The involvement of microRNAs in HCV and HIV infection

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Abstract: Approximately 2.3 million people are suffering from human immunodeficiency virus (HIV)/hepatitis C virus (HCV) co-infection worldwide. Faster disease progression and increased mortality rates during the HIV/HCV co-infection have become global health concerns. Effective therapeutics against co-infection and complete infection eradication has become a mandatory requirement. The study of small non-coding RNAs in cellular processes and viral infection has so far been beneficial in various terms. Currently, microRNAs are an influential candidate for disease diagnosis and treatment. Dysregulation in miRNA expression can lead to unfavorable outcomes; hence, this exact inevitable nature has made various studies a focal point. A considerable improvement in comprehending HIV and HCV mono-infection pathogenesis is seen using miRNAs. The prominent reason behind HIV/HCV co-infection is seen to be their standard route of transmission, while some pieces of evidence also suspect viral interplay between having a role in increased viral infection. This review highlights the involvement of microRNAs in HIV/HCV co-infection, along with their contribution in HIV mono- and HCV mono-infection. We also discuss miRNAs that carry the potentiality of becoming a biomarker for viral infection and early disease progression.

Keywords: co-infection, HCV, HIV, infectious disease, microRNA

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Introduction
In 1983, a French virologist Luc Montagnier and his team first reported about a virus, which later became identified as human immunodeficiency virus type 1 or HIV-1 in the field of medical virology.¹ Just after which another two groups of researchers collected enough evidence, from isolated samples, that claimed HIV to be the causative reason behind the acquired immunodeficiency syndrome, acronym as AIDS.²,³ Characteristics like consisting of two positive strands of RNA encoding for numerous proteins and viral micro-RNAs (vmiRNAs) make HIV stand out among the other viruses. Researchers have, so far, discovered five HIV-1 microRNAs and 15 proteins, which facilitate various viral processes via direct or indirect mechanisms.⁴ The envelope protein of HIV-1, gp120, carries out efficient binding with the CD4 receptor present on several cells. This leads to a conformational change that in turn allows the viral protein to attach itself with the present co-receptors further. Usually, chemokine receptors like CCR5 and CXCR4 act as co-receptors. A reverse transcriptional process on the HIV-1 genome, followed by its entry, results in double-stranded DNA formation. This DNA is then imported into the nucleus and integrated within the host cell genome via multiple intertwined mechanisms. As the name suggests, HIV infection leads to slow and irreparable exhaustion of immune CD4⁺ T cells, hence opening a door for any kind of opportunistic disease to enter and infect the human body. Initially, in the process of finding a promising treatment for HIV, scientists faced a lot of challenges, but currently, combined antiretroviral therapy (cART) is giving out positive outcomes to an extent. However, complete elimination of HIV-1 is something yet to achieve.

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On the contrary, HCV is also a blood-borne virus, like HIV, belonging to the family *Flaviviridae* and genus *hepacivirus*. HCV is one of the significant causes of liver disease across the globe. WHO states that nearly 37 million and 70 million people worldwide annually gets affected by HIV and HCV, respectively. It consists of a single-stranded and positive-sense RNA containing 5′ and 3′ UTR. The absence of a 5′ cap and polyA tail makes the genome of HCV significantly different, generally seen to follow the lytic cycle for proliferation. The genome, when processed, synthesizes a 3010 amino acid long polyprotein. When further cleaved, it results in three structural (core, E1, and E2) and seven non-structural (p7, NS2, NS3, NS4A, NS4B, NS5A, and NS5B) viral proteins. Core protein helps in the formations of the NS3, NS4A, NS4B, NS5A, and NS5B) viral proteins. Core protein helps in the formations of the capsid, which also contains glycoproteins E1 and E2. The internalization of HCV is mediated by receptors present in host cells. A dedicated structure named membranous web is utilized for cytoplasmic HCV replication. Being a hepatotropic virus, HCV causes significant damage to the liver by altering its basic cellular processes. Many researchers have claimed miRNAs (microRNAs) to have an essential role in viral–host interaction. Although the first- and second-generation protease and polymerase inhibitors Boceprevir, Telaprevir, and Sofosbuvir were approved by FDA as the direct-acting antiviral agents, no vaccine to date is present against HCV infection. The reason is its nature of being immensely diverse. It is found to develop more than 30% divergence, at the amino acid level, between 7 main HCV genotypes. Reports say nearly 20% of patients infected with HCV can successfully clear out the virus, but the majority of patients end up with severe complications, over the years, like cirrhosis, fibrosis, or hepatocellular carcinoma (HCC), leading them to liver failure and death.

Both HIV and HCV are infectious and can spread through blood, hence sharing a common transmission route. Usage of contaminated needles, syringes, or drug injection equipment is always seen to be the primary reason behind getting an infection of HCV or HIV. This leads to a higher chance of getting infected by HIV and HCV co-infection. Currently, available data show that about 36.7 million people are HIV infected globally, among which 2.3 million reported having HCV infection, past or present. Interestingly, 1.36 million co-infection patients were ones who were treated with intravenous drugs. The natural history of both the viruses significantly alters during the co-infection. While the HCV viral RNA count, liver fibrosis, and other clinical features of hepatic dysfunction develop more rapidly in HIV-infected patients, the disease progression toward AIDS also observed much faster in HIV/HCV co-infection than in HIV alone.

**MicroRNAs: the game-changer in viral pathogenesis**

Till now, about 3000 miRNAs have been identified in mammalian genome. microRNAs are 18–22 nucleotide long, non-coding RNAs. They play a vital role in different cellular activities like proliferation, apoptosis, and differentiation by controlling gene expression. They are highly conserved in human genomes. When required, RNA polymerase II transcripts form primary miRNAs (pri-miRNAs). This Pri-miRNA consists of 5′-end cap and poly-A tail, further refined by ribonuclease Drosha to form precursor miRNA (pre-miRNA). This hairpin structured PremiRNA is then transported to the cytoplasm with the help of Exportin-5. There it is cleaved by Dicer to form mature miRNA (Figure 1).

Although miRNAs form not more than 1% of the human genome but are capable of targeting approximately 60% of mRNA present in the genome. miRNA recognizes the target mRNA via forming an RNA-inducing silencing complex (RISC). RISC consists of mature miRNA associated with Argonaute/EIF2 C (AGO) and GW182 family proteins. miRNA transcription is monitored by many different cellular factors. Transcription factors like p53, MYC, ZEB1/2, and myoblast determination proteins 1 also play a role in regulating miRNA transcription. Along with which, epigenetic factors like DNA methylation and histone modification are also a part of miRNA regulation. miRNA regulates gene expression either by mRNA degradation or by translational repression. It induces de-adenylation, which leads to mRNA breakage. It also hinders protein synthesis via translation repression at the site of cap recognition or by initiating before-time removal of ribosomes. It targets mRNA via complementary base-pairs between 5′end of miRNA and 3′ UTR of mRNA. Hence, the second to seventh nucleotide section at 5′end of miRNA is called ‘miRNA Seed’. This is a crucial region for target recognition. Every miRNA is...
seen to have many different targets, ones that share almost identical sequence at their 5′end belong to one miRNA seed family. Therefore, different miRNAs from the same family share common mRNA as targets. Similarly, even though miRNAs of the miR-199 family are located on different genes, they share the same seed region. As an outcome, they all share a common target, and their upregulation in HCV infection is seen to promote fibrosis. Thus, one mRNA can be monitored by many different miRNAs; this connective nature of miRNA hence demonstrates the idea of cells’ vast regulatory network. Virus–host interaction also involves specific steps altering cellular processes. One of which is to hijack and modulate cellular miRNA expression. They conduct this either by impairing miRNA pathways via interference with cellular proteins or producing their own miRNAs to promote viral mRNA expression. This ability of viral RNA to efficiently hijack and modify miRNA expression favors viral infectivity and protects against immune responses. They share an intertwined complex relationship. For instance, human Rhinovirus (RV) is responsible for causing respiratory infections. Bioinformatic analysis has proven miR-128 and miR-155 to have a role against RV infection. They are reported to contribute to the innate immune response in various ways and inhibit RV infection. At the same time, upregulation of let-7c in A549 cells promotes replication of type A influenza virus by suppressing M1 protein. Many studies have been done on possible involvement of miRNAs in SARS-CoV infection. Upregulation of three miRNAs, miR-17, miR-574-5p, and miR-214, in infected BASCs showed antiviral activities. On the contrary, downregulation of miR-223 and miR-98 by SARS-CoV proteins was also observed. Finally, the question is, can the viral genome also encode
for viral miRNAs? Researchers have found that many viruses like herpesviruses, *Heliothis virescens* ascovirus (HvAV), and simian virus 40 (SV40) or the virus families like herpesvirus, polyomavirus, papillomavirus, and retroviruses encode their own miRNAs. Nearly 530 viral miRNAs or vmiRNAs have been identified so far. However, HCV miRNAs are currently unestablished.\(^{22,23}\) In this context, it would be noteworthy that HIV-1 has been shown to encode at least six viral miRNAs to date, but the controversies still persist over the expression of these viral miRNAs.\(^{24}\)

**miRNAs in HIV lifecycle**

**HIV replication**

For decades, HIV has successfully kept scientists busy with their research on finding its every possible cure. One of the properties that make HIV stand out is its ability to encode its own microRNAs. One such viral miR, hiv1-miR-H1, is seen to promote HIV replication in macrophages successfully.\(^{25}\) It is found near NF-κB sites in the LTR region. It enhances the infection and cell damage by targeting apoptosis antagonizing transcription factor (AATF), leading to apoptosis. It also targets a few cellular proteins like c-Myc and Dicer.\(^{25}\) Likewise, the viral genome also encodes for transacting responsive hairpin (TAR) consisting of a terminal repeat region. After asymmetrical slicing by Dicer, the miRNAs produced from these regions are claimed to be distinctively crucial because of their varied role in the HIV life cycle.\(^{26}\) They participate in various processes like dimerization, replication, transcription, and translation. In 2008, researchers first established the location of HIV-1 TAR to be present at 5’ end in a stem-loop structure.\(^{26}\) The same group later established another unique characteristic of TAR miRs, where they use AGO proteins to manipulate cellular mRNA expression.\(^{27}\) In addition to other studies, bioinformatics showed the higher possibility of TAR having complementary sites within genes of apoptosis-like Caspase 8, Aiolos, and Nucleophosmin (NPM)/B23. In conclusion, HIV-1 TAR is completely capable of causing an imbalance between apoptosis and cell viability in T cells by influencing gene expression.\(^{27}\) Some studies also claim its presence in monocytes-derived macrophages, responsible for monitoring viral replication rate *via* regulation of negative regulatory factor.\(^{28}\) Alongside, many cellular miRNAs also play a vital role in either enhancing or inhibiting viral replication (Figure 2).\(^{25}\) One of them is miR-32, whose role is to cause decrement in the expression of tumor necrosis factor-receptor-associated factor 3 (TRAF3). Hence when upregulated by HIV TAT protein, it leads to overexpression of interferon regulatory factors 3 and 7, opening the door for HIV-1 to affect innate immune response.\(^{25}\) Similarly, two cellular miRNAs, miR-217 and miR-34a, activated by TAT, tend to repress Sirtuin 1, which is known to cleave HIV-1 LTR, hence favoring viral transactivation.\(^{25}\) Some cellular miRNAs often favor viral infection by targeting host cellular proteins and mRNA expression. One such example can be seen when miR-132 interacts with methyl-CpG-binding protein 2 (MeCP2), a transcriptional repressor, and enhances viral proliferation.\(^{25}\)

**HIV latency**

The period in HIV infection, about 6 weeks later, with no signs and symptoms is also called asymptomatic HIV infection. Here, the virus is still active and replicating at a meager rate, yet fully capable of progressing the infection to its 3rd stage, that is, AIDS. These latent proviruses manage to escape immune responses, and even current ART treatments fail to target them. Like any other process, this also employs various viral and cellular miRNAs. Numerous studies investigated miRNA differences between elite controllers and chronic HIV samples in order to target essential miRNAs for diagnostic or therapeutic uses. One such study found concentrated amounts of miR-125 and miR-150 present in cells undergoing latent infection, possibly because of their notable role as HIV protein suppressors.\(^{29}\) At the same time, another study showed contrary results where they found these same miRNAs to be downregulated in HIV elite controllers compared with chronically infected samples.\(^{30}\) A similar study done by Reynoso R. revealed increased expression of miR-146a-5p, miR-33a-5p, and miR-29b-3p in those HIV-positive patients who controlled viral replication in the absence of ART.\(^{31}\) A lot of miRNAs like miR-28, miR-223, miR-382, miR-125b, and miR-150 exhibit their role in maintaining latency period, while other studies have also added another two miRNAs to that list, miR-196b and miR-1290.\(^{29,32}\) These
miRNAs simply bind to 3’ UTR of HIV mRNAs and contribute to HIV latency. Furthermore, a recent study showed the contribution of host miRNAs in dysregulation of the p53 signaling pathway during HIV infection that drives latent infection. Along with cellular miRNAs, HIV encoded viral miR-TAR, miR-N367, and miR-H1 have also established their roles in HIV latency, and on the contrary, miR-H3 has proved its role in activation of the latent reservoirs. miR-N367 is located within Nef gene region in the HIV genome. Nef protein is responsible for the easy production and release of virions from the infected cell. Hence, its degradation led by hiv1-miR-N367 helps in viral latency. The presence of such transcriptionally silent virus in resting CD4 + cells increases the chances of recurrences. Hence, other than ART treatments, it has become essential to target factors like miRNAs that are responsible for viral latency. This new therapeutic approach might help us find a definite cure for HIV.

Figure 2. Role of miRNAs in HIV replication: The figure describes the mode of action of various cellular and viral miRNAs that regulate the HIV replication. While the cellular miRNAs, miR-28, miR-29, miR-92a, miR-125, miR-138, miR-146, miR-149, miR-150, miR-155, miR-195, miR-196b, miR-223, miR-301, miR-326, miR-382, miR-423, miR-1236, and miR-1290, and the viral miRNA, miRAB40 block the HIV replication, the cellular miRNAs, miR-15, miR-16, miR-17, miR-20a, miR-27b, miR-34a, miR-93, miR-106b, miR-198, and miR-217 are reported to be promoting the viral replication. Both the viral and the cellular miRNAs regulate the host and the viral gene expression or HIV-positive cells to modify the replication process either as a host response trying to fight the infection or to block or establish, or both, the infection within the host at different stages of virus lifecycle.
miRNAs directly target HIV-1 genome

As previously discussed, miRNAs regulate viral processes either by interfering with cellular mechanisms or by directly targeting the viral genome (Figure 3).^{16–18} Likewise other viral proteins, HIV Vpr protein is crucial in promoting viral infection via different mechanisms.^{36} However, miR-149 is seen to target and repress Vpr protein expression. Interestingly, miR-149 is found to be, in turn, targeted by HIV-miR-H1 in order to facilitate viral infection.^{25} Similarly, another HIV structural polyprotein Gag is targeted by host miR-423 and miR-146a.^{37} Here, miR-146a is observed to inhibit the process of Gag-multimerization successfully. This way, it hinders virion production and budding.^{37} Many studies have discovered various miRNAs that carry complementary sites with Nef gene region in the HIV genome. miRNAs like miR-29a and miR-29b-3p are found to have a common target, that is, Nef.^{25,31} In comparison, miR-423 and miR-301a bind with Vif region and interfere with the viral process,^{25} though exact mechanisms of these microRNAs and the effect of their interactions are not fully discovered. Furthermore, Zhang et al. have reported the existence of a novel HIV-1-encoded viral miRNA called miR-H3 located in the region of the HIV-1 RNA genome that encodes for reverse transcriptase enzyme. The miR-H3 targets the TATA box in HIV-1 5′ LTR region to upregulate the promoter activity. It represents another HIV-1-encoded element, in addition to TAR, that activates viral transcription via cis regulation targeting viral genome.^{38}

miRNAs in HIV antiviral activities

Given the fact that miRNAs are an intrigued part of cellular mechanisms, hence, viruses tend to hijack and use them for their benefit.^{16} However, some miRNAs are found to exhibit antiviral properties by interfering with several pathways inhibiting protein expression or by targeting HIV dependency factors (HDFs).^{37,39} Multiple studies demonstrated how the dysregulation of miR-7-3p, miRNAs-30, miRNA-125b, miRNA-150, miR-186, miR-210, and miR-222 has a negative impact on viral infection.^{40–43}

Figure 3. miRNAs targeting HIV genome: Various miRNAs have been reported to interact directly with the HIV genome; however, they impede viral replication upon binding. The binding of those cellular [black] and viral [red] miRNAs within the 5′ or 3′ LTR or the HIV ORF has been depicted along with their respective viral gene targets.
Table 1. miRNAs exhibiting anti-HIV-1 activity.

| microRNA | Mechanism | Outcome |
|----------|-----------|---------|
| **Cellular microRNAs** | | |
| miR-15544 | Targets various HDFs: ADAM metallopeptidase domain 10 (ADAM10), Nucleoporin Mr 153,000 (Nup153), Transportin 3 (TNPO3), Lens epithelium derived growth factor (LEDGF/p75) | Repression of all these HDFs hinders HIV-1 import and integration |
| miR-32625 | Dicer-dependent | Restricts viral replication |
| miR-12645 | Regulates expression of TLR9 and TLR7, Regulates pDC homeostasis and survival | Helps in type 1 IFN-mediated innate immune response |
| miR-20a46, miR-17-5p | P300/CBP-associated factor (PCAF) | Hinders Tat-mediated LTR activation and inhibits viral replication |
| miR-1236 | Targets HIV Nef gene | Interferes with viral replication |
| miR-19848 | Targets HIV Vpr protein | Inhibiting viral infection |
| miR-191-5p | Targets and inhibits expression of CCR1 and NUP50 | Inhibits viral replication via target repression |
| **PDC microRNAs** | | |
| miR-8851 | Mediates TNF-α release | Facilitates immune activation |
| miR-H1 | Targets AATF, c-Myc and Dicer | Promotes HIV replication |
| miR-TAR | Targets AGO proteins, Caspase 8, Aiolos, and NPM/B23 | Manipulate cellular mRNA expression and imbalance between apoptosis and cell viability |
| miR-H3 | Targets TATA box of HIV-1 5′ LTR region | Activates viral transcription |
| miR-N367 | Degradation of HIV Nef protein | Maintenance of viral latency |

These miRNAs were found to target genes of Dicer, NTNG1, EFNB2, CXCL12, or HRB (HIV-1 Rev-binding protein), and HIV-EP2 (HIV-1 enhancer-binding protein 2). The downregulation of these genes eventually leads to reduce viral expression. Few other microRNAs exhibiting antiviral activities are listed here (Table 1). In addition, there are some other miRNAs, which show antiviral properties by sharing a common target that is Purine-rich element-binding protein.
alpha. This protein plays a vital role in Tat-mediated LTR activation and hence in viral replication. It has been observed to be targeted by nearly six miRNAs, that is, miR-15a, miR-15b, miR-16, miR-20a, miR-93, and miR-106b.52

HCV infection and role of miRNAs

HCV entry

HCV tropism is generally found in human and chimpanzee liver cells, allowing the researchers to be suspicious about various intracellular factors favoring HCV entry and infectivity. Few studies had shown the importance of SCARB1, CD81, claudin-1 (CLDN1), and occludin (OCLN) in facilitating viral entry.53 This was again proven when scientists were successful in creating a mouse model for HCV infection.54 These factors allowed the HCV to enter, yet no sustained chronic infection was observed later. On the contrary, when scientists allowed miR-122 to be abnormally over-expressed in mouse embryonic fibroblasts, it showed increased sub-genomic HCV replication (Figure 4).55 In contrast, another study unveiled an antiviral property of miR-122 due to its binding efficiency with OCLN. Over-expression of mimic miR-122 resulted in downregulation of OCLN protein by ~80%. Hence, a notable decrease in expression of OCLN in chronic HCV patients can be blamed upon inhibiting the property of miR-122.56 Along with miR-122, miR-200c is also observed to efficiently target 3′ UTR of OCLN and repress its activity.57 However, different miRNAs exhibit different effects on HCV entry.

Figure 4. Cellular miRNAs controlling HCV lifecycle: Several miRNAs have been identified for controlling HCV replication and pathogenesis, as illustrated. These miRNAs are known for their targets in the various phases of viral lifecycles: Cell entry, Fusion and Uncoating of viral RNA, Translation and Cleavage of the viral polyprotein, RNA replication, Assembly of the viral genome, and Release of progeny viruses. The upregulated miRNAs are shown in blue, and the downregulated miRNAs are shown in red.
receptors like CLDN1. The role of miR-155 and miR-182 showed conflicting results in terms of interaction with claudin-1 (Figure 4). miR-182 is claimed to inhibit CLDN-1 mRNA expression in the infected cell line, hampering HCV infection.58 Nevertheless, a positive correlation between miR-155 expression and CLDN1 is seen in diseases like colorectal cancer.59 The role of their interaction in HCV infection requires further research. A study on 28 HCV liver biopsies and bioinformatic analysis revealed the inhibitory effect of miR-194 on the CD81 receptor. Successful treatment of miR-194 mimics in different HCV-infected cell lines resulted in decreased expression of CD81 protein (Figure 4).60 CD81 is an essential tool during the process of HCV viral entry and infection; hence, its inhibition by miR-194 might open up new therapeutic approaches in HCV treatment. In addition, epigallocatechin gallate (EGCG), one of the components found in green tea extract, is known for its antiviral effects against HCV.61 Along with its other activities, EGCG hinders HCV infection by repressing CD81 expression with the help of miR-194.60,61 Similarly, EGCG is also found to promote expressions of other miRNAs like miR-548a. A recent publication stated that miR-548a consists of 2 binding sites on CD81, providing it a tool to inhibit protein expression. Hence, ECGC and miR-548a can be linked with the host cellular defense mechanism.62 HCV infection also enhances miR-130a expression, which in turn inhibits endogenous interferon-induced transmembrane protein 1 (IFITM1) expression in a hepatoma cell line (Figure 4).63 However, on the other side, enhanced expression of the same miR-130a was observed as a result of IFN treatment and claimed for restoring the act of IFN α/β.64 Future research is needed to study the contradictory nature of this miRNA.

miR-122: protagonist or antagonist?
microRNAs are seen to participate in viral infections via direct and indirect interactions. Some have complementary sequences to those of viral genome, giving it the advantage of either enhancing or inhibiting the expression of viral RNA via direct interaction, while some miRNAs have an indirect effect on viral RNA by controlling host factors necessary for viral infection. HCV is seen to have its most effect on hepatic cells where miR-122 is dominantly expressed. It nearly occupies 70% of the miRNA population, making its involvement in HCV infection quite obvious. The other way around, it can also be one of the responsible intracellular factors behind the prominent nature of HCV in liver cells. Usually, decrement of miR-122 in liver cells results in alterations within cholesterol biosynthesis. It is also seen to have an inverse effect on fatty acid oxidation.69 The relationship between miR-122 and HCV was first studied in 2005. Studies revealed two binding sites for miR-122 on 5′ UTR of HCV genome. Unlike binding of 3′...
miRNA nucleotides, along with the 5′ region, helps in stabilizing the viral genome inside the host cell. This nucleotide annealing resulted in 3′ overhangs covering the 5′ end of viral RNA and protecting it from degradation.70 This mechanism then helps miR-122 to promote viral replication and translation in the host cell. Another mechanism miR-122 might use to protect the viral genome is targeting exonuclease Xrn1.71 miRNAs form RISC and AGO proteins to carry out translational repression. Now, as miR-122 is involved in HCV RNA enhancement, it made researchers question the role of AGO2 proteins in this process. AGO2 proteins turned out to be one of the requirements, as an apparent reduction in HCV levels was seen after exhaustion of AGO2 from infected cells.72 Later, it was also observed that the cells lacking miR-122 also showed successful replication of HCV, thus questioning the role of miR-122 in HCV replication. Hence to answer this question, researchers took non-hepatic cells (lacks miR-122), infecting them with HCV along with miR-122 being exogenously expressed. They ended up concluding that miR-122 might not be entirely essential but does play a supporting role in viral infection as a considerable increment in HCV replication was found in cells.71,73 Another evidence supporting this theory was obtained when non-hepatic expression of miR-122 was also conducted in a non-permissive cell line, and the results turned out to be no different. It showed successful infectious virion production and replication.71,74 Some studies also suggest miR-122 has a triphasic relationship with viral RNA levels of HCV infection. Researchers observed an increment in miR-122 levels during acute HCV infection (first four weeks). Later, an inverse correlation was observed between viral RNA and miR-122 in the following 10–14 weeks and eventually rise in miR-122 levels during HCV clearance and alanine leucine transaminase (ALT) normalization.75 Not only this but also miR-122 is seen to cause an increment in oxidative stress indirectly; hence, in another study, expression levels of heme oxygenase-1 gene, Bach1 and miR-122 were compared in liver biopsy samples of patients suffering from CHC. The results revealed the expression of HMOX 1 to be directly proportional to miR-122 due to antioxidant response against excess ROS production.76 The indulgence of miR-122 with HCV translation and infection was clearly visible through all such different experiments. Hence, many researches could correlate miR-122 levels with disease progression in patients. Serum level of miR-122 and miR-21 is claimed to be possible biomarker to detect the presence of CHC infection due to their correlation with increased necro-inflammatory response.71,77 However, the specificity of miR-122 for HCV-mediated liver disease (like fibrosis) is controversial.

Can dysregulation in miRNAs alter crucial pathways for HCV infection?

Some miRNAs particularly target host cellular pathways to enhance HCV replication and infection. One such pathway that plays a role in cell proliferation, survival, and growth is PI3k/Akt pathway, targeted by miR-491, miR-320c, and miR-483-3p. Dysregulation of these miRNAs helps elucidate the immune system and HCV enhancement.78 IFN system and innate immune response go hand in hand, and miRNAs are also seen to be an essential part of this circle. One of the mechanisms cells use to fight viral infection involves type 1 interferons, and HCV is seen to successfully defeat this mechanism by using several miRNAs (Table 2).5,67 For instance, miR-122 inhibits IFN signaling pathway to favor HCV replication. Hence, using antisense oligonucleotides of miR-122 to carry out miRNA silencing induced methylation at SOCS3 gene promoter, resulting in a decrease of SOCS3 levels. This decrement then intensified IFN-induced ISRE activity in the host.79 In addition to miR-122, upregulation of some other miRNAs like miR-758 in infected cells is also responsible for reduced IFN signaling. They carry out this by eliminating ongoing activities of toll-like receptors 3 and 7,80 while some miRNAs favor immune responses induced by IFN like miR-221 and miR-30 cluster either by targeting SOCS1/3 proteins and genes, respectively.81,82 A study revealed that nearly 30 miRNAs were differentially expressed in response to IFN α, β and γ treatment given to HCV-infected cells. Among which, eight are almost complementary to the seed sequence of the HCV genome.5,67,68 Further studies showed that some miRNAs like miR-196, miR-296, miR-351, miR-431, and miR-448 exhibited antiviral effects by inhibiting viral replication (Table 2)5,15,63,65,67,83–89.
Role of miRNAs in HIV/HCV co-infection

Developing treatments for HIV-1 efficiently promises a healthy life span to patients, while on the contrary, severe liver diseases in HIV/HCV co-infection patients have been proven fatal. Researchers observed that HIV has a significant role in the prognosis of HCV infection. The average time span between HCV-mono-infection and occurrence of cirrhosis is estimated to be 25–30 years usually, while in co-infection, the time span dramatically decreases, and a faster occurrence of cirrhosis is observed. Clinical data show co-infected patients have increased HCV viral load compared with mono-infected patients. HIV-1 infection is so far claimed to be a reason behind the increment of viral load in co-infected patients. Although the counter effect of HCV on HIV infection is not significantly seen yet, some studies found HCV to enhance HIV-1 infection in macrophages with the help of different pathways. HCV seems to use TLK2-, JNK-, and MEK1/2-dependent pathways to induce increased HIV viral replication. Along with this, slow recovery of the immune system in co-infected patients is commonly seen compared with mono-infected patients. Alongside, the effect of ART on liver disease progression in co-infected patients is still controversial. Some studies show no significant effect of ART in causing liver damage, with a lesser chance of liver failure, while some claim ART is associated with increased liver transaminase or frank liver decomposition. As a result, the severity of liver illnesses such as fibrosis and cirrhosis has grown. HIV-1 is significantly different from HCV as it is a retrovirus that majorly targets CD4+ T cells and macrophages. It contains two

Table 2. miRNAs involved in HCV infection, liver disease, and HCC.

| miRNAs          | Viral & Cellular Targets                  | Mechanism                                                                 |
|-----------------|------------------------------------------|---------------------------------------------------------------------------|
| miR-196         | NS5A; Bach1                               | Annealing between host protein and viral RNA                              |
| miR-448         | Core                                     | NR                                                                        |
| miR-296         | Collagen and ECM protein                 | NR                                                                        |
| miR-296, miR-351, miR-431 | NR                                   | NR                                                                        |
| miR-130a        | IFITM1                                   | NR                                                                        |
| miR-373         | JAK and IRF9                              | Impairs JAK/STAT pathway                                                  |
| miR-124         | ROCK2 and EZH2                           | Cytoskeletal modification and EMT                                          |
| miR-155         | Wnt signaling                            | Inhibits apoptosis and promotes proliferation                              |
| miR-221/222     | Tumor suppressor p27, p57 and PTEN       | Fibrosis progression and carcinogenesis                                   |
| miR-199a-3p     | HCV IRES-Domain II                       | Inhibits HCV replication                                                  |
| miR-449a        | NOTCH signaling & C-C ligand 2 activity  | Altered expression of protein regulator (YKL40), fibrosis development    |
| miR-107         | C-C ligand 2 activity                    | Promote inflammation and fibrosis.                                        |
| miR-21          | SMAD7                                    | Fibrosis development (HSCs) via TGF-β signaling                           |
| miR-200c        | FAP1 and Src signaling                   | Increased expression of collagen and fibroblast factor                    |
copies of positive-sense, single-stranded RNA, which encodes nine genes. Unlike HCV infection, HIV RNA undergoes reverse transcription and forms DNA which is then integrated within the host cell genome,94 while on the other end, HCV RNA directly undergoes replication and transcription without any DNA intermediate.6 So far, both HIV-1 and HCV infections are seen to have some effect on one another. Along with this, toxicity caused due to various treatments or protein interactions can also be seen as effects that cause increased progression toward liver diseases in co-infection. However, to achieve reliable diagnostic or therapeutic outcomes, the study of underlining mechanisms is necessary. microRNAs are one such non-detachable part of cellular mechanisms. Hence, the role of miRNA in co-infection is an emerging field of research. The scientists have already established several miRNAs and their roles concerning HIV-1 and HCV mono-infection. Although sex-specific biasness has been observed in the miRNA expression of HIV/HCV-co-infected patients, role of some miRNAs is believed to be conserved in the mono-infections and also has their potential contribution in HIV/HCV co-infection98 (Figure 5).

**miR-122**

As mentioned earlier, miR-122 is abundantly found in hepatic cells, which has a significant role in HCV RNA replication. miR-122 having a complimentary seed sequence with HCV gives it an advantage over other miRNAs and thus is suspected of promoting replication by stabilizing HCV genome.70,72,73,99 Hence, upregulation of miR-122 in HCV-infected cells is not new. Its upregulation is also observed in cells infected with HIV-1, though its connection with HIV-1 genome is not yet clear.100 Thus, an assumption

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**Figure 5.** Role of cellular miRNAs in HIV/HCV co-infection: The figure summarizes the involvement of various miRNAs in the different cellular pathways commonly involved in HIV/HCV co-infection. While miR-29 and miR-155 involved in IFN-mediated suppression of viral replication, miR-122 and miR-181 inhibit apoptosis and other antiviral cellular factors to maintain a pro-viral environment within the infected cells. The red arrow denotes the inhibitory effect of miRNAs, and the green arrow represents pro-viral effects, whereas the dashed arrows signify the role of miRNAs that are yet to be examined mechanistically in HIV/HCV co-infection.
can be placed on the table that HIV-1 infection upregulates miR-122 in various cells like macrophages, which might give HCV an advantage to grow faster in cells other than liver cells during co-infection.\textsuperscript{100,101}

**miR-181**

Many times, ‘antiviral’ cellular factors are noticed to be often blocked by miRNAs in order to promote viral infection. Likewise, miR-181 is also seen to anneal and inhibit cellular factor SAMHD1, promoting HIV-1 infectivity. It also holds a strong correlation with HCV viral load along with CD4 + T cells. Some studies claim miR-181 to enhance liver fibrosis. As it is found to be upregulated in HIV/HBV co-infection, hence their role in HIV/HCV co-infection can be a part worth exploring.\textsuperscript{100}

**miR-155**

As discussed above, its upregulation in HIV, HCV, and HBV can be linked with the defense mechanism of host cells. miR-155 is also reported to inhibit apoptosis \textit{via} Wnt signaling pathway (Figure 5). This way, eventually, promotes proliferation and HCC.\textsuperscript{100,102} Its role in the first line defense mechanism justifies its positive correlation with CD4 T cell count and its downregulation in elite controls of HIV and HCV. It was seen to be upregulated in HIV mono-, HCV mono-, and HIV/HCV co-infection while downregulated in ECs. This might give us an opportunity to use miR-155 as a therapeutic approach against co-infection.\textsuperscript{100}

**miR-29**

Another miRNA with potential therapeutic advantage is miR-29. It is seen to inhibit HIV-1 infection \textit{via} different mechanisms: (1) anneals with 3′ UTR of HIV, which is followed by its degradation \textit{via} p-bodies,\textsuperscript{103} and (2) inhibits HIV protein Nef, leading to reduced infectivity.\textsuperscript{25,31} As earlier discussed, its expression, induced by IFN, has also shown a reduction in HCV replication.\textsuperscript{5,67}

**miR-223**

Studies have shown miR-223 to be positively correlated with CD4 T-cell count and negatively correlated with HIV load and are responsible for HIV inactivity.\textsuperscript{100,104} Alongside, it is also downregulated in untreated HCV patients suffering through HCC.\textsuperscript{103} Recently, miR-223 was found to be upregulated in HIV-HCV co-infection, but its significant role in co-infection is yet to be discovered.\textsuperscript{100}

Some miRNAs are seen to be significantly dysregulated in HIV and HCV mono-infection, but their expression and role in co-infection are not entirely studied (Figure 5). A high-throughput sequencing of smRNAs detected dysregulation of four miRNAs \textit{viz.} hsa-miR-205-5p and hsa-let-7a/b-5p, but their role in HIV-HCV co-infection has not been studied yet.\textsuperscript{103} Similarly miR-149 is seen to have noticeable upregulation during HCV infection.\textsuperscript{106} At the same time, it is also observed to anneal with HIV 3′ UTR and protein Vpr during HIV infection. Similarly, miRNAs of miR-199a family are seen to support liver fibrosis and are found to be downregulated in HCCs.\textsuperscript{15} On the contrary, an increment in the expression of miR-199a was noticed upon HIV infection.\textsuperscript{107} Though the expression level of miR-146 is found to be higher in HIV-HCV co-infection, the mechanistic role of this miRNA is yet to be analyzed.\textsuperscript{100}

Based on these data, such miRNAs can possibly have their own significant roles in HIV/HCV co-infection. Hence, allowing us to explore various advantages that they hold.

**Biomarkers**

All these studies reveal the indispensable role of miRNAs in viral infection and disease progression. Hence, many researchers have been working on the idea of using such miRNAs as diagnostic/therapeutic tools. Altering the expression of miRNAs for disease treatment has so far been a difficult task because of their varied nature in different situations. However, the same nature of being differentially expressed during different disease conditions allows miRNAs to be used as biomarkers. A study covering HIV-HCV co-infected patients serum with significant history of liver injury revealed upregulation of miR-22, miR-34a, and miR-122,\textsuperscript{108} whereas another study disclosed miR-99a, miR-100, miR-125b, and miR-192 as the prime culprit for liver fibrosis and disease progression in plasma samples of HIV-HCV co-infected patients.\textsuperscript{109} A recent study published in 2021 provided evidences for eight different miRNA that holds the potentiality to become a
biomarker for HIV, HCV, or HIV/HCV co-infection.\textsuperscript{110} The study included miRNAs like miR-122, miR-155, miR-223, miR-150, miR-199, miR-149, miR-29, and miR-let7.

Similarly, other studies were conducted on differential expression of miRNAs in HCV mono- and HIV/HCV co-infection after liver transplantation. They used liver biopsies of mono- and co-infected patients after 6 months of liver transplantation. These liver samples were affected by HCV but had not yet undergone any severe liver injury like cirrhosis but associated with the processes of viral reinfection, neurologic impairment, and coagulation disorders.\textsuperscript{111,112} Researchers believed this approach might become helpful in identifying different miRNAs that play a role in the early stage of disease progression.\textsuperscript{111,112} Results so far claimed miR29b, miR-200c, miR-222, and miR-338-3p can possibly act as biomarkers. Upregulation of miR-200c after transplantation can represent increased chances of reinfection, while downregulation of miR-338-3p signifies a lack of tumor-suppressing activities.\textsuperscript{111} In addition, it was stated that the dysregulation of miR-29b and miR-222 might play the important role in impairing the immune response favoring fibrosis in HCV/HIV co-infected patients.\textsuperscript{112}

Likewise, many different microRNAs are identified as potential biomarkers in liver disease progression representing different pathways/mechanisms.\textsuperscript{113} One such is miR-101 which in normal conditions is indulged in prohibiting hepatic stellate cells activation and pro-fibrogenic cytokines release via TGF-β inhibition.\textsuperscript{114} Hence, reduced expression of miR-101 can symbolize the faster progression of liver disease in HCV and HIV/HCV co-infected patients.\textsuperscript{111,114}

Conclusion

HIV and HCV are blood-borne infections; hence, this standard route of transmission plays a significant role in increasing cases of co-infection. Virus–host interactions play multiple different mechanisms involving microRNAs. miRNAs being an intrigued part of any cellular process, the study of their dysregulation during infection has always been the cynosure of researchers. Analyzing the role of differentially expressed miRNAs might allow us to comprehend various ongoing complex mechanisms and interactions in HIV/HCV co-infection. This prominent nature can further be used to develop an early-stage non-invasive diagnostic tool for co-infection. However, there are still many controversial questions that remain unanswered. What role does HCV hold in HIV infection? Do HIV-1 microRNAs play any role in HCV infection? What effects do ART or HCV treatment have on disease progression and pathogenesis during a co-infection? Indeed, a lot more research is required for in-depth study of co-infection and the role of miRNAs in it.

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Nicky Joshi: Data curation; Formal analysis; Writing – original draft.
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