Mass-loss histories of Type IIIn supernova progenitors within decades before their explosion

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1 INTRODUCTION

Type IIIn supernovae (SNe IIIn) which were first named by Schlegel (1990) are a subclass of SNe II. They show narrow emission components in their spectra which are presumed to be related to the existence of dense circumstellar media (CSM) near the SN progenitors (e.g. Chugai & Danziger 1994; Fransson et al. 2002). The existence of the dense CSM indicates that the SN II In progenitors have high mass-loss rates shortly before the explosion. Indeed, some SNe IIIn are related to luminous blue variables (LBVs) which are at an evolutionary stage of very massive stars (Humphreys & Davidson 1994). For instance, the progenitors of SNe IIIn 2005gl, 2009ip, and 1961V are found to be consistent with LBVs (e.g. Gal-Yam & Leonard 2009; Smith et al. 2011; Mauerhan et al. 2013a). However, LBVs have not been considered to be SN progenitors in the theoretical stellar evolution perspective (e.g. Langer 2012), although theoretical investigation of a possible LBV-like SN progenitor is starting to appear (Groh, Meynet & Ekström 2013). In addition, not all SNe IIIn are related to very massive stars like LBVs, but a large fraction of them may come from less massive stars (e.g. Prieto et al. 2008; Anderson et al. 2012).

Estimating mass-loss histories of SN IIIn progenitors is essential for understanding their progenitors and mass-loss mechanisms. Mass-loss rates of SN II In progenitors have been estimated in many ways. The line strength of Hα in SNe IIIn is an observational property often used to estimate the CSM density and thus the mass-loss rate (e.g. Kiewe et al. 2012; Stritzinger et al. 2012; Taddia et al. 2013, T13 hereafter). The dust emission observed in near- and mid-infrared has also been used (Fox et al. 2011, 2013; Maeda et al. 2013, and references therein). X-ray observations are also widely used to estimate the CSM properties (e.g. Chandra et al. 2012a,b; Dwarkadas & Gruszko 2012; Katsuda et al. 2014). These observations commonly suggest that the mass-loss rates of SN IIIn...
progenitors are typically higher than $10^{-3}$ $M_\odot$ yr$^{-1}$, which is much higher than those estimated for other core-collapse SN progenitors ($\sim 10^{-5}$ $M_\odot$ yr$^{-1}$ or less; e.g. Chevalier & Fransson 2006; Chevalier, Fransson & Nynmark 2006).

In a previous paper of ours (Moriya et al. 2013c, M13 hereafter), we developed an analytic bolometric light-curve (LC) model for SNe IIn which can be used to estimate the CSM properties. We have applied our analytic model to the bolometric LCs reported by Stritzinger et al. (2012, SNe 2005ip and 2006jd) and Zhang et al. (2012, SN 2010jl) in M13. In this paper, we additionally apply our bolometric LC model to those reported by T13, Fassia et al. (2000), Roming et al. (2012), and Fraser et al. (2013a). In total, we estimate the mass-loss histories of 11 SN IIn progenitors and, although the number is still small, we try to see if there are general properties in the mass-loss of SN IIn progenitors.

This paper is organized as follows. In Section 2, we shortly summarize our analytic bolometric LC model presented in M13. We apply the LC model to the bolometric LCs in Section 3. We summarize our analytic bolometric LC model presented in M13 and energy $E_{\text{bol}}$. If we can obtain $\alpha$ by fitting an observed SN bolometric LC before $t_0$, we can constrain the CSM density slope $s$ just from the bolometric LC by assuming $n$. If there are spectral observations from which we can infer the shell velocity evolution, we can estimate $D$ in $\rho_{\text{csm}} = Dr^{-s}$ and we can get information on the CSM density structure. Even if there is no velocity information, we can still estimate $D$ by assuming the SN ejecta mass $M_{\text{ej}}$ and energy $E_{\text{ej}}$.

After $t = t_0$, there is no general analytic solution to equation (1) and we do not have a simple expression for $L$. However, we can solve an asymptotic form of equation (1) numerically which is applicable at $t > t_0$. Then, we can use equation (3) to estimate the bolometric luminosity.

Once we succeed in estimating the CSM density structure $\rho_{\text{csm}} = Dr^{-s}$, we can estimate the mass-loss rate evolution of the SN progenitor by assuming a constant CSM velocity $v_{\text{csm}}$. This is simply because the CSM at $r$ is ejected at the time $t' = r/v_{\text{csm}}$ before the explosion under this assumption. Then, the mass-loss history $M(t')$ is

$M(t') = 4\pi r^2 \rho_{\text{csm}} v_{\text{csm}} = 4\pi D v_{\text{csm}}^2 r^{2-s}$,

where $t'$ is the time before the explosion.

3 REVEALING MASS-LOSS HISTORY

We apply the bolometric LC model presented in M13 and summarized in the previous section to the observed SN IIn bolometric LCs in this section. The bolometric LCs of T13, Fassia et al. (2000), and Fraser et al. (2013a) are constructed based on the photometric observations covering from near-ultraviolet to near-infrared. The bolometric LC of SN 2010jl constructed by Zhang et al. (2012) is based only on their optical photometric observations. The bolometric LC of SN 2011ht is based on near-ultraviolet to optical observations (Roming et al. 2012, see also Pritchard et al. 2013).

3.1 SN 2005ip

SN 2005ip has already been modelled in M13. The result of the LC fitting including the statistical error is

$L = (1.44 \pm 0.08) \times 10^{43} \left(\frac{t}{1d}\right)^{-0.536 \pm 0.013}$ erg s$^{-1}$.

As shown in M13, $\alpha = -0.536 \pm 0.013$ corresponds to $s = 2.28 \pm 0.03$ ($n = 10$) or $2.36 \pm 0.02$ ($n = 12$). Assuming $s = 2.28$, the CSM density structure becomes

$\rho_{\text{csm}}(r) = 8.4 \times 10^{-16} \left(\frac{r}{10^{15} \text{ cm}}\right)^{-2.28}$ g cm$^{-3}$.

If a fraction $\epsilon$ of the kinetic energy is transferred to radiation energy, the SN bolometric luminosity $L$ can be expressed as

$L = \epsilon \frac{dE_{\text{kin}}}{dt} = 2\pi \epsilon \rho_{\text{csm}} r^2 v_{\text{sh}}^3$.

In this paper, we assume $\epsilon = 0.1$ if necessary as we assume in M13. It turns out that the bolometric luminosity before $t = t_0$ has a simple power-law form

$L = L_1 t^\alpha$,

where $L_1$ is a constant and

$\alpha = \frac{6s - 15 + 2n - ns}{n - s}$.

If we can obtain $\alpha$ by fitting an observed SN bolometric LC before $t_0$, we can constrain the CSM density slope $s$ just from the bolometric LC by assuming $n$. If there are spectral observations from which we can infer the shell velocity evolution, we can estimate $D$ in $\rho_{\text{csm}} = Dr^{-s}$ and we can get information on the CSM density structure. Even if there is no velocity information, we can still estimate $D$ by assuming the SN ejecta mass $M_{\text{ej}}$ and energy $E_{\text{ej}}$. After $t = t_0$, there is no general analytic solution to equation (1) and we do not have a simple expression for $L$. However, we can solve an asymptotic form of equation (1) numerically which is applicable at $t > t_0$. Then, we can use equation (3) to estimate the bolometric luminosity.

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After $t = t_0$, there is no general analytic solution to equation (1) and we do not have a simple expression for $L$. However, we can solve an asymptotic form of equation (1) numerically which is applicable at $t > t_0$. Then, we can use equation (3) to estimate the bolometric luminosity.

Once we succeed in estimating the CSM density structure $\rho_{\text{csm}} = Dr^{-s}$, we can estimate the mass-loss rate evolution of the SN progenitor by assuming a constant CSM velocity $v_{\text{csm}}$. This is simply because the CSM at $r$ is ejected at the time $t' = r/v_{\text{csm}}$ before the explosion under this assumption. Then, the mass-loss history $M(t')$ is

$M(t') = 4\pi r^2 \rho_{\text{csm}} v_{\text{csm}} = 4\pi D v_{\text{csm}}^2 r^{2-s}$,

where $t'$ is the time before the explosion.
The corresponding mass-loss history is
\[ \dot{M}(t') = 2.3 \times 10^{-3} \left( \frac{v_{\text{cm}}}{100 \, \text{km s}^{-1}} \right)^{0.72} \left( \frac{t'}{1 \, \text{yr}} \right)^{-0.28} \, M_{\odot} \, \text{yr}^{-1}, \tag{9} \]
where \( t' \) is the time before the explosion. The mass-loss rate does not differ much whether we use \( n = 10 \) or 12.

3.2 SN 2005kj

The bolometric LC of SN 2005kj declines so rapidly that it is difficult to fit it by the M13 LC model. However, we find that the ‘shell-shocked diffusion’ model (Arnett 1980; Smith & McCray 2007, but also see Moriya et al. 2013b) is consistent with the LC after the peak. The possibility to apply the diffusion model to SNe IIn which cannot be explained by the M13 model is further discussed in M13. The diffusion model is applicable to the declining phase after the shock goes through a dense CSM. The LC evolution is expressed as
\[ L = L_0 \exp \left[ -\frac{t - t_p}{\tau_{\text{diff}}} \left( 1 + \frac{t - t_p}{2\tau_{\text{exp}}} \right) \right], \tag{10} \]
where \( t_p \) is the time of the maximum luminosity, \( \tau_{\text{diff}} \) is the characteristic diffusion time-scale in the shocked dense CSM, and \( \tau_{\text{exp}} \) is the expansion time-scale of the shocked dense CSM.

Fig. 1 shows the result of the fitting to equation (10) after the LC peak. As the observed LC does not have a clear peak and the epoch of the explosion is not well determined, we fit the LC assuming several possible \( t_p \). However, we found that the result of the fitting is not very sensitive to the assumed \( t_p \). In Fig. 1, we show the LC obtained by assuming that the first observed LC point is the LC peak \( (t_p = 11.8 \, \text{d} \text{ since the explosion; T13}) \). We then obtain \( \tau_{\text{diff}} = 175 \pm 9 \, \text{d}, \tau_{\text{exp}} = 57 \pm 5 \, \text{d}, \text{ and } L_0 = (5.95 \pm 0.05) \times 10^{42} \, \text{erg s}^{-1}. \) Here, the errors are the statistical errors. Assuming \( t_p = 5 \, \text{d}, \) we obtain \( \tau_{\text{diff}} = 199 \pm 13 \, \text{d}, \tau_{\text{exp}} = 50 \pm 6 \, \text{d}, \) \text{ and } \( L_0 = (6.17 \pm 0.06) \times 10^{42} \, \text{erg s}^{-1}. \) In the most extreme case \( (t_p = 0 \, \text{d}), \) we instead find \( \tau_{\text{diff}} = 221 \pm 17 \, \text{d}, \tau_{\text{exp}} = 45 \pm 5 \, \text{d}, \) \text{ and } \( L_0 = (6.32 \pm 0.07) \times 10^{42} \, \text{erg s}^{-1}. \)

Mass-loss histories of SN IIn progenitors

We can roughly estimate the mass-loss rate of the progenitor from the diffusion time-scale. The diffusion time-scale can be approximated as
\[ \tau_{\text{diff}} \sim \frac{\kappa \bar{n} R^2}{c}, \tag{11} \]
where \( \kappa \) is the opacity of the dense CSM, \( \bar{n} \) is the average density of the CSM, \( R \) is the radius of the CSM, and \( c \) is the speed of light. Then, the CSM mass \( M_{\text{cm}} \) is roughly
\[ M_{\text{cm}} = \frac{4}{3} \frac{\kappa \bar{n} R^3}{3 \kappa}. \tag{12} \]

If \( M_{\text{cm}} \) is ejected in a time \( \Delta t \), the mass-loss rate can be approximated as \( \dot{M} \sim M_{\text{cm}} / \Delta t \). As \( \Delta t = R/v_{\text{cm}} \), we get
\[ \dot{M} \sim \frac{4 \pi \kappa \tau_{\text{diff}} v_{\text{cm}}}{3}. \tag{13} \]
Using \( \tau_{\text{diff}} = 175 \, \text{d}, v_{\text{cm}} = 100 \, \text{km s}^{-1}, \) and \( \kappa = 0.34 \, \text{cm}^2 \, \text{g}^{-1}, \) we get
\[ \dot{M} \sim 0.9 M_{\odot} \, \text{yr}^{-1}. \tag{14} \]
This is a very rough estimate, but we can see that the mass-loss rate is high.

The fact that the LC can be fitted by the diffusion model indicates that the dense part of the CSM is swept up at early times, and thus the dense part of the CSM is small in radius. As is discussed in M13, this is naturally expected for the \( s > 3 \) dense CSM. However, the diffusion model just requires the existence of the dense CSM near the progenitor. Thus, we cannot constrain the possibility that there exists a very dense \( s < 3 \) CSM with a small radius.

3.3 SN 2006aa

The bolometric LC of SN 2006aa could not be fitted by the M13 model as is the case for SN 2005kj. Again, the LC can be fitted by the diffusion model as shown in Fig. 2. We set the time of the peak luminosity as \( t_p = 50 \, \text{d} \text{ since the explosion}, \) and we get \( \tau_{\text{diff}} = 163 \pm 25 \, \text{d}, \tau_{\text{exp}} = 22 \pm 5 \, \text{d}, \) \text{ and } \( L_0 = (2.85 \pm 0.05) \times 10^{42} \, \text{erg s}^{-1} \) with the statistical errors. By using equation (13), the mass-loss rate can be roughly estimated as \( \sim 0.8 M_{\odot} \, \text{yr}^{-1}. \)
3.4 SN 2006bo

The bolometric LC of SN 2006bo can be successfully fitted by the $L = L_1t^α$ formula (Fig. 3). The explosion date is set as 20 d before the discovery, but it is not well constrained (T13). The result is

$$L = (1.03 \pm 0.06) \times 10^{41} \left(\frac{t}{1\text{ d}}\right)^{-0.627 \pm 0.014} \text{ erg s}^{-1}. \quad (15)$$

The obtained $α = -0.627 \pm 0.014$ corresponds to $s = 2.44 \pm 0.03$ ($n = 10$) or $2.49 \pm 0.03$ ($n = 12$). The CSM density structure estimated for the $s = 2.44$ case is

$$ρ_{\text{cs}}(r) = 2.5 \times 10^{-15} \left(\frac{r}{10^{15} \text{ cm}}\right)^{-2.44} \text{ g cm}^{-3}. \quad (16)$$

The Thomson optical depth above $10^{15}$ cm (the shell radius is mostly above $10^{15}$ cm) for solar-metallicity CSM is 0.66 so our model is self-consistent. The mass-loss history estimated from the CSM density structure is

$$M(t') = 9.1 \times 10^{-3} \left(\frac{v_{\text{cs}}}{100 \text{ km s}^{-1}}\right)^{0.56} \left(\frac{t'}{1\text{ yr}}\right)^{-0.44} \text{ M}_\odot \text{ yr}^{-1}, \quad (17)$$

where $t'$ is the time before the explosion. Note that we have ignored the bolometric luminosity data at around 170 d since the explosion when we fit the LC. The bolometric luminosity is significantly smaller than the previous epochs. As the bolometric LC is constructed by using near-infrared photometry as well, this sudden luminosity decline is not necessarily from the dust formation. We suspect that the shock has already gone out of the dense CSM at this epoch. This indicates that the high mass-loss rate of the progenitor does not last long enough for dense CSM to reach the corresponding radius (see Section 4.1).

3.5 SN 2006jd

The CSM properties estimated from the bolometric LC of SN 2006jd were presented in M13. The LC fitting with the $L = L_1t^α$ law results in

$$L = (3.9 \pm 0.1) \times 10^{41} \left(\frac{t}{1\text{ d}}\right)^{-0.070 \pm 0.0064} \text{ erg s}^{-1}. \quad (18)$$

with the statistical error. The power $α = -0.0708 \pm 0.0064$ indicates $s = 1.40 \pm 0.01$ ($n = 10$) or $1.62 \pm 0.01$ ($n = 12$). The CSM density structure for the $s = 1.40$ case is

$$ρ_{\text{cs}}(r) = 2.6 \times 10^{-16} \left(\frac{r}{10^{15} \text{ cm}}\right)^{-1.40} \text{ g cm}^{-3}. \quad (19)$$

The corresponding mass-loss rate is

$$M(t') = 2.6 \times 10^{-4} \left(\frac{v_{\text{cs}}}{100 \text{ km s}^{-1}}\right)^{1.6} \left(\frac{t'}{1\text{ yr}}\right)^{0.6} \text{ M}_\odot \text{ yr}^{-1}, \quad (20)$$

where $t'$ is the time before the explosion. The mass-loss rate decreases as the progenitor gets closer to the time of explosion. The rate is higher than $10^{-3} \text{ M}_\odot \text{ yr}^{-1}$ until about 9 years before the explosion.

3.6 SN 2006qq

The bolometric LC of SN 2006qq cannot be fitted by the $L = L_1t^α$ model because of the small $t$. Thus, we use the asymptotic formula to fit the LC. The asymptotic formula does not generally have an analytic form. We solve the equation numerically and see whether the fit is good or not by eyes. We assume that the explosion date is 16 d before the discovery (T13). We find that the $s = 2.0$ asymptotic model provides a good fit (Fig. 4). Thus, we conclude that the mass-loss of the progenitor is fully consistent with being steady, and we assign $s = 2.0$ for SN 2006qq in the following discussion. The spectral observations of T13 indicate that the shock velocity is almost constant with $10000 \text{ km s}^{-1}$, which is consistent with the asymptotic model. Including the velocity evolution, the CSM density structure is estimated as

$$ρ_{\text{cs}}(r) = 1.1 \times 10^{-14} \left(\frac{r}{10^{15} \text{ cm}}\right)^{-2.0} \text{ g cm}^{-3}. \quad (21)$$

The CSM optical depth becomes unity at around $3 \times 10^{15}$ cm. As $s = 2.0$, the mass-loss rate of the progenitor is constant

$$M(t') = 2.1 \times 10^{-2} \left(\frac{v_{\text{cs}}}{100 \text{ km s}^{-1}}\right) \text{ M}_\odot \text{ yr}^{-1}. \quad (22)$$
3.7 SN 2008fq

Since the bolometric LC of SN 2008fq cannot be fitted by the \( L = L_0 t^\alpha \) formula self-consistently, we use the asymptotic one. We assume that the explosion date is 8 d before the discovery (T13). If we assume \( M_0 = 10 M_\odot \), the required CSM mass to fit the LC becomes very large (about 50 \( M_\odot \) within 10\(^6\) cm). Hence, we assume \( M_0 = M_\odot \) instead for SN 2008fq. Then, we find that

\[
\rho_{\text{csm}}(r) = 3.8 \times 10^{-14} \left( \frac{r}{10^{15}\,\text{cm}} \right)^{-2.1} \, \text{g cm}^{-3}.
\]

(23)

with \( E_0 = 1.3 \times 10^{51} \) erg, provides a better fit than the \( s = 2.0 \) or 2.2 models (Fig. 5). Thus, we assign \( s = 2.1 \pm 0.05 \) for SN 2008fq. The Thomson optical depth above 10\(^5\) cm is 12. The high optical depth is consistent with the existence of the early long rise time when the photons emitted from the shell are presumed to be scattered in the optically thick CSM. The corresponding mass-loss history is

\[
\dot{M}(t') = 8.6 \times 10^{-3} \left( \frac{v_{\text{csm}}}{100\,\text{km s}^{-1}} \right)^{0.9} \left( \frac{t'}{1\,\text{yr}} \right)^{-0.1} M_\odot \, \text{yr}^{-1}.
\]

(24)

where \( t' \) is the time before the explosion.

3.8 SN 2010jl

The bolometric LC modelling of SN 2010jl is discussed in M13. The bolometric LC is constructed by Zhang et al. (2012) based on their optical photometric observations. The LC can be fitted by the \( L = L_0 t^\alpha \) law, but \( t' \) becomes very small and the \( L = L_0 t^\alpha \) model is not self-consistent. We have applied the asymptotic model and we obtain the CSM density structure

\[
\rho_{\text{csm}}(r) = 2.5 \times 10^{-14} \left( \frac{r}{10^{15}\,\text{cm}} \right)^{-2.2} \, \text{g cm}^{-3}.
\]

(25)

assuming \( M_0 = 10 M_\odot \) (M13). We again assign the statistical error of 0.05, and we use \( s = 2.2 \pm 0.05 \) for the SN 2010jl system in the next section. The mass-loss rate derived from equation (25) is

\[
\dot{M}(t') = 6.2 \times 10^{-2} \left( \frac{v_{\text{csm}}}{100\,\text{km s}^{-1}} \right)^{0.8} \left( \frac{t'}{1\,\text{yr}} \right)^{-0.2} M_\odot \, \text{yr}^{-1}.
\]

(26)

The Thomson optical depth becomes unity at 5 \( \times 10^{15} \) cm. The corresponding mass-loss rate is

\[
\dot{M}(t') = 5.0 \times 10^{-15} \left( \frac{r}{10^{15}\,\text{cm}} \right)^{-2.0} \, \text{g cm}^{-3}.
\]

(27)

where \( t' \) is the time before the explosion. The mass-loss rate recently reported by Fransson et al. (2013) is within a factor of a few (0.11 \( M_\odot \) yr\(^{-1}\)). However, the mass-loss rate estimated by Ofek et al. (2013b) is about one order of magnitude higher and it is comparable to those of superluminous SNe (e.g. Moriya et al. 2013a). This may be because Ofek et al. (2013b) assume that the shock breakout occurred in the dense CSM while we do not. The shock breakout requires very high optical depth and thus, the large CSM mass.

3.9 SN 2011ht

The bolometric LC of SN 2011ht was constructed by Roming et al. (2012) based on their intensive near-ultraviolet and optical observations, and we use their bolometric LC for our modelling (see also Pritchard et al. 2013). A pre-SN burst was detected in one year before the explosion of SN 2011ht (Fraser et al. 2013a). There is a suggestion that SN 2011ht may not be a true core-collapse event (Humphreys et al. 2012) but we assume it is. The bolometric LC is shown in Fig. 6. In the first two observational epochs, the bolometric luminosity declines. Thus, we assume that the first observed epoch is shortly after the explosion and we set the explosion date one day before the first observed epoch.

Fig. 6 shows the result of our bolometric LC fitting. The \( L = L_0 t^\alpha \) law does not work self-consistently, and we use the asymptotic form. As the asymptotic \( s = 2.0 \) model provides a good fit, we assign \( s = 2.0 \) for SN 2011ht. The CSM density structure is constrained to

\[
\rho_{\text{csm}}(r) = 1.0 \times 10^{-2} \left( \frac{v_{\text{csm}}}{100\,\text{km s}^{-1}} \right)^{0.8} \left( \frac{t'}{1\,\text{yr}} \right)^{-0.2} M_\odot \, \text{yr}^{-1}.
\]

(28)

The estimated mass-loss rate is consistent with those estimated in the previous studies, i.e. 0.03 (Mauerhan et al. 2013b) and 0.05 \( M_\odot \) yr\(^{-1}\) (Humphreys et al. 2012).
The bolometric LC of SN 1998S is constructed by Fassia et al. (2000) based on their photometric observations in a wide spectral range. They obtain two bolometric LCs for SN 1998S depending on the way they fit the spectral energy distribution. We show their ‘spline’ bolometric LC instead of the ‘blackbody’ one. The choice of the bolometric LC does not affect our conclusion below.

We find that the bolometric LC of SN 1998S declines much faster than those we have modelled so far (Fig. 7). The LC in 100 d after the peak can be fitted by an exponential function

\[
L = L_0 \exp \left( - \frac{t - t_p}{\Delta t} \right) \quad \text{(29)}
\]

This LC form is expected in the diffusion model when \( t_{\text{diff}} = 26 \pm 5 \text{ d} \) and \( t - t_p \ll 2 \Delta t \) (see equation 10). This indicates that the expansion time-scale of SN 1998S is very large. This can be due to the efficient deceleration of the ejecta because of the SN–CSM collision. The fast declining LC may also be related to the asphericity of the dense CSM (Section 4.3).

We can roughly estimate the mass-loss rate of the progenitor with \( t_{\text{diff}} \) by equation (13). Assuming \( v_{\text{CSM}} = 100 \text{ km s}^{-1} \) and \( \kappa = 0.34 \text{ cm}^2 \text{ g}^{-1} \), we obtain the rough mass-loss rate of \( \dot{M} \sim 0.01 \text{ M}_\odot \text{ yr}^{-1} \). The estimated mass-loss rate is rather high compared with those estimated by the previous studies \((10^{-4} - 10^{-3} \text{ M}_\odot \text{ yr}^{-1} \); see Kiewe et al. 2012 for a summary).

### 3.11 SN 2009ip

The major luminosity increase of SN 2009ip in 2012 was observed intensively by many groups. There is discussion about whether it is really a core-collapse event or not (e.g. Fraser et al. 2013a; Martin et al. 2013; Pastorello et al. 2013; Smith, Mauerhan & Prieto 2013), but here we assume that the final brightening is due to an SN explosion.

We use the bolometric LC reported by Fraser et al. (2013a) for our modelling (see also Margutti et al. 2014). As was the case for SN 1998S, the LC declines fast and it can be fitted by an exponential function (Fig. 7). The diffusion time-scale \( t_{\text{diff}} \) is \( 14 \pm 1 \text{ d} \). The corresponding mass-loss rate for the standard set of the parameters is \( \dot{M} \sim 9 \times 10^{-3} \text{ M}_\odot \text{ yr}^{-1} \). This mass-loss rate is consistent with those estimated by Fraser et al. (2013a) \((10^{-2} - 10^{-1} \text{ M}_\odot \text{ yr}^{-1}) \) and Ofek et al. (2013c) \((10^{-3} - 10^{-2} \text{ M}_\odot \text{ yr}^{-1}) \). Baklanov et al. (2013) presents an LC model of SN 2009ip to demonstrate the dense shell method which is a newly proposed method to use SNe IIn as a primary standard candle (cf. Potashov et al. 2013). The CSM density slope is \( s = 3 \), and the average mass-loss rate is \( 10^{-2} \text{ M}_\odot \text{ yr}^{-1} \) with \( v_{\text{CSM}} = 100 \text{ km s}^{-1} \), which is consistent with our result.

### 4 DISCUSSION

We summarize the CSM properties and corresponding mass-loss histories of SN IIn progenitors estimated in the previous section here. We have applied our bolometric LC model to the observed ones until around 100–200 d since the explosion. The CSM shocked at these epochs are released from the progenitors within about 30–60 years before their explosions, and the following mass-loss histories we discuss correspond to those decades before the explosions. This is because the typical CSM velocity of SN IIn progenitors which is observed in very narrow P Cygni components of SNe IIn is \( \sim 100 \text{ km s}^{-1} \) (e.g. T13; Kiewe et al. 2012), while the typical shocked shell velocity is \( \sim 10000 \text{ km s}^{-1} \). As the SN shock propagates about 100 times faster, it should have taken 100 times longer for the CSM to reach the same radius.

#### 4.1 Overall mass-loss properties

Fig. 8 summarizes the estimated CSM density slope \( s (\rho_{\text{CSM}} \propto r^{-s}) \). When we can fit the bolometric LCs by the \( L = L_0 r^s \) law self-consistently, we can estimate \( r \) only from the bolometric LCs by assuming \( n \). In Fig. 8, we plot two \( s \), one expected from \( n = 10 \) (circle) and another from \( n = 12 \) (square). When we apply the asymptotic model, we only plot one \( s \) for each SN. There are four cases for which we apply the diffusion model. This may arise from \( s > 3 \) CSM, and we indicate these by arrows.

Looking at Fig. 8, we can find that many \( s \) gather around 2. This means that the mass-loss of these SN IIn progenitors within decades before the explosions is constantly large. In other words, many SN IIn progenitors are likely to keep their high mass-loss rates within the decades before their explosion. In addition, there may exist a preference for \( s \) to be larger than 2. Assuming that the CSM velocity does not change much during the last stage of the stellar evolution, the preference to \( s > 2 \) means that the mass-loss rates of SN IIn progenitors increase as the progenitors get closer to

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**Figure 7.** Bolometric LCs of SN 1998S and SN 2009ip in 2012 compared with the other SN IIn LCs in this paper. The two LCs can be fitted by a single exponential function as indicated in the figure.

**Figure 8.** Estimated CSM density slopes \( s (\rho_{\text{CSM}} \propto r^{-s}) \). When we need to assume \( n \) to estimate \( s \), we show the results of the cases of \( n = 10 \) (blue circle) and 12 (red square).
the time of the explosion. Note, however, that the systematic error is uncertain and can be important. For instance, the uncertainty in the estimated explosion dates is sometimes large. Nonetheless, the deviation from the steady mass-loss in SN IIn CSM has been suggested in previous studies as well. For example, Dwarkadas & Gruszo (2012) collected SN X-ray LCs and found that SN IIn X-ray LCs are mostly not consistent with the spherical symmetry. Fig. 9 presents the history of the mass-loss rates of SN IIn progenitors estimated in the previous section. We need to assume the SN ejecta properties in some cases and the uncertainty of the history is expected to be large. The longest time we can trace depends on the time we used to fit the bolometric LCs. For SN IIn for which we apply the diffusion model, we indicate the rough mass-loss rates estimated from the diffusion time-scale (equation 13). The longest time traced in these cases is set by assuming that the entire dense CSM is swept up at the LC peak. The mass-loss rates we obtain are consistent with those obtained from other methods like Hα luminosities which also indicate that the mass-loss rates are typically higher than $10^{-3} \ M_\odot \ yr^{-1}$ (e.g. T13; Kiewe et al. 2012).

4.2 Mass-loss mechanisms of SN IIn progenitors

We have shown that the density slopes of dense CSM making SNe IIn are often close to $s = 2$. This indicates that the mass-loss rates of SN IIn progenitors are constantly high within decades before their explosion. In some SNe IIn, sudden luminosity increases of their progenitors a few years to $\sim 10 \ day$ before their explosions have been observed and are related to the formation of the dense CSM (e.g. Pastorello et al. 2007; Fraser et al. 2013b; Ofek et al. 2013a; Prieto et al. 2013). SNe IIn for which we apply the diffusion model are mostly consistent with this time-scale (Fig. 9) and these SN IIn progenitors may make the dense CSM by the eruptive mass-loss. However, the progenitors of most SNe IIn we have modelled are found to have high mass-loss rates for decades. Thus, our results indicate that there exists some mechanism for the progenitors to sustain their high mass-loss rates at least for decades before their explosions. The observed eruptive events on shorter time-scales do not explain all the dense CSM of SNe IIn. Those eruptive events may make the dense CSM which are not smooth. The existence of non-smooth dense CSM is indicated in some SN IIn LCs which show short-time variability (e.g. SN 2009ip; Margutti et al. 2014). We have also found that the mass-loss rates of SN IIn progenitors may preferentially get higher as they get closer to the time of the explosion. However, mass-loss which occurs at the surface of a star and the core collapse which occurs at the centre of the star are usually not physically connected to each other. If the mass-loss rates of SN IIn progenitors truly tend to increase towards their time of the core collapse, this may indicate that the high mass-loss rates of SN IIn progenitors are somehow related to the core evolution of the progenitors. There are several mechanisms to enhance the mass-loss rates which are triggered by the core evolution towards the core collapse, and our result may support such mechanisms.

For example, Quataert & Shiode (2012) and Shiode & Quataert (2014) suggest that the g-mode wave which is excited by the convective motion at the core can convey energy to the surface. The conveyed energy can trigger the mass-loss at the surface. Since the convective motion can be more active as the nuclear burning proceeds, this mechanism may be able to explain the increasing mass-loss rates. Although Shiode & Quataert (2014) found that this mechanism may only work within about 10 years before the core collapse, it still remains a possible mechanism to enhance the mass-loss towards the death. Another example is the violent convective motion caused by the unstable nuclear burning (e.g. Smith & Arnett 2013). This mechanism may also be enhanced as the nuclear burning advances since the advanced nuclear burning is more sensitive to temperature.

So far, we have emphasized the fact that the mass-loss rates of SN IIn progenitors may tend to increase as they get closer to the time of the explosion. However, there also exists an exception (SN 2006jd; see also Chandra et al. 2012b). In addition, the number of SNe IIn we show here is small, and we are still not at a stage of making a strong statement from them. More SN IIn observations from which we can estimate bolometric LCs and apply the LC model are required to get a clearer view of the SN IIn mass-loss.

4.3 Effect of asphericity

The bolometric LC model we applied to estimate the mass-loss rates so far assumes the spherical symmetry. However, the deviation from the spherical symmetry is reported in many SNe IIn (e.g. Leonard et al. 2000; Trundle et al. 2009; Patat et al. 2011; Levesque et al. 2014). In this section, we briefly discuss the effect of the asphericity on the bolometric LCs and the mass-loss rates estimated in this paper.

The significant effect of the CSM asphericity on the bolometric LCs is in the reduction of the dense CSM decelerating the SN ejecta. The dense part of the CSM exists in all the directions in the spherically symmetric case, while the dense part only exists in some directions in the aspherical case. If the Thomson optical depth of the dense CSM is less than unity, as is the case for the most SNe IIn we model here, the photons emitted from the shock will be directly observed. Thus, the bolometric luminosity is presumed to be roughly proportional to the degree of the asymmetry for a given CSM density. In other words, the bolometric luminosity is expected to be reduced by the amount of the dense CSM decreased by the asymmetry for a given CSM density. If the dense CSM with $\rho_{csm} = D r^{-s}$ exists only at the $\Omega$ direction out of $4\pi$, the average CSM density decreases to $\langle \rho_{csm} \rangle = \frac{\rho_{csm}}{4\pi} D r^{-s}$. Here, we assume that the density of the sparse part of the CSM is significantly smaller than that of the dense part. The effect of the decrease in the average CSM density caused by the asphericity on the luminosity is roughly

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**Figure 9.** Estimated mass-loss histories of the SN IIn progenitors. The results of the $n = 10$ models are shown when we need to assume $n$. The shaded SNe (SNe 2005kJ, 2006aa, 1998S, and 2009ip) are those for which we roughly estimate the mass-loss rates based on the diffusion model. $v_{\text{csm}} = 100 \ km \ s^{-1}$ is assumed in this figure.
included in the efficiency $\epsilon$ in our model. The efficiency will be
decreased by $\frac{\pi}{2}$ by the asymmetry because of the reduction of the
average CSM density. This means that the mass-loss rate of the $\Omega$
direction should be increased by $\frac{\pi}{2}$ to get the same luminosity as
the spherically symmetric case so that the dense part of the CSM
will be $\rho_{\text{csm}} = \frac{\pi}{2} \frac{Dr}{t^4}$. However, even though the mass-loss rate
should be increased in the $\Omega$ direction to get the same luminosity,
the average mass-loss rate remains the same as the mass-loss rate
obtained by the spherically symmetric model because the average
density of the entire CSM becomes $(\rho_{\text{csm}}) = Dr^{-4}$. Thus, although
the mass-loss rate of a particular direction should be increased,
the average mass-loss rate is expected to remain roughly the same as
the spherically symmetric case to have the same luminosity in the
aspherical case.

If the dense part of the CSM is optically thick, the effect of
the diffusion in the aspherical CSM is presumed to be significant
and the aspherical CSM can change the LCs more significantly,
depending on the viewing angle of the observers. Some bolometric
LCs shown in this paper are found to decline much faster than those
expected from the analytic model (SNe 2005kj, 2006aa, 1998S,
and 2009ip). In the case of the optically thin CSM, the deviation
from the spherical symmetry is presumed to change the efficiency
mainly without changing the LC shape significantly. In addition,
an interesting common property of the fast-declining LCs is that
their luminosities decline exponentially. The exponential decay is
not naturally expected from the asphericity of the optically thin
CSM. As we discussed earlier, the exponential decay is naturally
expected from the diffusion in the shocked optically thick dense CSM.
Interestingly, the bolometric LCs of SNe 1998S and 2009ip,
whose LC declines are much faster than other SNe IIn, are suggested
to have a large asymmetry (Fassia et al. 2000; Leonard et al. 2000;
Levesque et al. 2014). Since the diffusion process is significantly
affected by the asymmetry, these fast declines may be related to the
asphericity and the viewing angle of the observers.

We have discussed the possible effect of the deviation from the
spherical symmetry assumed in the analytic LC model qualitatively
in this section. However, the aspherical effect should be eventually
investigated quantitatively. We leave this as our future work.

5 CONCLUSION

We have presented the results of our systematic study of the CSM
around SNe IIn. To estimate the CSM properties, we apply an
analytic bolometric LC model for interacting SNe formulated in
M13 to 11 SN IIn bolometric LCs. We have reconstructed the mass-
loss histories of SN IIn progenitors based on the estimated CSM
properties. As we typically use the bolometric LCs within 200 d
since the explosion, we are able to trace the mass-loss histories
within about 60 years before the explosion.

We find that mass-loss rates of many SNe IIn are constantly
high ($\sim 10^{-3} M_{\odot} \text{yr}^{-1}$) for more than a decade before their
explosion (Fig. 9). This suggests that the eruptive mass-loss with
shorter time-scales observed in several SN IIn progenitors is not
always a mechanism to make the dense CSM. There should be a
mass-loss mechanism which sustains the high mass-loss rates at
least for decades before the explosion. In addition, we find that
SN IIn progenitors may tend to increase their mass-loss rates as
they get closer to the time of the explosion. If this is confirmed,
the currently unknown mass-loss mechanism of SN IIn progenitors
may be related to the core evolution of them. However, the number
of SNe IIn we modelled is still small, and we need more SN IIn
observations from which we can construct bolometric LCs.

Revealing the progenitors of SNe IIn is important for the un-
derstanding of not only SNe but also stellar evolution. SN IIn pro-
genitors provide us with a clue to find missing keys in the current
stellar evolution theory. Some progenitor and mass-loss properties
are starting to be revealed as we show here in this paper. However,
we need more efforts to reach a better understanding of them.

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APPENDIX A: COMPARISON WITH NUMERICAL CALCULATION

In M13, some results of numerical LC calculations based on the initial conditions obtained by the analytic model are presented. Here, we show more detailed comparison between the analytic and numerical models. We focus on the SN 2005ip model. The parameters of the SN 2005ip progenitor system estimated from the analytic model by assuming $\delta = 1$, $n = 10$, $M_{ej} = 10 M_\odot$, and $\epsilon = 0.1$ are $E_{ej} = 1.2 \times 10^{52}$ erg and $\rho_{csm}(r) = 8.4 \times 10^{-10} (r/10^{15} \text{cm})^{-2.28} \text{g cm}^{-3}$. We set the outer radius of the CSM at $5 \times 10^{16} \text{cm}$. The numerical radiation hydrodynamics calculation is performed by STELLA, which is a one-dimensional radiation hydrodynamics code (e.g. Blinnikov & Barutnov 1993; Blinnikov et al. 2006). In STELLA, the conversion efficiency from kinetic energy to radiation, which corresponds to $\epsilon$ in the analytic model, is controlled by the smearing parameter (Blinnikov et al. 1998; Moriya et al. 2013a). We set the smearing parameter so that $\epsilon$ gets close to 0.1, which is assumed in the analytic model.

Fig. A1 shows the LCs obtained from the numerical calculation and the analytic model. Overall, the two LCs match, although the numerical LC is brighter until about 25 d since the explosion. Figs A2 and A3 compare the radii and velocities of the numerical results to the analytic estimates. Both the radius and velocity obtained from the numerical result are a bit higher than the analytic expectations. However, the difference is within 10 per cent.

Figure A1. Observed, analytic, and numerical LCs of SN 2005ip.

Figure A2. Radial evolution obtained from the analytic model and that from numerical calculation. We also show a line which is 90 per cent of the numerical result.

Figure A3. The same as Fig. A2, but for the velocity.
We finally estimate the conversion efficiency $\epsilon$ from the numerical calculation. The conversion efficiency is defined as

$$\epsilon = L \left( \frac{dE_{\text{kin}}}{dt} \right)^{-1}. \quad (A1)$$

$L$ is directly obtained by the numerical result. To estimate $dE_{\text{kin}}/dt$ from the numerical simulation, we assume that the shell velocity $v_{\text{sh}}$ does not change much during a very small time $\Delta t$. Then, by using the CSM mass $\Delta M$ swept up during $\Delta t$, the total available kinetic energy $\Delta E_{\text{kin}}$ during $\Delta t$ can be approximated as

$$\Delta E_{\text{kin}} = \frac{1}{2} \Delta M v_{\text{sh}}^2, \quad (A2)$$

$$\simeq 2\pi D r_{\text{sh}}^{2-3} v_{\text{sh}}^3 \Delta t. \quad (A3)$$

Then, $\epsilon$ can be approximated as

$$\epsilon \simeq L \left( \frac{\Delta E_{\text{kin}}}{\Delta t} \right)^{-1} = \frac{L}{2\pi D r_{\text{sh}}^{2-3} v_{\text{sh}}^3}, \quad (A4)$$

and we can estimate $\epsilon$ from $L$, $r_{\text{sh}}$, and $v_{\text{sh}}$, which are available from the numerical calculation.

Fig. A4 shows the efficiency obtained from the numerical calculation. At early times, the efficiency gets large for a short period of time but it becomes almost constant at around 0.1 later. The assumption of the constant efficiency may not be valid in the early times but it is a good approximation in most of the time. This means that the LC shape is mainly determined by the change in the density, not by the change in the efficiency.

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