Electromagnetic Bandgap Backed Millimeter-Wave MIMO Antenna for Wearable Applications

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ABSTRACT A millimeter-wave (mm-Wave) multiple input multiple output (MIMO) antenna operating at 24 GHz (ISM band), suitable for wearable applications, is proposed in this paper. The proposed MIMO antenna consists of two elements, designed with an edge-to-edge distance of 5.14 mm, backed by a 5×5 cell electromagnetic bandgap (EBG) structure. The antenna is fabricated on a flexible Rogers 6002 material (\(\varepsilon_r = 2.94, \tan\delta = 0.0012, \text{thickness} = 0.254 \text{mm}\)). The proposed antenna retains its performance when bent along the x-axis and y-axis. The performance of the antenna in terms of s-parameters and radiation properties is studied in free space as well as on a human phantom. Good impedance matching of the antenna at the resonating frequency (24 GHz) is observed when it is bent and when worn on the body. The introduction of the EBG improves the gain by 1.9 dBi, reduces the backward radiation by 8 dB, reduces the power density on the back towards the body from > 200 W/m² to < 10 W/m², and also enhances the 10 dB bandwidth by 100 MHz. The antenna possesses a low envelope correlation coefficient (ECC) of 0.24, high diversity gain (DG) of 9.7 dB, reasonable multiplexing efficiency of −0.684 dB and a good peak gain of 6 dBi at 24 GHz. The proposed antenna is suitable for wearable applications at mm-Wave range due to its simple geometry and good performance in bending and on-body worn scenarios.

INDEX TERMS Wearable antenna, on-body antenna, mm-Wave antenna, MIMO, s-parameters.

I. INTRODUCTION

Nowadays, wearable networks are seen as the research topic that is most often focused upon; it offers great potential for improving the delivery and monitoring of healthcare systems, sporting performance, navigation, and military usage [1]. Antennas are the key components in the design and successful deployment of wearable networks. Worth noting in this respect is that microstrip patch antennas (MPA) are of special interest: they are more suitable for wearing than other types of antennas due to their peculiar characteristics of lightness, flexibility and conformability when worn [2]. Two major properties: the conformability and level of the specific absorption rate (SAR) of a wearable antenna may be thoroughly checked before employing it in the service of any network. However, at higher frequencies (greater than 6 GHz) the electromagnetic (EM) waves do not penetrate deep into the body and spread over the skin. Therefore, instead of SAR, the ICNIRP, FCC, and IEEE have standardized the exposure limits on the basis of spatial power density (PD = 10 W/m²).

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Designing and operating MPAs for on-body worn applications is a challenging task due to their backward radiation, which harms human tissue [3]. Excess of EM radiations traveling through tissues is converted into heat because of the lossy nature of the tissues. This issue can dramatically diminish the efficiency of the wireless device as well as causes a critical hazard to the wearer’s safety. Effective isolation between the antenna and the human body is therefore highly recommended. An electromagnetic bandgap (EBG) structure is a standout amongst the best-known successful approaches to keep wearers safe from the inconvenient impact of such radiation by reduces the level of back-radiation from the antenna and hence reducing the radiation absorbed by the body [4]. The EBG is used to generate in-phase reflection and to suppress the surface waves, which ameliorates the gain of the antenna and reduces human exposure in terms of SAR [5].

Wearable antennas are designed on a flexible substrate because there is a possibility of being crumpled or bent when the person wearing them moves or changes his/her state. Maintaining the good performance of the antennas throughout their use is challenging and should be investigated. To achieve flexibility and formability for wearable devices, researchers have used conductive fabrics, liquid materials, flexible elastomeric substrates like PDMS, and mesh-like structures of the cladding [6]–[8]. Because the human body is not flat, so some part of the wearable devices including antennas have to bend to aligned with the body shape. Additionally, the daily life activities of the wearer causes the components of the wearable devices to undergo crumpling and stretching. However, techniques like using fabrics, elastorous substrates, and meshed structures increase the complexity of integration and soldering, and decrease the durability of the components.

The effects of bending on the performance of both conventional and high impedance structure integrated patch antennas are briefly discussed in [9]. Additionally, symmetrical bending along the x-axis and y-axis is performed in [10] in order to investigate the effects of bending on the antenna’s performance. Also, an irregular crumpled wearable antenna is studied in [11].

The performance of wearable antennas is dramatically degraded when operated on a uniform (flat smooth) or non-uniform (curved and rough) human body. In fact, severe multipath fading, due to reflections/scatterings around and on the human body is experienced in on-body communication links, which can dramatically reduce the robustness and reliability of communication [12]. To enhance the clarity of communication under the influence of multipath fading, it is highly recommended to use a diversity technique such as multiple-input-multiple-output (MIMO) [13], [14]. A dual polarized, two element MIMO antenna operating at WLAN band is proposed in [15]. A wideband two element MIMO antenna with reduced SAR value and good diversity performance in a smart watch for wireless applications is investigated in [16]. A dual-port single element MIMO antenna for an ISM band is reported in [17] for wearable applications. All the aforementioned studies of MIMO wearable studies are carried out at lower frequencies, moreover, they did not provide the bending and crumpling effects analysis. Additionally, they clearly missed the reduction of coupling between the elements and human safety analysis, which is very important in wearable cases.

Due to the increasing demand for 5G wearable IoTs, designing millimeter-wave (mm-Wave) antennas have attracted the interest of many researchers, but none of them consider wearable scenarios for diversity application (MIMO). Moreover, the higher frequency EM radiations are more hazardous for health, there is an intend need to shield the body from the excess exposure of these EM-waves. The presented paper, however, proposes a two port, two element MIMO antenna operating at mm-Wave (24 GHz) range for wearable applications. The antenna is backed by EBG, which reduces the back radiations from the antenna and reduce the power densities (PD) on the body, additionally, increases the gain of the antenna. The antenna has good performance in on-body worn scenarios in term of conformability and spatial power density. The main contribution of this paper may be summarized as follows:

- To the best of our knowledge, this is the first ever paper to focus on the design of the mm-Wave MIMO antenna for wearable applications.
- Detailed analysis of the proposed antenna under deforming conditions and also on the human body show acceptable performance.
- The proposed antenna has good gain, efficiency, and low spatial power density.

II. ANTENNA DESIGN AND ANALYSIS

A. ANTENNA DESIGN

A rectangular shaped patch with flexible substrate and full ground plane for 24 GHz has been suggested. A 50Ω transmission line along with λ/4 matching stub is used for feeding the patch antenna. Rogers 6002 (εr = 2.94, tanδ = 0.0012, thickness = 0.254 mm) is used as a substrate for the proposed design. Initially, a rectangular patch antenna operating at 24 GHz was designed. In the second step, the same antenna is used for designing a two element multiple-input-multiple-output (MIMO) antenna system (Fig. 1a). The two elements are placed with an edge-to-edge distance of 5.14 mm.

B. ELECTROMAGNETIC BANDGAP (EBG) DESIGN

Antenna parameters such as gain, radiation efficiency and operating bandwidth are greatly affected by surface waves and near field coupling. One of the convenient ways to suppress the surface waves and near field coupling is to introduce a high impedance structure, such as the electromagnetic bandgap (EBG) [4]. The EBG in the present study was designed at 24 GHz to tackle the problem induced by near field coupling and surface waves. A unit cell of the proposed EBG is shown in Fig. 1c. The unit cell was analyzed for its constitutive parameters (permittivity (ε) and permeability (μ)) using the technique discussed in [18]. The following
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FIGURE 1. (a) Top view of the multiple-input multiple-output (MIMO) antenna, (b) top view of the MIMO antenna with 5×5 EBG, (c) top and side view of EBG (a = 5.4 mm, b = 0.9 mm, c = d = 0.6 mm, R1 = R2 = 0.5 mm, and e = 3.4 mm), and (d) fabricated prototype.

FIGURE 2. Extracted parameters of the EBG cell (a) complex permittivity, and (b) complex permeability.

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FIGURE 3. Simulated transmission coefficient (S21) of the 5×5 EBG array for varying (a) c, and (b) R1.

FIGURE 4. Simulated (with and without EBG) and measured (with EBG) (a) s-parameters, (b) gain and efficiency, and (c) radiation pattern at 24 GHz.

A 5×5 cells array was evaluated before implementing it in an antenna design. A 5×5 EBG array was designed and a 50Ω transmission line was placed above it for the initial evaluation of the EBG array. The reason for placing a 50Ω transmission line was to observe the stopband performance of the EBG array. To obtain optimal results, a number of simulations were performed by varying the EBG parameters such as c and R1. Fig. 3 shows the effect of EBG’s varying parameters on the stopband performance of the EBG array. Parameters c and R1 impacted on the magnitude of the S21 of EBG array and also shifted the stopband range. The optimized EBG structure and its parameters are given in Fig. 1c. The EBG stopband performance at 24 GHz was achieved by finely tuning the EBG parameters.

C. EBG BACKED MIMO ANTENNA

For analyzing EBG backed antenna, a 5×5 unit cells were placed below the 2 element MIMO antenna, as shown in Fig. 1b. The simulated and measured reflection coefficient, radiation pattern, gain and efficiency are given in Fig. 4. The EBG structure act as a near-zero-index (NZI) metamaterial structure and hence blocks the transmission of the magnetic field in the near field region [20]. It increases the far-field radiation directivity due to near-zero refractive index and
also enhance the gain due to in phase reflection. The gain is further enhanced due to the cavity effect generated by the gap between the antenna and EBG layer. The coupling of the antennas is mainly due to surface waves or near-field reactive coupling [21], [22]. The isolation can be enhanced by reducing the surface waves or near-field reactive coupling. EBG in this design reduce the near-field magnetic coupling and hence reduce the mutual coupling of the antenna. The efficiency of the antenna is enhanced due to the reduction of near-field coupling. It can be observed from Fig. 4a that the reflection coefficient at 24 GHz is $-25 \text{ dB}$ for conventional antenna while it is $-42 \text{ dB}$ for the EBG backed antenna. The 10-dB simulated bandwidth of the conventional antenna is noted as 700 MHz, whereas the EBG backed antenna had an 800 MHz bandwidth. EBG has also an impact on the transmission coefficient ($S_{21}$) of the antenna. The $S_{21}$ of the antenna went down from $-31 \text{ dB}$ to $-37 \text{ dB}$. The introduction of the EBG also affected the gain, efficiency and backward radiation of the antenna. The antenna gain was enhanced from 4.1 dBi to 6 dBi, as shown in Fig. 4b. Also, the efficiency of the antenna improved from 76.7% to 80.5%. The backward radiation in both principal planes was reduced (11 dB in $\phi = 0^\circ$ and 18 dB in $\phi = 90^\circ$) by employing EBG with the antenna. The spatial power density was reduced by significant level through the EBG array. The effect of number of unit cells on the performance of the antenna is shown in Fig. 5. The reflection coefficient and gain of the antenna were studied for $4 \times 4$, $5 \times 5$, $6 \times 6$, and $7 \times 7$ EBG cells. The reflection coefficient of the antenna was same for all cases. The gain of the antenna was dependent on the number of EBG cells. The gain of the antenna had direct relation with the number of EBG cells. However, the gain improvement was negligible by increasing the EBG cells beyond $5 \times 5$. The EBG cells which were located away from the antenna had very less impact on the performance of the antenna [23] and hence there is no significant change even if the EBG cells were $7 \times 7$. A detailed discussion of spatial power density is given in Section III-C. The performance of the antenna with and without the EBG array is summarized in Table 1.

III. ANTENNA ANALYSIS FOR WEARABLE APPLICATIONS

A. BENDING ANALYSIS

In body area networks (BAN), a wearable antenna is expected to bend and crumple while it is in use. The performance of the proposed antenna when bent in $Rx$ (along the x-axis) and $Ry$ (along the y-axis) was investigated in order to ensure its suitability for being worn. Fig. 6 shows the bending radii for $Rx$ and $Ry$ bending. The antenna was investigated for four different radii (20, 30, 40 and 60 (Unit = mm)) along the x-axis ($Rx$) and three radii (60, 70 and 80 (Unit = mm)) along the y-axis ($Ry$). A range of radii for bending (along the x-axis and y-axis) was chosen because human arms and legs vary in size. Fig. 7 and 8 shows the impact of different bending radii on the reflection coefficient of the antenna. The antenna performed well under different bending conditions in both planes (x-axis and y-axis) as is evident from Fig. 7 and 8.
The bending radii had very little impact on the resonant frequency of the antenna. The resonant frequency shifted to 23.71 GHz from 24 GHz without changing the bandwidth, for an extreme case when the antenna was bent to 20 mm along the x-axis (Fig. 7a). A small impedance mismatch and shift in frequency was observed when the antenna was deformed along the y-axis. The resonant frequency shifted to 23.65 GHz with a deformation radius of 60 mm along the y-axis, as shown in Fig. 8a. The measured reflection coefficient of the antenna in both bending condition (along x-axis and y-axis) is illustrated in Fig. 10a-b. The gain and efficiency of the antenna when bent are reported in Fig. 7b and 8b. The radiation pattern of the antenna for both deformation scenarios (along the x-axis and along the y-axis) is reported in Fig. 7c and 8c. A summary of the antenna performance when bent along the x-axis and y-axis is given in Table. 2.

### B. HUMAN BODY LOADING

The antenna performance on the human body is reported in this section. The antenna was tested on different parts of the human body (chest, leg and arm) using a realistic human model and the results were investigated. The EBG structure was used in this antenna because this structure allows less backward radiation. A excellent and stable reflection coefficient besides the radiation characteristics was observed, as illustrated in Fig. 9. The measured reflection coefficient of the antenna in case of human body loading is shown in Fig. 10d.

### C. SPATIAL POWER DENSITY (PD) ANALYSIS

A microstrip patch antenna radiates most of its power in the bore direction and only small portion of radiated power is leaked from the back. This leaked radiated power is absorbed by the body when the antenna is operated in the vicinity of the
TABLE 3. Public safety restrictions for electromagnetic exposure.

| Regulatory Body | Transition Freq. (GHz) | Power density limit (W/m²) | Localized SAR limit below transition Freq. (W/kg) |
|-----------------|------------------------|-----------------------------|--------------------------------------------------|
| FCC             | 6                      | 10                          | 1.6 (Averaged over 1g)                            |
| IEEE            | 10                     | 10                          | 2 (Averaged over 10g)                            |
| ICNIRP          | 3                      | 10                          |                                                  |

IV. MIMO PERFORMANCE

In this section, the MIMO performance of the proposed antenna is studied. The proposed MIMO antenna has two elements placed at a distance of 5.14 mm from each other. The performance of the MIMO antenna is investigated in terms of reflection coefficient, isolation, Envelope Correlation Coefficient (ECC), Diversity Gain (DG), Multiplexing efficiency ($\eta_{\text{Mux}}$) and peak gain (PG).

A. REFLECTION COEFFICIENT AND ISOLATION

The simulated and measured reflection and transmission coefficients of the proposed mm-Wave antenna with and without EBG structure are plotted in Fig. 4. It is quite obvious from the figure that the simulated and measured results accord well. The proposed antenna operates at 24 GHz with 10-dB BW of 800 MHz. It can be seen that the impedance matching is enhanced by adding an EBG structure to the antenna. In designing a MIMO antenna system, it is always desirable to check the mutual coupling between the MIMO elements. Fig. 4a shows the simulated and measured $S_{21}$ results for the proposed MIMO antenna. It is clear from the figure that the mutual coupling between the MIMO elements is significantly lower: the $S_{21}$ is below $-37$ dB at 24 GHz. Such lower transmission coefficients confirm that the MIMO elements are significantly isolated from the adjacent elements, which confirms the suitability of the proposed wearable mm-Wave MIMO system for use in WBAN applications.

B. ENVELOPE CORRELATION COEFFICIENT (ECC)

Computation of the envelope correlation coefficient (ECC) for any MIMO system is important for determining how different the individual elements of the MIMO system are from each other in terms of the antenna’s individual properties. The ECC value should be equal to zero for an uncorrelated MIMO antenna system; however, MIMO antenna systems with an ECC value of less than 0.5 are considered acceptable. The far-field radiation pattern [Equation. (5)] is used for calculating the ECC for the given MIMO antenna system [28].

$$
ECC = \frac{\left| \iint_{4\pi} (\tilde{M}_i(\theta, \phi)) \times (\tilde{M}_j(\theta, \phi)) \, d\Omega \right|^2}{\iint_{4\pi} (\tilde{M}_i(\theta, \phi))^2 \, d\Omega \iint_{4\pi} (\tilde{M}_j(\theta, \phi))^2 \, d\Omega}
$$

where $\tilde{M}_i(\theta, \phi)$ describe the 3D radiation pattern when antenna $i$ is excited and $\tilde{M}_j(\theta, \phi)$ describe the 3D radiation pattern when antenna $j$ is excited. The solid angle in Equation (5) is represented as $\Omega$. ECC value varies from 0.19 to 0.24 over the operational band, while an ECC value of 0.24 is observed at the resonant frequency (24 GHz) when the antenna is laid flat. The ECC of the antenna when bent (along the x-axis and y-axis) is evaluated and reported.
in Fig. 12a and 12b. ECC values of 0.21, 0.19, 0.18, and 0.18 were observed for the antenna bent along the x-axis at radii of 60, 40, 30 and 20 mm, respectively, at 24 GHz (Fig. 12a). ECC values of 0.2, 0.24, and 0.23 were observed for the antenna bent along the y-axis at radii of 80, 70 and 60 mm, respectively (Fig. 13a). It can be concluded from these two figures that the antenna’s ECC remains in an acceptable range even when bent. The ECC of the antenna was 0.25–0.3, when the antenna was placed on the body.

C. DIVERSITY GAIN (DG)

Another important parameter for any MIMO antenna system is diversity gain. It shows how much the transmitted power is reduced using any diversity scheme. Diversity gain (DG) for any MIMO antenna system can be calculated by means of the following relation [28].

\[ DG = 10 \sqrt{1 - (ECC)^2} \]  

Fig. 12a shows the antenna diversity gain for an antenna bent along the x-axis. A 9.7 dB diversity gain was noted at 24 GHz for the unbent antenna. Diversity gains of 9.77, 9.81, 9.83 and 9.83 dB were noted for the antenna bent at 60, 40, 30 and 20 mm, respectively at 24 GHz along the x-axis (Fig. 12a). Diversity gains of 9.79, 9.70, and 9.73 dB were noted for the antenna bent at 80, 70, and 60 mm, respectively at 24 GHz along the y-axis (Fig. 13a). The diversity gain of the antenna in the on-body worn scenario is almost 9.7 dB.

D. MULTIPLEXING EFFICIENCY

The multiplexing efficiency for the proposed MIMO antenna was calculated using the following relation [29], [30].

\[ \eta_{\text{Mux}} = \sqrt{(1 - |\rho|^2)\eta_1 \eta_2} \]  

where \( \eta_1 \), \( \eta_2 \) and \( \rho \) represent the efficiency of element 1, the efficiency of element 2 and the complex envelope correlation coefficient between the two elements (\( \rho \approx |ECC|^2 \)), respectively. An unbent antenna has a multiplexing efficiency (\( \eta_{\text{Mux}} \)) of −0.684 dB at 24 GHz. \( \eta_{\text{Mux}} \) for an antenna bent along the x-axis and y-axis is given in Fig. 12b and 13b, respectively. The value of \( \eta_{\text{Mux}} \) at 24 GHz remains in reasonable range for all the scenarios in which the antenna is bent. The \( \eta_{\text{Mux}} \) of the antenna in the on-body worn scenario is near to −0.85 dB.

E. PEAK GAIN

The peak gain of the proposed MIMO antenna for different bending radii against frequency is given in Fig. 12b and 13b. A peak gain of 6 dBi was observed for the flat antenna. A peak gain of 5.9, 5.6, 6 and 5.8 dBi was observed at 24 GHz for the bending radii (along the x-axis) of 60, 40, 30 and 20 mm respectively. A peak gain of 5.5, 5.47, and 5.36 dBi was observed at 24 GHz for the bending radii (along the y-axis) of 80, 70 and 60 mm respectively.
V. CONCLUSION

This paper presents a high performance MIMO antenna at mm-Wave range (24 GHz) for wearable applications. The proposed MIMO antenna consists of two elements, designed at edge-to-edge distance of 5.14 mm backed by a 5×5 cells electromagnetic bandgap (EBG) structure. Good impedance matching at the resonating frequency (24 GHz) is observed for the antenna in bending and on-body worn scenario. The introduction of the EBG improves the gain by 1.9 dBi, reduces the backward radiation by 8 dB, reduces the power density and enhances the 10-dB bandwidth by 100 MHz. The antenna possesses a low envelope correlation coefficient (ECC) of 0.24, high diversity gain (DG) of 9.7 dB, reasonable multiplexing efficiency of −0.684 dB and a good peak gain of 6 dBi at 24 GHz. The proposed antenna is suitable for wearing applications at the mm-Wave range, thanks to its simple geometry and good capacity to operate when bent and worn on the body.

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