### Narrative Review Checklist

| Section/Topic                  | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|-------------------------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| **TITLE**                     |         |                                                                      |                                     |                              |
| Title                         | 1       | Identify the report as a Narrative Review of …                      | 1                                   | Title                        |
| **ABSTRACT**                  |         |                                                                      |                                     |                              |
| Unstructured summary          | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2                                   | Abstract                     |
| **INTRODUCTION**              |         |                                                                      |                                     |                              |
| Rationale/background          | 3       | Describe the rationale for the review in the context of what is already known. | 3                                   | Introduction                 |
| Objectives                    | 4       | Specify the key question(s) identified for the review topic.         | 4                                   | Introduction                 |
| **METHODS**                   |         |                                                                      |                                     |                              |
| Research selection            | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 4                                   | Methods                      |
| **DISCUSSION/SUMMARY**        |         |                                                                      |                                     |                              |
| Narrative                     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 4-21                                | Discussion                   |
| Summary                       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 21-22                               | Conclusion                   |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

Updated on May 11, 2020