Multiscale tunability of solitary wave dynamics in tensegrity metamaterials
Fernando Fraternali, Gerardo Carpentieri, Ada Amendola, Robert E. Skelton, and Vitali F. Nesterenko

Citation: Applied Physics Letters 105, 201903 (2014); doi: 10.1063/1.4902071
View online: http://dx.doi.org/10.1063/1.4902071
View Table of Contents: http://scitation.aip.org/content/aip/journal/apl/105/20?ver=pdfcov
Published by the AIP Publishing

Articles you may be interested in
Dynamic response of metamaterials in the terahertz regime: Blueshift tunability and broadband phase modulation
Appl. Phys. Lett. 96, 021111 (2010); 10.1063/1.3292208

Controlling electromagnetic waves using tunable gradient dielectric metamaterial lens
Appl. Phys. Lett. 92, 131904 (2008); 10.1063/1.2896308

Solitary wave dynamics in time-dependent potentials
J. Math. Phys. 49, 032101 (2008); 10.1063/1.2837429

SOLITARY AND SHOCK WAVES IN STRONGLY NONLINEAR METAMATERIALS
AIP Conf. Proc. 955, 231 (2007); 10.1063/1.2833017

Solitary and shock waves in discrete strongly nonlinear double power-law materials
Appl. Phys. Lett. 90, 261902 (2007); 10.1063/1.2751592
Multiscale tunability of solitary wave dynamics in tensegrity metamaterials

Fernando Fraternali,1, a) Gerardo Carpentieri,1 Ada Amendola,1 Robert E. Skelton,2 and Vitali F. Nesterenko2, 3
1 Department of Civil Engineering, University of Salerno, Via G. Paolo II, No. 132, 84084 Fisciano, Salerno, Italy
2 Mechanical and Aerospace Engineering Department, University of California, San Diego, 9500 Gilman Dr., La Jolla, California 92039-0418, USA
3 Materials Science and Engineering Program, University of California, San Diego, 9500 Gilman Dr., La Jolla, California 92039-0418, USA

(Received 16 October 2014; accepted 6 November 2014; published online 18 November 2014)

A class of strongly nonlinear metamaterials based on tensegrity concepts is proposed, and the solitary wave dynamics under impact loading is investigated. Such systems can be tuned into elastic hardening or elastic softening regimes by adjusting local and global prestress. In the softening regime these metamaterials are able to transform initially compression pulse into a solitary rarefaction wave followed by oscillatory tail with progressively decreasing amplitude. Interaction of a compression solitary pulse with an interface between elastically hardening and softening materials having correspondingly low-high acoustic impedances demonstrates anomalous behavior: a train of reflected compression solitary waves in the low impedance material; and a transmitted solitary rarefaction wave with oscillatory tail in high impedance material. The interaction of a rarefaction solitary wave with an interface between elastically softening and elastically hardening materials with high-low impedances also demonstrates anomalous behavior: a reflected solitary rarefaction wave with oscillatory tail in the high impedance branch; and a delayed train of transmitted compression solitary pulses in the low impedance branch. These anomalous impact transformation properties may allow for the design of ultimate impact mitigation devices without relying on energy dissipation. © 2014 AIP Publishing LLC. [http://dx.doi.org/10.1063/1.4902071]

An interesting area of research has emerged over the last few years regarding the design and manufacturing of structural lattices modulated with periodic elastic moduli and mass densities. It has been shown that such linear elastic metamaterials may exhibit anomalous acoustic behaviors, like negative effective elastic moduli; negative effective mass density; acoustic negative refraction; phononic band gaps; and local resonance, to name just a few examples (Ref. 1 and the references therein).

The dynamics of strongly nonlinear metamaterials with power-law interaction law between elements has also been investigated.2–10 Elastically hardening (or stiffening) discrete systems with exponent n greater than one (“normal” materials) support compressive solitary waves and unusual reflection of wave on material interfaces. While elastically softening systems with n < 1 (“abnormal” materials) support the propagation of rarefaction solitary waves under initially compressive impact loading.2, 11 Small-scale cellular composite materials featuring elastic softening and extremely large ratio of elastic modulus to density have been recently assembled using an additive manufacturing approach.12

Ordinary engineering materials typically exhibit either elastic hardening (e.g., crystalline solids), or elastic softening (e.g., foams). More versatile is the geometrically nonlinear elastic hardening (e.g., crystalline solids), or elastic softening regimes by adjusting local and global prestress. In the softening regime these metamaterials are able to transform initially compression pulse into a solitary rarefaction wave followed by oscillatory tail with progressively decreasing amplitude. Interaction of a compression solitary pulse with an interface between elastically hardening and softening materials having correspondingly low-high acoustic impedances demonstrates anomalous behavior: a train of reflected compression solitary waves in the low impedance material; and a transmitted solitary rarefaction wave with oscillatory tail in high impedance material. The interaction of a rarefaction solitary wave with an interface between elastically softening and elastically hardening materials with high-low impedances also demonstrates anomalous behavior: a reflected solitary rarefaction wave with oscillatory tail in the high impedance branch; and a delayed train of transmitted compression solitary pulses in the low impedance branch. These anomalous impact transformation properties may allow for the design of ultimate impact mitigation devices without relying on energy dissipation.

In this letter, we numerically investigate the dynamics of periodic lattices of lumped masses connected by tensegrity prisms exhibiting either softening or hardening elastic response tuned by local and global prestress.14, 15 We show that such systems are able to support tunable solitary rarefaction and compression waves exhibiting anomalous wave transmission and reflection from interfaces between branches with different acoustic impedances. The observed behaviors pave the way to the optimal design of tunable tensegrity metamaterials, and ultimate impact protection devices that do not require energy dissipation.

Let us consider a few millimeter scale tensegrity prism (or “tensegrity unit”), which is composed of three titanium alloy Ti6Al4V struts (or bars), and nine PowerPro Spectra fibers (or strings). Each base of the prism is in frictionless, non bonded contact with a metal disc of thickness d acting as a lumped mass (m) (Fig. 1). We examine prisms using 0.28 mm Spectra fibers, and 0.8 mm circular bars, which can be manufactured through electron beam melting.16 Let us assume that the tensegrity unit is uniformly loaded in compression by axial forces with their resultant F applied in the center of mass of the terminal bases. Under such loading, the deformation of the unit maintains its top and bottom bases parallel to each other and changes the angle of twist φ and the height h. Effective tensegrity placements with all strings in tension (or under zero force) correspond to the angle of twist interval φ ∈ [π 2, π], with the bars getting in touch with each other for φ = π (locking configuration).13, 14 The configuration corresponding to zero external force instead features an angle of twist φ = φ0 = 2 π 3 , and its internal
This article is copyrighted as indicated in the article. Reuse of AIP content is subject to the terms at: http://scitation.aip.org/termsconditions. Downloaded to IP: 2.232.132.68
On: Fri, 21 Nov 2014 15:52:57

... Prestress can be tuned through the cross-string prestrain $p_0$ (“local prestrain” determined by the pretensioning of the cross-strings in the assembling phase). Experimental tests have shown that the post-locking behavior of tensegrity prisms may lead to a plateau regime with axial deformation increasing under almost zero axial force increments. 

Let $\varepsilon$ denote the strain of the tensegrity unit (or “unit strain”) defined as $\varepsilon = (h_0 - h)/h_0$, where $h_0$ denotes the prism height for $F = 0$. Curves in Fig. 2 illustrate the axial force vs unit strain curves corresponding to different values of the local prestrain $p_0$ obtained following the quasi-static approach presented in Ref. 14 (see Table S1 in supplementary material). For $p_0 \leq 0.02$, the quasi-static response of the tensegrity unit features a hardening branch near the origin $\varepsilon = 0$ ($dF/d\varepsilon$ increasing with increasing $\varepsilon$). Such a branch is followed by a softening regime ($dF/d\varepsilon$ decreasing with increasing $\varepsilon$), for larger values of the unit strain. The unit response is instead always softening for $p_0 > 0.03$. The effective modulus of the unit goes to zero for $\varepsilon \rightarrow 0$ and $p_0 = 0$. Similar behavior ($dF/d\varepsilon = 0$) corresponds to the turning points of the force-strain curves. In all such cases, the metamaterial in Fig. 1 behaves as a “sonic vacuum,” i.e., a material with long wave sound speed equal to zero. 

It is instructive to employ power-laws of the form $F = C_n \cdot \varepsilon^n$ to approximate data sets extracted from the tensegrity unit response in correspondence with different local and global prestrains. For $p_0 = 0$ and $\varepsilon \in [0.05, 0.15]$, we observe that such a response is best fitted by a hardening power-law with $n = 2.25$ and $C_n = 0.61$ kN. The response for $p_0 = 0.04$ and $\varepsilon \in [0.15, 0.25]$ is instead best fitted by a softening power-law with $n = 0.74$ and $C_n = 0.11$ kN. In both cases, the unit exhibits positive tangent stiffness ($dF/d\varepsilon > 0$), i.e., statically stable behavior. For $p_0 = 0.06$ and $\varepsilon \in [0.45, 0.55]$, the response of the tensegrity is best fitted by a power-law with negative exponent ($n = -0.31, C_n = 0.04$ kN). It is expected that system behavior at this range, which is not central to the present study, will be unstable.

A periodic lattice composed of tensegrity units and lumped masses subjected to a static precompression force $F_0$ was dynamically excited. An impact velocity $v_0$ was imposed to the mass center of the first disc (base) in order to reproduce the effects of an impulsive compressive loading. This initial condition is also corresponding to the delta force function applied to the mass center of the first disc. The assumption of frictionless contact between the units and the lumped masses implies that no residual torques or bending moments are transmitted from the units to the masses, which therefore may be assumed to move only in the longitudinal direction.

Hereafter, we use the symbol $m_1$ representing the combined mass of a tensegrity prism ($m_0$) and a disc ($m$). On assuming the mass ratio $m_1/m_0 = 300$, we modeled the lattice in Fig. 1 as a chain of point masses connected by massless spring. The latter features the mechanical response of the tensegrity unit in compression, and zero response in tension, because the tensegrity units are not bonded to the bases. We characterized the deformation of the structure through the “system strain” $\varepsilon_s = (H_0 - H)/H_0$, where $H = h + d; H_0 = h_0 + d$. We let $\varepsilon_{s_0}$ denote the value of $\varepsilon_s$ induced by $F_0$ (“global prestrain”). By keeping $\varepsilon_{s_0}$ equal to 0.01, we found that the ratio between the effective elastic moduli and the effective density of the system in Fig. 1 ranges from $0.85 \text{ m}^2/\text{s}^2$ (effective modulus: $E = 2.64 \text{ kPa}$; effective density: $\rho = 3.09 \times 10^3 \text{ kg/m}^3$) to $295 \text{ m}^2/\text{s}^2$ ($E = 767.13 \text{ kPa}$; $\rho = 2.60 \times 10^3 \text{ kg/m}^3$), as $p_0$ increases from 0 to 0.25. Much larger elastic moduli might be featured by units bonded to the bases. The dynamic behavior of the tensegrity unit was approximated by its quasi-static response due to the significant difference of characteristic time of waves duration and characteristic period of the tensegrity unit ensured by the value of lumped masses (see Table S2 in supplementary material). 

We first investigated the wave dynamics of lattices showing 1400 tensegrity units exhibiting elastic-softening response. The strain pulses generated in chains featuring local prestrain $p_0 = 0.04$ and global prestrain $\varepsilon_{s_0} = 0.15$ are shown in Fig. 3 for different impact velocities. The specific acoustic impedance $pC_0$ of the current chain is equal to $20.89 \times 10^3 \text{ kg m}^2/\text{s}^3$, $C_0$ denoting the speed of sound.

For both impact velocities, $v_0 = 5.0 \text{ m/s}$ and $v_0 = 3.5 \text{ m/s}$, we observe the formation of a leading rarefaction solitary of relevant amplitude followed by a dispersive, oscillatory tail led by a nonstationary compression wave. A similar wave dynamics is observed also in the case with $v_0 = 2.0 \text{ m/s}$, but in such a case, the rarefaction soliton and
the oscillatory tail have smaller amplitudes and leading rarefaction solitary wave did not separate from the compression wave at investigated distances of their propagation. The rarefaction soliton moves faster than the oscillatory tale and compression wave and separates from them within about 300 units under impact with velocities 5 and 3.5 m/s. For \( v_0 = 5.0 \text{ m/s} \), we notice that the minimum strain accomodated by the lattice is equal to \(-0.014\) at \( t = 1.15 \text{ s} \), which implies that locally the system assumes negative strains, still being globally compressed. But at \( v_0 = 3.5 \text{ m/s} \) and \( v_0 = 2.0 \text{ m/s} \), the system instead remains both locally and globally compressed. The total width of the leading rarefaction pulse spans 10 units in the cases with \( v_0 = 5.0 \text{ m/s} \) and \( v_0 = 3.5 \text{ m/s} \), and 12 units in the case with \( v_0 = 2.0 \text{ m/s} \), assuming a cutoff of \( \frac{|s_s - s_0|}{s_0} = 0.98 \) (see Table S2 in supplementary material\(^{17}\) and the movie in Figure 3 (Multimedia view)). As shown in Ref. 11, the size of a strongly nonlinear solitary rarefaction soliton amounts to 7 and 11 units in power law materials showing \( n = 0.50 \) and \( n = 0.80 \), respectively. Referring to the case with \( v_0 = 5.0 \text{ m/s} \), we observe that the average speed of the rarefaction soliton is supersonic (1.11 \( c_0 \)), while the average speed of the compression pulse immediately following the rarefaction soliton is slightly subsonic (0.97 \( c_0 \)). The results in Fig. 3 suggest that the impacts at 5.0 m/s and 3.5 m/s generate strongly nonlinear rarefaction waves with strain amplitude approximatively equal or larger than the global prestrain in the system. The oscillatory tail in all cases is getting longer and its amplitude approaches zero as the propagation distance increases. The process of compression pulse transformation can be accelerated by increasing the local prestrain \( p_0 \) (see Fig. S2 in supplementary material\(^{17}\)).

We now examine the behavior of a compression solitary pulse approaching the interface between two chains in tensionless contact with each other: a Low Impedance chain of 700 masses connected by tensegrity units with Elastic Hardening response (LIEH branch: \( \varepsilon_{s0} = 0.01; p_0 = 0; \rho c_0 = 2.86 \times 10^3 \text{ kg m}^{-2} \text{s}^{-1} \), and a High Impedance chain of 700 masses connected by tensegrity units with Elastic Softening response (HIES branch: \( \varepsilon_{s0} = 0.15; p_0 = 0.05; \rho c_0 = 21.22 \times 10^3 \text{ kg m}^{-2} \text{s}^{-1} \)). Fig. 4(a) shows the evolution of strain pulses in the examined system under the impact velocity \( v_0 = 5.0 \text{ m/s} \). We observe that initial solitary compression wave travels along the LIEH branch. The interaction of such waves with the LIEH-HIES interface generates a gap between the branches and unexpected transmitted solitary rarefaction waves with oscillatory tail in the HIES branch. A train of reflected solitary compression waves is observed in the LIEH branch (see Table S3 in supplementary material\(^{17}\) and the movie in Figure 4(a) (Multimedia view)). The reflection of the compression solitary wave back as a compression solitary wave was expected, due to the difference in the acoustic impedance between the two branches.\(^{2,3,6}\) What was unexpected is that the solitary compression wave is reflected as a train of solitary compression waves. Such an anomalous reflection is different from that observed in the interaction of compression solitary waves with material interfaces in strongly nonlinear granular media.\(^{2,3,6}\)

Our final results deal with the interaction of a rarefaction solitary wave with an interface between a HIES lattice of 5000 masses and LIEH lattice of 1000 masses under the

![Graph showing the evolution of initial compression pulse (not shown) into rarefaction wave and periodic train at different impact velocities](http://dx.doi.org/10.1063/1.4902071.1)

**FIG. 3.** Elastic-softening chain. Evolution of initial compression pulse (not shown) into rarefaction wave and periodic train at different impact velocities (global and local prestrains are correspondingly equal to \( \varepsilon_{s0} = 0.15, p_0 = 0.04 \)). The strain is offset for visual clarity (\( Y \) ticks indicate 0.2). (Multimedia view) [URL: http://dx.doi.org/10.1063/1.4902071.1]

![Graph showing the interaction of compression wave with interface](http://dx.doi.org/10.1063/1.4902071.3)

**FIG. 4.** (a) Interaction of a compression solitary wave with a LIEH-HIES interface (\( Y \) ticks indicate 0.2); (b) Interaction of a rarefaction solitary wave with a HIES-LIEH interface (\( Y \) ticks indicate 0.1). The strain is offset for visual clarity. (Multimedia view) [URL: http://dx.doi.org/10.1063/1.4902071.2][URL: http://dx.doi.org/10.1063/1.4902071.3]
impact with velocity $v_0 = 5.0$ m/s. Fig. 4(b) shows that HIES system supports an incident solitary rarefaction pulse with oscillatory tail. Its interaction with the given interface results in a train of transmitted solitary compression waves in LIEH system. A reflected solitary rarefaction wave followed by oscillatory tail propagates back into the HIES branch (see Table S4 in supplementary material and the movie in Figure 4(b) (Multimedia view)). The results in Figs. (3) and 4(b) suggest that the oscillatory tail of the incident rarefaction pulse degenerates into an infinitely small amplitude oscillatory tail.

We numerically investigated the wave dynamics of multiscale tunable metamaterials which feature tensegrity prisms playing the role of nonlinear springs connecting lumped masses. We showed that such systems provide physical realizations of either normal and abnormal power-law materials, being able to dramatically change their geometrically nonlinear response from elastically hardening to elastically softening. The presented results highlight that softening tensegrity metamaterials may transform an initially compressive disturbance into a rarefaction wave of finite amplitude with progressively vanishing oscillatory tail. We demonstrated anomalous reflection of compression and rarefaction solitary waves from interfaces of two tensegrity based metamaterials. The analyzed systems are ultimate impact mitigation systems which do not require dissipation of energy, but a relatively large number of units (of the order of 1000 in the examined cases), as a function of local and global prestress. If the size of the units can be scaled down to about 10 μm (via, e.g., microscale additive manufacturing), we expect that an effective impact protection barrier would require a total length of 10 mm. The results presented here pave the way to future research on strongly nonlinear metamaterials based on tensegrity concepts.

We thank the Italian Ministry of Foreign Affairs for financial support (Grant No. 00173/2014).

---

1. M. H. Lu, L. Feng, and Y. F. Chen, Mater. Today 12, 34 (2009).
2. V. F. Nesterenko, Dynamics of Heterogeneous Materials (Springer-Verlag, New York, 2001), Chap. I.
3. V. F. Nesterenko, C. Daraio, E. B. Herbold, and S. Jin, Phys. Rev. Lett. 95, 158702 (2005).
4. S. Sen, J. Hong, J. Bang, E. Avalos, and R. Doney, Phys. Rep. 462, 21 (2008).
5. L. D. Pinto, A. Rosas, A. H. Romero, and K. Lindenberg, Phys. Rev. E 82, 031308 (2010).
6. M. Tichler, L. R. Gomez, N. Upadhyaya, X. Campman, V. F. Nesterenko, and V. Vitelli, Phys. Rev. Lett. 111, 048001 (2013).
7. K. R. Jayaprakash, A. F. Vakakis, and Y. Starosvetsky, Mech. Syst. Signal Process. 39, 91 (2013).
8. E. B. Herbold and V. F. Nesterenko, Appl. Phys. Lett. 90, 261902 (2007).
9. A. Spadoni, C. Daraio, W. Hurst, and B. Brown, Appl. Phys. Lett. 98, 161901 (2011).
10. C. Daraio, D. Ngo, V. F. Nesterenko, and F. Fraternali, Phys. Rev. E 82, 036603 (2010).
11. E. B. Herbold and V. F. Nesterenko, Phys. Rev. Lett. 110, 144101 (2013).
12. C. Cheung and N. Gershenfeld, Science 341, 1219 (2013).
13. R. E. Skelton and M. de Oliveira, Tensegrity Systems (Springer, New York, 2010).
14. F. Fraternali, G. Carpentieri, and A. Amendola, “On the mechanical modeling of the extreme softening/stiffening response of axially loaded tensegrity prisms,” J. Mech. Phys. Solids (published online).
15. Amendola, G. Carpentieri, M. de Oliveira, R. E. Skelton, and F. Fraternali, Compos. Struct. 117, 234 (2014).
16. W. van Grunsven, E. Hernandez-Nava, G. C. Reilly, and R. Goodall, Metals 4(3), 401–409 (2014).
17. See supplementary material at http://dx.doi.org/10.1063/1.4902071 for additional data.
Supplementary Data:
Multiscale tunability of solitary wave dynamics in tensegrity metamaterials
Fernando Fraternali1*, Gerardo Carpentieri1, Ada Amendola1, Robert E. Skelton2, Vitali F. Nesterenko2,3
1University of Salerno, Department of Civil Engineering
Via G. Paolo II, 132, 84084 Fisciano (SA), Italy
2University of California, San Diego, Mechanical and Aerospace Engineering Department
9500 Gilman Dr., MC-0411, La Jolla, CA, USA 92093-0411
3University of California, San Diego, Materials Science and Engineering Program
9500 Gilman Dr., La Jolla, CA, USA 92093-0418

The present supplement includes four tables (Tables S1-S4); four figures (Figures S1-S4); and three movies (movie_Fig3, movie_Fig4a and movie_Fig4b).

Table S1 provides the geometrical and mechanical properties of the system represented in Fig. 1, while Tables S2-S4 illustrate numerical data associated with Figs. 3 and 4 of the main paper.

Fig. S1 illustrates the deformation history and the internal forces in a tensegrity unit for a given value of the internal prestrain $p_0$. Fig. S2 illustrates the effects of the internal prestrain tuning on the wave dynamics of tensegrity lattices featuring elastic-softening response. Fig. S3 shows the dynamics of a variant of the system analyzed in Fig. 4a of the main paper, consisting of a LIEH branch with 700 masses and a HIES branch with 2200 masses. Fig. S4 illustrates the dynamics of a variant of the system analyzed in Fig. 4b, which includes a HIES branch with 1500 masses and a LIEH branch with 2000 masses.

The supplemental movies show animations of Figs. 3, 4a and 4b of the main paper.

Notation
$E_b$: Young moduls of the bars
$E_s$: Young modulus of the strings
$s_N$: rest length of the cross-strings
$\ell_N$: rest length of the base-strings
$b_N$: rest length of the bars
$R$: radius of the terminal discs
$d$: thickness of the terminal discs
$m_0$: mass of a single tensegrity prism (not including the terminal discs)
$H_0$: height of the unit cell (prism + lumped mass) under zero external force ($F = 0$)
$H_{e_0}$: height of the unit cell under the precompression force $F_0$
$k_{e_0} = \frac{dF}{dH}|_{H=H_{e_0}}$: stiffness at the precompressed state
$c_0 = H_{e_0} \sqrt{k_{e_0}/m_1}$: speed of sound of the system at the precompressed state ($m_1 = m + m_0$)
$T_w = H_{e_0}/c_0$: characteristic time of waves duration ($c_w$: wave speed)
$T_0 = 2\pi \sqrt{m_0/k_{e_0}}$: oscillation period of the tensegrity unit

Table S1: Geometrical and mechanical properties of the system in FIG. 1 of the main paper.

| $s_N$ [mm] | $\ell_N$ [mm] | $b_N$ [mm] | $R$ [mm] | $d$ [mm] | $E_b$ [GPa] | $E_s$ [GPa] | $m_0$ [g] | $m$ [g] |
|------------|---------------|-----------|---------|---------|-------------|-------------|---------|--------|
| 6.00       | 8.70          | 11.50     | 18.66   | 2.00    | 120.00      | 5.48        | 0.08    | 24.82  |
| $p_0$      | 0.00          | 0.02      | 0.04    | 0.06    | 0.08        | 0.10        | 0.12    | 0.14   |
| $H_{e_0}$ [mm] | 7.41       | 7.52      | 7.63    | 7.74    | 7.86        | 7.97        | 8.08    | 8.19   |


Table S2: Properties of the solitary waves in FIG. 3 of the main paper
($H_{e_0} = 7.63$ mm; $k_{e_0} = 20.973$ kN/m; $c_0 = 5.97$ m/s).

| $v_0$ (m/s) | type | amplitude ($\epsilon_x - \epsilon_{x_0}$) | width (units) | wave speed / $c_0$ | $T_w/T_0$ |
|-------------|------|----------------------------------|--------------|------------------|------------|
| 2.0         | ($R_i^{(1)}$) | 0.114/0.123$^{(5)}$ | 12$^{(4)}$ | 1.00$^{(5)}$ | 2.75$^{(5)}$ |
|             | ($C_i^{(2)}$) | 0.171/0.157$^{(1)}$ | -            | 0.99$^{(5)}$ | 2.80$^{(5)}$ |
| 3.5         | ($R_i^{(1)}$) | 0.037/0.040$^{(3)}$ | 10$^{(4)}$ | 1.08$^{(5)}$ | 2.55$^{(5)}$ |
|             | ($C_i^{(2)}$) | 0.186/0.166$^{(3)}$ | -            | 0.98$^{(5)}$ | 2.82$^{(5)}$ |
| 5.0         | ($R_i^{(1)}$) | -0.016/-0.014$^{(3)}$ | 10$^{(2)}$ | 1.11$^{(5)}$ | 2.48$^{(5)}$ |
|             | ($C_i^{(2)}$) | 0.198/0.170$^{(3)}$ | -            | 0.97$^{(5)}$ | 2.86$^{(5)}$ |

(1) solitary rarefaction wave
(2) compressive pulse leading the oscillatory tail
(3) values at $t = 0.30$ s / $t = 1.15$ s
(4) average value for $t \in [0.90, 1.15]$ s
(5) average value for $t \in [0.30, 1.15]$ s

Table S3: Properties of the solitary waves in FIG. 4(a) of the main paper
(LIEH branch: $H_{e_0} = 7.40$ mm; $k_{e_0} = 0.394$ kN/m; $c_0 = 0.93$ m/s;
HIES branch: $H_{e_0} = 7.69$ mm; $k_{e_0} = 21.652$ kN/m; $c_0 = 6.11$ m/s).

| $v_0$ (m/s) | type | amplitude ($\epsilon_x - \epsilon_{x_0}$) | width (units) | wave speed / $c_0$ |
|-------------|------|----------------------------------|--------------|------------------|
| 5.0         | ($I_i^{(1)}$) | 0.31$^{(4)}$ | 7$^{(4)}$ | 5.796$^{(6)}$ |
|             | ($R_i^{(2)}$) | 0.23$^{(5)}$ | 4$^{(5)}$ | 5.717$^{(7)}$ |
|             | ($T_i^{(3)}$) | -0.07$^{(5)}$ | 7$^{(5)}$ | 0.986$^{(7)}$ |

(1) incident solitary compression wave
(2) leading reflected solitary compression wave
(3) transmitted solitary rarefaction wave
(4) value at $t = 0.6$ s
(5) value at $t = 1.4$ s
(6) average value for $t \in [0.5, 0.6]$ s
(7) average value for $t \in [1.1, 1.3]$ s

Table S4: Properties of the solitary waves in FIG. 4(b) of the main paper.
(HIES branch: $H_{e_0} = 7.68$ mm; $k_{e_0} = 21.652$ kN/m; $c_0 = 6.11$ m/s;
LIEH branch: $H_{e_0} = 7.35$ mm; $k_{e_0} = 0.395$ kN/m; $c_0 = 0.93$ m/s).

| $v_0$ (m/s) | type | amplitude ($\epsilon_x - \epsilon_{x_0}$) | width (units) | wave speed / $c_0$ |
|-------------|------|----------------------------------|--------------|------------------|
| 5.0         | ($I_i^{(1)}$) | -0.17$^{(4)}$ | 10$^{(4)}$ | 1.147$^{(6)}$ |
|             | ($R_i^{(2)}$) | -0.08$^{(5)}$ | 5$^{(5)}$ | 1.083$^{(7)}$ |
|             | ($T_i^{(3)}$) | 0.07$^{(5)}$ | 3$^{(5)}$ | 3.891$^{(7)}$ |

(1) leading incident solitary rarefaction wave
(2) reflected solitary rarefaction wave
(3) leading transmitted solitary compression wave
(4) average value for $t \in [0.90, 1.15]$ s
(5) value at $t = 1.3$ s
(6) average value for $t \in [0.5, 0.6]$ s
(7) average value for $t \in [1.1, 1.3]$ s
FIG. S1. Sequence of configurations of the tensegrity unit under compressive loading ($p_0 = 0$), and corresponding internal forces acting on the individual members (N).

FIG. S2. Tuning of internal prestress $p_0$ for fixed global prestrain $\varepsilon_{x_0} = 0.15$ and $v_0 = 5.0$ m/s. The strain is offset for visual clarity (Y ticks indicate 0.5).
FIG. S3. Interaction of a rarefaction solitary wave with the interface between a LIEH branch with 700 masses and a HIES branch with 2200 masses (Y ticks indicate 0.1).

FIG. S4. Interaction of a rarefaction solitary wave with the interface between a HIES branch with 1500 masses and a LIEH branch with 2000 masses (Y ticks indicate 0.1).