Testing the Force Absorption of Composite Materials to Select the Best for Making a Helmet

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Abstract: The paper presents and describes the procedure of testing the materials that were available for the production of a multifunctional protective helmet. The procedure was carried out at the company Šestan-Busch d.o.o. as part of the EU project for the development and production of a multifunctional protective helmet. The test results showed that carbon fibers polymers as a composite material have the best impact absorption properties which was a key criterion for material selection. Other materials; glass fibers polymers, aramid fibers polymers and combinations in the test procedure showed worse results compared to the selected criterion.

Keywords: aramid fibers; carbon fibers; composite materials; glass fibers; impact absorption; multifunctional protective helmet

1 INTRODUCTION

The project of a multifunctional protective helmet (Fig. 1) was realized through the phases of design and development, procurement of specific equipment and realization i.e. serial production.

In the development and design phase, all the necessary input parameters were collected, i.e. data and information in order to be able to approach the development of a multifunctional safety helmet. One of the requirements was that the helmet has the best possible protective properties against mechanical impacts and that it should be as light as possible, which required the selection of adequate materials for its production. The designers had at their disposal composite materials used to make protective helmets. Specifically, these were polymers with carbon fiber, glass fiber, aramid fiber, and a combination of aramid and carbon fiber [1].

These composite materials are characterized by high strength and low mass [2, 3]. Higher strength means that the material absorbs a large part of the impact force, which means that a smaller part of the impact force will be transferred to the head of the user using the helmet.

2 TEST OF IMPACT RESISTANCE OF MATERIALS

The test was performed on a Hototech machine, shown in Fig. 2. The hototech machine is the machine with the special purpose of helmet impact testing but it can be used in different ways as well.

2.1 Sample Preparation

Specimens prepared for the experiment were in the tile shape with dimensions 150 × 120 × 2 mm. Four types of specimens were prepared, tiles with carbon fibers reinforcement, aramid fibers, glass fibers and with the
combination carbon-aramid (2 layers of aramid fibers and 5 layers of carbon fibers). The tiles are shown in Fig. 3. From each of the listed materials, 6 tiles were made. Each tile consists of 7 layers of composite fibers. The tiles are made by manual lamination with epoxy resin matrix. By the procedure described in the book Comprehensive composite materials [5].

After preparing samples of composite materials, samples of PE foam were also prepared. The material of the foam is polyethylene because the pads in the interior of the protective helmet are made of the same material [6]. Foams measuring $125 \times 155 \times 10$ mm and foams measuring $125 \times 155 \times 20$ mm were made for the two work cycles of the test.

2.2 Test Procedure

The test was conducted in three cycles, specifically:
- 1st test cycle of tiles without foam base,
- 2nd test cycle with a 10 mm thick foam base,
- 3rd test cycle with a 20 mm thick foam base.

The test cycles were carried out in such a way that a weight of 5 kg was released from the Hototech device from a height of one meter, and the residual force after impact on the sample was measured by means of a sensor. Two specimens of each material were tested in each of the cycles. In each cycle, the specimens were tested twice at precisely defined places (Fig. 4).

In addition to measuring the force on the device, the speed at certain heights of weights was also measured. After the test procedure the results could be compared and adequate conclusions could be drawn.

The first part of the tiles was tested without a foam which additionally absorbs the impact. In the second and third cycles, a foam 10 mm and 20 mm thick was placed under the tiles. After each impact, the force sensor measure the remaining amount of force that the material failed to absorb.

3 RESULTS AND DISCUSSION

3.1 Test Results

The results of the first cycle in which the tiles were tested without the foam are shown in Tab. 1. The values given in Tab. 1 show the force measured on the force sensor.

| Sample | Strike | Measured force (kN) |
|--------|--------|---------------------|
|        | Glass fibers | Carbon fiber | Aramid fibers | A combination of carbon and aramid fibers |
| 1st sample | I | 21.63 | 21.02 | 21.59 | 21.29 |
|          | II | 22.27 | 21.43 | 21.59 | 21.55 |
| 2nd sample | III | 22.13 | 21.42 | 21.61 | 21.63 |
|          | IV | 21.96 | 21.15 | 21.35 | 21.41 |
| Arithmetic mean ($\bar{x}$) | 21.99 | 21.25 | 21.53 | 21.47 |

In the test of composite materials on impact, in which there is no foam as an additional material for force absorption, forces from 21.25 kN to 22.47 kN were recorded, which can be seen in Fig. 5.

The best results in terms of absorption are observed on carbon fibers, followed by carbon fibers in combination with...
aramid fibers, and aramid fibers while glass fibers showed the worst result and did not absorb force like other tested materials.

Tab. 2 shows the measured test values for the case when a 10 mm thick foam is placed under the composite tiles.

| Sample   | The place of impact | Glass fibers | Carbon fiber | Aramid fibers | A combination of carbon and aramid fibers |
|----------|---------------------|--------------|--------------|---------------|------------------------------------------|
| 1st      | I                   | 10.71        | 7.67         | 12.5          | 9.56                                     |
| sample   | II                  | 13.59        | 6.48         | 11.4          | 9.5                                      |
| 2nd      | III                 | 11.23        | 6.07         | 11.68         | 7.05                                     |
| sample   | IV                  | 12.1         | 5.79         | 12.25         | 9.98                                     |
| Arithmetic mean (\(\bar{X}\)) |   | 11.91       | 6.50         | 11.96         | 9.02                                     |

In this test cycle, the largest differences between the results between different materials were observed, which is best seen in the deviation of the values of the forces obtained as a result (\(F_{\text{min}} = 5.5 \text{ kN}\), \(F_{\text{max}} = 13.5 \text{ kN}\)). Fig. 6 shows the deviations of the results between the different materials for each individual test.

The best results were again achieved by carbon fibers, followed by a combination of aramid and carbon fibers, aramid fibers and glass fibers.

3.2 Comparison of Results

The test results showed that the thickness of the foam under the composite material affects the value of the force loaded by the sensor. The thicker the foam the more energy it absorbs.

Through three test cycles, it was concluded that the most energy was absorbed by carbon fiber materials as seen in the first cycle results, where there was no PE foam, and especially in the second cycle results where there was a 10 mm thick foam under the tile. The results of the second cycle show the largest discrepancies between the results of individual materials and it can be concluded that carbon fiber is the most appropriate choice when choosing materials for making a protective helmet because it absorbed the impact force, which served in the final decision.

The combination of aramid and carbon fibers had slightly worse results, however if the helmet needs to have some characteristics (toughness, wear resistance) that aramid fibers can provide, the choice of combination of carbon and aramid fibers may be better than choosing the carbon fibers themselves to make the helmet.

Aramid fibers and glass fibers absorbed the impact force less, so the results for these materials were worse.

By comparing the strength of the material and the amount of energy absorbed, the tests confirmed the findings on the relationship between strength and energy absorption. The higher the strength of the material, the greater the absorption.

4 CONCLUSION

Through examination of the impact absorption of composite materials, it was concluded that the materials that
best absorb the force are carbon fibers. For this reason, it was
decided to use carbon fiber to make a multifunctional
protective helmet due to the force absorption ability and high
strength (3000-5000 MPa), which guarantees maximum user
safety.

It was concluded that further research of composite
materials is possible and necessary using other criteria such as;
price, appearance, comfort, reliability, etc.

5 REFERENCES

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