Group development and group maturity when building agile teams: A qualitative and quantitative investigation at eight large companies

Lucas Gren, Richard Torkar, Robert Feldt

PII: S0164-1212(16)30226-6
DOI: 10.1016/j.jss.2016.11.024
Reference: JSS 9876

To appear in: The Journal of Systems & Software

Received date: 15 January 2016
Revised date: 9 October 2016
Accepted date: 12 November 2016

Please cite this article as: Lucas Gren, Richard Torkar, Robert Feldt, Group development and group maturity when building agile teams: A qualitative and quantitative investigation at eight large companies, The Journal of Systems & Software (2016), doi: 10.1016/j.jss.2016.11.024

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Highlights

- Overlap between what is meant by an agile team and a mature group in psychology.
- Group developmental issues are dealt with in practice in agile groups.
- Quantitative survey data support the connections.
- Focusing on group development is a key success factor when building agile teams.
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