Metabolic Intermediates in Tumorigenesis and Progression

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Received: 2019.01.25; Accepted: 2019.03.18; Published: 2019.05.07

Abstract

Traditional antitumor drugs inhibit the proliferation and metastasis of tumour cells by restraining the replication and expression of DNA. These drugs are usually highly cytotoxic. They kill tumour cells while also cause damage to normal cells at the same time, especially the hematopoietic cells that divide vigorously. Patients are exposed to other serious situations such as a severe infection caused by a decrease in the number of white blood cells. Energy metabolism is an essential process for the survival of all cells, but differs greatly between normal cells and tumour cells in metabolic pathways and metabolic intermediates. Whether this difference could be used as new therapeutic target while reducing damage to normal tissues is the topic of this paper. In this paper, we introduce five major metabolic intermediates in detail, including acetyl-CoA, SAM, FAD, NAD+ and THF. Their contents and functions in tumour cells and normal cells are significantly different. And the possible regulatory mechanisms that lead to these differences are proposed carefully. It is hoped that the key enzymes in these regulatory pathways could be used as new targets for tumour therapy.

Key words: acetyl-CoA, SAM, FAD, NAD+, THF, cancer

Introduction

Currently, the mechanisms of tumour chemotherapy drugs mainly focus on inhibiting the replication and transcription of tumour cell nucleic acids or the synthesis of proteins. Although these anti-tumour drugs have been achieved success in some degree, we cannot ignore the severe limitations. As we know, most chemotherapy drugs have different degrees of side effects on the normal cells of human body. Patients with important organ dysfunction have difficulty in tolerating these drugs. Moreover, primary or secondary tumour drug resistance, poor effects on G0 stage cells, and difficulty in passing through the blood-brain barrier into the intracranial space are common issues that lead to the overall poor prognosis of cancer patients.

Tumour cells can proliferate in an uncontrolled manner, invade the surrounding tissues and move to distant organs. To achieve this, tumour cells have to significantly change their mechanism of energy metabolism to meet the need of huge amount of energy [1]. This process is known as metabolic reprogramming which makes tumour cells very different from normal ones [2]. We hope that by studying the regulatory mechanisms of metabolic intermediates, we can determine a more effective way to inhibit tumour cell proliferation without affecting normal cells. Tumour cells may not need to be killed; rather, the tumour cell energy supply could be inhibited by changes on metabolic intermediates. This process could put tumour cells in a dormant state, so
that they could live in peace with normal cells, thus increasing the survival rate of tumour patients.

Metabolic reprogramming is one of the emerging hallmarks of cancer. In this process, cancer cells alter their metabolic pathway to coordinate with the environmental changes and cell functions [3, 4]. Metabolic reprogramming is one of the non-genetic factors that can alter the epigenetic landscape in cancer by using different metabolites as co-substrates or regulatory factors. Cancer cells utilize metabolic intermediates to alter the post-transcriptional modifications (PTMs) of chromatin [5] to produce more energy and macromolecules, so that they can meet the increasing needs of the rapid cell division and propagation [6]. Emerging data suggests that there are at least three different mechanisms, by which cancer metabolism affects epigenetics to regulate the activity of epigenetic enzymes: (1) alteration of metabolite levels by reprogramming metabolic pathways, (2) nuclear production of metabolites by translocating metabolic enzymes to the nucleus, and (3) generation of onco-metabolites, whose accumulation drives cancer progression [7].

In this review, we summarize the role of several major nuclear metabolic intermediates in tumour progression and metastasis. To provide new ideas for tumour therapy, we summarize the existing pathways and propose possible regulatory pathways that are essential for metabolic reprogramming.

**S-adenosyl methionine (SAM)**

SAM, also known as AdoMet or SAMe, is generally regarded as a principal methyl donor. It is synthesized from methionine and ATP, which is catalysed by methionine adenosyltransferase (MAT) [8]. SAM is involved in a wide variety of cellular reactions, in which it donates a methyl group to specific amino acid side chains of proteins, nucleotide bases in DNA and RNA, sugars, and many small molecules [9]. SAM mainly involves in three regulatory pathways [10]: (1) in transmethylation reactions, SAM donates its methyl group to acceptor molecules catalysed by methyltransferases (MTs) yielding SAH as a by-product [11]; (2) during the trans-sulfuration process, the sulfur atom of SAM is converted to cysteine (a precursor of taurine and glutathione that are major cellular anti-oxidants) via a series of enzymatic steps [12]; (3) in aminopropylation, SAM is utilized for decarboxylation and then aminopropylation, which leads to polyamine synthesis [10] (Figure 1). SAM can be freely transferred from the cytoplasm to the nucleus through nuclear pore complexes and plays a regulatory role in the nucleus [13].

SAM mainly works as a methyl donor in the nucleus. It participates in histone methylation reactions that are mediated by lysine methyltransferases (KMTs; also called histone methyltransferases (HMTs)), protein arginine methyltransferases (PRMTs) and DNA methyltransferases (DNMTs) [13]. As shown in figure 1, after donating its methyl group, SAM is converted into SAH, a product that inhibits methyltransferases. This is a reversible reaction. The \( K_m \) values of methyltransferases acting upon SAM are close to the physiological concentration of SAM (10-100 µM), which varies in different tissue types [14]. The cellular ratio of SAM/SAH is a potent determinant in regulation of chromatin methylation. Threonine restriction decreases the SAM/SAH ratio, which commonly leads to decreased H3K4me2/3 methylation [15-18].

Hypomethylation of the genome is an important cellular biology feature of tumour cells [19]. The methylation of cytosine at Cpg islands in promoter regions strongly implicates the transcriptional silencing. It has been described that aberrant DNA methylation is associated with pathological gene expression in various cancer tissues [20]. In many cases, cancer cells display distinct shifts in DNA methylation patterns towards hypermethylation at Cpg islands and hypomethylation within the gene bodies [21]. Specifically, the DNA methylation-mediated silencing of tumour suppressor genes, such as CDKN2A (cyclin-dependent kinase inhibitor 2A) and SFRPs (secreted frizzled-related proteins), have been identified as drivers of lung carcinoma and colorectal cancer progression [22, 23]. What is more, a review shows that RNA polymerase II (Pol II) stalling is influenced by DNA methylation around the proximal sites of promoter [24]. As a major methyl donor, SAM has been shown to exert anti-proliferative effects in various cancer cells by promoting methylation and downregulating proto-oncogene expression [25]. Moreover, SAM inhibits proliferation via downregulating p53, ERK1/2 and Stat3 pathway, slowing down cell cycle progression and inducing apoptosis [26, 27]. Studies have shown that treatment with SAM suppressed the proliferation, migration, and invasion of prostate cancer (PC-3) cells [25] via improving the methylation level of the genome. At present, there is little research on the role of SAM in other types of tumours. Besides, we wonder whether it is possible to increase SAM content in tumour cells by oral administration or local injection of SAM or its synthetic precursor into tumour tissue. Or maybe we can improve the activity of MAT to increase the amount of SAM. Thus, inhibiting the proliferation of tumour cells.
Figure 1. Synthesis and function of S-adenosyl-L-methionine. In the cytoplasm, MAT catalyses the synthesis of SAM from methionine, with ATP as an energy donor. SAM then participates in transsulfuration, transmethylation, decarboxylation and aminopropylation to produce cysteine, SAH and polyamine, respectively. In the nucleus, SAM participates in the methylation reaction of histone proteins and DNA, which is catalysed by KMTs/PRMTs and DNMTs, respectively, and generates SAH as a by-product. SAM downregulates the ERK1/2 and Stat3 pathways to profoundly slow cell cycle progression. SAM upregulates cell-cycle inhibitors, including p53 and p21, and decreases cyclin A and cyclin E protein levels to arrest the cell cycle. SAM increases the ratio of pro-apoptotic Bax/Bcl-2 and activates caspase-3 and PARP cleavage to induce apoptosis.

Nicotinamide adenine dinucleotide (NAD+)  

NAD+ is a vital coenzyme found in all living cells which serves as a critical coenzyme that carries electrons from one reaction to another in reduction-oxidation reactions. In addition, NAD+ is a co-substrate for sirtuins and polymerases in the modification of proteins and DNA [28]. Adequate compounds, related to NAD+ metabolism, are considered as drug targets for cancer treating [29-31]. The subcellular localization of mammalian nicotinamide mononucleotide adenylyltransferase (NMNAT) isoforms determines and maintains the content and distinctive functions of NAD+ in different organelles. NMNAT has three isoforms and their subcellular localizations are tightly controlled: nuclear NMNAT1, cytosolic NMNAT2 and mitochondrial NMNAT3. Several other enzymes are known to regulate the synthesis of NAD+. For example, 2-amino-3-carboxymuconate-6-semialdehyde decarboxylase (ACMSD) converts 2-amino-3-carboxymuconate-6-semialdehyde into 2-aminomuconate-6-semialdehyde, which negatively regulates NAD+ synthesis from tryptophan [32]. Nicotinamide phosphoribosyltransferase (NAMPT) serves as the first and limiting step in the NAD+ salvage pathway, promoting the conversion of nicotinamide (NAM) into nicotinamide mononucleotide (NMN) (Figure 2).

NAD+ functions as both an important redox carrier and the sole substrate of NAD+-dependent enzymes. Thus, it participates in various cell cellular processes, such as metabolism and stress resistance. For example, as a redox carrier, NAD+ drives
oxidative phosphorylation and produces ATP. Decreased NAD\(^+\) level and the consequent PARP hyperactivation show the depletion of intracellular ATP store, leading to the activation of PARP1 and the release of apoptosis-inducing factor (AIF), passive necrotic cell death inducer ADP-ribosyltransferase enzyme 1 (ARTD1) and consequent cell death due to energy restriction [33]. Therefore, we could reduce the production of NAD\(^+\) by downregulating the activity of key enzymes so as to inhibit tumour growth. Besides, as the only substrate of NAD\(^+\)-dependent enzymes, poly (ADP-Ribose) polymerase (PARP) uses NAD\(^+\) exclusively for poly-ADP-ribosylation, which transfers ADP-ribose subunits from NAD\(^+\) to target proteins. This process regulates the expression of DNA-repair gene [34], cell survival and cell cycle progression [29], chromatin remodelling [35], genomic stability and RNA expression [36]. PARP’s activity is dependent on the amount of NAD\(^+\) available. As a nuclear energy sensor, PARP’s activity would be impaired due to NAD\(^+\) deficiency which leads to functional deficits and subsequently triggers apoptosis. Whether NAD\(^+\) is acting as a redox carrier or an enzyme cofactor, reducing its levels in tumour cells can eventually induce cell death.

Nicotinamide adenine dinucleotide phosphate (NADP\(^+\)), also known as triphosphopyridine nucleotide (TPN), is a final electron acceptor used in anabolic reactions such as the Calvin cycle, nucleic acid and cholesterol syntheses and fatty acid chain elongation, producing NADPH as a reducing agent. NADP\(^+\) and NAD\(^+\) differ in the presence of an additional phosphate group on the 2’ position of the ribose ring that carries the adenine moiety.

**Figure 2. Synthesis and function of NAD\(^+\) in the cytoplasm and nucleus.** In the de novo synthesis pathways, NAD\(^+\) is synthesized from dietary L-tryptophan (Trp). Trp is converted to quinolinic acid through several reactions. Quinolinic acid is then transformed into NAMN and NAAD; these reactions are catalysed by QPRT and NMNAT, respectively. In the salvage pathway, nicotinamide riboside (NR) or nicotinamide (NAM) is used to produce NAMN and NMN, which are then converted to NAD\(^+\). Cellular NAD\(^+\) levels are an energy level sensor, and low levels of NAD\(^+\) subsequently induce cell death. NAD\(^+\) functions as a cofactor of SIRT and PARP. As the cofactor of SIRT, NAD\(^+\) participates in protein deacetylation to regulate the gene expression and production of second messengers. As the cofactor of PARP, NAD\(^+\) participates in the transfer of ADP-ribose subunits from NAD\(^+\) to target proteins to regulate processes such as DNA repair, gene expression, cell survival and cell cycle progression, chromatin remodelling, genomic stability and RNA expression.
NADPH participates in protecting against the toxicity of reactive oxygen species (ROS) and allowing the regeneration of glutathione (GSH) [37]. Studies showed that systemic administration of exogenous NADPH significantly protected neurons against ischemia/reperfusion-induced injury by blocking the elevation of intracellular ROS levels [38]. In addition, the amount of NADPH is an effective biomarker for predicting ferroptosis sensitivity [39], labeled as lipid hydroperoxides accumulated in an iron-dependent way, which is a form of cell death. NADPH is also responsible for generating free radicals in immune cells used to destroy pathogens in a process termed the respiratory burst [40]. Adrenodoxin reductase use NADPH as a coenzyme which transfers two electrons from NADPH to FAD in the chain of mitochondrial systems that synthesize steroid hormones [41].

As a key precursor of DNA synthesis and repair, NADPH has a close relationship with tumor progression. However, current studies on this area are quite limited. Researchers have found that decreasing NADPH levels inhibits viability, induces apoptosis and enhances cisplatin-induced DNA damage in prostate cancer cells [42]. Inhibiting the levels of NADPH increases survival rate and decreases apoptosis, DNA damage and cisplatin-induced cytotoxicity in the nasopharyngeal carcinoma cells [43].

Given the role NADPH plays in lipid metabolism, oxidative stress reaction and DNA synthesis and repair, we hypothesized that it could be applied in a wider field in fighting tumors. In addition to the effects on genetic material, we can also explore its role from the perspective of metabolism and oxidative stress. High levels of fatty acid metabolism in tumor cells requires large amounts of NADPH as substrates. Inhibition of NADPH synthesis may inhibit this process in tumor cells. Meanwhile, low levels of NADPH can reduce the cell’s tolerance to oxidative stress, leading to cell death.

**Acetyl-CoA**

Acetyl-CoA is composed of an acetyl moiety (CH3CO) and coenzyme A (CoA) linked by a thioester bond [44]. As shown in figure 3, acetyl-CoA is a central intermediate in the oxidation of glucose to produce ATP, whose abundance reflects the general energy state of the cells [45]. Moreover, acetyl-CoA is a precursor for the biosynthesis of numerous metabolites. It not only participates in many metabolic pathways, but also influences the activity or specificity of multiple proteins through acetylation or epigenetic regulation of gene expression [46] (Figure 3).

The role of histone acetylation in transcriptional regulation can be described mainly by the following 3 mechanisms: (1) histone acetylation neutralizes its charge, weakens the interaction between histones and DNA, and relaxes the chromatin structure to facilitate transcription; (2) histone acetylation provides specific anchor points for the recruitment of transcription factors; (3) histone acetylation combines with other histone modifications (methylation, phosphorylation, ubiquitination) to form histone codes, affecting the transcription of genes. In contrast, histone acetylation can be reversed by histone deacetylases (HDACs, also called lysine deacetylases [KDACs]), such as Sir2, and by HATs, such as SAS2, which constructs the fine regulating networks of acetylation in living eukaryotic organisms. In cancer cells, the pathological activation of tumorigenic enhancers has been associated with the aberrant accumulation of H3K27 acetylation in particular regions. Some drugs, such as JQ1, that downregulate histone acetylation, have been approved by the FDA, underscoring the value of targeting histone acetylation [47]. In multiple cell types from yeast to human, histone acetylation is highly sensitive to the availability of acetyl-CoA [48-51]. Acetyl-CoA is indeed the obligate cofactor for histone acetyltransferases (HATs, also called lysine acetyltransferases [KATs]) [52], indicating that the abundance of the acetyl-CoA in nucleo-cytosolic pool may have a direct impact on the enzymatic activity of HATs, especially those with a relatively high Kd for acetyl-CoA.

In addition to controlling the balance between cellular anabolism and catabolism, acetyl-CoA also acts as a signal transducer that translocate from the mitochondrial matrix to the cytoplasm or nuclear matrix. In this circumstance, pyruvate dehydrogenase (PDH) is transiently translocated into the nucleus with the help of mitochondrial-derived vesicles (MDVs) [53] or chaperones, such as heat shock protein 90 (Hsp90) [54]. Then, PDH produces nuclear acetyl-CoA in a pyruvate-dependent manner. Besides, ACLY [55] and ACS5 [56], enzymes participating in generating cytosolic acetyl-CoA, have been found in the nucleus, which is thought to be associated with cell growth and proliferation [57]. Citrate-derived acetyl-CoA acetylates proteins to regulate their activity, interactions, and location. And then it affects signalling pathways, DNA transcription, and chromatin modification to promote cell growth, mitosis, suppressing autophagy and regulating cell death (Figure 3).

Histone acetylation and the concentration of ACLY dependent acetyl CoA are inconstantly sensitive to glucose in cancer cells. Oncogenic signalling pathways are mediated in an ACLY-dependent manner [48, 50]. Knocking down ACLY reduces the conversion of mitochondrial-derived...
citrate to acetyl-CoA, thus downregulating lipogenesis and decreasing cytokine stimulation and proliferation regulated by PI3K/Akt signalling pathway [58]. Furthermore, the ratio of acetyl-CoA to coenzyme A in the nucleus regulates global histone acetylation levels, which is stimulated by the oncogenic protein Kras or Akt during tumour progression [59]. In addition to acetylation-induced protein-nucleic acid interactions that occur primarily pre-transcription, acetylation also regulates protein-protein interactions in many ways. Acetylation, driven by glucose-derived acetyl-CoA, eliminates the positive charge of the ε-amino group of lysine and causes steric hindrance, thereby modifying proteins post-translation and affecting protein interactions, activity and localization [60]. In addition, the reaction occurs non-enzymatically through direct interactions between lysine and acetyl moieties [61], especially when pH level and acetyl-CoA concentration is high [62-64]. Furthermore, acetylated lysine functions as docking sites for proteins that contain the acetyl-lysine recognition domain of bromodomains [65] and plant homeodomain 1 (PHD1) [66], which is exclusively found in nuclear proteins that participate in DNA transcription and chromatin remodelling.

Lysine acetylation plays a significant role in the regulation of nuclear transcription and other modifications, such as methylation, ubiquitination and phosphorylation. Acetyl-CoA also functions as a donor in the cross-communication regulation pathway. Moreover, a great number of acetylated non-histone proteins also participate in nuclear transcription, including metabolic enzymes such as ACCS, pyruvate carboxylase (PC), glyceraldehyde-3-phosphate dehydrogenase (GAPDH), glutamate dehydrogenase (GDH) and endothelial nitric oxide synthase (eNOS), as well as non-enzymatic proteins, such as p53, α-tubulin, Akt and cortactin [59, 67-69]. For example, the mitochondrial protein sirtuin 3 (SIRT3) deacetylates K642 of ACSS1 to activate the enzyme, which is acetylated at the same site and replaced by glutamine to form the inactive enzyme. This mechanism regulates the activity of ACSS1 by altering the constitutively acetylated lysine residues. Acetyl CoA can regulate both the structure and activities of PC through special residues [68], and the R469 and D471 sites in the allosteric domain of PC.

**Figure 3. Synthesis, metabolic pathways and function of acetyl-CoA.** Acetyl-CoA is predominantly generated in the mitochondrial matrix through glycolysis, fatty acid oxidation and catabolism of branched-chain amino acids (BCAAs), such as valine, leucine and isoleucine. Acetyl-CoA can then be transported from the mitochondria using the “citrate-malate-pyruvate shuttle” to create oxaloacetate and cytoplasm acetyl-CoA. Acetyl-CoA can be generated from the reductive carboxylation of glutamine. In addition, acetate can be used to produce cytoplasm acetyl-CoA catalysed by acyl-CoA synthetase short-chain family member 2 (ACSS2) in an ATP-dependent manner. Synthesized acetyl-CoA is widely used as a precursor for the biosynthesis of numerous metabolites, such as fatty acids, steroids and some specific amino acids, which include glutamate, proline, and arginine. Reducing the conversion of mitochondrial-derived citrate to acetyl-CoA downregulates lipogenesis. This process also decreases cell proliferation, which is stimulated by cytokines and regulated by the PI3K/Akt signalling pathway. Citrate-derived acetyl-CoA functions as an acetyl donor for protein acetylation. In the cytoplasm, acetylation can activate the function of proteins, resulting in a series of biological activities. In the nucleus, the acetylation of the histone tail neutralizes the charge of the histone, weakens the interaction between histones and DNA, and relaxes the chromatin structure, thus facilitating transcription.
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directly interact with acetyl CoA [67]. SIRT3-mediated deacetylation of mitochondrial enzymes, such as GDH, in human granulosa and cumulus cells may convert the metabolic milieu surrounding oocytes; therefore, this process may be responsible for the reduction of ovarian reserve at advanced maternal age [69]. Furthermore, in human gliomas and prostate tumours, the Akt phosphorylation level at Ser473 is closely associated with histone acetylation [55, 59]. In fact, acetylation is actually a mechanism that regulates protein localization, activation, and stability, thus participating in energy metabolism, cytoskeleton dynamics, endocytosis, autophagy, and other signalling pathways, such as transforming growth factor-β (TGF-β)-mediated signalling and interferon-α (IFN-α) signalling.

**Tetrahydrofolate (THF)**

Tetrahydrofolate (THF), the biologically active form of folic acid, exists in the cytoplasm, mitochondria and nucleus and participates in one-carbon metabolism as a carrier for the one-carbon units in N5 or N10 or both N5 and N10. As the core intermediate of one-carbon metabolism, THF is involved in purine and thymidylate (dTMP) biosynthesis and amino acid metabolism, thus playing an important role in DNA replication [70]. The role of anti-folate compounds in cancer has been detected over the past 50 years. However, the role of folate in cancer development and progression has not been found till now.

In mammalian cells, THF is synthesized from dihydrofolate (DHF) or THF derivatives. THF is reduced from DHF by dihydrofolate reductase (DHFR), which requires two molecules of nicotinamide adenine dinucleotide phosphate (NADPH). Serine hydroxymethyltransferase (SHMT), using glycine as a substrate, converts 5,10-methylene-THF into THF and simultaneously generates serine. This reaction is reversible. Additionally, thymidylate synthase (TYMS) catalyses the generation of DHF and dTMP from 5,10-methylene-THF and dUMP. These three reactions constitute a cycle. Methylenetetrahydrofolate dehydrogenase (MTHFD) reversibly catalyses the generation of 5,10-methylene-THF from 10-formyl-THF. MTHFD1 catalyses this reaction in the cytoplasm, and MTHFD2/L catalyses this reaction in the mitochondria (Figure 4).

![Figure 4. Synthesis and function of THF.](http://www.ijbs.com)

**Small ubiquitin-like modifier**

Figure 4. *Synthesis and function of THF*. THF is reduced from DHF by dihydrofolate reductase (DHFR) and requires NADPH as a co-factor. SHMT converts 5,10-methylene-THF into THF and simultaneously generates serine; glycine is used as the substrate. In the nucleus, 5,10-methylene-THF is converted into DHF by TYMS. In addition, methylenetetrahydrofolate dehydrogenase (MTHFD) reversibly catalyses the generation of 5,10-methylene-THF from 10-formyl-THF. Enzymes such as TYMS, DHFR and SHMT1/2a and synthesized THF translocate into the nucleus and function as a multienzyme complex for nuclear de novo dTMP synthesis, which is essential for DNA replication and genome stability.
Nuclear THF metabolism is catalysed by enzymes in its special nuclear forms. The enzymes (TYMS, DHFR, and SHMT1/2α) translocate into the nuclei in a small ubiquitin-like modifier (SUMOylation)-dependent manner. In the nucleus, the three enzymes function as a multienzyme complex for nuclear de novo dTMP synthesis, and their metabolic mechanisms are similar to their mechanisms in the cytosol and mitochondria [71]. DHFR reduces DHF to THF in an NADPH-dependent manner. SHMT1 or SHMT2α reversibly synthesizes 5-methyl-THF from THF and serine, which is the rate-limiting step. Furthermore, TYMS catalyses the reaction of dUMP and 5,10-methylene-THF to dTMP and DHF. Nuclear MTHFD1 is also SUMOylated in a cell cycle-dependent manner to produce 5,10-methylene-THF from THF. In addition, the mouse liver MTHFD1 is enriched in the nuclei during folate deficiency [72].

THF is responsible for the nuclear de novo biosynthesis of dTMP, which is essential for DNA replication and genome stability because it prevents uracil misincorporation of DNA [73]. On the other hand, vitamin B₁₂ and folate deficiencies cause 5-methyl-THF trapped in the nucleus; this action inhibits nuclear de novo dTMP biosynthesis and causes DNA damage, which might result in megaloblastic anaemia [74]. Another study demonstrated that arsenic trioxide As₂O₃ suppresses nuclear de novo dTMP biosynthesis through the degradation of MTHFD1 and SHMT1, leading to increased uracil levels in nuclear DNA and increased genome instability [75].

THF is required for DNA synthesis and cell proliferation and is upregulated in cancer [70]. TYMS is overexpressed in cancer and might be associated with adverse clinical behaviour and poor prognosis [76-79]. TYMS overexpression might predict lymph node metastasis and poor prognosis in colorectal cancer patients [80]. TYMS upregulation is associated with an aggressive prostate cancer phenotype and chromosomal deletions [76]. DHFR, which catalyses the generation of THF, is overexpressed in osteosarcoma stem-like cells; this overexpression enhances their chemoresistance to methotrexate (MTX) [81]. In addition, other THF metabolism enzymes, such as SHMT1, SHMT2, and MTHFD2, are upregulated in cancer to promote DNA synthesis [82-84].

THF metabolic pathway has served as a target for anti-tumour treatment for a long time. 5-fluorouracil (5-FU), MTX and pemetrexed serve as the first-line treatments for several cancers [70, 85-87]. However, they also cause considerable damage to normal cells while treating tumours, which limit effective use in cancer therapy. Tumour cells and normal cells obtain THF in different ways. Whether it is possible for us to specifically inhibit specific enzymes to reduce THF synthesis in tumour cells while reducing damage to normal cells remains to be explored.

Flavin adenine dinucleotide (FAD)

FAD is the most widely utilized ‘nucleotide’ form of the vitamin riboflavin (Rf, vitamin B₂). FAD is capable of carrying out one- and two-electron redox, nucleophilic and electrophilic reactions [88]. As a redox cofactor, FAD participates in reactions in the mitochondria and cytoplasm as well as in nuclear redox activities [89]. The nuclear, mitochondrial, and cytosolic FAD synthase pools constitute a flavin network involved in regulation of cellular metabolism and epigenetic events [90].

De novo synthesis of FAD requires Rf as a precursor [91], which is a type of water-soluble vitamin that must be obtained from food or intestinal microflora in mammals [90]. Catalysed by riboflavin kinase and FAD synthase, the absorbed Rf is converted into FAD via two consequent reactions: one reaction is catalysed by riboflavin kinase, which transfers a phosphoryl group from ATP to Rf to form FMN, and the other reaction adenylates FMN to FAD via the canalization of FAD synthase. Then, FAD is used to produce FAD⁺ in redox reactions catalysed by FAD synthetase (FLAD1), where FAD acts as the electron donor. FAD also is used to generate FADH₂ catalysed by reducing enzymes, such as lysine-specific demethylase 1/2(LSD1/2) [92]. FAD is a cofactor of oxidoreductases, also called as flavoproteins, most of which are metabolic enzymes [93]. For example, under early oxidative stress or proapoptotic stimuli, LSD1 and apoptosis-inducing factor (AIF) translocate to the nucleus from the mitochondrial inner membrane caused by high FAD level, which inhibits the degradation of HIF-1α. And then, HIF-1α promotes the expression of HIF-1α target genes and induces hypoxia responses [94, 95](Figure 5).

The ratio of FAD⁺/FADH₂ influenced by the oxygen and nutrition supply, modulates the levels of nuclear FAD. In this way, it directly affects epigenetic regulation by regulating the activity of histone demethylases [96]. The nuclear role of FAD is as the cofactor of LSD1/2. In this way, FAD regulates gene expression via demethylation in accordance with the cell state, nutrients or oxygen availability and the intra-/extra cellular environmental conditions to maintain homeostasis.

FAD also acts as an electron acceptor in the nucleus to participate in the demethylation reaction.
catalysed by LSD1/2 [97, 98]. LSD1/2 catalyses the demethylation reaction by specifically removing methyl groups from mono- or dimethylated H3K4 or H3K9 in histone proteins and DNA in the nucleus. This reaction is coupled with FAD reduction to FADH$_2$, and formaldehyde is released as a by-product [99, 100]. FAD synthase is found in the cytosol and mitochondria, but a recent study demonstrates the existence of a nuclear FAD synthase and FAD-hydrolysing activity, indicating the participation of FAD in nuclear redox activities [101]. This modification directly reprograms the chromatin structure and leads to the context-dependent activation or repression of transcription [100]. FAD acts as a biosensor of the metabolic state, indicating the potential link between epigenetics and metabolism, especially in cancer cells.

Concluding Remarks

Compared with normal cells, tumour cells seem omnipotent and ubiquitous, but this is not the case. The growth of tumour cells requires a huge energy supply and a specific microenvironment, known as a cancer nest. If we cut off the energy supply or destroy the environment, we can simply stop cancer cells from growing. In this process, metabolic reprogramming will play a crucial role. Therefore, we propose that we can take advantage of the significant differences in the metabolism of tumour cells and normal cells to inhibit the energy supply and signal transduction of tumour cells for therapeutic purposes. In addition, the idea of treating tumours by inhibiting the metabolic intermediates of tumour cells is supported by successful models. Methotrexate and fluorouracil are folic acid metabolism inhibitors. They are listed as first-line chemotherapeutic drugs that have been widely used to treat tumours for more than 50 years. They act on cells in S phase and are both cell cycle-specific drugs. However, due to the lack of significant differences in the DNA synthesis processes of tumour cells and normal cells, these anti-metabolites are not selective. Therefore, these drugs are very toxic to normal tissues with rapid proliferation, such as the bone marrow, gastrointestinal mucosa, reproductive system and hair. To solve these problems, we need to know more about the generation process and regulatory function of metabolites to find more effective treatments. New drugs targeting metabolism pathways have been proposed by some researchers, such as the heterogeneous activator of PK-M2 which affects the anaerobic glycolysis pathway and phenformin which can inhibit mitochondrial anaerobic glycolysis. But these are just a few parts of the many metabolic processes. The fat metabolism we mentioned in the paper has not been studied.
We here summarize the synthesis of several major metabolites and their important roles in tumour cells. We hope to find appropriate candidates of therapeutic intervention in their synthesis processes by understanding their underlying mechanisms. We may reduce the production of metabolites by inhibiting the enzyme rates or changing the direction of reversible reactions. We notice that upregulating the production of SAM, and FAD and downregulating acetyl-CoA, NAD+ and THF could be reasonable targets. However, many unsolved problems remain. For example, fatty acid metabolism is obviously enhanced in tumour cells, and we can cut off the energy supply to tumour cells by inhibiting fatty acid metabolism. However, the regulation of fatty acid metabolism in tumour cells is not clear. Another problem is avoiding damage to normal immune cells if anaerobic glycolysis is inhibited. Metabolic pathways are intricately woven, and effective targets must be chosen carefully. The resolution of these problems will provide new, safe and effective treatments for tumours.

**Abbreviation**

3'-UTR: 3'-untranslated region; 5-FU: 5-fluorouracil; ACC2: acetyl-CoA carboxylase 2; acetyl-CoA: acetyl coenzyme A; Ach: acetylcholine; ACO: ATP-citrate lyase; ACMSD: 2-amino-3-carboxymucone-6-semialdehyde decarboxylase; ACS5: acetyl-CoA synthetase short-chain family member 1; ACS2: acetyl-CoA synthetase short-chain family member 2; ADH1B: alcohol dehydrogenase 1B; ADP: adenosine diphosphate; AIF: apoptosis-inducing factor; α-KG: α-ketoglutarate; ALDH2: aldehyde dehydrogenase 2; AMPK: AMP-activated protein kinase; ARID1: ADP-ribosyltransferase enzyme 1; AsO3: arsenic trioxide; ATP: adenosine triphosphate; Bax: Bcl-2 associated X protein; BCAAs: branched-chain amino acids; Bcl2: B-cell lymphoma 2; CAC2: cyclic adenosine diphosphoribose ribose; CBP: cap binding protein; CH3CO: acetyl moiety; CoA: coenzyme A; Complex II: succinate dehydrogenase; DHF: dihydrofolate; DHFR: dihydrofolate reductase; DNMTs: DNA methyltransferases; dTMP: thymidine; dUMP: deoxyuridine monophosphate; eNOS: endothelial nitric oxide synthase; ERK1/2: extracellular regulated protein kinases 1/2; ESC: embryonic stem cell; FAD: Flavin adenine dinucleotide; FADH2: flavin adenine dinucleotide, reduced; FAO: fatty acid oxidation; FLAD1: FAD synthetase 1; FMN: flavin mononucleotide; GAPDH: Glyceraldehyde-3-phosphate dehydrogenase; GAS: Group A streptococci; GCLC: glutamate-cysteine ligase catalytic; GCLM: glutamate-cysteine ligase modifier; GDH: glutamate dehydrogenase; GS: GSH synthase; GSH: glutathione; H3K4me1/2: mono- or dimethylation of lysine (K)-4 in histone H3; HATs: histone acetyltransferases; HDAC: histone deacetylase; HIF-1α: hypoxia-inducible factor 1α; HIF-1β: hypoxia-inducible factor 1β; HIV: human immunodeficiency virus; Hsp90: heat shock protein 90; IDO: indoleamine 2, 3-dioxygenase; IFN-α: interferon-α; IL: interleukin; iNOS: inducible nitric oxide synthase; IRF9: interferon-regulatory factor 9; ISGF3: IFN-stimulated gene factor 3; JIP1: JNK-interacting protein 1; JNK: c-Jun N-terminal kinase; KMTs: lysine methyltransferases; Kyn: kynurenine; LPS: lipopolysaccharide; LSD1/2: lysine-specific demethylase 1/2; MAT: methionine adenosyl transferase; MDMD: murine double minute2; MDVs: mitochondrial-derived vesicles; miR: microRNAs; MTHFD: methenyltetrahydrofolate dehydrogenase; MTs: methyl转移ases; MTX: methotrexate; NAAD: nicotinic acid adenine dinucleotide; NAADP: nicotinic acid adenine dinucleotide phosphate; NAD+: nicotinamide adenine dinucleotide; NADH: reduced form of nicotinamide adenine dinucleotide; NADPH: reduced nicotinamide adenine dinucleotide phosphate; NADSYN: NAD+ synthetase; NAM: nicotinamide; NAMPT: nicotinamide phosphoribosyltransferase; NF-κB: nuclear factor-κ-gene binding; NLRP: NACHT, LRR and PYD domains-containing protein; NLRs: Nod-like receptors; NMN: nicotinamide mononucleotide; NMNAT: nicotinamide mononucleotide adenyllyltransferase; NO: nitric oxide; NR: nicotinamide riboside; NSCLC: non-small-cell lung cancer; O-GlcNAcylation: O-linked N-acetylglucosamine modification; PARP: poly (ADP-Ribose) polymerase; PBMC: peripheral blood mononuclear cell; PC: pyruvate carboxylase; PC-3: prostate cancer cells; PDH: pyruvate dehydrogenase; PGC-1: peroxisome proliferators activated receptor gamma co-activator 1; PHD1: plant homeodomains1; PI: phosphate; PPP: pyrophosphate; PRMTs: protein arginine methyltransferases; PRRs: pattern recognition receptors; PSCs: Pluripotent stem cells; PTMs: post-translational modifications; RACK1: activated receptor-C kinase-1; Rf: riboflavin; RNAi: RNA interference; SAH: S-adenosyl homocysteine; SAM: S-adenosyl methionine; SHMT: serine hydroxymethyltransferase; shRNA: short hairpin RNA; Sirt2: silent information regulator 2; SIRT: Sir2 homologs; STAT: signal transducer and activator of transcription; succinyl-CoA: succinyl coenzyme A; SUMOylation: small ubiquitin-like modifier; TCA: tricarboxylic acid cycle; TDO: tryptophan oxygenase; TNF-α: tumor necrosis factor-α; Trp: tryptophan; Trp-2: tryptophan; TYMS: thymidylate synthase; VEGFR: vascular endothelial growth factor receptor; VHL: von Hippel-Lindau disease.
synthase; UV: ultraviolet radiation; ZGA: zygotic genome activation.

Acknowledgements
This work was supported by the National Natural Science Foundation of China [81672787 (Y. Tao), 81672991 (S. Liu)] and the National Basic Research Program of China [2015CB553903 (Y. Tao)]. We apologize to those colleagues whose work we could not cite due to space constraints.

Competing Interests
The authors have declared that no competing interest exists.

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