Development of Palm Shell Base Activated Carbon for Volatile Organic Compounds (VOCs) Emissions Absorption

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Abstract. High concentration of indoor air contaminant commonly released by human activities, furniture, building materials, carpets, cleaning product and paints. BTEX contains Benzene, Toluene, Ethylbenzene and Xylene (BTEX) is categorized into VOCs which are indicative of harmful chemicals especially for indoor air. Therefore, it needs the sampling media for absorption before it could be analysed in the specific laboratory. One of the challenging technology to absorb BTEX is by using Palm Shell Activated Carbon (PSAC). Malaysia has a second largest country that produce palm oil which led to abundant of palm shell as waste material. Activated carbon is created through the carbonization, crushing and activation process. Carbonization process is conducted in various holding time of 1, 2 and 3 hours which called by CT1, CT2 and CT3 hours, respectively. Activation process is conducted through physical activation at temperature of 900 °C for 1 hour, chemical activation is conducted by Potassium Hydroxide (KOH) with ratio of 1:1 (charcoal: chemical) and holding time for 12 hours. It heated by furnace at temperature of 850 °C for 1 hours in order to improve the porosity and larger surface area. The physical properties were conducted by ASTM 3713, 3714 and 3715 for moisture, ash and volatile content measurement. Surface morphology and composition as well as porosity image is characterized by Scanning Electron Microscopy (SEM) coupled by Energy Dispersive Spectroscopy (EDS) machine. The result shows that the lowest ash, moisture and volatile content is shown by CT1 sample, but it has not completely carbonized as compared to CT2 and CT3. Moreover, CT3 has highest ash, moisture and volatile content but it has lowest fixed carbon as compared to CT1 and CT2. Therefore, CT2 hours is selected for further process. In microstructure analysis is observed that the PSAC\textsubscript{physical+chemical} has larger number of porosities with the diameter approximately of 50 to 150 µm, for PSAC\textsubscript{physical} approximately of 25 to 100 µm and PSAC\textsubscript{chemical} of below than 50 µm. Composition analysis is observed that the sample is mainly consists of Carbon (C), Oxygen (O) and Potassium (K) content. Where larger porosity is in-line with the increment of K content which indicated in larger adsorption capacity. It can be summarized that palm shell with 2 hours carbonization time and it activated become PSAC\textsubscript{physical+chemical} has a high potential to larger adsorption capacity of indoor air contaminant adsorption. It is being further explore for sampling media of BTEX.

Keywords: palm shell; activated carbon; VOCs; sorbent tube; material

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1. Introduction

Air pollution has emerged as significant environmental issues in the last few decades as a major potential risk to public health, especially in the Southeast Asia region. Rapid economic development coupled with population booming has magnified the air quality issue and therefore the concern of its effect is considered significant. Generally, air pollutants come from both natural and anthropogenic
source and broadly understood as any material which has grave effect to the environment or detrimental health effect to human and poses the ability to modify the natural characteristic of the atmosphere [1].

The common outdoor air pollutants mainly consist of Carbon Monoxide (CO), Sulphur Dioxide (SO₂), Nitrogen Oxides (NOₓ), Ozone (O₃) and Particulate Matter (PM) with different size (PM₁₀ and PM₂.₅) [1]. In Malaysia, these pollutants have been previously characterised by large seasonal variations and generally recognised as local issues which confined to local emission sources, but then have been reported to become a regional issue as pollutants can be transported over a long distance [2].

Several indoor pollutants have been recognized to exist from the outdoor environment including CO, SO₂, NOₓ, O₃, PMs, while some come from indoor environment itself such volatile organic compounds (VOCs) and hydrocarbon chemicals like benzene, toluene, ethylbenzene and xylene (BTEX). These indoor air pollutants can be exits as biological, inorganic or organic, and even radioactive material which suspended at ambient air. The health effect impinges widely depending on the toxicity, concentration and exposure time. There is less to be argued that the air quality of the outdoor environment can affect mortality and the nation’s productivity. However, the issues of indoor air pollution also piqued the interest of many researchers. People tend to spend more time indoors rather than outdoors. Although the variations of time spent vary geographically, seasonally, demographically, good and safe indoor air quality is essential which safeguarding the health and productivity rate of its occupants [3].

Research into the use of palm shell as activated carbon is therefore an important component of filter material to remove hazardous chemicals. As a result of environmental compliance in many countries, demand for activated carbon will continue to rise due to its wide range of uses [4]. Biomass has become one of the main carbon sources for activated carbon production. The biomass used in commercial activities is usually waste materials or by-products. By reusing or recycling these low-cost materials for activated carbon production, we provide another environmentally friendly alternative for waste disposal and by-product disposal [5]. In this study, the palm shell were used as a replacement material of activated carbon in sampling media compared to existing market for chemical exposure monitoring.

1.1 Background of Study

The rising trend of transboundary air pollution issues and its associated health impact become the main concern in Malaysia [1], therefore the demand of safe and fresh quality of air is necessary to ensure public wellbeing. Although recent studies have reported that indoor air quality is affected by outdoor air there are also air pollutants originated from an indoor environment which poses carcinogenic health effects and harms its occupants [6]–[7]. According to the World Health Organization report (WHO), approximately 3 billion people around the world exposed significantly to indoor air pollutant mainly through the use of dirty solid fuels for cooking, toxic organic materials from building materials and proximity to the local outdoor air pollutant sources. At this instance, the situation might be getting worse if the house or building had a poor ventilation system which can result in accumulation of indoor air pollutants.

Through the sources and types of indoor air pollutants source are varying, the amount of air pollutants transported in and accumulated within the indoor environment depends on the infiltration and ventilation mechanism. As the overall indoor air quality strongly correlated with both outdoor and indoor environment, mitigation strategy and early action point should be formulated relevance with the indoor and outdoor air pollutants sources. In view of this, the substantial effort needed for a comprehensive understanding of indoor air pollution characterization then followed with the alternative technology in alleviating indoor air pollution.

Regarding to the serious problem caused by indoor air pollutants, porous organic material such as Tenax and styrene polymer like Amberlite XAD-2 have been utilized by researcher to be used as solid sorbent for sampling of volatile organic compound (VOCs) [8]. Tenax is commonly used as general absorbent for the adsorption of non-polar organic compounds. It also highlighted that Tenax are extensively used due to its sensitivity with broad range of boiling point from 60 to 300 °C. And one researche team suggested Amberlite XAD-2 as adsorbent for collection of VOCs [8]. The use of Amberlite XAD-2 was reported to has high surface area and degree of porosity due to its crosslinking
structure by divinylbenzene (DVB) which enhance the adsorption of the vapours of the solutes. However, there are few disadvantages found from the usage of porous organic material such as Tenax and styrene polymer like Amberlite XAD-2. The formation of artifact in Tenax was observed when it is exposed to very oxidising gases such as ozone, nitrogen dioxide and sulphur dioxide [8]. The example of artifact formed are acitophenone, benzophenone and benzene acetaldehyde. Similar study also revealed that styrene polymer is incompatible to be used as absorbent because of its low maximum desorption temperature. Moreover, the porous organic material was also reported too expensive to be used as general absorbent. Thus, many researchers tend to explore natural resources which is cheaper but efficient as alternative to replace porous organic material.

AC has unique properties including large surface area, a high degree of surface reactivity, universal adsorption effect, and pore size which is extremely effective on removal gases and chemical adsorption. Since indoor air pollution extends beyond health considerations, the objectives of this study are;

i. To study a local material which is a bamboo and palm shell that is commercially available can be used as Activated Carbon.

ii. To produce a volatile organic compound (VOC) sampling media (BTEX) for the equivalent of the chemical monitoring compared to existing market sampling.

AC has unique properties including large surface area, a high degree of surface reactivity, universal adsorption effect, and pore size which is extremely effective on removal gases and chemical adsorption. Since indoor air pollution extends beyond health considerations. There is not much to be argued that the concentration of indoor air contaminants can be higher that outdoor environment. With the increasing concern for better air quality, many researchers have developed various techniques and method that can be implemented to mitigate indoor air pollution issues. In recent years, adsorption in bulk separation technique has emerged as an innovative treatment process suitable for environmental pollution control technology application. Adsorption method provides a low-cost effective and large adsorption capacity can be achieved by increasing the surface area of the adsorbent and the efficiency can be increased by changing the equilibrium and kinetics state of both sorbent and adsorbent [9]. To date, the commercially available activated carbon for the treatment of gaseous pollutants is still limited in this country. Though several adsorption media such as Activated Carbon Fibre (ACF), Silica gel, Zeolite and Alumina exists in the market, the removal efficiency for hazardous air pollutants (such as VOCs and BTEX). The increasing needs toward better environmental air condition have emerged as a considerably most growing concern in recent years. Therefore, a substantial amount of work has been dedicated to developing suitable techniques for mitigation of gaseous pollution and adsorption of gaseous pollutant by AC recognized as one of the most effective preliminary techniques. Based on the statement above, the following are the research questions to be addressed in the study. These questions are as follow:

a) What type of local material (types or species) that most efficient and available that can be used be for sampling media?

b) What are the qualities, parameters and characteristic of the local material that is vital to produce an efficient adsorbent?

c) What is the efficient method to produce volatile organic compound sampling media?

2. Literature Review

The ultimate outcome of this research/project is to produce an air filter system which is sustainable, safe and commercially available beside adding commodities value to the waste of bio-resources as well as can act as environmental remediation practic. Bamboo and Palm Oil is a common plant in Malaysia. In 2012 as much 101.96 million tonnes of palm oil fresh fruit bunches (FFB) is processed [10]. More than 5 million palm kernel shells (PKS) produced. Although PKS often used as feeding fuel in a boiler system, it may also be utilized to produce higher-value products such as activated carbons. PKS can be used as a raw material for the production of a range of carbon chars and activated carbons due to its high carbon content. There are many advantages of activated carbon such as high carbon content, high density and low ash content, high absorption capacity, for dissolved organic, chlorine and can be used as the specific application.
A specific discussion on the volatile organic compounds (VOCS) emissions of palm shell as activated carbon were mentioned in this review to produce an efficient adsorbent. As the second leading oil palm producer after Indonesia, Malaysia is rich with the oil palm plantation throughout the country. To be exact, in 2013, Malaysia had contributed up to 20.2 million metric tonnes of global oil palm production and it increased to 21.25 million metric tonnes in October 2014 [11]. Nevertheless, the rapid expansion in oil palm industry may result in negative consequences towards environment due to accumulation of waste residues [12]. 4 kg of dried biomass (by-product) will be generated for each kg of palm oil produced. In addition, it has been reported that only 10 percent of fresh fruit bunch is used for oil production whilst the rest will be discarded as waste materials [13]. The by-products of palm milling process include palm pressed fibre (mesocarp), palm kernel shell (endocarp), and empty fruit bunch (EFB), whilst palm trunk and frond are produced during the harvesting and pruning season [14] – [16]. Currently, solid residues from oil palm processing are disposed through open burning and this contributes to hazardous air pollution problems that affect the neighbouring countries [13]. Therefore, to address this issue, Malaysian’s Department of Environment restricts incineration and burning through implementation of the 1978 Environmental Quality Clean Air Regulation Act [17]. Apart from that, solid residues from this sector are occasionally left scattered at the field sites, and consequently, jeopardising the quality of surrounding environment [18]. Improper disposal of oil palm solid waste will contaminate the groundwater through leaching or run-off water, attract air or vector-borne diseases, and give nonaesthetic view. Due to numerous disadvantages of the existing disposal technique, researchers are urged to explore the potential utilisation of the oil palm solid 2 residues [17]

In addition, it has been reported that out of the generated oil palm residues, only 10 percent of them are upgraded into value-added product such as bio-fertiliser [19]. Owing to the high carbon composition, palm wastes are claimed to be advantageous as precursors for the activated carbon production. The literature review revealed that the carbon percentage in palm wastes ranges between 43% to 47% while ash only constitute less than 1% [20]–[22]. From another perspective, conversion of palm wastes may elevate financial income and social status of the surrounding residents through the increased employment opportunities in the cultivation area, especially in rural zones of developing countries. Besides, it will simultaneously promote “greener” oil palm industries [23]. In addition, upgrading oil palm waste to activated carbon is significant due to escalating market demand of this carbonaceous adsorbent to 2.1 metric tonnes by year 2018 [24]. The worldwide demand of the activated carbon in 2012 was approximately 4.28 million metric tonnes and the number is likely to increase at a rate beyond 10% per annum over the following five years [25]. Meanwhile, market of activated carbon in 2012 was estimated to amount to US$ 2 billion and is projected to increase to US$ 4 billion in 2019 [26]. The growing demand of the activated carbon is due to its uniqueness wherein it is applicable in various applications including (i) water purification, (ii) domestic and industrial waste water treatment, (iii) desalination, (iv) gas storage, (v) gas purification and separation, (vi) pollutant and odour removal, (vii) as catalysis support, (viii) and in medical application [27]. Besides, continuous usage of carbonaceous adsorbents is due to its lower price which is 20% lower than zeolite or polymeric-based adsorbent.

Recently, commercial activated carbon is synthesised from non-renewable precursors: coke, pitch, and coal-based feedstock. The major drawback in utilising these materials is 3 related to their decreasing production trend, and intensive regeneration and reactivation of the commercial activated carbons may contribute to high pricing and result in sorbent degradation. In consequence, the economic feasibility will be affected [28]. Therefore, it justifies the use of oil palm waste as a starting material for activated carbon production. Moreover, utilising oil palm waste is favourable since cultivation area for coconut – one of the common precursors for activated carbon production – showed a declining trend; it dropped from 5% of the total agricultural land in the year 1987 to only 1.4% in the year 2012. In contrast, palm cultivation area was reported to constitute approximately 64.5% in the year 2012 as compared to only 25.7% in the year 1987 [29]. The palm oil fiber – TiO2 – TiO2 ratio in the composite on the reduction of BTX and Formaldehyde in the air. The main objective of this paper is to provide an overview of the technological advancement in activated carbon production from oil palm solid waste via conventional heating, microwave heating, or hydrothermal approach. A comprehensive discussion on the activation method via physical and chemical route towards porous activated carbon production is also presented [30].
2.1 Review on Activated Carbon Process

2.1.1 Palm Shell as Raw Material for Activated Carbon

The palm shell were selected for activated carbon preparation. The materials were cleaned with distilled water several times to remove dust and impurities. The palm shell and samples were later dried in the oven at 110°C for 24h to remove any surface moisture and were then ground to a desired size. The proximate and ultimate analysis were carried out to evaluate the volatiles and fixed carbon contents as well as to quantify the elemental composition, respectively [31]. Palm shell obtained from Malaysia oil palm shell (MOPS) were dried, crushed and sieved to a particle size fraction of 1—2 mm. Potassium carbonate (K$_2$CO$_3$) (purity 99.9%) was dissolved in distilled water to prepare a saturated solution. An elemental analysis was carried out using a CHNO/S Analyzer 2400. Lignin, cellulose and halocellulose were determined using TAPPI method (T-13wd74, T-17wd-70 and T-9m-54, respectively [32]. Normally the usage of oil palm is 10% for the oil and the rest 90% for biomass.

2.1.2 Preparation of palm shells activated carbon

Palm shells were mixed with saturated solution K$_2$CO$_3$ and kneaded. This mixture was then dried in an oven at 110°C for 24 h to prepare the impregnated sample. In this work, 0.5, 0.75, 1.0, 1.5 and 2.0 impregnation ratios were used. The impregnation ratio is given by

\[
\text{Impregnation ratio} = \frac{\text{weight of K}_2\text{CO}_3 \text{ in solution}}{\text{weight of palm shell}}
\]

A typical carbonization run began by changing 100 g of impregnated sample in the reactor and heated up to the carbonization temperature in flowing stream of nitrogen (15 l/min). The temperature of reactor was increased at the rate of 10°C/min, until it reached the final carbonization temperature. The carbonization temperature was varied from 600 to 1000°C with activation duration of 2h. After carbonization, the sample was cooled down under nitrogen (N2) flow and was washed sequentially several times with hot water, and finally with cold distilled water to remove residual chemicals. Then the sample was dried at 110°C [32].

2.1.3 Physical Activation

The palm shell were loaded into a stainless steel reactor, which was heated up by an electrical tube furnace. In the initial stage, the reactor was heated up to 300°C and was kept at this temperature for 30 minutes. The temperature was later ramped up to about 800°C. At this rate, Palm shell were completely pyrolyzed. Water was then injected at the flow rate of 120 mL/hr to the reactor to activate the samples. The reaction between steam and carbon was taken place and pore was generated. After completing the activation process, the reactor was cool down, the samples was taken out and washed using distilled water [31].

2.1.4 Chemical Activation

Palm shell were mixed with ZnCl$_2$ solution with the ratio 1:1 (mass basis) and kept for about 24h at room temperature. The samples were then transferred into a stainless steel reactor Nitrogen gas flow of 200 mL/min was used for making inert environment inside the reactor and transporting out the volatile compounds. The reactor was heated to 550°C and was kept at this temperature for about 1h. After the activation process was completed, the reactor was cool down and the samples were taken out and washed repeatedly for about 5 times with distilled water to remove access chemical from adsorbents. The list of adsorbent samples prepared in this study is shown in Table 1 [31].

| Sample                          | Activating agent concentration (%) | Yield (%) |
|---------------------------------|-----------------------------------|-----------|
| Physical activated carbon from PKS (PPAC) | Steam flow 10% of solid/min for 1h | 22        |
| Chemical activated carbon from PKS (PCAC) | ZnCl$_2$ 60% of solid | 44        |

Table 1. List of adsorbent samples prepared
2.2 BTEX and Effect to Human Health

Benzene, toluene, ethylbenzene and xylene (BTEX) are the most common VOCs found in various places and are classified as the air pollutants that hazardous to human [33] – [34]. It is volatile and easy to evaporate at temperature higher than 20°C. The largest contributors of BTEX to atmospheric was obtained from petrochemical fuel derivatives. Combustion of gasoline and diesel fuels especially for the vehicles contributes to the release of BTEX compound to atmospheric. It is also can be used as intermediates in the synthesis of organic compound for many consumer products. High concentration of BTEX can be retrieved from oil and gas operation [35], automotive industry and storage tank filling [35] - [36]. In addition, municipal waste, traffic, industrial, plastics, solvent extraction and agriculture effluents are the other important source [37]. BTEX compound is well known as the compounds that are harmful to environment and human health though various pathways. The exposure to human especially by direct inhalation may cause adverse effect on human health. The most frequently adverse impacts of BTEX on human health are mainly respiratory irritation and central nervous system damage [38]. Furthermore, the function and development of reproductive system, immune system and metabolic system may be affected if there is long-term exposure. It can be seen by several diseases such as aplastic anaemia and acute myelogenous leukaemia which is caused by benzene, while exposure to ethylbenzene and xylene were also reported can cause acute eye and skin irritation. BTEX are also reported to have significant contribution in formation of oxidants or other air pollutants such as ozone polycyclic aromatic hydrocarbon and ultrafine particles in the atmosphere which may cause serious environmental issues such as haze and ozone depletion [35], [39]. According to Department of Occupational Safety and Health Malaysia, based on Industry Code of Practice 2010, the acceptable limit for total VOCs are 3 ppm. Therefore, the method for BTEX removal has gained increasing attention [40].

3. Methodology

The methodology clearly describe in order to achieve the objectives of the research study as stated in introduction. Therefore, the good findings and data must be obtained and performed neatly. The main purpose of these project is to determine the efficient adsorbent properties of palm shell as activated carbon. Figure 1 show the flowchart of producing palm shell as activated carbon.

![Flow Chart](image-url)
3.1 Collecting Raw Materials
In this study, the materials used to produce activated carbon are palm shells. The raw materials which are palm shell are collected at nearest Batu Pahat and Pagoh area.

![Figure 2. Raw Material of Palm Shell](image)

3.2 Carbonization Process
Once the raw materials are free from any dirt, bamboo and palm shell were sun dried to remove excess moisture. The next stage of producing activated carbon is called carbonization process. The formation is black and composed of carbon.

![Figure 3. Carbonization process of raw materials](image)

3.3 Sieving Process
After the carbonization process, the mixture of bamboo and palm shell were crushing from big sizes into smaller size then ready for sieving process. During this process, the desired product was in powder form. The sample was screened through 50-micron sieve. The mixture was sieved for several times so that the desired particle carbon sizes was collected.

![Figure 4. Sieving process of particle carbon](image)

3.4 Activation Process
The production of activated carbon will be done by chemical activation process. There were three chemicals will be used which are KOH, NaOH and H₃PO₄. The composition of the chemicals used to produce activated carbon are based on previous studies that mention in Table 2.
Table 2. Composition of chemical to mix with activated carbon.

| Chemical agent | Composition | References |
|----------------|-------------|------------|
| H₃PO₄         | 85%         | (Arami-Niya et al., 2011) |
| NaOH          | 1000 mg/L   | (Koo et al., 2015)          |
|               | 10 to 300 mg/L | (Anirudhan and Sreekumari, 2011) |
| KOH           | 50%         | (Abechi et al., 2013)       |

The samples which are palm shell will be soaked in the chemical mentioned in the above table. The mixtures are then dried in an oven [32]. This process is known as impregnation process. Next, it is followed by carbonization and activation process in which the lower temperature will be used. According to the study by Rosas et al. (2009), it is reported that the duration of activation for the formation of activated carbon from lingo-cellulosic raw materials using chemical is about 2 hours to ensure all volatile content are removed from the precursor.

3.5 Cooling and Drying of Activated Carbon

The samples are allowed to cool down after the chemical activation process, then hot distilled water will be used to wash the sample until the pH of the washing effluent reach approximately in pH 7 which is neutral. This process is done to ensure the large amount of the pore available for the adsorption as well as ensure the removal and recovery of the chemical used in previous process. The washed product is then dried in an oven and sieve again to obtain the desired size of activated carbon [41].

4. Testing of Activated Carbon

4.1 Testing of activated carbon via Fourier Transform Infrared Spectroscopy (FTIR)

The characterization of the activated carbon will be done using Agilent Fourier Transform Infrared Spectroscopy (FTIR) to identify the possible functional group such as -OH, C=C, C=O and C-O groups in the activated carbon which indicates the polarity of the activated carbon that responsible to act as absorbent. The FTIR will be recorded at room temperature with the spectrum range of 500-6000 cm⁻¹. For this activated carbon we found the result in range 500-6000 cm⁻¹ [42].

4.2 Testing of activated carbon via Scanning Electron Microscopy (SEM) and Energy Dispersive X-Ray Spectroscopy (EDS)

The sample will be characterized by Scanning Electron Microscopy (SEM) to determine the surface morphology of the activated carbon prepared. The morphology included the distribution of the particles, roughness or smoothness of activated carbon surface, impurities and pore visible on the surface of activated carbon surface. Energy Dispersive X-Ray Spectroscopy (EDS or EDX) will be used for the characterization of the purity of activated carbon. It is done in conjunction with SEM for determination of chemical characteristic of the activated carbon. The EDS characterization is important to determine the adsorption capacity of the activated carbon because increased in purity of carbon will increase in adsorption power of activated carbon [42]. Figure 5 show the microstructure of activated carbon sample.
4.3 Preparation of sorbent tube

The sorbent tube is purchased from local warehouse. The tube will be clean using small metal brush to remove any residue in the tube and make sure it is clean. The tubes will be filled with the activated carbon manually. The weight of activated carbon will be inserted into sorbent tube are in the range of 50-200 milligram. The other end of the tube will be plugged with small plugs of silica wool (5 mm) to hold the material inside the tube. After that, the tubes will be sealed with caps (swage locks). Figure 6 shows the diagram of standard sorbent tube physical appearance [43]. Figure 7 show the physical appearance of the sorbent tube with palm shell activated carbon.

![Diagram of standard sorbent tube physical appearance](image)

**Figure 6.** Diagram of standard sorbent tube physical appearance [43]

![Physical appearance of the sorbent tube with palm shell activated carbon](image)

**Figure 7.** The sorbent tube physical appearance with palm shell activated carbon

5. Conclusion

The sorbent tube successfully develops by using palm shell as a sampling media. The sample of CT2 is the best carbonization rather than CT1 and CT3. Therefore, CT2 as a reference of activated carbon for VOCs emissions absorption.

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