Type I Interferons Are Involved in the Intracellular Growth Control of *Mycobacterium abscessus* by Mediating NOD2-Induced Production of Nitric Oxide in Macrophages

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*Mycobacterium abscessus* (MAB) is one of the rapidly growing, multidrug-resistant nontuberculous mycobacteria (NTM) causing various diseases including pulmonary disorder. Although it has been known that type I interferons (IFNs) contribute to host defense against bacterial infections, the role of type I IFNs against MAB infection is still unclear. In the present study, we show that rIFN-β treatment reduced the intracellular growth of MAB in macrophages. Deficiency of IFN-α/β receptor (IFNAR) led to the reduction of nitric oxide (NO) production in MAB-infected macrophages. Consistently, rIFN-β treatment enhanced the expression of iNOS gene and protein, and NO production in response to MAB. We also found that NO is essential for the intracellular growth control of MAB within macrophages in an inhibitor assay using iNOS-deficient cells. In addition, pretreatment of rIFN-β before MAB infection in mice increased production of NO in the lungs at day 1 after infection and promoted the bacterial clearance at day 5. However, when alveolar macrophages were depleted by treatment of clodronate liposome, rIFN-β did not promote the bacterial clearance in the lungs. Moreover, we found that a cytosolic receptor nucleotide-binding oligomerization domain 2 (NOD2) is required for MAB-induced TANK binding kinase 1 (TBK1) phosphorylation and IFN-β gene expression in macrophages. Finally, increased in the bacterial loads caused by reduction of NO levels was reversed by rIFN-β treatment in the lungs of NOD2-deficient mice. Collectively, our findings suggest that type I IFNs act as an intermediate of NOD2-induced NO production in macrophages and thus contribute to host defense against MAB infection.

**Keywords:** *Mycobacterium abscessus*, type I IFN, NOD2, nitric oxide, macrophage
INTRODUCTION

*Mycobacterium abscessus* (MAB) is one of the rapidly growing non-tuberculous mycobacteria (NTM) causing chronic pulmonary infection and skin and soft tissue infection (SSTI) in immunosuppressed patients (1). MAB has been well-known for being multidrug resistant, and cases of recurrent infection have been reported despite macrolide, amikacin, cefoxitin, and imipenem treatment (2). Recent Canadian studies have shown that the number of patients infected with MAB is increasing every year and about four times higher than the incidence of tuberculosis (3). As an intracellular pathogen, MAB can survive within innate immune cells such as macrophages and escape host immune response. Thus, understanding the exact molecular mechanism of antimicrobial effect within macrophages against MAB infection is essential for prevention and treatment of MAB infection (4).

Type I interferons (IFNs) are well-known cytokines that play an important role in host antiviral responses, and there are 13 different type I IFN subfamilies (5). The genes encoding type I IFNs are located in the same chromosomal locus; and the IFN-β gene, one of the subfamily, is known as a primordial gene of type I IFN family (6). Microbial pathogen or damage-associated molecular pattern (DAMP) stimulates pattern recognition receptor (PRR), and this stimulation produces type I IFNs through TANK binding kinase 1 (TBK1)–IFN regulatory factor (IRF) signaling cascade (7). Consequently, type I IFNs, including IFN-β, is recognized by the IFN-α/β receptor (IFNAR), and this recognition leads to the transcription of various IFN-stimulated gene (ISG) mediating antiviral effects and various immune responses (6). Nucleotide-binding oligomerization domain 2 (NOD2) is a member of cytosolic nucleotide-binding oligomerization domain (NOD)-like receptor family (8). Upon detecting muramyl dipeptide (MDP) or bacterial peptidoglycan component, NOD2 initiates innate immune response against various microbial pathogens (9). Unlike other bacterial pathogens, mycobacteria produce characteristic enzyme called N-acetyl muramic acid hydrolase (NamH) that converts the N-acetylated glycan chain of MDP to N-glycolylated chain (10). Moreover, N-glycolyl MDP exerts higher NOD2 activity than N-acetyl MDP and induces more potent immune response (11). For this reason, the essential role of NOD2 in host innate and adaptive immune responses against infections with *Mycobacterium* spp. has been extensively studied (12–15). Furthermore, we previously identified that NOD2 enhances the antimicrobial effect of macrophage against MAB infection by amplifying NO production, through *in vitro* and *in vivo* experiments (16).

Recently, several studies have been reported on the role of type I IFNs in host immune responses against bacterial infection (17). Interestingly, the role of type I IFNs in the aspect of antimicrobial effect is still controversial depending on bacterial species. In the case of systemic infection of *Streptococcus pneumoniae* and *Escherichia coli*, IFNAR-deficient mice maintained higher bacterial load in blood than did wild-type (WT) mice, which means that type I IFN signaling enhances bacterial clearance (18). Similarly, in case of *Helicobacter pylori* oral infection, IFNAR-deficient mice exhibited higher bacterial load in the stomach than did WT mice (19), correlating with the higher mortality in IFNAR-deficient mice in cecal ligation puncture-induced mouse sepsis model (20). On the contrary, IFNAR- or IFN-β-deficient mice exhibited lower bacterial load than did WT mice in the cases of *Francisella tularensis*, *Salmonella typhimurium*, and *Listeria monocytogenes* infection (21), indicating that type I IFNs exerted detrimental effects on host antimicrobial responses. In the case of mycobacterial infection, though belonging to the same genus, each species showed different phenotypes depending on the presence or absence of type I IFN signaling. INFAR-deficient mice infected with *Mycobacterium tuberculosis* exhibited lower bacterial loads in lung than the WT mice (22). On the other hand, the bacterial load of *Mycobacterium avium* complex and *Mycobacterium smegmatis* remained higher in IFNAR-deficient mice than WT mice (23). Even for the studies on *M. tuberculosis* infection, the impact of type I IFNs on bacterial clearance is different from study to study (24). For these reasons, it is important to identify the varying roles of type I IFN in host defense in the context of different experimental conditions such as bacterial species, infection dose, and infection route.

Likewise, the controversial roles of type I IFNs in MAB infection have been reported in two recent publications (25, 26). These two studies provided the conflicting results in antimicrobial responses of macrophages depending on the presence and absence of type I IFN signal. The first study reported that type I IFNs augment the cell-to-cell spread of MAB by increasing cytotoxicity of infected macrophages resulting in IFNAR-deficient macrophages that exhibited lower bacterial load as compared with the WT macrophages (26). The other reported that type I IFNs increased the production of NO in MAB-infected macrophages and that, consequently, IFNAR-deficient macrophages showed higher bacterial load than the WT macrophages in their study (25). Furthermore, there has been no study that elucidates the role of type I IFNs in *in vivo* model of MAB infection.

In this study, we aimed to i) clarify the antimicrobial mechanism of type I IFNs during MAB infection in macrophages and ii) elucidate the role of type I IFNs in *in vivo* MAB pulmonary infection model.

MATERIALS AND METHODS

Cell Culture and Medium

Bone marrow-derived macrophages (BMDMs) were derived from murine femur–tibia bone marrow and prepared as previously described (27). In summary, isolated BMDMs were incubated at 5% CO₂, 37°C in complete Iscove’s modified Dulbecco’s medium (IMDM; Gibco, Grand Island, NY, USA) supplemented with 12.5 ng/ml of recombinant mouse M-CSF Protein (R&D Systems, Minneapolis, MN, USA), 10% fetal bovine serum (FBS), 1% sodium pyruvate, 1% MEM Non-Essential Amino Acids (MEM NEAA), and 1% penicillin/streptomycin (P/S). After 3 days, 5 ml of fresh same medium

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was added, and the cells were cultured under the same conditions for 3 days and then used in the experiment. For the treatment of bacteria and reagents, medium (hereafter referred to as treat medium) was supplied to IMDM with 2% FBS, 1% HEPES, and 1% sodium pyruvate without antibiotics.

MH-S mouse alveolar macrophage (AM) cells purchased from American Type Culture Collection (ATCC, Manassas, VA, USA) were cultured in Roswell Park Memorial Institute (RPMI) 1640 (WELGENE, Gyeongsan, Republic of Korea) supplemented with 10% FBS, 1% P/S, 1% HEPES, and 1% sodium pyruvate without antibiotics.

Murine primary AMs were cultured as previously described (28). Briefly, 8- to 15-week-old male mice with C57BL/6 background were anesthetized, and bronchoalveolar lavage fluid (BALF) was obtained by flushing 1 ml of cold Dulbecco’s phosphate-buffered saline (D-PBS, WELGENE, Gyeongsan, Korea) containing 1 mM of EDTA. Collected BALFs from each mouse were pooled and centrifuged with 4°C and 250 relative centrifugal force (RCF). After the supernatant was discarded, pellets were dissolved with red blood cell (RBC) lysis buffer and incubated at room temperature for 10 min. After being washed twice with D-PBS, AMs were dissolved with DMEM high-glucose medium containing 10% FBS, 1% P/S, 1% HEPES, and 1% sodium pyruvate. AMs were seeded on a 48-well plate, 200 μl per well, with a concentration of 5 × 10^5 cell/ml. After 12 h, the time to stabilize cells after attaching to plate, intracellular bacterial growth assay was performed with the same method of BMDMs and MH-S cells. Treat medium was supplied to DMEM high-glucose medium with 2% FBS, 1% HEPES, and 1% sodium pyruvate without antibiotics.

Reagents

The following reagents were used. Mouse recombinant IFN-β (PBL Biomedical Laboratories, Piscataway, NJ, USA; Cat# 12401-1). Ultrapure lipopolysaccharide from Biomedical Laboratories, Piscataway, NJ, USA; Cat# 12401-1).

Mice

WT, Ifnar^-/-, Inos^-/-, and Nod2^-/- mice on a C57BL/6 background were purchased from The Jackson Laboratory (Bar Harbor, ME, USA). Female mice aged 8–10 weeks were used for animal experiments. Animal experiments were performed under protocols approved by the Institutional Animal Care and the Use Committee of Chonnam National University (Approval No. CNU IACUC-YB-2017-56 and 2019-31).

Bacterial Culture and In Vitro Infection Dose

Bacterial culture of the isogenic rough variant of M. abscessus ATCC19977T (Manassas, VA, USA) were prepared as previously described (29). Briefly, the bacterium was cultivated in 7H9 broth supplemented with 0.5% glycerol, 10% oleic acid, dextrose, albumin, and catalase (OADC; BD Biosciences, San Jose, CA, USA). For seed culture, 1 ml of frozen bacterial stock (3 × 10^8 CFU) was added in 10 ml of culture medium, and the cells were allowed to grow for 7 days at 37°C with shaking at 130 rpm. For main culture, the entire cells from seed culture were added to 200 ml of culture medium and incubated for three more days. The cells were centrifuged at 4,500 RCF and washed three times with D-PBS. For single-cell suspension, the cells were dissolved in D-PBS and sonicated for 1 s at 40 kHz, 100 W. The cells aggregated by sonication were removed by passing through 40-μm mesh. This process was repeated three times. The seed lots dissolved in D-PBS (contained 40% glycerol) were kept at −80°C until use. In all in vitro experiments, the number of macrophages to the number of bacteria was set as 1:25 multiplicity of infection (MOI). This infection dose was determined in our previous study (16). Except the assessment of TBK1 phosphorylation (Western blotting), extracellular MAB was washed out after 1 h post infection, and cells were incubated with gentamicin (Sigma Aldrich, St. Louis, MO, USA) containing fresh medium for indicated times in all experiments.

Intracellular Bacterial Growth Assay and Colony-Forming Unit Measurement

BMDMs and MH-S cells were seeded on a 48-well plate, 200 μl per well, with a concentration of 1 × 10^6 cell/ml. After 12 h, the time to stabilize cells after attaching to plate, MAB diluted in treat medium was infected for 200 μl per well with MOI 25. After 1 h, which is a sufficient time for phagocytosis, cell culture supernatant was washed out by D-PBS and replaced with fresh treated medium containing 100 μg/ml of gentamicin. Cell culture supernatant was washed out by D-PBS on indicated time, and attached cells were lysed with 100 μl of 1% Triton X-100. The bacterial colony-forming unit (CFU) of cell lysate was determined by the spread plate technique, as follows. The cell lysate or lung lysate (in vivo) samples containing bacteria were diluted with D-PBS as proper detectable levels. Fifty microliters of diluted samples was uniformly spread through glass beads on the Middlebrook 7H10 agar (Difco, Detroit, MI, USA) plate containing ampicillin, and plates were incubated for 96 h at 37°C. The number of colony was counted and converted to log value. The CFU value of the tissue sample was normalized to tissue weight (g).

Real-Time Quantitative Polymerase Chain Reaction

BMDMs and MH-S cells were seeded on a 6-well plate, 2 ml per well, with a concentration of 1 × 10^6 cell/ml. After 12 h, the time to stabilize cells after attaching to plate, infection and reagent treatment were performed with each indicated conditions. RNA was extracted using 1 ml of easy-BLUETM Total RNA Extraction Kit (iNTRON Biotechnology, Seongnam, Korea). cDNA was synthesized from 1 μg of RNA using ReverTra Ace® qPCR RT Master Mix (TOYOBO Biotechnology, Osaka, Japan). Real-time qPCR samples were prepared using the SYBR Green PCR Kit (Qiagen GmbH, Hilden, Germany). The primer sequences were as follows: iNOS, sense, 5′-GCAATTGGAGTGACGGTTTC-3′ and antisense, 5′-GGCAGCGCTTGAGACCTTG-3′; IFN-β, sense 5′-ATGAACTCCACACGAGCAGACG-3′, and antisense,
5'-ACCACCATCCAGGGCTAGC-3'; CRAMP; sense 5'-AAGGAAACGGGGTTGGTG-3' and antisense, 5'-CCGGGAAATTTTCTTGGAACC-3'; NOX2; sense 5'-ACTCCTGGAGCACTGG and antisense 5'-GTTCGTTGCTTGTCCT-3'; β-Actin; sense 5'-AGGCCAGAGCAAGAGAG-3' and antisense, 5'-TCACATGACTGGGTTGAC-3'. PCR was conducted by a Rotor-Gene Q real-time PCR system (Qiagen) using a two-step protocol of 40 cycles of 95°C for 10 s followed by 60°C for 45 s. Normalized gene expression levels were indicated as the ratio between the mean value for the target gene and that for the β-actin.

**Western Blotting**

BMDMs were seeded on a 12-well plate, 1 ml per well, with a concentration of 1 × 10⁶ cell/ml. After 12 h, the time to stabilize cells after attaching to plate, infection and reagent treatment were performed with each indicated conditions. Cells were lysed using lysis buffer containing Nonidet P-40, complete protease inhibitor cocktail (Roche, Mannheim, Germany), and 2 mM of dithiothreitol. Cell lysates were separated using sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to nitrocellulose membranes. The membranes were incubated at 4°C with anti-INOS (1:2,000 dilution) (BD Biosciences, San Jose, CA, USA), anti-phospho-TBK1 (1:1,000 dilution) (Cell Signaling Technology, Beverly, MA, USA), anti-total-TBK1 (1:1,000 dilution) (Cell Signaling Technology, Beverly, MA, USA), and anti-β-actin (1:2,000 dilution) (Santa Cruz Biotechnology, Santa Cruz, CA) for 24 h. After the primary antibody is attached, the relevant secondary antibodies were attached at room temperature for 2 h. Proteins were detected by an enhanced chemiluminescence reagent (iNtRON Biotechnology, Seongnam, Korea).

**Measurement of Nitric Oxide Levels in Cell Culture Supernatants**

BMDMs and MH-S cells were seeded on a 48-well plate, 200 μl per well, with a concentration of 1 × 10⁶ cell/ml. After bacterial infection and reagent treatment according to each condition, cell culture supernatants were harvested, and NO concentrations were measured via the Griess reaction assay as previously described (30).

**Enzyme-Linked Immunosorbent Assay**

To investigate the difference in inflammatory cytokine production depending on the presence or absence of IFN signal in the lung of MAB-infected mice, IL-6 (assay range 15.6–1,000 pg/ml), TNF-α (assay range 31.2–2,000 pg/ml), IL-10 (assay range 31.2–2,000 pg/ml), and IL-1β (assay range 15.6–1,000 pg/ml) cytokines from the supernatant of lung lysate were measured by ELISA kits (R&D System, Minneapolis, MN, USA) according to the manufacturer’s instructions. The cytokine value of the tissue sample was normalized to tissue weight (g).

**Lactate Dehydrogenase Assay**

To elucidate the difference in cytotoxicity depending on the presence or absence of type I IFN signal in the MAB infection, BMDMs and MH-S cells were seeded on a 48-well plate, 200 μl per well, with a concentration of 1 × 10⁶ cell/ml. After bacterial infection and reagent treatment according to each condition, cell culture supernatant was harvested, and lactate dehydrogenase (LDH) levels were measured by CytoTox 96® Non-Radioactive Cytotoxicity Assay kits (Promega, Madison, WI, USA) according to the manufacturer’s instructions.

**Mouse Infection Model**

For intranasal inoculation or administration, mice were anesthetized with combination of xylazine (10 mg/kg) and zoletil (30 mg/kg). Mice were inoculated with 2 × 10⁷ CFU (in 40 μl of D-PBS) of MAB intranasally. Eight hundred units (in 40 μl of D-PBS) per mouse of rIFN-β was administered in the same way as bacterial inoculation. At indicated day post infection, mice were sacrificed, and lung tissues were harvested in a sterilized condition. The rest of the lobes except the left lobe were homogenized with 500 μl of D-PBS, and the lysate was used for CFU measurements. The remaining lysate was centrifuged for 10 min at 4,000 RCF, and the supernatant was harvested for NO measurement and cytokine analysis. NO concentrations were measured by the Griess reaction assay, and cytokines were analyzed by ELISA. The left lung lobe was used for the histological examination.

**Clodronate Liposomes and Macrophage Depletion**

Clodronate liposomes and control liposomes were purchased from LIPOSOMA (Amsterdam, Netherlands, Cat# CP-005-005). Animal experiments for the depletion of macrophages in the lungs were performed as follows: 50 μl of clodronate liposomes or control liposomes was administrated intranasally under anesthesia once a day for 3 days. The administration of rIFN-β and bacterial infection were performed according to the schedule indicated in diagram of result section.

**Flow Cytometry**

The left lobes of the lung tissue were pooled by each group and slightly chopped using a pair of scissors in cold RPMI 1640 containing 1 μg/ml of dipase II (Sigma Aldrich, St. Louis, MO, USA). Samples were incubated at 37°C, 1,100 RPM shaking chamber. After 1 h, samples were placed on 40-μm cell strainer and homogenized using syringe rubber to obtain the single cells. RBCs were lysed using RBC lysis buffer, and flow cytometry assay was performed as previously described (31). In briefly, cells were stained with anti-CD45-APC (BD Biosciences, San Jose, CA, USA), anti-CD11c-PE (BD Biosciences), and anti-F4/80-FITC (Invitrogen, Carlsbad, CA, USA). Analysis was performed by using MACSQuant Analyzer 10 (Miltenyi Biotec, Bergisch Gladbach, Germany).

**Histopathological Examination**

The left lobe of the lung was fixed in 10% neutral formalin for 24 h, followed by tissue processing and paraffin embedding. The paraffin blocks were sectioned at 2 μm and stained with H&E. Histopathological examination was performed under microscopy. Histopathological severity was scored blindly by two experts in a field of laboratory animal pathology with an arbitrary scoring index based on the degree of inflammatory cell infiltration and the extent of the lesion area (0, normal; 1, mild; 2, mild to moderate; 3, moderate; 4, moderate to severe; and 5, severe).
**Statistical Analysis**

The statistical significance of differences between two groups was determined by unpaired t-test. In case of more than three groups, the statistical significance was determined by one-way ANOVA followed by Tukey’s post-hoc test for comparisons between groups (GraphPad Prism 5; GraphPad Software Inc., La Jolla, CA, USA). p-Values <0.05 were considered statistically significant.

**RESULTS**

*Mycobacterium abscessus* Induces Interferon-β Gene Expression of Macrophages in TANK Binding Kinase 1-Dependent Manner, Which Promotes Intracellular Bacterial Clearance

We first examined whether MAB induces gene expression of type I IFNs in macrophages. Consistent with previous studies (25, 26), MAB upregulated IFN-β gene expression approximately 125-fold compared with 0 h in BMDMs as well as fivefold in MH-S cells, a murine AM cell line, at 3 h after infection (Figures 1A, B). Various PRR signaling mediates type I IFN expression by activating TBK1 (5). As expected, infection with MAB induced phosphorylation of TBK1 in both BMDMs and MH-S cells (Figures 1C, D). Pretreatment with BX795, a TBK1-specific inhibitor, suppressed MAB-induced TBK1 phosphorylation and IFN-β gene expression in a dose-dependent manner in BMDMs (Figures 1E, F), indicating that MAB induces gene expression of type I IFNs in macrophages via TBK1-dependent manner.

There has been an extreme controversy on the role of type I IFNs in the intracellular survival of MAB within macrophages (25, 26). To clarify this, we examined the intracellular bacterial CFUs under various experimental conditions. Compared with WT BMDMs (6.05 log CFU/ml), the bacterial CFUs were higher in IFNAR-deficient BMDMs (6.32 log CFU/ml) at 72 h after infection.
infection (Figure 1G). In addition, treatment of recombinant IFN-β (rIFN-β) enhanced the bacterial clearance from 6.34 log CFU/ml to 5.66 log CFU/ml in WT BMDMs, but not in IFNAR-deficient cells (Figures 1H, I) at 72 h after infection. In MH-S cells, the bacterial clearance was accelerated by rIFN-β from 6 log CFU/ml to 5.55 log CFU/ml at 72 h after infection (Figure 1J). These results suggest that type I IFNs inhibit the intracellular growth of MAB in macrophages.

**Type I Interferons Augment Mycobacterium abscessus-Induced Production of Nitric Oxide in Macrophages**

Antimicrobial peptides (AMPs), reactive oxygen species (ROS), and NO are the major factors involved in the removal of intracellular pathogens in macrophages (32). We sought to determine whether type I IFNs regulate expression of those factors in response to MAB in macrophages. IFNAR deficiency did not affect the gene expression of CRAMP and NOX2 (Figures 2A, B), whereas iNOS expression was mostly abolished in IFNAR-deficient BMDMs (Figure 2C). Treatment with rIFN-β also enhanced MAB-induced iNOS expression in WT BMDMs, but not in IFNAR-deficient BMDMs (Figure 2D). Moreover, rIFN-β also increased MAB-induced iNOS expression in MH-S cell (Figure 2E). The protein expression of iNOS induced by MAB was reduced in IFNAR-deficient macrophages versus the WT cells (Figure 2F), and rIFN-β enhanced MAB-induced expression of iNOS protein in BMDMs (Figure 2G) and MH-S cells (Figure 2H), but not in IFNAR-deficient BMDMs (Figure 2G). Our previous study revealed that MAB alone could not produce detectable level of NO in BMDMs, but at the presence of the type II IFN, IFN-γ, the bacterium led to substantial level of NO production (16). Consistently, at the presence of IFN-γ, MAB induced NO production in WT BMDMs, which were mostly abolished in IFNAR-deficient cells (Figure 2I). Unlike BMDMs, MAB alone could produce detectable levels of NO in MH-S cells, which were
also enhanced by rIFN-β (Figure 2J). These results suggest that type I IFN signaling may contribute to MAB-induced NO production in macrophages.

**Type I Interferons Inhibit the Intracellular Mycobacterium abscessus Growth in Macrophages by Regulating Nitric Oxide Production**

It has been reported that NO is critical for the restriction of intracellular MAB growth in macrophages (16, 25, 33). As type I IFNs enhanced the intracellular MAB clearance and MAB-induced NO production in BMDMs at the presence of IFN-γ and MH-S cells, we sought to clarify whether NO is a key factor for type I IFN-mediated inhibition of the bacterial growth. In the presence of l-NAME, a non-selective nitric oxide synthase (NOS) inhibitor, there was no significant difference in the bacterial CFUs between WT and IFNAR-deficient BMDMs (Supplementary Figure 1A). Treatment of rIFN-β also did not affect the intracellular growth of MAB in l-NAME-treated or iNOS-deficient BMDMs (Supplementary Figures 1B, C). As shown in Figure 3A, l-NAME reduced MAB-induced or rIFN-β-enhanced NO production in MH-S cells. Treatment with l-NAME or rIFN-β did not affect the phagocytosis of MH-S cells (Figure 3B). Consistent with the result presented in Figure 1J, rIFN-β inhibited the MAB growth 3.8-fold compared with medium in MH-S cells, which was restored by l-NAME treatment (Figure 3C). This phenomenon was also confirmed in primary isolated murine AMs. The intracellular growth of MAB was 1.86-fold higher in l-NAME-treated AMs compared with medium-treated AMs at 72 h post infection (Figure 3D). Also, while rIFN-β inhibited the growth of MAB 1.91-fold compared with medium control, in the presence of l-NAME, rIFN-β did not suppress the intracellular growth of MAB in AMs, 72 h after infection (Figure 3D). These results indicate that type I IFNs suppress the intracellular survival of MAB by promoting NO production in macrophages.

**Intranasal Pretreatment of rIFN-β Augments Nitric Oxide Production and Promotes the Mycobacterium abscessus Clearance in the Lungs of Mice**

Next, we sought to determine in vivo role of type I IFNs against pulmonary infection of MAB by pre-exposure to rIFN-β. The experimental schedule is depicted in Figure 4A. NO levels in the lung homogenate of mice pretreated (i.n.) with rIFN-β were higher than those of the mice treated with PBS at day 1 after infection, although the difference between the two groups was not observed at day 5 (Figure 4B). Pretreatment of rIFN-β also reduced the bacterial CFUs in the lung homogenates of MAB-infected mice at day 5, but not at day 1 (Figure 4C). To determine the in vivo effect of type I IFN-induced NO on the growth control of MAB, we repeated the experiment using iNOS-deficient mice. As presented in Figure 4D, intranasal pretreatment with rIFN-β did not influence the MAB growth in the lungs of iNOS-deficient mice (Figure 4D), strongly supporting the notion that intranasal pre-exposure to rIFN-β contributes to in vivo growth control of MAB by promoting NO production in macrophages. However, administration of rIFN-β after MAB infection did not improve the bacterial clearance in the lungs of MAB-infected mice (Supplementary Figures 2A, B). To determine the impact of type I IFNs on host defense against MAB infection, we compared the bacterial CFUs in the lungs of WT and IFNAR-deficient mice. Unexpectedly, the bacterial CFUs at day 5 were significantly lower in IFNAR-deficient mice as compared with WT mice (Supplementary Figures 3A, B), suggesting that type I IFNs can exert a harmful effect in host defense against MAB infection, although prophylactic administration of type I IFNs improves in vivo growth control of MAB.

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**FIGURE 3** | Type I IFNs inhibits the intracellular MAB growth in macrophages by regulating NO production. (A–C) MH-S cells were incubated with MAB and indicated reagents (2 h pretreated). (A) Nitric oxide concentration in cell culture supernatant was measured by Griess reaction at 24 h post infection. Intracellular bacterial CFU on (B) 1 h and (C) 72 h were evaluated by intracellular bacterial growth assay. (D) AMs were incubated with MAB (MOI 1:25) and indicated reagents (2 h pretreated; l-NAME 1 mM, rIFN-β 1,000 units/ml). Intracellular bacterial CFU on 72 h was evaluated by intracellular bacterial growth assay. (A–D) The results are from one representative experiment of two independent experiments (**p < 0.01, ***p < 0.001). MAB, Mycobacterium abscessus; IFN, interferon; CFU, colony-forming unit; AMs, alveolar macrophages; MOI, multiplicity of infection. N.S, Not Statistically Significant.
Macrophages Are Responsible for rIFN-β Response in *Mycobacterium abscessus*-Induced Nitric Oxide Production and the Bacterial Clearance In Vivo

We investigated whether macrophages are involved in the *in vivo* protective effect of rIFN-β against the pulmonary infection of MAB. Schedule of clodronate injection and MAB infection is depicted in Figure 5A. The bacterial CFUs in the lungs were examined at day 5 after infection and NO production at day 1. Flow cytometry analysis showed that MAB infection increased the ratio of the CD45+F4/80+CD11c+ AM in the lungs from 4% to 18%, which was rescued to 4% by the treatment with clodronate liposome (Figure 5A). In mice treated with clodronate, rIFN-β treatment did not suppress the bacterial growth in the lungs, whereas the bacterial CFUs were decreased by rIFN-β treatment in mice with PBS liposome (Figure 5B). Moreover, rIFN-β treatment could not elicit NO production in mice treated with clodronate liposome (Figure 5C). Based on these data, it is likely that macrophages are essential for the protective effect of rIFN-β against MAB infection.

Type I Interferons Act as an Intermediator in a Cytosolic Receptor NOD2-Mediated Nitric Oxide Production in Response to *Mycobacterium abscessus*

Our previous study demonstrated that NOD2 contributes to *in vivo* and *in vitro* bacterial clearance against MAB infection by promoting NO production (16). In addition, Pandey et al. reported that NOD2-Ripk2 signaling is involved in induction of type I IFNs against *M. tuberculosis* infection through bacterial ESX-1- and host TBK1-IRFs-dependent pathways (3-4). Thus, we hypothesized that NOD2 mediates MAB-induced type I IFN expressions, which results in NO-mediated killing of MAB. NOD2 deficiency diminished MAB-induced phosphorylation of TBK1 in BMDMs (Figure 6A). In addition, the gene expression of IFN-β in response to MAB was significantly reduced in NOD2-deficient BMDMs as compared with WT cells (Figure 6B). The protein expression of iNOS was also decreased in NOD2-deficient BMDMs, which was restored by the addition of rIFN-β (Figure 6C). In an *in vivo* experiment, MAB-induced NO production was decreased in NOD2-deficient mice at day 1, which was also restored by rIFN-β (Figure 6D). The bacterial clearance in the lungs was impaired in NOD2-deficient mice at day 5 (Figure 6E). However, intranasal administration of rIFN-β reduced the bacterial CFUs in the lungs of NOD2-deficient mice, exhibiting comparable levels of CFUs as in WT mice (Figure 6E). These results suggest that NOD2 signaling contributes to the clearance of MAB by promoting type I IFN-mediated NO production in macrophages.

DISCUSSION

Macrophages play an essential role in host innate immune responses against intracellular bacterial infection (32). In the current investigation, we examined the impact of type I IFNs on bactericidal activity of macrophages and confirmed that IFNAR deficiency causes attenuation of bacterial clearance in macrophages under MAB infection. Moreover, pretreatment of mice with rIFN-β enhanced the bactericidal activity of macrophages. In fact, to evaluate the dose dependence of rIFN-β on MAB growth control, we used two doses of rIFN-β (500 and 1,000 units/ml). However, the 500 units/ml of rIFN-β inhibited the MAB growth at the same level of 1,000 units/ml in BMDMs (data not shown). As shown in Figure 6C, rIFN-β strongly increased iNOS protein expression even at a low dose (250 units/ml). Therefore, to see a dose-dependent response of rIFN-β on MAB growth inhibition, it seems that an experiment using much lower concentrations (below 250 units/ml) should be performed. In addition, our results suggested that type I IFNs promote production of NO against MAB infection and that MAB clearance is facilitated in a NO-dependent manner within macrophages. These results are consistent with the previous finding of the role of type I IFNs in...
M. tuberculosis-infected macrophages (35). Interestingly, we found that type I IFN signaling engaged in the robust production of NO at the early stage of MAB infection. However, the difference in intracellular bacterial CFUs depending on the presence or absence of type I IFN signaling was observed at least 48 h post infection. These results are in line with previous studies that showed bactericidal activity of macrophage by NO production after at least 48-h mycobacterial infection. This phenomenon may be related to the virulence mechanisms of Mycobacterium spp., which survive within phagosome as an immune evasion strategy (36).

Recently, controversial and complex roles of type I IFNs in MAB-infected macrophages have been reported from different research groups. MAB can lead to various types of cell death such as necrosis, apoptosis, and pyroptosis in macrophages (37–39). Previous studies revealed that rough morphotype of MAB (MAB-R), lacking cell surface glycopeptidolipids, is more proapoptotic than smooth morphotype (MAB-S) and releases more LDH (26, 38, 39). In addition, Kim et al. reported that type I IFNs augment the cell-to-cell spread of MAB by increasing cytotoxicity of infected macrophages (26). As a result, IFNAR-deficient macrophages exhibited lower levels of bacterial load compared with the WT macrophages (26). In this study, we also evaluated the effect of type I IFNs on cytotoxicity of MAB-infected macrophages by measuring LDH release. There was no significant difference in LDH release between the WT and IFNAR-deficient BMDMs in response to MAB (Supplementary Figure 4A) and pretreatment of the cells with rIFN-β slightly increased during the release of LDH only in WT BMDMs at 72 h post infection, but not in MH-S cells (Supplementary Figure 4B). Consistent with the results from our laboratory, Ruangkiattikul et al. reported that type I IFNs increased the production of NO in MAB-infected macrophages (25). Consequently, IFNAR-deficient macrophages showed higher bacterial load than the WT macrophages in their study (25). In this study, we confirmed that NO production is clearly amplified by type I IFNs, which correlated with the enhancement of bactericidal activity in MAB-infected macrophages.

Although the role of type I IFNs in MAB infection has been reported in several previous publications that utilized in vitro assays, none of these studies evaluated the role of type I IFNs in animal models (25, 26, 38). In the current study, the host defensive effect of type I IFNs against MAB pulmonary infection in mouse model was evaluated. Since administration of rIFN-β at 1 or 5 days post infection did not affect the bacterial load in the lungs, we established a model that employed administration of rIFN-β at 1 day before infection. Correlating with the in vitro results, rIFN-β-administered mice exhibited deceased bacterial loads in lung lysate samples compared with the PBS-administered control mice at 5 days post infection. Administration of rIFN-β also augmented production of NO in lung samples of MAB-infected mice at 1 day post infection. This host defensive effect of type I IFNs against MAB infection in mice was established in a NO-dependent manner evidenced by the inability to enhance bacterial clearance following
rIFN-β administration in iNOS-deficient mice. There was no difference in NO levels between rIFN-β and PBS-administered mice at 5 days post infection, and this is presumably due to the compensation mechanisms of immune homeostasis system such as anti-inflammatory response-mediated downward standardization (40–42).

From the perspective of host defense immune system against bacterial infection, enhancement of immune response can lead to fatal damage in host tissue (43). Hence, histological assessment was performed on lung samples from the MAB-infected mice. Although there was no significant difference in histological assessment via H&E staining (Supplementary Figures 5D, E), lung inflammatory cytokine levels were slightly diminished in rIFN-β-administered mice (Supplementary Figures 5A–C). It is presumed that the diminished lung bacterial load leads to the alleviation in the production of inflammatory cytokines.

Next, we confirmed that clodronate-induced macrophage depletion leads to the increase in the susceptibility to MAB pulmonary infection in mice. Moreover, rIFN-β did not enhance the bacterial clearance nor the production of NO within clodronate-administered mice. These findings suggest that the increased bactericidal activity by type I IFN-NO axis in AM is crucial for the host defense innate immune system against MAB infection. In fact, as significant efficacy was verified in several clinical trials (44–47), NO is a crucial host defense factor against MAB pulmonary infection in humans. Our results suggest that the administration of exogenous type I IFNs, at the early stage of infection, could be considered as a therapeutic candidate for MAB-infected patients. Meanwhile, interstitial macrophages as well as AMs are present in the lung tissue and exhibit various biological functions (48). According to previous reports, administration of clodronate liposomes does not eliminate interstitial macrophages (49, 50). In addition, it is known that interstitial macrophages exist with a lower proportion than AMs in the lung parenchyma and that their ability to produce ROS and NO is also much lower than that of AMs (51). Accordingly, the role of interstitial macrophages is not expected to be significant in type I IFN-induced NO production in the lungs, although we did not check the change of the population of interstitial macrophages by clodronate liposomes.

In contrast to our results, several previous studies reported that type I IFNs negatively affect in vivo antimicrobial response against most of intracellular bacterial infection (17). Indeed, we also verified the difference in bacterial loads in lung samples between WT and IFNAR-deficient mice. Interestingly, inconsistent with the observed phenotypes of rIFN-β administered mice, IFNAR-deficient mice displayed lower bacterial loads than did the WT mice at 5 days post infection (Supplementary Figure 3B). Our ongoing hypothesis is that, unlike the pre-exposure of rIFN-β, which is a single excessive stimulation, type I IFN signal is permanently blocked in IFNAR-deficient mice. Therefore, it could lead to a decrease in NO production in the incipient innate immune response. However, it would possible that the absence of type I IFN signal affects a certain adaptive immune response in the later phase of infection. In fact, several previous studies have reported that type I IFNs are associated with Th1-type adaptive immune response in M. tuberculosis infection (52–54).
Previously, our laboratory reported that NOD2 enhances the antimicrobial effect of macrophage against MAB infection by augmenting NO production (16). It has also been reported that NOD2 contributes to the induction of type I IFNs (34). In the current study, we identified the decrease in TBK1 phosphorylation and IFN-β gene expression in MAB-infected NOD2-deficient BMDMs compared with WT cells. In addition, as demonstrated in our previous study (16), NOD2-deficient mice showed higher bacterial load in lung lysates than did WT mice due to the reduced NO production. In the present study, we demonstrated that the administration of rIFN-β improves the impaired bacterial clearance of NOD2-deficient mice by increasing NO production. These results suggest the novel host defense mechanism mediated by NOD2-type I IFN–NO axis against bacterial infections.

Collectively, these data in combination with our hypothesis on IFNAR-deficient mice infection model and MAB-infected NOD2-deficient mice would also have to show lower bacterial load in lungs at 5 days post infection, because the attenuation of type I IFN signal in NOD2-deficient mice might also affect adaptive immune response, especially T-cell response (55). However, the production of type I IFNs by MAB infection is induced through not only NOD2 but also other PRRs such as toll-like receptor (TLR)2 and TLR4 (25). In fact, it has been reported that type I IFN signaling is critical for LPS-induced iNOS expression and NO production in macrophages (56) and that MAB possesses TLR-stimulating potential (25, 29, 57, 58). Therefore, it is likely that, in the early stage of infection, the attenuated type I IFN signal by the deficiency of NOD2 leads to the decrease in NO production and thus impairs the bacterial clearance. In mid-later stages of infection, however, the attenuated type I IFN signal by the NOD2 deficiency would be sufficiently compensated by the operation of other PRRs such as TLR2 and TLR4. Meanwhile, it was reported that type I IFN signaling exerts synergism in NO production through paracrine/autocrine effect of IFN-β (59). For this reason, NOD2-deficient mice would not show the same phenotypes as IFNAR-deficient mice. Currently, researches are ongoing in our laboratory to test this hypothesis.

In summary, we described here that MAB induces iNOS expression and NO production in macrophages via type I IFN-mediated signaling, which contribute to the intracellular growth control of the bacteria. In addition, a cytosolic receptor NOD2 is involved in MAB-induced expression of type I IFNs. The NOD2-type I IFN–NO axis may play an important role in host defense against MAB infection. However, there are several limitations in our study. Type I IFNs exert diverse biological functions on bacterial infection by modulating the expression of various cytokines as well as iNOS (5, 18). Several previous studies demonstrated that type I IFNs modulate the production of IL-10, IL-1, and TNF-α and that these cytokines influence the antimicrobial responses on M. tuberculosis infection by regulating the immune cell activation and recruitment (60–63). In fact, we evaluated cytokine production in the presence or absence of type I IFNs in MAB-infected BMDMs, and we confirmed that type I IFN amplified the production of TNF-α and IL-10 and inhibited the production of IL-1β (Supplementary Figures 6A–C). To date, the effect of TNF-α, IL-1β, and IL-10 on MAB infection is still unknown. It is necessary to further investigate the effect of these cytokines on host defense against MAB infection. In addition, although we clearly showed that the prophylactic administration of rIFN-β improves in vivo MAB clearance, the bacterial loads were rather lower in the lungs of IFNAR-deficient mice as compared with WT mice, suggesting that type I IFNs can exert a harmful effect on host defense against MAB infection. Further studies are strongly recommended to clarify the precise role of type I IFNs on MAB infection.

**DATA AVAILABILITY STATEMENT**

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/Supplementary Material.

**ETHICS STATEMENT**

The animal study was reviewed and approved by Institutional Animal Care and the Use Committee of Chonnam National University (Approval No. CNU IACUC-YB-2017-56 and 2019-31).

**AUTHOR CONTRIBUTIONS**

J-HP and J-HA provided substantial contributions to the conception of the work. J-HA performed substantially all the experiments and data analyses and wrote the manuscript. E-JS, A-RJ, J-YP, Ye-JL, Yu-JL, and I-SS contributed to the animal experiments. D-YK, T-SL, D-HJ, and Y-JK performed the histological analysis. SS performed the bacterial culture. S-JY wrote the manuscript. All authors approved the final version of this manuscript to be published and agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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**SUPPLEMENTARY MATERIAL**

The Supplementary Material for this article can be found online at: [https://www.frontiersin.org/articles/10.3389/fimmu.2021.738070/full#supplementary-material](https://www.frontiersin.org/articles/10.3389/fimmu.2021.738070/full#supplementary-material)
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