Review

Building Façade Retrofit with Solar Passive Technologies: A Literature Review

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Abstract: Worldwide, buildings have been presented as one of the main energy consumers and, for that matter, there is an increased tendency to invest in policies and measures that promote more efficient buildings. Among the chosen strategies, the need to promote the use of passive solutions and retrofit the existing building stock is often pointed out. Portuguese building stock has proven to be obsolete in terms of thermal comfort, which can directly affect the energy demand for climatization purposes. Considering the great solar availability in the country, when compared to other European locations, building retrofit with solar passive technologies can be a suitable solution. This paper aims to review studies on the application of solar passive technologies to retrofit façades in the Mediterranean climate context, with a special focus on Portugal. Four retrofit passive solar technologies were reviewed, namely glazing, sun shading, sunspaces and Trombe wall technologies.

Keywords: solar passive technologies; building retrofit; façade; Mediterranean climate

1. Introduction

Worldwide, buildings are presented as one of the main energy consumers [1]. Poor design of existing buildings, along with the improvement of living over the years, has contributed to a significant increase in energy consumption for space conditioning [2]. Consequently, several policies and regulations have been designed to promote more efficient buildings. The Energy Performance of Buildings Directive, also known as EPBD, is an example of policies [3–5]. It targets not only new but also existing buildings as the European building stock is mostly represented by the existing buildings.

To counter the aging of the existing European building stock, the best solution is building retrofit [6], which can be seen as an opportunity to reduce energy consumption and improve the thermal comfort and well-being of the occupants [7]. Regarding the Portuguese context, according to the last Census [8], nearly 70% of the residential building stock was built prior to 1990, when the first thermal regulation was set up [9]. As a result, due to insufficient thermal insulation at the opaque building envelope, inappropriate windows (single-glazed windows with timber or aluminum without a thermal break frame) and lack of care with the regard to correction of thermal bridges, most of the buildings are in poor condition regarding thermal performance and energy efficiency. The last Portuguese Census [8] also showed that most of the needs to repair occur at the envelope level (walls, window frames and roof), which can directly impact the buildings’ thermal performance. Indeed, buildings built prior to 1990 are responsible for higher energy demands for heating, ranging from 265 to 334 kWh/m².year, while those built between 1990 and 2010 require between 112 and 265 kWh/m².year [10]. According to a study performed in 2014 [11], approximately 80% of residential buildings had energy demands for heating higher than
100 kWh/m².year, which is somehow concerning when analyzed in the context of often-referred “mild climates.” Other studies have also shown that other Southern European countries with Mediterranean climates present similar needs to building retrofit to keep up with current building standards [12–17]. As stated by the updated World Map of the Köppen–Geiger climate classification [18], Mediterranean climates are characterized by cool and wet winters. Additionally, they are divided into two climate zones based on their summer characteristics: Csa (hot and dry summer) and Csb (warm and dry summer). Regarding mainland Portugal, the south is classified as Csa, while the north and center are classified as Csb.

Following the EPBD recast [4], Portuguese legislation [19] demands that the retrofit of the existing building stock should be progressively done toward implementing the concept of nearly zero-energy buildings (nZEB). These are buildings with very high energy performance due to passive strategies and renewable technologies, where the very low amount of energy that is required for their functioning is mainly covered by energy from renewable sources [4]. Generally, the strategy followed in implementing nZEB is divided into three different categories: Passive Strategies (e.g., Passive Solar Heat Gain), Energy Efficiency (e.g., Radiant Heating) and Renewable Energy Systems (e.g., Solar Thermal) [20]. Passive Strategies are normally the starting point for building designers as they can be applied to both residential and nonresidential buildings [20]. They are characterized by the direct interaction between the building envelope and the environment, and they address the heating, cooling and lighting needs of a building with the intent to prevent, reject/collct or control heat gains and/or natural lighting, without the use of electrical or mechanical equipment [19–21]. Among the Passive Strategies, solar passive technologies can be set as a viable solution to building retrofit under Mediterranean climates, as this climate is mostly known for its solar availability (solar hours and solar irradiance).

The literature on solar passive technologies is already very widespread. Some papers focused on the design optimization of passive solar strategies [21], while others focus on multiple technologies [22–25] or targeted a specific technology, such as Glazing [26], Sun Shading [27,28] and Trombe walls [29,30]. However, the literature review showed that there is an apparent lack of review papers on the application of solar passive technologies for building retrofit, especially in the Portuguese context. For this reason, the aim of this paper is to provide a literature review on the application of solar passive technologies to retrofit the façades of Portuguese buildings, considering the Mediterranean climate.

This paper is organized into four sections. The first section presents the motivation and the goal of the research. The second section briefly discussed solar availability in the Portuguese context and compared it to other European contexts. The third section describes the findings on studies about the application of solar passive technologies to retrofit Portuguese façades. Section four provides a brief discussion on the feasibility of retrofit actions with solar passive technologies. Finally, the fifth section draws conclusions from the previous sections.

2. Solar Availability

The potential of solar passive systems mainly relies on the availability of solar radiation, which is determined by the climate and latitude of the location and by the placement and position of the system [31,32]. Solar availability on urban façades is also impacted by the obstruction caused by nearby buildings [32].

Studies reported in the reviewed literature characterize solar availability either using the global vertical irradiation on the south façade or the global horizontal irradiation [33], [34]. In the Portuguese context, a study based on solar irradiation data devised by Brito et al. [35] analyzed the solar potential of roofs and façades of two different neighbors in Lisbon. According to their study, the annual solar irradiation of roofs varied between 1000 and 1800 kWh/m².year, while façades varied between 100 and 1000 kWh/m².year, depending on the façade orientation. The study also showed that façades facing east and
west present a wide range of irradiation values (100–800 kWh/m²/year), and the sum of their potential could surpass those facing south.

In this study, the annual Global Solar Irradiation (GSI) is used as an indicator to evaluate solar availability. Figure 1 shows the GSI of Lisbon when compared to other European locations, namely Ancona (Italy), Barcelona (Spain), London (United Kingdom), München (Germany), Paris (France) and Stockholm (Sweden). The data correspond to 2015 and were obtained from the Photovoltaic Geographical Information System of the EU Science Hub of the European Commission [36]. As can be seen in Figure 1, high annual values were recorded in all locations of Mediterranean climates (Lisbon, Ancona and Barcelona), the highest value being associated with Lisbon (1789 kWh/m²-year). When compared to Paris, Munich, London and Stockholm, Lisbon’s GSI is 31%, 33%, 41% and 48% higher than the corresponding values, respectively.

![Figure 1. Annual sum of Global Solar Irradiation (GSI) in 2015.](image)

### 3. Solar Passive Technologies

In this section, the key findings of the studies devised on the application of solar passive technologies used to retrofit façades of Portuguese buildings, considering the Mediterranean climate, are presented.

As Passive Strategies, solar technologies can address both, heating and cooling needs by preventing, rejecting/collection, or controlling heat gains. Solar technologies can be categorized as Direct and Indirect Solar Gain Technologies [37]. Direct Gain Solar Technologies absorb, store and release solar energy directly into the indoor environment (Figure 2a) [38].

![Figure 2. Examples of solar passive technologies: (a) direct solar gain through a window; (b) indirect solar gain through a Trombe wall system.](image)
In the case of indirect solar gain technologies, solar energy is first absorbed by a thermal mass and then transferred into the indoor environment for later use (Figure 2b) [37]. A matrix of suitable retrofit solutions for each case is presented in Table 1, and the retrofit solutions are described in detail in Sections 3.1–3.4.

Table 1. Solar technologies used to retrofit according to the type of solar gain and target season.

| Type of Solar Gain | Solar Technology                  | Heating Season | Cooling Season |
|-------------------|----------------------------------|----------------|----------------|
| Direct            | Glazing technologies             | ✓              | ✓              |
|                   | Sun shading technologies          |                |                |
| Indirect          | Sunspace technologies            | ✓              | ✓              |
|                   | Trombe wall technologies         |                |                |

At the end of the section, a table is given that summarizes the main findings from the literature review (Table 2).

3.1. Glazing Technologies

Worldwide, window retrofit is, without any doubt, the most popular retrofit action. The reasons behind this success are threefold. Firstly, windows usually present higher thermal transmittance values (U-values) than the opaque façade [26], and, as consequence, most of the heat exchange between the exterior and interior environment occurs via glazed spans [39]. Secondly, financial support programs often encourage window retrofit. In the Portuguese context, the “Renew Home & Office” program [40] is an example of such programs. Thirdly, windows are the simplest solar passive technology and the easiest building element to retrofit [20,37].

In the Portuguese context, window retrofit is either done by:

- Installing a secondary window in addition to the existing single-glazed window;
- Replacing the entire window system;
- Adding Solar Control Films (SCFs) to the existing window.

Window retrofit through the installation of a secondary window is based on the internal addition of a second pane of glass or plastic, while keeping the original single-glazed window, to improve the thermal performance of the window system during wintertime [40]. This solution can also maintain the external original aesthetics of the renovated window system, which is useful in the case of retrofitting the historical buildings, as shown in Figure 3, which illustrates the impact of the retrofitting on a building located in the UNESCO’s Historic Centre of Porto [41]. No measurable impact of this type of retrofit solution was found in the literature for the Portuguese context.

![Figure 3](image-url)

Figure 3. Example showing the impact of window retrofitting on a building located in the Historic Centre of Porto (a) before and (b) after the intervention [41].
Regarding the replacement of window systems, most Portuguese studies considered the replacement of single glazing with multilayer glazings. On the whole, triple-glazed windows were usually chosen for locations in the north and center-north of the mainland, as shown in [42]. However, the replacement with double-glazed windows was the most common solution nationwide for both residential and nonresidential buildings, as shown in [41,43–49] and [50,51], respectively. It is estimated that replacing single- with double-glazed windows is an investment that can cost between 200 and 1500 EUR/unit, whereas the investment in retrofit measures of the opaque walls with traditional External Thermal Insulation Composite Systems (ETICSs) is between 30 and 60 EUR/m$^2$. The measurable impact of replacing single- with double-glazed windows was studied by Eskander et al. [47], who verified that the heat transferred through the windows could be lowered to near 40% following the retrofit. Eicker et al. [52] analyzed the impact of replacing glazing systems with ones with lower total solar energy transmittance (g-value), a parameter that is also known as the solar factor. According to [53], the g-value represents the quotient between the energy transmitted to the interior through a glazed gap and the energy of the solar radiation that affects it. The researchers concluded that the cooling energy needs of a residential building in Almada (a city and a municipality in Portugal located on the southern margin of the Tagus River from Lisbon) could be lowered to 11% if single-glazed windows with a g-value of 0.8 were replaced with double-glazed windows with a g-value of 0.51 [52].

Other studies considered the replacement of single-glazed windows with double-glazed and low-emissive (e-low) glazing windows [42,54]. The literature pointed out that e-low glazing is a good option for a mild-temperate climate (Portugal mainland) because it provides good thermal insulation during wintertime and reduces the entrance of heat during summertime, allowing the passage of visible light for daylight [38,55].

As stated by Moretti and Belloni [56], to encourage visual comfort and daylighting for energy savings, nonresidential buildings tend to have high window-to-wall ratios. However, this design option may also lead to an increase in energy demand for heating or cooling purposes. For that reason, in recent years, many studies have been devised on glazing retrofit with Solar Control Films (SCFs) [57–59]. In Portugal, Teixeira et al. [59] studied an office building with large glazed areas in Lisbon and concluded that SCFs can be a suitable retrofit measure as they can reduce solar heat gains, the peak demand load and the annual energy consumption. These findings are pertinent because, as Causone et al. [60] pointed out, large glazed surfaces can cause a significant increase of cooling loads in warm climates due to the increased solar heat gain. Furthermore, Pereira et al. [57] also studied the application of SCF in the Lisbon context and verified that this retrofit solution has the potential to promote daylight availability while limiting the visual discomfort in office buildings (Figure 4).

![Figure 4. Glazing retrofit with Solar Control Films: (a) small-scale model (1:10); (b) standard structure with an internal application on the glass surface [57].](image-url)
3.2. Sun Shading Technologies

Portuguese cities such as Évora and Beja are characterized by very hot summers, with average temperatures of 30.2 °C and 32.6 °C, respectively, while Lisbon has an average maximum temperature of 27.4 °C in July [61,62]. Thermal discomfort due to overheating during the cooling season, is often pointed as a key issue, as shown in [63]. For this reason, the control of solar heating gains is a key retrofit measure in the Portuguese context [64].

The most effective way to control solar heat gain is by intercepting it before it reaches the building envelope while ensuring that the strategy does not interfere with solar gains during wintertime when it is required [65]. This control can be achieved using sun shading devices, as shown in [66,67]. This solar technology is often considered and recommended in building retrofit studies, as shown in [42,68,69].

Capeluto et al. [70] analyzed the retrofit of façades in multiple European cities and concluded that, when a single strategy was chosen to retrofit a south-facing façade in Porto, sun shading was the best option. The study also showed that, even when multiple strategies are chosen, sun shading appears twice in the top three combined measures, first combined with glazing and in third combined with ventilation.

Studies on the individual impact of sun shading retrofitting in the Portuguese context are scarce. It appears from the literature that, with very few exceptions, this retrofit option was always considered in conjunction with other retrofit measures. In other words, the specific measurable impact of sun shading retrofit was rarely presented and discussed. One of the exceptions was presented by Pereira Tavares et al. [38], who assessed the impact of adding horizontal brise-soleils of different sizes to housing units in Lisbon (Figure 5). The authors concluded that by adding horizontal brise-soleils to buildings with large glazing areas, the cooling energy needs could be lowered by up to 55%, depending on the façade orientation and the type of glass of the window. The study also showed that the greater the width of the used shading devices, the lower the influence of the type of glass of the window.

![Sun shading retrofit with horizontal brise-soleils with different sizes](image)

**Figure 5.** Sun shading retrofit with horizontal brise-soleils with different sizes [38].

Another exception was presented by Palmero-Marrero et al. [71], who analyzed the effect of louver shading devices on building energy requirements of multiple cities across the world, including Lisbon. The authors showed that 50% of the total energy consumption could be saved by using louvers (Figure 6), compared with no shading case. Nevertheless, both studies pointed that adding shading devices can lead to higher energy expenditure during the heating season.

![Sun shading retrofit with louvers](image)

**Figure 6.** Sun shading retrofit with louvers (horizontal layout in a south façade and vertical layout in east or west façades) [71].
Regarding the design of sun shading, the literature emphasized several aspects. The adaptability should be weighed, namely if the shading device is fixed or movable. The aesthetics and handling of shading devices should also be taken into account because they are often pointed as key factors for users [72,73]. As shading devices can reduce natural light, designers should assess the balance between the energy savings from cooling (due to shading devices) and the energy consumption due to artificial light.

3.3. Sunspace Technologies

Sunspace is a solar technology designed to collect heat gains. It is based on a glasshouse (Figure 7) that absorbs solar radiation and partially converts it into energy for heating the indoor environment [74–77].

Figure 7. Illustration of a sunspace [77].

It recreates on a small scale the macroscopic phenomenon of the greenhouse effect that happens between the Earth and the atmosphere, and it works as a buffer zone against heat losses toward the outdoor environment [74,75]. Portuguese sunspaces are usually south oriented, with single glazing and a high glazing to floor surface ratio (between 60% and 250%) [78].

Case studies on Portuguese retrofitted sunspaces are scarce, even though it is common to close existing balconies so that they can perform as sunspaces. Such an example was studied by Macieira et al. [79], who proposed the use of transparent membrane screens to close existing balconies (Figure 8a). To optimize the thermal performance, the proposed retrofit solution can be completely open all day or night time, and it can also integrate an additional opaque/reflective membrane to work as a vertical shade (with adjustable height), as shown in Figure 8b. As the proposed retrofit solution uses membranes of PVC or EFTE as an alternative to conventional glazing, the technology was named Membrane Alternative Sunspace (MAS). The study concluded that MAS is an efficient alternative to traditional sunspaces, according to constructive, environmental and economic aspects.
Aelenei et al. [80] studied the use of different attached-sunspace configurations (Figure 9) in retrofitting design and concluded that fully integrated sunspaces led to better-performing results because they have a smaller glazing area in contact with the external environment. The study also pointed that sunspaces may be a very efficient solution in the south of mainland Portugal (e.g., Faro region), as it evidenced a potential of 100% energy saving during wintertime. However, in locations with more severe winters, such as Bragança, the potential energy savings is lowered to 48%. Furthermore, sunspaces might be a very attractive solution to retrofit dwellings built before the 1990s when compared to retrofit approaches based on thermal insulation due to the good solar potential in Portugal and the economic benefits of sunspace systems [80].

3.4. Trombe Wall Technologies

Trombe wall, also known as a storage wall or a solar heating wall, is a solar technology mainly designed to collect heat gains. It consists of an external transparent layer in front of the external wall (known as a massive wall), with a small air cavity between them. The system works by absorbing solar energy through the external transparent skin, which results in a buffer effect in the air cavity, where the heat is stored during the daytime [81–83]. In the hours following the sunset, the energy is transmitted as heat to the indoor environment, which enhances the indoor air temperature [81–83].

According to the ventilation mode of the air cavity of the Trombe wall system, it can be classified as nonventilated (or unvented), ventilated or double ventilated. The ventilation mode relies on the existence of vents (ventilation openings) on the external transparent skin or the massive wall. When the Trombe wall is designed without vents, or the vents are closed, the system is classified as unvented. If the Trombe wall has (open) vents in one layer of the system (e.g., external transparent skin or massive wall), it is classified as ventilated. When the Trombe wall has (open) vents in different two layers of the system, namely on the external transparent skin and on the massive wall, the system is classified

![Figure 8. Retrofitted sunspace during the daytime period in the: (a) heating season; (b) cooling season with an open (adjustable) membrane [79].](image)

![Figure 9. Types of sunspaces: (a) adjacent; (b) adjacent; (c) partially integrated; (d) totally integrated [80].](image)
Trombe wall technologies are not commonly used to retrofit residential buildings in Portugal, perhaps due to the lack of information among Portuguese building designers on the application and efficiency of this constructive solution [85]. Nevertheless, among solar technologies, a Trombe wall seems to be a suitable retrofit solution for residential buildings due to its simple configuration, zero running costs, among other reasons [86,87].

As Trombe wall systems are not commonly used in Portugal, studies on their application and impact are also scarce. The studies developed by Briga-Sá et al. [84,85,88] are one of the few exceptions. With regard to the performance, the researchers concluded that the integration of a Trombe wall is beneficial for the performance of Portuguese buildings, given the fact that the energy needs for heating can be reduced up to approximately 16% [85]. Other key findings have also been presented in the literature with regard to the application of Trombe wall systems in European locations with Mediterranean climates. For example, the optimized design of a Trombe wall is often a double-glazed layer, as seen in [33,84,88–91], with air layer depths lower than 10 cm, as seen in [88,89,92]. In addition, during summertime is strongly recommended the use of sun shading to counter overheating. This statement was referred to both in Portuguese studies [84,90] and studies devised on other European regions with Mediterranean climates [89,93]. For example, Briga-Sá et al. [84] noticed that the outer surface of the Trombe wall can reach temperatures above 60 °C when it is unscreened but under 30 °C when it is shaded.

In recent years, the literature also presented some innovative Trombe wall technologies considering the Portuguese context. Sacht et al. [90] investigated the performance of a modular Trombe wall (Figure 11) for building retrofit under different Portuguese climates. The proposed retrofit solution is innovative for two reasons. Firstly, it is based on multiple modules of a Trombe wall, instead of a single zone, and modules are normally used in active system devices (e.g., PV modules). In addition, the study showed that, regardless of the location, when the modular Trombe wall was considered, the heating energy demand met the Portuguese building code requirements.

Another innovative technology within Trombe wall systems was presented in the literature by Aelenei et al. [94]. They proposed a complementary solution to a traditional External Thermal Insulation Composite System (ETICS), which targets thermal bridge areas with the intent to mitigate winter heat losses (Figure 12). The proposed solution relies on the principle of unvented Trombe walls, but it considers the external transparent skin in front of a structural thermal bridge area (boundary between concrete columns and masonry walls). The design of this innovative concept, named Solar Bridge Retrofit System (SBRS), enables heavy structures of the building (e.g., concrete columns) to absorb solar radiation and conduct the heat slowly inward or to the adjacent structure [94].
Another innovative technology within Trombe wall systems was presented in the literature by Aelenei et al. [94]. They proposed a complementary solution to a traditional External Thermal Insulation Composite System (ETICS), which targets thermal bridge areas with the intent to mitigate winter heat losses (Figure 12). The proposed solution relies on the principle of unvented Trombe walls, but it considers the external transparent skin in front of a structural thermal bridge area (boundary between concrete columns and masonry walls). The design of this innovative concept, named Solar Bridge Retrofit System (SBRS), enables heavy structures of the building (e.g., concrete columns) to absorb solar radiation and conduct the heat slowly inward or to the adjacent structure [94].

Figure 12. Conceptual drawing of the Solar Bridge Retrofit System (SBRS) designed to correct the thermal bridges introduced by concrete columns: (a) Horizontal cross-section; (b) 3D View (right-hand side): 1—external transparent skin (glazing); 2—External Thermal Insulation Composite System (ETICS); 3—frame of the glazing; 4—air cavity of the SBRS; 5—masonry wall; 6—concrete column [94].

Table 2 summarizes the main findings reported in the literature regarding the reviewed solar passive technologies.
Table 2. Literature review matrix of the reviewed studies on solar technologies used to building retrofit Portuguese buildings.

| Solar Passive Technology | Location | Type of Study          | Type of Building | Energy Analysis | General Findings: Benefits | General Findings: Drawbacks and Recommendations | Ref. |
|-------------------------|----------|------------------------|------------------|-----------------|-----------------------------|--------------------------------------------------|------|
| Glazing technologies   | Multiple locations, including Portugal (Almada) | Numerical          | Residential      | ■ Replacing single-glazed windows with double-glazed can lower cooling energy needs to 11%. | ■ N.A. | ■ N.A. | [52] |
|                         | Portugal (Lisbon) | Experimental and numerical | Office          | ■ Retrofitting large glazing areas with Solar Control Films can reduce solar heat gains, the peak demand load and the annual energy consumption. | ■ N.A. | ■ N.A. | [59] |
| Sun shading technologies | Portugal (Lisbon) | Numerical          | Residential      | ■ Horizontal brise-soleils can lower up to 55% of the cooling energy needs, depending on the façade orientation and the type of glass of the window. | ■ N.A. | ■ Applied shading devices can lead to higher energy expenditure during the heating season. | [38] |
|                         | Multiple locations, including Portugal (Porto) | Numerical          | Residential      | ■ Regarding the retrofit of a south face, sun shading is the best single strategy but also appears twice in the top 3 combined strategies (1st shading + glazing; 3rd ventilation + shading). | ■ N.A. | | [70] |
|                         | Multiple locations, including Portugal (Lisbon) | Numerical          | Residential      | ■ 50% of the total energy consumption could be saved by using louvers, compared with no shading. | ■ N.A. | ■ Louvers can increase heating energy needs. | [71] |
| Sunspace technologies   | Portugal (Porto) | Experimental and numerical | Residential      | ■ Retrofit sunspaces with membranes (instead of glazing) allow design customization. Compared to glass: (a) easier and quicker retrofit with membranes; (b) easier to repair or replace membranes when damaged; (c) provide protection against material projection in the case of a seismic event. | ■ N.A. | ■ Not all intervention scenarios can be retrofitted with membranes (although membranes are interesting alternatives when the use of glass is limited due to its size, weight and/or cost). | [79] |
Table 2. Cont.

| Solar Passive Technology | Location | Type of Study         | Type of Building | Energy Analysis | General Findings: Benefits | General Findings: Drawbacks and Recommendations | Ref. |
|--------------------------|----------|-----------------------|------------------|-----------------|----------------------------|---------------------------------------------------------------------------------|------|
| **Portugal (multiple locations on the mainland)** | Numerical | Residential           |                  | Sunspaces are very efficient solutions to south Portuguese locations as they can lead to 100% energy saving during wintertime. | Totally integrated sunspaces perform better results than adjacent and partially integrated because they have a smaller glazing area in contact with the external environment. | Designing sunspaces with opaque glazing can be a good solution to avoid overheating during the cooling season. | [80] |
| **Trombe wall** | Portugal (Vila Real) | Experimental and numerical | Test cell | The integration of a vented or an unvented Trombe wall in the façade can decrease the heating energy needs up to nearly 16% and 9%, respectively. | The heat takes near 3 times more to reach the indoor environment if there is no ventilation in the massive wall. | Cooling season: shading devices are strongly recommended because the outer surface of the Trombe wall can exceed 60 °C when unshaded. If shaded, the values are reduced to 30 °C or less. During the cooling season, it may be necessary to combine a Trombe wall with night ventilation and/or shading devices to improve the overall performance. | [84,85,88] |
| **Portugal (Caparica)** | Experimental | Test cell | N.A. | Trombe wall systems applied to structural thermal bridge areas can help promote heat gain (instead of heat losses due to the thermal bridge phenomenon). | N.A. | | [94] |
| **Portugal (Lisbon, Porto, Lajes, Funchal)** | Numerical | Test cell | N.A. | Trombe wall modules lower the heating energy needs. Trombe wall in the south façade led to lower heating than in east, west and north façades, regardless of the geographic location. | N.A. | It is also very important to consider the cooling energy needs when considering Trombe wall systems. | [90] |
4. Feasibility of Retrofit Works with Solar Passive Technologies

Each building is unique and, thus, it is the nature of its retrofit project, which makes it difficult to define general action guidelines and implies that the optimal solution should be defined for each retrofit case [6]. To facilitate the process of finding the optimal retrofit solutions for each case, the literature presented assessment methodologies on the feasibility of the retrofit works. Those methodologies, such as those presented in [95,96], were designed to assess any kind of retrofit works and not specifically the retrofit works with solar passive technologies. Nevertheless, the performance indicators associated with those methodologies may be used to assess the feasibility of the solar passive technologies listed in Section 3 as well.

Table 3 presents a list of indicators that can help assess the feasibility of retrofit projects with solar passive technologies.

| Scope                              | Indicator                                                                 | Unit               |
|------------------------------------|---------------------------------------------------------------------------|--------------------|
| Solar availability                 | Solar irradiation on the façade surface                                   | kWh/m²/year        |
|                                    | Hours of solar exposure                                                   | Hours              |
| Thermal performance and comfort    | Discomfort period                                                         | Hours; %           |
|                                    | Heat gain                                                                 | MJ/m²; kW/m²       |
|                                    | Heat transmission (Heat flux)                                             | W/m²               |
|                                    | Predicted Mean Vote (PMV)                                                 | –                  |
|                                    | Relative humidity                                                         | %                  |
|                                    | Temperature (surface: glazing and massive wall; cavity)                   | °C                 |
|                                    | Time lag                                                                  | Hours              |
| Indoor air quality and acoustics   | CO₂ concentration                                                        | ppm                |
|                                    | Acoustics                                                                 | –; dB; RT60        |
| Energy efficiency                  | Cooling energy needs (or cooling energy needs savings)                   | kWh; kWh/year; %   |
|                                    | Energy storage (and release)                                              | Hours              |
|                                    | Heating energy needs (or heating energy needs savings)                   | kWh; kWh/year; %   |
| Environment                        | CO₂ emissions (production and operational phase)                          | kg CO₂ eq.         |
|                                    | Energy demand (production and operational phase)                          | kWh; kWh/m²        |
| Economic                           | Annual savings                                                           | €; %               |
|                                    | Internal rate of return (IRR)                                             | –                  |
|                                    | Investment costs                                                          | €                  |
|                                    | Net present value (NPV)                                                   | –                  |
|                                    | Payback period (PP)                                                       | Years              |
|                                    | Savings-to-investment ratio (SIR)                                         | –                  |

It should be noted that retrofit measures usually lead to lower energy needs, but that does not always imply a lower global cost [95]. Therefore, studies on the feasibility should not only be based on energy efficiency indicators but also thermal performance and comfort, indoor air quality and acoustics, fire protection and environment and economic indicators. Furthermore, retrofit design projects should also include consideration of the following aspects:

- **Retrofit conditions**—questions such as the disturbance levels to the inhabitants or site and the possibility of working from the inside of the building vs. the need for scaffolding in high-rise buildings should be holistically weighed, as shown in [97].
- **Compatibility** between the existing constructive solutions and the proposing retrofit technologies—the retrofit design project should be compatible with the existing solution (e.g., materials properties), and possible consequences should be assessed (e.g., reduction of air permeability and the creation of new thermal bridge areas following the fixation of new constructive systems), as well as how to mitigate them [98];
• Impact on cultural heritage—the retrofit design project should involve a strong dichotomy between aesthetic–architectonical value and energy efficiency goals, especially in the context of the rehabilitation of historic buildings [99].

5. Conclusions

This paper presents an overview of the state-of-art solar passive technologies used to retrofit Portuguese façades. The final remarks and recommendations for future works are presented as follows:

1. Direct solar technologies (glazing and sun shading) are commonly used strategies to thermally retrofit Portuguese façades, and they are often applied together. Their widespread application is assisted by: (a) their simplicity (easy elements to retrofit); (b) the Portuguese regulation that presents design parameters (which facilitates the job of building designers); (c) national financial support programs (incentives). Sun shading is often recommended in the literature, but its specific impact is usually not indicated.

2. There is an apparent scarcity of studies on indirect solar technologies used to retrofit Portuguese buildings. Regarding sunspaces, even though balconies are often converted into sunspaces, there are no sufficient available data on the optimization design parameters leading to the upgrade of the energy performance. Regarding Trombe wall systems, most of the studies found were devised in the last decade, meaning that there is a growing interest in this subject. All in all, more detailed studies and research (on optimization design, operation, and efficiency) should be devised on Trombe wall systems to encourage building designers and owners to consider this technology.

3. Studies have shown that solar passive technologies usually lead to energy savings. However, more detailed feasibility studies should be conducted, especially concerning cost and environmental indicators. Specific studies on the feasibility of solar passive technologies compared to conventional retrofit solutions should also be conducted to further increase the knowledge on solar passive technologies in the Portuguese context.

4. Overall, it was concluded that building retrofit with solar passive technologies may be a viable way to (a) improve the thermal comfort and efficiency (more energy savings and lower greenhouse gas emissions) of buildings in the Mediterranean climate context, (b) further improve the technical and scientific knowledge, (c) increase the building value as it updates it toward current living standards and (d) contribute toward achieving greener buildings and cities.

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