Multilocus genotyping of *Giardia duodenalis* isolates from children in Oromia Special Zone, central Ethiopia

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**Abstract**

**Background:** *Giardia duodenalis* is the etiologic agent of giardiasis in humans and other mammals worldwide. The burden of disease is high among children in developing countries where sanitation is inadequate. However, the epidemiology and genetic diversity of this parasite is poorly understood in Ethiopia. This study aimed to determine the prevalence and genetic diversity of *G. duodenalis* in asymptomatic children in Oromia Special Zone, central Ethiopia.

**Results:** A total of 286 fresh fecal specimens were collected from children and screened using microscopy and PCR. The prevalence of *Giardia duodenalis* was 10.8 % (31/286) and 16.8 % (48/286) as detected by microscopy and nested PCR, respectively. The infection rate by the study area, sex and age group difference was not significant (\(P > 0.05\)). Genotyping results showed that 22.9 % (11/48) of the isolates belonged to assemblage A while 77.1 % (37/48) belonged to assemblage B. Although double peaks were observed at the chromatogram level, no mixed assemblage or sub-assemblage infections were demonstrated. Isolates of assemblage A mostly belonged to the sub-assemblage AII and showed similarity with previously described isolates. However, there was great genetic variability within assemblage B that showed heterogeneous nucleotide positions. Fifteen of them were new genotypes: 5 at the triose phosphate isomerase (*tpi*), 2 at the \(\beta\)-giardin (*bg*), and 8 at the glutamate dehydrogenase (*gdh*) genes.

**Conclusions:** *Giardia duodenalis* mainly assemblage B infection was predominant among the asymptomatic children in the study area. The high polymorphism found in isolates of assemblage B warrants a more defining tool to discriminate assemblage B at the sub-assemblage level. The findings of the present study indicate that there is a need to carry out national screening programs aiming to detect asymptomatic infections to minimize the reservoir of the disease.

**Keywords:** *Giardia duodenalis*, Assemblages, Genetic diversity, Asymptomatic children, Ethiopia

**Background**

*G. duodenalis* (syn. *G. intestinalis*, *G. lamblia*) is frequently identified intestinal parasite that infects human and other mammals worldwide [1–3]. It is the etiologic agent of gastroenteritis known as giardiasis, and is included in the neglected disease initiative together with cryptosporidiosis by the World Health Organization in 2004 [4]. *G. duodenalis* has direct life cycle in which the parasite alternates between the cyst and the trophozoite stages [1]. The infective stage is transmitted through the fecal-oral route either by ingestion of contaminated food and water or directly from infected individuals [1, 5].

The public health impact of giardiasis is significant because of its tendency to cause major outbreaks and emergency responses, and because of its effects on growth and cognitive functions in children [3]. Clinical manifestations of the disease in human are quite variable, ranging from the asymptomatic to acute or chronic diarrhea, dehydration, abdominal pain, nausea, vomiting, and weight loss [6]. The severity of giardiasis is determined by
the interaction between the host factors such as the development, nutritional and immunological status, and virulence factors of the parasite [7].

It is well documented that G. duodenalis represents a species complex and has the broadest host range [3, 4]. Molecular characterization and phylogenetic analysis have revealed at least eight major genetic groups (assemblages) of G. duodenalis that have different host ranges and specificities [3, 8]. Two of them (assemblages A and B) are found in both humans and animals. The remaining six assemblages (C to H) are host-specific (specific to animals). However, assemblages C, D, E, and F have been reported to cause human giardiasis in rare cases [3, 9, 10].

There is also a sub-structuring within assemblages A and B by sequence data from multiple loci into five sub-assemblages (named AI-III and BIII-IV), some of which may have zoonotic potential [3, 8]. A multilocus sequence typing approach and nomenclature based on the use of bg, gdh and tpi genes has been proposed for assemblage A [3]. However, other typing strategies may be needed for assemblage B because of its high genetic heterogeneity among isolates in most markers [3, 11].

Previous studies conducted in Ethiopia on G. duodenalis infection gave due attention to the prevalence and risk factors among different community groups using microscopy [12–19]. According to those epidemiological studies, the infection rate ranged from 2.0 to 35.3 % with the highest prevalence among children of 1-15 years [12, 13]. Although a number of studies have been conducted on the distribution and prevalence of this parasite in different parts of the country, none of these previous works had determined the assemblage and sub-assemblage diversity in humans living in close contact with cattle and their manure to assess the potential of zoonotic infections. In addition, very little information is available on molecular epidemiology of G. duodenalis in the country [20, 21]. Therefore, the objective of this study was to determine the prevalence and genetic diversity of G. duodenalis in children who had close contact with animals to assess the existence of zoonotic assemblages and sub-assemblages.

Results
A total of 312 study participants were selected for this study. However, 26 (8.3 %) of the children were unable to provide the specimen and hence excluded. For this reason a total of 286 children were included, among which 154 (53.8 %) were males and 132 (46.2 %) were females with male to female ratio of 1:0.8. Furthermore, the children were stratified in two age groups: < 5 years making 130 (45.5 %) of the children and 5-14 years accounting for the rest 156 (54.5 %) children (Table 1).

Table 1. PCR based prevalence of G. duodenalis in children by study site, sex and age group in Oromia Special Zone, central Ethiopia (January - June, 2014)

| Parameters | No. of samples examined | G. duodenalis No. of samples positives n (%) | χ² | P value |
|------------|-------------------------|---------------------------------------------|-----|---------|
| Study site |                         | G. duodenalis                              |     |         |
| Holetta    | 102                     | 15 (14.7)                                   |     |         |
| Sendafa    | 101                     | 20 (19.8)                                   |     |         |
| Chancho    | 83                      | 13 (15.7)                                   |     |         |
| Sex        |                         |                                            |     |         |
| Male       | 154                     | 27 (17.5)                                   |     |         |
| Female     | 132                     | 21 (15.9)                                   |     |         |
| Age group  |                         |                                            |     |         |
| < 5 years  | 130                     | 21 (16.2)                                   |     |         |
| 5-14 years | 156                     | 27 (17.3)                                   |     |         |

Key: χ² and P values compare the prevalence between study sites, sex and age groups in children.

Prevalence of G. duodenalis infection
Microscopic analysis showed that the prevalence of G. duodenalis infection in children was 10.8 % (31/286). On the other hand, 16.8 % (48/286) of the DNA samples were PCR positive based on tpi, bg and gdh genes. Although the prevalence of G. duodenalis infection varied across study areas, the difference was not statistically significant (P > 0.05) (Table 1). Similarly, as noted from Table 1, the prevalence of infection by sex and age group did not show any significant difference.

Assemblages and sub-assemblages of G. duodenalis
The Giardia assemblage was successfully determined from 48 specimens by DNA sequencing at tpi, bg and gdh markers. Sequence analysis showed that 22.9 % (11/48) isolates belonged to G. duodenalis assemblage A and 77.1 % (37/48) isolates displayed assemblage B. Although double peaks were observed at the chromatogram level, no mixed infections with assemblages or sub-assemblages of G. duodenalis were demonstrated. Out of the 11 G. duodenalis assemblages A recorded in children, six assemblages were identified by tpi, bg and gdh genes in common. The remaining five assemblages were identified by tpi and bg genes. Assemblages and sub-assemblages showing known and novel DNA sequences are shown in Table 2.

Genetic characterization of G. duodenalis
Sequences were further analyzed and compared with homologous sequences at database to determine genetic polymorphism within assemblages of G. duodenalis. Among the 45 human isolates that were sequenced at tpi gene, 9 isolates were assemblage A sub-assemblage A1 (Table 2). They displayed a 100 % similarity with...
Thirty six sequences at \textit{tpi} locus were identified as assemblage B and showed 9 different nucleotide sequences (Table 3). Among them 16 sequences were identical to sub-assemblage B2 (GU564280); 7 sequences were identical to human sub-assemblage in India (JF918519); 3 sequences identical to sub-assemblage WB9 (KJ888985); and 1 sequence was found to be identical to sub-assemblage WB8 from wastewater in the USA (AY368169). The remaining 9 isolates were reported here for the first time and named as EB1 (n=3), EB2 (n=2), EB3 (n=2), EB4 (n=1), and EB5 (n=1) (E for Ethiopia). They showed 99 \% similarity with GenBank accession numbers KJ888988, AY368167, JF918519, AY228628, FJ560565, JF918520 and AY368171, respectively. The single nucleotide polymorphisms (SNPs) and overlapping nucleotide are shown in Table 3.

Out of the 39 human isolates amplified and successfully sequenced from \textit{bg} gene, 10 were identified as assemblage A (two different nucleotide sequences), and the other 29 were identified as assemblage B (six different nucleotides) (Table 4). Of the 10 \textit{bg} nucleotide sequences identified as assemblage A, 8 sequences showed 100 \% resemblance to sub-assemblage AII (KT182087) obtained from humans in Turkey. The remaining 9 isolates were reported here for the first time and named as EB1 (n=3), EB2 (n=2), EB3 (n=2), EB4 (n=1), and EB5 (n=1) (E for Ethiopia). They showed 99 \% similarity with GenBank accession numbers KJ888988, AY368167, JF918519, AY228628, FJ560565, JF918520 and AY368171, respectively. The single nucleotide polymorphisms (SNPs) and overlapping nucleotide are shown in Table 3.

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Among the 28 human isolates at the gdh gene, 6 were identified as assemblage A (sub-assemblage AII) (Table 2) and showed 100% similarity to waterborne isolate in Canada (EF507666). Similarly, out of the 22 isolates of assemblage B at the same locus, 9 genotypes were identified. Only one sequence corresponded to the already described sub-assemblage BIV (GenBank accession number EF507654). The rest sequences form eight novel genotypes, named as: EB8 (n = 7), EB9 (n = 3), EB10 (n = 3), EB11 (n = 2), EB12 (n = 2), EB13 (n = 2), EB14 (n = 1) and EB15 (n = 1). Alignment analysis revealed that the isolates differ from reference sequence EF507654 by four to eight SNPs and exhibit many double peaks at the chromatogram profile (Table 5).

### Phylogenetic analysis

The phylogenetic analysis of G. duodenalis sequence dataset obtained herein and those available in GenBank were concordant in revealing the existence of different clades for the tpi and gdh genes with in assemblages A and B. The novel genotypes at tpi gene, EB1 and EB5 were closely clustered with sub-assemblage BIV; but EB2, EB3 and EB4 were clustered with BIII (Fig. 1a). On the other hand, the novel genotypes at gdh: EB8 and EB10 were clustered with the BIV (accession number EF507671) whereas the others were clustered with BIII (Fig. 1b).

### Intestinal parasites other than G. duodenalis

Four intestinal parasites other than G. duodenalis were encountered in the children. The prevalence of Entamoeba histolytica/dispar was the highest being 8.7% (25/286), followed by Ascaris lumbricoides 4.2% (12/286), Hymenolepis nana 4.2% (12/286) and Enterobius vermicularis 2.1 % (6/286).

### Discussion

The present study determines the prevalence and genetic diversity of G. duodenalis among children using multilocus genotyping in three districts in Oromia Special Zone, central Ethiopia. Fecal samples collected from children were screened by both microscopy and nested PCR. Although microscopy and PCR had similar sensitivities in a Dutch study [22], higher infection rate was recorded by the PCR in the present study. The superior sensitivity of PCR in detecting G. duodenalis has been shown in Danish patients [23] and in Rwandan children [24]. Hence,
repeated microscopic examinations or the use of other diagnostic tools such as immunoassays could have reduced the discrepancy between PCR and microscopy in clinical setup.

In the present study, the microscopy based prevalence of *G. duodenalis* infection reported in children was 10.8 %. This was in agreement with previous reports [10.6 % [15], 13.8 % [16], and 11.7 % [18]] conducted using similar technique in Ethiopia. On the other hand, the present finding was lower than the prevalence (15.0 %) reported by Ramos et al. [19] among patients with diarrhea in southern Ethiopia; 23.6 % by King et al. [17] from inhabitants in South Gondar; 26.6 % by Tigabu et al. [14] from children in selected village of Pawi Special District in Benishangul-Gumuz; and 35.3 % by Ayalew et al. [13] from children in Lege Dini. These variations could be due to difference in the hygiene practices, quality of drinking water, difference in environmental conditions of the study localities, and parental socio-economic status of the participants of these studies.

To the best of our knowledge, there were only two molecular studies on giardiasis in Ethiopia [20, 21]. These studies were presented the genetic diversity of assemblages from human fecal samples with confirmed giardiasis. The present study showed the PCR based prevalence of *Giardia* infection with all the three genes, and the overall prevalence was found to be 16.8 %. Although significant difference was not recorded in the overall prevalence among the study areas, *G. duodenalis* infection in children was slightly higher in Sendafa (20.0 %). This could be attributed to the similarity of quality of drinking water source, personal hygiene and environmental sanitary conditions observed in the study areas. The difference in prevalence of infection by sex and age group was also not significant among the children.

As to global distribution of assemblages A and B among humans, assemblage B is more prevalent than assemblage A as reviewed by Feng and Xiao, and Caccio and Ryan [3, 5]. The finding of the present study in children was in agreement with this global incidence that assemblage B predominates (77.1 %) assemblage A (22.9 %). Recently several studies showed similar pattern of distribution [21, 24–27]. However, the previous study conducted in symptomatic individuals in Ethiopia showed 52 % as assemblage A and 22 % as assemblage B [20]. Similar pattern of distribution of assemblages was also observed in hospitalized based studies conducted in Egypt [28]. Another molecular information from Spanish pediatric populations have shown that, in patients less than 5 years old, symptomatic giardiasis was present in 81.2 % of assemblage AII infections but present only in 34.6 % of assemblage B cases [29]. These variations in the infection rates of assemblage A and B might be associated with the clinical symptoms of the disease.

Isolates of assemblage A at the sub-assemblage level was successfully characterized at the three markers (Table 2). Regardless of the gene analyzed, all the sequences matched those of previously described isolates. No sequences showed novel polymorphisms. Sequences with heterogeneous positions were observed only in a small proportion of isolates at the bg locus. Most of the assemblage A isolates were assigned to the sub-assemblage AII consistently across the three loci, confirming the preponderance of this sub-assemblage in humans compared to sub-assemblage AI as previously shown in other studies using multi-locus sequence typing [11, 27, 30, 31].

### Table 5

| Sub-assemblies | GenBank accession no. | No. of isolates | Nucleotide at position* |
|---------------|-----------------------|----------------|-------------------------|
| BIV (Ref.) EF507654 | C C T C C C G T C C C T A G A C C G C |
| BIV KT948098 | T T Y T * * X * * * * * * * * G * * A * |
| EB8 KT948092 | T T C * * * * * * G * * X * * * Y |
| EB9 KT948093 | T T Y * * * X * * Y * * * * * * X * * X * |
| EB10 KT948094 | T T C * * * * * * * * * * * * X * * X |
| EB11 KT948095 | T T C * * * * * * * * * * * * * * * T |
| EB12 KT948096 | T T C * * * * * * T * * G * * * * * * |
| EB13 KT948097 | T T * * T * * C * * * * * * * * * T T A * |
| EB14 KT948099 | T T * * * Y * * * * Y * G X X * * * T |
| EB15 KT948100 | T T * * * Y * * * * Y * Y G * * * * * T |

Key: Asterisks (*) indicate nucleotide identity with the reference sequence; X: A/G and Y: C/T indicate overlapping nucleotides.

Nucleotide positions are numbered according to the reference (ref.) sub-assemblage BIV partial sequence (GenBank accession number EF507654), with the first nucleotide as position 1.
The molecular analysis of assemblage B isolates was complicated by the occurrence of sequences with heterogeneous positions, with overlapping nucleotides observed across the three loci. This is consistent with the previous reports from different parts of the world [11, 27, 31]. A recent study conducted by Flecha et al. [21] in Gambo Hospital, Oromia Region, southern Ethiopia also showed an elevated genetic polymorphism in assemblage B using gdh and bg genes. The potential mechanisms to explain this feature are meiotic recombination [32] or mixed
In the study, children were included in the study if they were younger than 14 years (102 from Holetta, 101 from Sendafa and 83 from Chancho). This is a total of 286 children aged younger than 14 years. The study was conducted in the Special Zone of Oromia, central Ethiopia with majority of them being novel genotypes. The genotypic diversity observed in assemblage B isolates was much higher than the one observed in assemblage A. Among the five novel genotypes that were successfully amplified at the Giardia tpi locus, 3 genotypes (EB2, EB8 and EB10) were assigned to sub-assemblage BIII (Fig. 1). Similar level of diversity at the Giardia tpi locus was also observed in assemblage B parasites in previous studies in Ethiopia (20, 21). The assignment of isolates of assemblages B to a particular sub-assemblage was not simple due to discrepancies between the different markers. At the Giardia tpi locus, EB8 and EB10 were part of the previously identified B2 group. The B2 group is characterized by a lack of information across the three loci exhibited clear chromatogram readings in both forward and reverse directions, although the genotype assignment was not unambiguously defined at the Giardia tpi locus. However, evidence of allelic sequence heterozygosity. Hence, the occurrence of heterogeneous sequences may indicate that some isolates may be mixtures of assemblages or sub-assemblages. Further studies are needed to clarify the sub-assemblage status of these isolates.
Specimen collection and microscopy
Single fresh fecal sample was collected from each consenting study children in a labeled and sterile fecal container. The information concerning socio-demographic characteristics of the study participants (sex and age), and contact with animals and their manure were taken during the sample collection. A portion of each specimen was examined under light microscope to detect cysts of *G. duodenalis* and other intestinal parasites using the Lugol's iodine staining at 10X and 40X magnifications. Some diarrheic stools were also examined by direct wet mount with saline (0.85 % sodium chloride solution) to observe trophozoites and motile intestinal parasites. The remaining stool was preserved in 2.5 % potassium dichromate and transported to ALIPB at ambient temperature and stored at 4 °C prior to DNA extraction.

DNA extraction
The preserved fecal specimens were washed with deionized water until the potassium dichromate was removed. Genomic DNA was extracted from each fecal sample using the E.Z.N.A." Stool DNA kit (Omega Biotek Inc., Norcross, USA). Briefly, about 50-100 mg of stool sample was added in a 2 ml centrifuge tube containing 200 mg of glass beads and placed on ice. Following, 300 μl buffer SP1 and proteinase K were added, and incubated at 70 °C for 10 min. Subsequently, all the procedures outlined in product manual were performed according to the manufacturer's protocol. Finally, DNA was eluted in 200 μl of elution buffer and the extract was stored at -20 °C until PCR.

Nested PCR
All extracted DNA samples were tested for *G. duodenalis* using nested PCR amplification of the tpi, bg and gdh genes. The nested PCR using previously described mixes and PCR conditions were used to amplify fragments of the bg gene [42], the gdh gene [43] and the tpi gene [44], with some modifications. The primers and annealing temperature used were similar to the one used by Wang et al. [45] (Additional file 1). The PCR reactions were conducted in 25 μl reaction mixtures for the tpi and gdh loci, containing 1× PCR buffer (TaKaRa Shuzo Co., Ltd., Otsu, Japan), 200 μM each dNTP (TaKaRa Shuzo Co., Ltd.), 0.4 μM each primer, 1 unit of rTaq DNA polymerase (TaKaRa Shuzo Co., Ltd.), and 2 μL of DNA sample. In the bg protocol, 1X Ex Taq buffer (TaKaRa Shuzo Co., Ltd.) and Ex Taq DNA polymerase (TaKaRa Shuzo Co., Ltd.) were used instead of 1X PCR buffer and rTaq. The secondary PCR reactions were similar to the primary PCR with the exception that 2 μl of the primary PCR product was used as a template. In addition, the annealing temperature of bg gene was lowered from 65 to 55 °C. Both positive and negative controls were included in each round of PCR to validate results. The amplified products were separated by electrophoresis on 1 % agarose gel stained with ethidium bromide and visualized under UV trans-illuminator. The PCR was conducted at the International Joint Research Laboratory for Zoonotic Diseases at Henan Agricultural University, China.

DNA sequencing and analysis
All positive PCR products were purified using Montage PCR filters (Millipore, Bedford, MA) and sequenced using an ABI BigDye Terminator v. 3.1 cycle sequencing kit (Applied Biosystems, Foster City, CA) on an ABI 3100 automated sequencer (Applied Biosystems). Sequence accuracy was confirmed by sequencing both directions with primers used for the secondary PCRs. The raw nucleotide sequences and chromatograms of both forward and reverse directions were viewed using the EditSeq 5.0 and Chromas 2.4 program, respectively. The presence of double peaks at the chromatogram level was verified and the sequences were aligned and analyzed using ClustalX software. Consensus sequences were then compared to homologous sequences in GenBank using the Basic Local Alignment Search Tool (BLAST) (http://www.ncbi.nlm.nih.gov/blast/) to determine the *G. duodenalis* assemblages and sub-assemblages.

Phylogenetic analysis
A neighbor-joining tree was constructed using the Molecular Evolutionary Genetics Analysis (MEGA) program version 4.0 to estimate the evolutionary distance, based on genetic distance calculated by Kimura-2-parameter model. The reliability of the phylogenetic tree groupings was assessed by bootstrap analysis with 1000 replicates.

Statistical analysis
Data were computerized using EpiData version 3.1 and imported to STATA Software for analysis. Chi square test was used to verify possible association of *G. duodenalis* infection with sex, age and study areas. Values were considered to be statistically significant when the *P*-value was < 0.05.

Ethics, approval and consent to participate
Ethical approval was obtained from the Institutional Review Board of Aklilu Lemma Institute of Pathobiology (ALIPB), Addis Ababa University and the National Health Research Ethics Review Committee. Support letters were obtained from Oromia Special Zone Health Office and health administrative at community level. The objectives of the study were explained to parents or guardians of the selected children before the collection of the specimens and written consent was obtained. Study participants found positive for giardiasis and other
intestinal parasites were treated using appropriate drugs administered by physicians at the health center.

Availability of data and materials
The dataset supporting the conclusions of this article is available in the GenBank database repository under the accession numbers: KT948110 to KT948110 and KT948083 to KT948100.

Additional file

Additional file 1: Summary of the target genes, primers and annealing temperature of G. duodenalis used in this study. (DOCX 15 kb)

Abbreviations
ALIPB: Aklilu Lemma Institute of Pathobiology; bg: β-giardin; gdh: glutamate dehydrogenase; SNPs: single nucleotide polymorphisms; sphi: triose phosphate isomerase.

Competing interests
The authors declare that they have no competing interests.

Authors’ contributions
TW conceived and designed the study, carried out the molecular genetic studies, participated in the sequence alignment, performed the statistical analysis and drafted the manuscript. MRK carried out the molecular genetic studies, participated in the sequence alignment, and helped to draft the manuscript. JL carried out the molecular genetic studies and participated in the sequence alignment. HA conceived and designed the study, performed the statistical analysis and helped to draft the manuscript. BE conceived and designed the study, performed the statistical analysis and drafted the manuscript. LZ participated in the sequence alignment, performed the statistical analysis and drafted the manuscript. All authors read and approved the final manuscript.

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