Fishery Dynamics, Status, and Rebuilding Based on Catch-Only Data in Coastal Waters of China

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China has become the largest contributor to marine fisheries in the world with its fishing fleets explosively increasing their fishing effort and resulting catch, but its fishery composition and sustainability have deteriorated. Limited information on fishery exploitation status encumbers effective resource management. In this study, a data-poor Monte Carlo method, the Catch-Maximum Sustainable Yield (CMSY) method, was used to estimate the historical exploited dynamics and current stock status of ten Chinese economic marine fish stocks, including *Trichiurus lepturus*, *Larimichthys crocea*, *Larimichthys polyactis*, *Thamnaconus modestus*, *Scomberomorus niphonius*, *Ilisha elongate*, *Decapterus maruadsi*, *Scomber japonicus*, *Engraulis japonicus*, and *Clupea pallasii*, which accounted for about 50% of total fish catches in the coastal waters of China and covered five functional groups (i.e., large, medium benthopelagic, large, medium, and small pelagic). Species *L. crocea* and *L. polyactis* had been subjected to overfishing since the 1950s. The others showed a decreasing trend in biomass along with the explosively increasing fishing efforts since the 1990s. Benthopelagic fish experienced overfishing pressure about a decade earlier than pelagic species. All the fish stocks investigated in this study were depleted (current biomass lower than the biomass capable of producing maximum sustainable yields, i.e., $B < B_{msy}$) in 2019, and most species were still facing high-fishing pressure (current fishing mortality higher than the mortality capable of producing maximum sustainable yields, i.e., $F > F_{msy}$). Also, a Schaefer model was used to assess stocks rebuilding status until 2030 under four exploitation scenarios, i.e., fishing mortality equals 0.5, 0.6, 0.8, or 0.95 times $F_{msy}$. Most species stocks will likely recover to the $B_{msy}$, which indicates that reduction of fishing pressure is probably the most effective way for fishery recovery.

Keywords: data-poor method, CMSY, stock assessment, Chinese coastal fisheries, fishery rebuilding, fishery protection
INTRODUCTION

Overfishing has altered structures of fish population (Zhang W. et al., 2019) and caused the continual decline of global fisheries (Link and Watson, 2019). The total fishing vessel power in China had incredibly increased from 0.02 × 10^6 kW in 1951 to 140 × 10^6 kW in 2017 (Ministry of agriculture of China, 2017), which contributed to the highest marine fishery catches in the world (Cao et al., 2015; FAO, 2016). However, the aggravating fishing pressure has imposed a significant impact on fish stocks (Shan et al., 2011, 2013; Zhang W. et al., 2019) and changed fishery composition (Li et al., 2011; Shan et al., 2013). For example, the catch per unit effort (CPUE) in the Bohai Sea in 2011 (3.62 kg·haul⁻¹·h⁻¹) has dropped to 0.86% of that in 1959 (421.66 kg·haul⁻¹·h⁻¹) (Shan et al., 2013; Zhang W. et al., 2019), and the dominant species had been altered from the high-valued and large-sized species, e.g., largehead hairtail Trichiurus lepturus, to the species in lower trophic level, such as Scaly hairfin anchovy Setipinna taty and Japanese anchovy Engraulis japonicus. In the Yellow Sea and the East China Sea, CPUE has reduced 46.7% from 1991 (73.54 kg·haul⁻¹·h⁻¹) to 2000 (39.19 kg·haul⁻¹·h⁻¹), accompanied by miniaturization and early maturing of catch species (Cheng and Yu, 2004; Li et al., 2011). In the South China Sea, overfishing was the main driver that led to the biomass declination of fishery resources (Zhang W. et al., 2019) and even to the extinction of some coral reef fishes (Arai, 2015).

Fisheries can be managed effectively when understanding the population exploited status through the stock assessment (Demirel et al., 2020). Comprehensive stock assessments based on biological characteristics (e.g., life history and age) have been implemented in some developed countries for many fishes, and specific requirements for rebuilding fisheries have been proposed (Ricard et al., 2012; Free et al., 2020). For example, the Common Fisheries Policy (CFP) of the European Union has become a basic legally binding regulation (Froese et al., 2017), which explicitly required that the biomass (B_2019) of all commercially developed fish stocks should be rebuilt above the level at which the biomass is capable of producing the best maximum sustainable yields (B_{msy}) by 2020. Even so, the majority of fish stocks in other parts of the world remain unassessed (Costello et al., 2012), which hindered the development of species-specific management. For example, the Mediterranean and Black Seas were generally classified as “fishery data-poor regions” due to unavailable landing yields, insufficient biological data, and lack of stock assessment (Demirel et al., 2020). Similarly in China, fishery resources are still poorly managed due to a lack of effective data accumulation.

The Monte Carlo Catch-Maximum Sustainable Yield (CMSY) method is a data-poor and low-cost assessment approach that relies on less input, including time-series data of catch, maximum intrinsic rate of population increase (r), and the ratio of biomass to carrying capacity (B/k) at the beginning and the end of the time series. The current biomass status (B_{end}/B_{msy}) and remaining level of exploitation (F_{end}/F_{msy}) obtained from CMSY provide references to promote effective management toward fishery sustainability and useful information for the recovery of the overexploited stocks (Martell and Froese, 2013; Froese et al., 2017). In Europe, CMSY indicated that 69% of the stocks were suffering from overfishing when evaluating the current status and exploitation patterns of fisheries based on catch data since 2000. However, by reducing 40–50% fishing efforts, nearly 80% of stocks could rebuild in 10 years with higher catches than currently obtained (Froese et al., 2018). Demirel et al. (2020) examined the exploitation levels of 34 species utilizing CMSY analyses in the Black Sea and the Mediterranean Sea and proposed that 85% of them were overfished. They also estimated the stock rebuilding time under four varying scenarios and suggested more than 60% of the populations could recovery by 2032 under the scenario of fishing mortality (F) equals 0.5 F_{msy} (the fishing mortality capable of producing maximum sustainable yields).

In this study, based on the time-serial catch data extracted from China Fishery Statistical Yearbook, ten coastal economic fish species, accounting for approximate 50% of Chinese total domestic landing catch (Ministry of agriculture of China, 2019), were selected to estimate their historical dynamics using the CMSY model, including T. lepturus, large yellow croaker Larimichthys crocea, small yellow croaker Larimichthys polynectis, black scraper Thamnaconus modestus, Japanese Spanish mackerel Scomberomorus niphonius, Elongate ilisha Ilisha elongate, Japanese scad Decapterus maruadsi, Pacific chub mackerel Scomber japonicus, E. japonicus, and Pacific herring Clupea pallasii. These species included top predators, middle carnivores, omnivores, and plankton feeders, which covered the large benthopelagic, medium benthopelagic, large pelagic, medium pelagic, and small pelagic groups of species. Then, the reference points for management such as MSY, current exploited status (B_{2019}/B_{msy}), and remaining level of exploitation (F_{2019}/F_{msy}) of these species were modeled. Finally, the fishery rebuilding trajectories under different exploitation scenarios, i.e., fishing mortality equals 0.5, 0.6, 0.8, or 0.95 times mortality capable of producing maximum sustainable yields (0.5 F_{msy}, 0.6 F_{msy}, 0.8 F_{msy}, or 0.95 F_{msy}), were projected. We hope this work could help giving recovery opinions to sustainable fishery management.

MATERIALS AND METHODS

Data Sets

All the data for the analysis were extracted from China Fishery Statistical Yearbooks (Ministry of Agriculture of China, 1956–2019) and were shown in Supplementary Table 1. More than 30-year catch data were selected to improve the model performance (Table 1).

Catch-Maximum Sustainable Yield Modeling

Using the maximum intrinsic rate of population increase (r), catch data, and stock status (B/k) at the beginning year and the
end year as a prior input, CMSY based on the Monte Carlo approach estimates fishery reference indices, including viable r-k (maximum intrinsic rate of population increase and carrying capacity) and fishery reference points for management (e.g., MSY, B\textsubscript{msy}, F\textsubscript{msy}, and F\textsubscript{2019}/F\textsubscript{msy}). Values of r (Table 1) were obtained from FishBase\(^1\) or estimated by the empirical equation (Froese et al., 2017):

\[ r \approx 2M \approx 2F_{msy} \approx 3K \approx 3.3/t_{gen} \approx 9/t_{max} \]  \hspace{1cm} (1)

where, r is maximum intrinsic rate of population increase, M is natural mortality, \( F_{msy} \) is fishing mortality at the maximum sustainable yields, \( K \) is von-Bertalanffy somatic growth rate, \( t_{gen} \) is generation time, and \( t_{max} \) is the maximum age. CMSY requires “expert” prior information of biomass consumption (i.e., very low, low, medium, strong, and very strong depletion) specified at the beginning and end of the time series and also the relative biomass range suggested by Froese et al. (2017) and CMSY User Guide\(^2\). In this study, given the low total power of fishing boats before the mid-1980s (Supplementary Table 1), the depletion status of each species at the start year was defined as “very low depletion” (prior \( B/k \) range: 0.8–1.0), except values of \( L. \) \textit{crocea} and \( L. \) \textit{polyactis} directly from relevant studies (Cheng and Fan, 2001; Zhuang, 2006; Liu and De Mitcheson, 2008). The prior ranges of \( B/k \) at the end year of the time series of all the species were cited from previous stock assessments in Chinese coastal waters (Cheng and Yu, 2004; Wang et al., 2004, 2016; Ling et al., 2006; Liu and De Mitcheson, 2008; Shan et al., 2013; Liang and Pauly, 2017; Zhai and Pauly, 2019). The Catch-Maximum Sustainable Yield method determines the prior range of k by Equation (2) for lower relative biomass or Equation (3) with higher biomass in the end year (Froese et al., 2017):

\[ k_{low} = \frac{\text{max}(C)}{r_{high}} \text{ and } k_{high} = 4 \max(C)/r_{low} \]  \hspace{1cm} (2)

\[ k_{low} = 2 \max(C)/r_{high} \text{ and } k_{high} = 12 \max(C)/r_{low} \]  \hspace{1cm} (3)

where, \( k_{low} \) and \( k_{high} \) are the lower and upper bounds for \( k \) respectively, \( \max(C) \) is the recorded maximum catch, and \( r_{low} \) and \( r_{high} \) are the bounds for prior r values.

The r-k pairs from the prior input were randomly selected in the first year to predict biomass in subsequent years along the time series using Equation (4) (Schaefer, 1954):

\[ B_{t+1} = B_t + r(1 - B/k)B_t - C_t \]  \hspace{1cm} (4)

where, \( B_t \) is biomass in year \( t \), \( r \) is the maximum intrinsic rate of population increase, \( k \) is carrying capacity, and \( C_t \) is a catch in year \( t \). When \( B_{t+1} \) is not smaller than 0.01 \( k \) and the predicted value of final biomass falls into the prior range, the corresponding r-k pair is feasible and can be retained. CMSY will subsequently calculate the MSY, \( B_{msy} \), \( F_t \), and \( F_{msy} \) using Equations (5–8) (Schaefer, 1954; Ricker, 1975):

\[ MSY = r \times k/4 \]  \hspace{1cm} (5)

\[ B_{msy} = k/2 \]  \hspace{1cm} (6)

\[ F_t = C_t/k \]  \hspace{1cm} (7)

\[ F_{msy} = -\ln(1 - MSY/B_{msy}) = r/2 \]  \hspace{1cm} (8)

**Fisheries Rebuilding**

Based on the estimates of \( B_{2019}, B_{msy}, F_{2019}, \) and \( F_{msy} \) by CMSY, a Schaefer model was used to assess stock rebuilding status until 2030. The time needed for rebuilding fisheries to the level of \( B_{msy} \) was calculated by Equation (9) (Quinn and Deriso, 1999):

\[ \Delta t = \frac{1}{(2F_{msy} - F)} \ln \left( \frac{B_{msy}/B_{2019} (1 - F/2F_{msy}) - 1}{2 (1 - F/2F_{msy}) - 1} \right) \]  \hspace{1cm} (9)

where, \( \Delta t \) is the time consumption, \( B_{msy} \) and \( F_{msy} \) are the biomass and fishing pressure that could produce MSY, \( B \), and \( F \) as the biomass and fishing pressure at the last year.

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**Table 1** | The prior range for \( r \) and \( B/k \) and other information of the investigated stocks in China.

| Species | Feeding habit | Functional group | Time series | Resilience | Prior r range | \( B/k \) at start year | \( B/k \) at end year |
|---------|---------------|------------------|-------------|------------|---------------|------------------------|---------------------|
| Trichiurus lepturus | Top predator | Large benthopelagics | 1977–2019 | Medium | 0.53–1.20\(^4\) | 0.8–1.0 | 0.01–0.4\(^6\) |
| Larimichthys crocea | Middle carnivores | Medium benthopelagics | 1980–2019 | Medium | 0.20–0.45\(^3\) | 0.4–0.8 | 0.01–0.4 \(^4,8\) |
| Larimichthys polystictus | Middle carnivores | Medium benthopelagics | 1978–2019 | Medium | 0.37–0.85\(^5\) | 0.1–0.4 \(^5\) | 0.2–0.6 \(^6\) |
| Thamnacorus modestus | Plankton feeder | Medium benthopelagics | 1980–2019 | Medium | 0.60–1.50\(^2\) | 0.8–1.0 | 0.01–0.4\(^9\) |
| Scomberomorus niphonius | Top predator | Large pelagics | 1977–2019 | Medium | 0.37–0.85\(^1\) | 0.8–1.0 | 0.01–0.4\(^6\) |
| Ilitha elongata | Omnivores | Medium pelagics | 1960–2019 | Medium | 0.58–1.32\(^1\) | 0.8–1.0 | 0.01–0.4 \(^10,11\) |
| Decapterus maruadsi | Middle carnivores | Small pelagics | 1980–2019 | High | 0.60–1.50\(^2\) | 0.8–1.0 | 0.2–0.6 \(^6,7\) |
| Scomber japonicus | Middle carnivores | Medium pelagics | 1980–2019 | Medium | 0.32–0.73\(^1\) | 0.8–1.0 | 0.2–0.6 \(^6,7\) |
| Engraulis japonicus | Plankton feeder | Small pelagics | 1989–2019 | High | 0.78–1.76\(^1\) | 0.8–1.0 | 0.01–0.4 \(^6,7\) |
| Clupea pallasi | Plankton feeder | Medium pelagics | 1989–2019 | Medium | 0.37–0.84\(^1\) | 0.8–1.0 | 0.01–0.4 \(^12\) |

\(^1\)Referred from FishBase (www.fishbase.org); \(^2\)Froese et al., 2017; \(^3\)Cheng and Fan, 2001; \(^4\)Liu and De Mitcheson, 2008; \(^5\)Zhuang, 2006; \(^6\)Zhai and Pauly, 2019; \(^7\)Liang and Pauly, 2017; \(^8\)Ling et al., 2006; \(^9\)Cheng and Yu, 2004; \(^10\)Wang et al., 2016; \(^11\)Wang et al., 2004; and \(^12\)Shan et al., 2013.
The biomass in the next year \( B_{t+1} \) was calculated by Equations (10, 11) from the Schaefer model (Schaefer, 1954):

\[
B_{t+1}/B_{\text{msy}} = \frac{B_t}{B_{\text{msy}}} + \frac{2F_{\text{msy}}}{\text{msy}} \left( 1 - \frac{B_t}{2B_{\text{msy}}} \right) - \frac{B_t}{B_{\text{msy}}} F_t; \quad B_{t+1}/B_{\text{msy}} \geq 0.5
\]
\[
B_{t+1}/B_{\text{msy}} = \frac{B_t}{B_{\text{msy}}} + \frac{2F_{\text{msy}}}{\text{msy}}B_t/B_{\text{msy}} \left( 1 - \frac{B_t}{2B_{\text{msy}}} \right) - \frac{B_t}{B_{\text{msy}}} F_t; \quad B_{t+1}/B_{\text{msy}} < 0.5
\]

Four future exploitation scenarios were used to predict the stock rebuilding status until 2030: (1) \( 0.5 \) \( F_{\text{msy}} \), i.e., no fishing when biomass was lower than 0.5 \( B_{\text{msy}} \) (\( B < 0.5 \)); otherwise, the fishing mortality \( F \) equaled 0.5 \( F_{\text{msy}} \) (\( F = 0.5 \) \( F_{\text{msy}} \)). (2) 0.6 \( F_{\text{msy}} \), i.e., \( F = 0.6 \) \( F_{\text{msy}} \) when \( B \geq 0.5B_{\text{msy}} \); otherwise, \( F \) was linearly reduced to 0 along with the decrease in biomass when \( B < 0.5 \) \( B_{\text{msy}} \). The reduction in the fishing mortality \( F_{\text{reduced}} \) was calculated in Equation (12) (Froese et al., 2018):

\[
F_{\text{reduced}} = \frac{2B_t}{B_{\text{msy}}} F
\]

(3) 0.8 \( F_{\text{msy}} \) exploitation scenario, \( F = 0.8 \) \( F_{\text{msy}} \) when \( B \geq 0.5 \) \( B_{\text{msy}} \); otherwise, \( F \) was also linearly reduced. (4) 0.95 \( F_{\text{msy}} \) exploitation scenario, \( F = 0.95 \) \( F_{\text{msy}} \) in any cases.

The change of stock biomasses and fishing catches along with rebuilding times under four exploitation scenarios was projected and presented. The catch in 2019 served as the starting year of the prediction trajectory, and the fishing pressure in 2019 was used to calculate the biomass and catches for 2020–2021. Then, resource recovery times until 2030 were predicted under these four exploitation scenarios.

All the analyses were executed in R (R Development Core Team, 2020). CMSY R codes were downloaded from http://oceanrep.geomar.de/34476/ and revised accordingly.

RESULTS

Model Diagnostics and Prior-Posterior Variance Ratio

The model diagnostics and prior-posterior variance ratios for \( T. \lepturus \), \( L. \crocea \), \( I. \ elongata \), and \( E. \ japonicus \) were selected as the surrogates of top predators, middle carnivores, omnivores, and plankton feeders, respectively, and shown in Supplementary Figures 1, 2. Diagnostics present a good fitting for all species, with the relative lower prior-posterior variance ratio (PPVR) of key parameters, indicating that the posterior knowledge is more improved relative to prior knowledge.

Historical Exploitation Dynamics

The historical exploitation dynamics of the ten species were presented as catches, relative biomass to the biomass capable of producing maximum sustainable yields \( (B/B_{\text{msy}}) \), and relative fishing mortality to the mortality capable of producing maximum sustainable yields \( (F/F_{\text{msy}}) \) (Figure 1). The \( F/F_{\text{msy}} \) of two benthopelagic species, i.e., \( T. \lepturus \) and \( T. \ modestus \), increased sharply since the mid-1980s, with drastic changes in catches, and then \( B/B_{\text{msy}} \) began to decline rapidly, with the catches reaching MSY in 1998 and 1985, respectively. Six pelagic species \( S. \ niphonius \), \( I. \ elongata \), \( D. \ maruadsi \), \( S. \ japonicus \), \( E. \ japonicus \), and \( C. \ pallasi \) showed similar patterns with \( T. \ lepturus \) and \( T. \ modestus \), but the timeline has been pushed back by the mid-1990s. The historical exploitation records documented that \( L. \ crocea \) had been overfished \( (F > F_{\text{msy}}) \) since the beginning of records and showed no signs of recovery so far. Species \( L. \ polyactis \) sustained three stages, namely, overexploited at the beginning with biomass depletion \( (B < B_{\text{msy}}) \), a contemporary recovery to some extent, and a continuously decline as a result of re-enhanced fishing pressure (Figure 1).

Fisheries Reference Points for Management and Current Status

The maximum intrinsic rate of population increase \( (r) \) ranged from 0.24 of \( L. \ crocea \) to 1.29 of \( E. \ japonicus \). Environmental carrying capacity \( (k) \) ranged from 203 \( \times \) \( 10^3 \) metric tons of \( C. \ pallasi \) to 5,151 \( \times \) \( 10^3 \) metric tons of \( T. \ lepturus \). All species had fewer catches in 2019 than MSY (Table 2). Clupea \ pallasi \ had the lowest \( B_{2019}/B_{\text{msy}} \) (0.19) value, while \( D. \ maruadsi \) had the highest (0.95). The \( F_{2019}/F_{\text{msy}} \) ranged from 0.79 of \( D. \ maruadsi \) to 5.64 of \( C. \ pallasi \), with the fishing mortalities for seven species of the ten were higher than \( F_{\text{msy}} \). The Kobe plot (Figure 2) based on the relationship between current exploited status \( (B_{2019}/B_{\text{msy}}) \) and the remaining level of exploitation \( (F_{2019}/F_{\text{msy}}) \) showed that seven fish species, i.e., \( T. \ lepturus \), \( T. \ modestus \), \( S. \ niphonius \), \( I. \ elongata \), \( S. \ japonicus \), \( E. \ japonicus \), and \( C. \ pallasi \), were in the red area \( (B_{2019} < B_{\text{msy}} \) and \( F_{2019} > F_{\text{msy}} \) ), indicating overexploited stocks that were suffering overfishing. \( C. \ pallasi \) was in the worst condition, followed by \( T. \ modestus \), \( D. \ maruadsi \), \( L. \ crocea \), and \( L. \ polyactis \) were in the yellow area, indicating the recovering of overexploited stocks from reduced fishing pressure (Figure 2).

Fisheries Rebuilding and Catch Changes

Under the four future predictive exploitation scenarios, most Chinese coastal fisheries show more or less recovery of biomass by 2030, and the catches are rising to similar or even higher than they were in 2019 (Table 3 and Supplementary Figure 1). Two species, \( T. \ lepturus \) and \( I. \ elongata \) were selected as the surrogates of carnivores and omnivores, respectively, to show the fishery rebuilding trajectories and catch changes (Figure 3A, other species were shown in Supplementary Figure 1). The fastest biomass recovery rate was found under the scenario of 0.5 \( F_{\text{msy}} \). Nine of the species would likely rebuild the optimum status \( (B_{2030} > B_{\text{msy}}) \) by 2030. Under the 0.95 \( F_{\text{msy}} \) scenario, the biomasses of only four species would likely reach the \( B_{\text{msy}} \). The recovery of stock biomasses under both 0.6 \( F_{\text{msy}} \) and 0.8 \( F_{\text{msy}} \) scenarios was intermediate, among which 0.6 scenario was faster. For catch changes, species \( T. \ lepturus \), \( S. \ niphonius \), and \( I. \ elongata \) would increase the most under the scenario of 0.8 \( F_{\text{msy}} \) by 2030, while \( L. \ crocea \), \( L. \ polyactis \), \( D. \ maruadsi \), \( S. \ japonicus \), and \( E. \ japonicus \) increase the most under the scenario of 0.95 \( F_{\text{msy}} \) (Table 3). The fishery rebuilding trajectories and catch changes of
FIGURE 1 | Time-serial stock exploitation dynamics of ten Chinese commercial fishes extracted from Catch-Maximum Sustainable Yield (CMSY) method. Dashed line indicated the maximum sustainable yield (MSY), the dotted line signified that the biomass/fishing mortality is capable of producing the best maximum sustainable yields (i.e., $B/B_{\text{msy}} = 1$ or $F/F_{\text{msy}} = 1$), the green line signified the relative biomass to the biomass capable of producing maximum sustainable yields ($B/B_{\text{msy}}$), and the red line indicated the relative fishing mortality to the mortality capable of producing maximum sustainable yields ($F/F_{\text{msy}}$).
two plankton feeders *T. modestus* and *C. pallasii* were different from other species. Under the scenario of 0.95 $F_{\text{msy}}$ by 2030, the biomass of both species will likely be degenerating instead of recovering (Table 3 and Figure 3B).

### DISCUSSION

#### Model Fitting

The China Fishery Statistical Yearbook serves as a record of the overall capture of the national fishery but contains only catch data that can be used for resource assessment. As an assessment approach relies on less input, CMSY has been proved to have a good evaluation effect, and its estimated parameters can match well with Schaefer, Fox, and BSM models (Ji et al., 2019; Angelini et al., 2021). In this study, the $r$-$k$ pairs predicted by CMSY were found to be compatible with the catches and the prior information, with the most likely $r$-$k$ pair and confidence limits in the range of the priors. The equilibrium curve predicted by CMSY also showed good fitting with the Schaefer equilibrium curve (Supplementary Figure 1). In addition, a common misconception of Bayesian analyses is that the priors determine the results. The comparison of prior and posterior densities showed the PPVR were very low (Supplementary Figure 2); the lower the PPVR, the more the posterior knowledge is improved relative to prior knowledge, indicating the good performance of CMSY constructed in this study.

#### Historical Exploitation Dynamics of Species

Except *L. crocea* and *L. polyactis*, the fisheries of the other eight fish species were all good, and the catches were low before the 1990s. Then, the catches increased rapidly, and the stocks continued to decline. The total power of domestic marine fishing vessels had increased by $2 \times 10^6$ kW from the 1950s to 1980s and continued to increase rapidly by about $12 \times 10^6$ kW in the following 20 years, which led to the continuous increase in the total catch but decline in CPUE (Ministry of Agriculture of China, 1956–2019). This was the key factor accounting for most fisheries declination since the 1990s in Chinese coastal waters. CMSY indicated that although these eight species showed similar dynamic changes in biomass and catches, benthopelagic species *T. lepturus* and *T. modestus* experienced a sharp increase
in fishing pressure about 10 years earlier than pelagic species *S. niphonius*, *I. elongata*, *D. maruadsi*, *S. japonicus*, *E. japonicus*, and *C. pallasii*. This was most possibly correlated with when bottom trawling, gill netting, and seine netting were widely used in coastal waters of China. Bottom trawling catches demersal organisms, while seine nets and gill nets mainly catch pelagic fish. In 1985, the domestic catch of trawls was only $1.39 \times 10^6$ metric tons, but it had increased 2.86 times to $5.36 \times 10^6$ metric tons by 1995. During the same period, the catches of seine nets and gill nets only increased from $0.96 \times 10^6$ to $1.82 \times 10^6$ metric tons (Ministry of Agriculture of China, 1985–1995). The wide use of bottom trawls seriously damaged seabed habitats and diminished benthic fish populations such as *T. lepturus* and *T. modestus* (McConnaughey et al., 2019). Then, from 1995 to 2005, the total catch of seine nets and gill nets increased continuously from $1.82 \times 10^6$ to $3.35 \times 10^6$ metric tons (Ministry of Agriculture of China, 1995–2005), and the spreading use of seine nets and gill nets correlated with the decline of the pelagic fish stocks.

Traditional economic species, large yellow croaker *L. crocea* and small yellow croaker *L. polyactis*, were caught by non-mechanical boats before the 1950s (Zhuang, 2006). For example, the relative biomass *L. polyactis* in the first documented year ($B_{1956} / B_{msy} = 0.34$) had already exceeded the safe biological limit ($B / B_{msy} = 0.5$, Demirel et al., 2020; Froese et al., 2018). This status lasted until the implementation of summer fishing banning in the 1990s. *L. polyactis* spawns from February to April (Lin, 2009). Summer fishing banning (May to August) ensures the survival of juveniles from commercial catches, which effectively support population supplement and stock restoration. In the East China Sea, yields of this fish increased significantly after the 1990s and peaking at $160 \times 10^3$ metric tons in 2000 (Zhuang, 2006). However, its population structure did not improve in the short term. According to the field survey data, the minimum length of maturity ($L_{50}$) of this species changed from 152.8 mm in 1960 to 105.3 mm in 2003 in the Bohai Sea and 184.4 mm in 1960 to 110.1 mm in 2010 in the Yellow Sea (Li et al., 2011). With increasing fishing pressure in recent years, the biomass of *L. polyactis* has gradually declined again due to its fragile population structure. For *L. crocea*, large-scale fishing operations such as a knock on the boats (by knocking the bamboo pole on the wooden boats, to send out a huge sound wave into the sea, causing otolith resonance of *L. crocea*, and resulting in its coma and death) were carried out in their spawning grounds and feeding grounds before the mid-1960s, which diminished its stocks in Zhoushan fishing ground, Zhenan fishing ground, and Mindong fishing ground (Zhang Q. et al., 2017). Then, in the mid-1970s, a large number of *L. crocea* were captured in the overwintering grounds such as Jiangwai fishing ground and Zhouwai fishing ground, and the catch reached the highest record in history, which also caused the serious depletion of its population (Zheng et al., 2013). As an important measure to restore its fishery, Fujian Province carried out the first artificial propagation and releasing with an average total length of 93.1 mm in 1987 combined with the implementation of the fishing banning in the 1990s, which facilitated its gradual stock recovery (Zhang et al., 2010). However, the age structure of the *L. crocea* population is complex, and the maximum age is up to 30 years. In addition, the slow growth and weak stock renewal ability are the main reasons for its slow fishery recovery (Zhuang, 2006; Zheng et al., 2013).

**Table 3**

| Species                     | $B_{2030}/B_{msy}$ | $C_{2030}/MSY$ |
|-----------------------------|--------------------|----------------|
| **0.5**                     | 0.6                | 0.8            | 0.95 | 0.5    | 0.6    | 0.8    | 0.95 |
| *Trichiurus lepturus*       | 1.48               | 1.33            | 1.11 | 0.76   | 0.76   | 0.82   | 0.92 |
| *Larimichthys crocea*       | 1.18               | 1.09            | 0.96 | 0.85   | 0.60   | 0.67   | 0.79 |
| *Larimichthys polyactis*    | 1.50               | 1.40            | 1.20 | 1.06   | 0.77   | 0.86   | 0.99 |
| *Thamnacronus modestus*     | 1.23               | 0.94            | 0.76 | 0.24   | 0.64   | 0.59   | 0.63 |
| *Scomberomorus niphonius*   | 1.40               | 1.23            | 1.03 | 0.73   | 0.72   | 0.76   | 0.85 |
| *Ilisha elongata*           | 1.49               | 1.37            | 1.16 | 0.85   | 0.75   | 0.83   | 0.94 |
| *Decapterus maruadsi*       | 1.52               | 1.42            | 1.22 | 1.07   | 0.78   | 0.87   | 1.00 |
| *Scomber japonicus*         | 1.47               | 1.38            | 1.18 | 1.04   | 0.75   | 0.85   | 0.97 |
| *Engraulis japonicus*       | 1.50               | 1.40            | 1.20 | 1.05   | 0.77   | 0.86   | 0.98 |
| *Clupea pallasi*            | 0.79               | 0.52            | 0.42 | 0.06   | 0.39   | 0.30   | 0.30 |

*$B_{2030}$, biomass in 2030; $B_{msy}$, biomass capable of producing maximum sustainable yield; $C_{2030}$, catch in 2030; MSY, the maximum sustainable yield.

**Fisheries Current Exploitation Status**

In 2019, all the species were strongly depleted in biomass ($B_{2019} < B_{msy}$) due to overfishing. Except for *L. crocea*, *L. polyactis*, and *D. maruadsi*, the others were still under higher fishing mortality ($F_{2019} > F_{msy}$), which possibly lead to a further decline in stocks. This corroborates the results proposed in other regional stock assessments or fishery surveys in coastal waters of China (Zhang K. et al., 2017; Zhang C. et al., 2019; Liang and Pauly, 2020). For example, Zhai and Pauly (2019) and Zhai et al. (2020) proposed that *S. niphonius* was grossly overfished ($B_{2013}/B_{msy} = 0.48$) in the East China Sea in 2013, and *L. polyactis* and *E. japonicus* were grossly overfished ($B_{2018}/B_{msy} = 0.42$) and overfished ($B_{2018}/B_{msy} = 0.71$) in 2018, respectively. In the coastal waters of China, the status for the *D. maruadsi* and *S. japonicus* was evaluated as slightly overfished ($B_{2014}/B_{msy} = 0.83$) and overfished ($B_{2017}/B_{msy} = 0.70$) in 2014 and 2017, respectively (Liang et al., 2020). While it may be due to differences in the conducted time and sea area that cause $B/B_{msy}$ and $F/F_{msy}$ in these studies to differ slightly from our results, it does not change the indisputable fact that overfishing has contributed to the
FIGURE 3 | The predicted stock recoveries under four exploitation scenarios (2020–2030), i.e., fishing mortality equals 0.5, 0.6, 0.8, or 0.95 times mortality capable of producing maximum sustainable yields (0.5 F_{msy}, 0.6 F_{msy}, 0.8 F_{msy}, or 0.95 F_{msy}). The left panels show the recovery trends of the relative biomasses, i.e., ratios of biomass to the biomass capable of producing maximum sustainable yields (B/B_{msy}); the right panels show the predicted catch trajectories under the different scenarios. (A) T. lepturus and I. elongata were selected to show the fishery rebuilding trajectories and catch changes; (B) T. modestus and C. pallasii will likely be degenerating under the scenario of 0.95.
decline of fishery resources in the coastal waters of China. In addition, in the Bohai Sea, *T. lepturus*, *C. pallasii*, and *I. elongate* had been locally extinct in 2011 (Shan et al., 2013). At the same time, the high-trophic species *T. modestus* exhibited an obvious decreasing trend in the northern East China Sea and suffered a significant resources decline since 2000 (Cheng and Yu, 2004). Based on fishery survey in Fujian Province in 2011, the dominant body length of *L. crocea* was 110–150 mm ($L_\infty = 385$ mm), and the exploitation rate was 0.8, suggested the obvious individual miniaturized and serious resource decline (Ye et al., 2012).

**Fisheries Rebuilding and Managements**

Excessive exploitation had resulted in both declinations of marine catches and economic values simultaneously of Chinese coastal fisheries (Zhai and Pauly, 2019). Therefore, not only could the rebuilding of fishery stocks improve the structures and functions of the ecosystems but also help to increase catches and fishery profitability. Under the four future exploitation scenarios ($F = 0.5$ $F_{msy}$, $0.6$ $F_{msy}$, $0.8$ $F_{msy}$, and $0.95$ $F_{msy}$), scenario $0.5$ $F_{msy}$ was the fastest way. All fish species except *C. pallasii* had likely reached $B_{msy}$ in 2030 ($B_{2030} = B_{msy}$). On the other hand, scenario $0.95$ $F_{msy}$ was the slowest way, and only four fish species, including *L. polyactis, D. maruadsi, S. japonicus*, and *E. japonicus*, could likely recover to the $B_{msy}$ by 2030. Although the species recovery on biomass at $0.8$ $F_{msy}$ and $0.95$ $F_{msy}$ was slower, it would increase the catches compared with $0.5$ $F_{msy}$ and $0.6$ $F_{msy}$ (Supplementary Figure 5). The fishery rebuilding can be adjusted flexibly according to management objectives. For example, if 2030 is taken as the cut-off year for fish stocks to be rebuilt above that can produce the maximum sustainable yield ($B > B_{msy}$), *T. lepturus, S. niphonius*, and *I. elongate* can choose $0.8$ $F_{msy}$ exploitation scenario; *L. polyactis, D. maruadsi*, and *E. japonicus* can be $0.95$ $F_{msy}$; *L. crocea* can be $0.6$ $F_{msy}$; *T. modestus* and *C. pallasii* can be $0.5$ $F_{msy}$.

The time needed for rebuilding their fisheries to the level of $B_{msy}$ is different. According to Equations (10, 11), the fisheries biomass in the next year ($B_{t+1}$) is mainly related to the current biomass ($B_t$), the fishing pressure that could produce MSY ($F_{msy}$), and the current fishing pressure ($F_t$). Under future exploitation scenarios, $F_t$ has a linear relationship with $F_{msy}$ (i.e., $F_t = 0.5$ $F_{msy}$, $0.6$ $F_{msy}$, $0.8$ $F_{msy}$, and $0.95$ $F_{msy}$), so $B_{t+1}/B_{msy}$ is only related with $B_t/B_{msy}$ and $F_{msy}$. As Equation (8) shows, $F_{msy}$ is twice as much as the maximum intrinsic rate of population increase ($r$); thus, the different recovery rates among ten stocks are related to the biomass status in the initial year ($B_{2019}$) and species-specific $r$. For example, the less damage to the $B_{2019}$, the better the recovery of the $B_{2030}$ (as illustrated by *L. polyactis vs. S. niphonius*), and the bigger the $r$, the faster the stock's recovery (as illustrated by *T. lepturus vs. S. niphonius*). According to Equation (1), many factors affect $r$, such as von-Bertalanffy somatic growth rate ($k$), reproductive strategy ($r-k$ selection), generation time ($t_{gen}$), and maximum age ($t_{max}$). Species with higher $r$ such as *D. maruadsi* ($r = 1.11$) and *E. japonicus* ($r = 1.29$) both mature early and have a short generation time ($t_{gen} < 1.25$ year) to double population size (FishBase, see text footnote 1), while the stock of *L. crocea* with the smallest $r$ has a more complex population structure and bigger $t_{max}$ ($t_{max} = 30$ years, Zheng et al., 2013; Zhuang, 2006).

The cases of *T. modestus* and *C. pallasii* deserved cautious attention and alert vigilance. Our fisheries rebuilding results implied that fish with severe biomass depletion might recover more slowly. Moreover, these stocks even further declined under $0.95$ $F_{msy}$ scenario. Many managers take $F = F_{msy}$ as the best fishing pressure for fisheries exploitation and rebuilding (Demirel et al., 2020), but our results demonstrated that this fishing level did not have any positive effect on fisheries rebuilding for *T. modestus* and *C. pallasii*. The relative biomass of *T. modestus* and *C. pallasii* in 2019 ($B_{2019}/B_{msy}$) both exceeded the safe biological limits ($B/B_{msy} = 0.5$), suggesting the stocks were on the edge of collapse ($B/k = 0.17$ and 0.10, respectively, Palomares et al., 2018). Fish species with serious biomass depletion were also deficient in population recruitment capacity (Myers et al., 1994). In addition, the lower population $r$ of *T. modestus* (0.65) and *C. pallasii* (0.54) would further degrade the fisheries recovery rate.

To ease the decline of fishery resources, China has introduced several fishery policies, such as the “Dual Control” policy proposed in 1987 to control the number and power of fishing vessels, the “Proliferation and Release” of commercial fishes proposed in 1989, the “Summer Fishing Banning” proposed in 1995, the “Zero-Growth” in fishery catches proposed in 2000, the construction of “Marine Conservation Areas” in 2011, and the development of “Marine Ranching” in 2015 (Han, 2018). Some of these policies have shown good results, such as the policy of “Proliferation and Release” (Zhang et al., 2010) and “Summer Fishing Banning” (Cheng et al., 2004; Jiang et al., 2009; He et al., 2019), which have played an active role in the resource conservation of the *L. crocea* and *L. polyactis*, respectively, and the relevant events were also reflected in the results of this article. Thus, this feasible measure should be continued. In addition, policies such as “Total Resource Management” and “Quota Catch Management” were also proposed in 2017 (Han, 2018); the fishery reference points such as MSY estimated in this study could provide a reference for them. However, the results of this article showed that China’s fishery resources were declined ($B < B_{msy}$), and most of them were still facing high fishing pressure ($F > F_{msy}$), which was mainly caused by the current high fishing intensity (Supplementary Table 1). Our results indicated that cutting fishing efforts down (e.g., strict implementation of policies such as “Dual Control” and “Zero-Growth”) was probably the most effective way for fishery sustainability. We have to admit that this measure would probably be a hard decision as a trade-off between economics and conservation, but the fisheries structure will benefit from this, and finally, the catches will be enhanced. Moreover, gears selection must be taken into serious considerations to avoid the capture of juvenile fishes before sexual maturity (Wang et al., 2020).

**CONCLUSION**

General pictures of the basic situation of these economic fishes in China’s coastal waters provide reference information to fisheries management. CMSY indicates a decreasing trend in biomass along with the explosively increasing fishing efforts since the 1980s–1990s for most species. All the fish stocks have seriously...
depleted in 2019 ($B_{2019} < B_{msy}$), and most were still facing high-fishing pressure ($F_{2019} > F_{msy}$). Corresponding protection measures should be taken into immediate action to rebuild the fisheries. Otherwise, the fish stocks would further decline and their recoveries would be much more difficult. Most species stocks would likely rebuild to $B_{msy}$ level, and the more the fishing pressure is reduced, the faster the fisheries will be recovered. Although there would be several years of reduction in catches during the rebuilding process, the recovered fisheries would bring more production and economic and social benefits.

**DATA AVAILABILITY STATEMENT**

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

**ETHICS STATEMENT**

The animal study was reviewed and approved by Animal Care and Ethics Committee of the Ocean University of China.

**AUTHOR CONTRIBUTIONS**

LW contributed to conceptualization, methodology, investigation, resources, writing – original draft, and writing – review and editing. LL, YL, and LZ contributed to data curation and investigation. SY contributed to supervision, project administration, conceptualization, methodology, resources, and writing – review and editing. All authors contributed to the article and approved the submitted version.

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