A Light-weight Vibrational Motor Powered Recoil Robot that Hops Rapidly Across Granular Media

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Abstract: A 1 cm coin vibrational motor fixed to the center of a 4 cm square foam platform moves rapidly across granular media (poppy seeds, millet, corn meal) at a speed of up to 30 cm/s, or about 5 body lengths/s. Fast speeds are achieved with dimensionless acceleration number, similar to a Froude number, up to 50, allowing the light-weight 1.4 g mechanism to remain above the substrate, levitated and propelled by its kicks off the surface. The mechanism is low cost and moves without any external moving parts. With 2 s exposures we photograph the trajectory of the mechanism using an LED blocked except for a pin-hole and fixed to the mechanism. Trajectories can exhibit period doubling phenomena similar to a ball bouncing on a vibrating table top. A two dimensional numerical model gives similar trajectories, though a vertical drag force is required to keep the mechanism height low. We attribute the vertical drag force to aerodynamic suction from air flow below the mechanism base and through the granular substrate. Our numerical model suggests that speed is maximized when the mechanism is prevented from jumping high off the surface. In this way the mechanism resembles a galloping or jumping animal whose body remains nearly at the same height above the ground during its gait.

1 Introduction

Limbless locomotion by snakes or worms gives a paradigm for locomotion in rough and complex environments [1][2][3][4][5]. Soft and hard robotic devices can crawl over a surface due to an asymmetric or directional dynamic friction (e.g., [6][7][8][9][10]). Snakes and snake-like robots (e.g., [11][12][13][14]) propel themselves by exploiting asymmetry in the friction they generate on a substrate.

Vibrating legged robots provide a different, but related example of locomotion that also exploits frictional asymmetry (e.g., [15][16]). These are mechanisms of minimal complexity that exploit periodic shape changes to propel themselves (e.g., [17][10][9][8]). Modulation of friction due to oscillations of the normal forces causes stick-slip horizontal motions and net horizontal displacement. An example is the table top bristlebot toy that can be constructed by fixing a low-cost vibrational motor to the head of a toothbrush [18]. Examples of vibrationally powered mechanisms include miniature robots (e.g., [19][20][21]) that are smaller than a few cm in length.

The granular medium presents additional challenges for a locomotor (e.g., [11]) as propelled grains or particles can jam the mechanism, and exert both drag-like and hydrostatic-like forces [22][23][24][25]. A vibrating mechanism can sink into the medium causing mechanism to tilt or impeding its motion, or the mechanism may float due to the Brazil nut effect (e.g., [26]). A variety of animals propel themselves rapidly across granular surfaces. The lightweight zebra-tailed lizard (10 cm long, 10g) moves 10 body lengths/s [27]. The six legged DynaRoACH robot (10 cm, 25 g) is a ro-
tary rotary walker that approaches a similar speed (5 body lengths/s) on granular media [28].

In this paper we work in the intersection of these fields, exploring how light-weight, small, vibrating and legless locomotors a few cm in size can move rapidly on the surfaces of granular media. An advantage of a legless locomotor is that appendages cannot get jammed or caught in the mechanism. As most small animals that traverse sand either use legs or wiggle, our locomotors have no direct biological counterparts but they are similar to vibrating table top toys. They are in a class of mechanisms that locomote due to recoil from internal motions (e.g., [29]). Small vibrational motors are low cost, so if effective autonomous locomotors can be devised with them, large numbers of them could be simultaneously deployed for distributed exploration.

In this manuscript we describe, in section 2, construction of a light weight (less than 2 g) and low-cost mechanism (a few dollars) that can rapidly traverse granular media at a speed of a few body lengths per second. We estimate an acceleration parameter or Froude number for the mechanism, classifying it as a jumper or hopper, in comparison to animal gaits. Because the mechanism trajectories often show the mechanism touching the substrate once per motor oscillation, we infer that there must be a force pulling the mechanism downwards. In section 3 we estimate that airflow through the granular medium could affect the mechanism motion. Rough measurements of air flow rate as a function of pressure are used to estimate the size of this force in section 3.2. In section 4 we develop a simple two-dimensional model for the mechanism motion.

2 Mechanism Construction and Experimental Setup

We place a 5VDC coin vibrational motor on a light rigid foam platform (see Fig. 1). The motor is 1 cm in diameter and rotates at approximately 12000 rpm. The foam platform is rectangular and a few cm long but only a few mm thick. The foam is closed cell, moisture-resistant rigid foam board, comprised of extruded polystyrene insulation (XPS) made by Owens Corning (with brand name Foamular Pink). Its density is apparently 1.3 pounds per cubic foot which is 0.0208 g/cm$^3$. The coin vibrational motor is oriented so a flat face is perpendicular to the foam board. To rigidly fix the motor to the foam board platform we used double sided tape attached on either side of the motor and to small foam blocks which are then attached to the platform, as shown in Fig. 1. The motor is externally powered with a DC power supply and via light and ultra flexible wire so as not to interfere with motion. The wire we used is a thin and flexible multi-strand silver plated copper 36AWG wire with silicone rubber insulation.

Inside the vibrational motor is a lopsided flywheel, giving a displacement between the center of mass of the motor and its case. When the motor rotates, recoil from the flywheel causes the motor case to vibrate back and forth and up and down. In the absence of external forces, and if prevented from rotating, the motor case moves in a circle, as illustrated in Fig. 2. The motor is designed to rotate at 12,000 rpm (200 Hz) at 5VDC. However, we have found that the frequency depends on voltage, ranging from $f \approx 180$ to 280 Hz over a voltage range of 3.5 to 5.5V.

To track motor motion, we attached a small clear blue LED to the platform, oriented perpendicular to a flat motor face. The LED is powered in series with a 100 Ω resistor. The LED is covered with foil tape that has been punctured by a pinhole and is powered with the same DC power lines as used to power the motor. The mechanism weight totaled 1.4 g.

Our experimental setup is shown in Fig. 3. The mechanism is placed on a flat granular bed. The grains are poppy seeds, cornmeal or millet. We don’t press or compactify the medium but do sweep it flat prior to taking photographs. Granular materials can be described by an angle of repose $\theta_{\text{repose}}$. By tilting the trays holding the media, we measured...
Fig. 3. Photograph showing a 2 s exposure in ambient room lighting. The exposure was started when the mechanism was stationary and on the left. Then the motor was turned on, and the mechanism moved to the right. A blue LED is mounted on the mechanism. The LED is covered with foil tape punctured with by a pin hole. The bouncing trajectory of the mechanism is traced by the moving position of the pinhole, giving a series of loops as the mechanism hops to the right. We measure the speed of the mechanism by counting the loops, using the frequency of the motor and distances measured with the ruler mounted above the mechanism. The substrate in this photograph is black poppy seeds and the motor frequency is 220Hz.

θ_{\text{repose}} \approx 34^\circ \text{ for the granular materials used here: poppy seeds, cornmeal and millet. The angle of repose is related to the coefficient of static friction, } \mu_s, \text{ with } \tan \theta_{\text{repose}} = \mu_s. \text{ For our granular materials the coefficient of static friction } \mu_s \sim 0.7.

A camera with a macro lens was used to photograph the mechanism in motion. We open the camera shutter and then turn on the motor. With a 2 second exposure, the motion of the mechanism is tracked with the light from the LED, as shown in Fig. 3. With the room lights on we can see the original location of the mechanism and the LED track as the motor moved to the right. Subsequent photographs, shown in Fig. 4 and Fig. 5, were taken in the dark and show only the tracks made by the LED. A ruler mounted above the mechanism (see Fig. 3) gives the scale in cm. We have also filmed the motion of the mechanism with a high speed camera at 1000 frames per second (see Videos 1 and 2).

We took audio recordings of the mechanism while in motion. We measured the dominant frequency present in the sound files and this gave a measurement for the vibrational motor frequency. This way we could determine the frequency of vibration at different DC voltages and for specific motors. For the trajectories shown in Fig. 4 the audio recorded motor frequencies were 175, 220, and 285 Hz at 3, 4 and 5.5V, respectively. With the motor frequency, and by counting the number of loops per centimeter in the LED trajectory, we can compute the speed of the mechanism as it traverses the granular medium. Fig. 4 shows three pairs of photographs showing the mechanism moving across three different substrates, cornmeal, poppy seeds and millet. On each substrate we set the motor voltage to 3V or 5.5V. The lower trajectory in each pair shows the lower voltage setting. Measured horizontal speeds are labelled as text on Fig. 4 for each trajectory. For each experiment we took a photograph of the experimental setup with the same camera setup and focus. An extracted region of the ruler from the setup photographs gives a scale and are shown in the sub-panels in Fig. 4. From the same setup photographs, we also cut out a sub-panel showing the granular medium.

Mechanism trajectories seen in Fig. 4 exhibit regions of periodic behavior. During these times the mechanism touches the substrate once per motor oscillation period. Period doubling describes when the mechanism touches down once for every two oscillation periods. The figure also shows regions where period doubling occurs; for example, see the lower trajectory on cornmeal. Fig. 5 shows a trajectory from a heavier mechanism and a motor giving a larger displacement at 240 Hz on cornmeal that illustrated period doubling and tripling.

To measure the motor recoil we filmed a bare vibrational motor hanging from a thread. Horizontal peak to peak motions were about 1 mm giving an amplitude of vibrational motion of about $A_{\text{bare}} \sim 0.5$ mm. The motor itself weighs only $m_{\text{motor}} \sim 0.9$ g whereas the entire mechanism is more massive, $M \sim 1.4$ g. With the motor affixed to the platform, the amplitude of motion for the entire mechanism (in free space) depends on the ratio of the mass of bare motor $m_{\text{motor}}$ to mass of mechanism $M$,

$$A \sim A_{\text{bare}} \frac{m_{\text{motor}}}{M} \sim 0.3 \text{ mm.}$$

We can also estimate the recoil amplitude from our photographs. Amplitude $A \sim 0.3$ mm is consistent with the vertical length of the loops in the trajectories of Fig. 4.

When turned on, a vibrational motor sitting on the surface of a granular medium digs a small crater and remains vibrating in the bottom of it, rather than moving across the
Fig. 4. Mechanism trajectories on three different substrates and at two different motor voltages. The blue lines show the tracks of the blue LED during 2 second exposures. These show the motion of the mechanism as it traversed the granular medium. The top pair of trajectories show the mechanism on cornmeal, the middle pair on poppy seeds and the bottom pair on millet. Sub-panels show a 1 cm scale and views of the granular substrate. The subpanels were extracted from the setup photographs without rescaling them. These were taken prior to the long exposure photographs and with the same camera setup. At 3V the motor frequency was 175 Hz whereas at 5.5V it was 285 Hz. Mechanism horizontal speeds are estimated from the number of loops travelled per cm. Mechanism displacement \(A\) caused by motor recoil is estimated from the vertical amplitude of the trajectory loops.

Fig. 5. A photographed trajectory illustrating period doubling and tripling. This a trajectory of a somewhat more massive mechanism (1.7g) with a larger displacement \(A \sim 0.5\) mm, a frequency of 240Hz and on cornmeal.

The foam platform of our mechanism distributes the force on the granular substrate associated with the motor motion. For these mechanisms the granular medium is barely disturbed as the mechanism moves across it. Only on cornmeal is a faint track left behind as the mechanism moves across it. On millet and poppy seeds, before and after photographs showed that only a few grains were disturbed after the mechanism traversed the surface. Granular media is often described in terms of a flow threshold or critical yield stress \([30]\). At stresses below the critical one, grains do not move. Our hopper mechanism exerts such small pressure onto the granular medium that the critical yield stress of the granular medium is not exceeded. There are tradeoffs in choosing the surface area and thickness of the foam platform. If the mechanism is too heavy, it won’t jump off the surface and its speed is reduced. If the platform is too small, then the vibrating mechanism craters instead of moving across the surface. If the platform is too thin, it flexes and this can prevent locomotion if the corners vibrate and dig into the medium. Smaller platforms are less stable as irregularities in the substrate can tip them. The fastest mechanisms have stiff platforms, and motors mounted low and centered on the platform. Wires and LED are best taped to the platform so that they don’t vibrate while the mechanism is moving.

The acceleration of the mechanism base

\[
A\omega^2 = 475 \text{ m s}^{-2} \left( \frac{A}{0.3 \text{ mm}} \right) \left( \frac{12000 \text{ rpm}}{f} \right)^2
\]

(2)

where \(\omega = f/(2\pi)\) is the angular frequency of vibration. The
2.1 Acceleration parameter or gait Froude number

We estimate the time it takes the mechanism to fall the distance of the vibration or displacement amplitude

$$t_g = \sqrt{\frac{A}{g}},$$

(4)

where $g$ is the acceleration due to gravity. We can derive a dimensionless quantity by comparing this time to the vibration angular frequency,

$$t_g \omega = \sqrt{\frac{A}{g} \omega},$$

(5)

The ratio of the acceleration due to vibrational oscillation $A \omega^2$ and that due to gravity $g$ is

$$\Gamma = Fr \equiv \frac{\omega^2 A}{g},$$

(6)

and this is equivalent to $(t_g \omega)^2$. This dimensionless number is also the ratio of centripetal force to gravity force and is also known as a walking or gait Froude number. Gait frequency for animals scale with Froude number \cite{31}, with a walker having $Fr \lesssim 1$.

The dimensionless ratio $\Gamma$ is equivalent to an acceleration parameter used to classify the dynamical behavior of a hard elastic object bouncing on a vibrating plate but computed using the displacement and frequency of the table rather than the mechanism (e.g., \cite{32,33,34,35,36}). Using the amplitude of motion and motor frequency of 280 Hz, we estimate an acceleration parameter for our mechanism of about $\Gamma \sim 48$. As $\Gamma \gg 1$, our mechanism can be considered a hopper or a galloper rather than a walker. Gaits in animals depend on Froude number with the transition to galloping taking place at about $Fr \sim 4$ \cite{37,31}.

Our mechanism can launch itself off the surface with a velocity $v_0 = A \omega$ so the mechanism base should reach a
maximum height above the substrate of

\[ h_{\text{max}} = \frac{v_0^2}{2g} = \frac{\Gamma A}{2}. \] (7)

It should remain airborne for a time

\[ t_{\text{airborne}} = \frac{2A\omega \pi}{g} = \frac{2\Gamma}{\omega} \frac{\Gamma}{\pi} P_{\text{osc}}, \] (8)

with \( P_{\text{osc}} = 2\pi/\omega \) the oscillation period. The acceleration parameter sets the maximum height reached by the mechanism base. For an acceleration parameter of about 36 (for the 3V trajectories in Fig. 4), the height reached by the mechanism should be 15A and it should remain airborne for about 9 oscillation periods. The maximum height reached during a long jump by the mechanism is approximately equal to \( \Gamma A \) (for \( A \sim 0.3 \text{ mm}, \Gamma \sim 36, h_{\text{max}} \sim 5 \text{ mm} \)) and that is consistent with the maximum heights sometimes in the 3V trajectories shown in Fig. 4. However, the photographed trajectories show that most of the time the mechanism touches the surface once per motor oscillation period and remains within 2A from the surface. There must be an additional force preventing the mechanism from leaving the surface at a velocity \( A\omega \). If the medium allowed the mechanism to bounce, then the maximum height could be even higher. Friction cannot pull the mechanism downward and a downward force is needed to keep the mechanism from reaching larger heights than observed.

We consider possible additional forces that could reduce the mechanism’s upward vertical velocity and jump height. We have included two supplemental high speed videos taken at 1000 frames per second (fps) of the mechanism moving across poppy seeds. In the second video, the poppy seed substrate was covered with a light layer of cornstarch prior to recording. In the high speed videos, we did not see the platform rock or flex much, though waves excited by vibration can propagate down the power wires. It is unlikely that these two types of motion could consistently pull the mechanism downward as stiffer mechanisms with a polystyrene platform base behaved similarly to those with softer platform bases made of polyethylene foam. This led us to consider the role of aerodynamics. We found that a mechanism with a flat platform base on a very flat surface (a glass sheet) horizontally moved slowly, but after we poked holes in the platform, its speed across the surface was increased. We found that a mechanism on a solid plate containing holes jumped higher and more irregularly than when moving on a granular surface or a solid flat plate. A mechanism under vacuum (1/100-th of an atmosphere) displayed more irregular motion than the same mechanism under atmospheric pressure. A mechanism moving over a granular medium covered in a light powder (cornstarch), see our second supplemental video, blew the powder an inch away from the mechanism as the mechanism moved across the medium. These experiments imply that the air flow beneath the mechanism affects its motion.

3 Aerodynamics

We estimate the pressure that would develop under the platform using Bernoulli’s principle. We estimate the pressure with \( p_{\text{air}}v^2 \) where \( p_{\text{air}} \) is the density of air and \( v_{\text{air}} \) is the horizontal velocity of air under the mechanism platform. Placing the pressure in units of acceleration on the mechanism we estimate an acceleration on the mechanism

\[ a_B \sim \frac{p_{\text{air}}v^2L^2}{M}, \] (9)

where \( L^2 \) is the surface area of the mechanism platform base. In units of the acceleration \( A\omega^2 \) the acceleration estimated with Bernoulli’s principle

\[ \frac{a_B}{A\omega^2} \approx \left( \frac{u_{\text{air}}}{A\omega} \right)^2 \frac{p_{\text{air}}AL^2}{M} \approx 0.007 \left( \frac{u_{\text{air}}}{A\omega} \right)^2 \left( \frac{L}{4 \text{ cm}} \right)^2 \left( \frac{A}{0.3 \text{ mm}} \right), \] (10)

The ratio is low, suggesting that aerodynamics cannot affect the mechanism dynamics.

The horizontal air velocity exceeds the vertical mechanism velocity. We relate the volume flow rate of air between mechanism and substrate to the vertical velocity of the mechanism platform, \( v_z \), the platform’s surface area and \( z \), its height above the substrate;

\[ \frac{dV}{dt} \approx 4Lz\rho_{\text{air}} = L^2v_z. \] (11)

This gives

\[ \frac{u_{\text{air}}}{A\omega} \approx \frac{L}{4zA\omega} \approx 30 \left( \frac{L}{4 \text{ cm}} \right) \left( \frac{A}{z} \right) \left( \frac{0.3 \text{ mm}}{A} \right) \left( \frac{v_z}{A\omega} \right). \] (12)

If we insert this into Eqn. (10), we find that the estimated pressure force would only be significant when the platform is quite near surface, \( z \sim A \), and in that setting we should consider flow through the narrow space between platform and substrate and through the substrate itself.

The kinematic viscosity of air \( \nu_{\text{air}} \) in units of the acceleration parameter \( A^2\omega \) is not that small,

\[ \frac{\nu_{\text{air}}}{A^2\omega} \approx 0.1 \left( \frac{\nu_{\text{air}}}{0.15 \text{ cm}^2 \text{s}^{-1}} \right) \left( \frac{0.3 \text{ mm}}{A} \right)^2 \left( \frac{1257 \text{ s}^{-1}}{\omega} \right). \] (13)

As our grain sizes are similar to the amplitude \( A \), air motions close to or in between grains may be in the low Reynolds number regime.
We consider the mechanism at rest after landing on the substrate. When the mechanism is pushing off the surface, the air speed between grains would be low. Because the Reynolds number is proportional to speed, the Reynolds number could be low and so air viscosity could be important only when the mechanism is touching or nearly touching the granular medium but at the moment it lands or takes off vertically from the surface. The air pressure on the surface is \( p(r, z = 0) \). We take atmospheric pressure to be zero (describing pressure with a difference from atmospheric so \( p(r_h, 0) = 0 \) on the edge of the platform.

We use Darcy’s law (Eqn. 14) to relate air flow velocity \( \mathbf{u} \) to the air pressure gradient in the granular medium. Darcy’s law combined with the condition for incompressible flow, \( \nabla \cdot \mathbf{u} = 0 \), yields Laplace’s equation for pressure \( \nabla^2 p = 0 \). The boundary conditions determine the solution for the pressure \( p(r, z) \). The flow field is then set by the pressure gradient.

On the half space with \( z < 0 \) a solution to Laplace’s equation in cylindrical coordinates that is well behaved at the origin and large negative \( z \) is

\[
p_{\text{air}}(r, z) \propto J_0(kr)e^{iz},
\]

where \( J_0 \) is a Bessel function of the first kind. The general solution would be a sum or integral (over \( k \)) of such terms. Because the pressure is zero at \( r = r_h, z = 0 \), the Bessel function must have a root at \( r = r_h \). The first root of \( J_0(x) \) is at \( x \approx 2.4 \). We approximate the pressure profile under the platform with a single Bessel function

\[
p(r, z) = p_0 J_0(2.4r/r_h)e^{2.4z/r_h}.
\]

where the peak pressure under the mechanism is \( p_0 \).

We take the derivative of this solution with respect to \( z \) and use Darcy’s equation to estimate the vertical component of the flow velocity

\[
u_z(r, 0) = -\frac{\kappa}{\mu} \frac{dp}{dz}(r, z) \bigg|_{z=0} = u_0 J_0(2.4r/r_h)
\]

with central velocity

\[
u_0 = -\frac{\kappa}{\mu} \frac{2.4}{r_h} p_0.
\]

It is convenient to compute \( \int_0^{2.4} dx x J_0(x) = 1.24 \). The average \( \bar{u}_z = \frac{1}{2\pi r_h} 2\pi \int_0^{r_h} r dr u_z(r, 0) \sim u_0/2 \). The pressure integrated over the base area \( 2\pi \int_0^{r_h} p(r, 0) r dr \sim 1.4 p_0 r_h^2 \).

With the platform vertical velocity \( v_z \) equal to the average \( \bar{u}_z \), we estimate the force on the mechanism from pressure integrated over the area of the platform base and using Eqn. 17

\[
F_{\text{aero}} \sim 2\pi \int_0^{r_h} p(r, 0) r dr \sim 1.4 p_0 r_h^2
\]

\[
\sim -\frac{\mu \kappa}{8} L^3 v_z.
\]
Fig. 8. Flow rate vs pressure measurements were taken for air forced under a flat annular block from its central hole while it was resting on a granular substrate.

It is convenient to write the velocity dependent aerodynamic damping force in terms of the acceleration on the mechanism

$$a_{z,aero} \sim \frac{F_{aero}}{M} \approx -\alpha_z \omega z v_z$$  \hspace{1cm} (20)

with $\alpha_z$ a dimensionless parameter,

$$\alpha_z \equiv \frac{\mu_{air} L^3}{\kappa M \omega}.$$  \hspace{1cm} (21)

In section 3.2 we experimentally estimate the coefficient $\alpha_z$, giving the force on the mechanism due to air flow through the permeable substrate. In section 3.3 we modify equation 20 to take into account flow between mechanism base and substrate when the mechanism is close to but above the surface and using a Plane Poisseuille flow model for viscous flow between two plates. In section 4 we incorporate our estimates for $\alpha_z$ into numerical models for the mechanism locomotion.

3.2 Air flow rate vs pressure measurements

To estimate the coefficient $\alpha_z$ in Eqn. (21), we experimentally measured how the air flow rate beneath a block and through our granular media depends on air pressure. We adopted a test geometry similar to that of our mechanism by placing a block on the surface of a granular substrate. The block has a flat base that has an annular shape, with an outer diameter of $d_o = 6$ cm and an inner hole with a diameter of $d_i = 2.5$ cm. The air within the inner hole is placed under pressure but outside the annular block the granular medium is open to atmospheric pressure, see Fig. 8 for an illustration of the experiment. A hose supplied air to the inner hole, and escaped through the substrate and the gap between the substrate and the lower surface of the block.

Air was supplied to the inner hole at controlled pressure (above atmospheric) using a bubble regulator. Our device supplies air at pressures of 250–2000 Pa and uses water height to measure pressure. Pressure remained within about ±1/4 in of water (±60 Pa) of each set value. We measured the air volume flow rate using a home-made soap-bubble flow meter, where a soap film rises in a graduated transparent tube of constant diameter. Timing the transit between marks on the tube gave a measure of the volume flow rate of air. For each experiment we measured the flow rate at about 8 different set pressures. During measurements, the annular block was weighted with a 12 oz weight (3.3 N) to prevent the air pressure from lifting the block and distorting the contact. On the granular substrates, we ensured that the granular surface was flat by pressing and releasing the block before air flow rates were measured. The percentage error in the pressure at 1” H$_2$O is 25% while the percentage error in the time is only a few percent. At the higher end, the pressure measurement is good to 4%, but the flow rates are only good to 10-15%.

We measured flow rates $dV/dt$ in cc/s for a block spaced 0.1 mm above a glass sheet, on 120 grit sandpaper (115 µm particle sizes), on common table salt (with a mix of grain
diameters in the range 0.25–0.5 mm), cornmeal and on millet. Grain diameters for cornmeal and millet are listed in the notes to Table 1. For the experiments above a glass sheet and on sandpaper, the substrates have solid bases so air is restricted to travel in the narrow space between the block and the glass plate or paper backing on the sandpaper. For these two experiments we estimate the air flow velocity \( u = \frac{dV}{dt} \frac{1}{A_w} \), with area \( A_w = \frac{\pi w (d_i + d_o)}{4} \). For the block on glass experiment the spacing between block and glass plate is \( w = 0.1 \) mm. For the block on 120 grit sandpaper experiment we use a width \( w = 115 \mu m \), equal to the typical grain size diameter for the grit on the sandpaper. The remaining experiments, on cornmeal, salt and millet, we assume that the air flows down through the granular medium. We estimate the flow velocity \( u = \frac{dV}{dt} \frac{1}{A_w} \) with area \( A_w = \frac{\pi w (d_i + d_o)}{4} \) computed with the block annulus’ inside diameter. The computed air flow velocity \( u \) versus pressure \( p \) measurements are shown in Fig. 9. We measured the slopes \( S \) of each set of points by fitting lines to the data points and these slopes (in units of cm s\(^{-1}\) Pa\(^{-1}\)) are listed in Table 2.

The geometry of flow for our annular block is similar to that described for the air flow under the mechanism described by Eqn. (17). Fig. 9 shows linear fits to the air flow velocity vs pressure measurements. The nearly linear behavior supports our approximation given in Eqn. (17) for air flow through a permeable medium caused by a pressure peak on the surface. A linear dependence of the flow rate on pressure is consistent with a low Reynolds number regime where air viscosity and permeability of the substrate are important. The lines in Fig. 9 don’t go through the origin, so we do see evidence of non-linearity in the flow velocity vs pressure relation (for extensions to Darcy’s law for airflow through agricultural grains see [38][39][40]). However a vertical mechanism platform velocity \( u_0 = 40 \) cm/s is well above the maximum measured flow velocity \( \sim 18 \) cm/s measured on the granular media. To apply the flow rate vs pressure measurements to our mechanism mechanics, we must extrapolate to large values, rather than work in the low flow and non-linear regime.

As was true in section 3.1 for air flow under the mechanism, we assume that the air flow through a granular medium can be described by Darcy’s law. The flow field below the substrate surface can again be approximated by Eqn. (16) and Eqn. (17) but using the outer radius of the block annulus instead of the half length of the mechanism as that is where the pressure must be equal to atmospheric pressure. We take our experimentally measured pressure differential to be the central pressure \( p_0 \) in Eqn. (16) and the measured air velocity to be the central velocity \( u_0 \) in Eqn. (17). We expect the air flow velocity into the substrate inside the annulus

\[
  u \approx S \Delta p, \tag{22}
\]

where \( \Delta p \) is the air pressure differential and the slope \( S \) for air velocity vs pressure must be

\[
  S \approx \frac{\kappa}{\mu_{air} d_o/2}, \tag{23}
\]

following Eqn. (18). Using the viscosity of air (listed in Table 1) and the slopes we measured on cornmeal, salt and millet (and listed in Table 2) Eqn. (23) gives permeabilities of \( \kappa = 1 \sim 3 \times 10^{-7} \) cm\(^2\). For loose sand the permeability ranges from \( \kappa \sim 10^{-5} \) to \( 10^{-8} \) cm\(^2\). Our measured slopes are consistent with permeability measurements in porous media.

A comparison of Eqn. (22) and (23) with Eqn. (17) implies that we can estimate the dimensionless coefficient \( \alpha_c \) (Eqn. 21) with slopes \( S \) measured here and correcting for the ratio of the mechanism length and the block annulus’ outer diameter,

\[
  \alpha_c = \frac{1}{2S} \frac{L}{d_o} \frac{L^2}{M \omega} \tag{24}
\]

\[
  = 2 \left( \frac{0.015 \text{ cm s}^{-1} \text{ Pa}^{-1}}{S} \right) \left( \frac{L}{4 \text{ cm}} \right)^3 \left( \frac{1.4 \text{ g}}{M} \right) \times \left( \frac{f}{12,000 \text{ rpm}} \right) \left( \frac{6 \text{ cm}}{d_o} \right). \tag{25}
\]

The dimensionless parameter characterizing the suction \( \alpha_c \gtrsim 1 \), supporting our hypothesis that air pressure can affect the mechanism’s dynamics. While we have described the force as a suction force, it would also operate to cushion the mechanism when it lands on the substrate.

### 3.3 Plane Poiseuille flow

Plane Poiseuille flow describes steady laminar flow in a viscous fluid between two parallel sheets separated by a narrow distance \( z \). Plane Poiseuille flow also obeys a relation between pressure gradient and flow velocity, similar to Darcy’s law (Eqn. 14) and similar to our measured relation between flow velocity and pressure in Eqn. (22). For Plane Poiseuille flow, a mean flow speed \( u \) (averaged over the velocity profile between the plates) obeys

\[
  u = -\frac{z^2}{12 \mu_{air}} \nabla p. \tag{26}
\]
Here airflow is parallel to the plates as there is no flow through their surfaces. The similarity between Eqn. (14) and Eqn. (26), relating flow speed to a pressure gradient, implies that Plane Poiseuille flow is consistent with an effective permeability $\kappa_{pp}(z) = z^2/12$ that depends on distance between the plates $z$.

We compare our flow velocity vs pressure measurements to the predictions of Plane Poiseuille flow and then we will modify our estimate for the vertical drag force due to air pressure to take into account air motion parallel to the mechanism base when the mechanism is near but not on the granular substrate.

In Table 2 and with measurements shown Fig. 9 we measured a flow velocity vs pressure for the annular block separated by 0.1 mm from a glass plate. We estimate the pressure gradient $\nabla p = 2\Delta p/(d_0 - d_i)$ across the annulus. This and Eqn. (26) gives a predicted slope (describing pressure vs flow velocity) of $S = \frac{L^3}{12\kappa_{aero} d_0 - d_i}$. With $z = 0.1$ mm, this gives $S = 0.27$ cm s$^{-1}$ Pa$^{-1}$, and is consistent with the 0.22 cm s$^{-1}$ Pa$^{-1}$ slope we measured. Our pressure vs flow rate measurement for the block near a glass plate are consistent with that estimated for Plane Poiseuille flow.

Taking into account viscous Plane Poiseuille flow would give a height dependent aerodynamic acceleration on our mechanism $a_{z,aero}(z)$. We use Eqn. (11) to relate horizontal air speed $u$ to vertical platform velocity $v_z$, Eqn. (26) for Plane Poiseuille flow, estimate the pressure gradient under the mechanism as $\nabla p \sim 2p_0/L$ with $p_0$ under the platform and the force on the mechanism as $p_0 d_i^2$. This gives an estimate for the aerodynamic force on the mechanism due to air flow beneath the mechanism

$$F_{pp,aero} \sim -\mu_{slip} \frac{L}{z} \frac{x^3}{12} v_z. \quad (27)$$

This equation resembles the aerodynamic force we estimated from permeability alone: Eqn. (19), except the force becomes large as $z \to 0$. We expect the force cannot be higher than that estimated for the permeable medium. We can modify the acceleration of Eqn. (20) to make a height dependent transition

$$a_{z,aero}(z) = -\alpha_z v_z \omega \frac{1}{1 + (z/h_{pp})^3}, \quad (28)$$

and retaining the definition of the dimensionless parameter $\alpha_z$ of Eqn. (21). The length that sets the transition between regimes

$$h_{pp} = (12L\kappa)^{\frac{1}{3}} = 0.17 \text{ mm} \left( \frac{L}{4 \text{ cm}} \right)^{\frac{1}{3}} \left( \frac{\kappa}{10^{-7} \text{ cm}^2} \right)^{\frac{1}{3}} \quad (29)$$

and where we used our estimate for the permeability $\kappa$ from in section 3.2 (see Eqn. 23). We define a dimensionless length $h_{pp}$,

$$\tilde{h}_{pp} = \frac{h_{pp}}{A} \approx 0.5 \left( \frac{L}{4 \text{ cm}} \right)^{\frac{1}{3}} \left( \frac{\kappa}{10^{-7} \text{ cm}^2} \right)^{\frac{1}{3}} \left( \frac{0.3 \text{ mm}}{A} \right). \quad (30)$$

4 Numerical Model for Locomotion

We describe the mechanism motion in two dimensions with $x,z$ corresponding to horizontal and vertical coordinates. We use $\tilde{x} = x/A$ and $\tilde{z} = z/A$ for the coordinates in units of the vibration displacement amplitude $A$. Time $\bar{t}$ is in units of $\omega^{-1}$ with $\bar{t} = t \omega$. Velocity is in units of $A \omega$ and acceleration in units of $A \omega^2$. We assume that the mechanism base remains parallel to the granular substrate, with $\tilde{z}$ giving the distance between substrate and mechanism base (in units of $A$) and $\tilde{z} = 0$ for platform base touching a flat substrate. The center of the mechanism has $\tilde{x} = 0$. We ignore tilting, rocking, flexing and turning.

The equation of motions for our model resembles of that by [20] for harmonically driven micro-robots that either hop or move via stick-slip friction interactions. Our equation of motion in $\bar{z}$ for the platform base center is

$$\frac{d^2\bar{z}}{d\bar{t}^2} = -\gamma^{-1} + \cos(\tau + \phi_0) + \alpha_z \exp(-\bar{z}/h_m). \quad (31)$$

where $\phi_0$ is an initial phase for the motor. The recoil from the internal motion of the motor flywheel gives a sinusoidal acceleration of amplitude 1. The constant term, inversely dependent on the acceleration parameter, is due to gravity. The rightmost term is from the force due to aerodynamics. The acceleration due to air pressure should only be significant when the mechanism is nearly touching the substrate. To reduce the aerodynamic acceleration as a function of height we assume

$$\alpha_z = -\frac{d\bar{z}}{d\tau} \alpha_z \exp(-\bar{z}/h_m). \quad (32)$$

The coefficient $\alpha_z$ is estimated in section 5. Because the pressure should drop as the mechanism moves upward, we cut off the aerodynamic force with a distance $h_m$ that we treat as a free parameter. We expect $h_m \sim \tilde{h}_{pp}$ estimated in Eqn (30) from the transition to Plane Poiseuille flow. The Bernoulli effect estimate for pressure could also contribute to aerodynamic force decreasing with mechanism height. Because low Reynolds number flow is a poorer approximation at larger $\bar{z}$, we cut off the friction exponentially rather than with a power law (as in equation 28). The model gives similar trajectories with a $\bar{z}^{-3}$ cutoff in the drag force.

Our adopted equation of motion for $\bar{x}$ is similar to Eqn. (31) but does not depend on gravity,

$$\frac{d^2\bar{x}}{d\bar{t}^2} = \sin(\tau + \phi_0) + \alpha_{x,drag} \quad (33)$$
with an additional height dependent horizontal drag force $a_{x, \text{drag}}$.

We assume that the mechanism does not bounce off the substrate. When the trajectory reaches $\bar{z} = 0$, with $\frac{d\bar{z}}{d\tau} < 0$, and contacts the surface, we set the vertical velocity component to zero, $\frac{d\bar{z}}{d\tau} = 0$. At the same time in the integration, we use a Coulomb friction law to set the horizontal component of acceleration due to contact with the surface. The frictional horizontal acceleration depends on the normal force exerted by the surface. With $v_{x0}, v_{z0}$ the velocity components prior to impact we set the horizontal velocity after impact to be

$$\frac{d\bar{x}}{d\tau} = \begin{cases} v_{x0} - \text{sign}(v_{x0})\mu_s|v_{z0}| & \text{for } |v_{z0}| > \mu_s|v_{x0}| \\ 0 & \text{otherwise} \end{cases} \quad (34)$$

with $\mu_s$ the coefficient of friction which we set to the static value even though friction occurs when the mechanism is sliding on the substrate.

We allow a small horizontal drag force to be present, that is in the same form as (Eqn. 32)

$$a_{x, \text{drag}}(\bar{z}) = -\alpha_x \frac{dx}{d\tau} \exp(-\bar{z}/h_m), \quad (35)$$

but with a different coefficient $\alpha_x \neq \alpha_s$. Our high speed videos illustrate that grains are occasionally pushed and levitated as the mechanism moves. These interactions would slow the mechanism, acting like a horizontal drag force. Locomotion studies in granular media have previously adopted a hydrodynamic-like velocity dependent drag force (e.g., [41][25]), though in these settings the locomotor is massive enough to penetrate into the medium. Even though the air pressure affects the vertical acceleration, shear in the air flow cannot exert a significant traction force horizontally. However if there is some contact with the surface when suction is strong, then the normal force on the mechanism could be higher than computed using gravitational and motor recoil normal forces alone and this would increase the friction force.

A challenge of numerically integrating a damped bouncing system is the "Zeno" effect, in which the number of bounces can be infinite in a finite length of time. Also because our forces depend on height, it is not straightforward to integrate from bounce to bounce, as commonly done for modeling a ball bouncing on a vibrating table top [32]. In our integrations we take short time-steps and check for proximity to $\bar{z} = 0$ each step. We update positions and velocities using straightforward first order finite differences. We chose the step time to be sufficiently small that the the trajectories are not dependent on it ($d\tau = 0.01$).

### 4.1 Model mechanism trajectories

Fig. 10 shows a trajectory computed using Eqn. (31) – Eqn. (35). Parameters for the model, $\Gamma, \alpha_c, \alpha_s, h_m$ and $\mu_s$, are listed above the top panel. Our dynamical system is similar to a vertically bouncing ball on a vibrating sheet (e.g., [32][34][42][33]). The bouncing ball can be described with a map between bounces, during which time the ball trajectory is specified by gravity alone [32]. Each bounce instantaneously changes the ball’s vertical velocity. This gives an initial condition that can be used to determine when the next bounce occurs. The dynamical system is rich, exhibiting period doubling and chaos [32][42][43]. The horizontal motion gives an additional degree of freedom that can increase the complexity of the problem. For the bouncing ball above a vertically oscillating or parabolic plate, the vertical and horizontal motions are fully coupled; even a small curvature in the plate can induce chaotic behavior [44]. Here our $x$ equation of motion depends on $z$ but the $z$ equation of motion does not depend on $x$.

In Fig. 10 the mechanism is begun above the substrate and initially is in free fall. While in free fall, the base of the mechanism oscillates due to the motor recoil. At $\tau \sim 5$, it contacts the surface, and its vertical velocity is reduced to zero. This happens each time it contacts the surface. Afterward touching the substrate, the velocity rises slowly because the acceleration must overcome the vertical drag force. The phase of oscillation is such that the horizontal velocity is near its minimum value when the motor is near the surface. Friction with the substrate and the horizontal drag force bring this minimum toward zero. Because of the motor recoil, the mean horizontal velocity of the mechanism is above its minimum, and this gives the mechanism a net forward horizontal motion.

After integrating the equations of motion, the trajectory is resampled so that points are equally spaced with respect to time. In Fig. 10, the trajectory is plotted with partially transparent points giving a lighter line where the velocity is slower. The model trajectory mimics the LED brightness traced in the photographs shown in Fig. 9. For the motor at $5.5V$ at 285Hz, the acceleration parameter is about 50 and the velocity of motion caused by recoil is about $A\omega = 52$ cm/s. The velocity of the mechanism we measured to be about 30 cm/s on poppy seeds, which is 0.57 in units of $A\omega$. We set $\alpha_s = 2$ with Eqn. (25) consistent with $f = 285$ Hz, and using the slope of $S = 0.012$ cm s$^{-1}$ Pa$^{-1}$ measured on salt which has a similar grain size as poppy seeds. To match the vertical height exhibited by the trajectory we adjusted $h_m$ and we adjusted $\alpha_c$ to match the horizontal speed. We did not adjust the substrate coefficient of friction, setting it equal to the coefficient of static friction, $\mu_s$ for our granular media. The value of $h_m = 0.4$, giving realistic looking model trajectories, is consistent with that estimated for $h_{PP}$, the height setting the transition between Plane Poiseuille and permeable flow (see Eqn. 30).

In Fig. 11 we show the effect of varying acceleration parameter and in Fig. 12 the effect of varying the strength of the aerodynamic force. Period doubling is seen in Figs. 10b, 11 and 12 similar to that seen in the photographs (Fig. 4 and Fig. 5). Some of the non-linear phenomena exhibited by the bouncing ball on the vibrating table top [42] is also exhibited by our simple vibrating mechanism model.
Fig. 10. a) An integrated numerical model for mechanism locomotion. The top panel shows vertical motion or $z(\tau)$, the middle plane shows horizontal motion or $x(\tau)$. The bottom panel shows velocity components as a function of time. The trajectory is integrated for 25 motor oscillation periods using Eqn. (31) and Eqn. (33). In the middle panel the mean horizontal speed is labelled on the plot. The speed was computed with a linear fit to $dx/d\tau$ at times $\tau > 10$. Coefficients for the model are shown above the top panel with $\Gamma$ the acceleration parameter, $\alpha_z$ and $\alpha_x$ setting the vertical and horizontal damping forces, the height $h_m$ setting the cutoff height for them and $\mu_s$ the coefficient of friction for the substrate. Time is in units of motor angular rotation frequency, $\omega^{-1}$, distances are in units of mechanism vibration amplitude $A$, and velocities are in units of $A\omega$. b) The model mechanism trajectory $\tilde{x}$ vs $\tilde{z}$ is shown for the same numerical integration and can be compared to photographed trajectories in Figs. 4 and 5.

Figure 11 shows that trajectory speeds in units of $A\omega$ are not strongly dependent on acceleration parameter. However actual horizontal speeds at larger acceleration parameter $\Gamma$ are likely to be higher as the velocities are in units of $A\omega$. Mechanisms with larger vibrational amplitudes (larger recoil) and faster vibration would move horizontally faster.

While the model trajectories are not strongly dependent on acceleration parameter, they are, as seen in Fig. 12 dependent on the strength of the vertical drag force. We have noticed that mechanism motion is often jumpier on rougher substrates. The parameter $\alpha_z \propto S^{-1}$ (Eqn. 25) is smaller on rougher substrates, as we saw our pressure vs flow measurements $S$ is larger for millet than salt or cornmeal. This is consistent with smaller $\alpha_z$ models having trajectories that reach larger heights. Similar trajectories are observed without any horizontal damping force, $\alpha_x = 0$, though the model is more chaotic, exhibiting speed variations and the mechanism sometimes changes direction entirely.

Horizontal speeds are labelled on each panel in Fig. 12 and show that the faster mechanism is the second from top with $\alpha_z = 2.3$. Also the length of the trajectories in this figure is related to the average horizontal speed as each trajectory
was integrated for the same time length of 25 motor periods. The fastest trajectory is fast because it gallops more efficiently, pushing off each period, instead of hopping into the air and pushing off the ground every few periods as is true of the lower trajectories. The topmost trajectory is slower because the vertical drag is so high the mechanism does not launch itself effectively off the ground. This figure illustrates a speed optimization strategy for design. Mechanisms that are designed so that their center of mass does not make large vertical excursions during locomotion would be faster than those that propel the mechanism to larger heights, as during large vertical jumps the mechanism cannot push itself forward by kicking the surface.

When the motor frequency is changed, both acceleration parameter and estimated $\alpha_z$ vary, as our estimate for $\alpha_z$ is inversely proportional to motor oscillation frequency (see Eqn. 25). At slower motor frequencies the acceleration parameter $\Gamma$ is lower and the vertical damping parameter $\alpha_z$ is higher. Figure 4 shows that at slower motor frequencies the trajectories are more irregular, and opposite to that predicted by the model as higher $\alpha_z$ models tend to have flatter trajectories. The high frequency trajectories on cornmeal, poppy seeds and millet shown in Fig. 4 are similar, however their permeabilities differ and with different $\alpha_z$ the modeled trajectories would have different shapes. We have noticed that the numerical model predicts similar trajectories for different $\alpha_z$ but at fixed $\alpha_z h_m$ and $\alpha_z/\alpha_y$. The parameters describing our numerical model are not independent. Perhaps the effective cutoff height parameter $h_m$ should also be chosen to depend on the substrate. This is not unreasonable as finer grained materials have higher $\alpha_z$ and the high air pressure should primarily be important very close to the surface.

While our simple numerical model is successful at reproducing the shape of mechanism trajectories, and the model is based on the size of the vertical drag force from flow vs pressure measurements, the description of the aerodynamic and friction forces needs improvement to be more predictive. Our model also neglects mechanism tilt, surface irregularities, flexing in the mechanism itself and waves traveling along its power wires. An improved model could in-
include these degrees of freedom in the model.

5 Summary and Discussion

We have constructed a limbless, small (4 cm long), lightweight (less than 2 g) and low cost (a few dollars) mechanism, similar to a bristle bot, but with a coin vibrational motor on a light foam platform rather than bristles. The mechanism traverses granular media at speeds of up to 30 cm/s or 5 body lengths per second. In units of body lengths per second our mechanism speed is similar to the six legged DynaRoACH robot (10 cm long, 25 g) [28], but slower than the zebra-tailed lizard (10 cm long, 10g) that can move 10 body lengths/s [27]. Our mechanism horizontal speed exceeds many conventional bristle bots, has no external moving parts and can traverse flat granular media.

We estimate the mechanism’s vibrational acceleration from the motor recoil divided by gravitation acceleration. Our mechanisms can have acceleration parameters as large as 50. They would be classified as a hopper or galloper in terms of their gait or walking Froude number.

With an LED mounted to the mechanism and with long exposures, we photographed mechanism trajectories during locomotion. The mechanism trajectories are typically periodic, touching the granular substrate once per motor period, but sometimes they show period doubling or tripling, where the mechanism touches the substrate once every two or three motor oscillation periods. The large acceleration parameters imply that the trajectories should jump higher off the surface than they do when they are undergoing periodic motion. We infer that there must be a downward vertical force that keeps the mechanisms close to the surface. Following experimentation of mechanisms on different surfaces and with different bases, in vacuum and on granular media covered in powder, and with high speed videos we conclude that aerodynamics affects their locomotion.

Using experimental measurements of air flow rate vs pressure under blocks placed on different media, we estimated the size of a vertical aerodynamic force that is a suc-
tion force when the mechanism leaves the surface. The aerodynamics is modeled using Darcy’s law for flow through permeable media and Plane Poiseuille flow. In both settings air flow velocity is proportional to pressure gradient due to low Reynolds number flow in narrow spaces. When incorporated into a numerical model the additional force lets us match mechanism trajectory shapes and speeds. The model illustrates that speed is optimized by having large vibration amplitudes, large vibration frequencies and a periodic trajectory that touches the surface once per oscillation period. Our mechanisms may be self-optimized if the mechanism platform flattens the substrate sufficiently to give effective suction as it traverses the medium. In the absence of air (for example on asteroid regolith or Martian sand-dunes) a design could optimize speed by allowing the mechanism itself to flex. For example a moving tail could act to limit the vertical motion and optimize speed this way, similar to the way the counter motion of a kangaroo’s tail reduces the height a kangaroo reaches during each jump and minimizes the up and down motion of its center of mass.

The sensitivity of our kinematic model to air viscosity and substrate permeability suggests that construction and optimization of wider, lighter or smaller mechanisms will depend on these parameters. Larger mechanisms that can traverse granular media with similar dynamics to our mechanisms might be constructed by designing the mechanism so that \( \alpha_z \sim 1 \), following Eqn. [21]. Despite their sensitivity to aerodynamics, we have found that the few gram hopper mechanisms we have constructed are fairly robust, can traverse solid surfaces as well as a variety of granular medium, can traverse granular media in a vacuum, and work when constructed from different types of light platform materials.

Our mechanisms are not autonomous or maneuverable. Additional capabilities would add weight to the mechanism and as the mechanism speeds depends on the mechanism recoil amplitude, this would reduce its speed. Light weight motors are available with larger recoil, but they tend to be cylindrical form with recoil motion vector traversing a cone rather than coin form with recoil confined to plane (as used here). The cylindrical motors would be more complex to model. A BEAM-robotics style [45] autonomous locomotor might be achieved by constructing the mechanism platform from a light-weight solar panel. As our mechanisms are inexpensive, large numbers of autonomous BEAM-robotics style locomotors could be used for distributed exploration problems.

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