An essential cell-autonomous role for hepcidin in cardiac iron homeostasis

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Abstract
Hepcidin is the master regulator of systemic iron homeostasis. Derived primarily from the liver, it inhibits the iron exporter ferroportin in the gut and spleen, the sites of iron absorption and recycling respectively. Recently, we demonstrated that ferroportin is also found in cardiomyocytes, and that its cardiac-specific deletion leads to fatal cardiac iron overload. Hepcidin is also expressed in cardiomyocytes, where its function remains unknown. To define the function of cardiomyocyte hepcidin, we generated mice with cardiomyocyte-specific deletion of hepcidin, or knock-in of hepcidin-resistant ferroportin. We find that while both models maintain normal systemic iron homeostasis, they nonetheless develop fatal contractile and metabolic dysfunction as a consequence of cardiomyocyte iron deficiency. These findings are the first demonstration of a cell-autonomous role for hepcidin in iron homeostasis. They raise the possibility that such function may also be important in other tissues that express both hepcidin and ferroportin, such as the kidney and the brain.

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Introduction
As a constituent of hemoproteins, iron-sulphur proteins and other functional groups, iron is essential for cellular functions. Conversely, excess iron participates in cytotoxic Fenton-type chemical reactions. Thus, both iron deficiency and iron overload are detrimental to the cell. Therefore, the healthy functioning of tissues requires tight control of intracellular iron levels. These in turn are dependent both on cellular homeostatic pathways controlling iron uptake, usage, and storage, and on systemic pathways controlling iron levels in the plasma. In mammals, cellular iron homeostasis is controlled by the Iron Regulatory Proteins IRPs. Intracellular iron levels control the degradation of IRP2 and the conformational switch that confers the RNA-binding function of IRP1. IRPs in turn control the levels of iron uptake proteins such as transferrin receptor 1 (TfR1) and divalent metal transporter (DMT1), and the iron storage protein ferritin (Rouault and Klausner, 1997; Rouault, 2006). Systemic iron homeostasis is controlled by the hepcidin/ferroportin axis at the sites of iron entry into the circulation. Ferroportin (FPN), which is encoded by the Solute Carrier Family 40 Member 1 (Slc40a1), is the only known mammalian iron export protein and mediates iron release into the circulation from duodenal enterocytes, splenic reticuloendothelial macrophages and hepatocytes, the sites of iron absorption, recycling and storage respectively (Ganz, 2005; Donovan et al., 2005). FPN-mediated iron release is antagonized by the hormone hepcidin, also known as hepcidin antimicrobial peptide (HAMP). Produced primarily in the liver, hepcidin binds to and induces internalization of FPN, thereby limiting iron release into the circulation and its availability to peripheral tissues (Nemeth et al., 2004; Qiao et al., 2012). The importance of the HAMP/FPN axis is illustrated by diseases of systemic iron overload such as hemochromatosis and β-thalassaemia, where hepcidin
production is impaired (Camaschella, 2005; Musallam et al., 2012), and in anaemia of chronic disease where hepcidin production is inappropriately elevated (De Falco et al., 2013; Nemeth and Ganz, 2014).

Other than the liver, hepcidin is also found in tissues with no recognized role in systemic iron homeostasis, including the heart (Merle et al., 2007), the brain (McCarthy and Kosman, 2014), the kidney (Kulaksiz, 2005) and the placenta (Evans et al., 2011). The function of this extra-hepatic hepcidin remains unknown, but one hypothesis is that it is involved in local iron control. Relevant to this hypothesis are our recent findings that FPN is also present in the heart, that it is essential for cardiomyocyte iron homeostasis and that its cardiomyocyte-specific deletion leads to fatal cardiac iron overload in mice (Lakhal-Littleton et al., 2015). Therefore, we hypothesised that cardiac HAMP regulates cardiac FPN, and that such regulation is important for local iron control and for cardiac function.

To test this hypothesis, we generated two novel mouse models; the first with a cardiomyocyte-specific deletion of the Hamp gene, and the second, with cardiomyocyte-specific knock-in of Slc40a1 C326Y, that encodes a FPN with intact iron export function but impaired HAMP binding (Schimanski et al., 2005; Drakesmith et al., 2005). We studied cardiac function and iron homeostasis longitudinally in both models and report that both develop fatal cardiac dysfunction and metabolic derangement as a consequence of cardiomyocyte iron deficiency. This occurs against a background of otherwise normal systemic iron homeostasis. Both cardiac dysfunction and metabolic derangement are prevented by intravenous iron supplementation.

Our findings demonstrate that, at least in the cardiomyocyte, endogenously-derived HAMP plays an essential role in cellular, rather than systemic iron homeostasis. It does this through the autocrine regulation of cardiomyocyte FPN. Disruption of this cardiac HAMP/FPN axis leads to fatal cardiac dysfunction.

Currently, there is considerable clinical interest in strategies that target the HAMP/FPN axis for the treatment of systemic iron overload and iron deficiency. Our findings suggest that these strategies may additionally alter cardiac iron homeostasis and function. Other than the heart, both HAMP and FPN are also found in the brain, kidney and placenta (McCarthy and Kosman, 2014;
Results

**Hamp expression and regulation in the heart**

Hamp mRNA levels were approximately 30 fold lower in the adult mouse heart than in the liver (Figure 1A). Next, we examined the regulation of cardiac Hamp mRNA and HAMP protein in response to dietary iron manipulation, having first established that this dietary manipulation altered cardiac and liver iron levels (Figure 1—figure supplement 1). In both tissues, Hamp mRNA levels were decreased by the iron-deficient diet (Fe 2–5 ppm) and increased by the iron-loaded diet (Fe 5000 ppm) (Figure 1A). At the protein level, while changes in hepatic HAMP protein mirrored changes in its mRNA levels, cardiac HAMP protein was increased by the iron-deficient diet and unaffected by the iron-loaded diet (Figure 1B).

To explore further the regulation of cardiac hepcidin by iron, we isolated primary adult cardiomyocytes from mice, then carried out a timecourse treatment with the iron chelator desferroxamine DFO, or with ferric citrate FAC. Under control conditions, Hamp mRNA was upregulated following addition of fresh cardiomyocyte culture medium (cardiomyocytes are cultured for 2 hr in serum-free medium prior to this). Relative to control cardiomyocytes at the respective timepoint, Hamp mRNA was increased by FAC from 4 hr of treatment, and decreased by DFO at 4, 8 and 16 hr of treatment (Figure 1C). HAMP protein, measured by ELISA in supernatants was also increased following addition of fresh medium. Relative to control cardiomyocytes at the respective timepoint, HAMP protein in supernatants was increased by DFO as early as 2 hr, but remained unchanged by FAC at all timepoints (Figure 1D). Thus, the direction of response of the Hamp mRNA and HAMP protein to iron levels in vitro mirrored the responses seen in vivo.

Next, we aimed to understand the mechanisms underlying increased HAMP secretion in DFO-treated cardiomyocytes. To this end, we investigated the role of the prohormone convertase Furin, which in hepatocytes, is required for cleavage of the propeptide and the release of the mature HAMP peptide (Valore and Ganz, 2008). Furin expression has been reported in the heart (Beaubien et al., 1995; Ichiki et al., 2013), and we also found that its expression was upregulated in the hearts of mice provided an iron-deficient diet and in cardiomyocytes treated with DFO (Figure 1—figure supplement 2). When we measured HAMP in supernatants of cardiomyocytes treated with the Furin inhibitor decanoyl-Arg-Val-Lys-Arg-chloromethylketone (CMK), we found no increase in HAMP release following DFO treatment (Figure 1D). We confirmed that Hamp mRNA levels in cardiomyocytes were not altered by CMK treatment (Figure 1—figure supplement 3). Together, these results indicate that Furin upregulation mediates increased HAMP secretion from iron-deficient cardiomyocytes.

Having established that hepcidin is found in cardiomyocytes, we then aimed to define its function. To this end, we generated cardiomyocyte-specific Hamp knockout mice Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> by crossing in-house conditional Hamp floxed (fl) mice with mice transgenic for Cre recombinase under the control of cardiomyocyte-specific promoter Myosin Heavy Chain 6 (Myh6.Cre<sup>+</sup>). Hamp mRNA (Figure 1E) and HAMP protein (Figure 1F) in the hearts of Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice were significantly reduced compared to the hearts of Hamp<sup>fl/fl</sup> controls. Furthermore, compared to Hamp<sup>fl/fl</sup> cardiomyocytes, levels of HAMP protein in the supernatants of cardiomyocytes from Hamp<sup>fl/fl</sup>;Myh6. Cre<sup>+</sup> mice were either greatly reduced or undetectable, both under baseline conditions and following treatment with DFO or FAC (Figure 1—figure supplement 4). Near complete ablation of the cardiac Hamp mRNA and HAMP protein in Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice confirmed that cardiomyocytes were the primary site of hepcidin expression in the heart. Liver Hamp mRNA (Figure 1E) and HAMP protein (Figure 1F) were not different between Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> and Hamp<sup>fl/fl</sup> controls, consistent with the cardiac-specific nature of Hamp gene deletion.

Also consistent with this cardiac-specific deletion, Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice had normal levels of liver iron stores and circulating markers of iron homeostasis when compared to Hamp<sup>fl/fl</sup> controls, demonstrating that loss of cardiac hepcidin did not affect systemic iron homeostasis. In addition,
Figure 1. Hepcidin expression and regulation in the heart. (A) Relative Hamp mRNA expression in heart and liver of adult C57BL/6 mice, under control conditions and after provision of low or high iron diets. *p = 0.047, 0.001 respectively relative to control hearts, †p = 0.006, 0.019 respectively relative to control livers. (B) Corresponding immunohistochemical staining for HAMP in heart and liver. (C) Relative Hamp mRNA expression in primary adult mouse cardiomyocytes cultured under control conditions or in presence of FAC or DFO. *p = 0.023, 0.001 and 0.014 respectively relative to control. †p = 0.024, 0.037, 0.016 and 0.037 respectively relative to control at the same timepoint. (D) Corresponding HAMP protein levels in supernatants of primary cardiomyocytes. DFO treatment was carried alone (DFO) or presence of Furin inhibitor (DFO+CMK). *p = 0.002, 0.020, 0.028, 0.014, 0.015 respectively relative to control at the same timepoint. (E) Relative Hamp expression in heart and liver of 3 month old Hamp\textsuperscript{fl/fl} and Hamp\textsuperscript{fl/fl};Myh6.Cre+ mice. *p = 0.018 relative to cardiac Hamp in Hamp\textsuperscript{fl/fl} controls. (F) Corresponding immunohistochemical staining for HAMP in heart and liver. All values are plotted as mean ± SEM. Scale bar = 20 μm. n = 3 per group unless otherwise stated.

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The following figure supplements are available for figure 1:

Figure supplement 1. Cardiac and liver iron following dietary iron manipulation.
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Figure supplement 2. Furin regulation by iron.
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Figure supplement 3. Relative Hamp mRNA expression in cardiomyocytes following treatment with Furin inhibitor CMK.
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Figure supplement 4. HAMP in supernatants of primary cardiomyocytes.
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Figure supplement 5. Confirmation of HAMP antibody specificity.
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Figure supplement 6. HAMP detection by ELISA unaffected by FAC and DFO.
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circulating HAMP levels were not reduced in the serum of Hamp\(^{fl/fl}\);Myh6.Cre+ mice, suggesting that cardiac hepcidin does not contribute significantly to circulating HAMP levels (Table 1).

### Fatal cardiac abnormalities in Hamp\(^{fl/fl}\);Myh6.Cre+ mice

To determine the effects of loss of cardiac hepcidin, we first assessed the cumulative survival of Hamp\(^{fl/fl}\);Myh6.Cre+ mice and Hamp\(^{fl/fl}\) littermate controls over a period of 52 weeks. Significantly greater mortality was observed amongst Hamp\(^{fl/fl}\);Myh6.Cre+ mice, with only 29% of animals surviving to 52 weeks, compared with 90% of Hamp\(^{fl/fl}\) controls. The median survival of Hamp\(^{fl/fl}\);Myh6. Cre+ mice was 28 weeks, whereas the majority of Hamp\(^{fl/fl}\) controls were still alive at 52 weeks (Figure 2A).

Six-month old mice were sacrificed for assessment of cardiac morphology, which showed gross enlargement of the left ventricle (LV) in Hamp\(^{fl/fl}\);Myh6.Cre+ hearts compared to Hamp\(^{fl/fl}\) controls (Figure 2B). Assessment of cardiomyocyte size by wheat germ agglutinin (WGA) staining confirmed that Hamp\(^{fl/fl}\);Myh6.Cre+ cardiomyocytes were hypertrophied (Figure 2C–D). This was accompanied by upregulation of expression of hypertrophic gene markers myosin heavy chain (Myh7) and natriuretic peptide precursor (Nppb) (Figure 2E). TUNEL staining for in-situ detection of cell death also showed significantly greater apoptosis in the hearts of Hamp\(^{fl/fl}\);Myh6.Cre+ mice than in Hamp\(^{fl/fl}\) controls (Figure 2F–G).

To characterise further the phenotype caused by loss of cardiac hepcidin, we used cine MRI in anaesthetised Hamp\(^{fl/fl}\);Myh6.Cre+ mice and Hamp\(^{fl/fl}\) littermate controls at 3, 6 and 9 months of age. Mid-ventricular cine MR images showed no differences between the two genotypes at 3 months of age. At 6 and 9 months of age, cine MR images showed marked enlargement of the LV in Hamp\(^{fl/fl}\);Myh6.Cre+ mice compared to Hamp\(^{fl/fl}\) controls (Figure 2H). Formal quantitation of cardiac parameters by cine MRI confirmed enlargement of the LV lumen in Hamp\(^{fl/fl}\);Myh6.Cre+ mice, both at end-systole (LVES) (Figure 2I) and at end-diastole (LVED) (Figure 2J), accompanied by a decrease in LV ejection fraction (LVEF) from 62% to 42% (Figure 2K). Other parameters of cardiac performance were not significantly altered between mice from the two genotypes (Table 2). Taken together, histological examination of the hearts and cine MRI studies indicated that Hamp\(^{fl/fl}\);Myh6. Cre+ mice developed fatal LV dysfunction with reduced LVEF.

Such changes in cardiac performance could not be attributed to Cre recombinase toxicity in the heart as we have previously shown that Myh6.Cre+ mice have normal cardiac function compared to wild type littermate controls (Lakhal-Littleton et al., 2015).

### The role of cardiomyocyte FPN in the phenotype of Hamp\(^{fl/fl}\);Myh6. Cre+ mice

We examined FPN protein in the hearts of Hamp\(^{fl/fl}\);Myh6.Cre+ mice, and found that FPN protein was markedly upregulated compared to Hamp\(^{fl/fl}\) controls (Figure 3A), consistent with the idea that loss of cardiac HAMP was acting through upregulation of cardiomyocyte FPN. In order to test whether cardiac dysfunction arose from upregulation of cardiomyocyte FPN, we engineered mice where the Slc40a1 gene harbours a conditional cardiac-specific C326Y point mutation, which confers HAMP-resistance while conserving the iron export function of FPN (Schimanski et al., 2005; Drakesmith et al., 2005). We confirmed that the Slc40a1 C326Y fl allele produced the C326Y

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**Table 1.** Indices of systemic iron in six month old Hamp\(^{fl/fl}\) and Hamp\(^{fl/fl}\);Myh6.Cre+ mice. 

|                          | Hamp\(^{fl/fl}\) | Hamp\(^{fl/fl}\);Myh6.Cre+ |
|--------------------------|-----------------|---------------------------|
| liver total elemental iron (ng/mg tissue) | 96.3 ± 12.2     | 88.7 ± 19.2               |
| liver ferritin (µg/mg total protein) | 0.65 ± 0.04     | 0.64 ± 0.05               |
| serum iron (µmol/L)       | 28.60 ± 7.20    | 31.50 ± 8.40              |
| serum ferritin (mg/L)     | 1.81 ± 0.04     | 1.88 ± 0.29               |
| hemoglobin (g/L)          | 122.7 ± 11.5    | 116.0 ± 11.9              |
| serum hepcidin (µg/L)     | 23.5 ± 7.6      | 23.9 ± 10.40              |

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transcript specifically in the heart (Figure 3—figure supplement 1) and that Slc40a1 C326Y;Myh6.Cre+ mice did not exhibit changes in systemic iron indices (Table 3). As seen in Hampfl/fl;Myh6.Cre+ mice, cardiomyocyte FPN was indeed upregulated in Slc40a1 C326Y;Myh6.Cre+ mice (Figure 3B).
Table 2. Non-LV parameters of cardiac function are not altered between Hamp^{fl/fl}, Myh6.Cre+ and Slc40a1 C326Y^{fl/fl};Myh6.Cre+ mice. Cine MRI measurements of cardiac function in Hamp^{fl/fl}, Myh6.Cre+ mice and Hamp^{fl/fl}, Myh6.Cre+ mice at three months (n = 8 per group), six months (n = 11 per group) and nine months (n = 5 per group) of age. Values are shown as mean ± SEM.

|                | 3 months | 6 months | 9 months |
|----------------|----------|----------|----------|
|                | Hamp^{fl/fl}, Myh6.Cre+ | Hamp^{fl/fl}, Myh6.Cre+ | Hamp^{fl/fl}, Myh6.Cre+ | Hamp^{fl/fl}, Myh6.Cre+ |
| Average mass (mg) | 70.51 ± 7.47 | 70.38 ± 5.33 | 72.59 ± 5.38 | 82.54 ± 11.32 | 78.30 ± 4.92 | 83.07 ± 5.44 |
| RVED lumen (μl)   | 31.37 ± 2.55 | 26.81 ± 2.30 | 33.12 ± 3.19 | 30.63 ± 2.35 | 38.39 ± 3.88 | 39.95 ± 3.00 |
| RVES lumen (μl)   | 7.43 ± 0.79 | 5.23 ± 0.67 | 8.70 ± 1.22 | 8.34 ± 1.06 | 13.36 ± 2.21 | 15.51 ± 2.47 |
| RVEF (%)         | 76.42 ± 1.32 | 79.88 ± 2.80 | 73.66 ± 2.50 | 73.42 ± 2.22 | 65.20 ± 4.36 | 61.95 ± 3.53 |
| Stroke volume (μl) | 25.47 ± 1.99 | 22.73 ± 2.11 | 25.70 ± 2.70 | 23.76 ± 1.85 | 29.79 ± 2.30 | 29.84 ± 1.59 |
| Cardiac output (ml/min) | 10.34 ± 1.06 | 9.62 ± 0.90 | 10.72 ± 1.07 | 10.53 ± 1.05 | 11.46 ± 1.15 | 11.99 ± 1.38 |
| Heart Rate (bpm)  | 404.07 ± 18.69 | 426.90 ± 17.94 | 419.64 ± 19.05 | 436.14 ± 14.30 | 384.84 ± 28.50 | 400.97 ± 41.20 |
| Heart/body weight ratio x1000 | 2.80 ± 0.18 | 3.09 ± 0.26 | 2.51 ± 0.23 | 2.98 ± 0.37 | 2.36 ± 0.28 | 2.88 ± 0.27 |

Like Hamp^{fl/fl}, Myh6.Cre+ mice, Slc40a1 C326Y^{fl/fl};Myh6.Cre+ mice also had increased mortality relative to their littermate controls (Figure 3C). We then determined whether Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ mice developed the same phenotype of cardiac dysfunction as Hamp^{fl/fl}, Myh6.Cre+ mice. Histologically, Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ hearts from six month old mice also showed LV enlargement (Figure 3D), hypertrophied cardiomyocytes (Figure 3E–F), upregulation of hypertrophy markers Myh7 and Nppb (Figure 3G) and a greater degree of apoptosis compared to Slc40a1 C326Y^{fl/fl} controls (Figure 3H–I). When we measured cardiac performance by cine MRI, we found that Slc40a1 C326Y^{fl/fl};Myh6.Cre+ mice also developed LV dysfunction by 6 months of age, with a reduction in LVEF from 73% to 55% (Figure 3J–L).

The similarity between Hamp^{fl/fl}, Myh6.Cre+ and Slc40a1 C326Y^{fl/fl};Myh6.Cre+ mice in terms of the nature and time course of cardiac dysfunction suggests a common mechanism of cardiac dysfunction involving upregulation of cardiomyocyte FPN. Therefore, we tested whether this upregulation of FPN resulted in increased iron efflux from cardiomyocytes. Iron Fe55 efflux was indeed significantly greater in cardiomyocytes isolated from Hamp^{fl/fl}, Myh6.Cre+ and Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ hearts than in cardiomyocytes isolated from their respective controls (Figure 3M). Addition of exogenous mouse HAMP in the efflux medium inhibited the increase in Fe55 efflux from Hamp^{fl/fl}, Myh6.Cre+ cardiomyocytes but not from Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ cardiomyocytes, consistent with the HAMP-resistant mutation in Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ cardiomyocytes. We hypothesised that upregulation of cardiac FPN and iron export in Hamp^{fl/fl}, Myh6.Cre+ and Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ hearts caused cardiomyocyte iron depletion. To test this hypothesis, we quantified iron levels both in total hearts and in the isolated cardiomyocyte fractions at 3 months and 6 months of age. While iron levels in total hearts were not significantly different between any of the genotypes (Figure 3—figure supplement 2), the iron content of the cardiomyocyte fraction was significantly lower in Hamp^{fl/fl}, Myh6.Cre+ and in Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ mice than in their respective controls (Figure 3N). Furthermore, expression of Tfr1 mRNA was upregulated (Figure 3O) and Slc40a1 mRNA was downregulated (Figure 3P) in Hamp^{fl/fl}, Myh6.Cre+ and Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ hearts relative to their respective controls, consistent with a transcriptional response to intracellular iron deficiency (Rouault and Klausner, 1997; Rouault, 2006; Ward and Kaplan, 1823). Together these results demonstrate that loss of either cardiac hepcidin or hepcidin responsiveness in the heart results in upregulation of cardiomyocyte FPN, and that cardiomyocytes of Hamp^{fl/fl}, Myh6.Cre+ and Slc40a1 C326Y^{fl/fl}, Myh6.Cre+ hearts are iron deficient as a result of upregulation of FPN-mediated iron export.
Figure 3. The role of cardiomyocyte FPN. (A–B) Immunohistochemical staining for FPN in the hearts of three month old Hamp<sup>:nil</sup>;Myh6.Cre+, Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice and respective controls. (C) Cumulative survival of Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice (n = 36) and Slc40a1 C326Y<sup>Y897</sup> littermate controls (n = 31) over 52 weeks. (D) Representative H and E-stained longitudinal heart sections from a six month old Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mouse and a Slc40a1 C326Y<sup>Y897</sup> control. (E) Representative WGA cardiac staining from a six month old Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mouse and a Slc40a1 C326Y<sup>Y897</sup> control. (F) Quantitation of cardiomyocyte size based on WGA staining. n = 3 per group. *p=0.001 relative to Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mouse and Slc40a1 C326Y<sup>Y897</sup> controls. (G) Relative expression of Myh7 and Nppb in hearts of 6 month old Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice and Slc40a1 C326Y<sup>Y897</sup> controls. n = 3 per group. *p=0.032, 0.044 for the respective gene relative to Slc40a1 C326Y<sup>Y897</sup> controls. (H) Representative cardiac TUNEL staining from a six month old Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mouse and Slc40a1 C326Y<sup>Y897</sup> control. (I) Quantitation of percentage of apoptotic cardiomyocytes based on TUNEL staining, n = 3 per group. *p=0.001 relative to Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mouse and Slc40a1 C326Y<sup>Y897</sup> controls. (J–L) Cine MRI measurements of LVES, LVED and LVEF in Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice and Slc40a1 C326Y<sup>Y897</sup> controls at three months (n = 6 per group), six months (n = 6 per group, *p=0.003 for LVES, 0.043 for LVED and 0.001 for LVEF) and nine months (n = 5 per group, *p=0.033 for LVES, 0.047 for LVED and 0.023 for LVEF). P values are relative to Slc40a1 C326Y<sup>Y897</sup> controls of the same age. (M) Percentage Fe55 efflux in cardiomyocytes from Hamp<sup>nil</sup>;Myh6.Cre+ mice, Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice and respective controls, in presence or absence of HAMP peptide. *p=0.018, 0.006 and 0.007 respectively (N) Elemental iron levels in cardiomyocyte fractions (CF) from the hearts of Hamp<sup>nil</sup>;Myh6.Cre+ mice, Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice and their respective controls. n = 4 per group. *p=0.032, 0.044, 0.047 and 0.031 respectively. (O–P) Relative TR1 expression (*p=0.038, 0.001) and Fpn (*p=0.039, 0.047) expression in hearts of 3 month old Hamp<sup>nil</sup>;Myh6.Cre+ mice, Slc40a1 C326Y<sup>Y897</sup>;Myh6.Cre+ mice and their respective controls. All values are plotted as mean ± SEM. Scale bar = 50 μm.

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Figure 3 continued on next page
The role of cardiomyocyte iron deficiency and metabolic derangement in cardiac dysfunction

As cardiomyocyte iron deficiency preceded the development of cardiac dysfunction, we hypothesised it is the cause of the cardiac phenotype in Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice. To test this hypothesis, we treated Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice and Hamp<sup>fl/fl</sup> controls with fortnightly intravenous injections of ferric carboxymaltose solution containing 0.5 mg iron from three months of age, and confirmed the effects of this treatment on cardiac and systemic iron indices at 6 months of age (Table 4). At this timepoint, we performed cine MRI and found that the LV enlargement and the reduced LVEF, seen in untreated Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice, were prevented in iron-treated Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice (Figure 4A–C). The transcriptional response to intracellular iron deficiency in untreated Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice (upregulation of TfR1 mRNA and downregulation of Slc40a1 mRNA relative to Hamp<sup>fl/fl</sup> controls), was absent in iron-treated Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice, consistent with correction of cardiomyocyte iron deficiency (Figure 4D–E). Prevention of cardiac dysfunction in Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice by intravenous iron treatment confirms the causal relationship between cardiomyocyte iron deficiency and cardiac dysfunction in this setting.

Having confirmed a causal relationship between cardiomyocyte iron deficiency and cardiac dysfunction, we aimed to understand the mechanisms linking the two. Iron is a cofactor for several enzymes involved in metabolism (Meyer, 2008; Sono et al., 1996; Solomon et al., 2003), and metabolic derangement is a well-recognized precursor to cardiac dysfunction (Belke et al., 2000; Kakinuma et al., 2000; Ashrafian et al., 2007). Iron deficiency has been reported to reduce the levels and/or activities of key metabolic iron-containing enzymes, in cell lines, in the hearts of mice with impaired cardiac iron uptake (cardiac-specific TfR1 knockouts) and in the hearts of mice fed an iron-deficient diet (Dallman, 1986; Dhur et al., 1989; Xu et al., 2015; Oexle et al., 1999). Based on those studies, we postulated that iron deficiency in the cardiomyocytes of Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice would also result in reduction in the activities of key metabolic iron-containing enzymes. To test this hypothesis, we measured the activities of the iron-sulphur containing enzyme Aconitase I as well as electron transport chain (ETC) complexes in cardiac lysates from Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> hearts at 3 months and 6 months of age. We found that Aconitase I, Complex I and Complex IV activities were significantly reduced in Hamp<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> hearts compared to Hamp<sup>fl/fl</sup> controls at 3 months and 6 months of age, and that this reduction in activity was prevented in iron-treated 6-month old mice.

Table 3. Characterisation of Slc40a1 C326Y<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> mice.

| Indices of iron status | Slc40a1 C326Y<sup>fl/fl</sup> | Slc40a1 C326Y<sup>fl/fl</sup>;Myh6.Cre<sup>+</sup> |
|-----------------------|-----------------------------|----------------------------------|
| liver total elemental iron (ng/mg tissue) | 92.77 ± 21.30 | 84.00 ± 26.00 |
| liver ferritin (µg/mg total protein) | 0.87 ± 0.06 | 0.92 ± 0.05 |
| serum iron (µmol/L) | 27.30 ± 5.20 | 29.60 ± 7.20 |
| serum ferritin (mg/L) | 2.10 ± 0.04 | 2.20 ± 0.15 |
| hemoglobin (g/L) | 125.70 ± 8.80 | 126.00 ± 12.30 |
| serum hepcidin (µg/L) | 25.90 ± 11.60 | 27.50 ± 8.40 |

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Table 4. Effect of intravenous iron treatment on iron indices.

|                  | fl/fl untreated | treated with I.V iron | Myh6.Cre+ untreated | treated with I.V iron |
|------------------|----------------|-----------------------|---------------------|-----------------------|
| Cardiac iron (ng/mg tissue) | 82.2 ± 16.9   | 331.3 ± 21.5*         | 74.9 ± 7            | 399.8 ± 68.5†        |
| Liver iron (ng/mg tissue)    | 100.4 ± 11    | 2527.6 ± 27.63*       | 96.3 ± 14           | 2258.2 ± 239.9†      |
| Serum iron (µmol/L)          | 30.09 ± 6.37  | 74.48 ± 17.96*        | 31.5 ± 6.9          | 80.12 ± 24.9†        |
| Serum hepcidin (µg/L)        | 27.41 ± 6.7   | 237.3 ± 16.7*         | 28.9 ± 9.4          | 209.8 ± 38.8†        |

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(Figure 4F–H). As ETC activity is essential to mitochondrial function, we examined whether Hamp(✓/✓); Myh6.Cre+ hearts had signs of mitochondrial failure, and whether such mitochondrial failure was prevented by intravenous iron supplementation. By electron microscopy (EM), dilation of mitochondrial cristae was seen in Hamp(✓/✓); Myh6.Cre+ hearts as early as 3 months of age and progressed further at 6 months of age. However, this was prevented in iron-treated Hamp(✓/✓); Myh6.Cre+ mice, which had healthy-looking mitochondria at 6 months of age (Figure 4I). Similar changes in mitochondrial morphology were seen in the hearts of 3 month old Slc40a1 C326Y(✓/✓); Myh6.Cre+ mice (data not shown).

Impairment of electron transport is known to drive glycolysis, as an alternative route of ATP production (Schönekess et al., 1997; Kato et al., 2010). Therefore, we examined the expression of a number of genes encoding glycolytic enzymes. We found that expression of genes encoding Hexokinase 2 (Hk2) which catalyses the first step of glycolysis, Enolase (Eno), which catalyses the penultimate step of glycolysis and of Lactate dehydrogenase A (Ldha) which catalyses the ultimate step of glycolysis were all significantly increased at 3 months and 6 months of age in hearts of untreated Hamp(✓/✓); Myh6.Cre+ mice. This upregulation of glycolytic genes was not seen in iron-treated Hamp(✓/✓); Myh6.Cre+ mice (Figure 4J–L). These results demonstrate that reduction in the activities of key iron-containing metabolic enzymes, mitochondrial failure and upregulated glycolysis precede the development of cardiac dysfunction in Hamp(✓/✓); Myh6.Cre+ hearts, and are prevented by intravenous iron treatment.

Discussion

The major finding of this study is that cardiomyocyte hepcidin is required for autonomous cellular iron homeostasis. Loss of hepcidin responsiveness specifically in cardiomyocytes engendered the same effects as loss of cardiac hepcidin, demonstrating that cardiac hepcidin operates in an autocrine fashion by regulating cardiomyocyte FPN. A role in cellular iron homeostasis, and an autocrine mode of action for the HAMP/FPN axis have not been described previously in any other tissue. Indeed, hepcidin and FPN are better known to interact in an endocrine fashion, at the level of the gut, spleen and liver, to regulate systemic iron homeostasis.

A second important finding is that this cardiac HAMP/FPN axis is essential for normal heart function, and that its disruption leads to ultimately fatal cardiac metabolic and contractile dysfunction, even against a background of intact systemic iron homeostasis. Metabolic and contractile dysfunction are preceded by cardiomyocyte iron deficiency and prevented by intravenous iron supplementation, indicating a causal relationship between cardiomyocyte iron deficiency and cardiac dysfunction. This causal relationship has previously been demonstrated in studies using mice lacking cardiac TfR1, in which cardiac iron deficiency also affects the heart against a background of otherwise intact systemic iron homeostasis (Xu et al., 2015). Furthermore, the importance of metabolic derangement seen in our mouse models is also consistent with the findings in mice lacking the cardiacTfR1, and in mice and rats fed iron deficient diets (Dhur et al., 1989; Xu et al., 2015; Tanne et al., 1994; Walter et al., 2002). Correction of metabolic and contractile dysfunction by intravenous iron...
treatment likely involves not only increased iron availability for uptake into cardiomyocytes, but also the effects of increased circulating HAMP on cardiomyocyte FPN.

Surprisingly, we found that, both in vitro and in vivo, cardiac HAMP protein responded differently from its transcript to changes in iron levels. The current understanding of hepcidin regulation is based on studies of hepatic hepcidin. In that setting, release of the active mature HAMP peptide is dependent on cleavage of the propeptide by Furin (Valore and Ganz, 2008). We found that Furin inhibition increased iron export from Hamp<sup>fl/fl</sup>;Myh6.Cre+ mice and Hamp<sup>fl/fl</sup> littermate controls. Furthermore, we found that increased HAMP release from iron-deficient cardiomyocytes depended on Furin, and that cardiac Furin itself is upregulated by iron deficiency both in vitro and in vivo. The latter finding is consistent with the reported regulation of Furin by iron deficiency through Hypoxia-Inducible Factors HIFs (Silvestri et al., 2008). These data suggest that
differential regulation of Furin by iron may explain the divergent effects of iron on Hamp transcript and HAMP protein. Comprehensive studies using cardiac-specific knockouts of putative regulators will be required to explore formally the regulation or otherwise, of cardiac hepcidin by pathways known to regulate hepatic hepcidin.

The upregulation of cardiac HAMP in mice fed an iron-deficient diet raises the possibility that it may be involved in protecting the heart in the setting of systemic iron deficiency. This hypothesis is supported by the finding that, when provided an iron-deficient diet, Hampfl/fl;Myh6.Cre+ mice exhibited a greater cardiac hypertrophic response than their Hampfl/fl littermate controls (Appendix 1—figure 2).

Intracellular iron levels are dependent both on cellular homeostatic pathways and on systemic iron availability in plasma. Therefore, the interplay between the cardiac and the systemic HAMP/FPN axes is important in determining cardiomyocyte iron levels. Some insight into this interplay is gained from comparing systemic and cardiac mouse models of disrupted iron homeostasis. It is interesting that ubiquitous Hamp knockout (Lakhal-Littleton et al., 2015) and ubiquitous Slc40a1 C326Y knock-in mice (Appendix 1—figure 3), both models of systemic iron overload, do not develop the cardiac dysfunction seen in cardiomyocyte-specific Hamp knockout and cardiomyocyte-specific Slc40a1 C326Y knock-in mice. This suggests that, while upregulation of cardiomyocyte FPN under conditions of normal iron availability (cardiac-specific models described in this study) is detrimental to cardiac function, it is protective under conditions of increased systemic iron availability (systemic models). Previously, we also showed that deletion of cardiomyocyte FPN resulted in fatal cardiomyocyte iron overload, preventable by dietary iron restriction (Lakhal-Littleton et al., 2015). Together, our studies demonstrate that iron levels within cardiomyocytes are a balance between cellular iron efflux which is regulated by the cardiac HAMP/FPN axis, and systemic iron availability which is regulated by the systemic HAMP/FPN axis (Figure 5).

Iron overload is detrimental to cardiac health, as demonstrated by iron overload cardiomyopathy in hemochromatosis and thalassemia major patients (Gulati et al., 2014). Our model of cardiac iron homeostasis implies that the cardiac HAMP/FPN axis may have a modifying effect on the severity of iron-overload cardiomyopathy. Thus, it would be interesting to explore whether differences in the levels of cardiac FPN and HAMP, possibly due to different local stimulatory and suppressive signals (e.g., local inflammation, local ischemia), explain the reported lack of concordance between the degrees of cardiac iron overload and liver iron overload in a significant proportion of hemochromatosis and thalassemia major patients (Anderson et al., 2001; Noetzi et al., 2008).

Iron deficiency is also detrimental to cardiac health. Indeed, systemic iron deficiency correlates with functional and molecular markers of disease severity in patients with chronic heart failure (CHF) (Klip et al., 2013; Comín-Colet et al., 2013), and also appears to contribute to the risk of death after an episode of acute heart failure (Jankowska et al., 2014). Given the high prevalence of iron deficiency in patients with CHF, ranging between 30–50% (Klip et al., 2013; Nanas et al., 2006; Ezekowitz et al., 2003), the European Society of Cardiology recently recommended the assessment of iron deficiency as a comorbidity in CHF. Furthermore, several clinical trials have now established the benefits of intravenous iron supplementation in CHF patients, with or without anaemia (Ponikowski et al., 2015; Anker et al., 2009; Avni et al., 2012). The mechanisms underlying the anaemia-independent effects of iron deficiency and the benefits of intravenous iron in CHF patients are not fully understood. In light of the direct effect of cardiomyocyte iron deficiency on heart function, demonstrated in this and other studies, it would interesting to explore whether systemic iron deficiency in CHF patients is accompanied by cardiomyocyte iron deficiency, and whether correction of the latter underlies the benefits of intravenous iron supplementation in non-anaemic patients.

Another open question is whether disruption of the cardiac HAMP/FPN axis contributes to the pathophysiology of heart disease. It has been shown, in the rat model of myocardial infarction (MI), that Hamp mRNA and HAMP protein are elevated in the ischemic myocardium during the acute phase (Simonis et al., 2010). In humans, circulating HAMP was shown to be elevated in the serum within 4 hr of MI, although the tissue source of this hepcidin was not identified (Suzuki et al., 2009). In addition, decreased cardiac HAMP expression has been reported in a transgenic mouse model of dilated cardiomyopathy, where the phenotype was ameliorated following transgenic overexpression of cardiac hepcidin (Zhang et al., 2012). Thus, further studies are warranted in humans to explore formally the role of the cardiac HAMP/FPN axis in the aetiology of heart disease.
Currently, there is considerable interest in targeting the HAMP/FPN axis for the treatment of iron overload and iron deficiency. Our studies suggest that such strategies may also impinge on cardiac iron homeostasis and function. Other than the heart, both FPN and hepcidin are also found in the brain, kidney and placenta (McCarthy and Kosman, 2014; Kulaksiz, 2005; Evans et al., 2011; Rouault, 2013; Moos and Rosengren Nielsen, 2006; Bastin et al., 2006; Wolff et al., 2011). It would be important to establish whether our findings in the heart extend to these tissues.

Materials and methods

Mice

All animal procedures were compliant with and approved under the UK Home Office Animals (Scientific Procedures) Act 1986. Both males and females were used in experiments, with the respective littermate control being of a matching sex.

The strategy for generating cardiac Hamp knockout mice is outlined in Appendix 1—figure 4. Briefly, a targeting vector was designed to introduce a floxed Hamp allele into C57BL/6N mouse ES cells (JM8F6) with exons 2 and 3, which encode the majority of the peptide, flanked by LoxP sites and a line of floxed mice was generated by blastocyst injection of targeted ES cells, as previous described (Lakhal-Littleton et al., 2015). Further breeding with a C57BL/6 Flp recombinase deleter mouse allowed removal of the Neomycin resistance cassette. Cardiac Hamp knockouts were then generated by by crossing Hampfl/fl animals with mice transgenic for Cre recombinase, under the control of cardiomyocyte-specific Alpha Myosin Heavy Chain (Myh6) promoter (B6.FVB-Tg(Myh6-cre)}
The subsequent breeding strategy was designed to produce cardiac Hamp knockouts and homozygous floxed controls (Hamp\textsuperscript{fl/fl};Myh6.Cre+ and Hamp\textsuperscript{fl/fl} respectively) in the same litter. The strategy for generating Cardiac Slc40a1 C326Y knock-in mice is outlined in Appendix 1—figure 5, and further details are provided in the Appendix.

Cine MRI
Mice were anaesthetized with 2% isoflurane in O\textsubscript{2} and positioned supine in a purpose-built cradle. ECG electrodes were inserted into the forepaws, a respiration loop was taped across the chest and heart and respiration signals were monitored using a custom-built physiological motion gating device. The cradle was lowered into a vertical-bore, 11.7 T MR system with a 40 mm birdcage coil (Rapid Biomedical, Würzburg, Germany) and visualised using a Bruker console running Paravision 2.1.1. A stack of contiguous 1 mm thick true short-axis ECG and respiration-gated cine-FLASH images were acquired. The entire in vivo imaging protocol was performed in approximately 60 min. Image analysis was performed using ImageJ (NIH Image, Bethesda, MD). Left ventricular volumes and ejection fractions were calculated from the stack of cine images as described (Lakhal-Littleton et al., 2015).

Dietary iron content
Unless otherwise stated, animals were provided with a standard rodent chow diet containing 200 ppm iron. In iron manipulation experiments, mice were given an iron-deficient diet (2–5 ppm iron; Teklad TD.99397; Harlan Laboratories), or an iron-loaded diet (5000 ppm iron; Teklad TD.140464) or a matched control diet (200 ppm iron; Teklad TD.08713) from weaning for six weeks.

Isolation of primary adult mouse cardiomyocytes and in vitro treatment
Adult primary cardiomyocytes were isolated from eight week old C57BL/6 mice. Hearts were cannulated and mounted on a langendorff apparatus, then perfused using a liberase solution for 10 min. After filtration through a 400 \(\mu\)m gauze, cells were cultured in MEM medium containing Hanks salts, L-glutamine and antibiotics. Within 2 hr of cardiomyocyte culture, supernatants were replaced with fresh medium containing 10% Fetal calf serum, with 0.5 mmol/L ferric citrate (FAC) (F3388, Sigma Aldrich) or 100 \(\mu\)mol/L desferroxamine (D9533, Sigma Aldrich) for 8 hr. The Furin inhibitor decanoyl-Arg-Val-Lys-Arg-chloromethylketone (CMK) (N1505, Bachem) was added at a concentration of 50 \(\mu\)mol/L for the duration of DFO and FAC treatment.

Quantitative PCR
Total RNA extraction and cDNA synthesis were carried out as previously described (Lakhal-Littleton et al., 2015). Gene expression was measured using Applied Biosystems Taqman gene expression assay probes for Slc40a1, Hamp, Tfr1, Myh7, Nppb, Ldha, Hk2, Eno and house-keeping gene \(\beta\)-Actin (Life Technologies, Carlsbad, CA). The CT value for the gene of interest was first normalised by deducting CT value for \(\beta\)-Actin to obtain a delta CT value. Delta CT values of test samples were further normalised to the average of the delta CT values for control samples to obtain delta delta CT values. Relative gene expression levels were then calculated as \(2^{-\Delta \Delta CT}\).

Immunohistochemistry
Tissues were prepared as described previously (Lakhal-Littleton et al., 2015) and stained with rabbit polyclonal anti-mouse HAMP antibody (ab30760, Abcam, RRID:AB_2115844) at 1/40 dilution, or rabbit polyclonal anti-mouse FPN antibody (MTP11-A, Alpha Diagnostics, RRID:AB_1619475) at 1/200 dilution. Results of control experiments confirming the specificity of the HAMP antibody are shown in Figure 1—figure supplement 5.

HAMP enzyme-linked immunosorbent assay (ELISA)
HAMP was measured in mouse sera and in cardiomyocyte supernatants using a HAMP ELISA kit (E91979Mu, USCN) according to the manufacturer’s instructions. Results of control experiments confirming that in vitro treatments did not affect HAMP peptide detection by this ELISA kit are shown in Figure 1—figure supplement 6.
**DAB-enhanced perls stain**

Formalin-fixed paraffin-embedded tissue sections were deparaffinised using Xylene, then rehydrated in ethanol. Slides were then stained for 1 hr with 1% potassium ferricyanide in 0.1 mol/L HCl buffer. Endogenous peroxidase activity was quenched, then slides were stained with DAB chromogen substrate and counterstained with haematoxylin. They were visualised using a standard brightfield microscope.

**Electron microscopy (EM)**

Hearts were dissected and 0.5–1 mm$^3$ slices were fixed by immersion for 2 hr in 2.5% glutaraldehyde in 0.1 mol/L cacodylate buffer and prepared for electron microscopy by standard methods. Briefly, cells were post-fixed in osmium tetroxide (1% w/v in 0.1 mol/L phosphate buffer), stained with uranyl acetate (2% w/v in distilled water), dehydrated through increasing concentrations of ethanol (70–100%) and acetone and embedded in TAAB resin (TAAB, Aldermaston, UK). Ultrathin sections (50–80 nm) were prepared using a Reichert ultracut S microtome and mounted on 200 mesh nickel grids. Sections were lightly counterstained with lead citrate and uranyl acetate and examined with a Jeol transmission electron microscope (JEM-1010, JEOL, Peabody MA).

**Fe55 efflux in primary adult cardiomyocytes**

Adult cardiomyocytes were isolated from mice of the desired genotype at 9 weeks of age as described above. Cardiomyocytes were then cultured in 24-well plates at equal densities for 16 hr before the efflux experiment was performed as described (McKie et al., 2000). Briefly, after washing with three times PBS, cells were incubated for 30 min in 200 μl uptake solution (98 mmol/L NaCl, 2.0 mmol/L KCl, 0.6 mmol/L CaCl$_2$, 1.0 mmol/L MgCl$_2$, 1.0 mmol/L ascorbic acid, 10 mmol/L HEPES [pH 6.0] with Tris base, 50 μmol/L Fe55 [NEN, Boston, MA]), then washed three times with PBS and incubated for 30 min with efflux solution (98 mmol/L NaCl, 2.0 mmol/L KCl, 0.6 mmol/L CaCl$_2$, 1.0 mmol/L MgCl$_2$, 10 mmol/L HEPES [pH 7.4] with Tris base, 300 U/ml bovine ceruloplasmin (cp) (Sigma) and 40 μg/ml human apotransferrin (tf) (Sigma), in the absence or presence of 0.5 μmol/L mouse HAMP peptide (Peptides International). The efflux medium was then removed, the cells washed three times in ice-cold PBS and disrupted by incubation in 100 μl of 10% SDS solution for 10 min. The efflux solution and cell lysates were then transferred into scintillation vials for Fe55 counting. Where Furin inhibition was carried out, CMK was added to the culture medium at 50 μmol/L 2 hr before the efflux experiment was carried out.

**Iron quantitation**

Ferritin concentration in serum and in liver lysates was determined using the ferritin ELISA kit (ICL, Inc. Portland). Serum iron levels were determined using the ABX-Pentra system (Horiba Medical, CA). Determination of total elemental iron in the heart was carried out by inductively coupled plasma mass spectrometry (ICP-MS) as described previously (Lakhal-Littleton et al., 2015). Calibration was achieved using the process of standard additions, where spikes of 0 ng/g, 0.5 ng/g, 1 ng/g, 10 ng/g, 20 ng/g and 100 ng/g iron were added to replicates of a selected sample. An external iron standard (High Purity Standards ICP-MS-68-A solution) was diluted and measured to confirm the validity of the calibration. Rhodium was also spiked onto each blank, standard and sample as an internal standard at a concentration of 1 ng/g. Concentrations from ICP-MS were normalised to starting tissue weight.

**Isolation of cardiomyocyte and non-cardiomyocyte fractions for iron quantitation**

Following cardiac perfusion, hearts were dissected into small pieces in ice-cold Hanks buffer, and subject to collagenase P digestion at 37C for 1 hr (11213857001, Roche Diagnostics). Following lysis of red blood cells, cell suspensions were passed through a 70 μm sieve, before being labelled using cardiomyocyte isolation kit (130-100-825, Miltenyi Biotec). Separation of cardiomyocyte and non-cardiomyocyte fractions was carried out using MACS magnetic separation system according to the manufacturer’s instructions. Cardiac fractions were lysed immediately for ICP-MS analysis.
Activity assays for aconitase I and electron transport chain (ETC) complexes

Approximately 10 mg of frozen, crushed tissues were suspended in 200 μl of ice-cold KME buffer (100 mmol/L KCl, 50 mmol/L Mops, 0.5 mmol/L EGTA, pH 7.4), then homogenized by rupturing with a TissueRuptor (Qiagen, UK) over ice. In a plastic cuvette, the cardiac lysate is mixed with assay buffer and slotted into a spectrophotometer. Details of assay buffers and of reaction procedure for each enzyme are detailed in the Appendix.

Statistics

Values are shown as mean ± standard error of the mean (SEM). Comparison of iron indices, enzyme activities and parameters of cardiac function between groups was performed using Student’s T test. p values < 0.05 were deemed as indicating significant differences between groups. Where significant, exact p values for a figure panel are stated in the corresponding figure legend. No explicit power analysis was performed prior to the experiments to determine sample size, since we had no means to reliably estimate the size and variability of the effects of deleting hepcidin on parameters of cardiac function. For Cine MRI assessment of cardiac function, typically 5–11 animals of each genotype were used, with a matching number of littermate controls. For gene expression, iron quantitation and enzyme activity assays from mouse tissues, typically, 3–6 independent biological replicates and matching littermate controls were analysed. Since significant results were obtained from these set of experiments, no further animals were sacrificed. All ′n′ values reported refer to independent biological replicates.

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Ethics
Animal experimentation: All animal procedures were compliant with and approved under the UK Home Office Animals (Scientific Procedures) Act 1986 (Project Licence number 30/3182). In vivo assessment of cardiac function was carried out under anesthesia (2% Isofluorane) to minimize suffering.

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Appendix 1

**Generation of Slc40a1 C326Y^fl/fl^ mice**

A C57BL/6J mouse genomic BAC clone (RP23-183-P22) encompassing the Slc40a1 gene was used for the generation of the targeting vector. A 12 kb region of the RP23-183-P22 encompassing exons 6–8 and surrounding intronic regions was subcloned by gap-repair into a plasmid containing a diphtheria toxin A chain negative selection cassette. The required C326Y point mutation was introduced into this subclone by site directed mutagenesis. In parallel, a loxP flanked neomycin/kanamycin selection cassette (from PL452 Liu et al., 2003) was inserted into the BAC within Slc40a1 intron six by recombineering and an approximately 5 kb Apal/Pmel fragment encompassing this insertion together with exons 6 and 7 and flanking introns was subcloned into pBluescript. This plasmid was treated with Cre recombinase (NEB) in vitro to remove the selection cassette, resulting in a plasmid containing a single loxP and an additional SpeI site within Slc40a1 intron 6. This loxP interrupted sequence was shuttled into the genomic subclone by exchanging an internal NcoI fragment. A portion of Slc40a1 cDNA corresponding to the coding region encoded on exons 7 and 8, including the 3’ untranslated region was amplified by RT-PCR from cDNA prepared from embryonic mouse heart and inserted into a piece of synthetic DNA (Gene Art) corresponding to intronic and intergenic sequence lying immediately upstream of exon seven and downstream of exon 8, respectively. This minigene assembly was cloned upstream of an FRT-PGK-Neomycin-FRT-loxP selection cassette (from P451 Liu et al., 2003) and the two pieces together were inserted into the modified genomic subclone above via a unique SacII site, completing the final targeting vector. The completed targeting vector was linearised with AatII and electroporated into C57BL/6N JM8F6 embryonic stem cells.

Following selection in 210 μg/ml G418, recombinant clones were screened by PCR to detect homologous recombination over the 3’ arm. A forward primer (5’- CAATAGCAGGCATGCTGGGGATG-3’) binding within the polyadenylation of the selection cassette was used together with a reverse primer (5’- GGCATCTGCTGTCTGTGAAA- 3’) binding downstream of the 3’ homology arm to amplify a 6.6 kb fragment from correctly recombined clones. Positive clones were examined for correct recombination at the 5’ end by long range PCR using a forward primer (5’- TGTACCATGGATGGGTCCTT-3’) binding upstream of the 5’ homology arm and a reverse primer (5’- TACCGGTGGATGTGGAATGTG- 3’) binding within the PGK promoter driving the neomycin selection. Correctly targeted clones yielded a 9.7 kb amplicon. Incorporation of the 5’ loxP site, was verified by digestion of this 5’ amplicon with SpeI which yielded a 7 kb and 2.7 kb cleavage products in correctly targeted clones. Both 5’ and 3’ screening amplicons were analysed by Sanger sequencing to confirm the junction sequence using sequencing primers 5’- AAAGCCCAGGGGTATCTCTC-3’ and 5’- CTCAGCTTGCTATGTGTGGT-3’ for the 5’ and 3’ amplicons respectively. The presence of the 5’ loxP site within the 5’ amplicon was confirmed by Sanger sequencing using sequencing primer 5’- CATGAAGCAGTGGGATAGA-3’ and the presence of the C326Y mutation was confirmed within the 3’ amplicon using sequencing primer 5’- CACACACACCATATATATCACC-3’. Southern blotting using a probe against neomycin was used to confirm that only a single integration event had occurred. Correctly recombined ES cells were injected into albino C57BL/6J blastocysts and the resulting chimeras were mated with albino C57BL/6J females. Successful germline transmission yielded black pups and F1 mice harboring the conditional C326Y knock-in allele were identified using the above screening PCR. F1 heterozygous male mice were bred with C57BL/6J Flp recombinase deleter mice (Tg(ACTB-Flpe)9205Dym (Jax stock 005703)) and offspring were screened for the deletion of the selection cassette using a forward primer (5’- GATATCATCATCAGCGCCCTTGG- 3’) binding within the 3’ untranslated region of the exon 7–8 minigene and a reverse primer (5’- TGTCATGTATATATGTTGTTGTTG-3’) binding immediately downstream of the cassette. A 1.4 kb amplicon was obtained from the Flp

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deleted conditional C326Y knock-in allele. Heterozygous mice without the selection cassette were then backcrossed with C57BL/6J to remove the Flp transgene prior to onward breeding.

**Aconitase and ETC activities**

**Total aconitase I activity assay**
Total aconitase I activity was measured as the rate of isomerization of cis-aconitic to isocitrate at 240 nm and 37°C using a spectrophotometer. The assay buffer consisted of 50 mmol/L Tris HCl pH 7.5. The reaction was carried out in a quartz cuvette containing 1 ml assay buffer supplemented with 10 μl 20 nmol/L cis-aconitic acid (Sigma) and 25 μl of protein lysate and read for 2 min at 240 nm against a black containing ddH₂O. The activity of aconitase was determined by dividing the gradient of the absorbance over the extinction coefficient (3600) and expressed in nmol/min/mg tissue.

**Complex I activity assay**
Mitochondrial complex I activity was measured as the rate of NADH oxidation at 340 nm and 30°C using a spectrophotometer. The assay buffer contained the following: 25 Mmol/L potassium phosphate pH 7.2, 5 mmol/L MgCl₂ (Sigma), 0.13 mmol/L NADH (MP Biomedicals, LLP), 65 μM coenzyme Q₁ (Sigma), 250 mg fatty acid free BSA (Sigma), 200 μg antimycin A (Santa Cruz). The reaction was carried out in 1 ml assay buffer supplemented with 20 μl of protein lysate and read for 1 min at 340 nm against a blank containing ddH₂O. As a negative control, 20 μl of 10 mmol/L rotenone (Sigma) was added to a new reaction and the inhibited rate measured for 1 min. The activity of complex I was determined by dividing the gradient of the absorbance over the extinction coefficient (6810) and expressed in nmol/min/mg tissue.

**Complex II activity assay**
Mitochondrial complex II activity was measured as the rate of succinate-dependent reduction of dichlorophenolindophenol (DCIP) at 600 nm and 30°C using a spectrophotometer. The assay buffer contained the following: 25 mol/L potassium phosphate pH 7.2, 5 mmol/L MgCl₂, and 2 mmol/L sodium succinate dibasic hexahydrate (Sigma). The reaction was carried out in 985 μl of assay buffer supplemented by 10 μl of buffer containing 2 μg antimycin, 2 μg rotenone, 50 μmol/L DCIP (Sigma) followed by addition of 65 μmol/L CoQ₁ and 20 μl protein lysate and read for 2 min at 600 nm against a blank containing ddH₂O. As a negative control, 20 μl of 10 mmol/L sodium malonate (Sigma) was added to a new reaction and the inhibited rate measured for 2 min. The activity of complex II was determined by dividing the gradient of the absorbance over the extinction coefficient (21000) and expressed in nmol/min/mg tissue.

**Complex III activity assay**
Mitochondrial complex III activity was measured as the rate of reduction of cytochrome c³⁺ at 550 nm at 30°C using reduced ubiquinol as an electron acceptor using a spectrophotometer. To prepare ubiquinol, 10 mg of decylubiquinone (Sigma) was dissolved in 312.5 μl absolute ethanol to give a final concentration of 100 mmol/L. An aliquot of 100 μl decylubiquinone working solution was further diluted in 900 μl ethanol and acidified to pH 2 with a 6 mol/L HCl solution. The ubiquinone was then reduced with a pinch of sodium borohydrate (Sigma) and 1 ml of ddH₂O was added to stop the reaction. Excess sodium borohydrate was allowed to settle and the sample centrifuged briefly to separate the sodium borohydrate precipitate from the reduced ubiquinol. Using a pH indicator paper, the pH of the ubiquinol was verified to be at pH two before using in the activity assay. The reaction was carried in 1 ml of
assay buffer (50 mM potassium phosphate pH 7.2, 3 mmol/L sodium azide (Sigma), 1.5 μmol/L rotenone, and 50 μmol/L cytochrome c from bovine heart [Sigma]), supplemented with 5 μl reduced ubiquinol and 20 μl protein lysate and read for 1 min at 550 nm against a blank containing ddH2O. As a negative control, 10 μl of 20 mmol/L antimycin A was added to a new reaction and the inhibited rate measured for 1 min. As further negative control, a reaction containing protein only or reduced ubiquinol only was also measured for 1 min. The activity of complex III was determined by dividing the gradient of the absorbance over the extinction coefficient (19100) and expressed in nmol/min/mg tissue.

Complex IV activity assay
Mitochondrial complex IV activity was measured as the rate of oxidation of cytochrome c2+ at 550 nm at 30°C using a spectrophotometer. To prepare the reduced cytochrome c2+, a dialysis tubing (Viking 7000/1) of appropriate length was hydrated for 30 min in 1 L ddH2O supplemented with 20 g sodium carbonate and 0.372 g EDTA at 80°C. A solution of 100 mg of cytochrome c from bovine heart and 10 mg sodium ascorbate dissolved in 10 ml potassium phosphate (0.1 mol/L, pH 7.0) was added to the tubing and dialysed against 1 L of 0.1 mol/L potassium phosphate buffer for 24 hr at 4°C. The phosphate buffer was exchanged three times, every 8 hr. The redox state of the synthesized reduced cytochrome c was verified by measuring the absorbance spectra between wavelengths of 500 and 600 nm, in the presence or absence of 100 μmol/L potassium ferricyanide (Sigma) and compared against the oxidized cytochrome c. The reaction was carried out in 1 ml assay buffer (10 mmol/L potassium phosphate pH 7.0 and 0.50 μmol/L reduced cytochrome c) supplemented with 5 μl protein lysate and read for 3 min at 550 nm against a blank of assay buffer supplemented by 100 μmol/L potassium ferricyanide. As a negative control, 10 μl of 10 mmol/L sodium azide was added to a new reaction and the inhibited rate measure for 3 min. The first-order rate constant (k) was calculated as previously described Brooks et al. (2000). Briefly, the natural logarithm was taken for the absorbances at four time points t = 0, 60, 120, 180 s and the difference for each pair of time points determined (t(60)-t(0), t(120)-t(60), t(180)-t(120)). The average of these differences were taken to be k and the activity expressed in nmol/min/mg tissue.

Appendix 1—figure 1. Effect of Furin inhibitor on iron export in cardiomyocytes. Fe55 efflux measured in primary adult cardiomyocytes from Hamp fl/fl and Hamp fl/fl;Myh6.Cre+ mice following culture in control medium (-CMK) or medium containing Furin inhibitor (+CMK) for 2 hr. n = 3. values are plotted as mean ± SEM. *p=0.027. †p = 0.024.

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Appendix 1—figure 2. Effect of genotype on hypertrophic response to iron-deficient diet. Heart/body weight ratio in Hamp^{fl/fl}, Myh6.Cre+ mice and littermate Hamp^{fl/fl} controls provided a control diet (Fe 200 ppm) or an iron-deficient diet (Fe 2–5 ppm) from weaning for six weeks. n = 5 per group, NS=not significant. *p=0.013, †p = 0.04. Values are shown as mean ± SEM.
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Appendix 1—figure 3. Normal cardiac function in ubiquitous Slc40a1 C326Y KI mice. (A–C) Cine MRI measurements of LV lumen, at end-systole (LVES), end-diastole (LVED), and of ejection fraction (LVEF) in Slc40a1 C326Y KI/+ mice and +/+ littermate controls at three months (n = 7 per group), six months (n = 7 per group) and nine months (n = 7 per group) of age. Values are plotted as mean ± SEM.
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Appendix 1—figure 4. Strategy for generation of Hamp<sup>f/f</sup>, Myh6.Cre+ mice. A targeting vector was designed to introduce a floxed Hamp allele into mouse ES cells, with exons 2 and 3, which encode the majority of the peptide, flanked by LoxP sites. Further breeding with a C57BL/6 Flp recombinase deleter mouse allowed removal of the Neo cassette. Cardiac Hamp knockouts were then generated by crossing homozygous Hamp<sup>f/f</sup> animals with mice transgenic for Myh6-Cre recombinase, which is under the control of cardiomyocyte-specific Myosin Alpha Heavy chain six promoter.

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Appendix 1—figure 5. Strategy for generation of Slc40a1<sup>C326Y</sup>f/f, Myh6.Cre+ mice. A targeting vector was designed to introduce a floxed Slc40a1<sup>C326Y</sup> allele into mouse ES cells, containing mutant exon seven and wild type and to delete simultaneously endogenous exons 7 and 8. Further breeding with a C57BL/6 Flp recombinase deleter mouse allowed removal of the Neo cassette. Cardiac Slc40a1<sup>C326Y</sup> knock-ins were then generated by crossing homozygous Slc40a1<sup>C326Y</sup>f/f animals with mice transgenic for Myh6-Cre.
recombinase, which is under the control of cardiomyocyte-specific Myosin Alpha Heavy chain six promoter.

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Appendix 1—figure 6. Additional images for HAMP and FPN staining. (A) Lower magnifications images (X10) for Figure 1B. (B) Lower magnification images (X10) for Figure 1F. (C) Higher magnification images (X40) for Figure 3A and C.

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