Stress Tensor and Gradient of Hydrostatic Pressure in the Half-Space Beneath Axisymmetric Bodies in Normal and Tangential Contact

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The stress state in the volume of contacting bodies may essentially influence the material behavior. For evaluating various modes of inelastic behavior and/or failure, such as plastic deformation, crack initiation, and propagation or fatigue, the complete stress tensor beneath the contact interface may be of importance. For many geotechnical and biomechanical applications, the hydrostatic pressure gradient beneath the contact is of interest as well. However, most theories for normal and tangential contact provide only few stress components in the contact surface. In the present paper, we show that the full stress state in the half-space can be easily found for axisymmetric bodies. We provide expressions in form of one-dimensional integrals for all components of the stress tensor and the hydrostatic pressure gradient inside the half-space. In terms of numerical complexity, the proposed method can be advantageous to other elaborate methods.

Keywords: stress state, pressure gradient, normal contact, tangential contact, friction, axial symmetry, method of dimensionality reduction

INTRODUCTION

Since Huber's (1904) solution of the Hertzian contact, it is known that the von Mises equivalent stress and, thus, the endangered region for plastic failure, lies beneath the surface of the indented half-space. It was later shown that the same holds for the tangentially loaded Hertzian contact under sliding conditions for coefficients of frictions below 0.3 (Hamilton and Goodman, 1966) and for other indenter shapes (Ciavarella et al., 1998). However, many solutions for contact problems are limited to few components of surface stresses and, thus, do not allow for predictions with respect to plastic failure or more complicated failure mechanisms.

Another example, where the stress state inside the half-space or, more precisely, the hydrostatic pressure gradient is of interest, are natural joints such as knee or hip joints. When layers of cartilage are in contact, it was found experimentally that dynamic compression that may result from activities like walking and running promotes regenerative processes. In this loading scenario, a high rate of in- and outflow of interstitial fluid in the surface zone of the porous, fluid saturated medium is measured (Wong and Carter, 2003). It is believed that the fluid flow is responsible for transport of nutrients and waste and is, thus, crucial for cartilage health (Zhang et al., 2009). Hence, Popov (2019) proposed a growth law for cartilage based on the changing rate of the hydrostatic pressure gradient. Here, following Darcy's law for fluid flow in porous media, the hydrostatic pressure gradient is considered a measure for fluid flow.
The brute force method to obtain the stresses in the half space is to use superpositions of the point force solutions by Boussinesq (1885) and Cerruti (1882). However, the resulting numerical integrations are very expensive in terms of computational complexity. On a three-dimensional $n \times n \times n$ grid, the complexity of this method is $O(n^3)$. This is inconvenient, whenever the stresses must be computed repeatedly due to changing indenter shapes (in case of wear or growth) or due to variations in loading. Of course, more elaborate methods with lower complexity exist. An example with the complexity ($O(n^2 \log n$) is the FFT-based boundary element method (BEM) for the half-space (Pohrt and Li, 2014).

In the present paper, we employ the superposition idea first described by Mossakovski (1963) to derive expressions in form of one-dimensional integrals for the whole stress tensor in the half-space. Starting point for the frictionless normal contact problem is the complete analytical solution for the Hertzian contact by Huber (1904). For the tangential contact problem, we operate in the Cattaneo-Mindlin approximation and base our derivation on the Hertzian solution by Hamilton (1983). The resulting expressions may be used to numerically or analytically determine stresses and hydrostatic pressure gradients for arbitrary axisymmetric indenters and arbitrary loading histories. Employing the same method, Willert et al. (2020) derived simple analytic expressions for the stresses and the hydrostatic pressure gradient, but only for contact plane. In terms of complexity, we show that the proposed method can be advantageous, even compared to elaborate methods such as the FFT-based BEM.

The paper is organized as follows: sections Frictionless Normal Contact and Tangential Contact in the Cattaneo-Mindlin Approximation are concerned with the normal and tangential contact problem, respectively. In both sections, we first obtain the respective solution for the cylindrical flat punch from the Hertzian solution and then derive expression for arbitrary indenter shapes by superposition of flat punch solutions. In case of the tangential contact, we also discuss the states of partial and full slip and arbitrary loading histories. In the end of both sections, the von Mises stresses and hydrostatic pressure gradients are shown for some examples. The paper closes with a discussion and some concluding remarks.

**FRICITIONLESS NORMAL CONTACT**

In this section, we derive expressions for the stress state and the pressure gradient in the half-space for the axisymmetric Boussinesq problem. As suggested by Mossakovski (1963), the solution for arbitrary axisymmetric profiles can be obtained by superimposing incremental flat punch solutions.

Conversely, this superposition idea can also be employed to obtain the flat punch solution from any known axisymmetric solution. Thus, we first derive the flat punch solution inside the half-space using the well-known Hertzian solution provided by Huber (1904) and later use this solution to derive expressions for arbitrary axisymmetric profiles.

Hence, the stress components for the indentation by a rigid cylindrical flat punch (superscript FP) with the radius $a$ can be derived from the Hertzian solution (superscript H) using

$$
\sigma_{ij}^{FP} = \delta \frac{\partial \sigma_{ij}^H}{\partial \delta} = \delta \frac{\partial \sigma_{ij}^H}{\partial a} \frac{da}{d\delta} = \delta \frac{\partial \sigma_{ij}^H}{\partial a} \frac{R}{2a},
$$

with the indentation depth $\delta$ and $\delta^H = a^2 / R$ in the Hertzian case. The obtained flat punch solution is presented in Appendix A.

Now, we consider the case of general axisymmetric profiles. Under the assumption of a convex smooth profile $f = f(r)$, the relation between penetration depth and contact radius is a unique function

$$
\delta = g(a).
$$

In the framework of the MDR (Popov and Heß, 2015), it is shown that this function can be derived from the profile $f(r)$ by the simple Abel integral transform,

$$
g(x) = |x| \int_0^{|x|} \frac{f(r)}{\sqrt{x^2 - r^2}} \,dr.
$$

By again employing the superposition idea described above, we obtain expressions for the general axisymmetric profile (superscript AS) via

$$
\sigma_{ij}^{AS} = \int_0^a \frac{\partial \sigma_{ij}^{AS}}{\partial \delta} \frac{dg}{da} \,da = \int_0^a \frac{\partial \sigma_{ij}^{FP}}{\partial \delta} \frac{dg}{da} \,da.
$$

Thus, we interpret the indentation process as a series of incremental indentations of flat punches with increasing contact radii. The obtained expressions read

$$
\begin{align*}
\sigma_{rr}^{AS}(r, z; a) &= \frac{E}{\pi} \int_0^r \left( \frac{z}{\sqrt{R}} \right)^3 \left( 3 - 2u_a - \frac{2a^2 + 2au_a}{u^2 + a^2} \right) \tilde{u} \tilde{u}_r (\tilde{a}) \,d\tilde{a} + \frac{z}{2\sqrt{R}} \left[ \frac{2u_a - \tilde{u}_u}{u + \tilde{a}} \right] \tilde{g}(\tilde{a}) \,d\tilde{a}, \\
\sigma_{zz}^{AS}(r, z; a) &= \frac{1}{2} \varphi_n (a) - \sigma_{zz}^{AS}(r, z; a) + \frac{E}{\pi} \int_0^r \left( 1 - 2u \right) \frac{2z^3}{\sqrt{R}} \left( \frac{z}{\sqrt{R}} \right)^3 \tilde{u} \tilde{u}_r (\tilde{a}) \,d\tilde{a} + \frac{z}{2\sqrt{R}} \left[ \frac{2u - \tilde{u}_u}{u + \tilde{a}} \right] \tilde{g}(\tilde{a}) \,d\tilde{a}, \\
\sigma_{rr}^{AS}(r, z; a) &= \frac{E}{\pi} \int_0^r \frac{\tilde{u}}{u + \tilde{a}} \tilde{g}(\tilde{a}) \,d\tilde{a} - \sigma_{rr}^{AS}(r, z; a), \\
\sigma_{rz}^{AS}(r, z; a) &= \frac{2z^3}{\sqrt{R}} \frac{u}{u + \tilde{a}} \left( 3 + \frac{\tilde{u}_u}{2a^2} - \frac{2a^2 + 2au}{u^2 + a^2} \right) \tilde{g}(\tilde{a}) \,d\tilde{a}, \\
\frac{2a^2 + 2au}{u^2 + a^2} \tilde{u} \tilde{u}_r (\tilde{a}) \end{align*}
$$

where $u$ as well as its derivative $u_a$ are shortcuts for

$$
u = \frac{1}{2} (A + S), \quad u_a = \frac{\partial u}{\partial a} = -\tilde{a} \left( 1 + \frac{A - 2\pi^2}{S} \right),$$

with
\[ A = r^2 + z^2 - \tilde{a}^2 \quad \text{and} \quad S = \sqrt{A^2 + 4\tilde{a}^2z^2}. \]  

(6)

In Equation (5), \( F_N \) is the total normal force,

\[ F_N(a) = 2E^* \int_0^a (\delta - g(\tilde{a})) \, d\tilde{a}, \]

(7)

\[ E^* = E\left(1 - \nu^2\right) \]

is the effective Young’s modulus and \( \nu \) is the Poisson’s ratio. In the contact plane \( (z = 0) \) and in the axis of contact \( (r = 0) \), Equation (5) simplify significantly. The resulting expressions are presented in Appendices B and C, respectively. Using the same procedure as described above, the expressions of the stress components at the surface were already presented by Willert et al. (2020).

It is elemental that the superposition idea also works with any linear operation on the stress components. As an example, the hydrostatic pressure \( p_{hs} = (\sigma_{rr} + \sigma_{\psi \psi} + \sigma_{zz})/3 \) and the components of the gradient of the hydrostatic pressure are obtained as well. Again, we first calculate the flat punch solutions from the Hertzian solution (presented in Appendix A) and then obtain expressions for the axisymmetric case:

\[ p_{hs}^{AS}(r, z; a) = -\frac{E^*(1 + \nu)}{3\pi} \int_0^a \frac{\tilde{a} z}{u} \left( \frac{\tilde{a} - u}{\tilde{a}^2 + u} \right) \frac{g'(\tilde{a})}{\sqrt{u}} \, d\tilde{a}, \]

\[ \frac{dp_{hs}^{AS}}{dr}(r, z; a) = \frac{E^*(1 + \nu)}{3\pi} \int_0^a \frac{z}{u} \left( \frac{\tilde{a}^2}{\tilde{a}^2 + u} \right) \left( u_{rr} + 3 \frac{u_r}{\tilde{a}} - \frac{3}{2} \frac{u_{ar} u_r}{u} - \frac{2u_{ar} + u_{rr}}{u + \tilde{a}^2} \left( \frac{g'(\tilde{a})}{\tilde{a}} \right) \frac{u - \tilde{a} z}{u} \right) \, d\tilde{a}, \]

\[ \frac{dp_{hs}^{AS}}{dz}(r, z; a) = \frac{E^*(1 + \nu)}{3\pi} \int_0^a \frac{\tilde{a}^2}{u + \tilde{a}^2} \left[ u_{az} \left( \frac{z}{u - \tilde{a} z} \right) - 2 \frac{u_r z}{2u} \right] \left( \frac{1}{2} + \frac{3u_{ar} u_r}{u} - \frac{3u_{ar} u_r}{2u} \right) \left( 2 + 6u - 5\tilde{a} u_{ar} \right) \frac{g'(\tilde{a})}{\tilde{a}^2} \, d\tilde{a}, \]

(8)

with the derivatives

\[ u_r(r, z; \tilde{a}) = \frac{\partial u}{\partial r} = r \left( 1 + \frac{A}{S} \right), \]
\[ u_z(r, z; \tilde{a}) = \frac{\partial u}{\partial z} = z \left( 1 + \frac{A + 2\tilde{a}^2}{S} \right), \]
\[ u_{ar}(r, z; \tilde{a}) = \frac{\partial^2 u}{\partial \tilde{a} \partial r} = \frac{4z^2}{S^3} \left( A + 2\tilde{a}^2 \right), \]
\[ u_{az}(r, z; \tilde{a}) = \frac{\partial^2 u}{\partial \tilde{a} \partial z} = \frac{4z^2}{S^3}. \]

(9)

The corresponding expressions at the contact plane and at the axis of contact \( (r = 0) \) are, again, presented in Appendices B and C, respectively.

**Examples for the Frictionless Normal Contact**

The two already discussed indenter shapes, the paraboloid (Hertzian contact) and the cylindrical flat punch, as well as two more imperfect shapes, the paraboloid with a parabolic cap and the cylindrical flat punch with rounded edges, serve as examples for the frictionless normal contact in the following. The profiles and the relation between penetration depth \( \delta \) and contact radius \( a \) are listed in Popov et al. (2019):

a) Paraboloid with radius of curvature \( R \) (see Figure 1A):

\[ f(r) = \frac{r^2}{2R} \quad \text{and} \quad \delta = g(a) = \frac{a^2}{R}. \]

(10)

b) Cylindrical flat punch (see Figure 1B):

\[ f(r) = \begin{cases} 0, & r \leq a \\ \infty, & r > a \end{cases} \]

(11)

c) Paraboloid with a parabolic cap with radius of the cap \( b \) and radii of curvature \( R_1 \) and \( R_2 \) (see Figure 1C):

\[ f(r) = \begin{cases} \frac{r^2}{2R_1}, & r \leq b \\ \frac{r^2}{2R_2}, & r > b \end{cases} \quad \text{and} \quad \delta = g(a) = \begin{cases} \frac{a^2}{R_1}, & a \leq b \\ \frac{a^2}{R_2}, & a > b \end{cases} \]

(12)

d) Cylindrical flat punch with rounded edges with radius of the blunt end \( b \) and radius of curvature \( R \) (see Figure 1D):

\[ f(r) = \begin{cases} 0, & r \leq b \\ \frac{r^2}{2R}, & r > b \end{cases} \quad \text{and} \quad \delta = g(a) = \left\{ \begin{array} { l l } { 0 , } & { 0 , a \leq b } \\ { \frac{\sqrt{a^2 - b^2} - \arccos \left( \frac{b}{a} \right) }{a} } , & { a > b } \end{array} \right. \]

(13)

With these relations, the integrals in Equations (5) and (8) and are evaluated numerically, with exception of the flat punch where stress components and pressure gradients are explicitly given in Equations (26) and (28) of Appendix A.

As a common measure for plastic failure, we calculate the von Mises equivalent stress

\[ \sigma_{\text{mises}} = \sqrt{\frac{1}{2} \left\{ (\sigma_{rr} - \sigma_{\psi \psi})^2 + (\sigma_{\psi \psi} - \sigma_{zz})^2 + (\sigma_{zz} - \sigma_{rr})^2 + 6\sigma_{z}^2 \right\}}. \]

(14)

The von Mises stress normalized with the average pressure in contact is plotted in Figure 1. Of course, the well-known distribution for the paraboloid with the maximum at \( z/a = 0.5 \) is simply the reproduction of the solution by Huber (1904). For the paraboloid with a parabolic cap with \( b/a = 0.5 \) and \( R_1 = 3R_2 \),...
the maximum is widened and is located below the surface as well. Due to the small kink at \( b/a = 0.5 \) where the curvature changes, the distribution beneath is distorted toward the surface. The flat punch produces a stress singularity at the surface owing to the sharp edge. The lowest maximum with a normalized von Mises stress of 0.74 is obtained for the Cylindrical flat punch with rounded edges. It occurs under the rounded outer area of the indenter at a depth of \( z/a \approx 0.3 \).

In Figure 2, the absolute value of the hydrostatic pressure gradient,

\[
|\bar{\nabla}p| = \sqrt{\left(\frac{dp_{AS}}{dr}\right)^2 + \left(\frac{dp_{AS}}{dz}\right)^2},
\]

is plotted. It is normalized by the pressure gradient in the center of the contact plane produced by the equivalent parabolical indenter with the same contact radius and indentation depth,

\[
p'_{0} = \frac{2E^*(1+\nu)\delta}{3a^2}.
\]  

Unlike the von Mises stress, the pressure gradient reaches its maximum at the surface in all cases. Maxima in form of singularities are found at the contact edge and at places of sudden geometrical change. Thus, the paraboloid with a parabolic cup and the flat punch with rounded edges exhibit additional singularities at \( r = b \). Furthermore, the comparison of the pressure gradient under flat and curved section shows that, apart from the above-mentioned singularities, it is much larger for small radii of curvature.
TANGENTIAL CONTACT IN THE CATTANEO-MINDLIN APPROXIMATION

In this section, we consider the stress state and pressure gradient in the half-space due to tangential surface loads in the form

$$\sigma_{yz} = 0, \; \sigma_{xz} \neq 0, \; r < a.$$  \hfill (17)

In the Cattaneo-Mindlin approximation, the tangential contact can be reduced to superpositions of contact pressure distributions resulting from the frictionless normal indentation problem (Jäger, 1995). Thus, we can use the same procedure as for the frictionless normal contact. Further, we will discuss the cases of partial slip and complete slip, that is, if the stick condition $|\sigma_{xz}(r)| < \mu \rho(r)$ is violated.

For the Hertzian contact, the tangential surface loading of a globally sliding indenter is

$$\sigma_{xz}^H(r \leq a; a) = \mu \frac{2E^*}{\pi R} \sqrt{a^2 - r^2},$$  \hfill (18)

with the coefficient of friction $\mu$. The resulting stresses were given by Hamilton and Goodman (1966) as imaginary parts of a complex function and, later, more conveniently, in explicit form by Hamilton (1983) (note, that in the equation for $\sigma_{xx}$ it should be $x^2z^2/S$ instead of $x^2z^2/3$).

With these expression, we, again, obtain the flat punch solutions via Equation (1). The surface loading for a sliding flat punch, for example, is

$$\sigma_{xz}^{\text{FP}}(r \leq a; a) = \frac{\mu E^* \delta}{\sqrt{a^2 - r^2}}.$$  \hfill (19)

A flat punch can either completely slip or completely stick (Popov et al., 2019). The solutions for the case of complete stick, are given by the substitution

$$\mu E^* \delta \rightarrow G^* u_{x,0},$$  \hfill (20)

in the solutions for the sliding flat punch with the effective shear modulus $G^* = 4G/(2 - v)$ and the tangential rigid body displacement $u_{x,0}$. For the sake of brevity, the complete set of equations for the tangentially loaded flat punch is not explicitly presented here. It is more convenient to compute and store
the derivatives in Equation (1) using a symbolic engine such as Wolfram Mathematica.

For the axisymmetric sliding contact with a convex smooth profile, we, again, determine the stresses from a superposition of incremental sliding flat punch indentations with increasing radii. Hence, the stresses in the half-space, resulting only from the tangential surface loading, are given by Equation (4) and the computed flat punch solutions. It should be noted that for the full stress state, the stresses (5) caused by normal loading must be added.

For monotonic tangential loading, under constant normal force, partial slip will occur for convex profiles. Starting with the tangential loading, slip will propagate from the edge of contact. Following Jäger (1995, 1998) and Ciavarella (1998), the surface stresses $\sigma_{xz}$ in the partial slip case can be written as a superposition

$$
\sigma_{xz}^{AS}(r; a) = -\mu \left[ \sigma_{xz}^{AS}(r; a) - \sigma_{xz}^{AS}(r; c) \right],
$$

with the surface stress due to normal loading $\sigma_{xz}^{AS}$ given in Equation of Appendix B and the radius $c$ of the stick area, giving

$$
\sigma_{xz}^{AS}(r; a) = E \frac{a^2}{\pi} \int_{\max(r,c)}^{a} \frac{g'(\tilde{a}) d\tilde{a}}{\sqrt{\tilde{a}^2 - r^2}}.
$$

The radius of the stick area is determined by

$$
G^* u_{x,0} = \mu E^* \left[ \delta - g(\epsilon) \right] \text{ or } \frac{F_x}{\mu F_N} = \frac{F_N(a) - F_N(c)}{F_N(a)},
$$

Popov et al. (2019), with $F_N$ given in Equation (7). Hence, the stresses in the half-space for arbitrary profiles resulting from the tangential loading are given by a superposition of incremental sliding flat punch contacts with radii increasing from the stick radius to the contact radius,

$$
\sigma_{ij}^{AS}(r, z; a) = \int_{c}^{a} \frac{\partial \sigma_{ij}^{FP}}{\partial \delta} \frac{d\delta}{d\tilde{a}} d\tilde{a},
$$

with $ij$ in $\{xx, yy, xy, yz, zx\}$ and the solutions for a sliding flat punch $\sigma_{ij}^{FP}$.

In the case of arbitrary loading histories, the solution is simply a finite number of superpositions in the form of Equation (21). Most conveniently, this can be modeled as one-dimensional tangential spring deflections $u_{x,1D}$ in the framework of MDR (see Popov et al., 2019 for details), yielding

$$
\sigma_{ij}^{AS}(r, z; a) = -\frac{G^*}{\mu E^*} \int_{0}^{a} \frac{\partial \sigma_{ij}^{FP}}{\partial \delta} \frac{d\delta}{d\tilde{a}} \left[ u_{x,1D}(\tilde{a}) \right] d\tilde{a}.
$$

Obviously, as for the normal contact, the integral Equations (24) and (25) also hold for the hydrostatic pressure and the components of the hydrostatic pressure gradient, if the stress components of the sliding flat punch $\sigma_{ij}^{FP}$ are substituted with hydrostatic pressure $p_{ho}$ and the components of the pressure gradient, respectively.

**Examples for Monotonic Tangential Loading**

As examples for the tangential contact, we discuss the parabolical indenter and the cylindrical flat punch with rounded edges (see section Examples for the Frictionless Normal Contact for details) under monotonic tangential loading. For a coefficient of friction of $\mu = 0.3$ and tangential rigid body displacement of $\delta/4$ and $\delta/2$, respectively, we obtain the cases of partial slip and complete slip for both indenter shapes.

**DISCUSSION**

The evaluation of the integral kernels of the one-dimensional integrals (5) or (6) comes, of course, with some computational cost. It is thus advantageous to evaluate the analytic expressions $\partial \sigma_{ij}^{FP}/\partial \delta$ numerically on a grid over the half-space domain of interest and save the resulting matrices. These matrices can then be used to calculate the stress state for arbitrary axisymmetric indenters and loading histories.

For a grid of $n \times n$ points in the $x - z$ plane, the one-dimensional integrals can be reduced to $n$ matrix-vector multiplications of complexity $O(nm)$, where $m$ is the number of flat punch superpositions. Thus, the overall complexity simply scales with the number of points (in this case $n^2$) and flat punch superpositions, $O(n^2m)$. As it is not necessary to compute the stresses in more points than needed, the proposed formulation can be advantageous compared to other effective methods such as the FFT-based boundary element method (BEM) for the half-space (Pohrt and Li, 2014). For this example, the FFT-based BEM is of complexity $O(n^3 \log n)$ because it requires evaluation of stresses on a three-dimensional $n \times n \times n$ grid. However, if stresses in $n \times n$ points in a $x - y$ plane beneath the surface are sought for, the proposed
method still has $O(n^2 m)$, whereas the FFT-based BEM is only of complexity $O(n^1 \log n)$.

We used stresses derived with the superposition idea to calculate the von Mises equivalent stresses for different indenter shapes and loadings. The examples showed that the endangered regions with respect to plastic failure often lie beneath the surface. Further, we provided expressions for direct calculation of the components of the hydrostatic pressure gradient. In fluid saturated media like cartilage, pressure gradients promote fluid flow which can be linked to tissue growth (Popov, 2019). The examples show that the absolute values of the pressure gradient are higher under small radii of curvature of the indenting body and singular at the surface, where discontinuities such as contact radius, stick radius, or sudden topography changes of the indenting body are located. It should be noted that the superposition idea is not bound to homogenous half-spaces, but can, for example, also be used for layered, graded media like cartilage (Argatov et al., 2018).

The provided expressions for the stress state and pressure gradient in the half-space beneath an axisymmetric indenter can, thus, be seen as a useful addition to the framework of the Method of Dimensionality Reduction (MDR) (Popov and Heß, 2015). Here, the same function $g(x)$ is interpreted as a one-dimensional profile pressed into a spring bedding. The MDR allows for rapid numerical simulations of profile changes due to wear or growth (in biological joints). However, the presented method of obtaining the full stress tensor can also be generalized with regard to other contact solutions for arbitrary loading histories such as the Method of Memory Diagrams (MMD) (Aleshin et al., 2015).
CONCLUSIONS

By exploiting the superposition idea by Mossakovski (1963) and Jäger (1998), we derived expressions in form of one-dimensional integrals for the full stress tensor and the components of the hydrostatic pressure gradient in the half-space beneath normally and tangentially loaded axisymmetric contacts. These expressions allow for efficient pointwise numerical evaluation for arbitrary indenter shapes and are suitable for contact simulations involving shape change due to wear or growth. With respect to plastic failure, we showed the importance of considering the whole half-space for selected indenter shapes and loadings. Further, we calculated hydrostatic pressure gradient distributions and discussed the relevance with respect to growth in biological contacts.

DATA AVAILABILITY STATEMENT

All datasets generated for this study are included in the article/supplementary material.

AUTHOR CONTRIBUTIONS

The author confirms being the sole contributor of this work and has approved it for publication.

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Conflict of Interest: The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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APPENDIX

Appendix A: Flat Punch Solution for the Frictionless Normal Contact Problem

The stress components of the cylindrical flat punch are obtained by Equation (1) with the Hertzian solution by Huber (1904):

\[
\sigma_{zz}^{FP} = -\frac{E^*}{\pi a} \left( \frac{z}{\sqrt{u^2 + a^2 z^2}} \right)^3 \left( 3 - \frac{a u_a}{2u} - 2 \frac{a^2 z^2 + a u_a}{u^2 + a^2 z^2} \right),
\]

\[
\sigma_{rr}^{FP} = \frac{E^*}{\pi a} \left( 1 - 2v \right) \frac{a^2}{\pi^2} \left[ 1 - \left( \frac{z}{\sqrt{u}} \right)^3 \left( 1 - \frac{a u_a}{2u} \right) \right] + \left( \frac{z}{\sqrt{u}} \right)^3 \frac{a^2 u}{u^2 + a^2 z^2} \left( 3 - \frac{a u_a}{2u} - 2 \frac{a^2 z^2 + a u_a}{u^2 + a^2 z^2} \right) + \frac{a}{2u} \left( 1 - 2v \right) \frac{a u_a}{u^2 + a^2 z^2} \left( 3 - \frac{a u_a}{2u} - 2 \frac{a^2 z^2 + a u_a}{u^2 + a^2 z^2} \right),
\]

\[
\sigma_{\psi\psi}^{FP} = -\frac{E^*}{\pi a} \left( 1 - 2v \right) \frac{a^2}{\pi^2} \left[ 1 - \left( \frac{z}{\sqrt{u}} \right)^3 \left( 1 - \frac{a u_a}{2u} \right) \right] + \frac{z}{\sqrt{u}} \left( 4 - \frac{2 a u_a}{u} \right) \left( 1 - v \right) \frac{(a^2 - u)^2}{u^2 + a^2 z^2} + \frac{a}{2u} \left( 1 - 2v \right) \frac{a u_a}{u^2 + a^2 z^2} \left( 3 + \frac{a u_a}{2u} - 2 \frac{a^2 z^2 + a u_a}{u^2 + a^2 z^2} - \frac{2 a^2 + a u_a}{u + a^2} \right),
\]

with the shortcuts

\[
u(r, z; a) = \frac{1}{2} \left( A + S \right),
\]

\[
u_a(r, z; a) = \frac{\partial u}{\partial a} = -a \left( 1 + A - \frac{2 z^2}{S} \right),
\]

where \( A = r^2 + z^2 - a^2 \) and \( S = \sqrt{A^2 + 4 a^2 z^2} \). With the components in Equation (26), the hydrostatic pressure \( p_{hs} = (\sigma_{rr} + \sigma_{\psi\psi} + \sigma_{zz})/3 \) and the components of the hydrostatic pressure gradient can be obtained as well:

\[
\frac{dp_{hs}^{F P}}{dr} = -\frac{E^* (1 + v)}{\pi a} \frac{a^2}{\sqrt{u^2 + a^2}} \left( u_a + 3 u \frac{a}{2} - \frac{3 u_a u_r}{2} - 2 \frac{u_a u + u_r u}{u + a^2} \right),
\]

\[
\frac{dp_{hs}^{F P}}{dz} = \frac{E^* (1 + v)}{3 \pi (u + a^2)} \frac{a^2}{\sqrt{u^2 + a^2}} \left( u_a \frac{z}{u} + \frac{az}{u} \right) \left( 1 + \frac{a^2}{u^2} \right) - \frac{2 u}{a^2} u_a \frac{z}{u} + \frac{u_a}{2u} \frac{a^2}{u^2} + \frac{u_z}{2u},
\]

\[
\frac{dp_{hs}^{F P}}{dz} = \frac{E^* (1 + v)}{3 \pi (u + a^2)} \frac{a^2}{\sqrt{u^2 + a^2}} \left( u_a \frac{z}{u} + \frac{az}{u} \right) \left( 1 + \frac{a^2}{u^2} \right) - \frac{2 u}{a^2} u_a \frac{z}{u} + \frac{u_a}{2u} \frac{a^2}{u^2} + \frac{u_z}{2u},
\]

\[
\frac{dp_{hs}^{F P}}{dz} = \frac{E^* (1 + v)}{3 \pi (u + a^2)} \frac{a^2}{\sqrt{u^2 + a^2}} \left( u_a \frac{z}{u} + \frac{az}{u} \right) \left( 1 + \frac{a^2}{u^2} \right) - \frac{2 u}{a^2} u_a \frac{z}{u} + \frac{u_a}{2u} \frac{a^2}{u^2} + \frac{u_z}{2u},
\]

\[
(2 + \frac{6u - 5au_a}{a^2} - \frac{3a u_a}{u} \bigg),
\]

(28)

with the derivatives

\[
u_a(r, z; a) = \frac{\partial u}{\partial a} = r \left( 1 + \frac{A}{S} \right),
\]

\[
u_a(r, z; a) = \frac{\partial u}{\partial z} = z \left( 1 + A + 2 a^2 \right),
\]

\[
u_a(r, z; a) = \frac{\partial u}{\partial r} = -4 a^2 \left( A + 2 a^2 \right),
\]

\[
u_a(r, z; a) = \frac{\partial u}{\partial a} = 4 a^2 z A, \quad \frac{S}{3}.
\]

(29)

Appendix B: Axisymmetric Solution at the Surface for the Frictionless Normal Contact

At the surface \( (z = 0) \), the non-vanishing stress components in Equation (5) simplify to

\[
\sigma_{zz}^{AS} (r; a) = -\frac{E^* (1 + v)}{\pi r} \int_0^a \frac{g'(\tilde{a})}{\sqrt{\tilde{a}^2 - r^2}} d\tilde{a},
\]

\[
\sigma_{rr}^{AS} (r; a) = \sigma_{zz}^{AS} (r; a) + 1 - 2v \frac{F_N (a)}{2\pi r} \frac{E^* (1 - 2v)}{\pi r} \int_0^a \frac{\sqrt{\tilde{a}^2 - r^2} g'(\tilde{a})}{\tilde{a}^2} d\tilde{a},
\]

\[
\sigma_{\psi\psi}^{AS} (r; a) = (1 + 2v) \sigma_{zz}^{AS} (r; a) - \sigma_{rr}^{AS} (r; a).
\]

(30)

The hydrostatic pressure and the pressure gradient components in Equation (8) simplify to

\[
\frac{dp_{hs}^{AS}}{dz} (r < a; a) = \frac{2 E^* (1 + v)}{3 \pi} \left( a g'(0) - \frac{\int_0^a \frac{\tilde{a} g''(\tilde{a})}{\sqrt{\tilde{a}^2 - r^2}} d\tilde{a}}{r^2 - \tilde{a}^2} \right),
\]

\[
\frac{dp_{hs}^{AS}}{dr} (r > a; a) = \frac{2 E^* (1 + v)}{3 \pi} \left( a g'(a) - \frac{\int_0^a \frac{\tilde{a} g''(\tilde{a})}{\sqrt{\tilde{a}^2 - r^2}} d\tilde{a}}{r^2 - \tilde{a}^2} \right),
\]

(31)

at the surface. All of the above equations except \( dp_{hs}^{AS}/dr \) were already derived by Willert et al. (2020).

Appendix C: Axisymmetric Solution in the Axis of Contact for the Frictionless Normal Contact

In the axis of contact \( (r = 0) \), the non-vanishing stress components in Equation (5) simplify to

\[
\sigma_{zz}^{AS} (z; a) = -\frac{E^*}{\pi} \int_0^a \frac{3a^2 + 3a^2 z^2}{(a^2 + z^2)^2} g'(\tilde{a}) d\tilde{a},
\]
\[ \sigma_{rr}^A (z; a) = \sigma_{\varphi\varphi}^A (z; a) \]

\[ = -\frac{E^*}{2\pi} \int_0^a \frac{(1 + 2\nu) \tilde{a}^3 -(1 - 2\nu) \tilde{a} \tilde{z}^2}{(\tilde{a}^2 + \tilde{z}^2)^2} g' (\tilde{a}) d\tilde{a}. \]  

(32)

The hydrostatic pressure and the non-vanishing pressure gradient component in Equation (5) simplify to

\[ p_{hs}^A (z; a) = \frac{2E^*(1 + \nu)}{3\pi} \int_0^a \frac{\tilde{a} g' (\tilde{a})}{\tilde{a}^2 + \tilde{z}^2} d\tilde{a}, \]

\[ \frac{dp_{hs}^A}{dz} (z; a) = \frac{4E^*(1 + \nu)}{3\pi} \int_0^a \frac{\tilde{a} \tilde{z} g' (\tilde{a})}{(\tilde{a}^2 + \tilde{z}^2)^2} d\tilde{a}, \]  

(33)

in the axis of contact.