I. INTRODUCTION

This paper is motivated by the dramatic effects that are observed with the addition of small amounts of polymers to hydrodynamic flows. While interesting effects were discussed in the context of the transition to turbulence, vortex formation and turbulent transport, the phenomenon that attracted the most attention was, for obvious reasons, the reduction of friction drag by up to 80% when very small concentrations of long-chain polymers were added to turbulent flows. In spite of the fact that the phenomenon is robust and the effect huge, there exists no accepted theory that can claim quantitative agreement with the experimental facts. Moreover, it appears that there is no mechanistic explanation. In the current theory that is due to de Gennes one expects the Kolmogorov cascade to be terminated at scales larger than Kolmogorov scale, leading somehow to an increased buffer layer thickness and reduced drag, but how this happens and what is the fate of the turbulent energy is not being made clear.

In a recent Letter we proposed that the crucial issue is in the production of energy of hydrodynamic fluctuations by their interaction with the mean flow. For the sake of concreteness we examined a Poiseuille laminar flow and its loss of linear stability, and showed how small viscosity contrasts lead to an order of magnitude retardation in the onset of instability of “dangerous” disturbances. Specifically, we considered a flow in a channel of dimensionless width 2, in which there are two fluids: one fluid of viscosity $\mu_1$ flows near the walls, and the other fluid of viscosity $\mu_2$ flows at the center, see Fig. 1. The viscosities differ slightly, for example we considered (in dimensionless units) $\mu_2=1$ and $m=\mu_1/\mu_2=0.9$. The main ingredient of the calculation was that all the viscosity difference of 0.1 concentrated in a “mixed” layer of width 0.10. The motivation behind these numbers was the observation that the inferred effective viscosity in polymer drag reduction increases towards the center by about 30% over about a 1/3 of the half-channel.

In this model everything was explicitly calculable. The main point of our analysis (see Sect. I for further details) was that there exists a position in the channel where the velocity of the mean flow is the same as the velocity of the most dangerous primary instability. Below we refer to the layer around this position as the “critical layer”. If we placed the mixed layer in the vicinity of the critical layer, we got a giant effect of stabilization. Analyzing this phenomenon, we demonstrated that nothing special happened to the dissipation. Rather, it was the energy intake from the mean flow to the unstable mode that was dramatically reduced, giving rise to a large effect for a small cause. In this paper we extend these observations in two directions. In Sect. I after reviewing the results of the simple model, we extend the analysis of the primary instability to a case in which the viscosity profile is that...
inferred from direct numerical simulations of turbulent channel flow of a dilute polymeric solution. We will see that very similar effects are found. In other words, one does not need to put by hand the region of viscosity variation in the vicinity of the critical layer. When we have a continuous variation of the viscosity in the region near the wall, the effect is the same, since it is only crucial that there will be some space dependence of the viscosity in the critical layer, which is usually not too far from the wall.

A possible criticism of our results can be that the primary instability is still too far from typical turbulent fluctuations. This is in particular true since the most unstable primary modes are 2-dimensional, whereas typical turbulent fluctuations are 3-dimensional. For these reasons we present in Sect. IV the analysis of the effect of small viscosity variations on the secondary instability, for which the most “dangerous” modes are 3-dimensional. The tactics are similar to those taken for the primary instability. First we discuss the effects of a mixed layer put at the “right” place in the channel, and second we show that continuous viscosity profiles do exactly the same. We find again the giant effect of stabilization for relatively small viscosity variations, lending further support to our proposition that similar effects may very well play a crucial role in turbulent drag reduction. In Sect. IV we present concluding remarks and suggestions for the road ahead.

II. PRIMARY INSTABILITY OF POISEUILLE FLOW

It is well known that parallel Poiseuille flow loses linear stability at some threshold Reynolds number $Re=Re_{th}$ (close to $5772$). It is also well known that the instability is “convective”, with the most unstable mode having a phase velocity $c_p$. Analytically it has the form

$$\dot{\phi}_p(x, y, t) = \frac{1}{2} \left\{ \phi_p(y) \exp[i k_p (x - c_p t)] + \text{c.c.} \right\} \exp(\gamma_p t),$$

(1)

where the subscript $p$ stands for the primary instability, $\dot{\phi}(x, y, t)$ is the disturbance streamfunction and $\phi(y)$ is the complex envelope of $\dot{\phi}(x, y, t)$. We have chosen $x$ and $y$ as the streamwise and wall-normal coordinates respectively, $k$ as the streamwise wavenumber of the disturbance and $t$ as time. $\gamma_p$ is the growth rate of the primary instability. What is not usually emphasized is that the main interactions leading to the loss of stability occur in a sharply defined region in the channel, i.e. at the critical layer whose distance from the wall is such that the phase velocity $c$ is identical to the velocity of the mean flow somewhere within this layer. It is thus worthwhile to examine the effect on the stability of Poiseuille flow of a viscosity gradient placed in the vicinity of the critical layer. This will provide us with a very sharp understanding of the mechanism of the stabilization of the flow by viscosity variations. In the following subsection we will examine the case of continuous viscosity profiles.

A. Mixed Layer

A report of the results of this subsection was provided in [7]. We examine a channel flow of two fluids with different viscosities $\mu_1$ and $\mu_2$, see Fig. [7].

The observation that we want to focus on is shown in Fig. [7], the threshold Reynolds number for the loss of stability of the mode as in Eq. [7] depends crucially on the position of the mixed layer. When the latter hits the critical layer, the threshold Reynolds number for the loss of stability reaches as much as $88000$. In other words, one can increase the threshold of instability for a given mode 15 times, and by making the mixed layer thinner one can reach even higher threshold Reynolds values. In [7] we analyzed the physical origin of this huge sensitivity of the flow stability to the profile of the viscosity.

The stability of this flow is governed by the modified Orr-Sommerfeld equation

$$i k_p \left[ (\phi''_p - k^2_p \phi_p) (\bar{U} - c_p - i \gamma_p) - U'' \phi_p \right] = \frac{1}{Re} \left[ \mu \phi^{(4)}_p + 2 \mu' \phi''_p + (\mu'' - 2 k^2_p \mu) \phi'_p - 2 k^2_p \mu' \phi'_p + (k^2_p \mu'' + k^2_p \mu) \phi_p \right],$$

(2)

in which $\bar{U}(y)$ is the basic laminar velocity, and $\mu$ is a function of $y$. The boundary conditions are $\phi_p(\pm 1) = \phi'_p(\pm 1) = 0$. All quantities have been non-dimensionalised using the half-width $H$ of the channel.

FIG. 2: The dependence of the threshold Reynolds number $Re_{th}$ on the position of the viscosity stratified layer for $\mu = 0.9$. The dashed line pertains to the neat fluid. Note the huge increase in $Re_{th}$ within a small range. This occurs when the stratified layer overlaps the critical layer.
FIG. 3: Profiles of the normalized viscosity $\mu(y)$ and normalized velocity $\bar{U}(y)$ and the second derivative $\bar{U}''(y)$ for $m = 0.9$ (solid lines) and $m = 1.0$ (dashed lines). The mixed layer is between the vertical dashed lines.

and the centerline velocity $U_0$ as the length and velocity scales respectively. The Reynolds number is defined as $Re \equiv \rho U_0 H/\mu_2$, where $\rho$ is the density (equal for the two fluids). The primes stand for derivative with respect to $y$. At $y = 0$, we use the even symmetry conditions $\phi(0) = 1$ and $\phi'(0) = 0$, as the even mode is always more unstable than the odd.

Since the flow is symmetric with respect to the channel centreline, we restrict our attention to the upper half-channel. Fluid 2 occupies the region $0 \leq y \leq p$. Fluid 1 lies between $p + q \leq y \leq 1$. The region $p \leq y \leq p + q$ contains mixed fluid. The viscosity is described by a steady function of $y$, scaled by the inner fluid viscosity $\mu_2$:

$$\mu(y) = 1, \quad \text{for} \quad 0 \leq y \leq p, \quad (3)$$

$$\mu(y) = 1 + (m - 1) \xi^3 \left[ 10 - 15 \xi + 6 \xi^2 \right], \quad 0 \leq \xi \leq 1, \quad (4)$$

$$\mu(y) = m, \quad \text{for} \quad p + q \leq y \leq 1. \quad (5)$$

Here $\xi \equiv (y - p)/q$ is the mixed layer coordinate. We have assumed a 5th-order polynomial profile for the viscosity in the mixed layer, whose coefficients maintain the viscosity and its first two derivatives continuous across the mixed layer. The exact form of the profile is unimportant. For a plot of the profile $m = 0.9$, see Fig. 3.

The basic flow $\bar{U}(y)$ is obtained by requiring the velocity and all relevant derivatives to be continuous at the edges of the mixed layer:

$$\bar{U}(y) = 1 - Gy^2/2, \quad \text{for} \quad y \leq p, \quad (6)$$

$$\bar{U}(y) = U(p) - G \int_p^y dy y/\mu, \quad \text{for} \quad p \leq y \leq p + q. \quad (7)$$

$$\bar{U}(y) = G \left(1 - y^2\right)/2m, \quad \text{for} \quad y \geq p + q. \quad (8)$$

Here $G$ is the streamwise pressure gradient.

It can be seen, comparing the mean profile $\bar{U}(y)$ to that of the neat fluid (cf. Fig. 3), that nothing dramatic happens to this profile even when the mixed layer is chosen to overlap a typical critical layer. Accordingly we need to look for the origin of the large effect of Fig. 2 in the energetics of the disturbances. To do so, recall that the streamwise and normal components of the disturbance velocity $\hat{u}_p(x, y, t)$ and $\hat{v}_p(x, y, t)$ may be expressed via streamfunction as usual:

$$\hat{u}_p(x, y, t) = \partial \phi_p/\partial y, \quad \text{and} \quad \hat{v}_p(x, y, t) = -\partial \phi_p/\partial x. \quad \text{These functions may be written in terms of complex envelopes similar to Eq. (10):}$$

$$\hat{u}_p(x, y, t) = \frac{1}{2} \{ u_p(y) \exp [ik_p(x - cp t)] + \mathrm{c.c.} \} \exp(\gamma_p t), \quad (9)$$

$$\hat{v}_p(x, y, t) = \frac{1}{2} \{ v_p(y) \exp [ik_p(x - cp t)] + \mathrm{c.c.} \} \exp(\gamma_p t). \quad (10)$$

The pressure disturbance $\hat{p}_p$ is defined similarly.

Define now a disturbance of the density of the kinetic energy of the primary instability

$$\hat{E}_p(x, y, t) = \frac{1}{2} \left[ \hat{u}_p(x, y, t)^2 + \hat{v}_p(x, y, t)^2 \right]. \quad (11)$$

We can express the mean (over $x$) density of the kinetic energy as follows:

$$E_p(y, t) \equiv \left\langle \hat{E}_p(x, y, t) \right\rangle_x = E_p(y) \exp(2\gamma_p t), \quad (12)$$

$$E_p(y) = \frac{1}{4} \left[ |u_p(y)|^2 + |v_p(y)|^2 \right]. \quad (13)$$

The physics of our phenomenon will be discussed in terms of the balance equation for the averaged disturbance kinetic energy. Starting from the linearized Navier-Stokes equations for $\hat{u}_p$ and $\hat{v}_p$, dotting it with the disturbance velocity vector, averaging over one cycle in $x$ and using Eqs. (3)-(11) leads to

$$2\gamma_p E_p(y) = \nabla \cdot J_p(y) + W_{p+}(y) - W_{p-}(y), \quad (14)$$

where the energy flux $J_p(y)$ in the $y$ direction, rates of energy production (energy taken up by the primary instability from the mean flow) $W_{p+}(y)$ and energy dissipation (by the viscosity) $W_{p-}(y)$ are given by

$$J_p(y) = \left[ u_p(y) v_p(y) + \mathrm{c.c.} \right]/4\rho + \frac{1}{4\rho} \frac{\mu(y)}{Re} \nabla E_p(y), \quad (15)$$

$$W_{p+}(y) = -\frac{1}{4} \left\{ \bar{U}''(y) \left[ u_p(y) v_p(y) + \mathrm{c.c.} \right] \right\}, \quad (16)$$

$$W_{p-}(y) = \frac{\mu(y)}{Re} \left\{ 2k_p^2 E_p(y) + \frac{1}{2} \left[ |u_p(y)|^2 + |v_p(y)|^2 \right] \right\}. \quad (17)$$

The superscript $*$ denotes complex conjugate. To plot these functions we need to solve Eq. (12) as an eigenvalue problem, to obtain $c_p$, $\gamma_p$, and $\phi_p(y)$ at given $Re$ and $k_p$. The value of $c_p$ determines the position of the critical layer. It is convenient to compute and compare the space
averaged production and dissipation terms $\Gamma_{p+}$ and $\Gamma_{p-}$
defined by:

$$\Gamma_{p\pm} \equiv \int_0^1 W_{p\pm}(y)dy / \int_0^1 \varepsilon_p(y)dy . \quad (15)$$

The local production of energy can be positive or negative, indicative of energy transfer from the mean flow to the primary disturbance and vice-versa respectively. The production in one region (where $W_{p+}(y) > 0$) can be partly canceled out by a “counter-production” in other region (where $W_{p+}(y) < 0$).

The use of these measures can be exemplified with the neat fluid ($m = 1.0$ here). The laminar flow displays its first linear instability at a threshold Reynolds number of Re_{th} = 5772, which means that the total production $\Gamma_{p+}$ across the layer becomes equal to the total dissipation $\Gamma_{p-}$ at this value of Re. Examining Fig. 4 we can see that the disturbance kinetic energy is produced predominantly within the critical layer, where the basic flow velocity is close to the phase speed of the disturbance, while most of the dissipation is in the wall layer. The balance is not changed significantly when the viscosity ratio is changed to 0.9 so long as the mixed layer is not close to the critical layer. There is a small region of production and one of counter-production within the mixed layer, whose effects cancel out, leaving the system close to marginal stability.

We now turn our attention to Fig. 5 in which our main point is demonstrated. The Reynolds number is the same as before, but the mixed layer has been moved close to the critical layer. It is immediately obvious that the earlier balance is destroyed. The counter-production peak in the mixed layer is much larger than before, making the flow more stable. The wavenumber used is that at which the flow is least stable for the given Reynolds number at this $p$. For $m = 0.9$, the threshold Reynolds number is 46400.

The mechanism of stabilization

The main factor determining the instability is the energy intake from the mean flow, which is driven by the phase change caused by the viscosity stratification. The dissipation on the other hand depends only on Reynolds number and does not respond disproportionately to changes in viscosity. In neat fluids, the term containing $\bar{U}''(y)$ in (2) is always of higher order within the critical layer. However, with the introduction of a viscosity gradient within the critical layer, the gradients of the basic velocity profile will scale according to the mixed layer coordinate $\xi$. We show in the analysis that follows that for $q \leq O(Re^{-1/3})$, the term containing $\bar{U}''$ is now among the most dominant. Since most of the production of disturbance kinetic energy takes place within

![FIG. 4: Energy balance: production $W_{p+}(y)$, solid line; dissipation $W_{p-}(y)$, dot-dashed line. Re = 5772. Top: $m = 1$, $\Gamma_{p+} = \Gamma_{p-} = 0.0148$. Bottom: $m = 0.9$, $p = 0.3$, $\Gamma_{p+} = 0.0158$, $\Gamma_{p-} = 0.0148$. In this and the two subsequent figures the solid vertical lines show the location $y_c$ of the critical lines, whereas the region between the dotted lines is the mixed layer.](image1)

![FIG. 5: Energy balance: production $W_{p+}(y)$, solid line; dissipation $W_{p-}(y)$, dot-dashed line. Re = 5772, $m = 0.9$, $p = 0.85$, $\Gamma_{p+} = -0.0114$, $\Gamma_{p-} = 0.0122$.](image2)
and the lowest order equation in the critical layer:

\[ \nu = \text{a viscosity gradient in the critical layer (i.e. equation (19) would reduce to } \] 

\[ \phi \]

We use (17), and redefine \( \phi(y) \equiv \Phi(\eta) \) and \( \mu(y) \equiv \nu(\xi) \), to rewrite (2) within the critical layer. We obtain

\[ \epsilon \sim Re^{-1/3} \equiv (k_p Re)^{-1/3}, \tag{18} \]

and the lowest order equation in the critical layer:

\[ \eta \frac{dU}{dy} = \Phi'' - \frac{1}{\nu^2} \chi^2 \nu' \Phi = \nu \Phi^{(4)} + 2 \chi \nu' \Phi'' + \chi^2 \nu'' \Phi''', \tag{19} \]

where \( \chi \equiv \epsilon/q \) is \( O(1) \) for the mixed layer. In the absence of a viscosity gradient in the critical layer (i.e. \( \nu = 1 \)), equation (19) would reduce to

\[ \frac{dU}{dy} \bigg|_c \Phi'' = \Phi^{(4)}, \tag{20} \]

which is the traditional lowest-order critical layer equation for a parallel shear flow [13]. The mechanism for the stabilization now begins to be apparent: there are several new terms which can upset the traditional balance between inertial and viscous forces. In order to narrow down the search further, we resort to numerical experimentation, because although all terms in (19) are estimated to be of \( O(1) \), their numerical contributions are different. It transpires that the second term on the left hand side of (19) is particularly responsible: it is straightforward to verify that it originates from the term containing \( U''(y) \) in the modified Orr-Sommerfeld equation. As testimony, note the dramatic effect on \( U'' \) in Fig. 3. Any reasonable viscosity gradient of the right sign will pick up this term, leading to vastly enhanced stability.

Indeed, in the light of this discussion we can expect that the large effect of retardation of the instability would even increase if we make the mixed layer thinner. This is indeed so. Nevertheless, one cannot conclude that instability can be retarded at will, since other disturbances, differing from the primary mode, become unstable first, albeit at a much higher Reynolds number than the primary mode; when we stabilize a given mode substantially, we should watch out for other pre-existing/newly destabilized modes which may now be the least stable.

Finally, we connect our findings to the phenomenon of drag reduction in turbulent flows. Since the total dissipation can be computed just from the knowledge of the velocity profile at the walls, any amount of drag reduction must be reflected by a corresponding reduction of the gradient at the walls. Concurrently, the energy intake by the fluctuations from the mean flow should reduce as well. Indeed, the latter effect was measured in both experiments [10] and simulations [11, 12]. The question is which is the chicken and which is the egg. In our calculation we identified that the reduction in production comes first. From Figs. 4 and 5 which are at the same value of \( Re \) we see that the dissipation does not change at all when the mixed layer moves, but the production is strongly affected. Of course, at steady state the velocity gradient at the wall must adjust as shown in Fig. 6.

### C. Continuous Viscosity Profile

One could think that the strong stabilization discussed in the previous subsection is only due to the precise positioning of the mixed layer at the critical layer. If so, the result would have very little generic consequence. In this subsection we show that any reasonable viscosity profile achieves the same effects. To this aim we consider the effective viscosity profile reported in [14] (in their Fig. 5) which is obtained from simulations of a turbulent channel flow with polymer additive. It may be prescribed as

\[ \mu(y) = 1, \quad \text{for } 0 \leq y \leq p, \tag{21} \]

\[ \mu(y) = 1 + (m - 1) \left( \frac{y - p}{q} \right)^3, \tag{22} \]

with \( q \sim 0.4 \), and \( m \sim 0.7 \), as shown in Fig. 6. The energy balance for the least stable primary mode at \( Re = 5772 \) for this case (Fig. 6) shows a large counterproduction of disturbance kinetic energy, which is in fact more pronounced than what we obtained with a mixed
layer (Fig. 5). Thus the strong stabilization effect does not require careful placing of the viscosity variation at a particular layer. It is sufficient that there exist a viscosity variation in the region of the critical layer (indicated as the vertical line in Fig. 5) to achieve the stabilization.

It comes as no surprise that this continuous viscosity profile behaves very similarly to the thin mixed-layer. If we return to equation (14), we will see that all we have now done is to increase both $\nu'$ (which is proportional to $m-1$) and $q$ threelfold (the effective $q$ here is closer to 0.3 than 0.4, as we can see from Fig. 5, so the ratio remains the same.

III. SECONDARY INSTABILITIES

A laminar flow through a channel is linearly unstable at $Re = 5772$. In all except the cleanest experiments, however, the flow becomes turbulent at much lower Reynolds numbers, as low as 1000 [14, 15]. This is because the linear stability analysis is carried out on a steady laminar velocity profile, whereas a real flow, except under carefully designed clean conditions, consists in addition of small but finite disturbances (most of whom will decay at long times). The stability behaviour of the real flow is quite different from that of the steady profile: the actual flow is unstable to new modes, often referred to as secondary modes. The secondary modes are often three dimensional, and their signature is prominent in fully-developed turbulence. As described below, the secondary instabilities are studied by a Floquet analysis of the periodic primary flow we obtained earlier.

As is usual in the analysis of secondary instabilities [16, 17], we begin by splitting the flow into a periodic component (consisting of the mean laminar profile in addition to the primary wave) and a secondary disturbance, e.g.,

$$ U_{total}(x, y, z, t) = U(x, y, t) + u_s(x, y, z, t), \quad (23) $$

where

$$ U(x, y, t) = \bar{U}(y)\hat{x} $$

$$ + A_p(t) \{ [u_p(y)\hat{x} + v_p(y)\hat{y}] \exp [ik_p(x - c_p t)] + c.c. \}. \quad (24) $$

Here $\hat{x}$ and $\hat{y}$ are units vectors in the $x$ (streamwise) and $y$ (wall normal) directions. The amplitude $A_p$ of the primary disturbance changes very slowly with time, and $dA_p/dt$ may be neglected during one time period. The spatial and temporal dependence of the secondary disturbance is written in the form

$$ u_s(y, r_\bot, t) \equiv Re \left\{ u_{s+}(y) \exp [i (k_+ \cdot r_\bot - \omega_+ t)] + u_{s-}(y) \exp [i (k_- \cdot r_\bot + \omega_- t)] \right\}, \quad (25) $$

where $r_\bot \equiv x\hat{x} + z\hat{z}$, and $k_\pm = k_p \hat{x} \pm k_z \hat{z}$. We substitute the above ansatz into the Navier-Stokes and continuity equations, and retain linear terms in the secondary. On averaging over $x$, $z$ and $t$, only the resonant modes survive, which are related by

$$ k_+ + k_- = k_p \hat{x}, \quad \text{therefore} \quad k_\pm = \pm q \frac{k_p}{2} \hat{x}, \quad (26) $$

for any vector $q$, and

$$ \omega_+ = \omega + i\gamma_s \quad \text{and} \quad \omega_- = (\omega_p - \omega) + i\gamma_s. \quad (27) $$

Eliminating the disturbance pressure and streamwise component of the velocity, we get the equations for the secondary disturbances $v_s$ and $w_s$. Using the operator $D$ for differentiation with respect to the normal coordinate
As a result we obtain the growth rate time dependence of the amplitude of the primary words. For its existence, dies down in the latter case. To compute times, the secondary mode, which feeds on the primary but very stable in the mixed layer case. Therefore at long two: the primary is unstable for a constant viscosity flow, which significantly, but it is still unstable. However, there is a crucial difference in the secondary mode on the spanwise wavenumber is shown. We survey in turn the thin mixed-layer profile, and the continuous viscosity profile to see what viscosity variation equations in \( v^+ \) and \( f^+ \), describe an eigenvalue problem for the secondary instability. The four equations are solved by a Chebychev collocation spectral method, details of the solution procedure are available in [18].

The most unstable secondary mode in our case is found to be the subharmonic, for which \( q = k_z \hat{z} \). The production and dissipation are computed as before. We survey in turn the thin mixed-layer profile, and the continuous viscosity profile to see what viscosity variation does to the secondary instability.

### A. Mixed Layer

The velocity and viscosity profiles here are as given in Fig. [A] and the primary instability is that presented in Sect. [A]. Since the subharmonic \( k_+ = k_- = k_p/2 \) is the least stable mode, we present this case alone. In Fig. [A] a typical dependence of the growth rate of the secondary mode on the spanwise wavenumber is shown. We can see that the viscosity variation damps the secondary mode significantly, but it is still unstable. However, there is a crucial difference in the primary instabilities of the two: the primary is unstable for a constant viscosity flow, but very stable in the mixed layer case. Therefore at long times, the secondary mode, which feeds on the primary for its existence, dies down in the latter case. To compute the time dependence of the amplitude of the secondary mode we computed the growth rate \( \gamma_s \) by neglecting the time dependence of the amplitude of the primary words. As a result we obtain the growth rate \( \gamma_s[A_p(t)] \), in which \( A_p(t) \) can be an exponentially growing or a decaying function of time. Having this growth rate we can present the time dependence of the amplitude of the secondary mode, see Fig. [A]. Without the viscosity contrast, the amplitude of the secondary mode increases (essentially exponentially). With the viscosity contrast the amplitude decays in time.

We now observe the balances of energy initially and at a later time in Figs. [A] and [B], respectively. The initial balance of energy is not very different from the constant viscosity case. At the later time, however, the production of secondary kinetic energy is significantly lower. The location \( y_\text{s} \) of the critical point is seen from the figures to be close to the layer of stratified viscosity. If the two were well-separated, the stratification would do nothing to the secondary mode.

A lowest-order analysis of the secondary stability equations is not as straightforward as for the primary mode, since the secondary is highly dependent on the amplitude of the primary [18]. We may however make the following observations from a critical layer analysis of equations (28) and (29) and their counterparts. When \( A_p \gg \epsilon \), (cf. Eq. (18)) only the nonlinear terms appear at the lowest order, and the secondary mode is completely driven by the primary. When \( A_p \sim O(\epsilon) \), both the basic terms and the nonlinear terms contribute at the lowest order. It may be numerically determined, however, that the secondary is slaved to the primary here as well. When \( A_p = o(\epsilon) \), the lowest-order theory for the secondary is (not surprisingly) exactly that given by [19] for the primary.

A direct estimate of the effect of the viscosity stratification on the secondary mode is obtained from the threshold amplitude \( A_{th} \) of the primary for the instability. At a Reynolds number of 6000 and primary wavenumber of \( k_p = 1 \), for a neat fluid, all secondary modes are damped if \( A_{th} < 0.002 \), while for the continuous viscosity pro-
FIG. 10: Amplitude of the secondary mode in logarithmic scale as a function of time. Dashed line: constant viscosity, $m = 1$. Here $\gamma_p = 0.0003$, and the primary mode is unstable. Solid line: varying viscosity; here $\gamma_p = -0.0206$, the primary mode is stable. All conditions like in Fig. 9, in particular $A_p(t = 0) = 0.005$.

FIG. 11: Production $W_{s+}$ and dissipation $W_{s-}$ of the kinetic energy of the secondary disturbance at time=0. Solid line: $W_{s+}, m = 0.9$; dot-dashed line: $W_{s-}, m = 0.9$; long dashes: $W_{s+}, m = 1$; dotted line: $W_{s-}, m = 1$. The vertical lines show $y_c$ (the critical point location) for $m = 0.9$ (solid) and $m = 1$ (dotted).

FIG. 12: Production $W_{s+}$ and dissipation $W_{s-}$ of the kinetic energy of the secondary disturbance at time=40. Solid line: $W_{s+}, m = 0.9$; dot-dashed line: $W_{s-}, m = 0.9, A_p = 0.00215$; long dashes: $W_{s+}, m = 1$; dotted line: $W_{s-}, m = 1, A_p = 0.00506$.

FIG. 13: Dependence of growth rate on spanwise wavenumber. Solid line: varying viscosity [according to equation (22)]; dashed line: constant viscosity. Wavenumbers and Re as in Fig. 9.

file, all secondary modes continue to be damped even for larger primary disturbances, up to $A_{th} = 0.005$. When the Reynolds number is reduced to 2000, the threshold amplitudes are 0.012 and 0.016 for the neat and viscosity-stratified fluids respectively.

B. Continuous Viscosity Profile

The velocity and viscosity profiles here are as given in Fig. 6, and the primary instability is that presented in Sect. 1.1. The counterparts for the continuous viscosity profile of Figs. 3 to 5 are presented in Figs. 13 to 16 respectively. It is clear that nothing has changed qualitatively.

Fig. 17 shows the dependence of the growth rate of the secondary mode on the amplitude of the primary disturbance. It is clear that the instability is reduced by the stratification of viscosity, but there is no dramatic effect in the secondary alone. We may conclude that the large effect comes from the complete reliance of the secondary on the primary.
IV. CONCLUDING REMARKS

We addressed the primary and secondary instability of simple channel flows, and examined the effects of small viscosity variations. We find dramatic effects of stabilization when the viscosity variations exist in the vicinity of the critical layers, in which the speed of propagation of the modes coincided with the mean velocity of the basic flow. With about 10% viscosity changes we can have very large increases in the threshold Reynolds numbers for instability. In all cases we find that the main mechanism for the large effects is the reduction of the intake of energy from the mean flow to the putative unstable modes, which therefore become stable. For the same Reynolds numbers in Newtonian fluids there is no such mechanism for stabilization and these flows will become turbulent. We would like to propose that similar effects should be examined in the case of turbulent drag reduction by polymer additives.

We recognize that in a turbulent flow there are many more modes that interact, but we propose that a similar mechanism operates for each mode at its critical layer, where both elastic and viscous effects determine the mean flow. The advantage of the present calculation is that we can consider all the putative unstable modes, and conclude that with a viscosity gradient similar to that seen in
polymeric turbulent flows the linear threshold \(\text{Re}_{th}\) goes up five times (to 31000). We note in passing that this effect had not been put to an experimental test, and it would be exciting to have a confirmation of our predictions by future experiments. For actual turbulent flows we will need first to identify what are the main modes that interact between themselves and with the mean flow. A significant numerical effort is required, but appears worthwhile due to the importance of the phenomenon of drag reduction, and its relative lack of understanding.

We have demonstrated that the exact form of the viscosity profile is immaterial; a continuous profile of viscosity in the critical region behaves exactly like a thin mixed layer. We have shown that the secondary three dimensional modes of instability are “slaved” to the primary linear mode of instability: the mechanism which stabilizes the primary mode indirectly ensures that the secondary is damped out quickly.

Finally we note that a linear disturbance can rear its head either in the form of the fastest growing (or slowest decaying) mode as considered here; or in non-modal form with a transient growth followed by long-term decay \[19\]. The former situation will correspond to relatively high Reynolds numbers, or cleaner set-ups. We expect similar conclusions in the latter situation as well.

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