Sexual Violence in the Media: An Exploration of Traditional Print Media Reporting in the United States, 2014–2017

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Sexual violence is prevalent and, for many victims, begins early in life (1). In the United States, one in five women and one in 38 men report completed or attempted rape victimization during their lifetime, with 43.2% of female and 51.3% of male victims reporting that their first rape victimization occurred before age 18 years (2). Media have been shown to act as a socializing agent for a range of health and social behaviors (2). Media portrayals might influence, reinforce, or modify how the public responds to incidents of sexual violence and their support for prevention efforts and media might construct a lens through which the public can understand who is affected by sexual violence, what forms it takes, why it happens, and who is responsible for addressing it (3). Media portrayals of sexual violence were assessed using a systematic random sample of newspaper articles from 48 of the top 50 distributed traditional print media outlets that were examined for sexual violence content and potential differences by geographic region and year of publication. Differences by year and region in type of sexual violence covered, media language used, and outcomes reported were identified, highlighting an opportunity for public health officials, practitioners, and journalists to frame sexual violence as a preventable public health issue and to incorporate best practices from CDC and the National Sexual Violence Resource Center’s Sexual Violence Media Guide (4).

Whereas numerous studies describe media portrayals of sexual violence and other forms of violence (5–7), none examined regional or temporal differences in coverage. This study used 27 sexual violence-related terms* to identify a systematic random sample of 2,600 articles from 48 of the top 50 traditional print media outlets distributed in the United States (8) available via electronic newspaper databases.1 Outlets were

1 Newspaper databases: News Bank Inc. (https://www.newsbank.com/); Gale OneFile (https://www.gale.com/databases/gale-onefile); US Newsstream (https://about.proquest.com/products-services/nationalnews.shtml).

* Boolean search for each publication: ("sexual violence") OR ("sexual assault") OR ("sexual abuse") OR ("child sexual abuse") OR rape OR incest OR ("intimate partner violence") OR ("sexual exploitation") OR ("human trafficking") OR ("sex trafficking") OR prostitution OR ("sexual harassment") OR exposure OR ("unwanted penetration") OR ("unwanted sexual contact") OR ("forced oral contact") OR ("forced genital contact") OR grope OR voyeurism OR ("alleged victim") OR ("alleged perpetrator") OR perpetrator OR ("sex scandal") OR intercourse OR ("perform oral sex") OR fondle OR accuser.)

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stratified by regional or nationwide reach, and equal systematic samples of 130 articles were selected from each stratum for each publication year, 2014–2017. Articles were coded for strata represented and year published, type of sexual violence mentioned (sexual assault, rape, child sexual abuse, sexual exploitation, sex trafficking, prostitution, sexual harassment, or child pornography), what Sexual Violence Media Guide language was used (sex scandal/scandal, sex/intercourse, accuser, or accused) (4), and outcomes. Outcomes included perpetrator consequences (criminal justice system, civil justice system, social, or business consequences) and prevention messaging (primary, secondary, and tertiary prevention). The codebook development relied on the Sexual Violence Media Guide, which provides relevant information for effective communication about sexual violence (4). The guide is grounded in media language recommendations from the Maine Coalition Against Sexual Assault (4), CDC’s Stop SV: A Technical Package to Prevent Sexual Violence (9), and past similar research (5,6). Media language considerations include suggested language (e.g., “alleged perpetrator” or “perpetrator” if convicted) and language to avoid (e.g., “accused”). Two coders were trained, and intercoder reliability was assessed on 20% of the sample, resulting in an average Kappa = 0.81, and the remaining sample was randomly split between the coders and coded. Analysis of variance (ANOVA) and post-hoc Tukey comparisons were made by article characteristic (region or year) for the type of sexual violence mentioned, media language used/language to avoid, and outcomes. Codes were not mutually exclusive.

The types of sexual violence mentioned in newspaper articles (Table 1) differed significantly by region (Table 2). The percentage of articles within each region covering child sexual abuse was lower nationwide (28.5%) than in the Midwest (38.3%) and Northeast (42.9%) regions. National outlets published a significantly higher percentage of articles on sexual harassment (27.7%) than did media in all other regions (11.5% to 19.2%). National outlets used the term “sex scandal” or “scandal” more frequently than did media in all four regions (11.0% versus 3.5%–6.0%). The percentage of articles using the term “sex” or “intercourse” was higher in national outlets (17.1%) than in media in the Midwest (10.8%), Northeast (8.5%), and West (9.6%) regions. Inclusion of consequences for perpetrators was similar in all regions; however, calls for primary prevention of sexual violence were more frequent in national media articles (12.5%) than in those published in the Northeast (6.0%), South (6.0%), and West (7.3%).

Coverage for the types of sexual violence was similar by year, except for significant differences in reporting during 2017 for rape, sexual exploitation, sex trafficking, and sexual harassment (Table 3). In 2017, reporting on rape and sex trafficking was significantly lower (34.9%, and 5.7%, respectively) than during 2014–2016 (46.8%–48.5% and 9.8%–10.9%, respectively; Table 3). Sexual harassment articles were more frequent in 2017 (35.7%) than in previous years (a low of 9.7% in 2014).
TABLE 1. Sexual violence in traditional print media, newspapers, by geographic region — United States, 2014–2017

| Region/States* | Newspapers in region* |
|---------------|-----------------------|
| Nationwide    | The Los Angeles Times  |
|               | The New York Times     |
|               | USA Today              |
|               | The Wall Street Journal|
|               | The Washington Post    |
| Midwest       | Chicago Sun Times      |
|               | Chicago Tribune        |
|               | Detroit Free Press     |
|               | Milwaukee Journal Sentinel|
|               | St. Louis Post-Dispatch|
|               | Star Tribune           |
|               | The Cincinnati Enquirer|
|               | The Columbus Dispatch  |
|               | The Indianapolis Star  |
|               | The Kansas City Star   |
|               | The Plain Dealer       |
| Northeast     | New York Daily News   |
|               | New York Post          |
|               | Newsday                |
|               | Pittsburg Post-Gazette|
|               | The Boston Globe       |
|               | The Buffalo News       |
|               | The Hartford Courant   |
|               | The Philadelphia Inquirer|
|               | The Star-Ledger        |
| South         | Atlanta Journal-Constitution|
|               | Orlando Sentinel       |
|               | San Antonio Express News|
|               | Star-Telegram          |
|               | Sun Sentinel           |
|               | Tampa Bay Times        |
|               | The Arkansas Democrat-Gazette|
|               | The Baltimore Sun      |
|               | The Courier-Journal    |
|               | The Dallas Morning News|
|               | The Houston Chronicle  |
|               | The Oklahoman          |
|               | The Virginian Pilot    |
| West          | Arizona Republic       |
|               | Honolulu Star Advertiser|
|               | San Diego Union Tribune|
|               | San Francisco Chronicle|
|               | The Denver News        |
|               | The Orange County Register|
|               | The Oregonian          |
|               | The Sacramento Bee     |
|               | The San Jose Mercury News|
|               | The Seattle Times      |

* States and newspapers are listed in alphabetical order within their region; newspapers are not listed in association with the states.

In 2017, coverage of consequences for perpetrators (38.9%) was significantly higher than coverage in 2014 (31.5%). No significant differences by year regarding calls for primary, secondary, or tertiary prevention were found.

**Discussion**

Major differences in the type of sexual violence mentioned, media language used, and outcomes were identified by region, year, or both. Overall, a higher percentage of articles in national outlets than in regional outlets used sex scandal, sex/intercourse and included calls for prevention. In general, the type of sexual violence mentioned and the language used in 2017 differed from that during other years (e.g., decreased mention of rape and sex trafficking and increased mention of sexual harassment). These changes might reflect wider coverage of sexual harassment and exploitation allegations involving prominent figures in the film industry, media, state and national congresses, and technology companies, including the “#metoo” movement, which experienced a resurgence in the fall of 2017 that could have influenced article content during the last quarter of 2017.

The findings in this report are subject to at least three limitations. First, research was limited by access to electronic databases that carried traditional print media newspapers; therefore, only 48 of the top 50 distributed newspapers in the United States were accessible. Second, although outlets were identified by reach and stratified by region, how much each publication outlet encompasses rural readership is unclear, and generalizations to these populations should be made with caution. However, many print outlets are also widely available online, likely increasing their reach beyond their physical distributions. Finally, this study did not examine how audiences interact with print and electronic news media through social media. For example, social media allows users to comment on and challenge how traditional news frames sexual violence (10). Such social media interactions present an opportunity for further research and consideration in understanding the complex impact of media on public perceptions of sexual violence.

Media reporting included both suggested language (e.g., “sexual assault”) and language to avoid (e.g., “sex scandal” or “scandal”), as referenced in the Sexual Violence Media Guide (4). Traditional media might have more of an impact on increasing awareness and prevention of sexual violence if their portrayals do not place blame on the victim and if they use suggested terms to describe violent acts throughout their articles. Focused dissemination of the Sexual Violence Media Guide (4) might benefit all media outlets.

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Outcomes including perpetrator consequences or prevention messaging generally were reported infrequently. Although outcomes might not be known at the time of reporting, traditional media might be missing an opportunity to integrate prevention messages within current or breaking news. The media can play an important role by partnering with public health organizations to ensure that their portrayals of sexual violence are factual, nonbiased, do not inadvertently blame victims, and include prevention messages in stories about sexual violence. One of the prevention strategies identified in the STOP SV technical package, which includes the best available evidence to prevent sexual violence, is promoting social norms that protect against violence (9). As an institution that can influence social norms, the media might contribute to efforts to prevent sexual violence through accurate descriptions of prevalence and impact of sexual violence, establishment of sexual violence as a public health issue, and, when possible, inclusion of messages and resources for prevention. In this way, awareness of the problem and prevention messaging might reach broader audiences.

Understanding how media outlets have historically framed sexual violence might help public health officials and practitioners work productively with journalists to identify potential unintended effects of specific language use. The Sexual Violence Media Guide (4) can be used to inform and evaluate the impact of public health and media collaborations. The media, public health practitioners, and communities can work together to incorporate language from the Sexual Violence Media Guide (4) to change public perceptions about circumstances surrounding sexual violence and encourage public health approaches to prevention.

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### TABLE 2. Characteristics of sexual violence articles in national and regional traditional media outlets, by region — United States, 2014–2017*

| Characteristic | No. (%) of articles |  |
|---------------|---------------------|---|
| **Type of sexual violence** | | |
| Sexual assault | 302 (58.1)† | 322 (61.9) | 341 (65.6) | 345 (66.3) | 320 (61.5) |
| Rape | 242 (46.5)§ | 245 (47.1)¶ | 224 (43.1) | 246 (47.3)** | 194 (37.3) |
| Child sexual abuse | 148 (28.5)††,§§ | 199 (38.3) | 223 (42.9)*** | 184 (35.4) | 176 (33.8) |
| Sexual exploitation | 233 (44.8) | 243 (46.7) | 223 (42.9) | 239 (46.0) | 263 (50.6) |
| Sex trafficking | 41 (7.9) ‡ | 52 (10.0)*** | 26 (5.0)**††† | 59 (11.3) | 63 (12.1) |
| Prostitution | 33 (6.3)§§ | 43 (8.3) | 28 (5.4)¶¶,††† | 55 (10.6) | 61 (11.7) |
| Sexual harassment | 144 (27.7)§§§ | 80 (15.4) | 73 (14.0) | 60 (11.5)** | 100 (19.2) |
| Child pornography | 19 (3.7)‡‡ | 40 (7.7) | 26 (5.0) | 37 (7.1) | 27 (5.2) |
| **Media language used** | | |
| Sex scandal/Scandal | 57 (11.0)§§§ | 25 (4.8) | 28 (5.4) | 31 (6.0) | 18 (3.5) |
| Sex/Intercourse | 89 (17.1)§,††,§§ | 56 (10.8) | 44 (8.5)††† | 83 (16.0)** | 50 (9.6) |
| Accuser | 69 (13.3)§§ | 40 (7.7) | 55 (10.6) | 50 (9.6) | 41 (7.9) |
| Accused | 170 (32.7)§§ | 134 (25.8)*** | 144 (27.7)††† | 186 (35.8)** | 129 (24.8) |
| **Outcome/Prevention messaging** | | |
| Consequences for perpetrator | 180 (34.6) | 208 (40.0)*** | 154 (29.6) | 174 (33.5) | 184 (35.4) |
| Call for secondary/tertiary prevention | 117 (22.5)§§ | 118 (22.7)*** | 76 (14.6) | 103 (19.8) | 93 (17.9) |
| Call for primary prevention | 65 (12.5)†,§§ | 50 (9.6) | 31 (6.0) | 31 (6.0) | 38 (7.3) |

*Comparisons are made between regions by type of sexual violence, media language used, and outcome/prevention messaging (p<0.05). † Nationwide significantly different from South. § Nationwide significantly different from West. ¶ Midwest significantly different from West. ** South significantly different from West. †† Nationwide significantly different from Midwest. §§ Nationwide significantly different from Northeast. ¶¶ Northeast significantly different from West. *** Midwest significantly different from Northeast. ††† Northeast significantly different from South. §§§ Significantly different from all other regions. †††† Midwest significantly different from South.
TABLE 3. Characteristics of sexual violence traditional media articles — United States, 2014–2017*

| Characteristic                          | 2014 (n = 650) | 2015 (n = 650) | 2016 (n = 650) | 2017 (n = 650) |
|----------------------------------------|----------------|----------------|----------------|----------------|
| **Type of sexual violence**            |                |                |                |                |
| Sexual assault                         | 392 (60.3)     | 389 (59.8)     | 423 (65.1)     | 426 (65.5)     |
| Rape                                   | 315 (48.5)     | 305 (46.9)     | 304 (46.8)     | 227 (34.9)†    |
| Child sexual abuse                     | 233 (35.8)     | 230 (35.4)     | 246 (37.8)     | 221 (34.0)     |
| Sexual exploitation                    | 251 (38.6)§    | 263 (40.5)     | 308 (47.4)     | 379 (58.3)†    |
| Sex trafficking                        | 71 (10.9)      | 69 (10.6)      | 64 (9.8)       | 37 (5.7)†      |
| Prostitution                           | 67 (10.3)§     | 69 (10.6)**    | 53 (8.2)       | 31 (4.8)       |
| Sexual harassment                      | 63 (9.7)       | 78 (12.0)      | 84 (12.9)      | 232 (35.7)†    |
| Child pornography                      | 39 (6.0)       | 42 (6.5)       | 31 (4.8)       | 37 (5.7)       |
| **Media language**                     |                |                |                |                |
| Sex scandal/Scandal                    | 25 (3.8)       | 24 (3.7)       | 39 (6.0)       | 71 (10.9)†     |
| Sex/Intercourse                       | 89 (13.7)      | 97 (14.9)**    | 75 (11.5)      | 61 (9.4)       |
| Accuser                                | 40 (6.2)§      | 47 (7.2)       | 68 (10.5)      | 100 (15.4)†    |
| Accused                                | 173 (26.6)     | 170 (26.2)     | 177 (27.2)     | 243 (37.4)†    |
| **Outcome/Prevention messaging**       |                |                |                |                |
| Consequences for perpetrator           | 205 (31.5)§    | 219 (33.7)     | 223 (34.3)     | 253 (38.9)     |
| Call for secondary/tertiary prevention | 134 (20.6)     | 143 (22.0)     | 107 (16.5)     | 123 (18.9)     |
| Call for primary prevention            | 60 (9.2)       | 46 (7.1)       | 44 (6.8)       | 65 (10.0)      |

* Comparisons are made between years by type of sexual violence, media language used, and outcome/prevention messaging (p<0.05).
† Significantly different from all other years.
§ 2014 significantly different from 2016.
¶ 2014 significantly different from 2017.
** 2015 significantly different from 2017.

Summary

What is already known about this topic?
Sexual violence media portrayals can influence public perceptions, which can affect social norms and behavior.

What is added by this report?
Examination of articles from traditional print media outlets found regional and temporal differences in types of sexual violence covered, media language used, and outcomes reported in news story coverage in 2017, compared with that from 2014 to 2016.

What are the implications for public health practice?
Through cross-sectoral collaboration and use of the Sexual Violence Media Guide language suggestions, media, public health practitioners, and communities can work together to effectively use best practices to report on sexual violence, emphasize sexual violence as preventable, and frame sexual violence as a public health issue.

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