 1–11%, and 1–8% respectively). Human activities such as industrial emissions, burning of fossil fuels, and aquaculture around rivers were important factors that account for a large proportion of the 4–6 ring PAHs [46]. The 2–3 ring PAHs of the S21 sampling collection accounted for a higher proportion, which may be caused by heavy oil spills and tail gas pollution from fishing ships [2].

3.2. Source Appointment of PAHs in Surface Sediments

3.2.1. Source Identification by Isomer Ratios

The ratio method has been widely used to identify the sources of PAHs contamination in the environment [47,48]. In this study, four specific ratios, namely, Ant / (Phe + Ant), Flua / (Flua + Pyr), BaA / (BaA + Chr) and InP / (InP + BghiP) were used to analyze the PAHs sources of the sampling sites. In general, the ratio of Ant / (Phe + Ant) < 0.1 and the ratio Flt / (Flt + Pyr) < 0.4 indicate the PAHs mainly originated from petroleum contamination, while the ratio of Ant / (Phe + Ant) > 0.1 is usually considered to be typical of combustion source. The ratio of Flua / (Flua + Pyr) or InP / (InP + BghiP) > 0.5 indicates that PAHs are mainly derived from the inputs of grass, wood, and coal combustion sources. In addition, the ratio of Flua / (Flua + Pyr) > 0.4 and the ratio of InP / (InP + BghiP) > 0.2 usually indicates petroleum contamination, while the remaining range of these two ratios is regarded to be related to petroleum combustion source [49].

The ratio calculation results of the present study were shown in Figure 5. Compared to the molecular diagnostic ratios of the characteristic PAHs, Ant / (Phe + Ant), Flua / (Flua + Pyr), BaA / (BaA + Chr), and InP / (InP + BghiP) ratios indicated that PAHs in sediments of the macrophyte-growing, cyanobacterial bloom-occurring lake bay of Taihu Lake mainly derived from petroleum contamination and petroleum combustion, which was closely related to the oil spill and tail gas emissions from fishing ships in the area. The ratio calculation results also suggested PAHs in sediments of the Mashan river and Dongshan river originated from biomass, coal combustion, and petroleum combustion. In general, petroleum contamination dominated in the Taihu Lake bay, while the adjoining river was more affected by the combined combustion sources and petroleum contamination, which was related to the complex human activities around the river [50].

Figure 5. Plots of diagnostic ratios: (a) Flua / (Flua + Pyr) versus Ant / (Ant + Phe); (b) InP / (InP + BghiP) versus Flua / (Flua + Pyr) in sediments from the lake bay and adjoining river.
3.2.2. Principal Component Analysis

Principal components analysis (PCA) was performed to further understand the relationship between PAH compositions and the possible chemical sources for various factors (Table 2). The first principal component (PC1) accounted for 60.552% of total variance and the second (PC2) for 31.951%, thus accounting for 92.504% of the total variance. PC1 had heavy loading for most (4–6) rings PAHs compounds and was heavily loaded with Ana. Higher relative abundances of BbF, BkF, BaP, and DbA were suggested to indicate the incomplete combustion of liquid fossil fuels in previous studies [51]. BghiP and InP were considered to be derived from the emissions of gasoline and diesel engines combustion systems [52]. In general, Ana, Flua and Pyr could be designated as the important indicator of wood and coal combustion [53], which could be related to industrial emissions and local enterprise production activities. Based on the results, it was inferred that PC1 referred to the contribution of surrounding industrial pollution and traffic emissions to the import of PAHs. PC2 had a high loading for 3 rings PAHs compounds (Flu, Any, Phe, Ant). Flu, Phe, and Ant mainly derived from activities on petroleum raw materials, such as the volatilization and leakage of petroleum products [54]. This could be due to anthropogenic activities such as ship repairing and oil spills from ships in transport [55]. Thus, PC2 was assigned as a source from petroleum.

Table 2. The component loading after varimax rotation and cumulative variance of principal component analysis (PCA) of PAHs in surface sediment from the lake bay and adjoining river of Taihu Lake.

| PAHs  | Principal Component |
|-------|---------------------|
|       | PC1     | PC2     |
| Nap   | 0.366   | 0.343   |
| Ana   | 0.830   | 0.376   |
| Flu   | 0.219   | 0.959   |
| Any   | 0.367   | 0.906   |
| Phe   | 0.711   | 0.687   |
| Ant   | 0.447   | 0.885   |
| Flua  | 0.868   | 0.490   |
| Pyr   | 0.874   | 0.482   |
| Chr   | 0.803   | 0.570   |
| BaA   | 0.883   | 0.466   |
| BkF   | 0.956   | 0.284   |
| BbF   | 0.917   | 0.390   |
| BaP   | 0.859   | 0.501   |
| DbA   | 0.876   | 0.470   |
| BghiP | 0.956   | 0.270   |
| InP   | 0.927   | 0.256   |
| Eigenvales | 9.688 | 5.112   |
| Variance % | 60.552 | 31.951 |
| Cumulative variance % | 60.552 | 92.504 |

Abbreviation: Nap, naphthalene; Ana, acenaphthene; Flu, fluorene; Phe, phenanthrene; Ant, anthracene; Flua, fluoranthene; Pyr, pyrene; BaA, benz(a)anthracene; Chr, chrysene; BbF, benzo(b)fluoranthene; BkF, benzo(k)fluoranthene; BaP, benzo(a)pyrene; DbA, dibenz(a,h)anthracene; BghiP, benzo(g,h,i)perylene; Any, acenaphthylene; InP, indeno(1,2,3-cd)pyrene.

In summary, the results obtained from PCA indicated that surrounding industrial and agricultural production, traffic emissions, and oil leakage from ships were the main sources of PAHs in surface sediments from the study area of Taihu Lake.
3.3. Risk Assessments of PAHs in Surface Sediments

Sediment Quality Guidelines (SQGs) developed on the basis of the Biological Effects Database for Sediments (BEDS) are very useful for the evaluation of the quality of sediment in freshwater and marine environments [56,57]. SQGs provide two guideline values: effects range low (ERL) and effects range median (ERM), which are established using the 10th and 50th percentiles, respectively, in a database of increasing concentrations associated with adverse biological effects. PAHs concentration below the effect range low (ERL) value implies that the sediment PAHs do not adversely affect organisms, whereas PAHs concentration higher than the effect range median (ERM) value could cause frequent damage to the biota. Concentrations values between the ERL and ERM imply a possible effects range within which effects occur either potentially or irregularly [58]. In addition, the risk estimation of PAHs in sediments was also determined according to the Hazard Quotient (HQ) [59–61]. The estimated concentration of each PAH in solution in sediment porewater was divided by its chronic toxicity value to derive a HQ [59–61]. The HQ ≥ 1 indicate negative effects for exposed receptors, and HQ < 1 show that there are no negative effects.

The toxicity assessment form of PAHs in sediments from the macrophyte, algae lake bay and adjoining rivers of Taihu Lake (Table 3) showed that the concentration of Nap at all sampling sites was higher than that of ERM, which indicated that the ecological environment of the area of the lake bay and adjoining river in this study was greatly damaged by the 2-ring PAHs compound (Nap). It may be adversely affected by oil spills from traffic ships in the area and should be paid more attention. The ecological risk of the macrophyte-growing, cyanobacterial bloom-occurring lake zone was generally lower than that of the adjoining river of Taihu Lake, and there existed potential adverse biological effects in partial areas of the lake bay for 3-ring PAHs (Flu, Phe) and 5-ring (BkF and BbF). Except for Any, Ana, and InP, the remaining 13 PAHs all posed high ecological risks to some sites of the adjoining river (mainly Mashan River). This was due to the fact that the surrounding industrial pollution and resident activities had large adverse environmental impacts, and risk monitoring in these areas should be strengthened. In general, the ecological risk of the adjoining river of Taihu Lake was relatively high, and the macrophyte-growing, cyanobacterial bloom-occurring lake zone showed a high potential ecological risk. Furthermore, the results of HQ values (Table 3) showed that the 2-ring PAHs compound (Nap) in sediments would pose negative effects with the HQ value (2.52) in the ecological risk assessment.

| Compound | SQG (ng g⁻¹) | Range | Mean | <ERL Lake | ERL–ERM Lake | >ERM Lake | HQ |
|----------|---------------|-------|------|------------|--------------|-----------|----|
| Nap      | 16 500        | 2951.2–14,800 | 5738.2 | 0 0 0 0 12 12 | 2.52 |
| Any      | 44 640        | N.D.–167.8   | 26.5  | 12 6 0 6 0 0 | 0.01 |
| Ana      | 44 640        | N.D.–623.4   | 60.2  | 12 6 0 6 0 0 | 0.03 |
| Flu      | 19 540        | N.D.–167.8   | 90.6  | 8 4 4 7 0 1 | 0.04 |
| Phe      | 240 1500      | 200–3835.7   | 1004.3 | 3 0 9 7 0 5 | 0.63 |
| Ant      | 85.3 1100     | N.D.–1439.5  | 179.5 | 12 4 0 7 0 1 | 0.09 |
| Flua     | 600 5100      | 100–8741.6   | 1585.3 | 11 5 1 4 0 3 | 0.87 |
| Pyr      | 665 2600      | 200–8849.1   | 1627.6 | 11 5 1 2 0 5 | 0.9 |
| BaA      | 261 1600      | N.D.–3852.5  | 761.0  | 9 5 3 2 0 5 | 0.47 |
| Chr      | 384 2800      | 28–5415.2    | 921.3  | 11 5 1 4 0 3 | 0.58 |
| BbF      | 320 1880      | N.D.–8276.5  | 1153.1 | 9 5 3 2 0 5 | 0.63 |

Table 3. Toxicity risk assessment for surface sediments from studied lake bay and adjoining river using Sediment Quality Guidelines (SQGs) and Hazard Quotient (HQ).
4. Conclusions

In this work, 16 priority PAHs in sediments from the macrophyte-growing, cyanobacterial bloom-occurring lake bay and adjoining rivers in Taihu Lake were investigated, and possible source contributions were estimated based on the isomer ratios diagnoses and PCA analysis. High levels of PAHs were observed in riverine sediments. The contamination of PAHs in lake bay sediments had become more severe in some highly industrializing areas. The distribution of PAHs concentration in sediments was more dependent on specific pollutant sources than lake-zone type or other environmental factors. The combined combustion sources and petroleum contamination contribute to PAHs contamination of sediments. The 2-ring PAH compound (Nap) in sediments might pose negative effects for exposed receptors according to the ecological risk assessment. The findings of this study should help in understanding the levels, sources, and ecological risks of PAHs in the lake bay and adjoining rivers ecosystems, and to provide valuable information for implementing pollution reduction policies and protecting water resources and human health in these areas.

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