# Audio-based cough counting using independent subspace analysis

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## Abstract
In this paper, an algorithm designed to detect characteristic cough events in audio recordings is presented, significantly reducing the time required for manual counting. Using time-frequency representations and independent subspace analysis (ISA), sound events that exhibit characteristics of coughs are automatically detected, producing a summary of the events detected. Using a dataset created from publicly available audio recordings, this algorithm has been tested on a variety of synthesized audio scenarios representative of those likely to be encountered by subjects undergoing an ambulatory cough recording, achieving a true positive rate of 76% with an average of 2.85 false positives per minute.

## Index Terms
- cough counting
- independent subspace analysis
- epidemiology
- health monitoring

## I. INTRODUCTION

The information contained within the sounds produced by the human vocal tract, such as speech, moaning, sighing, and coughing, present an opportunity to facilitate remote and non-contact monitoring of an individual’s health [1]. In relation to physical health, coughing is a common symptom for which patients seek medical advice [2], especially in the acute and chronic categories [3], where a persistent cough can severely impair an individual’s quality of life. In determining the frequency and severity of a person’s cough, a clinician can make a suitable diagnosis relating to a person’s cough, and this is the objective of a cough detection/monitoring system [4]. Having an objective measure of a cough is useful when tracking the progression of an illness [5] especially in the process of early detection and monitoring [6], highlighting the importance of cough monitoring systems to aid with tracking the progress of a disease.

Presented here is an algorithm designed to detect the presence of candidate cough sounds in audio recordings. The area of cough detection has received notable attention in recent years. Semi-automatic approaches using hand-crafted features as inputs to probabilistic neural networks [7] and statistical models [8, 9] achieved satisfactory results but rely on input from operators to successfully detect cough sounds. More recent algorithms have used eigenvalue decomposition with random forest classifiers [10]. Hu moments with k-nearest neighbours [11], spectral features with time-delay neural networks [12], convolutional and recurrent neural networks [13], and spectral features with support vector machines [14].

The nature of cough sounds, as described in [15], share characteristics with the signals produced by percussive and harmonic musical instruments. Cough sounds typically begin with a quick onset of wideband noise, stretching across a spectrum up to 20 kHz, followed by a short stationary period dependent upon the cause of the cough. An example of the phases associated with a cough can be seen in Figure 1. The onset of coughs share similar properties to the percussive characteristics of drums, and in [16] the transient nature of drum sounds were exploited using independent subspace analysis (ISA) [17] to automatically transcribe drum tracks from audio recordings. Due to the nature of ambulatory cough recordings, cough sounds produced by a person are likely to be more prominent within these recordings. The repeated occurrences of a person’s cough and proximity to a microphone means that the cough sound is likely to be one of the sources contributing most variance to the recorded signal. Given the variance based nature of ISA, it is expected to produce candidate time-activation functions that coincide with cough events. An example of this algorithm’s output is illustrated in Figure 2 which highlights the time-activation functions and corresponding frequency spectra for a short drum loop containing three sounds (kick drum, snare, hi-hat).

![Fig. 1. Phases of a cough sound showing explosive phase, intermediate phase, and decaying voiced phase.](image-url)

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The approach presented here builds on and refines the ISA approach for the purpose of cough event detection.

![Fig. 2. Illustration of ISA being applied to a short drum loop, highlighting the significant time-activation functions and corresponding frequency spectra of each drum.](image)

## II. Methodology

Many existing approaches to cough detection are trained in a manner that aims to achieve generalisation such that algorithms can correctly identify cough sounds in a wide variety of recording scenarios. While generalisation is desirable in detection algorithms, it may not be required to achieve satisfactory results when detecting the presence of repeating events in more constrained scenarios. In ambulatory cough recordings, the coughs present are likely to come from a single person, which presents an opportunity, namely the characteristics of the coughs to be detected in an audio recording are likely to share similar time-frequency domain features.

The algorithm proposed in this paper is designed to summarise an ambulatory recording, producing a number of short audio clips, each of which is likely to contain a cough event. Using SVD to analyse the spectrogram of an audio signal, a set of time-activation functions is produced which then undergoes independent component analysis (ICA). Together, SVD followed by ICA is known as independent subspace analysis (ISA). Significant peaks in these time-activation functions are then used as markers for candidate cough events since these peaks correspond to the presence of high variance events in the audio recording. Using a suitable threshold, candidate events can be marked and extracted from the input audio signal and presented to the clinician for further analysis and verification. The algorithm overview is illustrated in Figure 3 and a MATLAB implementation of the algorithm is available at [13].

![Fig. 3. Block diagram illustrating the process of the proposed algorithm. Further detail of each block in this process is presented in Section II of this paper.](image)

### A. Short-time Fourier transform

The first task of this algorithm is to compute the complex short-time Fourier transform (STFT) \( X \) of the input data \( x \). This is computed using (1).

\[
X(k, m) = \sum_{n=0}^{N-1} w(n)x(n + mH)e^{-j2\pi nk/N}
\]

where \( k \) is the discrete-frequency index, \( m \) is the hop number for the analysis window, \( N \) is the frame size (2048 samples), and \( H \) is the hop size (512 samples). A Hanning window is used for the window function \( w \), and the sampling frequency is 44.1 kHz. \( X(k, m) \) is evaluated for \( k = 0, ..., N/2 \) and the magnitude of these components are retained.

### B. Independent subspace analysis

SVD first decomposes the input matrix \( X \) into three matrices \( U, V, \) and \( S \), to identify subspaces in order of the variance they contribute towards the original data [19]. In the context of the magnitude spectrum \( X \), where columns contain the magnitudes of frequency content for a single analysis window, \( U \) are the frequency basis spectra and \( V \) are the corresponding time-activation functions. The outer product of each spectra and time-activation pair produces a subspace of the original input data, and the input data can be reconstructed using

\[
X = USV^T
\]

For this algorithm, the columns of \( V \) will act as time-activation functions for cough events in the input data \( X \), and only the first nine singular values are computed (determined experimentally to be optimal).

Figure 4 illustrates the input and output of SVD on an example magnitude spectrum. These pairs of frequency-basis spectra and time-activation functions \((U_1, U_2, V_1, V_1)\) both contribute towards reconstructing elements of both “sources” in the magnitude spectrogram. Ideally a single time-activation function would coincide with each single type of event has occurred, but in practice this is not the case. This can be overcome by applying ICA to the time-activation function to transform the decorrelated time-activations into statistically independent activation functions [20], [21]. This is the principle underlying ISA. In Figure 4 the plots on the right show the output of the ICA stage. The frequency-basis spectrum and time-activation function pair’s contributions towards reconstructing both sources in the input magnitude spectrum has decreased significantly.

### C. Time-activation selection and thresholding

Recall that in Section II-B the first nine singular values were computed. In determining which time-activation functions to retain, the kurtosis function \( k(v) \) is used,

\[
k(v) = \sum_{m=0}^{M-1} (V_{m,v} - \bar{V}_v)^4 / M \sigma_{V_v}^4
\]

where \( V_{m,v} \) is the \( m^{th} \) sample in \( v^{th} \) column of \( V \), \( \bar{V}_v \) and \( \sigma_{V_v} \) are mean and standard deviation of \( v^{th} \) column of \( V \),
When this ratio exceeds the detection tolerance criteria $\rho_{DTC}$, the detected event is labelled a TP, otherwise FP is declared,

$$D = \begin{cases} TP, & \text{if } \frac{d_{o}}{d_{dur}} > \rho_{DTC}, 0 < \rho_{DTC} \leq 1 \quad (4) \\ FP, & \text{otherwise} \end{cases}$$

where $D$ is a single detection and $\rho_{DTC} = 0.3$. Undetected annotated events are classed as false negatives (FN).

![Illustration of the ISA algorithm on a sample magnitude spectrum.](image)

The performance of this algorithm is quantified using the true positive ratio ($r_{TP}$) and the false positive rate ($R_{FP}$) ([24]),

$$r_{TP} = \frac{N_{TP}}{P} \quad R_{FP} = \frac{N_{FP}}{T_{dur}} \quad (5)$$

where $N_{TP}$ and $N_{FP}$ are the number of true and false positives, $P$ is the number of annotated cough events, and $T_{dur}$ is the duration of the signal being analysed.

### III. RESULTS AND DISCUSSION

The mean values for the true positive ratio, false positive rate, and summarised duration across all test signals are presented in Table II. These results were produced for each time-activation function. Activation function $c_1$ achieved the best performance in each metric across all mean values, suggesting this is the appropriate activation function to use. The increase in false positive rate with $c_2$ and $c_3$ suggests that these activation functions encapsulate features common to both cough and non-cough events after SVD. Table II highlights a best-case scenario which includes the metrics for each test signal and the associated activation function that achieved this result. For the majority of results, $c_1$ produced the best case which aligns well with the results respectively. When normalised, kurtosis is 0 for a Gaussian distribution, positive for a “peakier” or leptokurtic distribution, and negative for a “flatter” or mesokurtic distribution. Sparse events are likely to occur sporadically in the time-activation functions, meaning a majority of near-zero values, resulting in a leptokurtic distribution. The time-activation functions with the three highest kurtosis measurements are retained and rectified to produce three candidate time-activation functions $c_1$, $c_2$, and $c_3$, for further analysis.

Peaks in each time-activation function correspond to moments in the input signal where the contribution of the corresponding frequency-basis spectrum is greater. A threshold $\tau = a \sigma_c$ is applied to the candidate time-activation functions to identify peaks, where $\sigma_c$ is the standard deviation of $c$, and $a$ is a constant, with $4 < a < 8$.

Retained peaks from the candidate time-activation function are used to generate a summary of the input signal, where 1 s windows around each peak are extracted from the input signal and concatenated to produce the short summary of the input signal.

### D. Dataset and evaluation

The dataset used in evaluating the proposed algorithm was constructed from a number of publicly available cough, non-cough, and background sources collected from YouTube videos [22] and the DCASE 2016 Challenge [23]. Each test signal comprises 20 coughs produced by one individual and alternative foreground sounds (door knocks, table banging, speech, laughing, etc.). In total, 10 test signals were created with a duration of 10 minutes each. Instructions for reproducing these test signals, including annotations and URL links, can be accessed at [13].

The evaluation framework used here is adapted from [24], a framework for polyphonic sound-event detection which overcomes the limitations of collar-based event decisions and labelling subjectivity by annotators. True positive (TP) or false positive (FP) decisions rely on the degree of overlap with annotated events.

The overlap $t_o$ between an annotated event and detected event (see Figure 4) is measured and expressed as a ratio of a 500 ms window, based on the average duration of coughs presented in [25]. When this ratio exceeds the detection

![Illustration of the ISA algorithm on a sample magnitude spectrum.](image)

Fig. 5. Overlap between the time of a detected event $t_p$ and time of an annotated event $t_o$ is used to determine if a detected event is classified as a TP or FP. The overlap time $t_o$ is expressed as a ratio of a 500 ms window. When this ratio exceeds the detection tolerance criteria $\rho_{DTC}$ the detected event is marked as a TP.

The performance of this algorithm is quantified using the true positive ratio ($r_{TP}$) and the false positive rate ($R_{FP}$) ([24]),

$$r_{TP} = \frac{N_{TP}}{P} \quad R_{FP} = \frac{N_{FP}}{T_{dur}} \quad (5)$$

where $N_{TP}$ and $N_{FP}$ are the number of true and false positives, $P$ is the number of annotated cough events, and $T_{dur}$ is the duration of the signal being analysed.
from Table I. For signal #3 an #5, the activation functions that achieved the most desirable results are $c_3$ and $c_2$, respectively. Assuming that the appropriate time-activation functions are used, an improvement in the mean true positive ratio and false positive rate is observed.

### TABLE II

| #  | c   | $r_{TP}$(%) | $R_{FP}(min^{-1})$ | $T(min)$ |
|----|-----|-------------|--------------------|----------|
| 1  | 1   | 70          | 4.5                | 0.98     |
| 2  | 1   | 90          | 3.4                | 0.87     |
| 3  | 3   | 95          | 1.4                | 0.55     |
| 4  | 1   | 100         | 4.0                | 1        |
| 5  | 2   | 100         | 0.6                | 0.43     |
| 6  | 1   | 90          | 2.2                | 0.67     |
| 7  | 1   | 95          | 0.5                | 0.4      |
| 8  | 1   | 90          | 6.7                | 1.42     |
| 9  | 1   | 95          | 3.6                | 0.92     |
| 10 | 1   | 100         | 1.2                | 0.53     |
| Mean | 92.50 | 2.81 | 0.77 |

From the results presented here, ISA has shown to be a reliable method for detecting the presence of cough sounds in audio recordings. Referring to Table II it can be seen that the majority of cough sounds are accurately represented within a single time-activation function, $c_1$ in this case, which supports the use of kurtosis as a suitable statistical measure for determining which activation function to use to achieve the most desirable results. On average, kurtosis produces the best activation function to use as shown in Table II. The mean results can be improved by selecting the time-activation function containing the coughs manually. An automatic method of determining which activation functions could be used to complement this algorithm and improve overall results, as shown by the mean calculations in Table II.

### IV. Conclusions

Building on an approach used for automatically transcribing drum sounds, the proposed algorithm uses ISA for detecting the presence of an individual’s cough within audio recordings, reducing the human effort required by medical staff to identify cough events within long recordings.

An average true positive ratio of 76%, and a false positive rate of 2.85 false positives per minute was achieved, with a significant reduction in the duration of signals. This algorithm’s ability to detect cough sounds is evident, and a reduction in false positives will improve the overall performance. A solution to consider in future work utilizes multiple analysis windows during the SVD stage, taking advantage of the varying spectral characteristics observed during different phases of a single cough event. Also planned is a more detailed comparison against other state-of-the-art cough-detection approaches.

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