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COVID-19 infection risk from exposure to aerosols of wastewater treatment plants

Sahar Gholipour a,1, Farzaneh Mohammadi a,1, Mahnaz Nikaeen a,*, Zahra Shamsizadeh a, Atefeh Khazeni b, Zohreh Sahvaei c, Seyed Mohammad Mousavi c, Mojtaba Ghobadian c, Hossein Mirhendi a

a Department of Environmental Health Engineering, School of Health, Isfahan University of Medical Sciences, Isfahan, Iran
b Department of Infectious Disease, Vice Chancellery for Health, Isfahan University of Medical Sciences, Isfahan, Iran
c Isfahan Water & Wastewater Company, Iran
d Department of Medical Parasitology and Mycology, School of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran

HIGHLIGHTS
- SARS-CoV-2 presence in wastewater raises the question regarding the transmission via wastewater.
- SARS-CoV-2 was detected in wastewater aerosols at pumping station and activated sludge plants.
- There was a relatively high risk of COVID-19 for wastewater workers through wastewater aerosols.
- Role of wastewater in SARS-CoV-2 transmission is limited by knowledge gaps about its viability.
- Molecular detection along with cell culture is needed to validate infectivity of the SARS-CoV-2.

GRAPHICAL ABSTRACT

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ABSTRACT
Fecal shedding of SARS-CoV-2 from COVID-19 patients and presence of the viral RNA in wastewater have extensively been reported. Some wastewater treatment plant (WWTP) processes generate aerosols which have the potential to transmit pathogenic microorganisms and present a health risk for exposed individuals. We analyzed the presence of viral RNA of SARS-CoV-2 in raw wastewater and air samples of WWTPs. The risk that may arise from exposure to virus-contaminated aerosols of wastewater was estimated by developing a quantitative microbial risk analysis (QMRA) method. SARS-CoV-2 was detected in 9 of 24 (37.5%) wastewater samples with a concentration about 10^4 genomic copies L^{-1}. The viral RNA was also detected in 40% (6/15) of air samples. QMRA analysis showed a relatively high risk of SARS-CoV-2 infection for wastewater workers via exposure to the viral aerosols. The estimated annual infection risk ranged from 1.1 \times 10^{-2} to 2.3 \times 10^{-2} per person per year (PPPY) for wastewater workers which was higher than the reference level recommended by WHO (10^{-3} pppy). However, due to the lack

* Corresponding author.
E-mail address: nikaeen@hlth.mui.ac.ir (M. Nikaeen).
1 Sahar Gholipour and Farzaneh Mohammadi equally contributed to this research.

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1. Introduction

Recently, a novel coronavirus, SARS-CoV-2, emerged as the etiological agent of a respiratory disease called COVID-19. COVID-19 was rapidly spread worldwide and the World Health Organization (WHO) declared the coronavirus outbreak a public health emergency of international concern (WHO, 2020a). Similar to severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS), SARS-CoV-2 belongs to the Betacoronavirus genus. Betacoronaviruses are single-stranded, positive sense, enveloped RNA viruses which are responsible for respiratory infections (Yeo et al., 2020). The virus is primarily transmitted from person-to-person by exposure to respiratory droplets from infected patients (Kampf et al., 2020). However, some studies have been reported survival of human coronaviruses in the gastrointestinal tract and shedding in feces of infected patients (Kitajima et al., 2020). Information from researches on human coronaviruses especially SARS-CoV and MERS-CoV shows respiratory and gastrointestinal symptoms such as diarrhea after viral infection (Yeo et al., 2020). Intestinal infection in COVID-19 patients has also been reported and approximately 2–10% of cases with confirmed disease presented with diarrhea (Yeo et al., 2020). Some studies have reported detection of COVID-19 viral RNA in fecal samples of infected patients (Kitajima et al., 2020). During peak shedding, a high number of virus particles is released per gram of fecal matter of COVID-19 patients which could lead to widespread environmental dissemination of the virus through contaminated water and wastewater (Yeo et al., 2020). There are several reports of the molecular detection of SARS-CoV-2 in wastewater (Ahmed et al., 2020; Lodder and de Roda Husman, 2020; Medema et al., 2020; Nemudryi et al., 2020; Wurtzer et al., 2020) with concentrations of a maximum of over 10^6 copies per liter of untreated wastewater (Kitajima et al., 2020; Wurtzer et al., 2020). It has been proposed that the analysis of wastewater could be a powerful tool for COVID-19 surveillance. However, the documented presence of SARS-CoV-2 in wastewater raises the question regarding the potential transmission risk of this virus through wastewater, especially for those working with human waste and wastewater (Foladori et al., 2020; Yang et al., 2020; Gormley et al., 2020; El Baz and Imziln, 2020; Gwenzi, 2021). Aerosols from wastewater treatment processes have the ability to carry infectious agents, including respiratory viruses, and therefore, might contribute to transmission of viral infections to the wastewater workers through aerosols/droplets produced in wastewater treatment plants (WWTP) (Kitajima et al., 2020). Although, no evidence has emerged to support the role of wastewater in transmission of COVID-19, the ongoing global pandemic of this viral infection highlights the need for further studies to address any public concerns related to the wastewater (Gwenzi, 2021). Rimoldi et al. (2020) suggested a low risk of infection from river water, while in the case of wastewater indicated that the risk for public health should be estimated under a precautionary approach. Evidence from an outbreak of SARS-CoV in the Amoy Gardens apartment building in Hong Kong showed that aerosolized droplets of fecally contaminated water were responsible for the spread of the viral infection in large numbers of people (McKinney et al., 2006). Structural similarities between the SARS-CoV and SARS-CoV-2 (Corpuz et al., 2020), in combination with relatively high stability of SARS-CoV-2 in the aerosol state (Fears et al., 2020), calls for WWTPs to be considered as a potential source for transmission of COVID-19 through bioaerosols produced by wastewater treatment processes (Corpuz et al., 2020; Kitajima et al., 2020; Gwenzi, 2021). In other words, it is of considerable importance to understand the potential risk of SARS-CoV-2 transmission via wastewater for the sake of wastewater workers and public health. This is particularly important in developing countries, where the personal protective equipment has received limited attention and there is a lack of efficient barrier for controlling the aerosols emitted from wastewater processes (Gwenzi, 2021).

Accordingly, this study was designed to 1) investigate the presence of SARS-CoV-2 in wastewater and air samples of municipal wastewater treatment plants (WWTPs) during the COVID-19 epidemic in Isfahan, Iran. 2) estimate the risk of SARS-CoV-2 infection for WWTP workers which associated with the exposure to wastewater aerosols by a quantitative microbial risk analysis (QMRA) 3) develop a mathematical model that predicts the risk of SARS-CoV-2 for wastewater workers based on the cumulative number of COVID-19 cases at any one time.

2. Materials and methods

2.1. Sample collection

2.1.1. Wastewater samples

Wastewater samples were collected at 1-hourly intervals within a 12-h period from two wastewater treatment plants in Isfahan, Iran, from March 04 to March 17, 2020; during the early stages of the COVID-19 outbreak. The location and characteristics of WWTPs are presented in Fig. 1 and Table 1, respectively. A total of 24 raw wastewater (after grit chamber) samples (12 samples from each WWTP), were collected in 250 mL sterile glasses and were transferred to the laboratory in an insulated box with cooling packs.

2.1.2. Air samples

For detection of SARS-CoV-2 in aerosols of WWTP, a total of 15 air samples were collected using all-glass impingers, containing phosphate buffer solution. Air sampling was performed at three sites in WWTP A, including pumping station and activated sludge plants at a height of 1.5 m above the ground level. Air samples (3500–4500 L) were collected using portable pumps at a flow rate of 7.5–8.5 L min^-1 and then transferred to the laboratory in an insulated box with cooling packs.

2.2. SARS-CoV-2 detection

Before detection of SARS-CoV-2, 200 mL of wastewater samples were concentrated by aluminum hydroxide adsorption-precipitation method as described in Standard Methods for the examination of water and wastewater (APHA, 2012). However, for increase of detection sensitivity, some samples were more concentrated by application of polyethylene glycol (PEG) (Wu et al., 2020). Air samples were also concentrated by application of PEG (Wu et al., 2020). Viral RNA was extracted from concentrates using the RNasy Mini Kit (QIAGEN, Germany) supplemented with β-mercaptoethanol and carrier RNA according to the manufacturer's
instructions. RNA was also extracted by application of TRIzol (Invitrogen).

Isolated RNA was used as a template for one-step reverse transcription quantitative polymerase chain reaction (RT-qPCR). Real-time PCR was performed using specific primers (F: 5’-TGTTAAC-CAGGTGGAAC-3’; R: 5’-CTGTGTTGTAGATTGCG-3’) targeting RNA-dependent RNA polymerase (RdRp) gene of SARS-CoV to detect the presence of SARS-CoV-2. A 25 µL reaction contained 12.5 µL of 2X reaction mix, 0.25 µL RT enzyme mix (QuantiTect RT-PCR, QIA-GEN), 0.6 µM of each primer, 5 mM MgCl2, 0.25 mg mL−1 BSA and 8 µL template RNA. The cycling parameters were as RT at 50 °C for 30 min, followed by 95 °C for 15 min and then 45 cycles at 95 °C for 15 s, 57 °C for 30 s in a StepOne real-time PCR system (Applied Biosystems™, USA). Each run included a positive control (RNA from patients hospitalized with COVID-19) and negative control. A melting curve analysis was performed after the PCR run to differentiate between actual products and primer dimmers, and to eliminate the possibility of false-positive results. A novel coronavirus (2019-nCoV) detection kit was also used for detecting the ORF-1ab and N genes of SARS-CoV-2 (Sansure Biotech, China) according to the manufacturer’s instructions.

2.2.1. Quantification of SARS-CoV-2

SARS-CoV-2 RNA was quantified by plotting the quantification cycles (Cq) against of a 10-fold serial dilution of a quantified plasmid. RNA of SARS-CoV-2 was amplified by RT-PCR and then used for DNA cloning. Plasmids containing the SARS-CoV-2 insert were purified using High Pure Plasmid Isolation Kit (Roche, Germany), quantified and a ten-fold serial dilution was prepared. The limit of detection (LOD) resulted as 10 genomic copies per reaction.

2.3. Quantitative microbial risk assessment

Wastewater is containing pathogenic microorganisms such as viruses which could be aerosolized during wastewater treatment processes. In the study, a QMRA model was used to assess the risk of infection associated with inhalation of SARS-CoV-2 contaminated aerosols/droplets produced from wastewater treatment processes.

2.3.1. Hazard identification

Sewage workers may expose to pathogenic microorganisms from biological aerosols produced during wastewater treatment processes. Exposure to SARS-CoV-2 aerosols/droplets in WWTPs could pose a health risk for workers (Corpuz et al., 2020; Kitajima et al., 2020). Different stages of COVID-19 outbreak, in terms of percentage of infected population, can affect the concentration of viral particles in wastewater, aerosols emitted from WWTPs, and consequently estimated risk. Therefore, it may be better to use the human fecal shedding method for estimating SARS-CoV-2 concentrations in wastewater as recommended by Barker (2014); and Zaneti et al. (2021).
2.3.2. Exposure assessment

Aerosols are generated by some units at WWTPs such as pumping station and aeration tanks. High fractions of the aerosols have diameters ≤10 µm (88% of produced aerosols are less than 4 µm in diameter), which are considered respirable, could be deposited in the respiratory tract, and may reach the alveolar region of the lungs (USEPA, 2011).

The daily dose (TCID50 d⁻¹) of SARS-CoV-2 aerosols inhaled by the WWTP workers is given by (Barker, 2014):

\[ d = C_W \cdot P_{wa} \cdot IR \cdot t_{exp} \cdot RR \]  

(1)

where \( C_w \) is the concentration of SARS-CoV-2 in wastewater (TCID50 L⁻¹); \( P_{wa} \) is the microbial water-to-air partitioning coefficient (L m⁻³); \( IR \) is the average inhalation rate (m³ h⁻¹); \( t_{exp} \) is the daily exposure duration (h) which was considered 8 h for occupational exposure, and \( RR \) is the aerosol retention rate in the lungs which is calculated by equation (2) (Schoen and Ashbolt, 2011):

\[ RR = f_1^i \cdot f_2^i \]  

(2)

Here, \( f_1^i \) is the fraction of aerosols of size range \( i \), and \( f_2^i \) is the fraction of the aerosols of size range \( i \) that are deposited in the lower respiratory tract (Schoen and Ashbolt, 2011). We assumed that WWTPs could generate inhalable-size aerosols (smaller than 10 µm) which may carry the virus.

For \( C_w \), we used the best available data to estimate densities of infectious SARS-CoV-2 in the wastewater. The concentration of SARS-CoV-2 in wastewater is estimated by equation (3) (Barker, 2014):

\[ C_W = \frac{P_i \cdot PR \cdot Sh_d \cdot Sh_e \cdot F}{dt \cdot Q \cdot CF \cdot 1000} \]  

(3)

where \( P_i \) is the cumulative number of COVID-19 cases over a 46-day period (from February 20 to April 06, 2020). The first wave of infection in the study region was started to increase since the end of February 2020, reached a maximum on the 6th of April, 2020, and then has slowly decreased (Fig. 2).

Since gastrointestinal symptoms and subsequently virus excretion have been reported for some patients, PR is the percent of individuals with fecal shedding of SARS-CoV-2.

\( Sh_d \) and \( Sh_e \) are shedding duration (d) and shedding rate of SARS-CoV-2 (copy g⁻¹) in feces of infected patients, respectively. Recent reports have revealed that some of COVID-19 patients have gastrointestinal symptoms for various durations of time from 1 to 39 days, and SARS-CoV-2 RNA load could be as high as 10⁸ copies per gram of fecal sample (Kitajima et al., 2020). F is the daily fecal production by infected patients (g feces per person per day), Q is the flow rate of WWTP (m³ d⁻¹) and CF is the conversion factor of genomic copy number to TCID50 and \( dt \) is 46 days.

No pathogen decay was considered during aerosolization or transport through air to a receptor.

2.3.3. Dose-response model and risk characterization

The annual risk of SARS-CoV-2 infection per person (\( P_i(A) \)) is estimated by equation (6) (Moazeni et al., 2017).

\[ P_i(A) = 1 - \left[ 1 - P_i(d) \right]^n \]  

(6)

where \( P_i(d) \) is the risk of infection per daily exposure of sewage workers to aerosols/droplets of SARS-CoV-2, d is the daily dose (TCID50 d⁻¹); and \( k \) is the model parameter which has been considered as 5.39 × 10⁻² and 2.46 × 10⁻³ with illness and death as endpoints of response for equations of 4 & 5, respectively (Watanabe et al., 2010).

The annual risk of SARS-CoV-2 infection per person (\( P_i(A) \)) is estimated by equation (6) (Moazeni et al., 2017).

\[ P_i(d) = 1 - e^{-k_i d} \]  

(4)

\[ P_i(d) = 1 - e^{-k_{last} d} \]  

(5)

\( P_i(d) \) is the risk of infection per daily exposure of sewage workers to aerosols/droplets of SARS-CoV-2, d is the daily dose (TCID50 d⁻¹); and \( k_i \) is the model parameter which has been considered as 5.39 × 10⁻² and 2.46 × 10⁻³ with illness and death as endpoints of response for equations of 4 & 5, respectively (Watanabe et al., 2010).

2.4. Model implementation

The values and statistical distributions of the variable parameters introduced in the study are presented in Table 2. Monte-Carlo simulation technique with 10,000 random sampling from each distribution input was used to run the model to develop a distribution of likely risk and incorporate the uncertainty and variability around each parameter. All modeling and analysis were implemented using RStudio version 1.3.959. Sensitivity analysis was performed using Spearman’s rank order correlation to identify those variable input parameters contributing to the uncertainty of estimated infection risk and have the greatest influence on the estimated risk.

Since the concentration of SARS-CoV-2 in wastewater and subsequently in aerosolized wastewater is affected by the extent of COVID-19 outbreak in a community, we presented a mathematical model (Eq. (7)) to predict the annual probability of SARS-CoV-2 infection for WWTP workers based on the number of COVID-19 cases in a community served by a WWTP:

\[ P_i(A) = 1 - \exp \left( -\frac{P_i}{Q} \right) \]  

(7)

All of other parameters in QMRA model were kept to their average value.
Detected genes of SARS-CoV-2 in positive wastewater samples. WWTP A and B, respectively (Table 3). SARS-CoV-2 was detected in 5 of 12 and 4 of 12 samples of raw wastewater from WWTP A and B, respectively (Table 3). SARS-CoV-2 was detected in 9 of 12 (37.5%) wastewater samples. Viral RNA was detected in composite samples of incoming wastewater at different WWTPs in Queensland, Australia, two (22.2%) samples were positive for viral RNA of SARS-CoV-2 (Nemudryi et al., 2020). Among the nine untreated wastewater samples of different countries have been facing COVID-19 epidemic such as Australia, Italy, Netherlands, America, France and India (Ahmed et al., 2020; La Rosa et al., 2020; Medema et al., 2020; Rimoldi et al., 2020; Wu et al., 2020; Wurtzer et al., 2020; Kumar et al., 2020). Results of an investigation in Milan and Rome, Italy showed positive results for SARS-CoV-2 RNA of 50% (6/12) raw wastewater samples (La Rosa et al., 2020). All samples (7 of 7) of pre-treated wastewater from the municipal wastewater treatment plant in Bozeman, Montana were positive for viral RNA of SARS-CoV-2 (Nemudryi et al., 2020). Among the nine untreated wastewater samples tested from urban catchments in Southeast Queensland, Australia, two (22.2%) samples were positive for viral RNA (Ahmed et al., 2020). Wastewater testing has been suggested as a sensitive tool to monitor the status and circulation of the COVID-19 infection in the community (Kitajima et al., 2020; Medema et al., 2020). Screening of SARS-CoV-2 targets in 24 h composite samples of incoming wastewater at different WWTPs in the Netherlands showed no positive sample three weeks before the first COVID-19 case, while 9 of 10 samples were positive 2.5 weeks after the outbreak (Medema et al., 2020). Therefore, the infection rate in a community could be an important parameter affects the detection frequency and concentration of the virus in wastewater samples. As shown in Fig. 3, lower positive samples from WWTP B may in part be related to the lower prevalence of COVID-19 in the region served by WWTP B. Furthermore, despite the increasing prevalence of COVID-19 over the last days of sampling period (Fig. 3), SARS-CoV-2 was not detected in some samples. No detection of SARS-CoV-2 in the samples may be a consequence of the low recovery of aluminum hydroxide adsorption-precipitation method. In other words, SARS-CoV-2 was detected in samples which were more concentrated by PEG. Randazzo et al. (2020) reported a recovery of about 10% for influent samples by aluminum hydroxide adsorption-precipitation method which was tested by spiking of the samples with mengovirus (MgV).

Table 3
Detected genes of SARS-CoV-2 in positive wastewater samples.

| Sampling site/Sample | Detected gene | N |
|----------------------|---------------|---|
|                      | RdRp          | ORF-1ab     |   |
| WWTP A               | +             |             |   |
| 1                    |               |             |   |
| 2                    | +             |             |   |
| 3                    | +             |             |   |
| 4                    |               |             |   |
| 5                    | +             |             |   |
|                      |               |             |   |
| WWTP B               | +             |             |   |
| 1                    |               |             |   |
| 2                    |               | +           |   |
| 3                    | +             |             |   |
| 4                    |               |             |   |

Fig. 3. Cumulative prevalence of COVID-19 in regions served by WWTPs, and SARS-CoV-2 concentration in raw wastewater (Cw) as estimated by QMRA model during the study period.
However, in Ahmed et al. (2020) study, among the nine wastewater samples tested, two (22.2%) samples were reported positive with a concentration of 12 and 1.9 copies per 100 mL of untreated wastewater. In consistent with previous studies, we observed discrepancy among different target genes for detection of SARS-CoV-2 (Table 3) in wastewater samples which may in part be related to the analytical sensitivity among the assays (Medema et al., 2020; Randazzo et al., 2020). As presented in Table 3, RdRp gene was the most frequently detected gene in our samples (8 of 9 positive samples). N and ORF-1ab genes were detected in 2 and 1 samples, respectively. In study of Rimoldi et al. (2020), ORF-1ab gene showed the highest frequency of positivity, while both the other two genes (N and E) failed to be amplified in two out of five positive samples of water and wastewater. Detection of SARS-CoV-2 in wastewater samples in Italy by RdRp gene showed a higher sensitivity compared to the assay targeting the spiked gene (La Rosa et al., 2020).

We found relatively consistent result for the viral load in WWTPs as quantified by the real-time PCR assay with which was calculated by the QMRA model (Cw) (Fig. 3). However, some authors have reported much higher concentrations of the viral RNA in wastewater than the confirmed cases of COVID-19 in the community (Randazzo et al., 2020; Wu et al., 2020).

3.2. Detection of SARS-CoV-2 in wastewater aerosols

Aerosols produced by some operations or processes in WWTPs have the ability to carry pathogenic microorganisms (Kitajima et al., 2020). However, very few studies have investigated the presence and concentrations of airborne viruses in WWTPs (Kitajima et al., 2020; Corpuz et al., 2020). Our results revealed the detection of SARS-CoV-2 RNA in 40% (6/15) of air samples of WWTP A when prevalence of COVID-19 was very high in the region. SARS-CoV-2 RNA was detected in a range of 5–188 GC L⁻¹ of air with the highest concentration at pumping station. Masclaux et al. (2014) reported a high frequency of detection of adenovirus in air samples (100% of summer samples and 97% of winter samples) of a WWTP. They reported that the highest airborne concentration of adenovirus was 2.27 × 10⁸ genome equivalent m⁻³. However, they detected norovirus in only 3 of the 123 air samples. In another study, 56% (9/16) of air samples from a WWTP in Japan were positive for norovirus (NV) GI. Adenoviruses (4/16), NV GI (6/16), FRNA bacteriophages GIII (3/16), and enteroviruses (3/16) were also detected, but at lower frequencies (Matsubara and Katayama, 2019).

3.3. Risk of COVID-19 infection for wastewater workers

Presence of SARS-CoV-2 RNA in wastewater samples and wastewater aerosols could pose a health concern for WWTPs workers. The results of this study showed a median infection risk (with illness as endpoint of response, Eq. (4)) of 2.3 × 10⁻² (95% CI: 1.65 × 10⁻³ – 4.9 × 10⁻²) and 1.1 × 10⁻² (95% CI: 8 × 10⁻⁴ - 2.9 × 10⁻¹) per person per year (pppy) for workers of WWTP A and B, respectively. Fig. 4 compares the levels of estimated infection risk with the 10⁻³ and 10⁻⁴ pppy reference levels proposed by EPA (EPA, 2011) and WHO (Mara et al., 2007), respectively. As shown in Fig. 4, the estimated annual infection risk of SARS-CoV-2 for wastewater workers was about 1 log higher than the WHO guideline threshold of 10⁻⁴ pppy. The estimated risk was also higher than the tolerable infection risk of 5.5 × 10⁻⁴ pppy has been recommended by Zaneti et al. (2021) for SARS-CoV-2.

The results showed a higher infection risk for workers of WWTP A which is related to the higher prevalence of COVID-19 in the region served by WWTP A (Fig. 3). Study of Zaneti et al. (2021) showed an infection risk of SARS-CoV-2 from 2.6 × 10⁻³ to 1.3 × 10⁻² from accidental ingestion of sewage by WWTP workers while performing routine activities. They reported that the estimated risk was above the tolerable infection risk for SARS-CoV-2 of 5.5 × 10⁻⁴ pppy, thus reinforcing the concern about wastewater as a potential source of COVID-19 transmission. A QMRA analysis showed a high infection risk from adenoviruses for wastewater workers from exposure to bioaerosols from influenza and biological oxidation tanks for >3 min exposure time (Carducci et al., 2018). Pepper and Gerba (2018) reported an infection risk of greater than 10⁻⁴ for exposure to spray irrigation of reclaimed water when the number of Legionella in the water exceeded 1000 colony forming units (CFU) per mL.

As shown in Fig. 4, risk assessment analysis by equation (5) with death as endpoint of response, showed lower risk of SARS-CoV-2 for workers from exposure to wastewater aerosols.

We assumed that the load of SARS-CoV-2 genomes in wastewater correlated with the number of symptomatic patients with a mean fecal shedding duration of 11.89 days and shedding rates from 6.3 × 10⁵ to 1.3 × 10⁶ RNA copies per gram (Table 2). Some studies have reported the detection of SARS-CoV-2 in fecal samples of non-symptomatic individuals as well as lower shedding rate about 10⁻⁴–10³ RNA copies per gram of fecal matter of symptomatic patients (Kitajima et al., 2020). It has been reported that viral RNA could be detected in the feces of 81.8% COVID-19 cases even with a negative throat swab result (Ling et al., 2020). In an investigation, shedding of SARS-CoV-2 in a cluster of 9 cases was 10⁷ RNA copies g⁻¹ feces one week after symptom onset which decreased to the 10³ RNA copies g⁻¹ three weeks after symptom onset (Medema et al., 2020). Therefore, due to the lack of sufficient information about this emerging pathogen, the estimated risk may be over- or underestimated.

3.4. Sensitivity analysis

Sensitivity analysis was performed to determine the influence of variation in the input parameters on the estimated infection risk. As expected, the sensitivity analysis suggested that the infection risk of SARS-CoV-2 is greatly affected by the number of cases of COVID-19 in the population (Pi) (Fig. 5). However, the mathematical model developed in the study (Eq. (7)), can be readily used to predict the effect of variation of COVID-19 prevalence on the probability of infection risk. Our sensitivity analysis showed that conversion factor (CF) of genomic copies to TCID₅₀ is also an important factor affects the infection risk (Fig. 5). Although it has been reported that coronaviruses may remain infectious in water and sewage for days (Qu et al., 2020), no accurate data is available for conversion of genomic copy numbers of SARS-CoV-2 to TCID₅₀ in aquatic environments. Therefore, we used a wide range of CF from 29 (Kim et al., 2020) to 700 (Mcbride et al., 2013) based on the available data. Zaneti et al. (2021) considered a conversion factor of 1000 for estimation of risk of SARS-CoV-2 associated with the accidental ingestion of sewage by WWTPs workers. Shedding rate (Sh) and duration (Shd) of SARS-CoV-2 are other important influential factors which were positively correlated with the infection risk of SARS-CoV-2. These two parameters along with Pi affect the viral load or concentration of SARS-CoV-2 in wastewater. Other studies have also reported that the pathogen numbers in wastewater are among the most important variables correlated to the resultant risk from exposure to wastewater (Carducci et al., 2018; Farhadkhani et al., 2018; Moazeni et al., 2017). Legionella concentration was identified as the most important parameter affects the health risk from exposure to Legionella-contaminated aerosols in reclaimed wastewater.
The partitioning coefficient ($PC_{wa}$), a function of the aerosolization efficiency, was identified as another important factor affects the infection risk (Fig. 5). In consistent with our results, Hamilton et al. (2018) reported that aerosol partitioning is an influential factor in health risk from exposure to Legionella-contaminated aerosols in reclaimed water (Hamilton et al., 2018). We assumed a $PC_{wa}$ of $10^{-4}$ - $10^{-5}$ L m$^{-3}$ based on the analyzed concentrations of SARS-CoV-2 RNA in air samples of WWTP to the predicted concentration in wastewater. Estimated $PC_{wa}$ was one order of magnitude greater than values recommended for estimating bacterial transfer, in particular legionella, from air-to-water (Bauer et al., 2002; Chattopadhyay et al., 2017). However, the estimation of bioaerosol concentrations generated in WWTPs exhibits very high uncertainty for microbial pathogens (USEPA, 2011). Type and surface properties of pathogenic microorganisms and
wastewater quality could affect the water-to-air partitioning coefficient of pathogens (Chattopadhyay et al., 2017). On the other hand, bioaerosolized viral particles may considerably dilute by air currents or inactivated by environmental factors. Pyankov et al. (2018) reported that the decay of airborne MERS-CoV virus is much higher for hot and dry air conditions, with only 4.7% survival over 60 min. However, we assumed no dilution or loss for viral particles which may overestimate the infection risk of COVID-19.

3.5. Limitations and further research needs

Although our findings suggest that wastewater may contribute to COVID-19 transmission, the estimated risk for wastewater workers still presents significant challenges due to the knowledge gaps about this emerging pathogen.

The lack of a dose-response model for SARS-CoV-2 is a critical limitation for conducting QMRA for this pathogen (Kitajima et al., 2020; Corpuz et al., 2020). In other words, the number of viral particles which is required to cause an infection differs among viral pathogens and it is not now clear for SARS-CoV-2 (Kitajima et al., 2020). In a QMRA study on adenovirus 40/41, a dose-response relationship for adenovirus type 4 was used and assumed that all adenoviruses display the same as adenovirus type 4 (Kundu et al., 2013). However, additional research is necessary to develop a dose-response relationship for SARS-CoV-2 based on the epidemiological studies.

Although in a recent study it was reported that SARS-CoV-2 aerosols could maintain their infectivity for up to 16 h (Fears et al., 2020), detection of SARS-CoV-2 RNA in wastewater and wastewater aerosols dose not necessarily indicate viability and infectivity of the viral particles (Foladori et al., 2020). In other words, the lack of data on the environmental stability of SARS-CoV-2 and its viability and fate in wastewater is a major uncertainty affects the potential risk of exposure to wastewater aerosols. Most researches are based on the molecular detection of SARS-CoV-2 which do not indicate the presence of infectious virus (Corpuz et al., 2020). Therefore, more researches are needed to perform molecular detection of SARS-CoV-2 along with cell culture isolation to validate infectivity of the virus and role of wastewater in transmission of COVID-19.

Furthermore, our bioaerosol information for driving water-to-air partitioning coefficient (PCwa) of viral particles is very limited. This highlights the importance of further research to develop more accurate data for estimating viral emission from wastewater to air.

Further improvements in information about the fecal shedding rate and duration of SARS-CoV-2 in infected patients are also necessary to reduce uncertainties associated with the risk outcome.

3.6. Risk management strategies and recommendations

As the COVID-19 pandemic continues, preventive measures must be taken everywhere there is a potential risk for transmission of the viral particles. To reduce the potential of COVID-19 infection incidence among WWTP workers, processes which produce bioaerosols should be covered, and workers should be encouraged to use protective wears. As outlined by WHO, workers should wear appropriate personal protective equipment (PPE), which includes protective outerwear, gloves, goggles or a face shield and a mask. It is recommended that wastewater workers wear N95 respirator which is very efficient for filtration of airborne particles such as bioaerosols. They should perform hand hygiene frequently; and they should avoid touching eyes, nose, and mouth with unwashed hands (WHO, 2020b). On the other hand, a reduction in working hours and consequently exposure time decreases the infection risk of SARS-CoV-2 for WWTPs workers.

4. Conclusion

Our results showed the detection of SARS-CoV-2 in wastewater samples as a result of COVID-19 outbreak. Detection of SARS-CoV-2 in air samples of WWTP demonstrated that wastewater aerosols may contribute to the transmission of COVID-19. QMRA analysis showed a relatively high risk of SARS-CoV-2 infection for wastewater workers through exposure to bioaerosols from WWTP. The risk assessment model developed in this study can be a useful tool for health services to predict the likely risk of SARS-CoV-2 from aquatic environments. However, the finding of this study provides the first data of risk analysis of SARS-CoV-2 associated with the exposure to bioaerosols and its future development could be very useful in risk management of SARS-CoV-2. In other words, the ongoing COVID-19 outbreak and its potential transmission through environments underscore the need to obtain more reliable information on the survival and fate of SARS-CoV-2 in wastewater. Epidemiological evidence is also required to validate the COVID-19 transmission through wastewater aerosols.

Author statement

Sahar Gholipour: Methodology, investigation; Farzaneh Mohammadi: Software, formal analysis; Mahnaz nikaeen: Conceptualization, Supervision, Writing – review & editing; Zahra shamsizadeh: Inestigation; Atéfeh Khazeni: Resources. Zohreh Sahbazi: Resources; Seyed Mohammad Mousavi: Resources; Mojtaba Ghobadian: Resources; Hossein Mirhendi: Conceptualization.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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