Table 4: Comparison of Ideal CVH definition disregard to treatment status and participants on medication stratified as ‘poor’ (N= 22144)

| Ideal factors                          | CVH definition disregard to treatment status | Participants on medication* stratified as ‘poor’ CVH |
|----------------------------------------|----------------------------------------------|---------------------------------------------------|
| Ideal Blood Pressure                   | 34.5 (33.9, 35.2)                            | 32.9 (32.3, 33.5)                                 |
| Ideal FPG                              | 65.8 (65.1, 66.5)                            | 64.5 (63.8, 65.1)                                 |
| Ideal Total Cholesterol                | 65.4 (64.7, 66.1)                            | 65.2 (64.5, 65.9)                                 |
| Ideal CVH scores                       |                                              |                                                   |
| 0                                      | 0.3 (0.3, 0.4)                               | 0.4 (0.3, 0.5)                                   |
| 1                                      | 4.0 (3.7, 4.3)                               | 4.4 (4.1, 4.7)                                   |
| 2                                      | 14.0 (13.5, 14.6)                            | 15.2 (14.7, 15.7)                                |
| 3                                      | 24.2 (23.6, 24.8)                            | 24.6 (24.0, 25.2)                                |
| 4                                      | 27.5 (26.9, 28.2)                            | 26.9 (26.3, 27.5)                                |
| 5                                      | 20.8 (20.2, 21.4)                            | 20.0 (19.5, 20.6)                                |
| 6                                      | 8.9 (8.6, 9.3)                               | 8.3 (8.0, 8.7)                                   |
| 7                                      | 0.2 (0.1, 0.3)                               | 0.2 (0.1, 0.2)                                   |
| Mean                                   | 3.7 (3.7, 3.8)                               | 3.7 (3.7, 3.7)                                   |
| Good CVH                               | 8.7 (8.4, 9.1)                               | 8.5 (8.2, 8.9)                                   |
| Moderate CVH                           | 47.9 (47.2, 48.6)                            | 46.9 (46.2, 47.6)                                |
| Poor CVH                               | 43.4 (42.7, 44.0)                            | 44.6 (43.9, 45.3)                                |

Notes: All values in Percentage (95% confidence interval) age sex standardized to 2010 South Asia Population; FPG= Fasting Plasma Glucose; CVH= Cardiovascular Health
* Participants self-reported taking allopathic medication for diabetes, hypertension and high cholesterol