Nucleoli form around tandem arrays of a ribosomal gene repeat, termed nucleolar organizer regions (NORs). During metaphase, active NORs adopt a characteristic undercondensed morphology. Recent evidence indicates that the HMG-box-containing DNA-binding protein UBF (upstream binding factor) is directly responsible for this morphology and provides a mitotic bookmark to ensure rapid nucleolar formation beginning in telophase in human cells. This is likely to be a widely employed strategy, as UBF is present throughout metazoans. In higher eukaryotes, NORs are typically located within regions of chromosomes that form perinucleolar heterochromatin during interphase. Typically, the genomic architecture of NORs and the chromosomal regions within which they lie is very poorly described, yet recent evidence points to a role for context in their function. In Arabidopsis, NOR silencing appears to be controlled by sequences outside the rDNA (ribosomal DNA) array. Translocations reveal a role for context in the expression of the NOR on the X chromosome in Drosophila. Recent work has begun on characterizing the genomic architecture of human NORs. A role for distal sequences located in perinucleolar heterochromatin has been inferred, as they exhibit a complex transcriptionally active chromatin structure. Links between rDNA genomic stability and aging in Saccharomyces cerevisiae are now well established, and indications are emerging that this is important in aging and replicative senescence in higher eukaryotes. This, combined with the fact that rDNA arrays are recombinational hot spots in cancer cells, has focused attention on DNA damage responses in NORs. The introduction of DNA double-strand breaks into rDNA arrays leads to a dramatic reorganization of nucleolar structure. Damaged rDNA repeats move from the nucleolar interior to form caps at the nucleolar periphery, presumably to facilitate repair, suggesting that the chromosomal context of human NORs contributes to their genomic stability. The inclusion of NORs and their surrounding chromosomal environments in future genome drafts now becomes a priority.

The relationship between nucleolar organizer regions (NORs) and nucleoli was first established in the 1930s (Heitz 1931; McClintock 1934), but, for decades, the content of the former and the role of the latter remained mysterious. The era of molecular and cellular biology revealed that NORs contain tandem arrays of ribosomal gene (rDNA) repeats and that nucleoli are the sites of ribosome biogenesis. Biochemistry has revealed the inner workings of the nucleolus and the complexity of ribosome biogenesis (for review, see Pederson 2010). However, the genomic architecture of NORs and the chromosomal context in which they lie remains undetermined for most eukaryotes. The resulting void has placed limitations on our understanding of the fundamental mechanisms by which NORs orchestrate formation of the largest structure in the nucleus. In this review, I discuss recent findings regarding the morphology of active NORs and how they seed rapid nucleolar reformation after cell division. I review recent evidence uncovering potential roles for chromosomal context in the functioning of NORs and maintenance of the genomic stability of rDNA arrays. These studies establish, as a priority, the integration of NORs and their chromosomal surrounds into an updated human genome draft.

rDNA arrays and NORs

Ribosomal gene repeats are transcribed by RNA polymerase I (Pol I) to produce a preribosomal RNA (pre-rRNA) that undergoes modification and processing to remove external transcribed spacers (ETSs) and internal transcribed spacers (ITSs) to yield mature 18S, 5.8S, and 28S rRNAs (Fig. 1A). The pre-rRNA ranges from 6.9 kb (35S) in yeast (Petes 1979) to ~13 kb (47S) in mammals (Gonzalez and Sylvester 1995; Grozdanov et al. 2003). Pre-rRNA-coding regions are separated by intergenic spacers (IGSs) that vary in length from ~2 kb in yeast to ~30 kb in mammals. The IGS houses gene promoters and regulatory elements, such as spacer promoters and repetitive enhancer elements, which control pre-rRNA synthesis (Goodfellow and Zomerdijk 2013). The IGS also contains replication

Keywords: nucleolar organizer regions (NORs); nucleolus; ribosomal genes; upstream binding factor (UBF); human acrocentric chromosomes

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Nucleolar organizer regions: genomic ‘dark matter’ requiring illumination

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origins and replication fork barriers (RFBs) that prevent collisions between the replication and transcription machineries (Brewer et al. 1992; Kobayashi et al. 1992; Akamatsu and Kobayashi 2015). Finally, under certain circumstances, such as stress, loss of repressive chromatin modifications, replicative senescence, or aging, the IGS can be transcribed by RNA Pol II (Earley et al. 2010; Audas et al. 2012; Saka et al. 2013; Bierhoff et al. 2014).

NORs contain arrays of rDNA repeats organized in a head-to-tail fashion. The number of NORs present in the genome varies between species, and the rDNA content of NORs can vary between individuals of the same species and even between the cells of an individual (Stults et al. 2008, 2009). Surprisingly, molecular combing experiments suggest that ~30% of human rDNA repeats are not organized in this canonical head-to-tail arrangement in human cell lines (Caburet et al. 2005). However, it should be pointed out that direct sequence evidence for these noncanonical rDNA repeats is unavailable. Throughout evolution, a recurring theme emerges. NORs are located close to regions of constitutive heterochromatin at either telomeres or centromeres (Nemeth and Langst 2011). In some cases, NORs are located on the short arms of so-called acrocentric chromosomes, sandwiched between centromeric and telomeric heterochromatin. One function of this constitutive heterochromatin is to isolate NORs from protein-coding genes. In the yeast Saccharomyces cerevisiae, there are up to 200 copies of a 9.1-kb repeat at a single NOR on chromosome XII (Peters 1979). In Arabidopsis thaliana, there are ~700–800 copies of 10- to 10.5-kb rDNA repeats distributed between NORs located close to the telomeres on the top or north arms of chromosomes 2 and 4 [NOR2 and NOR4, respectively] (Copenhaver and Pikaard 1996). In Drosophila melanogaster, up to 600 rDNA repeats are distributed between NORs on the short arm of the entirely heterochromatic Y chromosome and in the centric heterochromatin of the X chromosome (Ritossa et al. 1966). In humans, ~300 rDNA repeats are distributed between NORs on the short arms of each of the five acrocentric chromosomes HSA13, HSA14, HSA15, HSA21, and HSA22 (Henderson et al. 1972). Variation in rDNA content of individual NORs can be observed by digesting chromosomes with restriction enzymes that lack recognition sites in the rDNA repeat. Products are analyzed by pulsed field gel electrophoresis (PFGE) followed by hybridization with rDNA probes (Sakai et al. 1995). The Pierce laboratory (Stults et al. 2008, 2009) has used this technique extensively to examine NORs in human cells. Using the restriction endonuclease EcoRV, they have revealed an enormous variability in NOR size, from 40 kb [one repeat] to 6 Mb [~130 repeats] (Stults et al. 2008, 2009). As we see below, this variability may impact on the ability to identify NORs and determine their activity status.

In mice, all chromosomes are acrocentric, and an estimated 200 rDNA repeats are distributed between NORs on the short arms of up to six mouse chromosomes, the identity of which varies from strain to strain (Britton-Davidian et al. 2012). C57 mice have NORs on both chromosome 12 and chromosome 15, while CBA/CaJ (CBA) mice have a NOR on chromosome 15 but not on chromosome 12, and 129P3/J [129P3] mice have a NOR on chromosome 12 but not on chromosome 15 (Strongin et al. 2014). It is possible that this variation between mouse strains may simply reflect differences in rDNA content of NORs between mouse strains rather than the absence or presence of NORs as such.

The Pol I transcription machinery

Eukaryotic rDNA promoters contain two regulatory elements important for directing transcription initiation:
the core promoter and the upstream control element (Goodfellow and Zomerdijk 2013). Although the general layout of the rDNA promoter is conserved from yeast to humans, there is little sequence similarity between elements. Other than the coding sequences for 18S, 5.8S, and 28S mature rRNA, other rDNA sequences—including the IGs, ETs, IFs, and promoters—evolve rapidly. The Pol I machinery is dedicated solely to transcription of rDNA and is rapidly evolving. This is exemplified by incompatibilities between mouse and human machineries (McStay 2006).

Transcription by Pol I is dependent on a TBP-containing complex termed core factor (CF) in yeast, selectivity factor 1 (SL1) in humans, and TIF1B in mice. Yeast CF is a complex of TBP and at least three further proteins: Rrn6, Rrn7, and Rrn11. SL1 is a complex of TBP and at least four Pol I-specific TBP-associated factors (TAF1s) (Goodfellow and Zomerdijk 2013). SL1 is critical in the formation of a preinitiation complex (PIC) and binds in a highly sequence-specific manner to the core promoter element. Species specificity between mouse and human Pol I machineries resides in SL1.

A conserved feature of Pol I transcription machineries appears to be the involvement of a nucleolar-specific HMG-box-containing DNA-binding protein: Hmo1 in yeast and upstream binding factor (UBF; sometimes referred to as UBTF) in mammals. UBF was originally identified as a component of the mammalian PIC (Bell et al. 1988). It is characterized by an N-terminal dimerization domain, multiple HMG [high-mobility group] boxes, and a C-terminal acidic tail [Jantzen et al. 1990; McStay et al. 1991]. Mammalian cells have two splice variants—UBF1 and UBF2—that are present in roughly equal proportions. UBF2 lacks 37 amino acids from the second HMG box [O’Mahony and Rothblum 1991] and apparently does not participate in PIC formation [Kuhn et al. 1994]. In *Xenopus* and mice, UBF was also shown to bind to repetitive enhancer elements upstream of the gene promoter and stimulate transcription initiation [McStay et al. 1997]. UBF was originally thought to be restricted to vertebrates, but it is now clear that it is present throughout metazoans—curious exceptions being *Drosophila* and *Caenorhabditis elegans* (Grob et al. 2011). Hmo1p, a yeast protein with little sequence similarity to UBF other than bearing a canonical HMG box, was identified as a bona fide Pol I transcription factor [Gadal et al. 2002]. Surprisingly, human UBF1 can partially substitute for Hmo1 in vivo [Albert et al. 2013]. More recently, general roles for UBF and Hmo1p in organizing chromatin across rDNA arrays have been revealed and are discussed below.

Recruitment of Pol I to PICs is mediated by another conserved component of the Pol I machinery, termed Rm3 in yeast and humans and TIF-IA in mice [Goodfellow and Zomerdijk 2013]. Rrn3/TIF-IA makes multiple protein–protein contacts with both CF/SL1 and Pol I. It is a primary target for signal transduction pathways responsible for the short-term regulation of rDNA transcription [Mayer and Grummt 2005].

Long-term regulation of ribosome biogenesis can involve epigenetic changes at rDNA promoters. Key players in the silencing of rDNA promoters in mammals are TTF1 [transcription termination factor 1] and NoRC [nucleolar chromatin remodeling complex], comprising TIP5 [TTF1-interacting protein 5] and ATPase Snf2H. [For review, see McStay and Grummt 2008]. Interestingly, TIP5 [also known as BAZ2A] is overexpressed in prostate cancer and is involved in maintaining prostate cancer cell growth by directly interacting with EZH2 to maintain epigenetic silencing at Pol II transcribed genes repressed in metastasis [Gu et al. 2015]. This is a somewhat paradoxical result, since up-regulation of ribosome biogenesis is a feature of most cancers. The *Drosophila* ortholog of TIP5, Toutatis, is also involved in the regulation of genes transcribed by Pol II [Emelyanov et al. 2012].

An often-quoted figure is that in mammalian cells, only ~50% of rDNA repeats are actively transcribed at any given time [McStay and Grummt 2008; Goodfellow and Zomerdijk 2013]. Transcriptionally active rDNA repeats are accessible to the cross-linking agent psoralen, whereas silent rDNA repeats are chromatinized and inaccessible [Conconi et al. 1989]. Thus, the ratio of cross-linked [active] to noncross-linked [silent] repeats is 1:1 in most mammalian cell lines. The chromosomal distribution of these classes of repeat is discussed below.

The nucleolar cycle

In simple eukaryotes, including yeast, there is no breakdown of the nuclear membrane during mitosis. Nucleoli remain intact throughout this “closed” mitosis, and transcription is only momentarily inhibited during anaphase to ensure rDNA condensation and nucleolar segregation [Clemente-Blanco et al. 2009]. In complex eukaryotes with an “open” mitosis, including humans, Pol I transcription is shut down, and nucleoli disappear during prophase. Beginning in telophase, Pol I transcription resumes, and nucleoli begin to reform around individual NORs, forming multiple small nucleoli [Savino et al. 2001]. Nucleolar fusion then occurs, resulting in the formation of larger mature nucleoli containing multiple NORs [Fig. 1C]. Due to their low DNA content, these mature nucleoli usually appear as dark regions in DAPI-stained cells. It appears that rDNA is the only DNA present within the nucleolar volume. A second characteristic of these mature nucleoli, particularly evident in human cells, is perinucleolar heterochromatin [PNH] [Nemeth and Langst 2011]. In humans, this is derived from the heterochromatin located distal and proximal to NORs on the acrocentric short arms. The mechanism of nucleolar fusion is unknown but must involve very significant reorganization of as many as 10 chromosomal territories within the interphase nucleolus. Studies on the amplified nucleoli present in the large nucleus [germinal vesicle] of amphibian oocytes reveal that they behave like liquid droplets that can spontaneously coalesce in vitro [Brangwynne et al. 2011; Hyman et al. 2014]. In contrast to the chromosome-tethered nucleoli of somatic cells, these amplified nucleoli form around episonal amplified rDNA repeats. It is tempting to speculate that the nucleolar fusion
observed in human cells is biphasic. The first phase involves chromosome movement and the establishment of the PNH, and the second phase involves fusion of nucleolar material associated with individual NORs by a liquid-like behavior. In many human cancer cell lines, nucleoli exhibit an altered morphology—usually larger, more disorganized, and without a clearly visible PNH [Farley et al. 2015]. This altered morphology appears to be reversible [Krystosek 1998]. Finally, a number of non-NOR-bearing chromosomes and chromosomal domains that can associate with the PNH have been identified in nucleolar genomics and immuno-FISH experiments [for review, see Nemeth and Langst 2011; Padeken and Heun 2014].

Nucleoli of higher eukaryotes are comprised of three distinct subcompartments that can be seen in the electron microscope [Pederson 2010; Farley et al. 2015]. The innermost fibrillar centers (FCs) are surrounded by dense fibrillar components (DFCs). FC/DFC compartments are in turn surrounded by granular components (GCs). Lower eukaryotic organisms typically lack FCs [Thiry and Lafontaine 2005]. Current evidence suggests that ribosome biogenesis is a vectorial process, initiating in the FC and proceeding outward to the GC. Transcription of rDNA takes place at the interface between the FCs and DFCs. Pre-rRNA processing takes place within the DFCs, and ribosome subunit assembly occurs within the GCs followed by export of subunits to the cytoplasm for the final steps of maturation. In the light microscope, it is difficult to resolve FCs from the DFCs, but FCs/DFCs and GCs can be resolved easily. FCs/DFCs can be visualized with antibodies to UBF or fibrillarin [involved in cotranscriptional modification of pre-rRNA]. The GCs can be stained with antibodies against late processing factors such as Nop52 [Savino et al. 2001]. This nucleolar architecture is dependent on ongoing transcription [Hadjilov 1985]. Treatment of cells with low concentrations of actinomycin D (AMD), a DNA intercalating agent with specificity for G/C-rich rDNA, inhibits transcriptional elongation by Pol I. This results in a rapid reorganization of nucleolar structure involving the formation of caps at the nucleolar surface that comprise FC and at least some DFC proteins as well as rDNA [Sirri et al. 2008; Floutsakou et al. 2013]. GCs are maintained in the nucleolar interior.

Nucleolar proteins are highly dynamic, rapidly exchanging between the nucleolus and nucleoplasm. Thus, nucleolar structure is generally considered to be a direct consequence of the process of ribosome biogenesis rather than being determined by some skeletal framework [Misteli 2001]. Recently, however, evidence has been presented that RNA Pol II transcripts originating from intronic Alu elements are enriched in the human nucleolus and are required for its structural integrity [Caudron-Herger et al. 2015].

Morphology of NORs on metaphase chromosomes

NORs were first recognized on metaphase chromosomes due to their striking morphological appearance as achromatic gaps on stained chromosomes, sometimes referred to as secondary constrictions [primary constrictions being centromeres] [Heitz 1931; McClintock 1934]. Electron tomography of human NORs has revealed that this morphology arises as a result of undercondensation of rDNA repeats within active NORs [Heliot et al. 1997]. A second defining characteristic of active NORs in many if not all animals and plants is their ability to be selectively stained with silver nitrate [Goodpasture and Bloom 1975]. Presumably, some strongly silver-staining proteins remain associated with these so-called AgNORs through metaphase. Such proteins may be causative in the undercondensation of DNA. The identity of these proteins in human cells began to be revealed when metaphase chromosomes were stained with antibodies to the Pol I transcription machinery. UBF, SL1, and TTF1 have been shown to associate with mitotic NORs [Roussel et al. 1993; Jordan et al. 1996; Sirri et al. 1999]. Early indications that Pol I itself remained associated are not supported by live-cell imaging experiments [Leung et al. 2004]. The list of proteins associated with mitotic NORs is expanding and now includes Treacle, the product of the TCOF1 gene that is mutated in Treacher Collins syndrome [Valdez et al. 2004]; ATRX, mutated in alpha-thalassemia accompanied by X-linked mental retardation syndrome [Gibbons et al. 2000]; and Sir7, a mammalian homolog of yeast Sir2p, an NAD-dependent histone deacetylase, and an activator of Pol I transcription [Grob et al. 2009]. A number of cell type-specific DNA-binding proteins with less well established links to rDNA or ribosome biogenesis also remain associated with NORs. These include pluripotency factors [Zentner et al. 2014], Runx2 [Young et al. 2007], and basonuclin [Tseng et al. 1999]. It is possible that they exploit the open chromatin state of mitotic NORs as a segregation mechanism. At least two NOR-associated proteins, UBF and Treacle, have highly acidic domains that contribute to silver staining.

Silent human NORs that lack UBF and all the other Pol I-related factors are fully condensed and do not associate with nucleoli [McStay and Grummt 2008; Grob et al. 2014]. In monochromosomal somatic cell hybrids with a full complement of mouse chromosomes and a single human acrocentric chromosome, human NORs are transcriptionally silent yet remain associated with mouse nucleoli [Sullivan et al. 2001]. Interestingly, human NORs in this context retain UBF loading. Thus, fusion of a NOR into a larger nucleolus may not be entirely dependent on transcription of its rDNA.

UBF, a mitotic bookmark for active human NORs

The finding that UBF is more abundant than previously thought and that it binds extensively across human rDNA repeats throughout the cell cycle provided the initial evidence that it plays a more general role in organizing ribosomal gene chromatin [Roussel et al. 1993; O’Sullivan et al. 2002]. These observations are underpinned by in vitro experiments showing that it had a very relaxed sequence specificity of DNA binding, binds to DNA in a cooperative manner, could bind to nucleosomal templates
in vitro, and could compete with binding of linker histone 
H1 to a nucleosomal template [Putnam and Pikaard 1992, 
Copenhaver et al. 1994, Kermekchiev et al. 1997]. Pseudo-
NORs provide the first evidence that extensive UBF bind-
ing is directly responsible for the morphological appear-
ance of active NORs [Mais et al. 2005]. Pseudo-NORs 
were constructed by integrating megabase-scale synthetic 
UBF-binding site arrays into nonacrocentric chromo-
somes of human cells. During metaphase, pseudo-NORs 
appear as achronomitic gaps, are positive in silver staining, 
and have a protein composition similar to that of endo-
genous active NORs. A causative role for UBF in establish-
ings this morphology was revealed by siRNA-mediated 
depletion of UBF [Prieto and McStay 2007; Grob et al. 
2014]. Depletion of UBF from normal human cells results 
in a proportion of endogenous NORs losing UBF staining, 
becoming condensed, and losing their nucleolar associa-
tion [Grob et al. 2014].

Pseudo-NORs lack promoters and pre-rRNA-coding se-
quences and thus do not progress to forming nucleoli during 
interphase. Nevertheless, they do form readily visible 
novel subnucleolar structures that are similar in protein 
composition to the FCs of mature nucleoli [Mais et al. 
2005]. Neo-NORs provided the final piece of data, linking 
UBF binding with nucleolar-forming capability [Grob et al. 
2014]. Neo-NORs contain UBF-binding site arrays interspersed with human promoters that drive expression 
of mouse pre-rRNA-coding sequences. Like pseudo-
NORs, they adopt the morphology of active endogenous 
NORs. In contrast, however, they form apparently func-
tional neonucleoli with visible FC/DFC and GC compart-
ments. Neonucleoli are capable of assembling ribosomal 
subunits that can be found on polysomes, suggesting 
that they are functional. Thus, high-affinity UBF-binding 
sites coupled with rDNA transcription units are sufficient 
to form an NOR competent for nucleolar formation in 
human cells. Propagation of nucleoli through cell division in 
higher eukaryotes with an open chromatin state on active repeats is an open mitosis is a staged 
process, NORs that were active in the previous interphase are 
bookmarked by UBF during mitosis [Grob et al. 2014; 
Grob and McStay 2014]. This UBF-dependent bookmarking 
step ensures rapid reactivation of transcription in post-
metaphase cells with pre-rRNA seeding recruitment of 
processing and assembly factors, resulting in nucleolar 
compartimentalization. Furthermore, it appears that this 
strategy has been conserved through evolution, as UBF 
is present across animal phyla [Grob et al. 2011]. Yeast 
HmOlp is similar to UBF in a number of respects. It binds 
extensively across rDNA and is involved in the establish-
ment of an open chromatin state on active repeats 
(Wittner et al. 2011). As yeast nucleoli persist through 
metaphase, it is not entirely clear whether HmOlp-depen-
dent bookmarking is required.

NORs as units of regulation—a role for chromosomal 
context

The observation that NORs can exist in either active or si-
lent states is further exemplified by the phenomenon of 
nucleolar dominance [McStay 2006; Tucker et al. 2010]. 
In plant and animal interspecific hybrids and animal 
somatic cell hybrids, the NORs of one species can be dom-
inant over the NORs of another. In a number of cases, 
dominance can be explained by incompatibilities between 
basal Pol I machineries and promoters across the two spe-
cies involved. For example, mouse SL1 cannot form PICs 
on human promoters either in vitro or in the context of 
mouse monochromosomal somatic cell hybrids [Bell 
et al. 1990; Sullivan et al. 2001]. Introduction of human 
TAFs into mouse somatic cell hybrids can reactivate hu-
man NORs [Murano et al. 2014]. Nucleolar dominance be-
tween more closely related species is more difficult to 
explain. Arabidopsis suecica is a naturally occurring hy-
brid of A. thaliana and Arabidopsis arenosa. In these 
plants, the A. thaliana rRNA genes are transcriptionally 
silent but can be reactivated by treatments or genetic 
changes that disrupt the heterochromatin on the silent 
NOR [Lawrence et al. 2004; Earley et al. 2006; Pontvianne 
et al. 2012]. We can conclude that this model of nucleolar 
dominance does not involve incompatibilities in the tran-
scription machineries and is maintained epigenetically by 
a combination of DNA methylation and appropriate his-
tone modifications. However, the mechanism by which 
dominance is first established remained elusive.

More recent work from the Pikaard laboratory [Chandra-
sekhar et al. 2016] has established a role for chromosomal 
context in the preferential silencing of NORs. In A. thali-
ana strain Col-0, rDNA repeat subtypes [VAR1–4] contain 
minor DNA sequence variations. These subtypes were 
mapped to NOR2 and NOR4. A determination of the ex-
pression of various subtypes revealed that silenced and 
active rRNA gene subtypes are not intermingled. All si-
lenced rRNA gene subtypes mapped to NOR2. All active 
rRNA gene subtypes mapped to NOR4 (Fig. 2A). One ex-
planation for this is that the subtle gene sequence variation 
present in the repeats on NOR2 puts them at a competitive 
disadvantage. Another possibility is that the chromosomal 
context of NOR2 is important and that DNA sequences 
outside the rDNA array determine its activity. Intriguing-
ly, the latter seems to be the case, since when repeats of the 
major rDNA variant [VAR1] that is silent in an NOR2 con-
text are engineered into NOR4, they become active. It was 
proposed that sequences adjacent to the NOR on their cen-
tromere-proximal sides are likely important for the selec-
tive silencing of NOR2 (Fig. 2B). Interestingly, ~60 kb 
immediately flanking NOR2 on its proximal side is com-
pared of transposable elements and transposon remnants 
and appears to be packaged as transcriptionally repressed 
heterochromatin.

Further evidence for the importance of chromosomal 
context comes from study of chromosomal translocations 
in Drosophila. In addition to their roles in nucleolar 
formation and ribosome biogenesis, NORs on X and Y 
chromosomes are required for XY pairing during male 
meiosis [McKee and Karpen 1990]. Analysis of two inde-
pendent translocations involving the X chromosome 
and the small, mostly heterochromatic chromosome 4 re-
veals that the full function of the NOR on the X chromo-
some depends on not just its rDNA content but also
Chromosomal context of human NORs

Human NORs are positioned on the short arms of the acrocentric chromosomes that still remain unsequenced and thus missing from the current human genome draft, GRCh38.p7. Seeking an understanding of the chromosomal context of human NORs and to identify potential NOR regulatory elements, my laboratory has begun to characterize the sequences on both proximal (centromeric) and distal (telomeric) sides of the rDNA arrays (Fig. 3A; Floutsakou et al. 2013). Building on earlier reports of sequences distal and proximal to the rDNA array on HSA21 and HSA22, respectively (Worton et al. 1988; Sakai et al. 1995; Gonzalez and Sylvester 1997), 207 kb of sequence immediately proximal and 379 kb distal to rDNA arrays have been reported recently (Floutsakou et al. 2013). Consensus proximal junction (PJ) and distal junction (Dj) sequences were constructed mostly from chromosome 21 BACs (bacterial artificial chromosomes). Comparison of these sequences with BACs and cosmids derived from the other acrocentrics revealed that the PJ and Dj sequences are, respectively, ~95% and 99% identical between all five acrocentric chromosomes. Conservation of Dj sequences among the acrocentrics is consistent with frequent recombination between the rDNA arrays on each of the acrocentric chromosomes (Worton et al. 1988). However, conservation of PJ sequences suggests that there must also be frequent recombination events in the interval between the centromere and rDNA arrays.

Chromosomal context of human NORs

Human NORs are positioned on the short arms of the acrocentric chromosomes that still remain unsequenced and thus missing from the current human genome draft,
Proximal sequences are almost entirely segmentally duplicated, similar to the regions bordering centromeres. Consequently, they are unlikely to contain any specific elements that would regulate the activity of the linked NOR. In contrast, the distal sequence is predominantly unique to the acrocentric short arms and is dominated by a very large inverted repeat. Each arm of the inverted repeat is >100 kb, and they share an average sequence identity of 80%. There is a large (~40-kb) block of a 48-base-pair [bp] satellite repeat, CER, at the distal end of the DJ [Fig. 3A]. CER blocks are found distal to the rDNA on all acrocentric chromosomes, with additional pericentromeric blocks on chromosomes 14 and 22. Finally, there are two blocks of a novel 138-bp tandem repeat, ACRO138, present within the DJ.

By inclusion of DJ sequences into a customized genome reference, ChIP-seq [chromatin immunoprecipitation [ChIP] combined with high-throughput sequencing] and RNA-seq [RNA sequencing] data sets from the ENCODE projects were used to build a chromatin and transcriptional profile across the DJ in a variety of human cell types (Floutsakou et al. 2013). The DJ has a complex chromatin landscape that is largely conserved among cell types. Each arm of the inverted repeat contains chromatin signatures for promoters as well as actively transcribed gene bodies. Spliced and polyadenylated Pol II transcripts that correspond to these DJ sequences can be readily detected. Transcripts appear not to contain significant ORFs and therefore fall into the class of nuclear long noncoding RNAs [lncRNAs] now implicated in establishing local landscapes that is largely conserved among cell types. Each arm of the inverted repeat contains chromatin signatures for promoters as well as actively transcribed gene bodies. Spliced and polyadenylated Pol II transcripts that correspond to these DJ sequences can be readily detected. Transcripts appear not to contain significant ORFs and therefore fall into the class of nuclear long noncoding RNAs [lncRNAs] now implicated in establishing local landscapes that is largely conserved among cell types.

The conservation of DJ sequence between the five human acrocentric chromosomes provides a unique opportunity to visualize NORs by FISH. Whereas the rDNA content of NORs can vary greatly, probing of human metaphase chromosome spreads with a DJ BAC results in signal that is consistent between NORs (Floutsakou et al. 2013). The DJ has a complex chromatin landscape that is largely conserved among cell types. Each arm of the inverted repeat contains chromatin signatures for promoters as well as actively transcribed gene bodies. Spliced and polyadenylated Pol II transcripts that correspond to these DJ sequences can be readily detected. Transcripts appear not to contain significant ORFs and therefore fall into the class of nuclear long noncoding RNAs [lncRNAs] now implicated in establishing local landscapes that is largely conserved among cell types. Each arm of the inverted repeat contains chromatin signatures for promoters as well as actively transcribed gene bodies. Spliced and polyadenylated Pol II transcripts that correspond to these DJ sequences can be readily detected. Transcripts appear not to contain significant ORFs and therefore fall into the class of nuclear long noncoding RNAs [lncRNAs] now implicated in establishing local landscapes that is largely conserved among cell types.

The highly repetitive nature of ribosomal gene arrays makes them prone to losing copies by homologous recombination [HR]. Ribosomal gene arrays are the most unstable regions of the yeast genome (Kobayashi 2008). Yeast has evolved a gene amplification system to recover copy numbers [Fig. 4]. A replication fork-blocking protein, Fob1p, blocks replication forks colliding head on with the transcription machinery by binding to a RFB located immediately downstream from the pre-ribosomal RNA-coding sequences (Brewer et al. 1992; Kobayashi et al. 1992). Fob1p binding to RFBs results in DNA double-strand breaks (DSBs) occurring at stalled forks (Weitao et al. 2003; Burkhalter and Sogo 2004; Kobayashi et al. 2004). These breaks are repaired by unequal sister chromatid exchange, resulting in amplification. Unequal crossover is promoted by Pol II transcripts originating at a promoter, E-pro, in the yeast IGS. IGS transcription dislodges the cohesin complex that holds sister chromatids in register, thereby promoting unequal crossovers (Kobayashi and...
and aging came from Guarente's group (Sinclair and Guarente 1997), who demonstrated that extrachromosomal rDNA circles (ERCs) accumulate in aging mother cells. It was suggested that ERCs arising from increased instability in the rDNA array could titrate some unknown factor required for cell cycle progression. Deletion of \textit{FOB1} stabilizes rDNA arrays and prolongs life span. Conversely, deletion of \textit{SIR2} increases ERC levels and shortens life span (Defossez et al. 1999; Takeuchi et al. 2003).

An “rDNA theory of aging” has been proposed, in which it is argued that it is the instability of the rDNA itself rather than the accumulation of ERCs that shortens life span (Kobayashi 2008). One attraction of the “rDNA theory of aging,” particularly when applying it to complex eukaryotes, is that there is little evidence for the presence of ERCs. Nevertheless, rDNA recombination has been observed in many eukaryotes, including humans (Killen et al. 2009; Stuits et al. 2009). Currently, there is no evidence for involvement of mammalian \textit{SIR2} homologs in maintaining rDNA stability, although one homolog, Sirtuin 7, is localized in the nucleolus and is a positive regulator of Pol I transcription (Ford et al. 2006; Grob et al. 2009).

An RFB has also recently been described in the human rDNA repeat (Akamatsu and Kobayashi 2015), and IGS transcripts have been observed in humans and mice in response to various nucleolar stresses or replication senescence (Audas et al. 2012; Bierhoff et al. 2014). The degree to which the model proposed for yeast can be extended to human cells is an open question. Interestingly, replication stress on rDNA arrays has been linked to functional decline in aging mouse hematopoietic stem cells (Flach et al. 2014). The RecQ helicases \textit{RECO4}, \textit{WRN} (mutated in Werner syndrome), and \textit{BLM} (mutated in Bloom syndrome) are other good candidates for linking aging and rDNA instability, as they are involved in human progeria, and deletion of their yeast homolog, \textit{SGS1}, results in rDNA instability (Bohr 2008; Bernstein et al. 2010). Moreover, cells from Bloom syndrome patients show high levels of recombination in their rDNA arrays (Killen et al. 2009).

Heterochromatin is a feature of both NORs and the chromosomal context within which they lie. A proportion of rDNA repeats within “active NORs” are in a silenced heterochromatic state (McStay and Grummt 2008), and the NOR itself is embedded in a heterochromatic chromosomal environment (Nemeth and Langst 2011). It appears that one or both of these forms of heterochromatin play a role in maintaining the genomic stability of rDNA repeats. In \textit{Drosophila}, disruption of \textit{Su(var)3-9} or \textit{dcr-2} (\textit{dicer-2}), responsible for H3K9me2 and involved in RNAi, respectively, globally disrupts heterochromatin, resulting in increased instability of the rDNA array and the appearance of ERCs (Peng and Karpen 2007). Loss of heterochromatin and increased recombination has also been associated with life span reduction in \textit{Drosophila} (Larson et al. 2012). Human HCT116 cells, inactivated for DNMT1 and DNMT3b or treated with aza-dC, lack CpG methylation, another heterochromatic mark, and reactivate a large fraction of normally silent rRNA genes (Gagnon-Kugler et al. 2009). This is also associated with increased instability in rDNA arrays. While these studies clearly establish a role for heterochromatin in the genomic stability of rDNA, it is hard to tease apart the effects of globally disrupting heterochromatin, locally disrupting nucleolar-associated heterochromatin, and reactivating silent rDNA repeats.

DNA DSBs in human rDNA arrays

DNA DSBs, the most dangerous form of DNA lesion, initiate a complex DNA damage response. The kinase ATM [ataxia telangiectasia-mutated] is a key player in transducing DSB recognition into activation of cell cycle checkpoints and repair processes (Shiloh and Ziv 2013). Once activated by recruitment to DSBs, ATM phosphorylates the histone variant H2AX on Ser139 to yield yH2AX (Burm et al. 2001). In mammalian cells, two major pathways are used for repair: nonhomologous end-joining (NHEJ) and HR (Chapman et al. 2012). In NHEJ, the broken ends are minimally processed, aligned, and ligated together. Importantly, NHEJ does not require sequence complementarity and is error-prone. HR involves extensive DNA end resection to generate 3’ single-stranded overhangs. These invade double-stranded undamaged homologous DNA copies that template unscheduled DNA synthesis and accurate repair. Usually, the repair template is a sister chromatid. Thus, it is generally considered that accurate repair by HR is restricted to S and G2 phases of the cell cycle (Aylon et al. 2004), whereas error-prone NHEJ is predominant in G0/G1 cells (Lieber et al. 2003).

As human rDNA arrays show enhanced instability in cancer and aging diseases such as Bloom syndrome, a fuller understanding of how nucleoli respond to DSBs in human rDNA arrays has received much recent attention. Global introduction of DSBs into mouse cells by γ-irradiation or more local introduction into nucleoli by laser microirradiation results in inhibition of Pol I transcription mediated by ATM kinase (Kruhlak et al. 2007). Importantly, this study also showed that Pol I inhibition was restricted to nucleoli containing damaged DNA, suggesting that it was mediated locally. It should be pointed out, however, that similar experiments performed in human cells failed to show any inhibition of Pol I transcription following γ-irradiation (Moore et al. 2011). More surprisingly, it has been demonstrated that laser microirradiation-induced DSBs outside of nucleoli lead to an ATM-dependent pan-nuclear silencing of Pol I transcription (Ciccia et al. 2014; Larsen et al. 2014). The difficulty in interpreting such experiments is that we have no knowledge of the number or distribution of irradiation-induced DSBs. To study the response to rDNA DSBs within human cells in finer detail, recent studies have used CRISPR/Cas9 or the homing endonuclease I-PpoI to introduce DSBs into...
the rDNA repeats [Harding et al. 2015; van Sluis and McStay 2015; Warmerdam et al. 2016]. The ability of I-PpoI to create rDNA DSBs in human cells had been established previously [Berkovich et al. 2007]. All three of these recent studies demonstrate that introduction of DSBs into rDNA results in an ATM-dependent inhibition of Pol I transcription and movement of rDNA to nucleolar caps. Like the nucleolar caps observed in AMD-treated cells, rDNA DSB-induced caps are located immediately abutting DJ sequences in the PNH [van Sluis and McStay 2015]. Revealing the regional specificity of this response, introduction of DSBs into NOR distal sequences by CRISPR/Cas9 did not result in either transcriptional inhibition or formation of nucleolar caps [van Sluis and McStay 2015]. The study from our laboratory [van Sluis and McStay 2015; Warmerdam et al. 2016] suggested that repair of DSBs was mediated by HR, as nucleolar caps contained γH2AX, BRCA1, RPA2, and Rad51. Further evidence for repair by HR was the detection of unscheduled DNA synthesis within nucleolar caps. Counter to the dogma that repair by HR is restricted to S and G2 phases of the cell cycle, these markers for HR were also observed within nucleolar caps in G1 cells [van Sluis and McStay 2015]. The study from the Greenberg group [Harding et al. 2015] identified NHEJ as the predominant mode of DSB repair that was rapid and did not involve transcriptional inhibition. The presence of persistent breaks led to transcriptional inhibition and nucleolar reorganization. The final study from the Medema group [Warmerdam et al. 2016] suggested that HR inhibits break repair. Furthermore, they showed that HR required SMC5 [structural maintenance of chromosomes protein 5] a core component of the SMC5–SMC6 complex. SMC5–SMC6 has been implicated previously in repair of rDNA DSBs by HR in yeast [Torres-Rosell et al. 2007]. The differences in these three studies regarding the repair pathway selection could be related to differences in the level and persistence of the DSBs. Perversely, genome-editing technologies involving HR may resolve the HR versus NHEJ repair pathway issue. By tagging a fraction of rDNA repeats with the target sequence for an exogenous nuclease, the level of rDNA DSBs can be more tightly controlled.

One common feature of these recent studies is the nucleolar reorganization in response to rDNA DSBs [Fig. 3B]. Damaged and undamaged rDNA repeats move to form caps at the nucleolar periphery. It was argued that this movement stimulates repair by HR, as it increases the accessibility of DSBs to the repair machinery and provides a high local concentration of repair templates [van Sluis and McStay 2015]. Importantly, repair by HR, even if templated in cis in G1 cells, does not necessarily involve loss of repeats. Synthesis-dependent strand annealing or dissolution of double Holliday junctions by branch migration can mediate noncrossover repair [Renkawitz et al. 2014]. Interestingly, the BLM helicase is involved in branch migration, and its inactivation results in increased levels of unequal crossovers within rDNA arrays [Karow et al. 2000; Killen et al. 2009].

The movement of damaged rDNA repeats to an environment more permissive for repair has parallels with the HR-mediated repair of DSBs in heterochromatic repetitive DNA in Drosophila. Heterochromatin domains expand in response to the presence of DSBs. Proteins involved in resection (early HR) are recruited to DSBs within heterochromatin. In contrast, Rad51, which mediates strand invasion (late HR), associates only with DSBs that relocate outside of the domain [Chiolo et al. 2011]. It is not entirely clear what drives nucleolar reorganization in response to rDNA DSBs. An identical response is observed in response to AMD treatment, which does not induce DSBs or activate ATM [van Sluis and McStay 2015]. This suggests that DSB-induced reorganization is a response to transcriptional inhibition resulting from activation of ATM rather than the presence DSBs or γH2AX. The nucleolar reorganization observed in response to rDNA DSBs suggests that the chromosomal context of rDNA arrays may contribute to their genomic stability.

NORs and a more complete human genome draft

Sometimes referred to as “a dirty little secret” [Callaway 2014], more than a decade after the official completion of the human genome project and multiple updates, many gaps still remain in the human genome. The largest of these are the short arms of all five acrocentric chromosomes. Undoubtedly, a major part of the reason for acrocentric short arms remaining unsequenced is the repeated nature of their DNA content. In addition to repeated rDNA, there are blocks of satellite repeats. A further complication arises from the fact that these five chromosome arms are highly similar in sequence. Recent work described in this review clearly undermines any suggestion that one can extrapolate the functioning of an NOR from the sequence of a single rDNA repeat. I predict that there are many mysteries about NORs yet to be revealed and suggest that complete descriptions of their genomic architectures are long overdue. Lack of genomic information for NORs and their surrounds is common across animal phyla. In mice, for example, there is not a single description of the sequences either immediately distal or proximal to rDNA. Consequently, comparative biology, a powerful tool in identifying conserved regulatory mechanisms, cannot be exploited. Single-molecule long-read sequencing technologies should pave the road to completion.

Having the full DNA sequence for each of the human acrocentric short arms will advance our understanding of how NORs function and how the genomic stability of rDNA arrays is maintained. Furthermore, as we enter the era of population-wide genome sequencing, inclusion of these sequences in future genome drafts would significantly advance our capability for discovering and exploring links between NORs, human disease, and aging.

Physicists infer the existence of “dark matter” to explain enigmatic properties of the universe. By analogy, biologists will fully understand the biology of nucleoli only when NORs and surrounding sequences—genomic “dark matter”—are characterized and included in an updated genome draft.
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