Impulsive Laser Induced Alignment of Molecules Dissolved in Helium Nanodroplets

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We show that a 450 fs nonresonant, moderately intense, linearly polarized laser pulse can induce field-free molecular axis alignment of methyl iodide molecules dissolved in a helium nanodroplet. Time-resolved measurements reveal rotational dynamics much slower than that of isolated molecules and, surprisingly, complete absence of the sharp transient alignment recurrences characteristic of gas phase molecules. Our results presage a range of new opportunities for exploring both molecular dynamics in a dissipative environment and the properties of He nanodroplets.

The ability to control how molecules are turned in space offers unique opportunities for studying and exploiting the ubiquitous orientational dependence of a molecule’s interactions with other molecules, atoms or polarized electromagnetic radiation and for eliminating the blurring of molecular properties and processes which usually occur in observations of randomly aligned molecules. For isolated molecules in the gas phase, intense laser pulses provide a versatile approach to sharply align molecules along axes fixed in the laboratory frame. This ability has enabled a broad range of new applications in molecular science. An intriguing question is whether laser induced alignment can be extended to molecules in the dissipative environment of a solvent. The prospects of this possibility are tremendous - notably because most chemical reactions occur in solvents - but to date no experiments and only a few theoretical works have addressed this issue.

Laser induced alignment of isolated molecules is based on a nonresonant, intense laser pulse creating a coherent superposition of the quantum states that describe free rotation. Transferring the approach to molecules in a solvent faces, however, several fundamental obstacles: (i) molecules in a classical solvent are not characterized by free rotation due to collisions with the solvent. (ii), even if a laser pulse could initiate coherent rotational motion the collisions would destroy it so rapidly that no efficient alignment would be reached. (iii), the intense laser pulse would interact not only with the solute molecule but also with the solvent, for instance, through polarization or even ionization and, thereby, prevent efficient alignment. Laser induced alignment of molecules in a solvent may thus be sensitive to and, in the worst case, hindered by numerous mechanisms which are absent in vacuum.

The present experiment uses superfluid helium droplets as a solvent because as a quantum fluid their unique properties strongly reduce the obstacles (i–iii). A liquid helium droplet is characterized by its ability to solvate almost any molecule and by its low polarizability and high ionization potential, which minimize its interaction with the laser light. The long rotational coherence times observed for embedded molecules through spectroscopy have been interpreted as free rotation of the molecules over several classical rotational periods within the 0.37 K 4He superfluid, and they build the expectation that the He environment should be advantageous for laser induced alignment. Our work focuses on laser induced alignment in the nonadiabatic or impulse regime where the laser pulse duration is much shorter than the classical rotational period, $T_{\text{rot}}$, of the molecule. We show that when He droplets, singly doped with methyl iodide (CH$_3$I) molecules, are irradiated by a 0.45 ps long laser pulse the molecules reach maximum alignment 17–37 ps later and, in another ~ 70 ps, return to random orientation which persists beyond 1000 ps. The dynamics differs completely from that observed for isolated CH$_3$I molecules where the first alignment maximum occurs 0.1–3.5 ps after the center of the pulse and recurs in regularly spaced (by ~ 33 ps), narrow time windows, termed revivals.

The principle of the experiment is illustrated in Fig. 1A. The He droplets are formed by continuously expanding ~ 20 atm He gas, cryogenically precooled to 10–20 K, through a 5 µm orifice into vacuum. The average size of the droplets is determined by the temperature of the He gas and is ~ 1.1 × 10$^4$ helium atoms per droplets at 12 K, the temperature used for most of our measurements. The droplet beam passes through a pick-up cell, where the partial pressure of CH$_3$I is adjusted to optimize for single molecule doping of each droplet. Hereafter, the doped He droplet beam enters the target region where it is crossed, at 90°, by two co-linear pulsed laser beams. The first pulse (kick pulse: $\lambda = 800$ nm, $\tau_{\text{FWHM}} = 450$ fs) is used to induce alignment. The second pulse (probe pulse: 800 nm, 30 fs) is used to probe the molecular orientation. It is sufficiently intense ($I_{\text{probe}} = 1.8 \times 10^{14}$ W/cm$^2$) to multiple
ionize CH$_3$I resulting in Coulomb explosion into positively charged fragments, notably I$^+$ with a CH$_3$ partner. These I$^+$ ions recoil along the molecular symmetry axis of the CH$_3$I parent molecule and by detecting their emission direction with a velocity map ion imaging spectrometer we determine the spatial orientation of CH$_3$I at the time defined by the delay, $t$, between the kick and the probe pulse [16]. An important part of the experiment is the ability to compare alignment of molecules embedded in the droplets with alignment of isolated molecules under identical conditions of the laser pulses. Therefore, a second molecular beam, containing isolated CH$_3$I molecules, can be sent into the target region (see Fig. 1).

Figure 1B shows examples of I$^+$ ion images from Coulomb explosion of isolated CH$_3$I molecules. When only the probe pulse is used the I$^+$ image is circularly symmetric showing that the molecules are randomly oriented as expected (left). When the kick pulse is included the I$^+$ ions localize along (middle) or perpendicular (right) to the kick pulse polarization at certain times. At these times the symmetry axis of the molecule is aligned or antialigned, respectively. The degree of alignment is quantified by determining the average value of $\frac{\cos^2 \theta_{2D}}{2}$, where $\theta_{2D}$ is the angle between the kick pulse polarization and the projection of an I$^+$ ion recoil velocity vector on the detector screen. It is determined only from those ions pertaining to the directional I$^+$ – CH$_3$I Coulomb explosion channel marked by circles in Fig. 1B.

The time dependence of $\frac{\cos^2 \theta_{2D}}{2}$ for isolated molecules is displayed in Fig. 2 (black curves) and it can be explained by the formation of a rotational wave packet by the kick pulse [15]. When the kick pulse is applied $\frac{\cos^2 \theta_{2D}}{2}$ rises sharply to a local maximum at $t = 0.3$ ps. Hereafter, it drops quickly to a value of 0.64 and remains at this level except in narrow time windows, separated by ~33.3 ps. These transients are the manifestations of full revivals ($t = 0.3$ ps + NT$^{rot}$, $N = 1, 2, \ldots$) and half-revivals ($t = 0.3$ ps + (N−1/2)T$^{rot}$, $N = 1, 2, \ldots$) where T$^{rot}$ = 1/2Bc = 66.7 ps for a rotational constant B = 0.250 cm$^{-1}$. The observations are fully consistent with many previous studies of impulsive alignment [14, 17].

Turning to the doped He droplet data we note that the I$^+$ image recorded with the probe pulse only (Fig. 1C, left) is also circularly symmetric. The radial distribution, i.e. the momentum distribution, is, however, much broader. After the kick pulse, the I$^+$ ions localize along its polarization axis (middle panel), which is a clear manifestation of alignment. The same information is obtained from (IHe)$_n^+$ images, which only have a narrower radial distribution (right panel). The slight off-set of the ion distributions from the center of the images in panel C results from the velocity of the droplet beam (along the z-axis) which, unlike the beam of isolated molecules, is
parallel to the ion detector – see Fig. 1A.

The time dependence of \( \langle \cos^2 \theta_{2D} \rangle \) for CH₃I molecules in He droplets is displayed by the red curves in Fig. 2. After \( \sim 20 \) ps \( \langle \cos^2 \theta_{2D} \rangle \) reaches a maximum of 0.60 demonstrating unambiguously that molecules can be aligned inside a He droplet under field-free conditions. The \( \langle \cos^2 \theta_{2D} \rangle \) curve for the molecules in the droplets differs strongly from the curve recorded for the isolated molecules. Not only is the rise time to the first alignment peak much longer (\( \sim 20 \) ps versus 0.3 ps), it also decreases to a value of 0.5 with an isotropic image, which characterizes a sample of randomly oriented molecules, within \( \sim 100 \) ps. For the isolated molecules the prompt alignment decays within \( \sim 4 \) ps to a \( \langle \cos^2 \theta_{2D} \rangle \) value of 0.64, characterizing the time-independent permanent alignment [15], and regains high values at the revivals. For molecules in the droplets \( \langle \cos^2 \theta_{2D} \rangle \) stays constant at 0.5 for \( t = 100 \) ps to 1000 ps without any significant signs of revivals. Finally, the maximum degree of alignment observed, 0.60, falls below the maximum value of 0.78 obtained for the isolated molecules and stays slightly below the 0.64 of the permanent alignment.

Our observations may at first seem at odds with expectations based on the prevailing conception of rotational structure and dynamics of molecules inside He droplets. Indeed high resolution infrared and microwave absorption spectra have established that a gas phase Hamiltonian describes the rotational spectrum well with the rotational constants based on the prevailing conception of rotational structures and dynamics of molecules inside He droplets. To ensure that the alignment dynamics observed is not a result of some unusual behavior of CH₃I in He droplets, we repeated the measurements for carbondisulfide (CS₂) and iodobenzene (C₆H₅I) molecules. The time dependence of \( \langle \cos^2 \theta_{2D} \rangle \) for all three molecules is shown in Fig. 4. Although there are minor differences between the three curves, the overall alignment dynamics is very similar, whereas their alignment dynamics in the gas phase is significantly different [17, 19, 20]. Furthermore, we explored if the alignment dynamics observed is sensitive to the size of the He droplet. In practice this was done by recording the time dependence of \( \langle \cos^2 \theta_{2D} \rangle \) for CH₃I in He droplets at temperatures of 12, 16 and 18 K of the degree of alignment gradually occurs at later times and gradually decreases as the intensity is lowered. There is, however, no sign of revivals at any of the intensities and the peak value stays slightly lower than the permanent alignment in the corresponding isolated molecule case.
expanding $\sim 20 \text{ atm He gas}$. This corresponds to mean droplet sizes of $\sim 11000$, $\sim 2000$, and $\sim 900$ He atoms per droplet, respectively \cite{10}. No significant differences between the three curves could be detected. The absence of any effect of the droplet size rules out several plausible explanations for the observed dynamics such as an inhomogeneous effect due to the distribution of the droplet size, an influence of translational states of the embedded molecule within the droplet, a coupling to ripples \cite{11}, or an overall rotation or deformation of the whole droplet.

The observed effects are not captured by the published theoretical works on the influence of a dissipative environment on nonadiabatic alignment of molecules \cite{7,9}. In these works, correlations between the molecule and the surrounding particles are neglected, and the environment is taken into account by incorporating decoherence and population decay of the molecular rotational wave packet -- induced by elastic and inelastic collisions -- only after the pulse is switched off. The rotational wave packet coherence can indeed be lost due to such collisions \cite{21,22}, but they would affect only the amplitude and not the period of the rotational motion \cite{8,9,22,23}. This contradicts the observed dynamics which is slower than the anticipated wave packet dynamics even when the moment of inertia is multiplied by a factor of 5 compared to the gas phase value. Thus, the comparison of our results with the theoretical works indicates that interactions during the pulse and, possibly, correlations between the molecule and the helium droplet influence the dynamics.

This hypothesis is corroborated by comparing our experiment with microwave- \cite{18} and infrared-spectroscopy \cite{12} of molecules in helium droplets: At the lowest kick pulse intensities, only the lowest rotational states ($J \leq 4$, with long coherence lifetimes \cite{12}), are excited. The intensity of the kick pulse ($\sim 10^{11} \text{ W/cm}^2$) is, however, orders of magnitudes higher than the intensities ($\lesssim 10^2 \text{ W/cm}^2$) used in spectroscopy. Rather than spectroscopically probing the rotational eigenstates of the coupled system, the kick pulse impulsively excites rotational motion of the molecule within the droplet, and the subsequent dynamics is not consistent with the long coherence times observed in spectroscopy. At the higher kick pulse intensities, we enter a regime of rotational states that is not investigated in He droplet spectroscopy and whose energies and lifetimes are not known. The absence of any discontinuity in the dependence on the kick pulse intensity (Fig. 3B) indicates, though, that similar mechanisms may explain the experiments at all intensities, and thus a complete understanding of the highly excited $J$-states may not be needed to interpret our results.

Our molecules are subject to a strong laser field, an impulsive excitation of the molecular motion, and the interaction with the helium environment. Comparison to impulsive alignment of isolated molecules and to spectroscopy in droplets suggests that the reason for the unexpected rotational dynamics lies in the combination of the three. In particular, the time-dependence of the alignment at different kick pulse intensities and the only marginal dependence on the molecular species indicate that the droplet response to the molecular excitation is significantly influencing the observed dynamics. One potential effect is the exchange of angular momentum between the molecule and the helium environment -- an effect starting already during, and possibly enhanced by, the kick pulse. The resulting scrambling of $M$ values ($M$ being the projection of the rotational angular momentum on the axis defined by the kick pulse polarization) implies that the rotational wave packet formed differs from the one created in isolated molecules (where $\Delta M = 0$ \cite{17}) and may partly explain the slow rise and the weaker degree of the alignment. The $M$ scrambling will continue after the kick pulse and together with the onset of population decay of rotational states it ultimately forces the alignment to decay towards the value of an isotropic ensemble - as observed. In addition, the impulsive excitation of the molecule may excite collective modes of the helium droplet which will be correlated with the different components of the rotational wave packet and, thereby, also influence the alignment dynamics. A full account of the details of the observed dynamics requires a quantitative many-body analysis of the coherent and dissipative molecule-solvent interactions, which is beyond the scope of this letter.

To conclude, we have shown that a short, intense laser pulse can align molecules dissolved in He nanodroplets under field-free conditions. This opens many new opportunities, notably for time-resolved imaging of molecular frame reaction dynamics under influence from the dissipative environment of a solvent \cite{24}. The ability of He droplets to dissolve molecules ranging from the smallest diatomics over biochromophores \cite{25} to proteins \cite{24} presages studies for a variety of species. The understanding of the slow rotational dynamics and absence of revivals reported here calls for new theoretical descriptions, which could provide novel insight into the elementary excitations of He nanodroplets. In particular, rotational wave packets can transfer large amounts of angular momentum to the He surroundings and may be a way to explore quantized vortices \cite{11,27,29}, damping of collective modes, and their relation to the critical velocity in superfluid He droplets \cite{20}.

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