Hydroclimate footprint of pan-Asian monsoon water isotope during the last deglaciation

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Oxygen isotope speleothem records exhibit coherent variability over the pan-Asian summer monsoon (AM) region. The hydroclimatic representation of these oxygen isotope records for the AM, however, has remained poorly understood. Here, combining an isotope-enabled Earth system model in transient experiments with proxy records, we show that the widespread AM δ18Oc signal during the last deglaciation (20 to 11 thousand years ago) is accompanied by a continental-scale, coherent hydroclimate footprint, with spatially opposite signs in rainfall. This footprint is generated as a dynamically coherent response of the AM system primarily to meltwater forcing and secondarily to insolation forcing and is further reinforced by atmospheric teleconnection. Hence, widespread δ18Oc depletion in the AM region is accompanied by a northward migration of the westerly jet and enhanced southwest monsoon wind, as well as increased rainfall from South Asia (India) to northern China but decreased rainfall in southeast China.

INTRODUCTION

With nearly half of the world’s population affected by the pan-Asian summer monsoon (AM) (Fig. 1 and fig. S1), it is important to improve our understanding of the AM response to climate change. One important advance in our knowledge of past AM changes is the development of a large number of well-dated, high-resolution oxygen isotope speleothem (δ18Oc, for δ18O in the cave) records that, combined, span the past 640,000 years (1, 2). One notable feature of these δ18Oc records is their coherent temporal variability across the entire AM region (Fig. 2, C to E, and fig. S2). This AM δ18O signal during the last deglaciation (21 to 11 thousand years [ka]) can be seen as characterized by enrichment in Heinrich Stadial 1 (HS1; ~18 to 14.5 ka), depletion in the Bølling-Allerød interstadial (BA; 14.5 to 12.9 ka), and further enrichment in the Younger Dryas stadial (YD; 12.9 to 11.7 ka).

This pioneering work in developing AM δ18Oc records has provided important insights into changes in the AM associated with the effects of millennial-scale North Atlantic changes and orbital-scale insolation changes (1, 3, 4). In particular, this earlier work proposed two mechanisms that link the observed δ18Oc variability in the East Asian Monsoon (EAM) to these forcings: changing proportions of low δ18O summer-monsoon rainfall in annual totals (referred to as monsoon intensity) (1, 4) and changing fractions of rainout and precipitation δ18O from air masses advected from tropical Indo-Pacific source regions to EAM cave sites (3). The proposed remote-depletion effect on δ18Oc variability over the EAM region has been confirmed by numerical experiments (5–8). In contrast, the spatial/temporal features of monsoon rainfall that may also contribute to the δ18Oc signal and their underlying physical mechanisms remain unclear (7–12), with some studies attributing the δ18Op signal to remote depletion with no local rainfall change (6, 8). In fact, if the δ18Op signal in the EAM region is primarily from the remote-depletion effect, the next fundamental question is: what are the local rainfall changes over the EAM, and more generally, the AM region?

Here we address the question of whether there is a continental-scale hydroclimate response pattern, or footprint, associated with this continental-scale AM δ18Oc signal and if so, what is the mechanism that maintains such a continental-scale coherence of the hydroclimate variability, especially in rainfall. Based on transient experiments in an isotope-enabled Earth system model and their comparison with proxy records, we propose that the widespread AM δ18Oc signal during the last deglaciation is accompanied by a continental-scale, coherent hydroclimate footprint with spatially opposite signs in rainfall. This coherent pattern is caused by atmospheric teleconnections as well as global-scale external climate forcing.

RESULTS

We conducted the first set of transient simulations of the evolution of global climate and water isotopes (δ18O, δD) during the last deglaciation in a state-of-the-science isotope-enabled [Community Earth System Model (iCESM); Supplementary Text] (13), largely following the modeling strategy of TRACE-21ka (Supplementary Text) (14). The iCESM captures the major observed features of the present climatology in climate and water isotopes in the AM region. We then conducted transient simulations of the evolution of a number of high-resolution proxy records from the EAM using an isotope-enabled Earth system model (iCESM) and compared these results with high-resolution proxy records from East and Southeast Asia (ESEA).

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Model-data comparison of \( ^{18}O \)-hydroclimate evolution

We first describe our model simulation over Greenland because of the clear linkage between ice-core \( ^{18}O \) (Fig. 2B) and AM \( ^{18}O \) (Fig. 2, C to E) (1, 2). Model Greenland \( ^{18}O \) evolution closely resembles the GISP2 (Greenland Ice Sheet Project 2) \( ^{18}O \) record (Fig. 2B). Largely following the annual temperature in positive correlation (Fig. 2B) as expected in the temperature effect, model \( ^{18}O \) first decreases into the HS1, then increases by ~4 per mil (‰) for a warming of ~11°C during BA, and, at the end of YD, giving a temporal \( ^{18}O \)-temperature slope of ~0.36‰/°C, consistent with independent calibrations (18). Our sensitivity experiments show that this \( ^{18}O \)-temperature coevolution is caused mainly by increasing GHG and meltwater forcing (fig. S3A) with an additional impact from sea ice. In particular, increased meltwater fluxes during HS1 and YD cause the Atlantic Meridional Overturning Circulation (AMOC) to collapse (Fig. 2F and fig. S3B), with attendant cooling over the North Atlantic, suppressing the warming trend from the GHG forcing (19).

Our modeled AM \( ^{18}O \) variability also captures the coherent changes in reconstructed \( ^{18}O \) variability across the entire AM region during the last deglaciation (Fig. 2, C and D, fig. S2, and Supplementary Text) and the roughly out-of-phase relationship with Greenland \( ^{18}O \) (Fig. 2B). In particular, our model successfully simulates the magnitude of the observed \( ^{18}O \) variability across the AM region (Fig. 2, C to E, and fig. S2), in contrast to many previous simulations that tend to underestimate the magnitude of the \( ^{18}O \) response (5–8). A decomposition of the AM \( ^{18}O \) response to those from different seasons, and furthermore from the \( ^{18}O \) value and the monthly precipitation weight, shows a dominant contribution by summer monsoon in the \( ^{18}O \) value (fig. S4). We will thus focus herein on the summer monsoon and the associated \( ^{18}O \). To compare the observed AM \( ^{18}O \) records directly, we calculated model \( ^{18}O \) from annual temperature and \( ^{18}O \) (Supplementary Text).

Our model AM \( ^{18}O \) variability evolves roughly out of phase with Greenland \( ^{18}O \) (Fig. 2B). Over most sites, the \( ^{18}O \) variability also resembles closely, but out of phase with, the local temperature change (fig. S2, A to G, I, and K). Furthermore, across the AM region, the AM \( ^{18}O \) variability is contributed primarily by the variability of precipitation \( ^{18}O \) instead of cave temperature correction (fig. S2). Therefore, the AM \( ^{18}O \) variability is opposite to what would be expected from the temperature effect, leaving no obvious reason that the AM \( ^{18}O \) variability is caused by the temperature effect locally. Instead, temperature varies coherently in phase across the entire Northern Hemisphere, as seen in the similar temperature evolution between across AM cave sites and Greenland (fig. S2 versus Fig. 2B). This, AM \( ^{18}O \) response could be caused by the hydrological variability along with the hemisphere-wide temperature change associated with, mainly, AMOC changes, as proposed in previous studies (5–8). Regionally, the AM \( ^{18}O \) signal is caused predominantly by the amount effect in the South Asian monsoon (SAM; mainly India) region and the subsequent en route depletion in the EAM region; furthermore, our analysis shows that the Indian Ocean source overwhelms the Pacific and acts as the dominant moisture source for deglacial variability (Fig. 3 and figs. S5 to S7). The detailed mechanism of the AM \( ^{18}O \) will be described in more details in Materials and Methods.

Hereafter, we focus on the continental-scale hydroclimate variability that accompanies this AM \( ^{18}O \) variability. As will be addressed more fully later, we note that this hydroclimate variability is not necessarily the cause of local \( ^{18}O \) variability everywhere in the AM region. In contrast to the \( ^{18}O \) signal that is broadly the same sign across the AM region, model rainfall response and, in turn, the rainfall-\( ^{18}O \) relation change sign within the AM region. Notably, model rainfall over South Asia (Fig. 2E and fig. S2, H to K) and nearby region (fig. S2, L and M) correlates negatively with \( ^{18}O \) as in the
Fig. 2. Hydroclimate-δ18O evolution in iTTRACE and observation. (A) Forcing: June insolation at 60°N (red), atmospheric CO2 concentration (green) (17), and meltwater fluxes in the Northern (blue) and Southern (orange) Hemisphere; (B) Greenland (GISP2): Observed ice-core δ18Op (black) (38) and model annual δ18Op (purple), surface air temperature (red), and precipitation (blue); (C) N. China: Calcite δ18Oc in model (purple) and observation (black) (39) at Kulishu Cave, annual precipitation in northern China in model (37°N to 43°N, 108°E to 120°E; blue) and in Gonghai Lake in reconstruction (green) (20), as well as lake level from Dali Lake (gray dots) (21); (D) S. China: δ18Oc in model (purple) and observation (black) (1) at Hulu Cave; model annual precipitation in southern China (22°N to 35°N, 108°E to 120°E; blue) and the leading PC of Mg/Ca, Sr/Ca, and Ba/Ca records observed in Haozhou, a proxy for southern China monsoonal precipitation (green) (22); (E) S. Asia: δ18Oc in model (purple) and observation (black) (40) in Mawmluh Cave; model annual precipitation in South Asia (10°N to 25°N, 70°E to 95°E; blue), model Arabian Sea upwelling (23°N to 24.3°N, 62.8°E to 65°E; gray), and observed Arabian Sea sediment total reflectance as a proxy for SAM wind strength (green) (41); (F) Model AMOC intensity (blue) and observed 231Pa/230Th in sediment core GGCS as a proxy for AMOC intensity (black) (42). All model results have been smoothed with a 50-year running mean. Note that in each panel, the δ18Oc scales are the same in the model and observation but with an offset (Materials and Methods). In (E), the Arabian Sea upwelling (20- to 50-m average) is constructed by removing upwelling responses in ICE run in which the local bathymetry changes at 14 and 12 ka produce artificial jumps. In (C1 to (E), monsoon regions are marked as red boxes and the observational sites as stars and crosses in Fig. 1A. ka BP, thousand years before the present; masl, height above sea level; NHSI, Northern Hemisphere Solar Insolation; PDB, Pee Dee belemnite; ppm, parts per million; SMOW, standard mean ocean water; TS, surface temperature.
amount effect. Model rainfall over northern China is dominated by a wetting trend, punctuated by drying episodes during HS1 and YD (Fig. 2C and fig. S2, A and B), bearing some resemblance to South Asia (Supplementary Text), also with a somewhat negative rainfall-$\delta^{18}$O c correlation. However, model rainfall in southern (more precisely, southeast) China evolves almost out of phase with that in South Asia and, to some extent, in northern China, despite having similar $\delta^{18}$O c variability, leading to a positive rainfall-$\delta^{18}$O c correlation (Fig. 2D).

Since the $\delta^{18}$O c response is widespread of the same sign, the different model rainfall-$\delta^{18}$O c relations across the AM region are caused by different rainfall variability, which appears to be consistent with other hydroclimate proxies independent of $\delta^{18}$O c. Model rainfall over South Asia is consistent with the Arabian Sea upwelling (Fig. 2E), which is driven by monsoon winds via coastal upwelling. Over the northern China area of East Asia, the wetting trend of model rainfall largely agrees with lake status records (7), while the millennial variability during BA and YD agrees with high-resolution hydrological reconstructions (Fig. 2C) (20, 21). Last, our model rainfall in southern China is largely consistent with a recent multiproxy reconstruction of moisture variability (Fig. 2D) (22).

The difference in regional evolution behavior between $\delta^{18}$O c and rainfall can also be seen in their responses to different forcing in our sensitivity experiments. The AM $\delta^{18}$O c variability is caused primarily by meltwater forcing via the AMOC and secondarily by orbital forcing, of the same sign across the AM region (Fig. 4). The rainfall variability over South Asia and southern China is also driven primarily by meltwater and secondarily by insolation but of the opposite signs. In contrast, rainfall variability in northern China is driven primarily by summer insolation and secondarily by meltwater (Fig. 4 and fig. S3, C to H).

**DISCUSSION**

**The hydroclimate footprint**

Although the rainfall-$\delta^{18}$O c relation across the AM region appears complex, this relation can be understood in terms of a continental-scale hydroclimate response, which has a coherent and distinctive footprint that coevolves with the widespread $\delta^{18}$O c variability (Supplementary Text). We identify this footprint as the leading maximum covariance analysis (MCA) mode (Supplementary Text) between summer $\delta^{18}$O p and rainfall fields (explaining 93% of the covariance) (Fig. 5). The time coefficient of this MCA mode is characterized by an increasing trend punctuated by negative excursions in HS1 and YD (Fig. 5D), similar to the $\delta^{18}$O c variability (Fig. 2, C to E). This footprint appears robust because it can also be extracted as the leading combined empirical orthogonal function mode of the combined $\delta^{18}$O p and summer rainfall field or additionally with 200-hPa zonal wind and 850-hPa meridional wind (explaining ~65% of total variance).
Further analysis of this MCA mode shows a widespread $\delta^{18}O_p$ signal (Fig. 5A) accompanied by a continental-scale hydroclimate response in rainfall, monsoon winds (Fig. 5B), and the westerly jet (Fig. 5A). Overall, a negative $\delta^{18}O_p$ loading over the AM and Indian Ocean regions accompanies a positive rainfall loading (Fig. 5, A and B) such that the rainfall-$\delta^{18}O$ correlation appears negative as expected in the amount effect. Further examination, however, shows that the South Asia rain belt extends eastward only into northern China, leaving a “drought hole” over southern China (Fig. 5B). The opposite rainfall changes between northern and southern China thus lead to a rainfall-$\delta^{18}O$ correlation that changes from negative in northern China (and South Asia) to positive in southern

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**Fig. 4.** Hydroclimate and $\delta^{18}O_c$ variability over Asia monsoon region in four deglacial sensitivity experiments. (A) N. China: Cave $\delta^{18}O_c$ (top) and annual precipitation (Prcp; bottom). (B) Same as (A) but for S. China. (C) Same as (A) but for S. Asia. Model results have been smoothed with a 50-year running mean for ICE (blue), ICE + ORB (red), ICE + ORB + GHG (orange), and ICE + ORB + GHG + MWF (ITRACE) (black). Regions are the same as in Fig. 2 (C to E).
China, as identified in the time series (Fig. 2, C and D, and fig. S2, A to G).

The rainfall increase in South Asia/northern China can be understood, dynamically, as being associated with intensified southwesterly monsoon wind and resulting moisture convergence (Fig. 5B), while the decreased rainfall in southern China is associated with moisture divergence (7). This monsoon wind and the rain belt over East Asia are also coupled with the westerly jet in the upper troposphere (23, 24). The EAM is located just south of the entrance region of the western Pacific westerly jet (Fig. 1B), where the ascent associated with the secondary circulation of ageostrophic wind provides a favorable environment for monsoon rainfall (23, 25). The westerly jet also steers transient eddies along the Meiyu front, generating synoptic conditions conducive to convective instability and ascent for EAM (26). Latent heating further induces ascent and then low-level southerly wind through the Sverdrup relation by stretching the air column (27). The heated atmospheric column also increases the temperature gradient to the north, shifting the westerly jet northward via thermal wind (9). The close coupling among δ^18O_p, rainfall, and winds in East Asia can also be seen in the almost identical evolution of the MCA coefficients, the latitude of the local westerly jet, and the intensity of southerly monsoon wind (Fig. 5D). The coupled response of monsoon rainfall and winds thus forms a distinctive AM hydroclimate footprint accompanying the δ^18O_p variability, such that δ^18O_p depletion is associated with increased rainfall from South Asia to northern China but decreased rainfall in southern China, along with a northward migration of the westerly jet (9, 22) and enhanced southwesterly monsoon wind (Fig. 5, A to C) (7).

Mechanism for the coherence of the hydroclimate footprint

Next, from climate dynamics perspective, we further identify the mechanisms that explain why the AM hydroclimate footprint exhibits such a continental-scale coherent pattern, while, at the same time, exhibiting spatially opposite signs in rainfall (Fig. 5) using sensitivity experiments. First, this continental-scale footprint is synchronized across regions by the local response to global-scale forcing, notably the meltwater and insolation, at millennial and orbital scales (fig. S8). This is in contrast to interannual rainfall variability that has a small decorrelation distance of ~500 km because it is induced predominantly by atmospheric internal variability (28). At the orbital time scale, increased summer heating increases surface moist static energy (MSE) north of the anomalous rain belt from South Asia to northern China (fig. S8A3), extending the region of maximum surface MSE northward (Fig. 1A) and thus the AM monsoon rain belt northward (29, 30). This increases monsoon rainfall from South Asia to northern China along with a southwesterly monsoon wind and a decreasing rainfall in southern China (fig. S8, A3 and B3) (7). Heating of the atmospheric column in the AM region also shifts the westerly jet northward via the thermal wind, further enhancing the southerly monsoon wind and shifting the rain belt northward over East Asia (fig. S8C3) (9).

At the millennial time scale, the weakening AMOC by increased meltwater during HS1 and the YD results in opposite responses to

Fig. 5. Asian summer monsoon hydroclimate footprint and the accompanying δ^18O_p as illustrated by the first MCA mode between summer (JJA) δ^18O_p and precipitation over the AM region in iTRACE. (A) Summer δ^18O_p (shading) and 200-hPa wind (vector) regressed on the normalized time coefficient of δ^18O_p (black in (D)). (B) As in (A) but for summer precipitation (shading) and 850-hPa wind (vector). (C) As in (A) but for zonal wind u (shading), meridional wind v, and vertical velocity w (vector) zonally averaged over East Asia (108°E to 120°E). (D) Time series of the normalized time coefficients of the first MCA mode (black for δ^18O_p, green for precipitation, both using the same black axis), 850-hPa meridional wind v strength over East Asia (22°N to 43°N, 108°E to 120°E; yellow), 200-hPa westerly jet latitude centroid (red) (108°E to 120°E), and Indian Ocean (0° to 20°N, 40°E to 100°E) summer precipitation (PrP, blue). Regression fields at 99% (P < 0.01) confidence level in two-tailed Student's t test are plotted. In (A) and (B), wind vectors with the strength smaller than 0.2 ms⁻¹ are masked. In (C), contours are for climatological u (positive, solid red; negative, dash blue) at LGM, and w is amplified by a factor of 500 for visualization. In (D), the time coefficients of δ^18O_p and precipitation are almost identical, further highlighting the close coupling of the two fields; the jet latitude centroid is calculated as the latitude weighted by the strength of the westerly wind (v > 15 ms⁻¹). Note that the response pattern of (A) to (C) corresponds to the periods of positive coefficient, such as BA. For the period of negative time coefficient, such as HS1, the response pattern is of the opposite sign.
those induced by increased insolation. Specifically, the reduced AMOC cools the atmosphere and decreases surface MSE north of the rain belt from South Asia to northern China, shifting the westerly jet southward over East Asia (fig. S8, A1, B1, and C1; but with a negative sign because HS1 and YD are negative excursions in the correlation time series in Fig. 5D). This, in turn, decreases southerly monsoon winds and rainfall in the rain belt extending from South Asia to northern China, while increasing rainfall in southern China (again, negative sign of fig. S8, A1 to C2) (31). This EAM response can also be understood from the MSE budget of the atmospheric column as the result of a southward shift of the westerly jet and its horizontal advection of MSE (fig. S9 and Supplementary Text).

The synchronization between climate changes in SAM and EAM is further enhanced by atmospheric teleconnection. In summer, anomalous latent heat released by deep convection over the Indian Ocean/SAM region generates disturbances in the upper tropopause that propagate into East Asia via the so-called Silk Road teleconnection (32), enhancing rainfall over northern China (33), as in present-day interannual and interdecadal climate variability (34). This teleconnection response can be also shown in our sensitivity experiments. As an example, a diabatic heating is imposed over the northern Indian Ocean/SAM region (fig. S10A). The heated atmosphere column generates an anomalous anticyclone in the upper troposphere, which then propagates downstream in the westerly waveguide, forming an anticyclone over northeastern Asia and shifting the local westerly jet northward (fig. S10, A and C). The shifted jet allows for a northward penetration of the southerly monsoon wind via the secondary circulation and transient eddies, increasing rainfall over northern China, while decreasing rainfall in southern China (fig. S10B). This complex pattern of heating-induced rainfall response is associated with a widespread $\delta^{18}O_p$ depletion over the AM region (fig. S10D), largely consistent with the coupled $\delta^{18}O_p$ rainfall pattern of the footprint (Fig. 5, A and B).

We present the first transient simulation of the coevolution of water isotopes and hydroclimate over the globe during the last deglaciation in a state-of-the-science isotope-enabled Earth system model. Our model is able to quantitatively reproduce the observed variability directly in the high-fidelity $\delta^{18}O$ records across the Asian monsoon region from speleothems and over Greenland from ice cores. Different from previous work, which tended to focus on the formation mechanism of the $\delta^{18}O$ signal, our focus here is the hydroclimate footprint that accompanies the $\delta^{18}O$ signal. Our model-data study indicates that the widespread AM $\delta^{18}O_p$ variability is accompanied by a continental-scale hydroclimate footprint that is generated coherently by large-scale climate dynamics. Meanwhile, $\delta^{18}O_p$ is changed by rainfall variability in the Indian Ocean and SAM region and is extended downstream into the EAM region. This leads to local rainfall coevolving with $\delta^{18}O_p$ over the AM region, directly via isotopological processes (the amount effect) in the Indian Ocean and SAM region but indirectly via large-scale climate dynamics downstream in the EAM region.

The mechanism for the hydroclimate footprint and its relation with the $\delta^{18}O_p$ signal is illustrated schematically in Fig. 6. During increased summer insolation or enhanced AMOC, such as in the case of the BA relative to HS1, the warming over the AM region tends to intensify deep convection and rainfall over the Indian Ocean and SAM region. With the moisture source contributed primarily from the Indian Ocean, this rainfall response generates a widespread $\delta^{18}O_p$ depletion locally in the SAM region and then remotely in the EAM region. Meanwhile, over the EAM region, the westerly jet is forced to shift northward associated with increased moisture transport in monsoon winds, causing moisture convergence and increased rainfall in northern China but moisture divergence and decreased rainfall in southern China. The overall climate response therefore forms a continental-scale rainfall response that is characterized by a rain belt extending from South Asia to northern China and a drought hole in southeast China. This rainfall response is further reinforced by the atmospheric teleconnection that propagates in the westerly waveguide from the SAM region into the EAM region. Hence, the AM $\delta^{18}O$ signal appears negatively correlated with the local rainfall over the SAM region and northern China but positively correlated with the local rainfall over southeast China. Accompanying this hydroclimate footprint is a hemisphere-wide temperature response to the climate forcing, either AMOC or orbital forcing, which leads to a similar temperature response between the AM region and Greenland. This temperature response leads to an apparent negative correlation between cave $\delta^{18}O$ and local temperature as noted previously in fig. S2.

The distinct hydroclimate footprint of the AM $\delta^{18}O_p$ provides a dynamically consistent framework to understand the climate implication of the AM $\delta^{18}O_p$ records. It enables these $\delta^{18}O_p$ records to provide a first-order picture of the overall hydroclimate feature associated with the $\delta^{18}O_p$ variability. In the meantime, the strong heterogeneity of the hydroclimate footprint highlights the distinct nature of each regional monsoon subsystem that may not be directly related to the local $\delta^{18}O$ change, with implication to local monsoon climate changes not only in the past but also in the future.
**MATERIALS AND METHODS**

**Mechanism for water isotope response**

The overall homogeneous response of $\delta^{18}O_p$ is caused mainly by its transport effect originating from the Indian Ocean, as suggested by previous studies (6). This is confirmed by our tagging experiments, which enable us to quantitatively assess the impacts on AM $\delta^{18}O_p$ variability from the Pacific versus Indian Ocean sources, precipitation weight versus $\delta^{18}O_p$ value, and en route depletion versus evaporation/condensation.

**Tagging experiments**

Two water tagging experiments are carried out at the LGM (20 ka) and late HS1 (15.5 ka), respectively, in the atmospheric component model iCAM5.3. The LGM and HS1 tagging experiments are forced by the sea ice distribution, sea surface temperature, and sea surface $\delta^{18}O$ and $\delta D$ extracted from the iTRACE experiment as well as the continental ice sheets, orbital parameters, and GHG concentrations at 20 and 15.5 ka, respectively. Each tagging experiment is integrated for 40 years with the last 20 years used for analysis. The tagging experiments reproduce the HS1-LGM pan-Asian $\delta^{18}O_p$ response in the coupled iTRACE simulation (Fig. 3), as expected.

In the tagging experiments, the life cycle of $H_2^{16}O$ (vapor) and $H_2^{18}O$ are tracked from each tagging region (source region) where they evaporate and then follow the hydrological processes in the model to the region where they rain out (sink region). We have divided the global source regions into 25 subregions, with 13 covering the ocean and the rest covering land. Here, for the purpose of studying the AM, we group the 25 subregions into five regions: the Indian Ocean, the Pacific Ocean, East Asia (land, 105°E to 140°E, 10°N to 45°N), South Asia (land, 60°E to 105°E, 20°S to 25°N) (regions marked in Fig. 3, A to D, or fig. S5, A to D), and the rest of the globe including China, and northern China are, respectively, 64, 64, and 40%. From the LGM to HS1, $\delta^{18}O_p$ is enriched across the AM with the major source contribution similar to the climatology (Fig. 3, K and L), however, is accompanied by increased local rainfall from all moisture sources (fig. S5, K and L), opposite to the expectation from the amount effect (also see discussion on time series in Fig. 2, C to E).

In northern China, it is expected that the enrichment is also contributed significantly by land recycling over the EAM region (Fig. 3H). However, the recycling moisture originates mainly from the oceanic sources, and therefore, the contribution on the $\delta^{18}O_p$ evolution is also similar to those from the oceanic sources. The seasonal cycle of $\delta^{18}O_p$ peaks in summer and therefore appears to follow the temperature effect in the model and observation (36). The deglaciation evolution of $\delta^{18}O_p$ also appears, at the first sight, to follow closely that of annual temperature, but it is in the opposite sign to the temperature effect (fig. S2, A and B) and therefore is not caused by the temperature effect. This shows that the $\delta^{18}O_p$-temperature relation can differ significantly for different time scales (36).
The widespread $\delta^{18}O_p$ enrichment is caused predominantly by the enrichment effect from the Indian Ocean $\delta^{18}O_p$ value, through the en route depletion, consistent with (6). This conclusion is derived below in two steps. First, we use decomposition Eq. 1 to show that the Pacific source effect is compensated by the Indian Ocean source due to the change of precipitation weight, an effect that seems to have not been discussed in previous works. Second, we use decomposition Eq. 2 to show that the remaining effect from the Indian Ocean is dominated by the en route depletion.

**Pacific effect compensated by Indian Ocean in precipitation weight**

The dominant effect from the Indian Ocean source is actually not obvious at the first sight. The net enrichment effect from the Pacific source is comparable with that from the Indian Ocean source, especially for EAM (Fig. 3, F, G, and K to M). However, a decomposition of the contribution into the changes due to precipitation weight and $\delta^{18}O_p$ value following Eq. 1 (rows 4 and 5, respectively, in fig. S6) shows that the enrichment from the Pacific (Fig. 3G) is caused mainly by the contribution of reduced precipitation weight from the Pacific ($\Delta_p > 0$; fig. S6B), which is nevertheless compensated by the depletion effect from the Indian Ocean due to increased precipitation weight $\Delta_p > 0$ (due to $\Delta_p > 0$ and $\delta^{18}O_{p2} < 0$; fig. S6A5), leaving little net effect associated with the weight change: $\delta^{18}O_{p1} \Delta(p) + \delta^{18}O_{p2} \Delta(p) \approx 0$ (fig. S6F). The reduced precipitation weight from the Pacific occurs despite an increased precipitation amount from the Pacific source ($\Delta P > 0$) because this increase from the Pacific moisture source is smaller than that from total sources and, in turn, the Indian Ocean moisture source ($\Delta P > \Delta P > \Delta P_1 > 0$; fig. S5, K and L and F and G), leading to a reduced weight from the Pacific ($\Delta(p) < 0$) and increased weight from the Indian Ocean ($\Delta(p) > 0$).

**En route depletion from the Indian Ocean**

The $\delta^{18}O_p$ value enrichment can be further decomposed following Eq. 2 into three processes as (i) changes in the source, (ii) en route depletion, and (iii) condensation enrichment at the sink region (fig. S6, rows 1 to 3). This decomposition shows that the dominant contribution to $\delta^{18}O_p$ enrichment is the reduced en route depletion from the Indian Ocean (fig. S6A2), caused by decreased rainfall along the moisture pathway mainly over the Indian Ocean and SAM regions (Fig. 3F and fig. S5F). This dominant role of Indian Ocean source rainfall depletion is consistent with the strong resemblance between the evolution of Indian Ocean precipitation and the footprint coefficients, jet migration, and EAM winds (Fig. 5D).

The en route depletion from the Indian Ocean can be further assessed quantitatively in the combined hydroclimate-$\delta^{18}O_p$ evolution in iTRACE. Figure S7 shows the evolution of regional $\delta^{18}O_p$ and specific humidity $q$ roughly along the mean moisture pathway from the Indian Ocean into East Asia, from 80°E to 110°E along 10°N (fig. S7A) and then from 20°N to 40°N along 115°E (fig. S7B). This evolution shows interesting features in two aspects: the spatial pattern ("spatial slope") at a given time and the temporal evolution ("temporal slope") of this pattern. First, the spatial pattern first follows the "super-Rayleigh depletion" in the SAM and Indian Ocean regions (follow longitude along 10°N) (fig. S7A) and then follows the Rayleigh depletion in East Asia (with latitude along 115°E) (fig. S7B). The super-Rayleigh depletion is steeper than the Rayleigh depletion because of deep convection and rain evaporation effects, reflecting the dominant deep convection process in the source region in the tropics, including the nearby SAM region (37). The Rayleigh process in East Asia further supports the en route depletion mechanism there, as identified in the tagging experiments (fig. S6). These two depletion processes also explain why the amount effect is dominant in South Asia while remote, instead of local, depletion by the amount effect becomes dominant for East Asia. Second, this spatial pattern tends to evolve temporally following the source region of the Indian Ocean, experiencing an overall trend of warming (Fig. 2 and fig. S2) and moisture increase with time (from left to right in fig. S7), with a $\delta^{18}O_p$ enrichment into HS1, depletion into the BA, and then modest enrichment and depletion again through the YD, consistent with the time series in Fig. 2 (C to E) and fig. S2. The temporal slope, for both enrichment and depletion, also exhibits a super-Rayleigh depletion that is steeper than just Rayleigh, suggesting that the temporal slope of the entire AM region tends to follow the source region, again consistent with the dominant source from the Indian Ocean.

Last, the AM $\delta^{18}O_p$ response seems not to be caused by a major change in the precipitation seasonal cycle. This follows because the seasonal cycle of the coupled $\delta^{18}O_p$ precipitation remains qualitatively similar at the LGM, HS1, and P1 (pre-industry) in the AM region (fig. S1, B to D). In addition, the $\delta^{18}O_p$ responses associated with the change of precipitation seasonal weight are not the major contribution to total $\delta^{18}O_p$ in both South and East Asia (fig. S4).

**SUPPLEMENTARY MATERIALS**

Supplementary material for this article is available at http://advances.sciencemag.org/cgi/content/full/7/4/eabe2611/DC1

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**Data and materials availability:** All data supporting our findings are archived at https://doi.org/10.5281/zenodo.3930129. The code for present-day study is available in XCESM (https://github.com/Yefee/xcesm) and xMCA repository (https://github.com/Yefee/xMCA, MCA analysis). Additional data related to this paper may be requested from the authors.

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