Background: Breast cancer is the most common type of female cancer. One class of hormonal therapy for breast cancer drugs—non-steroidal aromatase inhibitors—are triazole analogues. In this work, some derivatives of these drugs were designed and synthesized. All synthesized compounds were evaluated for their cytotoxic activities on breast cancer cell lines (MDA-MB-231, T47D and MCF-7).

Methods: Our synthetic route for designed compounds started from 4-bromotolunitrile which was reacted with 1H-1,2,4-triazole to afford 4-(4-cyanobenzyl)-1,2,4-triazole. The reaction of later compound with aromatic aldehydes led to formation of the designed compounds. Eleven novel derivatives 1a-k were tested for their cytotoxic activities on three human breast cancer cell lines.

Results: Among the synthesized compound, 4-[2-(3-chlorophenyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1c) showed the highest activity against MCF-7 and MDA-MB-231 cell lines and 4-[2-(4-methoxyphenyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1h) exhibited highest activity against T47D cell line. According to cytotoxic activities results, compound 4-[2-(4-dimethylamino)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1k) showed comparative activity against T47D and MDA-MB-231 cell lines with compound (1h) and our reference drug Etoposide.

Conclusion: In the process of anti-cancer drug discovery, to find new potential anti-breast cancer agents, we designed and synthesized a novel series of letrozole analogs. Cytotoxicity evaluation revealed that compounds (1c) and (1k) were the most potent compounds with comparative activity with Etoposide. The results revealed that π-π interactions are responsible for the enzyme inhibitions of compounds (1c) and (1k).

Keyword: Breast cancer, Non-steroidal aromatase inhibitor, Cytotoxic activity

There is some different type of systemic therapy for breast cancer, one kind is hormonal therapy. Hormonal therapy can be given to women whose breast cancers test positive for estrogen to lower estrogen levels. Letrozole is a third generation of non-steroidal aromatase inhibitor—one class of hormonal therapy drugs—that was first introduced by Novartis to the market as Femara® for the treatment of local or metastatic breast cancer [3-5].

Non-steroidal aromatase inhibitors (as shown in Figure 1) are triazole or imidazole analogues that bind to the active site of enzyme by coordinating the heme iron atom of active site through a heterocyclic nitrogen lone pair [5,6].

As it shown in Figure 1, 1-benzyl-1H-1,2,4-triazole scaffold is a conservative section of aromatase inhibitors which contains various moieties attached to the aliphatic carbon part of this scaffold. In continuation of our research program to find a novel anticancer agent [7-11], and considering the above mentioned data, in the current study, we
report the synthesis of a novel series of substituted ethylbenzene derivatives which linked to 1-benzyl-1H-1,2,4-triazole (1a-k) and evaluated against three human breast cancer cell lines (Scheme 1).

**Methods**

**Chemistry**

All raw-materials, solvents and reagents were provided from Aldrich Chemicals and Merck AG. A Kofler hot stage apparatus was used for determination of melting points. The IR and $^1$HNMR Spectra were determined on a Shimadzu 470 (potassium bromide disks) and a Bruker 500 spectrophotometer respectively. Tetramethylsilane (TMS) was used as internal standard and chemical shifts are reported in ppm relative to it. The elemental analysis for C, H and N were taken by a Perkin-Elmer 843 spectrometer with using KBr as diluent. Electrospray ionization mass spectra (ESI-MS) were recorded by using Agilent 6410 Triple Quad. LC/MS.

Key intermediate 4-(4-cyanobenzyl)-1,2,4-triazole was prepared according to Doiron J. and his colleagues report [12].

**General procedure for preparing of 4-[2-aryl-1-(1H-1, 2, 4-triazol-1-yl)ethenyl]benzonitrile (1a-k)**

4-(4-Cyanobenzyl)-1,2,4-triazole (1Gr) and 1,4-Dioxane (10 mL) were added to the reaction vessel and stirred. Sodium hydride (0.27 Gr 60%) was added to the reaction mixture in 0–5°C and stirred for 30 minutes. Corresponding aldehyde (0.5 mmol) was added to the mixture and stirred at room temperature for 30 minutes. Ethanol (3 mL) was added to the reaction mixture at 60°C and stirred for an hour. Reaction mixture cooled to room temperature and mixture of ice-water (25 Gr) was added. Precipitate was filtered and recrystallized in ethanol to yield corresponding compound (1a-k).

4-[2-Phenyl-1-(1H-1, 2, 4-triazol-1-yl)ethenyl]benzonitrile (1a)

Yield: 73%, mp 141–146°C. IR (KBr, cm$^{-1}$) $v_{\text{max}}$: 2245 (nitrile), 1630 (C = C). $^1$H NMR (500 MHz, CDCl$_3$): $\delta$ 8.25 (s, 1H, triazole), 8.05 (s, 1H, triazole), 7.70-7.68 (d, $J = 8.55$ Hz, 2H, benzonitrile), 7.35-7.33 (d, $J = 8.55$ Hz, 2H, benzilnitrile), 7.30-7.26 (m, phenyl and ethenyl), 6.88-6.87 (d, $J = 7.3$ Hz, 1H, phenyl), ESI-Mass m/z: 272 [M]+.

4-[2-(2-Chlorophenyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1b)

Yield: 70%, mp 141–144°C. IR (KBr, cm$^{-1}$) $v_{\text{max}}$: 2240 (nitrile), 1622 (C = C). $^1$H NMR (500 MHz, CDCl$_3$): $\delta$ 8.16 (s, 1H, triazole), 7.96 (s, 1H, triazole), 7.72-7.71 (d, $J = 8.45$ Hz, 2H, benzonitrile), 7.43 (s, 1H, ethenyl), 7.45 (d, $J = 7.75$ Hz, 1H, benzilnitrile), 7.27-7.23 (t, $J = 7.9$ Hz, 1H, phenyl), 7.08-7.05 (t, $J = 7.15$ Hz, 1H, phenyl), 6.61-6.59 (d, $J = 7.55$ Hz, 1H, phenyl), 6.58-6.60 (d, $J = 7.35$ Hz, 1H, phenyl), 6.61-6.59 (d, $J = 7.75$ Hz, 1H, phenyl), ESI-Mass m/z: 306 [M]$^+$.  

4-[2-(3-Chlorophenyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1c)

Yield: 74%, mp 137–140°C. IR (KBr, cm$^{-1}$) $v_{\text{max}}$: 2242 (nitrile), 1631 (C = C). $^1$H NMR (500 MHz, CDCl$_3$): $\delta$ 8.25 (s, 1H, triazole), 8.04 (s, 1H, triazole), 7.70-7.69 (d, $J = 8.5$ Hz, 2H, benzonitrile), 7.35-7.33 (d, $J = 8.5$ Hz, 2H, benzonitrile), 7.29-7.26 (m, 1H, phenyl), 7.22 (s, 1H, phenyl), 7.20-7.18 (d, $J = 7.95$ Hz, 1H, phenyl), 6.93 (s, 1H,
etnyleyl), 6.69-6.68 (d, $J = 8.2$ Hz, 1H, phenyl), ESI-Mass $m/z$: 306 [M]$^+$. 

4-[2-(4-Chlorophenyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl] benzonitrile (1d)

Yield: 71%, mp 139–146°C. IR (KBr, cm$^{-1}$) $v_{\text{max}}$: 2237 (nitrite), 1630 (C = C).$^1$H NMR (500 MHz, CDCl$_3$): $\delta$ 8.25 (s, 1H, triazole), 8.04 (s, 1H, triazole), 7.70-7.69 (d, $J = 8.86$ Hz, 2H, benzonitrile), 7.34-7.33 (d, $J = 8.6$ Hz, 2H, benzonitrile), 7.27-7.25 (d, $J = 8.5$ Hz, 2H, phenyl), 7.24 (s, 1H, ethenyl), 6.80-6.79 (d, $J = 8.5$ Hz, 2H, phenyl), ESI-Mass $m/z$: 306 [M]$^+$. 

4-[2-(4-Dimethylamino)-1-(1H-1,2,4-triazol-1-yl)ethenyl] benzonitrile (1f)

Yield: 72%, mp 158–161°C. IR (KBr, cm$^{-1}$) $v_{\text{max}}$: 2246 (nitrite), 1634 (C = C).$^1$H NMR (500 MHz, CDCl$_3$): $\delta$ 8.20 (s, 1H, triazole), 8.09 (s, 1H, triazole), 7.67-7.65 (d, $J = 8.3$ Hz, 2H, benzonitrile), 7.51 (s, 1H, ethenyl), 7.33-7.30 (d, $J = 8.3$ Hz, 2H, benzonitrile), 6.46-6.25 (m, 2H, phenyl), 3.86 (3H, OMe), 3.81 (3H, OMe), 3.76 (3H, OMe), ESI-Mass $m/z$: 3362 [M]$^+$.

Physicochemical prediction

Marvin was used for chemical drawing, displaying and characterizing chemical structures, calculator plugins were used for structure property prediction and calculation, (version: Marvin 6.0.3, 2013, ChemAxon scientific package, http://www.chemaxon.com).

Molecular modeling study

Docking studies for selected compounds were performed using Autodock Vina (ver. 1.1.1) [13]. The crystal structure of human placental aromatase cytochrome P450 in complex with androstenedione (code ID: 3EQM, resolution [Å]: 2.90) was retrieved from protein data bank [14-17]. Crystal structure was cleaned from Co-crystallized ligand and water molecules and the protein was converted to pdbqt format using Autodock Tools (1.5.4) [18]. D2structures of ligands converted to 3D in pdbqt format by Openbabel (ver. 2.3.1) [18]. The docking parameters were set on vina docking parameter as follow: center_x = 85.027; center_y = 54.737; center_z = 46.428; size_x = 50; size_y = 50; size_z = 50. The other parameters were left as default for the program. Finally, the conformation for the best free energy of binding was selected for analyzing the interactions between the macromolecule and selected inhibitors. 3D
models of ligand-receptor interactions are generated by using the Autodock Tools (1.5.4) [19].

**Biological assay**

**Cell lines and cell culture**

Three human breast cancer cell lines including MDA-MB-231, MCF-7 and T-47D were obtained from National Cell Bank of Iran (NCBI, Iran). The cells were grown in RPMI-1640 medium supplemented with 10% heat-inactivated fetal calf serum (GibcoBRL, UK), 100 mg/ml streptomycin and 100 U/ml penicillin at 37°C/95% rh/5% CO₂.

**In vitro cytotoxicity assay**

The in-vitro cytotoxic activity of all synthesized compounds 1a-k was achieved against three human breast cancer cell lines using MTT colorimetric assay according
to the method of Mosman [20]. Cells were seeded in 96-well plates (Nunc, Denmark) and incubated overnight in a humidified air atmosphere at 37°C with 5% CO2 to allow cell attachment. The cells were then incubated for another 48 h with various concentrations of compounds 1a-k. The final concentration of DMSO in the highest concentration of the applied compounds was 1%. In each plate, there were three control wells (cells without test compounds) and three blank wells (the medium with 1% DMSO) for cell viability. Etoposide were used as positive controls for cytotoxicity. After 48 h, the culture medium was removed and 200 μl phenol red-free medium containing MTT (final concentration 0.5 mg/mL) was added to wells, followed by 4 h incubation.

After incubation, the culture medium was then replaced with 100 μl of DMSO and the absorbance of each well was measured by using a microplate reader at 492 nm. For each compound, the concentration causing 50% cell growth inhibition (IC50) compared with the control containing 1% DMSO was calculated from concentration response curves by regression analysis.

Table 2 *In vitro* cytotoxic activity (IC50, μg/ml) of compounds 1a-k against breast cancer cell lines

| No. | Comp. Code | Cell lines   | MCF-7 | MDA-MB-231 | T-47D |
|-----|------------|--------------|-------|-------------|-------|
| 1.  | 1a         |              | 57.1 ± 2.1 | 87.5 ± 2.5 | 64.3 ± 1.9 |
| 2.  | 1b         |              | 63.2 ± 2.6 | 97.3 ± 3.1 | 77.1 ± 2.8 |
| 3.  | 1c         |              | 27.1 ± 1.2 | 14.5 ± 2.1 | 76.25 ± 7.0 |
| 4.  | 1d         |              | 52.3 ± 2.2 | 43.3 ± 3.4 | 83.3 ± 5.2 |
| 5.  | 1e         |              | 78.3 ± 5.7 | 83.3 ± 7.2 | 92.3 ± 6.2 |
| 6.  | 1f         |              | 72.3 ± 5.5 | 85.3 ± 7.4 | 87.3 ± 7.5 |
| 7.  | 1g         |              | 40.3 ± 2.8 | 77.4 ± 6.5 | 69.4 ± 5.7 |
| 8.  | 1h         |              | 74.6 ± 6.5 | 82.3 ± 7.4 | 14.3 ± 1.1 |
| 9.  | 1i         |              | 75.3 ± 4.4 | 89.4 ± 6.1 | 79.1 ± 7.7 |
| 10. | 1j         |              | 69.3 ± 5.3 | 45.05 ± 6.2 | 63.3 ± 6.6 |
| 11. | 1 k        |              | 55.3 ± 5.1 | 19.7 ± 1.8 | 16.8 ± 2.1 |
| 12. | Etoposide  |              | 7.9 ± 0.5  | 11.1 ± 1.1 | 8 ± 0.8 |

*The IC50 values represent an average of three independent experiments (mean ± SD).*

Figure 2 Presentation of compounds (1c) and (1 k) with aromatase enzyme, π-π interactions showed in yellow cylindrical shape. (a, b) visualization of compound (1c) in enzyme with ribbon and molecular surface views; (c, d) binding mode of (1 k) in enzyme with ribbon and molecular surface views.
Results and discussions

Chemistry

4-Bromotoluonitrile was converted to 4-(4-cyanobenzyl)-1,2,4-triazole and subsequently to corresponding product, 4-[2-aryl-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1a-k) according to the procedure presented in Scheme 1. Chemical structures, molecular formula and molecular weight of compounds (1a-k) are illustrated in Table 1. Reaction yields are presented in chemistry section of methods in this report.

Physicochemical prediction

In order to investigate the physicochemical properties of products, Vander Waals surface, polar surface and partition-coefficient (Log P) of compounds (1a-k) were predicted by Marvin program and are reported in Table 1. As it shown primary physicochemical criteria were passed by all designed compounds (1a-k).

Cytotoxic activity

The in vitro cytotoxic activity of 4-[2-aryl-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1a-k), were tested against three human breast cancer lines including MDA-MB-231, T47D and MCF-7. The various concentrations of the synthetic compounds (final concentration 5, 10, 20, 40, 80 and 100 μg/ml) were applied to calculate IC50. The 50% growth inhibitory concentration (IC50) for products were calculated and depicted in Table 2.

According to MTT assay results in Table 2, 4-[2-(3-chlorophenyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1c) showed the highest activity against MCF-7 and MDA-MB-231 cell lines with IC50 values of 27.1 ± 1.2 and 145.5 ± 2.1 μg/ml, respectively and 4-[2-(4-methoxypy- nyl)-1-(1H-1,2,4-triazol-1-yl)ethenyl]benzonitrile (1h) exhibited highest activity against T47D cell line with IC50 value of 1.43 ± 1.1 μg/ml. As can be seen in Table 2, compound 4-[2-(4-dimethylamino)-1-(1H-1,2,4-triazol-1- yl)ethenyl]benzonitrile (1k), showed comparative activity against T47D and MDA-MB-231 cell lines with compound 1h and Etoposide withIC50 values of 16.8 ± 2.1 and 19.7 ± 1.8 μg/ml, respectively. As it shown in MTT assay results all other synthesized compound did not show good activity against tested cell lines.

Docking study

In order to understand the binding mode of active compounds in the active site pocket of aromatase, docking study was performed using Autodock Vina. To attain this aim, the potent compounds, 1c and 1k were docked into target enzyme. Docking strongly suggested that the π-π interaction between adjacent phenyl rings and hydrophobic moieties in enzyme residues –Tyrosine 424 and Tyrosine 361- are effective in activity of biologically active synthesized compounds. According to Figure 2, selected compounds fit in the pocket of aromatase enzyme completely, however missing the potentially hydrogen bond between ligands and macromolecule is responsible for moderate activities of compounds (1c) and (1k).

Conclusion

In the process of anti-cancer drug discovery, to find new potential anti-breast cancer agents, we designed and synthesized a novel series of letrozole analogs. Cytotoxicity evaluation revealed that compounds (1c) and (1k) were the most potent compounds with comparative activity with Etoposide. Physicochemical properties of products predicted and the binding mode of (1c) and (1k) were predicted by docking simulation; the results revealed that π-π interactions are responsible for the enzyme inhibitions of compounds (1c) and (1k).

Competing interests

The authors declare that they have no competing interests.

Authors’ contributions

MV: design and synthesis of the title compound, manuscript preparations. LF: computational design for prediction of physicochemical properties. AR: collaboration in the synthesis of the target compounds. MP: collaboration in cytotoxic assay. MS: collaboration in cytotoxic assays and IC50 calculations. SKA: supervision of the pharmacological part. AD: reporting the spectra and writing experimental section. AA: collaboration in the synthesis of intermediates. KD: collaboration in cytotoxic assays. AF: design of target compounds and the synthetic rout. All authors read and approved the final manuscript.

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