Procoagulant Platelets Form an α-Granule Protein-covered “Cap” on Their Surface That Promotes Their Attachment to Aggregates*§

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Background: Phosphatidylserine-expressing platelets do not have active integrin αIIbβ3 but somehow retain fibrinogen.

Results: The adhesive α-granule proteins fibrinogen and thrombospondin are concentrated in a fibrin polymerization-dependent “cap” on phosphatidylserine-expressing platelets that promotes their incorporation into thrombi.

Conclusion: This suggests a revised model for the adhesive properties of phosphatidylserine-expressing platelets.

Significance: The role of phosphatidylserine-expressing platelets in thrombus formation and its mechanism are re-evaluated.

Strongly activated “coated” platelets are characterized by increased phosphatidylserine (PS) surface expression, α-granule protein retention, and lack of active integrin αIIbβ3. To study how they are incorporated into thrombi despite a lack of free activated integrin, we investigated the structure, function, and formation of the α-granule protein “coat.” Confocal microscopy revealed that fibrin(ogen) and thrombospondin colocalized as “cap,” a single patch on the PS-positive platelet surface. In aggregates, the cap was located at the point of attachment of the PS-positive platelets. Without fibrin(ogen) retention, their ability to be incorporated in aggregates was drastically reduced. The surface fibrin(ogen) was strongly decreased in the presence of a fibrin polymerization inhibitor GPRP and also in platelets from a patient with dysfibrinogenemia and a fibrinogen polymerization defect. In contrast, a fibrinogen-clotting protease anistocin increased the amount of fibrin(ogen) and thrombospondin on the surface of the PS-positive platelets stimulated with collagen-related peptide. Transglutaminases are also involved in fibrin(ogen) retention. However, platelets from patients with factor XIII deficiency had normal retention, and a pan-transglutaminase inhibitor T101 had only a modest inhibitory effect. Fibrinogen retention was normal in Bernard-Soulier syndrome and kindlin-3 deficiency, but not in Glanzmann thrombasthenia lacking the platelet pool of fibrinogen and αIIbβ3. These data show that the fibrin(ogen)-covered cap, predominantly formed as a result of fibrin polymerization, is a critical mechanism that allows coated (or rather “capped”) platelets to become incorporated into thrombi despite their lack of active integrins.

Physiological platelet activation leads to formation of a procoagulant phosphatidylserine (PS)-expressing platelet subpopulation (1–3) that binds coagulation factors to promote coagulation and retains surface α-granule proteins but paradoxically has inactivated integrin αIIbβ3 (4–7) and cannot bind fibrinogen (8). Despite this defect, this subpopulation was detected in thrombi (9–11). These procoagulant and poorly aggregating platelets have been called coated platelets (1) (because of the α-granule protein coat), SCIP (sustained calcium-induced platelet morphology) platelets (5), necrotic platelets (3), or simply procoagulant platelets (2).

The function and the mechanism of formation of the α-granule protein coat are poorly understood, which complicates understanding of the role of the coated platelets themselves. Although our previous study hypothesized that it can serve to attach coated to non-coated platelets and allow their incorporation into aggregates (8), this hypothesis has not been tested.

The vast majority of published results for coated platelets were obtained using flow cytometry (4, 6, 12–16), so the structure

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§§ The abbreviations used are: PS, phosphatidylserine; CRP, collagen-related peptide; FXIII, factor XIII; tTG, tissue transglutaminase; GPIb, glycoprotein Ib; PE, R-phycoerythrin; PPACK, Phe-Pro-Arg-chloromethylketone; DIC, differential interference contrast.
The Protein Cap of Procoagulant Platelets

and localization of the coat were not studied. One hypothesis for coat formation is that proteins are cross-linked by platelet-derived thrombin-activated factor XIII (FXIII) and/or tissue transglutaminase (TG) (4). However, FXIII knock-out mice exhibit normal coated platelet formation (13). Another hypothesis is the conversion of platelet α-granule fibrinogen into fibrin associated with platelets (10), with the possible entanglement of other proteins in the fibrin mesh. In favor of this, strong platelet stimulation without thrombin (e.g. by a glycoprotein VI agonist convulxin or a PAR1 agonist SFL-LRN) leads to the formation of a phosphatidylserine-expressing subpopulation without the coat (17). Finally, binding to αIIbβ3 or another receptor is an obvious possibility at least for fibrinogen (and thrombospondin, another major α-granule protein). Other proteins such as factor Va can also use specific binding mechanisms (18).

Our study focuses on the imaging of the fibrin(ogen) coat on the PS-positive platelet surface, on the functional role of this coat and on the mechanisms of its formation. The three main findings are as follows: (i) α-granule proteins form a single localized cap rather than a uniformly spread coat; (ii) it allows the coated platelets to bind to non-coated ones and become incorporated into a growing thrombus; (iii) fibrin(ogen) and thrombospondin localize to this cap mainly due to fibrin polymerization.

EXPERIMENTAL PROCEDURES

Reagents—The following materials were obtained from the sources shown in parentheses: convulxin (Pentapharm, Basel, Switzerland); human thrombin and FXIIIa (Hematologic Technologies, Essex Junction, VT); prostaglandin E1 (MP Biochemicals, Irvine, CA); Fura-Red, R-phycocerythrin (PE)-, and FITC-conjugated annexin V (Biolegend, San Diego, CA); PPACK (Calbiochem, San Diego, CA); FITC-conjugated anti-human fibrinogen antibody (Labvision, Fremont, CA); PerCP (peridinin-chlorophyll-protein complex)-conjugated CD61 antibody, PE-conjugated CD62P antibody (BD Biosciences); anti-FXIIIa Ig (clone AC-1A1) (Thermo Scientific, Rockford, IL); anti-Fg Ig (clone 15H12) (Abcam, Cambridge, UK); Gly-Pro-Arg-Pro (GPRP), Gly-Pro-Pro-Pro (GPPP) (Bachem, Bubendorf, Switzerland). T101 (ZEDIRA GmbH, Darmstadt, Germany); ancistron (Technologia-Standart, Barnaul, Russia). Integrin αIIbβ3 antagonist Monafiram® (F(ab’2)2 fragment of a monoclonal antibody that blocks αIIbβ3 activity) was prepared as described (19). Collagen-related peptide (CRP) was kindly provided by Prof. R. W. Farndale (University of Cambridge, Cambridge, UK). All other reagents were from Sigma-Aldrich. FXIIIa was additionally dialyzed prior to experiments to remove glycerol.

Patients—The Glanzmann thrombasthenia patient (15) whose platelets were used for the majority of the experiments lacked integrin αIIbβ3, as determined by flow cytometry (type 1). She possessed a homozygous p.Asp314Tyr mutation in the ITGB3 gene. Her platelets failed to aggregate or to support clot retraction. The patient had a severe bleeding syndrome with frequent hematomas and purpuras and had a history of blood transfusion with platelet concentrates. Another patient (whose platelets were used for experiments in Figs. 5, B and C) had little residual integrin by flow cytometry; the platelets also did not aggregate, and the patient had a history of bleeding during surgery and platelet concentrate transfusion. Kindlin-3 deficient patient was described previously as having leukocyte adhesion deficiency type II syndrome characterized by both immunodeficiency (20) and severe Glanzmann-type bleeding. It was caused by a homozygous mutation (c.310-2A.C) in the FERMT3 gene that led to an open reading frame shift (p.Asn54ArgfsX142) that prevented kindlin-3 expression. Kindlin-3-deficient platelets expressed integrin αIIbβ3, but it failed to become activated, and the platelets did not aggregate in response to either ADP or collagen. The Bernard-Soulier syndrome patient had a mutation in the CD42a (glycoprotein IX) gene (p.Asn61Ser) leading to zero GPIb expression, giant platelets and thrombocytopenia (2.1 × 10^7 ml^-1), and reduced ristocetin-induced agglutination. Atypically, this Bernard-Soulier syndrome patient had a normal bleeding time (~5 min) and no clinical manifestations. The patient with dysfibrinogenemia had a homozygous fibrinogen Metz mutation (p.Arg16Cys) in the α chain preventing fibrinopeptide A release, so that no fibrin clot formation was observed, although fibrinopeptide B was released normally. Platelet aggregation was normal. The patient suffered from severe bleeding and had a history of fibrinogen transfusions. (The last transfusion was 2 years before this study.) The patient with severe FXIII deficiency (FXIII < 1%) had a homozygous T866 insertion in exon 6 (p.Pro255SerfsX16).

Platelet Isolation—Platelets were isolated from freshly drawn blood of healthy adult volunteers or patients. Investigations were performed in accordance with the Declaration of Helsinki, and written informed consent was obtained from all patients and control donors, or from their parents. Briefly, blood was collected into 3.8% sodium citrate, pH 5.5, at a 9:1 blood/anticoagulant volume ratio and supplemented with prostaglandin E1 (1 μM) and apyrase (0.1 unit/ml) to prevent platelet activation. It was centrifuged to obtain platelet-rich plasma that was supplemented with 3.8% sodium citrate, pH 5.5, at a 1:3 citrate/plasma ratio to lower pH. Platelets were concentrated by centrifugation at 400 × g for 5 min (or 1000 × g for 5 min), resuspended in buffer A (150 mM NaCl, 2.7 mM KCl, 1 mM MgCl2, 0.4 mM NaH2PO4, 20 mM HEPES, 5 mM glucose, 0.5% bovine serum albumin) and subjected to gel filtration on a chromatography column packed with Sepharose CL-2B and equilibrated with buffer A.

Flow Cytometry—Platelets at indicated concentrations were activated by incubation with agonists in buffer A with 2.5 mM CaCl2 for 15 min in the presence of labeling antibodies, diluted 10-fold, and immediately analyzed in a FACSCalibur (BD Biosciences) or Accuri C6 (Accuri Cytometers, Ann Arbor, MI) flow cytometer. The acquired data were processed using a WinMDI (version 2.8, Joseph Trotter, Scripps Research Institute, La Jolla, CA) or CFlow software (Accuri Cytometers). Compensation was done for all types of two-color and three-color analysis.

To quantify thrombospondin or fibrin(ogen) binding, activated platelets were additionally incubated with anti-thrombospondin antibody or FITC-anti-fibrinogen antibody for 5 min and then (for the anti-thrombospondin sample) with secondary antibody for an additional 5 min, fixed in 1.5% formalin in PBS for 20 min, diluted 15-fold, and analyzed by flow cytometry.
Flow Cytometry Aggregation Assay—The ability of different subpopulations to aggregate was evaluated essentially as described (8). Platelets at 50,000/μl were activated by incubation with agonists in buffer A with 2.5 mM CaCl$_2$ in the presence of FITC-annexin V and PE-CD62P or CD61-PerCP for 15 min in the presence or absence of 200 μg/ml Monafram with and without shaking (600 rpm in an MS1 Minishaker (IKA, Staufen, Germany)). Then, samples were diluted 10-fold and analyzed in a FACSCalibur flow cytometer. Alternatively, platelets at 50,000/μl were activated with agonists in buffer A with 2.5 mM CaCl$_2$ in the presence of PE-annexin V and CD42b-FITC. This was followed by addition of 1 μM PPACK and 1 mg/ml fibrinogen. Next, platelets were shaken (600 rpm) for 5 min, diluted 10-fold, and analyzed in a flow cytometer.

Confocal Microscopy—Glass coverslips (24 × 24 mm, Heinz Herenz, Hamburg, Germany) were cleaned with potassium dichromate, rinsed with distilled water, and dried, and the clean coverslips were coated with 20 mg/ml fibrinogen in buffer A for 40 min at room temperature, rinsed with distilled water, and then assembled as part of the flow chamber. In the experiments with non-aggregated platelets, samples were prepared as described above. In the experiments with aggregates, platelets at 50,000/μl were activated by incubation with 100 nM thrombin and 10 μg/ml CRP in buffer A with 2.5 mM CaCl$_2$ and fluorescently labeled annexin V and CD61 for 15 min. Then, 1 μM PPACK and 1 mg/ml fibrinogen were added; the platelets were vortexed for 3 min and allowed to spread on the fibrinogen surface in the chamber for 5 min. Confocal images were acquired with an Axio Observer Z1 microscope (Carl Zeiss, Jena, Germany) with a 100× objective. For Fig. 5B, a Leica DMI 6000 SP5 confocal microscope (Leica Microsystems SAS, Nanterre, France) with a resonant scanner and 100× objective was used.

SDS-PAGE—To visualize the products of tTG activity, we used 7.5% SDS-PAGE in reducing conditions as described (21). One mg/ml fibrinogen was cross-linked by 50 nM tTG in buffer 10 mM Tris, 150 mM NaCl, 5 mM CaCl$_2$, 1 mM DTT; pH 8.0. Some samples contained 200 μM T101, 10 mM GPRP, 10 mM GPPP, or 25 mM EDTA as a positive control for the inhibitor of translglutaminase activity. After incubation for 30 min at 37°C, the reaction was stopped with 25 mM EDTA. Samples were mixed with 3× loading buffer, and 7.5 μl of each sample were run in Tris-glycine-SDS running buffer. Gels were stained with Coomassie R-250.

Western Blot—Platelets were resuspended in T3EN buffer (10 mM Tris-HCl, pH 7.0, 150 mM NaCl, 3 mM EDTA) at 1 μl/10$^6$ platelets and lysed by adding 10 mM Tris-HCl, pH 7.0, 30 mM N-ethylmaleimide, 12% SDS at a 1:5 ratio. Samples were boiled for 5 min and then spun at 14000 rpm for 5 min at 4°C. Ten μg of total protein were loaded on a 10% gel and analyzed by SDS-PAGE. Immunoblotting was performed using anti-FXIIIa Ig or anti-Fg Ig and revealed by chemiluminescence.

Whole Blood Thrombus Formation on Collagen in Flow Chambers—Glass coverslips (24 × 24 mm, Heinz Herenz, Hamburg, Germany) were cleaned with potassium dichromate, rinsed with distilled water, and dried. Then, the coverslips were coated with 200 μg/ml native fibrillar type I collagen (ChronoLog, Havertown, PA) in buffer A for 60 min at room temperature in a humid chamber, rinsed with distilled water, dried at 37°C, and then assembled as a part of the flow chamber (slit depth of 80 μm). Flow chambers with tubings were blocked with buffer A for at least 30 min before the perfusion of blood. Blood from healthy donors was collected into 3.8% sodium citrate, pH 5.5, at a 9:1 blood/anticoagulant volume ratio and recalcified with 7.5 mM CaCl$_2$ (providing physiological free ionized calcium concentration) upon entry into the flow chamber. Recalcified whole blood was perfused for 2 min at shear rate of 500 s$^{-1}$ over the collagen. Thereafter, the flow chamber was post-perfused at the same shear rate for a further 2 min with buffer A containing 2.5 mM CaCl$_2$, 1 μM PPACK, and annexin V-Alexa Fluor 647 to detect phosphatidylserine exposure. Confocal images of thrombi were acquired with an Axio Observer Z1 microscope.

Statistics—All experiments were performed at least in triplicate with platelets from different donors except for studies with patients. Comparisons were carried out with the paired Student’s t test. Statistical significance was set as p < 0.05. Values are reported as mean ± S.D. unless specified otherwise.

RESULTS

Morphological Characterization of the α-Granule Protein Coat—A typical experiment on the formation of the fibrinogen coat in the PS-expressing subpopulation in presented in Fig. 1A. Washed platelets were activated with thrombin, labeled with annexin V and anti-human fibrinogen antibody, and analyzed at indicated time points by flow cytometry. In agreement with previous reports, this leads to the appearance of a distinct PS-positive subpopulation that have retained secreted fibrinogen. Both the mean fluorescence and quantity increased steadily with time over the course of 30 min before reaching a plateau.

To study the structure of this fibrinogen coat on the platelet surface, these activated platelets labeled with annexin V and anti-human fibrinogen antibody were imaged by confocal microscopy. Intriguingly, the coat of the PS-positive platelets was not uniformly spread over the platelet surface but rather was located in a single cap (Fig. 1B). A three-dimensional reconstruction of it is shown in Fig. 1C (see also supplemental Movie 1). The annexin V concentration in the cap was also high and increased compared with the rest of the platelet surface (Fig. 1B), indicating that the cap is phospholipid-based. It was clear that the cap contained fibrinogen at a density vastly exceeding that on the rest of the platelet surface. Each procoagulant platelet had only one cap, and 85% of platelets possessed a cap (Fig. 1D). The cap was formed early in the platelet activation coinciding with the overall shape change (data not shown). In the PS-negative platelets, fibrinogen was distributed differently, with several points of fluorescence over the surface in agreement with previous reports.

Significantly, both the procoagulant platelets in general and their caps lacked unoccupied active integrins (supplemental Fig. S1). Residual α$_{IIb}$β$_3$ itself was detected more or less uniformly over the whole platelet with little concentration in the cap (Fig. 2A). Interestingly, the α-granule membrane glycoprotein, P-selectin, was also distributed over the whole platelet surface in a manner different from that of fibrinogen (Fig. 2B).
In contrast, glycoprotein Ib was concentrated in the cap (Fig. 2C).

Functional Significance of the Fibrin(ogen) Cap—We have previously hypothesized that coated platelets can be incorporated into aggregates despite their lack of activated integrins because of their fibrin(ogen) coat that could interact with activated integrin αIIbβ3 molecules on non-coated platelets. To study this, platelets were activated either with thrombin (producing 5% PS+ platelets) or thrombin plus CRP (~70% PS+ platelets) in the presence or absence of an αIIbβ3 antagonist Monofram for 15 min and shaken during activation to induce aggregation. Samples with and without shaking were analyzed by flow cytometry, and the percentage of platelets lost from the suspension after shaking (calculated from the single platelet histogram) was assessed. In agreement with previous reports, thrombin-stimulated platelets readily formed aggregates, although potent activation with thrombin plus CRP resulted in less aggregation in the sample (Fig. 3A). Addition of Monofram abolished both the thrombin-induced and thrombin/CRP-induced aggregation (Fig. 3A). These results demonstrate that the fibrin(ogen) cap on the PS+/Ca2+ platelet surface cannot itself provide the basis for the aggregate formation and that αIIbβ3 is always involved.

To test whether the fibrin(ogen) cap is responsible for the coated platelet incorporation into the aggregates, platelets were stimulated with thrombin plus CRP (to produce PS+ platelets with high fibrinogen) or CRP alone (to obtain PS+ platelets with low fibrinogen) for 15 min, supplemented with PPACK and fibrinogen, shaken for 5 min at 600 rpm, and analyzed by flow cytometry. The percentages of platelets from the three
Ca different subpopulations (excluding aggregates from the analysis) that left the suspension after shaking were assessed (15). As shown in Fig. 3B, the PS− and the recently reported PS+/Ca− platelets (15) aggregated equally well regardless of the type of activation, whereas the proaggregatory ability of coated PS+/Ca− platelets decreased 5-fold in the absence of a fibrin(ogen) coat on their surface. This indicates that the fibrin(ogen) coat on the surface of PS+/Ca− platelets plays an important role in their involvement into aggregates with PS− and PS+/Ca− platelets.

To directly observe aggregate formation, we used confocal microscopy. Fig. 3C demonstrates a typical structure of heterogeneous platelet aggregates. Interestingly, the procoagulant balloon-shaped PS-expressing platelets surround the aggregate of the non-coated PS-negative platelets. In the aggregates, the cap was located at the point of attachment of the procoagulant platelets (supplemental Movie 2).

Testing the “Fibrin Polymerization” and the “Transglutaminase” Hypotheses—To test whether fibrin polymerization during platelet activation is essential for this cap formation, we performed experiments in the presence or absence of 15 mM fibrin polymerization inhibitor GPRP, using GPPP as a negative control (Fig. 4). This significantly decreased the amount of fibrin(ogen) on the surface of PS-positive platelets stimulated with thrombin plus CRP (Fig. 4A) or thrombin alone (Fig. 4B), whereas GPPP had no effect. As another line of evidence, we stimulated platelets with CRP in the presence of the fibrinogen-clotting protease ancistron at a concentration equivalent to 15 NIH units of thrombin. Ancistron dramatically increased the amount of fibrin(ogen) on the surface of PS-positive platelets produced with CRP that normally do not have a coat (Fig. 4B). Ancistron alone did not produce PS-positive platelets in control experiments and did not affect the number of the PS-positive platelets (data not shown). Thus, these data indicate that fibrin polymerization is both necessary (the inhibitor data) and sufficient (the ancistron data) to form the fibrin(ogen) coat on the surface of the PS-positive platelets.

To test the alternative hypothesis that platelet-secreted transglutaminases are able to cross-link fibrin(ogen) on the surface of the PS-positive platelets, a pan-transglutaminase inhibitor T101 was added prior to platelet activation with thrombin (Fig. 4C). This caused a small, not statistically significant (p = 0.14), decrease in the amount of fibrin(ogen) on the surface of the PS-positive platelets (Fig. 4C) and did not influence the percentage of these platelets (data not shown). In addition, we activated platelets with CRP in the absence or presence of exogenous tTG (Fig. 4D). Addition of tTG significantly increased the amount of fibrin(ogen) on the PS− platelet surface (Fig. 4D) without affecting their percentage. Similar results were obtained with exogenous FXIIa (data not shown). Control experiments (supplemental Fig. S2) confirmed that T101 indeed effectively reduces the tTG activity, whereas GPRP and GPPP do not affect it. Interestingly, thrombin activity was not absolutely required for the cap; CRP-stimulated platelets did produce distinct caps, although the concentration of fibrin(ogen) in them was much lower than in the presence of thrombin (data not shown).

We next conducted experiments using platelets from patients with inherited disorders leading to dysfibrinogenemia and FXIII deficiency. Dysfibrinogenemia is a coagulation disorder caused by a polymerization defect that results in abnormal fibrin formation. Metz β-fibrin clots are more fragile than those of a normal αβ-fibrin clot and are comprised almost entirely of a fine network of fibers. Importantly, fibrinogen-dependent platelet aggregation is not affected. First, platelets from healthy donors and patients with dysfibrinogenemia and factor XIII deficiency were stimulated with thrombin (Fig. 5, A and B) or thrombin plus CRP (Fig. 5, C and D). The fibrin(ogen) retention on the PS-positive platelets was significantly decreased in the dysfibrinogenemia patient under all conditions. In contrast, PS-positive platelets from the FXIII-deficient patient had a normal amount of fibrin(ogen) on their surface (Fig. 5). Western blotting confirmed that the total levels of fibrinogen and factor XIII in the lysates of platelets from a healthy donor and the patient with dysfibrinogenemia were indistinguishable; whereas the FXIII-deficient patient lacked FXIII but had a normal fibrinogen content (Fig. 5E). Thus, this patient model confirms the critical importance of fibrin polymerization in the fibrin(ogen) retention, whereas FXIII does not seem to be critical. However, contribution of other transglutaminases such as tTG cannot be excluded.

Formation of the Thrombospondin Cap—To test whether other α-granule proteins can be associated with the fibrin(ogen) mesh during platelet activation, we labeled platelets with antibodies against thrombospondin. Platelets were either stimulated with thrombin in the presence or absence of the fibrin polymerization inhibitor GPRP (15 μM), using GPPP as a negative control (Fig. 6A) or with CRP using the fibrinogen-cleaving protease ancistron at concentrations equivalent to 15 NIH of thrombin (Fig. 6B). GPRP did not affect the amount of thrombospondin on the surface of PS-positive platelets (Fig. 6A). However, in dysfibrinogenemia platelet retention of thrombospondin was decreased significantly (supplemental Fig. S3). In addition,
ancistron increased the amount of thrombospondin on the surface of PS-positive platelets produced with CRP (Fig. 6B) by ~3-fold, similarly to its effect on fibrin(ogen). This suggests that fibrin polymerization might be important for retention of thrombospondin as well as of fibrin.

Confocal microscopy revealed that localization of thrombospondin on the surface of the PS-positive platelets produced by stimulation with thrombin plus CRP also looks like a cap (Fig. 6C). Moreover, it co-localized with the fibrin(ogen) cap on the surface of the PS-positive platelets stimulated with either thrombin plus CRP or CRP in the presence of ancistron (Fig. 6D). These results strongly suggest that thrombospondin associates by direct interactions within the fibrin(ogen) cap.

Identification of the Surface Component Responsible for Fibrin(ogen) Retention—To study the role of the major platelet receptors in the fibrin(ogen) retention, we studied platelets from a series of patients with inherited platelet disorders. These included type I Glanzmann thrombasthenia (severe deficiency of $\alpha_{IIb}\beta_3$ and platelet Fg (22)), leukocyte adhesion deficiency type III syndrome (deficiency of kindlin-3 due to mutations in FERMT3; kindlin-3 is a critically important molecule involved in activation and signaling of $\alpha_{IIb}\beta_3$), and the Bernard-Soulier syndrome (deficiency of GPIb/IX/V). Platelets were activated with thrombin (Fig. 7, A and B) or thrombin plus CRP (Fig. 7, C and D). The amount of fibrin(ogen) on the PS-positive platelets in patients with Bernard-Soulier syndrome or kindlin-3 deficiency was normal, whereas that on platelets from the Glanzmann thrombasthenia patient was extremely low. Flow cytometry of permeabilized platelets confirmed that total level of fibrinogen in the platelets from this Glanzmann thrombasthenia patient was indeed low, whereas fibrinogen levels were abundant in platelets of the kindlin-3-deficient patient, suggesting that $\alpha_{IIb}\beta_3$ activation is not required for the surface expression of the secreted fibrinogen.

To evaluate whether the cap is a phenomenon specific for the suspension-activated platelets, experiments were also performed on fibrinogen-attached platelets (supplemental Fig. S4A); the cap was formed on substrate-attached procoagulant platelets as well as on the suspension-activated ones. We also analyzed the distribution of thrombospondin on Glanzmann thrombasthenia platelets and found that the cap was present judging by DIC, annexin V, and thrombospondin staining (supplemental Fig. S4B); only trace fibrinogen was present in these caps that could be observed only with a maximal laser intensity (supplemental Fig. S4C). This suggests that adhesive protein clustering is the key event independent of the nature of the membrane receptor involved. Furthermore, we studied formation of caps on annexin V-positive platelets detected in thrombi formed under flow of whole blood over the collagen surface. These platelets also possessed a cap-like structure enriched with annexin V (supplemental Fig. S5).
DISCUSSION

This study aimed to investigate the mechanisms of fibrin(ogen) coat formation on the surface of PS-positive platelets, its structure, and its physiological role. Our main findings are as follows: (i) the fibrin(ogen) coat of the PS-positive platelets is not uniformly spread over the platelet surface but rather located in a single PS-rich cap, where it is co-localized with thrombospondin; (ii) this fibrin(ogen) cap promotes the incorporation of the coated platelets into aggregates; (iii) both transglutaminase-dependent fibrinogen cross-linking and thrombin-induced fibrin polymerization are able to retain fibrin(ogen) on the surface of the activated procoagulant platelets; (iv) the cap, at least for thrombospondin, is formed independently of \( \alpha_{\text{IIb}}\beta_{3} \); and (v) the cap is observed not only in suspension-activated but also in surface- and thrombus-attached PS-positive platelets.

The coating of the PS-positive platelet with \( \alpha \)-granule proteins is an intriguing enigma of procoagulant platelets. Although the procoagulant ‘balloon-shaped’ platelets have been observed by microscopy for some time (5, 8, 23), and there have been reports that annexin V is sometimes distributed non-uniformly on their surface (7, 24), we are not aware of any attempts to use confocal microscopy to focus on their ‘coating’ aspect, whose study has been dominated by flow cytometry (4, 12–15, 17). There was a report on patched fibrinogen distribution on the platelet surface (25); although that phenomenon could be related to the cap described here, the previous study

FIGURE 4. Testing the mechanism of the fibrin(ogen) cap formation pharmacologically. A–E, platelets from healthy donors were activated at 50,000 \( \mu \)l \(^{-1} \) in 20 \( \mu \)l with 100 \( nM \) thrombin plus 20 \( \mu g/ml \) CRP in the presence or absence of 15 \( mM \) of fibrin polymerization inhibitor GPRP or GPPP as a negative control peptide (A), 20 \( \mu g/ml \) CRP in the presence or absence of ancistron at a concentration equivalent to 15 NIH of thrombin (B), 100 \( nM \) thrombin in the presence or absence 200 \( \mu M \) of transglutaminase inhibitor T101 (C), 20 \( \mu g/ml \) CRP in the presence or absence of 500 \( nM \) tTG (D); 100 \( nM \) thrombin in the presence of GPRP or GPPP at 5 \( mM \) (E). Samples were labeled with fluorochrome-labeled anti-fibrinogen antibodies and annexin V and analyzed by flow cytometry. Histograms indicate the amount of fibrinogen on the surface of PS-positive platelets, depending on the presence or absence of pharmacological agent during platelet activation. For each type of activation, all results were normalized on the value of fluorescence of anti-fibrinogen antibody bound to the fibrin(ogen) on the surface of PS-positive platelets obtained by agonist stimulation alone. The data show means \( \pm S.D. \) for \( n = 3 \) experiments with platelets from different donors. Asterisks indicate statistical significance.
The Protein Cap of Procoagulant Platelets

A

Thrombin

Healthy  DF  FXIII def

Fibrinogen
Phosphatidylserine

B

Fibrinogen on the PS-positive platelets (normalized)

Healthy  DF  FXIII def

FIGURE 5. Testing the formation of fibrinogen cap using platelets from patients with inherited bleeding disorders. A and B, platelets from healthy donors and patients were activated at 20,000 μl−1 with 100 nM thrombin for 15 min, labeled with fluorochrome-labeled annexin V and anti-fibrinogen antibody, and analyzed by flow cytometry. Abbreviations are as follows: healthy, healthy donors; DF, dysfibrinogenemia; FXIII def, factor XIII deficiency. A, dot plots represent binding of anti-fibrinogen antibody versus annexin V for platelets from healthy donor and patients stimulated at 20,000 μl−1 with 100 nM thrombin. B, the quantity of fibrinogen on the surface of the PS-positive platelets from dysfibrinogenemia patient is significantly decreased, whereas the PS-positive platelets from patient with factor XIII deficiency had normal fibrinogen retention. C, same as in A, except for activation with 100 nM thrombin plus 20 μg/ml CRP. D, the same as in B, except for activation with 100 nM thrombin plus 20 μg/ml CRP. All results were normalized on the value of fluorescence of anti-fibrinogen antibody bound to the fibrinogen on the surface of PS-positive platelets from healthy donors obtained by thrombin alone stimulation. The data for healthy donors are means ± S.D. for n = 3 experiments with platelets from different donors. E, total levels of fibrinogen and FXIII in patient plasma and platelet lysates determined by Western blotting. Additional samples are as follows: low fibrinogen, a patient with low plasma fibrinogen (<1 mg/ml); high fibrinogen, a patient with high plasma fibrinogen (>10 mg/ml); hypofibrinogenemia; purified fibrinogen; healthy controls.

has marked differences: it used weak stimulation with ADP so that there were no coated platelets, there usually were numerous patches instead of single cap, and there was a continuous slow redistribution of fibrinogen in an integrin α₁bbβ₃-dependent manner, ultimately resulting in its internalization. Our finding that the secreted α-granule protein coat organizes into a cap, a small ball-like structure polarized to a distinct zone, is the most unexpected result of the present study. Labeling of this structure with annexin V suggests that it is definitely phospholipid membrane-based and could be related to the phosphatidylserine non-uniformity phenomenon described previously (24). Nevertheless, unlike the distribution of fibrinogen, annexin V binding also remained over the whole of the procoagulant platelet surface; there is also no evidence that PS enrichment in the cap is linked by a causal relationship with fibrinogen retention.
Despite the fact that the activated platelet coat was first reported a decade ago (4, 12), its function has also remained obscure. We have recently reported that coated platelets can be incorporated into aggregates in an unusual manner: they can bind to non-coated platelets but not with each other (8). The data of the present study directly show that procoagulant platelets without the cap lose the ability to be incorporated into aggregates and that the cap is located exactly at the point of...

**FIGURE 6. Formation of the thrombospondin cap and its localization.** Platelets from healthy donors were activated at 50,000 μl⁻¹ with 100 nM thrombin plus 20 μg/ml CRP in the presence or absence of 15 mM of fibrin polymerization inhibitor GPRP or GPPP as a negative control peptide (A) and 20 μg/ml CRP in the presence or absence of ancistron standard solution at concentrations equivalent to 15 NIH of thrombin (B). Samples were labeled with fluorochrome-labeled anti-fibrinogen antibodies and annexin V and analyzed by flow cytometry. Histograms indicate the amount of fibrinogen on the surface of PS-positive platelets, depending on the presence or absence of pharmacological agent during platelet activation. For each type of activation, all of the results were divided to the value of fluorescence of anti-fibrinogen antibody bound to the fibrin(ogen) on the surface of PS-positive platelets obtained by agonist stimulation alone. The data show means ± S.D. for n = 5 experiments with platelets from different donors. C, platelets from healthy donors were activated at 50,000 μl⁻¹ with 100 nM thrombin plus 20 μg/ml CRP. Representative confocal images of DIC (upper panel), FITC (green) fluorescence of annexin V, PE (red) fluorescence of thrombospondin antibody, and an overlay of the three are shown. D, platelets from healthy donors were activated at 50,000 μl⁻¹ with 20 μg/ml CRP in the presence of 100 nM thrombin (D, upper panel) or ancistron standard solution at concentrations equivalent to 15 NIH of thrombin (D, lower panel). Representative confocal images of DIC, FITC (green) fluorescence of anti-fibrinogen antibody, PE (red) fluorescence of thrombospondin antibody, and an overlay of the three are shown. Microscopy experiments were reproduced n = 3 times with platelets from different donors. A total of 86 platelets were scanned, and 93% of them had a thrombospondin cap that was co-localized with fibrinogen in all cases.
platelet attachment. This indicates that the fibrinogen coat/cap is responsible for endowing coated platelets with their pro-aggregatory ability. It could be a protective mechanism preventing procoagulant platelets from forming aggregates by themselves; it could also be noted that the concentrating of fibrinogen into a single cap makes coated platelet favor a location “on the border” of an aggregate, which could possibly explain their suggested role in limiting thrombus growth (26), as well as in its consolidation via fibrin generation. It is also known that fibrin aggregates formed in the circulating blood during low grade intravascular coagulation are largely removed by the reticulo-endothelial system (27). It is also possible that the fibrinogen coat serves another function: elimination of the procoagulant platelets from the circulation.

In contrast to the structure and function of the coat, the mechanism of the α-granule protein attachment to the surface of coated platelets has been studied more extensively but has remained a subject of debate. Our results support the hypothesis of Munnix and co-workers (10) who suggested that fibrin polymerization and entrapment (or direct binding) of other proteins in the fibrin net could explain this attachment. Several lines of evidence, including inhibition of fibrin polymerization with GPRP, stimulation of fibrin formation by ancistron (when thrombin is not present), and experiments with platelets from a...
patient with a polymerization defect (dysfibrinogenemia), all suggest that this simple mechanism plays a significant role in the fibrin(ogen) retention. Interestingly, thrombospondin retention on the procoagulant platelets was also decreased in dysfibrinogenemia (although GPRP did not inhibit it). Based on previous reports on thrombospondin incorporation into fibrin clots (28), fibrin formation may well facilitate thrombospondin retention on procoagulant platelets. In agreement with the experiments of Jobe et al. (13) on FXIII-knock-out mice, we did not see any effects of human FXIII deficiency on coated platelet formation. Their study also suggested a role of tTG, based on its increased expression in the FXIII-deficient platelets; in our experiments, inhibition of tTG did not exert a strong effect indicating that native tTG is probably not strongly involved.

Notwithstanding, the predominant role of fibrin polymerization does not rule out other mechanisms completely. We have shown that tTG was able to directly induce a high level of fibrinogen retention on the PS-positive platelets activated with CRP in the absence of thrombin, supporting suggestions of Dale et al. (4) and Jobe et al. (13). It is also possible that the role of platelet-derived transglutaminase(s) may increase in vivo, where platelet secretion is more important due to the increased platelet local concentration within the thrombus.

Although polymerization or cross-linking could explain high levels of the proteins on the coated platelet surface, surface receptors on the membrane probably mediate their initial attachment. In line with this, an important question is the mechanism responsible for $\alpha_{IIb}\beta_3$ inactivation in this subpopulation where both calpain-dependent and independent mechanisms have been proposed (4, 9). Another appealing hypothesis is the “blocking” of active integrin $\alpha_{IIb}\beta_3$ by fibrinogen (and thrombospondin), which could explain both increased quantities of fibrinogen (and thrombospondin) and the inability of PAC-1 to bind to these platelets. Fibrin(ogen) retention was normal on the platelets from a Bernard-Soulier syndrome patient (suggesting that glycoprotein Ib is not critical). There was an absolute requirement for $\alpha_{IIb}\beta_3$ as shown for platelets of the type I Glanzmann thrombasthenia patient. Platelets of the kindlin-3-deficient patient had not only normal coating but also normal amount of $\alpha$-granule fibrinogen, suggesting that $\alpha_{IIb}\beta_3$ activation is not required for fibrinogen capture during circulation or its retention after activation. This would further suggest a direct role for fibrin polymerization in cap formation; significantly, previous studies have shown that the interaction of fibrin with $\alpha_{IIb}\beta_3$ can occur in the absence of Fg binding (29). The thrombospondin cap was observed even in Glanzmann thrombasthenia patients. In fact, $\alpha_{IIb}\beta_3$ continued to be observed over the whole platelet, with little concentration in the cap, and the same was observed for P-selectin. In contrast, GPIIb was more significantly concentrated in the cap, perhaps because of its known ability to bind to fibrin (30) or of the presence of VWF. Thrombospondin has been shown to bind to CD36 and to CD47 (31) and is known to form clusters on normal and Glanzmann thrombasthenia platelets, although these are smaller in the absence of fibrinogen (32). Thrombospondin incorporation is also known to improve fibrin clot formation (33).

All of this allows us to propose a new model for the protein retention in the cap. In this model, membrane receptors bind proteins such as thrombospondin or fibrinogen (and it is likely that some of these proteins come out of the granules already associated with the receptors); the proteins subsequently cluster or cross-link on the platelet surface to form the cap region. The newly formed fibrin clot allows a further interaction with thrombospondin and serves as a kind of positive feedback, improving retention of the attached proteins and possibly trapping others as well.

In a recent study of the distribution of procoagulant proteins in thrombi formed under venous shear rate (34), it is possible to identify non-uniform patches of proteins, although the conditions are vastly different and that study analyzed exogenous rather than secreted proteins. Preliminary experiments with surface-attached platelets and whole blood thrombi of the present study also indicate, however, that the cap is not a phenomenon restricted to the suspension-activated platelets but rather an always present component of the PS-positive platelets. The next step of our work is to analyze the role of cap formation in ex vivo models of thrombosis.

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