A quantitative SVM approach potentially improves the accuracy of magnetic resonance spectroscopy in the preoperative evaluation of the grades of diffuse gliomas

Chong Qi\textsuperscript{a,1}, Yiming Li\textsuperscript{a,h,1}, Xing Fan\textsuperscript{a}, Yin Jiang\textsuperscript{a}, Rui Wang\textsuperscript{a}, Song Yang\textsuperscript{a}, Lanxi Meng\textsuperscript{a}, Tao Jiang\textsuperscript{a,h,c,d,e,⁎}, Shaowu Li\textsuperscript{h,c,⁎}

\textsuperscript{a} Beijing Neurosurgical Institute, Beijing Tiantan Hospital, Capital Medical University, Beijing 100050, China
\textsuperscript{b} Department of Neurosurgery, Beijing Tiantan Hospital, Capital Medical University, Beijing 100050, China
\textsuperscript{c} National Clinical Research Center for Neurological Diseases, Beijing, China
\textsuperscript{d} Center of Brain Tumor, Beijing Institute for Brain Disorders, China
\textsuperscript{e} Chinese Glioma Genome Atlas Network (CGGA) and Asian Glioma Genome Atlas Network (AGGA), China

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ABSTRACT

Objectives: To investigate the association between proton magnetic resonance spectroscopy (\textsuperscript{1}H-MRS) metabolic features and the grade of gliomas, and to establish a machine-learning model to predict the glioma grade.

Methods: This study included 112 glioma patients who were divided into the training (\( n = 74 \)) and validation (\( n = 38 \)) sets based on the time of hospitalization. Twenty-six metabolic features were extracted from the preoperative \textsuperscript{1}H-MRS image. The Student's \( t \)-test was conducted to screen for differentially expressed features between low- and high-grade gliomas (WHO grades II and III/IV, respectively). Next, the minimum Redundancy Maximum Relevance (mRMR) algorithm was performed to further select features for a support vector machine (SVM) classifier building. Performance of the predictive model was evaluated both in the training and validation sets using ROC curve analysis.

Results: Among the extracted \textsuperscript{1}H-MRS metabolic features, thirteen features were differentially expressed. Four features were further selected as grade-predictive imaging signatures using the mRMR algorithm. The predictive performance of the machine-learning model measured by the AUC was 0.825 and 0.820 in the training and validation sets, respectively. This was better than the predictive performances of individual metabolic features, the best of which was 0.812.

Conclusions: \textsuperscript{1}H-MRS metabolic features could help in predicting the grade of gliomas. The machine-learning model achieved a better prediction performance in grading gliomas than individual features, indicating that it could complement the traditionally used metabolic features.

1. Introduction

Diffuse gliomas represent 80\% of malignant brain tumors (Ceccarelli et al., 2016). Adult diffuse gliomas are classified into grades II to IV according to histological criteria (Louis et al., 2016). Patients with low-grade gliomas (grade II) typically survive for more than five years after diagnosis, whereas those with high-grade gliomas (grades III–IV) survive for approximately 1–3 years after diagnosis (Jiang et al., 2016). Hence, predicting histological grades of diffuse gliomas with high accuracy could highlight tumor invasive growth patterns, which might allow for a precise assessment of tumor biological behavior and aid in clinical therapeutic decision making for the precise management of glioma patients (Su et al., 2018).

Proton magnetic resonance spectroscopy (\textsuperscript{1}H-MRS) is a noninvasive tool for investigating the spatial distribution of the metabolic changes within the brain (Yamasaki et al., 2011). It can provide information on the neuronal integrity and on the levels of neurotransmitters including \textit{N}-acetylaspartate (NAA), a neuronal marker, choline (Cho), which is involved in the synthesis and degradation of cell membranes, creatine (Cr), which reflects the energetic activity in the cells, lipid (Lip), a product of membrane phospholipids and necrotic debris, and lactate (Lac), which correlates with anaerobic glycolysis. In many studies, \textsuperscript{1}H-
MRS has been shown to determine the tumor type and grade (Dou et al., 2015). 1H-MRS adds relevant diagnostic value exceeding that obtained from structural MR imaging alone. High-grade gliomas, particularly glioblastomas (grade IV), display unique metabolic features when compared with normal brain tissues and low-grade gliomas (Clark et al., 2016). However, the accuracy of 1H-MRS in distinguishing between low- and high-grade gliomas needs further improvement. Since biomedical metabolic information is acquired through the quantification of the 1H-MRS data, proper and optimized quantification techniques will influence the objectivity and robustness of its results. Single metabolic features and peak height ratios of the intra-tumor metabolites have already been computed using 1H-MRS (Bulik et al., 2013). However, the optimum method for predicting the grade of the glioma and whether a machine-learning model of 1H-MRS metabolic features has a superior diagnostic performance to individual features are unclear.

Thus, we designed this retrospective study to investigate which 1H-MRS parameter is most effective in differentiating between low- and high-grade gliomas, and to determine whether using a machine-learning model of 1H-MRS metabolic features is more effective in differentiating low-grade gliomas from high-grade gliomas than using individual parameters.

2. Materials and methods

2.1. Patients

Ethical approval for this retrospective study was provided by the medical ethics committee of Beijing Tiantan Hospital, Capital Medical University, and the need for informed consent was waived. A total of 112 patients who were treated at our hospital between March 2016 and December 2017 were included in this study. The inclusion criteria were as follows: (1) patients with pathological diagnoses of primary gliomas of grade II-IV based on the WHO classification; (2) patients underwent both preoperative T2-weighted MRI examination and preoperative 1H-MRS examination; (3) patients with no history of preoperative therapy; and (4) patients whose clinical characteristics were available.

The patients were divided into training and validation sets based on the time of hospitalization. Seventy-four patients treated between March 2016 and February 2017 (43 WHO II glioma, 9 WHO III glioma, and 22 WHO IV glioma) were included in the training set to build the imaging signature and to develop the model. Thirty-eight patients treated between March 2017 and December 2017 (19 WHO II glioma, 11 WHO III glioma, and 8 WHO IV glioma) were assigned into an independent validation set for model validation.

2.2. Histopathological analysis

Tissue samples obtained by subtotal/total resection were histopathologically examined by an experienced neuropathologist. The glioma was graded based on the WHO classification, and was dichotomized into two groups: the low- and high-grade glioma groups. Grade II gliomas were regarded as low grade, whereas grade III and IV gliomas were regarded as high grade. The histopathology is the ground truth for comparison to 1H-MRS.

2.3. Magnetic resonance imaging

All patients underwent MR imaging using a 3.0T MR system (Siemens Magnetom Prisma, Germany) with a 20-channel head/neck coil. The MR protocols were as follows: (1) The parameters used for the turbo spin echo (TSE) sequence based T2-weighted imaging were TR/TE: 5000 ms/105 ms, slices: 33, slice thickness: 3 mm with 0.9 mm gap, field of view: 220 mm × 220 mm, and matrix size: 448 × 358.4. (2) The parameters used for the MR spectra obtained using the multi-voxel chemical shift imaging 1H-MRS method were TR/TE: 1700 ms/135 ms, field of view: 160 mm × 160 mm, volume of interest (VOI): 80 mm × 80 mm, and number of excitations (NEX): 3. The VOI of 1H-MRS was placed on the axial T2-weighted image including as much of the lesion as possible and the contralateral normal-appearing brain parenchyma while avoiding the subcutaneous fat, bones and sinuses.

2.4. Imaging processing

A neuroradiologist (Shaowu Li with twenty years of experiences in MR imaging interpretation) delineated the tumor area on T2-weighted images using the software SPIN (Signal Processing in NMR, Detroit, Michigan, USA). Then the voxels were carefully positioned to include the largest tumor region.

The spectroscopy data of each voxel was processed using the imaging software, Synco.via from Siemens Healthcare. The preprocessing procedure included spatial filtering, 3D Fourier transformation for spatial localization, baseline subtraction after fitting with polynomial functions, and phase correction. Subsequently, the resonance intensities of the individual spectra were determined by calculating the integral of areas under the peaks of the chemical dislocation graphs.

The intra-tumor metabolites, Cho, NAA, Cr, Lac, and Lip, were sampled from total area of the tumor and normalized based on the corresponding metabolites in the contralateral normal-appearing brain parenchyma (normalized metabolic parameter = original metabolic parameter/contralateral metabolic parameter). The mean concentrations were then analyzed by obtaining the intensities of the spectra and the ratios between the spectra. Twenty-six metabolic features were included: Cho, Cr1, NAA, Lac, lipid1 (Lip1), lipid2 (Lip2), (Lac + Lip1 + Lip2), Cho/Cr1 ratio, NAA/Cr1 ratio, Lac/Cr1 ratio, Lip1/Cr1 ratio, Lip2/Cr1 ratio, (Lip1 + Lip2)/Cr1 ratio, (Lac + Lip1 + Lip2)/Cr1 ratio, Cho/NAA ratio, Lip1/NAA ratio, Lip2/NAA ratio, Lac/NAA ratio, (Lip1 + Lip2)/NAA ratio, (Lac + Lip1 + Lip2)/NAA ratio, Lip1/Cho ratio, Lip2/Cho ratio, Lac/Cho ratio, (Lip1 + Lip2)/Cho ratio, and (Lac + Lip1 + Lip2)/Cho ratio.

2.5. Feature selection and individual feature analysis

For feature selection, we first screened the features that were significantly (P < 0.05) differentially expressed between the low- and high-grade gliomas using the Student’s t-test. A ROC curve analysis was performed on each differently expressed feature to evaluate its predictive performance in grading gliomas. Next, the minimum Redundancy Maximum Relevance (mRMR) feature selection algorithm was used to further identify an imaging signature for grading the gliomas in the training set (De Jay et al., 2013). The mRMR algorithm attempts to optimize the maximum relevance and minimum redundancy simultaneously. The Student’s t-test was conducted on the features selected using the mRMR algorithm to observe whether they were differentially expressed between the low- and high-grade glioma groups in the validation set. All the P values derived from multiple testing were adjusted using the Bonferroni correction.

2.6. Machine-learning model establishment

A support vector machine (SVM) fitted with the final selected features was used in the training set. The SVM classifier, a specific type of supervised machine-learning method, is designed to classify the data points by maximizing the margins between the classes in a high-dimensional space (Cortes and Vapnik, 1995). The SVM classifier outputted a decision value for each patient that could be used to predict the grade of the glioma. The ROC curves were plotted and the AUC was calculated to illustrate the diagnostic performance of the predictive model. An optimal cutoff value was identified when sensitivity plus specificity was maximal. The established predictive model was subsequently evaluated in an independent validation set.
1.00 ppm and Lip2 defined at 0.70 to 1.60 ppm. Lipid peak included Lip1 defined at 0.70 to 1.00 ppm and Lip2 defined at 1.25 to 1.60 ppm, respectively.

In this study, 62 and 50 patients diagnosed by pathological grading with low- and high-grade gliomas, respectively were enrolled and divided into the training (n = 74) and validation (n = 38) sets. Table 2 shows the patient characteristics. There were no significant differences between the training and validation sets in age (P = 0.6506), sex (P = 0.3225) or high/low grade (P = 0.4138), which indicated the justifiability of using these two sets.

3.2. Feature selection and individual feature analysis

First, the performance of each 1H-MRS metabolic feature in predicting the glioma grade was assessed using the training set. As shown in Table 3, the expression of the following features were found to be significantly different (P < 0.05) between the low- and high-grade glioma groups: NAA, Lip2, (Lip1 + Lip2), (Lac + Lip1 + Lip2)/Cr1 ratio, Cho/Cr1 ratio, Lip2/Cr1 ratio, (Lip1 + Lip2)/Cr1 ratio, (Lac + Lip1 + Lip2)/Cr1 ratio, Cho/NAA ratio, Lip1/NAA ratio, Lip2/NAA ratio, (Lip1 + Lip2)/NAA ratio, and (Lac + Lip1 + Lip2)/NAA. The corresponding AUCs of the differentially expressed features were calculated (Table 3). The Lip2/NAA ratio and (Lip1 + Lip2)/NAA ratio yielded AUC values of 0.812 and 0.810, respectively, which were the most predictive of the glioma grade among the features assessed. Their accuracies in predicting the glioma grades were 71.62% and 72.97%, respectively.

Four 1H-MRS metabolic features were further selected using the mRMR algorithm for the establishment of a machine-learning model. The selected four features were NAA, Lip2, (Lac + Lip1 + Lip2)/Cr1 ratio, and Cho/NAA ratio. Their distribution is shown in Fig. 1. In the training set, the NAA was found to be significantly higher in the low-grade glioma group than in the high-grade glioma group (P = 0.0094). The Lip2, (Lac + Lip1 + Lip2)/Cr1 ratio, and Cho/NAA ratio were significantly higher in the high-grade glioma group than in the low-grade glioma group (P = 0.0078, P = 0.0494, and P = 0.0104, respectively). Similarly, in the validation set, the NAA was significantly higher in the low-grade glioma group than in the high-grade glioma group (P = 0.0072), and the Lip2, (Lac + Lip1 + Lip2)/Cr1 ratio, and Cho/NAA ratio were significantly higher in the high-grade glioma group than in the low-grade glioma group (P = 0.0324, P = 0.0381, and P = 0.0394, respectively). Thus, the differential expression of these four features was significantly different between the low- and high-grade gliomas in both sets.

3.3. Machine-learning model establishment

3.3.1. Training set

Using the training set, a machine-learning model was developed based on the four selected metabolic features and the SVM classifier. For each patient, the SVM classifier outputted a decision value to predict the glioma grade, and a ROC curve was delineated. The AUC was 0.825 in the ROC curve analysis. The optimal cutoff point (0.4) exhibited a sensitivity, specificity, and accuracy of 74.2%, 81.4%, and 78.38%, respectively (Fig. 2A). These results demonstrated that the use of this model was superior to the use of the Lip2/NAA ratio (AUC = 0.812) and (Lip1 + Lip2)/NAA ratio (AUC = 0.810) for distinguishing between low- and high-grade gliomas.

3.3.2. Validation set

The machine-learning model was then applied to the validation set. The glioma grades could be predicted effectively. The AUC was 0.820 in the ROC curve analysis. At the best cutoff point (0.8), sensitivity, specificity, and accuracy were 89.5%, 63.2%, and 76.31%, respectively (Fig. 2B).

The prediction processes of two representative cases are shown in Fig. 3. The first case was a 44-year-old female patient with a WHO grade II glioma. She was accurately classified into the low-grade group using the SVM decision value, which was high (1.1). The second case was a 41-year-old female patient with a WHO grade IV glioma. She was accurately classified into the high-grade group using the SVM decision value, which was low (0.3).

4. Discussion

We investigated the performance of a series of 1H-MRS metabolic features in differentiating between low- and high-grade gliomas. We further identified a grade-predictive signature using the mRMR algorithm. Subsequently, a machine-learning model was created using the selected features and the SVM classifier. The model achieved an AUC of 0.825 and 0.820 in the training and validation sets, respectively. This model performed better than any individual metabolic feature, indicating that it can be used as a non-invasive approach for better classifying the glioma grades and that it could complement the traditionally used 1H-MRS metabolic parameters.

Accurate preoperative grading of gliomas is important to estimate the prognosis and plan the treatment: the treatment strategies applied to high-grade gliomas need to be more aggressive than those applied to low-grade gliomas (Fouke et al., 2015). Conventional MR imaging with gadolinium-based contrast agents has an established role in characterizing cerebral tumors and is considered the reference standard for preoperative diagnostic evaluation in some instances. Nevertheless,
contrast enhancement is not specific for malignancy and primarily reflects the message of the contrast material across a disrupted blood-brain barrier (Vogelbaum et al., 2012). Several studies have demonstrated that the absence of enhancement does not necessarily imply that the glioma is low-grade (White et al., 2005).

Previous studies have revealed that the perfusion images perform well in grading gliomas. A pioneer study found that histogram analysis of normalized cerebral blood volume could grade gliomas with high sensitivity (90%), better than the established hot-spot method (55%–76%) (Emblem et al., 2008a). Another study revealed that combining the tumor blood volume histogram signatures derived from perfusion images and SVM could achieve a true positive rate of 0.76 and a true negative rate of 0.82 in grading gliomas (Emblem et al., 2008b). Additionally, using a SVM model with a radial basis function kernel exhibited better performance (true positive rate 0.83; true negative rate 0.82) in grading gliomas (Emblem et al., 2008b).

Perfusion imaging, which limited the application of this approach in which high-grade gliomas were detected by calculating the ratio of Lip1 + Lip2 to Cho, can achieve comparable performance (true positive rate 0.76 and true negative rate 0.82) (Vogelbaum et al., 2012). Several studies have demonstrated that the absence of enhancement does not necessarily imply that the glioma is low-grade (White et al., 2005).

The results are usually expressed as ratios between the cerebral metabolites rather than as absolute concentrations. Single metabolite ratios, such as Cho/Cr ratio and Cho/NAA ratio, have been used to reveal significant differences between low- and high-grade gliomas in most studies (Rao et al., 2013; Wang et al., 2016). There are also studies in which high-grade gliomas were detected by calculating the ratio of lipids and lactate (LL)/Cr (Kim et al., 2006; Yoon et al., 2014). However, it is not known whether combined ratios could improve the diagnostic accuracy. The highest accuracy in differentiating between low- and high-grade gliomas in our study was 72.97% for the (Lip1 + Lip2)/Cr ratio, yet it increased to 78.38%, along with an increased in the AUC from 0.8102 to 0.825, when the predictive model was used. The combination of NAA, Lip2, (Lac + Lip1 + Lip2)/Cr1 ratio, and Cho/NAA ratio used in our predictive model was more useful than any single 1H-MRS metabolic feature in differentiating the glioma grade preoperatively.

Furthermore, although the role of 1H-MRS quantitative measurements in the diagnosis and monitoring of glial tumors have been studied, there were no independent validation sets in most of the previous studies. In our study, an SVM-based machine-learning model was created using the training set and was validated using the independent validation set. An SVM can automatically learn the distinguishing characteristics of gliomas.

### Table 3

Statistics of intra-tumor 1H-MRS metabolic parameters in the training set.

| Metabolic parameters (normalized) | Low-grade gliomas (n = 43) | High-grade gliomas (n = 31) | P value   | Adjust P | AUC     |
|----------------------------------|-----------------------------|-----------------------------|-----------|----------|---------|
| Cho                              | 1.581 ± 0.076               | 1.953 ± 0.269               | 0.1328    | 0.2302   |         |
| Cr                               | 1.017 ± 0.034               | 0.983 ± 0.084               | 0.6778    | 0.3866   |         |
| NAA                              | 0.539 ± 0.023               | 0.430 ± 0.023               | 0.0018*** | 0.0094*** | 0.7254  |
| Lac                              | 3.411 ± 0.590               | 3.719 ± 0.312               | 0.7079    | 0.8366   |         |
| Lip1                             | 3.323 ± 0.831               | 3.528 ± 0.899               | 0.8687    | 0.9411   |         |
| Lip2                             | 2.144 ± 0.228               | 3.940 ± 0.495               | 0.0006*** | 0.0078*** | 0.7592  |
| Lip1 + Lip2                      | 2.190 ± 0.285               | 3.460 ± 0.346               | 0.0058*** | 0.0168*** | 0.7382  |
| Lac + Lip1 + Lip2                | 2.234 ± 0.215               | 3.396 ± 0.344               | 0.0036*** | 0.0177*** | 0.6962  |
| Cho/Cr                           | 1.673 ± 0.087               | 2.501 ± 0.290               | 0.0028*** | 0.0104*** | 0.6572  |
| Lac/Cr                           | 0.521 ± 0.020               | 0.522 ± 0.036               | 0.992     | 0.992    |         |
| Lip1/Cr                          | 1.488 ± 0.796               | 11.80 ± 5.181               | 0.094     | 0.1748   |         |
| Lip2/Cr                          | 3.564 ± 0.811               | 4.763 ± 0.979               | 0.3466    | 0.5006   |         |
| Lac/Cr                           | 2.659 ± 0.430               | 9.002 ± 2.895               | 0.0135    | 0.0319   | 0.7449  |
| Cho + Lip1 + Lip2/Cr             | 2.633 ± 0.412               | 7.557 ± 2.209               | 0.0130    | 0.0319   | 0.7397  |
| NAA/Cr                           | 2.727 ± 0.369               | 8.227 ± 2.743               | 0.0228    | 0.0494   | 0.6992  |
| Lac/Cr                           | 4.832 ± 0.723               | 12.19 ± 2.591               | 0.0026*** | 0.0104*** | 0.7089  |
| Lip1/Cho                         | 8.516 ± 2.025               | 13.89 ± 3.479               | 0.1608    | 0.2613   |         |
| Lip2/Cho                         | 6.287 ± 0.906               | 27.42 ± 7.127               | 0.0009*** | 0.0078*** | 0.8124  |
| (Lip1 + Lip2)/NAA                | 6.199 ± 0.913               | 23.37 ± 6.098               | 0.0017*** | 0.0093*** | 0.8102  |
| Lac + Lip1 + Lip2/NAA            | 6.796 ± 0.986               | 22.89 ± 5.114               | 0.0006*** | 0.0078*** | 0.7824  |
| Lip1/Cho                         | 2.985 ± 0.830               | 1.788 ± 0.322               | 0.2429    | 0.3715   |         |
| Lip2/Cho                         | 2.167 ± 0.578               | 2.609 ± 0.369               | 0.5571    | 0.7623   |         |
| Lac/Cho                          | 2.371 ± 0.395               | 2.641 ± 0.567               | 0.6252    | 0.6127   |         |
| (Lip1 + Lip2)/Cho                | 2.202 ± 0.584               | 2.283 ± 0.290               | 0.9117    | 0.9482   |         |
| (Lac + Lip1 + Lip2)/Cho          | 2.126 ± 0.488               | 2.272 ± 0.321               | 0.8192    | 0.9261   |         |

Note: Data were expressed as the mean ± standard error of mean (SEM). The bold words and number mean that they are statistically significant.

* P < 0.05
** P < 0.01, and
*** P < 0.001 by Student’s t-test.

1H-MRS displays the oncometabolic state of the tumor where conventional MRI cannot make such distinctions (Dowling et al., 2001). The levels of N-acetylaspartate and creatine are reduced, whereas those of choline and choline-containing compounds are increased in tumors when compared with their respective levels in the normal brain tissue (McKnight et al., 2007). A low NAA level indicates the loss of the neuronal cell viability, whereas a high Cho level infers an increased cellular turnover (Bulik et al., 2015). The metabolites lactate at 1.33 ppm and mobile lipids, with its most prominent peaks at 0.9 and 1.3 ppm, were also observed. Lactate accumulation in brain tumors, caused by increased glycolysis, is associated with ischemic changes in the poorly perfused tumor parenchyma, or increased necrotic tissue (Fulham et al., 1992). While several studies suggest that high-grade gliomas can be distinguished from low-grade tumors using higher Lac peaks (Yamasaki et al., 2011), others show no significant correlations (Shimizu et al., 1996; Sibtain et al., 2007). Lipids exist as macromolecules in the cell membranes and myelin sheaths in the normal brain tissue. When the brain tissue is damaged or disrupted, as occurs during the growth of a brain tumor, the lipid macromolecules are transformed into mobile lipids. Lipids correlates with the presence of necrosis when the cells die and their membranes break down (Remy et al., 1997). Among all the gliomas, Lip peaks are more frequently found in glioblastomas (Ruesel et al., 1994).
Compared with the diagnostic performance of this, the predictive model we developed might be a superior index for distinguishing between low- and high-grade gliomas. There were some limitations to this study. First, the data available was limited. Further studies are needed to confirm the efficacy of this predictive model. Secondly, as an isolated modality, $^1$H-MRS could be combined with other advanced imaging techniques such as perfusion and diffusion MR information to improve the diagnostic accuracy.

In conclusion, we found that some $^1$H-MRS metabolic features could help in predicting the grade of gliomas. Using the mRMR algorithm and the SVM classifier, we established a machine-learning model that achieved a better prediction performance in identifying the tumor grade than those achieved using individual features. This indicates that it could complement the traditionally used $^1$H-MRS metabolic features.
in predicting glioma grades.

Conflict of interest

The authors of this manuscript declare no relationships with any companies whose products or services may be related to the subject matter of the article.

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Appendix A. Supplementary data

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