Curvilinear polyhedra as dynamical arenas, illustrated by an example of self-organized locomotion

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Experiment shows that dumbbells, placed inside a tilted hollow cylindrical drum that rotates slowly around its axis, climb uphill by forming dynamically stable pairs, seemingly against the pull of gravity. Analysis of this experiment shows that the dynamics takes place in an underlying space which is a curvilinear polyhedron inside a six dimensional manifold, carved out by unilateral constraints that arise from the non-interpenetrability of the dumbbells. The energetics over this polyhedron localizes the configuration point within the close proximity of a corner of the polyhedron. This results into a strong entrapment, which provides the configuration of the dumbbells with its observed shape that leads to its functionality – uphill locomotion. The stability of the configuration is a consequence of the strong entrapment in the corner of the polyhedron.

1. INTRODUCTION

Unilateral constraints, that is, constraints in the form of inequalities \( f_i(q_j, \dot{q}_j) \geq 0 \) in generalized coordinates and velocities \((q_j, \dot{q}_j)\), are common in everyday life. They often arise from the non-interpenetrability of physical objects, which is the context of contact mechanics. Such constraints are inconvenient in the framework of mechanics on smooth manifolds. When the unilateral constraints involve only \( q_i \)'s, as in contact mechanics, they can be accounted for as the effects of additional ad hoc sharply rising potentials, that is, in terms of mechanical deformations at the points of contact [1–3]. In this paper, we instead look at the curvilinear polyhedra in suitable generalized coordinates that are carved out by the unilateral constraints. The behaviour of the mechanical systems plays out on these polyhedra. We find that essential qualitative aspects of the behaviour, such as stable entrapment and bifurcation are closely related to the local geometry near the corners of the polyhedra.

As an illustration of this paradigm, we study an experimental example. When a number of identical dumbbells are placed inside a tilted hollow cylindrical drum that rotates slowly around its axis, they climb upwards by forming dynamically stable pairs (dyads), seemingly against the pull of gravity. It is a surprise when objects move in a direction opposite to the apparent force applied to them. It is even more surprising when such behaviour is displayed not by single objects, but only by pairs of objects which behave as a unit that is dynamically stable without any mutual attraction between the constituents. In this paper, we first identify a polyhedron in a certain manifold that naturally arises because of non-interpenetrability of the dumbbells, and then we show how energetics over the corners of this polyhedron can explain the observed behaviour of the dumbbells.

This paper is arranged as follows. The experimental arrangement is described in section 2, and the observations are described in section 3. The section 4 explains the behaviour of a single dumbbell. The physical description of the curvilinear polyhedron and its faces, which underlie the theory for dumbbell pairs, is given in section 5. The section 6 treats energetics over this polyhedron, and identifies its local energy minimizing locus. With this preparation, the section 7 completes the explanation of the observed facts about dumbbell pairs. This is followed by general conclusions and speculations in section 8. The appendix A gives a quantitative analysis of the frictional response of dumbbells. The appendices B and C contain mathematical details used in the paper.

2. THE EXPERIMENTAL ARRANGEMENT

A cylindrical drum of radius \( R \approx 125 \text{ mm} \) made of glass, that is tilted at an angle \( \alpha \approx 7^\circ \) with respect to the horizontal, is made to rotate about its axis at a constant angular speed \( \omega \approx 0.01 \text{ radians/sec} \). The dumbbells used in the experiment are made of two identical spherical balls rigidly joined by a cylindrical rod in a symmetric manner. The distance between the centers
of the balls will be denoted by $\ell$, which we will call as the length of the dumbbell. The radius of the balls, which is $\sim 3$ mm, satisfies $r \leq \ell/2$. Moreover, the radius $t$ of the rod is significantly smaller than the radius of the balls. If $r = \ell/2$, the dumbbell will appear as a pair of spheres glued together. The dumbbells used in the experiments are made of plastic. Their size is tiny compared to the size of the cylinder ($\ell/R \leq 1/10$).

The intrinsic coordinates $\varphi$ (‘azimuthal angle’) and $\eta$ (‘cylindrical altitude’) on the cylinder (see Fig. 1) are defined in terms of the laboratory coordinates $x, y, z$ (with $z$ the vertical coordinate) by the equations

$$\varphi = -\tan^{-1}\left(\frac{x}{-y \sin \alpha + z \cos \alpha}\right) \quad \text{and} \quad \eta = y \cos \alpha + z \sin \alpha.$$  

The bottom of the cylinder is at $\eta = 0$. Infinitesimal distance on the surface of the cylinder is given in terms of these coordinates by $ds^2 = R^2 d\varphi^2 + d\eta^2$. The geodesics on the surface of the cylinder are given by linear equations $a \varphi + b \eta + c = 0$. These are helices in general and as special cases they include the straight lines $\varphi = \text{constant}$ (referred to as the meridians) and the circles $\eta = \text{constant}$ (referred to as the latitudes). Note that $\varphi = 0$ is the lowest straight line on the curved surface of the cylinder.

Unlike latitude and longitude coordinates on the earth, the coordinates $\varphi, \eta$ are not to be regarded as rotating with the cylinder. Consequently, the rotation of the cylinder carries a point $(\varphi, \eta)$ to the new point $(\varphi + \omega t, \eta)$ after a time $t$, by moving along a latitude.

The physical height function $z$ on the cylinder is given in these coordinates by the formula

$$z = \eta \sin \alpha - R \cos \alpha \cos \varphi.$$  

Its level curves on the cylinder are depicted in black in Fig. 2. The corresponding gradient vector field $F_T$ on the surface of the cylinder is given by

$$F_T = -\nabla z = -\cos \alpha \sin \varphi R^{-1} \frac{\partial}{\partial \varphi} - \sin \alpha \frac{\partial}{\partial \eta} \quad (1)$$  

The flow lines of $F_T$ constitute the family of curves described by the differential equation $d\varphi/d\eta = (\sin \varphi)/(R \tan \alpha)$. These are depicted in red in Fig. 2. The flow lines intersect the level curves orthogonally at all points. The lowest meridian line $\varphi = 0$ is one such flow line.

The region $\Omega$ on the cylinder, which is of relevance to the experiment, is the inner surface of the ‘lower half’ of the cylinder, given in coordinate terms by $-\pi/2 < \varphi < \pi/2$ and $\eta > 0$. The motion of the dumbbells in the experiment takes place in this region. A dumbbell lying in $\Omega$ is described by coordinates $\varphi, \eta, \theta$. Here, $\varphi, \eta$ give the location of the center of the dumbbell, and $\theta$ gives the angle from the axial vector of the dumbbell to the meridian direction $\partial/\partial \eta$; see Fig. 1. Because of the symmetry of the dumbbell, we identify $\theta$ with $\theta + \pi$, so that $\theta$ becomes a periodic coordinate with period $\pi$.

In this coordinate description of a dumbbell, we have quotiented out the angular coordinate which describes the rotation of a dumbbell around its own axis, as that is not used in what follows. Suggested by a navigational analogy, we will call $\theta$ as the heading of the dumbbell.

3. EXPERIMENTAL OBSERVATIONS

3.1. Isolated dumbbells

By imaging the motion of a single dumbbell placed in a tilted rotating cylinder, we observe the following.

(i) A dumbbell with a small positive heading $0 < \theta < 20^\circ$ when placed in the tilted rotating cylinder moves up in
FIG. 4: The left half of this figure traces the history of a single dumbbell placed in a tilted rotating cylinder ($\alpha = 7^\circ$). The dumbbell had an initial positive heading. The three panels (a), (b) and (c) on the left show how the values of $\phi$, $\eta$ and $\theta$ change with time. The sharp drops in $\phi$ seen in the panel (a) correspond to the rolling phase in the zigzag motion of the dumbbell. Coconcomitantly with these drops in $\phi$, we observe sudden rises in $\eta$ as a result of rolling with a positive heading, as can be seen in the panel (b). Note that the drops in the value of the heading take place during the rolling phase, as can be seen in the panel (c). The right half of this figure traces the contrasting histories of two different isolated dumbbells: the graphs in blue correspond to a dumbbell with an initial negative heading, and the graphs in green correspond to a dumbbell with an initial positive heading. The panels (d) and (e) on the right show how the values of $\eta$ and $\theta$ change with time for these two dumbbells. Note that for both the dumbbells, $\theta$ goes to zero with time, and the value of $\eta$ begins to go down eventually. The physical parameters for the dumbbell are $\ell = 14$ mm, $r = 3$ mm, $t = 1.5$ mm.

Similarly a dumbbell with a small negative heading $-20^\circ < \theta < 0$ when placed in the cylinder moves down in $\eta$; see Fig.3.

(ii) On closer inspection the trajectories for the cases described above are seen to be zigzags involving rolling and sticking phases (see variations in time of $\varphi$ in Fig.4(a) and $\eta$ in Fig.4(b) along such a trajectory). The speed at which a dumbbell rolls down in $\phi$ is much greater than the speed at which it gets carried up in $\phi$ by the rotation of the cylinder: correspondingly, the rolling phases appear as almost vertical segments in Fig.4(a).

(iii) The heading is not stable over time and tends to zero. The changes are shown in Fig.3 and Fig.4(c). The changing in heading takes place during the rolling arms of the zigzag (see Fig.4). The width in $\varphi$ of these zigzags is about $5^\circ$. These zigzag trajectories are schematically shown (amplified for clarity) in Fig.2.

(iv) A dumbbell with zero heading moves downwards in $\eta$ over time by intermittent slippages, keeping its heading nearly zero (see Fig.3 and Fig.4(d) and (e)). From the above observations it follows that a dumbbell whose initial heading is between $-20^\circ$ to $20^\circ$ eventually moves to the bottom of the cylinder. If $|\theta|$ is larger, then the dumbbell rolls down rapidly to the bottom of the cylinder. The above observations continue to hold for $\alpha \leq 10^\circ$. For a larger $\alpha$ as the increased downward force overcomes the force of sliding friction more easily, a dumbbell rapidly descends to the bottom of the cylinder, regardless of its initial heading.

3.2. Bunch of dumbbells

When a number of identical dumbbells are placed together as a bunch in the bottom of a tilted rotating cylinder, the bunch slides down to the lowest part of the tilted cylinder, where the flat bottom meets the curved surface. Subsequently, we observe the following.

(i) The bunch gets partitioned into a discrete set of rollers and a cluster of interlocked dumbbells that slide. The
rollers occupy the region where $|\varphi|$ is small with $\varphi$ mostly positive, and the interlocked sliding structures are located at a higher value of $\varphi$ (see Fig. 5 for a representative image of how the dumbbell distribution begins to appear very soon after the start). This behavior is similar to that for rolling spheres which was described in Kumar, et. al. [4]. There are occasional slippages and collisions, and headings are observed to get randomized. This process keeps producing isolated dumbbells with a small positive heading.

(ii) Isolated rollers which have a small initial positive heading begin to move up the cylinder, till eventually their headings become nearly zero and they begin to slip downwards. This is as described in section 3.1.

(iii) During the above process, descending dumbbells encounter newer isolated dumbbells going upwards, which occasionally results into the formation of a nested pair of dumbbells (which we call as dyads). These dyads have two varieties, namely, right handed dyads and left-handed dyads (see left panel of Fig. 6). The left and right handed dyads are mirror images of each other. Occasionally one obtains a transient structure like the pair marked (NC) in Fig. 6 (left panel). This pair is not nested, and (consequently) it is observed to be unstable. It is not chiral, being its own mirror image.

(iv) Right handed dyads with a small arbitrary initial heading are observed to gradually change their heading to a particular value $\theta_s > 0$ and then maintain that heading but for minor fluctuations; see top panel of Fig. 7 and Fig. 8(a) and (b). Similarly, left handed dyads with a small arbitrary initial heading are observed to gradually change their heading to $-\theta_s$ and then maintain that heading but for minor fluctuations; see bottom panel of Fig. 7 and Fig. 8(c) and (d). For the example shown in Fig. 6, $\theta_s \approx 15^\circ$. For a fixed radius of the balls, the steady state heading $\theta_s$ of the dyad decreases with increasing dumbbell lengths $\ell$ (see Fig. 6).

(v) The qualitative features of the trajectories of a dyad are quite similar to those for a single dumbbell. When being carried up in $\varphi$ by the rotation of the cylinder, the two dumbbells touch each other and the pair moves up as a composite object. As rolling is suppressed when objects are in contact, and as sliding friction is stronger than rolling friction, the maximum angle $\varphi$ to which a dyad is carried up is greater that that for a single dumbbell. The experimentally observed values of this angle are given in the right half Fig. 15 of the Appendix. On reaching the maximum value of $\varphi$, the lower dumbbell in the pair breaks away from the top one by beginning to roll. It rolls down along a geodesic at an angle $\theta$ to the meridians, where $\theta$ is its heading. The higher dumbbell of the pair, whose heading is approximately the same as that of the lower dumbbell, then follows the lower one along a nearby geodesic, till it comes to a stop close to the first dumbbell, thus retaining the dyad structure (6). In this process the two dumbbells play the game of repeated rolling away and catching up. This behavior is similar to that for rolling spheres which was described in Kumar, et. al. [4].

Given the continuous closeness of the two dumbbells in a dyad observed above, it is useful to attach a single position as well as heading to a dyad as a whole. The position $(\varphi, \eta)$ and the heading $\theta$ for a dyad will respectively mean the average of the positions and of the headings of the two dumbbells. Note that the angle $\theta$ is well-defined only up to the addition of an integral multiple of $\pi$.

(vi) The right handed dyads move up in $\eta$ till they reach the top of the cylinder, and then they fall out. The left handed dyads go to the bottom of the cylinder, where they break apart. As described above in (iii), new right handed dyads keep getting formed. Our observations for our chosen experimental realization show that from a bunch of 60 dumbbells that is initially placed in the bottom of the tilted rotating cylinder, about 40 dumbbells exit the cylinder in 20 minutes, by forming right-handed dyads.
FIG. 7: Snapshots in time which capture the stability of heading for dumbbell dyads placed in a tilted rotating cylinder (\(\alpha = 7^\circ\)). The top and bottom panels respectively show the observations for right handed and a left handed dyad respectively. The observations deliberately begin which a right handed dyad with an initial negative heading and left handed dyad with an initial positive heading. It is to be noted how the headings of the right handed and left handed dumbbell dyads progressively become positive and negative respectively, and how the respective dyads eventually move in the \(\eta\) or the \(-\eta\) directions. The physical parameters for the dumbbells are \(\ell = 16\) mm, \(r = 3\) mm, \(t = 1.5\) mm.

4. EXPLANATION OF THE OBSERVED PHENOMENA FOR A SINGLE DUMBBELL

A dumbbell experiences a different amount of friction for motion along its axis (sliding) and perpendicular to its axis (rolling), with the sliding friction being significantly higher than the rolling friction. This results in a ‘keel effect’ in analogy with a boat in water that experiences very different resistances to moving forward as against sideways, while a raft – lacking a keel – does not show this behaviour. A detailed analysis of the frictional behaviour of a single dumbbell is given in Appendix [A] which includes the precise formulas as well as experimental observed values which validate the qualitative description given below.

A dumbbell placed in a tilted rotating cylinder at \(\varphi = 0\) with a small value of the heading \(\theta\) will get carried upwards along \(\varphi\) by the rotation of the cylinder. Thus, its underlying part of the cylinder keeps getting steeper. When \(\varphi\) exceeds a certain value, the force of gravity overcomes the resistance of static friction. Consequently, the dumbbell begins to roll down along the geodesic with constant \(\theta\), till it reaches a lower value of \(\varphi\) where it comes to a stop. This process gets iterated, leading to a zigzag trajectory. Such trajectories for positive and negative values of \(\theta\) are shown in respectively blue and green in Fig. 8, assuming that \(\theta\) has remained constant.

This auto toggling between stationary and rolling state allows a dumbbell with a small positive value of the heading \(\theta\) to move up the energy ladder in a sustained manner, provided it maintains a constant positive heading. However, the value of \(\theta\) is not stable, and tends to zero as time passes for reasons of energetics that we now explain. (The torque on a dumbbell, which leads to this change of heading, is discussed in Appendix [A].)

For this, it is convenient to regard a cylinder tilted at an angle \(\alpha\) as a cylinder which is kept horizontal, in which an object of mass \(m\) placed on the surface is subjected to

![Figure 8](image_url)

FIG. 8: Experimentally observed temporal variations of \(\eta\) corresponding to the trajectories of two right handed dyads and two left handed dyad in a tilted rotating cylinder (\(\alpha = 7^\circ\)) are shown in (a) and (c), respectively. Their corresponding variations in \(\theta\) are plotted in (b) and (d) respectively. The data for any particular dyad is marked in a distinctive colour. For each chirality, one of the dyads has a positive initial heading and the other dyad has negative initial heading. The physical parameters for the dumbbells are \(\ell = 16\) mm, \(r = 3\) mm, \(t = 1.5\) mm.

![Figure 9](image_url)

FIG. 9: Experimentally observed variation of the stable heading \(\theta_s\) as a function of \(\ell\) for a right handed dyad are marked as red data points and for a left handed dyad as grey data points. The open symbols are the data obtained for a horizontal cylinder (\(\alpha = 0^\circ\)) and the filled symbols correspond to the tilted cylinder (\(\alpha = 7^\circ\)). The red curve is the graph of \(\theta_s = \arctan(r/\ell)\) and the black curve is the graph of \(\theta_s = -\arctan(r/\ell)\) for a fixed value \(r = 3\) mm, which are the theoretical expected relations based on energy minimization derived in appendix [C] for ideal dumbbells with weightless rods in a horizontal cylinder.
a body force in the direction \(-\eta\) of magnitude \(mg\sin\alpha\).

A single dumbbell lying on the cylinder defines a point of the the space \(M\) which has coordinates \((\varphi, \eta, \theta)\) where \((\varphi, \eta)\) describe the location of the center of mass of the dumbbell on the surface of the cylinder, and \(\theta\) is a circular coordinate with period \(\pi\) which describes the angle from a meridian line \((\varphi = \text{const.})\) to the axis of the dumbbell. Geometrically, \(M = \Omega \times S^1\) (where \(S^1\) denotes a circle of circumference \(\pi\)) is the space of apparent configurations of a single dumbbell. This is a manifold of dimension three.

A dumbbell placed in a horizontal cylinder has a unique minimum potential energy, which is achieved for \(\varphi = 0\) and \(\theta = 0\) (while \(\eta\) may be arbitrary). The subset \(M_{\text{min}}\) of \(M\) defined by the simultaneous equalities \(\varphi = 0\) and \(\theta = 0\) is an attractive minimum locus. Thus, slippages brought by noise lead to any dumbbell placed arbitrarily to move towards \(M_{\text{min}}\). When the heading \(\theta\) is zero, the dumbbell rolls in place. Now suppose that we apply a body force which corresponds to a small value of \(\alpha\). For a dumbbell with a small enough initial value of \(|\theta|\), the effect of the body force does not interfere with this behaviour (where \(\theta\) gradually becomes 0), but it tends to lower \(\eta\) because of occasional slippages. If \(|\theta|\) is large, then the body force makes the dumbbell roll in a direction which lowers \(\eta\). This explains the observed behaviour described above.

5. THE CONFIGURATION SPACE \(D\) FOR A PAIR OF DUMBBELLS

As seen above, a single dumbbell lying on the cylinder defines a point of the space \(M = \Omega \times S^1\) of dimension three. A similar geometric description for a pair of dumbbells begins with a point of the product space \(M \times M\), with coordinates \((\varphi_1, \eta_1, \theta_1, \varphi_2, \eta_2, \theta_2)\) that describe the two dumbbells. However, not all points of \(M \times M\) are accessible, as the dumbbells cannot mutually interpenetrate. This results in unilateral constraints, which carve out a subspace \(D\) in \(M \times M\) as the actual configuration space for a pair. It turns out that \(D\) is not a manifold, but it is locally a polyhedron in curvilinear coordinates, having boundaries and corners. We now physically describe this curvilinear polyhedron in terms of the relative placement of the two dumbbells. We will also physically describe the corners of \(D\) and their interconnects in terms of allowed relative movements of the dumbbells. Some of the basics of curvilinear polyhedra in manifolds are recalled in Appendix B. In this section, we describe the relevant geometry physically.

For simplicity, we will assume that the rods of the dumbbells are long enough so that a single ball of one dumbbell cannot simultaneously touch both the balls of the other dumbbell.

The set \(D\) is six dimensional, and it is naturally partitioned into subsets \(D_i\) for \(i = 3, 4, 5, 6\) which have direct physical descriptions (see Fig.10). A dumbbell pair where the dumbbells are not touching each other defines a point of \(D_6\). If the pair has a one point contact then the corresponding point of \(M \times M\) is in \(D_5\) and for a two point contact the corresponding point is in \(D_4\). Points of \(D_4\) represent dumbbell pairs with at least three points of contact. As will be apparent, the sets \(D_i\) have dimension \(i\) for \(i = 3, 4, 5, 6\). These are the faces of the polyhedron \(D\). It is significant that \(D_5\) is the smallest dimensional nonempty face (that is, the faces \(D_0\), \(D_1\) and \(D_2\) are empty). In other words, \(D_5\) is the sharpest corner of the polyhedron \(D\), being the smallest dimensional face.

If we have a pair of dumbbells which do not touch, then if each dumbbell is independently perturbed by small enough amount, then they continue not to touch. This shows that \(D_6\) is an open set, and so it has dimension 6. A pair which corresponds to a point of the set \(D_5\) has two kinds of realizations depending on whether the single contact point of the two dumbbells lies on a ball of each dumbbell, or lies on the ball of one dumbbell and the rod of the other dumbbell (see Fig.10). In a small neighbourhood in \(M \times M\), one can unambiguously label the centres of the balls of the first dumbbell as \(A_1\), \(A_2\) and of the second dumbbell as \(B_1\), \(B_2\). Suppose we have a point of \(D_5\) for which the ball with centre \(A_i\) touches the ball with centre \(B_j\). Then in a small enough neighbourhood of this point in \(M \times M\), the set \(D\) is described by the inequality

\[
d(A_i, B_j) \geq 2r
\]

where \(r\) is the radius of the balls, and \(d\) is the distance function. The portion of \(D_5\) is locally described by the corresponding equality \(d(A_i, B_j) = 2r\) while the portion of \(D_6\) is locally described by the corresponding strict inequality \(d(A_i, B_j) > 2r\). If we have a point of \(D_5\) for which the ball with center \(A_i\) touches the rod of the other dumbbell. Then in a small enough neighbourhood of this point in \(M \times M\), the set \(D\) is described by the inequality

\[
d(A_i, B_j) \geq r + t
\]

where \(\beta\) is the axial line of the second dumbbell, and \(t\) is the radius of the rod. The portion of \(D_5\) is locally described by the corresponding equality \(d(A_i, \beta) = r + t\) while the portion of \(D_6\) is locally described by the corresponding strict inequality \(d(A_i, \beta) > r + t\). A similar inequality \(d(\alpha, B_j) \geq r + t\) (and the corresponding equality and strict inequality) works in a neighbourhood of a point of \(D_5\) for which the rod of the first dumbbell touches a ball of the second dumbbell, where \(\alpha\) is the axial line of the first dumbbell.

It can be seen that points of \(D_5\) correspond to dumbbell pairs which have five kinds of realizations, some of which are shown in Fig.10. The set \(D_4\) can be locally described in a small enough neighbourhood of any of these 5 kinds of points by suitable inequalities in terms of distances. For example, if a point of \(D_4\) is realized by a pair such as the red pair in the \(D_4\) portion of Fig.10 then the
simultaneous inequalities
\[ d(\alpha, B_1) \geq r + t \]
\[ d(A_2, \beta) \geq r + t \]
define \( D \) in a small enough neighbourhood. The corresponding equalities define \( D_4 \) locally. Making both inequalities strict defines \( D_6 \) locally, while making exactly one of these into an equality defines \( D_3 \) locally.

The set \( D_3 \) is of special interest to us. The points of \( D_3 \) have two kinds of realizations, leading to a partition \( D_3 = \Delta \cup \mathcal{E} \). Points of \( \Delta \) are realized by pairs which have a three point contact. These appear like the blue or green pair in the \( D_3 \) portion of Fig.10. Points of \( \mathcal{E} \) correspond to pairs which have a four point contact. These appear like the black pair in the \( D_3 \) portion of Fig.10 or like its mirror image.

Suppose we have a point of \( D_3 \) for which the balls with center \( A_2 \) and \( B_1 \) touch each other and also touch the rod of the other dumbbell (see the pair \( P_1 \) in Fig.11). Note that this is a point of \( \Delta \). In a small neighbourhood of this point in \( M \times M \), the portion of \( D \) is defined by the inequalities
\[ d(A_2, \beta) \geq r + t, \]
\[ d(\alpha, B_1) \geq r + t, \] and
\[ d(A_2, B_1) \geq 2r. \]
As before, by replacing various inequalities by strict inequalities or equalities, one obtains the portions of \( D_6, D_5, D_4 \) and \( D_3 \) in this neighbourhood.

Suppose we have a point of \( D_3 \) for which the balls with centers \( A_1 \) and \( B_1 \) touch each other, the balls with centers \( A_2 \) and \( B_2 \) touch each other, the balls with centers \( A_3 \) and \( B_3 \) also touch the rod of the other dumbbell (see the pair \( P_2 \) in Fig.11). Note that this is a point of \( \mathcal{E} \). Then in a small neighbourhood of this point in \( M \times M \), the portion of \( D \) is defined by the inequalities
\[ d(A_2, \beta) \geq r + t, \]
\[ d(\alpha, B_1) \geq r + t, \] and
\[ d(A_1, B_1) \geq 2r, \] and
\[ d(A_2, B_2) \geq 2r. \]

The corresponding four equalities (but not the original inequalities) are overdetermined by one, so the set \( \mathcal{E} \) is 3 dimensional.

Taking chirality into consideration, we get a finer partition
\[ D_3 = \Delta_L \cup \Delta_R \cup \Delta_L \cup \Delta_R \cup \mathcal{E}_L \cup \mathcal{E}_R \]
where \( \Delta_L \cup \Delta_R = \Delta \) and \( \mathcal{E}_L \cup \mathcal{E}_R = \mathcal{E} \), and where the subscripts \( L \) and \( R \) denote the left or right chirality of the pair. For example, the blue pair in Fig.10 defines a point of \( \Delta_R \) and the green pair in Fig.10 defines a point of \( \Delta_L \). The black pair in Fig.10 defines a point of \( \mathcal{E}_L \).

The concept of chirality can be made precise as follows.

For any pair of dumbbells in \( D_3 \), there is a unique pair of centers \( A_i, B_i \) of balls which are furthest apart from each other. Let \( A_q \) and \( B_q \) be the remaining centers. The dumbbell pair is left-handed (respectively, right handed) if and only if the pair of vectors \( (A_jB_j', A_pB_q') \) is left-handed (respectively, right handed). The subsets \( \Delta_L \) and \( \mathcal{E}_L \) of \( \Delta \) and \( \mathcal{E} \) respectively consist of the left-handed pairs while the subsets \( \Delta_R \) and \( \mathcal{E}_R \) of \( \Delta \) and \( R \) respectively consist of the right-handed pairs.

Each of the components \( \Delta_L, \Delta_R, \mathcal{E}_L \) and \( \mathcal{E}_R \) consists of all points of \( M \times M \) that can be obtained by translating or rotating the dumbbell pair which defines any particular representative point of that component. This gives an identification of each of \( \Delta_L, \Delta_R, \mathcal{E}_L \) and \( \mathcal{E}_R \) with \( M \).

Though \( D \) is six dimensional, because 3 of those dimensions are free (as can be seen by translating or rotating the dumbbell pair representing any point of \( D \)), one can give a sense of how \( D \) appears (at least locally) by means of a figure in \( 6 - 3 = 3 \)dimensions. When the 3 free dimensions in \( D \) are suppressed, the region \( D \) locally appears like the exterior of the solid object depicted in Fig.11(c). The compact solid object locally represents interpenetrating pairs. The corners and edges of this solid body are inverted, that is, they point inwards. Note that \( D_3 \) is locally represented by the corner points of this body, while \( D_4 \) locally appears as its edges. The 2-dimensional faces locally represent \( D_5 \). The region \( D_6 \) is locally represented by the complement (exterior) of the body. Note that the corners and edges of the complement point outwards, making the complement locally convex in a curvilinear sense.

The parts Fig.11(a) and Fig.11(b) show how to move the two dumbbells relative to each other, while retaining contact, so as to go from a point of one of the components \( \Delta_L, \Delta_R, \mathcal{E}_L \) and \( \mathcal{E}_R \) of \( D_3 \) to another component, while remaining within \( D_4 \). The various motions in Fig.11(a) and Fig.11(b) are color coded, and the corresponding paths in \( D \) are marked by the same color in Fig.11(c).

The polyhedron \( D \) is locally convex in a curvilinear sense (as formally defined in Appendix B). The significance of this for the energetics and the stability of a dumbbell pair will become clear later.

6. ENERGETICS AND ENTRAPMENT OVER \( D \)

For a pair of dumbbells in a horizontal cylinder, we now study the potential energy function \( E \) on the space \( D \). For simplicity, we will neglect the weight of the rods of the dumbbells. The function \( E \) is the sum of the individual potential energies of the dumbbells. The absolute minimum value for \( E \) is achieved when both dumbbells lie along the lowest meridian of the cylinder. In coordinate terms, the corresponding point \((\varphi_1, \eta_1, \theta_1, \varphi_2, \eta_2, \theta_2)\) of \( D \) satisfies \( \varphi_1 = \varphi_2 = 0 \) and \( \theta_1 = \theta_2 = 0 \). Such points lie in \( D_9 \) when the dumbbells do not touch each other, or in \( D_5 \) as a limiting case when the dumbbells touch at one
point. They form a subset $G \subset M \times M$. As the dumbbells cannot inter-penetrates, $G$ has two components, respectively defined by the conditions $\eta_j - \eta_{j+1} \geq 1 + 2r$ or $\eta_j - \eta_{j+1} \geq \ell + 2r$.

Besides the global minimum for $E$, which is attained on $G$, it turns out that there is another local minimum value for $E$, which is attained along a locus $\delta$ which lies inside $\Delta$ in $D_3$. Chirality of the pairs gives a decomposition $\delta = \delta_L \cup \delta_R$ where $\delta_L \subset \Delta_L$ and $\delta_R \subset \Delta_R$. It is shown later that $G$ and $\delta$ are the only local minimal energy loci.

In terms of distance functions and coordinates, the sets $\delta_L$ and $\delta_R$ are defined as follows. A point $(\varphi_1, \eta_1, \varphi_2, \eta_2, \varphi_3, \eta_3)$ of $\Delta_L$ lies in $\delta_L$ if and only if

$$\varphi_1 + \varphi_2 = 0 \text{ and } \varphi_1 = \eta_1 = -\arctan(r/\ell).$$

The subset $\delta_R \subset \Delta_R$ is analogously defined by

$$\varphi_1 + \varphi_2 = 0 \text{ and } \varphi_1 = \eta_1 = -\arctan(r/\ell).$$

The sets $\delta_L$ and $\delta_R$ are disjoint closed submanifolds of $M \times M$, each isomorphic to the natural metric on $T$ which is in a small neighbourhood of $G$. The three pairs shown in the $D_4$ portion of the figure, together with the mirror images of the red pair and the blue pair, give examples of points on all five components of $D_4$. Note that the gray pair in the $D_4$ portion of Fig. 10 and its mirror image lie in the same component of $D_4$. The dumbbell configurations which correspond to points in the manifold $D_3$ have no chirality, and there are exactly three connected components. One of these corresponds to the orange pair in the $D_5$ portion of the figure, and two other components correspond to the yellow pair in the $D_4$ portion of the figure (these two components are related to each other by interchanging the two dumbbells).

7. MOTION OF A DUMBBELL DYAD

7.1. Dyads and the subset $T \subset M \times M$

To make the notion of a dyad more precise, we first identify a subset $T \subset M \times M$ of these. By definition, $T$ consist of all pairs of apparent configurations such that the two dumbbells are parallel to each other, and one ball of each dumbbell touches the rod of the other dumbbell. Note that $T$ is a closed subset of $M \times M$, and it is in fact the union of all of $D_3$ with exactly 2 of the 5 connected components of $D_4$, namely, those which correspond to the red pair in the $D_4$ portion of Fig. 10 and its mirror image.

One may say in general that a dyad is a point in $M \times M$ which is in a small neighbourhood of $T$ with respect to the natural metric on $M \times M$ induced from that on $M$. One possible choice of such a neighborhood (for the sake of definiteness) is the open subset $U \subset M \times M$ defined by the inequalities

$$\max_i d(A_i, \beta) < 2r, \quad \max_j d(\alpha, B_j) < 2r, \quad \max_{i,j} d(A_i, B_j) < 2\sqrt{\ell^2 + r^2}.$$

Every dumbbell pair inside this neighbourhood has a chirality. More generally, keeping the width of the neighbourhood small ensures that the pair of dumbbells remains nested, and so it has a chirality.

We have already explained that $G$ and $\delta$ are loci of local minima for energy. Inspection shows that for any point of $D$ outside $G \cup \delta$, there exists a nearby point in
FIG. 11: (a) The left-most dyad defines a point in $\Delta_R$. The next three figures shows the allowed half motions of the dyad along which certain distance functions are held constant. Each motion is given a color code. (b) The left-most dyad corresponds to a point of $E_R$. The next four figures shows the allowed half motions of the dyad. Besides the 3 motions from (a), there is a new motion coded purple. (c) The region $D$ locally looks like the product of $\mathbb{R}^3$ and the exterior of the depicted translucent solid object. The sets $\Delta_L$, $\Delta_R$, $\epsilon_L$, and $\epsilon_R$ correspond to the corners so marked. The paths between the corners, coming from the motions listed in (a) and (b), are marked in corresponding colors.

$D$ where the total energy is lower. This shows that the subset $G \cup \delta$ is the entire set of all points of local minima for the total energy function on $M \times M$ for a pair of dumbbells in a horizontal cylinder.

7.2. Pairs in a rotating horizontal cylinder.

We will now consider the case of a rotating horizontal cylinder. The following discussion applies when the level of noise as well as the angular speed of rotation are both sufficiently small. In such a cylinder, energy minimization takes the point representing a dumbbell pair to either a small neighborhood of $\delta$ or to a small neighborhood of $G$. Representative configurations of the dumbbell pairs close to $\delta_L$ (in blue) and $\delta_R$ (in green) are shown in the left panel of Fig. 12.

If the point representing the pair is close to $\delta_L$ (respectively to $\delta_R$), then in physical terms, the dumbbell pair is a left handed (respectively right handed) dyad with a small negative (respectively positive) heading, of the order of $\arctan(r/\ell)$. Therefore, its subsequent motion is a zigzag as explained in 3.2.(v) above. On the other hand, if the point representing the pair is close to $G$, then both the dumbbells roll in place, and the point representing the pair roughly remains stationary in $M \times M$. 


7.4. Formation of dyads

We now continue with a tilted rotating cylinder, again assuming that the noise and the tilt are not too large. Up to now, we have analysed the motion of either a single dumbbell or the motion of a pair of dumbbells placed in the cylinder. Let us now consider the general case where a number of dumbbells are placed in the cylinder. An individual dumbbell with positive slope in the appropriate range will rise in $\eta$ by a zigzag path as explained earlier. But eventually, the heading of such a dumbbell goes to zero, and the dumbbell starts coming downwards. This descending dumbbell may encounter another dumbbell which is rising, and these two dumbbells may collide to become approximately parallel, and come to define a point of $M \times M$ which is in the attractive basin around the local minimum set $\delta$. This results in the formation of dyads.

When a left handed pair reaches the bottom, it breaks apart. These get added to the dumbbells at the bottom, along with single dumbbells which come all the way down. Such dumbbells may become a part of new right handed dyads by the process described above.

This is how ever new right handed dyads keep getting formed. Such a dyad, unless it gets obstructed by other dumbbells, rises to the top of the cylinder and falls off.

7.5. Chiral sorting

An interesting outcome of the dependence of the direction of motion on the chirality of a dyad is that it leads a sorting of dyads by their chirality. It is noteworthy that the underlying mechanism for this sorting is achiral in a strong sense, more precisely, a rotating horizontal cylinder which is infinite in both directions is a rigid body with an achiral motion. de Gennes has given another instance of an achiral mechanism for sorting (see [5]). Such achiral mechanisms may be contrasted with the more common ‘hand-in-glove’ approach to sorting of chiral objects, which relies on a chiral environment (such as parallel electric and magnetic fields as first proposed by P. Curie [6]), or on the initial provision of a model chiral object as a template for sorting.

8. CONCLUSION

We have seen by a detailed analysis of dumbbells placed in a tilted rotating cylinder how the major qualitative aspects of the behaviour are explained in terms of an underlying polyhedral geometry. This included the
formation and stability of dyads of two chiralities, and their sustained locomotion.

The unilateral constraints which gave rise to the polyhedron \( D \) arose from the mutual non-interpenetrability of dumbbells. These constraints were expressible by inequalities which take the form \( f_j(q_i) \geq 0 \) in terms of the generalized position coordinates \( q_i \) of the dumbbells. More generally, there can exist physical situations (e.g. location dependent speed limits in traffic rules) where the unilateral constraints involve generalized velocities and take the form \( f_j(q_i, \dot{q}_i) \geq 0 \). Under appropriate assumptions, these will carve out polyhedra in phase spaces of the physical systems. Again, interesting physics can be expected to take place in a neighbourhood of the corners of these polyhedra.

One should note that the polyhedron \( D \) in this paper was locally convex in a curvilinear sense. Such locally convex corners can lead to entrapment via an optimization mechanism explained in Appendix C or via its suitable generalizations to more general types of corners. Other physical systems lead to polyhedra which may not be locally convex, and which may in fact admit ‘locally concave’ corners, which result in bifurcations in the systemic evolution. A simple example of this phenomenon, which involves both locally convex and locally concave corners, leading to entrapments and bifurcations, is given by the geometry and energetics of a pinball (bagatell) machine.

For simplicity, we have only considered the differential category so far. But given that many physical systems correspond to spaces defined by algebraic equations, one should expect that ‘semi-algebraic sets’ (loci defined by inequalities involving algebraic functions on varieties) occur in place of curvilinear polyhedra, allowing more general singularities than corners (e.g., cusps) to occur.

The prevalence of the English expressions ‘to corner’ and ‘to drive a wedge’ for describing the processes of entrapment or bifurcation is actually a recognition of the role of polyhedra and their corners which underlie diverse phenomena. Given the ubiquity of unilateral constraints (e.g., steric hinderence in molecules [7]) and also of entrapments (e.g., folded states of proteins [8]) and bifurcations in the physical world, we expect that it is worth looking for explanations of such phenomena based on curvilinear polyhedra in configuration or phase spaces, and dynamics near their corners.

Appendix

A. Frictional behaviour of a single dumbbell.

The keel effect

The frictional resistance to the onset of motion of a stationary dumbbell lying on a stationary substrate is captured by two dimensionless constants which we denote by \( \mu_s^{stat} \) and \( \mu_r^{stat} \), where \( 0 < \mu_r^{stat} < \mu_s^{stat} \). These two constants have the following operational definitions. If a dumbbell lying stationary on a surface is subjected to a force \( f_N \) normal to the surface and a force \( f_r \) tangent to the surface in the direction perpendicular to the axis of the dumbbell, then it starts moving (which will be mainly by rolling) provided \( \|f_r\|/\|f_N\| > \mu_s^{stat} \). Here it is assumed that the left hand side is only slightly larger than the right hand side. Instead of the force \( f_r \), if a force \( f_s \) along the axis of the dumbbell is applied, then the dumbbell starts moving (which will be by sliding) provided \( \|f_s\|/\|f_N\| > \mu_r^{stat} \). In general, empirical observation shows the following (which is an idealized de-
Under the application of such a force, the dumbbell begins to move (mainly by rolling) if $|\theta| < \pi/2 - \epsilon_{\text{stat}}$ and $||f_T||/||f_N|| > \mu_{r,\text{stat}}/\cos \theta$. On the other hand, if $|\theta| > \pi/2 - \epsilon_{\text{stat}}$, then the dumbbell begins to move (by a mixture of sliding and rolling) if $||f_T||/||f_N|| > \mu_{s,\text{stat}}$. Measurement shows that we have the values $\mu_{r,\text{stat}} \sim 0.1$, $\mu_{s,\text{stat}} \sim 0.3$ and $\epsilon_{\text{stat}} \sim 20^\circ$ for the dumbbells and the substrate (the glass cylinder) used in our experiment.

In the above described case, where $|\theta| < \pi/2 - \epsilon_{\text{stat}}$ and $||f_T||/||f_N|| > \mu_{r,\text{stat}}/\cos \theta$, observation shows that when a dumbbell begins to move, it moves by rolling along a geodesic trajectory on the surface which is perpendicular to the axis of the dumbbell, modulo fluctuations brought about by mechanical noise and the statistical irregularities of the surfaces. Here we have assumed that the reciprocal of the mean curvature of the surface is everywhere significantly greater than the length of the dumbbell.

A dumbbell moving slowly on a stationary substrate can be brought to a halt by frictional forces. This phenomenon of the cessation of motion is controlled by analogous coefficients $\mu_{r,\text{dyn}}$ and $\mu_{s,\text{dyn}}$ of friction in motion. These coefficients are considerably smaller than the corresponding coefficients $\mu_{r,\text{stat}}$ and $\mu_{s,\text{stat}}$ which control the onset of motion. Consequently, the frictional resistance offered by the surface to a dumbbell decreases as soon as it starts to roll. If we ignore the effects of inertia, then the condition for a rolling dumbbell to come to a halt is $||f_T||/||f_N|| < \mu_{r,\text{dyn}}/\cos \theta$ in terms of the notation used above.

**Dumbbells in a tilted stationary cylinder.**

We now apply the above equations to determine when a stationary dumbbell starts rolling, and when a rolling dumbbell comes to a halt, in our experimental setup. Here, the dumbbell is placed on the inside surface of a cylinder as described earlier, and is subjected only to gravitational and frictional forces. From the frictional properties of a dumbbell, described above, we can determine its trajectory. Of course, this is an idealization which ignores the effect of noise and random slippages.

Our experimental parameters satisfy the following inequalities

$$\mu_{r,\text{dyn}} < \mu_{r,\text{stat}} < \tan \alpha < \mu_{s,\text{dyn}} < \mu_{s,\text{stat}}.$$  \hspace{1cm} (2)

Physically, the inequalities $\mu_{r,\text{dyn}} < \mu_{r,\text{stat}}$ and $\mu_{s,\text{dyn}} < \mu_{s,\text{stat}}$ mean that dynamic friction is smaller than the corresponding kind of static friction. The inequalities $\mu_{r,\text{dyn}} < \mu_{r,\text{stat}}$ and $\mu_{s,\text{stat}} < \mu_{s,\text{stat}}$ mean that rolling is easier than sliding. The inequality $\mu_{r,\text{stat}} < \tan \alpha$ means that a stationary dumbbell placed at $\varphi = 0$ with $\theta = \pi/2$ begins to roll downwards (i.e., the slope of the cylinder is not too small). The inequality $\tan \alpha < \mu_{s,\text{dyn}}$ means that a stationary dumbbell placed at $\varphi = 0$ with $\theta = 0$ will not slide downwards even when given a small nudge (i.e.,
the slope of the cylinder is not too large). It is an empirical fact that both the inequalities $\mu_s^{\text{stat}} < \tan \alpha$ and $\tan \alpha < \mu_s^{\text{dyn}}$ can be simultaneously satisfied when $\alpha$ lies within a certain nonempty interval.

Let $\varphi_s$ be the angle so defined that if any object made of the same material as the dumbbell is placed at a point $(\varphi, \eta)$ on the cylinder, with $|\varphi| > \varphi_s$, then the object begins to move. It can be seen that

$$\varphi_s = \sin^{-1} \left( \frac{(\mu_s^{\text{stat}})^2 - \tan^2 \alpha}{1 + (\mu_s^{\text{stat}})^2} \right)$$  \hspace{1cm} (3)

The downward pointing unit vector field $-\partial/\partial z$ in the laboratory, when restricted to the surface of the cylinder, has an orthogonal decomposition $\partial/\partial z = F_T + F_N$ with $F_T$ tangent and $F_N$ normal to the surface. Recall that $F_T$ is given by Eqn.(1). Hence $F_N$ has the magnitude

$$|F_N| = \sqrt{1 - |F_T|^2} = \cos \alpha \cos \varphi.$$

As the gravitational force on a dumbbell is given by $f = -mg \partial/\partial z$, we get $f_T = mgF_T$ and $f_N = mgF_N$ in terms of the vector fields $F_T$ and $F_N$, and so

$$\frac{f_T}{f_N} = \frac{F_T}{F_N} = -\tan \varphi R^{-1} \partial_\varphi \sin \varphi \partial_\eta.$$

If a dumbbell located at $(\varphi, \eta)$ has heading $\theta$, then the unit tangent vector $u_r$ to the surface at $(\varphi, \eta)$ which makes an angle $\pm \pi/2$ with the axial vector

$$u_s = \sin \theta R^{-1} \partial_\varphi + \cos \theta \partial_\eta$$

is given by

$$u_r = -\cos \theta R^{-1} \partial_\varphi + \sin \theta \partial_\eta.$$

Hence the angle $\theta$ between $F_T$ and the perpendicular $u_r$ to the dumbbell is given by

$$\cos \theta = \cos \alpha \sin \varphi \cos \theta - \sin \alpha \sin \varphi.$$

Consider the manifold $N = (-\pi/2, \pi/2) \times S^1$ with a projection map $q : M \to N$ which sends a point $(\varphi, \eta, \theta)$ to the point $(\varphi, \theta)$. As $\vartheta$ is a function of $\varphi$ and $\theta$ (but independent of $\eta$), it descends to a function on $N$, which we again denote by $\vartheta$.

Let $S \subset N$ be the curve defined by the equation $\vartheta = \pi/2$ (see Fig.13). In physical terms, a dumbbell lies along a flow line of $\partial/\partial z$ (these are the red curves in Fig.2) if and only if the point defined by it in $N$ lies on $S$. Such a dumbbell will not roll even if $\mu_s^{\text{stat}} = 0$. There is a certain subset $A \subset N$, which is defined by the following property.

A stationary dumbbell remains stationary if and only if it is represented by a point in $A$. In equation terms, $(\varphi, \theta) \in A$ if and only if we have

1. $|\theta| \leq \pi/2 - \epsilon^{\text{stat}}$ and $|F_T/F_N| < \mu_r^{\text{stat}}/\cos \vartheta$, or
2. $|\theta| \geq \pi/2 - \epsilon^{\text{stat}}$ and $|F_T/F_N| < \mu_s^{\text{stat}}$.

The region $A$ has a subset $B$ which has the property that a stationary dumbbell whose corresponding point lies in $B$ remains stationary even when given a small nudge. It is defined in equational terms by replacing in the definition of $A$ the static friction coefficients $\mu_r^{\text{stat}}$ and $\mu_s^{\text{stat}}$ (and the resulting quantity $\sin \epsilon^{\text{stat}}$) by their dynamic analogs $\mu_r^{\text{dyn}}$ and $\mu_s^{\text{dyn}}$ (and the resulting quantity $\sin \epsilon^{\text{dyn}}$). As the coefficients of dynamic friction are less than the corresponding coefficients of static friction, $B$ is strictly contained in $A$. These regions are depicted in Fig.13.

The complement of $A$ in $N$ is defined by the property that if a stationary dumbbell is placed on the cylinder such that the corresponding point $P$ lies in $N - A$, then the dumbbell begins to move. The nature of this motion can be quite different depending on where the point $P$ lies within the region $N - A$.

The torque on a dumbbell

As we have seen, the subset $M_{\text{min}} \subset M$, defined by $\varphi = 0$ and $\theta = 0$, is the locus where the potential energy of a single dumbbell in a horizontal cylinder attains its absolute minimum. As such, it is an attractive fixed point set. Energy minimization thus affects $\theta$, taking it towards $\theta = 0$, which means there is torque which reduces $|\theta|$ to 0. This torque originates from the finite length of the dumbbells, because of which the lower ball of the dumbbell (where $|\varphi|$ is smaller) experiences a higher reactive force from the cylinder as the slope of the cylinder goes to 0 with $|\varphi|$. Hence the two balls experience different forces, including different tangential and normal forces, and so also a different frictional resistance to motion. The torque is zero also when $|\theta| = \pi/2$, which however is a repulsive fixed set.

When a cylinder is tilted, the values of the forces change, and so the above torque changes. However, when $\alpha \leq 10^\circ$, for small values of $|\theta|$ the effect of the tilting on the torque is small, not changing the qualitative conclusion that $|\theta|$ will tend to 0 for an isolated dumbbell. If $|\theta|$ is large, the torque tends to increase $|\theta|$ towards $\pi/2$ (see Fig.13). In any case, a dumbbell with $|\theta|$ large rolls down rapidly to the bottom of the tilted cylinder.

Observation shows that the tilting of a rotating cylinder (with $\alpha = 7^\circ$) does not much affect the values of the stable headings dyads as compared with the values for horizontal case ($\alpha = 0$).

Turning points of zigzag paths

Note that the regions $A$ and $B$ are invariant under the involution $N \to N : (\varphi, \theta) \mapsto (-\varphi, -\theta)$. In particular, the respective boundaries $\partial A$ and $\partial B$ also have this involutive symmetry. However, this symmetry gets broken by the rotational motion of the cylinder, which singles out a special subset $\partial^* A$ (the ‘eastern boundary’).
of $\partial A$. The subset $\partial^+ A$ consists of all $(\varphi, \theta) \in A$ such that for any sufficiently small positive real number $\epsilon$, the displaced point $(\varphi + \epsilon, \theta)$ does not lie in $A$. In words, a point of $A$ lies in $\partial^+ A$ if and only if the rotation of the cylinder almost immediately carries it outside $A$. These subsets are depicted in Fig. 14. For a rotating cylinder, the phrase ‘stationary dumbbell’ lying on the cylinder will mean a ‘relatively stationary dumbbell’ lying on the cylinder, that is, one for which the instantaneous relative velocity is zero. When the rotation of the cylinder carries a stationary dumbbell with a small value of $|\varphi|$ and $|\theta|$ to a new point of $M$ such that its image in $N$ crosses $\partial A$, the dumbbell begins to roll down, till its corresponding point in $N$ enters the region $B$, when it comes to a stop after losing its momentum. This process iterates itself, leading to the zigzag paths in $\Omega$. The experientially obtained turning points of such zigzags are plotted in the space $N$ in Fig. 15. These data lie on the expected regions $\partial^+ A$ and $B$.

### B. Curvilinear polyhedra

Recall that a convex linear polyhedron $D$ in an affine space $\mathbb{R}^n$ is an intersection of finitely many linear halfspaces $D = H_1 \cap \ldots \cap H_r$. Here, each $H_i$ is defined by a linear inequality $\sum_{j=1}^n a_{ij} x_j - b_i \geq 0$ where $x_j$ are the cartesian coordinates on $\mathbb{R}^n$ and the $a$’s and $b$’s are constant with not all $a$’s zero. More generally, a linear polyhedron (not necessarily convex) $D$ in the affine space $\mathbb{R}^n$ is a finite union of convex linear polyhedra as defined above.

We are interested in a geometric object $D$ which lives in a manifold $X$ of dimension $n$, which may be locally regarded as a curvilinear version of the above. A *locally curvilinear polyhedron* $D$ in $X$ (a ‘polyhedron’ for short) is any closed subset $D$ of $X$ which satisfies the following condition: the manifold $X$ should admit an open cover by subsets $U_\lambda$ together with diffeomorphisms $\phi_\lambda : U_\lambda \to U'_\lambda$ where $U'_\lambda$ is an open set in $\mathbb{R}^n$, and for each $\lambda$ a polyhedron $D'_\lambda \subset \mathbb{R}^n$ such that $\phi_\lambda(U_\lambda \cap D) = U'_\lambda \cap D'_\lambda$. If we can so choose the data that each $D'_\lambda$ is a convex linear polyhedron in $\mathbb{R}^n$, then we will say that $D$ is a *locally convex curvilinear polyhedron* in the manifold $X$.

It should be noted that the manifold $X$ is not assumed to be riemannian, and the word ‘convex’ comes from the local diffeomorphism with $U'_\lambda \cap D'_\lambda$, and not from any notion of convexity based on geodesics.

Any polyhedron $D' \subset \mathbb{R}^n$ is a disjoint union of subsets

$$D' = D'_0 \cup \ldots \cup D'_n$$

where $D'_0$ is the set of all its vertices, $D'_1$ is the union of its edges, etc. In particular, $D'_r$ is the interior of $D'$. This allows us to decompose a polyhedron $D \subset X$ similarly as a disjoint union

$$D = D_0 \cup \ldots \cup D_n$$

in a well-defined manner, independent of the choice of the local diffeomorphisms $\phi_\lambda$. Note that the boundary of $D_r$, $\partial D_r$, is contained in the union of the lower $D_i$, in fact,

$$\partial D_r = D_0 \cup \ldots \cup D_{r-1}$$

when $D$ is connected. It follows from the definition that each $D_r$, if non-empty, is a locally closed submanifold of $X$ of dimension $r$. In particular, if $r$ is the smallest integer such that $D_r$ is not empty, then $D_r$ is closed in $X$. At the other end, the stratum $D_n$ is open in $X$, being the interior of $D$. Of course, $D_n$ can be empty. The *dimension* of $D$ is equal to the largest $r$ for which $D_r$ is nonempty.

The figure Fig. 16 shows an example of a 2-dimensional curvilinear polyhedron in the 2-dimensional ambient manifold $\mathbb{R}^2$.

### C. Energy minimization over a polyhedron

The main example of a locally convex curvilinear polyhedron for us is the configuration space $D \subset M \times M$ for a pair of dumbbells in a cylinder that we have physically described in section 5 above. We assume that the cylinder is kept horizontal. Let $E$ denote the resulting gravitational potential function on $M \times M$ which is the sum of the potential energies of the individual dumbbells. We now consider the problem of finding the loci of local minima for the restriction $E|_D$ of $E$ to $D$. For simplicity, we will assume that the rod of the dumbbell is weightless. If the rods have a weight, the value of $\theta_s$ will go up. For
of minimization on manifolds, the first derivative is zero at a point. Therefore, first derivatives need to be zero. This non-vanishing of $f$ for $E$ on the rods is negligible: see Fig. 9. As a local minimal point, that is, if $D$ can be locally defined by inequalities $x_i \geq 0$ for $1 \leq i \leq p$ for some $p \leq n$ where $x_i$ are local coordinates centered at a minimal point, then we can apply the following minimization lemma. It turns out that this is enough for our purpose, because $D \subset M \times M$ is indeed locally a quadrant around the corner $\Delta$ as we see later.

**Minimization in the corner of a quadrant**

**Lemma** Let $n = p + q + r$. Let $C \subset \mathbb{R}^n$ be any subset such that the origin $0$ lies in $C$ and such that for any $(x_1, \ldots, x_n) \in C$ the condition $x_i \geq 0$ is satisfied for all $1 \leq i \leq p$. Let $f$ be a smooth function in a neighbourhood of $0$ in $\mathbb{R}^n$, which satisfies the following properties.

1. $\frac{\partial f}{\partial x_i}(0) > 0$ for $i = 1, \ldots, p$.
2. $\frac{\partial f}{\partial x_j}(0) = 0$ for $j = p + 1, \ldots, p + q$.
3. The $q \times q$ Hessian matrix $\left[ \frac{\partial^2 f}{\partial x_j \partial x_k}(0) \right]$, where $j, k \in [p + 1, p + q]$, is positive definite.
4. $f$ is independent of the remaining $r$ variables $x_{p+q+1}, \ldots, x_n$.

Then the point $0 \in C$ is a point of local minimum for the restriction $f|_C : C \to \mathbb{R}$ of $f$ to $C$. Moreover, the set $C \cap Z$, where $Z$ is defined by the equations $x_{p+q+1} = \ldots = x_n = 0$, is a locus of local minima for $f|_C$ in a neighbourhood of $0$.

We will apply the above by taking $C$ to be the portion of a polyhedron $D$ in a neighbourhood of the origin $0$, such that each $x_i$ is non-negative on $D$ for $i = 1, \ldots, p$. It is significant that the above conditions for minimization of $f|_D$ allow some of the first derivatives (namely, $\frac{\partial f}{\partial x_i}$ for $1 \leq i \leq p$) to be positive. This is in contrast to the minimization for $f$ on a manifold $X$, where all first derivatives need to be zero. This non-vanishing of $\frac{\partial f}{\partial x_i}$ means that the force field $-\text{grad}(f)$ is non-zero at a point $P \in D \cap Z$, and so reinforces the entrapment of the system in the corner. In contrast, at the usual kind of minimization on manifolds, the first derivative is zero and second derivative is positive, and so $-\text{grad}(f)$ is zero at the point itself, so the entrapment is much weaker.

These considerations lead to a qualitative description of any higher dimensional entrapment as a combination of three kinds of basic one-dimensional entrapments, each of which is stronger than its predecessor, which are as follows: see Fig. 17 for a pictorial description.

1. **Harmonic localization (‘U’ type entrapment)**. This results when the configuration space is one dimensional, and contains an open interval $(-a,a)$ around $x = 0$. Suppose the leading term of the potential energy is $x^2$. Then the system admits a bound state around $x = 0$.

2. **Half-harmonic (‘half-U’) entrapment**. This refers to a one dimensional polyhedron which is locally a neighbourhood of $0$ in the positive half line $x \geq 0$. Again let the leading term of the potential energy be $x^2$.

3. **Triangular (‘half-V’) entrapment**. This again refers to a one dimensional polyhedron which is locally a neighbourhood of $0$ in the positive half line $x \geq 0$. But this time, let the leading term of the potential energy be $x$.

In all the above three cases, presence of friction can further enhance the entrapment.

We now apply the above lemma to our case of dumbbell pairs, to establish the following: The sets $\delta_L$ and $\delta_R$ in $M \times M$ are sets of local minima for the energy function $E_D$.

To put this in the notation of the lemma, consider the following local coordinates $x_1, \ldots, x_6$ on $M \times M$ in a neighbourhood of a point of $\delta_L$ or $\delta_R$. Let

\[
\begin{align*}
x_1 &= d(A_2, B_1) - r, \\
x_2 &= d(\alpha, B_1) - r - t, \\
x_3 &= d(A_2, \beta) - r - t, \\
x_4 &= \varphi, \\
x_5 &= \theta \pm \arctan(r/\ell), \\
x_6 &= \eta + \text{const.}
\end{align*}
\]

where $\varphi, \theta$ and $\eta$ are the average coordinates for the pair. In the equation for $x_5$, the minus sign is for $\delta_L$ and the plus sign is for $\delta_R$. Then a straightforward calculation shows that the conditions in the statement of the above lemma are satisfied at $(x_1, \ldots, x_6) = (0, \ldots, 0)$ with $n = 6$, $p = 1$, $q = 4$ and $r = 1$. As explained earlier, the subset $D \subset M \times M$ is indeed given in a neighbourhood of a point of $\delta_L$ or $\delta_R$ by the inequalities $x_i \geq 0$ for $i = 1, 2, 3$. Hence the lemma applies to give our desired
conclusion. In fact, we now see that the entrapment in the $x_1$ direction is of the half-V type, in the $x_2$ and $x_3$ directions it is of half-U type, in the $x_4$ and $x_5$ direction it is of U-type, while in the $x_6$ direction, which is along $\delta$, there is no entrapment as the system is isoenergetic.

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