Status of higher TGF-β1 and TGF-β2 levels in the aqueous humour of patients with diabetes and cataracts

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Abstract

Background: Transforming growth factor (TGF) is a cytokine that acts on the proliferation, migration, differentiation, and apoptosis of cells and the accumulation of extracellular matrix components. Very few studies have precisely evaluated the concentration of TGF-β in the aqueous humour (AH) of diabetic and cataract (DMC) eyes due to the low expression of proteins in the AH or other reasons. The concentrations of TGF-β1, -β2, and -β3 in the AH of the DMC group were compared with those of the age-related cataract (ARC) group.

Methods: We collected AH and lens epithelium samples from 33 DMC patients and 36 ARC patients. Luminex liquid suspension chip detection was applied to detect the concentration of TGF-β1, -β2, and -β3 in the AH samples. The expression of TGFB1/2/3 in lens epithelium samples was determined by quantitative real-time polymerase chain reaction (qRT-PCR).

Results: The concentrations of TGF-β1 and TGF-β2 in AH samples of DMC eyes were higher than those of ARC eyes. The differences in TGF-β1 and TGF-β2 between the two groups were statistically significant (P value = 0.001 for TGF-β1, P value = 0.023 for TGF-β2). The difference of the correlation between TGF-β1 and glycosylated haemoglobin was significant (P value = 0.011, and Pearson correlation coefficient = 0.306). The difference of the correlation between TGF-β2 and glycosylated haemoglobin was significant (P value = 0.026, and Pearson correlation coefficient = 0.269). The mRNA expression levels of TGFB1 and TGFB2 were upregulated in DMC epithelium samples compared with ARC epithelium samples. The differences in TGFB1 and TGFB2 between the two groups were statistically significant (P value for TGFB1 = 0.041, P value for TGFB2 = 0.021).

Conclusions: The concentrations of TGF-β1 and TGF-β2 in AH samples were significantly higher in DMC eyes than in ARC eyes. The higher the glycosylated haemoglobin was, the higher the concentrations of TGF-β1 and -β2 were. The mRNA expression of TGFB1 and TGFB2 was significantly upregulated in DMC epithelial samples compared with ARC epithelial samples, suggesting the proinflammatory status of the anterior chamber of DMC eyes.

Keywords: Diabetes and cataract, Aqueous humour, TGF-β1, TGF-β2, TGFB1, TGFB2, Luminex liquid suspension chip detection

Introduction

Opacification of crystalline lenses, which is called cataracts, can be caused by many factors. Diabetes is a complex metabolic disorder involving small blood vessels that can cause widespread damage to tissues, including the
eyes. Patients with diabetes often suffer from cataracts. Bilateral cataracts occasionally occur with rapid onset in severe juvenile diabetes and are called true diabetic cataracts. However, true diabetic cataracts are rare. Senile cataracts in people with diabetes, which are called diabetes and cataracts in our study, are more common. The potential mechanisms for the pathogenesis of diabetic cataracts are complicated and include the p38-MAPK signalling pathway [1, 2], polyol pathway [3], and changes in inflammatory cytokines [4–10]. However, the precise mechanism of diabetes and cataracts remains unclear.

TGF-β was related to many ocular diseases, including diabetic cataracts, glaucoma, and diabetic retinopathy. It was reported that the expression of TGF-β was increased after exposure to high glucose, which might be related to the development of diabetic cataracts [11]. It was also found that the aqueous humour levels of TGF-β1 and TGF-β2 were evaluated in the eyes of patients with acute primary angle closure [12], and the TGF-β2 concentration was significantly elevated in patients with concurrent open-angle glaucoma, and complicating diabetes [13–16], as well as in patients with neovascular glaucoma secondary to proliferative diabetic retinopathy [17]. TGF-β has important roles in epithelial–mesenchymal transition [18]. TGF-β2-mediated fibrosis of lens epithelial cells during posterior capsule opacification could be promoted by advanced glycation end product formation [19]. In addition, TGF-β2 could effectively attenuate the activation of the MAPK/ERK/JNK and PI3K/Akt/GSK3β pathways [20]. Jagged-1/Notch signalling was reported to be activated in TGF-β2-stimulated epithelial–mesenchymal transition, and blockade of Notch signalling reversed lens epithelial cell epithelial–mesenchymal transition and lens fibrosis [21]. The miR-26a-5p/ITGAV/TGF-β/Smad3 axis was also reported to be involved in cell viability, migration and epithelial–mesenchymal transition in diabetic cataracts [22]. TGF-β was additionally reported to function in promoting epithelial–mesenchymal transition of lens epithelial cells under high glucose conditions, and the c-Src/TGF-β signalling axis in the epithelial–mesenchymal transition of lens epithelial cells might be a potential novel therapeutic target for the prevention of diabetic subcapsular cataracts [23].

Although TGF-β might play important roles in the development of diabetes and cataracts, very few studies have precisely evaluated the concentration of TGF-β in the AH of DMC eyes due to the low expression of proteins in the AH or other reasons. Recently, Luminex liquid suspension chip detection was applied to detect a large number of selected biomarkers on one membrane for samples containing very low protein concentrations [24, 25]. Therefore, we used Luminex liquid suspension chip detection to detect the concentrations of TGF-β1, -β2, and -β3 in the AH of the DMC group compared with the ARC group. In addition, we adopted qRT-PCR to test the mRNA expression of the TGFβ1, TGFβ2 and TGFβ3 genes between DMC and ARC epithelium samples.

Methods and Materials

Ethics statement

The use of human AH and lens epithelium samples from cataract eyes during surgery was approved by the Institutional Review Board of Eye and ENT Hospital of Fudan University. This study was performed in accordance with the tenets of the Declaration of Helsinki for research involving human subjects. Written informed consent was obtained from every enrolled participant.

Collection of AH and human lens epithelium samples

We collected AH (50–100 µl from each patient) and human lens epithelium samples from 33 patients with diabetes (Type 2) and cataracts (mean age 69.85 ± 6.85, aged from 55–86 years old, HbA1c 7.15 ± 1.03%, free of other ocular diseases, free of diabetes-related microvascular and macrovascular complications, no intravitreal steroids used, taking oral medications to control sugar, and lenticular opacity ranging from C3-4, NO2-3, NC2-3, and P2-3 by LOCSIII) and 36 patients with age-related cataracts (mean age 70.36 ± 8.08, aged from 54–87 years old, HbA1c 5.90 ± 0.57%, free of other ocular diseases, and C3-4, NO2-3, NC2-3, and P1-2 by LOCSIII) before cataract surgery at Eye and ENT Hospital of Fudan University. After swabbing the eyelids and the surrounding skin with disinfectant, we created a corneal paracentesis and gently inserted a 26 G needle through the paracentesis to aspirate the AH (50–100 µl) before commencing cataract surgery. All AH and human lens epithelium samples were stored in a freezer at -80 °C until the next step.

Luminex liquid suspension chip detection

Luminex liquid suspension chip detection (Catalogue Number: TGFBMAG-64 K-03) was performed by Wayen Biotechnology (Shanghai, China). The TGF-β1, -β2, and -β3 Magnetic Bead Kit was used in accordance with the manufacturer’s instructions. In brief, 25 µl of each AH sample was incubated in 96-well plates embedded with TGF-β1, -β2, and -β3 magnetic beads overnight at 4 °C, and was then incubated with detection antibody for 1 h at room temperature. Then, streptavidin-PE was added to each well for 30 min, and the values were read using the Luminex 200 system (Luminex Corporation, Austin, TX, USA).
RNA extraction of epithelium samples and qRT-PCR
Epithelium samples were divided into 3 groups due to the low amount of RNA from the lens epithelium, among which 8 to 12 epithelium samples were pooled together in the ARC group and 9 to 13 epithelium samples were pooled together in the DMC group. Total RNA from all epithelium samples was extracted using TRIzol reagent (15,596,026, Invitrogen, Carlsbad, CA, USA) and reverse transcribed with the RT reagent Kit (RR014A, Takara Bio, Inc, Japan) according to the manufacturer’s protocol. mRNA expression was detected using a SYBR Green detection kit (RR820A, Takara, Japan) on a LightCycler 480II Real-Time PCR System (Roche, Switzerland). GAPDH was detected as the internal control. RNA expression was determined by the $2^{-ΔΔCT}$ method.

The forward primer of TGBF1 mRNA was GAAATT GAGGGCTTTCCGCTTAG, and the reverse primer of TGBF1 mRNA was GGTAGTGAACCCCCGGTGTAT GTCCA. The forward primer of TGBF2 mRNA was AAG CCAGAGTGCCCTGAAACA, and the reverse primer of TGBF2 mRNA was GCGCTGGGTTGGAGATGTTA. The forward primer of TGBF3 mRNA was TGCCAA AGAAATCCATATAATCGAC, and the reverse primer of TGBF3 mRNA was AGGTATACCTTTAGGCG AGACAGC.

Statistical analyses
All data are shown as the mean±standard deviation. The detections of mRNA expression in each group were repeated three times, and the interval was one week between each time. Statistical significance was analysed by two-tailed Student’s $t$ test or the chi-square test using IBM SPSS 25.0 (USA). The correlations of differences between TGF-β1, -β2, -β3 and fasting glucose and glycosylated haemoglobin were shown in Table 2. According to Table 2, The difference of the correlation between TGF-β1 and glycosylated haemoglobin was significant ($P$ value $= 0.011$, and Pearson correlation coefficient $= 0.306$). In addition, the difference of the

The correlations of differences between TGF-β1, -β2, -β3 and fasting glucose and glycosylated haemoglobin analysed by Pearson correlation analysis
Results from Pearson correlation analysis between TGF-β1, -β2, -β3 and fasting glucose and glycosylated haemoglobin were shown in Table 2. According to Table 2, The difference of the correlation between TGF-β1 and glycosylated haemoglobin was significant ($P$ value $= 0.011$, and Pearson correlation coefficient $= 0.306$). In addition, the difference of the

Table 1 Patient characteristics in the DMC and ARC groups, including numbers of patients, age, gender, right or left eye, fasting glucose and glycosylated haemoglobin

|                             | DMC group | ARC group | $P$ value |
|-----------------------------|-----------|-----------|-----------|
| Number                      | 33        | 36        |           |
| Age (years)                 | 69.85±6.85| 70.36±8.08| 0.776     |
| Gender                      |           |           |           |
| Male                        | 9         | 8         | 0.627     |
| Female                      | 24        | 28        |           |
| Right or left eye           |           |           |           |
| Right eye                   | 23        | 25        | 0.982     |
| Left eye                    | 10        | 11        |           |
| Fasting glucose(mmol/L)     | 6.31±1.34 | 5.55±0.06 | <0.001    |
| Glycosylated haemoglobin    | 7.15±1.03 | 5.90±0.57 | <0.001    |
correlation between TGF-β2 and glycosylated haemoglobin was significant ($P$ value = 0.026, and Pearson correlation coefficient = 0.269).

We then made regression analysis of differences between TGF-β1 and glycosylated haemoglobin ($P$ value = 0.026)(Fig. 2a), and between TGF-β2 and glycosylated haemoglobin ($P$ value = 0.011)( Fig. 2b).

**Differential TGFB1 and TGFB2 expression between DMC and ARC epithelium samples**

qRT-PCR was adopted to test the mRNA expression of the TGFB1, TGFB2 and TGFB3 genes between DMC and ARC epithelium samples. The expression of TGFB1 and TGFB2 was significantly upregulated in DMC epithelium samples compared with ARC epithelium samples ($P$ value in TGFB1 = 0.041, $P$ value in TGFB2 = 0.021) (Fig. 3). Expression of TGFB3 was upregulated in DMC epithelium samples compared with ARC epithelium samples; however, the difference between the two groups was not statistically significant ($P$ value = 0.171) (Fig. 3).

**Discussion**

Patients with diabetes are more likely to have cataracts. The progression of cataracts with diabetes is more rapid than that of cataracts without diabetes, although their symptoms are similar. Diabetes has long been recognized as an inflammation-related disease, and high expression of TGF-β is related to diabetes and diabetes-related ocular complications, such as diabetic retinopathy [13–17]. In the current study, we found increased expression of TGF-β1 and TGF-β2 in the AH of DMC patients compared with ARC patients by using a Luminex liquid...
suspension chip, suggesting a proinflammatory status in the anterior segment of DMC eyes.

TGF-β is a cytokine reported to be increased in complicating diabetes, eyes with acute primary angle closure, neovascular glaucoma secondary to proliferative diabetic retinopathy [12–17], and posterior capsule opacification [19]. AH contains numerous cytokines, including TGF-β. TGF-β was reported to be related to tissue fibrosis and epithelial–mesenchymal transition [20, 21]. Although TGF-β might play important roles in the development of diabetes and cataracts, very few studies have precisely evaluated the concentration of TGF-β in the AH of DMC eyes due to low expression of proteins in the AH or other reasons. Luminex liquid suspension chip detection could detect a large number of selected biomarkers on one membrane for samples containing very low protein concentrations [24, 25].

In our study, we used a Luminex liquid suspension chip to detect the concentrations of TGF-β1, TGF-β2 and TGF-β3 in AH samples of DMC and ARC eyes. The concentrations of TGF-β1, TGF-β2 and TGF-β3 in AH samples of DMC eyes were all higher than those of ARC eyes. However, only the differences in TGF-β1 and TGF-β2 between the two groups were statistically significant. In addition, the concentration of TGF-β2 was much higher than that of TGF-β1 and TGF-β3, which indicated that

![Fig. 2](image)

(a) Linear relation between TGF-β1 and glycosylated haemoglobin. \( P \) value = 0.026, \( R^2 = 0.094 \)
(b) Linear relation between TGF-β2 and glycosylated haemoglobin. \( P \) value = 0.011, \( R^2 = 0.072 \)
TGF-β2 might play an important role in the mechanism of diabetes and cataracts. TGF-β2 is related to fibrosis of lens epithelial cells promoted by advanced glycation end product formation [19] and is involved in several signalling pathways activated in epithelial–mesenchymal transition, such as the MAPK/ERK/JNK and PI3K/Akt/GSK3β pathways, Jagged-1/Notch signalling, and the miR-26a-5p/ITGAV/TGF-β/Smad3 axis [20–22]. Besides, TGF-β1 and -β2 were correlated with glycosylated haemoglobin, which indicated that TGF-β1 and -β2 might have important roles in diabetes and diabetes related complications. Therefore, the precise functions and mechanisms of TGF-β2 in diabetes and cataracts need to be investigated in future studies.

In addition, we tested the mRNA expression of TGFB1, TGFB2 and TGFB3 between DMC and ARC epithelium samples, which can translate TGF-β1, TGF-β2 and TGF-β3. We found that the mRNA expression levels of TGFB1, TGFB2 and TGFB3 were all upregulated in DMC epithelium samples compared with ARC epithelium samples. However, only the differences in TGFB1 and TGFB2 between the two groups were statistically significant, which was equivalent to the TGF-β1 and TGF-β2 results between the two groups. TGF-β1, -β2 and -β3 were translated by TGFB1, TGFB2 and TGFB3 genes. However, the precise reasons causing the increasing of TGF-β1 and -β2 in the AH of the DMC group remained unclear. In our future study, if possible, detection of TGF-β1, -β2 and -β3 concentrations in the vitreous humour of DMC group and a correlation analysis of TGF-β1, -β2 and -β3 concentrations between the AH and the vitreous humour might be significant.

In our previous study, we successfully isolated abundant exosomes from AH samples in the DMC and ARC groups and found that exosomal miRNAs could target the mRNAs of certain genes to affect the viability and apoptosis of human lens epithelial cells. For example, high expression of miR-551b could downregulate CRYAA expression, thus decreasing the transparency of the lens [26], and low expression of miR-29b could upregulate CACNA1C expression, resulting in an increased concentration of Ca2+ in the AH of DMC eyes [27]. The miR-26a-5p/ITGAV/TGF-β/Smad3 axis was also reported to be involved in cell viability, migration and epithelial–mesenchymal transition in diabetic cataracts [22]. These results indicated that increased TGF-β in the AH of DMC eyes might be activated by other factors, such as exosomal miRNAs, which might have important roles in the formation and development of diabetes and cataracts.

In conclusion, we found that the concentrations of TGF-β1 and TGF-β2 in AH samples were significantly higher in DMC eyes than in ARC eyes, and TGF-β1 and -β2 were correlated with glycosylated haemoglobin. The mRNA expression of TGFB1 and TGFB2 was significantly upregulated in DMC epithelial samples compared with ARC epithelial samples. These findings suggest that the anterior chamber of DMC eyes is characterized by a proinflammatory state that may predispose them to the occurrence of certain inflammation-related complications.

**Abbreviations**
TGF: Transforming growth factor; AH: Aqueous humour; DMC: Diabetes and cataracts; ARC: Age-related cataracts; qRT-PCR: Quantitative real-time polymerase chain reaction.
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Not applicable.

Authors’ contributions
Chao Gao designed the study, conducted part of experiments, analyzed part of data, and was a major contributor in writing the article. Xiaolei Lin designed the study, conducted part of experiments, collected samples, analyze part of data, and write part of the article. Fan Fan conducted part of experiments, collected samples, and write part of the article. Xin Liu conducted part of experiments, helped collected samples, and proofread part of the article. Huijuan Wan conducted part of experiments, helped collected samples, and proofread part of the article. Ting Yuan conducted part of experiments, helped collected samples, and proofread part of the article. Xinrong Zhao conducted part of experiments, helped collected samples, and proofread part of the article. Yi Luo was the corresponding author, designed the study, proofread and approved the final version of the article. All authors have read and approved the study.

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Availability of data and materials
All data generated or analysed during this study are included in this published article and its supplementary files.

Declarations
Ethics approval and consent to participate
The use of AH samples from cataract eyes during surgery was approved by the Institutional Review Board of Eye and ENT hospital of Fudan University. This study was performed in accordance with the tenets of the Declaration of Helsinki for research involving human subjects. Written informed consent was obtained from every enrolled participant.

Consent for publication
Not applicable.

Competing interests
There are no competing interests in this study.

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