Endoscopic Retrograde Cholangiopancreatography in Bilioenteric Anastomosis

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For diagnosis and treatment of pancreatobiliary diseases, endoscopic retrograde cholangiopancreatography (ERCP) is useful method nowadays and its technically success rate is usually in about 90%-95% of patients with normal gastric and pancreaticobiliary anatomy. Recently ERCP is significantly challenging after intestinal reconstruction, particularly in patients who have undergone pancreaticoduodenectomy (PD, classic Whipple’s operation) or pylorus-preserving pancreaticoduodenectomy (PPPD) with reconstruction. PD and PPPD relate to numerous techniques have been presented for reconstruction of the digestive tract and pancreaticobiliary tree during the resection bilioenteric stricture commonly occurs later in the postoperative course and developed in 5-year cumulative probability of biliary stricture rate of 8.2% and pancreaticoenteric stricture of 4.6%. This complication was no difference in incidence between patients with benign or malignant disease. In PD or PPPD with reconstruction, short pancreatobiliary limb with biliojejunal anastomosis site is made usually, modestly success rate of intubation to blind loop and cannulation with conventional endoscope. However, in combined Reux-en-Y anastomosis, longer pancreatobiliary limb and additional Reux limb are obstacle to success intubation and cannulation by using conventional endoscope. In this situation, new designed enetroscope with dedicated accessories is efficient.

Key Words: ERCP; Pancreaticoduodenectomy; Pylorus-preserving pancreaticoduodenectomy

INTRODUCTION

Currently, for diagnosis and treatment of pancreatobiliary diseases, endoscopic retrograde cholangiopancreatography (ERCP) is a useful method. Its technical success rate is about 90%-95% in patients with normal gastric and pancreaticobiliary anatomy.1 Recently, ERCP after intestinal reconstruction was found to be significantly challenging, particularly in patients who have undergone pancreaticoduodenectomy (PD; classic Whipple’s operation) or pylorus-preserving pancreaticoduodenectomy (PPPD) with reconstruction.2 Generally, PD and PPPD are performed for pancreatic and periampullary malignant diseases. However, recently, various benign diseases such as complicated or decompensated chronic pancreatitis, intraductal papillary mucinous neoplasm with malignant potential, and symptomatic mucinous cystic neoplasm have been included as indications, accounting for an estimated 9.2% of all PD and PPPD procedures performed.3

In high-volume centers, PD or PPPD is presently associated with a mortality rate of <5% and an operation-related morbidity of 40%-50%. The most frequent complications of PD or PPPD are pancreatic fistula, delayed gastric emptying, and hemorrhage. Less frequent complications include ischemic, infectious, and biliary complications, including bilioenteric stricture.4

Bilioenteric stricture commonly occurs later in the postoperative course, with a 5-year cumulative probability of 8.2% for biliary stricture and 4.6% for pancreaticoenteric stricture. Recurrent cases that require further treatment occur in about 20%-25% of cases. The incidence of this complication showed no significant difference between patients with benign or...
those with malignant disease. This review focuses on the technical challenges in performing ERCP in PD or PPPD with bilioenteric and pancreaticoenteric anastomosis, and on strategies to overcome them.

WHIPPLE’S OPERATION (PD) OR PPPD WITH INTESTINAL RECONSTRUCTION

PD and PPPD have been performed in relation to numerous other techniques and have been introduced for reconstruction of the digestive tract and pancreaticobiliary tree during resection. The advantages of PPPD include long-term improvement in gastrointestinal function, as indicated by increased postoperative weight gain, fewer peptic ulcers, and less dumping. In addition, it simplifies the operation and thus leads to shorter operation time and less intraoperative blood loss than conventional PD.

The PPPD technique needs at least three or four anastomoses, end-to-side pylorus-jejunostomy (only biliopancreatic limb) or end-to-side jejunojejunostomy (in Roux-en-Y reconstruction), end-to-side hepaticojejunostomy, and end-to-side or end-to-end pancreaticojejunostomy.

Especially end-to-side hepaticojejunostomy is a widely adapted technique for variable conditions such as liver transplantation, history of bile duct injuries or trauma, biliary strictures, or prior biliopancreatic operations with stricture formation, choledochal cyst resection, recurrent biliary stones, hilar cholangiocarcinoma, and other biliary malignant tumors.

Thorough knowledge and exact information on postoperative anatomy and training in conventional ERCP are needed before starting to perform ERCP procedures in patients with biliopancreatic anastomosis. For example, magnetic resonance cholangiopancreatography (MRCP) can be highly informative for understanding anatomes related to hepaticojejunostomy status.

Over 60 evolutional techniques have been introduced for reconstruction of the digestive and pancreaticobiliary tracts after PD or PPPD, including hepaticojejunostomy. In these techniques, the most important concept is that the anastomosis should be made only in a single limb of the bowel, that is, the afferent loop (loop), which is linked to the lesser curvature of the stomach to form the bilioenteric limb. Consequently, the afferent jejunal loop is Anastomosed to the common bile duct (hepaticojejunostomy); and the afferent jejunal loop, to the pancreatic remnant (pancreaticojejunostomy) in one limb of the bowel. Drainage for the biliary and pancreatic ductal systems is established via only one afferent limb.

The afferent loop (biliopancreatic limb) or Roux-en-Y (Roux limb) varies in length (shorter limbs, <40 cm or longer limbs, >60 cm) depending on the operative technique used in PD or PPPD.

WHIPPLE’S OPERATION (PD) OR PPPD WITH ROUX-EN-Y ANASTOMOSIS

Roux-en-Y reconstruction was developed at the end of the 19th century by the Swiss surgeon Cesar Roux (1857–1934). In Roux-en-Y reconstruction, long afferent limbs are frequently reconstructed in patients with morbid obesity, and hepaticojejunostomy is performed for living-donor liver transplantation (LDLT), PD for pancreatic adenocarcinoma and ampullary carcinoma, total gastrectomy for proximal stomach cancer, and choledochojejunostomy for stone or benign biliary disease.

The number of Roux-en-Y reconstruction cases has increased as a result of the recent spread of laparoscopic surgery. In pancreaticobiliary surgery (PD or PPPD), usually short-limb (pancreatobiliary and Roux limbs) Roux-en-Y reconstruction with biliopancreatic/pancreaticoenteric anastomosis is made. Hepaticojejunostomy with Roux-en-Y operation does not change the duodenum, making ERCP easy to perform for pancreatic disease.

In planning an ERCP for patients who are indicated to undergo Roux-en-Y reconstruction, the following considerations are needed: (1) Approximate length of the Roux-en-Y limb, which is determined in medical conditions such as a short limb in PD or PPPD and a long limb in bariatric surgery. (2) The Roux-en-Y, which has a short limb (approximately 40 cm), may be found within the antecolic anastomosis, whereas the long limb (approximately 60 cm) may be found within the retrocolic anastomosis. (3) Enteral anastomosis is usually performed with an end-to-side pattern, whereas combined Braun anastomosis is performed with a side-to-side pattern.

WHIPPLE’S OPERATION (PD) OR PPPD AND THE TECHNICAL LIMITATIONS OF ERCP

ERCP has many technical limitations when performed with PD or PPPD with bilioenteric anastomosis (Fig. 1).

Long afferent loop
The total length of the afferent loop is dependent on the medical condition and operative opinion, and the location of the jejunal loop is related to the mesocolon. Prototype oblique-viewing duodenoscopy is available for PD or PPPD with or without Roux-en-Y anastomosis reconstruction. As mentioned earlier, PD or PPPD with enteral anastomosis is made with a short afferent loop (<40 cm length).

However, if the endoscope cannot reach the blind end, a forward-viewing gastroscope or baby colonoscope, with or
without an additional transparent distal cap, is used instead. The forward-viewing endoscope has better endoscopic orientation. Sometimes, device-assisted enteroscopy (DAE) is needed.

**Angulation of the afferent loop**
Postoperative adhesion is an important cause of angulation. It is suspected during cleaning of regional lymphatics of malignant tumors. Loop formation in the remnant stomach is another cause of angulation. It is dependent on the length of the afferent loop. A long afferent limb related to Roux-en-Y may lead to abrupt angulation in the gastroenteral and jejunojejunal anastomosis sites in PD or PPPD.

If persistent loop formation with deep angulation occurs, abdominal compression or changing the patient’s position is useful to release the loop formation and overcome angulation. Addition use of a colonoscope (variable stiffness), steerable tip of the colonoscope, and semi-rigid overtube DAE prevents loop formation near the gastric remnant.

**Cannulation of bilioenteric or pancreatoenteric anastomosis**
In PD or PPPD, the hepaticojejunostomy orifice is made with an end-to-side anastomosis located about 10 cm distal to the blind end. Intermittent antiperistalsis with the presence of some bile juice can be observed on endoscopy. A pancreaticojejunostomy orifice is made with an end-to-end or end-to-side anastomosis, with the pancreatic duct sutured to the jejunal mucosa (mucosa-to-mucosal anastomosis), or with a "dunking" anastomosis (the pancreatic stump is invaginated into the jejunum). On endoscopy, an anastomosis orifice can be observed depending on the transparency of the pancreatic juice and its size. Hence, finding an anastomosis orifice is more difficult than finding a hepaticojejunostomy orifice. While cannulation can be used to create an orifice, the papilla orientation often changes.

In PD or PPPD, because the bilioenteric or pancreatoenteric anastomosis has no intact papilla with the sphincter of Oddi, forming an orifice by using cannulation seems easier than forming a normal papilla orifice by using gastric bypass surgery.

**WHIPPLE’S OPERATION (PD) OR PPPD AND THE CHOICE OF THE MOST APPROPRIATE INSTRUMENT DURING ERCP**
In PD or PPPD, a short pancreatobiliary limb (<40 cm) with hepaticojejunostomy and pancreaticojejunostomy anastomoses is already reconstructed. Sometimes, Roux-en-Y reconstruction is additionally performed in the pancreatobiliary limb, in combination with the Roux limb created with jejunojejunal anastomosis.

In this situation, the choice of an adequate endoscope is made based on several factors. The first consideration is the length of the afferent limb. For PD or PPPD, the conventional duodenoscope or cap-assisted forward-viewing gastroscope can be used owing to the short afferent limb, but sometimes length limitation exists. The baby colonoscope or push enteroscope, which is longer, is an alternative tool. However, with these forward-viewing endoscopes without an elevator, cannulation is difficult in spite of successfully accessing the blind loop. In PD or PPPD with Roux-en-Y reconstruction, because...
the long Roux and pancreaticobiliary limbs are reconstructed, a deep-reaching enteroscope (double-balloon enteroscopy [DBE] or single-balloon enteroscopy [SBE]) is adequate. The second consideration is how to overcome angulation. In PD or PPPD without Roux-en-Y anastomosis, deep angulation may occur in the gastrojejunostomy site owing to adhesion. In this situation, cap assisted forward viewing endoscopy is safe and better overcome angulation. In PD or PPPD with Roux-en-Y anastomosis, from the start of the procedure, a deep-reaching enteroscope is useful for overcoming angulation. Gastrojejunostomy and jejunojejunostomy anastomosis often result in deep angulation and induce perforation.

The third consideration is the instrument itself. The currently used endoscopes for performing ERCP are not primarily designed for this purpose (e.g., enteroscopes have been adapted for deep small bowel examination only). In PD or PPPD with Roux-en-Y reconstruction, owing to the length of the afferent limb, as mentioned earlier, the standard enteroscopes (DBE or SBE, with a 200-cm working length and a working channel diameter of 2.8 mm) are available. However, they limit the types of ERCP accessories that may be used because of the conventional devices for ERCP are too short to be used and complex procedures could not be performed. Thus, a short deep-reaching enteroscope (with a 152-cm working length and a working channel diameter of 3.2 mm) is developed, allowing the use of standard ERCP accessories.

Whipple’s Operation (PD) or PPPD with Complications Occurring During ERCP

The overall complication risk ranges from 0% to 19.5% in ERCP procedures for patients with altered anatomies. In PD or PPPD, deep angulation is established by using a reconstructed intestinal anastomosis. Perforation is most serious and frequent develops as a post-ERCP complication. The perforation site is dependent on the intestinal reconstruction method used.

In PD or PPPD with Roux-en-Y, the gastrojejunostomy site is vulnerable. Sometimes, a fixed and torqued afferent loop is also perforated during the procedure. Less frequent complications include bleeding, cholangitis, mucosal tears, and post-ERCP pancreatitis.

Conclusion

ERCP is technically challenging in patients with a history of operation and intestinal reconstruction. In PD or PPPD with reconstruction, a short pancreaticobiliary limb is usually made in the biliary jejunal anastomosis site, with a modest success rate of intubation to the blind loop and cannulation with a conventional endoscope.

However, in combined Roux-en-Y anastomosis, a longer pancreaticobiliary limb and additional Roux loop are obstacles to the success of intubation and cannulation by using a conventional endoscope. In this situation, a newly designed enteroscope with dedicated accessories would be efficient.

Conflicts of Interest

The author has no financial conflicts of interest.

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