OPINION ARTICLE

How to avoid pitfalls in antibody use [version 1; referees: 2 approved]

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Abstract

Antibody use is ubiquitous in the biomedical sciences. However, determining best research practices has not been trivial. Many commercially available antibodies and antibody-conjugates are poorly characterized and lack proper validation. Uncritical application of such useless tools has contributed to the reproducibility crisis in biomedical research. Despite early initiatives such as MIAPAR or PSI-PAR, a best practice guideline for antibody characterization is still not in prospect. Here, we analyze 24 antibody-related databases and compare their content with regard to validation aspects and coverage. We also provide a flowchart for end-users with all necessary steps to facilitate finding and choosing specific and sensitive antibodies for their experiments. Based on a growing demand for better and standardized validation procedures and characterization guidelines for antibody molecules we have summarized our findings in a five-point plan. We intend to keep the discussion alive and hope that properly used antibodies will remain as central to biomedicine as they are today.

This article is included in the Antibody validations channel.

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Antibodies are ubiquitous tools in biomedical research to characterize and study proteins, protein-protein or protein-DNA interactions. Theoretically, they can be applied in almost every field but practically it is not as straightforward as one might naively expect. Although a lot of money has been invested and the global research antibody market is estimated to reach 2.64 billion Euros by 2019, many antibody-related products still face the problem that they are not properly validated and/or critical experimental data are not accessible. This leads - justifiably - to a growing unease among researchers, evidenced in several recent high-profile publications regarding the lack of standardization, validation and reference of those crucial research tools. Antibody-related products are often expensive and fail to meet the customers’ expectations. We have now more than ten years of experience in generating monoclonal antibodies and we are well aware of the difficulties and obstacles on the way to highly effective antibodies. On the one hand, we realize that end-users expect to obtain highly specific tools. On the other hand, the potential use-cases of antibody technology are too broad for a simplistic order-and-use scenario. Antibody-use and especially antibody generation are complex procedures that are liable to both false-positives as well as false-negatives, if not carried out appropriately. The following questions should be at the starting point of any such project:

1. What is the target protein I want to characterize?
2. What is the application in which the antibody should work?
3. Which samples will be tested (serum, tissue, cells)? How is my target protein structured in these samples?

We have compiled a flow diagram for end users and manufacturers in Figure 1, which outlines the entire procedure. Already the step, finding the right antibody in multiple databases, is like looking for the proverbial needle in a haystack. Only by sheer luck or with an efficient strategy is it possible to find your antibody of choice in one of the over 24 antibody databases (Supplementary file 1). An inordinate amount of time has to be invested to extract the important characteristics of an antibody from a jumble of detailed and often unreferenced information in these databases. There are a few specialized sites which can help in some well-defined research areas, like the Antibody Validation Database, the ENCODE project or the San-Diego Epigenome Center, which focus on histone modifications or the Office of Cancer Clinical Proteomics Research Antibody Portal and the Abminer website, which concentrate on antibodies specific for cancer-associated proteins and tissues. For essentially all other antibodies, filtering information in databases with millions and millions of antibody products is a great challenge. The most useful databases are those which include independent antibody results either by citing published research reports or by including user reviews. Ten out of the 24 websites we investigated include antibody-related publications in their result screens and only 7 offer an easy to find platform for user reviews or comments (Supplementary file 1). Moreover, any of these two functionalities ideally ought to be combined with an option for comparison (available in 8 of 24 databases). There are additional unique features of individual databases which facilitate the search, including credits for user-reviews (e.g. 1DegreeBio, pAbmAbs, Biocompare), rating systems (e.g. Antibody-Adviser, 1DegreeBio, Biocompare, pAbmAbs, CiteAb, AntibodyReview), special initiatives for independent validation (e.g. Antibodies Online, Antibody Validation Database, Antibodypedia, The human protein atlas) and direct ordering from the database (e.g. Developmental Studies Hybridoma Bank, Antibodies Online). However, sometimes it seems easier to hire a detective than to order a specific antibody.

In many cases, we do not succeed in tracking down the right antibody required for our project (Figure 1). In these cases, we resort to project-specific antibody-generation based on monoclonal and polyclonal antibodies. In the planning stage, we place particular emphasis on the characterization of the target antigen and possible epitopes useful for immunization. This is necessary in order to find surface-related sequences available for antibody binding and to minimize possible cross reactivities of the antibody. Of course we agree with James Trimmer that “antibodies are not magic reagents”, but properly designed, characterized, validated and used, some can come close.

An antibody can only bind the target used during immunization. The decision about the immunization strategy is all too often made without end-user input. Therefore, we would like to remind commercial producers of antibodies of their responsibility and support the growing demand for better validation and standardization tools (Figure 1). Therefore, we urge the community to revitalize the groundbreaking standardization ambitions of 2010 and revise the “Minimum information about a protein affinity reagent” (MIAPAR) and “Proteomics Standards Initiative-Protein affinity binders” (PSI-PAR) towards a simplified, common guideline for usage of affinity binders.

We strongly disagree with the statements by Bradbury and Plückthun (2015) that polyclonal and hybridoma-generated monoclonal antibodies should be discarded from the biomedical research portfolio. We also decline the exclusive value of recombinant antibodies. The disadvantages of polyclonal sera and monoclonal antibodies can be minimized by proper research practices (Table 1), such that they are far outweighed by the advantages. It is impossible to deny that sequencing antibodies is helpful in order to reliably produce them recombinantly. The main problem, however, is not the lack of sequence data but the absence of standardized assessments of antigen binding. In most common use cases, with proper research practices, sequencing antibodies becomes a matter of convenience rather than necessity.

Further we are convinced that there is an urgent need for proper identification of antibodies in order to avoid irreproducibility of research results and confusion of product similarities by rebranding of single antibodies. Sequencing of antigen-binding subunits is one solution to add a unique, persistent identifier to each of these binders. Other initiatives, like the Encode accession number or Research Resource Identifier (RRID) will also help to identify existing antibodies in published reports. In general, it should be the aim of the research community to prevent balkanization also of the persistent identifiers of antibodies and agree on a single identifier system with open standards. We are very interested in passing on our experience in antibody generation in order to create better standardization and validation workflows.
Figure 1. Step-by-step guide on how to identify and validate your antibody of choice.
Addressing all the identified problems in the antibody field, we suggest a 5-point plan:

1. Combine all information about available antibodies in one comprehensive repository.

2. Standardize antibody validation.

3. Standardize antibody reference specifications in publications and add a unique identifier to each reagent.

4. Sequence important and relevant antibodies for future reliable use.

5. Generate specific, reliable and consistent binders for missing antigens using all techniques available.

### Table 1. Disadvantages of monoclonal and polyclonal antibodies and the solutions.

| Problems with                  | Solution                                                                                     |
|-------------------------------|----------------------------------------------------------------------------------------------|
| Monoclonal antibodies         |                                               |
| Instability of hybridoma cell lines | Quality process control including recloning and periodical intracellular immunoglobulin staining |
| Death of cell lines or loss of antibody genes | Sequencing of antibody genes and recombinant expression                                 |
| Polyclonal antibodies         |                                               |
| Batch-to-batch variability    | Correct reference in publication!; include at least company, catalogue number, batch number; if the antibody is house-made include bleeding date or pool number |
| Bind multiple targets         | Careful characterization, immunoaffinity enrichment                                              |

Author contributions
DP conducted survey; DP, KH analyzed and interpreted data; DP, KH draft manuscript. All authors have seen and agreed to the final content of the manuscript.

Competing interests
No competing interests were disclosed for D. Pauly. K. Hanack is co-founder of new/era/mabs GmbH (Potsdam, Germany), who are generating antibodies. This activity does not interfere with her scientific interests and use of antibodies.

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Supplementary materials

**Supplementary file 1: Antibody search websites.**

abbreviations: Ab antibody, WB Western Blots, ELISA enzyme-linked immunosorbent assay, IHC immunohistochemistry, FACS fluorescence-activated cell sorting, IF immunofluorescent, IP immunoprecipitation, DB dot blot, ChIP chromatin immunoprecipitation, siRNA small interfering RNA, CRISPR clustered regularly interspaced short palindromic repeats, shRNA small hairpin RNA, Immuno-MS immunoprecipitation with mass spectrometry analysis, SPR surface plasmon resonance spectroscopy, NAPPA nucleic acid programmable protein array, EM electron microscopy

Click here to access the data.
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The report entitled “How to avoid pitfalls in antibody use” by Pauly and Hanack is a reasonable opinion piece with useful information and results from their survey. As such, it deserves indexing. I have already used the supplementary figure a couple of times as reference.

However, in my opinion, the piece does require a thorough tightening up in writing style. The authors should improve the writing to make the piece more formal to align with standard journal practices, removing most uses of “I”, “we” and “my”, strewn throughout the article.

For example:

- current text “What is the target protein I want to characterize?”
  may read better as “What is the target protein to be characterized?”

- current text “How is my target protein structured in these samples?”
  may read better as “What is the configuration (concentrated protein, within complex tissue, membrane bound) of the target protein in the samples?”

- current text “Of course we agree with James Trimmer that “antibodies are not magic reagents”\(^5\), but properly designed, characterized, validated and used, some can come close.”
  may read better as “Indeed, James Trimmer the founder of NeuroMab states that “antibodies are not magic reagents”\(^5\), but properly designed, characterized, validated and used, some can come close.”

The informal style detracts from the message and should be updated to increase impact.

For an example of masterful text, in this style please see:
http://www.sciencedirect.com/science/article/pii/S2212968516300022

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Competing Interests: I run the antibodyregistry.org and the Resource Identification Initiative, which are mentioned in the paper.

Referee Report 23 November 2015
Paula and Hanack touch upon a very timely and important topic. Namely, the use of antibodies in research and how this affects scientific reproducibility. The authors intend to provide a guideline to how antibodies should be selected (or generated) before the onset of a scientific project.

This is an opinion article and therefore reflects the personal view of the authors. Although, I do not fully agree with all of the statements in the paper, I still consider this an interesting contribution to the discussion of how we can achieve a transparent use of research antibodies.

My main concern is their view on standardization of antibody validation. Antibodies may require very different protocol and buffer conditions in order to reach their optimal performance. One example is described by Ghatak et al. (http://www.sciencedirect.com/science/article/pii/S2215016114000211). A standardized antibody validation system would completely miss such information. Instead, I consider a system for effective sharing of antibody performance details from scientists around the World. This would be much more effective for achieving a reproducible use of antibodies in research.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Competing Interests: No competing interests were disclosed.