Significant correlation of angiotensin converting enzyme and glycoprotein IIIa genes polymorphisms with unexplained recurrent pregnancy loss in north of Iran

Shokoufe Fazelnia¹ M.Sc., Touraj Farazmandfar² Ph.D., Seyed Mohammad Bagher Hashemi-Soteh³ Ph.D.

1. Department of Biology, Damghan Branch, Islamic Azad University, Damghan, Iran.
2. Medical Cellular and Molecular Research Center, Golestan University of Medical Sciences, Gorgan, Iran.
3. Immunogenetic Research Center, Molecular and cell Biology Research Centre, Mazandaran University of Medical Sciences, Sari, Iran.

Abstract

Background: Spontaneous abortion is considered as the most complex problem during pregnancy. Thrombophilia is resumed as a cause of recurrent pregnancy loss (RPL). Glycoprotein IIIa (GPIIIa) gene is involved in thrombosis and abortion. Angiotensin converting enzyme (ACE) converts angiotensin I to angiotensin II and is involved in thrombosis. The most common polymorphism in this gene is the insertion/deletion (I/D).

Objective: In this study, we analyzed the association between ACE I/D and GPIIIa c.98C>T polymorphisms in women with unexplained RPL from the north of Iran.

Materials and Methods: Sample population consisted of 100 women with unexplained RPL and 100 controls. The ACE I/D and GPIIIa c.98C>T polymorphisms were genotyped by TETRA-ARMS PCR. The association between genotypes frequency and RPL were analyzed using χ² and exact fisher tests. Associated risk with double genotype combinations was also investigated by binary logistic regression.

Results: There was significant association between ACE DD genotype and RPL (OR=2.04; 95% CI=0.94-4.44; p=0.036). ACE D Allele was also significantly associated with the RPL (OR=1.59; 95% CI=1.05-2.41; p=0.013). No significant association was observed between GPIIIa c.98C>T polymorphism and RPL.

Conclusion: ACE I/D polymorphism may probably be a prognostic factor in female family members of women with the history of recurrent abortion.

Key words: Angiotensin converting enzyme, Platelet glycoprotein IIIa, Recurrent abortion.

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Introduction

Recurrent pregnancy loss (RPL) appears a significant clinical problem affecting approximately 2% of women (1). RPL pathophysiology is poorly understood. Pregnancy loss may be caused by different reasons such as genetic factors, immune defect, infection and anatomical problem (2). However, even after more accurate investigations, as many as 50% of all cases remain unexplained (3). Thrombophilia has been presumed as a cause of RPL (4, 5). Many recent studies have examined the mutations incidence and variants in specific thrombophilic genes on women with unexplained pregnancy loss (4-10).

Angiotensin converting enzyme (ACE) is a key component in rennin-angiotensin system which converts angiotensin I to angiotensin II, a potent vasopressor. Many studies have been indicated that ACE affects hemostasis through different mechanisms, including platelet aggregation, blood clotting and fibrinolysis (11-14).

The human ACE gene contains variable polymorphic regions that can be used in genetic analysis. A well-known polymorphism is the insertion/deletion (I/D) of 287 base paired (bp) fragment in intron 16 which has been extensively investigated (1). Furthermore, it has been found that ACE D allele leads to increased expression in plasminogen activator inhibitor-1 (PAI-1) level, which can increase the angiotensin II production and enhance the thrombotic events risk (15, 16).

Past studies have been indicated that
thrombophilic defects affect pregnancy-associated thromboembolism such as preeclampsia and abortion (11). Few recent meta-analysis studies have demonstrated the role of \textit{ACE I/D} polymorphism in increasing RPL risk (17, 18). Glycoprotein IIIa (\textit{GPIIIa}) is one of thrombophilic genes involved in modulation of vascular thrombosis. The \textit{GPIIb/GPIIIa} is an integrin complex in platelet aggregation as a fibrinogen receptor (19). The polymorphism c.98C>T in \textit{GPIIIa} gene causes an amino acid substitution (p.L33P), leads to the creation of two distinct forms of \textit{GPIIb/IIIa} antigen on platelets (20). This polymorphism has been associated with stroke in young Caucasian women and risk of premature acute coronary syndromes (21). This variation also results in spiral artery thrombosis and poor placental perfusion, which can explain the correlation of this polymorphism with RPL (22, 23).

To date, few studies have established on the relationship between thrombophilic genes and RPL in Iranian population (24-26). We, therefore, determined the association between \textit{ACE I/D} and \textit{GPIIIa} c.98C>T polymorphisms in women from the northern of Iran with unexplained RPL.

**Materials and methods**

**Subjects**

This case-control study was done carried out during the 2013-2014 year’s in Sari, Iran. A total of 100 women with unexplained RPL aged 20-40 yrs and 100 healthy controls aged 27-44 yrs, with at least two live births and no history of abortion, infertility or endometriosis were comprised. Prior to enrollment, all patients were given an explanation of study nature, and written informed consent was obtained from all individuals. The study protocol was approved by the Clinical Research Ethics Committee in Mazandaran University of Medical Sciences, Sari, Mazandaran. RPL was defined as two or more spontaneous consecutive abortions at 5-20 wks of gestation. Miscarriage history of women with unexplained RPL was examined and cases with anatomic, chromosomal, hormonal, autoimmune or infectious causes were excluded from this study. There was no pregnancy-related problems such as hypertension, diabetes, thyroid abnormalities, etc. in none of cases.

**Genotyping**

Genomic DNA was isolated from whole blood by a modified Nucleon BACC II method from whole blood (Tepnel Life Sciences, Manchester, UK). The \textit{ACE I/D} polymorphism was genotyped using two primers and \textit{GPIIIa} c.98C>T polymorphism was genotyped using a TETRA-ARMS PCR method (27, 28). The \textit{GPIIIa} c.98C>T polymorphism primers were designed by Gene Runner software (version 3.05) (Table I). The polymerase chain reaction (PCR) was performed using standard PCR methods with 100-200 ng of DNA template and 5 picomol of each primer and PCR materials (Cinnagen, Tehran, Iran) in thermal cycler (Eppendorf, Hamburg, Germany) as reported previously (29).

PCR conditions for \textit{ACE genotyping} included one step initial denaturation (94°C for 3 min), 35 cycles (94°C for 45 sec, 60.5°C for 50 sec, and 72°C for 40 sec) and a final extension at 72°C for 5 min. PCR conditions for \textit{GPIIIa genotyping} also included one step initial denaturation (94°C for 3 min), 35 cycles (94°C for 35 sec, 58°C for 40 sec, and 72°C for 40 sec) and a final extension at 72°C for 5 min. Then, PCR products were electrophoresed in a 1.5% agarose gel (Fermentas, Sankt Leon-Rot, Germany).

**Statistical analysis**

Association between genotypes frequency and RPL were analyzed using $\chi^2$ and Fisher’s exact tests. The risk associated with the double genotype combinations was also investigated by binary logistic regression. Data were analyzed by SPSS software (version 17.0) and $p<0.05$ were considered significant.

**Results**

The \textit{ACE I/D} Alleles were determined based on Product size-band; 490 bp for the I allele and 190 bp for D allele (Figure 1A). The \textit{GPIIIa} c.98C>T Alleles were also determined by bands; 395 bp for the C allele (by primers of reverse outer and forward inner), 200 bp for T allele (by primers of forward outer and reverse inner) and 560 bp as control (by primers of outer) (Table I) (Figure 1B). The \textit{ACE I/D} and \textit{GPIIIa} c.98C>T genotypes in women with RPL and control group was in accordance with Hardy-Weinberg equilibrium. A few samples from each genotype were
confirmed by sequencing. The Genotypic and allelic frequencies of \textit{ACE} I/D and \textit{GPIIIa} c.98C>T polymorphisms in women with RPL and control group were shown in tables II and III. The \textit{ACE} II genotype was observed in 23% of cases, \textit{ACE} ID genotype in 33% and \textit{ACE} DD genotype in 44%. The \textit{GPIIIa} c.98C>T wild-type genotype (TT) was observed in 84% of cases, whereas 16% were heterozygous (TC) and no CC genotype was observed. Our results showed that, there is a significant difference regarding \textit{ACEDD} genotype between cases and control groups (OR=2.04; 95% CI=0.94-4.44; p=0.036) (Table II).

Our results also indicated that D Allele is statistically associated with RPL (OR=1.59; 95% CI=1.05-2.41; p=0.013) (Table III). No significant difference was observed between genotypic and allelic frequencies of \textit{GPIIIa} c.98C>T polymorphism and RPL in case and control groups. In combination analysis, there was no significant association between combination of \textit{ACEDD} genotype and \textit{GPIIIa} TT genotype with RPL (Table IV).

Table I. Primers used for genotyping

| Primer          | Sequence (5´→3´)               | Genbank accession No. |
|-----------------|--------------------------------|-----------------------|
| \textit{ACE} I/D | Forward CTGGAGACCACCTCCCATCCTTCT | NG_011648.1           |
|                 | Reverse GATGTGGCCATCACATTGTCAGAT  |                       |
| \textit{GPIIIa} c.98C>T | Forward outer CCTTTCTGACACGGCTCTCTTTTCT | NG_008332.2           |
|                 | Reverse outer CAGATCTTCTGACTCAAGTCCT  |                       |
|                 | Forward inner (C) CTTACAGGCCCTGCGTCC |                       |
|                 | Reverse inner (T) CACAGCGAGGTGAGCACACA |                       |

Table II. Genotype frequencies of \textit{ACE} I/D and \textit{GPIIIa} c.98C>T polymorphisms in women with RPL. The risk of I/I versus (I/D + D/D) and (I/I + I/D) versus D/D for RPL was evaluated in dominant and recessive models (n=100)

| Case       | Control | OR (95% CI) | p-value |
|------------|---------|-------------|---------|
| \textit{ACE} I/D |         |             |         |
| II         | 23      | 31          | 1.00    |
| DI         | 33      | 40          | 1.11 (0.51 - 2.40) | 0.455 |
| DD         | 44      | 29          | 2.04 (0.94 - 4.44) | 0.036$ |
| DI + DD    | 77      | 69          | 1.50 (0.76 - 2.97) | 0.104 |
| DD         | 44      | 29          | 1.00    |
| DI         | 33      | 40          | 0.54 (0.26 - 1.10) | 0.097 |
| II         | 23      | 31          | 0.48 (0.22 - 1.06) | 0.071 |
| D+II       | 56      | 71          | 0.51 (0.28 - 0.93) | 0.131 |
| \textit{GPIIIa} c.98C>T |         |             |         |
| TT         | 84      | 80          | 1.00    |
| TC         | 16      | 20          | 0.76 (0.36 - 1.58) | 0.469 |
| CC         | 0       | 0           |        |
| TC + CC    | 16      | 20          | 0.76 (0.36 - 1.58) | 0.469 |

OR: odds ratio  CI: confidence interval
$ Significant p-values

Table III. Allelic frequencies of \textit{ACE} I/D and \textit{GPIIIa} c.98C>T polymorphisms in women with RPL

| Case       | Control | OR (95% CI) | p-value |
|------------|---------|-------------|---------|
| \textit{ACE} I/D |         |             |         |
| I          | 79 (39.5%) | 102 (51%) | 1.00    |
| D          | 121 (60.5%) | 98 (49%) | 1.59 (1.05 - 2.41) | 0.013$ |
| \textit{GPIIIa} c.98C>T |         |             |         |
| T          | 184 (92%) | 180 (90%) | 1.00    |
| C          | 16 (8%) | 20 (10%) | 0.78 (0.38 - 1.56) | 0.491 |

Data presented as n (%).  $ Significant p-values
OR: odds ratio  CI: confidence interval

Table IV. Combination analysis of \textit{ACE} I/D and \textit{GPIIIa} c.98C>T polymorphisms in women with RPL

| Case       | Control | OR (95% CI) | p-value |
|------------|---------|-------------|---------|
| \textit{ACE} / \textit{GPIIIa} |         |             |         |
| II/TT      | 20      | 26          | 1.00    |
| II/TC      | 3       | 5           | 0.78 (0.10 - 4.59) | 0.389 |
| DI/TT      | 28      | 30          | 1.21 (0.51 - 2.84) | 0.316 |
| DI/TC      | 5       | 10          | 0.65 (0.15 - 2.52) | 0.255 |
| DD/TT      | 36      | 24          | 1.95 (0.83 - 4.57) | 0.067 |
| DD/TC      | 8       | 5           | 2.08 (0.50 - 9.29) | 0.136 |

OR: odds ratio  CI: confidence interval
Discussion

This study was designed to determine the association between certain polymorphisms in ACE and GPIIIa genes and RPL in Mazandaran province, northern Iran. Changes in renin-angiotensin-aldosterone system are involved in pathogenesis of pregnancy complications such as preeclampsia and fetal loss (30, 31). Previous studies elucidated the role of ACE I/D polymorphism in susceptibility to pregnancy loss (32-36).

ACE alters hemostasis through some mechanisms, including platelet aggregation, influence on fibrinolysis. Some previous studies have reported an association between the ACE D allele and increased risk of thrombosis (15, 37). Data by Fatini et al demonstrated that the ACE I/D polymorphism may be an important risk factor for RPL (35). Buchholz et al also reported that the ACE DD genotype leads to increased PAI-1 concentration and thus correlated with an increased risk of RPL in Caucasians (14). However, Vettriselvi et al showed no significant association between the frequencies of deletion allele and RPL (1). In this study, we found an association between ACE I/D polymorphism and RPL in our population. This study demonstrated that the DD genotype was more prevalent in RPL cases (44%) than in controls (29%), and D allele by itself might be a risk factor for RPL in this population.

Concerning the GPIIIa c.98C>T polymorphism, it seems to increase susceptibility to premature acute coronary syndrome and risk of stroke in young Caucasian women (21). T allele frequency was low in all the past studies which is in contrast with this study (1%-17%), this may be due to small sample size in our study (36, 38, 39). Yenicesu et al reported that heterozygous mutations of GPIIIa c.98C>T (CT) were associated with RPL (38). Goodman et al showed that GPIIIa L33P can identify women at risk for RPL (7). Coulam et al also determined the frequency of GPIIIa L33P in women with RPL history (40). Our results indicated that the GPIIIa c.98 C>T polymorphism was not significantly correlated with RPL. These results are in agreement with the study's results of, Ozdemir et al, Torabi et al, Pihusch et al, Coulam et al, Goodman et al and Hohlagschwandtnet al (7, 26, 39-42).

Conclusion

The major finding of this study shows that ACE D allele may increase susceptibility to RPL. ACE I/D polymorphism could probably be investigated as one of the prognostic factors in women with RPL history among the family members.

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Conflict of interest

The authors declare that there is no conflict of interests regarding the publication of this paper.

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