Fatty acid and metabolomic profiling approaches differentiate heterotrophic and mixotrophic culture conditions in a microalgal food supplement 'Euglena'

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Abstract

Background: Microalgae have been recognized as a good food source of natural biologically active ingredients. Among them, the green microalga Euglena is a very promising food and nutritional supplements, providing high value-added poly-unsaturated fatty acids, paramylon and proteins. Different culture conditions could affect the chemical composition and food quality of microalgal cells. However, little information is available for distinguishing the different cellular changes especially the active ingredients including poly-saturated fatty acids and other metabolites under different culture conditions, such as light and dark.

Results: In this study, together with fatty acid profiling, we applied a gas chromatography–mass spectrometry (GC-MS)-based metabolomics to differentiate heterotrophic and mixotrophic culture conditions.

Conclusions: This study suggests metabolomics can shed light on understanding metabolomic changes under different culture conditions and provides a theoretical basis for industrial applications of microalgae, as food with better high-quality active ingredients.

Keywords: Euglena, Metabolomics, Lipids, Fatty acid, Heterotrophic, Mixotrophic

Background

In recent years, it was found that microalgae are a good source of natural active ingredients [1], and its chemical composition shows a great deal of diversity. Since environmental factors such as temperature, salinity, light, nutrition etc. could affect the chemical composition of microalgal cells, changes in environmental parameters can stimulate or inhibit the biosynthesis of a natural sources of biologically active ingredient [2]. A variety of natural sources of biologically active ingredient from microalgae include carotenoids, phycobilin, fatty acids, polysaccharides, vitamins and sterols [3].

Among them, Euglena is a very promising food and nutritional supplement. This photosynthetic green protozoan contains no cell wall, so that nutrients inside the cells have a high availability to consumers. It is not only rich in essential poly-unsaturated fatty acids (PUFAs) [4], proteins [5] and antioxidants such as β-carotene, vitamins C [6] and E [7, 8], but also accumulates a large amount of an unique Euglenoid starch-like product paramylon. As a β-1,3-glu-can, paramylon can boost the immune system [9], and sulfated paramylon is also resistant to the effect of HIV [10]. After incorporated into the diet, paramylon can also reduce cholesterol in the blood [11]. Most Euglenoid species have chloroplasts containing chlorophyll a and b and can grow auto-trophic. Some species, such as genus of Euglena (Euglena gracilis), can also bloom in the dark with rich organic water. However, little information is available for distinguishing the different reaction and changes under different culture conditions, such as light and dark.

Compared to transcriptomics and proteomics, metabolomics studies at the cellular level have many advantages
as previously reported [25], total 5 mg frozen dried cell pellets was used as the input. Followed by acetone enrichment and SDS precipitation, paramylon was dried and dissolved in 0.5 M NaOH. The contents of paramylon were then determined using glucose as the standard.

**GC-MS-based metabolomic analysis**

For metabolomic analysis, ~10^6 cells were collected by centrifugation at 8,000 × g for 10 min at 4 °C (Eppendorf 5430R, Hamburg, Germany) from cultures of the *E. gracilis* on day 4, 7, and 9, respectively. The cell pellets were immediately frozen in liquid nitrogen and then stored at −80 °C before use. The metabolomic analysis was conducted as described previously [26, 27]. All chemicals used for metabolome isolation and GC-MS analyses were obtained from Sigma-Aldrich (Taufkirchen, Germany). For metabolomic analysis, cells were collected from samples at day 4, 7, and 9, respectively. The metabolomic analysis protocol included the following.

1. **Metabolome extraction**: Cells were resuspended in 1 mL of cold 10:3:1 (v/v/v) methanol/chloroform/H_2O solution (MCW), frozen in liquid nitrogen, and thawed five times. Supernatants were collected by centrifugation at 14,000 g for 3 min at 4 °C (Eppendorf 5430R, Hamburg, Germany). To normalize variations across samples, an internal standard (IS) solution (100 μg/mL U-13C-sorbitol, 10 μL) was added to 100 μL of supernatant in a 1.5 mL microtube before it was dried by vacuum centrifugation for 2–3 h (4 °C).

2. **Sample derivatization**: The samples were dissolved in 10 μL of methoxyamine hydrochloride (40 mg/mL in pyridine), shaken at 30 °C for 90 min, added to 90 μL of *N*-methyl-*N*-(trimethylsilyl)trifluoroacetamide (MSTFA), and incubated at 37 °C for 30 min to trimethylsilylate the polar functional groups. The derive samples were collected by centrifugation at 14,000 g for 3 min, and the supernatant was used directly for GC/MS analysis.

3. **GC-MS analysis**: Analysis was performed on a GC-MS system-GC 7890 coupled to an MSD 5975 (Agilent Technologies, Inc., Santa Clara, CA) equipped with a HP-5MS capillary column (30 m × 250 mm id), with 70 eV of electron impact ionization. Two microliters of derivatized sample was injected in splitless mode at 230 °C injector temperature. The GC was operated at a constant flow of 1 mL/min helium. The temperature program started isocratic at 45 °C for 2 min, followed by temperature ramping of 5 °C/min to a final temperature of 280 °C, and then held constant for additional 2 min. The range of mass scan was m/z 38–650.

4. **Data processing and statistical analysis**: The mass fragmentation spectrum was analyzed using the automated mass spectral deconvolution and identification system (AMDIS) to identify the compounds by matching the data with the Fiehn Library and the mass spectral library of the National Institute of Standards and Technology (NIST). Peak areas of all

**Methods**

**Microalgal strains and culture conditions**

*Euglena gracilis* CCAP 1224/5Z was purchased from CCAP (Culture Collection of Algae and Protozoa) and maintained in our lab at Shenzhen University. This strain is the same as SAG 1224–5/25, UTEX 753, IAM E-6, ATCC 12894 and UTCC 95 in the other culture centers all over the world. The modified heterotrophic acid culture medium [19] was used for *E. gracilis*. Log phase microalgal cells were inoculated into 250 mL Erlenmeyer flasks containing 50 mL fresh medium, at 23 ± 1 °C with continuous light of 50 μmol/m² s light density as the mixotrophic culture, and aluminum foil was used to wrap the flasks for the dark treatment as the heterotrophic culture. Growth curves and cell numbers were determined by absorbance 750 nm and the blood cell counting chamber under normal light microscopy, respectively.

**Fatty acid composition and quantification**

Total fatty acid extraction and fatty profiling were performed and determined as described by Bligh [20] and Lu [21] with slight modifications, which provided comparative information of the lipid productivities of different cultivation conditions [22], especially used in several microalga-related researches for lipid extraction [23, 24].

**Euglenoid paramylon extraction and quantification**

Paramylon extraction and determination was conducted as previously reported [25], total 5 mg frozen dried cell pellets was used as the input. Followed by acetone enrichment and SDS precipitation, paramylon was dried and dissolved in 0.5 M NaOH. The contents of paramylon were then determined using glucose as the standard.

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identified metabolites were normalized against the internal standard and the acquired relative abundances for each identified metabolite were used for future data analysis [26, 27].

Principal component analysis (PCA) analysis of metabolomics
All metabolomics profile data was first normalized by the internal control and the cell numbers of the samples, after removing all singlets, i.e. masses detected only in one sample out of the eighteen analyzed, and then subjected to principal component analysis using software SIMCA-P 11.5.

Statistical analyses
Significant dissimilarity between groups clustered by PCA were assessed by analysis of molecular variance (ANOVA) based on Euclidean distance using R. The PCA plot obtained for this dataset was characterized by a stress value less than 0.05, therefore, it could be considered a good representation of the distance matrix as well.

Results and discussion
Growth under different culture conditions
The differential growth of *E. gracilis* under mixo- (HL) and heterotrophic (HD) culture conditions were shown in the Fig. 1. From inoculation to day 6, the fast growing was observed in cultures under both light and dark, with slightly more cells under light condition. It looked like that light had little effect on the growth of *E. gracilis* during this period. However, from day 7 growth starts to differ from the two conditions: microalgal cells continue to multiply at a lower rate under light, while cells under dark set a downward trend. We speculate that nutrients in the medium were adequate initially to both cells under different culture conditions, thus cells under both conditions were able to vegetative grow and reproduce. Due to the contribution of photosynthesis, so that the growth rate under light is slightly higher than cells under dark. During the period of nutrient depletion, photosynthesis can still support the growth in the light condition, while under dark cell numbers begin to decline due to inadequate nutrition. During culture, cell numbers reached the maximum 2.45 × 10⁷ cells/mL and 10.80 g dw/L (dried weight/L) biomass, and it could be possible to obtain higher cell numbers with longer culture time under light. For the cells under dark conditions, cell numbers reached highest at day 7 with 1.86 × 10⁷ cells/mL (biomass was 6.61 g dw/L), with only about 75.9 and 61.2 % of cells under light.

Fatty acid profiling
This study investigated the fatty acid composition and contents of *E. gracilis* cultured with continuous light and darkness, respectively, at different time points (day 4, 7, 9). In total, 25 kinds of fatty acids were detected, with carbon chain lengths ranging from 12–22, including 8 saturated fatty acids, and 17 unsaturated fatty acids as shown in Fig. 2 and Table 1.

Accumulation of total fatty acids (TFAs) that were observed increased with the process of culture, under both the light and dark conditions. For instance, the TFA accumulated under light was 108.13 μg/mg dw at day 4, while the numbers increased to 127.21 and 136.75 μg/mg dw at day 7 and 9 respectivley. Similarly, the TFA contents were 101.30, 137.17 and 161.82 μg/mg dw at day 4, 7 and 9 of dark cultures. In addition, the TFA at the late culture (day 9) in the dark was significantly more than that of the same day cultured under the light.

Interestingly, the fatty acid types under different culture conditions also showed significant difference (Fig. 3), i.e., unsaturated fatty acids (PUFAs) were predominant

![Fig. 1 Growth curves of *E. gracilis* under mixotrophic (HL) and heterotrophic (HD) conditions](image)

![Fig. 2 Detailed fatty acid compositions and contents under different conditions and at different time points. HL-4d, mixotrophic at day 4; HD-4d, heterotrophic at day 4](image)
|    | HL-4d     | HL-7d     | HL-9d     | HD-4d     | HD-7d     | HD-9d     |
|----|-----------|-----------|-----------|-----------|-----------|-----------|
| C12:0| 1.54 ± 0.25a| 0.84 ± 0.05c| 0.78 ± 0.01a| 7.29 ± 0.48ab| 4.56 ± 0.03b| 4.16 ± 0.17c|
| C13:0| 1.20 ± 0.37c| 0.71 ± 0.06a| 0.56 ± 0.04c| 7.11 ± 0.75a| 8.10 ± 0.07b| 7.73 ± 0.26ab|
| C14:0| 13.03 ± 2.93d| 8.04 ± 0.40d| 7.49 ± 0.32d| 43.18 ± 6.72c| 54.15 ± 3.11b| 66.11 ± 2.53c|
| C15:0| 1.17 ± 0.21d| 1.21 ± 0.06d| 1.06 ± 0.03d| 2.65 ± 0.19c| 5.20 ± 0.07b| 5.62 ± 0.20a|
| C16:0| 10.66 ± 0.63d| 11.84 ± 0.14b| 11.66 ± 0.62b| 8.90 ± 0.52d| 14.37 ± 0.20b| 21.65 ± 0.92ab|
| C16:1| 2.89 ± 0.23d| 5.06 ± 0.27c| 5.45 ± 0.48c| 2.28 ± 0.20c| 3.32 ± 0.10b| 4.58 ± 0.03b|
| C17:0| 0.30 ± 0.07d| 0.33 ± 0.02d| 0.36 ± 0.033d| 0.56 ± 0.04c| 1.00 ± 0.04b| 1.73 ± 0.04a|
| C18:2| 3.79 ± 0.19b| 7.58 ± 0.07a| 10.56 ± 0.26b| 0.53 ± 0.03a| 0.87 ± 0.02d| 0.78 ± 0.07d|
| C17:1| 0.63 ± 0.12b| 1.07 ± 0.13b| 1.11 ± 0.17b| 0.72 ± 0.09b| 1.06 ± 0.04a| 1.22 ± 0.06a|
| C16:3| 10.96 ± 0.70c| 14.66 ± 0.59b| 16.05 ± 0.55a| 1.62 ± 0.07d| 2.67 ± 0.09d| 2.05 ± 0.17de|
| C18:0| 0.26 ± 0.06cd| 0.24 ± 0.03cd| 0.22 ± 0.003d| 0.31 ± 0.03c| 0.47 ± 0.02c| 0.85 ± 0.03a|
| C16:4| 6.06 ± 1.11d| 7.53 ± 0.59b| 8.01 ± 0.88a| 0.12 ± 0.02f| 0.17 ± 0.01c| 0.18 ± 0.01c|
| C18:1| 2.14 ± 0.12c| 3.39 ± 0.05b| 3.14 ± 0.17b| 1.29 ± 0.04b| 1.91 ± 0.02e| 2.53 ± 0.14c|
| C18:2ω6| 6.00 ± 0.33d| 9.98 ± 0.12a| 12.74 ± 0.39a| 1.14 ± 0.06a| 1.71 ± 0.06d| 1.72 ± 0.05d|
| C18:3ω3| 19.40 ± 1.64b| 23.54 ± 0.63b| 25.03 ± 1.44b| 1.71 ± 0.06c| 2.51 ± 0.11c| 1.88 ± 0.01c|
| C20:2ω6| 2.50 ± 0.20c| 2.72 ± 0.23c| 2.74 ± 0.14c| 2.66 ± 0.12c| 5.06 ± 0.19b| 5.76 ± 0.16a|
| C20:3ω6| 1.47 ± 0.11c| 1.09 ± 0.04d| 0.90 ± 0.04c| 1.41 ± 0.05c| 1.95 ± 0.08c| 1.67 ± 0.05b|
| C20:4ω6| 4.02 ± 0.33d| 5.05 ± 0.25c| 5.22 ± 0.26c| 3.86 ± 0.17d| 7.22 ± 0.25b| 8.17 ± 0.31a|
| C20:4ω3| 0.74 ± 0.05c| 1.02 ± 0.03b| 1.25 ± 0.09b| 0.53 ± 0.02c| 0.62 ± 0.03d| 0.64 ± 0.03d|
| C20:5ω3| 5.29 ± 0.25d| 6.07 ± 0.19c| 6.60 ± 0.28cd| 3.81 ± 0.10c| 6.30 ± 0.25bc| 6.85 ± 0.14a|
| C24:0| 0.46 ± 0.07b| 0.49 ± 0.06b| 0.42 ± 0.00b| 0.31 ± 0.04b| 0.43 ± 0.01b| 0.67 ± 0.02a|
| C22:4ω6| 0.46 ± 0.17a| 0.26 ± 0.03a| 0.17 ± 0.01b| 0.43 ± 0.02c| 0.47 ± 0.01a| 0.50 ± 0.02b|
| C22:5ω6| 6.66 ± 0.70c| 8.07 ± 0.34b| 8.67 ± 0.22cd| 4.97 ± 0.15d| 7.94 ± 0.26b| 9.12 ± 0.28a|
| C22:5ω3| 0.79 ± 0.28c| 0.47 ± 0.02c| 0.33 ± 0.01c| 0.57 ± 0.03abc| 0.57 ± 0.02abc| 0.64 ± 0.03ab|
| C22:6ω3| 5.73 ± 0.53a| 5.95 ± 0.21a| 6.23 ± 0.26a| 3.33 ± 0.05c| 4.53 ± 0.22b| 5.01 ± 0.25b|
| Sum  | 108.13 ± 5.87 | 127.21 ± 2.23 | 136.75 ± 4.59 | 101.30 ± 9.46 | 137.17 ± 1.50 | 161.82 ± 5.29 |

a, b, c, d, e, and f shows significant difference between each other.
The observation in this study agreed with the surveys of Regnault et al. [28] that when carbon source exists *Euglenophyta* accumulated lots of C14 and C16 fatty acids.

**Paramylon quantification**

Paramylon, the high-valued product from *E. gracilis*, was also one of our interests. The highest paramylon contents were observed at day 4 under both conditions compared to the day 7 and 9, showing the decreasing trends in the process of culture (Fig. 4). Expectedly, higher contents of paramylon were observed under dark at days 4 and 7, while there was no significant difference at day 9.

It was reported the effect of growth conditions on paramylon contents in wild type and chloroplast-less mutant of *E. gracilis* [29]. We proposed that paramylon in cells reached a maximum at 24 h after inoculation, and the contents were then decreased with accelerated growth and reproduction, and probably degraded for the synthesis of other components used in the new cells. Compared to cells under light, cells in the dark

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**Fig. 3** Total fatty acids, saturated fatty acids (SFA), monounsaturated saturated fatty acids (MUFA) and poly-unsaturated fatty acids (PUFA) under different culture conditions. HL-4d, mixotrophic at day 4; HD-4d, heterotrophic at day 4
accumulated much more paramylon at the beginning but they were consumed very quickly to the similar levels as under light.

**Metabolomic analysis**

Regarding the polar metabolite profiling, for metabolomics, we total obtained in total 18 sets of data, 9 for each culture condition and triplicates for each data point. Under this experiment two different culture conditions, a total of 86 metabolites were obtained. Overall, the three biological replicates of each sample was relatively distributed close to each other, and different samples under the same culture condition were separated from one another, indicating the reliability and reproducibility of metabolomics approaches in this study. Under different culture conditions, HL and HD groups could be significantly separated based on the metabolites (Fig. 5a). HD groups from different time points could be distinguished, but with a smaller difference as those between HL and HD. Surprisingly, groups under light at day 7 and 9 were assorted very closely, indicating few metablomic changes under these time points.

GC-MS based metabolomics analysis can achieve a good coverage of polar metabolites, such as amino acids and organic acids, and allow analysis of a wide range of chemical metabolite classes in a single run [30]. In the previous study, we developed an optimized protocol characterizing the time-series metabolic responses for metabolite isolation and MS analysis, and achieved identification of more than 65, 60 and 111 chemically classified metabolites from *Escherichia coli* [26], cyanobacterium *Synechocystis* sp. PCC 6803 [31], and heterotrophic dinoflagellate microalga *Cryptecodinium cohnii* [32], respectively. In this study, we followed the similar protocol with minor modification by collecting the cells under light and dark culture at day 4, 7 and 9. A good separation of intracellular metabolites was achieved on the GC column and further MS analysis allowed the chemical classification of a total of 86 metabolites from *E. gracilis*, including various fatty acids, amino acids, sugars and organic acids. Metabolites detected in *E. gracilis* are much more than those in *E. coli* and *Synechocystis*, probably due to *E. gracilis* is a eukaryote.

PCA score plots were first applied to evaluate the similarities and differences between a total of 86 metabolomic profiles (Fig. 5b). In general, the score plots of the GC-MS metabolomic profiles revealed overall good reproducibility between biological replicates and good separation between different sample clusters. Combined with previous growth data, this result suggested that members of the light cultivated groups had significantly different metabolisms. Hence GC-MS could be used to reflect cells metabolism changes caused by different culture conditions.

PCA score plots revealed that 86 detected metabolites were plotted in the intermediate position, indicating that no dramatic metabolite changes occurred in the culture throughout the process. However, the distributions of some compounds were relatively significant, which may be associated with different culture conditions. These metabolites were dioctyl phthalate and putrescine. Interestingly, there is no report about the impact of dioctyl phthalate on cellular metabolism or photosynthesis. The emergence of this metabolite is most likely an artifact from extraction/derivatization processes. Diamines and polyamines such as putrescine and spermidine are specific regulators of cellular and metabolic processes which can stimulate active transport of metabolites, and affect

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**Table 2 Fatty acids classes and distribution (μg/mg dw)**

|          | HL-4d        | HL-7d        | HL-9d        | HD-4d        | HD-7d        | HD-9d        |
|----------|--------------|--------------|--------------|--------------|--------------|--------------|
| SFA      | 28.61 ± 4.31 | 23.71 ± 0.73 | 22.55 ± 1.02 | 70.31 ± 8.71 | 88.28 ± 3.02 | 108.53 ± 4.02 |
| MUFA     | 5.65 ± 0.40  | 9.51 ± 0.43  | 9.70 ± 0.81  | 4.30 ± 0.22  | 6.29 ± 0.15  | 8.33 ± 0.19  |
| PUFA     | 73.87 ± 5.06 | 93.99 ± 1.52 | 104.50 ± 3.52| 26.69 ± 0.87 | 42.60 ± 1.50 | 44.96 ± 1.50 |
| SFA/(MUFA+PUFA) | 0.36 ± 0.07 | 0.23 ± 0.01  | 0.20 ± 0.00  | 2.27 ± 0.23  | 1.81 ± 0.12  | 2.04 ± 0.06  |
| ω3       | 31.95 ± 2.26 | 37.05 ± 0.61 | 39.44 ± 1.85 | 9.95 ± 0.26  | 14.53 ± 0.59 | 15.02 ± 0.45  |
| ω6       | 21.11 ± 1.40 | 27.17 ± 0.90 | 30.44 ± 0.96 | 14.48 ± 0.54 | 24.35 ± 0.82 | 26.93 ± 0.83  |
| ω3/ω6    | 1.51 ± 0.03  | 1.36 ± 0.04  | 1.30 ± 0.05  | 0.69 ± 0.01  | 0.60 ± 0.00  | 0.56 ± 0.00  |

a, b, c, d, and e shows significant difference between each other
the functioning of enzymes and ion pumps in the cellular membranes. They also stimulate the photosynthetic process in green microalgae [33]. Thus, putrescine could be the potential target bio-stimulator for *E. gracilis* growth.

**Conclusions**

In summary, different culture conditions in *E. gracilis* produced significant different profiles of fatty acids and metabolites. Compared to cells under light, cells under dark accumulated much more paramylon at the beginning of cultivation. It was also shown in this study that the light does not affect the fatty acids types in *E. gracilis*, but significantly affects the FA saturation level. In the dark, *E. gracilis* could accumulate a considerable amount of short-chain FA, but only under the light conditions, desaturase activity was enhanced to generate a set of UFAs. The GC-MS could reflect cell metabolism changes caused by different culture conditions and the potential target bio-stimulator, putrescine, for *E. gracilis* growth was also detected via metabolomic analysis in this study.

**Abbreviations**

dw/L, dried weight/L; FAs, fatty acids; HD, heterotrophic; HL, mixotrophic; MUFA, mono-unsaturated saturated fatty acids; PCA, principal components analysis; PUFAs, poly-unsaturated fatty acids; SFA, saturated fatty acids; TFA, total fatty acid

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**Availability of data and material**

The data and material are available as supplementary data in BMC website.

**Authors’ contributions**

ZL, ZM, HW, SM and WJ participated in the design of experiments, collected the data and drafted the manuscript. ZY, ZM, JY and HZ participated in data collection. LA, ZL, HZ and WJ participated in the design of experiments and helped write the manuscript. LA, XP, ZL, ZW and WJ coordinated the research and helped to finalize the manuscript. All authors read and approved the final manuscript.

**Competing interest**

The authors declare that they have no competing interests.

**Consent for publication**

Not applicable.

**Ethics approval and consent to participate**

Not applicable.

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