Frequency metrology of helium around 1083 nm and determination of the nuclear charge radius

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We measure the absolute frequency of seven out of the nine allowed transitions between the $^2S$ and $^2P$ hyperfine manifolds in a metastable $^3$He beam by using an optical frequency comb synthesizer-assisted spectrometer. The relative uncertainty of our measurements ranges from $1 \times 10^{-11}$ to $5 \times 10^{-12}$, which is, to our knowledge, the most precise result for any optical $^3$He transition to date. The resulting $^3P-^2S$ centroid frequency is 276,702,827,204.8 (2.4) kHz. Comparing this value with the known result for the $^4$He centroid and performing $\textit{ab initio}$ QED calculations of the $^4$He-$^3$He isotope shift, we extract the difference of the squared nuclear charge radii $\delta r^2$ of $^3$He and $^4$He. Our result for $\delta r^2 = 1.074(3)$ fm$^2$ disagrees by about $4\sigma$ with the recent determination [R. van Rooij et al., Science 333, 196 (2011)].

Spectacular progress of experimental techniques, achieved in the last decades, has made precision spectroscopy of light atoms a unique tool for the determination of fundamental constants and properties of atomic nuclei. The underlying theory, quantum electrodynamics (QED), allows one to calculate atomic properties $\textit{ab initio}$ and keep control of the magnitude of uncalculated effects. Possible discrepancies between theory and experiment may signal a lack of our knowledge of details of the interactions between electrons, nuclei, and other particles. An important recent example is the discrepancy of the proton charge radius derived from the spectroscopy of the electronic and muonic hydrogen $^1$. This discrepancy is still unresolved and might lead to important consequences, such as a change of the accepted value for the Rydberg constant (which was, up to now, considered to be one of the best known fundamental constants) or discovery of unknown effects in the electromagnetic lepton-nucleus interaction.

Another important disagreement reported recently concerns the charge radii of helium isotopes. Specifically, the difference of the squares of the charge radii of the $^3$He and $^4$He nuclei determined from the $^2S$-$^2S$ transition $^2$ was reported to differ by about 4 standard deviations ($\sigma$) from that derived using the $^2P$-$^2S$ transition $^3$. In this Letter, we aim to resolve this discrepancy by performing an independent, high-precision measurement of the $^4$He-$^3$He isotope shift, on the one hand, and by advancing the theory of the helium isotope shift, on the other hand.

In the experimental part, we measure the absolute frequency of seven out of the nine allowed transitions between the $^2S$ and $^2P$ hyperfine manifolds of $^3$He with a precision ranging from $1 \times 10^{-11}$ to $5 \times 10^{-12}$. To the best of our knowledge, these are currently the most accurate measurements for any optical $^3$He transition. In the theoretical part, we perform a rigorous QED calculation of the isotope shift of the centroid of the $^3P-^2S$ transition, identifying several corrections omitted in the previous studies and carefully examining the uncertainty due to uncalculated effects. Combining the experimental and theoretical results, we obtain the difference of the squares of the charge radii of the $^3$He and $^4$He nuclei. The improved theory is also applied for reexamination of the previous experimental result $^2$.

The structure of the $^2S$ and $^2P$ levels in $^3$He and $^4$He is shown in Fig. 1. In the following, we will use the shorthand notation $P_{J,P,F_P}^F$ to denote the $^2S_{1/2,F_S}\rightarrow^2P_{J,P,F_P}$ hyperfine transition in $^3$He and $P_{J,P}$ to denote the $^2S_{1/2}\rightarrow^2P_{J,P}$ transition in $^4$He. We now address the measurement procedure applied to the seven transitions between the $^2S$ and $^2P$ hyperfine manifolds of $^3$He. The remaining two allowed transitions, $P_{1/2}^{3/2}$ and $P_{1/2}^{5/2}$, have a very weak intensity due to the hyperfine suppression $^4$, which prohibits their measurement with our spectroscopic setup.

Multiresonant precision spectroscopy was performed by using the optical frequency comb synthesizer (OFCS)-assisted laser system at 1083 nm described in Ref. $^6$. In each run, quasisimultaneous saturation spectra of two out of these seven hyperfine transitions were recorded in an absolute frequency scale, and the frequency center was measured by a fitting procedure $^6$. In this way, absolute frequencies of each transition and their differences are measured minimizing possible time-dependent systematic errors. This procedure is repeated for about 200 runs for each transition. During these runs, different transitions were coupled to each other, and for each couple the multiresonant probe laser system was interchanged, in order to randomize, as much as possible, the measurement procedure. The final results, together with
the error budget, are summarized in Table I.

Particular attention was paid to single out and quantify possible systematic errors. As in our previous $^4$He measurements, the main systematic correction was due to recoil-induced mechanical shift (RS) [1]. As in that case, we calculate its contribution for each transition by solving the atomic Bloch equations, including ac Stark shift [light shift LS], and taking into account the atom dynamics during interaction with the laser, in the present experimental conditions. Second-order Doppler (2DS) correction due to the longitudinal velocity distribution of the atoms in the $^3$He metastable beam was also included in this calculation. Since RS is like an accumulated recoil during laser-atom interaction time, it is strongly dependent on the metastable atomic flux in our experimental setup, and hence on the dc discharge conditions used to metastabilize the $^3$He atomic beam. We have noticed that such conditions changed during a day of measurements, due to progressive saturation of the filtering system for contaminant gases, used in the $^3$He gas recycling line inserted in the atomic beam. In fact, we monitored this change by measuring the atomic longitudinal velocity distribution behavior during a day. From this data, an averaged longitudinal velocity distribution for each day is determined, which enters as a parameter in the RS+LS+2DS calculation. All measurements for each transition are corrected by the corresponding day shift. The final frequency is calculated as a statistical average of all corrected measurements performed for each transition. Such a procedure is shown in Fig. 2 for the $P_{2/3,2}$/2 transition, where about 180 measurements without (squares) and with (circles) RS+LS+2DS day-shift corrections are reported. As a result, a Gaussian distribution of the corrected measurements is shown in the fill-bar graph of Fig. 2, witnessing that our data have “white” statistical fluctuations.

Systematics uncertainties due to first-order Doppler shift (1DS), OFCS accuracy, and Zeeman shift, have been added in quadrature to the statistical one, as shown in Table II. 1DS was avoided due to the saturation spectroscopy configuration [7], but with an error of 0.8 kHz, due to the achievable angular accuracy between the forward and the backward interacting laser beams. The Rb-GPS disciplined quartz oscillator, used in our OFCS, guarantees a relative accuracy of $10^{-12}$, considered in the error budget. Finally, a residual magnetic field in the atom-laser interaction region lower than 0.03 $\mu$T, gives a Zeeman shift uncertainty for each transition (Table II, third column), without shifting the transition barycenter. The total accuracy of our measurements, summarized in Table II, ranges from $1 \times 10^{-11}$ to $5 \times 10^{-12}$, which is currently the best reported result for any optical transition in $^4$He.

An independent check for the accuracy of our measurements is made by extracting the known value of the hyperfine splitting (HFS) of the metastable $^3S$ state from the transitions in Table II. The two differences $P_{0,1/2}^{1/2}$ $- P_{0,1/2}^{3/2}$ and $P_{1,1/2}^{1/2}$ $P_{1,1/2}^{3/2}$ yield the values of 6739 701.5 (3.0) and 6739 701.3 (3.1) kHz, respectively, which are consistent with each other and in perfect agreement with the more accurate result of 6739 701.177 (16) kHz [10].

Comparison of our measurements with the previous experimental results is given in Table II. The centroid values of the $^3P$ and $^3S$ energies are defined as an average over all fine and hyperfine sublevels,

$$E(2^3L) = \frac{\sum_{J,F}(2F+1) E(2^3L_{J,F})}{(2I+1)(2S+1)(2L+1)},$$

where $2^3L = 2^3S$ and $2^3P$ for $L= 0$ and 1, respectively.

### Table I: Absolute frequency measurements of $P_{F_{2/3,2}}^{FS}$ $^3$He hyperfine transitions: statistical results and systematic error budget, in kHz. Uncertainties are given in parentheses.

| Transition | Statistical value | Zeeman shift | Final result |
|------------|------------------|--------------|--------------|
| $P_{1/2,2}$ | 276 698 164 610.4(1.8) (0.233) | 276 698 164 610.4(2.0) |
| $P_{3/2,2}$ | 276 698 161 099.1(3.1) (0.148) | 276 698 161 099.1(3.2) |
| $P_{1/2,3}$ | 276 698 832 617.9(2.5) (0.303) | 276 698 832 617.9(2.5) |
| $P_{3/2,3}$ | 276 700 392 099.8(0.9) (0.369) | 276 700 392 099.8(1.3) |
| $P_{1/2,4}$ | 276 704 904 311.7(2.3) (0.233) | 276 704 904 311.7(2.4) |
| $P_{3/2,4}$ | 276 726 257 468.9(1.1) (0.932) | 276 726 257 468.9(1.7) |
| $P_{1/2,5}$ | 276 732 997 170.4(2.3) (0.466) | 276 732 997 170.4(2.5) |

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$a$: Each measurement was corrected by the day-by-day RS+LS+2DS shifts (see text for details).

$b$: Because of residual magnetic fields (< 0.03 $\mu$T).

$c$: The OFCS error of $10^{-12}$ x statistical value (kHz) and the 1DS error of 0.8 kHz were added in quadrature in the final uncertainty.
FIG. 2. (color online) Day-by-day correction of the RS+LS+2DS shift for the measurements of the 23/2 hyperfine transition. Left graph: the squares (black) are the measured data, and the circles (red) are the corrected data. A different mean frequency was subtracted to bring data in the same frequency vertical scale for a clear comparison. Right graph: bar graph distribution of the measured (dashed black bars) and corrected (fill red bars) frequencies.

TABLE II. Comparison with prior measurements, in kHz.

| 4He 23P−23S centroid | 276 702 827 204.8 (2.4) | 276 702 827 145 (77) |
| 4He 23P−23S centroid | 276 736 495 649.5 (2.1) | 7 |
| 4He P2−3He P3/20.1/2 | 810 594.3 (3.3) | 810 599 (3) |
| 4He P3/20.1/2−4He P1 | 1 480 582.1 (3.2) | 1 480 573 (30) |

a Evaluated by combining the 4He P1 frequency [11], the 4He–3He P2P3/20.1/2 interval [3], the 3He 23S HFS [10], and the 23P P HFS [13].
b Evaluated by combining the P0.1/2 interval from Table II the P0 frequency [7], and the 23P0.1/2P2 interval [13].

To the best of our knowledge, there are no published measurements of 23P−23S HFS frequencies. Therefore, we obtain the “previous experimental value” of the 3He 23P−23S centroid frequency as a combination of several experiments and the calculated HFS intervals (see footnote in Table III). The previous result is in agreement with our measurement but 33 times less accurate. The 4He 23P−23S centroid was measured by us previously [4], in agreement with the independent determination by Shiner et al. [11]. In order to check the consistency of our present measurements on 3He with our previous measurements for 4He [7], in Table III a comparison of the frequency differences of the 3He P3/20.1/2 and the 4He P1 and P2 intervals with independent measurements is reported.

The difference of our results for the 23P−23S centroid energy in 3He and 4He yields the experimental value of the isotope shift (IS). Combined with theoretical calculations, the experimental IS can be used [12] to determine the difference of the squared nuclear charge radii, δr2 ≡ r2(3He) − r2(4He).

Numerical results of our calculation of the IS of the 23P−23S and 21S−23S transitions for the 21S nuclear isotope are presented in Table III. As compared to the previous evaluations [12, 13], the higher-order recoil [mα2(mr/M)3] and nuclear polarizability corrections were accounted for and the higher-order QED effects [mα5(mr/M)] were estimated more carefully. The calculation extends our previous works [14, 15]; its details will be reported elsewhere. The total uncertainty comes from the uncalculated higher-order QED effects. Note that it is much larger than the one reported previously in Ref. [15].

Our definition of the IS differs from that used previously [2, 3] by the fact that we average out not only the hyperfine but also the fine-structure splitting. The advantage of using the centroid energy is that theory becomes much more transparent and can be directly compared to the experiment.

The difference of the theoretical point-nucleus results in Table III and the experimental IS comes from the finite nuclear size (FNS) effect, which can be parametrized as

\[ δE_{\text{FNS}} = \frac{2π}{3} Zα m^2 r^2 (δ^{(3)}(r_1) + δ^{(3)}(r_2)) \times \left[ 1 - (Zα)^2 \ln(Zα r) + (Zα)^2 f_{\text{rel}} \right], \]

where \( f_{\text{rel}} \) is the relativistic correction beyond the leading logarithm. The FNS contribution can be represented

| Contribution | 23P−23S | 21S−23S |
|--------------|---------|---------|
| m0 α2        | 12 412 458.1 | 8 632 567.86 |
| m0 α2(mr/M)  | 21 243 041.3  | −6 808 175.58 |
| m0 α2(mr/M)2 | 13 874.6      | 7 319.80   |
| m0 α2(mr/M)3 | 4.6           | −0.30      |
| m0 α4        | 17 872.8      | 8 954.22   |
| m0 α4(mr/M)  | −20 082.4     | −6 458.23  |
| m0 α4(mr/M)2 | −3.0          | −1.84      |
| m0 α6(mr/M)  | −60.7         | −56.61     |
| m0 α6(m/M)   | −15.5 (3.9)   | −2.75 (69) |
| Nuclear polarizability | −1.1 (1) | −0.20 (2) |
| HFS mixing   | 54.6          | −80.69     |
| Total       | 33 667 143.2 (3.9) | 8 034 065.69 (69) |
| Other theory [15, 16] | 33 667 146.2 (7) | 8 034 067.8 (1.1) |

**TABLE III.** 4He–3He isotope shift of the centroid energies, in kHz. \( m_r \) is the reduced mass and \( M \) is the nuclear mass.

\[ m_0 \quad a \]

\[ m_0 \quad b \]

\[ m_0 \quad c \]
as $\delta E_{\text{FNS}} = C r^2$, where the coefficient $C$, according to the above equation, depends very weakly on $r$. Our calculated values for the coefficient $C$ are

$$C(2^3P - 2^3S) = -1212.2 \text{ (1) kHz/fm}^2,$$

$$C(2^1S - 2^1S) = -214.69 \text{ (1) kHz/fm}^2,$$

which can be compared with the previous results $C(2^3P - 2^3S) = -1209.8$ fm$^2$ and $C(2^1S - 2^1S) = -214.40$ fm$^2$.

At present, there are three independent measurements of the $^3\text{He} - ^3\text{He} \text{IS}$ that can be used to infer $\delta r^2$ with a comparable accuracy, our experiment and those of Refs. [2, 3]. Our theory, summarized in Table III, allows us to extract the charge radius difference $\delta r^2$ consistently from the present experiment and that of Ref. [2]. The results are

$$\delta r^2(\text{this work}) = 1.074 \text{ (3) fm}^2,$$

$$\delta r^2(\text{[2]}, \text{reevaluated}) = 1.028 \text{ (11) fm}^2.$$

The $\delta r^2$ value of Eq. (3) is by about 1σ larger than that given in Ref. [2], 1.019 (11) fm$^2$, because of the change in the theoretical IS value. Using Eq. (3) and the nuclear charge radius of $^4\text{He}$ [21], we obtain the root-mean-square radius of the $^3\text{He}$ isotope to be 1.975 (4) fm.

The results of Eqs. (5) and (6) can be also compared with the determination by Shiner et al.,

$$\delta r^2(\text{[2]}) = 1.059 \text{ (3) fm}^2.$$

which used the older isotope shift theory. We do not reevaluate this result here, since it would require improvement in theoretical predictions for HFS intervals.

We observe, as shown in Fig. 3, that the above results for the radius difference $\delta r^2$ are inconsistent with each other. In particular, a 4σ discrepancy is present between our value and that of Ref. [2], for which we do not have a satisfactory explanation at present. Note that both experiments use the same OFCS assisted laser technology, that most of the theoretical contributions are checked by independent calculations, and that the determination of the charge radius difference is now performed consistently within the same theory. The observed discrepancy may be in principle explained by some hidden systematics in experiments or by yet unknown effects in the electron-nucleus interaction.

The possibility that some additional effects beyond the standard QED exist has been discussed in the literature ever since the muonic hydrogen experiment [1] raised what is now known as the proton charge radius puzzle. One of the ways for solving this puzzle is to investigate similar systems, aiming to confirm or to disprove the disagreement observed for hydrogen. In the present Letter, we report a 4σ discrepancy for the nuclear charge radius difference of $^3\text{He}$ and $^4\text{He}$.

Precision spectroscopic determination of the nuclear charge radii of the helium isotopes becomes today of particular importance, as the next goal of the muonic hydrogen group from the Paul Scherrer Institute is the measurement of the Lamb shift in muonic helium [24]. This experiment will provide an independent determination of the charge radii of helium isotopes and will allow one to compare the results obtained by the spectroscopy of the electronic and muonic atoms, thus hopefully shedding light on the proton charge radius problem and on the discrepancy for the helium charge radius difference.

**FIG. 3.** (color online) Different determinations of the difference of the squared nuclear charge radii for $^3\text{He}$ and $^4\text{He}$. **From nuclear theory [20, 21]**

**From 2P-2S IS [this work]**

**From 2S-2S IS [2], reevaluated as Eq. (6)**

**From electron-scattering [22, 23]**

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