A novel 3D printed curved monopole microstrip antenna design for biomedical applications

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Abstract
This paper proposes a novel and compact monopole microstrip antenna design with a three-dimensional (3D) printed curved substrate for biomedical applications. A curved substrate was formed by inserting a semi-cylinder structure in the middle of the planar substrate consisting of polylactic acid. The antenna was fed with a microstrip line, and a partial ground plane was formed at the bottom side of the substrate. The copper plane with two triangular slots is arranged on the curved semi-cylinder structure of the substrate. The physical dimensions of the radiating plane and ground plane were optimally determined with the use of the sparrow search algorithm to provide a wide—10 dB bandwidth between 3 and 12 GHz. A total of six microstrip antennas having different parameters related to physical dimensions were designed and simulated to compare the performance of the proposed antenna with the help of full-wave electromagnetic simulation software called CST Microwave Studio. The proposed curved antenna was fabricated, and a PNA network analyzer was used to measure the $S_{11}$ of the proposed antenna. It was demonstrated that the measured $S_{11}$ covers the desired frequency range.

Keywords Bandwidth enhancement · Biomedical · Curved substrate · Monopole antenna · Printed antenna

Introduction
Due to their remarkable characteristics, including small size, flat structure, low-cost, conformal modeling, ease of production, and simple integration with solid-state devices, microstrip antennas (MAs) have been extensively utilized in a variety of applications such as aircraft, space, and satellite communication systems, missile applications, biomedical devices, sensors and devices that demand small-sized antennas [1]. Although MAs have a number of attractive features, their primary drawbacks include their low efficiency, inability to handle large amounts of power, insufficient polarity purity, poor scanning capacity, large size for lower frequencies, and narrow bandwidths [1]. Most studies on MAs have focused on conventional radiating plane geometries such as circular, triangular, or rectangular that are simple to manufacture on planar surfaces. Since the physical dimensions of MAs and their operating frequencies are inversely proportional, conventional geometries need to be modified by extending the resonance length in order to design an antenna operating at low frequencies. Besides the radiating patch geometry, the physical and electrical properties of the substrate play an essential role in determining the characteristics of MAs such as bandwidth, impedance, and radiation pattern. Although narrow bandwidths are needed for government-owned security systems and some applications operating at a specific band, wider bandwidths are required for applications such as biomedical imaging systems or ultra-wideband systems (UWB). Various approaches, such as increasing the thickness or dielectric constant of the substrate, are used to enhance the bandwidth and efficiency of an MA. However, as the thickness of the layer increases, undesired surface waves arise, reducing the total amount of power available for direct radiation. Surface waves propagate through the substrate and radiate from curved and discontinuous surfaces, such as dielectric and ground plane shear, affecting the characteristics of the antenna, including radiation pattern and polarization. By using gaps, it is possible to...
minimize surface waves while ensuring a wide bandwidth. A further strategy for enhancing bandwidth is to utilize substrates with higher dielectric constants. Although theoretically high dielectric constants may be used in antenna design to improve the bandwidth, the dielectric constants of the materials used in the manufacturing of an MA are typically between 2.2 and 12 [1]. Substrate materials with a low thickness value are widely preferred as they provide improved performance, enhanced bandwidth, and less restricting structures for radiation areas. Various techniques are utilized to manufacture MAs, including wet-etching, inkjet printing, screen printing, and three-dimensional (3D) printing [2–20]. 3D printing has a promising potential in antenna manufacturing as it allows faster, more convenient, and less expensive manufacturing than the conventional tech techniques, known as additive manufacturing [18, 19]. Thus, by using techniques not achievable in traditional manufacturing, 3D printing enables the production of more lightweight antennas for desired applications. Zhu et al. [2] aimed to enhance the bandwidth of an antenna under dual resonance by simultaneously exciting the TM_{101} and TM_{211} modes. Although manufacturing the antenna [2] using conventional methods is complicated and expensive, it can be easily produced for the desired purposes using 3D printing technology. Gu et al. [3] proposed a resonance gap-based design and production of an all-metal D-band antenna in the millimeter waveband. The study [3] utilizes a novel impedance matching technique to improve the S_{11} bandwidth. In [5], Lomakin et al. presented the use of a hook-shaped feeding structure for helical antenna design via stereolithography (SLA) printed integration. The advantage of SLA printing in antenna manufacturing is that it achieves a higher degree of detail, layered printing, and surface quality. The center frequency of the proposed antenna was obtained to be 77 GHz with a bandwidth of about 20 percent as a result of a simulation [5]. Sarjoghian et al. [6] proposed a 3D-printed pyramidal double-ridged horn antenna filled with high-dielectric material. The manufactured antenna is utilized for measuring and verifying the thickness of abdominal fat [6]. In [7], Raniszewski et al. introduced a dielectric-filled antenna with the aim of reducing the size. Four air-filled and twenty-four dielectric-filled antennas were designed to evaluate the impact of the 3D printed model [7]. The study [7] demonstrates good agreement between the simulated and measured results for both antennas, as well as the significant impact of 3D printing technology on the S-parameter. In [8], Njogu et al. developed a wearable nail antenna with the aid of 3D printing technology and verified that the measured impedances at 15 GHz and 28 GHz are found to be well-matched. Mitra et al. [9] proposed a new antenna made with an improved version of the Electrified conductive filament on a planar TMM4 substrate for use in emerging space applications such as 3D printed satellites, spacesuits, and zero-gravity experiments. The antenna was designed to operate in the S-band at the frequency of 2.56 GHz and the 3D-printed antenna was measured. Aysu Belen et al. [10] introduced a novel antenna model consisting of six lens plates with rectangular feeds varying in diameter and thickness. Nowadays, MAs for biomedical applications can be modeled and manufactured in a variety of ways utilizing 3D printing technology. Both the radiating planes of the antenna and the substrate can be manufactured using 3D printing technology. Muntoni et al. [4] proposed a novel 3D printed substrate structure to enhance the bandwidth and reduce the size of a microstrip antenna. In [4], rather than increasing the thickness of the entire substrate to prevent the surface waves or spurious radiation, the thickness of the area containing the radiating patch is increased using semi-cylinder geometry. By introducing a curved structure onto the substrate proposed in [4], the bandwidth of a coaxially fed MA was increased from 2.9 to 9%.

In this study, an MA configuration with two triangular slots on the curved substrate fed by a microstrip line is proposed for biomedical applications. For this purpose, a curved structure with semi-cylindrical geometry was formed in the middle of a thin polylactic acid (PLA) substrate as presented by Muntoni et al. [4]. Subsequently, a rectangular radiating copper plane was used to cover the curved surface, and two triangular slots were formed on the copper plane to provide a wider bandwidth between 3 and 12 GHz. The proposed antenna was fed by a microstrip line, and a partial ground plane was used at the bottom side of the substrate. The antenna was designed and simulated using CST Microwave Studio, and the optimal dimensions were estimated by utilizing the sparrow search optimization algorithm. The substrate of the antenna is manufactured using PLA material with the aid of 3D printing technology, and the copper planes are formed by adhering copper tape. The characteristics of the state-of-art studies chosen from the literature are summarized in Table 1.

Methodology

Sparrow search algorithm overview

Optimization algorithms [26–34], which are widely used in engineering applications such as data classification, route planning, robotic control, are also used to solve electromagnetic problems such as designing antennas and obtaining dielectric maps in tomographic microwave imaging. Swarm-based meta-heuristic optimization algorithms are inspired by the foraging behavior of animals in obtaining the best food sources and can be applied to a wide variety of problems thanks to their features, such as simple application and flexibility. The sparrow search
The algorithm (SpaSA) used in this study is a swarm-based optimization algorithm proposed by Xue and Shen [28] that simulates the foraging behavior of sparrows. Sparrows are classified into two groups as producers and scroungers. Sparrows with generally high energy levels are considered as producers, and these sparrows take on the task of looking for rich food sources or choosing a direction for the foraging of scroungers. The energy level is determined by evaluating the fitness value of each individual in the swarm. When a predator is detected, individuals of the swarm begin to chirp. When their chirping levels exceed a certain safety threshold, producer sparrows take scroungers to a safe area. Each individual in the group can become a producer as long as they seek good food sources so that the distribution within the population does not change. Scroungers, on the other hand, follow producers who are looking for the best food source. While the sparrows on the outer edge of the swarm move towards the safe area in case of danger, the sparrows in the middle of the swarm randomly walk to be close to the other individuals [28].

In SpaSA, the sparrow positions are defined as given in Eq. (1) [28],

\[
    x = \begin{bmatrix}
    x_{1,1} & x_{1,2} & \cdots & x_{1,d} \\
    x_{2,1} & x_{2,2} & \cdots & x_{2,d} \\
    \vdots & \vdots & \ddots & \vdots \\
    x_{n,1} & x_{n,2} & \cdots & x_{n,d}
\end{bmatrix}
\]

where \( n \) represents the number of sparrows and \( d \) represents the number of problem variables to be optimized. Then, fitness values are calculated by considering the position of each individual. Individuals with the highest fitness score are more important than others in the foraging process. Producer sparrows search for food in larger areas than scroungers. The positions of producer sparrows in each iteration are determined using Eq. (2) [28].

\[
    x_{i,j}^{t+1} = \begin{cases} 
    x_{i,j}^t e^{\frac{-r_2}{r_{\text{max}}}} & r_2 \leq st \\
    x_{i,j}^t + q \cdot l & r_2 \geq st 
    \end{cases}
\]

The variables \( t, i, j, \) and \( \text{iter}_{\text{max}} \) in Eq. (2) represent the current iteration, the sparrow in the \( t \)th iteration, the dimension variable of the \( i \)th sparrow in the \( t \)th iteration, and the maximum number of iterations, respectively. In addition, the randomness parameters \( a, q, l, r_2, \) and \( st \) are, respectively, a uniformly distributed random number between \([0, 1]\), a random number with normal distribution, a \( d\)-dimensional vector filled with ones, an alarm value which is a uniformly distributed random number between \([0, 1]\) and a safety threshold value which is a uniformly distributed random number between \([0.5, 1]\). An \( r_2 \) value lower than the \( st \) value indicates that there are no predators around the swarm. If there are no predators around, producer sparrows may seek food in large areas. However, if the sparrows detect a predator, that is, if the value of \( r_2 \) is greater than \( st \), the individuals go into alarm status. When an alarm status occurs, all sparrows must quickly go to the nearest safe area. Some scroungers in the group follow the producers. When these producers find a good food source, scroungers quickly go to that resource and fight to get the food. The positions of the scroungers are calculated using Eq. (3) [28].

Table 1  The characteristics of the state-of-art studies on antenna design for biomedical applications

| #  | Substrate type                        | Size (mm)          | Frequency (GHz) | Conductive material                      | Substrate material | Gain (dBi) |
|----|---------------------------------------|--------------------|-----------------|------------------------------------------|-------------------|------------|
| [21]| Not 3D printed planar                 | 80\times67\times3.4| 3.7–10.3        | Nickel-copper-silver-coated nylon PDMS   | ~8                |
| [22]| Not 3D printed planar                 | 31\times31         | 3.8–18.1        | Copper FR-4                               | 6.5               |
| [23]| Not 3D printed planar                 | 3.5\times10\times1  | 3–12            | Copper Jeans                              | 5.47              |
| [24]| Not 3D printed circle-shaped radiator and microstrip feed line | radius = 12, 2.8–16 | Graphene-assembled film Electroless copper plating | Ceramic SLA All metal and copper metallization | 15.5 12.1 |
| [25]| Not 3D printed planar                 | 32\times52\times0.28| 4–8             | Conductive material                       | 4.1               |
| [2]| 3D Printed spherical                   | Radius = 12        | 9.77–14.8       | Electroless copper plating                | 11.2              |
| [3]| 3d printed planar                     | max. size of about 3λ, 130–150 | All metal and copper metallization | 15.5 12.1 |
| [4]| 3D Printed curved                     | 71.5\times71.5\times2| 2–3             | Copper PLA                               | 6.3               |
| [8]| 3D printed curved                     | 14.96\times17.45   | 15 and 28       | Nanoparticle silver ink ABS fingernail    | 7.5               |
| [9]| 3-D printed planar                    | 51\times51\times1.52| 1–4             | Electri TMM4                             | 4.23              |
| Our study | 3D printed curved                     | 71.5\times71.5\times2| 3–11            | Copper PLA                               | 3–5               |
\( x_{ij}^{t+1} = \begin{cases} q \cdot e^{\left(\frac{q_{best}-q_{i}}{2}\right)} & i > \frac{n}{2} \\ x_{p}^{t+1} + \left|x_{ij} - x_{p}^{t+1}\right| \cdot A^+ \cdot l & \text{otherwise} \end{cases} \)  

(3)

\[ A^+ = A^T (AA^T)^{-1} \]

In Eq. (3), \( x_p, x_{\text{worst}} \), and \( A \) parameters denote the optimal position of the producer sparrow, global worst position, and the \( l \times d \)-dimensional vector consisting of random numbers selected in the range of \([-1, 1]\). The condition \( i > n/2 \) defines that the \( i \)th scavenger with the worst fitness score is about to starve. The positions for the sparrows who are on the edge of the swarm and go to the nearest safe position when they detect a danger are updated according to Eq. (5) [28].

\[ x_{ij}^{t+1} = \begin{cases} x_{\text{best}} + \beta \cdot \left|x_{ij} - x_{\text{best}}\right| & f_i > f_g \\ x_{ij} + k \cdot \left(x_{\text{worst}} - x_{\text{best}}\right) \left(f_i - f_g\right) & f_i = f_g \end{cases} \]  

(5)

In Eq. (5), \( x_{\text{best}}, f_i, f_g \), and \( f_w \) parameters represent the global best position, fitness value of the \( i \)th sparrow, global best fitness, and global worst fitness values, respectively. While the direction of movement parameter \( K \) is a random number in the range of \([-1, 1]\), \( \epsilon \) is a very small number chosen to avoid a division by zero error, and in this study, it is taken as \( 10^{-10} \). The step size control parameter \( \beta \) is a random number with a mean of 0 and a variance of 1, chosen randomly according to the normal distribution, and \( x_{\text{best}} \) represents the center position. It is assumed that the sparrows that meet the \( f_i > f_g \) condition are located on the outer edge of the swarm, while the sparrows that provide the \( f_i = f_g \) condition are assumed to be located in the center of the group [28]. The pseudocode for sparrow search algorithm (SpaSA) is given in Algorithm 1.

### Antenna design and optimization

In this study, a microstrip-fed monopole microstrip antenna designed on a curved substrate structure for use in biomedical applications is illustrated in Fig. 1. It was inspired by the study of Muntoni et al. [4] on the curved substrate idea. Polylactic acid (PLA) was used as substrate material, and a semi-cylinder-shaped structure was added to the center of the planar substrate design in the antenna design. The center point of the curved structure is positioned at the appropriate point in the z-axis to adjust the projected length of the radiating curved copper plane (Lc). The material of the curved structure has been chosen the same as the main substrate material to ensure ease of production. The feed line, ground plane, and radiating curved patch were made using 35 μm thick copper tape, and a 50 Ω SMA port is used for feeding.

The thickness of the substrate materials used in microstrip antennas is generally chosen to be smaller than the free-space wavelength (\( \lambda_0 \)). In this case, transverse magnetic (TM) field configurations are considered for MAs. For a rectangular microstrip antenna, the resonance frequency for TM_{mp} mode is defined by Eq. (6) [1].

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**Algorithm 1** Pseudocode for Sparrow Search Algorithm [28]

```
1 Initialize variables: the number of sparrows (n), the number of maximum iteration (G), the number of producers (PD), the number of edge sparrows (SD), the alarm value (R2), problem dimension, lower and upper boundaries, initial positions of sparrows, and objective function
2 Compute objective function for initial positions and determine the best position
3 REPEAT
4 Compute fitness function and determine the best and worst sparrows
5 Randomly choose an alarm value (R2) between [0, 1]
6 FOR each producer sparrow (1->PD)
7 Update the position using Eq. (2)
8 ENDFOR
9 FOR each other sparrow (PD+1->n)
10 Update the position using Eq. (3)
11 ENDFOR
12 FOR each edge sparrow (1->SD)
13 Update the position using Eq. (5)
14 ENDFOR
15 Get the best position by comparing the new position with old ones
16 Update the iteration variable (t=t+1)
17 UNTIL (stop criterion is met (t<G))
```
The parameters \((m, n, p), v_0, \mu_r, \text{and } \varepsilon_r\) in Eq. (6) represent the mode indices, the velocity of the electromagnetic wave in free space, magnetic permeability, and relative permittivity respectively. Substrate thickness, patch length, and patch width are defined by \(h, L,\) and \(W\) parameters for the rectangular microstrip antenna. As can be seen from Eq. (6), the resonant frequency of a conventional shaped microstrip antenna can be calculated easily. However, as the antenna design becomes more complex, it becomes difficult to calculate the resonant frequency directly, so computer-aided design and calculation software is used. In addition, as can be seen from the expression, the increase in the \(h\) and \(L\) parameters has a decreasing effect on the operating frequency of the antenna. The curved substrate structure used in this study has the effect of increasing the length of the copper plane that can be placed on it and increasing the bandwidth and lowering the resonance frequency thanks to its height. For a microstrip antenna to operate at the desired frequency, matching the antenna impedance and the free-space impedance is required. An indication that impedance matching has occurred in microstrip antennas is defined by \(S_{11}\) as given in Eq. (7).

\[
|S_{11}| = \frac{z_L - z_0}{z_L + z_0}
\]  

\[(7)\]

\(z_L\) and \(z_0\) in Eq. (7) denote the characteristic impedance of the antenna and free-space, respectively. If the parameter \(|S_{11}|\) is near or less than \(-10\) dB, it indicates that the designed antenna can perform well in the desired frequency range. Accordingly, in order for the antenna designed in this study to perform well, the antenna dimensions that will ensure \(|S_{11}|\) values in the desired frequency range to be at or below \(-10\) dB has been optimized by considering the cost function given in Eq. (8) and (9).

\[
CostCoeff(f_n) = \begin{cases} 
0 & S_{11,s} < S_{11,d} \\
|S_{11,d} - S_{11,s}| & \text{otherwise}
\end{cases}
\]  

\[(8)\]

\[
CostFunc = \frac{1}{N} \sum_{n=1}^{N} CostCoeff(f_n)
\]  

\[(9)\]

The parameters \(f_n, N, S_{11,s}\), and \(S_{11,d}\) in Eqs. (8) and (9) represent the simulated nth frequency, the total number of frequencies, the simulated \(S_{11}\) value, and the desired \(S_{11}\) value, respectively. The proposed curved microstrip antenna is modeled in the CST Microwave Studio, and the physical parameters are optimized utilizing the SpaSA algorithm to provide the desired \(S_{11}\) characteristics of the antenna. The substrate was produced with 3D-printer technology using PLA material, and then the copper tape has adhered to the conductive parts. The values of the projected length and ground length parameters of the antenna are chosen to be around \(0.21\lambda \sim 0.215\lambda\). \(RLSL, WS_L, RL_{SU}, X_{SM}, WS_U, L_{GND}\), and \(L_F\) parameters used in the proposed antenna design are defined as the unknowns of the optimization problem. The physical parameters and their values are given in Table 2.

In order to compare the performance of the antenna proposed in this study, five additional microstrip antennas given in Fig. 2a–f were designed, and the results of these antennas...
in terms of $|S_{11}|$, VSWR, gain, and radiation pattern were obtained between 2 and 12 GHz. For this purpose, initially, a curved rectangular microstrip antenna with microstrip line feed was designed, as shown in Fig. 2a. After that, triangular slots were formed on this antenna, as in Fig. 2d. The antenna design in Fig. 2b is obtained by converting the curved radiating plane to a flat design for a flat substrate structure. The radiating plane dimensions of the antenna given in Fig. 2b were chosen equal to the angular dimensions of the antenna given in Fig. 2a. In order to make a different comparison in showing the effect of the curved substrate structure, the antenna in Fig. 2c was designed to be in the dimensions obtained by projecting the curved radiating plane. In order to make comparisons for the antenna with slots, antennas containing triangular slots given in Fig. 2e and f were designed to be equivalent to the antenna given in Fig. 2d. The flat dimensions used in Fig. 2e are precisely equal to the angular dimensions of the antenna given in Fig. 2d, but the dimensions used in Fig. 2f are determined to be equal to the projections of the antenna dimensions given in Fig. 2d.

### Table 2 Physical parameters and their values of the proposed antenna

| Parameter | Value (mm) | Parameter | Value (mm) |
|-----------|------------|-----------|------------|
| $W_{SUB}$ | 71.50      | $W_C$    | 42.43      |
| $L_{SUB}$ | 71.50      | $L_C$    | 22.50      |
| $L_{GND}$ | 23.10      | $W_{SL}$ | 12.73      |
| $h_S$     | 2.00       | $RL_{SL}$| 12.73      |
| $h_C$     | 8.22       | $X_{SM}$ | 21.22      |
| $W_F$     | 3.00       | $W_{SU}$ | 36.43      |
| $L_F$     | 24.50      | $RL_{SU}$| 25.76      |

### Manufacturing the proposed antenna

The CST Microwave Studio environment was used to design and simulate the antenna, and the SpaSA algorithm was used to optimize the dimensions. The curved PLA substrate was printed using a commercial Creality Ender 3 Pro printer, as shown in Fig. 3a. The bed and nozzle temperatures were set to 60 °C and 205 °C, respectively, and an intermediate printhead speed of 50 mm/s was chosen. A copper tape was glued to the front and back sides of the antenna for the conductive element after the substrate was manufactured, as shown in Fig. 3b and c. Keysight N5224A PNA microwave network analyzer was used to test antennas in the 2 GHz to 12 GHz frequency range. The PNA was calibrated before the measurement with a calibration package that included a short circuit, open circuit, and loading apparatus. Following the calibration procedure, the manufactured antennas were mounted to the PNA, and the S-parameter measurements were obtained.

It can be easily modified to be used in more complex applications by changing the antenna dimension. Figure 3 shows the antenna terminals with an SMA connector soldered to them. The positive pin of the connector is soldered to the conductive copper patch on the front side, which serves as a positive terminal, and the negative pin is soldered to the conductive copper patch on the backside, which serves as a negative terminal.
Results

The relative permittivity of a material depends on the frequency expressed by two parts, the real part, and the imaginary part, as given in Eq. (10).

\[ \varepsilon_r(w) = \varepsilon'_r(w) - i\varepsilon''_r(w) \] (10)

The dielectric constant of the PLA material used as the substrate material of the designed antenna in this study was measured in the range of 1 GHz to 10 GHz. The real and imaginary parts and amplitude of the measured dielectric constant are given in Fig. 4.

The SpaSA algorithm was used to optimize \( RL_{SL}, W_{SL}, RL_{SU}, X_{SM}, W_{SU}, L_{GND}, \) and \( L_F \) parameters in the proposed design in Fig. 2d, and the resulting designs were simulated using CST MWS Studio software. Figure 5a shows the \(|S_{11}|\) curves obtained from the simulation of six different antennas designed in this study. The curves given with dotted line and solid line in the figure represent the \( S_{11} \) results for antennas that do not contain slots and that

![Fig. 3](image)

(a) 3D printer, (b) the top view and (c) the bottom view of the printed curved monopole microstrip antenna

![Fig. 4](image)

Relative permittivity curve of PLA material
contain slots, respectively. The simulated VSWR results of the considered antenna designs are given in Fig. 5b.

The simulated gain values of the designed antennas in the frequency range of 2 GHz to 12 GHz are presented in Fig. 6.

The simulation results for the antenna designs given in Fig. 2 show that the curved microstrip antenna with a triangular slot performs well over the desired frequency range. Therefore, this antenna was manufactured using a 3D printer, and $S_{11}$ measurements were taken using Keysight N5224A PNA Microwave Network Analyzer. The $S_{11}$ results obtained from simulation and measurement of the proposed curved microstrip antenna are given in Fig. 7.

Simulated surface current images of the proposed antenna for 4.8 GHz and 8.6 GHz frequencies are given in Fig. 8.

Discussion

As seen in Fig. 4, the imaginary part of the dielectric constant increases monotonically from -0.1969 to 0.3670, while the real part varies between 2.1975 and 2.4956, as shown in Fig. 4. The calculated amplitude of the dielectric constant by Eq. (10) varies between 1 and 10 GHz frequencies, with an average value of 2.4119. It can be seen from the figure that the dielectric constant of the substrate fluctuates slightly between 1 and 2 GHz, while it remains relatively constant in the frequency band between 2 and 10 GHz. The value
2.54 proposed in the literature was used as a standard in the antenna design process.

The SpaSA algorithm was used to optimize $R_{L_{SL}}$, $W_{SL}$, $R_{L_{SU}}$, $X_{SM}$, $W_{SU}$, $L_{GND}$, and $L_F$ parameters of the proposed structure in Fig. 2d, and the resulting designs were simulated using CST MWS Studio software. Figure 5a shows the $|S_{11}|$ curves obtained from the simulation of six different antennas designed in this study. The curves given with dotted line and solid line in the figure represent the $S_{11}$ results for antennas that do not contain slots and that contain slots, respectively.
The results of the curved radiating plane with slots and the results of the flat antenna constructed using the exact dimensions of this antenna vary significantly. The comparison shows that the curved structure performs better than the flat structure. The $S_{11}$ results of the slotted flat antenna created by projecting the dimensions of the curved design show a performance that is comparable to the curved structure, but the curved slotted antenna offers the best result. Figure 5a shows that opening two triangular-shaped slots in the copper plane of the curved antenna improved radiation efficiency from 4 to 7 GHz and from 9 to 10 GHz. One of the essential parameters that give information about the performance of a microstrip antenna is the voltage standing wave ratio (VSWR). A VSWR of less than two means that the antenna is performing well. As seen in Fig. 5b, the simulated VSWR of the proposed antenna ranges between 2 and 3. Comparing Fig. 5a and b shows that the VSWR results confirm the $S_{11}$ results.

Fig. 9 Simulated radiation patterns of the proposed MA for a theta = 90° (x–y plane) at 4.8 GHz, b theta = 90° (x–y plane) at 8.6 GHz, c phi = 0° (x–z plane) and phi = 90° (x–y plane) at 4.8 GHz and d phi = 0° (x–z plane) and phi = 90° (x–y plane) at 4.8 GHz
The proposed antenna provides a higher gain than the other antennas for frequencies ranging from 2 to 4 GHz, although it has the lowest gain for frequencies ranging from 4 to 4.5 GHz and 5 to 8 GHz, as shown in Fig. 6. The proposed antenna has a relatively stable gain in the range of 7–9 GHz and an increasing gain from 9 to 12 GHz. Although the designed antennas show low or high performance in terms of gain, the gains of the antennas proposed in this study are in the range of 1 dBi to 3 dBi for the 2 GHz to 4 GHz frequency band and 3 dBi to 6 dBi for the 4 GHz and 12 GHz frequency bands.

As seen in Fig. 7, while the $S_{11}$ curves for measurement and simulation show a similar downward trend between 2 and 3.5 GHz, it is seen that there is a mismatch in the frequency band of 2.7 GHz and 4 GHz and the simulation results are better than the measurement results. It can be said that the simulation results show a good performance in the 6 GHz and 8.3 GHz frequency bands while there is a great harmony between the curves in the 4 GHz and 6 GHz frequency bands. The measurement values are higher than the $−10$ dB reference in this frequency range. Measurement results between 8.3 and 11 GHz provide better performance than simulation results, while measurement and simulation results are in harmony with each other in the frequency range of 11 and 12 GHz. Although the measurement result in the 6.3 to 8 GHz frequency range is higher than $−10$ dB reference, it has reasonable operating efficiency because it is lower than $−5$ dB.

As shown in Fig. 8, the surface current at 4.8 GHz is concentrated along the line edges of the microstrip line, around the junction point of the microstrip line and the radiating patch, and on the left branch edges, while at 8.6 GHz, the junction points of the feed and curved radiating patch, slot edges on the left branch and concentrated around the lower level of the right branch. The surface current distribution indicates that the slot formed in the lower-left corner is effective at low frequencies, while the right branch is effective at higher frequencies. Furthermore, the significance of the gap between the ground plane and the curved radiating patch can be seen, especially in Fig. 8b.

The proposed antenna has approximately bi-directional radiation performance at lower frequencies, as seen from Figs. 9a and c. However, as expected, the side lobes appear in higher frequencies, causing distortions in radiation patterns.

**Conclusion**

This study aims to develop a microstrip antenna with a broad bandwidth capable of operating at frequencies between 3 and 12 GHz. For this purpose, a curved substrate structure was used to propose a triangular slotted microstrip-fed monopole MA configuration. The sparrow search algorithm (SpaSA) was used to estimate the antenna dimensions for the desired operating frequencies optimally. To compare the efficiency of the proposed antenna, five additional antenna designs were modeled, and their simulation results were compared. The results indicate that the proposed antenna could be an excellent candidate for biomedical applications.

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**Declarations**

**Conflict of interest** There is no conflict of interest.

**Ethical approval** This article does not contain any studies with human participants performed by any of the authors.

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