Long Journey of Sclerosant From the Esophagus to the Right Atrium

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ABSTRACT

A 34-year-old man, who had been treated with an endoscopic injection of a mixture of n-butyl-2-cyanoacrylate (Histoacryl) and Lipiodol for control of variceal bleeding 6 months previously, presented with an intracardiac mass in the right atrium (RA). Two-dimensional echocardiography revealed an intracardiac mass in the RA that appeared to extend from the inferior vena cava. The origin of the sclerosant was traced by computed tomography (CT). This is a very rare case in which the sclerosant migration route was demonstrated by CT scan. The findings of this case suggest that the systemic migration of sclerosant into an intracardiac chamber should be considered in patients with an intracardiac mass, especially with a history of previous sclerotherapy for variceal bleeding. (Korean Circ J 2010;40:468-470)

KEY WORDS: N-butyl-2-cyanoacrylate; Esophageal varix; Sclerotherapy; Embolism; Right atrium.

Introduction

The systemic migration of sclerosant is a rare complication of endoscopic injection sclerotherapy. Serious complications, such as embolization to the brain, lungs, and portal veins have been occasionally reported. However, it is not well known how systemic sclerosant migration occurs.

We report a rare case of sclerosant migration presenting as an intracardiac mass after endoscopic sclerotherapy for variceal bleeding, and demonstrate the entire migration route.

Case

A 34-year-old man with hepatitis B virus-related liver cirrhosis (Child-Pugh Score B), was referred to our clinic for an intracardiac mass detected incidentally by transthoracic echocardiography. Six months previously, he had been treated with an endoscopic injection of a mixture of n-butyl-2-cyanoacrylate (Histoacryl) and Lipiodol for control of variceal bleeding. At presentation, the patient had no cardiac symptoms. On physical examination, his vital signs were stable and he had normal respiratory and cardiovascular findings. His sclerae were icteric and his abdomen was distended with ascites. A chest X-ray was unremarkable.

Two-dimensional echocardiography revealed an intracardiac mass in the right atrium (RA) that appeared to extend from the inferior vena cava. It was a 5 cm elongated, hypermobile structure (Fig. 1). The echogenic mass, suggestive of a thrombus, resembled a blood vessel.

Even though it appeared to extend from the inferior vena cava, the exact origin was not clearly demonstrated by echocardiography. Portal-phase abdominal computed tomography (CT) with coronal reconstruction identified the origin of the elongated intracardiac mass (Fig. 2). After originating from varices at the gastroesophageal junction, a partially radio-opaque and radiolucent intraluminal material, consistent with a mixture of sclerosant and thrombus, traversed a gastrorenal shunt, extended through the inferior vena cava, and stopped in the RA.

Close clinical observation was undertaken for 2 weeks. Follow-up echocardiography showed no significant interval change compared with the initial study, and no cardiac symptoms developed. The patient did not manifest any signs or symptoms of systemic embolization by sclerosant. He was discharged without any significant problems, and remains asymptomatic on regular follow-up.
Discussion

Endoscopic injection of a mixture of Histoacryl and Lipiodol has been reported to be an optimal and effective therapy for variceal bleeding. Reported complications of this treatment include fever, ulceration at the injection site, chest pain, and dysphagia. A few case reports have documented systemic embolization of sclerosant as one of the uncommon complications after sclerotherapy. In this report, intracardiac sclerosant located in the RA was demonstrated by echocardiography.

Histoacryl is a watery solution that polymerizes and hard-
ens instantaneously on contact with blood. To prevent needle immobilization in a varix, Lipiodol serves as a diluent that delays Histoacryl polymerization. Delayed polymerization may increase the possibility of systemic migration, and rapid injection may increase intravariceal pressure and induce migration of the sclerosant before complete polymerization. In addition, a large injected volume of the Histoacryl and Lipiodol mixture may contribute to systemic migration. In patients with varices associated with a gastrosystemic venous shunt, endoscopic sclerotherapy presents a potential risk for migration of the sclerosant into the systemic venous circulation. However, it is not well known how sclerosant migration occurs, mainly because patients are not routinely imaged after sclerotherapy. In addition, sclerosant migration and embolization are difficult to diagnose using CT, because the sclerosant is masked by contrast.

In 2006, Lee et al. reported a rare case of acrylic cement foreign body in the RA and central veins after vertebroplasty, and suggested that an acrylic cement foreign body should be considered as a potential source of pulmonary embolism. There has been no report of an echocardiographic demonstration of intracardiac sclerosant in the RA following endoscopic sclerotherapy for varices, in addition to illustration of the entire sclerosant migration route. In the present case, portal-phase CT clearly visualized the entire sclerosant migration route along with thrombus on the sclerosant plug, thereby documenting that systemic migration of sclerosant occurs via a gastrosystemic venous shunt. This case indicates that systemic migration of sclerosant into an intracardiac chamber should be considered in patients with an intracardiac mass, especially with a history of previous sclerotherapy for variceal bleeding.

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