Paroxysmal depolarization shifts (PDS) have been described by epileptologists for the
first time several decades ago, but controversy still exists to date regarding their role in epilepsy.
In addition to the initial view of a lack of such a role, seemingly opposing hypotheses on epileptogenic
and anti-ictogenic effects of PDS have emerged. Hence, PDS may provide novel targets for epilepsy
therapy. Evidence for the roles of PDS has often been obtained from investigations of the multi-unit
correlate of PDS, an electrographic spike termed “interictal” because of its occurrence during
seizure-free periods of epilepsy patients. Meanwhile, interictal spikes have been found to be
associated with neuronal diseases other than epilepsy, e.g., Alzheimer’s disease, which may indicate
a broader implication of PDS in neuropathologies. In this article, we give an introduction to PDS
and review evidence that links PDS to pro- as well as anti-epileptic mechanisms, and to other types
of neuronal dysfunction. The perturbation of neuronal membrane voltage and of intracellular Ca^{2+}
that comes with PDS offers many conceivable pathomechanisms of neuronal dysfunction. Out of
these, the operation of L-type voltage-gated calcium channels, which play a major role in coupling
excitation to long-lasting neuronal changes, is addressed in detail.

Keywords: hippocampal neurons; L-type voltage-gated calcium channels; seizures; Alzheimer’s
disease; electrophysiology; neuronal dysfunction; giant depolarizing potentials; neuronal
remodelling; dendrites

1. How can a Paroxysmal Depolarization Shift (PDS) Be Defined?

Paroxysmal depolarization shifts (PDS) are abnormal fluctuations of the neuronal membrane
voltage. Although they are brief, PDS far outlast the depolarization of normal action potentials
(Figure 1A). PDS typically show a distinct voltage trajectory, which consists of action potential discharge
at the onset with progressive amplitude reduction until only small oscillations remain riding on top
of a depolarized plateau. However, variability was demonstrated for the depolarized plateau, which
amounts to about 20 to 50 mV, and for the PDS duration, which lasts from tens to several hundreds
of milliseconds [1–3]. The first descriptions of PDS date back to experimental epilepsy research
of the 1960s. Back then, PDS were identified in penicillin-treated foci of cat cortices as cellular correlates of (pre-ical)
electrographic events [1,2]. In these studies, PDS occurred spontaneously during penicillin-induced neuronal activity, but could not be triggered by electrical stimulation via intracellular recording electrodes [2]. From our current understanding, the induction of PDS can be explained by inhibition of GABAergic inhibition, commonly known as disinhibition, as penicillin at high doses acts as a GABA_A receptor antagonist [4]. In line with this interpretation, PDS similar to those evoked by penicillin were detected in brain slices upon application of the GABA_A receptor antagonists picrotoxin [5], pentylentetrazol [6], and bicuculline [7,8]. In addition, evidence was provided that Ca^{2+}
influx via L-type voltage-gated calcium channels (LTCC) contributed to the appearance of typical PDS waveforms, whether evoked in vivo by penicillin or in brain slices by pentylenetetrazol and bicuculline, respectively [6,7,9,10].

Over the years, the term PDS has been used to describe a variety of different epileptiform discharges, including epileptic bursts, segments of seizure-like activity and post-ictal discharges [11–14]. However, these latter epileptiform events often lack characteristic features of original PDS, in particular in terms of event duration (for example up to 30 s long, see [15]) and/or spike amplitude reduction during the depolarized plateau. Moreover, evidence was provided that PDS have a dendritic origin [8], whereas epileptic bursts predominantly arise from a perisomatic region and can be evoked by depolarizing current injections into neuronal somata [16–19]. Notably, abnormal depolarizations lasting from seconds to minutes upon induction by epileptogenic drugs in invertebrate neurons are also referred to as PDS [20,21], although they share only marginal similarity with PDS of mammalian neurons. The broad use of the term “PDS” hampered respective research and blurred our current understanding of their role in epilepsy. In our opinion, PDS sui generis should be differentiated from various other electrical events that have been provided with the same name in a rather misleading manner. Hence, the current review deals with waveforms that closely resemble PDS as originally identified by Matsumoto and Ajmone Marsan, 1964 [1] and Prince, 1968 [2]. These early reports revealed that PDS were accompanied by electrographic events of similar duration that were mostly characterized as interictal spikes (IIS). Importantly, the precise pattern of PDS and their association with electrographic signals appears of crucial importance when considering their role in epilepsy and/or epileptogenesis (see below, Section 4).

2. What Are the Mechanisms of PDS Formation?

Regarding the question as to how PDS may arise, two ideas have emerged initially: the “synaptic theory” held that excessive stimulation of otherwise healthy neurons, e.g., because of recurrent synaptic feedback, was responsible for the abnormal depolarizations. The “epileptic-neuron theory” posed that quasi healthy synaptic potentials led to PDS because of alterations in intrinsic properties of the affected neurons. Indeed, PDS-like events can be evoked by alterations in neurotransmission, as in the “relief from kynurenate + high Mg^{2+} model” [22] or the “GABA withdrawal model” [11,23]. Alternatively, PDS can also be evoked by changes in intrinsic neuronal properties such as calcium homeostasis (caffeine model [24]). In primary hippocampal networks (as well as in hippocampal slices, see references [7,25,26]), PDS can be readily evoked by inhibition of fast inhibitory neurotransmission using GABA_A receptor blockers. Bicuculline-induced PDS only occurred when fast excitatory neurotransmission was active, because addition of the α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptor blocker 6-cyano-7-nitroquinoxaline-2,3-dione (CNQX) abolished PDS discharges [27]. This indicates that synaptic imbalance can be a precipitating cause of PDS formation. Nevertheless, the distinct voltage trajectory of PDS required the availability of LTCCs, as it was lost upon inhibition of LTCCs with the dihydropyridine-type LTCC blocker isradipine [27,28]. In the presence of isradipine, bicuculline-induced electrical events appeared as enhanced excitatory postsynaptic potentials (EPSPs), but did not correspond to classical PDS [1,2]. Hence, it is possible that both types of induction mechanisms may play a role; i.e., enhanced intrinsic conductances can lead to PDS even with normal synaptic activity, and PDS can also occur in neurons with normal intrinsic conductances when outsized EPSPs are formed. Both mechanisms are likely interdependent, as enhanced intrinsic conductances may only be triggered by synaptic input, whereas enhanced synaptic input may activate abnormal levels of per se unaltered voltage-dependent conductances. Notably, the work of Michael Segal in the early 1990s demonstrated that PDS can even be elicited in microcultures containing only one autaptic excitatory hippocampal neuron [29]. We have found in our own experiments that LTCC-mediated Ca^{2+} influx, which represents a somatodendritically-localized single-cell property, is crucial for PDS formation. Importantly, potentiated LTCC-mediated Ca^{2+}-influx appears to stand at the core of
endogenous factors that promote these abnormal electrical events (see Section 2.1), because in current injection-induced depolarizations in the presence of tetrodotoxin (when synaptic inputs and action potential discharge are disabled) the LTCC agonist Bay K8644 gave rise to PDS-like voltage responses (unpublished observations). Moreover, Speckmann et al., 1990 [30] had demonstrated in earlier work that PDS elicited in-vivo in the rat motor cortex were abolished by intracellular application of the verapamil (an LTCC-antagonist)-derivative D890, whereas application of the LTCC potentiator Bay K8644 led to their augmentation.

2.1. Which Ion Conductances Underlie PDS?

A crucial role of LTCCs, i.e., Ca\textsubscript{v}1.3 channels, in PDS was confirmed recently in our lab using genetically modified mice [27]. This study also provided evidence arguing against a contribution of Ca\textsuperscript{2+}-dependent nonspecific cation (CAN) channels, which had been implicated from theoretical considerations previously [31]. In addition to LTCC-mediated Ca\textsuperscript{2+} influx, evidence has also been provided that N-methyl-D-aspartate (NMDA) receptor-mediated cation current contributes to PDS [32–36], although the effect of the NMDA receptor blocker AP-5 (D(−)-2-amino-5-phosphonopentanoic acid) on PDS appeared more pronounced in neocortical neurons than in hippocampal neurons [37,38]. However, it is difficult to determine the relative contribution of NMDA- and LTCC-mediated currents, since functional interplay was demonstrated between these two channel classes in neurons [39–41], e.g., NMDA receptors providing a critical excitatory component that may ultimately activate LTCCs [42]. Hence, blocking NMDA receptors may also eliminate a LTCC-dependent component.

Various inhibitory mechanisms have been proposed to contribute to termination of PDS, in particular K\textsuperscript{+} and Cl\textsuperscript{−} conductances as well as GABA\textsubscript{B} receptor mediated signaling [43,44]. However, experimental evidence in support of the impact of one of these conductances on PDS termination remained sparse [45,46]. Controversial results have been reported regarding the contribution of GABA\textsubscript{B} receptor-mediated mechanisms [43,45]. Moreover, depolarizing afterdischarges rather than inhibitory afterpotentials were also observed to follow PDS [5,33,36,38,47], which may be due to a masking of inhibitory mechanisms by depolarizing Cl\textsuperscript{−} currents through GABA\textsubscript{A} receptors or NMDA receptor mediated currents [46,48]. Obviously, when GABA\textsubscript{A} receptor blockers are used for PDS induction (i.e., to mimic GABAergic loss, see Section 2.2.), the relative role of non-GABA\textsubscript{A} receptor-mediated processes will predominate in shaping PDS trajectories.

Two additional conductances should be considered when discussing the foundations of PDS. The two relevant ion channels have been implicated in epileptic bursts, discharge patterns that have been identified in the pilocarpine model of acquired epilepsy [16]. However, epileptic bursts appear days to weeks after the insult [19,49] rather than hours, as seen for PDS [50]. They rely on Na\textsubscript{v} channels that give rise to a persistent sodium current (I\textsubscript{Na,p}), and on T-type voltage-gated calcium channels (TTCCs, Ca\textsubscript{v}3.* family) [17–19]; they are generated in the perisomatic region, and can be readily triggered by somatic current injection via a microelectrode. However, our experiments using riluzole at low micromolar concentrations, which are known to block I\textsubscript{Na,p}, provided evidence that I\textsubscript{Na,p} is not involved in PDS [27]. With respect to TTCCs, it should be noted that PDS can also be induced in less polarized hippocampal neurons (e.g., V\textsubscript{m} of about −55 to −50 mV) as observed in our own experiments in primary cultures (unpublished observation) and by others using isolated guinea pig brains [51]. Since TTCCs are largely inactivated at such subthreshold membrane potentials [52], they are highly unlikely to play a significant role in PDS.

Other conductances that have been named repeatedly in conjunction with PDS-like events are provided by transient receptor potential (TRP) channels. Phelan and co-workers described pronounced and long-lasting PDS-like “epileptiform bursts”, and showed that these events depended on an activation of canonical TRP (TRPC) channels via metabotropic glutamate receptors (mGluR) [53]. With respect to duration, these PDS-like events considerably exceeded those originally recorded in pre-seizure penicillin-induced foci [1]. However, this observation indicates that neuromodulatory
alterations may enable additional conductances that either prolong PDS or eventually cause transition to seizure-like discharge activity, which may result from a melting of single PDS [14]. In support of this conclusion, a molecularly undefined, Ca\(^{2+}\)-dependent nonspecific cation channel was demonstrated to cause runs of PDS, and only its inhibition by flufenamic acid turned these runs, which were classified as “seizure-like events”, into isolated PDS discharges [54].

In summary, the ionic basis of a PDS discharge can be described as follows (illustrated in reference [55]): the PDS emerges from a network-driven giant EPSP triggered by AMPA receptor-mediated fast neurotransmission. Its depolarizing plateau is mediated by NMDA receptor channel current and current through LTCCs, in particular Ca\(_{\text{v}1.3}\) channels. The action potentials are due to the activation of voltage-gated sodium channels, and the amplitude decline and/or firing cessation is likely due to progressive inactivation of these channels during the continuous depolarization. The termination of PDS may involve different ionic mechanisms depending on the expression pattern of various ion channels in a particular type of neuron; relevant ion channels are Ca\(^{2+}\)-dependent (e.g., apamin sensitive-) K\(^{+}\) channels, ionotropic GABA\(_{\text{A}}\) receptors as well as metabotropic GABA\(_{\text{B}}\) receptor-regulated channels. I\(_{\text{Na,p}}\) and TTCCs do not seem to represent essential components of PDS. However, the presence of further ion channels in a particular type of neuron and/or their metabotropic activation may modify the voltage trajectory of individual PDS or the sequence of PDS discharges.

2.2. How Are the Mechanisms of PDS Formation Induced?

Insight into the mechanisms of PDS formation can be gained from their occurrence in experimental forms of acquired epilepsy. As will be discussed in more detail below, electrographic (“interictal”) spikes (IIS) have been demonstrated to occur as early as day one after the insult in post-status epilepticus (post-SE) models, whereas spontaneous unprovoked seizures occur after a latent period of up to a few weeks only [50] (Figure 1B). Hence, epileptogenic mechanisms that have been reported to occur early on (e.g., within 24 h after the incident) in post-SE models represent the most likely candidates responsible for the generation of interictal spikes and thus for their cellular correlate PDS. Such changes comprise (a) reduction of GABAergic neurotransmission (e.g., loss of interneurons) [56,57]; (b) augmentation of glutamatergic neurotransmission, for example through phosphorylation of GluR1 AMPA receptors with concomitant enhancement of AMPA receptor-mediated synaptic currents [38,59] or up-regulation of NMDA receptors [60] (together, the reduction of GABAergic and increase of glutamatergic neurotransmission may explain why EPSP cannot be controlled properly, thus enabling giant EPSPs that drive PDS); (c) disturbances of intracellular Ca\(^{2+}\)-homeostasis [61,62]; (d) formation of reactive oxygen species [63,64]; and (e) elevations of intracellular chloride (e.g., by Na\(^{+}\)-K\(^{+}\)-Cl\(^{-}\) co-transporter1 (NKCC1) up- and K\(^{+}\)-Cl\(^{-}\) co-transporter 2 (KCC2) down-regulation) [65,66]. The reduction of GABAergic neurotransmission is mimicked by the most widespread and reliable experimental induction method of PDS, i.e., the inhibition of GABA\(_{\text{A}}\) receptors with high doses of penicillin or pentylenetetrazole [10,67–69] or micromolar concentrations of picrotoxin or bicuculline [5,7,8,25,54,67]. An up-regulation of glutamatergic neurotransmission is experimentally employed in the “relief from kynureinate + high Mg\(^{2+}\) model” to induce PDS discharge [22]. The caffeine-induction method of Moraidis et al., 1991 [24] can be envisaged to demonstrate that disturbances of the intracellular Ca\(^{2+}\)-homeostasis at least in part may provoke PDS formation [28]. Likewise, hydrogen peroxide application [28] and direct elevation of intracellular chloride via a patch pipette (unpublished observations) both promoted the formation of PDS-like events, although less efficiently than GABA\(_{\text{A}}\) receptor antagonism.

The widely observed contribution of LTCCs to PDS may arise from LTCC augmentation via reactive oxygen species (see for example reference [70]) and promotion of their activation by enhanced excitatory synaptic input (e.g., to a voltage range where window currents via LTCCs occur, see reference [71]), or changes in cytosolic Ca\(^{2+}\) (Ca\(^{2+}\)-dependent facilitation) [72]. However, there is only limited evidence for a role of any of these mechanisms in PDS formation to date. For example, caffeine did not induce PDS in Ca\(_{\text{v}1.3}^{-/-}\) neurons [27], and hydrogen peroxide was most effective in PDS.
induction in neurons with a pronounced availability of LTCCs [28]. The implication in PDS formation of LTCC up-regulation by hormones associated with neuronal stress or injury, e.g., glucocorticoids [73] or insulin-like growth factor-1 [74], has also remained unexplored to date. Evidently, more work is required to investigate by which mechanisms LTCC activity may be potentiated to promote PDS discharge in a manner similar to the one demonstrated by pharmacological LTCC enhancement using Bay K8644 [27,28]. Interestingly enough, gain-of-function mutations of CACNA1D (which is the gene coding for Ca\textsubscript{v}1.3) but not of CACNA1C (coding for Ca\textsubscript{v}1.2) have been linked to epilepsy [75,76]. Hence, up-regulation of Ca\textsubscript{v}1.3 may not only play a role in acquired forms of epilepsy but may also be implicated in genetically determined predisposition to epilepsy.

3. Synchronization of PDS

Our current understanding of how PDS are synchronized is very limited. Several mechanisms have been proposed to account for neuronal synchronization during epileptiform discharges in general. These include electrical communication via intercellular gap junctions, electrical field effects (ephaptic interactions), decreased volume of the extracellular space (e.g., due to cell swelling), increased extracellular potassium and GABAergic depolarization resulting from increased intracellular chloride, but also synchronous recovery from inhibition of an assembly of principal neurons [77,78]. Nevertheless, it remains unclear which of these mechanisms can contribute to the synchronization of those PDS that give rise to individual interictal spikes. As PDS appear to arise from the dendritic compartment, synchronization may occur in dendritic layers. Brain-derived neurotrophic factor (BDNF), for example, is secreted in an activity-dependent manner at dendritic sites [79], has glutamate-like fast excitatory and slow modulatory effects on synaptic plasticity [80,81] and is known to play a role in neuronal synchronization [82–84]. Hence, although there is no direct experimental evidence yet, PDS-induced release of neuromodulators from dendritic sites can also be envisaged to play a role in PDS synchronization.

4. Role in Epilepsy/Epileptogenesis

PDS have been monitored both as individually occurring electrical events as well as closely spaced in clusters [1,2,5,8]. This is mirrored by interictal spikes, which were shown to occur in a sporadic manner or in the form of brief paroxysmal bursts in animal models of epilepsy [85]. As will be discussed in Section 4.2., the frequency of interictal spikes (and therefore of cellular PDS) prior to or after ictal discharges has inspired hypotheses regarding their potential roles in epilepsy. Some authors claimed that ictal discharges can be regarded as a melting of PDS [14], with individual PDS representing the “hallmark” of epileptic discharges [44]. However, due to differences in EEG patterns, others doubt that ictal discharges may be seen as reinforcement and/or acceleration of discharges that underlie interictal spiking [86].

Indeed, considering the inactivation/deactivation properties of various ion conductances that contribute to PDS (see Section 2), increased PDS frequency can be envisaged to come with pronounced changes in the ionic composition of the resulting seizure-like discharges [55]. Hence, PDS may play a neuropathogenic role distinct from that of ictal discharges.

The strong association of IIS with epilepsy has been widely utilized for diagnostic purposes. However, no consensus has been reached regarding the implication of IIS in epilepsy. Initially, IIS were largely considered as an insignificant by-product of the epileptic condition, but in the last decades hypotheses on pro-epileptic (i.e., epileptogenic) and anti-epileptic (i.e., anti-ictogenic) roles have emerged [87,88]. These opposing ideas on the roles of IIS will be discussed in the following Sections 4.1 and 4.2. We will consider both, evidence from studies on IIS and on PDS, and will therefore use the term “IIS/PDS”, unless information given refers only to the extracellularly detected events (IIS) or events that were recorded solely with intracellular methods (PDS).
4.1. An Epileptogenic Role of PDS

The hypothesis of a pro-epileptic role of IIS/PDS emerged from two considerations originally disseminated in 2005 by Staley and his colleagues [87]: first, PDS are more or less identical to giant depolarizing potentials (GDPs), which occur in a synchronous manner in neurons of neonatal rats up

Figure 1. Observations in favor of an epileptogenic role of PDS. (A) Resemblance of PDS to giant depolarizing potentials (GDPs). The black trace depicts a typical PDS, which is synaptically triggered (1) and consists of action potentials of decreasing amplitude (2), a depolarized plateau (3) and termination by repolarization, sometimes below the resting membrane potential (after-hyperpolarization, (4) (to highlight the difference between a single action potential and a PDS, a hypothetical repolarization trajectory of the initial action potential is indicated by the grey line). This appearance is reminiscent of GDPs (an example is retraced in grey on the right side from a paper by Ben-Ari et al., 1989 [89]), which are widely believed to govern neuronal development [90]. In analogy, PDS may initiate various, potentially pathogenic neuronal changes. Neurodevelopmental (bottom right) and neuropathological morphological changes (bottom left) are indicated in schemes of a neuron below the traces. (B) Early appearance of electrographic spikes, the multi-unit correlate of PDS, in animal models of acquired epilepsy. Post-status epilepticus models are widely used in epilepsy research to investigate the mechanisms of epileptogenesis. In the pilocarpine version of this model [91], the cholinergic agonist pilocarpine is injected (together with non-brain-permeant methyl-scopolamine to avoid peripheral cholinergic side effects) into rats to evoke status epilepticus (SE). After 3 h, SE is terminated by the application of the benzodiazepine-type GABA<sub>A</sub> receptor modulator diazepam. Continuous electroencephalographic recording (EEG) is performed to monitor the appearance of ictal discharges (2), which typically starts after days to weeks (chronic stage). The time until the first occurrence of seizures is referred to as the latent (or silent) stage. Electrographic spikes (1) were found to occur within 24 h after the insult (here SE), i.e., at the starting point of epileptogenesis (it should be noted that these electrographic spikes are commonly referred to as “interictal” in the literature, although the term “pre-epileptic” would be more appropriate to avoid confusion with pre-ictal or truly interictal spikes).
rats up to an age of about two weeks [89] and which are widely believed to play a crucial role in neurodevelopment [89,92]. GDPs are driven by excitatory GABA<sub>A</sub> receptor-dependent neurotransmission and involve Ca<sup>2+</sup>-influx via voltage-gated calcium channels (putatively LTCCs) and NMDA receptors [93,94]. As described above, LTCCs and NMDA receptors play a crucial role in PDS formation as well. The L-type channel family was reported to have a privileged role among voltage-gated calcium channels in excitation-transcription coupling [95,96]. Notably, mitochondrial production of reactive oxygen species (ROS), which is augmented during the latent period of epileptogenesis [64] (see Section 2.2.), was shown to augment the activity of the LTCC-regulated gene transcription factor CREB (cAMP-responsive element binding protein) [97]. Hence, PDS may promote long-term morphological as well as functional (synaptic plasticity) changes [98]. In line with such a role of LTCC-mediated Ca<sup>2+</sup>-influx during PDS, IIS were found to drive activity-dependent gene expression [99].

Secondly, spontaneous unprovoked seizures occur only after a latent period in both, the post-SE model and the kindling model of acquired epilepsy, but IIS can be monitored much earlier [50,100–103], e.g., as early as day one after the insult in post-SE models [50] (Figure 1B). Likewise, in humans who acquired epilepsy as a result of war-related brain insults, IIS preceded the first seizures [87,104]. Moreover, in two epileptic rat models (i.e., SER, spontaneously epileptic rats, and NER, Noda epileptic rats), PDS were identified in CA3 hippocampal neurons [105,106], and their occurrence was reported to precede the first spontaneous seizures that appear in these animals at several weeks to months of age [106]. Taking both considerations together, i.e., the similarity of GDPs and PDS on the one hand, and the early appearance of IIS in epileptogenesis on the other hand, it can be hypothesized that PDS may not simply represent a by-product of a developing epileptic condition in the brain, but may actually play a key role in the epileptogenic processes.

As indicated above, LTCC-mediated Ca<sup>2+</sup>-influx was suggested to be a crucial step in CREB-dependent gene regulation by excitatory, GDP precipitating GABA activity in neurodevelopment, which leads—for instance—to an increased expression of BDNF [107]. Analogous mechanisms can be expected to play a role in epileptogenesis. Notably, over-expression of BDNF led to the formation of basal dendrites and to axonal branching in dentate granule cells in hippocampal cultures [108]. Excessive activation of LTCCs by stimulating the dentate gyrus with picrotoxin was shown to induce the expression of BDNF in granule cells which via TrkB receptors causes axonal branching in mossy fibers [109]. Picrotoxin also induced the formation of recurrent excitatory inputs to granule cells in an LTCC-dependent manner, but picrotoxin-induced sprouting in mossy fibers was independent of LTCCs [110]. Other authors demonstrated that BDNF induced neurogenesis and led to the formation of ectopic hippocampal granule cells [111]. Notably, ectopic granule cells were also seen in the pilocarpine or kainate models of epilepsy [112–114]. In line with an epileptogenic role of such BDNF-mediated changes, limbic kindling was shown to cause aberrant neurogenesis and basal dendrite formation together with increased BDNF expression [115]. Moreover, in animal models of acquired epilepsy, increased neurogenesis and morphological changes of granule cells (aberrant dendritic projections, e.g., hilar basal dendrites, aberrant axonal sprouting, which creates recurrent excitatory loops [116]) occur in the dentate gyrus of the hippocampus after an epileptogenic insult [117]. These changes occur early during epileptogenesis, i.e., within one day [118], and the dentate gyrus shows pronounced expression of LTCCs [119–121]. Ca<sub>1.3</sub> channel-mediated activation of CREB was demonstrated in hippocampal neurons [74,122] and appears to be distinct from the one mediated by Ca<sub>1.2</sub> channels [122]. The preferential role of Ca<sub>1.3</sub> in PDS formation is intriguing, the more so because this channel has been identified as a risk gene in human epilepsy, and up-regulation of Ca<sub>1.3</sub> (together with Ca<sub>1.2</sub>) has been also demonstrated in animal models of acquired epilepsy [123].

Taken together, circumstantial evidence points to CREB-dependent gene transcription, BDNF expression and
release, neurogenesis, as well as dendritic and axonal remodelling as epileptogenic sequelae of PDS (illustrated in reference [55]), even though directly supporting experimental evidence is lacking.

According to the above-mentioned epileptogenic role of PDS, LTCC inhibitors should counteract epileptogenesis. This possibility has been addressed rarely, although—for example—Mikati and colleagues found that the dihydropyridine-type LTCC antagonist nimodipine significantly ameliorated the outcome in the kainate-induced SE model of epileptogenesis [124], a model in which enhanced levels of ROS have been demonstrated in the latent period, particularly the early one that directly follows the insult [125]. Interestingly, the anti-epileptogenic effect occurred despite that the LTCC antagonist was present only during SE (which it left unaffected). Hence, relevant effects of LTCCs may have arisen in close association with SE, either during SE, e.g., in its terminal phase, or in the immediate aftermath. Indeed, electrographic spikes were shown to occur abundantly after SE termination in this model [126]. Spike frequencies were similar to those reported for discharges in lateralized periodic discharges (LPDs), which were described to arise in the terminal phase of SE in humans [127]. Besides SE, LPDs (formerly known as PLEDs: periodic lateralized epileptiform discharges [128]) have been associated with stroke, traumatic brain injury, tumors and encephalitis, i.e., acute and chronic brain lesions widely recognized as pathologies potentially leading to epilepsy [129]. LPDs and IIS share etiological (e.g., association with SE [127,130] and morphological (interictal spike-like contributions [129]) aspects, and there are also pharmacological (resistance to anti-epileptic drug treatment [129,131]) and further pathological similarities (e.g., cognitive dysfunction [132,133]) between these two. Hence, considering the close association between LPDs and brain insult, a narrow time window for interference with potentially epileptogenic discharges [134] may also apply to the situation in humans.

Having said this, it needs to be considered that evidence arguing against a crucial role of IIS in epileptogenesis has been presented as well. The group of Staley and co-workers showed that in an organotypic hippocampal slice culture model of epileptogenesis, the occurrence of IIS indeed preceded the first appearance of ictal discharges by several days [101], and IIS/PDS could thus play a role in the processes leading to this form of “culture-dish epilepsy”. However, in a subsequent study this group demonstrated that chronic blocking of interictal discharges using the glutamate receptor antagonist kynurenic acid did not prevent the appearance of ictal discharges once it was removed [135]. One potential caveat regarding the interpretation of this finding lies in the fact that prolonged culturing of hippocampal neurons in kynurenate has been shown to lead to seizure-like activity per se upon its removal [22,29,136]. Hence, changes in excitatory neurotransmission by the chronic blockade of glutamate receptors may have replaced potential epileptogenic effects of IIS/PDS in this model.

4.2. An Anti-Ictogenic Role of PDS

If it holds true that PDS show predominantly pro-epileptic effects, then it follows that a straight-forward anti-epileptogenic strategy would be to abolish IIS/PDS. However, to date there is no general agreement in the field that prevention of PDS might prove beneficial. This skepticism is primarily based on observations of an inverse relation between IIS and the likeliness of seizures, e.g., IIS frequencies remain unaltered or decrease prior to the appearance of seizures, but high frequencies were seen after the seizures [137]. Moreover, discontinuation of anti-epileptic drugs (which fail to block interictal spikes, see reference [131]) led to a decrease of interictal spike frequency prior to the increase of spontaneous seizures [138,139]. Thus, in contrast to the alternative view that an increase in IIS activity may ultimately initiate ictal discharges (interictal to ictal transition, see reference [140]), IIS may act to prevent ictal discharges. Such an inhibitory effect was indeed demonstrated in isolated brain preparations [141,142]. Moreover, interictal spikes were shown to inhibit action potential firing and seizures [85,143,144]. This effect was explained by a transient refractoriness that may be caused by the IIS/PDS in the epileptic network [88], and it was argued that IIS/PDS should therefore not be opposed in anti-epileptic therapy [86]. The question of an anti- or pro-epileptic effect of IIS/PDS has been heavily discussed for quite some time [145]. However, the potential anti-epileptic effect can be seen
as an acute action of PDS on neuronal discharge activity (electrical refractoriness, which can readily be demonstrated in vitro, see Figure 2), that may operate independently of the more long-lasting pro-epileptic effects described above (illustrated in Figure 1A and in more detail in reference [55]). Hence, the controversy regarding the implication of IIS/PDS in epilepsy can possibly be attributed at least in part to different time scales in which they have been considered. On the other hand, BDNF, in addition to its potentially pro-epileptic effects described above, also displays anti-epileptic activity, an effect that appears to rely on generation of neuropeptide Y [146]. Hence, if PDS indeed lead to an elevation of BDNF, a suppressing effect of epileptiform discharges may also arise.

Figure 2. Illustration of a potential anti-ictal effect of PDS. (A,B) Two examples of electrophysiological experiments on primary rat hippocampal networks using the perforated patch-clamp technique, which indicate that PDS may inhibit seizure-like discharge activity (SLA) in an acute manner. SLA was induced repeatedly (i, ii, iii) by omission of Mg\(^{2+}\) from the superfusate (“low-Mg\(^{2+}\)”-solution, application indicated by the grey horizontal bar) with recovery periods of 5 min between the stimulations. After the SLA displayed in (i), PDS were induced by co-application of 10 \(\mu\)M bicuculline + 3 \(\mu\)M Bay K8644. 5 min later, the solution was exchanged again for low Mg\(^{2+}\) solution to elicit SLA. Immediately following PDS, SLA was considerably reduced (ii). After another 5 min interval, during which PDS were not evoked, SLA appeared similar to the one during the initial control recording (iii). The discharge activity immediately preceding the switch to low-Mg\(^{2+}\) solution is shown on an expanded time scale above the SLA traces. Note that neurons showed synaptically evoked action potential discharge in (i) and (iii). Examples of the PDS that were evoked in (ii) are also displayed on the same time scale.

5. Potential Role in Other Neurological Diseases

PDS were initially identified in the context of epilepsy, but observations regarding their multi-unit counterpart, electrographic “interictal” spikes, indicate that they may represent pathologically relevant neuronal discharge events in various neurological diseases [133,147–149].

For example, interictal spikes were seen in patients with Alzheimer’s disease (AD) [150–155] and were also detected in a respective mouse model [156]. Moreover, interictal spikes occur when amyloid peptide is expressed in transgenic mice [157] (reviewed in reference [158]). Recently, evidence
was provided both in an animal model and in humans that interictal spikes cause impairments in short-term memory and cognitive disruption [133,147,159]. The suppression of neuronal firing by PDS leading to intermittent neuronal dysfunction in the hippocampus was considered as a plausible mechanism [147,160]. In the developing brain, IIS may have more pronounced, long-term effects. The occurrence of IIS in frontal cortical regions was found to be linked to childhood autism, and induction of IIS in the brain of rat pups resulted in autism spectrum disorder (ASD)-like behavior (of note, gain-of-function mutations of Ca_{v}1.3 channels, which provide a crucial conductance in PDS formation (see Section 2), have not only been linked to epilepsy, but were also identified in ASD patients, [76,161]). As mentioned above, PDS were suggested to represent epileptogenic events. Hence, PDS may additionally provide an attractive explanation why seizures are common in AD patients [162–164]. However, it remains an open question whether amyloid peptides can indeed elicit PDS, e.g., in hippocampal neurons, a brain region that is one of the earliest affected in AD [165]. Notably, membrane depolarizations that shared some (but for duration) characteristics with PDS, e.g., a pronounced dependence on AMPA receptors and modest dependence on NMDA receptors, were induced by amyloid β protofibrils and fibrils in neocortical neurons [166,167].

Furthermore, neuropathological conditions described for dopaminergic neurons involved in PD would appear prone to cause PDS formation (high reliance on LTCC activity of the innate autonomous activity of these neurons together with a predisposition towards oxidative stress as a consequence of dopamine metabolism) [168]. However, the occurrence of such events has so far not been investigated in these neurons. Hence, more research is needed to comprehensively address the potential implications of PDS in neuropathology.

6. Conclusion and Outlook

Although PDS have been discovered more than 50 years ago, their potential role in neuronal diseases is only slowly obtaining broader attention. Evidently, more work is needed to establish and eventually understand in detail the implication of PDS in neuropathology. Voltage imbalances and aberrant Ca^{2+} signaling that come with PDS offer a wide range of possible cause of neuronal dysfunction. However, the acute inhibitory action on neuronal firing and potential long-term remodeling effects of PDS may also have beneficial effects. The question of why PDS actually form has not been addressed so far. We do not know whether PDS simply represent a consequence of neuronal disruption, or whether they may be part of a controlled response to avoid further damage. Clarifying these possibilities will be necessary to adequately deal with PDS occurrence in clinical therapy.

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