Research Article

NH2 linker for femtomolar label-free detection with reduced graphene oxide screen-printed electrodes

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Surface modification with linker molecules is necessary for the effective immobilization of bioreceptors and for improving the performance of biosensors. In this work, we present a novel functionalization technique to attach amine (NH2) linker on graphene-based sensor surfaces. This is achieved by reacting the commercially available reduced graphene oxide (rGO) screen-printed electrodes (SPES) with ammonia solution at room temperature. The NH2 linkers are attached predominantly on the edge and defect sites of rGO SPE through chemisorption as shown by XPS, Raman and FTIR analysis. The functionalized SPEs are further characterized using morphological and electrochemical techniques. The validation of the linker is done by using the functionalized SPEs for the detection of Aβ1-40 and Aβ1-42 biomarkers. A limit of detection (LOD) of 9.51 fM is achieved over a linear dynamic range of 10 fM-10 pM for Aβ1-40. Similarly, LOD of 8.65 fM is achieved over a linear dynamic range of 10 fM-50 pM for Aβ1-42. This excellent sensitivity is attributed to the functionalization of rGO surface with NH2 linker, which provides a large number of binding sites for bioreceptors. High specificity for the target biomarkers over interfering Aβ and ApoE ε4 species is also demonstrated. The biosensor is further validated for the analysis of spiked human plasma. The proposed technique provides a promising approach for improving the detection sensitivity of graphene biosensors for application in biofluids based minimally invasive and cost- and time-efficient disease diagnosis.

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1. Introduction

In recent years, there has been an increasing demand for rapid, sensitive, minimally invasive, and reliable diagnostic platforms to facilitate the monitoring of chronic diseases [1,2]. This has led to extensive research in the field of biosensors because of their ability to detect biomarkers in a cost- and time-efficient manner [3,4]. Biosensors are analytical devices consisting of specific bioreceptors to interact with biological samples and transducers to convert these interactions into quantifiable data [5,6]. The immobilization of bioreceptors on the sensor surfaces is a crucial step, which directly influences the sensing performance and is often achieved through specific linker chemistry [3,7]. Linker conjugation with nanomaterials such as graphene and reduced graphene oxide (rGO) has been shown to improve the performance of biosensors [8–10]. This is attributed to their high conductivity [11], large surface-to-volume ratio [12] and ease of surface functionalization [10,13] of graphene surfaces. Consequently, several graphene platforms based on different linker chemistries have been developed for the detection of various disease biomarkers [9,14–16]. However, insufficient sensitivity and non-specific bindings are major drawbacks, which limit their clinical applications [17]. Moreover, the multiple surface modification steps prior to immobilization of bio receptors often complicates the fabrication process and increase the overall cost [18,19].

Recently, a paper-based graphene biosensor with electro polymerized aniline (PANI) layer was developed for the detection of human interferon-gamma (IFN-γ), a biomarker for tuberculosis [20]. PANI was used for signal amplification and linking the antibody on the graphene surface. The amine groups of PANI were

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activated with a commonly used 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide hydrochloride (EDC) - N-hydroxysuccinimide (NHS) coupling chemistry. EDC is a zero-length cross linker, which is reactive towards the carboxyl and amine groups, while NHS is a reagent that stabilizes the intermediates formed during the two-step conjugation [21]. Although, the biosensor has limit of detection (LOD) in picomolar (pM) range, multiple surface modification steps increased the complexity of the fabrication process. Another biosensor based on carboxyl-enriched porous carbon/graphene electrode used EDC-NHS chemistry for the detection of engrafted-2 (EN2), a prostate cancer biomarker [17]. The LOD of the biosensor was found in the nanomolar (nM) range, which is inadequate for clinical diagnostics of EN2. Moreover, the biosensor failed to show applicability in the real bio fluidic samples. Our previous work [10] investigated the use of pyrenebutyric acid N-hydroxysuccinimide ester (Pyr-NHS) linker for improving the performance of biosensors. The modification of graphene/rGO dual-layer with Pyr-NHS provided a specific and reliable tool for the detection of Aβ1-42, an Alzheimer’s disease (AD) biomarker, from plasma samples [10]. Linker chemistry was based on the non-covalent attachment of Pyr-NHS on the rGO surface without adversely affecting its structure [22]. Pyr-NHS has also been successfully used for developing a sensitive and reliable biosensor for the detection of Clusterin, another AD biomarker [22,23]. However, the LOD of these biosensors was found in pM ranges, which is insufficient in identifying different stages of AD [24,25] and/or detect certain biomarkers in the early stages [26]. The higher LOD is attributed to the bulkiness of the Pyr-NHS group, which contains one functional group per molecule and thus, provides less number of binding sites for bioreceptors [27].

The direct approach of attaching primary amines (NH₂) on the sensor surface has shown potential for the effective immobilization of bioreceptors [28]. Unlike Pyr-NHS, the NH₂ molecule is small and therefore attaches on the surface in higher numbers to provide large number of binding sites [29]. This increases the probability of attaching a higher number of bioreceptors to capture the target biomarker. However, the functionalization process is usually based on complex reactions, which are time consuming and involves complicated instruments [28–30].

In this work, a novel technique for the functionalization with NH₂ linker has been developed using commercially available rGO screen-printed electrode (SPEs). XPS, Raman and FTIR analysis show that functionalization chemistry is based on the chemisorption of NH₂ linker predominantly on the defect and edge sites of rGO without damaging its structure [31–33]. Femtomolar (fM) detection and high specificity were demonstrated for Aβ1-40 and Aβ1-42 biomarkers of AD. The biosensors are further validated with human plasma spiked with different Aβ1-40 and Aβ1-42 concentrations to confirm its reliability for biofluidic analysis.

2. Experimental section

2.1. Reagents

Ammonium hydroxide/solution/ammonia solution (ACS reagent, 28–30% NH₃ basis), phosphate buffered saline (PBS), potassium ferricyanide (K₃Fe(CN)₆), potassium chloride (KCl), bovine serum albumin (BSA), Eppendorf® LoBind microcentrifuge tubes, human Aβ1-42 peptides and human plasma were purchased from Sigma Aldrich (Dorset, UK). Aβ1-40 and ApoE-ε4 peptides were obtained from Tocris (UK). Aβ1-40 antibody was obtained from Biolegend, UK. Pierce™ recombinant protein G and Aβ1-42 antibody (H31L21) were purchased from Thermo Fisher Scientific (USA).

2.2. Apparatus

The rGO-modified SPEs and µstat ECL potentiostat were purchased from Metrohm DropSens (UK). Differential pulse voltammetry (DPV) and cyclic voltammetry (CV) measurements were performed at room temperature using a µstat ECL potentiostat and controlled by DropView 8400 2.0 software.

Raman spectroscopy of the electrode was carried out using a XPLORA HORIBA system with a 532 nm laser source, scan range of 1100–2000 cm⁻¹, a 100x objective lens with a power of 100 mW, and an exposure time of 5–60 s. Thermo Scientific™ Nexsa™ system was used for performing the X-ray photoelectron spectroscopy (XPS) analysis with a monochromatic X-ray source (1486.68 eV). For the wide scan, pass energy was 200 eV with a step size of 1 eV and 10 scans. For the high-resolution scan, pass energy was 40 eV with a step size of 0.1 eV and 20 scans. Morphological characterization was performed with JEOL 6610 LV scanning electron microscope (SEM) from Oxford Instruments of 30 kV.

2.3. Electrochemical measurements

The measurements were performed with an electrolyte solution of 10 mM potassium ferricyanide solution and 1 M KCl solution as the supporting electrolyte. CV was acquired at the scan rate of 50 mV s⁻¹ from −0.2 to 0.5 V without applying any pre-conditioning potential or accumulation time. The data were acquired at the working potential of −310 mV. DPV was recorded from −0.15 V to +0.45 V at the scan rate of 50 mV s⁻¹, pulse amplitude of 50 mV, step potential of 10 mV and pulse period of 0.4 s. The data were acquired at the working potential of −165 mV.

2.4. Fabrication of biosensor

First, rGO SPEs were immersed in ammonia solution (containing 28–30% NH₃) for 30 min at room temperature referred to as ammonia treatment [62]. After that, the electrodes were gently dried with nitrogen and kept in vacuum until further use. The Aβ1-42 antibody solution (20 μg/mL) was mixed in the ratio of 70:30 with protein G (20 μg/mL) using a vortex mixer. This mixture was kept at room temperature for 30 min to enable strong bond formation. The Aβ1-40 antibody (20 μg/mL) and protein G (20 μg/mL) mixture was prepared in the same ratio (70:30). Then, ammonia-treated SPEs were incubated in the antibody and protein G mixture for 6 h at room temperature. Subsequently, the SPEs were washed with PBS buffer for removing any unbound antibodies. Finally, 1% BSA (in PBS) was drop coated onto the SPEs for 15 min followed by rinsing with PBS. All the incubation time periods were optimised to achieve the highest sensitivity for the proposed biosensor (Supplementary information, Fig. S3).

2.5. Interaction of biomarkers with the sensor

The desired dilutions of Aβ1-40 and Aβ1-42 peptides were freshly prepared in PBS by vortex mixing for 20 s. The prepared peptides were kept on ice during the experiments. Next, 10 μL of each peptide solution was drop casted on the biosensor and incubated at room temperature for 1 h. The sensor was then rinsed with PBS to remove any unbound peptides. The measurement time for each sensor is approximately 3–4 min.

2.6. Spiked sample analysis

Human plasma was diluted with PBS in the ratio of 1:100. The desired dilutions of the two biomarkers were prepared in plasma by vortex mixing for 20 s. The biosensors were then incubated with...
spiked samples for 60 min followed by washing with PBS and measurement.

3. Results and discussion
3.1. XPS analysis

XPS analysis was performed to estimate the chemical states and atomic ratio of bare rGO (black) and ammonia-treated rGO (red). The wide region spectra of both surfaces show carbon (C) (~284 eV), nitrogen (N) (~400 eV) and oxygen (O) (~532 eV) peaks (Fig. 1(a)). The presence of N peak in bare rGO can be attributed to the chemicals involved in the reduction of graphene oxide [9]. The atomic percentage (at%) of the samples were calculated using the CasaXPS software. After the ammonia treatment, the at% of N increases from 0.6 to 1.2, which indicates the adsorption of N-containing functional groups on the surface of rGO [34]. Additionally, at% of C and O species for bare and ammonia-treated rGO was also calculated as shown in Table S1. To further confirm the adsorption of NH3 or NH2, the nature of C and N species was analysed. The C1s high resolution spectra of ammonia-treated rGO (Fig. 1(b)) demonstrate three peaks emerging from C–C/C=C in aromatic rings (~284.5 eV), C=O/C–N (~286.6 eV) and O–C=O (~288.6 eV) bonds [9,35,36]. The C–N peaks appear at the same ranges as C–O, which is the reason for a significant increase in the peak at ~286.6 eV as compared to bare rGO electrode [37–41]. The N1s high resolution spectra, as shown in Fig. 1(c), can be deconvoluted into two peaks, namely C–N (~400 eV) from amines (NH2) and C–N+ (~402 eV) from quaternary nitrogen [34]. After the treatment, the peak height of C–N doubled while no significant

![Fig. 1. Spectral analysis of the SPE before and after the ammonia treatment (a) overall scan; (b) C1s scan; (c) N1s scan and (d) Raman Spectra. (A colour version of this figure can be viewed online.)](image-url)
shift was observed in the C–N\(^+\) peak as compared to that of bare rGO \([34,42]\). These results indicate that the ammonia treatment leads to loading of NH\(_2\) molecules on the rGO surface through chemisorption.

3.2. Raman analysis

Raman spectra of rGO and ammonia-treated rGO is shown in Fig. 1(d) with signature D and G bands. D band represents the out-of-plane vibrations in disordered structures whereas G band is associated with in-plane vibrations of ordered sp\(^2\) C atoms in the graphitic structures \([43]\). Ratio of the intensity of D to G band (I\(_D\)/I\(_G\)) illustrates the structural defect in rGO lattice \([9]\). After the ammonia treatment, D band remains at ~1340 cm\(^{-1}\), however, a slight shift in the G band from ~1580 cm\(^{-1}\) to ~1575 cm\(^{-1}\) is observed. Similar shifts have been observed in the literature for amine functionalized graphene materials \([44,45]\). Further, I\(_D\)/I\(_G\) increases from 0.67 for bare rGO to 0.72 for ammonia-treated rGO. This suggests that chemisorption of NH\(_2\) introduces some defects in rGO lattice due to the chemical bonding, which leads to an increase in sp\(^3\) planar carbon atoms \([44,46]\). However, the increase is not significant, which confirms that no major defects were introduced into the rGO structure. This indicates that NH\(_2\) groups are attached on the available active sites on rGO without affecting its honeycomb lattice. In addition, slight increase is also observed in full width at half maximum (FWHM) for ammonia-treated rGO. These changes confirm the successful attachment of amine groups on the rGO surface \([44,47,48]\).

3.3. Reaction mechanism

Surface chemistry of rGO functionalization is proposed based on the XPS, Raman and FTIR analysis (Supplementary information, Fig. S2). The reaction of ammonia solution (NH\(_3\), H\(_2\)O) with rGO can occur either by chemisorption of NH\(_2\) groups on the edge/defect sites and oxygen functionalities as shown in Fig. 2 \([31]\) or by replacement of carbon (C) atoms in the lattice with nitrogen (N) atom \([47]\). However, the latter is not possible without the application of high temperature and pressure \([47]\) and can lead to changes in the electronic properties of rGO affecting its sensing performance \([7]\). Therefore, chemisorption of NH\(_2\) is the only possibility for the present study, which can occur in one of the following ways:

**Case 1.** NH\(_2\)/ defect sites or carbon vacancy: This is the most plausible mechanism as rGO flakes have many vacant/ defect sites, particularly around the edges \([49]\). There are many available sites for the attachment of NH\(_2\) as the electrode is made of stacks of rGO flakes. The NH\(_3\)/NH\(_4\)\(^+\) present in ammonia solution can interact with C atoms resulting in adjacent C–NH\(_2\) and C–H bonds (Fig. 2) \([32,50]\). The defect sites create a state of non-equilibrium in the structural network and therefore readily bond with NH\(_2\) to stabilize it \([33]\). This is a common phenomenon observed in case of CNTs where the defect site chemistry has been quite useful for attachment of functional groups on the surface \([51]\). The successful functionalization of the rGO surface is confirmed with C1s and N1s high resolution spectra (Fig. 1(b, c)) that depicts an increase in the intensity of C–N peak from amines at ~286.6 eV and ~400 eV respectively. Raman spectra (Fig. 1(d)) depicts that no major defects were introduced during the functionalization process, which further confirms that the chemisorption does not adversely affect the honeycomb structure of rGO. Further, FTIR analysis (Fig. S2) shows the peaks at 3371, 1100 and 1066 cm\(^{-1}\) exhibiting N–H stretch vibrations and C–N stretch.

![Fig. 2. Chemisorption-based reaction mechanism proposed for the NH\(_2\) functionalization of rGO SPE. (A colour version of this figure can be viewed online.)](https://example.com/figure2.png)
Case 2. NH$_2$-/ oxygen functionalities: This is another possible mechanism for functionalization of rGO. The highly electronegative oxygen atoms present in epoxide (C–O–C), carboxyl (O–C=O) and hydroxyl (O–H) groups in rGO attract the H atoms from NH$_3$/NH$_4^+$ when immersed in the ammonia solution. In case of epoxide, NH$_2$ and H atoms get chemisorbed on the C and O atoms respectively, resulting in the formation of C–OH and C–NH$_2$ (Fig. 2). The newly formed O–H groups interact with NH$_2$ via hydrogen bonding (OH–N) and lead to better chemisorption of NH$_2$ on rGO [31]. In case of carboxyl and hydroxyl groups, there is a formation O=C–NH$_2$ and C–NH$_2$ respectively along with the formation H–O–H [31,32]. Due to reduced number of functionalities in rGO and absence of high temperature [52], this mechanism is less likely than Case 1. Besides this, there is also a chance of physisorption of NH$_3$ on the surface of rGO. However, these interactions are quite weak [32,50,53].

Because each SPE consists of numerous rGO flakes, there are many NH$_2$ groups attached on the surface. These groups provide

Fig. 3. Schematic representation of the fabrication process: (a) rGO working electrode, (b) modification with amines; (c) incubation with antibody and protein G mixture; (d) blocking with BSA; (e) detection of antigen and (f) voltammograms depicting each surface functionalization step (a–d) in 1 M PBS with 10 mM [Fe(CN)$_6$]$^{3-}$ and 1 M KCl solution at the scan rate of 0.05 mV s$^{-1}$. (A colour version of this figure can be viewed online.)
large number of binding sites for antibody, which improves the overall sensitivity of the biosensor.

3.4. Electrochemical analysis

Electrochemical analysis of SPEs were performed using CV to understand the effect of various surface functionalization on the rGO surface. It provides information on the interfacial properties of attached layers based on charge transfer kinetics of the redox probe \([\text{Fe(CN)}_6^{3-/4-}]\) to SPE [10]. Schematic of the functionalization steps involved in the preparation of biosensor are shown in Fig. 3(a–e). The corresponding voltammograms for bare (purple), NH2 (green), antibody (brown) and BSA (red) functionalized rGO SPE are shown in Fig. 3(f). Chemisorption of NH2 on rGO decreases the anodic peak current \((I_{pa})\) or the positive peak current from 91.969 \(\mu\text{A}\) to 72.25 \(\mu\text{A}\). This is attributed to the increased electron transfer resistance due to the acquisition of the available electroactive sites on rGO by NH2 groups. Immobilization of antibody and protein G mixture decreases the current further to 67.646 \(\mu\text{A}\). This is due to the blocking of modified area from electrolyte/redox probe which affects the charge transfer [54]. Lastly, the attachment of BSA decreases the current to 50.594 \(\mu\text{A}\) as it binds to free functional groups on the surface to prevent the probability of non-specific binding [55]. Cathodic peak currents \((I_{pc})\) or the negative peak current showed a similar trend after each surface modification step.
amine bonds \[58,59\]. However, due to the absence of an activator free to bind to the amines on sensor surface generating strong terminal is engaged with the Fc region of antibody, the other one is

3.6. Specificity studies

The specificity of biosensor towards $\beta_1$-40 and $\beta_1$-42 was evaluated with DPV measurements. The respective biosensors were incubated in 1 nM of interfering agents and 100 fM of target protein under similar experimental conditions. Fig. 5 (a, b) shows the bar graphs obtained from the normalized peak current values (to blank). Paired t-test was performed to check the significance of the data. The target protein shows a significantly lower response than the interfering species ($p < 0.05$). This confirms the high specificity of the biosensor towards the target biomarkers.

3.7. Spiked plasma analysis

The human plasma was spiked with known concentrations (in linear range of biosensor) including 10, 100, 1000 and 10,000 fM for $\beta_1$-40 and $\beta_1$-42. Normalized current vs log of concentration (fM)

for each biomarker is shown in Fig. 6 (a, b) to show the applicability in biofluids. The calibration plot obtained in PBS was replotted here to show a comparison with the plasma results. The platform showed a similar linear relationship in the two matrices ($R^2 = 0.98$) for $\beta_1$-40 and slightly higher ($R^2 = 0.99$) for $\beta_1$-42. The detection sensitivity was obtained by dividing the slope of calibration plot with area of the electrode (normalized current/concentration (fM)/area (cm²)) [61]. The value of sensitivity for $\beta_1$-42 was calculated as 0.1032 in PBS and 0.0873 in plasma. The slight decrease can be attributed to the matrix effects of plasma. Similarly, the value of sensitivity for $\beta_1$-42 was calculated to be 0.1508 in PBS and 0.1349 in plasma.

4. Conclusion

In summary, a novel functionalization technique for attaching NH$_2$ linker has been developed for the surface modification of rGO SPEs. It occurs through chemisorption of NH$_2$ groups predominantly on the edge and defects sites of rGO without damaging its structure, as confirmed by XPS, Raman and FTIR analysis. The functionalized electrodes were used for detection of $\beta_1$-40 and $\beta_1$-42 biomarkers. The NH$_2$ linker provides large number of binding sites for antibodies, which considerably enhances the sensitivity of biosensor. This results in an excellent LOD of 9.51 fM for $\beta_1$-40 and 8.65 fM for $\beta_1$-42, which are much lower than those reported elsewhere and good specificity for the target proteins. It was successfully validated with spiked human plasma. Extensive studies with clinical samples are still needed to verify the performance of biosensor in body fluids for clinical applications. Despite this, the proposed functionalization technique provides a simple and a cost-and time-effective approach for enhancing the sensitivity of graphene-based biosensors without the use of signal enhancers or labels.

CRediT authorship contribution statement

Jagriti Sethi: Conceptualization, Methodology, Investigation, Fabrication, Validation, Formal analysis, Writing — original draft. Ahmed Suhail: Methodology, Writing — review & editing. Mina Safarzadeh: Methodology, Writing — review & editing. Anas Sattar: Methodology, Writing — review & editing. Yinghui Wei: Supervision, Writing — review & editing. Genhua Pan: Supervision, Writing — review & editing. Project administration, Funding acquisition.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.
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Appendix A. Supplementary data

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