Compact, bulge dominated structures of spectroscopically confirmed quiescent galaxies at $z \approx 3$

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ABSTRACT

We study structural properties of spectroscopically confirmed massive quiescent galaxies at $z \approx 3$ with one of the first sizeable samples of such sources, made of ten $10.8 < \log(M_*/M_\odot) < 11.3$ galaxies at $2.4 < z < 3.2$ in the COSMOS field whose redshifts and quiescence are confirmed by HST grism spectroscopy. Although affected by a weak bias toward younger stellar populations, this sample is deemed to be largely representative of the majority of the most massive and thus intrinsically rarest quiescent sources at this cosmic time. We rely on targeted HST/WFC3 observations and fit Sérsic profiles to the galaxy surface brightness distributions at $\approx 4000$ Å restframe. We find typically high Sérsic indices and axis ratios (medians $\approx 4.5$ and 0.73, respectively) suggesting that, at odds with some previous results, the first massive quiescent galaxies may largely be already bulge-dominated systems. We measure compact galaxy sizes with an average of $\approx 1.4$ kpc at $\log(M_*/M_\odot) \approx 11.2$, in good agreement with the extrapolation at the highest masses of previous determinations of the stellar mass - size relation of quiescent galaxies, and of its redshift evolution, from photometrically selected samples at lower and similar redshifts. This work confirms the existence of a population of compact, bulge dominated, massive, quiescent sources at $z \approx 3$, providing one of the first statistical estimates of their structural properties, and further constraining the early formation and evolution of the first quiescent galaxies.

Key words: galaxies: evolution – galaxies: high-redshift – galaxies: structure

1 INTRODUCTION

Structural properties of galaxies in the nearby universe correlate with their stellar population properties. Early-type galaxies are characterised by a higher central concentration and typically lower apparent ellipticity than late-type galaxies, and generally have a low specific star formation rate (sSFR). Up to a stellar mass of $\log(M_*/M_\odot) \approx 11$ early-type galaxies are more compact than late-type galaxies and show a steeper stellar mass vs. size relation (e.g., Shen et al. 2003; Guo et al. 2009).

Up to $z \approx 1$, high axis ratios are largely ubiquitous in the most massive $\log(M_*/M_\odot) \gtrsim 11$ quiescent galaxies, although larger fractions of lower mass galaxies show lower axis ratios; this suggests that the mechanisms forming the most massive quiescent sources also result in the formation of bulge-dominated, spheroidal structures (van der Wel et al. 2009b; Holden et al. 2012). In fact, integral field spectroscopy showed that the vast majority of early-type galaxies in the nearby universe are fast rotators, with slow rotators dominating the early-type galaxy population only at the high mass end ($M_* \gtrsim 2 \times 10^{11} M_\odot$; e.g., Emsellem et al. 2011; Cappellari 2016).

Structural properties of massive galaxies at higher redshift are more sparsely investigated and have produced more controversial results. Stockton et al. (2004, 2008) provided the first constraints on the structure of massive quiescent galaxies at $z \approx 2.5$ and revealed...
a higher fraction of quiescent galaxies with low Sérsic index profiles and smaller axis ratios with respect to low-redshift samples. Such scenario has been strengthened by following works with larger samples (van Dokkum et al. 2008; McGrath et al. 2008; Bundy et al. 2010; van der Wel et al. 2011; Chang et al. 2013; McLure et al. 2013; Hsu et al. 2014; Bezanson et al. 2018). Recently Hill et al. (2019) investigated the axis ratio evolution of star-forming and quiescent galaxies over the redshift range $0.2 < z < 4.0$, finding that massive ($\log(M_*/M_\odot) > 11$) quiescent galaxies at $2.5 < z < 3.5$ are as flat as star-forming galaxies. Limited measurements of rotation curves indeed provide evidence for the existence of rotationally supported massive quiescent galaxies at high redshift (Newman et al. 2015, 2018; Toft et al. 2017). Nonetheless, the coupling of structural and stellar population properties of galaxies at higher redshifts remains debated, as other studies find that the correlation between early-type structure and low sSFR holds at least up to $z \approx 3$, suggesting that morphological transformation towards bulge-dominated systems is tightly related to quenching of star formation already at high redshift (Bell et al. 2012; Lang et al. 2014; Tacchella et al. 2015; Mowla et al. 2019; Esdaile et al. 2020). It has in fact been shown that galaxies beyond a given stellar mass or central stellar mass density threshold are largely quiescent (e.g., Kauffmann et al. 2003; Brinchmann et al. 2004; Franx et al. 2008; Peng et al. 2010b; van Dokkum et al. 2015; Whitaker et al. 2017), and that - although it remains unclear whether mass or density is the actual driver (Lilly & Carollo 2016) - the most massive star-forming galaxies that at high redshift approach such density threshold are very likely to rapidly quench, given the drop in their number density at lower redshifts (Mowla et al. 2019).

A possible mechanism to explain the correlation between structural and stellar population properties is the compaction of a star-forming disk in a first step, followed by quenching (possibly also as a consequence of the morphological transformation). The compaction of the disk can be a result of gas inflow from filaments or mergers (e.g., Birnboim & Dekel 2003; Kerč et al. 2005; Dekel & Birnboim 2006; Dekel et al. 2009a), causing violent disk instabilities that drive dissipative gas inflow in the center. This leads to a compact galaxy with a high star formation rate (e.g., Dekel et al. 2009b; Burkert et al. 2010; Dekel et al. 2013; Dekel & Burkert 2014; Zolotov et al. 2015; Gómez-Guijarro et al. 2019; Wu et al. 2020). Multiple mechanisms can then quench star formation, as suggested by simulations: gas consumption by star formation, stellar and active galaxy nucleus (AGN) feedback as well as morphological quenching can produce fast quenching at high redshift, while virial shock heating, gravitational infall and AGN feedback can maintain quenching at lower redshift (e.g., Dekel & Silk 1986; Birnboim & Dekel 2003; Kerč et al. 2005; Dekel & Birnboim 2006; Ciotti & Ostriker 2007; Dekel & Birnboim 2008; Khochar & Ostriker 2008; Martig et al. 2009; Dekel et al. 2009a; Tacchella et al. 2016). Bulges embedded in star-forming disks can remain starved from accreted gas and maintain quenching if the infalling gas has a too high angular momentum to reach the bulge (Renzini et al. 2018).

Many studies have shown that the average size of distant quiescent galaxies at a given stellar mass is lower than for lower-redshift counterparts (e.g., Daddi et al. 2005; Trujillo et al. 2006; Toft et al. 2007; Cimatti et al. 2008, 2012; Carollo et al. 2013; Cassata et al. 2013; Kubo et al. 2018; Mowla et al. 2019, among many others). Although an evolution in the average size at fixed mass is also observed for late-type galaxies, it is milder than for early-types. With a large sample drawn from the CANDELS/3D-HST survey (Grogin et al. 2011; Koekemoer et al. 2011; Momcheva et al. 2016), van der Wel et al. (2014) studied morphologies of quiescent and star-forming galaxies with redshifts $0 < z < 3$. They find a redshift independent slope of the mass-size relation that is steeper for quiescent than for star-forming galaxies, and a size growth of massive quiescent galaxies of nearly an order of magnitude since $z \approx 3$, compared to a factor $\approx 3$ for star-forming sources. Using measurements from the COSMOS-DASH survey, Mowla et al. (2019) extended the van der Wel et al. (2014) sample to higher stellar masses (162 galaxies at $1.5 < z < 3.0$ with $\log(M_*/M_\odot) > 11.3$), which are poorly probed in the CANDELS/3D-HST survey due to the intrinsically very low number density of such sources, and find consistent results. However, even this survey only adds two quiescent galaxies to the van der Wel et al. (2014) sample at $z > 2.5$. As an alternative to overcome the problem of small sample sizes of the most distant, massive quiescent galaxies in deep fields, targeted imaging has been used to study these objects up to $z \approx 4$ (Straatman et al. 2015; Kubo et al. 2018), supporting the findings of strong average size growth of the quiescent galaxy population.

The observed redshift evolution of the mass-size relation of quiescent galaxies can be explained by a combination of different effects. Although gas rich mergers, resulting in central starbursts, are not an efficient way to increase galaxy size (Lin et al. 2007, 2008; Perez et al. 2011; Athanassoula et al. 2016), gas poor minor mergers are often considered a viable and potentially significant channel for size growth of quiescent galaxies (Khochar & Silk 2006; Bell et al. 2006; Naab et al. 2006, 2009; Lin et al. 2008; Bezanson et al. 2009; Oser et al. 2010, 2012; Trujillo et al. 2011; Bédorf & Portegies Zwart 2013). Progenitor bias is also often considered as an important contribution to the evolution of the mass-size relation, because of the significant drop of the quiescent galaxy population towards higher redshifts, implying a progenitor-descendant mismatch when comparing quiescent galaxy samples at different redshifts (van Dokkum & Franx 1996, 2001; Poggianti et al. 2013; Carollo et al. 2013; Cassata et al. 2013). To minimise the effect of progenitor bias, Belli et al. (2014) and Stockmann et al. (2020) investigated size evolution at constant velocity dispersion (which is found to remain approximately unchanged for quiescent systems, van der Wel et al. 2009a; Bezanson et al. 2012), finding that size growth of individual galaxies may in fact have a significant role in the observed mass-size evolution. The observed evolution is thus likely produced by a combination of both galaxy growth and progenitor bias. Additional complications come from the use of light as a tracer of stellar mass. Radial color – and thus mass-to-light ratio – gradients can lead to significant differences between half-light and half-mass radii. Suess et al. (2019a,b) find that color gradients of quiescent galaxies are nearly flat at $z \geq 2$, increase with decreasing redshift and are stronger in massive, larger and redder galaxies. Stellar mass vs. half-mass size relations of quiescent galaxies are shallower than stellar mass vs. (restframe optical) half-light size relations, and the growth of half-mass sizes towards lower redshifts is milder than for optical half-light sizes.

In most studies of the highest redshift quiescent sources, relying on purely photometric observations, the classification of star-forming vs. quiescent galaxies is performed by exploiting the correlation between sSFR and galaxy colors in properly chosen passbands (Daddi et al. 2004; Labbé et al. 2005; Williams et al. 2009; Ilbert et al. 2010). Especially at high redshift, where the number density of massive quiescent galaxies and the quiescent galaxy fraction decrease significantly (Whitaker et al. 2010; Marchesini et al. 2010; Brammer et al. 2011; Ilbert et al. 2013; Muzzin et al. 2013b; Mowla et al. 2019) and the bimodality in color sequences is less pronounced (Muzzin et al. 2013a; Laigle et al. 2016), misclassification can lead to a significant contamination of quiescent galaxy samples from star-forming objects. Spectroscopic confirmation of quiescence can help securing higher-purity samples of quiescent galaxies. However, spectroscop-
ically confirming very distant quiescent sources is difficult and observationally expensive compared to star-forming galaxies at similar redshifts because of the lack of strong emission lines. Direct spectroscopic confirmation of quiescent sources currently reaches out to $z \approx 4$, and is based on the 4000Å break, overall continuum shape, and/or weaker features as Fe and Mg absorption lines (Glazebrook et al. 2004; Cimatti et al. 2004; Kriek et al. 2006; Gobat et al. 2012; Onodera et al. 2012, 2015; Newman et al. 2015; Marsan et al. 2015; Hill et al. 2016; Glazebrook et al. 2017; Marsan et al. 2017; Gobat et al. 2017; Newman et al. 2018; Schreiber et al. 2018; Tanaka et al. 2019; Forrest et al. 2020a,b; Valentino et al. 2020; Esdaile et al. 2020). The morphological properties of sizeable samples of spectroscopically confirmed quiescent galaxies have only been analysed up to $z < 2.3$ (Cimatti et al. 2008; van Dokkum et al. 2008; Belli et al. 2017; Stockmann et al. 2020). At higher redshifts investigations are limited to a handful of galaxies at most (Gobat et al. 2012; Marsan et al. 2015; Hill et al. 2016; Tanaka et al. 2019; Esdaile et al. 2020).

In this work we investigate structural properties of a spectroscopic sample of quiescent galaxies that satisfy the conditions: 1) $2.4 < z < 3.2$ with stellar masses of $\log(M_*/M_\odot) \geq 11$, relying on targeted Hubble Space Telescope (HST) WFC3/F160W imaging and G141 grism observations. This sample contains $\approx 1/4$ of all spectroscopically confirmed quiescent galaxies at $z > 2.4$. Our sample is presented in Section 2. In Section 3 we explain our analysis and methods. In Section 4 we present and discuss our results. Section 5 summarizes our findings and conclusions.

We assume a ΛCDM cosmology with $H_0 = 71, \Omega_M = 0.27$ and $\Omega_{\Lambda} = 0.73$. Magnitudes are given in the AB system.

2 THE QUIESCENT GALAXY SAMPLE

2.1 Sample selection

We selected high-redshift quiescent galaxy candidates for HST grism follow-up from the McCracken et al. (2010) photometric catalog of the 2 deg$^2$ COSMOS field. Initially we selected passive BzK (pBzK) galaxies (Daddi et al. 2004) that satisfy the conditions:

$$\text{BzK} = (z_{AB} - K_{AB}) - (B_{AB} - z_{AB}) > -0.2 \quad (1)$$

$$\text{zK} = (z_{AB} - K_{AB}) > 2.5. \quad (2)$$

These criteria select high-redshift (typically $z \approx 1.4$) passive galaxies purely based on observed colors, without relying on photometric redshift estimation or spectral energy distribution (SED) analysis to identify quiescent sources. Given the low signal-to-noise ratio (SNR) of even massive quiescent galaxies at $z > 2$ in the available $B$ and $z$ band imaging, leading to large uncertainties in the formal passive vs. star-forming BzK classification of such sources, we also retained galaxies with SNR $< 5$ in these bands, independent of their classification as quiescent or star-forming BzK galaxies. We then considered photometric redshifts ($z_{\text{phot}}$) for the selected galaxies estimated with the software EAZY (Brammer et al. 2008) and specifically calibrated to better estimate photometric redshifts of high-redshift quiescent galaxies (see details in Strazzullo et al. 2015). These photometric redshifts are listed in Table 1. We removed from the sample all galaxies with $z_{\text{phot}} < 2.5$, as well as galaxies classified as star-forming from their restframe UVJ colors (Williams et al. 2009) as estimated by EAZY assuming the galaxy photometric redshift. We performed SED fitting with FAST (Kriek et al. 2009) with different model libraries, including 1) a generic setup with delayed exponential star formation history (SFH) and dust attenuation up to $A_V = 5$ mag, assuming a Calzetti (2001) dust attenuation law, 2) constant star formation rate (SFR) with $A_V$ up to 5 mag, 3) only quiescent (including very young quiescent, given the redshift of our targets) models (age/$t > 4$, age $> 0.5$ Gyr). Based on this analysis, we discarded all candidates with an SED suggesting a possible star-forming solution. To further reduce potential contamination of the HST follow-up target sample from star-forming sources, we also deprioritised candidates with a SNR $> 4$ at 24 μm in the Le Floc’h et al. (2009) catalog, except if they had a well probed, convincingly quiescent SED with no plausible star-forming solution, suggesting that the 24 μm emission could be powered by an AGN. We then selected from these candidates suitable targets for HST grism follow-up observations. In order to observe a first, sizeable sample of $z \approx 3$ quiescent candidates, we focused on massive galaxies for which a sufficiently high SNR spectrum to measure a reliable redshift could be obtained in $1 - 2$ orbits. To this aim, we simulated for each candidate the grism spectrum that could be obtained within this observing time, assuming the source photometric redshift and best-fit SED model, modelling the simulated spectrum to estimate the redshift. This observational constraint largely limited the viable targets to sources brighter than $H_{AB} \approx 22$, leading to a sample of 23 sources that are shown in Figure 1. Owning to the low number density of such massive, quiescent galaxies at $z \approx 3$, none of these objects is found in the CANDELS/3D-HST COSMOS field (Grogin et al. 2011; Koekemoer et al. 2011; Momcheva et al. 2016). Although such bright ($H_{AB} < 22$) targets were favoured because of the observational reasons discussed above, as well as of higher SNR photometry resulting in a more robust characterization of the galaxy SED, we also explored fainter candidates that potentially allow us to probe higher redshift galaxies. We thus included in the final target sample a fainter ($H_{AB} \approx 23$) source at $z_{\text{phot}} = 3.2$ for which - in contrast to most similarly faint candidates - the SED modeling discussed above was able to reject star-forming solutions at high confidence. The final target sample of 10 sources with photometric redshifts between 2.5 and 3.2 is listed in Table 1 and shown in Figure 1.

The selected targets have been observed with the G141 grism and direct imaging in the F160W band with the Wide Field Camera 3 (WFC3) on board of HST (program ID 15229, PI: E. Daddi). D’Eugenio et al. (in preparation, see also D’Eugenio et al. 2020) have estimated spectroscopic redshifts from the grism spectra, which are shown in Table 1. They combined the grism spectra with photometric measurements from the Laigle et al. (2016) catalog and performed a stellar population analysis. By comparing the goodness-of-fit of constant SFR vs. passive templates with exponentially declining SFHs, star-forming solutions could be rejected for all galaxies in the sample (see full details and discussion in D’Eugenio et al. in preparation).

From the analysis of the stacked spectrum of all galaxies in the sample (except ID 7) D’Eugenio et al. (2020) derived a SFR of $(4.35 \pm 2.47) \times 10^{-11}$ yr$^{-1}$, which is 60 times below the main sequence of star-forming galaxies at the median redshift of $z = 2.8$ (Schreiber et al. 2015). The lookback time where 50 percent of the stellar mass of the stacked sample was formed is $t_{50} = 300^{+200}_{-50}$ Myr.

We note that the median and MAD (normalised mean absolute difference) scatter of $(z_{\text{spec}} - z_{\text{phot}})/(1+z_{\text{spec}})$ for the sample studied here, using the grism redshifts from D’Eugenio et al. (2020) and the Strazzullo et al. (2015) photometric redshifts used for the sample selection, are 0.03 and 0.06; we thus assume that no significant biases are introduced in the sample studied here by uncertainties in the photometric redshifts used for the sample selection.
2.2 SED modeling and stellar mass estimates

We perform SED fitting to estimate stellar masses of the targets from multi-band photometry from the COSMOS2015 catalog (Laigle et al. 2016) adopting the spectroscopic redshifts measured in D’Eugenio et al. (2020). We use FAST++\(^1\) to fit Bruzual & Charlot (2003) population synthesis models to 29 photometric bands\(^2\) from 0.42\(\mu\)m to 8\(\mu\)m (including narrow bands). We assume a Chabrier (2003) initial mass function (IMF), a Calzetti (2001) dust attenuation law and a delayed exponentially declining SFH with \(7 \leq \log(\tau/{\text{yr}}) \leq 10\). To allow for a more direct comparison with van der Wel et al. (2014, see Section 4) we also estimate stellar masses assuming an exponentially declining SFH, finding no systematics and individual stellar mass estimates differing by at most 0.05 dex for this specific sample, having no impact on our analysis. The metallicity is fixed to solar; leaving it free affects the mass estimates by at most 0.07 dex. The best fit SED models are shown in Figure 2. The formal uncertainties on the estimated stellar masses with the given SED fitting setup are \(\leq 0.06\) dex; we stress that these uncertainties do not include known sources of statistical and systematic errors (e.g., Maraston et al. 2006; Longhetti & Saracco 2009; Muzzin et al. 2009; Conroy 2013; Pacifici et al. 2015), and that more realistic absolute uncertainties on the individual mass estimates are likely around a factor \(\approx 2\).

IDs 2, 4, 7 and 10 have close neighbours in our F160W imaging that are undetected in the Laigle et al. (2016) catalog (see Section 3).

For these targets we scale the estimated stellar masses by the fraction of the target flux to the total flux including the undetected neighbours within the 3 arcsec aperture used in Laigle et al. (2016), assuming the F160W fluxes measured in Section 3. This correction decreases the masses of IDs 2, 4, 7 and 10 by 0.01, 0.11, 0.02 and 0.01 dex, respectively. The resulting stellar masses are listed in Table 1.\(^3\)

The median estimated stellar mass of our sample is \(\log(M_*/M_\odot) = 11.16\) with individual masses in the range 10.8 \(\leq \log(M_*/M_\odot) < 11.3\). To ensure that no systematics affect our comparisons with van der Wel et al. (2014, see Section 4), who use stellar mass estimates from Skelton et al. (2014), we estimate stellar masses with the same setup for sources from the Skelton et al. (2014) catalog using Laigle et al. (2016) photometry and redshifts from Skelton et al. (2014). By comparison of the two estimates we find a statistical scatter on the estimated stellar masses of 0.1 dex and no systematics.\(^4\)

2.3 Sample Characterisation and Representativeness

For sources at \(z \approx 3\) the observed \(H\) band probes the galaxy SED at \(\approx 4000\) Å restframe, where the mass-to-light (\(M/L\)) ratio is sensitive to the age of the stellar population. Selecting \(H\) band bright sources as discussed in Section 2.1 may therefore bias the sample towards younger and/or less dust attenuated stellar populations. Depending on quenching mechanisms, and at least at lower redshifts on progenitor bias effects, sizes of younger vs. older quiescent sources at fixed stellar mass may differ on average (e.g., Saracco et al. 2009; Belli et al. 2015; Yano et al. 2016; Williams et al. 2017; Zahid & Geller 2017; Almaini et al. 2017; Wu et al. 2018). Our \(H < 22\) selection could thus potentially result in a bias on the average quiescent galaxy size at a given mass inferred from this sample. In this Section we thus discuss the representativeness of this \(H\)-selected sample with respect to the parent (mass-selected) sample of massive quiescent galaxies at this redshift.

To address the relevance of the potential bias in the quiescent sample caused by the \(H\) band selection, we compare the UVJ restframe colors of the \(H < 22\) quiescent population with those of the full massive galaxy population at 2.5 \(\leq z < 3\). For the full parent sample, we match the Laigle et al. (2016) and Muzzin et al. (2013a) catalogs in order to fit the Laigle et al. (2016) photometry assuming the Muzzin et al. (2013a) photometric redshifts and spectroscopic redshifts from D’Eugenio et al. (2020) for our targets. We choose this approach in order to make use of the deeper photometry in the Laigle et al. (2016) catalog (that we use throughout in the analysis of our target sample in Section 2.2) and at the same time of the more accurate Muzzin et al. (2013a) photometric redshifts for massive quiescent sources at this redshift, as inferred by comparison with spectroscopic samples as shown in Appendix A. We use the same FAST++ setup as in Section 2.2 to estimate stellar masses and EAZY to estimate restframe UVJ colors. We consider galaxies more massive than the mass

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\(^1\) https://github.com/cschreib/fastpp

\(^2\) For sources that are observed in the \(H\) and \(K_s\) band by both UltraVISTA and WIRCam we have checked that there is no impact on the stellar mass estimates if the shallower WIRCAM data is removed.

\(^3\) We note that these masses reflect the total fluxes reported in the Laigle et al. (2016) catalog. We have verified that the total flux estimated by GALFIT on the F160W imaging is fully consistent with the total flux in the \(H\) band from the Laigle et al. (2016) catalog (the average flux ratio for these targets is 0.96 with a dispersion of \(\approx 0.15\), accounting for the small color term between the two filters).

\(^4\) We do not use stellar mass estimates from Laigle et al. (2016) because: 1) we re-estimate stellar masses adopting the grim redshift (see also related discussion in Section 2.3 and Appendix A), and 2) as also reported in Mowla et al. (2019) the stellar mass estimates from Laigle et al. (2016) are systematically higher than those from Skelton et al. (2014) by \(\approx 0.1\) dex for sources with \(\log(M_*/M_\odot) > 10.75\).
Structures of $z \approx 3$ quiescent galaxies

Figure 2. Observed SEDs from 0.42 $\mu$m to 8 $\mu$m (Laigle et al. 2016) and best fit stellar population models (see Section 2.2).

The location of quiescent galaxies in the UVJ plane correlates with the age of their stellar populations (e.g., Belli et al. 2019). We thus investigate in Figure 3 the distribution of our targets in the UVJ plane, and more generally of sources brighter than $H = 22$, with respect to the parent population, to constrain possible biases in our sample. All of our targets are well within the UVJ-quiescent region (Williams et al. 2009) except ID 10, which is anyway consistent with being UVJ-quiescent.

Belli et al. (2019) parametrise the relation between stellar population age and UVJ colors by adopting $t_{50}$ as an age estimate. We use this parametrization to investigate the impact of the $H$ band selection on the fraction of "post-starburst" ($t_{50} < 800$ Myr) to old passive galaxies in the full sample of log$(M_*/M_\odot) > 11.1$ quiescent galaxies. As it may be expected given the high redshift, a large fraction of the quiescent galaxy sample is made of relatively young sources which at lower redshift are typically classified as post-starburst based on their colors (see also e.g., Whitaker et al. 2012; Marchesini et al. 2014; Merlin et al. 2018; Maltby et al. 2018). To account for the uncertainties on the photometric measurements and redshift estimates we perturbe the source photometry and photometric redshift within the uncertainties and estimate restframe UVJ colors accordingly for 10000 realizations. The inferred median distribution of UVJ color combination which translates to $t_{50}$ in the Belli et al. (2019) parametrization is shown in the bottom panel of Figure 3. With this approach the estimated fraction of post-starburst...
galaxies in the full massive quiescent sample is \((50 \pm 9)\) percent. Considering only galaxies with \(H < 22\) this fraction increases to \((77 \pm 9)\) percent, consistent with our sample in which 9 of 10 galaxies have \(t_{50} < 800\) Myr, according to the relation from Belli et al. (2019). Indeed D’Eugenio et al. (2020) found \(t_{50} \leq 800\) Myr for all galaxies in the sample. Therefore, at face value the average stellar age of galaxies in the \(\log(M_*/M_\odot) > 11.1, H < 22\) sample is indeed younger than in the whole \(\log(M_*/M_\odot) > 11.1\) sample, suggesting that our sample may be more representative of younger, post-starburst quiescent systems (see Figure 3), and likely biased against the oldest quiescent galaxies at this redshift. If significant morphological transformations happen on longer time scales than the typical age of this sample we would not be able to see it in our analysis because our sample does not contain these older sources. On the other hand, we stress that the uncertainties on the estimated restframe UVJ colors are significantly higher - as expected given the quality of the available photometry - for older quiescent galaxies, possibly resulting in a more significant contamination from dusty star-forming sources. To investigate this further, we also highlight in Figure 3 sourcesthat are significantly higher - as expected given the quality of the available photometry - for older quiescent galaxies than for "post-starburst" systems. Out of the six oldest UVJ quiescent sources in the sample shown in Figure 3, five are detected at 24\,\mu m. However the 24\,\mu m emission could also originate from nuclear activity (see D’Eugenio et al. in preparation for a discussion of 24\,\mu m emissions of our targets), considering the large photometric uncertainties for the oldest sources, this suggests that a significant fraction of the full massive sample considered in Figure 3 might be star-forming contaminants. We thus re-estimate the fraction of post-starburst galaxies excluding all galaxies that are both 24\,\mu m detected and UVJ quiescent with a probability lower than \(p(UVJ-Q) = 0.997\) (3\(\sigma\)) and find that \((65 \pm 10)\) percent of the full \(\log(M_*/M_\odot) > 11.1\) sample have \(t_{50} < 800\) Myr compared to \((77 \pm 10)\) percent of the galaxies of the full sample with \(H < 22\). Although some of the 24\,\mu m detections could be due to nuclear activity, the distribution of 24\,\mu m detections across the UVJ plane and the estimated uncertainties in UVJ colors strongly suggest that a possibly significant fraction of the oldest quiescent galaxies are actually contaminants, and that the impact of the \(H < 22\) selection on the age distribution of our target sample is smaller than would be suggested by face-value comparison of UVJ colors alone. Indeed, the independent estimate of the selection bias for this sample presented in D’Eugenio et al. (2020) consistently concludes that our target sample is representative of \(\geq 70\) percent of the overall quiescent population in the probed mass and redshift range. A specific - and currently very expensive - follow-up of a sample of the highest M/L ratio candidates would be necessary to conclusively address the picture of the potentially oldest massive quiescent galaxies at this redshift.

3 MORPHOLOGICAL ANALYSIS

We investigate morphological properties of our targets by means of parametric modeling of the surface brightness distribution in the F160W band images. For each target we have 3 to 5 dithered observations with total exposure times ranging from 980 s to 1130 s at an observed wavelength of \(\approx 16000\,\AA\). We reduce the preprocessed flat-fielded single exposures retrieved from the STScI archive in 2 different ways to investigate the robustness and sensitivity of the fit results to the reduction procedure. For the first reduction we use Driz-

![Figure 3](image-url)
We use SExtractor (Bertin & Arnouts 1996) to detect sources in the F160W band images. We select point-like sources in each image by means of a magnitude (MAG_AUTO) vs. half-light radius (FLUX_RADIUS 50 percent) diagram. The comparison of point-like sources across the images of the 10 different fields and at different positions on the detector suggests that the point spread function (PSF) is relatively stable with no significant variations for the purposes relevant to this work. This allows us to create a single PSF by stacking high SNR ($H \leq 21$) point-like sources from all ten fields with SWarp (Bertin et al. 2002), improving the SNR of the model. To estimate the effect of possible systematics of the PSF modeling on our results (see discussion in Section 3.1), we vary the point-like source selection criteria to create a set of PSFs from our observations. We also compare these PSFs with a synthetic model, created with TinyTim, and with the hybrid model from van der Wel et al. (2014). Both are more peaked than our models and, if fitted to point sources in our images, subtract systematically too much flux in the center, while our PSF models do not cause systematic features in the residuals, confirming that they are appropriate descriptions of the PSF of our images. A possible reason why our PSF is less sharp is the low number (3-5) of dithered exposures per target.

For the second reduction we use the grizli pipeline (Brammer 2018) to produce science ready images from the single exposures, detect sources and create a PSF for each image. The science images produced with the grizli pipeline are slightly sharper and have less residual cosmic rays compared to the images from the former procedure. Nonetheless, the results of our analysis are largely independent of the reduction method as discussed in detail later in this section. Cutouts of all targets are shown in Figure 4.

We use GALFIT (Peng et al. 2002, 2010a) to fit PSF convolved Sérsic (1963, 1968) profiles to the F160W band images of the sources from both reductions. We create uncertainty maps by quadratically adding Poisson source noise to the background root mean square (RMS), estimated in 9×9 arcsec$^2$ boxes across the images. We fit sources in cutouts with a sidelength of 9 arcsec, allowing GALFIT to fit a constant background simultaneously with the Sérsic profiles. Estimating the local background and subtracting it from the image, rather than fitting it, has no significant impact on the estimated parameters for the targets considered here. For cutouts containing multiple galaxies, we simultaneously fit Sérsic profiles for all sources. We do not set prior constraints on any of the fit parameters (position, magnitude, effective radius $r_e$, Sérsic index $n$, axis ratio $q$, position angle). Starting values for the fitted parameters are estimated based on the SExtractor output except for the Sérsic index for which we use a starting value of 1. We verified that varying the initial parameters in a reasonable range has no impact on the results for our targets. Estimated effective radii and axis ratios are stable against the use of the different reductions and corresponding PSFs, being entirely consistent within the estimated uncertainties with no systematic biases. Sérsic indices are systematically lower by 20 percent in the grizli reduction. In the following we always refer to the measurements obtained on the grizli reductions unless otherwise stated.

5 https://github.com/spacetelescope/drizzlepac/blob/master/doc/source/index rst
6 https://github.com/gbrammer/grizli/
Figure 4. HST F160W (H band) images of the ten observed targets, the best fit models (see Section 3) and the corresponding residuals. For IDs 4-10 F814W (I band) imaging is available and also shown. The cutouts have a size of 4 arcsec (≈ 32 kpc) by side.

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small radii ($r_e \lesssim 0.05$ arcsec or $r_e \lesssim 0.4$ kpc in the probed redshift range) they can exceed 10 percent. All of our targets except one (ID 4, $r_e \approx 0.07$ arcsec) are significantly larger than this size. The uncertainties on the PSF model are therefore expected to have a subdominant impact on our results.

To investigate the uncertainties due to noise we create Sérsic models with Poisson noise in different empty areas of the observed images. We first create sources with the approximate magnitude of our targets, $H = 22$, and effective radius and Sérsic index in the same range as discussed above for the evaluation of systematic uncertainties. In this case we use the same PSF for the creation of the artificial sources and for their modeling.

In Figure 5 we show the deviation of the retrieved best-fit values for the Sérsic index, effective radius and axis ratio with respect to the input values. The estimated scatter in $r_e$ and $n$ is of the order of 10 percent but depends on the actual values of $r_e$ and $n$. The scatter of the axis ratio is of the order of 5 percent except for very small ratios of $\approx 0.2$ where it reaches $\approx 10$ percent. Models with larger Sérsic indices have generally larger uncertainties on the retrieved parameters and the Sérsic index tends to be underestimated, because of the extended tails and low SNR in the outskirts (see also e.g., Marleau & Simard 1998; Pignatelli et al. 2006; Sargent et al. 2007; Pannella et al. 2009). This underestimation, $\Delta n \approx 5$ percent for $n \approx 4$ and $\Delta n \approx 10$ percent for very high Sérsic indices of $n \approx 8$, is about 4 times smaller than the statistical uncertainty. Sources with very small radii, close to the resolution limit, are affected by larger uncertainties, as well as those with very large radii because of the lower SNR per pixel at fixed magnitude. Sources with $n \approx 1$ and with $r_e \gtrsim 0.15$ arcsec have uncertainties $\sigma_{r_e} < 5$ percent and $\sigma_{r_e} < 10$ percent. The effective radius of models with large $n$ and $r_e$ is also affected by a systematic underestimation of $r_e$. For large sources with $r_e = 0.3$ arcsec and $n \approx 4$, $r_e$ is underestimated by $\approx 5$ percent, for $n = 8$ by $\approx 10$ percent. These systematics are small compared to the statistical uncertainties for the same models.

To properly estimate statistical uncertainties on the measured Sérsic parameters for each target, we then create artificial sources with parameters in a 10 percent range around the best fit models, motivated by the previous results, adding as usual Poisson noise. We add them to different empty areas of the observed images and fit them again with the same PSF as used for the creation. Since the estimated systematics are typically small compared to the statistical uncertainties we do not apply any correction for the described systematics in the following.

### 4 RESULTS AND DISCUSSION

#### 4.1 Broad structural properties

Sérsic indices of our sources range from 1.2 to 6.3 with median statistical uncertainties of 16% except for source ID 9, which formally has a best-fit Sérsic index of 12. The median Sérsic index of all targets is $4.5^{+0.3}_{-1.4}$. The high Sérsic index of ID 9 has no strong influence on the median Sérsic index, excluding it leads to a median of $n = 4.3^{+0.5}_{-1.2}$. The low Sérsic index $n \approx 1.5^{+0.1}_{-0.4}$ of ID 5 is also reinforced by the diffuse appearance in the F814W image compared to the other sources (see Figure 4).

In Figure 6 we show the median Sérsic index of massive quiescent galaxy samples as a function of redshift. For comparison to lower redshift quiescent and star forming galaxies we show median Sérsic indices of galaxies with stellar masses of $M_*/M_\odot < 11.5$ from the morphological analysis of van der Wel et al. (2014). At all redshifts, median Sérsic indices of quiescent galaxies are significantly larger than those of star-forming galaxies. The median Sérsic indices of quiescent galaxies from the van der Wel et al. (2014) sample decrease from $n = 4.5^{+1.0}_{-0.4}$ at $z = 0.4$ to $n = 3.3^{+0.0}_{-0.1}$ at $z = 2.7$. Our results are consistent with no significant evolution in the median Sérsic index of quiescent galaxies up to $z \approx 3$, in agreement with other studies from Patel et al. (2017), Mowla et al. (2019), Marsan et al. (2019), Stockmann et al. (2020) and Esdaile et al. (2020), although some investigations have reported lower Sérsic indices at $z \gtrsim 1.5$ (e.g., van Dokkum et al. 2008; van der Wel et al. 2011).

Axis ratios of our targets range between 0.33 and 0.96 with a median of $0.73^{+0.06}_{-0.12}$. The only source with $q < 0.5$ is ID 8 having $q = 0.35^{+0.03}_{-0.01}$ in spite of a high Sérsic index of $4.3^{+0.8}_{-0.7}$. The source also appears rather flat in the F814W image, which could be explained
by a combination of an older bulge with redder colors and a younger and bluer disc that is seen edge-on.

Hill et al. (2019) find a redshift and stellar mass independent linear relation between Sérsic index and apparent axis ratio with a slope of \( dq/dn = 0.062 \), yielding an axis ratio of 0.71 at our median Sérsic index of 4.5, in perfect agreement with our measurement and reinforcing our conclusions on the generally high Sérsic indices of these sources.

In Figure 6 we also show the median axis ratio of massive quiescent galaxies as a function of redshift from Hill et al. (2019), comparing with measurements from our work and other studies at \( z \geq 1.5 \). While at \( z < 2 \) median axis ratios of quiescent galaxy samples are larger than those of star-forming galaxies, at \( z \geq 2 \) no clear difference can be seen, although uncertainties become large and quiescent galaxy sample contamination from starforming sources is likely more significant. Our measurement of the average axis ratio is in agreement with typical axis ratios of quiescent galaxies at low redshift (e.g., Holden et al. 2012; Hill et al. 2019). Consistent with our measurements, Patel et al. (2017) and Marsan et al. (2019) also find high axis ratios and Sérsic indices for massive (log(\( M_\star/M_\odot \)) > 11.26) quiescent galaxies at \( z \approx 2.6 \) as well as Esdaile et al. (2020) at \( z \approx 3.3 \), suggesting that already at \( z \approx 3 \) a large fraction of quiescent galaxies...
galaxies are bulge dominated. On the other hand van Dokkum et al. (2008) investigated morphologies of 9 spectroscopically confirmed massive ($\log(M_*/M_\odot) > 11.1$) quiescent galaxies at $z \approx 2.3$. The median Sérsic index of their sample is $2.3^{+0.5}_{-0.0}$ and the median apparent axis ratio 0.63$^{+0.08}_{-0.24}$. In agreement with these results, van der Wel et al. (2011) analysed a color selected sample of 14 massive ($\log(M_*/M_\odot) > 10.8$) quiescent galaxies at $1.5 < z < 2.5$ finding a median Sérsic index of 2.45$^{+0.15}_{-0.40}$ and a median axis ratio of 0.67$^{+0.10}_{-0.08}$. Belli et al. (2017) find a median Sérsic index of 3.25$^{-0.30}_{+0.54}$ and a median axis ratio of 0.69$^{+0.05}_{-0.04}$ in the same redshift range. Hill et al. (2019) investigated the median flattening of galaxies in the redshift range $0.2 < z < 4.0$, based on the structural analysis from van der Wel et al. (2014) and also find that, for quiescent galaxies with $\log(M_*/M_\odot) > 11.0$, the apparent axis ratio decreases to $q = 0.60 \pm 0.07$ at $z = 2.7$. In contrast to results from this work and other previous investigations as discussed above, these studies suggest that massive quiescent galaxies at high redshift are flatter than low-redshift counterparts, with a large fraction of disk-dominated systems. Considering at face value our results on both Sérsic indices and axis ratios, our measurements do not lend support to this picture. Nonetheless, concerning axis ratios, we note that given the large statistical uncertainties our median axis ratio is still consistent with results from van Dokkum et al. (2008); van der Wel et al. (2011); Hill et al. (2019). Furthermore, one of our targets has $q < 0.5$ and three have $n < 3$, suggesting that some sources in our sample might indeed be disk-dominated or have a significant disk component. We note that differences in results and conclusions from the studies discussed above may partly derive from different sample selection criteria (in particular van der Wel et al. (2011) and Hill et al. (2019) rely on different flavours of photometrically selected samples).

4.2 The mass-size relation

The estimated effective radii of the galaxies in our sample are between 0.07 and 0.57 arcsec, corresponding to physical sizes of 0.5 to 4.5 kpc at restframe wavelengths from 3800 to 4700 Å. Fitting ID 9 with the Sérsic index fixed to a typical value for bulge dominated systems of $n = 4$ (close to the sample median of $n = 4.5^{+0.3}_{-1.4}$) leads to a decrease of the estimated effective radius by 50 percent.

Because of - mostly negative - color gradients of galaxies (Szomoru et al. 2011; Wuyts et al. 2012; van der Wel et al. 2014; Suess et al. 2019a,b), galaxy sizes inferred from light profiles depend on the probed wavelength with sizes being larger at shorter wavelengths. For a proper comparison with previous works we convert all measured sizes to the same restframe wavelength of 5000 Å, adopting the correction appropriate for quiescent galaxies from van der Wel et al. (2014):

$$r_e(5000 \, \text{Å}) = r_e(\lambda_{\text{obs}}) \left( \frac{1 + z}{\lambda_{\text{obs}}/5000 \, \text{Å}} \right)^{\Delta \log r_e/\Delta \log \lambda},$$

(3)

with

$$\frac{\Delta \log r_e}{\Delta \log \lambda} = -0.35 + 0.12z - 0.25 \log \left( \frac{M_*}{10^{10} M_\odot} \right),$$

(4)

where $\lambda_{\text{obs}}$ is the observed wavelength of 16 000 Å. This results in a very small correction decreasing the measured sizes of our targets by about 5 percent; the final sizes adopted in the following are between 0.5 and 4.4 kpc with a median size of 1.4$^{+0.9}_{-0.2}$ kpc. Uncertainties on the median are obtained by bootstrapping. These sizes are reported in Table 1.

In Figure 7 we compare our results for the stellar mass vs. size relation of quiescent galaxies at $z \approx 3$ with previous measurements of photometrically (UVJ) selected quiescent and star-forming galaxies from van der Wel et al. (2014), as well as quiescent galaxies from Patel et al. (2017) and Mowla et al. (2019), in the same redshift range. To ensure that no systematics on stellar masses affect our comparison with size estimates from van der Wel et al. (2014), we fit Sérsic profiles to all galaxies in our fields and estimate their stellar masses as explained in Section 2.2. Their mass size relations are consistent with results from van der Wel et al. (2014) at the corresponding redshifts, indicating no significant systematics between the mass and size measurements in the two studies. For a more proper comparison of the mass-size relation within the probed $2.4 < z < 3.2$ range, and given the small sample size of the plotted samples from this work, Patel et al. (2017) and Mowla et al. (2019), we scale individual sizes for galaxies from these samples to a pivot redshift of 2.75 using the size evolution dependence on the Hubble parameter from van der Wel et al. (2014). This scaling leads to a maximum decrease of sizes by 17 percent at the lowest redshift $z = 2.4$ and a maximum increase by 25 percent at the highest redshift $z = 3.2$. The median sizes of our, Patel et al. (2017) and Mowla et al. (2019) sample decrease by $\approx 7$, 8 and 10 percent, respectively.

Our sources specifically probe the mass-size relation at the highest stellar masses, for the first time with a statistical, homogeneously analysed, spectroscopically confirmed quiescent galaxy sample at this redshift. Our measurements thus extend towards the highest masses the determination of the mass-size relation of quiescent sources at $z \approx 3$, which in deep fields is typically dominated by lower-mass galaxies because of the intrinsically low number density of very massive quiescent sources. Our measurement of the median quiescent galaxy size at the tip of the mass-size relation ($\log(M_*/M_\odot) \geq 11$) at $z \approx 3$ is nonetheless consistent with the relation measured in van der Wel et al. (2014).

4.2.1 Central Stellar Mass Densities

Although with the available data we can only probe the projected surface brightness distribution of our targets in the F160W band, we attempt a conversion of the observed light profile to a stellar mass density profile, to estimate central densities of these galaxies for the purpose of comparing with other similar studies. This conversion relies in particular on the assumption that the observed F160W light traces stellar mass across the galaxy: we stress that, also given the restframe wavelength probed by the F160W imaging at the redshift of these sources, this assumption has in fact significant limitations which are neglected in the following calculations.

We project the observed surface brightness distributions of our targets and calculate their central densities within 1 kpc following the procedure in Whitaker et al. (2017). Briefly, we calculate a circularized density profile from the best-fit structural parameters derived in Section 3 by performing an Abel transform as described in Bezanson et al. (2009). In the assumption that light traces mass the central stellar mass density within 1 kpc is then given by:

$$\rho_1 = \int_0^{1 \text{kpc}} \rho(r) r^2 dr \frac{M_*}{4 \pi (1 \text{kpc})^2},$$

(5)

where $\rho(r)$ is the spherical density profile as a function of radius.

7 If rather than using the size evolution dependence on the Hubble parameter we use the dependence on $1 + z$, always from van der Wel et al. (2014), the maximum increase (decrease) is 14 percent (20 percent) which does not impact the results of this analysis.
We estimate uncertainties coming from the measurement of structural parameters by perturbing $r_e$, $n$ and $q$ within their estimated uncertainties and recalculating the central densities 1000 times. These uncertainties are at most 0.09 dex; the uncertainties on the central densities are therefore dominated by the uncertainties on the stellar mass estimates (see Section 2.2) as well as by the limitations of the adopted assumptions to convert the observed surface brightness distribution to a stellar mass density profile. The central densities of the targets are $9.8 \leq \log(\rho_1 \text{kpc}^{-3}/M_\odot) \leq 10.4$ with a median of $\log(\rho_1 \text{kpc}^{-3}/M_\odot)=10.1\pm0.1$. Such central densities translate in circular velocities at $r=1$ kpc of $330 \text{ km/s} \leq v_1 \leq 640 \text{ km/s}$ (median $480\pm60$ km/s), as obtained by $v_1 = \sqrt{\frac{4 \pi}{3}} (1 \text{kpc})^2 \rho_1 G$, where $G$ is the gravitational constant, by balancing gravitational and centrifugal forces (see e.g., Whitaker et al. 2017).

These high inferred central densities - and implied circular velocities - are in line with previous determinations for high-redshift massive, quiescent sources (e.g., van Dokkum et al. 2014; Whitaker et al. 2017; Mowla et al. 2019).

4.3 Size evolution

To constrain the redshift evolution of massive quiescent galaxies at early times we compare sizes from our work with measurements from van der Wel et al. (2014), Straatman et al. (2015), Patel et al. (2017), Kubo et al. (2017), Belli et al. (2017), Kubo et al. (2018), Marsan et al. (2019), Stockmann et al. (2020) and Esdaile et al. (2020) in Figure 8. Sources from Belli et al. (2017), Stockmann et al. (2020), Esdaile et al. (2020) and from this work are spectroscopically confirmed quiescent galaxies, while the other studies we compare with rely on photometrically selected quiescent sources.

Sources from van der Wel et al. (2014) in this figure have masses between $11.0 < \log(M_*/M_\odot) < 11.5$ with a median mass of $\log(M_*/M_\odot)=11.1$ in each redshift bin. We use the redshift independent slope of the mass size relation from van der Wel et al. (2014) ($d \log(r_e)/d \log(M_*)=0.7$) to scale sizes of individual galaxies of all other samples (with masses in the range $10.6 < \log(M_*/M_\odot) < 11.8$) to $\log(M_*/M_\odot)=11.1$. We then calculate median sizes and uncertainties for all samples by bootstrapping. The aforementioned scaling to a common mass of $\log(M_*/M_\odot)=11.1$ has a very limited impact on our measurement of the median size of our sample being $1.4^{+0.2}_{-0.1}$ kpc at the pivot mass, basically affecting only the uncertainties. For the least massive sample (Straatman et al. 2015) this correction increases the median size by $\approx 0.1$ dex, while for the most massive sample (Marsan et al. 2019) the median size decreases by $\approx 0.25$ dex. For the study of Kubo et al. (2018) the size and uncer-
stability of the stack is shown. All points are plotted at the median redshift of the respective sample.

Our measurements are in line with previous determinations indicating that sizes of quiescent galaxies at fixed stellar mass have increased by nearly one order of magnitude since \( z = 3 \). The different models from van der Wel et al. (2014) and Kubo et al. (2018), that parametrise the redshift evolution of the mass-size relation either as a function of the Hubble parameter, that is related to halo properties, or as a function of the scale factor, differ by a maximum of 0.1 dex at the median target redshift of 2.73. The median of our size measurements is consistent with the van der Wel et al. (2014) evolution as a function of \( h(z) \) and the Kubo et al. (2018) evolution as a function of \( 1 + z \). Our measurement is 2 sigma smaller than expected from the van der Wel et al. (2014) evolution as a function of \( 1 + z \), which suggests, together with the higher redshift measurements by Straatman et al. (2015), Kubo et al. (2018) and Esdaile et al. (2020) that size evolution is steeper than in this relation.

At redshifts closest to our measurements, the median sizes from Patel et al. (2017) and especially from the highest redshift sources in Marsan et al. (2019) tend to be larger than our estimate as well as than extrapolations from most of the other high-redshift measurements discussed above. Both measurements are largely based on the same sample of galaxies with a median mass of \( \log(M_\ast/M_\odot) \approx 11.3 \). Based on these measurements, Patel et al. (2017) and Marsan et al. (2019) suggest that very massive galaxies with \( \log(M_\ast/M_\odot) > 11.25 \) are systematically larger than expected from the mass-size relation determined at lower masses, and thus that the size evolution factor may be different at the highest masses. On the other hand, results from the very massive samples with \( \log(M_\ast/M_\odot) \approx 11.5 \) from Marsan et al. (2019) at \( z \approx 1.8 \) and from Stockmann et al. (2020) at \( z \approx 2 \) – the latter likely affected by minimal contamination from star-forming sources, due to spectroscopic confirmation – do not seem to support such a scenario. From the four most massive galaxies in our sample with \( \log(M_\ast/M_\odot) > 11.25 \) we see excellent agreement with the extrapolation of the van der Wel et al. (2014) mass-size relation, although the statistics are very limited due to the small sample size.

5 SUMMARY AND CONCLUSIONS

We have analysed structural properties of a first sizeable sample of spectroscopically confirmed, massive, quiescent galaxies at \( z \approx 3 \) (D’Eugenio et al. 2020). Due to the rarity of these objects, we relied on targeted HST/WFC3 imaging of 10 robust candidates.
We estimate structural properties by fitting Sérsic profiles to the F160W images and obtain half light radii of about $r_e \approx 1\text{kpc}$ at stellar masses of $\log(M_*/M_\odot) \approx 11.2$, in agreement with photometrically selected samples at this redshift. The comparison with sizes of massive quiescent galaxies at different redshifts shows substantial agreement with the expected evolution of the mass-size relation of quiescent galaxies as determined in previous work, pointing towards a size evolution factor at fixed stellar mass of almost a factor 10 from $z \approx 3$ to today.

Although our observations are consistent with a fraction of our sample being made of disk-dominated galaxies, and a larger sample would be needed to better quantify the prevalence of such sources, our measurements of both axis ratios and Sérsic indices suggest that massive, quiescent galaxies are already largely bulge dominated at $z \approx 3$. Based on a sample of massive galaxies in the redshift range $0.5 < z < 3$, Barro et al. (2017) find a redshift and mass independent relation between the offset of a galaxy’s star formation rate from the main sequence and the central mass density, that strongly correlates with Sérsic index. This implies that star forming galaxies first grow inside out while increasing the radius and the central mass density, followed by a phase of enhanced bulge growth that increases the Sérsic index. Star formation is then suppressed and galaxies become quiescent. This picture is also in line with other studies by e.g. Lang et al. (2014), van Dokkum et al. (2014, 2015), Gobat et al. (2017), Whitaker et al. (2017) and Gómez-Guijarro et al. (2019) and is consistent with the large fraction of bulge dominated systems in our sample. The presence of bulge-dominated, quiescent galaxies already at $z \approx 3$ constraints the timescales of quenching and of morphological transformations at early times. Although merging is believed to be a critical process to explain the size and structural evolution of quiescent high redshift progenitors into local massive ellipticals, the combination of young ages and dense, compact structures of the most distant quiescent galaxies such as those studied here suggest different mechanisms for the fast formation of the stellar core. Matching number densities and high SFRs at high redshift have suggested an evolutionary path linking the intense bursts of star formation in high-redshift sub-mm galaxies to the high stellar densities and old stellar populations of massive elliptical galaxies at lower redshifts down to the nearby universe (e.g., Lilly et al. 1999; Genzel et al. 2003; Tacconi et al. 2008; Cimatti et al. 2008; Simpson et al. 2014, 2017), including in particular the most distant massive, dusty star forming galaxies being likely progenitors of (at least some of) the first massive, compact quiescent galaxies at $z > 2$ (e.g., Toft et al. 2014; Valentino et al. 2020; Forrest et al. 2020a). High resolution ALMA imaging of $z \approx 4$-6 dusty, massive, highly star forming sources confirms the existence of possible star forming progenitors with already compact morphologies (Oteo et al. 2017; Jin et al. 2019). The majority of bright sub-mm galaxies in simulations (Hopkins et al. 2008; Dekel et al. 2009b; Zolotov et al. 2015; Wellons et al. 2015; Lagos et al. 2020) are experiencing central starbursts driven by two main channels, gas-rich major mergers and disk instabilities, that increase the central density forming a compact remnant. Such remnants may still have disks and disk-dominated kinematics (e.g., Belli et al. 2017; Toft et al. 2017; Newman et al. 2018, and references therein), suggesting that the morphological transformations creating dispersion-supported ellipticals are not necessarily coincident with quenching. The mechanism by which star formation would stop in the compact star-forming progenitors is still unclear, with proposed processes including dynamical heating (“morphological quenching”, Martig et al. 2009), stellar and AGN feedback (Hopkins et al. 2006), shock heating (Dekel & Birnboim 2006), cosmological starvation (Feldmann & Mayer 2015), starvation by the circumgalactic medium having too high angular momentum to be accreted by the central galaxy (Peng & Renzini 2020) (see also e.g., Man & Belli 2018, and references therein). Some observations (Nelson et al. 2014; Gilli et al. 2014) have identified possible compact star-forming progenitors suggestive of dense stellar cores in their formation phase (see also Patel et al. 2013; Stefanon et al. 2013; Barro et al. 2013, 2014ab; Williams et al. 2015) or quenching progenitors suggestive of the transition stage to compact quiescent remnants (Marsan et al. 2015). Recent and upcoming efforts to secure samples of very distant quiescent galaxies and of their immediate progenitors, their observation with state-of-the art and new instruments to probe their stellar population, gas content, and structural and kinematical properties, and the detailed comparison with state-of-the-art simulations, will soon provide new constraints on the early formation of massive quiescent galaxies.

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DATA AVAILABILITY

The data of the HST program underlying this article are available in the HST archive. References for additional data are given in the text.

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9 https://archive.stsci.edu/hst/
APPENDIX A: COMPARISON OF SPECTROSCOPIC AND PHOTOMETRIC REDSHIFTS

In section 2.3 we compare restframe UVJ colors of our sample with the full massive parent sample at $2.5 < z < 3.0$. To derive UVJ colors and stellar masses for the parent sample we make use of photometric redshifts. To investigate how reliable the photometric redshifts are we compare in Figure A1 spectroscopic redshifts of quiescent galaxies at $z^{\text{spec}} \geq 1.2$ with photometric redshifts from Muzzin et al. (2013a) and Laigle et al. (2016). Redshifts from Krogager et al. (2014) and D’Eugenio et al. (2020) rely on HST grism data while redshifts from Onodera et al. (2015), Marsan et al. (2015), Gobat et al. (2017), Belli et al. (2017), Glazebrook et al. (2017), Schreiber et al. (2018), Valentino et al. (2020) and Stockmann et al. (2020) rely on spectroscopic observations from ground-based telescopes. Photometric redshifts from Laigle et al. (2016) have a larger scatter and are systematically underestimated in this redshift range, especially at $z^{\text{spec}} \geq 2.5$. We therefore use redshifts from Muzzin et al. (2013a) together with the deeper photometry from Laigle et al. (2016) for our analysis in Section 2.3.
Figure A1. Comparison of spectroscopic redshifts of quiescent galaxies with photometric redshifts from Muzzin et al. (2013, left panel) and Laigle et al. (2016, right panel). Sources from Schreiber et al. (2018) at $z = 2.5$ and (Marsan et al. 2015) at $z = 3.4$ have a photometric redshift estimates in Laigle et al. (2016) of 4.9 and $z = 0.3$, respectively and are not shown in the right panel. The sources from Glazebrook et al. (2017) and Schreiber et al. (2018) at $z = 3.7$ are the same.

APPENDIX B: SIGNIFICANCE OF THE CENTRAL RESIDUALS

In Figure B1 we show the F160W images and residuals after subtracting the best fit Sérsic profiles (see Figure 4 and Section 3) together with a plot of the significance of the residuals that we define as the absolute value of the residuals divided by the noise in each pixel. Considering only pixels of the F160W images with a flux higher than 3 times the root mean square of the background we find that the fraction of pixels in the residual images with a significance higher than 3 is $\leq 2$ percent for all sources except for ID 8, where we find 4 percent.

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Figure B1. HST F160W images of the targets, residuals and their significance, defined as |residuals|/\sigma. For each source the fraction of pixels associated with the sources that have |residuals|/\sigma > 3 is indicated.