Sustained High Protein-tyrosine Phosphatase 1B Activity in the Sperm of Obese Males Impairs the Sperm Acrosome Reaction

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Background: Obesity can cause male infertility or subfertility. The underlying mechanism, however, remains unclear.

Results: PTP1B level/activity in obese sperm are significantly higher than those in non-obese sperm. Sustained high PTP1B activity causes a prolonged NSF dephosphorylation, which impedes reassembly of the trans-SNARE complexes.

Conclusion: PTP1B serves as a link between male obesity and infertility/subfertility.

Significance: Identifying PTP1B as a novel therapeutic target in obesity-related male infertility/subfertility.

Evidence of a causal link between male obesity and subfertility or infertility has been demonstrated previously. However, the mechanism underlying this link is incompletely understood. Here, we report that sustained high protein-tyrosine phosphatase 1B (PTP1B) activity in sperm of obese donors plays an essential role in coupling male obesity and subfertility or infertility. First, PTP1B level and activity were significantly higher in sperm from ob/ob mice than in wild-type littermates. High PTP1B level and activity in sperm was also observed in obese patients compared with non-obese donors. The enhanced sperm PTP1B level and activity in ob/ob mice and obese patients correlated with a defect of the sperm acrosome reaction (AR). Second, treating sperm from male ob/ob mice or obese men with a specific PTP1B inhibitor largely restored the sperm AR. Finally, blockade of sperm AR by enhanced PTP1B activity in male ob/ob mice or obese men was due to prolonged dephosphorylation of N-ethylmaleimide-sensitive factor by PTP1B, leading to the inability to reassemble the trans-SNARE complexes, which is a critical step in sperm acrosomal exocytosis. In summary, our study demonstrates for the first time that a sustained high PTP1B level or activity in the sperm of obese donors causes a defect of sperm AR and that PTP1B is a novel potential therapeutic target for male infertility treatment.

The prevalence of overweight and obese individuals in the world’s population has rendered these disorders the most difficult challenge to human health. Overweight and obesity impact not only cardiovascular diseases and diabetes but also many other disorders, such as male infertility (1). Recent population-based studies suggest an elevated risk of subfertility among couples in which the male partner is obese and an increased likelihood of abnormal semen parameters among heavier men (2). There is sound evidence that male obesity can be associated with reduced sperm concentrations, but studies addressing sperm motility, morphology, and DNA fragmentation have been contradictory. Although weight loss is the cornerstone of the treatment of obesity-related infertility, the mechanism underlying obesity and male infertility or subfertility is not completely understood.

The acrosome reaction (AR)5 is a highly regulated membrane fusion process consisting of multiple stages that culminate in the attachment of secretory vesicles to the plasma membrane followed by the opening of fusion pores (3). Like other regulated exocytosis processes, the AR involves a large set of proteins. Previous studies have shown that exocytosis of sperm acrosome is dependent upon Rab3 activation and neurotoxin-sensitive soluble NSF attachment protein receptors (SNAREs) (4). Unlike other fusion scenarios where SNAREs are subjected to an assembly/disassembly cycle, the fusion machinery in sperm is regulated to ensure that SNAREs progress unidirectionally from a cis configuration in resting cells to monomeric and subsequently trans arrays in cells challenged with exocytosis inducers (5). In resting sperm, SNAREs are assembled in an inactive cis complex in the same membrane. At this stage, N-ethylmaleimide-sensitive factor (NSF) is phosphorylated on tyrosine. Upon activation, calcium derived from the extracellular medium activates RAS-associated protein RAB3A, triggering the tethering of the acrosome to the plasma membrane.

5 The abbreviations used are: AR, acrosome reaction; PTP, protein-tyrosine phosphatase; NSF, N-ethylmaleimide-sensitive factor; HTF, human tubal fluid; TeX, tetanus toxin; CTC, chlorotetracycline fluorescence; IVF, in vitro fertilization; SNAP, soluble NSF attachment protein.
Tethering initiates the activation and/or recruitment of protein-tyrosine kinases and phosphatases (PTPs) to the membrane fusion sites. Then PTPs dephosphorylate NSF (6, 7). Once dephosphorylated, NSF, together with α-synapsosome-associated protein (α-SNAP), disassembles cis-SNARE complexes. At the final stage that is triggered by an efflux of calcium from the intra-acrosomal store, monomeric SNAREs are reassembled in tight trans-complexes and promote the fusion between acrosome membranes and sperm surface membranes (6, 8, 9). In this model, the dynamic process of NSF dephosphorylation by PTPs plays a key role in controlling the disassembly or reassembly of cis-SNARE or trans-SNARE complexes.

Protein-tyrosine phosphatase 1B (PTP1B) is the prototype of the superfamily of PTPs and belongs to the non-transmembrane subfamily 1 of intracellular PTPs (10, 11). PTP1B is an abundant enzyme that is expressed in all insulin-responsive tissues, including skeletal muscle, liver, adipose tissue, and brain (12, 13), where it is localized predominantly on intracellular membranes by a hydrophobic C-terminal targeting sequence. PTP1B has been implicated in the negative regulation of insulin and leptin signaling (14, 15). In a recent excellent study by Zarelli and leptin signaling (14, 15), PTP1B was shown to dephosphorylate NSF and elicit SNARE complex disassembly during human sperm exocytosis, suggesting that NSF is a substrate of PTP1B and that PTP1B may play a critical role in controlling sperm AR.

In the present study, we determined the expression level and activity of PTP1B in sperm under various conditions and the role of PTP1B in modulating the sperm AR. Our results confirm that obese males generally have a sustained high PTP1B level and activity, which can impair the reassembly of SNAREs into trans-SNARE complexes and cause a defect of the sperm AR. Because the PTP1B-specific inhibitor can largely restore the sperm AR in ob/ob mice and obese men, our study also presents PTP1B as a novel therapeutic target in male infertility treatment.

**EXPERIMENTAL PROCEDURES**

Human and Mouse Samples—This study was approved by the Hospital Ethical Examination Committee of Human Research of Nanjing Drum Tower Hospital, Nanjing University (Nanjing, China), and written informed consent was obtained from each participant. Human semen samples were used in this study after routine semen analysis. Age and body mass index were recorded for all sperm donors. The donors were divided into two groups: 28 obese or overweight (body mass index > 25) and subfertile/infertile men with a normal proportion of intact acrosome and 28 age-matched healthy donors. Semen was analyzed to calculate the AR rate.

Protein Extraction and Western Blot Analysis—Proteins were extracted in sample extraction buffer (50 mM Tris, 150 mM NaCl, 1% Triton X-100, 0.1% SDS, 1 mM PMSF, 25 mM β-glycerophosphate, 1 mM Na3VO4, 2 μg/ml leupeptin, and 2 μg/ml aprotinin, pH 7.4), and the protein concentration was determined using a BCA kit (Thermo, Billerica, MA). Equal amounts of protein samples were separated by electrophoresis on 12% SDS-polyacrylamide gels and transferred to PVDF membranes. The membranes were blocked in TBST (50 mM Tris, 150 mM NaCl, 0.05% Tween 20, pH 7.6) containing 5% nonfat dry milk or BSA and immunoblotted with rabbit monoclonal anti-PTP1B (1:2000; Abcam, Cambridge, MA), rabbit polyclonal anti-VAMP2 (1:1000; Abcam), mouse monoclonal anti-phosphotyrosine (P-Tyr-100) (1:1000; Cell Signaling, Danvers, MA), rabbit monoclonal anti-NFS (1:1000; Cell Signaling), and mouse monoclonal anti-GAPDH (1:3000; Santa Cruz Biotechnology). Horseradish peroxidase-conjugated goat-anti-mouse IgG or goat-anti-rabbit IgG was used as secondary antibody (1:3000; Santa Cruz) with 1-h incubations. Protein bands were visualized with enhanced chemiluminescence and quantified by densitometry using ImageJ.

Immunoprecipitation—For the immunoprecipitation assay, the cells were lysed with lysis buffer. Overall, 200 μg of whole-

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**PTP1B Inhibitor Treatment and Induction of AR**—After a swim-up, the sperm cells were incubated for at least 120 min under conditions that support capacitation (HTF, 37 °C, 5% CO2, 95% air). The capacitated spermatozoa were pretreated with a specific PTP1B inhibitor FRJ (3-(3,5-dibromo-4-hydroxy-benzoyl)-2-ethyl-benzofuran-6-sulfonic acid) (Santa Cruz Biotechnology, Inc.) or DMSO (0.1%) as a control for 10 min at 37 °C to prevent PTP1B activity, followed by 2 μM tetanus toxin (TeTx) (4) from Clostridium tetani and 15 μM progesterone (16) (both from Sigma) treatment for an additional 10 min. Spermatozoa suspensions were then collected for CTC staining, Western blot analysis, and indirect immunofluorescence.

Chlorotetracycline Fluorescence (CTC) Assay—Spermatozoa were stained with CTC essentially as described previously (17). The stain solution, containing 750 μM CTC (Sigma) in a buffer containing 130 mM NaCl, 5 mM L-cysteine, 20 mM Tris-HCl (pH 7.8), was prepared daily and stored at 4 °C in the dark. A 10-μl sample of sperm suspension was mixed with 10 μl of CTC stock solution in a 200-μl Eppendorf tube at room temperature. Then 5 μl of 12.5% glutaraldehyde in 2 mM Tris buffer (pH 7.8) was added as a fixative and was thoroughly mixed with the sample. The samples were kept at 37 °C for 1 h. Slides were prepared by placing 10 μl of the suspension onto a clean microscope slide. A drop of antifade solution (Invitrogen) was mixed in carefully to delay the fading of the fluorescence. A coverslip was placed on top, and the slide was gently but firmly compressed between two tissues. Any excess fluid was removed, and the number of spermatozoa lying flat on the slide was maximized; their flat orientation was crucial for accurate assessment. The acrosome-intact pattern represents capacitated but acrosome-intact sperm, and the acrosome-reacted pattern corresponds to sperm that underwent both capacitation and AR. A total of 200 spermatozoa from seven independent experiments were analyzed to calculate the AR rate.

**Immunoprecipitation**—For the immunoprecipitation assay, the cells were lysed with lysis buffer. Overall, 200 μg of whole-
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cell lysates were incubated with protein-specific antibodies overnight at 4 °C, followed by precipitation of the antibody-protein complex using Protein G-agarose beads (Santa Cruz Biotechnology). In each immunoprecipitation experiment, an isotype negative control was used. After washing with lysis buffer, precipitates were analyzed for phospho-NSF or PTP1B by Western blot and were dissolved in 100 μl of diethanolamine to continue to test PTP1B activity at the mean time.

Protein-tyrosine Phosphatase 1B Activity Measurement—PTP1B activity was measured using the phosphatase substrate kit (Thermo Scientific, Waltham, MA) following the manufacturer’s instructions. To each well of the 96-well plate was added 10 mM p-nitrophenyl phosphate (p-NPP) and 50 μl of PTP1B solution with or without test compounds (final volume 100 μl). Following a 30-min incubation period at room temperature, the reaction was terminated with 50 μl of 2 M NaOH. The amount of p-nitrophenol produced was estimated by measuring the absorbance at 405 nm.

Indirect Immunofluorescence and Double-labeled Fluorescence—Sperm samples were smeared onto slides, fixed with 4% paraformaldehyde in PBS for 15 min at room temperature, permeabilized with 0.1% Triton X-100 in PBS for 20 min, and blocked with goat serum for 30 min at room temperature. Mouse monoclonal anti-SNAP25 (1:100; Abcam) and rabbit polyclonal anti-VAMP2 (1:100; Abcam) or rabbit monoclonal anti-PTP1B (1:100; Abcam) and mouse monoclonal anti-NSF (1:100; Abcam) were diluted in 5% goat serum in PBS, added to the slides, and incubated overnight at 4 °C in a humidified chamber. Spermatozoa were incubated with Alexa Fluor546-conjugated goat anti-rabbit IgG and Alexa Fluor488-conjugated goat anti-mouse IgG (Invitrogen) at a dilution of 1:100 for 1 h at room temperature and were observed by fluorescence microscopy at excitation wavelengths of 488 and 546 nm.

In Vitro Fertilization (IVF)—Eggs were surgically removed from female 3–4-week-old WT mice. Three days prior to the scheduled IVF procedure, 5 IU of pregnant mare serum gonadotropin (Sigma) was intraperitoneally injected into the egg donor mice. 46–48 h after the pregnant mare serum gonadotropin injection, 5 IU of human chorionic gonadotropin (Sigma) was intraperitoneal injected into the same egg donor mice. Cumulus-oocyte complexes were placed into HTF medium with capacitated sperm and incubated at 37 °C in a humidified atmosphere of 5% CO2 and 95% air. The sperm were washed away after 4–6 h, and the eggs were cultured overnight in an incubator. Using a stereomicroscope, the fertilization was calculated by counting the number of embryos that have reached the 2-cell stage of development and the total number of eggs. The 2-cell embryos correspond to successful fertilization and sperm cells that underwent both capacitation and AR. A total of 100 embryos from seven independent experiments were analyzed to calculate the fertilization rate.

Statistical Analysis—All images of Western blot assays are representative of at least three independent experiments. To assess the possible effects of the PTP1B inhibitor, we calculated the percentage of sperm with B and AR CTC staining patterns. AR indexes were calculated by subtracting the number of spontaneously reacted spermatozoa from all values and expressing the results as a percentage of the AR observed in the positive control. Data were evaluated using one-way analysis of variance. The data are presented as means ± S.D. from at least three independent experiments. The Tukey-Kramer post hoc test was used for pairwise comparisons. Differences were assessed using the Wilcoxon rank sum (Mann-Whitney) test for unpaired samples. p values <0.05 were considered significant.

RESULTS

Normal Level of PTP1B Is Required for AR in Mouse Spermatozoa—The up-regulation of PTP1B has been reported in various tissues of obese, diabetic, or insulin-resistant animal models and patients, including skeletal muscle, adipose tissue, and liver (18–24). To determine whether the up-regulation of PTP1B expression also occurs in spermatozoa under obese conditions, we examined PTP1B protein expression levels and activities in ob/ob mice and their WT littermates. In this experiment, spermatozoa were incubated in HTF medium at 37 °C in 5% CO2 for 120 min for capacitation and then collected for Western blot analysis. As shown in Fig. 1, the PTP1B protein level in the spermatozoa of ob/ob mice was significantly higher (about 3-fold) than in WT mice (Fig. 1, A and B), which is in agreement with previous studies demonstrating up-regulation of PTP1B in other tissues of ob/ob mice (25, 26). Because increased PTP1B expression generally correlates with increased PTP1B activity (18, 19, 23), we also examined the activity of PTP1B in the spermatozoa of ob/ob mice and their WT littermates and observed that PTP1B activity was significantly higher in the spermatozoa of ob/ob mice than in control WT mice (Fig. 1C). Interestingly, the enhanced activity of PTP1B in the spermatozoa of ob/ob mice was dose-dependently decreased by a PTP1B-specific inhibitor (FR). Previous studies suggested that this compound modulates PTP1B activity by binding to a novel binding site that is distal to the active site of PTP1B, named the WPD loop (27). As observed in Fig. 1C, the IC50 of this PTP1B inhibitor was 8.0 μM.

We next examined the effect of PTP1B on the AR of mouse sperm. Briefly, the capacitated spermatozoa were incubated under different conditions with or without 12 μM PTP1B inhibitor, and progesterone was introduced to initiate the sperm AR. Spermatozoa suspensions were then collected for evaluation of the AR by CTC staining. As shown in Fig. 1, D and E, the AR rate of ob/ob mouse spermatozoa was significantly lower than that of control spermatozoa. However, this impairment of AR in ob/ob mouse spermatozoa could be largely restored after treating spermatozoa with the PTP1B inhibitor.

The IVF assay was then performed to test whether controlling PTP1B activity by a chemical inhibitor could restore fertilization in ob/ob mice (Fig. 1, F and G). Similar to the result of the AR rate, ob/ob mouse spermatozoa failed in fertilization, but this defect of fertilization was largely restored by inhibiting PTP1B activity using PTP1B inhibitor. These results suggest that PTP1B is a potential molecular target of male infertility or subfertility due to obesity.

Sustained High PTP1B Activity in ob/ob Mouse Spermatozoa Impairs SNARE Complex Reassembly via NSF Dephosphorylation—NSF plays a key role in controlling the disassembly and reassembly cycle of the SNARE complex, an essential component of the membrane fusion machinery. As a substrate
of PTP1B, NSF can be dephosphorylated by PTP1B, and dephosphorylated NSF would cause the disassembly of cis-SNARE complexes (6). To confirm the link between PTP1B and NSF, we detected the location of NSF and PTP1B in spermatozoa from ob/ob mice and WT mice. As shown in Fig. 2A, NSF was labeled in the sperm acrosomal region after capacitation, whereas PTP1B was localized to the equatorial segment of ob/ob mouse and WT sperm. Following progesterone stimulation, a part of PTP1B was co-localized with NSF in the sperm acrosomal region. Our results indicate that PTP1B and NSF still respectively locate in different regions of sperm cells before progesterone stimulation, although PTP1B remains a sustained higher level in spermatozoa of ob/ob mice. Then we examined the level of tyrosine-phosphorylated NSF in spermatozoa from ob/ob mice and WT mice (Fig. 2B). As can be seen, there is no difference in the level of phosphorylated NSF between WT mouse sperm and ob/ob mouse sperm at resting status (without stimulation with progesterone). Progesterone stimulation induced a dramatic dephosphorylation of NSF. Notably, PTP1B inhibitor alone had no effect on phosphorylation of NSF at rest-
ing status, which is consistent with our observation that PTP1B did not co-locate with NSF before progesterone stimulation. However, compared with WT mice, ob/ob mice had a significantly lower level of tyrosine-phosphorylated NSF in sperm when the sperm were activated by progesterone. This result is in agreement with the observation that ob/ob mouse sperm contain higher PTP1B activity than WT mouse sperm (Fig. 1), and the high PTP1B activity results in NSF dephosphorylation after progesterone stimulation. As expected, the level of tyrosine-phosphorylated NSF in spermatozoa from ob/ob mice was reversed after inhibiting PTP1B activity in sperm by PTP1B inhibitor.

Based on the observation that high PTP1B activity induces a lower level of NSF tyrosine phosphorylation in sperm after progesterone stimulation, we then analyzed the dynamics of SNARE assembly and disassembly during the sperm AR. Briefly, we treated mouse sperm with various reagents, including a PTP1B inhibitor and progesterone, and incubated the sperm with the clostridial neurotoxin, TeTx, for 10 min. Previous studies have shown that monomeric SNAREs can be cleaved by TeTx, whereas SNAREs engaged in loose (partially assembled at their N-terminal portions) trans complexes (4, 28, 29) or cis complexes are resistant to TeTx (30). Therefore, detecting the level and location of SNARE components after TeTx cleavage can provide information about the disassembly and reassembly of SNARE complexes. As shown by Western blot analysis in Fig. 2C, when TeTx was introduced, the level of synaptobrevin (VAMP2) was decreased in sperm from both control WT and ob/ob mice after progesterone stimulation, indicating that progesterone stimulation disrupted the cis-
SNARE complexes and generated TeTx-sensitive monomeric SNAREs. However, compared with sperm from control WT mice, ob/ob mouse sperm had a significantly lower level of VAMP2 after progesterone stimulation, suggesting the faster disruption of cis-SNARE complexes and the poorer production of trans-SNAREs in ob/ob mouse sperm. The levels of TeTx-resistant VAMP2 in ob/ob mouse sperm was increased by the PTP1B inhibitor, suggesting that overdisruption of SNARE complexes in ob/ob mouse sperm is probably due to the sustained high activity of PTP1B.

The dynamic processes of cis-SNARE complex disassembly and the reassembly of trans-SNARE complexes during sperm acrosomal exocytosis are shown in Fig. 3A. To test the disassembly and reassembly process of SNARE complexes, we next used immunofluorescence and confocal microscopy to examine the localization patterns of two components of SNARE complexes, VAMP2 and SNAP25, in mouse sperm with or without progesterone stimulation. Because TeTx can cleave VAMP2 at the same peptide bond, but not SNAP25 (31), we used VAMP2 and SNAP25 as TeTx-sensitive and TeTx-resistant marker proteins of monomeric SNAREs, respectively. Sperm was fixed and double-labeled with mouse monoclonal anti-SNAP25 and rabbit polyclonal anti-VAMP2 antibodies. Under control conditions (without TeTx), clear immunofluorescence staining was observed in the acrosomal region of most cells (Fig. 3B). As expected, TeTx decreased the immunofluorescence labeling of the acrosome with the anti-VAMP2 antibody in sperm from both WT and ob/ob mice after progesterone was introduced, suggesting that progesterone induced the disassembly of cis-SNARE complexes, and VAMP2 became toxin-sensitive, whereas SNAP25 did not. However, compared with WT mice, ob/ob mice displayed almost no labeling of the...
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acrosome by anti-VAMP2 antibody, indicating that cis-SNARE complexes in ob/ob mice are faster and more completely disassembled under this condition. Because the labeling of the acrosome by anti-VAMP2 antibody was largely reversed following PTP1B inhibitor treatment, the sustained high PTP1B activity might be responsible for the disassembly of SNARE complexes via NSF dephosphorylation.

Abnormal PTP1B Activity-caused Defect of Sperm AR and Potential Therapeutic Effect of Specific PTP1B Inhibitor on Male Subfertility/Infertility—To test whether PTP1B has a similar effect on the AR of human sperm, we recruited a homogeneous group of 28 obese or overweight (body mass index > 25) men with various degrees of subfertility/infertility and another group of 28 age-matched healthy donors. As shown in Fig. 4, A and B, PTP1B protein levels in the overweight and obese group was nearly 3-fold higher than those in the healthy group. Supporting this observation, we also detected significantly higher PTP1B activity in the overweight and obese group (Fig. 4C). PTP1B activity in the overweight and obese group was dose-dependently inhibited by the PTP1B inhibitor with a maximum inhibition at ~ 10 μM (Fig. 4C). Following a swim-up protocol to isolate highly motile cells, human semen samples were incubated in HTF medium, and the same steps of sperm acrosomal exocytosis were repeated. As shown in Fig. 4D, sperm from the obese or overweight group displayed a significantly less progestosterone-induced AR compared with the sperm from the healthy group. The AR analysis by CTC staining showed that the sperm AR rate in the obese or overweight group was ~20% that of the healthy group, whereas the treatment with PTP1B inhibitor could significantly increase the AR rate of sperm from individual donors in the obese or overweight group (Fig. 4E).

DISCUSSION

By analyzing the level and activity of PTP1B in sperm and its effect on the sperm AR under various pathophysiological conditions, we demonstrated that PTP1B might serve as a key molecule in linking obesity and male infertility/subfertility. According to the model of sperm acrosomal exocytosis (Fig. 3A), successful AR requires the disassembly of cis-SNARE complexes and the reassembly of stable trans-SNARE complexes. Dephosphorylation of NSF by PTP1B is a key step in initiating the disassembly of cis-SNARE complexes. However, sustained high PTP1B activity in ob/ob mouse sperm would cause the suppression of the protein tyrosine phosphorylation events that are needed for exocytosis and would consequently halt the sperm AR. Interestingly, although the activity and expression of PTP1B were increased in ob/ob mouse sperm, the levels of tyrosine-phosphorylated NSF were not down-regulated in ob/ob mouse sperm (at resting status). We found that it was due to different location of PTP1B and phosphorylated NSF in the sperm (Fig. 2A). In particular, PTP1B was detected in the cytosol of the equatorial segment in capacitated mouse spermatozoa (7), whereas NSF was present in membranes of spermatozoa and localizes to the acrosomal region (33). Therefore, PTP1B inhibitor had no effect on phosphorylation of NSF in the absence of progesterone (Fig. 2B). Progesterone triggers the tethering of the acrosome to the plasma membrane, which initiates the activation and recruitment of PTP1B to the membrane fusion sites (6). After progesterone stimulation, PTP1B and NSF are co-localized in the acrosomal region. In addition, α-SNAP, an adaptor protein that mediates the binding of NSF to SNARE complexes, has been proved to be mainly in the cytosol of capacitated mouse spermatozoa (34), which control the initiation of AR before progesterone treatment. Taken together, AR is a tightly regulated process by segmentation of multiple key proteins to avoid spontaneous reaction.

In particular, sustained high PTP1B activity resulted in a prolonged dephosphorylation of NSF, a key regulator of vesicle fusion, leading to a defect of the reassembly of stable trans-SNARE complexes, which is the final step of sperm acrosomal exocytosis. Because the sperm from male ob/ob mice and obese or overweight men all contain significantly higher PTP1B level and activity than control mouse sperm and healthy human sperm, they generally displayed a significantly lower AR capacity. In support of this finding, we observed that a PTP1B-specific inhibitor could largely restore the AR capacity in the sperm from male ob/ob mice and obese or overweight men. A previous study by Huynh et al. (35) using lymphocytes shows that NSF is also a substrate for PTP-MEG2 (PTPN9) and can be dephosphorylated by PTP-MEG2. However, we found no significant difference between the levels of PTP-MEG2 in WT mouse sperm and ob/ob mouse sperm (data not shown), suggesting that PTP-MEG2 may be not contributed to the defect in AR of ob/ob mouse sperm. Previous studies have shown that PTP1B is a major negative regulator of insulin and leptin sensitivity by dephosphorylating the insulin receptor and the leptin receptor-associated JAK2 (13) as well as the more distal components of the insulin and leptin signaling pathways, such as insulin receptor substrate 1 (36, 37). PTP1B deficiency and the inhibition of PTP1B activity both enhance insulin signaling and insulin sensitivity in skeletal muscle and liver tissues (38–40). Our present study demonstrates that PTP1B is also a modulator of acrosomal exocytosis in the sperm. Through dephosphorylating NSF, PTP1B controls the disassembly and reassembly of SNARE complexes. Because a PTP1B inhibitor can restore the defect in sperm acrosomal exocytosis in both ob/ob mice and obese or overweight men, inhibition of PTP1B activity may provide a novel therapeutic strategy for obesity-associated male infertility or subfertility.

The ob/ob mice, with a loss of function mutation in the obesity (ob) gene, are generally infertile. The traditional view is that this infertility in ob/ob mice is due to low sex steroid and gonadotrophin levels. However, identification of sustained high PTP1B activity in ob/ob mice, which blocks the AR of sperm, provides a new clue that partially explains male infertility in ob/ob mice. Recent studies have also demonstrated that PTP1B is not only expressed in immune cells (41–43) but also up-regulated by proinflammatory factors, such as tumor necrosis factor α (TNFα) (44). Because obesity is considered a low degree inflammatory state characterized by an elevation of certain proinflammatory cytokines, including TNFα, interleukin-1, and interleukin-6 in sera (44), PTP1B may serve as an inflammatory target during obesity-associated inflammation (25, 32). By illustrating the correlation between the high expression level and activity of PTP1B and impaired acrosomal exocytosis in sperm under conditions of obesity, our present study may also provide
new insight to explain the correlation between chronic inflammation and infertility or subfertility. Specifically, our results indicate that PTP1B is a key molecule in linking chronic, “low degree” inflammation and male infertility. In this model, chronic inflammation, through TNFα or other proinflammatory factors, enhances the expression level and activity of PTP1B in spermatozoa from overweight or obese men.

FIGURE 4. The sperm from overweight or obese men have a sustained higher level of PTP1B expression and activity compared with the sperm from non-obese normal donors. A, PTP1B protein levels in spermatozoa of 14 healthy non-obese men (NC) and 14 overweight or obese men (Obe). B, quantitative analysis of PTP1B levels in the sperm samples from 28 healthy men and 28 overweight or obese men. C, dose-dependent inhibition of PTP1B activity in spermatozoa from obese men. **, p < 0.01, n = 7. D, the AR of normal sperm (NC) and obese sperm (Obe) detected by CTC staining. All procedures were carried out in the dark until observation. By CTC staining, two different patterns of sperm were detected on the sperm head: acrosome-intact sperm (arrows) and acrosome-reacted sperm (asterisks). All sperm present strong labeling in the principal piece of the flagellum. Scale bar, 3 μm. E, quantitative analysis of CTC staining in D. A total of 200 spermatozoa from 28 non-obese and 28 obese donors were divided into the two above patterns to be analyzed. Error bars, S.D.
PTP1B, which consequently impairs the acrosomal exocytosis of sperm.

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