Dynamical friction of massive objects in galactic centres

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ABSTRACT
Dynamical friction leads to an orbital decay of massive objects like young compact star clusters or Massive Black Holes in central regions of galaxies. The dynamical friction force can be well approximated by Chandrasekhar’s standard formula, but recent investigations show, that corrections to the Coulomb logarithm are necessary. With a large set of N-body simulations we show that the improved formula for the Coulomb logarithm fits the orbital decay very well for circular and eccentric orbits. The local scale-length of the background density distribution serves as the maximum impact parameter for a wide range of power-law indices of -1...-5. For each type of code the numerical resolution must be compared to the effective minimum impact parameter in order to determine the Coulomb logarithm. We also quantify the correction factors by using self-consistent velocity distribution functions instead of the standard Maxwellian often used. These factors enter directly the decay timescale and cover a range of 0.5...3 for typical orbits. The new Coulomb logarithm combined with self-consistent velocity distribution functions in the Chandrasekhar formula provides a significant improvement of orbital decay times with correction up to one order of magnitude compared to the standard case. We suggest the general use of the improved formula in parameter studies as well as in special applications.

Key words: Stellar dynamics – black hole physics – Galaxies: kinematics and dynamics – Galaxy: centre.

1 INTRODUCTION
Dynamical Friction is a subject with two faces. Many researchers think it is sufficiently well understood and studied since the classical work of Chandrasekhar [1943] and the many follow-ups. There is a duality between a collective gas-dynamic approach, studying responses in a continuum through which a test body moves, and a kinetic or particles approach where we consider a test particle moving through a sea of light particles. As is known since the realisation (both from theoretical structure formation models and HST observations of galaxy cores) that most cores of galaxies in the standard picture of hierarchical structure formation are embedded in cuspy distributions of dark matter (Navarro, Frenk, White [1997]; Lauer et al. [1995]). It means that in many galaxies the density profile of the dark matter, which is the main background for dynamical friction of dwarf galaxies, star clusters and compact objects is nowhere constant as assumed in the standard Chandrasekhar theory. This problem has led to the suggestion of an empirical variation of the Coulomb logarithm with radius, so as to account for the different efficiency of dynamical friction (Tremaine [1976]; Hashimoto et al. [2003]; In Just & Peñarrubia [2004])

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a detailed theoretical investigation of the parameter dependence in Chandrasekhar’s dynamical friction formula was given. An improved analytic approximation for the Coulomb logarithm was presented.

Recently some doubt has been cast on the validity of Chandrasekhar’s dynamical friction formula at all for certain density profiles, such as harmonic potential, constant density cores. [Read et al. 2006] claim that while in other density profiles it may work well (even in flattened systems, such as Peñarrubia, Just, Kroupa 2004 have shown, if corrections due to the velocity distribution are taken into account), harmonic cores are super resonant structures where resonances suppress dynamical friction. [Boylan-Kolchin et al. 2008] compare estimates of merger time scales of galaxies within dark matter halos obtained from Chandrasekhar’s dynamical friction formula with results of high resolution N-body simulations. They find that Chandrasekhar’s friction formula does not work well, though they attribute it to finite size and mass loss effects of the merging objects rather than resonant processes. Also [Inoue 2009] supported the result that dynamical friction ceases in harmonic cores, but doubt about resonant effects as the reason without giving further explanation.

The idea that dynamical friction tends to stop in harmonic cores is a phenomenon not so uncommon in other fields of stellar dynamics. For example in simulations of super-massive black holes in galactic nuclei [Dorband, Hensendorf, & Merritt 2003; Guandalris & Merritt 2008], dynamical friction brings the black hole into the core, where it then starts a wandering process attributed to random encounters / Brownian motion. Also in star cluster dynamics dynamical friction of heavy mass stars sinking to the centre will stall if random encounters support enough pressure in the core. We think it is unclear whether it is a resonant or a random process which stops dynamical friction in cores, but this problem deserves more detailed analytical and numerical attention. In numerical simulations it was shown [Nakano & Makino 1992a,b] that in elliptical galaxies the settling of a SMBH to the centre can form a shallow cusp in the stellar distribution of the core. In these simulations the influence radius of the SMBH was not resolved and there are also very few observations resolving the influence radius. The investigation of Merritt (2006) on the orbital decay of a massive secondary BH points in the same direction creating a shallow inner cusp.

In this paper, we assume Chandrasekhar’s dynamical friction ansatz as a working hypothesis to be valid at least in principle, but after studying the velocity distribution dependence in earlier papers [Just & Peñarrubia 2005; Peñarrubia, Just, Kroupa 2004] we focus here on the correction due to strong local density gradients, i.e. the opposite case to the disputed harmonic core situation. The detailed investigation of shallow cusps is postponed to a forthcoming paper. The generalised formula for dynamical friction is valid for extended objects like satellite galaxies or star cluster and for point-like objects like SMBHs. For extended objects the Coulomb logarithm is small and corrections to the relevant impact parameter regime are more significant than for SMBHs. Additionally the mass loss and the determination of the effective mass for dynamical friction must be taken into account [Fujii, Funato, Makino 2006; Fujii et al. 2008]. The present investigation is restricted to the orbital evolution of SMBHs.

Super-massive black holes, most likely to be present in merging galaxies from the early universe onwards [Kormendy & Richstone 1995; Hachnelt & Rees 1993; Ferrarese et al. 2001], will sink to the centres of galactic merger remnants by dynamical friction and ultimately coalesce themselves. [Fukushige, Ebisuzaki, Makino 1992; Makino & Ebisuzaki 1996; Berentzen et al. 2009]. Numerical simulations to follow this process in a particle-by-particle approach [Berczik, Merritt, & Spurzem 2003; Berczik et al. 2006; Makino & Funato 2004; Hensendorf, Sinurddson, & Spurzem 2002; Milosavljevic & Merritt 2001] are still too computationally expensive for realistic particle numbers, and so this situation requires another careful look at dynamical friction. Here not only the question of the influence of the ambient density gradient is important, but the test particle (super-massive black hole, single or binary) will typically violate also the other condition mentioned above, since it has small velocity (tendency towards equipartition) at least in the final phase of its approach to the centre. In [Merritt 2001] we find a comprehensive overview of dynamical friction for such objects in the limit of small velocities. An overview of how density gradients affect the sinking time-scales of massive black holes in galactic nuclei due to dynamical friction has apparently never been carried out. This is the aim of the present paper.

Dynamical friction time-scales are also important for another aspect of massive black hole (binary) dynamics, namely the eccentricity of the binary. Dynamical friction in homogeneous media tends to circularise initially eccentric binary orbits, since it is most efficient at low velocity in apo-centre. Density gradients, if treated with standard (constant) Coulomb logarithm should influence this effect. [Tsuchiya & Shimada 2000] provide a nice overview of how dynamical friction (including effects of density gradients and anisotropic velocity distribution) affects orbital shape (eccentricity), but they use the local epicyclic approximation. [Hashimoto et al. 2003] have shown that the circularisation problem can be solved by adopting a position dependent Coulomb logarithm. Recent models of three black holes in galactic nuclei show that dynamical friction together with three-body dynamics (e.g. Kozai effect) can induce extremely high eccentricities of the innermost black hole binary [Iwasawa, Funato, & Makino 2006; Amaro-Seoane et al. 2010]. Also, the cosmological growth of massive central black holes from minor and major merging depends sensitively on dynamical friction of satellite galaxies and massive black holes in a background of stars and dark matter [Volonteri, Haardt, Madau 2003; Volonteri 2007; Dotti et al. 2010].

Direct numerical simulations resolving the full range of impact parameters and relative velocities for taking dynamical friction correctly into account are still extremely tedious. Therefore it is very important to improve our theoretical ansatz for dynamical friction in non-standard cases. [Just & Peñarrubia 2005] an improved analytic approximation for the Coulomb logarithm was presented. In this article we concentrate on dynamical friction of compact objects in stellar cusps covering a wide range of parameters for circular and eccentric orbits. We present a comprehensive numerical analysis to test the general applicability of the Chandrasekhar formula with the new Coulomb logarithm. We take also into account the self-consistent velocity distribution functions entering the friction force.

In § the cusp models, the cumulative distribution functions and the Coulomb logarithm are discussed. In § the theory of the orbital decay is presented. In § the N-body and semi-analytic codes, which we are using to evolve our models, are described. In § a comparison of the numerical results with semi-analytic calculations is given. In § a brief discussion of some applications is presented and finally § includes concluding remarks.
2 DYNAMICAL FRICTION FORCE

Throughout the paper we use specific forces, i.e. accelerations. The dynamical friction force of a massive object with mass $M_{bh}$ and orbital velocity $V_{lb}$ in a sea of lighter particles is usually determined by adopting locally a homogeneous background density $\rho$ and an isotropic velocity distribution function. The result is a drag force anti-parallel to the motion, given by the standard formula of Chandrasekhar (Binney & Tremaine 1987)

$$V_{df} = -\frac{4\pi G^2 \rho M_{bh}}{V_{lb}^3} \chi \ln \Lambda \quad \text{with} \quad \chi = \frac{\rho(< V_{lb})}{\rho} \quad (1)$$

In general the functions $\chi$ and $\Lambda$ depend on the velocity of the massive object and on the properties of the background system.

2.1 Cusp models

In order to quantify the position dependence of the Coulomb logarithm we investigate the orbital decay of a massive object in stellar cusps. We investigate two general scenarios. In the self-gravitating case the gravitational force is dominated by the power-law cusp. Bulges and the cores of galaxies and of star clusters can be described in that way as long as the massive object is outside the gravitational influence radius of a central black hole (or additional mass concentration). The circular speed is coupled to the mass distribution by the Poisson equation.

In the Kepler case the gravitational force is dominated by a centrally concentrated mass $M_c$, which can be a central SMBH of the core of a self-gravitating stellar distribution. If the galactic nucleus already harbours a SMBH with mass $M_c$, the inner part of the cusp inside the influence radius is dominated by the Kepler potential of the SMBH. In this case the stellar distribution can be described by a Bahcall-Wolf cusp. The orbital evolution of a second BH entering this region of gravitational influence is quite different to the self-gravitating case. This will happen, if a small galaxy merges with a larger one, both harbouring a central BH. In the minor merger process the bulges of the galaxies will relax first to the new bulge and the massive SMBH will settle to the centre. Finally the second BH decays to the centre by dynamical friction.

Also in the outskirts of self-gravitating systems the density distribution may be approximated by a power law and the potential of a point-mass potential, if it is dominated by the mass concentrated at the centre. We investigate two cases with steep power law distributions to test the maximum impact parameter dependence of the Coulomb logarithm. The Plummer sphere with an outer density slope of $-5$ and the Dehnen models with a slope of $-4$ are the most extreme cases.

2.1.1 Power law profiles

For analytic estimations we use idealised power law distributions for the background particles. For both cases (self-gravitating and Kepler potential) the density profile of the cusp and the cumulative mass profile can be approximated by the functions

$$M(y) = M_c + M_i y^n \quad \text{with} \quad y = \frac{R}{R_0} \quad (2)$$

$$\rho(y) = \rho_0 y^{\chi-3} \quad \text{with} \quad \rho_0 = \frac{\eta M_i}{4\pi R_0^3} \quad (3)$$

It is comfortable to normalise all quantities to the initial values of the orbit. The initial position of the object is $R_0 = R(t = 0)$ leading to $y_0 = 1$, the enclosed mass is $M_0 = M(y_0)$, and the circular velocity at $R_0$ is $V_{c,0} = V_c(R_0) = \sqrt{GM_0/R_0}$. For the self-gravitating case we simply set $M_c = 0$ leading to $M_0 = M_i$ via Eq. (2). In the Kepler case we must distinguish between $M(y) \approx M_c = \text{const.}$ for the gravitational forces leading to the circular velocity with $V_{c}^2 = GM_i/R_0 y^{-1}$ and the local density determined by $M_c$. The case $\eta = 5/4$ corresponds to the Bahcall-Wolf (BW) cusp of stationary equilibrium with constant radial mass and energy flow (Bahcall & Wolf 1976; Lightman & Shapiro 1976).

We normalise all velocities to the local circular velocity $V_c$ instead of the velocity dispersion $\sigma$ by

$$u = v/V_c \quad \text{and} \quad U = V_{lb}/V_c \quad (4)$$

The velocity dispersion in self-gravitating cusps behaves quite different for different $\eta$ (Tremaine et al. 1994). For $\eta > 2$ the kinetic pressure $\rho \sigma^2$ converges to a finite value at the centre, which depends on the outer boundary conditions. The transition case with $\eta = 2$ is of special interest, because it corresponds to the $\rho \propto y^{-1}$ cusp as in the standard NFW cusp and in the Hernquist model. In this case the kinetic pressure $\rho \sigma^2 \propto (C - \ln y)$, where the constant $C$ is also determined by the outer boundary conditions. In a Kepler potential the isotropic distribution function degenerates for $\eta = 5/2$, because it is completely dominated by particles with low binding energy. Dependent on the outer boundary conditions the distribution function can vary between a $\delta$-function at the escape velocity (i.e. at $E = 0$) and a power law $\propto |\ln y|^{-1}$ with some cut-off at $E \approx 0$. For a secondary black hole on a bound orbit in an idealised isotropic cusp the $\chi$-value in Eq. (1) becomes very small for $\eta > 2$ and tends to zero for $\eta = 5/2$ leading to an unrealistically small dynamical friction force. Any change in the outer boundary conditions, small perturbations to the isotropy, or the effect of higher order terms in the dynamical friction force become important.

$U$ can be converted to the standard $X$ variable with the normalised circular velocity $X_c$ by

$$X_c = X_c U \quad \text{with} \quad X_c^2 = \frac{V_c^2}{2\sigma^2} \quad (5)$$

Inserting Eq. (A9) into Eq. (5) we find

$$X_c^2 = \begin{cases} \frac{2 - \eta}{2 - \eta} & \eta < 2.5 \quad \text{Kepler} \\ \frac{2 - \eta}{2 - \eta} & \eta < 2 \quad \text{self-gravit.} \\ \frac{[2(C - \ln y)]^{-1}}{2} & \eta = 2 \quad \text{self-gravit.} \\ C' y^{(2\eta-4)/2} & 2 < \eta < 3 \quad \text{self-gravit.} \end{cases} \quad (6)$$

which is independent of position $y$ for the Kepler potential and the self-gravitating cusp with $\eta < 2$. For a shallow self-gravitating cusp with $\eta > 2$ the integration constant $C'$ depends on the outer boundary conditions of the realisation of the cusp. The details of the distribution functions are described in App. A.

2.1.2 Physical models

In many simulations of stellar cusps it turned out that the setup of an initial cusp distribution in dynamical equilibrium with an unphysical outer cutoff is not stationary. The density profiles evolve deep into the inner cusp region. Therefore it is necessary to set up initial particle distributions and velocities with a well-defined outer cutoff of the cusp distribution.

For the self-gravitating cusps we use Dehnen models (Dehnen 1993) with an outer power law slope of $-4$ for the density. These models are identical to the $\eta$-models of Tremaine et al. (1994).
Density and cumulative mass are given by
\[
M(y) = M_1 \left( \frac{y}{y_a + y} \right)^{\eta} y_a = \frac{a}{R_0} \tag{7}
\]
\[
\rho(y) = \frac{\rho_0}{y^{3-(\eta y_a + y)^{1+\eta}}}, \quad \rho_0 = \frac{\eta M_1 y_a}{4\pi R_0^3}
\]
with \(\eta\) for the conversion for \(\rho_0\). The Jaffe and Hernquist models correspond to \(\eta = 1\) and \(\eta = 2\), respectively. Well inside the scale radius \(r\) the particles behave asymptotically like in the idealised power law distributions.

For the Kepler potential case we investigate two different scenarios. In the first case we investigate power law cusps in the vicinity of a central SMBH with mass \(M_c\), i.e. the BW cusp and a shallower Hernquist (He) cusp. There are no exact distribution functions known describing the Kepler potential part inside the influence radius of the SMBH and the transition to a self-gravitating outer regime. Tremaine et al. (1994) generalised their \(\eta\) models by including the gravitational potential of a central SMBH and derived the power law distribution function (Eqs. [A1] and [A10]) well inside the influence radius, which is comparable to the scale radius \(r\). In Matsubayashi et al. (2007) this approximation was adapted to a Plummer model instead of a \(\eta\)-model. This model has two advantages. Firstly the steeper slope in the outer part saves particles and computation time for simulations of BW cusps. Secondly the power law distribution function of the Plummer sphere is exact also in the inner part. Therefore realisations with smaller SMBH masses relative to the cusp mass are closer to equilibrium. The cumulative mass and density distribution are given by
\[
M(y) = M_1 \left( \frac{y^2}{y_a^2 + y^2} \right)^{\eta/2}, \quad 0 < \eta \leq 3 \tag{8}
\]
\[
\rho(y) = \frac{\rho_0}{y^{3-(\eta y_a + y)^{2(\eta/2)+1}}}, \tag{9}
\]
where \(M_1\) is the total mass of stars in the cusp. The approximate DF is
\[
f(E) = f_0 E^{7/2} (E_0^a + E^a)^{-(\eta+2)/s}, \tag{10}
\]
where
\[
f_0 = \left( \frac{f_1}{f_0} \right)^{-1/(\eta+2)} \tag{11}
\]
\[
f_0 = \frac{\eta M_1 \Gamma(4-\eta)}{2^{7/2} \pi^{5/2} M_c^{3-\eta} \Gamma(5/2-\eta)} \tag{12}
\]
\[
f_1 = \frac{8 \sqrt{2} \eta M_1}{7 \pi^3}. \tag{13}
\]
Here \(E\) is the binding energy and \(s = 5\). We used these equations with \(\eta = 5/4\) for the BW cusp. The constant \(f_0\) represents the BW cusp. \(f_1\) the Plummer model and \(E_0\) is the transition threshold in energy. The He cusp is realised in a similar way.

The outskirts of Dehnen models (DE) and the Plummer model (PL) can also be approximated by cusps in a Kepler potential using asymptotic expansions in \(y\). From an identification of the density slopes for Dehnen and Plummer of -4 and -5, respectively, with \(\eta_0 = -3\) in Eqs. [8] we find \(\eta_0 = -1\) and \(\eta_0 = -2\) for the outskirts (here we use the index 0 in order to distinguish it from the parameter \(\eta\) in the core). This leads with Eqs. [A10] to the correct distribution functions in Eqs. [A11] for the Dehnen models and the Plummer sphere in the limit of small energies. If we now identify \(M_1\) with the mass deficiency compared to the total mass \(M_c\), then Eqs. [2] and [3] also hold for these cases. We find for the Dehnen models
\[
M(y) \approx M_c \left( 1 - \eta_0 y_a y^{-1} \right) = M_c + M_c y^{\eta_0} \tag{14}
\]
\[
\rho(y) \approx \rho_0 y^{-4} = \rho_0 y^{\eta_0-3}, \quad \eta_0 = -1, \quad M_1 = -\eta M_c y_a \tag{15}
\]
\[
\rho_0 = \frac{\eta M_1 y_a}{4\pi R_0^3} \tag{16}
\]
and similarly for the Plummer sphere
\[
M(y) \approx M_c \left( \frac{y^2}{y_a^2 + y^2} \right)^{3/2} \approx M_c \left( 1 - \frac{3}{2} y_a y^{-2} \right) \tag{17}
\]
\[
\rho(y) \approx \rho_0 \left( \frac{y_a^2 + y^2}{} \right)^{-5/2} \approx \rho_0 y^{-5} = \rho_0 y^{\eta_0-3}, \quad \eta_0 = -2, \quad M_1 = -\frac{3}{2} M_c y_a \tag{18}
\]
\[
\rho_0 = \frac{3 \eta M_1 y_a}{4\pi R_0^3} = \frac{\eta M_1}{4\pi R_0^3} \tag{19}
\]
completely consistent with the power law cusp description.

2.2 Cumulative distribution functions

The cumulative distribution function \(\chi(U)\) of the normalised 1-dimensional distribution function \(F(u)\) measures the fraction of background particles with velocity smaller than \(U = V_{\text{th}}/V_c\). We are using the self-consistent \(\chi\) functions which are derived in appendix A for the different models. They are significantly different to \(\chi_s(U)\) of the standard Maxwellian which is usually adopted for Chandrasekhar’s formula. In most applications of the standard formula the local velocity dispersion is not known. Instead \(X_c = 1\) as in the singular isothermal sphere is adopted leading to the identification of \(X = U\). In Fig. 1 the correction factors \(\chi(U)/\chi_s(U)\) entering the friction force formula Eq. 14 are shown. The different lines give the results for the self-gravitating cusps as a function of \(\eta\). We show the values for the circular velocity \(U = 1\) (full line) and for \(U = 0.7, 1.4\) (dotted and dot-dashed line), typical values for apo- and peri-centre velocities, respectively. In shallow self-gravitating
the efficiency of dynamical friction is reduced roughly by a factor of \( \eta \) due to the larger fraction of high velocity particles. In steep cusps dynamical friction is larger compared to the isothermal case, but with systematic deviations from the simple scaling for higher velocities \( U \) during peri-centre passage due to the finite escape velocity. The circles in Fig. 1 show \( \chi(U)/\chi_c(U) \) for the BW and HE cusp (open symbols) and the outskirts of the Plummer (PL) and Dehnen (DE) spheres (full symbols) at the corresponding values for \( \eta = 5/4, 2, -2, -1 \), respectively. For the HE case we used the numerically realised values (see also figure 2).

For circular orbits the orbital decay time varies up to factor larger than two compared to the standard formula due to the self-consistent \( \chi \) functions. For the evolution of the orbital shape, the relative variation of the friction force between apo- and peri-centre is also important (see Sect. 5.1.3).

### 2.3 Coulomb logarithm

The main uncertainties in the magnitude and parameter dependence of the dynamical friction force is hidden in the Coulomb logarithm \( \ln \Lambda \), which gives the effective range of relevant impact parameters and is up to now a weakly determined quantity. Since this formula is applied to wide ranges of parameters, it is very useful to have the explicit parameter dependence of \( \ln \Lambda \) instead of fitting a constant value for each single orbit. In Just \& Peñarrubia (2005) the effect of the inhomogeneity of the background distribution on the dynamical friction force with Chandrasekhar’s approach was discussed. The authors derived the approximation

\[
\ln \Lambda = \ln \left( \frac{b_{\text{max}}}{\sqrt{b_{\text{min}} + \eta a_{90}}} \right) \approx \begin{cases} \ln \left( \frac{D_r}{\eta a_{90}} \right) & \text{unres. or ext.} \\ \ln \left( \frac{D_r}{b_{\text{min}}} \right) & \text{point-like.} \end{cases}
\]

The Coulomb logarithm depends on the maximum and minimum impact parameter \( b_{\text{max}} \) and \( b_{\text{min}} \), resp., and for point-like objects on \( a_{90} \), the typical impact parameter for a 90°-deflection in the 2-body encounters. Just \& Peñarrubia (2005) found that the maximum impact parameter is given by the local scale-length \( D_r \) determined by the density gradient, i.e.

\[
b_{\text{max}} = D_r \equiv \left( \frac{\rho}{\nabla \rho} \right) \frac{R}{3-\eta} \quad \eta \leq 2.
\]

In an isothermal sphere \( b_{\text{max}} \) is a factor of 2 smaller than the distance \( R \) to the centre. In shallow cusps with \( \eta > 2 \) the local scale length \( D_r \) exceeds the distance to the centre. In that case, the local-scale-length may be substituted by \( R \) (but see also Read et al. 2006) for additional suppression of dynamical friction in homogeneus cores.

For point-like objects like BHs the effective minimum impact parameter \( a_{90} \) is given by the value for a 90°-deflection using a typical velocity \( v_{\text{typ}} \) for the 2-body encounters

\[
a_{90} = \frac{GM_{\text{bh}}}{v_{\text{typ}}^2} \approx \frac{GM_{\text{bh}}}{2\sigma_{\text{typ}}^2 + V_{\text{typ}}^2} = \frac{X_c}{1 + X_c} \frac{M_{\text{bh}}}{M(y)} R = \frac{3}{2(1 + X_c^2)} \tag{18}
\]

If the motion of a point-mass is numerically derived by a code, where \( a_{90} \) is not resolved, the minimum impact parameter is determined by the effective spatial resolution of the code. In our simulations we use the direct particle-particle code (PP) eGRAPE with softening length \( \epsilon \) and the Particle-mesh code (PM) SUPERBOX with grid cell size \( d_c \). We use

\[
b_{\text{min}} = \begin{cases} 1.5 \epsilon & \text{PP code} \\ d_c/2 & \text{PM code} \end{cases}
\]

These values are a property of the numerical code and do not depend on the application. They are determined by numerical experiments (see also below). For extended objects like star clusters a good measure of the minimum impact parameter \( b_{\text{min}} \) is the half-mass radius \( r_h \).

The parameter dependence of \( b_{\text{max}} \) and \( a_{90} \) leads to a position dependence of \( \ln \Lambda \), which affects the decay time \( \tau_{\text{dec}} \) (see Eq. 29) and which also reduces the circularisation of the orbits resolving a longstanding discrepancy between numerical and analytical results. Using the distance to the centre as maximum impact parameter was proposed by different authors (Tremaine 1976; Hashimoto et al. 2003), but the effect on orbital evolution was never investigated in greater detail or for larger parameter sets.

On circular orbits the local scale-length \( D_r \) and the deflection parameter \( a_{90} \) are position dependent. On eccentric orbits \( a_{90} \) depends additionally on the velocity. Therefore \( \ln \Lambda \) varies systematically during orbital decay and for eccentric orbits along each revolution. This has consequences on the decay time and on the evolution of orbital shape. In eccentric orbits the dynamical friction force varies strongly between apo- and peri-galacticon mainly due to the density variation along the orbit. The variation due to higher pericentre velocity and to the position dependent Coulomb logarithm weakens the differences. All these factors depend on the slope of the cusp density. That means that the effective Coulomb logarithm averaged over an orbit depends differently on the eccentricity for different values of \( \eta \).

In the case of circular orbits with constant \( X_c \) the position dependence of the Coulomb logarithm (eq. 16) can be parametrised by

\[
\ln \Lambda = \ln (\lambda_0 y^3). \tag{20}
\]

Deep in shallow self-gravitating cusps with \( \eta > 2 \) the contribution from the circular velocity vanishes and \( \Lambda \) is also described by eq. (20). With Eq. (15) the Coulomb logarithm is

\[
\beta = 1 \quad \lambda_0 = \frac{1}{(\epsilon_{\text{typ}}/a_{90})} \quad \text{extended or unresolved} \tag{21}
\]

for extended objects and for point-like objects we find

\[
\beta = 0 \quad \lambda_0 = \frac{1}{(\epsilon_{\text{typ}}/a_{90})} \quad \text{Kepler} \tag{22}
\]

\[
\beta = 4 - \eta \quad \lambda_0 = \frac{1}{(\epsilon_{\text{typ}}/a_{90})} \quad \text{self-grav., } \eta < 2 \tag{22}
\]

\[
\beta = 4 - \eta \quad \lambda_0 = \frac{1}{(R_{\text{min}}/a_{90})} \tag{22}
\]

We see that the motion of a point-like object in a Kepler potential is also described by a constant Coulomb logarithm, because the linear dependence of \( D_r \) and \( a_{90} \) cancel. The standard case corresponds to \( \beta = 0 \) with \( R_0 \) instead of \( D_r \) and \( r_g \) instead of \( a_{90} \) in equation (16) leading to

\[
\ln \Lambda = \begin{cases} \ln \left( \frac{R_0}{a_{90}} \right) & \text{unres. or ext.} \\ \ln \left( \frac{3}{2(1 + X_c^2)} \epsilon_{\text{typ}} M_{\text{bh}}^2 \right) & \text{point-like.} \end{cases}
\]

In a recent investigation Spinnato et al. (2005) determined in a series of N-body calculations quantitatively the value of the Coulomb logarithm. They calculated the orbit of a massive point-like object moving through a background of stars with a power law cusp close to a singular isothermal sphere using different numerical codes (including SUPERBOX) and different parameters. They adopted a constant Coulomb logarithm and found that \( b_{\text{max}} \) is systematically about a factor of two smaller than the initial distance \( R_0 \) to the centre. Additionally they restarted the orbital evolution at smaller initial distances and find a smaller best-fitting \( \ln \Lambda \). For \( a_{90} \) they also found a value significantly smaller than the kinematically
defined gravitational influence radius $r_c$ of the moving BH. An inspection of the results of [Spinnato et al. 2003] shows, in spite of their slightly different interpretation, that they are fully consistent with equations [16]–[20] $\beta \approx 1$ leading to a linear decrease of $\Lambda$ for the resolved and the unresolved cases; $b_{\text{max}} = D_r \approx R_0/2$; $b_{\text{min}} = d_c/2$ for the PM code SUPERBOX; $a_0 = 0.75 r_c$.

3 ORBITAL DECAY IN GALACTIC CENTRES

We consider the orbital decay of a massive object in central stellar cusps in detail. We investigate the effect of the varying Coulomb logarithm $\ln \Lambda$ and of a self-consistent distribution function $f(E)$ instead of the standard Maxwellian on the decay rate. The dynamical friction force (Eqs. [1]) depends on the background distribution via the local density of slow particles $\rho(< V_{\text{to}}) = \rho \chi$, the density gradient, i.e., $D_r$, and the circular velocity $V_c$.

Here we give the explicit solution for a massive object moving on a circular orbit in a power law density profile. The background distribution is a self-gravitating stellar cusp with the corresponding self-consistent distribution function $f(E)$ or a stellar cusp in a Kepler potential. We use $\chi_0 = \chi(U = 1)$ for the circular speed. The initial decay timescale for angular momentum loss is given by

$$
\tau_0 = -V_{\text{c}} V_{\text{df},0} = \frac{1}{2\pi \eta \chi_0 \ln \Lambda_0 M_{\text{bh}} M_0} \frac{M_0^2}{M_\odot} T_0
$$

$$
= 14.9 \frac{\eta \chi_0}{\eta \chi_0 \ln \Lambda_0} \left[ \frac{R_0}{M_0} \frac{M_0}{M_\odot} \eta^3 \frac{M_\odot}{M_0} \right]^{3/2} \frac{M_0}{M_\odot}^{-1} \frac{V_0}{V_\text{c}} \text{ Myr.}
$$

The first expression is in units of the orbital time $T_0 = 2\pi R_0 / V_{\text{c}}$ and the second expression is in physical units. In the case of a self-gravitating cusp the enclosed mass $M_0$ equals $M_\odot$ and $\tau_0$ is proportional to $M_\odot^{3/2}$. In the Kepler case $M_0$ equals $M_\odot$ and $\tau_0$ is proportional to $M_\odot^2$.

For the radial evolution $y(t)$ of circular orbits with varying Coulomb logarithm ($\beta \neq 0$) we find the implicit solution (Appendix [B])

$$
t = \tau_{\text{df}} \frac{\ln z_0}{z_0} \left| Ei(\ln z_0) - Ei(\ln z(y)) \right|, \quad \kappa, \beta \neq 0
$$

$$
z = z_0 y^{2\kappa/\beta}
$$

$$
2\kappa = \begin{cases} 
3 - 2\eta & \text{Kepler} \\
3 + \eta & \text{self-grav.}
\end{cases}
$$

and for the special cases the explicit solutions

$$
y(t) = \begin{cases} 
\left[ 1 - \frac{1}{\alpha} \right]^{1/\alpha} & \kappa \neq 0, \beta = 0 \\
\Lambda_0^{(\exp(-t/\tau_{\text{df}})-1)/\beta} & \kappa = 0, \beta \neq 0 \quad \text{Kepler} \\
\exp \left( -\frac{1}{\tau_{\text{df}}} \right) & \kappa = \beta = 0 \quad \text{Kepler}
\end{cases}
$$

(26)

The angular momentum evolution can be easily calculated by

$$
L(t) = \sqrt{GM(y)R} = L_0 \times \begin{cases} 
\frac{y^{1+\eta}}{y^{1/2}} & \text{self-grav.} \\
\frac{y^{1/2}}{y^{1/2}} & \text{Kepler}
\end{cases}
$$

with $L_0 = \sqrt{GM_\odot R_0}$. We introduced

$$
\tau_{\text{df}} = \tau_0 \times \begin{cases} 
\frac{1+\eta}{\eta(1+\eta)} & \kappa \neq 0 \\
\frac{1}{\eta} & \kappa = 0, \beta \neq 0 \\
\frac{1}{\kappa} & \kappa = \beta = 0
\end{cases}
$$

(28)

and $|\tau_{\text{df}}|$ measures the decay timescale. The first line of eq. [26] reproduces the special solution given in [Spinnato et al. 2003].

For shallow cusps with $\eta > 3/2$ in a Kepler potential $\kappa$ becomes negative leading to a negative $\tau_{\text{df}}$. In that case $\ln z_0$ is also negative and there is formally a stalling of the orbital decay for $\beta > 0$ when $\Lambda$ approaches unity. In case of $\beta = 0$ equation [26] yields an infinite decay time to the centre.

Also for positive $\kappa$ the total decay time with varying $\ln \Lambda$ is not well-defined, because the approximations in eq. [15] breaks down for $\ln \Lambda < 1$. In order to get an analytical estimate of the effective decay time $\tau_{\text{dec}}$ we choose the time needed to decrease $\ln \Lambda$ from the initial value $\ln \Lambda_0$ to $\ln \Lambda = 0.3725\beta/\kappa$, where $Ei(\ln z) = 0$. For $\ln z_0 \gg 1$ it can be estimated from eq. [28] with the help of the asymptotic expansion $Ei(x) \sim e^x (1/x + 1/x^2)$ (8.216) [Gradshteyn, Ryzhik 1980]

$$
\tau_{\text{dec}} = \left[ 1 + \frac{\beta}{\kappa \ln \Lambda_0} \right] \tau_{\text{df}} \quad \text{for} \quad \frac{\kappa}{\beta} \ln \Lambda_0 \gg 1.
$$

The correction factor quantifies the effect due to the position dependence of the Coulomb logarithm, if $\beta \neq 0$. For a negative $\kappa$ (as realised in the Hernquist cusp HE) the last term in eq. [25] dominates and diverges as $\Lambda$ approaches unity. Therefore we define a decay timescale for a fixed minimum value $y_{\text{dec}}$ (e.g. three times the stalling radius) by

$$
\tau_{\text{dec}} = \frac{\ln z_0}{z_0} \left| \ln z \right| \tau_{\text{df}} \quad \text{for} \quad \left| \ln z \right| = \frac{-\kappa}{\beta} \ln \Lambda \ll 1.
$$

(30)

For $\kappa = 0$ and $\beta \neq 0$ the orbital decay of the BH would also stall at $\ln \Lambda = 0$. Only for $\kappa > 0$ and $\beta = 0$ there is a finite time $\tau_{\text{df}}$ to reach the centre. For completeness we mention that for a negative $\beta$ the total decay time to the centre would be finite due to the enhanced friction force by an increasing Coulomb logarithm. But for all realistic cases we find $\beta > 0$.

The standard case of dynamical friction corresponds to the isothermal sphere and a constant Coulomb logarithm, i.e. initial enclosed mass $M_0$ at radius $R_0$ with $\eta = 1$ and $\beta = 0$ in Eq. [25]. We use the decay time of the standard case

$$
\tau_{\text{df}} = \frac{1}{\chi_0 \ln \Lambda_0 M_{\text{bh}} V_0} \times \begin{cases} 
\frac{1}{\eta} & \text{self-grav.} \\
\frac{1}{\kappa} & \text{Kepler}
\end{cases}
$$

(31)

as given also in [Binney & Tremaine 1987] (7-26) as normalisation. For more details of the orbital evolution see App. [B].

3.1 Self gravitating cusps

In Fig. 2 the orbital decay $y(t)$ of circular orbits is presented. The differences in the orbital evolution are caused by the combination of using self-consistent density profiles and distribution functions and by the position dependence of the Coulomb logarithm. The standard case with $\ln \Lambda = \text{const.}$ ($\beta = 0, \eta = 1$) is given by the black broken-dotted line. For point-like objects $y(t)$ is given in the top
Dynamical friction of massive objects

Figure 2. Radial evolution of circular orbits in cusps. We have used $M_{\text{bh}} = 10^{-2} M_\odot$ and $r_{\text{h}} = 6.7 \times 10^{-3} R_\odot$ leading to the same $\ln \Lambda_0 = 5.0$ for the standard case with $\beta = 0$, $\eta = 1$. For the four Kepler cases Bahcall-Wolf cusp (BW), Hernquist cusp (HE), Dehnen (DE) and Plummer (PL) outskirts with $\eta = 1.25$ and $\eta = -2.0$ we have chosen the initial cusp masses $M_t/M_c = 0.5$, $0.5$, $-0.225$, $-0.06$, respectively. The top panel is for point-like objects and the lower panel for extended objects.

Figure 3. Relative variation of total decay times (eq. 29) normalised to the standard case of constant Coulomb logarithm. We used the same parameters as in Fig. 2. Open symbols are for positive $\eta$ and full symbols for negative $\eta$.

panel. Orbits for different power law indices $\eta$ with varying $\ln \Lambda$ are plotted. The full red line shows in an isothermal core the delay due to the position dependence of $\ln \Lambda$ and the slightly smaller initial value of $\ln \Lambda_0 = 4.6$ instead of 5.0. In the bottom panel the evolution for the same values of $\eta$ are shown for extended bodies. The parameters are chosen to give the same Coulomb logarithm $\ln \Lambda_0 = 5.0$ in the standard case.

In Fig. 2 the variation of the effective decay time as a function of $\eta$ is shown for point-like and extended objects. Some care should be taken to use these numbers, because the innermost radius reached at time $t_{\text{dec}}$ depends on $\eta$. But the general parameter dependence of $t_{\text{dec}}$ gives some insight in the physics of the orbital decay in cusps. The effective decay time of circular orbits in self-gravitating cusps is affected by the following aspects:

- **Density profile** With decreasing $\eta$ the mass $M_t$ is more and more concentrated to the centre leading to a smaller density in the outer regions. This results in a smaller dynamical friction force and prolonged $t_{\text{dec}}$.
- **Distribution function** With decreasing $\eta$ the fraction of slow particles $\chi_0$ increases considerably from 0.2 to 0.7, reducing the effect of the smaller density in the outer parts.
- **Coulomb logarithm** The position dependence of $\ln \Lambda$ leads to a moderate delay in orbital decay in the later phase. The effect is strongest for large values of $\eta$.
- **Extended bodies** For extended bodies like star clusters $\ln \Lambda$ is generally smaller compared to point-like bodies, because the minimum impact parameter is larger. Compared to the standard case, the prolongation factor is only weakly dependent on $\eta$.

In the case of eccentric orbits there is an additional effect of the variation of $\ln \Lambda$, because along these orbits the relative strength of the friction force at apo- and peri-centre is changed.

3.2 Kepler potential

In case of a Kepler potential the cusp mass distribution is decoupled from the potential and the enclosed cusp mass $M_t$ is an additional free parameter. We discuss the explicit solutions for four cases. Well inside the influence radius of a central SMBH the stellar distribution can be described by a cusp in a Kepler potential. We present the orbital decay in the Bahcall-Wolf cusp and the shallow cusp of a Hernquist profile. In the outskirts of self-gravitating systems the density distribution may be approximated by a power law and the potential by a point-mass potential, if the density profile is steep enough. We investigate two cases with steep power law distributions to test the maximum impact parameter dependence of the Coulomb logarithm. The Plummer sphere with an outer density slope of $-5$ and the Dehnen models with a slope of $-4$ are the ideal cases.

3.2.1 Bahcall-Wolf cusp

Here we look to the orbital decay inside the gravitational influence radius, where the enclosed mass of the stellar component $M_t$ is smaller than the mass $M_c$ of the central SMBH. We neglect in this region the contribution of the stellar component to the mean gravitational field.

The general equations are already given in the previous sections, but we evaluate the terms explicitly for the Bahcall-Wolf cusp with

$$\eta = 5/4 \quad \rho \propto y^{-7/4},$$

(32)
leading to
\[ \kappa = \frac{1}{4} X_c^2 = \frac{11}{8}. \quad (33) \]

For circular orbits the minimum impact parameter for a point-like object becomes
\[ a_{\min} = \frac{11 M_{\text{bh}}}{19 M_c} R, \quad (34) \]

leading to the initial Coulomb logarithm
\[ \Lambda_0 = \begin{cases} \frac{76 M_c}{77 M_{\text{bh}}} & \beta = 0 \text{ point-like} \\ \frac{4 R_0}{b_{\min}} & \beta = 1 \text{ unres. or ext.} \end{cases} \quad (35) \]

The distribution function \( F(u) \) and the corresponding \( \chi(U) \) are shown in Figs. [A1-A3]. The decay time-scale \( \tau_{\text{dec}} \) from Eq. (28) reads
\[ \tau_{\text{dec}} = \frac{55}{\ln \Lambda_0} \left( \frac{R_0 M_c}{\text{pc} M_\odot} \right)^{3/2} \left( \frac{M_c M_{\text{bh}}}{M_\odot M_\odot} \right)^{-1} \text{Myr}, \quad (36) \]

For point-like objects the total decay time \( \tau_{\text{dec}} \) equals \( \tau_{\text{df}} \) and for extended bodies the corresponding equation is (using Eq. 29)
\[ \tau_{\text{dec}} = \frac{\ln \Lambda_0 + 4}{(\ln \Lambda_0)} \tau_{\text{df}} \text{ unres. or ext.} \quad (37) \]

The orbital decay of circular orbits is given by Eqs. (20) and (28) for point-like and extended bodies, respectively,
\[ y = \left[ 1 - \frac{t}{\tau_{\text{df}}} \right]^4, \quad (38) \]

which is very different to the standard case.

In Fig. 2 the orbit evolution in a Kepler potential is plotted for \( M_c = 0.5 M_\odot \). It shows the strong slow-down in the inner part leading to long total decay times \( \tau_{\text{dec}} \) (see Fig. 3).

### 3.2.2 Hernquist cusp

For the Hernquist cusp the corresponding equations are
\[ \eta_0 = 2 \quad \rho \propto y^{-1}. \quad (39) \]
\[ \kappa = -\frac{1}{2} X_c^2 = 1. \quad (40) \]
\[ a_{\min} = \frac{1}{2} \frac{M_{\text{bh}}}{M_c} R, \quad (41) \]
\[ \Lambda_0 = \begin{cases} \frac{2 M_{\text{bh}}}{M_c} & \beta = 0 \text{ point-like} \\ \frac{R_0}{b_{\min}} & \beta = 1 \text{ unres. or ext.} \end{cases} \quad (42) \]

The decay timescales are
\[ -\tau_{\text{df}} = \frac{15}{\ln \Lambda_0} \left( \frac{R_0 M_c}{\text{pc} M_\odot} \right)^{3/2} \left( \frac{M_c M_{\text{bh}}}{M_\odot M_\odot} \right)^{-1} \text{Myr}, \quad (43) \]
\[ \tau_{\text{dec}} = \frac{1}{2} \ln \Lambda_0 \ln \left( \frac{\ln \Lambda_0}{2} \right) \tau_{\text{df}} \text{ unres. or ext.} \]

and the orbital decay of circular orbits is for point-like objects
\[ y = \left[ 1 + \frac{t}{\tau_{\text{df}}} \right]^{-2}. \quad (44) \]

In Fig. 2 we have chosen the same \( y_0 \) as for the BW case. We find an initially faster decay than in the BW cusp and a stronger slow-down in the late phase leading to a comparable \( \tau_{\text{dec}} \) adopting a final Coulomb logarithm \( \ln \Lambda = 1.1 \) (see figure 3). The comparison of the analytic and the numerically realised cumulative distribution function \( \chi(U) \) is shown in Fig. 4. The figure demonstrates the influence of the outer boundary conditions deep into the cusp.

### 3.2.3 The outskirts of a Plummer sphere

In the outskirts of a Plummer sphere with total mass \( M_c \) the corresponding equations are
\[ \eta_0 = -2 \quad \rho \propto y^{-5}. \quad (45) \]
\[ \kappa = \frac{7}{2} X_c^2 = 3. \quad (46) \]
\[ a_{\min} = \frac{3 M_{\text{bh}}}{4 M_c} R, \quad (47) \]
\[ \Lambda_0 = \begin{cases} \frac{M_c}{15 M_{\text{bh}}} & \beta = 0 \text{ point-like} \\ \frac{1}{5} \frac{R_0}{b_{\min}} & \beta = 1 \text{ unres. or ext.} \end{cases} \quad (48) \]
\[ \tau_{\text{df}} = \frac{0.78}{y_0^2 \ln \Lambda_0} \left( \frac{R_0}{\text{pc}} \right)^{3/2} \left( \frac{M_c}{M_\odot} \right)^{1/2} \left( \frac{M_{\text{bh}}}{M_\odot} \right)^{-1} \text{Myr}, \quad (49) \]
\[ \tau_{\text{dec}} = \frac{\ln \Lambda_0 + 2/7}{(\ln \Lambda_0)} \tau_{\text{df}} \text{ unres. or ext.} \quad (50) \]

We have used Eq. (15) for \( M_c \). The orbital decay of circular orbits is for point-like objects
\[ y = \left[ 1 - \frac{t}{\tau_{\text{df}}} \right]^{-2/7}. \quad (51) \]

and the distribution function \( F(u) \) and the corresponding \( \chi(U) \) are shown in Figs. [A1-A3]. In Figs. 2 and 3 we have chosen \( y_0 = 0.2 \) for the Plummer radius in units of \( R_0 \).

### 3.2.4 The outskirts of Dehnen models

In the outskirts of Dehnen models with total mass \( M_c \) and inner cusp slope \( \eta \) the corresponding equations are
\[ \eta_0 = -1 \quad \rho \propto y^{-4}. \quad (52) \]
\[ \kappa = \frac{5}{2} X_c^2 = \frac{5}{2}. \quad (53) \]
\[ a_{\min} = \frac{5 M_{\text{bh}}}{7 M_c} R, \quad (54) \]
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\[ \Lambda_0 = \begin{cases} \frac{2}{3} \frac{M_{\ast}}{M_{\text{BH}}} & \beta = 0 \text{ point-like} \\ \frac{1}{4} \frac{R_0}{a_{\text{min}}} & \beta = 1 \text{ unres. or ext.} \end{cases} \]  \hspace{1cm} (55)

\[ \tau_{\text{dt}} = \frac{2.36}{y_\ast \Lambda_0} \left[ \frac{R_0}{\text{pc}} \right]^{3/2} \left[ \frac{M_{\ast}}{M_\odot} \right]^{1/2} \left[ \frac{M_{\text{BH}}}{M_\odot} \right]^{-1} \text{ Myr} , \]  \hspace{1cm} (56)

\[ \tau_{\text{doc}} = \frac{\ln \Lambda_0 + 0.4}{(\ln \Lambda_0)^2} \tau_{\text{dt}} \text{ unres. or ext.} \]  \hspace{1cm} (57)

We have used eq. (55) for \( M_\ast \) with \( \eta = 1.5 \). The orbital decay of circular orbits is for point-like objects

\[ y = \left[ 1 - \frac{a}{\tau_{\text{dt}}} \right]^{2/5} . \]  \hspace{1cm} (58)

and the distribution function \( F(u) \) and the corresponding \( \chi(U) \) are shown in Figs. A1 - A3. In Figs. 2 and 3, we have chosen \( y_\ast = 0.15 \) for the scale radius in units of \( R_0 \).

4 CODE DESCRIPTION

We are using two different numerical codes to evolve our initial models. In order to study the orbital decay of the massive BH in self-gravitating cusps and in the outskirts of the Plummer sphere and Dehnen models, we used the PM code SUPERBOX. In order to study the decay of a secondary massive BH in a Bahcall-Wolf cusp around a SMBH, we used the PP code \( \phi \text{GRAPE} \). For comparison of the numerical results with the analytic predictions for eccentric runs, the semi-analytic code INTGC has been developed. A brief description of these codes is given below.

4.1 SUPERBOX

The PM code SUPERBOX \cite{Fellhauer et al. 2000} is a highly efficient code with fixed time step for galaxy dynamics, where more than 10 million particles per galaxy in co-moving nested grids for high spatial resolution at the galaxy centres can be simulated. The code is intrinsically collision-less, which is necessary for long-term simulations of galaxies. Another advantage of a PM code is the large particle number which can be simulated in a reasonable computing time (up to a few days or a week per simulation). Three grid levels with different resolutions are used which resolve the core of each component/galaxy, the major part of the component/galaxy and the whole simulation area. The spatial resolution is determined by the number of grid cells per dimension \( N_0 = 2^n \) and the size of the grids. The SMBH is included as a moving particle with own sub-grids for high spatial resolution in its vicinity. The grid sizes are chosen such that the full orbit of the secondary BH falls into the middle grid.

All SUPERBOX runs were performed using the Astronomisches Rechen-Institut (ARI) fast computer facilities with no special hardware.

4.2 \( \phi \text{GRAPE} \)

This programme is a direct \( N \)-body code, which calculates the pairwise forces between all particles. In order to combine high numerical accuracy and fast calculation of the gravitational interactions a very sophisticated numerical scheme and a special hardware is used. This PP code uses fourth order Hermite Integrator with individual block time steps. The acceleration and its time derivative are calculated with parallel use of GRAPE6A cards. In order to minimise communication among different nodes MPI parallelisation strategy is employed. For the simulations in a dense cusp around a massive central SMBH, we are using a specially developed \( \phi \text{GRAPE} \) code. We include the central SMBH as an external potential in order to avoid the relatively large random motion of a live SMBH due to the small particle number. Secondly the time step criterion is modified. We add a reduction factor for the BH time step, which compensates the effect of the relatively small accelerations compared to the field particles. The code and special GRAPE hardware are described in Harfst et al. \cite{Harfst et al. 2005}. For our calculations we are using the parallel version of the programme on 32 node cluster \( Titàli \) built at the Astronomisches Rechen-Institut in Heidelberg.

Part of the calculations were done on the special 85 node Tesla C1060 GPU cluster installed on the National Astronomical Observatories of China, Chinese Academy of Sciences (NAOC/CAS). For these runs we used the modified version of our \( \phi \text{GRAPE} \) code including the SAPPORO library to work on the GPU cards \cite{Gaburov, Harfst, Portegies Zwart 2009}.

4.3 Semi-analytic code - INTGC

The program INTGC is an integrator for orbits in an analytic background potential of a galactic centre including the Chandrasekhar formula for dynamical friction. Different analytic models with their \( \chi \) functions and a variable Coulomb logarithm \cite{Just & Penarrubia 2005} are implemented. An 8th-order composition scheme is used for the orbit integration \cite{Yoshida 1999}; for the coefficients see McLachlan \cite{McLachlan 1995}). Since the symplectic composition schemes are by construction suited for Hamiltonian systems, the dissipative friction force requires special consideration. It is implemented in INTGC with an implicit midpoint method \cite{Mikkola & Aarseth 2002}. Four iterations turned out to guarantee an excellent accuracy of the scheme. Gravitational potential and density are given analytically.

5 NUMERICAL MODELS AND RESULTS

The contributions to the dynamical friction force covers a large range of parameters for the 2-body encounters, which must be fully covered by the numerical simulations in order to reach a quantitative measure of the Coulomb logarithm. The numerical representation is mainly restricted by the resolution of small impact parameters determined by the spatial resolution, the time resolution and the number statistics. For PP codes the number statistics in the main limitation. Therefore we can use the \( \phi \text{GRAPE} \) code for the BW cusp only with a very high local density in the inner cusp. We reach a few encounters per decay timescale \( \tau_0 \) with impact parameters below twice the minimum value. For the SUPERBOX runs the spatial resolution is limited, which we can take into account by a correct choice of the minimum impact parameter. But even in that case it turns out that due to the fixed time step the time resolution is still a bottleneck, which limits the total time of some simulations. In all models we use the angular momentum to measure the orbital decay (eq. 27).
We used the extended our runs we are using of the central black hole is units of the circular velocity, the initial value of \( \sigma_{90} \) from Eq. (18) is in units of \( a \).

5.1 Bahcall-Wolf cusp

We used the extended \( \eta \)-model of [Matsubayashi et al. (2007)] to generate the initial particle distributions in phase space. In all our runs we are using \( N = 64,000 \) particles. The particle positions are generated so that their spatial distribution satisfy Eq. (9) and the velocities were assigned to these particles according to Eq. (10). In all our simulations we are using the normalisation \( G = M_\odot = a = 1 \) leading to \( y_\ast = R_\odot \) in N-body units. The mass of the central black hole is \( M_\odot \) and the total cusp mass \( M_t = 0.1 \).

For the setup we used a radius range of \( 10^{-4} \) to \( 10^{-3} \) in all our runs. Inside one unit length our cusp follows density profile \( -7/4 \) and then turns over to a Plummer density profile with slope \( -5 \) for far out distances. Table 1 shows the list of parameters for the series of runs.

5.1.1 Cusp stability analysis

Since we are using an approximate DF, we first performed a run (run A0 in the table) without a secondary BH to test whether or not the cusp is stationary around the central SMBH. We run this model up till 50 time units. Figure 5 shows the evolution of Lagrange radii and also the cumulative mass profile at various time steps. We can see that the cusp is very stable. So the problem how to get a stationary cusp in a Kepler potential was solved by this kind of a compromise distribution between Bahcall-Wolf cusp in the inner (high binding energy) regime and a Plummer distribution in the outskirts.

5.1.2 Circular Runs

We performed two series of circular runs (see table 1). The runs A1–A3 with different BH masses and initial radii are all resolved, i.e. the softening parameter \( \epsilon = 10^{-5} \) is much smaller than the initial value of \( \sigma_{90} \). Since \( \sigma_{90} \) decreases linearly in \( y \) (Eq. 34), the minimum impact parameter is fully resolved to very small radii and we can use Eq. 38 for analytic estimates. In figures 1 and 2 we show the distance and the angular momentum evolution, because already small deviations from circularity smear out the appearance of the orbits due to the very short orbital time compared to the decay time. The top panel of figure 5 shows the distance evolution for runs A1, A2, and A3. Run A2 corresponds to a restart of A1 after time \( T = 155 \) but using the initial particle distribution of the cusp. We see that there is no significant long-term evolution of the cusp, which influences the orbital decay, until the end of run A1. The dashed (green) lines show the analytic predictions of the orbital evolution from Eq. 18. There is an excellent agreement in the first phase with a small delay in the later phase of run A1, which occurs much earlier in A2. The reason for the reduced friction is investigated in run A3 further. In run A3 we increased the mass of the BH and put it back at \( R_\odot = 0.2 \) such that in case A3 the radius, where the enclosed cusp mass \( M_t \) equals \( M_\odot \) (horizontal lines in figures 6 and 7), is twice that of run A2. In run A3 the delay starts also very early. In the bottom panel of figure 5 and in figure 7 the same evolution is shown much clearer in angular momentum \( L \) using Eq. 27 for the analytic predictions. The horizontal lines show the distance, where \( M_{\odot} = M_t \) in all figures. This radius coincides with the distance, where the BH mass exceeds the mass in a shell centred at the orbit. An inspection of the cumulative mass profiles shows that the back-reaction of the scattering events to the cusp distribution becomes significant (see figure 8). The cumulative mass profile becomes shallower, which means that the local density is reduced leading to a smaller dynamical friction force.

---

**Table 1. Parameters of the runs for the BW cusp.**

| Run | \( N/10^3 \) | \( \epsilon/10^{-4} \) | \( M_{bh} \) | \( R_0 \) | \( V_c,0 \) | \( V_0/V_c,0 \) | \( a_{90}/10^{-4} \) | \( \ln \Lambda_0 \) |
|-----|--------------|----------------|-------------|---------|-------------|-----------------|-----------------|---------------|
| A0  | 64           | 1.0       | –           | –       | –           | –               | –               | –             |
| A1  | 64           | 0.1       | 0.005       | 0.2     | 2.25        | 1.0             | 5.79            | –             |
| A2  | 64           | 0.1       | 0.005       | 0.1     | 3.17        | 1.0             | 2.89            | –             |
| A3  | 64           | 0.1       | 0.01        | 0.2     | 2.25        | 1.0             | 11.6            | –             |
| B1  | 64           | 0.1       | 0.005       | 0.2     | 2.25        | 0.7             | 7.01            | –             |
| B2  | 64           | 0.1       | 0.005       | 0.1     | 3.17        | 0.5             | 4.07            | –             |
| C1  | 64           | 1.0       | 0.005       | 0.2     | 2.25        | 1.0             | 5.79            | –             |
| C2  | 64           | 5.0       | 0.005       | 0.2     | 2.25        | 1.0             | 5.79            | –             |
| C3  | 64           | 10.0      | 0.005       | 0.2     | 2.25        | 1.0             | 5.79            | –             |
| E1  | 64           | 0.1       | 0.005       | 0.7     | 1.20        | 1.0             | 17.5            | –             |
| E2  | 128          | 0.1       | 0.002       | 0.2     | 2.27        | 1.0             | 2.0             | 6.91          |

Note. For all runs the gravitational constant \( G \), the SMBH mass \( M_\odot \), and the scale radius \( a \) are normalised to unity. \( N \) is the total number of particles in the cusp, \( \epsilon \) the softening length of the particles, \( M_{bh} \) the mass of the secondary black hole with initial distance \( R_0 \) in units of \( a \), the circular velocity \( V_c,0 \) at \( R_0 \) in units of \( \sqrt{GM_c/a} \) and the initial velocity \( V_0 \) in units of the circular velocity, the initial value of \( a_{90} \) from Eq. 18 is in units of \( a \).

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**Figure 5.** Top: Figure shows the evolution of Lagrange radii of 0.1, 0.5, 1, 3, 5, 10, 30, 50, 80, 90%, enclosed mass (from bottom to top) for the BW cusp. The Lagrange radii do not show any systematic evolution with time. Bottom: Cumulative mass profile at various time steps. The cumulative mass profile is practically indistinguishable from the theoretical one except the inner few dozen particles, where deviations due to the inner cutoff and noise are expected.
For a circular orbit in a Bahcall-Wolf cusp the new friction formula is very close to the standard formula: the Coulomb logarithm is also constant, the value deviates only by $\Delta \ln \Lambda = -0.1$ from $\ln \Lambda_s$, the $\chi$ value is 0.430 instead of $\chi_s=0.428$. This leads to an indistinguishably faster decay when applying the standard formula. The picture changes slightly for the eccentric orbits (see below).

In all simulations the eccentricity of the orbits vary slightly. The increasing eccentricities in the later phases of the runs may correlate to the decreasing mean density, i.e. may be connected to the feedback of the BH on the cusp. The eccentricity evolution will be investigated in more detail in future work.

In a second series of runs C1–C3, we study the impact of the minimum impact parameter by increasing the softening parameter until it is much larger than $a_{90}$. In figure 9 we can see that for the largest softening length $\epsilon$ (greater than $a_{90}$) the decay is slower as expected from the smaller Coulomb logarithm (eq. 35). We can use the variation to measure the effective resolution of the code. The best simultaneous fit of all curves lead to $b_{\text{min}} = 1.5\epsilon$ in Eq. 16 for the PP code $\phi$GRAPE.

Figure 6. Top panel: Comparison of the orbit evolution of the $\phi$GRAPE data and the analytic estimates (Eq. 38) for the circular orbits A1, A2, A3. The run A2 is shifted by $T_0 = 155$ in order to continue the theoretical line of A1. The horizontal lines show the radii, where the enclosed cusp mass equals $M_{bh}$ (for A1, A2 at $T > 150$ and for A3 at $T < 100$). Bottom panel: Comparison of the angular momentum evolution of the $\phi$GRAPE data and the analytic estimates (Eq. 27) for the circular orbit A1. The horizontal line shows $L_c$ at the radius, where the enclosed cusp mass equals $M_{bh}$.

Figure 7. Same as in the bottom panel of figure 6 for runs A2 and A3.

Figure 8. Cumulative mass profiles for the runs A1–A3 demonstrating the reduced local density in runs A2 and A3 at the position of the BH.

5.1.3 Eccentric runs

In eccentric runs the additional effect of the velocity dependence of $\chi(U)$ and also $a_{90}$ (eq. 18) along the orbit occurs. We performed two runs B1 and B2 with different initial radii and velocities at apo-centre corresponding to eccentricities of $e = 0.5, 0.75$, respectively. The effective minimum impact parameter $a_{90}$ is well
resolved along the orbits. In the top panel of figure 10 the orbit of B1 is shown in two short time intervals of length $\Delta T = 1$ in order to resolve individual revolutions. Since the orbital phase is very sensitive to the exact enclosed mass and apo- peri-centre positions, the cumulative phase shift after hundreds of orbits is expected. In the bottom panel the evolution in $L$ is shown for runs B1 and B2 for the full evolution time. The comparison with the semi-analytic results show very good agreement for run B1. The delay in the orbital evolution as in runs A1 –A3 does not occur. In run B2 there is a delay in the later phase. In contrast to run B1 the peri-centre passages of B2 suffer from low number statistics. The peri-centre distance decays from 0.015 at $T = 0$ to 0.01 at $T = 150$, where only 200 cusp particles are enclosed inside the orbit.

In the lower panel of figure 10 we show also the orbital evolution using the standard parameters. In the standard case with constant $\ln \Lambda_s$ (equation 23) and $\chi_s$ from a Gaussian velocity distribution are applied. The decay is slightly faster. In order to separate the effect of the new Coulomb logarithm and the correct distribution function we show also the orbital decay substituting only 200 cusp particles by the standard value. This affects the decay time scale via the local density and also $\ln \Lambda_s$ (dotted blue line) and only $\ln \Lambda$ by $\ln \Lambda_s$ (dashed-dotted cyan line), respectively. The effect of the new Coulomb logarithm is larger, but still not significant in the Bahcall-Wolf cusp.

5.2 Hernquist cusp

We performed two circular runs E1 and E2 in the shallow Hernquist cusp to test the limit of our friction formula using the $\phi$GRAPE code. Run E1 is performed on the GRAPE cluster at ARI and E2 with larger $N$ on the GPU cluster of NAOC/CAS. The orbital decay is shown in figures 11 and 12. The velocity distribution function deviates significantly from the analytic limiting case of an idealised cusp (see figure 4). The $\chi$ function is stable over the simulation time and depends only weakly on the distance to the central SMBH. Therefore we used for the semi-analytic simulations with INTGC constant mean values for the circular orbits. The local scale length of run E1 entering the Coulomb logarithm is smaller than the distance to the centre, which is the limiting value, because $R_0 = 0.7$ is close to the scale radius. The orbital decays are very well reproduced in $R$ and in $L$. A comparison with the standard values $\ln \Lambda_s$ and $\chi_s$ show a significant deviation mainly due to the different $\chi$ function.

5.3 Outskirts of the Plummer sphere

The background distribution is a self-gravitating Plummer sphere and the outskirts are described by eq. [15]. We place the orbits of the circular run P1 and eccentric run P2 far outside the Plummer radius in order to be very close to the power law density with $\eta_0 = 3 = -5$ and a Kepler potential according to eqs. [15]. Since the number density is very small, we cannot use a PP code. Instead we use SUPERBOX with ten million particles. The parameters of all SUPERBOX runs are listed in table 2.

Due to the very long orbital decay time the density distribution evolves slowly. In steep cusps the representation of the local density in the semi-analytic calculations is the most critical parameter. This affects the decay time scale via the local density and also the enclosed mass (eq. 24). In the Kepler limit the enclosed mass is given by the constant central mass $M_c$. In lowest order the density evolution can be modelled by a linear expansion of the Plummer radius. The analytic solution of circular orbits is still given by eqs. [25] and [26] with the substitution $t \rightarrow s(t)$ with $\nu = 2$ (see eq. 10). By fitting the density profiles at different times we find $t_a = 11.3$ Gyr.

The numerical results of the circular run P1 are compared in figure 13 to the analytic solution of eq. 25 in the Kepler limit using an expanding Plummer profile. For the calculations with INTGC we correct additionally for the decreasing enclosed mass. Since in
these simulations $a_{90}$ is not resolved by the grid cell size $d_c$, we determined the best value for the minimum impact parameter to be $b_{\text{min}} = d_c/2$. The same factor $1/2$ is used for all other SUPERBOX runs. In the lower panel of figure 13 the orbits with standard Coulomb logarithm $\ln \Lambda$ and standard $\chi_s$ as in figure 10 are shown for comparison. In figure 14 the orbital evolution is shown for the eccentric run P2.

In both cases we find a satisfying agreement of the numerical results and our analytic predictions. With the standard formula the decay is significantly delayed (figures 13 and 14). Here the corrections due to the correct $\chi$ function and the new Coulomb logarithm have a different sign and cancel each other partly. In the circular run both corrections are equally important. In the eccentric run the correction by the $\chi$ function dominates, but the additional correction due to the new $\ln \Lambda$ is also significant.

5.4 Outskirts of Dehnen models

The background distribution is a self-gravitating Dehnen model with $\eta = 1.5$ in the inner cusp. We place the orbits of the circular run D1 and the eccentric run D2 (table 2) far outside the scale radius in order to be very close to the power law density with $\eta_0 - 3 = -4$ and a Kepler potential according to eqs. 14.

The numerical results are compared in figures 15 and 16 with the semi-analytic calculations using INTGC. In the numerical simulations the inner cusp becomes shallower and shrinks considerably leading to a decreasing enclosed mass and increasing density in the outer parts. We correct for that in INTGC. In these simulations $a_{90}$ is not resolved as in the Plummer case. The numerical results are in good agreement with the analytic predictions using the same minimum impact parameter $b_{\text{min}} = d_c/2$. The orbital resonances seen in figure 15 are connected to a motion of the density centre of the cusp, which is used as the origin of the coordinate system. Therefore the angular momentum of the orbit oscillates due to the accelerated zero point.

5.5 Self gravitating cusps

Here we study the orbital decay of a BH in self-gravitating cusps of Dehnen models using SUPERBOX without a central SMBH. We performed two runs (one circular and one eccentric) for a Hernquist ($\eta = 2$) and a Dehnen-1.5 ($\eta = 1.5$) model each. For the semi-analytic calculations we use again the same minimum impact parameter $b_{\text{min}} = d_c/2$ in Eq. 16.

5.5.1 Dehnen-1.5 model

We studied the decay of a circular and an eccentric orbit in the inner cusp of a Dehnen model with $\eta = 1.5$ (D3 and D4 in table 2). A comparison of $d_c/2$ and $a_{90}$ shows that the close encounters are marginally resolved. For this reason and because the transition of the inner and outer power law regimes is very wide, the analytic approximation of a self-gravitating cusp shows systematic deviations. With INTGC we find nevertheless a very good match to the
Table 2. Parameters of the SUPERBOX runs.

| Run | $M_{\text{tot}}$ | $M_0$ | $a$ | $r_{\text{cut}}$ | $N$ | $m$ | $dt$ | $d_c$ | $M_{\text{bh}}$ | $R_0$ | $V_{c,0}$ | $V_0/V_{c,0}$ | $a_{90}$ | $\ln \Lambda_0$ |
|-----|------------------|-------|-----|------------------|----|-----|------|------|----------------|-------|-------------|--------------|---------|-------------|
| P1  | 1.0              | 0.970 | 0.1 | 10               | 1  | 7   | 0.3  | 16.1 | 1.0           | 0.7   | 77.2        | 1.0          | 0.538   | 2.87        |
| P2  | 1.0              | 0.970 | 0.1 | 10               | 1  | 7   | 0.3  | 16.1 | 1.0           | 0.7   | 77.2        | 0.7          | 0.869   | 2.87        |
| D1  | 1.0              | 0.826 | 0.1 | 1                | 1  | 6   | 0.1  | 16.7 | 1.0           | 0.4   | 94.2        | 1.0          | 0.186   | 2.48        |
| D2  | 1.0              | 0.826 | 0.1 | 1                | 1  | 6   | 0.1  | 16.7 | 1.0           | 0.4   | 94.2        | 0.7          | 0.207   | 2.48        |
| D3  | 1.0              | 0.128 | 1.0 | 10               | 1  | 8   | 0.1  | 2.78 | 1.0           | 0.3   | 42.8        | 1.0          | 1.24    | 4.75        |
| D4  | 1.0              | 0.128 | 1.0 | 10               | 1  | 8   | 0.1  | 2.78 | 1.0           | 0.3   | 42.8        | 0.7          | 1.70    | 4.44        |
| H1  | 1.0              | 0.197 | 1.0 | 10               | 1  | 7   | 1.0  | 16.1 | 1.0           | 0.7   | 34.8        | 1.0          | 6.0     | 3.68        |
| H2  | 1.0              | 0.197 | 1.0 | 10               | 1  | 7   | 0.3  | 16.1 | 1.0           | 0.7   | 34.8        | 0.56         | 9.7     | 3.46        |
| H3  | 1.0              | 0.052 | 1.0 | 10               | 1  | 8   | 0.1  | 4.76 | 1.0           | 0.3   | 30.3        | 1.0          | 2.13    | 3.64        |
| H4  | 1.0              | 0.052 | 1.0 | 10               | 1  | 8   | 0.1  | 4.76 | 1.0           | 0.3   | 30.3        | 0.9          | 2.39    | 3.53        |

Note. All quantities are given in physical units. $M_{\text{tot}}$ is the total mass inside the cutoff radius $r_{\text{cut}}$, $M_0$ is the enclosed mass at the initial distance $R_0$, $a$ is the scale radius, $N$ is the particle number, $2^m$ is the number of cells per dimension in each grid, and $d_c$ is the cell size of the middle grid. The initial value of $a_{90}$ from Eq. 18 is calculated for the exact model.

**Figure 13.** Orbital decay of a BH in the outskirts of a self-gravitating Plummer sphere for the SUPERBOX runs of the circular orbit P1 in $r(t)$ (top panel) and in $L(t)/L_0$ (bottom panel). The SUPERBOX run is compared to the semi-analytic results with INTGC. Same notation as in figure 10. The top panel shows additionally the analytic approximation from equation 25.

**SUPERBOX** results of the circular run D3 (see Fig. 15) and for the eccentric run D4 (see Fig. 16). In the upper panel of Fig. 15 we show also the circular run with a larger time-step in SUPERBOX, where for the close encounters with impact parameter comparable to the cell length $d_c$ the motion of the perturber are not resolved.

**Figure 14.** Same as in figure 13 but for the eccentric orbit P2. The top panels show $r(t)$ for two time intervals with higher resolution and the bottom panel shows $L_z(t)$ for the full calculation. Same notation as in figure 10.
5.5.2 Hernquist model

The Hernquist model with shallower cusp ($\eta = 2$) is even more complicated, because $X^2$ is not constant and the $\chi$ function depends on the outer boundary conditions. For the two runs H1 (circular) and H2 (eccentric) the parameter range is similar to the Dehnen-1.5 case with marginally resolved $a_{90}$. The orbits of H3 (circular) and H4 (eccentric) are further in and the grid resolution is higher leading to a fully resolved $a_{90}$. All orbits are reproduced reasonably well by INTGC using the correct $\chi$ function and taking the correct velocity dispersion in $a_{90}$ (Tremaine et al. 1994) into account (see figures 19–22).

5.6 Velocity distribution functions

The local velocity distribution functions are crucial for the dynamical friction force. Therefore we check here the numerical realisation of the distribution functions. The best way to measure the distribution function is to determine the $\chi$ function in a spherical shell at the distance of the BH for different times. In figure 23 the $\chi$ functions are shown for a few examples. The top panel shows the Kepler cases and the bottom panel the self-gravitating cusps.

In the Kepler case we present the circular runs in the Bahcall-Wolf cusp (BW, A1, A3), the Plummer case P1, and the Dehnen case D1. In the Bahcall-Wolf cusp the final distribution function of A1 is very close to the theoretical line. The $\chi$ functions of the eccentric runs B1, B2 are very similar and therefore not plotted here. In the runs A2 and A3, where the density profile flattens slightly, a bump in the $\chi$ function at velocities below the circular velocity can be observed. It is more pronounced in run A3. The $\chi$ value at the circular speed is not influenced dramatically showing that the orbital delay is caused entirely by the reduced local density. The distribution functions in the outskirts of the Plummer and Dehnen cases are very stable and well represented by the theoretical expectations.

The lower panel of figure 23 shows the $\chi$ functions of the self-gravitating cusps for the circular runs H1 and D3. Here we added the case of the eccentric run D4 to demonstrate the stability of the velocity distribution functions independent of the shape of the orbit.

Overall the velocity distribution functions are very robust and well reproduced in the numerical simulations.
6 APPLICATIONS

6.1 The Galactic Centre

The central region of the Galactic Centre can be modelled by a cusp with \( \eta = 1.2 \) and enclosed mass \( M_0 = M(R_0) = 1 \times 10^5 \text{M}_\odot \) at \( R_0 = 200 \text{pc} \), and a central BH with mass \( M_c = 2.6 \times 10^6 \text{M}_\odot \) (Genzel & Townes 1987). The gravitational influence radius is at \( R = 1.4 \text{pc} \), where we may assume a slightly shallower cusp with \( \eta = 1.25 \). If the central BH would have entered the cusp on a circular orbit at some later time, the decay time from \( R_0 = 200 \text{pc} \) to the centre would be 110 Myr (Eq. 29 with \( \beta = \eta \)). An intermediate mass BH with \( M_{\text{inh}} = 1 \times 10^4 \text{M}_\odot \) can reach the centre from \( R_0 = 60 \text{pc} \) in 2.5 Gyr. For the final decay inside the influence radius of \( R = 1.4 \text{pc} \) the decay time is 15 Myr.

In the central cusp of the Galaxy there are young star clusters like the Arches and the Quintuplet cluster with a projected distance from the Galactic centre of about 30 pc and an age of a few Myr. The stellar mass is \( \approx 1 \times 10^5 \text{M}_\odot \) with a half-mass radius of \( r_h \approx 0.2 \text{pc} \) (Cotera et al. 1996; Figer et al. 1999). Assuming that the initial distance is \( R_0 = 30 \text{pc} \) we find with Eq. 22 for the initial Coulomb logarithm \( \ln \Lambda_0 = 4.4 \) leading to the decay time \( \tau_{\text{dec}} = 720 \text{Myr} \). If we assume that the star clusters are still embedded in their parent molecular cloud with mass \( 1.0 \times 10^5 \text{M}_\odot \) and initial half-mass radius \( r_{h0} \approx 3 \text{pc} \), the decay time becomes considerably smaller. Adopting cluster mass loss linear in time we get \( \tau_{\text{dec}} \approx 30 \text{Myr} \), which is still large compared to the actual age of the clusters. This is in contrast to Gerhard (2001), who investigated the infall of massive clusters, also embedded in giant molecular clouds, to the Galactic centre. He found much shorter time-scales, because he used unrealistically high values for the Coulomb logarithm \( \ln \Lambda \approx 10 - 20 \).

6.2 Minor merger

One important application is the orbital decay of the SMBHs after the merger process of two galaxies. Let’s assume a 10:1 merger with primary BH of mass \( M_p = 1 \times 10^6 \text{M}_\odot \) and the secondary BH with \( M_{\text{sBH}} = 1 \times 10^7 \text{M}_\odot \). After violent relaxation of the stellar components and settling of the primary BH to the centre we adopt a shallow new central cusp with \( \eta = 1.75 \) at radii large compared to the gravitational influence radius of the central SMBH. With an enclosed mass \( M_1 = M(R_0) = 1 \times 10^{10} \text{M}_\odot \) at \( R_0 = 1 \text{pc} \) the circular velocity is \( V_{c0} = 207 \text{km/s} \) corresponding to a velocity dispersion of \( \sigma_0 = 293 \text{km/s} \) (eq. 6). For the secondary BH we find with Eq. 29 a decay time of 830 Myr. For the inner 500 pc with enclosed mass of \( M(500pc) = 3 \times 10^8 \text{M}_\odot \) the BH needs 190 Myr. After reaching the gravitational influence radius of the central SMBH at \( R = 72 \text{pc} \), the final decay takes 15 Myr (with Eq. 36). If we compare these decay times with an isothermal model with the same enclosed mass at \( R_0 = 1 \text{pc} \) and adopting a constant Coulomb logarithm of \( \ln \Lambda = 6.9 \), we find the corresponding times 792; 200; 4.1 Myr, respectively. The total decay time is comparable, but in the final phase the decay is significantly slower in the Kepler potential compared to the standard isothermal approximation.
Dynamical friction of massive objects

7 CONCLUSIONS

Classical dynamical friction as derived by Chandrasekhar is still often used for important astrophysical applications, such as infalling small galaxies in dark matter halos or globular cluster systems around galaxies. It is also important to understand the co-evolution of super-massive black holes in galactic nuclei (after mergers) with their host galaxies. These recent new interests in dynamical friction problems have caused several new studies of dynamical friction in higher order than originally by Chandrasekhar (e.g. regarding the velocity distribution) or in a different physical framework (collective modes in stellar or gaseous systems rather than particle-particle interactions).

Chandrasekhar’s dynamical friction formula has been proved in many ways, and agrees with the study of collective modes, but with notable exceptions, one which is being discussed in the literature now is the possible absence of dynamical friction in harmonic cores, relevant for cosmological structure formation, avoiding too strong infall of small galaxies. Still in many papers today the classical Chandrasekhar formula is applied by using a local isothermal approximation for the kinematics of the background system (i.e. the $\chi$ function) and by fitting the Coulomb logarithm $\ln \Lambda$ for each orbit.

In this article we tested quantitatively the effect of using the self-consistent velocity distribution function in $\chi$ and a general analytic formula for $\ln \Lambda$ derived by Just & Penarrubia (2005). We performed high-resolution numerical simulations, with particle-mesh and direct $N$-body codes, of the orbital evolution of a massive black hole in a variety of stellar distributions. We investigated circular and eccentric orbits in self-gravitating cusps (Dehnen models) and in cusps in a central Kepler potential (so-called Bahcall-Wolf cusps) and in the Kepler limit of steep power law density profiles in the outskirts of stellar systems. The background distributions cover a large range of power law indices between $-1 \ldots -5$ of the density profile.

The application of the self-consistent $\chi$ functions lead to correction factors in the orbital decay times in the range between $0.5 \ldots 3$ (Fig. 1). The main new feature in the improved general form of the position and velocity dependent Coulomb logarithm (Eq. 15) is the local scale length $D_r$ of the density profile as maximum impact parameter. In most applications the effect of the new $\ln \Lambda$ is a significant delay in the orbital decay. A detailed comparison with orbital decay using the standard values $\ln \Lambda_s$ and $\chi_s$ shows that the corrections are very different in the different cases leading to a general improvement of the orbit approximation. In a few cases like circular orbits in the Bahcall-Wolf cusp with a resolved minimum impact parameter the standard formula can still be used. But already for eccentric orbits a measurable difference occurs. We like to point out the generality of the new formula such that a fit of individual orbits is no longer necessary. We find a general agreement in the orbital decay of the numerical simulations with the analytic predictions at the 10% level. This holds for circular as well as eccentric orbits and in all background distributions in self-gravitating and in Kepler potentials.

Another more technical finding concerns the best choice of the minimum impact parameter $b_{\text{min}}$ measuring the numerical resolution. It should be reminded, that from the structure of $\ln \Lambda$, there is

![Figure 19. Same as in Fig. 17 for the circular orbit H1 in the self-gravitating inner cusp of the Hernquist model.](image19)

![Figure 20. Same as in Fig. 19 for the eccentric orbit H2.](image20)
implicitly one common scaling factor for $b_{\text{max}}$, $b_{\text{min}}$, $a_{90}$ free. So the normalisation of one of these quantities must be fixed in order to determine the other two. In Just & Pearson (2005) we argued for $a_{90}$ and $b_{\text{max}}$. Here we fixed $b_{\text{max}} = D_r$ and proved that $a_{90}$ is the correct effective minimum impact parameter in the numerically resolved cases. On that basis we determined the numerical resolution for the different codes in terms of the softening length $\epsilon$ or grid cell size $d_c$. We find $b_{\text{min}} = 1.5\epsilon$ for the PP code consistent with the results of other authors and $b_{\text{min}} = d_c/2$ for the PM code SUPERBOX.

Our result is very important for any conclusions about the rates of massive black hole binary mergers and black hole ejections in the course of galaxy formation in the hierarchical structure formation picture (cf. e.g. Volonteri, Haardt, Madau (2003); Volonteri (2007); Dotti et al. (2010)). It helps also to interpret results of recent numerical investigations of the problem of multiple black holes in dense nuclei of galaxies (Milosavljević & Merrit 2001; Hemsendorf, Sigurdsson, & Spurzem 2003; Milosavljević & Merrit 2003; Berczik, Merritt, & Spurzem 2005; Berczik et al. 2006; Berentzen et al. 2009; Amaro-Seoane et al. 2010). We did not investigate in detail the feedback of the decaying BH on the background distribution. A general flattening of the central cusp is expected for mass ratios of order unity (Nakano & Makino 1999; Merritt 2006). The investigation of dynamical friction in shallow cusps is much more complicated, because the maximum impact parameter is not well defined and the outer boundary conditions influence the velocity distribution function deep into the cusp.

The new formula can be used for extensive parameter studies of orbital decay, where a high numerical resolution is not possible to resolve the dynamical friction force. Even if we did not test the formula for extended objects like satellite galaxies or star clusters in this article, it should work equally well in these cases. Since $\ln \Lambda$ is generally smaller in these applications, the correction due to the maximum impact parameter would be more significant. Additional effects like mass loss of the satellite galaxies must be taken into account (Fujii, Funato, Makino 2006; Fujii et al. 2008). The new Coulomb logarithm works also for non-isotropic background distributions, as was shown already in Pearson, Just, Kroupa (2004).

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APPENDIX A: DISTRIBUTION FUNCTIONS

The distribution function of a power law cusp (eqs 2 and 3) is given by

\[ f(E) = \begin{cases} K|E|^p & \eta < 2.5 \quad \text{Kepler} \\ K|E|^p & 0 \leq \eta < 3 \quad \text{self-grav.} \\ K \exp(-E/\sigma^2) & \eta = 1 \quad \text{self-grav.} \end{cases} \]  

with normalisation constant \( K \) and energy \( E = \Phi + v^2/2 \), where the zero point of the potential is at the centre for self-gravitating cusps with \( \eta > 1 \) and at infinity for the Kepler case and self-grav. cusps with \( \eta < 1 \). The dependence of the power law index \( p \) on \( \eta \) is different for the Kepler and the self-gravitating case (see below). We consider the two cases where \( \Phi \) is given by the self-gravitating potential of the cusp or the Kepler case with \( \Phi \) dominated by the central mass \( M_c \). The natural normalisation of the velocity is \( \sqrt{2\Phi} \), which corresponds to the escape velocity for vanishing potential at infinity. For practical use it is more comfortable to normalise the velocities to the circular velocity \( u \) from Eq. 4.

We introduce the normalised 1-dimensional distribution function \( F(u) \) and the cumulative function \( \chi(U) \) by

\[ 4\pi u^2 f(E)dv = \rho F(u)du \]  

\[ \chi(U) = \int_0^U F(u)du . \]  

which can be written in the form

\[ F(u) = \begin{cases} K'u^2 (1 + \xi u^2)^p & \eta < 2.5 \quad \text{Kepler} \\ K'u^2 (1 + \xi u^2)^p & 0 < \eta < 3 \quad \text{self-grav.} \\ K'\exp(-u^2) & \eta = 1 \quad \text{self-grav.} \end{cases} \]  

with \( \xi = \frac{V_c^2}{2\Phi} \)

Since \( K' \) and \( \xi \) are constant, \( F(u) \) and \( \chi(U) \) are independent of position \( u \). The velocity dispersion can be obtained by integrating the Jeans equation for the second moment of the velocity distribution function \( \text{Binney & Tremaine [1987]} \).

\[ \sigma^2(y) = -\frac{G}{\rho(y)R_0} \int \rho(y')M(y')/y'^2dy' + C'' \]  

where the integration constant \( C'' \) depends on the inner and outer boundary conditions.

A1 Self-gravitating cusps

The constants in Eqs. A1 and A4 are given by

\[ \xi = \frac{\eta - 1}{2} ; \quad p = \frac{3 + \eta}{2(1 - \eta)} \]  

and

\[ K = \begin{cases} \frac{\rho_0}{\pi \sqrt{2\Phi}} \left( \frac{V_c^2}{2\Phi} \right)^{p-\frac{3}{2}} & \eta < 1 \\ \frac{\rho_0}{\pi \sqrt{2\Phi}} V_{c0}^{-3} \left( \frac{V_c^2}{2\Phi} \right)^{p-\frac{3}{2}} & 1 < \eta < 3 \\ \frac{2(4)^{3/2}}{\pi \sqrt{\eta}} \left( \frac{V_c^2}{2\Phi} \right)^{p-\frac{3}{2}} & \eta < 1 \end{cases} \]  

Here we used the Beta function \( B(x, y) = \Gamma(x)\Gamma(y)/\Gamma(x + y) \) (see Gradsteyn, Ryzhik [1980] (8.38)). In Fig. A1 the distribution functions \( F(u) \) are shown for different values of \( \eta = 0.5, 1.0, 1.25, 1.95 \) (with decreasing maximum). The thin line is the standard Maxwellian. For \( \eta < 1 \) the energy range is finite with \( u^2 < |\xi|^{-1} \), whereas for \( \eta \geq 1 \) the potential is infinitely deep allowing for all velocities.

For the dynamical friction force we need the cumulative function \( \chi(U) \), which gives the fraction of stars with velocity smaller than \( U \). In Fig. A2 \( \chi(U) \) is shown for the same set of \( \eta \)-values as in Fig. A1. In order to see more clearly the difference to the Maxwellian distribution function the ratios \( \chi(U)/\chi_{Max}(U) \) are plotted in Fig. A3. For \( \eta < 1 \) the \( \chi \)-values are larger and for shallower cusps with \( \eta > 1 \) the values are smaller. In Fig. A4 we show \( \chi(U) \) for different cases as a function of normalised velocity \( u = v/V_c \) (see Eq. A3). The sequence with \( \eta = 0.5, 1.0, 1.25, 1.95 \) shows a decreasing maximum. The full line is the Maxwellian (\( \eta = 1 \)). The Kepler potential cases are labelled by PL for Plummer, DE for Dehnen outskirts, BW for the Bahcall-Wolf cusp, HE for Hernquist cusp.
as a function of \( \eta \) for fixed \( U \). \( U = 1 \) corresponds to the circular velocity, and \( U = 0.7, 1.4 \) are typical values for peri- and apo-centre velocities with moderate eccentricities. Fig. A5 gives the same but for fixed \( X = 0.7, 1.0, 1.4 \) showing the systematic difference due to the different \( \eta \)-dependence of \( X \).

The velocity dispersion is needed for \( X \), (eq. 6) used in \( \sigma_0 \) (eq. 18). Substituting \( M(y) \) and \( \rho(y) \) from eq. 2 and eq. 3 yields

\[
\sigma^2(y) = \begin{cases} 
\frac{G M_0}{2 \pi \rho_0 (2 - \eta)} y^{\eta-1} & 0 < \eta < 2 \\
\frac{G M_0}{2 \pi \rho_0} y (-\ln y + C) & \eta = 2 \\
C'' y^{3-\eta} & 2 < \eta < 3
\end{cases}
\]

where the constants \( C \) and \( C'' \) depend on the outer boundary conditions.

A2 Kepler potential

In the Kepler potential of a central SMBH (without the mean field contribution of the stellar cusp) we find for the constants

\[
\xi = -\frac{1}{2} \quad ; \quad p = \frac{3}{2} - \eta.
\]

and

\[
K = \frac{\rho_0}{4 \pi \sqrt{2B(3/2, 1 + p)}} \left( V_{\text{esc}}^2 \right)^{-p-3/2}
\]

\[
K' = \frac{2 |\xi|^{3/2}}{B (3/2, 1 + p)}
\]

In a pioneering work Peebles (1972) analysed the structure of a stellar cusp in a Kepler potential of a central SMBH, which is stationary for times large compared to the relaxation time. Unfortunately he derived incorrect values for \( p \) and thus \( \eta \). The correct derivation can be found in Lightman & Shapiro (1976) using scaling arguments and in Bahcall & Wolf (1976) using a Fokker-Planck analysis. The resulting so-called Bahcall-Wolf cusp (BW) is given by \( p = 1/4 \) leading to \( \eta = 5/4 \) and the well-known density profile \( \rho \propto y^{-7/4} \). In Figs. A5 and A6 the corresponding functions or values are shown (dashed lines or full circles, respectively). In a Hernquist cusp (HE) with \( \eta = 2 \) we have a shallow density profile \( \rho \propto y^{-1} \) and find \( p = -1/2 \) leading to a diverging 1-D distribution function at the escape velocity. The outskirts of Dehnen (DE) and Plummer (PL) distributions with densities \( \rho \propto y^{-4} \) and \( \rho \propto y^{-5} \) correspond
to \( \eta = -1 \) and \( \eta = -2 \) with \( p = 5/2 \) and \( p = 7/2 \), respectively. The corresponding distribution functions and \( \chi \) values are also plotted in Figs. A1–A3.

**APPENDIX B: ORBITAL DECAY**

Here we derive explicitly the orbital decay of a massive object on a circular orbit in a cuspy density distribution with a position dependent Coulomb logarithm. All values are normalised to the values at the initial distance \( R_0 \). The distance to the centre is \( y = R/R_0 \).

The orbital decay can be computed by identifying the angular momentum loss due to the dynamical friction force (eq. B1).

\[
\frac{d(y V_c)}{dy} = \dot{L} = y \ddot{V}_f = - \frac{V_0}{\tau_0} y^{n-1} \frac{M_0}{M(y)} \ln \left( \frac{\Lambda_0 y^n}{\Lambda} \right)
\]

where we have used the definition of the decay timescale \( \tau_0 \) (eq. 24), the position dependence of the density (eq. 3), replaced the square of the circular velocity by \( GM(y)/Ry \) with initial value \( GM_0/R_0 \), and the parametrisation of the Coulomb logarithm (eq. 20). The enclosed mass \( M(y) \) on the right hand side and the circular velocity \( V_c(y) \) on the left hand side are different for the Kepler case and the self-gravitating case.

### B1 Kepler potential

In the Kepler potential constant enclosed mass \( M(y) = M_0 = M \), and

\[
V_c^2 = V_0^2 y^{-1}
\]

we write eq. B1 in the form

\[
\dot{y} = - \frac{2 \ln(\Lambda_0 y^n)}{\ln \Lambda_0} y^{(n-2/3)}
\]

We define for \( \eta \neq 3/2 \)

\[
z = \Lambda^{\eta/2} = \Lambda_0^{\eta/2} y^{\kappa}, \quad \kappa = \frac{3}{2} - \eta
\]

and find after a little mathematical manipulation

\[
\frac{dz}{dt} = - \frac{2\kappa}{\tau_0} \frac{z_0}{\ln z_0} \ln z
\]

or

\[
t = \frac{\tau_0}{2\kappa} \ln \frac{z_0}{z} = \frac{\tau_{df}}{2\kappa} \left[ \text{Ei}(\ln z_0) - \text{Ei}(\ln z(y)) \right] \quad \beta, \kappa \neq 0
\]

with \( \tau_{df} \) from eq. 28 and the exponential-integral function \( \text{Ei}(x) \) (see 2.2724.2 and 8.211.2 of Gradshteyn, Ryzhik 1980). For the special case of \( \eta = 3/2 \) we can use \( \Lambda \) as variable and find with

\[
\frac{d}{dt} \ln(\Lambda) = \frac{\beta}{\ln \Lambda} \frac{\dot{y}}{y}
\]

the implicit solution

\[
t = \tau_{df} \ln \left( \frac{\ln \Lambda_0}{\ln \Lambda(y)} \right) \quad \beta \neq 0, \kappa = 0
\]

which can be inverted to the explicit solution given in eq. 26.

For a point-like body the maximum and the minimum impact parameter \( D_i \) and \( a_{0i} \) are both linear in \( y \) leading to a constant Coulomb logarithm (i.e. \( \beta = 0 \)). For this case direct integration of eq. B3 leads to the explicit solutions given in eq. 26.

For the Kepler potential the results can be easily generalised to expanding or contracting cusps. If the density varies proportional to a power of time, i.e. \( \rho(y) = \rho(y, t = 0)(1 + t/t_\nu)^\nu \), then the differential equation B3 with time dependent \( \tau_0 \) can be converted back to the original form with initial \( \rho_0 \) in \( \tau_0 \) by

\[
\frac{dy}{ds} = - \frac{L}{\tau_0} \ln \Lambda_0 y^{n-1} \frac{y^{(n-2)}}{\nu + 1}
\]

The implicit solution of the differential equation B3 is still given by Eq. B6 with the substitution \( t \rightarrow s \). For a Plummer sphere with linear increasing Plummer radius \( y_a = y_{a0}(1 + t/t_a) \) we find for the outskirts \( \nu = 2 \) (eq. 15).

### B2 Self-gravitating cusps

In a self-gravitating cusp we have \( \beta = \eta, 1, 0 \) for a point-like object, an extended object, and a constant Coulomb logarithm, respectively (Eq. 20). For the self-gravitating case we insert \( M(y) = M_0 y^n \) and

\[
V_c^2 = V_0^2 y^{n-1}
\]

into equation B1. The resulting differential equation takes the form

\[
\dot{y} = - \frac{2}{(1 + \eta)\tau_0} \ln \left( \frac{\Lambda_0 y^n}{\Lambda} \right) y^{(n-2)/2}
\]

With the definition

\[
\kappa = \frac{3 + \eta}{2}
\]

which is positive for all realistic cases, we find the same implicit solution for \( \beta \neq 0 \) and explicit solution for \( \beta = 0 \) as in the Kepler case but with a different \( \tau_{df} \) (eqs. 25 and 26).

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