INTRODUCTION
Cardiovascular diseases remain one of the most deaths causing disease for both men and women [1]. Myocardial infarction (MI) makes an increase in contribution to mortality and morbidity statistics in developing countries due to their lifestyle changes mostly in urban areas [2]. MI occurs as a outcome of prolonged imbalance between coronary supply of blood and myocardial oxygen demand. It is well known that free radicals generated in ischemic tissues cause severe stresses, which result in degradation of tissue defense system, leading to cardiac damage [3]. Isoproterenol (ISO), a synthetic catecholamine and β-adrenergic agonist, causes severe stress in the myocardium, resulting in infarct-like necrosis of the heart tissue [4]. The model of ISO-induced cardiotoxicity is considered as most well-known experimental method [5]. ISO-induced myocardial necrosis involves changes in membrane permeability that brings myocardial membrane integrity and loss of function [6].

Recently, attention has been focused on phytochemicals and flavonoids, derived from different plant species as effective therapeutic agents in the management of cardiovascular disease due to their antioxidant nature [7]. Fisetin (Fig. 1) is a dietary phenolic flavonoid rich in strawberry, onion, persimmon, and cucumber. It has a wide variety of pharmacological activities such as antioxidant and anti-inflammatory activity mainly acting as a free radical scavenger. Fisetin is able to scavenge free radicals produced by ISO, as a result of its electron donating capacity, due to the presence of two hydroxyl groups on one ring and a hydroxyl group in another ring [8].

Lysosomes are membrane-bound structures that contain hydrolytic enzymes capable of degrading most of the cellular constituents. In addition, lysosomes play a major role in secretion and transport processes [9]. Lysosomal enzymes are the most important mediators of acute MI. Lysosomal hydrolyses play a key role in the inflammatory process. ISO-induced MI results in increased lysosomal enzyme activity that may be responsible for heart tissue damage [10].

Research Article

CARDIOPROTECTIVE EFFECT OF FISETIN ON LYSOSOMAL ENZYME ACTIVITIES OF NORMAL AND ISOPROTERENOL-INDUCED MYOCARDIAL INFARCTION IN MALE WISTAR RATS

MYTHILY PANNEERSELVAM1, DEVIKA P. T2*

Department of Biochemistry, Mohamed Sathak College of Arts and Science, Chennai, Tamil Nadu, India. Email: p.vaishalli27@gmail.com

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ABSTRACT

Objective: This study aims to evaluate the cardioprotective effect of fisetin on change in the activities of lysosomal enzymes in isoproterenol (ISO)-induced myocardial infarction (MI) in male albino Wistar rats.

Methods: Rats were orally pretreated with fisetin (30 mg/kg body weight) daily for 30 days. After the pretreatment period, ISO (100 mg/kg body weight) was subcutaneously administered to rats at intervals of 24 h for 2 consecutive days.

Results: The activities of β-glucuronidase, β-N-acetylglucosaminidase, β-galactosidase, cathepsin-B, and cathepsin-D were significantly (*p<0.05) increased in serum and the heart of ISO-induced rats. Pre-treatment with fisetin daily for 30 days to ISO-induced rats significantly prevented these activities and restored their activities to near normal. Oral treatment with fisetin (30 mg/kg body weight) to normal control rats did not show any significant effect.

Conclusion: We have concluded that fisetin protects the β-glucuronidase, β-N-acetylglucosaminidase, β-galactosidase, cathepsin-B, and cathepsin-D against ISO-induced MI. The observed effects might be due to the free radical-scavenging and membrane-stabilizing effect of fisetin.

Keywords: Myocardial infarction, Isoproterenol, Fisetin and Lysosomal enzymes.

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In the first phase of the experiment, we have observed the protective effect of fisetin on lipid peroxides, enzymic, and non-enzymic antioxidants in ISO-induced myocardial-infarcted rats [11]. However, any in vivo study on the protective effect of fisetin on lysosomal hydrolyses has not been previously carried out. Therefore, the present investigation was undertaken to study the alterations in the activities of lysosomal enzymes and subcellular fractions during ISO-induced MI and the effect of fisetin pre-treatment in reducing the extent of damage in the myocardium.

METHODS
Experimental animals
The experiments were carried out according to the guidelines of the committee and approved by the Institutional Animal Ethical Committee (IAEC/XLI/03/CLBMCP/2017). All the experiments were done with a healthy male albino Wistar rats, weighing 150–180 g. They were housed in polypropylene cages (47 cm×34 cm×20 cm) lined with husk, renewed every 24 h under a 12:12 h light dark cycle at around 22°C. The rats had free access to tap water and food.

Drug and chemicals
Fisetin and ISO hydrochloride were purchased from Sigma (St. Louis, MO, USA).

Induction of experimental MI
ISO (100 mg/kg) was dissolved in normal saline and subcutaneously injected to rats at an interval of 24 h for 2 days.

Experimental protocol
The animals were grouped into six rats in each group:
• Group I: Normal control rats received standard pelleted diet and orally administered with 0.5% dimethyl sulfoxide (DMSO) for 30 days.
• Group II: Rats orally administered with fisetin (30 mg/kg body weight/day, dissolved in 0.5% DMSO) for 30 days.

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• Group II: Rats orally administered with fisetin (30 mg/kg body weight/day, dissolved in 0.5% DMSO) for 30 days.
• Group III: Rats subcutaneously administered with ISO (100 mg/kg body weight/day) dissolved in physiological saline, for 2 days for the induction of MI.

• Group IV: Rats pretreated with fisetin (30 mg/kg body weight/day), for 30 days, before the induction of MI as described for Group III.

At the end of the experimental design period (i.e., 24 h after last injection of ISO), the control and experimental groups were sacrificed. Blood samples were collected and serum was separated by centrifugation.

**Processing of heart sample**

Heart tissues were removed and washed in physiological saline containing 0.8% sodium chloride. A tissue sample was homogenized in 4.0 ml 0.1M Tris-HCl buffer (pH 7.4). The homogenate was centrifuged and the supernatant used for biochemical estimations.

**Separation of subcellular fraction**

The tissues were removed and the homogenate was used to ultracentrifugation, and the fractions were separated as follows: Structural proteins, nucleus, and cell debris at 6000 rpm for 10 min; mitochondria at 5000 rpm for 30 min; and supernatant, the cytosol. Subtractions were treated with Triton X-100 (final concentration of 0.3% v/v) for 20 min to the determination of enzymes activities [12].

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**Assay of lysosomal enzymes**

The activities of β-glucuronidase, β-N-acetylgalosaminidase, and β-galactosidase were estimated by the methods of Kawai and Anno [13], Moore and Morris [14], and Conchie et al. [15], respectively. Activities of cathepsin-D and B were determined by the methods of Saposky et al. [16] and Barrett [17], respectively. The content of protein was estimated by the method of Lowry et al. [18].

**Statistical analysis**

Statistical analysis was performed by one-way analysis of variance followed by Duncan’s multiple range test (DMRT) using Statistical Package for the Social Sciences software version 17.00. Data were expressed as mean±standard deviation for six rats in each group. *p<0.05 was considered to be statistically significant.

**RESULTS**

Table 1 shows the activities of β-glucuronidase, β-N-acetylgalosaminidase, β-galactosidase, and cathepsin-B and D in serum of control and experimental groups of rats. The activities of these enzymes were increased significantly (*p<0.05) in serum of ISO-induced rats when compared to normal control rats. Oral pre-treatment with fisetin (30 mg/kg) significantly (*p<0.05) decreased the activities of enzymes in ISO-induced rats when compared to ISO alone treated rats groups.

Table 2 shows the activities of β-glucuronidase, β-N-acetylgalosaminidase, β-galactosidase, and cathepsin-B and D in the control heart and experimental groups of rats. The activities of these enzymes were significantly (*p<0.05) increased in the heart of ISO-induced rats when compared to normal control rats. Pre-treatment with fisetin (30 mg/kg) significantly (*p<0.05) decreased the activities of enzymes in the heart of ISO-induced rats when compared to ISO alone induced rats.

Fig. 2 depicts the activity of β-glucuronidase in subcellular fractions of the heart in control and experimental groups of rats. The activity of β-glucuronidase was significantly (*p<0.05) decreased in nuclear, mitochondrial, lysosomal, and microsomal fractions of the heart in ISO-induced rats when compared to normal control rats. β-glucuronidase activity in cytosolic fraction was significantly (*p<0.05) increased in ISO-treated rats when compared to normal control rats. Pre-treatment

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![Fig. 1: Structure of the fisetin](image)

Table 1: Effect of fisetin on activities of β-glucuronidase, β-N-acetylgalosaminidase, β-galactosidase, and cathepsin-B and D in serum of control and experimental group of rats

| Groups                        | Normal rats | Normal+fisetin (30 mg/kg) | ISO (100 mg/kg) | Fisetin (30 mg/kg)+ISO |
|-------------------------------|-------------|---------------------------|-----------------|------------------------|
| β-Glucuronidase (mmol of p-nitrophenol liberated/h/mg protein) | 14.5±0.8a   | 14.7±0.99a               | 25.4±1.8b       | 16.6±0.8b              |
| β-N-Acetylgalosaminidase (mmol of p-nitrophenol liberated/h/mg protein) | 24.5±1.8a   | 25.2±1.9a                | 38.4±2.8b       | 29.6±2.0b              |
| β-Galactosidase (mmol of p-nitrophenol liberated/h/mg protein) | 19.5±0.8a   | 19.7±0.9a                | 29.4±1.8b       | 22.4±1.2b              |
| Cathepsin-B (mmol of p-nitrophenol liberated/h/mg protein) | 10.5±0.8a   | 10.7±0.8a                | 23.4±1.6b       | 17.6±0.7b              |
| Cathepsin-D (mmol of tyrosine liberated/h/100 mg protein)       | 19.5±1.7a   | 19.9±1.8a                | 35.4±2.7b       | 26.6±2.1b              |

Each value is mean±SD for six rats in each group; values not sharing a common superscript (a, b, c) differ significantly with each other (*p<0.05, DMRT).

DMRT: Duncan’s Multiple Range Test, ISO: Isoproterenol, SD: Standard deviation

Table 2: Effect of fisetin on the activities of β-glucuronidase, β-N-acetylgalosaminidase, β-galactosidase, and cathepsin-B and D in the heart of control and experimental groups of rats

| Groups                        | Normal rats | Normal+fisetin (30 mg/kg) | ISO (100 mg/kg) | Fisetin (30 mg/kg)+ISO |
|-------------------------------|-------------|---------------------------|-----------------|------------------------|
| β-Glucuronidase (mmol of p-nitrophenol liberated/h/mg protein) | 24.5±1.7a   | 24.8±1.8a                 | 43.4±2.8b       | 34.6±2.1b              |
| β-N-Acetylgalosaminidase (mmol of p-nitrophenol liberated/h/mg protein) | 29.3±1.8a   | 29.4±1.9a                | 53.4±3.8b       | 39.3±2.6b              |
| β-Galactosidase (mmol of p-nitrophenol liberated/h/mg protein) | 39.5±2.2a   | 39.8±2.3a                | 52.3±2.9b       | 45.4±2.6b              |
| Cathepsin-B (mmol of p-nitrophenol liberated/h/mg protein) | 20.5±2.1a   | 20.9±2.0a                | 43.4±2.6b       | 29.6±1.9a              |
| Cathepsin-D (mmol of tyrosine liberated/h/100 mg protein) | 19.9±1.8a   | 19.8±1.9a                | 28.2±2.7b       | 23.1±2.1a              |

Each value is mean±SD for six rats in each group; values not sharing a common superscript (a, b, c) differ significantly with each other (*p<0.05, DMRT).

DMRT: Duncan’s Multiple Range Test, ISO: Isoproterenol, SD: Standard deviation

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The present study indicated that fisetin significantly cardioprotected the heart in normal and experimental groups of rats. Each value is mean ± standard deviation for six rats in each group; values not sharing a common superscript (a, b, and c) differ significantly with each other (*p<0.05, Duncan’s Multiple Range Test)

with fisetin (30 mg/kg) to ISO-induced rats significantly (*p<0.05) increased the activity of β-glucuronidase in nuclear, mitochondrial, lysosomal, and microsomal fractions of the heart and significantly (*p<0.05) decreased in the cytosolic fraction of the heart. ISO-induced groups showed an increased ratio of cytosol to bound lysosomal activities and cytosol to total activity for β-glucuronidase in the heart. Pre-treatment with fisetin (30 mg/kg) to ISO-induced rats showed a decreased ratio of cytosol to lysosomal and cytosol to total activities.

Fig. 3 depicts the activity of cathepsin-D in subcellular fractions of the heart in normal and experimental groups of rats. Each value is mean ± standard deviation for six rats in each group; values not sharing a common superscript (a, b, and c) differ significantly with each other (<p<0.05, Duncan’s Multiple Range Test)

DISCUSSION

The present study indicated that fisetin significantly cardioprotected against ISO-induced oxidative stress (reactive oxygen species [ROS]) and MI in rats. The cardiac hypertrophy after administration of ISO is possibly due to the intramuscular water accumulation and the formation of interstitial fibrosis, as well as invasion by inflammatory cells [19]. The lysosomal compartment is one of the important sites of intracellular protein degradation. It contains several hydrolytic enzymes that can degrade closely all cellular components. Administration of ISO induced to rats leads to a significantly increase of lysosomal enzyme activities in the serum and myocardium. Intracellular release of lysosomal enzymes following myocardial ischemia resulted in cell death [20]. It has been proposed that oxygen free radicals generated during ischemia in addition to the direct myocardial damaging effect may also be responsible for the myocardial damage through the release of lysosomal enzymes [21]. Lysosomes are membrane-bound structures that play an important role in secretion. Lysosomal hydrolases are involved in the degradation of cellular constituents. The intracellular release of lysosomal enzymes and their extracellular activity may play a major role in the progressive changes that lead from reversible myocardial injury to irreversible MI [22]. Elevated activities of β-glucuronidase, β-N-acetylgalactosaminidase, β-galactosidase, and cathepsin-B and D were observed in the serum and heart of ISO-treated rats. Fisetin could be maintaining the normal levels of their activities of heart tissues. Increased lipid peroxidation observed in ISO-treated rats could have resulted in leakage of serum and myocardial acid hydrolases from the enclosed sac due to lysosomal membrane damage [23]. It has been shown that the cytosolic acid hydrolases released from the sarcolemmal reticulum and from lysosomes induce the dysfunction and destruction of mitochondria, sarcolemma, and other organelles [24]. Pre-treatment with fisetin normalized the activities of lysosomal enzymes both in the serum and myocardium by its inhibitory effect on lipid peroxidation, thereby preventing lysosomal damage induced by ISO-treated rats [25]. Cathepsins are lysosomal proteases possibly involved in autophagic digestion of cytoplasm and myofibrillary and mitochondrial proteins [26]. The activities of β-glucuronidase and cathepsin-D in different fractions except cytosolic fraction were decreased in ISO-induced rats. The decreased activity of these enzymes in different fractions clearly shows decreased stability of the membranes [27]. Fisetin pre-treatment inhibits the release of these enzymes from the lysosomal and microsomal fractions. Fisetin is due to the stabilizing effect on the lysosomal and microsomal membranes in ISO-induced rats. Our study also showed that fisetin inhibits the release of enzymes as well as decrease the activity of the total lysosomal hydrolases, thereby enhancing the lysosomal stability. Fisetin has effective scavenger of free radicals under in vivo conditions. Antioxidant activities are mainly due to its hydroxyl groups at C-3, C-3′, C-4′, and C-7 positions and are enriched by carbonyl group at C-4. The presence of double bond between C-2 and C-3 conjugated with the 4-oxo group also eases higher electron delocalization. The potent free radical scavenging activity of fisetin was attributed to the presence of the C ring group. Fisetin acts as antioxidant properties by scavenging ROS and also improved the endogenous system in ISO-treated rats and suggested that the fisetin might be peroxides scavenging and/or due to blocking the peroxidation of membrane lipids. In this study, highlighting the fisetin preserves the lysosomal, mitochondrial, and cytosol membrane integrity in the serum, heart, and fractions of ISO-induced rats.

CONCLUSION

The results of the present study indicated that the lysosomal hydrolases play an important role in ISO-induced MI and fisetin proved to be more protective in reducing the extent of lysosomal integrity in induced MI of rats.

AUTHORS’ CONTRIBUTIONS

All the authors have contributed equally.

CONFLICTS OF INTEREST

The authors have declared no conflicts of interest.
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