Subjective Assessment of Psychological Impact, Awareness, And The Online Learning Experience of Dental Students During The Total Lockdown After The Global COVID-19 Spread: University of Jordan

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Research Article

Keywords: coronavirus, dental, COVID-19, disease, pandemic

DOI: https://doi.org/10.21203/rs.3.rs-691958/v1

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Abstract

Background

The aim of the present study was to assess the psychological impact and awareness of the spread of coronavirus pandemic (COVID-19) in Jordan among dental students at the University of Jordan, as well as assessing student attitudes toward dental learning during the lockdown period imposed by the government.

Methods

This study was conducted using a questionnaire that was electronically distributed to the largest possible number of Year 3, 4 and 5 dental students. 271 students participated in the survey (Year 3, n = 89, Year 4, n = 94, and Year 5, n = 88), with a response rate of 40.39%.

Results

Results indicated considerable psychological impact on dental students during the spread of the COVID-19 virus in Jordan, with a high degree of awareness among the students about COVID-19. Furthermore, there was positive feedback about the online learning experience of theoretical subjects but less so for practical and/or clinical subjects with a great deal of reluctance to resume their regular study, especially attendance of dental patient clinics.

Conclusion

Results of this study highlight the need for launching more awareness programs to reassure the dental students and to restore their confidence in the complete protective ability of the recommended precautions against the contraction of the disease.

Introduction

Many human diseases with unknown etiology are suggested to be of viral origin with a tendency to cause outbreaks that can become epidemic and pandemic. Hence, it is of paramount importance to conduct continuous research especially for new and novel viruses[1, 2, 3] especially those that cause persistent threats like AIDS, Avian flu, SARS, MERS, Ebola, and Zika [4].

Coronaviruses (CoV), which belong to a Coronaviridae family, are described as enveloped zoonotic viruses with a large plus-strand RNA genome. These viruses were found in mice, rats, chickens, turkeys, swine, dogs, cats, rabbits, horses, cattle and humans, and they can cause gastroenteritis and respiratory tract diseases [5, 6]. Many coronaviruses can cause mild respiratory disease in humans, however, SARS-CoV and the Middle East respiratory syndrome coronavirus (MERS-CoV) caused a very severe pneumonia when they spread in 2002 and 2012 respectively [7, 8, 9].
In 2019, another novel coronavirus emerged in Wuhan City, China, which also causes pneumonia infection [10, 11]. In a short time the virus spread to most of the world and on the 30th January 2020, the World Health Organization (WHO) declared a public health emergency because of this novel virus outbreak [12] and on 11th February 2020, WHO named the novel viral pneumonia as “Corona Virus Disease (COVID19)” [13]. COVID19 was announced as a pandemic on 11th March [14]. Globally, as of the 8th of September 2020, there have been 27,236,916 confirmed cases of COVID-19, including 891,031 deaths, reported to WHO [15]. Unlike some viruses such as HBV and human papilloma virus there is yet no efficient vaccines or it may be still under early experimental stages [16, 17]. Moreover anti-viral agents are deemed helpful only in some viral infections such as HBV and HIV [18, 19].

Covid-19 can be transmitted via direct transmission (cough, sneeze, and droplet inhalation transmission) and contact transmission (contact with oral, nasal, and eye mucous membranes) [20, 21, 22]. The viral transmission occur not only through the respiratory tract, but also via eye exposure with the virus [23]. Also many studies suggested that COVID-19 can be transmitted through aerosols formed during medical procedures [23, 24, 25, 26]. Although the virus has recently emerged many studies have addressed the virus description, transmission and cross-infection precautions.[10, 11, 13, 20, 21, 22, 24, 27, 28]. Accordingly, it should be noted that the risk of cross infection in the dental practices and hospitals may be high [27] and that includes both dental practitioners and dental students especially those undergoing clinical training. It has been recommended to suspend all elective dental procedures during the pandemic and only treat dental emergencies while implementing strict cross-infection control measures. These include 1) Taking a very detailed case history with the ability to identify the suspected cases of COVID-19 whom should not be treated and immediately reported, 2) Following all the protocols regarding the recommended personal protective equipment such as eye protection, masks (N95), gloves, face shields and head cover and 3) Infection control during treatment (only emergencies) such as preoperative antimicrobial mouth rinse, using rubber dam isolation, implementing four-handed dentistry, using anti-retraction high-speed dental hand pieces, using saliva ejectors with high volume and disinfecting all prosthesis and impressions with disinfectant of at least intermediate level [20, 27, 29, 30, 31].

The virus outbreak is still ongoing rapidly all over the world and consequently all the efforts are directed to reduce and control the infection mainly by quarantine of the infected patients as well as the normal population especially those from the regions having an epidemic outbreak [32]. In fact many countries have adopted quarantine protocols for the majority of their populations to be able to slow down the COVID-19 outbreak and eventually control it. Universities have been affected by lockdown and have had to start using distant learning which may affect students' wellbeing in addition to the COVID-19 impact on them.

The aim of the present study was to assess the psychological impact and awareness of the spread of corona virus pandemic (COVID-19) in Jordan among dental students at the University of Jordan, as well as assessing student attitudes toward dental learning during the lockdown period imposed by the government.
Methods
The required ethical approval for conducting this online survey study was obtained from the appropriate ethical committee at the University of Jordan. A questionnaire was electronically sent to Year 3, 4 and 5 dental students (Year 3, n = 270, Year 4, n = 202, and Year 5, n = 199), and they were asked to voluntarily participate in electronically answering the survey questions which covers the main research ideas. The survey consisted of 37 questions categorized as follows: three general questions (age, sex, year level), seven questions regarding the psychological impact of COVID-19, twelve questions regarding knowledge and awareness about COVID-19, ten questions about the online learning experience of the students during the COVID-19 curfew period, and five questions about the professional responsibility of the participants as dental students and future dentists regarding the COVID-19 pandemic. The types of the questions used were either Yes/No questions or single best choice questions. SurveyMonkey website was used to create and distribute the survey questions, as well as to collect and analyze the responses of the participants. The survey was open to receive the responses over the period from 11th to 30th of April, 2020. Year 1 and 2 dental students were excluded from the survey, because their curricula do not include preclinical dental lab training or dental clinic training. 271 students participated in the survey (Year 3, n = 89, Year 4, n = 94, and Year 5, n = 88), with a response rate of 40.4%. The mean age of the participants was 22 years (SD = 0.9). 204 of the participants were females (75.3%) and 67 were males (24.7%). This study is descriptive in nature, and thus all the results of the responses to the questionnaire were presented as percentages.

Results
Psychological impact of COVID-19
Table A1 shows subjects response to questions related to the psychological impact of the imposed government lockdown which resulted in a switch to online learning. About 85% of participants were either worried (63.8%) or very worried (21.4%) about the COVID-19 pandemic, while the rest were not worried about this pandemic. About 73% were either frustrated (50.7%) or very frustrated (21.9%) about the suspension of their study during the COVID-19 spread in Jordan, while the rest were either not bothered at all (20.9%) or even pleased (6.5%) about the suspension of study.

About 73% of the participants did not feel secure when the media in Jordan provided information about the personal details about the COVID-19 infected persons in Jordan. During the COVID-19 curfew period in Jordan, about 40% of the participants were mainly worried for their life and that of their family, about one third (33.5%) were mainly worried about their study and graduation, 17.2% about spreading of the virus, and the rest (10.7%) about the country. About 78% of the participants described the psychological impact of COVID-19 spread in Jordan on themselves and their families as moderately serious (41.8%) or extremely serious (36.5%), while the rest described it as slightly serious (14.8%) or not serious at all (6.9%).
Regarding the question “Due to the overall psychological impact of this pandemic, what are you most worried about?”, the response of 59.3% was “About finishing my academic year/graduation”, while the response of the remainder (40.7%) was “About the spread of the virus and the daily increase in the number of newly infected persons”. Regarding the question “How do you feel about being in obligatory home quarantine?”, the response of around three fourths of the participants (71.6%) was “It is the right protective precaution”, while the response of 10% was “Good chance to study and follow up on study material with online learning”, the response of 10% was “Good time for relaxation with my family”, and the response of 8.3% was “Frustrated for being obliged to stay at home”.

Knowledge and awareness about the COVID-19 disease

Participants were also asked about their knowledge and awareness of the COVID-19 disease, how the spread of this virus can be minimized, and how this disease can be treated (Table A2). About 94% of the students have heard about other viral outbreaks such as SARS and Ebola. The vast majority of the students (97.4%) rated themselves either sufficiently aware (58.9%) or very aware (38.5%) about this pandemic. About 68% of the participants reported that being in the medical field meant that they had the lead in giving advice and instructions to their families, relatives and friends, most of the times (43.9%) or always (23.8%) regarding self-protection from COVID-19 infection, while the rest did so sometimes (29.1%) or rarely (3.2%).

About 90% of the students were aware that viruses are dead outside the body while bacteria are alive outside the body. About 75% of the participants believe that the way viruses spread is different from other microorganisms. 67.8% of students reported, based on their knowledge, that the main route of spread of COVID-19 virus is via virus-laden droplets that sticks on surfaces during the first 12 hours on metal surfaces and the first 8 hours on cloth fabrics. 31.5% reported that the air-borne route is the main way of spread while 1.2% reported infection via oro-fecal route (virus-contaminated food stuff), and none believed it to be transmitted via blood-borne route.

87.7% of the respondents indicated, based on their knowledge, that the most likely incubation period of COVID-19 virus before the symptoms appear in the range of 2–14 days, while only 10.5% indicated it to be about three weeks, 1.85% reported it to be about one month, and none indicated it to be always less than one week.

About half of the participants (50.3%) reported that the main practice(s) that mostly increase the possibility of spreading COVID-19 virus are hand shaking, kissing, and hugging habits, and 29.8% reported it to be being in crowded places without taking the protective measures especially social distancing of at least 2 meters, while only 5% reported it to be touching elevator buttons and door handles in public places, and 1.9% indicated it to be using cash instead of electronic payment methods.

About three forth of the participants (72.7%) believed that the most effective procedure to minimize the spread of COVID-19 virus was staying at home. Other reasons quoted by respondent were, implementation of curfew/public quarantine (12.4%); using the protective measures as wearing gloves
and masks, washing hands, etc. (12.5%); and adhering to social distancing with at least 2 meters away from the nearest person in public places (7.5%). About three fourths of participants (73.9%) reported that the most effective way to enhance the immune system to protect against COVID 19 was eating healthy food, including fruits that are rich in vitamin C, while 10.6% reported avoiding stress would help the immune system while 10.6% reported that exercise was the best way to boost immunity. Taking folk remedies (herbal medicines) such as anise, ginger and garlic and drinking lots of warm water was reported by a minority of respondents as a method of boosting immunity. Finally, and none of the subjected reported that taking antibiotics as prophylaxis would prevent infection with COVID 19.

The majority of the participants (97%) reported that they either always (75.3%) or most of the times (21.6%) adhere to the recommended protective safety measures like wearing a mask and gloves, as well as washing hands and using antiseptics whenever touching a potentially contaminated surface, while the rest do so sometimes (1.85%) or rarely (1.23%). Most students were aware that viral infections, as compared to bacterial infections, do not respond to antibiotic treatment (93.7%). Similarly, the majority of the students are aware that viral infections can be treated by specifically designed vaccines (93%). About 80% of the participants believed that the only effective remedy to cure COVID-19 infection is a specific vaccine yet to be produced; (90% believed that this vaccine would take a relatively long time to be produced). On the other hand, 11.8% of the participants believed the cure was an antiviral drug yet to be discovered, 8.6% thought it was an anti-malarial drug (such as hydroxychloroquine) along with antibiotics (such as Azithromycin), and none believed that the cure was a herbal remedy yet to be discovered.

Regarding the sources which the students rely on to get reliable information about the COVID-19, around half of participants (47%) relied on Jordan National Television, 31.6% used Facebook and other social media sources, 15% professional interviews with specialists or experts (local or international) in the relevant field, and the rest (6.5%) on International TV channels. About half of the participants (52.1%) reported that they had read at least one of the recent scientific publications which were sent to them through the Cross Infection Control Committee or the Faculty Council regarding the guidelines and the precautions to be followed when dealing with patients during the COVID-19 pandemic.

Attitudes towards online learning

Table A3 illustrated responses to questions about suspension of regular study and the implementation of online learning as a replacement. 82.3% of participants expected the period of suspension of regular study to be more than one month, while the rest expected it to be from one week to one month, and none expected it to be just one week. The majority of students described their online learning experience during the curfew period as good (54.4%), very good (19.5%) or excellent (5.1%), while the rest (20.93%) described the online experience as poor. About half of the participants followed all relevant learning material uploaded on the University e-learning platform either most of the time (45.6%) or always (7.9%), while the rest did so sometimes (33.95%) or rarely (12.6%).

About 88% of the students were either satisfied (66.5%) or very satisfied (21.3%) with the online learning of the theoretical subjects/topics, while the rest (12.2%) were not satisfied. About 65% of the participants
had an online learning experience for practical or clinical courses/topics, 60% of them were not satisfied with this experience, while the rest were either satisfied (35.7%) or very satisfied (5.4%). About 73% of the participants indicated that suspension of study would not have a great impact on the learning outcomes of the theoretical subjects which were taught online (42.8% minimal negative impact, 19.5% no impact at all, and 10.7% minimal positive impact), while the rest either indicated that suspension would have a great negative impact (16.7%) or great positive impact (10.2%). On the other hand, around half the students (47.1%) reported that suspension of study would have a great negative impact on the learning outcomes of practical/clinical subjects/topics, while the other half (51.3%) reported that suspension would not have a significant impact (34.4% minimal negative impact, 11.6% no impact at all, and 5.3% minimal positive impact). Furthermore, 60% of the students noted that suspension would not have a substantial impact on their clinical/practical skills (38.8% minimal negative impact, 20.7% no impact at all, and 1.6% minimal positive impact), while 38.30% noted that suspension would have a great negative impact.

Students indicated that, the most beneficial methods of online learning were: PowerPoint with voice-over recording uploaded online (34.4%), online meetings using Zoom (32.1%), and video presentations uploaded on YouTube (28.8%). On the other hand, the least beneficial method according to students were: online Microsoft Teams meetings (2.3%), Facebook (1.4%), and Moodle (0.9%). Around 80% of students were either moderately satisfied (50.3%) or very satisfied (29.6%) with the contribution of Dental School staff members and University teachers to online learning during the suspension period, while only 18% were minimally satisfied and 2% were dissatisfied.

Professional responsibility as dental students towards the COVID-19 pandemic

Table A4 illustrated data related to professional responsibility of dental students toward the COVID-19 pandemic. The majority of the participants (95.1%) indicated that they would advise a family member or close relative who exhibited signs and symptoms of COVID-19 to be tested for the virus, while the response of 4.3% was to hide and isolate them. About 3/4 of the participants (72.5%) were willing to volunteer as dentists during the COVID-19 pandemic following a brief training. The vast majority of the participants (92.75%) were aware that dentists were at the highest risk of exposure to COVID-19 and accept to choose dentistry as a career, while only 5.8% regretted choosing to study dentistry and 1.45% were thinking of changing their profession.

Regarding the following question “If a COVID-19 infected person has been completely cured based on the recommended tests, would you still be worried about providing dental treatment to him/her?”, around half of respondents (55.2%) would still be worried to provide dental treatment to an a patient who was completely cured after being infected with COVID-19. Around 2/3 of participant (61.85%) indicated that they would refuse to come to the University to resume their studies if there were still a few new cases every day and curfew was lifted, while 18.5% would partially comply to start attending lectures but not pre-clinical laboratories and dental clinics., 12.1% would partially comply and start attending lectures and
pre-clinical laboratories but not dental care clinics, while only 7.5% were prepared to fully comply with theoretical and clinical training.

**Discussion**

The results of the present study showed substantial psychological impact on dental students during the spread of COVID-19 virus in Jordan which led to the government decision to impose obligatory home quarantine and the resultant substitution of regular study with online learning. The students were mainly worried about their safety and the safety of their family members as well as the completion of their study. However, most of the students agreed that obligatory home quarantine was the best policy to be imposed. This policy was considered in China, and had been required by the Ministry of Education [33].

This study also showed a high degree of knowledge and awareness about COVID-19 among the dental students in Jordan. Most of the students are well aware about the nature of the virus, how it spreads, what precautions needed to be taken to minimize the spread of the disease, and how the infection can be managed. In addition, most of the students adhered to recommended practices to boost their immune system and to the precautions to protect themselves and the community form the spread of this disease. Students’ preferred source of information about COVID 19 was Jordan National Television, followed by social media sources, and professional interviews with specialists or experts (local or international) in the relevant field. Furthermore, half of participants read at least one of the recent scientific publications. In fact, dental students were encouraged to obtain the relevant knowledge from medical journals. Nevertheless language might have been a barrier but there are so many sources that can either be translated or even published by the local authorities including University of Jordan in both Arabic and English. This problem was also encountered by Chinese dental practitioners [34].

This study showed that most the students were positive about online learning of theoretical subjects but not practical and or clinical subjects. As the training of dental students has a substantial practical and clinical components, online learning alone is certainly expected to compromise such training. This is expected to contribute to the worry of the students about being undertrained, and them being less confident about the provision of the appropriate dental care to the patients. Covid-19 pandemic initiated a total transformation toward online learning especially during quarantine, and thus great improvements in higher education had to take place during a short time [35].

The results demonstrated that most of the students were confused between the desire to resume their regular study and receive the appropriate clinical training and their concern about their own safety and the safety of their family members during this pandemic, similar concern was found in other studies [34, 36]. It appears that most of the students were very scared of the disease so that they could not decide to resume their regular study, especially attendance of dental clinics where they would be expected to provide dental care to the patients. The fear of this novel disease and anxiety levels were the main obstacles in such situations [34, 37, 38, 39]. However, most of them realized their professional responsibility toward the fulfillment of this task. Confusion was possibly due to propaganda and hype of
non-scientific misinformation in the social media which exaggerated the seriousness of the disease and created substantial doubt about the effectiveness of the recommended scientifically-based protective precautions. This highlights the need for launching more awareness programs by dental schools to reassure dental students and to restore their confidence in the complete protective ability of the recommended precautions against the contraction of the disease. This is in line with other studies [34, 36, 40]. In the present study, most of the participants stated that they would adhere to PPE protocols. Adherence to PPE protocols and routines is crucial for protection [20], for instance some simple measures such as hand hygiene can be a crucial factor in infection control, nonetheless it is believed adherence to such measures is limited [20, 41].

**Limitations**

This study mainly acquired information through a questionnaire-based survey, which was found to be effective and informative [42]. However, limitations to this study might be the low response rate which might be attributed to the fact that most students were more dedicated to their online learning, nevertheless the sample size is reflective.

**Conclusion**

This study can help policy makers along with dental teaching institutions improve knowledge, to provide psychological support, practical protocols of safety and self and other protection in viral outbreaks.

The results of this study highlight the need for launching more awareness programs conducted by dental schools to reassure dental students and to restore their confidence in the complete protective ability of the recommended precautions against the contraction of the disease.

**Abbreviations**

**COVID-19**: Coronavirus disease of 2019

**AIDS**: Acquired immunodeficiency syndrome

**SARS**: Severe acute respiratory syndrome

**MERS**: Middle East respiratory syndrome

**CoV**: Coronavirus

**RNA**: Ribonucleic acid

**WHO**: World Health Organization

**HBV**: Human papilloma virus
**HIV**: Human immunodeficiency virus

**SD**: Standard deviation

**PPE**: Personal protective equipment

**Declarations**

All authors declare no conflict of interest, and that this study did not receive any financial support.

**Ethics approval and consent to participate**

Informed consent was obtained from all participants. Participation was voluntary and anonymous. The questionnaire included information for consent before participation.

This study was approved by the Ethical Committee of the Deanship of Scientific Research at the University of Jordan (#2020–117).

All methods were carried out in accordance with relevant guidelines and regulations, notably the Declaration of Helsinki.

**Consent for publication**

Not applicable (no individual person's data).

**Availability of Data and Materials**

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

**Competing interests**

The authors declare that they have no competing interests.

**Funding**

This project did not receive any funding.

**Authors’ Contributions**

All authors conceived the study idea, performed the literature review, and developed the survey design and questionnaire. All authors provided their feedback on items, questionnaires, data analysis and discussion. All authors participated in the revision of the manuscript. The authors read and approved the final manuscript.

**Acknowledgments**
To all the students of the dental school of the University of Jordan who participated in the survey of the present study for answering the questions of the survey. This study was conducted at the University of Jordan.

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Tables

Table A1: The psychological impact of COVID-19
| Psychological impact of                                      | Response                                      |
|-------------------------------------------------------------|-----------------------------------------------|
| COVID-19 Pandemic                                            | Very worried (21.4%)                          |
|                                                             | Worried (63.8%) or                            |
|                                                             | Not worried                                   |
| The suspension of their study during the COVID-19 spread in | Very frustrated (21.9%)                       |
| Jordan                                                      | Frustrated (50.7%)                            |
|                                                             | Not bothered at all (20.9%)                   |
|                                                             | Pleased (6.5%)                                |
| Media revealing personal information of COVID-19 infected    | Feeling insecure (73%)                        |
| cases.                                                      | Feeling Secure (27%)                          |
| Worrying about their life and that of their family          | Worried about their life and their family (40%)|
|                                                             | Worried about their study and graduation (33.5%)|
|                                                             | Spreading of the virus (17.2%)                |
|                                                             | About the country (10.7%)                     |
| Psychological impact of COVID-19 on themselves and their    | Extremely serious (36.5%)                    |
| families                                                    | Moderately serious (41.8%)                    |
|                                                             | Slightly serious (14.8%)                      |
|                                                             | Not serious at all (6.9%).                    |
| What are you most worried about?"                           | “About finishing my academic year/graduation” |
|                                                             | (59.3%)                                       |
|                                                             | “About the spread of the virus and the daily |
|                                                             | increase in the number of newly infected |
|                                                             | persons” (40.7%)                              |
| “How do you feel about being in obligatory home quarantine?”| “It is the right protective precaution” (71.6%)|
|                                                             | “Good chance to study and follow up on study  |
|                                                             | material with online learning” (10%)          |
|                                                             | “Good time for relaxation with my family” (10%)|
|                                                             | “Frustrated for being obliged to stay at home” (8.3%) |

Table A2: Knowledge and awareness about the COVID-19 disease
| Knowledge and awareness about                                      | Response                                                                 |
|-------------------------------------------------------------------|--------------------------------------------------------------------------|
| Viral outbreaks                                                   | About 94% of the students have heard about other viral outbreaks such as SARS and Ebola. |
| COVID-19 pandemic.                                                | Sufficiently aware (58.9%)                                               |
|                                                                  | Very aware (38.5%)                                                      |
| Giving advice and instructions to their families, relatives, and friends regarding self-protection from COVID-19 infection being from the medical field | Most of the times (43.9%)                                               |
|                                                                  | Always (23.8%)                                                          |
|                                                                  | Sometimes (29.1%)                                                       |
|                                                                  | Rarely (3.2%).                                                          |
| The main route of spread of COVID-19                              | Virus-laden droplets that sticks on surfaces during the first 12 hours (67.8%) |
|                                                                  | Air-borne route (31.5%)                                                 |
|                                                                  | Feco-oral route (1.2%)                                                  |
|                                                                  | Blood-borne route (None)                                                |
| Incubation period of                                              | 2-14 days (87.7%)                                                       |
|                                                                  | Three weeks (10.5%)                                                     |
|                                                                  | About one month (1.9%)                                                  |
|                                                                  | Always less than one week (None)                                        |
| The most effective procedure(s) to minimize the spread of COVID-19 virus | Staying at home (72.7%)                                                |
|                                                                  | Curfew/public quarantine (12.4%)                                        |
|                                                                  | Using the protective measures (7.5%)                                    |
|                                                                  | Social distancing (7.5%)                                                |
| The most effective way to enhance the immune system for having less chance of being infected with COVID-19 virus | Eating healthy food (73.9%)                                            |
|                                                                  | Avoiding stress (10.6)                                                  |
|                                                                  | Doing some exercise (10.6%)                                             |
|                                                                  | Taking folk remedies (herbal medicines) (2.5%)                          |
|                                                                  | Drinking lots of warm water (2.5%)                                      |
|                                                                  | Taking antibiotics as prophylaxis (None)                                |
| Adherence to the recommended protective safety measures           | Always (75.3%)                                                         |
|                                                                  | Most of the times (21.6%)                                               |
|                                                                  | Sometimes (1.9%)                                                       |
| Viral infections treatment | Rarely (1.2%). 
Aware that viral infections can be treated by specifically designed vaccines (93%) 
Not aware of that (7%) |
|---------------------------|----------------------------------------------------------------------|
| Effective remedy to cure COVID-19 infection | A specific vaccine yet to be produced (79.6%) (90%) of those believed that this vaccine takes a relatively long time (about one year) to be produced, and the remainder of those (9.9%) believed it only takes a short period of time (less than four months) for this vaccine to be produced). 
An antiviral drug yet to be discovered (11.8%) 
An anti-malarial drug (such as hydroxychloroquine) along with antibiotics (such as Azithromycin) (8.6%) 
A herbal remedy yet to be discovered (none) |
| The source on which the students rely to get reliable information about the COVID-19, | The Jordan National Television (47%) 
Facebook and other social media sources (31.6%) 
Professional interviews with specialists or experts (local or international) in the relevant field (15%) 
International TV channels (6.5%) |
| Read at least one of the recent scientific publications (sent to them through the Cross Infection Control Committee or the Faculty Council regarding the guidelines and the precautions to be followed when dealing with patients during the COVID-19 pandemic) | Read (52.1%) 
Did not read any (47.9%) |

Table A3: The online learning
| **The online learning**                                                                 | **Response**                                                                                   |
|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| The period of suspension of regular study                                              | More than one month (82.3%)                                                                 |
|                                                                                        | One week to one month (17.7%)                                                                  |
|                                                                                        | Just one week (None)                                                                           |
| Online learning experience                                                             | Excellent (5.1%)                                                                               |
|                                                                                        | Very good (19.5%)                                                                              |
|                                                                                        | Good (54.4%)                                                                                  |
|                                                                                        | Bad (20.9%)                                                                                   |
| Following all the relevant material that are uploaded on the formal e-learning platform regarding their courses of study | Most of the time (45.6%)                                                                      |
|                                                                                        | Always (7.9%)                                                                                 |
|                                                                                        | Do so sometimes (34%)                                                                         |
|                                                                                        | Rarely (12.6%).                                                                               |
| Online learning of the theoretical subjects/topics                                     | Very satisfied (21.3%)                                                                        |
|                                                                                        | Satisfied (66.5%)                                                                              |
|                                                                                        | (12.2%) were not satisfied                                                                     |
| Online learning experience for practical or clinical courses/topics.                   | Very satisfied (5.4%).                                                                        |
|                                                                                        | Satisfied (35.7%)                                                                              |
|                                                                                        | Not satisfied (60%)                                                                           |
| Impact on the learning outcomes of the theoretical subjects                            | Great positive impact (10.2%)                                                                 |
|                                                                                        | Minimal positive impact (10.7%)                                                               |
|                                                                                        | No impact at all (19.5%)                                                                        |
|                                                                                        | Minimal negative impact (42.8%)                                                                |
|                                                                                        | Great negative impact (16.7%)                                                                 |
| Suspension of study impact on the learning outcomes of the practical/clinical subjects/topics | Great positive impact (1.6%)                                                                 |
|                                                                                        | Minimal positive impact (5.3%)                                                                 |
|                                                                                        | No impact at all (11.6%)                                                                        |
|                                                                                        | Minimal negative impact (34.4%)                                                                |
| Impact on their clinical/practical skills | Great negative impact (47%) |
|-----------------------------------------|----------------------------|
|                                         | Great positive impact (0.5%) |
|                                         | Minimal positive impact (1.6%) |
|                                         | No impact at all (20.7%) |
|                                         | Minimal negative impact (38.8%) |
|                                         | Great negative impact (38.3%) |

The most beneficial methods of online learning are the followings

- PowerPoint with voice-over recording uploaded online (34.4%)
- Online meetings using Zoom (32.0%),
- Video presentations on YouTube (28.9%)
- Online Microsoft Teams meetings (2.3%),
- Facebook (1.4%) and Moodle (0.9%).

The contribution of the dental school staff members and university teachers regarding the online learning during the suspension period

- Very satisfied (29.6%)
- Moderately satisfied (50.3%)
- Minimally satisfied (18%)
- Dissatisfied (2%)

**Table A4: Professional responsibility of dental students towards the COVID 19 pandemic**
| Question                                                                 | Response                                                                                      |
|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| “If one of your family members or a close relative shows some of the COVID-19 infection symptoms; such as, constant fever, dry cough and breathing difficulty, what will you do?” | (95.1%) to advise him/her to do the COVID-19 virus test  
(4.3%) to hide and isolate him/her  
(0.6%) to deal with him/her as a person with simple flu  
None to advise him/her to take herbal remedies and simple medications. |
| “If you are asked to join the volunteer dentists following a brief training during the COVID-19 pandemic, will you agree to do that?” | (72.5%) “yes”  
(27.5%) “no”. |
| “What is your reaction when you realize the fact that dentists are at the highest risk of exposure to COVID-19?” | (92.75%) was “I was aware of such circumstances and accepted to choose dentistry”  
(5.8%) was “I will regret choosing to study dentistry”  
(1.45%) was “I am thinking of changing my profession”. |
| “If a COVID-19 infected person has been completely cured based on the recommended tests, would you still be worried about providing dental treatment to him/her?” | (55.2%) was “yes”  
(44.8%) was “no”. |
| “If the Government ceased the curfew and restarted all sectors including the universities, BUT still a few newly infected cases remained to be registered daily, what would you do?” | (61.9%) was “Will refuse to come to university”,  
(18.5%) was “Will partially comply with the announcement and start attending lectures but not pre-clinical laboratories and dental clinics”  
(12.1%) was “Will partially comply with the announcement and start attending lectures and pre-clinical laboratories but not dental care clinics”  
(7.5%) was “Will totally comply with the announcement and start attending lectures, pre-clinical laboratories, and dental care clinics, as well as providing dental care to the patients”. |