The Existing Recovery Approaches of the Huangjiu Lees and the Future Prospects: A Mini Review

Rongbin Zhang 1,2,†, Yizhou Liu 3,4,†, Shuangping Liu 1,4 and Jian Mao 1,4,*

1 National Engineering Research Center of Cereal Fermentation and Food Biomanufacturing, State Key Laboratory of Food Science and Technology, School of Food Science and Technology, Jiangnan University, Wuxi 214122, China
2 Guangzhou Institute of Energy Conversion, Chinese Academy of Sciences, Guangzhou 510630, China
3 School of Environmental Science and Engineering, Tianjin University, Tianjin 300350, China
4 Jiangnan University (Shaoxing) Industrial Technology Research Institute, Shaoxing 312000, China
* Correspondence: maojian@jiangnan.edu.cn
† These authors contributed equally to this work.

Abstract: Huangjiu lees (HL) is a byproduct in Chinese Huangjiu production with various nutrient and biological functional components. Without efficient treatment, it could cause environmental issues and bioresource wasting. Existing dominant recovery approaches focus on large-scale disposal, but they ignore the application of high-value components. This study discusses the advantages and limitations of existing resourcing approaches, such as feed, food and biogas biological production, considering the efficiency and value of HL resourcing. The extraction of functional components as a suggestion for HL cascade utilization is pointed out. This study is expected to promote the application of HL resourcing.

Keywords: Huangjiu lees; food byproduct resourcing; component extraction; cascade utilization

1. Introduction

Chinese Huangjiu is a popular Chinese alcohol made from rice and wheat Qu (microbial solid medium). Huangjiu lees (HL) is a major byproduct in Chinese Huangjiu production. Solid-state fermentation and squeezing are major processes in Chinese Huangjiu production. Rice starch in cooked rice and microbial protein in wheat Qu is fermented into alcohols and esters. Liquor (Chinese Huangjiu) can be successfully separated from fermented solids in a squeezing process for alcohol collection. The remaining solid is HL (Figure 1). Due to the low efficiency in solid-state fermentation and squeezing, a certain amount of biomass and microbial metabolites (with highbioactive value) still remain in lees, including protein, starch, fiber and phenol (Table 1). Thus, HL has a potentially high value in biosolid waste resourcing. However, HL is hard to preserve due to its high water content and low pH. Without efficient treatment, rotten HL could cause some environmental issues, including stench, water and soil pollution. In order to treat HL in efficient ways and promote economic recycling, there are some studies that focus on HL-resourcing applications, such as feed production, food additive production, vinegar brewing, edible fungi or microbial cultivating and high-value content extraction. It should be noticed that, nowadays, even though feed is a major approach in HL-resourcing utilization, demand in the livestock industry has become restricted due to the limited nutritive value in HL feed [1].

There is currently a rapid development in techniques for the recovery of compounds derived from food waste and food by-products [2]. Conventional extraction techniques have been employed in the past with a higher operating cost, lower yield, higher energy consumption and inorganic solvents, such as solvent-based extraction and subcritical water extraction [3]. Additionally, organic solvents in conventional extractions present challenges
for environment protection and human health and safety [2]. Green extraction approaches that are less hazardous are alternative choices in functional extractions, such as ultrasound-assisted extraction, supercritical fluid extraction, and pulsed electric field and microwave interaction [4–6]. The extracted components can then be used in functional foods and flavoring agents (considering their biofunction and flavoring characteristics) [7]. Bioactive-component-extraction technology with green and operational characteristics could be used as clean labels in food systems [8].

Table 1. Component concentration in Huangjiu lees.

| Items             | Quantities               | Reference |
|-------------------|--------------------------|-----------|
| Water content     | 46.92–59.80%             | [10,11]   |
| Organic matter    | 92.5% *                  | [10,11]   |
| Starch            | 32.2–33.1% *             | [10,12]   |
| Neutral detergent fiber | 46.1% *               | [12]      |
| Acid detergent fiber | 23.2% *                | [12]      |
| Crude protein     | 13.70–41.30% *          | [10,11,13]|
| Peptide           | 16.8% *                  | [13]      |
| Bacteria          | $8.4 \times 10^4–1.0 \times 10^5$ CFU/g | [14,15] |
| Mildew            | $7.2 \times 10^4–3.1 \times 10^5$ CFU/g | [14,15] |
| Yeast             | $0.7 \times 10^3–1.8 \times 10^3$ CFU/g | [14,15] |

* Dry matter basis.

This review highlights some existing research developments in HL resourcing and reports a critical evaluation based on the current advances of HL-resourcing approaches. In addition, cascading use, which is designed to promote the application of HL resources, is discussed.

2. Application in Feed Production

2.1. Feed Production

Protein limitation is a problem in livestock feeding. Soybean meals and corn are conventional components in feed production, used to increase the protein in feed [16]. However, these components increase the cost of livestock feed [17]. HL is an alternative component in livestock feed, which can decrease feed cost but also enrich protein resources. Unfermented rice and fermented components in HL can supply some of the energy and nutrients in livestock growth. It should be noted that HL uses a similar energy supply and protein curbing to normal feed (such as soybean meal and corn feed), but the starch concentration in HL is much higher than that in normal feed (Table 2). Thus, HL can partially replace normal feed in livestock feeding. Yao et al. [11,12] reported that pigs fed by HL feed still had a stable growth performance and feed utilization. The ratio of daily livestock weight increase to daily intake feed weight increase remained in the rage of 2.55–2.65, without significant variation ($p > 0.05$).
Table 2. Component concentration in different feeds.

|                  | Dry Matter (%) | Energy (Mcal/kg) * | Curb Protein (%) * | Curb Fat (%) * | Starch (%) * | Reference |
|------------------|---------------|------------------|-------------------|---------------|--------------|-----------|
| Soybean meal     | 87.70–91.90   | 2.02–3.79        | 39.80–48.31       | 5.9-39.80     | 0–3.50       | [12,18]   |
| Corn             | 30.25–31.83   | 2.66–3.94        | 9.00–9.07         | 4.07–5.50     | 61.70–77.06  | [10,11]   |
| HL **            | 88.90         | 3.10–3.52        | 13.70–41.30       | 4.51–5.10     | 32.20–33.10  | [10,12,14]|
| Fermented HL     | 88.40         | -                | 67.40–69.40       | 0.00–4.40     | 18.30–22.30  | [12,13]   |

* Data are on a dry matte basis; ** Huangjiu Lees HL.

However, there were some negative effects of the HL feed. Pig health indexes, such as nutrient digestion and serum level, were decreased when the intake feed had a higher HL content [11]. These negative effects could be due to the difference in feed nutrient components and characteristics. A higher HL percentage yields lower NH$_3$-N and microbial protein, as well as higher unsaturated fatty acids in feeds. As a result, digestibility decreases significantly, and the quantity of serum total protein and albumin in blood decreases [13]. Furthermore, HL mixed feed is not an ideal choice in the fattening stage. Over a long time, HL feed intake reduces the firmness of the abdomen of pigs and causes the rouge body fat to soften. Similar results were shown in the study of Yao, et al. [11], and the feed efficiency and nitrogen conversion rate did not show a difference between the HL mixed feed in cows and normal feed in cows. In brief, HL mixed feeds meet the daily demand for energy, rather than high nutrient intakes. A higher HL percentage in feeds could undermine pig growth and meat quality. Meanwhile, HL has some problems with preservation (wet HL) due to an imbalanced amino acids concentration, relative low digestibility and low utilization efficiency of nitrogen [11]. Further processes are needed to improve the nutritional and feeding value of HL and the applicability in the hole breeding stage.

2.2. Fermented Feeds

Fermented feed has been an effective strategy to increase feed value and ensure food hygiene and safety, as well as to promote the conservation of functional components and emission reduction [19]. Solid-state fermentation is an efficient approach in existing feed production. Microorganisms degrade macromolecular substances into small compounds to increase animal absorption. Fiber hydrolyzation is the key factor in HL (with rich non-starch polysaccharides) feed fermentation (Table 3). Decreasing the lignocellulose contents (including cellulose, hemicellulose and lignin) increases the nutrient value and palatability of feeds. Microorganism cultures with an effective utilization of fiber are the preferred choice for HL feed. Yao, et al. [12] included Bacillus subtilis and Rhizopus chinensis in HL, which increased the NH$_3$-N, microbial protein and volatile fatty acids (VFA) from 12.90 mg/dL, 2.82 mg/dL and 72.20 mM to 13.30 mg/dL, 3.16 mg/dL and 73.10 mM, respectively. Yeast culturing also increases the nutrient concentration in HL. Hu, et al. [19] reported that the concentration of the crude protein and peptide was improved, and the high bioactive nutrient components in HL, such as peptides and free amino acids, was enriched after yeast inoculation. Modified components in HL can increase the nitrogen utilization of ruminants and promote organic matter digestibility. As a result, the free radicals’ scavenging ability of HL feed increased from 51.4% to 67.3% and 55.5% to 69.6% for DPPH and ABTS in vitro experiments, respectively. Compared with the unfermented HL feed group, blood antioxidation level (T-AOC) for cows fed with the fermented HL feed increased by 11.9%. HL feed intake had no adverse effect ($p < 0.01$) on the blood routine index, such as the number of red and white blood cells. Thus, fermentation feeds can increase HL feed value and promote its application.
Table 3. Fermentation strain inoculation for non-starch polysaccharides feeds.

| Strain Classification | Fermentation Strain | Enzymes | Enriched Components | Application | Reference |
|-----------------------|---------------------|---------|---------------------|-------------|----------|
| Fungal strains        | Aspergillus         | D-xylosidase, Mannosidase, b-fructofuranase | Soluble sugar, Crude Protein, Ferulic acid, Short chain fatty acids | Wheat straw, Wheat bran, Soybean meal | [20] |
|                       | Trichoderma         | Glucosaminase, Cellulase, Xylanase Mannosidase | Short chain fatty acids, Lactic acid, Mannan oligosaccharide Short chain fatty acids, Mannose | Wheat bran, Corn-ethanol lees | [21–23] |
|                       | Enterococcus        | Glucosaminase | Soluble sugar, Organic acids | Corn-soybean mixed meal | [22,24] |
| Bacteria              | Penicillium         | Pectin methylesterase, Polygalacturonas Keratinase, Cellulase, Xylanase Fructofuranosidase Cellulase | Protein and amino acids, Soluble sugar and protein Lactic acid, Proteins | Okara, Soybean meals, Brewer’s spent grain | [25] |
|                       | Lactobacillus       | Glycoside hydrolases | | Rice straw, Wheat bran, Soybean meal | [26–28] |

Microbial cultivation is a key factor in feed fermentation, which is also a challenge in the production of high microorganism protein feeds. Microorganism selection, fermentation approaches and cultivation conditions all affect the fermentation process. For instance, a mixed microorganism culture gives a higher biomass yield than a monoculture. The synergistic effect between mixed microorganisms yields corroborative behavior, and the substances’ utilization can be improved. Particularly, some microorganisms do not have a significant effect on HL fermentation when they are separated from a mixed culture for a monoculture. For instance, biomass yield (36.16%) and curb protein (2.27%) variations were not significant before and after HL fermentation by a *G. candidum* (particularly active in starch hydrolyzation) bacteria agent. However, once a *G. candidum* and *C. utilis* mixed bacteria agent was inoculated into HL, the biomass yield and curb protein showed a significant increase, to 4.91% and 68.5%, respectively [10]. However, limited heat transfer efficiency causes a sharp rise in the temperature of feed and inhibits the secretory enzymes. As a result, the growth and metabolism of microorganisms are limited. Free water lacking is another inhibition factor in fermentation. Low moisture content reduces the diffusion of nutrients and metabolites and affects the activity of enzymes, resulting in the limited growth of microorganisms. Conversely, excessive moisture content decreases the oxygen in substance, inhibits the heat transfer and increases the risk of mycotoxin contamination [32].

3. Potential Application in Food Processing

3.1. Artificial Food Additives

Flavor components are formed after rice and wheat hydrolyzation or from the microbial metabolism of macromolecular substances (protein and starch and polysaccharide). Flavor components in HL can be roughly classified into acids, alcohols and esters. The content of amino acid in HL can enrich the flavor (Table 4). Zheng and Qian [33] detected over 17 kinds of acid (relative concentration in total volatile components was 3.94%), 20 kinds of alcohols (47.60%), 40 kinds of esters (47.55%) and 6 kinds of aldehyde (0.13%) in HL. Acetic acid, decanoic acid and octanoic acid had a high relative concentration, in which the odor was described as vinegar, milk and fruits, respectively [34–36]. Ethyl, isobutyl alcohol and isopentyl alcohol were the three dominate alcohols in HL, which were also the major volatile components in liquor and tea [37,38]. The major esters in HL were ethyl acetate, ethyl decanoate and myristic acid, ethyl ester and ethyl palmitate. These esters had a pleasant aroma to enhance the flavor characteristics of fermented (by)production. These reports indicated that HL has potential in food additive production. In the processes of the production of HL mixed food additives, HL treatment includes cleaning, fertilization and food additive (such as sugar, salt and pepper) mixing, followed by hydrolysis.
Table 4. Proportion of main flavor amino acids in Huangjiu lees and Huangjiu fermented broth [39,40].

|                        | Huangjiu Fermented Broth (%) * | Huangjiu Lees (%) * |
|------------------------|-------------------------------|---------------------|
| **Sweet amino acid**   |                               |                     |
| Serine                 | 2.63                          | 0.61                |
| Glycine                | 3.84                          | 0.96                |
| Threonine              | 3.58                          | 0.60                |
| Alanine                | 6.76                          | 0.69                |
| Proline                | 13.76                         | 0.52                |
| Methionine             | 4.95                          | 0.15                |
| **Sum**                | **35.54**                     | **3.53**            |
| **Bitter amino acid**  |                               |                     |
| Histidine              | 6.95                          | 0.26                |
| Arginine               | 11.42                         | 0.73                |
| Valine                 | 4.51                          | 0.63                |
| Isoleucine             | 2.21                          | 0.15                |
| Leucine                | 7.03                          | 1.04                |
| Phenylalanine          | 9.68                          | 0.63                |
| Lysine                 | 4.61                          | 0.45                |
| Tryptophan             | 2.62                          | /                   |
| **Sum**                | **49.02**                     | **3.89**            |
| **Delicious amino acids** |                               |                     |
| Aspartic acid          | 2.44                          | 0.96                |
| Glutamate              | 5.00                          | 1.97                |
| **Sum**                | **7.45**                      | **2.93**            |
| **Astringent amino acid** |                               |                     |
| Tyrosine               | 5.41                          | 0.53                |
| Other amino acid γ-aminobutyric acid | 2.58                          | /                   |

*Proportion in total amino acid.

The initial cleaning is necessary to reduce the HL acidity and heavy color, otherwise it causes a low efficiency in hydrolyzation and an unpleasant taste in production. However, the high energy and water consumption in the cleaning process increases the cost of the production of HL mixed food additives. Meanwhile, fat in HL could produce chloropropanol in low pH, high temperature and longtime hydrolysis conditions, which causes potential food safety issues. Meanwhile, the complexed operation in hydrolysis and pH variation limits the application. The different characteristics of raw materials (depending on rice fermentation) and hydrolysis performance can also yield an unstable production quality.

3.2. Soy Sauce and Vinegar

Mixing HL into soy sauce and vinegar production increases the healthy component (nitrogen) and volatile flavor in production. After further hydrolyzation or microbial liquor-state fermentation, proteins and starch in HL can be hydrolyzed to different various saccharides, amino acids, peptides and esters (Table 5). You, et al. [40] reported that HL made by indica rice yielded a higher concentration of amino acids than japonica rice. The concentration of fresh amino acids and astringent amino acids reached 304.687 mg/L and 233.547 mg/L in the HL made by indica rice, respectively. These amino acids also are major flavors in soy sauce and vinegar [41,42]. Gu [43] produced soy sauce by enzymatic hydrolysis of HL which was brownish-red, clear and transparent. The content of total nitrogen and amino nitrogen in the products were 1.61% and 0.95%, respectively, and the utilization rate of HL protein was 85%. Compared with traditional soy sauce production, this method decreases production cost and time. Meanwhile, due to the different microorganic groups in different Chinese Huangjiu productions, the remaining volatile flavor components in HL had some differences. Wan, et al. [44] compared vinegar aroma components between HL reusing products and traditional products. HL reusing products showed a higher vinegar aroma concentration in alcohol, ester and amino acid content, which increased by 1.21%, 1.02% and 1.51%, respectively. However, the flavor of the soy sauce and vinegar of HL mixed fermentation was not as good as the traditionally fermented soy sauce. The solid wastes remaining after production should also be treated.
Table 5. Flavor components in HL and correlated microgames in HL fermentation [45].

| Flavor Components | Correlated Microgames |
|-------------------|-----------------------|
| Malic acid, Lactic acid, Acetic acid, Citric acid | Lactobacillus, Leuconostoc and Enterobacter |
| Isobutyl acetate, Isoamyl acetate, Hexyl acetate, Phenylethyl acetate, Isobutanol, N-octanol, N-decanol | Thermomyces, Cryptococcus, and Fusarium |
| Ethyl phenylacetate, 2-propenyl phenylacetate, Ethyl stearate, 2-methyl-4-octanol Ethyl caproate, Ethyl caproate, 1-octene-3-ol, Benzaldehyde, Phenylacetaldehyde Ethyl caprate Isoamyl acetate, Ethyl valerate, Ethyl caproate, Ethyl propylene carbonate, isobutanol 1-octene-3-ol, benzaldehyde, Phenylacetaldehyde Hexyl acetate, Ethyl heptanoate, Phenylethyl acetate, Ethyl dodecanoate | Candida Saccharomyces Aspergillus Pseudomonas Lactococcus Bacillus |

4. Other Huangjiu-Lees-Resourcing Approaches

4.1. Biogas Production

HL is an ideal biomass for biogas production in fermentation. To overcome numerous issues related with fossil fuels, biomass energy is a potential option [46,47]. Fu et al. [48] reported that the amount of biogas produced by brewing lees (434.2-607.4 mL g VS⁻¹) was much higher than that produced by a cassava-fuel-bioethanol stillage (122.3 mL g VS⁻¹), and the purity of methane was 60–70%. Meanwhile, brewed lees is a valuable source of organic components for H₂ production [49,50]. Mixing brewed lees with other biomasses has the advantages of recycling waste and protecting the environment [51]. With the increased fermentation substants and generated butyric acid, the microbial degradation pathway efficiently changes from biohydrogen production to methane production [52].

In the anaerobic treatment of HL, reaction conditions need to be optimized to achieve higher CH₄ and biohydrogen production. Sun [53] applied washed liquor from brewing lees to produce biogas. When the production temperature rose from 40 °C to 45 °C, the total gas production dropped from 1045 mL to 694 mL. It should be noted that the fermentation system takes a long time in the initial period to achieve a stable reaction situation. Thus, the unstable production condition challenges the application of HL biogas production. Meanwhile, the CH₄ production is unstable under high temperatures [54].

4.2. Cultivation of Edible Fungi

After adjusting the pH and sterilization, edible fungi can be cultivated into HL [55]. There are various edible fungi (such as Flammulina velutipes, Hericium erinaceus, Agrocybe aegerita, Coprinus comatus) that could be cultivated with HL. Cultivation with HL has advantages, including faster growth speed, efficient bioconversion and good quality (appearance, taste, nutrients). Meanwhile, the potential risk of bacterial contamination should be noted, as the high-temperature-resistant microorganisms in HL have difficulties with sterilization [56].

4.3. Skin Care Products

HL-resourcing applications do not limit food or feed production. For example, yeast extracts from fermented rice are applied in the production of facial treatment masks (SK-IImask). Yeast extracts play an important role in skin care, and bacterial celluloses have a high water-uptake capacity, tensile strength, protein delivery and bacterial metabolism, and they contain polyphenols, flavonoids and vitamins, with high bioactivity [57]. Therefore, selecting techniques for extraction should not only consider the efficiency and energy consumption, but also evaluate the health risks.

4.4. Biochar Production

Biochar is a thermogenic carbonaceous material with a good porous structure and amendment functions, which can be well applied in agronomic and anti-pollution treatments [58]. Gupta, et al. [59] derived biochar from mixed boiled rice waste and wood
waste. After drying (80 °C) and carbonization (300–500 °C), irregular shapes and porous on the surface of the biochar was observed. The biochar also yielded a good performance in mechanical and permeability properties. According to Leininger and Ren [60], food waste biochar improves methane production rate (47.5%), as it has a higher VFA conversion and alkalinity contribution than other (wood and bone) biochar. Furthermore, biochar has a high removal rate of organic contaminants in wastewater. Biochar adsorbs phenol to decrease its toxicity and promote waste biodegradation (removal efficiencies increased from below 46% to up to 99%). Meanwhile, the alkalinity of biochar buffers acid intermediates, which inhibits microorganism metabolism and could be consumed by bacteria [61]. Thus, HL biochar can be applied in biogas and wastewater treatments.

However, in the process of biochar production, high energy consumption, carbon emission and incomplete carbonization limits technology applications and product quality. A high energy conception (0.15–0.23 kWh kg\(^{-1}\) biochar) for biomass drying and carbonization increases the treatment cost and carbon emissions [62–65]. Some biochar production approaches (such as pyrolysis) are not suitable for high moisture biomass waste and cause incomplete carbonization [66]. There are still a few correlated studies on HL biochar or special materials. Future studies on HL reusing materials should overcome problems, including energy consumption, high water concentration and biomass transformation efficiency.

5. Future Prospects

In order to increase HL-resourcing value, promote treatment efficiency and minimize the environmental impact and operation costs, there are some factors that should be noticed in the future studies.

5.1. Focusing on Functional Component in Huangjiu Lees

The reported biological functional components in brewing lees can be curtly classified into protein, peptide, fiber, phenol, polysaccharide and oligosaccharide. Some studies indicate that rice residue protein has good biological functions, such as antioxidant activity, angiotensin-converting enzyme (ACE)-inhibitory activity, anti-hypertensive and anti-obesity activities [43]. Yang, et al. [67] indicated that, in both in vitro and in vivo experiments, the mixed substances’ digestibility was reduced with an increase in rice protein, especially for alkali-extraction protein. This is because rice protein has a lower digestibility inhibition and can inhibit cholesterol absorption and deposit fat. Furthermore, fermentation can vary and enrich substance components. Ran, et al. [68] reported that fermented HL with more rice protein (which could from microorganisms and hydrolyzed substances) yielded a better performance in terms of total antioxidant capacity and free DPPH radical scavenging than the unfermented one.

Small molecule substances (such as amino acid, peptide and phenolics) in Huangjiu raw materials and HL also have strong bioactive effects. Wang [69] identified an amino acid sequence peptide in hydrolyzed rice bran with strong hydrogen bonds to inhibit ACEs. As expected, Lv, et al. [70] extracted ACE-inhibitory peptides from HL, in which the highest concentration inducing a 50% inhibition value was 220.0 uM. Particularly, peptides with a lower molecular weight have higher activity and easier absorption. Yan, et al. [71] extracted several low molecular weight peptides (<1000 Da) from rice residue proteins, and both peptides showed excellent stability in different antioxidations assays, including DPPH and ABTS radical scavenging assays. The concentration and type of peptides in HL can be enriched in fermentation steps. Zhao, et al. [72] reported that, taking different wheat Qu and rice in Huangjiu production, the concentration of nine functional polypeptides in HL increased significantly. Most of these polypeptides comprised phenylalanine, tyrosine and leucin, and they yielded functions, including antioxidation, antihypertensive and dipeptidyl peptidase IV inhabitation. Furthermore, several bound phenolics were identified form brown rice. Feng, et al. [73] extracted 22 bound phenolics from rice by alkaline hydrolysis, and ferulic acid and p-coumaric acid were relatively the highest monomeric
phenolic acids. It was indicated that rice residues still need high protentional resourcing value for functional products.

The bioactive capacity variation of HL depends on the raw material variety, rice cooking, microorganism groups in fermentation, temperature and period of fermentation. Taking phenolics as an example, rice type and resource (different planting locations), rice cooking and fermentation are variates of the phenolic components [74]. Cooking causes a variation in the phenolic components. A short cooking time promotes the phenolics releasing from fiber, but overcooking significantly decreases the concentration of total phenolics, and even causes an increase in the quantity of insoluble phenolic. As a result, the bioactive capacity, such as antioxidation and ACE inhabitation, is weakened [75]. Different to cooking, fermentation could enrich the phenolic components. Chen, et al. [76] reported that the total rice-extracted phenolic content increased by 71.6%, especially for the free phenolic content which increased by 90% after fermentation. In order to enhance the substance components, rice fermentation should be applied to the microorganisms co-culture approach. Khan, et al. [77] compared the rice fermentation performance between signal and co-culture (lactobacillus and yeast) approaches. The results showed that the concentration of total phenolic in the co-cultured fermented rice (237.46 mg of GAE 100 g$^{-1}$ of dry rice) was much higher than that of the other groups (77.70 and 50.31 mg of GAE 100 g$^{-1}$ of dry rice for lactobacillus- and yeast-culture fermented rice, respectively). Additionally, there were three kinds of phenolic compositions (chlorogenic acid, epicatechin and kaempferol) formed by the co-cultured fermented rice, rather than the signal culture during fermented production. Therefore, the extraction of functional components is a potential approach for HL resourcing. Raw material selection, cooking and fermentation condition optimization can enhance the value of HL resourcing.

5.2. Optimizing the Processes in Biological Functional Component Extraction

In order to increase the purity and quantity of extracted components, the processes for extraction should be optimized. Briefly, existing processes for the extraction of brewed lees biological functional components include separation (hydrolyzation), purification, identification and function active testing (Figure 2). Initially, macromolecular substances are hydrolyzed into a micromolecular mass. For instance, focusing on the target protein, rice residues can be hydrolyzed by multiplying proteases (such as amylase, cellulase and proteases). Zhao, et al. [78] prepared the rice residues by alkaline protease (protamex), showing a higher protein recovery with low molecular weight peptides (<3000 Da). After hydrolyzation, some crude components can be hydrolyzed, adsorbed and intercepted in the purification process. In this step, physical treatment can increase the extraction and purification efficient, such as solid–liquid extraction, grinding, microwave-assisted extraction, ultrasound-assisted extraction, thermal explosion and high-pressure extraction [79,80]. With the assistance of physical technology, more energy can be supplied for the mass transmission or modification of the physical structure of the material for components’ explosion. Therefore, water soluble components (liquor part) can be separated from HL (solid part) efficiently. The ultrafiltration membrane can intercept hydrolyzed substances (liquor part) into different fractions by molecular weight. The purification of the remaining part need to be tested after the separation. Not only the purity should be tested, but the bioactive capacity of extracted components should also be analyzed. The function actives of the remaining part can first be tested by in vitro analysis. For example, DPPH and ABTS radical scavenging assays are common approaches to determinate the comportments’ antioxidation activity. The inhibitory activities of the components against α-glucosidase are tested for hypoglycemic capacity. Once the bioactive capacity and purification of the substance obtains the target requirement, the structure can be identified by HPLC with quadrupole time-of-flight mass spectrometry/mass spectrometry (HPLC-Q-TOF-MS/MS) or liquid chromatography–mass spectrometry (LC–MS) [81,82]. For instance, some studies have reported that peptides contain specific amino acid residues, such as Asp, Pro and His, take stronger antioxidant activities [83]. For further function active assays, performed
in vivo, some studies have investigated the intestinal potentially activated signaling pathway, variation of the microorganism community metabolism, blood glucose levels and serum inflammatory in the extracted lees components [84].

![Flow for biological functional components extraction](image-url)

**Figure 2.** Flow for biological functional components extraction [81,82,84].

High-performance liquid chromatography–tandem mass spectrometry, HPLC–MS/MS; liquid chromatography mass spectrometry, LC–MS; reversed-phase high-performance liquid chromatography, RP-HPLC; angiotensin-converting enzyme, ACE.

However, there are some limitations in the extraction of biological functional components. Firstly, extraction approaches have some limitations in terms of efficiency, waste and cost. For instance, even peptides have higher functional activity than proteins, and the extraction rates of peptides is extremely lower than that of proteins [85]. Some treatments have the potential to cause denaturation, aggregation, transformation and hydrolyzation in the components, thus reducing the competition's solubility, richness and bioactivity, yielding even more challenges in extraction. Rice proteins are extracted in alkaline conditions with higher digestibility and bioavailability, but the purity of extracted proteins is lower compared to enzyme-extraction approaches [86]. Although stronger alkali conditions enhance the protein extraction rate, the peptide backbones of extracted proteins could be damaged and present inferior properties of proteins [87]. Low extraction efficiency and cumbersome processes inhibit the application in factories. Secondly, existing extraction techniques have some disadvantages in terms of higher costs in operations and repairs (such as gas supplying polyphenols’ extraction by CO₂ supercritical) [88], lower yield, higher energy consumption (such as monosaccharide extraction via microwave assistance and fiber production by thermal explosion) and inorganic solvents. Thirdly, a high liquid–solid ratio generates a high amount of various organic components, such as protein, carbohydrates, organic acids and lipids, in wastewater after extraction and purification [89]. Without efficient treatment, wastewater will cause environmental pollutants. Hydroxyl solutions (NaOH, KOH) have efficient performance in lignin removal from rice fibers [90]. Nevertheless, it results in toxic side-effects regarding the hydroxides of alkaline or alkaline earth. Meanwhile, a large amount of water is needed to clean fibers after extraction, which also increases the water footprint [91].

### 5.3. Designing a Comprehensive Cleaner Treatment

Considering environmental pollution and treatment efficiency, a comprehensive and cleaner HL treatment should be designed. For example, after Chinese Huangjiu production, the extraction of biological functional components can be processed before biogas or biochar production (Figure 3). Therefore, HL treatment can achieve cascade utilization. Microorganism culturing can be a key factor from the initial rice fermentation to the final waste treatment by controlling the culture and reaction conditions. Inoculated microor-
organisms should not only can hydrolyze the substance components, but also yield a good stable performance in stressful conditions, including low pH, alcohol and polyphenols [15]. With condition variations, the dominant microbial metabolic pathway and biomass transformation can be changed in different steps. In the Chinese Huangjiu production of rice fermentation and alcohol production, anaerobic and acid conditions can be formed for yeast cultivation. A hydrolyzed macromolecular yeast substance converted into small and repairs (such as gas suppling polyphenols’ extraction by CO2 supercritical) [88], lower efficiency and cumbersome processes inhibit the application in factories. Secondly, existence of proteins could be damaged and present inferior properties of proteins [87]. Low extraction alkali conditions enhance the protein extraction rate, the peptide backbones of extracted protecions, thermophilic bacteria can be promoted for biogas production (as the final resourcing application) [49]. Therefore, HL cascade utilization can be achieved. In the final resourcing application, the remaining substances should be treated as much as possible.

Figure 3. Flow for Huangjiu lees cascade utilization.

Secondly, despite the biological functional components’ extraction, other treatment processes and controlling conditions should also be optimized for higher efficiency. For the fermentation step, solid-state fermentation has advantages in terms of it being a convenient operation, but the low efficiency in mass transformation and the sensitive microorganism metabolism still limit its application in factories. Meanwhile, processes in extraction and substance components’ variation and regulation should also evaluate the health risks in case HL is reused in feed, food and health productions (which has been noticed before). A combination of technology is another choice to increase extraction efficiency. With the physical approach assistant, biomass transformation in biological processes and chemical compounds’ variation in chemical treatments can be promoted [86]. Thus, the period of treatment can be shortened. Chemical reagent treatments regulate substances’ pH to a suitable range for the following biological metabolism to enhance treatment efficiency [95].

Thirdly, environment friendly processes should be applied. Water, energy and chemical component consumption should be decreased, and the waste should be reused. Thus, environmental effects can be limited. For instance, wastewater in initial purification with starch can be applied in agriculture after (chemical or microbial) treatment [96,97]. Material reusing in HL cascade utilization can decrease cost and waste in different steps. Biochar, for instance, can be derived from rice waste or HL, and it can yield good performances in the treatment and extraction of the organic components in wastewater. [98]. Biochar can decrease acid stress in microorganisms to promote the metabolism in extraction or biogas production [99] and activates soil-nutrient-acquisition enzymes in farmer soil [100].

6. Conclusions

HL is a typical biowaste that is of high value in resourcing applications. Existing studies regarding HL resourcing apply various approaches and techniques to increase treatment quantality and reuse value. These approaches have some disadvantages, including relative
low treatment efficiency, high-value component waste, incomplete biomass transformation and high energy consumption. Cascade utilization can be an effective way to promote HL utilization. Combining different approaches in the designed process and flow can increase treatment efficiency and HL-resourcing value. Further research on HL resourcing should focus on treatment efficiency, reaction conditions and process optimization. Meanwhile, environmental effects and waste in the resourcing process should be decreased. Promoting HL resourcing can not only decrease the company burden in environmental anti-pollutant treatments, but also increase the value of HL-resourcing products.

Author Contributions: Each author is expected to have made substantial contributions to the conception or design of the work. Conceptualization: Y.L. and J.M.; Methodology: R.Z. and Y.L.; Software: Y.L.; Validation: S.L., Y.L. and J.M.; Formal Analysis: R.Z.; Investigation: S.L.; Resources: Y.L. and J.M.; Data Curation, R.Z.; Writing—original draft preparation, Y.L.; Writing—review and editing: R.Z.; Visualization: R.Z., S.L. and Y.L.; Supervision: S.L. and J.M.; Project Administration: J.M.; Funding Acquisition: J.M. All authors have read and agreed to the published version of the manuscript.

Funding: This work was financially supported by the National Natural Science Foundation of China (32072205, 22138004).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Giuntoli, J.; de Jong, W.; Arvelakis, S.; Spliethoff, H.; Verkooijen, A.H.M. Quantitative and kinetic TG-FTIR study of biomass residue pyrolysis: Dry distiller’s grains with solubles (DDGS) and chicken manure. J. Anal. Appl. Pyrolysis 2009, 85, 301–312. [CrossRef]
2. Pattnaik, M.; Pandey, P.; Martin, G.J.O.; Mishra, H.N.; Ashokkumar, M. Innovative Technologies for Extraction and Microencapsulation of Bioactives from Plant-Based Food Waste and Their Applications in Functional Food Development. Foods 2021, 10, 279. [CrossRef]
3. Gomez, L.; Tiwari, B.; Garcia-Vaquero, M. Emerging extraction techniques: Microwave-assisted extraction. In Sustainable Seaweed Technologies; Torres, M.D., Kraan, S., Dominguez, H., Eds.; Elsevier: Amsterdam, The Netherlands, 2020; Chapter 9; pp. 207–224.
4. Ćiğeroğlu, Z.; Bayramoğlu, M.; Kirbaşlar, Ş.I.; Şahin, S. Comparison of microwave-assisted techniques for the extraction of antioxidants from Citrus paradisi Macf. biowastes. J. Food Sci. Technol. 2021, 58, 1190–1198. [CrossRef] [PubMed]
5. More, P.R.; Jambrek, A.R.; Arya, S.S. Green, environment-friendly and sustainable techniques for extraction of food bioactive compounds and waste valorization. Trends Food Sci. Technol. 2022, 128, 296–315. [CrossRef]
6. Méndez-Carmona, J.Y.; Ascacio-Valdés, J.A.; Alvarez-Perez, O.B.; Hernández-Almanza, A.Y.; Ramírez-Guzman, N.; Sepúlveda, L.; Aguilar-González, M.A.; Ventura-Sobrevilla, J.M.; Aguilar, C.N. Tomato waste as a bioresource for lycopeno extraction using emerging technologies. Food Bioci. 2022, 49, 101966. [CrossRef]
7. Arya, S.S.; Venkatram, R.; More, P.R.; Vijayan, P. The wastes of coffee bean processing for utilization in food: A review. J. Food Sci. Technol. 2022, 59, 429–444. [CrossRef] [PubMed]
8. Hartmann, C.; Hieke, S.; Taper, C.; Siegrist, M. European consumer healthiness evaluation of ‘Free-from’ labelled food products. Food Qual. Prefer. 2018, 68, 377–388. [CrossRef]
9. Mao, J. Process of Huangjiu Brewing. In Key Technology & Engineering Application in Huangjiu Brewing; Chemical Industry Press Co., Ltd.: Beijing, China, 2020; Volume 1, p. 199.
10. Zhu, W.; He, Q.; Gao, H.; Nitayavardhana, S.; Khanal, S.K.; Xie, L. Bioconversion of yellow wine wastes into microbial protein via mixed yeast-fungus cultures. Bioresour. Technol. 2020, 299, 122565. [CrossRef]
11. Yao, K.Y.; Wei, Z.H.; Xie, Y.Y.; Wang, D.M.; Liu, H.Y.; Fang, D.; Ma, M.R.; Liu, J.X. Lactation performance and nitrogen utilization of dairy cows on diets including unfermented or fermented yellow wine lees mix. Livest. Sci. 2020, 236, 104025. [CrossRef]
12. Yao, K.Y.; Gu, F.F.; Liu, J.X. In vitro rumen fermentation characteristics of substrate mixtures with soybean meal partially replaced by microbially fermented yellow wine lees. Ital. J. Anim. Sci. 2020, 19, 18–24. [CrossRef]
13. Milani, N.C.; de Paula, V.R.C.; Azevedo, C.P.F.; Sedano, A.A.; Scarpim, L.B.; Moreira Junior, H.; Duarte, D.H.A.; Carciofi, A.C.; da Trindade Neto, M.A.; dos Santos Ruiz, U. Effects of extrusion on ileal and total tract nutrient and energy digestibility of untoasted soybean meal in weanling pigs. Anim. Feed Sci. Technol. 2022, 284, 115206. [CrossRef]
14. Yao, K. Optimization of Fermentation Process of Yellow Wine Lees and Its Utilization in Lactating Dairy Cows. Ph.D. Thesis, Zhejiang University, Hangzhou, China, 2019.
15. Huang, Z.-R.; Guo, W.-L.; Zhou, W.-B.; Li, L.; Xu, J.-X.; Hong, J.-L.; Liu, H.-P.; Zeng, F.; Bai, W.-D.; Liu, B.; et al. Microbial communities and volatile metabolites in different traditional fermentation starters used for Hong Qu glutinous rice wine. Food Res. Int. 2019, 121, 593–603. [CrossRef] [PubMed]

16. Yang, H.; Peng, Q.; Zhang, H.; Sun, J.; Shen, C.; Han, X. The volatile profiles and microbiota structures of the wheat Qus used as traditional fermentation starters of Chinese rice wine from Shaoxing region. LWT 2022, 154, 112649. [CrossRef]

17. Weinrich, R.; Busch, G. Consumer knowledge about protein sources and consumers’ openness to feeding micro-algae and insects to pigs and poultry. Future Foods 2021, 4, 100100. [CrossRef]

18. Kaewtapee, C.; Thongprajukaew, K.; Jittanoon, T.; Nuntapong, N.; Preedaphol, K.; Saekhow, S. Mixed feeding schedule switching between high and low protein diets for Asian seabass (Lates calcarifer). Anim. Feed Sci. Technol. 2022, 284, 115204. [CrossRef]

19. Hu, Y.; Pan, L.; Dun, Y.; Peng, N.; Liang, Y.; Zhao, S. Conversion of yellow wine lees into high-protein yeast culture by solid-state fermentation. Biotechnol. Biotechnol. Equip. 2014, 28, 843–849. [CrossRef]

20. Feng, J.; Liu, X.; Xu, Z.R.; Lu, Y.P.; Liu, Y.Y. The effect of Aspergillus oryzae fermented soybean meal on growth performance, digestibility of dietary components and activities of intestinal enzymes in weaned piglets. Anim. Feed Sci. Technol. 2007, 134, 295–303. [CrossRef]

21. Irfan, M.; Nadeem, M.; Syed, Q. One-factor-at-a-time (OFAT) optimization of xylanase production from Trichoderma viride-IR05 in solid-state fermentation. J. Radiat. Res. Appl. Sci. 2014, 7, 317–326. [CrossRef]

22. Chai, S.Y.; Abu Bakar, F.D.; Mahadi, N.M.; Murad, A.M.A. A thermostolerant Endo-1,4-β-mannanase from Trichoderma viruns UKM1: Cloning, recombinant expression and characterization. J. Mol. Catal. B Enzym. 2016, 125, 49–57. [CrossRef]

23. Sun, X.; Debeni Devi, N.; Urriola, P.E.; Tiffany, D.G.; Jang, J.C.; Shurson, G.G.; Hu, B. Feeding value improvement of corn-ethanol co-product and soybean hull by fungal fermentation: Fiber degradation and digestibility improvement. Food Bioprod. Process. 2021, 130, 143–153. [CrossRef]

24. Shi, C.; Zhang, Y.; Yin, Y.; Wang, C.; Lu, Z.; Wang, F.; Feng, J.; Wang, Y. Amino acid and phosphorus digestibility of fermented corn-soybean meal mixed feed with Bacillus subtilis and Enterococcus faecium fed to pigs. J. Anim. Sci. 2017, 95, 3996–4004. [CrossRef] [PubMed]

25. Liao, H.; Li, S.; Zheng, H.; Wei, Z.; Liu, D.; Raza, W.; Shen, Q.; Xu, Y. A new acidophilic thermostable Endo-1,4-β-mannanase from Penicillium eusalicum GZ-2: Cloning, characterization and functional expression in Pichia pastoris. BMC Biotechnol. 2014, 14, 90. [CrossRef] [PubMed]

26. Tuly, J.A.; Zabed, H.M.; Nizami, A.-S.; Mehedi Hassan, M.; Roknul Azam, S.M.; Kumar Awasthi, M.; Janet, Q.; Chen, G.; Dzidzorgbe Kwaku Akpabli-Tsigbe, N.; Ma, H. Bioconversion of agro-food industrial wastes into value-added products by a Bacillus sp. Mutant through solid-state fermentation. Biosourc. Technol. 2022, 346, 126513. [CrossRef]

27. Zeng, J.; Huang, W.; Tian, X.; Hu, X.; Wu, Z. Brewer’s spent grain fermentation improves its soluble sugar and protein as well as enzymatic activities using Bacillus velezensis. Process Biochem. 2021, 111, 12–20. [CrossRef]

28. Suprayogi, W.P.S.; Ratriyanto, A.; Akhirini, N.; Hadi, R.F.; Setyono, W.; Irawan, A. Changes in nutritional and antinutritional aspects of soybean meals by mechanical and solid-state fermentation treatments with Bacillus subtilis and Aspergillus oryzae. Biosourc. Technol. Rep. 2022, 17, 100925. [CrossRef]

29. Zhang, Y.; Wang, P.; Kong, Q.; Cotty, P.J. Biotransformation of aflatoxin B1 by Lactobacillus helveticus FAM22155 in wheat bran by solid-state fermentation. Food Chem. 2021, 341, 128180. [CrossRef]

30. Cherdhongth, A.; Suntara, C.; Khota, W.; Wanapat, M. Feed utilization and rumen fermentation characteristics of Thai-indigenous beef cattle fed ensiled rice straw with Lactobacillus casei TH14, molasses, and cellulase enzymes. Livest. Sci. 2021, 245, 104405. [CrossRef]

31. Gao, Y.-L.; Wang, C.-S.; Zhu, Q.-H.; Qian, G.-Y. Optimization of Solid-State Fermentation with Lactobacillus brevis and Aspergillus oryzae for Trypsin Inhibitor Degradation in Soybean Meal. J. Integr. Agric. 2013, 12, 869–876. [CrossRef]

32. Yang, L.; Zeng, X.; Qiao, S. Advances in research on solid-state fermented feed and its utilization: The pioneer of private customization for intestinal microorganisms. Anim. Nutr. 2021, 7, 905–916. [CrossRef]

33. Zheng, G.; Qian, H. Ingredients and flavor analysis of yellow wine lees and study of its feasibility of making condiments. China Condiment 2007, 4, 20–25.

34. Api, A.M.; Belsito, D.; Biserta, S.; Botelho, D.; Bruze, M.; Burton, G.A.; Buschmann, J.; Cancellieri, M.A.; Dagli, M.L.; Date, M.; et al. RIFM fragrance ingredient safety assessment, decanoic acid, CAS Registry Number 334-48-5. Food Chem. Toxicol. 2020, 144, 111465. [CrossRef] [PubMed]

35. Api, A.M.; Belsito, D.; Biserta, S.; Botelho, D.; Bruze, M.; Burton, G.A.; Buschmann, J.; Cancellieri, M.A.; Dagli, M.L.; Date, M.; et al. RIFM fragrance ingredient safety assessment, octanoic acid, (1-oxopropoxy)-, 1-(3,3-dimethylcyclohexyl)ethyl ester, CAS Registry Number 236391-76-7. Food Chem. Toxicol. 2020, 141, 111342. [CrossRef] [PubMed]

36. Shi, Y.; Wang, M.; Dong, Z.; Zhu, Y.; Shi, J.; Ma, W.; Lin, Z.; Lv, H. Volatile components and key odorants of Chinese yellow tea (Camellia sinensis). LWT 2021, 146, 111512. [CrossRef]
38. Rong, L.; Peng, L.-J.; Ho, C.-T.; Yan, S.-H.; Meurens, M.; Zhang, Z.-Z.; Li, D.-X.; Wan, X.-C.; Bao, G.-H.; Gao, X.-L.; et al. Brewing and volatiles analysis of three tea beers indicate a potential interaction between tea components and lager yeast. *Food Chem.* 2016, 197, 161–167. [CrossRef] [PubMed]

39. Zhang, D.; Xu, X.; Xie, G. A review of utilization of functional components in Huangjiu lees. *Food Ferment. Ind.* 2022, 1, 10–15. [CrossRef]

40. You, H.; Mao, J.; Zhou, Z. Characteristics of Chinese Rice Wine with Different Varieties of Rice. *J. Food Sci. Biotechnol.* 2019, 38, 39–45. [CrossRef]

41. Zhang, Y.; Feng, Y.; Shi, H.; Ding, K.; Zhou, X.; Zhao, G.; Hadiatullah, H. Impact of steam explosion pretreatment of defatted soybean meal on the flavor of soy sauce. *LWT* 2022, 156, 113034. [CrossRef]

42. Pashazadeh, H.; Özdemir, N.; Zannou, O.; Koca, I. Antioxidant capacity, phytochemical compounds, and volatile compounds related to aromatic property of vinegar produced from black rooibos (Rosa pimpinellifolia L.) juice. *Food Biosci.* 2021, 44, 101318. [CrossRef]

43. Gu, H.; Zhou, J. Studies on very tasty soybean sauce made from yellow Wine via enzymatic hydrolysis. *China Condiment* 2003, 3, 9–12.

44. Wan, J.; Leng, Y.; Wu, G.; Zhang, X. Comprehensive utilization of Chinese rice wine vinasse for vinegar production. *China Brew.* 2016, 35, 170–173. [CrossRef]

45. Wang, P.; Mao, J.; Meng, X.; Li, X.; Liu, Y.; Feng, H. Changes in flavour characteristics and bacterial diversity during the traditional fermentation of Chinese rice wines from Shaoxing region. *Food Control* 2014, 44, 58–63. [CrossRef]

46. Ladole, M.R.; Mevada, J.S.; Pandit, A.B. Ultrasonic hyperactivation of cellulase immobilized on magnetic nanoparticles. *Bioresour. Technol.* 2017, 239, 117–126. [CrossRef] [PubMed]

47. Kapdan, I.K.; Kargi, F. Bio-hydrogen production from waste materials. *Enzym. Microb. Technol.* 2006, 38, 569–582. [CrossRef]

48. Fu, S.; Xu, X.; Shi, X.; Wang, Y.; Qiao, J.; Guo, R. Basic research on utilization of stillage for biogas production. *J. Chem. Ind. Eng.* 2014, 65, 1913–1919.

49. Sargsyan, H.; Trchounian, K.; Gabrielyan, L.; Trchounian, A. Novel approach of ethanol waste utilization: Biohydrogen production by mixed cultures of dark- and photo-fermentative bacteria using distillers grains. *Int. J. Hydrogen Energy* 2016, 41, 2377–2382. [CrossRef]

50. Srivastava, N.; Srivastava, M.; Mishra, P.K.; Kausar, M.A.; Saeed, M.; Gupta, V.K.; Singh, R.; Ramteke, P.W. Advances in nanomaterials induced biohydrogen production using waste biomass. *Bioresour. Technol.* 2020, 307, 123094. [CrossRef]

51. Chuang, Y.-S.; Huang, C.-Y.; Lay, C.-H.; Chen, C.-C.; Sen, B.; Lin, C.-Y. Fermentative bioenergy production from distillers grains using mixed microflora. *Int. J. Hydrogen Energy* 2012, 37, 15547–15555. [CrossRef]

52. Chen, H.; Wu, J.; Huang, R.; Zhang, W.; He, W.; Deng, Z.; Han, Y.; Xiao, B.; Luo, H.; Qu, W. Effects of temperature and total solid content on biohydrogen production from dark fermentation of rice straw: Performance and microbial community characteristics. *Chemosphere* 2022, 286, 131655. [CrossRef]

53. Sun, K. Experimental Research on Resourceful Treatment of Distillers’ Grains. Master’s Thesis, Zhengzhou University, Zhengzhou, China, 2014.

54. Da Ros, C.; Cavinato, C.; Pavon, P.; Bolzonella, D. Winery waste recycling through anaerobic co-digestion with waste activated sludge. *Waste Manag.* 2014, 34, 2028–2035. [CrossRef]

55. Du, M.; Li, J.; Chen, X.; Zhu, S.; Wei, S.; Yang, R. Effects of Moutai-flavor Liquor Distiller’s Grains on Mycelial Growth and Fruit Body Traits of Flammulina velutipes. *Edible Fungi China* 2016, 35, 29–32. [CrossRef]

56. Ren, Y.; Wang, S.; Wang, T. Research status of edible fungi cultivated by distillers’ grains. *China Brew.* 2017, 36, 5–9.

57. Joy, J.; George, N.; Chiraiyil, C.J.; Maria, H.J.; Thomas, S. Microbial extraction of micro and nanofibers from plant fibers. In *Microbial and Natural Macromolecules*; Das, S., Dash, H.R., Eds.; Academic Press: Cambridge, MA, USA, 2021; Chapter 12; pp. 301–315.

58. Wang, Y.-J.; Wu, P.; Bolan, N.S.; Wang, H.-L. The potential agronomic and environmental applications of biochar: Prospects and challenges. In *Reference Module in Earth Systems and Environmental Sciences*; Elsevier: Amsterdam, The Netherlands, 2022.

59. Gupta, S.; Kua, H.W.; Koh, H.J. Application of biochar from food and wood waste as green admixture for cement mortar. *Sci. Total Environ.* 2018, 619–620, 419–435. [CrossRef] [PubMed]

60. Leininger, A.; Ren, Z.J. Circular utilization of food waste to biochar enhances thermophilic co-digestion performance. *Bioresour. Technol.* 2021, 332, 125130. [CrossRef] [PubMed]

61. Zhao, L.; Xiao, D.; Liu, Y.; Xu, H.; Nan, H.; Li, D.; Kan, Y.; Cao, X. Biochar as simultaneous shelter, adsorbent, pH buffer, and substrate of *Pseudomonas citronellolis* to promote biodegradation of high concentrations of phenol in wastewater. *Water Res.* 2020, 172, 115494. [CrossRef]

62. Tisserant, A.; Morales, M.; Cavalett, O.; O’Toole, A.; Weldon, S.; Rasse, D.P.; Cherubini, F. Life-cycle assessment to unravel co-benefits and trade-offs of large-scale biochar deployment in Norwegian agriculture. *Resour. Conserv. Recycl.* 2022, 179, 106030. [CrossRef]

63. James, A.; Sánchez, A.; Prens, J.; Yuan, W. Biochar from agricultural residues for soil conditioning: Technological status and life cycle assessment. *Curr. Opin. Environ. Sci. Health* 2022, 25, 100314. [CrossRef]

64. Wang, Z.-H.; Li, L.-Q.; Zhao, L.; Chen, C.; Yang, S.-S.; Ren, N.-Q. Comparative life cycle assessment of biochar-based lignocellulosic biohydrogen production: Sustainability analysis and strategy optimization. *Bioresour. Technol.* 2022, 344, 126261. [CrossRef]
65. Puettmann, M.; Sahoo, K.; Wilson, K.; Oneil, E. Life cycle assessment of biochar produced from forest residues using portable systems. J. Clean. Prod. 2020, 250, 119564. [CrossRef]

66. Wang, T.; Zhai, Y.; Zhu, Y.; Li, C.; Zeng, G. A review of the hydrothermal carbonization of biomass waste for hydrochar formation: Process conditions, fundamentals, and physicochemical properties. Renew. Sustain. Energy Rev. 2018, 90, 223–247. [CrossRef]

67. Yang, L.; Chen, J.; Xu, T.; Qiu, W.; Zhang, Y.; Zhang, L.; Xu, F.; Liu, H. Rice Protein Extracted by Different Methods Affects Cholesterol Metabolism in Rats Due to Its Lower Digestibility. Int. J. Mol. Sci. 2011, 12, 7594. [CrossRef] [PubMed]

68. Ran, Y.; He, X.; Mao, Y.; Yu, J. Analysis of the Antioxidant Activities of Yellow Rice Wine Lees. Liquor-Mak. Sci. Technol. 2014, 4, 38–41. [CrossRef]

69. Wang, X.; Chen, H.; Fu, X.; Li, S.; Wei, J. A novel antioxidant and ACE inhibitory peptide from rice bran protein: Biochemical characterization and molecular docking study. LWT 2017, 75, 93–99. [CrossRef]

70. Lv, J.; Ao, X.; Li, Q.; Cao, Y.; Chen, Q.; Xie, Y. Steam co-gasification of different ratios of spirit-based distillers’ grains and anthracite coal to produce hydrogen-rich gas. Bioresour. Technol. 2019, 283, 59–66. [CrossRef]

71. Yan, Q.-J.; Huang, L.-H.; Sun, Q.; Jiang, Z.-Q.; Wu, X. Isolation, identification and synthesis of four novel antioxidant peptides from rice residue protein hydrolyzed by multiple proteases. Food Chem. 2015, 179, 290–295. [CrossRef] [PubMed]

72. Zhao, W.; Qian, M.; Dong, H.; Liu, X.; Bai, W.; Liu, G.; Lv, X.-C. Effect of Hong Qu on the flavor and quality of Hakka yellow rice wine (Huangjiu) produced in Southern China. LWT 2022, 160, 113264. [CrossRef]

73. Peng, L.; Kong, X.; Wang, Z.; Ai-lati, A.; Ji, Z.; Mao, J.; Zhang, M.; Zhang, L.; Fu, X. Analysis of the Antioxidant Activities of Rice Bran Protein: Biochemical characterization and molecular docking study. LWT 2017, 75, 93–99. [CrossRef]

74. Ding, C.; Liu, Q.; Li, P.; Pei, Y.; Tao, T.; Wang, Y.; Yan, W.; Yang, G.; Shao, X. Distribution and quantitative analysis of phenolic compounds in fractions of Japonica and Indica rice. Food Chem. 2019, 274, 384–391. [CrossRef]

75. Massaretto, I.L.; Madureira Alves, M.F.; Mussi de Mira, N.V.; Carmona, A.K.; Lanfer Marquez, U.M. Phenolic compounds in raw and cooked rice (Oryza sativa L.) and their inhibitory effect on the activity of angiotensin I-converting enzyme. J. Cereal Sci. 2011, 54, 236–240. [CrossRef]

76. Zhao, Q.; Xiong, H.; Selomulya, C.; Chen, X.D.; Zhong, H.; Wang, S.; Sun, W.; Zhou, Q. Enzymatic hydrolysis of rice dreg protein: Effects of enzyme type on the functional properties and antioxidant activities of recovered proteins. Food Chem. 2012, 134, 1360–1367. [CrossRef] [PubMed]

77. Khan, S.A.; Zhang, M.; Liu, L.; Dong, L.; Ma, Y.; Wei, Z.; Chi, J.; Jia, X.; Zhang, M.; Zhang, R. Extrusion and fungal fermentation change the profile and antioxidant activity of free and bound phenolics in brown rice in tandem with the phenolic bioaccessibility. LWT 2019, 115, 108461. [CrossRef]

78. Freitas, P.A.V.; González-Martínez, C.; Chiralt, A. Applying ultrasound-assisted processing to obtain cellulose fibres from rice straw to be used as reinforcing agents. Innov. Food Sci. Emerg. Technol. 2022, 76, 102932. [CrossRef]

79. Alberts, J.F.; Davids, I.; Moll, W.-D.; Schatzmayr, G.; Burger, H.-M.; Shephard, G.S.; Gelderblom, W.C.A. Enzymatic detoxification and yeast more effectively improved the profiles and bioaccessibility of phenolics in extruded brown rice than single-culture fermentation. Food Chem. 2020, 326, 126985. [CrossRef] [PubMed]

80. Setyaningsih, W.; Saputro, I.E.; Palma, M.; Barroso, C.G. Optimisation and validation of the microwave-assisted extraction of phenolic compounds from rice grains. Food Chem. 2015, 169, 141–149. [CrossRef] [PubMed]

81. Puettmann, M.; Sahoo, K.; Wilson, K.; Oneil, E. Life cycle assessment of biochar produced from forest residues using portable systems. J. Clean. Prod. 2020, 250, 119564. [CrossRef]

82. Alpert, J.F.; Davids, I.; Moll, W.-D.; Schatzmayr, G.; Burger, H.-M.; Shephard, G.S.; Gelderblom, W.C.A. Enzymatic detoxification and yeast more effectively improved the profiles and bioaccessibility of phenolics in extruded brown rice than single-culture fermentation. Food Chem. 2020, 326, 126985. [CrossRef] [PubMed]

83. Chi, C.-F.; Wang, B.; Wang, Y.-M.; Zhang, B.; Deng, S.-G. Isolation and characterization of three antioxidant peptides from protein hydrolysate of bluefin leatherjacket (Navodon septentrionalis) heads. J. Funct. Foods 2015, 12, 1–10. [CrossRef]

84. Freitas, P.A.V.; González-Martínez, C.; Chiralt, A. Applying ultrasound-assisted processing to obtain cellulose fibres from rice straw to be used as reinforcing agents. Innov. Food Sci. Emerg. Technol. 2022, 76, 102932. [CrossRef]

85. Amagliani, L.; O'Regan, J.; Kelly, A.L.; O'Mahony, J.A. The composition, extraction, functionality and applications of rice proteins: A review. Trends Food Sci. Technol. 2017, 64, 1–12. [CrossRef]

86. Puettmann, M.; Sahoo, K.; Wilson, K.; Oneil, E. Life cycle assessment of biochar produced from forest residues using portable systems. J. Clean. Prod. 2020, 250, 119564. [CrossRef]

87. Alberts, J.F.; Davids, I.; Moll, W.-D.; Schatzmayr, G.; Burger, H.-M.; Shephard, G.S.; Gelderblom, W.C.A. Enzymatic detoxification and yeast more effectively improved the profiles and bioaccessibility of phenolics in extruded brown rice than single-culture fermentation. Food Chem. 2020, 326, 126985. [CrossRef] [PubMed]

88. Puettmann, M.; Sahoo, K.; Wilson, K.; Oneil, E. Life cycle assessment of biochar produced from forest residues using portable systems. J. Clean. Prod. 2020, 250, 119564. [CrossRef]

89. Mateus, A.; Torres, J.; Marimon-Bolivar, W.; Pulgarín, L. Implementation of magnetic bentonite in food industry wastewater treatment for reuse in agricultural irrigation. Water Resour. Ind. 2021, 26, 100154. [CrossRef]

90. Liu, T.; Wang, K.; Xue, W.; Wang, L.; Zhang, C.; Zhang, X.; Chen, Z. In vitro starch digestibility, edible quality and microstructure of instant rice noodles enriched with rice bran insoluble dietary fiber. LWT 2021, 142, 111008. [CrossRef]
91. Boonterm, M.; Sunyadeth, S.; Dedpakdee, S.; Athichalinthorn, P.; Patcharaphun, S.; Mungkung, R.; Techapiesancharoenkij, R. Characterization and comparison of cellulose fiber extraction from rice straw by chemical treatment and thermal steam explosion. *J. Clean. Prod.* **2016**, *134*, 592–599. [CrossRef]

92. Chen, C.; Liu, Y.; Tian, H.; Ai, L.; Yu, H. Metagenomic analysis reveals the impact of JIUYAO microbial diversity on fermentation and the volatile profile of Shaoxing-jiu. *Food Microbiol.* **2020**, *86*, 103326. [CrossRef]

93. Mao, Q. Microbial Changes and Functions in the Production of Wine Starter. *Liquor-Mak. Sci. Technol.* **2004**, *5*, 44–46. [CrossRef]

94. Zheng, Y.; Wang, Y.; Zhang, J.; Pan, J. Using tobacco waste extract in pre-culture medium to improve xylose utilization for l-lactic acid production from cellulose waste by *Rhizopus oryzae*. *Bioresour. Technol.* **2016**, *218*, 344–350. [CrossRef]

95. Ma, L.; Yang, L.; Liu, W.; Zhang, Y.; Zhou, Q.; Wu, Z.; He, F. Environmental factors and microbial communities jointly regulate biological dephosphorization process in pond-ditch circulation systems (PDCSs) for rural wastewater treatment. *Sci. Total Environ.* **2021**, *758*, 143629. [CrossRef]

96. Kotia, A.; Rutu, P.; Singh, V.; Kumar, A.; Dhoke, S.; Kumar, P.; Singh, D.K. Rheological analysis of rice husk-starch suspended in water for sustainable agriculture application. *Mater. Today Proc.* **2021**, *50*, 1962–1966. [CrossRef]

97. Dispat, N.; Poompradub, S.; Kiatkamjornwong, S. Synthesis of ZnO/SiO$_2$-modified starch-graft-polyacrylate superabsorbent polymer for agricultural application. *Carbohydr. Polym.* **2020**, *249*, 116862. [CrossRef] [PubMed]

98. Manikandan, S.; Subbaia, R.; Saravanan, M.; Porraj, M.; Selvam, M.; Pugazhendhi, A. A critical review of advanced nanotechnology and hybrid membrane based water recycling, reuse, and wastewater treatment processes. *Chemosphere* **2022**, *289*, 132867. [CrossRef] [PubMed]

99. Oliveira, F.R.; Patel, A.K.; Jaisi, D.P.; Adhikari, S.; Lu, H.; Khanal, S.K. Environmental application of biochar: Current status and perspectives. *Bioresour. Technol.* **2017**, *246*, 110–122. [CrossRef] [PubMed]

100. Liao, X.; Kang, H.; Haidar, G.; Wang, W.; Malghani, S. The impact of biochar on the activities of soil nutrients acquisition enzymes is potentially controlled by the pyrolysis temperature: A meta-analysis. *Geoderma* **2022**, *411*, 115692. [CrossRef]