Abstract
During the process of human islet isolation a cascade of stressful events are triggered and negatively influence islet yield, viability, and function, including the production of proinflammatory cytokines and activation of apoptosis. Carbon monoxide-releasing molecule 2 (CORM-2) is a donor of carbon monoxide (CO) and can release CO spontaneously. Accumulating studies suggest that CORM-2 exerts cytoprotective and anti-inflammatory properties. However, the effect of CORM-2 on islet isolation is still unclear. In this study, we found that CORM-2 pretreatment significantly decreased the expression of critical inflammatory genes, including tissue factor, intercellular adhesion molecule-1, chemokine (C-C motif) ligand 2, C-X-C motif chemokine 10, Toll-like receptor 4, interleukin-1β, interleukin-6, and tumor necrosis factor-α (TNF-α). The isolated islets of the CORM-2 pretreatment group showed reduced apoptotic rate, improved viability, and higher glucose-stimulated insulin secretion, and functional gene expression in comparison to control group. Importantly, CORM-2 pretreatment prevented the impairment caused by TNF-α, evidenced by the improved glucose-stimulated index and transplantation outcomes. The present study demonstrated the anti-inflammatory property of CORM-2 during human islet isolation, and we suggest that CORM-2 pretreatment is an appealing treatment to mitigate inflammation-mediated islet dysfunction during isolation and culture ex vivo and to preserve long-term islet survival and function.

Keywords
islet transplantation, inflammation, CORM-2, islet function, TNF-α

Introduction
Islet transplantation is a promising treatment for type 1 diabetes mellitus, which can significantly reduce the incidence of severe hypoglycemia events. Both the islet quantity and quality are critical factors influencing the efficacy of clinical islet transplantation. The donor islets are isolated using enzyme perfusion method. However, the enzymatic and mechanical digestion process during islet isolation has been reported as a compromised function of islets after transplantation due to the related inflammation events. Reducing the inflammation during islet isolation might benefit the maintenance of the islet function and consequently improve the transplantation outcomes.

Carbon monoxide (CO) is synthesized by heme oxygenase during heme degradation. Recent evidence has proved that low-dose exogenous CO can attenuate the impairment of oxidative stress and local and systemic inflammation. Carbon monoxide-releasing molecule 2 (CORM-2) is often used as a CO donor. Lin et al. found that CORM-2 decreased tumor...
necrosis factor-α (TNF-α)-induced lung inflammation. Megias et al. reported that CORM-2 suppressed cytokine-induced inflammation in a human colon epithelial cell line. Katada et al. found that CORM-2 inhibited ischemia/reperfusion-induced inflammation in the small intestine. These observations highlighted the anti-inflammatory properties of CORM-2. Yet, whether CORM-2 has an anti-inflammatory effect and mitigates the consequent islet dysfunction during the islet isolation is unknown.

In the present study, we showed that CORM-2 pretreatment inhibited the expression of inflammatory cytokines, improved islet viability and function, and reduced the apoptotic rate of isolated islet cells. TNF-α is a potential mediator of β-cell death after transplantation. Here we also demonstrated that CORM-2 pretreatment attenuated the islet dysfunction induced by TNF-α and improved transplant outcomes. Taken together, we demonstrated the beneficial effect of CORM-2 on islet isolation, which is associated with suppression of inflammation.

**Materials and Methods**

**Mice**

Male ICR and BALB/c mice, 8 to 10 weeks, were purchased from Beijing Huafukang Biosciences (Beijing, China). The islets used in the in vitro experiments were isolated from male ICR mice because of their high yield of islets. Both the islet donor and recipient mice were male BALB/c in the in vivo islet transplantation experiment. All mice were fed normal chow and maintained on a 12-h light–dark cycle (lights on at 7:00 AM). The Nankai University Institutional Animal Care and Utilization Committee approved all experiments.

**Islet Isolation and Treatment**

Islets were isolated f...
performed with DAPI (Vector, Burlingame, CA, USA). Panoramic MIDI and Panoramic Viewer (3DHistech, Budapest, Hungary) were used to scan stained slides and capture images. All the pictures were quantified and analyzed using Image-Pro Plus software.

**Islet Transplantation**

STZ-induced diabetic (single intraperitoneal injection of 165 mg/kg STZ; Sigma-Aldrich) BALB/c mice were used as recipients. The mice were considered diabetic when non-fasting blood glucose was larger than 300 mg/dl for two consecutive days. One hundred and fifty islets isolated from BALB/c mice were transplanted into kidney subcapsular space of diabetic recipients. Blood glucose values were measured every day for 33 days. Before sacrificing the mice, the islet graft-bearing kidneys were removed on day 30.

**Intraperitoneal Glucose Tolerance Test**

Intraperitoneal glucose tolerance test (IPGTT) was performed after an overnight fasting with free access to water. Blood glucose was measured at 0, 15, 30, 60, and 120 min after each mouse was given an intraperitoneal injection of glucose (2 g/kg body weight) using a Roche glucometer. Area under the curve between 0 and 120 min was calculated for each mouse.

**Statistical Analysis**

All data were analyzed by two-tailed Student’s t test or one- or two-way ANOVA with post hoc Tukey’s test using GraphPad Prism Version 7.0d. P values of <0.05 were considered statistically significant.

### Results

**CORM-2 Pretreatment Attenuates the Inflammation in Isolated Islets**

To examine the inflammatory level of islets between CORM-2 pretreatment and control groups, we analyzed the mRNA expressions of proinflammatory cytokines of islets immediately after isolation which are well known to impact graft function and transplant outcomes. As shown in Fig. 1, we observed markedly decreased levels of tissue factor (TF), intercellular adhesion molecule (ICAM-1), chemokine (C-C motif) ligand 2 (CCL2), C-X-C motif chemokine 10 (CXCL10), Toll-like receptor 4 (TLR4), interleukin-1β (IL-1β), interleukin-6 (IL-6), and tumor necrosis factor-α (TNF-α) in CORM-2 pretreatment group. These findings suggest that CORM-2 has anti-inflammatory properties in islet isolation.

**CORM-2 Pretreatment Inhibits the Apoptosis of Isolated Islets**

To test the capacity of CORM-2 to protect islet viability, FDA/PI staining followed by fluorescence microscopy was carried out. As shown in Fig. 2A, B, after 72-h culture ex vivo, CORM-2 pretreatment group showed significantly higher viability compared to the control group. Moreover, we found the apoptotic rate of islet cells in the CORM-2 group was lower than that in the control group (Fig. 2C, D). These data suggest that CORM-2 contributes to maintaining the viability of isolated islets cultured ex vivo.

**CORM-2 Pretreatment Improves the Function of Isolated Islets**

To determine the protective effect of CORM-2 on islet function, islets isolated with or without CORM-2 supplementation were cultured ex vivo; then the expression of functional...
Fig. 1. Carbon monoxide-releasing molecule 2 (CORM-2) pretreatment attenuates islet inflammation after isolation. Relative mRNA expressions of (A) TF, (B) ICAM-1, (C) CCL2, (D) CXCL10, (E) TLR4, (F) IL-1β, (G) IL-6, and (H) TNF-α in islets pretreated with or without CORM-2. Data are shown as mean ± SD. ***P < 0.001. CORM-2: carbon monoxide-releasing molecule 2; TF: tissue factor; ICAM-1: intercellular adhesion molecule; CCL2: chemokine (C-C motif) ligand 2; CXCL10: C-X-C motif chemokine 10; TLR4: Toll-like receptor 4; IL-1β: interleukin-1β; IL-6: interleukin-6; TNF-α: tumor necrosis factor-α.

Fig. 2. Improvement of islet viability after CORM-2 pretreatment. (A) Representative ex vivo viability in isolated islets cultured for 72 h. Green, living cells; red, dead cells. Original magnification ×100. (B) Quantitative evaluation of islet viability. Hundred islets in three independent experiments were examined, and the average viability in each experiment was calculated. (C) The distribution of apoptotic cells on the diagram of flow cytometry. (D) Quantitative evaluation of apoptotic cells. Data are shown as mean ± SD. *P < 0.05, **P < 0.01. CORM-2: carbon monoxide-releasing molecule 2.
genes were examined. As shown in Fig. 3A, no significant changes were detected immediately after isolation. However, the improvement was observed after 72 h of culturing ex vivo (Fig. 3B), with key islet functional genes INS, PDX1, MAFA, NKX6.1, and GLUT2 dramatically upregulated after CORM-2 pretreatment. To further validate the CORM-2 effect, we assessed GSI of islets with CORM-2 pretreatment. As shown in Fig. 3C, the GSI of islets was significantly increased after CORM-2 pretreatment.

**CORM-2 Pretreatment Attenuates the TNF-α-Induced Functional Damage of Isolated Islets**

TNF-α is a potential inflammatory mediator of β-cell death after transplantation. The percentages of insulin-positive cells (Fig. 4A, B), functional gene expressions (Fig. 4C), and glucose-stimulated insulin secretion (Fig. 4D) of islets treated with TNF-α were significantly decreased, suggesting that the presence of TNF-α impairs β-cell function. Thus we used TNF-α treatment as a representative inflammatory stimulus on islets, in order to investigate the potential protective role of CORM-2 pretreatment in resisting inflammatory destruction. We compared the TNF-α-induced impairment on islets with or without CORM-2 pretreatment. Results showed that the insulin-positive cell percentage per islet (Fig. 4A, B), β-cell functional gene expression (Fig. 4C), and the glucose-stimulated insulin secretion (Fig. 4D) in the islets with CORM-2 pretreatment (CORM-2 + TNF-α) were significantly higher than that detected in the islets without CORM-2 pretreatment in the presence of TNF-α (control + TNF-α). These results implied that CORM-2 has a protective effect on islets against TNF-α-induced damage.

We further evaluated the function of islets in vivo using a syngeneic transplantation model. After TNF-α treatment for 48 h during ex vivo culture, islets with or without CORM-2 pretreatment were transplanted to STZ-induced diabetic mice (control + TNF-α group vs CORM-2 + TNF-α group). Meanwhile, an equal quantity of islets without any treatment were transplanted as a control for effective TNF-α treatment, as well as a positive control for successful transplantation surgery. The nonfasting blood glucose levels in CORM-2 + TNF-α group were lower than that in control + TNF-α group (Fig. 5A). IPGTT results showed that the glucose tolerance in CORM-2 + TNF-α group was superior than that in control + TNF-α group (Fig. 5C, D). These results demonstrate that CORM-2 treatment during islet isolation procedure is sufficient to significantly improve the transplant outcomes. These in vivo results confirmed the protective effect of CORM-2 pretreatment in resisting TNF-α-induced impairment.

**Discussion**

In order to restore insulin independence after islet transplantation, more than one cadaveric pancreata are usually needed to achieve sufficient islets for one recipient. One reason is that the inflammation stress during the islet isolation impairs islet viability and function. The inflammatory signals produced during the isolation procedure can be further amplified through a positive feedback mechanism in the following ex vivo culture period before transplantation, leading to further damage to the islets and affecting transplantation outcomes. Inhibiting the inflammatory stress during islet isolation is a potential approach to improving islet quality and quantity. In the present study, we identified that CORM-2 effectively reduced the expressions of inflammation factors in the isolated islets, including TF, ICAM-1, CCL2, CXCL10, TLR4, IL-1β, IL-6, and TNF-α (Fig. 1), suggesting an inhibition of inflammation responses. These results imply that CORM-2 is an appealing treatment which
is beneficial for the resolution of inflammation during the initial digestion period of islets’ isolation. A short-term ex vivo culture is usually inevitable for the freshly isolated islets for quality assessment and surgery preparation. Additionally, accumulating studies suggested that the short-term culture of islets enhances the purity and ultrastructural integrity and decreases immunogenicity of islets. However, due to the continuing inflammation stress in this period, the ex vivo culture also results in decreased viability and function of islets. In this study, we demonstrated that the treatment of islets with CORM-2 during the isolation procedure can not only improve the islet viability, but also evidently reduce the number of apoptotic islet cells. Additionally, CORM-2 supplementation during islet isolation enhances the expressions of islet functional genes INS, PDX-1, MAFA, NKX6.1, and GLUT2, which is possibly due to the inhibition of inflammation by CORM-2 and the consequent amplification of inflammatory signals.

Multiple studies demonstrated that the innate inflammatory events in the site of islet graft result in early graft loss after transplantation. TNF-α is an important inflammatory cytokine which significantly impacts the clinical outcome of islet transplantation. Early studies have verified that TNF-α induces islet destruction. In this study, we also confirmed that TNF-α can significantly impair the islet function. Importantly, we found that CORM-2 can prevent TNF-α-mediated islet function damage and protect glucose responsiveness of islets. Ulteriorly, using an islet transplant mice model, we demonstrated that mice receiving CORM-2 pretreatment islets showed improved transplant outcomes as evidenced by a superior islet function. Taken together, these findings suggest that CORM-2 pretreatment may have a potential in protecting islet graft from inflammatory damage in the recipients.

In summary, our findings demonstrated that the presence of CORM-2 in the collagenase solution during islet isolation reduces the innate inflammation level in the islets and thus might protect islets from inflammatory damage from the beginning of islets’ isolation. Besides, CORM-2 pretreatment can further attenuate the inflammatory damage on cell viability and function of ex vivo cultured islets, suggesting that CORM-2 might also have a potential in enlarging the window of ex vivo culture before transplantation. In addition, CORM-2-pretreated islets also have better resistance to exogenous inflammatory cytokines, suggesting that the islets isolated with CORM-2 pretreatment might have higher survival ability in front of inflammatory cytokines attack after transplantation. We proposed that CORM-2 is a potential agent to prevent islet inflammation during the isolation procedure, which may improve the quantity and quality of human isolated islets and the further transplantation outcome.
Authors’ Note
Xiang-Heng Cai and Guan-Qiao Wang contributed equally to this work.

Author Contributions
Conceptualization: ZS and SW; formal analysis: XC and GW; investigation: XC, GW, RL, WL, TL, and JZ; project administration: JZ, NL, and YL; supervision: ZS and SW; writing original draft: XC and GW; review and editing: ZS and SW.

Ethical Approval
Animal experiments were approved by the Medical Ethical Committee of Tianjin First Central Hospital.

Statement of Human and Animal Rights
All procedures in this study were conducted in accordance with the Medical Ethical Committee of Tianjin First Central Hospital approved protocol.

Statement of Informed Consent
There are no human subjects in this article and informed consent is not applicable.

Declaration of Conflicting Interests
The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Fig. 5. Evaluation of islet function in vivo of TNF-α-treated islets that were isolated with or without CORM-2 pretreatment. (A, B) Results of blood glucose (A) and body weight (B) measurements (n = 8). (C) Blood glucose levels of mice in IPGTT on day 14. (D) Area under the curve of blood glucose levels of mice in IPGTT on day 14. Data are shown as mean ± SD. aP < 0.05: control group vs control + TNF-α group; bP < 0.05: CORM-2 + TNF-α treatment group vs control + TNF-α group (one- (D) or two-way (C) ANOVA with post hoc Tukey’s test). CORM-2: carbon monoxide-releasing molecule 2; IPGTT: intraperitoneal glucose tolerance test; TNF-α: tumor necrosis factor-α.

Authors’ Note
Xiang-Heng Cai and Guan-Qiao Wang contributed equally to this work.

Author Contributions
Conceptualization: ZS and SW; formal analysis: XC and GW; investigation: XC, GW, RL, WL, TL, and JZ; project administration: JZ, NL, and YL; supervision: ZS and SW; writing original draft: XC and GW; review and editing: ZS and SW.

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