Genetic Affinities of the Central Indian Tribal Populations

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Abstract

Background: The central Indian state Madhya Pradesh is often called as 'heart of India' and has always been an important region functioning as a trinexus belt for three major language families (Indo-European, Dravidian and Austroasiatic). There are less detailed genetic studies on the populations inhabiting this region. Therefore, this study is an attempt for extensive characterization of genetic ancestries of three tribal populations, namely; Bharia, Bhil and Sahariya, inhabiting this region using haploid and diploid DNA markers.

Methodology/Principal Findings: Mitochondrial DNA analysis showed high diversity, including some of the older sublineages of M haplogroup and prominent R lineages in all the three tribes. Y-chromosomal biallelic markers revealed high frequency of Austroasiatic-specific M95-O2a haplogroup in Bharia and Sahariya, M82-H1a in Bhil and M17-R1a in Bhil and Sahariya. The results obtained by haploid as well as diploid genetic markers revealed strong genetic affinity of Bharia (a Dravidian speaking tribe) with the Austroasiatic (Munda) group. The gene flow from Austroasiatic group is further confirmed by their Y-STRs haplotype sharing analysis, where we determined their founder haplotype from the North Munda speaking tribe, while, autosomal analysis was largely in concordant with the haploid DNA results.

Conclusions/Significance: Bhil exhibited largely Indo-European specific ancestry, while Sahariya and Bharia showed admixed genetic package of Indo-European and Austroasiatic populations. Hence, in a landscape like India, linguistic label doesn't unequivocally follow the genetic footprints.

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Introduction

Indian populations are known for their unique cultural and linguistic diversity [1]. Broadly, Indian population can be categorized as the castes, tribes and religious communities. Tribes represent ~8.2% of the total population of India [2]. There are currently about 530 tribal groups in India [2]. They vary in size from a few hundred to a few million and speak four major language families belonging to Austroasiatic (AA), Dravidian (DRA), Indo-European (IE) and Tibeto-Burman (TB). The origin of the tribal population has always been a matter of debate among the anthropologists and historians. Recent genetic studies have highlighted that the deep rooted Indian haplogroups are present everywhere, irrespective of the caste, tribe or language differentiation [1,3].

Madhya Pradesh (MP) is the second largest Indian state by area, is located in the central part and is homeland of several caste and tribal groups. It is bordered by the states of Uttar Pradesh in the north, Chhattisgarh in the east, Maharashtra in south, Gujarat in the west and Rajasthan in the northwest. Except for the valleys of the Narmada and the Tapi, Madhya Pradesh consists of a plateau, straddled by the river Narmada and interspersed with the mountains of the Vindhya and the Satpura ranges. It is one of the largest states of India inhabited by the bulk of tribal populations of the country constituting 20.3% of the total tribal populations. There are 46 Scheduled Tribes (ST) [2], among which Gond, Bhil, Baiga, Sahariya, Oraon, Korku and Kol are the most prominent. Scheduled Tribes are communities in India which are given a special status by the Constitution of India for their development and welfare [2]. The tribal groups of MP are mainly hunter gatherers, labours and farmers and belong to IE, DRA and AA families, which are widely spread language families in India [1].
Over the past few years, genetic studies using haploid and diploid genetic markers have provided a substantial understanding of the human origins and dispersal patterns in South Asia [4–8]. So far, there are scattered genetic information on the caste and tribal populations of different regions of India [3,5,9,10], but the central region is less focused. As this state is a shelter for three different language groups, it can help to test several language-gene interaction models. The archaeological studies also suggest that Narmada region has played a vital role in initial peopling of the subcontinent [11,12]. Considering its central role in shaping the major episodes of peopling of South Asia, a detailed study on the populations of this important state is necessary. Moreover, recently, it has been shown that the ancestral Indian population has given rise to many independent endogamous groups [6]. Therefore, there is a necessity to fill the big lacuna by the inclusion of this region to reveal a clear picture of the origin and genetic affinity of the Indian population in a broad context. Hence, in this high resolution study, we have made an attempt to dissect the origin and the genetic affinities of the three tribal populations—Bharia (Dravidian), Bhil (Indo-European) and Sahariya (Indo-European) of Madhya-Pradesh state (Fig. 1 and Table S1) using haploid (Y-chromosomal and Mitochondrial DNA markers) and diploid (50 ancestry informative autosomal SNP) genetic markers.

Results and Discussion

Y-chromosome analysis

Y SNP analysis. We have analysed a total of 153 males with 16 Y-chromosomal biallelic markers and observed 13 haplogroups in the studied populations (Fig. 2). The frequency of haplogroup M95-O2a, which is highly frequent among Austroasiatic speakers [7,13], was high among Bharia and Sahariya tribes (Fig. 2). The second most frequent haplogroup belonged to M207-R lineage. It has two sister clades, R1-M173 and R2-M124. The occurrence of haplogroups M17-R1a and M124-R2 was highest in Sahariya tribe, followed by Bhil and Bharia (Fig. 2). Haplogroup M82-H1a was the third most frequent haplogroup among the three studied tribal populations of this state. Its highest frequency was observed among Bhils and also with the considerable prevalence in Bharias (Fig. 2). Some of the previous studies considered M69-H haplogroup as a tribal-specific and M17-R1a haplogroup as caste-specific [14,15]. In contrast to these studies, the present study bolsters the view that the occurrence of these haplogroups are universal in majority of populations, regardless of their caste or tribal affiliation in both caste and tribal populations of India [9]. The discrepancy of frequency distribution of these haplogroups in caste and tribal populations can be explained by their different population sizes, where evolutionary forces act in a different way and diverse social customs that involve practicing endogamy at different levels [16]. In conjugation with these frequent haplogroups, we also noticed haplogroups M130-C, M89-F*, M69-H*, apt-H2, M172-J2, M9-K*, M147-K1, and M70-T at low frequencies (Fig. 2).

Y-STRs analysis. To have a deeper insight about the paternal origin of these populations, we have generated 17 Y-chromosome-specific STRs data (Table S2), in the background of their most frequent haplogroups (Fig. 2), and compared them with the published
datasets [7,17]. By using this approach, we obtained Y-STRs data from three most frequent haplogroups viz., M95-O2a, M82-H1a and M17-R1a and performed Network [18] and coalescent analysis [19]. The M95-O2a Network tree suggested a closer affinity of Bharia and Sahariya with North Munda group. Interestingly, it was seen that the founder haplotype of the Bharia tribe was branching-off from the Mawasi tribe (Fig. 3) which is indeed an AA (North Munda) tribe living in close proximity of Bharia. The founder analysis of Bharia-specific clad yielded an expansion time of 6.83±2.65 thousand years ago (kya), suggesting a geneflow from the North Munda group to Bharia. The TMRCA for O2a-M95 haplogroup in Bharia was estimated to be 13.18±3.24 kya, indicating the expansion of O2a in this region as an older event before the differentiation of any language group. Similarly, the coalescent time for M82-H1a haplogroup in Bhil and M17-R1a and M95-O2a in Sahariya was estimated to be 13.18±3.24 kya, 10.97±1.86 kya and 16.48±3.06 kya, respectively (Table 1). However, the expansion times of different lineages can be considered as the upper boundary of the migration rather than referring to the time of origin of these tribal groups. The above results suggest that the frequent Y-chromosomal haplogroups in this region are highly unlikely a newcomer or recently migrated, they are present there at least since pre-Neolithic time. From our result, it is evident that there is a dominance of different haplogroups in each of the tribal population (Fig. 2 and Table 2). This may be either due to genetic drift or due to strict endogamy practices of these populations or by both.

### Mitochondrial DNA analysis

To determine the maternal lineages, mitochondrial DNA (mtDNA) HVS-I sequence was obtained for 209 individuals

| Population | n | Haplogroup | Variance | TMRCA (kya) |
|------------|---|------------|----------|-------------|
| Bharia     | 24 | O2a        | 0.29     | 13.18±3.24  |
| Sahara     | 17 | O2a        | 0.42     | 16.48±3.06  |
| Sahariya   | 12 | R1a        | 0.29     | 10.97±1.86  |
| Bhil       | 15 | H1         | 0.45     | 13.18±3.24  |

Table 1. The coalescent age of the major Y-chromosomal haplogroups observed in studied populations.

![Unrooted phylogenetic networks.](https://example.com/image.png)
Table 2. mtDNA haplogroup frequencies in the studied populations and in neighboring groups.

| Population | n | M | M2 | M3 | M4 | M5 | M6 | M18 | M25 | M30 | M31 | M33 | M34 | M35 | M36 | M37 | M38 | M39 | M40 | M41 | M44 | M45 |
|------------|---|---|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Bharia     | 65 | 0.015 | 0.000 | 0.046 | 0.000 | 0.031 | 0.077 | 0.031 | 0.000 | 0.000 | 0.000 | 0.000 | 0.062 | 0.000 | 0.031 | 0.077 | 0.000 | 0.000 | 0.015 | 0.046 | 0.062 | 0.000 | 0.108 |
| Bhil       | 49  | 0.061 | 0.012 | 0.082 | 0.041 | 0.102 | 0.000 | 0.000 | 0.010 | 0.000 | 0.000 | 0.000 | 0.000 | 0.010 | 0.000 | 0.041 | 0.000 | 0.000 | 0.020 | 0.020 | 0.020 | 0.020 | 0.020 |
| Saharia    | 95  | 0.074 | 0.000 | 0.032 | 0.021 | 0.084 | 0.000 | 0.021 | 0.000 | 0.042 | 0.105 | 0.000 | 0.021 | 0.000 | 0.000 | 0.111 | 0.063 | 0.000 | 0.011 |
| Dravidian  | 235 | 0.213 | 0.130 | 0.110 | 0.017 | 0.068 | 0.038 | 0.013 | 0.030 | 0.013 | 0.000 | 0.211 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 |
| Austroasiatic | 175 | 0.046 | 0.051 | 0.040 | 0.046 | 0.149 | 0.064 | 0.023 | 0.011 | 0.066 | 0.023 | 0.006 | 0.006 | 0.017 | 0.000 | 0.000 | 0.046 | 0.150 | 0.006 | 0.009 |
| Indo-European | 65  | 0.154 | 0.138 | 0.062 | 0.015 | 0.108 | 0.000 | 0.015 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.015 | 0.015 |

Note: Comparative data is taken from the published works [3,5,22,28].

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Principal component analysis

PCA plots (Fig. 5) were constructed based on the haplogroup frequencies for both Y-chromosome and mtDNA haplogroups in comparison with the other IE, DRA and AA populations from the adjoining regions and states. In Y-chromosomal PCA plot (Fig. 5a) PC1 differentiates AA and non-AA clusters due to haplogroup O2a, which stretches the plot and populations due to its overwhelming presence among AA and few non AA populations. Bharia was found to cluster with AA group, Sahariya positions between these two AA and non AA clusters, while, Bhil shows a closer affinity with IE populations. In mtDNA PCA plot (Fig. 5b), due to high frequency of frequent haplogroups of AA, Bharia clustered with AA populations, Sahariya singled out from the rest over PC2, because of haplogroup N5 which was exclusively present among them. Bhil remains in another cluster along with non-AA and few AA populations (Fig. 5).
apparent from our mtDNA and Y-chromosome analysis, Bhil tribe has closer affinity with other IE speaking populations even though living nearby the AA groups (Fig. 1). This is possibly due to the different social boundaries among the Indo-Europeans irrespective of their co-inhabitation with other groups and the uprising urbanization.

Autosomal analysis
For STRUCTURE analysis, we selected 13 populations including Africans (Table S4). For a wide coverage and robustness of our analysis based upon 48 AIM’s, we have also genotyped Siddi and their neighboring populations to see whether the analysis yield the same ancestry proportion as shown based upon >650 K SNPs [8]. We also included a northeastern Indian population; Ao-Naga as a proxy of East and Southeast Asia. Pattern of population structure of Siddi population obtained at K = 4 was consistent with our previous study and showed largely similar ancestry component sharing (Fig. 6). The distribution of components among Bhil, Bharia and Sahariya showed a similar genetic structuring as haploid DNA results discussed previously. These results advocate that though these populations are quite closely related genetically, it is possible to detect population substructure at such a low marker density.

Overall, our extensive haploid and diploid genetic markers genotyping confirms an Austroasiatic affinity of Bharia in contrast to its language affiliation. The genellon from AA to Bharia is ancient and might have occurred much before the differentiation of language groups. The presence of rare mtDNA haplogroups (N5 and X) in Sahariya tribe is noteworthy and needs further continent wise high resolution analysis. The genetic signature of the Bhils reflects the typical IE group owing to the strict social customs that is rigid to any incoming genepool. Therefore, the linguistic tag doesn’t universally follow a genetic id and in region such as in Central India, it is a prime example of the discordance between languages and genes.

Materials and Methods
Blood samples collection and DNA isolation
About 5 ml of blood sample was collected from 65 individuals from Bharias of Chhindwara region, 49 individuals of Bhils from Sehore district and 95 individuals of Sahariya from Shikarpur district of Madhya Pradesh (Fig. 1) with the informed written consent of all the donors. This project has been approved by the Institutional Ethical Committee (IEC) of Centre for Cellular and Molecular Biology (CCMB). The individuals were healthy and unrelated as recognized by the personal interrogation. Each blood sample was subjected to DNA isolation using standard protocol [23]. Thus, the present study comprised 209 mtDNA and 153 Y-chromosome from the three tribes. The details of the samples are given in Table S1 and Fig. 1.

Y-chromosome analysis
A total of 153 DNA samples (Bharia: 50, Bhil: 30 and Sahariya: 73) were analyzed for the Y-chromosomal biallelic markers. The analysis was done using 16 biallelic markers viz. M9, M45, M82, M69, M175, M173, M17, M11, M172, M89, apt, M124, M70, M130, M147 and M95. The cycling conditions with an initial denaturation of 5 min at 95°C, followed by 35 cycles of 30 sec at 94°C, 30 sec at the primer-specific annealing temperature (52–60°C), and extension at 72°C for 2 min followed by final extension of 7 min at 72°C were performed. The amplicons were then sequenced using BigDyev™ (Applied Biosystems, Foster City, USA) Terminator cycle sequencing kit in ABI Prism 3730 DNA Analyzer following manufacturer’s protocol.

A battery of 17 Y-STR loci (DYS456, DYS389I, DYS390, DYS389II, DYS458, DYS438, DYS385a/b, DYS393, DYS391, DYS439, DYS635, DYS392, DYS437, DYS438, DYS448 and Y GATA H4) consisting in the AmpFISTR® Y-filer™ PCR amplification Kit (Applied Biosystems, Foster City, USA) was genotyped. This multiplex polymerase chain reaction was carried
with 0.5 ng template using manufacturer’s instructions. The amplification conditions followed are (1) 95°C for 10 min, (2) 28 cycles; 94°C for 1 min, 55°C for 1 min, 72°C for 1 min, (3) 60°C for 45 min, and (4) 25°C hold. ABI 3730 DNA Analyser (Applied Biosystems, Foster City, USA) was used to analyse the amplicons and the GeneMapper V4.0 software program (Applied Biosystems, Foster City, USA) was used to analyse the raw data.

**Mitochondrial DNA analysis**

The hypervariable segment-I (HVS-I) and selected coding region were amplified using 10 ng of the DNA template, with 10 pM of each primer, 200 μM dNTPs, 1.5 mM MgCl₂ and 1 U of Taq DNA polymerase. 35 cycles of reaction was carried out with 30 seconds (sec) denaturation at 94°C, 30 sec. annealing at 58°C and 2 minutes (min) extension at 72°C. The PCR conditions and

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**Figure 5. Principal Component Analysis (PCA).** PCA plots constructed on the basis of (a) Y SNP haplogroup frequencies and (b) mtDNA haplogroup frequencies. Comparative data were taken from the Indo-European and Austroasiatic populations from the adjoining regions and states of Madhya Pradesh [3,5,7,9,10,13,22,28].

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We genotyped 213 samples from 13 different populations for 50 Ancestry Informative markers (AIMs) using the Sequenom iPLEX assay where two markers failed to give results in all the individuals, therefore our final analysis was based upon 48 AIMs. The detailed information about these markers is published elsewhere [25], and the details about populations are given in Table S4.

Statistical analysis

Fragment sizes of Y-STRs, were determined using the GeneMapper® Analysis Software v4.0 and allele designations were based on comparison with allelic ladders included in the Yfiler™ kit. Out of 17 loci obtained, two DYS385 loci were excluded from the current analyses because they could not be distinguished using the typing method employed. DYS 389I (DYS 389cd) was subtracted from DYS389II and re-named DYS389ab. Thus, all the analysis linked with Y-STRs data were carried out with 15 loci. A median joining network, resolved with the MP algorithm, was constructed using the Network package (version 4.5.9.2) (www.fluxus-engineering.com). The age of M95-O2a, M82-H1a and M17-R1a was estimated from microsatellite variation within the haplogroup using the method described by Zhivotovsky et al. [19] and updated in Sengupta et al. [10]. Moreover, Bharia founder was identified based on Network based founder analysis with Munda speakers. The age of these founders was estimated from the ρ statistic (the mean number of mutations from the assumed root of each and every founder), using a 25-year generation time and the TD statistic, assuming a mutation rate of 6.9×10⁻⁴ [19] based on variation at 15 common Y-STRs loci (Table S2).

Principal component analysis (PCA) was performed using POPSTR, kindly provided by H. Harpending. We ran STRUCTURE [26] for the full data set (48 SNPs and 213 individuals) from K=2 to K=8 (10 runs at each K) and selected the K (K = 4) that maximizes the posterior probability of the data, as explained by the developers [27]. All structure runs performed 40,000 iterations after a burn-in of 50,000, following the default settings i.e. the admixture model, and assumed that allele frequencies were correlated.

Supporting Information

Figure S1 The most parsimonious tree complete mtDNA sequences observed in the three studied populations. This tree was redrawn manually from the output of median joining/reduced network obtained using NETWORK program (http://www.fluxus-engineering.com). 16182C, 16183C and 16519 polymorphisms were omitted. Suffixes A, C, G, and T indicate transversions. Synonymous (s) and non-synonymous (ns) mutations are distinguished. Recurrent mutations are underlined. (DOC)

Table S1 The details about the studied populations including sampling region, total population, linguistic affiliation and occupation. (DOC)

Table S2 The Y-STR profile of M95-O2a, M82-H1a andM17-R1a haplogroup from Bharia, Bhill and Sahariya tribes. (DOC)

Table S3 Population wise HVS-I and coding region mutation list observed among studied populations. (XLS)

Table S4 The detailed information of ancestry component distribution among populations analysed for 48 AIM autosomal markers. Guj.-Gujarat, Kar.-Karnataka, ANI-Ancestral North Indian, ASI-Ancestral South Indian, SEA-Southeast Asia, n- number of samples. (DOC)

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Author Contributions

Conceived and designed the experiments: GS LS RC KT. Performed the experiments: GS RC RT VKS SA DSR AGR KT. Analyzed the data: KT RC GS RT GC AMS ME. Contributed reagents/materials/analysis tools: AGR KT. Wrote the paper: GS RT GC KT.
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