Overexpression of LARP1 predicts poor prognosis of colorectal cancer and is expected to be a potential therapeutic target

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Abstract This study investigated the significance of La-related protein 1 (LARP1) in the development and progression of colorectal cancer (CRC). Quantitative real-time polymerase chain reaction and Western blot analyses were carried out to determine the mRNA and protein expression of LARP1 in CRC tumor tissues and paired adjacent normal mucosa. The expression of LARP1 was upregulated in CRC. Immunohistochemical analysis using tissue microarray was performed. A positive correlation between LARP1 and proliferating cell nuclear antigen (PCNA) in the area of proliferation was observed using the Spearman’s correlation coefficient test ($r = 0.332, P < 0.01$). The elevated expression of LARP1 significantly correlated with T stage ($P = 0.02$), N stage ($P = 0.006$), M stage ($P < 0.001$), American Joint Committee on Cancer (AJCC) stage ($P = 0.04$), differentiation rank ($P < 0.001$), and PCNA level ($P < 0.001$). In addition, the inhibitory effect of LARP1 knockdown on CRC cell proliferation was demonstrated using Cell Counting Kit-8 (CCK8) and colony-forming cell (CFC) assays. Multivariate analysis showed that LARP1 was an independent prognostic factor for overall survival (OS; hazard rate (HR) = 0.244; 95 % confidence interval (CI), 0.078–0.769; $P = 0.016$) and disease-free survival (DFS; HR = 0.281; 95 % CI, 0.086–0.917; $P = 0.035$) in CRC patients. LARP1 plays an important role in the proliferation of colorectal cancer and represents a new prognostic indicator.

Keywords Colorectal cancer · LARP1 · Prognosis · Proliferation

Introduction

Colorectal cancer (CRC) is one of the most common cancers worldwide, with a high incidence and mortality [1]. In China, CRC is the fourth most common cancer and the fifth leading cause of death among all types of human cancer [2, 3]. Although CRC has a very high cure rate following surgical resection followed by multidisciplinary treatment (radiation and systemic chemotherapy) in the early stages, the high rate of relapse and distant metastasis still threaten a large percentage of patients [4, 5]. Efforts have been made to elucidate the genetic and molecular characteristics of CRC, for prognosis and response to targeted treatment [3, 5]. Tumor proteins such as P53, KRAS, and others have been associated with colorectal cancer progression and prognosis. However, tumor heterogeneity suggests the need for new markers of CRC [4, 6].

Candidate diagnostic markers in colon cancer were screened by combining experimental and bioinformatics approaches. Using laser capture microdissection, we obtained purified cell populations from heterogeneous tissues and found that La-related protein 1 (LARP1), an RNA-binding protein (RBP), was overexpressed in colorectal cancer tissues compared with paired normal specimens [7].

The LARP subfamilies comprising La, LARP1, LARP1b, LARP4, LARP4b, LARP6, and LARP7 play a significant role in transcription and/or mRNA translation [8, 9]. The members of the LARP family lack enzymatic domains but carry a La

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motif and a nearby RNA recognition motif with location varying among the different LARP proteins [8]. RBPs are important posttranscriptional regulators, with a key role in gene expression in a variety of human tumors [10–13]. LARPs are one of the RBPs that promote cell migration, invasion, and tumorigenesis in vivo [14]. Therefore, a comprehensive understanding of LARPs enables early detection of new biomarkers and facilitates the development of a strategy for cancer prevention and therapy.

LARP1 gene, which is located on chromosome 5q34, encodes a 1096-amino acid protein [15]. LARP1 carries a unique and highly conserved DM15 region, with unknown function [16]. However, DM15 has been suggested to mediate nucleic acid binding, which may be associated with oncogenesis [9, 17]. Recently, LARP1 was shown to be overexpressed in cervical and non-small cell lung cancers, with increased expression correlated with cancer progression and poor prognosis [14]. As a promising biomarker, the expression of LARP1 is closely related to poor prognosis of early-stage and alpha-fetoprotein-normal hepatocellular carcinoma (HCC) patients [18]. Recently, it has been found that downregulation of LARP1 expression in endometrial cancer and lung cancer cell lines was associated with decreased cell proliferation [19]. However, the role of LARP1 in the prognosis and cellular proliferation of colorectal cancer has yet to be defined.

Uncontrolled cell proliferation is considered to be an important feature of malignancy and is closely related to cancer progression. A previous study demonstrated that LARP1 is associated with the proliferation of endometrial cancer and lung cancer lines [19]. In this study, we explored the effect of LARP1 on the proliferation of colorectal cancer cells. As the accessory protein of DNA polymerase δ, Proliferating cell nuclear antigen (PCNA) plays an important role in cell proliferation, DNA replication, and repair [20]. In addition, PCNA also interacts with proteins involved in cell cycle regulation and checkpoint control [21]. The crucial role of PCNA in cellular proliferation supports its frequent use as a marker of tumor cell proliferation [22, 23]. Therefore, we combined PCNA with LARP1 to examine the effect of LARP1 on CRC cell proliferation.

This study initially evaluated the expression of LARP1 in CRC tissues and adjacent normal specimens to investigate the significance of LARP1 in the development and progression of CRC. Furthermore, our study determined the expression of LARP1 and PCNA using immunohistochemical analysis with CRC tissue microarrays (TMAs). We investigated the relationship with clinic pathological features as well as patient survival to illustrate the possibility of LARP1 as a prognostic marker in CRC. The correlation between LARP1 and PCNA in cancer cell proliferation was determined using the Spearman’s correlation coefficient test. The influence of LARP1 on CRC cell proliferation was studied after silencing the expression of LARP1 using short hairpin RNA (shRNA).

### Materials and methods

#### Patients and tissue samples

Tissue samples were obtained from patients who had undergone radical resection at the General Surgery Department of Shanghai General Hospital. No chemotherapy or radiation therapy was applied to these patients before radical resection. We collected a total of 40 cases of colorectal cancer specimens between December 2014 and September 2015. The diagnosis was confirmed by two pathologists, and the cancer staging was determined based on pathological findings according to the American Joint Committee on Cancer (AJCC). All the CRC and corresponding adjacent normal mucosa specimens were collected and preserved after the approval of Institutional Research Ethics Committee of Shanghai Jiao Tong University Affiliated Shanghai General Hospital. All of the 40 patients in the study signed the informed consent. The CRC tissues and adjacent normal mucosa (at least 10 cm away from the primary site) were obtained after surgical resection and immediately frozen in liquid nitrogen and stored at −80 °C to extract RNA and protein later.

#### RNA extraction and quantitative real-time polymerase chain reaction

The total RNA was extracted from cultured cells, tumor tissues, and paired normal mucosa from 40 colorectal cancer patients according to protocols of the manufacturer (TRIzol, TaKaRa, Japan). The first-strand cDNA was synthesized using 1 μg of total RNA by a RevertAid First Strand cDNA Synthesis Kit (Fermentas, Lithuania). Reverse transcription-polymerase chain reaction (RT-PCR) was performed using a ViiA 7 Real-Time PCR System (Life Technology, New York, USA), according to the manufacturer’s protocol. The primer sequences used were as follows: LARP1 sense 5′-GCAA CCTAAAGACACTAC-3′ and antisense 5′-CCTC TTCTTCACATTCAATC-3′, PCNA sense 5′-GTAC CTGAACTTCTTTTACAAA-3′ and antisense 5′-TGCC TAAGATCCTTCTTC-3′, cyclinD1 sense 5′-GCTG CGAAGTGGAAACCA-3′ and antisense 5′-CCTC CTTCAGACACACATTG-3′, and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) sense 5′-GGAA GCTTTGTCATCATG-3′ and antisense 5′-CCCC ACTTGAATTTGGAG-3′. The amplification conditions were as follows: 1 cycle of 2 min at 95 °C followed by 40 cycles of 10 s at 95 °C, 30 s at 60 °C, and 30 s at 72 °C. All experiments were performed in triplicate. The relative quantities of the expression of LARP1 were calculated by $2^{-ΔΔCt}$ (cycle threshold) values, with GAPDH as an internal control.
Cell culture and plasmids

The CRC cells HCT8 and RKO were purchased from the Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China). All the cells were cultured at 37 °C under a moist atmosphere with 5 % CO₂ and maintained in Dulbecco’s modified Eagle medium supplemented with 10 % fetal bovine serum (Gibco, USA), 1 % streptomycin, and penicillin. The shRNA plasmid for LARP1 and the control-shRNA plasmid were purchased from Gene Pharma Company (Shanghai, China). For plasmid transfection, 4 × 10⁴ cells/well in six-well plates were cultured overnight and then transfected with plasmids using Lipofectamine 2000 (Invitrogen, CA, USA), following the manufacturer’s instructions. Then, the concentration of extracted protein was measured using the bicinchoninic acid (BCA) protein assay kit (Beyotime Biotechnology, China). The same amount of protein (30 μg) was dropped into 10 % sodium dodecyl sulfate (SDS)-polyacrylamide gel for electrophoresis and then transferred onto polyvinylidene difluoride (PVDF) membranes. The membranes were blocked with 5 % fat-free milk in Tris-buffered saline and 0.1 % Tween 20 solution at room temperature, and then incubated with primary antibody against LARP1 (1:2000 dilution; Abcam, Cambridge, UK) and GAPDH (1:1000 dilution; Abcam, Cambridge, UK) at 4 °C overnight. Subsequently, the membranes were incubated with secondary antibody (1:5000 dilution; Abgent, San Diego, CA, USA), which has a role of horseradish peroxide (HRP)-tagged detection at room temperature for 2 h. Images of proteins were displayed using an enhanced chemiluminescence reagent (Applygen Technologies Inc., Beijing, China). The Quantity One software (Bio-Rad, California, USA) was used to quantitate the gray scale of each protein strips.

Western blot analysis

Total protein was isolated using a radioimmunoprecipitation assay lysis buffer (Beyotime Biotechnology, China) according to the manufacturer’s instruction. Then, the concentration of extracted protein was measured using the bicinchoninic acid (BCA) protein assay kit (Beyotime Biotechnology). The same amount of protein (30 μg) was dropped into 10 % sodium dodecyl sulfate (SDS)-polyacrylamide gel for electrophoresis and then transferred onto polyvinylidene difluoride (PVDF) membranes. The membranes were blocked with 5 % fat-free milk in Tris-buffered saline and 0.1 % Tween 20 solution at room temperature, and then incubated with primary antibody against LARP1 (1:2000 dilution; Abcam, Cambridge, UK) and GAPDH (1:1000 dilution; Abcam, Cambridge, UK) at 4 °C overnight. Subsequently, the membranes were incubated with secondary antibody (1:5000 dilution; Abgent, San Diego, CA, USA), which has a role of horseradish peroxide (HRP)-tagged detection at room temperature for 2 h. Images of proteins were displayed using an enhanced chemiluminescence reagent (Applygen Technologies Inc., Beijing, China). The Quantity One software (Bio-Rad, California, USA) was used to quantitate the gray scale of each protein strips.

Immunohistochemistry on tissue microarray

The TMA containing 117 paired CRC specimens was constructed in cooperation with Xin Chao Company (Shanghai, China). Tumors were resected from patients between May 2005 and March 2007. The follow-up lasted until December 2014. The median follow-up time in survivors was 63.5 months (range, 4–88 months). The TMA data include 55 men and 62 women with a mean age of 66.32 years (range, 26–89 years). After being dewaxed and rehydrated in xylene and a graded series of ethanol, antigen retrieval for tissue sections were implemented using 0.01 M sodium citrate buffer (pH 6.0). Then, the tissue sections were incubated in the dark with the primary antibody against LARP1 (1:500 dilution; Abcam, Cambridge, UK) or PCNA (1:10,000 dilution; Abcam, Cambridge, UK) for 16 h at 4 °C. The primary antibody was detected using an HRP-conjugated secondary antibody (Gene Tech, Shanghai, China) for 30 min at room temperature. The immunoreactivity was evaluated independently by two pathologists who were blind to the prognosis of patients. The evaluation included both the intensity and the area of staining. Staining intensity for LARP1 scores were as follows: 0 for negative, 1 for weak, 2 for moderate, and 3 for strong. The extent of staining was calculated according to the percentage of the cells stained positively; scores were as follows: 0 (0 %), 1 (1–25 %), 2 (26–50 %), 3 (51–75 %), and 4 (76–100 %). After multiplying the staining intensity score by the staining extent score, the specimens were divided into two groups based on the final score: low (0–6) and high (7–12). The PCNA index was based on the percentage points of the positive nuclear staining cells, and the specimens were divided into two groups based on this: low (less than 10 % of cells with positive nuclei) and high (more than 10 % of cells with positive nuclei).

Cell proliferation assays

The cell proliferation ability was measured using Cell Counting Kit-8 (CCK8) (Dojindo, Japan) according to the instructions of the manufacturer. In simple terms, cells were seeded into 96-well plates (2 × 10³ cells/well) in triplicate. At the appropriate time (12, 24, 36, 48, 60, 72, 96 h), the cells were incubated with 10-μL CCK-8 solution for 2 h at 37 °C under a moist atmosphere with 5 % CO₂. The absorbance of 450 nm was measured using the Gen5 microplate reader (BioTek, Vermont, USA).

Plate colony formation assays

In the plate colony formation assays, 1000 log-phase cells per well were seeded in six-well plates and then cultured at 37 °C under a moist atmosphere with 5 % CO₂ for 2 weeks. After fixing with methyl alcohol for 15 min, the cells were stained with Giemsa solution for 20 min. Then, counting and photography were carried out for colonies of each well. All assays were repeated independently in triplicate.

Statistical analysis

The SPSS statistical software program version 22 (SPSS, IL, USA) was used for statistical analysis. The two-tailed Student’s t test was used for continuous variables. The χ² test
or Fisher’s exact test for categorical data was used to analyze the relationship between LARP1 and clinicopathological features. The disease-free survival (DFS) and overall survival (OS) rates were defined as the interval from the initial surgery to clinically or radiologically proven recurrence/metastasis and death, respectively. The Kaplan–Meier method was used to calculate the survival rates, and the differences between the survival curves were examined by the log-rank tests. Cox proportional hazards models were applied to estimate the effects of the expression of LARP1 and CRC clinicopathological variables on survival in univariate and multivariate analyses. P < 0.05 was considered statistically significant.

Results

Significant upregulation of the expression levels of LARP1 in human CRC

The gene expression of LARP1 at the mRNA level was evaluated by the real-time PCR analysis of 40 pairs of colorectal cancer tissues and their paired adjacent normal mucosa. As shown in Fig. 1a, 19 (47.5 %) colorectal cancer tissues showed at least a twofold increase at the LARP1 mRNA level compared with the adjacent normal specimens. The mean relative quantification of LARP1 in the colon cancer tissue specimens (2.61 ± 0.55) was significantly higher than that in the normal tissue specimens (1.14 ± 0.23, \( P < 0.001 \) Student’s t test). The expression of LARP1 at the protein level was also confirmed using Western blot analysis. The LARP1 protein levels of tumor tissue specimens were significantly higher than those of the adjacent normal mucosa tissue (Fig. 1b). Thus, the expression of LARP1 was elevated at both transcriptional and posttranscriptional levels.

Association of the expression of LARP1 and PCNA in colon cancer with clinicopathological factors

Among the 117 CRC tissues and paired adjacent normal specimens on TMA, the immunohistochemical analysis of the expression of LARP1 and PCNA was performed. LARP1 was expressed in the cytoplasm rather than in the cell nucleus, while PCNA only expressed in the nucleus (Fig. 2). LARP1 showed various expression levels in colorectal tumor tissues, including weak, moderate, and strong. A conspicuous expression of LARP1 was apparent in 61 (52.1 %) of 117 colon cancer tissue specimens. The association between the expression of LARP1 and PCNA with clinicopathological factors is summarized in Table 1. The upregulated expression of LARP1 significantly correlated with T stage \( (P = 0.02) \), N stage \( (P = 0.006) \), M stage \( (P < 0.001) \), AJCC stage \( (P = 0.04) \), and differentiation rank \( (P < 0.001) \). The overexpression of PCNA was significantly associated with T stage \( (P = 0.012) \), N stage \( (P < 0.001) \), M stage \( (P = 0.01) \), and AJCC stage \( (P \leq 0.001) \). Furthermore, the expression of LARP1 was higher in specimens in which PCNA staining was positive than those in which PCNA staining was negative. The positive correlation between LARP1 and PCNA in the area of proliferation was observed by using the Spearman’s correlation coefficient test \( (r = 0.332, P < 0.01) \) (Table 2). Overexpression of LARP1 alone or combined with PCNA predicts poor prognosis

The Kaplan–Meier analysis was used to show the relationship between patient survival (OS and DFS) and the expression of LARP1 or PCNA. The Kaplan–Meier plot showed that the patients with the elevated expression of LARP1 had a poorer OS \( (P < 0.001) \) and DFS \( (P < 0.01) \) than did the patients with LARP1-low tumors (Fig. 3a). The patients with an elevated expression of PCNA had a lower OS \( (P < 0.001) \) and DFS \( (P = 0.024) \) than did the patients with low PCNA expression (Fig. 3b). Furthermore, the samples were divided into the following three groups based on the concomitant expression of LARP1 and PCNA proteins: group 1, tumors exhibiting high expression of both proteins (LARP1+/PCNA+); group 2, tumors exhibiting high expression of only one protein (LARP1+/PCNA−, or LARP1−/PCNA+); and group 3, tumors exhibiting low expression of both proteins (LARP1−/PCNA−). Notably, a better OS and DFS were obtained in group 3 compared with group 2, while group 1 had the lowest
OS and DFS compared with groups 2 and 3 ($P < 0.01$) (Fig. 3c).

A univariate analysis was performed using the Cox proportional hazards model. The result showed that tumor depth, AJCC stage, LNM stage, distant metastasis, vascular invasion, and expression of LARP1 and PCNA were associated with decreased OS (Table 3); all these characteristics, except tumor depth, were associated with decreased DFS (Table 4). The multivariate analysis demonstrated that the expression of LARP1 is an independent prognostic factor for OS (HR = 0.244; 95% CI, 0.078–0.769; $P = 0.016$) and DFS (HR = 0.281; 95% CI, 0.086–0.917; $P = 0.035$).

Knockdown of the expression of LARP1 by shRNA inhibits CRC cell proliferation

To further determine the potential effects of LARP1 on CRC cell proliferation, the RKO and HCT8 cell lines were treated with LARP1-shRNA to knockdown the expression (Fig. 4a). To evaluate the effects of LARP1 knockdown on CRC cell proliferation, the quantitative PCR analysis was used to detect the expression of proliferation-related genes (PCNA; cyclin D1). The expression level of PCNA and cyclin D1 mRNA was downregulated in LARP1-shRNA cells (Fig. 4b). Then, CCK-8 and plate colony formation assays were used to estimate the role of LARP1 in CRC cell growth. As shown in Fig. 4c, the LARP1 knockdown cells were significantly reduced in cell proliferation compared with that of control shRNA cells.

Table 2 The association between LARP1 and PCNA protein expression

| Tissue sample | PCNA expression | $P$ value | $r$ |
|---------------|----------------|----------|----|
| LARP1 negative | 36 | 20 | |
| LARP1 positive | 19 | 42 | $<0.001^{*}$ | 0.332 |

* $P < 0.05$ was considered significant
Furthermore, the ability of colony formation in the LARP1 knockdown cells were also reduced compared with that in control shRNA cells \((P < 0.01)\) (Fig. 4d). These data showed that LARP1 contributed to CRC cell proliferation.

**Discussion**

A great deal of evidence suggests that the LARP family is dysregulated in a variety of cancers [9]. LARP1 was the first member of the LARP family to be associated with oncogenesis [8]. It was first discovered in Drosophila. It plays a key role in embryogenesis, oogenesis, spermatogenesis, mitotic spindle formation, mitochondrial segregation, and cell cycle progression [24–26]. Although LARP1 plays an important role in tumorigenesis and progression of cervical cancer, non-small cell lung cancer, and other cancers, the exact mechanism by which it promotes tumor growth is not fully understood.

**Table 3** Univariate and multivariate Cox proportional hazard models for overall survival (OS)

| Variable     | Univariate          | Multivariate         |
|--------------|---------------------|----------------------|
|              | HR (95 % CI)        | \(P\) value          | HR (95 % CI)        | \(P\) value          |
| LARP1        |                     |                      |                     |                      |
| Low          | 1                   | 1                    | 0.244(0.078–0.769)  | 0.016*               |
| High         | 0.154(0.059–0.401)  | <0.001*              | 0.105(0.016–0.886)  | 0.038*               |
| PCNA         |                     |                      |                     |                      |
| Low          | 1                   | 1                    | 0.527(0.065–4.268)  | 0.548                |
| High         | 0.277(0.124–0.621)  | 0.002*               | 0.303(0.040–2.316)  | 0.250                |
| Age          |                     |                      |                     |                      |
| <65          | 1                   | 1                    | 0.804(0.393–1.646)  | 0.551                |
| ≥65          | 0.804(0.393–1.646)  | 0.551                |                      |                      |
| Gender       |                     |                      |                     |                      |
| Male         | 1                   | 1                    | 0.616(0.300–1.262)  | 0.185                |
| Female       | 1                   | 1                    | 1.179(0.589–2.362)  | 0.642                |
| Location     |                     |                      |                     |                      |
| Left         | 1                   | 1                    | 0.121(0.016–0.886)  | 0.038*               |
| Others       | 1.179(0.589–2.362)  | 0.642                | 0.024(0.010–0.059)  | <0.001*              |
| T stage      |                     |                      |                     |                      |
| T1 + T2      | 1                   | 1                    | 0.024(0.010–0.059)  | <0.001*              |
| T3 + T4      | 0.121(0.016–0.886)  | 0.038*               | 0.024(0.010–0.059)  | <0.001*              |
| N stage      |                     |                      |                     |                      |
| N0           | 1                   | 1                    | 0.105(0.040–0.272)  | <0.001*              |
| N1 + N2      | 0.024(0.010–0.059)  | <0.001*              | 0.015(0.009–0.031)  | <0.001*              |
| M stage      |                     |                      |                     |                      |
| M0           | 1                   | 1                    | 0.082(0.029–0.234)  | <0.001*              |
| M1           | 0.024(0.010–0.059)  | <0.001*              | 0.095(0.032–0.283)  | <0.001*              |
| AJCC stage   |                     |                      |                     |                      |
| I + II       | 1                   | 1                    | 0.082(0.029–0.234)  | <0.001*              |
| III + IV     | 0.024(0.010–0.059)  | <0.001*              | 0.095(0.032–0.283)  | <0.001*              |
| Differentiation|                   |                      |                     |                      |
| Well + moderate | 1                 | 1                    | 0.082(0.029–0.234)  | <0.001*              |
| Poorly       | 0.024(0.010–0.059)  | <0.001*              | 0.095(0.032–0.283)  | <0.001*              |
| Vessel invasion|                  |                      |                     |                      |
| No           | 1                   | 1                    | 0.230(0.070–0.758)  | 0.016*               |
| Yes          | 0.230(0.070–0.758)  | 0.016*               | 0.208(0.052–0.826)  | 0.026*               |

*HR* hazard ratio; *CI* confidence interval

\*\(P < 0.05\) was considered significant
HCC, and prostate cancer [10, 18, 27, 28], the biological function and prognostic value of LARP1 expression in human colon cancer are still unknown.

This study identified the aberrant upregulation of LARP1 mRNA and protein in CRC tissues compared with paired normal specimens. Using immunohistochemical analysis, the upregulation of LARP1 in CRC tissues was found to be significantly associated with clinical pathological characteristics, such as tumor size, AJCC stage, depth of invasion, lymph node metastasis, distant metastasis, and tissue differentiation. The results demonstrated that LARP1 was a potential biomarker of colorectal cancer. As an important cell proliferation marker, PCNA plays an essential role in DNA replication and repair [20]. Its expression and distribution are closely associated with the rate of cellular proliferation and DNA synthesis [29]. This study found that the elevated expression of LARP1 correlated positively with PCNA expression, suggesting that LARP1 mediated cancer cell proliferation.

We carried out functional experiments to demonstrate the hypothesis that LARP1 promoted CRC cell proliferation. CCK-8 assays were used to illustrate the effect of LARP1 on CRC cell proliferation. The results showed that LARP1 knockdown in RKO and HCT8 cells inhibited cell proliferation. Using quantitative real-time PCR assays, we found that

| Variable | Univariate | Multivariate |
|----------|------------|--------------|
|          | HR (95 % CI) | P-value       | HR (95 % CI) | P-value       |
| LARP1    |             |               |             |               |
| Low      | 1           |               | 1           |               |
| High     | 0.210(0.079–0.560) | 0.002* | 0.281(0.086–0.917) | 0.035* |
| PCNA     |             |               |             |               |
| Low      | 1           |               | 1           |               |
| High     | 0.395(0.170–0.916) | 0.030* | 0.960(0.353–2.612) | 0.960 |
| Age      |             |               |             |               |
| <65      | 1           |               | 1           |               |
| ≥65      | 0.656(0.283–1.519) | 0.325 |               |               |
| Gender   |             |               |             |               |
| Male     | 1           |               | 1           |               |
| Female   | 0.743(0.337–1.638) | 0.462 |               |               |
| Location |             |               |             |               |
| Left     | 1           |               | 1           |               |
| Others   | 0.905(0.406–2.014) | 0.805 |               |               |
| T stage  |             |               |             |               |
| T1 + T2  | 1           |               | 1           |               |
| T3 + T4  | 0.148(0.020–1.097) | 0.062 |               |               |
| N stage  |             |               |             |               |
| N0       | 1           |               | 1           |               |
| N1 + N2  | 0.101(0.035–0.296) | <0.001* | 0.174(0.055–0.551) | 0.003* |
| M0       | 1           |               | 1           |               |
| M1       | 0.041(0.015–0.113) | <0.001* | 0.145(0.038–0.543) | 0.004* |
| AJCC stage |             |               |             |               |
| I + II   | 1           |               | 1           |               |
| III + IV | 0.119(0.039–0.334) | <0.001* | 0.338(0.031–0.709) | 0.003* |
| Differentiation |           |               |             |               |
| Well + Moderate | 1 |               | 1           |               |
| Poorly   | 0.177(0.078–0.405) | <0.001* | 0.743(0.237–2.332) | 0.611 |
| Vessel invasion |       |               |             |               |
| No       | 1           |               | 1           |               |
| Yes      | 0.219(0.051–0.937) | 0.041* | 0.169(0.032–0.903) | 0.038* |

HR: Hazard ratio; CI: Confidence interval
*P < 0.05 was considered significant
the expression of LARP1 and proliferation-related genes (PCNA; cyclin D1) was significantly downregulated in LARP1 knockdown cells. Furthermore, the colony formation ability was significantly decreased in LARP1-silenced cells. Our findings show that downregulation of LARP1 inhibits cell proliferation in CRC. It is well known that molecular targets play an important role in cancer therapy. The effect on cellular proliferation indicates that LARP1 is a desirable therapeutic target. Studies suggest that the phosphatidylinositol-3-kinase (PI3K)/AKT/mammalian target of rapamycin (mTOR) pathway promotes mRNA translation and increases protein synthesis, which affects both cell growth and proliferation [14,19]. It has been demonstrated that LARP1 expression correlates with poor prognosis of non-small cell lung cancer and promotes cellular proliferation by interacting with mTOR [10,14,19]. Additional studies are needed to investigate whether LARP1 mediated cellular proliferation and prognosis of colorectal cancer by interacting with mTOR.

To our knowledge, this study showed for the first time that overexpression of LARP1 alone or combined with PCNA predicts poor prognosis of patients with CRC. The Kaplan–Meier survival analysis showed that postoperative patients with high expression of LARP1 manifested poor OS ($P < 0.001$) and DFS ($P < 0.01$). In addition, the multivariate analysis using Cox proportional hazards model revealed that the expression of LARP1 is an independent prognostic factor for OS and DFS.

Nonetheless, this study also have some limitations. First, the interaction between LARP1 and mTOR in CRC cells was not validated in the present study. Second, the effects of LARP1...
were not explored in vivo. Therefore, further studies are needed to confirm the hypothesis that LARP1 is a prognostic biomarker and a potential target for CRC therapy.

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Compliance with ethical standards

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards.

Conflicts of interest None.

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