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A glimpse into the molecular mechanism of integral membrane proteins through hydrogen–deuterium exchange mass spectrometry

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Abstract
Integral membrane proteins (IMPs) control countless fundamental biological processes and constitute the majority of drug targets. For this reason, uncovering their molecular mechanism of action has long been an intense field of research. They are, however, notoriously difficult to work with, mainly due to their localization within the heterogeneous environment of the biological membrane and the instability once extracted from the lipid bilayer. High-resolution structures have unveiled many mechanistic aspects of IMPs but also revealed that the elucidation of static pictures has limitations. Hydrogen–deuterium exchange coupled to mass spectrometry (HDX-MS) has recently emerged as a powerful biophysical tool for interrogating the conformational dynamics of proteins and their interactions with ligands. Its versatility has proven particularly useful to reveal mechanistic aspects of challenging classes of proteins such as IMPs. This review recapitulates the accomplishments of HDX-MS as it has matured into an essential tool for membrane protein structural biologists.

KEYWORDS
allosteric coupling, conformational dynamics, GPCRs, hydrogen–deuterium exchange mass spectrometry, integral membrane proteins, transporters

1 INTRODUCTION: STRUCTURAL BIOLOGY OF MEMBRANE PROTEINS

Structural biology provides invaluable insight into the mechanism of diverse biological macromolecules. Through the microscope or with the help of other biophysical tools, structural arrangements can be observed or deduced. This becomes a challenging task when the molecule of interest is embedded in a biological membrane. Structural biology of integral membrane proteins (IMPs) often implies extraction from the membrane, a process far from trivial. In order to keep the protein in its folded and functional state, the presence of a membrane surrogate is an absolute necessity for any structural investigation.

A detailed understanding of the molecular mechanism of any protein of interest is required to link structure to function. Deciphering the molecular mechanism requires the integration of structural information with dynamic information. In other words, one has to be able to monitor different motions the protein undergoes during a functional cycle, and to identify the allosteric networks associated with signal transmission. In that regard, HDX-MS can provide invaluable information. HDX-MS reports on the exchange
of labile hydrogens from the amide backbone of proteins with deuterium from the solvent. This exchange is directly related to solvent accessibility and stability of the H-bond, and can be used to follow structural changes in proteins and their complexes.4

There has been a recent surge in the application of HDX-MS to IMPs. This is particularly timely as it correlates with the massive increase in structures resolved by high-resolution methods, such as cryogenic electron microscopy (Cryo-EM) and X-ray crystallography.5 Indeed, since IMPs are embedded in a membrane or a membrane surrogate, a significant portion of the protein will not be solvent accessible. Most of the time, only the extracellular membrane domains will undergo HDX and yield structural information. Within the structural framework provided by atomic resolution structures, structural dynamics of the solvent accessible domains can be linked with global dynamic changes and provide useful details on conformational dynamics of IMPs.

In this review, we will focus exclusively on efforts that employ HDX-MS to the study of IMPs. Other recent reviews have wonderfully recapitulated the recent technical progresses made by the technique and the nuts and bolts of data interpretation, artefact detection, and prevention. These reviews also provide a great theoretical background of the fundamental principles of HDX which will not be covered here.2,6-8 Section 1 will review the biological insights that were obtained through this technique, and specifically the research carried out on IMPs extracted from the membrane and solubilized within detergent micelles. The study of IMPs in conditions closer to the cell is the obvious next challenge. The significant steps toward that aim that have already been taken will be reviewed in Section 2. Along the way, the challenges associated with the handling of IMPs for HDX-MS studies will also be discussed. Finding the right conditions for efficient digestion, working in the presence of detergents and/or lipids, accounting for the intrinsic heterogeneity of membrane proteins-lipid complexes are different hurdles that are slowly being overcome with the help of better chromatographic and MS systems and data analysis workflows (Table 1).

A word of caution also accompanies this review. As the interest for the technique and its applications expands exponentially, we are constantly reminded that the fundamentals of HDX theory are still work in progress.20 As the complexity of the systems amenable to HDX-MS increases, so is the difficulty in the data interpretation and analysis21 and the risk of generating artefacts.22 The recent growth of the HDX-MS field has led

| TABLE 1 | Summary of the different parameters that can be modulated to improve HDX-MS analysis |
| Modulation of experimental conditions for improved sequence coverage and data quality |
| Quench and digestion | **Standard:** pH: 2.5 Temperature: 0°C Protease: Porc pepsin  
✓ Other proteases:  
Rhizopus pepsin⁹  
Nepenthesin I  
Nepenthesin II¹⁰  
✓ On-column digestion yields more peptides than in-solution digestion.¹¹ It is worth making its own column with its favorite protease.¹²  
✓ Increased pressure on-column by increasing flow¹³ or using a back-pressure regulator.¹⁴ So far only possible on BEH pepsin columns.  
✓ Increased protein concentration¹⁵,¹⁶  
✓ Useful additives:  
Urea, TCEP, Gu-HCl,¹³ and detergent |
| Liquid chromatography-mass spectrometry | **Standard:**  
LC: Reverse-phase chromatography on C18 column with prior trapping for desalting.  
MS: Often Synapt or Xevo—G2 in MS² mode  
✓ Drift-time aligned MS² (HDM²)¹⁷  
✓ LC column with shorter alkyl chain—for example, BEH C4 or C8¹³  
✓ Gradient optimization (8–30%, 8–50%)¹⁵  
✓ Saw-tooth gradient after peptides elution to prevent carryover¹⁶ |
| Miscellaneous observations | Use of PEG-based detergents (e.g., Triton X-100) complicates peptides identification.  
Good practice to start with a benchmark condition—for example, locked protein.¹⁶,¹⁸,¹⁹  
Adding TCEP helps but too much (>1 M) reduces spectral quality.¹⁵ |

Note: The tick indicates parameters that have shown improvement compared with the standard conditions.  
Abbreviations: BEH, Ethylene Bridged Hybrid; HDX-MS, hydrogen–deuterium exchange coupled to mass spectrometry; LC, Liquid Chromatography; MS, Mass spectrometry; PEG, Polyethylene Glycol; TCEP, tris(2-carboxyethyl)phosphine; HDMS, High Definition MS.
to the publication of recommendations to report HDX-MS data. Such white paper usually is a good indicator that a field has passed its adolescence and is now mature—but still relatively young.23

2 | HDX-MS STUDIES OF MEMBRANE PROTEINS IN DETERGENT MICELLES

Detergent micelles remain the gold standard of membrane mimics. The hydrophobic tail of the detergent molecule shields the hydrophobic region of the IMP and the polar region faces the solvent, thus preventing aggregation in solution. Despite differing notably from the biological membrane, detergent micelles allow the isolation of many IMPs in a stable and functional state. The majority of biochemical and biophysical studies of IMPs have been done in detergent micelles and have unveiled the inner workings of many proteins. Specifically, most high-resolution structures of IMPs have been obtained in detergent micelles.

IMPs adopt different forms and functions but three major classes are overrepresented in terms of structural studies: transporters, channels and receptors. Two out of these three classes are also overrepresented in HDX-MS research works: transporters and receptors. The average high-molecular weight (~400 kDa or more) and oligomeric state of channels complicate data analysis and currently restricts their suitability for HDX-MS studies, although it is likely that progresses in automatic data analysis will overcome this limitation.

2.1 | Transporters

Transporters is the class of IMPs that has been the most studied by HDX-MS (Figure 1). Their relatively small size (usually ≤100 kDa) and the availability of reliable purification protocols make them easily amenable to HDX-MS. Furthermore, it is well established that transporters have to alternate between two major functional states open to opposite sides of the membrane, called inward-facing (IF) and outward-facing (OF) states24–26 (Figure 1). Solvent accessibility changes dramatically between both states, and this change can be measured by HDX-MS.4 Thus HDX-MS is well suited to follow conformational changes in transporters.

Transporters can be broadly divided into two main classes: ABC transporters that rely on energy input from ATP hydrolysis to transport their substrate and secondary transporters that harness the energy potential contained in a transmembrane (TM) gradient to power substrate translocation. ABC transporters possess a cytoplasmic region comprising two nucleotide binding domains (NBDs) where ATP binds and is hydrolyzed. The presence of an important solvent accessible region on the transporter also facilitates HDX-MS studies of this type of IMPs.

2.1.1 | ABC transporters

The multidrug exporter BmrA was the first ABC transporter to be studied by HDX-MS.27 This study demonstrated the usefulness of HDX-MS to observe conformational transitions of transporters. The protein was locked in the closed/outward conformation with E504A mutation (a conserved catalytic residue adjacent to the Walker B motif28) in the presence of ATP, and its deuteration behavior was compared with that of the wild-type (WT) apo protein. Significantly different patterns of HDX allowed to distinguish between the closed state from the open state of the WT protein.

Similar strategies were used to follow the conformational transition of the eukaryotic ABC transporter P-gP.13,29 This transporter is a multidrug efflux pump, shown to play a role in the resistance phenotype of different cancer cells.30 The conformational dynamics were studied by two different research groups, aiming at understanding the coupling between ATP hydrolysis and conformational changes. Both studies looked at the differences between the apo form and the post-hydrolysis state trapped with vanadate, which should reflect the OF conformation. Kopcho et al. managed to obtain a coverage of 85% of the sequence after extensive optimization (Table 1), compared with 40% obtained in the earlier work of Li et al. In both studies, it is clear that vanadate trapping causes a decrease in HDX in the NBDs, consistent with the dimerization of the domains. The improved coverage obtained by Kopcho et al. allows to link information from the NBDs with the extracellular domain. As expected, this region displays an increased HDX upon vanadate trapping, consistent with the increased flexibility and solvent accessibility of the OF conformation. Both studies report that the transporter shows hallmarks of a very complex conformational landscape and a dynamic binding pocket, which correlates with the substrate promiscuity of P-gP. Kopcho et al. also compared the WT protein with a mutant mimicking the pre-hydrolysis state (E552Q/E1197Q) and found that HDX is decreased in otherwise dynamic regions, leading them to suggest that the protein is in an occluded conformation.

It is interesting to note that all three studies highlighted asymmetry between the NBDs of the ABC transporters BmrA and P-gP. These findings are in line with other spectroscopic studies using on P-gP using DEER or single-molecule FRET.31,32
### FIGURE 1

Example of transporters studied by HDX-MS. The left panel shows alternating-access models used by various transporters. The middle panel illustrates the IF and OF states with selected high-resolution structures. The right panel summarizes the conditions tested by HDX-MS to understand the role of specific parameters in the molecular mechanism of transport. HDX-MS, hydrogen–deuterium exchange coupled to mass spectrometry; IF, inward facing; OF, outward facing.

| Alternating-access model | Structural framework | Conditions tested |
|--------------------------|----------------------|-------------------|
| NBD dimerization         | **Inward-open**      | **P-glycoprotein** APo versus trapped with ATP-polyamine WT versus E552Q/E5197 |
|                          |                      | **BmrA** WT apo versus E504A with ATP |
| **Rocker-switch**        | **Outward-open**     | **XylE** WT versus G58W, E153Q, D337N, E397Q PC versus PE versus methylated PE lipids |
|                          | **PDB: 3G61**        | **LacY** WT versus G46W, D68N, E139Q PC versus PE lipids |
|                          | **PDB: 6C0V**        | **GlpT** WT versus G66W, D314N, E374Q |
| **Rocking-bundle**       |                      | **LeuT** K\(^+\), Na\(^+\), Leucine, Y268A PC-PG nanodiscs versus DDM micelles |
|                          | **PDB: 4OIQ**        | **DAT** Na\(^+\), dopamine |
|                          |                      | **SERT** serotonin, ibogaine, cocaine S-citalopram |
| **Elevator-like**        |                      | **EAAT1** Apo versus allosteric inhibitor UCHP101 |
|                          | **PDB: 5LT**         | **NhaA** Apo versus Li\(^+\) versus D164N |
| MATE Transport           | **PDB: 6FH2**        | **NorM_PS** DAPI binding on WT, D373N, D38N, Q376A |
|                          |                      | **bANCp1** with carboxattractylolysine (CATR) and bongkrekic acid (BA) |
| Mitochondrial ADP/ATP carrier | **PDB: 6GCI** | **ScANC2p** M254A, M255A, M256A with CATR and BA |
2.1.2 | Neurotransmitter: Sodium symporters family

LeuT is the prototypical protein from the neurotransmitter: sodium symporters (NSSs) family. This family of transporters has been under the spotlight for decades, because of their role in neurotransmission termination. LeuT is an NSS homolog from the bacteria *Aquifex Aeolicus* and has long been used as a bacterial model of human homologs, before the recent structure resolution of the human NSS transporters DAT and SERT. LeuT was studied by HDX-MS in detergent micelles and nanodiscs. In their work, Adhikary et al. used LeuT mutant Y268A to lock the transporter in the IF conformation, based on previous crystalllographic work. In order to favor the OF conformation, they used saturating amount of sodium on the WT protein. They compared the HDX pattern between both states in order to identify the regions that undergo changes upon conformational transition, and observed that the region EL4a is a consistent reporter of the expected changes in solvent accessibility. Another study by Rand et al. investigated the role of ion and leucine binding on the conformational equilibrium and found the same hallmarks of the conformational transition. Both groups demonstrated the usefulness of HDX-MS to study the role of conserved residues (Y268) and ligand binding (Na+ and leucine) on the conformational dynamics. Furthermore, Rand et al. identified specific motif unfolding, supporting the notion that a transient local unfolding can be necessary for a global conformational transition to happen.

The human NSS transporters DAT and SERT were recently studied as well. These transporters are known drug targets and a better understanding of their molecular mechanism has implications for drug addiction and depression therapies. These were one of the very few HDX-MS studies carried out on transporters expressed and purified from mammalian cells, known to be more challenging to work with than their prokaryotic homologs. An extensive optimization of the digestion and labeling protocols were required which are summarized in a very useful methodological article. The DAT transporter was studied in the presence and absence of the Na+ and neurotransmitter dopamine. Specific locations were shown to behave differently upon Na+ and dopamine binding. Specifically, the intracellular loop (ICL) between TM8 and TM9 reports increased HDX upon sodium then dopamine binding. A thorough characterization of the conformational dynamics of SERT was carried out by the same research group. The effect of sodium, substrate serotonin (5-HT), and inhibitors cocaine, citalopram, and ibogaine used as therapeutic or recreative drugs was systematically studied. This work revealed that EL4 and the T1a regions were consistent reporters of conformational changes, pointing them out as dynamic regions during the transport cycle. These regions present different patterns of HDX in the apo state, substrate (5-HT)-bound state, and inhibitor-bound state. Interestingly, this study revealed opposite HDX patterns for the noncompetitive inhibitor ibogaine compared with competitive inhibitors cocaine and citalopram, indicating that a different mode of inhibition yields different structural dynamics.

2.1.3 | Major facilitator superfamily

Proteins from the major facilitator superfamily (MFS) are ubiquitous—the overall architecture of 12 TM helices separated in two pseudo-symmetric bundles is found in bacteria and humans, suggesting conserved mechanistic features. Three bacterial transporters LacY, XylE, and GlpT were studied in parallel in an extensive study aiming at identifying conserved motifs regulating the conformational transitions. This work introduces the use of a benchmarking strategy to identify peptides that can confidently and consistently be used as conformational reporters of the transition between IF and OF states, to help the downstream interpretation of data aimed at answering biological questions (Table 1). As an example, the authors replace a conserved glycine on TM2 by a bulky tryptophan in order to artificially lock the three transporters in the OF conformation. They carry out differential HDX-MS experiments of the locked versus the WT transporters and obtain three ΔHDX patterns representative of the transition toward the OF conformation. They proceed to introduce conservative mutations of charged residues conserved throughout the MFS family and identify a charge-relay network acting as a “general” conformational switch within the family (Figure 2). The authors combine the HDX-MS studies with molecular dynamics (MD) simulations to reveal the role of such residues in the regulation of conformational transitions. This work reveals the efficiency of HDX-MS to study homologs in parallel in order to identify conserved mechanisms. It showcases the synergy between MD and HDX-MS where the predictions made by the first technique can be tested experimentally by the second.

2.1.4 | Mitochondrial ADP/ATP carriers

To the best of our knowledge, the first transporter studied by HDX-MS was the bovine ADP/ATP carrier bANC1p from the mitochondria. This study made use of an automated solvent extraction technique integrated in an HPLC system to remove the detergent Triton-X100 before peptides separation, and hence facilitate data analysis. The authors studied two different complexes of the bANC1p,
one with the toxin carboxyatractyloside (CATR) and the other with the toxin bongkrekic acid (BA), which stabilize different functional states of the carrier.\(^{43}\) Clear changes in solvent accessibility allowed the authors to conclude that the CATR-complex favors the conformation accessible to the intracellular matrix space, while the BA complex forms a peptide plug on the IMS side, a structural change coupled to an opening on the matrix side. In another study, the same team assessed the role of a conserved motif in the carrier family by looking into the yeast ADP/ATP carrier ScANC2p, this time using the detergent dodecyl-maltoside which does not overlap with peptides chromatographic elution\(^{44}\) (Table 1). The authors could confirm the role of the BA and CART toxin, and further pinpoint the conserved mechanism of conformational transition mediated by the conserved ANC\(_p\) family signature RRRMMM motif.

### 2.1.5 | Excitatory amino acid transporter 1

A very interesting study showed how the power of HDX-MS can be harnessed to go beyond structural information and confirm a specific mechanistic hypothesis. The authors solved the structure of the human excitatory amino acid transporter EAAT1 by crystallography.\(^{45}\) The location of a noncompetitive inhibitor UCHP101 was resolved and the

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**FIGURE 2** \(\Delta\text{HDX-MS on MFS transporters LacY, XylE, and GlpT identifies a conserved mechanism of conformational cycling.}\)

(a) Two charge-relay networks of conserved residues stabilize the OF state of XylE (PDB: 4GBY). Close-up of networks 1 and 2—highlighted in green and orange, respectively—show the connection between the two lobes and highlight in red the mutated acidic residues. (b) \(\Delta\text{HDX}\) between the mutants E153Q, E397Q, and D337N versus WT mapped onto the 3D and topological structure of XylE. (c) \(\Delta\text{HDX}\) of the mutants D68N, and E139Q versus WT mapped onto the 3D and topological structure of LacY. (d) \(\Delta\text{HDX}\) of the mutants E374Q and D314N mapped onto the 3D and topological structure of GlpT. Reproduced with permission from Reference 19 (distributed under CC-BY license). HDX-MS, hydrogen–deuterium exchange coupled to mass spectrometry; MFS, major facilitator superfamily; OF, outward facing; PDB, Protein Data Bank coordinates; WT, wild type
The authors used HDX-MS to reveal the mechanism of inhibition. The ΔHDX pattern obtained by comparing the protein with and without UCHP101 identified specific peptides displaying H/D decrease upon binding. The authors plotted the identified peptides on the structure crystallized the IF and on a model of the protein in the OF conformation. They could immediately deduce that inhibitor binding prompted a conformational transition and stabilization of the OF conformation, thus preventing conformational cycling supporting function.

### 2.1.6 | \( \text{Na}^+/\text{H}^+ \) antiporter family

Another pioneering study examined the conformational changes of the \( \text{Na}^+/\text{H}^+ \) exchanger NhaA. The structure of NhaA has been obtained at acidic pH where the protein is inactive, and its mode of alternating-access is not established. HDX-MS studies at physiological pH 7.5 allowed to monitor the structural rearrangements upon ion binding.\(^4\) The authors infer from the pattern of ΔHDX of the WT and a nonfunctional mutant D164N that the transporter is using an elevator-like mechanism, wherein the immobile binding site is alternately shielded and exposed by the sliding of a transport domain.

### 2.1.7 | \( \text{Na}^+/\text{Ca}^{2+} \) exchanger family

A study on the exchanger NCX_Mj responsible for \( \text{Ca}^{2+} \) homeostasis is an elegant demonstration that obtaining a lot of sequence coverage is not always necessary to answer specific mechanistic questions.\(^5\) NCX transporters exchange three \( \text{Na}^+ \) ions for one \( \text{Ca}^{2+} \) but the binding sequence of events is difficult to understand. The crystal structure of NCX_Mj revealed four putative ion binding sites, three for \( \text{Na}^+ \) binding sites and one for \( \text{Ca}^{2+} \).\(^6\) To confirm the location of specific ion binding, Giladi et al. performed HDX-MS experiments in the presence and absence of \( \text{Ca}^{2+} \) and \( \text{Na}^+ \). They obtain only 12 peptides but those included 10 of the 12 ion-coordinating residues. By performing ΔHDX measurements, the authors could confirm that two ion binding sites are binding \( \text{Na}^+ \), one is binding \( \text{Ca}^{2+} \) and another one is occupied by a water molecule, a finding in line with computational studies.\(^7\)

### 2.1.8 | Multidrug and toxin extrusion family

The conformational dynamics of the multidrug transporter NorM_PS from the multidrug and toxin extrusion (MATE) superfamily were studied using HDX-MS by Eisinger et al.\(^8\) Upon binding of the substrate DAPI, important structural changes were observed that confirmed the location of DAPI binding and also suggested a conformational transition toward an OF state. The role of specific conserved residues D373, D38, and Q276 in substrate binding was also tested and the authors could discriminate between residues involved in binding and those involved in allosteric structural changes.

In conclusion, all the above-mentioned studies have showcased the value of HDX-MS as a sensitive tool to follow conformational transitions of transporters in the context of the alternating-access model. This technique can easily identify how ligand binding and conserved structural motifs control these transitions.

### 2.2 | G protein coupled receptors

One of the first families of IMPs to be studied by HDX-MS was GPCRs, an interest likely sparked by their pharmacological relevance and the availability of structural data.\(^9\) The most thoroughly studied human GPCR is the \( \beta_2 \) adrenergic receptor (\( \beta_2\text{AR} \))\(^10\) (Figure 3 summarizes the work carried out on \( \beta_2\text{AR} \)). This 7-TMs receptor transmits various external stimuli such as binding of catecholamine or synthetic drugs into intracellular signaling either by releasing the protein G complex or interacting with beta-arrestin.\(^11\)

#### 2.2.1 | \( \beta_2 \) adrenergic receptor

The first study that foresaw the value of HDX-MS to capture the structural changes upon ligand activation dates back from 2010.\(^12\) This initial study focuses on the optimization of the experimental parameters and data analysis to gain adequate and reliable H/D information (Table 1). This article presents a detailed summary of the different parameters that can be optimized for increased sequence coverage, namely protein concentration, pepsin digestion and quenching conditions, chromatography parameters and peptides identification by MS. This extensive optimization led to a sequence coverage of more than 85% and provided the first comprehensive map of HDX of a folded GPCR. The authors observe that the carazolol-bound GPCR exhibit increased H/D dynamics on TM6 compared with other helices, completely protected from exchange. A follow-up work from the same group looked into the effect of five known ligands: agonist isoproterenol, partial agonist clenbuterol, antagonist alprenolol, and inverse agonists timolol and carazolol\(^13\) were all compared with the apo
protein. This study established a clear difference in structural dynamics between full agonist isoproterenol and the other ligands. Specifically, an increase in HDX was observed on ICL3 and intracellular Helix-VIII only for the full agonist (Figure 2a). In contrast, ICL2 was stabilized upon binding in all cases, except for isoproterenol. More subtle differences between antagonist alprenolol and the other ligands could also be detected, with alprenolol binding inducing an overall stronger stabilization than the other ligands, as shown by the overall reduced HDX.

Impressive work from the group of Kobilka studied the changes in structural dynamics upon formation of the active G protein-GPCR complex. The authors performed differential HDX-MS experiments comparing the Gs heterotrimer (Gs) alone versus in complex with β2AR, then the β2AR-Gs complex versus the β2AR-Gs complex trapped in a transition state with AlF3− and GDP, and finally the β2AR-Gs complex with and without GDP. In agreement with crystallographic and biochemical data, the α5 helix of the Ga subunit undergoes a significant decrease in H/D upon complex

**FIGURE 3** HDX-MS studies on β2AR highlight distinct structural dynamics upon ligand and protein binding. (a) Differences between agonist isoproterenol and other ligands are clearly identified by HDX. (b) Helix α5 of the Ga subunit interacts with the receptor. Allosteric coupling causes destabilization of regions far from the binding interface. (c) Binding of β-arrestin causes destabilization of β-strands located far from the binding interface. (d) Kinase GRK5 undergoes a global stabilization upon binding to β2AR. GRK5,GPCR kinase 5; HDX-MS, hydrogen–deuterium exchange coupled to mass spectrometry; β2AR, β2 adrenergic receptor.
formation (Figure 3b). The most interesting feature observed by HDX-MS is change in dynamics happening in the β1 strand. This region becomes very dynamic upon complex formation, indicating important conformational changes leading to local unfolding. It is worth noting that this region is highly conserved in Ga subunit of human G protein. This study provides a map of the structural dynamics of regions involved in mechanisms of GPCRs activation upon G protein binding.

A beautiful example of an integrative structural biology workflow uses HDX-MS to understand the effect of β-arrestin (βarr) recruitment by βar. The authors carried out differential HDX-MS experiments where they compare the β2V2R–β-arrestin-1–Fab30 complex with V2Rpp–β-arrestin-1–Fab30 complex. HDX-MS data show clearly the location of βarr and receptor binding, with a reduced HDX in three major loops of βarr (Figure 3c). The data suggest that such binding causes long-range allosteric effect with local increase in dynamics of the β-strand and the C-domain. The authors used an integrative modeling approach that combine the HDX-MS data with cross-linking MS, crystallography, and disulfide trapping and modeled into a low-resolution density EM map to generate a 3D model of the βarr-β2ar complex.

### 2.2.2 | Frizzled 4 receptor

Frizzled receptors are a family of GPCRs involved in Wnt signaling, and most of them bind to Wnt ligands. Norrin is a cysteine-knot growth factor, distinct from Wnt ligands, that activates the canonical Wnt pathway by interacting with receptor Frizzled4 cysteine-rich domain (Fz4_CRD). To understand the rules of selectivity toward Norrin and the pathway for signaling, Bang et al. combined biochemical data with biophysical and computational studies. They found out that the flexible linker domain that connects the cysteine-rich domain (CRD) to the TM domain plays an important role in signal transmission. The authors tried to capture changes in structural dynamics upon norrin binding to Fz4_CRD but unfortunately no peptides were detected at the interface region. Nevertheless, all the other peptides showing a change in HDX point toward the same direction: there is a global increase in structural dynamics upon Norrin binding that extends from the linker domain to the intracellular side of the TM region. The most important changes were observed on the linker domain, which corroborates the computational and biochemical findings of the study and pinpoint a role for this region in Norrin signaling.

### 2.2.3 | C5a receptor

Another fine example of combining HDX-MS with structural information is found in the work of Liu et al. on the C5a receptor (C5aR). The authors solve the structure of the receptor bound to the peptide antagonist PMx53 and two different nonpeptide antagonists; avacopan or NDT9513727. The latter are located on an allosteric binding site, formed by residues on TM4, TM3, and TM5. The effect of different ligands binding on the structural dynamics of the C5aR was compared using HDX-MS. A major difference in HDX was observed on TM7: binding of the PMx53 at the orthosteric site conferred increased protection to the cytoplasmic end of TM7, compared with the allosteric modulator NDT9513727 showing long-range stabilizing effect on this helix.

### 2.3 | Multicomponent membrane assemblies

Membrane proteins from less prominent drug target families were also studied by HDX-MS, either to understand fundamental biological processes or as model systems for methodological developments. The following examples showcase the wealth of structural and dynamic information that HDX-MS can provide to tackle more complex systems, such as multimers or multicomponent molecular machineries.

#### 2.3.1 | Microsomal glutathione transferase 1

To the best of our knowledge, the first IMP studied by HDX-MS was microsomal glutathione (GSH) transferase 1, a homotrimeric peroxidase that catalyzes addition of GSH to electrophilic species. In a seminal study from 2004, Busenlehner et al. used HDX-MS to follow the conformational changes of the protein upon GSH binding and observed significant changes in HDX upon binding in several regions. The cytoplasmic loops showed protection upon binding, suggesting an overall stabilization. Interestingly, two short TM peptides showed an increase in HDX, indicating a reorientation of the trimer to allow solvent accessibility at these specific locations.

#### 2.3.2 | Cytochrome C oxidase

The second IMP studied by HDX-MS is cytochrome c oxidase, a redox-driven proton pump that acts as the terminal electron acceptor in the respiratory chain of aerobic organisms. Protons are distributed between the catalytic
site and exit door for pumped protons using specific proton pathways, namely the K and D pathways. The authors carried out HDX-MS experiments on the enzyme in different oxidation states: Oxidized (O), reduced (R), “peroxy” intermediate (Pm), and “ferryl” intermediate (f). HDX-MS showed coordinated closing and opening of the K and D proton pathway, consistent with the oxidation state of the enzyme. For example, the enzyme in the R state shows clear HDX on peptides located near the K pathway but less HDX on peptides located on the D pathway. In a follow-up study, the authors look into the conformational effect of mutation E286H. The evolutionary conserved E286 is postulated to be the end proton acceptor of the D pathway, and responsible for shuttling protons either to the catalytic site or proton outlet. Upon mutation, the HDX-MS profiles of the four catalytic intermediates R, O, Pm, and F are locally perturbed, showing elements of structural decoupling. Specifically, the gating loop and proton exit channel are now uncoupled, suggesting a crucial role of the acidic side chain for allosteric coordination of the different domains to allow proton passage.

### 2.3.3 Glycerol facilitator

The glycerol facilitator (GF) was studied by Konermann et al. in 2012. The authors combined HDX-MS and oxidative labeling to highlight the important role of TM7 in the structural rearrangements enabling function. The tetrameric GF protein GlpF from *Escherichia coli* facilitates passive diffusion of water and glycerol into the cytoplasm. Each monomer is made of eight TMs arranged into a pore. The selectivity for water and glycerol is puzzling and cannot be rationalized by inspection of the high-resolution structure. The authors employed their combined approach to understand whether changes in local structural dynamics could rationalize the filtering process. They find out that the half helix TM7 exchanges unusually fast for a TM region. This observation reflects a dynamic TM region that undergoes large-scale structural fluctuations. TM7 is part of the selectivity filter of that channel and this dynamic behavior creates a dynamic selectivity filter. This work thus suggests that the exquisite balance between fluctuation of TM7 and rigidity of the selectivity filter allows selective diffusion without jamming the pore.

### 2.3.4 SecA-SecYEG complex

Another great example of the mechanistic insights afforded by HDX-MS is the systematic investigation of the SecYEG-SecA complex, involved in the translocation machinery of protein polypeptide chains. In order to understand how nucleotide binding was triggering the conformational changes enabling translocation, the authors performed ΔHDX experiments in the presence and absence of adenyllyimidodiphosphate (AMPPNP nonhydrolyzable analog of ATP), and ADP. This study illuminates an asymmetric allosteric change in the TM cavity of SecY (Figure 4). In a follow-up study, the authors examine the structural dynamics of the ATPase SecA and observe that both regions are anti-correlated in terms of structural dynamics: when SecY opens SecA closes and vice versa.

### 3. Going Native—Beyond the State of the Art

The biological membrane provides much more than a hydrophobic environment for IMPs. Both long-range macromolecular effects and short-range molecular interactions play an important role in the function of embedded proteins. For this reason, numerous membrane mimetics have been developed to combine the experimental constraints in terms of purity and concentration with an environment closer to the biological membrane.

*Bicelles* are well-established membrane mimetics that have been extensively used for NMR studies. These planar bilayers use a specific ratio of short-chain and long-chain phospholipids to induce the formation of a bilayer under controlled conditions. The short-chain phospholipid can also be replaced by select detergents such as CHAPSO. In the last 15 years, nanodiscs have become a very popular tool for IMPs biophysical studies. Nanodiscs allow to incorporate a purified IMP into a lipid bilayer of chosen composition surrounded by a protein belt consisting of an ApoA1 derivative. Both methods allow the formation of a bilayer around the IMP, but both start the reconstitution procedure from a detergent-solubilized protein. Another technique that avoids the use of detergent altogether is purification with *SMA-based polymers*. These polymers act like “cookie-cutter” of the membrane and allow to isolate the IMP within its native lipid composition.

All these different biomimetics have pros and cons and their successful application will often be protein-dependent. They offer the advantage to interrogate the structural dynamics of IMPs within an environment matching the native one more closely. They are also used to specifically examine the role of lipid-protein interactions. However, they bring their own share of complications for their application for HDX-MS. The presence of lipids implies a thorough clean-up step prior to the peptides separation which has to be quick enough to reduce back-exchange (Table 2).
Furthermore, both the digestion and the deuteration steps can be complicated by the presence of the membrane biomimetics. Different groups have, however, dedicated time and efforts to make HDX-MS amenable to more complex and native systems. A few groups have also tried to study proteins within their native membranes, extracted from the cell, usually at the cost of much more upstream clean-up and analysis and a bit less information (for now). The next sections review their various struggles and achievements.

3.1 | Reconstitution systems: Nanodiscs and bicelles

3.1.1 | Nanodiscs

The use of HDX-MS to study nanodisc embedded proteins has been reviewed in detail elsewhere. This section will briefly recapitulate the different studies, major technical improvements and findings.

The first group that tackled the perilous task of performing HDX-MS on an IMP reconstituted in nanodisc was that of John Engen. They used the human protein gamma-glutamyl carboxylase as a model system to perform a proof-of-principle study in which they describe with great details the different aspects they optimized to obtain relevant structural information. The key addition to a normal HDX-MS protocol is the use of zirconia-coated silica beads to remove the phospholipids, as well as the addition of detergent cholate in the quench buffer to disassemble the nanodiscs (Table 2). The zirconia beads act like a Lewis base that interacts with the phosphate group of the phospholipids. Despite such optimization, the sequence coverage during HDX was on the low side (compared with detergent micelles studies), with only 51% of coverage and very few peptides from the TM regions. This benchmarking work
TABLE 2 Sample clean-up steps for different alternatives to detergent micelles for HDX-MS studies

| Lipid-based systems for HDX-MS studies of IMPs and sample clean-up steps | Bicelles\textsuperscript{75} | Nanodiscs\textsuperscript{16,18,29,76} | SMALPs\textsuperscript{77} | Vesicles\textsuperscript{78} | OMVs\textsuperscript{79} |
|---|---|---|---|---|---|
| **Bicelles** | | | | | |
| **Nanodiscs** | 1. Addition of ZrO\textsubscript{2} beads for lipid adsorption | 1. Addition of ZrO\textsubscript{2} beads for lipid adsorption | 1. Addition of ZrO\textsubscript{2} beads for lipid adsorption | 1. Acidification with 10% formic acid | 1. Precipitation with trichloroacetic acid (TCA) |
|  | 2. Remove biotinylated MSP with neutravidin beads | 2. Nanodiscs disassembly with detergent before on-column digestion | 2. Nanodiscs disassembly with detergent before on-column digestion | 2. Addition of soluble pepsin | 2. Wash with acetone |
|  | 3. Nanodiscs disassembly with detergent before on-column digestion | 3. Nanodiscs disassembly with detergent before on-column digestion | | 3. Centrifugation and analysis of supernatant | 3. Resuspension in phosphate buffer and digestion |
| **SMALPs** | | | | | |
| **OMVs** | | | | | |

Note: Left panel reviews the different systems available, going from the less to the more native systems. Right panel details the clean-up steps devised by different research groups.

Abbreviations: HDX-MS, hydrogen–deuterium exchange coupled to mass spectrometry; IMP, integral membrane protein; OMV, outer membrane vesicle; SMALP, Styrene Maleic Acid co-polymer Lipid Particles

laid the basis for a study geared toward a biological question regarding the function of the carboxylase. The effect of binding of a consensus recognition peptide was studied. The work shows unambiguously that the binding of the propeptide reduces the overall structural dynamics of the enzyme.

The next protein to be studied in nanodisc was LeuT. Two independent groups reasoned that most of the available literature on LeuT dynamics used rather invasive techniques based on the covalent modification of cysteines which can have functional consequences. H/D labeling is comparatively mild, and, furthermore, gives a global overview of the structural dynamics. Adhikary et al. reconstituted LeuT into a POPG:POPC mix. They compared the conformational dynamics of the WT with a mutant known to favor the IF conformation (see section 2.1 of Reference 18). The use of a biotinylated MSP removed with neutravidin beads before digestion, brought a significant improvement to the TM sequence coverage (Table 2). The peptide identification is greatly facilitated leading to a sequence coverage of 65%.

The ABC transporter P-gP was also reconstituted in DMPC (Dimyristoylphosphatidylcholine) nanodiscs and studied in parallel with the protein in detergent micelles, to identify putative differences caused by the lipid environment. The coverage was not very high (37%) which limits the interpretation of the results. The authors looked for difference between the apo transporter and the vanadate-trapped state in both environments. The protein is overall more dynamic in the apo state. The lipid environment of the nanodiscs does not seem to affect the overall pattern of HDX compared with detergent micelles. The difference between the trapped and apo states is smaller in nanodiscs, suggesting that the protein is overall less dynamic.

Another recent study took advantage of the nanodiscs technology to specifically interrogate the role of lipid-protein interactions on the conformational ensemble. The authors reconstituted the transporters XylE and LacY in nanodiscs composed mainly of PE phospholipids (the most abundant lipid in E. coli bacteria) or PC lipids (absent in E. coli). The authors could show that the presence of PE lipids was shifting the conformational equilibrium toward the IF conformation. They corroborated these findings with MD simulations in different bilayers, which identified a specific interaction between the PE headgroup and a conserved network of charged residues shown to stabilize the OF conformation. The authors also report the best sequence coverage for proteins in nanodiscs (85%). They found that the major improvements were the use of ion mobility coupled to MS\textsuperscript{E} for peptide identification, adequate (~30 μM minimum) concentration of the nanodisc samples and high-pressure (~7,000 psi) on-line pepsin digestion (Table 2). This study laid the foundations for more systematic work on the role of specific lipid-protein interactions on the dynamics and function of IMPs.

3.1.2 Bicelles

In 2015, the group of Chung reconstituted three different GPCRs proteins (β2AR, μ opioid receptor, and protease activated receptor 1) in bicelles for HDX-MS structural analysis and reported a major improvement in the sequence coverage, compared with detergent micelles (Table 2). The authors used DMPC-CHAPSO bicelles and systematically compared coverage and redundancy for the GPCRs. They report superb coverage and redundancy for all three targets (more than 90% in all cases). The Chung group systematically used DMPC-CHAPSO bicelles for their later studies of GPCRs. For example, they could map the binding interface of the GRk5 protein kinase when it forms a complex with the β2AR (Figure 3d). In this study, they could also observe allosteric coupling upon complex formation, manifested by a decrease in...
HDX in the catalytic site of the kinase. More recent work from the Chung group used pulsed HDX-MS experiments and protein footprinting MS to dissect the sequence of events leading to assembly of the GPCR-protein G complex.\textsuperscript{83} They studied assembly formation of protein G with either β2ar or A2A receptors. In both cases, the authors could identify the role of α5 helix of the Go subunit as the starting point of complex formation. They suggest that the initial complex conformation is transient and might differ from the states captured by X-ray crystallography and Cryo-EM.\textsuperscript{83}

### 3.2 | Detergent-free HDX-MS

The goal of most structural biologists is to observe the molecular mechanism of their favorite membrane protein in an environment matching that of a cell as closely as possible. The use of detergent to extract proteins from the biological membrane is a step that can be detrimental, even if the protein is reinserted in a bilayer afterwards, as is the case for bicelles and nanodiscs. In that regard, the development of SMA-based (styrene maleic acid) polymers was a welcome addition to the existing toolbox. It allows to bypass the detergent-based solubilization step by forming so-called “native nanodiscs,” directly solubilizing the protein with its native lipid composition preserved.

Reading et al. demonstrated the applicability of SMALPs nanodiscs for HDX-MS analysis.\textsuperscript{77} The IMP rhomboid protease GlpG was expressed in different conditions (different strains of \textit{E. coli} and growth temperatures) to alter the lipid composition of the biological membrane. The protein in three different environments were extracted from the biological membrane with SMALPs and analyzed by HDX-MS. In parallel, the exact lipid composition of the SMALPs was determined by lipidomics. This work revealed clear differences in HDX patterns between the different lipid environments, illustrating once again the essential role of the lipids in modulating structural dynamics. Specifically, the decrease in temperature during the bacterial culture leads to increased structural dynamics in specific regions of the protease. This difference is likely caused by the increase in unsaturation in the fatty acid chains which in turn favors a more fluid bilayer.

The group of Lars Konermann did pioneering work on the Fo-F1 ATP synthase from \textit{E. coli}.\textsuperscript{78} They observed the changes in structural dynamics of the molecular motor in cation in native inverted vesicles directly extracted from \textit{E. coli} (Table 2). The authors compared

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure5.png}
\caption{Visualization on the trimeric structure of OmpF of the peptides incorporating deuterium at slow (red) or fast (orange) kinetics. Reproduced with permission from Reference 79 (https://pubs.acs.org/doi/10.1021/acs.jproteome.7b00830). Further permissions related to the material excerpted should be directed to the ACS.}
\end{figure}
the HDX of the inhibited state bound to ADP with the active state in the presence of ATP or in the presence of ATP and a proton uncoupler carbonyl cyanide m-chlorophenyl hydrazone (CCCP). Their most striking finding is the increased structural dynamics of the γ-shaft of the complex in the presence of a proton-motive force (PMF) induced by ATP hydrolysis. The authors propose that this is caused by an over-twisting of the γ C-helix region because of mechanical resistance of the apical bearing upon the counter-torque exerted by the PMF.

Another study performed HDX-MS experiments directly on outer membrane vesicles (OMVs) naturally released from *E. coli*. The porin OmpF is naturally over-expressed in such membranes. This system is ideal to interrogate the in vivo organization of the porins, which has been observed both in dimeric and trimeric forms in in vitro studies. The authors devised a new strategy to get rid of the lipid contaminants of the OMV, which consists in TCA precipitation followed by acetone wash (Table 2). The authors demonstrated the validity of their methodology by showing that the HDX pattern followed one expected from the in vivo trimeric organization of the porins (Figure 5).

### 4 | CONCLUDING REMARKS

This review provides an inventory of the work that has been done on IMPs by HDX-MS. The evident conclusion is that the wealth of information afforded by the technique is directly proportional to the level of a priori structural and biochemical knowledge of the system under investigation. In that regard, HDX-MS is ideally positioned to provide unique molecular insights into mechanistical questions and is likely to be used in a more systematic way in more structural biology studies. As integrative approaches combining biophysical, structural and biochemical data are more and more required to understand fundamental biological mechanisms, HDX-MS is certain to shine in the set of biophysical tools accompanying the resolution revolution. A recent study on the Cop9 Signalosome—CRL2 supercomplex provided early evidence of how Cryo-EM and HDX-MS can go hand to hand for deciphering mechanistic insights otherwise inaccessible by each technique in isolation.

The ability to look into complex and heterogeneous systems and extracting a signal unique to the protein of interest (at a peptide level of resolution) without invasive labeling and restriction in terms of size is an unmatched advantage. Improvement of automation and data analysis, peptide assignment, good practice, will hopefully facilitate the widespread use of this technique.

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Chloe Martens: Conceptualization; investigation; writing-original draft; writing-review and editing. Argyris Politis: Conceptualization; funding acquisition; investigation; writing-original draft; writing-review and editing.

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