Comparison of Weight Per Volume and Protein Nitrogen Units in Non-standardized Allergen Extracts: Implications for Prescribing Subcutaneous Immunotherapy

Benny Dua
McMaster University

Jane Park
Western University

Harold Kim (hlkimkw@gmail.com)
McMaster University

Research

Keywords: Non-standardized extract, PNU, weight per volume

DOI: https://doi.org/10.21203/rs.3.rs-350670/v1

License: This work is licensed under a Creative Commons Attribution 4.0 International License.
Read Full License
Abstract

Background

Allergen extracts used in subcutaneous immunotherapy are standardized or non-standardized. Standardized extracts are available in specific biological potencies, presumably making their biological activity more consistent. The majority of allergen extracts are non-standardized and may have less consistent potencies. Non-standardized extracts are labeled as weight per volume or protein nitrogen units (PNUs). Neither method allows for any direct information regarding the extract’s biologic potency. The purpose of this study was to compare weight per volume versus PNU concentrations for 4 non-standardized allergen extracts prepared by two allergen manufacturers. The potencies were compared in application in current North American practice recommendations.

Methods

The weight per volume and PNU values were provided for 4 non-standardized extracts – birch, short ragweed, dog hair and Alternaria – from HollisterStier and Stallergenes Greer. Weight per volume and PNU concentrations were compared for each of these extracts from both manufacturers. From the raw data, we calculated the corresponding PNU values for a weight per volume of 1:100 and 1:200 for each extract. Similarly, we calculated the corresponding weight per volume for a range of PNU values, for 1000, 2000, 3000, 4000 and 5000 PNU/ml.

Results

Birch extract has low PNU concentration, below 5000, for a weight per volume of 1:200 for both HollisterStier and Stallergenes Greer. In contrast, for both HollisterStier and Stallergenes Greer ragweed extract, a weight per volume of 1:200 corresponds to a PNU concentration greater than 5000. Dog extract for a weight per volume of 1:200, and even for 1:100, corresponds to very low PNUs for both companies. For Alternaria, corresponding PNU concentrations for HollisterStier is low at only 500 while over 5000 for Stallergenes Greer. Corresponding weight per volumes for PNU values for these extracts can be found in the manuscript.

Conclusions

Our results show variability when comparing weight per volume and PNU concentrations for both Hollister-Stier and Stallergenes Greer products. We suggest selecting a PNU dose that corresponds to a weight per volume of 1:200 as this may improve patient safety. Our recommendations for starting PNU dose for the four non-standardized extracts are highlighted in the manuscript. If the starting PNU concentration is considerably below 5000 for a weight per volume of 1:200 slow up-titration is advised. Conversely, for PNU concentrations above 5000 for weight per volume of 1:200 we suggest a maintenance dose of 5000 PNU.
Background/introduction

Allergen immunotherapy is used for the treatment of allergic rhinitis and asthma [1-6]. Many patients with allergic rhinitis and asthma are incompletely controlled with appropriate allergen avoidance and medical therapy; thus, immunotherapy is a desired and effective treatment modality for these patients [7-8]. Double-blind placebo-controlled studies have proven the clinical effectiveness of immunotherapy in both adults and children with allergic rhinitis and asthma [1-6]. Furthermore, allergen immunotherapy may be disease modifying and may reduce the risk of future development of asthma in patients with allergic rhinitis [8].

Allergen extracts used in immunotherapy are either standardized or non-standardized. Standardized extracts are available in specific biological potencies, expressed in units of BAU, AU or micrograms of allergen, depending on the extract. The advantage of standardized extracts is that the biological activity is more consistent. This may improve the likelihood of efficacy and minimize the risk of an adverse reaction [8]. Despite this level of quality control for standardized extracts, the majority of allergen extracts are non-standardized and consequently, may have less consistent potencies. Non-standardized extracts are labeled as weight per volume, which expresses weight in grams per volume in milliliters. For example, a potency of 1:100 indicates that 1 gram of dry allergen was added to 100mL of an extraction buffer [8]. Alternatively, these extracts can also be labeled in protein nitrogen units (PNUs), where 1 PNU is equal to 0.01g of protein nitrogen per milliliter [8]. Neither method allows for any direct or comparative information regarding the extract’s biologic potency and should not be considered equipotent [8]. Therefore, the variability in potencies of non-standardized extracts may have important clinical consequences, particularly in the treatment with allergen immunotherapy.

There is a paucity of data with respect to comparing these two units of extract quantification for clinical use. The American Academy of Allergy, Asthma, and Immunology (AAAAI) has recommended using potencies of 1:100 to 1:200 weight per volume or 3000 to 5000 PNU, both at a volume of 0.5 ml [8]. In an attempt to simplify prescribing, the CSACI has recommended a dose of 5000 PNU/ml at a volume of 0.5 ml [7]. As such, the purpose of this study was to compare weight per volume versus PNU concentrations for 4 non-standardized extracts (birch, ragweed, dog and Alternaria) prepared by two manufacturers, and evaluate how these potencies compare to current practice recommendations with respect to allergen immunotherapy dosing. We will suggest prescribing doses in PNU that correspond to the lower weight per volume recommendations.

Methods

Data was provided to us from HollisterStier and Stallergenes Greer - two of the three major allergen manufacturers available in Canada for this study. The weight per volume and PNU values were provided for 4 non-standardized extracts – birch mix, short ragweed, dog hair and Alternaria from each company. For HollisterStier, the extract data was retrieved from 1 lot, containing 50% glycerin and manufactured in
2018–2019. For Stallergenes Greer, the extract data was retrieved from 5 consecutive lots, containing no glycerin and manufactured from 2008–2013.

Source materials used in the manufacturing of allergen extracts were collected from natural sources or from laboratory cultures. The extracts were labelled as weight per volume based on the weight of the source material to the volume of the extracting fluid. The weight per volume concentrations for the aforementioned extracts were all labelled as either 1:10 or 1:20.

PNU was measured using the Kjeldahl method. In brief, the protein in the allergic sample is precipitated with 1mL of phosphotungstic acid (PTA), which separates the protein nitrogen from other nitrogen containing constituents in the sample. The sample is then injected into a high temperature furnace where it is catalytically combusted at approximately 850°C. Oxidative pyrolysis causes the chemically bound nitrogen to be converted to nitric oxide. A flow of oxygen transports the nitric oxide to the chemiluminescence detector where the nitrogen concentration is determined. One PNU per mL is equivalent to 1 X 10 – 5 mg nitrogen. PNU values for the aforementioned extracts were provided and varied according to the specific allergen.

Weight per volume and PNU concentrations were compared for each of the 4 non-standardized extracts from both manufacturers. From the raw data, we calculated the corresponding PNU values for a weight per volume of 1:100 and 1:200 for each extract. Similarly, we calculated the corresponding weight per volume for a range of PNU values, for 1000, 2000, 3000, 4000 and 5000 PNU/ml. These calculations were based on simple proportion ratios from the raw data. These measurements were used as they correspond to the recommended doses from the AAAAI and CSACI [7–8]. We aim to provide the safest PNU dose that corresponds to the weakest recommended weight per volume recommended by the AAAAI.

Results

Birch Mix

For birch mix, HollisterStier provided 13 extract concentrations at 1:20 weight per volume, with corresponding PNU values ranging from 14500 to 22000. Stallergenes Greer provided 5 extract concentrations at 1:10 weight per volume, with PNU values ranging from 45000 to 57000.

Table 1A and 1B illustrate the corresponding PNU and weight per volume values across a range of birch mix concentrations respectively. For HollisterStier, a weight per volume of 1:100 corresponds to a mean PNU of 3569.23, and a weight per volume of 1:200 corresponds to a mean PNU of 1784.62. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:119 weight per volume, and a PNU concentration of 5000 corresponds to an approximate mean of 1:71 weight per volume. For Stallergenes Greer, a weight per volume of 1:100 corresponds to a mean PNU of 5100, and a weight per volume of 1:200 corresponds to a mean PNU of 2550.00. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:170 weight per volume, and a PNU concentration of 5000 corresponds to an approximate mean of 1:102 weight per volume.
**Short Ragweed**

For short ragweed, HollisterStier provided 16 extract concentrations at 1:20 weight per volume, with corresponding PNU values ranging from 74000 to 117500. Stallergenes Greer provided 5 extract concentrations also at 1:10 weight per volume, with PNU values ranging from 75000 to 90000.

Table 2A and 2B illustrate the corresponding PNU and weight per volume values across a range of ragweed concentrations respectively. For HollisterStier, a weight per volume of 1:100 corresponds to a mean PNU of 17443.75, and a weight per volume of 1:200 corresponds to a mean PNU of 8721.88. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:581 weight per volume, and a PNU concentration of 5000 corresponds to an approximate mean of 1:350 weight per volume. For Stallergenes Greer, a weight per volume of 1:100 corresponds to a mean PNU of 16360, and a weight per volume of 1:200 corresponds to a mean PNU of 8180.00. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:545 weight per volume, and a PNU concentration of 5000 corresponds to an approximate mean of 1:327 weight per volume.

**Dog Hair**

For dog hair, HollisterStier provided 12 extract concentrations at 1:10 weight per volume, with corresponding PNU values ranging from 500 to 3000. Stallergenes Greer provided 5 extract concentrations also at 1:10 weight per volume, with PNU values ranging from 24000 to 37000.

Table 3A and 3B illustrate the corresponding PNU and weight per volume values across a range of dog concentrations respectively. For HollisterStier, a weight per volume of 1:100 corresponds to a mean PNU of 208.33, and a weight per volume of 1:200 corresponds to a mean PNU of 104.17. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:7, and a PNU concentration of 5000 corresponds to an approximate mean of 1:4 weight per volume. For Stallergenes Greer, a weight per volume of 1:100 corresponds to a mean PNU of 3260.00, and a weight per volume of 1:200 corresponds to a mean PNU of 1630. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:109 weight per volume, and a PNU concentration of 5000 corresponds to an approximate mean of 1:65 weight per volume.

**Alternaria**

For Alternaria, HollisterStier provided 27 extract concentrations at 1:10 weight per volume, with corresponding PNU values ranging from 9000 to 41000. Stallergenes Greer provided 5 extract concentrations at 1:20 weight per volume, with PNU values ranging from 57000 to 79000.

Table 4A and 4B illustrate the corresponding PNU and weight per volume values across a range of Alternaria concentrations respectively. For HollisterStier, a weight per volume of 1:100 corresponds to a mean PNU of 1974.07, and a weight per volume of 1:200 corresponds to a mean PNU of 987.04. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:66 weight per volume, and a PNU concentration of 5000 corresponds to an approximate mean of 1:39. For Stallergenes
Greer, a weight per volume of 1:100 corresponds to a mean PNU of 13480, and a weight per volume of 1:200 corresponds to a mean PNU of 6740.00. Conversely, a PNU concentration of 3000 corresponds to an approximate mean of 1:449, and a PNU concentration of 5000 corresponds to an approximate mean of 1:270 weight per volume.

**Discussion**

This study compared weight per volume versus PNU concentrations for birch, ragweed, dog and Alternaria, which are all non-standardized extracts in Canada. Our results show substantial variability when comparing weight per volume and PNU concentrations for both Hollister-Stier and Stallergenes Greer products. The largest variability was observed for Hollister-Stier’s ragweed extract and Stallergenes Greer’s Alternaria extract, while both companies had the smallest variability for their dog extract. The significance of our study is to not only highlight the variable potencies that exist within a sample of non-standardized extracts, but also how these concentrations compare to actual allergen immunotherapy dosing recommendations in Canada and the United States.

There are currently only 19 standardized allergen extracts available in Canada, as most commercial extracts are non-standardized, including birch, ragweed, dog and Alternaria. The extraction process for both standardized and non-standardized products is essentially the same, with quality control measures being the primary difference [9]. Non-standardized extracts are labeled on the basis PNU values, or the weight of the source material extracted with a given volume of extracting fluid (weight per volume). These approaches to labeling concentrations have no established standards for biologic potency, and there are no dose-response studies with non-standardized extracts [8].

The advantage of standardized extracts over their non-standardized counterparts is the consistency of biological activity. However, recent studies have found that there are significant differences in the composition and content of specific allergen levels among standardized extracts, like house-dust mite (HDM) [10–13]. Since extraction processes differ among manufacturers, standardized extracts may contain different amounts of allergens. In a recent study by Nolte et al. [14], differences in the content of Der 1 & Der 2 – the major allergens of HDM – were observed despite equivalent concentration labelling. Mean Der 1 to Der 2 ratios of 20.5 and 5.2 were found for two batches of D. farinae from the same manufacturer labelled both as 10000 AU/mL. The mean Der 1 to Der 2-ratio ranged from 0.4 to 20.5 among various manufacturers they examined. A study by Jung et al. [15] looking at pollen chemistry showed that pollen ranges from 2.5–61% of protein by dry mass. Another study by Roulston et al. [16] concluded that there was a negative correlation with percentage of protein in pollen grain to pollen grain volume and mass. Furthermore, Schappi et al. [17] demonstrated that the concentration of birch protein (bet v 1) only represented 0.07% of the total pollen grain mass of 7.85 ng. These collective studies highlight significant variability that exists in protein and allergen content compared to the labelled concentration of the allergen extract.
This lack of consistency in allergenic potency and composition of non-standardized extracts not only affects clinical efficacy, but has important implications for safety [14]. The AAAAI suggests maintenance doses for non-standardized extracts at 3000 to 5000 PNU, or weight per volume 1:100 to 1:200 both at a volume of 0.5 mL [8]. The Canadian Society of Allergy and Clinical Immunology (CSACI) has recommended using 5000 PNU at a volume of 0.5 mL as a recommended maintenance dose [7]. The CSACI has suggested using PNU instead of weight per volume to try to simplify the process of prescribing subcutaneous immunotherapy.

From our study, the corresponding PNU concentration for a weight per volume of 1:100 to 1:200 can be compared to the recommended PNU dosing for non-standardized extracts. We believe that dosing towards a weight per volume of 1:200 prioritizes safety and minimizes the risk of severe reactions with subcutaneous immunotherapy. Birch extract has low PNU concentration (below < 5000) for a weight per volume of 1:200 for both HollisterStier and Stallergenes Greer (Table 1A). In contrast, for both HollisterStier and Stallergenes Greer’s ragweed extract, a weight per volume of 1:200 corresponds to a PNU concentration greater than 5000 (Table 2A). Dog extract for a weight per volume of 1:200, and even for 1:100, corresponds to very low PNUs for both companies (Table 3A). The major allergen content for dog extract is typically too low to allow for effective dosing [8], and this is likely because the target dose of 5000 PNU may be impossible to reach based on our calculations with both companies (Table 3A). Although not part of our study, it may be possible with acetone precipitated dog extracts to reach therapeutic dosing as lower weight per volume corresponds to a higher PNU [18]. Finally, for Alternaria, corresponding PNU concentrations for HollisterStier is low at only 500 while over 5000 for Stallergenes Greer (Table 4A).

Overall, we suggest selecting a PNU dose that corresponds to a weight per volume of 1:200 as this underscores safety to the patient. Our recommendations for starting PNU dose for the four non-standardized extracts are highlighted in Table 5. If the starting PNU concentration is considerably below 5000 for a weight per volume of 1:200 or proves to be ineffective, such as in birch or Alternaria with HollisterStier, slow up-titration is advised. Conversely, for starting PNU concentrations above 5000 for weight per volume of 1:200, such as ragweed or Alternaria with Stallergenes Greer, we recommend a maximum starting PNU concentration of 5000. Based on our findings and the relative lack of randomized controlled trial data, the efficacy and safety of dog immunotherapy is questionable. We do not recommend dog immunotherapy at this time until further data is available. However, if prescribed, we suggest starting PNU concentrations of 25 for HollisterStier and 1200 for Stallergenes Greer with slow up-titration as needed. Table 6 highlights recommended weight per volume dosing when converting from PNU concentration of 3000. Individual calculations may need to be undertaken for the various non-standardized extracts, as concentrations can vary between extract batches from within the same allergen manufacturer, and certainly between manufacturers. As such, multiple allergen immunotherapy is preferred to be ordered from the same manufacturer.

The efficacy of immunotherapy depends on achieving an optimal therapeutic dose of the allergen extract [8]. Unlike non-standardized extracts, standardized extracts have been extensively studied [19] and doses
used in controlled clinical trials form the basis of the recommended dose ranges [8]. For non-standardized extracts, the therapeutically effective doses must be estimated and individualized [8]. Allergen concentrations that are too low are less likely to be effective, while those that are too high may result in systemic reactions. The variability in biological potency that is present in not only non-standardized extracts, but also standardized extracts, can potentially affect the outcomes of clinical trials trying to prove the effectiveness of allergen immunotherapy. A literature review of trials using non-standardized extracts, including those of birch, dog dander and Alternaria, revealed that extracts are not standardized between studies. Although many clinical trials attempted to individually standardize extracts within their own study, the method of standardization was variable between studies [20]. Various units were used including specific unit (SU) [21], biological unit (BU) [22], Radioallergosorbent test (RAST) [23] units, and weight of the extract [24], with most units being arbitrarily developed. The maintenance dose also varied greatly between studies, up to more than a 10-fold difference at times [22, 25]. The usefulness of these collective studies is certainly limited by the different biological units used and the variability in dosing, making it difficult to extrapolate to other clinical situations. As we do not have reliable efficacy data for non-standardized immunotherapy extracts, we believe that these extracts should be prescribed in a safer manner by aiming for a 1:200 weight per volume dose. If this is not therapeutically effective, up-titration should be pursued.

Limitations in this study include the small sample of data, the limited number of allergens assessed, and only data from 2 allergen manufacturers were analyzed. However, we believe these trends would be similar among other non-standardized extracts and for other manufacturers. Also, major allergen levels were not available for the allergens assessed in this study.

The data in our study highlights the substantial variability that exists in extract quantification for four non-standardized extracts. More importantly, we observed that that allergen potencies as currently manufactured may not meet the immunotherapy dosing recommendations. From our results, we have demonstrated that the conversion to recommended doses between weight per volume and PNU is variable between lots and between companies for all of the non-standardized allergens studied. Doses of allergen extract should be therapeutically effective, while minimizing the risk of harm. Future research will be necessary to examine larger batches of extracts, and from more manufacturers. Most importantly, randomized controlled trials should be performed to identify safe and clinically effective doses for allergen immunotherapy.

Declarations

Ethics approval and consent to participate

- Not applicable

Consent for publication

- Not applicable
Availability of data and material

- The datasets during and/or analysed during the current study available from the corresponding author on reasonable request.

Competing interests

- The authors declare that they have no competing interests

Funding

- None

Authors’ contributions

BD conceptualized the study, analyzed and interpreted the allergen data, wrote the manuscript. JP analyzed and interpreted the allergen data, was a major contributor in writing the manuscript. HK conceptualized the study, was a major contributor in writing the manuscript. All authors read and approved the final manuscript.

Acknowledgements

- Not applicable

References

1. Norman PS, Winkenwerder WL, Lichtenstein LM. Immunotherapy of hay fever with ragweed antigen E: comparisons with whole pollen extract and placebos. J Allergy. 1968;42(2):93–108.
2. Lowell FC, Franklin W. A double-blind study of the effectiveness and specificity of injection therapy in ragweed hay fever. N Engl J Med. 1965;273(13):675–9.
3. Varney VA, Gaga M, Frew AJ, Aber VR, Kay AB, Durham SR. Usefulness of immunotherapy in patients with severe summer hay fever uncontrolled by antiallergic drugs. BMJ. 1991;302(6771):265–9.
4. Olsen OT, Larsen KR, Jacobsan L, Svendsen UG. A 1-year, placebo-controlled, double-blind house-dust-mite immunotherapy study in asthmatic adults. Allergy. 1997;52(8):853–9.
5. Varney VA, Edwards J, Tabbah K, Brewster H, Mavroleon G, Frew AJ. Clinical efficacy of specific immunotherapy to cat dander: a double-blind placebo-controlled trial. Clin Exp Allergy. 1997;27(8):860–7.
6. Moote W, Kim H, Ellis AK. Allergen-specific immunotherapy. Allergy Asthma Clin Immunol. 2018;14(Suppl 2):53. Published 2018 Sep 12.
7. Canadian Society of Allergy and Clinical Immunology. Immunotherapy Manual. 2016. http://csaci.ca/wp-content/uploads/2017/12/IT-Manual-2016-5-July-2017-rev.pdf. Accessed 12 July 2018.
8. Cox L, Nelson H, Lockey R, Calabria C, Chacko T, Finegold I, Nelson M, Weber R, Bernstein DI, Blessing-Moore J, Khan DA, Lang DM, Nicklas RA, Oppenheimer J, Portnoy JM, Randolph C, Schuller DE, Spector SL, Tilles S, Wallace D. Allergen immunotherapy: a practice parameter third update. J Allergy Clin Immunol. 2011;127(1 Suppl):1–55.

9. Cox L. Standardized allergen extracts: past, present and future. Expert Rev Clin Immunol. 2005;1(4):579–88.

10. Larenas-Linnemann D, Esch R, Plunkett G, et al. Maintenance dosing for sublingual immunotherapy by prominent European allergen manufacturers expressed in bioequivalent allergy units. Ann Allergy Asthma Immunol. 2011;107(5):448–58.e3.

11. Casset A, Mari A, Purohit A, et al. Varying allergen composition and content affects the in vivo allergenic activity of commercial Dermatophagoides pteronyssinus extracts. Int Arch Allergy Immunol. 2012;159(3):253–62.

12. Chapman MD, Aalberse RC, Brown MJ, Platts-Mills TA. Monoclonal antibodies to the major feline allergen Fel d I. II. Single step affinity purification of Fel d I, N-terminal sequence analysis, and development of a sensitive two-site immunoassay to assess Fel d I exposure. J Immunol. 1988;140(3):812–8.

13. Moreno Benítez F, Espinazo Romeu M, Leetrán Camacho A, Mas S, García-Cózar FJ, Tabar AI. Variation in allergen content in sublingual allergen immunotherapy with house dust mites. Allergy. 2015;70(11):1413–20.

14. Nolte H, Plunkett G, Grosch K, Larsen JN, Lund K, Bollen M. Major allergen content consistency of SQ house dust mite sublingual immunotherapy tablets and relevance across geographic regions. Ann Allergy Asthma Immunol. 2016;117(3):298–303.

15. Jung S, Estrella N, Pfaffl MW, Hartmann S, Handelshauser E, Menzel A. Grass pollen production and group V allergen content of agriculturally relevant species and cultivars. PLoS ONE. 2018;13(3):e0193958.

16. Roulston AH, Cane JH, Buchmann SL. What governs protein content of pollen: pollinator preferences, pollen-pistil interactions, or phylogeny? Ecol Monogr. 2000;70(4):617–43.

17. Schappi GF, Sunphioglu C, Taylor PE. Concentrations of the birch tree allergen Bet v 1 in pollen and respirable fine particles in the atmosphere. J Allergy Clin Immunol. 1997;100(5):656–61.

18. Lent AM, Harbeck R, Strand M, et al. Immunologic response to administration of standardized dog allergen extract at differing doses. J Allergy Clin Immunol. 2006;118:1249e1256.

19. Calderon MA, Waserman S, Bernstein DI, et al. Clinical Practice of Allergen Immunotherapy for Allergic Rhinoconjunctivitis and Asthma: An Expert Panel Report [published online ahead of print, 2020 May 16]. J Allergy Clin Immunol Pract. 2020;S2213-2198(20)30479-7.

20. Dhami S, Nurmatov U, Arasi S, et al. Allergen immunotherapy for allergic rhinoconjunctivitis: A systematic review and meta-analysis. Allergy. 2017;72(11):1597–631.

21. Balda BR, Wolf H, Baumgarten C, Klimk L, Rasp G, Kunkel G, Müller S, Mann W, Hauswald B, Heppt W, Przybilla B. Tree-pollen allergy is efficiently treated by short-term immunotherapy (STI) with seven
preseasonal injections of molecular standardized allergens. Allergy. 1998;53(8):740–8.
22. Horst M, Hejjaoui A, Horst V, Michel FB, Bousquet J. Double-blind, placebo-controlled rush immunotherapy with a standardized Alternaria extract. J Allergy Clin Immunol. 1990;85(2):460–72.
23. Cortellini G, Spadolini I, Patella V, et al. Sublingual immunotherapy for Alternaria-induced allergic rhinitis: a randomized placebo-controlled trial. Ann Allergy Asthma Immunol. 2010;105(5):382–6.
24. Pozzan M, Milani M. Efficacy of sublingual specific immunotherapy in patients with respiratory allergy to Alternaria alternata: a randomised, assessor-blinded, patient-reported outcome, controlled 3-year trial. Curr Med Res Opin. 2010;26(12):2801–6.
25. Tabar AI, Lizaso MT, García BE, Gómez B, Echechipía S, Aldunate MT, Madariaga B, Martínez A. Double-blind, placebo-controlled study of Alternaria alternata immunotherapy: clinical efficacy and safety. Pediat Allerg Imm. 2008;19(1):67–75.

Tables

Table 1A

| BIRCH      | Corresponding PNU/mL |
|------------|----------------------|
|            | HollisterStier (n = 13) | Stallergenes Greer (n = 5) |
|            | Wt/volume (1:100) | Wt/volume (1:200) | Wt/volume (1:100) | Wt/volume (1:200) |
| Lowest Value | 2900.00 | 1450.00 | 4500.00 | 2250.00 |
| Highest Value | 4400.00 | 2200.00 | 5700.00 | 2850.00 |
| Mean        | 3569.23 | 1784.62 | 5100.00 | 2550.00 |
| St. Deviation | 519.44 | 259.72 | 477.49 | 238.75 |

Table 1B

| BIRCH      | Corresponding Diluent (mL) |
|------------|----------------------------|
|            | HollisterStier (n = 13) | Stallergenes Greer (n = 5) |
|            | PNU (1000) | PNU (2000) | PNU (3000) | PNU (4000) | PNU (5000) | PNU (1000) | PNU (2000) | PNU (3000) | PNU (4000) | PNU (5000) |
| Lowest Value | 290.00 | 145.00 | 96.67 | 72.50 | 58.00 | 450.00 | 225.00 | 150.00 | 112.50 | 90.00 |
| Highest Value | 440.00 | 220.00 | 146.67 | 110.00 | 88.00 | 570.00 | 285.00 | 190.00 | 142.50 | 114.00 |
| Mean        | 356.92 | 178.46 | 118.97 | 89.23 | 71.38 | 510.00 | 255.00 | 170.00 | 127.50 | 102.00 |
| St. Deviation | 51.94 | 25.97 | 17.31 | 12.99 | 10.39 | 47.75 | 23.87 | 15.92 | 11.94 | 9.55 |

Birch extract data from HollisterStier and Stallergenes Greer. Corresponding PNU concentrations for a weight per volume of 1:100 and 1:200 are shown Table 1A, while corresponding diluent volumes for PNU values from 1000 to 5000 are shown in Table 1B. These volumes represent the amount of diluent or buffer added to 1g of allergen.
**Table 2A**  
Ragweed extract data from HollisterStier and Stallergenes Greer. Corresponding PNU concentrations for a weight per volume of 1:100 and 1:200 are shown Table 2A, while corresponding diluent volumes for PNU values from 1000 to 5000 are shown in Table 2B. These volumes represent the amount of diluent or buffer added to 1g of allergen.

| Wt/volume (1:100) | Wt/volume (1:200) |
|--------------------|--------------------|
| Lowest Value       | 1480.00            | 7400.00            |
| Highest Value      | 2350.00            | 11750.00           |
| Mean               | 17443.75           | 8721.88            |
| St. Deviation      | 2593.98            | 1296.99            |

Table 2B

| Wt/volume (1:100) | Wt/volume (1:200) |
|--------------------|--------------------|
| Lowest Value       | 1500.00            | 7500.00            |
| Highest Value      | 1800.00            | 9000.00            |
| Mean               | 16360.00           | 8180.00            |
| St. Deviation      | 1209.30            | 604.65             |

Ragweed extract data from HollisterStier and Stallergenes Greer. Corresponding PNU concentrations for a weight per volume of 1:100 and 1:200 are shown Table 2A, while corresponding diluent volumes for PNU values from 1000 to 5000 are shown in Table 2B. These volumes represent the amount of diluent or buffer added to 1g of allergen.

**Table 3A**

| Wt/volume (1:100) | Wt/volume (1:200) |
|--------------------|--------------------|
| Lowest Value       | 50.00              | 25.00              |
| Highest Value      | 300.00             | 150.00             |
| Mean               | 208.33             | 104.17             |
| St. Deviation      | 73.12              | 36.56              |

**Table 3B**

| Wt/volume (1:100) | Wt/volume (1:200) |
|--------------------|--------------------|
| Lowest Value       | 2400.00            | 1200.00            |
| Highest Value      | 3700.00            | 1850.00            |
| Mean               | 3260.00            | 1630.00            |
| St. Deviation      | 449.89             | 224.94             |
Dog extract data from HollisterStier and Stallergenes Greer. Corresponding PNU concentrations for a weight per volume of 1:100 and 1:200 are shown Table 3A, while corresponding diluent volumes for PNU values from 1000 to 5000 are shown in Table 3B. These volumes represent the amount of diluent or buffer added to 1g of allergen.

Table 4A

| ALT | Corresponding PNU/mL | HollisterStier (n = 27) | Stallergenes Greer (n = 5) |
|-----|-----------------------|-------------------------|---------------------------|
|     |                       | Wt/volume (1:100) | Wt/volume (1:200) |
|     | Lowest Value          | 900.00 | 450.00 | 11400.00 | 5700.00 |
|     | Highest Value         | 4100.00 | 2050.00 | 15800.00 | 7900.00 |
|     | Mean                  | 1974.07 | 987.04 | 13480.00 | 6740.00 |
|     | St. Deviation         | 662.68 | 331.34 | 1562.56 | 781.28 |

Table 4B

| ALT | Corresponding Diluent (mL) | HollisterStier (n = 27) | Stallergenes Greer (n = 5) |
|-----|----------------------------|-------------------------|---------------------------|
|     | PNU (1000) | PNU (2000) | PNU (3000) | PNU (4000) | PNU (5000) | PNU (1000) | PNU (2000) | PNU (3000) | PNU (4000) | PNU (5000) |
|     | Lowest Value | 90.00 | 45.00 | 30.00 | 22.50 | 18.00 | 1140.00 | 570.00 | 380.00 | 285.00 | 228.00 |
|     | Highest Value | 410.00 | 205.00 | 136.67 | 102.50 | 82.00 | 1580.00 | 790.00 | 526.67 | 395.00 | 316.00 |
|     | Mean | 197.41 | 98.70 | 65.80 | 49.35 | 39.48 | 1348.00 | 674.00 | 449.33 | 337.00 | 269.60 |
|     | St. Deviation | 66.27 | 33.13 | 22.09 | 16.57 | 13.25 | 156.26 | 78.13 | 52.09 | 39.06 | 31.25 |

*ALT stands for Alternaria

Alternaria extract data from HollisterStier and Stallergenes Greer. Corresponding PNU concentrations for a weight per volume of 1:100 and 1:200 are shown Table 4A, while corresponding diluent volumes for PNU values from 1000 to 5000 are shown in Table 4B. These volumes represent the amount of diluent or buffer added to 1g of allergen.

Table 5

| ALT | Recommended PNU/mL | HollisterStier | Stallergenes Greer |
|-----|---------------------|----------------|---------------------|
| Birch | 1500 | 2300 |
| Ragweed | 5000* | 5000* |
| Dog | 25 | 1200 |
| Alternaria | 500 | 5000* |

Recommended lowest PNU concentrations for birch, ragweed, dog and Alternaria, based on a weight per volume of 1:200 for both HollisterStier and Stallergenes Greer’s extracts. If concentrations were stronger than 5000 PNU/mL for a 1:200 weight per volume, then a maximum PNU concentration of 5000 was recommended, as indicated by an asterisk (*).
### Table 6

|          | HollisterStier | Stallergenes Greer |
|----------|----------------|--------------------|
| **Birch**| 1:150          | 1:200              |
| **Ragweed** | 1:800         | 1:600              |
| **Dog**   | 1:100\*        | 1:100              |
| **Alternaria** | 1:150          | 1:500              |

Recommended lowest weight per volume concentrations for birch, ragweed, dog and Alternaria, based on a PNU concentration of 3000 for both HollisterStier and Stallergenes Greer’s extracts. If concentrations were stronger than 1:100 weight per volume for a 3000 PNU/mL, then maximum weight per volume of 1:100 was recommended, as indicated by asterixis (*).