COUNTERROTATING NUCLEAR DISKS IN ARP 220

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ABSTRACT

The ultraluminous infrared galaxy Arp 220 has been observed at 0′.5 resolution in CO (2–1) and 1mm continuum using the newly expanded Owens Valley Millimeter Array. The CO and continuum peaks at the double nuclei and the surrounding molecular gas disk are clearly resolved. We find steep velocity gradients across each nucleus (∆V ~ 500 km s⁻¹ within r = 0′.3) whose directions are not aligned with each other and with that of the outer gas disk. We conclude that the double nuclei have their own gas disks (r ~ 100 pc), are counterrotating with respect to each other, and are embedded in the outer gas disk (r ~ 1 kpc) rotating around the dynamical center of the system. The masses of each nucleus are M_dyn ~ 2 × 10⁹ M☉, based on the CO kinematics. Although there is no evidence of an old stellar population in the optical or near-infrared spectroscopy of the nuclei (probably owing to the much brighter young population), it seems likely that these nuclei were “seeded” from the premerger nuclei in view of their counterrotating gas kinematics. The gas disks probably constitute a significant fraction (∼ 50%) of the mass in each nucleus. The CO and continuum brightness temperatures imply that the nuclear gas disks have high filling factors (∼ 0.5–1) and extremely high visual extinctions (A_V ~ 1000 mag). The molecular gas must be hot (≥ 40 K) and dense (≥ 10⁴–⁵ cm⁻³), given the large mass and small scale height of the nuclear disks. The continuum data suggest that the large luminosity (be it starburst or active galactic nucleus) must originate within 100 pc of the two nuclear gas disks, which were presumably formed through concentration of gas from the progenitor outer galaxy disks.

Subject headings: galaxies: evolution — galaxies: individual (Arp 220) — galaxies: interactions — galaxies: ISM

1. INTRODUCTION

Arp 220 is the prototype ultraluminous infrared galaxy with L_8–1000μm = 1.4 × 10¹² L☉ (Soifer et al. 1987). The galaxy is thought to be in the final stage of merging since optical images show extended tidal tails (Arp 1966), and radio and near-infrared (NIR) imaging reveal double nuclei with a projected separation of ~ 300 pc (Norris 1985; Graham et al. 1990). Arp 220 also has a massive concentration of molecular gas (∼ 10¹¹ M☉) within the central kiloparsec (Scoville et al. 1986). These characteristics are similar to those of many of the ultraluminous infrared galaxies, which often show morphological evidence of strong interactions or merging (Sanders et al. 1988) and have large molecular gas masses (∼ 10¹¹ M☉; Sanders, Scoville, & Soifer 1991; Solomon et al. 1997). The concentration of molecular gas in the nucleus is in accord with gasdynamical simulations of galaxy mergers (see, e.g., Barnes & Hernquist 1991).

High-resolution observations of molecular gas and dust continuum can provide crucial information on gasdynamics and thermal structure in the nuclear region of Arp 220. Arcsecond resolution observations by Scoville, Yun, & Bryant (1997; hereafter SYB97) revealed a kiloparsec-size molecular gas disk rotating around the double nucleus. Peaks in the CO line and millimeter-wave continuum at the two nuclei in the kpc-scale disk were suggested by SYB97 and confirmed by Downes & Solomon (1998; hereafter DS98). High-resolution near-infrared imaging with the near-infrared camera and multiobject spectrometer (NICMOS) onboard the Hubble Space Telescope (HST) shows an area of extremely high dust obscuration south of the western nucleus, which is interpreted as a thin, opaque dust disk embedded in the central star cluster (Scoville et al. 1998). The formation of these nuclear disks during a galactic merger may occur naturally as a result of the high dissipation rates in the dense gas, but their role in the promotion of nuclear starbursts and feeding a preexisting active galactic nucleus (AGN; specifically the source of the large far-infrared, or FIR, luminosity) remains very ill defined. However, given the fact that the molecular gas in the nucleus is by far the largest reservoir of an interstellar medium (ISM) available for both star formation and nuclear accretion, it is likely that the nuclear disks play a central role in the nuclear activity. In this paper, we report 0′.5 resolution observations of molecular gas and dust in Arp 220 with the goal of better defining both the disk structure and the kinematics of the nuclei. We adopt the distance of 77 Mpc for Arp 220, at which 1″ corresponds to 373 pc.

2. OBSERVATIONS

Aperture synthesis observations were made on 1998 March 19 using the Owens Valley Millimeter Array. The six 10 m antennas were deployed in the new U (ultra-high) configuration that has 400 m (east-west) and 330 m (north-south) baselines. Two SIS receivers were used simultaneously to observe the CO (J = 2–1) line and the 1.3 and 3.0 mm continuum. Gains and passbands were calibrated with observations of the quasars 1611 + 343 and 3C273, respectively. The flux scale for the quasars was established by

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observing Neptune\(^5\) and is accurate to \(\sim 10\%\). The derived flux densities of 1611 + 343 were 1.4 Jy at 1.3 mm and 2.3 Jy at 3 mm. The digital spectrometers were configured identically to SYB97 in order to span the very broad CO line (\(\Delta V = 900 \text{ km s}^{-1}\)) and to facilitate combination of this data with the earlier 1\(^{\prime}\) resolution data. Continuum data were recorded from upper and lower sidebands for both 1 and 3 mm in a 1 GHz bandwidth analog continuum correlator.

The raw data were calibrated with the OVRO/MMA software (Scoville et al. 1993), and maps were processed using the NRAO\(^6\) AIPS package. The continuum in the image sideband was subtracted from the line data in the \(\mu\nu\)-domain. Twenty-one channel maps, each of 30.7 km s\(^{-1}\) width, were CLEANed and then combined for the moment maps. We have made two sets of maps; one from only the U-array data and the other from the U-array data plus the L- and H-array data taken by SYB97 (which we call LHU-array maps). The former maps filter out most of the extended emission, while the latter retains it; the minimum physical baseline lengths are 100 and 15 m, respectively.

\(^5\) Flux observations were made in a separate track to avoid the known CO absorption in the Neptune atmosphere.

\(^6\) The National Radio Astronomy Observatory (NRAO) is a facility of the National Science Foundation operated under cooperative agreement by Associated Universities, Inc.

### 3. RESULTS

CO channel maps from the U-array data are shown in Figures 1 and 2, respectively. Figure 3 shows the integrated intensity and mean velocity maps from U- and LHU-array data. The main features in the maps are largely consistent with those in SYB97 and DS98, including the CO and continuum peaks at the east and west nuclei, which we call E and W, and the CO disk about 5\(^{\prime}\) in extent with a velocity gradient across it, approximately along the major axis.

Measured parameters of the CO and continuum emission are summarized in Table 1. The separation and position angle of the two nuclei, 0\(^{\circ}90\) and 101\(^{\circ}\), are in excellent agreement with those at other wavelengths (Norris 1985; Graham et al. 1990; Scoville et al. 1998). Based on the single-dish line and continuum fluxes reported by Radford, Solomon, & Downes (1991) and Carico et al. (1992), respectively, we conclude that the LHU maps recover the entire CO and continuum flux from Arp 220. The U-array maps also fully recover the entire continuum flux (within the \(~ 15\%\) calibration uncertainties), but only 30\% of total CO line flux.

### 4. CONTINUUM EMISSION

The 1 mm continuum is predominantly thermal emission from dust (see, e.g., Scoville et al. 1991), i.e., the long wavelength tail of the FIR emission component containing the bulk of the FIR luminosity of Arp 220. The continuum map
in Figure 3 clearly shows that most of the dust emission arises from the two nuclear components, with less than 20% contained in a more extended source (as noted above, this map recovers the entire 1.3 mm continuum flux). The continuum flux ratio between the E and W nuclei is about 1:2 at both 1 and 3 mm. The spectral slope of each nucleus between 1.3 and 3.0 mm is $S_{\nu} \propto \nu^{3.3 \pm 0.3}$ after subtraction of synchrotron emission, as is discussed in Scoville et al. (1991). This long-wavelength spectrum is consistent with the emission from optically thin dust with an emissivity $\epsilon \propto \nu^{1.3}$ at $T \approx 42$ K (see, e.g., Scoville et al. 1991, who modeled the total east plus west flux).

We find no evidence for the extended continuum emission reported by DS98. Their 1.3 mm fluxes attributed to the E and W nuclei are only 45% and 60% of our values, but their total flux is 84% of that reported by us. The smaller fluxes from the nuclei in DS98 are very likely due to their subtraction of an extended "background" or disk component, but the method of separation is not described by them. Their published map shows no obvious extended component, and the total flux measured by us in the E and W nuclei is 208 mJy. Carico et al. (1992) report a single dish flux of $226 \pm 10$ mJy at 1.25 mm, which translates to 213 mJy assuming an emissivity spectral index of 1.3.

The continuum sources are extremely compact. The W nucleus has a deconvolved size of $0.3 \times 0.2$ (120 x 70 pc), and the E nucleus is unresolved by our 0.5 beam (i.e., $\leq 0.2$). The equivalent blackbody temperatures for a disk of 0.3 diameter are 29 and 51 K for E and W nuclei, respectively. Since the emission probably does not fill the maximum source area, the true brightness temperatures must be higher than these values. A single component fit to the overall FIR spectral energy distribution (SED) of Arp 220 yields a dust temperature of 42 K; however, this low temperature is difficult to reconcile with the minimum brightness temperatures estimated above and the requirement that the dust be optically thin at 1 mm. Thus the overall spectral energy distribution should be modeled more realistically with a range of dust temperatures (mostly higher than 42 K), and probably with an emissivity law steeper than $\nu^{1.3}$. The total dust mass of Arp 220 estimated assuming a single, optically thin component is $\sim 5 \times 10^7 M_\odot$ (Scoville et al. 1991). This is probably an underestimate if multicomponent models with moderate opacities are more realistic.

5. MOLECULAR GAS DISTRIBUTION AND KINEMATICS

The CO emission peaks at the two continuum nuclei, but
is much more extended than the continuum emission. The total extent of CO in Figure 3d, in which most of the single-dish flux is recovered, is about 2 kpc. The overall northeast-southwest velocity gradient seen in this larger scale feature suggests that the gas is rotating as a disk, as modeled by SYB97. The position angle of the velocity gradient, i.e., the major axis of the disk, is measured to be ~25°. It is perpendicular to the symmetric axis (P.A. ~ 105°) of the bipolar Hα emission of Arp 220, which is in the shape of a “double-bubble” of total extent ~24 x 10 kpc, with one bubble on each side of the nucleus (Heckman, Armus, & Miley 1987). The bubbles have an expansion velocity of a few 100 km s⁻¹ and blueshifted (redshifted) on the northwest (southeast) of the nucleus (Heckman, Armus, & Miley 1990). If the kpc-scale molecular disk collimated the outflow of ionized gas, which was attributed to a starburst-driven superwind (Heckman et al. 1987, 1990), then the orientation of the disk is such that the near side of the disk is to the southeast.

About 30% of the total CO emission is intimately associated with the two nuclei, as revealed most clearly in the U-array images. The continuum and CO peaks in the U-array map coincide within 0.05. The systemic velocities of the two CO peaks (Table 1) agree well with those measured at the two NIR nuclei with the Brγ line (Larkin et al. 1995). The presence of two compact disk components associated with each of the double nuclei was suggested by SYB97 (see their Fig. 11). DS98 clearly demonstrated these peaks but did not interpret them as disks (see below). One of the two models proposed by SYB97 assumed that the gas distribution was smooth and axisymmetric. These assumptions are not valid in the central part of the nuclear disk, i.e., within a diameter equal to the separation of the double nuclei. Instead, their alternative model with peaks on each of the double nuclei is more appropriate based on our higher resolution maps. It was also noted by SYB97 that the CO emission profile on each nucleus was “double-horned” with a line width of ~250 km s⁻¹, suggestive of disks rotating within each nucleus. Two rotating gas disks were also inferred from single-dish profiles of HCN and HCO⁺ lines (Taniguchi & Shioya 1998). The rotating minidisk
model now appears favored by our new data, as discussed below.

A steep velocity gradient is clearly seen across each nucleus in the U-array velocity map (Fig. 3b), channel maps (Fig. 1), and also in the IRAM data (DS98). In the CO channel maps, the emission centroid continuously migrates from east of the cross (continuum position of Arp 220 W) at lower velocities to west of the cross at high velocities. A similar shift of the emission centroid from southwest to northeast of the nucleus is also seen in Arp 220 E; however, it is apparent that the directions of the velocity gradients on E and W are not aligned. Moreover, the velocity gradient in Arp 220 W at P.A. = 263° is skewed with respect to that in the outer disk (P.A. = 25°, Table 1). The velocity shifts are about 500 km s⁻¹ within 0.3 (110 pc) of the nuclei, as seen in the position-velocity maps (Fig. 4) as well as the channel maps (Fig. 1). (Note that the mean velocities shown in Fig. 3b average over the synthesized beamwidth that includes emission components from both nuclei as well as the larger, unresolved 1.3 mm continuum position of Arp 220 W.)

There have been several centimeter-wave interferometric studies of the velocity field in Arp 220 with somewhat contradictory results. Baan & Haschick (1995) found a north-south velocity gradient within the W nucleus from VLA observations of formaldehyde (H₂ CO) maser emission, while little velocity gradient was seen in the E nucleus. In their mean velocity map, the velocity gradient within the W nucleus is about ΔV = 125 km s⁻¹ in 1°. The true velocity gradient could be larger if measured in a position-velocity map along the line of nodes, although the map was not presented. The velocity gradient at the W nucleus in the formaldehyde emission is nearly perpendicular to that of CO. VLBI maps of the OH megamaser emission by Lonsdale et al. (1998) show two components of a few ten parsecs extent in each nucleus. The two in the W nucleus have ~100 km s⁻¹ linewidths, respectively, and are separated by 0.3 (110 pc) in the north-south direction, but no velocity shift is seen in the E nucleus.

A steep velocity gradient is clearly seen across each nucleus in the U-array velocity map (Fig. 3b), channel maps (Fig. 1), and also in the IRAM data (DS98). In the CO channel maps, the emission centroid continuously migrates from east of the cross (continuum position of Arp 220 W) at lower velocities to west of the cross at high velocities. A similar shift of the emission centroid from southwest to northeast of the nucleus is also seen in Arp 220 E; however, it is apparent that the directions of the velocity gradients on E and W are not aligned. Moreover, the velocity gradient in Arp 220 W at P.A. = 263° is skewed with respect to that in the outer disk (P.A. = 25°, Table 1). The velocity shifts are about 500 km s⁻¹ within 0.3 (110 pc) of the nuclei, as seen in the position-velocity maps (Fig. 4) as well as the channel maps (Fig. 1). (Note that the mean velocities shown in Fig. 3b average over the synthesized beamwidth that includes emission components from both nuclei as well as the larger, unresolved 1.3 mm continuum position of Arp 220 W.)

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**TABLE 1**

| Parameter | Arp 220 E | Arp 220 W | Total |
|-----------|----------|-----------|-------|
| Position (Δx, Δy) (arcsec) | (0.89, -0.18) | (0, 0) | ... |
| S1.3 mm (mJy) | 66 | 142 | 208b |
| Deconvolved size at 1.3 mm (pc) | Unresolved | 120 × 70 (P.A. 170°) | ... |
| ΔTequiv,1.3 mm (K) | 29 | 51 | ... |
| S3.0 mm (mJy) | (9.5) | (19) | 34 |
| S(CO -1) (OVRO U-array) (Jy km s⁻¹) | 120 | 187 | 307a |
| Vpeak, (km s⁻¹) | 38 | 37 | ... |
| Vmean, (km s⁻¹) | 5523 | 5350 | ... |
| P.A. of velocity gradient (deg)b | 52 | 263 | 25 |
| ΔV (r ≤ 0.3) (km s⁻¹) | 540 | > 480 | ... |
| Mdyn sin² i (M☉) | 1.9 × 10⁹ | > 1.5 × 10⁹ | 5.4 × 10⁹ |
| Mgas sin² i (M☉) | ~ 10⁹ | ~ 10⁹ | ... |

a Single-dish flux scaled from 1.25 mm (Carico et al. 1992) assuming κ ≈ v⁻¹ is 213 ± 10 mJy.

b Equivalent excess blackbody temperature for an emitting region of a diameter. 0.3 pc.

c The total flux density was measured in a 1.2 resolution map, which partially resolves the two nuclei. Flux density of each nucleus is the sum of CLEAN components, which gives a lower limit.

* Single-dish total flux measured by Radford et al. 1991 is 1038 Jy km s⁻¹.

+ Peak excess brightness temperature of CO (2-1) line in the channel maps.

- Heliocentric CO (2-1) velocity (cz) at the nucleus.

- Position angle of the velocity gradient at the nucleus. The last column is for the outer disk.

- Line-of-sight velocity width. Our spectrometer does not fully cover Arp 220 W.

- The dynamical masses for east and west are those within a radius of 0.3 (112 pc) without inclination correction. The total dynamical mass is that within a radius of 250 pc corrected for an inclination of 45°; SYB97.

- See text.

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**Fig. 4**—CO (2-1) position-velocity maps along the major axes of the nuclear disks. Contours are in steps of 46 mJy beam⁻¹ km s⁻¹ (2 σ) without zero contours. The filled box in the lower right-hand corner of each panel shows the spatial and velocity resolution. At −1° in the P-V map of Arp 220 W, the emission is from Arp 220 E, not W.
The steep velocity gradients as well as the misalignments of the CO nuclear disk structures exclude the possibility that the gas is dynamically coherent with the larger disk. Instead, our data suggest that each nucleus has a separate rotating molecular gas disk of diameter about 200 pc (0\degree.6). The directions of the velocity gradients imply that the rotation axes of these two nuclear disks are misaligned. The W nuclear disk with the major axis in east-west direction was found to be aligned to the H\alpha double-bubble, the direction of the velocity gradient is opposite to that of the H\alpha outflow.) Lastly, it is unclear how a starburst-generated outflow could contain a significant fraction of the same dense gas that sustains the starburst.

Whether the mass concentrations seen at the two peaks contain a significant contribution of mass from the premerger galactic nuclei or is almost entirely gas plus young stars is difficult to answer on the basis of existing observational data. The absence of evidence of old stars in the optical/IR spectrum of Arp 220 is certainly not evidence of their absence given the fact that the younger massive stars are much brighter. DS98 argued against a significant mass from the old stellar population on the basis of the mass budget—when they add their estimates of the mass in the molecular gas and the young stars required to account for the observed luminosity, this sum approaches the dynamical mass and hence leaves little room for old stars. However, this does not seem to be a strong basis to rule out an older stellar population since the dynamical mass is really a lower limit (due to the uncertain inclination), the molecular mass estimate is clearly uncertain given the extreme excitation conditions, and lastly, the derived young stellar mass depends sensitively on the starburst IMF and the duration of the starbursts (see, e.g., SYB97; Leitherer & Heckman 1995).

6.1. Comparison of Dust and CO Emission

The marked difference in the extent of CO and continuum emission is real, not an artifact of missing flux in the continuum map. The LHU-array CO map made with all
channels combined before Fourier transform (i.e., processed in the same way as continuum maps) still shows the CO emission extended well outside the double nuclei. The striking difference between the CO and dust spatial extents could be due to the following: (1) line-of-sight blocking of the CO emission (to suppress that from the nuclear regions); (2) different dependences of the CO and dust emissivities on the physical conditions (principally temperature and column density); or, (3) a reduction in the CO abundance relative to the dust in the ISM of the nuclear clusters. The idea of overlapping CO emission clouds was proposed for the larger gas disk of Arp 220 by Downes, Solomon, & Radford (1993), and this idea could be extended to postulate that there is even more severe overlap in the compact nuclear disks than in the larger disk. If the gas cloud density in each nuclear disk is so high that the clouds overlap both on the sky and in line-of-sight velocity, then the intensity of the optically thick CO will reflect the gas temperature at the disk surface in the nearest cloud at each velocity. (To be a significant effect, it is required that the stars in the disk dominate the potential of the gas; otherwise, if the gas actually contributes most of the mass, increases in the mass surface density of the disk cause comparable increases in the CO line width, and hence yield increased velocity-integrated emission.) Additionally, if the dust and CO emission had different dependences on the physical conditions, which are likely to be functions of radius, then the dust continuum could be more centrally peaked than the CO. The optically thin dust emission is proportional to the product of the dust temperature and column density, while the CO surface brightness (assuming the CO is optically thick) will vary as a product of (1) the CO column density; (2) a factor proportional to the ratio $T_{ex}/\langle n_H_2\rangle^{1/2}$, where $T_{ex}$ is the excitation temperature and $\langle n_H_2\rangle$ is the mean H$_2$ density; and (3) a geometry-dependent factor that reflects the importance of external gravitational potentials and pressures in the emission-line width and cloud binding (see, e.g., Downes et al. 1993; Bryant & Scoville 1996). Thus even with a constant ratio of the CO and dust abundances, a dense ISM like that could occur if the CO is optically thin due to high temperatures (DS98), or the gas is depleted relative to the dust in the vicinity of the nuclei. However, since the observed CO brightness temperatures ($T_B \approx 38 \text{ K}$) are comparable to the mean dust temperature ($42 \text{ K}$) derived from fitting the FIR SED, low opacity in the CO lines would necessitate that the gas is much hotter and not in thermal equilibrium with the dust (despite the general expectation that they should be in thermal equilibrium at densities $\geq 10^4-10^5 \text{ cm}^{-3}$). In addition, the CO 2–1/1–0 line ratios indicate that the lower CO transitions cannot be optically thin. It is therefore unlikely that the bulk of the CO emission from the nuclear gas disks is optically thin.

Finally, a low CO-to-continuum ratio near the nuclei could occur if the CO is optically thin due to high temperatures (DS98), or the gas is depleted relative to the dust in the vicinity of the nuclei. However, since the observed CO brightness temperatures ($T_B \approx 38 \text{ K}$) are comparable to the mean dust temperature ($42 \text{ K}$) derived from fitting the FIR SED, low opacity in the CO lines would necessitate that the gas is much hotter and not in thermal equilibrium with the dust (despite the general expectation that they should be in thermal equilibrium at densities $\geq 10^4-10^5 \text{ cm}^{-3}$). In addition, the CO 2–1/1–0 line ratios indicate that the lower CO transitions cannot be optically thin. It is therefore unlikely that the bulk of the CO emission from the nuclear gas disks is optically thin.

It is useful to review the necessity of continuum subtraction for the situation where CO emission is optically thick and the clouds are overlapping. Subtraction of the continuum from the emission line channels is appropriate if, at each velocity, the optically thick CO covers only a small fraction of the projected area of the continuum source. On the other hand, if the continuum source is embedded in and totally covered by the optically thick CO emission at each velocity, then continuum subtraction should be done only outside the velocity range of the CO line. The CO fluxes of the nuclear disks (Table 1) were measured from continuum-subtracted data, and thus underestimate the true CO flux and brightness temperature in the latter case. Without continuum subtraction, the total CO flux and the peak brightness temperature of the nuclear gas disks are 43 K and 150 Jy km s$^{-1}$ for Arp 220 E, and 48 K and 260 Jy km s$^{-1}$ for Arp 220 W—these flux values are about 30% larger than those given in Table 1. The real situation is probably between these extreme cases; i.e., the continuum emission is partially covered by optically thick gas, but is closer to the low-covering situation since only a small fraction of the full line width is represented along each line of sight to the continuum source. In any case, the continuum subtraction does not affect the velocity gradients seen in the nuclear disks since similar gradients are seen in both the continuum subtracted and nonsubtracted line maps.

6.2. Gas and Dynamical Masses of the Nuclear Disks

The dynamical mass in each nuclear disk within 100 pc radius is $\sim 2 \times 10^8 \text{ M}_\odot$, where $i$ is the inclination of the disk (see Table 1). A thin-disk model with parameters of $V_{rot} \sin i \approx 265 \pm 10 \text{ km s}^{-1}$ at $r_{peak} \approx 0:25$ produced a reasonably good fit to the position-velocity diagram of Arp 220 E. The presence of the two nuclear disks, their misaligned rotational axes, and their large masses strongly implies that the two peaks in millimeter, radio, and NIR are major mass concentrations (i.e., galactic nuclei), and that Arp 220 is indeed a merger. The two nuclear disks are embedded in an outer gas disk of kiloparsec size. The dynamical mass within the orbit of the two nuclei (i.e., $r < 250 \text{ pc}$) was estimated to be $5.4 \times 10^9 \text{ M}_\odot$ by SYB97. Thus more than half of the mass in this region belongs to the two nuclei, although the dynamical masses have large uncertainties due to the uncertain inclinations.

Estimation of the molecular gas mass from the observed CO emission in the nuclear disks of Arp 220 is extremely uncertain. The physical conditions of the gas are undoubtedly very different from those of the Galactic giant molecular clouds (GMCs), where the “standard” Galactic CO-to-H$_2$ conversion factor is derived. Moreover, it has been pointed out by Downes et al. (1993) that if the large-scale gravitational field of the galactic nucleus (rather than the self-gravity of individual clouds) dominates the structure of the nuclear CO emission regions, the escape probability of optically thick CO line photons will be increased (because of the larger velocity width), thus reducing the CO-to-H$_2$ conversion factor. SYB97 estimated an average CO-to-H$_2$ conversion factor of 0.45 times the Galactic value for the larger molecular disk in Arp 220. Their method was based on fitting the observed line profiles to an axisymmetric disk model and assuming that the enclosed molecular gas mass determined the disk rotation velocity as a function of radius. This average conversion factor is probably inapplicable to the very compact nuclear gas disks because of the more extreme physical conditions and the likely contribution of stars to the mass within the nuclei.

Here we follow the discussion in the Appendix of Bryant & Scoville (1996) to place constraints on the molecular gas mass. A firm lower limit of $1 \times 10^8 \text{ M}_\odot$ for Arp 220 W (and two-thirds as much for Arp 220 E) is obtained if the CO is
optically thin and in LTE at 40 K with a CO-to-H$_2$ abundance of $10^{-4}$. For optically thick CO emission from self-gravitating GMCs, the higher gas temperature in Arp 220 can be compensated to some extent by the higher gas density, since the conversion factor scales as the ratio $<n_{\text{H}_2}>^{1/2}/T_b$. If the $T_b$ is 50 and 10 K in the Arp 220 and Galactic GMCs, respectively, and the mean volume densities are $10^{4.5}$ and 300 cm$^{-3}$, then the conversion factor is changed (actually increased) by only a factor of 2 because of the compensating changes in temperature and density. The higher gas density is implied by the observations of HCN, a tracer of dense gas. The HCN-to-CO line ratio in Arp 220 requires a mean density exceeding $10^4$ cm$^{-3}$ (Solomon, Downes, & Radford 1992). In addition, this density is consistent with the assumption that the mass derived below is distributed in a disk of 100 pc radius and a thickness of $\sim$ 30 pc. By modeling the effects of the galactic nucleus gravitational potential as a disk, there are two possibilities: an entirely self-gravitating gas disk, and a gas disk embedded in a potential predominantly due to stars. If the gas disk is geometrically thin (with inclination $i$), smooth, and self-gravitating, then the gas mass in Arp 220 W is $1.3 \times 10^8$ sec $i$ $M_\odot$ for gas with density and brightness temperature having a ratio of $<n_{\text{H}_2}>^{1/2}/T_b$, similar to Galactic GMCs. For an inclination of 45°, the conversion factor in the disk is then 0.4 times the Galactic value, and the gas masses in east and west are (1–2) $\times 10^8$ $M_\odot$, which agrees within a factor of 2 to the values derived by DS98 using the similar method of Downes et al. (1993). If the gas disk is not entirely self-gravitating but bound partly by the stellar (or central black hole) gravity, then the gas mass in W is $1.6 \times 10^{9.1} f_p$ sec $i$ $M_\odot$, where $f_p$ ($\leq 1$) is a parameter describing the relative contribution of gas and stars to the kinematics of the disk. (Specifically, $f_p$ is the ratio of gaseous to stellar mass densities at the midplane of the disk; see Bryant & Scoville 1996 for details. Our observations do not constrain this parameter, and thus the gas mass cannot be evaluated in this case.) A firm upper limit of gas mass is $M_{\text{gas}} \leq M_{\text{dyn}}$.

7. MERGER EVOLUTION AND LUMINOSITY SOURCE

Numerical simulations of mergers (see, e.g., Barnes & Hernquist 1991) have shown that the gas concentrates at the center of each galaxy in the early phases of interaction, with some delay after the first encounter when progenitors have massive bulges (Mihos & Hernquist 1994). Later, the gas condensations merge and form a single gas disk as they approach each other. Our results are largely consistent with this scenario since the larger gas disk extending to a 1 kpc radius has 70% of CO luminosity. However, it is clear from the results presented here that each nucleus also has its own smaller, denser disk, which survives until the merging is nearly complete. These compact nuclear disks are probably remnants of the gas that concentrated within the nuclei when they were much further apart. Presumably any gas concentrated within the deep potentials of the original nuclei where the escape velocity is $\geq 300$ km s$^{-1}$ would be trapped until it is either exhausted in star formation or AGN accretion, or is ejected in a more diffuse wind generated by the starburst. The latter would probably be inhibited as a major mechanism of mass loss until the disk has evolved to a much lower column density than is presently the case. As long as there is enough cold dense gas in the disk to dissipate and radiate the wind kinetic energy, the outflows generated by starburst activity embedded within the disks cannot rip much molecular gas off the disks.

Our observations do not give a conclusive answer regarding the origin of the large FIR luminosity of Arp 220, since the dust temperature is consistent with the dominant heating source being either a starburst or an AGN. However, our results do give the following spatial restriction on the energy source. The fact that the 1 mm continuum fits on the FIR tail of the overall spectral energy distribution (containing most of the bolometric luminosity) suggests that spatial distribution of the energy source(s) is similar to that of the 1 mm continuum, i.e., dominated by two components, with the western source being probably twice as luminous. The size of the two luminosity sources must also be $\lesssim 100$ pc. It is possible for additional components to contribute to the bolometric luminosity (without contributing 1 mm flux) only if the temperatures of these components are much higher than for the sources at the nuclei. Since it seems unlikely that dust in the outer gas disk should have higher temperatures than that in the nuclei, we conclude that only a small portion of the luminosity originates from the 1 kpc disk. (We therefore differ from DS98, who attribute half of the luminosity to the outer molecular disk, but as noted earlier, claim a larger fraction of the 1 mm continuum in an extended component.)

The suggested distribution of luminosity is consistent with either a double starburst or double AGN for the energy source. It excludes a single dominant AGN or a starburst in the gas concentration toward the dynamical center between the two nuclei. Since the energy sources are in both nuclei, the elevated luminosity of Arp 220 was probably triggered by gas condensation within the nuclei of the progenitor galaxies. The upper limit of 100 pc is comparable to the spatial extent of the unresolved VLBI sources, probably radio supernovae, around the W nucleus (Smith et al. 1998). If the bulk of the luminosity of Arp 220 arises from starbursts (see, e.g., Sturm et al. 1996; Lutz et al. 1996; Genzel et al. 1998, and references therein), the starbursts are embedded in the two nuclear gas disks and their radiation would be highly extincted. The average extinction perpendicular to the disks is $A_V \sim 1000$ mag based on the mean gas and dust surface densities. Armus et al. (1995) suggested based on NIR photometry and spectroscopy (CO absorption and Br$\gamma$) that there are young (several $10^8$ yr) starbursts at the two nuclei surrounded by an old ($\sim 10^8$ yr) starburst region of $\sim 5'$ (2 kpc) diameter. In their accounting, these starbursts contribute less than 10% to the bolometric luminosity of Arp 220; however, they adopted 10 mag of visual extinction in a foreground screen, whereas the ISO observations indicate probably at least 45 mag for a screen model, or $A_V \sim 1000$ mag for a mixed source/dust model (Lutz et al. 1996). The older starburst appears to have occurred in the outer kiloparsec-size molecular disk and probably caused the large Hz double-bubble whose dynamical age is $\sim 10^8$ yr (Heckman et al. 1990). The current starbursts in the nuclear disks suffer from large extinction, and thus could contribute more to the bolometric luminosity than the above estimate from NIR observations.

Another restriction for the luminosity source is the average luminosity-to-mass ratio $L_{\text{IR}}/M_{\text{dyn}}$ in the nuclear disks. It is as high as 200 $L_\odot/M_\odot$ for nominal inclinations of 45°. Such a high ratio cannot be attained unless the initial mass function of the starbursts is biased toward high masses.
(e.g., truncated below a few $M_\odot$), or there are additional energy sources such as heavily obscured AGNs (SYB97; Shier, Rieke, & Rieke 1996). The large mass of gas in the nuclear disks can fuel both starbursts and AGNs for $\geq 10^8$ yr, whereas the rotational kinetic energy of the nuclear disks ($\approx 10^{50}$ J for each) can sustain the FIR luminosity for just $10^4$ yr. Assuming that the nucleus is not viewed close to the polar axis, the high opacities of the nuclear ISM can easily absorb the direct emission of AGNs (if any exist) from moderately high-energy X-ray to mid-IR wavelengths. The lack of a compact, high-brightness temperature nuclear radio source also does not rule out an AGN, since not all AGNs have strong radio emission (Smith et al. 1998). Lonsdale et al. (1998) pointed out that the linear morphology and broad linewidth of one of the two OH megamaser components in each nucleus could be due to twin jets and a molecular torus of an AGN, although they did not exclude the possibility of starburst-driven shocks for the excitation mechanism of the OH maser.

8. CONCLUSIONS

Our 0'5 resolution observations of CO and dust continuum provide the following picture of the central region of Arp 220: there are two counterrotating gas (and dust) disks of $\approx 100$ pc radius within each of the double nuclei. This counterrotation may reflect the geometry of the progenitor galactic disks in their mutual encounter. If so, it would facilitate the eventual merging of the galaxies because of the more effective cancellation of angular momentum and dissipation of kinetic energy in such encounters. These nuclear disks are embedded in a kiloparsec-size gas disk, which rotates around the dynamical center of the merger. The gas and dust in the nuclear disks is hot ($\geq 40$ K), dense, and probably covers at least half of the nuclear-disk surface area. The dynamical masses within a 100 pc radius of each nucleus are $\geq 2 \times 10^6 M_\odot$. The FIR luminosity is generated predominantly within the central 100 pc of the two nuclei with a high luminosity-to-mass ratio.

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