Research Article

Antioxidant Properties of Grapevine Leaves Obtained by Optimized Microwave Assisted Extraction

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ABSTRACT

In this study, the optimum microwave assisted extraction (MAE) parameters (solid/liquid ratio, time and power) determined by Box-Behnken Design (BBD) of Response Surface Methodology (RSM) for the extraction of antioxidant compounds from grapevine leaves. The BBD was used to define the effects of independent variables on Total Phenolic Content (TPC), DPPH radical scavenging activity and Trolox Equivalent Antioxidant Capacity (TEAC). Second-order polynomial model and regression analysis were used for prediction optimum point. The optimum conditions for MAE of grapevine leaves were determined as solid/liquid ratio of 30%, power of 300 W and time of 300 sec. All of the models was found valid and significant independent variables (R²) were found as 0.9282, 0.9340 and 0.9380 and the predicted experimental value of design 58.204 mg GAE/mL extract, 95.905% and 65.123% for TPC, DPPH scavenging activity and TEAC, respectively. The results of the present showed that MAE of grapevine leaves produce the extracts with a higher antioxidant values in a shorter time when compared with solvent extraction.

Keywords: Grapevine leaves, microwave, optimization, antioxidant, response surface methodology

Asma Yaprağından Antioksidan Bileşiklerin Mikrodalga Destekli Ekstraksiyonunun Optimizasyonu

ÖZET: Bu çalışmada, asma yaprağından antioksidan bileşiklerin ekstraksiyonu için mikrodalga destekli ekstraksiyon parametreleri (katı/sıvı oranı, süre ve güç) yüzey yanıt yönteminin box-behnken dizaynı (BBD) kullanılarak belirlenmiştir. BBD boşluk değişkenlerin toplam fenolik madde içeriği(TPC), DPPH radikal süpürücü aktivite ve trolox eşdeğeri antioksidan kapasite(TEAC) üzerine etkisini belirlemek amaçlı kullanılmıştır. Asma yaprağının mikrodalga destekli ekstraksiyonu için optimum koşullar; 30g 100mL-1 katı/sıvı oranı, 300w güç ve 300 s süre olarak belirlenmiştir. Modelin tümü anlamlı bulunmuş ve boşluk değişkenlerin önemi (R2) TPC, DPPH süpürücü aktivite ve TEAC, sırasıyla 0.9282, 0.9340 ve 0.9380 olarak ve dizaynın tahminlediği deneySEL veriler ise 58.20 mg GAE/ml ekstrakt, 95.91% ve 65.12% olarak bulunmuştur. Sonuçlar solvent ekstraksiyonu ile karşılaştırıldığında mikrodalga destekli üretilen asma yaprağı antioksidanlarının daha düşük sürede daha yüksek değerleri sahip olduğu görülmüştür.

Anahtar Kelimeler: Asma Yaprağı, mikrodalga, optimizasyon, antioksidan

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Introduction
Grape is one of the most farmed products worldwide, grape production has reached over 77 MT in 2019 (FAOSTAT, 2021) and grapevine leaves are the byproducts of wine making industry (Harb et al., 2015). Many studies have shown that grapevine leaves contain health beneficial bioactive phenolic compounds (Andelković et al., 2015; Farhadi et al., 2016). Grapevine leaves have traditionally been used a natural treatment for hypertension, hypoglycemia, diarrhea, chronic venous insufficiency and inflammatory disorder (Orhan et al., 2009)

Emerging extraction techniques such as MAE have recently been investigated as an alternative to the conventional extraction process. It is faster than solvent extraction techniques for heating solvent (Mohan et al., 2013). Microwave heating can increase of internal pressure of the cell thus disrupt plant cell wall structure (Chen and Spiro, 1995). The phenolics and phytosterols have been extracted by the use of MAE (Mustapa, Martin, Mato, and Cocero, 2015; Roselló-Soto et al k., 2015), resulting in high extraction yield, short extraction time, and less consumption of extraction solvent (Dahmoune et al., 2015). Apparently, extraction parameters might alter the characteristics of final product. For example, it has been reported that the increase in microwave power provide faster solvent penetration thus higher bioactive component extraction (Yan et al, 2010).

Efficient MAE of bioactive compounds from different materials requires optimization of extraction parameters such as power, time, solid/liquid ratio and temperature. The RSM is an effective tool for the determination of optimum extraction conditions (Box and Wilson., 1951) and has been used in various processes (Bezerra et al., 2008; Sharmila et al., 2013; Wu et al., 2015).

Although several investigations have been performed for the extraction of bioactive compounds from grapevine leaves, no study has been available on the optimization of MAE of bioactive compounds from grapevine leaves. For this reason, in this study, it was aimed to determine the optimum parameters for MAE of antioxidant compounds from grapevine leaves.

Materials and Methods
Materials
Grapevine leaves were collected from Kayseri (Kayseri, Turkey). The leaves were gathered in spring and they were dried in room conditions in the sunless environment. Dried leaves were ground and stored at -20 °C. Sodium phosphate dibasic (Na₂HPO₄) (10028-24-7) and sodium phosphate monobasic (NaH₂PO₄) (7558-80-7) were purchased from Merck and Carlo Erba, respectively. 2,2-diphenyl-1-picrylhydrazyl (DPPH) (D913-2) and 2,2′-azinobis (3-ethylbenzothiazoline 6-sulfonate) (ABTS) (A1888-1) were purchased from Sigma-Aldrich.

Methods
Microwave Assisted Extraction
The MAE was carried out by microwave digestion system (Mars 6, CEM, USA) operating at maximum power of 1800W power and 59 min of treatment time. Samples were prepared in vessels using solid/liquid ratio, microwave application time and power determined by RSM and then vessels were placed in microwave system. Microwave treated samples were centrifuged at 9000 rpm for 15 min at 25 °C and were filtered through filter paper and supernatants were collected then stored at -18°C.

Experimental Design
BBD of RSM (Design Expert, Trial Version 7, Stat-Ease Inc., Minneapolis, MN) was used to determine the optimum levels of the three independent variables (X₁, microwave extraction ratio; X₂, microwave extraction time; X₃, microwave extraction power) and three levels (-1, 0, +1) were evaluated according to optimum combinations of TPC, DPPH radical scavenging activity and TEAC. The experimental parameters for BBD were given in Table 1.

The ratio of solid to solvent varied from 4 to 30 g/mL, extraction time from 60 to 300 sec and microwave power from 50 to 300 W. All the
ranges for the parameters were selected based on the literature and the preliminary experimental work. The range of variables and their levels were shown in Table 2.

Polynomial second degree model was used for evaluated independent variables X1, X2 and X3 for TPC, DPPH radical scavenging activity and TEAC, respectively.

\[ Y = \beta_0 + \sum \beta_i X_i + \sum \beta_{ii} X_i^2 + \sum \beta_{ij} X_i X_j \]

Predicted response Y, the fixed response at central point is \( \beta_0 \), the linear, quadratic and interaction coefficients are \( \beta_i \), \( \beta_{ii} \) and \( \beta_{ij} \) respectively. the levels of the independent variables are \( X_i \) and \( X_j \).

**Classical Solvent Extraction**

Classical solvent extraction method was used for determined effectiveness of MAE according to classical methods. For this reason, 30% (determined optimum ratio) sample of grapevine leaves were weighed. Prepared samples with distilled water were waited on magnetic stirrer (KS 4000i, IKA, Germany) for 2 h. After extraction process, samples were centrifuged at 9000 rpm for 15 min at 25 °C and were filtered through filter paper and supernatants were collected. TPC, DPPH scavenging activity and TEAC analysis were done and the results were compared with results of MAE extracts.

**Total Phenolic Content (TPC)**

Folin-Ciocalteu colorimetric method was used for TPC. Folin-Ciocalteu reagent was diluted ten times with distilled water. \( \text{Na}_2\text{CO}_3 \) (%20) was prepared with distilled water. Extract of sample (30\( \mu \)L), diluted Folin-Ciocalteu reagent (150 \( \mu \)L) and \( \text{Na}_2\text{CO}_3 \) (120 \( \mu \)L) were added to microreader (Multiscan FC, Tehrno Fisher, USA) plate. The absorbance was determined by microreader at 750 nm after 60 min incubation. TPC was expressed as mg gallic acid equivalent (GAE)/mL extract by the calibration curve generated with GA (Şağdıç et al. 2013).

**DPPH Radical Scavenging Activity**

The scavenging activity of samples for the radical 2,2-diphenyl-1-picrylhydrazyl (DPPH) was determined as described by Orhan et al.,(2007), with some modifications. DPPH radical solution was prepared with ethanol. 30 \( \mu \)L grapevine leaf extract and 270 \( \mu \)L DPPH solution were added in microreader plate and microreader was set 5 min shake and 55 min wait at room temperature in the dark thereafter absorbance was measured at 520 nm (Multiscan FC, Tehrno Fisher, USA). Following equation was used for calculate the % scavenging activity.

\[ \text{DPPH} \% = \left( 1 - \frac{\text{Absorbance of sample}}{\text{Absorbance of control}} \right) \times 100 \]

**Trolox Equivalent Antioxidant Capacity (TEAC)**

TEAC assay was performed according to (Carbone and Mencarelli, 2015). 7 mM ABTS (2,2′-Azino-bis(3-ethylbenzothiazoline-6-sulfonylic acid) diammonium salt) was weighed in 25mL volumetric flask and 5 mL of 12.25 mM potassium persulfate solution was prepared and added on ABTS then volume was made up 25 mL with distilled water. This ABTS solution was incubated in the dark 12-16 h. Phosphate buffer solution (containing 100 mM phosphate and 150 mM NaCl) which was used for diluting the sample and ABTS solution was prepared at pH 7.4. 60 \( \mu \)L of sample and 2 mL of ABTS solution were added in spectrophotometer tube and incubated for 6 min then the absorbance value was measured at 734 nm. The following equation was used for calculation of % inhibition. Trolox curve was prepared at different concentrations (0.5 -2.0 mM) for calibration curve.

\[ \text{Inhibition} \% = \left( 1 - \frac{\text{Absorbance of ABTS}}{\text{Absorbance of sample}} \right) \times 100 \]

**Statistical Analysis**

The analysis of variance (ANOVA) was used for optimization procedure. Parameters of the ANOVA; lack of fit, coefficient of determination (R\(^2\)) and F-test were used to
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evaluate the model adequacy. The model was fitted by quadratic regressions and response surface plots were obtained for three responses. The statistical tests were employed for the checking of the statistical significance with confidence level of 95.0%.

**Results and Discussion**

**Fitting the models**

Experimental design of microwave extraction methods such as microwave power, extraction time and temperature, solvent composition and solid to liquid ratio have been reported (Amutha Gnana Arasi ve ark., 2016; Heleno ve ark., 2016; Lefsih et al., 2017). The results of the present study for the TPC, DPPH radical scavenging activity and TEAC were presented in Table 2. The quadratic model of ANOVA of TPC, DPPH radical scavenging activity and TEAC for MAE optimization of grapevine leaves were listed in Table 3, 4 and 5. The result indicated that extraction ratio and time for TPC and DPPH, extraction ratio time and power for TEAC have a significant (p<0.05) effect on extraction yield.

The validity of model was tested by lack of fit test the value was found not significant (p>0.05) for three responses. The model fitted the experimental data. The R² values of TPC, DPPH radical sacavenging activity and TEAC were found 0.928, 0.934 and 0.938 respectively. The models were found that significant (p<0.05) for three responses (Table 3).

The optimum conditions of MAE from grapevine leaves for highest antioxidant yield were determined as %30 (solid/liquid yield), 300 W (power) and 202.07 sec (time).

Variety, the cultivation region and conditions and harvest season affects antioxidant properties of grapevine leaves (Katalinić et al., 2009). Antioxidant properties of food system are important for providing health benefits. Therefore various methods have been used to determine the antioxidant properties of food system (Madhujith and Shahidi, 2009).

In this study, TPC, DPPH radical scavenging activity and TEAC assays were used for

### Table 1. Independent variables and their levels in Box-Behnken Design (BBD)

| Independent variable | symbols | levels |
|----------------------|---------|--------|
| Solid/liquid ratio (g/100 mL) | X₁ | -1 0 1 |
| Extraction time (min) | X₂ | 4 17 30 |
| Power (W) | X₃ | 60 175 300 |

### Table 2. BBD and measured responses used in experimental design for RSM

| Run | Factor 1 A: Ratio (%) | Factor 2 B: Time (minute) | Factor 3 C: Power (W) | R1: TPC (mg GAE/mL extract) | R2: DPPH (% 100µL extract) | R3: TEAC (% 10µL extract) |
|-----|-----------------------|---------------------------|-----------------------|-----------------------------|-----------------------------|-----------------------------|
| 1   | 30.00                 | 300.00                    | 170.00                | 55.09                       | 93.95                       | 60.54                       |
| 2   | 4.00                  | 300.00                    | 170.00                | 16.19                       | 46.74                       | 20.76                       |
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|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| 3 | 4.00 | 180.00 | 300.00 | 17.07 | 46.86 | 19.41 |
| 4 | 17.00 | 180.00 | 170.00 | 22.29 | 48.28 | 23.01 |
| 5 | 30.00 | 60.00 | 170.00 | 48.39 | 80.00 | 43.82 |
| 6 | 17.00 | 180.00 | 170.00 | 28.63 | 55.88 | 30.26 |
| 7 | 17.00 | 180.00 | 170.00 | 25.99 | 52.01 | 26.91 |
| 8 | 30.00 | 180.00 | 50.00 | 35.07 | 68.62 | 34.41 |
| 9 | 17.00 | 300.00 | 300.00 | 44.24 | 91.80 | 51.14 |
| 10 | 30.00 | 180.00 | 300.00 | 58.52 | 95.91 | 65.35 |
| 11 | 4.00 | 60.00 | 170.00 | 10.26 | 26.24 | 13.99 |
| 12 | 17.00 | 180.00 | 170.00 | 18.57 | 42.61 | 21.19 |
| 13 | 17.00 | 180.00 | 170.00 | 22.74 | 48.69 | 27.41 |
| 14 | 17.00 | 300.00 | 50.00 | 27.69 | 58.25 | 31.59 |
| 15 | 17.00 | 60.00 | 50.00 | 26.50 | 55.14 | 27.26 |
| 16 | 4.00 | 60.00 | 50.00 | 9.42 | 23.04 | 13.36 |
| 17 | 17.00 | 60.00 | 300.00 | 10.41 | 25.80 | 13.58 |

assessing the antioxidant properties of grapevine leaves after MAE. The use MAE may provide increased extraction yield of antioxidant compounds from different materials in shorter time. It was reported that application of microwave power causes in rapid the cell wall disruption and as a result more component can obtained (Wang and Weller, 2006). The mechanism behind the beneficial effect of the microwave power is thought to be result from increase in solvent temperature and solubility and therefore in the mass transfer rate (Hemwimon at al., 2007).

Response surface analysis of TPC
The results of ANOVA showed that the model of TPC was significant (p<0.05) and coefficient of determination (R²) was 0.9282 (Table 3). The R² values ranges from 0 to 1 and known that it should be close to 1 for the model to be more accurate (Badwaik et al., 2012).

In optimization researches, second-order polynomial model has widely been used (Anderson-Cook et al., 2009)The relationship between the independent variables and response of TPC of current study was described by a mathematical model (Eq 3.1).

Eq. 3.1. Equation of extraction parameters of TPC optimization analysis;

\[ R1=23.91+18.44A+6.61B+3.97C+0.74AB+3.25AC+7.70BC+5.54A^2+2.70B^2+0.097C^2 \]

P value of model was found as 0.0030, smaller than 0.05. On the other hand lack of fit value was found as 0.081. A large F value and a small p value shows that the model is more significant and independent variables have more effective on response (Quanhong and Caili, 2005).

Antioxidant properties and biological activity of grapevine leaves have been known due likely to
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their contents of different types of phenolic compounds such as tannins, flavonoids, procyanidins and anthocyanins (Felicio et al., 2001; Kosar et al., 2007).

Response surface plots (3D) of total phenolic compound analysis as a function of significant interaction between factors ((A) ratio and time; (B) ratio and power; (C) time and power) were given in Figures 1a. When the time and ratio increase, response 1 (TPC value) also increase. Effect of microwave power was insignificant and ratio was significant for TPC (Figure 1aB). Figure 1aC demonstrated that response was highest at 300 W.

It was seen that microwave application time (p=0.0233) and solid/liquid ratio were significant (p<0.0001) but the effect of microwave power (0.1285) was insignificant for TPC of grapevine leaves (Table 3).

Response surface analysis of DPPH radical scavenging activity

The model of DPPH scavenging activity was found significant (p=0.0023) and significant independent variables (R²) was found as 0.9340 by ANOVA. It was mean that the sample variation of 93.40% for the DPPH radical scavenging activity was attributed to the independent variables. Lack of fit value was insignificant (p=0.0533) so that the model was found valid. The ANOVA results shows that effect of microwave application time (p=0.0034) and solid/liquid ratio were significant (p=0.0001) and microwave power (p=0.0882) was insignificant for DPPH scavenging activity of grapevine leaves extracts (Table 3).

Figure 1b depicts that when ratio and time increased, DPPH scavenging activity (response 2) also increase. Figure 1bA and Figure 1bB showed that time and ratio important for response 2 but power was insignificant and maximum DPPH scavenging value was obtained at 300 W.

The relationship between independent variables and DPPH scavenging activity was presented in the mathematical model (Eq. 3.2).

Eq. 3.2. Equation of extraction parameters of DPPH optimization analysis;
R2 = +49.82 +24.79A+14.21B+6.52 AB+0.45A C+14.96B C+6.43A²+4.79 B²+2.16 C²

Response surface analysis of TEAC

The p value of model and lack of fit was found 0.0001 and 0.0793, respectively. It was mean the model was valid according to ANOVA of TEAC analysis. It was seen that all independent variables were significant. The P values of application time, solid/liquid ratio and microwave power was found as 0.0043, <0.0001 and 0.0452, respectively (Table 3).

The mathematical model for the TEAC is given in Eq. 3.3.

Eq. 3.3. Equation of extraction parameters of total antioxidant activity optimization analysis;
R3 = +26.07+17.42 A+9.04B+5.34C+1.39AB+5.64A C +7.57 BC+5.40A²+2.81B² +1.29C²

The highest TEAC value was obtained when solid/liquid ratio set to 30% (Figure 1cA). When the ratio increased, an increase occurs in the response (TEAC). Figure 1cB shows the ratio more effective from microwave power on TEAC. Figure 3C shows the effect of time and power on TEAC. The highest TEAC value was obtained by the application of microwave power of 300 W (Figure 1cC).

Comparison of Extraction Methods

The optimum microwave condition was determined as 30% solid/liquid ratio, 300 sec and 300 W microwave power for highest antioxidant compound extraction from grapevine leaves.
### Table 3. Quadratic model of ANOVA of TPC, DPPH scavenging activity and TEAC for MAE optimization

| Response | 1 | R1 (TPC) |  |
|----------|---|----------|---|
| Source   | Sum of Squares | df | Mean Square | F Value | p-value |
| Model significant | 3507.69 | 9 | 389.74 | 10.05 | 0.003 |
| A-Ratio | 2504.20 | 1 | 2504.20 | 64.60 | < 0.000 |
| B-Time | 324.00 | 1 | 324.00 | 8.36 | 0.023 |
| C-Power | 115.10 | 1 | 115.10 | 2.97 | 0.128 |
| AB | 2.15 | 1 | 0.055 | 0.8207 |  |
| AC | 35.12 | 1 | 35.12 | 0.91 | 0.372 |
| BC | 233.24 | 1 | 233.24 | 6.02 | 0.043 |
| Lack of Fit not significant | 212.54 | 3 | 70.85 | 4.82 | 0.08 |

| Response | 2 | R2 (DPPH) |  |
|----------|---|----------|---|
| Source   | Sum of Squares | df | Mean Square | F Value | p-value |
| Model significant | 7858.60 | 9 | 873.18 | 11.01 | 0.002 |
| A-Ratio | 4527.52 | 1 | 4527.52 | 57.09 | 0.000 |
| B-Time | 1496.84 | 1 | 1496.84 | 18.87 | 0.003 |
| C-Power | 310.79 | 1 | 310.79 | 3.92 | 0.088 |
| AB | 43.49 | 1 | 43.49 | 0.55 | 0.483 |
| AC | 0.66 | 1 | 0.66 | 8.315E-03 | 0.929 |
| BC | 881.71 | 1 | 881.71 | 11.12 | 0.012 |
| Lack of Fit | 458.58 | 3 | 152.86 | 6.33 | 0.0533 |

R-Squared: 0.9340
Adj R-Squared: 0.8492

| Response | 3 | R3 (TEAC) |  |
|----------|---|----------|---|
| Source   | Sum of Squares | df | Mean Square | F Value | p-value |
| Model significant | 3734.17 | 9 | 414.91 | 11.76 | 0.001 |
| A-Ratio | 2235.69 | 1 | 2235.69 | 63.37 | < 0.000 |
| B-Time | 605.56 | 1 | 605.56 | 17.17 | 0.004 |
| C-Power | 208.80 | 1 | 208.80 | 5.92 | 0.045 |
| AB | 7.68 | 1 | 7.68 | 0.22 | 0.655 |
| AC | 105.52 | 1 | 105.52 | 2.99 | 0.127 |
| BC | 225.82 | 1 | 225.82 | 6.40 | 0.039 |
| Lack of Fit | 194.17 | 3 | 64.72 | 4.90 | 0.0793 |

R-Squared: 0.9380
Adj R-Squared: 0.8582
Figure 1. Response surface plots (3D) of a. TPC, b. DPPH scavenging activity and c. TEAC, as a function of significant interaction between factors; (A) ratio and time; (B) ratio and power; (C) time and power.

A solvent extraction was also carried out to compare the effectiveness of optimized MAE. For the classical solvent extraction 30% solid/liquid ratio and 2 h extraction time were selected and optimized conditions (30%, 300 sec and 300 W) were used for MAE of antioxidant compounds from grapevine leaves. The TPC, DPPH scavenging activity and TEAC
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Analysis were employed for the comparison of the extracts. The TPC, DPPH scavenging activity and TEAC values were 53.08 mg GAE/mL extract, 94.64% and 44.018% respectively for 300 sec. Whereas TPC, DPPH radical scavenging activity and TEAC values of solvent extraction method 39.66, 92.96% and 31.99% respectively for 2h. The results demonstrated that MAE is a useful method for the effective (higher yield and shorter time) extraction of antioxidant compounds from grapevine leaves. The reason for the time saving might be due to the effect of microwave energy on moisture of cell increasing its temperature consequently the pressure on the cell wall leading to degradation and movement of the target compounds in to solvent from broken cell membrane (Dahmoune et al., 2015; Dhobi et al., 2009; Nayak et al., 2015). There have previously been claimed that MAE reduces solvent consumption, extraction time and increases yield (Salerno et al., 2014; Sanchez-Reinoso et al., 2020; Mellinas et al., 2020).

Conclusion
BBD of RSM was used to assess the optimum condition for antioxidant extraction from grapevine leaves by MAE in this study. For this reason three independent variables (solid/liquid ratio, application time and microwave power) were used to determine highest extraction of antioxidant compound (TPC, DPPH radical scavenging activity and TEAC) from grapevine leaves. The regression coefficient obtained from ANOVA analysis in BBD were 0.9282, 0.9340 and 0.9380 for the TPC, DPPH radical scavenging activity and TEAC, respectively. The optimum conditions were determined as 30% solid/liquid ratio, 202.07 sec extraction time and 300 W microwave power for MAE of antioxidant compounds from grapevine leaves. Comparison study was also performed between MAE and classical solvent extraction technique. It was confirmed that MAE is shorter than solvent extraction for the same extraction yield. The conventional techniques are less effective than novel technologies such as MAE therefore developing technologies seems logical alternatives for the extraction of bioactive compounds from plant materials. Considering the grapevine leaves as industrial waste, it is likely to obtain antioxidant compounds from grapevine leaves by using RSM determined optimum MAE conditions.

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