eTable 2: Proposed oxcarbazepine dosing plan for vestibular paroxysmia

- Starting treatment: 300-600 mg/day in a single or divided dosage
- Initial follow-up: 1 or 2 weeks later
- Titration: 150-300 mg/day increments every 1-2 weeks if response is inadequate
- Goal: more than 50% improvement (most patients can expect the effect by week 4)
- Maintenance treatment: usually 300-1200 mg/day
- Monitoring possible side effects, particularly skin rash, hyponatremia, leukopenia and elevated hepatic enzymes
- Considering other vestibular diagnoses if drug effect remains marginal by week 4