The role of VEGF and BMP-2 in stimulation of bone healing with using hybrid bio-composite scaffolds coated implants in animal model

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Abstract

Background: Osteogenesis and angiogenesis are two closely correlated processes during bone growth, development, remodeling, and repair. Vascular endothelial growth factor (VEGF) is an essential mediator during the process of angiogenesis. The bone morphogenetic protein (BMP-2) family of growth factors plays critical roles in bone formation. VEGF has the potential to enhance BMPs-induced bone formation.

Purpose: This study attempted to assess VEGF and BMP-2 reflecting the effect of hybrid bio-composite scaffold on bone healing in dogs and evaluate the quality of the healing process radiologically.

Methods: This study was conducted on 12 adult mongrel dogs. All dogs were divided into four equal groups (n = 3 each): chitosan non-medicated (CH) (NM), chitosan medicated (CH) (M), chitosan bioglass non-medicated (CH.BG) (NM), and Chitosan Bioglass Medicated (CH.BG) (M). VEGF and BMP-2 were evaluated during fracture healing.

Results: Results have showed a non-significant decrease in serum VEGF activity in the (CH.BG) (M) group when compared to other groups during 2, 3 weeks, followed by gradual decrease, then increase at 12 weeks of interval period. There was highly significant increase from pre-surgery to 12 weeks in serum BMP-2 levels in the (CH.BG) (M) group when compared to other groups.

Conclusion: Biochemical parameters along with clinical and radiographical provide sound knowledge on the degree of bone healing with the use of chitosan bio-glass medicated by risedronate sodium drug. The statistical analysis will include the Fisher exact test and T test with significance level P < 0.05 (AU).

Keywords: Bone healing, BMP-2, VEGF, Scaffolds

Introduction

Bone repair or regeneration, like bone development, requires the concerted activity of several different cellular pathways. One such pathway, angiogenesis mediated by vascular endothelial growth factor (VEGF), is important for the coupling of cartilage resorption and mineralized bone formation during endochondral ossification in bone development (Huang et al., 2016; Brandi & Collin-Osdoby, 2006). In addition to interacting with certain humoral factors that regulate bone homeostasis, VEGF can interact synergistically with osteogenic proteins, such as BMP-2, to promote bone formation and bone healing by enhancing cell recruitment, prolonging cell survival, and increasing angiogenesis. These effects of VEGF lead to enhanced
cartilage formation, accelerated resorption, and improved bone formation (Hu & Olsen, 2016).

Scaffolds alone do not usually completely heal the defects due to the lack of sufficient osteoinduction. The incorporation of osteoinductive factors into scaffolds is usually required to promote sufficient bone regeneration (Egri & Eczacigolu, 2017). Specific growth factors play important roles in the regeneration process of different tissues. Bone is a highly vascularized tissue in which blood vessels and bone cells interact to maintain skeletal integrity (Gemini et al., 2014). Therefore, angiogenesis and osteogenesis are both important for bone regeneration. Vascular endothelial growth factor (VEGF) and bone morphogenetic protein-2 (BMP-2) are two key regulators of angiogenesis and osteogenesis and promote the endothelial and osteogenic differentiation of stem cells respectively. These two factors synergistically enhance bone regeneration (Tatullo et al., 2019; Xiao et al., 2011; Tarassoli et al., 2013).

Expression of particular growth factors such as vascular endothelial growth factor (VEGF) and bone morpho- genetic proteins (BMPs) during the healing suggests a possible role for these secreted factors in bone repair. In fact, VEGF has been shown to stimulate bone healing in animal models. Although VEGF can control hypertrophic cartilage structure and vascularity within the developing growth plate (Gittens & Uludage, 2001), BMP-2 pro-protein contains four glycosylation sites. Among which, one glycosylation site is present in the polypeptide chain of the mature BMP-2 (Katagiri & Watabe, 2016). The aim of this study is to investigate the osteoconductive property and efficacy of bioactive glass combined with risedronate sodium drug in repairing surgically created bone defects in the mandible. Asses of VEGF and BMP-2 reflecting the effect of hybrid bioactive chitosan—glass graft on bone remodeling in experimental animal models.

Materials and methods
Biomaterials synthesis
The scaffolds containing chitosan (CH) and polyvinyl alcohol (PVA) as mixtures of both types of polymers named CH/PVA were prepared by freeze-drying method. The scaffolds were prepared as follows: CH was dissolved in 1% acetic acid solution for 2-3 h till formation of a clear solution. Then, risedronate (10 mg/g) was added to the CH solution and stirred for another 1 h at room temperature. And then, PVA was gradually added to the above solution at 60 ± 5 °C with continuous stirring for an additional hour to dissolve PVA. After complete dissolution, the prepared solution was sonicated (Digital sonicator, MTI, USA) for 30 mins to eliminate air bubbles and get homogeneous solutions. The prepared solutions were poured in molds (diameter of 15 mm) to create disks and layers and frozen overnight at −80 °C before freeze-drying process. Finally, the frozen scaffolds were freeze dried in a freeze dryer (Christ freeze dryer, ALPHA 2-4 LD plus, Germany) for 24 h to obtain dried scaffolds. For CH/PVA scaffolds, 10% w/w of CH, PVA was used in weight ratios; 30:70 blank non-medicated scaffold containing no drug were prepared using the same procedure. Each scaffolds contained 10% w/w risedronate. The solid content in the CH/PVA scaffold forming solutions was 10% w/v. Furthermore, the glass was added in percentage 10% in the CH/PVA 3:7 scaffolds (Oudadesse et al., 2013; Bui et al., 2010; Sun et al., 2013).

Narrative description of accomplishments
Selection of the most reliable anti-osteoporotic drug
For the management of osteoporosis, risedronate sodium was selected as one of the most distinguished anti-osteoporotic drugs. Risedronate sodium belongs to the bisphosphonate category that exerts its effect in the treatment of osteoporosis through binding to hydroxyapatite crystals at the bone matrix and through inhibiting of bone resorption by inhibiting osteoclast activity. Risedronate has a relative potency 2000 times higher than that for the reference bisphosphonate and etidronate. On the other hand, risedronate renal clearance is about 87% of total clearance, indicating that only a small proportion of a systematically available dose is associated with the bone.

Characterization of the prepared scaffolds has been undertaken through porosity measurements
The scaffold porosity was measured using a pycnometer (Ultrapyc 1200e Quantachrome pycnometer, USA). All the prepared scaffolds had porosity values higher than 75%. Such high percentages of porous scaffold structure with interconnected pores are required to enhance bone formation. Furthermore, such a scaffold structure would also facilitate cell migration, adhesion, and proliferation. Addition of the drug lowers the percentage porosity to some extent.

Experimental studies
In vivo animal studies were designed to evaluate the osteogenic potential of different bone scaffolds on the healing of experimentally induced critical-sized mandibular bone defect in dogs.

- Study 1 (effect of bio-glass)—was designed to evaluate the osteogenic potential of different concentrations (10% and 30%) of bio-glass (BG) combined with chitosan-polyvinyl acid (CH/PVA) as an osteoconductive scaffold for the healing of experimentally induced critical-sized mandibular bone defect in dogs.
• Study II (effect of risedronate drug)—these groups were designed to evaluate the osteogenic potential of risedronate (M) combined with chitosan-polyvinyl acid (CH/PVA) with or without bio-glass (BG) osteoconductive scaffold for the healing of experimentally induced critical-sized mandibular bone defect in dogs.

Scaffold drug-loaded CH/PVA-BG and physico-chemical characterization. Newly developed scaffold has been prepared from a mixture of two types of polymers without/with bioactive glass and the selected antiosteoporosis drug (risedronate).

Animals
The present study was conducted on 12 skeletally mature mongrel dogs (Canis lupus familiaris). Before enrollment in the study, each dog was given a complete clinical, physical and radiographic examination to exclude the evidence of systemic, orthopedic, and neurologic disease. Dogs included in the study were with a 15-kg body weight and aged 20 months. The animals were kept under normal laboratory conditions and given free access of food and water. All study procedures were done in accordance to and approved by the “Institutional Animal Care and Use Committee (IUCUC)” of Faculty of Veterinary Medicine- Cairo University.

All dogs were divided into four equal groups (n = 3 each):

- Group 1: CH.PVA with no BG. (NM)
- Group 2: CH.PVA with no BG. (M)
- Group 3: CH.PVA with BG. (NM)
- Group 4: CH.PVA with BG. (M)

Dogs were housed individually in separate cages at the Department of Veterinary Surgery, Anesthesiology & Radiology; Faculty of Veterinary Medicine, Cairo University. Before enrolment in the study, dogs were quarantined for 2 weeks, kennels were sprayed with 6/1000 ml Neocidal diazinone (Diaenone® 60 EC; Ciba-Geigy, Switzerland), dogs were bathed in 1/1000 Neocidal diazinone, and Ivermectine (Ivomec® ; merc, Sharp and Dome, USA) was injected in a dose of 0.1 mg/kg body weight subcutaneously to guard against ecto-parasitic and endoparasitic infestation.

Surgery
After initial preparation, surgery was performed. A straight approximately 5 cm wide incision was performed on the right side of the mandible. Dissection and division were performed by planes up to the periosteum. With the surgical field exposed, monocortical bone cavities were prepared using 5 mm trephine burs 12 mm in diameter under thorough irrigation with saline. A small chisel and mallet were used to facilitate the removal of the cortical disk with great care was taken to avoid injury of the inferior alveolar canal. The surgical procedure was performed unilaterally (Fig. 1a). The defect of the right side was obliterated by the sterile graft particles, the material was mixed with blood (Fig. 1b), and the obliterated bone defect was covered with resorbable tissue guiding membrane (Biocollagen membrane). The operated wound was closed in a routine manner (Fig. 1c).

Radiological measurements
The mandibular defect was radiographed using X-ray potentiality of 45 KV, 15 MA, and 1/10 s.

Laboratory measurements
Blood samples were collected from all animals before and after surgery, weekly intervals for 3 months, using sterile disposable syringes. Part of the blood sample will be left to clot and centrifuged at 3000 rpm for 15 min and then stored at −70°C until further processing, finally sera were processed for estimation of the following:

- VEGF and BMP-2 were purchased from KORAIN BIOTECH CO., LTD using Sandwich technique kits.
Statistical analysis
Data were collected and analyzed by computer program SPSS “version 17” ((The Statistical Package for the Social Science Program), Chicago, USA). All data were expressed as mean ± SD and percentages. Unpaired t test was used to compare a quantitative variable between two independent groups in parametric data. Mann Whitney test was used to compare quantitative variables

Table 1  Serum VEGF (ng/L) activity among the studied groups

| Parameters | Groups                                      |
|------------|---------------------------------------------|
|            | Group I                                      |
|            | Control CH (NM)                             |
| Range      | 0.037-2.624                                 |
| Pre-surgery| Mean ± S.D 2.18 ± 0.106                     |
| (2-week)   | Mean ± S.D 6.957 ± 0.264                    |
| P value    | < 0.001*                                    |
| (3-week)   | Mean ± S.D 7.328 ± 0.103                    |
| P value    | < 0.001*                                    |
| (4-week)   | Mean ± S.D 6.701 ± 0.129                    |
| P value    | < 0.001*                                    |
| (5-week)   | Mean ± S.D 6.081 ± 0.035                    |
| P value    | < 0.001*                                    |
| (6-week)   | Mean ± S.D 6.01 ± 0.07                      |
| P value    | < 0.001*                                    |
| (7-week)   | Mean ± S.D 6.161 ± 0.031                    |
| P value    | < 0.05*                                     |
| (8-week)   | Mean ± S.D 5.902 ± 0.061                    |
| P value    | < 0.001*                                    |
| (9-week)   | Mean ± S.D 5.262 ± 0.014                    |
| P value    | < 0.001*                                    |
| (10-week)  | Mean ± S.D 4.953 ± 0.077                    |
| P value    | < 0.001*                                    |
| (11-week)  | Mean ± S.D 4.621 ± 0.026                    |
| P value    | < 0.001*                                    |
| (12-week)  | Mean ± S.D 4.614 ± 0.091                    |
| P value    | < 0.001*                                    |

P > 0.05 is non-significant, P ≤ 0.05 is significant, P ≤ 0.001 is highly significant, NS non-significant

*P value of group I versus group II
**P value of group I versus group III
***P value of group I versus group IV
between two independent groups when data were non-parametric (SD > 25% of mean).

**Results**

**Serum VEGF (ng/L) level among the studied groups**

After 12 weeks of (CH.BG) (NM) implantation, VEGF level in the (CH.BG) (NM) group shows a significant increase when compared to the control group (CH) (NM) (P value < 0.05). Also, there was a highly significant increase during 2 weeks in serum VEGF level in the (CH) (M) group (P value < 0.001), followed by gradual decrease then increase at 12 weeks of interval period. And also, there was a non-significant decrease during 2, 3 weeks in serum VEGF activity in the (CH.BG) (M) group (P value > 0.05), followed by the gradual increase in the value at 4, 5 weeks (P value < 0.05) and then decrease at 6, 7 weeks, finally reaching increase at different time changes when compared to control group (CH) (NM) (P value < 0.001) (Table 1 and Fig. 2 a,b and c) respectively.

**Serum BMP-2 (ng/L) level among the studied groups**

There was a highly significant increase in serum BMP-2 activity in the (CH.BG) (M), (CH.BG) (NM) groups when compared to control group (CH) (NM) (P value < 0.001). Also, there was highly significant increase during 2 weeks in serum BMP-2 activity in the (CH) (M) group (P value < 0.001), followed by gradual decrease in the value at 3 weeks (P value > 0.05) and finally reaching increase at different time changes (P value < 0.001) (Table 2 and Fig. 3a,b, and c) respectively.

**Discussion**

The combination of VEGF and BMP-2 has been documented for its effects on angiogenesis and osteogenesis.
(Kanczler et al., 2010; Kempen et al., 2009). VEGF stimulates the formation of supportive vascular networks, which enhance the bone formation effects of BMP-2 (Lee et al., 2008). In addition, VEGF can also serve as a mobilization cytokine for endothelial progenitor cells that promote bone regeneration (Hutchings et al., 2003). VEGF and BMP-2 released from scaffolds can stimulate endothelial cell and osteoblast migration from neighboring

### Table 2: Serum BMP-2 (ng/L) activity among the studied groups

| Parameters | Groups       | Group I    | Group II   | Group III | Group IV    |
|------------|--------------|------------|------------|-----------|-------------|
|            | Control CH (NM) | 0.035-1.879 | 1.051-2.892 | 0.779-2.881 | 0.654-1.197 |
| Pre-surgery | Mean ± S.D    | 1.77 ± 0.24 | 3.206 ± 0.018 | 2.358 ± 0.008 | 3.555 ± 0.01 |
| (2-week)    | P value       | < 0.001*    | < 0.001**   | < 0.001*** | < 0.001***  |
| Mean ± S.D  | 5.459 ± 0.019 | 8.355 ± 0.0098 | 8.411 ± 0.011 | 2.441 ± 0.015 |
| (3-week)    | P value       | < 0.001*    | < 0.001**   | < 0.001*** | < 0.001***  |
| Mean ± S.D  | 5.209 ± 0.011 | 4.936 ± 0.91 | 6.976 ± 0.087 | 2.449 ± 0.069 |
| (4-week)    | P value       | NS          | < 0.001**   | < 0.001*** | < 0.001***  |
| Mean ± S.D  | 4.906 ± 0.009 | 6.821 ± 0.699 | 2.953 ± 0.01 | 2.697 ± 0.029 |
| (5-week)    | P value       | < 0.05*     | < 0.001**   | < 0.001*** | < 0.001***  |
| Mean ± S.D  | 4.781 ± 0.007 | 4.421 ± 0.042 | 7.929 ± 0.06 | 2.628 ± 0.07 |
| (6-week)    | P value       | < 0.001*    | < 0.001**   | = 0.001*** |
| Mean ± S.D  | 4.921 ± 0.021 | 5.094 ± 0.333 | 7.716 ± 0.058 | 2.625 ± 0.166 |
| (7-week)    | P value       | < 0.001*    | < 0.001**   | < 0.05***  |
| Mean ± S.D  | 5.424 ± 0.017 | 7.853 ± 0.468 | 7.825 ± 0.01 | 3.008 ± 0.094 |
| (8-week)    | P value       | < 0.05 *    | < 0.001**   | < 0.05***  |
| Mean ± S.D  | 5.322 ± 0.117 | 8.109 ± 0.0085 | 6.841 ± 0.0081 | 2.761 ± 0.059 |
| (9-week)    | P value       | < 0.001*    | < 0.001**   | = 0.001*** |
| Mean ± S.D  | 4.834 ± 0.016 | 7.467 ± 0.065 | 6.551 ± 0.098 | 2.314 ± 0.175 |
| (10-week)   | P value       | < 0.001*    | < 0.001**   | < 0.05***  |
| Mean ± S.D  | 5.04 ± 0.019  | 6.011 ± 0.367 | 6.162 ± 0.009 | 2.568 ± 0.175 |
| (11-week)   | P value       | < 0.05*     | < 0.001**   | < 0.05***  |
| Mean ± S.D  | 5.36 ± 0.068  | 5.338 ± 0.104 | 8.64 ± 0.0009 | 2.294 ± 0.008 |
| (12-week)   | P value       | < 0.05*     | < 0.001**   | < 0.001*** |

*P > 0.05 is non-significant, P ≤ 0.05 is significant, P ≤ 0.001 is highly significant, NS non-significant

*P value between group I versus group II

**P value between group I versus group III

***P value between group I versus group IV
tissue (Behr et al., 2011). VEGF and BMP-2 can also promote MSC homing and induce these stem cells to differentiate into endothelial and osteogenic cells. In addition, VEGF and BMP-2 also have cross-coupling effects on osteogenic differentiation and angiogenesis, respectively. VEGF promotes bone regeneration by not only promoting angiogenesis but also directly inducing the osteogenic differentiation of MSCs (Jebahi et al., 2012). Bioglass/chitosan composite graft has a great osteogenic potential because the new bone was formed inside the defect in the form of multiple connected sites or islands away from the peripheral margins of the defect. However, this type of bone got connected with the margins when mature remodeled bone examined at later periods of the experimental study. These results were in accordance and compatible with those studies of Jebahi et al. (Ichigatani et al., 2001).

In the present study, there was a significant increase from presurgery to 12 weeks in serum VEGF level in the (CH.BG) (NM) group when compared to the control group (CH) (NM) ($P$ value < 0.05). This study agrees with that reported by Ichigatani et al. (Horner et al., 1999) found that VEGF, expressed in cartilage in mouse femoral head, was related to the regulation of vascular formation in the elongating femur, and also, this study agrees with Horner et al. (Street et al., 2000) who reported that VEGF regulated angiogenesis in human neonatal growth plate cartilage. In addition, we found that there was a highly significant increase during 2 weeks in serum VEGF level in the (CH) (M) group ($P$ value < 0.001), followed by a gradual decrease in the value at 3 weeks then increase at 12 weeks of interval period. That finding was in agreement with that reported by Street et al. (Betz et al., 2007) demonstrated a vascularity at 7

![Fig. 3](image-url)
days after fracture indicate the importance of VEGF in early angiogenesis. In the early stages of bone repair, large amounts of active VEGF are found in the fracture hematoma, a VEGF source that is not present in developing bones.

In the present work, there was a non-significant decrease during 2, 3 week in serum VEGF activity in the (CH) (M) group, followed by a gradual increase in the value at 4, 5 weeks and then decrease at 6, 7 weeks, finally reaching increase at different time changes when compared to control group (CH) (NM) (P value < 0.001).

There was a highly significant increase in serum BMP-2 activity in the (CH.BG) (M) and (CH.BG) (NM) groups when compared to the control group (CH) (NM). This result was in accordance with Betz et al. (Becker et al., 2012) who found that BMP-2 at different time points after initial implantation of hydroxyapatite matrices revealed a less effective ectopic ossification compared to the simultaneous application of BMP and the matrices (Mochizuki et al., 2010). The implantation of the matrix 4 weeks before BMP application resulted in the weakest ossification and indicated that tissue already formed around the implant might have reduced the ability of applied BMP-2 to recruit mesenchymal progenitor cells from the surrounding to stimulate bone formation. A less delayed application (1 week) revealed no significant difference compared to simultaneous application.

The current study showed a highly significant increase during 2 weeks in serum BMP-2 activity in the (CH) (M) group, followed by a gradual decrease in the value at 3 weeks then increase at different time changes. This study agrees with that reported by Asamura et al. [26], who described an enhanced formation of new bone and improvement in defect healing after the usage of the slow release construct. A direct comparison of drug release kinetics on bone healing was carried out using BMP-2 absorbed to deproteinized bone (fast release) or by deproteinized bone bearing a coating-incorporated depot of BMP-2 (slow release).

Conclusion
In conclusion, it has been found that VEGF and BMP-2 act as homing molecules to stimulate MSC homing and subsequently induce the differentiation of MSCs into endothelial and osteogenic cells. Porous silk scaffolds served as suitable matrix vehicles to release VEGF and BMP-2 and bone defects were repaired by promoting both angiogenesis and new bone formation. These findings suggest that combined treatment with VEGF and BMP-2 could be a promising strategy for clinical bone regeneration.

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Consent to participate
Not applicable.

Authors’ contributions
MA participated in the surgical part of the thesis and revision of my research. SM participated in the statistical part of the current research. MG. and SA., professor of biochemistry, helped in the part of the current research. AA, a major contributor in writing the manuscript. All authors read and approved the final manuscript.

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Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Ethics approval
The authors follow the rules of ethics in using of animals, Institutional Animal Care and Use Committee (IACUC) has approved the above referenced Animal Use Protocol (AUP) with VetCU06202019050.

Competing interests
The authors declare that they have no competing interests.

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