Recent advances in the use of TiO₂ nanotube powder in biological, environmental, and energy applications

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The use of titanium dioxide nanotubes in the powder form (TNTP) has been a hot topic for the past few decades in many applications. The high quality of the fabricated TNTP by various synthetic routes may meet the required threshold of performance in a plethora of fields such as drug delivery, sensors, supercapacitors, and photocatalytic applications. This review briefly discusses the synthesis techniques of TNTP, their use in various applications, and future perspectives to expand their use in more applications.

Introduction

Nanomaterials with a tubular morphology enjoy unique properties over other morphologies, making them the target for many applications. Therefore, a plethora of fabrication techniques have been demonstrated in the literature to synthesize such nanotubes from different materials. Specifically, huge interest has been shown in the synthesis of titania nanotubes and their applications due to their biocompatibility, antimicrobial properties, high chemical stability, specific surface area, and catalytic activity. In addition, the high UV absorption and the possibility to modify the band gap promote titania as a good candidate for photocatalysis, making it useful for producing sunscreen materials and in water treatment.

Of special interest, titania nanotubes in the powder form (TNTP) have recently gained great interest within the scientific community. To this end, many synthesis methods have been established to fabricate TNTP as shown in Fig. 1, including ultra-sonication after anodization, rapid breakdown anodization, and hydrothermal techniques. In this mini-review, the properties of TNTP will be highlighted by giving insights into their different synthesis techniques and use in a plethora of applications.

Fabrication methods of TNTP

There are two main approaches to fabricate TiO₂ nanotubes in the powder form as presented in Scheme 1. The first approach is the anodization of Ti foil, which can be subdivided into two techniques. While the first approach includes the anodization of Ti foil followed by controlled ultrasonication, the second technique is a one-step process known as rapid breakdown...
nanotubes with a long tube length that reached up to 720 \textmu m. A novel approach was used to fabricate highly oriented titania nanotubes in the powder form.\(^{15,16}\) The second approach is the hydrothermal synthesis of TNTP.\(^ {17,18}\) Although there are other methods for producing tubular titania such as sol–gel and template-based synthesis methods,\(^ {19–21}\) they are not commonly used.

**Anodization technique**

The anodization process, a top-down fabrication technique, is an electrochemical method that produces an oxide layer on the surface of metals.\(^ {22}\) In order to achieve the tubular array formation, there are three main processes: the first process is the field assisted oxidation of titanium metal to produce an oxide layer on its surface and to form TiO\(_2\). The second is the field assisted dissolution of titanium metal ions in the electrolyte. The final one is the surface etching resulting from the chemical dissolution of titanium and TiO\(_2\) as shown in Fig. 2.\(^ {3,19,23,24}\) Extensive research studies have investigated the factors that govern the nanotube formation with tuned tube diameter and length.\(^ {25–29}\) The formed oxide layer structure on the metal surface mainly depends on the concentration and composition of the electrolyte solution and the applied voltage.\(^ {7,8}\) The effect of the electrolyte composition on the length of titania nanotubes is summarized in Fig. 3.

It has been reported that the formation of highly oriented TiO\(_2\) nanotubes with lengths \(\approx 500\) \textmu m is achieved by the use of HF acidic aqueous electrolyte in the anodization of the titanium metal.\(^ {20}\) Many researchers have paid attention to further synthesis approaches to enhance the titanium tube length and reduce the dissolution of the oxide layer on the surface of the Ti metal in a robust acidic medium. Therefore, several studies have been conducted to replace acidic HF electrolyte with fluoride salts such as NH\(_4\)F, NaF, and KF at adjusted pH in order to increase the titanium nanotube length up to 6 \textmu m.\(^ {31–37}\) A novel approach was used to fabricate highly oriented titania nanotubes with a long tube length that reached up to 720 \textmu m using the combination of non-aqueous organic electrolytes such as ethylene glycol (EG) or formamide (FA) with HF, KF, NaF, and NH\(_4\)F.\(^ {19,30,32–37}\)

**Anodization and ultrasonication**

Following the anodization of Ti foil, the TNTP can be formed via ultrasonication of the pre-grown titania nanotubes followed by repetitive anodization and ultrasonication processes until all the Ti foil has been fully converted into aligned nanotube powder. This process is also known as two-step anodization because the metal foil is used, recycled until it is fully consumed and converted into fine tubular powder.\(^ {14}\)

Although this method produces high surface area and well-defined structures of TiO\(_2\) tubular arrays, it has several drawbacks. In fact, it is considered time-consuming to extract the tubes and recycle the metal foil with an extremely small yield of the powder via ultrasonication. In other words, the electrochemical reaction takes 2 hours per one cm\(^2\) of foil to produce only 0.01 g after annealing at 450 °C. In addition, due to the increase in temperature during ultrasonication, the titania tubular architecture might be collapsed. Furthermore, the tubes are usually contaminated by electrolyte impurities, which could negatively affect their properties.\(^ {14}\)

**Rapid breakdown anodization**

Using the rapid breakdown anodization technique to produce TNTP is considered the simplest and most cost-effective approach because it provides a high yield and can be achieved through a single electrochemical anodization step. The produced TNTP can be easily used in different applications due to their high surface area and aspect ratio. As discussed before, the formation mechanism of TNTP is mainly attributed to the chemical oxidation and dissolution of the metal substrate. In the rapid breakdown anodization, chloride ions are mainly used instead of fluoride ions in the electrolyte (e.g. perchloric acid).\(^ {14}\) During the initial phase, the oxide layer is formed through the hydrolysis of the titanium metal surface. Once an electric field is
applied, migration and transport of ions occur through the dissolution process, where Ti$^{4+}$ cations migrate toward the electrolyte solution, and via the oxidation process, where oxygen anions diffuse towards the metal/oxide interface forming a thick oxide layer. After that, the electrolyte resistance is increased causing the anodic oxidation to stop. Then, the chloride anions start to dissolve the metal oxide layer forming pores which resulted from the localized breakdown of the oxide interface. The titanium dioxide white layer leaves the substrate pores which are the borders of the sheets makes them scroll and wrap in the form of vertically oriented nanotubes in the electrolyte in the powder form as indicated by eqn (1)–(4).

\[
\begin{align*}
\text{Ti} + 2\text{H}_2\text{O} &\rightarrow \text{TiO}_2 + 4\text{H}^+ + 4\text{e}^- \\
2\text{H}_2\text{O} &\rightarrow \text{O}_2 + 4\text{H}^+ + 4\text{e}^- \\
\text{Ti} + \text{O}_2 &\rightarrow \text{TiO}_2 \\
\text{TiO}_2 + 4\text{H}^+ + 6\text{Cl}^- &\rightarrow [\text{TiCl}_6]^{2-} + 2\text{H}_2\text{O}
\end{align*}
\]

The chemical interactions explained above occur due to the mechanical stress established at the Ti/TiO$_2$ interface. Moreover, the strong chemical reactions between the Ti substrate and chloride ions cause hydrogen evolution at the Pt electrode.$^{15,16}$ A comparison between ultra-sonication, rapid breakdown anodization, and hydrothermal techniques is summarized in Table 1.$^{15,16}$ Fig. 4 summarizes the factors controlling the formation of TNTP such as the applied voltage, type and concentration of the electrolyte, temperature, pH, and fabrication processing period that definitely affects the tube diameter, tube length, etching rate, homogeneity, and roughness.$^{29}$

### Hydrothermal processing

The hydrothermal process is used for crystal formation and growth.$^{29}$ It is considered the most commonly used technique for the synthesis of TNTP due to its simplicity and high yield. Typically, amorphous TNTs are treated at high temperature in a concentrated sodium hydroxide solution.$^{40,41}$ According to Moazeni et al.$^{42}$ the formation of TNTP via hydrothermal processing involves six main steps. Initially, TiO$_2$ and NaOH are mixed and stirred for 1 h and then subjected to ultra-sonication for another hour. The obtained suspension is then transferred to a Teflon-lined autoclave to be heated for 2 days. The resulting powder is then washed several times with deionized water and ethanol and dried at 40 °C for one whole day. It was noted that the alkaline solution caused some of the Ti and O bonds to be broken to form lamellar fragments as the growth mechanism was attributed to slow dissolution of TiO$_2$ in a highly concentrated alkali solution. As titinate ions react with sodium from the alkali solution, they merge to form layered nanosheets. The induced mechanical stress caused by titinate ions at the borders of the sheets makes them scroll and wrap in the form of tubes.$^{43}$ Zeng et al.$^{43}$ used a similar technique to produce powder nanotubes. However, instead of treating TiO$_2$ with NaOH at room temperature and stirring, they used NaOH solution inside a Teflon-lined autoclave at elevated temperature for 24 h. Upon subsequent cooling of the solution, it was titrated to reach the desired pH and dried. The obtained nanotubes have an outer diameter less than 10 nm and length less than 1 μm.$^{43}$ Zavala et al.$^{39}$ investigated the effect of hydrothermal treatment, annealing temperature, and acid washing on the morphology of TiO$_2$ nanotubes. They realized that the hydrothermal treatment alters the TiO$_2$ from the

### Table 1 Comparison between the three main techniques for producing TiO$_2$ nanotube powder (TNTP)

| Ultra-sonication technique | Rapid breakdown anodization | Hydrothermal technique |
|----------------------------|-----------------------------|------------------------|
| Advantages                 | Produces dispersed crystalline TiO$_2$ NTs | Produces highly pure randomly aligned TiO$_2$ NTs High surface area Cost-effective High yield Applicable on a large scale Time-consuming (long processing time) Chemical-consuming Produces non-uniform TNTs Short length by default |
| Disadvantages              |                              |                        |
|                           | High surface area High surface area Cost-effective Cost-effective High yield |                        |
|                           | Under any circumstances, the tubular structure may collapse leading to reduced surface area Very low yield (0.01 g for 1 cm$^2$ of foil) Repetitive and risky process, due to its two steps Electrolyte may contain impurities that adversely influence the biological applications | Under any circumstances, the tubular structure may collapse leading to reduced surface area Very low yield (0.01 g for 1 cm$^2$ of foil) Repetitive and risky process, due to its two steps Electrolyte may contain impurities that adversely influence the biological applications |
| pH                         |                              |                        |
|                           |                              |                        |
|                           |                              |                        |
|                           |                              |                        |
anatase to monoclinic phase. In addition, the temperature range between 400 °C and 600 °C maintained a highly stable tubular structure. Increasing the temperature above 600 °C resulted in the formation of irregular nanoparticles that are larger than the precursor TiO₂ particle size. Moreover, the crystalline phase was changed from anatase to rutile. Finally, they proved the importance of acid washing as the exchange of Na⁺ ions promoted the formation of highly pure nanotubes.18,39 The hydrothermal processing is considered a relatively cost-effective method that produces highly pure TiO₂ nanotubes. However, some drawbacks of the method should be taken into consideration, including non-uniformity, short length, and long synthesis time. However, it was shown that sonication pretreatment would aid in increasing the length of the resulting nanotubes.44 Also, the stirring revolving speed was manipulated as a mechanical force to enhance the diffusion and the reaction rate of TiO₂ nanocrystals to produce longer TNTP.45,46

Applications of TNTP

Although TiO₂ nanotubes in the powder form have been used in many applications, this review is focused on the specific applications shown in Fig. 5.

Biological applications

Drug delivery applications

TiO₂ nanotubes have been recently utilized to address the shortcomings of the conventional drug therapeutic solutions, particularly due to the excellent physicochemical properties and biocompatibility they possess.3 As current drug therapies may suffer from short circulating time, tedious pharmacodynamics, low resistance to the gastrointestinal system, and limited drug solubility, TNTP can help by providing an innovative delivery route for drugs to reach their target sites.47 It is worth noting that the diffusion process of TNTP when implanted in the body is governed by Fick’s first law. This indicates that the drug release process will be dependent on several elements such as the nanotubes’ charge, dimensions, and surface chemistry, and the loaded drug’s charge, molecular size, and diffusion coefficient, as well as the type of interaction between the drug molecules and TiO₂ inner surface, see Fig. 6.48,49 Accordingly, controlling the drug release profile is expected to depend on the fabrication and implementation conditions of TNTP. It is also of importance to mention that the most common drug release strategy is of the zero-order type, in which the release rate is constant regardless of the duration.48 In this regard, several studies tried to modify the nanotubular structure to suit the desired therapeutic strategy. These modifications include the adjustment of their length, thickness, pore opening, or stimulating their releasing process by polymeric coatings or other external sources.50,51 For instance, Aw et al. found that extending the tubular length from 25 to 100 μm resulted in an increase in the release duration for TiO₂ nanotube drug delivery implants.52 Other types of drug release strategies consider varying dynamic change of the release kinetics, improving the drug loading and release patterns, multi-drug release, etc., which were all pursued in numerous studies through functionalization of the nanotubular surface.53,54 For example, TiO₂ nanotubes functionalized with 2-carboxyethyl-phosphonic acid and organic silanes such as pentafluorophenyl dimethyl chlorosilane and 3-aminoethyl triethoxysilane have been utilized to modify the kinetics of both drug loading and release. This was obtained by changing the hydrophilic and hydrophobic properties of the nanotubular surface, which altered the interaction mechanism between the loaded drug and its carrier, the functionalized TiO₂ nanotubes.55 For better controlled and sustained release profiles, several studies have reported exposing TiO₂ nanotubes to external triggers such as ultrasound waves, radiofrequency,
magnetic fields, and electric fields. As an example, the concept of ultrasound-sensitive systems of drug delivery has been proved by Aw et al. using TiO2 nanotubes. The drug-micelle release profile has shown a promising chance to be enhanced in accordance with the power intensity, pulse amplitude, length, and duration. This may be attributed to the combination of both cavitation and thermal processes triggered by ultrasonic waves. Accordingly, a better interaction between the loaded drug and TiO2 nanotubes is expected. This sort of modification would be of significant importance in local and complex delivery systems such as in brain and stent applications. Regarding the cytotoxicity effect of anodized TiO2 nanotubes on different types of cells, Li et al. have argued that the cytotoxicity of different nanostructures relies on their physicochemical factors such as size, shape, dose, surface charge, and chemical composition. In fact, the three main factors that influence the use of metal oxides in biomedical applications are size, shape, and dose. Chassot et al. performed a study to test the cytotoxicity of TiO2 nanotubes fabricated via the anodization method using protozoan T. pyriformis cells for in vitro studies. The research did not observe any cytotoxicity and confirmed that TiO2 nanotubes are not toxic. However, with all these possibilities and remarkable potential of TiO2 nanotube powder to be used in drug delivery systems, further ex vivo and in vivo animal studies are needed to examine the long-term tolerability and cytotoxicity of the material.

**Antibacterial applications**

Remarkable attention has been paid to the use of TiO2 nanomaterials in the field of photocatalytic bacterial disinfection. TNTP, as nanostructured semiconductor materials, are potent photocatalysts. They were utilized for eradicating harmful microorganisms and bacteria from water using solar irradiation. Using its different morphologies on the nano-scale, TiO2 has been proven to possess several advantages such as superior antimicrobial activity, high photo-stability (high corrosion resistance), biocompatibility, and strong photochemical oxidative activity. All these properties have qualified TiO2 as an excellent material for water microbial purification. Basically, the mechanism of water disinfection by TNTP relies on the hydroxylation reactions that start with the formation of hydroxyl radicals (OH•). Upon light absorption by TNTP, the created electron–hole pairs trigger electrochemical redox reactions which produce free radicals such as hydroxyl radicals (OH•). In the aqueous medium, these active radicals are strong enough to destroy the bacterial cell wall along with different other cellular components with extremely low survival levels as shown in Fig. 7. Typically, these OH• radicals are produced by the reactions of holes with either H2O molecules, their hydrolysed OH− ions, or even bacterial membrane lipids. The radicals cause some deleterious effects on the extracellular medium of the bacteria, leading to serious chemical/biomolecular transformations. On the other hand, the electron counterparts combine with the proton ions (H+) in the same physiological environment to complete the other half of the electrochemical reaction.

The effect of the concentration of titania in the lysogeny broth (LB) nutrient medium was tested against bacterial growth in drain water. The study by Carroll et al. has concluded that titania powder has the ability to diminish the growth of bacterial colonies even under dark conditions, with a reverse proportionality between the bacterial growth rate and the titania powder concentration. Interestingly, Abbas et al. have studied how different types of TNTP can deactivate the growth of Escherichia coli (E. coli) in contaminated water. The TNTP studied were prepared by both hydrothermal and rapid breakdown anodization techniques, along with other titania structures. The study has revealed that the hydrothermally synthesized TNTP were the best among other titania nanostructures, resulting in the highest inactivation rate of the E. coli bacteria under both dark and light conditions for 120 min. It was suggested that the hydrothermally prepared TNTP have a high abundance of –OH functional groups on their surfaces, mixed rutile and anatase phases, and remarkably high surface area. All these factors offered this particular structure the highest potential to result in the highest efficacy against bacterial growth in wastewater.

**Energy conversion applications**

**Solar cell applications**

The vast majority of commercially available solar cells are made from silicon with different solid state junctions. The overall conversion efficiency is varied according to whether the silicon is mono- or multi-crystalline. Several approaches are being explored now in an attempt to achieve higher efficiencies with cost-effective materials. A promising photoelectrochemical concept is utilizing dye-sensitized TiO2 solar cells. In 1985, a Ru-based dye was adsorbed on TiO2 nanoparticles, which allowed the conversion of solar energy to electricity with 80% quantum efficiency. Later on, Grätzel implemented the concept to fabricate a full dye-sensitized solar cell (DSSC). The classic DSSC is mainly made of TiO2 crystalline nanoparticles attached to a conductive substrate, a Ru-based dye as a sensitizer, an electrolyte, and platinum as a counter electrode. A fundamental aspect of dye selection is that the LUMO of the dye has to be energetically higher than the TiO2 conduction band. Upon exposure to sunlight, the excited electrons of the dye are
Photocatalytic water splitting

Environmental pollution and depletion of fossil fuels have become serious issues. In this regard, numerous studies have

The sol role of TiO2 in DSSCs is to harvest the injected electrons from the dye. Although other oxides could be considered as an alternative, until now TiO2 is the best choice. TNTs synthesized via rapid breakdown anodization (RBA) lead to the formation of flower-like bundles with very high aspect ratios when using perchlorate or chloride electrolytes. These TNTs show excellent performance in DSSCs. The TiO2 DSSC performance is mainly dictated by the degree of crystallinity. Upon elevating the temperature, the rutile phase dominates with the possibility of collapse. Thus, anatase is the phase of choice for efficient titanium-based solar cells as it is the most photoactive phase. Different groups have already reported several results but it is hard to compare these results because the overall produced efficiency is dictated by not only the intrinsic properties of the TiO2 NTs but also the entire solar cell structure i.e. the actually investigated active area within the solar cell, the distance between the nanotubes, and the counter electrode.81

The effects of combining TNT and TiO2 nanoparticles prepared via sol-gel and hydrothermal methods, respectively, have been studied through measuring the performance of the solar cell. Various weight ratios of the TNT and TiO2 nanoparticles were mixed together. The open TNT structure facilitated better penetration of the electrolyte and enhanced the contact between the dye, tubes, and electrolyte. The high surface area of the nanotubes and the nanoparticles enhanced the amount of adsorbed dye. The crystal properties of the nanotubes were found to be the best at a hydrothermal temperature of 150 °C for 12 h. The overall conversion efficiency of the DSSC reached 4.56% under AM 1.5 illumination. It is worth mentioning that the photovoltaic performance of the DSSC made of hybrid titania nanoparticles and nanotubes is enhanced compared to that of the DSSC made purely of TiO2 nanoparticles.82 Also, the hybrid nanotubes and nanoparticles were tested in perovskite solar cells (PSCs). A (CH3NH3)PbI3 PSC based on TiO2 nanotube and nanoparticle hybrid photo-anode was successfully constructed without affecting the nanotubular structure. The charge efficiency was maximized and the recombination rates were suppressed. In this assembled device, the nanotubes boosted the light scattering and hence absorption by the sensitizer. The nanoparticles enhanced the adhesion of the cell components. Using carbon as a counter electrode, the conversion efficiency of the PSC reached 9.16% under 1.5 AM illumination.83 Hydrothermally annealed TNT were sensitized with poly[2-methoxy-5-(2-ethylhexyloxy)-1,4-phenylenevinylene] (MEHPPV) as a conducting polymer used to improve the donor-acceptor mechanism of the hybrid solar cell. The different thermal treatments of the TiO2 nanotubes revealed drastic morphological, structural, electrical and optical alterations of the nanotubes, in addition to the remarkable induction of crystallinity and hence charge transfer enhancement. Here, the nanotubes act as an acceptor material and the MEHPPV polymer acts as a donor material, which improved the energy conversion of the organic solar cell.84 In an attempt to study the effect of different sensitizers on the efficiency of the TNT, zinc porphyrin-imide dye was adsorbed on the TiO2 nanotubes by immersion for 24 h. The absorption spectra of the used zinc porphyrin-imide dye are usually seen at 439 nm and 620 nm. Upon adsorption on the TiO2 nanotubes, the peaks were shifted to 421 nm and 640 nm. The assembled DSSC showed a conversion efficiency of 1.914% from the front side and 1.147% from the backside.85

*Fig. 8 Schematic diagram of a DSSC using TNT as an anode.*
been carried out to utilize a renewable energy source that should be as efficient as fossil fuels but pollutant free. Harvesting solar energy has been utilized in photocatalytic hydrogen production via water splitting.\textsuperscript{86} Photocatalytic processes are reactions that can be accelerated or activated by means of the absorption of photons.\textsuperscript{87} Absorbed photons yield photogenerated electron/hole pairs that can derive certain redox reactions such as degradation of organic pollutants and water splitting. Among the photocatalytic materials, semiconductors are of great interest due to their potential applications in solar energy harvesting. However, for a semiconductor to allow a certain photocatalytic reaction, it must satisfy some criteria including a relatively small band gap to harvest as much energy as possible from the solar spectrum and convert these photons to well-separated charge carriers (\(e^-/h^+\) pairs).\textsuperscript{88,89} It also needs to exhibit high chemical stability in aqueous electrolytes as well as being earth abundant to be cost-effective. Fig. 9 illustrates the conditions that should be satisfied by a semiconducting material for use in solar water splitting.\textsuperscript{88}

In this regard, TiO\(_2\) has been considered as an outstanding photocatalyst owing to its high chemical stability, availability, low cost, and environmentally friendly nature. Despite all these advantages, TiO\(_2\) suffers from its restricted absorbance in the UV region of the solar spectrum as well as the fast recombination rate of the photogenerated charge carriers.\textsuperscript{90,91} In order to overcome these drawbacks, the morphology of TiO\(_2\) was modified to obtain one dimensional TiO\(_2\) nanotubes that can offer an enhanced photocatalytic performance due to the enhanced separation of photogenerated charge carriers by decoupling the direction of light absorption and charge carrier collection.\textsuperscript{92} Moreover, band gap engineering via doping, decoration and/or alloying with different elements (metals or non-metals) was reported to extend its light harvesting into the visible region of the solar spectrum.\textsuperscript{93,94}

David et al.\textsuperscript{95} reported the impact of loading TNTs, fabricated via rapid breakdown anodization, with Pt, Pd and Ni nanoparticles on the efficiency of hydrogen generation via solar water splitting. The as-prepared TNTs were annealed at 450 °C for 3 h then sensitized with the metal nanoparticles through the chemical reduction approach using NaBH\(_4\). The XRD patterns showed that all the samples exhibited a pure anatase phase without any induced crystal structure modification. The metal nanoparticles were loaded on TNTs with two different concentrations, 5 wt% (denoted as PtA, PdA and NiA) and 10 wt% (denoted as PtB, PdB and NiB). The samples loaded with Pt and Pd nanoparticles exhibited enhanced hydrogen generation due to the created Fermi level of the metal just beneath the conduction band of the TNTs, resulting in an increased life time for the photogenerated charge carriers to drive the corresponding water splitting process. At high concentration of metal NP loading, the samples showed a decreased photocatalytic performance due to the agglomeration of the metal NPs at the active sites of the TNTs, thus preventing the penetration of light to these sites. On the other hand, sensitizing the TNTs resulted in deterioration of the hydrogen generation rate of the Ni sensitized TNTs compared to the pristine one. This behaviour was attributed to the created impurity level, which was far below the CB of the TNTs, making it difficult for the photogenerated electrons in the CB to be transferred to the Fermi level of the Ni NPs.\textsuperscript{95}

For non-metal doping, Preethi et al.\textsuperscript{96} showed that N-doped triphase (anatase–rutile–brookite) TNTP exhibited a superior photocatalytic activity for solar water splitting compared to the pristine triphase TNTs. This enhancement was ascribed to engineering the band gap by N-doping from 3.06 eV down to 2.87 eV, which resulted in extending the photocatalytic activity into the visible region of the solar spectrum as illustrated by the charge transfer mechanism shown in Fig. 10. The pristine triphase TNTP was prepared via the rapid breakdown anodization method. While the N-doped sample was prepared by adding different concentrations of hydrazine hydrate to the electrolyte solution rather than annealing the pristine TiO\(_2\) in an NH\(_3\) atmosphere since annealing in an NH\(_3\) atmosphere resulted in the formation of N-doped biphasic TNTs. The XRD patterns confirmed that both pristine and N-doped TNTP exhibited diffraction peaks that are indexed to the three phases (anatase–rutile–brookite). Also, it was illustrated that increasing the concentration of the N dopant induced phase transformation.
from brookite to anatase. The photocatalytic measurements revealed that doping TiO$_2$ with a nitrogen concentration of 0.29 atomic percentage exhibited the best photocatalytic performance in hydrogen production (30.2 mmol g$^{-1}$) via solar water splitting.$^{94}$

**Energy storage applications**

Due to the increased need for energy in our daily life, it is mandatory to fabricate long-lasting energy storage devices. In this regard, supercapacitors are considered the best energy storage devices of the future. Electrochemical capacitors (EC) can store energy in the form of electrical charges.$^{96}$ The materials used for supercapacitors can be divided into three main categories.$^{97-99}$

First, materials that store energy in the form of electric double layers (EDLs), which are mainly carbon allotropes such as graphite, graphene, and carbon nanotubes. Second, materials that store energy through a fast-redox reaction from different chemical groups such as oxides, sulfides, nitrides, or conducting polymers.$^{100,101}$ Third, composite materials of both active and double layer materials.$^{98,99}$ In battery-like materials, the capacitance is subject to change over the potential window.$^{102}$

The process of storing energy through a redox reaction is usually referred to as the “faradaic process”. In the faradaic process, a fast reversible redox reaction occurs at the surface of the electrode material resulting in adsorption of electrolyte ions and exchange of electron charges between the electrolyte and the electrode material.$^{96,101}$ The surface of the material is the main factor that controls the adsorption of the ions and the charge exchange. Thus, the morphology of the material is a good subject to be studied as it affects the mechanism and the quality of the pseudocapacitor material.$^{101}$

Although TiO$_2$ is a cheap and stable material that can undergo redox reactions, it has a relatively low conductivity, making it a poor target for supercapacitor applications. To this end several modifications have been adopted to benefit from the unique properties of TiO$_2$ such as its large surface area.$^{83-87}$ Moreover, composites of TiO$_2$ nanotube arrays with carbon materials are getting great attention.$^{106-108}$ TiO$_2$ nanotube arrays usually exhibit a typical rectangular cyclic voltammogram (CV), indicating pseudocapacitive behaviour.$^{103,110}$ In addition, it also exhibits minor EDL behaviour which is very beneficial for charge storage.$^{111}$ Some studies suggest that intercalation of TiO$_2$ with ions in the electrolyte might lead to battery-like behaviour.$^{112}$ Meanwhile, TiO$_2$ nanotube arrays have low capacitance due to their low conductivity, which motivates researchers to induce modifications to increase their capacitance.$^{105,110,112-114}$ Among those modifications is the use of alternative methods to produce titanium nanotubes in the powder form.$^{115}$ To this end, Wu et al.$^{116}$ used hydrogen plasma treatment for TiO$_2$ nanotubes in order to enhance their capacitive properties. The prepared nanotubes were removed from the surface of Ti foil using adhesive tape then annealed in air at 450 $^\circ$C. Sequentially, the obtained nanotubes were exposed to a plasma enhanced chemical vapour deposition chamber at 320 $^\circ$C under vacuum. The hydrogen plasma was then introduced along with hydrogen gas flow. The resulting hydrogenated TiO$_2$ showed a darker colour indicating more defects and it was suggested that the hydrogen atoms were used to passivate the dangling bonds in the shell layer. The phase of the resulting TiO$_2$ was mostly anatase, which has higher electrical conductivity. The electrochemical properties of the hydrogenated titania were studied in a three-electrode system in 2 M Li$_2$SO$_4$ as the electrolyte, Pt foil as the counter electrode, and Ag/AgCl as the reference electrode. The resulting CV showed a quasi-rectangular shape with a potential window of −0.3 to 0.6 V, which indicates high EDL character. The CV curve of the plasma-treated titania was 7.2 times larger than that of the titania powder without treatment. The charge/discharge specific capacitance showed that plasma treatment greatly increased the capacitance of titania nanotubes. The increase in the capacitance was ascribed to the improvement of the conductivity of titania as a result of increasing the number of charge carriers due to the increasing Ti$^{3+}$ sites. On the other hand, Dalia El-Gendy et al.$^{117}$ have used a TiO$_2$/spongy graphene composite for supercapacitor applications. The added graphene enhanced the capacitance of the hydrogenated TiO$_2$ powder which reached 400 F g$^{-1}$ at a 1 mV s$^{-1}$ scan rate and increased the potential window in the positive potential region. The study showed that the TiO$_2$ powder affected the behaviour of the cyclic voltammetry curves which deviated from the ideal rectangular shape of ideal EDL electrodes. On the other hand, the study showed that the more the functionalized graphene oxide added to the powdered TiO$_2$, the higher the specific capacitance. Fig. 11 shows the enhancement of the spongy graphene capacitance with the addition of TiO$_2$ and the enhancement of the TiO$_2$ powder capacitance with increasing the ratio of the functionalized graphene.$^{117}$ TiO$_2$ powder also showed high performance upon its use in Li-ion batteries. It was shown that allowing TiO$_2$ to self-crystallize and relax in its best structure gives the highest diffusion possibility of Li ions into the TiO$_2$ crystals. The amorphous cubic structure of TiO$_2$ showed

![Fig. 11 Cyclic voltammograms of spongy graphene oxide and hydrogenated TiO$_2$ with different ratios of functionalized graphene oxide. Reproduced from ref. 117 with permission from the Royal Society of Chemistry.](Image)
a specific energy of 200 W h kg$^{-1}$ at a specific power of 30 W kg$^{-1}$ with high stability over 600 cycles.$^{126}$

**Environmental applications**

**Sensing applications**

Due to its chemical stability, biocompatibility, and remarkable catalytic properties,$^{129}$ TiO$_2$ nanotubes have been utilized in different applications, particularly in the powder form.$^{120}$ One important example of these applications is sensing platforms, where TiO$_2$ nanotubes can be used as a catalyst to bring all the target molecules of the analyte together on their surface to speed up the detection reaction, according to the sensing mechanism, see Fig. 12.$^{122}$ In brief, the nanotubular structure of titania, acting as a supporting platform, helps to increase the specific surface area of the sensor and leads to a higher probability of interaction between the target molecules and the TNTP, especially if they are functionalized with another sensitive material.$^{122}$ In this case, TNTP will also act as a scaffold to reduce the chances of agglomeration and increase the dispersity of the modifier, as it is usually added in minor amounts. It is worth mentioning that the thin wall thickness of TNTP plays an important role in the sensing mechanism by facilitating the pathways for charge collection after accumulation of the analyte species on the surface.$^{122}$ Typically, some ions may attach to the nanotubular nozzles, while some others can be embedded onto the tubular surface. Some ions may even infiltrate inside the tubes to adsorb on the inner tubular walls.$^{122}$ All this increases the possibility for the ionic species to be adsorbed and for their charges to be collected on the one-dimensional structure of TNTP. Accordingly, a TNTP-based sensing platform can exhibit high specificity and selectivity toward the species of interest, especially with the enhanced charge collection that the tubular geometry can induce.$^{122}$ The sensing strategy itself can be utilized for different purposes. For instance, Abdullah et al. have used TiO$_2$ nanotube powder in a composite with reduced graphene oxide (RGO) for an environmental approach. The sensing platform was designed against Hg(II), Cu(II), and Mn(II) with high specificity and selectivity toward the species of interest due to their high photon absorption through a large number of active sites.$^{122}$ The study achieved a limit of detection (LOD) in the ppt level and showed how TiO$_2$ nanotubes enhanced the electrocatalytic activity of the composite via acting as a template to minimize the agglomeration of RGO, making use of its low band gap character.$^{122}$ TiO$_2$ nanotubes have also been employed to enhance the detection of other metals such as Fe(n) and La(n) by promoting the sensitivity and the ion uptake of the sensors’ adsorption sites.$^{123,124}$ Additionally, pharmaceutical analyses have utilized TiO$_2$ nanotubes in composites to electrochemically determine the concentration of certain drugs such as metformin and benzocaine.$^{125}$ The LODs of both studies were as low as 3 nM each, which indicates the distinctive electrochemical properties of TiO$_2$ nanotubes for such applications. Furthermore, TiO$_2$ nanotube powder has been widely used for gas sensing applications. This includes a variety of gases such as hydrogen, acetone, and hydrogen peroxide, either using pristine or metal loaded TiO$_2$ nanotube powder.$^{126}$ Recently, a study by David et al. has proved the enhanced H$_2$O$_2$ sensing properties of TiO$_2$ nanotube powder especially when loaded with Pt. This granted the feasible pathways for electron transfer and enhanced the irreversible nature of the electrochemical reaction.$^{126}$ This would pave the way for further functionalization of TiO$_2$ nanotube powder using more cost-effective and earth-abundant metals in the near future.

**TNTP for pollutant degradation applications**

Due to their unique properties, TNTs have been used extensively in solid phase extraction and degradation of various pollutants in environmental and industrial applications. To be more specific, residual dyes resulting from several industries are perceived as highly undesirable organic pollutants that result in huge quantities of wastewater.$^{127}$ For the time being, it is very crucial to turn such wastewater into more useable resources for drinking or irrigation after either degradation or removal of pollutants. For example, Table 2 shows the contribution of reactive dyes to wastewater production due to their low fixation rates in the textile industry.$^{128}$

Nonbiodegradable organic dyes may cause wastewater to have high toxicity to humans, aquatic life and the environment. Their high colour intensity may block sunlight from passing through water which creates restriction for aquatic diversity. It is widely acknowledged that the some of the released aromatic compounds in wastewater are considered toxic, carcinogenic, or mutagenic.$^{129–131}$ Hence, the use of such contaminated wastewater may cause different dermal and respiratory diseases in humans.$^{129}$ The obstreperous nature of dye wastewater treatment arises from the fact that organic compounds cannot be digested aerobically nor naturally degraded by light.$^{132}$ However, photocatalytic degradation of organic dyes by TNTs has been of interest due to their high photon absorption through a large number of active sites.$^{134–136}$ In addition, the unique one-dimensional aligned structure helps in increasing photocatalytic efficiency through vertical charge transport resulting in little loss at grain boundaries through recombination.$^{137–139}$ The degradation mechanism depends on the electron and hole production upon TNT exposure to light. The produced electrons and holes help reduce O$_2$ and oxidize H$_2$O molecules, respectively. The formed species, typically oxide ions and hydroxyl...
radicals, have a powerful effect toward organic pollutants, degrading them into their primary molecules such as CO₂. A similar mechanism is proposed for the antibacterial effect of TNTP which will be discussed later on. Fig. 13 describes the principal mechanism for using TNTP in the process of environmental disinfection. In 2005, Quan et al. explained the higher photo-electrochemical degradation of pentachlorophenol by TNTs in comparison with ordinary TiO₂ nanoparticles due to their larger kinetics constant. In addition, TNTs have also been proved to exhibit twice the degradation efficiency of TiO₂ nanoparticles for acid orange dye. Different researchers proposed binary systems since they can diminish recombination while accumulating both holes and electrons in two dissimilar layers to enable charge carrier separation.

Although introducing impurity levels by cationic dopants might restrict migration of charge carriers if the optimum value is exceeded, it can enhance response in the visible light spectrum. This can be ascribed to the decrease in the lifetime of the electron–hole pairs which was explained through doped sites that may act as recombination sites for charge carriers. Similarly, anion-doped TiO₂ shows a smaller bandgap than ordinary TiO₂ which is attributed to the higher potential energy of nanometals that form a new VB closer to the CB. It is believed that anion doping can enhance the photocatalytic activity of TNTs than cationic doping in the visible region, due to the impurity states close to the VB reducing recombination.

Compared to the TNT arrays that are directly attached to the metal substrate, TNTP can exhibit a superior photocatalytic performance in the degradation of organic pollutants. This enhancement was ascribed to the higher surface area of the latter. As annealing at high temperatures of the TNT arrays attached to the Ti metal substrate leads to crystallite growth in the TNT walls resulting in increased tube wall thickness and subsequently decreased surface area. Another drawback that can lower the photocatalytic activity of TNT arrays attached to the Ti substrate is that the transformation from the anatase phase to the rutile phase upon annealing above 550 °C Destabilizing the anatase phase of the TNTP results in shrinking of their photocatalytic activity.

Jia et al. studied the effect of annealing temperature on the crystal structure and the photocatalytic performance of the TNTP. The TNTs were prepared via the anodization technique followed by sonication in ethanol in order to remove the nanotube layer and then the as-prepared TNTP were subjected to different annealing temperatures (450, 550, 650 and 750 °C) for 2 h in air.

![Fig. 13](image1.png)

**Fig. 13** The principal mechanism for using TNTP in the process of environmental disinfection.

| Types of textile dyes | Acid | Reactive | Disperse | Direct | Vat | Basic | Sulfur |
|-----------------------|------|----------|----------|--------|-----|-------|--------|
| Mass of dye water (1000 tons) | 20   | 58       | 18       | 20     | 8   | 3     | 40     |

Table 2 Mass of dye wastewater from different types of textile dyes
The SEM and XRD patterns showed that all the samples conserved the tubular morphology and the anatase crystal structure upon annealing up to 750 °C, respectively. Despite the decreased specific surface area of the TNTs upon increasing the annealing temperature up to 750 °C, the samples showed enhanced photocatalytic degradation of methylene blue upon increasing the annealing temperature up to 650 °C. This indicates the superior effect of the enhanced crystallinity compared to the effect of the specific surface area as shown in Fig. 14.14

Liang et al.93 demonstrated the effect of doping TNTP with cobalt ions on the photocatalytic degradation of methylene blue under UV irradiation. The co-precipitation method followed by hydrothermal treatment was used to fabricate un-doped and Co-doped TNTP. The as-prepared samples were annealed at 450 °C for 3 h. The XRD patterns were indexed to the anatase phase and confirmed that doping with cobalt ions at low concentrations does not affect the crystal structure of the TNTs. Doping TNTs with Co ions at concentrations up to 1.3% increased the photocatalytic degradation rate of methylene blue up to 97.2% compared to the un-doped TNTs' 80.6% under UV irradiation.93

Conclusions & future perspectives

TNTP are a type of semiconducting material that can offer advantages such as feasible synthesis, low cost, and promising performance for a variety of applications. This review recapitulates the cutting-edge knowledge about TNTP developed and experimentally tested. Fabrication methods such as ultrasonication, hydrothermal processing, and rapid breakdown anodization have been summarized and the properties of the produced TNTP were further discussed. Effects of synthesis techniques and defect structures on TNTP for biological applications were reviewed. More investigation is needed to evaluate how TNTP can be better utilized as drug carriers and sensing substrates where TiO2 is currently a predominant platform. Based on the biological advantages of TNTP, using them for antibacterial approaches has been discussed. The review also demonstrated the auspicious performance of TNTP for energy conversion applications. This is expected to be more effective upon better fundamental understanding and control of TNTP structural parameters such as anchoring, sensitization, decoration and functionalization. The effect of TNTP preparation conditions on their capacitance and organic degradation applications has also been overviewed. Comparative studies between TNTP and TNT arrays would be useful to assess the former's efficiency when produced with other fabrication techniques and under other treatment conditions such as annealing parameters, defect formation, and phase change. One of the important future insights is to synthesize mixed oxide nanotube powder to enhance the optical, electrical, and electrochemical performance of TiO2 nanotubes. Another future trend could be the development of various protocols to dope the TiO2 nanotube powder with foreign elements for various applications.

Conflicts of interest

The authors declare no conflict of interest.

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