A novel role of microRNA 17-5p in the modulation of circadian rhythm

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The circadian clock helps living organisms to adjust their physiology and behaviour to adapt environmental day-night cycles. The period length of circadian rhythm reflects the endogenous cycle transition rate and is modulated by environmental cues or internal molecules, and the latter are of substantial importance but remain poorly revealed. Here, we demonstrated that microRNA 17-5p (miR-17-5p), which has been associated with tumours, was an important factor in controlling the circadian period. MiR-17-5p was rhythmically expressed in synchronised fibroblasts and mouse master clock suprachiasmatic nuclei (SCN). MiR-17-5p and the gene Clock exhibited a reciprocal regulation: miR-17-5p inhibited the translation of Clock by targeting the 3′UTR (untranslated region) of Clock mRNA, whereas the CLOCK protein directly bound to the promoter of miR-17 and enhanced its transcription and production of miR-17-5p. In addition, miR-17-5p suppressed the expression of Npas2. At the cellular level, bidirectional changes in miR-17-5p or CLOCK resulted in CRY1 elevation. Accordingly, in vivo, both increase and decrease of miR-17-5p in the mouse SCN led to an increase in CRY1 level and shortening of the free-running period. We conclude that miR-17-5p has an important role in the inspection and stabilisation of the circadian-clock period by interacting with Clock and Npas2 and potentially via the output of CRY1.

The circadian rhythm, which comprises a period of approximately 24 hours, regulates many biological aspects, including physiology and behaviour, in nearly all organisms. The mammalian endogenous central circadian oscillator (circadian clock) is located in the hypothalamic suprachiasmatic nuclei (SCN)1. One molecular mechanism underlying circadian clock is the multiple-interacted transcription-translation feedback loops, in which many clock genes, including Clock (circadian locomotor output cycles kaput), Bmal1 (brain and muscle ARNT-like protein 1), Per1 (period 1) and Cry1 (cryptochrome 1), are involved2. CLOCK and BMAL1, the two key positive regulators of the circadian clock, promote the transcription of Per1, Per2, Per3, Cry1, Cry2 and many other genes3,4. The PER-CRY complex can translocate into the nucleus and inhibit the transcription of specific genes mediated by the CLOCK/BMAL1 heterodimer5,6. The molecular feedback loops are accurately modulated by a substantial number of molecules. In recent years, many other factors were described as part of the clock mechanism to explain how clock genes are regulated at the transcriptional, translational and post-translational levels, and the importance of posttranscriptional regulation has gradually been recognised. MicroRNAs (miRNAs, miR) comprise a set of molecules that have a potential ability to fine-tune biological timing processes.

MiRNAs are members of non-coding RNAs and comprise approximately 22-nucleotide single-stranded RNAs. In animals, miRNA biogenesis is initiated with the production of primary miRNAs (pri-miRNA), which are transcribed from miRNA genes or the introns of protein-coding genes. Pri-miRNAs undergo a series of processing steps, including the generation of a stem-looped structure referred to as pre-miRNA, the exportation of pre-miRNAs from the nucleus to the cytoplasm, and the formation of a duplex complex that contains single-stranded mature miRNAs. Mature miRNAs associate with components of the RNA-induced silencing complex (RISC) to mediate specific mRNA degradation or translational repression. MiRNAs recognise the 3′ untranslated region (3′UTR) of target messenger RNA (mRNA) via base-pairing interactions to regulate mRNA stability or translation7. MiRNAs have been implicated in numerous processes, including brain development, neuronal differentiation and synaptic plasticity8,9. Many miRNAs have been reported to be involved in diseases, such as Alzheimer’s disease10.

Increasing evidences indicate that miRNAs play fairly important roles in the modulation of the mammalian circadian clock11. Cheng et al.12 reported that brain specific miR-219 and miR-132 promote circadian processes and attenuate the entraining effects of light, respectively. MiR-122, a highly abundant hepatocyte-specific miRNA,
is under the circadian control and is linked to the circadian regulation of lipid metabolism and the rhythmic expression profile of the circadian deadenylase Nocturnin in mouse liver. Some miRNAs have been identified to oscillate in the mouse retina or affect the dynamic regulation of the circadian clock in skeletal muscle. Other reports have indicated that specific miRNAs could target clock genes at the molecular level. However, these studies did not determine the specific functions of the miRNAs relevant to the physiological rhythms.

The present study aimed to identify miRNAs that target the clock genes and regulate the circadian locomotor rhythm. Based on the preliminary screening study, we specifically focused on the regulatory function of miRNA-17-5p in the circadian rhythm and the underlying molecular mechanisms in a mouse model.

Results

MiR-17-5p represses the translation of Clock by targeting its 3′UTR. We used three computational prediction algorithms, miRanda, PicTar and TargetScan, to screen miRNAs that target the 3′UTR of Clock mRNA. The miRNAs with a high score or rank in all the three prediction algorithms were candidates (Fig. S1A). We compiled the results and identified the top 10 candidate miRNAs to validate their functions via a dual luciferase reporter assay. Cultured 293T cells were transfected with candidate miRNA mimics and luciferase expression constructs that contained the murine Clock transcript 3′UTR (Fig. S1B). The candidate miRNA mimics were also introduced to NIH/3T3 cells for further validation of the precise influences of candidate miRNAs on the expression of Clock. Among these miRNAs, we focused on miR-17-5p because the influence of miR-17-5p transfection on Clock expression in NIH/3T3 cells (Fig. S1C) was similar with the dual luciferase reporter assay (Fig. S1B). MiR-17-5p significantly decreased the expression of Clock in both assays. Thus, we demonstrated that miR-17-5p inhibited Clock expression by targeting its 3′UTR.

MiRNA has “seed sequences” that may bind to the 3′UTR of a target gene according to the Watson-Crick complementary principal. To confirm the interaction sites between miR-17-5p and the Clock 3′UTR, we identified two putative recognition sites in the Clock 3′UTR by utilising TargetScan. As shown in Fig. 1A, the first sequence was located at 1019–1025 (site 1) and the second was at 3841–3848 (site 2) of the Clock 3′UTR. We generated the point mutants of site 1, site 2 or both sites of the Clock 3′UTR. The double mutation of Clock 3′UTR significantly attenuated the inhibitory effect of miR-17-5p on Luc expression (Fig. 1B). As this attenuation did not reach 100%, we speculated that there might be other interacting regions on the Clock 3′UTR for miR-17-5p. Nevertheless, these two sites were primarily responsible for the binding and inhibition of miR-17-5p on Clock mRNA.

To further validate the impact of miR-17-5p on Clock, we performed overexpression and knockdown assays in cell lines. We transfected Neuro-2a (N2a) cells with miR-17-5p mimics or a pMiRNA1 overexpression construct with the insertion of pre-miR-17. The overexpression vector had two products, miR-17-5p and miR-17-3p. The transfection of the pMiRNA-miR-17 construct increased the abundance of mature miR-17-5p by more than 10 fold (Fig. 1C). Inhibitors and antagonirs of miRNAs comprise single-strand sequences complementary to a specific miRNA. They had the same sequence but with different modifications. We observed that the application of inhibitor or antagonir sharply repressed the endogenous expression of miR-17-5p (Fig. 1C). Western blot results indicated that the overexpression of miR-17-5p substantially decreased the level of CLOCK protein, whereas a miR-17-5p inhibitor or antagonir promoted it (Fig. 1D). These findings demonstrated that miR-17-5p repressed the expression of Clock. In general, miRNAs inhibit gene expression by degrading miRNA or repressing protein translation. Our results revealed that blocking transcription via actinomycin significantly decreased the Clock mRNA level and introducing miR-17-5p into cells did not exert a further influence on the Clock mRNA (Fig. 1E). Moreover, miR-17-5p reduced the CLOCK protein level regardless of transcription blocking (Fig. 1F), suggesting that miR-17-5p may potentially affect the renewal of CLOCK protein, rather than the degradation of Clock mRNA.

To further clarify the action mechanism of miR-17-5p on Clock, we performed experiments at the translation process. As shown in Fig. 1G,H, when protein degradation was blocked by MG-132, an inhibitor of major proteasomes, miR-17-5p could still decrease the CLOCK protein level compared with the nonsense sequence. This finding suggests that miR-17-5p represses the translation of Clock. However, the possibility that miR-17-5p promotes the degradation of CLOCK cannot be excluded in this condition. Thus, we used cycloheximide (CHX), an inhibitor of protein synthesis in eukaryotic cells, to inhibit the synthesis of CLOCK and to determine whether miR-17-5p would affect the degradation speed of CLOCK. Assessment of the CLOCK protein half-life demonstrated that miR-17-5p did not affect the stability of CLOCK (Fig. 1I,J). These experiments suggest that miR-17-5p inhibits the translation, rather than promotes the mRNA degradation, of Clock.

MiR-17-5p is rhythmically expressed in synchronised NIH/3T3 cells. To investigate the expression patterns of miR-17-5p and CLOCK, we synchronised NIH/3T3 cells with 50% horse serum. We demonstrated that miR-17-5p was expressed in a circadian oscillatory pattern in the synchronised cells (Fig. 2A). Western blot results indicated that CLOCK was rhythmically expressed with a shifted peak value compared with miR-17-5p (Fig. 2B), whereas miR-17-5p and CLOCK had similar oscillatory periods of approximately 24 hours in expression. These findings suggest that miR-17-5p may be under the circadian control.

MiR-17-5p expresses in the mouse SCN in a circadian manner. We examined the miR-17-5p levels in the SCN during a 24-h period in mice in LD (light:dark) 12:12 (h) or DD (constant dark) circumstances. As shown in Fig. 3A, the miR-17-5p expression exhibited similar rhythmic patterns in both LD and DD. The relative miR-17-5p levels were higher at late night and early morning but were lower in the middle of the day. The miR-17-5p level in the cortex of the mouse brain did not exhibit an obvious circadian pattern compared with that in the SCN (Fig. 3A). The CLOCK protein levels in the cytoplasmic and nuclear regions were both rhythmic but were in an opposite phase (Fig. 3B), representing a phenomenon of CLOCK shuffling between the cytoplasm
Figure 1. Identification of two major binding sites for miR-17-5p on the 3′UTR of Clock mRNA. (A) Diagram indicates two putative binding sites on the Clock 3′ UTR. (B) Luciferase activities of the wild-type and mutant constructs of the Clock 3′ UTR in 293T cells transfected with miR-NC or miR-17-5p. (C) RT-qPCR of miR-17-5p and (D) Western blots of CLOCK in N2a cells transfected with pMIRNA1 plasmid and mimics, inhibitor and antagonor of miR-17-5p. Nonsense sequences different from the miRNAs are used as a negative control (miR-NC) and set to 1.0 for RT-qPCR analyses. (E,F) RT-qPCR for Clock mRNA and Western blotting for CLOCK protein of N2a cells were preceded by incubation with or without 2 ng/μl actinomycin for 6 hours. (G,H) Western blot analysis of CLOCK in N2a cell lysates. Cells were transfected with miR-NC or miR-17-5p mimics followed by treatment with 50 nM MG-132 or DMSO for 8 hours. (I, J) Stability of endogenous CLOCK in the N2a cells transfected with miR-NC or miR-17-5p mimics and treated with 30 μg/ml CHX. CLOCK protein levels at 0 h were set to 100%. *P < 0.05, **P < 0.01, ***P < 0.001 vs. respective controls. N = 3 per group.
and nucleus\(^2\). It is notable that the miR-17-5p level increased to a zenith value when the cytoplasmic CLOCK decreased to a nadir value. We speculated that there was a specific association between miR-17-5p and CLOCK. The transcription of miR-17 is directly regulated by CLOCK. The rhythmic expression patterns of miR-17-5p in synchronised cells and SCN implicate that miR-17-5p expression may be under the control of circadian clock. To demonstrate this speculation, we generated stable Clock-knockdown N2a cell line using a lentivirus-vector-based short hairpin RNA (shRNA) approach. Of the three designed shRNA sequences (a, b and c), shRNA-c had the highest interfering efficacy, it greatly reduced the CLOCK protein level and the mRNA level of Clock decreased by more than 50% (Fig. 4A–C). We used the cell line stably expressing shRNA-c to determine the expression of specific clock genes. The expression levels of two important CLOCK-regulated genes, Per1 and Cry1, were decreased and increased, respectively. The expression of miR-17-5p was decreased (Fig. 4C), suggesting that the level of miR-17-5p is under the control of Clock.

To further confirm whether CLOCK directly regulates miR-17, we performed a chromatin immunoprecipitation (ChIP) assay. The upstream 5-kb and downstream 2-kb sequences of miR-17 transcription start site were examined for putative CLOCK-binding sites. As CLOCK binds to the E-box sequence to activate transcription, we used eight pairs of ChIP-qPCR primers covering the putative binding sites (Fig. 4D). As shown in Fig. 4E, CLOCK bound to the promoter region of miR-17, approximately from the upstream 1.5 kb to the transcription start site. In addition, we cloned the promoter region of miR-17 and validated the transactivation of CLOCK and BMAL1 on miR-17-Luc. As indicated in Fig. 4F, compared to the vector control, co-expression of Clock and Bmal1 promoted the transcription of miR-17-Luc.

Taken together, these results indicate that CLOCK binds to the promoter of miR-17 and regulates the expression of miR-17-5p.

Intracerebroventricular injection of antagomir-17-5p accelerates the circadian rhythm of mice. As shown above, miR-17-5p inhibited the expression of Clock and CLOCK promoted the transcription of miR-17-5p in vitro. Thus, we were interested in investigating the role of miR-17-5p in the circadian clock regulation in vivo. We performed an intracerebroventricular (i.c.v.) injection of antagomir-17-5p and investigated the effect of this antagomir on the circadian locomotor rhythms of mice, and observed a significant period length...
shortening after the injection of antagomir-17-5p compared with that produced by the control nonsense antagomir (Fig. 5A,B). The free-running period of the mice injected with antagomir-17-5p was shortened by approximately 17 min (Fig. 5C). The period lengths of the individual mice before and after the antagomir injection are shown in Fig. 5D,E. The antagomirs of miR-17-5p used in this study were similar with the inhibitors of miR-17-5p in action but with different modifications. Antagomirs comprise types of cholesterol-modified oligoribonucleotides complementary to miRNAs, they are more stable than inhibitors in vivo and thus are suitable for animal study. As reported, lateral ventricular injection is an efficient method for delivering tool drugs to the SCN of mice with minor injury to the brain. We selected CT20 as the injection time because this time point preceded the time of miR-17-5p expression peak. The injection of antagomir-17-5p contributed to the inhibition of miR-17-5p in the SCN of the mice even after 14 days (Fig. 5F). These findings indicate that miR-17-5p acts as a modulator of the circadian period length.

Because period shortening is associated with the output signalling of the circadian clock, we speculated that miR-17-5p may exert an effect on the output genes of the circadian clock, for example, *Per1* and *Pk2* (prokineticin 2). It has been shown that the expressions of the two genes reached their peak and valley at specific times with relevance to the cycles of circadian rhythm. Thus, the protein expression phases of the two genes are adjusted along with the change of period. When the free-running period is shortened, the phase would be different from the previous phase after multiple cycles. In accordance with these expectations, our findings indicated that the levels of *PER1* and *PK2* protein significantly decreased 14 days after the injection of antagomir-17-5p compared with the mice injected with the control (Fig. S2), in which the previous expression peaks (at the original CT12) were supposedly unchanged.

**Intracerebroventricular agomir-17-5p also promotes the circadian clock process in mice.**

As shown above, i.c.v. injection of antagonist-17-5p suppressed the expression/action of miR-17-5p in the SCN and led to an acceleration of the circadian locomotor rhythm and a shortening of the period length. We further examined whether agomir-17-5p administrated in the same way, a procedure supposed to increase the action of miR-17-5p in the SCN, would exert an opposite effect on the circadian period compared with antagonist-17-5p.

Agomirs comprise modified miRNAs and are similar with mimics in actions but are more stable and can be used in vivo. We delivered agomir-17-5p to the lateral ventricle of the mouse brains, a performance equal to an increase of miR-17-5p level in the SCN. We speculated that agomir-17-5p may exert an opposite action compared with the antagonist-17-5p. However, to our surprise, i.c.v. injection of agomir-17-5p also promoted the circadian clock process, as demonstrated by the shortening of the free-running period in mice. And, the period-shortening effect of agomir-17-5p was even greater than the antagonist-17-5p (Fig. 6A through 6E). The free-running periods of the individual mice before and after the injection of agomir-17-5p are shown in Fig. 6C,D. The free-running period of a mouse that received agomir-17-5p was shortened by even half an hour. These unexpected results suggest that there may be an equilibrium mechanism to stabilise the miR-17-5p level in the SCN, and changes in...
the miR-17-5p level would accelerate the circadian clock process and lead to period shortening, potentially via specific output signalling molecule(s).

We attempted to determine the mechanism(s) accounting for the puzzling phenomenon described above, i.e., why i.c.v. injection either of agomir-17-5p or of antagonim-17-5p shortened the period length. Plasmids for the overexpression of miR-17-5p were constructed and transfected to N2a cells. After screening for several generations with G418, a cell line stably overexpressing miR-17-5p was constructed. In addition, we packed the lentivirus that carried miR-17-5p sponges and infected N2a cells, aiming to use this tool to compete with the binding sites of the corresponding miRNAs and effectively attenuate the inhibitory effect of miR-17-5p on its target genes.

The expression of several clock genes was assessed in these cell lines (Figs 6F and S3). The overexpression of miR-17-5p did not significantly affect the mRNA levels of most clock genes, with the exception of a slight increase in the mRNA levels of Cry1, Cry2, and Per2 (Fig. S3). The knockdown of miR-17-5p also did not affect the mRNA expression of most clock genes (Fig. S3). However, overexpression of miR-17-5p decreased the protein expression of CLOCK and its paralog, NPAS2 (Fig. 6F), whereas the inhibition of miR-17-5p increased the expression of CLOCK and several clock proteins, including BMAL1, PER1, and CRY1 (Fig. 6F).

As shown in Fig. 6F, both overexpression and knockdown of miR-17-5p increased CRY1 protein level. We are curious regarding how miR-17-5p affected the CRY1 protein level. CRY1 was not the direct target of miR-17-5p. Thus, we speculated that CLOCK may mediate the regulation of miR-17-5p on CRY1. In Fig. 6G, it was clear that both the overexpression and knockdown of CLOCK increased the CRY1 protein level, an evidence supporting the above speculation.

The increase of CRY1 protein level in response to bidirectional changes of miR-17-5p were also demonstrated in vivo (Fig. 6H). These results obtained at the cellular and integral levels were in accordance with the behavioural results that both increase and decrease of miR-17-5p in the SCN lead to an accelerated process of the circadian clock (period shortening). Taken together, these findings suggest that miR-17-5p is a distinct molecule in equilibrating the period length of the circadian rhythm, potentially via the modulation of CRY1 level through CLOCK in the SCN.

Figure 4. Direct regulation of miR-17-5p expression by CLOCK. (A) Western blots of CLOCK in N2a cells infected with three (a, b and c) different lentiviruses, which carried the interfering sequences that produced short-hairpin RNA that targeted Clock mRNA. (B) Quantitative analyses of A. Cells that expressed a nonsense interfering sequence served as a negative control (nc). (C) RT-qPCR quantified Per1, Cry1, Clock and miR-17-5p in N2a cells with an interference of Clock. (D) Schematic of the promoter region of miR-17 from upstream 5 kb to downstream 2 kb scaled by black vertical lines. +1 indicated the start site of transcription. E-boxes are depicted as red vertical lines. The primers near the putative binding sites are shown as shown bold horizontal lines below the sequence and are labelled a to g. (E) RT-qPCR of putative regions in the miR-17 promoter bound by CLOCK in the ChIP assay. The negative control samples were immunoprecipitated with rabbit IgG. (F) Dual luciferase reporter gene assays for transactivation of CLOCK and BMAL1 on the miR-17 promoter. Empty vectors were used as a negative control, and mPer1-Luc and mPer2-Luc were used as positive controls. **P < 0.01, ***P < 0.001 vs. respective control. N = 3 per group.
Discussion

In recent years, miR-17-5p has gained attention not only for its potential roles in tumorigenesis\(^22\)–\(^25\) and peripheral organ development\(^26\)–\(^28\), but also for its roles in the development of the central nervous system (CNS)\(^29\). However, whether miR-17-5p plays a role in the regulation of circadian rhythm has not been reported. The present study demonstrated an interesting function of miR-17-5p in the regulation of circadian clock period.

One of the major findings of the present study was that miR-17-5p and \(\text{Clock}\) exhibited reciprocal regulation: miR-17-5p bound to two sites on the 3′ UTR of \(\text{Clock}\) mRNA and strongly suppressed the expression of \(\text{Clock}\), whereas CLOCK protein directly bound to the promoter of \(\text{miR-17}\) and enhanced the expression of miR-17-5p. \(\text{Clock}\) is the key gene that controls the circadian rhythm. Thus, these findings may basically endow miR-17-5p as a regulator of circadian rhythm. It’s notable that the 3′ UTR of \(\text{Clock}\) mRNA (4556 bp) account for nearly half of the entire length of clock mRNA (9801 bp). According to the opinion of Stark et al.\(^30\), when confronting with miRNAs, genes are under selection to specifically avoid or take advantage of miRNA regulation. Thus, genes with longer lengths of 3′ UTR may have more chances to be regulated by miRNAs. So both the absolute length and the relative length of the 3′ UTR of \(\text{Clock}\) mRNA may likely provide abundant choices for post-translational regulation by miRNAs. We further identified that miR-17-5p decreased the CLOCK protein level not by promoting \(\text{Clock}\) mRNA or CLOCK protein degradation, but by repressing the translation of \(\text{Clock}\).

In addition to the finding that miR-17-5p affected the CLOCK level in cell lines, we also demonstrated that miR-17-5p was rhythmically expressed in the SCN compared with its expression pattern in the cortex. This result further suggests a role of miR-17-5p in the function of the master clock. We determined that the oscillatory amplitude of the miR-17-5p level was not as large as \(\text{Per1}\) and other well-known clock genes, this result suggests a fine-tuning role of this miRNA in circadian clock regulation. Yang et al.\(^31\) demonstrated that circadian regulated miRNAs in \(\text{Drosophila}\), including miR-263a and -263b, exhibited robust daily changes with moderate amplitudes. The moderate variation range of miRNAs may be the reason why they may fine-tune their target genes and the corresponding metabolic activities. We further demonstrated that miR-17-5p and CLOCK were expressed in different phases in synchronised cells and in opposite phases in the SCN. Moreover, miR-17-5p was under the control of CLOCK: CLOCK bound to the proximal promoter region of \(\text{miR-17}\) and promoted its transcription, and a stable decrease of CLOCK led to reduction of miR-17-5p. These experiments suggest that the circuit between miR-17-5p and CLOCK may comprise a mechanism that stabilises the molecular feedback loops of the circadian clock.

As shown in the present study, miR-17-5p was involved in the regulation of molecular clock. Thus, the miR-17-5p level may be relevant to the circadian clock in the SCN. It is reported that treatment with antagonir-17-5p...
abolished the growth of therapy-resistant neuroblastoma in vivo. To confirm the importance of miR-17-5p in circadian rhythm regulation, we applied a specific antagomir in vivo to reduce the level of mature miR-17-5p in the mouse SCN. The decrease in miR-17-5p led to a shortening of the free-running period. It is possible that the inhibitory effect of miR-17-5p on the 3'UTR of Clock mRNA is relieved by antagomir-17-5p. According to the general concept, the shortening of the free-running period length in mice by antagomir-17-5p would prefigure a prolongation of the period length by agomir-17-5p. Intriguingly, the result was opposite to this speculation: i.c.v. injection of agomir-17-5p also shortened the free-running period length as antagomir-17-5p did, rather than prolonged it, and the period length-shortening effect of agomir-17-5p was even stronger than antagomir-17-5p. This phenomenon is unconventional to the general concept of biological regulation. We suggest that this bewildering regulatory algorithm may occur because one miRNA has several target genes, and the circadian clock circuit is orchestrated by complex feedback controls. Luo et al. also reported a similar phenomenon in an investigation of
the role of miR-279 in the circadian control; they demonstrated that both overexpression and deletion of miR-279 disrupted the circadian rhythm in Drosophila. In the present study, miR-17-5p had two binding sites in the 3′ UTR of Clock mRNA and functioned as a stronger inhibitor of Clock compared with its other targets. Thus, a smaller quantity of miR-17-5p may be sufficient to exert a moderate repression of CLOCK expression. The introduction of antagoni-17-5p weakened the inhibition of miR-17-5p on CLOCK expression, and thus promoted the circadian rhythm process. In addition, as indicated in Fig. 6f, the interference of miR-17-5p indirectly boosted the expression of several important clock genes on the protein level, which may potentially result in a circadian process impetus.

The injection of agomir-17-5p not only suppressed Clock expression but also affected additional genes. At the cellular level (shown in Figs S4 and 6f), miR-17-5p also targeted Npas2, a paralog of CLOCK. Overexpression of miR-17-5p inhibited the expression of CLOCK and Npas2, this effect may endow miR-17-5p the rationality to shorten the period length, as Clock- or Npas2-null mice display shortened free running period34.

We also focused on the potential output molecule(s) of the circadian clock by which miR-17-5p affected the period length, and demonstrated that a consistent increase or decrease of miR-17-5p lead to a unidirectional change of a clock gene, i.e., the promotion of Cry1 expression, whereas Clock exhibited bidirectional changes in response to increase or decrease of miR-17-5p. This unusual regulatory context is worthy of further investigation. As already shown by other investigators, CLOCK and BMAL1 promote the transcription of Per and Cry. We therefore investigated the alterations in CRY1 expression following manipulation of the CLOCK levels in cell lines. The overexpression and knockdown of Clock increased the CRY1 levels. It is notable that the knockdown of Clock increased both the mRNA and protein levels of Cry1 (Figs 4C and 6f). Cry1 may be an important output signaling molecule of Clock in mediating the period shortening elicited by miR-17-5p, although we cannot exclude other signaling molecules involved in the output process of rhythm.

The period length of circadian rhythm is affected by multiple factors at different tiers of regulation with complicated mechanisms which are not entirely clear at present. Cry1 is only one probable explanation for the unconventional phenomenon described above, because we do not know why interfering Clock promotes the expression of CRY1 and how CRY1 shortens the free-running period. It is possible that Clock may reduce the expression of CRY1 through a unknown way when it promotes the transcription of E-box-containing genes. It has been reported that Cry1 knockout leads to period shortening of the circadian locomotor rhythms in mice35. However, this observation does not mean a linear linkage between Cry1 and period length. For example, Cry1 transgenic mice had a similar period length as the wild-type mice36. Although the present study shows relevance between Cry1 and the period length, we do not intend to suggest a causal and exclusive output role of CRY1 in the regulation of circadian period by miR-17-5p. Cry1 was not the only changeable gene in response to the increase or decrease of miR-17-5p and Clock in the present study. MiR-17-5p may target additional regulatory genes of the free-running period. These considerations may partially explain the contradictory changes of the circadian period in different experimental background, for example, the present study and the Cry1 knockout study35.

In conclusion, the results of molecular, cellular and in vivo experiments demonstrated that the circadian-regulated miR-17-5p inhibits the translation of Clock by targeting the 3′ UTR of Clock mRNA and participates in the regulation of free-running period in mice. In addition, Npas2 takes a similar role as Clock in the function of miR-17-5p. MiR-17-5p may specifically act as an indicator and a stabiliser of the circadian-clock period, potentially via the CLOCK-mediated output of CRY1. Overall, miR-17-5p may be a novel factor in the modulation of the circadian molecular feedback loops and an intermediate molecule that provides circadian regulation to many other physiological and pathological pathways.

Materials and Methods

Cell culture, transfection and sample collection. Cell lines of 293T, NIH/3T3 and N2a were purchased from American Type Culture Collection (ATCC). The cells were cultured in Dulbecco’s modified Eagle’s medium (DMEM) that contained 10% foetal bovine serum (FBS), 100 units/ml penicillin and 100 mg/ml streptomycin at 37 °C and 5% CO2. The cells were transfected with plasmids or miRNA products (mimics or inhibitors) using Lipofectamine 2000 Transfection Reagent (Invitrogen, USA). For cell synchronisation assays, 1 × 106 cells were seeded in a 6-cm petri dish and grew for 24 h. The cells were subsequently treated with 50% horse serum for 2 h at 37 °C and 5% CO2. The cells were transfected with plasmids or miRNA products (mimics or inhibitors) using Lipofectamine 2000 Transfection Reagent (Invitrogen, USA). For cell synchronisation assays, 1 × 106 cells were seeded in a 6-cm petri dish and grew for 24 h. The cells were transfected with plasmids or miRNA products (mimics or inhibitors) using Lipofectamine 2000 Transfection Reagent (Invitrogen, USA). For cell synchronisation assays, 1 × 106 cells were seeded in a 6-cm petri dish and grew for 24 h.

Dual luciferase reporter assay. The Clock 3′ UTR (4.5 kb) and Npas2 3′ UTR (1.2 kb) were amplified via PCR from the cDNA of the NIH/3T3 cell line and cloned to a pMIR-REPORT™ luciferase vector (Ambion, USA). The cell line 293T was seeded on a 24-well plate 24 h prior to transfection. MiRNA mimics, Clock 3′ UTR luciferase vector and Renilla-luciferase vector (reference control) were transfected into 293T cells at the amounts of 20 pmol, 80 ng and 8 ng per well, respectively. Cell lysis and luciferase measurements were performed with a Dual-Luciferase Reporter Assay System (Promega, USA) according to the manufacturer’s instructions. The promoters of miR-17 (1.8 kb), Per1 (1.8 kb) and Per2 (1.7 kb) were cloned from the genome of the NIH/3T3 cell line and ligated to pGL3-basic27. Constructs of 80 ng pGL3-basic, miR-17-Luc, Per1-Luc or Per2-Luc were mixed with 8 ng Renilla-luciferase vector, respectively, and transfected into 293T cells. Clock (700 ng) and Bmal1 (300 ng) were also introduced into the 293T cells. pcDNA3.1 was used as the control vector.

Animals and brain tissue harvesting. Male C57BL/6J mice, age 8–10 weeks, were purchased from the Experimental Animal Center, Chinese Academy of Medical Sciences (Beijing). All animals were supplied with regular chow and water ad libitum and were housed in a standard animal maintenance facility under controlled light conditions. The mice were maintained in 12:12 (h) light:dark (LD) cycles for at least 14 days and were subsequently subjected to an environment of constant dark (DD). The mice were manipulated to perform voluntary running-wheel activities in both LD and DD conditions. The mice were euthanized, and the brains were harvested.
Institutes of Health Guidelines for the Care and Use of Laboratory Animals (NIH Publication 85-23, revised 1985).

were designed as reported and ordered from Hanbio Company (Shanghai, China).

After 48–72 h of transfection, the supernatant that contained mature virus was harvested and was used to infect were transfected with psPAX2, pMD2.G and pLKO.1, which carried different interfering sequences, respectively.

oligonucleotides that contained the interfering sequences were linked to the pLKO.1 construct. The 293T cells

β Lamin B1 polyclonal antibody (ImmunoWay, USA), anti-

anti-NPAS2 antibody (Santa Cruz Biotechnology, USA), anti-CRY2 antibody (Santa Cruz Biotechnology, USA),

ter membrane for antibody recognition. The following antibodies were used: anti-CLOCK antibody (CST, USA),

protein concentration. The proteins were subsequently separated via SDS-PAGE and transferred to a nitrocellulose fil-

Brains. RNA extraction was performed with TRIzol reagent (Ambion, USA) according to the manufacturer’s

instructions. The cDNA was generated, and real time quantitative PCR (RT-qPCR) was conducted on StepOne

Plus (ABI, USA). The relative abundance of the transcripts was calculated by normalising to

(d虬rial ribosomal protein L19) as an endogenous ref. 38. The specific RT-qPCR primers were listed in Table 1.

Protein extraction and Western blotting. RIPA plus proteinase inhibitors were used to extract proteins from cells or SCN tissue samples. Nuclear/cytoplasmic fractionation was performed using NE-PER nuclear and cytoplasmic extraction reagents (Thermo, USA). The cell or tissue lysates were normalised by measuring the protein concentration. The proteins were subsequently separated via SDS-PAGE and transferred to a nitrocellulose filter membrane for antibody recognition. The following antibodies were used: anti-CLOCK antibody (CST, USA), anti-CP2 antibody (Santa Cruz Biotechnology, USA), Lamin B1 polyclonal antibody (Immunoway, USA), anti-β-actin rabbit polyclonal antibody (Santa Cruz Biotechnology, USA) and anti-GAPDH monoclonal antibody (MBL, Japan). The antibodies for PER1, CRY1 and BMAL1 were purchased from Abcam, UK. Quantity One software was used for the quantitative analyses of the protein expression.

Plasmids and lentivirus infections. Constructs for Clock and Bmal1 were cloned from the cDNA of the mouse brains and ligated to pcDNA3.1. The sequences of pre-miR-17 and its adjacent region were cloned from the genome of the mice and ligated to pcDNA3.1 or pMIRNA1. The constructs were verified by sequencing. The plasmids were transiently or stably transfected to N2a cells as indicated. The N2a cells that expressed miR-17-5p were obtained by screening with 800 μg/ml G418. The interfering sequences that targeted the

Clock mRNA are provided on the Sigma-Aldrich web site (http://www.sigmaaldrich.com/china-mainland/zh/ life-science/function genomic and-rnai/individual-genes.html). The sequences of the high scores were chosen for verification. Interfering sequence a was 5'-CTTCAGCATCTTGGATCTGAC-3' and sequence b was 5'-CCTGACTCTCTTATCTGAGTG-3' and sequence c was 5'-GAGAACATTCAGAGGTTTATA-3'. The oligonucleotides that contained the interfering sequences were linked to the pKO.1 construct. The 293T cells were transfected with psPAX2, pMD2.G and pLKO.1, which carried different interfering sequences, respectively. After 48–72 h of transfection, the supernatant that contained mature virus was harvested and was used to infect the N2a cells. We screened the cells that stably expressed constructs via the addition of 2 μg/ml puromycin for several generations. MiR-17-5p that were sponge packed with adenovirus, a competitive inhibitor of small RNAs, were designed as reported and ordered from Hanbio Company (Shanghai, China).

Monitoring of wheel-running activities and intracerebroventricular injection. The mice were individually housed in cages equipped with wireless running wheels. They were first entrained to LD 12:12 (h) for 14 days and subsequently transferred to DD for 8–9 days. The wheel-running activities were recorded by the VitalView programme (MiniMitter, USA), and the actograms of the wheel-running were analysed using ActiView software (MiniMitter, USA).

Intracerebroventricular (i.c.v.) injection of the agents into the lateral ventricle was performed according to the method we recently reported. Briefly, the mouse was anesthetised with 20% urethane hydrate (1.3 g/kg, i.p.), and the head was fixed to a stereotaxic apparatus. The skull bone was exposed following a skin incision. A small hole (diameter 1 mm) was made perpendicularly to the skull with a skull drill. To create the hole, the coordinates (posterior, −0.46 mm from bregma; lateral, 1.0 mm from the midline; and dorsoventral, −2.3 mm from bregma) were used. The tip of a 24-gauge injector was inserted into the lateral ventricle following the hole. Injections of antagonirs (3 μl for each antagonir) were performed at CT20. Control experiments were performed with mice injected with scrambled antagonirs (each 3 μl) that had no complementarity to any known murine miRNAs. Following injection, the skull hole was rapidly sealed with dental cement, and the animal was transferred to the DD condition for free-running activity.

| Gene   | Forward primer                  | Reverse primer                  |
|--------|---------------------------------|---------------------------------|
| Mrpl19 | 5'-GGCAGTGACCTTCCCTTGCTCGTAAT-3' | 5'-GGCAGTGACCTTCCCTTGCTCGTAAT-3' |
| Clock  | 5'-TTTTCAGCATCTTGGATCTGAC-3'    | 5'-CGAGAACATTCAGAGGTTTATA-3'   |
| Per1   | 5'-CTTCAGCATCTTGGATCTGAC-3'    | 5'-GAGAACATTCAGAGGTTTATA-3'   |
| miR-17-5p | 5'-CTCAAGTCAAGGAGTCATCTGAC-3' | 5'-GAGAACATTCAGAGGTTTATA-3'   |
| Cry1   | 5'-CTCAAGTCAAGGAGTCATCTGAC-3' | 5'-GAGAACATTCAGAGGTTTATA-3'   |
| Npas2  | 5'-CTCAAGTCAAGGAGTCATCTGAC-3' | 5'-GAGAACATTCAGAGGTTTATA-3'   |
| Bmal1  | 5'-CTCAAGTCAAGGAGTCATCTGAC-3' | 5'-GAGAACATTCAGAGGTTTATA-3'   |
| Per2   | 5'-CTCAAGTCAAGGAGTCATCTGAC-3' | 5'-GAGAACATTCAGAGGTTTATA-3'   |
| Cry2   | 5'-CTCAAGTCAAGGAGTCATCTGAC-3' | 5'-GAGAACATTCAGAGGTTTATA-3'   |

Table 1. Primer sequences for RT-qPCR.
Chromatin immunoprecipitation (ChIP). N2a cells were cultured as above described. When the confluence reached approximately 95%, the cells were cross-linked with 1% formaldehyde, washed with PBS and transferred to an EP tube to prepare for lysis. Following nuclear protein extraction, the DNA was sheared to fragments of 200–1000 bp by sonication. A ChIP assay of the CLOCK-DNA complexes was performed with the CLOCK antibody. Purified DNA was subjected to real-time PCR. The detailed steps were processed with an EpiQuikTM Chromatin Immunoprecipitation Kit (Epigentek, USA) according to the manufacturer’s instructions.

Immunohistochemistry. The whole brains of the mice were rapidly harvested at the indicated time point and fixed in 4% fresh paraformaldehyde for 48 h. The brain tissues were dehydrated in gradient ethanol and embedded in paraffin. SCN sections were cut, processed and immunostained for CLOCK, PER1 and PK2 using the following antibodies: rabbit polyclonal antibody against CRY1 (1:600, Abcam, USA), rabbit polyclonal antibody against PK2 (1:600, Abcam, UK) and rabbit monoclonal antibody against PER1 (1:600, Abcam, UK). Bright-field microscopy images were captured using a digital camera installed on a Leica microscope.

Statistical analysis. The data are presented as the mean ± standard error of the mean (SEM). Statistical analyses were performed using GraphPad Prism software. The two-tailed t-test was used to compare the mean values of the two groups. The criterion for statistical significance was P < 0.05.

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**Author Contributions**

Q.G. and J.-M.C. conceived and designed the experiments; Q.G., L.Z. and S.-Y.Y. performed the experiments; Q.G. and J.-M.C. analysed the data; Q.G., L.Z. and J.-M.C. contributed reagents/materials/analysis tools; Q.G. and J.-M.C. wrote the manuscript.

**Additional Information**

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