The biophysics of superoxide dismutase-1 and amyotrophic lateral sclerosis

Gareth S. A. Wright, Svetlana V. Antonyuk and S. Samar Hasnain

Molecular Biophysics Group, Institute of Integrative Biology, Faculty of Health and Life Sciences, University of Liverpool, Liverpool, L69 7ZB, UK

Abstract

Few proteins have come under such intense scrutiny as superoxide dismutase-1 (SOD1). For almost a century, scientists have dissected its form, function and then later its malfunction in the neurodegenerative disease amyotrophic lateral sclerosis (ALS). We now know SOD1 is a zinc and copper metalloenzyme that clears superoxide as part of our antioxidant defence and respiratory regulation systems. The possibility of reduced structural integrity was suggested by the first crystal structures of human SOD1 even before deleterious mutations in the sod1 gene were linked to the ALS. This concept evolved in the intervening years as an impressive array of biophysical studies examined the characteristics of mutant SOD1 in great detail. We now recognise how ALS-related mutations perturb the SOD1 maturation processes, reduce its ability to fold and reduce its thermal stability and half-life. Mutant SOD1 is therefore predisposed to monomerisation, non-canonical self-interactions, the formation of small misfolded oligomers and ultimately accumulation in the tell-tale insoluble inclusions found within the neurons of ALS patients. We have also seen that several post-translational modifications could push wild-type SOD1 down this toxic pathway. Recently we have come to view ALS as a prion-like disease where both the symptoms, and indeed SOD1 misfolding itself, are transmitted to neighbouring cells. This raises the possibility of intervention after the initial disease presentation. Several small-molecule and biologic-based strategies have been devised which directly target the SOD1 molecule to change the behaviour thought to be responsible for ALS. Here we provide a comprehensive review of the many biophysical advances that sculpted our view of SOD1 biology and the recent work that aims to apply this knowledge for therapeutic outcomes in ALS.

Introduction: the four ages of SOD1 discovery

There are roughly 500 new scientific publications relating to superoxide dismutase-1 (SOD1) every year. The deluge of information over the last few years is however relatively small in comparison with totality of knowledge accrued over the 80 years in which SOD1 has been a subject of scientific investigation. This level of interest reflects its prevalence and importance in our physiological processes, the relative ease with which one can work with SOD1 and its limitless capacity to retain enigma. The story of SOD1 recapitulates that of the golden age in Life Sciences which occurred over the last century. As new technologies have become available, SOD1 has proved an interesting and amenable test-case. Biophysics has been fruitful in providing answers to questions in SOD1 biology. In this section, we give a history of the discovery of SOD1, which can be divided into four distinct periods, and then describe how biophysics has shaped our view of SOD1 in relation to the neurodegenerative disease amyotrophic lateral sclerosis (ALS).

A source of copper in blood

The first age of SOD1 discovery began two centuries ago with the work of chemists, such as Christian Friedrich Bucholz, who found copper to be a constituent of plant and animal tissue. Subsequently, in the latter half of the 19th century, came the discovery of zinc in biological materials. The copper and zinc under investigation here comprised several different sources but a portion of it was present as co-factors for what would become known as haemocuprein and later SOD1.

In the late 1920s and 30s, a copper source was identified in the blood that could be freed from its organic component with the addition of hydrochloric or trichloroacetic acids but could not be removed by dialysis except at low pH (Warburg and Krebs, 1927; Locke et al., 1932). Eisler et al. (1936) found that all of the copper in blood serum was bound to protein. In seminal papers, Thaddeus Mann and David Keilin described the purification of a ‘distinctly blue’ protein, which they named haemocuprein, from cow, sheep and horse blood together with the first of many methods for its crystallisation (Mann and Keilin, 1938a, 1938b).
Calculation of its copper content indicated that one 35 kDa SOD1 molecule contained two copper atoms. Subsequent experiments on erythrocuprein purified from human blood refined the molecular mass to 33 kDa and indicated it possessed high thermal stability (Markowitz et al., 1959). Cerebrocuprein and hepatocuprein isolated from brain and liver, respectively, were found to be identical to the protein isolated from blood but no function could be ascribed (Mann and Keilin, 1938; Porter et al., 1957; Carrico and Deutsch, 1969). Variable copper metalation, dependent on source, and the ability to reversibly bind copper led to the hypothesis that erythrocuprein acts as copper storage sink rather than an enzyme (Mohamed and Greenberg, 1954).

Concurrently with the initial characterisation of erythrocuprein, Linus Pauling’s investigation of the implications of quantum mechanics on covalent bonding had predicted the existence of three-electron bonds (Pauling, 1931). This led Edward Neuman to the discovery of the potassium superoxide state of the substance then known as potassium tetroxide. Superoxide was found to be paramagnetic with one unpaired electron (Neuman, 1934). Superoxide anion is the product of univalent reduction of dioxygen. Its primary reaction in aqueous solvents is the spontaneous, second-order dismutation to hydrogen peroxide and water (McClune and Fee, 1976). Understanding of the biological implications of superoxide generation began with biochemical characterisation of xanthine oxidase. Cytochrome c was found to be reduced by xanthine oxidase in the presence of its substrates. The rate of this reaction was increased under aerobic conditions and hypothesised to be mediated by superoxide (Horecker and Heppel, 1949; Rabani and Stein, 1962). Conversely, the reaction of xanthine oxidase with its substrate was shown to catalyse a chain reaction of aerobic auto-oxidation of sulphite via superoxide free radicals (Fridovich and Handler, 1958, 1961). Their observations of superoxide led Joe McCord and Irwin Fridovich to propose a scheme for the dismutation reaction (Fig. 1a) and write, ‘once generated, this radical could be very damaging to the components of the cell by virtue of its high reactivity’ (McCord and Fridovich, 1968).

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\begin{align*}
(a) & \quad 2O_2^- + 2H^+ \rightarrow O_2 + H_2O_2 \\
(b) & \quad O_2^- + Cu^{2+}SOD1 \rightarrow O_2 + Cu^{2+}SOD1 \\
& \quad O_2^- + 2H^+ + Cu^{2+}SOD1 \rightarrow H_2O_2 + Cu^{2+}SOD1
\end{align*}
\]

\textbf{Fig. 1. Dismutation of superoxide anion.} (a) The spontaneous dismutation of superoxide to oxygen and hydrogen peroxide (McCord and Fridovich, 1968). (b) Two steps in the SOD1 catalysed dismutation of superoxide which cyclically reduces then oxidises the copper centre (Klug et al., 1972).

### A cupro-enzyme with dismutase activity

Discovery of erythrocuprein’s activity, and with it the beginning of the second age of SOD1 discovery, was a combination of many years of the rigorous biochemistry described above, and luck. McCord and Fridovich (1968) found that cytochrome c reduction by xanthine oxidase activity could be inhibited by carbonic anhydrase and myoglobin. On the verge of publication, the authors found that inhibition was due to an unknown impurity in both carbonic anhydrase and myoglobin preparations. From that position, the SOD activity of the impurity, erythrocuprein, was proven and the centrality of its copper cofactor in the dismutation reaction (McCord and Fridovich, 1969; Klug et al., 1972) (Fig. 1b). In parallel, SOD1 was discovered to bind zinc in stoichiometric amounts to copper (Carroco and Deutsch, 1970).

### Why does nature use superoxide dismutases?

‘There is a bizarre enzymatic activity universally present in respiring cells. The substrate is an unstable free radical that can be present only in minute amounts at any instant, and the reaction catalyzed proceeds at a rapid rate even in the absence of the enzyme’ (Fridovich, 1975).

When a SOD was first isolated from Escherichia coli, it was found to be pink and contained manganese rather than copper and zinc (Keele et al., 1970). Iron SODs are related to these manganese SODs and another evolutionarily distinct form are the nickel SODs (Smith and Doolittle, 1992; Youn et al., 1996). Copper/zinc superoxide dismutases (CuZnSOD) are found in the cytoplasm, intermembrane space of mitochondria, peroxisomes, nucleus, and the extracellular space of eukaryotes, and the periplasm of some prokaryotes. Manganese SODs are found in eukaryotic mitochondrial matrices as well as the prokaryotic cytoplasm, as are iron SODs. Nickel SODs are also largely prokaryotic. In almost every biological space, there is a SOD enzyme that operates within it. When oxygen is used in metabolism, SOD activity tends to be high and when organisms are exposed to oxygen, but it is not used in metabolism, SOD activity is low or inducible (Tally et al., 1977). The exception which proves this rule is the obligate anaerobes which have very low or non-existent SOD activity (McCord et al., 1971). Thus, enzymatic SOD activity is primarily a response to the presence or use of oxygen (Gerschman et al., 1954) but may have evolved prior to Earth’s great oxidation event, concomitantly with oxygenic photosynthesis. Please see excellent reviews of SOD evolution (Case, 2017) and structure (Perry et al., 2010).

Superoxide is produced by many eukaryotic cellular processes and in different locations. The respiratory electron transport chain (ETC) found in the mitochondrial inner membrane provides the proton-motive force for ATP generation but contains at least 11 sites where electrons can be lost to the surrounding oxygen-rich environment (Wong et al., 2017). Here superoxide is a Janus-faced component of the oxidative-stress-redox signalling equilibrium; it is potentially damaging to any biological molecule, including mitochondrial DNA, while it also acts as a signal-transducer modulating respiration in a negative feed-back loop. Electrons can be shed by the mitochondrial ETC into the matrix where it forms superoxide and is detoxified by manganese SODs. Conversely, the ETC complex III (cytochrome bc1 complex) can shed electrons from its Q_{red} into the intermembrane space (Han et al., 2001; Bleier and Droese, 2013) where it is likely to undergo dismutation catalysed by SOD1. Xanthene oxidase, inducible nitric oxide synthase and NADPH-oxidase enzymes all produce superoxide in various cellular compartments, and as a result, SOD1 is usually found in their environs. An example is peroxisomes, which are voracious oxygen consumers and prolific reactive oxygen species producers, and as a result, they too house SOD1 (Fransen et al., 2012).

### SOD1 structure discovery

#### Metal binding and disulphide bonding

With a function attributed to the previously mysterious erythrocuprein (McCord and Fridovich, 1969), means of purification and enzymatic assay well described, the third age of SOD1
discovery began in earnest with biochemical and biophysical characterisation. Human and bovine SOD1 were each found to be composed of two sub-units of 16 kDa with strong interactions. This indicated that SOD1 is dimeric with high dimer affinity (Keele et al., 1971; Hartz and Deutsch, 1972). Keele et al. (1971) found that disulphide reduction along with dodecyl sulphate denaturation was necessary to form monomeric SOD1. They concluded that a disulphide bond linked the SOD1 subunits. This was subsequently disproved by Hartz and Deutsch (1972), but these experiments form the first understanding of the role of metalation and disulphide state in the stability of SOD1. A SOD1 intra-subunit disulphide was later confirmed in the wheat CuZnSOD orthologue and a similar bond was shown to link bovine SOD1 Cys55 and Cys144 (Cys57 and Cys146 human numbering) (Beauchamp and Fridovich, 1973; Abernethy et al., 1974). Analysing circular dichroism (CD) spectra from metalated, metal-free and disulphide-reduced bovine SOD1, Wood et al. (1971) predicted the proximity of copper and zinc in the SOD1 structure and indicated the presence of one tryptophan per subunit. From electron paramagnetic resonance studies of SOD1 with the spectroscopically silent zinc replaced by cobalt, Rotilio et al. (1974) again demonstrated the proximity of the metal sites but also showed the zinc ion is not solvent exposed.

Wood et al. (1971) showed SOD1 has a β-sheet rich fold that is not significantly perturbed by metal removal. However, metal-free SOD1 is more susceptible to chaotrope-induced unfolding than the metalated form. They also ascertained that the disulphide bond has an impact on SOD1 tertiary structure. Forman and Fridovich (1973) found similar characteristics using enzyme activity and resistance to proteolysis as a measure of stability. With this approach, they gleaned that the zinc ion has a greater impact on stability than activity. The paradigm established here of metal loss and disulphide reduction contributing to SOD1 monomerisation and instability would become increasingly important following linkage with ALS two decades later.

The first crystallographic bovine SOD1 structure

The pursuit of a crystallographic structure of SOD1 ensued shortly after SOD catalytic activity was demonstrated. For the first decade, this work was dominated by Jane and David Richardson at Duke University which yielded the structure of bovine SOD1 and invaluable insight on protein structure as a whole.

X-ray diffraction from SOD1 was first observed from crystals grown in phosphate buffer and 2-methyl-2,4-pentanediol which diffracted to 2 Å resolution using the precession method (Richardson et al., 1972). With the revolution in synchrotron radiation crystallography still a decade away, data from multiple crystals were collected using a Picker 4-circle x-ray diffractometer based on a sealed tube. The structure was solved at 5.5 Å resolution by multiple isomorphous replacements using a combination of heavy atom derivatives soaked for up to 3 months with mercury substituted in the SOD1 zinc site (Thomas et al., 1974). The authors noted a 15 Å diameter hollow passing through the centre of each monomer which they attributed to adoption of an antiparallel β-cylinder structure (Fig. 2a). A year later brought a refinement of this structure to 3 Å resolution and with it tracing the back-bone, assignment of Ca positions and positioning of some side chains (PDB: 1SOD) (Richardson et al., 1975a, 1975b). This joined the list of a dozen or so high-resolution structures at the time that included myoglobin, haemoglobin, lysozyme, ribonucleases A and S, carboxypeptidase, cytochrome c, chymotrypsin and immunoglobulins.

The above research indicated that the SOD1 monomer possesses an eight stranded anti-parallel β-barrel (Fig. 2b), with the hydrophobic inner core, which constitutes roughly half of the protein backbone. The remainder of the structure is found in two loops (Fig. 2c). The ‘external loop’ (loop VII, amino acids 122–144 in the human enzyme and now commonly called the electrostatic loop), which was visible in the 5.5 Å resolution map, had unknown functional significance. A second loop (loop IV, amino acids 49–83, named the zinc loop) provides three coordinating ligands to the zinc ion and is held against the β-barrel by a disulphide bond but also forms part of the dimer interface along with the C-terminus and part of the β-barrel surface. Copper and zinc coordinating amino acids could be defined and the copper site geometry was categorised as distorted square planar with solvent accessibility to the copper ion (Fig. 3). The proposition that both subunits in the SOD1 dimer are conformationally identical was raised along with interface hydrogen bonding (Fig. 3).
Immunoglobulin-like fold
Of particular interest was the similarity between the SOD1 β-barrel structure and other immunoglobulin domains despite sequence and functional diversity. Where SOD1 had disulphide, zinc binding and external loops connecting β-strands, hyper-variable loops could be found in immunoglobulin structures (Richardson et al., 1975a). This led to the deduction of a nomenclature for β-sheet structures, the ‘Greek key’ sobriquet for the β-barrel arrangement typical of SOD1-like proteins, and a series of protein domain structure rules. The latter included conservation of β-structure over sequence, conservation of disulphide connectivity and the potential for insertions and deletions to occur in loops but not within secondary structure elements thus engineering functionality without detriment to stability (Richardson et al., 1976; Richardson, 1977). It was also noted that similar domains may use different interaction surfaces for oligomerisation, a fact now easily observed by comparison of prokaryotic and eukaryotic CuZnSOD dimerisation (Bourne et al., 1996).

Structure refinement and a catalytic mechanism
Working in the Richardssons’ laboratory, Elizabeth Getzoff and John Tainer were subsequently able to extend the limit of usable data to 2 Å and improve the bovine SOD1 model (PDB: 2SOD) with the stereochemistry and non-crystallographic symmetry restrained with Hendrickson-Konnert least-squares refinement (Tainer et al., 1982). This allowed for determination of all non-hydrogen atom positions, placement of a single water molecule 3.2 Å from the copper ion and detailed assessment of hydrogen bonding interactions that hold the β-barrel and loops in place. Following further refinement and charge analysis, it became clear that loops IV and VII create both the active site and the electrostatic forces in and beyond the active site channel that speed diffusion of superoxide towards the positively charged copper, zinc and Arg141 (human Arg143) in the correct orientation to maximise productive interactions (Getzoff et al., 1983). In the active site, superoxide displaces the copper bound water and hydrogen bonds with Arg141 side-chain guanidinium. The unpaired superoxide electron reduces copper (II) and oxygen is released. The bond between copper and His61 (human His63) is broken and the histidine is protonated after which it hydrogen bonds with a second superoxide anion. Arg141 again hydrogen bonds with the substrate. Addition of another proton and bond rearrangement creates hydrogen peroxide and oxidises copper (I) (Tainer et al., 1983). The structure of the fully reduced Cu(I) enzyme showing complete breakage of the Cu-His61 bond came two decades later at 1.15 Å resolution using a powerful synchrotron beam and cryogenically maintained crystals (Hough and Hasnain, 2003).

Recombinant human SOD1 crystallography
Taking advantage of advances in recombinant DNA technology throughout the 1970s, Getzoff and Tainer embarked on the biophysical characterisation of human SOD1. Expressed in Saccharomyces cerevisiae and crystallised with ammonium sulphate and poly-ethylene glycol precipitants, recombinant wild-type human SOD1 was found to form a variety of crystals which diffracted to at least 2.8 Å resolution on a rotating anode x-ray generator setup. Seeding could again be used to stimulate growth and wild-type crystals were used to grow a free sulphydryl knock-out, thermostable mutant (Cys6Ala/Cys111Ser) following mutagenesis of the wild-type expression plasmid (Parge et al., 1986). It was later shown that the removal of these free cysteines promotes refolding after thermal denaturation (Hallewell et al., 1991). This work culminated in the crystal structures of recombinant wild-type and thermal-stable human SOD1 (Parge et al., 1992). Diffraction data were now collected using synchrotron radiation on film at the Stanford Synchrotron Radiation Laboratory or on a Xentronics multi-wire proportional counting area detector; two developments that would revolutionise protein crystallography. Structural work continued from this point with increasing crystallographic resolution allowing ever greater detail to be revealed (Strange et al., 2006) and nuclear magnetic resonance spectroscopy accessing solution states of SOD1 important in its journey from polypeptide to active protein (Banci et al., 1998, 2002, 2006). In our laboratory, we routinely produce crystal structures of SOD1 in a high-throughput fashion. From initial
exposure of a crystal to x-rays through to seeing a 3D model of SOD1 now takes only hours rather than years of painstaking data collection, data reduction and model building. The combination of all of this work has given us an exquisitely detailed picture of SOD1 structure.

**Amyotrophic lateral sclerosis**

ALS is a neurodegenerative disease historically stated as only affecting the upper and lower motor neurons. Neuron death leads to a progressive inability to control the musculature and ultimately death usually within 5 years. We now understand that ALS is a motor system disorder affecting neurons and their support cells and forms a spectrum of clinical characteristics with fronto-temporal lobar degeneration. Schizophrenia and cognitive impairment are also associated with ALS; however, this is rare for SOD1-related ALS. Following the first characterisation by Jean–Martin Charcot in 1869, conjecture on the aetiology of ALS varied between sporadic and familial (Kurland and Mulder, 1955).

**SOD1 and familial ALS**

The existence of SOD1 polymorphisms, prevalent within a specific geographical location and inherited from one generation to the next, that could change the physico-chemical properties of the enzyme was understood long before linkage with ALS was proven (Brewer, 1967; Beckman, 1973; Lepock et al., 1990; Banci et al., 1991). We now know that a portion of ALS incidence, roughly 20%, is attributed to inheritable genetic factors, termed familial ALS (fALS). A concerted effort to discover a chromosomal location associated with ALS came to fruition in 1991 with the discovery of the 21q22.1 locus (Siddique et al., 1991). In 1993, the focus of SOD1 structure-function research shifted considerably with the knowledge that 11 amino acid substitutions in the SOD1 primary sequence were causative for ALS (Rosen et al., 1993). In the following years, many new ALS-related mutations were discovered including the Asp90Ala identity of the polymorphism described by Beckman (1973). In the last decade and a half, SOD1 has been joined by a disparate group of genes which have varying modes of inheritance and degrees of ALS penetrance. Thus, ALS is a genetically heterogeneous disease. The year 1993 marked the beginning of the fourth age of SOD1. Here biophysics would play a fundamental role in our understanding of the transformation which turns this normally cyto-protective enzyme into a neurotoxin.

**Biophysical experiments establish the nature of mutant SOD1**

Prior to linkage with ALS, Parge et al. (1986) conjectured on the possibility that β-barrel and dimer interface mutations would affect SOD1 stability. Months after linkage with SOD1, a working hypothesis for toxicity was devised by mapping ALS mutations on the crystal structure of wild-type SOD1. Deng et al. (1993) then proposed that mutations to amino acids and conformations conserved in human, yeast and bovine SOD1 structures would destabilise β-barrel, dimer interface and loops. This hypothesis later became known as frame-work destabilisation (DiDonato et al., 2003). Over the coming years, SOD1 cytoplasmic inclusions were found in the motor neurons and associated cells of post-mortem mutant SOD1 transgenic mice and human ALS patient tissues (Kato et al., 1996; Shibata et al., 1996a; Bruijn et al., 1997, 1998). These observations were linked to framework destabilisation by *in vitro* biophysics experimentation which characterised SOD1 thermal instability (Rodriguez et al., 2002; Tiwari and Hayward, 2005), unfolding propensity (Cardoso et al., 2002; Lindberg et al., 2002; DiDonato et al., 2003), dimer destabilisation (Hough et al., 2004) and formation of high molecular mass soluble and insoluble structures (DiDonato et al., 2003; Elam et al., 2003a; Ray et al., 2004). A consistent theme is the effect of SOD1 disulphide reduction and the inability to correctly bind copper and zinc on toxic properties. The structure of metal-deficient SOD1 shows loop disorder and exposure of the β-barrel (Strange et al., 2003). In vivo, metal-free, disulphide-reduced SOD1 is over-represented within SOD1 aggregates indicating a defective post-translational modification (PTM) pathway (Jonsson et al., 2006a; Karch et al., 2009; Bourassa et al., 2014). This brings the story of the pathogenesis of SOD1-related ALS back to the first experiments on the newly named SOD1 in the 1970s which showed that the presence of metal cofactors and the intra-subunit disulphide bond were prerequisites for stability and activity.

**The pathogenesis of SOD1-related ALS**

**SOD1 mutations**

There are more than 180 SOD1 polymorphisms associated with ALS, the majority of which are collated in the ALSoD database (Abel et al., 2012). Most are single amino acid substitutions, but truncations and frame-shift mutations that lead to truncations can also be found (Fig. 4a). The most common SOD1 polymorphisms are Ala4Val (Deng et al., 1993), predominantly found in North America, and Asp90Ala (Andersen et al., 1995) which is found in 5% of the Scandinavian population (Andersen et al., 1996). These two polymorphisms reflect the diversity of SOD1 ALS mutations. They are found in different exons in the SOD1 gene (1 and 4, respectively) which code for amino acids with different properties in different parts of the SOD1 protein with different secondary structure. Ala4Val causes ALS with early onset and very short duration (Rosen et al., 1994) whereas Asp90Ala leads to long survival times post presentation (Andersen et al., 1996).

Much effort relating genotype, molecular characteristics and disease phenotype has yielded proposed relationships between SOD1 thermal stability, half-life, aggregation, $K_a$ for hydrogen peroxide, hydrogen bond stability and free energy of wild-type/mutant heterodimerisation with disease course (Yim et al., 1997; Sato et al., 2005, 2005; Wang et al., 2008; Prudencio et al., 2009; Shi et al., 2016). However, the small numbers of people which are known to have carried most SOD1 polymorphisms, which in some cases may be as low as one individual, and the wide distribution of longevities following the onset of symptoms significantly hamper the power of these investigations. Other predisposition genes, epigenetic and environmental factors are additionally all likely to contribute to the phenotype which eventually leads to symptom onset further complicating this task of unpicking causality in SOD1 ALS.

**SOD1-ALS inheritance and penetrance**

The majority of SOD1 mutations cause ALS in an autosomal dominantly inherited fashion. In the heterozygous state, Ala4Val SOD1 phenotypic penetrance is high. At age 70, 91% of Ala4Val allele-positive individuals will have developed ALS (Cudkowicz et al., 1997) but examples do exist of Ala4Val carriers who remain symptom free (Weiss et al., 2006). By contrast,
Asp90Ala SOD1 generally results in recessively inherited ALS but has also been described as dominantly inherited with reduced penetrance in genetically distinct families (Andersen et al., 1995; Robberecht et al., 1996). There are several other examples of ALS mutant SOD1 homozygosity including a 13-year-old who had two copies of the Asn86Ser allele and died only 3.5 months after presentation. Heterozygotes with the same mutation have been noted to be asymptomatic or present with typical mutant SOD1 phenotype (Hayward et al., 1998; Millecamps et al., 2010). Individuals have also been found homozygous for a Leu126Ser substitution and a ΔGly27/Pro28 exon 2 splicing-site variant (Kato et al., 2001; Zinman et al., 2009). A further example describes three compound heterozygous Asp90Ala/Asp96Asn individuals who presented with early-onset ALS but very long disease duration (Hand et al., 2001). These cases are indicative that a necessary load of toxic SOD1 species must be met before cell death ensues. As ever though SOD1 provides an enigmatic outlier; a homozygous Leu84Phe 48-year-old individual remained asymptomatic while an unrelated heterozygous individual presented with ALS at age 45 (Boukaftane et al., 1998).

The Ile113Thr substitution is one of the most common ALS SOD1 mutations but the resulting phenotype can appear as sporadic ALS due to reduced penetrance (Rosen et al., 1993; Suthers et al., 1994). This high phenotypic variability also includes variable disease onset and duration (Orrell et al., 1999; Lopate et al., 2010). These characteristics are in stark contrast to Ala4Val SOD-related ALS despite the proximity of the two mutations; Ala4 and Ile113 side-chains are separated by only 3.7 Å when the protein is folded and mature. Other mutations have been noted to yield ALS with incomplete penetrance including Gly61Arg (Conforti et al., 2011), and Leu67Pro (del Grande et al., 2011) however, in the absence of detailed immunohistochemistry, it is difficult to ascertain if these are truly ALS-causing SOD1 mutations or harmless polymorphisms co-incident with sporadic or low penetrance non-SOD1 fALS as has been noted for Asp90Ala and Glu100Lys families (Felbecker et al., 2010). Indeed, SOD1 polymorphisms Ser25Thr, Ser25Asn, Ser25Asp, Ser34Ile, His46Tyr, Glu49Val, Phe50Cys, Ser68Phe, Asp92Gly, Ile113Met, Thr135Ile, Arg143Gly and Ala152Thr are known to exist in the wider population but, to date, are not associated with ALS in any way (Lek et al., 2016). This is despite several occupying positions where other substitutions do cause ALS (His46Arg and Ile113Thr, e.g.) and several non-conservative substitutions at functionally important sites (Arg143 in the copper active site (Getzoff et al., 1983) and Phe50 in the dimerisation region (Banci et al., 1995)). Furthermore, several SOD1 polymorphisms linked to ALS have a disputed role in disease pathogenesis including Asn19Ser, Glu21Lys, Thr54Arg, Leu67Arg, Val148Ile, Asp90Ala, Glu100Lys, Asp96Asn and Asp96Val (Mayeux et al., 2003; Andersen et al., 2004; Felbecker et al., 2010; Fujisawa et al., 2015). Thus, not all SOD1 mutants cause ALS and those that do may do so irregularly. Felbecker et al. (2010) quantified this effect and estimated that only one-third of known SOD1 polymorphisms are actually pathogenic.

**SOD1 mutations within the primary and tertiary structure**

Eukaryotic CuZnSOD sequence conservation is high in functional parts of the molecule including interface, metal binding, β-barrel core and disulphide regions, while β-strands 2, 3 and 6 on the
opposing face of the β-barrel are divergent (Fig. 4b, c). Highly conserved SOD1 residues are more likely to have associated ALS mutations while poorly conserved residues are much less likely to harbour ALS mutations (Fig. 4d). Fifty-seven human SOD1 amino acids are not associated with any polymorphism, and while they are found sparsely throughout the primary sequence, they cluster in the β-strand 2–3 region and the zinc-binding loop. The zinc loop and disulphide sub-loop substructure within, overlaps with a region of very high sequence conservation extending through amino acids 43–86. This indicates that substitutions in the zinc loop have been sufficiently disadvantageous to be selected against over the whole course of eukaryotic evolution and recent human history. Conversely, β-strand 2–3 along with structurally adjacent β-strand 6 is an area of high sequence divergence. This non-functional side of the SOD1 β-barrel underwent change during early primate evolution that has been conserved in the Hominidae. The absence of ALS mutations in this region may reflect strong recent selection to inhibit SOD1 aggregation as is the case for other characteristics such as charge and thermostability (Dasmeh and Kepp, 2017) or indicate that substitutions are tolerated. The lack of sequence conservation and the existence of three non-ALS polymorphisms seems to support the latter. We predict that non-ALS allelic variation will be found to be high in this non-functional area of the SOD1 β-barrel as more sequence data become available.

Some SOD1 amino acids are more frequently mutated than others. For example, mutation of 4/4 cysteines but only 1/9 lysine sites is known to be causative for ALS. Glycine is the most common amino acid within the SOD1 sequence (16.2%). Of the 25 glycine residues within SOD1, 15 of those sites (60%) can harbour ALS mutations with a total of 29 different mutations. Gly93 for example, can be found mutated to serine, valine, alanine, cysteine, arginine and aspartic acid. Life expectancy following the onset of disease symptoms occupies a spectrum from 2 to 10 years which appears specific to each Gly93 substitution and also dictates the biophysical properties of the protein (Cudkowicz et al., 1997; Pratt et al., 2014).

**Loss or gain of function?**

SOD1 is abundant within motor neurons (Pardo et al., 1995); however, reduced SOD activity of roughly 50% was quickly discovered following linkage between ALS and SOD1 (Bowling et al., 1993; Deng et al., 1993). This led investigators to suspect that SOD1-ALS was a loss of function disease. The resulting accumulation of superoxide radical, oxidative damage and mitochondrial pathology provided a logical route from SOD1 mutations to neuronal death (Bowling et al., 1993). Progressing from this work, inhibition of SOD1 by metal chelation or antisense knock-down reduced the abundance of SOD1 protein along with SOD and choline acetyltransferase activities. The resulting oxidative stress, leading to apoptotic cell death, could be repressed with antioxidants (Rothstein et al., 1994; Troy and Shelanski, 1994). However, the location of ALS mutations on the SOD1 structure ruled out a direct effect on catalysis (Deng et al., 1993). Investigating how ALS mutations reduce SOD1 activity, Borchelt et al. (1994) concluded that a range of specific activities could be found for a variety of SOD1 mutants from zero up to 150% of wild-type for Gly85Arg and Gly37Arg, respectively. However, overall Gly37Arg SOD1 activity and stability were reduced in lymphoblasts from an fALS individual. This correlated with the reduction of SOD1 polypeptide half-life in a cell model with Ala4Val and Gly85Arg having the shortest at 7.5 h as opposed to wild-type at roughly 30 h. The first biophysical characterisation of disease-relevant mutations on purified protein was performed by mapping human ALS substitutions onto S. Cerevisiae Cu/ZnSOD (Nishida et al., 1994). On addition of copper and zinc to the metal-free protein, Gly85Arg was found to have 40% of wild-type activity while Gly93Ala had 80%. The latter could restore insensitivity to oxidative stress in SOD1 knock-out yeast. These results were the first indications that SOD1-ALS does not proceed by a loss of function mechanism.

A small proportion of dominantly inherited diseases are caused by haploinsufficiency; however, diseases with protein loss of function are usually inherited recessively. This led to questioning of the validity of the loss of function hypothesis. A dominant negative mechanism, where the mutant protein affects the functionality of the wild-type, formed the basis of a second hypothesis and, to this end, Gly37Arg SOD1 was shown to heterodimerise with wild-type (Borchelt et al., 1994). However, Borchelt et al. (1995) found that co-expression of Gly41Asp and Gly85Arg SOD1 mutants with wild-type did not affect the activity or half-life of the wild-type form. Furthermore, high-level transgenic expression of Gly93Ala human SOD1 in mice led to an ALS-like phenotype at 3–4 months old whereas lower expression did not (Gurney et al., 1994). This forms a parallel with the notion that high expression of SOD1 in spinal motor neurons predisposes them to mutant SOD1-mediated cell death (Pardo et al., 1995), and SOD1 mutants induce apoptosis in neuronal culture where as the wild-type protein does not (Rabizadeh et al., 1995). Borchelt et al. (1995) concluded that it is unlikely that a partial loss of free radical scavenging activity underlies motor neuron disease in fALS and the dominant character of SOD1-linked fALS is due to a gain of some injurious property of mutant SOD1 subunits'. Indeed, complete knock-out of SOD1 does not cause ALS-like symptoms (Reaume et al., 1996).

More recently, reduced expression resulting from a 50 bp deletion in the SOD1 promotor region was shown not to cause ALS in humans but also does not change the ALS phenotype in people harbouring mutant SOD1 (Ingre et al., 2013). The possible implications of SOD1 loss of enzymatic activity in ALS have been excellently reviewed by Saccon et al. (2013) and will not be described further.

**Aggregation, a toxic gain of function**

While this work was ongoing, SOD1 was found to be a component of cytoplasmic hyaline inclusions and Lewy bodies in the spinal cord of SOD1 fALS patients (Shibata et al., 1993, 1996a). Brujin et al. (1997) were then able to demonstrate the formation of these aggregates in Gly85Arg SOD1 transgenic mice that express the mutant protein at a level comparable with native mouse SOD1 but which contributes little to cellular SOD activity. The human mutant SOD1 increased in abundance as the mice aged as opposed to the native mouse form which remained static. They found astrocytic SOD1 Lewy-like bodies prior to ALS-like symptom onset and they increased in number as the disease progressed. Within motor neurons, very few indistinct SOD1 aggregates were observed before symptoms which progressed to Lewy-like bodies and irregular inclusions concomitantly with the disease. This combined evidence from mice and humans of abnormal mutant SOD1 aggregation provided a putative gain of toxic function to complement dominant SOD1-related fALS.
Inheritance. A detailed description of SOD1 aggregates will follow but first we look at how ALS mutations affect the SOD1 structure.

Mutant SOD1 structure and phenotype

Of the 11 ALS SOD1 substitution mutations initially discovered by Rosen et al. (1993), six have been described by crystal structures. The complete library of crystallographic and NMR structures of SOD1 now comprises wild-type in various maturation states and mutants from all broad groups including dimer interface, β-barrel, metal-binding and loop regions. Mutants are found in metalation states dependent on mutant characteristics, expression platform, post-purification processing and crystallisation conditions. In some cases, mutant structures are very similar to the wild-type but often the destabilising nature of the resulting structural change is underestimated. The singular finding from this painstaking biophysical characterisation is that all ALS mutations frustrate molecular packing and reduce the likelihood that SOD1 will populate the canonical mature state. There is no single mechanism by which this destabilisation occurs, indeed every conceivable destabilisation strategy is represented; hydrogen bonds are weakened or broken, hydrophobic interactions are negated and salt-bridges removed. Most frequently however, the attractive and repulsive Van der Waals interactions which support the SOD1 structure are disturbed and new repulsive clashes are introduced. What follows is a dissection of the destabilising effects found in SOD1 ALS amino acid substitution mutants available in the Protein Data Bank (PDB) with correlation drawn to phenotypic data (Fig. 5). Where noted, mutations have been introduced into the thermostable SOD1 background (Cys6Ala/Cys111Ser) described by Parge et al. (1986).

Gly37Arg

The first structure of a mutant protein related to ALS as a whole was the crystallographic structure of Gly37Arg SOD1 (PDB: 1AZV) (Hart et al., 1998). This mutation is found in loop III, adjacent to the Leu38 β-barrel plug and is conserved in 96% of eukaryotic CuZnSODs. The structure represents mature SOD1 with both metal ions and intra-subunit disulphide. The authors observed asymmetry in copper site geometry and subunit B-factors. As with many ALS-related SOD1 mutant structures, the structural effect of the mutation is subtle. Comparison of wild-type and Gly37Arg SOD1 reveals a steric clash between the Arg37 and loop I Pro13 (Fig. 6). In the wild-type form, the closest distance between these two residues, Gly37 Ca and Pro13 carboxyl oxygen, is 3.8 Å. However, substitution for arginine would reduce this nearest contact between Cβ and Cγ side-chain atoms to 2.3 Å. This is well within the 3.2 Å sum of Van der Waals radii for carbon and oxygen atoms and would be energetically unfavourable. As a result, the backbone of loops I and III distort to accommodate the 3.3 Å separation found in the crystal structure. The Arg37 side-chain has comparatively high B-factors with the exception of the Cβ atom. While the side-chain is conformationally dynamic, the Cβ position is dictated by the position of loop III. Therefore, any mutation of Gly37, which by necessity incorporates an additional Cβ atom, will lead to SOD1 structural frustration and ALS. The reported Gly37Val cases led to a 14-month and 4.6-year disease progression (Kobayashi et al., 2012; Bali et al., 2017) in contrast to 16.5 years mean for Gly37Arg (Cudkowicz et al., 1997; Bali et al., 2017), possibly due to the increased repulsion presented by two conformationally restricted carbon atoms positioned between loops II and III rather than one.

Ala4Val

Crystallographic characterisation of Ala4Val mutant SOD1, the most frequently occurring ALS SOD1 mutation (Cudkowicz et al., 1997; Wang et al., 2008; Bali et al., 2017), also indicated conservation of fold, metalation and disulphide bond but rearrangement around the mutation site situated close to the dimer interface. The valine side-chain is clearly defined by electron density in thermostable (PDB: 1N19) (Cardoso et al., 2002) and wild-type (PDB: 1UXM) (Hough et al., 2004) backgrounds as it is in the metal-free (PDB: 3GZQ) (Galaldeeen et al., 2009) structure. This indicates it is conformationally restricted. Introducing two additional carbon atoms inside the tightly packed hydrophobic core of the β-barrel pushes surrounding Phe20, Leu106, Ile113, Ile149 and Ile151 away from the mutation site (Cardoso et al., 2002) (Fig. 6). These permutations change inter-monomer orientation (Hough et al., 2004). Mean interface Gly51-Ile151 and Ile151-Gly114 hydrogen bonding distances are decreased 2.04 to

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**Fig. 5.** The location of commonly studied ALS mutants within the SOD1 dimer structure. Shown are those mutants that have been described in crystal structures and have phenotypic data available from more than two cases (Wang et al., 2008).
1.99 and 1.93 to 1.87 Å (calculated as acceptor–hydrogen distance or 2.78 to 2.75 and 2.87 to 2.83 Å calculated as acceptor–donor distance) with concomitant changes to bond angles $+1.7$ and $−1.4^\circ$. Thus, on average, the Ile151-Gly114 hydrogen bond appears strengthened by the mutation. However, the variability of Ile151-Gly115 hydrogen bond distances and angles observed in Ala4Val SOD1 structures is far higher than those in wild-type structures; standard deviation $0.02–0.14$ Å and $1.9–4.5^\circ$. This describes a frustrated molecule which is not able to settle into the tightly packed and stable structure occupied by wild-type SOD1. Alanine is found at this position in 88% of eukaryotic CuZnSODs; however, five other ALS-related mutations are found at codon 4, Ala4Ser, Ala4Thr, Ala4Pro, Ala4Asp (Naruse et al., 2013) and Ala4Phe (BaeK et al., 2011). Each increases the number of side-chain atoms within the core of the SOD1 $\beta$-barrel. While these mutations cause variable onset of ALS, the disease course is invariably short, 7 months to 2 years, as a result.

**Gly93Ala**

Gly93 is found in loop V where it is distant from metal binding, disulphide and dimer interface regions but is conserved in 90% of eukaryotic CuZnSODs. Six different SOD1 codon 93 mutations are known to cause ALS: Gly93Ala, Gly93Cys, Gly93Ser, Gly93Val, Gly93Asp and Gly93Arg with very similar mean age at onset (47.8 years) but high variance ($±14.8$ years) and mutant-specific duration variability (Gly93Ala 2.2 ± 1.5 years, Gly93Cys 10.1 ± 6.1 years and Gly93Asp 10.5 ± 5.5 years) (Cudkowicz et al., 1997). Comparison of metalated Gly93Ala SOD1 (PDB: 3GZP, 3GZO, 2WKO) with wild-type SOD1 shows that introduction of the alanine $C_\beta$ would cause a steric clash with the loop III Leu38 carbonyl (2.7 ± 0.1 Å). To mitigate this effect, the Leu38 peptide bond rotates towards the SOD1 core increasing this distance to 3.1 ± 0.1 Å. In addition, the peptide bonds of residues 92 and 93 rotate moving their carbonyls away from the core and shifting the overall position of loop V away from Leu38 in the loop III (Galaleldeen et al., 2009) (Fig. 6).

**Leu38Val**

Leu38 caps one end the $\beta$-barrel with its side-chain inserted into the hydrophobic core. This arrangement creates stabilising Van der Walls interactions with Val14, Ile35, His43, Ala89, Ala95, Val119 and Leu144. It is conserved in 84% of eukaryotic CuZnSODs. The atomic resolution crystal structure of Leu38Val SOD1 (PDB: 2WYT) shows interactions with Ile35, Ala95,
Val119 are lengthened by substitution for valine, and without rearrangement to accommodate the substitution, clashes would be created between Val38, His43, Ala89 side chains and Gly93 carbonyl (Antonyuk et al., 2010). A favourable rotamer is selected to minimise clashes with His43; however, the backbone must distort slightly due to repulsion between the Val38 and Ala89 side-chains. In turn, this pushes Val44 away from the site of mutation (Fig. 6). The overall effect of Leu38Val is therefore to reduce structural cohesion within the core of the SOD1 β-barrel. In 10% of eukaryotic CuZnSODs, an aspartic acid substitutes for leucine underlining the importance of maintaining packing through Van der Waals interactions in the core of the molecule.

The Leu38Arg mutation is also associated with ALS. Here, the extra side-chain length must create highly destabilising clashes with the amino acids which normally form stabilising interactions with Leu38. Phenotypic data for Leu38Arg are sparse but show typical disease onset and progression (Millecamps et al., 2010) while Leu38Val yields early-onset ALS with a very short disease course. These effects are comparable with mutation of Leu106 which caps the opposite end of the SOD1 β-barrel and forms hydrophobic Van der Waals interactions with Ala4, Phe20, Glu22, Ile112 and Ile113. Many of these interactions would be weakened or become repulsive on mutation to valine. Like Leu38Val, Leu104Val gives rise to ALS with early onset and short duration (Cudkowicz et al., 1997). Leu106Phe increases the side-chain mass inside the SOD1 core like Leu38Arg, likely creating clashes with Phe20 and Val29. This causes a disease with typical age at onset but faster than usual progression (Battistini et al., 2010).

Gly85Arg

Structural perturbations arising from substituting arginine for Gly85 are more pronounced in comparison with those described above. Within the SOD1 monomers found in seven available crystal structures (PDB: 2VR6, 2VR7, 2VR8, 2ZWK, 2ZXX, 3CQP, 3CQQ), the mutation site adopts two different backbone conformations. Eleven of 18 are found in a wild-type conformation with the arginine side-chain extending perpendicularly from β-strand 5 and clashing with zinc loop Pro74. Alternatively, seven of 18 monomers show a 180° rotation around the Asn86 Cα-C ψ bond, which is accommodated by a further rotation around the Asn86 N-Cα φ bond, and the arginine side-chain extends towards β-strand 6. In the latter case, zinc loop Pro74 is pushed away from the mutation site slightly changing the position of the upper zinc loop. In the former case, the steric clash between arginine and Pro74 is too severe to mitigate with a similar small shift and Pro74 rotates almost 90° (Fig. 6). This disrupts hydrogen bonding between Pro74 and Arg79, and destabilises or reorients the upper zinc-binding and electrostatic loops with knock-on effects on metal binding (Cao et al., 2008). A Gly85Ser substitution has also been observed with early onset and fast disease progression (Takazawa et al., 2010).

Ile113Thr

Ile113Thr is the second most common SOD1 ALS mutation (Bali et al., 2017). Ile113 residues interact across the SOD1 dimer interface; Van der Waals interactions are present between the Ile113 side chain, the opposing Ile13 carbonyl oxygen and also Gly114 Cα. These inter-molecular interactions are lengthened by the Ile113Thr substitution (PDB: 1UXL) (Fig. 6). In addition, new repulsive interactions are created with Ile151 side-chain and Cys111 sulphydryl. While there are no changes to interface hydrogen bonding in the crystal structure of Ile113Thr, the noted effects on interactions with Ile151 and Gly114 may affect the strength of these bonds in solution when higher energy states are accessible. As a result of the substitution, Cys111 adopts two side-chain rotamers and a new loop VI conformation, which extends up to Leu106, is stabilised in 30% of monomers. As noted by Hough et al. (2004), a hydrophobic contact with Ala4 is also lost leading to destabilisation compared to wild-type. These structural changes resulting from the mutation are subtle, and while Ile113 is conserved in 58% of eukaryotic CuZnSODs, it is often replaced by valine or leucine indicating a tolerance of these conservative substitutions. This is reflected in late disease onset, longer than average disease course and incomplete penetrance (Suthers et al., 1994; Cudkowicz et al., 1997).

Ile149Thr

The Ile149 side-chain CαI has Van der Waals interactions with Val47, Ile112, Val148 and Leu17. The structure of Ile149Thr in a thermostable background (PDB: 4OH2) shows space is created in the core of the molecule on mutation to threonine and these hydrophobic interactions are lost. Ile112 relaxes into the newly available space as does the Arg115 peptide bond carbonyl which rotates, possibly weakening the hydrogen bond with Arg115 which links β-strands 7 and 8 (Fig. 6). Ile113 and Ile149 are foundation residues, they serve only structural purposes, there are no serious repulsive clashes generated by the conservative mutations described but a vacuum is created in the molecule which undermines structural cohesion.

His43Arg

His43 is found on β-strand 4 and forms strong hydrogen bonds with Thr39 in loop III and the copper coordinating ligand His120 in loop VII, the electrostatic loop. Held in this position, His43 provides support to Leu38 through Van der Waals interactions. The crystal structure of His43Arg, in a thermostable background (PDB: 1PTZ), shows the arginine maintaining hydrogen bonding with Thr39 and making a further hydrogen bond with Glu40 through its side-chain guanidinium group but loses the interaction with His120. To avoid a major steric clash with loop III, the Arg43 side-chain adopts a rotamer shifted away from Leu38 (Fig. 6). This reduces buried packing surface between the two residues fivefold and removes many of the Van der Waals interactions provided by His43 (DiDonato et al., 2003).

His46Arg

His46 coordinates copper in the SOD1 active site and as a result is ubiquitously conserved across eukaryotic CuZnSODs. Large tertiary structure defects arising from His46Arg mutation are clear in crystallo (PDB: 1OZT and 1OEZ); in both metal-free and zinc-bound states, the electrostatic and zinc-binding loops are destabilised which enables non-native loop and β-barrel interactions between neighbouring molecules (Elam et al., 2003a). This results from: (1) Lost His71-zinc coordination, changing both geometry, position and very likely affinity for zinc. (2) Clashes with copper and zinc coordinating His63 pushing it away from the site of mutation with similar effects. (3) Clashes with electrostatic loop Asp124, Thr137 and Ala140 (Fig. 6). His46Arg SOD1-related
ALS presents at the typical age for SOD1 ALS but has a very long disease course which can last more than 20 years (Aoki et al., 1993; Bali et al., 2017). Please see ‘Structural instability’ for a discussion of the relationship between His46Arg stability and phenotype.

**Ser134Asn, Asp125His, Asp124Val and His80Arg**

The electrostatic loop mutation Ser134Asn has much the same effect on SOD1 as His46Arg despite the very different location (Elam et al., 2003a). While the Asn134 residue itself cannot be seen in the crystal structure (1OZU) due to disorder in the electrostatic loop, the reasons are clear; severe clashes with loop residues 125, 127–131 which prevent adoption of the canonical helical structure. Ser134 mutation to asparagine prevents adequate metal binding leading to hydrophobicity, abnormal intermolecular contacts and aggregation (Hayward et al., 2002; Elam et al., 2003a; Banci et al., 2005; Marucci et al., 2007). Counterintuitively however, the Ser134Asn phenotype is not aggressive despite the above molecular characteristics. Two heterozygous individuals developed late-onset ALS (63 and 52 years old) with variable progression (9 months and at least 2 years) while another heterozygous individual had no symptoms at 70 years old (Watanabe et al., 1997; Marucci et al., 2007). A fourth individual, who had trisomy 21 Down’s syndrome and two copies of the Ser134Asn SOD1 allele, developed ALS at 34 years of age which progressed over 3 years (Marucci et al., 2007) and is reminiscent of the gene dosage effect observed in homozygous Asp90Ala ALS patients.

The crystal structure of Asp125His (PDB: 1P1V) (Elam et al., 2003b) shows very similar destabilisation of the electrostatic loop between amino acids 129 and 135 as described for Ser134Asn. This is due to steric clashes with Gly126, Ser134 and Asn139 that prevent folding of the electrostatic loop helix. The clash with Ser134 causes the mutated His125 to flip rotamer and project into the solvent in two of three cases. In addition, a hydrogen bond which links Gly127 and the Asp125 side-chain is broken. Individuals with this mutation died of ALS at age 57 and 71, the latter following a 20-month disease duration (Enayat et al., 1995).

Asp124Val also causes destabilisation of electrostatic loop residues 124–139 and upper zinc loop amino acids 66–79. The crystal structure of this mutant (PDB: 3H2P) shows the bonding network which links copper coordinating His46 through Asp124 to zinc coordinating His71 is lost on mutation to valine (Seetharaman et al., 2010). This removes a vital stabilising link between the β-barrel core, disulphide sub-loop and electrostatic loop. Metal binding is consequently compromised.

His80Arg is the only verified de novo SOD1 mutation known to have caused ALS. Crystal structures of His80Arg SOD1 (PDB: 3QQD and 3H2Q) show destabilisation of the upper zinc and electrostatic loops due to complete loss of the zinc site and severe steric clashes with both His71 and Lys136 (Seetharaman et al., 2010). His80Arg has been found in only one person who presented with ALS symptoms at 24 years of age and died 18 months later (Alexander et al., 2002). This early disease onset would reduce the propagation of this mutation through future generations and illustrates that the majority of SOD1 mutations have been able to persist because they generally cause disease after the reproductive period of human life.

His46, His80, Ser134, Asp125 and Asp124 are ubiquitous across eukaryotic CuZnSODs. With the exception of His80, mutation of these residues gives rise to forms of ALS where the disease presents late in life or with a protracted disease course. These mutations, to very highly conserved amino acids, often scramble or completely prevent important metal binding and manifest as phenotypically less severe than Leu38 and Leu106 mutant ALS. Mutations outside of the β-barrel core and dimerisation regions appear better tolerated by some molecular or cellular mechanism.

**SOD1 maturation and ALS mutants**

Following ribosomal translation, the progression from nascent and unfolded protein to the active and mature enzyme is crucially important in the production of SOD1. This post-translational maturation pathway includes folding, metal binding, intrasubunit disulphide formation and dimerisation. Appraisal of the mutant SOD1 crystal structures described above in conjunction with a wealth of biophysical, biochemical and cell biology research reveals common themes of structural instability, incomplete or aberrant metalation, disulphide reduction, dimerisation defects and propensity to exist in an unfolded state. Below we review the post-translational processes in the sequence they are likely to occur within cells and highlight how the different steps can be affected by ALS mutations paying particular attention to those SOD1 mutants which do not fit overall trends.

**Folding**

SOD1 folding can happen spontaneously or aided by the human copper chaperone for SOD1 (hCCS), but does not require ATP-dependent chaperones (Bruns and Kopito, 2007; Luchinat et al., 2017). By analysing protease K-catalysed degradation following SOD1 translation, Bruns and Kopito (2007) showed that copper binding has no effect on folding. Conversely, removal of zinc from the folding environment prevents transformation into a highly protease-resistant form but not a moderately resistant intermediate. This is indicative of a two-step folding mechanism that comprises sequential zinc-independent β-barrel formation and zinc-dependent loop ordering. Analogously, using chaotropic unfolding, Lindberg et al. (2004, 2005) described a two-step folding mechanism for metal-free SOD1 with the denatured monomer folding independently through a transition state prior to a dimerisation event. Monomer folding is slow when compared to other two state proteins but in as expected for highly β-structure-rich proteins (Kayatekin et al., 2012). Folding is the rate-limiting step and subsequent dimerisation is limited only by diffusion. Different SOD1 mutations perturb either one or both of the steps in this process and drive the protein towards immature states (Lindberg et al., 2005).

Folding in the presence of zinc is faster than for the metal-free SOD1; however, the low affinity of the nascent protein for zinc may mean folding occurs slowly through metal-free species and zinc is bound later (Kayatekin et al., 2008). Metal-free SOD1 monomer folding is nucleated by hydrophobic side-chain interactions within the core of the β-barrel on β-strands 1, 2, 3, 4 and 7 (Nordlund and Oliveberg, 2006) (Fig. 7). This folding nucleus operates independent of loop structures and metal binding with the enthalpic barrier to monomer folding related to the dehydration of these hydrophobic core residues (Kayatekin et al., 2012; Yang et al., 2018). The primary sequence distance between β-strands 4 and 7 (70 residues) offers a rationale for the relatively slow folding of β-rich SOD1 and the susceptibility for aggregation. The retention of N-terminal β-strands in the core of SOD1 aggregate structures could also be a facet of their swift assembly.

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following translation while other strands involved in the transition state structure leave the ribosome much later.

**Metal binding**

SOD1 is thought to acquire free zinc from its surroundings while copper is acquired from hCCS or an hCCS-independent route (Subramaniam et al., 2002; Carroll et al., 2004). Zinc binding may occur in the free monomer state, or following chaperone-assisted folding when complexed with hCCS (Potter et al., 2007; Kayatekin et al., 2008; Leinartaite et al., 2010; Banci et al., 2013; Boyd et al., 2018). The canonical β-barrel fold of mature wild-type SOD1 is retained on the removal of metal cofactors under test-tube conditions (Wood et al., 1971). In the metal-free state, the electrostatic and zinc loops have a high degree of disorder; however, lack of copper metalation does not significantly change the loop structure (Strange et al., 2003; Sekhar et al., 2015). The stabilising effect of zinc was discovered by Forman and Fridovich (1973), and our understanding of loop ordering on zinc binding reinforces that notion. However, zinc also positions the redox potential of the copper ion to enable catalytic cycling between Cu(I) and Cu(II) states (Nedd et al., 2014). Furthermore, characterisation of Candida albicans SOD5 superoxide dismutase showed this enzyme has an intact copper site but ALS-like mutations to zinc site His71 and His80 (human numbering) which prevent zinc binding (Gleason et al., 2014).

As a result, C. albicans SOD5 has reduced copper affinity compared with other CuZnSODs (Robinett et al., 2018). SOD5 is an extracellular enzyme which likely gains its metal cofactor through release of copper during host oxidative burst. Conversely, intracellular CuZnSODs, including human SOD1, must compete for copper with the high chelation capacity of the cellular interior making zinc binding a necessity. Thus, zinc binding serves roles in folding, stability, copper acquisition and catalysis.

The absence of free copper salts in biological systems was posited by Mann and Keilin (1938a) at the outset of SOD1 research. The intracellular chelation capacity of yeast, for example, means that of the estimated 390,000 copper atoms present in the cell, less than one ion exists free in solution (Rae et al., 1999). To service demand for the SOD1 copper cofactor, a relay system is necessary in order to prevent intra-cellular metal scavengers from limiting supply. Proteins responsible for the cellular trafficking of metals are termed metallochaperones and act primarily as sequestration and transport devices. Metallochaperones assist in the prevention of incorrect metal ion coordination resulting from the preference of metal binding proteins to coordinating metals at the high end of the Irving–Williams series. Sequestration also mitigates the hazard of reactive metals in solution, the case in point being free radical production by copper through redox chemistry.

**Identification, structure and function of hCCS**

The discovery of HAH1 and COX17 copper chaperones for the copper transporting P-type ATPases and cytochrome c oxidase, respectively, spurred the search for a protein that activated SOD1 with copper. Culotta et al. (1997) discovered the copper chaperone for SOD1 (CCS) through the similarity of SOD1 and LYS7 yeast knock-out strains’ oxygen-dependent inability to synthesise lysine and methionine. hCCS was discovered by EST sequence comparison with LYS7 and found to be expressed in all human cell types. Within the central nervous system, hCCS was found to be relatively abundant within motor neurons, deep cerebellar neurons and cortical neurons overlapping the distribution of SOD1 (Rothstein et al., 1999).

hCCS comprises two distinct domains which are connected by flexible linkers that allow a high degree of conformational freedom. In addition, an extended, largely unstructured region is found at the C-terminus (Wright et al., 2011; Sala et al., 2019).

hCCS domain II (amino acids 86–204) is 47% identical to human SOD1 (Culotta et al., 1997; Casareno et al., 1998). Crystal structures of hCCS show that domain II has an anti-parallel Greek-key β-barrel and harbours a dimerisation interface very similar to that of SOD1 (Lamb et al., 1999; Sala et al., 2019). This SOD1-like domain mediates a direct interaction with SOD1 (Casareno et al., 1998). While zinc binding is conserved between SOD1 and hCCS domain II, copper binding is not (Schmidt et al., 1999). Furthermore, loss of zinc prevents hCCS homodimerisation and heterodimerisation with SOD1 thereby reducing its

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**Fig. 7.** The SOD1 folding pathway. Step 1: Nascent and completely unstructured SOD1 folding is nucleated by residues in β-strands 1, 2, 3, 4 and 7. Step 2: The molecular chaperone activity of hCCS then promotes folding of the remaining β-barrel structure and disulphide subloops. Step 3: SOD1 binds zinc and disulphide formation imparts stability on the disulphide sub-loop. This weakens hCCS-SOD1 heterodimer affinity. Steps 5 and 6: hCCS mediated folding can be circumvented through spontaneous β-barrel organisation and zinc binding however the mechanism of disulphide formation, and therefore the formation of a stable dimer interface, through this hCCS-independent route is not entirely clear. SOD1 β-strands are coloured as in Fig. 2.
The role of hCCS in SOD1-ALS

Mouse CCS knock-out does not change disease onset or life span in Gly37Arg, Gly93Ala and Gly85Arg SOD1 transgenic mice (Subramaniam et al., 2002). Conversely, overexpression of hCCS in a mutant SOD1 background has a profound negative effect on disease; Gly93Ala SOD1/hCCS double transgenic mice have a mean survival of 36 days in comparison with 242 for single transgenic Gly93Ala SOD1 mice (Son et al., 2007; Proeschel et al., 2008). Reduced life span is associated with quickly appearing vacuolar mitochondrial pathology. This is of note because CCS can direct SOD1 to the mitochondria where aggregation on membranes or within the intermembrane space is observed in ALS mutant cell and animal models (Deng et al., 2006; Kawamata and Manfredi, 2008; Vande Velde et al., 2008; Oladzad Abbasabadi et al., 2013). In contrast, transgenic mice over expressing hCCS or wild-type SOD1/hCCS have normal life-span with no mitochondrial swelling (Son et al., 2007). Supplementation of copper effectively confers wild-type-like survival of Gly93Ala SOD1/hCCS overexpressing mice (Williams et al., 2016).

Incomplete metalation

Incomplete SOD1 metalation as a result of metal-binding ligand substitution was first observed by Banci et al. (1991), prior to the establishment of a link between SOD1 and ALS. One of the mutations described, Asp124Gly, was later shown to be associated with ALS (Andersen et al., 2003). Following linkage with ALS, Deng et al. (1993) predicted that the Gly85Arg SOD1 mutation would disturb His46 and Asp83 metal site co-ordinating ligands. This was proven shortly after by incorporating the mutation into yeast CuZnSOD (Nishida et al., 1994). Gly85Arg SOD1 activity was lost on addition of stoichiometric amounts of ethylenediaminetetraacetic acid, whereas wild-type and Gly93Ala retained their activity after the addition of more than 2000-fold excess. Visible light electronic absorption spectroscopy confirmed that zinc site geometry had indeed been compromised by the Gly85Arg substitution.

With the exception of the bridging ligand His63, every metal coordinating ligand (His63, His48, His71, His80, Asp83 and His120) has been found mutated in cases of ALS. On examination of the crystal structures of SOD1 where mutations are found in metal coordinating residues or close to metal sites, there is clear and rationalised loss of metal cofactors. However, many non-metal-binding region SOD1 mutations including Ala4Val, Leu39Val, Gly41Ser, Gly85Arg, Ile113Thr, Gly37Arg and Gly72Ser also have reduced metalation when expressed in heterologous systems (Hayward et al., 2002; Luchinat et al., 2014). Furthermore, metal-free, disulphide-reduced Gly85Arg, His46Arg, Val148Gly and Gly100Gly SOD1 variants do not adopt a transient electrostatic loop conformational sub-population found in 2% of the metal-free, disulphide-reduced wild-type protein (Sekhar et al., 2015) that resembles the helix found in the mature protein. In the case of Ala4Val, Gly93Ala and Gly37Arg access to this conformation is partially restricted (Sekhar et al., 2016). While this helix does not contain any of the zinc coordinating residues, it folds adjacent to the zinc site and may aid acquisition of zinc. On addition of zinc, the electrostatic loop loses its conformational plasticity coalescing into the conformation found in the mature form (Strange et al., 2003; Culik et al., 2018).

The dissociation constants for zinc and copper binding to wild-type SOD1 were determined to be $10^{-14}$ and $10^{-18}$ M, respectively (Crow et al., 1997). Eighteen to 30-fold reduction in zinc affinity for Ala4Val, Ala4Thr, Ile113Thr and Leu38Val SOD1 was demonstrated while the reduction in copper affinity was much less severe. Within cells, and even with supplementation of growth media with zinc, many of these mutants fail to adequately zinc metalse and remain in an unstructured state (Luchinat et al., 2014). Absence of metals leads to the formation of high molecular mass SOD1 aggregates on incubation of purified protein at body temperature (Banci et al., 2007; Wright et al., 2013). Mutant SOD1 found in the soluble fraction of transgenic mouse spinal cords is metalated, albeit with perturbed Cu/Zn ratio. However, analysis of aggregates from mutant SOD1 transgenic mice spinal cord indicated no increase of copper or zinc content despite increased SOD1 content. Thus, the SOD1 that accumulates in aggregates is metal free (Lelie et al., 2011). Additionally, several SOD1 conformation-specific antibodies, including the first described C4F6 that was raised against and specific for metal-free mutant SOD1, recognise their epitope in human ALS spinal tissue and lysates (Urushitani et al., 2007; Brotherton et al., 2012).

Disulphide bond

Wood et al. (1971) showed that removing metal cofactors and the disulphide bond from SOD1 led to the loss of secondary and tertiary structure. While SOD1 monomers will adopt their $\beta$-barrel fold in the absence of the intra-subunit disulphide, its presence stabilises the monomer and promotes dimerisation (Lindberg et al., 2004). Conversely, formation of the disulphide can promote acquisition of structure from an otherwise globally unfolded precursor through an oxidative folding mechanism (Capper et al., 2018). SOD1 must form and maintain its disulphide in the presence of reduced glutathione and the thioredoxin system which are purpose to reduce cytoplasmic thiols. When over-expressed in human cell culture, SOD1 does not naturally form the disulphide. Conversely, half of SOD1 monomers form the disulphide on co-expression with hCCS. Addition of copper to this system yields complete disulphide formation (Banci et al., 2013).

The role the SOD1 intra-subunit disulphide plays in stabilisation and dimerisation is made clear in structures of the wild-type protein. Covalent bonding of Cys146, found in $\beta$-strand 8, to Cys57 anchors the zinc loop to the core of the protein. The disulphide sub-loop, a component of the zinc-binding loop IV, is defined by copper-coordinating His48 and metal-bridging ligand His63 at its N- and C-termini. The disulphide subloop forms 62%
of the buried surface area of the SOD1 dimer interface (Fig. 8a) and also contains Gly51 which creates two of the four interface hydrogen bonds (Fig. 3). We have recently shown disulphide subloop plasticity to also be a necessary precursor of heterodimerisation with hCCS (Sala et al., 2019).

Lyons et al. (1996) showed that mature Ala4Val, Gly85Arg and Gly93Ala SOD1 are less resistant to intra-subunit disulphide reduction on exposure to ascorbate than the wild-type form. Indeed, all SOD1 mutants are more susceptible to disulphide reduction in a reducing environment akin to the cytoplasm, promoting monomerisation and loss of structural cohesion. This effect is more pronounced for metal-binding region mutants and metal-free wild-type SOD1 (Tiwari and Hayward, 2003). In addition, Alvarez-Zaldíñeras et al. (2016) showed that a reconstituted thioredoxin system was capable of reducing Ala4Val and Gly93Ala disulphides. This disulphide-reduced SOD1 is observed in SOD1 transgenic mice, particularly in the brain and spinal cord (Jonsson et al., 2006a), and is a major component of intracellular aggregates (Karch et al., 2009).

The mean S–S length within a protein disulphide bond is 2.02–2.04 Å (Thornton, 1981; Petersen et al., 1999). The S–S distance variation across every SOD1 half cystine pair found in the PDB shows a mode at 2.04 Å with a long tail stretching out to 2.82 Å (Fig. 8b). SOD1 intra-subunit S–S bond lengths above 2.3 Å are found in His46Arg/His48Gln double mutant (PDB: 3QF) (Winkler et al., 2009), Gly85Arg (PDB: 3CQP) (Cao et al., 2008), Gly93Ala (PDB: 3GZO) (Galalelideen et al., 2009) and His80Arg SOD1 crystallographic structures (PDB: 3H2Q and 3QD) (Seetharaman et al., 2010). These structures are well refined with resolutions of ~1.95 Å. It is very likely that these S–S bonds have been broken through exposure to x-rays as is the case for some disulphides found in the Ile113Thr SOD1 structure (PDB: 1UXL) (Hough et al., 2004). This underscores the fragility of the mutant SOD1 disulphide bond and the importance of accounting for radiation damage in published crystal structures. Omitting these bonds gives a mean SOD1 disulphide bond S–S distance of 2.08 Å, similar to the 2.05 Å distance observed in bovine SOD structures (Hough et al., 2000).

**Dimerisation**

SOD1 dimerises through portions of β-strands 1, 8, loop VI and the disulphide subloop section of loop IV. Due to primary sequence separation of the N- and C-termini, SOD1 cannot dimerise before translation is complete. The interface is hydrophobic and excludes water. Ile151 residues create hydrogen bonds with Gly51 and Gly114 from the opposing monomer creating four interfacial hydrogen bonds. Overall, SOD1 dimer interface mutations disturb dimer interface packing but do not affect these bonds. Exceptions to this rule include hydrogen bond length variability for Ala4Val SOD1 which manifests as dimer reorientation, described in ‘Ala4Val’ section and Hough et al. (2004), and C-terminal truncations which remove Ile151 and therefore all interface hydrogen bonding.

As with the post-translational modifications described in the previous sections, homodimerisation increases SOD1 stability; obligate monomer SOD1 unfolds at lower chaotrope concentration than the dimer (Lindberg et al., 2005). In vivo, dimerisation occurs after zinc binding and disulphide formation but in solution any state of wild-type SOD1 can be forced to dimerise by increasing its concentration (Arnesano et al., 2004; Bruns and Kopito, 2007; Hörnberg et al., 2007). When the SOD1 disulphide is reduced, the zinc-binding loop becomes dynamic and dimer affinity is reduced (Banci et al., 1998). Conversely, SOD1 homodimer affinity is increased by progressively restricting zinc loop and disulphide subloop conformational sampling as SOD1 acquires post-translational modifications (Hörnberg et al., 2007). The reciprocity of dimerisation and disulphide bonding is illustrated by crystal structures where both disulphide bonding cysteines are mutated to alanine. In these cases, promoting dimerisation through high concentration forces the disulphide subloop to adopt the conformation common to disulphide intact structures (Hörnberg et al., 2007; Sala et al., 2019).

The homodimer dissociation constant for mature wild-type SOD1 is in the low nanomolar to high picomolar range (10^{-8} to 10^{-10} M) (Khare et al., 2004; McAlary et al., 2013). Many SOD1 ALS mutants, including Gly93Ala, have dimer affinity equal to that of wild-type but dimer interface mutants Ala4Val, Val148Gly and Ile149Thr reduce this affinity (McAlary et al., 2013; Capper et al., 2018). The metal-free, disulphide-intact, wild-type SOD1 dimer dissociation constant is high nanomolar and every mutant tested by Broom et al. (2015a) was destabilised by up to 3-orders of magnitude with homodimer affinity ranging up to 100 µM. As a result, reduced mutant homodimer formation, and indeed heterodimer formation with wild-type SOD1, is

![Fig. 8. The SOD1 disulphide sub-loop dimer interface. (a) The disulphide subloop forms extensive contacts across the SOD1 dimer interface. (b) S–S bond lengths found in all human SOD1 structures in the Protein Data Bank. The 2.02–2.04 Å average for all protein structures (Thornton, 1981; Petersen et al., 1999) is shown in grey. By excluding bond lengths above 2.3 Å the mean SOD1 S–S bond length is found to be 2.08 Å, shown in blue.](image-url)
observed within cells for all SOD1 mutants with the exception of Asp90 Ala (Kim et al., 2014). Additionally, an antibody raised against amino acids 143–151 in β-strand 8 that are only accessible when SOD1 is monomeric recognises its antigen in transgenic rodent and human ALS spinal cord samples. Immunoreactivity was highest for mitochondrial tissue fractions, particularly those from Gly85Arg mice, despite mitochondrial SOD1 being only a small component of total cellular SOD1. Tissues were stained increasingly through presymptomatic and initial symptom onset but declined at disease end stage (Rakhit et al., 2007).

Reducing the affinity of metal-free SOD1 homodimerisation does not necessarily mean increased populations of unfolded monomers. Ala4Val, His46Arg and Val148Gly can all exist as folded monomers (Broom et al., 2015b). The existence of monomeric immature SOD1 with a conformationally flexible disulphide loop is also a prerequisite for the formation of a transient heterodimer with hCCS (Salas et al., 2019). We do not know if the affinity of hCCS for its substrate is altered by ALS SOD1 mutations but there is evidence that some mutants are not able to interact with hCCS while others form stable complexes (Son et al., 2009). It is likely that mutation-dependent SOD1 homodimer affinity changes will also be reflected in the interaction with hCCS.

**Structural instability**

SOD1 zinc metalation, disulphide formation and dimerisation synergistically raise SOD1 thermal stability (Furukawa and O’Halloran, 2005). However, SOD1 nascent state stability is compromised by long, metal-binding loops. Shortening these functional structures increases metal-free, disulphide-reduced SOD1 stability (Yang et al., 2018). This trade-off between functionality and stability is represented throughout nature. For example, proteins from thermophiles tend to have trimmed loops. Closer to our subject, C. albicans SOD5 and the S. cerevisiae CCS SOD-like domain have substantially shorter electrostatic loops in comparison with human SOD1 and the hCCS SOD-like domain, respectively, because the former does not bind zinc (Culotta et al., 1997; Gleason et al., 2014). Having shorter functional loops increases nascent-state stability but effective zinc binding has clearly outweighing functional benefits for SOD1.

The concept of reduced SOD1 metalation leading to structural instability was first described by Wood et al. (1971). ALS mutants are less resistant to chaotropic unfolding in both the metal-free and metalated states (Lindberg et al., 2002; Stathopulos et al., 2003). This work led Lindberg et al. (2002) to propose that destabilisation leads to aggregation, while Stathopulos et al. (2003) subsequently correlated decreased thermal stability, unfolding and aggregation.

Rodriguez et al. (2002) described reduced thermal stability of recombinant ALS SOD1 mutants in comparison with wild-type in metalation states as-isolated from insect cells. Furukawa and O’Halloran (2005) noted that the 42.9 °C melting temperature of nascent wild-type SOD1, lacking both disulphide and metal ions, is above physiological temperature and sequential addition of zinc (58.4 °C) and the Cys57-Cys146 disulphide (74.6 °C) incrementally increases thermal stability. Thus, wild-type SOD1 thermal stability increases as it progresses along the maturation pathway from metal-free, disulphide-reduced, monomeric protein to the fully metalated, disulphide intact, dimeric, active enzyme. Increased dimer affinity, reduced populations of excited states and increased thermal stability are reflected in increased enzymatic activity and half-life (Furukawa and O’Halloran, 2005; Culik et al., 2018). Importantly, Gly93Ala and Ala4Val ALS substitutions reduced the melting temperature of the nascent protein below physiological temperature as ascertained by differential scanning calorimetry (DSC) experiments (Furukawa and O’Halloran, 2005). This is indicative that these species exist in a monomer unfolded state which was later observed by hydrogen/deuterium exchange and native mass spectrometry along with in-cell NMR for a range of mutants including Ala4Val and Gly93Ala (Shaw et al., 2006; Luchinat et al., 2014; McAlary et al., 2016). Progression along the normal maturation pathway can stabilise SOD1 mutants *in vitro*, but frequently not to the same extent as wild-type, and this process is often ineffective within cells (Furukawa and O’Halloran, 2005; Luchinat et al., 2014).

The majority of ALS-related SOD1 mutations have been shown to be thermally destabilising in all states where testing was possible (Rodriguez et al., 2002; Stathopulos et al., 2003; Furukawa and O’Halloran, 2005; Münch et al., 2011; Vassall et al., 2011; Doyle et al., 2016). The immature state is where the biggest stability deficits are found (Furukawa and O’Halloran, 2005; Kayatekin et al., 2010) but destabilisation of the apo state is not the whole story. Metal site mutants are equally, if not more stable than wild-type, when metal free (Rodriguez et al., 2005).

While metal-free, disulphide intact His46Arg SOD1 has been shown to have similar thermal stability compared to wild-type (Münch et al., 2011; Abdolvahabi et al., 2017). The metal-free, disulphide-reduced state is stabilised by 5 °C possibly affording it resistance to accumulation into large aggregates (Vassall et al., 2011). His46Arg SOD1 is not unusual in this regard, Nordlund et al. (2009) showed that mutation of all four zinc coordinating residues stabilises the immature protein. Unlike non-metal-binding site ALS mutants, however, His46Arg and His48Gln cannot progress along the normal maturation pathway to reach full stability and activity (Hayward et al., 2002; Bruns and Kopito, 2007). This strands His46Arg in a pseudo-stable state with a nearly 30 °C thermal stability deficit in comparison with mature, wild-type SOD1 perhaps enabling degradation. His46Arg SOD1-related ALS has a long disease course, possibly due to these characteristics.

The Val148Ile dimer interface substitution has been shown to thermally stabilise the metal-free, disulphide-reduced state by 5 °C (Vassall et al., 2011) but conversely its homodimerisation affinity is decreased sevenfold (Broom et al., 2015a). DSC experiments performed on mature Val148Ile SOD1 show no difference in melting temperature over a range of protein concentrations but amide proton chemical shift temperature coefficients describe stabilisation across the protein sequence (Doyle et al., 2016). We also note that, like wild-type, Val148Ile SOD1 is not recognised by a misfolding-specific antibody targeting the Derlin-1 binding site in the SOD1 N-terminus possibly because of the above stabilisation (Fujisawa et al., 2015). Total erythrocyte Val148Ile SOD1 activity was found to be ~58% of controls, indicative of decreased half-life in common with other destabilised ALS mutants (described in the following section). While only one individual is known to have carried the Val148Ile mutation (Ikeda et al., 1995), inheritance in that individual’s family was clearly dominant with disease onset very young with rapid progression (Sakuma et al., 1995). Together, this is indicative of genuine SOD1-ALS. However, and as is often the case with SOD1-ALS mutations, drawing conclusions on causality from patients with very low-frequency alleles is challenging.

SOD1 like most proteins exists within a heterogeneous soup of water, ions, small molecules and macromolecules within our cells.
This molecular crowding can have varied effects on proteins under investigation (Ma et al., 2012). However, the SOD1 β-barrel is generally destabilised by the cellular environment when compared with purified protein in aqueous buffer. In some cases, this can reduce its folding transition temperature by 40% (Danielsson et al., 2015; Bille et al., 2019). The change in stability conferred by the environment occurs through interactions with β-strands 6 and 8 that stabilise the unfolded state (Bille et al., 2019). As such, environmental effects are strongly determined by the primary sequence. SOD1 ALS-like mutations largely exacerbate the overall destabilising trend on the β-barrel with the exception of His46Arg which has very slightly increased stability (Gnutt et al., 2019). This again highlights the cost-benefit relationship of introducing functionality. The conclusion of this work is that SOD1 species which appear folded under test-tube conditions may well be unfolded at physiological temperatures within cells. The adoption of a persistently unfolded state for many metal-free SOD1 ALS mutants in the cytoplasm is the result (Luchinat et al., 2014).

Activity and degradation

The final step in SOD1 maturation yields a stable and active enzyme. However, erythrocyte SOD1 activity is almost always reduced in ALS patients (Saccon et al., 2013; Keskin et al., 2017). Exclusion of Asp90Ala mutants leads to a mean activity of roughly 50% of that found in non-ALS individuals. Clearly an inability to correctly metalate will reduce overall SOD1 activity but a second, related factor may also play a role. Sato et al. (2005) found erythrocytes taken from people heterozygous for an ALS SOD1 mutations had reduced abundance (0–58%) of the mutant SOD1 protein. Wild-type SOD1 is a long-lived protein with a 25-day half-life in cerebrospinal fluid. In transgenic rats, spinal SOD1 protein. Wild-type SOD1 is a long-lived protein with a 25-day half-life in cerebrospinal fluid. In transgenic rats, spinal SOD1 mutations had reduced abundance (0–58%) of the mutant SOD1. In general, SOD1 degradation proceeds by proteasomal or macroautophagic routes (Kabuta et al., 2004, 2016; Sone et al., 2010). Ubiquitin E3 ligases dorphin, CHIP, mahogunin and ciAP have all been shown to ubiquitinate mutant SOD1 and signal its degradation (Choi et al., 2004, 2016; Sone et al., 2010; Chhangani et al., 2016). However, SOD1 aggregation has been shown to sequester more than half of cellular ubiquitin thereby reducing the availability of free monomeric ubiquitin with downstream changes to the ubiquitination profile of more than 70 cellular proteins (Farrawell et al., 2018). Thus, ALS SOD1 mutants that cause the greatest structural disturbance and instability lead to the greatest reductions in activity and abundance but are also more likely to upset proteostatic mechanisms through aggregation and proteasomal sequestration (Sato et al., 2005; McAlary et al., 2016; Keskin et al., 2017; Farrawell et al., 2018).

Cryptic mutations

The mutations described above induce structural changes to the SOD1 molecule that manifest as protein thermal instability, reduced homodimer affinity, inability to correctly metalate, reduced activity, reduced half-life in vivo and increased aggregation propensity. However, several mutations display stability and aggregation characteristics very similar to wild-type when observed in vitro. Shaw et al. (2010) termed these SOD1 variants ‘cryptic mutations’ because it is not clear where the source of their toxicity lies. These include Asp90Ala, Asn86Ser, Asp101Asn, Asn139Lys and Glu100Lys (Shaw and Valentine, 2007). Cryptic mutations are usually surface exposed and involve the substitution of charged residues. While we do not have experimentally derived structures of these SOD1 mutants, analysis using the wild-type structure as a model provides us with an indication of their effect. In almost every case, a structural perturbation can be ascribed.

Surface mutations with mild phenotype

Asp90Ala

The Asp90Ala substitution does not affect dimer stability, metalation or activity (Andersen et al., 1995; Marklund et al., 1997; Rodriguez et al., 2002; Lindberg et al., 2005). The codon 90 position is not well conserved and the majority of eukaryotic CuZnSODs have a glycine residue at this site. Analysis of the wild-type SOD1 crystal structure shows the Asp90 side-chain making a series of hydrogen bonds within loop V with backbone amides of Asp92, Gly93 and Val94. Substitution with alanine would break these β-hairpin bonds but would not introduce steric repulsion within the loop, as is the case for Gly93 mutations. As a result, the Asp90Ala monomer is slightly destabilised (Marklund et al., 1997; Rodriguez et al., 2002; Lindberg et al., 2005; Byström et al., 2010). An alternative Asp90Val mutation creates further monomer destabilisation and a more aggressive phenotype (Morita et al., 1998; Byström et al., 2010).

Asn86Ser

The Asn86Ser mutation manifests ALS with a long disease course and incomplete penetrance but led to an extremely severe phenotype in a single homozygous individual (Hayward et al., 1998; Sato et al., 2005). Asn86 stabilises the electrostatic loop through a hydrogen bond with Asp124 which itself hydrogen bonds with zinc- and copper-coordinating His71 and His46. Conversion to serine would destabilise these interactions but would not introduce any repulsive contacts. There are no metatation studies on this mutant and the monomer does not appear effected but the Asn86Ser dimer is destabilised (Byström et al., 2010).

Other examples

Other charged, surface mutations which potentially fall into this category include Glu40Gly (Bertolin et al., 2014), Asp76Tyr (Andersen et al., 1997), Asp76Val (Segovia-Silvestre et al., 2002), Asp11Tyr (Georgoulopoulou et al., 2005; Byström et al., 2002; Lindberg et al., 2005; Byström et al., 2010). An alternative Asp90Val mutation creates further monomer destabilisation and a more aggressive phenotype (Morita et al., 1998; Byström et al., 2010).

Surface mutations with typical phenotype

Asp101Asn

The Asp101Asn substitution (Jones et al., 1994) is also structurally conservative, removing only 1 Da of mass. However, it negates the electrostatic component of a salt-bridge formed by Asp101 and Arg79 which is conserved in more than 97% of eukaryotic CuZnSODs. This salt-bridge forms a strong

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connection between the C-terminal end of β-strand 6 and the upper zinc loop including spatially proximal zinc coordinating residues His80 and Asp38. An alternative substitution for glycine removes both electrostatic, hydrogen bonding and Van der Waals interactions. In agreement with proposed structural changes, Asp101Asn was shown to have stability equal to that of wild-type in the metal-free state in vitro while Asp101Gly destabilises both metal-free monomer and dimer states (Rodriguez et al., 2005; Byström et al., 2010). A detailed analysis of aggregation kinetics in HEK293 cells showed that Asp101Gly exhibits a short lag phase before the formation of insoluble aggregates. By contrast, Asp101Asn SOD1 initially expresses as soluble species, but following a long lag phase, this pool is transferred into degradation-resistant insoluble aggregates (Prudencio et al., 2009; Ayers et al., 2014a). Given the structure of each mutation together with their biophysical and aggregation characteristics, it would be expected that Asp101Gly would yield a more severe phenotype relative to Asp101Asn. However, both mutations give rise to an early onset and rapidly progressing form of ALS (Wang et al., 2008). A possible explanation for Asp101 mutation toxicity lies in their inability to correctly metalate and potential weakening of the Asp101-Arg79 salt-bridge. Ayers et al. (2014a) found that both Asp101Asn and Asp101Gly SOD1 fail to acquire copper or zinc in a cell-based assay. This is unsurprising given that Asp101 anchors the zinc loop to β-strand 6. Thus, like His46Arg described in 'Structural instability' section, the absence of a stability deficit in the apo state is over-shadowed by the inability of the mutant to progress along the PTM pathway. Indeed, Asp101Asn has also been shown to have delayed folding kinetics (Bruns and Kopito, 2007). A second contributory mechanism may also be the reduction of net negative charge, reviewed in 'SOD1 net charge' section.

ALS-associated mutations Asp101His and Asp101Try have also been observed and would create severe clashes with Arg79, Leu84, Val110 or Ile104 but result in a mild phenotype. Here the combination of severe structural instability together with an inability to metalate may create a protein that is easier to remove through proteostatic mechanisms or sequester thereby reducing the toxic protein load in comparison with Asp101Asn or Asp101Gly. It should be noted however that case numbers for the glycine, histidine and tyrosine substitutions are low making phenotype comparisons weak.

Other examples

Other examples of surface mutations which lead to a typical ALS phenotype include Arg110Gly (Kostrzewa et al., 1994) which is likely to disturb the dimer interface and hydrogen bonding with loop VI helix, and Asn139Lys which is destabilised in the metal-free state (Rodriguez et al., 2005; Münch and Bertolotti, 2010) because an internal electrostatic loop hydrogen bond is broken by the substitution. Little phenotype data are available for Asn139Lys but SOD1 activity is reduced 46.5% (Pramatarova et al., 1995) and given its location is likely to reduce metalation. Like Asp101Asn described above, Asn139Lys has been shown to have delayed folding kinetics (Brusn and Kopito, 2007).

**The pathogenesis of ALS due to surface mutations**

We can summarise the above sections by saying that, a substitution that perturbs the structure little, that does not affect the non-covalent bonding configuration or does not inhibit maturation processes, leads to incomplete disease penetrance often with later onset or longer disease course than mean. Conversely, large structural effects including breaking non-covalent interactions, introduction of repulsive interactions or inhibition of folding or PTMs lead to high penetrance and a natural history which is typical or comparatively severe for SOD1 ALS. As we have seen, however, there are exceptions to this dogma. The path from structure through stability and aggregation to disease phenotype cannot be unambiguously defined. Wang et al. (2008) found that stability and aggregation account for only 69% of the variability in mutant SOD1 phenotypes. There must therefore be other factors that influence disease outcomes for particular substitution mutations.

**SOD1 net charge**

With a preponderance of aspartate and glutamate residues over arginines and lysines, the SOD1 monomer carries a hypothetical net charge of −6 at neutral pH. This is the maximum charge found on any vertebrate SOD1 (Sandelin et al., 2007). The structure surrounding ionisable side-chain groups together with the pH of the subcellular locale are important determinants of protein isolectric point. Shi et al. (2013a) experimentally determined the net charge on metal-free, disulphide-reduced, monomeric, wild-type SOD1 at physiological pH to be 6.9. Formation of the SOD1 disulphide reduces the net charge to 6.05 per monomer. Binding of a zinc to disulphide intact SOD1 reduces the net charge to 4.3 and further addition of copper to create fully mature SOD1 decreases the net charge further to 3.7. Thus, the SOD1 PTM pathway increases stability but decreases monomer net charge.

**ALS mutations and surface charge**

ALS mutations have, on average, a propensity to reduce SOD1 net negative charge (Sandelin et al., 2007). While 76% of negatively charged sites have been found mutated in ALS cases, only 13% of positively charged amino acids are known to harbour ALS mutations, Lys3 and Arg115 only. This disparity is thought to reflect a role of net repulsive charge in maintaining free movement in the intracellular environment (Mu et al., 2017) and preventing aggregation; mutation of a positive residue increases net charge and therefore repulsion, whereas mutation of a negatively charged amino acid decreases net charge weakening repulsion and increasing aggregation propensity. In support of this, acetylation of SOD1 multiple lysine side-chains with aspirin (acetylsalicylic acid) increased fibrillation lag time and slowed growth (Abdolvahabi et al., 2015). This could also be accomplished with a selection of charged anhydrides which modified only a single SOD1 lysine (Rasouli et al., 2017). In both cases, inhibition of aggregation was not due to increased thermal stability as acylation ubiquitously decreased SOD1 melting temperature. However, inhibition of fibril growth was only observed in low ionic strength buffer indicating the charge effect may be limited under physiological conditions. Fibrillation inhibition also led to the accumulation of SOD1 into amorphous aggregates. This may be similar to the misfolding observed in the absence of large aggregates on cellular expression of SOD1 with poorly conserved lysines mutagenically removed (Crosby et al., 2018).

It is possible to fit a simple linear model of instability and survival time following disease onset by omitting outlier mutants that change net charge. On inspection of these outliers, Byström et al. (2010) found that net charge is a modifier of disease phenotype. For example, Gly41Asp has a very similar relative stability and disease onset compared with Leu106Val, but increased net charge, and therefore repulsion, raises disease duration from 2 to 17 years.
The converse is also apparent; reducing net charge decreases survival time with Asp101Asn as the archetype example. Metal-free Asp101Asn stability is indistinguishable from wild-type but disease phenotype is similar to the very strongly destabilised Ala4Val (Byström et al., 2010).

**Glu100 mutations**

The case of Glu100Lys is often cited as an example where net charge reduction leads to ALS. Glu100 is surface exposed at the C-terminal end of β-strand 6. Its negatively charged side-chain exists in multiple rotamers and forms no interactions with its surroundings. Glu100Lys, which reduces net charge to −4, is likely to have limited structural effects, does not reduce erythrocyte SOD1 activity, can lead to a complicated phenotype with very long progression and was shown not to co-segregate with disease in two ALS families (Felbecker et al., 2010; Yasser et al., 2010; Keskin et al., 2017). Conversely, the Glu100Gly mutation, which reduces SOD1 net charge only to −5, leads to a typical ALS phenotype with high penetrance (Cudkowicz et al., 1997; Aggarwal and Nicholson, 2005; Wang et al., 2008). Glu100Gly decreases monomer stability (Rumfleld et al., 2006) and reduces overall thermal stability by 10 °C in the metal-free state in comparison with Glu100Lys which only creates a 4.4 °C stability deficit (Abdolvahabi et al., 2017). A similar relationship is also observed when initial folding is observed; Glu100Lys acquires resistance to proteolysis only slightly slower than wild-type, whereas Glu100Gly folding is massively reduced and it behaves more like Ala4Val SOD1 (Bruns and Kopito, 2007).

**SOD1 aggregation in ALS**

Aggregation of protein is a common feature of neurodegenerative disease and normal ageing. This is typified by the predominantly α-synuclein-containing Lewy bodies seen in the post-mortem substantia nigra of individuals who suffered from Parkinson’s disease. Bunina (1962) first described intracellular inclusions, later termed Bunina bodies, surrounded by an area of clear cytoplasm within the motor neurons of fALS cases. Single and multiple intracellular hyaline, i.e. glassy or transparent, regions often with Lewy body-like cores were subsequently described by Hirano et al. (1967), also in fALS neuronal tissues. While we do not know the content of these structures or the type of fALS under investigation in these original cases, we do see SOD1 accumulate in these structures within the cytoplasm of microglia, astrocytes and motor neurons of mutant SOD1 transgenic animal models and human ALS patients (Shibata et al., 1993, 1996a; Kato et al., 1996, 1997; Kato et al., 1999, 2001; Kurita et al., 1999). Together with mutations in the sod1 gene, this is the central hallmark of SOD1-related ALS. Astrocytes have been observed with their cytoplasm almost completely replaced by 15–25 nm granule-coated fibrils. In other glia, fibrils form non-membrane-bound inclusions but are distinctly separated from the cytoplasmic constituents (Kato et al., 1996, 1997). The appearance of insoluble SOD1 and gliosis in neuronal support cells appears to facilitate neuronal death (Beers et al., 2006; Yamanaka et al., 2008). SOD1 aggregation is also observed in Parkinson’s disease and to a lesser degree in otherwise normal but aged neuronal tissue (Trist et al., 2017).

**Content of aggregates**

Despite the relatively high turnover of many SOD1 mutants, it is a major component of aggregates in mutant SOD1 transgenic mice (Jonsson et al., 2004). The SOD1 found in the amorphous and fibrillar aggregates in the neural tissues of human and transgenic models has been shown to be partially or completely inactive, intra-subunit disulphide reduced, metal-free and misfolded but full-length (Jonsson et al., 2006a; Shaw et al., 2008; Karch et al., 2009; Bergemalm et al., 2010; Lele et al., 2011). Wild-type SOD1 is also present along with mutant protein and high molecular mass species can be linked by abnormal disulphide bonds (Jonsson et al., 2004; Furukawa et al., 2006; Karch et al., 2009). Advanced glycation end products carboxymethyl-lysine, pyrraline and pentosidine co-localise with neuronal and astrocytic inclusions in human ALS and transgenic mice and are thought to be direct SOD1 modifications (Kato et al., 1999, 2000; Shibata et al., 1999). In mice expressing human Gly85Arg, SOD1 aggregates showed ubiquitin-positive staining only at their periphery (Bruijn et al., 1997). However, in a cell model, ubiquitin was found to localise throughout SOD1 aggregates (Farrawell et al., 2018). A meta-analysis performed by Ciryam et al. (2017) has shown that five of the 15 proteins known to interact natively with SOD1 are drawn into inclusions but the majority of the 24 proteins that are found in aggregates do not have a known metabolic association with SOD1. SOD1 co-aggregators can be divided into four broad groups which offer a snap-shot of cellular activities in response to mutant SOD1: degradation machinery, neural-specific metabolism, neural cytoskeleton components and chaperones including metallochaperones. This includes ubiquitin, αB-crystallin, β-actin, metallothionine, glutamine synthetase, tubulins, tau, S-100, Hsp-27 and 70, proteasome, vimentin, neurofilament light chain, α-internexin, synaptophysin, enolase-2, protein-disulphide isomerase, glyceraldehyde-3-phosphate dehydrogenase and the copper chaperone for SOD1 (hCCS) (Kato et al., 1997, 2000, 2001b; Watanabe et al., 2001; Bergemalm et al., 2010; Zetterström et al., 2011).

**Models of aggregation**

Beginning with the Gly93Ala SOD1 transgenic mice described by Gurney et al. (1994), many strains have been produced that express various human wild-type (Wong et al., 1995; Graffmo et al., 2013) and SOD1 ALS mutants at different levels in different genetic backgrounds. These include, but are not limited to, Gly37Arg (Wong et al., 1995), Gly85Arg (Bruijn et al., 1997), His46Arg/His48Gln (Wang et al., 2002) and Asp90Ala (Jonsson et al., 2006b). When comparing wild-type and Gly93Ala SOD1 transgenic mice with equal transgene expression, Graffmo et al. (2013) found mean survival time is 367 ± 56 and 155 ± 9 days, respectively, compared to an average of 2 years for non-transgenic mice. Thus, the toxic load of human SOD1 expression appears cumulative in mice.

Mutant SOD1 transgenic mouse models were seen as a gold standard test for therapy development. The most popular is the Gly93Ala transgenic mouse created by Gurney et al. (1994), a year after the establishment of the link between SOD1 mutants and ALS (Rosen et al., 1993). Gurney’s mouse expresses human mutant SOD1 at a high level, up to 24-fold that found in humans. These mice have relatively short disease course which is convenient for many types of experiment. Despite many therapeutic approaches having been reported to positively affect disease-related characteristics in these mice, there has been a complete failure to translate these findings into new medicines (Benatar, 2007). This has raised concern about the validity of SOD1 transgenic mouse experiments as a whole. It remains an open question whether the limitations arise from the transgenic
models or the nature/protocols of the experiments and their limitations.

To further our understanding of the aggregation process, numerous cell and in vitro models have been developed. Mutant SOD1 aggregations are seen in cell culture models of ALS where they replicate some of the characteristics of post-mortem tissues (Durham et al., 1997; Koide et al., 1998). SOD1 was first observed to aggregate in vitro in response to oxidative modification (Rakhit et al., 2002). Light scattering at 350 nm by SOD1 in the presence of soluble copper (II) showed that the metal-depleted enzyme readily forms high molecular mass species. The authors posed the question ‘do these in vitro aggregates represent aggregates seen in ALS?’. This experiment illustrates the difficulty of recapitulating the disease state in vitro; any protein will aggregate if treated harshly enough, how is one to attach significance to that given that the nature of aggregates in living neuronal tissue is far from clear. Addressing this question, Lang et al. (2015) showed a resemblance between in vitro aggregates and those that appear in transgenic mouse models of ALS. Using antibody probes to characterise the surface of aggregates, they found that solvent-exposed structures are maintained in vitro and in mice. Similarly, with thioflavin T binding, they showed that the dynamics of growth in both systems can be equated.

**Amyloid or not?**

SOD1 aggregates have been shown to bind amyloid-sensitive dyes, such as Congo red or thioflavin T and S, but yield less fluorescence than is observed for amyloid-β or α-synuclein (DiDonato et al., 2003; Chattopadhyay et al., 2008; Furukawa et al., 2008; Oztug Durer et al., 2009). Thioflavin S stains inclusions formed by the artificial SOD1 double mutant His46Arg/His48Gln and ALS mutants Gly37Arg, Gly85Arg and Gly93Ala in transgenic mouse spinal cord tissue (Wang et al., 2002). The form of the fibres observed by Kato et al. (1996, 1997) seems to support the notion of amyloid fibrillation. However, Kerman et al. (2010) have shown that SOD1 aggregates in spinal cords are non-amyloid. Instead they contain monomeric and unfolded SOD1 that are however consistently found on the exterior of SOD1 aggregates and in a conformationally plastic state regardless of mutation. Notably, the Asp90Ala strain of SOD1 aggregation also appears in neuronal tissues of ALS patients with mutations in non-SOD1 genes whereas the aggregate strain common to other SOD1 mutations was not present (Forsberg et al., 2019). The two strains of SOD1 aggregate may represent the amorphous and fibrillar aggregates seen in cell-free assays (Abdolvahabi et al., 2016). Switching between deposition into each form can be controlled with the presence of calcium or the method used to induce aggregation (Stathopulos et al., 2003; Leal et al., 2013). Solid-state NMR spectroscopy on fibrils formed by the SOD1 β-barrel core, stripped of electrostatic and zinc loops, indicates that β-strands 2, 3 and 5 retain their conformation from the free state. The rest of the molecule adopts a heterogeneous structure with multiple different conformations (Banci et al., 2014). CD spectroscopy on fibrillar metal apo-SOD1 shows that its β-sheet content is increased with respect to soluble metalated and metal-free SOD1 (Banci et al., 2007). Thus, some of the unstructured strands and loops present in the free state reconfigure during the fibrillation process. In cells, SOD1 aggregates appear porous. This facilitates the diffuse movement of soluble proteins and small molecules throughout the inclusion (Matsumoto et al., 2005; Abdolvahabi et al., 2015). SOD1 aggregates are therefore extensively β-structured, with the first three β-strands internalised but greatly heterogeneous in both constituents and conformation when compared to classically amyloid states (Fig. 9a).

Insights on the structure of SOD1 fibrils can be gained from the observation of the immature state. In solution, wild-type metal-free SOD1 retains only one surface of the β-barrel, while wild-type metal-free SOD1 retains only one surface of the β-barrel (β-strands 1, 2, 3 and 6). The β-strands of the opposing face including loops constituting both metal sites, the active site channel, the disulphide sub-loop and a sizable portion of the dimer interface, all which are highly conserved across eukaryotic CuZnSODs (Fig. 4b), are significantly destabilised (Banci et al., 2009). Simulation of aggregation in silico also shows β-strands 1 and 2 self-associate to form β-sheet structures (Bille et al., 2013). Binding of conformation-specific antibodies to segmented epitopes along the SOD1 primary sequence confirms the presence of β-strands 1, 2, 3 in the core of aggregates along with strand 8 (Bergh et al., 2015). β-strands 1, 2 and 6 along with strand 7 are found sequestered in aggregates as determined by protease digestion followed by mass spectrometry assignment; however, this varies along with mutation (Furukawa et al., 2010).

Clues as to the structure of SOD1 aggregates can be gleaned from the ALS mutations themselves. C-terminal truncations at positions Leu117 (with four amino acids inserted before the stop codon), 127 (with five amino acids inserted before the stop codon), 125, 141 and 146 (Fig. 4a) are known to cause ALS in people and transgenic mice with intraneuronal SOD1-positive inclusions (Jackson et al., 1997; Zu et al., 1997; Jonsson et al., 2004; Wu et al., 2012; Nakamura et al., 2015). Thus, the electrostatic loop and β-strand 8 including Cys146 are not required for aggregate formation.

Bergh et al. (2015) explored the variability of mutant SOD1 aggregate isoforms in transgenic mice and found that Asp90Ala aggregates had a distinct structure, with solvent exposure of β-strands 5, 6, 7, that was not seen in Gly93Ala, Gly85Arg and wild-type SOD1 isoforms. β-strand 4 and the disulphide sub-loop were however consistently found on the exterior of SOD1 aggregates and in a conformationally plastic state regardless of mutation. Notably, the Asp90Ala strain of SOD1 aggregation also appears in neuronal tissues of ALS patients with mutations in non-SOD1 genes whereas the aggregate strain common to other SOD1 mutations was not present (Forsberg et al., 2019). The two strains of SOD1 aggregate may represent the amorphous and fibrillar aggregates seen in cell-free assays (Abdolvahabi et al., 2016). Switching between deposition into each form can be controlled with the presence of calcium or the method used to induce aggregation (Stathopulos et al., 2003; Leal et al., 2013). Solid-state NMR spectroscopy on fibrils formed by the SOD1 β-barrel core, stripped of electrostatic and zinc loops, indicates that β-strands 2, 3 and 5 retain their conformation from the free state. The rest of the molecule adopts a heterogeneous structure with multiple different conformations (Banci et al., 2014). CD spectroscopy on fibrillar metal apo-SOD1 shows that its β-sheet content is increased with respect to soluble metalated and metal-free SOD1 (Banci et al., 2007). Thus, some of the unstructured strands and loops present in the free state reconfigure during the fibrillation process. In cells, SOD1 aggregates appear porous. This facilitates the diffuse movement of soluble proteins and small molecules throughout the inclusion (Matsumoto et al., 2005; Abdolvahabi et al., 2015). SOD1 aggregates are therefore extensively β-structured, with the first three β-strands internalised but greatly heterogeneous in both constituents and conformation when compared to classically amyloid states (Fig. 9a).

Aggregate heterogeneity presents a problem for direct structural study; but much has been learnt by breaking the SOD1 molecule
down into peptides which self-assemble into fibrils amenable to crystallographic structure determination. Using this approach, segments from C-terminal β-strand 8 (residues 147–153) and loop VI (residues 101–107) were shown to form steric zippers through hydrophobic side-chain interactions (Ivanova et al., 2014). Alternatively, a peptide representing β-strand 3 (residues 28–38) formed a twisted β-sheet structure through backbone hydrogen bonding with the individual β-strands aligned in the direction of polymerisation (Sangwan et al., 2017). This contrasts markedly with information on amyloid commonly found in cross-β structures (Fig. 9b) and further explains the subdued response from tinctorial dyes charting SOD1 aggregation.

Aggregate formation

Cellular mechanisms exist to aid protein folding or to destroy proteins which have veered irretrievably off their folding pathway. Part of this functionality separates misfolded species into different cellular compartments (Kaganovich et al., 2008). Intracellular stress granule formation occurs following heat-shock. These dynamic compartments harbour RNAs together with a collection of proteins with RNA-binding capacity coupled with the structural disorder. ALS mutant SOD1 has a tendency to accumulate into distinct domains around preformed stress granules with chaperones and ubiquitin. SOD1-containing stress granules are less dynamic than normal and can be transported along microtubules to JUNQ-like aggresomes (Johnston et al., 2000; Mateju et al., 2017). Localisation of mutant SOD1 to the JUNQ has been demonstrated in human ALS post-mortem spinal motor neurons and is toxic in cell models (Weisberg et al., 2012).

SOD1 aggregates form and grow in vitro following a sigmoidal growth curve as any population does in a new environment with limited resources (Fig. 10). Aggregation must first be initiated, and this is marked by a lag period before a change in a parameter such as thioflavin T fluorescence is observed. This period before aggregation nucleation is highly variable and indicative of a stochastic process. Nucleation is followed by exponential growth which plateaus when the available substrate is exhausted (Banci et al., 2007; Chattopadhyay et al., 2008; Abdolvahabi et al., 2016). However, in vivo SOD1 translation can supplement available substrate and indefinitely postpone slowing of growth within cells. In addition, a competition exists between recruitment of substrate protomers to fibrillar or amorphous aggregates (Fig. 10) (Abdolvahabi et al., 2016).

Aggregation is a concentration-dependent process (Hofrichter et al., 1974) and this is clearly seen in aggregate formation induced by variable expression levels of human wild-type and mutant SOD1 in transgenic mice (Wong et al., 1995; Graffmo et al., 2013). In humans, SOD1 is posited to be supersaturated based on calculated aggregation propensity and intracellular concentration (Giryam et al., 2017). The molecular environment also plays a role, with other solutes essentially increasing the effective concentration of SOD1 by molecular crowding thereby promoting fibrillation (Ma et al., 2012). The solubility of SOD1 mutants and the ability of the cell to reduce the prevalence of toxic species through degradation are therefore a key. This may be reflected in the varying aggregation propensity of different SOD1 mutants and the lack of correlation between different experimental systems (McAlary et al., 2016; Abdolvahabi et al., 2017).
Monomeric SOD1 had been implicated in the pathogenesis of ALS (Hough et al., 2004; Rakhit et al., 2004; Ray et al., 2004) partly in response to the first oxidation-mediated SOD1 aggregation experiments, but the toxicity of a soluble, low molecular mass species was proven almost a decade later by Brotherton et al. (2013). A SOD1 species existing as a monomeric, metal-free, disulphide-reduced, globally unfolded random coil and is enriched by SOD1 ALS-related mutations (Luchinat et al., 2014; Lang et al., 2015). However, this completely unstructured monomer must still fold into β-structure-rich fibrils. Anzai et al. (2017) and Chattopadhyay et al. (2015) proposed a destabilised and aberrantly disulphide-bonded dimer as the proteomer species, while Proctor et al. (2016) found, with the aid of atomic force microscopy, SEC and modelling, that SOD1 forms a trimer with non-native dimer interfaces and very substantial structural rearrangement. Banci et al. (2007) had previously observed this phenomenon in wild-type SOD1 and we have seen it occur to monomeric and dimeric Ala4Val SOD1 (Wright et al., 2013). By mutagenic stabilisation of the interfaces, Proctor et al. (2016) found they could trap this trimer on route to high molecular mass aggregates. They also found a correlation between the stability of the trimer and cell death. However, no single species has been definitively demonstrated as pathogenic or to nucleate aggregation, indeed each may exert toxicity, and together they form a continuum on the path to larger aggregates.

Prion-like behaviour of SOD1

Assays of SOD1 aggregation often use mechanical agitation to speed fibrillation by fragmenting growing fibrils thus providing exponentially more termini for the incorporation of protomers. Initiation of fibrillation can also occur by seeding; transfer of wild-type or mutant fibrils from a mature reaction to a lag-phase period. This was subsequently disputed in light of the Chiti–Dobson equation and found that 69% of the variability in disease duration could be accounted for by the synergistic effect of mutant SOD1 instability and aggregation. This was subsequently disputed in light of DSC and dynamic light-scattering characterisation of several SOD1 mutants (Vassall et al., 2011). Given the stochasticity of many SOD1 mutants. The propagated misfolding paradigm also opens the somewhat remote possibility of person-to-person transmission as has been observed for amyloid-β (Jaunmuktane et al., 2015).

Impact on disease

Intuitively one would expect the molecular characteristics of mutant SOD1 to manifest at some level in the disease phenotype in light of the relatively simple inheritance and disease penetrance of many SOD1 mutants. Armed with a cause and effect hypothesis such as increased aggregation propensity leads to shorter disease duration (Prudencio et al., 2009), and the ability to define this process in vitro or in cells, how good are we at predicting the disease? Lindberg et al. (2002) first related the stability of mutant, immature SOD1 to patient survival time after initial diagnosis. Wang et al. (2008) developed this using the Chiti–Dobson equation and found that 69% of the variability in disease duration could be accounted for by the synergistic effect of mutant SOD1 instability and aggregation. This was subsequently disputed in light of DSC and dynamic light-scattering characterisation of several SOD1 mutants (Vassall et al., 2011). Given the stochasticity

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Fig. 10. SOD1 aggregate growth. SOD1 fibril growth is commonly assayed in vitro using a fluorescent dye such as thioflavin T. Fibril growth is preceded by a lag phase where little aggregation takes place. Aggregation is then nucleated in a stochastic process leading to exponential growth. Growth plateaus when all available SOD1 has been incorporated into aggregates. Each process can be modified by changing the SOD1 mutant under investigation, its concentration, adding aggregate seeds or sequestering protein in non-fibrillar aggregates.
in relatively simple microplate fluorescence assays for SOD1 aggregation (Abdolvahabi et al., 2016), the small sample sizes of each SOD1 ALS mutation together with human genetic, physical and environmental heterogeneity, and the inherent differences in SOD1 mutations themselves sometimes resulting in incomplete penetrance, it will always be difficult to predict clinical milestones. In an effort to combat the latter point, a small angle X-scattering study focussed only on ALS substitutions at the Gly93 site was able to discern differences in their aggregation paralleling disease course following diagnosis (Pratt et al., 2014). A second option is to increase the number of data points and restrict experimental conditions by looking at the relationship between in vitro and cell or transgenic models. Lang et al. (2015) showed a good inverse linear relationship between mutant transgenic mouse survival times and the ratio of unfolded aggregation precursor to total SOD1 protein. A similar effect was seen in cultured neuronal cells (McAlary et al., 2016).

Are aggregates toxic?

By benchmarking our model systems against the disease, it should be possible to find entities that inhibit disease characteristics in the model system and then apply that knowledge to the disease in humans. This philosophy only functions if we study the toxic species. Aggregates clearly co-segregate with SOD1 mutations and by extension SOD1-related ALS. Furthermore, their presence augurs rapid cell death (Matsumoto et al., 2005). However, true insoluble aggregates only appear at late stages in transgenic mouse models, after or disconnected from the onset of ALS-like symptoms, indicating they may be a response to toxicity or innocuous bi-product rather than a cause. Highlighting this point, Gill et al. (2019) found that the amount of aggregated SOD1 in transgenic mouse spinal cord was inversely proportional to disease progression as measured by NeuroScore. Thus, mice fair better if they sequester more SOD1 in aggregates. The authors also found that regions most affected by disease displayed higher soluble misfolded to total soluble SOD1 ratios (Gill et al., 2019). These low molecular mass, soluble misfolded SOD1 species, free of all PTMs are present throughout life (Jonsson et al., 2004; Rakshit et al., 2007; Zetterström et al., 2007; Lee et al., 2015; Gill et al., 2019) and may therefore be a better candidate for the toxic species than inert aggregates.

Mitochondrial toxicity

The pathway from SOD1 mutations to destabilisation, misfolding and aggregation is well delineated. This does not however, tell us why neuronal cells die in SOD1 ALS. Accumulation of ubiquitinated SOD1 into aggregates which also sequester chaperone proteins is a potential source of toxicity as proteostatic activities become impaired. Another possible source of toxicity is the degeneration of mitochondria. Transgenic mice expressing Gly37Arg human SOD1 develop intraneuronal vacuoles that displace cytoskeletal structures. The vacuoles appear to be mitochondria with intermembrane spaces swollen to the point of membrane structure breakdown (Wong et al., 1995). Vacuolisation appears in the presymptomatic stage and increases in prevalence as disease symptoms manifest and progress but their occurrence is largely restricted to axons and dendrites (Kong and Xu, 1998). SOD1 transported into the mitochondrial IMS in the disulphide-reduced, metal-free state and is retained through hCCS-catalysed maturation. Mutant and wild-type SOD1 aggregate within mitochondria (Pasinelli et al., 2004; Vijayvergiya et al., 2005; Deng et al., 2006; Cozzolino et al., 2009) leading to membrane disruption (Oladzad Abbasabadi et al., 2013; Salehi et al., 2015; Watanabe et al., 2016). Progressive vacuolisation may be a consequence of this aberrant accumulation. The combined effect of these changes is defective respiration, electron transport and ATP synthesis (Bowling et al., 2006; Magrané et al., 2012).

Membrane association

Misfolded SOD1 is found at high levels around vacuoles in transgenic mouse neurons in what appears to remain of the IMS (Wong et al., 1995; Jaarsma et al., 2001; Graffimo et al., 2013). SOD1 associates with the intracellular face of the plasma membrane but misfolded SOD1 is also found on the outer mitochondrial membrane in ALS spinal cord cells (Petkau and Copp, 1979; Vande Velde et al., 2008). Accumulation is progressive and, importantly, begins just prior to the onset of ALS (Pickles et al., 2013). SOD1, particularly the metal-free state, incorporates within biological membranes and disorders lipid packing (Petkau and Chelack, 1976; Petkau and Copp, 1979; Lepock et al., 1981). Chng and Strange (2014) used molecular dynamics simulations to show how residues in the conformationally dynamic electrostatic and zinc-binding loops bind octanol and mediate interactions with bilayer surfaces. A C-terminal SOD1 truncation at Leu126 facilitates the adoption of a membrane-penetrant helical structure with several transmembrane helices (Lim et al., 2015), and similarly, Ala4Val SOD1 self-association created a tetramer capable of functioning as an integral membrane ion channel (Allen et al., 2012a).

Association of metal-free wild-type with mono- or polyunsaturated fatty acids including arachidonic, oleic and linoleic acid cause SOD1 aggregation (Kim et al., 2005). When incubated with phospholipids, Rasouli et al. (2018) found SOD1 aggregation was influenced by the charge of the head group, lipid concentration and the SOD1 variant. For example, anionic phospholipids greatly stimulated metal-free wild-type SOD1 fibril formation over a broad range of concentrations whereas zwitterionic did not. Cationic phospholipids did catalyse SOD1 aggregation but over a much smaller range of concentration than anionic lipids. Thiollavin T binding indicated that His46Arg did not form fibrils and unusually Ala4Val also had limited fibrillation but wild-type, Gly37arg and Asp90Ala did.

Like hCCS, macrophage inhibitory factor (MIF) has a direct and high affinity interaction with both immature wild-type and mutant SOD1 (Israelson et al., 2015; Shvil et al., 2018). MIF inhibits SOD1 deposition onto the outer mitochondrial membrane and chaperones SOD1 away from misfolding within cells and in a cell-free environment (Israelson et al., 2015). MIF overexpression in neuronal cells increases viability while MIF knockout hastens disease onset and death in SOD1 mutant transgenic mice. MIF has low abundance within motor neurons when compared with other cell types, thus this offers a rationale for motor neuron-selective toxicity despite ubiquitous SOD1 expression.

Secondary SOD1 post-translational modifications

Four PTMs contribute to the stability and function of SOD1. They are, in the sequential order in which they likely occur in the cytosol: zinc and copper acquisition, intra-subunit disulphide bond formation and dimerisation. However, SOD1 is also known to undergo a comprehensive range of secondary PTMs that are

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**References**

Abdolvahabi et al., 2016.  
Vijayvergiya et al., 2005.  
Deng et al., 2006.  
Cozzolino et al., 2009.  
Oladzad Abbasabadi et al., 2013.  
Salehi et al., 2015.  
Watanabe et al., 2016.  
Pasinelli et al., 1995.  
Matsumoto et al., 2005.  
Lee et al., 2007; Zetterström et al., 2007; Lee et al., 2015; Gill et al., 2019.  
Jonsson et al., 2004; Rakshit et al., 2007; Zetterström et al., 2007; Lee et al., 2015; Gill et al., 2019.  
Magrané et al., 2008.  
Wong et al., 2016; Cozzolino et al., 2016.  
Magrané et al., 2012.  
Kim et al., 2005.  
Rasouli et al., 2018.  
Israelson et al., 2015.  
Shvil et al., 2018.  
Israelson et al., 2015.  
Israelson et al., 2015.  
Allen et al., 2012a.
not necessary for the formation of the functional dimeric molecule (Fig. 11). These non-inheritable modifications can change the chemical and biophysical properties of SOD1 as do ALS-related mutations and so may have implications for the pathogenesis or treatment of ALS. Here we review only those PTMs that have an association with ALS.

Acetylation

Like many human proteins, the SOD1 N-terminus is cleaved to form acetylalanine (Barra et al., 1980; Jabusch et al., 1980). Covalent addition of an acetyl group can also take place at accessible serine or lysine residues and changes the overall surface charge of a protein. Lysine acetylation is a global regulator of protein activity and signalling. SOD1 Lys70, which is solvent exposed on the surface of the zinc-binding loop, has been observed to be acetylated in cell culture and reduces the amount of soluble SOD1 in a manner similar to ALS mutations. Addition of deacetylase inhibitors increased the prevalence of this modification and decreased SOD1 activity by inhibiting hCCS-dependent activation. Sirtuin-1 is known to act as a deacetylase for SOD1 Lys70 and restores activation by hCCS (Lin et al., 2015). Acetylation of Lys122, on the N-terminus of the electrostatic loop, does not change SOD1 activity but is found only in specific cell types and regions within the CNS indicating functional importance (Kaliszewski et al., 2016). Non-specific lysine acetylation of wild-type, Asp90Ala and Ala4Val SOD1 with aspirin in vitro inhibited the nucleation rate and extension of aggregates overall. As the number of acetyl groups increased, the thermal stability of metal-free SOD1 decreased. Destabilisation of acetylated fibril aggregates was also observed and thought to occur by Coulombic repulsion (Abdolvahabi et al., 2015).

Glycation

Protein glycation is the irreversible, stochastic, non-enzymatic addition of a sugar or dicarbonyl to protein amino groups. In practice, addition is usually limited to arginine and lysine side chains. Initial addition is followed by a series of reactions which lead to heterogeneous advanced glycation end-product (AGE) formation. AGEs negatively affect proteins by inhibiting function, crosslinking, decreasing solubility and increasing protease resistance. As a result, they are associated with neurodegenerative diseases such as Alzheimer’s and Parkinson’s diseases (Li et al., 2012). Arai et al. (1987a) found glucose-modified SOD1 to constitute roughly 20% of the erythrocytic SOD1 pool and also found differences in glucosylation between SOD1 from young and old cells. In vitro glucosylation occurs at Lys3, Lys9, Lys30, Lys36, Lys122 and Lys128. These modifications reduce SOD1 activity (Arai et al., 1987a, 1987b). Modification of metalated and metal-free wild-type SOD1 with the advanced glycation end-product precursor methylglyoxal induces partial unfolding and, in the case of apoSOD1, the formation of high molecular mass oligomers (Sirangelo et al., 2016). In addition, ALS SOD1 mutant proteins are more easily glucosylated and fructosylated in vitro with respect to wild-type (Takamiya et al., 2003). These in vitro experiments are of importance because AGE-modified SOD1 is a major component of aggregates found in post-mortem ALS neural tissues (Kato et al., 1999, 2000; Shibata et al., 1999).

Oxidation

Oxidative stress has long been associated with neurodegenerative disease and ALS is a typical example. SOD1 was first observed to aggregate in response to oxidative damage by Rakhit et al. (2002). Oxidation of wild-type SOD1 by hydrogen peroxide causes...
misfolding and aggregation in vitro and in cells. Furthermore, oxidation promotes association with ubiquitin and Hsp70, as is the case in human mutant SOD1 aggregates, and is toxic to motor neuron cultures (Ezzi et al., 2007). There are three sites at which SOD1 is known to be oxidised: Cys111, Trp32 and the copper site histidines. Efficient formation of the dimer requires oxidation of a conserved histidine at position 111 by hydrogen peroxide to be observed in vitro (Uchida and Kawakishi, 1994). Multiple human SOD1 copper site histidines are oxidised by ascorbic acid-CuCl₂, again in vitro (Rakhit et al., 2002). There is no evidence of copper site modification in the cellular environment or an impact on ALS but Cys111 and Trp32 both have implications for disease pathogenesis.

Human SOD1 Cys111 residues are solvent exposed but oppose each other 9 Å apart across the sub-unit interface when the protein is in the dimeric form. Their side-chain sulphhydryl groups are reactive (Calabrese et al., 1975). Cysteine is used sparingly in nature due to its reactivity and a cysteine at position 111 is uncommon in the primary sequence of SOD1 orthologues. Its persistence in different phylogenetic groups however could point to a functional role, possibly environmental redox sensing (Go et al., 2015). Cys111 is known to be a key modulator of SOD1 expression level, folding, stability, aggregation and toxicity (Jabusch et al., 1980; Lepock et al., 1990; Hallewell et al., 1991; Suzuki et al., 2011; Chen et al., 2012; Zhang et al., 2017). A potential mechanism for this may be found in the asymmetry and hydrogen bonding network of SOD1 loop VI within which Cys111 is found (Ihara et al., 2012). The Cys111 side-chain sulphhydryl is amenable to a host of post-translational modification reactions, the simplest of which is reversible oxidation to sulphinic acid (Xu et al., 2018). Successive addition of oxgen by hydrogen peroxide or incubation in the air creates sulphhydrylated and sulphhydrylated SOD1. Sulphhydrylated of wild-type SOD1 Cys111 predisposes it to adopt a Gly93Ala mutant-like conformation and inhibits fast axonal transport (Bosco et al., 2010). The sulphhydrylated form increases in prevalence as the disease progresses and it also localises to hyaline inclusions found within spinal cord neurons of mutant SOD1 transgenic mice (Fujiwara et al., 2007; Chen et al., 2012; Xu et al., 2018). Finally, Bosco et al. (2010) observed immunoreactivity of a conformation-specific antibody which recognises sulphhydrylated wild-type SOD1 in four of nine sporadic ALS cases tested but not in control individuals or ALS cases with mutations in other genes. This highlights the potentially disastrous effect of irreversible oxidation on SOD1 behaviour.

Mass spectrometry analysis of erythrocytic SOD1 from Gly93Ala and wild-type transgenic mice together with native human wild-type SOD1 showed Trp32 to be post-translationally oxidised (Taylor et al., 2007). Like Cys111, the presence of tryptophan in the mid-point of β-strand 3, where it is unusually solvent exposed for a large non-polar amino acid, is uncommon and again suggests some functional importance. In vitro Trp32 is oxidised by hydrogen peroxide in the presence of bicarbonate to N-formylkynurenine and kynurenine or a di-tryptophan species. This promotes misfolding and non-sulphhydrylated, covalently linked dimerisation ultimately leading to aggregation (Zhang et al., 2003, 2004; Medinas et al., 2010; Coelho et al., 2014). Trp32 also facilitates the conversion of wild-type SOD1 to a misfolded form by mutant SOD1; a process which is hindered by the substitution of serine at position 32 (Grad et al., 2011). Similarly, substitution of phenylalanine inhibits SOD1 aggregation and prolongs survival of SOD1 mutant cultured neurons (Zhang et al., 2003; Taylor et al., 2007).

**Thiolation**

S-thiolation is the reversible formation of mixed disulphide bonds between free protein sulphhydryls and low molecular mass cellular thiols such as glutathione or cysteine. These modifications are known to protect cysteine from irreversible oxidation to sulphenate and sulphonate. Modification of SOD1 with cysteine or glutathione results in addition to at most one Cys111 per dimer likely due to lack of space in the inter-dimer groove (Wilcox et al., 2009; Auclair et al., 2013a). The preponderance of glutathionylation versus cysteinylation in vivo has been disputed. Furthermore, sample preparation under oxidative conditions has been shown to increase the extent of thiolation (Auclair et al., 2014). S-glutathionylation can be spontaneous or glutathione-S-transferase catalysed and often results from oxidative stress. Covalent linkage of glutathione to SOD1 was first observed in human erythrocyte SOD1 with the Asp90Ala mutation (Marklund et al., 1997). The site of glutathione adduct formation was subsequently found to be Cys111 (Wilcox et al., 2009). Glutathionylation of mutant and wild-type SOD1 reduces dimer affinity (Redler et al., 2011; Mcalary et al., 2013). Analysing wild-type SOD1 purified from nerve tissue Auclair et al., 2013b found roughly 40% to be cysteinylated at Cys111 in comparison with little cysteinylation in red blood cell SOD1 (Auclair et al., 2014). This modification protected Cys111 from sulphinylation and sulphonylation in response to hydrogen peroxide but decreased the protein’s overall thermal stability by 5 °C (Auclair et al., 2013a, 2013b).

**Acylation**

S-acylation is the addition of a lipid group to a protein cysteine. Palmitoylation is the commonest S-acylation and involves the catalysed formation of a covalent but reversible thioester bond between a free sulphhydryl and the fatty acid palmitate. As a result, the hydrophobicity of the target protein is increased and this can facilitate partitioning of otherwise soluble proteins with lipid membranes. Disulphide-reduced SOD1 has been shown to be palmitoylated in cells, transgenic spinal cord lysate and human spinal cord. Modification takes place primarily at Cys6 but to a lesser extent at Cys111 and even Cys57 and Cys146. SOD1 mutants were also shown to have a higher degree of palmitoylation which may be a consequence of their propensity to exist in the disulphide-reduced state. In addition, wild-type SOD1 also showed a higher degree of palmitoylation in sporadic ALS cases. The degree of palmitoylation correlated with the amount of SOD1 associated with cell membranes (Antinone et al., 2013, 2017). Further analysis found hCCS to be palmitoylated in the opposite manner to SOD1 with decreasing levels in mutant SOD1-related ALS and sporadic ALS (Antinone et al., 2017). Reversible palmitoylation could therefore play a role in reducing the three-dimensional search space of hCCS for zinc-bound, disulphide-reduced SOD1 by facilitating membrane association prior to copper and disulphide transfer.

**Phosphorylation**

SOD1 was first observed to be phosphorylated in myeloid cells after exposure to granulocyte-colony stimulating factor (Cesar et al., 2001). It has subsequently been shown to be phosphorylated at Thr2, Ser59 and Ser98 (Wilcox et al., 2009; Tsang et al., 2014). Ser59 and Ser98 are phosphorylated through a direct interaction with Dun1 in response to oxidative stress and this directs SOD1...
to the nucleus where it acts as a transcription factor for genes involved in the oxidative stress response (Tsang et al., 2014). While production of phosphorylated SOD1 in amounts necessary for biophysical characterisation is challenging, Fay et al. (2016) constructed and crystallised a SOD1 Thr2Asp phosphomimetic mutant. The wild-type SOD1 structure is maintained by the Thr2Asp substitution but strengthens the dimer interaction and slows dissociation rates even when the Ala4Val mutation was present along with glutathionylation at Cys111. In addition, the authors predicted that Thr2Asp destabilises a non-native trimeric structure. As a result, the Thr2Asp substitution reduces cell death resulting from Ala4Val SOD1 expression (Fay et al., 2016).

Deamidation

Deamidation is the removal of the side-chain amide from a glutamine or asparagine residue. Under physiological conditions, the reaction is not enzymatic but slow and may act as a molecular clock (Robinson and Robinson, 2001). The sequential mechanism leads to a mixture of aspartic and isoaspartic acids. Deamidation therefore recapitulates a single amino acid missense mutation. SOD1 deamidation has been observed in erythrocytic SOD1 that occurred in the latter half of the 20th century and still constitutes roughly ¾ of new chemical entities registered by the US Food & Drug Administration. Like ALS mutations or natural amino acid modifications, interactions with exogenous small molecules could have positive or negative effects on SOD1 behaviours associated with ALS. Several small-molecule strategies have been developed to address the underlying folding, metalation, stability and aggregation characteristics associated with ALS mutant SOD1 and target-specific sites on the SOD1 molecule.

Targeting the SOD1 molecule for therapeutic benefit

Small molecules

Small molecules, produced synthetically or derived from natural sources, formed the mainstay of a revolution in drug discovery that occurred in the latter half of the 20th century and still constitute roughly ¾ of new chemical entities registered by the US Food & Drug Administration. Like ALS mutations or natural amino acid modifications, interactions with exogenous small molecules could have positive or negative effects on SOD1 behaviours associated with ALS. Several small-molecule strategies have been developed to address the underlying folding, metalation, stability and aggregation characteristics associated with ALS mutant SOD1 and target-specific sites on the SOD1 molecule.

The Trp32 site

Human SOD1 has a solvent-exposed tryptophan residue on the surface of β-strand 3. This residue is poorly conserved with threonine, serine, asparagine, glutamate, lysine and arginine all preferred across other eukaryotic CuZnSOD analogues. Indeed, only a few simian species and the African elephant are known to incorporate tryptophan at this position while a conservative phenylalanine substitution is found at the equivalent position in human extracellular CuZnSOD (SOD3) indicating hydrophobicity at this site has some functionality. Accordingly, Pokrishhevsky et al. (2018) showed that substitution of Trp32 for the more frequently found serine decreases mutant and wild-type SOD1 stability and resistance to proteolytic digestion. Despite reduced stability, the Trp32Ser substitution confers a protective effect on SOD1 aggregation. This includes slowed aggregation kinetics, an inability to propagate Trp32 SOD1 seeded aggregation, and a propensity to form amorphous rather than fibrillar aggregates (Grad et al., 2011; Pokrishhevsky et al., 2018). β-strand 3 has been found in the core of SOD1 aggregates (Bergh et al., 2015) so removing a hydrophobic interface may hinder fibril formation. All likely contribute to reduced loss of motor function on the expression of Trp32Ser human SOD1 in zebra fish in comparison with human wild-type (DuVal et al., 2019). Thus, inhibiting abnormal SOD1 self-interactions at Trp32 is a possible strategy to prevent aggregation and toxicity.

Several small molecules have been shown crystallographically to bind at or near the Trp32 site. This includes a series of aromatics which exploit a hydrophobic interaction with the Trp32 indole ring system (Fig. 11) (Antonyuk et al., 2010; Kershaw et al., 2013; Ramu et al., 2018) and four catecholamines that interact with a groove in the SOD1 surface created by loop II close to Trp32 (Wright et al., 2013). A fragment-linking approach created one compound which was able to bind the Trp32-loop II site with low micromolar affinity and inhibit Trp32 oxidation (Manjula et al., 2018), a post-translational modification known to facilitate aggregation (Taylor et al., 2007).

5-Fluorouridine was also shown crystallographically to interact with the SOD1 Trp32 site (Fig. 11) (Wright et al., 2013). Inclusion of 5-fluorouridine in cell culture media prior to exposure to human SOD1-ALS spinal cord homogenates could significantly reduce induced SOD1 aggregation (Pokrishhevsky et al., 2017). 5-Fluorouridine, uridine and telbivudine have also been shown to have positive effects in cell and animal model systems including postponing disease onset and increasing survival in Gly93Ala transgenic mice (Pokrishhevsky et al., 2018; DuVal et al., 2019; Rando et al., 2019).

The Cys111 site

Like Trp32, SOD1 Cys111 is poorly conserved and oxidation of its sulphydryl has a role in aggregation (Chen et al., 2012; Xu et al., 2018). Opposing Cys111 residues are separated by a short distance across the SOD1 dimer interface. Covalent tethering of Cys111 side-chain sulphydryls by maleimide cross-linking was shown to substantially increase mutant SOD1 thermal stability (Auclair et al., 2010). This experiment is reminiscent of covalent tethering of the SOD1 dimers by the introduction of a Val114Cys substitution performed by Ray et al. (2004) which, taking cues from lysosome and thymidylate synthase research, was able to reinforce Ala4Val SOD1 dimer affinity and prevent in vitro aggregation. We were able to mimic these effects by binding the small, antioxidant molecule ebselen to opposing Cys111 residues where they increased dimer affinity of Ala4Val SOD1 nearly 60-fold. In a second mode of action, ebselen was also an efficient catalyst for SOD1 disulphide bond formation which restored normal folding to Ala4Val and Gly93Ala mutants within cells (Capper et al., 2018).

Cisplatin addition to Cys111 prevents and even reverses aggregation of metal-free SOD1 in cell-free and cell-based models. The affinity of this interaction was found to be 37 μM and cisplatin was able to increase metal-free SOD1 thermal stability by 8 °C (Banci et al., 2012b). Crystallographic determination of the SOD1-cisplatin structure shows the ligand positioned at Cys111 (Fig. 11) but full ligand occupancy is not possible due to steric clashes across the dimer interface and cisplatin geometry is significantly distorted (Banci et al., 2012b; Shabalin et al., 2015).

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Metal-coordinating sites
An inability to correctly metalate is a recurring characteristic of SOD1 mutants and increasing the availability of zinc, copper or both is a logical response. High doses of zinc are toxic to Gly93Ala transgenic mice but doses up to 60 mg kg\(^{-1}\) day\(^{-1}\) were tolerated. A higher dose of 90 mg kg\(^{-1}\) day\(^{-1}\) was also tolerated when supplemented with 0.3 mg kg\(^{-1}\) day\(^{-1}\) copper. In each case, mouse survival was increased by roughly 10 days on average (Ermilova et al., 2005). A subsequent 2011 ALS clinical trial assessed a similar mixture of zinc and copper in humans for toxicity but details of progression beyond phase I/II are sparse.

Taking the alternative approach of increasing copper availability, diacetylbis(N(4)-methylthiosemicarbazonato) copper (II) (CuATSM) was shown to increase survival in Gly93Ala, Gly37Arg and Gly93Ala/hCCS overexpressing transgenic mice in a dose-dependent fashion (Soon et al., 2011; McAllum et al., 2013; Williams et al., 2016; Vieira et al., 2017). In a cell model, CuATSM increases SOD1 abundance and activity while reducing aggregation and cell death but only for non-metal-binding site mutants (Farrawell et al., 2019). CuATSM has recently completed a phase I clinical trials with a further phase I dose escalation trial underway and a phase II trial began on 30 September with completion date of 30 December 2020.

Promoting production of stable SOD1 over unfolded or aggregated species with pharmaceutical chaperones has been one of the two most explored avenues for SOD1-specific therapeutic development. What holds these strategies back as effective treatments for SOD1 ALS are combinations of toxicity, specificity, affinity and delivery; problems often associated with drug discovery but especially difficult to overcome when the target is in the central nervous system.

Biologics
Biologics, including antibodies and engineered proteins, offer a solution to the specificity problem above. The SOD1 interactome is relatively small but several interaction partners have the potential for therapeutic repurposing. This repertoire has been broadened by surface display techniques, directed evolution and novel antibody generation providing us with many proteins which are able to specifically interact with disulphide-reduced, metal-free, aggregated or soluble misfolded SOD1.

Antibodies
The production of antibodies which react specifically with SOD1 structural conformations commonly found in ALS has revolutionised our understanding of the SOD1 structure–misfunction relationship in the last decade or so. These antibodies are often termed misfolding-specific because they preferentially bind epitopes that are not accessible when SOD1 is mature, either through internalisation or reduced conformational dynamics. The first such antibody was a polyclonal generated against a peptide found in \(\beta\)-strand 8 including the disulphide-forming Cys146 and specifically recognised monomeric SOD1 (Rakhit et al., 2007). Together with analytical or diagnostic use, conformation or mutant-specific antibodies may also have therapeutic applications. While SOD1 aggregates are found within cells, there is strong evidence that aggregates or small misfolded species can traverse the extracellular space and seed aggregation in surrounding cells. If this toxic transport could be inhibited, the progressive nature of ALS could be arrested. Justification for this comes in part from work showing the presence of native SOD1 reactive antibodies in sporadic ALS sufferers with longer than mean survival (van Blitterswijk et al., 2011).

The D3HS IgG antibody was generated against recombinant, metal-free Gly93Ala SOD1 and when delivered directly to the cerebral ventricles was able to postpone weight loss and increase life span by small amounts. Increasing the period over which the antibody was administered and starting the treatment earlier increased survival from +6 to +9 days compared to control Gly93Ala transgenic mice (Gros-Louis et al., 2010).

Active immunisation with peptides designed to create a native immunogenic response specific for misfolded SOD1 has also been shown to increase life-span and slow disease progression in transgenic mice (Urushitani et al., 2007; Liu et al., 2012). However, selection of the immunising peptide has to be carefully considered to not induce an immune response which in itself can be life threatening (Sábado et al., 2015).

Single-chain recognition proteins
High-affinity antibodies can now be generated through traditional protocols cheaply and efficiently. However, their size, flexibility and quaternary structure present a problem for structural study, rational redesign and intracellular delivery. Single-chain recognition domains circumvent these problems and have found interesting uses in relation to SOD1.

Patents have been filed for SOD1-reactive nanobodies; small, single-chain antibodies often generated by immunisation of camelds. Micro-nanomolar binding affinity for wild-type and mutant SOD1 has been described which was able to prevent the formation of large Ala4Val SOD1 fibrils in vitro with some protein forming small amorphous aggregates. Expression of the nanobody within cells reduced SOD1 aggregation and a single direct delivery of nanobody to Gly93Ala SOD1 transgenic mouse brain delayed disease onset and prolonged survival (Robberecht et al., 2016).

A thermophilic variant of the immunoglobulin-binding protein G B1 domain (HTB1) was optimised for SOD1 binding by directing mutations to putative stable regions on the surface of the protein followed by yeast surface display (Banerjee et al., 2017). Unmodified HTB1 could not bind SOD1 while the product of this process was a binding domain with 300 and 674 nM dissociation constants for Gly93Ala and Gly37Arg, respectively. In vitro aggregation in the presence of modified HTB1 showed SOD1 forming small amorphous aggregates rather than large fibrils, reduced intracellular SOD1 misfolding and increased cell viability. The versatility of this technique is illustrated by the successful retargeting of HTB1 to bind amyloid-\(\beta\) peptide with low micromolar affinity with positive effects on aggregation and toxicity (Banerjee et al., 2018).

Using phage display in bacteria, Ghadge et al. (2013) created two single chain variable fragments (scFv) from a pre-existing library which were able to interact with wild-type, Ala4Val and Val148Gly SOD1 but not Gly93Ala SOD1 possibly indicating Gly93 forms part of the protein–protein interface. When co-expressed with Ala4Val SOD1 in neuronal-like cells, SOD1 aggregation was reduced and cell viability was increased. Ghadge et al. (2018) then showed that scFV adeno-associated viral (AAV) delivery to Gly93Ala transgenic mice increased survival when administered neonatally and just prior to the onset of symptoms. On the whole, single chain recognition domains do not replicate the very high target affinity that can be found with well-selected antibodies. However, when combined with reliable, efficient and targeted gene delivery by AAV vectors, these
small proteins are a very promising new strategy to engage and change the fate of many cellular proteins including SOD1.

Conclusion

After more than 50 years of concerted effort, we have gained a very detailed understanding of SOD1 biology. Despite this body of work, new SOD1 functions and behaviour are regularly discovered, in recent years, a role in signalling, stress granule formation and transcriptional regulation. Perhaps the most enigmatic behaviour of SOD1 discovered over these years is its propensity to aggregate and the ramifications this has on ALS.

We now understand how ALS mutations cause aggregation in SOD1-ALS. Generally, mutations to conserved residues in the metal-binding, disulphide, dimer interface half of the SOD1 β-barrel prevent adequate folding and acquisition of a stable structure. These unfolded structures predispose mutant SOD1 to degradation but also lead to the accumulation of the non-conserved part of the barrel into non-amyloid fibrils or amorphous aggregates. While the exact structure of these aggregates remains unresolved, the research community is developing the tools with which to arrest their formation. Small-molecule therapies including CuATSM and ebselen confer order on the functional part of the SOD1 β-barrel while Trp32-targeting compounds bind in the region known to form the core of SOD1 aggregates. What currently limits the usefulness of these compounds bind in the region known to form the core of SOD1 aggregates. What currently limits the usefulness of these compounds as therapeutics, either singly or as a cocktail, is a combination of affinity, specificity and delivery. Honing delivery of zinc and copper, the specificity of disulphide formation and the affinity of anti-aggregation compounds will be necessary for this strategy to succeed in the clinic.

The presence of SOD1 aggregates in mutant SOD1 cases of ALS is unquestionable but there is also strong evidence that wild-type SOD1 is a component of aggregates in at least some sporadic ALS cases (Shibata et al., 1994, 1996b). There are also many reports of misfolded SOD1 in sporadic ALS cases (Bosco et al., 2010; Forsberg et al., 2010; Pokrisshevsky et al., 2012; Grad et al., 2014; Paré et al., 2018). Some of the secondary post-translational modifications described in 'Secondary SOD1 post-translational modifications' section may be responsible for destabilising wild-type SOD1 and lead to misfolding (Bosco et al., 2010). This topic is however contentious; Da Cruz et al. (2017) found no SOD1 misfolding in sporadic ALS samples. If differences in detection are eliminated, this discrepancy must arise from the tissue source, inherent variability of patient samples and subjective data interpretation.

Heterogeneity is common in ALS and we should not be surprised that some sporadic cases, or tissues therein, exhibit SOD1 misfolding and aggregation while others do not. The size of aggregates, the abundance of misfolded SOD1 and the proportion of cells that display these characteristics is also key here. Discovery of misfolded SOD1 in non-SOD1 fALS cases, Parkinson’s disease and aged but healthy individuals supports the notion that SOD1 aggregates are a commonality in ageing and neurodegenerative disease (Nishiyama et al., 1995; Trist et al., 2017; Forsberg et al., 2019). In each case, the size and number of these inclusions was lower than is common in SOD1-ALS patients, thus it may be that investigators expect to see large mutant SOD1-like aggregates when much smaller, punctate forms are missed in non-SOD1 ALS tissue samples.

If SOD1 aggregation is common to mutant SOD1-ALS, non-SOD1 ALS, neurodegenerative disease in general and ageing, is it toxic? The toxicity of protein or peptide aggregates has been questioned recently across neurodegenerative disease research. Low molecular mass misfolded species including SOD1 trimers with non-native secondary, tertiary and quaternary structure have been posited to be toxic (Zhu et al., 2018). These species may exist within cells but there is currently no clear rationale or mechanistic understanding as to their toxicity. Basic science examining this concept is of the utmost importance if we are to create new, viable therapeutics to specifically address these species.

The linkage of SOD1 with ALS in 1993 stimulated a proliferation in research and understanding of SOD1 biology. Throughout, biophysics has been at the forefront, and as we find answers to the questions highlighted above, biophysics will also doubtless continue to be instrumental.

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