Review

Ototoxic effects and mechanisms of loop diuretics

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Abstract

Over the past two decades considerable progress has been made in understanding the ototoxic effects and mechanisms underlying loop diuretics. As typical representative of loop diuretics ethacrynic acid or furosemide only induces temporary hearing loss, but rarely permanent deafness unless applied in severe acute or chronic renal failure or with other ototoxic drugs. Loop diuretic induce unique pathological changes in the cochlea such as formation of edematous spaces in the epithelium of the stria vascularis, which leads to rapid decrease of the endolymphatic potential and eventual loss of the cochlear microphonic potential, summatizing potential, and compound action potential. Loop diuretics interfere with strial adenylate cyclase and Na+/K+-ATPase and inhibit the Na-K-2Cl cotransporter in the stria vascularis, however recent reports indicate that one of the earliest effects in vivo is to abolish blood flow in the vessels supplying the lateral wall. Since ethacrynic acid does not damage the stria vascularis in vitro, the changes in Na+/K+-ATPase and Na-K-2Cl seen in vivo may be secondary effects resulting from strial ischemia and anoxia. Recent observations showing that renin is present in pericytes surrounding stria arterioles suggest that diuretics may induce local vasoconstriction by renin secretion and angiotensin formation. The tight junctions in the blood-cochlea barrier prevent toxic molecules and pathogens from entering cochlea, but when diuretics induce a transient ischemia, the barrier is temporarily disrupted allowing the entry of toxic chemicals or pathogens.

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Keywords: Diuretics; Stria vascularis; Ischemia; Pericytes; Renin

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1. Introduction

The development of diuretics has a long history. Inorganic mercury was used as a diuretic dating back to the 16th century. The past century has witnessed the development of several new classes of diuretics such as merbaphen, carbonic anhydrase inhibitors, derivatives of sulfanilamide, chlorothiazide, and thiazides (Kruck, 1958; Schultz et al., 1971; Maren and Ellison, 1972; Friedel and Buckley, 1991). Loop diuretics are widely used in the treatment of edematous states, congestive heart failure, and hypertension. However, their use is constrained by a wide range of side effects including hypokalemia, hypocalcemia, hypomagnesemia, hyperuricemia, hypernatremia, dehydration, and ototoxicity. In addition, dizziness, headache, and gastrointestinal upset are major symptoms of diuretics. The ototoxic effects of loop diuretics have attracted the attention of auditory neuroscientists and otologist interested in understanding their mechanism of action alone or in combination with other ototraumatic agents.

2. Classification of diuretics and uretic mechanisms of loop diuretics

Diuretics can be divided into four classes based on the site at which they impair sodium reabsorption. (1) Loop diuretics act on the thick ascending limb of the loop of Henle. (2) Thiazide diuretics act at the distal tubule and cortical connection tubule. (3) Potassium-sparing diuretics act at the aldosterone-sensitive principal cells in the cortical collecting tubule. (4) Acetazolamide and mannitol act at the proximal tubule. Loop diuretics mainly act on the Na\(^+\)-K\(^+\)-2Cl\(^-\) symporter at the thick ascending links of the loop of Henle in the kidney by inhibiting sodium, chloride and potassium reabsorption. Since magnesium and calcium reabsorption is also dependent on the positive lumen voltage of renal outer medullary potassium channel at the thick ascending limb, the reabsorption of magnesium ions and calcium ions can be also suppressed by loop diuretics. The malabsorption of these ions causes less osmotic driving force to liquid that results

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**Fig. 1.** Cochlear dysfunction post-EA. (A) Endocochlear potential (EP) measured from six guinea pigs as a function of time after EA injection. (B) Waveform changes of the cochlear microphonic potential (CM) stimulated by 2 kHz tone presented at 80 dB SPL post-EA. (C) Amplitude of CM was greatly reduced post-EA. (D) Threshold shift of click-evoked compound action potentials (CAP) from six guinea pigs as a function of time after EA injection. (E) Waveform changes of summating potentials (SP) and CAP complexes at 90 dB SPL post-EA. (F) Changes in ratio of SP/CAP amplitude post-EA.
increased urine production. Ultimately, loop diuretics are highly effective at reducing extracellular volume (Greger and Schlatter, 1983; Bleich and Greger, 1997; Greger, 1999).

3. Reversible diuretics-induced changes in cochlear potentials

Diuretics-induced changes in the standing direct current (DC), endocochlear potential (EP) and sound-evoked alternating current (AC) of cochlear microphonic potential (CM), DC potential of summating potential (SP), and compound action potential (CAP) have been extensively studied (Kusakari et al., 1978a,b; Ding et al., 1996, 2002, 2008). Based on experimental studies, the resting EP, normally around +90 mV, can be subdivided into positive and negative EP components. The positive EP is considered to be generated in the stria vascularis which is heavily dependent on aerobic metabolism. In contrast, the negative EP is believed to be a K\(^+\) leakage current from outer hair cells that depend on K\(^+\) gradient between the cell's cytoplasm and the fluid around the cell body (Tasaki and Spyropoulos, 1959; Bosher, 1979; Ding et al., 1993, 1996; Rybak, 1993; Ding and Jin, 1998). A single intravenous injection of ethacrynic acid (40 mg/kg) induces a rapid and complete abolition of the positive EP within a few minutes (Fig. 1A) (Brown and McElwee, 1972; Kusakari and Thalmann, 1976; Kusakari et al., 1978b; Bosher, 1979; Rybak, 1993; Ding et al., 1996, 2002, 2004, 2010b) which fully recovers after a few hours. This suggests that the stria vascularis is the major target of loop diuretics.

The CM is an alternating voltage, predominantly generated by the outer hair cells, that mirrors the waveform of the acoustic stimulus. The CM amplitude largely depends on the flow of positively ions from the +90 mV endolymphatic space across the cuticular plate and into –60 mV interior of the hair cell (Wever and Bray, 1930; Eggermont, 1974). Not surprisingly, ethacrynic acid, which reduces the EP, decrease the amplitude of the CM to a similar degree (Fig. 1B–C) (Syka and Melichar, 1985; Ding et al., 1996, 2002, 2010b). The

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**Fig. 2. Ethacrynic acid-induced ultrastructural lesions in the inner ear.** (A) Epithelium of stria vascularis in normal control animal. (B) At 30 min post-EA, strial edema present in region of intermediate cells. (C) At 60 min post-EA, cytoplasm of epithelium in stria vascularis disrupted by edema; note splitting and vacuolization. (D) Edge of marginal cells in stria vascularis is smooth and flat in normal control animal. (E) At 30 min post-EA, the surface of stria vascularis was uneven due to cellular swelling. (F) At 60 min post-EA, the marginal cells on the surface of stria vascularis were destroyed. (G, H, I). The cochlear hair cells (G), vestibular hair cells (H), and spiral ganglion neurons (I) exhibited were normal 60 min after EA injection.
amplitude of the CM recovers in parallel with the restoration of the EP as long as the hair cells remain intact (Rybak, 1993; Ding et al., 1996, 2002, 2004, 2010b). The SP evoked by a tone burst or noise burst gives rise to a DC voltage shift from baseline that continues over the duration of the stimulus. The SP is thought to arise predominantly from the IHC or its afferent terminal (Goldstein, 1954; Tasaki et al., 1954; Davis et al., 1958; Dallos et al., 1972; Ding et al., 1993, 1996, 1999).

Fig. 3. EA-induced inactivation of enzymes within epithelium of stria vascularis. (A) Frozen section of spiral ligament embedded in the liver tissue showing intense Na+, K+-ATPase labeling in stria vascularis in normal control animal. In contrast, Na+, K+-ATPase expression in stria vascularis was greatly reduced 60 min after EA injection. (B) Frozen section of spiral ligament shows intense succinate dehydrogenase labeling in stria vascularis in normal animal. However, the staining of succinate dehydrogenase was decreased 60 min post-EA. (C) Frozen section of spiral ligament shows intense adenylate cyclase activity in stria vascularis in normal controls and 30 min post-EA treated animals. Labeling of adenylate cyclase was decreased 60 min after EA injection. (D) Frozen section of spiral ligament shows intense Mg++-ATPase in stria vascularis in normal and 30 min post-EA treated animals. However, the staining of Mg++-ATPase was reduced 60 min post-EA. (E) Frozen section of spiral ligament shows intense 5'nucleotidase in the stria vascularis in normal control and 30 min, and 60 min after EA injection. (F) Frozen section of spiral ligament shows moderate expression of alkaline phosphatase in the stria vascularis in normal control and 60 min after EA injection. (G) Frozen section of spiral ligament shows intense lactate dehydrogenase in the stria vascularis in normal control and 60 min after EA injection. (H) Mean gray level of enzyme expression in the region of stria vascularis. In comparison to normal controls. Activities of Na+, K+-ATPase, succinate dehydrogenase, adenylate cyclase, and Mg++-activated ATPase were significantly inhibited 60 min after EA injection. Activity of 5' nucleotidase, alkaline phosphatase and lactate dehydrogenase were not affected by EA injection. *Significantly different from normal control by ANOVA statistical analysis and posthoc test (Tukey) using the GraphPad Prism (P < 0.05).

Fig. 4. Surface preparations of rat stria vascularis after EA injection. (A) normal control; (B) 10 min post-EA; (C) 30 min post-EA; (D) 60 min post-EA; (E) 180 min post-EA; (F) 300 min post-EA. At 10, 30 and 60 min, the blood supply to stria vascularis was greatly abolished whereas at 180–300 min post-EA the blood supply was in the early stage of recovery.
Diuretics typically induce a high positive SP no matter if the original polarity was positive or negative; this effect recovered slowly in conjunction with the recovery of the EP and CM (Syka and Melichar, 1985; Rybak, 1993; Ding et al., 1996, 2004, 2010b). The CAP arises from the synchronous depolarization of a large number of auditory nerve fibers to the onset of a sound (Nagel, 1974) and therefore depends on the EP and CM (Remond et al., 1982; Ding et al., 1993, 1996; Ding and Jin, 1998). Loop diuretics cause a rapid and large reduction in CAP amplitude that parallels the reduction of the EP and CM (Fig. 1D). The amplitude of the CAP recovers in parallel with the EP and CM. Following diuretic treatment, the SP/CAP amplitude ratio increases due to the increase of the SP and decrease of the CAP (Fig. 1E, F) (Rybak, 1993; Ding et al., 1996, 2010b). High SP/AP ratios are not only seen in case of Meniere's disease (Kanzaki et al., 1982; Gibson, 1991; Ferraro and Tibbils, 1999), but also cochlear ischemia and asphyxia, noise-induced temporary threshold shift, perilymphatic fistula, and autoimmune disease (Ohashi and Takeyama, 1989; Meyerhoff and Yellin, 1990; Ding et al., 1993; Ding and Jin, 1998; Kakigi et al., 2003; Nam and Won, 2004; Ding et al., 2008, 2010b).

4. Diuretics-induced reversible pathological damage in the cochlear stria vascularis

While several studies have reported permanent hearing loss and cochlear hair cell degeneration after a single diuretic treatment possibly due to autolysis and inadequate fixation (Ng et al., 1969; Meriwether et al., 1971; Quick and Hoppe, 1975; Rifkin et al., 1978; Gallagher and Jones, 1979; Akiyoshi, 1981; Forge and Brown, 1982) the vast majority of published articles indicate that a single systemic administration of loop diuretics to experimental animals only induces temporary pathological damage or edema to the stria vascularis and cochlear lateral wall. The characteristic features include damage to the marginal cells and swelling of both the
A Phalloidin (green)  ToPro-3 (red)  Merge

0μM EA 24h

10μM EA 24h

100μM EA 24h

1000μM EA 24h
enzymes in the stria vascularis including Na$^{+}$, K$^{+}$-ATPase and adenylate cyclase (Palooheimo and Thalman, 1977; Kusakari et al., 1978a). However, other reports suggest that the alteration of these enzymes may be a consequence rather than the immediate cause of the hearing loss (Fig. 3) (Zhao et al., 1988a, 1988b; Ding et al., 1990, 2002, 2004, 2010b). Since the decline in enzymatic activities, enzyme inhibition may be a consequence rather than the immediate cause of the hearing loss (Fig. 3) (Zhao et al., 1988a; Ding et al., 2010b).

Diuretic-induced inhibition of the Na-K-2Cl cotransport system in the ascending limb of Henle’s loop in the kidney suggested that this cotransporter might play an important role in the stria (Burg et al., 1973; Sellick and Johnstone, 1975; Shindo et al., 1992). Indeed, many studies indicate that diuretics and anoxia affect the Na-K-2Cl cotransporter in strial marginal cells (Bosher, 1979, 1980, Ikeda and Morizono, 1989b,c,a; Shindo et al., 1992, Xu et al., 1994, Wangelmann et al., 1995, Ikeda et al., 1997), however, inhibition of this cotransporter occurs much later that the immediate reduction of EP (Bosher, 1980).

6. Novel effect of diuretics

Since fixation and decalcification can disrupt the measurement sodium/potassium ATPase activity in the stria vascularis, we quickly micro-dissected out the stria vascularis together with the spiral ligament and embedded the specimen into liver tissue for freeze substitution followed by frozen sectioning (Ding et al., 1987). In guinea pigs, the stria capillaries filled with red blood cells are clearly visible under a dissection microscope (400X). However, few minutes after intravenous injection of ethacrynic acid, the red blood cells in the capillaries of the stria vascularis were undetectable (Fig. 4). These results suggest that diuretics rapidly eliminated the blood flow through the stria vascularis providing the first evidence of ethacrynic acid-induced ischemia (Zhao et al., 1988b). Using a microscope, we counted the blood cells in the capillaries of stria vascularis in a 0.66 mm$^2$ area located about 3 mm from the apex. The percentage of red blood cells in the stria capillaries decreased by more than 50% two minutes after ethacrynic acid injection, and slowly recovered to normal levels approximately 5 h post-treatment (Ding et al., 1990). We have confirmed that ethacrynic acid and furosemide can also abolish the strial blood flow in the cochlear lateral wall of chinchillas, rats and mice in a same manner to that seen in guinea pigs (Zhao et al., 1988b; Ding et al., 2002, 2003, 2004; McFadden et al., 2002, 2004; Ding and Salvi, 2005; Li et al., 2011; Liu et al., 2011b). It is noteworthy that ethacrynic acid does not block the blood supply to the vessels beneath the cochlear basilar membrane and the vestibular end-organs (Fig. 5) (Zhao et al., 1988b; Ding et al., 1990, 2002, 2004, 2010b; Ding and Salvi, 2005; Li et al., 2011). Diuretic-induced blockade of blood flow to the cochlear lateral wall were further confirmed by the intravital microscopy, microsphere labeling, and the laser Doppler velocimetry (Chen et al., 1992; Chen, 1993; Liu and Wang, 1994; Shi et al., 1994, 1997; Ding et al., 2010b). Since the diuretic-induced suppression of blood flow in cochlear lateral wall occurs much earlier than enzyme inactivation and inhibition of Na-K-Cl cotransport in the stria vascularis, the obstruction of microcirculation in the cochlear lateral wall might be the earliest changes induced by ethacrynic acid, consistent with the rapid reduction of EP. The delayed inactivation of metabolic enzymes and inhibition of Na-K-Cl cotransport is most likely a secondary effect of ischemia and anoxia (Zhao et al., 1988a, 1988b; Ding et al., 1990, 2002, 2010b).

The preceding results are consistent with more recent in vitro data from postnatal cochlear lateral wall explants treated with ethacrynic acid. Surprisingly, ethacrynic acid treated explants of the stria vascularis were remarkably intact after ethacrynic acid treatment (Fig. 7) (Liu et al., 2011a) and the organelles looked remarkably normal. Apparently, the postnatal lateral wall explants, which lack blood flow, obtain sufficient nutrients and oxygen from the culture medium in order to maintain normal metabolic function.

Fig. 7. Dose-response of EA to epithelium of stria vascularis in vitro. The surface structure of marginal cells of stria vascularis were stained with phalloidin in green, and the nuclei of cells in the epithelium were labeled with ToPro-3 in red. (A) Stria vascularis was cultured in standard serum-free medium without EA for 24 h as normal control. (B) Stria vascularis cultured in 10 μM EA for 24 h. (C) Stria vascularis cultured in 100 μM EA for 24 h. (D) Stria vascularis cultured in 1000 μM EA for 24 h. EA had little or no effect on stria vascularis morphology.
7. Diuretics disrupt the blood-cochlear barrier

Because of their relatively slow uptake into the cochlea, ototoxic drugs such as gentamycin and cisplatin seldom cause hair cell loss or hearing loss after a single treatment. However, when high doses of loop diuretics are administered simultaneously with ototoxic drugs such as cisplatin or gentamycin, significant hair cell loss and permanent hearing loss often develops (Ding et al., 1995, 2004, 2007, 2010a,b, 2011, 2012; McFadden et al., 2002, 2004; Ding and Salvi, 2005; Li et al., 2011; Liu et al., 2011b). The most likely mechanism responsible for the potentiation of ototoxicity by loop diuretics is damage to the tight cell junctions in the blood vessels in the stria vascularis resulting in temporary disruption of the blood-cochlear barrier which increases the permeability of the lateral wall to ototoxic drugs. In earlier studies, we found that simultaneous injection of ethacrynic acid and gentamicin significantly increased the peak concentration and half-life of gentamicin in the perilymph; this increase was equivalent to that resulting from 20 injections of gentamicin every 12 h (Fig. 6) (Ding et al., 2003, 2004, 2010b; Ding and Salvi, 2005). Similar effects are seen when loop diuretics are administered in combination kanamycin or cisplatin (Ding et al., 2007, 2011, 2012; Li et al., 2011; Liu et al., 2011b). Conversely, if loop diuretics are administered at time when gentamicin concentrations are higher in the cochlea than the blood (~12–18 h post-gentamicin) then gentamicin flows down its concentration into the blood. Under these conditions, a single injection of ethacrynic acid does not cause permanent damage to the cochlear hair cells (Ding et al., 2003, 2004, 2010b). These results indicate that time at which loop diuretics are administered relative to other ototoxic agents will determine whether the diuretic potentiates or attenuates ototoxicity. Since loop diuretics can break open the blood-cochlea barrier, they might prove useful for promoting cochlear gene transfection or the delivery of otoprotective compound to the cochlea.

8. Co-administration of diuretics and gentamicin selectively damage cochlear hair cells, but spares vestibular hair cells

Gentamicin is considered primarily vestibulotoxic (i.e., more toxic to vestibular than cochlear hair cells), therefore, systemic or local administration of gentamicin has been used to treat intractable vertigo in unilateral Meniere’s disease (Odkvist, 1997; Odkvist et al., 1997; Silverstein et al., 1999; Li et al., 2004). Paradoxically, a single injection of gentamicin and ethacrynic acid can cause massive damage to cochlear hair cells while vestibular hair cells remain intact (McFadden et al., 2002; Ding and Salvi, 2005; Ding et al., 2010a,b). Cortilymph, fluid similar to perilymph within the tunnel of Corti, is believed to communicate with perilymph through relatively large channels in the basilar membrane located in the lower shelf of the osseous spiral lamina (Engstrom, 1960; Schuknecht and Seifi, 1963; Tanaka et al., 1973). Since the body of cochlear hair cells, particularly outer hair cells, are bathed in Cortilymph, the gentamicin within this fluid has greater access to cochlear hair cells than vestibular hair cells which are tightly embedded and completely surrounded by supporting cells (Schucnect, 1974).

9. Diuretic-induced vascular occlusion to external radiating arterioles

The cochlear spiral artery, a branch of the labyrinthine artery, enters the central canal in the modiolus and then was divided into two sets of radiating arterioles, the external radiating arterioles and the internal radiating arterioles. The external radiating arterioles supply the cochlear lateral wall whereas the internal radiating arterioles supply the medial wall of the cochlea. The external radiating arterioles pass over the scala vestibuli toward the cochlear spiral ligament and divide into four capillary networks, the vestibular crest of the spiral ligament, the capillary network of stria vascularis, the vessels of the spiral prominence and the vessels at basilar crest. The
internal radiating arterioles project toward the base within the modiolus and divide into three groups of capillary networks which end in Rosenthal's canal to support the spiral ganglion neurons, cochlear limbus, and vessel of basilar membrane under the tunnel of Corti. The blood flow though the capillary networks enter the venules in the modiolus from the internal circulation or the collecting venules in scala tympani from the external circulation and is relayed to the spiral vein in the modiolus (Smith, 1951; Hawkins, 1967; Schucnecct, 1974; Ding and Salvi, 2005). Remarkably, loop diuretics only abolish blood flow through the external radiating arterioles in the lateral wall of the cochlea (Fig. 4), but fail to interrupt blood flow through the internal radiating arterioles supplying the cochlear basilar membrane and spiral ganglion neurons or blood flow to the vestibular membranous labyrinth (Fig. 5). This raises the important question as to why loop diuretics only occlude blood flow through the external radiating arterioles (Zhao et al., 1988b; Ding et al., 1990, 2002, 2004, 2010b; McFadden et al., 2002; Ding and Salvi, 2005; Li et al., 2011). Capillary vessels are composed of endothelial cells and pericytes. Vascular endothelial cells line the interior surface of blood vessels, while the pericytes, which contain contractile filaments, wrap around the endothelial cells. Pericytes have multiple functions, such as regulating vascular permeability, guiding sprouting vessels, promoting endothelial survival, exhibiting macrophage-like activities and promoting angiogenesis. However, one of the most important function of pericytes is to regulate capillary blood flow by adjusting the vascular diameter (Pallone and Silldorff, 2001; Bergers and Song, 2005; Dore-Duffy et al., 2006; Edelman et al., 2006; Peppiatt et al., 2006; Hall et al., 2014). The specific location of cochlear pericytes has been identified in the capillary network of the cochlear lateral wall including the vessels of stria vascularis and spiral ligament (Shi et al., 2008). Loop diuretics strongly enhance renin secretion (Vaughan et al., 1978; Kurtz et al., 2007). Renin secretion and angiotensin formation can cause widespread vasoconstriction thereby diminishing blood flow and increasing peripheral resistance in arterioles. In the kidney, renin is mainly synthesized by pericytes in mesangial arterioles (Castrop et al., 2006; Navar et al., 2012) and arteriolar smooth muscle cells which are confined to the wall of the afferent arteriole at entrance to the glomerulus. Therefore, renin cells in the kidney are actually located at the juxtaglomerular portion of the afferent arterioles and specifically affected by diuretics (Vaughan et al., 1978; Sequeira Lopez et al., 2004; Berg et al., 2013). A minority of renin cells are also present in other organs, such as retinal arterioles and brain (Ganten et al., 1971; Wagner et al., 1996; Okada et al., 2001; Winkler et al., 2016). It is noteworthy that diuretic-induced transient visual impairment has been reported as one of the side effects of loop diuretics (Canon, 1985; Jaanus, 1992). Recently, we observed the fluorescence labeled renin cells in the cochlea either from a renin BAC transgenic mouse model, which was established using GFP cassette into exon one of the renin gene contained within a 240-kb BAC to create a construct that has GFP expression controlled by the renin regulatory region (RenGFP) (Glenn et al., 2014) or from immunolabeling of renin protein. We found that renin cells in the cochlea are specifically located in pericytes only in the arterioles in the stria vascularis and the arterioles to the cochlear lateral wall in the spiral ligament. In contrast, renin cells were completely absent from the pericytes in the internal radiating arterioles (Fig. 8). Taken together with the result presented above, our results strongly suggest that loop diuretic activate the renin-angiotensin system in the cochlear pericytes which are exclusively located in the arterioles in the stria vascularis and cochlear lateral wall spiral ligament. Loop diuretic activate the renin-angiotensin system in pericytes which are exclusively located in the arterioles in the stria vascularis and lateral wall spiral ligaments which lead to vasoconstriction of the vessels within a discrete region of the lateral wall. We hypothesize that loop diuretics, which activate the renin-angiotensin system in the pericytes of the stria vascularis and spiral ligament, is the first step in vasoconstriction-induced cochlear ischemia that lead to an immediate and precipitous drop in the endolymphatic potential.

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