Transformers without Tears: Improving the Normalization of Self-Attention

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Abstract
We evaluate three simple, normalization-centric changes to improve Transformer training. First, we show that pre-norm residual connections (PRENORM) and smaller initializations enable warmup-free, validation-based training with large learning rates. Second, we propose $\ell_2$ normalization with a single scale parameter (SCALENORM) for faster training and better performance. Finally, we reaffirm the effectiveness of normalizing word embeddings to a fixed length (FIXNORM). On five low-resource translation pairs from TED Talks-based corpora, these changes always converge, giving an average +1.1 BLEU over state-of-the-art bilingual baselines and a new 32.8 BLEU on IWSLT ’15 English-Vietnamese. We observe sharper performance curves, more consistent gradient norms, and a linear relationship between activation scaling and decoder depth. Surprisingly, in the high-resource setting (WMT ’14 English-German), SCALENORM and FIXNORM remain competitive but PRENORM degrades performance.

1 Introduction
The Transformer (Vaswani et al., 2017) has become the dominant architecture for neural machine translation (NMT) due to its train-time parallelism and strong downstream performance. Various modifications have been proposed to improve the efficiency of its multi-head attention and feedforward sublayers (Guo et al., 2019; Sukhbaatar et al., 2019). Our work focuses on layer normalization (LAYERNORM) (Ba et al., 2015), which we show has an outsized role in the convergence and performance of the Transformer in two ways:

Placement of normalization. The original Transformer uses post-norm residual units (POSTNORM), where layer normalization occurs after the sublayer and residual addition. However, Chen et al. (2018) found that pre-norm residual units (PRENORM), where layer normalization occurs immediately before the sublayer, were instrumental to their model’s performance. Wang et al. (2019) compare the two, showing that PRENORM makes backpropagation more efficient over depth and training Transformers with deep, 30-layer encoders.

Our work demonstrates additional consequences in the base (≤6-layer encoder) Transformer regime. We show that PRENORM enables warmup-free, validation-based training with large learning rates even for small batches, in contrast to past work on scaling NMT (Ott et al., 2018). We also partly reclaim POSTNORM’s stability via smaller initializations, although PRENORM is less sensitive to this magnitude and can improve performance. However, despite PRENORM’s recent adoption in many NMT frameworks, we find it degrades base Transformer performance on WMT ’14 English-German.

Choice of normalization. Santurkar et al. (2018) show that batch normalization’s effectiveness is not from reducing internal covariate shift, but from smoothing the loss landscape. They achieve similar or better performance with non-variance-based normalizations in image classification. Hence, we propose replacing LAYERNORM with the simpler scaled $\ell_2$ normalization (SCALENORM), which normalizes activation vectors to a single learned length $g$. This is both inspired by and synergistic with jointly fixing the word embedding lengths (FIXNORM) (Nguyen and Chiang, 2018). These changes improve the training speed and low-resource performance of the Transformer without affecting high-resource performance.

On five low-resource pairs from the TED
TALKS (Qi et al., 2018) and IWSLT’15 (Cettolo et al., 2015) corpora, we first train state-of-the-art Transformer models (+4.0 BLEU on average over the best published NMT bitext-only numbers). We then apply PRENORM, FIXNORM, and SCALENORM for an average total improvement of +1.1 BLEU, where each addition contributes at least +0.3 BLEU (Section 3), and attain a new 32.8 BLEU on IWSLT’15 English-Vietnamese. We validate our intuitions in Section 4 by showing sharper performance curves (i.e., improvements occur at earlier epochs) and more consistent gradient norms. We also examine the per-sublayer g’s learned by SCALENORM, which suggest future study.

2 Background

2.1 Identity mappings for transformers

Residual connections (He et al., 2016a) were first introduced to facilitate the training of deep convolutional networks, where the output of the ℓ-th layer \( F_\ell \) is summed with its input:

\[
x_{\ell+1} = x_\ell + F_\ell(x_\ell).
\]

The identity term \( x_\ell \) is crucial to greatly extending the depth of such networks (He et al., 2016b). If one were to scale \( x_\ell \) by a scalar \( \lambda_\ell \), then the contribution of \( x_\ell \) to the final layer \( F_L \) is \( \prod_{i=1}^{L} \lambda_i x_\ell \). For deep networks with dozens or even hundreds of layers \( L \), the term \( \prod_{i=1}^{L} \lambda_i \) becomes very large if \( \lambda_i > 1 \) or very small if \( \lambda_i < 1 \), for enough \( i \). When backpropagating from the last layer \( L \) back to \( \ell \), these multiplicative terms can cause exploding or vanishing gradients, respectively. Therefore they fix \( \lambda_i = 1 \), keeping the total residual path an identity map.

The original Transformer applies LAYERNORM after the sublayer and residual addition (POSTNORM):

\[
x_{\ell+1} = \text{LAYERNORM}(x_\ell + F_\ell(x_\ell)).
\]

We conjecture this has caused past convergence failures (Popel and Bojar, 2018; Shazeer and Stern, 2018), with LAYERNORMs in the residual path acting similarly to \( \lambda_i \neq 1 \); furthermore, warmup was needed to let LAYERNORM safely adjust scale during early parts of training. Inspired by He et al. (2016b), we apply LAYERNORM immediately before each sublayer (PRENORM):

\[
x_{\ell+1} = x_\ell + F_\ell(\text{LAYERNORM}(x_\ell)).
\]

This is cited as a stabilizer for Transformer training (Chen et al., 2018; Wang et al., 2019) and is already implemented in popular toolkits (Vaswani et al., 2018; Ott et al., 2019; Hieber et al., 2018), though not necessarily used by their default recipes. Wang et al. (2019) make a similar argument to motivate the success of PRENORM in training very deep Transformers. Note that one must append an additional normalization after both encoder and decoder so their outputs are appropriately scaled. We compare POSTNORM and PRENORM throughout Section 3.

2.2 Weight initialization

Xavier normal initialization (Glorot and Bengio, 2010) initializes a layer’s weights \( W_\ell \in \mathbb{R}^{d_{\ell+1} \times d_\ell} \) \((d_\ell \) is the hidden dimension) with samples from a centered normal distribution with layer-dependent variance:

\[ (W_\ell)_{i,j} \sim \mathcal{N}(0, \sqrt{\frac{2}{d_\ell + d_{\ell+1}}}). \] (4)

Our experiments with this default initializer find that POSTNORM sometimes fails to converge, especially in our low-resource setting, even with a large number of warmup steps. One explanation is that Xavier normal yields initial weights that are too large. In implementations of the Transformer, one scales the word embeddings by a large value (e.g., \( \sqrt{d} \approx 22.6 \) for \( d = 512 \)), giving vectors with an expected square norm of \( d \). LAYERNORM’s unit scale at initialization preserves this same effect. Since feedforward layers already have their weights initialized to a smaller standard deviation, i.e., \( \sqrt{\frac{2}{d+4d}} \), we propose reducing the attention layers’ initializations from \( \sqrt{\frac{2}{d+4d}} \) to \( \sqrt{\frac{2}{d+d+4d}} \) as well (SMALLINIT), as a corresponding mitigation. We evaluate the effect of this on POSTNORM vs. PRENORM in Section 3.1.

2.3 Scaled \( \ell_2 \) normalization and FIXNORM

LAYERNORM is inspired by batch normalization (Ioffe and Szegedy, 2015), both of which aim to reduce internal covariate shift by fixing the mean and variance of activation distributions. Both have been applied to self-attention (Vaswani et al., 2017; Kool et al., 2019). However, Santurkar et al. (2018) show that batch normalization’s success has little to do with covariate shift, but comes instead from smoothing the loss landscape. For ex-
ample, they divide by the pre-centered $\ell_p$ norm instead of the variance and achieve similar or better results in image classification.

Hence, we propose replacing LAYERNORM with scaled $\ell_2$ normalization:

$$\text{SCALENORM}(x; g) = g \frac{x}{||x||}. \quad (5)$$

This can be viewed as projecting $d$-dimensional vectors onto a $(d - 1)$-dimensional hypersphere with learned radius $g$. This expresses the inductive bias that each sublayer’s activations has an ideal “global scale,” a notion we empirically validate in Section 4.2. SCALENORM replaces the $2d$ scale and shift parameters of LAYERNORM with a single learned scalar, improving computational and parameter efficiency while potentially regularizing the loss landscape.

This bias has an explicit interpretation at the final layer: large inner products sharpen the output distribution, causing frequent words to disproportionately dominate rare words. This led Nguyen and Chiang (2018) to introduce $\text{FIXNORM}(w) = g \frac{w}{||w||}$ with fixed $g$ at the last linear layer, to maximize the angular difference of output representations and aid rare word translation. By making $g$ learnable, we can apply SCALENORM and FIXNORM jointly, which means applying the following at the final linear layer:

$$(\text{SCALENORM+FIXNORM})(x; w; g) = g \frac{w \cdot x}{||w|| \cdot ||x||}. \quad (6)$$

Note that this combination at the last layer is equivalent to cosine normalization (Luo et al., 2018) with a learned scale.

### 2.4 Learning rates

Despite using an adaptive optimizer, Adam (Kingma and Ba, 2015), Transformer training uses a learning rate (LR) schedule with a linear warmup and an inverse square root decay (INVSQRTDECAY):

$$\text{LR}(n) = \frac{\lambda}{\sqrt{d}} \min \left(1, \frac{n}{n_{\text{warmup}}^{1.5}} \right), \quad (7)$$

where $d$ is the hidden dimension of the self-attention layers, and $\lambda$, $n_{\text{warmup}}$ are hyperparameters that determine the highest learning rate achieved and the number of steps to reach it, respectively. These two hyperparameters have been the subject of much empirical study (Popel and Bojar, 2018; Ott et al., 2018). In light of our modifications however, we revisit various aspects of this schedule:

**Warmup-free training.** We conjectured that warmup is primarily needed when using POSTNORM to gradually learn LAYERNORM parameters without gradient explosion/vanishing (Section 2.1). Hence, we evaluate both PRENORM and POSTNORM without warmup in Section 3.3.

**Large learning rates.** To speed up training, one often explores using larger learning rates. In the context of Transformer, Ott et al. (2018) and Aharoni et al. (2019) take $\lambda \in \{2, 3\}$ instead of the conventional $\lambda = 1$. Ott et al. (2018) showed that one can scale up Adam’s learning rate to $10^{-3}$ with an extremely large batch (400k tokens). However, the improved convergence provided by our modifications could enable higher learning rates with much small batch sizes (4k tokens), as examined in Section 3.3.

**Validation-based decay.** For similar reasons, one might wish to adopt a classic validation-based decay, i.e., training at a high learning rate for as long as tenable, decaying rapidly when development scores flatline. This has inspired usage of fixed decay schemes upon convergence with INVSQRTDECAY (Dong et al., 2018; Salazar et al., 2019). We revisit VALDECAY under our modifications, where we still perform a linear warmup but then multiply by a scale $\gamma_{\text{dec}} < 1$ when performance on a development set does not improve over patience evaluations.

### 3 Experiments and results

We train Transformer models for a diverse set of five low-resource translation pairs from the TED Talks (Qi et al., 2018) and the IWSLT’15 (Cettolo et al., 2015) corpora. Details are summarized in Table 1. For more information motivating our choice of pairs and for exact training details, refer to Appendix A.

#### 3.1 Large vs. small initialization

To see the impact of weight initialization, we run training on the en–vi dataset using warmup steps of 4k, 8k, 16k (Table 2). With default initialization, POSTNORM fails to converge on this dataset even with a long warmup of 16k steps, only reaching 5.76 BLEU.
Table 1: Data and model properties for low-resource NMT. en→vi is from IWSLT 2015; the rest are from the TED Talks corpus.

|       | # egs. | # src. + tgt. toks. | # iters./epoch | max. epoch | # enc./dec. layers | # heads/layer | dropout | # BPE |
|-------|--------|---------------------|----------------|------------|-------------------|---------------|---------|-------|
| gl→en | 10k    | 0.37M               | 100            | 1000       | 4                 | 4             | 0.4     | 3k    |
| sk→en | 61k    | 2.32M               | 600            | 200        | 6                 | 8             | 0.3     | 8k    |
| en→vi | 133k   | 5.99M               | 1500           | 2000       | 6                 | 8             | 0.3     | 8k    |
| en→he | 212k   | 7.88M               | 2000           | 200        | 6                 | 8             | 0.3     | 8k    |
| ar→en | 214k   | 8.09M               | 2000           | 200        | 6                 | 8             | 0.3     | 8k    |

Table 2: Development BLEU on en→vi using Xavier normal initialization (baseline versus SMALLINIT).

|       |        | # warmup steps | 4k | 8k | 16k |
|-------|--------|----------------|----|----|-----|
| Xavier normal |        |                | 28.17 | 28.20 | 28.62 |
| Baseline | POSTNORM | fail | fail | 5.76 |
| SMALLINIT | POSTNORM | 28.26 | 28.44 | 28.33 |

The second row shows that taking a smaller standard deviation on the attention weights (SMALLINIT) restores convergence to POSTNORM. Though the $\sqrt{2}/5 \approx 0.63$ adjustment used here seems marginal, operations like residual connections and the products between queries and keys can compound differences in scale. Though both models now achieve similar performance, we note that PRENORM works in all setups, suggesting greater stability during training. For all remaining experiments, we use POSTNORM and PRENORM with SMALLINIT. We find this choice does not affect the performance of PRENORM.

3.2 Scaled $\ell_2$ normalization and FixNORM

To compare SCALENORM and LAYERNORM, we take 8k warmup steps for all further experiments. Since we tie the target input word embedding and the last linear layer's weight (Appendix A), FixNORM is implemented by applying $\ell_2$ normalization to the word embedding, with each component initialized uniformly in $[-0.01,0.01]$. For non-FixNORM models, word embeddings are initialized with mean 0 and standard deviation $\sqrt{1/d}$ so they sum to unit variance. All $g$'s in SCALENORM are initialized to $\sqrt{d}$.

Table 3 shows our results along with some published baselines. First, note that our Transformer baselines with POSTNORM + LAYERNORM (1) are very strong non-multilingual NMT models on these pairs. They outperform the best published numbers, which are all Transformer models in the past year, by an average margin of +4.0 BLEU.

Then, we see that PRENORM (2) achieves comparable or slightly better results than POSTNORM on all tasks. FixNORM (3) gives an additional gain, especially on ar→en ($p < 0.01$).

Finally, we replace LAYERNORM with SCALENORM (4). SCALENORM significantly improves on LAYERNORM for two very low-resource pairs, gl→en and sk→en. On the other tasks, it performs comparably to LAYERNORM. Upon aggregating all changes, our final model with SCALENORM and FixNORM improves over our strong baseline with POSTNORM on all tasks by an average of +1.1 BLEU ($p < 0.01$), with each change contributing an average of at least +0.3 BLEU. In Section 4.2 and Appendix B, we further examine where the performance gains of SCALENORM come from.

Moreover, SCALENORM is also faster than LAYERNORM. Recall that for each vector of size $d$, LAYERNORM needs to compute mean, standard deviation, scaling, and shifting, which costs $O(7d)$ operations. For SCALENORM, we only need $O(3d)$ operations to perform normalization and global scaling. This does not account for further gains due to reduction in parameters. In our implementation, training with SCALENORM is around 5% faster than with LAYERNORM, similar to the speedups on NMT observed by Zhang and Sennrich (2019)'s RMSNORM (which can be viewed as SCALENORM with per-unit scales; see Section 4.2).

3.3 Learning rates

We compare the original learning rate schedule in equation 7 (INVSORTDECAY) with validation-based decay (VALDECAY), possibly with no warmup (NOWARMUP). We use $\lambda = 1$, $n_{\text{warmup}} = 8k$ for INVSORTDECAY and VALDECAY. For NOWARMUP, we instead use a learning rate of $3 \cdot 10^{-4}$ for all datasets. For both VALDECAY and NOWARMUP, we take $\alpha_{\text{decay}} = 0.8$ and patience = 3. For experiments with high learn-
Table 3: Test BLEU using POSTNORM or PRENORM and different normalization techniques. Published values are from Wang et al. (2018); Neubig and Hu (2018); Aharoni et al. (2019). †, ‡ and ∗ indicate significant improvement of (3) over (2), (4) over (3), and (4) over (1), respectively; p < 0.01 via bootstrap resampling (Koehn, 2004).

|       | gl→en | sk→en | en→vi | en→he | ar→en | average Δ |
|-------|-------|-------|-------|-------|-------|-----------|
| POSTNORM + LAYERNORM (published) | 16.2  | 24.0  | 29.09 | 23.66 | 27.84 | -4.05     |
| POSTNORM + LAYERNORM (1) | 18.47 | 29.37 | 31.94 | 27.85 | 33.39 | +0.00     |
| PRENORM + LAYERNORM (2) | 19.09 | 29.45 | 31.92 | 28.13 | 33.79 | +0.27     |
| PRENORM + FIXNORM + LAYERNORM (3) | 19.38 | 29.50 | 32.45 | 28.39 | 34.35 | +0.61     |
| PRENORM + FIXNORM + SCALENORM (4) | 20.91† | 30.25† | 32.79† | 28.44† | 34.15† | +1.10     |

Table 4: Development BLEU for PRENORM + FIXNORM + SCALENORM, trained with different learning rate schedulers.

|       | gl→en | sk→en | en→vi | en→he | ar→en |
|-------|-------|-------|-------|-------|-------|
| NOWARMUP | 18.00 | 28.92 | 28.91 | 30.33 | 35.40 |
| INVSQRTDECAY | 22.18 | 29.08 | 28.84 | 30.30 | 35.33 |
| VALDECAY | 21.45 | 29.46 | 28.67 | 30.69 | 35.46 |
| INVSQRTDECAY + 2×LR | 21.92 | 29.03 | 28.76 | 30.50 | 35.33 |
| VALDECAY + 2×LR | 21.63 | 29.49 | 28.46 | 30.13 | 34.95 |

Table 5: Development BLEU on en→vi using NOWARMUP, as number of encoder/decoder layers increases.

3.4 High-resource setting

Since all preceding experiments were in low-resource settings, we examine if our claims hold in a high-resource setting. We train the Transformer base model on WMT’14 English-German using fairseq and report tokenized BLEU scores on newstest2014. Implementation of our methods in fairseq can be found in Appendix C.

In Table 6, SCALENORM and FIXNORM achieve equal or better results than LAYERNORM. Since SCALENORM is also faster, we recommend using both as drop-in replacements for LAYERNORM in all settings. Surprisingly, in this task POSTNORM works notably better than PRENORM; one observes similar behavior in Wang et al. (2019). We speculate this is related to identity residual networks acting like shallow ensembles (Veit et al., 2016) and thus undermining the learning of the longest path; further study is required.
Table 6: BLEU scores from WMT’14 English-to-German. Published value is from Vaswani et al. (2017).

4 Analysis

4.1 Performance curves

Figure 1 shows that PRENORM not only learns faster than POSTNORM, but also outperforms it throughout training. Adding FIXNORM also gives faster learning at first, but only achieves close performance to that with PRENORM and no FIXNORM. However, once paired with SCALENORM, we attain a better BLEU score at the end. Because of the slow warmup period, SCALENORM with warmup learns slower than SCALENORM without warmup initially; however, they all converge at about the same rate.

Figure 1: Development BLEU on en→vi with POSTNORM or PRENORM, and with LAYERNORM or SCALENORM.

To visualize how PRENORM helps backpropagation, we plot the global gradient norms from our runs in Figure 2. POSTNORM produces noisy gradients with many sharp spikes, even towards the end of training. On the other hand, PRENORM has fewer noisy gradients with smaller sizes, even without warmup. LAYERNORM has lower global norms than SCALENORM + FIXNORM but it has more gradient components corresponding to normalization.

4.2 Activation scaling and the role of g

One motivation for SCALENORM was that it expressed a good inductive bias for the global scaling of activations, independent of distributional stability (Section 2.3). In contrast, a contemporaneous work (Zhang and Sennrich, 2019) proposes root mean square layer normalization (RMSN), which still follows layer normalization’s motivation but reduces overhead by forgoing additive adjustments, using only a scaling $g_i$ per activation $a_i$. Despite their differing motives, tying the $g_i$ of RMSN and dividing by $\sqrt{d}$ retrieves SCALENORM.

Hence we can frame our comparisons in terms of number of learnable parameters. We rerun our PRENORM experiments with RMSNORM. We also consider fixing $g = \sqrt{d}$ for SCALENORM, where only FIXNORM has learnable $g$. Table 7 shows that SCALENORM always performs comparably or better than RMSNORM. Surprisingly, the fixed-$g$ model performs comparably to the one with learnable $g$. However, at higher learning rates (VALDECAY with and without $2 \times \text{LR}$), fixed-$g$ models perform much worse on ar→en, en→he and en→vi. We conjecture that learning $g$ is required to accommodate layer gradients.

In Figure 3, we plot the learned $g$ values for pairs with 100k+ examples. For all but the decoder-encoder sublayers, we observe a positive correlation between depth and $g$, giving credence to SCALENORM’s inductive bias of global scaling. This trend is clearest in the decoder, where $g$ linearly scales up to the output layer, perhaps in tandem with the discriminativeness of the hidden representations (Liang et al., 2018). We also note a
In this work, we presented three simple, normalization-centric changes to the Transformer model, with a focus on NMT. First, we show that while POSTNORM performs better for high-resource NMT in the original base Transformer regime, PRENORM is both more stable and more competent in low-resource settings. Second, we propose replacing LAYERNORM with SCALENORM, a fast and effective scaled $\ell_2$ normalization technique which requires only a single learned parameter. Finally, we reaffirm the effectiveness of fixing the word embedding norm (FIXNORM). Altogether, PRENORM + FIXNORM + SCALENORM significantly improves NMT on low-resource pairs, with the latter two performing comparably in the high-resource setting, but faster.

In the future, we would like to investigate the relationship between POSTNORM and PRENORM when using other optimizers such as RADAM (Liu et al., 2019), which has been shown to

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**Table 7:** Test BLEU of $\ell_2$-based normalization techniques with different numbers of learned $g$: $O(Ld)$ vs. $O(L)$ vs. $O(1)$.

|               | gl→en | sk→en | en→vi | en→he | ar→en |
|---------------|-------|-------|-------|-------|-------|
| RMSNORM + FIXNORM | 20.92 | 30.36 | 32.54 | 28.29 | 33.67 |
| SCALENORM + FIXNORM | 20.91 | 30.25 | 32.79 | 28.44 | 34.15 |
| SCALENORM ($g=\sqrt{d}$) + FIXNORM (learned) | 21.18 | 30.36 | 32.66 | 28.19 | 34.11 |
| SCALENORM ($g=\sqrt{d}$) + FIXNORM (learned) + VALDECAY | 20.36 | 30.45 | 32.83 | 27.97 | 33.98 |
| SCALENORM ($g=\sqrt{d}$) + FIXNORM (learned) + VALDECAY + $2\times LR$ | 21.15 | 30.57 | 31.81 | 25.00 | 28.92 |

Figure 3: Learned $g$ values for PRENORM + SCALENORM + FIXNORM models, versus depth. **Left:** Attention sublayers (decoder-encoder denotes decoder sublayers attending on the encoder). **Right:** Feedforward sublayers and the final linear layer.

Figure 4: Learned $g$ values for our PRENORM + SCALENORM + FIXNORM $en→vi$ model (with and without label smoothing), versus depth. **Left** and **Right** are the same as in Figure 3.

negative correlation between the number of training examples and the magnitude of $g$ for attention sublayers, which may reflect overfitting.

Finally, to affirm our intuition for interpreting $g$, we plot $g$ values with and without label smoothing (Figure 4). We see a difference in later layers of the decoder; there, removing label smoothing results in lower $g$ values except at the output layer, where $g$ increases sharply. This corresponds to the known overconfidence of translation models’ logits, on which label smoothing has a downsampling effect (Müller et al., 2019).

**5 Conclusion**

In this work, we presented three simple, normalization-centric changes to the Transformer model, with a focus on NMT. First, we show
improve Transformer training without warmup. We are also interested in seeing if FixNORM or SCALENORM at the final linear layer remains effective when paired with an initialization method such as FixUP (Zhang et al., 2019), which enables the training of deep neural networks without normalization. One could also explore using other $\ell_p$ norms (Santurkar et al., 2018).

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A Training details

Data and preprocessing. The pairs are English (en) to Hebrew (he), Vietnamese (vi), and Galician (gl), Slovak (sk), Arabic (ar) to English (en). Because the data is already preprocessed, we only apply BPE (Sennrich et al., 2016b) with fastBPE\footnote{https://github.com/glample/fastBPE}. Depending on the data size, we use different numbers of BPE operations.

We wanted to compare with the latest low-resource works of (Neubig and Hu, 2018; Aharoni et al., 2019) on the TED Talks corpus (Qi et al., 2018). In particular, Aharoni et al. (2019) identified 4 very low-resource pairs (<70k); we took the two (gl→en, sk→en) that were not extremely low (≤6k). They then identified 4 low-resource pairs with 100k-300k examples; we took the top two (ar→en, en→he). To introduce a second English-source pair and to showcase on a well-understood task, we used the en→vi pair from IWSLT ‘15 with an in-between number of examples (133k). In this way, we have examples of different resource levels, language families, writing directions, and English-source versus -target.

Model configuration. We set the hidden dimension of the feedforward sublayer to 2048 and the rest to 512, matching Vaswani et al. (2017). We use the same dropout rate for output of sublayers, ReLU, and attention weights. Additionally, we also do word dropout (Sennrich et al., 2016a) with probability 0.1. However, instead of zeroing the word embeddings, we randomly replace tokens with UNK. For all experiments, we use label smoothing of 0.1 (Szegedy et al., 2016; Pereyra et al., 2017). The source and target’s input and output embeddings are shared (Press and Wolf, 2017), but we mask out words that are not in the target’s vocabulary at the final output layer before softmax, by setting their logits to $-\infty$.

Training. We use a batch size of 4096 and optimize using Adam (Kingma and Ba, 2015) with the default parameters $\beta_1 = 0.9$, $\beta_2 = 0.999$, $\epsilon = 10^{-8}$. Gradients are clipped when global norm exceeds 1.0 (Pascual et al., 2013). An epoch is a predefined number of iterations for each pair. We stop training when a maximum number of epochs has been met or the learning rate becomes too small ($10^{-6}$). We also do early stopping when the development BLEU score during training.

Evaluation. We report tokenized BLEU (Papineni et al., 2002) with multi-bleu.perl to be comparable with previous works. We also measure statistical significance using bootstrap resampling (Koehn, 2004). For WMT ‘14 English-German, note that one needs to put compounds in ATAT format\footnote{https://github.com/tensorflow/tensor2tensor/blob/master/tensor2tensor/utils/get_ende_bleu.sh} before calculating BLEU score to be comparable with previous works.

B Further analysis

|          | \textsc{LayerNorm} | \textsc{ScaleNorm} |
|----------|-------------------|--------------------|
|          | train test        | train test         |
| gl→en    | 11.792 54.300     | 10.151 45.770      |
| sk→en    | 14.078 20.460     | 14.004 19.080      |
| en→vi    | 15.961 17.950     | 16.719 17.100      |
| en→he    | 15.562 14.950     | 15.906 15.080      |
| ar→en    | 14.372 13.450     | 14.165 13.290      |

Table 8: Label-smoothed train/test perplexities when using \textsc{LayerNorm} and \textsc{ScaleNorm}.

We ask if improvements from \textsc{ScaleNorm} on our low-resource tasks are due to improved regularization (a smaller generalization gap) or improved overall performance. We record smoothed train and test perplexities of our \textsc{PreNorm} models in Table 8. We see suggestive results but no conclusive trends. For ar→en, gl→en, and sk→en, train and test drop slightly, with test more so than train. For en→vi, train perplexity increases and test perplexity decreases an equivalent amount. For en→he, our smallest change between \textsc{ScaleNorm} and \textsc{LayerNorm}, train perplexity negligibly increased and test perplexity remains the same.
C Listings

**SCALENorm.**

```python
class ScaleNorm(nn.Module):
    """ScaleNorm""
    def __init__(self, scale, eps=1e-5):
        super(ScaleNorm, self).__init__()
        self.scale = Parameter(torch.tensor(scale))
        self.eps = eps
    def forward(self, x):
        norm = self.scale / torch.norm(x, dim=-1, keepdim=True).clamp(min=self.eps)
        return x * norm
```

**FAIRSEQ.** We follow FAIRSEQ’s tutorial\(^3\) and train a POSTNorm Transformer base model using the following configuration:

```bash
fairseq-train \data-bin/wmt16_en_de_bpe32k/ \--arch transformer_wmt_en_de \--share-all-embeddings \--optimizer adam \--adam-betas '(0.9, 0.98)' \--clip-norm 1.0 \--lr 0.001 \--lr-scheduler inverse_sqrt \--warmup-updates 4000 \--warmup-init-lr 1e-07 \--dropout 0.1 \--weight-decay 0.0 \--criterion label_smoothed_cross_entropy \--label-smoothing 0.1 \--max-tokens 8192 \--update-freq 10 \--attention-dropout 0.1 \--activation-dropout 0.1 \--max-epoch 40
```

For PRENorm, simply include the flags:

```bash
--encoder-normalize-before --decoder-normalize-before
```

For SCALENorm, we replace all LAYERNORMs in fairseq/models/transformer.py and fairseq/modules/transformer_layer.py with SCALENorm (implemented above). For FIXNorm, we change the word embedding initialization to uniform with range \([-0.01, 0.01]\) and normalize with torch.nn.functional.normalize.

We note that FAIRSEQ uses Xavier uniform initialization, which is big compared to our SMALLINIT (Section 3.1). We conjecture that FAIRSEQ training remains stable thanks to its large batch size, which gives more stable gradients.

\(^3\)https://github.com/pytorch/fairseq/blob/master/examples/scaling_nmt/README.md