# Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| **TITLE**     |         |                                                                      |                                     |                              |
| Title         | 1       | Identify the report as a Narrative Review of …                      | Page 1/Line 3-4                     | Title Page/First Section     |
| **ABSTRACT**  |         |                                                                      |                                     |                              |
| Unstructured summary | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 1-2/Lines 32-52 | Abstract/All paragraphs |
| **INTRODUCTION** |         |                                                                      |                                     |                              |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | Page 2-3/Lines 58-86 | Introduction/Paragraph 1     |
| Objectives    | 4       | Specify the key question(s) identified for the review topic.        | Page 3/Lines 87-93                  | Introduction/Paragraph 3     |
| **METHODS**   |         |                                                                      |                                     |                              |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 3/Lines 95-100 | Methods/Single Paragraph |
| **DISCUSSION/SUMMARY** |         |                                                                      |                                     |                              |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 3/Line 102 until Page 12/Line 382 | Discussion/All Paragraphs |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 12/Line 384-395 | Conclusion/Single Paragraph |

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*