Multivariate Abundance Analysis of Multi-Host/Multi-Parasite Lungworms in a Sympatric Wild Ruminant Population

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Abstract: In the analysis of a multi-host/multi-parasite system and its associated risk factors, it is particularly interesting to understand the natural dynamics among pathogens, their hosts, and the environment in wildlife populations. This analysis is particularly feasible in a scenario where multiple overlapping host populations are present in high densities, along with a complex community of parasites. We aimed to describe and analyze the naturally occurring lungworm polyparasitism in a wild ruminant community in Southeast Spain. The respiratory tracts of 250 specimens belonging to four different species (red deer, mouflon, Iberian ibex, and fallow deer) were studied. Almost half (48.0%) of the animals were infected with bronchopulmonary nematodes. Seven different nematodes were identified of which two genera (Protostrongylus spp. and Dictyocaulus spp.) and three additional species (Cystocaulus ocreatus, Muellerius capillaris, and Neostongylus linearis) were recorded in at least two ruminants, with the mouflon as the commonest host. Our study shows a significant effect of host species and sampling area, plus a marginal effect of age, on parasite multivariate abundance at the host population level. Mouflon and adults of all hosts appear to carry the highest parasite load on average. From a spatial perspective, the highest parasite abundance was detected at the central part of the park.

Keywords: multi-host parasitism; lungworms; shared parasites; sympatry; wild ruminants

1. Introduction

Bronchopulmonary nematodes are widespread helminths found to parasite several free-ranging wild ungulates [1]. Their presence has a direct impact on domestic and wild ruminants, negatively affecting their health and fitness [2,3]. Bronchopulmonary infections usually course as subclinical diseases, although they have also been associated to respiratory disorders [1] and systemic signs such as weight loss or abortions [4,5]. Moreover, when bronchopulmonary nematode infection with microparasites or environmental stressors occurs, the course of the disease may progress to pneumonia [4].

Previous studies on the epidemiology of bronchopulmonary nematodes in wild ruminants have been carried out worldwide, including Spain [5–9]. Usually, hosts present co-infection with several lungworm species, and it has been shown that protostrongylid prevalence can be influenced by the interaction with other related lungworm species, such as Dictyocaulus filaria [10]. Interspecific parasite transmission between host ruminant species has also been described [11]. Examples of multi-parasite interactions in a complex
wild host community have been documented in the literature for closely related ungulates, as showcased by a recent study in Southeast Spain that describes the gastrointestinal multi-host/multi-parasite system parasite richness occurring in sympatric wild ruminants [12]. The study of this interaction has proven itself particularly useful to study the role of pathogens influencing wildlife population dynamics [13–15]. However, no studies on the lungworm community of sympatric ruminants in Spain have been carried out yet, and this is of particular interest considering the singular climatic conditions in southern Spain, as well as the diversity and abundance of these wild host populations there.

An optimal study area to investigate these dynamics is the “Sierras de Cazorla, Segura y Las Villas Natural Park” (SCSV), a hilly area of 2140 km² located on the eastern side of the Betic Mountains (Andalusia, Spain). In SCSV sizeable populations of four wild ruminant species are found, including two Bovidae (European mouflon; Ovis aries musimon and Iberian ibex; Capra pyrenaica hispanica) and two Cervidae (red deer Cervus elaphus and fallow deer Dama dama) [16]. Hence, providing this area with an interesting fauna to study natural lungworm infection. In this work, we aimed to investigate the epidemiological traits and ecology of the multi-host lungworm community using a multivariate abundance approach. This should highlight the risk factors associated with bronchopulmonary nematodes in a multi-host sympatric scenario.

2. Materials and Methods

2.1. Study Area and Wild Ruminants

The study was carried out during the period 2003–2005 at SCSV. The Park has a continental Mediterranean mountain climate, and the annual rainfall ranges from 300 to 700 mm with a wet season in September and October. Large temperature variation is common, with an average annual temperature of 15 °C [17]. A total of 250 wild ruminants of four different species were examined for lungworm presence: red deer, \( n = 64 \); Iberian Ibex, \( n = 19 \); mouflon, \( n = 59 \); fallow deer, \( n = 108 \). Sampling was limited to the hunting period (February to March). Age of animals was classified in three groups: group 1 (pre-adult animals, less than one year old), group 2 (young-adult animals, between one and two years old), and group 3 (adult individuals, older than two years old). Each animal was geolocalized in order to evaluate differences related to the sampling zone.

2.2. Sampling Protocol

The respiratory tract, including lungs and trachea, was recovered and processed as described by Carrau et al. [18]. Briefly, lungs were cut up and 25 g were placed in gauze bags, using the Baermann–Wetzel method. First stage larvae (L1) were quantified in Favatti counting chambers and expressed as L1 per lung gram (lpg). Larvae were identified to genus and, when possible, to species level according to Anderson et al. [19].

2.3. Epidemiological Parameters and Statistical Analysis

Prevalence (the percentage of infected hosts with a particular parasite species/taxonomic group within the number of examined hosts), intensity (average number of individuals of a particular parasite species in a single infected host), and abundance (average number of individuals of a particular parasite species per host examined) for each lungworm species were defined according to Margolis et al. [20] and Bush et al. [21]. Fisher’s exact test was used to evaluate the presence of significant differences among host species in prevalence data. A model-based analysis of multivariate abundance data, carried out using the mv-abund package [22], was used to evaluate frequency distribution for the parasites shared by the four host species, and to evaluate the effect of the following risk factors: host age, sex, location, and year of sampling. Kruskal–Wallis analysis was performed to statistically test the outcome. Analyses were carried out using the R software [23].
3. Results
3.1. Overall Descriptive Patterns of the Lungworms

A total of seven nematode genera were isolated, among which five species were identified: *Muellerius capillaris*, *Neostrongylus linearis*, *Protostrongylus* spp., *Dictyocaulus* spp., *Varestrongylus sagittatus*, *Cystocaulus ocreatus*, and *Elaphostrongylus cervi*. All identified lungworms, as well as their respective prevalence, abundance, and intensity, are listed in Table 1.

Almost half (48.0%) of the animals were infected with bronchopulmonary nematodes. The mouflon was the host species with the highest prevalence (86.4%), followed by Iberian ibex (84.2%), red deer (56.3%), and fallow deer (15.7%). Significant differences in the prevalence of lungworms were detected among the four host species (Figure 1 and Table S1). In particular, lungworm prevalence in bovids (mouflon and Iberian ibex) was much higher than in cervids (red deer and fallow deer).

![Figure 1](image-url)

*Figure 1.* Total prevalence of bronchopulmonary nematodes and prevalence of the five commonly found genera and lungworm species. Different letters indicate significant differences between groups (*p* < 0.05).
Table 1. List of nematode species and their prevalence, abundance and intensity. P: Prevalence (%); A: Mean abundance (larvae per lung gram); I.R.: Intensity Range (minimum and maximum larvae per lung gram values). Minus values (–) represent parasites not analyzed in the host species.

| Total | Iberian Ibex n = 19 | Mouflon n = 59 | Fallow Deer n = 108 | Red Deer n = 64 |
|-------|---------------------|----------------|---------------------|----------------|
|       | P (%) | I.R. | P (%) | A | I.R. | P (%) | A | I.R. | P (%) | A | I.R. | P (%) | A | I.R. |
| Total | 48.0   | 0–1896.0 | 84.2  | 6.59 | 0.1–35.5 | 86.4  | 106-2 | 0.1–189 | 15.7 | 2.0 | 0.1–0.6 | 56.3 | 3.0 | 0.1–49.5 |
| C. ocreatus | 22.0 | 0.1–1309.0 | 26.3  | 12.5 | 01–193.5 | 83.1  | 71.9 | 0.1–1309 | – | – | – | – | – | – |
| Dictyocaulus spp. | 4.4 | 0.1–111.7 | 0.0  | 0.0 | 0.0 | 15.3  | 2.5 | 0.1–111.7 | 1.8 | 0.1 | 0.1–1.3 | 0.0 | 0.0 | 0.0 |
| E. cervi | 14.4 | 0.1–49.5 | – | – | – | – | – | – | – | – | – | 56.3 | 0.3 | 0.1–49.5 |
| M. capillaris | 24.4 | 0.1–565.7 | 84.2 | 22.6 | 0.1–134.2 | 76.3 | 21.1 | 0.1–565.7 | – | – | – | 0.0 | 0.0 | 0.0 |
| N. linearis | 15.6 | 0.1–280.1 | 78.9 | 24.6 | 0.6–130.6 | 40.7 | 8.5 | 0.1–280.1 | – | – | – | 0.0 | 0.0 | 0.0 |
| Protostrongylus spp. | 9.2 | 0.1–65.2 | 57.9 | 6.1 | 0.5–65.2 | 20.3 | 2.2 | 0.1–56.4 | – | – | – | 0.0 | 0.0 | 0.0 |
| V. sagittatus | 6.0 | 0.1–6.2 | – | – | – | – | – | – | 13.9 | 0.2 | 0.1–6.2 | 0.0 | 0.0 | 0.0 |
3.2. Multi-Host Lungworm Distribution

Two nematode genera (*Protostrongylus* spp. and *Dictyocaulus* spp.) and three species (*C. ocreatus*, *M. capillaris*, and *N. linearis*) were found in at least two different host species. Most of these shared nematodes were found in bovids, while the red deer did not share any parasite species with the other hosts, as illustrated in Figure 2.

![Venn diagram](image)

**Figure 2.** Venn diagram representing the number of lungworm species found in each species of wild ruminant host.

Lungworm prevalence showed differences between cervids and bovids (Figure 2). The genus *Dictyocaulus* was identified in both host families, though with significantly different prevalence. However, mouflon and Iberian ibex shared up to four lungworm species, with significantly different prevalence in most scenarios. *Cystocaulus ocreatus* was predominantly found in mouflons, while *N. linearis* and the genus *Protostrongylus* were most commonly found in the Iberian ibex. Finally, *M. capillaris* was equally present in both bovids (Figure 2).

Additionally, total mean abundance of the lungworm population showed significant differences amongst hosts (Figure 3A,B). These differences held even at the parasite genus level between mouflon and fallow deer for *Dictyocaulus* (*p* = 0.0032). Likewise, abundances for *Protostrongylus* (*p* = 0.0025), *C. ocreatus* (*p* = 0.00018), and *N. linearis* (*p* = 0.0019) differed between both bovid hosts, with the exception of *M. capillaris* (*p* = 0.38), which was found with similar abundance in mouflon and Iberian ibex (Table S2).

![Graph](image)

**Figure 3.** Abundance of total identified nematodes (A) and the seven commonly found parasites (B) described in all studied wild ruminants. 0. Different letters (a,b,c) in figure A indicate a significant effect.
Finally, the implications of different factors on parasite abundance were also studied this group of sympatric populations. The multivariate abundance modeling approach highlighted a significant effect of host species and location on parasite abundance ($p < 0.001$), with the mouflon as the species with highest abundance and the central part of the Natural Park the area with most heavily infected animals (Figure 4). A marginal age effect was also detected ($p < 0.1$), with adult animals more likely to be heavily parasitized. Sex and year of sampling did not show any statistically significant differences in multi-host parasite abundance.

3.3. Single-Host Lungworms Distribution

*Elaphostrongylus cervi* and *V. sagittatus* were found parasitizing only one host species; specifically, *E. cervi* was detected in the red deer population with a high prevalence (46.3%), while *V. sagittatus* (13.9%) was solely found in fallow deer.

4. Discussion

This study highlights the diversity of the bronchopulmonary nematode community shared amongst the wild ruminants in SCSV. A rich parasite community has been described, with seven different genera and/or species recorded in the sampled animals. Our results show that parasite richness is very similar between closely related ruminants, being richer in bovids than in cervids. Hence, this study represents an interesting example of parasite community structure and composition in a multi-parasite/multi-host scenario. Within this interplay, the mouflon seems to be the epidemiological key in the present network of interactions, showing high prevalence and richness of lungworms that are shared with the other sympatric wild ruminant species. On the other hand, the red deer appears to be completely disconnected from the parasite community shared by the other three wild ruminant species present in SCSV, being infected only by *E. cervi*, a strictly species-specific parasite. Finally, the multivariate abundance analysis highlights that lungworm abundance at the community level is driven by host species identity, sampling location, and, to a lesser extent, by age.

When compared with other wild ruminant populations, the recovered larvae species were in agreement with previous studies. The Iberian ibex is the most widely studied wild ruminant in Spain, and *M. capillaris* and *N. linearis* are the most prevalent lungworms found in this host species [24,25]. However, in contrast with the study carried out by Alasaad et al. [24], *Dictyocaulus filaria* was not present in our Iberian ibex population of SCSV. Similarly, previous studies conducted on mouflon describe a bronchopulmonary nematode community similar to that found in SCSV [26]. Cervids presented lower parasite richness, with the fallow deer as the most parasitized species in terms of the number of parasite species. *Varestrongylus sagittatus* has also been recorded in other European areas, although it should be noted that the prevalence we have found is the highest so far reported [27,28]. Finally, the prevalence of *E. cervi* found in red deer at SCVP was lower than in previous records in Spain [29]. Parasite richness in the different host species may
be related to several factors, including host physiology and feeding behavior. Considering the life cycle of bronchopulmonary nematodes, the feeding behavior is directly modulating the risk of animals to enter into contact with the infective larvae. Under this perspective, it should be noted that the mouflon is the only of the four wild ruminant hosts classified as a grazer, while the other host species are classified as “intermediate”. The latter are adapted to either browsing or grazing, eating a wide variety of plants [30].

A multi-host/multi-parasite system was observed in three out of four host species, thus indicating a natural lungworm interchange between sympatric ruminants of SCSV. This phenomenon has been well described in other studies [11]. The parasite richness in SCSV was not related to the hosts’ sex in the present work; however, there were differences across host species, sampling area and host age. The mouflon, from an epidemiological point of view, appears to be the key host species in the connection between cervids and bovids’ lungworms. This wild ruminant was introduced in SCSV in 1953 and later in other areas of the Iberian Peninsula for hunting purposes, and adapted very well to these new habitats [31]. Mouflons play a major role in the maintenance and transmission of lungworms, as they share pastures in winter and spring with other wild bovids, such as the Iberian ibex [32], and in summer with wild cervids, such as fallow deer [33]. As described by Ezenwa [34], hosts that spend time in diverse habitats are more likely to acquire generalist parasites. In our previous study on the same sympatric wild ruminant populations, we already recorded multiple gastrointestinal parasite interchange between host species [12]. In this study, it was shown quite clearly that the mouflon may play a significant epidemiological role at the SCSV, as described for the gastrointestinal nematode community by Carrau et al. [12]. It is worth highlighting that the wild ruminant host community and its inner relationships in SCSV were deeply redesigned after the scabies outbreak that devastated the population of the Iberian ibex population [35]. A recent study comparing wild ruminant interactions before and after the Iberian ibex population crash demonstrated that the interaction among sympatric species is much more relevant now, with a higher possibility to exchange parasites [36].

High lungworm richness in wild ruminants has been shown to predict favorable climatic and ecologic conditions for the lungworm development cycle [37] as described by Alasaad et al. [24] in a similar sampling area. The dependence of bronchopulmonary nematodes on climatic conditions is a well-established fact, even more so when gastropods are involved in their life cycles, as is the case for Protostrongylids [38–40]. According to Cabaret et al. [37], L1 remains in the feces and then eventually migrates onto the nearby vegetation if humidity allows it. The prevalence and intensity of infection of N. linearis, M. capillaris, and C. ocreatus increases when relative humidity and rainfall increase, and decrease when the temperature decreases. Males are not included among the more parasitized animals even when the best climatic conditions for lungworms are registered; on the opposite, adult females seemed to shed more larvae coinciding with the periparturient period, which takes place during the months of higher temperature and humidity in our study. Similarly, Nocture et al. [41] documented higher prevalences of P. rupicaprae and N. linearis in Alpine chamois (Rupicapra rupicapra rupicapra) coinciding with the periparturient physiological status of females. A possible influence of the climatic and environmental conditions on the parasite community can be seen by the presence of clusters in parasite abundance distribution, with the highest values localized in the central part of SCSV.

The results presented in this study represent an interesting picture of the complex dynamics occurring at the pathogen–environment–host interface, and can be used as a case study for the evaluation of similar scenario. Several questions remain unanswered by the results of this study, in particular further investigations are needed to gain a deeper understanding of the factors influencing the parasite pattern of infection observed among the hosts. Parasite and host biology, including different life cycles and habitat partitioning over time are probably among the main factors shaping the observed patterns. Further
data and more tailored studies should be carried out in the future to shed light on this epidemiological enigma.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/d13060227/s1, Table S1: p values obtained from pairwise comparisons of the wild ruminants prevalence using Fisher’s exact test, Table S2: p values obtained from Kruskal–Wallis analysis for the commonly found nematodes species.

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Institutional Review Board Statement: The Ethical Committee for Animal Experimentation of the University of Murcia reports that, following the basic rules applicable for the protection of animals used in experimentation and other scientific purposes (described in RD 53/2013), procedures in this study are considered to be out of the scope of application of said RD since we do not use live animals, but carcasses donated from authorized hunts in the study area.

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