Prognostic implications of type and density of tumour-infiltrating lymphocytes in gastric cancer

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The study aims to determine whether type and density of tumour-infiltrating lymphocytes (TILs) can predict the clinical course in gastric cancer. Gastric carcinomas (n=220) were immunostained for CD3, CD8, CD20, and CD45RO and evaluated for clinicopathologic characteristics. Number of TILs that immunostained positively for each marker were counted using NIH ImageJ software. Tumours were grouped into low- and high-density groups for each marker (CD3, CD8, CD45RO). The densities of CD3++, CD8++, and CD45RO+ TILs were found to be independent predictors of lymph node metastasis by multivariate analysis with odds ratios (95% CI) of 0.425 (0.204–0.885), 0.325 (0.150–0.707), and 0.402 (0.190–0.850), respectively. Kaplan–Meier survival analysis revealed that patients in the high-density groups for CD3, CD8, and C45RO had a significantly longer survival time than the patients in the corresponding low-density groups, respectively. In multivariate survival analysis, the densities of CD3+, CD8+, and CD45RO+ TILs remained independent prognostic factors with hazard ratios (95% CI) of 0.549 (0.317–0.951), 0.574 (0.347–0.949), and 0.507 (0.298–0.862), respectively. In conclusion, density of TILs was found to be independently predictive of regional lymph node metastasis and patient survival in gastric cancer.

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Despite a decreasing trend in its incidence, gastric cancer remains one of the most frequent causes of cancer-related death worldwide; more than 930,000 new cases are diagnosed and 700,000 deaths occur each year (Parkin et al, 2005). At present, surgical resection is considered the most reasonable procedure (Engstrom et al, 1985; Coombes et al, 1990), and tumour-node-metastasis (TNM) stage (by UICC/AJCC) assessed after resection is viewed as the best discriminative indicator of patient survival. However, it is not rare that gastric cancer patients with the same TNM stage pursue different clinical courses. Histopathologic classifications including WHO classification (Fenoglio-Preiser et al, 2000), Lauren’s classification (Lauren, 1965), Ming’s classification (Ming, 1977), and Goseki classification (Goseki et al, 1992) and molecular classifications (Hippo et al, 2002; Chen et al, 2005) have also been applied for the prediction of patient survival, but their prognostic accuracies are controversial (Lewin and Appleman, 1996; Fenoglio-Preiser et al, 2000). In addition, many attempts have been made to link molecular events in cancer cells with patient outcome, but none of these have been accepted to be clinically meaningful. In consequence, new prognostic determinants in conjunction with the TNM stage are required to predict patients’ clinical course more reliably and precisely.

As the cancer immunosurveillance hypothesis was first proposed, the concept that the immune system can recognise and eliminate tumour cells has been energetically debated. Many experimental rodent studies on transgenic and knockout mice, and on monoclonal antibodies specific for distinct immunologic components have provided substantial evidence for the existence of cancer immunosurveillance, and in particular, have shown that the immune system indeed functions to protect murine hosts against development of both chemically induced and spontaneous tumours (Dunn et al, 2004). Moreover, in humans, epidemiologic data indicate that immunocompromised patients have a higher probability of developing cancers of both viral and non-viral origin, which supports the cancer immunosurveillance concept (Dunn et al, 2004). In addition, an accumulating evidence shows a positive correlation between the presence of lymphocytes in tumour tissue and increased patient survival.

Recent studies have shown that several types of tumour-infiltrating lymphocytes (TIL) are associated with better disease outcome for various human cancers, including melanoma (Clemente et al, 1996; Taylor et al, 2007) and colorectal (Pages et al, 2005; Galon et al, 2006), ovarian (Zhang et al, 2003), cervical (Piersma et al, 2007), hepatocellular (Gao et al, 2007), and urothelial (Sharma et al, 2007) carcinoma. These reports demonstrate that high numbers of CD3+, CD8++, or CD45RO+ T cells in tumour tissue are significantly correlated with lower frequencies of lymph node metastasis or disease recurrence, or
longer patient survival. Moreover, Galon et al (2006) advocated that the type, density, and location of immune cells in colorectal cancer have prognostic values that are superior to and independent of those of the TNM classification. However, the effect of TILs on the clinical course of gastric cancer patients is largely unknown.

The aim of this study was to assess the prognostic role of TILs in gastric cancer. Here, we determined whether type and density of TILs can predict the regional lymph node metastasis and patient survival in gastric cancer.

MATERIALS AND METHODS

Patients and specimens

The files of 274 surgically resected consecutive gastric carcinoma cases examined at the Department of Pathology, Seoul National University Hospital between January and June 1995 were obtained to quantify TILs by immunohistochemistry using a tissue array method. Cases with cancer confined to mucosa were excluded because they have an excellent prognosis regardless of TIL status. Finally 220 tumour tissue samples were included in the analysis. Age, sex, histologic type (according to Lauren and WHO classifications), lymphatic invasion, pTNM (pathologic TNM) stage were evaluated by reviewing medical records or the glass slides. Patient clinical outcomes were followed from the date of surgery until either the date of death or 31 December 2003, which resulted in a follow-up period that ranged from 1 to 108 months (mean, 64.4 months). The data of patients lost to follow-up and of those who died from a cause other than gastric cancer were regarded as censored during the survival analysis. No patient had received preoperative chemotherapy, and patients with stage II, III, and IV had received postoperative chemotherapy using fluorouracil (5-FU) -based regimen (5-FU alone, 5-FU plus mitomycin C, or 5-FU plus cisplatin). No patient had received pre or postoperative radiotherapy. This study was approved by the Institutional Review Board for Human Subject Research at Seoul National University Hospital.

Tissue array method

Core tissue biopsies (2 mm in diameter) were taken from individual paraffin-embedded gastric carcinomas (donor blocks) and re-arranged in a new recipient paraffin block (tissue block) using a trephine apparatus (Superbiochips Laboratories, Seoul, Korea). Six array blocks containing a total of 274 cases were prepared. As it has been shown that excellent staining result agreements are obtained for different intratumoral areas of gastric carcinomas (Lee et al, 2001), a core was sampled from each of the cases. Each paraffin block contained internal controls consisting of non-neoplastic gastric mucosa from the body, antrum, and intestinal metaplasia. Sections (4 μm) were taken from each tissue array block, deparaffinised, and dehydrated.

Immunohistochemistry

Formalin-fixed and paraffin-embedded sections were dewaxed in xylene, rehydrated through graded alcohol, and placed in an endogenous peroxide block for 15 min. Antigen retrieval was done using a microwave in 10 mM citrate buffer or using an autoclave in Borq solution (Biocare Medical, Walnut Creek, CA, USA). Non-specific staining was blocked by treating sections with 1% horse serum in Tris-buffered saline (pH 6.0) for 3 min. Anti-CD3 (total T-cell marker; microwave; 1:100; Mouse monoclonal, OPD4; Neomarkers) antibodies were then applied, and antibody binding was detected using an avidin–biotin–peroxidase complex (Universal Elite ABC Kit; Vectastain, Burlingame, CA, USA) for 10 min. Diaminobenzidine tetrahydrochloride solution (Kit HK153-5K; Biogenex, San Ramon, CA, USA) was then used as a chromogen.

Quantitative analysis of TILs

Immunostained slides were scanned with a digital virtual microscope (dotSlide, Olympus, Hamburg, Germany), and a portion (area of 0.44 mm² of tumour centre) of the virtual images was captured using an image viewer programme (OlyVIA, downloaded from http://www.olyvia.co.kr/olyvia2992.zip) per case. The captured images were 1263 × 952 pixel in size and had a resolution of 1.633 pixel/μm at a magnification of ×100. Numbers of positively immunostained cells per in the 0.44 mm² target areas were counted using NIH image] software with a Java-based colour deconvolution plugin (http://rsb.info.nih.gov/ij).

Statistical analysis

Comparisons between groups were performed using the Pearson’s χ² test or Fisher’s exact (2-sided) test. Multivariate logistic regression was used to identify clinical and pathologic features predictive of regional lymph node metastases. Survival curves were estimated using the Kaplan–Meier product-limit method, and the significances of differences between survival curves were determined using the log-rank test. Multivariate comparisons of survival distributions were made using Cox proportional hazards models. All statistical analyses were conducted using SPSS 15.0 (SPSS, Chicago, IL, USA), and P-values of ≤0.05 were considered statistically significant.

Two-fold cross-validation approach

To dichotomise prognostic variables, CD3, CD8, and CD45RO, a two-fold cross-validation methodology and a minimum P-value approach (Mazumdar et al, 2003) were used. The dataset was randomly divided into two subsets. The inner 70% of the distribution from a marker was chosen as a selection interval of an optimal cutoff value. Stratified univariate and multivariate tests (logistic regression and Cox proportional hazards model) were performed for significance of prognostic variables.

RESULTS

Density of TILs

Tumour-infiltrating lymphocytes were detected within cancer epithelium or in stroma except for CD20⁺ TILs, which were mostly present in stroma (Figure 1). Mean numbers of CD3⁺, CD8⁺, CD45RO⁺, and CD20⁺ TILs per area of 0.44 mm² were 353.87 ± 381.55, 191.72 ± 265.69, 76.13 ± 138.30, and 89.42 ± 152.45, respectively. Numbers of CD3⁺, CD8⁺, and CD45RO⁺ TILs were correlated with each other (range of correlation coefficients, 0.739–0.868; P < 0.0001), and numbers of CD20⁺ TIL were positively correlated with those of other TIL subtypes, but correlation coefficients were relatively low (range, 0.527–0.641; P < 0.001). First, using mean number, all cases were classified into low- and high-density groups for each marker, that is, CD3₂, CD8₂, and CD45RO₂ (low-density groups) and CD3₁₆, CD8₁₆, and CD45RO₁₆ (high-density groups) (Table 1). Also, each 75th percentile in the distributions of the TIL numbers in ascending order were determined as cutoffs (75th percentile cutoffs) for dichotomisation of the variables, that is, 75th percentile or a
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Correlation between TIL density and clinicopathologic characteristics

In a total of 220 gastric cancer patients, median age was 57 years (range, 18–80 years), and 70.9% were male. The clinical and pathological characteristics of the cases grouped by TIL density with mean value cutoffs are summarised in Table 2. TIL density showed no correlation with either tumour invasion depth or the presence of lymphatic invasion, but it was found to be significantly associated with the presence of regional lymph node metastasis; CD3$^+$, CD8$^+$, and CD45RO$^+$ TILs were significantly associated with presence of regional lymph node metastasis regardless of the grouping method (mean value cutoff or 75th percentile cutoff). Low-density groups by combination of variables also showed significant relationships with the presence of lymph node metastasis. Multivariate logistic regression analysis, after adjusting for tumour invasion (T stage) and lymphatic invasion, demonstrated that densities of CD3$^+$, CD8$^+$, and CD45RO$^+$ TILs were independent predictors of lymph node metastasis. As expected, combined analysis of variables showed similar results (Tables 3 and 4).

TIL as a predictor of regional lymph node metastasis

According to univariate logistic regression model, an advanced T stage, the presence of lymphatic invasion, and low densities of CD3$^+$, CD8$^+$, or CD45RO$^+$ TILs were significantly associated with presence of regional lymph node metastasis regardless of the grouping method (mean value cutoff or 75th percentile cutoff). Low-density groups by combination of variables also showed significant relationships with the presence of lymph node metastasis. Multivariate logistic regression analysis, after adjusting for tumour invasion (T stage) and lymphatic invasion, demonstrated that densities of CD3$^+$, CD8$^+$, and CD45RO$^+$ TILs were independent predictors of lymph node metastasis. As expected, combined analysis of variables showed similar results (Tables 3 and 4).

TIL as a predictor of patient survival

Significant advantages for overall survival were found for the CD3$^+$, CD8$^+$, and CD45RO$^+$ groups and for the high-density groups of combined TIL variables (refer to Table 1) according to 75th percentile cutoffs by Kaplan–Meier survival analysis (Figure 2). The analysis with variables according to mean value cutoffs showed similar results (data not shown). CD3$^+$, CD8$^+$, and CD45RO$^+$ groups had mean survival times of 85.1 ± 5.2, 81.0 ± 5.3, and 83.1 ± 5.3 months, respectively, as compared with only 63.0 ± 3.5, 64.3 ± 3.5, and 63.7 ± 3.5 months in the corresponding low-density groups. Thus, the density of various TILs seems to be useful for defining a subgroup with unfavourable prognosis in gastric cancer.

Univariate Cox regression analysis for the prediction of overall survival also confirmed that the CD3$^+$, CD8$^+$, and CD45RO$^+$ groups and the high-density groups of combined TIL variables had better survival than the corresponding low-density groups regardless of the grouping method (mean value cutoff or 75th percentile cutoff). In addition, densities of CD3$^+$, CD8$^+$, and CD45RO$^+$ TILs and the combined TIL densities remained significant predictors of overall survival by multivariate Cox proportional hazard analysis, even after controlling for T stage, histologic classification (WHO), presence of lymph node metastasis, and presence of lymphatic invasion, which were all found to be of prognostic significance by univariate analysis (Tables 5 and 6).

Two-fold cross-validation approach

For further validation of our results, we performed a two-fold cross-validation approach. In analyses using this approach, univariate and multivariate logistic regression analyses confirmed that densities of CD3$^+$, CD8$^+$, and CD45RO$^+$ TILs were independent predictors of regional lymph node metastasis (Table 7). In univariate Cox regression analysis, CD3$^+$, CD8$^+$, and CD45RO$^+$ groups were found to have longer survival time than the corresponding low-density groups (Table 8). In multivariate Cox regression analysis, CD45RO$^+$ TIL density remained a statistically significant predictor of overall survival, and CD8$^+$ TIL density was associated with overall survival marginally, but CD3$^+$ TIL density did not remain a significant predictor (Table 8).
DISCUSSION

The present study demonstrates that the type and density of TILs correlate with the clinical outcome after gastrectomy in gastric cancer. TIL was found to be an independent predictor of lymph node metastasis and an independent prognostic factor of patients’ overall survival by multivariate analyses. In addition, we evaluated an effect of TIL density on survival at each stage of TNM classification. Overall survival of patients with a high TIL density tended to be longer than that of patients with a low TIL density within the same TNM stage, although differences were not statistically significant due to small numbers of cases enrolled in

Table 2 Correlation between TIL density and clinicopathologic characteristics in the 220 gastric cancers

| Characteristics | CD3+ TIL | CD8+ TIL | CD45RO+ TIL |
|-----------------|---------|---------|-------------|
|                  | Low | High   | P-value | Low | High   | P-value | Low | High   | P-value |
| Age (years)      |     |        |         |     |        |         |     |        |         |
| <66             | 108 | 69     | 0.026   | 129 | 48     | 0.250   | 121 | 56     | 0.167   |
| ≥66             | 34  | 9      |         | 35  | 8      |         | 34  | 9      |         |
| Gender          |     |        | 0.023   |     |        | 0.109   |     |        | 0.315   |
| Male            | 108 | 48     |         | 121 | 35     |         | 113 | 43     |         |
| Female          | 34  | 30     |         | 43  | 21     |         | 42  | 22     |         |
| WHO classification | 0.148 | 0.008 | 0.118 |
| WD              | 9   | 3      |         | 11  | 1      |         | 9   | 3      |         |
| MD              | 50  | 23     |         | 58  | 15     |         | 53  | 20     |         |
| PD              | 58  | 44     |         | 65  | 37     |         | 65  | 37     |         |
| Mucinous        | 9   | 1      |         | 9   | 1      |         | 10  | 0      |         |
| SRC             | 16  | 7      |         | 21  | 2      |         | 18  | 5      |         |
| Lymphatic invasion | 0.143 | 0.590 | 0.446 |
| Absent          | 88  | 56     |         | 109 | 35     |         | 99  | 45     |         |
| Present         | 54  | 22     |         | 55  | 21     |         | 56  | 20     |         |
| Tumour stage    | 0.095 | 0.924 | 0.366 |
| T1/2            | 98  | 62     |         | 119 | 41     |         | 110 | 50     |         |
| T3/4            | 44  | 16     |         | 45  | 15     |         | 45  | 15     |         |
| LN metastasis   | <0.001 | 0.012 | <0.001 |
| Absent          | 24  | 31     |         | 34  | 21     |         | 38  | 27     |         |
| Present         | 118 | 47     |         | 130 | 35     |         | 127 | 38     |         |
| TNM stage       | 0.001 | 0.250 | 0.018 |
| I               | 32  | 35     |         | 44  | 23     |         | 38  | 29     |         |
| II              | 32  | 21     |         | 41  | 12     |         | 38  | 15     |         |
| III             | 44  | 11     |         | 44  | 11     |         | 45  | 10     |         |
| IV              | 34  | 11     |         | 35  | 10     |         | 34  | 11     |         |

LN = lymph node; MD = moderately differentiated tubular adenocarcinoma; Mucinous = mucinous adenocarcinoma; PD = poorly differentiated tubular adenocarcinoma; SRC = signet-ring cell carcinoma; WD = well differentiated tubular adenocarcinoma. The results were according to the density groups of TIL with mean value cutoffs. *Chi-squared test was used as a statistical method.

Table 3 Univariate and multivariate logistic regression models for predictors of regional lymph node metastasis (results from mean value cutoffs)

| Variables | Univariate analysis | Multivariate analysis |
|-----------|---------------------|-----------------------|
|           | OR | 95% CI | P-value | OR | 95% CI | P-value |
| CD3+      | 0.308 | 0.164–0.580 | <0.001 | 0.350 | 0.175–0.701 | 0.003 |
| CD8+      | 0.416 | 0.225–0.843 | 0.014 | 0.325 | 0.150–0.707 | 0.005 |
| CD45RO+   | 0.310 | 0.163–0.589 | <0.001 | 0.302 | 0.147–0.622 | 0.001 |
| CD3CD8+   | 0.307 | 0.148–0.640 | 0.002 | 0.277 | 0.122–0.632 | 0.002 |
| CD3CD45RO+ | 0.234 | 0.116–0.473 | <0.001 | 0.236 | 0.107–0.523 | <0.001 |
| CD8CD45RO+ | 0.292 | 0.136–0.625 | 0.002 | 0.260 | 0.111–0.608 | 0.002 |
| CD3CD8CD45RO+ | 0.258 | 0.117–0.567 | 0.001 | 0.257 | 0.108–0.614 | 0.028 |

CI = confidence interval; OR = odds ratio. The results were according to the density groups of TIL with mean value cutoffs. Univariate and multivariate logistic regression models were used as statistical methods. *Tumour invasion (T stage) and presence of lymphatic invasion were adopted as covariates in each multivariate analysis. 2High vs low. 3High/high vs low/low. 4High/high/high vs low/low/low.

Table 4 Univariate and multivariate logistic regression models for predictors of regional lymph node metastasis (results from 75th percentile cutoffs)

| Variables | Univariate analysis | Multivariate analysis |
|-----------|---------------------|-----------------------|
|           | OR | 95% CI | P-value | OR | 95% CI | P-value |
| CD3+      | 0.375 | 0.194–0.726 | 0.004 | 0.425 | 0.204–0.885 | 0.022 |
| CD8+      | 0.436 | 0.225–0.843 | 0.014 | 0.325 | 0.150–0.707 | 0.005 |
| CD45RO+   | 0.420 | 0.217–0.815 | 0.010 | 0.402 | 0.190–0.850 | 0.017 |
| CD3CD8+   | 0.338 | 0.161–0.710 | 0.004 | 0.318 | 0.138–0.734 | 0.007 |
| CD3CD45RO+ | 0.321 | 0.149–0.689 | 0.004 | 0.337 | 0.143–0.793 | 0.013 |
| CD8CD45RO+ | 0.400 | 0.180–0.888 | 0.024 | 0.354 | 0.146–0.860 | 0.022 |
| CD3CD8CD45RO+ | 0.369 | 0.160–0.851 | 0.019 | 0.397 | 0.160–0.988 | 0.047 |

CI = confidence interval; OR = odds ratio. The results were according to the density groups of TIL with 75th percentile cutoffs. Univariate and multivariate logistic regression models were used as statistical methods. *Tumour invasion (T stage) and presence of lymphatic invasion were adopted as covariates in each multivariate analysis. 2High vs low. 3High/high vs low/low. 4High/high/high vs low/low/low.
This finding suggests that the diversity of clinical outcomes shown by gastric cancer patients with the same TNM stage is due in part to differences in TIL density, which underlines the importance of TIL as a predictor of clinical outcome.

In this study, cases were classified into low or high TIL density groups using mean number or 75th percentile cutoffs, and the results were consistent regardless of the grouping method used. In addition, analyses using two-fold cross-validation approach strengthened our results, although it failed to show that CD3$^+$ TIL density was an independent predictor of overall survival.

Recent studies on colorectal cancer have demonstrated that a high density of CD45RO$^+$ TIL is correlated with the absence of lymphovascular invasion and with increased survival (Pages et al., 2005), and further that the densities of CD3$^+$, CD8$^+$, and CD45RO$^+$ TILs are independent prognostic factors (Galon et al., 2006). In a study on ovarian cancer, it was found that the presence of intratumoral T cells was associated with improved clinical outcomes.

Nevertheless, the counting method using image analysis software and the classification system used in this study would be difficult to use clinically. Thus, we suggest that a standard method be devised to measure TIL densities for clinical applications.
Table 5 Univariate and multivariate cox proportional hazards models for the predictors of overall survival (results from mean value cutoffs)

| Variables | Univariate analysis | Multivariate analysisa |
|-----------|---------------------|------------------------|
| CD3b | 0.627 (0.410–0.627) | 0.597 (0.404–0.93) |
| CD8b | 0.513 (0.389–0.959) | 0.404–0.93 |
| CD45ROb | 0.507 (0.128–0.554) | 0.36 (0.173–0.957) |

CI = confidence interval. HR = hazard ratio. The results were according to the density groups of TIL with mean value cutoffs. Univariate and multivariate Cox proportional hazards models were used as statistical methods. *Tumour stage (T stage), histologocal classification (WHO), presence of lymph node metastasis, and presence of lymphatic invasion which were proved to have a prognostic significance in univariate analysis were adopted as covariates in each multivariate analysis. $^{a}$High vs low. $^{b}$High/high vs low/low. $^{c}$High/high/high vs low/low/low.

Table 6 Univariate and multivariate cox proportional hazards models for the predictors of overall survival (results from 75th percentile cutoffs)

| Variables | Univariate analysis | Multivariate analysisa |
|-----------|---------------------|------------------------|
| CD3b | 0.446 (0.261–0.760) | 0.404–0.93 |
| CD8b | 0.483 (0.389–0.959) | 0.404–0.93 |
| CD45ROb | 0.373 (0.193–0.721) | 0.36 (0.173–0.957) |

CI = confidence interval. HR = hazard ratio. The results were according to the density groups of TIL with 75th percentile cutoffs. Univariate and multivariate Cox proportional hazards models were used as statistical methods. *Tumour stage (T stage), histologocal classification (WHO), presence of lymph node metastasis, and presence of lymphatic invasion which were proved to have a prognostic significance in univariate analysis were adopted as covariates in each multivariate analysis. $^{a}$High vs low. $^{b}$High/high vs low/low. $^{c}$High/high/high vs low/low/low.

Table 7 Univariate and multivariate logistic regression models for predictors of regional lymph node metastasis (results from two-fold cross-validation approach)

| Variables | Univariate analysis | Multivariate analysisa |
|-----------|---------------------|------------------------|
| CD3b | 0.42 (0.211–0.818) | 0.404–0.93 |
| CD8b | 0.32 (0.158–0.630) | 0.36 (0.173–0.957) |

CI = confidence interval. OR = odds ratio. Univariate and multivariate logistic regression models were used as statistical methods. *Tumour invasion (T stage) and presence of lymphatic invasion were adopted as covariates in each multivariate analysis. $^{a}$High vs low. $^{b}$High/high vs low/low. $^{c}$High/high/high vs low/low/low.

Outcome (Zhang et al., 2003). Previous reports also show that hepatocellular and urothelial carcinoma patients with high numbers of CD8+ TIL within tumour tissues have better survival (Gao et al., 2007; Sharma et al., 2007). In terms of lymph node metastasis, Taylor et al. (2007) reported that brisk TIL infiltration in tumour predicts sentinel lymph node metastasis in melanoma patients, and Piersma et al. (2007) demonstrated that a high number of intraepithelial CD8+ TIL is associated with the absence of lymph node metastasis in uterine cervical cancer.

However, the prognostic role of tumour-infiltrating immune cells in patients of gastric cancer is largely unknown. Only a few reports have been issued on the association between tumour-infiltrating immune cells and the clinical outcome in gastric cancer; Ishigami et al. (2000) reported that patients showing a high level of natural killer cell infiltration in tumour tissues have a better prognosis, and Maehara et al. (1997) showed that a high density of dendritic cell infiltration is associated with the absence of lymph node metastasis. Ichihara et al. (2003) reported that the population of regulatory T cells among the TILs of patients with advanced disease (n = 8) is significantly higher than that among the TILs of patients with early disease (n = 7). On the other hand, Fukuda et al. (2002) found no significant difference in survival between patients with marked or slight TIL infiltration, which does not agree with our findings. However, they detected TILs by UCLH-1 immunostaining in 129 gastric cancer patients, classified cases into groups with marked or slight TIL infiltration, and did not determine TIL numbers. In this study of a large series of gastric cancers, we counted the number of tumour-infiltrating total T cells, cytotoxic T cells, memory T cells, and B cells using an image analyser, and for the first time demonstrated the prognostic importance of TIL in gastric cancer.

T-cell mediated adaptive immunity is considered to play a major role in anti-tumour immunity. In mouse models, it has been demonstrated that adaptive immunity prevents the development of tumours and inhibit tumour progression (Dunn et al., 2004). Consistent with these results, our findings show that high densities of immune cells related to adaptive immunity, that is, total T cells, cytotoxic T cells, and memory T cells, are associated with favourable survival, and indicate that adaptive immunity plays a role in the prevention of tumour progression. On the other hand, tumour-infiltrating B cells are found not to have impact on patient survival in this study. Previous reports have concluded that B lymphocytes and humoral immunity are associated with tumour progression (de Visser et al., 2006; Sabbatini and Odusni, 2007), which is not contradicted by our findings.

According to our results, TIL density is correlated with the presence of lymph node metastasis but not with depth of tumour invasion.
invasion. On the basis of this finding, we suspect that the prognostic role of TIL is mainly contributed to decreased metastatic potential. We suggest the following possible mechanisms how TIL act to reduce metastatic potential. First, clones with metastatic potential usually contain larger amounts of aberrantly expressed proteins, including proteins that contribute to metastasis, which may act as tumour-associated antigens. As a result, these clones are more likely to be destroyed by *in situ* immune reactions. Second, a high density of TIL means a healthy immune system, and therefore, immune reaction occurring in lymph node may also exert a proper function against tumour cells that have drained into lymph nodes in patients with high TIL densities. Third, tumour burden of metastatic foci in lymph node is less bulky than those of primary foci, and thus, metastatic foci are more likely to be susceptible to complete destruction by immune reaction.

In this study, we evaluated TIL distributions immunohistochemically, and although the majority of previous reports have also used this method, it has some limitations. First, the results obtained are dependent on the antibodies used. Second, various components of immune system such as interferon-γ (IFN-γ), IFN-γ receptor, transcription factor signal transducers and activators of transcription 1 (STAT1), perforin, and interleukins which can affect *in situ* immune reaction against tumour, and therefore, impact on patients’ survival were not considered. Thus, additional studies are required to elucidate the expression status of immune-related genes in tumour tissues.

Significant advances have been made in the field of cancer immunotherapy over the last decade, and many nonrandomised, phase II, immune-targeted trials have shown that immunotherapy can confer survival benefits, although these benefits were not confirmed in phase III trials (Rosenberg *et al.*, 2004; Sabbatini and Odunsi, 2007). In gastric cancer, immunotherapy has not been shown to confer a survival benefit, although a clinical trial on postoperative adjuvant immunochemotherapy is currently in progress in Japan (Ueda *et al.*, 2006). It is hoped that the observations made during this study will provide crucial information concerning the design of effective immunotherapies, and aid the identification of patients suitable for immunotherapy.

In conclusion, we elucidated the prognostic implications of the density of various types of TIL in gastric cancer. Moreover, our results suggest that adaptive immunity does act to prevent tumour progression. We believe that our findings can help predict clinical outcome and define patient subgroups with an unfavourable prognosis in gastric cancer. Furthermore, our observation will be useful for selecting patients that are more likely to benefit from the promising adjuvant immunotherapy.

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