Dry and Wet Lubrication Analysis for Multi-Material Hip Assembly

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ABSTRACT – Hip joint repair/replacement is one of the most thriving orthopedic surgical procedures in the human body. The group of patients undergoing hip replacement considerably includes young and physically active persons with varying movements thus requiring longer product life and ease of maintenance. Perfect lubrication in hip assembly ensures a low wear rate and better product life. The present work focuses on dry and wet lubrication analysis of complete implant assembly instead of an individual part. The assembly consists of a stem, head, liner and cup, each made of different materials like a ceramic femoral head mounted over a metallic femoral stem with a polyethylene liner and a metallic acetabular cup. In this work, eight metal-materials are considered for stem/cup, three ceramic materials for the head and two polyethylene materials for the liner. The combinations of these materials are evaluated for various mechanical parameters. Dry (µ = 0.13) and wet (µ = 0.05) lubricating conditions between the liner and femoral head have been considered and their effects on the head, liner and cup have been evaluated for the optimization of Hip joint design. Fifty percent of re-surgery cases arise because of excessive wear out resulting in aseptic loosening of the femoral head and liner interface. Femoral head of size 28 mm diameter with 2 mm thick liner and 3 mm thick acetabular cup are modeled and are analyzed for axial pay load of 2.3 kN. The maximum von mises stress and total deformation for various material combinations of implant assembly have been compared to select the most suitable one for the arthroplasty implantation. The combination of CoCrMo – Ceramics – HXLPE – CoCrMo demonstrates minimum stress and deformation for all three parts i.e. femoral head, liner and acetabular cup under present loading and boundary conditions. ZTA is emerged as the preferred ceramic material for femoral head having a higher compressive strength.

NOMENCLATURE

THA | Total Hip Arthroplasty
FEM | Finite Element Method
THR | Total Hip Replacement
COF | Coefficient of Friction
UHMWPE | Ultra-High Molecular Weight Polyethylene

ZTA | Zirconia-Toughened Alumina
ASTM | American Society for Testing and Materials
ISO | International Organization for Standards
HXLPE | Highly cross link polyethylene
CoP | Ceramic on Plastic

INTRODUCTION

The hip joint is one of the most important shock absorbing and weight-bearing structures in a human body channelizing a variety of movements like normal gait, running, climbing, and jumping. Excessive wear due to diseases, injuries or aging may require hip repair/replacement. Total Hip Arthroplasty (THA) is one of the most successful applications of biomaterials to alleviate pain and restore the functional mobility of the joints [1-3]. Major factors for limiting the service life of the Total Hip Replacement (THR) are deformation and wear that occurs between the articulating surfaces i.e. femoral head and polyethylene liner [4-5]. More than two million hip replacements per annum are performed worldwide and surely will increase swiftly in the next few years due to increment in the elderly population [3, 6]. Aseptic loosening is the most frequent reason for the revision of hip prosthesis [7]. While 30 % to 50 % of revisions are reported only due to cup loosening [8]. Metal debris released from prosthesis may cause local toxicity [9]. As per collected data on the total joint replacement surgery, it is estimated that, by the end of 2030, the number of hip and knee replacements will rise by 174% and 673% respectively as compared to the present rate [3].

As per the Canadian Joint Replacement Registry, the number of knee and hip replacements has increased by 21.5%. In the present scenario, there is an increment in several young and higher physically active persons who are undergoing hip surgery [10-11]. Higher activity level causes higher frictional moment and deformation which finally increase the risk of implant loosening [12-13]. Thus, a better prosthesis is now required which functions over 20 to 25 years without any revision [14-15]. Surgical techniques, physiology of synovial fluid and human activity level are some important factors that affect the survival rate of the prosthesis [16-18]. Excessive wear rate and debris are some of the major factors which lead to a revision of surgery [19-20]. According to the UK and Canadian national survey, the revision rate of the prosthesis
varies between 8-10%, within an average lifespan of 15 years [14]. Wear and deformation are influenced largely by lubricating layer and coefficient of friction (COF) [21-22]. Scholes et al., (2000) [23] demonstrates that a thicker lubricating layer leads to lower friction coefficients. Hence, wear due to friction is the main measurable outcome for evaluating the performance of hip prosthesis. Preclinical testing is the standard procedure to predict the mechanical performance of the newly manufactured device. Wear test with multiple materials and designs had been performed [24].

The hip joint consists of a ball and socket joint with conformal contact. Prosthesis femoral head size is an essential criterion for the joint [25-26,64]. As per the ISO standard 28 mm, 32 mm and 36 mm diameter femoral heads are generally used for the prosthesis, from which 28 mm diameter femoral head is most widely used [27]. While 36 mm metal to metal contact is termed as lowering wear and increasing stability [23, 26]. The coefficient of friction between the alumina-UHMWPE interface strongly depends upon the lubricant properties [28]. Lubricants like distal water (0.044), bovine serum (0.054) and saline (0.089) shows different friction coefficients, and increased up to 0.14 value i.e. non-lubrication (dry) condition [29]. Furthermore, some of the prominent work on hip prosthesis using finite element analysis is described in [68-74, 79].

In the present work, hip implant assembly with 28 mm diameter femoral head with three different materials and liner with two different materials have been considered with a variety of stem and cup materials. The boundary condition is taken as per the ISO standard with dry and wet conditions. The wet condition occurs due to the secretion of synovial fluid and the dry condition occurs when the secretion of lubricant from the body is limited. Dry condition is achieved when the body grows old and is unable to secret the physiological lubricating oil. Sobocinski [30] reveals that lower friction is obtained in Ceramic on Plastic combination. The present work also compares the mechanical behavior of femoral head with three standard commercially available ceramic materials, namely alumina, zirconia and zirconia-toughened alumina (ZTA), articulate against plastic liner material i.e. ultra-high molecular weight polyethylene (UHMWPE) and highly cross-link polyethylene (HXLPE). The FEM modeling of Charnley’s hip implant having a 28 mm femoral head with a polyethylene liner and metallic cup has been developed using ANSYS. The results of stress and deformation are analyzed under static boundary conditions. Minimization of implant loosening has been a major concern, thus, effects of friction coefficient for head, liner and cup have been studied exclusively. The boundary conditions for the femoral stem have been considered as per American Society for Testing and Materials (ASTM) standards.

**MATERIALS AND METHOD**

**Materials**

The hip prosthesis is specifically made up of different materials like metal, ceramic, and plastics which have been studied exhaustively for specific roles as per their material properties and requirements, like ceramics with excellent compressive strength have been used for the femoral head. Similarly, metals are suitable for femoral stem and plastics for liner. UHMWPE is the traditional plastic material extensively used for hip liner replacement. After improving the drawbacks of UHMWPE, research lead to developing new material, named highly cross-link polyethylene (HXLPE) [31-32,75]. The first generation HXLPE (1998) is obtained by melting or annealing, while the second generation HXLPE (2005) is obtained by two different processes i.e. sequential repetition of irradiation and annealing cycles. The clinical outcomes of the second generation HXLPE ensured a reduction of wear up to 80% as compared to UHMWPE [33-34, 65-66].

The two widely used alloying metals in the designing of hip implant consist of titanium and CoCr alloys, which is achieved through cast and wrought processes. In the given material, the carbon content less than 0.15% plays a vital role in wear resistance. Assuming the material to be homogeneous, only linear compressive load is applied, effect of muscle and tissue contact have been neglected while applying the ASTM boundary conditions and wear between head and liner is not considered.

Materials like alumina, zirconia and ZTA are generally used as a high compressive bearing surface. ZTA is a relatively newcomer in the field of biomechanics. The revision rate of ceramic on plastic (CoP) combination is the lowest i.e. less than 2 % as compared to other combinations [21,76-78]. Materials like metals, ceramics and plastics with their main characteristics are given in Table 1 and Table 2. The coefficient of friction (COF) in Hip implant depends largely upon geometrical properties like the type of lubricant, and static/dynamic loading conditions. Clinical and experimental studies demonstrate the variation of friction coefficient while changing the material combination. Table 3 summarizes the typical values of COF under different material combinations.

**Table 1. Material properties of femoral head and liner material [35-37]**

| Material type | Density (Kg/m³) | Modulus (GPa) | Poisson's ratio | Ultimate strength (MPa) | Yield strength (MPa) |
|---------------|----------------|--------------|----------------|------------------------|---------------------|
| Alumina       | 4380           | 380          | 0.33           | 551                    | 230                 |
| Zirconia      | 6040           | 110          | 0.30           | 330                    | 290                 |
| ZTA           | 4380           | 358          | 0.23           | 350                    | 21                  |
| UHMWPE (Liner)| 930            | 0.690        | 0.43           | 40                     | 26.2                |
| HXLPE (Liner) | 930            | 2.7          | 0.3            | 56.7                   |                     |
Table 2. Material properties of femoral stem and acetabular cup materials [38-40].

| Material(s)           | Density (Kg/m$^3$) | Modulus (GPa) | Poisson's ratio | Ultimate strength (MPa) | Yield strength (MPa) |
|-----------------------|--------------------|---------------|-----------------|--------------------------|----------------------|
| Co-Cr-Mo (Cast)       | 8300               | 230           | 0.29            | 970                      | 612                  |
| Ni-Ta Alloys          | 6450               | 83            | 0.3             | 895                      | 690                  |
| Ti-6Al-4V             | 4500               | 110           | 0.32            | 900                      | 800                  |
| Ti-6Al-7Nb            | 4510               | 120           | 0.33            | 1050                     | 950                  |
| Ti-15Mo-5Zr           | 5060               | 78            | 0.33            | 960                      | 920                  |
| Ti-15Mo-5Zr-3Al       | 4950               | 82            | 0.3             | 1475                     | 900                  |
| Ti-13Nb-13Zr          | 4990               | 84            | 0.3             | 1037                     | 900                  |
| Ti-29Nb-13Ta-4.6Zr    | 5000               | 80            | 0.3             | 911                      | 864                  |

Table 3. Coefficient of friction for different material combinations [30].

| Material(s)        | COF (Max.) | COF (Min.) |
|--------------------|------------|------------|
| Ceramic on plastic | 0.137      | 0.083      |
| Metal on plastic   | 0.15/0.16  | 0.069/0.064|
| Ceramic on ceramic | 0.43       | 0.30       |
| Metal on metal     | 0.62       | 0.30       |

**FEM Modeling**

The finite element method is widely used in many areas of biomechanics and biomedical engineering. The numeric tool of the FEM has been widely used to study the behavior of joints and bones under tensile and compressive stresses. Charnley’s implant is the most extensively accepted hip implant in the last four decades. The present model consists of four major parts named as a femoral stem, femoral head, liner and acetabular cup. The generated 3D-model of implant is depicted in Figure 1. Materials are assumed to be homogeneous and isotropic for each part. Most of the implant model available in previous studies considered smooth surfaces for the ease of solution. The present analysis is carried out for understanding the stress and deformation behavior for dry and wet conditions respectively. The value of friction coefficient for dry and wet conditions has been extracted from clinical and experimental studies on the hip implants [42-43].

**Meshing**

The mesh of the 3D model implant has been generated using tetrahedral elements. The meshed model contains 1304695 and 917535 number of nodes and elements respectively. These elements consist of three degrees of freedom at each nodal point i.e. translation in x, y and z directions and a quadratic behavior which is well suited for the meshing of highly complex curved geometries.

As the size of the elements decreases, the number of the elements increases proportionally. Increment in the number of the elements in the study continuously changes the values of stress and other mechanical parameters, which also takes larger time to solve the discretized problems. So, it becomes very difficult to clarify the size and the number of the elements suitable for the analysis. That is why grid independence test has been carried out for getting the optimum size and the number of the elements.

Figure 3 illustrates mesh independence for the present implant. This figure clearly reflects the relation between the element numbers to the von-mises stress. It can be seen that the value of stress is changing up to 380000 elements, and beyond that, there is no major change occurring in von-mises stress. Thus, the 0.71 mm mesh size has been adopted for analyzing the present model.
Figure 2. Meshed model of hip implant assembly.

Figure 3. Grid independent test.

Boundary Conditions

The boundary conditions have been applied as per the ASTM F2996-13 and ISO 7206–4:2010(E) standards [45]. Torsional, rotating, tension and dynamic forces have not been taken into account due to the application of static liner loading. Frictional contact is considered into a contact surface between the femoral head and liner. All the material combinations have been analyzed for the 2.3 kN (approximately 3.5 times of standard bodyweight) static uniform compression loading applied over the metallic acetabular cup. The areas of the distal end are fixed in the present model as depicted in Figure 4.

Figure 4. Boundary conditions,
FEA RESULTS

The simulation has been carried out for Charnley’s implant to obtain the least deformation material-combination for dry and wet lubricating conditions. The present section compares the results obtained by considering eight different femoral stem materials, with alumina, zirconia and ZTA femoral head articulating against UHMWPE and HXLPE liner with the same metallic acetabular cup as the stem. Analytical results of finite element analysis of hip implant under a uniform static load of 2.3 kN have been depicted in Figure 5 and Figure 6. These two figures demonstrate analytical results for hip implant under dry (μ = 0.13) and wet (μ = 0.05) conditions with a material combination of Ti-6Al-7Nb – ZTA – UHMWPE – Ti-6Al-7Nb with the optimum limit of a factor of safety. The results of Von-mises stresses deformations and strains for head, liner and cup have been evaluated for the selection of suitable material combination for arthroplasty.

As discussed earlier three different femoral head materials with two liner material have been considered (see Table 1) and the effect of friction coefficients have also been evaluated. Mechanical parameters like stress, deformation and strain of femoral head, liner and acetabular cup with dry lubricating conditions are depicted in Figure 5. In which, Figure 5(a), 5(b), and 5(c) illustrates stress, deformation and strain for HXLPE liner whereas, Figure 5(d), 5(e), 5(f) and 5(g), 5(h), 5(i) expresses stress, deformation and strain for Ti-6Al-7Nb acetabular cup and ZTA femoral head respectively. Similarly, for a wet lubricating condition, stress, deformation and strain for liner, acetabular cup and femoral head with the same material are depicted in Figure 6(a)-6(c), 6(d)-6(f) and 6(g)-6(i) respectively.

Stress and strain are maximum at the core of the liner and acetabular cup as depicted in Figure 5(a), 5(b), 5(c) and 5(d), 5(f) and reduced towards the outermost radius under dry lubricating condition. Similarly, the femoral head demonstrates maximum concentration of stress and strain in the neck joint area. However, the maximum deformation for the liner- acetabular cup occurs at the medial side. The stress concentration and strain in acetabular cup are higher than liner. The similar contours have been obtained for wet lubricating condition as depicted in Figure 6(a) to 6(i). After analyzing all possible combinations of these materials, it has been observed that the stress and deformation follow almost the same pattern for every material combination due to similar material properties under the same boundary and loading constraints.

Figure 5. Contours of Ti-6Al-7Nb-ZTA-HXLPE-Ti-6Al-7Nb combination for dry lubricating condition (μ=0.13): (a) acetabular cup von-mises stress; (b) acetabular cup deformation; (c) acetabular cup strain; (d) liner von-mises stress; (e) liner deformation; (f) liner strain; (g) femoral head von-mises stress; (h) femoral head deformation; (i) femoral head strain.
Figure 6. Contours of Ti-6Al-7Nb-ZTA-HXLPE-Ti-6Al-7Nb Combination for wet lubricating condition (µ=0.05): (a) acetabular cup von-mises stress; (b) acetabular cup deformation; (c) acetabular cup strain; (d) liner von-mises stress; (e) liner deformation; (f) liner strain; (g) femoral head von-mises stress; (h) femoral head deformation; (i) femoral head strain.

Stress Variation Analysis

The variation of stresses for liner, cup and head are depicted in Figure 7. Stress variation at the interior and exterior surfaces of the liner, cup and head under dry-wet lubrication from medial to the lateral side are depicted in Figure 7(a), 7(b) and 7(c) respectively. Wet lubrication demonstrates a greater value of stress as compared to dry condition. In liner, the exterior side demonstrates higher stress but for acetabular cup interior side showcase the maximum stress. The peak stress is observed at the center of the liner and cup and in the case of femoral head it is maximum towards the circumference as depicted in Figure 7(c).
Figure 7. Variation of stress under dry and wet lubricating conditions: (a) liner; (b) acetabular cup and (c) femoral head.

Deformation Variation Analysis

Figure 8 depicts the variation of deformation on interior and exterior surface under dry-wet lubrication conditions. It is observed that there is not any significant difference in deformation at interior and exterior surfaces for liner and cup as shown in Figure 8(a) and 8(b) respectively. Dry lubrication leads to higher deformation, which increases from the medial side and reaches maximum at the centre and then continue to reduce towards the lateral end. Similar graph patterns have been obtained for liner, acetabular cup and femoral head, as depicted in Figure 8 (a), 8(b) and 8(c) respectively.

Strain Variation Analysis

Figure 9 demonstrates strain variation under dry-wet lubrication conditions for interior and exterior faces. It is observed that the interior side of the liner under wet condition showcases the maximum strain followed by dry condition as shown in Figure 9(a). Strain difference between interior and exterior surfaces was greater in liner as shown in Figure 9(a) than acetabular cup which is shown in Figure 7(b). Strain for acetabular cup follows the same pattern as liner i.e. maximum strain occurred at interior surface under wet condition followed by dry lubrication. At the center of the femoral head, maximum stress is observed under wet conditions as shown in Figure 9(c). The strain starts increasing from the medial side and reaches to its maximum value at the center and then continue decreasing towards the lateral side.
Figure 9. Variation of strain under dry and wet lubricating conditions: (a) liner; (b) acetabular cup and (c) femoral head.

Figure 10 illustrates the variation of stress for liner and acetabular cup under dry-wet lubrication at interior and exterior faces. Maximum stress is observed on interior side of acetabular cup under dry condition followed by wet condition. However, minimum stress occurs on the interior side of the liner. Stress patterns at the exterior side of liner were similar to the acetabular interior faces due to similar geometry.

Figure 10. Variation of strain under dry and wet lubricating conditions for liner and acetabular cup.

The results obtained under 2.3kN static loading condition, for every possible material combination of (stem – head – liner – acetabular cup), are tabulated in Table 4 to Table 19. Mechanical parameters of material combinations like CoCrMo – Ceramics – HXLPE – CoCrMo for dry and wet conditions are summed up in Table 4. Similarly, Table 5 displays results obtained for UHMWPE liner material with a similar material configuration as in Table 4. Maximum von-mises stress is found in femoral head which reduces ascendingly towards acetabular cup and liner while maximum deformation follows ascending order of acetabular cup, liner and femoral head.

Von-mises stress and deformation of HXLPE and UHMWPE with femoral stem and liner material are tabulated in Table 4-19. Mechanical parameter for HXLPE and UHMWPE liner material have been demonstrated for combination CoCrMo (Table 4 and 5), Ti-6Al-7Nb (Table 6 and 7), Ti-6Al-4V (Table 8 and 9), Ti-29Nb-13Ta-4.6Zr (Table 10 and 11), Ti-13Nb-13Zr (Table 12 and 13), Ni-Ta (Table 14 and 15), Ti-15Mo-5Zr-3Al (Table 16 and 17), Ti-15Mo-5Zr (Table 18 and 19) respectively.
Table 4. Mechanical parameters under static analysis of hip implant at dry and wet lubricating conditions with the combination of CoCrMo – ceramics – HXLPE – CoCrMo.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 20.559   | 0.25349         | 3.8716       | 0.26081         | 12.007       | 0.2692         |
| Zirconia| Wet 20.539   | 0.25349         | 4.1711       | 0.26093         | 12.549       | 0.26928        |
| Alumina | Dry 14.62    | 0.2537          | 3.8171       | 0.26105         | 11.923       | 0.26944        |
| Zirconia| Wet 14.577   | 0.25369         | 4.1207       | 0.26117         | 12.475       | 0.26952        |
| ZTA     | Dry 21.502   | 0.25349         | 3.8709       | 0.26082         | 12.007       | 0.26921        |
|         | Wet 21.48    | 0.25349         | 4.1718       | 0.26094         | 12.551       | 0.26929        |

Table 5. Mechanical parameters under static analysis of hip implant at dry and wet lubricating conditions with the combination of CoCrMo – ceramics – UHMWPE – CoCrMo.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 20.575   | 0.2535          | 1.8886       | 0.26437         | 12.889       | 0.27263        |
| Zirconia| Wet 20.546   | 0.25349         | 2.145        | 0.26485         | 13.741       | 0.273          |
| Alumina | Dry 14.635   | 0.25371         | 1.8828       | 0.26463         | 12.851       | 0.2729         |
| Zirconia| Wet 14.579   | 0.2537          | 2.132        | 0.26513         | 13.709       | 0.27328        |
| ZTA     | Dry 21.52    | 0.25349         | 1.8984       | 0.26438         | 12.889       | 0.27264        |
|         | Wet 21.489   | 0.25349         | 2.145        | 0.26487         | 13.743       | 0.27301        |

Table 6. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-6Al-7Nb – Ceramics – HXLPE – Ti-6Al-7Nb.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 21.507   | 0.48304         | 3.9279       | 0.49548         | 11.796       | 0.51147        |
| Zirconia| Wet 21.499   | 0.48303         | 4.2565       | 0.49561         | 12.379       | 0.51517        |
| Alumina | Dry 20.521   | 0.48323         | 3.8783       | 0.49571         | 11.721       | 0.5117         |
| Zirconia| Wet 20.488   | 0.48322         | 4.2104       | 0.49585         | 12.313       | 0.51179        |
| ZTA     | Dry 22.59    | 0.48303         | 3.9265       | 0.49549         | 11.795       | 0.51148        |
|         | Wet 22.591   | 0.48303         | 4.2565       | 0.49563         | 12.38        | 0.51158        |

Table 7. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-6Al-7Nb – Ceramics – UHMWPE – Ti-6Al-7Nb.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 21.517   | 0.48304         | 1.9145       | 0.4988          | 12.719       | 0.51474        |
| Zirconia| Wet 21.505   | 0.48304         | 2.1687       | 0.49927         | 13.624       | 0.5151         |
| Alumina | Dry 20.537   | 0.48324         | 1.9081       | 0.49904         | 12.687       | 0.51498        |
| Zirconia| Wet 20.494   | 0.48323         | 2.1566       | 0.49952         | 13.594       | 0.51535        |
| ZTA     | Dry 22.61    | 0.48304         | 1.9158       | 0.49881         | 12.72        | 0.51475        |
|         | Wet 22.598   | 0.48303         | 2.1687       | 0.49928         | 13.625       | 0.51511        |

Table 8. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-6Al-4V – Ceramics – HXLPE – Ti-6Al-4V.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 21.663   | 0.52774         | 3.9403       | 0.54119         | 11.772       | 0.55866        |
| Zirconia| Wet 21.672   | 0.52774         | 4.2745       | 0.54133         | 12.359       | 0.55876        |
| Alumina | Dry 20.976   | 0.52793         | 3.8919       | 0.54142         | 11.696       | 0.55888        |
| Zirconia| Wet 20.944   | 0.52792         | 4.2295       | 0.54156         | 12.293       | 0.55898        |
| ZTA     | Dry 22.129   | 0.52774         | 3.9389       | 0.5412          | 11.771       | 0.55868        |
|         | Wet 22.122   | 0.52774         | 4.2745       | 0.54134         | 12.36        | 0.55877        |
| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 21.657 | 0.52775 | 1.92 | 0.54449 | 12.722 | 0.56192 |
|         | Wet 21.668 | 0.52774 | 2.174 | 0.54496 | 13.624 | 0.56228 |
| Zirconia| Dry 20.992 | 0.52795 | 1.914 | 0.54472 | 12.689 | 0.56215 |
|         | Wet 20.951 | 0.52793 | 2.1622 | 0.5542 | 13.594 | 0.56252 |
| ZTA     | Dry 22.14 | 0.52774 | 1.9216 | 0.5445 | 12.722 | 0.56193 |
|         | Wet 22.129 | 0.52774 | 2.174 | 0.54497 | 13.626 | 0.56229 |

Table 10. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-29Nb-13Ta-4.6Zr – Ceramics – HXLPE – Ti-29Nb-13Ta-4.6Zr.

| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 21.663 | 0.52774 | 3.9403 | 0.54119 | 11.772 | 0.55866 |
|         | Wet 22.43 | 0.72767 | 4.3529 | 0.74576 | 12.261 | 0.76981 |
| Zirconia| Dry 20.976 | 0.52793 | 3.8919 | 0.54142 | 11.696 | 0.55888 |
|         | Wet 20.988 | 0.72786 | 4.3121 | 0.746 | 12.196 | 0.77004 |
| ZTA     | Dry 22.129 | 0.52774 | 3.9389 | 0.5412 | 11.771 | 0.55868 |
|         | Wet 22.81 | 0.72767 | 4.3527 | 0.74577 | 12.262 | 0.76982 |

Table 11. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-29Nb-13Ta-4.6Zr – Ceramics – UHMWPE – Ti-29Nb-13Ta-4.6Zr.

| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 22.41 | 0.72768 | 1.9463 | 0.74885 | 12.687 | 0.77293 |
|         | Wet 22.425 | 0.72767 | 2.1978 | 0.74933 | 13.596 | 0.7733 |
| Zirconia| Dry 21.028 | 0.72788 | 1.9398 | 0.74909 | 12.653 | 0.77316 |
|         | Wet 20.995 | 0.72787 | 2.1866 | 0.74958 | 13.566 | 0.77354 |
| ZTA     | Dry 22.787 | 0.72767 | 1.9469 | 0.74886 | 12.687 | 0.77294 |
|         | Wet 22.805 | 0.72767 | 2.1977 | 0.74934 | 13.597 | 0.77331 |

Table 12. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-13Nb-13Zr – Ceramics – UHMWPE – Ti-13Nb-13Zr.

| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 22.299 | 0.69302 | 3.9854 | 0.71019 | 11.674 | 0.73313 |
|         | Wet 22.31 | 0.69302 | 4.3398 | 0.71033 | 12.28 | 0.73324 |
| Zirconia| Dry 20.999 | 0.69322 | 3.9407 | 0.71042 | 11.599 | 0.73336 |
|         | Wet 20.972 | 0.69321 | 4.2983 | 0.71057 | 12.214 | 0.73347 |
| ZTA     | Dry 22.664 | 0.69302 | 3.9838 | 0.7102 | 11.673 | 0.73314 |
|         | Wet 22.679 | 0.69302 | 4.3395 | 0.71034 | 12.281 | 0.73325 |

Table 13. Mechanical Parameters under Static Analysis of Hip Implant at Dry and Wet Lubricating condition with the combination of Ti-13Nb-13Zr – Ceramics – UHMWPE – Ti-13Nb-13Zr.

| Ceramic | Femoral Head | Liner | Acetabular Cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry 22.291 | 0.69303 | 1.9424 | 0.71343 | 12.699 | 0.73636 |
|         | Wet 22.304 | 0.69303 | 2.1938 | 0.71392 | 13.605 | 0.73673 |
| Zirconia| Dry 21.013 | 0.69323 | 1.9351 | 0.71367 | 12.666 | 0.7366 |
|         | Wet 20.978 | 0.69322 | 2.1825 | 0.71416 | 13.574 | 0.73697 |
| ZTA     | Dry 22.656 | 0.69303 | 1.9431 | 0.71344 | 12.699 | 0.73637 |
|         | Wet 22.673 | 0.69302 | 2.1937 | 0.71393 | 13.606 | 0.73674 |
Table 14. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ni-Ta – Ceramics – HXLPE – Ni-Ta.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Stress (MPa) | Deformation (mm) | Deformation (mm) |
| Alumina | Dry 22.329   | 3.9876        | 0.70137          | 11.668          |
|         | Wet 22.34    | 4.3429        | 0.71872          | 0.74195         |
| Zirconia| Dry 21.004   | 3.9431        | 0.70157          | 12.275          |
|         | Wet 20.976   | 4.3016        | 0.71895          | 0.74205         |
| ZTA     | Dry 22.696   | 3.986         | 0.70137          | 11.594          |
|         | Wet 22.711   | 4.3427        | 0.71888          | 0.74228         |

Table 15. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ni-Ta – Ceramics – UHMWPE – Ni-Ta.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Stress (MPa) | Deformation (mm) | Deformation (mm) |
| Alumina | Dry 22.321   | 1.9434        | 0.70138          | 12.696          |
|         | Wet 22.334   | 2.1947        | 0.72197          | 0.74517         |
| Zirconia| Dry 21.018   | 1.9364        | 0.70158          | 13.603          |
|         | Wet 20.983   | 2.1835        | 0.72221          | 0.74554         |
| ZTA     | Dry 22.689   | 1.9439        | 0.70138          | 12.696          |
|         | Wet 22.706   | 2.1947        | 0.72246          | 0.74518         |

Table 16. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-15Mo-5Zr-3Al – Ceramics – HXLPE – Ti-15Mo-5Zr-3Al.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Stress (MPa) | Deformation (mm) | Deformation (mm) |
| Alumina | Dry 22.359   | 3.9899        | 0.70993          | 11.663          |
|         | Wet 22.37    | 4.3462        | 0.72747          | 0.75097         |
| Zirconia| Dry 21.008   | 3.9455        | 0.71012          | 12.271          |
|         | Wet 20.981   | 4.3051        | 0.72777          | 0.75108         |
| ZTA     | Dry 22.729   | 3.9882        | 0.70992          | 11.661          |
|         | Wet 22.744   | 4.3459        | 0.72748          | 0.75098         |

Table 17. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-15Mo-5Zr-3Al – Ceramics – UHMWPE – Ti-15Mo-5Zr-3Al.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Stress (MPa) | Deformation (mm) | Deformation (mm) |
| Alumina | Dry 22.35    | 1.9443        | 0.70993          | 12.693          |
|         | Wet 22.364   | 2.1957        | 0.72319          | 0.7542         |
| Zirconia| Dry 21.022   | 1.9374        | 0.71014          | 13.601          |
|         | Wet 20.987   | 2.1845        | 0.73095          | 0.75457         |
| ZTA     | Dry 22.721   | 1.9449        | 0.70993          | 12.694          |
|         | Wet 22.739   | 2.1957        | 0.73072          | 0.75421         |

Table 18. Mechanical Parameters under Static Analysis of Hip Implant at Dry and Wet Lubricating condition with the combination of Ti-15Mo-5Zr – Ceramics – HXLPE – Ti-15Mo-5Zr.

| Ceramic | Femoral head | Acetabular cup |
|---------|--------------|----------------|
|         | Stress (MPa) | Stress (MPa) | Deformation (mm) | Deformation (mm) |
| Alumina | Dry 22.69    | 3.9952        | 0.74308          | 11.619          |
|         | Wet 22.706   | 4.3547        | 0.76136          | 0.78597         |
| Zirconia| Dry 21.505   | 3.9512        | 0.74328          | 12.235          |
|         | Wet 21.481   | 4.3141        | 0.7616           | 0.78607         |
| ZTA     | Dry 23.236   | 3.9934        | 0.74308          | 11.549          |
|         | Wet 23.255   | 4.3544        | 0.76137          | 0.7862         |
DISCUSSION

General Findings

The present work is the first of its kind, which develops a fully functioning three-dimensional finite element model of the hip implant and attempts to predict the mechanical performance under varying material and lubricating system. Femoral stem, femoral head, liner and acetabular cup have slightly different movements and functions. Most of the studies [46–47] has focused largely on femoral stem and head with two key interfaces i.e. stem-head and head-liner. The present investigation has been conducted to analyze the frictional behavior of the CoP implant prosthesis. Ceramics are the best-suited materials for femoral head because of high compressive strength, no toxic effects with metal and high wear resistivity.

Current work is focused on the effect of COF for the contact region between liner and head while considering relative motion with femoral stem and acetabular cup. The result of the numerical computation at 2.3 kN loading over the implant assembly shows that the maximum stress is transferred to femoral head and the maximum deformation is observed in the acetabular cup. CoCrMo material with UHMWPE and HXLPE liner demonstrates minimum von-mises stress and deformation as compared to other material combinations, and from three available ceramic materials, Zirconia offers better results as compared to alumina and ZTA ceramics. It has been observed that there is no significant difference between the mechanical parameters obtained from HXLPE and UHMWPE. Since the wear rate of HXLPE is 80% less than alumina, hence HXLPE is the preferred material.

Combination Versus Standard Material

Present finding uses a linear static load of 2.3kN, which is approximately three to four-times the bodyweight of a healthy person. Higher stiff material demonstrates less deformation and provides better mechanical stability. Dry friction causes the polyethylene debris from the liner [48] which causes harmful effects on the human body and leads to implant loosening and failure of an endoprosthesis.

| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry         | 22.683 | 0.74309 | 1.9463 | 0.7646 | 12.626 | 0.78919 |
|         | Wet         | 22.701 | 0.74308 | 2.1979 | 0.76508 | 13.555 | 0.78956 |
| Zirconia| Dry         | 21.519 | 0.7433 | 1.9397 | 0.76484 | 12.594 | 0.78943 |
|         | Wet         | 21.488 | 0.74329 | 2.1867 | 0.76533 | 13.526 | 0.78981 |
| ZTA     | Dry         | 23.228 | 0.74308 | 1.9469 | 0.7646 | 12.626 | 0.78919 |
|         | Wet         | 23.25  | 0.74308 | 2.1978 | 0.76509 | 13.556 | 0.78957 |

Table 19. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ti-15Mo-5Zr – Ceramics – HXLPE – Ti-15Mo-5Zr.

Table 20. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ceramics – HXLPE – Ti-6Al-7Nb.

| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry         | 28.241 | 2.4126e-004 | 3.921 | 6.2184e-003 | 11.784 | 6.4255e-003 |
|         | Wet         | 28.701 | 2.4451e-004 | 4.2582 | 6.6046e-003 | 12.387 | 6.6856e-003 |
| Zirconia| Dry         | 27.751 | 8.4591e-004 | 3.8698 | 6.7174e-003 | 11.714 | 6.9166e-003 |
|         | Wet         | 28.22  | 8.5959e-004 | 4.2119 | 7.1235e-003 | 12.328 | 7.1924e-003 |
| ZTA     | Dry         | 28.928 | 2.7535e-004 | 3.9188 | 6.2532e-003 | 11.782 | 6.4624e-003 |
|         | Wet         | 29.314 | 2.8112e-004 | 4.2577 | 6.6428e-003 | 12.388 | 6.7257e-003 |

Table 21. Mechanical parameters under static analysis of hip implant at dry and wet lubricating condition with the combination of Ceramics – UHMWPE – Ti-6Al-7Nb.

| Ceramic | Femoral head | Liner | Acetabular cup |
|---------|--------------|-------|---------------|
|         | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) | Stress (MPa) | Deformation (mm) |
| Alumina | Dry         | 28.339 | 2.4479e-004 | 1.8208 | 1.6494e-002 | 12.53 | 1.6045e-002 |
|         | Wet         | 28.918 | 2.4775e-004 | 2.1071 | 1.8461e-002 | 13.497 | 1.7163e-002 |
| Zirconia| Dry         | 27.91  | 8.5917e-004 | 1.8172 | 1.746e-002 | 12.497 | 1.6545e-002 |
|         | Wet         | 28.945 | 8.7309e-004 | 2.0942 | 1.8997e-002 | 13.468 | 1.7682e-002 |
| ZTA     | Dry         | 28.958 | 2.7645e-004 | 1.8225 | 1.6985e-002 | 12.529 | 1.6082e-002 |
|         | Wet         | 29.449 | 2.8323e-004 | 2.1068 | 1.8499e-002 | 13.498 | 1.7202e-002 |

Present work also utilizes the femoral stem for analysis purposes, which were not used in previous studies. Table 20 and 21 demonstrates the mechanical parameter for femoral head – liner – acetabular cup for dry and wet condition without...
considering femoral stem. Results for femoral head of alumina, zirconia and ZTA with HXLPE liner and Ti-6Al-7Nb cup are tabulated in Table 20, while for UHMWPE is tabulated in Table 21.

The effects of femoral stem consideration on mechanical parameters have been demonstrated in Table 6 and 7. Comparative analysis of results in Table 6 and 20 or Table 7 and 21 clearly distinguishes that stress on femoral head increases (see Table 20), on the other hand, the values of stress for liner and acetabular cup remain relatively similar to results shown in Table 6.

**Validation to Prior Studies**

No other prior studies have examined the mechanical characteristics under dry and wet lubricating conditions with such a wide range of material combinations. A prior study examines the femoral stem under 2.3 kN loading. The obtained simulated results using Charnley’s model are validated with the available literature data [44] as illustrated in Table 22. It has been analyzed that the present model gives satisfactory outcomes when validated against the published data. The stress, deformation and strains for Ti-6Al-4V and CoCr alloys comes within the error limit of (7.12%, 8.29%), (1.19%, 0.062%) and (19.47%, 20.32%) respectively. Table 22 demonstrates the mechanical performance of the implant under patient-specific loadings. Therefore, the findings of the current model simulation are precise and accurate with the available literature.

**Clinical Implantation**

The above-mentioned materials are biocompatible and have the potential to reduce the stress shielding effect by increasing load transfer to the next part and lastly to bone. The current data shows the stress in CoCrMo stem material combination which is less than the Ti alloy implants (see Table 4 to 5). Charnley’s hip implant design is clinically proven and largely used as a standard implant for new or revision surgery. Modification in geometries of the implant permits its extensive use for a variety of patients. Geometry of an implant with a multiple size femoral head can be easily accessible with the modification by the simple geometric technique [44]. Chaudhary et al. demonstrated that the COF of the 28 mm femoral head diameter prostheses is significantly higher than the 36 mm diameter prostheses for every test repetition. Interestingly, COF for ceramic on ceramic (CoC) with similar geometric combinations for 38 to 36 mm diameter femoral head demonstrates a similar trend of COF [48]. Instrumental study of the hip implant can be carried out by using vibration and acoustic emission (AE) measurement[67]

**Novel Contributions**

As stated earlier, multiple studies have been performed for an implant but all of them were limited to two or three commonly used materials for stem and femoral head in the implant [49-50]. Therefore, a new study needs to be proposed to analyze the mechanical characteristics of different material-combinations for the stem-head-liner-acetabular cup assembly. Despite of some limitations in our present work, there are notable novel contributions. This work simulates the large combinations of the metals, ceramics and polymers, and used different friction conditions for the static loading of 2.3 kN. The study of mechanical parameters i.e. stress and deformation for three different femoral head material with two different liner materials are first of its kind. Same identical boundary conditions are applicable only for femoral stem which is compared with the available literature data for Ti-6Al-4V and CoCr alloys.

**Limitations**

Drawbacks/limitations in these types of investigations are common and there is always a scope for future work. Firstly, only a linear axial compressive load is applied over the finite element model of the hip implant [51-52]. The human femur is subjected to the dynamic forces and movements while doing various activities throughout the day like standing, stairs, sitting, walking and climbing [53-54]. Multiple studies demonstrate that the contact force during normal walking ranges between 240-480 % of the body weight (BW). In the present work, the effects of surrounding muscle and tissue have been neglected while applying the ASTM boundary conditions. Since all the chosen materials are metal, ceramics and plastics, therefore implant demonstrates linear isotropic properties, which significantly reduces the computational time. Nonlinear and anisotropic properties influence the bulk behavior of the implant [55]. The manufacturing process of ceramic femoral heads is quite complicated and costlier too, now disruptive by additive manufacturing of advanced ceramics [80-81].
The present research was performed under a constant compression load of 2.3kN, which is approximately three to four times body weight of a 70 kg person. Typical daily activities consist of cyclic loading, while some activities like stumbling and going upstairs produce forces five to six times of body weight. Cyclic loading generates repeated stress, which ultimately leads to fatigue failure of an implant and changes stiffness over time [56]. The main intention of this study is to provide a comparison for the optimum material combination, suited for implantation in vivo and prepares a strong base for future studies. It is expected that the performance of material in the present analysis with multiple combinations would be similar for the real-world clinical scenario for the axial cyclic force during daily life activities.

All the materials which are used in the present work are clinically tested. Every implant design undergoes at least 15-20 years of trials in order to check their compatibility with bone tissues. Present work would be beneficial for future studies because it provides a more clinically relevant scenario. It is very important to know the mechanical behavior of an implant and clinical testing of all the material combinations before implantation into the human body.

Future Scope

Present work demonstrates the effect of dry and wet lubrication conditions with implant under static constraints. The future work leads to continue research with patient anatomic bone assembly under patient specific loading and dynamic constraints. The prediction of fatigue life to calculate the longevity of implant life will be the major topic for future prospective. The inflammation and prediction of wear between femoral head and liner is also an important area to work.

In material prospective, Heterogeneous material distribution is the future of mechanical designs where different objects can be fabricated using various algorithms and computer aided design technique. In Hip Implant design, implant loosening is coming out as a major challenge which needs to be addressed with the help of recent advancements in heterogeneous modeling. The analysis of hip joint can be further explored with heterogeneous material modeling in order to improve the performance and efficiency of the implants design[57-62]. Three-dimensional (3D) printing have significant potential as a fabrication technique as it is capable of biomimicking the anatomical designs found[63].

CONCLUSION

The present investigation consists of two major parts i.e. effect of dry and wet lubricating conditions with three ceramics combinations for UHMWPE and HXLPE liner material. The main conclusions from the present work are as follows:

i. It is found that material combination named CoCrMo – Ceramics – HXLPE – CoCrMo demonstrates the least amount of stress and deformation while Ti-15Mo-5Zr – Ceramics – HXLPE – Ti-15Mo-5Zr shows the highest stresses and deformation.

ii. The highest amount of stress is observed in the order: femoral head > acetabular cup > liner.

iii. Maximum deformation is observed in the order: acetabular cup > liner > femoral head.

iv. It is found that Zirconia ceramic material demonstrates the least amount of stress as compared to Alumina and ZTA.

v. It is found that UHMWPE as a liner material demonstrates less stress but higher deformation than HXLPE plastic.

vi. Dry lubricating condition demonstrates higher stress for femoral head and acetabular cup. But, for liner wet lubricating condition demonstrates higher stress due to lubricating fluid film.

vii. Deformation for the dry and wet lubricating condition is approximately similar for almost every material combination.

viii. The obtained simulated outcomes show that the maximum values of stress-strain for liner and acetabular cup are observed at the center and then continue to reduce towards the outer radius. Additionally, the maximum stress also occurs at the medial side of liner and cup.

ix. It is found that stress-strain for femoral head occurs at the neck contact region. However, maximum deformation is observed on top of the medial side of the head.

x. It is found that interior side of liner and acetabular cup under wet lubricating condition demonstrates maximum stress, strain and deformation. However, the exterior side of liner and interior side of acetabular cup demonstrates similar values of stress and deformation.

Clinical and experimental result demonstrates that HXLPE demonstrates 80% less wear than UHMWPE. Since HXLPE is the next generation material hence it is preferred over UHMWPE. Similarly, ZTA is an advanced material, which overcomes the drawbacks of Alumina and Zirconia. The present work demonstrates that there is no significant difference in the deformation value of Ceramic materials. Finally, the obtained simulated outcomes recommend that implant alloys with ZTA and HXLPE are preferred material-combination as compared to other possible combinations.

ACKNOWLEDGEMENT

The author is grateful to department of mechanical engineering of NIT Kurukshetra and co-authors for their endless contribution and supervision.
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