Transgenerational inheritance of fetal alcohol exposure adverse effects on immune gene interferon-ϒ

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Abstract

Background: Alcohol exposures in utero have been shown to alter immune system functions in the offspring which persists into adulthood. However, it is not apparent why the in utero alcohol effect on the immune system persists into adulthood of fetal alcohol-exposed offspring. The objective of this study was to determine the long-term effects of fetal alcohol exposure on the production of interferon-ϒ (IFN-ϒ), a cytokine known to regulate both innate and adaptive immunity.

Methods: Isogenic Fisher 344 rats were bred to produce pregnant dams, which were fed with a liquid diet containing 6.7% alcohol between gestation days 7 and 21 and pair-fed with an isocaloric liquid diet or fed ad libitum with rat chow; their male and female offspring were used for the study. F1-F3 generation rats were used when they were 2 to 3 months old. Fetal alcohol exposure effects on the Ifn-ϒ gene was determined by measuring the gene promoter methylation and mRNA and protein expression in the spleen. Additionally, transgenerational studies were conducted to evaluate the germline-transmitted effects of fetal alcohol exposure on the Ifn-ϒ gene.

Results: Fetal alcohol exposure reduced the expression of Ifn-ϒ mRNA and IFN-ϒ protein while it increased the proximal promoter methylation of the Ifn-ϒ gene in both male and female offspring during the adult period. Transgenerational studies revealed that the reduced levels of Ifn-ϒ expression and increased levels of its promoter methylation persisted only in F2 and F3 generation males derived from the male germ line.

Conclusion: Overall, these findings provide the evidence that fetal alcohol exposures produce an epigenetic mark on the Ifn-ϒ gene that passes through multiple generations via the male germ line. These data provide the first evidence that the male germ line transmits fetal alcohol exposure's adverse effects on the immune system.

Keywords: Fetal alcohol, Interferon-ϒ, Epigenetic, Transgenerational transmission

Introduction

Maternal alcohol ingestion during pregnancy increases the risk of potentially serious health problems during the early developmental period, even in full-term infants [1–5]. Hospital stays during the first year of life are often longer for infants with fetal alcohol exposure compared with matched control infants, with pneumonia being one of the main reasons for hospitalization [6]. The impact of fetal alcohol exposure on immune functions of an adult human is not well studied. Animal studies show that fetal alcohol has a direct effect on specific aspects of the immune system. Studies of animals exposed in utero to ethanol suggest that ethanol-induced immune dysfunction, particularly impaired innate and adaptive immunity, persists into adulthood [7–9]. Additionally, it has been shown that in utero ethanol exposure increases the response of the hypothalamic–pituitary–adrenal axis,
which in turn results in hyperactivity in stress-induced immunosuppression and increased vulnerability to sub-
sequent infectious illness [10, 11]. In fetal alcohol-
exposed animals, the reduced release of a stress-
regulatory hypothalamic peptide proopiomelanocortin
(POMC) is connected to some of the immune abnor-
malities, particularly reduced natural killer (NK) cell func-
tions and cytokine interferon-γ (IFN-γ) production
during the adult period [12, 13].

IFN-γ or type II interferon is a cytokine that partici-
pates in innate and adaptive immunity against viral,
some bacterial, and protozoal infections. IFN-γ is pro-
duced and secreted by B cells, T cells, NK cells, and
antigen-presenting cells (APCs). Following activation,
mature NK cells release cytokines (IFN-γ, TNF-α, GM-
CSF) that induce inflammatory responses; modulate
monocytes, dendritic cell, and granulocyte growth and
differentiation; as well as influence subsequent adaptive
immune responses [14]. IFN-γ secretion by NK cells is
important, particularly in early host defense against in-
fec tion, whereas T lymphocytes become the major
source of this cytokine during the adaptive immune re-
response. IFN-γ production by NK cells has been shown
to suppress tumor growth by inhibiting angiogenesis
[15] and to promote antiviral mechanisms by enhancing
nitric oxide production [16]. IFN-γ may also induce re-
sistance to infection by acting on antigen APCs, particu-
larly monocytes/macrophages and dendritic cells, to
protect them from infection and to promote their func-
tion for stimulation of adaptive immunity [17]. Aberrant
IFN-γ expression is associated with a number of autoin-
flammatory and autoimmune diseases [18].

Using the rat as an animal model, it has been shown
that adult rats exposed to ethanol during their fetal life
had significant alteration in the physiological rhythms of
IFN-γ that was associated with decreased NK cell cyto-
toxic activity in the spleen [12]. Additionally, it has been
shown that replenishment of POMC neurons by neur-
onal transplants in the hypothalamus prevents stress
hyperresponse and increased NK cell cytolytic function
and IFN-γ levels in the plasma of adult fetal alcohol-
exposed rats [19–21]. However, it is not apparent why
the fetal alcohol exposure effect on IFN-γ production
persists into the adulthood of fetal alcohol-exposed off-
spring. Epigenetic changes are now being considered as
potential mechanisms of the long-term effects of many
toxicants when individuals are exposed to them during
development [22]. Hence, by using the well-established
animal model, we determined whether fetal alcohol ex-
posure incites epigenetic marks and causes alteration in
IFN-γ production in the spleen during the adult period.
Furthermore, we tested whether the fetal alcohol exposure-induced epigenetic mark on Ifn-γ gene propa-
gates through multiple generations, since

Methods

Animals

All rat studies were performed with approved protocols in
compliance with the Association for the Assessment
and Accreditation of Laboratory Animal Care and Rut-
gers University. Fisher 344 strain rats were obtained
from Harlan Laboratories (Indianapolis, IN) and housed
in controlled conditions at a constant temperature of
22 °C, with 12-hour light/dark cycles throughout the
study. These rats were bred in our animal facility and
used for this study. On gestational days (GD) 7 through
21, rats were fed with rat chow ad libitum (AD), a liquid
diet containing ethanol (AF; 1.7–5.0% v/v from GD7–10
and 6.7% v/v from GD11–21; Bioserve Inc., Frenchtown,
NJ) or pair-fed (PF; Bioserve) an isocaloric liquid control
diet (with alcohol calories replaced by maltose-dextrin).
Previous studies have shown that the peak blood ethanol
concentration is achieved in the range of 120–150 mg/dl
in pregnant dams fed with this ethanol-containing liquid
diet [28]. The offspring from these three groups of rats
were designated as AD, AF, and PF groups. AF and PF
litters were cross-fostered, and the litter size was main-
tained at 8 pups/dam. Only one pup from each litter was
used in an experimental measure. Transgenerational
studies were conducted by breeding AF, PF, or AD rats
with control animals of the opposite gender to produce
two germ lines. We generated a male germ line (AFM or
PFM) by breeding male (AF or PF) rats and their male
offspring with control (AD) females and a female germ
line (AFF or PFF) by breeding female (AF or PF) rats
and their female offspring with control (AD) males. All
rats were sacrificed at 60–90 days after birth, and splenic
tissues were collected for further experimentation.

Real time PCR for gene expression measurements

Gene expression levels of Ifn-γ in rat spleen tissue were
measured by quantitative RT-PCR (SYBR green assay).
Total RNA from the spleen was extracted using an
RNeasy kit (Qiagen, Valencia, CA). Total RNA (1 μg)
was converted to first-strand complementary DNA
(cDNA) using a high-capacity cDNA reverse transcrip-
tion kit (Life Technologies, Carlsbad, CA, USA). The
primer sequences used for the study are given in Table
1. Real-time quantitative PCR was performed at 95 °C
for 5 min followed by 40 cycles of 95 °C for 15 s, 60 °C
for 30 s, and 72 °C for 40 s using the Applied Biosystems
7500 Real-time PCR system (Foster City, CA). The
quantity of target genes (Ifn-γ) and three reference genes
(Gapdh, 18S, Rpl19) were measured using the standard
curve method. Target gene expression was normalized
with the mean of three reference gene expression levels.

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We have used eight animals in each treatment group to generate the gene expression data.

**Western blot analysis for protein measurement**

Protein levels of IFN-γ were determined by western blot analysis. Total protein from spleen tissue was extracted, and the concentration was measured by protein assay reagent (Bio-Rad Laboratories, Hercules, CA). About 50 μg of total protein was run in 12% SDS PAGE and transferred to PVDF membranes (GE Health Care, Piscataway, NJ) at 30 V overnight at 4 °C. The membranes were blocked in 5% non-fat dry milk-TBS-0.1% Tween 20 (TBST) at room temperature for 3 h. The membranes were washed in TBST and incubated with primary antibodies in the same blocking buffer at 4 °C overnight. The primary antibodies used were rabbit polyclonal anti-interferon gamma antibody (EPR1108;1:1000; cat#ab133566; Abcam, Cambridge, MA) and mouse anti-β-actin monoclonal antibody (JLA20; cat# CP01; 1:5000; Calbiochem, Billerica, MA). The membranes were washed in TBST and then incubated with corresponding horseradish peroxidase (HRP) conjugated secondary antibody (Vector Laboratories, Burlingame, CA, USA) at room temperature for 1 h. The membranes were washed in TBST and incubated with ECL reagent (Thermo Fisher Scientific, Wal- tham, MA) and were developed on film by autoradiography. The protein band intensities were determined by Image Studio Lite software (Licor, Lincoln, NE). IFN-γ protein band intensity was normalized with corresponding β-actin. We have used six animals in each treatment group to generate the protein expression data.

**Statistical analysis**

Data were analyzed using Prism 5.0 (GraphPad Software). The data shown in the figures are mean ± SEM. The significant differences between different treatment groups were assessed with one-way analysis of variance (ANOVA) with post-hoc analysis using the Newman Keuls post-hoc test. P < 0.05 was considered significant. The significant differences between different treatment groups with two variables were assessed with two-way ANOVA with the Bonferroni post-hoc test. P < 0.05 was considered significant. F statistics and P values of data are presented in Supplement Table 1.

**Results**

**Effects of fetal alcohol exposure on Ifn-γ gene expression, promoter DNA methylation, and protein levels in the spleen of male and female rat offspring**

We used isogeneic Fischer 344 rats and a well-established liquid diet model of alcohol feeding in pregnant rats between days 7 through 21 of pregnancy, which is equivalent to the part of the first and whole second trimesters of human pregnancy. This model of alcohol feeding in rats is known to raise blood levels of alcohol in the range of 120–150 mg/dl [28] and produce offspring with endophenotypes similar to those found in human fetal alcohol spectrum disorders, such as anxiety behaviors, stress hyperresponsiveness, and metabolic diseases [29–32]. Determination of Ifn-γ mRNA levels expressed by the ratio of various housekeeping genes in the spleen revealed that they were similar in AD and PF male and female rats during adulthood, suggesting a minimum impact of the liquid diet feeding paradigm on Ifn-γ expression (Fig. 1a, b). However, Ifn-γ mRNA levels was subjected to bisulfite conversion using an EZ DNA methylation kit (Zymo Research, Orange, CA). Regions of interest were amplified from bisulfite-treated genomic DNA using a PyroMark PCR kit (Qiagen) with forward and biotin-labeled reverse primer as per the instructions from the manufacturer. Biotinylated PCR product was mixed with streptavidin beads and annealed with sequencing primer. Streptavidin-bound biotinylated PCR product was captured using a vacuum filtration sample transfer device (Qiagen). Sequencing was performed using PyroMark Gold Q96 CDT reagents (Qiagen) on a PSQ HS96A model pyrosequencing machine (Qiagen) as per the instructions from the manufacturer. In the pyrosequencing study, we analyzed one control C in a non-CpG background for efficient C to T conversion. The percent methylation was calculated as follows:

% of methylation = % C remaining as C in the target CpGX control C→T %

This is for all DNA methylation analysis in each group (n = 8) animals were used.

**Table 1 Primer sequences**

| Primer Name | Sequence |
|-------------|----------|
| Ifn-γ FP    | 5′ AAAGAACCACGGCCCATCGCAGC 3′ |
| Ifn-γ RP    | 5′ TTATAAAGTGTTAGTTGGAATC 3′ |
| Ifn-γ BSP FP| 5′ -/5Bio/-AATCTAATATATCTCTCTCTAAATCAACC 3′ |
| Ifn-γ seq FP| 5′ TTATAAAGTGTTAGTTGGAATGGA 3′ |
| Gapdh FP    | 5′ AGACAGCCGCATCTTTGTT 3′ |
| Gapdh RP    | 5′ CTGCCCCGGGATAGCTATC 3′ |
| 18S FP      | 5′ GTAACCCTTGAACCCCAT3′ |
| 18S RP      | 5′ CCATCCAATCGTGAAGTGC 3′ |
| Rpl-19 FP   | 5′ AATCGCAAATGCAAATCTCTG 3′ |
| Rpl-19 RP   | 5′ TGTCCTCAGAAATCCGGTTG 3′ |

FP forward primer, BSP FP bisulfite sequencing forward primer, BSP RP bisulfite sequencing reverse primer, 5Bio 5′end biotin labeled, seq FP sequencing forward primer
in the spleen were lower in AF compared to AD and PF rats, without any sex difference (Fig. 1a, b). These data indicate that fetal alcohol exposure results in reduced expression of Ifn-γ in the spleen of both male and female offspring.

Global or site-specific methylation of CpG sites near and within regulatory regions of genes is often associated with transcriptional inactivity and gene suppression [33]. We used the Urogene MethPrimer web tool (http://www.urogene.org/methprimer) to analyze Ifn-γ
promoter and found the CpG island extended upstream of the transcriptional start site (Fig. 1c). The methylation status of four CpG dinucleotides (CpG1, -322; CpG2, -313; CpG3, -305; CpG4, -285) in the proximal promoter of the Ifn-γ gene was determined by the pyrosequencing technique. We calculated % of methylation as (% C remaining as C in the target CpG X control C→T %) and found that the percent of methylation is elevated by fetal alcohol feeding in all CpGs sites of Ifn-γ gene in both sexes, but CpG2, CpG3, and CpG4 are significantly higher in male offspring and CpG1 and CpG2 are significantly higher in female offspring, when compared with those in AD and PF rats (Fig. 1d, e). Overall, these data indicate that fetal alcohol alters methylation of Ifn-γ promoter DNA in adulthood, even though the exposure to ethanol ended at the prenatal period.

Like the effects on Ifn-γ mRNA levels, fetal alcohol exposure reduced IFN-γ protein levels in the spleen in both male and female rats (Fig. 1f, g). Alcohol treatment did not affect the level of housekeeping protein actin in spleen samples, suggesting very little impact of alcohol feeding on general protein synthesis. These data suggest that fetal alcohol exposure produces a long-lasting effect on the spleen such that the adult expression of the IFN-γ protein is reduced.

### Fetal alcohol induced transgenerational changes in Ifn-γ gene expression, promoter DNA methylation, and protein levels in the spleen of male and female offspring

Whether the fetal alcohol effect is transmitted transgenerationally was tested by studying Ifn-γ gene and protein expression and DNA methylation in the spleen of F2 and F3 male (AFM) and female germ lines (AFF). We produced two different germ lines—a male germ line by breeding male fetal alcohol-exposed rats and their male offspring with normal females, and a female germ line by breeding female fetal alcohol-exposed rats and their female offspring with normal males as we have previously described (Fig. 2a). We also produced male (PFM) and female germ lines (PFF) of control-fed rats (Fig. 2b).

We measured the expression of Ifn-γ in F2 and F3 male and female germ lines to determine whether the fetal alcohol effect is transmitted through successive generations. Like in the F1 generation, the F2 male progeny of male germ lines (AFM) showed a significant reduction in Ifn-γ mRNA levels in the spleen as compared to the corresponding control groups (Fig. 2c). F2 female progeny of male germ lines (AFM) did not show any significant effect on Ifn-γ mRNA levels in the spleen (Fig. 2c). Also, F2 male and female progeny of the female germ line (AFF) did not show any changes in Ifn-γ mRNA levels, as compared to controls (Fig. 2d). In the F3 generation, like in the F2 progeny, the F3 male progeny of the male germ line (AFM) showed a reduction in Ifn-γ mRNA levels (Fig. 2e). Other treatment groups did not differ from the control groups (Fig. 2e, f).

In order to determine whether fetal alcohol-induced epigenetic modification of Ifn-γ promoter is transmitted through successive generations, we evaluated Ifn-γ promoter DNA methylation changes in the spleen of alcohol-fed and pair-fed F2 and F3 progeny of male and female germ lines (animal breeding is as shown in Fig. 2a, b). We analyzed four different CpGs in the Ifn-γ promoter CpG island using pyrosequencing (as shown in Fig. 1c). In the F2 generation, Ifn-γ promoter DNA methylation levels in the spleen were significantly increased in all four CpGs (CpG1–4) in male offspring of the male germ line (AFM) and not in the female germ line (AFF) compared to controls (Fig. 3a, b). Ifn-γ promoter DNA methylation levels in the spleen did not change in the female offspring of the male or female germ lines (Fig. 3b). The F3 male progeny of the male germ line (AFM) also showed a significant increase in Ifn-γ promoter DNA methylation in three CpGs (CpG1, CpG2, and CpG4) compared to corresponding controls (Fig. 3c). However, the F3 female progeny of the male germ line and the F3 male and female progeny of the female germ line did not show any change in Ifn-γ promoter DNA methylation (Fig. 3c, d).

IFN-γ protein levels were also determined in spleen samples of F2 and F3 progeny of male and female germ lines. IFN-γ protein levels in spleen samples of F2 and F3 offspring mirrored the transgenerational effects of fetal alcohol observed in Ifn-γ mRNA levels in spleen.
samples and verified the significant inhibitory effect of fetal alcohol on the production of this cytokine in the F2 and F3 male progeny of the male germ line (Fig. 4a, c). The female AF progeny of the male or female germ lines did not show any changes in F2 or F3 generations as compared to those of PF and AD progeny (Fig. 4b, d).

**Discussion**

In this study, we showed that fetal alcohol exposure reduced basal expressions of *Ifn-γ* mRNA and protein in the spleen during the adult period in both male and female offspring. We also showed here that fetal alcohol exposure induced hypermethylation of the *Ifn-γ* gene that persisted in the adult period. This conclusion is based on the findings that the percentage of the cytosine methylation of CpG-rich sites adjacent to the *Ifn-γ* gene transcription start site was higher in alcohol-fed animals than in controls. Two (in female) to three CpGs (in male) out of four analyzed showed increased methylation in fetal alcohol exposed offspring, suggesting some specificity of alcohol action towards certain CpG methylation in the promoter region of the *Ifn-γ* gene. Although
chronic alcohol consumption induces hypomethylation in general, its effect on DNA methylation is gene- and tissue-specific in the developmental stage of exposure [34, 35]. We previously reported that fetal alcohol exposure results in hypermethylation of Pomc promoter in the hypothalamus and D2r promoter in the pituitary during the adult period [26, 36]. The present data provide associative evidence for the involvement of gene hypermethylation in the suppression of Ifn-ɣ mRNA expression in fetal alcohol-exposed rats. Previous studies have shown a similar inverse association between Ifn-ɣ gene methylation and Ifn-ɣ mRNA expression in oral cancer as well as in vitamin D treatment during fetal growth [37, 38]. Furthermore, it has been shown that demethylation of some of the CpG sites in the promoter of the Ifn-ɣ gene increases mRNA expression in CD44(high)CD8+ T cells [39]. Also, site-specific differences in CpG methylation and Ifn-ɣ gene expression have been reported in various immune cells [40]. Hence, increased DNA methylation in the Ifn-ɣ gene promoter may have been a cause for lowering the Ifn-ɣ gene expression.

We also provide the first evidence of perpetuation of fetal alcohol-induced changes in DNA methylation and expression of the Ifn-ɣ gene across multiple generations through the male germ line. Studies including prenatal immune-activation-linked traits have been demonstrated in non-exposed offspring (reviewed in [41]). However, most of these traits are transmitted only to direct offspring of exposed individuals. In our animal model, we determined a fetal alcohol-induced immune trait for multiple generations by continuing breeding fetal alcohol-exposed animals and their offspring with non-alcohol treated controls up to the F3 generation. We made distinct male and female germ lines by breeding fetal alcohol-exposed males and their male offspring with normal females, and fetal alcohol-exposed females and their female offspring with normal males. We only found fetal alcohol-induced traits on IFN-ɣ production persisted in the F2 and F3 generations derived from the male germ line. We previously reported fetal alcohol-induced Pomc promoter hypermethylation and its endophenotypes are transmitted to the F3 generation only through the male germ line but not through the female germ line [26]. We also provided evidence that sperm DNA methylation changes may be involved in the transgenerational transmission of fetal alcohol effects on the Pomc gene [26]. In our present study, FAE-induced Ifn-ɣ expression and IFN-ɣ protein level changes are transmitted from the F1 generation to the F3 generation only
through the male germ line in the male offspring, but no changes were observed in female offspring. FAE-induced Ifn-γ promoter CpG methylation changes also passed from the F1 to the F3 generation through the male germ line in male progeny. However, in female offspring, this trait was only transmitted to the F2 generation in the male germ line in male progeny. In recent years, there has been growing evidence suggesting that paternal exposure to a low-fat diet induces transgenerational inheritance of metabolic gene expression [42], while traumatic stress induces behavioral and metabolic phenotypes [43]. A few other studies also showed paternal exposure to endocrine-disrupting compounds which caused decreased spermatogenic activity and increased incidence of male infertility, and these effects correlate with DNA methylation patterns in the germ cells and were transmitted through the male germ line [44]. It has been shown that prenatal immune challenge during early/mid-gestation caused some behavioral abnormalities in the offspring, and these traits were transmitted to subsequent generations [45]. Also, prenatal immune-challenge-induced behavioral abnormalities are shown to be transmitted transgenerationally via the paternal lineage [46]. The mechanism for the transgenerational transmission of a physiological trait via the male germ line is currently not well established. Primordial germ cells (PGCs), the precursors of eggs and sperm, undergo epigenetic reprogramming involving erasure of cytosine methylation. In mouse, during embryonic days 8–13.5 (E8–13.5), global epigenome resetting takes place as PGS migrate from the yolk sac to the genital ridge [47]. In mammals, epigenetic reprogramming is a major barrier to epigenetic transgenerational inheritance. However, DNA methylation at specific loci resist erasure in PGCs with a potential for epigenetic inheritance. Some of these genetic loci were partially programmed in germ
lines and are sensitive to environmental stimuli, and these variations in methylation levels may contribute to transgenerational epigenetic inheritance [48]. A recent study has provided evidence for the implication of sperm microRNAs in the transgenerational inheritance of trauma-induced phenotypes across generations in mice [49]. Whether a similar mechanism is involved in the transgenerational inheritance of fetal alcohol-induced changes in the Ifn-γ gene needs further investigation.

In summary, our data highlights the novel finding of fetal alcohol-exposure-induced epigenetic changes on Ifn-γ expression as well as its transmission through successive generations via the male germ line. The exact mechanism of this male-specific transgenerational inheritance of epigenetic modification of Ifn-γ promoter DNA methylation is currently under investigation. The data of this study may have clinical significance as IFN-γ has become an important therapeutic agent to cure several infections due to its immune-modulatory effect.

Supplementary information
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Competing interests
The authors declare that they have no competing interests.

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