A kinetic model for very low temperature dilute Bose gases

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Abstract
We review recent work on a kinetic model for very low temperature dilute Bose gases. The brief derivation, expressions for hydrodynamics modes, and the comparison with an experiment on a BEC of $^{87}$Rb atoms are presented.

Keywords low and high temperature quantum kinetics, Bose-Einstein condensate, quantum Boltzmann equation.

MSC: 82C10, 82C22, 82C40.

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1 Introduction

After the first observation of Bose-Einstein condensation in a gas of rubidium \(^{87}\text{Rb}\) atoms \([3]\) and then in a gas of sodium \(^{23}\text{Na}\) atoms \([4]\), there have been a number of experiments investigating properties of dilute Bose-Einstein condensates (BECs), and it has been shown that the mean field theory of dilute BECs, first proposed by Bogoliubov \([5]\), gives excellent agreement with experiments \([9, 26, 36]\).

If we consider a ideal gas of bosons at temperature \(T\), as the temperature of the gas is lowered, there is a critical temperature \(T_c\) at which a phase transition occurs (Bose-Einstein condensation) and bosons begin to condense into the ground state (lowest energy state) of the system. This phase transition also occurs for weakly interacting particles like \(^{87}\text{Rb}\) and \(^{23}\text{Na}\), which are bosons. For finite temperatures \(T < T_c\), the gas can be viewed as a two-fluid system, consisting of an irrotational fluid (the condensate) and a normal fluid (the excited particles) \([6, 39, 40, 47]\). The original experiments on BECs confined the atoms to a harmonic optical trap formed by electromagnetic fields. More recently, BECs have also been formed on microelectronic chips \([25]\).

At finite temperatures, the coupling of the condensate and noncondensate degrees of freedom leads to a two-component condensate-thermal cloud system. The dynamical description of such systems at finite temperature involves a kinetic equation for the dynamics of thermal excitations coupled to the evolution equation of the macroscopic phase of the Bose-Einstein condensate. The thermal excitations described by Bogoliubov mean field theory can be regarded as a gas of weakly-interacting excitations (“bogolons”), whose energy spectrum is phonon-like at low temperature and particle-like at higher temperatures.

In the pioneering work by Kirkpatrick and Dorfman \([31, 32, 33]\) and Eckern \([11]\), the authors derived a closed kinetic equation for the quasiparticle distribution function of an inhomogeneous Bose gas below the transition temperature. The approach was then employed and extended by Zaremba, Nikuni and Griffin \([52]\). These theories can be regarded as the consistent time-dependent extension of the Hartree-Fock-Bogoliubov-Popov theory \([37]\) in which collisions within the thermal cloud and particle-exchange collisions between condensate and thermal atoms are included. Based on a quantum BBGKY hierarchy argument, a similar model was also derived in the work \([50]\).

Independently, using a field-theoretic formulation of the non-equilibrium Keldysh theory \([7]\), within the many-body T-matrix approximation, Stoof also derived a model \([49]\) that describes the evolution of the full probability distribution for a weakly interacting Bose gas. In this model, using a Hartree-Fock-like
ansatz, the total probability distribution can be separated into a product of respective probability distributions for the condensate and thermal particles, that finally leads to a similar system to the one obtained in [52].

Based on techniques established in the quantum optics community [15], Gardiner, Zoller and co-workers [12, 30, 13, 29, 14] developed a theory that gives a unified description of the entire range of Bose gas kinetics, combining both coherent and incoherent processes. Using the above theory, the authors also wrote a different series of papers [18, 17, 16, 34, 8], in which the formation of a BEC in an optical trap was studied. The theories formulated by Stoof [10, 48, 49], and those formulated by Gardiner-Zoller [12, 13, 14, 29, 30], both have the kinetic equations of ZNG as a limiting case. An excellent review of some of these kinetic theories can be found in [41].

All of the above models are based on a picture of excitations with particle-like spectrum. Such models are adequate for high temperature ranges \( T_{BEC} > T \geq 0.5T_{BEC} \) [28], but are inappropriate for describing collective phonon-like excitations, which become important at very low temperatures [2]. In order to fix this problem, in [44, 22, 20, 21, 23, 24] authors Reichl and Gust, based on the work of Peletminskii and Yatsenko [38], derived a new kinetic equation which takes into account the non-conservation of bogolon number during collisions and the phonon-like spectrum of bogolons at very low temperature. As a result, a new contribution to the collision operator \( G^{31} \) appears that takes into account 1\( \leftrightarrow \)3 type collisions between the excitations, addition to the 1\( \leftrightarrow \)2 and 2\( \leftrightarrow \)2 type collisions that are known to occur. In [38], Peletminskii and Yatsenko derived a more traditional kinetic equation that could incorporate a mean field description of relaxation processes in superfluids. This approach was subsequently used to describe relaxation processes in Fermi superfluids [42, 43] and later used to derive the kinetic equations BECs that are discussed in more detail in subsequent sections.

In this review paper, we revisit the model derived by Reichl and Gust [44, 22, 20, 21, 23, 24]. The model, which couples the kinetic equation for bogolons to the equation for evolution of the condensate, is described in Section 2. In Section 3, we recall the main steps of the derivation of the model by Reichl and Gust. In Section 4, we calculate the decay rates of the sound modes as a function equilibrium temperature, density, particle mass and interaction strength. We obtain expressions for the decay rates of sound modes that can be applied to any monatomic dilute Bose gas and compare the results to a experiment on a BEC of 87Rb atoms [46]. The value of the sound mode lifetime, predicted by the new theory, is consistent with experiment reported in [46].

2 The model

In this paper, we are interested in the kinetic equations that describe the dynamics of excitations (bogolons) in a very low temperature dilute atomic Bose-Einstein condensate [44, 22, 20, 21, 23, 24]. We let \( f(\mathbf{r}, \mathbf{k}, t) \) denote the deviation from equilibrium of the phase space bogolon number density for bogolons, at
time \( t \), with position and momentum in the intervals \( r \to r + dr, \ h k_1 \to h k_1 + dh k_1 \), respectively (\( \hbar \) is Planck’s constant). Then the equation for the spatial Fourier transform, \( f(q, k_1, t) = \int d \mathbf{r} e^{i \mathbf{q} \cdot \mathbf{r}} f(r, k_1, t) \), satisfies the coupled equations

\[
\frac{\partial f(q, k_1, t)}{\partial t} = \frac{\hbar}{m} k_1 \cdot \epsilon(k_1) + \Lambda_0 \frac{m}{E_{k_1}} f(q, k_1, t) + i q \cdot \mathbf{v}_s(q, t) \mathcal{N}^{eq}_{k_1} - G[f(q, k_1, t), \ (q, k_1, t) \in \mathbb{R}^3 \times \mathbb{R}^3 \times \mathbb{R}_+], \quad (2.1)
\]

\[
f(q, k_1, 0) = f_0(q, k_1), \quad (q, k_1) \in \mathbb{R}^3 \times \mathbb{R}^3, \quad (2.2)
\]

\[
\frac{\partial^2 \phi(q, t)}{\partial t^2} = -i \frac{g}{\hbar} q \cdot \mathbf{v}_s(q, t) n^{eq}, \quad (q, t) \in \mathbb{R}^3 \times \mathbb{R}_+, \quad (2.3)
\]

\[
\phi(q, 0) = \phi_0(q), \quad \xi \in \mathbb{R}^3, \quad (2.4)
\]

where \( q \) is the wave vector for spatial variations of the bogolon density, \( \epsilon_{k_1} = \frac{\hbar^2 k_1^2}{2m} \), \( \Lambda_0 \) is the equilibrium condensate order parameter,

\[
E_{k_1} = \sqrt{(\epsilon_{k_1} + \Lambda_0)^2 - \Lambda_0^2}
\]

is the bogolon energy, and

\[
N^{eq}_{k_1} = \left(e^{E_{k_1}/k_B T} - 1\right)^{-1}
\]

is the equilibrium Bose-Einstein distribution for bogolons at temperature \( T \) with \( k_B \) being the Boltzmann constant, \( g = 4 \pi \hbar^2 a/m \) is the coupling constant, \( a \) is the s-wave scattering length of the atoms in the gas, and \( n^{eq} \) is the total particle number density. The distribution \( N^{eq}(k_1) \) is a stationary state of Eq. (2.1).

The macroscopic phase of the condensate, \( \phi(r, t) \), varies in space and time. The equation for the component \( \phi(q, t) = \int d \mathbf{r} e^{i \mathbf{q} \cdot \mathbf{r}} \phi(r, t) \) with wave vector \( q \) is given by Eq. (2.3). The equilibrium particle density \( n^{eq} \) that appears in Eq. (2.3) can be written

\[
n^{eq} \approx n_0^{eq} + \frac{1}{(2\pi)^3} \int d k_1 \frac{\epsilon_{k_1} + \Lambda_0}{E_{k_1}} N^{eq}_{k_1} \quad (2.5)
\]

where \( n_0^{eq} \) is the density of particles that have condensed into the ground state \( k = 0 \). This form of the equilibrium particle density is sometimes called the "Popov approximation" and limits the theory to temperatures below about 0.67 \( T_C \) [26]. The superfluid velocity is determined by the spatial variation of the macroscopic phase \( \phi(r, t) \) and is given by \( \mathbf{v}_s(r, t) = \frac{\hbar}{m} \nabla_r \phi(r, t) \). Therefore,

\[
\mathbf{v}_s(q, t) = -i \frac{\hbar}{m} q \cdot \phi(q, t). \quad (2.6)
\]

The macroscopic phase \( \phi(r, t) \) arises from the broken gauge symmetry in the Bose Einstein condensate. From Eqs. (2.1) - (2.4), we see that bogolon distribution function and the macroscopic phase are nonlinearly coupled.
The collision operator $\mathbf{G}[f]$ that appears in Eq. (2.1) contains the processes that cause the BEC to relax to equilibrium. In subsequent sections, we consider the linearized bogolon kinetic equation so we write the linearized collision operator here. Let us define

$$f(q, k, t) = N_{k}^{eq}(1 + N_{k}^{eq})\eta(q, k, t),$$  \hspace{1cm} (2.7)

then $\eta(q, k, t)$ is a small quantity that decays to zero as the gas relaxes to equilibrium. We rewrite $\mathbf{G}[f]$ as $\mathcal{G}[\eta]$. In the hydrodynamic regime where spatial variations have very long wavelength, the wave vector $|q|$ is a very small parameter. The linearized bogolon collision integral can be written \[ \mathcal{G}[\eta] = \mathcal{G}^{12}[\eta] + \mathcal{G}^{22}[\eta] \]

where

$$\mathcal{G}^{12}_{k_1, q} = \frac{4\pi N_{0}g^{2}}{\hbar V^{2}} \sum_{2, 3} \delta_{1, 2+3}^{(4)}(W_{12}^{13, 2, 1})^{2} M_{1}^{eq} N_{2}^{eq} N_{3}^{eq} (\eta_{2} + \eta_{3} - \eta_{1})$$

$$+ \frac{8\pi N_{0}g^{2}}{\hbar V^{2}} \sum_{2, 3} \delta_{1+2, 3}^{(4)}(W_{12}^{13, 2, 3})^{2} M_{3}^{eq} N_{1}^{eq} N_{4}^{eq} (\eta_{3} - \eta_{1} - \eta_{2}),$$  \hspace{1cm} (2.8)

$$\mathcal{G}^{22}_{k_1, q} = \frac{4\pi g^{2}}{\hbar V^{2}} \sum_{2, 3, 4} \delta_{1+2, 3+4}^{(4)}(W_{22}^{13, 2, 3, 4})^{2} M_{2}^{eq} M_{4}^{eq} N_{1}^{eq} N_{3}^{eq}$$

$$ \times (\eta_{3} + \eta_{4} - \eta_{1} - \eta_{2})$$  \hspace{1cm} (2.9)

and

$$\delta \mathcal{G}^{ij}_{k_1, q} = \frac{4\pi g^{2}}{3\hbar V^{2}} \sum_{2, 3, 4} \delta_{1+2, 3+4}^{(4)}(W_{31}^{13, 2, 3, 4})^{2} M_{1}^{eq} M_{2}^{eq} N_{3}^{eq} N_{4}^{eq}$$

$$ \times (\eta_{2} + \eta_{3} + \eta_{4} - \eta_{1})$$

$$+ \frac{4\pi g^{2}}{\hbar V^{2}} \sum_{2, 3, 4} \delta_{1+2, 3+4}^{(4)}(W_{31}^{13, 2, 3, 4})^{2} N_{1}^{eq} M_{2}^{eq} M_{3}^{eq} M_{4}^{eq}$$

$$ \times (\eta_{4} - \eta_{1} - \eta_{2} - \eta_{3})$$  \hspace{1cm} (2.10)

where $M_{j}^{eq} = 1 + N_{j}^{eq}$, $\eta_{j} = \eta(q, k_{j}, t)$, $E_{i} = E_{k_{i}}$, the summation $\sum_{j} = \sum_{k_{j} \neq 0}$, and $\delta_{1+2, 3+4}^{(4)}$ denotes the product of momentum and energy conserving delta functions

$$\delta_{1+2, 3+4}^{(4)} = \delta^{(3)}(k_{1} + k_{2} - k_{3} - k_{4}) \delta(E_{1} + E_{2} - E_{3} - E_{4}).$$  \hspace{1cm} (2.11)

The weighting functions $W_{12}^{13, 2, 3, 4}$, $W_{22}^{13, 2, 3, 4}$, and $W_{31}^{13, 2, 3, 4}$, are given by

$$W_{12}^{13, 2, 3, 4} = u_{1}u_{2}u_{3} - u_{1}v_{2}u_{3} - v_{1}u_{2}u_{3} + v_{1}u_{2}v_{3} + v_{1}u_{2}v_{3} - v_{1}v_{2}v_{3},$$  \hspace{1cm} (2.12)

$$W_{22}^{13, 2, 3, 4} = u_{1}u_{2}u_{3} + u_{1}v_{2}u_{3} + u_{1}v_{2}u_{3} + v_{1}u_{2}u_{3} + v_{1}u_{2}v_{3} + v_{1}v_{2}v_{3}v_{4},$$  \hspace{1cm} (2.13)
and
\[ W_{1,2,3,4}^{31} = u_1 u_2 u_3 v_4 + u_1 u_2 v_3 u_4 + u_1 v_2 u_3 u_4 + v_1 v_2 v_3 u_4 + v_1 v_2 u_3 v_4 + v_1 u_2 v_3 v_4. \]  
(2.14)

In the limit that \( \Lambda_0 \to 0 \), the weighting functions \( W_{12} \) and \( W_{22} \) approach 1 while the weighting function \( W_{31} \) approaches zero. However, \( G_{12} \) still approaches zero overall since it is multiplied by \( N_0 \) which approaches zero. The collision operators \( G_{12} \) and \( G_{22} \) are the same as those considered in refs. [31, 33, 32, 37]. They dominate collision processes at higher temperatures where particle-like excitations exist. The collision operator \( G_{31} \) becomes important at lower temperatures where the excitations take on a more phonon-like character. The factors \( u_i \) and \( v_i \) are given by
\[ u_i = \frac{1}{\sqrt{2}} \sqrt{\frac{\epsilon_i + \Lambda_0}{E_i}} + 1 \] 
\[ v_i = \frac{1}{\sqrt{2}} \sqrt{\frac{\epsilon_i + \Lambda_0}{E_i}} - 1 \]  
(2.15)
where \( \epsilon_j = \epsilon_k \). In Appendix A, we write these linearized collision operators in a more explicit form.

3 Derivation of the system

In this Section, we outline the key steps of the derivation (cf. [44, 20]) of the BEC kinetic equations shown in Section 2. Let \( \hat{\Phi}^\dagger(x) \) (\( \hat{\Phi}(x) \)) be the quantum field operator that creates (annihilates) a particle at position \( x \), the Hamiltonian for \( N \) bosons of mass \( m \), in a cubic box with very large volume \( \Omega \), can be written in the form
\[ \hat{H} = \int_\Omega d\mathbf{x} \hat{\Phi}^\dagger(x) \left( -\frac{\hbar^2}{2m} \Delta_x \right) \hat{\Phi}(x) \] 
\[ + \frac{1}{2} \int_\Omega \int_\Omega d\mathbf{x}_1 d\mathbf{x}_2 V(|\mathbf{x}_1 - \mathbf{x}_2|) \hat{\Phi}^\dagger(x_1) \hat{\Phi}^\dagger(x_2) \hat{\Phi}(x_1) \hat{\Phi}(x_2), \]  
(3.1)
where and the integration is over the entire volume \( \Omega \) of the cubic box. These operators satisfy the boson commutation relations \( [\hat{\Phi}(x_1), \hat{\Phi}^\dagger(x_2)] = \delta(x_1 - x_2) \). We will assume that the interaction between particles is given by the contact potential \( V(|\mathbf{x}_1 - \mathbf{x}_2|) = g\delta(x_1 - x_2) \). The evolution of the probability density operator \( \hat{\rho} \) for this system follows the quantum Liouville equation
\[ \frac{\partial \hat{\rho}(t)}{\partial t} = -i\hbar [\hat{H}, \hat{\rho}(t)]. \]  
(3.2)

The equations (3.1) and (3.2) give the exact behavior of the BEC gas.

Below the Bose-Einstein condensation transition temperature, \( T_c \), the gauge symmetry of the fluid is broken. In order to accurately describe the behavior of the BEC, one needs to incorporate this broken symmetry into the dynamics, by using the one-body reduced density operator
\[ \hat{\Theta}(x_1, x_2) = \begin{pmatrix} \hat{\Phi}^\dagger(x_1) \hat{\Phi}(x_2) \\ \hat{\Phi}(x_1) \hat{\Phi}^\dagger(x_2) \end{pmatrix}, \]  
(3.3)
and the one-body reduced density matrix

$$\bar{F}(x_1, x_2, t) = \text{Tr} \left[ \hat{\rho}(t) \hat{\Theta}(x_1, x_2) \right] = \left( \begin{array}{cc} \langle \hat{\Phi}^\dagger(x_1) \hat{\Phi}(x_2) \rangle & \langle \hat{\Phi}^\dagger(x_1) \hat{\Phi}^\dagger(x_2) \rangle \\ \langle \hat{\Phi}(x_1) \hat{\Phi}(x_2) \rangle & \langle \hat{\Phi}(x_1) \hat{\Phi}^\dagger(x_2) \rangle \end{array} \right),$$

(3.4)

which follows the time evolution equation

$$-i\hbar \frac{\partial \bar{F}(x_1, x_2, t)}{\partial t} = \text{Tr} [\hat{\rho}(t) [\hat{H}, \hat{\Theta}(x_1, x_2)]]$$

(3.5)

According to the Bogoliubov assumption, after a very short time $t$ the density operator $\hat{\rho}(t)$ will be a functional of the single particle reduced density operator $\bar{F}(x_1, x_2, t)$. The density operator then can be written, with an abuse of notation

$$\hat{\rho}(t) = \hat{\rho}'(\{\bar{F}\}),$$

(3.6)

where $\{\bar{F}\}$ denotes the vector containing $\bar{F}(x_1, x_2, t)$ for all values of $(x_1, x_2)$. The quantity $\bar{F}(x_1, x_2, t)$ is defined self-consistently so that

$$\bar{F}(x_1, x_2, t) = \text{Tr} [\hat{\rho}'(\{\bar{F}\}) \hat{\Theta}(x_1, x_2)].$$

(3.7)

The existence of the broken symmetry can be made explicit if we divide the total Hamiltonian into a mean field contribution $\hat{H}_0$ and a deviation from the mean field $\hat{H}_1$. The total Hamiltonian then takes the form $\hat{H} = \hat{H}_0 + \hat{H}_1$, where the mean field Hamiltonian is defined

$$\hat{H}_0 = \int_\Omega d\mathbf{x} \hat{\Phi}^\dagger(x) \left( -\frac{\hbar^2}{2m} \Delta_x - \mu \right) \hat{\Phi}(x) + \hat{H}_3,$$

(3.8)

with

$$\hat{H}_3 = \frac{1}{2} \int_B d\mathbf{x}_1 [\nu(x_1) \hat{\Phi}^\dagger(x_1) \hat{\Phi}(x_1) + \nu(x_1) \hat{\Phi}(x_1) \hat{\Phi}^\dagger(x_1)] + \frac{1}{2} \int_\Omega d\mathbf{x}_1 \Lambda(x_1) \hat{\Phi}(x_1) + \frac{1}{2} \int_\Omega d\mathbf{x}_1 \Lambda^\dagger(x_1) \hat{\Phi}(x_1) + \frac{1}{2} \int_\Omega d\mathbf{x}_1 \Lambda^\dagger(x_1) \hat{\Phi}^\dagger(x_1),$$

(3.9)

and $\hat{H}_1$ contains deviations from the mean field Hamiltonian

$$\hat{H}_1 = \frac{1}{2} \int_\Omega \int_\Omega d\mathbf{x}_1 d\mathbf{x}_2 V(|x_1 - x_2|) \hat{\Phi}^\dagger(x_1) \hat{\Phi}(x_2) \hat{\Phi}(x_2) \hat{\Phi}(x_1) - \hat{H}_3.$$

(3.10)

In Eq. (3.9), $\nu(x_1) = 2g \langle \hat{\Phi}^\dagger(x_1) \hat{\Phi}(x_1) \rangle$, $\Lambda(x_1) = g \langle \hat{\Phi}(x_1) \hat{\Phi}(x_1) \rangle$, $\Lambda^\dagger(x_1) = g \langle \hat{\Phi}^\dagger(x_1) \hat{\Phi}^\dagger(x_1) \rangle$, and $\mu$ is the equilibrium chemical potential.

### 3.1 The Kinetic Equation

In [20], the authors used the Peletminksii and Yatsenko approach [1, 38] to derive the kinetic equation for the BEC from the above mean field Hamiltonian. The kinetic equation describing the dynamic evolution of the one-body density matrix can be written
\[-i\hbar \frac{\partial \bar{F}(x_1, x_2, t)}{\partial t} = \text{Tr}\{\dot{\rho}'(\{\bar{F}\}), [\hat{H}_0, \dot{\Theta}(x_1, x_2)]\} + \text{Tr}\{\dot{\rho}'(\{\bar{F}\}), [\hat{H}_1, \dot{\Theta}(x_1, x_2)]\} + i \frac{\hbar}{\hbar} \int_{-\infty}^{0} ds \text{Tr}\{\dot{\rho}'(\{\bar{F}\}), [\hat{H}_1, \hat{S}_0(0, s)[\dot{\Theta}(x_1, x_2)], \hat{H}_1]\hat{S}_0(0, s)\} \]  

where \( \hat{S}_0 \) is the semigroup operator 

\[ \hat{S}_0(s_1, s_2) = e^{-\hat{H}_0(s_1-s_2)/\hbar}, \]  

and \( \hat{S}_0^\dagger \) is the adjoint of \( \hat{S}_0 \). The mean field Hamiltonian \( \hat{H}_0 \), defined in (3.8) needs to satisfy 

\[ \text{Tr}\{\dot{\rho}'(\{\bar{F}\})[\hat{H}_1, \dot{\Theta}(x_1, x_2)]\} = 0, \]  

In order to remove secular effects in the evolution of the one-body density matrix. 

We can now introduce the unitary transformation to the reference frame moving with the superfluid (superfluid rest frame) 

\[ \hat{S}(t) = \exp \left[ -i \int_{\Omega} dx \phi(x, t) \hat{\Phi}^\dagger(x) \hat{\Phi}(x) \right], \]  

where \( \phi(x, t) \) is the macroscopic phase of the condensate wave function. We let \( \hat{\psi}^\dagger(x) \) and \( \hat{\psi}(x) \) denote particle creation and annihilation operators in the superfluid rest frame. Then \( \hat{S}(t)\hat{\Phi}(x)\hat{S}(t) = e^{-i\phi(x,t)}\hat{\phi}(x) = \hat{\psi}(x) \) and we obtain 

\[-i\hbar \frac{\partial}{\partial t} (\hat{\psi}_1^\dagger \hat{\psi}_2) = (L^{(+)}_1 - L^{(-)}_2)(\hat{\psi}_1^\dagger \hat{\psi}_2) - \Lambda_1(\hat{\psi}_1 \hat{\psi}_2^\dagger) + I_{11}, \] 
\[-i\hbar \frac{\partial}{\partial t} (\hat{\psi}_1^\dagger \hat{\psi}_2) = (L^{(+)}_2 + L^{(-)}_1)(\hat{\psi}_1^\dagger \hat{\psi}_2) + \Lambda_1(\hat{\psi}_1 \hat{\psi}_2^\dagger) + I_{12}, \] 
\[-i\hbar \frac{\partial}{\partial t} (\hat{\psi}_1 \hat{\psi}_2) = -(L^{(-)}_2 + L^{(+)}_1)(\hat{\psi}_1 \hat{\psi}_2) - \Lambda_2(\hat{\psi}_1^\dagger \hat{\psi}_2) - \Lambda_2(\hat{\psi}_1 \hat{\psi}_2^\dagger) + I_{21}, \] 
\[-i\hbar \frac{\partial}{\partial t} (\hat{\psi}_1 \hat{\psi}_2) = (L^{(+)}_2 - L^{(-)}_1)(\hat{\psi}_1 \hat{\psi}_2) + \Lambda_2(\hat{\psi}_1^\dagger \hat{\psi}_2) + I_{22}, \]

where \( \hat{\psi}_j = \hat{\psi}(x_j) \), 

\[ L^{(\pm)}_j = L(x_j) \pm i \frac{\hbar}{2} (\nabla x_j \cdot v_s(x_j)) + \frac{m}{2} v_s^2(x_j) \pm i \hbar v_s(x_j) \cdot \nabla x_j + \hbar \frac{\partial \phi(x_j)}{\partial t}, \]  

with 

\[ L(x_j) = -\frac{\hbar^2}{2m} \Delta x_j + \nu(x_j) - \mu, \quad \nu(x_j) = 2g(\hat{\psi}^\dagger(x_j)\hat{\psi}(x_j)), \] 

\[ \Lambda_j = \Lambda(x_j) = g(\hat{\psi}(x_j)\hat{\psi}(x_j)), \quad \Lambda_j^\dagger = \Lambda^\dagger(x_j) = g(\hat{\psi}^\dagger(x_j)\hat{\psi}^\dagger(x_j)), \]
for \( j = 1, 2 \). The quantity \( \mathbf{v}_s(x_j) = \frac{\hbar}{m} \nabla x_j \phi(x_j) \) is the superfluid velocity. The quantities

\[
\begin{pmatrix}
  \mathcal{I}_{1,1} & \mathcal{I}_{1,2} \\
  \mathcal{I}_{2,1} & \mathcal{I}_{2,2}
\end{pmatrix} = \frac{i}{\hbar} \int_{-\infty}^{0} ds \, \text{Tr} \{ \hat{\rho}'([\mathcal{F}]^\dagger [\hat{H}_1, \hat{S}^{0,\dagger}(0, s)]\hat{\theta}(x_1, x_2), \hat{H}_1] \hat{S}^{0}(0, s)) \},
\]

where

\[
\hat{\theta}(x_1, x_2) = \begin{pmatrix}
  \hat{\psi}^\dagger(x_1)\hat{\psi}(x_2) \\
  \hat{\psi}(x_1)\hat{\psi}^\dagger(x_2)
\end{pmatrix},
\]

are the collision integrals governing relaxation processes in the BEC gas.

The coupled kinetic equations (3.15) contain the full quantum dynamics of the BEC gas. If we transform these kinetic equations to equations for the Wigner functions, we can write the kinetic equations in the hydrodynamic regime where all macroscopic quantities are slowly varying in space and time.

### 3.2 Kinetic Equations in Terms of Wigner Functions

Wigner functions are distribution functions in phase space for quantum systems \([51]\). They are particularly useful in dealing with transport processes because in the classical limit they reduce to classical probability distributions in phase space. The field operators \( \hat{\psi}_1^\dagger \) and \( \hat{\psi}_1 \) are related to operators \( \hat{a}_{k_1}^\dagger \) and \( \hat{a}_{k_1} \), that create and annihilate, respectively, a particle with momentum \( \hbar \mathbf{k}_1 \), via the Fourier transforms

\[
\hat{\psi}_1^\dagger = \frac{1}{\sqrt{\Omega}} \sum_{k_1} e^{-i\mathbf{k}_1 \cdot \mathbf{r}_1} \hat{a}_{k_1}^\dagger, \quad \text{and} \quad \hat{\psi}_1 = \frac{1}{\sqrt{\Omega}} \sum_{k_1} e^{i\mathbf{k}_1 \cdot \mathbf{r}_1} \hat{a}_{k_1}.
\]

We can therefore relate the configuration space distributions to momentum space distributions via the Fourier transformation

\[
\begin{pmatrix}
  \langle \hat{\psi}_1^\dagger \hat{\psi}_2 \rangle \\
  \langle \hat{\psi}_1^\dagger \hat{\psi}_2 \rangle
\end{pmatrix} = \frac{1}{\Omega} \sum_{k_1, k_2} e^{-i\mathbf{k}_1 \cdot \mathbf{r}_1} e^{i\mathbf{k}_2 \cdot \mathbf{r}_2} \begin{pmatrix}
  \langle \hat{a}_{k_1}^\dagger \hat{a}_{k_2} \rangle \\
  \langle \hat{a}_{k_1}^\dagger \hat{a}_{k_2} \rangle
\end{pmatrix} \begin{pmatrix}
  \langle \hat{a}_{-k_1} \hat{a}_{-k_2} \rangle \\
  \langle \hat{a}_{-k_1} \hat{a}_{-k_2} \rangle
\end{pmatrix}
\]

(3.21)

Let us introduce center of mass and relative coordinates \( \mathbf{R} = \frac{1}{2}(\mathbf{x}_1 + \mathbf{x}_2) \) and \( \mathbf{r} = \mathbf{x}_1 - \mathbf{x}_2 \), respectively, and introduce center of mass and relative wavevectors \( \mathbf{k} = \frac{1}{2}(\mathbf{k}_1 + \mathbf{k}_2) \) and \( \mathbf{q} = \mathbf{k}_1 - \mathbf{k}_2 \), respectively, the Wigner functions for the BEC, whose spatial disturbance has wave vector \( \mathbf{q} \), are then defined

\[
\begin{pmatrix}
  F_{11}(\mathbf{k}, \mathbf{q}) \\
  F_{12}(\mathbf{k}, \mathbf{q}) \\
  F_{21}(\mathbf{k}, \mathbf{q}) \\
  F_{22}(\mathbf{k}, \mathbf{q})
\end{pmatrix} = \int d\mathbf{r} \int d\mathbf{R} \, e^{+i\mathbf{k} \cdot \mathbf{r} + i\mathbf{q} \cdot \mathbf{R}} \begin{pmatrix}
  \langle \hat{\psi}_1^\dagger \hat{\psi}_2 \rangle \\
  \langle \hat{\psi}_1^\dagger \hat{\psi}_2 \rangle \\
  \langle \hat{\psi}_1^\dagger \hat{\psi}_2 \rangle \\
  \langle \hat{\psi}_1^\dagger \hat{\psi}_2 \rangle
\end{pmatrix}
\]

(3.22)

where \( \hbar \mathbf{k} \) is the momentum of particles. In the classical limit, \( F_{11}(\mathbf{k}, \mathbf{R}) \) is the particle number density in the the interval \( \mathbf{k} \to \mathbf{k} + d\mathbf{k} \) and for spatial disturbances with wave vector \( \mathbf{q} \to \mathbf{q} + d\mathbf{q} \). The particle number density whose spatial variation has wavevector \( \mathbf{q} \) is \( N(\mathbf{q}) = \sum_{\mathbf{k}} F_{11}(\mathbf{k}, \mathbf{q}) \). The number of particles \( N(\mathbf{k}) \) with momentum \( \hbar \mathbf{k} \) is \( N(\mathbf{k}) = \int d\mathbf{R} \, F_{11}(\mathbf{k}, \mathbf{R}) = \langle \hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} \rangle \). The component of the
order parameters whose spatial variation has wavevector \( q \) small perturbations from their equilibrium values, now write the hydrodynamic variables in terms of their equilibrium values plus kinetic equations that are linearized about absolute equilibrium. We therefore kinetic equations.

\( q \) the lowest order contributions from the wave vector \( R \) with respect to \( R \) quantities are slowly varying in space, we keep only the lowest order derivatives in the kinetic equations. This is equivalent to keeping only the lowest order contributions from the wave vector \( q \) (up to order \( q^2 \)) in the kinetic equations.

We also note that expressions for transport coefficients can be computed from kinetic equations that are linearized about absolute equilibrium. We therefore now write the hydrodynamic variables in terms of their equilibrium values plus small perturbations from their equilibrium values,

\[
F_{ij}(q, k) = F_{ij}^0(k) + \delta F_{ij}(q, k), \quad v_s(q) = v_s^0 + \delta v_s(q)
\]

\[
\Lambda(q) = \Lambda_0 + \delta \Lambda(q), \quad \Lambda^\dagger(q) = \Lambda_0 + \delta \Lambda^\dagger(q).
\]

(3.23)

where \( F_{ij}^0(k), v_s^0, \) and \( \Lambda_0 \) denote the equilibrium values of the various quantities. We will study the Bose gas at temperatures below 0.6\( T_c \), where the Popov approximation has been shown to give good agreement with experiments and \( F_{ij}^0(0) \approx F_{ij}^0(0) \approx F_{ij}^0(0) \approx F_{ij}^0(0) \approx N_0^0 \), with \( N_0^0 \) being the number density of particles in the condensate at equilibrium.

Since we linearize the kinetic equations, each wavevector component evolves independently. Let us define

\[
\epsilon_{k,q}^{(+)} = \frac{\hbar^2}{2m} |k + \frac{1}{2} q|^2 + \nu^0 - \mu.
\]

(3.24)

The resulting linearized kinetic equations can be written in the following matrix form,

\[
-i\hbar \frac{\partial \delta \Phi}{\partial t} = \left\{ \epsilon_{k,q}^{(+)} \delta \Phi - \delta \Phi, \delta \Phi \right\} + \hbar q \cdot \delta v_s(q) F_{ij}^0(q) - \hbar k \cdot \delta v_s(q) q \cdot \nabla_k F_{ij}^0 \quad \text{and} \quad \nabla^2 \delta \Phi = \frac{\hbar^2}{2m} (\nabla^2 q^0) \nabla^2 \delta \Phi
\]

(3.25)

where

\[
\delta \Phi = \begin{pmatrix}
\delta F_{11}(q, k, t) & \delta F_{12}(q, k, t) \\
\delta F_{21}(q, k, t) & \delta F_{22}(q, k, t)
\end{pmatrix}, \quad F_{ij}^0 = \begin{pmatrix}
F_{ij}^0(k) & F_{ij}^0(k) \\
F_{ij}^0(k) & F_{ij}^0(k)
\end{pmatrix},\quad (3.26)
\]

\[
\epsilon_{k,q}^{(+)} = \begin{pmatrix}
\epsilon_{k,q}^{(+)} & \Lambda_0 \\
-\Lambda_0 & -\epsilon_{k,q}^{(+)}
\end{pmatrix}, \quad \epsilon_{k,q}^{(-)} = \begin{pmatrix}
\epsilon_{k,q}^{(-)} & -\Lambda_0 \\
\Lambda_0 & -\epsilon_{k,q}^{(-)}
\end{pmatrix}, \quad (3.27)
\]

\[
B = \begin{pmatrix}
\tilde{\Psi}(q) & -\tilde{\Lambda}(q) \\
-\tilde{\Lambda}(q) & -\tilde{\Psi}(q)
\end{pmatrix}, \quad B' = \begin{pmatrix}
\tilde{\Psi}(q) & -\tilde{\Lambda}(q) \\
-\tilde{\Lambda}(q) & -\tilde{\Psi}(q)
\end{pmatrix}, \quad (3.28)
\]

\[
D = \begin{pmatrix}
-\frac{1}{2} \tilde{\Psi}(q) & -\frac{1}{2} \tilde{\Lambda}(q) \\
\frac{1}{2} \tilde{\Lambda}(q) & \frac{1}{2} \tilde{\Psi}(q)
\end{pmatrix}, \quad D' = \begin{pmatrix}
\frac{1}{2} \tilde{\Psi}(q) & -\frac{1}{2} \tilde{\Lambda}(q) \\
\frac{1}{2} \tilde{\Lambda}(q) & -\frac{1}{2} \tilde{\Psi}(q)
\end{pmatrix}, \quad (3.29)
\]

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\[ \Psi(q) = \hbar \frac{\partial \hat{\rho}(q)}{\partial t} + \hat{\nu}(q) \] and

\[ \delta I = \begin{pmatrix} \delta I_{11}(q, k, t) & \delta I_{12}(q, k, t) \\ \delta I_{21}(q, k, t) & \delta I_{22}(q, k, t) \end{pmatrix}. \] (3.30)

are the linearized collision integrals for the particle kinetic equations. For simplicity and without loss of generality, we have set \( v_0^s = 0 \) (superfluid velocity at equilibrium).

The total particle number density in the interval \( q \rightarrow q + dq \) at time \( t \) is

\[ \delta N(q, t) = \frac{1}{V} \sum_k \delta F_{11}(K, q, t). \] (3.31)

From Eq. (3.25) we can write

\[ -i \hbar \frac{\partial \delta F_{11}(k, q, t)}{\partial t} = \left( \bar{\epsilon}^{(+) - \bar{\epsilon}^{(-)}_{k,q} \right) \delta F_{11}(k, q, t) + \hbar q \cdot v_s(q, t) N_{eq}^{cq} \]

\[ + \hbar q \cdot v_s(q, t) \cdot q \cdot \nabla k N_{eq}^{cq} - \Lambda_0 \delta F_{12}(k, q, t) - \delta \Lambda(q, t) F_{12}^{eq}(k) \]

\[ + \Lambda_0 \delta F_{21}(k, q, t) + \delta \Lambda^1(q, t) F_{21}^{eq}(k) + \delta I_{11}(k, q, t) \] (3.32)

Note that

\[ \Lambda_0 = \frac{g}{V} \sum_k F_{12}^{eq}(k) = \frac{g}{V} \sum_k F_{12}^{eq}(k), \]

\[ \delta \Lambda(q, t) = \frac{g}{V} \sum_k \delta F_{21}(k, q, t), \quad \delta \Lambda^1(q, t) = \frac{g}{V} \sum_k \delta F_{12}(k, q, t). \] (3.33)

Let us now sum over all momentum states in Eq. (3.32). The terms that depend on \( \Delta \) cancel. One can also check that the third term on the right hand side of Eq. (3.32) gives a negligible contribution, compared to the second term, when one integrates over \( k \). Eq. (3.32) then reduces to

\[ -i \hbar \frac{\partial \delta N(q, t)}{\partial t} = \frac{\hbar^2}{m} \frac{1}{V} \sum_k k \cdot q \delta F_{11}(k, q, t) + \hbar q \cdot v_s(q, t) N_{eq}^{cq} \] (3.34)

which is the continuity equation for total particle number density.

### 3.3 Bogolon Kinetic Equation

The dynamics of the excitations (bogolons) in the BEC governs the hydrodynamic relaxation of the BEC. In order to determine the hydrodynamic behavior of the BEC, we must transform from the particle kinetic equations to kinetic equations for the bogolons.

We can transform from the particle kinetic equation to the bogolon kinetic equation using the Bogoliubov transformation \( S_j \) (see Appendix C) which transforms particle creation and annihilation operators, \( \hat{a}_j^\dagger = \hat{a}_k^\dagger \) and \( \hat{a}_j = \hat{a}_k \),
respectively, into bogolon creation and annihilation operators, \( \hat{b}_j^\dagger = \hat{b}_k \) and \( \hat{b}_j = \hat{b}_k \), respectively. We can write
\[
\left( \begin{array}{cc} \langle \hat{b}_1^\dagger \hat{b}_2 \rangle & 0 \\ 0 & \langle \hat{b}_{-1}^\dagger \hat{b}_{-2} \rangle \end{array} \right) = S_1^{-1} \left( \begin{array}{cc} \langle \hat{a}_1^\dagger \hat{a}_2 \rangle & \langle \hat{a}_{-1}^\dagger \hat{a}_{-2} \rangle \\ \langle \hat{a}_{-1} \hat{a}_2 \rangle & \langle \hat{a}_{-1} \hat{a}_{-2} \rangle \end{array} \right) \cdot S_2^{-1},
\]
(3.35)

where
\[
S_j = \left( \begin{array}{cc} u_j & -v_j \\ -v_j & u_j \end{array} \right) \quad \text{and} \quad S_j^{-1} = \left( \begin{array}{cc} u_j & v_j \\ v_j & u_j \end{array} \right), \quad j = 1, 2
\]
(3.36)

with \( u_1 = u_{k_1}, u_2 = u_{k_2} \) (see Appendix B). Since excitations (the bogolons) do not form a condensate, we require that \( \langle \hat{b}_1^\dagger \hat{b}_{-1} \rangle = 0 \) and \( \langle \hat{b}_{-1} \hat{b}_{-2} \rangle = 0 \). Also, since we are linearizing the kinetic equations about absolute equilibrium, we can express the parameters \( u_1 \) and \( v_1 \) in terms of equilibrium quantities. We also find
\[
\left( \begin{array}{cc} N_{eq}(k) & 0 \\ 0 & N_{eq}(k) + 1 \end{array} \right) = \left( \begin{array}{cc} \langle \hat{b}_{k}^\dagger \hat{b}_{k} \rangle_{eq} & 0 \\ 0 & \langle \hat{b}_{k} \hat{b}_{-k}^\dagger \rangle_{eq} \end{array} \right) = S_k^{-1} \cdot F_{eq}(k) \cdot S_k^{-1},
\]
(3.37)

where \( N_{k}^{eq} = [\exp(\beta E_k) - 1]^{-1} \) is the Bose-Einstein distribution for bogolons.

We can expand the particle number distribution in terms of bogolon distributions to obtain
\[
\delta F_{11}(q, k, t) = u_k^2 f(q, k, t) + v_k^2 f(q, -k, t).
\]
(3.38)

and expand the particle current in terms of bogolon currents to obtain
\[
\sum_k k \delta F_{11}(q, k, t) = \sum_k k [u_k^2 f(q, k, t) + v_k^2 f(q, -k, t)]
= \sum_k k \delta f(q, k, t).
\]
(3.39)

since \( u_k^2 - v_k^2 = 1 \). Thus, we find that the bogolon momentum density is equal to the particle momentum density.

We now write the Hugenholtz-Pines (H-P) equation, \( \mu = \nu - \Delta \) for the BEC [12]. Since the time derivative of the macroscopic phase \( \phi(q, t) \) is proportional to the chemical potential \( \mu = \hbar \frac{\partial \phi}{\partial t} \), in the hydrodynamic regime, where we can assume that the system is locally in equilibrium, and write
\[
\hbar \frac{\partial \phi(q, t)}{\partial t} + \delta \nu(q, t) - \delta \tilde{\Lambda}(q, t) = 0,
\]
(3.40)

where
\[
\delta \nu(q, t) = 2g \sum_k \delta F_{11}(q, k) = 2g \delta N(q, t),
\]
(3.41)

and
\[
\delta \tilde{\Lambda}(q, t) = \frac{g}{2} \sum_k (\delta F_{12}(q, k, t) + \delta F_{21}(q, k, t)).
\]
(3.42)
We now make a “Bogoliubov-like” approximation for the nonequilibrium order parameter, \( \delta N(q, t) = g\delta N(q, t) \). Then the Hugenholtz-Pines equation can be written in the form
\[
\hbar \frac{\partial \phi(q, t)}{\partial t} + g\delta N(q, t) = 0.
\] (3.43)
This approximation limits us to very dilute gases, and we expect that it limits the accuracy of our results for the longitudinal modes to the temperature range \( 0 \leq T \leq 0.3T_c \). Equation (3.43) gives a closure condition for the hydrodynamic equations. Using Eqs. (3.34), (3.39), and (3.43), we obtain the system of equations in Eqs. (2.1)-(2.2)-(2.3)-(2.4).

### 4 Microscopic hydrodynamic modes

In order to obtain the dispersion relation for the hydrodynamic modes of the BEC, we consider one frequency component of the linearized kinetic equations. We can write
\[
f(q, k, t) \sim e^{i\omega t} \tilde{f}(q, k, \omega) \quad \text{and} \quad \phi(q, t) \sim e^{i\omega t} \tilde{\varphi}(q, \omega).
\] (4.1)
Then Eq. (2.1) takes the form
\[
\omega \tilde{f}(q, k, \omega) = \frac{\hbar}{m} k \cdot q \frac{\epsilon(k) + \Lambda_0}{E_k} \tilde{f}(q, k, \omega) - i \frac{\hbar}{m} q^2 \tilde{\varphi}(q, \omega) N_k^{eq} + i G[\tilde{f}](q, k, \omega),
\] (4.2)
where we have used the fact that \( v_s(q, \omega) = -i \frac{\hbar}{m} q \tilde{\varphi}(q, \omega) \). Equation (2.3) takes the form
\[
\omega^2 \tilde{\varphi}(q, \omega) = i \frac{g}{m} \frac{1}{(2\pi)^3} \int d^3 k q \cdot k \tilde{f}(q, k, \omega) + q^2 \frac{g}{m} \tilde{\varphi}(\zeta, \omega) n^{eq}.
\] (4.3)
Equations (2.1)-(2.2) and (2.3)-(2.4) are the bogolon kinetic equations that describe hydrodynamic behavior of a dilute BEC.

We can combine Eqs. (4.2) and (4.3) and obtain
\[
\omega \tilde{f}(k, q, \omega) - \frac{q^2}{\omega^2 - v_B^2 q^2} \frac{g \hbar}{m^2} N_k^{eq} \frac{1}{(2\pi)^3} \int d^3 k_1 q \cdot k_1 \tilde{f}(k_1, q, \omega)
= \frac{q \cdot k}{m} \frac{1}{E_k} \left( \epsilon_k + \Lambda_0 \right) \tilde{f}(k, q, \omega) + i G[\tilde{f}](q, k, \omega)
\]
where \( v_B = \sqrt{\frac{g n^{eq}}{m}} \) is the Bogoliubov speed. Let us define
\[
\tilde{f}(qk, \omega) = N_k^{eq} M_k^{eq} h(q, k, \omega),
\] (4.4)
where \( M_k^{eq} = (1 + N_k^{eq}) \). Then Eq. (4.4) takes the form
\[
\omega h(k, q, \omega) - \frac{q^2}{\omega^2 - v_B^2 q^2} \frac{g \hbar}{m^2} M_k^{eq} \frac{1}{(2\pi)^3} \int d^3 k_1 q \cdot k_1 N_k^{eq} M_k^{eq} h(q, k_1, \omega)
\]
\[ h(k, q, \omega) = \frac{\hbar}{m} \left( \epsilon_k + \Lambda_0 \right) E_k \]
\[ + i \int_0^\infty dk_1 d\Omega_1 \frac{k_1^2 M_{eq}^k}{k^2 N_{eq}^k M_{eq}^k} C(k, k_1) h(k_1, q, \omega). \tag{4.5} \]

where \( C(k, k_1) \) is the bogolgon collision operator whose properties are described in Appendix C. Eq. \( (4.5) \) is an eigenvalue equation with an unusual structure. This becomes clearer if we write
\[ h(k, q, \omega) = \frac{1}{\sqrt{k^2 N_{eq}^k M_{eq}^k}} \Upsilon(q, k, \omega) \tag{4.6} \]

Then the eigenvalue equation takes the form
\[ \omega \Upsilon(q, k, \omega) - \frac{q^2}{\omega^2 - v_B^2 q^2} \frac{\hbar k}{m^2} \frac{N_{eq}^k}{M_{eq}^k} \frac{1}{(2\pi)^3} \int dk_1 \frac{1}{k_1} q \cdot k_1 \sqrt{N_{eq}^k M_{eq}^k} \Upsilon(q, k_1, \omega) = q \cdot k \frac{\hbar}{m} \left( \epsilon_k + \Lambda_0 \right) E_k \Upsilon(q, k, \omega) + i \int_0^\infty dk_1 \int d\Omega_1 C(k, k_1) \Upsilon(q, k_1, \omega). \tag{4.7} \]

The hydrodynamic behavior occurs for long wavelength (small \( q \)) processes. Therefore, it is enough to consider Eq. \( (4.7) \) for small \( q \). Without loss of generality, we can assume that \( q = q \hat{e}_z \), where \( \hat{e}_z \) is the unit vector along the \( z \)-direction.

We will use perturbation theory to solve Eq. \( (4.7) \) to second order in \( q \). We expand
\[ \omega = \omega^{(0)} + q \omega^{(1)} + q^2 \omega^{(2)} + \ldots \]
\[ \Upsilon(q, k) = \Upsilon^{(0)}(k) + q \Upsilon^{(1)}(k) + q^2 \Upsilon^{(2)}(k) + \ldots \tag{4.8} \]

The time dependence of hydrodynamic modes has the form \( e^{i(\omega^{(1)} q + \omega^{(2)} q^2 + \ldots) t} \). If the frequency \( \omega^{(1)} \) is non-zero, the mode is propagating and \( \omega^{(1)} \) is the speed of propagation of the mode. The frequency \( \omega^{(2)} \) gives the decay rate of the mode. The non-hydrodynamic modes have a zeroth order contribution \( \omega^{(0)} \) which generally causes them to decay rapidly.

\subsection{Zeroth Order Perturbation Theory}

For \( q = 0 \), Eq. \( (4.7) \) reduces to
\[ \omega^{(0)} \Upsilon^{(0)}(k) = + i \int_0^\infty dk_1 \int d\Omega_1 C(k, k_1) \Upsilon^{(0)}(k_1). \tag{4.9} \]

where \( \Upsilon^{(0)}(k) \equiv \Upsilon(0, k) \). Thus, to zeroth order in \( q \), \( \Upsilon^{(0)}(k) \) is an eigenvector of the collision operator with eigenvalue equal to \( \omega^{(0)} \). As discussed in Appendix C, the collision operator has four eigenvalues equal to zero with eigenfunctions
that depend on bogolon energy and momentum, which are conserved during the collisions between bogolons.

It is useful to note that the bogolon collision operator differs from that of a monatomic gas of classical particles, which would have a fifth zero eigenvalue corresponding to conservation of particle number during collisions. The remaining nonzero eigenvalues of the collision operator are negative. For a classical gas, the five zero eigenvalues are the source of the five hydrodynamic modes of the gas. In the BEC, there are only four zero eigenvalues, but we know that the BEC has six hydrodynamic modes. The remaining two hydrodynamic modes in the BEC come from the nonlinear dependence on $\omega$ in the eigenvalue equation $[4.7]$. This, in turn comes from the coupling of the macroscopic phase to the bogolon kinetic equation. A classical monatomic gas has one pair of propagating hydrodynamic modes which are sound modes. As we will see, a BEC has two pairs of propagating modes, corresponding to first and second sound. The additional pair of sound modes in a BEC comes from coupling of the bogolon kinetic equation to the macroscopic phase.

4.0.2 First Order Perturbation Theory

Since the eigenvalues of the collision operator are four-fold degenerate at zeroth order, it is necessary to find the correct combination of zeroth order eigenstates in order to compute the contributions first order and second order in $q$.

To first order in $q$, Eq. $[4.7]$ can be written

$$
\omega^{(1)} \Upsilon^{(0)}(k) = \frac{1}{(\omega^{(1)})^2 - v^2_B} \frac{\hbar k}{m^2} \sqrt{\frac{N_{k_1}^{eq}}{M_{k_1}^{eq}}} \frac{1}{2\pi} \int dk_1 \frac{1}{k_1^2} k_{1,z} \sqrt{\frac{N_{k_1}^{eq}}{M_{k_1}^{eq}}} \Upsilon^{(0)}(k_1)
$$

$$
= k z \frac{\hbar (\epsilon_k + \Lambda_0)}{E_k} \Upsilon^{(0)}(k) + i \int_0^\infty dk_1 \int d\Omega_1 \mathcal{C}(k, k_1) \Upsilon^{(1)}(k). \tag{4.10}
$$

Equation $[4.10]$ is not symmetric with respect to operations from the left and right. Therefore, we must find different combinations of eigenstates of $\mathcal{C}(k, k_1)$ for operations to the right and to the left of Eq. $[4.10]$. Let us write

$$
\Upsilon^{(0)}_R(k) = \sum_{\ell=0}^1 \sum_{m=-\ell}^\ell \Gamma^R_{0,\ell,m} \Upsilon^{(0)}_{0,\ell,m}(k) \quad \text{and} \quad \Upsilon^{(0)}_L(k) = \sum_{\ell=0}^1 \sum_{m=-\ell}^\ell \Gamma^L_{0,\ell,m} \Upsilon^{(0)}_{0,\ell,m}(k), \tag{4.11}
$$

where $\Upsilon^{(0)}_L(k)$ and $\Upsilon^{(0)}_R(k)$ are left and right eigenvectors respectively, of $\mathcal{C}(k, k_1)$ with eigenvalue zero. When we multiply Eq. $[4.10]$ from the left with $\Upsilon^{(0)}_L(k)$, the contribution from the collision operator drops out, and we finally obtain the matrix equation $\bar{\Gamma}^L \cdot \bar{M} \cdot \bar{\Gamma}^R = 0$, where $\bar{\Gamma}^L$ is the row matrix

$$
\bar{\Gamma}^L = \{ \Gamma^L_{0,0,0}, \Gamma^L_{0,1,0}, \Gamma^L_{1,0,0}, \Gamma^L_{1,1,0} \}
$$

and $\bar{\Gamma}^R$ is a column matrix whose transpose is

$$
\bar{\Gamma}^R = \{ \Gamma^R_{0,0,0}, \Gamma^R_{0,1,0}, \Gamma^R_{1,0,0}, \Gamma^R_{1,1,0} \}.
$$
The matrix $\bar{M}$ is given by

$$\bar{M} = \begin{pmatrix}
-\omega^{(1)} & \alpha & 0 & 0 \\
\alpha & -\omega^{(1)} & 0 & 0 \\
0 & 0 & -\omega^{(1)} & 0 \\
0 & 0 & 0 & -\omega^{(1)}
\end{pmatrix} \tag{4.12}$$

where

$$\alpha = \int d\mathbf{k} \Upsilon_{0,0,0}^{(0)*}(\mathbf{k}) k_z \frac{\hbar}{m} \frac{(\epsilon_k + \Lambda_0)}{E_k} \Upsilon_{0,0,1}^{(0)}(\mathbf{k}) \tag{4.13}$$

and

$$\gamma = \frac{g\hbar}{m^2 (2\pi)^3} \int d\mathbf{k} k \Upsilon_{0,0,0}^{(0)*}(\mathbf{k}) \sqrt{\Lambda_{k_1}^{\text{eq}}} \Lambda_{k_1}^{\text{eq}} \int d\mathbf{k}_{1,z} \frac{k_{1,z}}{k_1} \sqrt{\Lambda_{k_1_1}^{\text{eq}}} \Lambda_{k_1_1}^{\text{eq}} \Upsilon_{0,0,1}^{(0)}(\mathbf{k}_{1_1}) \tag{4.14}$$

The values of $\omega^{(1)}$ can be found from the condition $\det[\bar{M}] = 0$. This gives solutions

$$\omega_2^{(1)} = -\omega_1^{(1)} = \frac{1}{\sqrt{2}} \sqrt{v_B^2 + \alpha^2 - \sqrt{(v_B^2 - \alpha^2)^2 + 4\alpha \gamma}}$$

$$\omega_4^{(1)} = -\omega_3^{(1)} = \frac{1}{\sqrt{2}} \sqrt{v_B^2 + \alpha^2 + \sqrt{(v_B^2 - \alpha^2)^2 + 4\alpha \gamma}}$$

$$\omega_6^{(1)} = \omega_5^{(1)} = 0. \tag{4.15}$$

Thus, at first order there are six hydrodynamic frequencies. The frequencies $\omega_2^{(1)} = -\omega_1^{(1)}$ correspond to fast sound modes. The frequencies $\omega_4^{(1)} = -\omega_3^{(1)}$ correspond to fast sound modes. The frequencies $\omega_6^{(1)} = -\omega_5^{(1)} = 0$ correspond to non-propagating transverse viscous modes in the BEC.

In Fig. 1, we plot the sound speed, in units of the Bogoliubov speed $v_B$, as a function of fractional distance below the critical temperature for $n^{eq}a^3 = 10^{-6}$ \cite{23}, which is a value found in experiments. For a rubidium BEC, it would correspond to a scattering length $a = 5.6 \times 10^{-9}$ m and a density $n^{eq} = 5.7 \times 10^{18}$ m$^{-3}$. There are several things to note. (i) The speed of both the fast mode and the slow mode approach finite values in the limit $T \to 0$ K. This behavior of the sound speeds is consistent with the behavior of the sound speeds found by Lee and Yang \cite{35} using a very different approach. It is a consequence of the fact that the bogolon spectrum becomes phonon-like at very low temperature. One does not see this behavior of the sound speeds for models with particle-like spectrum at very low temperature \cite{27}. For models with particle-like spectrum, one of the sound speeds goes to zero as $T \to 0$ K. (ii) The sound speeds undergo an avoided crossing as the temperature is lowered. The temperature at which the avoided crossing occurs increases with increasing density of the gas. For $n^{eq}a^3 = 10^{-5}$ it occurs at $T/T_c \approx 0.05$. For $n^{eq}a^3 = 10^{-4}$ it occurs at $T/T_c \approx 0.11$ \cite{23}. 

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The zeroth order left and right eigenstates can be obtained from the equations \( \Gamma_L^0 M = 0 \), and \( M \Gamma_R^0 = 0 \), respectively, once the frequencies are determined. For the transverse modes, the left and right eigenstates are complex conjugates of one another and \( Y_R^{(0)}(k) = Y_{0,1,\pm 1}^{(0)}(k) \). For the longitudinal modes, the left and right eigenstates are of the form \( Y_R^{(0)}(k) = \Gamma_{0,0,0} Y_{0,0,0}^{(0)}(k) + \Gamma_{0,1,0} Y_{0,1,0}^{(0)}(k) \). The exact expression for \( \Gamma_{0,0,0} \) and \( \Gamma_{0,1,0} \) for a given mode can be found by solving \( M \Gamma_R = 0 \) for the particular first order frequency considered.

**4.0.3 Second Order Perturbation Theory**

To second order in \( q \), Eq. \( (4.7) \) takes the form

\[
\omega^{(2)} Y^{(0)}(k) + \omega^{(1)} Y^{(1)}(k) = \frac{1}{(\omega^{(1)})^2 - v^2} \frac{g \hbar k}{m^2} \sqrt{\mathcal{N}^e_k} \left[ \frac{1}{(2\pi)^3} \int dk_1 \frac{k_{1z}}{k_1} \sqrt{\mathcal{N}^e_{k_1}} \mathcal{M}^e_{k_1} Y^{(1)}(k_1) \right]
\]

\[
+ \frac{2 \omega^{(1)} \omega^{(2)}}{(\omega^{(1)})^2 - v^2} \frac{g \hbar k}{m^2} \sqrt{\mathcal{N}^e_k} \left[ \frac{1}{(2\pi)^3} \int dk_1 \frac{k_{1z}}{k_1} \sqrt{\mathcal{N}^e_{k_1}} \mathcal{M}^e_{k_1} Y^{(0)}(k_1) \right]
\]

\[
= k_z \frac{\hbar}{m} \left( c_k + \frac{\Lambda_0}{E_k} \right) Y^{(1)}(k) + i \int_0^\infty dk_1 \int d\Omega_1 C(k, k_1) Y^{(2)}(k_1).
\]

The state \( Y^{(1)}(k) \) can be obtained from Eq. \( (4.10) \). If we multiply on the left by \( Y_L^{(0)}(k) \) and integrate, we can eliminate the collision operator from this equation and obtain values for \( \omega^{(2)} \) for each of the hydrodynamic modes. These quantities are the decay rates of the modes.

In order to write explicit expressions for the decay rates, it is useful to introduce abstract notation. All the eigenfunctions of the collision operator \( C(k_1, k_2) \) can be written in the form

\[
Y_{\beta,\ell,m}(k) = Y_{\beta,\ell}(k) Y^{m*}_{\ell}(\hat{k}),
\]

where \( Y^{m*}_{\ell}(\hat{k}) \) is a spherical harmonic and \( \hat{k} = k/|k| \). The eigenstates are orthonormalized so that

\[
\int_0^\infty dk_1 \int d\Omega_1 Y^*_{\beta_1,\ell_1,m_1}(k_1) Y_{\beta_2,\ell_2,m_2}(k_1) = \delta_{\beta_1,\beta_2} \delta_{\ell_1,\ell_2} \delta_{m_1,m_2}
\]

and

\[
\int_0^\infty dk_1 Y^*_{\beta_1,\ell}(k_1) Y_{\beta_2,\ell}(k_1) = \delta_{\beta_1,\beta_2}. \]

We can also write the collision operator in a spectral decomposition

\[
C(k_1, k_2) = \sum_{\ell=0}^{\infty} \sum_{m=-\ell}^{\ell} C_\ell(k_1, k_2) Y^{m*}_\ell(\hat{k}_1) Y^{m*}_\ell(\hat{k}_2)
\]

\[
= \sum_{\beta=0}^{\infty} \sum_{\ell=0}^{\infty} \sum_{m=-\ell}^{\ell} \lambda_{\beta,\ell} Y_{\beta,\ell,m}(k_1) Y^*_{\beta,\ell,m}(k_2)
\]

(4.19)
where $C_\ell(k_1,k_2) = \sum_{\beta=0}^\infty \lambda_{\beta,\ell} \Upsilon_{\beta,\ell}(k_1) \Upsilon_{\beta,\ell}^*(k_2)$. Here $\Upsilon_{\beta,\ell,m}(k_1)$ (with $\beta \neq 0$) are eigenstates of $C_\ell(k_1,k_2)$ with eigenvalues $\lambda_{\beta,\ell} < 0$.

We can now express the operator $C_\ell(k_1,k_2)$ in “bra-ket” notation as

$$\hat{C}_\ell = \sum_{\beta=0}^\infty \lambda_{\beta,\ell} \Upsilon_{\beta,\ell} \langle \Upsilon_{\beta,\ell} |,$$

so that $\langle k_1 | \hat{C}_\ell | k_2 \rangle = C_\ell(k_1,k_2)$ and $\langle k | \Upsilon_{\beta,\ell} \rangle = \Upsilon_{\beta,\ell}(k)$, where $\langle k_1 | k_2 \rangle = \delta(k_1 - k_2)$ and $\int_0^\infty dk |k\rangle \langle k| = \hat{1}$, where $\hat{1}$ is the unit operator.

The decay rate for the transverse (viscous) modes can be written

$$\omega_6^{(2)} = \frac{1}{2} \sum_{\beta=0}^\infty \frac{1}{\lambda_{\beta,2}} |\langle \Upsilon_{\beta,\ell} | k B_k | \Upsilon_{\beta,2} \rangle|^2,$$

where

$$B_k = \frac{\hbar}{m} \frac{\epsilon_k + \Lambda_0}{E_k}.$$  

The viscosity $\eta$ of the BEC is related to $\omega_6^{(2)}$ via the equation $\eta = \rho_n \omega_6^{(2)}$, where $\rho_n$ is the density of the normal (non-condensate) part of the BEC [24].

The decay rates for the longitudinal (sound) modes are given by

$$\omega^{(2)} = \frac{i}{1 + \mathcal{S}} \left\{ \frac{1}{6} C_{0;0} + \frac{1}{6} C_{1;0} + \frac{2}{15} C_{1;2} + C_{0}' \right\},$$

where

$$C_{\ell',\ell} = \sum_{\beta=0}^\infty \frac{1}{\lambda_{\beta,\ell}} |\langle \Upsilon_{0,\ell'} | k B_k | \Upsilon_{\beta,\ell} \rangle|^2.$$

$$C_{0}' = \frac{g \hbar}{12 \pi^2 m^2 D_{0;1}} \left( \frac{1}{(\omega^{(1)})^2 - v_B^2} \right)$$

$$\times \sum_{\beta=0}^\infty \frac{1}{\lambda_{\beta,0}} |\langle \Upsilon_{0,\ell} | k B_k | \Upsilon_{\beta,0} \rangle| \int dk \psi_0^* \psi_0(k) \sqrt{\frac{N_{eq}^0}{M_k}},$$

and

$$\mathcal{S} = \left[ \frac{(\omega^{(1)})^2}{((\omega^{(1)})^2 - v_B^2)^2} \right] \frac{g \hbar}{m^2 \alpha} \frac{1}{\sqrt{3}} \frac{1}{2 \pi^2} \frac{1}{D_{0;1}} \int dk \sqrt{\frac{N_{eq}^0}{M_k}} \psi_0(k).$$

The lifetime of the sound modes in the BEC is given by $(\omega^{(2)} q^2)^{-1}$ and depends on the speed $\omega^{(1)}$ of the sound mode. On the right hand side of (4.23), the first three terms are current-current correlation functions similar to those that determine the decay of sound modes in classical gases. The factor of $\mathcal{S}$ in the denominator is a consequence of the macroscopic phase that results from the broken gauge symmetry in the BEC below $T = T_c$. 

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4.1 Comparison to Experiment

We can compare the prediction of Eq. (4.23), for the decay rate of sound modes in BECs, to the results found in the Steinhauer experiment [46] in which a sound mode was excited in a $^8$Rb BEC, and observed to decay. The wavelength of the sound wave was about $18 \times 10^{-6}$ m ($q = 0.35 \mu m^{-1}$). The particle density of the BEC was about $n_{eq} = 9.71 \times 10^{19}$ m$^{-3}$ which gives a critical temperature of about $T_c = 3.90 \times 10^{-7}$ K. The Bogoliubov speed in this case is approximately $v_B \approx 1.887$ mm/s, which is approximately the sound speed observed in the experiment [46]. In the experiment, a harmonic trap with frequencies $f_1 = f_2 = 224$ Hz and $f_3 = 26$ Hz was used to create a 1D sound mode. Around $\langle N \rangle = 5 \times 10^5$ atoms in the trap were used, which gives the critical temperature $T_C = \frac{\hbar}{m} \left( \frac{\langle N \rangle f_1 f_2 f_3}{1.202} \right)^{1/3} \approx 3.9 \times 10^{-7}$. The sound mode had a wave vector $q = 0.35 \mu m^{-1}$ and a lifetime $\tau_d \sim 9$ ms. The temperature of the BEC in the experiment was $T = 21 \pm 20$ nK, which belongs to the temperature regime shown in Figure 2.

The lifetimes $\tau_d = \frac{i}{\omega(q^2)}$ of the fast and slow sound modes, obtained from Eq. (4.23), are plotted in Figure 2 as a function of temperature for parameters applicable to the Steinhauer experiment. The dotted line corresponds to the slow modes with speed $\pm \omega_2^{(1)}$ and the solid line corresponds to the fast modes with speeds $\pm \omega_4^{(1)}$. The life times of the fast and slow sound modes cross at the same temperature at which the avoided crossing occurs in the fast and slow sound speeds (see Fig. 1). The lifetime of the slow sound mode (dotted line) is of the order of microseconds above the crossing but drops to milliseconds below the crossing point. The lifetime of the fast sound mode is of the order of milliseconds for temperatures above the crossing point, but then rapidly rises to microseconds for temperatures below the crossing point. The lifetime of the sound mode observed in the experiment was $\tau_d \sim 9$ ms. Thus we find, using the theory, that the temperature of the experiment was either $T = 11 \pm 1$ nK or $T = 67 \pm 5$ nK.

It should be noted that we use the uniform density $n_{eq} = 9.71 \times 10^{19}$ m$^{-3}$, while the density of a BEC in a trap varies slightly in the region that supports the sound wave, the change in the decay rates if the density were changed can be estimated to be 10%. The uncertainty in the prediction, due to a 10% uncertainty in the density is shown in Figure 2 by the faint dashed lines that on either side of the result for $n_{eq} = 9.71 \times 10^{19}$ m$^{-3}$. The uncertainty in the density does not significantly change the theoretical prediction for the temperature at which sound waves in [46] was measured. Thus, the value of the sound mode lifetime, predicted by (2.1) - (2.2) is consistent with that reported in [46].

5 Conclusions

A monatomic BEC has six hydrodynamic modes, two of which are transverse modes and describe viscous properties of the BEC, and the other four modes
are longitudinal modes and describe sound mode propagation in the BEC. A monatomic classical gas has one pair of propagating sound modes, one non-propagating thermal mode, and two non-propagating viscous modes. In a BEC, only the viscous modes are non-propagating. A dilute BEC has two pairs of sound modes, each of which is a mixture of density and temperature waves.

The theory predicts that the two types of sound mode have different speeds and very different lifetimes. Using parameters from the Steinhauer experiment on a rubidium BEC, the theory indicates that one sound mode is long lived ($10^{-2}s$) and the other short-lived ($10^{-6}s$). The identity of the long-live mode appears to switch at the temperature of the avoided crossing of the sound speeds. At the temperature of the avoided crossing, neither mode lives a very long time. It has been suggested that this behavior of the sound modes could form the basis for an accurate way to determine the temperature of the BEC, at very low temperature.

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7 Appendix A

We formulate below the form of the collision operator $G[\eta]$

$$ G[\eta](k_1) = -N_{k_1}^{\text{eq}}(1 + N_{k_1}^{\text{eq}}) \left( M(k_1)\eta(k_1) + \int \frac{d^3k_2}{1 + N_{k_1}^{\text{eq}}} K(k_1, k_2)\eta(k_2) \right) $$

with

$$ M(k_1) = \int d^3k_2 \frac{N_{k_2}^{\text{eq}}}{N_{k_1}^{\text{eq}} + 1} \left\{ 2A_0 T_A(k_1, k_2) + A_0 \frac{1 + N_{k_2}^{\text{eq}}}{N_{k_2}^{\text{eq}}} T_B(k_1, k_2) + B_0 Q_A(k_1, k_2) + B_0 Q_B(k_1, k_2) + \frac{1 + N_{k_2}^{\text{eq}}}{3} Q_C(k_1, k_2) \right\} $$

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\[ K(k_1, k_2) = \left\{ 2A_0 T_A(k_1, k_2) - 2A_0 \frac{1 + \lambda_{eq}^{\alpha_1}}{\lambda_{eq}^{\alpha_2}} T_B(k_1, k_2) \right. \\
- 2A_0 \frac{1 + \lambda_{eq}^{\alpha_3}}{\lambda_{eq}^{\alpha_2}} T_B(k_2, k_1) + B_0 Q_A(k_1, k_2) \right. \\
\left. - 2B_0 \frac{1 + \lambda_{eq}^{\alpha_3}}{\lambda_{eq}^{\alpha_2}} R_A(k_1, k_2) + 2B_0 Q_B(k_1, k_2) \right. \\
\left. - B_0 \frac{1 + \lambda_{eq}^{\alpha_3}}{\lambda_{eq}^{\alpha_2}} Q_C(k_1, k_2) - B_0 \frac{1 + \lambda_{eq}^{\alpha_1}}{\lambda_{eq}^{\alpha_2}} Q_C(k_2, k_1) \right\}. \]

The functions appearing in the above expressions are defined,

\[ A_0 = \frac{4\pi N_0 g^2}{(2\pi)^3h^2}, \quad B_0 = \frac{4\pi g^2}{(2\pi)^3h}, \]

\[ T_A(k_1, k_2) = \int_{\mathbb{R}^3} dk_3 \delta(1 + 2 - 3)(W_{1,2,3}^{12})^2(\lambda_{k_3}^{\alpha_1} + 1), \]

\[ T_B(k_1, k_2) = \int_{\mathbb{R}^3} dk_3 \delta(1 - 2 - 3)(W_{3,1,2}^{12})^2(\lambda_{k_3}^{\alpha_1} + 1), \]

\[ T_B(k_2, k_1) = \int_{\mathbb{R}^3} dk_3 \delta(2 - 1 - 3)(W_{3,1,2}^{12})^2(\lambda_{k_3}^{\alpha_1} + 1), \]

\[ Q_A(k_1, k_2) = \int_{\mathbb{R}^3} dk_3 dk_4 \delta(1 + 2 - 3 - 4)(W_{1,2,3,4}^{22})^2(\lambda_{k_4}^{\alpha_1} + 1)(\lambda_{k_3}^{\alpha_1} + 1), \]

\[ R_B(k_1, k_2) = \int_{\mathbb{R}^3} dk_3 dk_4 \delta(1 + 2 - 3 - 4)(W_{1,2,3,4}^{22})^2\lambda_{k_3}^{\alpha_1}(\lambda_{k_4}^{\alpha_1} + 1), \]

\[ Q_B(k_1, k_2) = \int_{\mathbb{R}^3} dk_3 dk_4 \delta(1 + 2 - 3 - 4)(W_{1,2,3,4}^{31})^2\lambda_{k_3}^{\alpha_1}(\lambda_{k_4}^{\alpha_1} + 1), \]

\[ Q_C(k_1, k_2) = \int_{\mathbb{R}^3} dk_3 dk_4 \delta(1 + 2 - 3 - 4)(W_{1,2,3,4}^{31})^2(\lambda_{k_3}^{\alpha_1} + 1)(\lambda_{k_4}^{\alpha_1} + 1), \]

\[ \text{where} \]

\[ \delta(1 + 2 - 3 - 4) = \delta(k_1 + k_2 - k_3 - k_4) \delta(E(k_1) + E(k_2) - E(k_3) - E(k_4)), \]

(with similar definitions for \(\delta(1 + 2 - 3)\) and \(\delta(1 + 2 + 3 - 4)\), etc), \(B\) is the volume of the box of bosons under consideration, as explained in (3.1).

\[ W_{1,2,3}^{12} = u_1 u_2 u_3 - u_1 v_2 u_3 + u_1 v_2 v_3 + v_1 u_2 v_3 - v_1 v_2 v_3, \]  

\[ W_{1,2,3,4}^{12} = u_1 u_2 u_3 u_4 + u_1 v_2 u_3 v_4 + u_1 v_2 v_3 u_4 + v_1 u_2 u_3 v_4 + v_1 u_2 v_3 u_4 + v_1 v_2 v_3 u_4 + v_1 v_2 v_3 v_4, \]

\[ (7.3) \]

and

\[ W_{1,2,3,4}^{31} = u_1 u_2 u_3 v_4 + u_1 u_2 v_3 u_4 + u_1 v_2 u_3 u_4 + v_1 u_2 u_3 v_4 + v_1 u_2 v_3 u_4 + v_1 v_2 v_3 u_4, \]

\[ (7.4) \]

and

\[ W_{1,2,3,4}^{31} = u_1 u_2 u_3 v_4 + u_1 u_2 v_3 u_4 + u_1 v_2 u_3 u_4 + v_1 u_2 u_3 v_4 + v_1 u_2 v_3 u_4 + v_1 v_2 v_3 u_4. \]

\[ (7.5) \]
The Bogoliubov factors \( u_i \) and \( v_i \), \( i = 1, 2, 3, 4 \), are given by

\[
u_i = u_k^i = \frac{1}{\sqrt{2}} \sqrt{1 + \frac{\epsilon_{k_i} + \Lambda_0}{E_{k_i}}}
\]

and

\[
v_i = v_k^i = \frac{1}{\sqrt{2}} \sqrt{\frac{\epsilon_{k_i} + \Lambda_0}{E_{k_i}} - 1}.
\]

## Appendix B

When the BEC is in equilibrium, the mean field Hamiltonian (in the superfluid rest frame) takes the form \[44\]

\[
\hat{H}_0 = \sum_i \left[ (\epsilon_i - \Lambda_0)\hat{a}_i^\dagger \hat{a}_i + \frac{\Lambda_0}{2} \left( \hat{a}_i^\dagger \hat{a}_i + \hat{a}_i \hat{a}_i^\dagger \right) \right] = \frac{g^2}{2} N_0^2 + \sum_i E_i \hat{b}_i^\dagger \hat{b}_i,
\]

(8.1)

where

\[
E_1 = \sqrt{e_1^2 - \Lambda_0^2} \quad \text{with} \quad e_1 = \frac{\hbar^2 k_1^2}{2m} + \nu^0 - \mu = \frac{\hbar^2 k_1^2}{2m} + \Lambda_0
\]

(8.2)

and we have used the Hugenholtz-Pines relation \( \mu = \nu^0 - \Lambda_0 \) \[19\]. In terms of these equilibrium quantities, the Bogoliubov transformation parameters take the form

\[
u_1 = \frac{1}{\sqrt{2}} \sqrt{1 + \frac{e_1}{E_1}}, \quad v_1 = \frac{1}{\sqrt{2}} \sqrt{\frac{e_1}{E_1} - 1}
\]

(8.3)

Note also that

\[
u_1^2 - v_1^2 = 1, \quad \Lambda_0(u_1^2 + v_1^2) - 2e_1 u_1 v_1 = 0, \quad e_1(u_1^2 + v_1^2) - 2\Lambda_0 u_1 v_1 = E_1.
\]

(8.4)

This transformation has the property that

\[
\tilde{U}_1^{-1} \begin{pmatrix} e_1 & \Lambda_0 \\ -\Lambda_0 & -e_1 \end{pmatrix} \tilde{U}_1 = \tilde{U}_1 \begin{pmatrix} e_1 & -\Lambda_0 \\ 0 & -e_1 \end{pmatrix} \tilde{U}_1^{-1} = \begin{pmatrix} E_1 & 0 \\ 0 & -E_1 \end{pmatrix}.
\]

(8.5)

## Appendix C

The collision operator operator \( C(k, k_1) \), that appears in Eq. \[4.5\], can be expanded in spherical harmonics which determine on the angular directions of the momenta \( k \) and \( k_1 \).

\[
C(k, k_1) = \sum_{\ell=0}^{\infty} \sum_{m=-\ell}^{\ell} \mathcal{C}_\ell(k, k_1) Y_\ell^m(\hat{k}) Y_\ell^{m*}(\hat{k}_1)
\]

(9.1)

The collision operator \( C(k, k_1) \) is a symmetric operator and has a complete set of orthonormal eigenfunctions.
The eigenvalues \( \lambda_{\beta,\ell} \) and eigenstates \( \Upsilon_{\beta,\ell,m}(k) \) of the operator \( C(k_1, k_2) \), satisfy the conditions

\[
\int dk_2 \ C(k_1, k_2) \Upsilon_{\beta,\ell,m}^{(0)}(k_2) = \lambda_{\beta,\ell} \Upsilon_{\beta,\ell,m}(k_1).
\]

and

\[
\int dk_1 \ \Upsilon_{\beta,\ell,m}^{(0)}(k_1) \ C(k_1, k_2) = \lambda_{\beta,\ell} \Upsilon_{\beta,\ell,m}(k_2).
\]

The eigenvalues \( \lambda_{\beta,\ell} \) are independent of \( m \) due to the angular symmetry of the collision operator.

The bogolon momentum and energy are conserved during collisions, although bogolon number is not. Therefore, \( G_k \{ h \} \), acting on four conserved quantities, \( h = E_k, h = k_x, h = k_y, \) and \( h = k_z \), gives zero. We can use this fact to form four eigenstates of \( C(k_1, k_2) \). We write them in the form

\[
\Upsilon_{0,0,0}^{(0)}(k_1) = \Upsilon_{0,0}(k_1) \Upsilon_0(1), \quad \Upsilon_{0,1,0}^{(0)}(k_1) = \Upsilon_{0,1}(k_1) \Upsilon_1(1),
\]

\[
\Upsilon_{0,1,1}^{(0)}(k_1) = \Upsilon_{0,1}(k_1) \Upsilon_1(1), \quad \Upsilon_{0,1,-1}^{(0)}(k_1) = \Upsilon_{0,1}(k_1) \Upsilon_1(1).
\]

where \( \Upsilon_{0,0}(k) = D_{0,0} E_k \sqrt{k^2 N_k} F_k \) and \( \Upsilon_{0,1}(k) = D_{0,1} k \sqrt{k^2 N_k} F_k \). The quantities \( D_{\beta,\ell} \) are normalization constants given by

\[
D_{0,0} = \left( \int dk E_k^2 N_k \right)^{-1/2} \quad \text{and} \quad D_{0,1} = \left( \int dk k^2 N_k \right)^{-1/2}.
\]

The corresponding eigenvalues \( \lambda_{\beta,\ell} \) are independent of \( m \) and degenerate so that \( \lambda_{0,0} = \lambda_{0,1} = 0 \) and \( \lambda_{0,1} \) is three-fold degenerate. The eigenstates can be orthonormalized so that

\[
\int_0^\infty dk \int d\Omega \ \Upsilon_{\beta_1,\ell_1,m_1}^{(0)*}(k_1) \Upsilon_{\beta_2,\ell_2,m_2}^{(0)}(k_1) = \delta_{\beta_1,\beta_2} \delta_{\ell_1,\ell_2} \delta_{m_1,m_2}
\]

and

\[
\int_0^\infty dk_1 \ \Upsilon_{\beta_1,\ell}(k_1) \Upsilon_{\beta_2,\ell}(k_1) = \delta_{\beta_1,\beta_2}.
\]

We can now write the spectral decomposition of the collision operator

\[
C(k_1, k_2) = \sum_{\beta=0}^\infty \sum_{\ell=0}^\infty \sum_{m=-\ell}^\ell \lambda_{\beta,\ell} \ \Upsilon_{\beta,\ell,m}^{(0)}(k_1) \Upsilon_{\beta,\ell,m}^{(0)*}(k_2).
\]

where \( C(k_1, k_2) = \sum_{\beta=0}^\infty \lambda_{\beta,\ell} \ \Upsilon_{\beta,\ell}(k_1) \Upsilon_{\beta,\ell}(k_2) \). These four eigenfunctions form the basis for the hydrodynamic modes in the BEC. They correspond to quantities that are conserved on the microscopic scale.
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Figure 1: Propagation speeds of the fast (solid) and slow (dashed) longitudinal modes at $na^3 = 10^{-6}$, in units of $v_B$ [based on [23]].
Figure 2: Decay times $\tau_d$ for $^{87}\text{Rb}$ at $q = 0.35 \mu\text{m}^{-1}$ in the fast (solid) sound mode and slow (dotted) sound modes. The faint lines give uncertainty in the results. The experimental value of $\tau_d = 9 \text{ ms}$ was obtained for a temperature of $T = 21\pm20\text{nK}$. [based on \[23\]].