Skeletal Muscle Protein Tyrosine Phosphatase 1B Regulates Insulin Sensitivity in African Americans

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Protein tyrosine phosphatase 1B (PTP1B) is postulated to modulate insulin action by dephosphorylating the insulin receptor signaling proteins and attenuating insulin signaling. We sought to determine the relationship of skeletal muscle PTP1B to whole-body insulin sensitivity. We studied 17 African Americans with type 2 diabetes mellitus (T2DM) and 16 without diabetes. PTP1B gene expression and protein abundance were determined in the biopsied skeletal muscles at the baseline of a hyperinsulinemic-euglycemic clamp. PTP1B gene expression was significantly higher in subjects with T2DM versus control ($P < 0.0001$) and remained significantly different after adjusting for age and insulin sensitivity ($P = 0.05$). PTP1B gene expression was positively related to protein abundance ($r_s = 0.39; P = 0.03$; adjusted for age and insulin sensitivity) and negatively related to insulin sensitivity ($r_s = -0.52; P = 0.04$; adjusted for age). Overexpression and interference RNA of PTP1B were performed in primary human skeletal muscle culture. PTP1B overexpression resulted in reduction of Akt phosphorylation in the control subjects. Moreover, interference RNA transfection downregulated PTP1B expression and enhanced Akt phosphorylation in subjects with T2DM. These data show that skeletal muscle PTP1B gene expression is increased in African American subjects with T2DM, is negatively associated with whole-body insulin sensitivity, and contributes to modulation of insulin signaling.

Insulin resistance in skeletal muscle is a key pathophysiologic feature of obesity and type 2 diabetes (1–3). In insulin signaling, tyrosine phosphorylation of the receptor is the key component in regulating the propagation of the insulin signal throughout the cell and activation of other biological processes (4). As such, insulin receptor signaling is a balance between phosphorylation of tyrosine residues by protein tyrosine kinases and dephosphorylation of tyrosine residues by protein tyrosine phosphatases (PTPases). PTPases within the cell are postulated to oppose the effects of the protein tyrosine kinases, and insulin sensitivity is observed clinically if the process is normally regulated. However, an excess of PTPase activities (i.e., hyperactivation of PTPase system) may alter the balance between the two enzymes, resulting in a relative reduction in tyrosine phosphorylation and attenuating insulin signaling on a cellular level. Thus, hyperactivation of PTPases is postulated to contribute to the development of insulin resistance on a whole-body level (5–7).

Protein tyrosine phosphatase 1B (PTP1B) is a specific nonreceptor-type PTPase that has unique structural features, which promotes its interaction with the insulin receptor and insulin receptor substrates (8–11). PTP1B has been shown to dephosphorylate these proteins, thus serving as a negative regulator of insulin receptor signaling. Several studies have postulated that elevation of PTP1B might be an etiologic factor in the tissue insulin resistance that occurs in human obesity and type 2 diabetes. Increased activities and abundance of PTPase and PTP1B were observed in adipose tissue and skeletal muscle of obese and insulin-resistant (i.e., no diabetes) humans (5,12,13), and rodents and humans with diabetes (6,7,14,15). However, conflicting data have been presented in humans with type 2 diabetes, thus suggesting PTPase and PTP1B activities and abundance may be decreased in skeletal muscle and adipose tissue (12,16,17). In addition, some studies have found that variants in the PTP1B gene have been linked to type 2 diabetes and other metabolic traits related to the metabolic syndrome, whereas other studies have found weak or no associations (18–24).

African Americans are an underrepresented population in most studies. However, observations suggest that they have an increased risk of developing insulin resistance and type 2 diabetes when compared with Caucasians (25). In addition, after developing type 2 diabetes, they are also more likely to develop complications from the disease and experience greater disability from the complications than Caucasians. Given the observation that there is a paucity of data regarding specific cellular mechanisms for this diabetes-susceptible group, insight into the etiology of disease presentation would be specifically relevant and would provide novel information. Thus, we sought to evaluate whether skeletal muscle PTP1B gene expression and protein abundance were altered in an African American population with type 2 diabetes when compared with non-diabetic control subjects. In addition, we evaluated and assessed the relationship of PTP1B gene expression and relative protein abundance in skeletal muscle to whole-body insulin sensitivity and other metabolic traits related to the metabolic syndrome. We hypothesized that PTP1B gene expression and protein abundance would be increased in African American subjects with type 2 diabetes and related to insulin sensitivity.

RESEARCH DESIGN AND METHODS

Subjects. The study cohort consisted of 33 African Americans, 17 with type 2 diabetes and 16 without diabetes. The subjects evaluated were a subset from a larger cohort that evaluated both African Americans and Caucasians (26). To specifically focus on the more underrepresented and diabetes-susceptible population, we evaluated the 33 African Americans who had skeletal muscle biopsies in addition to having complete comprehensive phenotyping analyses (i.e., body composition and hyperinsulinemic-euglycemic clamp studies).

As previously described, if the subject had a history of type 2 diabetes, he/she was required to be on dietary therapy only (i.e., drug naive), with a fasting plasma glucose between 125 (6.9 mmol/L) and 175 mg/dL (9.7 mmol/L). Diabetes status was confirmed by an oral glucose tolerance test. Exclusions were: 1) medications known to affect glucose metabolism, including hormone replacement therapy; 2) untreated thyroid or chronic liver, renal, or cardiovascular
TABLE 1
Characteristics of the study subjects

| Variables | No diabetes | Type 2 diabetes | P value* |
|-----------|-------------|-----------------|---------|
|          | Men (n = 7) | Women (n = 9)    |         |
| BMI status (<25/≥25) | <3 years | 4/3 4/5 0/4 0/13 | <0.0001 |
| Age (years) | 30 ± 3 | 36 ± 3 | 58 ± 2 | 55 ± 2 | <0.0001 |
| Body weight (kg) | 86.2 ± 10.1 | 79.5 ± 6.4 | 100.1 ± 8.2 | 88.6 ± 3.7 | 0.18 |
| BMI (kg/m²) | 27.3 ± 3.9 | 29.9 ± 2.5 | 31.1 ± 2.5 | 33.0 ± 1.4 | 0.13 |
| Body fat (%) | 18.7 ± 5.3 | 33.7 ± 2.7 | 24.0 ± 2.9 | 41.1 ± 1.0 | 0.01 |
| Fat mass (kg) | 19.4 ± 7.7 | 28.6 ± 4.0 | 25.1 ± 5.1 | 37.0 ± 2.1 | 0.04 |
| Lean mass (kg) | 68.4 ± 3.5 | 52.8 ± 2.7 | 76.9 ± 3.4 | 52.5 ± 1.8 | 0.74 |
| HbA1c (%) | 6.5 ± 0.2 | 6.4 ± 0.2 | 6.4 ± 0.2 | 6.4 ± 0.2 | — |

Fasting laboratory values

| Glucose (mg/dL) | 98.1 ± 3.1 | 93.5 ± 2.9 | 133.3 ± 10.2 | 118.9 ± 5.9 | <0.0001 |
| Insulin (µU/mL) | 7.4 ± 2.1 | 9.9 ± 1.1 | 11.9 ± 2.2 | 15.6 ± 1.6 | 0.002 |
| Free fatty acid (mmol/L) | 0.53 ± 0.09 | 0.56 ± 0.06 | 0.64 ± 0.09 | 0.58 ± 0.03 | 0.42 |
| Triglycerides (mg/dL) | 80.1 ± 16.1 | 71.0 ± 10.1 | 164.8 ± 33.1 | 134.4 ± 22.0 | 0.003 |
| Cholesterol (mg/dL) | 166.7 ± 14.9 | 195.0 ± 11.2 | 187.5 ± 21.0 | 210.0 ± 11.7 | 0.10 |
| LDL (mg/dL) | 96.9 ± 10.5 | 117.6 ± 9.9 | 110.0 ± 6.3 | 118.0 ± 7.2 | 0.42 |
| HDL (mg/dL) | 53.8 ± 4.8 | 63.2 ± 4.6 | 44.5 ± 2.2 | 65.1 ± 5.4 | 0.84 |
| Fasting RQ | 0.84 ± 0.02 | 0.84 ± 0.01 | 0.81 ± 0.00 | 0.83 ± 0.01 | 0.19 |
| Insulin sensitivity (mg · kg FFM⁻¹ · min⁻¹) | 11.1 ± 1.1 | 12.9 ± 1.3 | 4.8 ± 1.4 | 6.2 ± 0.4 | <0.0001 |

Data are reported as unadjusted values and mean ± SEM. Multiplicors for conversion to International System of Units: glucose, 0.05551 (mmol/L); insulin, 7.175 (pmol/L); triglycerides, 0.01129 (mmol/L); and cholesterol, LDL, and HDL 0.02586 (mmol/L). HDL, high-density lipoprotein; LDL, low-density lipoprotein; RQ, respiratory quotient. *No diabetes (men and women combined) versus type 2 diabetes (men and women combined). P values in boldface are statistically significant (<0.05).
and Student two-sample t test were employed for counts and continuous data, respectively, to compare the subjects with no diabetes and type 2 diabetes. Spearman rank correlation coefficients were used to measure monotonic association between variable pairs because it is robust to the influence of outlying observations. Spearman partial correlation coefficients were used to evaluate the statistical associations between PTP1B gene expression and protein abundance and metabolic assessments while adjusting (controlling) for concomitant variations such as those attributable to age and insulin sensitivity. Spearman gene expression and protein abundance differences between the groups were evaluated by ANOVA and adjusted for age and insulin sensitivity. Statistical significance was declared for statistical tests resulting in $P \leq 0.05$. All statistical analyses were performed using the software package SAS Version 9.1 (SAS Institute, Cary, NC).

RESULTS

The characteristics of the study cohort are listed in Table 1. Subjects with type 2 diabetes were older and had a higher fat distribution than the control subjects ($P \leq 0.05$). Also, the subjects with type 2 diabetes had higher fasting glucose, insulin, and triglyceride concentrations when compared with the control subjects ($P \leq 0.05$). The observations from the clamps demonstrated that the control subjects had significantly higher insulin sensitivity than the subjects with type 2 diabetes.

PTP1B gene expression. PTP1B gene expression in skeletal muscle was determined, and individual values of PTP1B mRNA for the 33 study participants are shown in Fig. 1A. The subjects with type 2 diabetes had a significantly higher average PTP1B gene expression level than the control subjects (unadjusted values; Fig. 1B). PTP1B gene expression remained higher in people with type 2 diabetes than control subjects even after adjusting for age and insulin sensitivity (control, $1.0 \pm 2.6$ versus type 2 diabetes, $10.6 \pm 2.5$; $P = 0.05$).

PTP1B gene expression in skeletal muscle for the entire cohort was positively and significantly ($P \leq 0.05$) related to protein abundance, age, fasting glucose, and insulin concentrations and negatively correlated to insulin sensitivity. After adjustments, PTP1B gene expression remained positively related to protein abundance ($r = 0.39; P = 0.03$; adjusted for age and insulin sensitivity; unadjusted, Fig. 2A) and negatively related to insulin sensitivity ($r = -0.52; P = 0.002$; adjusted for age; unadjusted, Fig. 2B).

PTP1B protein abundance. PTP1B protein abundance in skeletal muscle was determined, and individual values of PTP1B protein abundance for the 33 study participants are shown in Fig. 3A. On average, the subjects with type 2 diabetes had a higher PTP1B protein abundance in skeletal muscle than the control subjects ($1.0 \pm 0.1$ versus $1.4 \pm 0.2$; fold changes of control; $P = 0.04$). However, the difference between the groups was not observed after adjusting for age and insulin sensitivity ($1.0 \pm 0.2$ versus $1.1 \pm 0.2$; $P = 0.68$). Fig. 3B demonstrates a representative gel for skeletal muscle protein abundance for PTP1B as assessed in six subjects representing health status (three without and three with type 2 diabetes) and different phenotype as assessed by BMI (lean and obese) without (basal) and with insulin.

FIG. 1. All study participants ($n = 33$) and their individual PTP1B gene expression values (A) (expressed in arbitrary units). Average PTP1B gene expression in both groups (mean $\pm$ SEM) (B). *No diabetes (control; $n = 16$) versus type 2 diabetes ($n = 17$); $P < 0.0001$ (unadjusted).
stimulation. As demonstrated, skeletal muscle PTP1B content was greater in obese subjects with type 2 diabetes than in lean nondiabetic individuals.

PTP1B protein abundance in skeletal muscle for the entire cohort was positively and significantly (P # 0.05) related to PTP1B gene expression, age, and fasting glucose concentrations (Fig. 2C). After adjusting for age and insulin insensitivity, PTP1B protein abundance remained positively correlated to PTP1B gene expression (r_s = 0.39; P = 0.03).

To confirm the role PTP1B plays in insulin signaling, we used PTP1B overexpression vector transfection in HSMC from a lean and healthy (i.e., no diabetes) subject. The results showed that PTP1B abundance was greatly increased and the insulin-stimulated Akt phosphorylation was reduced when compared with the empty vector transfected and control cell (Fig. 4A). Additionally, in the primary HSMC from an obese subject with type 2 diabetes, suppression of PTP1B expression by using a PTP1B siRNA vector transfection resulted in significantly reduced PTP1B protein abundance. In addition, insulin-stimulated Akt phosphorylation was increased in comparison with nontransfected muscle cells (Fig. 4B).

**DISCUSSION**

To our knowledge, this is the first study to evaluate skeletal muscle PTP1B gene expression and abundance in an African American population. Our data showed African American subjects with type 2 diabetes had a statistically significant increase in skeletal muscle PTP1B gene expression when compared with African American subjects without type 2 diabetes. In addition, increased PTP1B gene expression was significantly related to decreased insulin sensitivity (i.e., insulin resistance) and an increase in PTP1B protein abundance. These results were supported by preclinical and clinical data. Ahmad and colleagues (14) found an increase in skeletal muscle PTP1B protein abundance and expression of mRNA in diabetes-induced rats. Likewise, other studies with diabetes-induced rats observed an increase in PTP1B protein content and activity in skeletal muscle (6,7). In subjects with type 2 diabetes, Cheung et al. (15) reported higher adipose tissue PTP1B protein abundance when compared with lean nondiabetic subjects. Also, obese and insulin-resistant (i.e., no diabetes) subjects had increases in PTPase and PTP1B activities and protein abundance in skeletal muscle and adipose tissue (5,12,13).

Based on our data and previous data, PTP1B in skeletal muscle and adipose tissue reflect in vivo insulin sensitivity and is increased in insulin-resistant states. Unlike the previous studies, we accessed PTP1B gene expression and protein abundance in the skeletal muscle of humans because skeletal muscle accounts for >75% of insulin-dependent glucose uptake (33). An interesting comparison and a future direction would be to compare PTP1B gene and protein abundance in both skeletal muscle and adipose tissue from the same subjects.

In contrast to our study, previous studies (12,16,17) have suggested that the activity and protein abundance of PTPase and PTP1B are reduced in skeletal muscle of subjects with type 2 diabetes. There are many possible reasons for discrepancies in the data. The major differences may be the
subject characteristics of the cohort evaluated. Specifically, subjects in the current study were much earlier in the course of their disease process [i.e., duration of the disease on average was \(<3\) years versus \(5\) years reported in the study by Worm et al. (17)]. In the current study, diabetic subjects were naïve to any antidiabetic medication, whereas medication use was reported in the other studies (12,16,17). The mean BMI differed in the current study participants (32.5 kg/m\(^2\)) when compared with the mean value reported by Ahmad et al. (12) (51.5 kg/m\(^2\)). In regards to glycemia, the current study had a lower HbA\(_{1c}\) (6.4%) than Worm et al. (17) (7.7%). Also, the current study had a lower fasting glucose (122.3 mg/dL) compared with the other studies [141 (17), 146 (12), and 236 (16) mg/dL]. Thus, given the natural history of type 2 diabetes and the fact that different comorbidities exist depending on the stage of type 2 diabetes, the difference in values reported for PTP1B may be a reflection of the underlying comorbidities as observed in the cohort characteristics at the stage of the disease. Thus, our study clearly differed from the other reported studies (12,16,17) in regards to medication use, level of glycemia, BMI, duration of disease, and the fact that we evaluated the PTPase system with not only protein levels, but also specific gene expression for skeletal muscle PTP1B, which was not observed in the other studies (12,16,17).

Our data clearly demonstrate a significant positive relationship between PTP1B gene expression and protein abundance in the entire cohort. However, the relationship to insulin sensitivity appeared different for gene expression and protein abundance. Also, after adjusting for age and insulin sensitivity, gene expression remained significantly different between the nondiabetic and diabetic subjects, whereas the protein abundance difference disappeared between the groups. Given that it is the protein, not the mRNA, which exerts the biological activity, our observations showing no differences between groups for skeletal muscle PTP1B protein abundance would suggest a negative study in this regard. There are many possible reasons proposed to explain these differences between gene expression and protein abundance. It is possible that mRNA expression does not always reflect changes in protein levels. Tian et al. (34) observed differential up or down expression of mRNA only reflected \(~40\%\) of the variation of protein level. They concluded that the differences between mRNA and proteins could be attributable to the underlying biological mechanisms. Clearly, the specific mechanisms underlying this observation are not precisely known, but could involve many complicated and varied posttranscriptional mechanisms involved in turning mRNA into proteins that are not sufficiently well defined to be able to compute protein concentrations from mRNA. Other reasons may involve different in vivo half-lives for the proteins of interest as the result of varied protein synthesis and degradation. In this regard, Di Paolo et al. (35) identified a 3’ untranslated region of the

FIG. 3. All study participants \((n = 33)\) and their individual PTP1B protein abundance values \((A)\) (expressed in arbitrary units). Protein abundance in lean (no diabetes; \(n = 3\)) and obese (type 2 diabetes; \(n = 3\)) subjects \((B)\).
PTP1B gene expression and insulin sensitivity

PTP1B gene expression at the transcriptional level. For example, elevated free fatty acids and inflammatory markers are considered as part of the dysregulated metabolic state of obesity and insulin resistance. The addition of a specific free fatty acid (i.e., palmitate) along with inflammatory markers (i.e., macrophages, tumor necrosis factor-α, and IL-6) to cell cultures enhanced PTP1B gene expression in skeletal muscle cells and impaired insulin signaling (45,46). In addition, when the proinflammatory cytokine (i.e., tumor necrosis factor-α) was administered to high fat–fed mice, PTP1B mRNA was increased in the adipose tissue, liver, skeletal muscle, and hypothalamic arcuate (47). However, when the PTP1B gene was disrupted, insulin sensitivity increased, blood glucose and insulin concentrations decreased, and phosphorylation of skeletal muscle proteins in the insulin-signaling pathway increased (43). Additional studies are needed to determine the mechanisms for PTP1B gene expression in the skeletal muscle.

Even though this study is the first to provide findings regarding PTP1B gene expression and its relationship to insulin sensitivity in an African American population, we realize type 2 diabetes is a growing health problem that is not only restricted to the African American community. We studied African Americans, but the results could possibly be applicable to Caucasians and other underrepresented minority populations that have type 2 diabetes and similar BMI as the African Americans. Future research would need to be conducted. Also, we recognize that our study has several limitations. First, our study reported on the major cytosolic PTPase (i.e., PTP1B), and other PTPases (i.e., leukocyte common antigen-related PTPase, PTPα) were not evaluated. Secondly, based on a preclinical study (47), it would have been of interest to measure inflammatory markers to determine if circulating levels were related to gene or protein expression. These limitations provide guidance and direction for future studies.

In conclusion, this study reported that PTP1B gene expression in skeletal muscle is higher in African Americans with type 2 diabetes and negatively related to insulin sensitivity. In addition, with PTP1B transfection studies, we conclusively demonstrated that PTP1B modulates insulin signaling in primary HSMC from this well-characterized minority population. This study was specifically designed to observe the expression of PTP1B in an underrepresented population and the unknown questions about the differences in gene expression of PTPases between races and the mechanism by which a negative regulator of cellular insulin receptor signaling induces this clinical effect is the subject of ongoing investigation.

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A.J.S. analyzed data and wrote manuscript. Z.Q.W., X.H.Z., and Y.Y. performed experiments and reviewed and edited the manuscript. W.D.J. analyzed data and reviewed and edited the manuscript. W.T.C. directed the study and reviewed and edited the manuscript. W.T.C. is the guarantor of this work and, as such, had full access to all of the data in the study and are responsible for the integrity of the data and the accuracy of the data analysis.
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