Patients’ perspectives of the quality of tuberculosis treatment services in South Ethiopia

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Abstract: Background: Observing quality from the patient’s perspective is of paramount importance for making the service more responsive to patients. However, little is known about the quality of tuberculosis treatment service from the patient’s perspective in Ethiopia. This study was carried out to assess the quality of tuberculosis treatment services from the patient’s perspective in South Ethiopia’s public health facilities. Methods: A facility-based, cross-sectional study design was employed, and data were collected from February to March, 2012. A QUOTE-TB tool validated for East African countries was used to collect data from a sample of 370 tuberculosis patients receiving treatments at public health facilities. The study participants were allocated proportionally to the number of client receives the service, and the relative importance of the aspects and perception of the quality of their received care was scored. Combining the relative importance and actual performance scores derived a measure of service quality. Analyses were performed using SPSS and statistical significance was set at a p-value less than 0.05. Results: The accommodation aspects of the facilities, patient-provider interactions, health information and communication, and availability of care had low quality impact scores. The highest service quality scores were for TB-HIV integration and cost of treatment. Shorter waiting times (β=-1.85), routine observation, and checking the daily TB drug intake (β=-1.26) and treatment by the same health provider (β=1.13) independently predicted overall patient satisfaction. Conclusion: There were notable differences between TB patients ‘expectations and what they actually received in terms of accommodation, availability, patient-provider interactions, health information, and communication, which were identified as being of inadequate quality. Significant effort is needed to improve the quality of TB care with respect to these particular aspects from the perspectives of patients. Individuals caring for patients with TB in the health service should address these areas of care in order to enhance TB treatment services and satisfy patients.

Keywords: Tuberculosis, Quality of Treatment Service, Satisfaction

1. Background

Tuberculosis (TB) remains a major cause of morbidity and mortality in many developing countries [1, 2]. Approximately 95% of all TB cases and 99% of deaths occur in developing countries, with the greatest burden in sub-Saharan Africa and South East Asia [3]. In addition, TB hinders socioeconomic development, because 75% of people with TB are within the economically productive age group of 15-54 years [1, 3].

The quality of healthcare is a public health concern in many countries, including in the developing world [2, 4]. It is also an issue addressed as a component of the Ethiopia Health Sector Development Program (HSDP) and an intrinsic part of the program [5]. Successful tuberculosis treatment depends on more than chemotherapy and requires specific clinical and social frameworks based on an individual patient’s circumstances [6].

In Ethiopia, patients have free access to diagnosis and TB treatment services from public health facilities. TB treatment under directly observed treatments (DOTs) has two phases: an intensive (initial) phase, which comprises the first 8 weeks for new cases and twelve weeks for re-
treatment cases, and a continuation phase of 4 - 6 months immediately following the intensive phase [7].

Poor adherence to treatments by patients arises from the interaction of multiple factors affecting the quality of TB care [8, 9]. Previous studies have identified several health service delivery factors that impact on adherence, including ineffective communication, poorly supervised health staff incapable of dealing with minor illnesses, and reduced access to TB care units [8, 10, 11].

Patient views and judgments on health care services are vital parts of quality assurance in health care [12]. Managers or health professionals often formulate judgments based on the quality of care. However, patient views on the quality of health care differ from the views of health care professionals, managers, and policy makers [11, 12].

Observing quality from a patient’s perspective is best way to empower tuberculosis patients and their communities and contribute to achieving the Millennium Development Goals (MDGs). However, while assessing quality from the patient’s perspective is of paramount importance, it has not been addressed well to date.

2. Materials and Methods

2.1. Study setting and Design

A facility-based cross sectional descriptive study was conducted in Hadiya zone public health facilities. The Hadiya zone, 230 km from Addis Ababa, is in the South Nation Nationality People Regional State of Ethiopia [13]. During the time of the study, one hospital and 55 health centers were providing TB services. Of these, only 37 of the facilities had registered TB patients during data collection period.

2.2. Participants

The study population included adult patients (aged ≥ 18 years) who used the TB treatment service for at least for three weeks prior to the data collection period at public health facilities. The sample size was determined using a single population proportion formula

\[ n = \left( \frac{Z_{(1/2)}}{d} \right)^2 \frac{P (1 - P)}{} \]

which considered the following parameters: the proportion of clients satisfied to provider patient interaction was 62.6% [14], with 5% marginal error and a 95% confidence intervals. Considering a 10% possible non-response rate, this value became 396.

Thirty-seven health facilities providing DOTs services were included for selection of study participants. The health facilities providing TB treatment services were stratified into hospitals and health centers. Then, the sample was distributed to the health facilities proportional to the size of their patient populations. Finally, using the TB unit register as a frame, patients who fulfilled the inclusion criterion were included in the study by simple random sampling.

2.3. Measurements

Data were collected by trained high school graduate personnel using a pre-tested structured questionnaire, which included questions about socio-demographic characteristics, 32 items in seven criteria of TB care quality from the patient’s perspective adopted from the QUOTE-TB tool validated for East African countries, and overall satisfaction with care (4 items) [15, 16]. The quality of care aspects were formulated as importance and performance statements in the questionnaire. Respondents were asked to rate the aspects with respect to health care providers. Importance was measured using a 4-point Likert scale and the performance aspect required a dichotomized (yes or no) response.

The importance aspect scores, which have values between 0 and 10, were calculated using the following categories: 1=“not important” (score 0), 2=“fairly important” (score 3), 3=“important” (score 6), and 4=“extremely important” (score 10) [15-17]. The performance aspect categories were converted into either “yes” (score 0) or “no” (score 1) responses, and were expressed as a proportion of patients who reported that the aspect was absent. In the best situation, all quality of care aspects would receive a 0 performance score, indicating that no aspect was reported as absent. Scores between 0 and 0.10 meant little improvements was needed and was, therefore, regarded as optimal. Aspects of care with room for improvement from a patient’s perspective or low quality aspects were identified as a quality impact score/value below 9 and performance score above 0.10. The concept “quality of health care from patients’ perspectives” operationalize as the product of importance and performance using the Netherlands Institute for Health Services Research methodology [15, 16]. Accordingly, the formula: \[ Q_{ij} = I_{ij} \times P_{ij} \] was used where the quality improvement score (Q) on a health service (j) by an individual patient (i) is equal to the importance score (I) multiplied by the performance score (P).

2.4. Service Quality (Quality Impact)

The service quality (quality impact) was defined as 10 − (importance × performance). Quality-impact factors can be interpreted as a weighted performance score. Theoretically, a quality impact score can vary from 0 to 10, where a score of 10 indicated that 0% of patients reported the absence of this particular aspect, showing the best possible quality of care. However, a 0 score indicated that all respondents thought that this aspect was important, and 100% of the patients reported that it needed improvement or was of the worst quality [15-17].

2.5. Statistical Analysis

Data were double entered using Epi-data version 3.1. For
3. Results

3.1. Socio-Demographic Characteristics

From the entire 396 TB patients sampled, 370 (93.4%) completed the interview. The majority, 342 (92.4%) of participants, was from public health centers and 28 (7.6%) individuals were from the hospital. A total of 52% of respondents were male and 112 (32.4%) respondents were between 25 and 34 years of age, followed by the 35 to 49 age category, which accounted for 90 (24.5%) individuals. The majority of respondents, 277 (74.9%), resided rurally, and 213 (62.4%) were married (Table 1).

In contrast, the aspects of TB care with the lowest importance scores were: “Without referral to another health unit for TB services” (importance score of 2.13) and an importance score of 0 for public health centers and hospitals for this aspect of TB care. In addition, hospitals that “Pay a tip in order to obtain TB services” had an importance score of 2.5.

3.2. Performance Component

The health care providers’ performance was rated by the patients who had attended a specific healthcare service. The performance scores represent the proportion of patients who reported that particular aspects were not performed as stated. The public health centers, which had the highest performance on aspects of TB care, were scored as follows: “Safe drinking water available” (performance score of 0.40); “Waiting time before being served” (performance score of 0.35); and “Attended to by the same health provider” (performance score of 0.39). Concerning hospitals, “Attended to by the same health provider” had a performance score of 0.41, which was the highest performance score.

Conversely, the aspects of TB care with the lowest performance scores were: “The service hours of facility convenience” (performance score of 0.01 for public health centers and 0 for the hospital). In addition, “Drugs available when required “had performance scores of 0.02 and 0.00 for public health centers and the hospital,
respectively. Moreover, “Paid for regular TB service” had performance scores of 0.01 and 0.00 for public health centers and the hospital, respectively.

3.2.3. Inadequate Quality Aspect of TB Care from the Patient’s Perspective

Hospitals where the same health care provider attended to patients had a low quality impact score among available dimensions of care, scoring 3.54. This value was based on an importance score of 6.54 with a corresponding performance score of 0.41 and indicates that 41% of the attendees in hospital were not attended to by the same health care provider. This score also demonstrates that their needs were not met by the performance of this health facility.

Concerning the information and education dimension, health providers who informed patients about the importance of observed treatments had a low quality impact score of 6.40. This value is based on an importance score of 6.46 with a corresponding performance score of 0.40; this performance score indicates that health care providers did not inform 40% of the attendees in hospital about the importance of the treatment.

Similarly, in relation to patient-provider interaction, health providers who discussed how to deal patients’ problems and who respected privacy during examinations had low quality impact scores of 8.93 and 7.86, respectively. These scores showed that the patients’ needs were not met by the performance of this health facility (Table 2).

Table 2. Inadequate quality of TB treatment service from the patient’s perspective in Hospital, South Ethiopia, March 2012.

| Aspect category                   | Quality of TB care aspect                                      | Performance | Importance | Impact |
|----------------------------------|----------------------------------------------------------------|-------------|------------|--------|
| Availability accessibility       | Attended by the same care provider                            | .41         | 6.54       | 3.54   |
| Information and education        | Care providers inform about the importance of observed treatment | .40         | 6.46       | 6.40   |
| Patient provider Interaction     | Privacy respected during examination                          | .21         | 10.0       | 7.86   |

Concerning the information and education dimension, an importance score of 6.99 with a corresponding performance score of 0.41 and indicates that 41% of the attendees in hospital about the importance of the treatment.

Similarly, in relation to patient-provider interaction, health providers who discussed how to deal patients’ problems and who respected privacy during examinations had low quality impact scores of 8.93 and 7.86, respectively. These scores showed that the patients’ needs were not met by the performance of this health facility (Table 2).

3.2.4. Optimal Quality Aspect of TB Care from the Patient’s Perspective

Optimal quality of care indicated that patient needs were almost completely met by the performance of the health care providers or health facilities. In these cases, reports or experiences on a particular aspect of inadequate care performance were between 0 and 0.10, with an impact quality score less than 1.

In hospitals, for the availability dimension of TB service, no treatment attendee claimed any inadequate performance. With respect to the health information and education...
dimension of TB care, informing patients about how TB can be cured and the possible side effects of TB drugs had a quality impact value above nine. These values are based on importance scores of 6.46 and 6.86, respectively. Also, the corresponding performances scored 0.04, which indicated that 4% of the respondents did not receive these particular services. These scores demonstrate that patient needs were almost always achieved by the performance of the care providers or the facilities and with an optimal quality of care.

None of the treatment attendees complained about inadequate performance in infrastructure or accommodation. The patients’ needs were nearly met by the performance of the health facilities with respect to the cost/financial dimension of service (Table 4). With regard to the accessibility dimension of TB service in public health centers, the facilities’ service hours and convenience and availability of drugs when required had quality impact values above nine; the corresponding performance scores were 0.01 and 0.03, respectively. These scores means that 1% to 3% of treated attendees claimed they received inadequate performance in these aspects of care. Regarding the health information and education dimension of TB care, providing information about the possible side effects of drugs and the importance of the observed treatment had quality impact scores above 9. These values are based on their weighted importance scores of 9.07 and 9.57 and corresponding performances scores of 0.1 and 0.08, which indicate that only up to 10% of the respondents, did not receive that particular service in all aspects of care. This result suggests that their needs were nearly met by the performance of the health care providers or health facility. Because the performance scores were between 0.00 and 0.10 and the impact quality scores above 9.0, these aspects of care were of optimal quality from the patient’s perspective in the health centers.

Table 4. Optimal quality of TB treatment service from the patient’s perspective in hospital, South Ethiopia, March 2012.

| Aspect category         | Quality of TB care aspect                             | Performance | Importance | Impact |
|-------------------------|------------------------------------------------------|-------------|------------|--------|
| Availability and accessibility | Acceptable waiting times                             | 0.00         | 6.54       | 10.0   |
|                         | Service hours of facility convenient                 | 0.00         | 9.69       | 10.0   |
|                         | Drugs available when required                        | 0.00         | 7.08       | 10.0   |
|                         | Difficulty because of language barrier               | 0.00         | 9.54       | 10.0   |
|                         | Without referral to another health unit for TB services | 0.00         | 0.00       | 10.0   |
|                         | TB services available during the working hours       | 0.00         | 8.96       | 10.0   |
|                         | Facility offer services to examine sputum             | 0.00         | 10.0       | 10.0   |
|                         | A treatment observer checking on daily intake of TB drugs | 0.00         | 10.0       | 10.0   |
|                         | The importance of observed treatment                 | 0.04         | 6.46       | 9.64   |
|                         | Duration of treatment                                | 0.04         | 7.23       | 9.64   |
| Information /health education | TB can be cured                                     | 0.04         | 6.86       | 10.0   |
|                         | Care provider treat you with respect                 | 0.00         | 9.29       | 10.0   |
|                         | Care providers explain things in an understandable way| 0.00         | 9.86       | 10.0   |
|                         | Care provider listens carefully                      | 0.00         | 9.14       | 10.0   |
|                         | TB-related discrimination                            | 0.00         | 6.86       | 10.0   |
|                         | Privacy respected during examination                 | 0.00         | 10.0       | 10.0   |
|                         | Care provider showing care and compassion            | 0.08         | 10.0       | 9.23   |
|                         | Facility cleanliness                                | 0.08         | 9.43       | 9.23   |
| Accommodation of care/ Infrastructure | Availability of usable toilets                     | 0.00         | 9.43       | 10.0   |
|                         | Availability of Safe drinking water                 | 0.00         | 7.29       | 10.0   |
|                         | Enough comfortable benches in weighting area        | 0.00         | 9.0        | 10.0   |
|                         | Inform about the link between TB and HIV             | 0.04         | 9.14       | 9.61   |
| TB-HIV                  | Inform about how to prevent HIV infection           | 0.00         | 10.0       | 10.0   |
|                         | Was advised to take an HIV test                     | 0.00         | 10.0       | 10.0   |
|                         | Informed where to get HIV treatment in case of need | 0.00         | 10.0       | 10.0   |
|                         | Costs for transport prevented travel to TB facility  | 0.00         | 6.68       | 10.0   |
| Cost or financial issues | Pay for regular TB service                          | 0.00         | 10.0       | 10.0   |
|                         | Pay a tip in order to obtain TB services             | 0.00         | 2.5        | 10.0   |

The infrastructure or accommodation of facilities, which involved the availability of usable toilets, had an impact value of 9.31, an importance score of 9.42, and a corresponding performance score of 0.08. These scores indicated that 8% of the treated attendees complained of inadequate performance in this care aspect.

Concerning TB-HIV service, providing information on how to prevent HIV infection and advice on how to take an HIV test had a quality impact value above 9, with corresponding performance scores of 0.07 and 0.08, respectively. This result means that only 7% and 8% of treated attendees claimed they received inadequate performance in these aspects of care. Regarding the cost/financial dimension of service, namely obtaining a fee-free service and paying tips to obtain the service, this service had quality impact values of 9.92 and 9.90, respectively. This was based on a performance score of 0.01 for all aspects, indicating that nearly none of the respondents were dissatisfied (Table 5).
3.3. Assessing TB Service Satisfaction among TB Patients

A large proportion (83.8%) of TB treatment attendees were satisfied with the services they received. Socio-demographic variables, including marital status, residence, and occupational status, did not appear to be significantly associated with TB patients’ treatment service satisfaction.

3.4. Institutional Aspects as Predictors of TB Treatment Service Satisfaction

Multiple linear regression analysis was performed with patient satisfaction variables related to institutional aspects. The model explained 30.4% of the variation in satisfaction among TB patients. Others factors not addressed in this study may explain the remaining variation in satisfaction with TB care.

Patients who did not have an acceptable waiting time on average decreased the satisfaction score by 1.85 units (95% CIs: -2.5, -1.2). A treatment observer checking daily intake of TB drugs decreased the satisfaction score by 1.26 units on average (95% CIs: -2.27, -0.259). Furthermore, from the patient-provider interaction aspect, patients had sufficient time to discuss increased the satisfaction score by 1.41 units on average (95% CIs: -2.27, 0.28). In addition, patients who did not receive a provider who carefully checked everything during the treatment and examination had an average decrease in their satisfaction score of 1.43 units (95% CIs: -2.48, -0.38) (Table 6).

Table 5. Optimal quality of TB treatment service from the patient’s perspective in public health centers South Ethiopia, March 2012

| Aspect category          | Quality of TB care aspect                              | Quality score |
|-------------------------|--------------------------------------------------------|---------------|
|                         |                                                        | Performance   | Importance | Impact  |
| Availability            | Service hours of facility convenient                   | 0.01          | 9.27       | 9.92    |
|                         | Drugs available when required                          | 0.03          | 9.70       | 9.71    |
|                         | TB services available during the working hours         | 0.03          | 9.63       | 9.71    |
|                         | About the possible side effects of TB drugs            | 0.10          | 9.07       | 9.11    |
|                         | About the importance of observed treatment             | 0.08          | 9.57       | 9.25    |
| Information /health education | About the duration of the TB treatment              | 0.07          | 8.92       | 9.33    |
|                         | About TB can be cured                                  | 0.04          | 9.08       | 9.76    |
|                         | Care provider treats with respect                      | 0.04          | 9.14       | 9.69    |
| Patient provider Interaction | Care providers explain things in an understandable way | 0.05          | 9.08       | 9.67    |
| Infrastructure          | Sufficient time to discuss                             | 0.12          | 8.93       | 9.07    |
|                         | Care provider showing care and compassion              | 0.11          | 9.13       | 9.02    |
|                         | Availability of usable toilets                         | 0.08          | 9.42       | 9.31    |
|                         | Inform about the link between TB and HIV               | 0.11          | 9.53       | 9.04    |
| TB-HIV                  | Inform about how to prevent HIV infection              | 0.07          | 9.38       | 9.42    |
|                         | Was advised to take an HIV test                       | 0.08          | 9.48       | 9.27    |
|                         | Informed where to get HIV treatment in case of need    | 0.10          | 8.69       | 9.13    |
| Cost or financial issues | Paid for your regular TB service                      | 0.01          | 8.17       | 9.92    |
|                         | Paid a tip in order to get TB services                 | 0.01          | 7.47       | 9.90    |

Table 6. Multiple linear regression analysis of the predictors of TB treatment service satisfaction at public health facilities, South Ethiopia, 2012

| Institutional explanatory variable | N (%) | Unstandardized β | Std. Error | Standardized β | 95% CI β | P-value |
|-----------------------------------|-------|------------------|------------|----------------|----------|---------|
| (Constant ß0)                     |       | 16.02            | .459       | 15.1, 16.9     | .0001    |         |
| Waiting time acceptable           | Yes*  | 248(67.6)        | -1.85      | .329           | -2.5, -1.2| .0001   |
| Treatment observer checking daily | No    | 119(32.4)        | -1.26      | .512           | -2.3, -2.6| .014    |
| intake of TB drugs                |       |                  |            |                |          |         |
| Costs for transport prevent from  | Yes * | 66(17.9)         | 1.49       | .381           | .75, 2.25| .0001   |
| getting to TB facility            |       |                  |            |                |          |         |
| Perceived that office has         | No    | 302(82.1)        | -1.69      | .637           | -2.95, -4.4| .008    |
| everything needed to provide      |       |                  |            |                |          |         |
| complete medical care             | No *  | 309(91.4)        | -1.56      | .637           | -2.95, -4.4| .008    |
| Experience of paying tip to get   |       |                  |            |                |          |         |
| TB services                       | Yes * | 364(98.9)        | -3.81      | 1.55           | -6.9, -8 | .015    |
| Attended to by the same health     | No    | 216(58.4)        | -1.34      | .535           | -2.48, -3.8| .008    |
| provider                           |       |                  |            |                |          |         |
| Perceived care providers careful   | Yes   | 154(41.6)        | 1.13       | .310           | .5, 1.7 | .0001   |
| to check everything when treating  | No    | 33(9.6)          | -1.43      | .535           | -2.48, -3.8| .008    |
| and examining                     |       |                  |            |                |          |         |
| Sufficient time to discuss         | Yes   | 47(12.7)         | 1.41       | .444           | .54, 2.28| .002    |
| Safe drinking water availability   | No *  | 231(62.8)        | .82        | .307           | .02, 1.4 | .008    |
| Privacy respected during           |       |                  |            |                |          |         |
| examination                       | Yes*  | 69(18.8)         | -1.28      | .430           | -2.12, -4.3| .003    |
|                                   | No    |                  |            |                |          |         |

*References category
4. Discussion

This study assessed the quality of TB treatment services in public health facilities from the patient’s perspective. In this study, a large proportion of TB treatment attendees were satisfied with the TB treatment services; 83.8% reported that they were totally satisfied with TB treatment services. A previous comparable study on TB treatment attendees performed in Afar, Ethiopia, showed a relatively lower proportion of patients satisfied with TB services (70.3%) [18], as did another study performed by Zewdie et al. [14] in Central Shewa, Ethiopia (62.6%). This might be due to differences in the study population and setting or that the size of the TB treatment attendance facilities was small compared to other service clients. Small facilities might enable providers to provide more attention and, in turn, improve interactions with treatment attendees. In addition, a higher satisfaction rate in this study could be attributed to the reluctance of patients to express their dissatisfaction with the services they received, since the interview for this study was undertaken within the facilities themselves and they may have felt that a negative response would prejudice treatment.

In this study, socio-demographic variables (marital status, residence, and occupational status) were not significantly associated with overall satisfaction of the TB treatment service. This result is similar to a study performed in Alexandria, Egypt, where the socio-demographic variables age and sex did not significantly predict the satisfaction of TB treatment attendees [19]. In contrast, in a study performed in central Shewa, marital status, residence, educational status, and occupational status appeared to be significantly associated with satisfaction, and likewise in a similar study in India, health status and being married were positively associated with patient satisfaction [14, 20]. These differences might be attributed to variations in scope, study setting, and study period.

Our findings demonstrate that patients who did not have an acceptable waiting time averaged a decrease of 1.85 units in their satisfaction score (95%CI: -2.5 to -1.2). This is in line with other studies in Ghana, where the waiting time was found to be inversely and significantly related to consumer satisfaction and is supported by the qualitative finding that short waiting time before service rose as reason for patient satisfaction [21].

Providing treatment using a directly observed method daily during the first two months is a DOT component strategy; a treatment observer checking daily intake of TB drugs averaged a decrease in 1.26 units in satisfaction scores (95%CI: -2.27 to -0.26). In addition, from the patient provider interaction domain, patients having sufficient time to discuss increased satisfaction scores by an average of 1.41 units (95%CI: 0.54 to 2.28). These findings are supported by studies previously performed in central Shewa, which showed that very short duration of stay with the provider reduced the satisfaction score by 0.36 units. In addition, respondents not perceiving the provider carefully checking everything when treating and examining resulted in an average decrease in satisfaction scores of 1.43 units (95%CI: -2.48 to -0.38). Similarly, patient disagreement with technical competency had greater negative influence on patient satisfaction in the same study [14].

5. Conclusions

This study showed that the majority of TB treatment attendees were satisfied with the TB service provided in public health facilities. The perceived performance of TB-care aspects that independently predicted overall satisfaction were waiting time, checking the daily intake of TB drugs by a treatment observer, paying a tip to obtain TB services, being attended to by the same health provider, noticing that care providers were careful to check everything during treatment and examination, and having sufficient time for discussion.

Inadequate aspects of quality of TB-care reported by patients were: a notable gap between their expectations and their experiences in public health centers, most aspects of provided care in the domain of availability, information/communication of TB care, and patient-provider interaction and infrastructure/basic amenities of public health facilities.

An optimal quality of TB care was found in all public health facilities, or there was no gap between patients’ expectations and their experiences in fee-free service at the point of service delivery and TB-HIV integration services. These aspects were perceived as having no room for improvement from a patient’s perspective.

Conflict of interests

The authors declare that they have no competing interests.

There is no conflict of interest between the funding office and authors.

Authors’ Contributions

All the authors were involved in the conception, design, study conduct, analysis and interpretation of the findings. The authors have read and approved the final content of the manuscript.

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