Syncope as the initial presentation of pulmonary embolism in two patients with hepatocellular carcinoma
Two case reports and literature review

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Abstract

Rationale: Pulmonary embolism (PE) has diverse clinical manifestations and syncope might be the first or only symptom of PE. Tumor disease usually presents with symptoms associated with the primary site, however, PE may be the first manifestation of occult tumors.

Patient concerns: Here, we report 2 patients admitted to our hospital because of syncope. One patient had a chronic hepatitis B history of more than 20 years and the other patient had chronic heavy drinking for many years. Neither patient had been diagnosed with neoplastic disease before admission.

Diagnoses: Clinical examinations, including laboratory tests and imaging tests upon admission demonstrated PE resulting in syncope. Furthermore, malignant hepatocellular carcinoma (HCC), inferior vena cava, and right atrium tumor thrombus were diagnosed.

Interventions: Thrombolysis and anti-coagulation therapy were performed immediately after the diagnosis of PE. Twenty-seven HCC patients with PE in 27 articles from 1962 to 2020 in the PubMed database were reviewed.

Outcomes: The improvement was achieved that no syncope recurred after treatment of PE. The oxygen partial pressure increased and the D-dimer level decreased. The clinical characteristics of 27 HCC patients with PE were summarized and analyzed.

Lessons: It is important for clinicians to be aware that occult carcinoma might be a reason for patients with PE presenting with syncope. If PE cannot be explained by common causes, such as our patient, and HCC should be highly suspected when inferior vena cava and right atrial mass are found on imaging tests.

Abbreviations: AFP = alpha-fetoprotein, CT = computerized tomography, CTPA = computerized tomography pulmonary angiography, DVT = deep venous thrombosis, HCC = hepatocellular carcinoma, ICC = intrahepatic cholangiocarcinoma, IVC = inferior vena cava, LMWH = low molecular weight heparin, NA = not available, PE = pulmonary embolism, VTE = venous thrombus embolism.

Keywords: hepatocellular carcinoma, pulmonary embolism, syncope

1. Introduction

Venous thrombus embolism (VTE) involves the formation of deep venous thrombosis (DVT) and pulmonary embolism (PE), which are common complications of cancer. Cancer frequently develops VTE, possibly due to increased platelet activation by tumor-derived pro-coagulant proteins, overexpression of tissue factors, and overproduction of inflammatory cytokines.\textsuperscript{[1]} The incidence of VTE in cancer is 4% to 20\%\textsuperscript{[2]} and it is also one of
the causes of death in oncological patients. PE is the most serious complication of VTE, and patients with hepatocellular carcinoma (HCC) have an increased risk of developing PE. PE is a rare complication of HCC and may be a presenting symptom of HCC. The only or first symptom of PE can be syncope, which is a temporary loss of consciousness caused by a shortage of blood supply to the brain. It is rare that cases eventually diagnosed as HCC present with syncope as the initial PE symptom. In this article, we report 2 cases of syncope resulting from pulmonary thromboembolism that were later diagnosed with HCC, and review previous case reports of PE in HCC.

2. Case presentation

2.1. Case 1

A 64-year-old man was admitted for 2 episodes of syncope within 5 days. There was no chest pain, chest tightness, palpitation, or dyspnea before or after syncope. His previous history included 40 years of smoking, alcohol consumption, and chronic hepatitis B history of more than 20 years. His blood pressure was 120/70 mmHg and there were no obvious positive signs on the physical examination on admission. Laboratory findings showed that D-dimer levels were greater than the upper limit of detection (≥20 μg/mL, normal range, 0.00–0.50 μg/mL). An arterial blood gas analysis showed that arterial carbon dioxide tension was 33.0 mmHg (normal range, 35.0–45.0 mmHg) and arterial oxygen tension was 55.3 mmHg (normal range, 80–100 mmHg). Cardiac injury markers suggested troponin T 0.143 ng/mL (normal range, <0.014 ng/mL) and pro-BNP was 844 pg/mL (normal range, 0–125 pg/mL). Electrocardiogram readings showed sinus tachycardia and T-wave inversion in lead III. Head computerized tomography (CT) examination in the emergency department suggested subcortical lacunar cerebral infarction in the bilateral frontal lobe. Only suspicious density in the liver could be found on pulmonary CT and whole-abdomen multislice CT. Based on these results, we strongly suspected PE. Therefore, emergent computerized tomography pulmonary angiography (CTPA) was performed, and the results showed embolization of the left main pulmonary artery and branches of both pulmonary arteries (Fig. 1A), a suspected space-occupying lesion in the inferior vena cava (IVC) and right atrium. PE was diagnosed, alteplase was used for venous thrombolysis, and rivaroxaban was subsequently used for anti-coagulant therapy. No syncope recurred after thrombolysis. The oxygen partial pressure increased and the D-dimer level decreased. Color Doppler ultrasonography performed the following day revealed a slightly strong echo near the entrance of the right atrium and mild tricuspid regurgitation, but no abnormality was observed in the lower extremity vein. PE could not be explained by DVT of the lower extremity, and the cause was further investigated. Other laboratory tests showed that hepatitis B surface antigen >250 IU/mL (normal range 0–0.05 IU/mL), aspartate aminotransferase 57 U/L (normal range 15–40 U/L), gamma-glutamyl transpeptidase 72 U/L (normal range 10–60 U/L), albumin 27.8 g/L (normal range 40–55 g/L), and alpha-fetoprotein (AFP) 406 ng/mL (normal range 0–7.00 ng/mL). Combined with the patient’s previous history of hepatitis B and abdominal CT indicated suspicious density in the liver, liver cancer was highly suspected. A multiphasic contrast-enhanced abdominal CT showed liver cirrhosis, ascites, and liver space-occupying lesions, indicating HCC (Fig. 1B, C). HCC invaded the IVC with the formation of tumor emboli (Fig. 1D), and the right atrium was also involved (Fig. 1E). The patient was recommended to the tumor hospital for the treatment of HCC after 1 week of hospitalization.

2.2. Case 2

A 64-year-old man with chronic heavy smoking and drinking for many years presented with intermittent dyspnea for 2 weeks and aggravated with syncope for 1 day. He also had a history of varicoceles. On admission, his blood pressure was 94/63 mmHg, his bilateral lungs were clear, there were no rales on auscultation, cardiac rhythm was regular, and there was no heart murmur in each auscultatory valve. Abdominal examination findings were unremarkable. Laboratory findings showed that D-dimer levels were 16.02 μg/mL (normal range, 0–0.5 μg/mL). An arterial blood gas analysis showed that arterial carbon dioxide tension was 32.1 mmHg (normal range, 35.0–45.0 mmHg) and arterial oxygen tension was 53.2 mmHg (normal range, 80–100 mmHg). Cardiac injury markers suggested troponin T 0.321 ng/mL (normal range, <0.014 ng/mL) and pro-BNP was 722 pg/mL (normal range, 0–125 pg/mL). Electrocardiogram showed sinus tachycardia with 100 beats per minute and T wave low and inverted in leads dominated by R waves. Based on these results, we strongly suspected PE. Therefore, emergent CTPA was performed, and the result showed embolization of the bilateral pulmonary trunk and branches (Fig. 2A). Immediately after confirmation of the PE diagnosis, rivaroxaban was administered. This was discontinued because hematuria appeared after 1 dose of rivaroxaban. The improvement was achieved and no syncope recurred after subcutaneous injection of low molecular weight heparin (LMWH), and the indicators related to PE were improved. Transthoracic echocardiography performed the following day revealed enlargement of the right atrium and right ventricle, widening of the left and right pulmonary arteries.
suspected emboli formation, and severe tricuspid regurgitation. However, a lower limb venous compression ultrasonography revealed no DVT, so the cause of PE was unknown. His liver function revealed that aspartate aminotransferase 115 U/L (normal range 15–40 U/L), alanine aminotransferase 103 U/L (normal range 15–40 U/L), alkaline phosphatase 229 U/L (normal range 45–125 U/L), and gamma-glutamyl transpeptidase 200 U/L (normal range 10–60 U/L), albumin 33.6 g/L (normal range 40–55 g/L), and liver changes on color Doppler ultrasonography at the outer hospital. Combined with a long history of heavy drinking, we considered the possibility of an underlying illness, such as cancer. Therefore, the male tumor markers and PE-related markers were screened. The results showed that AFP 1031 ng/mL (normal range 0–7.00 ng/mL). Color Doppler ultrasonography of the digestive system in our hospital indicated diffuse liver parenchyma lesions, slight echogenicity in liver suspected space-occupying lesions (approximately 51 mm × 35 mm) and splenomegaly. A multiphase liver protocol contrast-enhanced abdominal CT showed HCC (Fig. 2B) in the right posterior lobe of the liver accompanied by tumor thrombus in the right hepatic vein, tumor thrombus and thromboembolism IVC (Fig. 2C, D, E), and tumor thrombus in the right atrium (Fig. 2F). The patient was recommended to the tumor hospital for the treatment of HCC after 2 weeks’ hospitalization. Our case report was waived from the Ethical Board, based upon their policy to anonymize, and the risk of identification was minimal.

2.3. Literature review

Our literature search for related cases identified 27 HCC patients with PE in 27 articles from 1962 to 2020 in the PubMed database (Table 1). These patients were aged between 16 and 83 years (mean age: 54 years), and 85% of the patients were men. Only 22.2% of patients had a history of HCC, and the other 77.8% patients did not have a history of HCC. Except for 1 case of mixed HCC combined with intrahepatic cholangiocarcinoma (ICC), all other pathologic types were HCC. Regarding the underlying disease, 48.1% had hepatitis B or C, 14.8% had liver cirrhosis associated with hepatitis or not, 14.8% had alcohol intake, 3.7% had hepatitis C and excessive alcohol consumption, 7.4% had no reason, and the reason for the other 11.1% were not available (NA). Regarding the initial presenting symptoms of HCC with PE, up to 44.4% had PE as the first manifestation of HCC, HCC (25.9%), HCC plus PE (11.1%), liver cirrhosis, progressive ascites upper gastrointestinal bleeding, right heart failure, acute myocardial infarction, and NA in 3.7% of patients.

Of the HCC cases, 48.1% were diagnosed with autopsy or combined with other methods, 16.7% with biopsy or combined with other imaging methods, 37.5% with imaging methods, and 3.7% with NA. A total of 29.6% of HCC patients who received treatment included 22.2% hepatectomy or combined with other methods, transcatheter arterial chemoembolization, and sorafenib (3.7%). 48.1% of HCC patients did not receive treatment because 18.5% were found postmortem, 18.5% received palliative care and death occurred before treatment in 11.1%, and 22.2% were NA. 37% tumor or tumor thrombus involved IVC, 3.7% involved the hepatic veins, 29.6% involved both the hepatic veins or IVC, neither the hepatic vein nor the IVC was involved in 14.8%, and 14.8% were NA. Approximately 40.7% of tumors or tumor thrombus involved right atrium, 3.7% involved the right ventricle, neither the right atrium nor ventricle was involved in 40.7%, and 14.8% were NA. Only 18.5% had pulmonary hypertension, 63% had no pulmonary hypertension, and 18.5% were NA. For the first symptom of PE, most (72.7%) showed dyspnea or shortness of breath or combined with other symptoms, 7.4% showed cardiopulmonary arrest, high fever with recurrent pneumonia, hemoptysis, and asymptomatic PE found postmortem (3.7%), and 11.1% were NA. Of these, 48.1% were diagnosed with autopsy or combined with other methods, 48.1% with imaging methods, and 3.7% were NA. Regarding the properties of pulmonary emboli, 63% were tumoral thrombi, 7.4% were tumoral and mixed thrombi, 3.7% were non-traumatic fat emboli, and the remaining 25.9% were NA. Regarding the PE treatment, 40.7% of patients received no treatment because PE was found postmortem, 18.5% received anti-coagulation therapy, 7.4% received thrombolysis and subsequent anti-coagulation, 7.4% received surgery combined with anti-coagulation, 3.7% received aspiration with a catheter, and 22.2% were NA. Only 3.7% of the PE patients had DVT, while the others without DVT or were NA. Regarding outcomes, only 22.2% patients had an improved prognosis, 63% of patients died, of which 14.8% died of PE, 11.1% may be poor because palliative care was adopted, and 3.7% were NA.

3. Discussion

Primary liver cancer is the fourth most common malignant tumor in China and the third most lethal cause of cancer, and a serious threat to the life and health of Chinese people. The pathological type of primary liver cancer includes HCC, accounting for 85% to 90%, and a few are ICC and mixed with HCC-ICC. People at high risk for HCC are mainly those with HBV and/or HCV infection, chronic alcohol abuse (alcoholic liver disease), non-alcoholic steatohepatitis, consumption of aflatoxin-contaminated foods, cirrhosis of the liver from a
Table 1

Reported hepatocellular carcinoma patients with pulmonary embolism.

| Case | Author/year | Age | Sex | History of HCC | HCC initial symptom | Underlying disease | Diagnostic tool of HCC | Types of HCC |
|------|-------------|-----|-----|----------------|---------------------|-------------------|------------------------|--------------|
| 1    | Present case 1 | 65  | Male | No | PE | Chronic hepatitis B | Contrast-enhanced abdominal CT | HCC |
| 2    | Present case 2 | 64  | Male | No | PE | Extensive drinking | Contrast-enhanced abdominal CT | HCC |
| 3    | Filippos-Paschalis Rorris/2020 | 53  | Male | No | PE | Hepatitis C | Staging CT scan of abdomen | HCC |
| 4    | Kensuke Yamamura/2020 | 83  | Female | No | HC | NA | Contrast-enhanced CT, biopsy | HCC |
| 5    | Luís C Lourenço/2017 | 47  | Male | No | HC | Chronic hepatitis C | Contrast-enhanced abdominal CT | HCC |
| 6    | Mai Sakashita/2017 | 81  | Male | Yes | NA | Alcoholic cirrhosis | Autopsy | HCC |
| 7    | Nobuyuki Yamashita/2015 | 60  | Female | Yes | PE | NA | Autopsy | HCC |
| 8    | Toshimasa Clark/2014 | 65  | Male | No | PE and HC | Chronic hepatitis B | Contrast-enhanced abdominal CT and autopsy | HCC |
| 9    | Cheng-Hsien Wu/2013 | 68  | Male | Yes | PE | Chronic hepatitis B and C | Non | HCC |
| 10   | Sunneet K Asrani/2012 | 21  | Male | No | HC and PE | None | Abdominal CT scan and liver biopsy | HCC |
| 11   | Hsin-Kai Huang/2011 | 64  | Male | No | PE | Reactive anti-HCV antibody | Histological examination and contrast-enhanced CT | HCC |
| 12   | Vikrant Nayar/2010 | 59  | Female | No | Right heart failure | Hepatitis C and excessive alcohol consumption | Ultrasound and contrast-enhanced CT | HCC |
| 13   | Carlos Gilberto Canelo Aybar/2008 | 16  | Male | No | PE | NA | Autopsy | HCC |
| 14   | Hsuan-Hwai Lin/2007 | 57  | Male | No | PE | Chronic hepatitis B | Abdominal ultrasonography, abdominal CT and MRI | HCC |
| 15   | Mitsuru Nakanishi/2006 | 27  | Male | Yes | Upper gastrointestinal bleeding | NA | CT | HCC |
| 16   | Jörg Jäkel/2006 | 48  | Male | No | Liver cirrhosis, progressive ascites | Alcohol abuse and subsequent liver cirrhosis | Autopsy | HCC |
| 17   | Chun-Lin Chi/2005 | 34  | Male | Yes | PE and HC | NA | Abdominal ultrasonography and chest CT | HCC |
| 18   | Elod Papp/2005 | 63  | Male | No | HC | Hepatitis B or C viral infection | Abdominal ultrasound, CT scan, fine needle biopsy and autopsy | HCC |
| 19   | O Díaz Castro/2004 | 71  | Male | No | AMI | Chronic hepatitis C | Autopsy, pathological findings | HCC |
| 20   | Alfonso Gutiérrez-Macías/2002 | 41  | Male | No | PE | Heavy alcohol | Postmortem examination | HCC |
| 21   | K Wilson/2001 | 65  | Male | No | PE | None | Abdominal contrast-enhanced CT and angiography of the IVC | HCC |
| 22   | J Koskinas /2000 | 30  | Female | No | PE | HBsAg-positive | Autopsy | HCC-ICC |
| 23   | G S Chan/2000 | 52  | Male | No | HC | Chronic hepatitis B | CT and autopsy | HCC |
| 24   | T Mularek-Kubzdela/1996 | 49  | Male | No | PE | Hepatitis B | Abdominal sonography and CT | HCC |
| 25   | N Masaki/1994 | 48  | Male | Yes | HC | HBV carrier | Ultrasonography and angiography | HCC |
| 26   | J Murayama/1992 | 61  | Male | No | HC | Liver cirrhosis associated with HB viral chronic hepatitis | Autopsy | HCC |
| 27   | Kolarski V/1990 | 73  | Male | No | HC | Macronodular liver cirrhosis | NA | HCC |
| 28   | J U Brisbane/1980 | 63  | Male | No | PE | Regular alcohol | Liver scan and biopsy | HCC |
| 29   | P B STÖREV/1982 | 58  | Male | No | PE | Posthepatic cirrhosis of liver with hepatitis | Autopsy | HCC |

| Case | HCC treatment | Tumor thrombus involves the hepatic veins or IVC | Tumor thrombus involves the hepatic veins or IVC | Pulmonary hypertension | First symptom of PE |
|------|---------------|---------------------------------|---------------------------------|---------------------|---------------------|
| 1    | No, cancer hospital is recommended | IVC | Right atrium | No | Syncope |
| 2    | No, cancer hospital is recommended | IVC | None | Yes | Dyspnea and syncope |
| 3    | Urgent operation | IVC | Right atrium | No | NA |
| 4    | Hepatectomy, liver resection, chemoembolization | Hepatic veins | None | No | NA |

(continued)
| Case | HCC treatment | Tumor thrombus involves the hepatic veins or IVC | Tumor thrombus involves the hepatic veins or IVC | Pulmonary hypertension | First symptom of PE |
|------|---------------|-------------------------------------------------|-----------------------------------------------|-----------------------|---------------------|
| 5    | No, best supportive care | IVC | Right atrium | No | Shortness of breath |
| 6    | No, death occurred before treatment | None | None | No | CPA |
| 7    | Sorafenib | NA | NA | NA | Dyspnea |
| 8    | Comfort care measures | Both | Right atrium | No | Increased dyspnea on exertion |
| 9    | A segmental hepatectomy and transcaval emboilization | IVC | None | No | Dyspnea, tightness in the chest and episodes of dizziness |
| 10   | No, hospice care with symptomatic palliation | IVC | Right atrium | No | New onset of shortness of breath |
| 11   | NA | IVC | Right atrium | Yes | Progressive dyspnea and chest pain |
| 12   | Palliative care | Both | Right atrium | No | Breathlessness |
| 13   | NA | NA | NA | No | Cardiac insufficiency and cor pulmonare |
| 14   | Right hepatectomy | Both | Right atrium | No | Severe substernal chest pain then dyspnea and hemoptysis |
| 15   | NA | Both | None | No | Sudden chest pain and dyspnea |
| 16   | No, HC was found postmortem | None | Right ventricle | No | Asymptomatic, PE was found postmortem |
| 17   | NA | IVC | None | Yes | Shortness of breath |
| 18   | Combined liver and heart surgery | IVC | Right atrium | No | High fever, recurrent pneumonias |
| 19   | No, death occurred before treatment | Both | Right atrium | No | A sudden pleuritic chest pain, with severe dyspnea |
| 20   | No, HC was found postmortem | None | None | No | Shortness of breath |
| 21   | Excision of IVC mass and partial hepatic venous component | Both | Right atrium | Yes | Recurrent episodes of dyspnea |
| 22   | No, HC was found postmortem | NA | None | Yes | Progressive shortness of breath |
| 23   | No, death Occurred before treatment | Both | None | No | Sudden tonic-clonic convulsion shortly followed by CPA |
| 24   | NA | IVC | Right atrium | NA | Shortness of breath |
| 25   | TAE | IVC | None | No | Exertional dyspnea |
| 26   | No, HC was found postmortem | NA | NA | NA | Hemoptysis |
| 27   | NA | IVC | NA | NA | NA |
| 28   | Multifocal hepatocarcinoma, was not treated with chemotherapy | None | None | No | Shortness of breath |
| 29   | No, HC was found postmortem | Both | None | Yes | Right-sided chest pain and shortness of breath |

| Case | Diagnostic tool of PE | Properties of emboli | PE treatment | DVT | Prognosis | Note | Ref. |
|------|-----------------------|----------------------|--------------|-----|-----------|------|-----|
| 1    | CTPA | Thrombus | rt-PA, then rivaroxaban | No | Improve |     | [4] |
| 2    | CTPA | Thrombus | LMWH when Hematuria occurred after one dose of rivaroxaban | No | Improve |     | [5] |
| 3    | CTPA | NA | NA | NA | Improve | HCC in the adrenal gland | [6] |
| 4    | Coronal equilibrium-phase CT image | NA | Edoxaban | Yes | Improve |     | [7] |
| 5    | Chest CT | NA | NA | NA | Discharged with best supportive care |     | [8] |
| 6    | Autopsy | Non-traumatic FES | No, PE was found postmortem | NA | Died of PE |     | [9] |
| 7    | Autopsy | Tumoral thrombi | No, PE was found postmortem | NA | Died of respiratory failure | English abstracts only | [10] |
| 8    | Autopsy | Tumor emboli | No, PE was found postmortem | NA | Died of respiratory failure and asystole secondary to lactic acidosis |     | [11] |
| 9    | CTPA | Tumor emboli | Intravenous heparin and surgical removal of the embolus | no | Died with cardiac arrhythmias |     | [12] |
| 10   | Chest CT | Both tumor thrombus and bland thrombus | NA | NA | Discharged to hospice care with symptomatic palliation |     | [13] |
| 11   | Contrast-enhanced CT | Tumor emboli | NA | NA | Improve |     | [14] |

(continued)
variety of causes, and a family history of liver cancer. Patients with cancer have a 4 to 7-fold higher risk of developing VTE, which includes DVT and PE.\cite{34} Most PE occurs in patients with malignant tumors of the HCC, breast, renal, and gastric tumors and PE has been reported in approximately 8% of patients with HCC.\cite{35}

In our review, we found that the majority of HCCs combined with PE occurred in middle-aged and older men. Most of the patients were associated with viral hepatitis B or C, followed by liver cirrhosis and alcohol intake, which is consistent with the epidemiology of our country. Very few people have a clear history of primary liver cancer prior to onset and PE was the primary manifestation in nearly half of the patients with HCC combined with PE. More than half of the patients with HCC were diagnosed by biopsy or autopsy. The diagnosis of HCC in our cases was not pathologically confirmed but could be supported by elevated AFP and enhanced abdominal CT. Both cases showed uneven and significant arterial-phase hyperenhancement which is the major feature of HCC according to the Liver Imaging Reporting and Data System.\cite{36} Significantly reduced tumor enhancement in the portal phase was also observed. Such fast-in-and-out enhancement is a typical imaging feature of HCC.\cite{37}

### Table 1 (continued)

| Case | Diagnostic tool of PE | Properties of emboli | PE treatment | DVT | Prognosis | Note | Ref. |
|------|-----------------------|----------------------|--------------|-----|-----------|------|------|
| 12   | NA                    | NA                   | NA           | NA  | Discharged home for palliative care |      | [13] |
| 13   | Autopsy               | Tumoral thrombi      | No, PE was found postmortem | NA  | Died | English abstracts only | [14] |
| 14   | Ventilation-perfusion lung scan | NA | Anticoagulant | NA  | Died of multiple organ failure |      | [15] |
| 15   | Emergency CT scan and pulmonary angiography | Tumor emboli | The emboli was removed by aspiration with a catheter | NA  | Improve |      | [16] |
| 16   | Autopsy               | Tumor emboli         | No, PE was found postmortem | NA  | Developed an intractable hepato-renal syndrome and died |      | [17] |
| 17   | Spiral CT scan of chest and Ventilation-perfusion scan | Tumor emboli | LMWH | NA  | Improve |      | [18] |
| 18   | Autopsy               | Tumor emboli         | No, PE was found postmortem | NA  | Acute cor pulmonale occurred during tumor removal from the right atrium and the patient expired |      | [19] |
| 19   | Pulmonary arteriography | Tumor emboli | Intra-arterial thrombolysis with urokinase | NA  | Died 4 hours after thrombolysis | The same tumorous cells in the distal LCX and LAD | [20] |
| 20   | Ventilation-perfusion lung scan, helical CT scan and Postmortem examination | Tumor emboli | rt-PA and intravenous unfractionated heparin | NA  | Died, death reason NA |      | [21] |
| 21   | Ventilation-perfusion lung scan | Tumor emboli | Heparin, followed by warfarin | NA  | Recovered uneventfully | No HCC in the liver | [22] |
| 22   | Autopsy               | NA                   | No, PE was found postmortem | NA  | Died of PE | English abstracts only | [23] |
| 23   | Autopsy               | Tumor emboli         | No, PE was found postmortem | No  | Died of massive pulmonary tumor embolism |      | [24] |
| 24   | Pulmonary perfusion scintigraphy | NA | NA | NA  | English abstracts only |      | [25] |
| 25   | CT scan and MRI       | Tumoral thrombi      | Tumor thrombus was removed using Open-heart surgery | NA  | Died, death reason NA |      | [26] |
| 26   | Autopsy               | Thromboembolism      | No, PE was found postmortem | NA  | Died of PE | English abstracts only | [27] |
| 27   | Autopsy               | Tumor fragments      | No, PE was found postmortem | No  | Died | English abstracts only | [28] |
| 28   | Autopsy               | Tumoral, platelet-fibrin, and mixed thrombi | No, PE was found postmortem | No  | Died |      | [29] |
| 29   | Clinical diagnosis and autopsy | Tumoral thrombi | Warfarin, discontinuation because of excessive response to warfarin | NA  | Died |      | [30] |

CPA = cardiopulmonary arrest, CT = computerized tomography, CTPA = computed tomography pulmonary angiogram, DVT = deep venous thrombosis, FES = fat embolism syndrome, HBV = chronic hepatitis B, HCC = hepatocellular carcinoma, HCV = chronic hepatitis C, ICC = intrahepatic cholangiocarcinoma, IVC = inferior vena cava, LAD = left anterior descending coronary artery, LCX = left circumflex coronary artery, LMWH = low molecular weight heparin, MRI = Magnetic resonance imaging, NA = not available, PE = pulmonary embolism, TACE = transcatheter arterial chemoembolization, TAE = transcatheter arterial embolization.
At the initial diagnosis of HCC, our patient had PE which was the sole presentation without any of the typical manifestations of HCC. PE has a variety of symptoms and the most frequent symptoms are dyspnea or shortness of breath, which is consistent with the reviewed literature. Although syncope can be the only or initial symptom of PE, there were no cases of syncope in patients with HCC combined with PE. Syncope as the initial presentation of PE in HCC patients is particularly rare, but we reported 2 cases that were different from those reported in the literature. The frequency of syncope in patients with high-risk PE was 29.9%.\[138\] Arterial hypotension and reduced cerebral blood flow caused by a significant decrease in cardiac output when thrombosis of more than half of the lung arterial system causes activation of the vasovagal reflex, arrhythmias, and conduction disturbances caused by an overload of the right ventricle are the possible mechanisms of syncope in patients with PE.\[139\] These 2 patients in our study did not describe liver discomfort, but were admitted to our department with syncope. Based on D-dimer measurements, blood gas analysis, and CTPA, we clearly diagnosed PE. Because of the absence of long-term bed rest and DVT in the lower limbs, PE could not be explained by common causes. Thus, we further examined the underlying disease that causes PE and found HCC, IVC, and even right atrium tumor thrombus.

PE in patients with HCC may result from thromboembolism or embolism. The source of pulmonary thromboembolism in patients mainly originates from the deep veins in the legs or pelvis. Liver cancer is strongly associated with VTE\[40\] and hypercoagulability in malignancy is a well-known cause. Malignant cells can activate blood coagulation by producing procoagulant activities, by releasing proinflammatory and proangiogenic cytokines, or by interacting directly with host vascular and blood cells,\[41\] thereby promoting thrombosis formation. HCC is commonly associated with hepatic vein and IVC permeation, and subsequent secondary thrombosis may be another infrequent source of pulmonary thromboembolism, while tumor extension to the hepatic vein or IVC. Another less common source of pulmonary thromboembolism is secondary thrombosis caused by local pulmonary vascular endothelial damage. Most tumor cells are destroyed in the lung; however, some of them may survive and lodge in small vessels, producing a variable degree of endothelial injury that contributes to the formation of PE.\[42,43\] However, it is more easily explained in HCC patients with PE because tumor embolism is usually related to invasion of veins by the tumor and contains a variable number of malignant cells. PE could be caused by metastatic HCC to the hepatic vein or IVC, even to the right atrium, as well as small metastatic tumor emboli. One study showed that significant pulmonary tumor embolism occurred in 3 (43%) of the 7 HCCs with evidence of major hepatic vein and IVC invasion.\[144\]

Although PE mainly tumor embolism is seen in up to 26% of autopsies, it is less frequently identified before death.\[145\] Macroscopic and microscopic PE have been reported in HCC.\[20–22,24,46\] Macroembolism could be represented as a large tumor embolus or thromboembolism secondary to the tumor that detaches from the IVC, passes into the right heart and finally enters to the pulmonary trunk. Microvascular embolization might result from the detachment of a small thrombus or tumor emboli of the deep vein, hepatic vein, or IVC. Larger fragments of the tumor or thrombus entered the right ventricle, which was then mechanically disrupted by the heart action, leading to pulmonary massive microembolism. Tumor cells enter the systemic circulation by invading vessels or through the tumor’s own microvasculature, which produces a variable degree of endothelial injury that contributes to the formation of thrombi. Most case reports on tumor microembolism show a vascular tissue reaction\[47–50\] characterized by intimal proliferation and fibrosis.\[51\]

Tumor-associated thromboembolism or tumor embolization can range from massive saddle emboli complicated by cardiovascular collapse and death to asymptomatic microemboli detected only at autopsy. It may occur at any time in the natural history of neoplastic diseases and, in exceptional cases such as our report, may be the first manifestation of an occult carcinoma.\[23,48,52\] It was luck for these 2 patients in our cases because syncope – the unique manifestation of massive PE – enabled these 2 patients to seek treatment early although these patients did not present with HCC. However, the possibility of PE should be considered in HCC patients presenting with acute dyspnea and a rapidly deteriorating clinical course, especially if there is evidence of venous permeation by the tumor.

Tumor macroembolism is clinically undistinguishable from massive pulmonary thromboembolism, and the correct diagnosis is mostly achieved through autopsy. Although there was no venous thrombosis of DVT in the lower extremity and pelvic vein, we believe that the nature of PE emboli in these 2 cases we reported was thromboemboli rather than tumor emboli, for several reasons. High levels of D-dimer and fibrin degradation products indicate hypercoagulagability and secondary hyperfibrinolysis in vivo which could occur in thromboembolic disease. CTPA indicated that the emboli in the pulmonary artery were uniformly low-density and not enhanced. In addition to tumor tissue, thrombus could also be found in the IVC on contrast-enhanced CT of the abdomen, which could explain the source of PE. After anti-coagulant or thrombolytic therapy, the symptoms related to PE improved, D-dimer and fibrin degradation decreased and oxygen partial pressure increased, which also indirectly supported the thrombotic nature of the emboli. PE in our cases is therefore thought to have been caused by tumor-related hypercoagulagability and tumor secondary thrombosis.

Early clinical diagnosis of PE in dyspneic patients with HCC has become increasingly important and may offer a better chance of survival. According to the proposed diagnostic algorithm in the updated guidelines of the European Society of Cardiology, an emergency CT scan is the first-line imaging tool for patients with suspected high-risk PE.\[153\] Compared with conventional CT, the sensitivity of multirow detector spiral CT for acute PE increased from approximately 70% to more than 90%,\[34,51\] the major advantages of spiral CT are that the thrombus can be directly visualized and alternative diagnosis can be established on lung parenchymal images that are not evident on chest radiography. However, for patients with a definite diagnosis of PE, tumor markers may be a preferred method of screening to identify the underlying neoplastic disease if PE cannot be explained by the common cause. When right atrial space-occupying lesions were found in CTPA, we should consider that it may be associated with IVC lesions. Identification of IVC thrombus by abdominal ultrasonography is crucial because the sentinel sign would alert caregivers to arrange further surveys for suspected pulmonary tumor embolism or thromboembolism. Although relatively rare, tumor embolization or tumor-associated thrombosis should always be considered in cases of PE, even in the absence of a history of malignancy. Our cases remind physicians to focus on space-occupying lesions of the right atrium when PE is confirmed by CTPA. Whether the right atrial space-occupying lesion is
linked to the IVC or whether the space-occupying lesion of the right atrium is a continuation of abdominal neoplastic disease should be further explored. The cases also remind us that tumor markers may be a preferred method of screening to identify the underlying neoplastic disease if PE cannot be explained by the common cause.

Given that the pulmonary embolus can be of tumor origin, tumor embolus or tumor-associated thrombosis, embolectomy or even lobectomy can be a useful therapeutic modality, even in cases with extension of HCC to the right side of the heart. However, the surgical approach to IVC and intra-atrial masses is difficult, and it is impossible to completely remove the tumor thrombosis from the peripheral pulmonary arteries. Unless new extension of the tumor thrombus is prevented by successive multidisciplinary treatments. We found that the 1-year survival rates of patients with or without surgery were 40% and 0%, and resection can provide relatively good long-term survival but not more than 2 years. Therefore, hepatic resection with removal of tumor thrombi should be considered to prolong a patient’s life span. Other approaches should also be considered, in addition to hepatic resection with removal of the tumor thrombus. Aspiration with a catheter resulted in a reduction in the size of the emboli, and the patient showed symptomatic improvement. Stent implantation into the IVC may be helpful in preventing tumor emboli from floating into and blocking the major pulmonary vasculature. Various adjuvant systemic treatment modalities including chemotherapy, immunotherapy, and hormone therapy, are still of limited value in HCC. For PE caused by thromboembolism in HCC, thrombolysis and anti-coagulation are the 2 main treatment methods. It is important to exclude non-thrombotic PEs before initiating thrombolytic therapy. Thrombolytic therapy is the treatment of choice for patients with tumor embolism in PE presenting with shock or arterial hypotension. LMWH is a standard treatment regimen for cancer-associated thrombosis, however, a recently unique network meta-analysis of randomized control trials demonstrated that the effectiveness and safety of new oral anti-coagulants were non-inferior to vitamin K antagonists, and possibly comparable with LMWH for the treatment of cancer associated thrombosis. The cases we reported improved after aggressive thrombotic or anti-coagulant therapy when pulmonary thromboembolism was confirmed. Unfortunately, we could not treat HCC, IVC, and right atrial tumor thrombus due to the lack of oncology departments in our hospital.

3.1. Limitations
This study had several limitations. HCC with pulmonary thromboembolism is a clinical diagnosis that includes laboratory tests and imaging tests, but is not pathologically confirmed. In addition, the treatment of HCC is unknown because there is no oncology department in our hospital, and the prognosis of PE has not been observed. Nevertheless, we reported 2 cases of HCC combined with PE before autopsy.

4. Conclusion
In conclusion, we described 2 rare cases of HCC complicated by PE who first presented with syncope. After a series of examinations, HCC complicated with tumor thrombi in the IVC and right atrium was observed. It is important for clinicians to be aware that occult carcinoma might be a reason for patients with PE presenting with syncope if PE cannot be explained by common causes such as in the cases of our patient, and HCC should be highly suspected when IVC and right atrial mass was found on imaging tests.

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