The role of glycogen synthase kinase 3 beta in brain injury induced by myocardial ischemia/reperfusion injury in a rat model of diabetes mellitus

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Abstract

Myocardial ischemia/reperfusion injury can lead to severe brain injury. Glycogen synthase kinase 3 beta is known to be involved in myocardial ischemia/reperfusion injury and diabetes mellitus. However, the precise role of glycogen synthase kinase 3 beta in myocardial ischemia/reperfusion injury-induced brain injury is unclear. In this study, we observed the effects of glycogen synthase kinase 3 beta on brain injury induced by myocardial ischemia/reperfusion injury in diabetic rats. Rat models of diabetes mellitus were generated via intraperitoneal injection of streptozotocin. Models of myocardial ischemia/reperfusion injury were generated by occluding the anterior descending branch of the left coronary artery. Post-conditioning comprised three cycles of ischemia/reperfusion. Immunohistochemical staining and western blot assays demonstrated that after 48 hours of reperfusion, the structure of the brain was seriously damaged in the experimental rats compared with normal controls. Expression of Bax, interleukin-6, interleukin-8, terminal deoxynucleotidyl transferase dUTP nick end labeling, and cleaved caspase-3 in the brain was significantly increased, while expression of Bcl-2, interleukin-10, and phospho-glycogen synthase kinase 3 beta was decreased. Diabetes mellitus can aggravate inflammatory reactions and apoptosis. Ischemic post-conditioning with glycogen synthase kinase 3 beta inhibitor lithium chloride can effectively reverse these changes. Our results showed that myocardial ischemic post-conditioning attenuated myocardial ischemia/reperfusion injury-induced brain injury by activating glycogen synthase kinase 3 beta. According to these results, glycogen synthase kinase 3 beta appears to be an important factor in brain injury induced by myocardial ischemia/reperfusion injury.

Key Words: nerve regeneration; myocardial ischemia/reperfusion injury; brain injury; glycogen synthase kinase 3 beta; ischemic post-conditioning; diabetes mellitus; neural regeneration
Introduction

Myocardial ischemia/reperfusion injury (MIRI) prompts a release of oxygen free radicals, intracellular calcium overload, accumulation of inflammatory reaction, and over-expression of apoptosis-inducing factor (Shang et al., 2010; Gao et al., 2013). MIRI not only leads to cardiac dysfunction but may also cause distant organ dysfunction, which can increase the morbidity and mortality of patients (Tapuria et al., 2008; Ren et al., 2011). The brain is highly susceptible to ischemia/reperfusion injury, and severe brain damage can substantially lower quality of life (Dai et al., 2013; Las Hayas et al., 2015). However, the effects of MIRI on the brain are unknown.

Diabetes mellitus is an endocrine disorder that affects the most population and is a causative factor for other chronic health problems including heart disease (Tanne, 2008; Colllino et al., 2009). Diabetes mellitus can increase oxidative stress, reduce the tolerance of the organism, and increase morbidity and mortality (Rizk et al., 2006; Laursen et al., 2017). Diabetes is also a high risk factor for other diseases,
and may increase susceptibility to MIRI (Settergren et al., 2009).

Glycogen synthase kinase 3 beta (GSK-3β) is highly expressed in the brain, lungs, and kidneys (Iliouz et al., 2006; Petit-Paitel et al., 2009). In recent years, GSK-3β has been found to play a crucial role in many conditions, such as tumors, Alzheimer’s disease, and diabetes mellitus (Amar et al., 2011; Bian et al., 2016; Hu et al., 2016). GSK-3β is also closely linked with oxidative stress, cell apoptosis, and inflammatory reactions (Dugo et al., 2007; Zhao et al., 2012; Wang et al., 2017). However, the differences in the role of GSK-3β in brain injury induced by myocardial ischemia/post-conditioning in individuals with or without diabetes mellitus remain unclear.

In the present study, we explored whether inflammatory and apoptotic factors produced by MIRI could trigger brain injury, with a focus on the possible role of GSK-3β.

**Materials and Methods**

**Animals**

Sixty-four 8-week-old male Sprague-Dawley rats weighing 250–300 g were maintained at 25°C and 50% humidity. The rats had free access to chow and water and lived in individual ventilated cages under specific-pathogen-free conditions in the Animal Facility of the Experimental Research Center of Wuhan University of China (license No. SCXK (Jing) 2014-0004). The study protocol was approved by the Animal Ethics Committee of Wuhan University of China (WDRY2016-K145). The experimental procedure followed the United States National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85-23, revised 1986).

**Experimental protocols**

The 64 rats were randomized into eight equally-sized groups:

1. Normal sham group (NS): sham operation;
2. Normal myocardial ischemia reperfusion group (NIR): myocardial ischemia reperfusion;
3. Normal ischemic post-conditioning group (NIPost): myocardial ischemia+ post-conditioning;
4. Normal ischemic post-conditioning + GSK-3β inhibitor group (NIPostI): GSK-3β inhibitor + myocardial ischemia + post-conditioning;
5. Diabetic sham group (DS): diabetes mellitus model + sham operation;
6. Diabetic myocardial ischemia reperfusion group (DIR): diabetes mellitus model + myocardial ischemia reperfusion;
7. Diabetic ischemic post-conditioning group (DIPost): diabetes mellitus model + myocardial ischemia + post-conditioning;
8. Diabetic ischemic post-conditioning + GSK-3β inhibitor group (DIPostI): diabetes mellitus model + GSK-3β inhibitor + myocardial ischemia + post-conditioning.

The NS and DS groups were subjected to thoracotomy. We induced MIRI in the NIR and DIR groups by blocking the left anterior descending coronary artery. The artery was ligated 2 mm above the left auricle by a 6-0 silk suture. A small polypropylene tube was placed between the ligature and the left anterior descending coronary artery. The artery was occluded for 30 minutes by tightening the ligature. After 30 minutes of ischemia, the ligature was loosened to allow reperfusion for 2 hours. The sham group underwent the same surgical procedures, apart from tying the 6-0 silk suture. Ischemic post-conditioning was achieved via three cycles of 10-second reperfusion followed by a 10-second ischemia treatment immediately at the onset of reperfusion. A GSK-3β inhibitor; 0.5% lithium chloride (LiCl, 3 mmol/kg, Sigma-Aldrich (Shanghai) Trading Co., Ltd.) was injected intraperitoneally 10 minutes before receiving MIRI and received three cycles of 10-second reperfusion followed by a 10-second ischemia treatment immediately at the onset of reperfusion.

**Diabetes mellitus model and MIRI model**

As a model of diabetes mellitus, rats received an intraperitoneal streptozotocin injection (Sigma-Aldrich (Shanghai) Trading Co., Ltd., Shanghai, China) 65 mg/kg. Three days after the streptozotocin injection, the rats were fasted for 5 hours before collection of tail blood samples. We measured fasting blood glucose using a SureStrep glucometer (Johnson & Johnson Company, USA). Rats with blood glucose level ≥ 16.7 mM were considered diabetic models (Wu et al., 2011). The rats were maintained for 8 weeks (until they were 16 weeks old), and then brain tissue specimens were harvested from all rats at the end of reperfusion. Rats were intraperitoneally anesthetized with pentobarbital sodium (50 mg/kg) followed by tracheotomy and artificial ventilation (Tidal volume: 6 mL/kg; frequency: 80 beats/min; DW-2000, Yilian, Shanghai, China). A fourth-intercostal space thoracotomy was performed, and the pericardium was excised to expose the heart. The left anterior descending coronary artery was ligated 2 mm above the left auricle by a 6-0 silk suture. A small polypropylene tube was placed between the ligature and the left anterior descending coronary artery. The artery was occluded for 30 minutes by tightening the ligature. After 30 minutes of ischemia, the ligature was loosened to allow reperfusion for 2 hours. The sham group underwent the same surgical procedures, apart from tying the 6-0 silk suture. Ischemic post-conditioning was achieved via three cycles of 10-second reperfusion followed by a 10-second ischemia treatment immediately at the onset of reperfusion. A GSK-3β inhibitor; 0.5% lithium chloride (LiCl, 3 mmol/kg, Sigma-Aldrich (Shanghai) Trading Co., Ltd.), was injected intraperitoneally 10 minutes before receiving MIRI in the DIPostI and NIPostI groups (Xia et al., 2011; Liu et al., 2013).

**Histopathology of brain tissue**

After reperfusion, the rats were sacrificed and the whole brains harvested, except the cerebellum and stem. The tissue was fixed in 10% formaldehyde solution for 48 hours, embedded in paraffin, cut into 4 µm pieces using a microtome (Olympus, Tokyo, Japan), and stained with hematoxylin-eosin. The rats were maintained for 8 weeks (until they were 16 weeks old), and then brain tissue specimens were harvested from all rats at the end of reperfusion. Rats were intraperitoneally anesthetized with pentobarbital sodium (50 mg/kg) followed by tracheotomy and artificial ventilation (Tidal volume: 6 mL/kg; frequency: 80 beats/min; DW-2000, Yilian, Shanghai, China). A fourth-intercostal space thoracotomy was performed, and the pericardium was excised to expose the heart. The left anterior descending coronary artery was ligated 2 mm above the left auricle by a 6-0 silk suture. A small polypropylene tube was placed between the ligature and the left anterior descending coronary artery. The artery was occluded for 30 minutes by tightening the ligature. After 30 minutes of ischemia, the ligature was loosened to allow reperfusion for 2 hours. The sham group underwent the same surgical procedures, apart from tying the 6-0 silk suture. Ischemic post-conditioning was achieved via three cycles of 10-second reperfusion followed by a 10-second ischemia treatment immediately at the onset of reperfusion. A GSK-3β inhibitor; 0.5% lithium chloride (LiCl, 3 mmol/kg, Sigma-Aldrich (Shanghai) Trading Co., Ltd.), was injected intraperitoneally 10 minutes before receiving MIRI in the DIPostI and NIPostI groups (Xia et al., 2011; Liu et al., 2013).

**Immunohistochemical staining and terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay**

We performed immunohistochemical staining and a TUNEL assay on four rats in each group for Bax, Bcl-2, interleukin (IL)-6, IL-8, and IL-10 in the brain. Paraffin-embedded sections were dewaxed and rehydrated. After immersing the sections in equilibration buffer three times, they
were incubated with 3% (v/v) H$_2$O$_2$ and 10% (v/v) methanol in phosphate buffered saline (pH 7.4) at room temperature in a humidified chamber for 10 minutes to block endogenous peroxidase activity. Sections were then incubated in stop/wash buffer and subjected to antigen retrieval by boiling sections in 10 mM sodium citrate buffer (pH 6.0) in a microwave for 20 minutes. After cooling sections to room temperature, slides were washed with PBS (pH 6.5). After being blocked in normal goat serum (1:10; Boster Biotech Inc., Wuhan, China) for 10 minutes at room temperature, sections were incubated overnight at 4°C with rabbit anti-IL-6, IL-8, IL-10 (1:200; Boster Biotech Inc.), Bax, and Bcl-2 (1:100; ZSGB Biotech Inc.) polyclonal antibodies. After washing the sections with PBS, they were incubated for 10 minutes at room temperature with biotinylated goat anti-rabbit IgG (1:10; Maxinx Biotech Inc.) and washed with PBS, followed by incubation in a streptavidin-biotin-peroxidase complex (Maxinx Biotech Inc.) for 10 minutes at room temperature. Staining was visualized using diaminobenzidine (Maxinx Biotech Inc.) as a substrate. Negative control sections were not treated with primary antibodies.

The percentage of positive cells was quantified by the number of positive cells/the number of total cells × 100% under BX51 microscope (400×; Olympus).

Paraffin-embedded sections were dewaxed and rehydrated, then incubated in 20 µL/mL proteinase K for 15 minutes. TUNEL was accomplished using an in situ cell death detection kit (Roche Inc., Germany). After immersion in equilibration buffer for 10 minutes, sections were incubated with TdT and dUTP-digoxigenin in a humidified chamber and then incubated in the stop/wash buffer. Sections were washed before incubation in anti-digoxigenin-peroxidase solution (1:500 in PBS), and visualized with diaminobenzidine-H$_2$O$_2$ solution. TUNEL-positive cells were identified by the presence of a brown color in the nucleus of dead cells. The ratio of TUNEL-positive cells in the brain was quantified by the number of TUNEL-positive cells/the number of total cells × 100%, under the BX51 microscope (400×; Olympus).

Western blot assay
We used four rats in each group to determine the expression of phosphorylated-GSK-3β (p-GSK-3β), total GSK-3β, caspase-3, and cleaved caspase-3 in brain tissue via a western blot assay. After 2 hours of reperfusion, brain tissue was sampled (100 mg) and homogenized with 1,000 µL lysis buffer. The homogenates were centrifuged at 12,000 × g at 4°C for 15 minutes. Equivalent amounts (50 µg/lane) of total protein extracts were loaded into each lane, which were separated by 10% sodium dodecyl sulphate gels, and then transferred onto a polyvinylidene fluoride membrane (current: 200 mA, time: 40–70 minutes). The membrane was blocked with 5% bovine serum albumin for 1 hour and then incubated with the following primary rabbit monoclonal antibodies diluted in 5% w/v bovine serum albumin overnight at 4°C: p-GSK-3β (at Ser9), total GSK-3β, caspase-3, and cleaved caspase-3 (1:1,000; Cell Signaling Technology, USA). After three washes with Tris-Buffered Saline and Tween 20, the membrane was incubated with fluorescent-tagged goat anti-rabbit polyclonal IgG (1:10,000; LI-COR, USA) for 1 hour at room temperature followed by additional washing. GADPH was chosen as a loading control to further assure that all samples had the same volume. The measurement grayscale of each band was as follows: the protein in the NS group was taken as 100%, and we compared the target protein to the protein in NS group as the relative expression.

Statistical analysis
Data are presented as the mean ± SD and were analyzed using SPSS 17.0 software (SPSS, Chicago, IL, USA). The means of different groups were compared using one-way analysis of variance and the Student-Newman-Keuls test. \( P < 0.05 \) was considered statistically significant.

Results
Cerebral hematoxylin and eosin staining
In the NS group, the cortical neurons were arranged in neat rows with abundant cytoplasm, and the nuclei were round and basophilic. In the NIR group, the cortical neurons had a damaged structure. The cytoplasm was stained light red with uneven distribution and vacuoles, and the nuclei were condensed. In the NIPost group, however, the cell structure was normal. Most neurons had complete membrane integrity and the nuclei were clear. In the NIPostI group, the GSK-3β inhibitor eliminated the protective effect of ischemic post-conditioning. Histopathological changes were more severe in diabetic vs. non-diabetic rats (Figure 1).

Expression of Bax, Bcl-2, IL-6, IL-8, and IL-10 in the brain
Bax and Bcl-2 belong to the Bcl-2 gene family, which is an essential factor in cell death. IL-6, IL-8, and IL-10 are important indicators of inflammatory response. Our results indicated significantly increased Bax, IL-6, IL-8, and IL-10 and significantly decreased Bcl-2 and IL-10 expression in the brain in the NIR group \( (P < 0.01) \). In contrast, post-conditioning reversed these changes in protein expression following NIR \( (P < 0.01) \). In the NIPostI group, the consequence was no better than those in the NIR group. These data indicate that diabetes mellitus can aggravate the expression of inflammatory reaction and apoptosis-inducing factor (Figure 2).

Expression of apoptosis in the brain as detected by a TUNEL assay
The number of TUNEL-positive cells in the brain tissue was higher in the NIR and NIPostI groups than in the NS and NIPost groups \( (P < 0.01) \). The number of TUNEL-positive cells was significantly lower in the NIPost group compared with the DIR and DICPostI groups, but was still slightly higher than that in the DS group \( (P < 0.01) \). This data indicates that a diabetic state can increase expression of TUNEL-positive cells (Figure 3).

Effect of post-conditioning on GSK-3β and caspase-3
We examined cerebral GSK-3β, p-GSK-3β, caspase-3, and cleaved-caspase-3 via western blot assay. As shown, we found
Figure 2 Effect of glycogen synthase kinase 3 beta (GSK-3β) on Bax, Bcl-2, interleukin (IL)-6, IL-8, and IL-10 immunoreactivity in the brain of diabetic rats with myocardial ischemia/reperfusion injury (%).

(A–E) Representative images (original magnification, 400×) and quantification of Bax, Bcl-2, IL-6, IL-8, and IL-10 immunoreactivities. Arrows indicate that diabetes may impair GSK-3β function (*P < 0.01*).

Post-conditioning increased the level of p-GSK-3β (*P < 0.01*).

The expression of cleaved-caspase-3 was conserved when compared with the expression of p-GSK-3β. These results indicate that diabetes may impair GSK-3β function (Figure 4).

**Discussion**

The main findings of this study are as follows. First, myocardial IRI may have a serious detrimental effect on the brain; second, we were able to attenuate MIRI-induced brain injury by postconditioning; third, GSK-3β played a role in the aforementioned pathogenesis such that inhibition of GSK-3β abolished the beneficial effects of postconditioning.
Myocardial infarction is one of the leading causes of death globally. Ischemia/reperfusion injury is the dominant event associated with this phenomenon (Tang et al., 2012; Luo et al., 2013). Post-conditioning can alleviate the effects of myocardial ischemia/reperfusion injury. We demonstrated that post-conditioning can also effectively attenuate cerebral inflammatory responses and reduce brain injury. However, the beneficial effect was partly compromised by diabetes mellitus (Zhang et al., 2012; Ramagiri et al., 2017). Glycogen synthase kinase 3 (GSK-3) is a serine/threonine protein kinase that has recently emerged as a key regulatory factor in the modulation of inflammatory responses. GSK-3 comprises two similar subunits named GSK-3α and GSK-3β (Woodgett, 1990; Garcia-Herreros et al., 2012). The precise difference between these two molecules is unclear. Recent research has focused on GSK-3α. The activation of GSK-3β, which may be regulated by the mPTP channel, has been reported to play a pivotal role in the pathophysiology of organ injury/dysfunction associated with MIRI (Das et al., 2008; Miura et al., 2012). Gross et al. (2004) showed that in an in vivo model of ischemia and reperfusion, GSK inhibitors, added either before ischemia or at the start of reperfusion, could decrease necrosis (Gross et al., 2004).

In the present study, we found that during ischemia/reperfusion injury, GSK-3β was unchanged while p-GSK-3β expression was significantly modulated. This phenomenon indicates that at the early stage of ischemia/reperfusion, a large number of inflammatory cytokines regulate the concentration of Ca²⁺ and K⁺ via GSK-3β (Gomez et al., 2008; Xi et al., 2010). When mPTP channels open, organs are dam-

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**Figure 4 Effect of post-conditioning with glycogen synthase kinase 3 beta (GSK-3β) on the protein expression of GSK-3β and caspase-3 in the brain of diabetic rats with myocardial ischemia/reperfusion injury.**

(A, B) GSK-3β and caspase-3 protein expression in rat brain tissue. ***P < 0.01, vs. NS group; §§P < 0.01, vs. NIR group; §§§P < 0.01, vs. NIPost group; &P < 0.01, vs. NIPostI group; §§§P < 0.01, vs. DS group; ††P < 0.01, vs. DIR group; ££P < 0.01, vs. DIPost group (mean ± SD, n = 4, one-way analysis of variance and the Student-Newman-Keuls test). Only the NS and DS groups received a thoracotomy. Myocardial ischemia reperfusion was conducted in the NIR and DIR groups by blocking the left anterior descending coronary artery. The NIPost and DIPost groups were subjected to three cycles of 10-second reperfusion followed by a 10-second ischemia treatment immediately at the onset of reperfusion. The NIPostI and DI-

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**Table 1**

| Group   | NS   | NIR  | NIPost | NIPostI | DS   | DIR  | DIPost | DIPostI |
|---------|------|------|--------|---------|------|------|--------|---------|
| Total GSK-3β | 46 kDa |      |        |         | 46 kDa |      |        |         |
| p-GSK-3β | 46 kDa |      |        |         | 35 kDa |      |        |         |

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aged by the active oxygen free radicals (Zhu et al., 2010). Diabetes mellitus can stimulate an organism to produce more oxygen free radicals, and decrease the speed of oxygen free radical removal (Khullar et al., 2010; Zhao et al., 2017).

The regulatory function of GSK-3β involves both inflammatory reactions and signal pathways (Song et al., 2009; Zhu et al., 2013). p-Akt has been found to significantly increase at 4 hours, but decrease after 72 hours (Zhao et al., 2012). Further, GSK-3β phosphorylated by p-Akt is slightly increased at 4 hours and peaks at 72 hours. Activated GSK-3β is highly expressed 2 hours after reperfusion (Zhao et al., 2012). This expression occurs earlier than that in the classical Akt/GSK-3β signal pathway. In our previous work, we found that total Akt and p-Akt had similar patterns. In earlier periods of myocardial ischemia/reperfusion, inflammatory factors and apoptosis-inducing factor produce effects earlier than the signal pathway. However, these data require further confirmation.

GSK-3β inhibition appeared to attenuate the protective effect of post-conditioning on ischemia/reperfusion injury. The most commonly used GSK-3β inhibitors are 4-benzyl-2-methyl-1,2,4-thiadiazolidine-3,5-dione and SB216763. Here, we used LiCl as a GSK-3β inhibitor, like several other researchers (Kim et al., 2014; Tatsumoto et al., 2016). Post-conditioning can induce GSK-3β auto-phosphorylation, thus lessening the degree of reperfusion injury (Nayak et al., 2012; Wu et al., 2012), this can be partly counteracted by the diabetic state. GSK-3β inhibition has been found to attenuate the activation of the two stress-activated MAPKs: p38 and JNK1/2 in transient cerebral ischemia/reperfusion injury (Collino et al., 2008; Sharma et al., 2012). Our results supported this finding.

In conclusion, activation of GSK-3β is involved in brain injury induced by MIRI in both normal and diabetic subjects. Inhibition of GSK-3β activation alleviates the protective effects of post-conditioning, although the particular mechanisms underlying this effect have yet to be defined. Further investigations are warranted to delineate the various signaling pathways that involve GSK-3β.

Limitations

The researches on GSK-3β are controversial. Some articles thought GSK-3β was increasing, and others hold the opposite way. Some researchers thought there may be a rise and fall. When comes to lithium, its function is depending on whether GSK-3β was increasing, and others hold the opposite view. GSK-3β may be a bifunctional molecule and still needs further confirmation.

Author contributions: BZ and ZYX designed this study. BZ, WWG and LL performed experiments. YIL, QY and JBH analyzed data. BZ and MJ wrote the paper. All authors approved the final version of the paper.

Conflicts of interest: None declared.

Research ethics: The study protocol was approved by the Animal Ethics Committee of Wuhan University of China (WDRY2016-K145). The experimental procedure followed the United States National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85-23, revised 1986). All efforts were made to minimize animal suffering and the number of animals necessary to produce reliable results.

Data sharing statement: Datasets analyzed during the current study are available from the corresponding author on reasonable request.

Plagiarism check: Checked twice by iThenticate.

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