Assessing Foveal Structure in Individuals with TYR R402Q and S192Y Hypomorphic Alleles

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Purpose: To assess the impact of two TYR hypomorphic alleles (R402Q and S192Y) on foveal pit and foveal avascular zone (FAZ) morphology.

Design: Prospective, cross-sectional study.

Participants: A total of 164 participants with normal vision (67 male and 97 female; mean ± standard deviation [SD] age = 30.5 ± 12.8 years) were recruited.

Methods: Sequencing of more than 100 pigmentation-related genes was performed, and results were reviewed for the presence or absence of the TYR polymorphisms R402Q (rs1126809) and S192Y (rs1042602). Volumetric scans of the macula were obtained for each participant using OCT, and retinal thickness maps were analyzed using custom software. OCT angiography was used to image the FAZ, which was manually segmented and measured. Linear mixed model analysis was used to assess associations between genotype and foveal pit morphology.

Main Outcome Measures: Foveal pit depth, diameter, volume, and FAZ area in relation to the presence of hypomorphic alleles R402Q and S192Y on the TYR gene.

Results: Heterozygosity for the TYR R402Q allele was associated with decreased pit diameter (P = 0.0094) and decreased FAZ area (P = 0.025). Homozygosity for the TYR R402Q allele was associated with reduced pit volume (P = 0.0005), decreased pit depth (P = 0.007), reduced pit diameter (P = 0.0052), and reduced FAZ area (P = 0.0012). Homozygosity for TYR S192Y was associated with reduced FAZ area (P = 0.016). Heterozygosity for the TYR S192Y allele was not associated with differences in foveal pit depth, diameter, volume, or FAZ area (P > 0.05).

Conclusions: Although the role of the TYR R402Q and S192Y hypomorphic alleles in albinism remains controversial, our data suggest that these variants contribute to the extensive inter-individual variability in foveal morphology in the normal population. Our results contribute to the evolving picture of the relationship between ocular pigmentation and foveal morphology.

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The fovea is a highly specialized region of the primate retina and is responsible for high acuity vision. The foveal region is characterized by a foveal avascular zone (FAZ), increased cone photoreceptor density, and the characteristic pit (“fovea” is Latin for “pit”). Although the steps involved in development of the fovea have been well elucidated,1,2 one aspect of foveal anatomy that is not well understood is the enormous variation in the size of the pit and FAZ. For example, Wilk et al3 showed that pit volume varied by 11-fold among 64 individuals with normal vision. Chui et al4 also found significant inter-individual variability, with a 2.5-fold variation in pit depth among 11 individuals with normal vision. Additionally, in a study of 110 normal foveae, Tick et al5 reported large coefficient of variations for both pit depth (16.7%) and foveal inner retinal area (22.1%). Finally, Linderman et al6 found FAZ area varied by 9-fold in a study with 350 normal foveae. Although conditions such as premature birth have been associated with smaller-sized pits and FAZs,7-9 the factors underlying normal variation in pit size remain incompletely understood.

Insight on this issue comes from data on individuals with albinism. These individuals have absent or reduced retinal melanin and lack a fully developed foveal pit (i.e., foveal hypoplasia).10,11 A further link between pigmentation and foveal anatomy has been suggested by literature comparing normal foveal anatomy between different racial groups. It has been shown that Black individuals have significantly deeper and broader pits compared with their White counterparts.12,13 Although there is no evidence for racial differences in retinal pigment epithelium melanin, there are racial differences in choroidal melanin.14 If racial differences in choroidal melanin result in differences in foveal morphology, it stands to reason that individual variation in choroidal...
melanin could contribute to the described variation in foveal morphology.

One of the key enzymes in the melanin biosynthesis pathway is tyrosinase, encoded by the **TYR** gene. Although **TYR** polymorphisms are known to cause autosomal recessive oculo-cutaneous albinism, there are some common hypomorphic alleles whose involvement in albinism is controversial.\(^{15-18}\) Despite the controversy surrounding their pathogenicity, it has been shown that these alleles are associated with reduced enzymatic activity of tyrosinase.\(^{19}\) For example, the R402Q variant (rs1126809) has been reported to have 25% to 67% enzymatic activity relative to wild-type at normal body temperature,\(^{19,20}\) whereas the S192Y variant (rs1042602) results in 60% enzymatic activity.\(^{21}\) The allele frequency of R402Q is 25% worldwide, but higher in European (non-Finnish) populations (36.4%).\(^{22}\) Likewise, the allele frequency of S192Y is 17.65% worldwide and 27.28% in European (non-Finnish) populations.\(^{22}\) The high frequency of these alleles, together with their mechanism of action, make them intriguing candidates for contributors to the normal variability in the size of the human fovea. We sought to examine the relationship between **TYR** genotype and the size of the pit and FAZ in individuals with normal vision.

**Methods**

**Participants**

This study was approved by the Institutional Review Boards at the Medical College of Wisconsin (PRO23898) and followed the tenets of the Declaration of Helsinki. All participants provided informed consent following discussion of the risks of participation. A legal guardian provided consent for participants younger than 18 years of age. All participants completed an ocular health questionnaire and underwent color vision testing using the Neitz test of Color Vision (Western Psychological Services).\(^{23}\) By using the National Institutes of Health’s racial and ethnic categories, each participant was given the option to report their race and ethnicity. Exclusion criteria for the study included being aged less than 5 years, color vision deficits, and self-reported ocular, systemic disease, or being born prematurely.

**Genetic Testing**

Samples were sent to the Marshfield Clinic Research Foundation. Genomic DNA was extracted from the submitted specimen followed by enzymatic fragmentation and enrichment using Sure-Select Custom DNA Target Enrichment Probes \(^{\text{QT}}\) (Agilent Technologies) that targeted more than 100 pigmentation-related genes. Size selection and cleanups were performed using KAPA Pure Beads (Roche); size selection and libraries were visualized on an Agilent 2100 Bioanalyzer. Libraries were quantified using KAPA Library Quantification Kit (Illumina) and visualized on a LightCycler 480 (Roche). Samples were 10-plexed/cartridge and pair-end sequenced (75 base pairs) on MiSeq (Illumina). The sequenced data were aligned (GRCh37), variant-called, and annotated using SureCull v4.0, v4.1, v4.2 (Agilent Technologies).

**Foveal Morphology Imaging and Analysis**

Axial length was measured using the IOL Master 500 (Carl Zeiss Meditec). OCT imaging was performed on the right eye for each participant, using the Cirrus 6000 high-definition OCT (Carl Zeiss Meditec). Each volume scan was a nominal 6 × 6-mm scan consisting of 128 B-scans (512 A-scans/B-scan).

Foveal pit morphology was analyzed using a previously published difference of Gaussian algorithm.\(^{1}\) The retinal pigment epithelium internal limiting membrane thickness data file for each volume was imported into the software and was bilinearly interpolated to 512 × 512 pixels. The volume was then segmented into 11 radial slices passing through the foveal center (determined using the FoveaFinder algorithm on the Cirrus software). The thickness profile of each slice was fit to a difference of Gaussian model fit where all parameters varied freely to account for potential asymmetry of the retinal height and slope on either side of the fovea. Foveal metrics were measured on the basis of the Gaussian model fit values for each radial slice. Foveal pit depth was defined as the difference of the average maximum height and at the retinal thickness minimum. Foveal pit diameter was defined as the distance between the 2 maximum heights. Foveal pit depth and diameter were then averaged across all radial slices.

To calculate the foveal volume, the different fits were all plotted together, and a fifth order polynomial was calculated to create a 1-dimensional contour filter that was then applied at the fovea (defined as the area between the maximum height). Once the smoothing was complete, the surface, or the top of the fovea, was calculated by drawing a line between the peaks of the 2 Gaussian curve fits. Once this was done, the surface was then overlaid onto the thickness measurements and the macular thickness measurements were subtracted from the surface to estimate the volume filling that space.

**Foveal Avascular Zone Imaging and Analysis**

With the Optovue’s Avanti system, OCT angiography was done on all but 6 participants. For all but 2 subjects who were imaged, 2 to 5 angiograms centered on the fovea were taken at a nominal scan size of 3 × 3 mm. For the 2 subjects, a single angiogram was used. For each angiogram, 2 volumes consisting of 304 B-scans at 304 A-scans/B-scan were acquired; 1 volume had a horizontal fast scanning axis, and the other volume had a vertical fast scanning axis. The 2 volumes were registered (AngioVue software version: 2018.1.0.43) to create a single angiogram volume with reduced motion artifacts and better signal-to-noise ratio. For each volume, the full-thickness slab (inner limiting membrane to 9 μm above the outer plexiform layer) was extracted. The 2 to 5 extracted images were then averaged together using bUnwarped\(^{24}\) in FIU\(^{25}\) to further increase the signal-to-noise ratio and cropped to 304 × 304 pixels. The averaged image was used for further FAZ analysis.

Using ImageJ’s multipoint tool,\(^{26}\) a single observer (R.E.L.) segmented each FAZ. The segmentation coordinates were entered into a custom MATLAB script that has been previously described.\(^{27,28}\) The area of the FAZ (or the largest avascular area if the FAZ was fragmented\(^{29}\)) was computed in pixels using the \textit{polyarea} function in MATLAB. This was converted to mm\(^{2}\) by multiplying the nominal image scale (9.87 μm/pixel) by the ratio of the participant’s measured axial length to the axial length assumed by the Avanti system (23.95 mm).

**Statistical Analysis**

The objective was to investigate how foveal metrics differ between individuals with and without R402Q or S192Y, assuming other individual characteristics related to the metrics are similar. Furthermore, gene effects were defined as the differences in foveal metrics among participants with or without the R402Q or S192Y polymorphism. For each metric, Pearson median skewness was calculated to assess the distribution of the data. If the skewness was


≥ 0.4, a natural logarithmic transform was performed on the data and used for the following models. If the median skew was < 0.4, the raw data were used. To analyze the effect of R402Q and S192Y in our population, we used a linear mixed model to control for different demographic factors that have been shown to impact foveal morphology (R, version 4.0.3; R Foundation for Statistical Computing13). The following factors were used as predictors: number of R402Q alleles, number of S192Y alleles, race, age, sex, and axial length. The S192Y and R402Q status were each listed as not having the polymorphism (0 polymorphism), heterozygous (1 polymorphism), or homozygous (2 polymorphisms). The following factors were outcomes: foveal pit depth, diameter, volume, and FAZ area. Once the initial model was created, nonsignificant variables were dropped (P > 0.05), and the model was rerun with only the significant variables in the model to acquire the final fit.

Results

Participant Characteristics

There were 164 participants (67 male and 97 female), with a mean (± standard deviation [SD]) age of 30.5 ± 12.8 years. Self-reported ethnicity included 112 White participants, 3 American Indian/Alaskan native, 24 Asian, 1 native Hawaiian/Pacific Islander, 14 Black, 8 mixed-race participants, and 2 participants who did not report race. Across our participants, the average (± SD) foveal pit depth was 0.116 ± 0.021 mm, the average (± SD) foveal pit diameter was 1.936 ± 0.249 mm, the average (± SD) pit volume was 0.091 ± 0.036 mm³, and the average (± SD) FAZ area was 0.276 ± 0.111 mm². Summarized quantitative data are shown in Figure 1.

TYR Genotype

The average read depth for the analyzable target regions of TYR was 187.24 ± 84.97 (range, 40–578). Nine participants were homozygous for TYR R402Q, and 12 participants were homozygous for TYR S192Y. Forty-one participants were heterozygous for only R402Q, 25 participants were heterozygous for only S192Y, and 19 participants were heterozygous for both R402Q and S192Y. There were 58 participants with no copies of the R402Q or S192Y alleles. All 9 participants homozygous for R402Q (4 male, 5 female) and all

Table 1. Summary of Foveal Morphology Metrics and FAZ Area Based on Genetic Status (Mean ± SD)

| TYR Status       | Depth (mm) | Diameter (mm) | Volume (mm³) | FAZ Area (mm²) |
|------------------|------------|---------------|--------------|----------------|
| No mutation      | 0.119 ± 0.023 | 2.015 ± 0.226 | 0.100 ± 0.038 | 0.321 ± 0.108 |
| Heterozygous R402Q | 0.115 ± 0.022 | 1.857 ± 0.203 | 0.083 ± 0.032 | 0.264 ± 0.112 |
| Homozygous R402Q  | 0.100 ± 0.028 | 1.773 ± 0.280 | 0.063 ± 0.026 | 0.191 ± 0.105 |
| Heterozygous S192Y | 0.117 ± 0.012 | 1.983 ± 0.298 | 0.099 ± 0.040 | 0.273 ± 0.113 |
| Homozygous S192Y  | 0.119 ± 0.010 | 1.900 ± 0.267 | 0.085 ± 0.027 | 0.244 ± 0.053 |
| Heterozygous     | 0.109 ± 0.022 | 1.901 ± 0.245 | 0.084 ± 0.029 | 0.234 ± 0.098 |
| R402Q and S192Y   | 0.116 ± 0.021 | 1.936 ± 0.249 | 0.091 ± 0.036 | 0.276 ± 0.111 |

FAZ = foveal avascular zone; SD = standard deviation.
12 participants homozygous for S192Y (5 male, 7 female) identified themselves as White. The overall allele frequency for R402Q and S192Y was 23.8% and 20.7%, respectively. As both polymorphisms are known to have a higher allele frequency in people from Northern Europe, we further examined the frequency based on self-reported race. White participants in our study population had an allele frequency of 31.7% and 27.7% for R402Q and S192Y, respectively. Black individuals had an allele frequency of 3.5% (R402Q) and 7.1% (S192Y), whereas individuals from other racial backgrounds had an allele frequency of 8.1% (R402Q) and 4.1% (S192Y). These racial differences in allele frequency are consistent with previous studies.

**Effect of R402Q and S192Y on the Foveal Region**

Genetic status and foveal morphology are summarized in Table 1. As both foveal volume and diameter had skewed distributions (Pearson median skew: 0.8 and 0.4, respectively), these data were transformed using the natural log, and the linear mixed model was run on the transformed data. Linear mixed model analysis used the following fixed variables: race, ethnicity, R402Q genotype, S192Y genotype, and sex. The continuous variables used were age and axial length.

Results showed significant reductions in all foveal and FAZ metrics for those homozygous for R402Q. There were significant reductions in diameter and FAZ area in those heterozygous for R402Q, whereas those homozygous for S192Y had significantly decreased FAZ areas. Those heterozygous for S192Y had no significant difference in foveal or FAZ morphology (Table S1, available at www.ophthalmologyscience.org). Examples of the subjects with the smallest and largest foveal metrics and FAZ areas are shown in Figure 2. Black race was associated with larger pit volumes ($P = 0.038$), diameters ($P = 0.045$), and larger FAZ areas ($P = 0.031$). White race, Asian race,
Data were transformed using the natural log; effect size is reported as a percentage.

| Predictors                | Depth (mm) Effect Size | Diameter (%) Effect Size | Volume (%) Effect Size | FAZ Area (mm²) Effect Size |
|---------------------------|------------------------|--------------------------|------------------------|----------------------------|
| Heterozygous R402Q        | -                      | -                        | -                      | -                          |
| Homozygous R402Q          | -0.020                 | -9.95                    | 0.0252                 | -34.70                     |
| Heterozygous S192Y        | -                      | -                        | -                      | -                          |
| Homozygous S192Y          | -                      | -                        | -                      | -                          |
| Male                      | -                      | -                        | -                      | -                          |
| White race                | -                      | -                        | -                      | -                          |
| Asian race                | -                      | -                        | -                      | -                          |
| Black race                | -                      | 11.06                    | 0.0028                 | 34.04                      |
| Age                       | -                      | -                        | -                      | -                          |
| Axial length (mm)         | -0.0058                | -                        | -                      | -                          |

FAZ = foveal avascular zone; NS = not significant (in final linear mixed effects regression model); - = no significant effect.

*Data were transformed using the natural log; effect size is reported as a percentage.

and younger age were associated with smaller FAZ areas ($P = 0.0005$, $P = 0.015$, $P = 0.0047$, respectively). Longer axial length was associated with smaller pit depths ($P = 0.0001$) and smaller pit volumes ($P = 0.0029$), whereas male sex was associated with smaller FAZ areas ($P = 0.0004$). Predictors and associations for our complete model are summarized in Table S1 (available at www.phthalmologyscience.org).

Using only the significantly associated variables (Table 2) for pit depth, linear mixed model analysis showed that individuals homozygous for TYR R402Q had pits that were 0.020 mm shallower than those without R402Q polymorphism ($P = 0.007$). Likewise, we found that the individuals homozygous for TYR R402Q had pits that were reduced in volume by 35% in comparison with those without the R402Q polymorphism ($P = 0.0005$). The analysis for pit diameter showed individuals heterozygous for TYR R402Q had diameters reduced by 5%, whereas participants homozygous for TYR R402Q had diameters reduced by 10% in comparison with those with no R402Q alleles ($P = 0.0094$ and $P = 0.0052$, respectively). Compared with those with no R402Q alleles, individuals heterozygous for TYR R402Q had FAZ areas that were 0.036 mm² smaller, while those homozygous for TYR R402Q had FAZ areas that were 0.111 mm² smaller ($P = 0.025$ and $P = 0.0012$, respectively). Finally, subjects homozygous for TYR S192Y also had reduced FAZ areas by 0.038 mm² compared with those with no TYR S192Y mutations ($P = 0.016$).

### Discussion

This study examined the association between TYR R402Q and S192Y hypomorphic alleles and foveal structure. Compared with participants with no R402Q or S192Y alleles, those homozygous for the TYR R402Q hypomorphic allele had significantly smaller foveal diameters (7% decrease on average) and FAZ areas (21% decrease on average). Participants homozygous for R402Q showed even larger effects, with a 16% reduction in pit depth, 12% reduction in foveal diameter, 37% reduction in foveal volume, and 41% reduction in FAZ area compared with those with no R402Q or S192Y alleles. Only the FAZ area was significantly reduced in subjects homozygous for TYR S192Y (by 24% on average). These effects in the raw data were generally consistent with the effects observed using the linear mixed model analysis.

Additional support for our findings comes from a recent genome-wide association study of inner retinal morphology using the UK Biobank. The authors found that the S192Y variant was associated with increased retinal thickness (i.e., a shallower foveal pit), whereas R402Q was not associated with retinal thickness in their cohort. The different metrics used in Currant et al. may explain the contrasting results observed in our study. That study assessed the average retinal nerve fiber layer thickness and GCL-IPL layer thickness across the Macula6 grid and the total retinal thickness at the fovea, whereas our study assessed the shape of the foveal pit and the FAZ area (using OCT angiography). Although our results from the full model analysis show the same overall trend as our condensed analysis using the model with significant variables, the full model showed that the S192Y variant just missed statistical significance in its association with FAZ area in the heterozygous state ($P = 0.052$) and was significant in the homozygous state ($P = 0.015$) (Tables S1 and S2, available at www.phthalmologyscience.org). Nevertheless, both studies support a role for tyrosinase activity in the development of the size and shape of the fovea, though further work examining the contribution of the S192Y and R402Q alleles is warranted (especially related to any additive effects they may have when present in cis vs. trans).

There are important limitations to this study. First, there were a relatively small number of participants who were homozygous for R402Q ($n = 9$) or S192Y ($n = 12$). This may also explain the differences in results when we compare the results here with those of Currant et al. Furthermore, 10 children aged less than 16 years were included in this study, which could potentially confound metrics of pit morphology for their respective genetic group (since foveal development may continue after birth). However, the statistical analyses accounted for foveal differences due to age when examining the effects of the TYR
hypomorphic alleles. In addition, although previous research has shown that these alleles can result in decreased melanin in the retina, choroid, iris, skin, or hair, we did not do any qualitative or quantitative assessment of melanin in our participants. We also did not account for any potential environmental factors that may impact retinal development of these individuals. Finally, we examined only 2 hypomorphic variants on the gene. Other hypomorphic alleles in the gene and genes have been reported. Further assessment of how these alleles impact foveal morphology, as well as continued identification of other potential hypomorphic alleles in genes implicated in the pigmentation pathway, would be the next steps in understanding the large variability of normal foveal anatomy.

In conclusion, the results presented expand our understanding of the normal variability in foveal morphology. On one end of the pigmentation spectrum are individuals, who have deeper and broader foveal pits. On the other end are patients with albinism, who range from having an absent foveal pit to a shallow pit. White individuals and individuals from other racial backgrounds fall in between these extremes. There are likely other genes that regulate the formation of the foveal pit; however, our data suggest that the variations we see within racial groups may be driven (at least in part) by hypomorphic alleles in .

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HUMAN SUBJECTS: Human subjects were included in this study. This study was approved by the Institutional Review Boards at the Medical College of Wisconsin and followed the tenets of the Declaration of Helsinki. All participants provided informed consent following discussion of the risks of participation. A legal guardian provided consent for participants under the age of 18.

No animal subjects were used in this study.

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Abbreviations and Acronyms:
FAZ = foveal avascular zone; SD = standard deviation.

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