Matrix-Assisted Laser Desorption and Ionization Time-of-Flight Mass Spectrometry Analysis for the Direct Detection of SARS-CoV-2 in Nasopharyngeal Swabs

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ABSTRACT: The most common diagnostic method used for coronavirus disease-2019 (COVID-19) is real-time reverse transcription polymerase chain reaction (PCR). However, it requires complex and labor-intensive procedures and involves excessive positive results derived from viral debris. We developed a method for the direct detection of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in nasopharyngeal swabs, which uses matrix-assisted laser desorption and ionization time-of-flight mass spectrometry (MALDI-ToF MS) to identify specific peptides from the SARS-CoV-2 nucleocapsid phosphoprotein (NP). SARS-CoV-2 viral particles were separated from biological molecules in nasopharyngeal swabs by an ultrafiltration cartridge. Further purification was performed by an anion exchange resin, and purified NP was digested into peptides using trypsin. The peptides from SARS-CoV-2 that were inoculated into nasopharyngeal swabs were detected by MALDI-ToF MS, and the limit of detection was $10^6.7$ viral copies. This value equates to $10^{7.9}$ viral copies per swab and is approximately equivalent to the viral load of contagious patients. Seven NP-derived peptides were selected as the target molecules for the detection of SARS-CoV-2 in clinical specimens. The method detected between two and seven NP-derived peptides in 19 nasopharyngeal swab specimens from contagious COVID-19 patients. These peptides were not detected in four specimens in which SARS-CoV-2 RNA was not detected by PCR. Mutated NP-derived peptides were found in some specimens, and their patterns of amino acid replacement were estimated by accurate mass. Our results provide evidence that the developed MALDI-ToF MS-based method, in a combination of straightforward purification steps and a rapid detection step, directly detect SARS-CoV-2-specific peptides in nasopharyngeal swabs and can be a reliable high-throughput diagnostic method for COVID-19.

INTRODUCTION

Currently, the most common method for coronavirus disease-2019 (COVID-19) diagnosis is real-time reverse transcription-polymerase chain reaction (RT-PCR) targeting the S, E, or N gene of SARS-CoV-2. Various RT-PCR primer and probe sets and commercial kits are being used by hospitals and laboratories. RT-PCR requires complex components and reagents and a temperature-sensitive reaction. Laboratory technicians need to take care to avoid contamination or the amplification errors. Additionally, it is difficult to distinguish the intact virus from degraded viral RNA in clinical samples using RT-PCR; thus, noncontagious patients may be labeled as contagious. To curb COVID-19 transmission, the rapid identification of contagious patients is crucial. Thus, an alternative to RT-PCR is required for diagnosis.

Liquid chromatography-tandem mass spectrometry (LC-MS/MS), LC-orbitrap mass spectrometry, and LC-quadrupole time-of-flight mass spectrometry (LC-QToF MS) have been applied to detect SARS-CoV-2-specific peptides in COVID-19 clinical samples. Methodologies should rely on a sufficient number of specific peptides, and the developed approaches may not be so reliable because amino acid modification or mutation affects the mass even if the alterations are minimal. In addition, MS analysis using LC needs a long time, e.g., 40 or 180 min per sample, for separation steps. Analytical methods using immunoaffinity purification approaches followed by LC-MS analysis were developed. These methods can efficiently purify SARS-CoV-2-specific peptides from clinical samples, but the use of special antibodies lacks generality.

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Matrix-assisted laser desorption and ionization time-of-flight mass spectrometry (MALDI-ToF MS) identifies proteins and digestion-derived peptides by a simple procedure that requires no complex reagents and has a minimal risk of contamination. MALDI-ToF MS detects ions over a wide mass range; it identifies the modification or mutation and rapidly analyzes peptides in several seconds per sample. MALDI-ToF MS is widely used to identify bacterial and fungal species based on specific mass combinations generated by their proteins.\(^{11,12}\) In virology, MALDI-ToF MS is used to characterize viral coat proteins directly from the intact tobacco mosaic virus and to identify different respiratory viruses, such as the influenza virus, in cell cultures of clinical samples by protein spectra profiling.\(^{13,14}\) Proteins and trypsin-digested peptides from SARS-CoV-1 have been also characterized by MALDI-ToF MS.\(^{15}\) In these studies, clinical samples were cultured with cells, and the virus in supernatants were analyzed. The culture process is time-consuming and not suitable for rapid diagnosis. In other study, SARS-CoV-2 particles in a gargle sample were partially purified by ultracentrifugation, and the viral envelop proteins were analyzed by MALDI-ToF MS.\(^{16}\) The broad signals derived from crude proteins might make it difficult to accurately diagnose COVID-19. Another group found SARS-CoV-2-derived peptides for the MALDI Fourier transform ion cyclotron resonance (FT-ICR) MS detection of SARS-CoV-2 in nasopharyngeal swabs.\(^{17}\) However, it was not tested whether these peptides were detected in clinical samples. Machine learning analysis of proteins and peptides identified by MALDI-ToF MS in clinical samples has been also investigated for COVID-19 diagnostic purposes, and potential patient-derived biomarkers have been identified.\(^{18–20}\) However, there is the concern of making a false diagnosis of COVID-19 using a screening method based on biomarker analysis. Therefore, a diagnostic method to identify SARS-CoV-2-specific proteins or peptides in nasopharyngeal swabs is a reliable way to detect SARS-CoV-2 infection, but no studies have succeeded in detecting specific molecules that originate from SARS-CoV-2 in clinical samples for diagnosis by MALDI-ToF MS. Several proteins present in nasopharyngeal swabs hamper the detection of SARS-CoV-2-specific proteins and peptides by MALDI-ToF MS. Consequently, we contrived a method that takes advantage of the properties of SARS-CoV-2 particles and proteins to purify them from nasopharyngeal swabs. To accurately determine whether a patient is contagious or not, we evaluated the detection limit of the MALDI-ToF MS. In addition, a novel diagnostic method using MALDI-ToF-MS analysis of specific peptides derived from intact particles of SARS-CoV-2 purified from nasopharyngeal swabs of COVID-19 patients is described.

## EXPERIMENTAL SECTION

**Ethics Statement.** The study design and the protocol for the use of swab eluates from volunteers were reviewed and approved by the Institutional Review Board (IRB) of the National Institute of Health Sciences, Japan (NIHS) (approval no. 339). All experiments with live SARS-CoV-2 were performed in a biosafety level 3 (BSL3) facility at NIHS, and those for the detection of SARS-CoV-2 from patient specimens were also reviewed and approved by the IRB of the NIHS (approval No. 347) and the IRB of Saitama Medical University Hospital (approval no. 20166.01).

**Cells and Virus.** Vero E6/TMPRSS2 cells (JCRB1819)\(^{21}\) were obtained from the Japanese Collection of Research Bioresources (JCRB) Cell Bank. The SARS-CoV-2 JPN/TY/WK-521 strain was obtained from the National Institute of Infectious Diseases, Japan. The methods for the purification of inactivated and live SARS-CoV-2 and the quantification of copy numbers are described in Supporting Information S1.

**Purification of SARS-CoV-2 Particles from Nasopharyngeal Swabs Inoculated with the Inactivated Virus.** Nasopharyngeal swabs were provided by volunteers with informed consent and were confirmed to be SARS-CoV-2-negative by RT-PCR before use according to the method described in Supporting Information S2. Each nasopharyngeal swab was placed in a sterile tube containing 1 mL of phosphate-buffered saline (PBS), and the tube was vigorously shaken. The swab was removed, and the eluate was centrifuged at 11,200 × g for 5 min. For the sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE, Supporting Information S3) analysis, a 400 μL aliquot of the supernatant, a suspension of inactivated SARS-CoV-2 (10^6.0 copies), or a mixture of the two was filtered with a 0.22 μm cartridge filter (Merek KGaA, Darmstadt, Germany). The filtrate was concentrated to a small volume (5–10 μL) in a 30, 100, or 300 kDa MWCO ultrafiltration cartridge (Pall Corporation, Ann Arbor, MI) at 2000 × g. The solution that passed through the cartridge membrane was collected as the flow-through fraction (FF). The fraction was concentrated by acetone precipitation, and the precipitate was subjected to SDS-PAGE. Water (400 μL) was added to the cartridge, and the sample concentration procedure was repeated. The residual liquid on the cartridge membrane was collected. The membrane was washed with water, which was then collected and combined with the residual liquid. The total amount of the concentrate was adjusted to 40 μL. This sample was collected as the concentrated fraction (CF). For SDS-PAGE analysis, the fraction was lyophilized, and the residue was dissolved in the protein sample buffer. Further purification was performed by mixing the fraction with 50 μL of 2-propanol, then adding 20 μL (suspension volume) of Q Sepharose XL resin (Cytiva, Uppsala, Sweden). After being shaken for 20 min at 1600 rpm, the resin was removed by filtration, and the filtrate was evaporated to dryness using a centrifugral evaporator (Micro Vac MV-100, Tomy Seiko, Tokyo, Japan). The residue was dissolved in the protein sample buffer. The method for the identification of the protein band is described in Supporting Information S4.

**SARS-CoV-2 Detection in Nasopharyngeal Swabs Inoculated with the Live Virus by MALDI-ToF MS.** The serially diluted live SARS-CoV-2 samples (10^6.0, 10^7.0, 10^8.0, or 10^9.0 copies in 5 μL of water) were inoculated in 70 μL of the above-mentioned nasopharyngeal swab eluate in PBS. After 330 μL of water was added to the eluate, the mixture was filtered with a 0.22 μm cartridge filter (Merek KGaA). The filtrate was concentrated to 5–10 μL using a 300 kDa MWCO ultrafiltration cartridge (Pall) at 2000 × g, and further purification was performed as described in “Purification of SARS-CoV-2 Particles from Nasopharyngeal Swabs Inoculated with the Inactivated Virus”. After evaporation by a centrifugal evaporator, the residue was dissolved in 30 μL of a digestion buffer containing 50 mM ammonium bicarbonate, 10% acetonitrile, and 200 ng of MS-grade trypsin protease (Thermo Fisher Scientific, Waltham, MA). The mixture was incubated for 120 min at 37 °C. The digested sample was purified and concentrated on a ZipTip 0.6 μL C18 (Merek KGaA) pipette tip. The tip was preconditioned with acetonitrile, then 50%
acetonitrile containing 0.1% trifluoroacetic acid (TFA; FUJIFILM Wako Pure Chemical Corporation, Osaka, Japan), and finally 10% acetonitrile containing 0.1% TFA. The digested sample was acidified with 1 μL of 10% TFA and then aspirated and dispensed 12 times through a ZipTip. The sample was washed three times with 20 μL of 10% acetonitrile containing 0.1% TFA. Peptides were eluted into a 96-well sample plate for MALDI-ToF MS by aspirating and dispensing 3 μL of 50% acetonitrile containing 0.1% TFA and 10 g/L 4-chloro-α-cyanocinnamic acid (CICCA; Merck KGaA) four times and were allowed to air-dry.

MALDI-ToF MS Analysis. MS analysis was performed on an MS-S3000 SpiralTOF-plus spectrometer (JEOL, Tokyo, Japan). Instrument settings were as follows: mode, spiral positive; laser intensity, 55%; delay time, 330 ns; detector, 60%; mass range, 700−3000 m/z; and laser frequency, 250 Hz. The ProteoMass Peptide MALDI-MS Calibration Kit (Merck KGaA) was used as an external standard. The signal-to-noise (S/N) ratio was calculated by comparing the height (intensity) of the peptide peak with the height of the noise around the peptide peak.

SARS-CoV-2 Detection in Nasopharyngeal Swabs of COVID-19 Patients. Nasopharyngeal swabs from patients who underwent testing for COVID-19 (19 COVID-19-positive and 4 COVID-19-negative) at Saitama Medical University Hospital between December 2020 and March 2021 were used. Swabs were collected in accordance with the nationally recommended protocol in Japan.23 Patients were provided with the opportunity to opt out of the secondary use of their specimens in this study. Viral RNA levels and viral titers in these patients were determined by the ProteoMass Peptide MALDI-MS Calibration Kit (Merck KGaA) four times and were allowed to air-dry.

RESULTS AND DISCUSSION

Analysis of Proteins from Purified SARS-CoV-2. The inactivated viral particles (10^9) were resolved by SDS-PAGE, and a major band at 50 kDa was observed in the gel stained with Coomassie Brilliant Blue (CBB) (Figure S1A). The copy number of inactivated SARS-CoV-2 was quantified by RT-PCR (Figure S2A). Tryptic peptides from the 50 kDa band on the gel were analyzed by MALDI-ToF MS. A MASCOT database search revealed that the 20 peptides were derived from nucleocapsid phosphoprotein (NP) of SARS-CoV-2 (Figure S1B and Table S1). Tryptic peptides derived from this protein were candidate molecules for the MALDI-ToF MS analysis.

Purification of SARS-CoV-2 NP in a Nasopharyngeal Swab Eluate. Several proteins, such as IgA, lactoferrin, and lysozyme, are present in nasopharyngeal swabs.23 Because these proteins may interfere with SARS-CoV-2 detection, purification steps before MS analysis are essential. To purify viral particles from environmental samples and cell lysates, ultrafiltration was used in some studies, yielding high virus recoveries.24,25

SDS-PAGE analysis of a suspension of inactivated SARS-CoV-2 filtered with each of the three MWCO ultrafiltration cartridges showed that almost all the viral particles were observed in the concentrated fraction on the membranes of the 30, 100, and 300 kDa MWCO ultrafiltration cartridges (Figure 1A lanes 2, 4, and 6, respectively) and did not pass through the three MWCO ultrafiltration membranes (Figure 1A, lanes 3, 5, and 7, respectively). The concentrated fractions of a nasopharyngeal swab eluate filtrated with each of three MWCO ultrafiltration cartridges and the flow-through fractions were resolved by SDS-PAGE. Many protein bands were observed in the nasopharyngeal swab eluate (Figure 1B, lane 1). When a 30 kDa MWCO ultrafiltration cartridge was used, most proteins were collected in the concentrated fraction (Figure 1B, lane 2), and few proteins were detected in the flow-through fraction (Figure 1B, lane 3). Proteins were separated in both the concentrated and flow-through fractions when a 100 kDa MWCO ultrafiltration cartridge was used (Figure 1B, lanes 4 and 5, respectively). Protein bands were hardly found in the concentrated fraction on the membrane of the 300 kDa MWCO ultrafiltration cartridge (Figure 1B, lane 6), while most proteins were present in the flow-through (Figure 1B, lane 7). These results indicated that use of a 300 kDa MWCO ultrafiltration cartridges might be effective for the purification of virus particles and the concentration of viral particle suspensions for volumes from several hundred microliters to 5−10 μL. In the SDS-PAGE analysis of the nasopharyngeal swab eluate inoculated with inactivated SARS-CoV-2 that was fractionated by the 300 kDa MWCO ultrafiltration cartridge, the proteins from the swab eluate and the viral particles were clearly separated into the different fractions (Figure 1C, lanes 1−3).

Further purification by an anion exchange resin, Q Sepharose XL, was performed to remove some contaminating bands from the swab eluate that were observed in the concentrated fraction (Figure 1C, lane 3, black arrows). The concentrated fraction was mixed with an equal amount of 2-propanol (final concentration of 50%) to extract the NP. Q Sepharose XL resin was added to the mixture, and contaminating proteins from the swab eluate, but not the NP, were adsorbed on the resin. The resin was removed by filtration, and the filtrate was resolved by SDS-PAGE. The contaminating proteins were clearly removed, and a single band derived from the NP was observed (Figure 1C, lane 4, a red arrow). The theoretical isoelectric point (pI) of SARS-CoV-2 NP is 10.07.26 Because of its high pI, SARS-CoV-2 NP had a positive charge in 50% 2-propanol and was not captured by the positively charged anion exchange resin. Negatively charged contaminating proteins were adsorbed with the resin and removed from the sample. The result of the image analysis showed that almost none of the NP was lost during these purification steps using a 300 kDa MWCO ultrafiltration cartridge and Q Sepharose XL.

Detection of SARS-CoV-2 NP in a Nasopharyngeal Swab Inoculated with Live SARS-CoV-2. According to the results above, the workflow for SARS-CoV-2 detection in a nasopharyngeal swab by MALDI-ToF MS was determined as shown in Figure 2. Briefly, a nasopharyngeal swab eluate was filtered with a 0.22 μm cartridge filter to remove the cellular
The filtrate was concentrated with a 300 kDa MWCO ultrafiltration cartridge, and contaminating proteins were removed. The NP was extracted from the viral particles with 50% 2-propanol, and other contaminating proteins were adsorbed on Q Sepharose XL resin. After evaporating the inorganic solvent, the NP was digested with trypsin. The reaction solution was desalted and concentrated on a ZipTip, a pipet tip with a bed of chromatography media, and NP-derived peptides were detected by MALDI-ToF MS.

In accordance with the workflow, MALDI-ToF MS analysis of the nasopharyngeal swab eluate inoculated with live SARS-CoV-2 was performed. The copy number of live SARS-CoV-2 was quantified by RT-PCR (Figure S2A). In the MALDI-ToF MS analysis of the nasopharyngeal swab eluate inoculated with 10^8.7 copies of the live virus, seven NP-derived peptides were observed (Figure 3). When five blank nasopharyngeal swab eluates were analyzed, the average S/N ratios where the seven peptides were detected were between 0.86 and 1.10 (Table 1). Based on this result, the threshold average value for S/N ratios of the NP-derived peptides was set to 2.0. All the average S/N ratios of the seven NP-derived peptides detected in the nasopharyngeal swab eluate inoculated with 10^6.7 and 10^7.7 copies were ≥2.0 (Table 1). With 10^6.7 copies, the average S/N ratios of the three peptides were ≥2.0, while no average values were ≥2.0 with 10^7.7 copies. This result showed that the detection limit of the virus in a nasopharyngeal swab was 10^6.7 copies. This value is equivalent to 10^7.9 copies per milliliter when using a 70 μL swab eluate. According to the recent mathematical model,47 the viral load required for SARS-CoV-2 transmission is approximately three times larger than that required for infection. Positive results by RT-PCR do not necessarily indicate the shedding of infectious virus because noninfectious virus is also detectable using this method.4,28 In fact, it was reported that a viral load of >10^7.6 copies per swab is required for successful viral isolation from clinical specimens.29 The threefold value of 10^7.6 copies per swab is equivalent to 10^8.1 copies per swab in the context of the mathematical model47 and is assumed to be the viral copy number required for SARS-CoV-2 transmission. The MALDI-ToF MS-based diagnostic method established in this study can therefore detect transmissible virus levels in clinical specimens.

Recently, a method to inactivate SARS-CoV-2 during sample preparation for proteomics experiments was reported.30 By adopting an inactivation method, some purification steps do not have to be performed in a BSL3 facility, and the efficiency of our method may be increased.

In another study using one purification step by ultrafiltration, followed by MALDI-FT-ICR MS detection, high background signals were observed.17 We adapted two purification steps using an ultrafiltration cartridge and an anion exchange resin and used a high-resolution MALDI-ToF MS. This method enabled the low-background measurement of peptides derived from SARS-CoV-2.

**Detection of SARS-CoV-2 NP in Nasopharyngeal Swabs of COVID-19 Patients.** Neither viral RNA analyzed by RT-PCR nor viral titers measured by TCID_{50} assays were detected in 4 out of 23 nasopharyngeal swab specimens (Table 2, IDs 20−23). These patients were regarded as negative for COVID-19. The MALDI-ToF MS spectrum of the specimen from ID 20 is shown in Figure S3A. The signals of the seven NP-derived peptides were not observed in this sample. The S/N ratios of NP-derived peptides in the MALDI-ToF MS results of these RT-PCR-negative specimens were used to set
detection thresholds. Because the S/N ratios of four NP-derived peptides at $m/z$ 1126, 1685, 2015, and 2267 were <1.55 in these four negative specimens, their threshold S/N ratios were set to 2.0. The S/N ratio threshold was set to 1.5.
Table 2. Analysis of SARS-CoV-2 in Clinical Nasopharyngeal Swabs

| RT-PCR positive patients | RT-PCR | viral titer (TCID<sub>50</sub>/mL) | m/z value (S/N threshold) | number of detected peptides |
|--------------------------|--------|----------------------------------|--------------------------|---------------------------|
| 1 M 77 UK<sup>b</sup>    | 16.4 (4.6) | 10<sup>4.6</sup> | 7.00 2.83 3.95 2.03 3.58 3.09 1.75 | 7 |
| 2 F 71 fever mild 1    | 20.0 (3.1) | 10<sup>4.1</sup> | 11.16 5.38 4.78 6.98 23.20 1.12 1.80 | 6 |
| 3 F 40 sore throat mild 2 | 17.7 (5.7) | 10<sup>3.1</sup> | 72.12 36.09 41.35 1.13 143.79 14.10 8.56 | 6 |
| 4 F 91 UK death 2    | 21.4 (3.1) | 10<sup>3.1</sup> | 5.10 2.70 2.06 2.36 3.23 1.04 1.02 | 5 |
| 5 M 94 UK UK 2    | 22.8 (3.3) | 10<sup>3.3</sup> | 2.63 1.58 1.38 1.29 1.80 0.81 1.34 | 2 |
| 6 F 68 UK mild 2    | 18.6 (3.3) | 10<sup>3.3</sup> | 78.86 43.02 40.89 41.36 172.91 9.80 9.01 | 7 |
| 7 F 51 sore throat mild 2 | 23.9 (3.0) | 10<sup>4.1</sup> | 10.89 4.52 4.33 4.75 11.30 1.61 1.34 | 5 |
| 8 M 81 cough mild 2    | 20.8 (3.8) | 10<sup>3.1</sup> | 6.13 3.66 2.73 6.95 5.92 0.90 1.64 | 6 |
| 9 M 71 fever mild 2    | 19.5 (5.7) | 10<sup>6.6</sup> | 3.80 1.48 1.73 0.66 2.38 1.33 1.15 | 2 |
| 10 F 66 UK mild 2    | 18.8 (3.8) | 10<sup>3.3</sup> | 18.75 7.10 4.03 1.04 22.00 2.76 2.45 | 6 |
| 11 F 89 fever mild −1 | 17.3 (3.9) | 10<sup>5.3</sup> | 31.25 7.13 8.06 19.73 22.96 7.04 6.93 | 7 |
| 12 M 99 sore throat mild 0 | 18.4 (8.6) | 10<sup>5.3</sup> | 57.03 14.91 13.85 5.84 22.05 12.22 6.83 | 7 |
| 13 F 85 fever mild 2    | 22.5 (3.3) | 10<sup>3.9</sup> | 6.80 3.71 4.24 4.80 9.97 1.45 1.22 | 5 |
| 14 F 87 fever mild 1    | 17.6 (3.2) | 10<sup>6.6</sup> | 9.48 3.52 2.58 9.50 20.54 5.81 2.33 | 7 |
| 15 F 81 fever severe 2 | 20.2 (3.0) | 10<sup>3.3</sup> | 30.40 12.40 12.29 2.99 34.97 6.97 3.88 | 7 |
| 16 F 87 fever mild 2    | 18.8 (4.4) | 10<sup>3.3</sup> | 10.59 6.51 9.18 2.52 31.66 2.15 2.82 | 7 |
| 17 F 32 UK mild 2    | 19.7 (3.1) | 10<sup>5.1</sup> | 6.36 4.96 5.26 2.30 14.37 1.04 1.71 | 6 |
| 18 F 40 fever mild 1    | 19.0 (5.3) | 10<sup>3.3</sup> | 22.93 13.04 19.48 6.22 27.66 5.67 2.84 | 7 |
| 19 F 80 UK mild 2    | 23.9 (8.0) | 10<sup>4.1</sup> | 2.07 1.54 1.32 1.70 1.47 0.79 1.21 | 2 |

RT-PCR negative patients

| M 82 fever NA<sup>d</sup> | 14.7 (8.5) | 10<sup>5.1</sup> | 1.47 0.85 1.43 1.13 1.18 1.42 1.18 | 0 |
| F 44 cough NA | UD<sup>e</sup> | UD | 1.10 1.25 0.94 1.13 0.77 0.78 0.67 | 0 |
| F 28 fever NA | UD | UD | 1.13 1.34 1.16 1.20 1.00 0.69 1.13 | 0 |
| F 70 fever NA | UD | UD | 1.55 1.09 0.90 1.11 1.25 1.03 0.88 | 0 |

<sup>a</sup>Threshold cycle. <sup>b</sup>UK, unknown. <sup>c</sup>Used 210 μL of the swab eluate. <sup>d</sup>NA, not applicable. <sup>e</sup>UD, undetermined.
for three NP peptides at m/z 2060, 2181, and 2324, since the S/N ratios in the negative specimens were <1.25.

The SARS-CoV-2 copy numbers in 19 specimens (ID1–19) calculated using standard RT-PCR curves (Figure S2B–E) were between $10^{3.0}$ and $10^{9.9}$ copies per milliliter (Table 2). The titers of 19 infectious specimens (IDs 1–19) were between $10^{3.9}$ and $10^{6.4}$ TCID$_{50}$/mL (Table 2). In the MALDI-ToF MS spectrum of specimen ID 6, seven NP peptides were typically observed (Figure S3B). Based on the S/N ratio thresholds, the number of detected NP-derived peptides was calculated for all RT-PCR-positive specimens (Table 2). We detected seven, six, five, and two NP-derived peptides in seven, five, four, and three specimens, respectively. Regarding the result of ID 1, one NP-derived peptide (m/z 2181) was detected when 70 μL of the swab eluate was used (data not shown), while two NP-derived peptides (m/z 1126 and m/z 2060) were found when 210 μL of the swab eluate was used (Table 2).

In our COVID-19-positive specimens, a strong correlation ($R^2$ = 0.88) was observed between RT-PCR copy numbers and TCID$_{50}$ titers, and an approximately $10^{3.8}$-fold (99.99% confidence interval from $10^{3.7}$ to $10^{4.2}$) difference was observed between them (Table 2 and Figure S4, the red-colored data). A similar observation was reported by a local public health institute in Japan (Figure S4, the blue-colored data). The viral loads measured in the clinical specimens were from middle to high levels. The presence of asymptomatic patients with viral loads of $10^4$ TCID$_{50}$/mL is a serious epidemiological concern. We estimated that the viral load required for SARS-CoV-2 transmission in a clinical specimen would be at least $10^{4.3}$ TCID$_{50}$/mL ($10^{4.3}/10^{3.8} = 10^{0.5}$), as calculated with a transmissible level of $10^8$ copies and a $10^{3.8}$-fold difference between TCID$_{50}$ titers and copy numbers. Using our MALDI-ToF MS-based diagnostic method, we detected SARS-CoV-2-specific peptides in clinical specimens with viral loads of $10^{3.9}$–$10^{6.3}$ TCID$_{50}$/mL (Table 2). This suggested that our method detected SARS-CoV-2 NP-derived peptides from contagious COVID-19 patients.

### Mass Shift of a NP-Derived Peptide by an Amino Acid Mutation

The amino acid sequence of the NP-derived peptide at m/z 2060 was NPANAAIVLQLPQGTTLPK, and the signal of the peptide was observed at m/z 2060.1413 in the MALDI-ToF MS chromatogram of ID 6 (Figure S5A). In the results of ID 1, ID 2, ID 4, ID 7, ID 8, and IDs 11–19, the signals of the peptide were also observed (Table 2), and the accurate mass of each peptide was between m/z 2060.1202 and m/z 2060.1481. Instead of the signal of the peptide at m/z 2060, those of m/z 2076.1793 (measured accurate mass of 2075.1720) and 2076.1892 (measured accurate mass of 2075.1819) were observed in the MALDI-ToF MS spectra of IDs 3 and 10, respectively (Figure S5B and C). The differences in mass between the NP-derived peptide at m/z 2060 (calculated exact mass of 2059.1426), and the unknown peptides were 16.0294 (ID 3) and 16.0393 (ID 10). These values approximately correspond to the position of three proline residues in the amino acid sequence of the NP-derived peptide at m/z 2060, and one or two of them might have been changed to leucine. Nucleotide sequences of DNA of the NP gene were determined to sequence-type the SARS-CoV-2 strains in the nasopharyngeal swab specimens of IDs 3, 6, and 10 in this study. Nucleotide sequence analysis showed that a missense mutation (452 C to U), which caused a P151L mutation, occurred in nucleotide sequences of the gene encoding NP in both the ID 3 and ID 10 specimens compared with a downloaded sequence of the NP gene from GenBank (accession no. NC045512). The amino acid sequences of the variant peptides from ID 3 and ID 10 were determined as NLANNAIVLQLPQGTTLPK. The NP-derived peptides are frequently used as target molecules for the MS-based detection of SARS-CoV-2, and four out of the seven target peptides in our method were suggested as good candidates for MS analysis.

### Conclusions

Preventing the spread of infection and curbing the COVID-19 pandemic will require high-throughput diagnostics of multiple specimens. In this study, a method to purify SARS-CoV-2 particles in a nasopharyngeal swab eluate and the extract NP was developed. The purification step is straightforward and suitable for multisample processing. We successfully detected peptides derived from the SARS-CoV-2 NP in nasopharyngeal swab specimens from COVID-19 patients. Nontargeted analysis by MALDI-ToF MS enables the detection of unknown peptides derived from the virus variant. The advantages and disadvantages of RT-PCR and MALDI-ToF MS methods are listed in Table S2. The MS method has great advantages in operability, time for detection, and cost. Although the sensitivity of MALDI-ToF MS is inferior to that of RT-PCR, the novel MALDI-ToF MS-based diagnostics of COVID-19 developed in this study can detect contagious patients, allowing the appropriate isolation of patients. We believe this method can contribute to preventing the continued spread of SARS-CoV-2.

### Associated Content

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.analchem.1c04328.

Analysis of proteins from inactivated SARS-CoV-2; standard curves for the calculation of the SARS-CoV-2 copy number; MALDI-ToF MS spectra; correlation between SARS-CoV-2 copy numbers and infectious titers; list of the observed m/z, position, and sequence of 20 peptides derived from the nucleocapsid phosphoprotein; and advantages and disadvantages of RT-PCR and...
MALDI-ToF MS methods for COVID-19 diagnosis (PDF)

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These authors contributed equally. T.Y. and Y.H.-K. designed the study. T.Y., K.H., S.H., K.O., T.O., M.W., and Y.H.-K. developed the technique and carried out the experiments. T.Y., K.H., S.H., K.O., T.O., M.W., S.A., and Y.H.-K. analyzed the data and prepared the manuscript. S.T., H.M., T.T., T.M., Y.O., R.K., and Y.S. provided reagents and technical support. Y.G. supervised the project. Y.G. and Y.H.-K. provided funding.

Notes
The authors declare no competing financial interest.

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