Multiwavelength Evidence for a New Flare-mode Transitional Millisecond Pulsar

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Abstract

We report the discovery of a new low-mass X-ray binary near the center of the unassociated Fermi GeV γ-ray source 4FGL J0540.0–7552. The source shows the persistent presence of an optical accretion disk and exhibits extreme X-ray and optical variability. It also has an X-ray spectrum well-fit by a hard power law with Γ = 1.8 and a high ratio of X-ray to γ-ray flux. Together, these properties are consistent with the classification of the binary as a transitional millisecond pulsar (tMSP) in the subluminous disk state. Uniquely among the candidate tMSPs, 4FGL J0540.0–7552 shows consistent optical, X-ray, and γ-ray evidence for having undergone a state change, becoming substantially brighter in the optical and fainter in GeV γ-rays sometime in mid-2013. In its current subluminous disk state, and like one other candidate tMSP in the Galactic field, 4FGL J0540.0–7552 appears to always be in an X-ray “flare mode,” indicating that this could be common phenomenology for tMSPs.

Unified Astronomy Thesaurus concepts: Millisecond pulsars (1062)

Supporting material: data behind figure, machine-readable table

1. Introduction

Millisecond pulsars (MSPs) form when a neutron star in a low- or intermediate-mass X-ray binary accretes matter from its companion star, spinning up to a fast rotation rate (Alpar et al. 1982; Bhattacharya & van den Heuvel 1991). Most MSPs in the Galactic field are fully recycled, with accretion ceased permanently, and have low-mass helium white dwarf companion stars (Tauris & Savonije 1999).

An unexpected finding from the all-sky GeV γ-ray survey of the Fermi Large Area Telescope (LAT) is that MSPs channel a substantial fraction of their spindown energy into γ-rays, making them nearly ubiquitous γ-ray emitters (Abdo et al. 2013). Radio, X-ray, and optical follow-up of Fermi-LAT sources have revealed a large population of short orbital period “spider” MSP binaries with hydrogen-rich, low-mass (redback; ∼0.1–0.5M⊙), or ultra-light (black widow; ∼0.05M⊙) secondaries being ablated by the MSP (Ray et al. 2012; Roberts 2013). These binaries had mostly been hidden from all-sky radio surveys by extensive eclipses, and can be challenging to detect as pulsars even with deep pointed observations.

These discoveries of spider MSPs show that the population of binary MSPs is richer than previously thought. They have also helped to elucidate the relationship between MSPs and X-ray binaries. In particular, three redbacks have been identified as transitional MSPs (tMSPs) that actively switch between an X-ray-faint radio pulsar state (with LX ~ 10¹⁷–10¹⁸ erg s⁻¹ over 0.5–10 keV) and a “subluminous” accretion disk state (with LX ~ 10¹³–10¹⁴ erg s⁻¹) on timescales of days to years (Archibald et al. 2009; Papitto et al. 2013; Bassa et al. 2014; Roy et al. 2015).

In this subluminous disk state (named because typical persistent or outbursting low-mass neutron star X-ray binaries have LX ~ 10³⁶ erg s⁻¹; van Paradijs 1998), the radio pulsar emission is not detected, but rapid X-ray and optical variability is commonly observed (e.g., de Martino et al. 2013; Linares et al. 2014; Bogdanov et al. 2015). This variability is attributed in some manner to the interaction between the neutron star and inner disk (e.g., Papitto & Torres 2015; Campana et al. 2019; Veledina et al. 2019). tMSPs occupy a liminal space between rotation-powered and accretion-powered neutron star binaries, and offer insights into pulsar recycling, accretion physics at low accretion rates, and the formation of compact binaries (see the recent review by Papitto & de Martino 2020).

While MSPs are bright in γ-rays, no normal low-mass X-ray binaries with LX < 10¹⁰ erg s⁻¹ show persistent GeV γ-ray emission. Hence it is notable that both of the confirmed field tMSPs show γ-ray emission in the subluminous disk state (Stappers et al. 2014; Johnson et al. 2015). This has led newly discovered low-mass X-ray binaries with positions compatible with Fermi-LAT GeV γ-ray sources to be consistently characterized as candidate tMSPs. The three sources in this category are 3FGL J1544.6–1125, which shows the X-ray moding unique to tMSPs (Bogdanov & Halpern 2015), 3FGL J0427.9–6704, for which the optical/X-ray and γ-ray association is proven via periodic eclipses (Strader et al. 2016; Kennedy et al. 2020), and the recent discovery 4FGL J0407.7–5702 (Miller et al. 2020). A fourth source, CXOU J110926.4–650224, is a suspected low-mass X-ray binary that shows optical and X-ray variability similar to the tMSPs including X-ray modding (Coti Zelati et al. 2019). This binary was tentatively associated with an 8 yr LAT source that is not present in 4FGL DR2 (Ballet et al. 2020), so it is unclear whether this source has detectable γ-ray emission.

In globular clusters, the identification of candidate tMSPs is less straightforward, since there is often unresolved γ-ray emission from a population of normal MSPs (e.g., Hooper & Linden 2016).
2. Data

2.1. \(\gamma\)-Ray

4FGL J0540.0–7552 is an unassociated source in the 10 yr 4FGL DR2 catalog (Ballet et al. 2020; Abdolrahimi et al. 2020). It is of high significance in this catalog (\(\sim 15\sigma\)) and first appeared as a LAT source in the 2 yr 2FGL catalog (Nolan et al. 2012). In 4FGL DR2, the LAT spectrum has significant curvature: a LogParabola model is preferred over a power law at 3.3\(\sigma\). In both 4FGL and 4FGL DR2, 4FGL J0540.0–7552 is formally classified as a variable source. In this paper we use both the integrated (10 yr) properties of 4FGL J0540.0–7552 as well as the 1 yr binned light curve, all taken from 4FGL DR2.

2.2. X-Ray

2.2.1. Swift and ROSAT

After its appearance in the 2FGL catalog, the region containing 4FGL J0540.0–7552 was imaged with Swift/XRT on three epochs from 2012 January to May, for about 4.5 ks of total exposure time, as part of an ongoing program to image unassociated Fermi sources (Stroh & Falcone 2013). We analyzed these data using the online XRT product tools (Evans et al. 2020), finding two significant sources within the 4FGL DR2 68% error ellipse (and none outside the 68% ellipse but within the 95% ellipse). The brighter of these sources, which we term J0540A, is more distant from the \(\gamma\)-ray center (\(\sim 2\)\(\sigma\)), with about 17 net XRT counts and a 0.3–10 keV count rate of (4.9 \(\pm\) 1.2) \(\times\) 10\(^{-3}\) counts s\(^{-1}\). The fainter X-ray source, which we call J0540B, has about seven net counts and a count rate of (2.0 \(\pm\) 0.8) \(\times\) 10\(^{-3}\) counts s\(^{-1}\). The count rate is too low to meaningfully assess variability between the Swift epochs.

J0540B is somewhat closer to the center of the Fermi error ellipse, separated by \(\sim 1.7\)\(\sigma\). We note that both of these sources are also listed in the second Swift/XRT point source catalog (Evans et al. 2020) with parameters consistent with, but not identical to, these values.

Owing to its location near the south ecliptic pole, this region had relatively deep ROSAT X-ray imaging from 1990 to 1991, totaling 5.1 ks with the Position Sensitive Proportional Counter instrument. We analyzed these data using the Sosta task in XIMAGE, distributed as part of HEASoft version 6.28 (HEASARC 2014). There is no significant X-ray source at the location of J0540B, with a 3\(\sigma\) upper limit to the 0.1–2.4 keV count rate of <3.7 \(\times\) 10\(^{-3}\) counts s\(^{-1}\).
2.3.1. UV/Optical Photometry: OGLE, ASAS-SN, SOAR, XMM

The field containing J0540A and J0540B was observed in the I filter during a subset of operations of the OGLE survey of the Magellanic Clouds (Udalski et al. 2015), though J0540B is relatively faint. We use the photometry for J0540B, retaining all 5σ detections from the time range in which the field was regularly observed (late 2012 to early 2015).

For J0540A, the OGLE data are relatively sparse, so we instead used data from the ASAS-SN survey (Shappee et al. 2014; Kochanek et al. 2017). Focusing just on the more abundant g filter, there are over 4700 clean ASAS-SN detections of the source from 2017 October to 2021 April.

We obtained additional photometry of J0540B with the Goodman Spectrograph (Clemens et al. 2004) on the SOAR telescope on 2021 January 13 and 19. In the first case the photometry covered a nearly uninterrupted interval of 6.3 hr; in the second case the data were taken over 5 hr, but with two gaps that total about 50 min. To maximize the throughput (and hence minimize the per-image exposure time), and in lieu of the availability of a clear filter, all observations were made with a GG395 long-pass filter. The exposure time for each image was 30 s, and the readout and overhead between exposures took a median of 5.6 s.

We performed differential photometry of J0540B with respect to a set of 19 bright nonvariable comparison stars in the field. Given that our filter bandpass is not too dissimilar from Gaia G, we calibrated our photometry to this system. The final number of independent SOAR photometric data points for J0540B is 1010. This photometry is listed in Table 1.

Finally, during our XMM observations on 2021 January 23, we obtained 10 images with the Optical/UV Monitor Telescope (OM) in imaging mode, each with exposure time 3500 or 3800 s. These all used the uvm2 filter, which has an effective wavelength of 2310 Å. We used the SAS task onmosaic to stack all 10 images, resulting in a total OM exposure time of 36.5 ks.

2.4. Optical Spectroscopy: SOAR and Gemini

We obtained 14 optical spectra of J0540A with the Goodman Spectrograph on the SOAR telescope on several nights over the date range 2016 September 19 to 2016 December 31. All spectra had exposure times of 10 minutes, and used a 1200 lines mm\(^{-1}\) grating that yielded a resolution of about 1.7 Å over a wavelength range 5480–6740 Å.

We obtained 10 optical spectra of J0540B with SOAR/Goodman on 2020 December 20 and 2021 January 9. Each of the spectra had the same exposure time (25 min) and covered...
the same wavelength range (∼3950–7850 Å) at a resolution of 5.6 Å. Subsequently, we obtained six spectra on the nights of 2021 February 4, 5, and 6 with GMOS-S on the Gemini South telescope under program code GS-2021A-FT-101. Each of these Gemini spectra were 20 min in length, and covered a wavelength range ∼4600–9150 Å at a resolution of 7.1 Å. All the SOAR and Gemini spectra were reduced and optimally extracted in the normal manner using tools in IRAF (Tody 1986).

2.5. Radio

While no new radio continuum data are presented in this paper, the region around 4FGL J0540.0–7552 was imaged by the Australia Telescope Compact Array in 2013 and 2014. No radio continuum source under the Fermi-LAT error ellipse of this source was detected, down to a limit of ∼1.5 mJy (Schnizel et al. 2017).

3. Results for J0540B: The Likely Counterpart to the γ-Ray Source

The results from the X-ray and optical analysis discussed below show that J0540B is overwhelmingly likely to be associated with the GeV γ-ray source 4FGL J0540.0–7552. Hence, we discuss J0540B first, followed by a section on the properties and classification of the other candidate counterpart, J0540A. Note that most of the detailed discussion and interpretation of our results on J0540B is deferred to Section 5.

3.1. X-Ray: XMM

J0540B is the brightest X-ray source in the XMM/EPIC data from 2021 January 23 located within the 68% (or 95%) Fermi-LAT error ellipse. We fit the XMM X-ray spectrum alternately using a standard absorbed power law, an absorbed thermal disk, or a combination thereof. In all cases the absorption model was wilm using wilm abundances (Wilms et al. 2000).

While the thermal model is a poor fit to the data, an absorbed power law provides an excellent fit (χ²/d.o.f. = 109.5/110). Adding a thermal component to this power law does not significantly improve the fit. The best-fit absorbed power law has photon index Γ = 1.78 ± 0.07 and column density N_H = (4.6 ± 1.5) × 10^{20} cm⁻², with an unabsorbed 0.5–10 keV flux of (3.17 ± 0.12) × 10⁻¹³ erg s⁻¹ cm⁻². The N_H value is consistent with that expected from the estimated foreground reddening of E(B−V) = 0.07 mag (Güver & Özel 2009; Schlafly & Finkbeiner 2011; Bahramian et al. 2015). The X-ray spectrum is plotted in Figure 2.

The background-subtracted 0.2–10 keV XMM/EPIC X-ray light curve (Figure 3) shows the same qualitative behavior for essentially the entire 42 ks time span: repeated luminous extended flares separated by short periods of more quiescent behavior.

Owing to the modest count rate, making an accurate count of the number of flares is challenging. Just focusing on the “major” flares, which we define as those with a peak count rate >0.3 counts s⁻¹ in the 100 s binned light curve (Figure 3), there are 21—on average one every ∼30 min. Around the second half of the XMM observation the major flares appear to recur quasi-periodically, with a timescale around 45 min. Lomb–Scargle periodograms of the entire 10 s and 100 s light curves, as implemented in χ (Ruf 1999), both show significant peaks around this timescale; these are also the highest-power peaks in the periodograms. While the starting and ending times of the flares are not necessarily well-defined, the major flares seem to typically last around ∼1000–1250 s, though a few last longer and some of the less luminous flares only last a few hundred seconds.

We emphasize that these major flares are only a subset of the full distribution of flares. Less luminous flares are also present, but difficult to systematically catalog owing to the low count rate. As an initial attempt, we identified “minor” flares as those with a peak count rate >0.1 counts s⁻¹ that are separated by at least 500 s from the peak of a major flare, finding 32 minor flares that meet these criteria. Hence these occur at least 50% more frequently than major flares. Unlike the major flares, the minor flares do not appear to recur on any particular timescale.

The major flares are luminous: considering the 10 s binned light curve, a few of the brightest flares reached count rates >1.2 counts s⁻¹ for ∼10–30 s (equivalent to an unabsorbed 0.5–10 keV flux of ∼2 × 10⁻¹² erg s⁻¹ cm⁻²), but the flares more typically peaked around ∼0.7–1 counts s⁻¹. The majority of the XMM light curve is spent in an active flare: 67% if the quiescent threshold is conservatively set at <0.1 counts s⁻¹ in the 100 s binned light curve. The longest quiescent period is at the start of the light curve, for ∼3–3.5 ks before the first major flare. A typical mean quiescent count rate is about 0.06 counts s⁻¹, equivalent to an unabsorbed 0.5–10 keV flux of 10⁻¹³ erg s⁻¹ cm⁻². However, the mean flux between major flares is variable, likely due to less luminous flares during some of these periods.

We also re-fit the X-ray spectra during the flaring and quiescent periods, defining the flaring spectrum by the major flares in the 100 s binned light curve, with the start and end times for each flare determined with respect to the estimated local baseline. The remainder of the light curve is considered to be quiescent. While any such division is imperfect, we experimented with different choices and obtained consistent results. We find no evidence for a significant change in Γ (flaring: 1.87 ± 0.05, quiescent: 1.79 ± 0.07) or N_H (flaring: 3.3 ± 1.1 × 10²⁰ cm⁻², quiescent: 5.4 ± 1.7 × 10²⁰ cm⁻²). Even if this change in N_H—which is not significant—were taken literally, it would correspond to only a ∼6% expected change in the observed 0.2–10 keV count rate. Hence we can rule out the possibility that the flux variations are due to changing obscuration.
3.2. X-Ray: Swift and ROSAT

Owing to the small number of counts in the 2012 Swift/XRT observations of J0540B, we simply adopt the XMM spectral fit to infer the unabsorbed flux, finding a 0.5–10 keV flux of \( (7.5 \pm 3.0) \times 10^{-14} \text{ erg s}^{-1} \text{ cm}^{-2} \). This flux is about a factor of 4 fainter than the mean flux inferred from the XMM observations (with a 1σ range of a factor of 7 fainter to a factor of 3 fainter).

Since the XMM light curve shows substantial variability, we wanted to assess whether the Swift flux might still be consistent with that from the XMM data. We simulated the Swift observations by measuring the mean flux in subsets of the XMM data with an exposure time distribution similar to that of the Swift data. Only about 0.1% of the simulated observations had a flux as low as actually observed in the Swift data.

This is consistent with an interpretation that the mean X-ray flux of J0540B did indeed increase between 2012 May and 2021 January. One possibility is that the system became brighter overall in X-rays. Another possibility is that the quiescent and flaring X-ray fluxes themselves did not change, but that the rate of flares dramatically increased. The Swift/XRT flux is compatible within 1σ with that observed during the quiescent (nonflaring) part of the XMM light curve, which is consistent with this interpretation. We note that if the spectral behavior of the source changed over this interval, then the conversion between count rate and flux for the Swift/XRT data will strictly not be accurate, but for essentially any reasonable spectral change the shot noise uncertainty is larger than the systematic spectral uncertainty.

The earlier ROSAT data (taken from 1990 to 1991) also provides an informative nondetection, with the 0.1–2.4 keV 3σ upper limit of \(<3.7 \times 10^{-3} \text{ counts s}^{-1} \) corresponding to an unabsorbed 0.5–10 keV flux limit of \(<1.0 \times 10^{-13} \text{ erg s}^{-1} \text{ cm}^{-2} \) (using the XMM spectral fit). This upper limit is consistent with the 2012 Swift/XRT detection, but not the brighter 2021 XMM data. An equivalent view is that the predicted mean ROSAT count rate based on the XMM observations would be \( 1.2 \times 10^{-2} \text{ counts s}^{-1} \), a factor of three higher than the observed 3σ upper limit. There are quite a few cataloged ROSAT sources in this region of the sky fainter than this predicted value (Boller et al. 2016), implying that a source with the same mean flux as in the XMM data should have been well-detected by ROSAT.

The Swift and ROSAT observations give two independent data points suggesting that J0540B was on average fainter in the X-rays both in the early 1990 and in 2012 compared to 2021 January, though whether this was due to an overall change in the X-ray flux or instead to a difference in the occurrence of flares is uncertain.

3.3. Optical Photometry: OGLE

The OGLE \( I \) photometry offers modestly dense coverage from late 2012 to early 2015, with a data point every \( \sim 4 \text{ days} \) in the median. There are two main conclusions that can be drawn from these data, which are plotted in Figure 4. First, J0540B is strongly variable over the full time range of these data, with an amplitude \( \sim 1 \text{ mag} \). Second, there is strong evidence for a change in the median magnitude of the system: it is \( \bar{I} = 19.96 \pm 0.07 \) for the first season, brightening to \( \bar{I} = 19.37 \pm 0.05 \) for the next two densely sampled seasons, from mid-2013 to mid-2015 (the uncertainties in these medians were calculated via bootstrap). Owing to the seasonal gap in observations and to the large variability of the source, the precise time of the change cannot be identified, but it seems to have occurred during the seasonal gap from 2013 April to 2013 August; a date as late as 2013 September 11 cannot be ruled out.

To ensure that the apparent change in brightness was not due to an aphysical change in the system (e.g., a change in calibration or zero-point), we also examined light curves for several “check stars” in the same OGLE field that had similar brightness to J0540B. None of these stars showed any significant changes in their mean brightness over the same timespan.
There are no other obvious differences in the photometric behavior between the “early” and “late” measurements other than the change in mean magnitude. Formally the dispersion and range of the data are slightly larger after the 2013 change than before, but these differences are of marginal significance.

In addition, OGLE becomes incomplete at \( I \gtrsim 21 \) mag, a range relevant to the first season given the fainter mean brightness.

Using a Lomb–Scargle periodogram, we found no evidence for a periodic signal in any seasonal subset of the data or in the whole OGLE data set.

### 3.4. Optical Photometry: SOAR

The SOAR photometry, taken in a GG395 long-pass filter (and calibrated to Gaia \( G \)), offers dense sampling over two nights in 2021 January (Figure 5). As seen in the earlier OGLE \( I \) data, the source is strongly variable, with an even higher amplitude of \( \sim 1.8 \) mag.

However, unlike the case with the OGLE data, there is strong evidence for a periodic signal in the SOAR photometry via a Lomb–Scargle periodogram (with a nominal significance of 11σ). The full (two night) data set has an inferred period of \( P = 0.1106 \pm 0.0026 \) day. This period is also significantly detected in periodograms of the two individual nights, with periods at \( P = 0.109 \) day and 0.114 day, respectively. In the light curves plotted in Figure 5, this signal is readily apparent as the high-amplitude, low frequency variation on both nights.

Figure 5 also shows high-frequency variations that recur quasi-periodically on timescales of \( \sim 40-45 \) min, especially on the second night. This timescale is similar to that observed for the X-ray flares in the XMM data (Section 3.1) and hence it is reasonable to conclude that the two phenomena are linked.

### 3.5. UV Photometry: XMM

J0540B is not detected or only marginally detected in the individual ultraviolet XMM OM images, but is cleanly detected in the stack of images, with \( \omega m2 = 22.40 \pm 0.13 \) mag (on the AB system). This value corresponds to an extinction-corrected value of \( \omega m2 \alpha = 21.74 \) mag. Keeping in mind that this filter is near the UV dust bump at 2175 Å and hence the reddening correction could have a substantial systematic uncertainty. The median \( G \) mag from our SOAR photometry, transformed to the AB system and corrected for reddening, is \( G_0 = 20.24 \) mag. These were obtained \( \sim 4-10 \) days before the XMM data, so are not simultaneous, but should generally represent the mean state of the system around the same time.

The resulting color is \( (\omega m2 - G)_0 \sim 1.5 \), which is equivalent to a power-law flux distribution of \( F_\nu \propto \nu^{-1.5} \). While this exact exponent should not be taken too literally because of the variability of J0540B and the uncertain reddening correction in the UV, it is nearly identical to the slope measured for the UV and blue fluxes of the accretion disk in the candidate tMSP 3FGL J0427.9–6704 (Strader et al. 2016), and is generally consistent with the spectral energy distribution expected for an irradiated disk at these frequencies (Frank et al. 2002).

### 3.6. Optical Spectroscopy

All the optical spectra show the same characteristics: a flat continuum (in \( F_\lambda \)), double-peak or broad H and He emission lines, and a lack of telluric absorption lines. A sample SOAR/Goodman spectrum is shown in Figure 6.

In more detail, the Balmer series is present in all spectra (extending down to He in the bluer SOAR spectra), with Paschen lines also visible in the Gemini spectra. The mean full width at half maximum (FWHM) of H\( \alpha \) = 1909 ± 29 km s\(^{-1}\), with an equivalent width of 61.5 ± 2.9 Å. The mean separation
of the two peaks is around 960 km s$^{-1}$. All of the typical strong He I lines observed in the optical spectra of low-mass X-ray binaries are also present, with the strongest being the line near 5875 Å, which has a mean FWHM around 2155 km s$^{-1}$. The He II line at 4686 Å is clear in all of the spectra with sufficient signal-to-noise and is very broad, with a mean FWHM of 4030 km s$^{-1}$. This progressive increase of FWHM for lines with higher ionization potentials is as expected for an accretion disk.

There are slight variations in the mean H$\alpha$ wavelength among the different spectra, but these appear to be more consistent with changes in the relative flux of the blue and red components of the line rather than orbital variations—at least in this relatively modest collection of spectra. The average wavelength corresponds to a barycentric systemic velocity of the binary of about +110 km s$^{-1}$, which we take as a preliminary estimate of this value that could be superseded with future data.

The FWHM of the emission lines in this source are higher than typical for neutron star low-mass X-ray binaries, well into the range typically observed for stellar-mass black holes (Casares 2015). For example, a series of SOAR/Goodman spectra taken of PSR J1023+0038 in its current disk state have a mean H$\alpha$ FWHM of $1525 \pm 27$ km s$^{-1}$, substantially lower than for J0540B, even though PSR J1023+0038 has a relatively short 4.8 hr period. This points to some combination of a very short period, more massive primary, or more edge-on orbit for J0540B than typical neutron star low-mass X-ray binaries, which we explore in Section 5.4.1.

### 3.7. $\gamma$-Ray Results

The optical and X-ray evidence that a transition in J0540B could have occurred in 2013, together with the Fermi-LAT 4FGL DR2 classification of 4FGL J0540.0–7552 as variable, motivated us to examine the 4FGL DR2 light curve of 4FGL J0540.0–7552 (Ballet et al. 2020; Abdollahi et al. 2020). 4FGL and 4FGL DR2 quantify variability using a Variability_Index, which is a test statistic that for nonvariable sources in 4FGL DR2 is predicted to have $\chi^2$ distribution with nine degrees of freedom. Hence, the observed 4FGL J0540.0–7552 Variability_Index of 23.65 would have a formal probability of occurring by chance of $p = 0.005$. The corresponding probability for 4FGL J0540.0–7552 in the 8 yr 4FGL catalog was $p = 0.0007$. In both catalogs variability is considered probable if $p < 0.01$.

The 4FGL DR2 light curve is shown in Figure 7, where the 0.1–100 GeV photon flux is plotted in 1 yr bins. The bin edges occur in early August of each year. Since the optical transition appears to have occurred around the summer of 2013, and given the small number of Fermi-LAT photons likely associated with 4FGL J0540.0–7552 ($\lesssim 10$ per month), the five yearly bins before 2013 August can be reasonably associated with the pre-transition period, and the five yearly bins after 2013 August associated with the post-transition period.

4FGL J0540.0–7552 is well-detected ($>5\sigma$) in each of first five bins, through 2013 August. However, in the last five bins (from 2013 August to 2018 August), it is either not significantly detected or detected at a fainter flux (Figure 7). If we conservatively take the post-transition photon flux as the mean value of the three detected bins, then the flux drops about 40%, from $(6.8 \pm 0.5) \times 10^{-9}$ photons s$^{-1}$ cm$^{-2}$ to $(4.1 \pm 0.4) \times 10^{-9}$ photons s$^{-1}$ cm$^{-2}$. This change is formally significant at 4.1$\sigma$.

Given that the spectrum of 4FGL J0540.0–7552 peaks around 1 GeV, we checked to see whether any mismodeled sources that are bright around this energy could be affecting its...
light curve. The only 4FGL DR2 catalog sources of comparable brightness within 5° of 4FGL J0540.0–7552 are 4FGL J0558.8–7459 (separated by 1°5; flux slightly lower than 4FGL J0540.0–7552 around 1 GeV) and 4FGL J0635.6–7518 (brighter at 1 GeV, but separated by 3°5). Given their separations and fluxes, there is no evidence that mismodeling of these sources is contributing to the variability in 4FGL J0540.0–7552.

Overall, the Fermi-LAT data are consistent with a sustained γ-ray flux change of 4FGL J0540.0–7552 having occurred at a time consistent with the optical flux change of J0540B.

4. J0540A: An Unrelated RS CVn Binary

J0540A is further from the center of the Fermi error ellipse than J0540B and, at least in the XMM data, has a lower X-ray flux. Nevertheless, it is within the 68% Fermi error ellipse so, for completeness, we discuss the properties of J0540A and why we believe it is unrelated to the γ-ray source 4FGL J0540.0–7552.

As mentioned in Section 2.3, J0540A is bright (G = 13.8) and nearby (925 ± 10 pc). It is also an optical variable, listed in the WISE variable star catalog as a Cepheid with a period of 2.489 ± 0.011 day (Chen et al. 2018). Given an absolute mag of only $M_G \sim 3.8$, this classification is almost certainly incorrect and, as detailed below, a classification as an RS CVn star (a close active binary with an evolved component) is much more likely.

First, we checked the photometric period with data from the ASAS-SN survey (Shappee et al. 2014; Kochanek et al. 2017), using the over 4700 clean detections in $g$ obtained between 2017 October and 2021 April. The ASAS-SN mean magnitude is $g = 14.7$. A Lomb–Scargle periodogram shows an extremely strong peak at $P = 2.4900 \pm 0.0002$ day, consistent with the WISE estimate. When the photometry is folded on this period, it shows a single peak with a slightly asymmetric shape, a mean peak-to-trough amplitude of about 0.22 mag, and substantial scatter at all phases. Examining the phased photometry as a function of time, there are clearly changes in the phase of the peak flux and the detailed shape of the light curve over time. Such changes are characteristic of rotational variability due to starspots on cool stars, which can vary in location and size over time (Eaton & Hall 1979; Rodono et al. 1995).

As stated in Section 2.4, we also obtained SOAR spectroscopy of this star over several epochs in 2016 September to December. All the spectra are consistent with a cool star of mid-K spectral type, with no evidence for a second set of lines from a binary companion. A mid-K star with an absolute mag of $M_G \sim 3.8$ is evolved: a subgiant or a giant near the base of the red giant branch.

We derived barycentric radial velocities from these 14 spectra and fit a circular Keplerian model, finding a spectroscopic period consistent with the photometric one but with a lower precision. Hence we fixed the period to the photometric value, finding a satisfactory fit ($\chi^2/\text{d.o.f.} = 11.8/12$) with a semi-amplitude of $K = 53.4 \pm 1.7$ km s$^{-1}$. The minimum mass of the unseen companion is $f(M) = PK^3/2\pi G = 0.039 \pm 0.003M_\odot$. This is the mass function that would be expected for a wide range of reasonable parameters, e.g., an evolved primary of $\sim 1M_\odot$ and a hidden, much fainter secondary of $\sim 0.5M_\odot$ at the median inclination of $i \sim 60^\circ$. The velocities would not be consistent with a neutron star companion to the visible evolved star unless the system were nearly perfectly face-on.

While dominated by narrow absorption lines, the optical spectra also all show Hα emission which is slightly broadened, with a mean FWHM around $\sim 160$ km s$^{-1}$, but never double-peaked. The mean equivalent width of the Hα emission is around $\sim 1.5$ Å, typical for RS CVn stars (Montes et al. 1995).

We found that the XMM X-ray spectrum of J0540A was poorly fit by an absorbed power law or disk blackbody. However, a soft absorbed power law ($\Gamma = 2.7 \pm 0.4$) with two additional low-temperature thermal plasma ($\text{APEC}$) components was a reasonable representation of the X-ray spectrum ($\chi^2/\text{d.o.f.} = 58.0/61$), though we do not claim this is necessarily a best-fit model. The inferred 0.3–8 keV X-ray luminosity from this model is $L_X = (1.5 \pm 0.5) \times 10^{33}$ erg s$^{-1}$. This model was preferred over one solely consisting of three APEC components, which was an acceptable but less good fit ($\chi^2/\text{d.o.f.} = 68.8/61$).

There is no change in the count rate of the system during the XMM observation, and the XMM count rate is consistent with that predicted from the earlier Swift/XRT observations (Section 2.2.1), suggesting that the X-ray data are representative of quiescence for this binary, rather than a flare. The X-ray luminosity and spectrum are consistent with those observed for RS CVn stars outside of flares (Drake et al. 1992; Pandey & Singh 2012).

Overall, the data are most consistent with the interpretation that J0540A is a binary with a spotted, cool, evolved primary and a lower-mass unseen secondary. The 2.49 day rotational period of the primary inferred from photometry is consistent with the orbital period inferred from optical spectroscopy, indicating that it is tidally locked to the secondary or nearly so. The binary shows evidence for optical and X-ray emission of chromospheric and coronal origin. In short, all observed properties agree with a classification as an RS CVn-type active binary. Such binaries have
never been observed to produce GeV \(\gamma\)-ray emission, and hence we conclude that J0540A is unrelated to the Fermi-LAT \(\gamma\)-ray source.

5. Discussion

5.1. Classification of 4FGL J0540.0–7552 as a Candidate tMSP

Returning to J0540B, the combination of the X-ray spectrum (a hard power law with \(\Gamma = 1.8\)), extreme X-ray and optical variability, and the persistent presence of an optical accretion disk already peg J0540B as a low-mass X-ray binary with unusual properties. This source also sits within the 68\% error ellipse of a long-unassociated Fermi-LAT source, and is the brightest X-ray source within the 68\% (or 95\%) error ellipse of the GeV \(\gamma\)-ray source. There is only one other significant X-ray source within the Fermi-LAT error ellipse, and the detailed study of this source (J0540A) in Section 4 shows that it is unrelated to the \(\gamma\)-ray source. Hence it is likely that the X-ray/optical source J0540B is indeed associated with 4FGL J0540.0–7552.

The only known source type that shares this combination of optical, X-ray, and \(\gamma\)-ray properties is the class of tMSPs while in the subluminous disk state. While only two field (and one globular cluster) sources are members of this class with confirmed state transitions between the pulsar and disk states, there are four additional published field sources that are strong tMSP candidates in the disk state. Unlike these other candidates, 4FGL J0540.0–7552 has suggestive (but not yet conclusive) evidence for having undergone a transition to its current subluminous disk state, which we discuss in more detail in Section 5.3.

Miller et al. (2020) discussed using the ratio of X-ray flux \(F_X; 0.5–10\text{ keV}\) to \(\gamma\)-ray flux \(F_\gamma; 0.1–100\text{ GeV}\) to separate black widows and redbacks in the pulsar state from tMSPs in the subluminous disk state, especially relevant for sources with unknown distances. For 4FGL J0540.0–7552, we calculate a post-transition 0.1–100 GeV flux of \((2.9 \pm 0.5) \times 10^{-12}\text{ erg s}^{-1}\text{ cm}^{-2}\) by scaling the 4FGL DR2 integrated energy flux down using the post-transition photon flux. This gives \(F_X/F_\gamma = 0.11 \pm 0.02\). This ratio is lower than that previously measured for confirmed or candidate tMSPs in the subluminous disk state, which ranged from \(F_X/F_\gamma = 0.26–0.43\). While the ratio for 4FGL J0540.0–7552 is still much higher than typical for redbacks in the pulsar state (which have a median \(F_X/F_\gamma = 0.01\), there may be a broader range of \(F_X/F_\gamma\) values in the subluminous disk state than previously observed.

5.2. Flare-mode tMSPs

In its current subluminous disk state, the most intriguing aspect of its phenomenology is that 4FGL J0540.0–7552 was observed to spend essentially the entire XMM observation in a flaring mode. One other candidate tMSP, 3FGL J0427.9–6704, is also dominated by flares. In detail, the properties of the flares in these two systems are somewhat different: 3FGL J0427.9–6704 has more frequent but shorter-duration flares, with about 43\% of time spent in a flaring state, while 4FGL J0540.0–7552 has less frequent, longer-duration flares, and a larger fraction of time (\(\geq 67\%) spent in an active flare. Other candidate tMSPs, most especially PSR J1023+0038 (Tendulkar et al. 2014; Papitto et al. 2018), do show evidence for luminous flares and indeed periods of enhanced flaring, but none is dominated by flaring to the same consistent extent as 3FGL J0427.9–6704 or 4FGL J0540.0–7552.

The OGLE photometry of 4FGL J0540.0–7552 from 2014/2015 (Figure 4), showing extreme optical variability like that observed in 2021 around the time of the XMM X-ray observations, suggests that 4FGL J0540.0–7552 exhibits this flaring mode consistently.

While we have no simultaneous X-ray and optical data for 4FGL J0540.0–7552 (the system was too faint to monitor at high cadence with the XMM OM), there were optical flares in the SOAR photometry of J0540B that occurred on similar quasi-periodic \(\sim 40–45\) min timescales as the X-ray flares in the XMM data. This is consistent with a model in which the bulk of the optical flares represent X-ray flares reprocessed by the accretion disk, as was hypothesized for 3FGL J0427.9–6704 (Li et al. 2020), though other models are possible.

As mentioned in Li et al. (2020), another published X-ray binary—source “B” in the globular cluster NGC 6652—has \(L_X = 1 – 2 \times 10^{34}\text{ erg s}^{-1}\), and exhibits repeated X-ray and optical flares, with light curves broadly similar to those of 4FGL J0540.0–7552 and 3FGL J0427.9–6704 (Coomer et al. 2011; Stacey et al. 2012; Engel et al. 2012). This source also shows broad Balmer emission in optical spectroscopy as well as radio continuum emission (Padua et al. 2021).

Based on the existing evidence of similar phenomenology, it seems reasonable to tentatively classify these three sources as “flare-mode” candidate tMSPs, keeping in mind that the relationship between these sources and the confirmed tMSPs is still uncertain. It is possible that some of the simpler models initially used to explain tMSPs, such as a cyclic instability in the inner radius of the accretion disk (D’Angelo & Spruit 2010), could be relevant for understanding flare-mode tMSPs.

5.3. Evidence for a Transition

Only three sources have truly “earned” the tMSP moniker through the observation of distinct pulsar and disk states in the same sources. The remainder of the published candidate tMSPs (3FGL J1544.6–1125, 3FGL J0427.9–6704, CXOU J110926.4–650224, 4FGL J0407.7–5702) match a subset of the characteristics of tMSPs in the subluminous disk state: optical evidence for an accretion disk; unusual X-ray variability (sometimes including distinct low/high X-ray modes); a hard power-law spectrum with \(\Gamma \sim 1.5–1.8\); radio continuum emission; GeV \(\gamma\)-ray emission. None has shown evidence for a transition.

4FGL J0540.0–7552 is different: uniquely among the candidate tMSPs, it shows evidence for a transition in three distinct wave bands: the optical, X-ray, and \(\gamma\)-ray. In the optical, J0540B brightened by 0.6 mag (a factor of 1.7) in \(I\) photometry from OGLE in 2013. In the X-rays, J0540B brightened by a factor of \(\sim 3–7\) sometime between 2012 May and 2021 January, due either to an overall change in its X-ray brightness or to a dramatic increase in the occurrence of X-ray flares. An older ROSAT nondetection also suggests its X-ray properties in the early 1990s were more consistent with those in 2012 than in 2021. Finally, there is evidence that 4FGL J0540.0–7552 faded by \(\sim 40\%) in the 0.1–100 GeV band around the time of the 2013 OGLE optical change.

In detail, there are some differences between the pre/post-transition properties of 4FGL J0540.0–7552 compared to the two well-studied field tMSPs PSR J1023+0038 and XSS J12270–4859. In the latter cases the X-ray luminosity shows a larger difference in the subluminous disk state compared to the...
pulsar state (a factor of \(\sim 15–30\); Bogdanov et al. 2011; de Martino et al. 2020) than in J0540B. On the other hand, depending on their intrabinary shock properties, redbacks vary enormously in their pulsar state X-ray luminosity (from \(\sim 10^{36}\)–\(10^{38}\) erg s\(^{-1}\); Roberts et al. 2018; Swihart et al. 2018; Strader et al. 2019), so a wide range in pre/post-transition X-ray luminosities might also be expected.

Another difference is that the known tMSPs are a factor of \(\sim 3–6\) brighter in 0.1–100 GeV \(\gamma\)-rays in the subluminous disk state compared to the pulsar state (Stappers et al. 2014; Johnson et al. 2015), but 4FGL J0540.0–7552 is fainter in the GeV \(\gamma\)-rays after the possible 2013 transition. A number of results about the subluminous disk state are counterintuitive, such as the finding that PSR J1023+0038 is spinning down more quickly in this state than in the pulsar state (Jaodand et al. 2016). Given this, and that the origin of the \(\gamma\)-rays in the subluminous disk state is unknown, it seems plausible that even the direction of the change in \(\gamma\)-ray flux post-transition might vary among tMSPs. For example, if the flare-mode tMSPs are indeed accreting onto the neutron star at least some of the time, then this could lead to a reduced rather than enhanced spin-down rate and hence a lower \(\gamma\)-ray luminosity.

We also see no clear orbital period in the pre-transition OGLE I photometry of J0540B, as might be expected if the system was in the pulsar state at this time. There are a number of reasons that periodic variability might be difficult to see even if present, including the small number of measurements, their large photometric uncertainties, and the incompleteness of OGLE photometry at these faint magnitudes.

It is also possible that a simple bimodal picture of a pulsar or disk state may not appropriately capture the phenomenology of tMSPs; perhaps there are multiple disk states, with transitions among these disk states sometimes occurring. “Flare-mode” tMSPs like 4FGL J0540.0–7552 and 3FGL J0427.9–6704 could speculatively represent a different disk state than observed in typical tMSPs.

5.4. Binary Properties

5.4.1. Orbital Period and Donor

We identified a consistent periodic signal at \(\sim 2.7\) hr in our SOAR photometry of J0540B on two separate nights six days apart. This signal could in principle represent either the orbital period, half the orbital period (if due to ellipsoidal variations), or could be spurious. If it were interpreted as the orbital period, it would be the shortest of any tMSP or could be spurious. If it were interpreted as the orbital period, apart. This signal could in principle represent either the orbital period even with extensive optical photometry (Bogdanov & Halpern 2015); it required the detection of absorption lines from the secondary in optical spectroscopy (Britt et al. 2017). Hence it is possible that our candidate period for 4FGL J0540.0–7552 is not genuine. Given that it would represent a new area of parameter space—either the shortest-period redback, or a black widow with tMSP-like behavior—follow-up work to better constrain the period would be valuable.

J0540B does not have a significant Gaia parallax. A rough distance estimate can be made by comparing its unabsorbed 0.5–10 keV X-ray flux to the X-ray luminosities of the four known or candidate tMSPs with well-constrained distances, which lie in the range \(1.6–7.7 \times 10^{33}\) erg s\(^{-1}\) (Strader et al. 2019; Li et al. 2020). This suggests a distance in the range \(\sim 6.5–14.2\) kpc. A similar comparison of 0.1–100 GeV fluxes gives a partially overlapping distance range of 4.2–8.3 kpc. Another method, first performed for 4FGL J0407.7–5702 (Miller et al. 2020), notes that the absolute Gaia \(BP\) mag of the tMSP sample has a relatively narrow range (\(-5.6–6.0\)). Comparing this to the mean \(BP\) for J0540B (20.20 \pm 0.11 mag) gives an estimated optical distance in the range \(\sim 6.6–8.7\) kpc. These distance estimates roughly overlap in the range \(\sim 6.5–8\) kpc. While the true distance to J0540B is as yet unknown, a nearby distance of \(\lesssim 4–5\) kpc seems unlikely.

At its large proper motion of 13.5 \pm 0.6 mas yr\(^{-1}\), and given its probable distance \(\gtrsim 5\) kpc, J0540B seems likely to have a transverse velocity \(\gtrsim 300\) km s\(^{-1}\), which would be among the largest for any spider MSP binary (Jennings et al. 2018; Strader et al. 2019). The high space velocities of binary MSPs have been extensively studied (e.g., Hobbs et al. 2005; Desvignes et al. 2016; Lynch et al. 2018), and Gaia proper motions are likely to be among the tools useful for identifying new candidate spider MSPs (see also Antoniadis 2021).

5.5. Future Work

One wavelength regime with minimal coverage in this paper is the radio, with only shallow archival limits available for 4FGL J0540.0–7552. The majority of the known or candidate tMSPs in the subluminous disk state have been detected as radio continuum sources (Hill et al. 2011; Deller et al. 2015;
Jaodand 2019; Li et al. 2020). Of these, 3FGL J0427.9–6704 shows the most luminous radio continuum emission, and at all times sits close to the radio/X-ray correlation for black holes (Li et al. 2020), which tend to be more radio-loud than accreting neutron stars (e.g., Gallo et al. 2018). Furthermore, despite the optical, X-ray, and γ-ray eclipses observed for 3FGL J0427.9–6704 (Strader et al. 2016; Li et al. 2020; Kennedy et al. 2020), the radio emission is not eclipsed, suggesting it is spatially extended (Li et al. 2020). This steady, extended, flat-spectrum radio continuum emission has properties consistent with a jet. This is in dramatic contrast to the radio emission in PSR J1023+0038, which turns on and off on timescales as short as seconds and hence must be produced close to the neutron star rather than in a steady jet (Bogdanov et al. 2018). This hints at the possibility that flare-mode tMSP candidates could have different radio continuum properties than typical tMSPs, and provides motivation for a deep radio continuum study of 4FGL J0540.0–7552, which could have a 5 GHz flux density as high as 0.1–0.2 mJy, depending on its distance.

More X-ray and optical data would also be useful: new X-ray observations would allow one to determine whether the system is always in the flaring mode, and new high-cadence optical photometry could help assess if the candidate orbital period discussed in this paper is real or spurious. Finally, as for all candidate tMSPs, multiwavelength surveillance of 4FGL J0540.0–7552 to search for evidence of a future transition is essential.

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