Benefits of clinical criteria and high-throughput sequencing for diagnosing children with syndromic craniosynostosis

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Abstract
An accurate diagnosis of syndromic craniosynostosis (CS) is important for personalized treatment, surveillance, and genetic counselling. We describe detailed clinical criteria for syndromic CS and the distribution of genetic diagnoses within the cohort. The prospective registry of the Norwegian National Unit for Craniofacial Surgery was used to retrieve individuals with syndromic CS born between 1 January 2002 and 30 June 2019. All individuals were assessed by a clinical geneticist and classified using defined clinical criteria. A stepwise approach consisting of single-gene analysis, comparative genomic hybridization (aCGH), and exome-based high-throughput sequencing, first filtering for 72 genes associated with syndromic CS, followed by an extended trio-based panel of 1570 genes were offered to all syndromic CS cases. A total of 381 individuals were registered with CS, of whom 104 (27%) were clinically classified as syndromic CS. Using the single-gene analysis, aCGH, and custom-designed panel, a genetic diagnosis was confirmed in 73% of the individuals (n = 94). The diagnostic yield increased to 84% after adding the results from the extended trio-based panel. Common causes of syndromic CS were found in 53 individuals (56%), whereas 26 (28%) had other genetic syndromes, including 17 individuals with syndromes not commonly associated with CS. Only 15 individuals (16%) had negative genetic analyses. Using the defined combination of clinical criteria, we detected among the highest numbers of syndromic CS cases reported, confirmed by a high genetic diagnostic yield of 84%. The observed genetic heterogeneity encourages a broad genetic approach in diagnosing syndromic CS.

Introduction
Craniosynostosis (CS) is one of the most common inborn anomalies in children, affecting 1/1600–1/1800 live births [1, 2]. CS is classified into syndromic and nonsyndromic CS, where syndromic CS is reported to constitute 12–31% of all cases [3–5]. Individuals with syndromic CS have an increased risk of additional complications and repeat craniofacial surgery [6, 7], and need to be identified. Hence, an accurate molecular diagnosis is important for personalized treatment and surveillance, in addition to genetic counseling, family planning, social care, and support from patient organizations.

Previously, syndromic CS was defined by the occurrence of one of the frequent and well-known syndromes: Apert, Muenke, Saethre–Chotzen, Pfeiffer, or Crouzon, caused by genetic variants in the FGFR2, FGFR3, TWIST1, FGFR1/2, and FGFR2 genes, respectively [1, 8]. High-throughput sequencing (HTS) has improved and changed the diagnostics of syndromic CS over the last two decades, and

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genetic variants in at least 80 genes are known to cause syndromic CS [9, 10].

There is no clear consensus regarding the definition of syndromic CS. Some studies limit their cohort to a defined selection of verified genetic diagnoses [11, 12], whereas others limit their cohort to affected sutures only, as complex or coronal synostoses are more commonly associated with syndromic CS [12, 13], or use a combination of clinical criteria [5, 14]. A recent population-based epidemiological study from our group demonstrated a high proportion of syndromic cases of 27% defined by clinical criteria and a genetic detection rate of 75% after testing with array comparative genomic hybridization (aCGH) and exome-based genetic detection rate of 75% after testing with array comparative genomic hybridization (aCGH) and exome-based HTS, filtering for 72 genes associated with syndromic CS [2]. We detected many midline synostoses in individuals with syndromic CS, in particular in individuals with rare genetic syndromes [2], suggesting that an affected suture alone does not provide sufficient evidence to determine whether an individual has syndromic or nonsyndromic CS. We hypothesized that a broader approach to genetic testing would further increase the diagnostic yield.

In this study, all individuals with syndromic CS born between 1 January 2002 and 30 June 2019, selected by clinical criteria, and registered in the registry of the Norwegian National Unit for Craniofacial Surgery were included. Supplemental genetic diagnostics of HTS filtering for a panel of 1570 genes informed by the Deciphering Developmental Delay study (DDG2P) were offered for negative cases. We present a large variety of genetic syndromes and aim to propose a strategy for clinical classification and genetic testing of individuals with syndromic CS.

**Materials and methods**

The study was approved by the Norwegian Regional Committees for Medical and Health Research Ethics (REK_2018/797) and by Oslo University Hospital (permit number P360:18/05374). Informed consent was obtained from all individuals that participated in the study. Since 2001, all individuals with nonsyndromic CS of the coronal suture (s), or with an affected first-degree relative, were offered the genetic analyses were performed. When the clinical presentation did not resemble one of the common CS syndromes, aCGH was offered initially. From 2016, exome-based HTS filtering for a custom-designed panel of 72 genes associated with syndromic CS (Supplemental Table 1) was performed if the result of the aCGH came back negative. If this did not result in a genetic diagnosis the extended trio-based HTS panel of 1570 genes was offered. A few individuals (n = 6) were diagnosed prior to assessment by the unit’s team. Their findings are presented in the results section under the diagnostic tool in which they would have been found in the stepwise approach (Tables 2–4). Ten individuals were excluded from the calculations of diagnostic yield, because they did not want genetic testing (n = 4), and were analysed with aCGH only (n = 5) or with single gene and aCGH only (n = 1). Individuals analysed with aCGH and HTS filtering for the custom-designed panel only (n = 3) were included in the calculations. All individuals with nonsyndromic CS of the coronal suture (s), or with an affected first-degree relative, were offered the custom-designed HTS panel due to the risk of having a monogenetic cause (e.g., TCF12). As genetic causes of nonsyndromic CS is not the scope of this study, these results are not included. Blood samples were obtained from all patients, followed by DNA extraction with QiaSymphony DSP DNA Mini Kit (Qiagen, Cologne, Germany). For Sanger sequencing of FGFR2, FGFR3, TWIST1, and EFNBI, primers were designed using primer3 software, sequencing was done on an ABI 3730 sequencer (Applied Biosystems, Life

![Fig. 1 Flow chart showing clinical criteria and genetic analysis of syndromic CS. Minor criteria are presented in the dark blue panel and major criteria in the red panels. Syndromic CS is defined by the addition of two or more minor criteria or one major criterion.](image-url)
Technologies, CA, USA), and sequence data were analysed using SeqScape v2.7 (Life Technologies, CA, USA). For MLPA of TWIST1, the Salsa MLPA Probemix P054 (MRC Holland) was used. Array CGH was performed using Agilent 180 K SurePrint G3 Human CGH (Agilent Technologies, Santa Clara, CA, USA) according to the manufacturer’s recommendations. Data were processed with Feature Extraction and DNA Analytics (Agilent Technologies). Exome-based HTS was performed by using Agilent SureSelectXT Target Enrichment 50 Mb Kit (Agilent Technologies, Santa Clara, CA, USA) for library preparation and Illumina HiSeq 2500 in high-output run mode. Bioinformatic handling of the sequencing data followed the practice from Genome Analysis Tool Kit for exome sequencing [15]. Raw reads were mapped to the reference sequence (GRCh37/hg19). Joint variant calling was performed within each trio. Variant annotation was done by Annovar [16]. Downstream filtering and analysis were done with Filtus [17] on the variants within coding regions and intron/exon boundaries of the custom-designed panel or the extended trio-based panel of 1570 genes. The extended trio-based panel was informed by the Deciphering Developmental Disorders study (DDG2P) [18] and the largest panel available at our laboratory. We selected variants with allele frequency of less than 0.5% (for genes inherited as autosomal dominant) or less than 1% (for other inheritance patterns), as reported in gnomAD [19]. Variants were classified according to the guidelines by the American College of Medical Genetics and Genomics [20], and only class 4 (likely pathogenic) and class 5 (pathogenic) variants were included in the results. All variants were submitted to ClinVar (SCV001437545–SCV001437592).

### Results

In total, 381 individuals were registered with CS, of which 104 (27%) were clinically classified as syndromic based on the criteria presented in Fig. 1. A total of 94 individuals with syndromic CS (90%) accepted the stepwise genetic testing presented in the method section. By single-gene analysis, aCGH and the custom-designed panel, a genetic diagnosis was confirmed in 69 individuals (73%; Figs. 1 and 2). When including the results of the extended trio-based HTS panel, the number of genetically confirmed diagnoses increased to 79 (84%; Figs. 1 and 2, Supplemental Table 2). When excluding the CS syndromes caused by variants in the FGFR2, FGFR3, TWIST1, or EFNB1 gene, a genetic cause was confirmed in 26 individuals (28%), partitioned into 23 different genetic or chromosomal causes, 16 of these not commonly associated with CS (Tables 1–4). Fifteen individuals (16%) had negative genetic test results (Fig. 2).

Fifty-three individuals (56%) had variants in one of the genes frequently associated with CS syndromes (FGFR2, FGFR3, TWIST1, and EFNB1). Of these, 47 individuals (89%) had a clinical phenotype in concordance with the genetic diagnosis and were diagnosed by single-gene analysis (Table 1).

Ten individuals (11%) had a de novo copy number variation associated with a known microdeletion or duplication syndrome (Fig. 2); seven of these are not commonly associated with CS (Table 2). In addition, one case of

### Table 1 Genetically confirmed diagnoses by single-gene analysis (Sanger sequencing).

| Syndrome                              | Gene     | Cases | Male/ | Suture<sup>a</sup> |
|---------------------------------------|----------|-------|-------|---------------------|
| Apert                                 | FGFR2    | 15    | 6/9   | BC, LCS, MS         |
| Muenke                                | FGFR3    | 14    | 7/7   | BC, RC              |
| Saethre–Chotzen                       | TWIST1   | 8     | 4/4   | BC, LC, RC,         |
| Crouzon/Pfeiffer/Beare–Stevenson      | FGFR2    | 5     | 2/3   | BC, BL,             |
| syndrome                              |          |       |       | BCBL, P, S          |
| Crouzon with acanthosis nigricans     | FGFR3    | 3     | 1/2   | BCS, P              |
| Craniofrontonasal dysplasia           | EFNB1    | 2     | 0/2   | BC, RC              |

<sup>a</sup>Affected suture: BC, BCBL, BL, BCS, LC, LCS, MS, P, RC, S.

<sup>b</sup>Individuals with an affected first- or second-degree relative.

Fig. 2 Confirmed genetic diagnoses by method. The distribution of confirmed diagnoses is given in absolute numbers.
Table 2  Chromosome aberrations in individuals with syndromic CS.

| Chromosome aberration | Position | Size (MB) | Candidate gene | Diagnosis | Male/female | Suture | Clinical phenotype |
|-----------------------|----------|-----------|----------------|-----------|-------------|---------|-------------------|
| Del 17p13.3           | g.84287_2468384del | 2.4 | CRK, YWHAE | 17p13.3 Microdeletion syndrome (without PAPAH1 deletion) | M | P | Development delay, short stature, hypotonia, reduced vision |
| Del 1p22.1            | g.92405898_94018197del | 1.6 | RPL5 | 1p22-p31 Deletion syndrome | M | S | Intrauterine growth restriction, developmental delay, preaxial polydactyly, inguinal hernia, short stature, corpus callosum agenesis, optic nerve hypoplasia, thoracic hypoplasia, hearing loss, microphthalmia, micrognathia, dysplastic ears |
| Del 2q37.1q37.3       | g.233110452_243028452del | 10.6 | HDAC4 | 2q37 Deletion syndrome and 22q11.2q13.1 microduplication syndrome | F | RC | Developmental delay, respiratory distress, cardiomegaly, hypotonia, midface hypoplasia, epicanthus, died at 12 months of age |
| Del 2q24.2q31.3       | g.163078055_182119617del | 19.6 | No candidate gene | 2q24 Deletion syndrome | M | BL, LC, S | Developmental delay, VSD, epilepsy, finger contractures, syndactyly, proptosis, hypertelorism, died at 12 months of age |
| Del 6q16.2q21         | g.98942950_114533905del | 16.5 | No candidate gene | 6q15-6q23 deletion syndrome | F | M | Developmental delay, reduced vision, respiratory distress |
| Del 7p15.3p21.2       | g.14440668_20385165del | 6.0 | TWIST1 | Saethre-Chotzen syndrome | F | LC | Normal development, facial asymmetry, small rounded ears, brachydactyly, scoliosis, father mosaic |
| Del 9pter22.2         | g.204193_18073357del | 17.8 | FREM1 | 9p Deletion syndrome | F | M | Developmental delay, epilepsy, omphalocele, reduced vision |
| Del 9p23p22.1         | g.13633828_17121764del | 3.5 | FREM1 | 9p Deletion syndrome | M | M | Developmental delay, reduced vision |
| Dup 5q35.1q35.3       | g.170805664_180719788dup | 10.0 | MSX2, NSD1 | 5q35 Duplication syndrome | M | S | Developmental delay, VSD, midface hypoplasia, hypotelorism |

BC bicoronal, BL bilambdoid, LC left coronal, M metopic, P panceystosis, RC right coronal, S sagittal.

aNCBI_Build 37 (hg19).
bInner start-stop coordinate.
cAffected suture: BC, BL, LC, M, P, RC, S.
dAnalysis performed at an external laboratory.
Saethre–Chotzen syndrome, caused by a deletion including the TWIST1 gene, was detected by aCGH (Table 2).

Of the 11 individuals diagnosed by the custom-designed HTS panel, seven had clinical phenotype in concordance with their genetic diagnosis, while four had unexpected clinical presentation (Table 3). A girl with an EFNBI variant had a complex heart malformation not associated with craniofrontonasal syndrome. A boy with classic features of craniofrontonasal syndrome was not analysed by single-gene analysis due to his gender. However, HTS revealed that he was mosaic for a variant in the EFNBI gene (Table 3) and karyotyping confirmed XY, male. In a boy with Crouzon-like appearance, with negative result of a FGFR2 analysis, HTS detected a variant in TWIST1 consistent with Saethre–Chotzen syndrome. A homozygous variant in IL1RA consistent with CS and dental anomalies syndrome was detected in a girl with late-occurring pan-synostosis (4 years old) and no dental anomalies (Table 3).

In addition, we detected two cases of parental mosaicism for variants in FGFR2 and ZIC1, respectively, both associated with autosomal dominant inheritance (Table 3). The individuals with the FGFR2 variant were siblings and not analysed by single-gene analysis due to the suspicion of autosomal recessive inheritance.

We performed the analysis using the extended trio-based HTS panel on 22 individuals and revealed a diagnosis in 10; these were partitioned into 9 genetic syndromes, none of them commonly reported to include CS (Table 4). We detected two individuals with variants in the AHDC1 gene, consistent with Xia–Gibbs syndrome. We further confirmed the following diagnoses: coloboma, congenital heart defects, choanal atresia, retardation of growth, developmental delay, genital abnormalities, ear abnormalities and deafness (CHARGE) syndrome, Bainbridge–Ropers syndrome (BRPS), CHDFIDD (Congenital heart defects, dysmorphic facial features, and intellectual developmental disorder, previously published [21]), Kleefstra syndrome, Genitopatellar syndrome, Floating–Harbor syndrome, Alpha-Mannosidosis (previously published [22]), and Malan syndrome (Table 4).

Discussion

In our 18-year population-based cohort of children with CS, 27% fulfilled the presented clinical criteria and were diagnosed with syndromic CS. This is the highest number of syndromic cases reported from a population-based cohort and we believe the high genetic diagnostic yield of 84% supports the clinical criteria. We found a high level of genetic heterogeneity, with variants in common and well-known genes associated with CS accounting for 67% of the solved cases; the remaining cases were distributed across a diverse range of genetic syndromes, many of which are not commonly associated with CS.

We detected mosaicism in four families: one index individual and three healthy parents (Tables 2 and 3). A variant in the EFNBI gene was detected in a male with classic features of craniofrontonasal syndrome by HTS analysis. The variant presented as heterozygous in the analysis, suggesting mosaicism. The EFNBI gene is located on the X chromosome and loss-of-function variants in the EFNBI gene are assumed to cause craniofrontonasal syndrome through a paradoxical gender reversal in severity, where females usually develop typical features of craniofrontonasal syndrome and males usually have hypertelorism as the only feature. Random X-inactivation is assumed to be the cause of the severe phenotype in females, causing cellular interference as the cells have different expressions of Ephrin-B1, generating abnormal tissue boundaries [23]. It has previously been proposed that males, being mosaic for variants in the EFNBI gene, will present with a severe phenotype, similar to females, due to the different expression of Ephrin-B1, which is not tolerated [23]. Our results support this. We further detected low-grade mosaicism for a variant in the FGFR2 gene in a healthy parent of two children with Crouzon syndrome and for a deletion (including the TWIST1 gene) in a healthy father of a child with Saethre–Chotzen syndrome. Parental mosaicism for FGFR2 and TWIST1 variants is previously described [24, 25]. Crouzon and Saethre–Chotzen syndrome are inherited in an autosomal dominant manner, and this finding is important for genetic guidance, as it will impact the recurrence risk. Parental mosaicism for a ZIC1 variant led to the variant initially being missed in the Trio-HTS analysis (filtering for de novo variants) in a boy with CRS6 and was only detected after manual re-evaluation of the gene due to his classical phenotype (Table 3). These cases demonstrate the need for a thorough evaluation of a well-described clinical phenotype, as diagnosis may be missed on trio analysis due to parental mosaicism.

We diagnosed syndromes not commonly associated with CS in 17 individuals, of whom 10 were detected by the extended trio-based panel and 7 by aCGH. We demonstrate an expansion of the clinical phenotype beyond CS in some cases (Table 4). Interestingly, all cases of rare syndromes detected by the extended trio-based panel, with two exceptions, had synostosis of a single midline suture only (Table 4). Likewise, seven out of ten microdeletion syndromes (Table 2) had midline synostosis only. This contrasts with the pattern typically seen in individuals with syndromic CS, where multiple suture synostosis is the most common finding [5, 26], and also with our finding in individuals with the more common CS syndromes (Tables 1 and 3). The most common reported CS syndromes have a high frequency of CS and are caused by genes acting in.
Table 3 Genetically confirmed diagnoses by the custom-designed HTS panel, divided by expected and unexpected clinical presentation.

| Syndrome                        | Gene                  | Variant                        | Inheritance     | Male/female | Suture<sup>b</sup> | Clinical features                                                                 |
|---------------------------------|-----------------------|--------------------------------|-----------------|-------------|--------------------|----------------------------------------------------------------------------------|
| Craniosynostosis and dental anomalies | *IL11RA* NM_001142784.2 | c.781 C > T p.(Arg261Cys) | Recessive       | M           | P                  | Chiari I malformation, microcephaly, midface hypoplasia, Crouzon-like appearance |
| Craniectodermal dysplasia/Sensenbrenner | *IFT122* NM_052985.1   | c.1118 C > T p.(Ser373Phe)   | Recessive       | M           | S                  | Renal failure, sensorineural hearing deficit, short stature, telecanthus, micrognathia tooth anomalies, brachydactyly, Tourette syndrome |
| Craniosynostosis 4 CRS4         | *ERF* NM_006494.2     | c.1201_1202del p.(Lys401Glu6*10) | Dominant, de novo | F           | S                  | Midface hypoplasia, hypertelorism, short nose                                     |
| Craniosynostosis 3 CRS3         | *TCF12* NM_207036.1   | c.778_779del p.(Met260Valfs*5) | Dominant, paternal | M           | LC                 | Low anterior hairline, brachydactyly, transverse palmar crease, healthy father   |
| Craniosynostosis 6 CRS6         | *ZIC1*<sup>a</sup> NM_003412.3 | c.1153 G > T p.(Glu385*) | Dominant, maternal mosaic | M           | BC, LL             | Developmental delay, severe speech delay, reduced vision, proptosis, midface hypoplasia, tubular nose, healthy mother |
| Crouzon                         | *FGFR2* NM_000141.4   | c.824_829dup p.(Glu275_Phe276dup) | Dominant, paternal mosaic | M/F         | BC, S              | Two siblings with typical Crouzon phenotype, healthy father                      |
| Craniofrontonasal dysplasia     | *EFNB1* NM_004429.4   | c.182 A > G p.(Asp61Gly)      | De novo, mosaic | M           | RC                 | Short and asymmetric skull, hypertelorism, broad and depressed nasal root, asymmetric eyes, widow’s peak, pectus excavatum, dysplastic nails |
| Craniofrontonasal dysplasia     | *EFNB1* NG_008887.1 (NM_004429.4) | c.128 + 5 G > A splice p.(Glu43Stop) | Dominant, de novo | F           | LC                 | Atlial septal defect (ASD), facial asymmetry, hypertelorism, broad nasal root, bifid nasal tip, widow’s peak |
| Craniosynostosis and dental anomalies | *IL11RA* NM_001142784.2 | c.281 G > T p.(Cys94Phe) | Recessive       | F           | P                  | Late pancynostosis (4 y), papilloedema, hydrocephalus, midface hypoplasia, normal teeth |
| Saethre–Chotzen                 | *TWIST1* NM_000474.3  | c.309 C > G p.(Tyr103*)       | Dominant, maternal | M           | P                  | Crouzon-like appearance                                                            |

<sup>a</sup>Analysed at an external laboratory, gene included in the custom-designed HTS panel.

<sup>b</sup>Affected suture: BC, LC, LL, P, RC, S.
| Syndrome                        | Gene                  | Variant                        | Inheritance | Male/female | Suture | Clinical features in line with the phenotypic description | Extension of phenotype |
|--------------------------------|-----------------------|--------------------------------|-------------|-------------|---------|------------------------------------------------------------|------------------------|
| Xia–Gibbs syndrome             | AHDC1 NM_001029882.2  | c.3185_3186del                  | De novo F   | LC, S       |         | Moderate developmental delay, autism, hypotonia, reduced vision, sleep disturbances |                        |
|                                |                       | p.(Thr1062Serfs*63)            |             |             |         | Tethered cord, Chiari I malformation, omphalocele           |                        |
|                                |                       | c.2772del                      | De novo M   | M           |         | Moderate developmental delay, short corpus callosum, hypotonia, short stature, proptosis, midface hypoplasia, long philtrum |                        |
|                                |                       | p.(Arg925Glufs*7)              |             |             |         | Craniosynostosis                                           |                        |
| Bainbridge–Ropers syndrome     | ASXL3 NM_030632.1     | c.3033dup                      | De novo M   | M           |         | Moderate developmental delay, autism, reduced vision, feeding difficulties, sleep disturbances, strabismus, telecanthus, long philtrum, full lips, broad and proximally placed thumbs, behaviour difficulties | Craniosynostosis       |
| CHDFIDD                        | CDK1.3\textsuperscript{a,b} NM_003718.4 | c.2524 A>G                      | De novo F   | M           |         | Moderate developmental delay, autism, reduced vision, strabismus, proptosis, microcephaly, midface hypoplasia, broad nasal bridge, behaviour difficulties | Craniosynostosis       |
|                                |                       | p.(Asn842Asp)                  |             |             |         | Developmental delay, pulmonary atresia, VSD, cleft lip/palate, sensorineural hearing deficit, sleep apnoea, behaviour difficulties, feeding difficulties, scoliosis, micrognathia, hypotelorism, cup-shaped ears | Late occurrence of craniosynostosis (5 years) |
| Kleefstra syndrome             | EHMT1 NG_011776.1 (NM_024757.4) | c.2018 +1 G>C                  | De novo M   | S           |         | Severe developmental delay, microcephaly, missing teeth, and delayed eruption, coarse facies, brachydactyly | Craniosynostosis       |
| Genitopatellar syndrome        | KAT6B NM_012330.3     | c.3769_3772del                 | De novo F   | S           |         | Knee flexion deformities, dislocated patella bilaterally, agenesis of corpus callosum, apnoea, hydronephrosis, severe eating difficulties, coarse facies, micrognathia, broad nose, died at 7.5 months of age | Craniosynostosis       |
|                                |                       | p.(Lys1258Glyfs*13)            |             |             |         |                                                             |                        |
| Alpha-mannosidosis             | MAN2B1\textsuperscript{a,b} NM_000528.3 | c.1055 T>C                     | Recessive M | P           |         | Intellectual disability, sensorineural hearing deficit     |                        |
|                                |                       | p.(Leu352Pro)                  |             |             |         |                                                             |                        |
| Floating–Harbor syndrome       | SRCAP\textsuperscript{a} NM_006662.2 | c.7303 C>T                     | De novo M   | S           |         | Developmental delay, short stature, hypertension, midface hypoplasia, deep-set eyes | Craniosynostosis       |
|                                |                       | p.(Arg2435*)                   |             |             |         |                                                             |                        |
| Malan syndrome                 | NFIX NM_002501.3      | c.143 T>A                      | De novo F   | S           |         | Moderate intellectual disability, macrocephaly, reduced vision, strabismus, long narrow face, deep-set eyes | Puberta praecox, craniosynostosis |
|                                |                       | p.(Met48Lys)                   |             |             |         |                                                             |                        |

\textsuperscript{a}Analysis performed at an external laboratory, gene included in the extended trio-based HTS panel.

\textsuperscript{b}Previously reported.

\textsuperscript{c}Affected suture: LC, M, P, S.
signalling pathways important for the development of the cranial sutures, mostly associated with osteogenic differentiation of stem cells (FGF/FGFR, Eph/Ephrin, TGFbeta/BMP, WNT) [27, 28]. The difference in affected sutures between the common CS syndromes and the rare or ultra-rare syndromes, with a low frequency of CS caused by genes acting in other pathways, might indicate that the synostoses in these two groups have different molecular mechanisms. Individuals with rare genetic syndromes which includes macrocephaly (e.g., Malan syndrome) might also be at higher risk of developing CS due to foetal head constraints that are associated with CS, especially regarding coronal premature fusion [27, 29].

Notably, in our cohort we detected several Mendelian disorders of chromatin modification (chromatinopathies), including (with the associated gene in parentheses): CHARGE (CHD7), Kleefstra (EHMT1), Floating–Harbor syndrome (SRCAP), KAT6B-related disorders (KAT6B), and 2q37 deletion syndrome (caused by haploinsufficiency of the HDAC4 gene [30]). These genes influence the epigenetic machinery by targeting the DNA or the DNA-associated histone proteins, and variants that affect function are expected to have widespread epigenetic consequences [31, 32]. Approximately 44 chromatinopathies have been described to date. The most common mechanism is presumed to be haploinsufficiency, as a majority of the individuals have a loss-of-function variant [32]; this concords with our results (Tables 2 and 4). A few of the chromatinopathies have previously been associated with CS: Kabuki syndrome, Bohring–Opitz syndrome (BOS), and two cases of KAT6B-related disorders [31–36]. To our knowledge, only one case of CS in CHARGE syndrome [37], one case in Floating–Harbor syndrome [38], one case in 2q37 deletion syndrome [30], and none in Kleefstra syndrome have been reported. This study confirms CS as a feature of CHARGE syndrome, Floating–Harbor syndrome, KAT6B-related disorders, and suggests CS as a feature in Kleefstra syndrome and 2q37 deletion syndrome. We cannot be certain that haploinsufficiency of the HDAC4 gene is the cause of CS in this case, as the individual also had a duplication on 11p15 in concordance with Silver–Russell syndrome. However, Silver–Russell syndrome is not associated with CS but rather delayed fontanelle closure. The presence of CS in several chromatinopathies at a low frequency adds to reports of other low-frequent malformations in these disorders. Their presence may be dependent on the molecular characteristics of the targeted genes, in addition to a general disruption of the epigenetic machinery; these are both suggested mechanisms for this phenotypic variability [31, 32, 39, 40]. Clinically, these findings suggest that individuals with chromatinopathies should be monitored for CS, in addition to other organ anomalies.

BRPS has phenotypic overlap with BOS. The former is caused by loss-of-function variants in the ASXL3 gene and the latter by variants in the ASXL1 gene. However, metopic synostosis, often seen in BOS, is not commonly reported in BRPS [41, 42]. Our case confirms that metopic synostosis is a rare feature in BRPS. CS has been reported in a very few individuals with CHDFIDD, Xia–Gibbs, Alpha-mannosidosis, and Malan syndrome [10, 43–45]. Individuals with Diamond–Blackfan anaemia have not been reported with CS.

Syndromic CS may be subdivided into syndromes with high risk of developing CS and a multitude of diverse syndromes usually defined by extracranial features with a low risk of developing CS. Due to the rarity of many syndromes, it is to be expected that the list defining the latter group is incomplete. Our results may point to a greater risk in subgroups of syndromes, such as the chromatinopathies.

Supported by our high diagnostic yield, we argue for the use of the presented clinical criteria, to ensure that all individuals with syndromic CS are identified, and thereby offered a broad genetic approach and assessment in a multidisciplinary team. For research purposes, a common clinical definition of syndromic CS is important to make reliable comparisons across cohorts. For some individuals, the features, indicating syndromic CS will not be present when the CS is evident. This argues for clinical follow-up after surgery for all individuals with CS. We recommend assessment of all individuals with syndromic CS in a multidisciplinary team to identify additional anomalies and progressive disturbances in facial growth, which may require repeat craniofacial surgeries [6, 7]. A high number of the syndromic cases in our cohort had a rare or ultra-rare genetic cause, mostly due to variants in different genes, emphasizing that syndromic CS is highly heterogeneous.

This argues for a broad genetic approach. We suggest stepwise testing initiated by a custom-based HTS panel and aCGH, as the majority of the confirmed diagnoses were detected by these two analyses. In addition, our study showed that a number of variants were inherited from parents (including mosaics), all likely to be missed on the extended trio-based HTS panel. We then recommend trio-analyses, applying an extended panel of genes associated with development delay/anomalies in general, for negative cases. If the clinical presentation is highly suspicious of one of the frequent CS syndromes, one might consider testing the FGFR2, FGFR3, TWIST1, or EFNB1 genes first; however, as this and other studies [46] have shown, a number of individuals have atypical presentations.

The main strength of the study is that the data are population-based and prospectively collected. Norway has an equal-access healthcare system that ensures a high inclusion rate. The unit is organized as a centralized multidisciplinary team, including a clinical geneticist. The
clinical geneticist reassesses individuals initially diagnosed with nonsyndromic CS when new findings or difficulties present. A limitation of the study is that individuals diagnosed with CS over the last two or three years may not yet have presented with additional findings; thus, some syndromic cases may have been missed and the true number might be slightly higher. In syndromes not previously associated with CS, we cannot exclude the possibility of an additional genetic diagnosis associated with CS not detected by today’s methods (e.g., deep intronic variants). Newly associated genes, such as SMAD6, recently documented to be an important cause of CS [47], were not included in the panels. In addition, MLPA of EFN1B and TCF12 were not available at our laboratory. According to this some diagnoses may have been missed. In addition, a few individuals included in the calculations were not analysed with the extended trio-based HTS panel (n = 3). This could mean that the genetic detection rate should be even higher.

Conclusion

Using the presented clinical criteria, we identified one of the highest numbers of syndromic CS cases reported, strongly supported by a high genetic detection rate of 84%. The observed genetic heterogeneity and atypical presentations encourage a broad genetic approach in diagnosing syndromic CS. Surveillance for CS is recommended in a variety of genetic syndromes, including syndromes rarely associated with CS, such as the chromatinopathies, for the purpose of early diagnosis and treatment.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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