Antimicrobial characterization of silver nanoparticle-coated surfaces by “touch test” method

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Abstract: Bacterial infections, especially by antimicrobial resistant (AMR) bacteria, are an increasing problem worldwide. AMR is especially a problem with health care-associated infections due to bacteria in hospital environments being easily transferred from patient to patient and from patient to environment, and thus, solutions to prevent bacterial transmission are needed. Hand washing is an effective tool for preventing bacterial infections, but other approaches such as nanoparticle-coated surfaces are also needed. In the current study, direct and indirect liquid flame spray (LFS) method was used to produce silver nanoparticle-coated surfaces. The antimicrobial properties of these nanoparticle surfaces were evaluated with the “touch test” method against Escherichia coli and Staphylococcus aureus. It was shown in this study that in glass samples one silver nanoparticle-coating cycle can inhibit E. coli growth, whereas at least two coating cycles were needed to inhibit S. aureus growth. Silver nanoparticle-coated polyethylene (PE) and PE terephthalate samples did not inhibit bacterial growth as effectively as glass samples: three nanoparticle-coating cycles were needed to inhibit E. coli growth, and more than 30 coating cycles were needed until S. aureus growth was inhibited. To conclude, with the LFS method, it is possible to produce nanostructured large-area antibacterial surfaces which show antibacterial effect against clinically relevant pathogens. Results indicate that the use of silver nanoparticle surfaces in hospital environments could prevent health care-associated infections in vivo.

Keywords: silver, nanoparticle, E. coli, S. aureus, LFS, HAI

Introduction

Bacterial infections impose major consequences on global, national and individual levels, especially when antimicrobial resistant (AMR) bacteria are involved.1,2 AMR is a major threat globally, and it has been calculated that by the year 2050 there will be more than 10 million deaths worldwide linked to AMR bacteria.3 While people live longer, an increasing number of elderly people are staying in hospitals, geriatric institutions and long-care facilities, and thus they are more likely to get health care-associated infections (HAIs). In hospitals, microbes are easily transferred to environment and to other patients via surfaces such as bed linens, bed edges, trolleys, tables, water tap handles, toilet seats and door knobs. This bacterial transmission can lead to nosocomial infections which cause longer hospital stay, more severe infections and even death, especially when the transmission of AMR bacteria such as methicillin-resistant Staphylococcus aureus (MRSA) or carbapenemase-producing Enterobacteriaceae (CPE) are considered.4,6 Escherichia coli and S. aureus are reported of being the most common pathogens linked to HAIs and especially fluoroquinolone-resistant E. coli strains are
causing infections in hospitals. Good hand hygiene and the use of alcohol-based hand rubs are the best way for preventing bacterial transmission and HAIs. Recent studies have nonetheless shown that case fatality rate in HAIs has increased, probably due to AMR and even multi-resistant bacteria. Despite the improved hand hygiene, efficient tools against infections and AMR bacteria are still needed.

Antimicrobial surfaces are one of the most promising innovations for preventing bacterial infections and bacterial transmission in hospital environments. Various heavy metal compounds, including TiO_2_, CuO, ZnO and Ag, are known to have antimicrobial properties since they disturb bacterial growth by inhibiting cell wall proton pumps, inhibiting DNA replication and transcription and causing damages to cell membrane. Silver vessels were already used in 1000 BC to prevent bacterial growth and make water potable. Nowadays, metal nanoparticles, especially silver nanoparticles have shown potential in various antimicrobial applications, including biomedical coatings and textiles. Silver nanoparticles are able to damage DNA or inactivate enzymes or they can induce cell death by increasing membrane permeability, and by changing the structure of membranes silver nanoparticles could also be used as an alternative for antimicrobial treatment. Advantage of using silver nanoparticles is based on their structure: nanoparticles (0.2–100 nm in size) have a high surface-to-volume ratio, thus small particles get good interaction with microbes and the structure enhances the antimicrobial activity. Nanoparticles and nanoparticle-coated surfaces can be produced with various methods. In the current study, a liquid flame spray (LFS)-coating technique was used. LFS is a thermal spray process, where liquid precursor solution is injected into turbulent H_2/O_2/N_2 flame. Liquid precursor was prepared by dissolving silver nitrate (AgNO_3, 99.9%; Sigma-Aldrich, St. Louis, MO, USA) into deionized water (water purity 18 MΩcm, Millipore, Bedford, MA, USA) and by changing the structure of membranes silver nanoparticles were fixed at 2.0 mL/min, gaining silver nanoparticle production rate of 500 mg/min. Gas flow rates for H_2, O_2 and N_2 were fixed at 20, 10 and 5 L/min, respectively. Details of LFS process are described in previous publications. In the direct deposition method, a carousel-type coating device was used where samples passed through the flame one or several times. In the carousel, the speed of the sample through the flame was fixed at 50 m/min, and the distance between the burner nozzle and substrate was fixed at 20 cm. One sweep through the flame is defined in this study as one coating cycle. One coating cycle with the chosen parameters produces sub-monolayer of silver nanoparticles, and by increasing the number of coating cycles, surface becomes more covered with nanoparticles. In the indirect deposition method, flame is introduced into a specially designed flow tube (tube diameter ca. 20 cm), where the flow of nanoparticle cools down and becomes more homogeneous. Deposition of nanoparticles occurs at the other end of the flow tube. LFS parameters are the same in the indirect as in the direct deposition, but coating time at the end of the tube is varied.

Materials and methods

Substrates

Microscope cover glasses (borosilicate, thickness 0.16–0.19 mm; Thermo Fisher Scientific, Waltham, MA, USA), size 20 mm x 20 mm, and PE- and PET-coated papers were used as substrates in nanoparticle coating. After LFS coating, A4 size paper was cut into 20 mm x 20 mm pieces to correspond the size of cover glass samples. Glass samples were cleaned with acetone, 2-propanol and deionized water prior to nanoparticle-coating process.

LFS coating

LFS is a versatile method for producing one- or multicomponent nanoparticles. In the LFS method, liquid precursor is injected into turbulent H_2/O_2/N_2 flame. Liquid precursor feed rate was fixed at 2.0 mL/min, gaining silver nanoparticle production rate of 500 mg/min. Gas flow rates for H_2, O_2 and N_2 were fixed at 20, 10 and 5 L/min, respectively. Details of LFS process are described in previous publications. In the direct deposition method, a carousel-type coating device was used where samples passed through the flame one or several times. In the carousel, the speed of the sample through the flame was fixed at 50 m/min, and the distance between the burner nozzle and substrate was fixed at 20 cm. One sweep through the flame is defined in this study as one coating cycle. One coating cycle with the chosen parameters produces sub-monolayer of silver nanoparticles, and by increasing the number of coating cycles, surface becomes more covered with nanoparticles. In the indirect deposition method, flame is introduced into a specially designed flow tube (tube diameter ca. 20 cm), where the flow of nanoparticle cools down and becomes more homogeneous. Deposition of nanoparticles occurs at the other end of the flow tube. LFS parameters are the same in the indirect as in the direct deposition, but coating time at the end of the tube is varied.

For glass samples, two different approaches were used when the antimicrobial properties of silver nanoparticle coatings were tested. In the first approach, tested cover glasses were coated with direct and indirect LFS nanoparticle deposition, using 30 coating cycles and 30 s coating time,
respectively, and the results were compared with each other and to control samples. In the second approach, tested cover glasses were coated with direct deposition method using 1, 2, 4, 8, 16 and 32 coating cycles to find out the optimal threshold level when the nanoparticle surface became antibacterial, i.e., when there were enough nanoparticles in a given surface area to prevent bacterial growth. Similar microscope cover glasses without nanoparticle coatings were used as references in both approaches.

For PE- and PET-coated paper samples, only the threshold-level testing was used, since the direct deposition method showed better results with glass samples. For PE samples and PET samples, direct deposition with 1, 5, 10 and 30 coating cycles and direct deposition with 1, 3, 5, 10 and 30 coating cycles, respectively, were used to test the optimal threshold level for nanoparticle coatings. PE- and PET-coated papers without nanoparticle coating were used as reference samples.

Silver nanoparticle and surface characterization

Scanning electron microscopy (SEM; Jeol JSM-6335F; JEOL [Nordic], Sollentuna, Sweden) was used to image the sample surfaces before and after coating with silver nanoparticles. SEM images were obtained by sputtering the samples with a thin carbon coating and using an accelerating voltage of 2.7 kV with about 5–6 mm working distance. The method of determining the morphology of silver nanoparticles and measuring particle distribution on surfaces is described in more detail in the previous publication.21 X-ray photoelectron spectroscopy (XPS) was used to chemically quantify the nanoparticles on the surface in atomic percentage. XPS spectra were obtained using PHI Quantum 2000 (Physical Electronics, Chanhassen, MN, USA) as described in the previous publication.21

Antimicrobial testing

The antimicrobial properties of the produced nanoparticle surfaces were tested against Gram-negative rod-shaped E. coli American Type Culture Collection (ATCC) 25922 and Gram-positive coccus, S. aureus ATCC 29213 (methicillin-susceptible strain). E. coli and S. aureus were chosen since they are the most common cause for HAIs.2 Evaluation of direct vs. indirect nanoparticle deposition was also performed with other clinically relevant bacteria: Acinetobacter sp., Enterococcus sp., Pseudomonas aeruginosa, Streptococcus pyogenes, Streptococcus pneumoniae and MRSA.

The antimicrobial testing of nanoparticle-coated samples was performed with modified replica-plating method.22 In touch test method, overnight grown bacteria were diluted in 0.9% NaCl to obtain bacterial suspension equal to 0.5 McFarland standard (approximately 1.5 × 10^8 colony-forming unit [CFU]/mL). Of this bacterial suspension, 50 μL was pipetted on top of the nanoparticle-coated glass and paper samples. Samples were incubated at room temperature (RT) or +37°C for 6, 24 and 48 h on an empty petri plate. After the incubation, viable bacteria from the nanoparticle-coated samples were replicated by stamping the sample on top of the blood agar plate (tryptic soy agar W/5% SB (II); BD, Franklin Lakes, NJ, USA), nanoparticle surface against agar, for 30 s and then removed (touch test). Blood agar plates were then incubated at +37°C o/n and the number of CFUs, if applicable, was determined on the following day (Figure 1). Bacterial growth was scaled as follows: 0 – no growth, 1 – 0–50 (weak growth), 2 – 50–100 (moderate growth), 3 – >100 colonies (good growth), i.e., the culture method was semiquantitative. When the direct and indirect LFS deposition method was evaluated, assay was performed 10 times for E. coli and S. aureus and three times for other pathogens. In the threshold screening, cover glass, PE and PET samples were tested three times for E. coli and S. aureus. Mean and SD were calculated for each trial, and they are presented in Figures 2–4 and Table 1. A one-tailed Student’s t-test was used when comparing antimicrobial activity between uncoated and silver nanoparticle-coated glass and PE and PET samples.

Results

Direct vs. indirect LFS deposition

Results showed that the direct silver nanoparticle deposition, with 30 coating cycles, had clear antibacterial effect against both S. aureus ATCC 29213 (p < 0.005) and E. coli ATCC 25922 (p < 0.05). There were no E. coli CFUs detected in any of the samples when incubated for 3, 6, 24 or 48 h at +37°C; however, a few separate S. aureus colonies were detected after 3 and 24 h incubation (Figure 2). The indirect silver nanoparticle deposition was also effective against E. coli (p < 0.05), when less than five colonies were detected in samples after 3 h incubation and no bacterial colonies were detected in any samples in latter time-point samples. However, the indirect silver nanoparticle coating did not have influence on S. aureus, and moderate bacterial growth was detected in all time points (Figure 2). Bacteria could also be cultured from all reference samples in every time point: E. coli growth decreased evenly and rapidly, whereas
S. aureus stayed viable throughout the whole incubation period (Figure 2).

When nanoparticle coatings were tested against other clinically relevant bacteria, similar results as with S. aureus and E. coli were obtained. Nanoparticle coatings made with direct nanoparticle deposition showed better antibacterial properties compared with indirect deposition. Only MRSA and Enterococcus faecalis were viable in direct LFS samples which were incubated 6 h in RT (Table 1). In all the other time points, there were no bacterial colonies detected in direct LFS samples. The indirect LFS coating had almost no effect on Enterococci, whereas clear inhibition was seen in all the other tested pathogens when samples were incubated over 6 h or at +37°C. In addition, MRSA was clearly inhibited ($p < 0.005$) with indirect coating when samples were incubated at +37°C (Table 1). Since better results were achieved by direct silver nanoparticle deposition, only the direct deposition method was used for further testing.

Threshold screening

Results from coating cycle threshold screening showed that already one LFS-coating cycle was enough to make a glass surface antibacterial against E. coli ($p < 0.001$). E. coli colonies were not detected in any of the nanoparticle-coated samples in any time points. However, E. coli was able to grow on reference glasses after 6 and 24 h incubation; thus, growth was slightly inhibited when samples were incubated at +37°C (Figure 3A). More coating cycles were needed to inhibit S. aureus growth. After 6 h RT incubation, S. aureus was able to grow on all coated samples although the number of CFUs decreased along with the increasing number of coating cycles (Figure 3B). After 24 h incubation at RT, S. aureus was able to grow only in samples with one coating cycle, same as in samples incubated for 6 h at +37°C. After 24 h incubation at +37°C, S. aureus growth was inhibited in all silver nanoparticle-coated samples ($p < 0.01$); however, S. aureus was growing well on reference glasses when incubated at RT or +37°C (Figure 3B).

Silver nanoparticle-coated PE surface inhibited bacterial growth better than PET surface. Already one LFS coating cycle on PE surface was enough to inhibit E. coli bacterial growth ($p < 0.05$). E. coli colonies were detected only in PE samples with one LFS coating cycle when incubated for 6 h either at RT or +37°C. When more coating cycles and longer incubation times were used, no E. coli colonies were detected ($p < 0.005$; Figure 4A). When PET samples were
incubated for 6 h in RT, 10 LFS coating cycles were needed to inhibit *E. coli* growth in samples incubated at RT for 6 h. At least three coating cycles were needed to inhibit *E. coli* growth when samples were incubated a longer time or at +37°C (Figure 4C). When reference samples were incubated at RT, *E. coli* growth was only slightly inhibited whereas incubation at +37°C decreased bacterial growth linearly (Figure 4A and C). Silver nanoparticle-coated PE and PET surfaces had clearly less effect on *S. aureus* compared with *E. coli*, although PE surface inhibited *S. aureus* growth better. When PE samples were incubated at RT, surfaces with 10 coating cycles decreased *S. aureus* growth linearly and 30 coating cycles inhibited bacterial growth totally in all the other samples except in those incubated for 6 h (Figure 4B). When PE samples were incubated at +37°C, *S. aureus* growth was decreased also on surfaces with five coating cycles and the growth was clearly inhibited (*p* < 0.005) in samples with 10 coating cycles (Figure 4B). More than five coating cycles were needed to decrease *S. aureus* growth in PET samples and with 30 coating cycles bacterial growth was evidently inhibited (*p* < 0.001), especially when incubated at +37°C (Figure 4D). In reference PE and PET samples, there was no decrease in *S. aureus* bacterial growth during the 48 h incubation.

**Nanoparticle surface characterization**

As shown also in our previous publication, SEM imaging suggested that synthesized silver nanoparticles are spherical with primary particle size of 20–50 nm, nanoparticles are homogeneously distributed and they form a monolayer on the surface (Figure 5). SEM imaging also showed that the surface with direct 30 coating cycles has clearly more silver nanoparticles than surface with indirect 30 s deposition (Figure 5A–C). With higher amount of coating cycles, silver nanoparticles may form bigger clusters when several primary nanoparticles attach to each other.

**Discussion**

In the current study, silver nanostructures were produced with the LFS method, which enables easy and cost-effective way of coating different kinds of materials, even paper board, and the method is applicable in large-scale production processes. The glass, PE and PET samples were coated with silver nanoparticles, and the results showed that with the direct LFS method it was possible to produce surfaces which were antimicrobial against all of the tested bacteria. The antimicrobial properties of silver nanoparticle surfaces were tested against *E. coli* and *S. aureus*, because not only they are commonly used reference bacteria in laboratory
settings but also they are an example of the most important threat of AMR in hospital settings: fluoroquinolone-resistant *E. coli* and MRSA. In addition, other seven clinically relevant pathogens whose impact on HAIs and AMR is enormous were tested.\(^2,7,8\) The touch test method was used since it was the most convenient and easiest way of testing the antimicrobial properties of nanoparticle surfaces. In addition, being in vitro model, the touch test method was comparable to situation in hospitals where people are touching different surfaces and thus transfer bacteria to other surfaces.\(^23\)\(^-\)\(^25\) In the touch test method, tested bacteria were in close contact with silver nanostructures, allowing silver nanoparticles to interact with the bacterial cell membrane and thus cause cell death.\(^26\)

Tested surfaces inhibited *E. coli* and *S. aureus* growth almost totally during the 48 h incubation time. SEM imaging has shown that surface with direct 30 coating cycles has clearly more silver nanoparticles than surface with indirect 30 s deposition. We have previously shown that the particle spacing depends also on the number of coating cycles, i.e., the surface area covered by nanoparticles increases along with the number of sweeps.\(^21\) This explains the better performance of the direct deposition samples. Silver nanoparticles are more widely dispersed on surface when more coating cycles are used, and since we wanted to maximize the silver nanoparticle amount on the surface, silver concentration of 250 mg/mL was chosen. Based on the previous knowledge from silver nanoparticle synthesis by LFS, it is known that with higher silver concentration there is a possibility of formation of undesired bigger residual particles and the presence of AgNO\(_3\) droplets on the surface.\(^17\)\(^,\)\(^18\) However, the amount of silver nanoparticles is decreased when lower concentration is used.

Incubation temperature also had an influence on bacterial growth inhibition, and when samples were incubated at RT
less inhibition was detected. This could be explained by the fact that when samples were incubated at +37°C, bacterial suspension was dried up during the first 30 min of incubation, and thus drying was the main cause of bacterial growth inhibition. Although +37°C is the optimal temperature for bacterial growth, the aim was to develop a nanoparticle surfaces which

Table 1 Comparison of antimicrobial properties of direct and indirect LFS silver nanoparticle deposition against seven clinically relevant bacteria

| LFS     | Incubation time | S. aureus (MetR), mean (SD) | E. faecalis, mean (SD) | E. faecium, mean (SD) | P. aeruginosa, mean (SD) | Acinetobacter sp., mean (SD) | S. pyogenes, mean (SD) | S. pneumoniae, mean (SD) |
|---------|-----------------|-----------------------------|------------------------|-----------------------|-------------------------|-----------------------------|------------------------|------------------------|
| Direct  | 6 h, RT         | 0.7 (±0.58)                 | 0.5 (±0.71)            | 0.0 (±0.0)            | 0.0 (±0.0)              | 0.0 (±0.0)                  | nd                     | nd                     |
|         | 24 h, RT        | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.0 (±0.0)            | 0.0 (±0.0)              | 0.0 (±0.0)                  | nd                     | nd                     |
|         | 6 h, 37°C       | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.0 (±0.0)            | 0.0 (±0.0)              | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.0 (±0.0)             |
|         | 24 h, 37°C      | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.0 (±0.0)            | 0.0 (±0.0)              | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.0 (±0.0)             |
| Indirect| 6 h, RT         | 3.0 (±0.0)                  | 2.7 (±0.58)            | 2.3 (±1.15)           | 2.0 (±1.73)             | 1.0 (±1.73)                 | nd                     | nd                     |
|         | 24 h, RT        | 2.0 (±1.10)                 | 2.3 (±0.58)            | 2.3 (±0.58)           | 2.0 (±0.0)              | 0.0 (±0.0)                  | nd                     | nd                     |
|         | 6 h, 37°C       | 0.7 (±1.15)                 | 2.3 (±0.5)             | 2.0 (±0.0)            | 0.5 (±0.58)             | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.5 (±0.58)            |
|         | 24 h, 37°C      | 0.7 (±0.58)                 | 2.0 (±0.0)             | 2.6 (±0.48)           | 0.0 (±0.0)              | 0.0 (±0.0)                  | 0.0 (±0.0)             | 0.0 (±0.0)             |
| Reference| 6 h, RT        | 3.0 (±0.0)                  | 3.0 (±0.0)             | 3.0 (±0.0)            | 3.0 (±0.0)              | 3.0 (±0.0)                  | nd                     | nd                     |
|         | 24 h, RT        | 3.0 (±0.0)                  | 3.0 (±0.0)             | 3.0 (±0.0)            | 3.0 (±0.0)              | 3.0 (±0.0)                  | 2.0 (±1.0)             | nd                     |
|         | 6 h, 37°C       | 3.0 (±0.0)                  | 3.0 (±0.0)             | 3.0 (±0.0)            | 3.0 (±0.0)              | 1.3 (±1.53)                 | 0.3 (±0.5)             | 1.5 (±1.29)            |
|         | 24 h, 37°C      | 3.0 (±0.0)                  | 3.0 (±0.0)             | 3.0 (±0.0)            | 2.5 (±0.58)             | 1.3 (±1.53)                 | 0.3 (±0.5)             | 0.0 (±0.0)             |

Abbreviations: E. faecalis; Enterococcus faecalis; E. faecium; Enterococcus faecium; LFS, liquid flame spray; P. aeruginosa; Pseudomonas aeruginosa; PET, polyethylene terephthalate; RT, room temperature; S. aureus, Staphylococcus aureus; SEM, scanning electron microscopy; S. pyogenes, Streptococcus pyogenes; S. pneumoniae, Streptococcus pneumoniae; S. pyogenes, Streptococcus pyogenes; MetR, methicillin resistant; nd, not determined.
could be used in a normal ambient temperature, i.e., hospitals and long-term care facilities; thus, results from the RT testing are more important. Surface material also has an effect on bacterial survival. It has been reported that MRSA survives the longest on plastic surfaces and bacterial transmission happens the best from smooth surfaces. Results showed that both S. aureus and E. coli cells were more viable on nanoparticle-coated PE and PET surfaces compared with glass samples. When using the LFS method, silver nanoparticles are bound to substrate via van der Waals forces, and therefore, nanoparticle coating is by no means stable. Since bacteria are able to survive on a dry surface over days and weeks, there is a need to use techniques which could enhance nanoparticle surface stability, for example, coatings or priming nanoparticles on surfaces. This is especially important for further development if these surfaces are going to be used in hospital environments where surfaces are predisposed to high wearing.

Conclusion
This study was performed to evaluate the potential of the LFS method by producing silver nanoparticle surfaces which could prevent bacterial transmission even in hospital environments. It has been shown in this study that with the direct LFS method we could produce surfaces which showed antibacterial effect not only against E. coli but also against S. aureus and other clinically relevant pathogens. The touch test method was used and it was an easy, repeatable and reliable way of testing antibacterial properties of silver nanoparticle-coated glass, PE and PET samples. It was shown in this study that at least 30 nanoparticle-coating cycles were needed to inhibit S. aureus growth in PE and PET samples, whereas three nanoparticle-coating cycles were enough to kill E. coli cells. With glass samples, two nanoparticle layers were needed to show antibacterial effect. To conclude, LFS is a cost-effective method for producing silver nanoparticle large-scale area antibacterial surfaces. Results indicate that the use of silver nanoparticle-coated surfaces and paper products in hospital environments could prevent bacterial transmission and HAIs also in vivo.

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Disclosure
The authors report no conflicts of interest in this work.

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