Intrapancreatic injection of human bone marrow-derived mesenchymal stem/stromal cells alleviates hyperglycemia and modulates the macrophage state in streptozotocin-induced type 1 diabetic mice

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Abstract

Type 1 diabetes mellitus is a progressive disease caused by the destruction of pancreatic β-cells, resulting in insulin dependency and hyperglycemia. While transplanted bone marrow-derived mesenchymal stem/stromal cells (BMMSCs) have been explored as an alternative therapeutic approach for diseases, the choice of delivery route may be a critical factor determining their sustainability. This study evaluated the effects of intrapancreatic and intravenous injection of human BMMSCs (hBMMSCs) in streptozotocin (STZ)-induced type 1 diabetic mice. C57/BL6 mice were intraperitoneally injected with 115 mg/kg STZ on day 0. hBMMSCs (1 × 10⁶ cells) or vehicle were injected into the pancreas or jugular vein on day 7. Intrapancreatic, but not intravenous, hBMMSC injection significantly reduced blood glucose levels on day 28 compared with vehicle injection by the same route. This glucose-lowering effect was not induced by intrapancreatic injection of human fibroblasts as the xenograft control. Intrapancreatically injected fluorescence-labeled hBMMSCs were observed in the intra- and extra-lobular spaces of the pancreas, and intravenously injected cells were in the lung region, although the number of cells mostly decreased within 2 weeks of injection. For hBMMSCs injected twice into the pancreatic region on days 7 and 28, the injected mice had further reduced blood glucose to borderline diabetic levels on day 56. Animals injected with hBMMSCs twice exhibited increases in the plasma insulin level, number and size of islets, insulin-positive proportion of the total pancreas area, and intensity of insulin staining compared with vehicle-injected animals. We found a decrease of Iba1-positive cells in islets and an increase of CD206-positive cells in both the endocrine and exocrine pancreas. The hBMMSC injection also reduced the number of CD40-positive cells merged with glucagon immunoreactions in the islets. These results suggest that intrapancreatic
Injection may be a better delivery route of hBMMSCs for the treatment of type 1 diabetes mellitus.

Introduction

Type 1 diabetes mellitus is a progressive disease caused by the destruction of pancreatic β-cells, resulting in insulin dependency and hyperglycemia. Patients with the disease, who require exogenous insulin treatment, are also at risk of blood glucose fluctuations and hypoglycemia. Pancreas or pancreatic islet transplantation is a promising treatment for patients who lack endogenous insulin secretion, particularly those who experience recurrent episodes of severe hypoglycemia [1, 2]. However, the application of this approach is limited by a shortage of organ donors and the need for lifelong administration of immunosuppressive agents, which has potentially adverse effects [3–5].

Stem cell-based therapies have been explored as an alternative therapeutic approach for type 1 diabetes mellitus because of the relatively high availability of stem cells [6]. Among the various types of stem cells, mesenchymal stem/stromal cells (MSCs) are multipotent cells that have the ability to differentiate into cells of mesodermal lineages, and their transplantation carries a low risk of tumorigenesis and few ethical limitations [6–8]. MSCs can be isolated and expanded with high efficiency from several adult and fetal tissues including bone marrow, adipose tissue, dental pulp, and umbilical cord blood [9, 10]. MSCs have regenerative and immunomodulatory properties after their transplantation into human patients and animal models of diseases such as graft versus host disease, heart disease, Crohn’s disease, and stroke [11, 12]. Currently, MSCs derived from human bone marrow (hBMMSCs) represent the most frequently used type of MSC in clinical regenerative medicine [13, 14]. Carlsson et al. have recently shown that hBMMSC transplantation preserves β-cell functions in patients with type 1 diabetes mellitus [15]. The cells were administered only once, intravenously, to these patients. This treatment failed to decrease glycosylated hemoglobin concentrations, but prevented the decreased C-peptide response to a mixed meal tolerance test at the 1 year follow-up evaluation. Further improvements in treatment outcomes might be facilitated by a better understanding of how hBMMSCs function and how they can be applied to treatment of type 1 diabetes mellitus.

Previous studies using animal models have revealed the importance of the delivery route for MSC transplantation efficacy [16, 17]. In animal models, MSCs have been administered intravenously. However, when MSCs were injected intravenously, most cells were trapped in the lungs before reaching target tissues [18–21]. Intravenous hBMMSC transplantation has also been evaluated in mouse models of type 1 diabetes mellitus in preparation for its clinical application [22, 23]. Among such studies, Ho et al. demonstrated that a single intravenous hBMMSC transplantation lowered blood glucose levels, but multiple transplantations at 2 week intervals were necessary to ensure the continuous maintenance of glucose homeostasis [22]. Intra-arterial and local injections of MSCs, which could avoid lung entrapment of MSCs, have been examined in animal models of diseases other than type 1 diabetes mellitus, compared with their systemic injection [24–26]. In rats with traumatic brain injury, intra-arterial transplantation of hBMMSCs leads to higher engraftment levels in the brain than intravenous transplantation [24]. Furthermore, the advantage of local delivery of hBMMSCs into affected joints compared with systemic delivery has been reported in rats with collagen-induced arthritis [25]. These reports suggest that better delivery of the cells to target organs could provide better therapeutic efficacy. We therefore investigated whether the effects of hBMMSCs on...
glucose homeostasis depend on the selected delivery route of intrapancreatic (local) or intravenous (systemic) injection in an animal model of type 1 diabetes mellitus.

Interestingly, in most experimental situations, MSCs exert therapeutic effects without evidence of long-term engraftment because most transplanted cells disappear in a short time [18, 27, 28]. Recently, it has been demonstrated that MSCs play an important role as mediators of inflammatory regulation [11, 29]. Accordingly, their beneficial effects are partly explained by paracrine secretions or cell-to-cell contacts that have multiple effects including crosstalk between MSCs and macrophages [28, 30–33]. Macrophages are classified into two major types: pro-inflammatory (M1) and anti-inflammatory (M2) macrophages. M2 macrophages are further classified into two subtypes: deactivated macrophages, which are induced by IL-10, and alternatively activated macrophages that are induced by IL-4 [34, 35]. We previously reported that local administration of hBMMSCs restores neural functions, increases alternatively activated M2 macrophages in the hippocampus and spinal cord of mouse models of neural damage [27, 36], and decreases the number of M1 macrophages in vitro [37]. We suggest that hBMMSCs facilitate restoration of neural functions by modulating the balance between M1 and M2 macrophages.

Here, in the diabetic model induced by streptozotocin (STZ), we revealed that intrapancreatically hBMMSC-injected mice have greater improvements in glucose homeostasis and body weights than intravenously hBMMSC-injected mice, along with cell retention in the pancreas. Intrapancreatically hBMMSC-injected mice have increased plasma insulin levels and improved pancreatic islet histomorphology, suggesting that the injected cells might modify the pancreatic macrophage state and decrease CD40-positive cells in islets.

Materials and methods

Animals

Male 7–9-week-old C57/BL6 mice were purchased from Sankyo Lab Service (Tokyo, Japan) and housed at constant temperature and humidity with a 12:12 hour light:dark cycle and ad libitum access to a standard diet and water. All experimental procedures involving animals were approved by the Institutional Animal Care and Use Committee of Showa University (#04085, 05116, and 06012).

Measurement of blood glucose concentrations

Blood samples were obtained from the right facial vein of mice using an animal lancet (Gold-enrod, MEDIpoint, Mineola, NY). Blood glucose concentrations were measured with a miniglucometer (MEDISAFE, Terumo, Tokyo, Japan) capable of measuring glucose concentrations up to 600 mg/dL.

Preparation of hBMMSCs and adult human dermal fibroblasts (HDFs) for injection

Frozen vials of human MSCs from adult bone marrow (hBMMSCs) were obtained from Dr. Darwin J. Prockop of the Center for the Preparation and Distribution of Adult Stem Cells (http://medicine.tamhsc.edu/irm/msc-distribution.html). This center functions under the auspices of a National Institutes of Health (NIH)/National Center for Research Resources grant (P40 RR 17447–06) and supplies standardized preparations of hBMMSCs enriched for early progenitor cells. All experiments were performed with hBMMSCs from donor 281L. To expand hBMMSCs, a frozen vial of 1 × 10⁶ passage 3 cells was thawed, and the cells were cultured in 20% complete culture medium (CCM) consisting of α-minimum essential medium
(Invitrogen, Grand Island, NY) supplemented with 20% heat-inactivated fetal bovine serum (FBS; HyClone, Thermo Fisher Scientific, Waltham, MA), 100 U/mL penicillin and 100 μg/mL streptomycin (Pen/Str, Invitrogen), and 2 mM L-glutamine (Invitrogen). hBMMSCs were seeded at 100 cells/cm² in 20% CCM and incubated at 37˚C in a humidified 5% CO₂ atmosphere. The medium was changed every 3–4 days, and cells were grown to 70–80% confluency (approximately 8 days) [28]. The epitope profile of the cells showed that they were mostly positive for CD29 (>92%), CD44 (>93%), CD90 (>99%), and CD105 (>99%), and negative for CD34 (<1.5%) and CD117 (<0.5%). A sample of hBMMSCs was labeled with fluorescent dyes NIR815 (Cell Vue NIR815 Cell Labeling Kit; Thermo Fisher Scientific, Waltham, MA) or PKH26 (PKH26 Red Fluorescent Cell Linker Kit; Sigma, St Louis, MO), as described previously [36].

HDFs isolated from adult human skin were human dermal fibroblasts and were obtained from ScienCell Research Laboratories (Carlsbad, CA) and cultured in 10% Dulbecco's modified Eagle's medium (Invitrogen), 10% FBS, Pen/Str, and 2 mM L-glutamine at 37˚C in a humidified atmosphere with 5% CO₂ [37].

hBMMSCs and HDFs were harvested with 0.25% trypsin and 1 mM EDTA (Invitrogen), and resuspended in sterile Hank’s balanced salt solution (HBSS, Invitrogen) at 1 × 10⁶ cells/20 μL for intrapancreatic injection or 1 × 10⁶ cells/150 μL for intravenous injection.

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| Table 1. Primary and secondary antibodies used for immunohistochemistry. |
|---|---|---|---|---|---|
| **Primary** | **Host** | **Clone #** | **Company** | **Catalog #** | **Dilution (fold)** |
| α-amylase | Rabbit | | Sigma Aldrich (St. Louis, MO) | A8273 | 200 |
| CD40 | Armenian hamster (IgM) | HM40-3 | eBioscience (San Diego, CA) | 14–0402 | 2,000 |
| CD206 | Rat | MR5D3 | AbD Serotec (Raleigh, NC) | MCA2235GA | 500 |
| F4/80 | Rat | Cl:A3-1 | BMA Biomedicals (Augst, Switzerland) | T-2008 | 250 |
| Glucagon | Rabbit | | Sigma Aldrich | SAB4501137 | 200 |
| Iba-1 | Rabbit | | Wako (Osaka, Japan) | 019–19741 | 500 |
| Insulin | Guinea pig | | Dako (Glostrup, Denmark) | N1542 | 100 |
| MHC class II | Rat | M5/114.15.2 | eBioscience | 14–5321 | 200 |

| **Secondary** | **Host** | **Conjugation** | **Company** | **Catalog #** | **Dilution (fold)** |
|---|---|---|---|---|---|
| Armenian hamster IgM | Mouse | Biotin | BD Biosciences (Franklin Lakes, NJ) | 554035 | 200 |
| Guine pig IgG | Goat | Biotin | Vector Laboratories (Burlingame, CA) | BA-7000 | 200 |
| | | Alexa488 | Thermo Fisher Scientific (Waltham, MA) | A11073 | 500 |
| | | Alexa546 | | A11074 | |
| | | Alexa647 | | A21450 | |
| Rabbit IgG | Goat | Biotin | Vector Laboratories | BA-1000 | 200 |
| | | Alexa488 | Thermo Fisher Scientific | A11034 | 500 |
| | | Alexa546 | | A11035 | |
| | | Alexa647 | | A21245 | |
| Rat IgG | Goat | Texas red | Jackson Laboratories (West Grove, PA) | 112-075-167 | 200 |
| | | FITC | | 112-095-167 | |

CD40, cluster of differentiation 40; CD206, cluster of differentiation 206; FITC, fluorescein isothiocyanate; Iba1, ionized calcium-binding adapter molecule 1; IgG, immunoglobulin G; IgM, immunoglobulin M; MHC, major histocompatibility complex

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Induction of the diabetic model by STZ injection

Mice were fasted for 4 hours before STZ injection and then administered STZ (115 mg/kg, Wako, Osaka, Japan) in saline by intraperitoneal injection on day 0. Blood glucose concentrations and body weights were measured four times prior to the cell injection to confirm the basal levels of glucose and development of STZ-induced diabetes mellitus: 7 and 3 days before, and 5 and 7 days after STZ injection. Blood was sampled from the right facial vein between 9:00 am and 11:00 am. Drinking water was replaced with a 10% glucose solution (Otsuka, Tokyo, Japan) overnight to avoid hypoglycemia in mice the day after STZ injection. Before cell transplantation, mice with blood glucose concentrations between 220 and 500 mg/dL on days 5 and 7 were considered to have STZ-induced diabetes mellitus.

Cell transplantation

Diabetic mice were administered 3.5% sevoflurane in N₂O/O₂ (2:1) by inhalation for anesthesia. For cell transplantation into the pancreatic region (intrapancreatic injection), the animals were placed in the right lateral position, and an approximately 0.5 cm cut was made in the skin and retroperitoneum to visually confirm the spleen. Twenty microliters of cell suspension (1×10^6 cells) or vehicle were slowly injected into the pancreatic region adjacent to the spleen, which consists of the tail of the pancreas, using an insulin syringe with a 29-G needle (Low dose; BD Bioscience, San Jose, CA). Then, the animals were sutured to seal their skin and retroperitoneum, and they recovered from the anesthesia. For intravenous injection, the animals were placed in the supine position under anesthesia, and their skin and fascia on the right clavicle were incised. The right jugular vein was exposed, and 150 μL of cell suspension (1×10^6 cells) or vehicle was slowly injected into the vein (intravenous injection). The skin of the animals was sutured, and they recovered from the anesthesia.

Immunostaining

All primary and secondary antibodies used in the present study are listed in Table 1. Mice were anesthetized by intraperitoneal injection of 50 mg/kg sodium pentobarbital and perfusion-fixed with saline followed by 4% paraformaldehyde (PFA). The pancreas was then removed and frozen sections were prepared (10 or 20 μm in thickness). The sections were washed with phosphate buffered saline (PBS) and immersed in 0.3% H₂O₂ for 30 minutes to quench endogenous peroxidases. The sections were then blocked by incubation with 2.5% normal horse serum (NHS; Vector Laboratories, Burlingame, CA) in PBS and incubated with primary antibodies against insulin, Iba-1, CD206, or CD40 overnight at 4˚C. After washing with PBS, the sections were incubated with appropriate biotinylated secondary antibodies for 2 hours. Binding was visualized using an avidin–biotin complex (ABC) solution (Vector Laboratories). For multiple staining, the pancreatic sections were blocked with 5% NHS and incubated with several primary antibodies overnight at 4˚C. The sections were washed, incubated with appropriate fluorescence-labeled secondary antibodies for 2 hours, and then with 4,6-diamidine-2-phenylindole dihydrochloride (DAPI, 1:10,000; Roche, Manheim, Germany) to identify cell nuclei.

We checked the specificity of the primary antibodies, using isotype controls. Isotype controls are listed in following Table 2. Mice were anesthetized by intraperitoneal injection of 50 mg/kg sodium pentobarbital and perfusion-fixed with saline followed by 4% PFA. The pancreas was then removed and frozen sections were prepared (10 μm in thickness). The sections were washed with PBS and immersed in 0.3% H₂O₂ for 30 minutes to quench endogenous peroxidases. The sections were then blocked by incubation with 2.5% NHS in PBS and incubated with primary antibodies or isotype controls overnight at 4˚C. The immunoglobulin content of
the isotype control except guinea pig immunoglobulin G (IgG) was equal to that of the primary antibody which is the same host. Immunoglobulin concentration of anti-insulin antibody used in this study was unavailable. The dilution rate of guinea pig IgG was equal to that of anti-insulin antibody. After washing with PBS, the sections were incubated with appropriate biotinylated secondary antibodies for 2 hours. Binding was visualized using an ABC solution. Antibody specificity was confirmed by incubation of tissues in the absence of primary antibodies and the presence of isotype controls (S1 Fig).

### Experiment 1. Comparison of cell delivery routes in terms of blood glucose and body weight

The choice of delivery route may be a critical factor determining the sustainability of implanted MSCs. We first compared the effect of intrapancreatic and/or intravenous injections of hBMMSCs on blood glucose and body weight. On day 7 after STZ injection, the diabetic mice \( (n = 49) \) were divided into four experimental groups, vehicle-vein group \( (n = 13) \), hBMMSC-vein group \( (n = 9) \), vehicle-pancreas group \( (n = 13) \), and hBMMSC-pancreas group \( (n = 14) \), and administered the vehicle (HBSS) or a hBMMSC suspension intravenously into the jugular vein (150 \( \mu \)L) or pancreatic region (20 \( \mu \)L) under 3.5% sevoflurane inhalation. The blood glucose concentration and body weight of each mouse were measured on days 14, 21, and 28.

### Experiment 2. Effect of xenografts on blood glucose and body weight

In the present study, we injected human cells into mice. To rule out the xenograft as the cause of glucose homeostasis, we compared the effects of intrapancreatic injections of hBMMSCs and HDFs as the xenograft control. On day 7 after STZ injection, the mice \( (n = 36) \) were divided into three groups, vehicle-pancreas group \( (n = 11) \), hBMMSC-pancreas group \( (n = 11) \), and HDF-pancreas group \( (n = 14) \), and administered the vehicle (HBSS), a hBMMSC suspension, or a HDF suspension into the pancreatic region (20 \( \mu \)L) under sevoflurane anesthesia. The blood glucose concentration and body weight of each mouse were measured on days 14, 21, and 28.

### Experiment 3. Body and tissue distributions of hBMMSCs

In experiment 3, to compare the body distribution and fate of hBMMSCs resulting from intrapancreatic or intravenous injection into diabetic mice, we performed time-course in vivo fluorescence imaging using NIR815-labeled hBMMSCs. We then examined the pancreatic tissue distribution of cells using PKH26-labeled hBMMSCs with intrapancreatic injection.
Body distribution of hBMMSCs analyzed by in vivo fluorescence imaging. NIR815 is a membrane-binding fluorescent dye with excitation (Ex) at 633 nm and emission (Em) at 776 nm, which can be detected by an in vivo fluorescence imager (Clairvivo OPT; Shimadzu, Kyoto, Japan). On day 6 after STZ injection, hair on the body trunk and forelimbs of mice was removed using a depilatory cream (Epilat; Kracie, Tokyo, Japan). The next day, diabetic mice ($n = 24$) were divided into four experimental groups, vehicle-vein group ($n = 5$), hBMMSC-vein group ($n = 8$), vehicle-pancreas group ($n = 3$), and hBMMSC-pancreas group ($n = 8$), and administered the vehicle (HBSS) or a NIR815-labeled hBMMSC suspension ($1 \times 10^6$ cells) into the jugular vein (150 µL) or pancreatic region (20 µL) under anesthesia induced by inhalation of 2% isoflurane (Wako, Tokyo, Japan). Immediately after injection, the mice were placed in the supine position on the stage of a fluorescence imager, and fluorescence intensities were measured with an exposure time of 120 seconds. The same measurements were repeatedly performed on days 8, 11, 14, 21, and 28 (1, 4, 7, 14, and 21 days after injection), and total fluorescence intensities were calculated in the left lateral abdomen under the subphrenic area, corresponding to the pancreas, and in the right lateral suprarenal area corresponding to the right lung. Finally, the intensities were expressed after subtracting the mean fluorescence intensities in mice injected with the vehicle via the same route. The right lung was selected for analysis because fluorescence from the pancreatic area interfered with fluorescence from the left lung in hBMMSC-pancreas animals.

Tissue distribution of hBMMSCs in intrapancreatic injection determined by histology. The tissue distribution of hBMMSCs in the pancreas was examined by injecting PKH26-labeled hBMMSCs into the pancreatic region. PKH26 is a membrane-binding fluorescent dye with Ex 551 and Em 567. The labeled cells were then detected by fluorescence microscopy. On day 7 after STZ injection, diabetic mice ($n = 9$) were administered a PKH26-labeled hBMMSC suspension ($1 \times 10^6$ cells) directly into the pancreas (20 µL) under sevoflurane anesthesia. On days 14, 21, and 28, the mice ($n = 3$ per day) were anesthetized by intraperitoneal injection of 50 mg/kg sodium pentobarbital and perfusion-fixed with 0.9% saline followed by 4% PFA. Frozen sections (20 µm in thickness) were incubated with a primary antibody against α-amylase, an exocrine pancreas marker, and DAPI (see Table 1). The stained sections were then observed by confocal fluorescence microscopy (A1; Nikon, Tokyo, Japan).

Experiment 4. Effect of repeated hBMMSC injections

To further determine the effect of repeated intrapancreatic injections of hBMMSCs on blood glucose, body weight, pancreatic histopathology, and plasma insulin levels, we injected hBMMSCs twice into the pancreatic region on days 7 and 28.

On day 7 after STZ injection, diabetic mice ($n = 23$) were divided into two groups and administered the vehicle (HBSS, $n = 12$) or hBMMSCs ($n = 11$) into the pancreatic region (20 µL) under sevoflurane anesthesia. On day 28, both groups were again administered the same treatment received on day 7. Blood glucose concentrations and body weights were measured on days 10, 14, 21, 28, 35, 42, 49, and 56.

Histological evaluation of the pancreas. On day 56, the animals (vehicle-pancreas group, $n = 5$; hBMMSC-pancreas group, $n = 5$) were anesthetized with 50 mg/kg intraperitoneal sodium pentobarbital and then perfused transcardially with 0.9% saline followed by 4% PFA. Frozen pancreas sections were prepared at 10 µm in thickness. Pancreas sections were also obtained from non-STZ-treated normal mice (untreated mice; $n = 3$) and at 7 days after STZ injection (without hBMMSC injection; $n = 4$) by the same procedures.

Three sections from each mouse at 800 µm intervals were stained with hematoxylin and eosin (H.E.) and photographed whole as an overview using a digital camera with macro mode.
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(Ricoh CX4, Tokyo, Japan). The adjacent sections were stained with an anti-insulin primary antibody as described below. Based on these sections, we determined the islet area, percentage of the insulin-positive area, and islet number per area using Scion image software (NIH). In brief, edges of the pancreas in the overview image were traced manually, and the total pancreatic area was calculated. The endocrine pancreas (i.e. the total area of insulin-positive clusters) in each section was measured under an AX70 microscope (Olympus, Tokyo, Japan) at 20× magnification with a DP2-BSW imager (Olympus), and the area of each pancreas was determined manually by circling each insulin-positive cluster. The insulin-positive area was automatically calculated by binarizing the dark brown insulin-like immunoreactions in each endocrine pancreas. The insulin-positive proportion of the total pancreas area in the sections was calculated.

To determine the number of sections for histological evaluation, serial sections of the entire pancreas from three untreated mice were prepared at intervals of 200 μm (nine sections). The sections were stained with H.E. and an anti-insulin primary antibody. The area under the curve (AUC) of the number of islets per pancreas area was estimated and compared between different sectioning intervals: 200 (nine sections), 400 (five sections), and 800 (three sections) μm. There were no differences in the AUCs among the intervals (S2 Fig). Therefore, we used three sections at 800 μm intervals for histological evaluation.

**Plasma insulin enzyme-linked immunosorbent assay (ELISA).** On day 56, blood samples of the animals (vehicle-pancreas group, n = 8; hBMMSC-pancreas group, n = 8) were collected from the right ventricle before perfusion fixation, and a heparinized plasma sample was obtained to measure the plasma insulin concentration. Blood samples were also collected from non-STZ-injected normal mice (n = 4) and on day 7 after STZ injection (without hBMMSC injection; n = 3). Plasma insulin concentrations were determined using a mouse insulin ELISA kit (Morinaga, Tokyo, Japan) according to the manufacturer’s instructions.

**Experiment 5. Effect of hBMMSCs on macrophage markers**

We have previously reported that hBMMSC injection into parenchyma of the brain and spine improves injury and modifies the type of activated macrophage during ischemia and trauma [27, 36, 37]. Therefore, we examined the effect of macrophage activation and phenotypes on glucose homeostasis to investigate the possible mechanism of hBMMSCs.

On day 7 after STZ injection, diabetic mice (n = 12) were administered the vehicle (HBSS, n = 6) or hBMMSCs (1×10⁶ cells, n = 6) into the pancreatic region under sevoflurane anesthesia and then sacrificed by 4% PFA perfusion fixation on day 28. Frozen pancreas sections were prepared at 10 μm thicknesses for immunohistochemistry of macrophage markers. The sections were stained with anti-Iba1, anti-CD206, and anti-CD40 antibodies (see Table 1) with colorimetric staining by the ABC system. Then, the number of positive cells was counted in islets and exocrine areas (n = 5/animal), and the positive cell number in a certain islet or exocrine pancreas area was calculated by Scion image software. Simultaneously, we analyzed pancreatic sections from non-STZ-injected normal mice (n = 3). The sections were observed and analyzed under the AX70 microscope at 20× magnification with the DP2-BSW imager.

Iba1- or CD40-positive cells were determined by multiple immunostaining for insulin (for detection of islet), macrophage polarization markers, and glucagon. The sections were assessed by visualization with the A1 confocal fluorescence microscopy system.

**Statistical analysis**

Data are expressed as the mean ± standard error of the mean (SEM). Statistical comparisons were conducted using the Student’s t-test for two groups, and one-way analysis of variance
Results

Determination of the optimal STZ dose and definition of the diabetic model

We used mice with STZ-induced type 1 diabetes mellitus in the present study. However, the optimal dose of STZ is quite different according to species and animal suppliers. Therefore, we first determined the optimal STZ dose in C57/BL6 mice obtained from Sankyo Lab. We initially administered saline and STZ at doses of 100 \((n = 3)\), 150 \((n = 3)\), or 200 mg/kg body weight \((n = 3)\) to 8–10-week-old mice via peritoneal injection \((200 \mu\text{L})\). The mean blood glucose concentration of saline-injected mice was 172 ± 5 mg/dL \((\text{mean ± SEM, } n = 7)\). All blood glucose levels in 150 mg/kg or 200 mg/kg STZ-treated mice exceeded >600 mg/dL on day 5 whereas the levels in 100 mg/kg STZ-injected animals were no different from those in saline-treated mice. Then, another group of C57BL/6 mice was administered STZ at doses of 115 \((n = 8)\) or 130 mg/kg \((n = 8)\), and blood glucose concentrations were determined on day 7. While six of eight animals administered STZ at 130 mg/kg exceeded >600 mg/dL, animals injected with 115 mg/kg STZ had mean blood glucose concentrations of 360 ± 46 and 390 ± 43 mg/dL \((\text{mean ± SEM, } n = 8)\) on days 5 and 7, respectively, and only one animal exceeded >600 mg/dL. Therefore, we determined that 115 mg/kg STZ was optimal for our study. We finally decided to use diabetic mice with a blood glucose range from 220 to 500 mg/dL on days 5 and 7 for subsequent experiments.

Experiment 1

Effect of intrapancreatic and intravenous hBMMSC injections on blood glucose and body weight in STZ-induced type 1 diabetic mice. The mean blood glucose concentration of mice prior to STZ treatment was 169 ± 4 mg/dL \((\text{days } -7 \text{ and } -3)\), which increased to 317 ± 12 mg/dL on day 7 after STZ injection. To evaluate the effects of hBMMSCs on blood glucose and body weight, hBMMSCs or the vehicle (HBSS) were administered to STZ-treated mice via the pancreas or jugular vein. Blood glucose levels continued to increase following intrapancreatic or intravenous injection of the vehicle, peaking at approximately 400 mg/dL \((\text{Fig 1A and 1B})\). Although blood glucose levels tended to decrease following intravenous injection of hBMMSCs, the concentrations did not differ significantly from those in vehicle-treated mice \((\text{Fig 1A})\). Intrapancreatic injection of hBMMSCs significantly reduced mean blood glucose to 278 ± 27 mg/dL on day 14. This lower level of approximately 280 mg/dL was maintained until day 28 \((\text{Fig 1B})\). Body weights of mice injected with hBMMSCs into the pancreatic region were significantly higher than those of mice injected with the vehicle on day 28, while an insignificant difference was observed in the body weight between mice injected with hBMMSCs into the vein and those injected with the vehicle into the vein \((\text{Fig 1C and 1D})\).

Experiment 2

Effects of intrapancreatic injection of hBMMSCs and HDFs on blood glucose and body weight of STZ-induced type 1 diabetic mice. To determine whether the effects of hBMMSCs were not due to xenoreactions on the part of mice against human cells, we compared the effects of the vehicle, HDFs, and hBMMSCs injected into the pancreatic region of STZ-treated mice. Diabetic animals injected with hBMMSCs had significantly decreased blood glucose levels and increased body weights compared with those injected with the vehicle.
However, HDF-injected animals exhibited similar blood glucose levels and body weights as vehicle-injected mice and had significantly greater blood glucose and lower body weights than hBMMSC-injected mice during the experimental periods (Fig 1E and 1F).

Experiment 3

**Tracing of intrapancreatically and intravenously injected hBMMSCs.** Previous studies have reported that intravenously injected hBMMSCs are trapped in alveolar capillaries with less distribution to peripheral tissues [18, 21, 38]. To compare the body distributions and fate of hBMMSCs delivered by intrapancreatic or intravenous injection in diabetic mice, NIR815-labeled hBMMSCs were injected via both routes, and fluorescence signals were tracked by an *in vivo* fluoroimager in a time-dependent manner. Few fluorescence signals were detected in mice injected with the vehicle into the pancreas and vein (data not shown). Following intravenous cell injection on day 7, fluorescence signals were detected mainly in the chest region. These signals clearly increased on day 8, suggesting that hBMMSCs had localized to the lungs. However, following intrapancreatic injection, fluorescence signals were detected in the left lateral abdomen from day 7 with a dramatic increase on day 8, followed by a gradual reduction until day 21 (Fig 2A). The fluorescence intensities in the right...
supraphrenic chest and subphrenic left lateral abdomen were quantified in these mice. In the right supraphrenic chest corresponding to the lung, signal intensities following intravenous injection on days 8, 11, and 14 were greater than those following intrapancreatic injection. The two groups subsequently exhibited similar signal intensities in this area from day 21 (Fig 2B).

Conversely, in the subphrenic left lateral abdomen corresponding to the pancreas, signal intensities following intrapancreatic injection on days 8, 11, and 14 were significantly greater than those following intravenous injection. The intensities were similar on day 21 onward and declined over time (Fig 2C).

**Pancreatic tissue distribution of intrapancreatically injected hBMMSCs.** Having confirmed the distribution of hBMMSCs in the pancreas for intrapancreatic injection, we next...
examined the tissue distribution of hBMMSCs after intrapancreatic injection by histochemistry using PKH26-labeled hBMMSCs. PKH26-labeled hBMMSCs were injected into the pancreatic region on day 7, and the red fluorescence signals were observed under a microscope on day 14. A cluster of red fluorescence was detected in the region just outside of the positive area for amylase, an exocrine pancreatic marker. Indeed, some red signals were also present in the narrow interlobular spaces of the exocrine pancreas. However, few red signals were detected in the pancreatic parenchyma (Fig 2D). We could not identify signals in islets (data not shown), and signals could not be sufficiently observed after day 21.

**Experiment 4**

**Effect of a second intrapancreatic injection of hBMMSCs on blood glucose and body weight.** Although a single intrapancreatic injection of hBMMSCs ameliorated hyperglycemia, most injected hBMMSCs might disappear from the pancreas within 1 month. Therefore, we investigated whether a second intrapancreatic injection of hBMMSCs could further ameliorate glucose homeostasis in mice with STZ-induced diabetes mellitus.

A second dose of cells was injected into the pancreas on day 28, and blood glucose and body weight were monitored further until day 56. This second intrapancreatic injection of hBMMSCs on day 28 further reduced the blood glucose concentration to $233 \pm 26$ mg/dL on day 56, which was significantly lower than the level in vehicle-treated mice ($416 \pm 34$ mg/dL; Fig 3A). The second injection also further increased body weight on day 56 to $27.1 \pm 0.4$ g, which was significantly higher than that of vehicle-injected mice ($24.6 \pm 0.3$ g; Fig 3B).

**Effect of a second intrapancreatic injection of hBMMSCs on plasma insulin and pancreatic histology.** We then examined plasma insulin and pancreatic histology on day 56. Normal control mice ($n = 4$) had a mean plasma insulin concentration, measured by ELISA, of $996.5 \pm 155.7$ pg/mL, which was reduced to $499.7 \pm 42.9$ pg/mL on day 7 after STZ injection ($n = 3$). On day 56, plasma insulin concentrations in mice intrapancreatically injected with hBMMSCs ($640.1 \pm 85.7$ pg/mL, $p < 0.05$; $n = 8$) were significantly higher than those in mice administered with the vehicle ($385.8 \pm 58.0$ pg/mL, $n = 8$; Fig 4A).

hBMMSC-injected mice also had a higher pancreatic weight than vehicle-injected mice ($p < 0.05$; Fig 4B). H.E. staining of islets in normal control animals showed large round circles that were strongly positive for immunostaining of insulin. The islets in mice treated with hBMMSCs were larger than those in mice treated with the vehicle (Fig 4C). Seven days after STZ injection, the size and insulin staining intensity of the islets were decreased by day 56, and those of islets in the vehicle-treated mice had decreased further. However, in hBMMSC-treated mice, the islets had increased in size by day 56 and exhibited an increase in insulin staining intensity. On day 56, the islet area ($2493 \pm 362 \mu m^2$ vs $1343 \pm 124 \mu m^2$, $p < 0.05$), islet density ($0.440 \pm 0.033$ islets/mm$^2$ vs $0.322 \pm 0.027$ islets/mm$^2$, $p < 0.05$), and insulin-positive area ($0.115 \pm 0.023\%$ vs $0.042 \pm 0.002\%$, $p < 0.05$) in mice intrapancreatically injected with hBMMSCs were significantly higher than those in mice injected with the vehicle ($n = 5$ per group; Fig 4D–4F).

**Experiment 5**

**Effect of intrapancreatic injection of hBMMSCs on the macrophage state in STZ-induced type 1 diabetic mice.** It has been reported that hBMMSC transplantation has beneficial effects on several types of tissue injury via modulations of the macrophage state [27, 31, 36, 39]. We therefore tried to investigate whether intrapancreatic hBMMSC injection influenced the macrophage state.
In STZ-untreated normal control mice, the pan-macrophage marker Iba1 was widely distributed in the islets and exocrine pancreas (Fig 5A and 5B). In vehicle-injected mice after STZ treatment, an increase of the signal intensity for Iba1 immunoreactions was observed in the islets and surrounding regions on day 28. These Iba1-positive cells exhibited macrophage-like morphologies, such as large cell bodies and cytoplasmic processes, and some of them had an activated state with large, round enlargement of the cytoplasm and short thick processes. However, intrapancreatic injection of hBMMSCs led to weak positive staining for Iba1 similar to untreated control animals (Fig 5A and 5B).

Fig 3. A second intrapancreatic injection of hBMMSCs lowers the blood glucose concentration and increases the body weight of STZ-induced diabetic mice. Effects of two hBMMSC injections into the pancreatic region on blood glucose (A) and body weight (B) of STZ-treated mice. The mice were injected with hBMMSCs (n = 11) or the vehicle (n = 12) on days 7 and 28, and monitored until day 56. Data are expressed as the mean ± SEM. *p < 0.05, **p < 0.01 (Student's t-test).

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The number of Iba1-positive cells was counted in islets and exocrine pancreases. The number of Iba1-positive islets in the vehicle-injected group was approximately 6- and 4-fold higher than that in the STZ-untreated normal control group \( (p < 0.01) \) and hBMMSC-injected group \( (p < 0.01) \), respectively (Fig 5C). No increase of the Iba1-positive number in the vehicle-injected group was observed in the exocrine pancreas. However, the number in the hBMMSC-injected group was 2-fold higher than that in vehicle-treated mice \( (p < 0.01; \text{Fig } 5E) \).

Intrapancreatic injection of hBMMSCs increases CD206-positive macrophages. Examination of the number of Iba1-positive cells revealed opposing results in the region of islets and the exocrine pancreas between vehicle- and hBMMSC-injected groups. We therefore performed immunostaining of CD206, a marker of M2-type macrophage activation, in these mice because we have reported that transplanted hBMMSCs increase this type of microglia/macrophage in neural damage and decrease inflammatory responses \[27, 36\]. A small amount of CD206-positive cells was observed in the peri-islet area and exocrine pancreas of the untreated group (Fig 5A and 5B). However, the numbers of CD206-positive cells in hBMMSC-injected mice, both in the islets and exocrine pancreas, were significantly greater than those in either the STZ-untreated control or vehicle-pancreas group \( (p < 0.01; \text{Fig } 5E) \).

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Pancreatic sections were then multi-stained to confirm the activation phenotype of Iba1-positive cells. Cells positive for Iba1 in the islets of vehicle-injected mice were also positive for F4/80, another pan-macrophage marker that is known to increase during inflammation (Fig 5G). Some Iba1-positive cells in mice injected with hBMMSCs were positive for CD206, suggesting an M2 phenotype outside the islets (Fig 5H), as well as MHC class II (Fig 5I).
Intrapancreatic injection of hBMMSCs modifies the CD40-positive cell number. CD40 is a costimulatory protein found on antigen-presenting cells (APCs), including macrophages, and is essential for dendritic cell activation [40]. CD40 is also expressed by non-immune cells during inflammatory responses including those in diabetes [41–43]. Very weak and ambiguous immunoreactivity was observed in STZ-untreated normal control mice (Fig 6A). For the vehicle-injected group, the intensity and number of dark brown CD40 immunoreactions on day 28 were obviously increased in the islets, but not in the exocrine pancreases. In the hBMMSC-injected group, on the other hand, immunoreactions were also recognized in the islets. CD40 immunoreactions were high in the marginal part of large islets (Fig 6A). The number of CD40 immunoreactions in the islets in the vehicle-injected group ($16.6 \pm 1.9 \times 10^{-4}/\mu m^2$) was significantly greater than that in STZ-untreated normal control group ($3.0 \pm 0.8 \times 10^{-4}/\mu m^2$) and that in hBMMSC-pancreas group ($6.5 \pm 1.1 \times 10^{-4}/\mu m^2$, $p<0.05$) (Fig 6A and 6B). In contrast,
CD40-positive reactions in exocrine pancreases were very low and not different among the groups (Fig 6A and 6C). Multi-staining showed that CD40 immunoreactions did not colocalize with Iba-1, MHC class II, or insulin immunoreactions (Fig 6D and 6E) or with positivity for B220 or CD11c (data not shown). However, CD40 immunostaining clearly colocalized with glucagon immunoreactions (Fig 6F).

Discussion

Therapeutic approaches are needed to delay the progression of β-cell destruction and replace lost insulin production in patients with type 1 diabetes mellitus. Therapies based on stem cells such as MSCs have been explored as an alternative therapeutic approach for type 1 diabetes mellitus and have beneficial effects in the animal model [22, 23, 44]. The choice of delivery route may be a critical factor determining the sustainability of implanted MSCs. Therefore, in this study, we compared the effects of hBMMSCs by intrapancreatic (local) and intravenous (systemic) injections on STZ-induced diabetic mice. Intrapancreatic injection of the cells significantly lowered the blood glucose concentration and increased body weight, whereas the effects of intravenous injection on these parameters were insignificant. Because intrapancreatically injected HDFs as a xenograft control could not reproduce the beneficial effects of hBMMSCs, the effects were specific and not nonspecific xenograft responses to hBMMSCs. Intrapancreatically injected hBMMSCs showed greater retention in the pancreas than...
intravenously injected hBMMSCs, although most cells, even in the former group, decreased within 2 weeks of the injection. These results suggest that the effect of hBMMSCs might be closely associated with local delivery. In this study, hBMMSCs were injected into the pancreatic region by opening the abdomen. Such an invasive procedure is not suitable for human therapy. Clinically, however, pancreatic cancer has been treated by gastric fiber-guided intrapancreatic injection of chemotherapeutic agents [45, 46], which suggests that intrapancreatic transplantation of hBMMSCs could be possible in patients with type 1 diabetes mellitus. Taken together with the findings of the current study, it suggests that cell transplantation into the pancreas might be a feasible novel therapeutic strategy.

Although a single hBMMSC injection into the pancreatic region significantly decreased the blood glucose concentration in STZ-induced diabetic mice, the concentration was approximately 2-fold higher in non-diabetic mice, and most hBMMSCs had disappeared from the pancreas. Therefore, we performed a second hBMMSC injection into the pancreatic region on day 28 and found a further decrease in the blood glucose concentration to borderline diabetic levels on day 56. hBMMSCs injected into the pancreas significantly increased the body weight of the animal. Clinically, compared with healthy individuals, type 1 diabetic mellitus patients usually have lower body weight with an insulin deficiency induced by hyperglycemia and higher energy consumption of fat and muscles [47, 48]. Although we did not examine the fat pad mass or glucose tolerance, the increase in body weight might reflect an improvement of diabetic symptoms.

It has been reported that diabetic symptoms improve by suppression of immune responses [23, 49], anti-inflammation [50–54], and enhancing β-cell or insulin-secreting cell regeneration [55, 56] and angiogenesis [53, 54]. Moreover, an increase of α-cells or glucagon-secreting cells in damaged islets might be a negative factor in diabetes [57, 58]. hBMMSCs have been reported to differentiate into β-cells [22, 59], support pancreatic progenitor cell proliferation [60], suppress immune/inflammatory responses [23, 59], and increase angiogenesis [60].

Under inflammatory conditions, hBMMSCs modulate the state of macrophage-lineage cells by cell-cell communication, resulting in anti-inflammation [27, 31, 36, 37]. We have reported that local hBMMSC injection increases the macrophage anti-inflammatory M2 subtype during brain ischemia and spinal cord injury, suggesting that hBMMSCs decrease neural damage [27, 36]. We therefore confirmed the effect of hBMMSCs on the macrophage state in the STZ-induced diabetic model. We determined that intrapancreatically injected hBMMSCs influenced the macrophage number and activation state in islets and exocrine pancreases by pan-macrophage marker Iba1 and a M2 subtype marker, CD206. Mice injected with hBMMSCs had a decrease in the Iba1-positive cell number of islets, but increased CD206-positive cells in both islets and the exocrine pancreas. Iba1-positive cells in the islets of mice injected with vehicle also exhibited thick cytoplasmic processes and large cell bodies, and partially colocalized with F4/80. While F4/80 is another pan-macrophage marker, its expression increases according to macrophage M1 activation. CD206 is a subtype marker of alternatively activated M2 macrophages which is induced by IL-4, and contributes to tissue resolution and repair [35]. We have reported that transplanted hBMSCs increase IL-4 and induce this subtype of macrophage after CNS diseases [27, 36]. The alternative activated M2 macrophages were recruited to the pancreas in experimental models to promote β-cell survival [53–55]. These findings suggest that hBMMSCs contributed to the resolution of the islets.

We also found that the signal intensity and number of CD40-positive cells were increased in islets by STZ treatment, and that this density of CD40 in islets was decreased significantly by hBMMSC injection. CD40, a glycoprotein belonging to the tumor necrosis factor receptor superfamilly, is a costimulatory protein that is expressed on APCs, including dendritic cells, activated macrophages, and mature B cells, and contributes to autoimmunity [41, 49]. CD40-
CD40 ligand (CD154) signaling has been found to enhance vascular inflammation [61], bowel disease [62], and nephropathy [63]. CD154 treatment increases the levels of inflammatory cytokines in cultured β-cells [64], whereas treatment with an anti-CD154 antibody decreases blood glucose and increases pancreas allograft engraftment [65, 66]. Although we initially expected to observe CD40 expression in macrophages and/or APCs, few CD40-positive cells expressed APC or macrophage markers. CD40 has been reported to be expressed by non-immune cells [41–43, 67–69]. For example, CD40 is expressed in retinal endothelial cells and Müller cells [70], as well as in islet β-cells [43] during hyperglycemia. In this study, we observed CD40 in the peripheral area of the islets, mostly in glucagon-positive α-cells. Recently, increases in glucagon and/or the number of α-cells were reported to be essential to elevate blood glucose levels [71]. Blood glucose does not increase in mice with α-cell degeneration caused by conditional deletion of the X-linked aristless-related homeobox gene, even when β-cells are disrupted by STZ injection [57]. Moreover, normal blood glucose levels are observed in glucagon receptor gene-deficient mice [58]. We found that the CD40-positive area, which overlapped with α-cells, was increased after STZ treatment and reduced by intrapancreatic injection of hBMMSCs. Taken together, these findings suggest that the reduction in CD40, overlapped with glucagon-positive reactions caused by hBMMSC injection might be associated with glucose homeostasis. Further studies are needed to determine the role of CD40 in α-cells and the mechanism by which hBMMSCs suppress glucagon levels and/or reduce the α-cell number.

In the present study, we did not show that hBMMSCs increased regeneration of the islets. It is not likely that transplanted hBMMSCs actively differentiated into β-cells because we could not find PKH26-labeled hBMMSCs in the islets. However, on day 56 of experiment 4, hBMMSC-injected animals had an improved plasma insulin level, pancreas weight, and histomorphological level of islets including the number, size, and insulin immunoreactions compared with vehicle-injected mice. The plasma insulin level, pancreas weight, and histomorphological level of islets in hBMMSC-injected animals on day 56 also tended to be greater than those in animals on day 7 before STZ injection, but the difference was insignificantly. Further studies need to demonstrate the role of hBMMSCs, including pancreatic degeneration and/or regeneration in the future.

A future study should demonstrate a direct causal link between the modulation of pancreatic inflammation/immune responses including macrophage polarization and/or CD40-positive glucagon cells and the glucose-lowering effect of intrapancreatic hBMMSC injection. Because the STZ-induced diabetes model might not model human type 1 diabetes, we would also like to evaluate the effects of intrapancreatic hBMMSC injection in other animal models of type 1 diabetes such as non-obese diabetic mice, and the interactions between hBMMSCs and immune cells in vitro.

Conclusions

In the present study, we demonstrated that intrapancreatic injection of hBMMSCs prevents hyperglycemia and restores body weight compared with intravenous injection into STZ-induced diabetic mice. Although the injected hBMMSCs disappeared from the pancreas within a month, the hBMMSCs improved plasma insulin levels and the islet morphohistology. Moreover, we confirmed that mice injected with hBMMSCs into the pancreas had a modulated macrophage number and activation state, and the decrease in the number of CD40-positive cells overlapped with glucagon in islets. Taken together, these findings suggest that intrapancreatic hBMMSCs injection might be an alternative therapeutic approach to restore β-cell functions in type 1 diabetes mellitus.
Supporting information

S1 Fig. Specificity of primary antibodies. Representative images of amylase immunostaining in the exocrine pancreas and glucagon in the islet of STZ-untreated control mice and Iba1 immunostaining in the islets of STZ-treated mice on day 7 compared with Rabbit IgG and the absence of primary antibodies (1st antibodies free). Representative images of F4/80, CD206, and MHCII immunostaining in the islet of STZ-treated mice on day 7 compared with Rat IgG and 1st antibodies free. Representative images of CD40 immunostaining in the islet of STZ-treated mice on day 7 compared with Armenian hamster IgM and 1st antibodies free. Representative images of insulin immunostaining in the islet of STZ-untreated control mice compared with Guinea pig IgG and 1st antibodies free. Scale bar is 200 μm. (TIF)

S2 Fig. Determination of the number of sections for histological evaluation of pancreases. Pancreatic sections from non-diabetic mice were collected at intervals of 200 μm (nine sections). The sections were stained with hematoxylin-eosin and an antibody against insulin. The islet number was determined in the sections at 200 μm (nine sections), 400 μm (five sections), and 800 μm (three sections) intervals. The islet number of per unit area in each analysis and the calculated area under the curve (AUC). The results suggested that analysis of three sections at 800 μm intervals was appropriate in this study for histological evaluation. (TIF)

Author Contributions

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