Association of Serum Calcium Levels with Renal Impairment and All-Cause Death in Chinese Patients with Newly Diagnosed Multiple Myeloma: A Cross-Sectional, Longitudinal Study

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Abstract

**Background:** A number of studies have shown that serum calcium has a crucial role in many types of cancers. However, few studies have determined the association between serum calcium levels and renal impairment (RI) and all-cause death in Chinese patients with multiple myeloma (MM).

**Methods:** Two hundred forty-six of 566 participants who were followed for > 6 months from a MM cohort at our institution between January 2011 and June 2017 were eligible for the retrospective study. A generalized additive model and smooth curve fitting were conducted to investigated the cross-sectional relationship between serum calcium level and RI and eGFR at baseline. Multivariate-adjusted Cox regression models were fitted to assess associations between baseline serum calcium levels and onset of end-stage renal disease (ESRD) or death in patients with MM followed for > 6 months.

**Results:** Using the IMWG criteria, 162 of 566 patients (28.6%) with newly diagnosed MM presented with RI. The mean duration of follow-up was 26.64 months. Twenty-one patients (8.54%) died and 28 patients (11.52%) had ESRD. The serum calcium level was independently associated with the occurrence of MM-related RI. There was a non-linear relationship between the serum calcium level and the presence of RI in patients with MM in the cross-sectional analysis of the baseline data. Cox regression analysis showed that baseline serum calcium levels were consistently associated with a higher risk of all-cause death after adjustment for various clinical and laboratory factors, but were not associated with the occurrence of ESRD. When patients were categorized into 2 groups according to baseline mean serum calcium level, deaths occurred in 13 patients (15.1%) with mean serum calcium level > 2.44 mmol/L compared to 8 patients (5.0%) with mean serum calcium level < 2.44 mmol/L (p < 0.05); Eighteen patients (11.46%) with a mean serum calcium level < 2.44 mmol/L progressed to ESRD compared to 13 patients (11.6%) with a serum calcium level > 2.44 mmol/L (p > 0.05).

**Conclusions:** This observational study showed that there was a non-linear relationship between the serum calcium level and the occurrence of RI. An elevated baseline calcium level can predict all-cause death in patients with MM, but cannot predict the occurrence of ESRD, suggesting that the serum calcium level may serve as a useful clinical biomarker for the survival rate of patients with MM followed for > 6 months. Additional data from larger prospective longitudinal studies are required to validate our findings.

1. **Introduction**

Multiple myeloma (MM) is a clonal B-cell malignancy of the bone marrow that is associated with a variety of clinical manifestations, including hypercalcemia, renal impairment (RI), anemia, and bone disease. MM is the second most common hematologic malignancy and accounts for 1% of all malignancies (1).

RI is a common complication of MM. Depending on the definition of RI (defined as a serum creatinine level > 2 mg/dL), this complication is reported in 15%–40% of patients with MM (2). RI can predict a poor prognosis in patients with MM. In fact, recent studies from Ireland (3) and the UK (4) have shown that...
survival in dialysis-dependent patients during the first weeks after diagnosis of MM has not improved substantially in recent years, despite the availability of novel drugs.

A number of studies have reported that serum calcium has a crucial role in many types of cancers, such as breast (5), ovarian (6), and prostate cancer (7). Serum calcium is also a novel parameter with which to assess metabolic syndrome in endometrial carcinoma (8). Myeloma bone disease can result in excess bone resorption, which causes excessive release of calcium leading to hypercalcemia (defined as a serum calcium concentration > 11.5 mg/dL or 2.85 mmol/L). Several cytokines, such as MIP-1α, RANKL, and DKK1, have significant roles in the exaggerated osteoclastic bone resorption in patients with MM (9,10). Hypercalcemia is a defining characteristic of symptomatic MM and observed in 20%-40% of newly diagnosed patients (11,12). Additional studies have shown that hypercalcemia is an important cause of renal failure in patients with MM (11,12). At the same time, hypercalcemia is associated with inferior survival and a two-fold increase in the risk of early mortality (13).

Early mortality is defined as death by any cause within the first six months following pathologic diagnosis of MM (14). Infection and renal failure are the main direct causes of early mortality, but cannot be accurately predicted based on the presenting prognostic features (15-17).

The main shortcoming with the existing research is that these studies only focused on the effects of hypercalcemia on bad prognosis, such as early mortality. Few similar studies have been conducted to investigate the association between serum calcium levels and all-cause death and RI in MM patients who have completed > 6 months of follow-up.

Therefore, we conducted a retrospective study to identify the relationship between the serum calcium level and MM-related RI and the estimated glomerular filtration rate (eGFR) at baseline by cross-section analysis. We also further determined whether elevated calcium levels predict all-cause death and renal failure in a cohort of MM patients followed for > 6 months.

2. Subjects And Methods

In this single center retrospective cohort study, we collected clinical and hematologic data from newly diagnosed MM patients at the First Affiliated Hospital of the Medical School at Zhejiang University from January 2011 to June 2017. MM was defined according to the International Myeloma Working Group (IMWG) criteria (14). The exclusion criteria were as follows: 1) missing clinical data and calcium and albumin values prior to chemotherapy; and 2) a history of kidney disease, severe infection, liver disease, or autoimmune disease; 3) history of other solid tumors; and 4) follow-up for < 6 months in the longitudinal study.

Our study was approved by the Ethics Committee of the First Affiliated Hospital (reference number: 20191380).

Data Collection and Laboratory Measurements
Baseline demographic and clinical data were retrieved electronically from the medical records of the general hospital registry and reviewed retrospectively. For MM patients with multiple admissions, only the first set of observation data was used, thus preserving the assumption of independence of observations.

The following indicators were evaluated: 1) demographic characteristics, including age, gender, and underlying disease (hypertension and diabetes); 2) laboratory data, including hemoglobin, serum calcium, serum creatinine, albumin, globulin, serum/urine light chain protein, lactate dehydrogenase (LDH), and beta-2 microglobulin; 3) anti-myeloma therapy regimen; 4) duration of follow-up; 5) serum creatinine at the last follow-up evaluation, time of death, or dialysis; 6) serum calcium and albumin levels (Cobas Integra reagents; Roche Diagnostics, Switzerland).

Albumin-adjusted serum calcium was calculated using the following formula: serum albumin-corrected calcium (mg/dL) = total calcium (mg/dL) + 0.8 × [4 – albumin (g/dL)] (18-20).

**Investigation of Study Outcomes**

First, we conducted a cross-sectional study to determine the relationship between the serum calcium level, eGFR, and RI. The definition of RI, according to the novel IMWG criteria for symptomatic MM, is based on an elevated sCr > 2 mg/dL or reduced creatinine clearance (eGFR < 40 mL/min). Evaluation of the eGFR was assessed by the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) (21-23).

We also determined whether elevated serum calcium levels predict kidney disease outcomes and all-cause deaths. If patients were not lost to follow-up or died > 6 months beyond the designated follow-up period, the information up to the final recorded visit was used.

Primary outcome was the onset of end-stage renal disease (defined as the initiation of renal replacement therapy or an eGFR < 15 ml/min) or death.

**Statistical analysis**

Continuous data are expressed as the mean ± standard deviation or median. Categorical variables are presented as a number or percentage. The difference between two groups was assessed using a Student’s t-test, chi-squared test, or Mann–Whitney U test, as appropriate.

We then used a multivariable linear regression model to estimate the independent relationship between the serum calcium level and the presence of RI at baseline with an adjustment for potential confounders. A generalized additive model and smooth curve fitting (penalized spline method) were conducted to investigated the cross-sectional relationship between serum calcium level and RI and eGFR at baseline. We further used a two piecewise linear regression model to identify the non-linear relationship. If a non-linear correlation existed, a two piecewise linear regression model was used to calculate the threshold effect of the calcium concentration on MM-related RI in terms of the smoothing plot. When the threshold level was apparent on the smoothed curve, the inflection point was automatically calculated by the recursive method and the maximum model likelihood was used [24-25].
A Cox proportional hazards model was used to identify independent variables for the primary end point. Results were presented as hazard ratio (HR) and 95% confidence interval (CI). In addition, time-dependent receiver operating characteristic curve (ROC) analysis was used to evaluate the prognostic value of the calcium level for the outcome. The area under the curve was calculated for the calcium level. All probabilities were two-tailed, and statistical analysis was performed using Empower Stats (www.empowerstats.com; X & Y Solution, Inc., Boston, MA, USA) and R software (http://www.R-project.org) [25]. A p-value < 0.05 was considered significant.

3. Results

Of the 602 participants, 38 were excluded from this study, such that 566 patients were enrolled. Three hundred two patients were lost to follow-up due to abandoning treatment or returning to a local hospital. Two hundred forty-six patients with newly diagnosed MM were followed for > 6 months. The specific details of enrollment and exclusion are shown in Figure 1. The baseline characteristics of the study population are listed in Table 1.

Relationship between the serum calcium level and the occurrence of RI based on cross-section analysis

The mean age was 63.1 ± 10.1 years; 61.6% of the 566 patients were men with newly diagnosed MM. Using the IMWG criteria, 162 of the 566 patients (28.6%) with newly diagnosed MM presented with RI. The median serum calcium level was 2.45 mmol/L. Hypercalcemia was noted in 11.3% of newly diagnosed MM patients when the serum calcium level were was albumin-adjusted, but the incidence of hypercalcemia was 7.42% of newly diagnosed MM patients if the serum calcium level was not albumin-adjusted. The incidence of hypercalcemia in this study was lower than the 20%–40% reported in the literature [26,27].

Correlation analysis revealed that the serum calcium level was positively correlated with RI (β = 0.156, p < 0.001), the serum globulin level (β = 0.003, p < 0.001), the serum kappa light chain level (β = 0.001, p = 0.01578), the serum beta-2 microglobulin level (β = 0.001, p < 0.001) and ISS international staging system stage (β = 0.230, p < 0.001), and negatively correlated with the eGFR (β = -0.002, p < 0.001), hemoglobin level HB (β = -0.004, p < 0.001), and albumin level (β = -0.016, p < 0.001).

Based on multivariable linear regression analysis adjusted for these variables, the serum calcium level was independently associated with RI (Table 2).

Figure 2 is a smoothing plot of the serum calcium level versus RI and eGFR. The curve shows that there was a negative correlation between the serum calcium level and the eGFR, and the relationship between the serum calcium level and RI was not simply linear. Specifically, as shown in Table 3, threshold effect analysis indicated that the incidence of RI increased as the serum calcium level increased, up to 2.30 mmol/L. In patients with a serum calcium level < 2.30 mmol/L, the serum calcium level was not
significantly associated with RI in MM patients ($\beta = 0.10, p = 0.108$). In patients with a serum calcium level > 2.30 mmol/L, the correlation coefficient of RI was positive ($\beta = 6.2, p < 0.001$).

**Serum calcium level, ESRD, and all-cause death**

To evaluate the prognostic value of the serum calcium level in MM patients followed for > 180 days, patients were categorized into 2 groups according to the mean serum calcium level (2.44 mmol/L), and the clinical outcomes were compared (Table 4).

Patients who were followed for at least 6 months were included in the study. A total of 246 patients were studied in this observational cohort. The mean age was 61.41 ± 9.73 years and 62.20% were men. The mean duration of follow-up was 26.64 months. Twenty-one patients (8.54%) died and 28 patients (11.52%) had ESRD after diagnosis. Of these patients, 18 (11.46%) with a mean serum calcium level < 2.44 mmol/L developed ESRD compared with 13 patients (11.6%) who had a serum calcium level > 2.44 mmol/L ($p > 0.05$). Moreover, all-cause deaths occurred in 13 patients (15.1%) with a mean serum calcium level > 2.44 mmol/L and 8 patients (5.00%) with a mean serum calcium level < 2.44 mmol/L ($p < 0.05$; Table 4).

Correlation analyses based on univariate regression revealed that all-cause deaths correlated with the serum calcium level ($\beta = 4.817, p < 0.001$), Lactate dehydrogenase (LDH) ($\beta = 1.004, p < 0.001$), RI ($\beta = 4.817, p = 0.05$) and eGFR ($\beta = 0.983, p = 0.01$).

In Cox regression analysis adjusted for demographic and clinical factors of age, gender, an increase in the serum calcium level was significantly associated with an increase in the risk of the all-cause death (HR, 4.82; 95% CI, 2.37–9.78; $p < 0.001$; Table 5 [model 1]). Furthermore, the fully adjusted model, including RI, LDH, HB, albumin, serum beta 2 microglobulin, serum urinary kappa or lambda light chains, and anti-myeloma therapy regimen, showed a significant increase in risk of adverse outcomes conferred by the serum calcium level (HR, 5.72; 95% CI, 2.09–15.63; $p < 0.001$; Table 5 [model 2]). We also did a separate analysis in which the serum calcium level was treated as a categorical variable by the mean. The risk of all-cause death was significantly higher in patients with a mean serum calcium level > 2.44 mmol/L than in patients with a serum calcium level < 2.44 mmol/L (HR, 6.99; 95% CI, 1.61–30.41; $p < 0.01$; Table 5). A Kaplan-Meier curve revealed that event-free survival for the all-cause death outcome was significantly lower in patients with a serum calcium level > 2.44 mmol/L compared to patients with a serum calcium level < 2.44 mmol/L ($p = 0.0063$; Fig. 3).

In this study we showed that the serum calcium level does not predict ESRD in a Cox regression model (HR = 0.85; 95% CI, 0.29, 2.48; $p = 0.771$; Table 5). An increase in the serum calcium level was not associated with an increased risk of ESRD (Fig. 4).

To evaluate the operating characteristics of the serum calcium level as a prognostic value for all-cause death in MM patients followed for > 6 months, we conducted a time-dependent ROC analysis for the serum calcium level in comparison with RI (Fig. 5). The areas under the ROC curve for the serum calcium
level at 12, 27, and 46 months were 0.705, 0.699, and 0.763, respectively; however, the areas under the ROC curve for RI were 0.736, 0.63, and 0.573, respectively (p = 0.225).

4. Discussion

In this study we showed that the serum calcium level was higher in patients with MM-related RI and was associated with MM-related RI and the baseline eGFR in patients with MM. We also showed a non-linear relationship between the serum calcium level and the presence of RI in patients with MM. We demonstrated that high serum calcium levels significantly predicted all-cause death for patients followed for > 6 months, suggesting the serum calcium level is a biomarker for the MM survival rate. We also found, however, that high serum calcium levels do not predict the occurrence of ESRD in MM patients.

RI is a common feature of MM and may provide a clue to diagnosis and cause a major management problem. This complication occurs in 20%–40% of newly diagnosed patients with MM. Using the IMWG criteria, 162 of 566 patients (28.6%) with newly diagnosed MM presented with RI. The two-year all-cause mortality of patients with ESRD due to MM-related RI was 58% versus 31% in all other patients without RI (22).

Hypercalcemia is the second most common cause of renal failure in patients with MM, following free light chains (12-13). Some researchers are of the opinion that hypercalcemia and/or Bence-Jones proteinuria explain renal failure in 97% of patients (12-13). Hypercalcemia interferes with renal function and impairs the renal concentrating ability, causes vasoconstriction of the renal vasculature, and enhances diuresis, which may result in hypovolemia and pre-renal azotemia. Concentrated urine and reduced urine flow enhance cast formation, thus leading to further renal damage.

Hypercalcemia is observed approximately in 15% of newly diagnosed patients (26,27). The results from 566 Chinese MM patients in this study showed that the incidence of hypercalcemia was 11.31% (albumin-adjusted) or 7.42% (albumin with adjustment). A number of studies have focused on the effects of hypercalcemia on MM-related RI and clinical outcomes (12-13), but few studies have investigated the association between the serum calcium level and MM-related RI in patients with MM. More importantly, the clinical implication of the serum calcium level associated with ESRD and all-cause death is unknown. This is the first study to show that the serum calcium level may act as a useful prognostic marker in MM patients followed up for > 6 months. Our study clearly showed that there was a negative correlation between the serum total calcium level and the eGFR. Our finding of higher serum calcium levels in patients with a reduced eGFR is consistent with results from a recent study by Zagouri et al. (13), who reported that hypercalcemia is associated with a lower eGFR and is an independent risk factor. Our study confirmed that the serum calcium level is associated with MM-related RI. More importantly, we showed that there is a non-linear relationship between the serum calcium level and RI. There was a positive correlation between the serum calcium level and RI when the serum calcium level was > 2.3 mmol/L (p < 0.05) based on our cross-sectional analysis.
ESRD, especially in patients undergoing long-term dialysis, has a worse prognosis. Unfortunately, the serum calcium level was shown to be correlated with MM-related RI, but was not an independent risk factor for ESRD in MM patients followed up for > 6 months.

Early mortality was defined as death by any cause within the first six months following pathologic diagnosis of MM. Early mortality after diagnosis of MM is often attributed to combined effects of active disease and co-morbid factors. Recent population studies have shown that nearly one in four patients with MM die within one year of diagnosis, and nearly half of the deaths occur within the first three months (15-17).

Infection and renal failure are the main direct causes of early mortality, which cannot be accurately predicted by presenting prognostic features (15-17). Therefore, patients with relatively stable conditions were selected for this study, and these patients included in the study completed at least six cycles of chemotherapy.

In fact, we demonstrated that more patients with a serum calcium level greater than the mean value resulted in death compared with patients with a serum calcium level lower than the mean value. Furthermore, a higher serum calcium level was consistently associated with a higher risk of all-cause death in multivariable models after adjustment for various clinical and laboratory factors. After at least six months of follow-up, the mortality rate of patients with a serum calcium level greater than the mean value (2.44 umol/l [not hypercalcemia]) was six times higher than patients with a serum calcium level below the mean value.

In the era of conventional chemotherapy (CC), RI is associated with a poor median survival time of approximately two years (28-30). Severe RI is also associated with as increased risk of early death (31-32). The use of novel anti-myeloma drugs results in an increase in the survival of patients with MM and RI. We found that the areas under the ROC curves of serum calcium levels and RI did not differ. These findings imply that both the serum calcium level and RI independently predict adverse outcomes, and the prognostic utility of these markers is similar (p = 0.225).

Our study had several limitations. First, the limitations of our study included the observational design, retrospective ascertainment of the serum creatinine level, the serum calcium level at a single time point late during the course of newly diagnosed MM, and the potential misclassification of study measurements. Second, after a clear diagnosis of MM, because some patients returned to the local hospital for treatment, some patients were followed for < 6 months, so they were not included in this study. Third, whether the albumin correction is required for total calcium in peripheral blood has been controversial in recent years. This study was mainly based on albumin correction; however, we also analyzed total calcium without albumin correction, and the results did not change.

In conclusion, our study showed that the baseline serum calcium level was associated with RI in Chinese patients with newly diagnosed MM. There was a non-linear relationship between the serum calcium level and RI. An elevated baseline calcium level can predict all-cause death in patients with MM, but cannot...
predict the occurrence of ESRD, suggesting that an elevated serum calcium level may serve as a useful clinical biomarker for the survival MM patients followed for > 6 months. However, our findings are hypothesis-generating based on results of retrospective observational studies; thus, further studies with a larger number of patients are required to validate our findings.

**Abbreviations**

multiple myeloma:MM; Renal impairment:RI; IMWG:International Myeloma Working Group; ISS stage: international staging system ; Lactate dehydrogenase:LDH; Glomerular Filtration Rate:GFR; CIs: Confidence intervals.

**Declarations**

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**Availability of data and materials**

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

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**Author Contributions**

This study was designed and supervised by Jianghua Chen and Jun Cheng. Data analyses were performed by Yi Zhao, XiayuLi,RongLv,HengLi. Data interpretation and manuscript writing received contributions from all authors. All authors read and approved the final manuscript.

**Ethics approval and consent to participate**

This study was approved by the Clinical Research Ethics Committee of the First Affiliated Hospital of Zhejiang University. The institutional review board approved this procedure. All participants gave written informed consent before inclusion in the study

**Consent for publication**

All authors have seen and approved the manuscript being submitted.

**Competing interests**
The authors declare that they have no competing interests.

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Tables
### Table 1  Demographics of patients with MM

|                      | MM patients in Cross-section analysis group | MM patients followed for at least 6 months |
|----------------------|--------------------------------------------|--------------------------------------------|
| N                    | 566                                        | 246                                        |
| Age (year)           | 63.1 ± 10.1                                | 61.4 ± 9.7                                 |
| Gender               |                                            |                                            |
| Female               | 220 (38.9%)                                | 93 (37.80%)                                |
| Male                 | 346 (61.1%)                                | 153 (62.20%)                               |
| Hemoglobin (g/l)     | 91.2 ± 25.5                                | 95.6 ± 24.6                                |
| Serum globulin (g/l) | 49.8 ± 26.0                                | 50.6 ± 26.3                                |
| Serum albumin (g/l)  | 35.1 ± 7.9                                 | 36.2 ± 8.2                                 |
| serum creatinine level (umol/L) | 184.5 ± 227.9                        | 140.0 ± 131.0                              |
| Serum calcium (mmol/l) | 2.33 ± 0.4                               | 2.34 ± 0.36                                |
| albumin-adjusted serum calcium (mmol/l) | 2.45 ± 0.4                       | 2.44 ± 0.38                                |
| Serum kappa light chain (mg/dl) | 2245.7 ± 3098.0                      | 2256.96 ± 3048.79                         |
| Serum lambda light chain (mg/dl) | 1380.6 ± 2296.5                     | 1274.93 ± 1912.93                         |
| Urinary kappa light chain (mg/dl) | 187.5 ± 544.3                        | 197.86 ± 635.22                           |
| Urinary lambda light chain (mg/dl) | 324.8 ± 1025.7                     | 328.88 ± 1102.17                          |
| Serum beta 2 microglobulin (ug/l) | 7987.6 ± 7517.0                   | 7159.32 ± 6780.31                         |
| Lactate dehydrogenase (u/l) | 204.5 ± 136.2                       | 190.89 ± 98.01                            |
| Follow-up time (months) | —                                        | 26.64 ± 17.59                            |
| renal impairment     |                                            |                                            |
| No                   | 404 (71.4%)                                | 188 (76.42%)                               |
| Yes                  | 162 (28.6%)                                | 58 (23.58%)                                |
| Antimyeloma Therapy regimen |                      |                                            |
| Traditional chemotherapy | ---                                    | 159 (65.43%)                              |
| Variable                  | The occurrence of RI |
|---------------------------|----------------------|
|                           | Crude model          | Minimally adjusted model | Fully adjusted model |
|                           | (β, 95%CI, P)         | (β, 95%CI, P)            | (β, 95%CI, P)        |
| Serum calcium level mmol/l | 3.0 (1.9, 5.0) <0.001 | 3.0 (1.8, 4.9) <0.001    | 3.6 (1.8, 7.1) <0.001 |
| Mean serum calcium mmol/l |                      |                        |                        |
| <2.45                     | 1.0                   | 1.0                     | 1.0                    |
| >=2.45                    | 1.7 (1.2, 2.5) 0.004  | 1.7 (1.2, 2.5) 0.005    | 1.8 (1.1, 3.1) 0.016  |

Note:
Non-adjusted model adjust for: None
Adjust I model adjust for: AGE; Gender.; hypertension history; diabetes history
Adjust II model adjust for: AGE; Gender.; hypertension history; diabetes history; LDH, HB, serum globulin and ISS-stage, serum albumin, serum /Urinary kappa light chain, serum /Urinary lamda light chain and serum beta 2 microglobulin
Table 3. Threshold Effect Analysis of serum calcium level and the presence of RI using Piece-wise Linear Regression

| Model I | Result $[\beta$ (95%CI)] | $P$ value |
|---------|--------------------------|-----------|
| one-line linear regression model | 2.80 (1.4, 5.6) | 0.004 |

| Model II | | |
|----------|--------------------------|-----------|
| turning point | 2.30 mmol/L | |
| Group1 $<2.3$ | correlation coefficient ($\beta_1$) | 0.10 (0.0, 2.3) | 0.108 |
| Group2 $>2.3$ | correlation coefficient ($\beta_1$) | 6.20 (1.9, 10.2) | <0.001 |
| predictive value of RI at turning point | -1.40 (-1.7, -1.1) | |
| a log likelihood ratio test | 0.011 | |

**Note:**
Effect: albumin-adjusted serum calcium level  Cause: Myeloma-Related RI
Adjusted for AGE; Gender; hypertension history; diabetes history LDH, serum /Urinary kappa light chain, serum /Urinary lambda light chain, HB, Serum globulin and ISS-stage, serum albumin, serum beta 2 microglobulin
Table 4. Clinical Outcomes according to mean serum calcium level

| Variable                  | mean serum calcium level | mean serum calcium level | P-value* |
|---------------------------|--------------------------|--------------------------|----------|
|                           | <2.44umol/L              | >2.44umol/L              |          |
| N                         | 160                      | 86                       |          |
| Age (year)                | 60.7 ± 9.8               | 62.7 ± 9.6               | 0.197    |
| Follow-up time (month)    | 27.4 ± 18.8              | 25.2 ± 15.1              | 0.730    |
| Gender                    |                          |                          | 0.23     |
| Female                    | 62 (38.8%)               | 31 (36.0%)               |          |
| Male                      | 98 (61.3%)               | 55 (64.0%)               |          |
| ESRD.                     |                          |                          | 0.970    |
| No                        | 139 (88.5%)              | 76 (88.4%)               |          |
| Yes                       | 18 (11.5%)               | 10 (11.6%)               |          |
| All-cause death           |                          |                          | 0.015    |
| No                        | 152 (95.0%)              | 73 (84.9%)               |          |
| Yes                       | 8 (5.0%)                 | 13 (15.1%)               |          |
Table 5: Relationship between serum calcium level and All-cause death and ESRD in different models

| Variable                  | All-cause death | ESRD |
|---------------------------|-----------------|------|
|                           | Crude model     | Minimally adjusted model | Fully adjusted model |
|                           | (β, 95%CI, P)   | (β, 95%CI, P)            | (β, 95%CI, P)       |
| Serum calcium level mmol/l| 4.82 (2.37, 9.78) | 4.95 (2.36, 10.37)       | 5.72 (2.09, 15.63)  |
|                           | <0.0001         | <0.0001                    | 0.0007              |
| Mean serum calcium mmol/l |                |                             |                     |
| <2.44                     | 0               | 0                            | 0                   |
| >=2.44                    | 41.13 (1.62, 10.51) | 42.17 (1.66, 11.01)       | 6.99 (1.61, 30.41)  |
|                           | 0.0029          | 0.0026                       | 0.0095              |

Note:
Non-adjusted model adjust for: None
Adjust I model adjust for: AGE; Gender.; hypertension history; diabetes history
Adjust II model adjust for: AGE; Gender.; hypertension history; diabetes history; LDH, serum /Urinary kappa light chain, serum /Urinary lambda light chain, HB, serum globulin and ISS-stage, serum albumin and serum beta 2 microglobulin

Figures
602 patients with newly diagnosed multiple myeloma from January 1st 2011 to June 1st 2017

10 patients were eliminated because of history of other solid tumors.

18 patients were eliminated because of a history of kidney disease, severe infection, liver disease or autoimmune diseases.

8 patients were eliminated because of lack of serum calcium and albumin data.

566 patients with newly diagnosed multiple myeloma were included in the study.

302 patients lost to follow-up due to abandoning treatment or returning to local hospital.

18 patients died within 6 months follow-up of MM diagnosis.

246 patients with newly diagnosed multiple myeloma were included in the study because the follow-up was more than six months.

Figure 1

Flow chart of participants in the cohort. 566 patients were enrolled in the cross-sectional study. Of these, 320 patients were excluded and 246 patients with newly diagnosed MM were followed for > 6 months were enrolled in the longitudinal study. Abbreviations: MM, multiple myeloma.
Figure 2

Cross-sectional associations of serum calcium level with estimated glomerular filtration rate (eGFR) (A) and Myeloma-Related RI (B) by using in a generalized additive model and smooth curve fitting. There was a negative correlation between the serum calcium level and the eGFR (p<0.01). A nonlinear relationship about serum calcium level versus RI was detected (p<0.01) after adjusting for age; Gender, LDH, Urinary kappa/Lamda light chain, serum kappa/Lamda light chain, HB, ISS-stage, serum albumin, serum beta 2 microglobulin.
Figure 3

Kaplan-Meier curves of all-cause death outcome according to mean serum calcium levels. Compared with patients with serum calcium levels > 2.44 mmol/L, all-cause death was significantly lower in patients with serum calcium levels < 2.44 mmol/L (P = 0.0063).
Figure 4

Kaplan-Meier curves of ESRD outcome according to mean serum calcium levels. Compared with patients with serum calcium levels > 2.44 mmol/L, ESRD events was no difference in patients with serum calcium levels < 2.44 mmol/L (P = 0.771).
Figure 5

Time-dependent receiver operating characteristics curves of (A) serum calcium levels (B) Myeloma-Related RI, (C) serum calcium levels (black) Vs Myeloma-Related RI (red). The areas under the ROC curve for the serum calcium level were 0.695, however, the areas under the ROC curve for RI were 0.587, respectively. There was no different (p = 0.225).