PHD TUTORIAL

Heteronuclear quantum gas mixtures

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Abstract

In this PhD tutorial, we present experiments with quantum degenerate mixtures of fermionic and bosonic atoms in three-dimensional optical lattices. This heteronuclear quantum gas mixture offers a wide range of possibilities for quantum simulation, implementation of condensed matter Hamiltonians, quantum chemistry and ultimately dense and quantum degenerate dipolar molecular samples. We show how quantum degenerate mixtures of $^{40}$K and $^{87}$Rb are created in the experiment. We analyse stages of evaporative cooling and show how a dynamic mean-field collapse occurs during the final stage of the evaporation (Ospelkaus et al. 2006 Phys. Rev. Lett. 96 020401) as a result of attractive interactions. The particle numbers observed in our experiment have only been limited by this mean-field collapse, resulting in an excellent starting point for our experiments. We explore magnetic-field-induced Feshbach resonances and demonstrate tuning of interactions (Ospelkaus et al. 2006 Phys. Rev. Lett. 97 120403) between $^{40}$K and $^{87}$Rb by means of heteronuclear Feshbach resonances. We observe both stable attractively and repulsively interacting mixtures. We analyse the mean-field energy of the condensate and find qualitative agreement with a simple model. By making the interaction strong and attractive, we induce a mean-field collapse of the mixture. For strong and repulsive interactions, we observe phase separation of the mixture. When loaded into a 3D optical lattice, a whole zoo of novel quantum phases has been predicted for Fermi–Bose mixtures. We present the first realization of Fermi–Bose mixtures in 3D optical lattices as a novel quantum many-body system (Ospelkaus et al. 2006 Phys. Rev. Lett. 96 180403). We study the phase coherence of the bosonic cloud in the 3D optical lattice as a function of the amount of fermionic atoms simultaneously trapped in the lattice. We observe a loss of phase coherence at much lower lattice depth than for a pure bosonic cloud and discuss possible theoretical scenarios including adiabatic processes, mean-field Fermi–Bose–Hubbard scenarios and disorder-enhanced localization scenarios. After considering this many-body limit of mixtures in lattices, we show how fermionic heteronuclear Feshbach molecules can be created in the optical lattice (Ospelkaus et al. 2006 Phys. Rev. Lett. 97 120402) as a crucial step towards all ground-state dense dipolar molecular samples. We develop rf association as a novel molecule association technique, measure the binding energy, lifetime and association efficiency of the molecules. We develop a simple theoretical single-channel model of the molecules trapped in the lattice (Deuretzbacher et al. 2008 Phys. Rev. A 77 032726) which gives an excellent quantitative agreement with the experimental data.

(Some figures in this article are in colour only in the electronic version)

1. Introduction

Nature distinguishes between two fundamental types of particles: fermions and bosons, depending on the spin of the...
particle. Particles with half-integer spin are called fermions and obey Fermi–Dirac statistics. As a result of the Fermi–Dirac statistics, in a system of indistinguishable particles, at most one particle can occupy a given quantum state. Particles with integer spin are called bosons and obey Bose–Einstein statistics. Any single-particle eigenstate of a physical system can be occupied by an arbitrary number of bosons.

While all of the basic building blocks of an atom are fermions, an atom as a whole has bosonic or fermionic character depending on its total angular momentum. For a gas of atoms confined in an external potential, the quantum statistical properties of the atoms become important at ultralow temperatures where the thermal de Broglie wavelength of the constituents is on the order of the interparticle separation. For bosonic atoms, this leads to the onset of Bose–Einstein condensation as observed for the first time in 1995 in a gas of $^{87}\text{Rb}$ at JILA [6], in $^{23}\text{Na}$ at MIT [7] and for $^7\text{Li}$ at Rice University [8] in the special case of attractive interactions. For fermionic atoms, the onset of degeneracy is less spectacular due to the absence of a phase transition. In an ultracold spin-polarized fermionic gas, the appearance of a macroscopic Fermi sea has first been demonstrated at JILA in 1999 [9].

While the pioneering work on quantum degenerate gases revealed important quantum phenomena such as interference, superfluidity and nonlinear atom optics, recent years have seen spectacular progress in the realization of novel strongly correlated systems with ultracold quantum matter. Strong correlations are observed either when the interactions between the constituents become very strong (e.g. at Feshbach resonances) or when strong confinement imposes stringent boundary conditions (e.g. in the periodic potential of an optical lattice).

Atomic systems offer a high degree of control of both the external confinement and the interactions between the constituents. The latter has become possible with the advent of Feshbach resonances [10, 11] which allow the control of s-wave and even higher order scattering between atoms by means of external fields. Feshbach resonances have been the key to a series of groundbreaking experiments. For two-component fermionic gases, they have allowed the exploration of the BCS–BEC crossover and demonstrated that fermions and bosons are not as far from one another as it may seem: a Bose–Einstein condensate of diatomic molecules made from two fermionic atoms can be continuously transformed into a BCS state of atomic Cooper pairs [12–17].

The ‘confinement-induced’ approach to strongly correlated phases was first proposed for a gas of repulsively interacting bosons in 1998 by Jaksch and coworkers [18]. In particular, it was demonstrated that bosonic atoms loaded into an optical lattice are an ideal model system for the simulation of the Bose–Hubbard Hamiltonian (see [19]) known from condensed matter physics, and it was predicted that the phase transition from a superfluid to a Mott-insulating state can be induced by merely increasing the lattice depth. The theoretical prediction, together with the experimental demonstration of [20], highlighted the potential of ultracold atoms in optical lattices for simulations of quantum many-body systems and for the realization of strongly correlated systems. Optical lattices have since been the key to the observation of intriguing phenomena such as a Tonks–Girardeau gas of atoms in a one-dimensional geometry [21, 22] or a Kosterlitz–Thouless transition in a 1D lattice (2D geometry) [23]. Two-body bound states (molecules) in homonuclear systems have been engineered [24, 25] and evidence for fermionic superfluidity has been reported in a cloud of $^6\text{Li}$ loaded into a 3D optical lattice [26].

As a completely new area in the field of ultracold quantum gases, multicomponent quantum gases in 3D optical lattices have recently attracted a lot of attention. In the case of mixtures of fermionic and bosonic atoms, the different quantum–statistical behaviour of the components gives rise to fundamentally novel quantum many-body phases. In the extreme case of pairing of fermions with one or more bosons, a whole zoo of new quantum phases of these ‘composite fermions’ has been predicted [27]. Fermi–Bose mixtures in 3D optical lattices may exhibit fermionic pairing which is mediated by the presence of bosonic atoms in full analogy to solid-state superconductivity, and there are interesting connections to high-$T_c$ superconductivity [28–30]. Even before such ‘atom pairs’ form, Fermi–Bose correlations are predicted to become manifest in polaron-related physics of fermions dressed by a bosonic cloud [31] and quantum percolation [32]. These phenomena are connected to disorder-induced localization scenarios. In reduced dimensionality, phenomena such as charge-density waves [31, 30] and supersolids [33] are predicted to occur.

Any atomic Fermi–Bose mixture is necessarily also a special case of a heteronuclear system, i.e. a two-component system where both nuclei have a different decomposition. In some cases, such as $^6\text{Li}–^7\text{Li}$, the resulting mass difference is small, whereas in others, such as $^6\text{Li}–^{133}\text{Cs}$, it is very large. The mass difference, as we shall see, gives rise to interesting features already in the case of harmonic trapping of a mixture, but it ultimately opens up an interesting and highly promising approach to dipolar gases, quantum computation and simulation: if the components of such a heteronuclear mixture are brought together to form a molecule in its internal (rovibrational and electronic) ground state, the mass difference gives rise to a permanent molecular dipole moment. The resulting dipolar interaction, together with the high density and ultracold temperature of the initial atomic samples, would pave the way for novel quantum gases with dipolar interactions and quantum computation with polar molecules [34]. In more exotic heteronuclear systems, these techniques could be used for precision measurements [35–37].

From the experimental point of view, there has been an impressive series of experiments on homonuclear systems which we have partly mentioned above, but experiments on heteronuclear systems in lattices, which Fermi–Bose mixtures are a special case of, have been scarce. By the end of 2005, the only experiment with Fermi–Bose mixtures in optical lattices has been reported by Ott and coworkers at LENS [38]. In these experiments, the ‘insulating’ behaviour of a trapped ideal Fermi gas in a 1D lattice has been compared to collisionally induced transport of fermionic atoms in the presence of a bosonic cloud.
In this tutorial, we present experiments performed at the University of Hamburg as part of our PhD theses [39, 40]. The tutorial is organized as follows: we start our discussion by giving a cartoon picture of harmonically trapped Fermi–Bose mixtures and review a simple Thomas–Fermi model for the density distributions. As a function of the heteronuclear interaction, we identify regimes of stable mixtures with attractive and repulsive interaction as well as regimes of collapse and phase separation for a large heteronuclear interaction strength [41].

We show how we create large harmonically trapped Fermi–Bose mixtures of $^{40}$K and $^{87}$Rb in a magnetic trap. We analyse stages of evaporative cooling and identify signatures of a dynamical mean-field collapse of the mixture as a result of attractive interactions. We show that large particle numbers of $7 \times 10^5$ $^{40}$K and $1.2 \times 10^8$ $^{87}$Rb atoms can be achieved [1], only limited by the aforementioned mean-field collapse.

We show how heteronuclear interactions can be tailored by means of Feshbach resonances. The tunability of interactions gives access to the full phase diagram of the harmonically trapped mixture and allows us to produce both stable attractive and repulsive mixtures and to observe phase separation and collapse [2].

As a novel quantum many-body system, we discuss properties of Fermi–Bose mixtures trapped in 3D optical lattices. We show how already a small admixture of fermionic atoms reduces the bosonic coherence at much lower lattice depths than for the pure bosonic (superfluid–Mott-insulator transition) case [3]. We discuss various theoretical scenarios, from mean-field models over thermodynamic processes and disorder-enhanced scenarios.

Combining the ability to load the mixture into a 3D lattice and tunability of interactions, we demonstrate the creation of heteronuclear Feshbach molecules in a 3D optical lattice [4, 5]. When combined with coherent Raman de-excitation schemes for the molecular ro-vibrational manifold, this constitutes a key step towards the production of all ground-state samples of dense, polar molecules.

2. Fermions and bosons in a harmonic trap

We will start our discussion with a basic introduction to density distributions of trapped interacting Fermi–Bose mixtures. This will help us identify regimes of stable mixtures as well as interaction-induced instabilities and give us a basic understanding of the phase diagram. Harmonically trapped interacting Fermi–Bose mixtures have first been considered in a paper by Mølmer [41], see also [42]. For the bosons, we will neglect the influence of the thermal cloud and consider a Bose–Einstein condensate in the Thomas–Fermi–approximation. For the fermions, we assume the Thomas–Fermi approximation at $T = 0$. In this case, the bosonic and fermionic density distributions $n_B(\vec{r})$ and $n_F(\vec{r})$ are given by the self-consistent solution to the following set of equations:

$$n_B(\vec{r}) = \frac{1}{g_{BB}} \max[\mu_B - g_{BB} \cdot n_F(\vec{r}) - V_B(\vec{r}), 0],$$

$$n_F(\vec{r}) = \frac{(2m_F)^{3/2}}{6\pi^2\hbar^3} \max[\mu_F - V_F(\vec{r}) - g_{FB} \cdot n_B(\vec{r}), 0]^{3/2}. $$

The Bose and Bose–Fermi interaction strengths are related to the corresponding scattering lengths according to

$$g_{BB} = 2\pi\hbar^2 a_{BB}/\mu_{BB},$$

$$g_{FB} = 2\pi\hbar^2 a_{FB}/\mu_{FB},$$

where $\mu_{BB}$ and $\mu_{FB}$ are the reduced masses associated with the two-boson and the boson–fermion case. The bosonic and fermionic chemical potentials $\mu_B$ and $\mu_F$ are fixed by the particle numbers according to

$$N_B = \int_0^\infty n_B(\mu_B, \vec{r}) \, d^3x,$$

$$N_F = \int_0^\infty n_F(\mu_F, \vec{r}) \, d^3x,$$

where $V_B(\vec{r})$ and $V_F(\vec{r})$ are the external trapping potentials acting on bosons and fermions, respectively. In this treatment, the two components influence each other’s density distributions through a mean-field potential given by

$$U_{F\rightarrow B}(\vec{r}) = g_{FB} \cdot n_F(\vec{r}),$$

$$U_{B\rightarrow F}(\vec{r}) = g_{BB} \cdot n_B(\vec{r}),$$

acting on bosons ($U_{F\rightarrow B}$) and fermions ($U_{B\rightarrow F}$), respectively. Let us assume a harmonic trap with trapping frequencies $\omega_F$ and $\omega_B$ for the boson and $\omega_{FB}$ for the fermion. For simplicity, let us assume that the trapping potential is harmonic and the same for both bosons and fermions. This situation is given, for example, for magnetic trapping of stretched states. For a far enough detuned dipole trap, this would also be valid. In this situation, the trap frequencies are related according to $\omega_F^2/\omega_B^2 = \sqrt{m_F/m_B}$. We can introduce rescaled coordinates

$$\tilde{x}_i = \sqrt{\frac{m_F}{2\omega_i^3}} x_i,$$

which have the dimension of the square root of an energy: $\tilde{r}^2 = V_B = V_F$; the coupled Thomas–Fermi problem becomes

$$n_B(\tilde{r}) = \frac{1}{g_{BB}} \max[\mu_B - g_{BB} \cdot n_F(\tilde{r}) - \tilde{r}^2, 0],$$

$$n_F(\tilde{r}) = \frac{(2m_F)^{3/2}}{6\pi^2\hbar^3} \max[\mu_F - \tilde{r}^2 - g_{FB} \cdot n_B(\tilde{r}), 0]^{3/2}.$$  

Note that the problem only depends on $\tilde{r} = \sqrt{x_1^2 + x_2^2 + x_3^2}$. In the new set of coordinates, equations (4) become

$$N_B = \left( \frac{2}{m_F} \right)^{3/2} \int_0^\infty 4\pi^2 \tilde{r}^2 \cdot n_B(\tilde{r}) \, d\tilde{r},$$

$$N_F = \left( \frac{2}{m_F} \right)^{3/2} \int_0^\infty 4\pi^2 \tilde{r}^2 \cdot n_F(\tilde{r}) \, d\tilde{r},$$

where we have used the spherical symmetry of the problem in the new coordinates. As one can see, the above problem can be formulated solely in terms of the potential energy $\tilde{r}^2$ of the mixture, and the trapping potential only enters the calculation through the geometric mean trapping frequency $\tilde{\omega}_F = \sqrt{\tilde{\omega}_1 \tilde{\omega}_2 \tilde{\omega}_3}$. As we shall see, this is particularly relevant...
to repulsive interactions between bosons and fermions is used to update the fermionic density, taking into account the bosonic mean-field potential. The fermionic chemical potential is determined according to equation (11). The scheme continues with updates to bosonic, fermionic, ..., density distributions until sufficient convergence is obtained.

Figure 1 shows solutions to equations (1) for various scattering length combinations. We will limit the discussion to repulsive interactions between bosons \( (\sigma_{BB} > 0) \) first. Let us start the discussion by looking at the non-interacting case depicted in figure 1(a). In this case, we have the fairly broad distribution of the fermionic cloud which is due to the Pauli exclusion principle preventing two atoms to come too close to each other. The BEC, on the other hand, shows the characteristic inverted parabolic distribution. As we turn on a weak attractive heteronuclear interaction (see figure 1(b)), we observe that the shape of the BEC is almost unchanged, whereas the Fermi sea shows a peak in the centre in the overlap region with the BEC. For relatively weak interaction, we can almost stop the iterative solution process to equations (1) after applying (9) once, considering only the effect of the BEC on the fermions. The high density of the BEC creates a mean-field ‘dimple’ in which the fermions are trapped. This leads to the characteristic increase in fermionic density in the overlap region.

A similar picture arises for a relatively weak repulsive interaction between bosons and fermions (figure 1(c)). In that case, the fermions get pushed out of the centre of the harmonic trap by the BEC, and we observe a lowered fermionic density in the overlap region.

As the Fermi–Bose interaction becomes stronger and repulsive, the fermions can become completely expelled from the overlap region with the condensate, and we observe the onset of phase separation as seen in figure 1(d). For approximately equal particle numbers of bosons and fermions, phase separation occurs as a dense core of bosons surrounded by a dilute shell of fermions, although there can be more exotic scenarios.

For very strong and attractive interaction, figure 2(a) shows subsequent steps in the iterative solution scheme to the coupled mean-field problem. In this case, the presence of the condensate pulls a substantial amount of fermions into the centre of the trap. In the limit of strong interactions, there is a sizeable back action onto the condensate, which in turn contracts even more, leading again to an increased fermionic distribution at the centre of the trap. Beyond certain critical
conditions, there will not be any self-consistent solution to equations (1). This is the regime of the mean-field collapse of the mixture, in analogy to the mean-field collapse observed for pure BECs with attractive interactions. If a stable mixture is brought into the regime of the mean-field collapse by either increasing the number of particles or by increasing the interaction, the sample will collapse in a three-body implosion, where the ever and ever-increasing density at the centre of the interaction, the sample will collapse in a three-body implosion, either increasing the number of particles or by increasing the density at the centre of the trap is accompanied by strong three-body losses. We will later see how these losses can be observed in the experiment.

To summarize the behaviour of trapped mixtures, let us have a look at figure 2(b), which shows a simple phase diagram of a trapped mixture. The phase diagram shows areas of stable mixtures for small values of the heteronuclear interaction; for large and attractive interaction, we observe the onset of phase separation. Note that the phase diagram is for an equilibrium mean-field theory (see below). Also, the presence of a dense thermal cloud at \( T \neq 0 \) and the corresponding mean-field confinement will lead to collapse earlier than predicted by our cartoon picture.

So far, we have only talked about the case of repulsive interaction between bosons. In the case of attractive interaction \( (\sigma_{BB} < 0) \), the condensate has a very strong tendency to collapse all by itself already for very small particle numbers.

### 3. Harmonically trapped Fermi–Bose mixtures with large particle numbers

After this discussion of basic properties of trapped Fermi–Bose mixtures, let us describe the basic experimental setup and route to producing trapped mixtures with large particle numbers. Figure 3 illustrates the basic concept of the experiment. A vapour of \(^{40}\text{K}\) and \(^{87}\text{Rb}\) is produced within a rectangular glass cell (2D-MOT cell) at a pressure of between \(10^{-8}\) and \(10^{-9}\) mbar using alkali metal dispensers [44]; in the case of \(^{40}\text{K}\), we use enriched sources [45] because of the low natural abundance of \(^{40}\text{K}\). From this background vapour, a cold atomic beam is produced using two pairs of horizontal, orthogonal laser beams forming a two-dimensional magneto-optical trap [46, 47] for both species. The beam is collimated in the horizontal direction and directed along the vertical axis of the apparatus. The flux towards the lower part of the apparatus is enhanced by using a resonant pushing beam which is optimized to match the velocity distribution with the capture range of a 3D two-species magneto-optical trap located in the lower part of the apparatus in a second glass cell. This region is separated from the 2D-MOT region by a differential pumping stage, thereby achieving UHV conditions in the 3D-MOT region.

From the cold atomic beam, atoms are accumulated in the 3D-MOT for typically 10 s with final particle numbers on the order of \(1 \times 10^{10}\) for \(^{88}\text{Rb}\) and \(2 \times 10^9\) for \(^{40}\text{K}\) \((5 \times 10^7 \text{ in the presence of } ^{87}\text{Rb})\). In the case of \(^{40}\text{K}\), we use a dark SPOT scheme [48–50] to overcome losses due to light-assisted collisions between atoms. This scheme has been crucial for achieving large particle numbers of \(^{40}\text{K}\) in the presence of \(^{87}\text{Rb}\) in the combined MOT.

After accumulation of atoms in the MOT and subsequent polarization gradient cooling, the atoms are prepared in a spin state appropriate for magnetic trapping. In our experiment, we use a mixture of \(^{40}\text{K}\) in the \(|F = 9/2, m_F = 9/2|\) state and \(^{87}\text{Rb}\) in the \(|F = 2, m_F = 2|\) state. Atoms in these states are prepared using \(\sigma^+\) light on the corresponding cycling transitions starting from ensembles in the \(F = 9/2\) and \(F = 2\) manifolds, respectively. We then switch on the decompressed magnetic trap with trapping frequencies of \(\omega_{x}^B = \omega_{y}^B = \omega_{z}^R = 2\pi \times 11 \text{ Hz}\) to allow for almost mode-matched and efficient loading of the magnetic trap [51]. The magnetic trap is then compressed adiabatically in the radial direction during 1.5 s to final frequencies of \(\omega^B_{x} = \omega^B_{y} = 2\pi \times 257 \text{ Hz}\), while \(\omega^R_{z}\) remains constant. We typically prepare \(3 \times 10^9\) \(^{87}\text{Rb}\) atoms and \(2 \times 10^7\) \(^{40}\text{K}\) atoms in the magnetic trap.

Inside the magnetic trap, we perform the forced evaporative cooling of \(^{87}\text{Rb}\). At a given magnetic field, the energy difference between neighbouring Zeeman states is
the mean-field collapse of the mixture discussed above. Cooling but, on the other hand, make the system susceptible to some initial controversy on the exact interaction strength. The large attractive interaction favours an efficient evaporative cooling process as the 87Rb component condenses and attractive background interaction[53], although there was ranging from dense thermal 87Rb clouds of 10^7 87Rb atoms to deeply degenerate Fermi gas of 2 × 10^6 40K atoms to deeply degenerate mixtures with almost pure condensates. We achieve >1 × 10^6 atoms in the condensate coexisting with 7 × 10^6 87Rb atoms, limited by the onset of the collapse discussed below.

Let us now look at various stages of the evaporative cooling process as the 87Rb component condenses and the interaction between 40K and 87Rb affects both density distributions. When the 87Rb atoms are not completely evaporated, various regimes of mixtures are accessible, ranging from dense thermal 87Rb clouds of 10^7 87Rb atoms right at the phase transition point interacting with a moderately degenerate Fermi gas of 2 × 10^6 40K atoms to deeply degenerate mixtures with almost pure condensates. We achieve >1 × 10^6 atoms in the condensate coexisting with 7 × 10^6 87Rb atoms, limited by the onset of the collapse discussed below.

Throughout this discussion, the 40K images were recorded with a time-of-flight T_E of 3–5 ms. With an axial 40K trap frequency of ω_r^K = 2π × 16.6 Hz, this means that ω_r^K · T_E is on the order of 0.3–0.5, and with the relatively large size of the Fermi gas in the trap, we can still deduce information on the axial spatial distribution in the magnetic trap from the time-of-flight image. In the experiment, this has allowed the extraction of information about the outer regions of the Fermi gas where it is noninteracting and about the inner regions where it overlaps and interacts with the dense Bose–Einstein condensate. Note that the expansion of the samples is also affected by the attractive interaction between 40K and 87Rb; however, in a cigar-shaped trap, the main effect is on the radial expansion where the confinement is strong[54, 55].

The 87Rb atoms, on the other hand, are imaged after a total time-of-flight of 20 ms. All of the experiments described in this section are based on imaging using the two-species detection technique (see appendix D) which has allowed us to extract information about both species on the same CCD chip in one run.

During the final stage of evaporative cooling, various regimes of interacting mixtures are observed. These different regimes become most evident when analysing the axial 1D profile of the interacting clouds (see figure 4). Here, we have analysed in more detail three different stages. In (a), the Fermi cloud exhibits a small peak in the centre on top of a flat profile. This peak is due to the Fermi–Bose attraction increasing the fermionic density in the centre of the trap where the BEC is formed. Once critical conditions for the onset of the collapse have been met as in (b), the collapse localized in the overlap region removes the overlapping fraction of the Fermi gas. The hole which is left behind can be refilled from the outer regions of the trap, and, as we shall see, this refilling process can even lead to a second collapse of the mixture. The peaked structure which is shown in (c) is stable over relatively long timescales of several 100 ms once the total 40K number has been reduced to undercritical values; for comparison, we have included the result of a Fermi–Dirac fit to the experimental data which clearly fails to account for the interactions with the Bose–Einstein condensate in the centre. In contrast to the situation depicted in (a), which results from overcritical initial conditions and is on the edge to collapse, the condition of subfigure (c) is a signature of Fermi–Bose interactions in a stable mixture and corresponds to figure 1(b) in our introductory discussion.

3.1. Observation of a mean-field-induced collapse

In the discussion of the density profiles, we have claimed that the appearance of the hole in the centre of the trap (see figure 4(b)) is due to the mean-field collapse of the mixture. The distinction from localized loss processes in the presence of high densities is most apparent when looking at the associated timescales. In order to study the timescale of atom loss, we will discuss a situation where an only slightly overcritical mixture has been prepared. During the first few milliseconds of the hold time, where the rf knife is held at a fixed frequency, the condensate will still grow out of the thermal cloud and reach critical conditions after some initial delay. The result of the measurement is shown in figure 5. The figure shows the particle number contained in the central part of the 40K absorption image which helps enhance the...
During the above discussion, we have mentioned conditions of criticality of mixtures and critical particle number of the mean-field collapse several times. Here, we summarize our experimental findings on stable and unstable mixtures and discuss the relation to the value of the s-wave scattering length for collisions between $^{40}$K and $^{87}$Rb. Two criteria for the observation of mean-field instabilities have been used here:

- Particle number combinations where the overall decay of the mixture is much too fast for normal three-body loss in connection with the appearance of the pronounced hole are considered as unstable.
- The observation of the step-like drop as discussed in context with figure 5 is a sign of instability.

Other situations are identified as stable. The resulting atom number combinations are plotted in figure 6. Stable atom number combinations are plotted in blue, and combinations found to be unstable in the experiment in red. Atom numbers observed as stable are, e.g.,

$$N_F = 7 \times 10^5; \quad N_B = 1.2 \times 10^6; \quad \bar{\omega} = 2\pi \times 91 \text{ Hz}.$$  \hspace{1cm} (12)

The error bars (c) result from an estimate of the $^{87}$Rb and $^{40}$K atom number uncertainty of 20% and 30%, respectively. The uncertainty in the $^{40}$K atom number is less important than for $^{87}$Rb, since in the regime considered here the dependence of critical conditions on $N_F$ is much smaller than on $N_B$. Also shown in figure 6 are particle number combinations from two
other experiments, namely the one at LENS (a) and the JILA \(^{40}\text{K}^{87}\text{Rb}\) setup (b). The particle number combination (a) of

\[ N_F = 2 \times 10^4; \quad N_B = 1.5 \times 10^5; \quad \bar{\omega} = 2\pi \times 91 \text{ Hz} \]

(13)

has been reported as critical for the onset of collapse in [57], but is an order of magnitude smaller than the stable particle number combination observed in our experiment. Data point (b) is the stable particle number reported at JILA in [58] without any sign of instability:

\[ N_F = 8 \times 10^4; \quad N_B = 1.8 \times 10^5; \quad \bar{\omega} = 2\pi \times 86 \text{ Hz} \]

(14)

which raises the question why mixtures which are observed as stable in this experiment and by the JILA experiment have been reported as unstable at LENS.

When comparing critical particle numbers of different experiments, a few words on the role of the trap parameters are appropriate. Conditions for instability are of course influenced by the trapping potential. In general, the stronger the external confinement, the lower the critical particle numbers or the critical interaction are. The scale for the onset of instability is set by the geometric mean of the trap frequencies \(\bar{\omega}\) which is given above for all three experiments. The mean harmonic trap frequency used in this experiment and at LENS are equal, whereas the JILA trap is just slightly shallower.

Within the Thomas–Fermi approximation for bosons and fermions, we have shown in our introductory discussion that for fixed harmonic mean trap frequency, the aspect ratio does not influence the point of onset of collapse. This trap and the LENS trap are therefore directly comparable within this approximation, and the JILA trap is only slightly shallower and should therefore be slightly less subject to collapse than the two other traps for the same particle number.

The only difference between the LENS trap and the trap used here is the trap aspect ratio (our trap is slightly more elongated). This may play a role in the following situations:

- **Breakdown of the Thomas–Fermi approximation.** This may occur when going to very elongated quasi-1D geometries (which is not the case in any of the experiments discussed here). The breakdown of the Thomas–Fermi approximation in the radial direction would result from radial trap frequencies on the order of kilohertz. The general effect of such a geometry is a stabilization with respect to collapse. This stabilization is responsible, e.g., for the stabilization of bright solitons in a narrow window before the onset of collapse [59]. Another reason may be that particle numbers become below, say, \(10^3\). Neither of these scenarios applies to the experiments discussed here.

- **Gravitational sag.** A trap which is radially more tight features a reduced differential gravitational sag between atoms of different mass compared to the isotropic situation. This differential sag is given by

\[
-\frac{g}{2} \left( \frac{1}{a_{FB}} - \frac{1}{a_K} \right)
\]

(15)

and vanishes for equal trap frequencies of both components. Since the differential gravitational sag reduces the spatial overlap of the components, some of the mean-field energy is already ‘used up’ in compensating for the gravitational sag. The larger gravitational sag in the Florence experiment thus results in the LENS trap becoming ‘less subject to collapse’ for the same critical particle numbers, while the opposite is observed in the experiment. The role of the gravitational sag has also been discussed in [60].

Therefore, for the purpose of comparing the above-mentioned experimental results, the difference in the trap aspect ratio does not play a role and cannot account for the order of magnitude difference in critical particle numbers.

It has been pointed out by the LENS group [57] that with the very sensitive relationship between critical particle numbers and the Fermi–Bose interaction parameter \(a_{FB}\), the observation of the collapse instability can be a very sensitive way to determine \(a_{FB}\). This picture is true with respect to equilibrium conditions; however, the observation of instabilities during evaporative cooling, where excitations can never be completely avoided, complicates the picture, as we shall see. In this sense, the observation of a given particle number combination as stable imposes an upper limit on the interaction parameter.

### 3.3. Excitations

In our discussion of the implications of observed stability limits, we have mentioned several times that the presence of excitations in the sample during evaporative cooling means that an observed stability limit is always an upper limit on the interaction parameter. To illustrate this, figure 7 shows the aspect ratio of the condensate before the onset of collapse in some of our experiments. The strong deviations (a factor of \(\approx 10\)) from the equilibrium aspect ratio of 1.3 may be due to fast evaporation compared to the axial trap frequency, thereby creating strong axial excitations.

These excitations can in turn locally increase the density and lead to critical conditions even for particle number...
combinations which are stable in an equilibrium situation. For example, a twofold increase of the Thomas–Fermi radius of the condensate due to excitations would lead to a fivefold increase in the central density of the condensate, leading to the same densities required for an equilibrium collapse at $a_{FB} = -200a_0$. The same is true for any experiment observing the collapse during the evaporation ramp: in the absence of more sophisticated theory taking into account the excitations, observation of certain particle number combinations as stable provides an upper limit on scattering parameters.

When putting the observed experimental stability limit from this experiment (which produced the largest degenerate mixtures so far) into mean-field theory, we obtain $-a_{FB} < 284a_0$ as an upper limit on the interaction parameter. This upper limit coincides with the value deduced from the first $^{40}$K–$^{87}$Rb spectroscopy experiment at JILA and the corresponding resonance assignment. The identification of more Feshbach resonances and an upgraded collisional model performed at LENS as well as an improved magnetic field calibration has resulted in a scattering length of $-215(10)a_0$ [61], and the upper limit reported here is compatible with that value. Since the same argument is valid for any experiment, there is no contradiction between the observed stable particle number combinations and $a_{FB} = -215(10)a_0$. Rather, the above comparison demonstrates limits of a comparison between equilibrium mean-field theory and the experimental observation during evaporation, where strong dynamics and excitations can occur.

It is an important result from this experiment that large stable $^{40}$K–$^{87}$Rb particle numbers can be produced, which was not clear a priori, and to have identified experimental signatures of the mean-field collapse in Fermi–Bose mixtures, which have later been seen in experiments with tunable interactions, as we shall see now.

4. Tuning of heteronuclear interactions

So far, we have investigated the behaviour of the mixture in the harmonic trap at a fixed background scattering length. In the early days of ultracold quantum gases, a lot of interest in a particular atomic species was motivated by its static scattering properties; in the case of $^{87}$Rb, e.g., the moderately large background scattering length, combined with favourable collisional losses (and technical considerations such as cooling laser sources), is the main reason for the fact that the overwhelming majority of BEC experiments relies on $^{87}$Rb these days. This picture changed dramatically with the advent of Feshbach resonances.

A Feshbach resonance is a phenomenon originally introduced in the context of nuclear physics [62]. In cold atomic gases, these resonance phenomena have been discussed since 1992, especially for Cs [63, 64] which at the time seemed to be the most promising candidate for the observation of BEC in a dilute atomic gas. A Feshbach resonance occurs when the energy of the colliding atoms in an open channel resonantly couples to a quasibound molecular state in a closed channel. A Feshbach resonance allows tuning of the interaction properties of an atomic gas from large and repulsive to large and attractive and vice versa. The enhanced interaction properties near the Feshbach resonances are often accompanied by enhanced inelastic collisions. These inelastic collisions provide an easy tool for the identification of resonances, but can at the same time affect the timescales for experiments in the vicinity of the resonances. Feshbach resonances have been suggested to be inducible via static electric fields [65], rf radiation [66], via far-resonant or near-resonant laser fields [67, 68] or via homogeneous magnetic fields [63, 64, 69, 70]. Nowadays, magnetically induced Feshbach resonances are a very versatile and common tool in cold atom laboratories. They occur when the magnetic moment of the bound state in the closed channel is different from the magnetic moment of the open channel and the energy of the bound state can thus be continuously tuned through the open channel dissociation limit (see figure 8).

The first observation of Feshbach resonances in cold atom scattering has been reported almost simultaneously by Courteille and coworkers in $^{85}$Rb [10] and by Inouye and coworkers in a BEC of $^{23}$Na [11]. Tuning of interactions was demonstrated by Inouye and coworkers in the vicinity of the resonance by a static homogeneous magnetic field. Magnetically induced Feshbach resonances have later been reported in almost any alkali atom: $^6$Li [71] and $^7$Li [72, 73], $^{23}$Na [11], $^{40}$K [74], $^{85}$Rb [10, 75], $^{87}$Rb [76] and $^{133}$Cs [77]. Recently, optically induced Feshbach resonances have been reported in [78, 79].

The availability of an additional knob to tune the scattering length has had important consequences for the development of the field. On the one hand, the fact that interaction parameters no longer have to be taken for granted has enabled new species to be condensed which would otherwise have been very difficult to nearly impossible, such as $^{85}$Rb [80] or $^{133}$Cs [81]. Tuning of interactions is needed in order to achieve efficient rethermalization in this case. On the other hand, a large class of experiments exploring degenerate gases had been studying the properties of the system in terms of atom numbers or trap frequencies, whereas in many situations the parameter which is physically interesting is the interaction, and Feshbach resonances allow this knob to be turned just by changing the

![Figure 7. Aspect ratio of a condensate forming in a $^{40}$K–$^{87}$Rb mixture, compared to the pure BEC expected aspect ratio of 1.3 (blue line) [30]. Reprinted with permission of the publisher, Taylor and Francis Ltd.](image-url)
resonances arising between spin states of a molecular potential (open channel) is close to resonance with a quasibound state in a different molecular potential curve (closed channel). In general, both channels have different magnetic moments, allowing the bound state in the closed channel to be tuned relative to the open channel dissociation limit. This allows the s-wave scattering length (plotted here) between atoms in the open channel to be tuned from large and attractive to large and repulsive. In particular, when the bound molecular state is slightly below the dissociation threshold (immediately below the magnetic field resonance centre position $B_0$, indicated by the vertical dashed line), s-wave interactions between atoms are repulsive ($a_{FB} > 0$), and weakly bound molecules can exist in the closed channel. When the molecular bound state is slightly above the resonance (right of the dashed line), no stable Feshbach molecules are formed, and the interaction between atoms is attractive ($a_{FB} < 0$).

Feshbach resonances have been reported through increased inelastic collisions and atom loss at the resonance, but no tuning of interactions has been reported.

The control of heteronuclear interactions offers fascinating perspectives in Fermi–Bose mixed systems and Fermi–Fermi systems of different mass: in Fermi–Fermi systems, heteronuclear Feshbach resonances would open the way to the exploration of the BCS–BEC crossover in a two-species fermion mixture with unequal mass [95, 96]. In Fermi–Bose systems, a different and complementary approach to fermionic superfluidity has been suggested in which the interaction between fermionic atoms is provided by bosonic atoms taking over the role of phonons in the solid-state superconductor [29, 97–99]. When loaded into three-dimensional optical lattices, a wealth of different phases with no equivalent in condensed matter systems has been predicted to exist [27, 29, 100, 101]. In addition, heteronuclear Feshbach molecules [4, 102, 103] which have been produced for the first time within this work (see below) could be used as a starting point for the creation of polar molecules with novel anisotropic interactions.

Here we demonstrate the tunability of heteronuclear interactions in the vicinity of a Feshbach resonance arising between $^{40}$K and $^{87}$Rb [2] (see also [104]). To provide evidence for tuning of interactions and thus a variation of the scattering length around these heteronuclear resonances, the interaction energy of the Bose–Einstein condensate coexisting with a quantum degenerate Fermi gas is measured in the vicinity of an s-wave heteronuclear Feshbach resonance. Additional and complementary information is gained from a measurement of interaction effects of the Fermi gas on an expanding Bose–Einstein condensate and vice versa. As a first application of heteronuclear Feshbach resonances, the phase diagram for harmonically trapped Fermi–Bose mixtures ranging from collapse for large attractive interactions to phase separation in the case of strong repulsive interactions [41] has been studied. Tuning of interactions has been the prerequisite for the first formation of ultracold heteronuclear molecules as reported later in this tutorial.

4.1. Tuning of heteronuclear interactions in stable mixtures

Evidence for tuning of interactions in the heteronuclear $^{40}$K–$^{87}$Rb mixture is provided in two different and complementary ways:

1. In a first experiment, we study tuning of interactions by a measurement of the mean-field energy of the Bose–Einstein condensate as a function of magnetic field in the vicinity of a Feshbach resonance. Due to the heteronuclear interaction, the Bose–Einstein condensate is confined in the combined potential of the external dipole trap and the heteronuclear mean-field potential (see the introductory discussion). The latter becomes stronger as the heteronuclear interaction increases. Hence, the effective confinement of the Bose–Einstein condensate which determines its mean-field energy is changed. A measurement of this interaction-dependent mean-field energy is performed by a sudden switch off of all confining magnetic field. $^7$Li, for example, is a system with a strong attractive background interaction, allowing the production of BECs of only a few thousand atoms before the onset of collapse [8]. Phenomena like the collapse have first been observed by varying the atom number in the sample [82], thereby only indirectly affecting interactions through the density. Feshbach resonances allow these phenomena to be directly observed as a function of interactions [83].

Figure 8. Cartoon picture of a Feshbach resonance. Such resonances occur when the energy of two atoms scattering from a molecular potential (open channel) is close to resonance with a quasibound state in a different molecular potential curve (closed channel). In general, both channels have different magnetic moments, allowing the bound state in the closed channel to be tuned relative to the open channel dissociation limit. This allows the s-wave scattering length (plotted here) between atoms in the open channel to be tuned from large and attractive to large and repulsive. In particular, when the bound molecular state is slightly below the dissociation threshold (immediately below the magnetic field resonance centre position $B_0$, indicated by the vertical dashed line), s-wave interactions between atoms are repulsive ($a_{FB} > 0$), and weakly bound molecules can exist in the closed channel. When the molecular bound state is slightly above the resonance (right of the dashed line), no stable Feshbach molecules are formed, and the interaction between atoms is attractive ($a_{FB} < 0$).
potentials including the additional mean-field potential and an observation of the time-of-flight expansion of the condensate. A sudden switch off of the mean-field potential is realized in a good approximation by suddenly switching off the Feshbach field, reducing the heteronuclear scattering length to its background value. A related study has been done in the very first demonstration of tuning of homonuclear interactions in a Bose–Einstein condensate of $^{23}$Na [11] in the vicinity of a Feshbach resonance.

(2) In a second experiment, we study the influence of the heteronuclear interaction on the time-of-flight expansion of the Bose–Einstein condensate and the Fermi gas. When the heteronuclear interaction is left on during the time-of-flight, the expansion of the two clouds is either slowed down due to attractive interaction or influenced by repulsive interactions. The study is performed by a sudden switch off of the external dipole trapping potential, while the Feshbach field is left on during the time-of-flight.

For our studies, we have used the broadest of the available s-wave resonances which occurs between the $^{40}$K [9/2, −9/2] state and the $^{87}$Rb [1, 1] state. The resonance position is at $B_0 = 546.8(1)$ G as determined by the transition between strong attractive and repulsive interactions (see below). At the resonance, the scattering length varies dispersively as a function of the external magnetic field [69]

$$a_{BB} = a_{bg} \left(1 - \frac{\Delta B}{B - B_0}\right).$$

(16)

In equation (16), $B_0$ is the resonance centre, $a_{bg} = -185d_0$ [104] is the background scattering length between bosons and fermions in the respective spin state and $\Delta B$ is the width of the resonance which in our case has been predicted to be $-2.9$ G [105]. Note that the width of the Feshbach resonance can be negative. In our case, this means that the scattering length will diverge to $a \to -\infty$ below the resonance ($B < B_0$) and $a \to +\infty$ above the resonance ($B > B_0$). A sketch of the expected variation of the scattering length as a function of magnetic field for the $^{40}$K–$^{87}$Rb s-wave resonance at $B = 546.8(1)$ G is given in figure 8.

**Experimental procedure.** For the preparation of ‘Feshbach-resonant’ mixtures, we start with a magnetically trapped thermal ensemble of $^{40}$K and $^{87}$Rb in the low-field seeking but non-resonant $[9/2, 9/2]$ and $[2, 2]$ states. Slightly before reaching the critical temperature for condensation $T_c$ of the bosonic $^{87}$Rb ensemble, we ramp up the optical dipole potential of a crossed dipole trap within 500 ms. This novel ‘magic’ trap (see appendix B) is designed to eliminate the differential gravitational sag between $^{87}$Rb and $^{40}$K by operating at the magic wavelength of 807.9 nm. In the combined optical and magnetic potential, a last step of rf-induced evaporation is performed within 1 s and a quantum degenerate mixture is prepared. While ramping down the magnetic trapping potential, care has to be taken not to induce spin flips in either $^{40}$K or $^{87}$Rb affecting the polarization of the atomic ensemble. To this end, an offset field of a few ten Gauss is applied throughout the ramp-down process. Residual heating of the cloud during the ramp down is subsequently compensated for by a last step of purely optical evaporation in the crossed dipole trap. We typically end up with a quantum degenerate mixture of $5 \times 10^4$ $^{40}$K and up to $2 \times 10^5$ $^{87}$Rb atoms and no discernible bosonic thermal fraction.

In a final step, the $^{40}$K [9/2, 9/2] and $^{87}$Rb [2, 2] mixture is converted into a [9/2, −7/2] and [1, 1] mixture using rf and microwave Landau–Zener transfer schemes (see appendix A). The final transfer to the resonant [9/2, −9/2] state in $^{40}$K is performed at two fixed magnetic field values by an rf Landau–Zener transfer after the field has settled. For studies above the resonance ($B > B_0$), where the heteronuclear interaction is expected to be attractive ($a_{FB} < 0$), the final transfer is performed at a magnetic field of 550.5 G. For studies below the resonance centre ($B < B_0$), where the heteronuclear interaction is expected to be repulsive ($a_{FB} > 0$), the transfer is done at $B = 543.8$ G. At these magnetic field values, the heteronuclear scattering length is still moderately attractive in both cases and not too different from the background scattering length between $^{40}$K and $^{87}$Rb in the [9/2, −7/2] and [1, 1] mixture. This is important in order not to induce oscillations in both clouds due to the sudden change of the scattering length. After the final transfer at these two magnetic field values, the field is ramped to varying values in the immediate vicinity of the resonance either from above or below. The ramp is performed within 50 ms, thereby changing at $a_{BB}$ adiabatically with respect to any other timescale in the experiment: $a_{FB}/a_{BB} \ll \omega_0$, so that the clouds remain in equilibrium within the field ramp3 [11, 106]. We then probe the expansion of the cloud at different values of the heteronuclear scattering length and under different conditions.

**Evidence for tuning I: mean-field energy of the BEC.** While the kinetic energy of a Bose–Einstein condensate in the trap is negligible (Thomas–Fermi limit), the energy of the BEC is dominated by its interaction energy given by

$$E_i/N = \frac{2\pi \hbar^2}{m} a_{BB}(n_B).$$

(17)

In this equation, $a_{BB}$ denotes the Bose–Bose scattering length, $\langle n_B \rangle$ is the average density of the condensate and $N$ is the number of atoms of mass $m$. This mean-field energy of the condensate can be measured by the time-of-flight expansion. During the time-of-flight, the stored interaction energy is converted into the kinetic energy of a freely expanding condensate.

At first glance, the interaction energy of the condensate, proportional to the mean density and the bosonic scattering length, seems to be independent of the value of the heteronuclear scattering length. However, the effect of heteronuclear interaction enters through the density of the Bose–Einstein condensate which is affected by the presence of the fermionic cloud. The trapped fermions, along with the heteronuclear interaction, act as an additional heteronuclear

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3 In the case of a thermal ensemble, one would also have to require $\tilde{a}_{FB}/\tilde{a}_{BB} \ll \Gamma_{el}$, where $\Gamma_{el}$ is the elastic collision rate. In our experiment, we obtain $\tilde{a}_{el} \ll \Gamma_{el}$ and $\tilde{a}_{FB}/\tilde{a}_{BB} \ll \Gamma_{el}$ is the stronger requirement. Note that in the immediate vicinity of the resonance, the adiabaticity condition may break down as $a/a$ becomes comparable to $\omega_0$. 
mean-field potential \( U_{F\to B}(\vec{r}) \) (equation (5)) forming an effective potential composed of the dipole trapping potential \( V_d \) and the mean-field potential \( U_{F\to B}(\vec{r}) \) and determines the density distribution of the bosonic cloud \( n_B(\vec{r}) \) via the Thomas–Fermi equation (see equation (1)).

In the case of attractive heteronuclear interactions \( a_{FB} < 0 \), the density distribution of the fermionic cloud interacting with the BEC is increased compared to the non-interacting case. The effective confinement of the BEC is thus increased with increasing attractive heteronuclear interaction in the vicinity of the resonance, enhancing the density and the mean-field energy according to equation (17). Along with the intrinsic repulsion of the Bose–Einstein condensate, characterized by the positive bosonic scattering length \( a_{BB} = 100.4(1) a_0 \) [43], the effect is observable through the increasing kinetic energy of the bosonic cloud after the time-of-flight.

In the case of repulsive interactions, the condensate acts as a repulsive bump in the centre of the fermionic cloud, pushing the fermionic cloud out of the centre of the trap. The fermionic density overlapping with the centre of the BEC will be reduced, whereas the fermionic density in the border areas of the potential increases. In this case, the additional fermionic curvature acting on the condensate will push the bosons towards the centre of the trap, thereby again increasing the density and mean-field energy of the condensate. However, the effect is smaller than the enhancement of density in the attractive case.

Some numerical results. The above intuitive picture can be supported by numerical simulations. The simulations rely on the mean-field model summarized at the beginning of this tutorial (see [41]) and provide a self-consistent calculation of the densities of the harmonically trapped fermionic and bosonic cloud, considering the additional heteronuclear mean-field potentials \( U_{F\to B} \) and \( U_{B\to F} \). Figure 9(a) shows the theoretically expected variation of the mean-field energy \( E_\ell \) of a condensate of \( 10^5 \) bosons in the vicinity of the Feshbach resonance at 546.8(1) G, interacting with a fermionic cloud of \( 5 \times 10^4 \) atoms via a varying heteronuclear scattering length \( a_{FB}(B) \). In the figure, we have plotted the interaction energy of the condensate as a function of \( B - B_0 \). The mean-field energy has been calculated according to equation (17) and is normalized to the mean-field energy \( E_\ell^0 \) of a pure condensate, i.e. equation (17), with \( n_B \) given by the Thomas–Fermi profile of a pure condensate. The behaviour of the scattering length in the vicinity of the resonance is determined by equation (16) with an assumed width of the resonance of \( \Delta B = -2.9 \) G. We have plotted the interaction energy only for stable interacting mixtures. In the same diagram, a sketch of the expected heteronuclear scattering length is plotted.

On the repulsive side of the resonance (low-field side), the interaction energy of the condensate increases by almost a factor of 2, while the scattering length is increased by approximately the same factor. The effect of heteronuclear interactions on the mean-field energy of the condensate is thus the strongest on the attractive side of the resonance, whereas only a slight effect is observed on the repulsive side.

Experimental data. In the above discussion, we have seen that the mean-field energy of a Bose–Einstein condensate in a Fermi–Bose mixture does depend on the value of the heteronuclear scattering length, although the dependence can only be calculated numerically. The interaction energy can be measured in a time-of-flight expansion experiment where all confining potentials are suddenly switched off, thus converting the stored mean-field energy into kinetic energy. The kinetic energy per particle is just given by \( E_K/N = \frac{1}{2} m v_{\text{rms}}^2 \), where \( v_{\text{rms}} \) is the root-mean-squared velocity. Both the atom number \( N \) and the velocity \( v_{\text{rms}} \) can be extracted from time-of-flight images, more precisely \( v_{\text{rms}} \) from the size of the cloud after the time-of-flight.

Figure 9(b) shows a measure of the condensate’s mean-field energy per particle as a function of the magnetic field in the vicinity of the 546.8(1) G heteronuclear Feshbach resonance. The experimental procedure for the preparation of resonant mixtures in the vicinity of the resonance has been described above. After the final magnetic field ramp from either above or below the resonance centre to final field values near the resonance and a 10 ms hold time, both the Feshbach field and the external optical potential are suddenly switched off and \( ^{40}\text{K} \) and \( ^{87}\text{Rb} \) are detected after the time-of-flight.

On the low-field side of the resonance, the interaction energy increases only slightly with increasing repulsive heteronuclear interaction. Within the investigated magnetic field range below the resonance, the scattering length is expected to vary from 0 to +1000\( a_0 \). In the same magnetic field interval, the interaction energy is observed to increase only by 25%. A comparable effect has been predicted by the numerical simulations discussed above. On the high-field side of the resonance, the effect of heteronuclear interactions is much more pronounced. The heteronuclear scattering length is expected to vary between \( -300 a_0 \) and \( -1000 a_0 \) within the investigated magnetic field range. As can be seen from the data, the mean-field energy per particle stored in the condensate increases in the same interval by a factor of 3. This is in qualitative agreement with theory which predicts a pronounced increase in the interaction energy of the condensate by a factor of 2. The remaining quantitative disagreement between theory and experiment might be due to a finite magnetic field settling time after the adiabatic ramps.

For magnetic field values above \( B > 551 \) G, the heteronuclear scattering length is expected to recover slowly to its background value of \( -185 a_0 \). Consequently, the interaction energy per particle is expected to saturate somewhat above the interaction energy of a pure condensate. On the low-magnetic-field side, however, the scattering length changes sign from repulsive interaction to attractive at \( B \approx 543.9 \) G. Below this zero crossing, the scattering length will become negative and eventually recover to the negative-background.
interaction. Hence, the interaction energy per particle is expected to increase again below the zero-crossing converging towards the same interaction energy as far above the resonance.

**Evidence for tuning II: interaction effects during expansion.**

In a second experiment, we have studied the influence of the heteronuclear interaction on the time-of-flight expansion of the Bose–Einstein condensate and the Fermi gas. When the heteronuclear interaction is left on during the time-of-flight, the expansion of the two clouds is either slowed down due to attractive interactions or influenced by repulsive interactions. The external dipole potential is suddenly switched off, whereas the Feshbach field is left on during the time-of-flight expansion.

The effect of attractive interactions on the time-of-flight expansion of the bosonic and fermionic cloud has already been studied in [54] in a Fermi–Bose mixture of $^{40}$K and $^{87}$Rb. However, in these experiments, the heteronuclear interaction was determined by the background interaction strength and could not be tuned. The observations in [54] are therefore restricted to the observation of an affected time-of-flight expansion of the bosonic and fermionic cloud, respectively, in comparison to the expansion of a pure bosonic or fermionic cloud.

Figure 10 shows the width of the bosonic cloud (a) and fermionic cloud (b) after 7.5 ms and 25.2 ms time-of-flight, respectively. To account for enhanced particle loss in the vicinity of the resonance, the observed width data should be normalized by $N^{1/3}$ and $N^{1/6}$ for the bosonic and fermionic cloud, respectively. However, the observed particle number loss is on the order of 20% in the studied magnetic field range and the correction due to particle number variations is therefore below 5%. On the repulsive side of the resonance, where the effect of interaction on the time-of-flight expansion is very weak compared to the attractive case, particle loss is even smaller. In the same diagram, we have plotted the expected variation of the heteronuclear scattering length across the resonance.

On the high-field side of the resonance, where heteronuclear interactions are attractive, we observe the width of both the fermionic and the bosonic cloud to decrease when approaching the resonance. This is a clear signature...
for increasing heteronuclear attraction. The simultaneous expansion of both clouds is slowed down due to the attractive potential that is present throughout the expansion process. In principle, the effect of the heteronuclear attractive interaction on the expansion of the BEC and the Fermi gas is twofold. On the one hand, the densities of both components are significantly increased inside the trap. This enhancement of density, which corresponds to a tighter confinement of either of the clouds, will lead to a faster expansion (as discussed for the bosonic cloud above). On the other hand, the condensate and degenerate Fermi gas will interact during expansion and most importantly in the early stages of the time-of-flight, thereby reducing significantly the expansion rate. This slow-down is determined by the relative dynamics between the condensate and the degenerate Fermi gas and dominates the experiments.

On the repulsive side of the resonance, however, the effects of heteronuclear interaction are less pronounced. The width of the condensate after time-of-flight stays almost constant, whereas the width of the Fermi gas after time-of-flight increases slightly. In the immediate vicinity of the resonance, this increase exhibits a change of slope. When the fermionic density at the trap centre vanishes at even higher repulsion, the potential felt by the Bose cloud will rather be that of the pure external trapping potential with quite a sharp transition to a very steep higher order potential created by the fermionic density in the outer shell, at the edges of the condensate. We identify this region with the regime from 546.4 G to the centre of the resonance at 546.8 G where, as seen in figure 9(b), the width of the condensate saturates. This may indicate that at complete phase separation the repulsive interaction leads to a rapid expansion of the Fermi gas suddenly accelerated outside when the external potential is switched off and the repulsive bump of the BEC in the centre is maintained.

4.2. Observing collapse and phase separation

As we have seen so far, interactions between fermions and bosons can fundamentally affect the properties of the system such as the density of the components and expansion properties. However, when increasing the scattering length above a certain critical interaction strength, two instabilities can occur: collapse for the case of attractive interactions and phase separation for the case of repulsive interactions. In our experiments, we have been able to access the complete phase diagram of the mixture and observe clear signatures of both collapse and phase separation. The phase diagram has been accessed through tuning of interactions in the vicinity of the Feshbach resonance. Although the mean-field collapse of a harmonically trapped Fermi–Bose mixture has been studied before, in those experiments critical conditions have been achieved by increasing particle numbers in the system, holding the value of the heteronuclear interaction fixed (see [1, 40, 107] and the discussion above in this tutorial), whereas in the experiments reported here, the collapse is induced by tuning of the heteronuclear scattering length.

Collapse. For attractive interactions above a certain critical value, the Fermi–Bose mixture is expected to become unstable with respect to collapse. In the vicinity of the resonance occurring at 546.8 G, attractive interactions are the strongest immediately above the resonance centre. In figure 10, the corresponding region has been shaded in grey. This region immediately above the resonance centre has been studied in detail in figure 11. Figure 11(a) shows the atom numbers of both the fermionic and the bosonic cloud as a function of magnetic field when adiabatically approaching the resonance from above. In the vicinity of 547.4 G (at a detuning of about 0.6 G above the resonance), we observe a sudden drop in both the fermionic and the bosonic atom number. We loose almost 50% of the fermionic atoms and a significant fraction of the bosonic cloud. In contrast to a previous work, reporting the onset of instability as a function of atom number (see the preceding discussion and [107]), the collapse is now due to tuning of interactions above a certain critical interaction strength in an otherwise undercritical mixture. The precise magnetic field value at which the collapse happens is of course dependent on the initially prepared atom number. In the experiments, we observe the onset of the collapse at a magnetic field value corresponding to a theoretically predicted scattering length of $-1000a_0$.

To gain some information about the timescale on which the collapse happens, we have repeated the experiment in a slightly varied version: in this case, we have stopped the magnetic field ramp at the observed critical magnetic field value and then varied the hold time of the mixture, thereby observing the collapse happen as a function of time. This is illustrated in figure 11(b). We cannot fully exclude some residual variation of the scattering length due to settling of the magnetic field after the nominal stop of the ramp. The onset of the collapse, again visible as a sudden drop in atom number, is retarded by a timescale given roughly by the trap frequency and happens on a timescale $< 1$ ms. The dynamics associated with the collapse can be seen in figures 11(c) and (d). Figure 11(d) shows two time-of-flight images of the fermionic cloud prior to the collapse and after the collapse has happened (when leaving the Feshbach field on during expansion). Prior to the collapse, the density of the fermionic cloud is strongly enhanced. The fermionic density profile after time-of-flight shows a bimodal distribution with a broad and dilute pedestal and a very dense centre. The latter part of the fermionic cloud is trapped inside the mean-field potential of the BEC. When critical conditions for collapse are achieved, this central core suddenly disappears. During the collapse, the overlap region of the fermionic cloud with the BEC is destroyed by a three-body implosion, leaving behind only the broad dilute pedestal. The three-body implosion causes significant heating and excitation in the remaining sample, reflected in the evolution of the width of the fermionic cloud as the collapse happens—see figure 11(d). After the collapse, the mixture assumes a new equilibrium through evaporation and particle loss which is reflected in the decreasing width of the fermionic cloud after the collapse has happened.

Phase separation. Phase separation due to repulsive interactions in a composite system of harmonically trapped fermions and bosons has been discussed in theory
we have seen in the introductory discussion). The occurrence of repulsive heteronuclear interactions has enabled us to enter the regime of repulsive heteronuclear interactions, where phase separation will occur as a shell of fermions surrounding a dense BEC core (as we have seen in our experimental parameters, phase separation will occur as a shell of fermions surrounding a dense BEC core (as we have seen in the introductory discussion).

Inside a harmonic trap and in the presence of gravity, atoms experience a gravitational sag given by \(-g/\omega^2\). For systems with different masses, such as the \(^{40}\text{K}–^{87}\text{Rb}\) system, this will in general lead to a differential gravitational sag between the components, as the trap frequencies may be different. Although our optical dipole trap has been designed to eliminate the differential gravitational sag, a slightly different gravitational sag has still been present in these experiments and breaks the symmetry of the system which therefore favours phase separation to occur in the vertical direction. As a consequence, the position of the fermionic component in the time-of-flight image is shifted upwards as a function of detuning from resonance, with an even stronger slope in the region of complete phase separation (see figure 12). An important aspect is that the shift in position between fermions and bosons in the trap is amplified by the repulsive interaction during expansion if we leave on the interaction. Thus, the small initial symmetry-breaking in the direction of gravity is strongly enhanced and clearly visible in absorption images such as in the inset of figure 12, where the fermionic density is concentrated in the upper part of the image.

Figure 11. Induced mean-field collapse of the mixture [2]. (a) Sudden drop of atom numbers for critical heteronuclear interactions. (b) The onset of collapse is retarded by a timescale given by the trap frequency. (c) Sample time-of-flight images showing the bimodal distribution in the fermionic component and the sudden collapse of the system in the overlap region with the BEC. (d) As the collapse happens, the sample is excited and heated, visible in the width of the fragments. After the collapse, the mixture finds a new equilibrium. Copyright (2006) by the American Physical Society.

Figure 12. Vertical position of the Fermi gas as a function of magnetic field [2]. The grey shaded area indicates the assumed region of full phase separation, where the fermionic density is expected to vanish at the BEC core. Due to gravitational symmetry breaking, the fermions are pushed above the BEC, an effect amplified by the time-of-flight expansion. The inset shows the corresponding fermionic density distribution where most of the density is concentrated in the upper part of the image. Copyright (2006) by the American Physical Society.

5. Fermi–Bose mixtures in optical lattices

Quantum degenerate gases in optical lattices provide unique opportunities for engineering of many-body Hamiltonians discussed in the context of condensed matter systems and even beyond in a very pure and controllable environment: the periodic potentials realized by optical lattices are almost defect-free. By tuning the depth of the lattice, the strength
of the crystal can be controlled, thereby controlling, e.g., tunnelling with respect to onsite interaction. Playing with lattices of different geometries and dimensionalities, one, two- and three-dimensional geometries can be realized and continuously transformed from one into another. In addition, the use of Feshbach resonances allows the precise control of interactions between the atoms even allowing for continuous tuning from repulsive interactions to attractive interactions and vice versa [10, 11, 63, 64, 69, 70]. The possibility of realizing strongly correlated systems with ultracold atoms loaded into 3D optical lattices has been pointed out in a seminal paper by Jakosch and coworkers [18] who discussed the realization of the Bose–Hubbard Hamiltonian [19] with ultracold bosons loaded into 3D optical lattices. The experimental observation of the quantum phase transition from a superfluid to a Mott-insulator state with repulsively interacting bosons followed in a pioneering experiment by Greiner and coworkers [20]. Following experiments with either bosonic or fermionic atoms in optical lattices demonstrated the enormous degree of control inherent in these intriguing physical systems (see review [101] and references therein).

In the introduction, we have mentioned the bright possibilities for heteronuclear quantum gases in 3D optical lattices as a novel quantum many-body system. In a heteronuclear Fermi–Bose mixture, the different quantum statistical behaviour of the two components are predicted to give rise to fundamentally novel quantum many-body phases (see the introduction). Here, we report on the first realization of a Fermi–Bose quantum many-body system confined in a 3D optical lattice [3]. In these studies, we investigate the coherence properties of bosonic atoms when interacting with a varying fraction of fermionic impurities. The interaction between fermions and bosons is held fixed at the attractive background interaction strength. When ramping up the optical lattice, we observe the phase coherence properties of the bosonic cloud to be strongly affected by a very small fraction ($N_F/N_B \approx 3\%$) of fermionic atoms and find a fermion concentration-dependent shift of the coherence properties with respect to the properties of a pure bosonic ensemble. A very small admixture of fermionic impurities induces a significant loss of coherence at much lower lattice depths as compared to the pure bosonic case. While the coherence properties of the pure bosonic system (loss of coherence with increasing lattice depth) can be explained in terms of the superfluid to Mott-insulator transition and the associated many-body wavefunctions in the superfluid and the Mott-insulating regime, the nature of the observed shift of the coherence properties towards lower optical lattice depth in the mixture is still a point of intense discussions in the community. Possible scenarios include thermodynamic effects like adiabatic heating when ramping up the optical lattice, disorder-induced localization scenarios or a shift of the quantum critical point of the bosonic superfluid to Mott-insulator transition due to attractive interactions with the fermionic atoms ($\delta_{FB} = -215(10)\omega_0$ [61]). In parallel to this work, similar studies and results have been reported at ETH Zürich [109].

5.1. Influence of fermions on bosonic coherence

The coherence properties of a bosonic cloud can be revealed by a study of the bosonic interference pattern after a sudden switch off of the lattice and the time-of-flight expansion. Whereas the observation of sharp interference peaks is a striking signature of long-range phase coherence of the bosonic cloud, decreasing interference peaks and the appearance of an incoherent background indicates the reduction of the coherence length. In a pure bosonic component, the loss of phase coherence with increasing lattice depth accompanies the transition from a superfluid to a Mott-insulating state.

These experiments have been performed using a 3D optical lattice setup based on an Yb:YAG disc laser operating at a wavelength of 1030 nm. The lattice setup consists of three orthogonal, retro-reflected laser beams with orthogonal polarizations and a finite detuning of several MHz with respect to each other to minimize crosstalk between the different axes. Details of the lattice setup, including alignment, focusing, frequency and intensity stabilization, can be found in appendix C and [39, 40, 110, 111].

In a first experiment, we have qualitatively studied the influence of a small admixture of fermionic atoms on the bosonic cloud. In these experiments, we have prepared $2 \times 10^4$ fermionic $^{40}\text{K}$ atoms, coexisting with a pure Bose–Einstein condensate of $10^3 \ ^{87}\text{Rb}$ atoms with no discernible thermal cloud in a combined magnetic and optical potential with trapping frequencies of $\omega = 2 \pi \times (50, 150, 150)$ Hz. Finally, the lattice is ramped up to various lattice depths between $2.5E_{r^{87}\text{Rb}}$ and $25E_{r^{87}\text{Rb}}$.

Figure 13 shows three sample images of the interference pattern of the pure bosonic cloud (top row) in comparison to the interference pattern of the bosonic cloud interacting with $2 \times 10^4$ fermionic impurities (bottom row). The images have been taken after 15 ms time-of-flight. To ensure that experimental conditions are really comparable in the two cases, we have prepared the pure bosonic component with the same experimental sequence as the mixture prior to ramping up the optical lattice: in both cases, we have prepared a deeply degenerate mixture of fermionic and bosonic atoms in the combined magnetic and optical potential. The pure bosonic cloud is then realized immediately before ramping up the optical lattice by a removal of the fermionic atoms from the trap with a short resonant light pulse, leaving behind a pure Bose–Einstein condensate. The three sample images of figure 13 have been taken at lattice depths of $12.5E_{r^{87}\text{Rb}}, 20E_{r^{87}\text{Rb}}$ and $25E_{r^{87}\text{Rb}}$, respectively. The lattice depths are given in units of the recoil energy for the $^{87}\text{Rb}$ component $E_{r^{87}\text{Rb}} = (\hbar^2k^2)/(2m_{^{87}\text{Rb}}) \approx \hbar \times 2.14 \text{kHz}$, where $k = 2\pi/\lambda$.

In both cases, starting with a pure condensate or with a mixture of bosonic and fermionic atoms, we clearly observe a loss of interference contrast with increasing lattice depth marking the breakdown of long-range phase coherence. As already mentioned, in the case of the pure bosonic gas, the loss of coherence accompanies the well-known superfluid to Mott-insulator phase transition [18, 20, 112] which occurs as a result of competition between the minimization of kinetic energy, parameterized by the tunnelling matrix element $J$ which tends to delocalize the atomic wavefunction over...
the crystal and the minimization of interaction energy $U$ (figure 13(a)). As can be clearly seen from figure 13(b), the presence of fermionic impurities induces a loss of coherence at much lower lattice depths than for a pure BEC. At $12.5E_{Rb}$, we observe sharp interference peaks in the pure bosonic cloud and the mixture. At $20E_{Rb}$, however, the interference pattern vanishes almost completely in the case of the mixed system, whereas significant interference is still visible in the case of pure $^{87}$Rb.

5.2. Characterizing the phase coherence properties of the bosonic cloud

For a quantitative analysis of the observed phenomena, we adopt two different approaches appropriate for the characterization of the coherence properties of the bosonic cloud. These approaches have both been developed in the context of studies on the superfluid to Mott-insulator transition in an ensemble of repulsively interacting bosons:

(1) First, we characterize the interference pattern using the visibility of the interference fringes [113, 114]. The definition of visibility, in this context, is motivated by the definition of the interference contrast in optics. The visibility has been related to the correlation properties of the many-body wavefunction of the atomic cloud [113, 114].

(2) Second, we analyse the width of the central $p = 0$ peak which is directly related to the inverse coherence length of the ensemble apart from some deviations due to the repulsive interactions between the bosonic atoms [115].

Visibility. Figure 14(a) shows a typical interference pattern of a bosonic ensemble after time-of-flight released from a shallow optical lattice where a macroscopic fraction of the system occupies the lowest Bloch state and phase coherence is present across the lattice. An intuitive definition of the contrast of the interference pattern is given by [113, 114]

$$V = \frac{n_{\text{max}} - n_{\text{min}}}{n_{\text{max}} + n_{\text{min}}}$$

where $n_{\text{max}}$ is the total atom number in the first-order interference fringes reflecting the $p = 2\hbar k$ momentum component and $n_{\text{min}}$ is the sum of the number of atoms in equivalent areas at intermediate positions between the maxima.

At first sight, the relation of the visibility to the bosonic many-body wavefunction is not clear. However, it can be derived from the density distribution of the atoms after time-of-flight which is given by [114, 116–118]

$$n(\vec{r}) \propto \left| \phi(\vec{k} = \frac{m\vec{r}}{\hbar}) \right|^2 S\left(\frac{\vec{r}}{\hbar} = \frac{m\vec{k}}{\hbar}\right),$$

(19)
where \( \hat{w} \) is the Fourier transformation of the Wannier function \( w(\mathbf{r}) \) and

\[
S(\mathbf{k}) = \sum_{i,j} \exp(i \mathbf{k} \cdot (\mathbf{r}_i - \mathbf{r}_j)) \langle b_i^\dagger b_j \rangle
\]

is the quasimomentum distribution when we restrict ourselves to the lowest Bloch band. As \( S \) is the Fourier transformation of the correlation function \( \langle b_i^\dagger b_j \rangle \), sharp interference fringes are only possible when the correlation function varies slowly across the lattice. As outlined in [113], this is the case of long-range phase coherence. \( \langle b_i^\dagger b_j \rangle \) extends only over a few lattice sites in the case of short-range coherence, resulting in a reduction of contrast and visibility. Note that based on the definition of equation (18) the Wannier envelope \( |\hat{w}|^2 \) cancels out and the visibility \( V \) is directly related to the Fourier transform of the correlation function.

Figure 15(a) shows the visibility of a bosonic cloud of \( 10^5 \) atoms loaded into an optical lattice as a function of lattice depth. Data have been obtained starting from a pure condensate in the magic trap with trapping frequencies of \( \omega = 2\pi \times 50 \text{ Hz} \) in the axial and radial directions. The optical lattice intensity is ramped up with a linear ramp of \( 0.5E_{\text{Rb}}/\text{ms} \) to various final lattice depths. \( n_{\text{max}} \) and \( n_{\text{min}} \) as defined in figure 14 are extracted from the time-of-flight images using a circle with a radius of 4 pixels around the centre of the first-order interference peaks and the displaced intermediate region, respectively. In the same figure, we have plotted the visibility of the bosonic cloud in a mixed system with 10% impurity fraction.

Let us first study the visibility of the pure bosonic cloud. Starting from a lattice depth of \( 10E_{\text{Rb}} \), we observe a continuous decrease in the visibility of the bosonic interference pattern which becomes particularly steep above \( 15E_{\text{Rb}} \). Note that in our system the quantum critical points for the onset of the superfluid to Mott-insulator transition in a pure bosonic system are lattice depths of \( 13.5E_{\text{Rb}} \), \( 15.5E_{\text{Rb}} \), \( 16.9E_{\text{Rb}} \), \( 18.0E_{\text{Rb}} \) and \( 18.8E_{\text{Rb}} \) for \( n = 1, \ldots, 5 \), respectively. The observed loss of interference contrast is ascribed to the increasing fraction of atoms which enter the Mott-insulating phase. The quasi-continuous decrease in visibility, instead of a sharp one just above one lattice depth corresponding to the quantum critical point of the transition, can be explained by the inhomogeneity of the system where atoms in different shells enter the Mott-insulating state with \( n \) atoms per site at different lattice depths.

**Phenomenological fit function.** For the analysis of the visibility data, we use a phenomenological fit function defined by

\[
V(s) = \frac{V_0}{1 + \exp(\alpha \cdot (s - s_0))},
\]

where \( V_0 \) is the initial visibility in the limit \( s \to 0 \), \( s_0 \) is a measure for the ‘critical’ lattice depth and \( \alpha \) is an additional fit parameter accounting for the steepness of the loss of contrast.\(^5\) As can be seen in figure 15(a), the phenomenological function describes the experimental data quite well. In particular, the fit function accounts for the limiting cases of the superfluid state with a theoretical visibility of \( V = 1 \) and the pure Mott-state with a visibility of \( V = 0 \).

**Comparison of pure bosonic to mixed systems.** Based on the phenomenological fit function of equation (21), we can now compare the decrease in visibility for a pure bosonic cloud to the decrease in the case of a mixed system. The corresponding data are plotted in figure 15(a). Each data point corresponds to five to ten averaged measurements. The error bars denote the standard deviation of five to ten measurements. To both the visibility data of the bosonic and the visibility data of the mixed system with 10% impurity fraction, we have fitted the phenomenological fit function of equation (21). The obtained fit parameters are summarized in table 1. Whereas \( V_0 \) and the fit parameter \( \alpha \) are equal in the two cases within the fit uncertainty, we obtain a significantly lower ‘critical’ lattice depth in the case of the mixed system than in the pure bosonic case. We observe a shift in the characteristic parameter \( s_0 \) of

\(^5\) For typical fit results with \( \alpha \approx 0.4 \) and \( s_0 \approx 15 \), we obtain \( \exp(-\alpha s_0) \approx 0.002 \) and therefore \( V(s \to 0) \approx V_0 \).
Table 1. Comparison of the parameters of the phenomenological function for a fit to two data sets, one for a pure bosonic system and one for a system with 10% impurity fraction. The errors correspond to the fit errors only. Note that, e.g., the lattice depth calibration is estimated to be accurate within 5%, resulting in an error bar on $s_0$ of $\pm 1 E_{r}^{\text{Rb}}$.

| System                | $s_0/E_{r}^{\text{Rb}}$ | $\alpha$     | $V_0$     |
|-----------------------|--------------------------|--------------|-----------|
| Pure Bose cloud       | 16.8 ± 0.2               | 0.45 ± 0.03  | 0.8 ± 0.02|
| 10% impurities        | 13.7 ± 0.3               | 0.5 ± 0.05   | 0.8 ± 0.02|

$\Delta s = s_0^{\text{pure}} - s_0^{\text{mixed}} \approx -3 E_{r}^{\text{Rb}}$ towards lower lattice depth when comparing the mixed to the pure system. We have checked that we do not observe a significant variation in $s_0^{\text{mixed}}$ for the mixed system when fixing $\alpha$ and $V_0$ to the values of the pure bosonic system.

To estimate the reliability of the analysis based on the phenomenological fit function, we have analysed the visibility data a second time, this time based on an analytically known dependence of the visibility in the limit of deep optical lattices. Based on perturbation theory in the limit of very weak tunnelling, the ground state of the system can be approximated by

$$|\Psi \rangle \approx |\Psi \rangle_{\text{MI}} + \frac{J}{U} \sum_{i,j>} b_i^\dagger b_j |\Psi \rangle_{\text{MI}},$$

where $|\Psi \rangle_{\text{MI}}$ is the Mott-insulating state. The analytical expression for the ‘column' integrated visibility is then given by [114]

$$V \propto \frac{zJ}{U},$$

where $z$ is the number of nearest neighbours ($z = 6$ in the case of a simple cubic 3D lattice). The above approximation is valid in the limit of deep optical lattices where tunnelling is strongly suppressed.

To compare our analysis of the visibility data based on the phenomenological fit function to an analysis based on the known dependence of the visibility in the limit of deep optical lattices, we have analysed the visibility both for the pure bosonic cloud and the mixture in the limit of deep optical lattices.

Figure 16 shows the visibility data discussed above, this time plotted as a function of $(U/zJ)$ which is directly related to the lattice depth in the tight-binding limit via

$$\frac{U}{zJ} = \frac{k_{\text{dB}}}{\sqrt{2z}} \exp(2\sqrt{s}).$$

To extract a shift from the data, we have fitted a function $C(U/zJ)^\nu$ in the limit of deep optical lattices ($U/zJ > 10$) and a constant in the limit of shallow optical lattices. From these fits, we can again extract critical lattice depths for both the pure bosonic cloud and the mixture. Here, the critical depth is defined as the intersection point between the two fits. We observe a critical $(U/zJ)_c \approx 9.9$ in the case of the pure bosonic cloud which corresponds to a lattice depth of $15.6 E_{r}^{\text{Rb}}$ and a critical depth of $(U/zJ)_c \approx 3.3$ corresponding to $V_0 \approx 11.6 E_{r}^{\text{Rb}}$ in the case of the mixture. The exponent $\nu$ is comparable to each other in both cases. We observe $\nu = -1.3(1)$ for the pure bosonic cloud and $\nu = -1.2(2)$ in the case of the mixture. From the analysis, we extract a shift of $\approx -4 E_{r}^{\text{Rb}}$ which is comparable to the shift extracted from the phenomenological fit function. However, the extracted shift depends critically on the chosen fit interval for the deep lattice limit and varies easily by $\pm 1 E_{r}^{\text{Rb}}$, whereas the analysis based on the phenomenological fit function is independent of the fit interval.

**Width of the central interference fringe.** The phase coherence properties of the bosonic cloud loaded into the optical lattice can also be characterized by the width of the central interference fringe $w$ which is directly related to the correlation length $\xi$ of the system via $\xi \propto w^{-1}$. The analysis is again motivated by fundamental properties of the superfluid to Mott-insulator transition of a pure bosonic system. Whereas, in the superfluid phase, the correlation length diverges, $\xi$ becomes finite in the Mott-insulating state and is on the order of the inverse energy gap of the system $\xi \propto U^{-1}$ [115].

Figure 15(b) shows the half-width of the central interference fringe as a function of lattice depth for the pure bosonic and the mixed system for the same set of data as in the visibility analysis. In both cases, the width stays constant for some time or even slightly decreases for shallow optical lattices. Above a certain lattice depth, the width increases rapidly. The characteristic lattice depth for the sudden increase is extracted from the data by fitting two linear fits to the descending and ascending branches of the data. The characteristic lattice depth is then defined by the intersection point of the two linear curves.

Table 2 summarizes the characteristic lattice depths for the two cases. The error bars are again based on the fit.
The shift increases with impurity concentration and of the bosonic coherence properties towards shallower optical increasing impurity concentration leads to a considerable shift maximum error of the same size; this error is larger than the uncertainties. Whereas the critical lattice depth of the pure bosonic cloud is given by $16.5(1.6) E_r^{Rb}$, the mixed system, we observe a critical depth of $12.5(1.5) E_r^{Rb}$. The critical depth is thus shifted by $-4.0(2.0) E_r^{Rb}$ towards shallower optical lattices. The result is comparable to the respective results extracted from the visibility data.

5.3. Particle number dependence

Based on the techniques of section 5.2, we have studied the change of coherence properties in the bosonic cloud as a function of particle number of the fermionic impurities. To this end, we have prepared mixtures of $\approx 10^5$ bosons with a variable fraction of admixed fermionic atoms in the optical lattice. In the experiments, we have prepared mixtures with 3%, 7%, 10% and 20% fermionic atoms corresponding to $3 \times 10^3$, $7 \times 10^3$, $1 \times 10^4$ and $2 \times 10^4$ fermions, respectively, in the combined magnetic and optical potential with trapping frequencies of $\tilde{\omega} = 2\pi \times (50, 150, 150)$ Hz (for the experiments reported in [3]) or in the ‘magic trap’ with trapping frequencies of $\omega = 2\pi \times 50$ Hz. When choosing the above fractions of fermionic impurities, we have taken care to realize mixtures where the extension of the fermionic atoms is mostly still within the extension of the bosonic cloud in the optical lattice (details in [39]).

Figure 17 summarizes our findings on the particle number dependence. We have analysed samples with $10^3$ bosons with varying impurity concentration between 3% and 20%. In the case of the visibility data, the error bars in the diagram correspond to the ‘sample’ rate of the underlying data. A sample rate of $1–1.25E_r^{Rb}$ has been translated into an assumed maximum error of the same size; this error is larger than the error based on the fit errors. In the case of the width data, we have calculated the error bars based on the underlying fit errors of the involved parameters. As can be seen from figure 17, an increasing impurity concentration leads to a considerable shift of the bosonic coherence properties towards shallower optical lattices. The shift increases with impurity concentration and reaches $-5E_r^{Rb}$ for an impurity concentration of 20%. Note that the different data points correspond to ensembles that have been prepared on different days and with two different trap geometries. Whereas most of the measurements have been done with an external harmonic confinement given by a combined magnetic and optical potential with an aspect ratio of 1 : 3, some of the data points have been recorded with an almost spherically symmetric confinement of $\omega = 2\pi \times 50$ Hz of the ‘magic trap’ discussed in our experiments on tuning of interactions. In all these cases, we observe qualitatively and quantitatively the same characteristic behaviour.

5.4. Studies on systematic effects

To exclude trivial irreversible heating effects as a source of the observed systematic shift in the coherence properties of the bosonic cloud, we have studied the reversibility of the observed coherence loss. To this end, we have ramped up the optical lattice to final lattice depths between $15E_r^{Rb}$ and $20E_r^{Rb}$, where the coherence of the bosonic cloud is either completely lost or at least significantly distorted, and have subsequently ramped down the lattice with the same ramp speed to varying lattice depths between $5E_r^{Rb}$ and $7.5E_r^{Rb}$. Apart from some signs of non-adiabaticity visible in a slight asymmetry of the obtained visibility data with respect to the reversal point at deep optical lattices, we have been able to restore the initial visibility of the bosonic cloud almost completely. The maximum observed irreversible loss of visibility is on the order of 10% for both the Fermi–Bose and the pure bosonic case. In case that the overall ramp sequence has not been fully reversible, allowing for an additional equilibration time of 5–10 ms after ramp-down has resulted in a near-complete recovery of visibility.

Note that the recovery of the visibility is not necessarily an indicator of adiabaticity, whereas an incomplete recovery would be a sure indicator. Also, there could be technical noises which have a more drastic effect on the mixture than on the pure bosonic system.

5.5. Discussion

There is currently an intense discussion on the nature of the observed shift of the coherence properties of the bosonic cloud due to a small admixture of fermionic atoms. Possible scenarios include a shift of the superfluid to Mott-insulator transition of the bosonic cloud due to interactions with the fermionic impurities, thermodynamic effects such as adiabatic heating and effects of disorder-induced localization scenarios. In the following section, we will briefly review the current status of the discussion and provide the interested reader with some simple estimates.

5.5.1. Shift of the superfluid to Mott-insulator transition

One of the possible scenarios is a shift of the superfluid to Mott-insulator transition of the bosonic cloud due to the admixture of attractively interacting fermions. However, there is even a controversy about the sign of the expected shift depending on the underlying theoretical model: the Fermi–Bose–Hubbard approximation or an effective potential approach.
Fermi–Bose–Hubbard approximation. The change of the quantum critical point of the bosonic superfluid to Mott-insulator transition in a homogeneous system due to the presence of fermionic atoms has been discussed in a recent work by Pollet and coworkers [119]. Based on the Fermi–Bose–Hubbard Hamiltonian [100], Pollet et al. have discussed in zero- and first-order perturbation theory the change in the quantum critical point for the superfluid to Mott-insulator transition point \((U/\xi J)\), due to interactions with the fermionic cloud. Here, we summarize the main results: let us consider the Bose–Fermi–Hubbard Hamiltonian of a homogeneous system

\[
H_{BF} = -J_B \sum_{\langle i,j \rangle} b_i^\dagger b_j + \frac{1}{2} U_{BB} \sum_i n_i^B (n_i^B - 1) \quad \text{(25)}
\]

\[
- J_F \sum_{\langle i,j \rangle} f_i^\dagger f_j + U_{BF} \sum_i n_i^B n_i^F \quad \text{(26)}
\]

(for notation see [100]). Under the influence of the fermions as a perturbation of the pure bosonic Hubbard Hamiltonian, the lowest-order effect that the fermions have on the bosons can be derived when replacing the fermionic particle number operators \(n_i^F\) by their expectation values. In this case, the perturbation to the pure bosonic Hubbard Hamiltonian is: \(U_{FB} \sum_i n_i^B \langle n_i^F \rangle\). To the lowest order perturbation theory, the fermionic expectation values \(\langle n_i^F \rangle\) are calculated by solving the pure fermionic Hubbard Hamiltonian (neglecting the effects of the bosons on the fermionic cloud). In the homogeneous system considered here, \(\langle n_i^F \rangle\) is independent of the lattice site \(\langle n_i^F \rangle = \langle m_j \rangle = \langle m \rangle\). To the lowest order perturbation theory, the fermions thus induce an overall shift of the system’s energy and do not change the phase diagram of the bosonic cloud at all.

The next-order effect can be derived when adopting the results of linear response theory (see [119]). In this case, one assumes the unknown bosonic density \(n_B(\vec{q})\) to induce a fermionic density \(\langle n_F(\vec{q}) \rangle = U_{FB} \Xi(\vec{T}, \vec{q}) n_B(\vec{q})\), where \(\Xi(\vec{T}, \vec{q})\) is the Lindhard response function known from the theory of screening when calculating electronic charge distributions in condensed matter physics [119–121]. The induced fermionic density distribution results in a back-action on the bosons and thus in an effective interaction for the pure bosonic cloud given by \(U_{BF}^{\text{eff}} = U_{BF} + U_{BF}^2 \Xi(\vec{T}, \vec{q})\). As the Lindhard function is always negative, the interaction matrix element between two initially repulsively interacting bosons is effectively reduced by an amount \(U_{BF} \Xi(\vec{T}, \vec{q})\) independent of the sign of \(U_{FB}\). This induced attractive interaction is in analogy to phonon-induced attraction between electrons in conventional superconductors and is at the heart of recent proposals on boson-induced Cooper pairing of fermions in optical lattices [29]. Based on these considerations, the superfluid to Mott-insulator transition is shifted towards deeper optical lattices independent of the sign of the Bose–Fermi interaction \(U_{FB}\).

The situation becomes more complicated when considering an inhomogeneous situation where the atoms experience both an optical lattice and an external harmonic trapping potential. In the case of attractive interactions, the equilibrium densities of both components will be enhanced in the centre of the confining potential. However, enhanced density results in an increased mean bosonic occupation number on a single lattice site, thereby shifting the transition from a superfluid to a Mott-insulating state towards deeper optical lattices.

Mean-field approach—induced effective potential. Let us now come back to the scenario of a homogeneous optical lattice without additional overlapped harmonic potential. It has been suggested by M Cramer [122] to consider the fermionic density distribution in the lattice as an additional mean-field potential \(U_{BF}^{FM}(\vec{r})\) which enters into the bosonic many-particle Hamiltonian via the confining external potential \(V_{\text{effective}}(\vec{r}) = V_{\text{periodic}}(\vec{r}) + U_{BF}^{FM}(\vec{r})\). To the lowest order perturbation theory, the additional fermionic mean-field potential is determined by the unperturbed fermionic density distribution given by \(n_F(\vec{r} - \vec{r}_i) = \langle m \rangle \sum_j |\Psi_m^F(\vec{r})|^2\), resulting in

\[
U_{BF}^{FM} = n_F(\vec{r}) U_{BF} = \langle m \rangle |U_{BF} - \vec{r}_i|^2, \quad (27)
\]

where \(w_F\) is the fermionic Wannier function for the case of a pure sinusoidal external lattice potential of depth \(V_{\text{Lattice}}\). Taking into account this additional potential, the bosonic many-particle Hamiltonian reads

\[
H_B = \int d^3r \Psi_B^\dagger(\vec{r}) \left( \frac{p^2}{2m} + V_{\text{periodic}}(\vec{r}) + n_F(\vec{r}) U_{BF} \right) \Psi_B(\vec{r}) + \frac{1}{2} U_{BB} \int d^3r \Psi_B^\dagger(\vec{r}) \Pi_B^F(\vec{r}) \Psi_B(\vec{r}). \quad (28)
\]

The fermions thus alter the properties of the pure external periodic potential and change both the depth and geometry of a single lattice well. From the effective many-body Hamiltonian of equation \((28)\), we can derive an effective Bose–Hubbard Hamiltonian. The presence of the fermionic mean-field potential then changes both onsite interaction and tunnelling matrix elements of the bosonic atoms.

In a recent numerical simulation, Lührmann and coworkers [123] have shown that the attractive interaction between \(^{40}\text{K}\) and \(^{87}\text{Rb}\) of \(-215\text{a}0\) will lead to a mutual trapping of particles. In particular, the bosonic effective potential will be strongly deformed and enhanced by the presence of the fermions and will thus result in an effective shift of the superfluid to Mott-phase transition for the bosonic cloud. The authors derive a shift of the transition between \(2.2E_r\) to \(5.2E_r\) towards shallower lattices, depending on the filling factor of the bosons in the optical lattice and also observe a strong dependence on the interaction properties between bosons and fermions characterized by \(a_{BF}\). Note that the main discussion in this paper assumes a homogeneous optical lattice. The case of an inhomogeneous optical lattice, i.e. an optical lattice with additional harmonic confinement in three dimensions (as realized in the experiment) is not covered.

5.5.2. Adiabatic heating or cooling. When adiabatically loading either bosonic or fermionic quantum gases into an optical lattice, the density of states for the components changes markedly, thereby, e.g., changing the characteristic temperatures for degeneracy in bosonic and fermionic
quantum gases, $T_c$ and $T_F$. Adiabatic loading of atoms occurs at constant entropy $S$, not at constant temperature, and the absolute temperature may change. The change in degeneracy characterized by $T/T_c$ and $T/T_F$ depends on the starting conditions such as temperature and atom number as well as the trap geometry and the interactions present in the system. Note that the temperature change is reversible as it occurs at constant entropy and is a purely thermodynamic effect. However, increasing $T/T_c$ with increasing lattice depth may lead to a decreasing condensate fraction which might result in a loss of coherence of the bosonic cloud.

Adiabatic temperature change at constant entropy due to adiabatic loading of atoms into an optical lattice has been discussed in the literature for a homogeneous non-interacting Fermi gas [124] and for homogeneous and inhomogeneous interacting and non-interacting bosonic clouds [125, 126].

Recently, we have [127] analyzed thermodynamic properties of the adiabatic loading of an attractively interacting harmonically trapped Fermi–Bose system into an optical lattice. The analysis in the limit of vanishing optical lattice and deep optical lattice reveals that a significant adiabatic heating of the mixture is expected during the adiabatic loading process. While regions of adiabatic heating and cooling can be identified in M Cramer’s numerical simulations [127] depending on the starting conditions of the loading process, the presence of fermions leads either to a more distinct heating of the mixture or a less distinct cooling. In any case, the Fermi–Bose mixture will have a significantly higher temperature at the end of the loading process than the pure bosonic system. Although this temperature increase is a thermodynamic effect due to the adiabaticity of the loading process and can thus be reversed, it will definitely result in a decrease of the condensate fraction of the bosonic cloud in the optical lattice and thereby affect the phase coherence properties of the bosonic cloud in the lattice as characterized in the visibility and the width of the bosonic interference pattern.

5.5.3. Disorder-enhanced localization scenarios Let us finally review intuitively possible disorder-related localization scenarios which might be observable in Fermi–Bose mixtures and would possibly also lead to reduced coherence in the bosonic cloud. For illustration purposes, let us start with a pure bosonic superfluid (figure 18(a)). Adding fermionic impurities and considering the attractive $^{40}\text{K}–^{87}\text{Rb}$ Fermi–Bose interaction energy as an additional potential for the bosons, the ‘defects’ caused by the fermionic impurities can be described by a local change of the effective optical lattice depth for the bosons due to the interparticle interaction (figure 18(b)). If the energy level shift caused by the interaction energy is large enough, the superfluid bosonic wavefunction will not extend into this defect region, but will be scattered by the impurity. If scattering becomes frequent, interference effects along a closed scattering path are predicted to suppress transport and lead to a localization scenario similar to Anderson localization (figure 18(c)). A further increase in the impurity density will lead to the formation of ‘forbidden walls’. Once the walls in this quantum percolation scenario lead to a sufficiently complicated labyrinth-like structure for the bosonic wavefunction, a single coherent superfluid phase can no longer be sustained and several separated domains will be formed (figure 18(d)).

Definitely, further experiments are required to shine more light on the observed phenomena. A possible shift of the Mott-insulating transition can be probed by a spectroscopic investigation of the excitation spectrum of the mixture similar to probing of the excitation gap of the pure bosonic Mott insulator in [20, 128]. Lattice site occupation can be probed by rf spectroscopic techniques [129]. The correlation properties of the fermionic and bosonic components can be revealed by noise correlation techniques [130–132]. With the availability of heteronuclear Feshbach resonances, it is straightforward to extend our studies to almost arbitrary interaction strength between the fermionic and bosonic constituents, and scattering-length-dependent measurements have recently been performed by Best et al [133]. Also, the coherence properties of Bose–Bose mixtures with repulsive (interspecies-) interactions have been investigated by Catani et al [134]. In this case, the discussion is complicated by the limited overlap of the clouds due to repulsive interactions; in fact, a significant shift of coherence reduction to lower lattice depths is observed even for close to vanishing overlap between the clouds. In any case, further studies will have to concentrate on the isolation and identification of underlying phases and associated phase transitions in this rich system.

6. Ultracold heteronuclear molecules in a 3D optical lattice

Being able to perform experiments with ultracold dense polar molecular gases is one of the outstanding challenges in atomic,
molecular and optical physics [135]. The increasing interest in this problem is motivated by a wide range of research directions which would directly benefit from the availability of such molecular samples.

6.1. The quest for ultracold polar molecules

A diatomic polar molecule is characterized by the presence of a permanent internal dipole moment occurring as a result of the electronic charge distribution not having the same ‘centre of mass’ as the nuclear charge distribution. The dipole moment associated with this electronic charge distribution gives rise to a long-range dipolar interaction between molecules. This interaction is novel in two senses: it is long range, and the interaction depends on the relative alignment of the constituents. In a sample of aligned dipoles, it is energetically more favourable for two dipoles to sit in front of each other than side by side. To date, all quantum gas experiments have studied effects of interactions which are short-range and isotropic, with the notable exception of experiments performed with ultracold Cr [136] which has a noticeable magnetic dipole moment. Studies of dipole–dipole interacting quantum gases are expected to reveal novel fascinating physics. For example, in the presence of dipolar interactions, the elementary excitations and the stability of the gas in various dimensions are expected to strongly depend on the dimensionality, the external confinement and the ratio of the long-range to short-range interactions [137–142]. To name only a few of the predicted effects, quantum hall states of dipolar gases have been considered, both for fermionic and bosonic particles [143, 144], phases of gases with dipolar interactions in optical lattices [140] and novel solitonic behaviour [145].

It has been suggested by DeMille in 2001 [34] to use polar molecules for quantum computation. The idea is to encode quantum information in the orientation of the molecular dipole moment relative to an external field. Using the dipole alignment of a single molecule, a single qubit can be realized. A qubit register, i.e. multiple qubits can be realized by loading dipolar molecules into a 1D optical lattice. In order to make this quantum information storage register a quantum computer, some degree of coupling needs to be introduced between the qubits. This is where the long-range dipolar interaction becomes important: it couples molecules at different lattice sites and is used as the quantum bus. Following the initialization of the quantum register and the proper register operation, the readout of individual qubit states can be achieved by adding an electric field gradient along the direction of the optical lattice to separately address lattice sites through the Stark effect. Whereas trapped atomic ions are currently the most advanced system from an experimental point of view, the suggested quantum computation scheme is being evaluated as a promising candidate for future quantum computers and simulators.

Paramagnetic polar molecules are currently being considered for precision experiments testing upper limits on the permanent electric dipole moment of the electron (EDM). While the standard model sets an upper limit on such an EDM which is vanishingly small (less than $10^{-40}$ ecm), supersymmetric theories predict values of the EDM which are getting within reach of current experimental efforts. Improving the upper limit of the EDM would thus eventually enable certain new theories to be ruled out, while finding a non-zero EDM would be an exciting signature of T-violating physics beyond the standard model. It has initially been pointed out by Sandars [146] that the electronic EDM signature (a linear Stark effect) could be enhanced in heavy paramagnetic atoms, which is expressed by the so-called ‘enhancement factor’. Several experiments are under way testing limits on the EDM using, e.g. atomic fountains, atoms confined in solid helium matrices and beam experiments. In almost all atomic experiments, the achievable sensitivity is affected by the electric fields that can be applied without initiating a discharge. In paramagnetic heavy polar molecules, an enormous degree of polarization can be achieved due to the internal electric field with only moderate external fields. Experiments on polar molecules and the EDM are currently under way using, e.g. PbO, TlF and also molecular ions. Measurements of the EDM with polar molecules would greatly benefit from the availability of ultracold samples with long interrogation times, and the counting rate would be substantially increased by having all molecules in a well-defined quantum state.

Actively pursued routes to molecular degeneracy fall into two different categories, depending on whether the starting point is a deeply bound molecular sample (direct, or ‘molecular’ approach) or whether molecules are assembled from precooled and possibly degenerate atoms (atomic or ‘indirect’ approach).

The key obstacle in obtaining ultracold or even degenerate molecular samples compared to atomic Bose–Einstein condensates or degenerate Fermi gases is the lack of laser cooling techniques for molecular gases. The main issue is the wealth of molecular energy levels, enhanced by rotational and vibrational degrees of freedom and the corresponding lack of clear cycling transitions for laser cooling of molecules. Currently followed routes to molecular degeneracy starting with deeply bound molecules (direct approach) therefore either rely on cryogenic techniques bringing the sample into contact with a thermal reservoir or on interaction with external electric fields slowing down the external degrees of freedom or filtering out low velocity classes. All of these can be followed by subsequent evaporative cooling of a trapped sample, but the temperature gap into the ultracold and even degenerate regime has yet to be bridged. Among the techniques being actively pursued are buffer gas cooling [147], Stark deceleration [148] and velocity filtering [149].

The technical difficulties associated with slowing down the external degrees of freedom of molecules have made another route to molecular degeneracy attractive. This approach is based on ultracold atomic samples which are routinely produced in laboratories today. The goal is to assemble ultracold molecules in both their external and internal (rovibrational) ground state from ultracold atoms by means of a coherent photoassociation step [150, 151].

The bottleneck in these photoassociation schemes will be the small Franck–Condon overlap between free atoms and
the existence of two-body bound states [151, 152]. At this point, heteronuclear Feshbach molecule formation as demonstrated for the first time in this work [4] is a key step in obtaining a suitable initial state for coherent Raman photoassociation schemes. The Feshbach association provides us with a well-defined initial molecular state with a known molecular distance and a much better Franck–Condon overlap with deeply bound molecular states.

Recent years have seen a lot of progress in molecule formation based on Feshbach resonances. Molecule creation at Feshbach resonances is based on the fact that the occurrence of the resonance itself is due to the coupling between a bound molecular state energetically close to the incoming energy of two free atoms.

When the energy of the bound molecular state is above the free-atom threshold, the coupling between the two close to degenerate states gives rise to strong attractive interactions between atoms. In free space, no two-body bound state exists near the threshold (see figure 8 right).

When the energy of the bound molecular state is below the open channel, the interaction between atoms is large and repulsive, and pairs of atoms can occupy the two-body bound state and form a weakly bound molecule with typical binding energies between a few 10 kHz and a few MHz. Starting from an atomic sample, such molecules can, e.g., be created by sweeping a magnetic field from attractive interactions through the resonance centre position over to repulsive interactions (see figure 8 (left)).

In a groundbreaking experiment performed at JILA [84], this magnetic field sweep technique was first used to create a coherent atom–molecule superposition. In this and following experiments with bosonic atoms and Feshbach resonances, it was observed that the resulting molecular lifetime was rather low and on the order of about 1 ms, limited by collisional losses. A big step forward in Feshbach chemistry was achieved when it was realized that bosonic molecules created from two fermionic atoms using the magnetic field sweep technique would be collisionally stable due to the Pauli exclusion principle [153]. The experimental demonstration of long-lived bosonic molecules created from fermionic atoms was soon to follow [88–90, 92, 154].

Parallel to this development, it was realized that the lifetime limitation of molecules created from bosonic atoms [84–87, 155] can be overcome in three-dimensional lattices by creating molecules from atom pairs in isolated wells of the lattice and thus inhibiting inelastic collisions [25, 156]. Creation of molecules in optical lattices highlighted the role of the external trapping potential in molecule formation. A model system of two particles in a harmonic trap was already considered in 1997 [157], and in 2005 experiments with optical lattices demonstrated that the existence of the external trapping potential shifts the free-atom threshold, resulting in the existence of two-body bound states on the attractive side of the Feshbach resonance where no stable molecules exist in free space [158], also seen later in the behaviour of repulsively interacting pairs [159].

Today, many people consider molecule creation through magnetic field sweeps as the way to create molecules at Feshbach resonances. In recent years, however, a number of techniques have been used to create Feshbach molecules. For example, it seems to be a unique property of 6Li that molecule formation can be achieved by an evaporative cooling of thermal lithium atoms on the repulsive side of the Feshbach resonance without any magnetic field sweeps [91]. Another technique which has been demonstrated is magnetic field modulation at a Feshbach resonance [160]. When the modulation frequency corresponds to the binding energy of the bound molecular state at the time-average value of the magnetic field, free atoms can be converted into molecules on the repulsive side of a Feshbach resonance. Another possibility of creating molecules is rf association of atoms into molecules as developed within this work.

6.2. Ultracold heteronuclear Feshbach molecules

While heteronuclear Feshbach resonances had already been predicted in 2003 [161] (for 40K–87Rb) and experimentally identified through collisional losses in the middle of 2004 [94, 93], all of the fascinating physics which has become accessible through Feshbach resonances has been limited to homonuclear systems. As a crucial step towards the exploration of dipole–dipole interacting molecular systems, novel quantum computation schemes and fundamental measurements, this work [4] presents the first experimental demonstration of ultracold long-lived heteronuclear molecules. Molecules are created within the single well of an optical lattice at a heteronuclear Feshbach resonance by means of a novel technique developed for this purpose and based on rf spectroscopy [162]. Lifetime and molecule-creation efficiency have been measured and are consistent with a physical picture of lattice occupation. Both molecules stable in the absence of any external potential, attractively interacting atom pairs and repulsively interacting pairs with a positive ‘binding energy’ have been identified. A detailed understanding of this model system has been developed based on a pseudopotential approach for the atomic interaction in cooperation with Deuretzbacher et al [5]. The model consistently treats both the anharmonicity of the lattice potential and the general case of particles with unequal trapping frequencies; an excellent agreement with numerical simulations has been obtained.

As discussed above, various techniques have been employed for molecule production at Feshbach resonances in the literature. Within this work, rf association in an optical lattice as a novel technique for molecule production has been used. The idea of this association scheme is to start with a non-Feshbach-resonant mixture in one spin state. In another spin state, a Feshbach resonance occurs at the same magnetic field, and the difference between this state’s energy and the non-interacting limit in the same spin state is precisely the binding energy. By shining in an rf photon which provides the undisturbed energy corresponding to the spin flip plus the additional interaction or binding energy, we can populate the
and hyperfine splitting, relatively low fields are required to drive the closest known heteronuclear Feshbach resonances in this state are located at 522 G and 584 G [61] and have theoretical widths of below 1 G. The Feshbach resonance that was used for molecule production in this work occurs between 87Rb atoms in the |F, mF⟩ = |9/2, +9/2⟩ state and the |F, mF⟩ = |9/2, −9/2⟩) state is to drive a transition between the 40K |9/2, −7/2⟩ state and the Feshbach-resonant |9/2, −9/2⟩ state. The former features a scattering length which is independent of B over the magnetic field range studied in the experiment and small (given approximately by the background scattering length); the energy of the interaction energy (binding energy) of the Feshbach-resonant state |9/2, −7/2⟩ is thus given as the difference of the observed |9/2, −7/2⟩ → |9/2, −9/2⟩ transition frequency from the undisturbed transition frequency which can be calculated from the Breit–Rabi formula or extracted from a measurement where no bosons causing the collisional shift are present (see the inset in figure 20). Note that this measurement of the collisional shift is up to the small constant offset caused by the non-resonant |9/2, −7/2⟩ ⊗ |1, 1⟩ interactions.

6 The closest known heteronuclear Feshbach resonances in this state are located at 522 G and 584 G [61] and have theoretical widths of below 1 G.
The optical dipole trap is prepared in the non-Feshbach-resonant \((9/2, -7/2) \otimes (1, 1)\) state using the exact same procedure as in our experiments on tuning of interactions. The magnetic field is set to a value close to the Feshbach resonance occurring at 547 G. In total, we allow 150 ms for the field to stabilize close to its final value. During the last 100 ms, the 3D optical lattice intensity is increased from zero to its final value using a linear ramp. At magnetic field values of 547 G, the \(^{40}\text{K} (9/2, -7/2) \rightarrow (9/2, -9/2)\) transition occurs at about 80 MHz. In order to probe the energy spectrum for a given magnetic field, an rf pulse with a Gaussian amplitude envelope \((1/e^2)\) full linewidth of 400 \(\mu\)s and a total duration of 800 \(\mu\)s is irradiated using the standard evaporation antenna\(^7\). For a description of the versatile rf/microwave manipulation system used to generate these pulses, see appendix A and \([40, 111]\).

About 1 ms after the end of the pulse, the lattice intensity is ramped down using a linear ramp within 1 ms in order to reduce the kinetic energy, and the dipole trap is then suddenly switched off, marking the beginning of the time-of-flight. During time-of-flight, we detect both remaining \(^{40}\text{K} (9/2, -7/2)\) atoms and \(^{87}\text{Rb} (1, 1)\) atoms as well as weakly bound molecules and \(^{40}\text{K}\) atoms in the \((9/2, -9/2)\) channel.

At a fixed magnetic field, the rf pulse frequency is varied in the vicinity of the undisturbed \(^{40}\text{K} (9/2, -7/2) \rightarrow (9/2, -9/2)\) rf transition to obtain rf spectra as in figure 20 for \(B = 547.13\) G. The spectrum shows the number of \(^{40}\text{K}\) atoms in the \((9/2, -9/2)\) state and weakly bound Feshbach molecules as a function of rf detuning from the pure \(^{40}\text{K} (9/2, -7/2) \rightarrow (9/2, -9/2)\) transition at the set value of the magnetic field. The large peak at zero detuning occurs whenever bosons are present in the optical lattice or not. It stems from lattice sites where only one fermion and no boson is present and is used as a precise magnetic field calibration in connection with the Breit–Rabi formula\(^8\).

The second peak occurring about 14 kHz above the undisturbed (atomic) peak is due to the existence of a Feshbach-resonant shift at lattice sites where one boson and one fermion are present. The strong interaction between the two atoms at the Feshbach resonance introduces a strong differential energy shift between the \((9/2, -7/2)\) and \((9/2, -9/2)\) levels. In this case, additional energy is required to drive the rf transition. This implies that in the presence of \(^{87}\text{Rb}\), the energy of the target state \((9/2, -9/2)\) is lower than in the reference level, which shows that the target state has a negative binding energy and that heteronuclear molecules have been formed through rf association. Forming heteronuclear molecules through rf association thus measures the binding energy of these molecules at the same time (about 14 kHz in this case). In the particular case of figure 20 recorded at a magnetic field of 547.13 G, the interaction between \(^{40}\text{K}\) and \(^{87}\text{Rb}\) is attractive which, in free space, would not allow molecules to be created because the bound molecular state is above threshold. As we shall see, the negative binding energy

\[E_n = -\frac{n^2}{2}\mu_B B + U_{\text{lat}}\]

\[U_{\text{lat}} = 40.5 E_r^{\text{Rb}}\]

\[U_{\text{lat}} = 27.5 E_r^{\text{Rb}}\]

\[B/G\]

\[a > 0\]

\[a < 0\]

of the molecules in figure 20 is due to the presence of the optical lattice which admits the presence of a two-body bound state even for attractive interactions. The resulting pair close to threshold will decay into free particles when the lattice potential is removed. In order to avoid potential confusion, we will use the term ‘attractively interacting atoms’ for this type of atom pair in the following discussion.

### 6.4. Energy spectrum

In order to extract information about the energy spectrum over the whole magnetic field range of the Feshbach resonance, spectra as in figure 20 have been recorded for a number of magnetic fields around 547 G. For each of the spectra, the molecular binding energy has been extracted by fitting both atomic and molecular peaks and taking the difference in position between the atomic and the molecular peak. The resulting spectrum is shown in figure 21, recorded for two different values of the lattice depth, 40.5 \(E_r^{\text{Rb}}\) and 27.5 \(E_r^{\text{Rb}}\).

The vertical bar in figure 21 represents the centre position \(B_0\) of the Feshbach resonance as determined from \(^{40}\text{K}^{87}\text{Rb}\) interactions in an optical dipole trap (see the discussion on tuning of interactions). In the magnetic field range considered here, the interaction is attractive above \(B_0\) and repulsive below \(B_0\).

The energy spectrum shows two basic branches. The lower branch or molecular branch is characterized by the presence of a negative binding energy, and the upper branch, which is only observed for repulsive interactions, is characterized by a positive ‘binding energy’. In a system of
pure bosons confined in an optical lattice, the behaviour of these repulsively interacting pairs has been studied in recent experiments in Innsbruck [159]. In the molecular branch, one can distinguish between attractive and repulsive interactions. Above $B_0$, we produce attractively interacting atom pairs [158, 24] which exhibit a negative binding energy due to the presence of the lattice potential. The sample rf spectrum in figure 20 has been recorded in this regime. As the resonance centre is crossed, there is a smooth transition into ‘real’ molecules which are stable even in the absence of an external potential. As the scattering length decreases from infinity (at the resonance) towards zero, these molecules become more and more deeply bound. The maximum binding energy observed in the experiment is about $-130$ kHz.

Thus, using rf association, we have created heteronuclear molecules for the first time. The rf association process allows us to precisely determine the binding energy of the molecules while we create them. A key advantage of this scheme is that it provides a lot of information about the system without any potentially cumbersome magnetic field ramps.

Several aspects of this experiment have been crucial in obtaining these results. One is that when the rf is detuned from any resonance, the signal recorded in the target state $|9/2, -9/2 \rangle$ is effectively zero. So the molecule signal which we measure in that channel is a signal on zero, and not a small dip in some fluctuating atom number. This was particularly helpful in the first stages of the experiment, where the molecule fraction was very small due to a small number of lattice sites occupied by one $^{87}$Rb and one $^{40}$K atom.

A second aspect is imaging of the atoms and molecules. While in principle we could have used the Stern–Gerlach technique for state-selective detection in $^{40}$K, this technique limits the time-of-flight to a certain minimum value given by the necessity to apply the field gradient between release from the trap and the actual imaging flash. This minimum time-of-flight can make it difficult to detect small numbers of molecules, in particular when in the optimization phase of the experiment, since after a large time-of-flight, the gas becomes very dilute. More importantly, with Stern–Gerlach imaging, the molecules cannot be imaged directly and need to be dissociated prior to imaging.

Instead, we have chosen high-field imaging in order to state-selectively image both $^{40}$K atoms and molecules. High-field imaging relies on the fact that at the high magnetic field close to the Feshbach resonance where the $^{40}$K atoms are mostly in the Paschen–Back regime (hyperfine structure of the Zeeman effect), it is possible to construct a cycling transition starting from any arbitrary magnetic sublevel of the ground state. In this case, the total shell angular momentum $J$, the nuclear spin $I$ and the corresponding $z$ projection $m_J$ and $m_I$ are good quantum numbers, and we have cycling transitions $(m_J = \pm 1/2; m_I = -I \cdots + I) \rightarrow (m_J = \pm 3/2; m_I = -I \cdots + I)$. For the case of weakly bound Feshbach molecules, one photon of the detection pulse will dissociate the molecule, and then subsequent scattering processes detect atoms in the corresponding spin state. This detection process is spin-dependent because, in general, the various optical cycling transitions for the different spin states differ by several $10$ MHz at least. The particular scheme used in our experiments is described in appendix D.

Crucial to rf spectroscopy and rf association as discussed in this work is the influence of environmental magnetic field noise and magnetic field drifts in combination with the magnetic field sensitivity of the rf transition used in the experiment. At the magnetic fields of interest for this work (547 G), the rf transition in $^{40}$K used here has a small magnetic field sensitivity of $67$ kHz G$^{-1}$. This is mainly a result of $^{40}$K being close to the Paschen–Back regime. The other key to the excellent quality of the rf spectra is the suppression of magnetic field noise and drifts. By eliminating sources of ac magnetic noise, line triggering the experiment and using a custom-built precision regulator, we have achieved a magnetic field reproducibility of $2.7 \text{ mG}$ at 547 G (57 measurements on 11 consecutive days, as seen from the atomic peak in rf spectroscopy), corresponding to a magnetic field reproducibility of $\approx 5 \times 10^{-6}$.

6.5. Properties of heteronuclear Feshbach molecules in 3D optical lattices

After discussing the creation of heteronuclear molecules, let us look at some basic properties of these weakly bound dimers, such as a quantitative understanding of the energy spectrum, and the lifetime and creation efficiency of the molecules. These aspects are particularly relevant in view of possible applications, such as optical transfer into more deeply bound molecular states and ultimately the creation of a polar molecular quantum gas. The quantitative analysis presented here has been the result of a collaboration with F Deuretzbacher, K Plassmeier and D Pfannkuche at Hamburg (1. Institut für Theoretische Physik) and F Werner (ENS, Paris) [5].

The simplest possible model for our system is that of two atoms, one $^{40}$K and one $^{87}$Rb, interacting via $s$-wave scattering where the scattering length as a function of magnetic field is given by equation (16), at an individual lattice site with the shape of the lattice potential approximated by a harmonic oscillator. This basic model has been brought forward by Busch and coworkers [157]. In their article, the authors specifically consider interaction in the form of a regularized $\delta$-potential between the two atoms and analyse the special case of two identical atoms with equal masses and trap frequencies. The corresponding Hamiltonian is shown to have an exact solution.

In our case, there are several important differences from this simple model. The most obvious one is that we deal with a system where the two particles are not identical. The second is that for experimentally relevant lattice depths, the harmonic approximation for the lattice potential is only a very rough approximation—the anharmonicities are significant, as we shall see. Another aspect, which we will not be concerned with here, is deviations from the regularized $\delta$-potential in combination with equation (16). These deviations will be relevant for larger binding energies (see, e.g. [103]), but not for the regime of binding energies considered here.
Our model Hamiltonian thus consists of the kinetic energy of the two atoms, the trapping potential and the interaction potential:

\[
H = -\frac{\hbar^2}{2m_1} \Delta_1 - \frac{\hbar^2}{2m_2} \Delta_2 + \frac{1}{2}m_1 \omega_1^2 r_1^2 + \frac{1}{2}m_2 \omega_2^2 r_2^2 + \frac{2\pi \hbar a}{\mu} \delta(\vec{r} - \vec{R}) \frac{\partial}{\partial r} r + V_{\text{anh}}(\vec{r}_1, \vec{r}_2),
\]

where \(a\) is the s-wave scattering length between the two atoms, \(m_{1,2}\) is the respective mass, \(\mu = m_1 \cdot m_2 / (m_1 + m_2)\) is the reduced mass, \(\vec{r}_{1,2}\) is the respective single-particle coordinate, \(\omega_{1,2}\) is the harmonic trap frequency for atoms 1 and 2 and \(V_{\text{anh}}\) contains anharmonic correction to the external trapping potential. Busch and coworkers [157] proceed by introducing the relative and centre-of-mass coordinates \(\vec{r} = \vec{r}_1 - \vec{r}_2\) and \(\vec{R} = \frac{m_1 \vec{r}_1 - m_2 \vec{r}_2}{M}\), where \(M = m_1 + m_2\) is the total mass. By introducing frequencies

\[
\omega_{\text{CM}} := \sqrt{\frac{m_1 \omega_1^2 + m_2 \omega_2^2}{M}}, \\
\omega_{\text{rel}} := \sqrt{\frac{m_2 \omega_1^2 + m_1 \omega_2^2}{M}}, \\
\Delta \omega := \sqrt{\omega_1^2 - \omega_2^2},
\]

the resulting Hamiltonian takes the form

\[
H = -\frac{\hbar^2}{2M} \Delta_{\text{CM}} + \frac{1}{2}M \omega_{\text{CM}}^2 R^2 - \frac{\hbar^2}{2 \mu} \Delta_{\text{rel}} + \frac{1}{2}M \omega_{\text{rel}}^2 r^2 + \frac{2\pi \hbar a}{\mu} \delta(\vec{r} - \vec{R}) \frac{\partial}{\partial r} r + V_{\text{anh}}(\vec{R}, \vec{r})
\]

\[
= H_{\text{CM}} + H_{\text{rel}} + H_{\text{co}}
\]

with one part \(H_{\text{CM}}\) involving only the centre-of-mass coordinates, one term \(H_{\text{rel}}\) containing only the relative coordinates and a final term \(H_{\text{co}}\) potential coupling the two coordinates. The crucial point here is that in the absence of anharmonicities and for equal trap frequencies, the coupling term vanishes and the centre of mass and relative motion completely decouple, allowing the identification of exact solutions. This is the special case treated by [157].

This decoupling is absent in our general case of unidentical atoms trapped in an anharmonic lattice well and prevents us from directly using these exact solutions. Instead, given [157], we can write down exact solutions for the first two groups of terms \(H_{\text{CM}}\) and \(H_{\text{rel}}\). Using a numerical procedure, the coupling term \(H_{\text{co}}\) is then exactly diagonalized in the basis set given by the eigenfunctions of the first two groups of terms, and we can obtain both wavefunctions and energy structure of the full Hamiltonian.

Figure 22(a) illustrates the results for the experimentally relevant case of a lattice depth of 40.5 \(E_r\). The blue solid line shows the solution to the full Hamiltonian as obtained by the exact diagonalization procedure, while the dashed line shows the energy spectrum resulting from the non-coupling terms of [157] alone. The difference between the two curves is most pronounced in the repulsively interacting atom branch of the spectrum, which is a result of the relative wavefunction extending over a significant part of the external potential, and the coupling between centre of mass and relative motion is important. As the molecule size becomes smaller and smaller for larger negative binding energies, the coupling term \(H_{\text{co}}\) becomes less important.

Figure 22(b) compares the solution to the full coupled problem of the experimentally measured binding energies. As can be seen, there is a good agreement between our experimentally measured binding energy and theory; however, there seems to be a slight shift between experiment and theory which is most likely due to insufficient prior knowledge in the determination of the parameters of equation (16) connecting the scattering length and the magnetic field. By fitting the theoretical result for the binding energy to the experimental data (red solid line), we can thus obtain a new value for the Feshbach resonance centre position.
A fermionic atom, the situation is somewhat more complicated; depth of 40.5 is bound.

So far, we have excluded tunnelling between neighbouring lattice sites from our discussion. Tunnelling is not relevant for short timescales involved in the molecule-creation process. The presence of the optical lattice results in a very long tunnelling time between 10 and 20 ms for $^{40}$K. The tunnelling time for $^{87}$Rb is larger as a result of the larger mass. Ultimately, however, tunnelling becomes important, as we shall see. For a cartoon picture of our expected lattice occupation, see figure 23(a).

$B_0 = 546.669(24)_{\text{exp}}(2)_{\text{stat}}$ G. Details of the fitting procedure and the error analysis can be found in [5].

In view of possible applications, the lifetime of weakly bound Feshbach dimers has been a particular concern since their first demonstration [84]. In general, these molecules are very fragile objects due to their highly excited internal state, leading to large collisional losses, possibly both molecule–molecule and atom–molecule collisions. Initial experiments with molecules created from bosonic atoms [84–87, 155] correspondingly showed a very short lifetime, meaning that degeneracy could be achieved, but not thermal equilibrium. This limitation has been overcome in the presence of a deep 3D optical lattice [25, 156]. Molecules created from two fermionic atoms have shown a long lifetime close to Feshbach resonances due to Pauli-forbidden inelastic decay [153]. For heteronuclear molecules composed of a bosonic and a fermionic atom, the situation is somewhat more complicated; the suppression of collisions due to their fermionic character is expected for more deeply bound molecules [93]. In addition, with the remaining free atoms are expected to strongly limit the lifetime of the molecules, and this effect will tend to become more important the deeper the molecule is bound.

In the experiment described here, heteronuclear molecules are produced within 3D optical lattices where the large tunnelling time strongly reduces inelastic collisional losses. Figure 23(b) shows a measurement of the lifetime of the heteronuclear molecular sample in an optical lattice with a depth of 40.5 $E_r^{\text{Rb}}$ as a function of magnetic field. The lifetimes are the $1/e$ times obtained from exponential fits to the molecule number decay curves. We find a lifetime of about 120 ms for weakly bound attractively interacting atom pairs. In the vicinity of the resonance, the lifetime is about 80 ms, and drops to 20–40 ms for more deeply bound molecules.

So far, we have excluded tunnelling between neighbouring lattice sites from our discussion. Tunnelling is not relevant for the short timescales involved in the molecule-creation process. The presence of the optical lattice results in a very long tunnelling time between 10 and 20 ms for $^{40}$K. The tunnelling time for $^{87}$Rb is larger as a result of the larger mass. Ultimately, however, tunnelling becomes important, as we shall see. For a cartoon picture of our expected lattice occupation, see figure 23(a). In the optical lattice, prior to molecule creation, we expect a global occupation of at most one $^{40}$K atom in the $F = 9/2, m_F = −7/2$ state per lattice site (Pauli exclusion principle). As far as $^{87}$Rb is concerned, we expect a central occupation number of three to five bosons per lattice site, dropping to one in the outer regions of the optical lattice. It is in this outer shell, at lattice sites with one $^{40}$K and one $^{87}$Rb atom, that the rf association creates molecules. Once the molecular association has happened, the sites with molecules are surrounded by other sites with atoms that are quantum-mechanically distinguishable from the molecules ($^{40}$K in the $F = 9/2, m_F = −7/2$ state and $^{87}$Rb). There is some rate for tunnelling of these remaining atoms to the lattice sites occupied by the molecules. Once the tunnelling process has happened, the molecule and the atom can undergo three-body recombination, and the probability for this process can be determined from our simple theoretical model. Following Petrov et al [153], the decay probability (after tunnelling has happened) can be calculated as the probability of finding all three particles (the two constituents of the molecule, plus the atom that has tunnelled to the molecular site) in a very small volume. For the tunnelling atom, we use the wavefunction of a non-interacting $^{40}$K atom trapped at a lattice site. For the molecule, we use the wavefunction obtained from our solution to the coupled Hamiltonian (29). The resulting theory curve, scaled by a global factor to allow comparison to the experiment, is shown in figure 23(a) and is in good agreement with the experimentally observed magnetic field dependence of the lifetime. Ultimately, this means that while the molecular lifetime in the optical lattice is already excellent for applications (such as transfer to lower lying molecular states and ultimately the absolute ground state), the lifetime can be further increased by removing any unpaired atoms from the optical lattice. At high magnetic fields, this can be achieved by a combination of rf pulses and resonant light beams. After completion of this work, one of us (SO) has joined a project aimed at transferring heteronuclear molecules created in dipole traps into the absolute internal molecular ground state. This project has published an extensive study of stability of molecules in the dipole trap when they collide with various atomic collision partners [163].

An important aspect of molecule production as demonstrated in this experiment is the efficiency of rf
association, in particular, as a function of magnetic field. There are two different aspects to the overall efficiency. A fundamental limit on the achievable absolute efficiency in any current molecule-creation experiment is imposed by the number of doubly occupied lattice sites as compared to the overall atom number. This relation can be somewhat optimized experimentally by playing with temperature and overall particle numbers.

A second aspect is the relative efficiency as a function of magnetic field and rf pulse power (i.e. at which fraction of the lattice sites occupied by one $^{87}$Rb and one $^{40}$K atom does the rf pulse create molecules?). In our experiments, in order to find suitable parameters for the rf pulses, we have driven Rabi oscillations on the atomic transition and then set the parameters such as to always obtain a $\pi$ pulse on the atomic transition. For all of our experiments, we have preserved this choice of parameters. Figure 24 shows the resulting relative transfer efficiency as a function of magnetic field. We expect that for heteronuclear scattering lengths in the final state which are close to the initial state ($F = 9/2, m_F = -7/2$), i.e. at magnetic fields significantly above the resonance centre or otherwise far detuned, we should create attractively interacting atom pairs at all available lattice sites occupied by one $^{87}$Rb and one $^{40}$K atom. The experimental transfer efficiency as determined from the ratio between the atomic and molecular numbers in a magnetically trapped degenerate $^{40}$K–$^{87}$Rb system has therefore been normalized to one in this region.

In [5], we have established a model for the association process based on a Rabi model. After the rotating wave approximation and after integrating out spatial degrees of freedom, we obtain Rabi flopping on the molecular association transition with a Rabi frequency which is reduced by a factor of $\langle \Phi_1 | \Phi_f \rangle$ compared to the atomic Rabi frequency. Here, $\langle \Phi_1 | \Phi_f \rangle$ is the overlap integral between the initial and final motional states of the rf association process as determined from the pseudopotential model.

Since we have chosen constant pulse parameters in the experiment, we expect the transfer efficiency to drop as the initial and final states become more and more dissimilar. This can be seen very clearly in figure 24, both in the experimental data and in the prediction of the Rabi model. The quantitative agreement, however, is not complete. A further possibility of testing the hypothesis of the Rabi model is to look for Rabi oscillations between atoms and molecules on the molecular rf transition. This could provide further insight into the association process.

7. Conclusions and outlook

During our two theses [39, 40], we have realized an experimental apparatus for the preparation of quantum degenerate Fermi–Bose mixtures in 3D optical lattices with tunable interactions. We have presented important milestones towards a mixed statistics many-body system as a versatile model system for the simulation of quantum many-body Hamiltonians and demonstrated important steps on the way towards quantum degenerate polar molecular gases with long-range dipolar interactions.

Starting from the realization of the so far largest particle numbers in a magnetically trapped degenerate $^{40}$K–$^{87}$Rb system, we have investigated interaction effects due to the large and attractive background interaction between the components. Tuning of heteronuclear interactions in the vicinity of a Feshbach resonance has been demonstrated for the first time within this work and has allowed studies of arbitrary interactions between bosons and fermions. The complete phase diagram of harmonically trapped mixed pairs has been accessed. Starting with experiments on stable density distributions for attractively and repulsively interacting mixtures, for strong repulsive interactions, phase separation has been observed and a Feshbach-induced collapse for strong attractive interactions. A heteronuclear p-wave resonance has been identified as described in [2], confirming a theoretical assignment of Feshbach resonances in the $^{40}$K–$^{87}$Rb system and opening intriguing perspectives for tuning of the anisotropy of the interaction. These studies on heteronuclear Feshbach resonances pave the way for studies with strongly interacting Fermi–Bose mixtures.

From the very beginning, the experimental setup described here has been designed for studies in 3D optical lattices. Within this work, Fermi–Bose mixtures have been loaded into a three-dimensional optical lattice for the first time,
demonstrating a large fermion-induced loss of coherence of the bosonic sample. The results are currently the subject of intense theoretical analysis, and explanations ranging from disorder-related localization phenomena over adiabatic thermodynamic effects and a mean-field-induced shift of the superfluid to Mott-insulator transition are being discussed. Further insight into these observations may be gained by implementing additional diagnostics. This may include Bragg spectroscopy, excitation spectroscopy to probe possible excitation gaps in deep optical lattices, probing of lattice occupation through rf or microwave spectroscopy and noise-correlation analysis. The studies may also be extended to mixtures with varying heteronuclear interaction strength (see the most recent results by Best et al [133]).

In 1D or 2D optical lattices, one or several spatial degrees of freedom can experimentally be frozen out, resulting in the preparation of low-dimensional systems. Depending on interaction strength and lattice occupation, charge-density wave or pairing phases may be observable. Low-dimensional systems are of particular interest for direct comparison of experimental results to theory. For one-dimensional situations (2D optical lattice) exactly solvable models exist and direct comparison to quasi-exact DMRG calculations is possible.

The combination of tunable interactions with three-dimensional optical lattices has resulted in the first demonstration of ultracold heteronuclear Feshbach molecule formation. Long-lived heteronuclear Feshbach molecules have been created in a controlled fashion through rf association of atoms to molecules. This has allowed a precise determination of the binding energy of the molecular sample as a function of the magnetic field. Lifetimes between 20 ms and 120 ms have been experimentally observed, and excellent agreement has been found between experimentally determined properties of the molecules (binding energy, lifetime) and a simple universal theoretical model.

Molecule formation may be the starting point for studies of pairing phases in the optical lattice, including studies of three-body bound states. After molecule association and removal of the left-over atomic fraction, the lattice potential may be ramped down. The molecule formed from a bosonic $^{87}$Rb and a fermionic $^{40}$K atom is again a fermion, and the observation of a molecular Fermi sea may be demonstrated.

In the optical lattice, Feshbach molecules are created in their absolute external ground state at a lattice site, but in a highly excited rovibrational internal state. Pulsed two-colour photoassociation may be used to transfer these molecules into their internal ground state. The resulting molecule would exhibit a permanent electric dipole moment (polar molecule). The dipole moment gives rise to a long-range, anisotropic interaction. In the optical lattice, this long-range interaction may be used to implement quantum computation schemes. In the many-body limit, these polar molecules give access to novel quantum gases with long-range anisotropic interactions.

After the completion of this work, one of us (SO) has joined a project [163, 103] aimed at optically transferring [164] weakly bound Feshbach molecules into the absolute ro-vibrational and electronic ground state, and most recently realized a dense ultracold all ground-state polar molecular gas [165].

Appendix A. Rf/microwave manipulation

In our experiments, we have used a novel rf/microwave manipulation scheme [40, 111], where all timing, frequency and amplitude control is derived from one fast arbitrary frequency generator. The versatility and simplicity of operation as well as the precise timing down to the nanosecond level has greatly enhanced the experimental flexibility. The setup was developed based on the observation that many of the commercially available frequency generators provide a plethora of modulation options, whereas they are usually unable to rapidly and accurately perform, for example, simple linear frequency sweeps or AM modulation with a given envelope. The usual adiabatic rapid passage (ARP) sequences for Zeeman state preparation require sweep times on the order of 10 ms, whereas the dwell time of many commercial synthesizers, i.e. the time duration of each individual ‘slot’ in a linear sweep, is limited to precisely 10 ms; the usual workaround is to apply an analog voltage sweep to the FM modulation input. Also, many synthesizers need a lot of time for frequency switching both between frequencies and from fixed-frequency operation to FM, sometimes as long as a second. Often, each operation requires its own synthesizer, resulting in an expensive and complex ‘synthesizer stack’.

In this experiment, we have implemented a solution which relies on just one synthesizer (VFG-150, available through Toptica Photonics, and developed by T Hannemann in the group of C Wunderlich), offering a precise control of amplitude, frequency and phase every 5 ns. The synthesizer covers an output frequency range of several 100 kHz to 150 MHz. The device (equipped with a USB2.0 input) is remote controlled from a small server application running on a PC. We have made the source code of this application available at http://vfg-control.sourceforge.net/. Many of the required rf manipulations can be performed directly using the output of the VFG-150 (evaporation, state preparation at low magnetic field and rf spectroscopy of $^{40}$K at high magnetic fields). For other applications, such as transfer from one hyperfine manifold to the other, the required frequencies exceed the direct output range of the VFG-150. To cover all these frequencies, we have connected the output of the VFG-150 to an rf multiplexer which either directs it directly to an amplifier and antenna or to a series of mixers which mix it with fixed-frequency microwave sources. We have used mixing with a 1.2 GHz fixed frequency to generate sweeps and pulses for $^{40}$K hyperfine manipulation and with a 6.8 GHz fixed frequency to transfer $^{87}$Rb from $F = 2$ to $F = 1$ (see figure A1).

The advantage of this approach is that just one synthesizer is being used. The overall setup is versatile to operate; it allows all kinds of shaped pulses (e.g. the Gaussian amplitude envelope pulses used for molecule creation) and offers a 5 ns timing accuracy. At the same time, this scheme is highly cost-effective because it requires only one versatile source (the VFG-150) and inexpensive fixed-frequency sources.

Appendix B. ‘Magic’ optical dipole trap

Compared to magnetic trapping, optical dipole traps offer the advantage of confining an arbitrary spin state. Furthermore,
the value of the magnetic field becomes an experimental degree of freedom. This capability is important for experiments with Feshbach resonances as described in this tutorial. A special interest is in relatively weak confinement, allowing optical lattice geometries which are as close as possible to a homogeneous situation.

However, when working with shallow traps and mixtures, the differential gravitational sag of the two components becomes an important issue. An atom with mass $m$ confined in a harmonic trap with a trap frequency $\omega$ in the presence of gravity experiences a gravitational sag given by $z_0 = -\left(g/\omega^2\right)$. This expression is found by calculating the local minimum of the combined gravitational and trapping potential. Different atomic species and even the different spin states of the same atomic species will, in general, experience a different trapping frequency when confined in the same magnetic or optical dipole trap, giving rise to a difference in gravitational sag. The importance of this issue depends on the value of the trap frequency. It is generally a non-issue for the compressed magnetic trap or for strong dipole traps. It does, however, play a significant role in the weak isotropic magnetic trap used for the transfer of laser precooled atoms and for experiments in shallow and weak dipole traps such as the ones used in experiments with optical lattices aiming at a situation close to homogeneous systems. The difference in gravitational sag can then lead to a significantly reduced overlap of the two species. For example, for a far detuned optical dipole trap (equal trapping potential for both species) with a vertical trap frequency of 50 Hz, the differential gravitational sag is 49 $\mu$m!

The ‘magic’ crossed dipole trap discussed below has allowed us to successfully overcome this limitation: if we can make the trap frequency in the direction of gravity the same for both species, the gravitational sag will automatically be the same for $^{87}$Rb and $^{40}$K. In an optical dipole trap, this can be done by a suitable choice of the dipole laser wavelength for confinement in the direction of gravity. This so-called ‘magic wavelength’ can be calculated to be 806.7 nm taking into account contributions from the D1 and D2 lines.

With this idea in mind, we first performed a measurement of the magic wavelength by measuring the ratio of $^{40}$K and $^{87}$Rb trap frequencies in a dipole trap as a function of wavelength and found the magic wavelength to be 807.9 nm (see figure B1). Based on this information, a crossed beam optical dipole trap was designed with one beam at the magic wavelength providing confinement in the $z$ (vertical) and $x$ directions. The potential minimum of the atoms in this beam is overlapped with the atomic position in the ‘magic’ beam. This is also the beam that we use for optical evaporation in the crossed dipole trap by lowering its intensity after transfer of atoms into the optical trap. This optical dipole trap allows us to go to weak optical dipole traps ($\omega = 2\pi \times 50$ Hz) without having issues with reduced overlap of the two clouds. It has been the basis for our experiments on tuning of interactions, mixtures in lattices and heteronuclear molecules. A detailed discussion of this novel dipole trap can be found in [39].
Appendix C. Optical lattice

Part of our experiment is a 3D optical lattice setup. The setup uses an Yb:YAG disc laser with an output power of 20 W as a laser source. In order to avoid motional heating in the optical lattice due to a ‘shaking’ interference pattern, both the frequency and intensity of the laser have been stabilized. The short-term frequency stabilization locks the laser frequency to a reference cavity and has required the custom development of frequency control elements for the laser cavity. On longer timescales, the reference cavity follows the laser frequency. The achieved short-term linewidth is 20 kHz relative to the reference cavity. Details can be found in [40, 110].

Figure C1 shows a general view of the beam preparation scheme for the optical lattice setup. Behind an optical diode and pickups for laser power monitoring and frequency stabilization, the light from the lattice laser is split up into four independent beam paths using polarization optics. Each of these beams passes through an acousto-optical modulator (AOM) in a single pass for intensity control and is coupled into an optical fibre. All of the AOM frequencies are detuned by roughly 10 MHz with respect to each other in order to make the interference terms between the individual beams so fast that they are averaged out on any experimentally relevant timescale. Three of the beam paths are used for the three orthogonal retro-reflected lattice beams with mutually orthogonal polarizations, and one of them is used for one of the two beams of the ‘magic’ crossed optical dipole trap.

After passing through the optical fibre, each of the lattice beams is collimated and focused. A pickup is used for the intensity stabilization. The focusing lens has a focal length of 400 mm. Having passed this lens, the lattice beam is overlapped with the 3D MOT beams using dichroic mirrors and delivered to the atoms. The standing wave configuration for the optical lattice is produced by separating the MOT and lattice beams again after passing the glass cell using an identical ‘disentangling’ dichroic mirror, recollimating the beam using a second lens identical to the focusing lens and retroreflecting it. Not shown in figure C1 are the dipole trap beams and imaging systems along all of the three lattice axes. These allow us to overlap the lattice beam focus with the atoms and to optimize the lattice alignment. This is done by nulling out oscillations that result from a quick switch-on of the lattice in the presence of lateral misalignment.

Appendix D. Imaging

In our experiment, we detect atoms using resonant absorption imaging. The standard absorption imaging procedure is to record three images, one where the optical density of the atoms attenuates the beam falling onto the CCD (absorption image), one where the laser beam alone is imaged (reference image) and one image without any light (dark image). From these three images, the optical column density of the cloud can be calculated (see, e.g. [166]). We have used several variations of this scheme in our experiments. All of these rely on properties of modern CCD chips allowing the user to record two images in very rapid succession (interline transfer CCD chips, such as the SONY ICX205AL). Typically, the interframing time is on the order of microseconds, if not less, and after two images, the readout takes on the order of hundreds of milliseconds, larger than a useful time-of-flight in absorption imaging. We have made use of this capability to take two images in very rapid succession during time-of-flight in two different ways.

D.1. Two-species imaging

In a first scenario (two-species imaging), we have used the first double image to store absorption images of $^{40}$K and $^{87}$Rb, respectively. The second double image contains the reference image for both species, and the last double image contains the dark image for both. This allows us to record both species on one camera and on one imaging axis in the same experimental run. This capability has been crucial in the initial optimization of the experiment and in the experiments on collapse dynamics.

D.2. Fast imaging

A second scenario makes use of the capability to take two images in rapid succession to eliminate the typical interference
fringes from the images. Both the absorption and reference images typically contain interference fringes caused by the coherent nature of the imaging light and etaloning at various surfaces in the optical path. These fringes are removed in the standard normalization procedure as long as they are stationary over experimental timescales. Usually, reference and absorption images are separated by the readout time of the CCD chip, thereby making the result sensitive to drifts of the interference pattern on acoustic timescales. Using the two images taken with μs separation as absorption and reference images, the interference patterns are stationary in between the two images, and we obtain a much better image quality and sensitivity to small atom numbers. Since the atoms do not fall very far in the short interframing time, we need to make sure the imaging beam does not ‘see’ them when the reference image is taken. For 87Rb, we have typically detected out of the F = 1 state when this imaging procedure was used, we take the reference image first, when the imaging beam resonant with the F = 2 → F = 3 transition on the D2 line does not see the atoms. We then shine in a repumping pulse which transfers the atoms to F = 2 and take the absorption image after the reference image.

For 40K, we have taken advantage of the fact that we have usually detected at high magnetic fields (see below). This allows us to take the absorption image first at high magnetic fields, then quickly switch the 547 G magnetic field off in a couple of 10 μs, which drives the atoms out of resonance with the imaging beam and lets us take the reference image. The improved image quality and sensitivity to small atom numbers has been crucial to the measurements on tuning of interactions, mixtures in 3D lattices and heteronuclear molecules.

D.3. State-selective imaging

We have used two different techniques of state-selective imaging to identify the distribution of the atoms over the various sublevels of the hyperfine ground state manifold. The first and more common technique is Stern–Gerlach imaging, which uses a strong magnetic field gradient applied during time-of-flight to spatially separate the spin states. Stern–Gerlach imaging has the advantage of simultaneously providing information over all spin states. However, it requires the application of the field gradient for several milliseconds, thereby introducing a minimum time-of-flight which can impede the detection of small atom numbers. A different technique of state-selective imaging, in particular, when working at high magnetic fields, e.g. when using Feshbach resonances, is to take advantage of the transition from the Zeeman to the Paschen–Back regime. In this regime, the detection transitions m_F = ±1/2 to m_F = ±3/2, with Δm_I = 0, are cycling transitions, and we can build a cycling transition from any sublevel in the ground state hyperfine manifold. Detection at high magnetic fields has the advantage of allowing a short time-of-flight, and allowing the detection of both atoms and heteronuclear molecules. However, it requires the atoms to be sufficiently far in the Paschen–Back regime, and for each spin state to be imaged, a separate detection laser and CCD camera is required. This technique has been crucial to our measurements on heteronuclear molecule formation.

In our particular system, the detection transition for the Feshbach-resonant state F = 9/2, m_F = −9/2 (m_J = −1/2, m_I = −4 → m_J = −3/2, m_I = −4) and for weakly bound molecules is detuned by −764 MHz from the standard zero-field cycling transition (F = 9/2, m_F = 9/2 → F = 11/2, m_F = 11/2). The closest other state, which is F = 9/2, m_F = −7/2 at low field and m_J = −1/2, m_I = −3 at high field, has a cycling transition which is detuned by −833 MHz from the aforementioned standard zero-field transition. Hence, we have a frequency difference of 69 MHz between the detection transitions for the two states used in the rf spectroscopy, allowing us to state-selectively image both weakly interacting atoms in the F = 9/2, m_F = −7/2 channel and Feshbach molecules and strongly interacting atom pairs in the F = 9/2, m_F = −9/2 channel. Note that in our particular system high field detection is only possible with the 40K component because at the magnetic fields of interest, 87Rb is closer to the low-field (Zeeman) regime than to the Paschen–Back regime, and the corresponding cycling transitions are not available.

In order to perform the detection, we leave the Feshbach magnetic field on during time-of-flight and detection. For imaging, we use two beams derived from our cooling and detection laser and differing by 69 MHz in frequency. After laser cooling and during the evaporative cooling, we detune our imaging laser by about 700 MHz [167] to make it resonant with the high field detection transition. This high field detection technique has allowed us to state-selectively image both atoms and weakly bound molecules with a very short time-of-flight, high sensitivity and unparalleled simplicity (no dissociation of molecules or ramping of fields). Another beneficial aspect of this detection scheme is that in combination with fast imaging (see above) it has allowed us to drastically reduce the typical interference fringes in absorption imaging, again improving on the signal-to-noise ratio. Details of this scheme can be found in [40].

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