Abstract: Placement of composite resin restorations in deep subgingival cavities can damage surrounding soft tissues. In addition, commonly used resin-based composites (RBCs) might interfere with wound healing and periodontal health. To clarify cellular interactions with RBCs, we used an MTT assay to investigate adhesion of primary human gingival fibroblasts and human osteoblasts (hFOB 1.19) on five RBC materials with and without surface modifications (alumina blasting with 50- or 110-μm Al₂O₃). In addition, high-performance liquid chromatography (HPLC) was used to determine release of resin monomers from RBCs after 1 h, 1 day, and 7 days. As compared with tissue culture plastics (the control), cellular adhesion was significantly lower ($P < 0.001$) for human gingival fibroblasts and osteoblasts. Only minor, nonsignificant differences between individual RBCs were identified. HPLC analyses identified the release of three bifunctional methacrylates bisphenol A glycerolate dimethacrylate, triethylene glycol dimethacrylate, and diurethane dimethacrylate from RBCs and showed that monomer release increased between 1 h and 1 day but remained low. The present findings suggest that surface adhesion in the subgingival area is limited for the tested RBCs. Although residual monomer release was low for all tested RBCs, it might be sufficient to adversely affect cell adhesion.

Keywords: subgingival composite restorations; biological assessment; MTT assay; HPLC.

Introduction
In minimally invasive restorative dentistry, treatment indications were extended for direct resin composite restorations in the posterior region, and resin composite materials were recently reported to be the materials of choice (1). Long-term clinical observations showed that even large cavities encompassing three or more surfaces and cusps of load-bearing posterior teeth can be restored successfully with minimally invasive direct restoration techniques (2-5). However, direct restoration of deep proximal defects beyond the cemento-enamel junction (CEJ) requires elaborate treatment techniques and considerable operator skill. Previous reports described several treatment protocols, all of which favored idealization of the cavity as the first step of direct restorative technique and subsequent fabrication of a direct or indirect restoration. The approaches are called for instance sandwich technique (6,7), supragingival relocation of subgingival margins (8-11), margin elevation technique (12), proximal box elevation technique (13,14), and R2 technique (15). If moisture control in the deep subgingival area is possible, the proximal box is usually elevated, and the cavity is idealized by direct modeling of resin-based composite (RBC) materials. The idealized cavity allows for simplified application of a rubber dam.
and use of a sectional matrix system for direct anatomical rehabilitation of tooth form and shape (15) or facilitated insertion of an indirect restoration (13,14). Nevertheless, surrounding soft and hard tissues are adversely affected by finishing and polishing of the subgingival margins of the composite resin restoration.

Several studies have reported cytotoxic substances in dental resin composites, the most frequently detected of which are the bifunctional methacrylates bisphenol A glycerolate dimethacrylate (Bis-GMA), triethylene glycol dimethacrylate (TEGDMA), and diurethane dimethacrylate (UDMA), and 2-hydroxyethyl methacrylate (16,17). RBCs placed in the subgingival area might release residual monomers that can interfere with wound healing after subgingival placement of a composite resin. However, few studies of RBCs have evaluated monomer release and the effects on target cells in the subgingival area, and, to the best of our knowledge, no study compared five different RBC materials and their effects on fibroblasts and osteoblasts in the subgingival area. We examined the biocompatibility of RBCs with cell types of the subgingival area by comparing adhesion of human gingival fibroblasts (HGFs) and osteoblasts on five types of RBC materials with various surface modifications. We attempted to identify the optimal RBC material and surface modification for use in the subgingival area and to determine if residual monomer release interferes with cell adhesion.

### Materials and Methods

We used an *in vitro* test of cellular adhesion to evaluate the biological effects of composite restorations beyond the CEJ. Primary HGFs and a human osteoblast cell line (hFOB 1.19) were used to assess adhesion on five types of composite materials with three different surface modifications. The presence of residual monomers might affect the recovery of biological structures after restorative treatment. Therefore, we measured the release of resin monomers from the composite materials after leaching for 1 h, 1 day, and 7 days.

### Assessment of cell adhesion

The five RBC materials used in this study are listed in Table 1.

### Specimen preparation

In a class II safety cabinet, under sterile conditions, specimens for each RBC (*n* = 27 each) were fabricated by using prefabricated autoclaved round silicon molds (diameter 5 mm, height 1.7 mm, total surface area 66 mm$^2$). The resin composite material was pressed into the molds and flat-tensed gently with a sterile microscope slide and then light polymerized (SmartLite PS, Dentsply DeTrey GmbH, Konstanz, Germany; wavelength 450-490 nm, 890 mW/cm$^2$) according to the manufacturer’s instructions. The oxygen inhibition layer was removed with ethanol, and the specimens were rinsed (3 × 10 min) with sterile distilled water. The surface of specimens was then either left untreated (*n* = 9), alumina blasted with 50-μm Al$_2$O$_3$ (KaVo, Biberach, Germany; *n* = 9), or alumina blasted with 110-μm Al$_2$O$_3$ (*n* = 9).

### MTT Assay

Cell adhesion of primary HGFs or hFOB 1.19 on resin composite surfaces was determined with the MTT assay. Gingival tissue for establishing HGFs was obtained from

### Table 1 Characteristics of dental resin-based composites (RBCs) used in this study

| Material/Lot          | Classification     | Resin matrix                  | Manufacturer                                      |
|-----------------------|--------------------|--------------------------------|--------------------------------------------------|
| Tetric Evo Ceram      | Nanohybrid RBC     | Bis-GMA, UDMA, Ethoxylated Bis-EMA | Ivoclar Vivadent AG, Schaan, Liechtenstein       |
| Lot 53247             |                    |                                |                                                  |
| Tetric Ceram          | Hybrid RBC         | Bis-GMA, UDMA, TEGDMA          | Ivoclar Vivadent AG, Schaan, Liechtenstein       |
| Lot R02783            |                    |                                |                                                  |
| Dyract Xtra           | Compomer           | UDMA, TCB-resin, TEGDMA, Trimethacrylate resin | Dentsply De Trey GmbH, Konstanz, Germany     |
| Lot 1104001174        |                    |                                |                                                  |
| Filtek Supreme XTE    | Nano RBC           | Bis-GMA, UDMA, TEGDMA, PEGDMA, Bis-EMA | 3M ESPE AG, Seefeld, Germany                     |
| Lot N224828           |                    |                                |                                                  |
| Admira                | Ormocer-based RBC  | ORMOCER-resin, Bis-GMA, UDMA, TEGDMA | VOCO, Cuxhaven, Germany                          |
| Lot 1127300           |                    |                                |                                                  |

Bis-GMA: bisphenol-A-glycerolate dimethacrylate; PEGDMA: polyethylene glycol dimethacrylate; TEGDMA: triethylene glycol dimethacrylate; UDMA: diurethane dimethacrylate; Bis-EMA: ethoxylated bisphenol-A-dimethacrylate; TCB resin: butane-1,2,3,4-tetracarboxylic acid, bis-2-hydroxyethylmethacrylate ester; ORMOCER: organically modified ceramics.
patients who provided written informed consent, and harvesting of these tissues was approved by the Medical Ethics Committee of the University of Heidelberg (Approval number: 80/94). HGFs were established from explant cultures of gingival connective tissues, as previously described (18). The human fetal osteoblast cell line hFOB 1.19 (CRL-11372) was obtained from ATCC (Wesel, Germany).

Composite specimens were placed in 96-well plates, and 10,000 cells per well were seeded in 200 µL of culture medium with stable glutamine (DME medium; Biochrom, Berlin, Germany) supplemented with 10% fetal calf serum (Biochrom), antibiotics, and antimycotics for 24 h (37°C, 5% CO2). To assess cell adhesion only on the specimens, these were gently removed with Dumont forceps (#7, tip size 0.07 × 0.04 mm, F.S.T., Heidelberg, Germany), without touching the upper surface, and transferred to a new well prefilled with 100 µL of supplemented DMEM. MTT assays were performed according to the manufacturer’s protocol (Promega, Mannheim, Germany). Optical density (OD) was measured with a multiwell reader (GeniosPro, Tecan, Crailsheim, Germany) at a wavelength of 570 nm. To assess relative cell adhesion, the results were calculated as the ratio between the ODs of the test specimens as compared with the ODs of the respective positive controls (HGF or hFOB 1.19 grown on tissue culture plastic (TCP) surfaces in supplemented DMEM) and corrected for the surface area of the test specimen. Cell adhesions on RBCs are expressed as percentages relative to TCP (TCP = 100%). All experiments were performed in triplicate and repeated three times.

**Assessment of monomer release**

We used high-performance liquid chromatography (HPLC) to assess release of Bis-GMA, TEGDMA, and UDMA from composite specimens. Specimens (n = 3 per RBC) were incubated in 1 mL of an ethanol-water (75%:25%) mixture (19) (approved by the US Food and Drug Administration) for 1 h, 24 h, or 7 days. Qualitative and quantitative analysis of eluates was done with HPLC by using an Äkta Purifier (GE Healthcare, Freiburg, Germany) with a connected UV-900 detector. Accucore C18 columns (100 × 3 mm, particle size 2.6 µm) and Accucore Solid Core Defender (10 × 3 mm; particle size 2.6 µm) pre-columns (both Thermo Scientific, Dreieich, Germany) were used for analysis, and 10 µL of the eluates in 40-µL phase A were injected. The gradient at time 0 min was 100% phase A (20% acetonitrile in water) and 0% phase B (90% acetonitrile in water), and the gradient at time 40 min was 100% phase B and 0% phase A. Flow rate was 0.5 mL/min. The elution profile was monitored at detection wavelengths of 205 and 280 nm. Standard calibration curves were made by analyzing known concentrations of resin monomers in ethanol-water (75:25) (Bis-GMA [lot no. MKBH5136V], TEGDMA [lot no. STBC4723V], and UDMA [lot no. MBC6935], all purchased from Sigma Aldrich, Steinheim, Germany) (20). Linear regression analysis (MS Excel, Unterschleissheim, Germany) based on the peak area at the corresponding retention times was used to calculate monomer concentrations in each sample. The detection limits were 3.8 nmol/mL for bis-GMA, 4.7 nmol/mL for TEGDMA, and 4.5 nmol/mL for UDMA (19). Because leaching of resin monomers depends on the composite surface area (66 mm2), data are presented in nmol/mm2 (21).

**Statistical analysis**

Results are presented as mean ± standard deviation. Differences between groups were compared with the Mann-Whitney U test. All statistics were performed by using SigmaStat software (SPSS Inc., Chicago, IL, USA). A P value of less than 0.05 was considered to indicate statistical significance.
Results

Cell adhesion
The results of the cell adhesion assays are shown in Table 2 and Fig. 1A and B. The Mann-Whitney U test showed that cell adhesion was significantly lower on all five RBC materials and for all surface modifications than for TCP, the positive control (P < 0.001).

Cell adhesion of HGFs
Cell adhesion values for HGFs relative to TCP, which was defined as 100% adhesion, are shown in Table 2 (upper part) and illustrated in Fig. 1A. Mean (±SEM) cell adhesion was 3.5% (2.0) to 8.2% (5.6) for untreated surfaces, 4.3% (1.7) to 7.2% (5.0) for surfaces alumina blasted with 50-µm Al₂O₃, and 4.5% (1.1) to 9.6% (6.6) for surfaces alumina blasted with 110-µm Al₂O₃. On specimens without surface modifications, cell adhesion decreased in the following order: compomer > hybrid RBC > nano RBC > nanohybrid RBC > ormocer-based RBC. Alumina blasting of surfaces with 50-µm Al₂O₃ changed cell adhesion on RBC specimens, which decreased in the following order: nano RBC > hybrid RBC > ormocer-based RBC > nanohybrid RBC > compomer. Further changes were observed after alumina blasting with 110-µm Al₂O₃, as indicated by the following decreasing order: nano RBC > hybrid RBC > compomer > ormocer-based RBC > nanohybrid RBC. The differences between RBCs and between surface modifications were not significant.

Cell adhesion of hFOB 1.19
Cell adhesion of hFOB 1.19 was compared with TCP adhesion, which was defined as 100%. The findings are shown in the lower half of Table 2 and illustrated in Fig. 2B. As compared with TCP, mean (±SEM) adhesion for hFOB 1.19 was 4.8% (2.1) to 8.2% (3.2) for untreated...
surfaces, 5.2% (2.8) to 8.6% (8.0) for surfaces alumina blasted with 50-μm Al₂O₃, and 5.4% (1.6) to 12.3% (4.6) for surfaces alumina blasted with 110-μm Al₂O₃. Cell adhesion decreased in the following order on unmodified surfaces: compomer > nanohybrid RBC > ormocer-based RBC > hybrid RBC > nano RBC. Alumina blasting with 50-µm Al₂O₃ led to the following decreasing order of cell adhesion: nano RBC > ormocer-based RBC > hybrid RBC > compomer > nanohybrid RBC. Alumina blasting with 110-μm Al₂O₃ altered cell adhesion and led to the following decreasing order: compomer > nano RBC > ormocer-based RBC > hybrid RBC > nanohybrid RBC. The differences between materials and between surface modifications in HGF and hFOB adhesion were small and nonsignificant. Therefore, we were unable to identify the best RBC material or surface modification for application in the subgingival area.

**SEM imaging of composite surfaces**
The results of SEM imaging are shown in Fig. 2A-C. Figure 2A shows the surface texture of RBC without treatment (i.e., RBC pressed against a sterile microscope slide), Fig. 2B shows the surface texture after alumina blasting with 50-μm Al₂O₃, and Fig. 2C shows the surface texture after alumina blasting with 110-μm Al₂O₃. As compared with 50-μm Al₂O₃ blasting, 110-μm Al₂O₃ blasting resulted in deeper cavities and qualitatively greater surface roughness.

**Assessment of cellular morphology of attached cells**
Cellular morphology of attached cells was representative assessed on the nanohybrid RBC (Tetric Evo Ceram, Table 1). Direct evaluation of cellular morphology by light microscopy was not possible because of the limited transparency of the RBC; we therefore labeled cells with the fluorescent vital dye Dil, which is well retained in cell membranes and stains the entire cell without affecting viability or proliferation. As expected, only a few HGFs and hFOBs were attached to the RBC specimen (Fig. 3).

### Table 2 Mean values (±standard error of the mean) for cell adhesion (%) of human gingival fibroblasts (HGF) and human fetal osteoblasts 1.19 (hFOBs) on five resin-based composites (RBCs)

| Material            | No alumina blasting | 50-µm alumina blasting (Al₂O₃) | 110-µm alumina blasting (Al₂O₃) |
|---------------------|---------------------|---------------------------------|---------------------------------|
| Nanohybrid RBC      | 3.82 ± 1.74         | 4.41 ± 2.20                     | 4.51 ± 1.05                     |
| Hybrid RBC          | 4.87 ± 2.27         | 6.88 ± 5.66                     | 7.46 ± 2.20                     |
| Compomer            | 8.21 ± 5.58         | 4.28 ± 1.67                     | 6.00 ± 2.11                     |
| Ormocer-based RBC   | 3.52 ± 1.96         | 6.73 ± 5.66                     | 4.66 ± 2.65                     |
| Nano RBC            | 4.80 ± 3.10         | 7.17 ± 5.01                     | 9.58 ± 6.64                     |
| Control (TCP)       | 100 ± 3.67          | 100 ± 3.67                      | 100 ± 3.67                      |

| Material            | No alumina blasting | 50-µm alumina blasting (Al₂O₃) | 110-µm alumina blasting (Al₂O₃) |
|---------------------|---------------------|---------------------------------|---------------------------------|
| Nanohybrid RBC      | 7.08 ± 3.13         | 5.22 ± 2.81                     | 5.41 ± 1.59                     |
| Hybrid RBC          | 5.95 ± 4.03         | 8.00 ± 3.02                     | 6.23 ± 2.97                     |
| Compomer            | 8.16 ± 3.24         | 5.85 ± 2.31                     | 12.34 ± 4.56                    |
| Ormocer-based RBC   | 7.01 ± 2.13         | 8.28 ± 5.35                     | 7.63 ± 3.41                     |
| Nano RBC            | 4.75 ± 2.07         | 8.59 ± 8.04                     | 7.98 ± 5.49                     |
| Control (TCP)       | 100 ± 12.49         | 100 ± 12.49                     | 100 ± 12.49                     |

TCP: tissue culture plastic.

**Fig. 3 Assessment of cellular morphology.** Representative images of cells grown on Tetric Evo Ceram. Cells were labeled with the vital dye Dil (1,1'-dioctadecyl-3,3',3'-tetramethylindocarbocyanine perchlorate, red color). The characteristic cellular morphologies of human gingival fibroblasts and osteoblasts were preserved on resin-based composites. Surface modifications had no obvious effect on cell morphology. Bar = 20 µm.
HGFs had a typical fibroblastoid morphology, i.e., an elongated spindle shape and extended cellular protrusions. Differences in cellular morphology were not evident between surface modifications generated by alumina sandblasting. hFOBs showed an osteoblast-like phenotype, namely, smaller, polygonal cells with limited protrusions. Qualitative analysis by fluorescence microscopy showed that cells grown on different surface modifications did not exhibit morphological differences. Although cell adhesion on RBCs was limited in the present study, cell morphology was generally normal for both cell types and all surface modifications.

**Residual monomer release**

The results of HPLC analyses are shown in Table 3. HPLC identified the leachable monomers UDMA, Bis-GMA, and TEGDMA. For all RBCs, analysis of release kinetics showed increased monomer release (UDMA, Bis-GMA, and TEGDMA) between 1 h and 1 day. Between 1 day and 7 days, increases in UDMA and Bis-GMA could only be detected for the nanohybrid and hybrid RBCs. An increase in UDMA between 1 day and 7 days was detected for the compomer material. The nano RBC and the ormocer-based RBC showed no increase in UDMA, Bis-GMA, or TEGDMAX between 1 day and 7 days.

At all time points, UDMA release decreased in the following order: nanohybrid RBC > hybrid RBC > ormocer-based RBC > nano RBC > compomer. The nanohybrid RBC leached the highest amounts of Bis-GMA (1 h: 2.60 nmol/mm², 1 day: 6.41 nmol/mm², 7 days: 8.14 nmol/mm²) and the highest amounts of TEGDMA (1 h: 1.55 nmol/mm², 1 day: 2.36 nmol/mm², 7 days: 3.27 nmol/mm²). TEGDMA release for the ormocer-based RBC and compomer was heterogeneous. However, at all time points, the hybrid RBC released the highest amounts of TEGDMA and the nano RBC released the lowest amounts. The nanohybrid RBC does not contain TEGDMA.

We therefore concluded that RBCs release composite monomers that might interfere with cell physiology and thus slow wound healing.

**Discussion**

The biological effects of deep and insufficient restorative margins below the CEJ are believed to cause overgrowth of periodontal pathogens, inflammation, and destruction of soft and hard tissue. Although special restorative techniques, advanced operator skills (22), and oral hygiene training are important, selection of the appropriate material for restoring the apical part of deep proximal cavities might be essential for the healing and maintenance of biological structures. Previous studies of glass-ionomer cements (6,23), polyacid-modified resin composite materials (7,24), and methacrylate-based composite systems (25) described their effects on long-term durability, marginal qualities, bond strength, and development of secondary caries. Because of their long-term success, composite resin materials are the material of choice for restoration of deep subgingival defects. However, the effects of RBCs on biological structures in the subgingival area has not been investigated. The present simple

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**Table 3** Results of HPLC analysis of release kinetics of resin monomers at 1 h, 24 h, and 7 days of monomer leaching

| Material               | Incubation time | UDMA (nmol/mm²) | Bis-GMA (nmol/mm²) | TEGDMA (nmol/mm²) |
|------------------------|-----------------|-----------------|--------------------|------------------|
| Nanohybrid composite   | 1 h             | 3.00            | 2.50               | n.d.             |
|                        | 1 day           | 6.98            | 6.25               | n.d.             |
|                        | 7 days          | 8.06            | 7.23               | n.d.             |
| Hybrid composite       | 1 h             | 2.14            | 2.60               | 1.55             |
|                        | 1 day           | 5.06            | 6.41               | 2.36             |
|                        | 7 days          | 6.84            | 8.14               | 3.27             |
| Nanocomposite          | 1 h             | 1.32            | 0.99               | 0.40             |
|                        | 1 day           | 2.99            | 2.02               | 0.82             |
|                        | 7 days          | 2.45            | 1.67               | 0.62             |
| Ormocer                | 1 h             | 1.38            | 1.56               | 0.52             |
|                        | 1 day           | 3.18            | 3.19               | 1.00             |
|                        | 7 days          | 2.65            | 2.75               | 0.73             |
| Compomer               | 1 h             | 0.49            | n.d.               | 1.20             |
|                        | 1 day           | 0.98            | n.d.               | 0.97             |
|                        | 7 days          | 1.64            | n.d.               | 0.63             |

Bis-GMA: bisphenol-A-glycerolate dimethacrylate; TEGDMA: triethylene glycol dimethacrylate; UDMA: diurethane dimethacrylate. n.d. = not detected.
in vitro study sheds light on biological interactions in the subgingival area.

We focused on evaluating the effects of RBC restorations on actual intraoral targets, namely, the cells that are in close contact with such restorations—gingival fibroblasts and osteoblasts. Cell adhesion was measured by determining the number of viable cells with MTT assays. Five RBC types were used to assess subgingival cell adhesion on RBC surfaces with or without modifications. In vitro adhesion of fibroblasts and osteoblasts on these RBC types was minimal and did not significantly differ in relation to RBC type. Surface modification by alumina blasting with 50-μm and 110-μm Al₂O₃ also had no significant effects on cell adhesion (Table 2; Fig. 1A, B). Surface modification by alumina blasting was chosen in order to simulate subgingival finishing techniques with diamond burs of different grit size. Standardized surface roughening with alumina blasting was considered more advantageous than manual roughening with diamond burs.

HPLC analyses of RBC leaching identified the monomers UDMA, Bis-GMA, and TEGDMA. The presence of residual monomers might affect healing of biological structures after restorative treatment. Therefore, we measured release of resin monomers from composite material after leaching for 1 h, 1 day, and 7 days, the latter representing the time of wound healing (Table 3). The interval between 1 h and 24 h was chosen because elution of leachable components is asymptotic: most is released within the first hours (20,26,21). A limited maximal incubation period of 7 days was chosen because a recent meta-analysis of 22 studies showed that monomer release from RBC materials was completed within 1 week (21). Extraction of leachable components in 1 mL of an ethanol-water (75:25%) mixture does not reflect conditions in the oral cavity, as alcoholic solutions are good solvents for methacrylates (21,19). Although hydrophilic polymeric compounds are less soluble in artificial or original saliva than in ethanol-water mixtures, organic solvents allow for identification and assessment of release kinetics of residual monomers, as was desired in the present study (21). Levels of the present residual monomers were consistent with those in previous reports. Bis-GMA release in organic solvents was reported to be 1.4 to 9.5 nmol, calculated per volume or surface (21). Eluted monomers from RBCs such as Bis-GMA, UDMA, and TEGDMA had cytotoxic effects on human oral cells (27,28). Thus, our observation of minimal adhesion of HGFs and osteoblasts on RBC specimens might in part be attributable to the cytotoxic effects of leached resin monomers or other leachable components in composites. This hypothesis is supported by our finding that cells attached to RBCs did not have atypical or impaired cellular morphologies.

The present simple in vitro tests are the first attempt to clarify cell-composite interactions in the subgingival area. Clearly, further improvements and studies are needed in order to test RBC materials in relation to monomer composition, cell interactions and monomer release in aqueous solvents. Recent studies have reported technological improvements in composite resin. Of particular interest are antibacterial additives that might reduce secondary caries and biofilms and enhance remineralization of teeth (29-31). Thus, material-induced reactions should be expected when margins beyond the CEJ are required. In addition, future studies should continue to evaluate RBC materials, to determine the optimal resin matrix composition and identify bioactive additives for clinical application in deep cavities with margins beyond the CEJ.

In conclusion, we found that subgingival cell adhesion was limited for the tested RBC materials and surface modifications. Although residual monomer release from RBCs was low, it might be sufficient to adversely affect subgingival cell adhesion. However, in vitro methods have a limited ability to replicate clinical conditions. If future indications for subgingival resin composite restorations are extended, clinical and in vitro studies should examine improvement in composite-cell interactions and development of new bioactive RBC materials.

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Conflict of interest
The authors declare that they have no affiliations with or involvement in any organization with a financial or non-financial interest in the subject matter or materials discussed in this manuscript.

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