FedMix: Mixed Supervised Federated Learning for Medical Image Segmentation

Jeffry Wicaksana, Zengqiang Yan, Member, IEEE, Dong Zhang, Xijie Huang, Huimin Wu, Xin Yang, Member, IEEE, and Kwang-Ting Cheng, Fellow, IEEE

Abstract—The purpose of federated learning is to enable multiple clients to jointly train a machine learning model without sharing data. However, the existing methods for training an image segmentation model have been based on an unrealistic assumption that the training set for each local client is annotated in a similar fashion and thus follows the same image supervision level. To relax this assumption, in this work, we propose a label-agnostic unified federated learning framework, named FedMix, for medical image segmentation based on mixed image labels. In FedMix, each client updates the federated model by integrating and effectively making use of all available labeled data ranging from strong pixel-level labels, weak bounding box labels, to weakest image-level class labels. Based on these local models, we further propose an adaptive weight assignment procedure across local clients, where each client learns an aggregation weight during the global model update. Compared to the existing methods, FedMix not only breaks through the constraint of a single level of image supervision but also can dynamically adjust the aggregation weight of each local client, achieving rich yet discriminative feature representations. Experimental results on multiple publicly-available datasets validate that the proposed FedMix outperforms the state-of-the-art methods by a large margin. In addition, we demonstrate through experiments that FedMix is extendable to multi-class medical image segmentation and much more feasible in clinical scenarios. The code is available at: https://github.com/Jwicaksana/FedMix.

Index Terms—Federated learning, mixed supervision, medical image segmentation, pseudo labeling, adaptive weight aggregation.

I. INTRODUCTION

MEDICAL image segmentation is a representative task for image content analysis supporting computer aided diagnosis, which can not only recognize the lesion category but also locate the specific areas [1]. In the past few years, deep learning has dominated this task and has been applied in a wide range of underlying scenarios, e.g., lung nodule segmentation [2], COVID-19 lesion segmentation [3], and skin lesion boundary detection [4].

The optimization of deep learning models usually relies on a vast amount of training data [5]. For example, for a fully-supervised semantic segmentation model, the ideal scenario is that we can collect the pixel-level annotated images as much as possible from diverse sources. However, this scenario is almost infeasible due to the following two reasons: 1) the strict sharing protocol of sensitive patient information between medical institutions and 2) the exceedingly high pixel-level annotation cost. As the expert knowledge usually required for annotating medical images is much more demanding and difficult to obtain, various medical institutions have very limited strong pixel-level annotated images and most available images are unlabeled or weakly-annotated [3], [7], [21], [22], [27]. Therefore, a realistic clinical mechanism that utilizes every available supervision for cross-institutional collaboration without data sharing is highly desirable.

Thanks to the timely emergence of Federated Learning (FL), which aims to enable multiple clients to jointly train a machine learning model without sharing data, the problem of data privacy being breached can be alleviated [12]. FL has gained significant attention in the medical imaging community [13], [18], due to the obvious reason that medical images often contain some personal information. During the training process of a standard FL model, each local client first downloads the federated model from a server and updates the model locally. Then, the locally-trained model parameters of each client are sent back to the server. Finally, all clients’ model parameters are aggregated to update the global federated model. Most of the existing FL frameworks [14], [19] require that the data used for training by each local client needs to follow the same level of labels, e.g., pixel-level labels (as shown in Fig. 1 (d)) for an image semantic segmentation model, which limits the model learning ability. Though some semi-supervised federated learning methods [33], [36] attempt to utilize the unlabeled data in addition to pixel-level labeled
assigning an optimized aggregation weight to each local client. Experimental results on several publicly-available datasets demonstrate the superior performance of FedMix under both semi-supervised and mixed-supervised settings, both of which are more realistic in clinical scenarios. The contributions are summarized as follows:

- The first mixed supervised FL framework for medical image segmentation through an iterative pseudo label generator followed by a label refinement operation, based on the information derived from weakly-labeled data, to target high-quality pseudo labels for training.
- Adaptive weight aggregation across clients to handle inter-client variations in supervision availability, which is proven to be extendable to other FL frameworks.
- Superior performance on the challenging breast tumor segmentation and skin lesion segmentation. FedMix outperforms the state-of-the-art methods by a large margin.

The rest of this paper is organized as follows. Existing and related work are summarized and discussed in Section II. Details of FedMix are introduced in Section III. In Section IV, we present a thorough evaluation of FedMix compared with the existing methods and provide ablation studies as well as analysis in Section V. Section VI concludes the paper.

II. RELATED WORK

A. Federated Learning

Federated learning (FL) is a distributed learning framework, which is designed to allow different clients, institutions, and edge devices to jointly train a machine learning model without sharing the raw data [12], which plays a big role in protecting data privacy. In recent years, FL has drawn great attention from the medical image communities [19], [58] and has been validated for multi-site functional magnetic resonance imaging classification [14], health tracking through wearables [64], COVID-19 screening and lesion detection [59], and brain tumor segmentation [13], [18]. In clinical practice, different clients may have great variations in data quality, quantity, and supervision availability. Improper use of these data may lead to significant performance degradation among different clients. To reduce inter-client variations, FL has been combined with domain adaptation [17], [65], [68], contrastive learning [66] and knowledge distillation [67] to learn a more generalizable federated model. However, existing works do not consider the variations in supervision availability (i.e., different clients have different levels of labels), which is commonly observed in clinical practice.

B. Federated Semi-Supervised Learning

In a standard federated learning setting, not every local client has access to pixel-level supervision for image segmentation to facilitate model learning with weakly-labeled and unlabeled training data. To this end, some federated semi-supervised learning approaches require clients to share supplementary information, e.g., client-specific disease relationship [34], extracted features from raw data [37], metadata of the training data [38], and ensemble predictions from images in training, the weakly-labeled images (e.g., image-level class labels in Fig. 1 (b) and bounding box labels in Fig. 1 (c)), were ignored.

Clients participating in FL may have different labeling budgets. Therefore, there may be a wide range of inter-client variations in label availability. Weak labels are easier to acquire and thus more broadly available compared to pixel-level ones. In practice, there can be various types of weak labels. While an image-level label indicating whether a breast ultrasound image is cancerous or not is easier to acquire compared to a bounding box label pointing out the specific location of the cancerous region, it is also less informative. Effectively utilizing the information from these weakly-labeled data with varying levels of label strengths as well as unlabeled data, especially for clients without pixel-level labeled data, would be highly beneficial for improving the federated model’s robustness while preventing training instability. However, given less informative training data, ensuring that the local model updates from clients without pixel-level labels, e.g., weakly-labeled and unlabeled clients, positively contribute to the federated model remains a challenge.

In this work, as illustrated in Fig. 2, we propose the first label-agnostic Mixed Supervised Federated Learning (FedMix) framework, which makes full use of data labeled in any form to train a unified FL model for medical image segmentation. We ensure positive contributions from every client’s local model updates through a two-step process. First, in the absence of pixel-level labels, FedMix effectively utilizes consistency training to extract useful information from the unlabeled images as well as the weakly-labeled images (i.e., image-level class labels and bounding box labels) for producing and selecting high-quality pseudo labels used for local model updates. Through an iterative process, the accuracy of selected pseudo labels gradually improves, leading to better local model performance. Then, to better estimate the potential contribution of each client, its training loss is used as a metric to adaptively adjust each client’s aggregation weight in the update of the federated model, which is vital to handle the inter-client variations in label availability. Compared to the existing methods, FedMix not only alleviates the constraint of a single type of label but also achieves better convergence through dynamically
Fig. 2. Illustration of the proposed Mixed Supervised Federated Learning (FedMix) framework. The local client update utilizes every available supervision for training. Based on this, an adaptive weight aggregation procedure is used for the global federated model update. Compared to existing methods, FedMix not only breaks through the constraint of a single level of image supervision but also can dynamically adjust the aggregation weight of each local client, achieving rich yet discriminative feature representations.

C. Medical Image Segmentation

The deep learning-based image recognition technology has been used for various medical image segmentation tasks, e.g., brain tumor segmentation [41], [42], optic disc segmentation [25], lung nodules segmentation [2], lesion boundary segmentation [4], and COVID-19 lesion segmentation [3]. However, training a fully-supervised deep model for image semantic segmentation often requires access to a mass of pixel-level supervisions, which are expensive to acquire [22]. In particular, the problem of the expensive pixel-level supervision is much more obstructive for medical image segmentation [28]. To this end, efforts have been made to explore the use of some easily obtained image supervisions [43], [44] (e.g., scribbles [55], image-level classes [6], bounding boxes [8], points [9], and even unlabeled image [39]) to train a pixel-level image segmentation model. However, most of the existing works are based on only one or two types of image supervision, which greatly limits the model learning efficiency. In most cases, access to some pixel-level annotated data is required to facilitate model training, which may not always be available for each participating client.

III. Our Approach

In this section, we first introduce the notation and experimental settings of the proposed unified federated learning framework, i.e., FedMix, in Section III-A. Then, we provide a framework overview in Section III-B. We present implementation details including pseudo label generation, selection, and federated model update of the proposed FedMix in Section III-C and Section III-D. Finally, we reformulate FedMix from different perspectives in Section III-E.
A. Preliminaries

1) Experimental Settings: To emulate real scenarios, we focus on deep learning from multi-source datasets, where clients’ data is collected from different medical sources. To explore variations in cross-client supervision, each client is assumed to own only one label type.

2) Training Notations: In this paper, we denote $\mathcal{D} = \{D_1, \ldots, D_N\}$ as the collection of $N$ clients’ training data. Given client $i$, $D_i^f = \{X, Y_{gt}\}$, $D_i^L = \{X\}$, $D_i^{img} = \{X, Y_{img}\}$, and $D_i^{bbox} = \{X, Y_{bbox}\}$ represent the training data that is pixel-level labeled, unlabeled, image-level class labeled, and bounding box-level labeled, respectively. $X$ and $Y$ represent the sets of the training images and the available labels.

To integrate various levels of labels, we modify the bounding box labels and image-level class labels to pixel-level labels. Specifically, the bounding box point representation is converted into pixel-level labels where the foreground class falls inside the bounding box and the background class falls outside the bounding box. For image-level class labels, we constrain the pixel-level label to the corresponding image class. Consequently, $Y_{gt}$, $Y_{img}$, and $Y_{bbox}$ has the same dimension, e.g., $Y \in \mathbb{R}^{C \times H \times W}$, where $C$ indicates the total number of foreground classes and $H \times W$ indicates the size of the respective image data. For $Y_{img} = \{y_1, \ldots, y_C\}_{i} \in [0, 1]^{H \times W}$, $y_i = 1$ if the class $i \in C$ is present in the image-level label.

B. Overview

Weakly-labeled and unlabeled clients may not have a sufficient amount of reliable information for model training, which can negatively affect the local model updates and thus, in turn, the federated model. To fully utilize every level of labels available at any client, FedMix addresses the challenge through:

1) Pseudo Label Generation and Selection (Sample & Refine). To utilize every available data and ensure reliable local model updates from clients without pixel-level labels, we design a novel unified framework using every level of label to amplify and filter useful signals from pseudo supervision. Specifically, FedMix utilizes consistency regularization [39] to generate pseudo labels which are then dynamically filtered and refined before being used for training.

2) Adaptive Aggregation for Federated Model Update (Aggregate). FedMix presents a novel adaptive aggregation operation to alleviate the training instability which may arise from naively aggregating local model updates from weakly-labeled and unlabeled clients. By taking consistency regularization and dynamic sample selection into account, the weight of each client is determined according to its data quantity and quality (inferred from training loss). In this way, more reliable clients will be assigned with higher weights, leading to better convergence.

We illustrate FedMix in Fig. 2 and present the pseudo-code in Algorithm 1.

Algorithm 1 Pseudo-code of FedMix

input : $\mathcal{D}$: the set of training data
parameter: $\beta$, $\lambda$: hyperparameters for adaptive aggregation
$T$: maximum federated training rounds
$\epsilon$: threshold for dynamic sample selection
output : $\theta^F_1$, $\theta^F_2$: parameters of $F_1$ and $F_2$

\[ \begin{align*}
\theta^F_1, \theta^F_2 \leftarrow \text{initialize}() \\
\text{for } t = 1 : T \text{ do} \\
\quad F_1, F_2 \leftarrow \text{Download}(\theta^F_1, \theta^F_2) \\
\quad (X, Y) \leftarrow \mathcal{D} \left[ i \right] \\
\quad Y_{gt_1}, Y_{gt_2} \leftarrow F_1(X), F_2(X) \\
\quad (Y_{t_1}, Y_{t_2}) \leftarrow \text{Sample&Refine}(X, Y_{gt_1}, Y_{gt_2}, Y, \epsilon) \\
\quad d_i \leftarrow \{X, Y_{gt_1}, Y_{gt_2}\} \\
\quad A_{\theta^F_1}, A_{\theta^F_2}, L_i \leftarrow \text{Update}(F_1, F_2; d_i) \\
\quad \mathcal{Z}_i.add(A_{\theta^F_1}), \mathcal{Z}_i.add(A_{\theta^F_2}), \mathcal{L}_i.add(L_i) \\
\text{end} \\
\theta^F_1, \theta^F_2 \leftarrow \text{Aggregate}(\mathcal{Z}_1, \mathcal{Z}_2, \beta, \lambda) \\
\text{end} \\
\text{return } \theta^F_1 \text{ and } \theta^F_2
\end{align*} \]

C. Pseudo Label Generation and Selection

1) Pseudo Label Generation: Based on the cross-pseudo supervision [39], we train two differently initialized models, $F_1(\cdot)$ and $F_2(\cdot)$, to co-supervise each other with pseudo labels when pixel-level labels are not available. The training image $X$ is fed to the two models $F_1$ and $F_2$ to generate pseudo labels $Y_{gt_1}$ and $Y_{gt_2}$ respectively. $Y_{gt_1}$ and $Y_{gt_2}$ are then refined, denoted as $\hat{Y}_{gt_1}$ and $\hat{Y}_{gt_2}$, and used for training each local client. Details of the corresponding refinement strategies for each type of label are introduced as follows:

1) Pixel-level labels: No pseudo labels, which can be expressed as $\hat{Y}_{gt_1} = Y_{gt_1}$.

2) Bounding box labels: Each prediction pair $Y_{gt_1} = F_1(X)$ and $Y_{gt_2} = F_2(X)$ is refined according to the corresponding bounding box label, i.e., $\hat{Y}_{gt_1} = Y_{bbox}$ and $\hat{Y}_{gt_2} = Y_{bbox}$.

3) Image-level class labels: Each prediction pair $Y_{gt_1} = F_1(X)$ and $Y_{gt_2} = F_2(X)$ is refined through the image-level label $Y_{img}$, i.e., $\hat{Y}_{gt_1} = Y_{bbox}$ and $\hat{Y}_{gt_2} = Y_{bbox}$. In this way, images corresponding to only the background class are viewed as outliers and filtered out from being used for training.

4) No labels (i.e., without supervision): Without available supervision, we let $\hat{Y}_{gt_1} = Y_{gt_1}$, and $\hat{Y}_{gt_2} = Y_{gt_2}$.

It should be noted that the main benefit of pseudo label refinement through image-level labels is the removal of background images. Given unlabeled data, if pseudo labels corresponding to both foreground and background images are treated equally for training without proper filtering/refinement, it will negatively affect representation learning to extract truly-useful information from unlabeled data. Removing those background
images according to image-level labels, i.e. outliers, is proven to be helpful.

A specific client $i$ is trained by minimizing:

$$L_i = L_{\text{dice}}(Y_1, \hat{Y}_2) + L_{\text{dice}}(Y_2, \hat{Y}_1),$$

where $L_{\text{dice}}$ is the Dice loss function.

2) Dynamic Sample Selection: Despite the effectiveness of the above pseudo label generation and refinement processes, pseudo labels may still be incorrect. Training with incorrect pseudo labels can negatively impact the model performance [47]. Fortunately, prediction consistencies between the two federated models [73] have a positive correlation with the prediction’s accuracy, which can be used for sample selection.

Given client $i$ and its training data $D_i$, we aim to generate a mask $M_i = \{m_1, \ldots, m_{|D_i|}|m_i \in [0, 1]\}$ to select reliable training samples indicated by $m = 1$, according to

$$m_i = \begin{cases} 
1 & \text{if } \text{dice}(\hat{Y}_1, \hat{Y}_2) \geq \epsilon \text{ and } Y \neq Y_{\text{bbox}} \\
1 & \text{if } \text{dice}(\hat{Y}_1, \hat{Y}_2) \geq \epsilon \text{ and } \text{dice}(\hat{Y}_1, Y_{\text{bbox}}) \geq 0.5 \\
1 & \text{if } \hat{Y}_1 = \hat{Y}_2 \\
0 & \text{otherwise},
\end{cases}$$

(2)

where $\epsilon \in [0, 1]$ is a threshold that is inversely proportional to the number of selected training samples. For pixel-level supervision, $m_i = 1$ is set for all training samples as $\hat{Y}_1 = \hat{Y}_2 = Y_{\text{gt}}$. For bounding box supervision, $Y_{\text{bbox}}$, it is important to enforce $\hat{Y}_1$ to focus more on class-relevant information inside the bounding box regions, which is realized by imposing an additional constraint on $\text{dice}(\hat{Y}_1, Y_{\text{bbox}})$. As training progresses, the models are more capable of generating more accurate predictions. Then, $\sum_{i=1}^{\sum_{i=1}^{|M_i|}} m_i$ progressively increases to $|D_i|$, allowing the model to learn from a growing set of training data. More discussions of dynamic sample selection are provided in Section V-A.

D. Federated Model Update

At each federated training round $t$, each client first receives the federated model’s parameters $\theta_{\text{fed}}^{t-1}$ from the server. Each participating client then updates the model locally with its training data $D_i$. Finally, the gradient update from each local client $\Delta \theta_i^t$ is sent to the server to update the federated model’s parameters by

$$\theta_{\text{fed}}^t \leftarrow \theta_{\text{fed}}^{t-1} + \sum_{i=1}^{|D_i|} w_i \Delta \theta_i^t,$$

(3)

where $w_i$ is the aggregation weight of each client, defined as $|D_i|/\sum_{i=1}^{|D|} |D_i|$ in FedAvg [12] which ignores the inter-client variations in supervision strength. Since weakly-labeled and unlabeled data are more accessible than pixel-level labeled data, FedAvg assigns higher weights to unlabeled/weakly-labeled clients based on their data amounts. Consequently, the federated model focuses more on the less informative clients, which can be sub-optimal or even detrimental. One solution is to manually assign higher weights to the more informative clients [33], which is not trivial as the server may intrude into clients’ privacy.

To effectively update the federated model with mixed supervision, in the early training rounds, it is critical to assign higher weights to the more informative clients, e.g., those with more pixel-level labeled data. As training progresses, the federated model becomes more accurate and thus more robust to better utilize weakly-labeled and unlabeled data for training. Therefore, aggregation weights assigned to clients without pixel-level labeled data, e.g., weakly-labeled and unlabeled clients, can be gradually increased. To this end, we utilize client-specific training loss for adaptive weight assignment. It is based on the observation that clients without pixel-level labeled data tend to have lower training loss as learning from pseudo labels generated using consistency regularization [39] is much easier than pixel-level supervised learning. Thus, adaptive weight assignment according to training loss not only prioritizes learning from more informative clients but also prevents the federated model from over-fitting. The proposed adaptive aggregation function is thus defined as

$$c_i \leftarrow \frac{|D_i|}{\sum_{i=1}^{|D|} |D_i|}, d_i \leftarrow \frac{(L_i)^{\beta}}{\sum_{i=1}^{|D|} (L_i)^{\beta}}$$

(4)

$$w_i \leftarrow \frac{c_i + \lambda \cdot d_i}{\sum_{i=1}^{|D|} c_i + \lambda \cdot d_i}.$$  

(5)

where $\lambda$ and $\beta$ are hyper-parameters to tune, impacting the degree of reliance on different clients. According to Eq. 5, the weight $w_i$ assigned to a weakly-labeled or unlabeled client will gradually increase as the training progresses because: 1) the increasing amount of training samples used from this client (increasing the value of $c_i$) and 2) the reduction of training losses at pixel-level labeled clients (reducing the denominator of $d_i$). More discussions of adaptive aggregation can be found in Section V-A.

E. Revisit FedMix

To gain a better understanding of FedMix, we compare FedMix with known approaches from the following two perspectives:

1) Federated Learning with Noisy Labels (FLNL). FLNL does not rely on the assumption that each client has a clean dataset. To reduce the negative impact of label noise, existing FLNL approaches mainly employ label transition matrix estimation [70], regularization [71], loss function design [72], and clean sample selection [73], [74]. For this point, FedMix can be regarded as a special form of clean sample selection, where FedMix manages to select both clean samples and clean clients. There are also differences in problem assumptions: FLNL is often based on the assumption that noisy labels usually are manually generated while FedMix focuses on addressing the issue of noisy pseudo labels. In addition, clients in FLNL are assumed to have both clean and noisy labels while clients in FedMix with unlabeled/weakly-labeled data only have noisy labels.

2) Federated Semi-supervised Learning (FSSL). In FSSL, each client can have either fully-labeled or
unlabeled data. Through consistency training or self-supervised learning, hidden information among unlabeled data can be explored to assist fully-supervised learning. FedMix can be viewed as a generalized form of FSSL, namely prior knowledge guided FSSL, where the prior knowledge refers to the weak supervision for pseudo label refinement. Without weak supervision, FedMix would degenerate to FSSL.

IV. EXPERIMENTS

A. Datasets and Evaluation Metrics

1) Dataset: Experiments are mainly carried out on two challenging medical image segmentation tasks:
- **Breast tumor segmentation.** In this task, three public breast ultrasound datasets, namely BUS [49], BUSIS [50], and UDIAT [51], are used for evaluation and each of them is regarded as a separate client. More details of this dataset are introduced in Table I.
- **Skin tumor segmentation.** HAM10K [52] consists of four different sources. Each source acts as a client in FL. The statistics of HAM10K are presented in Table II.

To study the mixed supervised federated setting, we generate weak labels, e.g., bounding box labels and image-level labels, based on the pixel-level labels. Specifically, we generate bounding box supervision by first finding the smallest box that captures the tumor region and then following [69] to generate bounding boxes where a random margin of 1-10 pixels is added to each side of the bounding boxes. In this way, we can more realistically evaluate the robustness of FedMix to imprecise bounding box supervision.

Following the standard practice, five-fold cross validation of each source/client is adopted for evaluation. All the breast ultrasound and skin dermoscopy images are resized to 256 × 256 pixels and then randomly flipped and cropped to 224 × 224 pixels for training.

2) Evaluation Metrics: In this work, the Dice coefficient (DC) is used for the evaluation of the two segmentation tasks. Considering the two-model architecture of FedMix, the predictions/outputs of $F_1$ are used for evaluation.

B. Implementation Details

1) Network Architectures: UNet [53] combined with group norm [54] is selected as the baseline segmentation model.

2) Supervision Types: The following types of labels are included in our experiments: 1) pixel-level labels (denoted as $L$), 2) bounding box labels (denoted as $B$), 3) image-level class labels (denoted as $I$), and 4) unlabeled (denoted as $U$), e.g., training with only the raw images.

3) Comparison Methods: The following four prevailing frameworks are included for comparison:
- Local learning (LL): Each client trains a private deep learning network based on its own data.
- Federated Averaging (FedAvg): All clients, owning pixel-level labels, collaboratively train a federated model.
- Semi-supervised federated learning via self-training [33] (FedST): FedST utilizes both pixel-level labeled and unlabeled data for federated training. FedST is chosen for comparison as it does not require additional information sharing beyond the locally-updated model parameters.
- Our proposed Federated learning with mixed supervision (FedMix): FedMix fully utilizes multiple types of supervision for federated training.

The performance of FedAvg under full supervision is regarded as an upper bound of federated learning techniques. We evaluate the performance of FedMix under the semi-supervised setting by comparing FedMix with FedST and FedRGD. We also evaluate the performance of FedMix under various settings to show how additional weak labels improve the federated model’s performance.

4) Training Details: All the networks are initialized from scratch with Xavier initialization [40] and then trained using the Adam optimizer with a learning rate of 1e-3, a weight decay of 1e-4, and a batch size of 16. All methods are implemented within the PyTorch framework and trained on Nvidia GeForce Titan RTX GPUs for 300 federated training rounds. At each training round, each participating client uses the locally available data to perform local model updates for one training epoch, i.e., one pass through its training data. Following standard practice, federated training is performed synchronously and the federated model parameters are updated every training round. We set $\epsilon = 0.9$, $\lambda = 10$, and $\beta = 1.5$ and $\beta = 2.5$ for adaptive aggregation on breast tumor and skin lesion segmentation respectively. The hyper-parameters are chosen after conducting grid search, e.g., $\epsilon \in [0.8, 0.85, 0.9, 0.95]$, $\lambda \in [1, 5, 10]$, and $\beta \in [1.5, 2, 2.5]$.

C. Results on Breast Tumor Segmentation

1) Experiment Settings: Data from BUS, BUSIS, and UDIAT are represented by C1, C2, and C3 respectively. To better demonstrate the value of weak labels, C3, owning
the least amount of data, is selected as the client with pixel-level labels. The supervision types of C1 and C2 are adjusted accordingly for different cases. To further explore the benefits of incorporating mixed supervision under the federated setting, we split the healthy images from BUS, i.e., C1, into two sets, and assign one set to BUSIS, i.e., C2. In this way, both C1 and C2 can have image-level labels for better evaluation of FedMix.

2) Quantitative Evaluation: According to Table III, e.g., with full supervision, the LL model of C2 has the highest DC score of 91.6%, indicating data homogeneity among its data. Comparatively, C1 and C3 perform slightly worse, i.e., 78.3% and 83.4% respectively. While FedAvg is desirable compared to LL, their overall performance is quite close. With FedAdaptAgg, i.e., FedAvg combined with the proposed adaptive aggregation, for joint training, C3 benefits the most from the federation, achieving an increase of 2.2% in DC. Compared to LL and FedAvg, FedAdaptAgg achieves an average increase of 0.7% and 0.4% in DC in terms of overall segmentation performance.

Quantitative results of FedMix, FedRGD, and FedST under the semi-supervised setting, i.e., [U, I, L], are provided in Table III. For LL, the results of C1 and C2 are produced by directly applying the model trained by C3. Compared to their locally-learned models with full supervision in Table III, C1 and C2 encounter severe performance degradation, i.e., a reduction of 12.4% and 6.2% in DC respectively, mainly due to relatively limited training data of C3. One interesting observation is that the performance drop of C1 is much larger than that of C2, due to greater data heterogeneity between C1 and C3. The overall performance of FedRGD is even worse, especially for C1 and C2, as gradient diversity is much more severe for the image segmentation task. FedST and FedMix train better federated models compared to FedRGD, leading to an average increase of 3.6% and 5.7% in DC respectively. Compared to LL, though the overall performance of FedST is slightly better, both C2 and C3 encounter performance degradation, which would hinder the motivation of participation from C2 and C3. Comparatively, FedMix consistently improves the results of all three clients, achieving an average increase of 2.3% in DC compared to LL.

Quantitative results of FedMix under mixed supervision are summarized in Table III. Note that when C1 uses its image-level labels for training, not only C1 but also C2 and C3 would benefit from the federation, achieving an average increase of 0.8% and 0.3% in DC respectively. When both C1 and C2 use their image-level labels for training, the overall performance is further improved by 0.7% in DC compared to the semi-supervised setting. Progressively introducing stronger supervision to C1 and C2 improves the performance of FedMix. For instance, the average model performance is around 81.8% when one (either C1 or C2) has access to the bounding box labels and the other only has unlabeled data, i.e., [U,B,L] and [B,U,L]. When introducing image-level labels to the corresponding unlabeled client, i.e., [I,B,L] and [B,I,L], the performance of FedMix is further improved to 82.3% and 82.1% respectively. When C1 and C2 have access to bounding box labels, the overall performance of FedMix is quite close to those of LL and FedAvg based on full supervision. It should be noted that C2 and C3 benefit more from stronger supervision, due to greater data homogeneity between C2 and C3 which, in turn, makes FL more biased toward them than toward C1. As a result, the segmentation performance of C3 with weaker supervision is even better than that with full supervision.

To quantify the significance of performance improvements, we further calculate the p-value of each approach compared to the baseline under each supervision setting. Under both full and semi-supervision, p < 0.001 is satisfied for all approaches compared to LL. Under mixed supervision, introducing image-level supervision is relatively less significant than the introduction of bounding box supervision. It is quite reasonable as bounding boxes provide more information than image-level labels.

### Table III

| Supervision | Method | C1 | C2 | C3 | Avg. | p-value |
|-------------|--------|----|----|----|------|---------|
| [C1, C2, C3]| LL     | 78.3 ± 2.8 | 91.6 ± 0.7 | 83.4 ± 2.3 | 84.7 ± 1.7 | - |
|            | FedAvg | 77.3 ± 2.3 | 91.3 ± 0.7 | 85.6 ± 1.3 | 84.7 ± 0.7 | <0.001 |
|            | FedAdaptAgg | 77.9 ± 1.7 | 90.9 ± 1.0 | 86.6 ± 1.1 | 85.1 ± 0.4 | <0.001 |
| [L, L, L]  | LL     | 65.9 ± 3.1 | 85.4 ± 1.1 | 83.4 ± 2.3 | 78.3 ± 1.4 | - |
|            | FedRGD | 60.6 ± 4.4 | 80.1 ± 3.2 | 83.5 ± 4.4 | 74.9 ± 4.0 | <0.001 |
|            | FedST  | 67.3 ± 1.7 | 85.0 ± 1.6 | 83.2 ± 3.5 | 78.5 ± 0.7 | <0.001 |
|            | FedMix | 68.3 ± 1.8 | 87.8 ± 0.6 | 85.6 ± 1.9 | 80.6 ± 0.7 | <0.001 |
| [U, U, L]  | LL     | 69.3 ± 2.3 | 87.3 ± 0.8 | 85.3 ± 2.0 | 80.8 ± 0.8 | - |
|            | FedAvg | 68.9 ± 1.3 | 88.6 ± 0.4 | 85.9 ± 1.9 | 81.1 ± 0.2 | 0.009 |
|            | FedST  | 70.0 ± 2.0 | 88.7 ± 0.8 | 85.8 ± 1.4 | 81.3 ± 0.6 | 0.003 |
|            | FedMix | 71.8 ± 4.4 | 88.7 ± 0.7 | 85.3 ± 0.6 | 81.9 ± 1.7 | <0.001 |
| [U, I, L]  | LL     | 70.3 ± 0.3 | 89.3 ± 0.2 | 87.2 ± 0.3 | 82.3 ± 0.1 | <0.001 |
|            | FedST  | 70.5 ± 0.4 | 89.1 ± 0.3 | 87.7 ± 0.5 | 82.1 ± 0.4 | <0.001 |
|            | FedMix | 70.7 ± 0.6 | 89.7 ± 0.4 | 88.6 ± 0.1 | 83.2 ± 0.3 | <0.001 |
Fig. 3. Exemplar qualitative results of different learning frameworks for breast tumor segmentation. The upper part (Rows 1 to 7): the raw images, the segmentation maps produced by local learning (LL), FedST and FedMix under semi-supervision (i.e., $[C_1, C_2, C_3] = [U, U, L]$), the segmentation maps of FedMix under mixed supervision (i.e., $[C_1, C_2, C_3] = [I, U, L]$ and $[C_1, C_2, C_3] = [B, B, L]$), and the manual annotations by experts respectively. The lower part (Rows 8 to 9): the segmentation maps obtained by federated learning under full pixel-level supervision using FedAvg and the proposed adaptive aggregation function respectively.

3) Qualitative Evaluation: According to Fig. 3, LL trained on $C_3$ produces quite a few false positives when testing on $C_2$, indicating poor generalization capability due to limited training data. Under the semi-supervised setting, though the unlabeled data of $C_1$ and $C_2$ is used for training, the segmentation results of FedST are close to those of LL as learning from incorrect pseudo labels is not helpful and may be detrimental. Comparatively, FedMix can utilize the useful information in unlabeled data and the model generates predictions close to the experts’ annotations. The introduction of stronger supervision signals (i.e., from $U$ to $I$ and $B$) to FedMix would further reduce false positives and improve the shape preservation of tumor regions. Furthermore, adopting adaptive aggregation in federated learning is beneficial even under full supervision. The adaptively aggregated federated model can better capture the boundaries and shapes of the tumor regions and contain fewer false positives compared to the model learned by FedAvg.

D. Results on Skin Lesion Segmentation

1) Experiment Setting: Images from Rosendahl, Vidir-modern, Vidir-old, and Vidir-molemax are represented by $C_1$, $C_2$, and $C_3$, respectively.
C2, C3, and C4 respectively, and C3, owning the least amount of data, is selected as the client with pixel-level labels. The levels of labels on C1, C2, and C4 are adjusted accordingly under different settings.

2) Quantitative Results: From Table IV, under the fully-supervised setting, FedAvg improves the performance of the locally-learned models by an average of 0.4% in DC, indicating that cross-client collaboration is beneficial. Similar to breast tumor segmentation, we compare the proposed adaptive aggregation with FedAvg under full supervision for skin lesion segmentation. As stated in Table IV, adaptive aggregation effectively improves the performance of both C1 and C2 compared to FedAvg, leading to better overall segmentation performance, i.e., an increase of 0.6% in DC.

Under the semi-supervised setting where only C3 has access to pixel-level supervision (i.e., L) as shown in Table IV, C3’s locally-learned (LL) model does not perform well on C1 and C2, observed through the significant performance degradation which indicates severe inter-client variations between {C3, C4} and {C1, C2}. As a result, the pseudo labels on C1’s and C2’s data generated by the model trained by C3 may be inaccurate and utilizing them for training becomes harmful. Without effectively identifying those inaccurate pseudo labels, FedRGD obtains even worse segmentation performance across all the clients, resulting in an average decrease of 2.4% in DC compared to LL. Instead of using all the pseudo labels, FedST makes use of only confident predictions, leading to an average increase of 1.3% in DC compared to LL. With dynamic sample selection and adaptive aggregation, FedMix manages to select high-quality pseudo labels for model update and high-confident clients for model aggregation, thus improving the overall segmentation performance by an average of 2.0% and 0.7% in DC respectively compared to LL and FedST.

Quantitative results of FedMix under mixed supervision are presented in Table IV. Incorporating bounding box labels is helpful for pseudo label refinement. As a result, when more clients have access to bounding-box supervision, the segmentation performance of FedAvg gradually improves, approaching the performance of FedAvg with full supervision. As bounding-box supervision is much more accessible than pixel-wise annotation, FedMix is more realistic in clinical scenarios.

In terms of p-value, under full supervision, performance improvements brought by data collaboration through FedAvg are less significant than those by the proposed FedAdaptAgg. Under both semi-supervision and mixed supervision, $p < 0.001$ is satisfied for all other approaches compared to the baseline. Quantitative p-value results demonstrate the stability of FedMix in dealing with various supervision settings.

3) Qualitative Results: Qualitative results of skin lesion segmentation are shown in Fig. 4. Consistent with the quantitative results, the segmentation maps on C1 and C2, produced by the locally-learned model on C3, are inaccurate, due to large inter-client variations between {C1, C2} and {C3, C4}. While the segmentation maps produced by FedST are slightly more accurate compared to LL, learning from confident pseudo labels is insufficient to train a generalizable model, as shown through the inaccurate segmentation maps produced by FedST on C1 and C2. Under the same supervision setting, FedMix produces more accurate segmentation maps by dynamically selecting high-quality pseudo labels for training. Given stronger supervision, e.g., bounding box labels, FedMix improves the segmentation quality, especially on tumor shape preservation. Through the comparison under the fully-supervised setting, we observe that the segmentation maps produced by adaptive aggregation contain fewer false negatives and have better shape consistencies with manual annotations compared to FedAvg.

V. ABLATION STUDIES

A. Effectiveness of Each Component in FedMix

In this section, we evaluate the two key components in FedMix, namely adaptive aggregation and dynamic sample selection, through a series of ablation studies as summarized in Table V.

By setting $\lambda$ to 0, FedMix relies only on dynamic sample selection, i.e., without adaptive aggregation. Consequently, the federated model may bias toward those noisy clients with inaccurate pseudo labels which is detrimental for convergence, making its segmentation performance even worse than that of directly applying the local model trained by one client to other clients, i.e. LL in Tables III and IV. On the other hand, by setting $\epsilon$ to 0, FedMix would not perform dynamic

|Supervision| Method| DC (%)| p-value|
|-----------|-------|-------|---------|
|{C1, C2, C3, C4}| LL | 88.7±0.4 | 92.9±0.4 | 93.0±1.2 | 94.8±0.3 | 92.6±0.3 | - |
| {U, U, L, L} | FedAvg | 89.4±0.6 | 92.6±0.5 | 95.7±0.8 | 95.0±0.1 | 93.6±0.4 | 0.005 |
| {U, U, L, U} | FedAdaptAgg | 89.9±0.5 | 94.1±0.6 | 95.2±0.8 | 95.0±0.1 | 93.6±0.2 | <0.001 |
| {U, B, L, B} | FedMix | 82.9±1.4 | 88.0±1.6 | 95.2±0.2 | 91.3±1.4 | 89.7±1.1 | <0.001 |
| [B, B, L, B] | FedMix | 85.7±0.2 | 89.4±0.7 | 95.2±0.3 | 93.5±0.3 | 91.2±0.1 | <0.001 |
sample selection. Compared to relying only on dynamic sample selection, adopting adaptive aggregation alone is much more helpful, as it will put more trust towards the clients with full supervision for the federated model update. In this way, interference from low-quality pseudo labels can be largely alleviated. When jointly using adaptive aggregation and dynamic sample selection, FedMix achieves the best segmentation performance, demonstrating the value of FedMix in properly leveraging training data from clients based on a wide range of supervision. We also calculate the p-values of different component combinations for further evaluation as listed in Table V. According to this analysis, both components in FedMix are proven valuable for consistent performance improvement.

One key hyper-parameter in dynamic sample selection is the threshold $\epsilon$ in dynamic sample selection, based on which a subset of training data would be selected for model update. To evaluate the impact of $\epsilon$ on overall segmentation performance, we conducted additional experiments by adjusting the value of $\epsilon$ as shown in Table VI. In general, with a smaller $\epsilon$, more samples with relatively low confidence are included for model update, which in turn affects the training process...
TABLE V
QUANTITATIVE RESULTS OF FedMix WITH THREE DIFFERENT
COMBINATIONS OF USING THE TWO UNDERLYING COMPONENTS FOR
BREAST TUMOR AND SKIN LESION SEGMENTATION UNDER
SEMI-SUPERVISION. EXPERIMENTS WERE CONDUCTED
USING 300 TRAINING ROUNDS FOR FIVE-FOLD CROSS
VALIDATION OF EACH DATASET. “-” REPRESENTS THE
BASELINE MODEL TO CALCULATE THE p-VALUE SCORES.
Adapt. Agg. AND Dyn. Sel. ARE SHORT FOR ADAPTIVE
AGGREGATION AND DYNAMIC SELECTION
IN FedMix Respectively.

| Components | Overall Performance |
|------------|---------------------|
| Adapt. Agg. | Dyn. Sel. | Breast | p-value | Skin | p-value |
| × | √ | 61.6±2.0 | 74.6±4.4 |
| √ | × | 78.6±1.5 | <0.001 | 80.4±0.8 | <0.001 |
| √ | √ | 80.6±0.7 | <0.001 | 85.3±0.4 | <0.001 |

TABLE VI
THE EFFECT OF THE THRESHOLD ε IN DYNAMIC SAMPLE SELECTION
FOR BREAST TUMOR AND SKIN LESION SEGMENTATION (TRAINING
WITH 100 ROUNDS FOR FIVE-FOLD CROSS VALIDATION OF EACH
DATASET). Adapt. Agg. IS SHORT FOR ADAPTIVE
AGGREGATION IN FedMix.

| Adapt. Agg. | ε | DC (%)
|------------|---|---|
| Breast | Skin |
| 0.9 | 76.2±9.5 | 82.6±0.4 |
| 0.8 | 74.7±9.0 | 81.9±1.1 |
| 0.7 | 74.3±1.0 | 79.7±0.7 |
| 0.6 | 73.8±0.4 | 78.8±1.2 |
| 0.5 | 74.6±0.5 | 78.3±0.8 |
| 0.4 | 73.6±0.5 | 78.4±1.2 |
| 0.3 | 75.2±0.7 | 79.0±0.6 |
| 0.2 | 71.5±0.4 | 78.7±2.6 |
| 0.1 | 72.7±1.0 | 78.8±1.2 |
| 0.0 | 72.3±0.5 | 77.9±1.9 |

TABLE VII
THE EFFECT OF THE HYPER-PARAMETERS λ AND β IN ADAPTIVE
AGGREGATION FOR BREAST TUMOR AND SKIN LESION SEGMENTATION
(TRAINING WITH 300 ROUNDS FOR FIVE-FOLD CROSS VALIDATION OF
EACH DATASET). SUPERVISION SETTINGS ARE [U, U, L] AND
[U, U, L, U] FOR BREAST TUMOR AND SKIN LESION SEGMENTATION
RESPECTIVELY. ε IS SET AS 0.9.

| λ | β | DC (%) |
|---|---|---|
| Breast | Skin |
| 1 | 1.5 | 80.5±1.0 | 84.0±0.3 |
| 5 | 1.5 | 80.5±0.8 | 84.2±0.5 |
| 10 | 1.5 | 80.6±0.7 | 84.3±0.4 |
| 1 | 2.0 | 80.1±0.4 | 84.9±0.5 |
| 5 | 2.0 | 80.2±0.3 | 85.2±0.6 |
| 10 | 2.0 | 80.2±0.4 | 84.8±0.4 |
| 1 | 2.5 | 79.9±0.9 | 85.0±0.4 |
| 5 | 2.5 | 79.8±0.9 | 85.3±0.3 |
| 10 | 2.5 | 80.0±0.9 | 85.3±0.4 |

and results in a performance drop. With a larger ε, as only samples with relatively high confidence are selected for training, the overall segmentation performance is much improved. It demonstrates the value of dynamic sample selection in filtering out inaccurate pseudo labels for training.

Adaptive aggregation contains two hyper-parameters, i.e. λ and β, which determine how the training loss of each client affects its aggregation weight. As described above, we set the optimal values of λ and β through grid search as summarized in Table VII. In general, regardless of the settings, the segmentation performance on both breast tumor and skin lesion segmentation remains quite stable, varying within 0.8% and 1.1% respectively. This result validates that FedMix is not sensitive to the hyper-parameters. Between λ and β, the results show that λ is more deciding which is reasonable, as λ directly determines the weight of adaptive aggregation in federated model update.

B. Extension to Multi-Class Segmentation

To validate the extend-ability of FedMix to multi-class medical image segmentation, the publicly-available RETOUCH dataset, consisting of 112 OCT volumes with manual delineation of all three types of fluid, including intraretinal fluid (IRF), subretinal fluid (SRF), and pigment epithelial detachment (PED), is adopted for evaluation. Based on annotation availability, we conducted the experiments on the 72 OCT volumes as presented in Table VIII.

1) Experiment Setting: Slices from the three OCT devices in the RETOUCH dataset, namely Cirrus, Topcon, and Spectralis, are designated as C1, C2, and C3 respectively, and C3, possessing the least amount of data, is selected as the client with pixel-level labels. The levels of labels possessed by C1 and C2 are adjusted accordingly for different supervision settings. Here, we adopt three-fold cross validation for better comparison. For all experiments on the RETOUCH dataset, we initialize the networks from scratch with Xavier initialization [40] and then train them for 150 rounds using the Adam optimizer with a learning rate of 1.5e-3 and a weight decay of 1e-5. In terms of the hyper-parameters in FedMix, we set ε, λ, and β to 0.9, 2, and 3 respectively.

2) Quantitative Results: From Table IX, under full supervision, FedAvg outperforming LL demonstrates the necessity of data collaboration for better segmentation, especially when the data amount possessed by each client is limited. Compared to FedAvg, adopting the proposed adaptive aggregation for federated training can further improve the overall segmentation performance by 2.9% in DC.

Under the semi-supervised learning setting, relying only on the pixel-level labeled data of C3 is insufficient to extract domain-invariant features for multi-class segmentation, resulting in severe performance degradation compared to the results of LL with full supervision. Though FedRGD and FedST effectively improve the overall performance compared to LL, not all clients can benefit from FedST, notably C1 experiencing a reduction of 0.2% in DC. Comparatively, FedMix achieves consistent performance improvement across all clients, leading to the best overall performance under the semi-supervised setting.
With stronger supervision, FedMix achieves further performance improvement, especially for C1. With image-level labels, FedMix achieves an average increase of 2.8% in DC compared to semi-supervision. Incorporating bounding-box supervision produces further performance improvement for all three clients, approaching the performance of fully-supervised LL and FedAvg. The above quantitative results of multi-class segmentation being consistent with those of binary segmentation validate the flexibility and extend-ability of FedMix in dealing with mixed supervision for better medical image segmentation.

Similar to breast tumor and skin lesion segmentation, quantitative p-value results are calculated as summarized in Table IX. In general, \( p < 0.001 \) is satisfied in most cases, indicating convincing performance improvement brought by FedMix with both semi-supervision and mixed supervision.

### C. Limitation and Future Work

Both dynamic sample selection and adaptive aggregation in FedMix require appropriate hyper-parameter tuning. For instance, though utilizing a stricter dynamic sample selection, \( e = 0.9 \), is highly beneficial as shown in Table VI, not using adaptive aggregation will degenerate the performance of FedMix to 61.6% and 74.6% in DC for breast tumor and skin lesion segmentation respectively, as shown in Table V. The optimal values of the hyper-parameters are task-dependent. Moreover, one of the implicit assumptions in adaptive aggregation is that clients with higher training losses are more likely to be more informative. However, clients with noisy/low-quality labels may also produce higher training losses, which can be hardly distinguished from the truly informative clients. Consequently, adaptive aggregation might become less effective in complicated scenarios. In the future work, we would explore additional information sharing for client re-weighting without privacy leakage.

Despite the success of FedMix in federated learning with mixed supervision, not all types of weak supervision, such as landmarks, scribbles, etc., have been considered in this study. Based on the current design of FedMix, different types of supervision can be directly applied for pseudo label refinement. However, relying on pseudo labeling and refinement, inherent information in mixed supervision may not be fully utilized. In the future work, we would explore to adopt a unified multi-task learning architecture, e.g., transformers [75], for various tasks/supervision.

### VI. Conclusion

FedMix is the first federated learning framework that makes effective use of different levels of labels on each client for medical image segmentation. In FedMix, we first generate pseudo labels from clients and use supervision-specific refinement strategies to improve the accuracy and quality of pseudo labels. Then the high-quality data of each client is selected through dynamic sample selection for local model updates. To better update the federated model, FedMix utilizes an adaptive aggregation function to adjust the weights of clients according to both data quantity and data quality. Experimental results on two segmentation tasks demonstrate the effectiveness of FedMix on learning from various supervisions, which is valuable to reduce the annotation burden of medical experts. In the semi-supervised federated setting, FedMix outperforms the state-of-the-art approaches FedST and FedRGD. Compared to FedAvg, the proposed adaptive aggregation function achieves consistent performance improvements on the two tasks under the fully-supervised setting. More importantly, through validation, we demonstrate the extend-ability of FedMix for multi-class medical image segmentation. We believe the methods proposed in FedMix are widely-applicable in FL for medical image analysis beyond mixed supervision.

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