Catalysis by Dark States in Vibropolaritonic Chemistry

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Collective strong coupling between a disordered ensemble of $N$ localized molecular vibrations and a resonant optical cavity mode gives rise to 2 polariton and $N-1 \gg 2$ dark modes. Thus, experimental changes in thermally-activated reaction kinetics due to polariton formation appear entropically unlikely and remain a puzzle. Here we show that the overlooked dark modes, while parked at the same energy as bare molecular vibrations, are robustly delocalized across $\sim 2-3$ molecules, yielding enhanced channels of vibrational cooling, concomitantly catalyzing a chemical reaction. As an illustration, we theoretically show a $\approx 50\%$ increase in an electron transfer rate due to enhanced product stabilization. The reported effects can arise when the homogeneous linewidths of the dark modes are smaller than their energy spacings.

The past decade has seen much interest in the control of chemical phenomena via the strong coupling of matter to confined electromagnetic modes [1–18]. An exciting prospect in this direction is vibropolaritonic chemistry, that is, the use of collective vibrational strong coupling (VSC) [19–21] to modify thermally-activated chemical reactivity without external pumping (e.g., laser excitation) [22]. While collective VSC involves a large number of molecules per photon mode, it has been observed to substantially alter the kinetics of organic substitution [23, 24], cycloadDITION [25], hydrolysis [26], enzyme catalysis [27, 28], and crystallization [29], among other electronic ground-state chemical processes.

However, such modified reactivity under VSC is still not well understood. Studies [30–33] show that the observed kinetics cannot be explained with transition state theory (TST) [34], the most commonly used framework to predict and interpret reaction rates. Breakdowns of TST, including recrossing the activation barrier [35], deviation from thermal equilibrium [32, 36], and quantum/nonequilibrium phenomena [32, 36–39], have also been considered. The aforementioned works regard all $N$ vibrations coupled to the cavity mode to be identical. Under this assumption, VSC forms two polaritons and $N-1$ optically dark vibrational modes, where the latter remain unchanged from the cavity-free system. It follows that VSC-induced changes to thermally-activated reactivity must arise from the polaritons. In fact, one study from our group highlighted the molecular parameter space where polaritons dominate the kinetics [37] with respect to dark modes; however, this hypothesis has been questioned as entropically unlikely [40].

Disorder, despite its ubiquity in molecular systems, has often been ignored when modeling molecules under strong light-matter coupling. Only recently has it been shown that the strong coupling of disordered chromophores to an optical cavity mode can produce dark states which are delocalized on multiple molecules [41, 42] (hereafter, referred as semilocalized). This semilocaliza-

FIG. 1. Schematic of the model setup. Inside an optical cavity, a cavity mode collectively interacts with an energetically disordered ensemble of molecular vibrations, each belonging to a separate molecule. When a molecule reacts, its cavity-coupled vibrational mode concomitantly experiences a displacement in equilibrium geometry. Depicted here are molecules that undergo intramolecular electron transfer, the reaction studied in this work.
Using $H$, we investigate the physicochemical properties of a disordered molecular system under VSC. Unless otherwise noted, calculations assume that the cavity is resonant with the average vibration, $\omega_c = \overline{\omega}_v$, and couples to the vibrations with collective strength $g\sqrt{N} = 8\sigma_v$ (for all $N$). Numerical values reported below are obtained by averaging over 5000 disorder realizations, i.e., sets $\{\omega_i\}_{i=1}^N$. In plots versus the $H$ eigenfrequencies, each data point is an average over the $H$ eigenmodes—from all disorder realizations—whose frequency lies in the bin $[\Delta\omega(l - \frac{1}{2}), \Delta\omega(l + \frac{1}{2})]$ for $\Delta\omega = 10^{-1}\sigma_v$, and $l \in \mathbb{Z}$.

We first study the eigenmodes of $H$. Formally, mode $q = 1, \ldots, N + 1$ is represented by operator $a_q = \sum_{i=1}^N c_{qi} a_i$ and has frequency $\omega_q$. Figs. 2(a) and 2(b) show the probability distribution and photon fraction ($|c_{qi}|^2$), respectively, of the eigenmodes with respect to eigenfrequency. The majority of modes form a broad distribution in frequency around $\overline{\omega}_v$ and are optically dark. A minority of modes are polaritons, which have frequency $\omega_q \pm 8\sigma_v$, photon fraction $\approx 0.5$, and a lineshape minimally affected by inhomogeneous broadening [45]. As $N$ rises, the eigenmodes become increasingly composed of dark modes, whose probability distribution approaches that of the bare vibrational modes [Fig. 2(a), gray dashed line].

Next, we examine the delocalization of the dark modes. For the purpose of studying chemical reactions, it is useful to compute the molecular participation ratio (PR) [42, 46]. This measure, defined as

$$\text{molecular PR} = 1 / \sum_{i=1}^N \left| \sum_{i=1}^N c_{qi} \right|$$

and analogous to the usual PR [47], estimates the number of molecules over which eigenmode $q$ is delocalized. According to Fig. 3(a), the average dark mode has molecular PR $\sim 2-3$, and this semilocalization persists as $N$ increases. These phenomena were first noted independently by Scholes [42] and Schachenmayer and co-workers [41]. For additional insight, we plot the squared overlap $|c_{qi}|^2$ (log$_{10}$ scale) and frequency difference $|\omega_{qi}|$ between each eigenmode $q$ and each bare vibrational mode $i$. Each group of modes is ordered from low to high frequency, i.e., dark (polariton) modes have index $q = 2, \ldots, N$ ($q = 1, N + 1$). The quantities in (b)-(c) are plotted for various $N$.

We now explore how VSC influences the kinetics of a thermally-activated chemical reaction. Consider a reactive molecule under collective VSC (Fig. 1). The molecule undergoes nonadiabatic intramolecular electron transfer, and a cavity mode interacts collectively with a reactive vibrational mode and $N - 1$ nonreactive vibrational modes. The model here considered is general enough that it should also be applicable to the case of “solvent-assisted VSC” [48–51].

To model the reaction of one molecule in the ensemble, we employ the Hamiltonian $H_{\text{rxn}} = H + \sum_{X=\text{R},P} \langle X | (\{E_X + \hbar\omega_r, [\Delta_X (a_r + a_r^\dagger) + \lambda^2_r] + V + H_s^{(l)} \} | X \rangle$. Note that vibrational and cavity modes are still described by $H$. In writing $H_{\text{rxn}}$, we have changed the numerical index of the bare vibrational mode ($i = 1$) involved in the reaction to the letter $r$ (i.e., $\omega_1 \rightarrow \omega_r, a_1 \rightarrow a_r$); hereafter, we refer to this mode as $\nu_r$. The electronic subspace
consists of reactant \( |R\) and product \( |P\) states. Electronic state \( |X\) has energy \( E_X\) and couples to \( v_r\) with dimensionless strength \( \lambda_X\). As a result of the vibronic coupling, \( v_r\) experiences a displacement in its equilibrium position upon electron transfer. The interaction between \( |R\) and \( |P\) is represented by \( V_{RP} = J_{RP}(|P\rangle\langle R| + \text{h.c.})\), where \( J_{RP}\) is the interaction strength. Through \( H^{(0)}_{\text{rxn}}\) [52], Hamiltonian \( H_{\text{rxn}}\) also accounts for low-frequency vibrational modes of the solvent that help mediate electron transfer. There is no direct coupling, though, of the cavity mode to the \( |R| \equiv |P\) electronic transitions, which we assume are dipole-forbidden.

Since we are considering a nonadiabatic reaction, we treat \( V\) perturbatively and calculate rates of reactive transitions between the zeroth-order electronic-vibrational-cavity eigenstates of \( H_{\text{rxn}}\). These states take the form \( |X, \chi\rangle = |X\rangle \otimes |\chi(X)\rangle\). Belonging to the subspace of vibrational and cavity modes, \( |\chi(X)\rangle = (\prod_{q=1}^{N+1} D_q(\lambda_{Xq})\rangle |\chi\rangle\) is a displaced Fock state with \( m_q\) excitations in \( H\) eigenmode \( q\). The undisplaced Fock state \( |\chi\rangle\) is an eigenstate of \( H\), and \( D_q(\lambda) = \exp(\lambda \alpha_q^+ - \lambda^* \alpha_q)\) is a displacement operator. Mode \( q\) has equilibrium (dimensionless) position \( \lambda_{Xq} = \lambda_X \epsilon_{q}\omega_{q}/\omega_{q}\) when the system is in electronic state \( |X\rangle\). Returning to the electronic-vibrational-cavity state \( |X, \chi\rangle\), we can write its energy as \( E_{X, \chi} = E_X + \sum_{q=1}^{N+1} m_q \omega_q + \Delta_X\), where \( \Delta_X = \lambda_X^2 \omega_X - \hbar \sum_{q=1}^{N+1} |\lambda_{Xq}|^2 \omega_q\) is the difference in reorganization energy—namely, that due to vibronic coupling between \( v_r\) and \( |X\rangle\)—with and without VSC.

Following extensions [36–38] of Marcus-Levich-Jortner theory [53–55] to electron transfer under VSC, the rate of the reactive transition from \( |R, \chi\rangle\) to \( |P, \chi'\rangle\) can be expressed as

\[
k_{(R, \chi) \rightarrow (P, \chi')} = A F_{X', \chi'} \exp\left(-\beta E_{X', \chi'}\right), \tag{2}
\]

where \( A = \sqrt{\pi} \beta / \lambda_s |J_{RP}|^2 / \hbar\), \( \lambda_s\) is the reorganization energy associated with low-frequency solvent modes [52], and \( \beta\) is the inverse temperature. For this transition, the activation energy is \( E_{X', \chi'} = (E_{P, \chi'} - E_{R, \chi}) + \lambda_s^2 / (4 \lambda_s)\). Through the Franck-Condon (FC) factor \( F_{X', \chi'} = |\langle \chi(R)| \chi(P)\rangle|^2\), the transition rate depends on the overlap between initial and final vibrational-cavity states \( |\chi(R)\rangle\) and \( |\chi(P)\rangle\), respectively. It can be shown that the rate \( k_{(R, \chi) \rightarrow (P, \chi')}\) corresponding to the backward transition, \( |P, \chi'\rangle \rightarrow |R, \chi\rangle\), is related to Eq. (2) by detailed balance [56].

We specifically study a reaction where, in the absence of light-matter coupling, reactive transitions occur on the same timescale as internal thermalization (i.e., thermalization of states having the same electronic component). In such cases, internal thermal equilibrium is not maintained throughout the reaction, and the reaction rate (i.e., net rate of reactant depletion) may not be approximated by a thermal average of reactant-to-product transition rates. Instead, the reaction rate can also depend on, e.g., backward reactive transitions (from product to reactant) or vibrational relaxation.

With this in mind, we numerically simulate the bare \( (g = 0)\) and VSC reactions using a kinetic model [36, 52], which includes forward and backward reactive transitions [Eq. (2)], vibrational and cavity decay, and energy exchange among dark and polariton states [57–59]. The third set of processes results from vibrational dephasing interactions (i.e., homogeneous broadening) of the molecular system [52, 57]. The reaction parameters [52]—in particular \( \sigma_v = 2000 \text{ cm}^{-1}\), \( \sigma_i = 10 \text{ cm}^{-1}\), \( N \leq 32\), \( g v / N = 8 \sigma_v\) (for all \( N\)), \( E_P - E_R = -0.05 \sigma_v\), and the chosen temperature values—are such that the population dynamics proceeds almost completely through states \( |X, \chi\rangle\) with zero or one excitation in the vibrational-cavity modes. To reduce computational cost, the kinetic model includes only these states, which are denoted by \( \chi = 0\) and \( \chi = 1\), respectively, where \( q\) is an eigenmode of the vibrational-cavity subspace. The kinetic master equation [52] is numerically solved with the initial population being a thermal distribution of reactant states \( |R, \chi\rangle\). Then, the apparent reaction rate is obtained by fitting the reactant population as a function of time [52]. Note that, for large enough \( N\) (we estimate \( N > 72\) for the chosen parameters), the energy spacing between dark modes becomes smaller than their decay linewidths; under this condition, our kinetic model is not valid [52]. Interestingly, such invalidation suggests that, within our model, VSC-modified chemistry might not occur in the weak light-matter coupling regime, where the polaritons and dark modes cannot be spectrally resolved.

Even though we run the full numerical simulations as explained above, we now introduce approximate models that shed conceptual intuition on the calculated kinetics. First, the bare reaction can be essentially captured by Fig. 4(a), described as follows. Starting from its vibrational ground state, the reactant converts to product mainly by a \( 0 \rightarrow 1\) vibronic transition, which excites the reactive mode and has rate \( k_f \equiv k_{(R, 0) \rightarrow (P, 1)}\), where

\[
k_f = A F_{0, 1\nu} \exp(-\beta E_a), \tag{3}
\]

\( E_a \equiv E_{0, 1\nu}^a\). The vibrationally hot product either reverts to the reactant at rate \( k_b \equiv k_{(P, 1\nu) \rightarrow (R, 0)} \gg k_f\), where

\[
k_b = k_f \exp(\beta (E_P + h \omega_r - E_R)), \tag{4}
\]

or decays to its vibrational ground state at rate \( \gamma \approx k_b\). Once the product reaches its vibrational ground state, it effectively stops reacting due to the high reverse activation energy. This kinetic scheme leads to a bare reaction rate [52]

\[
k_{\text{bare}}(\text{analytical}) = k_f \left(\frac{\gamma}{\gamma + k_b}\right). \tag{5}
\]

Second, under VSC, the primary reaction pathway of the bare case is split into multiple pathways, each involving the (de)excitation of a dark or polariton eigenmode
q. For the VSC reaction channels, the forward and backward rates take the form
\[
\begin{align*}
k_{f}^{(q)} &= AF_{0,1_{q}} \exp \left( -\beta E_{a}^{(q)} \right), \\
k_{b}^{(q)} &= k_{f}^{(q)} \exp \{ \beta [E_{\rho} + h\omega_{q} + \Delta P - (E_{R} + \Delta_{R})] \},
\end{align*}
\]
respectively, where \( k_{f}^{(q)} \equiv k_{(R,0) \rightarrow (P,1_{q})} \), \( k_{b}^{(q)} \equiv k_{(P,1_{q}) \rightarrow (R,0)} \), and \( E_{a}^{(q)} \equiv E_{0,1_{q}}^{(q)} \). Now, consider the following argument, which holds strictly for large \( N \). As \( N \) increases, the average bare mode becomes localized on dark modes that have essentially the same frequency as it [Figs. 3(b)-3(c)], and its overlap with the polaron modes vanishes [i.e., \( c_{qr} \propto \frac{1}{\sqrt{N}} \to 0 \) for \( q = 1, N + 1 \); see Fig. 3(b)]. These observations suggest that \( c_{qr} \neq 0 \) only for modes \( q \) that are dark and have frequency \( \omega_{r} \approx \omega_{r} \). It is then straightforward to show that \( E_{a}^{(q)} \bigg|_{c_{qr} \neq 0} \approx E_{a} \), \( F_{0,1_{q}} \approx \left| c_{qr} \right|^{2} F_{0,1_{r}} \), and
\[
k_{f/b}^{(q)} \approx \left| c_{qr} \right|^{2} k_{f/b}.
\]
Thus, VSC leads to reaction channels that have lower rates of reactive transitions, due to changes not in activation energies but in FC factors, which are smaller as a result of the semilocalization of dark modes. From Eq. (8), it is evident that the total forward rate is approximately that of the bare reaction \( \sum_{q=1}^{N+1} k_{f}^{(q)} \approx k_{f} \), since \( \sum_{q=1}^{N+1} \left| c_{qr} \right|^{2} = 1 \). However, once a forward reactive transition happens—and a dark mode is excited—the product either returns to the reactant at a reduced rate \( k_{b}^{(q)} < k_{b} \) or, due to the almost fully vibrational nature of the dark modes, vibrationally decays to its stable form \( \langle |P, 0 \rangle \rangle \) at essentially the same bare rate \( \gamma \). In other words, VSC suppresses reverse reactive transitions by promoting the cooling of the reactive mode upon product formation. In analogy to Eq. (5), we determine an effective rate for the VSC reaction [52]:
\[
k_{VSC}^{(\text{analytical})} = k_{f} \left( \frac{\gamma}{\gamma + \left| c_{qr} \right|^{2} k_{b}} \right)_{\text{dark modes}}.
\]
where \( \langle | \rangle_{\text{dark modes}} \) is a weighted average over all dark modes \( q \), each with weight \( \left| c_{qr} \right|^{2} \). Since \( \left| c_{qr} \right|^{2} < 1 \) for all \( q \), then \( k_{VSC}^{(\text{analytical})} > k_{\text{bare}}^{(\text{analytical})} \). We emphasize that the major contributions to the average in Eq. (9) come from dark modes which are closest in frequency to the bare reactive mode (see above). Further enhancement of the VSC reaction, beyond that given by \( k_{VSC}^{(\text{analytical})} \), occurs via dissipative scattering from these dark modes to those with \( c_{qr} \approx 0 \). Said differently, the product is protected from reversion to reactant when dark modes with relatively more reactive character lose their energy to those with relatively less. Importantly, this scattering requires dark modes to be delocalized. The VSC reaction kinetics, as described above, is summarized in Fig. 4(b).

**FIG. 4.** (a) Schematic of the bare reaction kinetics. Parabolas represent potential energy surfaces with respect to the effective low-frequency coordinate \( x_{r} \). After the main reactive transition \( |R, 0 \rangle \rightarrow |P, 1_{r} \rangle \) with rate \( k_{f} \) (the transition \( |R, 0 \rangle \rightarrow |P, 0 \rangle \) is not shown), the product either reverts to the reactant \( |P, 1_{r} \rangle \rightarrow |R, 0 \rangle \) at rate \( k_{b} \) or vibrationally decays to its stable form \( |P, 1_{r} \rangle \rightarrow |P, 0 \rangle \) at rate \( \gamma \approx k_{b} \). (b) Schematic of the reaction kinetics under VSC. The half-yellow half-gray parabolas qualitatively represent potential energy surfaces of product states with one excitation in a dark mode \( |P, 1_{q} \rangle \). The reaction proceeds via multiple reaction channels, each involving a reactive transition \( |R, 0 \rangle \rightarrow |P, 1_{q} \rangle \) with rate \( k_{VSC}^{(q)} < k_{f} \) to the product with one excitation in a dark mode. The total forward rate is approximately the bare rate \( k_{f} \). In contrast, the vibrationally hot product formed from each reaction channel either returns to the reactant \( |P, 1_{q} \rangle \rightarrow |R, 0 \rangle \) at rate \( k_{b}^{(q)} < k_{b} \) or cools \( |P, 1_{q} \rangle \rightarrow |P, 0 \rangle \) at the bare molecular rate \( \gamma \). There is also scattering (at effective rate \( \gamma \)) from dark modes with \( c_{qr} \neq 0 \) to those with \( c_{qr} \approx 0 \). Overall, VSC accelerates product thermalization, suppressing backward reactive transitions, and thus enhancing the net reaction rate. (c) \( k_{VSC}/k_{\text{bare}} \) as a function of \( N \) for fixed \( g_{V}/N \) and various cavity decay rates \( \kappa \). (d) Activation enthalpy \( \Delta H^{\ddagger} \) versus activation entropy \( \Delta S^{\ddagger} \) for reactions with \( N = 32 \) bare (gray circle), VSC (purple circle, \( \kappa = 1 \) ps\(^{-1}\)), and bare with vibrational decay rate \( \gamma \) made 100 times faster (purple diamond). The black dashed line is a fit to the points shown. In (c) and (d), the individual rates \( (k_{VSC}, k_{\text{bare}}) \) and thermodynamic parameters \( (\Delta H^{\ddagger}, \Delta S^{\ddagger}) \) are averages over 5000 disorder realizations.

Fig. 4(c) shows the ratio of VSC reaction rate to bare reaction rate, as determined from numerical kinetic simulations. As we have shown analytically, VSC significantly accelerates the reaction compared to the bare case. For \( 8 \leq N \leq 32 \) (and \( g_{V}/N \) held constant), the rate enhancement is roughly 50%. Notably, the effect of cavity decay on the reaction is minor and diminishes with \( N \) [Fig. 4(c)]. This behavior supports that the reaction proceeds mainly through the dark modes. The present scenario is quite generic and contrasts with our previous model where extreme geometric parameters are needed for polaritons to dominate the VSC kinetics [37].
We next look at the dependence on cavity detuning, \( \delta = \omega_c - \omega \), of the reaction rate and reactive-mode delocalization. The lattermost quantity is defined as \(1/\sum_{q=1}^{N} \left| c_{qr} \right|^4 \) (the PR of \( \omega_r \) when the mode is expressed in the eigenbasis of \( H \)). We find, for various light-matter coupling strengths, that the reactive-mode delocalization is maximum close to resonance and eventually decreases with detuning [Fig. 5(a)]. The rate enhancement due to VSC mostly follows the same trend [Fig. 5(b)]. Deviation from this trend at large negative detunings and collective light-matter couplings is attributed to polariton contributions to the rate which, as discussed in [37], decrease as \( N \) increases [52]. The observed correlation between reactivity under VSC and delocalization of the reactive mode corroborates that the reaction is sped up by dark-mode semilocalization. This mechanism is robust to moderate increases in inhomogeneous broadening [52].

For additional mechanistic insight into VSC catalysis and following the procedures in [23, 25, 48], we plot in Fig. 4(d) the activation enthalpy (\( \Delta H^\ddagger \)) versus activation entropy (\( \Delta S^\ddagger \)) for multiple cases of VSC and bare reactions. The thermodynamic parameters of activation are computed by calculating the apparent reaction rate for additional temperatures and fitting the obtained values to the Eyring-Polanyi equation [52]. This fit indicates that changes in effective parameters \( \Delta H^\ddagger \) and \( \Delta S^\ddagger \) can result from dynamical effects such as accelerated vibrational decay, rather than from potential energy changes.

In conclusion, we show that, by forming semilocalized dark modes, the VSC of a disordered molecular ensemble can modify the kinetics of a thermally-activated chemical reaction. For a reactive molecule under collective VSC, we find that the electron transfer rate is significantly increased. The spreading of reactive character across dark modes, as well as the dissipative scattering among these modes, allows the reactive mode to thermalize more efficiently once the product is formed, suppressing dynamical effects, such as reversion to reactant. Although experimental characterization of dark states remains a challenge, the phenomena proposed here might be verified using nonlinear infrared spectroscopy to measure populations [58, 60] and spatially resolved energy transport measurements to detect delocalization [41]. The main mechanisms operating in our model do not seem to be limited to nonadiabatic reactions and might have generalizations in adiabatic reactions; these will be explored in future work. Given that these mechanisms only rely on collective VSC, they should also be operative in the cavity-free polaritonic architectures [61], although experiments along this front have so far not been reported. More broadly, our work highlights that the previously overlooked dark states are the entropically likely channels through which collective light-matter interaction can control chemistry.

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**FIG. 5.** (a) \( k_{VSC}/k_{bare} \) and (b) \( \nu_r \) delocalization, as a function of cavity detuning \( \delta \), for various collective light-matter coupling strengths \( g\sqrt{N} \) and fixed \( N = 32 \). In (a), \( k_{VSC} \) and \( k_{bare} \) are averages over 5000 disorder realizations.
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Supplemental Material: Catalysis by Dark States in Vibropolaritonic Chemistry

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I. HAMILTONIAN $H_s^{(l)}$

The Hamiltonian $H_s^{(l)}$, which is the last term of Hamiltonian $H_{s\text{tot}}$ (defined in main text), describes the low-frequency vibrational modes of the solvent that help mediate electron transfer. We define the former Hamiltonian as

$$H_s^{(l)} = \hbar \sum_j \omega_j^{(l)} b_j^\dagger b_j + \hbar \sum_j \omega_j^{(l)} \sum_{X=R,P} |X\rangle\langle X| \left[ \lambda_j^{(l)} (b_j + b_j^\dagger) + (\lambda_j^{(l)})^2 \right],$$

where the $j$th low-frequency mode has frequency $\omega_j^{(l)}$ and couples to electronic state $|X\rangle$ with dimensionless strength $\lambda_j^{(l)}$. The contribution of the low-frequency modes to the reaction rate is characterized by reorganization energy $\lambda_s = \sum_j \left( \lambda_j^{(l)} - \lambda_j^{(R)} \right)^2 \hbar \omega_j^{(l)}$.

II. KINETIC MODEL

Here, we describe in detail the kinetic model used to simulate the reaction. As discussed in the main text, this model only considers states $|X,\chi\rangle$ whose vibrational-cavity component has zero ($\chi = 0$) or one ($\chi = 1_q$, where $q = 1, \ldots, N+1$) excitation. The population $p_{(X,\chi)}$ of state $|X,\chi\rangle$ evolves according to the master equation

$$\frac{dp_{(X,\chi)}}{dt} = -\sum_{(X',\chi')\neq (X,\chi)} k_{(X,\chi)\to(X',\chi')} p_{(X,\chi)} + \sum_{(X',\chi') \neq (X,\chi)} k_{(X,\chi')\to(X,\chi')} p_{(X',\chi')}.$$

State-to-state transitions ($|X,\chi\rangle \to |X',\chi'\rangle$) are either reactive ($X' \neq X$) or nonreactive ($X' = X$).

Rates ($k_{(X,\chi)\to(X',\chi')} \ $ for $X' \neq X$) of reactive transitions are given by Eq. (2) and depend on FC factor $F_{X,\chi}$, which is defined in the main text. We now evaluate $F_{X,\chi'}$ for various combinations of $\chi$ and $\chi'$. Recall the standard identity [S1]

$$\langle m'|D(\lambda)|m\rangle = \sqrt{\frac{m!}{(m')!}} e^{-|\lambda|^2/2} \lambda^{m'-m} L_m^{(\lambda^2)}(|\lambda|^2), \ \ m' \geq m,$$

where $D(\lambda) = \exp(\lambda a^\dagger - \lambda^* a)$ is the displacement operator corresponding to bosonic annihilation operator $a$, $|m\rangle$ is a number state of the mode represented by $a$, and $L_m^{(\lambda^2)}(x)$ is an associated Laguerre polynomial. Using Eq. (S2), we obtain

$$F_{X,\chi'} = \begin{cases} e^{-S}, & (\chi',\chi) = (0,0), \\ e^{-S}S_q, & (\chi',\chi) = (1_q,0), (0,1_q), \\ e^{-S}(1 - S_q)^2, & (\chi',\chi) = (1_q,1_q), \\ e^{-S}S_q, & (\chi',\chi) = (1_q',1_q), \ q' \neq q, \end{cases}$$

where $S = \sum_{q=1}^{N+1} S_q$ and $S_q = |\lambda^*_q - \lambda_{Rq}|^2$.

The nonreactive transitions in our model are of two types: (1) decay/gain of an excitation in vibrational-cavity mode $q$ and (2) energy exchange among dark and polariton states. An excitation in mode $q$ decays at rate

$$k_{(X,1_q)\to(X,0)} = |c_{q0}|^2 \kappa + \left( \sum_{i=1}^{N} |c_{qi}|^2 \right) \gamma,$$
where $\kappa$ is the decay (leakage) rate of the bare cavity and $\gamma$ is the decay rate of all bare vibrations. Detailed balance governs the rate of the reverse process: $k_{(X,0)\rightarrow(X,1_1)} = k_{(X,1_1)\rightarrow(X,0)} \exp(-\beta \hbar \omega_q)$. Relaxation among dark and polariton states is driven by vibrational dephasing interactions, i.e., anharmonic coupling between bare molecular vibrations and their local chemical environment [S2–S4]. Following theories [S2, S5, S6] of relaxation dynamics for molecules under VSC, the transition from a polariton or dark state to another has rate

$$k_{(X,1_q)\rightarrow(X,1_{q'})} = \left(\sum_{i=1}^{N} |c_{q'i}|^2 |c_{qi}|^2\right) \mathcal{R}(\omega_{q'} - \omega_q), \quad (S5)$$

where $q' \neq q$,

$$\mathcal{R}(\omega) = 2\pi \left[\Theta(-\omega) (n(-\omega) + 1) J(-\omega) + \Theta(\omega) n(\omega) J(\omega)\right], \quad (S6)$$

and $\Theta(\omega)$ is the Heaviside step function. The environmental modes are characterized by spectral density $J(\omega)$ and the Bose-Einstein distribution function, $n(\omega) = (\exp(\beta \hbar \omega) - 1)^{-1}$.

III. DEFAULT PARAMETERS FOR CALCULATIONS OF REACTION RATE

Unless otherwise stated, calculations of reaction rates are carried out using the parameters described in this section. For the bare molecular vibrations, we choose a mean frequency of $\bar{\nu_v} = 2000 \text{ cm}^{-1}$, which is representative of experimental studies on VSC [S3, S4, S7–S10]. Since these studies do not report values of inhomogeneous broadening, we simply take the vibrational frequencies to have a standard deviation of $\sigma_v = 10 \text{ cm}^{-1}$. This choice of $\sigma_v$ yields a spectral linewidth of $\approx 24 \text{ cm}^{-1}$, which is consistent with vibrational lineshapes measured in some of the cited works [S4, S8–S10]. For the cavity frequency and cavity-vibration interaction, we use $\omega_c = \bar{\nu}_v$ and $g\sqrt{N} = 8\sigma_v$ (for all $N$), respectively. Regarding the electronic degree of freedom and its coupling to other degrees of freedom, we select parameters employed in the reaction simulations of [S11]: $E_R = 0, E_P = -0.6\bar{\nu}_v$, $\lambda_R = 0, \lambda_P = 1.5, J_{RP} = 0.01\bar{\nu}_v$, $\lambda_s = 0.08\bar{\nu}_v$.

Next, we describe the parameters governing the relaxation of vibrational and cavity modes. The temperature $T$ is set to 298 K. We choose $\kappa = 1 \text{ ps}^{-1}$ as the bare cavity decay rate and $\gamma = 0.01 \text{ ps}^{-1}$ for the decay rate of all bare vibrational modes [S4]. To model the relaxation among dark and polariton states [Eq. (S5)], we use the super-Ohmic spectral density

$$J(\omega) = \eta \omega_0^{-1} \omega^2 \exp[-(\omega/\omega_{\text{cut}})^2], \quad (S7)$$

where $\eta = 1 \times 10^{-3}$ is the interaction strength between each bare vibrational mode and its local chemical environment, $\omega_{\text{cut}} = 50 \text{ cm}^{-1}$ is the cutoff frequency of the environmental modes, and $\omega_0 = \omega_{\text{cut}}$. The spectral density resembles those in models of condensed-phase systems in general [S12], while the cutoff frequency is similar to those in liquid-phase molecular systems [S13–S15].

Our choice of spectral density is motivated by a number of other factors. First, $J(\omega)$ of Eq. (S7) allows for relaxation from polaritons to dark states that occurs on a timescale of 20-25 ps for $g\sqrt{N} \approx 20 \text{ cm}^{-1}$. This value is estimated by calculating the corresponding rate constant [Eq. (S5)] as $\mathcal{R}(\mp 20 \text{ cm}^{-1})/2$ (Fig. S1), which applies when the initial state is the upper/lower polariton [S2]. Measurements of vibrational polaritons using ultrafast 2D IR spectroscopy have revealed that, by 25 ps (but not less than 5 ps) after polaritons are excited, the dark states significantly contribute to the transient absorption signal [S3, S16].

Second, we choose $J(\omega)$ such that the rate of relaxation between dark states decreases as the frequency between the states approaches zero [see Fig. S1, namely $\mathcal{R}(\mp \omega)$ as $\omega \to 0$]. We do this so that the associated decay linewidths of dark states do not exceed their energy spacing, maintaining the validity of the kinetic model in this work (§V). For the same reason, we set $N \leq 32$ throughout this work (§V).

![FIG. S1. $\mathcal{R}(\mp \omega)$ [Eq. (S6)] for $J(\omega)$ of Eq. (S7) and $T = 298$ K.](image-url)
IV. NEGLECT OF HIGHER EXCITATION MANIFOLDS IN THE KINETIC MODEL

Our kinetic model (§II) only includes states with 0 or 1 total excitations in the vibrational-cavity modes (i.e., dark and polariton modes). Below, we show that the truncation of higher excitation manifolds is valid for the default calculation parameters (§III). We also argue that this approximation holds for other parameter sets used in this work.

Since \( E_R \) is closer to \( E_P + \hbar \omega \) than it is to \( E_P \), the major reactive transitions are between reactant states (\(|R, \chi\rangle\)) with \( N_{\text{ex}} \) excitations in the vibrational-cavity modes (specifically modes that overlap most with the reactive mode) and product states (\(|P, \chi'\rangle\)) with \( N_{\text{ex}} + 1 \) such excitations. Given that the reaction is thermally activated, we assume that the system is initially in a thermal distribution of reactant states, whose populations are denoted as \( p^{(\text{th})}(R, \chi) \).

For \( N \leq 32, T = 298 \text{ K,} \) and either with or without VSC, virtually all population resides in \(|R, 0\rangle\) (Fig. S2), the reactant state with 0 vibrational-cavity excitations. Then the reaction kinetics should be governed purely by transitions from \(|R, 0\rangle\) to product states with 1 vibrational-cavity excitation [Fig. 4(a)], as well as the corresponding backward transitions.

To numerically verify this statement for the VSC and bare reactions, we calculate \( k_f^{(\text{th})} = \sum_{\chi, \chi'} p^{(\text{th})}(R, \chi) k^{(R, \chi) \rightarrow (P, \chi')} \), the rate of transition from a thermal distribution of reactant states to all product states, assuming states have at most \( N_{\text{ex}}^{(\text{max})} \) vibrational-cavity excitations. As \( N_{\text{ex}}^{(\text{max})} \) is increased from 1 to 3, \( k_f^{(\text{th})} \) does not change appreciably (Fig. S3). A similar outcome is reached for the backward reactive transitions. Define \( k_b^{(\chi)} = \sum_{\chi'} k^{(P, \chi') \rightarrow (R, \chi)} \) as the transition rate from \(|P, \chi\rangle\) to all reactant states.

We emphasize that the above results are obtained using the parameters of §III. The findings are expected to hold for the other parameter ranges explored in this work. We carry out calculations for \( T < 298 \text{ K,} \) for which the reaction should be less affected by the states with \( N_{\text{ex}} \geq 2 \) compared to the case of \( T = 298 \text{ K.} \) In addition, we vary light-matter coupling, cavity detuning, and inhomogeneous broadening. However, energies and thermal occupations should not change enough to warrant inclusion of the higher vibrational-cavity excitation manifolds.

**FIG. S2.** Population \( (p^{(\text{th})}(R, 0)) \) of \(|R, 0\rangle\) for a thermal distribution \((T = 298 \text{ K})\) of reactant eigenstates \(|R, \chi\rangle\), where the states span all excitation manifolds of the vibrational-cavity subspace. The populations, which are averages over 5000 disorder realizations, are shown for various \( N \) and regimes of light-matter coupling (VSC, bare). Other calculation parameters are given in §III.

**FIG. S3.** Rate \( (k_f^{(\text{th})}) \) of transition from a thermal distribution \((T = 298 \text{ K})\) of reactant states to all the product states as a function of \( N_{\text{ex}}^{(\text{max})} \) for VSC and bare reactions. Rates are shown for (a) \( N = 8 \), (b) \( N = 16 \), and (c) \( N = 32 \) and are calculated by averaging over 5000, 5000, and 256 disorder realizations, respectively. Other calculation parameters are given in §III.
V. VALIDITY OF THE KINETIC MODEL FOR LARGE $N$

In the main text, it is briefly discussed that our kinetic model (§II) is not valid when the number $N$ of molecules is sufficiently large. We now elaborate on this matter.

At the core of our kinetic model is master equation (S1), which is an example of the Pauli master equation (PME) [S17, S18]. The PME is a Markovian master equation that describes the exchange of population among the eigenstates of a quantum system, which interacts with an environment. Let $H_{\text{tot}}$ be the total Hamiltonian governing the system and environment. Make the partition $H_{\text{tot}} = H_{0,S} + (H_{\text{tot}} - H_{0,S})$, where $H_{0,S}$ is a zeroth-order system Hamiltonian and $H_{\text{tot}} - H_{0,S}$ acts perturbatively on the $H_{0,S}$ eigenstates $\{ |n\rangle \}$, which have frequencies $\{ \omega_n \}$. While $H_{0,S}$ is not necessarily the full Hamiltonian of the system in the absence of the bath, we assume that $H_{\text{tot}} - H_{0,S}$ gives rise to purely dissipative dynamics. Then the PME can be written as

$$\frac{d\rho_{nn}(t)}{dt} = \sum_m k_{nn,mm}(t) \rho_{mm}(t),$$  \hspace{1cm} (S8)

where $\rho$ is the reduced density matrix of the system, $\rho_{nn}$ ($\rho_{mm}$) is the population of $H_{0,S}$ eigenstate $|n\rangle$ ($|m\rangle$), and $k_{nn,mm}$ is the rate constant for population transfer from $|m\rangle$ to $|n\rangle$. Notice that the populations are not coupled to coherences, which are the off-diagonal elements $\rho_{lm}$, where $|l\rangle$ and $|m\rangle$ are different eigenstates of $H_{0,S}$. In general, such coupling exists and cannot be ignored.

To understand when this decoupling is acceptable, consider the Redfield equation (RE) [S18], a Markovian quantum master equation that is more general than the PME. For the proceeding analysis, it is convenient to first move to the interaction picture where the reduced density matrix evolves as

$$\rho^{(I)}_{lm}(t) = \langle l | e^{iH_{0,S}t} \rho(t) e^{-iH_{0,S}t} | m \rangle = e^{i\omega_{lm}t} \rho_{lm}(t),$$  \hspace{1cm} (S9)

where $\omega_{lm} = \omega_l - \omega_m$. With this transformation, the RE, for populations of $H_{0,S}$ eigenstates, can be written as

$$\frac{d\rho_{nn}(t)}{dt} = \sum_m k_{nn,mm}\rho_{mm}(t) + \sum_{l \neq m} k_{nn,lm} e^{-i\omega_{lm}t} \rho^{(I)}_{lm}(t),$$  \hspace{1cm} (S10)

where $l, m$ run over the eigenstates of $H_{0,S}$. In writing Eq. (S10), we have used $\rho^{(I)}_{nn}(t) = \rho_{nn}(t)$ [Eq. (S9)]. Compared to the PME [Eq. (S8)], the RE [Eq. (S10)] additionally includes coupling of populations to coherences through the

FIG. S4. Total rate of transition to the reactant states from product states with either 1 [(a)-(c), total rate $\sum_q k_{b(q=1)}$] or 0 [(d)-(f), total rate $k_{b(q=0)}$] vibrational-cavity excitations as a function of $N_{\text{ex}}^{(\text{max})}$ for VSC and bare reactions. Rates are shown for (a),(d) $N = 8$, (b),(e) $N = 16$, and (c),(f) $N = 32$ and are calculated by averaging over 5000, 5000, and 256 disorder realizations, respectively. Other calculation parameters are given in §III.
constants $k_{nn,lm}$. To see when we can ignore this coupling, formally integrate Eq. (S10):

$$\rho_{nn}(t) = \rho_{nn}(0) + \sum_{m} k_{nn,mm} \int_{0}^{t} dt' \rho_{mm}(t') + \sum_{l \neq m} k_{nn,lm} \int_{0}^{t} dt' e^{-i\omega_{lm}t'} \rho_{lm}^{(1)}(t').$$

(S11)

Focus on the second summation, which runs over the coherences. If $e^{-i\omega_{lm}t'}$ oscillates much faster than the (relaxation) timescale $\tau_{\text{rel,lm}}$ over which $\rho_{lm}^{(1)}(t')$ evolves, then the integral in term $lm$ approximately vanishes for $t = O(\tau_{\text{rel,lm}})$. Then a good approximation is to neglect all terms $lm$ that satisfy this condition, which can be concisely expressed as

$$\frac{\omega_{lm} \tau_{\text{rel,lm}}}{2\pi} \gg 1.$$

(S12)

This approximation, which falls under the secular approximation (also known as the rotating wave approximation) of the theory of open quantum systems [S17, S18], can be heuristically interpreted as follows: if the energy gap between two states is larger than their decay linewidths [Eq. (S12)], then the two states are “good eigenstates” of the (reduced) system, and population will remain in these states in the presence of decoherence processes. Applying the secular approximation to all coherence terms, i.e., dropping all terms in the second summation of Eq. (S10), converts the RE to the PME. In other words, the PME is valid when the secular approximation [Eq. (S12)] holds for all coherences. Thus, one should be careful when using the PME to model systems with (near) degeneracies.

In light of this, we reflect on the appropriateness of our kinetic model. Here, a system of $N$ molecules features a quasidegenerate manifold of $N - 1$ dark states, whose frequencies are approximately normally distributed with mean $\overline{\omega}$ and standard deviation $\sigma_v$ (see main text). In our kinetic simulations, we vary $N$ while fixing $\sigma_v$. As $N$ increases, the frequency spacing between dark states decreases. At the same time, the rates of relaxation processes—which include the electron transfer reaction, vibrational/cavity decay, and scattering among polariton and dark states—do not change as much. These relaxation rates determine the timescales over which coherences between dark states evolve [in the interaction picture of Eq. (S9)]. So, the secular approximation, and therefore our kinetic model, will be invalid for large enough $N$.

Given the default parameters used in our reaction-rate calculations (§III), let us estimate the values of $N$ for which the secular approximation holds. Motivated by the previous paragraph, we introduce a simplified version of the secular-approximation criterion [Eq. (S12)]:

$$\frac{\Delta \omega_{\text{dark}} \tau_{\text{rel,dark}}}{2\pi} \gg 1,$$

(S13)

where $\Delta \omega_{\text{dark}}$ is the characteristic frequency spacing between consecutive dark states, and $\tau_{\text{rel,dark}}$ is the characteristic timescale for the evolution of dark-state coherences [in the interaction picture of Eq. (S9)]. Since the vast majority of dark states have frequency within $2\sigma_v$ of the mean ($\overline{\omega}$), we take $\Delta \omega_{\text{dark}} = 4\sigma_v/(N - 1)$. Accounting for only the aforementioned relaxation processes (i.e., ignoring pure dephasing [S18]), we evaluate $\tau_{\text{rel,dark}}$ as the sum of characteristic rate constants for the population decay of a single dark state (the corresponding quantity for population gain is smaller; see main text):

$$\tau_{\text{rel,dark}}^{-1} = \frac{k_b}{2} + \gamma + k_{\text{scat,dark}}.$$

(S14)

The right-hand side is a sum of major decay rates, where $k_b/2$ represents the rate of a backward reactive transition for a dark state with 50% character of the reactive mode, $\gamma$ is the (bare) vibrational decay rate, and $k_{\text{scat,dark}}$ is a characteristic rate at which a dark state decays into other dark states. From the default parameters (§III), we have $k_b \approx \gamma = 0.01$ ps$^{-1}$. To estimate $k_{\text{scat,dark}}$, we consider three dark states ($q = 1, 2, 3$) that are consecutive in frequency and let $k_{\text{scat,dark}}$ be the sum of rates [Eq. (S5)] of decay from dark state $q = 2$ to each dark state $q' \neq 2$ (including states with $q' \neq 1, 3$). For simplicity and based on the main text, we assume that dark states $q = 1, 2, 3$ are equally delocalized across two of four bare vibrational states ($i = 1, 2, 3, 4$), such that the expansion coefficients $c_{qi}$ (see main text) satisfy $|c_{qi}|^2 = 0.5$ for $(q, i) = (1, 1), (1, 2), (2, 2), (2, 3), (3, 3), (3, 4)$ [and $|c_{qi}|^2 = 0$ for all other $(q, i)$ where $q = 1, 2, 3$]. Also, we set $\Delta \omega_{\text{dark}}$ as the frequency difference between states $q = 1, 2$ and between states $q = 2, 3$. With $J(\omega)$ of Eq. (S7) as the spectral density and $T = 298$ K as the temperature, Eq. (S5) yields

$$k_{\text{scat,dark}} = 0.25 R(\Delta \omega_{\text{dark}}) + 0.25 R(\Delta \omega_{\text{dark}})$$

(S15a)

$$\approx 0.5 \frac{0.05 \text{ ps}^{-1}}{10 \text{ cm}^{-1}} \Delta \omega_{\text{dark}}.$$  

(S15b)

In obtaining the second line, we have used Fig. S1 to approximately linearize $R(\mp \omega)$ [Eq. (S6)] as $(0.05 \text{ ps}^{-1}) \omega/(10 \text{ cm}^{-1})$ for $\omega \in [0, 10] \text{ cm}^{-1}$. Using the above rates, $\sigma_v = 10 \text{ cm}^{-1}$ (§III), and Eq. (S13), we estimate that the secular approximation holds for $N \ll 74$. In all numerical kinetic simulations, we set $N \leq 32$. 
VI. NUMERICAL KINETIC SIMULATIONS AND RATE CALCULATIONS

In this section, we first describe our numerical simulations of the reaction kinetics. We then discuss how we obtain the reaction rate from the numerically determined reactant population versus time. To be clear, we note that the quantities (e.g., populations, energies) shown below pertain only to states with \( \chi = 0, 1_q \) for \( q = 1, \ldots, N + 1 \) (see main text).

State populations as a function of time are simulated by numerically solving master equation (S1). We start by writing the equation as \( \frac{dp}{dt} = Ap \), where \( p \) is the vector of populations and \( A \) is the matrix of transition rates. Subsequently, we apply the following standard procedure to evaluate \( p(t) = \exp(At)p(0) \) [S19]. This method employs the symmetrization of \( A \) to avoid a numerically unstable matrix inversion. First, we compute the matrix \( B = MAM^{-1} \), where \( M \) is the diagonal matrix with diagonal elements \( M_{(X,\chi),(X,\chi)} = f_{(X,\chi)}^{-1/2} \), and \( f_{(X,\chi)} = \exp(-\beta E_{(X,\chi)})/\sum_{(X,\chi)} \exp(-\beta E_{(X,\chi)}) \). Since the transition rates [Eqs. (2), (S4)-(S5)] satisfy detailed balance, \( B \) is symmetric. After numerically diagonalizing \( B \), the population at time \( t \) is evaluated as

\[
p(t) = M^{-1} Q \exp(Dt)Q^\top M p(0),
\]
where \( Q \) is a matrix whose columns are the eigenvectors of \( B \), \( D \) is the diagonal matrix whose diagonal elements are the eigenvalues corresponding to said eigenvectors, and \( Q^\top = Q^{-1} \) due to \( B \) being symmetric. Because we are interested in thermally activated reactivity, the vector of initial populations, \( p(0) \), is taken to be a thermal distribution of reactant eigenstates:

\[
p_{(R,\chi)}(0) = \frac{\exp(-\beta E_{(R,\chi)})}{\sum_{\chi} \exp(-\beta E_{(R,\chi)})}, \quad (S17a)
\]

\[
p_{(P,\chi)}(0) = 0. \quad (S17b)
\]

We evaluate \( p(t) \) at \( t = j \Delta t \), where \( \Delta t = 0.2 \) ns and \( j = 0, \ldots, 100 \).

Next, the reaction rate is obtained by fitting the numerically determined values of reactant population,

\[
PR = \sum_{\chi} p_{(R,\chi)}, \quad (S18)
\]

and their respective values of \( t \) to the exponential function

\[
p_R = \exp(-kt). \quad (S19)
\]

The fitting parameter \( k \) is the reaction rate. For all fits, the adjusted \( R^2 \) values have mean 0.99999 and standard deviation \( 7 \times 10^{-6} \). Such successful fitting reflects the reaction being first-order [S20] in reactant. Here, first-order kinetics occurs because product excited states do not accumulate sufficiently (see §VII) and the product ground state does not revert to reactant states at a fast enough rate (due to high activation energy).

VII. ANALYTICAL RATE: BARE REACTION

A simplified kinetic model for the bare reaction is shown in Fig. 4(a). In this model, the populations of \( |R, 0\rangle \) and \( |P, 1_r\rangle \) evolve as

\[
\begin{align*}
\frac{dp_{(R,0)}}{dt} &= -k_f p_{(R,0)} + k_b p_{(P,1_r)}, \quad (S20) \\
\frac{dp_{(P,1_r)}}{dt} &= -(k_b + \gamma) p_{(P,1_r)} + k_f p_{(R,0)}, \quad (S21)
\end{align*}
\]

respectively. Since \( k_f \ll k_b, \gamma \) (see main text), \( p_{(P,1_r)} \) does not accumulate, and so we apply the steady-state approximation (SSA) [S20] to this population: \( dp_{(P,1_r)}/dt \approx 0 \). Solving the resulting equation for \( p_{(P,1_r)} \) and plugging the solution into Eq. (S20) leads to \( dp_{(R,0)}/dt \approx -k_{\text{bare}}^{(\text{analytical})} p_{(R,0)}. \) Defined in Eq. (5), \( k_{\text{bare}}^{(\text{analytical})} = k_f \left( \frac{\gamma}{\gamma + k_b} \right) \) represents the net rate of reactant depletion, i.e., the reaction rate.
VIII. ANALYTICAL RATE: VSC REACTION

Here, we consider a simplified kinetic model for the VSC reaction. In this model, polaritons are decoupled from the reaction, and the reaction proceeds through multiple reaction channels, each involving the (de)excitation of a dark mode. Define $D$ as the set of dark modes. The populations of $|R, 0\rangle$ and $|P, 1_q\rangle$, where $q \in D$, evolve according to

$$
\frac{dp_{(R, 0)}}{dt} = -\sum_{q \in D} k_f^{(q)} p_{(R, 0)} + \sum_{q \in D} k_b^{(q)} p_{(P, 1_q)},
$$

(S22)

$$
\frac{dp_{(P, 1_q)}}{dt} = -\left(k_b^{(q)} + \gamma\right) p_{(P, 1_q)} + k_f^{(q)} p_{(R, 0)},
$$

(S23)

respectively. In analogy to the derivation of §VII, we can apply the SSA to each $p_{(P, 1_q)}$ to arrive at

$$
\frac{dp_{(R, 0)}}{dt} \approx -k_f \left(\sum_{q \in D} |e_{qr}|^2 \frac{\gamma}{\gamma + |e_{qr}|^2 k_b}\right) p_{(R, 0)},
$$

(S24)

where we have used Eq. (8). Eq (S24) is equivalent to $dp_{(R, 0)}/dt \approx -k_{\text{VSC}}^{(\text{analytical})} p_{(R, 0)}$, where the reaction rate constant $k_{\text{VSC}}^{(\text{analytical})} = k_f \left(\sum_{q \in D} |e_{qr}|^2 \frac{\gamma}{\gamma + |e_{qr}|^2 k_b}\right)$ is equivalent to that shown in Eq. (9) the main text.

IX. THERMODYNAMIC PARAMETERS OF ACTIVATION

To determine the thermodynamic parameters of activation for a given reaction (i.e., set of reaction parameters excluding temperature, $T$), we calculate the reaction rate, $k$, for $T = 278, 283, 288, 293, 298$ K. The rates are computed using numerical kinetic simulations, as described in §VI. We then fit the $(k, T)$ values to the Eyring-Polanyi equation [S21, S22],

$$
k = k_B T \frac{\Delta H^\dagger}{h} \exp \left(-\frac{\Delta H^\dagger}{RT} + \frac{\Delta S^\dagger}{R}\right),
$$

(S25)

where $R$ is the gas constant. The fitting parameters $\Delta H^\dagger$ and $\Delta S^\dagger$ are the enthalpy and entropy, respectively, of activation.

For all fits, the adjusted $R^2$ values have mean 0.9999996 and standard deviation $1 \times 10^{-7}$. This excellent agreement between the numerically obtained rates and the Eyring-Polanyi equation is attributed to a fortuitous choice of temperature range over which the fittings are performed. Suboptimal goodness of fit is expected for general ranges of $T$ because the transition rates [Eqs. (2), (S4)-(S5)] of our kinetic model have a different functional form (with respect to $T$) compared to Eq. (S25).

X. EFFECT OF INHOMOGENEOUS BROADENING ON THE REACTION UNDER VSC

We carry out reaction simulations for two additional values of inhomogeneous broadening, $\sigma_v = 15, 20$ cm$^{-1}$. These $\sigma_v$ are slightly higher than that used in the simulations of the main text, i.e., $\sigma_v = 10$ cm$^{-1}$.

For each of the three $\sigma_v$ values,

1. the effect of cavity decay on the reaction is minor and diminishes with $N$ (Fig. S5).

2. the reaction-rate enhancement [Fig. S6(a)] follows the same behavior as the reactive-mode delocalization [Fig. S6(b)] when cavity detuning is varied (except at large negative detuning, when the lower polariton significantly affects the reaction; see Fig. S7).

Hence, the positive correlation between reactivity under VSC and semilocalization of the dark modes (see main text) is also unchanged when inhomogeneous broadening is moderately increased from the value in the main text. This statement is further supported by the following: increasing inhomogeneous broadening [Fig. S6(a)] and reducing light-matter coupling [Fig. S5(a)] affect the reaction rate similarly (except at negative detuning; see item 2 above). Indeed, the molecular PR of the dark modes depends on $g\sqrt{N}/\sigma_v$. 
FIG. S5. $k_{\text{VSC}}/k_{\text{bare}}$ as a function of $N$ for fixed light-matter coupling strength $g\sqrt{N} = 80$ cm$^{-1}$, various rates $\kappa$ of cavity decay, and inhomogeneous broadening (a) $\sigma_v = 10$ cm$^{-1}$, (b) $\sigma_v = 15$ cm$^{-1}$, and (c) $\sigma_v = 20$ cm$^{-1}$. The rates $k_{\text{VSC}}$ and $k_{\text{bare}}$ are averages over 5000 disorder realizations.

FIG. S6. (a) $k_{\text{VSC}}/k_{\text{bare}}$ and (b) $v_r$ delocalization, as a function of cavity detuning $\delta$, for $N = 2^3$, fixed collective light-matter coupling strength $g\sqrt{N} = 80$ cm$^{-1}$, and various values of inhomogeneous broadening $\sigma_v$. In (a), $k_{\text{VSC}}$ and $k_{\text{bare}}$ are averages over 5000 disorder realizations.

XI. ADDITIONAL SUPPLEMENTAL FIGURES

FIG. S7. (a) $k_{\text{VSC}}/k_{\text{bare}}$ and (b) $v_r$ delocalization, as a function of cavity detuning $\delta$, for various $N$ and fixed collective light-matter coupling strength $g\sqrt{N} = 8\sigma_v$. In (a), $k_{\text{VSC}}$ and $k_{\text{bare}}$ are averages over 5000 disorder realizations. For $\delta \ll 0$, $k_{\text{VSC}}/k_{\text{bare}}$ has a significant positive contribution from the reduced activation energy afforded by the lower polariton [S23], whose overlap with $v_r$ scales as $O(N^{-1})$. As $N$ increases, this polaritonic contribution diminishes, and the $\delta$-dependence of $k_{\text{VSC}}/k_{\text{bare}}$ becomes more similar to that of $v_r$ delocalization.

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