A comparative study of synthetic winged peptides for absolute protein quantification

Eliska Benesova, Veronika Vidova & Zdenek Spacil

A proper internal standard choice is critical for accurate, precise, and reproducible mass spectrometry-based proteomics assays. Synthetic isotopically labeled (SIL) proteins are currently considered the gold standard. However, they are costly and challenging to obtain. An alternative approach uses SIL peptides or SIL "winged" peptides extended at C- or/and N-terminus with an amino acid sequence or a tag cleaved during enzymatic proteolysis. However, a consensus on the design of a winged peptide for absolute quantification is missing. In this study, we used human serum albumin as a model system to compare the quantitative performance of reference SIL protein with four different designs of SIL winged peptides: (i) commercially available SIL peptides with a proprietary trypsin cleavable tag at C-terminus, (ii) SIL peptides extended with five amino acid residues at C-terminus, (iii) SIL peptides extended with three and (iv) with five amino acid residues at both C- and N-termini. Our results demonstrate properties of various SIL extended peptides designs, e.g., water solubility and efficiency of trypsin enzymatic cleavage with primary influence on quantitative performance. SIL winged peptides extended with three amino acids at both C- and N-termini demonstrated optimal quantitative performance, equivalent to the SIL protein.

The advent of mass spectrometry-based proteomics allowed for accurate quantification of a panel of target proteins in complex biological samples with high selectivity, sensitivity, and multiplexing capacity. A typical "bottom-up" workflow applies enzymatic proteolysis to generate tryptic peptides as surrogates of target proteins. Proteotypic peptides are quantified using liquid chromatography (LC) or ultra-high performance LC (UHPLC) separation techniques coupled with mass spectrometry (MS) in selected reaction monitoring (SRM) detection mode.

Absolute quantification of a target protein by MS technique requires an internal standard, typically a synthetic isotopically labeled (SIL) proteotypic peptide or a recombinant protein. SIL analogs of surrogate peptides ("heavy peptides") are added to a sample in a known concentration and used to calculate the concentration of analyte ("light peptide") in the sample from the light-to-heavy ratio. SIL peptide selection or protein selection is critical for robust, accurate, and precise protein assay. SIL proteins are considered the gold standard with reportedly optimal quantification performance. SIL protein properties are identical with the corresponding target protein and efficiently mitigate the inherent variance, particularly the incomplete enzymatic proteolysis. However, the availability of recombinant SIL proteins is limited.

On the other hand, SIL analogs of tryptic proteotypic peptides are readily available. Tryptic SIL peptides are typically added to a sample after enzymatic digestion to correct for biases associated with solid-phase extraction (SPE) (i.e., peptide recovery) and LC–MS analysis (i.e., ionization efficiency, relative response, and matrix effects). The internal standardization with tryptic SIL peptides fails to normalize for the enzymatic digestion variance, the major contributor to the irreproducibility in a "bottom-up" proteomics protocol. On the other hand, tryptic SIL peptides extended at the C-terminus or both C- and N-termini with the natural sequence of amino acids corresponding to a target protein or artificial trypsin cleavable tag (TCT) efficiently normalize the variability in proteolysis. Literature refers to extended peptides as "winged," "elongated," or "cleavable" and describes a varied length of extension (i.e., 2–7 amino acids) positioned solely at C-terminus or both C- and N-termini. Studies only focusing on N-terminial extended peptides are not available.

Studies focused on SIL proteins' quantitative performance relative to tryptic SIL, and SIL-extended (SIL-Ex) peptides report ambiguous and controversial results. Some did not observe SIL-Ex peptides' advantages over tryptic SIL peptides regarding the precision and accuracy of a protein assay. Others reported improved quantitative performance of SIL-Ex peptides in comparison to tryptic SIL peptides. However, a comprehensive
comparison of SIL-Ex peptides, tryptic SIL peptides, and SIL protein quantitative performance was not performed. For instance, Scott et al. compared SIL extended peptides with two, four, and six amino acids at both C- and N-termini and attributed the superior quantitative performance to six amino acid extension11. However, the influence of the sequence extension position (C- or N-terminus) requires further investigation as the body of published studies is limited.

In this study, we elucidate the influence of the length and position of a sequence extension on quantitative performance in the human serum albumin (HSA) model system. Our results demonstrate the dependence of enzymatic digestion efficiency, solubility, and quantitative performance on the sequence extension design. We tested the quantitative performance of (i) commercially available SIL-TCT peptides extended with a tetrapeptide (serine-alanine-nitrotyrosine-glycine) tag at C-terminus, (ii) SIL-Ex peptides with five amino acids at C-terminus (SIL-ExC5), (iii) SIL-Ex with three amino acids at both C- and N-termini (SIL-ExC3N3), and (iv) SIL-Ex with five amino acids at both C- and N-termini (SIL-ExC5N5) corresponding to target protein sequence (Fig. 1).

We compared SIL-TCT and SIL-Ex peptides’ quantitative performance to a gold standard SIL-HSA protein as a reference method.

Methods

Chemicals and solvents. Formic acid (FA) for mass spectrometry (cat. #94318), sodium deoxycholate (SDC) BioXtra ≥ 98.0% (cat. #30970), ammonium bicarbonate (AmBic) BioUltra ≥ 99.5% (cat. #09830), and iodoacetamide (IAA) ≥ 99.0% (cat. #6908, Carl Roth, Karlsruhe, Germany); Trypsin Gold, Mass spectrometry grade (cat. #V5280, Promega, Madison, WI); LC–MS grade acetonitrile (ACN, cat. #1207802BS, Biosolve, Valkenswaard, The Netherlands). Water was produced using Millipore Simplicity 185 ultrapure water system (Merck Millipore corp. Billerica, MA).

Synthetic isotopically labeled peptides and recombinant HSA protein. SIL peptides with C-terminal arginine (R*, 13C6H14O2 15N4) or lysine (K*, 13C6H14O2 15N2) extended with (i) a tetrapeptide SAnYG tag (SpikeTides_TQL™), (ii) five amino acids at C-terminal R*/K* (SIL-ExC5), (iii) three amino acids at both C- and N-termini (SIL-ExC3N3) or iv) five amino acids at both C- and N-termini with (SIL-ExC5N5) were custom-ordered from JPT Technologies (Berlin, Germany). SIL peptides were synthesized with alkylated cysteines. Sequences of SIL-Ex peptides, molecular weights, and quantifier transitions are shown in Table S1. The purity of all peptides (>95%) was determined using RP-HPLC–UV (220 nm, C18, linear gradient) and the absolute concentration by amino acid analysis. Each peptide acronyms include the sequence of the first four N-terminal
amino acids. The recombinant SIL-HSA protein (> 98%, cat. #MSST011, Sigma Aldrich) was reconstituted in 5% ACN to prepare a stock solution (500 nM).

**Human serum samples.** Individual human serum samples were collected during a one-time morning session from 14 healthy adult volunteers (seven women and seven men). Venous blood collected into 9 mL serum tubes was allowed to clot and centrifuged (10 min, 2500×g, 20 °C). Individual serum samples were pooled and stored at −20 °C until analysis. Signed informed consent forms were obtained from all participants and archived. The study was approved by the Committee for Ethics of CELSPAC; TNG (CELSPAC/EK/4/2016) at University Hospital Brno, Czech Republic, under the Declaration of Helsinki. The methods used in the study and described below were carried out following the relevant guidelines and regulations. The authors confirm that the data supporting the findings of this study are available within the article and in supplementary materials.

**In-solution proteolysis by trypsin.** HSA concentration in the pooled serum sample diluted twofold with ultrapure water was determined using BCG albumin assay kit on the 96-well plate format (cat. #MAK124-1KT, Sigma-Aldrich). The seven-point calibration series was prepared using HSA standard (5 to 50 mg/mL) in ultrapure water. The absorption spectrophotometry was measured at 620 nm wavelength. The pooled serum sample (10 µL), diluted 2000-fold using 50 mM AmBic with 5 mg/mL SDC (AmBic/SDC buffer) to HSA concentration of approx. 500 nM and transferred into a clean microcentrifuge tube. After adding SIL protein or peptide internal standard (10 µL), the sample was reduced (adding 1 µL of 200 mM DTT stock solution, 95 °C, 10 min), cooled down to ambient temperature, and cysteine residues were alkylated (adding 1 µL of 400 mM IAAstock solution, ambient temperature, 30 min in the dark). Trypsin was added to the sample in a 1:20 ratio (w/w enzyme to total protein content), and samples were incubated (37 °C, 16 h) in microcentrifuge tubes sealed with a parafilm film. The enzymatic proteolysis was quenched at different time points (0.5, 2, 4, 8, 16, and 24 h; n = 3) to optimize the incubation time. The proteolysis was quenched by adding 200 µL of 2% FA in water (pH < 3), and trypptic peptides were desalted using a mixed-mode SPE cartridge in a 96-well plate format (Oasis PRIME HLB, Waters, Milford, MA). Samples were loaded onto the SPE cartridge, washed (300 µL water with 2% FA, pH < 3), eluted (50% ACN; 2% FA in water, pH < 3), and the extract was dried in a vacuum concentrator centrifuge (Savant SPD121 P SpeedVac, Thermo Fisher). Samples were dissolved (10 µL) in 5% ACN with 0.1% FA in water before UHPLC-SRM analysis.

**Liquid chromatography and mass spectrometry protein assays.** Samples were analyzed using the UHPLC system (Infinity™ 1260 Agilent Technologies, Santa Clara, CA) and a reversed-phase analytical column (C₁₈ Peptide CSH; 1.7 µm, 2.1 mm i.d. × 100 mm; cat. #186006937; Waters; Milford, MA). The column and the autosampler temperatures were 40 °C and 8 °C, respectively, and the sample injection volume was 3 µL. The mobile phase flow rate was 0.3 mL/min using mobile phase A (0.1% FA in water) and B (0.1% FA in 95% ACN) in the linear gradient elution mode (0–15 min) with a wash step (15.30–20 min) and re-equilibration step (21–25 min). The gradient program was: 0.0 min 5% B; 15 min 20% B; 15.3 min 95% B; 20 min 95% B; 21 min 5% B; 25 min 5% B. A triple quadrupole mass spectrometer (6495B, Agilent Technologies, USA) was used for SRM assays in positive ion mode. A standard-flow Jet Stream electrospray ionization (ESI) source parameters were: capillary voltage 3.5 kV, gas flow rate 18 L/min at 220 °C, sheath gas pressure 25 PSI and flow rate 12 L/min at 400 °C and nozzle voltage 800 V. The acquisition in dynamic SRM mode was centered on the peptide experimental retention time within 3 min window. All tryptic peptides and SIL peptides internal standards were analyzed using 3–5 SRM qualifiers and one quantifier SRM transition. In total, 96 transitions were monitored (Table S2) with a total cycle time of 500 ms. SRM peak areas were estimated in Skyline (ver. 20.1.0.155, MacCoss Lab., UW, USA) and MassHunter (Agilent Technologies). Data were processed further in Excel (MS Office Professional Plus, 2013), and the statistical analysis and data evaluation performed in GraphPad Prism (ver. 8.0.2). Design of SRM protein assays. SRM Atlas (www.srmatlas.org) and Skyline software guided the selection of tryptic proteotypic peptides with sequence length restriction to 7–20 AA. In total, 27 peptides were selected, 13 peptides (65 transitions) via SRM atlas (Table S3), and 24 peptides (75 transitions) via Skyline (Table S4). Ten signature peptides overlapped between SRM Atlas and Skyline (Table S5). UHPLC-SRM screening in a 100-fold diluted pooled serum sample was performed to select surrogate peptides based on relative intensities/peak areas, peak shapes, and the HSA protein sequence comprehensive coverage. The proteotypic amino acid sequences of signature peptides selected for HSA were verified using a BLAST search of the Homo sapiens genome in the NextProt database.

**The solubility of synthetic peptides.** The hydrophobicity indexes and predicted water solubility of SIL peptides are in Table S6. Hydrophobicity indexes were calculated using Thermo Fisher Peptide analyzing tool. The Innovagen Peptide solubility calculator was used to predict water solubility. Lyophilized custom-ordered peptides were reconstituted in three different buffers: (i) 5% ACN in AmBic/SDC; (ii) 20% ACN in AmBic/SDC, and (iii) 50% ACN in AmBic/SDC. Stock solutions (10 µM) were prepared for each individual SIL-TCT and SIL-Ex peptide. The equimolar concentration (500 nM) mixed working solutions containing all peptides were prepared for SIL-TCT peptides and each SIL-Ex peptide design. The working solutions of SIL peptides (10 µL) were added to a 2000-fold diluted serum sample. Triplicate samples of all SIL peptide designs were prepared in each solvent system, processed with proteolytic protocol, and analyzed by UHPLC-SRM. The HSA sample concentration (nM) was determined using the HSA concentration of each design. We tested for the agreement between the experimental and the actual HSA concentration determined by reference methods to select an optimal solvent system.
Results and discussion

Design of quantitative protein assay. The selection of optimal signature peptides as protein surrogates is an essential step to develop selective, accurate, and precise protein assay. Signature peptides have to be chemically stable, detectable with UHPLC-MS, and proteotypic, i.e., specific to the target protein. For this comparative study, we selected HSA protein, the principal constituent of blood plasma (55–60%), as a model system. Globular HSA protein consists of 609 amino acids (MW 66.5 kDa), forming a signal sequence (1–18 AA), a propeptide (19–24 AA), and a native mature protein (25–609 AA). We selected the initial list of 27 signature peptide candidates (10 in common for SRMAtlas and Skyline, three unique for SRM, and 14 unique for Skyline).

The peptide location in the HSA protein sequence, quantifier SRM precursor and product ions, experimental retention times, and integrated peak areas from the initial screening are listed in Table S5. Four peptides selected under Skyline software's guidance (CCAAAPHECYAK, VHTECHGDILLEADDR, RPCFSALEDYEVK, ETFCFAEAGK) were not detected in the initial screening step. The best performing surrogate peptides (10) were selected based on the UHPLC-MS screening (i.e., high relative response/peak area, the symmetric chromatographic peak) to cover the HSA protein sequence uniformly. One selected peptide (LCTV) contained cysteine residue. However, the sample preparation protocol uses reduction and alkylation steps to eliminate cysteine residue's influence on quantitative performance. SIL peptides were synthesized with alkylated cysteine. The SRM library for both SIL peptide and light serum peptide LCTV included cysteine alkylation (+57 Da). Typical chromatograms of candidate peptides with highlighted best performing surrogate peptides (10) are shown in Fig. S1.

The quantitative performance of C-terminal extended synthetic peptides. The best-performing surrogate peptides (10) were selected to cover the HSA protein sequence (Fig. 1). The SIL peptides extended with (i) commercial tetrapeptide (SAnYG) trypsin cleavable tag (TCT) and (ii) five amino acids at C-terminal R/R* (ExC5) were compared. The water solubility and hydrophobicity scores were calculated (Table S6), except for hydrophobicity of SIL-TCT peptides containing nitrotyrosine modification. Three SIL-TCT sequences (i.e., YLYE, LCTV, FQNA) indicated low water solubility. SIL-ExC5 peptides, except for YLYE and SLHT, exhibited moderate hydrophobicity and good water solubility. We compared the quantitative performance using 5% ACN and AmBic/SDC buffer with 5% ACN to dissolve lyophilized SIL peptides. We initially tested SIL-TCT and SIL-ExC5 peptides reconstitution in water with 5% ACN, a solvent compatible with trypsin digestion and UHPLC-MS analysis. SIL peptides in water with 5% ACN were added into the sample diluted with AmBic/SDC buffer for pH optimal during enzymatic protolysis. We calculated the concentration of light HSA peptides based on the light-to-heavy ratio. Average HSA concentrations determined by SIL-ExC5 and SIL-TCT peptides initially reconstituted in water with 5% ACN were falsely high at 666.73 nM and 867.70 nM, respectively, compared to the actual concentration determined by reference BCG assay and protein assay internally standardized with SIL-HSA (Fig. 2A and Table S7). HSA protein concentrations reported by individual SIL-ExC5 and SIL-TCT peptides ranged between 74.88 nM to 1,501.44 nM and 42.53 nM to 1,723.73 nM, respectively (Fig. 2A and Table S7). The HSA concentration was accurately (< 20% CV) determined by only two SIL-ExC5 peptides (i.e., SLHT, YLYE, and SLHT, YLYE, and FQNA, LVNE, QTAL). In this case, the inaccurate HSA determination is probably due to SIL peptides' low solubility in reconstitution solvent (5% ACN in water). The lower SIL peptide concentration resulted in a higher ratio of the SRM peak area of target HSA peptide (light) to SIL peptide internal standard peak area (heavy). All five peptides indicated high hydrophobicity indexes, and limited water solubility was predicted for SLHT, YLYE, and FQNA (Table S6).

Peptide solubility improves with adding dimethylformamide, dimethyl sulfoxide, acetic acid, detergents, or increasing organic solvent content (i.e., ACN, MeOH). However, dimethylformamide, dimethyl sulfoxide, and detergents are not compatible with the MS technique, and high organic content hinders trypsin digestion efficiency. We improved the solubility of lyophilized SIL-ExC5 and SIL-TCT surrogate peptides, reconstituting them in AmBic/SDC buffer with 5% ACN. A bile salt surfactant SDC is compatible with trypsin digestion workflow up to 1% w/v and removable before UHPLC-MS analysis by acidic precipitation. AmBic/SDC buffer was demonstrated to improve trypsin digestion efficiency and reproducibility over other additives (e.g., urea or guanidine hydrochloride). However, the average HSA concentration (n = 10) quantified by SIL-ExC5 and SIL-TCT peptides initially reconstituted in AmBic/SDC buffer with 5% ACN was falsely low 273.41 nM and 254.69 nM, respectively (Table S7). HSA concentrations determined by individual SIL-ExC5 and SIL-TCT peptides ranged from 5.42 to 656.61 nM and from 7.40 to 382.39 nM, respectively (Fig. 2B and Table S7). None of the SIL-ExC5 or SIL-TCT peptides accurately determined the HSA protein concentration (< 20% CV). All reported concentrations were falsely low (Fig. 2 and Table S7).

In summary, the quantitative performance of SIL-ExC5 and SIL-TCT peptides was insufficient. SIL-ExC5 and SIL-TCT peptides DDNP and DLGE reported falsely low HSA concentration in both 5% ACN in water and 5% ACN in AmBic/SDC reconstitution buffers, probably due to tryptic yields different from light peptides. Peptides LVNE, SLHT, YLYE, and QTAL reported highly discordant HSA concentrations between SIL-TCT and SIL-ExC5 peptides and reconstitution solvents (i.e., water with 5% ACN and AmBic/SDC buffer with 5% ACN) summarized in Fig. 2 and Table S7. To investigate the nature of quantitative performance issues, we obtained SIL versions extended at both C- and N-termini with three (ExC3N3) and five (ExC5N5) amino acids for problematic surrogate peptides (i.e., LVNE, SLHT, DDNP, YLYE, QTAL).

Optimal incubation buffer for extended synthetic peptides. Hydrophobicity and water solubility are proportional to the peptide length and primary structure. We calculated the hydrophobicity index for
signature peptides, and all tested SIL-Ex peptides, except for SIL-TCT peptides modified with nitrotyrosine (Table S6)23. Expectedly, hydrophobicity indexes were the highest for SIL-ExC5N5, with an average value of 35.6. In comparison, an average hydrophobicity index for selected tryptic signature peptides was 20.6, for SIL-ExC5 and SIL-ExC3N3 peptides were 28.1 and 28.8, respectively.

To simultaneously optimize the solubility and effects of high organic content on proteolysis, we reconstituted each lyophilized SIL-Ex peptide in AmBic/SDC buffer with i) 5%, ii) 20%, and iii) 50% of ACN. We added the mixed solution of SIL-Ex peptides (10 µL) to the pooled serum sample (10 µL) diluted using AmBic/SDC buffer, resulting in 2.5%, 10%, and 25% of ACN in the incubation buffer, respectively. We measured SRM peak areas of signature peptides from light HSA and SIL-Ex peptides. Tryptic peptide yields are reported relative to light HSA signature peptides incubated in AmBic/SDC buffer with 2.5% ACN. As expected, the efficiency of the trypsin digestion of HSA protein decreased with an increasing percentage of ACN in the proteolytic buffer (Fig. S2). In particular, SRM peak areas of DDNP and SLHT peptides were affected (approx. tenfold decrease, Fig. S2). Perhaps a consequence of limited accessibility of hydrophilic locations in light HSA protein (partial loss of solubility) or slower interaction with trypsin active site (conformation change). Interestingly, the SRM peak areas of SIL-ExC5 and SIL-TCT peptide DDNP remain constant, suggesting that primarily N-terminal cleavage’s efficiency is affected by the high ACN content. Tryptic yields of hydrophobic signature peptides YLYE, LVNE, and QTAL were less sensitive to the ACN in the proteolytic buffer. The yields of tryptic signature peptides YLYE, LVNE, and QTAL formed from light HSA were highly discordant with SIL-ExC5N5 peptides’ yields, probably due to different solubility of HSA protein and SIL-ExC5N5 peptides. The quantitative performance of SIL-ExC5N5 peptides with high hydrophobicity indexes (i.e., YLYE and QTAL) was optimal when reconstituted in AmBic/SDC buffer with 50% ACN (Fig. 3D). Yields of signature peptides YLYE and QTAL formed from SIL-ExC5N5

Figure 2. The quantitative performance depends on the reconstitution solvent for SIL-TCT (black) and SIL-ExC5 (grey) peptides. The reconstitution solvent was water with 5% ACN (A) and AmBic/SDC buffer with 5% ACN (B). The reference HSA protein concentration marked with the red line at 500 nM (determined by BCG assay and protein assay using SIL-HSA).
were up to threefold higher when reconstituted in AmBic/SDC buffer with 50% ACN compared to 5% ACN content (Fig. S2). However, the high content of ACN during proteolysis unfavorably reduced tryptic peptide yields from HSA protein. The proteolytic buffer with minimal ACN content was optimal for SIL-TCT, SIL-ExC5, and SIL-ExC3N3 peptides and thus selected for further investigations (Fig. 3).

The enzymatic digestion efficiency. The enzymatic digestion efficiency severely affects the quantitative performance of a protein assay\(^{10,11}\). Previous studies demonstrated variable tryptic yields of peptides released from a protein. Overnight trypsin digestion is routinely used for reproducible proteolytic yields as the peptide's stability and formation efficiency may vary\(^{11}\). Maximal trypsinization yields of some signature peptides are reached within two hours\(^{10,16}\), while other peptides require longer digestion time\(^{30}\). We optimized the trypsin digestion duration to ensure reproducible signature peptide yields needed for a quantitative protein assay. We studied the signature peptide formation from light HSA protein and each version of SIL-Ex peptides after 0.5, 2, 4, 8, 16, and 24 h of incubation. SRM peak areas of light and heavy signature peptides and determined HSA protein concentrations (nM) were plotted against incubation time (h), comparing the efficiency of light HSA proteolysis with SIL-Ex peptides (Figs. 4, S3 and S4). The formation of HSA signature peptides LVNE, SLHT, DDNP, YLYE, and QTAL was compared for SIL-TCT, SIL-ExC5, SIL-ExC3N3, and SIL-ExC5N5 peptides (Fig. 4). Besides, the formation of HSA signature peptides DLGE, LCTV, LVTD, TYET, and FQNA was compared for SIL-TCT and SIL-ExC5 peptides only (Fig. S4).
Figure 4. The trypsin digestion kinetics of signature peptides, LVNEVTEFAK (A), SLHTLFGDK (B), DDNPNLPR (C), YLYEIAR (D), and QTALVELVK (E). SIL-Ex peptide versions are color-coded: SIL-TCT (blue), SIL-ExC5 (orange), SIL-ExC3N3 (green), and SIL-ExC5N5 (black). For each signature peptide, the signal of light serum peptide (left panel) and SIL-Ex peptide (middle panel) is shown together with determined HSA concentration over digestion time (right panel). HSA concentration determined by reference methods (500 nM) indicated as a red line.
Optimal surrogate peptides for quantification are formed quickly within the initial hours of enzymatic digestion and later produce a constant SRM response. In this study, five peptides (i.e., YLYE, LVNE, QTAL, LVTD, TYET) indicated fast kinetics reaching maximal signature peptide yields from light HSA within 2–4 h of incubation (Figs. 4, S3 and S4). SIL peptides indicated a similar trend of rapidly reaching plateau concentration. However, the signal of heavy signature peptides varied markedly depending on the type of SIL-Ex peptide (Figs. 4 and S4). Signature peptides TYET, LVTD, and LVNE, were formed from SIL-Ex peptides faster than from HSA protein (Fig. S4). The result was falsely low HSA concentration determined from the light-to-heavy signature peptide ratio. Digestion yields of signature peptides QTAL and YLYE formed from SIL-ExC5N5 peptides were lower, probably due to insufficient solubility in AmBic/SDC buffer with 5% ACN. On the other hand, SIL-ExC3N3 peptides and HSA protein’s digestion efficiency was identical, except for signature peptide LVNE (Fig. 4).

The rate of signature peptide formation from target proteins has to be equal with SIL-Ex peptide for accurate quantification. Signature peptides SLHT, DLGE, DDNP, LCTV, and FQNA, exhibited slow formation from HSA protein (Figs. 4, S3 and S4). The digestion efficiencies of C-terminal extended SIL-TCT and SIL-ExC5 peptides DLGE, LCTV, and FQNA were much faster, reaching a plateau within the initial two hours (LCTV and DLGE) or FQNA even in 30 min (Fig. S4). We attribute the discordant peptide yields between HSA protein and SIL-Ex peptides to N-terminal extension, perhaps limiting the enzymatic digestion rate. Signature peptide DDNP available as C-terminal extended (i.e., SIL-TCT and SIL-ExC5) and both C- and N-termini extended (i.e., SIL-ExC3N3 and SIL-ExC5N5) supports the assumption. SIL peptides with only C-terminal extension rapidly formed signature peptide DDNP, in contrast to SIL peptides, elongated at both C- and N-termini, mimicking the slow digestion kinetics of light HSA protein (Fig. 4). DDNP and DLGE signature peptides reportedly do not reach a signal plateau even after 48 h as acidic amino acid residues near the cleavage site reduce trypsin efficiency. Signature peptides containing a sequence motif causing slow trypsinization are not considered quantitative. However, we demonstrated an accurate quantification with slow-forming signature peptides using an adequately designed SIL-Ex peptide.

**Protein assays using extended SIL peptides and a recombinant SIL-HSA protein.** We assessed the quantitative performance and reproducibility in optimal reconstitution buffers. We previously selected AmBic/SDC with 5% ACN for SIL-TCT, SIL-ExC5, and SIL-ExC3N3 peptides and AmBic/SDC with 50% ACN for hydrophobic SIL-ExC5N5 peptides. The HSA concentration determined using each type of SIL-Ex peptide was compared to the reference HSA concentration, the average of five signature peptides of SIL-HSA (445.9 nM). The HSA concentration determined using SIL peptides elongated only at C-terminus was highly inaccurate, as discussed earlier. SIL peptides elongated with (i) commercial trypsin cleavable tetrapeptide SAnYG tag and (ii) five amino acids of HSA protein’s natural sequence at C-terminus determined an average concentration of HSA at 268.6 nM and 274.3 nM, respectively (Table 1). SIL peptides extended only at C-terminus were demonstrated not suitable for absolute quantification.

The quantitative accuracy improved with the use of SIL peptides extended at both C- and N-termini (i.e., SIL-ExC3N3 and SIL-ExC5N5). The HSA concentration determined as the average of five SIL-ExC5N5 signature peptides was 341.2 nM and ranged from 197.7 to 523.8 nM for individual peptides (Table 1). SIL-ExC3N3 peptides determined average HSA concentration at 432.2 nM, nearly identical to SIL-HSA protein (445.9 nM, Table 1, and Fig. 5). Signature peptides SLHT, DDNP, YLYE, and QTAL, formed from SIL-HSA protein and SIL-ExC3N3 peptides accurately quantified HSA concentration (500 nM) within 20% tolerance from the reference BCG assay. Except for LVNE peptide determining the HSA protein concentration at 398.7 nM and 267.93 nM ExC3N3 peptides accurately quantified HSA concentration (500 nM) within 20% tolerance from the reference BCG assay. Except for LVNE peptide determining the HSA protein concentration at 398.7 nM and 267.93 nM.

### Table 1. The comparison of the quantitative performance of SIL-HSA and various types of SIL-Ex peptides (SIL-Ex were reconstituted in AmBic/SDC buffer with 5% ACN except for SIL-ExC5N5 indicating optimal quantitative performance in AmBic/SDC buffer with 50% ACN).

| Peptide     | SIL-TCT | SIL-ExC5 | SIL-ExC3N3 | SIL-ExC5N5 | SIL-HSA |
|-------------|---------|----------|------------|------------|---------|
|             | nM      | CV (%)   | nM         | CV (%)     | nM      | CV (%)   | nM         | CV (%)     | nM      | CV (%)   |
| DNDNPNLPR   | 82.50   | 14.05    | 71.61      | 3.41       | 589.77  | 7.39      | 223.41     | 9.07       | 431.64  | 8.33     |
| SLHTLFGDK   | 188.88  | 10.21    | 361.20     | 8.52       | 400.10  | 11.23     | 347.96     | 0.95       | 473.12  | 5.10     |
| YLYEIAAR    | 382.39  | 2.33     | 383.26     | 3.87       | 567.83  | 14.64     | 523.83     | 2.99       | 468.11  | 9.15     |
| LVNEVTEEAK  | 343.12  | 2.07     | 234.24     | 11.66      | 267.93  | 4.66      | 197.66     | 5.10       | 398.73  | 10.53    |
| QTALVELVK   | 345.95  | 5.45     | 320.92     | 4.59       | 453.52  | 8.01      | 413.01     | 8.13       | 457.73  | 6.81     |
| Average     | 268.57  | 6.82     | 274.25     | 6.41       | 432.18  | 9.19      | 341.17     | 5.25       | 445.86  | 7.98     |

We previously selected AmBic/SDC with 5% ACN for SIL-TCT, SIL-ExC5, and SIL-ExC3N3 peptides and AmBic/SDC with 50% ACN for hydrophobic SIL-ExC5N5 peptides. The HSA concentration determined using each type of SIL-Ex peptide was compared to the reference HSA concentration, the average of five signature peptides of SIL-HSA protein (445.9 nM). The HSA concentration determined using SIL peptides elongated only at C-terminus was highly inaccurate, as discussed earlier. SIL peptides elongated with (i) commercial trypsin cleavable tetrapeptide SAnYG tag and (ii) five amino acids of HSA protein’s natural sequence at C-terminus determined an average concentration of HSA at 268.6 nM and 274.3 nM, respectively (Table 1). SIL peptides extended only at C-terminus were demonstrated not suitable for absolute quantification.

The quantitative accuracy improved with the use of SIL peptides extended at both C- and N-termini (i.e., SIL-ExC3N3 and SIL-ExC5N5). The HSA concentration determined as the average of five SIL-ExC5N5 signature peptides was 341.2 nM and ranged from 197.7 to 523.8 nM for individual peptides (Table 1). SIL-ExC3N3 peptides determined average HSA concentration at 432.2 nM, nearly identical to SIL-HSA protein (445.9 nM, Table 1, and Fig. 5). Signature peptides SLHT, DDNP, YLYE, and QTAL, formed from SIL-HSA protein and SIL-ExC3N3 peptides accurately quantified HSA concentration (500 nM) within 20% tolerance from the reference BCG assay. Except for LVNE peptide determining the HSA protein concentration at 398.7 nM and 267.93 nM by SIL-HSA protein internal standard and SIL-ExC3N3 peptide, respectively (Fig. 5).

Previous comparative studies demonstrated superior quantitative performance of SIL proteins over tryptic SIL or SIL-Ex peptides. However, the position (only C-terminus or both C- and N-termini) and the length of the extension varied among studies. For instance, Jiang et al. compared SIL peptides extended with three amino acids at C-terminus with SIL peptides extended with 2–5 amino acids at both C- and N-termini to report no significant differences in the quantitative performance. However, the study was limited to comparing various types of SIL-Ex peptides with different signature peptides. A study by Scott et al. investigated three types of amino acid extensions at both termini (extended with two, four, and six amino acids) in comparison to tryptic SIL peptides without extension. The superior quantitative performance was attributed to SIL-Ex elongated with six amino acids. However, only two surrogate peptides were investigated. Our study confirmed that SIL proteins
are indeed an optimal internal standard for absolute quantification. More importantly, we demonstrated that the SIL-ExC3N3 peptides are an alternative with identical quantitative performance as the SIL protein.

Conclusions
This study is the first to evaluate the influence of the sequence extension’s length and position on synthetic extended “winged” peptides’ quantitative performance. The HSA protein model was used with a representative, meticulously selected set of signature peptides to deliver robust and reliable results. We demonstrated the influence of the sequence extension on enzymatic digestion yields, solubility, and overall quantitative performance. The optimal quantitative performance of SIL-ExC3N3 peptides was verified with the independent reference methods (HSA protein concentration determined on SIL-HSA internal standard and BCG assay). We recommend using SIL-ExC3N3 peptides as an equally accurate but more available internal standard to SIL-proteins in quantitative proteomics.

Data availability
The mass spectrometry data were deposited to the PANORAMA Repository (https://panoramaweb.org/U20of%20Masaryk%20-%20%20RECETOX/Stuchlikova_winged_raw/project-begin/view?pageId=Raw%20Data).

Received: 8 January 2021; Accepted: 6 May 2021
Published online: 25 May 2021

References
1. Brun, V., Masselon, C., Garin, J. & Dupuis, A. Isotope dilution strategies for absolute quantitative proteomics. J. Proteomics 72, 740–749 (2009).
2. Gillette, M. A. & Carr, S. A. Quantitative analysis of peptides and proteins in biomedicine by targeted mass spectrometry. Nat. Methods 10, 28–34 (2013).
3. Oeckl, P., Steinacker, P. & Otto, M. Comparison of internal standard approaches for SRM analysis of alpha-synuclein in cerebrospinal fluid. J. Proteome Res. 17, 516–523 (2018).
4. Aebersold, R. & Mann, M. Mass-spectrometric exploration of proteome structure and function. Nature 537, 347–355 (2016).
5. Vidova, V. & Spacil, Z. A review on mass spectrometry-based quantitative proteomics: Targeted and data independent acquisition. Anal. Chim. Acta 964, 7–23 (2017).
6. Bronsma, K. J., Bischoff, R. & van de Merbel, N. C. Internal standards in the quantitative determination of protein biopharmaceuticals using liquid chromatography coupled to mass spectrometry. J. Chromatogr. B. 893–894, 1–14 (2012).
7. Bronsma, K. J., Bischoff, R. & Van De Merbel, N. C. High-sensitivity LC-MS/MS quantification of peptides and proteins in complex biological samples: The impact of enzymatic digestion and internal standard selection on method performance. Anal. Chem. 85, 9528–9535 (2013).
8. Cao, J. et al. A rapid, reproducible, on-the-fly orthogonal array optimization method for targeted protein quantification by lc/ms and its application for accurate and sensitive quantification of carbonyl reductases in human liver. Anal. Chem. 82, 2680–2689 (2010).
9. Ludwig, K. R., Schroll, M. M. & Hummon, A. B. Comparison of in-solution, FASP, and S-trap based digestion methods for bottom-up proteomic. Studies. 17, 2480. https://doi.org/10.1021/acs.jproteome.8b00235 (2018).
10. Lowenthal, M. S., Liang, Y., Phinney, K. W. & Stein, S. E. Quantitative bottom-up proteomics depends on digestion conditions. Anal. Chem. 86, 551–558 (2014).
11. Scott, K. B., Turko, I. V. & Phinney, K. W. Quantitative performance of internal standard platforms for absolute protein quantification using multiple reaction monitoring-mass spectrometry. Anal. Chem. 87, 4429–4435 (2015).
12. Shuford, C. M. et al. Absolute protein quantification by mass spectrometry: Not as simple as advertised. Anal. Chem. 89, 7406–7415 (2017).
13. Nouri-Nigjeh, E. et al. Effects of calibration approaches on the accuracy for LC-MS targeted quantification of therapeutic protein. Anal. Chem. 86, 3575–3584 (2014).

Figure 5. The comparison of the quantitative performance of SIL-ExC3N3 (filled circle) and SIL-HSA (filled square). HSA concentration determined by reference methods (500 nM) indicated as a red line; the grey area represents 20% tolerance.
14. Faria, M. et al. Comparison of a stable isotope labeled (SIL) peptide and an extended SIL peptide as internal standards to track digestion variability of an unstable signature peptide during quantification of a cancer biomarker, human osteopontin, from plasma using capill. J. Chromatogr. B. 1001, 156–168 (2015).
15. Faria, M. et al. An extended stable isotope-labeled signature peptide internal standard for tracking immunocapture of human plasma osteopontin for LC-MS/MS quantification. Biomed. Chromatogr. 29, 1780–1782 (2015).
16. Arnold, S. L., Stevison, F. & Isokheranen, N. Impact of sample matrix on accuracy of peptide quantification: Assessment of calibrator and internal standard selection and method validation. Anal. Chem. 88, 746–753 (2016).
17. Ocaña, M. F. & Neubert, H. An immunoaffinity liquid chromatography-tandem mass spectrometry assay for the quantitation of matrix metalloproteinase 9 in mouse serum. Anal. Biochem. 399, 202–210 (2010).
18. Jiang, H. et al. Fully validated LC-MS/MS assay for the simultaneous quantification of coadministered therapeutic antibodies in cynomolgus monkey serum. Anal. Chem. 85, 9859–9867 (2013).
19. Kushnir, M. M. et al. Measurement of thyroglobulin by liquid chromatography: Tandem mass spectrometry in serum and plasma in the presence of antithyroglobulin autoantibodies. Clin. Chem. 59, 982–990 (2013).
20. Neubert, H. et al. Sequential protein and peptide immunoaffinity capture for mass spectrometry-based quantification of total human β-nerve growth factor. Anal. Chem. 85, 1719–1726 (2013).
21. Fernández Ocaña, M. et al. Clinical pharmacokinetic assessment of an anti-MAdCAM monoclonal antibody therapeutic by LC-MS/MS. Anal. Chem. 84, 5959–5967 (2012).
22. Barnidge, D. R., Hall, G. D., Stocker, J. L. & Muddiman, D. C. Evaluation of a cleavable stable isotope labeled synthetic peptide for absolute protein quantification using LC-MS/MS. J. Proteome Res. 3, 658–661 (2004).
23. Peptide Analyzing Tool | Thermo Fisher Scientific - CZ. https://www.thermoscientific.com/cz/en/home/life-science/protein-biology/peptides-proteins/custom-peptide-synthesis-services/peptide-analyzing-tool.html.
24. Peptide solubility calculator. https://pepcalc.com/peptide-solubility-calculator.php.
25. Anderson, N. L. & Anderson, N. G. The human plasma proteome: History, character, and diagnostic prospects. Mol. Cell. Proteom. 1, 845–867 (2002).
26. Guizato, T. R. C. Analysis of the structure and dynamics of human serum albumin. J. Mol. Model. 20, 1–10 (2014).
27. NextProt Search. https://www.nextprot.org/.
28. Wall, M. J., Crowell, A. M. J, Simma, G. A., Liu, E. & Doucette, A. A. Implications of partial tryptic digestion in organic-aqueous solvent systems for bottom-up proteome analysis. Anal. Chem. Acta 703, 194–203 (2011).
29. Lin, Y. et al. Sodium-deoxycholate-assisted tryptic digestion and identification of proteolytically resistant proteins. Anal. Biochem. 377, 259–266 (2008).
30. Proc. J. L. et al. A quantitative study of the effects of chaotropic agents, surfactants, and solvents on the digestion efficiency of human plasma proteins by trypsin. J. Proteome Res. 9, 5422–5437 (2010).
31. Brownridge, P. & Beynon, R. J. The importance of the digest: Proteolysis and absolute quantification in proteomics. Methods 54, 351–360 (2011).
32. Stepn, J. A., Keevil, E. J., Knight, D. & Hubbard, S. J. Prediction of missed cleavage sites in tryptic peptides aids protein identification in proteomics. J. Proteome Res. 6, 399–408 (2007).
33. Keil, B. Specificity of Proteolysis. (Springer, 1992). https://doi.org/10.1007/978-3-642-48380-6.
34. Brun, V. et al. Isolated labeling and internal standards: Toward absolute quantitative proteomics. Mol. Cell. Proteom. 6, 2139–2149 (2007).

Acknowledgements
This work supported by the Grant Agency of the Czech Republic (Project No. 17-24592Y), the Grant Agency of Masaryk University (GAMU Project No. MUNI/G/1131/2017), the Czech Health Research Council (AZV Project No. NV19-08-00472), the RECETOX research infrastructure (the Czech Ministry of Education, Youth, and Sports–MEYS, LM2018121, CZ.02.1.01/0.0/0.0/16_013/0001761), CETOCOEN PLUS (CZ.02.1.01/0.0/0.0/15_03/000469) CETOCOEN EXCELLENCE (H2020, 857560 and MEYS, No CZ.02.1.01/0.0/0.0/17_043/0009632).

Author contributions
E.B. performed laboratory experiments, acquired and processed mass spectrometry data, and drafted the manuscript; V.V. participated in the experimental design and data analysis and manuscript revisions; Z.S. designed the study, advised on the data interpretation, and wrote the manuscript. All authors reviewed and approved the final version of the manuscript.

Competing interests
The authors declare no competing interests.

Additional information
Supplementary Information The online version contains supplementary material available at https://doi.org/10.1038/s41598-021-90087-9.

Correspondence and requests for materials should be addressed to Z.S.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher’s note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article’s Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2021