Dynamical evolution of a doubly-quantized vortex imprinted in a Bose-Einstein Condensate

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The recent experiment by Y. Shin et al. [Phys. Rev. Lett. 93, 160406 (2004)] on the decay of a doubly quantized vortex imprinted in $^{23}$Na condensates is analyzed by numerically solving the Gross-Pitaevskii equation. Our results, which are in very good quantitative agreement with the experiment, demonstrate that the vortex decay is mainly a consequence of dynamical instability. Despite apparent contradictions, the local density approach is consistent with the experimental results. The monotonic increase observed in the vortex lifetimes is a consequence of the fact that, for large condensates, the measured lifetimes incorporate the time it takes for the initial perturbation to reach the central slice. When considered locally, the splitting occurs approximately at the same time in every condensate, regardless of its size.

Since the creation of the first dilute-gas Bose-Einstein condensates there has been great interest in characterizing their superfluid properties. This has stimulated a great deal of theoretical and experimental work aimed at studying the rotational properties of dilute Bose gases [1] and, in particular, the nucleation and stability properties of vortices [2]. Numerous experiments have succeeded in generating vortices [3]. In practically all of them, the vorticity appears concentrated in a number of singly quantized vortices. This is a consequence of the fact that multiply quantized vortices are energetically unstable against their splitting in an array of vortices with unit topological charge [4]. Multiply quantized vortices are also dynamically unstable, which implies that they decay even in the zero-temperature limit [5].

Recently, Leanhardt et al. [6] obtained multiply quantized vortices in a gaseous Bose-Einstein condensate by using a topological phase-imprinting technique proposed by Nakahara et al. [7]. They started from nonrotating $^{23}$Na condensates in the $|1, -1 \rangle$ and $|2, +2 \rangle$ hyperfine states. By adiabatically inverting the magnetic bias field, the initial states were transformed into vortex states with axial angular momentum per particle $2\hbar$ and $-4\hbar$, respectively. This has opened the possibility for studying experimentally the stability of multiply quantized vortices, and has stimulated new theoretical works. In particular, Möttönen et al. [8] have studied numerically the stability of a doubly quantized vortex in a cylindrical condensate as a function of the (dimensionless) interaction strength per unit length along the condensate axis, $a \mu \alpha n_z$, where $\mu$ is the s-wave scattering length and $\alpha n_z = \int |\Psi(r)|^2 \, dx \, dy$ is the linear atom density along $z$. They found a series of quasiperiodic instability regions in the parameter space of $a \mu \alpha n_z$ [5]. The first two of them (the only ones relevant to this work) correspond to $a \mu \alpha n_z < 3$ and $11.4 \lesssim a \mu \alpha n_z \lesssim 16$, respectively. By comparing with the solution of the Gross-Pitaevskii equation for a harmonically trapped cigar-shaped condensate these authors conclude that a doubly quantized vortex is dynamically unstable, and it is in the above instability regions where the vortex decay is initiated, giving rise in the process to a pair of intertwining singly-quantized vortices.

Shortly after, a second experiment was carried out at MIT [9], aimed at studying the characteristic time scale of the splitting process as a function of the interaction strength $a \mu \alpha n_z=0$. Experimental results were obtained from integrated absorption images along the condensate axis after $15 \mu$s of ballistic expansion. A key ingredient was the fact that in order to increase the visibility of the vortex cores, absorption images were restricted to a 30 $\mu$m thick central slice of the condensate. This experiment showed that, even at $T \approx 0$, doubly quantized vortices decay into two singly quantized vortices on a time scale that is longer at higher atom density, with an observed lifetime that increases monotonically with $a \mu \alpha n_z=0$, showing no quasiperiodic behavior.

These results, pose a number of open questions. First, the observed monotonic behavior seems to be not consistent with the local density approach proposed in Ref [8]. According to this proposal, as the atom density increases, for $a \mu \alpha n_z \sim 12$, the second instability region mentioned above arises within the central slice. One then would expect this fact to manifest as a decrease in the observed lifetime, which does not occur. This raises some doubts on the validity of the local density approach [5]. Second, numerical work has appeared recently suggesting that the vortex decay is a consequence of thermal fluctuations [10]. Even though it seems reasonable to attribute the splitting to a dynamical instability, it would be desirable to have theoretical results in good quantitative agreement with the experiment, which could corroborate this assumption. Finally, the detailed dynamical behavior of the vortex along the entire $z$-axis can be especially relevant for characterizing the splitting process in very elongated condensates such as those studied in the MIT experiment. Different regions along the $z$-axis could exhibit different local behavior which could be determinant to understand the process. The experimental results cannot provide this kind of information, and thus it would be desirable to complement them with the detailed dynamics of the vortex along the entire condensate.

In this Letter we address the above questions by performing a realistic computer simulation of the MIT experiment. Our results, which are in very good quantitative agreement...
with the experiment, enable us to understand the experimental results by providing a detailed visualization of the splitting process. They confirm that the decay of the vortex core is essentially a dissipationless process driven by a dynamical instability. They also indicate that the local density picture proposed in Ref. [8] provides the key ingredients to interpret properly the splitting process. When considered locally, the decay is characterized by the sole parameter $a_{n_z}$ and it is always initiated in those regions along the $z$-axis where $a_{n_z} \simeq 1.5$ or $a_{n_z} \simeq 13.75$, on a time scale that is in all cases of the order of 15 ms. For large condensates ($a_{n_z=0} \gtrsim 3$), the lifetime observed in the central slice incorporates the time it takes for the nonlinear perturbation to propagate from the location where the splitting is initiated to the final position where it is eventually detected. This nonlocal process explains the observed monotonic increase in the vortex lifetime and makes the local density picture compatible with the experimental results.

In the zero-temperature limit, the dynamics of dilute Bose gases is accurately described by the Gross-Pitaevskii equation (GPE), which governs the time evolution of the condensate wave function

$$i\hbar \frac{\partial \Psi}{\partial t} = \left(-\frac{\hbar^2}{2m} \nabla^2 + V(r) + gN |\Psi(r,t)|^2 \right) \Psi$$  \hspace{1cm} (1)$$

where $N$ is the number of atoms, $g = 4\pi\hbar^2 a/m$ is the interaction strength, and $V(r) = \frac{1}{2}m(\omega_r^2 + \omega_z^2)$ is the external confining potential.

For the $^{23}$Na condensates used in the MIT experiment, $a = 2.75$ nm and $\omega_r/2\pi = 220$ Hz. The experimental results were obtained using, without distinction, three different axial trap frequencies, $\omega_z/2\pi = 2.7$, 3.7, and 12.1 Hz. Integration of the 3D GPE for such highly elongated condensates is a very demanding computational task. As the system evolves in time it develops a complex fine structure that can only be properly resolved by using very large basis or gridpoint sets. To verify the convergence and accuracy of our numerical results we have implemented two different integration methods: a Laguerre-Fourier and a Laguerre-Hermite-Fourier pseudospectral method. The evolution in time has been carried out by a third-order Adams-Bashforth time-marching scheme. The same results have been obtained with the two integration methods and using very different basis sets and time steps.

We have solved the GPE starting, in all cases, from the stationary state compatible with a doubly quantized vortex. A quantum system is dynamically unstable when it is unstable against arbitrarily small perturbations. To determine whether the vortex decay can be unambiguously attributed to a dynamical instability, at $t = 0$, we introduce a small fluctuation in the trapping potential. Specifically, we introduce a 1% quadrupolar perturbation for a short interval of 0.3 ms. Such a small perturbation produces an almost undetectable change in both the energy and the angular momentum per particle ($\Delta E/E, \Delta L_z/L_z < 10^{-5}$). In order to compare with the experiment we have followed the same procedure as used at MIT. Condensates with different values of $a_{n_z=0}$ were produced by varying $N$, and integrated absorption images of a 30 $\mu$m thick central slice were then generated at different times. In all cases the initial vortex decayed into a pair of singly quantized vortices. We have also considered the potential effect of dissipative processes by introducing a phenomenological imaginary time and, for values consistent with the experiment, we have found it to be negligible. The vortex lifetime was inferred from the absorption images by identifying the instant at which two vortex cores can be resolved unambiguously. An example is shown in Fig. 1a. We have also analyzed the effect of the ballistic expansion by solving numerically the corresponding GPE in a number of representative cases. This process modifies the predicted lifetime by only $1 - 2$ ms approximately (Fig. 1b), which is a consequence of the fact that most of the expansion is a mere scale transformation. Since this correction is of the order of measurement uncertainties we neglect it in what follows.

To investigate the effects of both the strength and the duration of the perturbation we have considered two additional cases: a 4% and a 1% quadrupolar perturbation acting for 0.3 ms and 2 ms, respectively. The corresponding numerical results, obtained for an axial trap frequency $\nu_z = 12$ Hz, are shown in Fig. 1c. Even though the local value of $a_{n_z}$ essentially determines where and when the splitting starts, the sole parameter $a_{n_z=0}$ is not sufficient to characterize completely the observed splitting times in the central slice. For instance, for the 4% quadrupolar perturbation the predicted splitting time for a condensate with $a_{n_z=0} = 3.27$ in the trap with $\nu_z = 3.7$ Hz turns out to be 55 ms, whereas for a condensate with the same value of $a_{n_z=0}$ but in the 12 Hz trap one obtains 33 ms. In general,
for $an_{z=0} \gtrsim 3$, the more elongated the condensate, the longer the measured lifetime. This is a consequence of the fact that measured lifetimes incorporate the time it takes for the initial perturbation to reach the central slice. Since the shortest lifetimes occur for the largest axial frequency (12 Hz), this is the only case one has to consider: experimental data corresponding to two visible cores must lie above the theoretical curve. Note that this does not prevent data corresponding to a single core (those obtained with $\nu_z = 2.7$ or 3.7 Hz) from also lying above the theoretical curve.

While the perturbation strength has an important influence on the predicted lifetimes, its duration seems to be of little importance (Fig. 1b). The main effect of stronger perturbations is to shift the predicted curve toward shorter times. The best agreement with the experiment is found for the 4% quadrupolar perturbation (curve 1). However, the predicted lifetimes are somewhat longer than the experimental ones. Note that the experimental results do not include the 12 ms spent in the inversion of the axial magnetic field $B_z$ (the vortex imprinting). Since the vortex already forms as $B_z = 0$ [1], from this process (the preparation time) one reasonably can expect a contribution of about 5 – 6 ms. Fig. 2 shows the corresponding theoretical curve (from which we have subtracted a conservative amount of 6 ms to account for the preparation time) along with the experimental data of the MIT experiment. The good agreement demonstrates that the decay is mainly driven by a dynamical instability.

During the vortex preparation, as $B_z$ vanishes, all of the three $F = 1$ components appear in the trap. Thus, for a short interval around the instant of preparation the spinorial character of the multicomponent BEC cannot be neglected [11]. The weak-field seeking state becomes necessarily perturbed by the other components. In the presence of gravitational interaction (perpendicular to the $z$-axis in the experimental setup) each component is shifted from the $z$-axis by a different amount [12]. This introduces an effective non-axially symmetric perturbation on the dynamical evolution of the weak-field seeking component via the corresponding interaction terms. It seems reasonable to think that the quadrupolar component of this complex effective perturbation might be responsible for the vortex decay.

The theoretical curve in Fig. 2 displays a clear minimum about $an_{z=0} \simeq 1.5$. It is instructive to put this minimum in relation to the excitation spectrum of the unstable (imaginary frequency) modes (see curve 4 in Fig. 1). [5, 8]. For small condensates with $an_{z=0} < 1.5$ all of the $z$-axis lies within the first instability region. For such condensates only a limited subset of the unstable modes associated with that instability region become accessible. The smaller the condensate the smaller the maximum unstable frequency and, consequently, the longer the observed decay time. For condensates with $an_{z=0} \geq 1.5$ all of the unstable frequencies become accessible. In such condensates, as the number of particles increases the first instability region (corresponding to those values along the $z$-axis where $an_{z} < 3$) moves progressively away from the central slice, towards the edges of the condensate, occupying symmetric positions around $z = 0$. As a consequence, the splitting of the vortex core has to propagate from those regions where it is initiated to the central slice before it can be detected. This nonlocal process is responsible for the monotonic increase in the lifetimes for $an_{z=0} \gtrsim 3$, and explains the minimum predicted about $an_{z=0} \simeq 1.5$. According to a local density picture, in principle, one also would expect a second minimum about $an_{z=0} \simeq 13.75$. Even though no such a minimum occurs, a clear change in the slope of the predicted curve can be identify as $an_{z=0}$ enters the second instability region, indicating a different physical behavior.

In Fig. 3 we have calculated the density along the $z$-axis of every condensate (characterized by the different $an_{z=0}$), at the same instant of time ($t = 15$ ms). This axial density has been renormalized in each $z$-plane in such a way that the maximum density in that plane is 1. Thus, for a given $an_{z=0}$, dark zones in the plot density indicate those regions along the condensate axis where the vortex splitting has already begun. As is evident from Fig. 3 when considered as a local process, the splitting takes place approximately at the same time (on a timescale of the order of 15 ms) in every condensate, regardless of its size. In all cases the process starts precisely at the predicted instability regions. Fig. 3 also shows that for small condensates with $an_{z=0} < 3$ the splitting occurs almost simultaneously along the entire $z$-axis, which is a consequence of the fact that in such condensates the entire $z$-axis lies within the first instability region. As a result, the initial vortex decays into a pair of nearly straight unit-charge vortices. Note that, for $an_{z=0} < 1.5$ the splitting takes somewhat longer times, as expected. As the condensate size increases, the vortex splitting becomes a localized phenomenon that propagates.
The instability originating at the edges of the condensate to the two vortex cores is much longer than that it takes for a new instability region appears at the center of the condensate and the vortex splitting is firstly initiated at the edges of the condensate and a few milliseconds later at the central slice (a consequence of the smaller value of the corresponding maximum unstable frequency).

Thus, despite appearances no contradiction exists with the experimental results. The monotonic increase observed in the vortex lifetimes is a consequence of the fact, for large condensates, the vortex decay is mainly driven by a dynamical instability, and allow a better understanding of the splitting process. Despite apparent contradictions, the local density picture. No decrease is observed in the decay times due to the fact that the time required to resolve locally, the splitting occurs approximately at the same time in every condensate, regardless of its size.

In conclusion, we have analyzed the MIT experiment by solving the full GPE. Our results, which are in very good quantitative agreement with the experiment, demonstrate about a very recent preprint [quant-ph/0605125] in which the same process for a condensate with \( \alpha_{z=0} = 13.75 \). The shaded zones in (a) indicate the instability regions. The corresponding axial absorption images of the central slice (rectangle in the figure) are also shown. Lengths are in units of \( a_z = 6.05 \mu m \).

![FIG. 3: (color online) Density along the z-axis as a function of \( \alpha_{z=0} \) at \( t = 15 \) ms. Lengths are in units of \( a_z = 6.05 \mu m \).](image)

![FIG. 4: (color online) Evolution in time of the splitting process of a condensate with \( \alpha_{z=0} = 13.75 \). The shaded zones in (a) indicate the instability regions. The corresponding axial absorption images of the central slice (rectangle in the figure) are also shown. Lengths are in units of \( a_z = 6.05 \mu m \).](image)
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