Serum Sp17 Autoantibody Serves as a Potential Specific Biomarker in Patients with SAPHO Syndrome

Hongqin You 1,2 · Guanglei Dang 1 · Bichao Lu 1 · Siya Zhang 1 · Chen Li 3 · Lun Wang 4 · Yu Hu 1 · Hui Chen 1 · Jianmin Zhang 1 · Wei He 1

Received: 15 October 2020 / Accepted: 30 November 2020 / Published online: 3 January 2021
© The Author(s) 2021

Abstract
SAPHO (synovitis, acne, pustulosis, hyperostosis, and osteitis) syndrome shows a wide variability in musculoskeletal and cutaneous manifestations, and it is therefore underrecognized and misdiagnosed in the clinic due to a lack of specific markers. In this study, we aimed to identify specific biomarkers by screening serum autoantibodies in SAPHO patients with a 17K human whole-proteome microarray. The serum anti-Sp17 autoantibody was identified and verified to be a specific biomarker in patients with SAPHO syndrome. Indeed, the level of the anti-Sp17 autoantibody was significantly increased in patients with active SAPHO compared to patients with an inactive disease and healthy controls \((P < 0.05)\). Additionally, serum anti-Sp17 autoantibody levels correlated with those of serum hypersensitive C-reactive protein (hsCRP), the erythrocyte sedimentation rate (ESR), and \(\beta\)-crosslaps (\(\beta\)-CTx) in patients with active SAPHO disease. Moreover, anti-Sp17 autoantibody levels were markedly decreased after anti-inflammatory treatment with pamidronate disodium, which downregulated levels of hsCRP and ESR in patients with active SAPHO. Thus, serum levels of the anti-Sp17 autoantibody might serve as a specific biomarker for the diagnosis of SAPHO syndrome or for monitoring the disease status.

Keywords SAPHO syndrome · serum autoantibody · Sp17 · biomarker

Introduction
Synovitis, acne, pustulosis, hyperostosis, and osteitis (SAPHO) syndrome was first proposed by Chamot et al. [1] in 1987 as a rare disease that occurs in 30- to 50-year-old individuals. The predominance of individual clinical manifestations varies among patients with SAPHO syndrome [2]. In 1988, 4 diagnostic criteria for SAPHO syndrome were first proposed by Benhamou [3, 4], including (1) osteoarticular manifestations with polymeric acne and fulminant acne or septic hidradenitis, (2) osteoarticular manifestations with palmar pustulosis, (3) hyperosteogeny (upper chest wall, extremities, or spine) with or without skin lesions, and (4) chronic multifocal recurrent osteomyelitis (CMRO) involving the axial or peripheral bones with or without skin lesions. Patients with one of the 4 conditions listed above can be diagnosed with SAPHO syndrome. SAPHO syndrome is often unrecognized or misdiagnosed due to its challenging diagnosis caused by the wide variability in musculoskeletal and cutaneous manifestations [5, 6].

Bone pain caused by severe osteoarticular lesions is one of the most common symptoms prompting SAPHO patients to...
visit hospitals. Therefore, in some clinical studies, the visual analogue scale (VAS) score, which evaluated the degree of pain, was used to measure the disease activity of SAPHO [7]. However, pain, especially chronic pain, is influenced by and interacts with physical, psychological, social, and contextual factors. The VAS score does not accurately represent the disease severity. Moreover, the levels of C-reactive protein (CRP) and the erythrocyte sedimentation rate (ESR) are also elevated in most patients, but not in complete accordance with the activity of SAPHO syndrome [8]. Thus, no specific markers have been identified for the diagnosis or monitoring of the disease status of patients with SAPHO syndrome.

Currently, standardized treatment protocols are not available for patients with SAPHO syndrome. Most treatments are empirical and mainly attenuate the pain associated with SAPHO syndrome. Nonsteroidal anti-inflammatory drugs and analgesics are applied as first-line agents. Anti-rheumatic drugs have also exerted beneficial effects on some patients [3, 9]. Because of the inhibition of bone resorption and the anti-inflammatory effect, bisphosphonates are clinically used for palliative treatment of patients with SAPHO syndrome. Osteocalcin and β-collagen (β-CTx), which can reflect the bone metabolism, have been suggested as an ideal prognostic marker for bisphosphonates treatments. However, they could not reflect the therapeutic effect of the treatment methods other than bisphosphonates. More predictors of the efficacy of treatment with antibiotics, bisphosphonates, or immunosuppressive drugs are available.

The pathogenesis and etiology of SAPHO syndrome are not yet clear; they may be related to heredity, infection, and immunity [10]. Previous studies have reported multiple dysfunctions of the immune system in SAPHO. For example, according to Nedelec et al. [11], an infectious state contributing to strong humoral and cellular proinflammatory responses may trigger SAPHO syndrome, and the cellular immune response may also be abnormal. Activation of the Th17 axis, but not the Th1 or Th2 axis, has been observed [12]. From the perspective of autoimmunity, several previous studies have assessed anti-thyroid peroxidase (TPO), anti-thyroglobulin (Tg), and anti-nuclear antibodies in patients with SAPHO syndrome [13]. Regardless, these autoantibodies are not specific to SAPHO syndrome and have little significance. Thus, the identification of target autoantigens is important for understanding the etiology of SAPHO syndrome and for the diagnosis and/or monitoring of the disease status.

Multiplex assays have emerged for autoantibody high-throughput screening, enabling the rapid identification of subsets of patients to facilitate diagnostic and predictive medicine [14]. In this study, a 17K whole-genomic protein microarray was applied to screen the profile of serum autoantibodies in patients with SAPHO syndrome to identify specific biomarkers for the diagnosis or disease status monitoring.

### Materials and Methods

#### Patients and Healthy Controls

Healthy controls (HC), patients with SAPHO syndrome, patients with systemic lupus erythematosus (SLE), and patients with rheumatoid arthritis (RA) were recruited from the Peking Union Medical College Hospital (PUMCH). The committees of both the PUMCH and Chinese Academy of Basic Medical Science approved the use of clinical samples for this project (identifier: ZS-944). The subjects meeting the diagnostic criteria proposed by Benhamou [4] for SAPHO syndrome were included in this study. The exclusion criteria are as follows: (1) women in pregnancy or lactation, (2) septic osteomyelitis, (3) infectious chest wall arthritis, (4) infections PPP, (5) palmar keratoderma, (6) DISH except for fortuitous association, (7) osteoarticular manifestations of retinoid therapy. The patients with SLE and RA fulfilled the American College of Rheumatology (ACR) criteria for SLE [15] or RA [16], respectively, but did not meet the criteria for SAPHO syndrome. The demographic characteristics, osteoarticular symptoms, skin manifestations, and lesion sites of patients with SAPHO syndrome on bone scintigraphy were recorded. Laboratory evaluation included erythrocyte sedimentation rate (ESR, 0–15 mm/h for male and 0–20 mm/h for female), hypersensitive C-reaction protein (hsCRP, 0–3 mg/L), β-CTx (0.21–0.44 ng/mL), and osteocalcin (1.8–8.4 ng/mL) that were also collected. Serum samples were collected, centrifuged at 1000×g for 10 min, aliquoted, and stored at –80 °C until use.

#### Protein Microarray Profiling

17K HuProt™ human whole-proteome microarray slides (CDI, USA) were initially blocked with 3% BSA-TBST buffer at room temperature (RT) for 1 h. The sera from every 5 patients or HCs were mixed as the primary antibody and incubated with the arrays for 1 h at RT. TBST buffer was used to wash the arrays five times. The secondary antibody, a Cy3-conjugated goat anti-human IgG antibody (Biolegend, USA), was diluted and incubated with the arrays for 1 h at RT. The arrays were washed as described above. The primary antibody against the positive control, i.e., a rabbit anti-GST monoclonal antibody (CST, USA), was diluted and incubated with the same microarray slides at RT for 1 h. The slides were washed as described above. The secondary antibody for the positive control, Cy5-labeled goat anti-rabbit IgG (Biolegend, USA), was diluted 1:500 and incubated with the array for 1 h at RT, followed by washing as described above. Three independent protein chip tests were performed, and the chips were scanned using a GenePix 4000B fluorescence microarray scanner (CapitalBio, China). The protein chip data were processed by GenePixPro 5.1 software. The mean value of duplicates
was used for data analysis. The signal-to-noise ratio at a wavelength of 532 nm (SNR532) and the ratio of 532 nm to 635 nm (see below) were used for the quantitative analysis of protein spots. The specific equations used for the calculations are as follows: SNR532 = (mean foreground at 532 nm – mean background at 532 nm)/(standard deviation of the background at 532 nm); ratio = (mean foreground at 532 nm – mean background at 532 nm)/(mean foreground at 635 nm – mean background at 635 nm).

The criteria for choosing candidates were as follows: points with SNR532 values over 2, which were found in SAPHO patients but not in HCs, were considered positive points.

Plasmids, Recombinant Proteins, and Gene Cloning

The plasmid used for Sp17 overexpression in eukaryotic cells was constructed with the Gateway Cloning System (Invitrogen, USA) according to the manufacturer’s instructions. An alternate Sp17 plasmid was constructed for Escherichia coli expression by cloning the full-length sequence of the Sp17 gene into the PET-30a easy vector and transforming it into E. coli BL-21(DE3) (TransGen, China). Correct construction of the plasmid was confirmed by DNA sequencing. BL-21 cells were induced with isopropyl β-D-1-thiogalactopyranoside (IPTG; 1 mmol/L; Sigma) at 37 °C for 6 h, and the recombinant Sp17 protein was purified using prepacked HisTrap high-performance columns (GE Health, USA).

To construct a UACA overexpression plasmid, the full-length gene sequence was purchased (Sino Biological, China) and cloned into the cFUGW vector using Phusion DNA polymerase (Biolabs, USA). The experimental procedures were performed according to the manufacturer’s instructions. The correct plasmid was transfected into 293 T cells using Lipofectamine 2000 (Invitrogen, USA).

Western Blotting Analysis

In western blotting studies, 20 μg per lane whole-cell lysate was separated by SDS-PAGE, and the proteins were transferred to NC membranes. The NC membranes were cut into different strips for incubation with sera from different HCs or SAPHO syndrome patients. The primary antibody, sera from HCs or SAPHO syndrome patients, was diluted at 1:100 and incubated at 4 °C overnight. The secondary antibody, goat anti-human IgG (Thermo Fisher, USA), was diluted 1:5000 and incubated with the membrane for 2 h at RT. The NC membranes were combined in imaging steps. Chemiluminescent horseradish peroxidase (HRP) substrate (Pierce, USA) was added to the spliced NC membrane, followed by detection using a chemiluminescence imaging analysis instrument (Clinx, China).

Enzyme-Linked Immunosorbent Assay

Serum total IgG (Abcam, USA) and UACA autoantibody levels (CUSABIO, China) were assessed according to the manufacturer’s instructions.

For the Sp17 autoantibody test, His-tagged recombinant Sp17 (0.2 μg/mL) was coated onto 96-well test plates. Wells without antigen coating were used as blank controls. The plates were washed and blocked with 5% BSA-PBST. Serum samples, as the first antibody, were diluted at 1:300. Wells with anti-His antibody were used as a positive control. Blank wells did not include any reagents, and negative control wells contained phosphate-buffered saline (PBS). The plates were incubated at 37 °C for 1 h and then washed 5 times. HRP-labeled anti-human IgG (Thermo Fisher, USA) was diluted and incubated at 37 °C for 1 h. TMB was added after 5 washes, and the reaction was terminated by adding H2SO4 (0.2 mol/L). Absorbance at OD450 was measured using a microplate reader (Thermo Fisher, USA).

Statistical Analysis

We performed statistical analysis using SPSS 19.0 software (IBM Corp., USA). Independent samples t tests were employed to compare means between the two groups. Analysis of variance (ANOVA) was used for three or more sets of data. Spearman correlation was applied to analyze correlations. The chi-squared test (or Fisher’s exact test if required) was used for categorical variables. Means between different treatment cycles were compared with paired t tests.

Results

Clinical Characteristics

The demographic characteristics of patients with SAPHO syndrome, patients with SLE, and patients with RA and HCs were recorded (Table 1). No significant differences in age (P = 0.228) and sex (P = 0.055) were observed among the four groups. Pain in the anterior chest wall, the most characteristic osteoarticular symptom of SAPHO syndrome, occurred in all 73 patients with SAPHO syndrome. The second most frequently reported symptomatic site was axial bone and joint pain (47.9%), and symptoms related to peripheral bone and joint pain were reported by 26.0% of the patients. Regarding skin manifestations, most patients (84.9%) had palmoplantar pustulosis (PPP). Severe acne (SA) and psoriasis vulgaris (PV) were present in 13.7% and 19.2% of the patients, respectively. On whole body bone scintigraphy, 91.8% of the patients exhibited increased tracer uptake in the sternocostoclavicular region, consistent with the symptoms. The second most frequently affected site in the axial skeleton was the vertebrae.
Anti-Sp17 and Anti-UACA Autoantibodies Were Identified in Sera from Patients with SAPHO Syndrome Using the 17K Human Whole-Proteome Microarray

We first assessed total IgG levels in the sera from 43 patients with SAPHO syndrome and 21 HCs. The results showed significantly higher levels of total IgG in the sera of SAPHO syndrome patients than in HCs (Fig. 1a). Next, we screened the profile of autoantibodies in SAPHO patient sera by using 17K human whole-proteome microarrays (containing 17,000 human proteins) [17]. Correlations of median fluorescence intensity at 532 nm between duplicate spots were plotted. The screening results showed excellent reproducibility (Fig. 1b). Through differential analysis of the protein chip, two autoantibodies, against Sp17 and UACA, were identified only in the sera from patients with SAPHO syndrome and not in sera from HCs (Fig. 1c). Further quantitative analysis of SNR532 values and ratios at 532 nm confirmed the above observation (Fig. 1d). These findings warrant further investigation in a larger sample set of individuals.

Table 1 Clinical characteristics of patients and HCs

| Clinical characteristics | SAPHO | SLE | RA | HC |
|--------------------------|-------|-----|----|----|
| Demographic characteristics |       |     |    |    |
| Sex, female/age (years)   | 43 (47.9 ± 9.9) | 9 (35 ± 10.6) | 13 (49.8 ± 11.2) | 17 (46.0 ± 12.8) |
| Sex, male/age (years)     | 30 (39.9 ± 7.7) | 3 (44 ± 22.6) | 3 (49.7 ± 10.6) | 16 (44.8 ± 12.3) |
| Osteoarticular symptoms   |       |     |    |    |
| Axial bones and joints pain | 35/73 (47.9%) | 73/73 (100%) | 36/73 (49.3%) | 11/73 (15.1%) |
| Anterior chest wall pain    | 67/73 (91.8%) | 20/73 (27.4%) | 36/73 (49.3%) | 3/73 (4.1%) |
| Peripheral bone and joint pain | 19/73 (26.0%) | 11/73 (15.1%) | 62/73 (84.9%) | 14/73 (19.2%) |
| Skin manifestations        |       |     |    |    |
| PPP                       | 62/73 (84.9%) | 10/73 (13.7%) | 10/73 (13.7%) | 10/73 (13.7%) |
| SA                        | 14/73 (19.2%) |  |  |  |
| PV                        | 4/12 (33.3%) |  |  |  |
| Lesion sites on bone scintigraphy |       |     |    |    |
| Sternocostoclavicular region | 67/73 (91.8%) | 12/12 (100%) | 14/14 (100%) | 14/14 (100%) |
| Sacroiliac joint           | 20/73 (27.4%) |  |  |  |
| Vertebræ                  | 36/73 (49.3%) |  |  |  |
| Peripheral bones and joints | 11/73 (15.1%) |  |  |  |
| Cranial facial bone and joints | 3/73 (4.1%) |  |  |  |
| Serology tests             |       |     |    |    |
| ESR (36.7 ± 31.4) mm/h     |  |  |  |  |
| CRP (12.3 ± 24.3) mg/L     |  |  |  |  |
| ANA 12/12 (100%)           |  |  |  |  |
| Anti-ds DNA 8/12 (66.7%)   |  |  |  |  |
| Anti-SS-A 6/12 (50%)       |  |  |  |  |

Data are presented as means ± SD or numbers of patients with the corresponding characteristics/total number of patients (%) unless otherwise indicated. 
PpP palmoplantar pustulosis, SA severe acne, PV psoriasis vulgaris
Serum Levels of Sp17 Autoantibodies Were Only Elevated in Patients with Active SAPHO Syndrome

To further explore the clinical significance of serum Sp17 autoantibodies in SAPHO syndrome, we collected the clinical data of SAPHO patients and HCs. First, VAS scores were selected as the primary measure of disease activity, with hsCRP and ESR as secondary supplemental indicators. Based on the similarity in symptoms with ankylosing spondylitis, SAPHO patients with a score for spinal pain of 4 cm or more on a 10-cm visual analogue scale (with higher numbers indicating greater disease activity) were active, others were considered to be inactive groups according to previous study [18] (Fig. 3a). Levels of hsCRP and ESR were also slightly higher in patients with active SAPHO than in patients with inactive disease, but no significant difference was noted (Fig. 3b and c). Notably, serum levels of Sp17 autoantibodies were only increased in patients with active SAPHO disease. Furthermore, compared with patients with SLE or RA, serum levels of Sp17 autoantibodies in patients with active SAPHO syndrome were also slightly higher, indicating that elevated serum Sp17 autoantibody levels occurred only in patients with active SAPHO syndrome (Fig. 3d). In summary, elevation of the levels of serum Sp17 autoantibodies in patients with active SAPHO indicates that it may be associated with disease status.

Serum Levels of Sp17 Autoantibodies in Patients with Active SAPHO Syndrome Exhibited Good Consistency with Systemic Inflammation Indices

We next assessed the correlations between levels of serum Sp17 autoantibodies and various indicators of SAPHO syndrome. In patients with inactive SAPHO syndrome, no significant correlations were observed between levels of serum Sp17 autoantibodies and hsCRP (Fig. 4a), ESR (Fig. 4c), and VAS (Fig. 4e). In SAPHO patients with active disease, we noted that the levels of Sp17 autoantibodies were
Anti-Sp17 autoantibodies were significantly elevated in the sera of patients with SAPHO syndrome. a Recombinant Sp17-GFP fusion proteins were overexpressed in 293 T cells. The left panel represents the expected 456-bp DNA fragment after restriction enzyme digestion of Sp17 overexpression plasmids. The right panel represents immunoblot analysis for the identification of Sp17-GFP fusion proteins by using anti-GFP mAb. b Recombinant UACA-GFP fusion proteins were overexpressed in 293 T cells. The full-length UACA gene was detected at 4251 bp. UACA-GFP fusion proteins at 188 kDa were verified using anti-UACA antibodies. M represents the molecular weight marker. c Representative immunoblot showing the serum levels of Sp17 autoantibodies from 6 of the 22 HCs and 5 of the 30 patients with SAPHO syndrome. Positive control: anti-GFP antibody. The NC membrane was cut into strips for incubation with sera from different HCs or SAPHO syndrome patients. d Western blot for verifying the binding of the serum Sp17 autoantibody with the transfected Sp17 protein. e Representative immunoblot showing the serum levels of UACA autoantibodies in 9 of the 28 HCs and 10 of the 30 patients with SAPHO syndrome. Positive control: anti-GFP antibody. f Indirect ELISA analysis of serum Sp17 autoantibodies in HCs (n = 33) and patients with SAPHO syndrome (n = 40). g ELISA analysis of serum UACA autoantibody levels of HCs (n = 33) and patients with SAPHO syndrome (n = 40). Independent samples t tests were used to compare means between healthy controls and patients. *P < 0.05; **P < 0.01; NS no significance

| Table 2 | Proportions of autoantibody-positive samples |
|---------|-------------------------------------------|
|          | Total samples (N) | Positive samples (N) | Proportion | Chi-squared value | P value |
| Anti-Sp17 | 22 | 6 | 27% | 14.174 | < 0.001 |
| SAPHO | 30 | 25 | 83% | | |
| Anti-UACA | 28 | 0 | 0 | | |
| SAPHO | 30 | 0 | 0 | | |

A P value < 0.05 is considered statistically significant
significantly and positively correlated with hsCRP (Fig. 4b) and ESR (Fig. 4d), but no significant correlation with VAS (Fig. 4f) was noted. We also found that the patients with elevated hsCRP (Fig. 4g) or serum ESR (Fig. 4h) had higher levels of serum Sp17 autoantibodies, indicating that levels of serum Sp17 autoantibodies correlated closely with the inflammatory status in SAPHO patients.

Serum Levels of Sp17 Autoantibodies Were Correlated Closely with the Bone Metabolism Status in Patients with Active SAPHO Syndrome

We wonder whether there was a correlation between levels of serum Sp17 autoantibodies and specific features of active SAPHO patients. Bone joint pain caused by osteoarthritis
and osteolytic lesion and palmoplantar pustulosis (PPP) were the most common bone and skin manifestations respectively of SAPHO patients included in this study. Thus, we firstly analyzed the relationships of serum Sp17 autoantibodies levels with serum osteocalcin and β-CTX concentrations. Results showed that the levels of Sp17 autoantibodies were significantly and positively correlated with osteocalcin (Fig. 5a) and β-CTX concentrations (Fig. 5b), but no significant correlation with palmoplantar pustulosis area and severity index (PPPASI) (Fig. 5c) was noted. Above results showed that serum levels of Sp17 autoantibodies correlated closely with the bone metabolism status in SAPHO patients.

### Serum Levels of Sp17 Autoantibodies in Patients with Active SAPHO Syndrome Were Significantly Decreased After Pamidronate Disodium Treatment

Finally, we investigated the effect of pamidronate disodium treatment on levels of serum Sp17 autoantibodies in SAPHO patients. Pamidronate disodium, an inhibitor of bone resorption, is used primarily in the management of tumor-induced hypercalcemia and Paget’s disease of the bone. A detailed time chart of the treatment plan is shown in Fig. 6a. VAS scores decreased significantly after each treatment cycle and were less than 4 at the earliest time point after treatment (Fig. 6b), suggesting low disease activity or remission. Additionally, levels of hsCRP and ESR began to decline after the first treatment cycle and continued to decline significantly after the second treatment cycle (Fig. 6c and d), demonstrating the alleviation of inflammation after pamidronate disodium treatment. The levels of bone formation marker, serum osteocalcin, were lower after the second treatment cycle (Fig. 6e). Following the first treatment, serum β-CTX levels decreased significantly, and there is a slight but not significant increase after the second treatment (Fig. 6f). Notably, during the treatment period, levels of serum Sp17 autoantibodies in the sera of SAPHO patients decreased continuously (Fig. 6g), which further confirmed that the Sp17 autoantibody levels were correlated strongly with the disease activity and inflammatory status of patients with SAPHO syndrome.

### Discussion

The major finding of this study is the identification of an anti-Sp17 autoantibody as a potential biomarker for the diagnosis and monitoring of disease activity in patients with SAPHO syndrome. Although the pathogenesis of SAPHO syndrome is multifactorial, immunological dysfunction plays a crucial role in its development [19]. Total IgG levels in the sera from patients with SAPHO syndrome were elevated compared to HCs, indicating the excessive activation of humoral immunity in the patients with SAPHO syndrome. This finding is consistent with previous findings that SAPHO syndrome is accompanied by remarkably elevated serum IgG4 levels [20]. We then screened the profile of autoantibodies in the sera of SAPHO patients by using protein chips containing 17,000 human proteins, and two specific autoantibodies against Sp17 and UACA in the sera of SAPHO patients were detected. However, only the anti-Sp17 autoantibody was confirmed in sera from a larger group of SAPHO patients by using ELISA and western blot assays; in contrast, levels of anti-UACA autoantibodies were undetectable by both ELISA and western blot assays. Thus, anti-UACA autoantibodies are not suitable for development as markers.

Sp17 autoantibody levels in the sera from patients with SAPHO syndrome are associated with disease activity, which was confirmed by a correlation analysis of Sp17 autoantibodies with two inflammatory markers: hsCRP and ESR. Indeed, serum levels of Sp17 autoantibodies exhibited a significant positive correlation with serum levels of hsCRP and ESR in patients with active SAPHO syndrome. Importantly, the serum anti-Sp17 autoantibody level may be a better specific marker for the early diagnosis or monitoring of disease activity in patients with SAPHO syndrome than serum hsCRP and ESR levels. In fact, serum hsCRP and ESR levels are

---

**Fig. 5** Correlations between levels of serum Sp17 autoantibodies and osteocalcin concentrations (n = 23) (a), β-CTX concentrations (n = 23) (b), and PPPASI (n = 17) (c) were analyzed. PPPASI is a comprehensive score calculated by a specific formula according to the severity and area of skin lesions in SAPHO patients and used to assess the severity of PPP. The Spearman correlation was used to analyze correlations. **P < 0.01. NS no significance**
elevated in patients with many inflammatory diseases and immunological disorders [21, 22], but elevated serum levels of anti-Sp17 autoantibodies have not been reported in patients with any other autoimmune diseases.

Sp17 autoantibody levels in the sera from patients with SAPHO syndrome are associated with bone metabolism status, which was confirmed by a correlation analysis of Sp17 autoantibodies with two bone metabolism markers: osteocalcin and β-CTX. Importantly, osteocalcin is a bone-specific calcium-binding protein released during bone formation and resorption by osteoblasts. β-CTX is the main fragment of the type I collagen degradation by osteoclasts. An elevated level means that there is osteolysis and strong bone resorption. Indeed, serum levels of Sp17 autoantibodies exhibited a significant positive correlation with serum levels of osteocalcin and β-CTX in patients with active SAPHO syndrome, which suggested serum levels of Sp17 autoantibodies are associated with osteoarthritis and osteolytic lesions.

Sp17 is a highly conserved mammalian protein, and based on early studies, it is widely believed to be a testis-specific protein that is expressed at high levels during the sperm acrosome reaction. Jong et al. [23] further validated the distribution of Sp17 isoforms in various tissues using RT-PCR and detected the Sp17-1a mRNA in the human adrenal glands, lymph nodes, skeletal muscle, spine, ovary, and adult testis, whereas esophageal Sp17-1a and Sp17-1b mRNAs have both been detected in PBMCs, the parathyroid gland, and the synovium. Sp17 was recently reported to be a highly immunogenic protein, and Sp17 autoantibodies have been detected in vasectomized men [24] and patients with periampullary carcinoma [25]. The findings of the present study provide new insights into the potential pathogenesis of SAPHO. Therefore, further studies should be performed to explore the mechanisms underlying Sp17 targeting by the immune system and its roles in the pathogenesis of SAPHO syndrome.

The key future characteristics of patients with SAPHO syndrome are inflammatory skin and osteoarticular manifestations. Multiple immunosuppressive drugs aiming to alleviate inflammatory symptoms have been used. Nonsteroidal anti-inflammatory drugs (NSAIDs) are commonly used to relieve pain and skeletal injuries. However, in most cases, the effects are transient and the disease relapses after NSAID withdrawal [26]. As a therapeutic option for SAPHO cases that are unresponsive or refractory to
conventional drugs, biological inhibitors targeting the inflammatory mediators IL-1 and TNF-α are effective at improving bone, skin, and joint manifestations. However, populations benefiting from this treatment regimen have not been clearly identified. Patients with a worsening disease or who are unresponsive to anti-TNF-α drugs have been reported [5]. Because of the inhibition of bone resorption and the anti-inflammatory effect, some studies have used bisphosphonates to control inflammation and pain related to bone resorption. Bisphosphonates significantly and rapidly relieve symptoms in patients with SAPHO syndrome and exert a long-term effect on inflammation and spinal bone marrow edema, which is strongly correlated with musculoskeletal pain [7]. Similar results were obtained in our study, in which VAS, hsCRP, and ESR levels were markedly decreased after pamidronate treatments. β-CTx showed a significant decrease after the first treatments, while the osteocalcin declined until the second treatment cycle compared with the baseline. Notably, during the treatment period, serum levels of Sp17 autoantibodies decreased continuously in patients with SAPHO syndrome. Serum Sp17 autoantibody was more sensitive for the efficacy of bisphosphate treatments in SAPHO syndrome than β-CTx and osteocalcin, which further confirmed that the level correlated strongly with the disease activity and inflammatory status of patients with SAPHO syndrome.

In summary, our major finding in this study is the identification of the anti-Sp17 autoantibody as a potential biomarker for patients with SAPHO syndrome. This finding may also provide us with a novel clue for exploring the pathogenesis of SAPHO syndrome.

**Supplementary Information** The online version contains supplementary material available at [https://doi.org/10.1007/s10875-020-00937-w](https://doi.org/10.1007/s10875-020-00937-w).

**Acknowledgments** We thank Dr. Huaishan Wang for technical assistance and helpful discussion.

**Authors’ Contributions** HY, HC, JZ, and WH designed the experiments and prepared the manuscript. HY, GD, SZ, and BL performed the experiments and the statistical analyses. CL and LW collected the serum samples from SAPHO patients and healthy control subjects.

**Funding** This work was supported by the National Natural Science Foundation of China (81673010, 31970843, 81972866, and 81602503), the National Key Research and Development Program of China (2016YFA0101001, 2016YFC0901500, and 2016YFC0903900), the CAMS Initiative for Innovative Medicine (2016-I2M-1-008 and 2017-I2M-3-001), the CAMS Central Public Welfare Scientific Research Institute Basal Research Expenses (2018PT32004, 2018PT31052), and the Capital Medical Research and Development Fund (2016-4-40112).

**Data Availability** All data used to support the findings are included in the article and are available from the corresponding author upon request.

**Compliance with Ethical Standards**

**Conflict of Interest** The authors declare that they have no conflict of interest.

**Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article’s Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit [http://creativecommons.org/licenses/by/4.0/](http://creativecommons.org/licenses/by/4.0/).

**References**

1. Chamot AM, Benhamou CL, Kahn MF, Beraneck L, Kaplan G, Prost A. Acne-pustulosis-hyperostosis-osteitis syndrome. Results of a national survey. 85 cases. Rev Rhum Mal Osteoartic. 1987;54(3):187–96.
2. Cianci F, Zoli A, Gremses E, Ferraccioli G. Clinical heterogeneity of SAPHO syndrome: challenging diagnose and treatment. Clin Rheumatol. 2017;36(9):2151–8.
3. Nguyen MT, Borchers A, Selmi C, Naguwa SM, Cheema G, Gershwin ME. The SAPHO syndrome. Semin Arthritis Rheum. 2012;42(3):254–65.
4. Benhamou CL, Chamot AM, Kahn MF. Synovitis-acne-pustulosis hyperostosis-osteomyelitis syndrome (SAPHO). A new syndrome among the spondyloarthropathies? Clin Exp Rheumatol. 1988;6(2):109–12.
5. Firu D, Garcia-Larsen V, Manconi PE, del Giacco SR. SAPHO syndrome: current developments and approaches to clinical treatment. Curr Rheumatol Rep. 2016;18(6):35.
6. Zimmermann P, Curtis N. Synovitis, acne, pustulosis, hyperostosis, and osteitis (SAPHO) syndrome - a challenging diagnosis not to be missed. J Infect. 2016;72(Suppl):S106–14.
7. Li C, Zhao Y, Zuo Y, Zhou Y, Zhang F, Liu S, et al. Efficacy of bisphosphonates in patients with synovitis, acne, pustulosis, hyperostosis, and osteitis syndrome: a prospective open study. Clin Exp Rheumatol. 2019;37(4):663–9.
8. Rosero A, Ruano R, Martin M, Hidalgo C, Garcia-Talavera J. Acute venous thrombosis as complication and clue to diagnose a SAPHO syndrome case. A case report. Acta Reumatol Port. 2013;38(3):203–6.
9. Aljuhani F, Tournadre A, Tatar Z, Couderc M, Mathieu S, Malochet-Guinamand S, et al. The SAPHO syndrome: a single-center study of 41 adult patients. J Rheumatol. 2015;42(2):329–34.
10. Dauxois D, Konstantopoulos G, Kraniotis P, Sakkas L, Liosis SN. Biologics in SAPHO syndrome: a systematic review. Semin Arthritis Rheum. 2019;48(4):618–25.
11. Hurtado-Nedelec M, Chollet-Martin S, Nicaise-Roland P, Grootenboer-Mignot S, Ruimy R, Meyer O, et al. Characterization of the immune response in the synovitis, acne, pustulosis, hyperostosis, osteitis (SAPHO) syndrome. Rheumatology. 2008;47(8):1160–7.
12. Wendling D, Aubin F, Verhoeven F, Prati C. IL-23/Th17 targeted therapies in SAPHO syndrome. A case series. Joint Bone Spine. 2017;84(6):733–5.

13. Grosjean C, Hurtado-Nedelec M, Nicaise-Roland P, et al. Prevalence of autoantibodies in SAPHO syndrome: a single-center study of 90 patients. J Rheumatol. 2010;37(3):639–43.

14. Atak A, Mukherjee S, Jain R, Gupta S, Singh VA, Gahoi N, et al. Protein microarray applications: autoantibody detection and post-translational modification. Proteomics. 2016;16(19):2557–69.

15. Aringer M. EULAR/ACR classification criteria for SLE. Semin Arthritis Rheum. 2019;49(3S):S14–7.

16. Kay J, Upchurch KS. ACR/EULAR 2010 rheumatoid arthritis classification criteria. Rheumatology. 2012;51(Suppl 6):vi5–9.

17. Yang L, Wang J, Li J, Zhang H, Guo S, Yan M, et al. Identification of serum biomarkers for gastric cancer diagnosis using a human proteome microarray. Mol Cell Proteomics. 2016;15(2):614–23.

18. Baeten D, Sieper J, Braun J, Baraliakos X, Dougdados M, Emery P, et al. Secukinumab, an interleukin-17A inhibitor, in ankylosing spondylitis. N Engl J Med. 2015;373(26):2534–48.

19. Ferguson PJ, Lokuta MA, El-Shanti HI, et al. Neutrophil dysfunction in a family with a SAPHO syndrome-like phenotype. Arthritis Rheum. 2008;58(10):3264–9.

20. Li C, Cao Y, Xu W, Zhang W. Synovitis, acne, pustulosis, hyperostosis, and osteitis (SAPHO) syndrome with remarkably elevated serum IgG4. Eur J Inflamm. 2017;15(2):131–5.