GC-MS and HPLC Analysis of *Chlorophytum Borivilianum* (Safed Musli) A Plant from Ayurveda- Herbal Viagra

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**Abstract**

The objective of this study was to determine the photochemical content of *Chlorophytum borivilianum* by GC-MS analysis and HPLC. *Chlorophytum borivilianum* is an endangered medicinal plant having several phyto constituents, which makes it suitable for many therapeutic applications. GC-MS analysis was carried out on a Shimadzu GCMSQP2010 Ultra system. Methanol is used as a solvent. The injection temperature was 280°C. The samples were injected in the split mode with split ratio 1 to 60. Injection volume was 1 µl. A capillary column Rtx-5MS (5% Diphenyl-95% Dimethyl Polysiloxane), 30 m x 0.25mm x 0.25 µm, was used. The carrier gas was helium with a constant flow of 1.00 ml/min. GC-MS analysis of drug led to the identification of 9 compounds viz., 5-methylhex-2-yl pentadecyl ester (23.69%), 9,10-Anthracenedione (19.02%), Phthalic acid (18.63%) etc. High-performance liquid chromatography was conducted to enumerate active ingredient in the plant extracts. These analyses help us to understand the importance of various phyto chemicals and also open up new ways to exploit a particular plant for various therapeutic and restorative purposes.

**Keywords:** Chlorophytum borivilianum; Gas chromatography; Phthalic acid; HPLC

**Introduction**

*Chlorophytum borivilianum* belongs to family Liliaceae Which is an herb found in the tropical wet forests in peninsular India. It is commonly called as Musli or Safed Musli in Hindi language. In the Ayurvedic literature, Safed Musli is celebrated as a Divya Aushad with unparalleled medicinal properties and therapeutic applications. It is considered an elixir to increase the general body immunity and has been reported to possess several biological activities including antimicrobial, anti-inflammatory, antipyretic, hepatoprotective, antioxidant, hypolipidemic and anti-diabetic [1] thus also known as ‘white gold’ [2]. Its aphrodisiac properties have proved very much useful for the people suffering from Erectile Dysfunction and to increase male potency, it is extensively used as herbal Viagra due to its peculiar and it has spermaticogenic property helps cure impotency as they are rich in glycosides [3]. Safed Musli Which is also gaining increasing acceptance as a vitalizer and health-giving tonic, acurative for pre-natal and post-natal problems, a restorative for immunity-improvement. The recent discovery of Safed Musli as a natural and safe aphrodisiac agent has also opened up new channels of application and new demand for it. Safed Musli is a herb and is also an ideal aphrodisiac with no negative side-effects associated with chemical-based aphrodisiac.

Roots are claimed to be useful to treat oligospermia, pre- and post-natal symptoms, arthritis, diabetes and dysuria [4]. It is a threatened species and named ‘Chlorophytum’ due to the white milky texture of its tubers after peeling. Since ages, tribal communities in India used Safed Musli for enhancing their virility and thus due to its overexploitation it has reached the rare status in nature. It is used for rheumatism and joint pains, increases lactation in feeding mothers, diarrhoea, dysentery, gonorrhoea, leucorrhoea etc. Its root contains steroidal and triterpenoid saponins, sapogenins and fructans which act as therapeutic agents and play a vital role in many therapeutic applications. It is a rich source of over 25 alkaloids, vitamins, proteins, carbohydrates, steroids, saponins, potassium, calcium, magnesium, phenol, resins, mucilage, and polysaccharides and also contains a high quantity of simple sugars, mainly sucrose, glucose, fructose, galactose, mannose and xylose [5]. Steroidal saponins, polysaccharides, fructans and fructo oligosaccharides, Beta-sitosterol, stigmasterol, hecogenin and mucilage are major constituents of *C. Borivilianum* that act as therapeutic agents. The in vitro propagated roots were tested for the production of pharmacologically important secondary metabolites stigmasterol and hecogenin. A maximum of 46.4
mg/gDCW of stigmasterol and 685 mg/gDCW of hecogenin was evident in these cultures [6]. Gas chromatography has a very wide field of applications. It is used in the separation and analysis of multi-component mixtures such as essential oils, hydrocarbons and solvents. Intrinsically, with the use of the flame ionization detector and the electron capture detector (which have very high sensitivities) gas chromatography can quantitatively determine materials present at very low concentrations [7]. HPLC is ideally suited for the rapid processing of the multi component samples on both an analytical and preparative scale. Chemical separations can be accomplished using HPLC by utilizing the fact that certain compounds have different migration rates given a particular column and mobile phase [8].

**Materials and Methods**

**Preparation of plant extract**

The pure dried root powder of *C. borivilianum* was purchased commercially from Naturemed, Hyderabad, AP. Then plant root extract (CBE) was prepared by mixing 1-5% of plant root powder with deionized water in a 250 ml of (Borosil, India) conical flask. The solution was boiled in a water bath and then incubated at 50-70°C for an hour followed by filtering from What man paper [9].

**GC-MS analysis**

GC-MS analysis was carried out on a Shimadzu GCMSQP2010 Ultra system. Methanol was used as a solvent. The injector temperature was 280°C. The samples were injected in the split mode with split ratio 1 to 60. Injection volume was 1 µl. A capillary column Rtx-5MS (5% Diphenyl-95% Dimethyl Polysiloxane), 30 m x 0.25mm x 0.25 µm, was used (Figure 1). The carrier gas was helium with a constant flow of 1.00 ml/min. The oven temperature was as follows: initial temperature of 60°C, held for 2 min, increased to 10°C/min up to 260°C and held for 10 min. The MS ionization potential was 70 eV, and the temperatures were as follows: interface 260°C, Ion source 280°C. Mass scan range 40-550. GC-MS analysis of *C. Borivilianum* root extract led to the identification of the following compounds (Table 1). High-performance liquid chromatography (HPLC) is a versatile, robust, and widely used technique for the isolation of natural products [10]. Currently, this technique is gaining popularity among various analytical techniques as the main choice for fingerprinting study for the quality control of herbal plants [11]. Natural products are frequently isolated following the evaluation of a relatively crude extract in a biological assay to fully characterize the active entity. The method followed for High-performance liquid chromatography was according to Kardani et al. [12] as published.

![Chromatogram of C. borivilianum showing 9 distinct peaks at various retention time.](image)

**Table 1:** Phyto components identified in *C. borivilianum*.

| Peak | Retention Time | Name |
|------|----------------|------|
| 1    | 8.58           | 4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-methyl |
| 2    | 10.15          | Diethyl Phthalate |
| 3    | 12.76          | 1,3-Propanediol, 2-(hydroxymethyl)-2-nitro-Isobutylglycerol |
| 4    | 14.56          | Diethyl Phthalate |
Analysis of active ingredients in plant extract

HPLC was carried out for detection of active ingredients in aqueous extracts of *C. borivilianum*. Gallic acid was used as a standard marker in this experiment. A peak was observed at 3.08 min retention time (RT), with an area of 2.713 mAU for standard Gallic acid. For the test sample, a 20-µl solution injected and ran for 10 min (Figure 2a-2j). Two prominent peaks were observed, among which one matched the RT of gallic acid (3.08 min), whereas, another peak of greater concentration was observed at retention time 2.5 min. Besides these two peaks, 6 small peaks were also observed at RT 1.8 min, 3.12 min, 4.7 min, 6 min, 6.8 min and 7.2 min. Considering injected sample without any contamination a total of 8 active compounds were present in the aqueous solution of *C. borivilianum* (Figure 3).
Figure 2d: List of identified compounds from *C. borivillianum* are ascertained with NIST14 Library.

Figure 2e: List of identified compounds from *C. borivillianum* are ascertained with NIST14 Library.

Figure 2f: List of identified compounds from *C. borivillianum* are ascertained with NIST14 Library.

Figure 2g: List of identified compounds from *C. borivillianum* are ascertained with NIST14 Library.

Figure 2h: List of identified compounds from *C. borivillianum* are ascertained with NIST14 Library.
Results and Discussion

The results of GC-MS analysis led to the identification of several compounds from the GC fractions of the extract of *C. borivilianum*. These compounds were identified through mass spectrometry attached with GC. The results of the GC-MS was interpreted by using the database of the National Institute of Standards and Technology (NIST) library having more than 2,00,000 patterns. The GC-MS spectrum of the unknown constituent was then compared with the known components stored in the NIST-14 library. The results of the present study are tabulated in Table 1. The identified constituents from the root extract of *C. borivilianum* like a saponin glycoside 4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-methyl possess antifungal activity [13,14] 9,10-Anthracenedione possess anticancer activity [15], butyl isopropyl ester as an antimicrobial agent [16] Diethyl phthalate (DEP) is known as a colourless liquid which has a slight aromatic odour. It is used in the various applications such as sprays of insecticides, as an ingredient in coatings of aspirin, cosmetics, food and pharmaceutical packaging, preparation of skincare products [17,18] 2-fluorencarboxaldehyde have antioxidant activity [19] 5-methylhex-2-yl pentadecyl ester shows antimicrobial activity [20].

Conclusion

The result of GC-MS and HPLC indicated the presence of vital bioactive phyto constituents belonging to various groups of alkaloids, glycosides, steroids, etc. Based on the results it can be concluded that *C. borivilianum* is the plant with potential therapeutic and nutritional importance thuscould be used as a natural source of antioxidants and its regular consumption in diet could provide health benefits to humans by the protection against oxidative stress.

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