Potentiating tangle formation reduces acute toxicity of soluble tau species in the rat

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Tauopathies are neurodegenerative diseases characterized by the aggregation of tau protein. These pathologies exhibit a wide variety of clinical and anatomo-pathological presentations, which may result from different pathological mechanisms. Although tau inclusions are a common feature in all these diseases, recent evidence instead implicates small oligomeric aggregates as drivers of tau-induced toxicity. Hence in vivo model systems displaying either soluble or fibrillary forms of wild-type or mutant tau are needed to better identify their respective pathological pathways. Here we used adeno-associated viruses to mediate gene transfer of human tau to the rat brain to develop models of pure tauopathies. Two different constructs were used, each giving rise to a specific phenotype developing in less than 3 months. First, hTAUWT overexpression led to a strong hyperphosphorylation of the protein, which was associated with neurotoxicity in the absence of any significant aggregation. In sharp contrast, its co-expression with the pro-aggregation peptide TauRD-ΔK280 in the hTAUProggr group strongly promoted its aggregation into Gallyas-positive neurofibrillary tangles, while preserving neuronal survival. Our results support the hypothesis that soluble tau species are key players of tau-induced neurodegeneration.
**Keywords:** tauopathies; aggregation; gene-transfer; rodent model; design-based stereology

**Abbreviations:** AAV = adeno-associated virus; hTAU<sup>ProAggr</sup> = human pro-aggregation chimeric tau; hTAU<sup>WT</sup> = human wild-type tau; NFT = neurofibrillary tangle; PHF = paired helical filament; TauRD-ΔK280 = tau repeats-domain carrying ΔK280 mutation

**Introduction**

The accumulation of hyperphosphorylated and misfolded microtubule-associated protein tau (MAPT) into cells of the brain has been described as a characteristic feature of a family of neurodegenerative diseases called tauopathies (Grundke-Iqbal et al., 1986; Braak and Braak, 1991; Weller, 2008). However, to this day, neither the exact causing factors of its aggregation nor the mechanisms leading to neuronal and synaptic loss have been elucidated, delaying the development of efficient therapeutic treatments. Indeed, our understanding of these diseases is largely impeded by the variety of anatomo-pathological profiles displayed by the different tauopathies. In Alzheimer’s disease, the most common of them, the tau protein aggregates into paired helical filaments (PHFs) and forms neurofibrillary tangles (NFTs), progressing from transtentorial areas to the limbic system, encompassing the hippocampus, and finally affecting the neocortex (Braak and Braak, 1991). In other sporadic tauopathies such as progressive supranuclear palsy and corticobasal degeneration, similar lesions are found in neurons and glia but in distinct brain regions (Weller, 2008). Among familial tauopathies, frontotemporal dementia presents a large genetic diversity, linked to more than 30 mutations already described, leading to a large variety of anatomo-pathological features (Simic et al., 2016). While tau aggregation is undoubtedly implicated in all these diseases, the exact pathological mechanisms involved remain largely unclear.

Many pioneering studies have evaluated the occurrence of tau aggregation in relation to disease progression to better understand its role in the neurodegenerative process. Since the discovery that spatial progression of tau pathology is associated with increased severity of Alzheimer’s disease dementia (Braak and Braak, 1991), it was first suggested that NFT formation played an active role in neurodegeneration. Indeed, several studies found a strong correlation between NFT numbers and neuronal loss as well as clinical score, suggesting that NFT-dependent neurodegeneration plays an important role in the cognitive decline found in demented patients (Dickson et al., 1995; Giannakopoulos et al., 2003). This classic view of NFTs as being the main species of tau-induced toxicity is, however, now strongly questioned. Indeed, spatial dissociation between NFT formation and neurodegeneration was observed in the brains of Alzheimer’s disease patients (Vogt et al., 1998), as well as in transgenic mouse models (Spires et al., 2006). Although NFTs number correlates with neurodegeneration, the amount of neuronal loss strongly exceeds the number of tangle-bearing neurons (Gomez-Isla et al., 1997; Vogt et al., 1998), suggesting that most neurons die from other mechanisms. On the other hand, neurons seem to survive after tau starts to aggregate in the soma (Morsch et al., 1999; de Calignon et al., 2010) and can remain fully integrated into functional neural networks (Fox et al., 2011; Kuchibhotla et al., 2014; Rudinskiy et al., 2014).

More recently, soluble oligomeric forms of tau have been pinpointed as the most toxic form of tau aggregates. They were detected in pre-tangles both in Alzheimer’s disease (Patterson et al., 2011; Lasagna-Reeves et al., 2012b) and tau transgenic mouse brains (Berger et al., 2007). Following injection into the brain of wild-type mice, both recombinant and brain-derived tau oligomers were the only species able to induce a large variety of cellular defects, including reduction of synaptic and mitochondrial markers, caspase activation and neuronal loss, leading to cognitive deficits prior to the appearance of tangles (Lasagna-Reeves et al., 2011, 2012a; Fa et al., 2016). Hence, the respective contribution and the temporal occurrence of these different tau species in the pathological process is still unclear. The field would benefit from in vivo model systems generating either soluble or fibrillary forms of tau to better identify their respective pathological pathways.

To ascertain the current hypothesis that soluble tau species are the most toxic forms, we developed two models of tauopathy in rats that allow side-by-side comparison of the role of different tau species. To this aim, we used adeno-associated virus (AAV) gene transfer to overexpress various variants of human tau in the hippocampus of adult rats and we examined the differential neurotoxicity, aggregation and inflammation exerted by wild-type human tau (hTAU<sup>WT</sup>) and a new chimeric construct (hTAU<sup>ProAggr</sup>) co-expressing the pro-aggregation TauRD-ΔK280 peptide and wild-type human tau. In this study, we show that within 3 months after AAV injection, hTAU<sup>WT</sup> overexpression led to a strong hyperphosphorylation of the tau protein associated with striking neurodegeneration in the absence of any significant aggregation. In sharp contrast, co-expression of hTAU<sup>WT</sup> with the pro-aggregation peptide TauRD-ΔK280 in the hTAU<sup>ProAggr</sup> group strongly promoted its aggregation into mature NFTs while offering neuroprotection to hippocampus neurons.

**Material and methods**

**Animal experiments**

Adult male Wistar rats (2 months old, 250 g; JANVIER, n = 124) were used for AAV transduction. All animal studies were conducted according to the French regulation (EU Directive 86/609 – French Act Rural Code R 214-87 to
For each injection site, 4 m vectors used for utGFP and hTAUProAggr transgenes were 5 mm lateral to midline and saline, PBS). See Supplementary material for more details.

AAV vectors construction and production

For AAV production, transgenes were inserted into a shuttle plasmid using Gateway® LR Clonase® system (Invitrogen). The different tau constructs and the utGFP gene were cloned under control of the chimeric cytomegalovirus/chicken β-actin (CBA) promoter into a single stranded, rAAV2-based shuttle vector containing a woodchuck hepatitis virus post-transcriptional regulatory element (WPRE) sequence and with termination by the bovine growth hormone polyadenylation (bGHpA) signal. The entry vector used for the construction of hTAUWT vector was previously described (Casillas et al., 2013). The entry vectors used for utGFP and hTAUProAggr transgenes were synthetized by GeneArt (Thermo Fisher) (Supplementary Tables 1 and 2). All constructs were packaged into AAV8 capsids by the MIRCen viral production platform as described (Berger et al., 2015) (Supplementary material).

Stereotaxic injections of AAV vectors

Methods for stereotaxic injections are detailed in Supplementary material. Briefly, AAV vectors were injected bilaterally into the dorsal and ventral hippocampus at the following stereotaxic coordinates (Paxinos and Watson, 1998): dorsal hippocampus −4.3 mm rostral to bregma, 3 mm lateral to midline and −2.8 mm from the skull surface, ventral hippocampus −5.6 mm rostral to bregma, 5 mm lateral to midline and −7 mm from the skull surface. For each injection site, 4 μl containing 2.5 × 10^{10} vg of each vector was delivered using a microdialysis pump (Stoelting) set at 0.25 μl/min.

Immunohistology

One or three months after injection, rats were anaesthetized with 4% isoflurane before receiving a lethal dose of pentobarbital (60 mg/ml). Animals were then fixed by cardiac perfusion with 0.9% NaCl followed by 4% paraformaldehyde (PFA) in 0.01 M PBS. The brain was collected, post-fixed overnight in 4% PFA at +4°C and transferred in a 30% sucrose solution in PBS for cryoprotection before sectioning on a freezing microtome (Leica). Fourteen series of 30-μm sections were collected, spanning the entire hippocampus.

For free-floating immunohistochemistry, sections were incubated for 30 min with 0.3% H2O2 in PBS. After rinsing in PBS 0.01 M, 0.2% Triton™ X-100 (Sigma), sections were incubated 1 h with the blocking solution containing normal goat serum (NGS) in PBS and transferred into primary antibody solutions for incubation overnight at +4°C. After rinsing, sections were incubated with the appropriate secondary antibody diluted to 1/1000 into blocking solution for 1 h at room temperature followed by 30 min incubation in Vectastain ABC Kit (Vector Laboratories) and revelation using the DAB Peroxidase Substrate Kit with nickel (Vector Laboratories).

For free-floating immunofluorescence, sections were incubated directly in blocking solution before transfer into primary antibody solutions for incubation overnight at +4°C. After rinsing, sections were then transferred into Alexa-coupled secondary antibodies (Thermo Fisher) to 1/500 into blocking solution for incubation 1 h at room temperature. AT8 immunostaining was amplified using CY3-coupled streptavidin diluted to 1/500 in blocking solution (Sigma-Aldrich). For primary antibody dilutions, see Supplementary Table 3.

Gallyas silver impregnation

Gallyas silver impregnation was performed as described in the Supplementary material. Blind semiquantitative scoring was performed on each section spanning the entire hippocampus using the following criteria: 0, no gallyas positive cell; 1, a few isolated cells; 2, isolated cells on a large portion of the hippocampus or clusters on a small portion of the hippocampus; 3, clusters on a large portion of the hippocampus; and 4, clusters on the entire hippocampus. Scores were summed for each animal and the mean Gallyas score was compared between groups.

Image analysis

Z-stack images of AT100 and AT8/vimentin immunostainings were acquired at 20 × (10 μm depth, 1 μm steps and 12 μm depth, 2 μm steps, respectively) using an Axio Scan.Z1 (Zeiss). For AT100 staining, z-projection images were then converted into JPEG files and reduced to 70% of full resolution size. Manual counting of AT100 positive somas was then performed using ImageJ software (cell counting plugin) on all sections of a series, spanning the entire hippocampus. Manual segmentation of the vimentin-positive region was performed on the AT8/vimentin sections using Morpho Strider software (Explora Nova) followed by
thresholding. The mean Vimentin-positive volume was then compared between groups. AT8/ Iba1 and HT7 immunolabelled sections were scanned at 20× using a NanoZoomer (Hamamatsu). Manual segmentation of the entire hippocampus was then performed before thresholding of each fluorescent channel (FITC for Iba1 and HT7, TRITC for AT8) using Visiopharm Integrator System software (Visiopharm). Preprocessing of images was performed prior to thresholding using a series of image transformations implemented into the software, enabling more accurate segmentation of the staining. The mean percentage of hippocampus volume occupied by AT8-positive staining and total AT8 and HT7 burden [the mean fluorescence intensity (MFI) multiplied by the AT8 or HT7-positive area] were then computed. For Iba1 quantification, estimation of Iba1-positive volume was computed after thresholding.

**Stereology**

Unbiased stereological counting of Cornu ammonis 1/2 (CA1/2) pyramidal neurons was performed using Stereo Investigator software (MBF Bioscience) on every 14th section (30-μm thick sections) spanning the entire hippocampus. Z-stacks (1-μm steps) of 40× images of NeuN staining were acquired on a spinning-disk confocal microscope (BX51WI, Olympus) and analysed with the optical fractionator. The tissue thickness was measured at every unbiased counting space (UVCS) location and was found to be 17.38 ± 2.50 μm [mean ± standard deviation (SD)]. The height of the UVCSs was set to 10 μm with a 2-μm guard zone above and below. The base area of the UVCSs was set to 20 × 20 μm with a grid size of 100 × 100 μm. This led to a number of investigated fields per animal of 557 ± 78 and to a number of counted cells of 511 ± 105 per animal. As a result, the coefficient of error was on average smaller than 0.05 (Schmitz, 1998; Schmitz and Hof, 2005).

**Biochemical analysis**

One or three months after injection, six rats per group were anaesthetized with 4% isoflurane before receiving a lethal dose of pentobarbital (60 mg/ml). Brains were then extracted and briefly rinsed in 0.1 M PBS before dissection of the hippocampus. One hemisphere served for biochemical analysis, the other one for real-time quantitative polymerase chain reaction (RT-qPCR) study. For details on sample preparation, see Supplementary material.

**Extraction of sarkosyl-insoluble tau**

Sarkosyl extraction was performed as described in the Supplementary material. Briefly, 0.23% Triton was added to each sample. The sample was then sonicated before centrifugation at 5000g for 10 min at +4°C. The supernatant was collected for ultracentrifugation at 100 000g for 1 h at +4°C. The pellet was resuspended in 1% sarkosyl, sonicated and went through a second ultracentrifugation at 100 000g for 1 h at +4°C. The pellet containing the sarkosyl insoluble fraction was then resuspended in 100 μl of 2× LDS.

**Western blot**

Immunoblotting was performed as described in the Supplementary material. Briefly, samples were loaded onto a 4–12% Bis-Tris NuPAGE® Novex® gel (Invitrogen), followed by transfer onto a 0.45 μm nitrocellulose membrane using the Novex system from Life Technologies (XCell II™ blot module). The membrane was then incubated either with or without blocking solution for 1 h at room temperature and transferred into the antibody diluted in the blocking solution (or without) for incubation overnight at +4°C. The membrane was then incubated for 1 h with the appropriate secondary antibody diluted in the blocking solution (or without). Signal was visualized using either ECL western blotting detection reagents (GE Healthcare) or Odyssey CLx Imager (LI-COR Biosciences). For antibody dilutions and blocking solutions, see Supplementary Table 3.

**Real-time quantitative PCR**

RT-qPCR was performed as described in the Supplementary material. Briefly, fresh hippocampus structure was lysed in 1 ml of TRIzol® using Precellys® 24 homogenizer (Bertin Technologies) and total RNA (including miRNAs) isolated following the supplier’s guidelines. For each animal, the hippocampus was first dissected out from 11 coronal fixed 30-μm thick sections, giving rise to 3–6 μg mRNA. RNAs (0.125 μg) were then reverse-transcribed into cDNA using SuperScript™ VILO™ cDNA Synthesis Kit (Invitrogen). RT-qPCR was then performed using iTaq™ Universal SYBR® Green Supermix (Bio-Rad) and primers (Bio-Rad or Eurofin Genomics) specific to different targets on 1 ng of cDNA, using 3 nM of primers. Reactions were run in triplicates in 384-well PCR plates and the cDNA of four non-injected Wistar rats served as an inter-plate reference. Cycle threshold (Ct) values were generated using Bio-Rad CFX manager software (regression mode).

**Quantification of CSF total tau**

Terminal CSF sampling from the cisterna magna was performed on all animals used in this study (n = 124). CSF samples (100–150 μl) were then vortexed before centrifugation at 4000g for 10 min at 4°C. Samples were then aliquoted by 30 μl and stored at −80°C. For human total tau dosage (V-plex, Meso Scale Diagnostics), triplicates of each aliquot diluted to 1/4 in diluent 35 (Meso Scale Diagnostics) were loaded onto plates. Dosage was then
performed following manufacturer’s instructions. CSF samples that were heavily contaminated with blood during collection were excluded from further analysis.

Statistical analysis

Results are presented as mean ± standard error of the mean (SEM). Statistical analysis was carried out using Statistica 13 software (Statsoft, Tulsa, OK, USA). Prior to analysis, the data were assessed for normality and homogeneity of variance. If they fulfilled the criteria for general linear model, they were analysed by one-way ANOVA followed by Bonferroni’s post hoc tests for pairwise comparisons. Otherwise, a non-parametric equivalent was used. In case of non-homogeneity of variances, data were transformed and the appropriate statistical test used. All data are presented here in their original form including those that necessitated transformation. When no statistical difference between PBS and utGFP groups could be observed, those were pooled into a single control group for comparison to tau constructs. For correlation studies, data were assessed for normality, followed by Pearson correlation test. This was performed uniquely on tau groups with exclusion of control animals. Annotations used to indicate level of significance are as follows: *P < 0.05, **P < 0.01, ***P < 0.001.

Results

Generation of two models of pure tauopathy by AAV-mediated gene transfer of human tau

One model of pure tauopathy was generated using AAV-mediated gene transfer of the 1N4R isoform of wild-type (hTAUWT, Fig. 1A) human tau. A bi-cistronic construct (hTAUProAggr, Fig. 1B) was used to express a chimeric protein containing hTAUWT linked through a 2A peptide sequence (P2A) to a pro-aggregation peptide (TauRD-ΔK280). TauRD-ΔK280 consists of the four repeat-domains of tau protein carrying the ΔK280 mutation (Supplementary Table 2). Previous studies showed that mild overexpression of this peptide in transgenic mice is sufficient to trigger the formation of mature NFTs (Mocanu et al., 2008; Van der Jeugd et al., 2012). Here, cleavage of P2A sequence resulted in the release of both TauRD-ΔK280 and hTAUWT as confirmed in vitro and in vivo (Supplementary Fig. 1). In HEK cells infected with either vector, hTau expression was similar in both the hTAUWT and hTAUProAggr groups as no difference between constructs could be observed in either protein [Fig. 2A; Kruskal-Wallis non-parametric test, H(2) = 8.00, P < 0.05, Bonferroni pairwise multiple comparisons test] or mRNA [Fig. 2B; Kruskal-Wallis non-parametric test, H(2) = 9.62, P < 0.01, Bonferroni post hoc test] levels when HEK cells were infected with either vector.

For in vivo studies, AAVs were delivered bilaterally by stereotaxic surgery to both the dorsal and ventral parts of the hippocampus. One month after injection, extensive expression of tau was detected, spanning the entire hippocampus on the antero-posterior axis, with expression observed in most of the hippocampal subfields, including CA1/2 and CA3/4 subregions as well as the dentate gyrus (Fig. 2C). Human tau expression was first assessed by quantifying the total tau protein levels with HT7 immunostaining across the whole hippocampus [Fig. 2D; one-way ANOVA, F(2,19) = 11.92, P < 0.001, Bonferroni post hoc test]. The total HT7 burden (area x signal intensity) was similar between hTAUWT and hTAUProAggr groups while no staining was detected in the utGFP group [Fig. 2D; one-way ANOVA, F(2,19) = 11.92, P < 0.001, Bonferroni post hoc test]. Nonetheless, RT-qPCR for transgene mRNA showed higher transgene expression in vivo in the hTAUProAggr group compared to the hTAUWT group at this time-point [Fig. 2E; Kruskal-Wallis non parametric test, H(2) = 15.16, P < 0.001 and H(2) = 14.89, P < 0.001, Bonferroni pairwise multiple comparisons test, respectively, for transcriptomic samples and fixed sections].
The ability of both constructs to induce hyperphosphorylation of tau was then assessed using the AT8 antibody (Fig. 3). One month after injection, widespread hyperphosphorylation of tau was detected in most of the hippocampal subfields (Fig. 3A). This hyperphosphorylation was associated in both tau groups with mislocalization of the protein to the somatodendritic compartment. Both tau constructs were thus able to induce missorting of pathological hyperphosphorylated tau. Conversely, no AT8 staining was observed in PBS or utGFP control groups (Fig. 3A).

Quantification of AT8 immunofluorescent staining revealed differences between groups in the extent of tau hyperphosphorylation. Hence, total AT8 burden (Fig. 3B) was found to be higher in the hTAUWT group at both 1 and 3 months post-injection compared to hTAUProAggr animals [independent t-tests, \( t(12) = 2.404, P < 0.05 \) and \( t(14) = -3.147, P < 0.01, \) respectively]. Similar group differences were observed at 3 months post-injection when looking at the percentage of AT8-positive hippocampal volume [Fig. 3C; independent t-test, \( t(14) = -3.487, P < 0.01 \)]. Thus, while hTAUWT induced the strongest hyperphosphorylation, co-expression of hTAUWT with the pro-aggregation peptide in the hTAUProAggr group was associated with reduced AT8 reactivity.

Figure 2 Tau transgene expression levels. (A) Representative blot for human tau (HT7) expression at 72 h post-infection of HEK cells and quantification of tau expression, normalized to actin, show similar protein expression in hTAUWT and hTAUProAggr groups. (B) RT-qPCR for the tau transgene in HEK cells confirms similar transgene expression in both tau groups. (C) Schematic representation of injection coordinates (red cross) and representative images of tau staining (HT7) in a hTAUProAggr animal at 1 month post-injection (pi) show strong transgene expression in a large portion of the hippocampus. (D) The total HT7-positive hippocampus burden is not different between groups, suggesting similar levels of tau protein. (E) RT-qPCR for human tau (MAPT) mRNA on transcriptomic samples of fixed sections shows, however, higher mRNA levels in the hTAUProAggr group compared to hTAUWT animals. Asterisks above each bar represent the result of post hoc comparisons to utGFP group (A, B, D and E). \#P = 0.086, *P < 0.05, **P < 0.01, ***P < 0.001.
Tau constructs differ by the stage of aggregation and the nature of tau aggregates

The AT100 antibody, detecting a late stage phospho-epitope found mostly in intracellular NFTs in human (Allen et al., 2002; Augustinack et al., 2002), was used as a marker of aggregation (Fig. 4A). Neuronal somatic and neuritic staining was found in all hippocampal subfields only in the hTAUProAggr group from 1 month post-injection. In addition, some astrocyte-like AT100-positive profiles were also observed in this group (Fig. 4C). In contrast, the overexpression of hTAUWT construct did not lead to significant tau aggregation up to 3 months post-injection. Counting of AT100-positive neurons indeed showed larger numbers in the hTAUProAggr group when compared to hTAUWT [Fig. 4B; independent \( t(12) = 16.45, P < 0.001 \) and Mann-Whitney U-test \( U = 0.00, P < 0.001 \) at 1 and 3 months post-injection, respectively]. The AT100 epitope being located outside of the repeated regions (Fig. 1B), only aggregates containing full-length tau were visualized with this antibody. Seeding of hTAUWT by pro-aggregation peptide was suggested by their co-localization (Supplementary Fig. 2A). Thus, the co-expression of TauRD-ΔK280 with hTAUWT in the hTAUProAggr group strongly promoted the aggregation of wild-type human full-length tau, which alone was not able to aggregate. In contrast, no AT100 staining could be observed in PBS or utGFP animals (Supplementary Fig. 3).

The stage of tau aggregation was then assessed using Gallyas silver impregnation, a staining that specifically detects mature NFTs (Fig. 4D). The hTAUProAggr construct led to the formation of numerous mature argyrophilic NFT-like structures. Those aggregates were also positive for thioflavin S (Supplementary Fig. 2B), another marker of end-stage aggregation. Blind semiquantitative scoring of Gallyas staining revealed strong aggregation in the hTAUProAggr group with no evolution between 1 and 3 months post-injection [Fig. 4D; independent \( t(12) = 0.252, P = 0.805 \)]. In contrast, no Gallyas-positive soma could be observed in hTAUWT or control animals (Supplementary Fig. 4).
The nature of tau aggregates produced by the different constructs was then further assessed using sarkosyl extraction of insoluble material (Fig. 5). Western blots using antibodies recognizing N-terminal (M19G) and pathological phosphorylation epitopes (anti-pSer396, AT100) of tau were run on crude hippocampus homogenates, sarkosyl-soluble and sarkosyl-insoluble fractions. They revealed the presence of sarkosyl-insoluble material in both tau groups at 1 and 3 months post-injection (Fig. 5A and B, respectively), characterized by a band at the molecular weight of monomeric tau (just below 60 kDa). However, fibrillar material was more readily detected in hTAUProAggr group compared to the hTAU WT group. Indeed, in the sarkosyl-insoluble fraction of the hTAUProAggr group, all antibodies revealed another band above 60 kDa, representing an abnormal phosphorylated tau.

Figure 4 Tau constructs differ in their ability to aggregate. (A) Representative images of AT100 staining show neuritic and somatic aggregation mainly in hTAUProAggr group. Scale bars: 150 μm (left) and 50 μm (right). (B) Estimation of the total number of AT100-positive somas in the entire hippocampal formation. Asterisks above each bar represent results of a t-test between groups, ***p < 0.001. (C) Both neuronal and astrocyte-like AT100-positive lesions are observed in the hTAUProAggr group. Scale bar = 20 μm. (D) Representative images of Gallyas staining showing NFT-like lesions in hTAUProAggr animals (Scale bar = 200 μm) and blind semiquantitative scoring of Gallyas-positive NFT pathology on the entire hippocampus at 1 and 3 months post-injection (pi).
variant of tau. This additional band was the only one stained with AT100 antibody, an epitope mostly found in PHFs (Allen *et al.*, 2002; Augustinack *et al.*, 2002). No form of tau was observed in the utGFP group.

Quantification of sarkosyl-soluble and sarkosyl-insoluble fractions in both tau groups confirmed a strong shift toward highly aggregated species in the hTAUProAggr group [Fig. 5C, independent *t*-tests, *t*(16) = 7.183, *P* < 0.001 and *t*(7) = 4, *P* < 0.01, respectively, at 1 and 3 months post-injection]. No difference could be observed in total tau (Supplementary Fig. 6).

The toxicity of tau constructs is inversely related to their ability to aggregate

To determine if differential aggregation was associated with differences in the toxicity of tau constructs, stereological counting of CA1/2 pyramidal neurons within the whole hippocampus was performed on NeuN staining (Fig. 6A). A significant reduction in the mean total number of neurons was observed in the hTAUWT (−27%) group at 1 month post-injection when compared to controls [Fig. 6B, one-way ANOVA, *F*(2, 22) = 10.51, *P* < 0.001, Bonferroni post hoc test]. Interestingly, the extent of neurodegeneration seemed fairly stable over time in the hTAUWT group [−26% at 3 months post-injection compared to controls, one-way ANOVA, *F*(2,21) = 10.08, *P* < 0.001, Bonferroni post hoc test]. Conversely, no significant neuronal loss could be observed at any of the time-points in hTAUProAggr animals. Those observations were confirmed using additional markers of neurodegeneration, including measures of total hippocampus volume and estimation of the volume occupied by CA1/2 pyramidal neurons (Supplementary Fig. 7A and B). More severe neurodegeneration in hTAUWT group was associated with higher levels of total tau into CSF when compared to controls [Fig. 6C, Kruskal-Wallis between groups comparison at each time-point, *H*(2) = 29.336, *P* < 0.001 and *H*(2) = 22.684, *P* < 0.001 for 1 month and 3 months post-injection, respectively, Bonferroni pairwise multiple comparisons test]. In addition, a negative correlation was observed between AT8 burden and total number of neurons (Fig. 6D, Pearson correlation test *R*² = 0.2601, *P* = 0.077 and *R*² = 0.7871, *P* < 0.001 at 1 and 3 months post-injection, respectively) as well as volumetric measures (Supplementary Fig. 7C).

Total tau in the CSF seemed strongly correlated to hippocampal volume (Supplementary Fig. 7D) but failed to correlate with total number of neurons (Fig. 6E; Pearson correlation test, *R*² = 0.2967, *P* = 0.1035).

We assessed both microgliosis and astrogliosis in our models using microglial (Iba1, Fig. 7A) and astroglial (vimentin, Fig. 7B) markers, respectively. Microglial activation was observed in both tau groups at 1 month post-injection when compared to controls [Fig. 7C, one-way ANOVA, *F*(2,24) = 19.438, *P* < 0.01, Bonferroni post hoc test].

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**Figure 5** Biochemical characterization reveals variability in the nature of aggregates produced by tau vectors.

(A) Western blot 1 month post-injection using M19G detected tau in the sarkosyl-insoluble fraction (Ins) of both hTAUWT and hTAUProAggr groups at the molecular weight of monomeric tau (white arrowhead). A higher band (red arrowhead) was also detected in hTAUProAggr group with M19G, AT100 and anti-pSer396 antibodies. This suggests higher phosphorylation and aggregation in this group. (B) Three months post-injection, western blot of sarkosyl-insoluble fraction using the same antibodies yielded similar results. Tot = total homogenate; Sol = sarkosyl-soluble fraction; Ins = sarkosyl-insoluble fraction. Anti-pSer396 blots were rebotted directly on AT100 blots without stripping of the membrane. Uncropped blots are presented in Supplementary Fig. 5. (C) Quantification of the sarkosyl-insoluble fraction as a percentage of both sarkosyl-soluble and insoluble fractions from western blots revealed with M19G antibody. Asterisks above each bar represent the result of post hoc comparison to controls. ***P* < 0.01, ****P* < 0.001. pi = post-injection.
test], with a higher activation observed in hTAUProAggr compared to hTAUWT. At 3 months post-injection, microglia almost completely resolved in all groups [one-way ANOVA, $F(2,29) = 0.997$, $P = 0.381$]. Activated astrocytes in those two groups were also spatially associated with strong tau overexpression around the injection site (Fig. 7B). Quantification of vimentin staining showed strong astroglia in all tau groups while no reactivity could be observed in control animals at any of the time-points observed [Fig. 7D, Kruskal-Wallis between groups comparison at each time-point, $H(2) = 13.073$, $P < 0.01$ and $H(2) = 15.295$, $P < 0.001$ for 1 month and 3 months post-injection, respectively, Bonferroni pairwise multiple comparisons test]. In addition, astroglial activation was found to persist over time.

**Discussion**

Here we have created a novel model of tauopathy (termed hTAUProAggr) in rats displaying high levels of argyrophilic aggregated tau species in the hippocampus 1 month after injection of AAVs. The versatility of this approach allowed us to compare the neurotoxic effects exerted by fully aggregated tau species in the hippocampus 1 month after injection of AAVs. The data support the current line of thought that soluble forms of tau are highly noxious in contrast, fibrillary aggregates are fairly innocuous at first and they offer neuroprotection to neighbouring neurons. Further studies on a longer-term will be necessary to draw a definite conclusion about the lack of neurotoxicity of NFTs.

In our study, gene transfer of the human wild-type tau protein in the hTAUWT model led to the induction of an early stage tauopathy. Indeed, in this group a strong hyperphosphorylation of the protein and mislocalization to dendrites and soma were detected with AT8 immunostaining over a large portion of the hippocampus, both being features of an early stage tauopathy. This was accompanied by very limited aggregation, as indicated by a small number of AT100-positive neuronal somas, lack of argyrophilic lesions and little sarkosyl-insoluble material. This was associated to a significant neuronal loss, detectable atrophy of the whole hippocampus, elevated total tau levels in CSF and major astrocytic activation, consistent with most vector-derived models (Jaworski et al., 2009). The precise nature of the soluble toxic species in play here remains elusive. One of our major findings was the very tight negative correlation between tau hyperphosphorylation and CA1/2 neurons number as pathology progresses. This confirms that the pathological hyperphosphorylation of tau on Ser 202/205 is key to tau toxicity. It is in agreement with previous studies that indicated that phosphorylation on Thr212, Thr231 and Ser262 residues causes neurodegeneration (Alonso et al., 2010). It is also consistent with in vitro observations that tau phosphorylation extends the oligomerization phase and delays fibrillation (Kumar et al., 2014; Tepper et al., 2014). In addition, our results indicate that the AT8 epitope may be less accessible in mature tau aggregates since the intensity of AT8 immunolabelling in the hTAUProAggr was reduced compared to that of hTAUWT group. Alternatively, it could be that the reduced phosphorylation on AT8 epitope participated in the increased aggregation observed in the hTAUProAggr group. Further experiments should be performed to determine if tau oligomeric species are involved in the hTAUWT group since a growing body of evidence suggests that they represent the major contributor to tau-induced neuronal and synaptic toxicity (Berger et al., 2007; Lasagna-Reeves et al., 2012a; Kumar et al., 2014; Tai et al., 2014). In addition, soluble hyperphosphorylated tau has been shown to sequester normal tau and to cause microtubule depolymerization, which could also lead to neuronal death (Alonso et al., 1994, 1996, 2006).

In parallel, we developed a novel AAV construct termed hTAUTauRD/C1, based on the co-expression of hTAUWT and a pro-aggregation seed TauRD-$\Delta$K280. TauRD-$\Delta$K280 consists of the four-repeat domain of the tau protein, carrying the $\Delta$K280 mutation. This mutation, responsible for rare cases of frontotemporal dementia (Rizzu et al., 1999), is highly fibrillogenic (Barghorn et al., 2000) and diminishes the ability of tau to promote microtubule assembly (Rizzu et al., 1999). Previous studies showed that in transgenic mice mild overexpression of TauRD-$\Delta$K280 is sufficient to trigger the formation of sarkosyl-insoluble fibrils and Gallyas-positive NFT-like lesions (Mocanu et al., 2008). We reasoned that concomitant co-expression of hTAUWT and TauRD-$\Delta$K280 within the same cell would promote the formation of mature NFTs through the seeding action of TauRD-$\Delta$K280 onto full length hTAUWT. Indeed, from 1 month after vector injection, we detected on histological sections not only hyperphosphorylation of tau on the AT8 epitope and mislocalization to soma and dendrites but also the presence of AT100-positive misfolded tau in neuronal somas and large amounts of Gallyas-positive material, indicative of fully mature NFTs. Biochemical analysis of sarkosyl-insoluble fractions confirmed the presence of hyperphosphorylated fibrillar material. In comparison to the hTAUWT group, total tau in CSF in the hTAUProAggr, was much less increased compared to controls. This observation is reminiscent of the negative relationship detected between CSF amyloid-β and amyloid plaque numbers in Alzheimer’s disease patients. One hypothesis is that, in this hTAUProAggr model, soluble oligomeric tau species are trapped into mature aggregates limiting their release from the parenchyma into the CSF. Microgliosis was transient whereas astrogliosis persisted up to 3 months post-injection. A major finding here was the preservation of neuronal survival in the hippocampus of rats injected with the hTAUProAggr vector compared to the hTAUWT group up to 3 months post-injection. This was supported by normal and stable volume of the whole hippocampus as well as normal stereological counts of NeuN-positive...
cells. Hence, our data agree with previous studies in tau
*Drosophila* models showing that aggregation of tau into
granular tau oligomers (GTOs) was associated with
rescue of behavioural deficits and halted neurodegeneration
(Ali *et al.*, 2012; Cowan *et al.*, 2015). In addition, not only
can tau accumulation be found in morphologically normal
neurons (Andorfer *et al.*, 2005; van de Nes *et al.*, 2008;
Rocher *et al.*, 2010), but tangle-bearing neurons can be
fully integrated into neural networks (Fox *et al.*, 2011;
Kuchibhotla *et al.*, 2014; Rudinskiy *et al.*, 2014). Our
data obtained in the hTAUProAggr group may seem in
contradiction with the severe deleterious effects described
in Mandelkow’s ∆K280 transgenic mice (Mocanu *et al*.,
2008; Sydow *et al.*, 2011a, b; Van der Jeugd *et al*.,
2012). However, both sets of data could be reconciled.
First, one key finding in their transgenic mice was the

![Figure 6](image-url)
recruitment of endogenous murine protein with human tau into aggregates. The exact nature of hTAUProAggr NFTs was not assessed in our study so we cannot conclude about a possible inclusion of rat endogenous tau into mature aggregates. However, one possible explanation for the robust neuroprotective effect of hTAUProAggr may be that strong seeding of TauRD-ΔK280 peptide is exerted on hTAUWT instead of on the murine protein, thanks to the locally high 1:1 expression ratio of both. Enhanced aggregation of wild-type human tau would protect from its toxicity. In the same
Our study does not evaluate whether NFTs remain innocuous in the long-term, past the 3-month time point. First, it is unknown if such insoluble aggregates would remain or disappear, either through an active clearance mechanism within neurons or via phagocytosis of the NFT-carrying neurons. Our data showing the appearance of AT100-positive ‘astrocyte-like’ cells in areas populated by NFT-carrying neurons as well as sustained vimentin expression suggest an active role of astrocytes that remains to be investigated. Previous studies in various inducible tau transgenic models yielded contrasting outcomes, where several months of transgene suppression resulted in total clearance of NFTs in rTgTauEC mice (Polydoro et al., 2013) whereas tangles persisted in TauRD-ΔK280 mice despite a change in their composition (Sydow et al., 2011a, b; Hochgrafe et al., 2013). More recently, in a cell line with inducible mutant tau expression, tau aggregates were shown to be gradually cleared via the autophagy-lysosome pathway when soluble tau expression was suppressed. Importantly, live imaging of GFP-tagged tau inclusions also demonstrated that these are dynamic structures constantly undergoing fusion and fission events, generating shorter tau species capable of reinstating tau pathology (Guo et al., 2016). Our hTAUProAggr vector provides a suitable tool to address the question of long-term stability and toxicity of large tau aggregates in vivo in the brain.

Tau aggregation is thought to follow a stereotyped progression from soluble monomers to fibrils, through dimers and oligomeric species (Sahara et al., 2007; Patterson et al., 2011). Phenotypic variability observed in our models may thus be determined by an imbalance towards one of those species (Fig. 8). Hence, hTAUWT construct would predominantly produce small and soluble oligomeric species. Overexpression of the hTAUProAggr, on the other hand, would strongly shift the balance towards production of highly insoluble aggregates (either GTOs or NFTs) leading to an initial lack of toxicity. Hence, the differential toxicity of hTAUProAggr and hTAUWT may be associated with differences in the kinetics of aggregation, which may in turn reflect in differential propagation to neighbouring neurons (Fig. 8). Indeed, variants of tau with strong aggregant properties display little propensity to propagate pathology further in the brain (Dujardin et al., 2014). Whether the same tau species are responsible for tau propagation and neurodegeneration still remains to be elucidated (Goedert and Spillantini, 2017). A recent study showed the aggregation process may not be irreversible since in vitro tau inclusions constantly undergo fusion and fission (Guo et al., 2016). This suggests that distinct dissociation rates of NFTs into soluble aggregates could also contribute to the specific toxicity of each tau variant. Recent data in tau transgenic models have shown that at CA3 synapses the ΔK280 mutation, which promotes tau aggregation, reduces synaptic transmission while the A152T mutation, which is associated with little tau aggregation, increases transmission (Sydow et al., 2011b; Van der Jeugd et al., 2012; Decker et al., 2016). To this day, it is not clear whether these
effects are mediated through different mechanisms. The pathological cascades involved in our respective models remain to be explored.

Altogether, our findings support the hypothesis that soluble tau species are key players in tau-induced neurodegeneration. They suggest that soluble tau species rather than fully mature aggregates should be targeted at an early stage in patients. Our analyses show that NFT numbers imperfectly reflect the severity of the disease whereas AT8 pathology may be a better index of neurodegeneration. Admittedly, developing therapeutic and imaging agents capable of targeting tau soluble forms may prove challenging, especially when the exact nature of these toxic forms (dimers, trimers, etc.) is still unclear and may differ from one tauopathy to another. Our gene transfer-based models in rats should prove useful in the future to study mechanisms underlying the toxicity of various tau species in vivo. They also offer the possibility to test a variety of therapeutic strategies and to use various imaging modalities either in hTAUWT rats expressing high amount of toxic soluble tau species or in hTAUProAggr rats with numerous fully mature NFTs.

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Conflict of interest
D.C., M.G.-G., F.P. and E.D. are full-time employees of Servier and have no other interests to declare. C.S. serves as a paid consultant for and receives benefit from MBF Bioscience, the manufacturer and distributor of the stereology software, StereoInvestigator. However, MBF Bioscience had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript. Furthermore, C.S. has not received any honoraria or consultancy fee in writing this manuscript.

Supplementary material
Supplementary material is available at Brain online.

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