**Background:** Triple-negative breast cancer (TNBC) has a relatively poor prognosis. Research has identified potential metabolic targets, including fatty acid metabolism, in TNBC. The absence of effective target therapies for TNBC led to exploration of the role of fatty acid synthase (FASN) as a potential target for TNBC therapy. Here, we analyzed the expression of FASN, a representative lipid metabolism-related protein, and investigated the association between FASN expression and Ki-67 and the programmed death ligand 1 (PD-L1) biomarkers in TNBC.

**Methods:** Immunohistochemical expression of FASN was analyzed in 166 patients with TNBC. For analytical purposes, patients with 0–1+ FASN staining were grouped as low-grade FASN and patients with 2–3+ FASN staining as high-grade FASN.

**Results:** FASN expression was observed in 47.1% of TNBC patients. Low and high expression of FASN was identified in 75.9% and 24.1%, respectively, and no statistically significant difference was found in T category, N category, American Joint Committee on Cancer stage, or recurrence rate between the low and high-FASN expression groups. Ki-67 proliferation level was significantly different between the low and high-FASN expression groups. FASN expression was significantly related to Ki-67 as the level increased. There was no significant difference in PD-L1 positivity between the low- and high-FASN expression groups.

**Conclusions:** We identified FASN expression in 166 TNBC patients. The Ki-67 proliferation index was positively correlated with FASN level, indicating higher proliferation activity as FASN increases. However, there was no statistical association with PD-L1 SP142, the currently FDA-approved assay, or FASN expression level.

**Key Words:** Triple-negative breast neoplasms; FASN; Immunohistochemistry; Ki-67; PD-L1 SP142

**Fatty acid synthetase expression in triple-negative breast cancer**

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response in a certain TNBC subtype. Cha et al. [10] identified lipid metabolism–related proteins in breast cancer. Of them, fatty acid synthetase (FASN) is a lipid-producing enzyme that is expressed at low level in normal human tissues but is reported to be highly expressed in breast, colon, prostate, and ovarian cancer [11–14]. The role of FASN as a prognostic factor in breast cancer has been published in previous studies [15,16].

However, few studies have identified the expression of FASN level in TNBC [15,16]. The absence of effective targeted therapy for TNBC and its poor prognosis led to exploration of the role of FASN as a potential target for TNBC therapy [17]. Here, we analyzed the expression of FASN, a representative lipid metabolism–related protein, and the association between FASN level and Ki-67 and PD-L1 expression in patients with aggressive TNBC breast cancer.

**MATERIALS AND METHODS**

Among ER- and HER-2–negative breast cancer patients, 166 patients who could be tracked and whose paraffin embedded tissue blocks were in good condition were enrolled in the study. Patient clinical records were used in a retrospective manner to identify clinical information including age, immunohistochemical study, TNM stage, recurrence, chemotherapy, and radiation therapy. We also wanted to quantify the degree of expression and correlate it with clinical information through immunostaining of FASN.

**Patient selection and clinicopathologic evaluation**

From January 2012 to December 2018, 166 TNBC patients who underwent primary breast cancer surgical resection at Konkuk University Medical Center (KUMC) Seoul, Korea, were analyzed. Clinicopathological information was obtained by reviewing medical records and hematoxylin and eosin (H&E)–stained sections. The TNBC histopathological data were determined by histological subtype, category T, category N, American Joint Committee on Cancer (AJCC) stage, and Bloom–Richardson histological grade.

**Tissue microarray**

All 166 H&E-stained slides were reviewed, and the most representative part of each was selected. Two 3 mm tissue cores derived from representative tumors of formalin-fixed paraffin-embedded tissue blocks were collected. An on-slide control tissue (tonsillar tissue) was used.

**Immunohistochemistry**

Immunohistochemistry (IHC) was performed using a Ventana Discovery XT automated slide stainer (Ventana Medical Systems, Tucson, AZ, USA), following antigen retrieval with Cell Conditioning 1 (CC1; citrate buffer pH 6.0, Ventana Medical System) at 37°C for 32 minutes. This was followed by a standard Ventana signal amplification and counterstaining with hematoxylin. Slides were mounted and examined by light microscopy. Appropriate positive and negative controls for IHC were included. We used anti-fatty acid synthase antibodies (Abcam, Cambridge, UK) and SP142 antibodies (Ventana, Mannheim, Germany) in this study.

**Interpretation of IHC results**

All IHC markers were determined using light microscopy to assess the proportion and intensity of stained cells. In this study, we classified breast cancer phenotypes according to ER, PR, and HER-2 IHC results and Ki-67 [18]. ER and PR positivity were used to define a cutoff value of 1% positively-stained nuclei [19]. HER-2 staining was analyzed according to the American Society of Clinical Oncology (ASCO)/College of American Pathologists guidelines [20]. HER-2 expression was considered positive when strong (3+) membranous staining was observed, whereas cases with scores of 0 to 1+ were considered negative [20]. The results of immunohistochemical staining for lipid metabolism–related proteins were scored as previously described [21]. Briefly, FASN staining was considered positive when > 10% of the tumor cells were stained, and the intensity was scored from 0 to 3. For analytical purposes, patients with 0–1+ FASN staining were grouped as low-grade FASN and patients with 2–3+ FASN staining as high-grade FASN [15]. SP142 score was assessed as previously described [6].

**Statistical analysis**

Data analysis was performed using SPSS ver. 20.0 (IBM Corp., Armonk, NY, USA) for Windows. Chi-square and Fisher’s exact tests were used to assess continuous and categorical variables, respectively. Statistical significance was assumed at a p-value < .05. Kaplan-Meier survival curves and log-rank statistics were employed to evaluate the time interval to tumor metastasis and survival duration. A Cox proportional hazards model was used to assess the risk factors of shorter disease-free survival and overall survival.
RESULTS

Clinicopathological characteristics of TNBC

A total of 166 TNBC patient results were analyzed in this study, and the clinicopathological characteristics are presented in Table 1. The median age at diagnosis was 51 years (range, 28 to 83 years). The major histologic type of TNBC in KUMC was invasive ductal carcinoma (92.8%), with eight carcinomas with medullary features, three pleomorphic carcinomas, and one metaplastic carcinoma. About 85% of the cases were histologic grade 3, and 66% of the cases were AJCC stage 2. Of these 166 patients, 10 (6.0%) received neoadjuvant chemotherapy, 154 (92.8%) received adjuvant chemotherapy, and 140 (84.3%) received radiation therapy. Among the 166 patients, 26 (15.7%) recurred during follow-up observation. The median time until recurrence was 13.5 months.

Expression of FASN in TNBC

Two pathologists independently observed and agreed to the final score values, and in some cases, IHC study was performed up to three times. The FASN expression levels in breast cancer patients were classified as grade 0, 1, 2, or 3 according to staining intensity. FASN expression was observed in 47.1% (95/166) of TNBC patients. Intensity grades of 1, 2, or 3 were seen in 33.1% (55/166), 13.3% (22/166), and 10.8% (18/166) of TNBC patients, respectively. Grades 0 and 1 were classified as the low-FASN group and grades 2 and 3 as the high-FASN group (Fig. 1). Low and high expression of FASN was identified in 75.9% (126/166) and 24.1% (40/166) of TNBC patients, respectively.

Table 2 shows a comparison between the clinicopathological data of 40 patients with high FASN expression compared with that of 126 patients with low FASN expression. In the high-FASN expression group, more patients were younger than 50 years, while in the low-FASN group, more patients were older than 50 years old. The major cancer type was invasive ductal carcinoma and most were histologic grade 3; therefore, there was no association with high and low FASN expression. No statistically significant differences in T category, N category, AJCC stage, and recurrence rate were found between the high- and low-FASN expression groups.

Correlation with immunohistochemical study of Ki-67

The Ki-67 proliferation level was statistically different between the FASN low and high expression groups, with median Ki-67 levels of 60% (range, 40% to 80%) and 73% (range, 55% to 87%), respectively, using the Mann-Whitney U test (p = .003) (Table 3). The Spearman correlation coefficient was 0.257, indicating weak correlation between Ki-67 proliferation level and FASN expression level (p = .001).

Correlation with PD-L1 SP142 IHC assay

Two pathologists independently observed and agreed to the
final score values. PD-L1 expression was assessed using the PD-L1 SP142 assay. Of the 166 cases, 94 available cases were used to perform IHC for PD-L1 SP142. At the 1% cutoff value, 52.6% (50/94) of cases were positive for PD-L1 SP142 in infiltrating immune cells (ICs). We analyzed the correlation between FASN expression level and percentage of PD-L1 SP142 positive infiltrating ICs, but no correlation was identified. There was no statistically significant PD-L1 SP142 positivity between the low- and high-FASN expression groups. A representative case of SP142 expression in the expression of high FASN was confirmed (Fig. 2).

**DISCUSSION**

TNBC has no available special treatment other than chemotherapy after surgery, so early detection of recurrence through short-term follow-up observations will help patients with treatment and prognosis [22]. The development of interval breast cancer within the time interval between screening examinations has more adverse biological features, poorer survival outcomes, and is more highly associated with TNBC [23]. TNBC has high prevalence in young women under 50 and is more common in African Americans [24]. TNBC is known to have relatively poor prognosis compared to non-triple-negative breast cancer, most likely resulting from lack of special treatment methods such as hormone treatment or targeted treatment other than non-specific chemotherapy [25].

The TNBC subtype was classified into four distinct types by Burstein et al. [26] and is being actively studied because of different prognoses and target therapies. Clinical results and treatment responses have changed depending on classification [27]. These inherent differences related to TNBC sub-classification have resulted in a renewed effort to identify driver mutations and more appropriate targeted treatment [28]. For potential therapy, activated progesterone receptor, platinum, tyrosine kinase inhibitor, PI3K/mTOR inhibitor, anti–PD-L1 inhibitors, and/or androgen receptor targeted PI3K inhibitors are thought to be

![Fig. 1. Fatty acid synthetase expression in triple-negative breast cancer: grade 0 (A), grade 1 (B), grade 2 (C), and grade 3 (D).](image-url)
FASN, a key lipogenic enzyme, is known to be overexpressed in various human cancers [30]. FASN is a lipid-producing enzyme that is expressed at low levels in normal human tissues but is reported to be highly expressed in breast, colon, prostate, ovarian, and endometrial cancers [11-14]. It has been hypothesized that useful indicators of prognosis can be found based on differences in the degree of expression between normal and cancer tissues, and patients with high FASN expression level have been reported to show lower disease-free survival and decreased survival rate [31]. High FASN expression was identified in 45% of TNBC cases [15] and high-FASN groups have been significantly associated with positive nodal status [15,16]. Therefore, FASN has emerged as a potential target, and FASN inhibitors are being evaluated in clinical trials [32]. First-generation (e.g., orlistat and cerulenin) and next-generation (TVB-3166 and TVB-2640) FASN-targeting drugs have been developed [33]. Adipophilin (ADP) and FASN are two lipid metabolism-related proteins of clinicopathological relevance for IHC expression in salivary duct carcinoma. ADP-positive expression was associated with the presence of prominent nuclear pleomorphism, high Ki-67, and poor prognosis [30].

In this study, we evaluated the association of FASN expression between clinicopathological features, including PD-L1 SP142 expression, and further evaluated its usefulness as a biomarker in TNBC. FASN expression was observed in 47.1% (95/166) of TNBC cases [34]. Therefore, these treatments are being attempted in TNBC patients to identify whether they can benefit from a more appropriate and targeted treatment. We performed IHC for FASN, a representative lipid metabolism-related protein, as a candidate for a potential specific target in TNBC.

Table 2. Clinicopathological data for 40 patients with high-grade FASN compared with 126 patients with low-grade FASN

| Age (yr) | Low (n = 126) | High (n = 40) | p-value |
|---------|--------------|--------------|---------|
| <50     | 58 (46.0)    | 27 (67.5)    | .018*   |
| >50     | 68 (54.0)    | 13 (32.5)    |         |

| Histologic type | Low (n = 126) | High (n = 40) | p-value |
|-----------------|--------------|--------------|---------|
| IDC, NOS        | 116 (92.1)   | 38 (95.0)    | .319a   |
| Carcinoma with medullary feature | 7 (5.6) | 1 (2.5) |         |
| Pleomorphic carcinoma | 3 (2.4) | 0 |         |
| Metaplastic carcinoma | 0 | 1 (2.5) | .090a   |

| T category | Low (n = 126) | High (n = 40) | p-value |
|------------|--------------|--------------|---------|
| 1          | 44 (66.7)    | 22 (33.3)    |         |
| 2          | 73 (83.0)    | 15 (17.0)    |         |
| 3          | 8 (7.7)      | 3 (27.3)     |         |
| 4          | 1 (100)      | 0            |         |

| N category | Low (n = 126) | High (n = 40) | p-value |
|------------|--------------|--------------|---------|
| 0          | 79 (72.5)    | 30 (27.5)    | .614a   |
| 1          | 33 (82.5)    | 7 (17.5)     |         |
| 2          | 8 (88.9)     | 1 (11.1)     |         |
| 3          | 2 (50.0)     | 2 (50.0)     |         |

| AJCC stage | Low (n = 126) | High (n = 40) | p-value |
|------------|--------------|--------------|---------|
| 1          | 18 (54.5)    | 15 (45.5)    | .075a   |
| 2          | 91 (82.7)    | 19 (17.3)    |         |
| 3          | 13 (68.4)    | 6 (31.6)     |         |
| N/A        | 4 (100)      | 0            |         |

| Histologic grade | Low (n = 126) | High (n = 40) | p-value |
|------------------|--------------|--------------|---------|
| 2                | 15 (11.9)    | 9 (22.5)     | .097a   |
| 3                | 111 (88.1)   | 31 (77.5)    |         |

| Neoadjuvant CTx | Low (n = 126) | High (n = 40) | p-value |
|-----------------|--------------|--------------|---------|
| CTx             | 10 (7.94)    | 0            | .120a   |
| RTx             | 119 (84.4)   | 35 (87.5)    | .140a   |
| Recur           | 105 (83.3)   | 35 (87.5)    | .528a   |
| T category      | 13 (7.5)     | 3 (6.6)      | .135a   |

FASN, fatty acid synthetase; IDC, invasive ductal carcinoma; NOS, not otherwise specified; N/A, not applicable; AJCC, American Joint Committee on Cancer; CTx, chemotherapy; RTx, radiation therapy.

*Linear by linear association; *Fisher’s exact test.

FASN is a key lipogenic enzyme and is known to be overexpressed in various human cancers [30]. Therefore, these treatments are being attempted in TNBC patients to identify whether they can benefit from a more appropriate and targeted treatment. We performed IHC for FASN, a representative lipid metabolism-related protein, as a candidate for a potential specific target in TNBC.

Table 3. Mann-Whitney U and Spearman’s correlation test results with immunohistochemical Ki-67 proliferation index in low- and high-FASN groups

| Mann-Whitney U test | Ki-67 | p-value |
|---------------------|-------|---------|
| Low FASN, median (range) | 60 (40-80) | .003   |
| High FASN, median (range) | 72.75 (55.13-87.7) | .001   |

Spearman’s correlation FASN expression level ρ = 0.257 .001

FASN, fatty acid synthetase.
The majority of TNBC cases have high Ki-67 expression level (≥ 20%), which is used as a proliferation factor [40]. In our study, 92.8% of cases had Ki-67 expression ≥ 20%. However, the Ki-67 proliferation level was statistically different between the FASN low and high expression groups. The median Ki-67 value of the low- and high-FASN expression groups was 60% (range, 40% to 80%) and 73% (range, 55% to 87%), respectively.

In 2019, the FDA-approved atezolizumab (TECENTRIQ, Genentech Inc.) treatment in combination with paclitaxel was approved for TNBC patients whose PD-L1 stained tumor-infiltrating ICs were over 1% intensity [41]. PD-L1 is a cell membrane protein expressed in tumor cells and ICs [42]. PD-L1 expression is increased in TNBC and is a positive predictor of immunotherapy [43]. PD-L1 IHC using the VENTANA SP142 assay, the current FDA-approved assay, improved clinical outcome in atezolizumab plus nab-paclitaxel-treated patients [44]. In our study, we investigated the association between PD-L1 and FASN expression level and unfortunately identified no association.

TNBC represents a small proportion of breast cancer subtypes but has the worst outcome [45]. Although this study was based on data from a small number of TNBC cases and short-term follow-up surveys, we included 166 TNBC patients in the study. More research on the expression of FASN on TNBC and its potential inhibitors will help identify new target treatments. Further research is needed on how FASN correlates with other factors in TNBC. In addition, further studies are required with a larger number of TNBC patients to investigate the specific role of FASN in TNBC and the possibility for FASN inhibition as a target treatment for TNBC.

In conclusion, we showed FASN expression in TNBC patients and Ki-67 proliferation index to be positively correlated with FASN level, indicating higher proliferation activity as FASN increases. However, there was no statistical association with PD-L1 SP142, the currently FDA-approved assay, or FASN expression level.

**Ethics Statement**
The KUMC Institutional Review Board anonymized the archive data prior to the study and waived the requirement for prior consent (KUMC 2021-07-032).

**Availability of Data and Material**
The datasets generated or analyzed during the study are available from the corresponding author on reasonable request.

**Code Availability**
Not applicable.

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**Conflicts of Interest**
The authors declare that they have no potential conflicts of interest.
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