Fast Super-Resolution Imaging with Ultra-High Labeling Density Achieved by Joint Tagging Super-Resolution Optical Fluctuation Imaging

Zhiping Zeng*1, Xuanze Chen*1, Hening Wang1, Ning Huang2, Chunyan Shan2, Hao Zhang1, Junlin Teng2 & Peng Xi1

1Department of Biomedical Engineering, College of Engineering, Peking University, Beijing, China, 2College of Life Sciences, Peking University, Beijing, China.

Previous stochastic localization-based super-resolution techniques are largely limited by the labeling density and the fidelity to the morphology of specimen. We report on an optical super-resolution imaging scheme implementing joint tagging using multiple fluorescent blinking dyes associated with super-resolution optical fluctuation imaging (JT-SOFI), achieving ultra-high labeling density super-resolution imaging. To demonstrate the feasibility of JT-SOFI, quantum dots with different emission spectra were jointly labeled to the tubulin in COS7 cells, creating ultra-high density labeling. After analyzing and combining the fluorescence intermittency images emanating from spectrally resolved quantum dots, the microtubule networks are capable of being investigated with high fidelity and remarkably enhanced contrast at sub-diffraction resolution. The spectral separation also significantly decreased the frame number required for SOFI, enabling fast super-resolution microscopy through simultaneous data acquisition. As the joint-tagging scheme can decrease the labeling density in each spectral channel, thereby bringing it closer to single-molecule state, we can faithfully reconstruct the continuous microtubule structure with high resolution through collection of only 100 frames per channel. The improved continuity of the microtubule structure is quantitatively validated with image skeletonization, thus demonstrating the advantage of JT-SOFI over other localization-based super-resolution methods.

Optical fluorescence microscopy has been routinely applied to explore a vast variety of biological phenomena1. When it comes to unveil the inner world of cells, conventional optical microscopy has encountered exceptional challenges in discerning fine structures inside a cell due to the resolution barrier bestowed by optical diffraction. In recent years, quantum dots (QDs) exhibit great potential for fluorescence imaging in life sciences2–4. This can be attributed to the remarkable optical properties of QDs, e.g., higher fluorescence brightness, superior photostability, blue shifted absorption spectra, and narrow fluorescence emission spectra. More importantly, fluorescence intermittency (i.e., blinking) is a significant characteristic of QDs5–7.

In the past decade, various super-resolution techniques aiming at breaking the diffraction barrier have sprung up8. Based on their mechanism of surpassing the diffraction limit, super-resolution microscopy techniques can be categorized into two categories: 1) targeted modulation, such as stimulated emission depletion microscopy (STED)9–11, and saturated structured illumination microscopy (SSIM)12, and 2) stochastic blinking/fluctuation modulation, such as photo-activated localization microscopy (PALM)13, stochastic optical reconstruction microscopy (STORM)14, and Super-resolution Optical Fluctuation Imaging (SOFI)15–17, etc. While the single-molecule localization-based super-resolution techniques are able to achieve remarkably high resolution, its applicability for live cell imaging is significantly confined by the requirement that no close-by emitters can be switched on simultaneously. This has largely limited the labeling density of the single-molecule localization techniques18,19.

SOFI is a technique developed to take the advantage of the blinking mechanism to achieve background-free, contrast-enhanced fast super-resolution imaging15,20. As it is based on the temporal and spatial cross-correlation analyses of fluorescence fluctuation, the blinking nature of the QDs can be strategically used. Comparing with the pure localization-based techniques, SOFI allows much higher labeling density owing to the robust correlation analysis for separating closely spaced emitters with blinking signals17. Labeling density is of great importance for
ensuring the structural integrity presented by optical fluorescence microscopy. However, with the increase of the labeling density, the high-order cumulants of SOFI algorithm tend to induce artifacts, degrading the image quality.

Herein, we propose a method that can enable ultra-high labeling density super-resolution imaging, while retaining the continuities and integrity of the targets being investigated without compromising the spatial resolution enhancement, through spectral multiplexing and SOFI imaging (Joint Tagging SOFI, i.e., JT-SOFI). In our experiment, multiple types of quantum dots with their fluorescence spectra well separated were jointly immuno-stained to the same cellular structure (microtubules) in COS7 cells. Under such circumstances, the labeling density of single color QDs is relatively low which facilitates the accurate separation of single QDs using SOFI algorithm, at relatively low frame numbers. Yet, the overall labeling density is m-fold increased through the application of m types of QDs, thereby enabling JT-SOFI nanometric imaging with ultra-high labeling density. Owing to the blue-enhanced absorption spectra and narrow fluorescence emission spectra of QDs, the QDs can be excited simultaneously with the same excitation source, with spectra and narrow fluorescence emission spectra of QDs, the QDs ultra-high labeling density. Owing to the blue-enhanced absorption spectra and narrow fluorescence emission spectra of QDs, the QDs can be excited simultaneously with the same excitation source, with excessively high spectral encoding capability. By combining the multiple spectral channels, super-resolution images with well-preserved integrity and continuities can be reconstructed, which are capable of revealing subdiffraction-sized structures inside the biological cells in a more genuine perspective at high spatiotemporal resolution.

Results
Illustration of joint tagging protocol by multiple types of quantum dots. We introduce quantum dots joint tagging protocol that enables high-order SOFI processing (more resolution improvement can be obtained), while retaining the continuous biological structures without compromising the spatial resolution. As illustrated in Fig. 1a, multiple types of quantum dots are jointly tagged to the microtubule networks. As the QDs exhibit notably narrow fluorescence emission spectra, it can be well distinguished spectrally for simultaneous imaging. Fig. 1b shows the schematic comparison of single and joint tagging under ultra-high labeling density situations. When the microtubule network is tagged with one single type of QDs with excessively high labeling density, too many QDs are bound to blink simultaneously, resulting in redundant overlapping events, and the decrease in visibility for high-order SOFI. However, when the microtubule network is jointly tagged with multiple types of QDs, the labeling density for each single type of QDs is relatively low which enables high-order SOFI processing with less frame numbers for acquiring higher spatiotemporal resolution improvement; yet, the overall labeling density is m-fold higher, enabling us to produce a composite image with improved resolution enhancement while retaining the continuities, fidelity and integrity of the targets being investigated.

Simulation of blinking quantum dots with different labeling densities. We simulated an image sequence of stochastically blinking emitters distributed on two closely spaced parallel lines in Fig. 2. The wavelength used in Figs. 2a–2g is 705 nm. The corresponding FWHM of Gaussian PSF is 250 nm. The wavelengths used in Figs. 2i, 2j and 2k are 525 nm, 625 nm and 705 nm, respectively. And the corresponding FWHMs of Gaussian PSFs in Figs. 2i, 2j and 2k are 190 nm, 225 nm and 250 nm, respectively. Figs. 2m–2o are merged images from Figs. 2i–2k. Pixel size of all images in Fig. 2 is 20 nm.

As shown in Fig. 2, 100 frames were simulated for SOFI reconstruction. Due to the optical diffraction limit, the average result (Fig. 2b) produces an inauthentic image in which the blinking emitters seem to distribute on one single line. In Fig. 2c, after SOFI super-resolution reconstruction, it can be seen that the blinking emitters are distributed on two closely spaced parallel lines. However, under this insufficient labeling density situation, heterogeneities and discontinuities were undesirably introduced into the reconstructed image. In Fig. 2d, significant resolution improvement of 3rd order SOFI result over average counterpart can be observed. Subsequently, in Fig. 2e, the density of the blinking emitters is tripled. This setting is intended to simulate the situation where excessively high labeling density is applied. Fig. 2f shows the average image of superimposing 100 frames in Fig. 2e. Owing to the excessively densely packed emitters distributed on the closely spaced lines, the 3rd order SOFI result generated disastrous heterogeneities and artifacts shown in Fig. 2g. Interestingly, the SOFI process of the high labeling density gives no better resolution improvement, but increased heterogeneities and discontinuities over that in Fig. 2c. The above simulation has demonstrated that under the condition of ultra-high labeling density, high-order (typically over 3rd order) SOFI algorithm fails to significantly improve the spatial resolution.

In the subsequent simulations illustrated in Fig. 2i to 2o, the blinking emitters with different colors were predefined at different sets of coordinates along two parallel lines, simulating multi-color joint labeling scheme. As the sizes of PSFs vary in different wavelength, their sizes were set according to the corresponding spectrum. Each of the single color emitters in each particular spectral channel is loosely packed (8 μm−2). However, when it comes to the overall density

Figure 1 | Diagram of JT-SOFI. (a) Illustration of joint tagging protocol by multiple types of quantum dots. (b) Schematic comparison of single and joint tagging under ultra-high labeling densities after high-order SOFI processing. Single tagging can be achieved by labeling any single type of QDs with ultra-high densities. Joint tagging can be achieved by jointly labeling QD525, QD625 and QD705 with relatively low densities for each channel.

www.nature.com/scientificreports
encompassing all the spectral channels, the multiple types of emitters are densely packed (24 μm⁻¹). As the density of each type of emitters is relatively low, SOFI processing produces a resolution-enhanced sub-image containing a fraction of the information (Figs. 2i, 2j and 2k). After combining all the SOFI-processed sub-images into one composite image (Fig. 2m), we are able to obtain a super-resolution image with high imaging fidelity and well retained continuities of the targeted structures (Fig. 2o).

In Fig. 2p, we simulated the visibility of SOFI reconstructed images versus labeling densities. The labeling density ranges from 2 to 24 μm⁻¹. Typically, if the labeling density exceeds 15 μm⁻¹, PALM/STORM algorithms completely fail to localize individual spots (the visibility falls to zero)17. As can be seen in Fig. 2p, for single tagging scheme, the visibility drops to 0.2 when the labeling density is over 15 μm⁻¹. Whereas, for joint tagging scheme, the degradation of visibility appears much less significant. The visibility is still above 0.35 even when the labeling density is over 24 μm⁻¹. Specifically, under high labeling density regime, joint tagging scheme exhibits extraordinarily better maintaining of the visibility over that in single tagging scheme. This simulation reveals the superior capability of
joint tagging scheme for producing better SOFI images with higher visibilities. Therefore, JT-SOFI enables higher labeling density in biological applications, achieving better representation of the original biological fine structures.

Imaging microtubule networks with quantum dots using multicolor joint tagging protocol. A commercial wide-field microscope was utilized for JT-SOFI super-resolution imaging of microtubules jointly labeled with QD525, QD625 and QD705 exhibiting inherent distinct blinking statistics. By controlling the sizes of quantum dots, one can synthesize different types of QDs with spectrally different fluorescence emissions. The QDs were further coated with a polymer shell that allows the materials to be conjugated to biological molecules and to retain their optical properties. Therefore, the resulting overall sizes of streptavidin Conjugates-polymer coated QDs are among the same range. All the three color QDs streptavidin Conjugates we used are around 15–20 nm. Also, the streptavidin covalently attached on the QDs surface are typically 5–10 streptavidins/Qdot conjugate, which results in all the QDs streptavidin conjugates with identical and a high specific biological activity. After imaging the joint-tagged microtubules, we have performed the analysis through averaging the total intensity divided by the intensity of the single QD to calculate the number of QDs in each channel. As the labeling density for each channel is relatively low, after de-noising, we found that 100 frames were sufficient for reconstructing a super-resolution image with high imaging fidelity through joint-tagging SOFI.

Fig. 3d was obtained by averaging Figs. 3a–c. Due to the diffraction limit, fine structures at the sub-diffraction level were blurred. Subsequently, SOFI algorithm was applied to the 3 sequences of images. The SOFI-processed images (Figs. 3e–g) show spatial resolution improvements over the average counterparts. However, the microtubules exhibit discontinuities and heterogeneities after 4th order SOFI processing. Afterwards, the 3 SOFI images were combined (Fig. 3h) and the discontinuities diminished significantly. Eventually, we transformed the composite image into single color image shown in Fig. 4b. As can be seen, the image very well retains the continuities of the microtubule networks without sacrificing the spatial resolution enhancement. The line profiles shown in Fig. 4c were plotted according to the arrows in Fig. 3d and 3h. The closely spaced microtubules whose fine structures are indistinguishable in average image can be well discerned by JT-SOFI. Fig. 4d shows that the spatial resolution can be improved from 210 nm to 85 nm with considerably reduced discontinuities and heterogeneities by employing joint tagging 4th order SOFI processing.

To compare the discontinuity qualitatively, we skeletonized the obtained microtubule networks image with a plugin in Fiji\textsuperscript{28,29}, as shown in Figs. 3i and j. Apparently, the microtubule skeletons in Fig. 3j exhibit enhanced continuities and integrity over the counterpart in Fig. 3i. The lengths of continuous microtubule skeletons are further analyzed quantitatively, as shown in the histograms in Fig. 3k.

Figure 3 | Comparison of the imaging results of SOFI and JT-SOFI. (a)–(c) Average images of microtubule networks labeled by QD525, QD625 and QD705, respectively. (d) Merged image of (a), (b) and (c). (e)–(g) 4th order SOFI images of microtubule networks labeled by QD525, QD625 and QD705, respectively. (h) Merged image of (e), (f) and (g). (i), (j) Skeletonized images of (c) and (h), in which the long continuous microtubules are predominant in (h). (k) Histograms of the length of the continuous lines in (i) and (j) are plotted. Scale bars: 1 μm.
This was done by a custom-written algorithm using Matlab. Obviously, Fig. 3i contains more numbers of skeletons with shorter lengths ranging from 0.1 to 10 μm. Whereas, Fig. 3j possesses more numbers of skeletons with the lengths stretching to tens of microns, even above 100 μm. The statistical analysis of skeletonized results revealed the robustness and superiority of JT-SOFI for achieving satisfying super-resolution imaging whilst preserving the integrity and continuities of the nanoscale structures under investigation.

We also performed live cell simulation, and experimentally demonstrated the capability of JT-SOFI for live cell imaging, revealing the dynamics of lipid rafts tagged with dual-color QDs in living cells (Figure S15).

In this work, the multi-color probes are jointly tagged on the same sub-cellular organelle. With more spectra employed, one may be able to perform additional labeling of other organelles, which enables the visualization of the interaction with super-resolution. Taking advantage of the narrow spectral width of QDs, the mixing of up to 5 QDs have been demonstrated previously. Further, if one of them can be labeled at single molecule level (by adding an additional channel), then our method is so far the fastest and most faithful, through the combination of SOFI and single molecule localization. Also, it should be noted that, although here we employed QDs as the fluorescent label, other dyes which exhibit blinking can also be employed, such as photo-convertible organic dyes, plasmonic metal nanoparticles, etc. Moreover, the joint tagging is not restricted to spectral separation only. Other forms of differentiation can also be used toward a higher multiplexing degree, for example, the dipole orientation of the fluorescent dyes, or through lifetime differences. It can also be used in conjugation with other optical imaging modalities such as total internal reflection fluorescence (TIRF) or confocal microscopy.

Discussion
In conclusion, our quantum dots joint tagging scheme has successfully expanded the application scope of SOFI algorithm in the labeling density regime. Based on standard wide-field microscope, we put forward joint-tagging SOFI to obtain fast nanometric super-resolution fluorescence imaging with well suppressed distortions and enhanced image fidelity. The problematical downfall of visibility in SOFI images under ultra-high labeling densities can be satisfactorily rescued. Since the fluorescence emissions of multiple types of QDs are well separated and can be captured simultaneously, this joint tagging scheme also enables fast SOFI super-resolution imaging. The generations of heterogeneities and discontinuities induced by high-order SOFI processing have been effectively overcome, thereby surmounting the mathematical barrier bestowed by high-order SOFI algorithm. As JT-SOFI can be applied in a variety of blinking/switching dyes, we anticipate a wide application of this method.

The advantage of JT-SOFI over SOFI lies on that JT-SOFI can preserve more structural information over conventional SOFI, which works only with limited labeling density (12 μm⁻²). It should be noted that, SOFI has already surpassed the labeling density of single-molecule localization-based techniques (PALM/STORM), which typically work below the labeling density of 8 μm⁻². By applying 3 channels, JT-SOFI works well under the labeling density of 24 μm⁻². Therefore, the overall labeling density for JT-SOFI is over 3-fold higher than that of PALM/STORM. As a consequence, JT-SOFI is more suitable for in vivo cellular imaging, due to its high fidelity and fast imaging speed. In this work, we have used commercial available QDs for fluorescent labeling. It should be noted that, the statistics of the blinking/fluctuation nature of the QDs can largely determine the data acquisition speed for SOFI. Previously, through the modification of the fluctuation of the QDs, Watanabe et al. has reported real time SOFI microscopy. This method can be employed in conjugation with our JT-SOFI, to improve both the temporal resolution and the fidelity of the super-resolution imaging. The disadvantage of SOFI and JT-SOFI is on the limited resolution improvement as artifacts become dominant with increased cumulant orders: PALM/STORM can always decrease the number of the effective emitter to reach single molecule level through excessive photobleaching, and then use very long acquisition time for image reconstruction.

Figure 4 | Comparison of the wide-field and JT-SOFI. (a) Wide-field merged average image from all three spectral channels. (b) 4th order JT-SOFI image. (c) Cross-sections indicated by white arrows in (a) and (b). (d) Cross-sections indicated by white dashed lines in (a) and (b). Scale bar: 1 μm.
(2–12 hours reported in Ref. 35), with a typical resolution of 20 nm. As a comparison, SOFI solely relies on the uncontrolled blinking nature of the QDs, and the resolution is typically 50–100 nm18. Recently, with the application of compressed sensing, the reconstruction of STORM image with 100–500 frames has also been reported, with a resolution of 60 nm26. Overall, in considering the image fidelity, labeling density, and super-resolution imaging speed, JT-SOFI is superior than the single-molecule localization based techniques.

Another unique advantage of JT-SOFI lies on its low requirement on frame number, thus provides better temporal resolution. Although there is no minimum frame number requirement for SOFI processing, practically 1000–2000 frames are often used in order to reconstruct a super-resolution image with acceptable imaging fidelity for high-order SOFI process33,37,38. High frame numbers imply a long data acquisition time, thus confines fast imaging applications for live cell study. There are two constraints for the frame numbers of SOFI processing: (1) the labeling density. In the meantime of parallel blinking/switching detection in JT-SOFI, for each channel the labeling density can be also decreased m-folds, making each channel sparser, therefore closer to single-molecule state. The discrete spatial distribution can decrease the requirement of frame numbers for SOFI reconstruction. We can see from Fig. 2 that, the JT-SOFI with three color low labeling density (3 × 8 μm−2, Fig. 2a) has much better result than the high labeling density counterparts (24 μm−2, Fig. 2g). As shown in Fig. S9 in the Supplementary Information, increasing the frame number can significantly improve the connectivity, therefore 1000 frames were previously used in SOFI. The 3-color JT-SOFI obtained by 100 frames/channel (Fig. 2a) already exceeds the performance of 1000 frames conventional SOFI (Fig. S9). (2) the blinking statistics. With enhanced blinking, Watanabe et al. have demonstrated super-resolution imaging with only 10 frames with modified SOFI variance imaging24. It should be noted that, the blinking statistics is related to not only the emitters’ blinking ratio, but also the pixel size, as within the pixel size the signal intensity is averaged over one frame. Consequently, it is beneficial to use smaller pixel size to probe the rapid blinking of each QD or other fluctuating small molecules. Although it is suggested that for SOFI the pixel size of 150–170 nm is sufficient for high order SOFI7, it is theoretically derived omitting the constraint of limited frame numbers. Recent reports of SOFI with much less frames are all based on the application of reduced pixel size ranging between 50–65 nm34,38. For example, by using effective pixel size of 65 nm, Cho et al. have successfully obtained SOFI image with 300 frames, with organic dye in which the fluctuation is much less than that of QDs38. Here we also used the small pixel size (65 nm) to reduce the frame number yet producing reliable SOFI image.

Furthermore, the joint tagging multiplexed demonstrated in this work is not limited to SOFI, but rather, it can be applied in all sorts of stochastic localization-based microscopy39,40, in which the labeling density and imaging speed is always a conflict. Moreover, although here we have only demonstrated the application of multi-color QDs in JT-SOFI, the core concept is to separate the emitters first in another dimension and then recombine the results, such as fluorescent spectrum21, dipole orientation24, or lifetime43. This is predicted by Prof. Eric Betzig in 199541, in which the optical properties of the emitters can be used to separate them to different dimensions toward single-molecule localization. JT-SOFI, however, can employ both the dimension and the statistics of fluctuation to yield high spatial and temporal resolution simultaneously.

Methods
The image collections of the microtubule networks was performed on a wide-field fluorescence microscopy (DeltaVision, Applied Precision) with an oil-immersion objective (Olympus, 100×). Numerical aperture: 1.4). A laser with the wavelength of 405 nm was employed for simultaneously exciting the fluorescence emissions of QD525, QD625 and QD705 (power density: 120 W/cm²). Three sets of filters were applied for separating the fluorescence emissions from QD525, QD625 and QD705, respectively. The fluorescence signals were acquired using cooled charge-coupled device (CCD) camera (CoolSNAP HQ2). The effective pixel size on the sample is 65 nm. The exposure time of each frame was 45 ms, and 100 frames were captured for each channel. During our experiment, no fiducial bead is needed for drift correction. After data acquisition, we implemented sub-pixel drift correction by employing the image registration algorithm based on nonlinear optimization and discrete Fourier transform23,28. During the experiments shown in Figs. 3, 4 and 5, the time-lapse images from the three channels were collected by sequentially switching three sets of dichroic filters due to the lack of three CCDs for simultaneous collection. 100 frames were captured for the green, red and magenta channel, respectively.

JT-SOFI requires the separated spectral detection of each channel. It can be done simultaneously with the employment of multiple CCD cameras and corresponding dichroic filters. It can also be done by splitting the detector into several regions, with each region corresponds to one spectral channel, at a sacrifice of the field of view41, as demonstrated in the live cell experiment in this paper. It can also be done sequentially by switching the dichroic filters, and then detect the images, as demonstrated in the fixed cell experiment in this paper. An m-fold data acquisition time is needed in this case, comparing with the simultaneous detection.

In SOFI, the spatio-temporal cross-cumulant between neighboring pixels are calculated. By calculating the cross-cumulants, an approximation of the underlying Point Spread Function (PSF) can be well estimated. This enables the straightforward processing of SOFI images, eliminating shot-noise and camera read-out noise. Furthermore, by using maximum likelihood estimation (MLE) following with deconvolution, the resolution can be linearly improved over cumulant order42. Additionally, by estimating the blinking statistics of the fluorophores using balanced SOFI (bSOFI)43, the nonlinear response to brightness and blinking heterogeneities can be effectively eliminated. This significantly enhances the visual perception of high-order SOFI images. In this work, SOFI processing is performed with the open-source software bSOFI43.

However, although such mathematical efforts have been exerted, when high-order SOFI algorithm is applied to biological applications with ultra-high labeling densities directly, mathematical artifacts always degrade the image quality of the obtained super-resolution images. Therefore, we propose a method to overcome the problem by multicolor joint tagging. By introducing this method, for one spectral channel, we indirectly reduce the labeling density for high-order SOFI algorithm to be fully performed with minimized induced artifacts and discontinuities. After the combination of the multi-channel results, we are able to produce super-resolution images with well-preserved integrity and continuities in the ultra-high labeling density regime.

We use local optimum thresholding for image binarization of the microtubules46. A local version of Otsu’s global threshold clustering was implemented. The algorithm searches for the threshold that minimizes the intra-class variance, defined as a weighted sum of variances of the two classes. The local set is a circular ROI and the central pixel is tested against the Otsu threshold found for that region. After that, a plugin of Fiji called Skeletonize3D was used to extract the skeleton of the microtubules47,48. Skeletonization is a morphological image processing method which can provide a simple and compact representation of a structure preserving many of the topological and geometrical characteristics of the original structure49. The analyses of the numbers and lengths of the microtubules28,29. Skeletonization is a morphological image processing method which can provide a simple and compact representation of a structure preserving many of the topological and geometrical characteristics of the original structure. The analyses of the numbers and lengths of the microtubules are calculated as the length of an isolated skeleton. The code of the custom-written Matlab program is listed in the Supplementary Information.

Immunostaining of microtubules in COS7 cells. COS7 cells were seeded on glass cover slides for overnight growth. Before staining, cells were washed with 1× PBS buffer, and extracted for 1 min with 0.5% Triton X-100 in a pH 7 buffer consisting of 0.1 M PIPES, 1 mM ethylene glycol tetracetic acid, and 1 mM magnesium chloride. Then cells were fixed in 4% paraformaldehyde (Electron Microscopy Sciences) and 0.1% glutaraldehyde (Electron Microscopy Sciences) in PBS for 10 min. Reduction was followed with 1 mg/ml NaBH4 for 5 min and then wash with PBS. The cells were blocked and permeabilized with 5% bovine serum albumin (Jackson Immunoresearch Laboratories) and 0.5% v/v Triton X-100 in PBS for 30 min. After blocking and permeabilization, anti-alpha tubulin primary antibody with biotin (ab74696, Abcam) was diluted to 10 pg/ml in blocking buffer and added to cells for 40 min. After washing with PBS, cells were stained for 60 min with 3 color QDs streptavidin conjugates (Invitrogen) with emission peak at 525, 625, 705 nm, and each color QDs were diluted to 15 nM in blocking buffer. Then cells were washed with PBS for 3 times, 5 minutes each. Finally a post-fixation was carried out in a mixture of 4% formaldehyde and 0.1% glutaraldehyde in PBS for 10 min. Then cells was washed and mounted with 50% glycerin50.

1. Leung, B. O. & Chou, K. C. Review of super-resolution fluorescence microscopy for biology. Appl. Spectrosc. 65, 967–980 (2011).
2. Bentolila, L. A., Ebenstein, Y. & Weiss, S. Quantum dots for in vivo small-animal imaging. J. Nucl. Med. 50, 493–496 (2009).
3. Pathak, S., Cao, E., Davidson, M. C., Jin, S. & Silva, G. A. Quantum dot applications to neuroscience: new tools for probing neurons and glia. The J. Neurosci. 26, 1893–1895 (2006).

4. Smith, A. M., Gao, X. & Nié, S. Quantum Dot Nanocrystals for In Vivo Molecular and Cellular Imaging. Photochem. Photobiol. 80, 377–385 (2004).

5. Xu, Z. & Cotlet, M. Photoluminescence blinking dynamics of Colloidal Quantum Dots in the Presence of Controlled External Electron Traps. Small 8, 253–258 (2012).

6. Gómez, D. E., van Embden, J., Jasieniak, J., Smith, T. A. & Mulvany, P. Blinking and surface chemistry of single CdSe nanocrystals. Small 2, 204–208 (2006).

7. Frantsuzov, P., Kunio, M., Janko, B. & Marcus, R. A. Universal emission intermittency in quantum dots, nanorods and nanowires. Nat. Phys. 4, 519–522 (2008).

8. Hell, S. W. in Single Molecule Spectroscopy in Chemistry, Physics and Biology 365–398 (Springer, Heidelberg, 2010).

9. Hell, S. W. & Wichmann, J. Breaking the diffraction resolution limit by stimulated emission: stimulated-emission-depletion fluorescence microscopy. Opt. Lett. 19, 780–782 (1994).

10. Liu, Y. et al. Achieving ×10 Resolution CW STED Nanoscopy with a Ti: Sapphire Oscillator. PLoS One 7, e40003 (2012).

11. Yang, X. et al. Sub-diffraction imaging of nitrogen-vacancy centers in diamond by stimulated emission depletion and structured illumination. R. Soc. Chem. Adv. 4, 11305–11310 (2014).

12. Gustafsson, M. G. Nonlinear structured-illumination microscopy: wide-field fluorescence imaging with theoretically unlimited resolution. Proc. Natl. Acad. Sci. 102, 15081–15086 (2005).

13. Hess, S. T., Giritiran, T. P. & Mason, M. D. Ultra-high resolution imaging by fluorescence photoactivating localization microscopy. Biophys. J. 91, 4258–4272 (2006).

14. Rust, M. J., Bates, M. & Zhuang, X. Sub-diffraction-limit imaging by stochastic optical reconstruction microscopy (STORM). Nat. Methods 3, 793–796 (2006).

15. Dertinger, T., Colyer, R., Iyer, G., Weiss, S. & Enderlein, J. Fast, background-free, 3D super-resolution optical fluctuation imaging (SOFI). Proc. Natl. Acad. Sci. 106, 22287–22292 (2009).

16. Dertinger, T. et al. in Nano-Biotechnology for Biomedical and Diagnostic Research 17–21 (Springer, Dordrecht, 2012).

17. Geissbuehler, S., Dellagiacoma, C. & Lasser, T. Comparison between SOFI and STORM. Biomed. Opt. Express 2, 408–420 (2011).

18. Sengupta, P. & Lippincott-Schwartz, J. Quantitative analysis of photoactivated localization microscopy (PALM) datasets using pair-correlation analysis. Bioessays 34, 396–405 (2012).

19. Mukanel, E. A. & Schnitzer, M. J. Unified resolution bounds for conventional and stochastic localization fluorescence microscopy. Phys. Rev. Lett. 109, 168102 (2012).

20. Dedecker, P., Duwe, S., Neely, R. K. & Zhang, J. Localizer: fast, accurate, open-source, and modular software package for superresolution microscopy. J. Biomed. Opt. 17, 126008–126008 (2012).

21. Ji, N., Shroff, H., Zhong, H. & Betzig, E. Advances in the speed and resolution of light microscopy. Curr. Opin. Neurobiol. 18, 605–616 (2008).

22. Lemmer, P. et al. SPDM: light microscopy with single-molecule resolution at the nanoscale. Appl. Phys. B 93, 1–12 (2008).

23. Cremers, C. et al. Superresolution imaging of biological nanostructures by spectral precision distance microscopy. Biotechnol. J. 6, 1037–1051 (2011).

24. Lemmer, P. et al. Using conventional fluorescence markers for far-field fluorescence localization nanoscopy allows resolution in the 10-nm range. J. Microsc. 235, 163–171 (2009).

25. Dukler, P. J. et al. Multi-Color Quantum Dot Tracking Using a High-Speed Hyperspectral Line-Scanning Microscope. PLoS One 8, e64320 (2013).

26. van Dijk, T., Mayerich, D., Bhargava, R. & Carney, P. S. Rapid spectral-domain localization. Opt. Express 21, 12822–12830 (2013).

27. Han, M., Gao, X. & Nie, S. Quantum dot-tagged microbeads for multiplexed optical coding of biomolecules. Nat. Biotechnol. 19, 631–635 (2001).

28. Arganda-Carreras, I., Fernández-González, R., Muñoz-Barrutia, A. & Ortiz-De-Solorzano, C. 3D reconstruction of histological sections: Application to mammmary gland tissue. Microsc. Res. Tech. 73, 1019–1029 (2010).

29. Lee, T.-C., Kashyap, R. L. & Chu, C.-N. Building skeleton models via 3-D medial surface axis thinning algorithms. Graph. Model. Imag. Proc. 56, 462–478 (1994).

30. Moeyaert, B. et al. Green-to-Red Photoconvertible Drona Mutant for Multimodal Super-resolution Fluorescence Microscopy. ACS nano 8, 1664–1673 (2014).

31. Dertinger, T. et al. Advances in superresolution optical fluctuation imaging (SOFI). Q. Rev. Biophys. 46, 210–221 (2013).

32. Haft, N. et al. Fluorescence nanoscopy by polarization modulation and polarization angle narrowing. Nat. Methods 11, 579–584 (2014).

33. Liu, Y. et al. Tunable lifetime multiplexing using luminescent nanocrystals. Nat. Photonics 8, 32–36 (2014).

34. Watanabe, T. M., Fujiki, S., Jin, T., Fujii, F. & Yanagida, T. Real-time nanoscopy by using blinking enhanced quantum dots. Biophys. J. 99, L50–L52 (2010).

35. Betzig, E. et al. Imaging Intracellular Fluorescent Proteins at Nanometer Resolution. Science 313, 1642–1645 (2006).

36. Zhu, L., Zhang, W., Elñatan, D. & Huang, B. Faster STORM using compressed sensing. Nat. Methods 9, 721–723 (2012).

37. Dertinger, T., Colyer, R., Vogel, R., Enderlein, J. & Weiss, S. Achieving increased resolution and more pixels with Superresolution Optical Fluctuation Imaging (SOFI). Opt. Express 18, 18873–18885 (2010).