Identification of Secondary Metabolites, Antimicrobial and Antioxidant Activity of Grape Fruit (*Vitis vinifera*) Skin Extract

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Abstract

Background: The aim of the present study was to evaluate the antimicrobial and antioxidant activity of *Vitis vinifera* in fruit skin extract against clinically important pathogens.

Materials and methods: The preliminary phytochemical screening of grape skin extracts was carried out by secondary metabolites assay. The secondary metabolites and functional groups of the *Vitis vinifera* were identified by gas chromatography mass spectroscopy (GCMS). The FT-IR analysis were performed for the presence of different chemical groups like reducing sugars, tannins, saponins, steroids, flavonoids, alkaloids, and glycosides. Antibacterial assay of *V. vinifera* fruit skin aqueous extract were carried out by agar-well diffusion method with different pathogenic bacteria. The in vitro antioxidant activity was assessed using Diphenyl picryl hydrazine (DPPH) scavenging assay.

Results: The grape fruit skin extract showed good bactericidal activity against both the gram-negative and gram-positive bacteria. The phytochemical profile found the presence of alkaloids, carbohydrates, flavonoids, phenols, proteins, terpenoids, tannins, and sterols. Finally, the GCMS spectrum showed the presence of the compounds such as α-Tocopherol, β-D-mannoside, Lupenone, Glycerin, Cymene, Ethyl Oleate, L-glucose, Norolean-12-ene, Palmitic acid, Cis oleic acid, norolean-12-ene, Y-sitosterol, D-Allose, (+)-p-menth-1-en-4-ol, Cis-Dimethyl morphine, Procyanidin B1, B2, C1 and flavon-3-ol.

Conclusion: The present study showed that grape skin extracts contained substantial bioactive compounds, which possessed antimicrobial, antioxidant and anti-obesity properties.

Keywords: Agar-Well Diffusion; Antibacterial Activity; Anti-Obesity; Functional Groups; *Vitis Vinifera*
Introduction

Multi-drug resistant pathogens were now-a-days become a serious threat for the human society. The factors causing health issues were bacteria, fungal and free radicals released lead to the oxidative stress which causes cancer, cardiovascular and food borne diseases [1]. The recent trends for antimicrobial and wound healing were engaged towards the naturally existed compounds extracted from the various plants and marine resources [2]. Patients with various maladies were as of now swung to get conventional medications such as ayurvedha (complete plant concentrates) and naturopathy. The ayurvedhic treatment systems never utilize engineered added substances and more focuses on the medication for human wellbeing and ailment cure.

The recent researches were focused towards the natural antimicrobial compounds isolated from the plants and other marine resources [2]. Patients with different diseases were currently turned to get traditional medicines such as ayurvedha (complete plant extracts) and naturopathy. The ayurvedhic treatment systems never use synthetic additives and more concentrates on the drug safety and disease cure. Grape (Vitis vinifera) is one of the most widely consumed fruits, which is rich in bioactive compounds, nutraceuticals and antioxidants. The demand for grapes and grape products is increasing because of the associated health benefits. Grapes are rich in phenolic compounds with approximately 75% of grape polyphenols existing in the skin and seeds [3]. The biological activity of grapes has been widely investigated using in vitro and in vivo models, as well as clinical studies. The grapes are used for treating diverse health problems including cancer, cholera, smallpox, nausea, eye infections and skin, kidney and liver diseases. Grape seed is available as a dietary supplement in capsules, tablets and liquid extracts. Among other beneficial effects, the active compounds in grape are believed to have pharmacological activities such anti-inflammatory [4], anticaner [5], antifungal [6], anti-bacteria [7,8] and antioxidant activity. The present work was to identify the bioactive compounds in grape skin extract using gas chromatography and mass spectroscopy (GCMS), Fourier transform infra-red spectroscopy (FTIRS) and phytochemical assays. Further the in vitro antibacterial and antioxidant efficacy on skin extracts of black grapes V. vinifera variety from Tamil Nadu region, with a view to exploiting its potential as a source of natural antioxidants [3-5].

Materials and Methods

Plant collection
Edible V. vinifera or black grapes variety is largely cultivated in household gardening. The black grapes are widely grown in the State of Tamil Nadu, India. The grapes were collected from a Kamaraj market in Thanjavur, Tamil Nadu, India.

Extraction
Fresh and healthy plant fruits of V. venifera were washed thoroughly with running tap water and grape skin were peeled and allowed to natural drying under shade for several days. Finally the dried material was pulverized to powdering form. The 20g of pulverized sample was dissolved in 200ml of distilled water, heated at 80°C for 30min and filtered using Whatman No.1 filter paper to obtain the extract. The filtrates were then lyophilized by freeze drying technique using Christ Alpha 1-2 LD Freeze Dryer.

Phytochemical screening
The preliminary phytochemical assays were carried out for the detection of secondary metabolites such as polyphenols, flavonoids; alkaloids, terpenoids, steroids, tannins, saponins, and cardiac glycosides were profiled using standard phytochemical methods [9, 10].

Antibacterial activity
The Aqueous extracts of grape skin were screened for the antibacterial activity against gram-negative bacteria such as Aeromonas hydrophilic, Escherichia coli, Salmonella typhi O, Salmonella typhi H, Klebsiella pneumonia and gram-positive bacteria viz., Bacillus subtilis, Staphylococcus aureus using agar-well diffusion method [11]. The antibacterial activity was presented by minimum inhibitory concentration through zone of inhibition (mm).

GC MS analysis of grape skin
The Gas chromatography mass spectroscopy analysis of the grape skin aqueous extract was performed by Shimadzu GCMS - QP2010. The inert gas helium (99.9995%) is used as carrier gas. The ionization and flow through the column was fixed as 1.0ml/min. The sample split ration was set as 10:1; the injector volume is set as 1.0 µL. The column used is fused capillary silica (30m × 0.25mm × 0.25 µm) column. The temperature was programmed as injector: 260°C, detector: v 300°C,
column: 70°C, 10°C min⁻¹, 260°C (10min). The total GC run time is up to 2 hours. The Mass range was m/z 40-1000 at scan interval of 0.5s, speed of 2000 amu s⁻¹ and detector voltage of 1.0kV. The post run was analyzed in the Nits library database provided in the GCMS system [12].

Fourier transform infrared (FTIR) analysis

FTIR spectrophotometer was used to identify the characteristic functional groups in the grape skin extracts. The aqueous extract (5.0mg), were added with potassium bromide (KBr) in a mortar and pressed at pressure of 6 bars within 2min in order to prepare a thin translucent sample discs. The FTIR spectrum was obtained using Perkin Elmer 2000 spectrophotometer system with a scan range from 400 to 4000 cm⁻¹[13,14].

In vitro antioxidant activity

The Stable 1, 1-diphenyl-2-picryl hydrazine (DPPH) free radical scavenging activity of the AE was measured according to the methods of Blois, (2001) but with minor modifications. One mL of 0.2 mM DPPH solution in methanol was mixed with the 1mL extracts of 50, 100, 250, 500, and 1000 µg/ml The mixture was incubated in dark for 20min at 27°C and the absorbance was measured at 517nm. The free radical scavenging activity was determined by comparing its absorbance with that of a blank solution. Ascorbic acid was used as a standard. The ability to scavenge the DPPH radical was calculated using the following equation [15-19], A=13, A=20.

Results and Discussion

Antimicrobial activity and photochemistry of grape fruit skin aqueous extract

The antibacterial efficacy of Grape Skin aqueous Extract was presented in (Table 1). The aqueous extract of grape skin was found to inhibit all the screened broad spectrum bacteria with notable inhibitory activity. Among bacteria, significant inhibition was observed in S. aureus, K. Pneumonia and Salmonella typhi O & H whereas E. coli was inhibited to least extent. The positive control Ciproflacin showed higher antibacterial activity than the grapes skin extract. The extracts showed good bactericidal activity against both the gram-negative and gram-positive bacteria. The preliminary photochemical studies of AE of grape skin extract was profiled and presented in the (Table 2). The phytochemical profile showed the presence of alkaloids, carbohydrates, flavonoids, phenols, proteins, terpenoids, tannins, and sterols. Saponins and cardiac glycosides were found to be present in the aqueous extract of grape skin.

| S. No | Micro organism       | Extracts of Vitis vinifera | Ethanol Extract (mm) | Positive Control Ciproflacin | Concentration in µg |
|-------|----------------------|---------------------------|----------------------|-----------------------------|---------------------|
| 1     | E.coli               |                           |                      | 100                         | 150                 |
|       |                      |                           | 150                  |                             | 200                 |
| 2     | Bacillus subtilis    |                           |                      | 250                         | 100                 |
|       |                      |                           | 150                  |                             | 150                 |
| 3     | Salmonella typhi O   |                           |                      | 250                         | 200                 |
| 4     | Aeromonas hydrophila|                           |                      |                             | 250                 |
| 5     | Staphylococcus aureus|                           |                      |                             | 100                 |
| 6     | Klebsiella pneumonia |                           |                      |                             | 150                 |
| 7     | Salmonella typhi H   |                           |                      |                             | 200                 |

Table 1: Antibacterial activity of Grape skin aqueous extract against broad spectrum bacteria. (+) denotes presence of the secondary metabolites, (-) absence of the secondary Metabolites.
Table 2: phytochemical profiles of Grape skin aqueous Extract.

| S.No | Phytochemicals       | Presence/absence |
|------|----------------------|------------------|
| 1    | Alkaloids            | +                |
| 2    | Steroids             | +                |
| 3    | Terpenoids           | +                |
| 4    | Phenolic Compounds   | +                |
| 5    | Flavanoids           | +                |
| 6    | Tannins              | -                |
| 7    | Anthocyanin          | +                |
| 8    | Anthraquinones       | -                |

The GCMS analysis of the grape skin aqueous extract was displayed in (Figure 1a&b). The peaks obtained in the GCMS spectrum showed the presence of 17 vital bioactivity rich compounds. The compounds were found as α-Tocopherol, β-D-mannoside, Lupenone, glycerin, cymene, ethyl Oleate, L-glucose, norolean-12-ene, Palmitic acid, Cis oleic acid, norolean-12-ene, Y-sitosterol, D-Allose,(+)-p-menth-1-en-4-ol, Cis-Dimethyl morph line, flavon-3-ol, Procyanidin B1, Lano sterol, stigma sterol, Procyanidin B2 and Procyanidin C1. Previous reports revealed that, the skin and seeds of grapes are known to be rich sources of phenolic compounds, both flavonoids and non-flavonoids [20, 21].

Fourier transform infrared fingerprint analysis

The FTIR spectroscopic studies revealed the presence of various functional groups by peak observed at 665.4, 1030, 1408, 1659, 2060, 2523, 2954 and 3385 presented in the (Figure 2) (Table 3). The respective peaks expressed the chemical group such as alkyl, ketone, aldehyde, carboxylic acids, esters, and amide in aqueous extracts of V. vinifera fruit skin [22].
In vitro antioxidant activity

The free radical scavenging activity of grape fruit skin extracts were determined by the DPPH method. Antioxidant molecules can quench DPPH free radicals and convert them to a colorless product, resulting in a decrease in absorbance at 517nm. In our study, the grape skin extracts exhibited significant scavenging activity when compared with standard ascorbic acid (Table 4). The IC₅₀ values of grape skin extract was observed to be 15μg/ml; whereas that of ascorbic acid was 5.0μg/ml. Total antioxidant capacity of grape skin extracts is expressed as the number of equivalents of ascorbic acid. Previous reports indicated that the antioxidant potential of the grape extract exhibits significant inhibition of free radicals [16-18].

Table 4: In vitro Diphenyl picryl hydrazine Free Radical Scavenging Activity of Grape Skin Aqueous Extract.

| S.No | Concentration (µg/ml) | % of inhibition of aqueous grape skin extract | % of inhibition of Ascorbic Acid |
|------|-----------------------|---------------------------------------------|-------------------------------|
| 1    | 50                    | 26±0.42                                     | 22±0.25                       |
| 2    | 100                   | 38±0.35                                     | 25±0.34                       |
| 3    | 250                   | 53±0.26                                     | 33±0.24                       |
| 4    | 500                   | 65±0.41                                     | 55±0.55                       |
| 5    | 1000                  | 75±0.32                                     | 87±0.22                       |

Conclusion

Grapes are one of the palatable, sweet in taste and exceedingly nutritious rich in flavonoids, polyphenols and vitamin, consumers from all parts of the world devour this organic product to a great extent. Yet, the assessment of the medical advantages was less. Therefore the present study showed that grape skin extracts contained substantial bioactive compounds, which possessed antimicrobial, antioxidant and anti-obesity properties.

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