ENERGY SIMULATION SUPPORTED SKETCH PLAN OPTIMIZATION OF THE UNIVERSITY OF PÉCS, MEDICAL SCHOOL EXTENSION

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Abstract: A building physics supported development was undertaken for the new block of the University of Pécs, Medical School. During sketch design stage climate, lighting and energy simulations were applied to quantify energy optimization strategies. Simulation cases assess the impact of shading technologies, wall-window ratios and thermal masses on used thermal energy demand. Based on a previous study about visual and comfort performance, goal was to identify the highest energy efficiency rates with maximum investment cost savings. Besides best comfort results, the most optimal development represents 9% saving in used thermal energy, and they were proposed for further design.

Keywords: Medical school, Sketch plan optimization, Shading, Wall-window ratio, Thermal mass, Energy demand, Energy efficiency, Optimal model

1. Introduction and research goal

The Energy Design Research Group at University of Pécs conducts thermal dynamic and light simulation studies for optimal building design. Simulation works as a decision support system for analyzing alternatives of building geometry, building structures, building services systems, comfort and energy. In the framework of the simulation design part, the concept suggestions are tested in building physics, building climate and energy modeling, dynamic calculations and the results serve as basis for understanding and analyzing the variants and then making the concrete design recommendations.

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Particular study deals with an office and lab building optimization. A great number of research papers explore solutions and strategies in building energy optimization, with special focus on building envelope, building geometry and shape, energy systems [1]-[8]. Besides sophisticated and systematic analysis of the passive and active design solutions, most research studies assess theoretical and general building energy optimization issues, without any linkage to feedback from real implemented buildings or measurements. In contrast, this research project is the embedded second stage of the University of Pécs, Medical School extension design procedure, to be implemented in 2019. The examined building possesses 5 levels with a total of approx. 12.916 m² useful floor area. The typical boundary conditions for building optimization were fixed space organisation, functional layout, building body shape and structures, materials, defined by the architect [9] and the contractor. After preliminary comfort tests, energy simulation studies became necessary for decision support of the outline plan [10]. Prior dynamic thermal building simulations of prototype public building projects [11] enabled to gain a broad understanding and experience in high-tech simulation modeling, as well as calculation accuracy. In the energy simulation tests, diverse shading, wall-window ratio (WWR), and thermal mass design variations were analyzed and the optimal ones were selected. The building envelope represents one of the main energy and comfort influencing design factor in both complex theoretical building optimization investigation domains as well as in real implementation building design optimization projects. This interesting coincidence underlines the building envelope’s crucial and decisive role in office building comfort and energy performance. Fig. 1 displays the new building block of the University of Pécs, Medical School.

Fig. 1. Rendering 3D perspective view of the new block of the University of Pécs, Medical School

2. Methodology

Used energy demand surveys were conducted with thermal building simulations using IDA ICE software, taking into account building configuration, neighborhood and orientation to determine the following structures, as it is elaborated in the previous comfort investigation study [10]:

- the need for different shading technologies;
- investigation of diverse facades with accordingly alternating WWR;
- the effect of releasing heat storage masses (abandonment suspended ceiling).
In all cases the used energy demand was examined during both heating and cooling operation periods by taking solar gains in winter, and radiation loads in summer into account.

3. Results and discussion (Case studies)

The cases shown in Table I have already been investigated [10] at thermal and visual comfort performance, hence actual energy consumption cases have been analyzed against the reference Model 1. The Model 2 - Model 5 tests contain different shading solutions, while Model 6 - Model 8 possess various Parapet Heights (PH), as well as different WWR. In case of Model 9, the effect of the heat storage mass released by abandonment of the suspended ceilings was examined.

| Model descrip. | Shading type | PH | WWR | SC |
|----------------|--------------|----|-----|----|
| Model 1        | Reference 75 cm cantilever per level | - | Sample 95%, Total 20.9% | yes |
| Model 2        | 165 cm cantilever per level | - | Sample 95%, Total 20.9% | yes |
| Model 3        | solar controlled external blinds | - | Sample 95%, Total 20.9% | yes |
| Model 4        | external fixed vertical louver-boards - all year | - | Sample 95%, Total 20.9% | yes |
| Model 5        | external fixed horizontal louver-boards - all year | - | Sample 95%, Total 20.9% | yes |
| Model 6        | WWR variants 75 cm cantilever per level 60 cm | - | Sample 76%, Total 18.3% | yes |
| Model 7        | 75 cm cantilever per level 90 cm | - | Sample 66.5%, Total 17% | yes |
| Model 8        | 75 cm cantilever per level 120 cm | - | Sample 57%, Total 15.7% | yes |
| Model 9        | ‘Active’ heat storage 75 cm cantilever per level | - | Total 20.9% | no |

Main purpose of the model case investigations originally were to test different shading solutions in the fully glazed main facades of the new building block. The best shading, meaning thermal comfort results were performed by model 5, the external fixed horizontal louver-boards structure solution. Furthermore, various WWR models examined 60, 90 and 120 cm high parapet wall structures, which appropriately reduced the glazing ratio from 95% (fully glazed façade) to 57% WWR (120 cm high parapet façade version). The less glazing proportion is planned in the façade, the higher number
of thermal comfort occupancy hours in thermal comfort category I (A) and II (B) according to EN 15251 and ISO 7730. A last case study quantified the thermal comfort performance of a model without suspended ceiling structures in the spaces. This solution was able to further improve the number of the class I (A) and II (B) comfort hours, as the activation of the thermal mass in the reinforced concrete slabs acts as an effective internal passive cooling ‘device’. The visual comfort was examined through assessment of the number of occupancy hours with daylight illumination intensity above 500 lx. The more effective various shading versions worked, the more decrease of daylight intensity was achieved. This effect was similar in the decreasing WWR models as well. However, the reduction of the visual comfort hours does not negatively effect the daylight situation in the offices, since in this building use today’s Information Technology (IT) does not require high daylight level in the spaces. Moreover, less illuminantion (but min. 500 lx) can even cause higher visual comfort sensation with improved thermal comfort effects. After the thermal and visual comfort assessments, cardinal question is how these modes behave in terms of energy efficiency.

3.1. Used energy demand - all façade connected rooms

Different shading models have been tested for heating and cooling used energy demand in all façade connected spaces (Fig. 2). It can be clearly seen that the heating energy demand is the dominant scale due to the transmission heat loss caused by the large glazing ratios. Heating demand is growing up to 16% with increasing shading efficiency. Shading reduces cooling by 37-91% according to the different shading techniques. Solar controlled external blinds and fixed horizontal louvres perform the most cooling conservation. However, on the level of total heating and cooling, the difference in total energy demand is max. 5%, therefore shading is not recommended.

![Fig. 2. Used energy demand in all façade connected rooms, kWh/a, (IDA ICE 4.8)](image)

Fig. 2 shows the heating and cooling energy requirements of the models with three different WWR in façade connected rooms (Model 6 - Model 7). It can be observed that
Model 6 provides 30%, Model 7 42% and Model 8 52% cooling energy savings compared to the reference case. There was also a decrease in the heating energy demand, but its rate is minimal, due to the compensation effect between less heat loss and less solar gains with decreasing WWR. In total cooling and heating max. 9% savings is possible at room level.

3.2. Used energy demand - complete building

Fig. 3 demonstrate the used energy demand for the whole building, where the cooling energy requirement is already decisive because of the function of the building (office, lab with high thermal loads) and the large number of internal closed rooms. Shading has no impact on total heating and cooling demand, as the large-scale building complex (12 916 m²) has a great number of interior spaces (approx. 40% of the total floor area) and the north oriented spaces (approx. 20% of the net floor area) are less influenced by the shading. In the energy performance of the complete building, the low cooling savings (6-10%) and heating increase (3-10%) compensate each other, therefore energetically the use of expensive external weatherproof shading is not economic. The plus on cooling demand means a much lower energy demand and environmental damage Life-Cycle Analysis (LCA) than the production and purchase of shading structures.

![Fig. 3. Used energy demand in the complete building, kWh/a, (IDA ICE 4.8)](image)

Regarding wall-window ratio, the cooling energy demand is decisive too. Based on similar reasons as in the shading study, the glazing ratio has little effect on the total heat demand. The cooling savings are 5-7%, heating conservations are 1%, and in total max. 5% reduction is achieved. Despite the low savings, it is advisable to use parapets, due to high construction an LCA and Life-Cycle Cost Analysis (LCCA) savings in the façades (reduction of glazing ratio). Best results are gained in the 120 cm high parapet design,
although the 90 cm high parapet version seems more realistic considering the implementation and architectural aspects, so this solution can be recommended as an optimal compromise.

The test of ‘activating’ heat storage mass has a decisive effect on the whole building, so the evaluation focusses on that scale. With leaving the suspended ceiling the dominant cooling energy demand could be decreased by approx. 8%, the heating energy demand by approx. 4%, while the overall (heating + cooling) saving reached approx. 6%. This saving is already at the threshold value of energy efficiency in case of large sized buildings, coupled with improved life cycle assessment, CO₂-balance, furthermore achievable significant investment cost reductions. For these reasons, it may be advisable to abandon suspended ceilings in further design steps. If the design of the Heating, Ventilation, and Air Conditioning (HVAC) system requires optical coverage in the rooms, it is recommended to design it only locally (e.g. strip-like solution alongside the windows), leaving the slab surface free, or possibly using a perforated, mesh-like ‘optical’ ceiling, which only partly blocks the beneficial energy and comfort effects of heat storage slabs.

3.3. Optimal building envelope model proposal

Considering the results of the introduced energy case investigations, an optimal combination was proposed to achieve highest energy efficiency performance. The Model 10 version was developed within the projects design boundaries, proposing no shading devices, exclusion of suspended ceiling and 90 cm height of parapet structures. The decision of this combination is based on the following:

- shading has no considerable impact on used thermal energy demand, due to the intensive shielding effect of the southern existing Medical School block;
- the abandonment of the suspended ceiling enable the reduction of heating and cooling used energy demand due to the advantageous self-regulation effect of the internal thermal mass of the reinforced concrete slab structures;
- by reducing the WWR, the cooling energy demand can be significantly lowered, while according to architectural and functional reasons the medium sized, 90 cm high parapet version is proposed.

The analysis results of the optimal model (Model 10), were compared with the results of the reference model (Model 1). Model settings and properties are illustrated in Table II.

| Model descript. | Shading type | PH | WWR       | SC       |
|-----------------|--------------|----|-----------|----------|
| Model 1         | Reference    |    | Sample 95%, Total 20.9% | yes      |
| Model 10        | optimal model| 90 | Sample 66.5%, Total 17%  | no       |
In all façade rooms 70% of cooling energy savings were achieved, due to the beneficial effect of the thermal mass and the 90 cm high parapet (30% less WWR). Heating conservation accounts for 4% per year. The lower rate of winter savings is based on the 3-layer glazing’s good thermal properties (the resulting relatively lower heat loss) and the less winter solar gain reduced by the parapet. In total (heating + cooling) the savings rise to 14% (the highest improvement among all cases) (Fig. 4).

In the complete building 11% cooling and 4% heating energy savings appears in a year. Cooling reduction decreased due to the high ratio of internal spaces and north oriented rooms. The overall 8.35% savings - the largest case so far - could be finally achieved (Fig. 5).

*Fig. 4. Used energy demand in all façade connected rooms, kWh/a, (IDA ICE 4.8)*

*Fig. 5. Used energy demand in the complete building, kWh/a, (IDA ICE 4.8)*
4. Conclusions

Previous experiences in simulation validation of office, industry as well as residential experimental reference buildings proved over 90% accuracy of the dynamic thermal simulation technology (agreement between calculation and measurement results), applied in particular study. Results of 10 optimisation model versions revealed that in aforementioned office/lab design process external shading delivers used cooling energy savings only in spaces adjacent to east-south-west facades, while heating demand raises. For the complete building, external shading technologies are inefficient due to offset of solar loads and gains. In the previous study of this project the thermal comfort is slightly increased but can be easily compensated by using renewable energies in combination of efficient cooling HVAC technology. The reduction of the WWR from 95 to 57% brought also little thermal comfort enhancement, while the used thermal energy demand reached 5% conservation rate, a threshold value to be considered in building operation costs of this kind of large scaled public buildings (12,916 m²). While expensive and LCA intensive shading devices are inefficient, the reduction of the WWR saves operation, investment and LCA, as well as LCCA costs. Thermal mass application performs similar effect in thermal comfort improvement as in the best shading case, with approx. 6% used thermal energy demand reduction.

As an optimum combination, the architecturally acceptable (contractor’s and architect’s preference) WWR of 66.5% (90 cm parapet) and the thermal mass application (abandonment of the suspended ceilings) could be proposed. Besides increase of thermal comfort hours 11% cooling and 4% heating energy savings (total of 8.35% thermal used energy reduction) were achieved in the entire building per year. This can be reported in annually approx. 112,880 kWh/a and 41.2 t/a CO\(_2\)-emissions, and approx. 14,000 € (4,760,000 HUF) operating cost reduction. In addition, this solution ensures significant, approx. 300,000 € (102,000,000 HUF) investment savings, further, the LCA impact and CO\(_2\)-emissions are significantly lower due to the reduction of glazing.

The energy results of the simulation investigations showed that near-by neighborhood structures at south-side of the particular new building development can provide an intensive shading protection that permits the abandonment of the complete external shading device system. Additionally, it can be stated, that within the framework of the above described boundary conditions, the use of external shading is overwritten by reduction of WWR by approx. 50-70%, and the use of available structures’ thermal mass. Besides operation energy and cost considerations, investment costs, LCA and LCCA play key role as well, whereby WWR reduction and exclusion of external shading are advantageous decisions. Important to emphasize that each design project possess unique shading and radiation circumstances, hence simulations mean always an adequate solution for proving design concepts. Within this ‘narrow’ design scope further optimisation possibilities occur for HVAC systems and operation control strategies in future approval and construction planning stages of such projects.

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