Mechanical properties of lightweight foam concrete filler for roadbed of high-speed railway

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Abstract

A high-speed railway has high requirements for line smoothness, and uneven settlement control is the primary factor considered in the design and operation of the subgrade. The emergence of lightweight subgrade structures meets the needs of the development of the high-speed railway. As a kind of filling material with good performance, lightweight foam concrete can effectively reduce the load and excessive settlement of subgrade and effectively reduce the cost of foundation treatment. This paper studied the dynamic characteristics of lightweight foam concrete with different wet densities and water-bearing states under train loading. The effects of wet density and fly ash content on the compressibility, impermeability, and frost resistance of lightweight foam concrete were analyzed in detail. The results show that the lightweight foam concrete still has high residual strength after compression, which is about 60% of its peak strength. Under different mix ratios, the critical dynamic stress of the lightweight foam concrete is generally 0.2–0.3 times the unconfined compressive strength, and the dynamic elastic modulus increases with the increase of wet density and cyclic stress amplitude. With the fly ash content increasing, the volume water absorption of lightweight foam concrete decreases first and then increases, and the critical value of fly ash content is 40%. The frost resistance of lightweight foam concrete gradually increases with the increase of wet density, and the dynamic elastic modulus of the sample with 279 kg·m−3 density lost 41.1% after 20 freeze–thaw cycles. When the content of fly ash is 20%, the frost resistance of lightweight foam concrete is equivalent to that of pure cement.

Keywords Lightweight foam concrete • Wet density • Dynamic properties • Compressive strength • Impermeability • Frost resistance

Introduction

Due to the fast speed of high-speed railway and high requirements for line smoothness, the control of uneven settlement is the primary factor to be considered in roadbed design. China’s geological conditions are very complicated; the traditional foundation treatment methods are mostly used in the existing settlement control, which in soft soil areas and transition sections is not ideal. Therefore, it is particularly urgent to research and develop new and more adaptable roadbed structures and filling materials.

Lightweight foam concrete is a kind of lightweight cement-based material prepared by introducing air bubbles into cement paste or mortar by appropriate foaming means (Ramamurthy et al. 2009; Liu et al. 2016; Hu et al. 2016). This material has the advantages of lightweight, high strength, good fluidity, stable performance, strong uprightness, and low environmental impact and has been widely used in geotechnical engineering (Hilal et al. 2015; Amran et al. 2015; Kuzyelov et al. 2016). In 1986, lightweight foam concrete was first applied as road filling in Japanese road construction so as to reduce the load and effectively treat road landslides (Toshiyasu et al. 2000). Satoh et al. (2001) analyzed the
Wang et al. (2019) also pointed out that a small amount of fly ash can significantly improve the permeability of concrete. The review of Amran et al. (2015) shows that the dry shrinkage decreases with the increase of aggregate and water content of lightweight foam concrete. At a higher water content, lightweight foam concrete will have larger shrinkage deformation (Jones and McCarthy 2005). The durability of lightweight foam concrete is also affected by repeated soaking and evaporation of water-soluble cementitious materials. Due to the short service time of lightweight foam concrete, there are few researches on its frost resistance. It is pointed out that the frost resistance of lightweight foam concrete is related to temperature. When the temperature rises and decreases relatively quickly, the frost resistance of lightweight foam concrete is poor (Tan et al. 2013). Jerman et al. (2013) found that the frost resistance index of strength and mass loss of aerated concrete is related to the water condition. After 50 freeze–thaw cycles, there is no strength loss and quality loss of aerated concrete in a dry state.

In this paper, the long-term dynamic characteristics of lightweight foam concrete with different densities and water-bearing states under cyclic loading were studied through a series of dynamic triaxial tests. The effects of wet density and fly ash content on the compressibility, impermeability, and frost resistance of lightweight foam concrete were analyzed in detail. The research results provide a theoretical reference for the application of lightweight foam concrete in the design and construction of ballastless track subgrades of high-speed railway.

### Experimental procedure

#### Sample preparation

An A01 foaming agent was adopted in the preparation of samples. The foaming agent and water were diluted according to the optimum dilution ratio, put into the liquid storage tank, and then pressurized to 0.5 MPa by an air compressor. Finally, the air valve and the liquid valve were opened so that the foaming liquid and air could be mixed in the foaming gun to obtain the foam.

When preparing the lightweight foam concrete sample, take the cement and water according to the water–cement ratio and stir evenly and then add the foam prepared by the foaming device and fully stir. The PVC pipe mold sealed at the bottom was taken for the lightweight foam concrete pouring. Each sample was a cylinder, with a size of 50 mm in diameter and 100 mm in height. After the pouring was completed, the samples were cured in the natural environment for 28 days and then removed in the mold. The sample of lightweight foam concrete is shown in Fig. 1.

#### Selection of test parameters

According to the on-site driving test results, the dynamic stress time–history response curve of the ballastless subgrade
was obtained. It was found that the variation of the subgrade
dynamic stress with time is close to the sine wave curve, and
the frequency response range of the subgrade subjected to the
axle action is between 3.9 and 15.5 Hz. As far as the long-term
dynamic stability of the roadbed is concerned, low-frequency
load plays a controlling role in general, so the loading frequen-
cy of this test was set to 5 Hz.
Considering the application of lightweight foam concrete
material to the filler in the transition section and its upright, the
confining pressure was taken as 30 kPa. Due to the different
drainage conditions of the foundation bed, the lightweight
foam concrete at different depths has different water-bearing
states, so samples of lightweight foam concrete in natural dry-
ing and water saturation were selected for the dynamic triaxial
test. The loading times of the test were 50,000 times.
The uniaxial compression tests of the lightweight foam
concrete were carried out by using WDW computer control
electronic universal testing machine. The impermeability test
of lightweight foam concrete refers to the test principle of the
seepage height method of ordinary concrete. The permeability
was evaluated by the time required for all infiltration of the
specimen. The specimen was a round table with a size of
175 mm in upper diameter, 185 mm in lower diameter, and
150 mm in height. The wet density was set to 400, 500, 600,
700, 800, 900, and 1000 kg·m\(^{-3}\). The water–cement ratios
were 0.4, 0.5, 0.6, and 0.7.

Analysis of dynamic properties

Critical dynamic stress

Critical dynamic stress refers to the ability of materials to
resist dynamic failure, which is usually expressed as the
amplitude of dynamic stress required to reach a certain failure
standard under a certain number of load cycles. Figure 2
shows the loading curves of lightweight foam concrete with
different mix ratios under different dynamic stress amplitudes.
It can be seen that the cumulative deformation is large at the
beginning of 2000 cyclic loads. There are some fragile pores
and defects on the surface of foamed lightweight concrete
samples. These pores and defects are compacted at first, and
a large cumulative deformation occurs when the number of
actions is small. When the cyclic stress is less than or equal to
the critical dynamic stress, the cumulative settlement is basi-
cally unchanged after a certain number of cyclic loading.
When the cyclic stress is greater than the critical dynamic
stress, the cumulative deformation continues to increase,
which shows a linear increasing phenomenon until sudden
failure. And the cumulative deformation increases with the
increase of the dynamic stress amplitude.

Based on the analysis of the positive and negative relation-
ships of the slope between the loading amplitude cumulative
deflection, the critical dynamic stress of lightweight foam
concrete under different mix ratios was obtained, as shown in
Table 1. Under different mix ratios, the critical dynamic stress
of lightweight foam concrete is generally 0.2~0.3 times the
unconfined compressive strength, which is slightly lower than
that of geotechnical materials (1/3~1/2).

When the density is low, the ratio of critical dynamic stress
to the compressive strength of lightweight foam concrete in a
100% water-bearing state is lower than that in a natural dry
state. The pore content of the sample with lower density is
higher, which is easy to cause the phenomenon of “through
hole.” When the load acts on the top surface of the sample, the
aqueous solution overflows from around, and the solid skele-
ton still plays the role of the strength of the sample.
density sample can form a closed void, and the aqueous solution in the closed hole could not be discharged in time under the load. Due to the incompressibility of liquids, the sample can withstand greater stress, resulting in an increase in critical dynamic stress.

**Dynamic elastic modulus**

The variations of dynamic elastic modulus of lightweight foam concrete under different frequencies and loads are shown in Fig. 3. It can be seen that the dynamic elastic modulus of lightweight foam concrete increases with density and cyclic stress amplitude increasing. When the load amplitude is small, the dynamic elastic modulus shows a “fluctuation phenomenon.” This is because the loading surface of the sample is not completely smooth, which may cause the top surface of the sample to bear all the stress loads locally, resulting in a lower dynamic elastic modulus. With the loading frequency increasing, when the lightweight foam concrete produces elastic deformation, the self-deformation is not completely recovered and the propagation velocity of stress wave in the multi-void foam material is slow, which causes the stress cancelation, and the dynamic elastic modulus tends to increase.

Water has a certain softening effect on the solid skeleton of lightweight foam concrete materials; the dynamic elastic modulus in the natural dry state is higher than that in the 100% water-bearing state under the same loading amplitude. At the same time, it can be found that when the density of lightweight foam concrete is between 550 kg·m⁻³ and 650 kg·m⁻³, the dynamic elastic modulus is similar to that of graded macadam, which can be used as the mix ratio for laboratory tests.

**Hysteretic curve**

Figure 4 illustrates the hysteresis curve of lightweight foam concrete under repeated loading and unloading in a dynamic triaxial test. When the loading strength is less than the critical dynamic stress, the hysteretic curve is flat and thin, indicating that the viscosity of lightweight foam concrete is small and reflecting that its damping ratio and energy dissipation are small. The lightweight foam concrete mainly produces elastic deformation under the loading force, and the reciprocating deformation movement in an elastic state consumes almost no energy. When the loading strength is greater than the critical dynamic stress, the shape of the hysteretic curve tends to be wider and thicker. Under cyclic loading, in addition to the elastic deformation energy consumption, the lightweight foam...
concrete sample produces cumulative plastic deformation, and the energy loss caused by solid particle friction increases gradually. Therefore, the hysteretic curve becomes wider and thicker and tends to be as smooth as the hysteretic curve of the viscoelastic body. When the lightweight foam concrete is used as the filling material of the offline structure, the actual engineering situation is not allowed to consume energy by the damage of the material itself.

**Analysis of durability**

**Compressive property**

The compressive stress–strain curves of lightweight foam concrete under different densities are shown in Fig. 5. It can be seen that the axial compression curve of the samples is basically divided into four stages. (1) Compaction stage: There are some fragile pores and defects in the lightweight foam concrete, which are compacted at first, and the stress increases slowly with strain. (2) Elastic stage: The stress increases linearly with the strain and changes greatly, and the external force is carried by the whole specimen. (3) Brittle stage: This stage is accompanied by the propagation of microcracks and the generation or collection of new cracks inside the specimen. The elastic modulus decreases compared with the elastic stage. (4) Yield stage: It could be divided into two failure cases: shock yield and point yield.

With the increase of wet density of lightweight foam concrete, the yield stage transitions from shock yield to point yield, and the amplitude of the point yield’s sudden drop increases. In the compression process of lightweight foam concrete, the stress and strain are expressed as (a) elastic deformation within the range of strength, (b) plastic deformation after exceeding the strength, and (c) ductile failure. There is still a high residual strength after failure, which is about 60–70% of its peak strength.

**Impermeability test**

**Impermeability of lightweight foam concrete**

The impermeability test results of lightweight foam concrete under different wet densities and water–cement ratios are...
shown in Table 2. It can be seen that the infiltration time of lightweight foam concrete increases with the wet density increasing. When the wet density is less than 600 kg·m$^{-3}$, the increment is small. While the infiltration time increases rapidly with the increase of wet density and basically increases linearly when the density is more than 600 kg·m$^{-3}$. Low-density lightweight foam concrete has more foam added during the preparation process, the cement content is low, and the foam is easy to deform and burst. After setting and hardening, the porosity is high, and there are many macropores and connected pores. In addition, the water–cement ratio is larger than that of high density, and the excess water evaporates and leaves a bleeding channel in the process of setting and hardening. So the external water easily enters along the connected pores, and the corresponding impermeability is poor.

The infiltration time of lightweight foam concrete increases at first and then decreases with the increase of the water–cement ratio. When the water–cement ratio is relatively small, the fluidity of cement paste is not good, and a large number of cement particles agglomerate, which will cause the deformation and rupture of foam in the stirring process, resulting in the increase of internal defects and poor impermeability of lightweight foam concrete. With the increase of the water–cement ratio, the fluidity and uniformity of the slurry are improved, and the impermeability is improved. However, with the further increase of the water–cement ratio, the water layer surrounding the cement particles is thicker, and the amount of water not involved in the hydration reaction increases. The water easily infiltrates into the lightweight foam concrete, and its impermeability decreases.

Analysis of volume water absorption

With the increase of dry density, the water absorption of lightweight foam concrete decreases obviously, as shown in Fig. 6. The water absorption of low-density lightweight foam concrete is very high, in which the water absorption of the sample with a dry density of 274 kg·m$^{-3}$ reaches 86.5%, while that of the sample with a dry density of 954 kg·m$^{-3}$ reduces to 29.4%. The variation of water absorption is more sensitive when the density of lightweight foam concrete is lower than 500 kg·m$^{-3}$. Figure 7 illustrates the scanning electron microscope images of the lightweight foam concrete sample. It can be seen that the pore size of the sample with a density of 500 kg·m$^{-3}$ is large, and the pore diameter reaches 0.2~0.3 mm. While the cell wall is very thin, about 0.03 mm, which is only about one tenth of the pore diameter.

Mineral admixtures also have a great influence on the properties of lightweight foam concrete. Figure 8 shows the relationship between the amount of fly ash and the water absorption of lightweight foam concrete. The water absorption decreases at first and then increases with the fly ash content increasing, and when the fly ash content is 40%, the water absorption is the lowest. The active effect of coal ash weakens the internal pore deterioration caused by the dissolution and precipitation of concrete. The secondary hydration consumes the weak Ca(OH)$_2$ crystals in the concrete, reduces the internal porosity, and improves the compactness of the concrete. However, when the amount of fly ash content exceeds a certain range (40%), too much fly ash will reduce the internal compactness of concrete, and the influence of the above effects will be greatly reduced, which leads to the increase in water absorption.

The volume water absorption of the sample is also different with different soaking times. It can be seen from Fig. 9 that the water absorption shows an upward trend with the increase of soaking time, and the water absorption of low-density samples changes more obviously with time. This may be due to a large number of pores in the low-density lightweight foam concrete, it takes a longer time to reach saturation. And because the
pores in the lightweight foam concrete are mostly closed pores, it requires a longer time for water molecules to enter the interior, which may also lead to a prolonged water absorption time.

**Analysis of creep characteristic**

According to the strength of lightweight foam concrete specimen, the creep loading mode was selected as follows: confining pressure and axial load. The creep test results of specimens with a density of 800 kg·m$^{-3}$ and water content of 40%, 50%, and 60% are shown in Fig. 10. The creep characteristics of lightweight foam concrete after water absorption are very obvious, and the deformation of the first stage is basically the same, which is mainly compaction, and there is no crack expansion. In the second stage, the difference is obvious with the increase of water content, and the higher the water content is, the greater the strain is. The third stage is the accelerated creep stage, and the cracks expand rapidly. The more the fissures develop, the stronger the weakening effect of water is. The upward trend of the creep curve increases with the increase of water content. It can be seen that with the water content increasing, the deformation and failure resistance of lightweight foam concrete degrade obviously. When the selected axial load is reduced to 100 kPa, the three-stage characteristics of creep become no longer obvious.

**Analysis of dry–wet cycle test**

Water has a great influence on the strength and other mechanical properties of lightweight foam concrete. In practical engineering, lightweight foam concrete may also suffer from the
effects of dry–wet cycles, and this effect is stronger and more serious than the deterioration caused by the water-bearing state alone. Figure 11 illustrates the variation of internal water pressure and pore water pressure of lightweight foam concrete within 7 months of practical application. The internal water pressure and pore water pressure both change periodically in a certain range, indicating that the lightweight foam concrete suffered from dry–wet cycle erosion during this period.

The stress–strain relationship of lightweight foam concrete with an initial water content of 7% and a confining pressure of 300 kPa under different dry–wet cycles is shown in Fig. 12. Due to the effect of the dry–wet cycle, the overall shear strength of roadbed specimens is gradually weakened. After 10 dry–wet cycles, the shear strength tends to be stable with the increase of the number of cycles. The dry–wet cycle may destroy the shear skeleton structure of the roadbed sample itself and the colloidal structure of soluble salt. With the extension of the cycle, the content of soluble salt is basically stable, and the new structure of the roadbed sample is formed. Although the shear strength is lower than that of the original, the new structure has good stability and durability.

Figure 13 represents the strength of lightweight foam concrete with different densities varying with the number of dry–wet cycles. It can be seen that with the number of dry–wet cycles increasing, the strength of lightweight foam concrete decreases gradually, and the two approximately satisfy the power function relationship. The lower the density is, the easier the lightweight foam concrete is to be destroyed under the dry–wet cycle. Because the strength of lightweight foam concrete is low, it is easy to soften when subjected to water erosion. And cracks occur in the drying process, which makes the water further transfer to the inside of the matrix, resulting in the accumulation of damage and the deterioration of lightweight foam concrete performance.

**Analysis of frost resistance**

Figure 14 shows the development of the dynamic elastic modulus loss of lightweight foam concrete with different dry densities with the number of freeze–thaw cycles. The frost resistance of lightweight foam concrete gradually increases with the increase of density. After 20 freeze–thaw cycles, the dynamic elastic modulus loss rate of the sample with a density of 1044 kg·m$^{-3}$ is only 26.3%, while that of the sample with a density of 279 kg·m$^{-3}$ is 41.1%, which can be considered to
have reached the maximum number of freeze–thaw cycles. Due to the large proportion of internal pores and more internal through holes in low-density lightweight foam concrete, the water absorption is very large, so the frost resistance decreases.

The fly ash has an activity effect, particle shape effect, and microaggregate effect, which are helpful to reduce the internal porosity of concrete, improve the pore structure of concrete, and improve the compactness of concrete. Figure 15 illustrates the effect of fly ash content on the frost resistance of foam light concrete. When the fly ash content is 20%, the frost resistance of lightweight foam concrete is equal to that of pure cement. The sample with 40% fly ash has the best frost resistance, and the loss of dynamic elastic modulus is only 27.1% after 20 freeze–thaw cycles. When the fly ash content increases to 60%, the frost resistance decreases obviously, and the dynamic elastic modulus loss rate reaches 33.8% after 20 freeze–thaw cycles, which is 19.1% lower than that of pure cement. And it is close to the maximum number of freeze–thaw cycles. Therefore, the optimum amount of fly ash determined in this experiment is 40%.

Fig. 13 Variations of compressive strength of lightweight foam concrete with the number of dry–wet cycles with different densities. a $\rho = 500 \text{ kg/m}^3$. b $\rho = 800 \text{ kg/m}^3$

Fig. 14 Effect of density on frost resistance of lightweight foam concrete

Fig. 15 Effect of fly ash content on frost resistance of lightweight foam concrete
Conclusions

In this study, a series of cyclic triaxial tests have been carried out to investigate the dynamic behavior of lightweight foam concrete under train loading. The effects of density and fly ash content on the compression, impermeability, and frost resistance of lightweight foam concrete were analyzed. The main conclusions obtained are as follows:

1. In the compression process of lightweight foam concrete, the stress–strain characteristics are expressed as (a) elastic deformation within the range of strength, (b) plastic deformation after exceeding the strength, and (c) ductile failure. There is still a high residual strength after failure, which is about 60–70% of its peak strength.

2. Under cyclic load, the cumulative settlement is basically unchanged when the cyclic stress is less than the critical dynamic stress, and the cumulative deformation increases linearly until sudden failure when the cyclic stress is greater than the critical dynamic stress. The critical dynamic stress of lightweight foam concrete is generally 0.2–0.3 times the unconfined compressive strength. The dynamic elastic modulus of lightweight foam concrete increases with the increase of density and cyclic stress amplitude.

3. With the increase of density, the volume water absorption of lightweight foam concrete decreases gradually. The water absorption decreases at first and then increases with the fly ash content increasing, and the critical value of fly ash is 40%. Water will deteriorate the lightweight foam concrete and reduce its strength.

4. The frost resistance of lightweight foam concrete increases with the increase of density. With the increase of fly ash content, the frost resistance first increases and then decreases, and when the fly ash content is 20%, the frost resistance is equivalent to that of pure cement. The optimum amount of fly ash determined in this research is 40%.

Declarations

Conflict of interest The authors declare that they have no competing interests. We declare that we have no financial and personal relationships with other people or organizations that can inappropriately influence our work. There is no professional or other personal interest of any nature or kind in any product, service and/or company that could be construed as influencing the manuscript.

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