Multiphase TiO₂ nanostructures: a review of efficient synthesis, growth mechanism, probing capabilities, and applications in bio-safety and health

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This review article provides an exhaustive overview of the efficient synthesis, growth mechanism and research activities that mainly concern an assortment of multiphase TiO₂ nanostructures and their structural, morphological, optical and biological properties co-relations. First, a systematic review is provided for the state-of-art and synthetic mechanisms utilized to generate these nanostructured systems. A range of remarkable photoactive characteristics with respect to the effects of the structural phases as well as morphogenesis are then briefly covered and organized into sections presenting the nanostructures’ photo-luminescence and photo-catalysis properties. A plausible mechanism for their nano–bio interaction is also reviewed, and clearly shows their potential in bio-safety and health applications. These studies should inspire researchers involved in both fundamental and application based research to pursue further developments in multiphase TiO₂ nanostructures.

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1. Introduction

Photoactive potential is defined as the capacity of a material to undergo any chemical or physical alteration when a number of photons fall on it. It is well known that when the size of materials or grains approaches the nanometre (nm) scale, many physical, chemical and biological characteristics are strongly influenced and differ significantly from those of bulk materials and from those of an isolated atom/ion/molecule.1–7 The possible fundamental causes for this are the following: (i) interatomic interactions, (ii) cations with valence states, (iii) anions with deficiencies, (iv) anisotropy and (v) high surface area-to-volume ratio.8 Semiconductor metal oxide nanostructures (SMONs) are amongst the most widely studied oxide materials in recent years as they have the capability to generate photo-excited electrons and holes when photons of a wavelength equal to or greater than the band gap of the SMON fall on it.9 The noteworthy and significant physico-chemical characteristics of SMON can be attributed to their reduction in crystal size as well as their surface structure that would substantially increase the catalysis performance and the ability to tune the band gap by possible modifications of SMON, which is one of the most exciting research areas. In addition, the band gap of SMON can be easily tuned as per the requirement for inhibiting charge-carrier recombination, which is important for photoactive applications. In addition, nanometre-sized SMONs have attracted much interest as a component of electronic devices depending on their structural phases. The intriguing characteristics of several SMONs, together with their electronic and structural phases, that possess photoactive potential are listed in Table 1.

Amongst the various SMONs,8–19 TiO2-nanostructured systems (particularly nanoparticle-43,44 -wires,45 -needles,46 -belts45 and -tubes47,48) are the most enthraling classes of SMON with a variety of physico-chemical properties. The dominant physicochemical properties of TiO2 nanostructures are classified in terms of their crystallinity, purity, structure, chemical composition, size- and/or shape-distribution, dimensionality and defect centres, which can be easily modified by changing the parameters during various synthetic methods. TiO2 nanostructures have been widely explored owing to their extensive applications across a myriad of areas, particularly in photocatalysis, including those for the decomposition of organic/inorganic dyes,16,23,36–40 hydrogen production from water,41–44 removal of pollutants and plastics from the environment,45–48 dye-sensitized solar cells,49 sensors,50 sunscreens,51–54 paints,55,56 rechargeable batteries,57–59 supercapacitors,60 food colouring,61–64 environmental remediation65–69 and biomedical fields.70,71 Over the past few decades, extensive research effort has been dedicated to the engineering of TiO2 nanostructures synthesized via chemical routes, such as sol–gel,72–75 hydrothermal,76–103 solvothermal,8 wet-chemical,8,23,127 thermal-sol-gel128,129 and electro deposition techniques.130 TiO2 is effectively used in the aforementioned applications based on its various structural phases, morphologies, exceptional low-cost, non-toxicity, high abundance in nature and slow rate of charge-carrier recombination,131–139 and therefore is the main concern of this review article. Moreover, the excellent photoactive performances of multiphase TiO2 nanostructures mainly depend on the various synthesis routes. Due to the outburst of publications in this field, the authors do not claim that this dominantly multiphase TiO2 nanostructures review includes all of the published work, but rather an exposure of the efficient synthesises, probing capabilities, photoactive potential and application of these TiO2 nanostructures in biosafety and health. We apologize to the authors of the excellent work that,
due to the large activity in this area, we have inadvertently left out.

Thus, in order to modify the structural, morphological, optical, antimicrobial, physico-chemical and photocatalytic properties of various multiphase-TiO$_2$ nanostructures, by necessity, it is essential to develop and emphasize the design of cost-efficient, high yield and long charge-carrier lifetime materials with desirable controlled morphology as well as specific multifunctional properties based on basic chemistry and physics concepts/models.

2. Properties of multiphase TiO$_2$ nanostructures

Titanium dioxide is an alkaline oxide of titanium (Ti) containing the elements Ti and oxygen (O) with the chemical formula TiO$_2$ and is commonly referred to as titania. Moreover, TiO$_2$ is one of the most abundant and nontoxic compounds on our planet and is a very appealing material for a variety of applications in catalysis, UV sunscreens, cosmetics, medical implants and self-cleaning and antifogging surfaces.\cite{147} TiO$_2$ nanostructures are conventional wide band gap ($E_g = 2.8-3.3$ eV) semiconductor materials with tunable properties, which have attracted growing interest in recent decades from the scientific and engineering community.

2.1. Structural phases (multiphase TiO$_2$)

Structurally, TiO$_2$ nanomaterials are a kind of versatile polymorph material (a material with the same composition but a different crystal structure) and exist in both crystalline and noncrystalline or amorphous (a-TiO$_2$) forms.\cite{141,142} Up to now, 14 structural phases of TiO$_2$ have been identified in which 11 phases are crystalline and 3 are noncrystalline. The crystalline phases of TiO$_2$ are rutile, anatase, brookite, TiO$_2$-B (brune), TiO$_2$-R (ramsdelite), TiO$_2$-H (hollandite), TiO$_2$-II (columbite), TiO$_2$-III (baddeleyite), TiO$_2$-OI (fluorite), TiO$_2$-OII (cotunnite) and TiO$_2$-cubic,\cite{143} whereas the noncrystalline-TiO$_2$ phases are a-low-density a-TiO$_2$ and two high-density a-TiO$_2$ forms.\cite{144} Mesoporous a-TiO$_2$ with a periodic ordering of the pores was first reported in 1995 via a modified sol–gel process applying an alkyl phosphate surfactant.\cite{145}

To date, the structural characteristics, particularly the nature of phase formation as well as transformations in TiO$_2$ have been inadequately established. The three main naturally existing polymorphs of TiO$_2$ (especially rutile, anatase and brookite) are stable at ambient or low-pressure but differ in how they share the adjacent TiO$_6$ octahedra coordination such that the overall stoichiometry remains TiO$_2$. The relative stability of the TiO$_2$ phases depends mainly on the particle size, with rutile-TiO$_2$ being the thermodynamically most stable form in bulk TiO$_2$. The anatase-TiO$_2$ phase is the most stable phase of TiO$_2$ at sizes below 14 nm. Moreover, brookite-TiO$_2$ is the metastable form, which is not commonly observed in minerals and is difficult to synthesize in a pure form.\cite{146,147} Their densities vary in range from ~4.24 (TiO$_2$-rutile)\cite{148} to 3.89 (TiO$_2$-anatase)\cite{149,147} and 4.12 (TiO$_2$-brookite)\cite{148} g cm$^{-3}$. Anatase- and brookite-TiO$_2$ are regarded amongst the most widely studied phases with the thermodynamically stable rutile-TiO$_2$ phase.\cite{149,150} However, based on the different arrangements of oxide anions (O$_2^-$) adjoining the titanium cations (Ti$^4+$), these transition/multiphase TiO$_2$ polymorphs can be divided into two main categories: (i) a tetragonal structure (in rutile- and anatase-TiO$_2$), (ii) an orthorhombic structure (in brookite-TiO$_2$).\cite{151} On the basis of the available literature reviews and the experimental Ti-O phase diagram, anatase-TiO$_2$ is more stable than rutile\cite{152} at room temperature and atmospheric pressure, in contrast to the thermodynamic data, which indicates anatase-TiO$_2$ is metastable with regard to rutile-TiO$_2$.\cite{153} The rutile phase of TiO$_2$ consists of TiO$_6$ units with both edge as well as corner sharing, whereas the anatase phase of TiO$_2$ contains TiO$_6$ units only with edge sharing. Additionally, in the brookite phase of TiO$_2$, the TiO$_6$ units are connected through the edges of neighbouring units.\cite{154-156}

In the rutile phase structure, two opposite edges of each octahedra are united forming a linear chain along the (001) direction. These linear chains are then linked to each other by sharing corner oxygen atoms. However, zigzag chains of octahedra are linked through sharing edges, as no corner sharing is observed in the crystal structure of anatase. Four edges are shared per octahedron in anatase. Interstitial spaces between octahedra are larger because of there being more edge sharing and thus this phase structure is less dense than rutile.\cite{157} The orthorhombic crystal structure of brookite is even more complex, wherein, it comprises an orthorhombic unit constructed by an octahedron of oxygen ions arranged about a single titanium ion. Three edges with adjoining octahedra are shared per octahedron. Moreover, the remarkable properties and excellent performance in various potential applications for the different polymorphs of multiphase TiO$_2$ are outlined in Table 2. Fig. 1(a–d) illustrate the various applications: (a), ball-and-stick models (b$_1$–b$_3$), Wulff structures (c$_1$–c$_3$) and polyhedral models (d$_1$–d$_3$) of different polymorph TiO$_2$, in particular anatase-, brookite- and rutile-TiO$_2$.\cite{142}

2.2. Morphogenesis characteristics (TiO$_2$ nanostructures)

Accumulating all the available reviews from the early 2000s, a variety of nanostructured materials with fascinating morphologies have piqued the interests of material scientists because of their higher surface-to-volume ratio, which is beneficial to enhancing the efficiency of oxide surface reactions. Based on the orientation of nanocrystals, nanostructured materials or nanomaterials are divided into three main categories within a size range of 1–100 nm: (i) spherical (nano-particles,\cite{158} –spheres,\cite{159} -granules,\cite{160} -platelets,\cite{161} -poles,\cite{162} -nanorods,\cite{163} -tubes,\cite{164} -wires,\cite{165} -fibres,\cite{166} -needles,\cite{167} -petals,\cite{168} -whiskers,\cite{169,170} -trees,\cite{171} -filaments,\cite{172} and (iii) planar (nano-plates,\cite{173,174} -sheets,\cite{175} -films,\cite{176} -coatings\cite{177}).

Spherical nanomaterials show a diverse range of applications, such as in electronics,\cite{178} photodynamic therapy,\cite{179,180} sensors,\cite{181} probes,\cite{182} catalysis,\cite{183,184} and antimicrobial.\cite{185,186} Elongated nanomaterials, on the other hand, also demonstrate various potential applications, such as in display technologies,\cite{187,188} microelectromechanical systems (MEMS),\cite{189} optical sensors\cite{190} and biological areas, such as cancer.
therapeutics,\textsuperscript{146,147} sensing,\textsuperscript{148,149} imaging\textsuperscript{146,147} and drug delivery. Planar nanomaterials are utilized for packaging purposes, as anti-corrosives,\textsuperscript{190,191} -bacterial,\textsuperscript{192,193} -abrasion,\textsuperscript{191} -reflection,\textsuperscript{194,195} -graffiti coatings\textsuperscript{191} and in surgical procedures.\textsuperscript{196} such as wound dressing materials and in tissue engineering\textsuperscript{197,198} such as cellular scaffolds.\textsuperscript{199} Amongst various morphogenesis, nano-particles,\textsuperscript{23,30} -fibres,\textsuperscript{31,32} -tubes,\textsuperscript{34,35} -rods\textsuperscript{162} and layers of multiphase-TiO\textsubscript{2} are the most desired nanostructures for many industrial, scientific and technological applications (Fig. 2).

2.3. Impact of multiphase TiO\textsubscript{2} nanostructures on photoactive and biological responses

The photoactive potential states the capability of a substance to undergo any physical or chemical changes in response to illumination. Herein, the photoactive potential of multiphase TiO\textsubscript{2} nanostructures stands for: (i) UV-Vis characteristics, (ii) photoluminescence and (iii) photocatalysis properties.

2.3.1. Influence on photoactive potential. Generally, ultraviolet-visible (UV-Vis or UV/Vis) spectroscopy is aimed at absorption or reflectance ranging from 190 nm (6.52 eV) to 800 nm (1.55 eV). When an atom or molecule absorbs UV or visible light, electrons are promoted from their ground state (bonding: \(\sigma\), and \(\pi\)- or non-bonding: \(n\)-electrons) to an excited state (anti-bonding: \(\sigma^*\) or \(\pi^*\)-electrons).\textsuperscript{23,200} Atomic vibrations/rotations also have discrete energy levels, which are considered as being packed on top of each electronic level and appear in the form of a continuous absorption band.\textsuperscript{190} In the luminescence process, an energy source stimulates an electron within a material to rise from a ground state to an excited state, and the electron is then released to the ground energy state by liberating the energy in the form of light. In the photoluminescence process, photons are the primary energy source and can be used to analyse the PL spectra of nanomaterials. The separation of photogenerated electron-hole pairs (excitons) when UV rays are illuminated provides a platform for photodegradation by generating reactive oxygen species (ROS).\textsuperscript{201–205} A mechanism related to this photodegradation is depicted in Fig. 3.

Multiphase TiO\textsubscript{2} nanostructures have been widely explored in terms of photocatalysis owing to their high surface area, high absorption capability and slow rate of charge-carrier recombination.\textsuperscript{23,180} The photocatalysis property is useful in many applications that provide a therapeutic action for human health by decontaminating water/air\textsuperscript{206,207} and also by degrading toxic organic/inorganic dyes.\textsuperscript{23,208} Thus, the ability to manipulate the surface property is an extremely vital factor to optimize multiphase TiO\textsubscript{2} nanostructures for photo-related phenomena. However, the existing recent reviews scrutinized that the surface modification of multiphase TiO\textsubscript{2} nanostructures can be achieved either by organic/inorganic surface coating or by adding dopants. However, surface coating on TiO\textsubscript{2} nanostructures with

Table 2 Polymorphs-TiO\textsubscript{2} structure with their possible properties and applications

| Phase-TiO\textsubscript{2} | Properties | Advanced applications |
|------------------------|------------|-----------------------|
| Anatase-TiO\textsubscript{2} | Brown to black, metastable polymorph, lustrous, lower absorption rate, hard, high density, larger band gap | Gems, paints, papers, ceramics, photocatalysis |
| Brookite-TiO\textsubscript{2} | Dark brown to greenish black, brittle, very rare metastable polymorph, non-fluorescent | Photocatalysis, photovoltaic devices, jewellery |
| Rutile-TiO\textsubscript{2} | Dark red, high refractive index, hard, chemical resistant, UV-ray absorbent, obtained at high temperature | Paint, paper, plastic, food, sunscreens, photocatalysis, interference applications |

Fig. 1 (a) Various applications, (b\textsubscript{1}–b\textsubscript{2}) ball-and-stick models, (c\textsubscript{1}–c\textsubscript{3}) Wulff structures and (d\textsubscript{1}–d\textsubscript{3}) polyhedron models of different polymorphs TiO\textsubscript{2}, for (b\textsubscript{1}, c\textsubscript{1}, d\textsubscript{1}) anatase-TiO\textsubscript{2}, (b\textsubscript{2}, c\textsubscript{2}, d\textsubscript{2}) brookite-TiO\textsubscript{2} and (b\textsubscript{3}, c\textsubscript{3}, d\textsubscript{3}) rutile-TiO\textsubscript{2}. The unit cells in polyhedron models are outlined using thin lines.\textsuperscript{142} By courtesy of https://www.google.co.in/search?q=wulff+structure+of+tio2&tbm=isch&tbo=u&source=univ%3ava=X&ved=0ahUKEwiYqZiDnYXUAhUFT48KHWRAfOQsAQJl3g6iw12806bh=591#imgrc=X5sz468XQyZyqOM. Reprinted with permission from ref. 142. Copyright 2014, American Chemical Society.

Fig. 2 Illustration showing the orientation of nanomaterials: (a\textsubscript{1}) spherical, (a\textsubscript{2}) elongated and (a\textsubscript{3}) planar.\textsuperscript{155} Reprinted with permission from ref. 130. Copyright 2015, The Royal Society of Chemistry.
numerous inorganic oxide materials, such as SiO$_2$, Al$_2$O$_3$, ZrO$_2$, WO$_3$ (ref. 212) and MoO$_3$ (ref. 213) can lose their intrinsic property, thus, organic surface coatings are preferred to circumvent this property. In addition, coating with an organic moiety can provide various functional groups, such as hydroxyl-, aldehydic- and carboxyl-groups, as well as the benefit from organic species being cheaper as well as generally more abundant in nature.$^{214-215}$

2.3.2. Influence on bio-safety and human health. When nanostructures enter into the human body, they are distributed into various organs and thus interact with biological moieties, such as proteins and cells. They can either remain in the same structure or become altered.$^{216}$ Nanomaterials may also get absorbed via inhalation,$^{217}$ dermal exposure$^{218,219}$ and could potentially cause some toxic characteristics$^{220-223}$ in the human body. Thus, the pharmacokinetics of nanomaterials depends on various physico-chemical properties of both nanomaterials as well as biological systems, which are elaborated in detail herein.

2.3.2.1. Physico-chemical influences of the nanostructures. The driving forces for nano–bio interactions mainly include the physico-chemical properties of: (i) nanomaterials, such as the structural aspects (size and shape), surface properties (crystallinity, hydrophobicity, coating, stereochemical interactions) and chemical composition (atomic/molecular features, polymorphism); (ii) biological systems, such as the surface charge, conformation, H- and $\pi$-bonds and (iii) environmental prospects, such as the polarity, pH, viscosity, temperature and ionic strength, as shown in Scheme 1(a–c)$^{220-223}$ The available exciting and existing reviews clearly demonstrate the interaction of multiphase TiO$_2$ nanostructures with biological systems through various plausible mechanisms. It is an imperative task, therefore, to present a review to assist composing a novel mechanism emphasizing the effect of multiphase TiO$_2$ nanostructures on human health using fundamental evidence.

2.3.2.2. Pharmacokinetics of nanostructures in the human body. Pharmacokinetics (e.g. absorption, distribution, metabolism and excretion) is defined as the study of the mobility of nanomaterials in a biological system.$^{220-223}$ Nanostructures can become amended or metabolised before leaving towards other organs or to be excreted.$^{234-235}$ The study to date on the influence of multiphase TiO$_2$ nanostructures on human health has been focused and debated extensively over the past decade. Several participating factors, including the partial absorption of nanostructures, and parameters associated with the particles (such as the material characteristics, shape, size and concentration) have been considered to account for the anomalous influence on biosafety/human health.$^{236-239}$ The present review briefly outlines the issues around biosafety by taking into account the multiphase TiO$_2$ nanostructures, employing data reported in the various review articles in this area.

3. Efficient synthesis routes and growth mechanisms

Synthetic methods of multiphase TiO$_2$ play a crucial role in the development of nanostructures from zero-dimensional (0D) to three-dimensional (3D) structures. The synthesis of multiphase TiO$_2$ nanostructures in a variety of shapes with controlled morphologies, sizes ($\sim$100 nm) and more complex nanostructures are of substantial interest due to their exceptional properties and prevalent application possibilities straddling from physico-chemical to biological fields.$^{240,241}$ With a high degree of synthetic control, the size and shape of multiphase TiO$_2$ nanostructures can be easily tuned from the micro- and

![Fig. 3 Photocatalysis mechanism in multiphase TiO$_2$ nanostructures.](image-url)
nanometre to the molecular level and from spherical nanoparticles to nano-rods/tubes/wires. Moreover, owing to its excellent stoichiometry (Ti/O: 1/2), multiphase TiO$_2$ nanostructures have always been a subject of enormous research interest and there is emerging attention paid now to the controlled synthesis or fabrication of structurally stoichiometric TiO$_2$ with diverse shapes, with results reported on single and mixed phase TiO$_2$ polymorphs. The synthesis of multiphase TiO$_2$ nanostructures, therefore, is very interesting in terms of: (i) the structural phases (anatase-, brookite- and rutile-TiO$_2$), (ii) the well-controlled morphogenesis (nano-particles, -tubes, -wires, -rods, -crystals and -flowers), and (iii) the particle size (regime 1–100 nm) for a variety of technological and biosafety applications.

With the emergence of new synthetic techniques that are inexpensive, highly scalable and have a high yield, development of the large-scale cost-effective production of SMON is one of the key challenges for today’s nanoscience and nanotechnology. Each fabrication method of SMON has its own advantages and strategy for the synthesis of SMON in 0D to 3D systems. In this section, we briefly describe the numerous synthesis methods for producing SMON, especially multiphase TiO$_2$ nanostructures. Generally, two fundamental strategies have been developed to broadly prepare multiphase TiO$_2$ nanostructures: the top-down approach and the bottom-up approach.

### 3.1. Top-down approach

Basically, the top-down approach is a miniaturization technique, in which small structures are fabricated from larger ones. The key advantages of this approach are that the components, e.g. in the production of integrated circuits, are both patterned and assembled in position, so that no separate fabrication step is needed. Lithography, attrition or milling, quenching, etching and successive cutting are all typical examples of the top-down approach for the synthesis of metal-oxide nanomaterials.

### 3.2. Bottom-up approach

In this context, synthesis through a bottom-up approach, in which molecular precursors react to form the final larger structures, is a unique approach for the preparation of SMONs owing to its exceptional versatility. In the bottom-up approach, the molecular precursors self-associate, interact and combine with each other in a coordinated way to give rise to simple and more complex nanostructures. The bottom-up approach has four major branches: (i) physical, (ii) chemical, (iii) hybrid and (iv) biological. Nowadays, these synthetic routes have been established for the engineering of emerging multiphase TiO$_2$ nanostructures (spherical, elongated and planar with sizes smaller than 100 nm). The existing physical, hybrid and/or biological synthesis methods typically involve toxic organic/inorganic reagents and need sophisticated instrumentation with complicated reaction conditions to produce the required materials, which are low in quantity as well as quality, even with a low-yield of the required material. Thus, the technological challenge has moved to the facile synthesis of multiphase TiO$_2$ nanostructures via chemical routes and that could maintain their activity, selectivity and suitability over long-term operation in various potential technological and biosafety applications. In addition, the chemical method is an easy way to produce multiphase-TiO$_2$ nanostructures using hazardous precursors in a short reaction time and at low cost for high scale-up with high purity in high throughput and good yield in industrial production. Due to numerous advantages such as simplicity, inexpensive instrumental set-up, easy operation and good control over the experimental conditions, the chemical routes are encouraged from the viewpoint of practical application. The chemical synthesis processes to obtain multiphase crystalline TiO$_2$ nanostructures, including amongst others sol–gel or even hydrothermal approaches, wet chemical solution and precipitation methods, have become increasingly popular in recent years to achieve the goals of identically shaped, uniformly sized, perfect crystals, defect-free and high-purity materials. The entire synthetic mechanism, which provides exquisite control over many of the parameters cited above for the synthesis of nanostructures, is demonstrated in Scheme 2.

Using these approaches, various morphologies of multiphase TiO$_2$ have been synthesized and can be easily scaled up for large-scale production. The synthesis methods via a top-down approach normally require harmful organic/inorganic surfactants complex technologies as well as sophisticated instruments. Consequently, the bottom-up approach is preferred and has attracted key interest due to its versatility and potential to produce SMONs for many applications. Moreover, the chemical synthesis of multiphase TiO$_2$ nanostructures via the sol–gel, hydrothermal and co-precipitation methods provides numerous significant advantages, such as:

(i) precise control of the structural phases and stoichiometry,
(ii) control of the size, morphology and homogeneity,
(iii) reproducible process suitable for the large-scale, cost-effective and high-purity production of nanomaterials,
(iv) short reaction conditions and inexpensive procedures.

![Scheme 2](https://example.com/scheme2.png)
3.2.1. Sol–gel method. The sol–gel method is broadly used to synthesize oxide materials, especially SMONs. Processing by this method involves the transformation of a sol (a colloid suspension of nanometre-sized solid particles in a liquid phase) into a gel (a 3D network of metal–oxygen bonds, containing a continuous solid skeleton attached to a continuous liquid phase), which is then usually thermally treated to obtain the desired SMON.68 Namely, when the liquid is removed from the sol, the sol turns into a gel. The first gel derived from a metal alkoxide was synthesized by Ebelmen as early as 1846.130

Amongst all the available processes, the sol–gel approach is mainly based on the controlled hydrolysis, the condensation of appropriate precursors and inorganic polymerization reactions.124 The sol–gel process includes four steps: (i) hydrolysis, (ii) polycondensation, (iii) drying and (iv) thermal decomposition. The precursors of metal alkoxides hydrolyze with H2O or alcohols according to the hydrolysis process, followed by either H2O or alcohol condensation. Additionally, H2O or alcohol, an acid or a base can also assist hydrolysis of the precursor. In the case of acids, a reaction takes place between the alkoxide and acid to form a solution. After the sol formation, the solution is condensed to a gel and the solvent (H2O or alcohol) must be removed. A higher annealing/calcination temperature is needed to decompose the organic/inorganic precursor.126 Furthermore, the sol–gel method usually results in SMONs that are amorphous or badly crystalline because they are fabricated at or near room temperature. A thermal treatment (annealing or calcination) is normally needed to transform the gel into the final required SMON.97,107

The sol–gel processing of multiphase TiO2 nanostructures is an interesting approach with a high level of control of the shape based on the controlled hydrolysis and condensation of the appropriate precursors. The sol–gel method is valuable for a high-throughput production of multiphase TiO2 nanostructures and much work has been carried out to date on this process, mainly involving the grain nanostructures. Varying the synthesis reaction conditions and parameters (particularly the solution composition, pH value and temperature) in sol–gel processing markedly affects the fabricated multiphase TiO2 nanostructures with varying sizes and different morphologies.255 A schematic diagram of the sol–gel process for the synthesis of SMONs is shown in Scheme 2(a).

Multiphase TiO2 with different types of nanostructures, such as nano-particles, -whiskers, -fibrous and -spindles, have been successfully synthesized using this method (as shown in Fig. 4). The upper segment of Fig. 4 shows the sol–gel-derived spherical nanostructures of TiO2, whereas the lower segment presents the elongated nanostructures. Fig. 4a1 elucidates anatase-TiO2 with 20–60 nm crystallites agglomerated into 2 μm spherical spheres. Fig. 4a2 demonstrates the brookite-TiO2 nanoparticles are in a uniform spherical shape morphology with a diameter of about 400 nm.28 Fig. 4a3 shows the nano-sized aggregates of a-TiO2 crystallites in particular structure synthesized at ratios of EGMT : HCl = 1 : 5.4.144 Fig. 4a4 and b1 show the TEM images of highly crystalline anatase-TiO2 nanoparticles with different sizes and shapes prepared by the sol–gel method.256 Fig. 4a5 shows the cauliflower-like nanowhisker arrangements of rutile-TiO2 with a diameter of 4–5 nm and a length of 50 nm.144 Fig. 4b1 represents the higher magnification SEM image of the TiO2 nanofibrous structure.28 The fibre-like rutile-TiO2 nanostructures are illustrated in Fig. 4b2.163 Fig. 4b3 and b5 indicate the anatase-TiO2 particles with a spindle-like morphology depending on the pH value of the initial solution.97

3.2.2. Hydrothermal method. The hydrothermal method is a simple, versatile and universal synthesis method that employs a solvent (generally water, H2O) at a moderate temperature and high pressure for producing SMONs. A schematic illustration for the formation of a SMON through the hydrothermal method is depicted in Scheme 2(b). The hydrothermal method is very comparable to the solvothermal method, with the main distinction between these two methods being in the precursor solutions. Specifically, aqueous and non-aqueous precursor solutions are used for the hydrothermal and solvothermal methods, respectively. Besides, the solvothermal method offers a better control of the size distribution, shape and crystallinity in SMONs than the hydrothermal method. The major chemical reactions occur at a critical temperature (374 °C) and pressure (218 atm) in a stainless steel Teflon autoclave. In the hydrothermal method, the dielectric constant and viscosity of H2O decrease with increasing the temperature and increase with the expanding pressure with the temperature effect predominating. Due to the changes in such characteristics of H2O, the raised temperature within a hydrothermal system has a considerable effect on the sample solubility and the transport of solids.108,109

In hydrothermal processing, mostly a lamellar phase is formed before the hydrothermal condition, in which the anions play the key role of surfactant to stabilize the layered organization of metal cation species. The layer, then, rolls up to generate one-dimensional (1D) nanostructures (particularly nano-tubes, -wires, -polypedrons and -rods) in the process of crystallization under hydrothermal treatment. The crystalline/amorphous metal–hydroxide phase is, thus, obtained. After heat treatment annealing or calcination or sintering, the metal–hydroxide
phase is, therefore, dehydrated and transformed to metal oxide nanostructures, while the 1D morphology is preserved and the organic/inorganic compounds or surfactants are removed. The hydrothermally synthesized 1D SMONs are expected to be identical in crystalline structure, uniform in size distribution, have a regular chemical composition, be perfect in shape and have no morphological defects or dislocations (particle–particle interface), which are exponentially useful for the applications of SMONs in photocatalysis, biosafety and human health. By using suitable parameters, such as precursors, solvent, surfactants, working temperature and reaction time, the structural phases, shape and size distribution of SMONs can be precisely controlled.

Numerous morphologies of multiphase TiO₂ nanostructures (nano-particles, -cuboid shape, -wires, -tubes, -belts and many others) have been effectively fabricated in this way (as represented in Fig. 5). A typical SEM micrograph of TiO₂ nanowires made with the hydrothermal method is shown in Fig. 5a1. Fig. 5a2 and a3 correspond to the SEM and TEM images of TiO₂ nanotubes, indicating a fibrous texture with lengths up to 1–3 µm, outer diameters between 7 nm and 10 nm, inner diameters of 5 nm and an inter-wall spacing of about 0.5 nm. Fig. 5a3 and a4 illustrates the representative SEM micrographs of anatase-TiO₂ nanoparticles, nanopolyhedrons (possessing diameters in the range of 300–600 nm) and nano-belts (approximately 130 nm in width, 50 nm in thickness and several micrometres in length), respectively. In addition to elongated TiO₂ nanostructures, spherical TiO₂ nanostructures (nanoparticles and cuboid shaped or thin sheets, as depicted in Fig. 5b1–b3) have also been synthesized with this method. Fig. 5b1 clearly shows uniform ultra-anatase-TiO₂ nanoparticles (about 5–15 nm). Fig. 5b2 elucidates either a cuboid shaped or thin sheets of these anatase-TiO₂ nanoparticles. One of these thin sheets with an edge length of 15 nm is marked in the micrograph (Fig. 5b2) and a set of Moiré fringes are also marked (encircled in Fig. 5b2). Fig. 5b4 and b5 represent the TEM images of TiO₂ nano-tubes and -rods, respectively.

3.2.3. Co-precipitation method. As described above, many physical/chemical methods have been utilized for producing multiphase TiO₂ nanostructures. Amongst all the synthetic approaches, the co-precipitation chemical strategy is based on the condition of supersaturation from aqueous solutions followed by thermal decomposition. Co-precipitation is also known as the wet chemical solution method and also a common method to synthesize SMONs with largely scalable production. In the co-precipitation method, the micro- or nanostructures of multiphase TiO₂ are greatly affected by the reaction conditions, but also by the reactivity of the starting/intermediate materials, pH value of the reaction medium and the reaction parameters, such as temperature and time. The variations mentioned above present numerous parameters to construct different high-quality nanoparticles and other nanostructures. A schematic illustration for the formation of oxide nanostructures through the co-precipitation method is depicted in Scheme 2(c).

Various shapes of multiphase TiO₂ nanostructures have been synthesized, including nanorods and nanoparticles. Fig. 6a1–b4 elucidate the multiphase TiO₂ nanostructures prepared via this method. Fig. 6a1 represents the SEM morphology of anatase-TiO₂ nanorods, while Fig. 6a2 illustrates the rutile-TiO₂ nanoparticles with a diameter of about 400 nm synthesized by the co-precipitation method. Fig. 6a3 and a4 present the SEM images of anatase-TiO₂ and rutile-TiO₂ nanoparticles, while Fig. 6b1 and b2 indicate the corresponding TEM images. The morphology of anatase-TiO₂ nanoparticles monitored by SEM is depicted in Fig. 6b3. The TEM micrograph of TiO₂ nanoparticles synthesized by this method is shown in Fig. 6b2, clearly indicating the uniform nanoparticles (size about 5–10 nm) distributed throughout the sample. Even though the method of preparing TiO₂ nanoparticles via co-precipitation is very easy and simple, enormously complicated nanostructures can also be successfully fabricated in this way.

Here, we review all the literature reports, to the best of our knowledge, concerning an easy way to produce multiphase TiO₂ nanostructures.
nanostructures in a short reaction time, using hazardous starting ingredients and that are inexpensive for feasible scale-up and to produce a high yield with high purity in industrial production via the mainly sol–gel, hydrothermal and co-precipitation methods. Table 3 presents an overview of the facile chemical synthesis approaches for multiphase-TiO2 nanostructures that are usually available through these routes.

3.3. Growth mechanism

One of the most demanding concerns in the efficient processing of these multiphase TiO2 nanostructures is the control of their size, morphology and microstructure. An apparent interpretation of the growth mechanism for the formation of multiphase TiO2 nanostructures is mandatory in this respect and is shown in Scheme 3. It is well known that the synthesis process for the formation of nanostructures is classically categorized into two events: (i) nucleation and (ii) growth. In the nucleation process, small clusters composed of a few atoms (nuclei) are formed in the solution starting from monomers; while in the growth regime, existing nuclei grow to form larger particles. The mechanistic understanding of various aspects of the synthesis procedure can be established from a combination of crystallography and kinetics. Interestingly, the detailed mechanism still needs further investigation of the phase, structure and shape formation of TiO2. The chemical growth of nanostructured materials certainly entails the process of gelation or precipitation of a solid phase from the solution depending on the synthetic routes. An excellent perceptive of the processes and parameters ensuring the gel or precipitate formation helps to enhance the growth of nanoparticles to obtain the desired size and morphology. As the recent literature search indicated, there is immense interest in explaining the preliminary mechanisms, such as Finke–Watzky two step mechanisms, coalescence and oriented attachment as well as the LaMer burst nucleation followed by Ostwald ripening, aggregation and many more. The study of the nucleation and growth process, the tailored morphology and crystalline structure and annealing/calcmination treatments, has thus, become an exciting concern to produce multiphase nanostructures. With that in mind, the present review expresses the description of phase transformation, nucleation, growth, coarsening and agglomeration processes, including the change in temperature and chemical environment of multiphase TiO2 nanostructures synthesized via facile chemical routes.

Herein, the present review elaborates a brief description on the phase formation/transformation and different morphological characteristics of multiphase TiO2 nanostructures. The optimized procedures and growth mechanisms for the sol–gel, hydrothermal and co-precipitation methods of multiphase TiO2 nanostructures are also reviewed. In addition, the impacts of these nanostructures on the photoactive and biological responses are also described. Moreover, the review discusses the phase, size- and morphology-dependent different transitions relating to the defect sites on multiphase TiO2 nanostructures as assessed by UV-Vis and PL spectroscopy. Furthermore, a comparative study assessed photocatalysis by modifying the surface of multiphase TiO2 nanostructures with inorganic (SiO2) to that of an organic coating derived from green tea (Camellia sinensis), independently with a comprehensive mechanism given. Additionally, it covers the fundamental concepts on efficient formation via facile chemical routes and the growth mechanism of multiphase TiO2 nanostructures. Finally, the present review composes a novel mechanism emphasizing the effect of multiphase TiO2 nanostructures on biosafety/human health by using essential evidence available in the literature.

4. Crystallographic structures

X-ray diffraction (XRD) analysis is essential to identify the crystallographic characteristics, such as gross structural analysis, phase transition, phase identification and phase purity determination of multiphase TiO2 nanostructures. Illustrations of the XRD patterns of the anatase-, -brookite and -rutile structural phases of TiO2 nanostructures are depicted in Fig. 7–9, which reveal the crystallinity, phase identification and phase purity of multiphase TiO2 nanostructures. In specific 2θ ranges (20–80°), the XRD patterns are sufficiently distinct, creating a clear classification of the multiphase TiO2 nanostructures.

4.1. Anatase-TiO2

Fig. 7a provides the XRD pattern of anatase-TiO2 nanostructures. The Bragg’s position of the diffraction peaks and the relative intensity of the diffraction peaks accord perfectly with the standard JCPDF card no. 73-1764, corresponding to the tetragonal crystal system of anatase-TiO2 (space group: I41/amd (141); a = b = 0.377 nm, c = 0.948 nm). All of the diffraction peaks were identified as characteristic of the XRD pattern of anatase-TiO2. The presence of diffraction peaks at ~25.06°, 36.9°, 37.8°, 38.6°, 48.1°, 54.1°, 55.1°, 62.7°, 68.7°, 70.1° and 75.1° indicate the (101), (103), (004), (112), (200), (105), (211), (204), (116), (220) and (215) lattice planes, respectively, indexing...
to a pure and highly crystalline anatase-TiO$_2$ phase. No additional peaks corresponding to impurities and other structural phases were detected, which indicates the phase purity and high crystallinity synthesis of the anatase-TiO$_2$ phase. The representative ball-and-stick structure of anatase-TiO$_2$ is illustrated in Fig. 7b1. The anatase-TiO$_2$ has a crystalline structure that agrees with the tetragonal system with a dipiramidal habit (as shown in Fig. 7c$_1$).$^{142,256}$

4.2. Brookite-TiO$_2$

The XRD pattern of brookite-TiO$_2$ nanostructures is shown in Fig. 8a$_1$. The Bragg's position of the diffraction peaks and the relative intensity of the diffraction peaks accord perfectly with the standard JCPDF card no. 76-1936, corresponding to an orthorhombic crystal system of brookite-TiO$_2$ (space group: Pnma (61); $a = 0.919$ nm, $b = 0.546$ nm, $c = 0.515$ nm). All of the diffraction peaks were identified as characteristic of the XRD pattern of brookite-TiO$_2$. The presence of diffraction peaks at $\sim 25.26^\circ$, $37.9^\circ$, $47.9^\circ$, $54.1^\circ$, $55.1^\circ$, $62.7^\circ$, $68.9^\circ$, $70.3^\circ$ and $75.3^\circ$ indicate the (210), (021), (231), (230), (421), (331), (040), (332) and (531) lattice planes, respectively, indexing to a pure and highly crystalline brookite-TiO$_2$ phase. No additional peaks corresponding to impurities and other structural phases were detected, which indicates the phase purity and high crystallinity synthesis of the anatase-TiO$_2$ phase. The representative ball-and-stick structure of brookite-TiO$_2$ is illustrated in Fig. 8b$_1$. The brookite-TiO$_2$ phase has a crystalline structure that agrees with the orthorhombic crystal system (as shown in Fig. 8c$_1$).$^{142,256}$

4.3. Rutile-TiO$_2$

Fig. 9a$_1$ provides the XRD pattern of TiO$_2$ nanostructures. The Bragg's position of the diffraction peaks and the relative intensity of the diffraction peaks accord perfectly with the standard JCPDF card no. 73-1765, also corresponding to the tetragonal crystal system of rutile-TiO$_2$ (space group: P4$_2$/mmm (136); $a = b = 0.458$ nm, $c = 0.295$ nm). All of the diffraction peaks were identified as characteristic of the XRD pattern of rutile-TiO$_2$. The presence of diffraction peaks at $\sim 27.5^\circ$, $36.2^\circ$, $39.3^\circ$, $41.4^\circ$, $44.0^\circ$, $54.3^\circ$, $56.5^\circ$, $62.7^\circ$, $63.9^\circ$, $69.1^\circ$, $69.8^\circ$ and $76.7^\circ$ indicate the (110), (101), (200), (111), (210), (211), (220), (002), (310), (301), (311) and (202) lattice planes, respectively, indexing to a pure and highly crystalline rutile-TiO$_2$ phase. No additional peaks corresponding to impurities and other structural phases were detected, which indicates the phase purity and high crystallinity synthesis of the anatase-TiO$_2$ phase. The representative ball-and-stick structure of rutile-TiO$_2$ is illustrated in Fig. 9b$_1$. The rutile-TiO$_2$ has a crystalline structure that agrees with the tetragonal system with a prismatic habit (as shown in Fig. 9c$_1$).$^{142,256}$

5. Morphological and microstructural features

Electron microscopy (EM) studies using scanning EM (SEM), field emission scanning EM (FE-SEM) and high-resolution transmission EM (HR-TEM) were utilized to investigate the different morphologies and for microstructural identification in real as well
as in reciprocal spaces for assessing the phase-dependent morphology of amorphous- and crystalline-TiO2 nanostructures.

5.1. SEM aspects

The representative micrographs of amorphous- and multiphase-TiO2 (anatase-, brookite- and rutile-TiO2) nanostructures using SEM and FE-SEM images are shown in Fig. 10–13. These figures reveal the general/surface morphology of the TiO2 nanostructures.

5.1.1. Amorphous-TiO2. Fig. 10 depicts the SEM micrographs of amorphous TiO2 (a-TiO2) nanostructures synthesized via different fabrication routes. Fig. 10(a) shows a SEM image of a-TiO2 nanotube arrays synthesized after electrochemical cycling at a current density of 400 μA cm⁻².²⁶⁶ Fig. 10(b, c and f) represent the FE-SEM images of a-TiO2 nanotube arrays synthesized via the hydrothermal method under different reaction conditions.²⁶⁷ Fig. 10(d) illustrates the bottom surface of double-wall a-TiO2 nanotube arrays produced via anodization.²⁶⁸ Uniform a-TiO2 nanoparticles with an average diameter of 500 nm obtained through a sol–gel process is represented in Fig. 10(e). Fig. 10(g) elucidates the electrodeposited thin film of a-TiO2.²⁷⁵

5.1.2. Multiphase-TiO2. When atoms/ions/molecules are arranged in an infinite, periodic, regular and ordered way, the nanomaterials become crystalline and have different structural phases (polymorph materials). The SEM/FE-SEM images of multiphase TiO2, in particular anatase-, brookite- and rutile-TiO2, nanostructures, are represented in Fig. 11–13.

5.1.2.1. Anatase-TiO2. Fig. 11(a1–c6) show various morphological features of anatase-TiO2 nanostructures (elongated and spherical) synthesized via numerous methods. Fig. 11(a1 and a2) clearly demonstrate the SEM images of nanotubes synthesized...
Fig. 12  SEM micrographs of brookite-TiO$_2$ nanostructures: (a1 and a2) nanorices,$^{276}$ (a3) nanoparticles,$^{275}$ (a4) nanobullets,$^{293}$ (b1) nanonicles,$^{276}$ (b2) eggshell,$^{277}$ (b3) nanotubes,$^{278}$ (b4) nanoflowers, (c1 and c2) nanorods,$^{279,280}$ (c3) nanotubes,$^{278}$ (c4) nanorods.$^{281}$ Inset (a4) illustrates the corresponding tilt-view of nanobullets. (a1, a2 and b1) are reprinted with permission from ref. 276. Copyright 2014. The Royal Society of Chemistry. (a3) is reprinted with permission from ref. 275. Copyright 2015. VBRI Press. (a4) is reprinted with permission from ref. 293. Copyright 2016. Nature Publishing Group. (b2) is reprinted with permission from ref. 277. (b3, c2) are reprinted with permission from ref. 278. Copyright 2008. The Royal Society of Chemistry. (b4) is reprinted with permission from ref. 279. Copyright 2013. The Royal Society of Chemistry. (c3) is reprinted with permission from ref. 280. Copyright 2012. Elsevier. (c4) is reprinted with permission from ref. 281. Copyright 2013. The Royal Society of Chemistry.

Fig. 13  SEM micrographs of rutile-TiO$_2$ nanostructures: (a1) nanorods,$^{282}$ (a2–a5) nanorod arrays,$^{283}$ (a6) nanorod spheres,$^{284}$ (b1, b3 and b4) nanorod bundles,$^{283,285}$ (b2) flower-like super architectures,$^{285}$ (b5) urchin-like,$^{286}$ (b6) nanospheres,$^{286}$ (b7) nanotrees,$^{286}$ (b8) a single nanoparticle,$^{287}$ (c1) self-assembled nanowires,$^{288}$ (c2) microspheres,$^{286}$ (c3) nanorod arrays,$^{286}$ (c4) quasi spheres,$^{286}$ (c5) microspheres$^{286}$ and (c6) nanoparticles.$^{286}$ Insets: (lower inset in a3) nanorods at higher magnification, (upper inset in c2) top view of the nanorods with square-shaped ends. (a1) is reprinted with permission from ref. 282. Copyright 2011. The Royal Society of Chemistry. (a2–a5) are reprinted with permission from ref. 283. Copyright 2014. Nature Publishing Group. (a6) is reprinted with permission from ref. 284. Copyright 2014. American Chemical Society. (b1) is reprinted with permission from ref. 285. Copyright 2014. Nature Publishing Group. (b2, b5–b7, c2–c6) are reprinted with permission from ref. 286. Copyright 2012. The Royal Society of Chemistry. (b3 and b4) are reprinted with permission from ref. 283. Copyright 2014. Nature Publishing Group. (b8) is reprinted with permission from ref. 287. Copyright 2002. The Royal Society of Chemistry. (c3) is reprinted with permission from ref. 288. Copyright 2010. The Royal Society of Chemistry. (c6) is reprinted with permission from ref. 275. Copyright 2015. VBRI Press.
via a liquid-phase deposition and ten cycles of TiCl₄ followed by the H₂O deposition method, respectively.279 Fig. 11(a₁ and a₂) illustrate nanofibres of anatase-TiO₂ synthesized by calcination at 700 °C for 4 h (ref. 268) and an atomic layer deposition process, respectively.277 Fig. 11(a₃ and a₄) represent the FE-SEM images of nanorods,2₉⁹ and nanorods with a nanoflake film, respectively.2ₗ⁰ In addition, Fig. 11(b₁–b₅) show the SEM micrographs of elongated anatase-TiO₂ nanostructures: (b₁) nanorod arrays,2ₗ₁ (b₂) nanoribbons,2ₜ₃ (b₃) nanobelts,2ₜ₈ (b₄–b₅) nanosheets.2ₙ₃,2ₗ₉,2ₚ₁ Moreover, the spherical morphologies of anatase-TiO₂ nanostructures are depicted in Fig. 11(c₁–c₅), such as (c₁) a 3D network grown on the silicon through a surface-reaction-limited pulsed chemical vapour deposition process,2₀ (c₂) uniform, smooth, solid spherical particles,2ₗ₃ (c₃) nanocups,2ₗ₄ (c₄ and c₅) nanospheres2ₗ₇ (c₆) nanoparticles.2ₗ₇

5.1.2.2. Brookite-TiO₂. Fig. 12(a₁–c₄) represent the spherical and elongated nanostructures of brookite-TiO₂ obtained at various reaction conditions. Fig. 12(a₁ and a₂) elucidate the SEM images of nanorices obtained hydrothermally with prolonging the reaction time to 24 h and 48 h.2ₗ₇ The SEM images of brookite-TiO₂ nanostructures: (a₁) nanospheres synthesized by the sol–gel method,2ₗ₉ (a₂) top-view SEM image of nanobundles grown hydrothermally showing sharpened tips, with the upper inset providing the corresponding tilt-view,2ₗ₄ (b₁) a single rice-like particle,2ₗ₆ (b₂) eggshell morphology obtained with the thermolysis method.2ₗ₅ Fig. 12(b₁ and c₁) show the SEM images of hydrothermally derived nanotubes,2ₗ₈ (b₁) nanoflowers obtained by a one-step hydrothermal synthesis route,2ₗ₉ (c₁, c₂ and c₃) nanorods2ₗₐ–₂ₗₙ of brookite-TiO₂ synthesized via facile chemical routes.

5.1.2.3. Rutile-TiO₂. Fig. 13(a₁–c₆) depict the microstructural features in the elongated and spherical forms of rutile-TiO₂ nanostructures. Fig. 13(a₁) represents the SEM micrographs of rutile-TiO₂ nanorods synthesized under different reaction conditions in the sol–gel process under 365 nm UV light illumination. The inset in Fig. 13(a₁) elucidates the nanorods at a higher magnification.2ₗ₂ Fig. 13(a₂–a₃) show bundles of nanorods under different reaction conditions.2ₗ₂ Fig. 13(a₄) demonstrates a nanorod sphere.2ₗ₄ Fig. 13(b₁, b₂ and b₃) show nanorod bundles grown hydrothermally.2ₗ₄,2ₗ₅ Fig. 13(b₂ and c₁) represent the flower-like super architecture and urchin-like structure composed of loose nanorods.2ₗ₆ Fig. 13(b₂ and c₂) represent the SEM micrographs of nano-spheres and -trees, respectively.2ₗ₆ Fig. 13(b₃) depicts a rutile-TiO₂ particle with an average size of ~1 mm showing a tetragonal prism structure with four planes, which are assigned to the {110} faces. Each end of the prism is capped by four planes, which are assigned to the {011} faces.2ₗ₇ Fig. 13(c₁) represents the self-assembled nanowires synthesized via microwave heating.2ₗ₇ Fig. 13(c₂) displays domain like arrangements of the TiO₂ quasi spheres leading apparently to a flat surface. The upper inset in Fig. 13(c₂) provides the top view of the nanorod with a square-shaped end.2ₗ₇ Fig. 12(c₁) shows the microsphere connected to each other but not merging together.2ₗ₇ Fig. 13(c₃, c₄ and c₅) demonstrate the SEM micrographs of microspheres composed of nanorods, spherical architectures2ₗ₇ and nanoparticles,2ₗ₇ respectively.

5.2. TEM/HR-TEM aspects
The detailed microstructural evidence, fine structure arrangement at the atomic level and selected area electron diffraction (SAED) and fast Fourier transform (FFT) patterns of amorphous-TiO₂ (a-TiO₂) and crystalline-TiO₂ (anatase-, brookite- and rutile-TiO₂) nanostructures can be realized in real and reciprocal spaces through taking and analyzing the TEM and HR-TEM images, which are discussed in Fig. 14–17.

5.2.1. Amorphous-TiO₂. Amorphous solids do exhibit short-range order in their structures. Fig. 14(a₁–a₃) provide the TEM and HR-TEM images and SAED and FFT patterns of a-TiO₂ nanostructures. Fig. 14(a₁) represents the TEM micrograph of a-TiO₂ nanoparticles having a narrowly distributed size of about 10–15 nm.2ₗ₉ Fig. 14(a₂ and a₃) show the morphological changes of the nanotube arrays with the introduction (as shown in Fig. 14(a₃)) and without the introduction (as depicted in Fig. 14(a₁)) of oxygen (O₂) gas.2ₗ₉ Fig. 14(a₄ and a₅) elucidate the typical HR-TEM micrograph at low and high magnifications, respectively. The FFT pattern of a-TiO₂ (as illustrated in the upper inset of Fig. 14(a₅)) represents the semicircle-like diffuse spots centred at 3.1 ± 0.1 Å. The FFT pattern reveals that the contrast patterns in the micrograph can be assigned to the chains of octahedral species linked through Ti–O–Ti bridges at a distance that is: (i) lower than that related to the corner sharing (generally ~3.5 Å), but (ii) higher than the characteristic distance for Ti–O–Ti octahedrons in an edge-sharing configuration (normally ~3.0 Å).2ₗ₁ Fig. 14(a₆) shows the TEM image of a-TiO₂ nanotube arrays with a gradually thickened wall with depth. The upper inset of Fig. 14(a₆) reveals the diffuse ring SAED pattern of the single nanotube and indicates the amorphous nature of nanotube arrays.2ₗ₇

5.2.2. Multiphase TiO₂. Most solids are crystalline, with the atoms, ions, or molecules of which they are composed falling into regular, repeated 3D patterns. The presence of long-range order is thus the defining property of a crystal. The
observation of multiphase TiO$_2$ (especially anatase-, brookite-, and rutile-TiO$_2$) nanostructures by means of TEM/HR-TEM are commonly overlooked, but here the results are displayed as well as discussed in Fig. 15–17.

5.2.2.1. Anatase-TiO$_2$. Fig. 15(a$_1$–f$_2$) provide the TEM/HR-TEM micrographs at low and high magnifications as well as the SAED and FFT patterns of anatase-TiO$_2$ nanostructures. Fig. 15(a$_1$ and a$_2$) represent the bright-field TEM and HR-TEM micrographs of nanobelts obtained from an alkali-hydrothermal process with the growth direction along the [010] plane. Fig. 15(b$_1$ and b$_2$) show the low- and high-magnification TEM images of nanorods, respectively. From the figures, it can clearly be observed that the crystalline behaviour is along their entire lengths. The calculated interplanar spacing $d_{(101)} = 0.35$ nm, which affirms the presence of anatase-TiO$_2$. Fig. 15(c$_1$ and c$_2$) elucidate the low- and high-magnification TEM images of nanoflakes. The lattice fringes between interplanar spacings of $d_{(101)} = 0.35$ nm are consistent with the anatase-TiO$_2$. Fig. 15(d$_1$ and d$_2$) show the continuous (200) atomic planes with a lattice spacing of 0.19 nm. Fig. 15(e$_1$ and e$_2$) indicate the TEM and HR-TEM images of the nanofibres, respectively. Moreover, the TEM and HR-TEM images of nanoparticles synthesized by a wet chemical method are displayed in Fig. 15(f$_1$ and f$_2$), respectively.

5.2.2.2. Brookite-TiO$_2$. Fig. 16(a$_1$–d$_2$) display the TEM/HR-TEM micrographs and SAED and FFT patterns of brookite-TiO$_2$ nanostructures. Fig. 16(a$_1$ and a$_2$) elucidate the TEM images of a nanotube adapting the tube-like morphology with a crystalline multiwall structure. Fig. 16(b$_1$) represents the TEM image of nanowires, and (b$_2$) can also be observed due to agglomerated nanorods. Fig. 16(b$_2$) also confirms that the nanorods are a single crystal of brookite-TiO$_2$. Fig. 16(c$_1$ and c$_2$) depict the TEM and HR-TEM images of agglomerated nanoparticles. Fig. 16(d$_1$ and d$_2$) also elucidate the TEM and HR-TEM images of nanobullets, respectively.

5.2.2.3. Rutile-TiO$_2$. Fig. 17(a$_1$–e$_2$) illustrate the TEM/HR-TEM micrographs and SAED pattern of rutile-TiO$_2$ nanostructures. Fig. 17(a$_1$ and a$_2$) show the TEM and HR-TEM images of a nanobelt prepared by the hydrothermal method. Fig. 17(b$_1$) represents the TEM image of nanowires, indicating the nanowires are narrow with diameters of around
5 nm. The observed lattice fringes in Fig. 17(b2) demonstrate that the growth of the nanowires is parallel to the (110) planes but perpendicular to the (001) planes.. Fig. 17(c2) elucidates the TEM image of one individual nanorod. Fig. 17(c2) demonstrates the distance between adjacent lattice fringes was around 0.325 nm, corresponding to the interplanar distance of (110) planes in the rutile-TiO2. The distance between the fringes perpendicular to the wall, \(d = 0.296 \text{ nm}\), corresponds to the interplanar distance of (001) planes. Fig. 17(d1) and (d2) display the TEM images of the multi-trunk and branch structure, where the red arrowhead indicates the primary growth, whereas the first and second secondary growths are indicated by green and yellow arrowheads, respectively. Fig. 17(d1) also reveals that the tips of the nanorods contain many small nanorods with a diameter of 20–30 nm. The lattice fringes, taken from the region labelled by white squares (as marked with 1 and 2 in Fig. 17(d1)) are shown in Fig. 17(d2), which reveal that the nanorods are highly crystalline in nature. The clean lattice fringes with a spacing of 0.252 nm correspond to the (101) plane. Fig. 17(e1) and (e2) are the reconstructed image from the square region in Fig. 17(c1) showing the edge dislocations (denoted by T symbols) at the interface and within the smaller particle.

### 6. Spectroscopic and band characteristics

The optical properties of SMONs have been studied via numerous spectroscopic techniques, such as Raman, Fourier transform infrared (FT-IR), UV-Visible (UV-Vis) and photoluminescence (PL) spectroscopy. Raman spectroscopy is a spectroscopic technique that is mainly based on an inelastic scattering of monochromatic light, normally from a laser source in the visible, near IR or ultraviolet range. Raman peaks initiate mainly from the vibrational modes (\(E_g\) and \(A_{1g}\)), which are related to different crystal planes. This provides, thus, a high accuracy and sensitivity for measuring the percentage of the exposed facets from the micro perspective of molecular bonding together with the benefit of fewer measured errors. FT-IR spectroscopy is an absorption spectroscopic technique that establishes the vibrational transitions in molecules generated by various stretching or bending motions in the chemical bonds. It is well known that an optical transition occurs when a photon is absorbed or emitted by a defect; and because this transition takes place essentially instantaneously on the scale of lattice relaxations, it arises at fixed atomic coordinates. The absorption band characteristics of photons have been widely observed using UV-Vis spectroscopy.

#### 6.1. Raman spectroscopy

Fig. 18 shows the Raman spectra of multiphase TiO2 (anatase-, brookite- and rutile-TiO2) nanoparticles synthesized by the sol–gel method. Raman spectroscopy is analyzed in the Raman shift ranging from 200 cm\(^{-1}\) to 800 cm\(^{-1}\) at the excitation line of 514 nm at room temperature. When Raman spectroscopy was applied to characterize the nanoparticles, it was observed that: (i) the \(E_g\) peak is mainly caused by symmetric stretching, (ii) the \(B_{1g}\) peak is caused by symmetric bending and (iii) the \(A_{1g}\) peak is caused by antisymmetric bending vibrations of O–Ti–O in the TiO2 nanoparticles. The major Raman bands were observed at 398, 517 and 640 cm\(^{-1}\) and verify the anatase phase of TiO2. These bands can be attributed to Raman active modes of the anatase structural phase with the symmetries of \(B_{1g}, A_{1g}\) and \(E_g\) respectively. The strong Raman peaks of brookite-TiO2 were seen at 395, 446 and 637 cm\(^{-1}\), where the peaks at 395 cm\(^{-1}\) and 637 cm\(^{-1}\) correspond to \(B_{2g}\) and \(A_{1g}\), respectively. The thermodynamically stable rutile-TiO2 exhibited major peaks at 397, 515 and 638 cm\(^{-1}\) with a minor peak at 247 cm\(^{-1}\).

#### 6.2. FT-IR spectroscopy

FT-IR spectroscopy has been used to investigate the nature of chemical bonding present in multiphase TiO2 nanostructures. Fig. 19 represents the FT-IR spectra in the region 4000–400 cm\(^{-1}\) versus the transmittance for anatase-, brookite-, and rutile-TiO2 nanoparticles synthesized by facile chemical routes. The observed transmittance bands in the region 800–400 cm\(^{-1}\) are attributed to Ti–O and/or Ti–O–Ti bonds, as represented in Fig. 19. The peaks, therefore, at 545, 745 and 770 cm\(^{-1}\) can be associated with r\(\nu\)(Ti–O) vibrations in multiphase-TiO2 nanoparticles. Also, transmittance bands are found at 1431, 1451, 1637, 1648 and 1655 cm\(^{-1}\) and were assigned to an O–H bending mode. Two transmittance bands were noticed at 2514 and 2922 cm\(^{-1}\), representing the combination bands in TiO2 nanoparticles. Additionally, broad transmittance bands were ascertained in the wavenumber region of 3650–3000 cm\(^{-1}\) and could be ascribed to physically adsorbed water on the surface of TiO2 nanoparticles.
6.3. UV-Vis spectroscopy

The optical properties and related band gap characteristics have been studied using UV-Vis spectroscopy and the results are displayed in Fig. 20(a and b). Fig. 20(a) shows the results from reflectance measurements of anatase-, brookite-, and rutile-

\[
(ah\nu)^n = B(h\nu - E_g)
\]

where \(a\) is the absorption coefficient, \(h\nu\) is the energy of the incident photon, \(B\) is a constant (characteristic of the SMON), \(n\) has two different values, either 2 for direct or 1/2 for indirect band gap transitions, and \(E_g\) is the optical band gap of SMON. The intercept on the abscissa (X-axis) of the Tauc plot \((a h\nu)^n\) versus \(h\nu\) gives the optical band gap energy of the SMON (Fig. 20(b)). The extrapolation of the reflectance versus the wavelength curves determines the optical band gap energy of multiphase TiO\(_2\) nanoparticles: (i) 3.21 eV for anatase-TiO\(_2\), (ii) 3.13 eV for brookite-TiO\(_2\) and (iii) 3.00 eV for rutile-TiO\(_2\) nanoparticles. The obtained reflectance spectra were converted to equivalent absorption coefficients providing the same results as those obtained from extrapolation for indirect transitions (as provided in the upper segment in Fig. 20(b)). Furthermore, analysis for the direct transitions (as shown in the lower segment in Fig. 20(b)) resulted in transitions at higher energies.

7. Applications

7.1. Photocatalysis

Photocatalysis is the surface phenomenon that is defined as the catalytic property of a SMON when photons are irradiated on it. The surface property of multiphase-TiO\(_2\) nanoparticles (in particular anatase- and rutile-TiO\(_2\)) can be manipulated by coating their surfaces with either an inorganic (silica) or organic (green tea) layer via a chemical approach. In general, the main constituent of green tea extract is polyphenols, predominantly the catechins.

### Table 3: Summary of various synthesis routes for multiphase-TiO\(_2\) nanostructures

| Phase-TiO\(_2\)       | Nanostructures                  | Synthesis routes                      |
|-----------------------|---------------------------------|---------------------------------------|
| Anatase-TiO\(_2\)     | Nano-particles, -wires, -tubes, -cuboid, -belts, -tubes, -fibres, -cups, -spheres, -sheets | Sol-gel, hydrothermal and co-precipitation |
| Brookite-TiO\(_2\)    | Nano-particles, -bullets, -rices, -tubes, -flowers | Sol-gel, hydrothermal and co-precipitation |
| Rutile-TiO\(_2\)      | Nano-particles, -rods, -tree, -spheres, -rod arrays | Sol-gel, hydrothermal and co-precipitation |

### Table 4: Summary of the obtained parameters from UV-Vis spectra and the indirect and direct optical band gaps of multiphase-TiO\(_2\) nanostructures

| Multiphase-TiO\(_2\) | Optical band gap values \((E_g\) in eV) | Extrapolation | Indirect | Direct |
|-----------------------|----------------------------------------|--------------|----------|--------|
| Anatase-TiO\(_2\)     | 3.21                                   | 3.20         | 3.53     |
| Brookite-TiO\(_2\)    | 3.13                                   | 3.13         | 3.56     |
| Rutile-TiO\(_2\)      | 3.00                                   | 3.01         | 3.37     |
(ii) epicatechin gallate (ECG) (iii) epigallocatechin (EGC) and (iv) epigallocatechin gallate (EGCG), EGCG is the main component found in green tea.

The antioxidant action of polyphenols found in green tea is known to increase the antioxidant capacity of blood. Thus, green tea extract was expected to be an attractive material for modifying the surface of photocatalysts.

Herein, anatase- and rutile-TiO₂ were selected in the present context in regard to their photocatalytic applications. In addition, these two structural phases were coated with: (i) silica (TiO₂_silica; anatase/rutile_silica) and (ii) green tea (TiO₂_polyphenol; anatase/rutile_polyphenol).

7.1.1. Bare anatase- and rutile-TiO₂ nanoparticles.

The photocatalytic activity of bare anatase- and rutile-TiO₂ nanoparticles was analyzed by studying the photodegradation of methyl orange (MO) solution and then confirmed by the PL spectra, as depicted in Fig. 21(a₁₀ and b₁₁). PL is an important tool for exploring the recombination phenomenon occurring in the excitons analysis of SMON. The UV-Vis absorption spectrum of MO solution with an initial concentration 0.153 mg l⁻¹ established as a broad band at 464 nm, which corresponds to π → π⁺ transition, as depicted in Fig. 21(a₁₀ and b₁₀). In the PL spectrum (inset in Fig. 21(b₁₁)), three peaks can be observed at 334, 394 and 524 nm in the case of the bare MO solution. A summary of the photodegradation and photoluminescence characteristics of methyl orange dye by the catalysts, bare anatase- and rutile-TiO₂ nanoparticles at various UV irradiation time is represented in Table 5. However, the trend in photocatalytic activity as evidenced by UV-Vis absorption was found to be peculiar after 60 min and 30 min when anatase-TiO₂ and rutile-TiO₂, respectively, were used as the catalyst. The reason behind this is that deactivation of the catalyst occurs to some extent due to the formation of a number of degradation fragments of MO at the catalyst surface that block the active sites of the catalyst and also as the solution becomes concentrated, which scatters the UV light instead of transmitting it through the solution. These cause hindrance for further photodegradation.

7.1.2. Coated anatase- and rutile-TiO₂ nanoparticles

7.1.2.1. Anatase- and rutile-TiO₂_silica. The photocatalytic activity of anatase- and rutile-TiO₂_silica nanoparticles was also assessed by studying the photodegradation of methyl orange dye by anatase_silica (a₂₀) and rutile_silica (b₂₀), respectively, at various time intervals. (a₂₁) and (b₂₁) show the PL characteristics of anatase_silica and rutile_silica, respectively.

![Fig. 22 Photocatalytic and photoluminescence spectra of silica-coated anatase- and rutile-TiO₂ nanoparticles.](image)

Table 5 Summary of the photodegradation and photoluminescence (PL) characteristics of methyl orange dye by bare anatase- and rutile-TiO₂ nanoparticles

| Bare TiO₂ | UV irradiation time (minutes) | Characteristics | PL intensity | Remarks |
|-----------|-------------------------------|----------------|--------------|---------|
|           |                               | UV absorbance  |              |         |
| Anatase   | 30                            | Decreases      | Least peak   | ✓       |
| TiO₂      | 60                            | Again decreases| Moderate peak| ✓       |
|           | 120                           | Increases      | Highest peak | ✓       |
| Rutile    | 30                            | Decreases      | Lower peak   | ✓       |
| TiO₂      | 60                            | Increases      | Highest peak | ✓       |
|           | 120                           | Decreases      | Moderate peak| ✓       |

* Symbols introduced: ✓ → yes, × → no.
polyphenol nanoparticles leading to a drop in PL emission, as shown in Fig. 22(a21 and b21). are involved in degradation and not in exciton generation, thus radiation time, indicating that the electrons and holes generated 300 nm, which showed a decreasing trend with increasing irra-

Fig. 22 Photocatalytic and photoluminescence spectra of poly-

pheno

l-coated-anatase and -rutile-TiO2 nanoparticles. UV-Vis spectra of the photodegradation of methyl orange dye by anatase_polyphenol (a20) and rutile_polyphenol (b20), respectively, at various time intervals. (a20) and (b20) show the PL characteristics of anatase_polyphenol and rutile_polyphenol, respectively23 Reprinted with permission from ref. 23. Copyright 2016. Elsevier.

(MO) solution, and then its corresponding PL spectra was also investigated, as depicted in Fig. 22(a20 and b21). The photocatalytic degradation of MO dye by anatase_silica and rutile_silica show a frequent decrease in absorbance at 0 min as compared to pristine MO solution, which may be due to inter/intra-chain interactions23,30 of the catalyst with the MO dye as shown in Fig. 22(a20 and b20). As UV irradiation is exposed at various time intervals, overlapping and diminished intensity absorbance curves are observed revealing the uniform nature of the silica coating helps to inhibit the photocatalytic activity of the catalyst. Silica, being a good radical scavenger, engulfs all the radicals produced by TiO2. To understand the fate of the photogenerated charge carriers, PL spectrum analysis was also employed at $\lambda_{ex} = 300$ nm, which showed a decreasing trend with increasing irradiation time, indicating that the electrons and holes generated are involved in degradation and not in exciton generation, thus leading to a drop in PL emission, as shown in Fig. 22(a21 and b21). The reduction in the photodegradation of MO dye by coating the surface of rutile with silica correlates with the already reported results in the literature.23

7.1.2.2. Anatase- and rutile-TiO2_polyphenol. The photocatalytic activity of anatase- and rutile-TiO2_polyphenol nanoparticles was also evaluated by studying the photodegradation of methyl orange (MO) solution, and then its corresponding PL spectra was also analyzed, as depicted in Fig. 23(a30 and b31). On 30 min exposure of UV irradiation, the absorbance increases, leading to the reduced photocatalytic degradation of MO dye by anatase_polyphenol, as shown in Fig. 23(b30). However, at 60 min UV exposure, the photocatalysis is observed to be enhanced, which is accounted for as due to its microstructural characteristics, showing that a prolonged UV irradiation time (around 60 min) is required to increase photodegradation. A summary of the photodegradation and photoluminescence characteristics of methyl orange dye by anatase- and rutile-TiO2_polyphenol nanoparticles is represented in Table 6. However, in the case of rutile_polyphenol as a photocatalyst, dye degradation was found to be higher up to the initial 60 min of UV irradiation, as shown in Fig. 23(b30). The generation of excitons supporting e−·h+ separation (photocatalysis) as well as mild recombination are evidenced in the PL emission spectra. At 120 min of prolonged UV irradiation, PL emission is favoured. Thus, it can be inferred that the improved textural properties and efficient excitonic separation are responsible for the enhanced light photocatalytic activities.22,30,31,23,314

7.2. Concomitant summary

On comparing the coated forms of anatase- and rutile-TiO2 nanoparticles, the polyphenol-coated form shows a higher photocatalytic activity than silica-coated forms, which is accounted for by some microstructural alterations and by the nature and thickness of the coating moiety. In summary, (as illustrated in Scheme 4), the results show that anatase- and rutile-TiO2_silica were found to be least photocatalytically active, ensuring their cosmetic application in sunscreens, whereas rutile-TiO2_polyphenol and bare anatase-TiO2 had the highest photocatalytic activity amongst their corresponding forms when reviewed in a broad research area including the photodegradation of toxic organic dyes.

7.3. Bio-safety and human health

TiO2 nanoparticles are utilized to inhibit bacterial growth owing to their broad antibacterial characteristics. The influence of

Table 6 Summary of the photodegradation and photoluminescence characteristics of methyl orange dye by anatase- and rutile-TiO2_polyphenol nanoparticlesa

| Phase-TiO2_polyphenol | UV irradiation time (minutes) | UV absorbance | PL intensity | Remarks |
|----------------------|------------------------------|---------------|--------------|---------|
|                      |                              |               |              | Photodegradation | Recombination |
| Anatase-TiO2_polyphenol | 30                           | Increases     | Reduced peak | ×       | ×        |
| Anatase-TiO2_polyphenol | 60                           | Decreases     | Highest intensity | ✓      |            |
| Anatase-TiO2_polyphenol | 120                          | Increases     | Least intensity | ×      | ✓        |
| Rutile-TiO2_polyphenol   | 30                           | Decreases     | Lower intensity | ✓      | ×        |
| Rutile-TiO2_polyphenol   | 60                           | Again decreases | Least intensity | ✓      | ✓        |
| Rutile-TiO2_polyphenol   | 120                          | Increases     | Highest intensity | ×      | ✓        |

a Symbols introduced: ✓ → yes, × → no.
nano-sized anatase-TiO₂ particles on biofilms formed by Enterobacter sp. (1.25 μm) was evaluated to treat wound infection. Different concentrations of anatase-TiO₂ nanoparticles were utilized to assist gaining an in-depth understanding. In our case, in the presence of nanoparticles, it was noticed that bacteria using their appendages expressed surface adhesion proteins, became adhered to the solid surface and formed a biofilm via a defence mechanism.

These nanoparticles showed antibacterial characteristics as evidenced by the serial dilution plate method, as displayed in Fig. 24, which clearly demonstrate that cell viability could be observed to be completely arrested at 700 μg ml⁻¹ of nanoparticle concentration and at 72 h incubation time.

The obtained results from the serial dilution plate method were supported by electron microscopy analysis, SEM and TEM, as represented in Fig. 25(a–i). EM results revealed the interaction of the bacterial biofilm with nanoparticles. SEM micrographs, as shown in Fig. 25(a–c), revealed the fact that nanoparticles were spread all over the bacterial lump and thus the biofilms were encrusted with nanoparticles. To orchestrate the bio-distribution of nanoparticles into the biofilm and to detect the size of bacterium, HR-TEM was performed, as elucidated in Fig. 25(d–i). The formation of a bacterial biofilm was again confirmed by TEM, as depicted in Fig. 25(d–e). The size of single Enterobacter sp. bacterium was observed to be ~1.25 μm, which was found to be in agreement with Bergey’s Manual of Determinative Bacteriology. Moreover, complete entrapment of agglomerated TiO₂ nanoparticles into the biological mass was affirmed by HR-TEM, as portrayed in Fig. 25(g–i). The nanoparticles also affected the morphology of bacterial cells as represented by blue squares, shown in Fig. 25(g and i). Thus, the antibacterial activity of anatase-TiO₂ nanoparticles against a biofilm can be used to treat human wound infection.

8. Conclusions

Thanks to the efficient efforts of experienced scientists and engineers throughout the world working on multiphase TiO₂ nanomaterials over the past decades, the advances made in research in this field are enormously significant and noteworthy. The present review article has presented a widespread analysis of the state-of-art research into the growth mechanism behind the efficient synthesis of multiphase TiO₂ nanostructures through chemical routes. More exploration on a wide variety of unique nanostructures has been analyzed according to their various structural, morphological and microstructural features.
In brief, the present review mainly provides key information to unveil more about the multiphase TiO₂ nanostructures, ranging from their efficient synthesis to control the morphology, growth mechanism and properties to their photoactive potential characteristics. Additionally, the optical-biological properties are strongly influenced by the tunable morphologies, particle sizes and phase transformations of multiphase TiO₂ nanostructures.

Ultimately, we hope that this review article not only summarizes the recent progress but will also help to inspire research activity in this field on understanding the intriguing characteristics of multiphase TiO₂ nanostructures. The present review has mainly focused on anatase, brookite and rutile; however, the research focus on the structural, morphological and microstructural features of the remaining crystalline and noncrystalline phases of TiO₂ should also be interesting in the near future. Moreover, their nano-bio assessment also deserves more attention in the future.

Conflicts of interest

There are no conflicts to declare.

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