The study investigated the contributions of dissocial traits and experience with the police to police perception. Participants (261: males = 115, females = 146, mean age = 25.87) completed psychometric measures deviant personality traits, police perception, and experience with the police. Regression analysis was used to examine relationship patterns. Results indicated that people detested the police as they got older ($\beta = -0.19$, $t = -2.06$, $p = 0.04$). Also, having an encounter was associated with more negative perception of the ($\beta = -0.16$, $t = -1.97$, $p = 0.04$). Among the dark triad traits, only narcissism predicted police perception such that higher narcissism traits was associated with higher negative perception of the police ($\beta = -0.46$, $t = -2.21$, $p = 0.03$). Findings seem to suggest that the police, especially in Nigeria, needs to do more to improve their connections with citizens; albeit, individual personality disposition matters, and should be a potential issue to consider when the police deals with citizens.

**Keywords** Dissocial traits · Experience · Police · Police perception
The perception of the police is however not limited to police (mis)doings. Attitude toward, and perceptions about the police are also influenced by demographic characteristics as well as individual psychological dispositions (Lee and Gibbs 2015; MacDonald et al. 2007; Zhao et al. 2014). Though the contributions of personality to police perception has been scarcely explored, Johnson et al. (1981) found that personality dispositions influenced attitudes toward authority figures such as parents, the police, and government. Also dissocial personality traits such as psychopathy have been found to affect general lifestyles (Eze et al. 2020), as well as the perception of procedural justice (Augustyn and Ray 2016). The dark triad (of psychopathy, narcissism, and Machiavellianism) is a more robust, widely researched constellation of dissocial personality traits, that is yet to be explored in relation to the perception of the police.

Narcissism is characterized by grandiosity, pride, egotism, and a lack of empathy (Konut 1977). Machiavellianism is characterized by manipulation and exploitation of others, a cynical disregard for morality, and a focus on self-interest and deception (Jacobwitz and Egan 2006). Psychopathy is characterized by enduring antisocial behavior, impulsivity, selfishness, callousness, and remorselessness (Skew et al. 2011). The dark triad has been recently found to influence specific antisocial behaviours such as problem gambling (Onyedire et al. 2019), as well as generic ideological attitudes and social worldviews (Zeigler-Hill et al. 2020). We contend that these traits could also contribute to how the police is perceived.

Global challenges in 2020 have provoked more discussions about police organisations and their approaches in discharging their duties. Video images showing events leading to the death of George Floyd in the United States of America sparked massive outrage and calls for institutional reforms. There was a knock-on effect on other police institutions in Europe and beyond triggering the Black Lives Matter march globally. Ironically, the police is still expected to effectively manage the negative fallouts arising from such protests, such as destruction and looting of property. In Nigeria and indeed many African countries, there are several accounts of police brutality as the police tries to enforce lockdown measures arising from the corona virus pandemic (British Broadcasting Cooperation 2020; Egwu 2020). Understanding factors that influence how people perceive the police will help inform police organisations on the necessary changes they have to make in building confidence and eliciting cooperation with the public so as to effectively deliver their critically needed services. Johnson and Olukayode (2014) reported that public support and cooperation will significantly enhance police performance in crime management in the Nigerian society. In the current study, we specifically explore the contributions of dissocial personality traits and past experiences with the police to the perception of the police in Nigeria. We hypothesize that 1) dissocial traits will not significantly predict the way the Nigerian police is perceived; 2) that experience with the police will not predict how people perceive the police.

**Method**

**Ethical Approval**

The researchers obtained written approval letter from the ethics committee of their institution. The researchers adhered to ethical standard of American Psychological Association when conducting study with human participants (American Psychological Association, 2010).

**Participants**

Three hundred participants were recruited for the study; however, only 261 (females = 55.9%) participants validly completed the questionnaires. University students made up 65.9% (n = 172) of the sample and were accidentally sampled across the 9 faculties in the University of Nigeria. Also, 89 employees of different public and private organizations were conveniently recruited to participate in the study. Participants were aged between 17 and 65 years (mean age = 25.87, SD = 8.11) and have completed at least, secondary level education.

**Instruments**

In addition to the demographic section, statements investigating exposure to crime (4-items), sample items include “I have witnessed or been a victim of a crime in the past 2 years”, “A member of my household has been a victim of crime in the past 2 years”, “How often do you use the media to get news on crimes” etc., age, gender, religion, denomination, marital status, highest qualification, locality, occupation, and substances used. The second part contained the measure of the variables of dissocial traits, experience, and perception.

**Short Dark Triad**

The dark triad scale was developed by Jones and Paulhus (2014). It is a 25-item scale which covers aspects such as psychopathy (7-items), narcissism (9-items), and Machiavellianism (9-items). Responses are made on a 4 point response format ranging from 1 (strongly disagree) to 4 (strongly agree). Some of the items are reverse scored. A sample item includes “It’s not wise to tell your secrets”, while an example of the item with reverse scoring is “I hate being the center of attention”. Cronbach alpha for the Machiavellianism, narcissism, and psychopathy scales were 0.71, 0.76, and 75 respectively. Factor analysis also showed alignment to the three dimensions identified by Jones and Paulhus (2014).
Experience with the Police  Items were drawn from the Police Survey for England and Wales. The experience with the police (EwP) scale is a 7-itmed scale highlighting various encounters with the police including being questioned, searched, arrested, or detained by the police. Responses are given on a Likert scale of never (0), once (1), twice (2), and thrice or more (3) with higher scores indicating more encounter with the police. It does not explicitly point to a positive or negative experience, rather higher scores indicate having more encounter with the police. Sample items include “Have you had an encounter with the police” and “Have you ever been questioned by the police”. Item analysis on the scale yielded a Cronbach’s alpha of 0.76. Factor analysis on the scale also confirmed a single factor structure.

Police Perception Scale  As no specific comprehensive scale was found to assess police perception, approximate scales that utilized items close to the construct were pulled together to assess police perception. Items were picked from the police legitimacy scale, a 4-item scale developed by Ferdik (2014); the general attitude toward and specific trust in the police officers measure (GASTP) Lai and Zhao (2010); the confidence in police index scale (CP), Ren et al. (2005); the perception of police integrity measure (PPI) by Wu (2010); and the attitudes toward police misconduct measure (ATPMM) Dowler and Zawilski (2007). Sample items include “How often do you believe police officers will bend the rules to get a confession from a person accused of crime” and “How often do you think police officers physically abuse those who are accused of a crime”. Items were scored such that higher scores indicated better perception of the police. Items were screened for repetition and ambiguousness. Items were also screened for face validity by experts in psychometrics. Twenty-eight items were selected in all based on corrected item total scores (>0.3). Cronbach’s alpha for the assembled scales was 0.896. Factor analysis on the scale supported a single factor solution.

Procedure  The researchers administered the questionnaires to 300 individuals which included undergraduates from different faculties of the University of Nigeria, Nsukka and also to workers from different organizations within Enugu. Participants completed consent forms. The researchers received the assistance of the departmental class representatives in distributing the questionnaires to their students within their lecture periods. The nature of the study was explained to the participants in written instructions, and they were sufficiently guided in completing the instruments. The questionnaires were collected immediately after completion, and the participants were verbally appreciated for their participation. Of the 300 copies of the questionnaire that were distributed, 261 were returned and were appropriately completed and used in data analysis.

Design/Statistics  The study employed a cross-sectional design. The statistics used to test the hypotheses was regression analysis. After considering missing data, 207 participants qualified for the regression analysis. Descriptive and zero order correlation of police perception, age, gender, experience with the police, Machiavellianism, narcissism, and psychopathy is presented first. This is followed by the results of statistical analysis performed to test the hypotheses (see Table 1).

The correlation table show that age ($r = -0.14, p = 0.02$), experience with the police ($r = -0.15, p = 0.01$), and narcissism ($r = -0.15, p = 0.02$) were negatively and significantly related to police perception. Interestingly as scores on these variables increased, police approval ratings decreased as the intercorrelations among these variables were negative. Other interesting significant correlating patterns were psychopathy scores were related to Machiavellianism scores ($r = 0.15, p = 0.01$) (see Table 2).

Result from the regression analysis showed that age negatively and significantly predicted experience with the police such that the older a person is, the more negatively the police is perceived ($\beta = -0.19, t = -2.06, p = 0.04$). Also in the second model, having an encounter with the police negatively predicted police perception ($\beta = -0.16, t = -1.97, p = 0.04$). Hence, the more encounter people had with the police the poorer their perception about the police. This suggests that many encounters with the police were negative. Finally among the dark triad traits, only narcissism predicted police perception such that higher narcissism traits culminated in a more negative perception of the police ($\beta = -0.46, t = -2.21, p = 0.03$).

Discussion  This study investigated the roles of dissocial personality traits and experience with the police on how people perceived the

| Table 1 | Descriptive and zero order correlation table among demographics and main study variables |
|---------|--------------------------------------------------------------------------------------|
| Variables | 1  | 2  | 3  | 4  | 5  | 6  |
| 1. Police perception | – | – | 0.13* | – | – | – |
| 2. Age | – | – | 0.27** | – | – | – |
| 3. Gender | – | 0.05 | – | – | 0.11* | 0.12* |
| 4. Exp with police | – | – | 0.28** | 0.44** | – | – |
| 5. Machiavellianism | – | – | 0.02 | – | 0.11* | 0.08 |
| 6. Narcissism | – | – | – | 0.17* | 0.07 | 0.04 |
| 7. Psychopathy | – | – | – | – | 0.04 | 0.03 |

*$P < 0.05$, **$P < 0.001$
police. The first hypothesis which stated that dissocial traits would not significantly predict police perception was not confirmed because at least one of the dissocial traits, narcissism, negatively and significantly predicted police perception. Among the dark triad traits, only narcissism predicted police perception such that higher narcissism traits culminated in more negative perception of the police. This implies that individuals with higher narcissism traits were more likely to perceive the police in negative light. This result is in agreement with previous findings. For instance, Campbell and Foster (2007) found that narcissists tend to view the police in a less favorable way. Persons with narcissistic traits demonstrate a lack of interest in warm and caring interpersonal relationships. They also find it difficult to get involved in relationships between two or more people because of, or experience with, corrupt or brutal officers have also been reported. Brandt and Markus (2000) indicated that adolescents who reported negative experiences with the police, the more contacts they had with the police, the more they resent the police. This implies that contact with the police in Nigeria leaves citizens with a bad taste. This is not surprising giving the high rates of reports on police brutality and police involvement in corruption in the country. Previous Nigerian studies on the police share the same findings (Ajomo and Okagbue 1991; Alemika 1988; Alemika and Chukwuma 2000; Ibidapo-Obe 1991; Nwokeoma et al. 2019; Onyishi et al. 2020). Nigeria is currently ranked as the worst country in the World Internal Security and Police Index (IPSA 2016). This is a strong message to the management of the Nigerian Police Force, related organisations, as well as policy makers who influence policing policies in Africa’s most populous country. There is a strong need to constantly examine and improve policing in the country. Slightly similar findings have been found in literature. In Canada, respondents were only marginally positive in their evaluations of the police (Chow 2011); Canadian adolescents who were older and those who held more positive school attitudes, experienced no police mistreatment or harassment, reported no criminal victimization, and exhibited lower propensity to engage in unlawful activities were found to rate the overall police performance significantly more favorably (Chow 2011). In India (Singh 1998) and in Easter Europe (Land 1998), low evaluations of the police, which were most likely due to respondents’ knowledge of, or experience with, corrupt or brutal officers have also been reported. Brandt and Markus (2000) indicated that adolescents who reported negative experiences with the police had less favorable attitude toward the police. Thus experience with the police is a key concern in how the police is perceived. Police organisations should then do well to ensure that they invest in trainings/interventions that will improve their modus operandi as well as their professionalism in order to positively engage with the public. Participants were drawn from a State in Nigeria, meaning that our findings may be taken with caution. We also deployed a cross-sectional design which mean that causal inferences may not be made. Future studies can expand the sample size and accommodate, perhaps experimental designs. As with most self-report studies, participants may have presented themselves in a more favorable light, downplaying the presence of dissocial traits and compromising the links between other dissocial traits and police perception. Also, getting individuals to provide sincere answers to survey questions is difficult even though confidentiality is assured; as a result, some participants could have randomly rated themselves without reading the questions.

Table 2 Regression table predicting police perception from demographics and main study variables

| Model | Variables | R | R²Δ | β | t |
|-------|-----------|---|-----|---|---|
| 1.    | Age       | 0.13 | 0.02 | -0.19 | -2.06* |
|       | Gender    | 0.02 | 0.30 |
| 2.    | Experience with police | 0.20 | 0.02 | -0.16 | -1.97* |
| 3.    | Narcissism | 0.25 | 0.02 | 0.17 | 0.07 |
|       | Psychopathy | -0.46 | -2.21* |
|       | Machiavellianism | 0.18 | 0.43 |

*P < 0.05
Conclusions

The study investigated the relationship between dissocial traits and experience with the police and police perception. Dissocial traits particularly narcissism was negatively associated with police perception. Experience with the police was a negative predictor of police perception; this implies that the more encounter people had with the Nigerian police, the poorer their perception about the police. Police organizations, especially in Nigeria should strive to improve in their relation to citizens as this will ensure better cooperation and effectiveness in delivering services. A qualitative assessment of experiences with the police and how it impacts relationship with the police is a worthy pursuit, especially in Nigeria. Identifying areas that Police organizations can leverage to improve their connectedness to citizens have potentials to improve the perception of the police.

Compliance with Ethical Standards

Conflict of Interest The authors declared that they have no conflict of interest.

Ethical Approval The researchers obtained written approval letter from Research and Ethics Committee, of the Department of Psychology, University of Nigeria to conduct the study.

Informed Consent Participants completed consent forms.

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