One-Step Instant Synthesis of Protein-Conjugated Quantum Dots at Room Temperature

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We present a new general facile strategy for the preparation of protein-functionalized QDs in a single step at ambient conditions. We demonstrated that highly luminescent red to near-infrared (NIR) protein-functionalized QDs could be synthesized at room temperature in one second through a one-pot reaction that proceeds in aqueous solution. Herein protein-functionalized QDs were successfully constructed for a variety of proteins with a wide range of molecular weights and isoelectric points. The as-prepared protein-conjugated QDs exhibited high quantum yield, high photostability and colloidal stability, and high functionalization efficiency. Importantly, the proteins attached to the QDs maintain their biological activities and are capable of catalyzing reactions and biotargeting. In particular, the as-prepared transferrin-QDs could be used to label cancer cells with high specificity. Moreover, we demonstrated that this synthetic strategy could be extended to prepare QDs functionalized with folic acids and peptides, which were also successfully applied to cancer cell imaging.

Quantum dots are superior luminophores with large extinction coefficient, strong photoluminescence, and robust photostability, which have proven to be powerful tools for bioimaging and biosensing1–12. Proteins represent a central target in medical and biochemical research. Fluorescent labeling of proteins provides a useful means to explore the roles of proteins in fundamental biological processes and implement a variety of biomedical applications such as optical imaging and biosensing6,7,9,12,13. However, preparation of protein-conjugated QDs is a laborious multi-step process that usually consists of colloidal QDs synthesis, QDs solubilization, and biomolecule functionalization4,5,7,8,14–16. The stringent reaction conditions and synthetic complexities would prohibit the end-users from gaining direct access to customizable QD probes in an easy and efficient manner. So far direct aqueous synthesis of protein-conjugated QDs at ambient conditions has achieved little success in producing highly luminescent QDs that are competent for bioimaging applications17–19.

In order to achieve one-step synthesis of protein-functionalized QDs, we developed a QD synthetic strategy that meets the following criteria: (i) the QDs should be enriched with certain metal ions that can coordinate with various amino acid functional groups (e.g. carboxyl group; amino group; thiol group, imidazole, etc.), leading to effective binding of the protein with QD surface20; (ii) the QDs synthesis reaction should proceed at ambient conditions (i.e. room temperature) rapidly to avoid protein denaturing; (iii) the as-prepared QDs should possess suitable emission range, high quantum yield (QY), and high photostability for bioimaging applications. Although DNA-functionalized CdTe QDs have been successfully constructed via a one-step strategy21,22, the high temperature (100 °C) and long reaction time (1 hour) required to synthesize CdTe QDs could not be applied to directly prepare protein-functionalized QDs since protein molecules would be easily denatured at high temperatures.

Results

In this study we report a new type of alloyed ZnₓHg₁₋ₓSe QDs that fully meet the criteria for one-step synthesis of protein-functionalized QDs. The synthesis of ZnₓHg₁₋ₓSe QDs is conducted in aqueous solution at room temperature and completed in one second, which surpasses the main obstacle for one-step preparation of protein-functionalized QDs. In particular, the as-prepared ZnₓHg₁₋ₓSe QDs exhibiting strong red to NIR photoluminescence that is suitable for bioimaging, which can hardly be achieved for other types of QDs produced with the same synthetic strategy. Moreover, the Zn²⁺ ion could coordinate with a variety of amino acid residues (e.g. Asp/ Glu (carboxyl group), His (imidazole), Tyr (hydroxyl group), Lys (amino group), and Cys (thiol group))23–24, which would lead to effective binding of protein with zinc-based QDs. In this QD synthesis regime protein molecules
and and thiol-containing molecules (e.g. mercaptopropionic acid (MPA)) are both used as ligands simultaneously to generate protein-functionalized QDs (Figure 1). While protein molecules would bind to the QDs through the coordination of amino acid residues with Zn$^{2+}$ ions on QD surface21-24, the small thiol-containing MPA molecules would serve as additive QD ligands to achieve good surface passivation and optimal photoluminescence properties25. As a starting point, we first explore the synthesis of unfunctionalized Zn$_{54}$Hg$_{45}$Se QDs using MPA as ligands and Zn(OAc)$_2$, Hg(ClO$_4$)$_2$, and NaHSe as precursors. In brief, Zn(OAc)$_2$, Hg(ClO$_4$)$_2$, and MPA are first mixed in NH$_4$HCO$_3$ solution (pH 12.3) after which NaHSe is quickly injected into the mixture followed by vortexing (see experimental section for more details). The reaction mixture turned brown immediately after injecting NaHSe (Figure 2), indicating instantaneous formation of QDs. Different Hg/Zn precursor molar ratios (1%, 2%, 5%, 10%, 20%, 25%, 40%) were used for QD synthesis, as the Hg/Zn precursor ratio increases the absorption spectrum and emission spectra of the as-prepared QDs both shifted to longer wavelength (SI section 1.1). The emission maximum shifted from 672 nm to 907 nm as the Hg/Zn precursor ratio increased from 1% to 40%. The QDs synthesized at Hg/Zn precursor ratio of 10% exhibit the highest quantum yield (QY = 25.6%) and an emission maximum at 704 nm (Table 1 and Figure 2). The size and morphology of the as-prepared QDs (Hg/Zn precursor ratio of 10%) were characterized using transmission electron microscopy (TEM). Nanodisperse spherical nanoparticles were obtained with a mean diameter of 4.0 ± 0.6 nm (Figure 2d). Lattice fringes can be clearly visualized in high-resolution TEM images, indicating the formation of nanocrystalline materials. STEM-EELS analysis confirms that the as-prepared Zn$_{54}$Hg$_{45}$Se QDs possess an alloy structure rather than a core-shell structure (SI section 2.1). The broad absorption spectrum of these Zn$_{54}$Hg$_{45}$Se QDs indicates that the QDs are inhomogeneous alloys26. The elemental composition and the Zn/Hg/Se molar ratio in the as-prepared QDs were measured using inductively coupled plasma optical emission spectrometry (ICP-OES). The percentage of Hg incorporated into the QDs increases with elevated Hg/Zn precursor ratio (Table 1). The Zn/Hg/Se elemental molar ratio is 0.91:0.09:0.38 for the QDs synthesized at Hg/Zn precursor ratio of 10%. In order to obtain QDs with highest QY, in the following studies all the Zn$_{54}$Hg$_{45}$Se QDs were synthesized at Hg/Zn precursor ratio of 10%.

Next, we proceed to investigate one-step synthesis of protein-functionalized QDs based on the above synthetic strategy. We first selected bovine serum albumin (BSA) as a proof-of-concept study. BSA has a molecular weight (M.W.) of 66.4 kDa and an isoelectric point (pI) of 5.3. To synthesize BSA-functionalized Zn$_{54}$Hg$_{45}$Se QDs, BSA and MPA were used as co-ligands and the other reaction conditions were the same as unfunctionalized MPA-QDs. To explore the effects of protein concentration on QD functionalization efficiencies, five different BSA concentrations (0.25, 0.5, 1.0, 2.0, and 5.0 mg/mL) were tested for the syntheses. As shown in Figure 2a and 2b, there are slightly blue shifts of the absorption and emission spectra of BSA-QDs (5.0 mg/mL BSA) in comparison with unfunctionalized MPA-QDs. The photoluminescence intensity of BSA-QDs is almost same as MPA-QDs. The QY of BSA-QDs is 26.0%. These BSA-QDs have a mean diameter of 3.9 ± 0.5 nm and near spherical shape illustrated by TEM images (Figure 2d), which is quite analogous to MPA-QDs. QD functionalization with BSA was monitored using agarose gel electrophoresis since the photoluminescence of QDs can be directly detected. As shown in Figure 2e, the unfunctionalized QDs exhibit a single band with high mobility. The QDs synthesized with BSA exhibit an additional band with retarded mobility which is caused by the increased overall size of QDs after BSA functionalization. As the BSA concentration increases the luminescence intensity of the upper band increases while the luminescence intensity of the lower band decreases, indicating that a higher percentage of QDs can be functionalized with increasing BSA concentration. Most of QDs were functionalized with BSA at a BSA concentration of 5.0 mg/mL. To further confirm the presence of BSA on the QDs, the agarose gel was stained with Coomassie brilliant blue. A series of blue bands can be visualized in the stained gel which completely co-localize with the upper QDs bands in the luminescence gel image, confirming the successful attachment of BSA to QDs (Figure 2e). Pure BSA-QD conjugates can be isolated and extracted from the agarose gel without affecting their integrity (SI section 4.2). Gel filtration chromatography (GFC) was also used to monitor QD functionalization in order to precisely measure the hydrodynamic (HD) size of the QDs and quantitate the fraction of protein-functionalized QDs. As shown in Figure 3, the unfunctionalized MPA-QDs exhibit a small hydrodynamic diameter of ~5.4 nm and a relatively narrow size distribution. The peak of BSA-QDs (5.0 mg/mL BSA) shifts to shorter elution time corresponding to a larger hydrodynamic diameter (~12.1 nm) as a result of the attachment of BSA to the QDs. The fraction of functionalized QDs is calculated to be 95%. The hydrodynamic diameters of MPA-QDs and BSA-QDs measured by dynamic light scattering (DLS) were 5.9 nm and 13.7 nm respectively, which are consistent with gel filtration chromatography results (SI section 2.5). The effects of QD on BSA structure were explored using circular dichroism (CD). Little changes were observed for the secondary structure of QD-associated BSA as compared to the native BSA (SI section 4.3). To explore whether the protein itself participates in the QD synthesis, we used BSA (5.0 mg/mL) as the only ligand to synthesize Zn$_{54}$Hg$_{45}$Se QDs. The QD formation with only BSA molecules is as efficient as that with both BSA and MPA molecules as revealed by the QD absorption spectra (SI section 1.2). In contrast, no QDs were produced in the absence of BSA and MPA molecules. TEM image further confirming the production of nanocrystalline QDs in the presence of only BSA molecules (SI section 2.2). These results suggest that BSA can indeed mediate the growth of QDs and attach to the QDs in a single step process. It is noteworthy that the photoluminescence intensity of the QDs produced with only BSA molecules is quite low due to insufficient surface passivation. The QD photoluminescence intensity can be drastically increased when MPA molecules are used as additive ligands for QD synthesis to improve QD surface passivation (SI section 1.2). The mechanism of BSA-mediated QD formation is explored by FTIR, UV-Vis spectroscopy, and TEM (SI section 6). The results show that the protein-directed QD synthesis undergoes the following mechanism: protein molecules first bind to metal ions to form a complex; this complex facilitates controlled nucleation following the introduction of amino precursors; the as-formed nuclei grow bigger to form QDs by reacting with the free precursors in solution; the protein passivates on QD surface once the QD is formed.

To further deconvolute the role of each type of amino acid residue in QD attachment, we performed selective chemical modification of each type of amino acid residue (amino group, thiol group, carboxyl group, imidazolyl group, hydroxy group) in BSA in order to block their interaction with the QD respectively. Then we used each chemically modified BSA to synthesize QDs and quantitate the protein functionalization efficiency for the QDs to find out the contribution of each type of amino acid residue to protein attachment. Our results show that the carboxyl group, imidazolyl group, and hydroxyl group play an important role in protein attachment. Cysteine residues have almost no effect on protein attachment since most of cysteine residues form disulfide bonds in proteins (SI section 5). It is noteworthy that the occurrences of Asp/Glu (-COOH), His (imidazole), and Tyr (-OH) residues within BSA and a large protein population (105990 sequences) are at similar levels. Also, most of these hydrophilic residues are present on protein surface29 and would be accessible for QD binding (SI section 5.4). Therefore, it is expectable that this QD synthetic strategy could be used for many other proteins.

To explore whether this QD synthetic strategy could serve as a general strategy to produce protein-functionalized QDs, we tested a
Figure 1 | Schematic illustration of one-step preparation of protein-functionalized QDs. (a) One-step synthesis of protein-functionalized \( \text{Zn}_x\text{Hg}_{1-x}\text{Se} \) QDs using \( \text{Zn}^{2+}, \text{Hg}^{2+}, \text{HSe}^- \) ions as precursors and MPA and protein as co-ligands. The synthesis is conducted at room temperature and completed in one second. (b) Structures, molecular weights, and isoelectric points of BSA, lysozyme, trypsin, hemoglobin, and transferrin. (c) Schematic illustration of BSA-, lysozyme-, trypsin-, hemoglobin-, and transferrin-functionalized QDs.
Figure 2 | Characterization of unfunctionalized MPA-QDs and BSA-functionalized QDs (5.0 mg/mL BSA). (a) Absorption spectra of MPA-QDs (dashed line) and BSA-QDs (solid line). (b) Photoluminescence spectra of MPA-QDs (dashed line) and BSA-QDs (solid line). (c) Photographs of MPA-QDs and BSA-QDs captured under visible light (left) and UV light (365 nm) (right). (d) Low magnification and high-resolution TEM images of MPA-QDs (upper panel) and BSA-QDs (lower panel). (e) Agarose gel electrophoresis of MPA-QDs and BSA-QDs synthesized at different BSA concentrations. The left gel image is the QD photoluminescence image. The right gel image is Coomassie brilliant blue-stained image showing the position of BSA (blue bands).
variety of proteins with different molecular weights and isoelectric points including lysozyme (M.W. = 14.3 kDa, pI = 11.4), trypsin (M.W. = 24 kDa, pI = 10.1), hemoglobin (M.W. = 64.5 kDa, pI = 6.8), and transferrin (M.W. = 80 kDa, pI = 5.6). Protein-functionalized QDs were synthesized under the same conditions as BSA-QDs and were characterized using agarose gel electrophoresis (SI section 4.1). Similar to BSA-QDs, QDs synthesized with all the other proteins exhibited additional QD bands with retarded mobility in the agarose gel, implying successful functionalization of QDs with these proteins. At protein concentration of 5.0 mg/mL, the QDs synthesized with lysozyme, trypsin, and hemoglobin were almost completely functionalized while the QDs synthesized with transferrin were partially functionalized. Gel filtration chromatography was also used to monitor QDs functionalization. As shown in Figure 3, lysozyme-QD and trypsin-QD exhibited nearly entire peak shift to larger hydrodynamic sizes, indicating almost complete QD functionalization. Two separate peaks were observed for the QDs synthesized with transferrin, which correspond to the functionalized and unfunctionalized QDs respectively. The functionalization efficiency of transferrin-QD (5.0 mg/mL transferrin) is 47%. The attachment of hemoglobin to the QDs is validated by fluorescence resonance energy transfer (FRET). Hemoglobin is an iron-containing oxygen-transport metalloprotein that exhibits strong absorption in the visible and near-IR region (SI section 4.4). Direct attachment of hemoglobin to the QD will result in efficient quenching of QD photoluminescence due to the small distance (<5 nm) between QD and hemoglobin. As shown in Figure 4a, with an increasing hemoglobin concentration for QD synthesis, a stepwise decrease of QD photoluminescence is observed. The quenching efficiency is 95.2% for the QDs synthesized with 5.0 mg/mL hemoglobin. To explore the impact of QDs on the biological activities of the protein, we measured the hydrolysis activities of lysozyme in native form and QD-associated form. Lysozyme activity is determined according to the lysis rate of Micrococcus lyso-deikticus cells (see experimental section for more details). As shown in Figure 4b, 88% of hydrolysis activity is preserved for the QD-associated lysozyme, suggesting that the QD binding has marginal effects on lysozyme catalytic activity.

To explore the applicability of the as-prepared Zn$_x$Hg$_{1-x}$Se QDs for bioimaging, we first tested the photostability of these Zn$_x$Hg$_{1-x}$Se QDs and compared it with the traditional CdTe QDs. The QDs were continuously excited with a high power 405 nm laser (110 mW) and their photoluminescence spectra were recorded at different time points. After 60 min exposure to the 405 nm laser, both the unfunctionalized and BSA-functionalized Zn$_x$Hg$_{1-x}$Se QDs underwent a

| Hg/Zn precursor molar ratio | Hg/Zn molar ratio in QD | Zn/Hg/Se molar ratio in QD | QY | $\lambda_{max}$ (nm) | FWHM (nm) |
|-----------------------------|------------------------|-----------------------------|----|---------------------|-----------|
| 1 1% 4.2%                   | 0.96:0.04:0.51         | 13.1% 672                   | 166|
| 2 2% 4.7%                   | 0.95:0.05:0.50         | 16.4% 673                   | 142|
| 3 5% 8.5%                   | 0.92:0.08:0.47         | 20.9% 684                   | 126|
| 4 10% 9.7%                  | 0.91:0.09:0.38         | 25.6% 704                   | 112|
| 5 20% 18.0%                 | 0.85:0.15:0.39         | 13.8% 736                   | 141|
| 6 25% 20.1%                 | 0.83:0.17:0.35         | 4.3% 801                    | 122|
| 7 40% 26.9%                 | 0.79:0.21:0.32         | 1.0% 907                    | 151|

Figure 3 | Gel filtration chromatography of protein-functionalized QDs. (a) Unfunctionalized MPA-QDs. Hydrodynamic diameters of sizing standards are indicated above the graph (see Supporting Information Figure S2 for more details). (b) BSA-QDs. (c) Lysozyme-QDs. (d) Trypsin-QDs. (e) Transferrin-QDs. The red dashed line in each graph indicates the peak position of MPA-QDs.

Table 1 | Elemental analysis, quantum yields, emission maxima, and FWHM of Zn$_x$Hg$_{1-x}$Se QDs synthesized at different Hg/Zn precursor molar ratios

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also performed on QDs films for ZnxHg1-xSe QDs and CdSe QDs with the 405 nm laser for 1 hour. The photostability study was with 82% decrease of PL intensity (Figure 5a and SI section 3.3). whereas the CdTe QDs were severely photobleached photobrightening effect with 54% and 51% increase of PL intensities Figure 4| Characterization of hemoglobin-QDs and lysozyme-QDs. whereas the photoluminescence of ZnxHg1-xSe QDs was retained CdSe QDs were quickly photobleached after 30 min excitation under continuous excitation with a 365 nm UV lamp (8 W). The focal microscopy. As shown in Figure 5c, the transferrin-QDs were cellular localization of transferrin-QDs is further investigated using con-

Specific cell imaging was explored using transferrin-functionalized ZnxHg1-xSe QD as a probe. Transferrin can specifically bind with transferrin receptor on cell surface and is transported into the cell via receptor-mediated endocytosis. As shown in Figure 5b, transferrin receptor-expressing live HeLa cells incubated with transferrin-QDs exhibited strong photoluminescence signals, indicating high co-localization between transferrin-QDs and lysotracker, implying that the QDs uptake is mediated by endocytic pathway. Furthermore, this QD synthetic strategy could be extended to other biomolecules such as folic acid (FA) and peptide to produce biofunctionalized QDs (Figure 6a). Folic acid has been frequently used for cancer targeting since many cancer cells overexpress folic acid receptors. The FA-QDs were synthesized using FA and MPA molecules as co-ligands and the reaction condition is the same as protein-functionalized QDs (see experimental for details). The presence of FA molecules on QDs was confirmed using Fourier transform infrared spectroscopy (FTIR). The characteristic IR absorption peaks of FA molecules were detected for FA-QDs but not MPA-QDs (SI section 4.5). In addition, attachment of FA molecules to QDs leads to partial quenching of QD photoluminescence. As the FA concentration increases, more pronounced QD photoluminescence quenching is observed (SI section 4.6). This quenching effect has been previously observed and is attributed to the electron transfer between FA molecules and QDs. The FA-QDs exhibited robust colloidal stability at pH 7.4 over 7 days storage (SI section 3.2). Live HeLa cells incubated with FA-QDs exhibited strong photoluminescence (Figure 6b), indicating highly efficient cell binding of QDs mediated by FA molecules. Next, we selected a peptide (HHHHHHCHGKRR) to synthesize peptide-functionalized QDs. This peptide contains two domains including a cancer cell targeting domain (CGKRK) and a QD binding domain (HHHHHH). The tumor homing peptide CGKRK was initially identified using phage display and was found to specifically bind to MDA-MB-435 human breast cancer cell line. The QD binding domain contains six histidine residues that are known to strongly coordinate with Zn\textsuperscript{2+} ions and have been utilized for QD bioconjugation. The peptide-functionalized ZnxHg1-xSe QDs were synthesized using the peptide and MPA molecules as co-ligands. The presence of peptide molecules on QDs was confirmed by agarose gel electrophoresis (SI section 4.1). Moreover, we found that the peptide itself (HHHHHHCHGKRR or HHHHHHH) can mediate the growth of ZnxHg1-xSe QDs in the absence of MPA molecules (SI section 2.3), suggesting that the QD synthesis and functionalization can be achieved in a single step. This is distinct from the previous study showing that the oligohistidine can be attached to the pre-synthesized QDs via histidine-zinc interaction. As shown in Figure 6b, live MDA-MB-435S cells incubated with peptide QDs exhibited strong photoluminescence as a result of efficient QD binding. In contrast, no photoluminescence signal was internalized into HeLa cells and sequestered in small vesicles. There is a high co-localization between transferrin-QDs and lysotracker, implying that the QDs uptake is mediated by endocytic pathway.
detected for live MDA-MB-435S cells incubated with unfunctiona-

Discussion

We present a general facile strategy for one-step synthesis of biofunc-
tionalized QDs. The reaction can be conducted in aqueous solution at
ambient conditions and completed within one second. The as-pre-
pared biofunctionalized Zn$_x$Hg$_{1-x}$Se QDs exhibit strong photolumi-
nescence, high photostability and can be used for specific cell targeting
and imaging. The reported strategy to construct biofunctionalized
QDs is much more straightforward than the traditional synthetic
routes. We expect that this QDs synthesis strategy would be accessible
to any laboratory that needs fluorescence labeling of biomolecules.

Figure 5 | Zn$_x$Hg$_{1-x}$Se QDs for cell imaging. (a) Photostability measurements of unfunctionalized Zn$_x$Hg$_{1-x}$Se QDs and CdTe QDs. Both QDs were
continuously excited with a 405 nm laser (110 mW) and the photoluminescence spectra were recorded at different time points (0, 0.5, 1, 3, 5, 8, 12, 15, 20,
30, 40, 50, 60 min) (b) Bright field and fluorescence images of cells incubated with Zn$_x$Hg$_{1-x}$Se QDs. From left to right: fixed HeLa cells with MPA-QDs;
live HeLa cells with MPA-QDs; live HeLa cells with transfrerrin-QDs; live HeLa cells with BSA-QDs. The images were acquired with a 10× objective. See
Supplementary Information (section 4.5) for the fluorescence image acquired with a 40× objective which shows punctate patterns of cell staining. (c)
Bright field and confocal fluorescence microscopy image of a single HeLa cell incubated with transfrerrin-QDs (red) and Lysotracker Green DND-26. The
overlay image shows a high co-localization between the QDs and lysotracker. (Representative regions of overlap are indicated by arrows.)
Methods

Materials. Zinc acetate dihydrate (99.0%), mercaptopropionic acid (MPA, 99%), selenium powder (99.99%), tellurium powder (99.997%), cadmium chloride (99.99%), sodium borohydride (98.0%), sodium selenite (98.0%), Coomassie brilliant blue R-250 (dye content ~50%, technical grade), albumin from bovine serum, hemoglobin from bovine blood, lysozyme from chicken egg white, TPCK treated trypsin from bovine pancreas, transferrin from human, insulin, and Micrococcus Lysodeikticus were purchased from Sigma-Aldrich. Mercuric perchlorate (99.0%) was

Figure 6 | Construction of folic acid- and peptide-functionalized Zn<sub>x</sub>Hg<sub>1-x</sub>Se QDs for cell imaging. (a) Schematic illustration of folic acid-QDs and peptide-QDs prepared in one-step synthesis. (b) Bright field and fluorescence images of cells incubated with Zn<sub>x</sub>Hg<sub>1-x</sub>Se QDs. From left to right: live HeLa cells with folic acid-QDs; live MDA-MB-435S cells with MPA-QDs; live MDA-MB-435S cells with peptide-QDs. The peptide sequence is HHHHHCHGKRK. The images were acquired with a 10× objective.
purchased from Strem Chemicals. Ammonium hydrogen carbonate (NH₄HCO₃, AR), sodium hydride (NaH, AR), acetic acid (AR), hydrochloric acid (HCl, GR), nitric acid (HNO₃, GR), bromophenol blue (AR), potassium bromide (AR) and folic acid (FA, BR) were purchased from Sinopharm Chemical Reagent Co., Ltd. Agarose powder was purchased from Biowest. Glycerol and tris(hydroxymethyl)aminomethane (Tris) were purchased from Beijing Solarbio Science &Technology Co., Ltd. Peptide stock solution was purchased from Invitrogen. Phosphate buffered saline (10× PBS) was purchased from Thermo Scientific (HyClone). Peptides (NH₂-HHHHHHHHCGKRR-COOH and NH₂-HHHHHHHHCOOH, 98%) were purchased from ChinaPeptides Co., Ltd (Shanghai, China). HeLa cells were purchased from China Center for Type Culture Collection (CCTCC). MDA-MB-435S cells were purchased from Cell Resource Center of Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences. Dulbecco’s Modified Eagle’s Medium (DMEM), fetal bovine serum (FBS), 0.25% trypsin/EDTA and phosphate buffered saline (PBS) were purchased from Thermo Scientific (HyClone). Leibovitz medium (L-15) was obtained from Gibco. Water used in all the studies was purified with a Milli-Q water purification system. All other reagents and solvents were of analytical grade.

### Synthesis of unfunctionalized, protein-functionalized, folic acid-functionalized, and peptide-functionalized ZnₓHg₁₋ₓSe QDs

#### Preparation of ZnxHg₁₋ₓSe QDs

To synthesize unfunctionalized ZnₓHg₁₋ₓSe QDs, 5 μL Zn(OAc)₂ (100 mM), desired volume (1.25, 2.5, 6.25, 12.5 or 25 μL) of HCl (37%, 100 mM) and 37.5 μL MPA (500 mM) were added to NH₄HCO₃ solution (0.2 M, pH = 12.3) to a total volume of 500 μL. Then 25 μL NaHSe (250 mM) was quickly injected into the precursor solution above followed by gently vortexing. The reaction solution turned brown immediately after adding NaHSe, indicating instant formation of ZnₓHg₁₋ₓSe QDs.

To synthesize protein-functionalized ZnₓHg₁₋ₓSe QDs, protein stock solution (100 mg/mL) was first prepared by dissolving protein powder (BSA, lysozyme, trypsin, hemoglobin, and transferrin) in 1 × PBS. For QD synthesis, desired amount of protein (final concentration: 0, 0.25, 0.5, 1.0, 2.0 or 5.0 mg/mL) was added together with 125 μL Zn(OAc)₂ (100 mM), 12.5 μL HCl (37%, 100 mM) and 37.5 μL MPA (500 mM) to NH₄HCO₃ solution (0.2 M, pH = 12.3) to a total volume of 500 μL. Then 25 μL NaHSe (250 mM) was quickly injected into the precursor solution above followed by gently vortexing. The reaction solution turned brown immediately after adding NaHSe, indicating instant formation of ZnₓHg₁₋ₓSe QDs.

The synthesis protocol of folic acid and peptide-functionalized ZnₓHg₁₋ₓSe QDs and protein stock solution was replaced by folic acid stock solution and peptide stock solution, respectively. Folic acid stock solution (250 mM) was prepared by dissolving folic acid in NH₄HCO₃ solution (0.2 M, pH = 12.3). Peptide stock solution (100 mM) was prepared by dissolving the peptide (NH₂-HHHHHHHHCGKRR-COOH) in H₂O. To synthesize folic acid-functionalized ZnₓHg₁₋ₓSe QDs, 0, 2, 5, 10, 20, 50 μL folic acid stock solution were added for a 500 μL synthesis. To synthesize peptide-functionalized ZnₓHg₁₋ₓSe QDs, 0, 15, 30, 50, 62.5 μL peptide stock solution were added for a 500 μL synthesis.

#### Synthesis of CdTe QDs

To synthesize unfunctionalized CdTe QDs, 0.25 μL CdTe precursor (500 mM in H₂O) were added to NH₄HCO₃ solution (0.2 M, pH = 12.3) and 2 μL 12.3 adjusted by 0.1 M NaOH solution (0.2 M, pH = 12.3) to a total volume of 500 μL. Then 25 μL NaHSe (250 mM) was quickly injected into the precursor solution above followed by gently vortexing. The reaction solution turned brown immediately after adding NaHSe, indicating instant formation of CdTe QDs.

#### Quantum yield determination

The QY is calculated according to the equation below:

\[ \Phi_Q = \frac{\Omega_s}{\Omega_{s0}} \times \frac{\tau_s}{\tau_{s0}} \times \frac{C_0}{C_1} \times \frac{A_s}{A_{s0}} \]

Where Φ_Q is the quantum yield, J is the measured integrated emission intensity, τ is the radiative life of the solvent, and A is the optical density. The subscript "s" refers to standard with known quantum yield and "st" refers to the QD sample.

### Photostability measurements of ZnₓHg₁₋ₓSe QDs, CdTe QDs, and CdSe QDs

Unfunctionalized ZnₓHg₁₋ₓSe QDs, CdTe QDs, and CdSe QDs were added for a 500 μL synthesis. Photostability studies were performed on QD films for CdTe QDs and ZnₓHg₁₋ₓSe QDs. The QD films were continuously excited with a 365 nm UV lamp (8 W) for 30 min and 60 min and the fluorescence images were recorded on an Olympus IX71 epifluorescence microscope with 1 millisecond acquisition time.

### Colloidal stability measurements of ZnₓHg₁₋ₓSe QDs

The pH of BSA-functionalized ZnₓHg₁₋ₓSe QDs solution was adjusted with 0.1 M HCl to the desired value (12.3, 9.0, 7.4, 5.2) and then the QDs were stored at room temperature. The photoluminescence spectra, absorption spectra, and DLS data were recorded after 0, 1, 2, 3, 5, 7, 10, 15, 20 days. The pH of FA-QDs was adjusted to 7.4 with 0.1 M HCl and then the QDs were stored at room temperature. The photoluminescence spectra, absorption spectra, and DLS data were recorded after 0, 1, 3, 5, 7 days.

### Dynamic light scattering (DLS)

DLS measurements were recorded using a Zetasizer Nano ZS90 (Malvern) with 90° scattering angle and a He–Ne laser.

### Gel filtration chromatography

Gel filtration chromatography was performed using a Superose™ 6 10/300 GL column (GE Healthcare) conjugated to an Agilent 1260 Infinite HPLC system. Before running, each sample was purified via centrifugation at 10,000 rpm for 5 min to remove any insoluble aggregates. The gel was then fixed at 0.35 mL/min, the injection volume was 80 μL and each sample was run for an overall time of 80 min. The absorption wavelength used to monitor QDs was set at 400 nm. 1 × PBS (pH 7.4) was used as the running buffer. For nanocrystals sizing, a protein standards solution was prepared to include 15 μL blue dextran (25 mg/mL), 35 μL thyroglobulin (25 mg/mL), 15 μL alcohol dehydrogenase (25 mg/mL), 25 μL BSA (25 mg/mL), and 15 μL lysozyme (25 mg/mL).

### Quantitative elemental analysis

Quantitative elemental analysis of ZnₓHg₁₋ₓSe QDs, BSA-functionalized ZnₓHg₁₋ₓSe QDs, and CdTe QDs (λₑₒₓ = 630 nm) were freshly prepared according to the protocol described above. QD samples were continuously excited with a 405 nm laser (110 mW) and the fluorescence spectra were recorded at different time points (0, 0.5, 1, 3, 5, 12, 15, 20, 30, 40, 50, 60 min). Photostability studies were performed on QD films for CdSe QDs and ZnₓHg₁₋ₓSe QDs. The QD films were continuously excited with a 365 nm UV lamp (8 W) for 30 min and 60 min and the fluorescence images were recorded on an Olympus IX71 epifluorescence microscope with 1 millisecond acquisition time.

### Lysozyme activity measurements

The lysozyme activity was determined by the lysis rate of Micrococcus lyodeiketicus. Lysozyme-capped ZnₓHg₁₋ₓSe QDs were first purified with a Microsep™ Advance Centrifugal Devices ( Pall Corporation) via centrifugation at 13500 rpm for 5 min to remove any insoluble aggregates. The gel was then fixed at 0.35 mL/min, the injection volume was 80 μL and each sample was run for an overall time of 80 min. The absorption wavelength used to monitor QDs was set at 400 nm. 1 × PBS (pH 7.4) was used as the running buffer. For nanocrystals sizing, a protein standards solution was prepared to include 15 μL blue dextran (25 mg/mL), 35 μL thyroglobulin (25 mg/mL), 15 μL alcohol dehydrogenase (25 mg/mL), 25 μL BSA (25 mg/mL), and 15 μL lysozyme (25 mg/mL).

### Circular dichroism spectrum

CD spectra of native BSA and QD-associated BSA were recorded on a circular dichroism spectrometer (Aviv Model-410, Biomedical). 3 mL of each sample was added into a 1 cm quartz cell and measured at the scan speed of 50 mm/min with a bandwidth of 2 nm. During the measurements the voltage of the PMT detector of the CD spectrometer was maintained below 500 V.
 aliquots (500 μL) were added into the well containing Micrococcus lysodeikticus and quickly mixed. The absorbance of each sample at 450 nm was recorded using a multimodal functional microplate reader (Tecan Infinite M200 Pro) every 60 seconds. The absorbance was plotted against the reaction time for the native lysozyme sample and the lysozyme–QD sample respectively. The ratio of the slopes for these two linear fits provides the percentage of remained lysozyme activity for the QD–conjugated lysozyme.

**Fourier transform infrared spectroscopy (FTIR) characterization.** Folic acid–functionalized Zn,Hg,S6 QD s were synthesized as described above. The QD sample was purified with a Microsep11 Advance Centrifugal Device (YM-3, Pall Corporation) via centrifugation at 13500 rpm for 5 min to remove free folic acid molecules, and the purification step was repeated twice. The purified QDs were then recovered in H2O to the initial volume and then concentrated using a rotary evaporator (RE52CS-1, Shanghai Yarong) and dried in a hot oven (GZX-9030MBE, Shanghai Boxun). The QDs powder was mixed with potassium bromide 1: 50 (w/w), grinded and compressed into tablets. The infrared spectrum was recorded on a Fourier transform infrared spectrophotometer (Varian, ProStar LC240). Folic acid and unfunctionalized QDs were used as controls.

**Fixed cell imaging with unfunctionalized Zn,Hg,S6 QDs.** HeLa cells were cultured on 25 cm2 cell culture plates with vent caps (Corning) in DMEM supplemented with 10% fetal bovine serum in a humidified incubator at 37°C containing CO2 (5%). HeLa cells that had been grown to subconfluence were dissociated from the surface with a solution of 0.25% trypsin/EDTA for 1 min. Then aliquots (500 μL, 5 × 104 cells) were seeded into a 24-well plate (Corning). After overnight incubation, the cells were fixed with 200 μL cold anhydrous methanol (stored at −20°C before experiment) for 15 min, then washed three times with PBS. The QDs were first purified with a Microsep11 Advance Centrifugal Device (YM-3, Pall Corporation) via centrifugation at 13000 rpm for 5 min and then recovered with 1× PBS. The purified QDs were then diluted 1:2 with 1× PBS. The fixed HeLa cells were incubated with 120 μL diluted QDs for 30 min at room temperature and then washed twice with 1× PBS. The photoluminescence images were captured on an Olympus IX 71 inverted fluorescence microscope with 330–385 nm mercury lamp excitation and the QD emission signal was collected with a 420 nm long-pass filter.

**Specific live cell imaging with transferrin, folic acid, and peptide-functionalized Zn,Hg,S6 QDs.** HeLa cells were cultured and seeded as described above. MDA-MB-435S cells were cultured on 25 cm2 cell culture plates with vent caps (Corning) in DMEM supplemented with 10% fetal bovine serum and 0.1 mg/mL insulin in a humidified incubator at 37°C. MDA-MB-435 cells that had been grown to subconfluence were dissociated from the surface with a solution of 0.25% trypsin/EDTA for 2 min. Then aliquots (500 μL, 5 × 104 cells) were seeded into a 24-well plate (Corning). After overnight incubation, the cells were washed once with 1× PBS. Transferrin, folic acid, and peptide–functionalized Zn,Hg,S6 QDs were first purified with a Microsep11 Advance Centrifugal Device (YM-3, Pall Corporation) via centrifugation at 13000 rpm for 5 min and then recovered with 1× PBS. The purified QDs were then diluted 1:2 with 1× PBS and the pH was adjusted to 7.8 with 1× HCl. For transferrin and folic acid–functionalized QDs, HeLa cells were incubated with 120 μL diluted QDs at 37°C for 1 h and then washed twice with 1× PBS. For peptide–functionalized QDs, MDA-MB-435 cells were incubated with 120 μL diluted QDs at 37°C for 1 h and then washed twice with 1× PBS. Unfunctionalized QDs were used as a negative control for all the studies. The photoluminescence images were captured on an Olympus IX 71 inverted fluorescence microscope with 10× and 40× objectives with 330–385 nm mercury lamp excitation and the QD emission signal was collected with a 420 nm long-pass filter.

**Confocal microscopy.** Live cells were incubated with the QDs sample at 37°C for 1 h and washed twice with 1× PBS. After that the cells were incubated with 100 μL Lysotracker Green DND-28 solution (1: 1000 dilution in serum-free cell culture medium) for 10 min and washed three times with 1× PBS. Confocal microscopy was performed on a Leica TCS SP5 II confocal laser scanning microscope using a 63× oil immersion objective. Localization of QDs was visualized with 405 nm diode laser excitation and the emission signal was collected between 650 and 750 nm. Localization of Lysotracker Green DND-26 was visualized with 476 nm argon laser excitation and the emission signal was collected between 500 nm and 600 nm.

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**Author contributions**

X.H. and N.M. conceived and designed the experiments; X.H. and L.G. performed the experiments; X.H., L.G. and N.M. analyzed the data; N.M. wrote the manuscript.

**Additional information**

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