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Introduction

Accidental swallowing of foreign body is very rare and ends with egestion without medical observation and diet. Mostly, it is observed in patients at younger age [1]. However, when eating chicken, fish or crowing it can happen to patients of all ages. Sharper and longer than the diameter of the gastrointestinal tube bodies may lead to mechanical obstruction or perforate the GI wall causing local inflammation. In case of double organ injury, a sharp foreign body may cause life-threatening complication as liver abscess [2], bile leak, peritonitis or abdominal hemorrhage. CT imaging is the method for diagnostic and laparoscopy is preferred for dealing with abdominal complications [1–3]. The aim of this report is to present the importance of the laparoscopic surgery for the treatment of minimal injury of the gastrointestinal tract.

Case Report

A 52-year old female presented in emergency room for acute continuous abdominal pain located at epigastrium and right subcostal area since 4 days. One hour before examination, she felt acute pain in the upper abdomen, followed by multiple vomiting, fever of 38.5 C° and asthenia.

Antecedent’s morbidity includes duodenal ulcer with positive test for Helicobacter pillory. It was treated with H2 blocker-Quamatel and Clarithromycin. No history of non-steroidal drug use.

At physical examination, the patient presented with stable cardiopulmonary signs with respiratory rate 17 bpm, heart rate 76/min and blood pressure 110/84 mmHg. Abdominal wall revealed tenderness to palpation on the epigastrum and right subcostal quadrant, with positive sign of defense.

Blood count analysis showed: Hemoglobin (Hb)-102 g/l; Erythrocytes(Ery)-2.24; Hematocrit (Hct)-0.21, White blood cells count (WBC) 15.0×109/L; Lymphocytes (Ly) 12×109/L; Neutrophils (Neu) 79×109/L; an erythrocyte sedimentation of 59 mm/h and C-reactive protein (CRP) 145 mg/L.

Liver test results at upper levels: Aspartate transaminase (ASAT): 53U/L, Alanine aminotransferase (ALAT):62U/L, Lactate dehydrogenase (LDH) 456U/L. Alkaline phosphatase (ALP), γ-Glutamic transferase (γ GT) and bilirubin are normal.

At time of admission, chest and abdominal radiographs had no pathologies.

Abdominal ultrasonography examination revealed small quantity of free liquid collection. CT scan showed thin sharp foreign body (52mm) that extends from prepyloric stomach wall to the left liver lobe (Figure 1).

Visual observation of the stomach using upper gastrointestinal endoscopy does not help to discover any pathology.

The patient underwent diagnostic laparoscopy. Sharp, foreign body that perforated the stomach wall at prepyloric area, penetrated the liver causing fissure with hemorrhagia and biliorrhagia, and forming local bilo peritonitis, was found (Figure 2). A 140 ml of bile was aspirated.
After diagnosis, the foreign body was slowly removed inferomedially from the liver and the stomach wall and extracted by 10mm trocar. The perforated stomach was saturated with single separated sutures. Liver fissure was closed by single absorbable suture. Rinsing, aspiration and placement of tube drain finalized the operation (Figure 3).

Despite the negative microbiology, the patient was treated postoperatively with Vancomycin. At day 1 the drain was removed and the patient was discharged from the clinic at day 2. Control abdominal TDM, which was normal, was performed 10 days after the operation.

**Discussion**

Swallowing of a foreign body is incidental and happens mostly to children and rarely to adults. Depending on its size and form, it usually passes out spontaneously. However, the thin and sharp bodies may turn transversally to the gastrointestinal wall causing impaction and perforation [1-3].

Unwanted type is observed in children when they play with small objects or consume non-selected chicken or fish meat. In adults it is accidentally, by consuming food with small parts of bone or being dental or otorhinolaryngology patients, workers in carpentry, dressmakers and circus artists [4].

The second, willful swallowing of a foreign body is observed in criminals at prison and patients in psychiatric clinics [5]. To provoke change of conditions the prisoners take multiple times self- prepared metallic bodies such as wire stars or wire hedgehog. Passing the upper gastrointestinal tract organs, these objects cause disruption of organ wall with life threatening complications.

Clinic induced by foreign body may be asymptomatic if pass out spontaneously in 90%.

Only (1%) of cases induce troubles that require emergency diagnosis and operative procedure.

Penetration of the stomach and duodenal wall may induce injuries of surrounding organ as liver and causing liver abscess, bilioma or biliary peritonitis [1-3,5]. Gastrointestinal discomforts with septic fever are principals. Diagnosis includes native abdominal X-ray radiography, CT and ultrasound.

CT imaging is a more sensitive method and may show non-metallic foreign bodies as calcified chicken or fish bones, pneumoperitoneum after tissues covering of perforation, local fatty infiltration and intraabdominal liquid collection [5].

Different endoscopic methods are proposed after extraction: titanium clip placement, injection of sclerosing liquid and coagulation to stop bleeding or closing perforation [7,8].

Surgical treatment is required for cases with lumen obstruction, laceration with bleeding, and intraabdominal inflammation as abscess, peritonitis or hemorrhagia.

Laparoscopy is the method of choice for all abdominal complications caused by penetrating body. It permits to find the end of the body that causes perforation, to confirm an abdominal inflammation such as abscess or local peritonitis and to treat with removing, aspiration, irrigation, suture and draining.

**Conclusion**

Gastrointestinal complications after swallowing of food containing animal meat are not rare observed causes for abdominal emergency surgery. Mostly this is accidentally. Usually small parts of bones pass without clinical symptoms, but the once with sharp edges may cause perforation and periorgan local inflammatory processes or late abscess and peritonitis.

CT scan is presented as the most useful diagnostic imaging method for study of abdominal organ pathology.
Introduction of laparoscopy helps to minimize the surgical procedures for extraction of foreign bodies and treatment of surgical complications.

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