(Re)Solving Reionization with Lyα: How Bright Lyα Emitters account for the $z \approx 2 – 8$ Cosmic Ionizing Background

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ABSTRACT

The cosmic ionizing emissivity from star-forming galaxies has long been anchored to UV luminosity functions. Here we introduce an emissivity framework based on Lyα emitters (LAEs), which naturally hone in on the subset of galaxies responsible for the ionizing background due to the intimate connection between the production and escape of Lyα and LyC photons. Using constraints on the escape fractions of bright LAEs ($L_{\text{Ly} \alpha} > 0.2 L^\star$) at $z \approx 2$ obtained from resolved Lyα profiles, and arguing for their redshift-invariance, we show that: (i) quasars and LAEs together reproduce the relatively flat emissivity at $z \approx 2 – 6$, which is non-trivial given the strong evolution in both the star-formation density and quasar number density at these epochs and (ii) LAEs produce late and rapid reionization between $z \approx 6 – 9$ under plausible assumptions. Within this framework, the > 10X rise in the UV population-averaged $f_{\text{esc}}$ between $z \approx 3 – 7$ naturally arises due to the same phenomena that drive the growing Lyα emitter fraction with redshift. Generally, a LAE dominated emissivity yields a peak in the distribution of the ionizing budget with UV luminosity as reported in latest simulations. Using our adopted parameters ($f_{\text{esc}} \approx 50\%$, $\xi_{\text{ion}} = 10^{25.9} \text{ Hz erg}^{-1}$ for half the bright LAEs), we find that a highly ionizing minority of galaxies with $M_{\text{UV}} < -17$ accounts for the entire ionizing budget from star-forming galaxies. We propose that rapid flashes of LyC from such rare galaxies produce a “disco” ionizing background that may result in significant fluctuations at $z > 5$. We conclude with proposed observational tests to further develop our suggested Lyα-anchored formalism.

Key words: cosmology: observations – dark ages, reionization, first stars – galaxies: high-redshift – intergalactic medium – ultraviolet: galaxies

1 INTRODUCTION

The completion of hydrogen reionization by $z \approx 6$ marks the last major phase transition of the Universe (e.g. Fan et al. 2006; Loeb & Furlanetto 2013; Mcgreer et al. 2015; Mcquinn 2016; Stark 2016; Wise 2019; Dayal et al. 2020). Due to the low number density of quasars, the cosmic ionizing emissivity was likely dominated by star-forming galaxies at $z > 6$ (e.g., Matsuoka et al. 2018; Parsa et al. 2018; Kulkarni et al. 2019a; Shen et al. 2020). While this broad picture is in place, major open questions remain. Was reionization driven by multitudes of ultra-faint ($L_{\text{UV}} < 0.01 L^\star$) galaxies below current observational limits, or by relatively rare, bright ($L_{\text{UV}} > 0.1 L^\star$) galaxies that are already being catalogued (e.g., Finkelstein et al. 2019; Naidu et al. 2020)? An intertwined puzzle is why after reionization is complete, the ionizing background seems to remain approximately flat across $z \approx 2 – 6$ (e.g., Becker & Bolton 2013; Khaire & Srianand 2019; Faucher-Giguère 2020) – this is in sharp contrast with both the rapidly changing star formation rate density (e.g., Bouwens et al. 2021) as well as quasar number density (e.g., Kulkarni et al. 2019a) during this epoch. Another related conundrum is the large Lyα opacity fluctuations observed at $z \approx 5 – 6$, which have been interpreted as evidence for extended and patchy reionization. The precise origin of these fluctuations are as yet unknown (e.g., Keating et al. 2020; Bosman et al. 2021; Zhu et al. 2022).

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2021). All these issues may be summarized as follows: we are in need of a unified, empirically grounded origin story for the $z \approx 2-8$ cosmic ionizing background.

The first place to start is by re-examining our tools, and the implicit assumptions steeped in them. Calculations of the ionizing emissivity from star-forming galaxies typically adopt the following UV luminosity anchored formalism (e.g., Madau et al. 1999; Robertson et al. 2013; Duncan & Conselice 2015):

$$n_{ion}(z) = \rho_{UV}(z) \xi_{ion} f_{esc}^{LyC}.$$

(1)

The ionizing emissivity $n_{ion}(z)$ is intuitively expressed as the product of the UV luminosity density ($\rho_{UV}$; Bouwens et al. 2015a; Finkelstein 2016; Oesch et al. 2018b), a global UV luminosity to ionizing photon conversion factor ($\xi_{ion}$; Matthee et al. 2017a; Shivaei et al. 2018; Lam et al. 2019), and the ionizing photon escape fraction ($f_{esc}$; e.g., Marchi et al. 2017; Naidu et al. 2018; Steidel et al. 2018). The preeminence of this formalism is because UV luminosity functions (LFs) represent the most complete, homogeneously gathered samples of star-forming galaxies known at $z = 3-10$.

However, the UV luminosity is only tenuously linked to escaping ionizing photon luminosity. This is because the UV luminosity is related to variations in star-formation on 100 Myr timescales (e.g. Caplar & Tacchella 2019), while ionizing photon escape is likely a stochastic, bursty, feedback-driven process varying on shorter timescales (Rosdahl et al. 2018; Kimm et al. 2019; Ma et al. 2020). Furthermore, the UV luminosity is only mildly sensitive to the processes that plausibly influence $f_{esc}$ (such as the HI column density and dust; e.g. Chisholm et al. 2018).

In fact, the majority of UV-selected galaxies may contribute very little to the ionizing background at $z < 6$. This follows directly from these premises: (i) the fraction of Ly$\alpha$ photons that escape is strictly greater than or equal to the Lyman Continuum (LyC) $f_{esc}$ (e.g. Dijkstra et al. 2016; Izotov et al. 2020) so galaxies without escaping Ly$\alpha$ emission likely have LyC $f_{esc} = 0$, and (ii) the majority of galaxies are not Ly$\alpha$ emitters (LAEs; at least out to $z \approx 6$ and $M_{UV} < -19$; Stark 2016; Kusakabe et al. 2020; Ouchi et al. 2020; Santos et al. 2021). However, in the canonical UV-anchored formalism these details are all buried in the population-averaged escape fraction and its redshift dependence, i.e. $f_{esc}(z)$, which is extremely challenging to measure at high-redshift due to IGM absorption and foreground projections (e.g. Vanzella et al. 2010; Siana et al. 2015; Jones et al. 2018). In order to reconcile the evolution of $n_{ion}(z)$ with measurements of the emissivity from quasar absorption line statistics at $z < 6$, neutral fractions at $z > 6$, and the Planck Collaboration et al. (2018) Thomson optical depth, one needs to assume strong redshift evolution in the average $f_{esc}$, approximately $\propto (1+z)^3$ (e.g., Haardt & Madau 2012; Robertson et al. 2015; Mason et al. 2019b; Faucher-Giguère 2020). Explaining the origin of this strongly evolving escape fraction is a key challenge.

In this paper we aim to explain the relative flatness of the ionizing background by exploring a galaxy emissivity dominated by LAEs. The driving motivation is that both empirical and theoretical work reveal the escape of Ly$\alpha$ emission to be intimately linked with LyC $f_{esc}$ (e.g. Steidel et al. 2018; Izotov et al. 2018; Marchi et al. 2018; Verhamme et al. 2015; Dijkstra et al. 2016; Gronke 2017). Thus, LAEs naturally represent the subset of star-forming galaxies that actively contribute to the ionizing background. Indeed, practically all known galaxies with significant (e.g. $> 5\%$) LyC leakage are strong Ly$\alpha$ emitters (e.g. Rivera-Thorsen et al. 2017; Vanzella et al. 2018; Izotov et al. 2021, but see the discussion in Ji et al. 2020 for one possible counter example$^2$). This implies that the shape of the (escaping) LyC LF is much more tightly connected to the shape of the Ly$\alpha$ LF (e.g. Sobral et al. 2018; Konno et al. 2018; Herenz et al. 2019), than it is to the shape of the UV LF.

At $z \approx 2-3$, where detailed rest-frame optical spectroscopy is possible, studies have shown that LAEs are typically relatively young galaxies with low dust content, high ionisation states and high specific SFRs (Nakajima et al. 2016; Trainor et al. 2016; Matthee et al. 2021; Reddy et al. 2021). These properties are expected to be common among galaxies in the Epoch of Reionisation (EoR) and indeed, the fraction of UV-selected Lyman Break Galaxies (LBGs) that are LAEs increases steadily with redshift (e.g. Stark et al. 2011; Kusakabe et al. 2020; Ouchi et al. 2020). This is also reflected by the relative flatness of the Ly$\alpha$ luminosity density during $z = 3-6$ (e.g., Dawson et al. 2007; Ouchi et al. 2008; Sobral et al. 2018; Herenz et al. 2019), an epoch over which the UV luminosity density significantly increases (Hayes et al. 2011; Sobral et al. 2018, e.g.). The falling cosmic star-formation rate density (e.g., Madau & Dickinson 2014) is counterbalanced by the increasing incidence of Ly$\alpha$ emitters towards higher redshift (e.g., Stark et al. 2011), by about a factor ten. A consequence is that the average Ly$\alpha$ escape fraction of the full galaxy population at $z \geq 6$ is comparable to the average Ly$\alpha$ escape fraction of LAEs at $z = 2$ (Matthee et al. 2021).

The processes that determine the Ly$\alpha$ escape in these LAEs at $z = 2$ are likely present in the average galaxy in the EoR.

Resolved Ly$\alpha$ line profiles allow us to select the specific galaxies that are in the Ly$\alpha$ leaking phase (e.g. Verhamme et al. 2015; Dijkstra et al. 2016), and to infer their $f_{esc}$ (e.g. Izotov et al. 2018; Gazagnes et al. 2020). In a companion paper (Naidu & Matthee et al. 2021), we showed that half of the bright LAEs selected from the X-SHOOTER Lyman-$\alpha$ survey at $z \approx 2$ (XLS-2; Matthee et al. 2021; LAEs with a luminosity $> 0.2$ L$^*$) have Ly$\alpha$ line-profiles suggesting of being in a phase where they are leaking ionising photons with an escape fraction in the range 20-50 %. The other half of the LAEs have Ly$\alpha$ photons that only escape after scattering to the edge of the line profile due to a high HI column density and they therefore have negligible $f_{esc}$ of ionising photons. The galaxies that have LyC leakage are also the ones that simultaneously have a very high ionising photon production efficiency. Here we place these measurements in a statistical framework and infer the cosmic emissivity due to LAEs at $z = 2$ and extrapolate these findings out to $z = 8$.

In §2 we present the derivation of a Ly$\alpha$-based emissivity formalism. We then discuss the knowns and unknowns of the parameters that are invoked in the formalism to compute the emissivity from LAEs over $z = 2-8$ in §3. In §3 we also motivate the choices of our simple fiducial model parameters such as the $f_{esc}$ and the luminosity limit of the faintest contributor to the emissivity. The main results based on this fiducial model are demonstrated in §4, which first shows the total ionizing emissivity at $z = 2-8$ due to LAEs and quasars and then focuses on the role of LAEs in reionising the

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1 The escape fraction that enters this equation is the ‘globally averaged’ escape fraction (see e.g. Haardt & Madau 2012), which averages over the number densities and ionising luminosity of the galaxy population. Throughout the paper we refer to population-averaged escape fractions as ($f_{esc}$) in case this is particularly emphasised.

2 There is so far no evidence that extreme leakers that emit negligible nebular recombination lines exist (for a more detailed discussion we refer to §7 of Naidu & Matthee et al. 2021).
University at $z > 6$. We connect the results from the LAE-formalism to the general galaxy population in §5. We discuss the implications of our results in §6, addressing the open questions raised at the beginning of this section. In Appendix A we show which results and aspects of the LAE-emissivity model are sensitive to choices in the key parameters.

Throughout this work we reference $L^*$, the characteristic luminosity in Schechter function parametrizations of luminosity functions (LFs). In the context of Ly$\alpha$ LFs, $L^*$ is as per the Sobral et al. (2018) $z \approx 2–6$ consensus LFs (log $L_{\text{Ly} \alpha}/\text{erg s}^{-1}$ $\approx 43$) and in the context of LBGs it is $M^*_{\text{UV}} \approx -21$ as per the Bouwens et al. (2021) LFs. We assume a flat $\Lambda$CDM concordance cosmology with $\Omega_M = 0.3$, $\Omega_{\Lambda} = 0.7$ and $H_0 = 70$ km s$^{-1}$ Mpc$^{-1}$.

2 A Ly$\alpha$ BASED EMISSIVITY FORMALISM

Here we derive the emissivity from Ly$\alpha$ leaking LAEs, i.e. the average HI ionizing luminosity density that escapes from LAEs per unit comoving volume. The emissivity at a given redshift depends on the number density of LAEs and their ionizing output. In analogy to the UV-continuum approach (e.g. Robertson et al. 2013), we formulate the emissivity due to LAEs, $\dot{n}_{\text{ion}, \text{LAE}}(z)$, as follows:

$$\dot{n}_{\text{ion}, \text{LAE}}(z) = \rho_{\text{Ly} \alpha}(z) f_{\text{ion}}^\text{Ly} \alpha f_{\text{esc}}^\text{LyC}.$$  

The $\text{Ly} \alpha$ luminosity density, $\rho_{\text{Ly} \alpha}(z)$, replaces $\rho_{\text{UV}}(z)$ from Eqn. 1. $f_{\text{esc}}^\text{LyC}$ represents the LyC escape fraction of LAEs. This leaves us with $\xi_{\text{ion}}^\text{Ly} \alpha$, which converts the observed $\text{Ly} \alpha$ luminosity into a number of ionizing photons produced per second:

$$\xi_{\text{ion}}^\text{Ly} \alpha = \frac{Q_{\text{ion}}}{L_{\text{Ly} \alpha, \text{obs}}}.$$  

where $Q_{\text{ion}}$ expresses the total number of ionizing photons being produced per second. The observed $\text{Ly} \alpha$ luminosity can be related to the intrinsic $H\alpha$ luminosity produced in an HII region, and thus $Q_{\text{ion}}$ if we know the $\text{Ly} \alpha$ escape fraction, $f_{\text{esc}}^\text{Ly} \alpha$ (e.g. Sobral & Matthee 2019). Here, we ignore collisionally excited emission. Under standard Case B recombination assumptions ($T = 10^4$ K, $n_e = 350$ cm$^{-3}$), $L_{\text{Ly} \alpha, \text{int}}/L_{H\alpha, \text{int}} = 8.7$, with typical values for Green Peas and LAEs expected to range from $\approx 8 – 9$ (e.g., Henry et al. 2015). Therefore:

$$f_{\text{esc}}^\text{Ly} \alpha = \frac{L_{\text{Ly} \alpha, \text{obs}}}{L_{\text{Ly} \alpha, \text{int}}} = \frac{L_{\text{Ly} \alpha, \text{obs}}}{8.7L_{H\alpha, \text{int}}}.$$  

Having obtained the intrinsic $H\alpha$ luminosity from measurements of $f_{\text{esc}}^\text{LyC}$, we can calculate the number of produced ionizing photons as follows:

$$L_{H\alpha, \text{int}} = Q_{\text{ion}} \left(1 - f_{\text{esc}}^\text{LyC} - f_{\text{dust}}\right) c H\alpha.$$  

where we note that some fraction of the produced ionizing photons escape the galaxy ($f_{\text{esc}}^\text{LyC}$) and some fraction are absorbed by dust ($f_{\text{dust}}$). The remaining fraction of photons ($1 - f_{\text{esc}}^\text{LyC} - f_{\text{dust}}$) is available to produce nebular emission. Since we are interested in the intrinsic luminosity of $H\alpha$ ($L_{H\alpha, \text{int}}$), i.e., the luminosity before attenuation, we multiply this remaining fraction of photons with the $H\alpha$ line emission coefficient $c_{H\alpha}$ whose value is $\approx 1.25 - 1.35 \times 10^{-12}$ erg for typical Case B recombination assumptions ($T = 10^4$ K, $n_e = 350$ cm$^{-3}$, Kennicutt 1998; Schaerer 2003). For the galaxies of interest (galaxies with $f_{\text{esc}} > 0$), we assume $f_{\text{dust}} \approx 0$ given that their nebular attenuation seems to be negligible (Naidu & Matthee et al. 2021). We refer to Kakiichi & Gronke (2019) for a more detailed discussion on the role of dust within HII regions in the context of $\text{Ly}\alpha$ and LyC escape.

We can then express $\xi_{\text{ion}}^\text{Ly} \alpha$ in terms of these various escape fractions:

$$\xi_{\text{ion}}^\text{Ly} \alpha = \frac{Q_{\text{ion}}}{L_{\text{Ly} \alpha, \text{obs}}} = \frac{1}{8.7 f_{\text{esc}}^\text{LyC} \left(1 - f_{\text{esc}}^\text{LyC} - f_{\text{dust}}\right)} c H\alpha.$$  

Combining Eqn. 6 with Eqn. 2 finally yields:

$$\dot{n}_{\text{ion}, \text{LAE}}(z) = \frac{\rho_{\text{Ly} \alpha}(z) f_{\text{esc}}^\text{LyC}}{8.7 f_{\text{esc}}^\text{LyC} \left(1 - f_{\text{esc}}^\text{LyC} - f_{\text{dust}}\right)} c H\alpha.$$  

In our implementation of the formalism based on our observational results described in Naidu & Matthee et al. (2021), we split the sample of LAEs in those that have LyC leakage and those that have not. This means that we specifically calculate the emissivity as:

$$\dot{n}_{\text{ion}, \text{LAE}}(z) = \frac{\rho_{\text{Ly} \alpha}(z) f_{\text{LyC}}^{\text{LAE}} f_{\text{esc}}^\text{LyC}}{8.7 f_{\text{esc}}^\text{LyC} \left(1 - f_{\text{esc}}^\text{LyC} - f_{\text{dust}}\right)} c H\alpha.$$  

where $f_{\text{LyC}}^{\text{LAE}}$ is the fraction of LyC leaking LAEs with the respective LyC and $\text{Ly} \alpha$ escape fractions $f_{\text{esc}}^\text{LyC}$ and $f_{\text{esc}}^\text{Ly} \alpha$. Because of the non-linear correction $\propto 1 - f_{\text{esc}}^\text{LyC}$, we note that this implementation is not exactly the same as when we would use the population-averaged $\text{Ly} \alpha$ and LyC escape fractions for all LAEs in Eq. 7, but the differences are very minor (within 0.05 dex).

For comparison with $z < 6$ constraints it is convenient to work with $\epsilon_{912} –$ the emissivity at 912Å – which is more directly inferred from the $\text{Ly} \alpha$ forest (e.g., Becker & Bolton 2013, Eqn. 7).

$$\epsilon_{912}(z) = \dot{n}_{\text{ion}, \text{LAE}}(z) h_\alpha,$$

where $h$ is Planck’s constant, and $\alpha$ is the spectral slope such that the total number of ionizing photons is given by the integral $\int_{0}^{\infty} \frac{d\nu}{\nu} \epsilon_{912} \left(\frac{\nu}{912}\right)^{-\alpha}$. For the spectral template adopted in Naidu & Matthee et al. 2021 to describe the stellar ionizing spectrum of LyC leakers, $\alpha = 1.25$. The $\text{Ly} \alpha$ forest studies typically convert their inferred $\epsilon_{912}$ to an $\dot{n}_{\text{ion}}$ by assuming some $\alpha$, but the appropriate $\alpha$ that must be adopted is unclear at $z < 6$ where both AGN and LAEs contribute, and their relative contributions as well as spectral shapes are uncertain. We note that we do not explicitly investigate the impact of LAEs on the HeII-ionizing emissivity because the HeII-ionizing luminosity from star-forming galaxies is small, even for the strongly ionizing stellar spectra that power the LAEs.

3 COMPUTING THE LAE EMISSIVITY: KNOWNs AND UNKNOWNs

In this section we discuss the knowns and unknowns in the Ly$\alpha$-anchored emissivity framework (i.e., Eqn. 7) for LAEs over $z = 2–8$ (summarised in Table 1). Throughout this paper we use a simple
The relative flatness of the integrated Lyα luminosity density (blue; interpolating Lyα luminosity functions listed in Table 1 integrated down to a luminosity \(10^{42.2}\) erg s\(^{-1}\)) is in stark contrast to the strong decline in the UV luminosity density with redshift (red; from Bouwens et al. 2021, integrated down to \(M_{\text{UV}} = -17\)). Shaded regions show the propagated uncertainties. We extrapolate the evolution of the Lyα luminosity density above \(z > 6\) due to the possible significant impact of the IGM on published measurements at \(z > 6\) (see 4.2). The luminosity densities are scaled to their densities at \(z = 8\). The difference between the Lyα and the UV luminosity density highlights the evolution in the cosmic averaged Lyα escape fraction (e.g. Hayes et al. 2011).

Right: The Lyα profiles of LAEs at \(z = 2\) for LAEs with high (blue) and low (red) \(f_{\text{esc}}\) (see Naidu & Matthee et al. 2021), respectively. The line-profiles are normalised to the intrinsic Lyα emission estimated from their specific dust-corrected Hα luminosity. For leaking LAEs, a higher fraction of Lyα flux escapes and photons do this much nearer to line-center.

A fiducial calculation that demonstrates the applicability of the LAE-framework. As a fiducial choice of parameters we explicitly explore the contribution of the currently observed population of bright LAEs (\(L_{\text{Ly} \alpha} > 10^{42.2}\) erg s\(^{-1}\), \(\approx 0.2\,L^*\), the luminosity limit of our XLS-z2 survey; Matthee et al. 2021) for which the Lyα LF is determined over \(z = 2 - 7\) and for which we have constrained the fraction of LyC leakers and their escape fraction in Naidu & Matthee et al. (2021). We assume that the contribution of fainter LAEs to \(\eta_{\text{ion},\text{LAE}}(z)\) is negligible (i.e. their \(f_{\text{esc}} = 0\)), which is equivalent to introducing a cut-off in the luminosity function. We present the implications of a scenario in which the cut-off luminosity is a factor ten lower in Appendix A and include this in our Discussion. Our aim is to explore whether we can explain the evolution of the neutral fraction in the EoR, and the following evolution of the cosmic ionising background with these bright LAEs when combined with the quasar contribution (Kulkarni et al. 2019a). The relevant parameters chosen in our fiducial model are empirically constrained and summarised in Table 1. The results of this calculation are presented in §4.

We emphasize that our fiducial calculation does not extrapolate number densities or ionizing properties beyond the luminosity range for which these properties have been constrained at \(z \approx 2\) (i.e., \(L_{\text{Ly} \alpha} > 0.2\,L^*\)). Contrast this with the UV-anchored approach where \(f_{\text{esc}}\) and \(\xi_{\text{ion}}\) are extrapolated \(\approx 100\times\) fainter than the faintest galaxies for which these quantities have been inferred (typified by Model I in Naidu et al. 2020).

3.1 Lyα luminosity density

Lyα luminosity functions are constrained from \(\approx 0.1 - 10L^*\) over various redshift slices from \(z = 2 - 7\) (e.g., Ouchi et al. 2018; Sobral et al. 2018; Hu et al. 2019; de La Vieuville et al. 2019; Taylor et al. 2020). In our estimate, we compute \(\rho_{\text{Ly} \alpha}\) by integrating LFs based on large narrow-band surveys (Ouchi et al. 2020), recent data from integral field spectroscopy (IFU; e.g. Herenz et al. 2017), and the “S-SC4K” consensus LFs (Sobral et al. 2018) that combine IFU and narrow-band data. The benefit of the narrow-band surveys is that they probe larger volumes and narrow specific redshift slices, while the benefit of IFU surveys (e.g. Bina et al. 2016; Drake et al. 2017) is that they have full spectroscopically confirmed samples and probe fainter luminosities. Note that a very minor AGN contribution to \(\rho_{\text{Ly} \alpha}\) is not excluded at \(z \approx 5\), as AGN can plausibly not be fully removed from the Lyα LFs as the currently available X-Ray data is not sensitive enough (e.g. Calhau et al. 2020). The AGN fractions among LAEs at \(z = 2 - 3\) are however only significant for \(\gg L^*\) luminosities (Matthee et al. 2017b; Calhau et al. 2020), suggesting that the AGN contribution to \(\rho_{\text{Ly} \alpha}\) is low at \(z \geq 5\) as well.

The increasing density of neutral absorbers with redshift possibly reduces the observed Lyα transmission from galaxies (e.g. Laursen et al. 2011; Smith et al. 2021). In our fiducial model we adopt transmission corrections based on the results from Hayes et al. (2021), who show that the evolution in the blue parts of average Lyα line-profiles can be explained with corrections assuming average IGM sight lines (Inoue et al. 2014), without requiring corrections for the red part of the line. The corrections for the total Lyα luminosities are a factor 1.0 at \(z = 2\) to 1.2 at \(z = 6\) and we assume that they are the same for all LAEs at a fixed redshift. The magnitude of this effect is uncertain, as it depends on large scale motions of gas around galaxies, the neutral fraction of the IGM and the proximity zones around galaxies (e.g. Gronke et al. 2020; Park et al. 2021). At \(z > 6\) these corrections are likely too low partially due to absorption of the damping wing in the presence of extended neutral regions, and even the red side of Lyα can be damped. Therefore we are able to report only lower limits on the emissivity. We make a finer extrapolation of the IGM-corrected emissivity into the EoR in §4.2.

After applying these small IGM corrections, we integrate the Lyα LFs (parametrised by Schechter functions) down to a luminosity limit of \(L_{\text{Ly} \alpha} > 10^{42.2}\) erg s\(^{-1}\) (\(\approx 0.2\,L^*\); Sobral et al. 2018).
The evolution of the integrated luminosity density down to this limit is shown in the left panel of Fig. 1. Unlike the UV luminosity density, there is little evolution in the Ly$\alpha$ luminosity density over the $z \approx 3 - 6$ interval.

3.2 Escape fractions

The escape fraction of ionising photons in LyC leaking LAEs is the most uncertain quantity determining $\dot{n}_{\text{ion, LAE}}(z)$, and it is also very important because of its $f_{\text{esc}}$ dependence. Empirically, it is observed that the LyC $f_{\text{esc}}$ is very similar to the Ly$\alpha$ $f_{\text{esc}}$ in LyC leakers with a high escape fraction (e.g. Izotov et al. 2020). Half the LAEs of the XLS-2 survey ($f_{\text{LyC, LAE}} = 50 \pm 10\%$) show Ly$\alpha$ profiles that are comparable to confirmed LyC leakers with $f_{\text{esc}} > 20\%$. The Ly$\alpha$ photons in these LAEs escape particularly close to the systemic redshift, and they have narrow peak separations (right panel of Fig. 1). The average $f_{\text{esc}}$ of this half of LAEs is estimated to be in the range $20 - 50\%$ from the Ly$\alpha$ line profiles and the average Ly$\alpha$ escape fraction of the LyC leakers is measured from the dust-corrected H$\alpha$ line-profile statistics. The similar $f_{\text{esc}} / f_{\text{LyC}}$ ratio to be $47\%$ of this value is used in the fiducial model. The other LAEs in the XLS-2 sample very likely has a negligible $f_{\text{esc}}$ as their wide Ly$\alpha$ profiles shown in Fig. 1 imply relatively large column densities of neutral hydrogen (see Naidu & Matthee et al. 2021 for details). The Ly$\alpha$ escape fraction for the non-leaking LAEs is $5\%$ which implies that the average Ly$\alpha$ escape of all LAEs in the parent sample is $\approx 30\%$, consistent with Trainer et al. (2016); Sobral et al. (2017); Matthee et al. (2021).

For our fiducial model, we adopt LyC $f_{\text{esc}} = $ Ly$\alpha$ $f_{\text{esc}} = 50\%$ for half the LAEs with $L_{\lambda, \text{LyC}} > 10^{42.2}$ erg s$^{-1}$, and zero for all other LAEs. This implies a population-averaged $\langle f_{\text{esc}} \rangle \approx 25 \pm 5\%$ for LAEs, which is comparable to the averaged $f_{\text{esc}}$ measured in stacks of LAEs at $z = 3$ with similar brightness (Pahl et al. 2021), who report $25 \pm 3\%$. We discuss the consequence of including a possible contribution of fainter LAEs combined with a lower $\langle f_{\text{esc}} \rangle$ for LAEs in §6.3.

3.3 Redshift invariance of the ionizing properties of LAEs

In order to calculate the LAE-emissivity at $z > 2$ we assume that our estimated Ly$\alpha$ escape fraction, the LyC escape fraction and the fraction of LyC leakers among LAEs at $z = 2$ are redshift-invariant for LAE populations. The invariance of $f_{\text{esc,LyC}}$ and $f_{\text{LyC,LAe}}$ is motivated by the lack of evolution in the average Ly$\alpha$ profile of $\gtrsim 0.1L^*$ LAEs over $z \approx 2 - 6$ (Hayes et al. 2021) and the strong connection between the shape of the Ly$\alpha$ line and $f_{\text{esc}}$ (Verhamme et al. 2015; Izotov et al. 2018). Furthermore, observations show that several fundamental properties of LAEs, such as the UV slopes (Santos et al. 2020) and UV sizes (Malhotra et al. 2012; Paulino-Afonso et al. 2018) evolve negligibly over $z =$ 3 – 6. This is in line with little evolution in their ionizing properties as the UV slope and UV size are linked to the dust attenuation and SFR surface density (e.g. Reddy et al. 2021) - properties that likely correlate with $f_{\text{esc}}$ (e.g. Chisholm et al. 2018). All this is according to Harikane et al. (2018) finding Ly$\alpha$ escape fractions in LAEs at $z \sim 5$ comparable with those of LAEs at $z = 2$ using a stacking analysis and H$\alpha$ emission-line measurements inferred from Spitzer/IRAC colours.

A possible point of confusion is the literature arguing for a strongly evolving Ly$\alpha$ $f_{\text{esc}}$ (e.g., Hayes et al. 2011; Sobral et al. 2018). The Ly$\alpha$ $f_{\text{esc}}$ referenced in these works is the “global” Ly$\alpha$ $f_{\text{esc}}$ averaged over the entire galaxy population. This global Ly$\alpha$ $f_{\text{esc}}$ is computed by dividing the integrated Ly$\alpha$ luminosity density by the expected UV luminosity density. This quantity indeed grows rapidly with redshift as expected from Fig 1. In our framework, the proportion of LAEs among the overall galaxy population increases with redshift, but the average Ly$\alpha$ $f_{\text{esc}}$ of these LAEs is kept fixed to the value measured at $z \approx 2$. That is, the rising global Ly$\alpha$ $f_{\text{esc}}$ is a consequence of the increasing LAE fraction.

4 RESULTS

4.1 LAEs explain the evolution of the ionizing background from $z \approx 2 - 6$

In Fig. 2 we present the evolution of the combined quasar and LAE emissivity from our fiducial model at $z \approx 2 - 8$. The quasar emissivity is taken from the fiducial luminosity function of Kulkarni et al. (2019a) while assuming an $f_{\text{esc}} = 1$ and a limiting $M_{UV} < -21$. The quasar and LAE emissivities are comparable at $z \approx 2 - 3$, but at higher redshifts the LAE emissivity dominates the sum (by a factor $\approx 100$ at $z \gtrsim 6$), see Table 2. We compare this quasar+LAE emissivity to the total ionizing emissivity at $z \approx 2 - 8$ from Faucher-Giguère (2020); Becker & Bolton (2013); D’Alloisio et al. (2018) ($z <$ 6) and Mason et al. (2019a) ($z > 6$). The $z \lesssim 6$ emissivity is inferred from the opacity of the Ly$\alpha$ forest, while the $z > 6$ Mason et al. (2019a) emissivity is a non-parametric fit that represents as a summary of recent reionization constraints⁴. We also show the relative contribution of quasars for comparison.

Combined with the known population of quasars, bright LAEs remarkably match (< 1σ) the normalisation and fairly gentle evolution of $\epsilon_{\nu, 912}(z)$ between $z \approx 3 - 6$, without requiring any additional ionizing sources. Matching this evolution is non-trivial. When the emissivity is anchored to $\mu_{\text{LyC}}$, the $\epsilon_{\nu, 912}$ increases sharply with cosmic time – so models that produce reionization by $z \approx 6$ often overshoot the emissivity at $z \approx 2 - 6$ when extrapolated under the same assumptions. A strongly evolving $f_{\text{esc}}$ for unknown or as yet untested reasons is commonly invoked to reproduce the flattening (e.g., Puchwein et al. 2019; Finkelstein et al. 2019; Dayal et al. 2020; Naidu et al. 2020; Ocvirk et al. 2021). The redshift invariance of LAE LFs over $z \approx 2 - 6$ thus provides a simple, empirical description of the phenomena plausibly related to the evolution of $f_{\text{esc}}$.

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3 We note that the escape of Ly$\alpha$ and LyC photons is likely anisotropic, and therefore the escape fractions along the line of sight are impacted by the viewing angle (e.g., Gnedin et al. 2008; Wise & Cen 2009; Paardekooper et al. 2015; Smith et al. 2019). In our framework, stochastic viewing angle effects that impact the Ly$\alpha$ escape fraction along the line of sight are naturally accounted for in the difference between the Ly$\alpha$ and UV LFs (i.e. the Ly$\alpha$ emitter fraction). However, it is unclear whether Ly$\alpha$ and LyC escape are subject to the same systematics. In case the Ly$\alpha$ line-profile is not only sensitive to $f_{\text{esc}}$ along our line of sight, but also to escaping ionizing photons in another direction, we could possibly overestimate the LAE population (or viewing-angle)-averaged $f_{\text{esc}}$ using Ly$\alpha$ line-profile statistics. The similar $\langle f_{\text{esc}} \rangle = 25 \pm 5\%$ implied by our Ly$\alpha$ line-profile studies and direct LyC stacking in LAEs (Pahl et al. 2021) suggests that such differential viewing angle effects are not very strong.

4 $n_{\text{ion}}(z)$ is allowed to vary by +/- 1 dex in intervals of $\Delta z = 1$ from $z = 4 - 14$. The starting point is the Becker & Bolton (2013) emissivity at $z = 5$ that is incorporated with +/-2 dex errors. The constraints informing the inference include: the Planck Collaboration et al. (2018) Thomson optical depth, the McGreer et al. (2015) Ly$\alpha$ forest dark fraction, the clustering of LAEs (Sobacchi & Mesinger 2014), the Ly$\alpha$ damping wing of $z > 7$ quasars (Davies et al. 2018; Greig et al. 2019) and $z > 6$ Ly$\alpha$ EW distributions (Mason et al. 2018, 2019b; Hoag et al. 2019).
underlying physics is probably that the correlated set of conditions leading to Lyα (LyC) production and escape become more common with increasing redshift—i.e., hot stellar populations that blow ionized channels and shine through a dust-free high ionization state ISM (Naidu & Matthee et al. 2021) occur in an increasingly large fraction of the galaxy population. We discuss this in more detail in §6.1.

In Fig. 2 we illustrate that the LAE emissivity would increase by ≈ +0.4 dex if we would assume that the same Lyα $f_{\text{esc}}$ and LyC $f_{\text{esc}}$ are extrapolated to LAEs with luminosities that are 10 times fainter than the LAEs we studied (Naidu & Matthee et al. 2021). Due to the large uncertainties in the emissivity constraints, a contribution from such fainter galaxies is therefore not strictly ruled out. We discuss ways to test whether such faint LAEs contribute to the emissivity or not in §6.3. For now, we focus on the results and implications of our fiducial model.

### 4.2 LAEs produce late, rapid reionization

While the ionizing background at $z < 6$ can be directly calculated from Lyα LFs with small IGM corrections, during the EoR these LFs likely only provide lower limits on the emissivity (Fig. 2). This is because the neutral IGM damps Lyα, extinguishing the line entirely in neutral regions of the Universe (e.g., Laursen et al. 2011; Pentericci et al. 2014). The blue-side damping correction we applied at $z < 6$ does not sufficiently compensate for this. Further, the LAEs that actually are accounted for in the LFs may be ionizing their own proximity zones (e.g., the $z = 6.6$ COLA1 with LyC $f_{\text{esc}} \approx 30\%$, Matthee et al. 2018), so the LyC emitter fraction among the observed $z > 6$ LAEs is possibly higher than our adopted 0.5 ± 0.1. Given these effects, we require a model for the evolution of the intrinsic, i.e., pre-IGM transmission Lyα LF at these redshifts.

We model the evolution of the Lyα LF into the EoR as an interplay between a sharply falling LBG $\nu^*$ and a flat/rising $>0.2L^*$ LFs over the range of redshifts. This implicitly assumes no evolution in the UV luminosity dependence of the LAE fraction beyond $z > 6$. The LBG $\nu^*$ is very well constrained over $z = 2 - 10$ (Bouwens et al. 2021). The evolution of the intrinsic $X_{\text{LAE}}$ is however unknown at $z > 6$. We illustrate three possible trajectories for $X_{\text{LAE}}$ in the left panel of Fig. 3: i) fixed to the $z = 5.7$ value, ii) a linear extrapolation of the $z \approx 2 - 6 X_{\text{LAE}}$, iii) an exponential extrapolation based on Santos et al. (2021) who compared the integrals of the UV and Lyα LFs. Of these, the third

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**Table 1.** Summary of the key input parameters for Eqn. 7 used in our fiducial calculation of the emissivity from LAEs.

| Parameter | Value |
|-----------|-------|
| $\nu_{\text{LyC}}(z)$ | Well-determined for $> 0.1 L^*$ over $z = 2 - 6$ (Sobral et al. 2018; Herenz et al. 2019; Ouchi et al. 2020), but possibly affected by neutral IGM at $z > 6$ (Santos et al. 2016; Konno et al. 2018; Wold et al. 2021). |
| IGM correction | We assume corrections along average IGM sight-lines that are shown to yield consistent Lyα line profiles over $z = 3 - 6$ by Hayes et al. (2021). Corrections are uncertain at $z > 6$. |
| Integration limit | We integrate LFs down to a limiting luminosity of $L_{\text{esc}} > 10^{42.2}$ erg s$^{-1}$ which is the limit of the XLS-$z<2$ sample for which we determined ($f_{\text{esc}}$). We assume the contribution of fainter LAEs to $n_{\text{un-LAE}}(z)$ to be negligible (i.e. their $f_{\text{esc}} = 0$). |
| Escape Fractions: | $f_{\text{esc}}(z)$ for LAE LyC-leaking LAEs, $f_{\text{LyC,LAE}}$ is 50% for half the LAEs with $L_{\text{esc}} > 10^{42.2}$ erg s$^{-1}$, independent of redshift. Estimated to be 50 ± 10% (Naidu & Matthee et al. 2021) based on Lyα line-profile statistics. |
| Redshift evolution | Assumed to be 50% for all leaking LAEs, the fiducial $f_{\text{esc}}$ for this sample as discussed in Naidu & Matthee et al. 2021. |
| Assumed to be 50% based on measurement of $47^{+3}_{-8} \%$ for LyC-leaking LAEs (Naidu & Matthee et al. 2021). |

**Table 2.** Comoving emissivity ($\log_{10} \epsilon_{\nu,912}$) in units of erg s$^{-1}$ Hz$^{-1}$ Mpc$^{-3}$.

| $z$ | Ref. | $>0.2L^*$ LAEs | $>0.2L^*$ LAEs | UVB |
|-----|-----|----------------|----------------|-----|
| 2.2 | 1   | 24.15^{+0.19}_{-0.20} | 24.95^{+0.19}_{-0.20} | 24.92 |
| 2.5 | 1   | 24.41^{+0.20}_{-0.21} | 24.99^{+0.19}_{-0.20} | 24.89 |
| 3.1 | 2   | 24.55^{+0.20}_{-0.21} | 24.93^{+0.18}_{-0.20} | 24.81 |
| 3.1 | 1   | 24.53^{+0.20}_{-0.21} | 24.93^{+0.19}_{-0.20} | 24.81 |
| 3.7 | 2   | 24.7^{+0.15}_{-0.17} | 24.77^{+0.15}_{-0.17} | 24.73 |
| 3.9 | 1   | 24.69^{+0.15}_{-0.17} | 24.66^{+0.15}_{-0.17} | 24.70 |
| 4.8 | 1   | 24.45^{+0.24}_{-0.25} | 24.57^{+0.24}_{-0.25} | 24.61 |
| 5.4 | 1   | 24.68^{+0.25}_{-0.26} | 24.71^{+0.25}_{-0.26} | 24.56 |
| 5.7 | 3   | 24.63^{+0.26}_{-0.27} | 24.66^{+0.26}_{-0.27} | 24.54 |
| 5.7 | 4   | 24.85^{+0.19}_{-0.20} | 24.86^{+0.19}_{-0.20} | 24.54 |
| 6.6 | 3   | > 24.37^{0.23}_{-0.24} | > 24.38^{0.21}_{-0.22} | 24.46 |
| 6.6 | 4   | > 24.42^{0.18}_{-0.19} | > 24.43^{0.16}_{-0.17} | 24.46 |
| 6.9 | 5   | > 24.38^{0.14}_{-0.15} | > 24.39^{0.12}_{-0.13} | 24.44 |

References for Lyα luminosity functions: (1) Sobral et al. (2018), (2) Ouchi et al. (2020), (3) Konno et al. (2018), (4) Santos et al. (2016), (5) Wold et al. (2021), $M_{\text{UV}} < -21$ AGN LFs from Kulkarni et al. (2019a). UV background (UBV) values from Faucher-Giguère (2020).
Figure 2. Ionizing emissivity as a function of redshift. The orange points show the total emissivity from LAEs (based on Eqn. 7, Table 1) and quasars for which we assume fesc = 1 (dashed blue line, Kulkarni et al. 2019a). The points at z = 3.1 and z = 5.7 have been offset by ΔZ = 0.05 for clarity. At z > 6 we use upward pointing triangles to highlight that these measurements are possibly lower limits since the Lyα LFs in the EoR may be attenuated by HI beyond what we assume (Table 1). The orange points are in excellent agreement (< 1σ) with the inferred emissivity at z > 3 (gray) from the synthesis model of Faucher-Giguère 2020 (dashed gray line), the Lyα forest constraints of Becker & Bolton 2013 (z = 2.5 – 5) & D’Aloisio et al. 2018 (z = 4.5 – 6), and the synthesis model of Mason et al. 2019a (z > 4). Bright LAEs dominate the z > 3 emissivity, and reproduce the gentle evolution of the ionizing background which is at stark odds with the rapidly evolving ρLRG across these redshifts (+2 dex from z = 2 – 8, e.g., Oesch et al. 2018b). In the top-right corner we indicate that the contribution from LAEs would move upwards by ~0.4 dex if we assumed the same Lyα fesc and LyC fesc bold for ~10x fainter LAEs than we have studied. Due to the dominant quasar contribution at z < 3, this arrow is mostly relevant for z = 6 where LAEs dominate the total emissivity.

trajectory is most favored by the z = 6.6 – 6.9 X_{\text{LAE}} lower limits derived from the Santos et al. (2016); Ouchi et al. (2020); Wold et al. (2021) LFs using the simulations described in §5. This trajectory effectively implies a slight increase in L* of the intrinsic Lyα LF. The LAE fraction of LAEs is 25+5 3% at z ≈ 6 (consistent with spectroscopic follow-up studies summarised in Ouchi et al. 2020), having increased from ≈ 5(15)% at z = 3.0(4.5). We cap the LAE fraction to 100%, which is reached at z ≈ 8.

For our three X_{\text{LAE}} trajectories we present the evolution of the IGM neutral fraction (xi) in the right panel of Fig. 3. The emissivity is computed via the framework in §2, and the neutral fraction follows from the standard set of reionization equations that balance ionization against recombination (e.g., Madau et al. 1999; Robertson et al. 2013). For parameters like the clumping factor we assume values adopted in Naidu et al. (2020). The exponentially rising X_{\text{LAE}} model extrapolated from Santos et al. (2021) agrees best (< 1σ) with the xi literature constraints shown in purple. Note that this was also the only model favored by the z > 6 X_{\text{LAE}} lower limits, and hence we designate this our fiducial model. We have also investigated models where X_{\text{LAE}} ∝ (1 + z)^{α} with α = 2 – 7, and found that these yield similar behaviour as the exponential model, with a preferred α = 5.

In our fiducial model, the reionization history driven by bright LAEs is late and rapid, with the Universe going from ≈ 90% to 10% neutral between z ≈ 6 – 8, in good agreement with literature constraints that increasingly point to such a rapid timeline (purple points, Fig. 3). As we will show in subsequent sections, the bright (> 0.2L*) LAEs occur preferentially in M_UV ≤ ~17 galaxies that are relatively rare and build up sufficient numbers to overpower recombination only at z ≤ 8.

5 CONNECTION TO THE FULL GALAXY POPULATION

It is of interest to directly compare the results from the LAE emissivity to the UV luminosity formalism. For example, in the LBG-framework, the relevant fesc is (fesc_LBG), i.e. fesc averaged over the population of UV-selected galaxies. In §4, we showed that we can match the emissivity evolution using LAEs when (fesc_LAE) = 25 % for LAEs with luminosity L_{Lyα} > 10^{42.2} erg s^-1 and 0 % for fainter LAEs, independent of redshift. However, in order to relate this averaged fesc_{LAE} to an average for the full UV-selected population we need to take the evolving LAE fraction (and the UV luminosity distribution of LAEs) into account.

5.1 Statistically connecting LAEs & LBGs using simulations

We obtain the connection of our LAE-based emissivity model to a LBG-based formalism using a simple set of simulations. We generate separate populations of LAEs and LBGs in an average region
of the universe with a volume of $5 \times 10^8$ cMpc$^3$ at the redshifts $z = 3.2, 4.5, 5.7, 6.9$ following the LAE luminosity functions by Konno et al. (2018); Sobral et al. (2018); Herenz et al. (2019); Wold et al. (2021) and UV luminosity functions by Bouwens et al. (2021) – both parametrised with Schechter functions – down to a limiting Ly$\alpha$ luminosity of $10^{41}$ erg s$^{-1}$ and a UV luminosity of $-15$, respectively. The Ly$\alpha$ luminosities are increased by factors 1, 1.07, 1.17 and 1.17 at these redshifts which correct for the average impact of the IGM on the blue side of the Ly$\alpha$ line of LAEs (Hayes et al. 2021), ignoring any potential additional impact from reionisation at $z = 6.9$ (e.g. Wold et al. 2021). We obtain the distribution of UV luminosities for the simulated LAEs based on a Ly$\alpha$ EW distribution and a UV slope. The EW distribution of LAEs is assumed to be invariant of redshift or luminosity and follows $n(EW) \propto \exp(-EW/\text{EW}_0)$, where $\text{EW}_0 = 90 \pm 30$ Å (e.g. Hashimoto et al. 2017; Santos et al. 2020). By selection, the minimum possible EW for each LAE is 25 Å. The UV slope is fixed to $\beta = -2.1 \pm 0.2$. This step allows us to statistically derive the LAE fraction for LGBs as a function of UV luminosity by simply counting the number of LAEs of a given UV luminosity in the simulated universe and comparing this to the number of LGBs with this luminosity. The LAE fractions derived here are internally consistent with the population-averaged IGM neutral fraction $X_{\text{LAE}}$ discussed in §4.2. Note that our simple model is agnostic of the Ly$\alpha$ EW distribution of LGBs for Ly$\alpha$ lines with EW $< 25$ Å; whether these have Ly$\alpha$ in absorption or how the lower EWs are distributed simply do not impact the model.

We then obtain the average $f_{\text{esc}}$ in each UV luminosity bin by counting the fraction of LAEs with a luminosity above $L_{\text{Ly}\alpha} > 10^{42.2}$ erg s$^{-1}$ (the minimum output Ly$\alpha$ luminosity of leaking galaxies within our fiducial model), and multiplying this fraction by the average escape fraction of LAEs with this luminosity, i.e. $f_{\text{esc}} = 25 \pm 5$% in the fiducial model. We also calculate the average ionizing photon production efficiency, $\xi_{\text{ion}}$, in a similar way, where we assign $\xi_{\text{ion}} = 10^{25.74}$ Hz erg$^{-1}$ to the fraction of LGBs that are LAEs (based on Hz and UV luminosity measurements; Naidu & Matthee et al. 2021) and $\xi_{\text{ion}} = 10^{25.5}$ Hz erg$^{-1}$ for the remaining fraction of LGBs based on detailed fits to the rest-frame UV stellar spectra (Steidel et al. 2018). Similarly, we also calculate the emissivity-weighted $(f_{\text{esc}}\xi_{\text{ion}})$ for all LGBs with $> 0.2L^*$ luminosity and the relative contribution to the emissivity from LAEs with various UV luminosities. At each redshift, we perform 10,000 simulations while perturbing the input parameters with their uncertainties. The results from these simulations are shown in Fig. 4. In Appendix A we show and discuss the results from various model variations.

5.2 Results from simulations

The top-left panel of Fig. 4 shows the LAE fractions among LGBs in our simulations compared to results from spectroscopic follow-up studies of LGBs. The modeled LAE fractions are only sensitive to the EW distribution and the relative shapes of the UV and LAE LF. While our model is very simple (i.e. it does not assume variations in EWs or UV slopes for LAEs with luminosity or redshift), it quantitatively reproduces the observed redshift evolution of the LAE fraction and the UV-luminosity dependence of the LAE fraction at $z \approx 6$, which provides a useful model-validation.

Our model suggests that, on average, $f_{\text{esc}}$ is highest at a UV luminosity of $M_{\text{UV}}$ $\approx -19.5$, or $\approx 0.25L^*$ (Fig. 4, top-right). The increase from $M_{\text{UV}} = -17$ to $M_{\text{UV}} = -19.5$ arises due to the minimum Ly$\alpha$ luminosity floor of the galaxies that have $f_{\text{esc}} > 0$. Galaxies with $M_{\text{UV}} \approx -17$ require extremely rare Ly$\alpha$ EW in order to reach the Ly$\alpha$ luminosity floor, while more common EWs are sufficient for brighter galaxies. The decrease at higher
luminosities is a consequence of the decreasing fraction of LAEs (and therefore LyC leakers) with increasing UV luminosity. The low escape fractions at $z \approx 3$ are in good agreement with upper limits obtained in e.g. Grazian et al. (2017). The ionising output from galaxies is proportional to the luminosity function, galaxies’ line-luminosity and their escape fraction. In the bottom-left panel of Fig. 4 we show that this results in a roughly log-normal distribution of the luminosity dependence of the relative contributions to the total emissivity with a clear peak around $M_{1500} \approx -19.5$. Compared to the UV luminosity dependence of the escape fraction (top-right panel of Fig. 4), the higher importance of fainter galaxies in the distribution of the budget is due to their higher number densities. The emissivity distribution depends mostly on the luminosity floor and is thus almost redshift-invariant in our model. The slight shift of the distribution towards a relatively higher contribution from faint galaxies at higher redshifts is primarily due to the steepening of the faint-end slope of the UV luminosity function with redshift (e.g. Bouwens et al. 2021).

Finally, in the bottom-right panel of Fig. 4 we show the average $\langle \dot{E}_{\text{ion}} \times f_{\text{esc}} \rangle$ for LBGs with UV luminosities brighter than $M_{1500} < -19.5$ and $-17$ as a function of redshift. These averages are weighted by the UV luminosity dependent contribution to the emissivity (i.e. the bottom-left panel). The average for $M_{1500} < -19.5$ allows a direct comparison to the results from Pahl et al. (2021) (see also Steidel et al. 2018) that we discuss in Appendix B. We find a clear increase of the produced ionising photons that escape with redshift, roughly following $\langle \dot{E}_{\text{ion}} \times f_{\text{esc}} \rangle \propto (1+z)^{3.5}$. This is very similar to the required evolution in the escape fraction in order to reconcile the UV background with the cosmic star formation rate density (e.g. Haardt & Madau 2012). The majority of this evolution can be attributed to evolution in the average escape fraction (i.e. $\langle f_{\text{esc}} \rangle$) with only a modest increase in the average $\dot{E}_{\text{ion}}$ over $z = 3 - 7$. 

Figure 4. Results from the simulations connecting the LAE-based framework to the LBG-framework (§5). In this simulation, $\langle f_{\text{esc,LAE}} \rangle \approx 25\%$ for LAEs with luminosity $L_{\text{LyC}} > 10^{42.2}$ erg s$^{-1}$ and $0\%$ for fainter LAEs. Shaded regions show the 68\% confidence interval derived from the uncertainties in the parameters used in the simulations. Top-left: the fraction of LAEs (i.e. galaxies with LyC EW $> 25$ Å) as a function of UV luminosity at redshifts $z = 3.2, 4.5, 5.7$ (shaded regions) compared to measurements from Caruana et al. (2018); Kusakabe et al. (2020); Ouchi et al. (2020). Top-right: the average escape fraction as a function of UV luminosity from our simulations at redshifts $z = 3.2, 4.5, 5.7$ and $z = 6.9$. Bottom-left: the relative contribution to the total galaxy emissivity as a function of UV luminosity at the different redshifts. Bottom-right: the average $h_{\text{ion}} f_{\text{esc,i}}$ for simulated galaxies with $M_{1500} < -19.5$ (open circles) and $M_{1500} < -17$ (black crosses) as a function of redshift. For clarity the points are slightly shifted along the horizontal axis. Data-points at $z > 6$ are plotted as lower limits as the LyC LFs at these redshifts are likely affected by IGM absorption. Our simulations naturally lead to a strong evolution with redshift of $h_{\text{ion}} f_{\text{esc,i}}/\xi(z)$, $z \leq 3.5$. For comparison we show the measurement from Pahl et al. (2021) based on a stack of LBGs with $M_{1500} < -19.5$ at $z = 3$ (green pentagon). The lowered green pentagon shows the results of correcting the average $f_{\text{esc}}$ by a factor three due to a bias in galaxies with high LyC EWs in their parent sample (see Appendix B).
This is similar to what is seen for the LBG population-averaged Ly\(\alpha\) escape fraction (Hayes et al. 2011; Sobral et al. 2018). The average LyC escape fraction \(f_{\text{esc}}\) among M\(\text{UV} < -17\) galaxies increases from \(1.1 \pm 0.3\%\) at \(z = 3.2\) to \(7.1 \pm 1.8\%\) at \(z = 7\). In case the \(z \approx 7\) Ly\(\alpha\) LF is underestimated due to incomplete reionization, we find that \(f_{\text{esc}}\) could increase to \(13.8 \pm 3.0\%\), in case we would use the fiducial extrapolation of the \(X_{\text{LAE}}\) discussed in §4.2.

### 6 DISCUSSION

#### 6.1 The LAE-emissivity model and \(f_{\text{esc}}(z)\) of LBGs

The need for an evolving galaxy population-averaged LyC \(f_{\text{esc}}\) among LBGs has long been realized due to the low average \(f_{\text{esc}} \approx 0 - 5\%\) inferred at \(z \approx 1 - 3\) (e.g., Siana et al. 2010; Grazian et al. 2016, 2017; Runkowski et al. 2016; Steidel et al. 2018) and the requirement for a population-averaged \(f_{\text{esc}} \approx 20\%\) at \(z > 6\) (e.g., Haardt & Madau 2012; Robertson et al. 2015; Bouwens et al. 2015b; Naidu et al. 2020; Faucher-Giguère 2020). Qualitatively, strong redshift evolution of \(f_{\text{esc}}\) over this redshift interval may not be unexpected due to significant changes in the dust content (Bouwens et al. 2016), galaxy sizes (and star formation rate surface density; e.g., Shibuya et al. 2015; Naidu et al. 2020), the burstiness of star formation (Faisst et al. 2016, 2019; Tacchella et al. 2020) and ionisation parameter (Sanders et al. 2020). All these properties, to some extent, may correlate with \(f_{\text{esc}}\) (e.g. Heckman et al. 2011; Faisst 2016; Vasei et al. 2016; Izotov et al. 2018, 2021; Chisholm et al. 2018, 2020), but so far it has been challenging to identify clear relations between such properties and \(f_{\text{esc}}\). Strong evolution in \(f_{\text{esc}}\) is also expected in case \(f_{\text{esc}}\) would be significantly higher in very low mass galaxies (e.g. Katz et al. 2018; Hutter et al. 2021; Ocvirk et al. 2021) as their relative share of the integrated UV luminosity increases towards higher redshifts due to the steepening of the faint-end slope of the UV LF. However, in order to reconcile the high escape fractions required to reionise the Universe with the evolution of the UVB after reionisation, one requires reionisation to be self-inhibiting, i.e. the main sources of reionisation to shut down directly due to the completion of reionization itself (e.g. Finkelstein et al. 2019; Ocvirk et al. 2021) or indirectly due to a side-effect such as dust production.

With our LAE-based framework we argue that the relative evolution of the Ly\(\alpha\) luminosity density and the UV luminosity density (e.g. Fig. 1) is an outcome of the same underlying phenomena that regulate the evolution of the population averaged \(f_{\text{esc}}\). This follows from the intimate connection between escaping Ly\(\alpha\) and LyC luminosities. As we showed in §5, our framework naturally explains the evolution of the LAE fraction among LBGs. As there are indications that population averaged \(f_{\text{esc}}\) for LAEs does not evolve as expected by the redshift-invariance of average Ly\(\alpha\) line-profiles (Hayes et al. 2021), the strong observed increase in the LAE fraction (e.g. Stark et al. 2011; Kusakabe et al. 2020) with redshift therefore directly implies a strong evolution in the average \(f_{\text{esc}}\) of the full LBG population.

The fact that the LAE emissivity model matches the required \(f_{\text{esc}}\) evolution does not mean it explains why this happens. Rather, it reduces the problem to one that is more tractable: explaining the evolution of the LAE fraction among galaxies. The Ly\(\alpha\) output from galaxies may vary due to differences in Ly\(\alpha\) production and escape (e.g. Sobral et al. 2018; Triong et al. 2019; Runnholm et al. 2020). It is plausible that both vary strongly with cosmic time: the build-up of dust may increases the covering factor of dense and obscured sight-lines that prohibit the likelihood of observing a galaxy as a LAE (e.g. Atek et al. 2008; Henry et al. 2015; Rivera-Thorsen et al. 2015; Matthee et al. 2016; Yang et al. 2017; Triong et al. 2019) and young metal-poor stellar populations with high ionising photon production efficiency become less common at lower redshift. In fact, in our companion paper (Naidu & Matthee et al. 2021) we showed that the various conditions promoting a high Ly\(\alpha\) (and LyC) output are correlated. The galaxies with high inferred \(f_{\text{esc}}\) show highly ionizing stellar populations capable of powering nebular CIV and He\(\text{II}\) emission that shine through a dust-free, porous ISM. LAEs with a low inferred \(f_{\text{esc}}\) on the other hand have somewhat older stars and a more dusty, less ionised and covered ISM. If the mechanisms controlling the production and escape of Ly\(\alpha\) and LyC photons occur in concordance it is not unlikely that the evolution is as strong as \((1 + z)^3\).

A more quantitative assessment of whether we can explain the evolution of the LAE fraction (and thus \(f_{\text{esc}}(z)\)) requires us to predict the Ly\(\alpha\) luminosity output based on a suite of multi-variate correlations with properties such as absorption line strengths, optical emission-line ratios, dust attenuation and SFR surface density (e.g. Triong et al. 2019; Runnholm et al. 2020). It would be appealing to use such multi-variate correlations to match the Ly\(\alpha\) LF and EW distribution based on the UV luminosity function and knowledge of the distributions of the relevant properties among the galaxy populations at \(z > 3\). This is currently unfeasible given the poorly constrained properties of the ISM in high-redshift galaxy samples, but should be attempted in the future. Once one is able to match the evolution of the Ly\(\alpha\) LF, our framework suggests that such models also match the evolution of the globally-averaged \(f_{\text{esc}}\) in galaxies.

A final caveat needs to be stated, which is that it is possible that the ionizing properties of the population of LAEs themselves may evolve. As we discussed, the invariance of average Ly\(\alpha\) profiles over \(z = 2 - 6\) (Hayes et al. 2021; Matthee et al. 2021) suggests that the HI column density does not vary significantly, such that the average \(f_{\text{esc}}\) in LAEs likely evolves little. Further, the inferred Ly\(\alpha\) escape fraction in LAEs at \(z = 5\) is comparable to the average at \(z = 2\) (Harikane et al. 2018). However, it is possible that the Ly\(\alpha\) escape fraction varies (at fixed \(f_{\text{esc}}\)) in case there are significant differences in the dust-to-gas ratio, possibly due to differences in gas-phase metallicity. It is also possible that the relative distribution of leaking and non-leaking LAEs changes. Additionally, it is possible that the intrinsic Ly\(\alpha\) EW evolves with redshift, for example due to a varying stellar metallicity. If such changes are present, it is expected that lower metallicities at higher redshifts yield higher Ly\(\alpha\) escape fractions and EWs. As shown in §2, a change in Ly\(\alpha\) \(f_{\text{esc}}\) could lead to a lower emissivity than estimated in our fiducial model. Higher EWs do not impact the LAE-based emissivity, but they do impact the translation into the UV luminosities associated to the LAEs (§5 and Appendix A). Therefore, if intrinsic EWs are higher at high-redshift, the UV luminosity of the optimal ionizers may decrease slightly.

Unlike the LyC \(f_{\text{esc}}\), the Ly\(\alpha\) escape fraction can be directly measured at \(z = 3 - 6\) in the near future with only a modest impact of the IGM (§3). Million galaxy Ly\(\alpha\) surveys in this redshift range are already underway (e.g., HETDEX, Gebhardt et al. 2021). Rest-frame optical observations of faint LAEs that combine JWST and VLT/MUSE spectroscopy could directly extend the measurements of the (variation among) Ly\(\alpha\) line-profiles (with known systemic redshifts) and Ly\(\alpha\) escape fraction into these uncharted regimes and test these model assumptions.
6.2 Equivalence with canonical reionization budget

Here we compare the total ionizing budget in the EoR derived using the Lyα-based framework to canonical UV-anchored calculations (e.g., Robertson et al. 2015; Duncan & Conselice 2015; Ishigaki et al. 2018). The key difference is how this budget is distributed – while the canonical approach assumes a fixed $f_{\text{esc}}$ and a $\epsilon_{\text{ion}}$ across all galaxies that contribute in proportion to their UV luminosity, the fiducial implementation of our bright LAE framework isolates a small subset of highly efficient ionizers.

Consider the emissivity at $z = 7$, a redshift at which most models and the Planck Collaboration et al. (2018) suggest reionization is underway. Integrating the Bouwens et al. (2021) UV LF down to $M_{\text{UV}} = -13.5$ as is typically done under standard assumptions ($f_{\text{esc}} = 0.2, \log(\epsilon_{\text{ion}}/\text{Hz erg}^{-1}) \approx 25.2$, e.g., Robertson et al. 2013, 2015; Mason et al. 2015) produces an ionizing budget approximately equally split between $M_{\text{UV}} < -17$ and $M_{\text{UV}} > -17$ galaxies.

We are interested in $M_{\text{UV}} = -17$ since in our fiducial calculation there is almost no contribution from galaxies fainter than this limit (bottom-left, Fig. 4) – the faint galaxies’ integrated UV luminosity comprising $\approx 50\%$ of the total is “unproductive” and immaterial to the ionizing emissivity. Further, only a fraction (25 to 50%) of the brighter $M_{\text{UV}} < -17$ galaxies are LAEs (Figs. 3 and 4), and of these only $\approx 50\%$ are LyC leakers. That is, galaxies that are contributing only $\approx 10\%$ of the integrated UV luminosity ($50\% \times 25$ to $50\% \times 50\%$) likely produce the entire ionizing budget in the fiducial model (resembling the ‘oligarchs’ in Naidu et al. 2020). However, these galaxies have a high production and escape of ionizing photons ($\log(\epsilon_{\text{ion}}/\text{Hz erg}^{-1}) \approx 25.9, f_{\text{esc}} \approx 50\%$, Naidu & Matthee et al. 2021), and are thus able to produce the required emissivity with a combined $f_{\text{esc}} \times \epsilon_{\text{ion}}$ that is $> 10\times$ higher than canonical models. We note that despite this being a back-of-the-envelope calculation, the presented numbers agree well with the detailed simulations in §5 that account for subtleties such as e.g., the detailed luminosity-dependence of $X_{\text{LAE}}$.

To generalise the results of the LAE-emissivity model, we explore the consequences of the degeneracy between the luminosity limit and the average escape fraction in order to achieve a similar total ionizing emissivity.\(^5\) In Fig. 5, we show this degeneracy using both the UV and LAE formalisms at $z = 6$. The key difference between the allowed parameter range in the formalisms is that we can cap the range of allowed escape fractions for LAEs based on our results in Naidu & Matthee et al. (2021), and that the escape fraction of LAEs is higher than that of LBGs such that the regime with the strongest degeneracy is ruled out. Furthermore, the ionizing photon production efficiencies of LAEs are higher than the canonically assumed value for LBGs (e.g. Sobral et al. 2017). Because $\dot{n}_{\text{ion,LAE}}(z)$ has a stronger dependency on the escape fraction than $\dot{n}_{\text{ion,LBG}}(z)$, the degeneracy between the escape fraction and the limiting luminosity is less important than it is in the case for the UV formalism. When ten times fainter LAEs are allowed to contribute to the emissivity, the LAE emissivity model yields quite a different distribution of the ionizing budget (see Fig. 6 and Appendix A). In such a scenario, $\approx 80\%$ of the galaxies with $M_{\text{UV}} > -17$

\(^5\) We note that, as shown in Eq. 7, changes in the Lyα escape fraction could also impact the LAE-emissivity. However, the Lyα escape fraction has been more directly measured for the relevant galaxies as presented in §3.
are active ionisers and the faintest sources that contribute to the ionising budget have $M_{UV} \approx -14$, which is more comparable to ‘democratic’ reionization (e.g. Finkelstein et al. 2019). We discuss how to possibly distinguish these scenarios in the LAE-framework next.

6.3 Which galaxies dominate the emissivity and how to test the key parameters?

In the fiducial model, the galaxies that contribute to the emissivity have UV luminosities $\approx 0.025 - 2.5 \times L^*$ and the emissivity is dominated by relatively typical ($\approx 0.25 L^*$) galaxies (see §5). These UV luminosities correspond to stellar masses of $\approx 10^7 - 2 \times 10^9 M_\odot$ (e.g. Song et al. 2016), with the highest escape fraction found for galaxies with a mass $\approx 2 \times 10^9 M_\odot$. Interestingly, the approximate mass for which we find that $f_{\text{esc}}$ peaks in the fiducial model is very similar to the mass with maximum $f_{\text{esc}}$ in the recent simulations from Ma et al. (2020). These authors show that at lower masses, inefficient star formation and feedback are unable to clear low-column density channels through which ionising photons can escape, while dust attenuation decreases $f_{\text{esc}}$ at higher masses (see also Cen 2020).

As we show in Fig. 6 (discussed further in Appendix A), the limiting $\lambda_\alpha$ luminosity of the faintest ioniser has significant impact on the UV luminosity distribution of the ionising budget. For example, in case the limiting $\lambda_\alpha$ luminosity is ten times fainter, very faint $\approx 0.03 L^*$ galaxies would dominate the emissivity. In that case, the typical stellar mass of the dominant ionisers would decrease to $\approx 10^7 M_\odot$. As discussed above and shown in Fig. 5, the escape fraction of LAEs is strongly related to the luminosity of the faintest source that contributes to the emissivity. For this reason, it is crucial to further test whether the indirectly inferred population-averaged escape fraction of our representative sample of LAEs is indeed $f_{\text{esc}} \approx 25\%$ (Naidu & Matthee et al. 2021) with direct (stacking) of $\lambda_\alpha$ measurements (e.g. Pahl et al. 2021). This would require deep UV imaging data from HST/WFC3 at $z \approx 2$ (e.g. Oesch et al. 2018a). Unfortunately, this is in practice very challenging for our sample because the source-density of these LAEs is relatively low and their UV continuum relatively faint, requiring very deep UV observations over several HST pointings.

The emissivity constraints have significant uncertainties (e.g. Becker & Bolton 2013; Gallego et al. 2021) and the exact value of the $f_{\text{esc}}$ required to reionise the Universe is to some extent degenerate with the clumping factor of the IGM (e.g. Davies et al. 2021; Cain et al. 2021). Therefore, perhaps a more stressing question to address is whether the LyC escape fraction of faint galaxies differs from that of brighter galaxies. It is feasible to indirectly infer the luminosity dependence of $f_{\text{esc}}$ using $\lambda_\alpha$ line-profile statistics as a function of $\lambda_\alpha$ luminosity. This requires observations of gravitationally lensed, intrinsically faint LAEs that extend to ten times fainter luminosities than the XLS-z2 sample. In our fiducial model, we expect the $\lambda_\alpha$ line-profiles of fainter LAEs to have larger peak separations and little to no $\lambda_\alpha$ photons emerging around the systemic redshift compared to brighter LAEs. In addition to a potentially different $f_{\text{esc}}$, it is also possible that fainter LAEs have a different $\lambda_\alpha$ escape fraction. This can also be directly tested with joint measurements of the $\lambda_\alpha$, $H\beta$ and $H_\alpha$ lines (e.g. Matthee et al. 2021). By establishing whether the $\lambda_\alpha$ and (inferred) LyC escape fractions vary between LAEs with different emerging $\lambda_\alpha$ luminosity, we will be able to verify the fiducial model presented in this paper, or warrant the inclusion of fainter LAEs to the ionizing budget.

6.4 ‘Disco’ UV background?

A key feature of our fiducial model is that a minority of galaxies produce the emissivity (half the bright LAEs with $M_{17} < -17$). Further, Naidu & Matthee et al. 2021 suggest that the timescale when a galaxy leaks LyC is on the order of 10 Myrs, matched to the lifetimes of the most ionising stellar populations. This picture is supported by latest hydrodynamical simulations that emphasize the stochastic, bursty nature of $f_{\text{esc}}$ (e.g., Trebitsch et al. 2017; Rosdahl et al. 2018; Kimm et al. 2019; Ma et al. 2020; Barrow et al. 2020). Furthermore, the escape of ionising (and LyC) photons is likely strongly directionally dependent (e.g. Behrens & Braun 2014; Zheng & Wallace 2014; Fletcher et al. 2019; Smith et al. 2019). The cocktail of spatial rarity, temporal stochasticity, and directional bias results in an ionizing background comprised of rapid flashes arising from more or less random locations in more or less random directions.

At $z \gtrsim 5$, when LAEs dominate the emissivity (Fig. 2), one might expect the ionizing background to thus be “disco-like”. We speculate that this could contribute to the LyC opacity fluctuations observed in high-redshift quasar spectra (e.g. Bosman et al. 2018, 2021; Eilers et al. 2018; Kulkarni et al. 2019b; Keating et al. 2020), and possibly enhancements in the ionising background in the vicinity of metal absorbers (e.g. Finlator et al. 2016). Dedicated simulations incorporating such a stochastic background will help test this hypothesis. It would be interesting to explore local enhancements in the emissivity around LAEs using LyC transmission statistics (e.g. Kakiichi et al. 2018; Meyer et al. 2020) separating samples by their $\lambda_\alpha$ line-profile. As naively expected from a LAE-based emissivity, recent $\lambda_\alpha$ surveys around large regions with a high LyC opacity ($\tau_{\alpha}$) in quasar sightlines show a local under-abundance of LAEs (Becker et al. 2018; Christenson et al. 2021).

The stochasticity may also prove a strong discriminator for whether bright or faint galaxies dominate the ionizing background. While in the fiducial model, $\approx 25\%$ of the $M_{17} < -17$ galaxies
dominate the emissivity (e.g. §6.2), in the faint model galaxies extending to far fainter $M_{UV} < -15$ contribute (see bottom panel of Fig. A1). When multitudes of faint galaxies dominate the emissivity, the ionizing background is likely steady because the temporal and spatial stochasticity is smoothed out over an enormous number of sources, i.e., a “floodlight” ionizing background where numerous tiny bulbs unite to shine in a stable manner.

We use our simulations ($\S$5) to get an order of magnitude estimate of the amount of variation in the emissivity. We simulate universes at $z = 5.7$ with a volume (70 cMpc)$^3$ which corresponds to the typical scale over which opacity fluctuations in quasar sightlines are measured (e.g. Eilers et al. 2018; Bosman et al. 2021). Assuming that the opacity is proportional to the galaxy emissivity as $\tau_\alpha \propto \Gamma^{-1}_\text{HI} \propto \epsilon_{\alpha,12}$ (e.g. Becker et al. 2015; Kakiichi et al. 2018), we can get a rough estimate of the scatter in $\tau_\alpha$ arising from the stochastic background by measuring the scatter in the total $\epsilon_{\alpha,12}$ in our model purely due to the poisson noise when generating the galaxy populations within the simulated volume. For our fiducial model, we find a $1\sigma$ scatter of 7% in $\tau_\alpha$. Stochasticity in the ionising emissivity could therefore contribute to the total observed scatter in $\tau_\alpha$ that is observed to be larger than 10% at this redshift. If the contribution to the scatter due to variations in the galaxy emissivity could be isolated from general density and temperature fluctuations, it could serve as a useful way to distinguish the sources that dominate the ionizing budget. For example, in our model where we include ten times fainter ionizers, we only find 1.5% scatter in $\tau_\alpha$.

$\S$6.5 Testing the IGM-unaffected Ly$\alpha$ Fraction ($X_{\text{LAE}}$) at $z > 6$

A key uncertainty in our framework is the integrated Ly$\alpha$ luminosity density at $z > 6$ (Fig. 3) due to the possibly large IGM corrections. This uncertainty impacts the timeline of reionization in the LAE-framework. It is possible to directly measure the fraction of bright LAEs among $z > 6$ galaxies during the EoR through Ly$\alpha$ spectroscopy or narrowband imaging of the largest ionized bubbles as more of them come into view (e.g., the one around EGSz8p7 at $z \approx 8.7$, Leonova et al. 2021, Naidu et al. 2021, Tilvi et al. 2020). The Ly$\alpha$ photons escaping galaxies within large-scale ionized bubbles will be able to redshift out of resonance before encountering an IGM damping wing, thus making the measurement of the IGM-unaffected Ly$\alpha$ fraction feasible (e.g., Mason & Gronke 2020; Qin et al. 2021). Large proximity zones around high-$z$ quasars will allow for a similar measurement – a prototype for this kind of observation is the $z \approx 5.7$ quasar and three LAEs around it presented in Bosman et al. (2020).

$\S$7 SUMMARY

In this paper we present a model to account for the relatively mild evolution of the cosmic ionizing emissivity from star-forming galaxies over $z = 2$ – 8 based on Ly$\alpha$ emitters (LAEs, §2). We argue that LAEs are the natural subset of the galaxy population that is responsible for the ionizing background in addition to quasars. This follows from the intuitive and empirically proven connection between Ly$\alpha$ $f_{\text{esc}}$ and Ly$\alpha$ $f_{\text{esc}}$, and the strong ionising properties of LAE stellar populations.

We base our fiducial calculation of the maximal LAE emissivity on the $f_{\text{esc}}$ and $\xi_{\text{ion}}$ of bright LAEs ($L_{\text{Ly}\alpha} > 0.2L_\odot$) at $z \approx 2$ obtained in the companion paper (Naidu & Matthee et al. 2021), where we argued half these LAEs have $f_{\text{esc}} \approx 50\%$, $\log(\xi_{\text{ion}}/\text{Hz erg}^{-1}) \approx 25.9$, while the other half do not significantly contribute to the emissivity. We assume fainter LAEs and non-LAE LBGs make no contributions either, but dismiss the implications if fainter galaxies would contribute. We argue for redshift-invariance of the ionizing properties of such bright LAEs based on the observed invariance of several key properties (e.g., $z_{\text{GR}},$ sizes, $\beta_{\text{UV}},$ and particularly their Ly$\alpha$ profiles. These properties are plausibly linked to the ionizing output of a galaxy. As indicated from the strong differences in the evolution of the Ly$\alpha$ and UV luminosity densities over $z = 2$ – 6, the LAE-ionizing population is a rare fraction of the total galaxy population at $z \approx 2$ – 3, but forms a significant subset of galaxies at $z > 6$. [$\S$2–$\S$3, Fig. 1 and Table 1].

We show that:

- The combined emissivity of bright LAEs and quasars can reproduce the relatively flat observed emissivity at $z \approx 2$ – 6. This result is non trivial given that both the star-formation density and quasar number density increase from $z \approx 6$ to $z \approx 2$ and because we do not fine-tune the integration limit down to which luminosity galaxies contribute. [$\S$4.1, Fig. 2]
- Also, the LAEs in the fiducial model produce late and rapid reionization between $z \approx 6$ – 9 with negligible contribution from quasars and a plausible extrapolation of the relative evolution of the Ly$\alpha$ and UV luminosity density into the EoR. [$\S$4.2, Fig. 3]
- Connecting the LAEs to the general galaxy population, we show that the LAE emissivity model model naturally yields a rise in (population-averaged) $L_{\text{Ly}\alpha} f_{\text{esc}}$ from $\approx 1\%$ at $z \approx 3$ to $\approx 10\%$ at $z > 7$ and this is explained entirely by the growing Ly$\alpha$ emitter fraction with redshift that the model reproduces. The averaged ionising efficiency increases in concert. [$\S$5, Fig. 4]
- The LAE emissivity model naturally produces a peak in the relation between UV luminosity and $f_{\text{esc}}$ at $\approx 0.15 L_\odot$ ($M_{UV} \approx -19$), suggesting that the majority of ionizing photons originate from galaxies with $M_* \approx 2 \times 10^8 M_\odot$. This is in agreement with recent simulations that predict an optimum mass for $f_{\text{esc}}$ as massive galaxies are dusty, while less massive galaxies have poor star-formation efficiencies. [$\S$5, Fig. 4]
- In the fiducial model, a highly ionizing minority of $M_{UV} < -17$ star-forming galaxies – contributing only $\approx 10\%$ of the integrated UV luminosity at $M_{UV} < -13.5$ – is responsible for the entirety of the reionization budget, with a combined $f_{\text{esc}} \times \xi_{\text{ion}}$ that is $\approx 10\times$ higher than canonical models. [$\S$6.2]
- The fiducial model yields a UV background that is dominated by rare galaxies with relatively bright stochastic flashes of Ly$\alpha$ that produce a “disco” ionizing background with significant temporal and spatial fluctuations, in particular at $z \approx 5$ – 6 where galaxies dominate significantly over quasars. We speculate that this may be the origin of the large observed opacity variations in high-redshift quasar spectra. Conversely, the observed opacity variations may be used to test whether faint or bright galaxies dominate the emissivity. [$\S$6.4]

Our simple fiducial model - only half the LAEs with a luminosity $> 0.2L_\odot$ contribute to the emissivity and other star-forming galaxies do not - works remarkably well in producing the right emissivity and, non-trivially, its evolution, an optimum in the $f_{\text{esc}}$ - $M_{UV}$ relation, and the redshift evolution of the population averaged $f_{\text{esc}}$. The Ly$\alpha$ luminosity range of the ionising sources in our model has been fully probed by current surveys, therefore the galaxies are known to exist, their properties have been constrained, and their number densities are measured.

We discuss various caveats and the impact of assumptions in $\S$6. The most significant of these are the role of fainter LAEs and...
whether the ionizing properties of LAEs vary with luminosity or redshift. Any Lyα-luminosity limited emissivity model will yield a similar redshift evolution of the ionizing emissivity and thus account for strong redshift evolution in the global $f_{\text{esc}}$ of the galaxy population over $z \approx 2 - 8$. The LAE emissivity model generally yields a natural peak in the relation between the escape fraction and UV luminosity, and thus a roughly log-normal distribution of the ionizing budget with luminosity and plausibly mass. The position of the peak depends mostly on the luminosity limit of the faintest ionizer. As we show in Appendix A, in case LAEs with ten times fainter luminosities would contribute, the population averaged $f_{\text{esc}}$ should be a factor two lower in order to match the $z \approx 6$ emissivity. In such a model, the emissivity would be dominated by relatively common faint galaxies with $M_{1500} \approx -17$ and the UV background will be more uniform. We propose that resolved Lyα line-profile observations extending the XLS-$\alpha$ survey (Matthee et al. 2021) to fainter luminosities can distinguish these models. In the fiducial model, the Lyα profiles of faint LAEs should be broader with larger peak separations and less flux at the systemic velocity, compared to brighter LAEs, while the Lyα profiles of faint LAEs and bright LAEs should be comparable if faint galaxies had a dominant role. Redshift evolution of the various model parameters can likewise be tested when JWST enables the joint study of Lyα and rest-frame optical lines at $z > 3$. The LAE framework therefore opens up the prospects of empirically testing whether the cosmic emissivity has been dominated by numerous low-mass galaxies or rarer, more massive galaxies.

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DATA AVAILABILITY

The data underlying this article were accessed from the ESO archive. The raw ESO data can be accessed through http://archive.eso.org/cms.html. The derived data generated in this research will be shared on reasonable request to the corresponding authors.

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of LAEs (model choices are not strongly dependent on the specific redshift. The UV luminosity dependence of the escape fraction (top panel) is still (marginally) consistent with the uncertainty on various emissivity constraints at \( z = 2 - 8 \) (Fig. 2). Moreover, LAEs can match the rapidness of the reionization of the Universe with a milder extrapolation of their relative abundances compared to LBGs at \( z > 6 \) (§4.2).

In Fig. 4, we illustrate how various choices in the LAE-emissivity model and its connection to the LBG population impact the UV luminosity dependence of the escape fraction (top panel) and how the ionizing budget is distributed (bottom panel). We focus on the redshift \( z = 5.7 \), but note that the relative changes between model choices are not strongly dependent on the specific redshift. The following variations are investigated: 1) changing the UV slope of LAEs (\( \beta = -2.3 \) instead of \( -2.1 \)), 2) changing the slope of the exponential EW distribution of LAEs from 90 to 135 Å (this implies a similar increase in the typical EW of LAEs and is within the range of published scale lengths; see e.g. Hashimoto et al. 2017) and 3) including the ionizing contribution of up to 10 times fainter LAEs (integrating LFs down to \( 10^{41.2} \) erg s\(^{-1}\) with a population averaged \( \langle f_{\text{esc}} \rangle = 12.5 \% \) in order to match the total emissivity).

Fig. 4 shows that the translation between the LAE and LBG framework is only mildly sensitive to the specific scale length of the EW distribution and the UV slope of LAEs. With a steeper EW distribution, a lower fraction of LAEs is a LAE at fixed luminosity and therefore the average \( f_{\text{esc}} \) is lower at fixed UV luminosity. If the limiting Ly\( \alpha \) EW of LAEs is 20 Å instead of 25 Å, the opposite effect happens – a higher fraction of LBGs is an LAE and the escape fraction of bright galaxies increases by a factor \( \sim 1.2 \). A bluer UV slope implies that a fainter UV luminosity is associated to a fixed Ly\( \alpha \) luminosity, leading to a similar effect. The most significant changes are seen when we lower the limiting Ly\( \alpha \) luminosity of LyC-leaking LAEs (note that the average \( f_{\text{esc}} \) for LAEs only impacts the normalisation of the top panel in Fig. 4A, and not the bottom panel). In such a faint model, the average escape fraction is highest for UV-faint galaxies with \( M_{\text{UV}} \approx -17 \) and the average escape fraction among brighter galaxies is (by definition) a factor two lower compared to the fiducial model. This means that the majority of the ionising budget is due to significantly fainter galaxies, although a long tail exists towards brighter galaxies. Similar to the fiducial model (and any LAE emissivity model), this model has a clear peak in the UV luminosity dependence of the escape fraction.

We also investigate the impact of using the Ly\( \alpha \) LF from Konno et al. (2018) at \( z = 5.7 \) (fiducial model), which shape is different from the LF measured by Santos et al. (2016). The two LFs par-

APPENDIX A: IMPACT OF VARIATIONS ON MODEL PARAMETERS

In the main text, we mainly focused on the results from our fiducial LAE-emissivity model in which only the contributions from LAEs were included that are brighter than \( > 0.2 \, L^* \). This is because the Ly\( \alpha \) and LyC escape fractions have been probed directly for these LAEs (Naidu & Matthee et al. 2021). The contribution from bright LAEs alone suffices in matching the emissivity level and its evolution over \( z = 2 - 6 \) (in particular the emissivity level recently published by Faucher-Giguère 2020, see Fig. 2). However, as discussed in §4.1, the inclusion of ten times fainter LAEs (with fixed escape fractions) is still (marginally) consistent with the uncertainty on various emissivity constraints at \( z = 2 - 8 \) (Fig. 2). Moreover, LAEs can match the rapidness of the reionization of the Universe with a milder extrapolation of their relative abundances compared to LBGs at \( z > 6 \) (§4.2).

In Fig. 4A, we illustrate how various choices in the LAE-emissivity model and its connection to the LBG population impact the UV luminosity dependence of the escape fraction (top panel) and how the ionizing budget is distributed (bottom panel). We focus on the redshift \( z = 5.7 \), but note that the relative changes between model choices are not strongly dependent on the specific redshift. The following variations are investigated: 1) changing the UV slope of LAEs (\( \beta = -2.3 \) instead of \( -2.1 \)), 2) changing the slope of the exponential EW distribution of LAEs from 90 to 135 Å (this implies a similar increase in the typical EW of LAEs and is within the range of published scale lengths; see e.g. Hashimoto et al. 2017) and 3) including the ionizing contribution of up to 10 times fainter LAEs (integrating LFs down to \( 10^{41.2} \) erg s\(^{-1}\) with a population averaged \( \langle f_{\text{esc}} \rangle = 12.5 \% \) in order to match the total emissivity).

Fig. 4 shows that the translation between the LAE and LBG framework is only mildly sensitive to the specific scale length of the EW distribution and the UV slope of LAEs. With a steeper EW distribution, a lower fraction of LAEs is a LAE at fixed luminosity and therefore the average \( f_{\text{esc}} \) is lower at fixed UV luminosity. If the limiting Ly\( \alpha \) EW of LAEs is 20 Å instead of 25 Å, the opposite effect happens – a higher fraction of LBGs is an LAE and the escape fraction of bright galaxies increases by a factor \( \sim 1.2 \). A bluer UV slope implies that a fainter UV luminosity is associated to a fixed Ly\( \alpha \) luminosity, leading to a similar effect. The most significant changes are seen when we lower the limiting Ly\( \alpha \) luminosity of LyC-leaking LAEs (note that the average \( f_{\text{esc}} \) for LAEs only impacts the normalisation of the top panel in Fig. 4A, and not the bottom panel). In such a faint model, the average escape fraction is highest for UV-faint galaxies with \( M_{\text{UV}} \approx -17 \) and the average escape fraction among brighter galaxies is (by definition) a factor two lower compared to the fiducial model. This means that the majority of the ionising budget is due to significantly fainter galaxies, although a long tail exists towards brighter galaxies. Similar to the fiducial model (and any LAE emissivity model), this model has a clear peak in the UV luminosity dependence of the escape fraction.

We also investigate the impact of using the Ly\( \alpha \) LF from Konno et al. (2018) at \( z = 5.7 \) (fiducial model), which shape is different from the LF measured by Santos et al. (2016). The two LFs par-

Figure A1. The effect of model variations on the average \( f_{\text{esc}} \) (top) and the fractional contribution to the ionising budget (bottom) as a function of UV luminosity. We show results at \( z = 5.7 \) but note that the relative differences to the fiducial model are not strongly sensitive to the specific redshift. The solid line shows our fiducial model \( (\langle f_{\text{esc}} \rangle = 25 \% \) for \( L_{\text{LyC}} > 10^{41.2} \) erg s\(^{-1}\)\( \), the dot-dashed line for EW\( \alpha \)=90 Å and \( \beta = -2.1 \), while the dotted lines shows the results for \( \beta = -2.3 \), the dot-dashed line for EW\( \alpha \)=135 Å and the dashed line the results for a model where \( \langle f_{\text{esc}} \rangle = 12.5 \% \) for \( L_{\text{LyC}} > 10^{41.2} \) erg s\(^{-1}\).
particularly disagree on the bright-end of the LF. For other redshifts published Lyα LFs are in close agreement. There is general consensus on the shape of the UV LFs over \( z \approx 3 - 7 \). As can be seen in Table 2 and Fig. 2, the integrated Lyα luminosity density for these LFs are similar. However, the Santos et al. (2016) LF has a higher L* and a slightly shallower faint-end slope, \( \alpha \). This yields a slightly different UV luminosity dependence of the LAE fraction (top panel in Fig. A2), which is slightly flatter for luminosities \( M_{UV} > -20 \) and increases towards the brightest luminosities. The difference in the slope at fainter luminosities is due to the shallower \( \alpha \) and the normalisation difference is due to the higher L*. Both LFs yield a consistent LAE fraction for fainter galaxies, but the Santos et al. (2016) LF results in a higher LAE fraction than is observed in studies of LBGs as summarised in (Ouchi et al. 2020). A consequence is that the average \( f_{esc} \) in brighter galaxies increases (middle panel of Fig. A2) and therefore the relative contribution shifts to somewhat brighter galaxies (bottom panel).

These model variations (EW scale lengths, UV slopes, the inclusion of fainter ionisers and different Lyα LFs) roughly span the currently allowed edges of parameter-space, and therefore illustrate which of the results from the fiducial model are more or less certain. It is clear that the distribution of the ionizing budget - controlled by the Lyα luminosity limit of the faintest ioniser - is the most uncertain outcome of the LAE-emissivity model. Observations should thus prioritise testing the limiting Lyα luminosity of LyC leakers (as discussed in §6.3). There are also qualitative trends that are seen in all model variations, such as the existence of a peak in the relation between \( f_{esc} \) and UV luminosity and the relative fraction of the ionizing budget. These are therefore general outcomes of the LAE-emissivity formalism.

**APPENDIX B: DETAILED COMPARISON TO POPULATION AVERAGED \( f_{esc} \) BY PAHL ET AL. 2021**

In this section we perform a detailed investigation of the significant offset between the UV population-averaged \( f_{esc} \) at \( z \approx 3 \) measured by Pahl et al. (2021) and the one implied by the LAE framework.

Specifically, in the bottom-right panel of Fig. 4 we show that our value of \( f_{esc} \) for galaxies with \( M_{UV} < -19.5 \) is almost an order of magnitude lower than the measurement by Pahl et al. (2021), which is based on direct measurements from deep stacks of UV-selected galaxies with these luminosity ranges. This difference can be attributed fully to a lower average escape fraction (of \( \approx 1 \% \) in our framework, versus \( 6 \% \) measured by Pahl et al. 2021) that we find in this luminosity regime. This difference may partly be due to an underestimated lower fraction of LAEs in our simulation, but also due to an over-representation of LAEs in the parent sample from the study of Pahl et al. (2021). The latter may be due to the photometric selection criteria used to select LBGs (see e.g. Kusakabe et al. 2020 for a detailed discussion). Based on the Lyα EW distribution (with scale length 23.5 Å) and fraction of LBGs without any Lyα in emission (40 %) listed by Steidel et al. (2018), we simulate the expected EW distribution for their parent sample. We reproduce the average Lyα EWs in the full sample and those in the four quartiles of Lyα EWs listed in Steidel et al. (2018) to within 10 %. In this simulated distribution, we find that the fraction of LAEs among LBGs is 21 %, i.e. a factor \( \approx 3 \) higher than it is in our framework based on the UV and LAE luminosity functions at \( z \approx 3 \) (§5). Correcting for this difference moves the Pahl et al. (2021) measurements in the direction of our averaged escape fraction, but there is still a factor \( \approx 2 \) difference. Additionally, we can also compare to their stack of the quartile with highest Lyα EW and find that 85 % of the galaxies in that subset should be LAEs. In our model where half the LAEs have an escape fraction of \( \approx 50 \% \), this would imply that the average \( f_{esc} \) of that subset would be \( 0.85 \times 0.5 \times 0.5 \approx 0.21 \), which is in good agreement with their measurement of \( f_{esc} = 0.23 \pm 0.02 \).

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Figure A2. The effect of varying the Lyα LF at $z = 5.7$ (orange: Konno et al. 2018; hatched red: Santos et al. 2016) on the LAE fraction (top), the average $f_{esc}$ (middle) and the fractional contribution to the ionising budget as a function of UV luminosity (bottom).