Effects of sludge properties in a combined process of mesophilic anaerobic digestion and thermophilic aerobic digestion

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Abstract. The combination of mesophilic anaerobic digestion and thermophilic aerobic digestion (MAN-TAD) has been recognized as a suitable technology to deal with conventional activated sludge. The MAN-TAD system can make sludge achieve better stability. The retention time of anaerobic digestion (AD-time) had an important role in the sludge stabilization process. With the extension of anaerobic digestion retention time, MAN-TAD system can make sludge achieve better stability. In comparison, volatile/total solids ratio (VS/TS) at AD-time of 38 d presented the lowest values among the three different AD-time with the value of 0.32. Long retention time of anaerobic digestion resulted in high amounts of soluble organic compounds (SCOD), and extracellular polymers (EPS) in the supernatant. Such high amount of organic compounds caused deterioration in sludge dewaterability. Compared with sludges of AD-time 17 d and 24 d, sludge of AD-time 38 d became extremely difficult to dewater due to its high capillary water absorption time (CST) at the end of digestion.

1 Introduction

Conventional activated sludge process is the most widely used wastewater biological treatment process[1]. However, conventional activated sludge process will produce a lot of sludge which is difficult to stabilize and dewater[2]. Biological treatment methods, including aerobic and anaerobic digestion processes, are usually used to stabilize sludge before final disposal. Among these methods, the combination of mesophilic anaerobic digestion and thermophilic aerobic digestion has been recognized as a suitable technology to solve this problem because of its low cost and simple operation[3].

In recent years, the combination of mesophilic anaerobic digestion and thermophilic aerobic digestion has been further improved to simplify application and save aeration energy[4]. Meanwhile, some factors affect the combination process, one of which is the retention time of anaerobic digestion[5, 6]. Previous researchers have pointed out that altering the retention time of anaerobic digestion can affect the efficiency of MAN-TAD[7]. Therefore, it is necessary to study the retention time of anaerobic digestion carefully to find a proper operation mode, and controlled to prevent upsetting the digester by prolonging or shortening anaerobic digestion time.

The primary purpose of sludge stabilization is to degrade the organic matter contained in sludge and kill microorganisms and pathogens[8, 9]. For this reason, the concept of stability is often related to that of putrescibility and odour, too. The volatile/total solids ratio can be used as a stability index[10]. Ratios below 0.40, generally, give an indication of achieved stabilization[11]. Previous studies have found that many factors, including the retention time of anaerobic digestion, will affect the stability of sludge[12, 13].

Sludge dewatering is the key to sludge reduction[4]. However, some researchers have pointed out that sludge mixture is difficult to dewater because of its complex structure and hydrophilic substances such as microbial cells and extracellular polymers[5]. Therefore, it is necessary to further study the sludge dewatering performance of the combination of mesophilic anaerobic digestion and thermophilic aerobic digestion.

This work aims to determine the appropriate retention time of anaerobic digestion and achieve stabilization during MAN-TAD process. According to the obtained results of optimum operation parameters and fundamental theories of anaerobic and aerobic digestions, batch experiments are performed at different AD-times of 17 d, 24 d, and 38 d. Meanwhile, this work investigates volatile solids removal and dewatering characteristics of conventional activated sludge, and analyses the variation of sludge properties before and after the digestion treatment. The purpose of this work is to evaluate the performance of MAN-TAD and provide suggestions for its large-scale application.

2 Materials and methods
2.1 Sludge samples

The sludge used in the experiment was taken from the sewage treatment plant of Jiujiang University, which used sequencing batch process (SBR) to treat domestic sewage. Their characteristics are shown in Table 1. The total solid (TS), volatile solid (VS), NH\textsuperscript{4}+-N and pH value were determined according to the standard method\cite{14}. The capillary water absorption time was measured by Triton 304 CST tester.

| Parameters | Results          |
|------------|------------------|
| pH         | 6.43 ± 0.05      |
| NH\textsuperscript{4}+-N | 47.3 ± 4.5 mg/L  |
| SCOD       | 104.5 ± 6.3 mg/L |
| TS         | 26100 ± 300 mg/L |
| VS         | 11900 ± 100 mg/L |
| CST        | 4.3 ± 2.0 s/g    |

2.2 Experimental setup

500 mL of sludge solution was placed in an anaerobic reactor in a constant temperature water bath at 55 ± 2 °C for 17 days, 24 days and 38 days, respectively. After anaerobic digestion, the sludge solution was transferred to an aerobic reactor with a constant temperature water bath at 35 ± 2 °C for aeration. After the specified time of aerobic aeration (1 d, 3 d, 5 d, 8 d and 15 d), samples were taken to determine TS, VS, pH, NH\textsuperscript{4}+-N, CST and EPS.

2.3 EPS extraction and analysis

EPS was extracted by heating. The extraction method is as follows: take 4 mL of sludge into a centrifuge tube, centrifuge it at 4000 g/min for 5 min, and the supernatant is slim; add 0.05% NaCl solution into the centrifuge tube to the original mass, shake it well, and then take a water bath at 50 °C for 5 min, then centrifuge it at 4000 g/min for 10 min, and the supernatant is LB-EPS.

Prior to chemical analysis, the supernatant of sludge sample was filtered through a 0.45 mm filter. The content of polysaccharide in EPS was determined by anthrone sulfuric acid method with glucose as standard\cite{15}; the content of protein and humic substance was determined by modified Lowry method with egg protein and humic acid as standard\cite{16}.

3 Results and discussion

3.1 Variation of pH and NH\textsuperscript{4}+-N at different AD-times

The effects of different AD-times (17 d, 24 d, and 38 d) on pH are shown in Figure 1. The pH of the digester was not regulated in these batch-operation experiments. In the initial 3 d of anaerobic digestion, the pH decreased with increasing retention time because of the effect of hydrolytic-acidification\cite{17}; then gradually increased to higher than 7.8, which was due to the release of protein by cytolysis, which produced a large amount of NH\textsuperscript{4}+-N through deamination.

![Figure 1. Variation of pH at different AD-times](image1)

Variations of contents of NH\textsuperscript{4}+-N in the supernatant at different AD-times are shown in Figures 2. From the data, it can be seen that the content of NH\textsuperscript{4}+-N increased continuously in the first 3 days, reaching the maximum values of 8.4, 8.3, and 8.4, respectively. After reaching the maximum values, the pH sharply declined to less than 7.8 in the next 4 days. Previous researchers have pointed out that pH value is related to the hydrolysis release of reduced nitrogen and subsequent acid-base transformation\cite{18}. The pH of MAN-TAD system was usually alkaline, which was consistent with the law of one-stage ATAD studied by other researchers. However, pH of the combined process of mesophilic anaerobic digestion and thermophilic aerobic digestion system is complex and affected by many factors\cite{19}. In fact, the pasteurization effect of the combined process is due to temperature, but also due to the increased pH value in the treatment process\cite{20}.

![Figure 2. Variation of NH\textsuperscript{4}+-N at different AD-times](image2)
Figure 2, the NH$_4^+$-N content increased continuously in the first 30 days, reaching the maximum value of 569.1 ± 20.0 mg/L and retaining to the end of the anaerobic digestion. When aerobic digestion begins, the concentration of NH$_4^+$-N at different AD-times (17 d, 24 d, and 38 d) sharply declined to less than 100 mg/L, indicating that NH$_4^+$-N were used in thermophilic aerobic digestion. Previous researchers have pointed out that denitrification and nitrification were inhibited with little loss of nitrogen as nitrogen in the combined process of mesophilic anaerobic digestion and thermophilic aerobic digestion system[21]. Aeration can reduce the contents of NH$_4^+$-N in the supernatant by removing the produced NH$_3$. The surplus soluble NH$_4^+$-N was actually dissolved in the sludge water, and reaches the dynamic balance on the basis of the reaction: NH$_3$ + H$_2$O ⇔ NH$_4^+$ + OH$^-$, which improves the pH value of the AD-TAN system.

3.2 Variation of SCOD at different AD-times

The result of SCOD in the supernatant for the MAN-TAD is shown in Figure 3. As shown in Figure 3, SCOD concentrations sharply increased to the highest values of 2000 mg/L in the first 3 days of anaerobic digestion. After maintaining the high value for 3 days, SCODs began to decrease, and gradually showed slight fluctuation in the later stage of digestion. Compared with other curves, SCOD at AD-Time 17 d showed the highest values after 15 days of thermophilic aerobic digestion because of the high number of microorganisms. According to previous studies, a large number of intercellular organic substances, including some thermostable enzymes, were released into the supernatant due to endogenous decay and enhanced cell wall dissolution, which led to a sharp increase in the concentration of SCOD[22]. With the start of aerobic digestion, aerobic bacteria rapidly proliferated and consumed the organic matter in the supernatant, resulting in a rapid reduction of the organic matter in the reactor, as suggested by the SCOD decline in the post digestion period.

![Figure 3. Variation of SCOD at different AD-times](image)

3.3 Variation of CST at different AD-times

EPS have been found to play an important role in sludge dewatering process[23]. EPS govern sludge properties, like surface charge, hydrophobicity, bond water content and floc strength. Sludge containing compact flocs without single cells and dissolved EPS had high dewaterability[24]. The release of excessive EPS showed a negative effect on sludge dewatering. The protein-like polymers in EPS might be responsible for worse dewaterability after microwave treatment. It was also found that the characteristics of EPS were more important than their quantity in sludge dewatering[25]. The variation of normalized ESP at different AD-times are shown in Figure 4.

As shown in Figure 4, protein and polysaccharide concentrations sharply increased to the highest values of 32 mg/g and 6.8 mg/g in the first 3 days of anaerobic digestion. After reaching the maximum values, protein and polysaccharide concentrations declined to less than 15 mg/g and 5 mg/g in the next 15 days. Protein and polysaccharide concentrations at different AD-times (17 d, 24 d, and 38 d) increased continuously in the first 3 days, reaching the maximum values and retaining to the end of the aerobic digestion.

![Figure 4. Variation of EPS at different AD-times](image)

Sludge dewatering is the key to sludge reduction. According to previous studies, sludge mixture is difficult to dewater because of its complex structure and hydrophilic substances such as microbial cells and extracellular polymers[26]. The normalized capillary water absorption time provides a simple, fast and cheap way to measure the dewatering potential of sludge. The variation of normalized CST at different AD-times are shown in Figure 5.

As shown in Figure 5, CSTs at different AD-times gradually increased with prolonged digestion time, indicating that all sludge becomes difficult to dewater.
after digestion. Compared with sludges of AD-time 17 d and 24 d, Sludge of AD-time 38 d became extremely difficult to dewater due to its high CST at the end of digestion. CST at AD-time of 38 d increased 2.7 times at the end of aerobic digestion. However, CST at AD-time of 17 d was relatively low throughout the digestion process and still maintained the value at 46.69 ± 4.1 s/g. Some researchers have pointed out that sludge mixture is difficult to dewater because of its complex structure and hydrophilic substances such as microbial cells and extracellular polymers[27]. In addition, strong correlation was noted between normalized CST and EPS. In this work, sludge with a TS of 38 with poor dewaterability showed high EPS concentration in the supernatant in the MAN-TAD system.

### 3.4 Variation of VS/TS at different AD-times

The primary purpose of sludge stabilization is to degrade the organic matter contained in sludge and kill microorganisms and pathogens[28]. For this reason, the concept of stability is often related to that of putrescibility and odour, too. VS/TS can be used as a stability index. Ratios below 0.40, generally, give an indication of achieved stabilization. The variation of VS/TS at different AD-times are shown in Figure 5.

As shown in Figure 5, VS/TS sharply decreased to 0.41 in the first 3 days of anaerobic digestion. The slow average removal rate decreased by 0.11% per day from 3 to 46 d, with a minimum value of 0.36. At AD-time of 17 d, VS/TS decreased to 0.34 after 15 days of thermophilic aerobic digestion. The VS/TS at AD-time of 24 d and 38 d were relatively lower, indicating that short AD-time contributed to less energy in MAN-TAD system. In comparison, VS/TS at AD-time of 38 d presented the lowest values among the three different AD-time with the value of 0.32. The results showed that with the extension of anaerobic digestion retention time, MAN-TAD system can make sludge achieve better stability.

### 4 Conclusion

The MAN-TAD system can make sludge achieve better stability. The retention time of anaerobic digestion had an important role in the sludge stabilization process.

1. Long retention time of anaerobic digestion resulted in high amounts of soluble organic compounds of SCOD, and EPS in the supernatant. Such high amount of organic compounds caused deterioration in sludge dewaterability. Compared with sludges of AD-time 17 d and 24 d, Sludge of AD-time 38 d became extremely difficult to dewater due to its high CST at the end of digestion.
2. With the extension of anaerobic digestion retention time, MAN-TAD system can make sludge achieve better stability. In comparison, VS/TS at AD-time of 38 d presented the lowest values among the three different AD-time with the value of 0.32.

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