Strontium doped bioglass incorporated hydrogel-based scaffold for amplified bone tissue regeneration

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Repairing of large bone injuries is an important problem in bone regeneration field. Thus, developing new therapeutic approaches such as tissue engineering using 3D scaffolds is necessary. Incorporation of some bioactive materials and trace elements can improve scaffold properties. We made chitosan/alginate/strontium-doped bioglass composite scaffolds with optimized properties for bone tissue engineering. Bioglass (BG) and Sr-doped bioglasses (Sr-BG) were synthesized using Sol–Gel method. Alginate-Chitosan (Alg/Cs) scaffold and scaffolds containing different ratio (10%, 20% and 30%) of BG (Alg/Cs/BG10, 20, 30) or Sr-BG (Alg/Cs/Sr-BG10, 20, 30) were fabricated using freeze drying method. Characterization of bioglasses/scaffolds was done using zeta sizer, FTIR, XRD, (FE) SEM and EDS. Also, mechanical strength, antibacterial effect degradation and swelling profile of scaffolds were evaluated. Bone differentiation efficiency and viability of MSCs on scaffolds were determined by Alizarin Red, ALP and MTT methods. Cellularity and antibacterial effect of bioglasses were determined using MTT, MIC and MBC methods. Incorporation of BG into Alg/Cs scaffolds amplified biomineralization and mechanical properties along with improved swelling ratio, degradation profile and cell differentiation. Mechanical strength and cell differentiation efficiency of Alg/Cs/BG20 scaffold was considerably higher than scaffolds with lower or higher BG concentrations. Alg/Cs/Sr-BG scaffolds had higher mechanical stability and more differentiation efficiency in comparison with Alg/Cs and Alg/Cs/BG scaffolds. Also, Mechanical strength and cell differentiation efficiency of Alg/Cs/Sr-BG20 scaffold was considerably higher than scaffolds with various Sr-BG concentrations. Biomineralization of Alg/Cs/BG scaffolds slightly was greater than Alg/Cs/Sr-BG scaffolds. Overall, we concluded that Alg/Cs/Sr-BG20 scaffolds are more suitable for repairing bone major injuries.

Bone is a multifunctional tissue consisting of organic phase and a mineral phase. The organic phase makes about 30% of bone composition and mainly consisting of type I collagen matrix, while the mineralized phase is 70% of bone composition and mostly includes hydroxyapatite. Bone has a dynamic nature, in a way there is a balance between bone resorption and formation and it can renew itself through remodeling. Minor bone injuries often repair naturally with minimal intervention without the need for any intervention in healthy people. However, critical-sized or large bone injuries arising from infections, malignancies, trauma and explosions are outside the normal bone repair capacity and requires surgical interventions to restore initial function. Implant placement and tissue grafting are two main approaches for regeneration of large bone injuries. These methods have many limitations and disadvantages including the donor’s unavailability, possibility of disease transmission and/or transplant rejection and need for revision surgery (in case of implant) and the high cost.

Therefore, there is a demand to make artificial bone graft alternatives (scaffolds) with optimized properties in terms of mechanical stability, biocompatibility, biodegradability, osteoinductivity and osteoconductivity. It should support cell adhesion, growth, migration and differentiation as well as early mineralization and formation.
of new bone and vessels. A scaffold with a bone-like material that has a large surface and an interconnected porous structure with suitable size may be appropriate for this purpose. Also, a suitable scaffold must be cost effective for large-scale production. Chitosan as a natural, biocompatible, non-toxic, biodegradable and non-immunogen polymer is prepared from deacetylated chitin and extensively has been used for fabrication of porous scaffolds. Its large hydrophilic surface induces cell attachment, proliferation, differentiation and migration. However, low mechanical stability of chitosan is not enough for bone engineering purposes mainly due to its swelling rate and in a result is unable to maintain its default shape for grafting. So, its mechanical properties should be improved for use in bone engineering approaches. Alginate also is a low-cost hydrophilic anionic polymer with excellent properties in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of brown algae. Calcium ions binding with its carboxyl groups promote production of hydrogel. It is suggested in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of bone engineering approaches. Alginate also is a low-cost hydrophilic anionic polymer with excellent properties in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of brown algae. Calcium ions binding with its carboxyl groups promote production of hydrogel. It is suggested in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of bone engineering approaches. Alginate also is a low-cost hydrophilic anionic polymer with excellent properties in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of brown algae. Calcium ions binding with its carboxyl groups promote production of hydrogel. It is suggested in terms of biocompatibility, biodegradability and mechanical strength that is derived from a certain species of bone engineering approaches.

Materials and methods

Materials. All reagents and chemicals were highly pure and obtained from Sigma Aldrich (Darmstadt, Germany), unless mentioned. All cell culture media and materials were obtained from Gibco, Life Technologies (Paisley, UK). All tubes, tips and falcons were purchased from Biologix (USA). Plates, flasks and pipets were obtained from Muthifl (China).

Synthesis and characterization of strontium doped bioglass. Sol–Gel process was applied to synthesize bioglass (BG, nano (sub-micron) particles23]. First, 33.5 ml of Si(OH)4 (1:1 molar ratio) and 0.71 ml of Sr(NO3)2 were added to the reaction. After 30 min, HNO3 (1 M) and allowed to be hydrolyzed by nitric acid with mild stirring at room temperature. The mixture was placed on a magnet stirrer for 24 h at 25 °C. The resulting sol was again incubated for 24 h 25 °C without stirring to gel formation. The obtained gel was incubated at 60 °C for 24 h and thereafter at 120 °C for 24 h to remove all water content. Final stabilization phase was performed by heating of resulting powder at 700 °C (rate of 3 °C/min) in an electrical furnace for 2 h. Afterward, the powder was manually grinding and sieving to get homogeneous bioglass powders. The hydrodynamic diameter (Size) and zeta potential (surface charge) of BG and Sr-BG samples were determined using a dynamic light scattering instrument (DLS, Malvern Panalytical, Worcestershire, UK). The chemical bonds and crystal structure of samples were evaluated using Fourier transform infrared (FTIR) spectroscopy (Shimadzu, Japan) and X-ray diffraction (XRD, Bruker, Germany) method, respectively. The shape and size of the samples were evaluated by scanning electron microscopy (SEM, FEI, USA) and field emission scanning electron microscopy (FESEM, TESCAN MIRA3, Czech). Elemental analysis was conducted using energy dispersive spectroscopy (EDS, FEI, USA), respectively.

Fabrication and characterization of composite scaffolds. A solution of chitosan was made by mixing required amount of chitosan powder (5% w/v, low molecular weight, deacetylation degree of 75–85%) in deionized water containing 5.8% (v/v) acetic acid. A solution of 5% (w/v) of alginate was prepared by dissolving the required amount of algic acid sodium salt in deionized water. After mixing, each solution was stirred for 2–3 h in order to gain a uniform and clear mixture. Afterward, equal volume of chitosan and alginate solutions (50–50%) were mixed by 12 h stirring at room temperature. In the next step, required amount of BG or Sr-BG powders were added to the chitosan-alginate solution to obtain samples containing 10%, 20% and 30% of bioglasses. Control samples (Alg/Cs) did not contain any BG or Sr-BG. Subsequently, solutions were homogenized by 10 min sonication (Shenzhen Codyson, China) and 2–3 h
stirring at room temperature. The final suspension was casted into 48-well plates and kept at 4 °C for 1 h followed by freezing at −20 °C. Afterward, plates were incubated at −80 °C for 2 h and immediately lyophilized in a freezer dryer (Christ, Germany) for 48 h to completely be dried. The fabricated scaffolds were immersed in 1% (w/v) calcium chloride for 15 min in order to cross-linking followed by and washing in deionized water. Subsequently, samples were frozen again at −20 °C after one hour incubation at 4 °C. Finally, samples were lyophilized
again in freezer dryer for 48 h (Fig. 1b). The Zeta potential (surface charge), chemical groups, surface morphology and elemental analysis of scaffolds were performed by DLS, FTIR, SEM, EDS and methods, respectively.

**Antibacterial activity of bioglasses and scaffolds.** The antibacterial of BG and Sr-BG powders was evaluated by determining of minimum inhibitory (MIC) and bactericidal (MBC) concentrations against standard *Staphylococcus aureus* (*S. aureus*) ATCC 25923 and *Escherichia coli* (*E. coli*) ATCC 25922. First, bacteria were cultured in Mueller Hinton broth at 37 °C, overnight. Different concentrations of BG and Sr-BG powders (100–1000 μg/ml) was poured into different well of a microplate. After adding Mueller Hinton broth, a bacterial concentration equivalent of 0.5 McFarland was added to microplate wells. Negative control well contained the Mueller Hinton broth and BG or Sr-BG powders without bacteria. After 24 h incubation at 37 °C, presence of bacteria in wells was examined by culturing of samples on Mueller Hinton agar. MBC and MIC concentrations were considered as lowest concentration of BG or Sr-BG powders which kills all test microorganism and prevents visible growth, respectively. This test done in triplicate (n = 3). The antimicrobial assay of scaffolds was evaluated by agar well diffusion assay. The microbial culture medium (Mueller Hinton agar) was prepared, poured into bacterial culture plates and wells with 7 mm diameter was created in plate. A uniform culture of bacteria was prepared using cotton swabs from the 0.5 McFarland bacteria suspension prepared on plate surface. Physiological serum (100 μl) containing 200 mg/ml of scaffolds was added to the plate and incubated at 37 °C for 24 h, and finally inhibition zone around the scaffolds were measured and compared with standard antibiotics controls (Vancomycin for *S. aureus* and Ciprofloxacin for *E. coli*).

**Scaffolds porosity and pore size measurement.** Porosity, average pore size and pore size distribution of scaffolds was determined by Image J analysis on electron microscopic images. The porosity was calculated by dividing surface area of pores by total area of the image. First, SEM information in the lower part of the images was removed. Then, true scales were introduced to software and SEM image type changed into 16-bit. For Binarization, image threshold was adjusted until all pores completely covered but other area was not selected (just the pores should be colorful). After proper thresholding, porosity measurement was done in the analyze menu. Porosity was determined in two SEM image for each scaffold sample. Also, the pore size was measured in scaffolds pores (n = 100) of SEM images and mean pore size and pore size distribution was reported.

**Scaffolds in vitro bioactivity.** In vitro bioactivity test was performed by immersing the scaffolds specimens in simulated body fluid (SBF). First, scaffolds sections were obtained with similar dimensions (thickness: 2 mm diameter: 10 mm). The required volume of SBF for immersion of scaffolds was calculated by formula, which V is required volume in ml and S is scaffolds surface area in mm². Scaffolds sections were soaked in calculated SBF volume for 7 and 14 days at 37 °C and then washed in deionized water and lyophilized. Subsequently, dried specimens were evaluated using SEM. Scaffolds porosity and pore size measurement.

**Scaffolds mechanical test.** A compression testing as a valuable test to determine scaffolds mechanical behavior was performed in a manner previously described. Three cylindrical specimens (Height: 10 mm, Diameter: 10 mm) for each scaffold were undergone compression testing via universal mechanical tester. The initial weight of scaffolds specimens (Thickness: 10 mm, Diameter: 10 mm) was measured using a high precision analytical balance. In vitro compression test was done by soaking scaffolds specimens in PBS (pH 7.4, 37 °C) for 3, 7, 14 and 21 days. Two thirds of PBS solution was replaced with fresh solution once every three days. At mentioned times, the specimens were withdrawn from PBS, and lyophilized after washing in deionized water and soaking in ice cold ethanol for 2 h. The scaffold degradation percentage was calculated using following formula: Degradation(%) = \( \frac{W_0 - W_f}{W_0} \) × 100, which W₀ and Wᵢ are initial weight and final weight, respectively. This test was repeated three times for each sample.

**Isolation and characterization of mesenchymal stem cells (MSCs).** MSCs were extracted from bone marrow of 14-weeks old male Wistar rats. All animal procedures were performed according to ethical guidelines of working with laboratory animals approved in ethical committee of Baqiyatallah University of Medical Sciences (IR.BMSU.REC.1399.498). In this study, animals that were killed for educational purposes were used for MSCs isolation. Briefly, Animals were scarified under deep anesthesia (75 mg ketamine, 5 mg xylazine per kg). Both femur and tibia of rats was harvested and peripheral tissues was removed. Afterward, harvested bones were soaked in 70% ethanol for a few seconds and then washed with PBS containing 2% penicillin (pen)/
stereochemical content was determined given that a molecule alizarin red binds with two molecules of calcium28. In this experiment, samples were treated with acetic acid 10% for 30 min at 25 °C under mild shaking. Finally, dissolved dyes were removed any excess dye and photographed under a light microscope (Motic, China). For quantitative analysis, and incubated at 25 °C for 2–3 min. After that, scaffolds were rinsed using acidic PBS (pH 4.2) many times to remove adherent cells. Cells were passaged when reached 90% confluency using 0.25% Trypsin/EDTA. After three passages, cells were harvested for bone differentiation, cell toxicity assay and characterizing using flow cytometry for cell expressing cell surface markers including CD44, CD90, CD29, CD34, and CD45.

**Cell attachment on scaffolds.** Cell attachment on scaffolds was evaluated using fluorescence and SEM. Briefly, 2 days after cell seeding on scaffolds, medium was withdrawn and cell containing scaffolds were fixed twice with cold PBS and fixed by 15 min in 4% formaldehyde at 25 °C. Afterward, cell staining was done by 20 min incubation in 2 μM propidium iodide solution at 25 °C and cell containing scaffolds were photographed under a fluorescence microscope (Olympus, Japan). For SEM imaging, cell containing scaffolds were fixed and then dehydrated by submerging them in ascending ethanol concentrations (30, 50, 70, 80, 90, and 100%) at 37 °C for 5 min each. Finally, images were obtained using SEM.

**Cellular toxicity.** Cell toxicity of synthesized bioglasses and fabricated scaffolds was evaluated using MTT (3-[4,5-dimethylthiazol-2-yl]-2,5 diphenyl tetrazolium bromide) assay. Bioglasses were sterilized by soaking in 70% ethanol and UV light irradiation for 1 h. Scaffolds were cut into sections with about 1 mm thickness and 6 mm diameter and sterilized by exposing them to UV light for 1 h. Prepared and sterilized scaffold sections was inserted in 96-well culture plates (one scaffold per well) and the number of 4000 cells per well was seeded on each scaffold section. Also, 4000 cells were seeded in scaffold free cell wells. Sterilized bioglasses were added to plate wells with final concentrations of 0.5 mg/ml 24 h after cell seeding. Cell toxicity of scaffolds was evaluated at the times of 3 and 7 days after seeding. Cell toxicity of bioglasses were evaluated at the times of 1, 3 and 5 days after adding them to cells cultured in the plates. At the above-mentioned times, MTT solution was added to plate wells (0.5 mg/ml) and plates maintained in incubator (37 °C, 5% CO2) for 3 h. Afterward, culture medium of plates was withdrawn and replaced by 100 μl Dimethyl sulfoxide (DMSO) for dissolving of formazan crystals. Finally, plates were incubated at room temperature for 10–15 min with gentle shaking and absorbance of plates were measured by an ELISA plate reader (Metrafin’s Suntec, Austria) at 570 nm wavelength27. In the MTT assay, there were four replicates for each sample.

**Osteogenic differentiation protocol.** Scaffolds were cut into sections with about 1 mm thickness and 6 mm diameter and sterilized by exposing them to UV light for 1 h. Scaffolds were cut into sections with about 1 mm thickness and 6 mm diameter and sterilized by exposing them to UV light for 1 h. Prepared and sterilized scaffold sections was inserted in 96-well culture plates (one scaffold per well). Before cell seeding, 200 μl complete medium (low glucose DMEM with 10% FBS and 1% Pen-Strep) was poured on top of the scaffolds and plate was maintained in incubator (37 °C, 5% CO2) for 1 h. Then, bone marrow derived MSCs with a density of 10^4 per well (suspended in low medium volume ~ 200 μl) were seeded onto scaffolds in dropwise manner. The plate was again maintained in incubator (37 °C, 5% CO2) for 10 min and immediately volume of medium in wells was increased to 1 ml with complete medium. One day after seeding, the culture media was withdrawn and osteogenic media was added (low glucose DMEM, 1% Pen-Strep, 10% FBS, 10 nM dexamethasone, 10 mM β-glycerol phosphate, 50 μM ascorbic acid). Thereafter, half of osteogenic medium of wells was changed every day for the 21 days. In the time points of 3, 7, 14 and 21 differentiation process were monitored by measuring calcium deposition amount and alkaline phosphatase enzyme activity.

**Alizarin red staining.** Amount of calcium deposition onto scaffolds during differentiation process was measured by alizarin red staining assay. Briefly, plate media was withdrawn and scaffolds were rinsed two times with PBS. The samples were fixed by 20 min incubation in 10% formaldehyde followed by washing in PBS. Then, 200 μl of alizarin red solution 1%, adjusted to pH 4.5 with ammonia solution, was dropped on the scaffolds and incubated at 25 °C for 2–3 min. After that, scaffolds were rinsed using acidic PBS (pH 4.2) many times to remove excess dye and photographed under a light microscope (Motic, China). For quantitative analysis, samples were treated with acetic acid 10% for 30 min at 25 °C under mild shaking. Finally, dissolved dyes were transferred into a 96-well plate and its absorbance reading was done at 550 nm wavelength. Alizarin red standard curves was obtained by measuring optical absorption of its various concentrations at 550 nm wavelength. Calcium content was determined given that a molecule alizarin red binds with two molecules of calcium28. In this test, there were three replicates for each sample.

**Alkaline phosphatase assay.** The ALP activity was determined by p-nitrophenyl phosphate (pNPP) method using a commercial kit (Pars Azmoon, Iran). First, the media was withdrawn, scaffolds were rinsed with PBS two times and cell lying were done using NP40 lysis buffer. Then, well contents were moved into a 2 ml microtube, centrifuged at 4000 rpm for 5 min and supernatant was transferred into a 96-well plate. After that ALP substrate (pNPP) was added to every well and incubated at 37 °C for 30 min. Finally, reaction was stopped and plate absorbance was read by an ELISA plate reader at 405 nm wavelength. The ALP activity of samples was expressed as Unit/L. In this test, there were three replicates for each sample.

**Statistical analysis.** Quantitative and qualitative data are expressed as mean (standard deviation) and frequency (percent), respectively. Data analysis was done using one-way ANOVA test followed by tukey post hoc
test. P < 0.05 was considered significant in all statistical tests. SPSS version V.22 and Graph Pad Prism V. 6 were used for statistical analysis.

**Ethics code.** IR.BMSU.REC.1399.498.

**Results**

**Characterization of bioglasses.** The synthesis steps of bioglass are shown in Fig. 1a. The size and morphology of bioglasses were investigated using SEM and DLS. As shown in Fig. 1c–d, BG and Sr-BG are irregular in shape and their average size is about 200 nm. The high potential zeta increases stability of these particles and prevents their aggregation. The EDS profiles (Fig. 2a,b) indicates the presence of bioglass-specific elements such as sodium, calcium, phosphorus and silicon in the particles structure. The presence of strontium in Sr-BG is obvious. The XRD patterns of BG and Sr-BG are shown in Fig. 2c. Three peaks of combeite (Na2Ca2Si3O9), calcium carbonate (CaCO3) and clinophosinaite (Ca2Na6O14P2Si2) are observed in XRD pattern and both bioglass and Sr-BG particles. Emergence of new peaks in strontium doped bioglasses are related to disodium strontium phyllo-disilicate (Na2SrSi2O6) and calcium strontium silicate (Ca3O8SiSr) crystal systems. The FTIR spectra of BG and Sr-BG samples are brought in Fig. 2d. The bands ranges of 1070 cm⁻¹, 630 cm⁻¹, and 1480 cm⁻¹ are related to Si–O–Si, Si–O and PO₄³⁻ groups, respectively, while the peaks at range of 940 cm⁻¹ is correlated with Sr–O bonding. The zeta potential of BG and Sr-BG was − 24.6 (± 5.02) and − 18.1 (± 3.91), respectively (Fig. 2e).

**Antibacterial activity of bioglasses.** The antibacterial effect of BG and Sr-BG powders against gram-positive and gram-negative bacteria was evaluated by determining MBC and MIC concentrations (Fig. 2f). MBC and MIC of BG was 300 μg/ml and 200 μg/ml for *S. aureus* and 400 μg/ml and 300 μg/ml for *E. coli*, respectively. MBC and MIC of Sr-BG was 200 μg/ml and 100 μg/ml for *S. aureus* and 300 μg/ml and 300 μg/ml for *E. coli*.

**Characterization of scaffolds.** The fabrication steps of scaffolds are shown in Fig. 1b. The surface charge of fabricated scaffolds was measured using DLS (Fig. 2e). A high positive charge of scaffolds leads to good cell-to-scaffold interaction and improved cell attachment. As shown in the Fig. 2e, the positive charge of the scaffolds surface is reduced by increasing the concentration of bioglasses. Surface morphology was evaluated of scaffolds using SEM (Fig. 3a–g). The microscopic and submicron surface roughness and porous structure of the scaffolds with their interconnected pores is excellent for cell attachment and three-dimensional cell growth. The incorporation of BG (presence of Si, Na, Ca, and P elements) and Sr-BG (presence of Si, Na, and Sr elements) is shown in EDS elemental mapping and profiles (Figs. 4a, S1). The presence of carbon and nitrogen element are attributed to chitosan/alginates in scaffolds. Also, incorporation of BG and Sr-BG particles into scaffolds was confirmed using FTIR (Fig. 2d). The peaks range of 3400–3500 cm⁻¹, 1600 cm⁻¹, and 1460 cm⁻¹ are attributed to O–H, N–H, C=O and COO bonds, respectively. The Si–O–Si, Si–O and PO₄³⁻ bonds can be observed in FTIR spectra of Alg/Cs/BG30 and Alg/Cs/Sr-BG30 scaffolds. However, Sr–O bonding only can be seen in FTIR spectra of Alg/Cs/Sr-BG30 scaffold.

**Scaffolds porosity and pore size.** The porosity percent of Alg/Cs, Alg/Cs/BG10, Alg/Cs/BG20, Alg/Cs/BG30, Alg/Cs/Sr-BG10, Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds was 72.64 (± 5.26), 71.31 (± 4.94), 65.71 (± 3.99), 64.70 (± 3.80), 61.61 (± 3.40), 66.36 (± 3.30) and 64.09 (± 3.20), respectively (Figs. 4b, S2a–g). The average pore size of fabricated scaffolds was varied from less than 50 μm to 500 μm. The average pore size of Alg/Cs, Alg/Cs/BG10, Alg/Cs/BG20, Alg/Cs/Sr-BG10, Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds was 172.02 (±94.58), 171.90 (±104.26), 113.48 (±57.12), 147.98 (±88.56), 131.31 (±93.73) and 143.32 (±65.10) μm, respectively (Fig. 3a–g).

**Antibacterial activity of scaffolds.** Alg/Cs/BG20, 30 and Alg/Cs/Sr-BG10, 20, 30 scaffolds showed significant antibacterial activity against *S. aureus*. Alg/Cs/BG30 and Alg/Cs/Sr-BG20, 30 scaffolds exhibited significant antibacterial effect against *E. coli*. Addition of strontium into scaffolds increased antibacterial effects of scaffolds against *S. aureus* more considerably than *E. coli* (Figs. 4c, S3a).

**Scaffolds in vitro bioactivity.** Following 7 and 14-days immersion in SBF at 37 °C, scaffolds samples were harvested and analyzed in order observing hydroxyapatite like phase deposition on the scaffolds surface. Before and After 7 and 14-days immersion, SEM images were taken (Fig. 5I–V). Almost no deposits were observed on Alg/Cs scaffold after 7 days incubations, however some depositions were formed following 14 days incubation. It seems, amount of deposition of crystals in Alg/Cs/BG30 scaffold is relatively higher than Alg/Cs/Sr-BG30 scaffold. It seems, amount of deposition of crystals in Alg/Cs/BG30 scaffold is relatively higher than Alg/Cs/Sr-BG30 scaffold. After 7 and 14-days immersion, SEM images were taken (Fig. 5I–V). Almost no deposits were observed on Alg/Cs scaffold after 7 days incubation, however some depositions were formed following 14 days incubation.

**Scaffolds mechanical test.** The compressive strength and also elastic modulus of different scaffolds was measured using a mechanical test machine. The highest mechanical strength was related to Alg/Cs/Sr-BG20 scaffold followed by Alg/Cs/BG20 scaffold. The Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds had similar mechanical properties. The Alg/Cs/BG30 and Alg/Cs/Sr-BG30 scaffolds had intermediate mechanical strength; higher than that of Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds and lower than that of Alg/Cs/Sr-BG20 and Alg/Cs/BG20 scaffolds (Fig. 6a–c).

**Scaffolds degradation rate.** Degradation percentage of different scaffolds were examined following 21 days soaking in PBS. In the first 12 days, the highest degradation percentage was related to the Alg/Cs/
Figure 2. EDS profile and XRD pattern of bioglasses, FTIR spectra and zeta potential of bioglasses/scaffolds and antimicrobial activity of bioglasses. (a) BG EDS profile, (b) Sr-BG EDS profile, (c) XRD pattern of BG and Sr-BG, (d) FTIR spectra of BG, Sr-BG, Alg/Cs/BG30 and Alg/Cs/Sr-BG30, (e) Zeta potential of bioglasses/scaffolds, (f) Antimicrobial activity of bioglasses.
Sr-BG30 followed by Alg/Cs/BG30. In this time period, degradation ratio was gradually decreased by decreasing bioglass concentration. After 12th day, the degradation rate of bioglass containing scaffolds decreased, so that highest amount of observed degradation was related to Alg/Cs Scaffold followed by Alg/Cs/Sr-BG10 and Alg/Cs/BG10 scaffolds (Fig. 6d).

Scaffolds swelling profile
Alg/Cs scaffold showed highest swelling rate compared to Alg/Cs/BG or Alg/Cs/Sr-BG Scaffolds. Incorporation of BG or Sr-BG particles into scaffolds has been reduced the water uptake capacity of related scaffolds. Also, scaffolds water uptake ability was decreased gradually with increasing the concentration of BG or Sr-BG in their structure. However, it seems that doping of strontium in BG has no impact on the swelling behavior of
Figure 4. EDS analysis, Porosity and Antimicrobial activity of scaffolds. (a) EDS analysis: (I) Alg/Cs, (II) Alg/Cs/BG30 and (III) Alg/Cs/Sr-BG30. (b) Porosity. (c) Antibacterial activity. Significant difference with Alg/Cs group at p < 0.05 (*), p < 0.01 (**), p < 0.0001 (****). Significant difference with Alg/Cs/BG10 group at p < 0.05 (*), p < 0.01 (**), p < 0.0001 (****). Significant difference with Alg/Cs/Sr-BG10 group at p < 0.01 (*), p < 0.0001 (****). Significant difference between Alg/Cs/BG and Alg/Cs/Sr-BG groups at p < 0.05 (★), p < 0.05 (★★).
Figure 5. SEM images of scaffolds surface for evaluating biomineralization. (a) Alg/Cs, (b) Alg/Cs/BG30 and (c) Alg/Cs/Sr-BG30 scaffolds, (I) before submerging, (II) after 7 days submerging (100 μm scale), (III) after 7 days submerging (30 μm scale), (IV) after 14 days submerging (100 μm scale), (V) after 14 days submerging (30 μm scale).
Figure 6. Mechanical test, degradation and swelling profile of scaffolds. (a) Stress–strain curve, (b) Compressive strength, (c) Elastic Modules, (d) Degradation profile, (e) Swelling profile and (f) Volume changes during swelling. Significant difference with Alg/Cs group at $p < 0.05$ (*), $p < 0.001$ (***), $p < 0.0001$ (****). Significant difference with Alg/Cs/BG10 group at $p < 0.01$ (##), $p < 0.001$ (###), $p < 0.0001$ (####). Significant difference with Alg/Cs/Sr-BG10 group at $p < 0.05$ (·), $p < 0.01$ (··), $p < 0.0001$ (····). Significant difference between Alg/Cs/BG and Alg/Cs/Sr-BG groups at $p < 0.05$ (⛛).
BG-containing scaffolds (Fig. 6e). Dimensional changes of scaffolds following swelling was in accordance with their swelling changes (Fig. 6f).

**MSCs characterization.** Isolated MSCs were characterized morphologically (Fig. S3b) and also by measuring of expressing level of some surface markers using flowcytometry (Fig. S3c). High level of expression of positive surface markers (CD44, CD90 and CD29) and low expression level of negative surface markers (CD34 and CD45) indicates the high purity of isolated MSCs.

**Cell attachment, viability and differentiation.** Potential clinical application of fabricated scaffold is shown in Fig. 7a. Major bone defects can be filled by fabricated scaffolds for accelerating bone healing procedure. As shown, released ions from scaffold can provoke different cellular responses. These bone substitute scaffolds could induce stem cell proliferation and differentiation as well as vascularization into porous structure of scaffolds. Strontium-doped bioglass in scaffolds increase bone formation and prevents bone reabsorption.

Fluorescence and SEM images showed excellent cell-scaffold interaction (Fig. 7b). The MTT assay was used for evaluating bioglass toxicity and also measuring viability of cells on different scaffolds. As shown in Fig. 7c,d, there were no significant difference among different groups in terms of cell viability (p > 0.05). Osteogenic differentiation process of MSCs on different scaffolds was evaluated using alizarin red assay (qualitative and quantitative) and alkaline phosphatase assay (Fig. 7c,f,g). Qualitative alizarin red test showed that calcium deposition in Alg/Cs/Sr-BG20 sample followed by Alg/Cs/BG20, Alg/Cs-Sr BG30 and Alg/Cs-Sr BG30 samples is higher than Alg/Cs Sr-BG10, Alg/Cs/BG10 and Cs/BG5 samples (Fig. 7c). Quantitative alizarin red test (Fig. 7f, alkaline content) findings were in accordance with qualitative alizarin red test. However, Alkaline phosphatase activity was increased gradually by increasing BG or Sr-BG concentrations in scaffolds (Fig. 7f,g). Also, higher Alkaline phosphatase activity was observed in Alg/Cs/Sr-BG samples than Alg/Cs/BG samples. Alkaline phosphatase activity together with calcium deposition were increased in different samples over time. But there was an exception for the 21st day that alkaline phosphatase activity decreased compared to the 14th day.

**Discussion**

Given the high incidence of large bone defects raised from different injuries and obstacles in current therapies such as bone grafting, major advances are needed in bone regeneration techniques. Thus, researchers have proposed new treatment approaches such as bone repairing using 3D scaffolds32. Scaffolds fabricated from natural materials are most hopeful because of their excellent features including biocompatibility and biodegradability32. Incorporation of bioactive glasses into natural polymers can enhance mechanical and biological properties of scaffolds. Bioglasses act as mineralizing agents and have osteoconductive properties that can improve bone formation and bonding to the adjacent living bone and soft tissues33. Also, trace elements have been extensively used as regenerative supplies for bone defect healing. Strontium is a metal ion that is broadly found in the bone and its promoting effects on bone renewal has been revealed34. In present study, we made chitosan/alginate/strontium doped bioglass composite scaffolds with optimized features for bone tissue engineering.

First, nanosized (~200 nm) bioglasses were synthesized using sol–gel method. This nano (sub-micron) particles provide higher surface areas of bioactive glass and in a result more binding sites for cell adhesion and bone formation41. The size of nanoparticles has direct effect on their biological activity30. Panda et al., reported that nano-scale environment is favorable for stem cell attachment, propagation and differentiation through an increase in reciprocal interactions between extracellular matrix and cells31. SEM and FESEM images of bioglasses showed irregular shape and homogenous size. The size of the bioglasses in the SEM and FESEM images appeared to be smaller than the size measured by the DLS. The difference in size gained by these methods may be due that (FE) SEM measures the real size, whereas the DLS measures the hydrodynamic radius, which includes the hydration layer and is larger than the real size32. In consistent with previous studies, our synthesized nanoparticles have positive zeta potential35. The zeta potential shows the degree of repulsion between suspension particles. A high negative or positive zeta potential (±25 mV or higher) will confer particle stability and prevent their aggregation35.

The weak peaks in XRD patterns of bioglasses indicates the presence of an amorphous compound or substance with semi-crystalline form. These peaks were fitted to combeite (Na2CaSi6O16), calcium carbonate (CaCO3) and clinophosinate (Na2Ca9O11P8Si3O24). After strontium incorporation, disodium strontium phyllo-disilicate (Na2SrSi2O6) and calcium strontium silicate (Ca3O8SiSr(34,35. Chen et al., found that development of combeite phase is more promising because it gives the scaffolds higher mechanical stability and converts into bioactive and biodegradable crystalline phase of calcium phosphate after placement in vivo34. In previous published works, growth of small crystals on amorphous glasses in result of sintering have been reported37. The amorphous or semicrystalline form of the bioglass will support easy reaction with body fluid and its conversion to hydroxyapatite35. The presence of Sr trace element in bioglass structure was further confirmed by EDS elemental composition analysis. In accordance with previously published works the main elements in bioglass and Sr doped bioglass were calcium, phosphor, sodium and silicon35. Release of these soluble ions from the bioglasses can direct cellular phenomena and trigger biological responses, including angiogenesis35. The main FTIR peaks in bioglass and Sr doped bioglass were between 1070 cm−1, ~ 630 cm−1, and ~ 480 cm−1 that were related to Si–O–Si, Si–O and PO4 3– groups, respectively40. But, the peak at 940 cm−1 was only observed in Sr-doped bioglass and was related to Sr–O bonding 40, 44. Si–O–Si and PO4 3– bonds also can be observed in FTIR spectra of scaffolds, while Sr–O bond was only observed in Alg/Cs/Sr-BG30 scaffold. The peaks range of 3400–3500 cm−1, 1600 cm−1, and 1460 cm−1 in scaffolds were attributed to O–H, N–H, C=O and COO bonds of alginate/chitosan25.

EDS elemental analysis revealed the uniform distribution of BG or Sr-BG specific elements in throughout the scaffolds’ structure. These bioactive materials have the supportive surface properties for cellular adhesion
and multiplication and inducing new bone formation. In addition to bioactive factors, cell adhesion ability can also be affected by surface charge of scaffolds. In our study, fabricated scaffolds had a positive surface charge that gradually decreased by increasing the concentration of bioglasses. Numerous researches have showed that cells more efficiently adhere to surfaces with positive charge rather than neutral or negatively charged surfaces.42,43.

**Figure 7.** Potential clinical application and cellular studies results. (a) Potential clinical application, (b) Scaffold cell adhesion: (I) Florescence image, (II) SEM image and (III) Magnified SEM image, (c) Toxicity of scaffolds, (d) Bioglass toxicity, (e) Alizarin red staining of scaffolds, (f) Calcium content of scaffolds, (g) Alkaline phosphatase activity of scaffolds. Significant difference with Alg/Cs group at p < 0.01 (**), p < 0.001 (**), p < 0.0001 (**), Significant difference with Alg/Cs/Sr-BG10 group at p < 0.05 (#), p < 0.01 (##), p < 0.001 (####), Significant difference between Alg/Cs/BG and Alg/Cs/Sr-BG groups at p < 0.05 (⛛), p < 0.001 (⛛⛛), p < 0.0001 (▽▽▽▽).
Other important factor affecting cell adhesion on polymers surfaces irrespective of the bioactive materials, cell type and surface charge is surface roughness of substrate. Microscopic and submicron roughness, similar to what existed in our fabricated scaffolds, has positive effects on cell adhesion as well as cell growth.

The SEM images illustrated the highly porous nature of all fabricated scaffolds. The size of these interconnected pores was varied from less than 50 μm to 500 μm. The mean of pore size was ranged between 113.48 and 172.02 μm. The porous structure of scaffolds with variable pores sizes is essential for cell migration, neovascularization, nutrient/waste product diffusion and formation of new bone tissues. The minimal and maximal acceptable pore size for tissue engineering purposes is 75 μm and 900 μm, respectively. The pore sizes far from this range, is either very small for adequate material exchange/cell migration, or too large that reduces the area/volume ratio and in a result slows new bone tissue formation. The porosity of our fabricated scaffolds was ranged between 64 and 72%. In Karimi et al., study porosity of chitosan/alginate composite scaffolds was ranged between 66 to 72 percent. However, in Zamani et al. study, porosity of scaffolds was over 80%. The natural cancellous (spongy) bone is composed from trabecular bone with a porosity of about 50 to 90 percent, and cortical or compact bone generally has 10–20% porosity. An increase in bone porosity led to reduced bone density and increased chance of bone fracture.

In some researches it has stated that a porosity of 90% or higher is optimal for bone tissue engineering purposes. However, as mentioned, higher porosity led to a reduction in mechanical stability of bone/scaffolds. So, determining the balance between porosity and mechanical strength is an essential challenge to make bone substitute scaffolds. In this regard, most researches, including our study, have used scaffolds with lower porosity from 55 to 74% in order to maintain mechanical strength. The porosity of scaffolds has decreased slightly by increasing the bioglass concentration. Also, the average pore size of Alg/Cs/Sr-BG30 scaffolds and Alg/Cs/Sr-BG20 and Alg/Cs/Sr-BG30 scaffolds were lower than Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds, respectively. It seems that presence of bioglass increases the hardness of the pore wall and thus reduces their size. So, reducing the size of the pores eventually leads to reduction of porosity. Another probable reason is that the ice crystals size produced during freeze drying maybe affected mainly due to the interaction between bioglass particles with water molecules.

Biomimeralization results showed highest hydroxyapatite like phase formation on the surface of BG containing Sr-BG than Srbioglass containing scaffolds. Pure Alg/Cs scaffolds had lowest deposits among all scaffolds, because calcium and phosphorus are two main ions for formation of hydroxyapatite. Since the scaffolds were cross linked by calcium chloride, some of the deposits in Alg/Cs scaffolds maybe related to small size calcium crystals. Low deposits amount in Sr-BG containing scaffolds than BG containing one may be due to substituting of calcium by strontium, in a result their lower calcium content and lower deposits formation. Hydroxyapatite can stablish robust bonds with collagen produced by osteoblasts. As discussed, the formation of hydroxyapatite is mainly due to the degradation of bioglass content in the scaffolds. First phase in bioactive glass degradation is replacing the released ions from bioglass with proton (H+) from the surrounding media. Thus, higher concentration of ions in solution can accelerate the onset of bioglass degradation. Consequently, ion release from bioactive glasses occurs significantly quicker at acidic environment, leading to higher concentration of calcium and phosphate ions in the solutions. This results in considerably faster formation and more precipitation of apatite in acidic solutions. It was shown that ion release (e.g., calcium and phosphate) from bioglass is much faster at acidic pH than physiological one. In another study, faster ion release and apatite formation was reported at low pH owing to higher concentration of protons being available in environment for ion exchange with modifier cations.

Swelling and water uptake ability of scaffolds is necessary for diffusion of ions. In present study, water uptake ability of scaffolds was reduced by increasing bioglass concentration, which may due to decline in average pore size and porosity. Another possible reason is the reduction of polymer content of scaffolds, because scaffold swelling ability mainly is due to the bonding of polymer chains with H2O molecules. Degradation ratio of scaffolds was proportional to their swelling ratio. Similarly, lower degradation ratio during 21 days was related to Alg/Cs/BG30 and Alg/Cs/Sr-BG30 scaffolds and higher degradation ratio during 21 days was related to Alg/Cs, Alg/Cs/BG10 and Alg/Cs/Sr-BG10 scaffolds. Therefore, adding bioglass into Alg/Cs scaffold prevents its rapid degradation and making it suitable for long term performance. It seems that bioglass reduces scaffold hydrophilicity and also dissolution of bioglass particles can buffers the solution at the surface of scaffold, as a result slow down its degradation. Also, some dissolved ions including calcium released from bioglass can cross link the chitosan-alginate matrix and retard scaffold degradation. In this study, incorporation of strontium in bioglass had no effect on the degradation and swelling profile of BG containing scaffolds. As a rule, water uptake ability, degradation ratio and porosity of scaffolds could also affect their mechanical strength.

The bone substitutes scaffolds must have enough mechanical stability to tolerate the external forces suitably and preserve their integrity so long as new bone is formed. Mechanical properties of scaffolds were evaluated by plotting stress–strain curve and measuring the elastic modulus. We showed that adding bioglass to Alg/Cs scaffold improves its mechanical stability. This finding is in line with the composite theories. It is possible that addition of bioactive glass into scaffold content stabilize polymer bonds. Also, Mechanical properties of bioglass containing scaffolds was enhanced in presence of Sr. It has been Sown that replacement of CaO by SrO with higher ionic radius, increases the number of interactions in bioglass bonding network. Nevertheless, mechanical strength was decreased with more increasing in the bioglass concentration. Higher mechanical strength and elastic modulus in Alg/Cs/BG20 or Sr-BG20 than Alg/Cs/BG30 or Sr-BG30 may be due to the instability of the polymer bonds at higher concentrations of bioglass. On other that, in higher bioglass concentrations the possibility of accumulation and inconsistent dispersion of this particles increased and can cause bioglass/polymer interface defects. So, optimum bioglass percentage for higher mechanical strength was 20%. In general, with
Our synthesized bioglasses and Sr doped bioglasses slightly reduced cell survival in applied concentration (0.5 mg/ml) but not significantly in comparison with control group. However, viability of cell treated with Sr-BG was more similar to control group and higher than those treated with bioglass, which is in agreement with previous works on other Sr-doped bioceramics. However, BG and Sr-BG had significant antibacterial effect in lower concentrations (< 400 µg/ml). Sr-BG showed higher antibacterial effect against S. aureus (MBC = 200 µg/ml) compared to BG (300 µg/ml), but in the case of E. coli, there was no difference between the BG and Sr-BG.

Conclusion
We made chitosan alginate scaffolds containing different concentrations of bioglass or Sr doped bioglass. These scaffolds had optimal and desirable characteristics regarding porosity, mechanical strength, degradation and swelling profile, biominerallization, antibacterial activity, cell proliferation and differentiation. Adding bioglass into Alg/Cs matrix improved some scaffold characteristics such as mechanical stability, degradation and swelling profile, biominerallization, antibacterial effects, and cell differentiation. Also, incorporation of Sr into bioglass considering mechanical strength of cortical (90–209 MPa) and cancellous (1.5–45 MPa) bone, our fabricated scaffolds can be appropriate for bone repairing of cancellous bones.
containing Alg/Cs scaffold led to reinforcement of mechanical strength and more efficient cell differentiation and antibacterial activity when compared with pure Alg/Cs scaffold or Sr-free bioglass containing scaffolds. However, some features such as mechanical stability and cell differentiation showed better enhancement in optimal concentration of BG or Sr-BG 20% compared to lower or high concentrations. It should be noted, biomineralization was relatively higher in BG containing scaffolds than Sr-BG containing scaffolds; anywhere this difference was not considerable. Therefore, it can be said that Alg/Cs/Sr-BG20 scaffold (because of excellent mechanical and biological features) are more suitable for repairing large bone injuries. In order to more biological investigation of fabricated scaffolds, we will design animal studies in the future works.

Data availability

Data are available on reasonable request from the corresponding author.

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Competing interests
The authors declare no competing interests.

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