**In-vivo** Anti-inflammatory Activity of *Hydrocotyle umbellata* L. aerial parts and Isolation of the Main Phytochemicals

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**Abstract**

*Hydrocotyle umbellata* L. (Family Araliaceae) popularly known as Acaricoba, is indicated in folk medicine for treatment of several inflammatory disorders. The goal of the present study is to evaluate the anti-inflammatory activity of the defatted ethanolic extract (DEE) of the aerial parts using carrageenan-induced rat paw oedema method. The levels of the pro-inflammatory cytokine interleukin-6 (IL-6) and the inflammatory mediator prostaglandin E2 (PGE2) were assessed using ELISA. The DEE at dose level 100 mg/kg showed significant decrease in oedema volume after 2 and 3 h, equivalent to 70.75% and 95.92% of the activity of the standard anti-inflammatory indomethacin, respectively. DEE significantly decreased the concentrations of the excessively produced IL-6 and PGE2 (24 ± 2.1 and 2374 ± 87 pg/mL compared to 16 ± 2 and 2419 ± 95 pg/mL induced by indomethacin). Chemical investigation was carried out to isolate and identify the bioactive compounds that might be responsible for this activity. The total phenolic (79.28 ± 0.1 mg) and total flavonoid (57.99 ± 0.1 mg) contents of the DEE were quantified spectrophotometrically and expressed as gallic acid and rutin equivalents/g dry weight, respectively. The DEE was subjected to further fractionation using solvents of increasing polarities. Purification of the ethyl acetate fraction using different chromatographic techniques led to the isolation of five compounds, which were identified through 1D and 2D and UV/Vis spectral data. The five compounds were: quercetin, avicularin, quercitrin, hyperoside, and neochlorogenic acid. Several biological studies confirmed the important role of caffeoyl quinic acid and quercetin derivatives as anti-inflammatory bioactive compounds.

**Keywords:** *Hydrocotyle umbellata* L.; Anti-inflammatory; IL-6, PGE2; Quercetin; Neochlorogenic acid.

**Introduction**

Non-steroidal anti-inflammatory drugs (NSAIDS) are commonly used for treatment of pain and many inflammatory disorders (1). Because of the side effects they produce, like ulcer and renal disorder, many people rely on the use of herbal medicine as a source of bioactive metabolites with less side effect (2, 3).

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Genus *Hydrocotyle* is a genus of creeping perennial herbs of wet places, belongs to the Araliaceae family, distributed throughout the tropical and subtropical regions (4). Lin et al., reported the use of *Hydrocotyle* species in Taiwan folk medicine in treatment of many inflammatory diseases, dysentery, zoster, and menstrual pain (5). The main secondary metabolites detected in most *Hydrocotyle* species were flavonoid glycosides and triterpenoids, to which several biological activities of *Hydrocotyle* species could be
attributed (6-10).

Hydrocotyle umbellata L. is a creeper herbaceous plant, widely distributed in the Americas (11), characterized by long cylindrical petiole attached to the center of peltate-shaped leaves. The flowers are small, white-coloured, and clustered on long peduncle that exceeds the length of the leaf petiole (12, 13). It has a great interest in folk medicine because of its anti-inflammatory, anxiolytic, and memory stimulant activities (5, 14). Florentino et al., and Rocha et al., reported the analgesic, anti-inflammatory and anxiolytic activities of the ethanolic extract of H. umbellata L. underground parts (11, 15). Due to the interesting medicinal value of H. umbellata L. and lack of reports concerning the biological and chemical investigation of H. umbellata L. aerial parts, this study was designed to evaluate the anti-inflammatory activity of the DEE of H. umbellata L. aerial parts, followed by further chemical analysis to isolate and characterize its major phytoconstituents that might be correlated to its biological activity.

Experimental

Plant material

The Samples of H. umbellata L. aerial parts (leaves and flowers) were collected in May 2014 from El-Orman Botanical Garden, Giza, Egypt and were cultivated in Experimental Station for Aromatic and Medicinal plants, Faculty of Pharmacy, Cairo University, Giza, Egypt. The plant identity was authenticated by Eng. Threase Labib, consultant in Orman Garden and National Gene Bank, Ministry of Agriculture and confirmed by Dr. Mohammed El-Gebaly, senior taxonomist at National Research Center. A voucher specimen (No. 17-8-2016) was kept at the Herbarium of Pharmacognosy Department, Faculty of Pharmacy, Cairo University.

Preparation of DEE and different extractives

The air-dried powdered aerial parts (2.3 kg) were defatted using n-hexane, then extracted with 70% ethanol till exhaustion. The combined ethanolic extracts were evaporated under reduced pressure to dryness yielding 164.2 g dry residue of DEE (7.1%). An aliquot of this dry residue (110 g) was suspended in water (400 mL) and successively partitioned with methylene chloride, ethyl acetate, and n-butanol saturated with water. Each fraction was evaporated under reduced pressure to dryness yielding 4.4 (4%), 11 (10%) and 18.7 (17%) g of each fraction, respectively. The fractions were kept in tightly closed glass containers and kept in a desiccator for phytochemical and bioactivity studies.

Chemicals for anti-inflammatory activity, total phenolics and total flavonoids

Inflammatory-grade carrageenan was purchased from FMC (Rockland, ME). Indomethacin was purchased from Sigma-Aldrich (Taufkirchen, Germany). IL-6 was purchased from (Boster Biological Technology Co., Inc., Valley Ave Pleasanton, CA). PGE$_2$ was purchased from (Research and Development Systems, MN, USA). Folin-Ciocalteu obtained from Loba-Chemie (Mumbai, India). All other chemicals and standards were purchased from Sigma–Aldrich (St Louis, MO, USA).

Experimental animals

Adult male Wistar rats obtained from the animal house colony, National Research Center, Giza, Egypt, weighing (150-200 g) were used for determination of LD$_{50}$ and anti-inflammatory study. They were housed at a temperature 23 ± 2 ºC and 55 ± 5% humidity with 12 h light/dark cycle, with free access to standard food pellets composed of vitamins mixture (1%), minerals mixture (4%), corn oil (10%), sucrose (20%), cellulose (0.2%), casein (10.5%), and starch (54.3%). Water was supplied ad libitum. The experimental protocol followed the Institutional Animal Ethical Committee of the National Research Centre.

Median lethal dose LD$_{50}$

LD$_{50}$ of the DEE of H. umbellata L. aerial parts was performed as per OECD-425 guidelines (16). Five Wistar albino rats of uniform weight were selected. One animal was fasted overnight with free access to drinking water. They were given 2000 mg/kg of the test extract (DEE) and observed for 24 h for mortality. The animal survived and then four additional animals were tested sequentially, so
that a total of five animals were tested. All the animals were observed closely for 24 h and daily for 14 days, no mortality was observed.

**In-vivo anti-inflammatory activity using carrageenan-induced rat paw oedema**

It was carried out according to the carrageenan-induced rat paw oedema method (17). Four groups of adult male albino Wistar rats were used (1-4), each of 6 animals. Groups 1 and 2 received the vehicle (5% carboxymethylcellulose). Animals of group 3 were given indomethacin orally in a dose of 10 mg/kg b.wt. as a standard anti-inflammatory drug, and the remaining group was orally received the DEE in a concentration of 100 mg/kg b.wt. One hour later, group 1 received 0.05 mL of saline, whereas groups 2–4 received 0.05 mL of carrageenan (1% solution in saline) subcutaneously on the plantar surface of the right hind paw. The rats were sacrificed 3 hr after the induction of inflammation. The right hind paw volume was measured immediately after carrageenan injection by water displacement using a plethysmometer (model 7140, Ugo Basile, Comerio, Italy). The paw volume was re-measured 1, 2, and 3 h after injection of carrageenan (18).

The mean response for increase in the paw oedema after acute inflammation was calculated:

\[
\text{Oedema}\% = \frac{\text{Weight of the right paw} - \text{Weight of the left paw}}{\text{Weight of the left paw}} \times 100
\]

Furthermore, the percentage of inhibition in the mean of the treated group in comparison with the control non-treated group was estimated and calculated according to the following equation:

\[
\text{Inhibition}\% = \frac{\text{Paw edema of control} - \text{Paw edema of treated}}{\text{Paw edema of control}} \times 100
\]

**Measurement of IL-6 and PGE\(_2\) levels in the rat paw**

Right hind paws were removed. A volume of 0.1 mL of saline containing 10µM indomethacin was injected to aid removal of the eicosanoid-containing fluid and to stop further production of IL-6 and PGE\(_2\). Paws were incised with a scalpel and suspended off the bottom of polypropylene tubes with Eppendorf pipette tips to facilitate drainage of the inflammatory exudates. For the purpose of the removal of the inflammatory exudates, the paws were centrifuged at 4000 rpm for 15 min at 4 °C and the supernatants were separated and assayed. IL-6 and PGE\(_2\) were quantified in the collected exudates using enzyme-linked immunosorbent assay kits. Both assays are based on the sandwich technique, in which specific antibodies to IL-6 or PGE\(_2\) were pre-coated on to 96-well plate. The specific detection antibodies were biotinylated. The test samples and biotinylated detection antibodies were added sequentially followed
by washing. Avidin-biotin-Peroxidase complex was added and unbound conjugates were washed. A substrate solution is added to the wells to determine the bound enzyme activity. The colour development is stopped, and the absorbance is read at 450 nm using an ELISA microplate reader (ChroMate-4300, Palm City, FL). The quantifications of IL-6 and PGE\(_2\) were done according to the instructions of ELISA kits.

### Statistical analysis

The data were expressed as the means ± SEM. The differences between groups were tested by one-way analyses of variance followed by the Tukey post hoc test. All statistical analyses were performed using Graph Pad Instat software version 3 (ISI software, Marinadel Rey, CA). The probability of \( p < 0.05 \) was considered statistically significant.

| Group | Dose | Paw volume (mL) | Oedema inhibition (%) |
|-------|------|----------------|-----------------------|
| Control | - | 0.4 ± 0.01 | - |
| Carrageenan | - | 0.64 ± 0.03 | 23.4 |
| Indomethacin 10 (mg/kg) | 0.49 ± 0.01 | 0.41 ± 0.01 | 36.9 |
| DEE 100 (mg/kg) | 0.56 ± 0.02 | 0.48 ± 0.03 | 36.9 |

*Statistically significant from the control group at \( p > 0.05 \). Statistical analysis was carried out using repeated one-way ANOVA test followed by Tukey test for multiple comparisons.
Table 2. Effect of oral administration of the DEE of Hydrocotyle umbellata L. aerial parts on the level of IL-6 in carrageenan-induced rat paw oedema model.

| Group            | IL-6 conc. (pg/mL) (mean ± SEM) |
|------------------|----------------------------------|
| Control          | 5.6 ± 0.51                       |
| Carrageenan      | 48 ± 1.5                         |
| Indomethacin (10 mg/kg) | 16 ± 2             |
| DEE (100 mg/kg)  | 24 ± 2.1                         |

*statistically significant from the control group at p > 0.05.

Table 3. Effect of oral administration of the DEE of Hydrocotyle umbellata L. aerial parts on the level of PGE$_2$ in carrageenan-induced rat paw oedema model.

| Group            | PGE-2 conc. (pg/mL) (mean ± SEM) |
|------------------|----------------------------------|
| Control          | 1183 ± 128                       |
| Carrageenan      | 3141 ± 106                       |
| Indomethacin (10 mg/kg) | 2419 ± 95   |
| DEE (100 mg/kg)  | 2374 ± 87                        |

*statistically significant from the control group at p > 0.05.

Chemicals for phytochemical investigation

Authentic reference samples used in co-chromatography were purchased from Sigma Chemical Co. (St. Louis, MO, USA). Silica gel H 60 for vacuum liquid chromatography (VLC) was purchased from E-Merck (Darmstadt, Germany). Silica gel 60 and silica gel RP-18 for column chromatography were obtained from Fluka, Sigma-Aldrich Chemicals, Germany. Sephadex LH-20 was purchased from Pharmacia Fine Chemicals AB (Uppsalta, Sweden). Precoated TLC plates and silica gel 60 F 254 was obtained from Fluka, Sigma-Aldrich Chemicals, Germany. The chromatograms were visualized under UV light (at 254 and 366 nm) before and after exposure to ammonia vapor, as well as spraying with p-anisaldehyde/sulfuric acid (21) and/or natural products/polyethylene glycol (NP/PEG) spray reagents (22). Shift reagents for UV spectroscopy according to the published procedures (23) and the chemicals used were obtained from E-Merck, Darmstadt, Germany.

Apparatus and equipment for phytochemical investigation

Schimadzu double beam spectrophotometer (UV-1650, Japan) was utilized for determination of UV shifts of flavonoids. NMR spectra were recorded at 400 (1H) and 100 MHz (13C) on a Bruker NMR-spectrometer, Japan. The NMR spectra were recorded in deuterated CD$_3$OD and DMSO using TMS as an internal standard.

Phytochemical investigation of the ethyl acetate fraction

The ethyl acetate fraction (10 g) was chromatographed on a vacuum liquid column (VLC) (12.5 × 7 cm), packed with 190 g silica gel H 60. Gradient elution was performed starting with methylene chloride and gradually increasing the polarity with ethylacetate by 10% increments till 100% ethyl acetate followed by increasing the polarity with methanol in 5% increments till 100% pure methanol. The fractions were collected (300 mL each) and monitored by TLC and the similar ones were pooled yielding five fractions designated as fractions I-V. Fraction I (eluted with 40-70% EtOAc in CH$_3$Cl$_2$) was purified on sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 100 mg of yellow microcrystals (C$_1$). Fraction II (eluted with 5% methanol in EtOAc) was chromatographed on sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 50 mg of a yellow microcrystals (C$_2$). Fraction III (eluted with 10-15% methanol in EtOAc) was chromatographed on a sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 40 mg of yellow microcrystals (C$_3$). Fraction IV (eluted with 20-25% methanol in EtOAc) was rechromatographed on a VLC silica gel RP-C18 column (2 × 20 cm) using
methanol: water for elution with gradual 5% increments of methanol. Subfractions eluted with 15-20% methanol in water were pooled and rechromatographed on a sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 70 mg of a yellow microcrystals (C). Fraction V 5% increments of methanol. Subfractions eluted with 15-20% methanol in water were pooled and rechromatographed on a sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 70 mg of a yellow microcrystals (C). Fraction V 5% increments of methanol. Subfractions eluted with 15-20% methanol in water were pooled and rechromatographed on a sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 70 mg of a yellow microcrystals (C). Fraction V 5% increments of methanol. Subfractions eluted with 15-20% methanol in water were pooled and rechromatographed on a sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 70 mg of a yellow microcrystals (C). Fraction V

Table 4. UV-shifts of isolated flavonoids and phenolic acid.

|                     | MeOH | Na Methoxide | AlCl₃ | AlCl₃/HCl | Na Acetate | Na Acetate/Boric acid |
|---------------------|------|--------------|-------|-----------|------------|-----------------------|
| C₁ quercetin        | 255  | 247sh, 330, 406 | 271, 305sh,333, 458 | 267,301sh, 329sh, 429 | 268, 329sh, 390 | 261, 303sh, 387 |
| C₃ avicularin        | 256  | 271, 325sh, 406 | 273, 307sh, 335sh, 434 | 269, 303sh, 362sh, 401 | 274, 323sh, 390 | 262, 301sh, 376 |
| C₂ quercitrin       | 255  | 271, 327sh, 400 | 276, 304sh, 322, 429 | 272, 303sh, 356, 400 | 271, 329sh, 377 | 260, 292sh, 368 |
| C₄ hyperoside       | 257  | 272, 327sh, 410 | 275, 305sh, 335sh, 437 | 268, 300sh, 360, 405 | 274, 324sh, 390 | 262, 297sh, 376 |
| C₅ neochlorogenic acid | 290, 326 | No change |
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Yielding one subfraction which was further purified on another sephadex LH-20 column using methanol: water (50:50) v/v for elution to yield 60 mg of a white amorphous powder (C5).

Results and Discussion

In-vivo anti-inflammatory activity

The inflammation induced by carrageenan is acute, non-immune and highly reproducible.

NMR of the isolated flavonoids

Table 5. 1H-NMR of the isolated flavonoids.

| Position | C₁ (400 MHz, CD₃OD) | C₂ (400 MHz, DMSO) | C₃ (400 MHz, DMSO) | C₄ (400 MHz, CD₃OD) |
|----------|---------------------|---------------------|---------------------|---------------------|
| 6        | 6.08 (1H, d, J₆,₅ = 2 Hz) | 6.12 (1H, br.s) | 6.21 (1H, d, J₆,₅ = 1.96 Hz) | 6.09 (1H, br.s) |
| 8        | 6.29 (1H, d, J₆,₅ = 2 Hz) | 6.34 (1H, br.s) | 6.39 (1H, d, J₆,₅ = 1.96 Hz) | 6.29 (1H, br.s) |
| 2'       | 7.63 (1H, d, J₂,₅ = 2 Hz) | 7.52 (1H, d, J₂,₅ = 2.1 Hz) | 7.31 (1H, d, J₂,₅ = 2 Hz) | 7.74 (1H, br.s) |
| 5'       | 6.78 (1H, d, J₅,₆ = 8.5 Hz) | 6.82 (1H, d, J₅,₆ = 8.4 Hz) | 6.86 (1H, d, J₅,₆ = 8.3 Hz) | 6.76 (1H, d, J₅,₆ = 8.48 Hz) |
| 6'       | 7.53 (1H, dd, J₂,₅ = 2, J₅,₆ = 8.5 Hz) | 7.49 (1H, dd, J₂,₅ = 2, J₅,₆ = 8.2 Hz) | 7.27 (1H, dd, J₂,₅ = 2, J₅,₆ = 8.3 Hz, H-6') | 7.48 (1H, dd, J₂,₅ = 2, J₅,₆ = 8 Hz) |
| Sugar protons | 5.57 (1H, br.s, H-1'), 3.28 - 4.17 | 5.26 (1H, br.s, H-1'), 0.82 (1H, d, J = 5.92 Hz, H-6'), 3.1 - 4.2 | 5.05 (1H, d, J = 7.8 Hz, H-1'), 3.36 - 3.75 |
The signs of inflammation including oedema, hyperalgesia and erythema develop immediately after subcutaneous injection of carrageenan due to the action of pro-inflammatory agents (24). Carrageenan stimulates the release of the pro-inflammatory cytokine interleukin 6 (IL-6) (18) and the inflammatory mediator prostaglandin E2, both IL-6 and PGE₂ involved in initiation and amplification of the inflammation (18, 25). Therefore, inhibition of IL-6 and PGE₂ production may serve to prevent or suppress a variety of inflammatory diseases such as hepatitis, cystitis, and rheumatoid arthritis (26).

The inflammatory response is usually quantified by increase in paw size (oedema) that reaches its maximal level within 3 h (18). The intraplantar injection of carrageenan into adult male rats resulted in a severe inflammation and significant increase in the mean volume of the right hind paw compared to that of the untreated paws after 2 and 3 h of injection (Table 1). Pretreatment with DEE at a dose level 100 mg/kg showed a highly significant anti-inflammatory activity after 2 h and 3 h (70.73%) and (95.92%), respectively, with maximum activity after 3 h compared to standard anti-inflammatory indomethacin (Table 1). Injection of carrageenan into the rat hind paw induced a significant increase in the hind paw IL-6 and PGE₂ concentrations, 3 h after injection, reaching 757% and 165% of control group, respectively. Pretreatment with DEE at a dose level 100 mg/kg caused a significant reduction in the high concentration of IL-6and PGE₂ by 50% (about 75% of the activity of indomethacin) and 24.4% (slightly potent than indomethacin), (Tables 2 and 3, respectively).

### Table 6. ¹H-NMR of the isolated phenolic acid (C₅)

| Position | (400 MHz, CD₃OD)   |
|----------|--------------------|
|          | neochlorogenic acid|
| 3        | 5.28               |
| 4        | 3.58 (br.s)        |
| 5        | 3.62 (J = 7.08 Hz) |
| 2'       | 6.9 (br.s)         |
| 5'       | 6.6 (d, J = 8 Hz)  |
| 6'       | 6.8 (d, J = 8 Hz)  |
| 7'       | δ 7.4 (d, J = 15.8 Hz) |
| 8'       | 6.1 (d, J = 18.9 Hz) |
| 2ax, eq  | 2.08 (2H, m)       |
| 6ax      | 1.73 (J = 12.9 Hz) |
| 6eq      | 1.90 (J = 13.8, 10.8 Hz) |

Available reports claimed that secondary metabolites of phenolic nature including flavonoids are responsible for several biological activities including anti-inflammatory activity, so it was a matter of interest to estimate the total phenolics and total flavonoids contents in addition to isolation and characterization of the major phenolic compounds accumulated in *H. umbellata* L. aerial parts (27, 28, 29, 30, and 31).

The total phenolic and total flavonoid contents were 79.282 ± 0.1 mg GAE/g and 57.999 ± 0.1 mg rutin equivalent/g dry weights, respectively.

Chemical investigation of the ethyl acetate fraction resulted in isolation of four flavonoids and one phenolic acid designated as 1-5. The structures of the isolated compounds are shown in Figure 1 and their spectral data are recorded in Tables 4-7.

| Compound | C₁ | C₂ | C₃ | C₄ | C₅ |
|----------|----|----|----|----|----|
|          |    |    |    |    |    |
| 1H-NMR   |    |    |    |    |    |

Compound C₁ was identified as quercetin through its ¹H-NMR spectrum signals, which is characteristic for quercetin nucleus and by co-chromatography with authentic sample. Compounds 2, 3, and 4 were identified as quercetin-3-O-monosaccharides. The structure of each compound was elucidated from its respective ¹H and ¹³C-NMR spectral data. The upfield shift of their C-3 resonances in addition to their UV spectral pattern in methanol and after addition of different UV shift reagents confirmed the attachment of the sugar to C-3. Using co-chromatography with authentic samples and upon a comparison of the spectral
data with the available literature compounds 3, 4, and 5 were identified as quercetin-3-O-α-arabinofuranoside (Avicularin), quercetin-3-O-α-rhamnopyranoside (Quercitrin) and quercetin-3-O-β-galactopyranoside (hyperoside), respectively (32-34). Compound C_5 exhibited a sky blue colour in UV, which turns to greenish yellow colour on exposure to ammonia vapour and spraying with AlCl₃. The UV spectral data of compound C_5 in methanol indicated that it could be a hydroxycinnamic acid derivative (35). 1H-NMR spectrum of compound C_5 showed the characteristic signals for caffeic acid. Also, the protons of a quinic acid moiety could be observed with a doublet at δ 1.73 (J = 12.9 Hz) assigned to H-6 ax, a doublet of doublet at δ 1.90 ppm (J = 13.8, 10.8 Hz) assigned to H-6 eq and a multiplet at 2.08 ppm integrated as two protons assigned to H-2 ax and H-2 eq, respectively. A broad singlet at δ 3.58 and a doublet at δ 3.62 (J = 7.08 Hz) were assigned to H-4 and H-5, respectively. The acylation of quinic acid by caffeic acid at the OH on C-3 was confirmed by the downfield shift of H-3 which appeared at δ 5.28 ppm (36). The assignment of quinic acid moiety protons was determined using 1H-1H COSY.

On the basis of the previous discussion and published data and by direct comparison with an authentic, compound C_5 was identified as neochlorogenic acid (3-O-Caffeylquinic acid) (37, 38).

**Conclusion**

The DEE of _H. umbellata_ L. aerial parts at a dose level 100 mg/kg showed significant anti-inflammatory activity using...
carrageenan-induced rat paw oedema model with significant reduction in IL-6 and PGE-2 high concentrations induced by carrageenan. Four flavonoids of quercetin nucleus and neochlorogenic acid were successfully isolated and identified from the ethyl acetate fraction of *H. umbellata* L. aerial parts. The isolated flavonoids and neochlorogenic acid were previously reported to exhibit anti-inflammatory activity (39, 40, 41, 42, 43 and 44). To the best of our knowledge, this is the first time of avicularin to be isolated from genus *Hydrocotyle*, while quercitrin and neochlorogenic acid are isolated for the first time from *H. umbellata* L.

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