Ultrafast carrier-lattice interactions and interlayer modulations of Bi$_2$Se$_3$ by X-ray free electron laser diffraction

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As a 3D topological insulator, bismuth selenide (Bi$_2$Se$_3$) has potential applications for electrically and optically controllable magnetic and optoelectronic devices. Understanding the coupling with its topological phase requires studying the interactions of carriers with the lattice on time scales down to the sub-picosecond regime. Here we use an X-ray free-electron laser to perform time-resolved diffraction to investigate the ultrafast carrier-induced lattice contractions and interlayer modulations in Bi$_2$Se$_3$ thin films. The lattice contraction depends on the carrier concentration and is followed by an interlayer expansion accompanied by oscillations. Using density functional theory (DFT) and the Lifshitz model, the initial contraction can be explained by van der Waals force modulation of the confined free carrier layers. Band inversion, related to a topological phase transition, is modulated by the expansion of the interlayer distance. These results provide insight into instantaneous topological phases on ultrafast timescales.
Bismuth selenide (Bi$_2$Se$_3$) is a well-known thermoelectric material$^{1,2}$, a V-VI semiconductor, and 2D van der Waals (vdW) material$^3$ consisting of quintuple layers (QLs). As a 3D topological insulator (TI)$^4$–$^7$, Bi$_2$Se$_3$ has potential applications in optoelectronic$^8$,$^9$ and electronic devices$^{4,6,10}$–$^{13}$, and has been extensively studied. Furthermore, new applications have been suggested for heterostructures with strong spin-orbit coupling (SOC) and spin-momentum locking$^{14}$. It is therefore important to study ultrafast carrier-related intra- and inter-layer changes in the structure to manipulate the carriers in a topologically non-trivial, quasi-2D layered system$^{11}$–$^{13}$,$^{15}$–$^{17}$.

Time-angle-resolved photoemission spectroscopy (trARPES) was used to study the relaxation dynamics of optically excited carriers decaying through the surface state (SS)$^{18}$, as well as oscillatory modulations of the electronic structure in the bulk and SSs$^{19}$. Using transient laser reflections, longitudinal optical (LO) phonons with measurable carrier relaxation times were observed during electron-LO-phonon scattering$^{20}$. These observations revealed a carrier relaxation mechanism representing a hybrid between one dominated by bulk polar phonon interactions and one dominated by surface electron-lattice interactions. How the carrier-Bi$_2$Se$_3$ lattice interactions couple with the vdW structures, however, needs to be investigated by direct observations. Using an X-ray free-electron laser (XFEL)$^{21}$–$^{26}$, atomic-scale lattice movements and distortions can be measured directly on timescales down to a few tens of femtoseconds.

Here we describe the ultrafast time-resolved X-ray diffraction (UTXRD) experiment, carried out at PAL-XFEL$^{27}$, which studied the ultrafast carrier-induced dynamics of the Bi$_2$Se$_3$ lattice. The excited carriers induced lattice contraction that lasted up to 10 ps. Due to a confined layer of free carriers, high laser fluence may saturate the contraction. The contraction was followed by a lattice expansion that lasted tens of picoseconds and interlayer vibrations with breathing and interface modes. The vibrations were caused by modulating vdW forces restoring
the out-of-plane distortions. The carrier-induced vdw contraction was explained by density functional theory (DFT) calculations employing the Lifshitz model. We predict that an expansion in the interlayer distance will be followed by an inversion in the topologically non-trivial band state.

Figure 1a shows the (006) Bragg reflection, accumulated over 60 shots, of a Bi$_2$Se$_3$ sample with 16 QLs. Additional features can be seen, such as fringes in $Q_z$ due to the sample thickness and diffuse scattering in $Q_{xy}$. The thicknesses of the sample are determined by X-ray reflectivity and by the fringes ($\Delta Q_z$) of the (003) Bragg peak (Supplementary Fig. 1). After laser pumping, an XFEL pulse probes the structure after a time delay $\Delta t$. Figure 1b shows the time trace of the mean intensity of the in-plane ($\Delta Q_{xy} = 0.08 \, \text{Å}^{-1}$) (006) Bragg peak from Fig. 1a. The intensity profile at $\Delta t = 0$ is plotted as a blue line. To locate the Bragg peak, the signal of the crystal truncation rods was excluded from the raw data (Supplementary Fig. 2). The peak position was defined as the center of mass (COM). From this, the strain was calculated by the relation $\frac{\Delta Q}{Q_I}$, where $Q_I$ is the initial COM at negative $\Delta t$, and $\Delta Q$ is its change after $\Delta t$. Since no changes were observed in $Q_{xy}$, $Q_I$ and $\Delta Q$ are in $Q_z$(Å$^{-1}$). Note that compression is defined by a positive $\Delta Q$. The strain as a function of $\Delta t$ is shown in Figs. 1c and 1d, respectively, for a 16 QL sample with different laser fluences and for samples with different thicknesses at a fixed laser fluence of 1.1 mJcm$^{-2}$. The inset in Fig. 1c shows the strain curves when $\Delta t > 6$ ps for fluences of 2.2 and 3.3 mJcm$^{-2}$. After laser excitation, a contractive strain was observed. The time to reach maximum contraction depended on the sample thickness and laser fluence. An expansion was then observed, followed by a relaxation with oscillations at different frequencies depending on the sample thickness.
Figures 2a and 2b show the changes in position relative to the diffraction geometry (Supplementary Fig. 3) for the (006) and (015) Bragg peaks after the laser excitation. For both peaks, the changes in $Q_z$ were almost identical; the changes in $Q_{xy}$ also showed no difference (Supplementary Fig. 4). We infer the possibility that a change in the interlayer distance plays a dominant role in the out-of-plane dynamics.

The oscillations and relaxations are modelled by Equation (1)

$$f_{fit} = \sum_{i=1}^{m} A_{osc}^i e^{-t/\tau_{osc}} \cos 2\pi f_{osc}^i (t - \phi_i) + \sum_{j=1}^{l} A_{rl}^j e^{-t/\tau_{rl}^j}$$

where $A_{osc}$, $\tau_{osc}$, and $f_{osc}$ are the amplitude, damping constant, and oscillation frequency for the $i$th component, respectively. $A_{rl}$ and $\tau_{rl}$ are the relaxation amplitude and damping constant for the $j$th component, respectively. Figures 2c to 2f show the detailed fitting procedures and results for a 16 QL sample with 1.1 mJ/cm$^2$ laser fluence. Over the entire range $\Delta t < 400$ ps, we fit a single exponential relaxation term ($l = 1$, Fig. 2c). After subtracting this term, two superposed damping oscillations (Fig. 2d) with high ($i = 1$, Fig. 2e) and low ($i = 2$, Fig. 2f) frequencies are analysed. For an extended range of $\Delta t$, additional damping constants are needed to model the strain relaxation. Figures 2g and 2h show the damping constants $\tau_{rl}^1$ and $\tau_{rl}^2$ for both 16 and 26 QL samples, respectively. The error bars represent the 95% confidence intervals. For $\Delta t < 1,000$ ps and the 16 QL sample, the average $\tau_{rl}^1$ is 336 ± 36 ps. However, for $\Delta t > 1.5$ ns, i.e., when the coherent motion of the lattice diminished and thermal processes dominated, additional damping constant $\tau_{rl}^2 = 3.66 ± 0.29$ ns is required.

The results do not change significantly with fluence. The damping constants for the 26 QL sample are greater than those for the 16 QL one, implying that thermal diffusion takes longer through the thicker sample. Results for other sample thicknesses are provided in the Supplementary Information. Figure 2i shows two distinct damping oscillation components: a
high frequency (red) and a low frequency (blue). The measurements obtained by circularly polarized Raman spectroscopy (squares) are compared to those obtained by fitting a simple linear chain (SLC) model (line). Detailed Raman spectroscopy results are provided in the Supplementary Information. The high-frequency mode is taken as the lowest frequency interlayer breathing mode in an SLC model (Fig. 2g inset). For out of plane motions, the QLs (circles) are bonded together by vdW forces with elastic constant $K_z$. The force constant between the QLs and the substrate is $K_i$. Since $K_i \ll K_z$ for 2D materials on substrates$^{28,29}$, the eigenmode frequencies can be written as

$$\omega_\alpha \cong \sqrt{\frac{K}{2\mu \pi^2 c^2}} \left[ 1 - \cos \left( \frac{2\pi}{N} \right) \right]$$  \hspace{1cm} (2)

where $\alpha = 1$ corresponds to the zero-frequency acoustic mode, and $\alpha = 2, ..., N$ to the interlayer breathing modes when $K = K_z$. The constant $c$ is the speed of light, and $\mu$ is $7.5 \times 10^{-6} \text{ kgm}^{-2}$ for a single QL of Bi$_2$Se$_3$. Fitting Equation 2 to the data in Fig. 2i gives $K_z = 5.48 \times 10^{19} \text{ Nm}^{-3}$ for the breathing mode. Although $\alpha = 2$ was taken as the lowest order of the breathing modes, the low-frequency mode does not resemble the breathing or shearing modes expected in interlayer vibrations. We call this the interface mode for the following reason. Since our UTXRD measurements are sensitive to out-of-plane motions, this mode presumably represents the sample density fluctuations caused by acoustic waves at the sample-substrate interface, subjected to strong interlayer bonding ($K_z \gg K_i$). For each sample thickness, $K_i = 4(\pi c \omega_i)^2 N \mu$. The calculated ($K_i/K_z$) ratios shown in Table 1 are comparable to those for Bi$_2$Te$_3^{30}$. In Fig. 2j, the acoustic sound velocities calculated for the breathing mode are compared to the values obtained by Raman measurement$^{31}$ (triangles), transient laser reflection$^{31}$ (squares), and the longitudinal and transverse values (lines) calculated for the bulk$^{32}$. Our results with a dependency on film thickness are consistent with those in Ref. 31.
This could be due to the coupling of the oscillations (breathing mode) and shear components with the boundary conditions\textsuperscript{31}.

Figure 3a shows the fluence-dependent contractive strain curves ($\Delta t < 8$ ps) for the 16 QL sample described in Fig. 1c. The contractive strain data (dots) are shown with fitted error functions (lines). The maximum compression (squares) and corresponding $\Delta t$ (open circles) are also shown. With fluence $\sim 0.4$ mJcm$^{-2}$, the contraction saturates at ($\Delta Q/Q_i \sim 0.027\%$) but is tapered during the interval $\Delta t$. After contraction, the expansion reaches a maximum at $\sim 20$ ps, independent of the fluence. Figure 3b shows the maximum expansive strain as a function of fluence for the same 16 QL sample. The inset shows an enlarged range of up to 0.5 mJcm$^{-2}$. Unlike compression, the expansion is linearly related to the fluence and does not saturate.

To understand how the initial compressive strain is related to the fluence-dependent carrier density ($n$), we calculated the latter by measuring the transmittance and reflectance values (see Supplementary Information). To determine how fluence affects the contraction time, we compared our results with those obtained in a study using time-resolved angle-resolved photoemission spectroscopy (trARPES)\textsuperscript{18} and an 800 nm fs-laser for excitation. A 26 $\mu$Jcm$^{-2}$ fluence corresponds to 0.1 mJcm$^{-2}$ (24 $\mu$Jcm$^{-2}$ after considering transmittance and reflectance) in our measurement. Figure 3c shows the strain curve for a fluence of 0.1 mJcm$^{-2}$. The 2.47 ps taken to reach maximum contraction is in agreement with the 2.5 ps\textsuperscript{18} taken for the carriers to completely relax by scattering from the higher-lying states, after they populated the SS and bulk conduction band (BCB) within 0.7 ps of excitation. Since the X-ray penetrate the entire 16 QLs, the SS population is negligible. The observed contractions are therefore attributed to the carriers that populated the BCB.

To relate the density of the excited carriers to the magnitude of the lattice contraction, we
used the Lifshitz model\textsuperscript{33}. By considering the dielectric function, this model explains the vdW force between metallic surfaces separated by distance \((l)\), which is small compared to the wavelengths of the fluctuating field. We assume that the excited carriers formed a charge slab inside the QL, and each slab is separated by the distance \(l\). At the high carrier density limit, where the plasma frequency is much larger than the Drude damping term in the dielectric function, the Drude model gives the effective pressure between charged slabs\textsuperscript{26} as

\[
\Delta F = \frac{\xi^2 \sqrt{n}}{32\pi^2 \sqrt{2m\epsilon_0 l^3}} \tag{3}
\]

where \(\hbar\) is the Planck constant, \(e\) is the elementary electron charge, \(\epsilon_0\) is the vacuum permittivity, \(n\) is the carrier density, and \(\xi = 2.04\textsuperscript{26}\) is the Matsubara frequency. The stress is calculated by multiplying the elastic tensor component along the c-axis \((C_{33})\) by the maximum contraction in Fig. 3a. Figure 4a shows the compressive stress on the 16 QL sample (circle) as a function of \(n\) and the fit with Equation (3) (line). The distance \(l\) is 3.94 Å from the fit and is larger than the interlayer distance of Bi\(_2\)Se\(_3\) (2.58 Å) calculated by DFT. This implies that in Bi\(_2\)Se\(_3\), the charge density (CD) within a QL is responsible for the vdW attraction. Note that the data with \(n > 3.564 \times 10^{20}\) were excluded from the fit due to saturation (inset of Fig. 4a).

After fitting Equation (3) to the data, we wanted to explore the meaning of the parameter \(l\) in a QL. Using DFT, we calculated the CD of the valence band (VB) and the conduction band (CB). The calculations are described in the Methods section. Figure 4b shows the CD and atomic configuration in a single QL along the c-axis direction. DFT geometry optimization gave the following intra-layer distances: 1.58 Å for Se(outer)–Bi, 1.90 Å for Bi–Se(inner), and 2.58 Å for the interlayer distance \((s)\), which is the distance between Se(outer)-Se(outer) layers. The black dashed lines indicate indentations \(l/2\) from each edge of the QL (9.55 Å). The CD of the VB (cyan) shows electrons distributed around the Se atoms. The CD of the CB (purple) has
a distribution that is diffuse within the dashed lines and decreases sharply outwards, reaching a minimum within the interlayer distance. As the region between the dashed lines contains most of the CB carriers (> 70%), we consider it as a charged slab with thickness \( d = 9.55 - l \) (Å). In other words, the carriers confined within the slab \( d \) are responsible for the compressive strain.

To investigate how interlayer distance modulation affects the topological phase of Bi\(_2\)Se\(_3\), we calculated the band structures for different interlayer distances \((s + \Delta s)\) while keeping the atomic structure within the QL fixed. The band structure near the \( \Gamma \) point and corresponding projected density of states (PDOS) with interlayer distance changes \((\Delta s \text{ in inset})\) are overlaid in Figure 4c. The atomic orbitals are indicated by the coloured lines. The PDOS shows that as \( \Delta s \) expands, \( p_z \) orbitals contribute to the inversion state, but the \( p_z \) orbital contribution remains constant regardless of inversion. According to our observations, with increasing laser fluence, the lattice expands linearly after the carrier-induced contraction. For a 3.3 mJcm\(^{-2}\) fluence, it expands to 29.43 Å, 0.79 Å larger than during the equilibrium state. We attribute most of the expansion to a coherent interlayer distance modulation since neither significant in-plane lattice change nor evidence of lattice thermalization has been observed on this time scale. In the DFT calculations, the energy gap between the inverted states narrows when the interlayer distance expands. The band is inverted when the interlayer distance expansion exceeds 0.34 Å, predicting a topological phase transition to a normal insulator. In this work, the largest observed interlayer distance expansion is 0.26 Å; the corresponding energy band gap is 0.06 eV — a reduction of 0.24 eV compared to the equilibrium state. This suggests that the topological phase is optically tunable on an ultrafast timescale.
In conclusion, we have studied the lattice dynamics of Bi$_2$Se$_3$ on ultrafast timescales, observing the consecutive dynamical phases induced by carrier excitation. During $\Delta t < \sim 6$ ps, due to the presence of a concentrated layer of carriers within a QL, an impulsive contraction is induced by modulating vdW forces. By performing DFT calculations with the Lifshitz model, we found that the carrier layer is 5.61 Å thick, with 70% of the carriers occupying the CB. As the contraction is reversed by carrier-lattice interaction, we observed breathing and interface mode oscillations. The vibration modes of the interlayer oscillations are assigned by an SLC model. The linear relationship between the sample thickness and damping constants of the oscillations and relaxations suggests a role for thermal diffusion. The Bi$_2$Se$_3$ samples undergo maximum interlayer expansion at the beginning of the interlayer oscillations. How the topologically inverted states near the Fermi level are modulated is explained quantitatively by the expansion of the interlayer distance. With an expansion of 0.26 Å, the bulk band gap is expected to narrow to 0.06 eV. Hence a topological phase transition to a normal insulator is predicted for an expansion larger than 0.34 Å. These findings may provide insights relevant to applications that utilize the ultrafast topological states in 2D TIs.
Methods

Sample preparation

The Bi$_2$Se$_3$ films were grown on insulating Al$_2$O$_3$ (0001) substrates, along with the [001], using a molecular beam epitaxy (MBE) co-evaporation method. The ultra-high vacuum (UHV) system has a base pressure below $3.75 \times 10^{-10}$ Torr. Before film growth, the substrate was cleaned with acetone and isopropyl alcohol and dried by dry nitrogen. The substrate was then loaded into a UHV system and degassed at 600°C for 10 min, and then at 800°C for 30 min. High-purity Bi (99.999%) and Se (99.999%) were co-evaporated from Knudsen cells adjusted to obtain a 2:3 compositional ratio in the grown film. Growth rates were measured by two independent in-situ quartz crystal monitors. The Bi$_2$Se$_3$ films were grown at a substrate temperature of 240°C under Se-rich conditions, with a typical Se/Bi flux ratio of 10. The typical growth rate was 1 QL min$^{-1}$ (QL, where 1 QL $\approx$ 0.96 nm). A protective 5-nm amorphous Al$_2$O$_3$ layer was then deposited in-situ at room temperature.

X-ray reflectivity measurements

X-ray reflectivity measurements were taken with a D8 Discover diffractometer (Bruker Corporation, Billerica, MA, USA). An 8.05 keV (Cu K$_\alpha$) X-ray beam was collimated by a Göbel mirror and then filtered by a Ni filter to exclude the K$_\beta$ emission.

Ultrafast time-resolved X-ray diffraction

With a 500-fs time resolution and delays up to hundreds of ps, the UTXRD measurements were carried out at the X-ray Scattering and Spectroscopy (XSS) beamline at PAL-XFEL.
(Pohang, Korea)\textsuperscript{35}. A monochromatized X-ray pulse with a pulse duration of ~20 fs was used to probe the sample at a time delay $\Delta t$ after the optical laser pump. The Si(111) double crystal monochromator was operated at 9.7 keV with $\Delta E/E \approx 1.6 \times 10^{-4}$. The X-ray pulses were focused by beryllium compound refractive lenses (CRL) to a spot of size of $20 \times 20 \, \mu\text{m}^2$ full width at half maximum (FWHM) at the sample location. A Ti:sapphire laser with 800 nm wavelength and pulse width of 100 fs FWHM was used as the optical pump. It was p-polarized to the sample surface, and its angle of incidence was 9.6° larger than the X-ray. The laser provided effective fluences between 0.1 and 3.3 mJcm$^{-2}$ on the sample surface. After a time delay $\Delta t$, measurements were taken with the laser on and off, and then compared. The X-ray scattering patterns were recorded by a 2D “multiport charged-coupled device” (MPCCD) with a 10–30 Hz frequency.

Time-resolved X-ray diffraction measurements with delays of up to 8 ns were taken at the 7-ID-C beamline of the Advanced Photon Source (USA). A Ti:sapphire laser with 50 fs FWHM pulse duration, 800 nm wavelength, and 1 kHz repeating frequency was used as the optical pump. The sample was probed by 10 keV X-ray pulses with an FWHM duration of 90 ps. Collinear with the X-ray beam, the pump laser gave fluences between 0.7 and 8.8 mJcm$^{-2}$ at the sample surface. A 2D Pilatus detector was used 1 m from the sample.

**Density functional theory (DFT) calculations**

The electronic structure of Bi$_2$Se$_3$ was calculated using DFT at the level of the generalized gradient approximation (GGA), in particular, Perdew-Burke-Ernzerhof (PBE)\textsuperscript{36} functional including spin-orbit coupling (SOC) implemented in the Vienna Ab Initio Simulation Package (VASP)\textsuperscript{37}. The projector augmented wave (PAW) method\textsuperscript{38} was used in the calculations.
Specifically, 5s, 6s, 5p, 6p, and 5d of bismuth, and 4s and 4p of selenium, were included as the valence states. The convergence criterion for the self-consistency calculation was $10^{-6}$ eV, and the kinetic energy cut-off was 340 eV with accurate precision mode. The Brillouin zone was sampled using $13 \times 13 \times 13$ k-points according to the Monkhorst-Pack scheme. The tetrahedron method with Blöchl corrections was used, except for the band structure calculations.

To optimize the geometry, we fixed the lattice constants of a hexagonal unit cell and released the atomic positions. The in-plane lattice parameters “a” and “c” were set to 4.17 Å\textsuperscript{17} and 28.64 Å\textsuperscript{39}, respectively. The optimization procedure continued until the Hellmann-Feynman forces became smaller than 0.01 eV/Å, and the vdW interactions between the QLs could be taken into account by Grimme’s vdW correction (D2)\textsuperscript{40}.

The CD distribution in the z-direction (Fig. 4b) was obtained based on the local integral curve using Multiwfn\textsuperscript{41}. The curve is defined as $I_L(z) = \int \int p(x, y, z) \ dx \ dy$. We summed the charge densities of the carriers in the VB and CB near the Γ point. The k-points contained 1/4 of the Γ → M, Γ → K and Γ → A paths.

The band structure (Fig. 4c) was calculated, as well as the symmetry points (K, Γ, M). With Gaussian smearing (0.01 eV broadening), each line contained 80 such points. Various structures in the interlayer distance were calculated while keeping the atomic structure within a QL fixed. We obtained the PDOS at the Γ point by incorporating the lm-decomposed scheme into the band structure calculation.
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Author contributions

H.K. supervised and coordinated all aspects of the project. The UTXRD measurements at PAL-XFEL were carried out by S.K., J.K., S.C., K.Y., D.K., S.K., S.H.C., J.P., I.E., K.K, T-Y.K., and H.K. The UTXRD measurements at APS were carried out by S.K., K.Y., H.W., A.D., D.W., E.C.L., and H.K. The UTXRD data were analysed by S.K. The Bi$_2$Se$_3$ thin films were grown by Y.O. and F.K. under the supervision of J.S.M. The XRR measurements were carried out by J.K. and S.K. The theoretical analyses and density functional theory calculations were carried out by S.K. and Y.K., under the supervision of E.S. and H.K. S.Y.L. carried out the Raman spectroscopic measurements under the supervision of H.C. S.K., Y.K., E.S., and H.K. wrote the paper. All authors discussed the results and commented on the manuscript.
Figure 1. Strain evolution observed at the (006) Bragg peak. (a) The (006) Bragg reflection before laser excitation. (b) In-plane ($\Delta Q_{xy} = 0.08$ Å$^{-1}$)-averaged (006) Bragg peak after the time delay. The intensity profile at $\Delta t = 0$ is indicated by the blue line. (c) Strain evolution in a 16 QL Bi$_2$Se$_3$ film for different laser fluences. Contractive strains are observed between time delays of 0 and 6 ps. The lattice is subsequently released, and the strain rapidly turns expansive and is accompanied by oscillations. (d) Strain evolution in Bi$_2$Se$_3$ films with 7, 16, 26, 43, and 78 QLs, at 1.1 mJcm$^{-2}$ fluence.
Figure 2. Interlayer vibration modes and relaxation fits to strain curves. (a–b) Position change of the (006) and (015) Bragg peaks in the $Q_z$ and $Q_{zy}$ directions. (c–f) Example strain curve fitting example with a 16 QL sample and 1.1 mJcm$^{-2}$ fluence. (g) The relaxation damping constant $\tau_{rlx}^1$ for 16QL (squares) and 26 QL (circles). The red and blue symbols correspond to the values derived from data obtained at XFEL and the synchrotron source, respectively. (h) $\tau_{rlx}^2$ for 16QL (squares) and 26 QL (circles) derived from data obtained at the synchrotron. (i) The oscillation frequencies for the breathing (red) and interface (blue) modes, for Bi$_2$Se$_3$ films with different thicknesses. The error bars denote the 95% confidence intervals. The measured Raman frequencies are plotted as squares. The solid blue line represents the fit to the breathing mode model. (j) The propagation velocities for the breathing mode are plotted as blue circles. The error bars denote the 95% confidence intervals. The triangle and square represent the measurements obtained by Raman spectroscopy (Ref. 30) and ultrafast laser reflection (Ref. 31), respectively.
Figure 3. The interlayer contractive strain and maximum expansive strain on a 16 QL Bi₂Se₃ sample. (a) Contractive strain for different fluences up to time delay of 8 ps. The data points (dots) are plotted with the error functions (lines). The maximum contractive strains and their corresponding time delays are plotted as squares and open circles, respectively. (b) The maximum expansive strain as a function of laser fluence for the 16 QL sample from Fig. 1d. The laser fluence ranges from 0.1 to 3.3 mJcm⁻². The maximum lattice expansion scales linearly with fluence. The maximum expansive strains were taken as the minima in the strain curves. For each time delay, the centre of mass is averaged over the measurements, and the error bars represent the standard deviation. (c) Compressive strain as a function of time delay for a 1 mJcm⁻² fluence. The maximum contraction occurred at a time delay of 2.47 ps.
Figure 4. Theoretical analysis of interlayer distance contraction and expansion. (a) The maximum compressive stress is plotted against the carrier density extracted from Fig. 3a (red circle), with the Lifshitz model (line) overlaid. The stress data for carrier densities over $3.564 \times 10^{20}$ (with 0.4 mJcm$^{-2}$ fluence) were excluded since they were in the saturation regime. The inset shows the entire dataset. (b) The calculated charge density (CD) distribution along the c-axis of the crystal and the atomic configuration in a QL. To display the carrier distribution, we have aligned the y-axis of the CD distribution with the atomic positions. The dashed lines represent the boundaries of the metallic surface in the Lifshitz model. (c) The projected density of states (PDOS) of modulated interlayer distance, $\Delta s$, and the corresponding band structure in the vicinity of the $\Gamma$ point. The coloured lines indicate contributions by atomic orbitals. Band inversion occurs as the interlayer distance expands.
Table 1. $K_i$ values obtained from the results with a simple linear chain model with a nonzero substrate force constant and $K_i/K_z$ ratios.

| Thickness (QLs) | 7   | 16   | 26   | 43   | 78   |
|-----------------|-----|------|------|------|------|
| $K_i (\times 10^{18} \text{ Nm}^{-3})$ | 4.35 | 3.26 | 2.98 | 1.90 | 1.24 |
| $K_i / K_z (\times 10^{-2})$ | 8.43 | 7.67 | 4.18 | 2.54 | 1.48 |