Comparative roles of upwelling and glacial iron sources in Ryder Bay, coastal western Antarctic Peninsula

Amber L. Annett, Marta Skiba, Sian F. Henley, Hugh J. Venables, Michael P. Meredith, Peter J. Statham, Raja S. Ganeshram

A R T I C L E   I N F O

Article history:
Received 29 August 2014
Received in revised form 15 June 2015
Accepted 20 June 2015
Available online 27 June 2015

Keywords:
Iron
Aluminium
Iron budget
Glacial input
Upwelling
Ryder Bay

A B S T R A C T

Iron (Fe) is an essential micronutrient for phytoplankton, and is scarce in many regions including the open Southern Ocean. The western Antarctic Peninsula (WAP), an important source region of Fe to the wider Southern Ocean, is also the fastest warming region of the Southern Hemisphere. The relative importance of glacial versus marine Fe sources is currently poorly constrained, hindering projections of how changing oceanic circulation, productivity, and glacial dynamics may affect the balance of Fe sources in this region. Dissolved and total dissolvable Fe concentrations were measured throughout the summer bloom period at a coastal site on the WAP. Iron inputs to the surface mixed layer in early summer were strongly correlated with mesoscale, in-situ Fe enrichment experiments (Boyd et al., 2007). In contrast, the sea-ice margins are not Fe-limited, as is evident from higher biological productivity, greater macronutrient utilisation and biological carbon dioxide (CO₂) drawdown (Carillo et al., 2004).

Several pathways supply Fe to the ocean, including estuarine and groundwater inputs, shelf/slope sediment resuspension, hydrothermal vent activity, glacier runoff, iceberg melt and atmospheric deposition (Boyd et al., 2012). In particular, the relative importance of glacial Fe sources remains poorly constrained (de Jong et al., 2012), with recent work indicating glacial Fe inputs are much greater than previously thought (Shaw et al., 2011; Hawkings et al., 2014). One of the most productive regions of the Southern Ocean, the western Antarctic Peninsula (WAP) shelf has been identified as a source region of Fe to the Atlantic sector (de Baar et al., 1995; Holeton et al., 2005; de Jong et al., 2012; Hatta et al., 2013). High Fe concentrations near shore result in a horizontal Fe gradient observed at distances up to 3500 km (de Jong et al., 2012).

Importantly, the WAP is undergoing dramatic changes in regional climate. It is currently the fastest warming region in the Southern Hemisphere (King, 1994; Vaughan et al., 2003). Changes have already been documented in ocean temperature and density structure (Meredith and King, 2005; Martinson et al., 2008), retreat of glaciers (Cook et al., 2005) and sea ice dynamics (Stammerjohn et al., 2008). All of these factors can potentially influence Fe inputs and cycling, raising questions concerning the consistency of the WAP as a source region for Fe inputs to the broader ocean. Recent studies (Boyd et al., 2012) suggest that the balance of Fe supply and use may change with global warming; in this context, the future evolution of the carbon pump in this setting is uncertain. Additionally, inputs from incursions of Circumpolar Deep Water (CDW; Moffat et al., 2009) and meltwater...
Meredith et al., 2013) are balanced by export of shelf waters, some of which feed back into the Antarctic Circumpolar Current (ACC) in the north via Bransfield and Gerlache Straits (Hofmann et al., 1996; Zhou et al., 2002), and where topography or cyclonic gyres direct the flow offshore (e.g., Beardsley et al., 2004; Klinck et al., 2004). Thus, changes in margin Fe sources have the potential to affect offshore waters.

In this study, we investigate sources of Fe by making measurements of dissolved Fe (dFe) concentrations and total dissolvable Fe (TDFe) concentrations during the austral summer of 2009–10 at a coastal site in Marguerite Bay on the WAP. Despite the importance of this region as a source of Fe, relatively few studies have measured Fe in the WAP region, and ship-based studies provide spatial coverage but limited temporal resolution. This is the first to monitor both dFe and TDFe throughout a bloom in the Antarctic sea-ice zone. Time-series and depth profile data are used to identify changes in Fe through time during a growing season, which we relate to inputs, water mass changes, and biological productivity. We also construct a detailed Fe budget for this site.

2. Methods

2.1. Study site and oceanographic setting

Ryder Bay is a shallow (maximum ~500 m) coastal embayment of Adelaide Island, open to Marguerite Bay to the south and bounded by the retreating Sheldon Glacier to the north (Fig. 1). Largely representative of Marguerite Bay (Clarke et al., 2008), Ryder Bay is subject to processes that influence physical and biogeochemical conditions throughout the coastal WAP region (e.g.: seasonal ice cover, glacial inputs). Further, it is the site of the Rothera Oceanographic and Biological Time Series (RaTS) programme conducted by the British Antarctic Survey at the nearby Rothera Research Station. Through this programme, water column conditions and biological activity have been monitored year-round in Ryder Bay since 1997 (Clarke et al., 2008). The accessibility of the RaTS site, long-term environmental dataset and proximity to a retreating glacier make Ryder Bay an ideal location for investigating the relative importance of glacial- and marine sediment-derived trace metal supply.

The Marguerite Bay region, along with the WAP, differs from many other Antarctic shelf regions in its proximity to the ACC, and the accelerating inputs of glacial meltwater from land. The oceanic source for WAP shelf waters is CDW, the warm, mid-level water mass of the ACC that arrives on the shelf in a less modified form than in other areas due to the absence of an Antarctic Slope Front (Klinck, 1998; Clarke et al., 2008; Meredith et al., 2008). CDW incursions are most pronounced near deep, glacially-carved canyons such as Marguerite Trough underlying Marguerite Bay (Moffat et al., 2008). Shelf circulation inshore of the ACC includes a southwestward flowing Antarctic Peninsula Coastal Current that is thought to enter Marguerite Bay at the northern end and exit near Alexander Island, although the detailed circulation within the bay remains uncertain (Moffat et al., 2009).

Water masses along the WAP shelf, including Marguerite Bay and Ryder Bay, have been described in detail (e.g., Clarke et al., 2008; Meredith et al., 2010). Briefly, warm (>1.0 °C), nutrient-rich CDW intrudes in relatively unmodified form onto the shelf (Martinson et al., 2008; Moffat et al., 2009), forming the dominant water mass at depth. Vertical mixing of CDW provides heat and macronutrients to the near-
surface layers, with enhanced mixing occurring in coastal and shallow regions (Wallace et al., 2008). Above the CDW, heat loss and sea-ice formation in autumn and winter cools and adds salt to surface waters, resulting in a seasonally deep mixed layer of Winter Water (WW). In late winter, this water mass can extend downwards in a 50–150 m thick homogeneous layer, entraining CDW from below into the mixed layer (Meredith et al., 2004; Clarke et al., 2008). During spring and summer, the surface water is warmed by insolation and freshened by ice melt, leading to a stratified upper ocean with Antarctic Surface Water (AASW) overlaying the remnant WW (Meredith et al., 2004).

Oxygen isotopes have been used to investigate freshwater inputs along the WAP (full sampling methodology, analysis and mass balance calculations are presented in Meredith et al., 2008, 2010, 2013). This work has identified meteoric (glacial and precipitation) water as the dominant source of freshwater to AASW during summer (Meredith et al., 2008, 2010, 2013). Meteoric freshwater typically accounts for 2–6% of the water at 15 m in Ryder Bay, compared with a maximum 2% contribution from sea-ice meltwater (Meredith et al., 2010). This range of meteoric and sea-ice meltwater contributions seen in Ryder Bay is similar to the variability seen throughout WAP region surface waters (2–6% meteoric water; −2 to 2% sea-ice meltwater (where negative values indicate net sea-ice formation); Meredith et al., 2013), indicating that the degree of glacial inputs at the RaTS site is relevant to surface waters at the regional WAP scale.

2.2. Sample collection

Samples for dFe and TDFe measurements were collected from Ryder Bay, Adelaide Island, Antarctica (Fig. 1) from December 2009 to March 2010. Samples were collected at the site of the RaTS programme, ~4 km from shore over a local maximum water depth of 520 m. Previous work at the RaTS Site has shown the primary water source to be open exchange with water masses from northern Marguerite Bay, although surface waters can be modified by glacial melt and local topography (Clarke et al., 2008; Meredith et al., 2010).

Samples were collected twice weekly from a depth of 15 m, to correspond with the suite of parameters analysed for the RaTS programme. This is the long-term average depth of the chlorophyll maximum and shows a very strong correlation to water column chlorophyll (Clarke et al., 2008). Deeper waters (50–200 m) were sampled approximately monthly, as weather and time allowed. Water samples were collected using a Teflon-coated 1.7 L Niskin-style sampler (Ocean Technical Equipment (OTE), Florida) that had been modified to have external springs and fluororesinoter o-rings, and all stainless components of the bottle were coated with paint to prevent any corrosion. The original spigot was removed and replaced with a PTFE tap. The OTE bottle and PTFE tap were soaked for 24 h in 10% v/v HCl (Aristar grade) before each use, followed by thorough rinsing with deionised water (18.2 MΩ-cm, Millipore; hereafter “Milli-Q”). This is similar to the current GEOTRACES washing protocol (Cutter et al., 2010). The OTE bottle was deployed from a rigid inflatable boat, lowered on a Kevlar line and triggered with an acid-washed plastic messenger. On recovery, the OTE bottle, the water samples for TDFe were transferred via acid-cleaned (10% v/v HCl, >24 h) PTFE tubing into acid-cleaned and Milli-Q-rinsed 125 mL LDPE bottles (Nalgene; cleaning details below). This was done as quickly as possible to minimise exposure to air, after thorough rinsing of the tap, tubing and bottle (3 times) with sample. Samples for dFe were collected into 4 L acid-washed (10% v/v HCl, >24 h) HDPE bottles that had also been rinsed with seawater. Samples for dFe were then kept in the dark until processing in the lab, generally 2–3 h. The LDPE sample bottles were cleaned by soaking in 50% v/v HNO₃ (Reagent grade) for 1 week, 50% v/v HCl (Reagent grade) for 1 week, and were rinsed thoroughly with Milli-Q water. The bottles were then filled with Milli-Q and 1 mL L⁻¹ UpA-grade concentrated HCl (Romil, UK), and stored until use (~4 months). This cleaning protocol is similar to the GEOTRACES procedures published after this field work, and was chosen based on best practice at the time for trace metal sampling in coastal water systems.

On one occasion, surface samples were collected at locations near exposed land and a glacier terminus. These samples were collected by hand over the bow, just below the water surface. Bottles for both TDFe and dFe were rinsed three times with seawater and filled, using gloves and keeping the boat moving slowly into the surface current to avoid contamination from the boat. These were processed as for time-series samples.

2.3. Sample processing

Samples for TDFe were acidified with 1 mL L⁻¹ of concentrated UpA-grade HCl and stored in the dark at room temperature for at least 10 months prior to analysis. Most studies consider the TDFe fraction to be that which is leached under acidic conditions (pH 1.8–2) over a period of at least 6 months (Sedwick et al., 1997; Ardelen et al., 2010; Gerringsa et al., 2012). The total Fe measured should thus allow comparison between our values and other studies which have used ≥6 month leaching times, although values measured will depend on the concentration and nature of suspended particles.

Samples for dFe were filtered through a polycarbonate membrane filter (Isosep 0.2 μm, 47 mm, Millipore) in a polysulfone filter unit (Millipore). This filtered fraction will also have included some colloidal Fe, which is in the size range of 1–200 nm. All filtration equipment and filters were soaked in 10% v/v HCl (Aristar grade) at least overnight and thoroughly rinsed with Milli-Q prior to each use. The filtrate container and fresh 125 mL LDPE sample bottle were rinsed with filtrate three times before filling, then the dFe sample was acidified and stored for TDFe samples. To minimise contamination, all laboratory manipulations were performed in a Class 100 laminar flow hood.

2.4. Determination of dissolved and total dissolvable iron concentrations

Dissolved Fe concentrations were measured using flow-injection analysis with 8-hydroxyquinoline (8-HQ) immobilised resin for pre-concentration and N,N-dimethylyl-p-phenylenediamine di-hydrochloride (DPD, Sigma-Aldrich) (FIA–DPD–NTA) after Measures et al. (1995). This method is based on the catalytic oxidation of DPD by H₂O₂ in the presence of Fe to create a bright pink-coloured semi-quinone derivative. Dissolved Fe in the sample is pre-concentrated on an 8-HQ chelating resin before being eluted into the reagent stream: the products of the reaction can be monitored using a spectrophotometer at 514 nm. The signal detection in this study was based on measured voltage, a proxy to measure the signal for transmission which can be converted to absorbance. This gives a quantitative measure of the reaction, which is converted to concentration by comparison with absorbance values of standards of known concentration. LabVIEW 7.1 software was used for instrument control and data collection, and a separate LabVIEW 6.1 programme for data processing. For lower Fe concentrations (~10 nM), peak heights were used; for higher Fe concentrations (~10 nM), peak areas were used as these gave a more linear calibration.

Certified reference materials (CASS-5, NASS-6) were analysed to ensure accuracy of Fe measurements (Table 1). The blank was estimated by measuring peak heights for standards of Milli-Q (0.51 ± 0.25 nM). The detection limit, based on 3 times the precision of the blank, is estimated at 0.75 nM; ~4-fold lower than the lowest dFe reported here. All

| Reference material | Fe concentration | Measured |
|--------------------|------------------|----------|
| CASS-5             | 25.78 ± 1.97     | 24.81, 26.81 |
| NASS-6             | 8.86 ± 0.82      | 8.66, 9.95  |
analyses were conducted at the National Oceanography Centre (NOC), Southampton, UK.

Samples for TDFe were processed as for dFe, after gently decanting the solution into an acid-clean container to minimise transfer of any particulate material. There was no evidence for collection of particles on the resin column, as there were no high blanks, run periodically throughout the analysis, which could have resulted from Fe contamination from suspended material on the resin.

2.5. Determination of dissolved aluminium concentrations

Concentrations of dissolved and total dissolvable aluminium (dAl and TDAl, respectively) were determined following the Lumogallion method of Hydes and Liss (1976). Lumogallion (3-(2,4-dihydroxyphenylazo)-2-hydroxy-5-chlorobenzenesulphonic acid) reacts with Al to form a fluorescent complex. The fluorescence of samples can thus be compared to standards to determine dissolved Al. Measurements of Al were performed on the same samples collected for Fe analysis, and all analyses were performed at the NOC, Southampton, UK. A standard solution of Al was prepared from analytical grade aluminium potassium sulphate (1.758 g per 100 mL) to give a 1000 mg L\(^{-1}\) standard. This primary standard was diluted as needed to provide the standards used in the analyses. Samples for TDAl were treated as for TDFe, by decanting unfiltered samples that had been acidified to release a readily labile fraction of Al. As for Fe, the blank was estimated from measurements of Milli-Q (0.53 nM ± 0.21), and the detection limit (0.63 nM) was based on 3 times the precision of the blank. As no certified coastal reference materials exist for the determination of dissolved Al, measurement quality was assessed by good precision, and general agreement of data acquired here with published values for comparable marine settings.

3. Results

3.1. Physical and biological conditions

Over the study period, physical conditions in Ryder Bay (Fig. 2) indicate a typical summer trend of warming and freshening at the surface (top ~25 m). Whilst meteoric water is typically a greater component of fresh water input than sea-ice melt (Meredith et al., 2008, 2010, 2013), meteoric inputs rather than sea-ice melt are likely to be especially important for this study period, as sea-ice cover was low during the preceding winter.

Within the surface waters, chlorophyll a records show an initial increase in late November, coinciding with a reduction of the mixed layer depth (MLD). Following a deep mixing event on 15 December, concentrations then decline until a period of high-chlorophyll (\(\geq 10 \text{ mg m}^{-3}\)) lasting ~10 days in mid-February (Fig. 3). Peak chlorophyll concentrations (22 mg m\(^{-3}\)) occurred on 15 February, rapidly falling to \(\leq 1 \text{ mg m}^{-3}\) by 10 March. Trends in chlorophyll (as a proxy for biological production) are reflected in the concentrations of macro-nutrients nitrogen (N, from nitrate) and phosphorus (P; Fig. 3). These nutrients show a slight, gradual drawdown through the early part of the season, with a marked depletion to minimum values on 22 February.

3.2. Metal concentrations in surface waters

The concentration of dFe (3.5–9.4 nM; Fig. 3) was high in Ryder Bay compared with many areas of the ocean, but consistent with other coastal Antarctic studies (Table 2). Offshore surface water concentrations are generally very low (often <1 nM; Martin et al., 1990; de Baar et al., 1995; Bucciarelli et al., 2001), with significant enrichment in coastal areas. There is good agreement of dFe concentrations from this study and values reported for the Gerlache Strait (Martin et al., 1990),

Fig. 2. Water column conditions at the sampling location (RaTS Site) with depth during the 2009–2010 summer season. Temperature (a) and salinity (b) are shown, and in each case the top 25 m of the water column is expanded in the top plot. Black dots denote sampling events. Dashed lines and text labels indicate the position and approximate boundaries between water masses (Antarctic Surface Water, AASW; Winter Water, WW; and modified Circumpolar Deep Water, mCDW).
Fig. 3. (a) Mixed layer depth (MLD) at the RaTS site, and chlorophyll concentrations at 15 m. (b) Percent contributions of meteoric and sea-ice melt to the water column at 15 m. Data from Meredith et al., 2010. (c) Dissolved Fe concentrations at 15 and 100 m. (d) Dissolved Al concentrations at 15 and 100 m. (e) Total dissolvable Fe concentrations at 15 and 100 m. (f) Total dissolvable Al concentrations at 15 and 100 m. (g) Ratio of dFe:dAl at 15 m. (h) Nitrate (NO$_3^-$) and phosphate (PO$_4^{3-}$) concentrations at 15 m.
northern WAP (Sañudo-Wilhelmy et al., 2002) and near the Kerguelen Islands (Bucciarelli et al., 2001).

Sampling was most frequent at 15 m, the long-term average depth of the chlorophyll maximum (Clarke et al., 2008). At this depth, dFe shows an initial decrease and a gradual increase throughout January to a maximum concentration of 9.4 nM (Fig. 3). During February, dFe decreases to ~6 nM, with a short-lived increase seen at the beginning of March.

Concentrations of dAl (3.5–17 nM; Fig. 3) show very good agreement with previous values for Ryder Bay at 15 m (2–27 nM; Hendry et al., 2010). At this depth, dAl initially displays high variability, with a period of sustained lower values (mean: 5 nM) coinciding with the period of low dFe. In the present study, a transient increase in dAl was observed along with the increase in dFe on 4 March.

Total dissolved metals here refers to both the dissolved and particulate metal that is released by mild proton attack, and in the case of Fe, that which is labile or potentially bioavailable Fe. Total dissolved Fe was present at much higher concentrations than dFe (50–230 nM; Fig. 3), and somewhat higher than previous values (9–50 nM; Weston et al., 2013), with the difference likely influenced by the much shorter leaching times (~1 month) used in the earlier study, and possible differences in suspended particle concentrations between sample sets. A distinct maximum occurred on 30 January, when a maximum was also seen in dFe. In keeping with variable dAl, TDAI exhibits a large range (16–360 nM; Fig. 3). Peaks in TDAI generally coincide with peaks in dAl, where available data is available for both dAl and TDAI.

### Table 2
Comparison of dissolved and total dissolvable Fe in Southern Ocean waters in the vicinity of the WAP. Where available, results are given as a range, or (mean ± standard deviation).

| Study                      | Location                  | dFe (nM) | TDAI (nM) |
|----------------------------|---------------------------|----------|-----------|
| Martin et al. (1990)       | Drake Passage, surface    | 0.16     |           |
| Westerlund and Ohman (1991)| Gerlache Strait, surface  | 7.4      |           |
| de Baar et al. (2002)      | Weddell Sea               | 0.44–13  |           |
| Antarctic Circumpolar Current | Polar Front               | 0.4–1.3  |           |
| Løscher et al. (1997)      | Drake Passage             | <0.25    |           |
| Bucciarelli et al. (2001)  | Kerguelen Islands         | 0.6–1.1  | 0.9–2.3   |
| Bucciarelli et al. (2001)  | – offshore                |          |           |
|                            | – near shore (2 km), near bottom | 5.3–12.6 |           |
| Queroue et al. (2015)      | – near shore, all depths  | 1.82–3.82|           |
| Plaquette et al. (2007, 2009) | Crozet Islands           | 0.086–2.48 | 0.15–13.2 |
| Hewes et al. (2008)        | Weddell–Scotia confluence| 0.35–3.05|           |
| Ardelan et al. (2010)      | Northern WAP              | 0.1–3    | 8–140     |
| Hatta et al. (2013)        | Northern WAP, coastal     | 3.23–4.69|           |
| Sañudo-Wilhelmy et al. (2002) | Weddell Sea, surface waters | (1.7 ± 0.46) |           |
| Weston et al. (2013)       | Ryder Bay                 | 3.5–9.4  | 57–237    |
| This study                 | – 15 m time-series        | 3.3–9.7  | 56–237    |
| Gerringa et al. (2012)     | Amundsen Sea, mCDW        | 0.2–4.6  | 3–10      |
|                            | – surface waters, <100 km from Pine Island Glacier | 0.1–1.31 | 5–30      |
| Plaquette et al. (2013)    | Amundsen Sea              | 15–122   |           |
|                            | – ice shelf, near surface |          |           |
|                            | – ice shelf, >250 m       | 9.3–29   |           |

* Total metal concentrations of the large particulate (>53 μm) fraction.
* Total metal concentrations of the particulate (>0.45 μm) fraction.

### 3.3. Metal concentrations with depth

Throughout the second half of the season, time-series samples were also collected from 100 m. Concentrations of dFe and TDAI were very similar to those at 15 m, whilst dAl and TDAI showed less variability in deeper waters than at 15 m over the same period (Fig. 3c–f).

In addition to time-series samples, water was also collected from additional depths – monthly as time allowed. On three occasions, multiple sample sets (100 m or 200 m) were collected to investigate changes in dFe and TDAI concentrations with depth (Fig. 4a). A sub-surface minimum in dFe was present at 50 m (dFe = 3.8 ± 0.3 nM, n = 3), below which dFe increased to a maximum of 9.5 ± 0.3 nM (n = 2) at 200 m, the deepest water sampled. Slightly higher variability in dFe (6.2 ± 1.2 nM, n = 9) was seen at 100 m.

In contrast to higher Fe, Al displays relatively little evidence of enrichment (both dAl and TDAI) at depth (Fig. 4a). Data from 100 m show consistent dAl (~5 nM) and TDAI (~110 nM) throughout February and March, with one sample from early January having higher dAl (12.4 nM; Fig. 3d). As in time-series samples, shallow waters (<25 m)
displayed considerable variability in both dAl and TDAI (Fig. 4), with the highest dAl measured at 5 m on 7 January.

4. Discussion

4.1. Sources of Fe to surface waters

Ryder Bay surface waters exhibit fluctuations in dFe over short time scales, reflecting a balance of Fe inputs and loss due to scavenging, biological use or mixing with lower-Fe water. Potential sources of Fe to surface waters include glacial melt (direct and via land run-off), sea-ice melt, sea water interaction with shallow sediments, and atmospheric inputs; sources from upwelling of deeper water are considered in Section 4.2.

Over the day-to-week scale of Fe enrichment seen here, atmospheric deposition in a low-dust environment is very unlikely to account for the significant surface signal seen in Ryder Bay. Iron can be released from shallow sediments, but this process is expected to be limited within the summer growing season as activities, mixing rates and water ages derived from radium isotopes all imply very low fluxes from the coast into central Ryder Bay (Annett et al., 2013).

A steady increase in dFe occurred from late December to 30 January (Fig. 3), when salinity decreases (Fig. 2), indicating an influx of low-salinity meltwater. Salinity averaged over the top 15 m of the water column (data not shown) indicates an even greater decrease in average salinity, thus the meltwater would have been present primarily above 15 m, consistent with a surface meltwater source. Whilst meltwater can potentially come from sea-ice, the low preceding winter sea-ice cover in the region and absence of sea-ice in Ryder Bay imply a meteoric source (glacial ice and snow) instead. Indeed, δ18O data show a trend of increasing proportions of meteoric water at 15 m throughout the sampling period, from ~2.7% at the end of December to ~3.4% at the end of January (Fig. 3). The proportion of sea-ice melt also shows an overall trend of increase during the period, but with high sample-to-sample variability, including instances of reduced sea-ice contributions that correspond to increases in dFe, indicating that sea-ice melt is not the source of the Fe. Further, local observations indicate little or no

Iron concentrations show a strong signal of enrichment with depth in Ryder Bay (9.5 ± 0.3 nM dFe at 200 m). This increase in dFe indicates a strong Fe source from the underlying sediment. No samples deeper than 200 m are available, but concentrations of Fe in CDW (~0.5 nM offshore; de Baar et al., 1995) the source for subsurface WAP waters, have been measured as 0.6–1.1 nM (Löschler et al., 1997) as it moves across the shelf and is modified (to mCDW). Thus, CDW must acquire Fe as it moves onto the shelf becoming mCDW, reflecting a
strong sedimentary Fe source on the WAP shelf and/or slope, consistent with observations from other studies (de Jong et al., 2012; Gerrings et al., 2012; Ardalan et al., 2010; Dulaiova et al., 2009).

In comparison to Fe-limited Southern Ocean waters, the Fe concentrations measured at 200 m are high, but are in keeping with dFe measurements from locations with strong Fe sources. For example, Wu and Luther (1996) observed similar dFe (11–14 nM) and much higher TdFe (775–11,100 nM) in surface waters influenced by the Delaware Estuary; dFe throughout the shallow southern North Sea varies seasonally and over a range of 0.7–246 nM (Tappin et al., 1995). Near sediments on the Washington and Oregon shelves, hypoxic conditions lead to dFe concentrations up to 35 nM (Lohan and Bruland, 2008).

Iron supply from shelf sediments reflects the redox chemistry of Fe, and its speciation. In areas of high particulate organic carbon (POC) flux, microbial respiration can deplete oxygen, resulting in anoxic conditions within the sediments. If nitrate is also depleted, oxidation of POC proceeds via the reduction of Fe3+ and sulphate (SO4 2−; Froelich et al., 1979). This microbially-mediated process produces Fe2+, which is soluble in seawater. If there is a strong concentration gradient, and the redoxcline extends to the water column, this Fe2+ can diffuse out of sediment pore waters and into the overlying water.

The magnitude of sedimentary Fe release to overlying waters depends on several factors, including the solubility of such Fe2+ as it may be converted to the Fe3+ form when oxygen is present. Whilst organic ligands can help to retain Fe in solution, they are generally considered saturated and present in low concentrations in deeper waters (Johnson et al., 1997), and non-ligand bound Fe3+ above the solubility limit will rapidly form colloidal oxyhydroxides. Recent work indicates ∼ 80% of dFe in sediment pore water is present as colloids, and thus likely stabilised in “dissolved” form (Homoky et al., 2011). Iron released from sediments by resuspension has been shown to adsorb rapidly onto particles, although this Fe is thought to be labile and may readily return to the dissolved phase (Homoky et al., 2012). These processes of organic complexation and colloid release/formation will lead to elevated near-bottom dFe that can then act as a source to shallower waters via upwelling, deep mixing or diffusion. Offshore Fe advection is already known to occur based on previous studies (Planquette et al., 2007; Dulaiova et al., 2009; Ardalan et al., 2010; Hatta et al., 2013), indicating that shelf sediments can be a significant source of dFe.

Upward flux of Fe in Ryder Bay during summer is likely to be minimal, as physical properties through the season show predominant-ly downward propagation due to the development of a low-density, meltwater-rich layer at the surface that depresses the other water masses (Fig. 2). The movement of these water masses (and development of a meltwater-rich surface layer) is reflected in dFe concentrations (Fig. 4b). Where modified CDW that intrudes onto the shelf reaches Ryder Bay, concentrations of dFe are ∼9.5 nM (at 200 m depth). Samples from 100 m were near the centre of the WW layer, with dFe decreasing very slightly from 7.1 nM to 6.0 nM from 7 January to 22 February (potential temperatures of −1.1 and −0.84 °C, respectively). The lowest dFe concentration at this depth (5.2 nM) was from the March sample, in which water properties were strongly influenced by the overlying AASW (potential temperature 0.03 °C), consistent with a significant degree of mixing with lower-Fe AASW. Within the AASW layer (~50 m) dFe is ~4 nM. Above ~25 m, AASW mixes with meltwater, resulting in occasionally high dFe concentrations in these surface waters. Delivery and removal processes will be most variable in surface waters, due to fluctuations in meltwater flux and composition, productivity, particle load, and non-biological scavenging, in keeping with strong dFe and TdFe variations both in time and between depths (~25 m). In contrast, dFe appears more consistent in deeper water masses (WW, mCDW).

The association of dFe concentrations with Ryder Bay water masses (Fig. 4b), especially the dFe minimum in the AASW layer, has important implications for Fe supply in this location. The Fe-replete deep waters can act as a source of Fe to WW, and replenish Fe that is removed by biological uptake and physical removal processes. However, given the strong gradients restricting vertical mixing during summer this is unlikely to occur in the summer bloom period. Over winter, deep mixing and homogenisation of the upper water column will result in deep water supply of Fe being a significant source, redistributing Fe throughout the WW layer. Such enrichment from below is linked to very strong mixing during unstratified winter conditions (e.g., winter/spring storms), as even in March when stratification begins to break down, the MLD remains well above the depth of the dFe minimum. Thus the predominant Fe supply to surface waters during the summer growing season will be glacial Fe, rather than upwelling.

4.3. Decoupled sources of Fe and Al

Aluminium and Fe have several common sources, including atmospheric dust deposition, meteoric and sea-ice melt, terrestrial run-off, and lithogenic sources (either terrestrial or marine). Unlike Fe, Al is not redox reactive and thus redox processes in organic-rich marine sediments will enhance release of Fe relative to Al, although the higher solubility of Al which is not controlled by organic complexation may result in Al inputs being more long-lived. Due to the shared and unique sources of Fe and Al, trends in Al concentrations can be used to further constrain sources of Fe, as well as of Al itself.

We find a high degree of variability in dAl in Ryder Bay surface waters (15 m), reflecting significant and variable sources of Al in this region. Such fluctuations have been explained by a combination of upwelling and mixing with underlying waters enriched in Al due to sea-ice brine rejection (Hendry et al., 2010). However, in contrast to trends in dFe, the low and consistent dAl found at 100 and 200 m (Fig. 4) implies no deep Al source.

Previously measured Al in glacial ice and snow (72 and 98 nM respectively; Hendry et al., 2010) suggest that meteoric inputs are small in relation to water column concentrations. A glacial source is unlikely to explain fluctuations in dAl of greater absolute magnitude than the simultaneous changes in dFe, as the station sampled here near a marine-terminating glacier had a dFe:dAl ratio of >1 mol:mol (Fig. 5).

Despite elevated dAl concentrations, Hendry et al. (2010) concluded that sea-ice was not a significant source of Al to surface waters, due to the low volume of sea-ice melt in Ryder Bay surface waters. To account for the dAl changes of January 18 and March 4, melting sea-ice would have had to contain 1.2–2 μM dAl, several orders of magnitude higher than literature values (20–40 nM, Hendry et al., 2010; 11 nM, Lannuzel et al., 2011). In agreement with Hendry et al. (2010), our results suggest a minor role for melting sea-ice in Al supply, especially considering the much lower sea-ice cover preceding the present study.

Atmospheric deposition can also be a source of Al. However, dust fluxes are very low in the Southern Ocean (~0.0075 mg m−2 d−1 around Adelaide Island; Wagener et al., 2008). Using a crustal Al fraction of 7.7% (Wedepohl, 1995) and solubility of 18% (Baker et al., 2006), this equates to a daily input of ~0.26 pmol L−1 if mixed evenly from the surface to our sampling depth of 15 m, negligible in comparison with dAl measured variability. Whilst we cannot rule out dust events from the runway at the Rothera Research Station as a potential Al source, such events are not expected to be significant at the RaTS site; Lohan et al. (2008) examined metal contamination in bivalves, with only the nearest station (within ~50 m of the runway) exhibiting any evidence of influence from aircraft operations relative to samples collected ≥100 m from the air strip.

The remaining potential mechanism is Al release from shallow sediments, due to diffusion or resuspension, which could then be advected from the margins to central Ryder Bay. The high dAl found at stations A and B (Fig. 5), both near exposed land and very shallow waters (~15 m water depth), support shallow sediments as a significant source of Al. In contrast to the respiration-driven redox release of Fe from deeper sediments, a shallow sediment source may release more
Al from lithogenic material owing to more intense physical disturbance (e.g., from tides, waves and iceberg scour) and the Fe:Al crustal ratio (~0.2; Wedepohl, 1995). This release may be due to dissolution and desorption for dissolved phases, but also include release of colloidal and particulate metals, and the smaller colloidal Al would be included in the dissolved samples measured here. Physical processes in shallow sediments would also release Fe, and a dFe:dAl ratio of 0.3 at these stations is in keeping with a combination of metal release predominantly from lithogenic material (~0.2 Fe:Al) but with some contribution of Fe from redox-driven diagenesis. Further, the smaller dFe increase (2.8 nM) at the RaTS site accompanying the 11 nM increase in dAl is consistent with mixing with underlying water that is influenced by shallow sediment sources with low dFe:dAl.

The ratios of dFe:dAl at 15 m at the RaTS site (Fig. 3) can be divided into three periods. Early in the season, dissolved ratios in surface waters are similar to those measured at stations A and B, which are likely to have a strong sediment influence. Mid-season, when productivity and meteoric water contributions are higher, ratios increase to values very similar to that measured near the glacier. We therefore infer that during the early season, Al inputs derive primarily from shallow sediment sources mixed into WW by lateral advection and deep winter mixing. As melting proceeds over summer, glacial (lower-Al) sources dominate the inputs to surface waters, with higher-Al waters present deeper in the water column, below the glacial melt-dominated layer. This high-Al subsurface water does not then reflect a subsurface source of Al, but rather that high-Al surface water is displaced downwards by surface inputs of lower salinity meltwater during summer. This mechanism is consistent with a signal of very low coastal sediment inputs at 10 m during mid-summer inferred from radium activities in mid-Ryder Bay (Annett et al., 2013), and significant glacial Fe flux during the middle of the season.

Late in the season when mixing increases, intermediate dissolved metal ratios reflect an autumnal mixing of meteoric-derived surface waters and sediment-influenced sub-surface waters. This subsurface water would likely also be a source of Fe, for instance when dFe increases along with dAl on 4 March. At this time the dFe:dAl ratio changes from 1.1 to 0.5, suggesting a transition from glacial to non-glacial sources of metals. A shallow sediment source for subsurface dAl does not necessitate the source of Al from brine rejection and cascades hypothesised by Hendry et al. (2010). Runoff from land and tidal/wave action can explain sediment supply, resuspension and Al release, although sea-ice related processes may act to enhance Al enrichment from shallow sediments during winter.

The TDAI concentrations are much higher than dAl, and will include dAl larger (>0.2 μm) colloidal Al, as well as simple adsorbed forms, Al co-released with Fe oxyhydroxides, and other weathering products on the surface of particles. Al can also be incorporated into biogenic particles via uptake and incorporation into opal. An evaluation of how reactive these forms of Al may be is beyond the scope of this study, but the TDAI data indicate a significant pool of environmentally available Al. The greater range of concentrations in surface waters is consistent with the greatest variations in input and removal processes occurring in shallow waters (time-series data at 15 versus 100 m, Fig. 3). More uniform concentrations were observed at 100 m and no enrichment in dAl was observed at 200 m (Fig. 4), pointing to a lack of Al source at depth, in contrast to Fe. The enrichment seen in TDAI at 200 m (Fig. 4) may reflect an increase in scavenging as particles sink, as observed in higher core-top Al/Si ratios beneath Ryder Bay (Hendry et al., 2010).

4.4. Biological Fe use and potential for Fe limitation

As Fe is an essential micronutrient, biological processes influence its distribution via uptake and remineralisation. Due to the high biological requirement for Fe relative to its scarcity in seawater, Fe is a metal with one of the strongest relationships with productivity. Thus, dFe concentrations in Ryder Bay are likely influenced by phytoplankton dynamics.

Chlorophyll concentrations in Ryder Bay, ~5 mg m⁻³ during the second half of January, show a steep increase beginning 2 February and peak at ~20 mg m⁻³ on 15 February (Fig. 3). This chlorophyll peak was dominated by diatoms (Annett, 2013). At the same time, dFe fell by ~4 nM from the seasonal maximum on 30 January, to 5.5 nM, consistent with biological uptake of Fe with additional removal by inorganic scavenging during this period.

During such a drawdown event, changes in Fe and nutrient concentrations should reflect the relative biological utilisation of these elements. From the inverse of the slopes in Fig. 6, Fe to nutrient use ratios are 360 μmol:mol and 370 μmol:mol for dFe:N and dFe:Si, and 5.1 μmol:mol dFe:P, respectively. Particulate elemental ratios measured at the RaTS site for C:N and C:Si (6.4 and 11.7, respectively; Henley, 2012) and the Redfield ratio for C:P (106:1) were used to express the above ratios in terms of C (dFe:C). The resulting Fe:C estimates of 53, 32 and 48 μmol:mol (from N, Si and P, respectively) are very similar to the ~40 μmol Fe:mol C estimated by Twining et al. (2004) for Fe-replete phytoplankton.

Iron limitation is a significant constraint on productivity in many of the world’s oceans (Boyd et al., 2012). In general, coastal areas are considered unlikely to exhibit Fe limitation, due to the proximity of land-derived sources, and upwelling of Fe-rich deep waters. To our knowledge, this is the first study of dFe from the WAP region that spans the full period of peak chlorophyll, and indicates that Fe does not...
not limit production even during peak productivity, consistent with TDFe data in this area (Weston et al., 2013).

However, high biological demand has been demonstrated to cause sporadic Fe-limitation even in coastal waters (Hutchins et al., 1998), and Ryder Bay and the WAP as a whole are areas of intense summer productivity (Clarke et al., 2008). The growing season sampled here displayed relatively low chlorophyll compared to other years at the same site (see Clarke et al., 2008; Venables et al., 2013), thus biological Fe use could potentially deplete the available Fe during more intense bloom periods. Ultimately, the ratio of macronutrients supplied to the surface mixed layer compared to the supply of Fe determines which (micro)nutrient will be depleted first, and therefore whether Fe has the potential to limit productivity in Ryder Bay.

Values for Fe-replete phytoplankton in the field are ~40 μmol Fe:mol C (Twining et al., 2004), and culture work indicates that diatoms are unlikely to suffer Fe stress at ratios above 10 μmol Fe:mol C (Sunda and Huntsman, 1995; Maldonado and Price, 1996). A recent review from depth will have ratios of 200 μmol Fe:mol C (Twining and Baines, 2013). Macronutrient and dFe concentrations from deep water (100 m) in Ryder Bay indicate that supply of nutrients from deep water (100 m) in Ryder Bay will have ratios of 200 μmol Fe:mol C (Twining and Baines, 2013). Macronutrient and dFe concentrations from deep water (100 m) in Ryder Bay indicate that supply of nutrients from depth will have ratios of 200–340 μmol Fe:mol N and 2.5–4 mmol/mol Fe:P (equivalent to 30–52 and 24–38 μmol Fe:mol C, respectively; Table 3). Thus the Fe supply from Ryder Bay deep water is adequate or high relative to N, although Fe:P supply is slightly lower than the demand for Fe-replete cells. However, both Fe:N and Fe:P are at least 2-fold higher than the ratios for Fe-stressed cells, indicating that the supply of Fe from below is sufficient to prevent Fe-limitation in Ryder Bay.

The change in nutrient concentration with depth also reflects biological uptake of nutrients, as well as abiotic scavenging processes. The ratios of this change in nutrient concentration at the RaTS site (determined from the slope of nutrients versus depth: 50–200 m for Fe: 15–100 m for N, P; macronutrients from Henley, 2012) are 140–460 (mean = 280) μmol mol Fe:N, and 2.1–5.0 (mean = 3.8) mmol/mol Fe:P, consistent with nutrient use ratios from the surface water drawdown event, and in very good agreement with ratios for Fe-replete phytoplankton. Whilst a portion of this will come from scavenging rather than biological uptake, even these lowest ratios are still well above those for Fe-stressed phytoplankton (0.5–1 mmol mol Fe:P in the North Atlantic, compared to 0.2 mmol/mol for Fe-limited regions of the Southern Ocean; Twining and Baines, 2013).

Different rates of micro- and macro-nutrient cycling have the potential to result in Fe limitation if macronutrients were recycled more efficiently than Fe, which could become progressively depleted relative to N or P supply. However, Twining et al. (2014) observed faster cycling of trace metals relative to macronutrients, making recycling likely to enhance dissolved Fe:N and Fe:P ratios. Thus dissolved nutrient profiles also indicate that Fe-limitation is unlikely in Ryder Bay, and that the deep water source of Fe is adequate to support complete drawdown of upwelled macronutrients.

Table 3
Deep water (100 m) nutrient and Fe concentrations and ratios for dates where all three elements were measured.

| Date  | Fe (nM) | NO3 (μM) | PO4 (μM) | Fe:N (μmol/mol) | Fe:P (mmol/mol) |
|-------|---------|----------|----------|-----------------|-----------------|
| Jan 7 | 7.1     | 24.4     | 1.86     | 287             | 3.82            |
| Feb 12| 6.5     | 19.23    | 1.62     | 338             | 4.01            |
| Feb 22| 6.0     | 30.11    | 2.4      | 199             | 2.50            |
| Mar 10| 5.15    | 22.58    | 2.05     | 228             | 2.51            |
| Range |         |          |          | 200–340         | 2.3–4           |
| Fe:C* |         |          |          | 30–52           | 24–38           |

* Converted to Fe:C ratio based on the Redfield ratio (106:16:1 for C:N:P).

4.5. Iron budget

Glacial sources have already been shown to contribute significantly to Southern Ocean Fe supply, thus it is not surprising that they are also highly significant in Ryder Bay. The contribution of meteoric water to the water column can be calculated based on salinity and δ18O data (Meredith et al., 2008). The maximum extra meteoric water contribution at 15 m for the summer of 2009–10 is 2.6% (=4.2% in March 2010 minus 1.6% in October 2009; Meredith et al., 2013). Assuming this meltwater is evenly distributed within the top 15 m and using published measurements of (dFe) in glacial ice (5–50 nM dFe; Raiswell et al., 2008) gives a seasonal input of 1.9–19.5 μmol m−2 d−1 for total particle-reactive Fe. As melt will likely not be uniform throughout the season, daily input may vary considerably beyond these range estimates.

Further consideration reveals that this estimate of glacial Fe inputs is almost certainly too low, i.e., it is a robust lower limit. First, it assumes that the amount of meteoric water in surface waters is constant with depth, whereas the contribution of fresh meteoric water at the surface will be greater than at 15 m (see salinity in Fig. 2). Second, this method does not account for glacially sourced meteoric water with elevated Fe concentrations, such as from basal ice and runoff. Such “dirty” basal ice is frequently seen in Ryder Bay and would be expected to carry considerably more Fe due to the greater terrigenous material content. Basal ice estimates from the Northern Hemisphere indicate a sediment load ~80–400 times greater than “clean” ice (Raiswell et al., 2006, and references therein). Glacial runoff has been sampled in the Dry Valleys, Antarctica, with dFe concentrations of 1.1–3450 μM (Sheppard et al., 1997; Green et al., 2005; Mikucki et al., 2009). Thus if even a small proportion of the meteoric water is derived from basal ice or runoff, the estimate of glacial Fe input would increase significantly.

Finally, Fe may be supplied by methods associated with the presence of the glacier, but not strictly sourced from glacial melt. For example, re-suspension of sediments in sea-water beneath the glacier or terrestrial sediment in sub-glacial flow can contribute to very high dFe and colloidal nanoparticle Fe concentrations (35 nM and >1000 nM, respectively; Hawkins et al., 2014), but are not included here. These factors (higher glacial proportions above 15 m, basal ice and runoff, and sub-glacial processes) indicate actual glacial Fe input will be higher than the estimate presented here. However, the magnitude of the difference from the true level of glacial inputs is partially offset by the inclusion of precipitation in meteoric water, and whilst precipitation is likely to be low compared to the glacial component, we cannot assume that it is negligible.

Whilst this analysis focuses primarily on dFe fluxes, our results indicate that glacial processes deliver a much greater particulate component (92 ± 52 nM, ~90% of TDFe), consistent with earlier studies (Raiswell et al., 2006; Statham et al., 2008; Raiswell, 2011; Gerringsa et al., 2012). Much of this particulate material will sink out of the surface due to vertical settling (Boyd et al., 2012), but in the sediments this fraction may be subject to reduction to Fe2+ and subsequent dissolution into overlying waters. Even before reaching the sediments, particulate Fe may be available for phytoplankton use (Planquette et al., 2011). Although the proportion of available Fe and rate of release are still areas of active research, recent work by Thurczy et al. (2012) suggests that release of glacial Fe and subsequent productivity results in undersaturation of organic ligands, which will favour the solubilisation of glacial Fe and enhance the proportion available to phytoplankton. In addition to a potentially bioavailable Fe source, particles also represent an important mechanism by which Fe can bypass biological utilisation in the surface mixed layers (Homoky et al., 2012; Planquette et al., 2013), and transport of particulate Fe.
may be significant in many regions (Frew et al., 2006; Lam et al., 2006; Planquette et al., 2009, 2011).

Whilst glacial inputs are suggested to be both spatially and temporally variable, our estimate indicates that Fe inputs from surrounding glaciers are very large. However, the magnitude of supply must be considered relative to the demand for Fe. Seasonal budgets of Si demand associated with new production have been estimated from Si isotopic measurements, concentrations, and physical water column conditions (Annett, 2013). Using the biological Fe:Si ratios determined above, the Si demand can be converted to annual requirement of Fe for new production. Although this is based on Fe:Si ratios and thus only reflects diatom production, phytoplankton biomass at the RaTS site is diatom-dominated (Clarke et al., 2008; Annett et al., 2010). The estimate of Fe requirement for 2009 is 130–260 μmol Fe m⁻² y⁻¹ in 2009–2010, and 400 μmol Fe m⁻² for a high-chlorophyll year. Further, as the Fe:Si ratios calculated from drawdown will also include scavenging of Fe, the true biological Fe requirement will be less than these estimates suggest.

The dFe inputs estimated here from glacial sources are noteworthy in comparison (~1–15% of Fe demand for low-chlorophyll years, 0.5–5% in high-chlorophyll years). As discussed above, this likely significantly underestimates total glacial input, including basal ice and runoff. As an example, if basal ice and glacial runoff each made a 1% contribution to the meteoric water inventory (likely conservative given the exposed rock surrounding Ryder Bay), the glacial Fe supply would account for 3–7% of Fe demand for a low-chlorophyll year, and 2–22% for a high-chlorophyll year. Whilst speculative regarding the potential contributions of basal ice and runoff to glacial Fe supply, this analysis highlights that glacial inputs are a substantial source of Fe to an area which is unlikely to be Fe-deficient due to the ratios of vertical nutrient fluxes. As such, there is an excess supply of Fe from glacial inputs to Ryder Bay.

5. Conclusions and implications

Using time series measurements of dFe and TFe throughout a bloom, we identify sources of Fe and their relative contributions to seasonal Fe cycling at a coastal southern WAP station. This has allowed us to budget upward nutrient fluxes, and combined with the seasonal dFe minimum indicates that Fe does not limit primary production in Ryder Bay. This study identifies sedimentary input (deep water) as a key Fe source that is greater than glacial sources over annual or longer timescales. Ratios of macronutrients versus Fe concentrations in deep waters indicate that macronutrients will be depleted before Fe becomes limiting. Thus, Fe will not be fully utilised in the WAP region, and has the potential to be transported to offshore, Fe-limited areas. On shorter timescales, this study also identifies significant glacial Fe inputs; in contrast, Fe inputs from sea-ice appear minor. Glacial sources are active during the growing period, especially early in the summer, and the magnitude of this seasonal supply (up to 1.9–19.5 μmol Fe m⁻², not including any basal ice or runoff) is significant with respect to the estimated biological Fe demand (130–400 μmol Fe m⁻²). Some of this Fe may be rapidly recycled via the biota, and all indices measured here suggest an Fe-replete phytoplankton community, well above any threshold for Fe stress.

The WAP is currently an Fe source region (de Baar et al., 1995; Holeten et al., 2005; de Jong et al., 2012; Hatta et al., 2013), and continued warming is likely to affect the magnitude of this source. Stronger and/or more frequent CDW incursions as changes in atmospheric circulation in the region proceed (Martinson et al., 2008; Meredith et al., 2010) may supply Fe to WAP waters by increasing the amount of water flowing over the shelf in direct contact with sediments. Ongoing glacial melt and retreat (Vaughan, 2006; Rignot et al., 2014) will increase Fe input, and retreat of marine terminating glaciers could expose additional subglacial sediments, enhancing seawater driven sediment mixing and Fe release. This Fe has the potential to be transported off the WAP shelf, as it can be advected to some extent into the ACC (Hofmann et al., 1996; Zhou et al., 2002; Beardsley et al., 2004; Klink et al., 2004). In particular, offshore transport of particulate glacial Fe may represent a significant flux of Fe to the Southern Ocean, consistent with the WAP region being a source of Fe to the ACC (de Jong et al., 2012). This represents a pathway delivering Fe to offshore regions that are currently Fe-limited, where it could stimulate primary production and promote C drawdown, acting as a negative-feedback mechanism on atmospheric CO₂.

Acknowledgements

The authors would like to thank the marine staff of Rothera Research Station for help with sample collection, and the British Antarctic Survey for logistical support. Antarctic fieldwork work was supported through the Collaborative Gearing Scheme of the British Antarctic Survey (through NERC, UK, CGS11/56). Scholarship funding was provided to A.L. by the School of GeoSciences (University of Edinburgh), and NSERC (Canada), PGS-D-37428-2009. We are grateful to the Associate Editor and two anonymous reviewers for comments which have greatly improved the manuscript. RaTS data can be requested at www.antarctica.ac.uk/rats, other data are available from the authors.

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