Schisandrin B attenuates pressure overload-induced cardiac remodeling in mice by inhibiting the MAPK signaling pathway

FEN AI¹, QING-HAO GUO¹*, BO YU¹, WEI LI¹, XIN GUO² and ZHEN CHEN¹,³

Departments of ¹Emergency, ²Cardiovascular Medicine, and ³Evidence-Based Medicine, The Central Hospital of Wuhan, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, Hubei 430014, P.R. China

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Abstract. The aim of the current study was to investigate the effect and mechanism of schisandrin B (Sch B) on myocardial hypertrophy induced by pressure overload in mice. Male C57BL/6J mice were randomly divided into three groups: i) Sham (n=12); ii) transverse aortic constriction (TAC) (n=12); and iii) Sch B-treated (n=12; 80 mg·kg⁻¹·d⁻¹ per gavage). The model of myocardial hypertrophy was established by constricting the descending branch of the aortic arch. Following a 4-week treatment period, cardiac remodeling was evaluated using echocardiography and pathological and molecular analysis. Sch B improved cardiac function in the Sch B-treated group compared with the TAC group. Moreover, the Sch B-treated group had a smaller myocardial cell cross-sectional area and less fibrosis compared with the TAC group. The protein expression levels of cardiac hypertrophy and fibrosis markers in the TAC group were significantly higher compared with those in the sham group. The same markers in the Sch B-treated group were significantly lower compared with those in the TAC group. Additionally, the phosphorylation levels of the mitogen-activated protein kinase (MAPK) signaling pathway-associated proteins extracellular signal-regulated kinase 1/2, c-Jun N-terminal kinase 1/2 and P38 mitogen-activated protein kinase were significantly lower in the Sch B-treated group compared with the TAC group. Further in vitro investigation demonstrated that Sch B prevented the adverse effects of angiotensin II-induced hypertrophy and fibrosis by inhibiting the MAPK signaling pathway in H9c2 cells. In conclusion, Sch B may improve pathological myocardial remodeling and cardiac function induced by pressure overload, and its underlying mechanism may be associated with inhibition of the MAPK signaling pathway.

Introduction

Heart failure (HF) is the leading cause of death worldwide (1). Hypertension the most important independent risk factor for HF, which may result in pathological left ventricular (LV) hypertrophy and myocardial fibrosis (2-5). Previous studies have revealed that inhibiting or reversing cardiac hypertrophy may be an effective treatment for preventing LV remodeling and HF (6-8). Therefore, there is a requirement for the identification of novel drugs that improve pathological myocardial remodeling in patients with HF.

Schisandrin B (Sch B) is the most abundant and potent ingredient isolated from the fruit of *Schisandra* spp. and is a popular Chinese herbal medicine (9). Sch B exhibits a number of pharmacological effects, including anti-inflammatory, antioxidative and anticancer effects (10-12). A previous study indicated that Sch B exhibits anti-inflammatory activity via modulation of the redox-sensitive transcription factors Nrf2 and NF-κB (11). A study performed by Ip et al (10) demonstrated that Sch B protects against carbon tetrachloride toxicity through enhanced the function of the hepatic glutathione antioxidant system. A number of studies have indicated that Sch B serves a vital role in cardiovascular disease. A report by Thandavarayan et al (13) has demonstrated that Sch B prevents doxorubicin induced cardiac dysfunction by modulation of DNA damage, oxidative stress and inflammation through inhibition of MAPK/p53 signaling. Furthermore, Chen et al (14) observed that Sch B reduces inflammation, inhibits apoptosis, and improves cardiac function following myocardial infarction. A number of studies have consistently demonstrated that Sch B alleviates myocardial ischemia-reperfusion injury (15,16). However, the mechanism of action of Sch B in stress-induced pathological cardiac hypertrophy has not been investigated. The aim of the present study was therefore to investigate the protective effect of Sch B on stress-induced pathological cardiac hypertrophy and to elucidate its underlying mechanism.

Correspondence to: Dr Xin Guo, Department of Cardiovascular Medicine, The Central Hospital of Wuhan, Tongji Medical College, Huazhong University of Science and Technology, 26 Shengli Street, Wuhan, Hubei 430014, P.R. China
E-mail: syzsyz123321@outlook.com

Dr Zhen Chen, Department of Emergency, The Central Hospital of Wuhan, Tongji Medical College, Huazhong University of Science and Technology, 26 Shengli Street, Wuhan, Hubei 430014, P.R. China
E-mail: wenwen120866@126.com

¹Contributed equally

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*E-mail: wenwen120866@126.com
Materials and methods

Experimental animals. All in vivo experiments were approved by the Animal Care and Use Committee of the Central Hospital of Wuhan. The 36 C57BL/6 mice (male; age, 7-8 weeks; weight, 22-26 g) were purchased from Beijing HFK Bioscience Co., Ltd. Mice were housed in an environment with controlled light cycles (12 h light/dark), temperature (20-24°C) and humidity (45-55%). Food and water were provided ad libitum.

Mouse model and experimental grouping. Surgeries and subsequent analyses were performed in a blinded manner. Aortic banding (n=24) and sham (n=12) surgeries were performed as previously described (17). Briefly, 36 mice were anesthetized with an intraperitoneal injection of 3% (50 mg/kg) sodium pentobarbital solution. The depth of anesthesia during the surgical procedures was assessed via the pedal withdrawal reflex and breathing rate. An incision was made on the left side of the chest of each mouse and the thoracic aorta was identified by blunt dissection at the second intercostal space. A 26-G needle was placed on the thoracic aorta and a 7-0 silk suture was placed around the thoracic aorta and needle, and tied. The needle was withdrawn immediately after successful ligation, resulting in a transverse aortic constriction (TAC). Doppler analysis was subsequently performed to ensure that the aorta had been adequately constricted. The thoracic aortas of the animals in the sham group were threaded but not ligated.

Sch B treatment protocol in vivo. Sch B (purity ≥97%) was purchased from Shanghai PureOne Biotechnology Co., Ltd. and dissolved in olive oil. Oral administration is currently the main route of administration of Sch B in clinical practice (9). Therefore, in order to better simulate clinical treatment, the mice in the current study were administered Sch B intragastrically. Furthermore, intragastric administration of Sch B has previously been reported by Chen et al (14). A study on the pharmacokinetics of Sch B revealed that the calculated absolute oral bioavailability of Sch B was ~55.0% for female rats and 19.3% for male rat (18). A number of studies also support the good oral bioavailability of Sch B in mice (19,20). Therefore, SchB was not decomposed or destroyed by gastric acid. Following ligation of the thoracic aorta, animals in the Sch B group (n=12) received 80 mg/kg Sch B intragastrically per day for 4 weeks. Animals in the TAC (n=12) and sham (n=12) groups received the same volume of olive oil daily.

Echocardiography analysis. The mice were anesthetized with 1.5-2% isoflurane and echocardiography using a Mylab30CV (Esaote Group) ultrasound system with a 15-Mz probe was performed, 4 weeks after the TAC. The short-axis view of the standard left ventricular papillary muscle was selected, and the left ventricular end-systolic diameter (LVESd), left ventricular end-diastolic diameter (LVEDd), left ventricular ejection fraction (LVEF) and left ventricular fractional shortening (LVFS) were measured. Following echocardiography, the mice were sacrificed via an overdose of sodium pentobarbital (200 mg/kg) injected intraperitoneally. The body weight (BW), heart weight (HW), lung weight (LW) and tibia length (TL) were measured. HW/BW, LW/BW and HW/TL values were subsequently calculated.

Myocardial histopathology. The heart was removed from the sacrificed animals and placed in 10% potassium chloride to extrude the blood from the heart cavity. Tissues were subsequently fixed in 4% paraformaldehyde at 4°C for 12 h, dehydrated with a descending alcohol series (100% alcohol for 5 min, 95% alcohol for 5 min and 75% alcohol for 5 min), embedded in paraffin and sectioned. Cross-sections of the LV papillary muscle were prepared, and 4-5 mm-thick heart sections were subjected to conventional hematoxylin-eosin (H&E; hematoxylin for 10 min and eosin for 5 min at room temperature) and Masson staining (alkali fuchsin solution for 3 min, phosphomolybdic acid for 1 min, and aniline blue solution for 2 min at room temperature). Sections were observed under a microscope and Image Pro Plus software (version 6.0; Media Cybernetics, Inc.) was used to calculate the myocardial cell cross-sectional area (CSA) and the area of the fibrotic region in the LV.

Cell culture and angiotensin II (Ang II) treatment. The rat cardiomyocyte cell line H9c2 was purchased from the The Cell Bank of Type Culture Collection of the Chinese Academy of Sciences and cultured in DMEM (Gibco; Thermo Fisher Scientific, Inc.) supplemented with 10% FBS (Gibco; Thermo Fisher Scientific, Inc.), 2 mmol/l glucose, 1 mmol/l pyruvate, 100 U/ml penicillin and 100 mg/ml streptomycin. Cells were maintained in a humidified incubator at 37°C and 5% CO2.

Previous studies indicated that pretreatment with Sch B at concentration of 5-20 µM for 16-24 h resulted in optimal myocardial protection against ischemic injury in vitro (14,21). In the current study, cells were pretreated with Sch B (5, 10 and 20 µM) for 16 h at room temperature. The cells were subsequently treated with Ang II dissolved in DMSO to a final concentration of 1 µM for 30 min at room temperature. DMSO was used as the vehicle control. Cell viability was measured using the MTT assay, which relies on the ability of living cells to convert thiazole blue into purple formazan. The optical density of the formazan was subsequently detected at a wavelength of 570 nm. The results were normalized to those of the untreated control. Protein and mRNA expression levels in the treated and control cells were analyzed by western blot analysis and reverse-transcription quantitative PCR (RT-qPCR), respectively.

Western blot analysis. Total proteins were extracted from LV tissues and H9c2 cells using lysis buffer containing Protease Inhibitor Cocktail (cat. no. 0469315901; Roche Diagnostics), Phenylmethanesulfonyl Fluoride (cat. no. AS1006; Aspen) and Phosphatase Inhibitor (cat. no. AS1008; Aspen). Extracted proteins were subjected to centrifugation (13,000 x g; 4°C; 5 min), sonication (20 kHz; room temperature; 10 sec; 3 times) and heat denaturation. The total protein concentration was determined using the BCA Protein Assay kit (cat. no. P0010; Beyotime Institute of Biotechnology). Proteins (40 µg/lane) were separated on an 8-10% SDS-PAGE gel and transferred onto a polyvinylidene fluoride membrane, which was subsequently incubated with primary antibodies overnight at 4°C. Following primary antibody incubation, the membrane was incubated with GAPDH (1:10,000; cat. no. ab37168; Abcam) for 2 h at room temperature. The antibodies used in the current study are presented in Table I. Protein bands were detected...
using chemiluminescence (cat. no. NCI 5079; Thermo Fisher Scientific, Inc.). Gray-scale scanning and quantification were performed using Image J software (version 1.32; National Institutes of Health).

**RT-qPCR.** Total RNA was extracted from H9c2 cells using TRIzol® reagent (cat. no. 15596-026; Thermo Fisher Scientific, Inc.) and was reversed transcribed into cDNA using the PrimeScript RT reagent kit (cat. no. RR047A; Takara Biotechnology Co., Ltd.). The temperature protocol was 25˚C for 10 min, 50˚C for 60 min, 90˚C for 5 min, and 4˚C for 10 min. RT-qPCR was subsequently performed using a 20 µl reaction system containing cDNA, forward and reverse primers and SYBR® Premix Ex Taq (cat. no. RR420A; Takara Biotechnology Co., Ltd.). The initial denaturation was 95˚C for 30 sec, 40 cycles of denaturation at 95˚C for 5 sec, annealing at 60˚C for 30 sec and elongation at 72˚C for 30 sec, and a final elongation at 72˚C for 10 min. GAPDH was used as an internal reference gene and presented as an expression fold change using the 2-ΔΔCq method (22). The primers were synthesized by Shanghai GenePharma Co., Ltd. The sequences of the primers used for RT-qPCR are presented in Table II.

**Statistical analysis.** SPSS statistical software (version 21; IBM Corp.) was used to conduct all the data analysis. The results are expressed as the mean ± SEM. Each experiment was repeated four times. Statistical comparisons among multiple groups were performed with one-way ANOVA followed by Tukey’s post hoc test. P<0.05 was considered to indicate a statistically significant difference.

**Results**

**Cardiac function and structure.** No deaths were observed in the mice during the 4-week experimental period. Fig. 1A shows the representative mouse M-mode echocardiograms in each group. The LVEDd and LVESd were significantly lower in the Sch B-treated group compared with the TAC group (P<0.05; Fig. 1B and C). The LVEF and LVFS were significantly higher in the Sch B-treated group compared with the TAC group (P<0.05; Fig. 1D and E). In addition, the HW/BW, HW/TL and LW/BW values of the Sch B-treated group were significantly lower compared with the TAC group (P<0.05; Fig. 1F-H).

**Cardiac hypertrophy.** H&E staining revealed that the cardiomyocyte CSA in the TAC group was increased compared with that in the sham group, while that in the Sch B-treated group was significantly decreased compared with the TAC group (P<0.05; Fig. 2A and B). Similarly, western blotting demonstrated that the expression levels of cardiac hypertrophy markers [atrial natriuretic peptide (ANP), brain natriuretic peptide (BNP) and β-myosin heavy chain (β-MHC)] in the TAC group were significantly increased compared with the sham group (P<0.05). The levels of the aforementioned markers were significantly decreased in the Sch B group compared with the TAC group (P<0.05; Fig. 2C and D).

**Myocardial fibrosis.** Masson staining revealed that the area of LV fibrosis in the Sch B-treated group was significantly decreased compared with that in the sham group, while that in the Sch B-treated group was significantly decreased compared with the TAC group (P<0.05; Fig. 3A and B). Similarly, western blotting demonstrated that the expression levels of myocardial fibrosis markers [collagen I and III] in the TAC group were significantly increased compared with the sham group (P<0.05). The levels of the aforementioned markers were significantly decreased in the Sch B group compared with the TAC group (P<0.05; Fig. 3C and D).

**Sch B improves LV structural remodeling by inhibiting the MAPK signaling pathway.** The current study investigated...
the effect of Sch B on the MAPK signaling pathway during pathological myocardial remodeling following TAC. The phosphorylation levels of the MAPK signaling pathway-associated proteins ERK1/2, JNK1/2 and P38 in the myocardial tissue of the Sch-B-treated animals were significantly decreased compared with the TAC group (P<0.05; Fig. 4). These data suggested that Sch B inhibited the MAPK signaling pathway following TAC.

In order to investigate the modulating effect of Sch B on MAPK signaling, different concentrations of Sch B were used to pretreat H9c2 cells prior to Ang II stimulation. Cell viability was determined using MTT assay is presented in Fig. 5A. There was no difference in cell viability among the different concentrations (0, 5, 10 and 20 μM) of Sch B. The protein phosphorylation levels of ERK1/2, JNK1/2 and P38 were increased following Ang II stimulation, which was significantly suppressed by 10 and 20 μM Sch B compared with the untreated controls (P<0.05; Fig. 5B and C). The mRNA levels of the hypertrophy markers ANP, BNP and β-MHC and the fibrosis mediators CTGF and collagen I and III, induced by Ang II stimulation, were significantly decreased by 10 and 20 μM Sch B compared with the untreated controls (P<0.05; Fig. 5D and E). This suggested that the inactivation of the MAPK signaling pathway reduced the pathological remodeling induced by Ang II stimulation.
Figure 2. Cardiac hypertrophy levels in each experimental group. (A) Representative H&E staining of left ventricular tissues obtained from mice in each group (magnification, x400). (B) Statistical analysis of the cardiomyocyte CSA from H&E-stained sections (n=100+ cardiomyocytes in four samples). (C) Representative western blotting of the cardiac hypertrophy markers ANP, BNP and β-MHC in each group. (D) Representative statistical analysis of the cardiac hypertrophy markers ANP, BNP and β-MHC in each group (n=4). Data are expressed as the mean ± SEM. *P<0.05 vs. respective sham group; #P<0.05 vs. respective TAC group. H&E, hematoxylin-eosin; CSA, cross-sectional area; ANP, atrial natriuretic peptide; BNP, brain natriuretic peptide; β-MHC, β-myosin heavy chain; TAC, transverse aortic constriction; Sch B, schisandrin B.

Figure 3. Myocardial fibrosis in each experimental group. (A) Representative Masson staining of myocardial tissues (magnification, x400). (B) Statistical analysis of the LV collagen volume (%) in Masson-stained sections (n=4). (C) Representative western blotting of the cardiac fibrosis markers CTGF, collagen I and III in each group. (D) Representative statistical analysis of the cardiac fibrosis markers CTGF, collagen I and III in each group (n=4). Data are expressed as the mean ± SEM. *P<0.05 vs. respective sham group; #P<0.05 vs. respective TAC group. LV, left ventricular; CTGF, connective tissue growth factor; TAC, transverse aortic constriction; Sch B, schisandrin B.
Figure 4. Sch B improves cardiac remodeling by regulating the mitogen-activated protein kinase signaling pathway in vivo. (A) Representative western blotting of ERK1/2, JNK1/2 and P38 in each experimental group. (B) Representative statistical analysis of P-ERK1/2, P-JNK1/2 and P-P38 in each experimental group (n=4). Data are expressed as the mean ± standard error of the mean. *P<0.05 vs. the sham group; #P<0.05 vs. the TAC group. Sch B, schisandrin B; ERK, extracellular signal-regulated kinase; JNK, c-Jun N-terminal kinase; P38, P38 mitogen-activated protein kinase; TAC, transverse aortic constriction; p, phosphorylated.

Figure 5. Sch B rescues the adverse effects of Ang II-induced myocyte hypertrophy and fibrosis by inhibiting the mitogen-activated protein kinase signaling pathway. (A) Cell viability was determined by MTT assay. (B) Representative western blotting of ERK1/2, JNK1/2 and P38 in H9c2 cells incubated with different concentrations of Sch B following exposure to Ang II. (C) Representative statistical analysis of ERK1/2, JNK1/2 and P38 in H9c2 cells incubated with different concentrations of Sch B following exposure to Ang II (n=4). DMSO was used as a control solution. (D) RT-qPCR analysis of the mRNA levels of ANP, BNP and β-MHC in H9c2 cells incubated with different concentrations of Sch B following exposure to Ang II (n=4). DMSO was used as a control solution. (E) RT-qPCR analysis of the mRNA levels of CTGF and collagen I and III in H9c2 cells incubated with different concentrations of Sch B following exposure to Ang II (n=4). DMSO was used as a control solution. Data are expressed as the mean ± standard error of the mean. *P<0.05. Sch B, schisandrin B; Ang II, angiotensin II; ERK, extracellular signal-regulated kinase; JNK, c-Jun N-terminal kinase; P38, P38 mitogen-activated protein kinase; ANP, atrial natriuretic peptide; BNP, brain natriuretic peptide; β-MHC, beta-myosin heavy chain; CTGF, connective tissue growth factor; NS, not significant; p, phosphorylated.
Discussion

The results obtained in the current study revealed that Sch B significantly improved cardiac dysfunction in pressure overload-induced cardiac remodeling, potentially by decreasing cardiac hypertrophy and fibrosis. This effect may be due to inhibition of the MAPK signaling pathway by decreasing the phosphorylation levels of ERK1/2, JNK1/2 and P38.

Previous studies demonstrated that Sch B has a protective effect on myocardial injury. Chiu et al (15) demonstrated that Sch B improves myocardial ischemia-reperfusion injury in rats by inducing the expression of heat shock protein (HSP) 25 and HSP 70. Moreover, a previous study also indicated that Sch B ameliorates cardiac dysfunction in a mouse model of myocardial infarction (14). These observations are consistent with studies by Thandavarayan et al (13) showing that Sch B prevents doxorubicin-induced cardiac dysfunction. The present study provides correlative evidence suggesting that compared with the TAC group, the LVEF and LVFS in the Sch B-treated group were significantly increased. Therefore, Sch B may allogevate pressure overload-induced cardiac dysfunction.

The main pathological changes in pressure overload-induced pathological myocardial remodeling include myocardial cell hypertrophy and myocardial fibrosis (23). Cardiomyocyte hypertrophy is one of the hallmark changes in pathological myocardial remodeling (24). The present study revealed that cardiomyocyte CSA was significantly increased in the TAC group compared with the sham group. Following 4 weeks of treatment with Sch B, the CSA of cardiomyocytes was significantly reduced compared with the other groups. Similarly, the Sch B-treated group exhibited significantly lower levels of cardiac hypertrophy markers compared with the TAC group. In addition, the HW/BW, HW/TL and LW/BW of the Sch B-treated group were decreased compared with the TAC group. Therefore, the results obtained in the current study revealed that Sch B may improve pressure overload-induced cardiac hypertrophy.

Myocardial fibrosis is another hallmark of pathological myocardial remodeling (25). Excessive deposition of cardiac collagen results in diastolic and contractile dysfunction, leading to heart failure (26). Previous studies demonstrated that Sch B attenuates pathological liver, pulmonary and epidural fibrosis (27-29). A previous study indicated that Sch B improves cardiac fibrosis in a mouse model of myocardial infarction (14). Similar results were observed in the present study. Compared with the TAC group, the Sch B-treated group exhibited a significantly reduced myocardial fibrosis area, and the expression of myocardial fibrosis markers (CTGF, collagen I and 9+65 III) was significantly reduced. Therefore, Sch B may significantly improve myocardial fibrosis caused by TAC.

Previous studies have revealed that the MAPK signaling pathway is closely associated with cardiac pathology, including cardiac hypertrophy and myocardial fibrosis (30,31). Activation of ERK1/2, P38 and JNK1/2 increases cell growth and migration and promotes myocardial fibrosis (30,31). In addition, previous studies revealed that Sch B inhibits the MAPK signaling pathway (13,32,33). Activation of ERK1/2, JNK1/2 and P38 increases cell growth and migration and promotes myocardial fibrosis (30). A previous study revealed that Sch B prevents doxorubicin-induced cardiac damage by inhibiting the MAPK signaling pathway (10). These findings are similar to the results of the present study. Compared with the TAC group, the phosphorylation levels of ERK1/2, JNK1/2 and P38 in the Sch B-treated group were significantly decreased. This was associated with less cardiac hypertrophy and myocardial fibrosis in the Sch B-treated group. Moreover, the in vitro experiments in the current study further suggested that Sch B alleviated Ang II-induced cardiac fibrosis and hypertrophy by decreasing the phosphorylation levels of ERK1/2, JNK1/2 and P38. Similarly, a number of previously published studies demonstrated that Sch B prevents cardiac damage via suppression of the MAPK signaling pathway (13,31,32).

The current study had a number of limitations. The present study revealed that Sch B may prevent pressure overload-induced cardiac fibrosis and hypertrophy by inhibition of the MAPK signaling pathway. Future experiments should use small interfering RNA or inhibitors of the MAPK pathway to further verify the role of MAPK in the protective effect of Sch B. Whether the MAPK signaling pathway is a direct target of Sch B remains uncertain. Further studies are required to elucidate the mechanism by which Sch B regulates the MAPK signaling pathway.

In conclusion, the present study demonstrated that Sch B may improve pathological myocardial remodeling and cardiac function induced by pressure overload through inhibition of the MAPK signaling pathway.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions

FA, QHG, XG and ZC designed the study. FA, QHG and BY performed the experiments. FA, QHG and WL performed data analysis and interpreted the data. FA, QHG, BY and WL built the model and analyzed data. XG and ZC wrote the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The use of animals in the present study was reviewed and approved by the Ethics Committee of the Central Hospital of Wuhan (Wuhan, China).

Patient consent for publication

Not applicable.
The authors declare that they have no competing interests.

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