KAM QUASI-PERIODIC TORI FOR THE DISSIPATIVE SPIN-ORBIT PROBLEM

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Date: 8th July 2021.

Key words and phrases. KAM theory | Conformally symplectic systems | Dissipative spin-orbit problem | Quasi-periodic attractors.

R.C. was partially supported by UNAM-DGAPA PAPIIT Project IN 101020. A.C. was partially supported the MIUR Excellence Department Project awarded to the Department of Mathematics, University of Rome Tor Vergata, CUP E83C18000100006, EU H2020 MSCA ETN Stardust-Reloaded Grant Agreement 813644, MIUR-PRIN 2017CJA2B “New Frontiers of Celestial Mechanics: theory and Applications”. J.G. has been supported by the Spanish grants PGC2018-100699-B-I00 (MCIU/AEI/FEDER, UE), the Catalan grant 2017 SGR 1374 and MIUR-PRIN 2017CJA2B “New Frontiers of Celestial Mechanics: theory and Applications”. J.G. thanks the School of Mathematics of GT for its hospitality in Spring 2019 and Fall 2019. R.L. has been partially supported by NSF grant DMS 1800241.
Abstract. We provide evidence of the existence of KAM quasi-periodic attractors for a dissipative model in Celestial Mechanics. We compute the attractors extremely close to the breakdown threshold.

We consider the spin-orbit problem describing the motion of a triaxial satellite around a central planet under the simplifying assumption that the center of mass of the satellite moves on a Keplerian orbit, the spin-axis is perpendicular to the orbit plane and coincides with the shortest physical axis. We also assume that the satellite is non-rigid; as a consequence, the problem is affected by a dissipative tidal torque that can be modeled as a time-dependent friction, which depends linearly upon the velocity.

Our goal is to fix a frequency and compute the embedding of a smooth attractor with this frequency. This task requires to adjust a drift parameter.

We have shown in [CCGdlL20b] that it is numerically efficient to study Poincaré maps; the resulting spin-orbit map is conformally symplectic, namely it transforms the symplectic form into a multiple of itself. In [CCGdlL20b], we have developed an extremely efficient (quadratically convergent, low storage requirements and low operation count per step) algorithm to construct quasi-periodic solutions and we have implemented it in extended precision. Furthermore, in [CCdlL20] we have provided an “a-posteriori” KAM theorem that shows that if we have an embedding and a drift parameter that satisfy the invariance equation up to an error which is small enough with respect to some explicit condition numbers, then there is a true solution of the invariance equation. This a-posteriori result is based on a Nash-Moser hard implicit function theorem, since the Newton method incurs losses of derivatives.

The goal of this paper is to provide numerical calculations of the condition numbers and verify that, when they are applied to the numerical solutions, they will lead to the existence of the torus for values of the parameters extremely close to the parameters of breakdown. Computing reliably close to the breakdown allows to discover several interesting phenomena, which we will report in [CCGdlL20a].

The numerical calculations of the condition numbers presented here are not completely rigorous, since we do not use interval arithmetic to estimate the roundoff error and we do not estimate rigorously the truncation error, but we implement the usual standards in numerical analysis (using extended precision, checking that the results are not affected by the level of precision, truncation, etc.). Hence, we do not claim a computer-assisted proof, but the verification is more convincing than standard numerics. We hope that our work could stimulate a computer-assisted proof.

§1. Introduction

Kolmogorov-Arnold-Moser (hereafter KAM) theory ([Kol54, Arn63, Mos62]) concerns the existence of quasi-periodic motions in non-integrable dynamical systems. In its original formulation, it was applied to nearly-integrable Hamiltonian systems.

An important recent development is the a-posteriori KAM theory (see [dLLGJV05, dLL01]) that does not require that the system is close to integrable, but rather that there is an approximate solution of an invariance equation that satisfies some non-degeneracy conditions. Given an a-posteriori KAM theorem, one does not need to justify the way that the approximate solution is constructed (it could be done by formal expansions or just by numerical tries), but one must provide rigorous estimates on the error of the invariance equation and the condition numbers involved in the theorem statement.
The KAM theory has been extended to general systems (see, e.g., [Mos67]). This theory fixes the frequency of the quasi-periodic orbit searched, but adjusting parameters in the system. This general KAM theory is even more effective if the system preserves some geometric structures ([BHTB90], [BHS96], [CLHB05]). From the mathematical point of view, the number of parameters to adjust may be reduced (e.g., in the Hamiltonian case, there are no parameters to be adjusted). Numerically, one can use identities coming from the geometry to develop fast algorithms that also require small storage space and enjoy good stability properties. For the purposes of our paper, the most relevant development is [CCdlL13], which established an a-posteriori KAM theorem and presented efficient numerical algorithms for conformally symplectic systems (that is, systems that transform the symplectic form into a multiple of itself). Conformally symplectic systems appear in a variety of applications, including Euler-Lagrange equations of exponentially discounted Lagrangians, thermostats, etc.

The goal of this paper is to study the applicability of a-posteriori KAM theory for a specific model of Celestial Mechanics known as the spin-orbit problem with tidal torque. This model describes the rotational motion of a non-rigid triaxial ellipsoid orbiting around a point-mass planet. We assume that the planet moves in a Keplerian orbit, the rotation axis is perpendicular to the orbital plane and aligned with the shortest physical axis of the satellite. Furthermore, we assume that the system experiences a tidal force proportional to the velocity, which makes it into a conformally symplectic system. This model has been studied in [CC09], [Mas19], [SL12].

Efficient numerical methods to find quasi-periodic orbits in the spin-orbit model were implemented in [CCGdlL20b]. Taking advantage of the extreme efficiency of the methods, modern programming tools and the power of modern hardware. The calculations of [CCGdlL20b] were run in high precision and produced the parameterization of quasi-periodic orbits and adjusted parameters that solve the invariance equations with very high accuracy, even very close to the breakdown 1.

The goal of this paper is to study the application of the a-posteriori theorem in [CCdlL13] to the calculations in [CCGdlL20b]. We take the calculations in [CCGdlL20b], and evaluate numerically the condition numbers required in [CCdlL13]. Similar results for an explicitly given mapping appear in [CCdlL20]. In the present problem, the map considered is not given by an explicit formula, but is obtained by integrating an ordinary differential equation. This requires new analysis and numerical studies of the variational equations.

The results presented here come short of a full computer-assisted proof, since the evaluation of the error and the condition numbers are not completely rigorous. We do not take into account round-off or truncation errors.

We certainly hope that the present effort could serve as inspiration for others to close the gap and provide a true computer-assisted proof and, needless to say, we would be happy to provide detailed data and encouragement. Even if not the final word on existence, we think that the work presented goes beyond the regular standards of numerical

1As a matter of fact, there is no alternative numerical method that can compute as close to the breakdown, so that the estimates of this paper are the best estimates for the threshold, since the solutions we can compute have all the signs of being very deteriorated.
computations and is a significant progress in the area of the computations of tori, even close to the breakdown. We think that it is rather remarkable that the algorithms inspired by the theory are also the most efficient ones.

Computing close to the breakdown and being able to trust the computation is not just an affectation, but uncovers new phenomena that present a challenge to mathematics.

We note that, even if the computation is doable, but delicate for values of the perturbation close to the threshold, it remains extremely reliable and easy for many values of astronomical interest, so that KAM theory and their algorithms become a relevant tool to astronomers, overcoming the concerns—relevant at the time they were written—of [H66].

This paper is organized as follows. The equation of motion describing the dissipative spin-orbit problem is shortly recalled in Section §2. We study the Poincaré map associated to such a model in Section §3; in this way we obtain a spin-orbit map, which is conformally symplectic, and we compute the corresponding conformally symplectic factor, which is the term by which the symplectic form gets multiplied, when the map is applied to the symplectic form. Then, we use the KAM theorem for conformally symplectic maps formulated in [CCdlL20] (see Section §4). Contrary to the implementation to the standard map, the application of the theorem to the spin-orbit problem is more complex and it requires a careful computation of some constants as described in Section §5. This procedure leads to the final results that we present in Section §6 for two different frequencies: the golden ratio and a second frequency between one and the golden ratio.

§2. THE SPIN-ORBIT PROBLEM WITH TIDAL TORQUE

For the sake of motivation, in this section we present the physical basis of the model considered. Even if this motivates the questions asked, it is logically independent of the analysis.

Consider the motion of a non-rigid satellite \( S \) that we assume to have a triaxial shape and principal moments of inertia \( A < B < C \). We assume that the barycenter of the satellite \( S \) moves on an elliptic Keplerian orbit with semimajor axis \( a \), eccentricity \( e \), and with the planet \( P \) in one focus. The satellite rotates around the smallest physical axis, in such a way that the spin-axis is perpendicular to the orbit plane (see, e.g., [Bel01, Cel90, Cel10, CL04, WPM84]).

We normalize the units of measure of time so that the orbital period \( T_{\text{orb}} \) is equal to \( 2\pi \), which implies that the mean motion is \( n = 2\pi / T_{\text{orb}} = 1 \); we introduce the perturbative parameter \( \varepsilon \), which measures the equatorial ellipticity of the satellite:

\[
\varepsilon := \frac{3B - A}{2C}.
\]  

We denote by \( x \) the angle between the largest physical axis of the triaxial satellite and the periapsis line. The equation of motion of the spin-orbit problem, using the formulation
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in [Mac64, Pea05] for the tidal torque, is given by
\[
\frac{d^2 x(t)}{dt^2} + \varepsilon \left( \frac{a}{r(t)} \right)^3 \sin(2x(t) - 2f(t)) = -\eta \left( \frac{a}{r(t)} \right)^6 \left( \frac{dx(t)}{dt} - \frac{df(t)}{dt} \right),
\]
(2)
where \( r(t) = r(t; e) \) and \( f(t) = f(t; e) \) are the orbital radius and the true anomaly of the Keplerian ellipse, and \( \eta > 0 \) is the dissipative constant depending on the physical features of the satellite. Denoting by \( u \) the eccentric anomaly, then
\[
r = a(1 - e \cos u), \quad \tan \left( \frac{f}{2} \right) = \sqrt{\frac{1 + e}{1 - e}} \tan \left( \frac{u}{2} \right).
\]

For \( \eta = 0 \) the model becomes conservative and takes a nearly-integrable form with \( \varepsilon \) being the perturbing parameter. We also introduce the spin-orbit problem with tidal torque averaged over one orbital period (see, e.g., [Pea05, CCGdlL20b]) as given by the equation
\[
\frac{d^2 x(t)}{dt^2} + \varepsilon \left( \frac{a}{r(t)} \right)^3 \sin(2x(t) - 2f(t)) = -\eta \bar{L}(e) \left( \frac{dx(t)}{dt} - \frac{\bar{N}(e)}{\bar{L}(e)} \right),
\]
(3)
where
\[
\bar{L}(e) := \frac{1}{(1 - e^2)^{9/2}} \left( 1 + 3e^2 + 3 \frac{e^4}{8} \right),
\]
\[
\bar{N}(e) := \frac{1}{(1 - e^2)^6} \left( 1 + \frac{15}{2} e^2 + \frac{45}{8} e^4 + \frac{5}{16} e^6 \right).
\]

§3. THE CONFORMALLY SYMPLECTIC SPIN-ORBIT MAP

Following [CCGdlL20b], we introduce a discrete system, which is obtained by computing the Poincaré map \( P_e \) associated to (2). Precisely, setting \( y = \dot{x} \), we can write the map as
\[
P_e(x_0, y_0; \varepsilon) := \left( x(2\pi; x_0, y_0, \varepsilon), y(2\pi; x_0, y_0, \varepsilon) \right),
\]
(4)
where \( x(2\pi; x_0, y_0, \varepsilon) \) and \( y(2\pi; x_0, y_0, \varepsilon) \) denote the solution of (2) at time \( t = 2\pi \) with initial conditions \((x_0, y_0)\) at \( t = 0 \). Writing \( P_e \) in components, say \( P_e \equiv (P_e^{(1)}, P_e^{(2)}) \), the spin-orbit Poincaré map becomes:
\[
\bar{x} = P_e^{(1)}(x, y; \varepsilon),
\]
\[
\bar{y} = P_e^{(2)}(x, y; \varepsilon).
\]
(5)
For numerical reasons, it is better to consider the change of coordinates
\[
\Psi_e := 2\pi \begin{pmatrix} 1 & 0 \\ 0 & 1 - e \end{pmatrix}
\]
and define the map \( G_e := \Psi_e \circ P_e \circ \Psi_e^{-1} \) which can be computed accurately by numerical integrators such as [HNW93, JZ05].
The map (5), equivalently $G_e$, inherits several properties of the continuous system (2). In particular, the map is \textit{conformally symplectic}, which means that it transforms the symplectic form into a multiple of itself, according to the following definition.

\textbf{Definition 3.1.} Let $\mathcal{M} = \mathbb{T}^n \times U$ with $U \subseteq \mathbb{R}^n$ an open and simply connected domain with smooth boundary. We endow $\mathcal{M}$ with a symplectic form $\Omega$. A diffeomorphism $f : \mathcal{M} \to \mathcal{M}$ is \textit{conformally symplectic}, if there exists a function $\lambda : \mathcal{M} \to \mathbb{R}$ such that

$$f^* \Omega = \lambda \Omega,$$

where $f^*$ denotes the pull-back of $f$.

We will call $\lambda$ the \textit{conformal factor}. For $\lambda = 1$ we have a symplectic diffeomorphism. In the following, we will consider the family $P_e : \mathcal{M} \to \mathcal{M}$, defined in (4), of diffeomorphisms depending on a parameter $e \in [0, 1]$ to which we refer as the \textit{drift parameter}. In this case (7) is replaced by

$$P_e^* \Omega = \lambda \Omega.$$  

The definition of conformally symplectic continuous systems is given as follows.

\textbf{Definition 3.2.} A vector field $X$ is a \textit{conformally symplectic flow} if, denoting by $L_X$ the \textit{Lie derivative}, there exists a function $\lambda : \mathbb{R}^{2n} \to \mathbb{R}$ such that

$$L_X \Omega = \lambda \Omega.$$  

If $\Phi_t$ denotes the flow at time $t$, then (2) implies that

$$(\Phi_t)^* \Omega = \exp(\lambda t) \Omega.$$  

The dissipative spin-orbit model (2) is an example of a conformally symplectic vector field. An important result for our purposes is that the Poincaré map associated to a conformally symplectic vector field is a conformally symplectic map. As a consequence, the spin-orbit Poincaré map defined in (5) is conformally symplectic with the conformally symplectic factor given by

$$\lambda(x, y) = \sigma \det DP_e(x, y; \varepsilon)], \quad \sigma = \pm 1,$$

where $\sigma$ denotes the orientation of $P_e$.

As shown in [CCGdlL20b], the conformal factor is given explicitly in terms of the orbital eccentricity and the dissipative parameter:

$$\lambda = \exp\left(-\eta \pi \frac{3e^4 + 24e^2 + 8}{4(1-e^2)^{9/2}}\right).$$

When $\eta > 0$ we have a contractive system, if $\eta < 0$ we have an expansive system and if $\eta = 0$ we have a symplectic system. In the following we will just consider the contractive case with $\eta > 0$.  

§4. KAM theorem and invariant attractors

The statement of the KAM theorem that we will apply to the spin-orbit problem requires a set of preliminary notations and notions. We start to give, in Section §4.1, the definition of the norms and some results on Cauchy estimates on the derivatives. In Section §4.2 we give the definition of Diophantine frequency and we present some results on the solution of the cohomology equation. The definition of KAM attractor and the invariance equation to be satisfied is given in Section §4.3. Finally, the statement of the KAM theorem, borrowed from [CCdlL20], is given in Section §4.4.

§4.1. Norms and Cauchy estimates. The norm of a vector $v = (v_1, v_2) \in \mathbb{R}^2$ is defined as

$$\|v\| := |v_1| + |v_2|.$$  

The norm of a matrix $A = (a_{11}, a_{12}, a_{21}, a_{22}) \in \mathbb{R}^2 \times \mathbb{R}^2$ is defined as

$$\|A\| := \max \{|a_{11}| + |a_{21}|, |a_{12}| + |a_{22}|\}.$$  

Next, we consider the norm of functions and vector functions. To this end, for $\rho > 0$ we introduce the complex extensions of a torus $T$, a set $B$ and the manifold $M = T \times B$ as

$$T_\rho := \{x + iy \in \mathbb{C}/\mathbb{Z}: x \in T, |y| \leq \rho\},$$  

$$B_\rho := \{x + iy \in \mathbb{C}: x \in B, |y| \leq \rho\},$$  

$$M_\rho := T_\rho \times B_\rho.$$  

By $A_\rho$ we denote the set of functions analytic in the interior of $T_\rho$ and extending continuously to the boundary of $T_\rho$. This set is endowed with the norm

$$\|f\|_\rho := \sup_{z \in T_\rho} |f(z)|.$$  

Similarly, for a vector valued function $f = (f_1, f_2, \ldots, f_n)$, $n \geq 1$, we define the norm

$$\|f\|_\rho := \|f_1\|_\rho + \|f_2\|_\rho + \cdots + \|f_n\|_\rho.$$  

If $F$ denotes an $n_1 \times n_2$ matrix valued function, then we define its norm as

$$\|F\|_\rho := \sum_{i=1}^{n_1} \sup_{j=1,\ldots,n_2} \|F_{ij}\|_\rho.$$  

The following classical lemma gives a bound on the derivatives on smaller domains than the initial function (see, e.g., [CCdlL20] for its proof).

**Lemma 4.1.** Given a function $h \in A_\rho$, its first derivative can be bounded as

$$\|Dh\|_{\rho-\delta} \leq \delta^{-1} \|h\|_\rho,$$

where $0 < \delta < \rho$.  

§4.2. Diophantine frequency and the cohomology equation. One of the main assumptions in KAM theory is that the frequency satisfies a Diophantine assumption that, in view of the application of KAM theory to the spin-orbit map [5], we introduce as follows.

**Definition 4.2.** Let \( \omega \in \mathbb{R} \) and let \( \tau \geq 1, \nu > 0 \). The number \( \omega \) is said Diophantine of class \( \tau \) and constant \( \nu \), \( \omega \in \mathcal{D}(\nu, \tau) \), if for all \( q \in \mathbb{Z} \) and \( k \in \mathbb{Z}\setminus\{0\} \), it satisfies the following inequality

\[
|\omega k - q| \geq \nu |k|^{-\tau} .
\]

(17)

Another important ingredient at the basis of the proof of the KAM theorem is the solution of a cohomology equation of the form

\[
\varphi(\theta + \omega) - \lambda \varphi(\theta) = \vartheta(\theta) ,
\]

(18)

where \( \theta \in \mathbb{T} \) and \( \vartheta \) is a Lebesgue measurable function.

The following lemmas yield the existence of a solution of (18) given by a Lebesgue measurable function \( \varphi \). The first result, Lemma 4.3, is valid when \( |\lambda| \neq 1 \) and \( \omega \in \mathbb{R} \). It gives an estimate on the solution which depends on \( \lambda \) and indeed explodes as \( |\lambda| \) tends to 1. The second result, Lemma 4.4, is valid for any \( \lambda \) and Diophantine frequency \( \omega \). It provides a uniform estimate of the solution. We refer to [CCdlL13, CCdlL20] for the proofs of the Lemmas 4.3 and 4.4.

In [CCdlL13], one can find also estimates that are uniform for \( \lambda \in [A^{-1}, A] \) for \( A > 1 \) and, hence allow to study the (singular) limit of zero dissipation. These estimates are very similar to the estimates in Lemma 4.4 (they use the Diophantine condition and they entail a loss of domain).

**Lemma 4.3.** Let \( |\lambda| \neq 1 \) and \( \omega \in \mathbb{R} \). Given any Lebesgue measurable function \( \vartheta \), there exists a Lebesgue measurable function \( \varphi \) which satisfies (18) and which is bounded by

\[
\| \varphi \|_\rho \leq \left| |\lambda| - 1 \right|^{-1} \| \vartheta \|_\rho .
\]

The derivatives of \( \varphi \) with respect to \( \lambda \) are bounded by

\[
\| D^j_\lambda \varphi \|_\rho \leq \frac{j!}{\left| |\lambda| - 1 \right|^{j+1}} \| \vartheta \|_\rho , \quad j \geq 1 .
\]

**Lemma 4.4.** Assume that \( \lambda \in [A_0, A_0^{-1}] \) for some \( 0 < A_0 < 1 \) in (18) and let \( \omega \in \mathcal{D}(\nu, \tau) \). Let \( \vartheta \in \mathcal{A}_\rho, \rho > 0 \), be a function such that

\[
\int_{\mathbb{T}} \vartheta(\theta) \, d\theta = 0 .
\]

Then, there exists one, and only one, solution of (18) with zero average:

\[
\int_{\mathbb{T}} \varphi(\theta) \, d\theta = 0 .
\]

Moreover, if \( \varphi \in \mathcal{A}_{\rho - \delta} \) for \( 0 < \delta < \rho \), then we have

\[
\| \varphi \|_{\rho - \delta} \leq C_0 \nu^{-1} \delta^{-\tau} \| \vartheta \|_\rho ,
\]

(19)
where
\[
C_0 = \frac{1}{(2\pi)^r} \frac{\pi}{2^r(1 + \lambda)} \sqrt{\frac{\Gamma(2\tau + 1)}{3}} \tag{20}
\]
and \(\Gamma\) denotes the gamma function.

We remark that [FHL17] provides a better estimate for the constant \(C_0\) in the symplectic case. Its expression is more complicated than (20). However, for our parameter values, it seems that the estimate (20) suffices to reach the final result of getting analytic estimates close to the break-down.

§4.3. KAM attractor and the invariance equation. In this Section, we introduce the definition of a KAM attractor with Diophantine frequency \(\omega\) for a family \(f_e\) of conformally symplectic maps. We call \(e\) the drift parameter, since we recognize that the drift is related to the eccentricity, although the drift might in principle coincide with a different parameter. This will require to satisfy the invariance equation (21) below, which will be the centerpiece of the KAM theorem of Section §4.4.

**Definition 4.5.** Let \(f_e: \mathcal{M} \to \mathcal{M}\) be a family of conformally symplectic maps. A KAM attractor with frequency \(\omega\) is an invariant torus which is described by an embedding \(K: \mathbb{T} \to \mathcal{M}\) and a drift parameter \(e\), which satisfy the following invariance equation for \(\theta \in \mathbb{T}\):
\[
f_e \circ K(\theta) = K(\theta + \omega) . \tag{21}
\]

We remark that solving equation (21) will require to determine both \(K\) and \(e\).

Denoting by \(T_\omega\) the shift by \(\omega\) such that for a function \(K\), we have \((K \circ T_\omega)(\theta) = K(\theta + \omega)\), then the invariance equation (21) can be written as
\[
f_e \circ K = K \circ T_\omega .
\]

§4.4. The KAM theorem. The KAM statement provided in [CCdlL20] applies to two-dimensional maps and, although it has been applied to the dissipative standard map, the formulation of the KAM theorem was given for a general system. Therefore, we can apply the main theorem stated in [CCdlL20] to the Poincaré map of the spin-orbit problem (2).

The KAM theorem in [CCdlL20] gives explicit conditions that ensure that, given an approximate solution, there is a true solution. This requires the computation of several constants that we list in Appendix §A to make the paper self contained. If the map was given by an explicit formula (as it was the case in [CCdlL20]) some of the constants can be obtained using calculus. In our case, since the map is obtained integrating an ODE, we obtain the estimates integrating the equation in a complex domain.

Having fixed a Diophantine frequency \(\omega\) and after computing the value of the conformal factor \(\lambda\), we look for an embedding \(K\) and a drift parameter \(e\) which satisfy the invariance equation (21). The solution can be obtained under a non-degeneracy condition (see H3 in Theorem 4.6).

In the spin-orbit problem, the description of the computation of the solution is given in Section §4.6 while the verification of the KAM conditions is provided in Section §6.
Let us assume that we start with an approximate solution \((K_0, \varepsilon_0)\) which satisfies the invariance equation (21) up to an error term \(E_0\), that is,

\[
E_0(\theta) = f_{\varepsilon_0} \circ K_0(\theta) - K_0(\theta + \omega) .
\]

Before stating the main theorem, we need to introduce the following auxiliary quantities:

\[
\begin{align*}
N_0(\theta) &:= (DK_0(\theta)^\top DK_0(\theta))^{-1} , \\
M_0(\theta) &:= \left[ DK_0(\theta) \mid J^{-1} \circ K_0(\theta) \right] \left( DK_0(\theta)N_0(\theta) \right] , \\
S_0(\theta) &:= ((DK_0N_0) \circ T_\omega)\circ J(\theta) \circ J^{-1} \circ K_0(\theta)DK_0(\theta)N_0(\theta) ,
\end{align*}
\]

where the superscript \(\top\) denotes transposition and the matrix \(J\) is the matrix representation of the symplectic form,

\[
\Omega_z(u, v) = \langle u, J(z)v \rangle ,
\]

with \(z \in M\). For the applications we have in mind, \(J\) is constant and it is defined as

\[
J = \begin{pmatrix} 0 & 1 \\ -1 & 0 \end{pmatrix} .
\]

Theorem 4.6 is a constructive version of Theorem 20 in \([CCdlL13]\) and it applies to mapping systems, like the Poincaré map \(P_\varepsilon\) defined on the manifold \(M = B \times \mathbb{T}\); here \(B \subset \mathbb{R}\) denotes an open and simply connected domain with smooth boundary. Assume that \(f_\varepsilon\) is analytic on an open connected domain \(C \subset \mathbb{C} \times \mathbb{C}/\mathbb{Z}\). Assume the following hypotheses.

**H1.** The frequency \(\omega\) is Diophantine as in (17), namely \(\omega \in \mathcal{D}(\nu, \tau)\).

**H2.** The approximate solution \((K_0, \varepsilon_0), K_0 \in \mathcal{A}_{\rho_0}\) for some \(\rho_0 > 0\) and \(\varepsilon_0 \in \Lambda\), satisfies (21) up to an error function \(E_0 = E_0(\theta)\) as in (22). We denote by \(\varepsilon_0\) the size of the error function, that is,

\[
\varepsilon_0 := \| E_0 \|_{\rho_0} .
\]

**H3.** Assume that the following non-degeneracy condition is fulfilled:

\[
\det \begin{pmatrix} \lambda - 1 \\ S_0 - \frac{S_0(B_{\lambda_0})^0 + \tilde{A}_0^{(1)}}{\tilde{A}_0^{(2)}} \end{pmatrix} \neq 0 ,
\]

where \(S_0\) is defined in (23), \(\tilde{A}_0^{(1)}, \tilde{A}_0^{(2)}\) are the first and second elements of

\[
\tilde{A}_0 = M_0^{-1} \circ T_\omega D_\varepsilon f_{\varepsilon_0} \circ K_0 ,
\]

\((B_{\lambda_0})^0\) is the solution (with zero average in the \(\lambda = 1\) case) of the equation

\[
\lambda (B_{\lambda_0})^0 - (B_{\lambda_0})^0 \circ T_\omega = - (\tilde{A}_0^{(2)})^0 ,
\]

and \((\tilde{A}_0^{(2)})^0\) is the zero average part of \(\tilde{A}_0^{(2)}\).
Then, let $\mathcal{T}_0$ be the twist constant defined as

$$
\mathcal{T}_0 := \left\| \left( \frac{S_0}{\lambda - 1} \left( S_0(B_{10})^0 + \frac{\tilde{A}^{(1)}_0}{\tilde{A}^{(2)}_0} \right) \right)^{-1} \right\|.
$$

**H4.** Assume that for some $\zeta > 0$ we have

$$
\text{dist}(e_0, \partial \Lambda) \geq \zeta \quad \text{and} \quad \text{dist}(K_0(\mathcal{T}_{p0}), \partial \mathcal{C}) \geq \zeta.
$$

**H5.** Let $\delta_0$ be such that $0 < \delta_0 < \rho_0$. Introduce the quantity $\kappa_\varepsilon := 4C_{\sigma_0}$ with $C_{\sigma_0}$ constant (see Appendix §A). Define the quantities

$$
\begin{align*}
Q_z &= \sup_{e \in \mathcal{C}} \left| Df_{e_0}(z) \right|, \\
Q_e &= \sup_{e \in \mathcal{C}, \varepsilon \in \Lambda, |\varepsilon - e_0| < 2\kappa \varepsilon_0} \left| D_e f_e(z) \right|, \\
Q_{zz} &= \sup_{e \in \mathcal{C}} \left| D^2 f_{e_0}(z) \right|, \\
Q_{ez} &= \sup_{e \in \mathcal{C}} \left| D D_e f_{e_0}(z) \right|, \\
Q_{zzz} &= \sup_{e \in \mathcal{C}} \left| D^3 f_{e_0}(z) \right|, \\
Q_{ee} &= \sup_{e \in \mathcal{C}, \varepsilon \in \Lambda, |\varepsilon - e_0| < 2\kappa \varepsilon_0} \left| D^2 f_e(z) \right|, \\
Q_{zee} &= \sup_{e \in \mathcal{C}, \varepsilon \in \Lambda, |\varepsilon - e_0| < 2\kappa \varepsilon_0} \left| D D_e^2 f_{e_0}(z) \right|, \\
Q_{eze} &= \sup_{e \in \mathcal{C}, \varepsilon \in \Lambda, |\varepsilon - e_0| < 2\kappa \varepsilon_0} \left| D D_e f_{e_0}(z) \right|, \\
Q_{zzz} &= \sup_{e \in \mathcal{C}, \varepsilon \in \Lambda, |\varepsilon - e_0| < 2\kappa \varepsilon_0} \left| D^3 f_e(z) \right|, \\
Q_{E0} &= \frac{1}{2} \max \left\{ \| D^2 E_0 \|_{\rho_0-\delta_0}, \| D D_e E_0 \|_{\rho_0-\delta_0}, \| D^2 E_0 \|_{\rho_0-\delta_0} \right\}.
\end{align*}
$$

Assume that $\varepsilon_0$ is such that the following smallness conditions are satisfied for real constants $C_{\eta_0}$, $C_{e_0}$, $C_{e_0}$, $C_{\sigma_0}$, $C_{\sigma}$, $C_{W_0}$, $C_{W}$ and $C_{R}$ (see Appendix §A):

$$
\begin{align*}
C_{\eta_0} \nu^{-1} \delta_0^{-\tau} \varepsilon_0 < \zeta, \\
2^{3r+4} C_{e_0} \nu^{-2} \delta_0^{-2\tau} \varepsilon_0 \leq 1, \\
4C_{e_0} \nu^{-1} \delta_0^{-\tau} \varepsilon_0 < \zeta, \\
4C_{\sigma_0} \varepsilon_0 < \zeta, \\
\| N_0 \|_{\rho_0} (2\| DK_0 \|_{\rho_0} + D_K) D_K < 1, \\
4Q_{zzz} C_{\sigma_0} \varepsilon_0 < Q_z,
\end{align*}
$$
\[ 4Q_\varepsilon C_\sigma \varepsilon_0 < Q_\varepsilon, \quad (32) \]
\[ C_\sigma \ D_K \leq C_\sigma_0, \quad (33) \]
\[ D_K(C_{W0} + \|M_0\|_\rho_0 C_W + C_W D_K) \leq C_{d_0}, \quad (34) \]
\[ D_K \left( C_W \nu \delta_0^{1+\tau} + C_R \right) \leq C_\varepsilon_0, \quad (35) \]

where \( D_K \) is given by
\[ D_K := 4C_{d_0} \nu^{-1}\delta_0^{-\tau-1} \varepsilon_0. \quad (36) \]

Then, there exists an exact solution \((K_*, e_*)\) of (21) satisfying
\[ f_{e_0} \circ K_* - K_* \circ T_\omega = 0. \]

The following inequalities show that the quantities \((K_*, e_*)\) are close to \((K_0, e_0)\):
\[ \|K_* - K_0\|_{\rho_0 - \delta_0} \leq 4C_{d_0} \nu^{-1}\delta_0^{-\tau} \|E_0\|_{\rho_0}, \]
\[ |e_* - e_0| \leq 4C_{\sigma_0} \|E_0\|_{\rho_0}, \quad (37) \]

where \( C_{d_0} \) and \( C_{\sigma_0} \) are given explicitly in Appendix §A.

For simplicity of exposition, we report the explicit expressions of the constants entering Theorem 4.6 in Appendix §A. They are obtained making a constructive version of the KAM proof given in [CCdlL13]. We refer to CCdlL20 for the proof of Theorem 4.6.

§4.5. A sketch of the proof of Theorem 4.6. We present a sketch of the proof of Theorem 4.6 that we split into five main steps, all of them giving explicit estimates of the quantities involved. Although we do not enter into the details of the proof, which is quite long and technical (see CCdlL20), we provide an overview of the proof which motivates the assumptions H1-H5 as well as the smallness conditions (26)-(35).

§4.5.1. Step 1: the approximate solution. We denote by \((K, e)\) an embedding function and a drift term satisfying approximately the invariance equation with an error term \(E\):
\[ f_e \circ K(\theta) - K(\theta + \omega) = E(\theta). \quad (38) \]

All one-dimensional tori are Lagrangian invariant tori, namely they satisfy \( K^* \Omega = 0 \), which in coordinates is given by
\[ D_K^T(\theta) \ J \circ K(\theta) \ D_K(\theta) = 0. \]

This expression implies that the tangent space can be decomposed as the sum of the range of \( D_K(\theta) \) and the range of \( V(\theta) \), where \( V \) is given by
\[ V(\theta) = J^{-1} \circ K(\theta) \ D_K(\theta) N(\theta) \]
with \( N(\theta) = (D_K(\theta)^T D_K(\theta))^{-1} \).

Next, we define the quantity \( M \) as a juxtaposition of \( D_K \) and \( V \), i.e.,
\[ M(\theta) = [D_K(\theta) \mid V(\theta)]. \quad (39) \]
Then, it can be shown that, up to a remainder $R$, the action of the derivative of the map over $M$ is just a shift of $M$ multiplied by a matrix. Precisely, one can prove that (CCdlL20):

$$Df_e \circ K(\theta) \ M(\theta) = M(\theta + \omega) \left( \begin{array}{cc} \text{Id} & S(\theta) \\ 0 & \lambda \text{Id} \end{array} \right) + R(\theta) .$$

(40)

This result will be used in Step 2 to reduce (38) to a constant coefficient equation, that will be solved under assumptions $H1$ and $H3$.

§4.5.2. Step 2: a new approximation. Starting from the initial approximation $(K, e)$, we introduce a new approximation $(K', e')$ defined adding to $(K, e)$ some corrections $(W, \sigma)$ as $K' = K + MW$ and $e' = e + \sigma$. We denote by $E'$ the error function associated to $(K', e')$, satisfying the equation:

$$f_e \circ K'(\theta) - K'(\theta + \omega) = E'(\theta) .$$

(41)

Next, we proceed to expand (41) in Taylor series, which gives:

$$f_e \circ K(\theta) + Df_e \circ K(\theta) M(\theta)W(\theta) + D_e f_e \circ K(\theta)\sigma - K(\theta + \omega) - M(\theta + \omega) W(\theta + \omega) + h.o.t = E'(\theta) .$$

Using (38), we can guarantee that $E'$ is quadratically smaller provided that the following relation is satisfied:

$$Df_e \circ K(\theta) M(\theta)W(\theta) - M(\theta + \omega) W(\theta + \omega) + D_e f_e \circ K(\theta)\sigma = -E(\theta) .$$

(42)

We remark that condition (26) provides an estimate of the error $E'$ associated to $(K', e')$. Using (42) and (40), we obtain that

$$Df_e \circ K(\theta) M(\theta) = M(\theta + \omega) \left( \begin{array}{cc} \text{Id} & S(\theta) \\ 0 & \lambda \text{Id} \end{array} \right) + R(\theta) ,$$

which provides the following equations for $W$ and $e$:

$$M(\theta + \omega) \left( \begin{array}{cc} \text{Id} & S(\theta) \\ 0 & \lambda \text{Id} \end{array} \right) W(\theta) - M(\theta + \omega) W(\theta + \omega) = -E(\theta) - D_e f_e \circ K(\theta)\sigma .$$

(43)

Next, we multiply by $M(\theta + \omega)^{-1}$ and write (43) for the components $W_1$, $W_2$, $\tilde{E}_1$, $\tilde{E}_2$, $\tilde{A}_1$, $\tilde{A}_2$, of $W$, $\tilde{E}$, and $\tilde{A}$ as

$$\left( \begin{array}{cc} \text{Id} & S(\theta) \\ 0 & \lambda \text{Id} \end{array} \right) \left( \begin{array}{c} W_1(\theta) \\ W_2(\theta) \end{array} \right) - \left( \begin{array}{c} W_1(\theta + \omega) \\ W_2(\theta + \omega) \end{array} \right) = \left( \begin{array}{c} -\tilde{E}_1(\theta) - \tilde{A}_1(\theta)\sigma \\ -\tilde{E}_2(\theta) - \tilde{A}_2(\theta)\sigma \end{array} \right) ,$$

(44)

where we define

$$\tilde{E}_j(\theta) = -(M(\theta + \omega)^{-1}E)_j,$$

$$\tilde{A}_j(\theta) = (M(\theta + \omega)^{-1}D_e f_e \circ K)_j,$$

for $j = 1, 2$. We now make explicit (44) for the components $W_1$, $W_2$ and $\sigma$, so to obtain the following cohomological equations:

$$W_1(\theta) - W_1(\theta + \omega) = -\tilde{E}_1(\theta) - S(\theta)W_2(\theta) - \tilde{A}_1(\theta)\sigma$$

$$\lambda W_2(\theta) - W_2(\theta + \omega) = -\tilde{E}_2(\theta) - \tilde{A}_2(\theta)\sigma .$$

(45)
§ 4.5.3. **Step 3: Determination of the new approximate solution.** The solution of equations (45) allow us to determine the unknowns $W_1$, $W_2$ and $\sigma$ that give the corrections to determine the new approximate solution.

To solve the first equation of (45), we use assumption $H_1$ on the Diophantine property of the frequency and assumption $H_3$ expressing the non-degeneracy that allows us to solve the linear system (46) below. The second equation of (45) can instead be solved by an elementary contraction mapping argument for any $|\lambda| \neq 1$ and for all real frequencies.

Let us write $W_2$ as $W_2 = \tilde{B}_0 \tilde{\sigma}$. Taking the average of both equations (45), we obtain the equations

$$
\left( \begin{array}{c}
\langle S \rangle \\
\langle SB^0 \rangle + \langle A_1 \rangle \\
\langle A_2 \rangle \\
\end{array} \right) 
= 

\left( \begin{array}{c}
\langle W_2 \rangle \\
\langle \tilde{B}^0 \rangle - \langle \tilde{E}_1 \rangle \\
\end{array} \right),
$$

which can be solved to give $\langle W_2 \rangle$ and $\sigma$ under the non-degeneracy condition $H_3$.

Once the solution of (46) is obtained, we proceed to solve the second of (45) to determine $W_2$; such equation can be solved for any $|\lambda| \neq 1$ by a contraction mapping argument.

Then, we proceed to solve the first equation of (45) for $W_1$: since it involves small divisors, we can solve the equation under the Diophantine assumption $H_1$. The quantities $\|W_1\|_{\rho - \delta}$ and $\|W_2\|_{\rho - \delta}$ can be bounded by $\|E\|_{\rho}$ by using Cauchy estimates for the cohomological equations (45).

The error $E'$ associated to the new solution can be bounded on a domain of size $\rho - \delta$ by the square of the error $E$ on the domain of size $\rho$ as

$$
\|E'\|_{\rho - \delta} \leq C_E \delta^{-2r} \|E\|^2_{\rho}, \quad C_E > 0,
$$

showing that the new error of the procedure is quadratic in the original error. Assumption $H_4$ is needed to obtain such a bound.

§ 4.5.4. **Step 4: iteration and convergence.** We proceed to iterate the procedure presented in Step 3 to obtain a sequence of new solutions, say $\{K_j, e_j\}$, and their associated invariance equation error, say $E_j$. We prove that the errors tends to zero (in suitable norms) as $j \to \infty$ and thus the solution sequence converges to the true solution. The proof consists in implementing an abstract implicit function theorem, alternating the iteration with carefully chosen smoothing operators for analytic functions. The smoothing is obtained by rescaling domains where the functions are defined at each step. In particular, we can define as $\rho_j$ the size of the analyticity domain associated to the solution $\{K_j, e_j\}$ by introducing a shrinking parameter $\delta_j$ and setting

$$
\rho_0 = \rho, \quad \delta_j = \frac{\rho_0}{2^{j+2}}, \quad \rho_{j+1} = \rho_j - \delta_j, \quad j \geq 0.
$$

Then, we can show that for $a, b > 0$ and $C'_E > 0$, we have

$$
\|E_{j+1}\|_{\rho_{j+1}} \leq C'_E \nu^2 \delta_j^a \|E_j\|^2_{\rho_j}.
$$

If the quantity $\varepsilon_0 \equiv \|E_0\|_{\rho_0}$ is sufficiently small, then we conclude that

$$
\|K_j - K_0\|_{\rho_j} \leq C_K \varepsilon_0, \quad |e_j - e_0| \leq C_\mu \varepsilon_0
$$

(47)
for some constants $C_K, C_\mu > 0$. The inequalities (26)-(35) of Theorem 4.6 allow to obtain (47) as well as to ensure that the procedure can be iterated and that it converges to the true solution.

§4.5.5. Step 5: local uniqueness. Under smallness conditions, one can prove that, if there exist two solutions $(K_a, e_a), (K_b, e_b)$, then there exists $\psi \in \mathbb{R}$ such that

$$K_b(\theta) = K_a(\theta + \psi) \quad \text{and} \quad e_a = e_b.$$

§4.6. The algorithm and the initial invariant curve. Theorem 4.6 provides an explicit algorithm working as follows: for a fixed frequency $\omega$ and from an approximate solution $(K_0, e_0)$ satisfying the invariance equation with error term $E_0$, one can construct a new approximation $(K_1, e_1)$ satisfying the invariance equation with a new error term $E_1$ which is quadratically smaller than $E_0$, just taking derivatives and performing algebraic operations. The new approximation is obtained by solving suitable cohomological equations, under the non-degeneracy condition $H_3$. The algorithm is presented in detail in [CCGdIL20b] for the spin-orbit problem and it is recalled in Appendix §B.

In the following, we will consider two frequencies defined as

$$\omega_1 := \gamma_g^+ \quad \text{(48)}$$

and

$$\omega_2 := 1 + \frac{1}{2 + \gamma_g^-}, \quad \text{(49)}$$

where $\gamma_g^\pm := \sqrt[3]{\frac{\gamma_g}{2}}$. Both frequencies are Diophantine, in the sense of Definition 4.2 with constant $\nu = (\frac{3 - \gamma_g}{2})^{-1}$ and exponent $\tau = 1$.

The application of Theorem 4.6 consists in the steps given below.

(i) We fix the Diophantine frequency as one of the choices in (48) or (49).

(ii) We provide the initial values $K_0$ and $e_0$, selecting the eccentricity and the initial condition as follows. First, we select the eccentricity by choosing the value that corresponds to the fixed frequency. This is achieved by integrating equation (2) with an initial guess of $e_0$ and initial conditions $x(0) = 0$ and we fix $y(0) = \dot{N}(e_0)/\dot{L}(e_0)$, which is the value that we obtain when the dissipation disappears in the averaged model (3). After a transient time $t$ (so that the system evolves on the attractor), we compute the frequency over $N_\nu$ additional iterations as $\omega = \frac{1}{N_\nu} \sum_{j=1}^{N_\nu} y(t + 2\pi j)$. Once the approximated initial eccentricity for the desired frequency has been obtained, we iterate the Poincaré map (after another suitable transient) and we obtain the initial approximation of the invariant curve by fitting the discrete points.

(iii) We iterate Algorithm B.1 to obtain a more accurate approximation $(K_a, e_a)$ satisfying the invariance equation with an error whose norm is sufficiently small.
(iv) We compute the norms of the quantities appearing in Theorem 4.6 and detailed in Appendix §D for \( \omega_1 \) and Appendix §E for \( \omega_2 \).

(v) We check the conditions (26)-(35) in Theorem 4.6. If they are satisfied, we conclude the procedure, otherwise we change some of the parameters (e.g., \( \rho \) and \( \delta \)) and we try to optimize the final result.

Further details of the steps (ii) and (iii) can be found in [CCGdlL20b], which contains also the computation of the variational equations with respect to the initial conditions and the parameter \( e \) in (2). The rotation number in (ii) can be computed more efficiently (with smaller \( N \)) by [DSSY17]. The variational equations are needed in step 7 of the Algorithm B.1 in Appendix §B as well as for some of the quantities in (iv).

§4.7. Continuation method. Algorithm [B.1] can be used as a corrector for a continuation method of the invariant torus and its drift. In the spin-orbit problem, we use the eccentricity \( e \) as the adjustable parameter required by the quasi-Newton method and the perturbative parameter \( \varepsilon \) in (2) as the continuation parameter. The continuation consists in increasing \( \varepsilon \) by a stepsize, say \( \varepsilon_h \), and run the Algorithm [B.1] again with a given Newton’s tolerance \( \tilde{\varepsilon} \). Thus at each continuation step, if it succeed, we obtain a new embedding of the torus and a new corrected eccentricity.

If \( \varepsilon + \varepsilon_h \) converges, we increase \( \varepsilon_h \) for the next continuation step. Otherwise, we do not accept \( \varepsilon + \varepsilon_h \) as a solution, we decrease \( \varepsilon_h \), and we use Algorithm [B.1] with the new value of \( \varepsilon + \varepsilon_h \). In both cases we perform a Lagrange interpolation of the previous two or three steps in order to provide a better initial guess of \( K \) and \( e \) for the next iteration.

In all the above process, a refinement of the grid in the coordinate \( \theta \) may be required. In our implementation, we consider necessary to increase the number of Fourier coefficients when some of the following two cases arise.

The first one is when the accuracy tests, detailed in Section 5.3 of [CCGdlL20b], fail. In short, the accuracy tests are aimed to control different sources of error, precisely:

1. the error of the invariance equation on a table of values;
2. the error in the numerical integration, for which we introduce absolute and relative tolerances;
3. the error in the grid over the coordinate \( \theta \), which is controlled by checking the last coefficients of the truncated Fourier series as well as the Sobolev norm of the tail;
4. the interpolation error, which is controlled by providing an estimate of it and by changing the size of the grid, when the error becomes too large.

The second situation is when the continuation step fails consecutively two times which may require to decrease the stepsize \( \varepsilon_h \), especially when we are getting close to the breakdown. Thus, the continuation procedure will stop when the maximum number of remeshing is reached, in our case \( 2^{14} \) Fourier modes.

Figure 1 displays the results of the KAM torus (black curve) after a continuation starting at \( \varepsilon = 10^{-4} \) and a fixed dissipation \( \eta = 10^{-3} \). The computation has been done...
with a multi-precision arithmetic with 170 bits, i.e. around 50 digits of accuracy, a Newton’s tolerance of $\tilde{\epsilon} = 10^{-35}$, and a parallelization of the integration of the Poincaré map as detailed in Section 5.5 of [CCGdlL20b].

We emphasize that we checked the final result by changing the number of digits of accuracy; in other words, keeping the same Newton’s tolerance $\tilde{\epsilon}$ and the same integration’s tolerance, we have performed the last continuation step, checking that it is satisfied with 50, 55, and 60 digits of accuracy.

The values of the Fourier modes $n_\theta$, the dissipation $\eta$, the eccentricity $e$, and the perturbing parameter $\varepsilon$ are reported below for the Diophantine frequencies $\omega_1$ in (48) and $\omega_2$ in (49).

For $\omega_1$, the last successful Newton continuation step was reached in less than 3 min using 32 CPUs with final values:

$$n_\theta = 16384 ,
\eta = 10^{-3} ,
e = 0.31675286891174832107186084513865661761571784973618 ,
\varepsilon = 0.011632963641877116367716112642948530559675531382297 .$$

(50)

For $\omega_2$ we got the last successful torus in less than 5 min using 35 CPUs and with values:

$$n_\theta = 4096 ,
\eta = 10^{-3} ,
e = 0.24824740823563165902227100091869770425731996450084 ,
\varepsilon = 0.01269763002441588303212383001366761350909950826168 .$$

(51)

Figure 1 provides also the basins of the rotation numbers, namely the frequency given through a color scale for different initial conditions $(x_0, y_0)$. In particular, we take a grid of 500 $\times$ 500 initial conditions within the window $[0, 2\pi] \times [1, 2]$ and we compute the frequency as described in step (ii) of Section 4.6. We remark that the computation of the frequency has been optimized using the method described in [DSSY17] which is implemented and detailed for the spin-orbit case in the companion paper [CCGdlL20a].

§5. Estimates on the $Q$ quantities of the KAM theorem

The main difference in the explicit derivation of the KAM estimates presented in [CCGdlL20] between the standard map and the spin-orbit problem is the computation of the $Q$ constants defined in (25) of Theorem 4.6. Almost all of them are zero for the standard map, while for the spin-orbit problem we need to compute them as detailed in Sections §5.1 and §5.2 below.

It is also important to describe carefully the boundary of the domain $C$ and, in particular, the value $\zeta$ in $\mathbb{H}_4$ which is needed for the inequalities (26)–(35).

§5.1. The computation of $Q_{E0}$. We need to give a bound of the quantity

$$Q_{E0} := \frac{1}{2} \max \{ \| D^2 E_0 \|_{\rho_0 - \delta_0}, \| D_\tau D E_0 \|_{\rho_0 - \delta_0}, \| D^2_\tau E_0 \|_{\rho_0 - \delta_0} \} ,$$

(52)
where $E_0$ is defined in terms of the numerical approximated solution $(K_0, e_0)$ of Theorem 4.6. In the case of the spin-orbit problem, $E_0$ is given by

$$
E_0 = (\Psi^{-1}_{e_0} \circ G_{e_0})(\Psi_{e_0} \circ K_0(\theta)) - K_0^1(\theta + \omega),
$$

where $[\cdot]$ denotes the floor function, $e_0$ is the eccentricity value, $G_{e_0} = \Psi_{e_0} \circ P_{e_0} \circ \Psi_{e_0}^{-1}$ with $P_{e_0}$ being the $2\pi$-time flow of (2) and $\Psi_{e_0}$ given in (3). The superscripts 1 and 2 mean the components of the vectors in $\mathbb{R}^2$. Note that the floor function in (53) is needed since $x(t)$ in (2) is given modulus $2\pi$, that due to $\Psi_{e_0}$, in fact, it is modulus 1. Therefore $E_0^1$ gives values in $[-1/2, 1/2]$.

To compute $D^2E_0$ we can either differentiate the Fourier series with respect to $\theta$ or to use jet transport, which, roughly speaking, means to overload the numerical integrator with a multivariate polynomial manipulator. We are going to use the jet transport because we also need to get the variation with respect to the eccentricity, i.e., $D_\epsilon D E_0$ and $D_\epsilon E_0$. In order to get the quantities automatically, we use jets of 2 symbols, say $(s_1, s_2)$, and up to degree 2, see Appendix §F. Indeed, for each $\theta$ in a mesh of $\mathbb{T}$, we compute the flow given by

$$
\Psi^{-1}_{e_0+s_2} \circ G_{e_0+s_2} \circ \Psi_{e_0+s_2}(K_0(\theta + s_1)),
$$

where $s_1$ and $s_2$ are integers.

We follow the convention that a jet is encoded by the Taylor’s coefficients at 0.
where

\[ K_0(\theta + s_1) = K_0(\theta) + \partial_\theta K_0(\theta)s_1 + \frac{1}{2} \partial^2_\theta K_0(\theta)s_1^2. \]

**Remark 5.1.** Jet transport will provide the normalized derivative of \((55)\), so the \(1/2\) in \((52)\) is automatically included in the coefficients of degree 2 of \((55)\). Notice that here, we can use the ad hoc polynomial manipulator described in Appendix §F.

**Remark 5.2.** The term \(|\cdot |_{+0.5}\) in \((55)\) refers to the round function, namely the function that returns the nearest integer, but round halfway cases away from zero, regardless of the current rounding direction, and instead of the nearest integer in the rint function.

Note that round has zero derivative except in \((\frac{1}{2}\mathbb{Z})\}\{0\}, where the derivative is not well-defined. However, we will consider (numerically) derivative zero also in these discontinuity points.

**Remark 5.3.** About the 2nd derivatives for the term \(K_0(\theta + \omega)\), the ones with respect to \(e\) are zero and the computation of \(\partial^2_\theta K_0(\theta + \omega)\) is straightforward in the Fourier representation.

**Remark 5.4.** The computation of \((55)\) is fully parallelizable for each of the different values of \(\theta\), which gives us a clear speed-up in the performance. Specially when the quantity is computed near to the breakdown parameter value that, generically, requires more Fourier modes.

§5.2. The computation of the complex Q’s in Theorem 4.6. The quantities in the hypothesis \([H5]\) of Theorem 4.6 require to perform the integration of complex numbers, since the initial conditions are in the complex domain \(\mathcal{C}\), in fact, in its boundary. The complexification of the spin-orbit model leads to the complex spin-orbit problem, see Section §5.2.1 which is given as a real 4-dimensional ODE system. This system describes the evolution in time of the real and imaginary parts of each of the variables in \((2)\).

To address some of the freedoms in Theorem 4.6 we devote our attention in Section §5.2.2 to provide a definition of a possible domain \(\mathcal{C}\) such that we can fulfill the hypothesis \([H4]\). The strategy will be to move this original freedom on \(\mathcal{C}\) to two new parameters, \(\xi\) and \(\alpha\), which are going to be easier to handle.

Finally, we detail in Section §5.3 the different steps to approximate the \(Q\) quantities of \([H5]\).

§5.2.1. Complex spin-orbit problem. The \(Q\) quantities in \((25)\) are considered over the complex domain \(\mathcal{C}\) of Theorem 4.6. This implies the need of the complexification of the spin-orbit problem \((2)\), which leads to a new system called the complex spin-orbit problem.
given by the real ODE system
\[
\begin{align*}
\frac{d}{dt}x_R(t) &= y_R(t), \\
\frac{d}{dt}x_1(t) &= y_1(t), \\
\frac{d}{dt}y_R(t) &= -\varepsilon\left(\frac{a}{r(t)}\right)^3 \sin(2x_R(t) - 2f(t)) \cosh(2x_1(t)) - \eta\left(\frac{a}{r(t)}\right)^5 (y_R(t) - \frac{d}{dt}f(t)), \\
\frac{d}{dt}y_1(t) &= -\varepsilon\left(\frac{a}{r(t)}\right)^3 \cos(2x_R(t) - 2f(t)) \sinh(2x_1(t)) - \eta\left(\frac{a}{r(t)}\right)^5 y_1(t),
\end{align*}
\]

where (56) has been deduced by taking the complex numbers \(x = x_R + iy_1\) and \(y = x_R + iy_1\) in (2). To obtain the above equations, we use the relation
\[
\sin(\alpha_R + i\alpha_1) = \sin\alpha_R \cosh\alpha_1 + i \cos\alpha_R \sinh\alpha_1.
\]

Similarly to the real spin-orbit problem, see \[\text{[CGdL20b]}\], we consider the temporal change of coordinates \(t = u - e \sin u\) to make \(u\) the independent variable, i.e.,
\[
\begin{align*}
x_R(u - e \sin u) &= \beta_R(u), \\
y_R(u - e \sin u) &= \gamma_R(u)/(1 - e \cos u), \\
x_1(u - e \sin u) &= \beta_1(u), \\
y_1(u - e \sin u) &= \gamma_1(u)/(1 - e \cos u).
\end{align*}
\]

Thus, if \(\hat{G}_e\) is the \(2\pi\)-time flow of the complex spin-orbit problem with the coordinates \((\beta_R, \beta_1, \gamma_R, \gamma_1)\), then we can recover the normalized \(2\pi\)-time flow \(\hat{P}_e\) of (56) by the conjugacy given by
\[
\hat{\Psi}_e := 2\pi \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 - e & 0 \\ 0 & 0 & 0 & 1 - e \end{pmatrix}.
\]

Explicitly, we obtain:
\[
\hat{P}_e = \hat{\Psi}_e^{-1} \circ \hat{G}_e \circ \hat{\Psi}_e.
\]

Therefore to get the different high variational flows involved in the \(Q\) quantities of \[\text{[H5]}\] we can use the jet transport technique, see \[\text{[CGdL20b]}\], with jets of 5 symbols and up to order 3.

5.2.2. Definition of the boundary of the complex domain \(C\). The \(Q\) quantities of the hypothesis \[\text{[H5]}\] depend on the boundary \(\partial C\), because the ODE (2) as well as (56) are analytic. The only restriction on this set \(\partial C\) is given in \[\text{[H4]}\] which relates the distance of the set
\[
K_0(T_{\rho_0}) := \left\{ \left( \theta + i\sigma, 0 \right) + \overline{K}_0(\theta + i\sigma) : \theta \in \mathbb{T} \text{ and } |\sigma| \leq \rho_0 \right\},
\]

with \(\overline{K}_0\) denoting the periodic part of the mapping \(K_0\) which is continuously extended to the boundary of the set \(T_{\rho_0}\) defined in (12).

Recall that the distance between sets is defined by
\[
\text{dist}(K_0(T_{\rho_0}), \partial C) := \inf \{ d(x, y) : x \in K_0(T_{\rho_0}) \text{ and } y \in \partial C \}.
\]
Hence, we consider $\mathcal{C}$ given in terms of a real region $\Xi$ in the plane and a real value $\alpha > 0$, as

$$\mathcal{C} := \{(z_1, z_2) \in \mathbb{C}/\mathbb{Z} \times \mathbb{C}: \text{Re}(z_1, z_2) \in \Xi, |\text{Im} z_1| \leq \alpha, |\text{Im} z_2| \leq \alpha\}.$$  

The region $\Xi$ is bounded and we assume to be of the form $\Xi = \{t \in \mathbb{T} \times \mathbb{R}: \psi_- (\theta) \leq \sigma \leq \psi_+(\theta)\}$ for some real curves $\psi_-$ and $\psi_+$ such that

$$\psi_+ \circ K_0^1(\theta) \leq K_0^2(\theta) \leq \psi_+ \circ K_0^1(\theta) \quad \text{for all } \theta \in \mathbb{T}.$$  

For instance, fixed $\xi > 0$, one can try to find $\psi_\pm$ solving

$$\psi_\pm \circ K_0^1(\theta) = K_0^2(\theta) \pm \xi \quad \text{for all } \theta \in \mathbb{T}.$$  

Then, $K_0(\theta) \in \Xi$ for all $\theta$ in $\mathbb{T}$. Heuristically, $K_0^4(\theta) = \theta + K_0^1(\theta) \approx \theta$, if $K_0^1$ is small and the composition by $K_0^1$ may be neglected. In fact, if we allow constant values for $\psi_\pm$, we can just consider

$$\psi_- := \min_{\theta \in \mathbb{T}} K_0^2(\theta) - \xi, \quad \psi_+ := \max_{\theta \in \mathbb{T}} K_0^2(\theta) + \xi \quad (59)$$  

with a suitable value of $\xi$.

Let us assume that (depending on $\alpha$ and $\psi_\pm$)

$$\partial \mathcal{C} := A_\pm \cup B_\pm \cup C_\pm, \quad (60)$$  

where

$$A_\pm := \{(\theta + ix, \psi_\pm(\theta) + iy): \theta \in \mathbb{T}, |x| \leq \alpha, |y| \leq \alpha\},$$  

$$B_\pm := \{(\theta \pm i\alpha, v + i w): \theta \in \mathbb{T}, \psi_-(\theta) \leq v \leq \psi_+(\theta), |w| \leq \alpha\},$$  

$$C_\pm := \{(\theta + i\sigma, v \pm i \alpha): \theta \in \mathbb{T}, \psi_-(\theta) \leq v \leq \psi_+(\theta), |\sigma| \leq \alpha\}.$$  

We have different cases to get a lower bound on $\text{dist}(K_0(\mathbb{T}_{\rho_0}), \partial \mathcal{C})$. Let us consider generic points

$$x = (\theta + i\sigma + \overline{K}^1_0(\theta + i\sigma), \overline{K}^2_0(\theta + i\sigma)) \in K_0(\mathbb{T}_{\rho_0}),$$  

$$a_1^\pm = (\theta_1 + ix_1, \psi_\pm(\theta_1) + iy_1) \in A_\pm,$$  

$$b_1^\pm = (\theta_1 \pm i\alpha, v_1 + i w_1) \in B_\pm,$$  

$$c_1^\pm = (\theta_1 + i\sigma_1, v_1 \pm i\alpha) \in C_\pm.$$  

If we use $\psi_\pm$ constants, as those defined in (59), then we need to compute the $\Upsilon_i$ quantities given by

\begin{align*}
|x - a^+_1| &\geq \inf_{\theta + 1.\sigma \in \mathbb{T}_{\rho_0}} |\Re K_0^2(\theta + i\sigma) - \psi_+| =: \Upsilon_1, \\
|x - a^-_1| &\geq \inf_{\theta + 1.\sigma \in \mathbb{T}_{\rho_0}} |\Re K_0^2(\theta + i\sigma) - \psi_-| =: \Upsilon_2, \\
|x - b^+_1| &\geq \inf_{\theta + 1.\sigma \in \mathbb{T}_{\rho_0}} |\Im K_0^1(\theta + i\sigma) - \alpha| =: \Upsilon_3, \\
|x - a^-_1| &\geq \inf_{\theta + 1.\sigma \in \mathbb{T}_{\rho_0}} |\Im K_0^1(\theta + i\sigma) + \alpha| =: \Upsilon_4, \\
|x - c^+_1| &\geq \inf_{\theta + 1.\sigma \in \mathbb{T}_{\rho_0}} |\Im K_0^2(\theta + i\sigma) - \alpha| =: \Upsilon_5, \\
|x - c^-_1| &\geq \inf_{\theta + 1.\sigma \in \mathbb{T}_{\rho_0}} |\Im K_0^2(\theta + i\sigma) + \alpha| =: \Upsilon_6. \\
\end{align*}

Thus, if we take $\Upsilon := \min\{\Upsilon_1, \Upsilon_2, \Upsilon_3, \Upsilon_4, \Upsilon_5, \Upsilon_6\}$, then

\begin{equation}
\text{dist}(K_0(\mathbb{T}_{\rho_0}), \partial C) \geq \Upsilon.
\end{equation}

Therefore, we can choose $\zeta$ so that $\Upsilon \geq \zeta > 0$. Finally, we can set $\Lambda := (\epsilon_0 - \varphi, \epsilon_0 + \varphi)$ with $\varphi \geq \max\{\zeta, 2\kappa_c \epsilon_0\}$ and $\kappa_c$ given in (H5).

Note that the computation of $\Upsilon_i$ in (61) does not need to be rigorous, because we can take $\zeta$ further smaller than the approximated $\Upsilon$.

A second remark in the computation of $\Upsilon_i$ is that we can use the complex version of the FFT to make the computation faster. Indeed, using Appendix §C we complexify the real representation of the Fourier coefficients of $K_0$ and then use the FFT to get the corresponding table of values in an equispaced complex plane $\mathbb{T}_{\rho_0}$. This process makes the computation of an approximated $\Upsilon$ efficient, easily running in a today’s laptop without a strong need of concurrency.

§5.3. **Steps to approximate the $Q$ quantities.** Once we obtain the initial numerical approximate solution $(K_0, \epsilon_0)$ of the invariance equation (21) via the Newton Algorithm B.1 we choose $0 < \rho_0 < 1$ to compute the different quantities involved in the KAM estimates of the Theorem 4.6. That means to compute the quantities of (H5) and the constants in Appendix §A. The constants only depend on norms of functions from the Algorithm B.1 like $\|DK_0\|_{\rho_0}$, $\|DK_0^{-1}\|_{\rho_0}$, $\|N\|_{\rho_0}$, $\|S\|_{\rho_0}$, etc. The $Q$ quantities require more effort and we will use the procedure described in Section §5.2.

The first $Q$ quantity $Q_{E_0}$ in Section §5.1 requires to choose $0 < \delta_0 < \rho_0$. For the other $Q$ quantities in Section §5.2 we need first to choose $\zeta$ to get $\psi_\pm$ from (59) and $\alpha$ for (60). Then we compute the $\Upsilon$ such that (62) is satisfied. Finally, we can choose $\zeta$ which is the last crucial value that fixes all the other quantities to check the inequalities (26)–(33).

We note that the complex quantities of $Q$, which in fact are the hardest ones, do not need to be extremely rigorous because especially for those involving high order variational flows, they are always affected by the multiplication of small values, like the $\epsilon_0$, as one can realize looking at (26)–(33) and the Appendix §A. Therefore, our approach will just consider the quantities in a mesh of the six sets in (60), rather than a rigorous enclosure.
In fact, we also compensate the correctness of our numbers using multiprecision, that was already needed to reach parameter values close to the numerical break-down.

§ 6. KAM estimates for the spin-orbit problem

The application of Theorem 4.6 requires to check the conditions (26)–(35) that depend on the choice of some parameters. We did not found a general procedure to select $\rho_0, \delta_0, \xi, \alpha$ and $\zeta$, so that we can ensure a priori that the inequalities will be fulfilled. Nevertheless, we provide the values of these numbers for the cases $\omega_1$ and $\omega_2$ with respective spin-orbit parameters given in (50) and (51).

In the two cases $\omega_1$ in (50) and $\omega_2$ in (51), by trial and error we have made the following choice:

$$
\begin{align*}
\rho_0 &= 7.62939453125000 \cdot 10^{-6} = 2^{-17}, \\
\delta_0 &= 9.536743164062500 \cdot 10^{-7} = 2^{-20}, \\
\xi &= 0.0054, \\
\alpha &= 0.000016, \\
\zeta &= 9.3132257461547851562500 \cdot 10^{-10} = 2^{-30}.
\end{align*}
$$

Note that $\rho_0$, $\delta_0$, and $\zeta$ are just a power of 2, which means that they have an exact numerical representation in a computer.

From the choice of values in (63), we compute $\psi_\pm$ and $\Upsilon$ in Section § 5.2.2 using just double precision:

|       | $\omega_1$      | $\omega_2$      |
|-------|-----------------|-----------------|
| $\psi_-$ | 2.468595425049463e-01 | 2.093861593414215e-01 |
| $\psi_+$ | 2.682454746721682e-01 | 2.306499653402554e-01 |
| $\Upsilon$ | 1.833012143471895e-06  | 1.842114896678543e-06 |

Then, the $Q$ quantities can be computed following Section § 5.3. In this computation, we parallelize the different evaluations in a grid of $16 \times 16 \times 16$ points with a final CPU time of around 33h with 31 threads and 18h with 54 threads. As in the solution computed in Section § 4.7, we perform all the computations with 170 bits of precision. In particular, we know that the error in the invariance equation, the $\varepsilon_0$ in Theorem 4.6, is at most $10^{-45}$ because it is the requested tolerance in the Newton’s process. Moreover, once all the $Q$ quantities are computed, we perform the final checks of inequalities (26)–(35) using a little bit more bits, say 250, to prevent possible overflows in the comparisons.

We conclude by saying that the conditions of the theorem are satisfied for the values given in (50) for $\omega_1$ and (51) for $\omega_2$. The values of the quantities needed to prove Theorem 4.6 for $\omega_1$ and $\omega_2$ are listed, respectively, in Appendix § D and § E. The values of $\varepsilon$ that we obtain are essentially coinciding with the numerical break-down values, which are computed in [CCGdL20a]. This result shows the efficacy of KAM theorem in providing a constructive method to follow the invariant attractors up to break-down.
APPENDIX §A. List of the constants of Theorem 4.6

The explicit expressions of the constants used in Theorem 4.6 are given below (see [CCall20] for their derivation).

\[
\begin{align*}
C_{\sigma_0} & := \tau_0 \left[ \lambda - 1 \left( \frac{1}{|\lambda| - 1} S_{0\|\rho_0} + 1 \right) + S_{0\|\rho_0} \right] M^{-1}_{0\|\rho_0}, \\
C_{W_2} & := \frac{1}{|\lambda| - 1} \left( 1 + C_{\sigma_0} Q_e \right) M^{-1}_{0\|\rho_0}, \\
C_{\overline{W}_2} & := 2\tau_0 \left( \frac{1}{|\lambda| - 1} S_{0\|\rho_0} + 1 \right) Q_e M^{-1}_{0\|\rho_0}^2, \\
C_{W_1} & := C_0 \left( S_{0\|\rho_0} (C_{W_2} + \overline{C}_{W_2}) + M^{-1}_{0\|\rho_0} + Q_e M^{-1}_{0\|\rho_0} C_{\sigma_0} \right), \\
C_{W_0} & := C_{W_1} + (C_{W_2} + \overline{C}_{W_2}) \nu \delta_0^\tau, \\
C_{\eta_0} & := C_{W_0} M_{0\|\rho_0} + C_{\sigma_0} \nu \delta_0^\tau, \\
C_{\overline{\eta}_0} & := Q_e (M_{0\|\rho_0}^2 C_{W_0} + C_{\sigma_0} \nu^2 \delta_0^{2\tau}), \\
C_{C_0} & := C_{W_0} \nu \delta_0^{1+\tau} + C_{\overline{\eta}_0}, \\
C_{\overline{C}_0} & := C_{W_0} M_{0\|\rho_0}, \\
\kappa_e & := 4 C_{\sigma_0}, \\
D_K & := 4 C_{\overline{C}_0} \nu^{-1} \delta_0^{-\tau-1} \varepsilon_0, \\
D_{2K} & := 4 C_{\overline{C}_0} \nu^{-1} \delta_0^{-\tau-2} \varepsilon_0, \\
C_N & := \|N_0\|_{\rho_0}^2 \frac{2\|DK_0\|_{\rho_0} + D_K}{1 - \|N_0\|_{\rho_0} D_K (\|DK_0\|_{\rho_0} + D_K)}, \\
C_M & := 1 + J_e \left[ C_N (\|DK_0\|_{\rho_0} + D_K) + \|N_0\|_{\rho_0} J_e \right], \\
C_{\text{Minv}} & := C_N (\|DK_0\|_{\rho_0} + D_K) + \|N_0\|_{\rho_0} J_e, \\
C_S & := 2J_e Q_z \left\{ \left( \|N_0\|_{\rho_0} + C_N D_K \right) D_K (\|N_0\|_{\rho_0} + C_N D_K) + \|DK_0\|_{\rho_0} C_N D_K \right\}, \\
C_{SB} & := \frac{1}{|\lambda| - 1} Q_e M^{-1}_{0\|\rho_0} C_S + 2J_e Q_z \|N_0\|_{\rho_0}^2 \left( \|DK_0\|_{\rho_0}^2 \frac{1}{|\lambda| - 1} \right) C_{\text{Minv}} Q_e \\
& \quad + 2C_S \left( \frac{1}{|\lambda| - 1} \right) C_{\text{Minv}} Q_e D_K, \\
C_T & := \max \left\{ C_S, C_{SB} + 2C_{\text{Minv}} Q_e \right\} D_K,
\end{align*}
\]
\[
C_T = \frac{T_0^2}{1 - T_0 C_\tau} \max \left\{ C_S, C_{SB} + 2C_{M \text{inv}} Q_e \right\},
\]
\[
C_\sigma = C_T \left\{ |\lambda - 1| \left[ \frac{1}{|\lambda| - 1} \left( \|S_0\|_{\rho_0} + C_S D_K \right) + 1 \right] + \begin{cases} 1 \end{cases} \left( \|S_0\|_{\rho_0} + C_S D_K \right) \right\} \left( \|M_0^{-1}\|_{\rho_0} + C_{M \text{inv}} D_K \right)
\]
\[
+ T_0 \left\{ |\lambda - 1| \left[ \frac{1}{|\lambda| - 1} \left( \|S_0\|_{\rho_0} + C_S D_K \right) + 1 \right] \right\} C_{M \text{inv}}
\]
\[
+ |\lambda - 1| \left[ \frac{1}{|\lambda| - 1} \right] \|M_0^{-1}\|_{\rho_0} C_S + C_S \left( \|M_0^{-1}\|_{\rho_0} + C_{M \text{inv}} D_K \right) + C_{M \text{inv}} \|S_0\|_{\rho_0} \right\},
\]
\[
\overline{C}_{W_2} = 4C_T \left[ \frac{1}{|\lambda| - 1} \left( \|S_0\|_{\rho_0} + C_S D_K \right) + 1 \right] Q_e \left( \|M_0^{-1}\|_{\rho_0} + D_K \right)^2
\]
\[
+ 4T_0 Q_e \left[ \frac{1}{|\lambda| - 1} C_S \left( \|M_0^{-1}\|_{\rho_0} + D_K \right)^2 \right]
\]
\[
+ 4T_0 Q_e \left[ \frac{1}{|\lambda| - 1} \left( \|S_0\|_{\rho_0} + C_S D_K \right) + 1 \right] \left( D_K + 2 \|M_0^{-1}\|_{\rho_0} \right)
\]
\[
C_{W_1} = Q_{\epsilon \delta} \left[ (2C_M \|M_0\|_{\rho_0} + C_M^2 D_K) (C_{W_0} + C_W D_K) \right]^2 + \|M_0\|_{\rho_0}^2 \left( C_W^2 D_K + 2C_{W_0} C_W \right)
\]
\[
+ (C_\sigma D_K + 2C_{\sigma 0} C_\sigma) \nu^2 \delta_0^{2\tau} \right] + C_Q \left[ (\|M_0\|_{\rho_0} + C_M D_K)^2 (C_{W_0} + C_W D_K)^2
\]
\[
+ (C_{\sigma 0} + C_{\sigma} D_K)^2 \nu^2 \delta_0^{2\tau} \right] \delta_0^{-1},
\]
\[
C_{W_2} = \frac{1}{|\lambda| - 1} \left[ 1 + 2Q_\epsilon \|M_0^{-1}\|_{\rho_0} C_\sigma + 2Q_\epsilon C_{\sigma 0} + 2Q_\epsilon C_\sigma D_K \right],
\]
\[
C_{W_1} = C_0 \left\{ \|S_0\|_{\rho_0} C_{W_2} + C_S C_{W_2 0} + C_S C_{W_2} D_K + \|S_0\|_{\rho_0} \overline{C}_{W_2} \right\}
\]
\[
+ C_S \overline{C}_{W_2 0} + C_S \overline{C}_{W_2} D_K + 1 + 2Q_\epsilon \|M_0^{-1}\|_{\rho_0} C_\sigma + 2Q_\epsilon C_{\sigma 0} + 2Q_\epsilon C_\sigma D_K \right\},
\]
\[
C_W = C_{W_1} + C_{W_2} \nu^2 \delta_0^{2\tau} + \overline{C}_{W_2} \nu^2 \delta_0^{2\tau} ,
\]
\[
C_Q = \frac{1}{2} \max \left\{ 1 + \sup_{z \in \mathbb{C}} |D^3 f_{e_\theta}(z)| \right\} \left( \|DK_0\|_{\rho_0} \right)^2 \delta_0^2
\]
\[
+ \sup_{z \in \mathbb{C}, e \in \Lambda, |e - e_0| < 2\kappa e_0} |D_e D^2 f_e(z)| \right\} \left( \|DK_0\|_{\rho_0} \right)^2 \frac{C_{\sigma 0} \delta_{0}^{\tau+2}}{C_{d_0}}
\]
\[
+ \sup_{z \in \mathbb{C}} |D^2 f_{e_0}(z)| \right\} \left( \|DK_0\|_{\rho_0} \right) \delta_0
\]
\[
+ \sup_{z \in \mathbb{C}} |D^3 f_{e_0}(z)| \right\} \left( \|DK_0\|_{\rho_0} \right) \frac{4C_{d_0} \nu^{-1} \delta_{0}^{\tau+1} \delta_0}{\epsilon_0}
\]
\[
+ \sup_{z \in \mathbb{C}, e \in \Lambda, |e - e_0| < 2\kappa e_0} |D_e D^2 f_e(z)| \right\} \left( \|DK_0\|_{\rho_0} \right) \frac{4C_{\sigma 0} \delta_{0} \delta_0}{\epsilon_0}
\]
\[
+ \sup_{z \in \mathbb{C}} |D^2 f_{e_0}(z)| \right\} \left( \|DK_0\|_{\rho_0} \right) \delta_0^2 \]
Appendix §B. Newton’s algorithm

In this Section, we provide Newton’s algorithm for finding an invariant attractor of the spin-orbit problem; the algorithm is fully detailed in [CCGdL20b].

Algorithm B.1 (Newton’s method for finding a torus in the spin-orbit problem).

* Inputs: A fixed frequency $\omega$, the conformally symplectic map $P_\varepsilon$ given in (11) for fixed values of the parameters $\varepsilon$ and $\eta$. Initial values of the unknowns; the eccentricity $e$ and the embedding $K: \mathbb{T} \to \mathbb{T} \times \mathbb{R}$.

* Output: New $K$ and $e$ satisfying the invariance equation (21) up to a given tolerance.

* Notation: If $A$ is a function defined in $\mathbb{T}$, $\overline{A} := \int_\mathbb{T} A$ and $A^0 := A - \overline{A}$.

1. $E \leftarrow P_\varepsilon \circ K - K \circ T_\varepsilon$ denote the components $E := (E_1, E_2)$,
   $E_1 \leftarrow E_1 - \text{round}(E_1)$.

2. $\alpha \leftarrow DK$.

3. $N \leftarrow (\alpha'\alpha)^{-1}$.

4. $M \leftarrow [\alpha \ J^{-1}\alpha N]$.

5. $\tilde{E} \leftarrow (M^{-1} \circ T_\varepsilon)E$.

6. $\lambda$ given in (11).
7. \( P \leftarrow \alpha N, \)
\( S \leftarrow (P \circ T_\omega)^t D P \circ K J^{-1} P, \)
\( \tilde{A} \leftarrow M^{-1} \circ T_\omega D_x P \circ K \) denote the components \( \tilde{A} := (\tilde{A}_1, \tilde{A}_2). \)

8. \((B_a)^0 \) solving \( \lambda (B_a)^0 - (B_a)^0 \circ T_\omega = -(\tilde{E}_2)^0, \)
\((B_b)^0 \) solving \( \lambda (B_b)^0 - (B_b)^0 \circ T_\omega = -(\tilde{A}_2)^0. \)

9. Find \( \mathbf{W}_2, \sigma \) solving the linear system
\[
\begin{pmatrix}
\mathbf{S} & \mathbf{S}(B_a)^0 + \tilde{A}_1 \\
\lambda - 1 & \tilde{A}_2
\end{pmatrix}
\begin{pmatrix}
\mathbf{W}_2 \\
\sigma
\end{pmatrix}
= \begin{pmatrix}
-\tilde{E}_1 - \mathbf{S}(B_a)^0 \\
-\tilde{E}_2
\end{pmatrix}
\]

10. \( (W_2)^0 \leftarrow (B_a)^0 + \sigma(B_b)^0. \)

11. \( W_2 \leftarrow (W_2)^0 + \mathbf{W}_2. \)

12. \( (W_1)^0 \) solving \( (W_1)^0 - (W_1)^0 \circ T_\omega = -(SW_2)^0 - (\tilde{E}_1)^0 - (\tilde{A}_1)^0 \sigma. \)

13. \( K \leftarrow K + MW, \)
\( e \leftarrow e + \sigma. \)

14. Iterate from (1) until convergence in \( E \) with a prescribed tolerance \( \tilde{\epsilon}. \)

**Appendix §C. Complexification of a Fourier series**

If \( x : \mathbb{T} \rightarrow \mathbb{R} \) is a periodic and smooth mapping of period 1, it admits an \( N \)-th order truncated Fourier series with Fourier coefficients \( \{x_k\}_{k=0}^{N-1} \subseteq \mathbb{R}: \)
\[
x(\theta) = \frac{x_0}{2} + \frac{x_{N/2}}{2} \cos(\pi N \theta) + \sum_{k=1}^{N/2-1} x_{2k} \cos(2\pi k \theta) + x_{2k+1} \sin(2\pi k \theta).
\]

For simplicity and easy notation we assume \( N \) to be an even positive integer in (64).

The complexification process of the map \( x \) consists in lifting the spaces \( \mathbb{T} \) and \( \mathbb{R} \) to the complex numbers such that it coincides with \( x \) when it is restricted to the real values.

To make it simpler, it is convenient to extend the quantity of real numbers in (64) and make explicit the symmetry in the complex version. In other words, (64) is equivalent to
\[
x(\theta) = x_0 + 2 \sum_{k=1}^{N/2} (x_{2k} - i x_{2k+1}) e^{2\pi k i \theta} + (x_{2k} + i x_{2k+1}) e^{-2\pi k i \theta}
\]
with \( x_{N+1} = 0 \). Now, if \( \rho > 0 \), then
\[
x(\theta + i \rho) = x_0 + 2 \sum_{k=1}^{N/2} (x_{2k} - i x_{2k+1}) e^{2\pi k i (\theta + i \rho)} + (x_{2k} + i x_{2k+1}) e^{-2\pi k i (\theta + i \rho)},
\]
which allows one to provide the Fourier coefficients \( \{(x_{2k} \pm i x_{2k+1}) e^{\pm 2\pi k \rho}\} \) making the initial real Fourier expression to a complex one.
Appendix §D. KAM quantities for the frequency $\omega_1$

We list below the quantities needed to implement Theorem 4.6 to get the existence of an invariant attractor with frequency $\omega_1$.

\begin{align*}
N & = 16384 , \\
\varepsilon & = 1.1632963641877116367716112642948530559675531382297e - 02 , \\
\eta & = 10^{-3} , \\
e & = 3.1675286891174832107186084513865661761571784973618e - 01 , \\
\rho_0 & = 2^{-17} , \\
\delta_0 & = 2^{-20} , \\
\|DK\|_{\rho_0} & = 6.207696983903256404843825650777912419214845002300e + 00 , \\
\|DK^{-1}\|_{\rho_0} & = 1.832812995725844987446007540823392303843712690096e + 05 , \\
\|D^2K\|_{\rho_0} & = 1.1686089945113448858821651745887573374665126081719e + 02 , \\
Q_{E_0} & = 1.913231526479257610216512278868038307880432879626e + 00 , \\
\|N\|_{\rho_0} & = 9.8051171808495981670035137469708799108365949325248e + 00 , \\
\|N^{-1}\|_{\rho_0} & = 1.011396410899826227827056006594783412357401114959e + 01 , \\
\|S\|_{\rho_0} & = 5.722332183093624909141264378810365393826210524520e + 01 , \\
\|E_0\|_{\rho_0} & = 5.735655978185740376497928193055314039818637716656e - 48 , \\
\lambda & = 9.8689359923042965027116069623508749107899367134535e - 01 , \\
\|M\|_{\rho_0} & = 1.2040958250027560141817737598227413458417075907998e + 01 , \\
\|M^{-1}\|_{\rho_0} & = \|M\|_{\rho_0} , \\
T_0 & = 9.9819949009440259228900924748534932771289016437641e + 01 , \\
\mathcal{S}_{C_\sigma} \|E_0\|_{\rho_0} & = 6.3125418322117269519458608993574236031175483317508e - 42 , \\
\zeta & = 2^{-30} , \\
Q_z & = 6.6101300016209423195423975547239258176432851802452e + 00 , \\
Q_e & = 1.4175899711779293156363275537004756604799008098606e - 01 , \\
Q_{zz} & = 2.7720843711101391648970926156205952547296169675164e + 01 , \\
Q_{ez} & = 1.8953747809385677544688739634954194030662439685438e + 00 , \\
Q_{zzz} & = 1.072476539811526259703681556182832485334246787822e + 03 , \\
Q_{ezz} & = 3.5749217993717541990122718539427749511142822626074e + 02 , \\
Q_{ee} & = 1.8953747809385677544688739634954194030662439685438e + 00 , \\
Q_{eze} & = 5.066281716743259572206058032898398336985496305233e - 01 , \\
Q_{eze} & = 3.5749217993717541990122718539427749511143316805187e + 02 , \\
Q_{eez} & = 6.5647293504204776520816015502477982907961893178051e + 01 , \\
\end{align*}
APPENDIX §E. KAM QUANTITIES FOR THE FREQUENCY $\omega_2$

We list below the quantities needed to implement Theorem 4.6 to get the existence of an invariant attractor with frequency $\omega_2$.

\[
\begin{align*}
N &= 4096 , \\
\varepsilon &= 1.2697630024415883032123830013667613509009950826168e - 02 , \\
\eta &= 10^{-3} , \\
\epsilon &= 2.4824740823563165902227100091869770425731996450084e - 01 , \\
\rho_0 &= 2^{-17} , \\
\delta_0 &= 2^{-20} , \\
\|DK\|_{\rho_0} &= 6.2401368092989368560939911390480948796213323884872e + 00 , \\
\|DK^{-1}\|_{\rho_0} &= 9.766334305210606259985411451424341354648300957997991e + 04 , \\
\|D^2K\|_{\rho_0} &= 1.2599262190633202679574003877751236478676849823924e + 02 , \\
Q_{E_0} &= 3.7283183855924988259949473978598408908275342300333e + 00 , \\
\|N\|_{\rho_0} &= 9.7219870102188805011710709653101075119387149314734e + 00 , \\
\|N^{-1}\|_{\rho_0} &= 1.0224486155736666017813494196253391421224297676866e + 01 , \\
\|S\|_{\rho_0} &= 5.6566290718009948851045850417592994899924965064e + 01 , \\
\|E_0\|_{\rho_0} &= 4.5110963829895625372478056855241916107240582063354e - 45 , \\
\lambda &= 9.9012510148807761346816298772561891586174978261238e - 01 , \\
\|M\|_{\rho_0} &= 1.2040013601997889491301308242283364695245420720597e + 01 , \\
\|M^{-1}\|_{\rho_0} &= \|M\|_{\rho_0} , \\
T_0 &= 6.0557474279802520066531787357919583737990862560932e + 01 , \\
8C_\sigma\|E_0\|_{\rho_0} &= 2.97709317602744067788788288754482772991065644242739e - 39 , \\
\zeta &= 2^{-30} , \\
Q_z &= 6.5592165251990406445369341061622617126571276578225e + 00 , \\
Q_e &= 1.50838175122309386293089732663386692582367665897e - 01 , \\
Q_{zz} &= 2.7092396727127668081914126144670011929964472351248e + 01 , \\
Q_{ee} &= 2.7606921497436169824355915345916507538567998407721e + 00 , \\
Q_{zzz} &= 1.0002777586041620153665189720104193672993532271333e + 03 , \\
Q_{ezz} &= 3.334259195347206717888396573368064557664510757111e + 02 , \\
Q_{zze} &= 2.760692149743616982435591534591650753873586080555e + 00 , \\
Q_{zee} &= 2.8395238802380805094507234385691115589067408070788e - 01 , \\
Q_{zzz} &= 3.3342591953472067178883965733680645576942037378572e + 02 , \\
Q_{eze} &= 2.8395238802380805094507234385691115589067408070788e - 01 , \\
Q_{eez} &= 3.3342591953472067178883965733680645576942037378572e + 02 , \\
\end{align*}
\]
Appendix §F. Multivariate polynomials of degree 2

Let us consider a polynomial with $d$ variables and degree 2, namely

$$p(x) = p_0 + \sum_{|k|=1} p_k x^k + \sum_{|k|=2} p_k x^k, \quad k \in \mathbb{N}^d, x = (x_0, \ldots, x_{d-1})$$

(65)

with the multi-index conventions $|k| = k_0 + \cdots + k_{d-1}$ and

$$x^k = x_0^{k_0} x_1^{k_1} \cdots x_{d-1}^{k_{d-1}}.$$  

(66)

Note that in the case of degree 2, the multi-index $k$ can be encoded with the canonical vector $e_l = (0, \ldots, 1, \ldots, 0)$ with $0 \leq l < d$ in $\mathbb{R}^d$. That is, either $e_i$ for $|k| = 1$ or $e_i + e_j$ with $i \geq j$ for $|k| = 2$.

Let us now define $\chi(i) = \#\{k \in \mathbb{N}^d : |k| = 2\}$, which is computable by the recurrence

$$\chi(0) = 0,$$

$$\chi(i) = \chi(i-1) + i, \quad i \geq 1.$$  

(67)

Thus the number of elements to store in a computer for (65) is $\chi(d) + d + 1$.

The crucial operation for an arithmetic of elements like (65) is the product, in which the key step is the product of the two homogenous polynomials of degree 1, since the other terms are just multiplications by the independent term of each of the polynomials involved. To this end, we must fix a monomial order to encode the physical index of each of the monomials of degree 2. Among all of them, we consider the reverse lexicographical order, which is illustrated in Table 3 up to 5 variables.

Thus, the location in the array corresponding to $k = e_i + e_j$ with $i \geq j$ is given by $\chi(i) + j$. We implement this procedure in the function `ex2pl(i,j)` given below.

On the other hand, to know the $i$ and $j$ for a given index $l$ in the vector of coefficients, one first performs a binary search to know $k$ such that $\chi(k) \leq l < \chi(k+1)$, then $i = k$ and $j = l - \chi(k)$.

A possible pseudo code to compute the product $pq$ of two homogeneous polynomials $p$ and $q$ with $d$ variables and of degree 1 can then be

```c
int ex2pl(i,j): return chi(max(i,j)) + min(i,j)

void php1(d,p,q,flag,pq):
    if (flag==0) for (i = 0; i < chi[d]; i++) pq[i]=0
    for (i = 0; i < d; i++) for (j = 0; j < d; j++)
        pq[ex2pl(i,j)]+= p[i] * q[j]
```

Once the product of multivariate polynomials of degree 2 is clear, the other elementary operations such as division, power, trigonometric operations and hyperbolic trigonometric operations can be derived in a recurrence manner, see [HCF+16]. For instance, the
Table 3. Bijection encoding between the exponent $x^k$ with $x = (x_0, \ldots, x_{d-1})$, $k = e_i + e_j$, $i \geq j$, where $e_i = (0, \ldots, 1, \ldots 0)$ and the location on the array containing the terms $p_k$ of (65).

| $\chi(1) = 1$ | $x_0^2$ | $e_0 + e_0$ | 0 |
|----------------|---------|--------------|----|
| $\chi(2) = 3$ | $x_1x_0$ | $e_1 + e_0$ | 1 |
|                | $x_1^2$ | $e_1 + e_1$ | 2 |
| $\chi(3) = 6$ | $x_2x_0$ | $e_2 + e_0$ | 3 |
|                | $x_2x_1$ | $e_2 + e_1$ | 4 |
|                | $x_2^2$ | $e_2 + e_2$ | 5 |
| $\chi(4) = 10$| $x_3x_0$ | $e_3 + e_0$ | 6 |
|                | $x_3x_1$ | $e_3 + e_1$ | 7 |
|                | $x_3x_2$ | $e_3 + e_2$ | 8 |
|                | $x_3^2$ | $e_3 + e_3$ | 9 |
| $\chi(5) = 15$| $x_4x_0$ | $e_4 + e_0$ | 10 |
|                | $x_4x_1$ | $e_4 + e_1$ | 11 |
|                | $x_4x_2$ | $e_4 + e_2$ | 12 |
|                | $x_4x_3$ | $e_4 + e_3$ | 13 |
|                | $x_4^2$ | $e_4 + e_4$ | 14 |

Division of $r(x) = p(x)/q(x)$ has the following terms:

$$r_0 = \frac{p_0}{q_0},$$
$$r_k = \frac{p_k - r_0q_k}{q_0}, \quad |k| = 1,$$
$$r_k = \frac{1}{q_0} \left[ p_k - r_0q_k - \left( \sum_{|j|=1} q_j x^j \right) \left( \sum_{|j|=1} r_j x^j \right) \right], \quad |k| = 2. \quad (68)$$

Call to the php1 function

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