Spin dynamics and magnetic-field-induced polarization of excitons in ultrathin GaAs/AlAs quantum wells with indirect band gap and type-II band alignment

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The exciton spin dynamics are investigated both experimentally and theoretically in two-monolayer-thick GaAs/AlAs quantum wells with an indirect band gap and a type-II band alignment. The magnetic-field-induced circular polarization of photoluminescence, \( P_e \), is studied as function of the magnetic field strength and direction as well as sample temperature. The observed nonmonotonic behaviour of these functions is provided by the interplay of bright and dark exciton states contributing to the emission. To interpret the experiment, we have developed a kinetic master equation model which accounts for the dynamics of the spin states in this exciton quartet, radiative and nonradiative recombination processes, and redistribution of excitons between these states as result of spin relaxation. The model offers quantitative agreement with experiment and allows us to evaluate, for the studied structure, the heavy-hole \( g \) factor, \( g_{hh} = +3.5 \), and the spin relaxation times of electron, \( \tau_{se} = 33 \mu s \), and hole, \( \tau_{sh} = 3 \mu s \), bound in the exciton.

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\section{I. INTRODUCTION}

Heterostructures with semiconductor quantum wells (QWs) have been interesting from several points of view including basic physics and optoelectronic devices \cite{1,2}. Among the different types of QWs, the longest exciton lifetimes up to milliseconds are obtained in indirect band-gap heterostructures with type-II band alignment \cite{3}. Here the long lifetime is due to the separation of the oppositely charged carriers forming the excitons in real and momentum space. Since the electron spin relaxation times may reach milliseconds according to theoretical estimations \cite{4,3}, type-II heterostructures, such as GaAs/AlAs QWs and superlattices, are highly interesting for studying long-lived exciton spin dynamics, which are not limited by exciton recombination. Recently, we demonstrated that an external magnetic field can control the intensity of the long-lived exciton recombination in type-II GaAs/AlAs QWs via redistribution of exciton population between bright and dark states \cite{3}. However, the magnetic-field-induced polarization and the related spin dynamics of excitons in such QWs have been scarcely studied so far.

In this paper, we investigate the effects of a magnetic field on the exciton spin dynamics in ultrathin GaAs/AlAs QWs with indirect band gap and type-II band alignment. The circular polarization degree (\( P_e \)) of the QW exciton photoluminescence (PL) induced by a magnetic field shows an unusual behavior: (i) \( P_e \) has a strong spectral dependence across the emission band of the QW; it is small for the no-phonon (NP) line but its absolute value increases strongly for lines of phonon-assisted recombination. (ii) In tilted magnetic field \( |P_e| \) demonstrates a monotonic increase with saturation in high fields, whereas in the Faraday or close-to-Faraday geometry \( P_e \) shows a non-monotonic behavior as function of the magnetic field \( B \). Namely, the modulus of the polarization degree increases in low magnetic fields, reaches a maximum, and then decreases in strong fields. These experimental appearances are explained in the framework of a theoretical model based on the approach developed in our previous work \cite{3}.

The paper is organized as follows. In Sec. \textbf{II} the studied sample and used experimental techniques are described. In Sec. \textbf{III} we present the experimental data on the \( P_e \) of time-integrated and time-resolved PL recorded in external magnetic fields. The kinetic equation model, which accounts for the dynamics of the quartet of bright and dark exciton states in ultrathin GaAs/AlAs QWs, is presented in Sec. \textbf{IV} The experimental data are analyzed in the frame of the model in Sec. \textbf{V} which allows us to evaluate the carrier spin relaxation times and \( g \) factors. We show that the experimental data, being controlled by these parameters, can vary strongly, and we perform model calculations for several cases of interest for future experimental studies.

\section{II. EXPERIMENTAL DETAILS}

The ultrathin GaAs/AlAs QW structure studied here was grown by molecular-beam epitaxy on a semi-insulating (001)-oriented GaAs substrate in a Riber Compact system. The sample consists of the GaAs QW layer embedded between 50-nm-thick layers of AlAs grown on top of a 200-nm-thick GaAs buffer layer \cite{3}. The sub-
strate temperature during the growth was 600°C. The GaAs QW layer was deposited with a nominal thickness of two monolayers. A 20-nm-thick GaAs cap layer protects the top AlAs layer against oxidation. Further growth details are given in Ref. [6]. The GaAs/AlAs QW has a type-II band alignment with the lowest conduction-band states at the $X_z$ and $X_y$ minima of the AlAs conduction band [3, 8, 9]. A schematic band diagram of the structure and the optical transition of the indirect exciton to the system ground state are presented in the inset of Fig. 1(b).

The sample was placed in a split-coil magnet cryostat and exposed to magnetic fields up to $B = 10$ T. The angle $\theta$ between the magnetic field direction and the QW growth axis ($z$ axis) was varied between $0^\circ$ (Faraday geometry) and $90^\circ$ (Voigt geometry). For measurement of angular dependencies we fixed the magnetic field direction and rotated the sample. The emission was collected either in the direction along the field direction in Faraday geometry for $0^\circ \leq \theta \leq 45^\circ$ or perpendicular to the field direction in Voigt geometry for $45^\circ < \theta < 90^\circ$. The temperature was varied from $T = 1.8$ K up to 19 K. The photoluminescence was excited by the third harmonic of a Q-switched Nd:YVO$_4$ laser (3.49 eV) with a pulse duration of 5 ns. The pulse energy density was kept below $100 \text{nJ/cm}^2$ and the pulse-repetition frequency was varied from 20 Hz up to 1 kHz [6].

The emitted light was dispersed by a 0.5-m monochromator. For time-integrated measurements the photoluminescence was detected by a liquid-nitrogen-cooled charge-coupled-device (CCD) camera. For the time-resolved measurements a GaAs photomultiplier combined with a time-correlated photon-counting module was used. In order to monitor the PL decay in a wide temporal range of up to 30 ms, the time resolution of the detection system (i.e. the binning range of the photon counting events) was varied between 3.2 ns and 6.4 ns.

The exciton spin dynamics were analyzed from the PL by measuring the circular polarization degree $P_c$ induced by the external magnetic field. $P_c$ was evaluated from the data by $P_c = (I_{\sigma^+} - I_{\sigma^-})/(I_{\sigma^+} + I_{\sigma^-})$, where $I_{\sigma^+}$ and $I_{\sigma^-}$ are the intensities of the $\sigma^+$ and $\sigma^-$ polarized PL components, respectively. To determine the sign of $P_c$, we performed a control measurement on a diluted magnetic semiconductor structure with (Zn,Mn)Se/(Zn,Be)Se quantum wells for which $P_c > 0$ in Faraday geometry [10].

### III. EXPERIMENTAL RESULTS

A time-integrated photoluminescence spectrum of the ultrathin GaAs/AlAs QW is shown in Fig. 1(a) by the black line. The spectrum comprises the contributions from several emission processes, as it contains the no-phonon (NP) line and several lines of phonon-assisted recombination involving optical and acoustic phonons from GaAs and AlAs. The replicas associated with the transverse acoustic (TA) phonons of AlAs (phonon energy of 12 meV) and the longitudinal optical (LO) phonons of GaAs (30 meV) and AlAs (48 meV), all at the X point of the Brillouin zone [11], can be distinguished. The lines are broadened due to the roughness of the QW interfaces [6]. An example of fitting of the PL spectrum with four contributing Gaussian curves, each with the same width of 19 meV, is shown in Fig. 1(a) by the red dotted line.

![FIG. 1. (Color online) (a) Time-integrated PL spectrum of the ultrathin GaAs/AlAs QW (black line) fitted with four Gaussian lines corresponding to the exciton recombination with and without involvement of phonons. Green, blue, cyan, and orange solid lines are the no-phonon, TA$_{\text{AlAs}}$, LO$_{\text{GaAs}}$ and LO$_{\text{AlAs}}$ phonon lines, respectively. The red dotted line is the fitted spectrum composed of the four lines. (b) Spectral dependence of the PL circular polarization degree induced by a longitudinal ($\theta = 0^\circ$) and a tilted ($\theta = 45^\circ$) magnetic field $B = 7$ T. The inset shows the schematic band alignment of the structure with the QW in the middle. The red arrow marks the optical transition of the indirect exciton to the system ground state.](image)

Application of a magnetic field results in polarization of the emission, as shown in Fig. 1(b) for $B = 7$ T in the Faraday geometry. One can see that $P_c$ is negative (i.e., it is dominated by the $\sigma^-$ polarized PL component) and has a strong spectral dependence. The absolute value of $P_c$ equals to 0.17 for the NP line and increases up to 0.53 and 0.53 for the TA$_{\text{AlAs}}$ and LO$_{\text{AlAs}}$ phonon-assisted lines, respectively.

Next we take a closer look at the longitudinal magnetic field effect on the no-phonon and phonon-assisted
lines. Since the intensities of the $\sigma^+$ and $\sigma^-$ polarized PL components are proportional to the populations of the exciton Zeeman sublevels, $P_c$ reflects these populations. The $P_c(B)$ dependencies of these lines measured in longitudinal magnetic field are shown in Fig. 2. For all lines the polarization degree increases in low magnetic fields, reaches a maximum, and then decreases in strong fields. The maximal value of the polarization degree, $|P_{c,max}|$, is achieved at magnetic fields of $B_{max}=3.7$ T, 4.6 T, and 5 T for the NP, TA$_{AlAs}$ and LO$_{AlAs}$ lines, respectively. While the difference of $B_{max}$ for the TA and LO phonon replicas is negligible, the NP line strongly deviates from the phonon replicas. The origin of this line is not well established: In particular, it may be related to trions, i.e., negatively charged excitons. In that case, the selection rules are strongly different from those for neutral excitons. Therefore, we exclude this line from the analysis. Note that all replicas show similar changes in intensity, dynamics and polarization with varying temperature, magnetic field strength and sample orientation. Therefore, we will focus on the properties of the phonon-assisted LO$_{AlAs}$ line.

The $P_c(B)$ dependencies for the LO$_{AlAs}$ line at various temperatures are shown in Fig. 3. With increasing temperature the slope of the polarization rise monotonically decreases and the $P_{c,max}$ value is shifted towards stronger magnetic fields. For a fixed longitudinal magnetic field of 9 T, $P_c(T)$ demonstrates an unexpected nonmonotonic dependence as shown in Fig. 4. The absolute value of the polarization degree increases from 0.45 up to 0.59 with increasing temperature from 2 up to 4.2 K. Then, it steadily decreases down to 0.15 with further temperature increase to 19 K.

The $P_c(B)$ of the phonon-assisted lines depends strongly on the experimental geometry as shown in Fig. 5. It behaves nonmonotonically in the Faraday geometry, while a finite angle $\theta$ between the magnetic field direction and the QW growth axis unexpectedly suppresses the decrease of $|P_c|$ in high magnetic fields. $|P_c(B)|$ for a field tilt by 45° from the Faraday geometry increases monotonically and saturates at 0.72 for 10 T. However, as one can see in Fig. 1(b), the spectral dependence of the polarization degree in the tilted geometry is pronounced and similar to that in the Faraday geometry.

In order to analyze in more detail the angular de-
dependence of the polarization degree, we measured it at $T = 1.8$ K for $B = 4$ and 10 T, and at $T = 9.5$ K for $B = 10$ T. These results are shown in Fig. 6. For low magnetic fields, where $|P_c|$ is smaller than its maximal value $|P_{c,\text{max}}|$ in longitudinal magnetic field, the polarization degree changes weakly up to about $\theta = 45^\circ$, and goes to zero for $\theta$ increased further to 90° (Voigt geometry). In higher magnetic fields $P_c$ increases for $0^\circ < \theta < 30^\circ$, changes insignificantly in the range of $30^\circ < \theta < 60^\circ$, and goes to 0 for $\theta$ enlarged towards 90°. For any magnetic field an increase of $\theta$ beyond 90° results in a change of the polarization sign; the PL is dominated then by the $\sigma^+$ polarized component. With increasing temperature up to 9.5 K at $B = 10$ T, the polarization $|P_c(\theta)|$ monotonically decreases when $\theta$ is varied from 0 to 90°.

The PL dynamics for different magnetic field strengths and geometries for the two circular polarized components, i.e. $I_{\sigma^+}(t)$ and $I_{\sigma^-}(t)$, and the dynamics of the circular polarization degree $P_c(t) = [I_{\sigma^+}(t) - I_{\sigma^-}(t)]/[I_{\sigma^+}(t) + I_{\sigma^-}(t)]$ are shown in Fig. 7. The circular polarization is very small for short delay times, then it increases within a characteristic time of $\tau_s = 3$ µs, which is much shorter than the exciton PL decay time [6]. It is interesting that the change in magnetic field strength and geometry results in a modification of the maximal value of the polarization degree only, while $\tau_s$ remains basically constant in the whole scanned $B$ and $\theta$ range.

In conclusion of this section, we summarize the most important experimental findings:

(i) The magnetic-field-induced circular polarization degree $P_c$ has a complicated spectral dependence.

(ii) In the Faraday (and close-to-Faraday) geometry the absolute value of $|P_c|$ increases in low magnetic fields and decreases in strong fields. However, in tilted magnetic field, $|P_c(B)|$ demonstrates a monotonic increase with saturation in strong fields.

(iii) In the Voigt geometry the circular polarization degree $P_c = 0$. Varying $\theta$ from 90° by a few degrees leads to a rapid increase in $P_c$.

(iv) The temperature dependence of $P_c$ is also nonmonotonic. In high magnetic fields the absolute value of the polarization degree increases with increasing temperature from 2 up to 4.2 K, and then it monotonically decreases with further temperature increase.

IV. THEORY

In this section we present a kinetic theory of the photoluminescence polarization in monolayer-thin GaAs/AlAs quantum wells. In Sec. IV A we introduce the kinetic equations for the occupancies of the quadruplet of exciton spin sublevels. In Sec. IV B we present the analytical solution of these kinetic equations for arbitrary strength and direction of the magnetic field. We analyze various limiting cases of the Faraday and Voigt geometries in Secs. IV C and IV D respectively, and address the selection rules in Sec. IV E.
The electron eigenstates $|s\rangle_B$ are characterized by the spin component $s = \pm 1/2$ onto the magnetic field direction and form the superpositions of the basic functions $|\pm 1/2\rangle_z$:

$$
\begin{align*}
|+ 1/2\rangle_B &= C|1/2\rangle_z + D|- 1/2\rangle_z, \\
|- 1/2\rangle_B &= -D|1/2\rangle_z + C|- 1/2\rangle_z.
\end{align*}
$$

Here, the subscripts $z$ and $B$ are introduced in order to highlight the difference between the basic spinors and the eigenfunctions of the Zeeman Hamiltonian, the coefficients $C$ and $D$ (normalized to unity) depend on the magnetic field orientation. If the magnetic field is tilted by the angle $\theta$ with respect to the sample normal in the $(xz)$ plane the coefficients in Eq. (1) take the simple form:

$$
C = \cos(\theta/2), \quad D = \sin(\theta/2).
$$

Hence, the exciton spin state is represented as a product of the electron and the heavy-hole eigenstates

$$
|s_jz\rangle = |s\rangle_B|jz\rangle_z,
$$

and labeled by the pair of electron and hole spin components, $s$ and $j_z$. Within the model presented in Ref. [6], which accounts for spin flips of the electron and hole as well as the radiative and nonradiative recombination of the exciton, the occupancies, $f_{sjz}$, of the exciton states obey the following set of kinetic equations:

$$
\frac{df_{sjz}}{dt} + (W_{s,s} + W_{j_z,j_z}) f_{sjz} - W_{s,j_z}f_{sjz} - W_{j_z,j_z}f_{sjz} + \mathcal{R} f_{sjz} = G_{sjz}.
$$

Here $s = -s$, $j_z = -j_z$, $W_{s,s'} (W_{j_z,j_z'})$ are the electron (heavy-hole) spin-flip rates for the transitions $s\rightarrow s$ ($j_z\rightarrow j_z$), the operator $\mathcal{R}$ describes the radiative and nonradiative recombination of excitons, and $G_{sjz}$ is the exciton generation rate in the state $|s_jz\rangle$. In accordance with Ref. [6] we present the energies of the exciton sublevels $E_{sjz}$ in the form

$$
E_{sjz} = g_e s \mu_B B + \frac{g_{hh}}{3} j_z \mu_B B_z,
$$

where $\mu_B$ is the Bohr magneton, $g_e$ and $g_{hh}$ are the electron and heavy-hole Landé factors, $B$ is the total magnetic field, $B_z$ is its $z$ component. In the experiment the Zeeman splittings can be comparable with the thermal energy, $k_B T$, where $T$ is the sample temperature and $k_B$ is the Boltzmann constant. Hence, the rates of the transitions from the lower to higher and from the higher to lower Zeeman sublevels are different and can be interrelated as

$$
W_{1/2,-1/2} = W_{-1/2,1/2} \exp \left( -\frac{g_e \mu_B B}{k_B T} \right),
$$

$$
W_{3/2,-3/2} = W_{-3/2,3/2} \exp \left( -\frac{g_{hh} \mu_B B_z}{k_B T} \right).
$$

Both electron and hole Landé factors are positive in the studied sample, moreover, $g_{hh} > g_e$ [6]. Then, without
loss of generality, we choose the positive direction of the $z$ axis to have $B_z > 0$ and represent the transition rates in the form

$$W_{-1/2,1/2} = w_x, \quad W_{-3/2,3/2} = w_h, \quad W_{1/2,-1/2} = \alpha w_x, \quad W_{3/2,-3/2} = \beta w_h,$$

where the Boltzmann factors in Eqs. 6 are denoted as

$$\alpha = \exp \left( -\frac{g_e\mu_B B}{k_BT} \right), \quad \beta = \exp \left( -\frac{g_h\mu_B B}{k_BT} \right),$$

and $\alpha, \beta \leq 1$. The rates $w_x, w_h$ represent the spin-flip transitions downwards in energy, their dependence on magnetic field is relatively weak and described by power laws $[3, 12, 13]$ and is disregarded hereafter. In the following we simplify the notation for the occupation probability and replace $f_{sj}$, $(s = \pm 1/2, j_z = \pm 3/2)$ just by $f_{ij}$ with $i = \pm$ and $j = \pm$ indicating the signs of $s$ and $j_z$, respectively.

Let us now establish the selection rules governing the phonon-assisted exciton recombination in ultrathin GaAs/AlAs quantum wells, characterized by an indirect band gap and a type-II band alignment. It is commonly accepted that the recombination of the exciton in such system is related with (i) the spin-conserving virtual transition of the electron from the $X_x$ or $X_y$ valley to the $\Gamma$-point accompanied by phonon emission and (ii) the recombination of the exciton at the Brillouin zone center $[4, 14, 15]$. At the $\Gamma$-point the strict selection rules involving the periodic Bloch amplitudes of the $|\Gamma_6, s_z\rangle$ conduction band electron state and the $|\Gamma_8, j_z\rangle$ valence band hole state characterized by their spin $z$-components $s_z, j_z$ read

$$|\Gamma_6, 1/2; \Gamma_8, -3/2 \rangle \rightarrow \sigma_-, \quad |\Gamma_6, -1/2; \Gamma_8, 3/2 \rangle \rightarrow \sigma_-, \quad |\Gamma_6, 1/2; \Gamma_8, 1/2 \rangle \rightarrow \sigma_+, \quad |\Gamma_6, -1/2; \Gamma_8, -1/2 \rangle \rightarrow \sigma_-, \quad |\Gamma_6, 1/2; \Gamma_8, 3/2 \rangle, \quad |\Gamma_6, -1/2; \Gamma_8, -3/2 \rangle \rightarrow \text{forbidden}, \quad |\Gamma_6, 1/2; \Gamma_8, -1/2 \rangle. \quad |\Gamma_6, -1/2; \Gamma_8, 1/2 \rangle \rightarrow \text{z-polarized}.$$

Neglecting the mixing of the hole states we obtain that only the exciton states with $s_z = -1/2, j_z = 3/2$ and $s_z = 1/2, j_z = -3/2$ are active (bright) in $\sigma^+$ and $\sigma^-$ polarization $[3, 16]$, respectively. These selection rules result in the following form of the recombination operator $\mathcal{R}$:

$$\mathcal{R}f_{++/-} = \left( \frac{1}{\tau_{nr}} + \frac{C^2}{\tau_r} \right) f_{++/-}, \quad (9)$$

$$\mathcal{R}f_{+-/+} = \left( \frac{1}{\tau_{nr}} + \frac{D^2}{\tau_r} \right) f_{+-/+}, \quad (10)$$

where the subscript $--/++$ means $--$ or $+-$, $\tau_{nr}$ and $\tau_r$ are the nonradiative and radiative recombination times of the excitons, and the coefficients $C, D$ are defined by Eq. (2). The heavy-hole exciton emits light which propagates along the quantum well normal. Correspondingly, the intensities of the exciton emission in $\sigma^+$ and $\sigma^-$ polarization are given by

$$I_{+-/} \propto \frac{C^2}{\tau_r} f_{+-/+} + \frac{D^2}{\tau_r} f_{+-/-}.$$

Therefore, one obtains for the degree of circular polarization of the emission

$$p = \frac{C^2(f_{+-} - f_{-+}) + D^2(f_{-+} - f_{+-})}{C^2(f_{+-} + f_{-+}) + D^2(f_{-+} + f_{+-})}.$$

Deviations from these strict selection rules are addressed in Sec. [IV.E].

For arbitrary orientation of the external magnetic field in the interval $0 \leq \theta \leq \pi/2$, we get from Eqs. (3), (6) and (9):

$$\frac{df_{--}}{dt} + (D^2w + w') f_{--} + w_x(\alpha f_{--} - f_{++}) + w_h(\beta f_{--} - f_{--}) = G_{--}, \quad (12)$$

$$\frac{df_{++}}{dt} + (C^2w + w') f_{++} + w_x(\alpha f_{++} - f_{--}) + w_h(f_{++} - \beta f_{--}) = G_{++},$$

$$\frac{df_{+-}}{dt} + (w' + C^2w) f_{+-} + w_x(f_{+-} - \alpha f_{--}) + w_h(\beta f_{+-} - f_{++}) = G_{+-},$$

$$\frac{df_{-+}}{dt} + (w' + D^2w) f_{-+} + w_x(\alpha f_{-+} - f_{++}) + w_h(f_{-+} - \beta f_{--}) = G_{-+},$$

where $w = 1/\tau_r$ and $w' = 1/\tau_{nr}$. Note that for $\theta = 0$, i.e., for the Faraday geometry, a similar set of kinetic equations describing bright and dark exciton spin dynamics was presented in Ref. [17]. This model is sufficient to describe the recombination dynamics of excitons observed in Ref. [6] and, as shown below, readily accounts for most
of the present experimental observations.

B. Analytical solution of the set (12) in the steady-state regime

Under steady-state photoexcitation the time derivatives in Eqs. (12) vanish, $df_{ij}/dt = 0$. Here and in what follows we focus on the important limit of equal generation rates in all exciton states, $G_{ij} \equiv G$, which is relevant for the experimental situation of interest. Making use of the first two equations of the set (12) one can express the occupancies of the (in the Faraday geometry) dark states, $f_{++}$ and $f_{--}$ through the occupancies of the bright states $f_{+}$, $f_{++}$ as follows

$$f_{--} = \frac{G + w_{e} f_{++} + w_{h} f_{+}}{\tilde{w}' + \alpha w_{e} + \beta w_{h}} ,$$

$$f_{++} = \frac{G + \alpha w_{e} f_{--} + \beta w_{h} f_{+-}}{\tilde{w}' + w_{e} + w_{h}} , \tag{13}$$

where $\tilde{w}' = w' + D^{2} w$. Substituting these expressions into the last two equations (12), we arrive at the following equations for the bright-state populations

$$(w_{+-} + \beta W) f_{+-} - \alpha W f_{--} = \tilde{G}_{-+} ,$$

$$-\beta W f_{++} + (w_{+-} + \alpha W) f_{--} = \tilde{G}_{+-} . \tag{14}$$

Here the effective generation rates

$$\tilde{G}_{-+} = G \left( 1 + \frac{\alpha w_{e}}{\tilde{w}' + \alpha w_{e} + \beta w_{h}} + \frac{w_{h}}{\tilde{w}' + w_{e} + w_{h}} \right) ,$$

$$\tilde{G}_{+-} = G \left( 1 + \frac{w_{e}}{\tilde{w}' + w_{e} + w_{h}} + \frac{\beta w_{h}}{\tilde{w}' + \alpha w_{e} + \beta w_{h}} \right) .$$

The rates $w_{+-}, w_{++}, W$ are defined by

$$w_{+-} = \tilde{w}' + \tilde{w}' \left( 1 + \frac{\alpha w_{e}}{\tilde{w}' + \alpha w_{e} + \beta w_{h}} + \frac{w_{h}}{\tilde{w}' + w_{e} + w_{h}} \right) ,$$

$$w_{++} = \tilde{w}' + \tilde{w}' \left( 1 + \frac{\alpha w_{e}}{\tilde{w}' + w_{e} + w_{h}} + \frac{\beta w_{h}}{\tilde{w}' + \alpha w_{e} + \beta w_{h}} \right) ,$$

$$W = w_{e} w_{h} \left( \frac{1}{\tilde{w}' + \alpha w_{e} + \beta w_{h}} + \frac{1}{\tilde{w}' + w_{e} + w_{h}} \right) ,$$

and $\tilde{w}' = (C^{2} - D^{2}) w + w'$. As a result we obtain for the bright state populations

$$f_{--} = \frac{(w_{+-} + \beta W) \tilde{G}_{-+} + \beta W \tilde{G}_{+-}}{w_{+-} + w_{++} + (w_{+-} + \alpha + w_{++} - \beta) W} ,$$

$$f_{++} = \frac{(w_{+-} + \alpha W) \tilde{G}_{-+} + \alpha W \tilde{G}_{+-}}{w_{+-} + w_{++} + (w_{+-} + \alpha + w_{++} - \beta) W} . \tag{15}$$

The populations of the dark states $-- / + +$, namely, $f_{--}$ and $f_{++}$, are expressed via the bright ones $f_{+-}$ and $f_{-+}$ by virtue of Eq. (13).

C. Faraday geometry, important limiting case

In the longitudinal magnetic field $\mathbf{B} \parallel z$ ($C^{2} = 1, D^{2} = 0$), Eq. (11) for the circular polarization degree reduces to

$$P_{c} = \frac{f_{+-} - f_{-+}}{f_{++} + f_{-+}} . \tag{16}$$

In this subsection we consider the important limiting case of a sufficiently strong field, so that

$$\alpha, \beta \ll 1 . \tag{17}$$

Further, we consider a weak nonradiative decay and an efficient spin relaxation from the higher to the lower Zeeman sublevels

$$w' \ll w \ll w_{e}, w_{h} , \tag{18}$$

while the relations between $w', \alpha w_{e}$ and $\beta w_{h}$ remain unrestricted. Then the following simplifications are possible

$$\tilde{G}_{-+} \approx G \left( 1 + \frac{\alpha w_{e}}{w' + \alpha w_{e} + \beta w_{h}} + \frac{w_{h}}{w' + w_{e} + w_{h}} \right) ,$$

$$\tilde{G}_{+-} \approx G \left( 1 + \frac{w_{e}}{w' + w_{e} + w_{h}} + \frac{\beta w_{h}}{w' + \alpha w_{e} + \beta w_{h}} \right) ,$$

$$w_{+-} \approx w' \omega w_{e} \omega w_{h} + \frac{\alpha w_{e} + \beta w_{h}}{w' + \alpha w_{e} + \beta w_{h}} ,$$

$$W \approx \frac{w_{e} w_{h}}{w' + \alpha w_{e} + \beta w_{h}} , \tag{19}$$

with the result

$$f_{--} = \frac{G}{w_{h}} \left( 1 + \frac{w_{e}}{w_{h} + w_{h}} + 4 \beta w_{h} \right) ,$$

$$f_{++} = \frac{G}{w_{e}} \left( 1 + \frac{w_{e}}{w_{h} + w_{h}} + 4 \alpha w_{e} \right) . \tag{20}$$

Equations (20) can be obtained by using simple considerations, namely by (i) analyzing the case of very strong magnetic fields where only transitions with phonon emission are possible and (ii) taking into account the phonon absorption in first-order perturbation theory. First, we completely neglect transitions accompanied with phonon absorption, i.e., we set $\alpha, \beta = 0$ and obtain from Eqs. (12)

$$f_{++} = \frac{G}{w_{e} + w_{h}} ,$$

$$f_{--} = \frac{G}{w_{h}} \left( 1 + \frac{w_{e}}{w_{h} + w_{h}} \right) , \tag{21a}$$

$$f_{++} = \frac{G}{w_{h}} \left( 1 + \frac{w_{e}}{w_{h} + w_{h}} \right) , \tag{21b}$$

This result is valid in very strong magnetic fields, shown in Fig. S as region III, where $\alpha w_{e} \tau_{nr}, \beta w_{h} \tau_{nr} \ll 1$. Note that since the polarization is controlled by the transitions from the states $|--$ and $|+--$, it shows a dynamic behavior. Indeed, the sign of polarization is determined
by the state which is emptied slower. If \( w_h < w_e \) so that the electron spin flip is fastest, the population of the state \(|+−\rangle\) decays faster towards the ground sublevel \(|−−\rangle\) and the value of \( P_c \) is positive. By contrast, for \( w_h > w_e \), the state \(|−−\rangle\) decays faster and \( P_c \) becomes negative. This is in agreement with Eq. (16) which can be recast as

\[
P_c = \frac{1 - \zeta^2}{1 + \zeta + \zeta^2}, \quad \zeta = \frac{w_h}{w_e}.
\]  

For moderate magnetic fields according to Eq. (17), shown in Fig. 5 as region II, it is sufficient to take into account additionally the transitions from the ground sublevel \(|−−\rangle\) to the \(|−+\rangle, |+−\rangle\) sublevels only. This results in the modification of the bright-state occupations from (21) to (20) and of the polarization from Eq. (16) to

\[
P_c = \frac{w_e^2 - w_h^2 + 2\tau_{nm}(\beta - \alpha)(w_e + w_h)w_e w_h}{w_e^2 + w_h^2 + w_e w_h[1 + 2\tau_{nm}(\beta + \alpha)(w_e + w_h)]},
\]  

while \( f_{++}, f_{−−} \) remain unchanged.

Finally, in the weak-field limit (region I in Fig. 5) \( \omega w_c \tau_{nm}, \beta w_h \tau_{nm} \gg 1 \) the spin relaxation is fast as compared with the recombination processes, so that the states \(|−+\rangle, |+−\rangle\) become thermally populated and one obtains

\[
P_c = \frac{1 - \chi}{1 + \chi}, \quad \chi = \exp\left(-\frac{(g_e - g_{hh})\mu_B B}{k_B T}\right).
\]  

In fact, for the parameters of the experimentally studied structure (see Sec. V A for the specific values) Eq. (24) holds for magnetic fields from \( B_z = 0 \) to \( B_z \approx 3 \text{T} \) at the lowest accessible temperatures.

D. The Voigt geometry

It is also instructive to address the Voigt geometry, \( B \parallel x \), in which case the coefficients \( C = D = 1/\sqrt{2} \). The electron spin states then read

\[
|\pm 1/2\rangle_B = \frac{1}{\sqrt{2}}(|1/2\rangle_z \pm |−1/2\rangle_z).
\]

Here the radiative decay rates of all four states are the same. Moreover, the exciton states \( sj_z \) form two degenerate pairs \((++, −−)\) and \((+−, −+)\) because the effect of the in-plane field is disregarded. As a result, according to Eqs. (13) and (15) the populations \( f_{ij} \) are given by

\[
\begin{align*}
    f_{++} &= f_{−−} = \frac{G}{\frac{w_e}{2} + w_e' + \left\langle 0, 1 + \alpha \right\rangle w_e}, \\
    f_{−−} &= f_{++} = \frac{G}{\frac{w_e}{2} + w_e' + \left\langle 0, 1 + \alpha \right\rangle w_e}.
\end{align*}
\]

In the Voigt geometry there is no circular polarization \( P_c \) of the emission. The emission intensity is weakly affected by the magnetic field.

E. Possible deviation of selection rules

The above model already accounts for the majority of experimental observations in the present work and in Ref. [6]. However, in order to describe particular features of the observed dynamics of the exciton luminescence polarization, we need to allow for minor deviations of the selection rules from those in Eq. (8). As we demonstrate below these deviations are important mostly in the Faraday geometry. Therefore we focus on this specific geometry, \( B \parallel z \), and specify the states by the exciton angular momentum component \( m_z = s_z + j_z \). We assume the structure under study to have \( C_{2v} \) point symmetry. In this case the bright exciton states, \( ±1 \), are mixed with each other, while the dark states, \( ±2 \), can be mixed with the excited (light-hole exciton) states with \( m_z = 0 \). As a result, the selection rules deviate from those described above.

In the simplest model of symmetry reduction from the \( D_{2d} \) point group that is relevant for [001]-grown quantum wells with symmetric heteropotential and equivalent interfaces, let us take into account mixing of the heavy-hole, \( \Gamma_8, ±3/2 \), and the light-hole, \( \Gamma_8, ±1/2 \), states. Microscopically, the mixing is related to the anisotropy of the chemical bonds at the interfaces, strain and/or...
anisotropic localization \cite{16} and described by

$$\pm \frac{3}{2} = N' \left( \varphi_h(z) \mid \Gamma_{8, \pm \frac{3}{2}} + \eta \varphi_l(z) \mid \Gamma_{8, \pm \frac{1}{2}} \right).$$

(26)

Here $\varphi_h(z)$, $\varphi_l(z)$ are the envelope functions of the heavy- and light-hole states, $\eta$ is the admixture coefficient, and $N' = 1/\sqrt{1 + |\eta|^2}$ is the normalization constant. The phase of the admixture coefficient is determined by the choice of axes in the quantum well plane. The admixture of light hole states results in a modification of the selection rules: Each of the “bright” states with $|m_z| = 1$ is active, both in $\sigma^+$ and $\sigma^-$ polarization, with a strength given by the ratio of the squared moduli of the matrix elements

$$\frac{|M_{\sigma^-}(-1/2, +3/2)|}{|M_{\sigma^+}(-1/2, +3/2)|} = \frac{|M_{\sigma^+}(+1/2, -3/2)|}{|M_{\sigma^-}(+1/2, -3/2)|} = \frac{|\eta|}{\sqrt{3}}.$$  

(27)

The dark states should become weakly ($|M|^2 \propto |\eta|^2$) optically active in the $z$ polarization (normal to the QW plane), this emission is, however, not detected in the experimental geometry. Hence, the heavy-light hole mixing results in a partial depolarization of the exciton emission.

Moreover, besides the mixing of heavy- and light hole described by Eq. (26), we allow for spin-flip processes in the phonon-assisted recombination which result in an activation of the dark states, $|m_z| = 2$, in the in-plane polarization. For better agreement with experiment we assume that the state with $m_z = -2$ is weakly active in the $\sigma^+$ polarization and, reciprocally, the state with $m_z = +2$ is weakly active in the $\sigma^-$ polarization. As a result, in the Faraday geometry, we write the degree of exciton luminescence circular polarization as follows

$$P_e = \xi \frac{f_{+1} - f_{-1} + C_d(f_{-2} - f_{+2})}{f_{+1} - f_{-1} + C_d'(f_{-2} + f_{+2})}.$$  

(28)

Here $\xi = (3 - |\eta|^2)/(3 + |\eta|^2)$ is the depolarization factor and the positive coefficients $C_d, C_d' \ll 1$ account for the emission of the dark states. Setting $\xi = 1$ and $C_d, C_d' = 0$ we return to the strict selection rules of Eq. (5). Generally, the parameters $\xi$ and $C_d, C_d'$ can depend on the phonon involved in the replica formation. For example, due to interface effects, the coupling of excitons to the short-wavelength phonons involved in the indirect photoemission can depend on the localization site (e.g., through the localization energy and, therefore, the localization length) and this dependence can be different for the TA and LO phonons. Then the emitting states participating in the TA- and LO-assisted photoluminescence processes can differ in the heavy-light hole mixing strength, the depolarization factor $\xi$ and the dark-state activation factors $C_d, C_d'$. In the following for simplicity we set $C_d = C_d'$.

V. MODELING THE EXPERIMENTAL RESULTS

We consider here a Wannier–Mott exciton formed by an electron in the doubly-degenerate conduction band and a hole in the doubly-degenerate valence band. For (001)-grown heterostructures with zinc-blende lattice, two of the exciton quartet states are bright and the two other states are dark. The bright excitons can be directly excited by light and can emit light. The dark excitons are optically inactive, they recombine with a nonradiative decay rate, have a longer lifetime and can act as a reservoir of excitons. The electron-hole exchange interaction results in a splitting between the bright and dark doublets and, due to reduced symmetry of a particular nanosystem, in an additional splitting of each doublet. Moreover, the exciton fine structure can be controlled by an external magnetic field which produces a three-fold effect: (i) it modifies and increases the sublevel splitting, (ii) it mixes the bright and dark states (at tilted fields or in the Voigt geometry), and (iii) it induces level crossing or anticrossing.

The population of the split sublevels is arranged by the interplay between recombination processes and spin flips of either an electron or a hole between the sublevels. Thus, the exciton photoluminescence intensity and polarization are governed by the following set of parameters: the exchange constants, the values and signs of the electron and hole g factors (together with the strength and orientation of the magnetic field), the radiative ($\tau_r$) and nonradiative ($\tau_{nr}$) recombination times, the spin relaxation rates ($w_e, w_h$) describing the spin flip rates for downward transitions, i.e., from the upper to the lower Zeeman sublevel, and the temperature which determines the ratio of upward and downward transitions. The possibility of various relations between the above parameters for the quartet excitons offers a vast diversity.

One of the simplest cases is realized in colloidal CdTe nanocrystals where due to the strong confinement the bright-dark exchange splitting exceeds by far the Zeeman energy (in the studied range of magnetic fields) and the thermal energy $k_B T$. Hence, in this material system at liquid helium temperatures the thermally induced mixing between bright- and dark-exciton states can be neglected, and only thermalization between the Zeeman levels of the bright excitons has to be taken into account.

The quantum confinement of electrons and holes in InAs/(In,Al,Ga)As self-assembled quantum dots suppresses the most efficient spin relaxation mechanisms so that the spin flip processes in the exciton are much slower than the radiative recombination \cite{18}. As for the exchange interaction energy, it is small compared with the electron and hole Zeeman energies even in a moderate magnetic field of $B = 0.5$ T.

In studies of pseudo-direct GaAs/AlAs superlattices where the Γ-X mixing is responsible for the nanosecond scale of the exciton radiative time, see e.g. \cite{19, 20}, the exchange and Zeeman splittings are small as compared
with the thermal energy at liquid-helium temperature 4.2 K used in the experiments. Therefore, the Boltzmann factors are close to unity, the radiative recombination rate is comparable with the spin flip rates, and level anticrossing occurs in fields of $B \approx 0.25$ T.

In GaSe crystals and GaSe$_{1-x}$Te$_x$ solid solutions, the exchange interaction splits the exciton quartet into singlet and triplet by $\sim 2$ meV with the triplet being additionally split by $\sim 0.05$ meV in two levels with angular momentum $z$-components $\pm 1$ (bright exciton) and 0 (dark exciton). One of the bright-exciton levels anticrosses with the dark level in a field of $B \approx 0.5$ T. The radiative and nonradiative recombination times are equal to 1.6 and 10 $\mu$s, respectively, and within this time range the exciton spin relaxation can be disregarded.

In the GaAs/AlAs heterostructures studied in this paper and in Ref. [6], the quartet of indirect exciton states is formed by electrons in the conduction $X_e$-$X_g$ valleys and $\Gamma$-point holes. As compared to the previously analyzed nanosystems, the distinctive features of such the excitons are: (i) the radiative exciton times amount to $\sim$ ms, much longer than the spin relaxation times:

$$\tau_{se} = \tau_{sh} = \tau_{r}^{-1},$$

$$\tau_{r} = \tau_{nr},$$

(ii) application of magnetic fields can significantly reduce the rates of the electron and hole upward spin flips at low temperatures and make them comparable with the nonradiative decay rate. The level anticrossing in weak magnetic fields is out of the scope of the present work (it takes place at $B < 100$ mT). This particular relation of parameters yields a pronounced interplay of the bright and dark exciton states in the photoluminescence and to the rameters yields a pronounced interplay of the bright and dark exciton states in the photoluminescence.

Let us start from well defined parameters. Due to the large band gap at the $X$ point, the spin-orbit contribution to the electron $g$ factor is vanishingly small [16, 22]. As a result, the electron $g$ factor, $g_e$, is isotropic and its value almost coincides with the free-electron Landé factor of +2.0 [23]. The recombination times of the bright and dark excitons were unambiguously determined in Ref. [6]: $\tau_r = 0.34$ ms and $\tau_{nr} = 8.5$ ms, by analyzing the PL intensity dynamics and its variation with magnetic field. The solution of Eqs. (12) for pulsed excitation was used to calculate the $P_e(t)$-dynamics with Eq. (11). The analysis of the calculated results demonstrates that the polarization degree rise-time is uniquely determined by the shortest among the electron and hole spin relaxation times and does not depend on other parameters. It will be shown in Sec. VI B, that the sign of $P_e$ in the initial growth stage is unambiguously controlled by the $\tau_{se}/\tau_{sh}$ ratio. Therefore, the fit of the $P_e(t)$ dynamics presented in Fig. (b) allows us to conclude that $\tau_{se}$ is longer than $\tau_{sh} = 3 \pm 0.5$ $\mu$s, which is valid for all magnetic field strengths and orientations.

Thus, we have four variable parameters to describe the experimental findings: the heavy hole longitudinal $g$ factor $g_{hh}$, the electron spin relaxation time $\tau_{se}$, and the factors $\xi$ and $C_d$. However, the possibilities for variation of these parameters are very limited. The factor $\xi$ is unambiguously determined by the saturation level of $P_e$ in tilted magnetic field as shown in Figs. and . It equals to 0.75 for the LO$_{AlAs}$ phonon assisted line. The factor $C_d$ together with $g_{hh}$ are responsible for the magnetic field value where the maximum value of the circular polarization degree, $|P_{c,\text{max}}|$, is reached in Faraday geometry, see Figs. . An additional restriction is imposed on the heavy hole longitudinal $g_{hh}$ factor. It cannot be smaller than +2.5 as recently established from the PL intensity dependence on magnetic field [6]. Finally the electron spin relaxation time $\tau_{se}$ defines the slope of the $P_e(B)$ decrease in strong magnetic fields applied in the Faraday geometry as shown in Figs. and .

The best fits of $P_e(B)$ and the PL decay at different temperatures, magnetic fields and orientations are shown by the lines in Figs. . All of them are obtained with the following set of parameters: $\tau_{se} = 33 \pm 1$ $\mu$s, $C_d = 0.001$, and $g_{hh} = +3.5 \pm 0.1$. In Sec. we show that the large positive value of $g_{hh}$ is consistent with a simple estimation based on an effective Hamiltonian approach and with experimental data for short-period GaAs/AlAs superlattices. The parameters used for the model calculations are collected in Table. It is remarkable that almost perfect quantitative description of all measured experimental dependencies is achieved, which confirms the validity of the used model.

Fitting the experimental data shows that in the studied GaAs/AlAs QW at $T = 1.8$ K the regime of weak magnetic fields is valid for $0 < B < 3$ T and that of moderate magnetic fields for $4 T < B < 10$ T, see also Fig. and Sec. . One can see in Figs. that the regime
of strong magnetic fields, where we can set \( \alpha, \beta = 0 \), is reached for \( B > 12 \) T.

Using \( C_d = 0.001 \) and depolarization factors \( \xi \) equal to 0.75 and 0.6, respectively, we obtain excellent fits for all dependencies of the LO_{AlAs} and TA_{AlAs} phonon-assisted lines. In fact, the \( P_{\nu}(B) \) dependencies of the LO and TA phonon replicas in Fig. 2 perfectly match each other after scaling by \( 1/\xi \), which validates the introduction of the replica-dependent depolarization factor in our model. We note that a reasonable description of the non-phonon line is possible for \( \xi = 0.31 \) and \( C_d = 0.001 \), but the fit accuracy is significantly smaller for the NP line as compared with the phonon replicas. We exclude this line from consideration because the origin of the NP luminescence is not fully established in our sample [6].

Note that in the fit of the experimental data presented above we assumed that the generation rates in all states are equal \( G_{sij} = G \). We have checked that accounting for the thermalization of electrons and holes between their spin states in the course of relaxation does not allow us to reproduce the dynamics of polarization and, moreover, in sufficiently strong magnetic fields makes the contribution of the dark states too strong to account for the observed values.

### B. Theoretical estimate of the heavy-hole \( g \) factor

To calculate the exciton states and their \( g \) factor in a monolayer-thick GaAs/AlAs QW one needs an atomistic computation based on a microscopic theory such as a tight-binding model. This is beyond the scope of the present work. Instead, in order to get a crude estimate of the heavy-hole \( g \) factor in the ultrathin QW we apply an effective Hamiltonian and take into account the magnetic field-induced mixing of the heavy- and light-hole states. The monolayer-thick QW is modeled by a rectangular heteropotential \( V(z) \) with well width \( a_0 = 0.565 \) nm and GaAs/AlAs valence band offset of \( \Delta V = 0.53 \) eV [24]: \( V(z) = 0 \) inside the well and \( V(z) = \Delta V \) in the barriers. In such a well there are only one heavy-hole \((hh1)\) and one light-hole \((lh1)\) quantum-confined subbands. The magnetic-field-induced mixing calculated in the frame-work of the Luttinger Hamiltonian takes place between subbands of different parity. Therefore, in the evaluation of \( g_{hh} \) we have to take into account the linear-in-\( k \) mixing of the \( hh1 \) subband with the continuum of the light-hole states, where \( k \) is the in-plane hole wave vector. Following Ref. [23] (see also Refs. [26, 27]) we represent the \( g \) factor of the heavy hole as

\[
g_{hh} = -6 \tilde{\kappa} + 4 \sqrt{3} a_0 \int dz S_h(z) \left\{ \frac{\gamma_3}{3} \frac{d}{dz} + V(z) - E_{hh1} \right\} S_h(z),
\]

where \( \tilde{\kappa} \) is the average magnetic Luttinger parameter between the two materials, \( \{ab\}_s = (ab + ba)/2 \) is the symmetrized product of operators, \( C_h(z) \) is the envelope wavefunction in the ground \( hh1 \) subband (with the quantum-confined energy \( E_{hh1} \)) and the function \( S_h(z) \) describing the \( k \)-linear light-hole admixture is defined by the equation

\[
\left[ -\frac{\hbar^2}{2m_0} \frac{d^2}{dz^2} (\gamma_1 + 2 \gamma_2) \frac{d}{dz} + V(z) - E_{hh1} \right] S_h(z) = -\sqrt{3} \hbar^2 \frac{d}{m_0 a_0} \left\{ \frac{\gamma_3}{3} \frac{d}{dz} \right\} C_h(z),
\]

with \( \gamma_i (i = 1, 2, 3) \) being the Luttinger band parameters. Making use of this shallow quantum-well model we recast \( g_{hh} \) in the form

\[
g_{hh} = -6 \tilde{\kappa} + \frac{\gamma_3^2}{\gamma_1 - 2 \gamma_2 (1 + \nu)^2} \nu^2 \approx 2.67,
\]

where \( \nu = \sqrt{\gamma_1 - 2 \gamma_2}/(\gamma_1 + 2 \gamma_2) \) and all the Luttinger parameters correspond to those of the AlAs material: \( \gamma_1 = 3.76, \gamma_2 = 0.82, \gamma_3 = 1.42, \) and \( \kappa = 0.12 [24] \). It is worth stressing, that the final value of \( g_{hh} \) differs not only in magnitude but also in sign from the averaged bulk value of \( -6\kappa \). The positive sign of \( g_{hh} \) is determined by the dominant contribution to the \( g \) factor arising due to the \( k \)-linear admixture of continuum light-hole states to the confined heavy-hole states. Thus, \( g_{hh} \) is positive and exceeds the value of \( g_e \approx 2 \) expected for electrons in the X-valleys of AlAs. This result qualitatively agrees with effective Hamiltonian calculations [28] and results of experimental magneto-optical studies of GaAs/AlAs short-period superlattices [29, 33]. Particularly, Baranov et al. [30] obtained \( g_e = 1.90, g_{hh} = 3.2 \) in a 0.74 nm/1.43 nm superlattice, and \( g_e = 1.88, g_{hh} = 3.14 \) in a 1.05 nm/2.99 nm sample.

### VI. MODEL PREDICTIONS FOR STRUCTURES WITH DIFFERENT SETS OF PARAMETERS

In this section, using the developed model we simulate the experimental appearances in structures with different sets of parameters in order to highlight the variability of possible experimental realizations. This can
serve as a guide for the further search for systems with tailored dependencies of the polarization degree on magnetic field and temperature. We consider scenarios where the electron and hole spin relaxation times are shorter than the recombination time of the bright exciton, to avoid complications related with transient spin relaxation processes. Hereinafter we choose for definiteness the following values of the exciton recombination times: $\tau_\text{r} = 0.5\,\text{ms}$ and $\tau_\text{nr} = 10\,\text{ms}$ in all calculations. For simplicity, we set the depolarization factor $\xi = 1$. As before we neglect the electron-hole exchange interaction.

The PL intensity and exciton dynamics depend strongly on the signs and magnitudes of the electron and heavy-hole $g$ factors [6]. Let us introduce, following the approach used in Ref. [34], the effective $g$ factors of the bright and dark excitons in the Faraday geometry as

$$g_b = g_{hh} - g_e, \quad g_d = g_{hh} + g_e,$$

respectively. $g_b$ describes the splitting of the excitons active in $\sigma^+$ and $\sigma^-$ polarization as $E_{\sigma^+} - E_{\sigma^-} = g_b B_z$, while $g_d$ gives the splitting of the states $++$ and $--$. Provided that $|g_b| > |g_d|$ (case 1, illustrated in Fig. 8) the Zeeman splitting of the bright excitons exceeds the splitting of the dark states, so that in a magnetic field $B_z \neq 0$ the lowest state is a bright exciton. By contrast, if $|g_b| < |g_d|$ (case 2, Fig. 9), the exciton state lowest in energy is dark.

In the studied GaAs/AlAs QW both $g_e$ and $g_{hh}$ are positive, hence, $g_b < g_d$ and the case 2 is realized. Below we analyze various situations for different relations between the kinetic parameters $\tau_\text{se}$ and $\tau_\text{sh}$. For illustration of the model predictions we select those dependencies that clearly demonstrate distinct features for the different chosen sets of parameters: the dynamics of the magnetic-field-induced circular polarization degree, the dependence of $P_c$ on temperature and magnetic field orientation at fixed high field strength, and $P_c(B)$ in longitudinal magnetic field and in tilted field geometry with $\theta = 45^\circ$.

### A. Case 1, $|g_b| > |g_d|$</br>

For definiteness we assume that $g_e > 0$, $g_{hh} < 0$, and $|g_{hh}| > |g_e|$. The only configuration of the exciton spin levels that is possible in this case in the Faraday geometry is schematically shown in Fig. 9. The dependencies of the selected quantities calculated for the set of parameters given in the figure caption are shown in Fig. 10. When we vary the parameters across wide ranges, namely $g_e$ from 0.1 to 2, $g_{hh}$ from $-0.3$ to $-3$, $C_\sigma$ from zero to 0.01, and $\tau_\text{se}$ and $\tau_\text{sh}$ from 0.01 $\mu$s to 0.1 ms for fixed values of $T$ and $B$, all dependencies demonstrate the same trends: (i) after the excitation pulse $P_c$ increases with time up to saturation, with the corresponding time constant being the shorter one of the electron and hole spin relaxation times [Fig. 10(a)]; (ii) $P_c$ monotonically decreases with increasing temperature, in accordance with a Boltzmann population of the bright exciton levels [Fig. 10(b)]; (iii) the angular dependence of $P_c$ reflects the Zeeman splitting of the bright exciton levels by projecting the magnetic field on the growth axis of the structure [Figs. 10(c) and 10(d)]. In fact, in this regime the recombination and spin dynamics behaviors of the four-level system reduce to those of a two-level system involving bright states only. The dark states are important as intermediate states only in the course of electron and hole spin relaxation and the reservoir of dark excitons is not formed due to efficient downward spin flip processes towards the optically active exciton state of lowest energy [3], see Fig. 10.

### B. Case 2, $|g_b| < |g_d|$</br>

For definiteness we set here $g_e > 0$, $g_{hh} > 0$. The magnetic field applied in the Faraday geometry quenches the PL then, as the dark exciton becomes the lowest energy state. Depending on the system parameters the exciton PL and polarization behaviors become multifaceted. In contrast to the case 1 two possible configurations of exciton spin levels, which differ by the sign of the bright exciton $g$ factor, can be distinguished here, as shown in Fig. 11.

From Sec. [11C] in the range of weak magnetic fields, the $P_c$ behavior is similar to the case of a two-level system and is determined by the Boltzmann population of the bright exciton levels. Therefore, the most interesting scenarios can be found in the ranges of moderate and strong magnetic fields. Since these ranges are determined
by the ratio of magnetic \((g\mu_B B_z)\) and thermal \((k_BT)\) energies we use the following sets of parameters that provide corresponding conditions: \(T = 2\) K, \(B = 10\) T, \(g_e = +2, g_{hh} = +2.5\) to provide a positive sign of \(g_b\), and \(g_{hh} = +1.5\) for a negative sign of \(g_b\). Even the strict selection rules given by Eq. (8) with \(C_d = 0\) lead to an interesting behavior of the emission circular polarization degree \(P_c\) as function of time \(t\), magnetic field \(B\) and temperature \(T\).

Let us start with the \(P_c(t)\) dynamics calculated for different ratios of \(\tau_{se}/\tau_{sh}\) shown in Fig. 12. These functions are nonmonotonic. The rise stage is controlled by the shortest spin relaxation time, while the decay stage is determined by the longest one of the electron and hole spin relaxation times. The sign of \(P_c(t)\) in the rise stage is determined by the \(\tau_{se}/\tau_{sh}\) ratio and does not depend on the \(g_b\) sign. This is because the bright states +− and −+ are initially equally populated and their population state dynamics is controlled by the kinetic parameters. Rise-time and decay-time of the polarization degree are correspondingly determined by the shortest and longest among the electron and hole spin relaxation times.

The circular polarization dependence on magnetic field, \(P_c(B)\), calculated for the Faraday and for tilted geometries at \(T = 2\) K are shown in Fig. 13. Most spectacularly a nonmonotonic behavior with sign reversal is expected for the Faraday geometry, see Figs. 13(a) and 13(b). In weak magnetic fields the slope of \(P_c(B)\) and its sign are controlled by \(g_b\). One can see that the dependencies calculated for a varying \(\tau_{se}/\tau_{sh}\) ratio closely follow each other in agreement with Eq. (24). By contrast, in strong magnetic fields the \(P_c\) sign and value are again determined by the \(\tau_{se}/\tau_{sh}\) ratio, see Eqs. (22) and (23). Depending on this ratio the \(P_c(B)\) dependence can be either monotonic reaching saturation, or nonmonotonic with a sign reversal, but also reaching saturation in strong fields. In the tilted geometry (\(\theta = 45^\circ\)) the \(P_c(B)\) dependences demonstrate only a weak maximum and follow closely each other for the varying values of the \(\tau_{se}/\tau_{sh}\).
and strong magnetic fields when the polarization of the
rules. Here interesting scenarios can arise for moderate
levels, Eq. (24).

![Graph](image)

**FIG. 12.** (Color online) Calculated dynamics of $P_c(t)$ for different ratios of $\tau_{se}/\tau_{sh}$ with the following fixed parameter set: $T = 2$ K, $B = 10$ T, $C_d = 0$, $C_r = 0.5$ ms, $\tau_{nr} = 10$ ms, and $g_s = +2$. (a) $g_{hh} = +2.5$, $g_b > 0$ and (b) $g_{hh} = +1.5$, $g_b < 0$. We use in the calculations $\tau_{se} = 1$ $\mu$s for $\tau_{se}/\tau_{sh} \leq 1$ and $\tau_{sh} = 1$ $\mu$s for $\tau_{se}/\tau_{sh} \geq 1$.

![Graph](image)

**FIG. 13.** (Color online) $P_c(B)$ dependencies calculated for different ratios of $\tau_{se}/\tau_{sh}$ [presented in panel (d)] for $T = 2$ K, $C_d = 0$, $\tau_r = 0.5$ ms, $\tau_{nr} = 10$ ms, and $g_b = +2$. (a) Faraday geometry: $g_{hh} = +2.5$ and $g_b > 0$. (b) Faraday geometry: $g_{hh} = +1.5$ and $g_b < 0$. (c) Tilted geometry: $g_{hh} = +2.5$ and $g_b > 0$. (d) Tilted geometry: $g_{hh} = +1.5$ and $g_b < 0$. We use in the calculations $\tau_{se} = 1$ $\mu$s for $\tau_{se}/\tau_{sh} \leq 1$ and $\tau_{sh} = 1$ $\mu$s for $\tau_{se}/\tau_{sh} \geq 1$. Note that as before only the Zeeman effect caused by the $z$ component of the magnetic field is taken into account for the heavy holes.

ratio and the sign of $g_b$, see Figs. 13(c) and 13(d). In fact, as shown in Fig. 14 a significant change of the magnetic field-induced circular polarization degree occurs for the angles $\theta$ around the Faraday geometry ($\theta \approx 0^\circ$ and $\theta \approx 180^\circ$), while the mixing of states in tilted geometry neutralizes the contribution of carrier spin-flips on the polarization degree.

The temperature dependencies for $P_c$ in the Faraday geometry are also nonmonotonic and depend strongly on the kinetic parameter $\tau_{se}/\tau_{sh}$ ratio in the range of strong magnetic fields, see Fig. 15. At high temperatures (above 7 K) where the ratio $g_B B_z/k_B T \ll 1$ we return to the case of Boltzmann population of the bright exciton sublevels, Eq. (24).

**C. Case 2. Role of deviation from strict selection rules for optical transitions**

Finally, let us have a closer look into the effect expected from a small deviation from the optical selection rules. Here interesting scenarios can arise for moderate and strong magnetic fields when the polarization of the lower dark state emission related with the coefficient $C_d$ in Eq. (28) differs from that of the lower bright state. We assume, similar to the situation revealed for the studied GaAs/AlAs QW, that the state with $m_z = -2$ is weakly active in the $\sigma^+$ polarization and, vice versa, the state with $m_z = +2$ is weakly active in the $\sigma^-$ polarization. The corresponding configuration of the exciton spin levels is shown in Fig. 11(a). The magnetic field dependencies of $P_c$ calculated at $T = 2$ K and for $\tau_{se}/\tau_{sh} = 50$ using different values of the dark exciton emission activation factor $C_d$ are shown in Fig. 16. The most significant changes occur again for the angles $\theta$ close to the Faraday geometry ($\theta \approx 0^\circ$ and $\theta \approx 180^\circ$) at low temperatures, as clearly seen in Fig. 16(b) and 16(d). One can see, that the factor $C_d$ strongly affects the dynamics of $P_c(t)$ in Fig. 16(a) and the $P_c(B)$ dependencies in Fig. 16(c).

The model calculation results presented in Sec. VI demonstrate a great variety of possible experimental dependencies of $P_c$ demonstrating that the magnetic-field-induced circular polarization degree is a sensitive tool to decode the spin structure and the spin dynamics of excitons in low dimensional structures.
FIG. 14. (Color online) Dependencies of $P_c(\theta)$ calculated for $T = 2$ K and $B = 10$ T, $C_d = 0$, $\tau_r = 0.5$ ms, $\tau_{nr} = 10$ ms, and $g_e = +2$ for different ratios of $\tau_{sc}/\tau_{sh}$ [panel (a)]. (a) $g_{bh} = +2.5$ and a longitudinal value of $g_b > 0$ and (b) $g_{bh} = +2.5$ and a longitudinal value of $g_b < 0$. We use in the calculations $\tau_{sc} = 1$ $\mu$s for $\tau_{sc}/\tau_{sh} \leq 1$ and $\tau_{sh} = 1$ $\mu$s for $\tau_{sc}/\tau_{sh} \geq 1$. Note that as before only the Zeeman effect caused by the $z$ component of the magnetic field is taken into account for the heavy holes.

VII. CONCLUSION

We investigated experimentally and theoretically the magneto-optical properties of a two-monolayer-thick GaAs/AlAs quantum well, which is indirect both in real and in $k$ space. The exciton spin dynamics have been addressed through the emission circular polarization induced by external magnetic fields. The extremely long exciton recombination time provided by the spatial separation of electron and hole due to the type-II band alignment in combination with electrons in the X valley results in novel physical situations. The spin relaxation times of electrons and holes are remarkably long, $\tau_{sc} = 33$ $\mu$s and $\tau_{sh} = 3$ $\mu$s, compared to, e.g., type-I GaAs/(Al,Ga)As QWs. The combination of the system parameters with the nonradiative recombination time being long compared with the radiative one and the possibility to control the rate of transitions from the lower to the upper Zeeman levels by the magnetic fields result in unusual dependences of the emission polarization on the magnetic field and temperature. A kinetic equation model which accounts for the dynamics of the quartet of bright and dark exciton states in the QW with $C_{2v}$ point symmetry provided by the heavy-light hole mixing has been developed. A perfect quantitative description of all experimental data is obtained with just a few variable parameters which can be unambiguously determined from the experimental data. We demonstrate that the magnetic field-induced circular polarization can be controlled either by thermodynamical parameters, i.e., the ratio of the exciton Zeeman splitting and the thermal energy, or by kinetic parameters, i.e., the relations between the various relaxation times in the system, depending on temperature and magnetic field. Furthermore, we have extended the model calculations to varying parameters sets in order to highlight the role of specific parameters in the experimental appearances. The developed approach can readily be used for investigation of the spin dynamics in semiconductor quantum well and quantum dot structures with indirect band gap either in real or in $k$ space, or in both of them.

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FIG. 16. (Color online) Calculated dependencies of $P_c$ for different factors $C_g$ of the dark exciton emission activation. (a) $P_c(t)$ dynamics in the Faraday geometry. (b) $P_c(T)$. (c) $P_c(B)$ in the Faraday geometry. (d) $P_c(\theta)$. Used parameters in the calculations: $T = 2$ K, $B = 10$ T, $g_c = +2$, $g_{hh} = +2.5$, $\tau_{sc} = 50$ ms, $\tau_{sh} = 1$ ms, $\tau_r = 0.5$ ms, and $\tau_{nr} = 10$ ms.

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