Potential impact of the bivalent rLP2806 vaccine on *Neisseria meningitidis* carriage and invasive serogroup B disease

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**Keywords:** *Neisseria meningitidis* serogroup B, meningococcal carriage, factor H binding protein, meningococcal vaccines, herd protection

**Abbreviations:** fHBP, factor H binding protein; hSBA, serum bactericidal antibody assay with human complement; IMBD, invasive MnB disease; MnB, meningococcal serogroup B; MnC, meningococcal serogroup C; UK, United Kingdom; US, United States

Asymptomatic throat carriage of *Neisseria meningitidis* is common in healthy individuals. In unusual cases, the bacteria become invasive, resulting in life-threatening disease. Effective meningococcal serogroup B (MnB) vaccines should provide broad protection against disease-causing strains and may confer indirect protection by impacting carriage and subsequent transmission. Factor H binding proteins (fHBPs), components of MnB vaccines in development, are classified into two immunologically distinct subfamilies (A and B). fHBP variants of MnB strains carried by adolescents are similar to those detected in infants with MnB disease. A vaccine containing subfamily A and B fHBP variants elicited bactericidal antibody responses (titers ≥ 1:4) against MnB strains expressing fHBP variants common to carriage strains and strains that cause disease in adolescents and infants in 75–100% of adolescent study subjects. This suggests that the bivalent fHBP vaccine has the potential to provide protection against invasive MnB strains and interrupt meningococcal carriage, which may also reduce infant MnB disease.

**Introduction**

*Neisseria meningitidis* is a Gram-negative bacterium commonly found in the throat and nasal passages of healthy individuals. Transfer of bacteria between individuals is thought to occur through direct contact with respiratory and throat secretions and is more common among individuals living in crowded conditions (e.g., college dormitories or military barracks).5 Although meningococcal carriage is usually asymptomatic, in rare cases and for unknown reasons, the bacteria can enter the bloodstream and cause a life-threatening invasive infection. Invasive meningococcal disease progresses rapidly and, despite the availability of sophisticated medical care, continues to be associated with a 5% to 15% case fatality rate as well as devastating sequelae including limb loss, epilepsy, mental retardation and deafness.4,5 The burden of invasive meningococcal disease is often underappreciated because of the low incidence: 0.28 cases per 100,000 persons in the United States (US) and 0.89 cases per 100,000 persons in Europe.6,7

Twelve capsular serogroups of *N. meningitidis* have been identified; however, five (A, B, C, W and Y) are responsible for most cases of invasive disease.8,9 Analyses of carriage and disease-causing strains in Greece, Norway and the Czech Republic have demonstrated that prevalence of variation among serogroups and clonal complexes occurs in geographically distinct areas, and that the serogroups and clonal complexes associated with hypervirulent strains responsible for most cases of invasive disease are also common among carriage isolates.3,10,11 The prevalence of meningococcal carriage may vary among geographic regions, but generally is believed to increase through childhood, from 4.5% in infants to a peak at 23.7% in adolescents (19 y of age).12

Vaccination with polysaccharide conjugate meningococcal serogroup C (MnC) vaccines is highly effective in preventing invasive disease. All European countries with routine MnC vaccination programs have substantially reduced incidence of MnC disease, particularly those that implemented a program that included vaccination of an adolescent group.13 The MnC conjugate vaccination campaign in the United Kingdom (UK), which included vaccination of individuals between 2 mo and 18 y of age when it was initiated in 1999, resulted in a 66% reduction (p = 0.004) of MnC carriage in the group 15 to 17 y of age.14 Two to three years after the vaccination campaign began, even

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Submitted: 10/17/2012; Accepted: 10/29/2012
http://dx.doi.org/10.4161/hv.23222
unvaccinated individuals, 1 to 18 y of age, showed a decreased incidence of invasive disease suggesting the induction of herd protection as a result of vaccination.15,16 Herd protection extends to infants who have not received the complete MNC vaccination course and to individuals > 25 y of age who would not have been offered MNC vaccines.15

Following the introduction of polysaccharide conjugate vaccines that target serogroups A, C, W and Y, meningococcal serogroup B (MnB) remains a prominent cause of invasive meningococcal disease in the US and Europe.6,7,17 Infants and toddlers have the highest incidence of invasive MnB disease (IMBD), with a second incidence peak often noted for adolescents and young adults, resulting in significant disease burden in these age groups (Fig. 1A and C).6,18 Analyses of case numbers by age reveal that the total case numbers in the group 10 to 25 y of age are often greater than the total numbers seen in infants (Fig. 1B and D). This is evident in many European countries with the exception of Greece and the UK where more cases in the infant age group are reported (Fig. 1D). Multiple studies across Europe have determined that MnB is a prevalent serogroup identified among carriage isolates.19 In the US, MnB and meningococcal serogroup Y are the most common identifiable serogroups of carriage isolates.20 Available evidence from Latin America also suggests that meningococcal carriage is common, and serogroup B, C, Y and W isolates have been identified.21-23

Development of serogroup B capsular polysaccharide-based vaccines has not been successful, and MnB vaccines based on the outer membrane protein porin A (PorA) have been effective only against epidemic MnB strains.24,25 No broadly protective vaccine is currently licensed for the prevention of IMBD. Two vaccines are in late-stage development and include meningococcal factor H binding proteins (fHBPs) as key antigens for the generation of serum bactericidal antibodies.26 fHBP
(also known as LP2086) is a lipoprotein expressed on the surface of most meningococcal isolates regardless of serogroup. By binding to human factor H, fHBP downregulates complement-mediated bacterial cell lysis and allows N. meningitidis to evade host immune responses. Sequence analysis has shown that fHBP is expressed as one of two serologically distinct subfamilies (A and B). Researchers have also used an alternate scheme that classifies the protein into 3 variants, variant 1 corresponds to subfamily B fHBP, variants 2 and 3 to subfamily A fHBP. The fHBP amino acid sequences are at least 83% identical within each fHBP subfamily but are less conserved (60–75% sequence identity) between subfamilies A and B. Lipidated recombinant fHBP is capable of eliciting subfamily-specific bactericidal responses against a range of MnB strains and is protective against nasopharyngeal colonization in animal models. One lipidated protein from each fHBP subfamily was required to elicit broad serum bactericidal activity against MnB strains that express phylogenetically diverse fHBP variants (Fig. 2).

Evaluation of the potential impact of MnB vaccines on carriage by adolescents will be of interest to assess the possibility for indirect benefits in other age groups (herd protection). Understanding the molecular epidemiology of both invasive disease strains and carriage isolates may help predict the potential breadth of coverage provided by MnB vaccines. Potential coverage can be assessed by evaluating vaccine-induced immune sera in serum bactericidal antibody assays using human complement (hSBA) against diverse MnB isolates selected based on antigen diversity. hSBA responses have been correlated with protection in humans and are currently used as surrogates to determine the efficacy of MnB vaccines in late stage development. We report here that adolescent and young adult subjects immunized with the bivalent rLP2086 vaccine demonstrate high response rates (hSBA titer ≥ 1:4) against MnB strains expressing fHBP variants that are prevalent among both carriage and invasive disease isolates.

Results

Estimating the potential coverage of LP2086 in invasive meningococcal disease and efficacy of the bivalent rLP2086 vaccine. Infants, adolescents and young adults represent the most
important at-risk age groups for IMBD. As such, it is useful to determine potential variation among antigen composition of invasive and carriage strains associated within these age groups. As shown in Figure 3, fHBP subfamily prevalence differs across age groups, with subfamily A fHBP variants being more commonly detected in IMBD isolates in US infants and subfamily B fHBP variants being more common in UK infants and US/UK adolescents and young adults. This suggests that for a vaccine to be considered broadly protective, serum bactericidal activity needs to be demonstrated against MnB isolates regardless of which fHBP variant they express.

A relatively limited number of variants have been associated with most disease-causing isolates. For example, in a collection of 445 IMBD isolates from adolescents collected in the US, Norway, Germany, Spain, France, England, Wales and Northern Ireland spanning the period of 2000 to 2006, only 13 fHBP variants associated with MnB isolates were responsible for 87% of disease (Fig. 4).

To estimate the potential coverage elicited by the bivalent rLP2086 vaccine against IMBD for adolescents and young adults, immune sera from vaccinated study subjects were tested in hSBA against a panel of invasive MnB strains. The panel of strains included fHBP variants that represent approximately 70% of the variants that caused disease in these populations. The post-vaccination hSBA response rates to the individual strains ranged from 75% to 100% in both the adolescent and young adult age groups (Fig. 5A and B, respectively). High hSBA responses were
Characterization of *N. meningitidis* carriage isolates in adolescents and young adults in relation to serogroup and fhbp variant. During the mass-vaccination campaign and implementation of MnC polysaccharide-conjugate vaccine in the UK, control of MnC disease was associated with a reduction in invasive MnC disease and MnC carriage.\(^1\)\(^4\) Vaccination of adolescents not only reduced MnC disease in the vaccinated age group, it also reduced MnC carriage, transmission and disease incidence in unvaccinated individuals via herd protection.\(^1\)\(^6\) We therefore conducted an assessment of carriage isolates from the UK and the US to estimate whether the bivalent fhbp vaccine also might have the potential to decrease MnB carriage. The most common carriage serogroups in the US and UK are B and Y, although 29E also seems to be prevalent in the UK (Fig. 6).\(^2\)\(^\text{20}\) The fhbp gene was detected in all carriage isolates and expressed in most carriage isolates. When fhbp gene sequences were translated into fhbp protein sequences (variants), the variants segregated into the same two subfamilies that were previously established for IMBD isolates (Table 1).\(^2\)\(^\text{20}\)

Assessment of the potential impact of the bivalent fhbp vaccine on serogroup B isolates carried in adolescents. To assess whether vaccination of adolescents with the bivalent fhbp vaccine might impact meningococcal carriage, we compared fhbp variants expressed by carriage and IMBD isolates in adolescents and young adults (Fig. 7). Seventeen common fhbp variants in carriage isolates (> 90% of isolates analyzed) were also detected in 83% of IMBD isolates in this age group. While the same fhbp variants were presented in both IMBD and carriage isolates, the prevalence of the variants differed between the carriage and invasive disease isolates. For example, a relatively high proportion of

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**Figure 5.** The bivalent factor H binding protein (fhbp) vaccine has the potential to protect against meningococcal strains expressing either subfamily A or B fhbp variants. (A) The percentage of adolescent subjects (11 to 18 y of age) with an hSBA titer of ≥ 1:4; data from hSBAs performed with 8 meningococcal serogroup B (MnB) isolates expressing different fhbp variants are shown. Sera were obtained from study B1971005.\(^3\)\(^9\) (B) The percentage of young adult subjects (18 to 25 y of age) with an hSBA titer of ≥ 1:4; data from hSBAs performed with meningococcal serogroup B (MnB) isolates expressing 9 different fhbp variants are shown. Sera were obtained from study B1971003.\(^3\)\(^\text{0}\) hSBA titers of serum samples before (light gray bars) and after vaccination (dark gray bars) are illustrated. *fhbp variants homologous to bivalent rLp2086 vaccine antigens.*
subfamily A variants was detected in carriage isolates. However, fHBP B24 variants were often associated with IMBD but were less commonly identified among carriage strains (Fig. 7).

Assessment of potential impact of a bivalent rLP2086 vaccine on carriage of serogroup B meningococci in infants. Based upon results of vaccination campaigns with serogroup C meningococcal polysaccharide conjugates, a MnB vaccine that impacts carriage might be expected to reduce transmission across age groups and reduce disease via herd protection. Infants, who have the highest incidence of disease, might benefit greatly from a broadly protective vaccine. However, direct vaccine impact may be limited, as a high proportion of MnB disease occurs in infants under the age of 6 mo (personal communication from Amanda Cohn, CDC) and multiple doses of a MnB vaccine may need to be administered to elicit broadly protective immune responses in young infants. In this likely situation, optimal vaccine response would only be induced after 6 mo of age and would not prevent illness during the peak months of disease incidence. fHBP variants identified in carriage isolates in adolescents and young adults were compared with fHBP variants present in strains that caused IMBD in infants (Fig. 8). fHBP variants prevalent in adolescents and young adult carriage isolates were also prevalent in strains isolated from infants with invasive disease. Specifically, 16 fHBP variants representing 89% of adolescent/young adult carriage isolates accounted for 78% of the IMBD isolates from infants (< 1 y). The relative proportion of fHBP variants detected in infant IMBD isolates was similar to that seen in carriage isolates from adolescents. For example, A22 was the most prevalent fHBP variant in both adolescent carriage and infant IMBD isolates.

**Methods**

**Data sources.** Research presented in this manuscript is based on a comparison of fHBP variant prevalence for both invasive and carriage meningococcal strains. fHBP sequences from IMBD isolates were obtained as described in Hoiseth et al. (manuscript in preparation; also presented by Zlotnick et al.36) and Murphy et al.27 fHBP sequences were surveyed from a prevalence-based collection of IMBD isolates collected from reference laboratories in the US, Norway, the Czech Republic, Germany, Spain, France

| Serogroup (number of UK strains/number of US strains) | United Kingdom | United States |
|------------------------------------------------------|---------------|---------------|
|                                                      | Subfamily A, %| Subfamily B, %| Subfamily A, %| Subfamily B, %|
| B (19/85)                                            | 36.8          | 63.2          | 91.8          | 8.2           |
| Y (76/111)                                           | 69.7          | 30.3          | 94.6          | 5.4           |
| C (3/5)                                              | 100.0         | 0             | 60.0          | 40.0          |
| 29E (45/0)                                           | 0             | 100.0         | -             | -             |
| W (2/0)                                              | 100.0         | 0             | -             | -             |
| H (1/0)                                              | 100.0         | 0             | -             | -             |
| X (1/0)                                              | 0             | 100.0         | -             | -             |
| Z (7/3)                                              | 71.4          | 28.6          | 100.0         | 0             |
| NG (18/120)                                          | 55.6          | 44.4          | 32.5          | 67.5          |
| No data (2/73)                                        | 0             | 100.0         | 80.8          | 19.2          |

NG, non-groupable strains. Data from Bidmos et al.2 and Marsh et al.20

**Figure 6.** Distribution of carriage isolates from the United Kingdom and United States across meningococcal serogroups. Data from Bidmos et al.2 (United Kingdom, 2008–2009 academic year) and Marsh et al.20 (United States, 1998 and 2006–2007). NG represents non-groupable strains.

**Table 1.** fHBP subfamily and meningococcal serogroup of carriage isolates from the United Kingdom and United States.
and the UK (England, Wales and Northern Ireland) spanning the period of 2000 to 2006. Variants were grouped by the age of the subject from whom the isolates were obtained. Specifically, the age stratifications used were < 1 y (infants) and 11 to 25 y (adolescents and young adults).

fHBP and serogrouping data from *N. meningitidis* carriage isolates were retrieved from two studies conducted in the US and the UK. The US data were obtained from Marsh et al.\(^2^0\) who characterized *N. meningitidis* carriage isolates from high school students. Serogrouping recognized serogroups B, C, Y and Z; other strains for which data were available were considered non-groupable. The UK data were collected in college students and encompassed carriage isolates characterized according to fHBP variant and meningococcal serogroup.\(^2,3^7\) Serogroups recorded were B, C, 29E, Y, H, X, W, Z and other non-groupable strains.

To estimate potential breadth of vaccine protection, serum samples from healthy individuals immunized with the bivalent rLP2086 vaccine were assayed for bactericidal activity using hSBA.\(^3^8\) Subjects who had an hSBA titer ≥ 1:4 were considered responders. Serum samples from subjects enrolled in two clinical studies were considered and are presented here as a summary of results previously published. The first study was a randomized, single-blind, placebo-controlled trial of the bivalent rLP2086 vaccine in adolescents conducted at 25 sites in Australia, Poland and Spain.\(^3^9\) As part of this study, 198 adolescents (11 to 18 y of age) were immunized using a 0, 2 and 6 mo vaccination schedule with 120 μg of the bivalent rLP2086 vaccine. hSBA responses presented in this study were assessed before the first vaccination and 1 mo postdose 3. The second study was a randomized, phase 1/2, open-label study of the bivalent rLP2086 vaccine conducted in healthy adults (18 to 40 y of age) in Australia.\(^4^0\) As part of this study, healthy young adults (18 to 25 y of age) were immunized using a 0, 1 and 6 mo vaccination schedule with 120 μg of the bivalent rLP2086 vaccine. Serum samples were taken before vaccination and 29 to 50 d post dose 3. SBA assays were performed on samples from 19 to 26 subjects.

**Conclusion**

The bivalent rLP2086 vaccine contains lipidated recombinant versions of both subfamily A and subfamily B fHBP variants. In clinical trials, this vaccine induced robust serum bactericidal antibody responses against a broad range of MnB isolates. In the current study, most fHBP variants were noted to be common between IMBD and meningococcal carriage isolates, and all fHBP variants studied, irrespective of whether they are expressed by adolescent carriage or infant invasive disease isolates, reside in the same phylogenetic space. The proportion of individuals with hSBA titers ≥ 1:4 among subjects vaccinated with the bivalent rLP2086 vaccine ranged from 75% to 100% against MnB strains with fHBP variants common to both IMBD and meningococcal carriage isolates. These findings suggest that the bivalent rLP2086 vaccine has promise for direct protection against a broad range of IMBD strains expressing diverse subfamily A and B fHBP variants in adolescents and young adults, as well as for indirect protection in unvaccinated individuals. Future assessments of the ability of the bivalent vaccine to impact carriage directly among vaccinated individuals and the potential effect on meningococcal disease and carriage in non-vaccinated individuals through herd protection is of interest. If the bivalent rLP2086 vaccine is effective at interrupting MnB carriage in adolescents, additional benefits may be seen in unvaccinated adults, adolescents and infants through the effects of herd protection.

![Figure 7. Factor H binding protein (fHBP) variants detected in United Kingdom (2008–2009 academic year) and United States (1998 and 2006–2007) carriage strains (n = 104) and invasive meningococcal B (IMBD) strains from adolescents and young adults (11 to 25 y of age) the United States and Europe (n = 445) from 2001–2006. The number of unique fHBP variants included in other “subfamily A” and “other subfamily B” are indicated above the bars.](image-url)
Disclosure of Potential Conflicts of Interest

All authors are employees of Pfizer Inc. Editorial/medical writing support was provided by John Clinton Earnheart, PhD and Robert Glover, PhD, at Scientific Strategy Partners, and was funded by Pfizer Inc.

Acknowledgments

Clinical Investigators: Peter Richmond, The Telethon Institute for Child Health Research, Subiaco, Australia; Helen Marshall, Vaccinology and Immunology Research Trials Unit, Women’s and Children’s Hospital and School of Paediatrics and Reproductive Health, University of Adelaide, North Adelaide, Australia; Michael Nissen, Queensland Paediatric Infectious Diseases Laboratory, Queensland Children's Medical Research Institute, Royal Children’s Hospital and University of Queensland, Queensland, Australia; Maria Garcés-Sánchez, C.S. Nazaret, Valencia, Spain; Federico Martinón-Torres, Hospital Clínico Universitario de Santiago de Compostela and Vaccine Research Unit, Instituto de Investigación Sanitaria de Santiago, Santiago de Compostela, Spain; Leszek Szenborn, Department of Pediatric Infectious Diseases, Wroclaw University of Medicine, Wroclaw, Poland; Jacek Wysocki, Poznan University of Medical Sciences, Poznan, Poland; Graham Reynolds, Australian National University Medical School, Department of Paediatrics and Child Health, Canberra, Australia; John Ziegler, Sydney Children’s Hospital, Randwick, New South Wales, Australia.

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Collaborators providing carriage isolates include D. Ala’Aldeen, N. Oldfield, S. Orner and D. Turner (University of Nottingham, UK).

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