Regulation of Photosynthetic Electron Transport and Photoinhibition

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Abstract: Photosynthetic organisms and isolated photosystems are of interest for technical applications. In nature, photosynthetic electron transport has to work efficiently in contrasting environments such as shade and full sunlight at noon. Photosynthetic electron transport is regulated on many levels, starting with the energy transfer processes in antenna and ending with how reducing power is ultimately partitioned. This review starts by explaining how light energy can be dissipated or distributed by the various mechanisms of non-photochemical quenching, including thermal dissipation and state transitions, and how these processes influence photoinhibition of photosystem II (PSII). Furthermore, we will highlight the importance of the various alternative electron transport pathways, including the use of oxygen as the terminal electron acceptor and cyclic flow around photosystem I (PSI), the latter which seem particularly relevant to preventing photoinhibition of photosystem I. The control of excitation pressure in combination with the partitioning of reducing power influences the light-dependent formation of reactive oxygen species in PSII and in PSI, which may be a very important consideration to any artificial photosynthetic system or technical device using photosynthetic organisms.

Keywords: Electron transport, light stress, non-photochemical quenching, photoinhibition, photosynthesis, reactive oxygen species, regulation.

INTRODUCTION

In oxygenic photosynthesis light energy, with the help of light-harvesting antenna, is used to drive two specialized complexes called photosystem I (PSI) and photosystem II (PSII). The energy released from a captured photon triggers charge separation in PSI and PSII reaction centres, and subsequent electron transfer reactions, enabling electrons and protons to be taken from \( \text{H}_2\text{O} \) and the release of \( \text{O}_2 \). The released electrons are transported via a series of redox-active co-factors to reduce a final electron acceptor, such as \( \text{NADP}^+ \). At the same time a proton gradient (\( \Delta \text{pH} \)) is generated across the thylakoid membrane that provides, together with the electrochemical gradient (\( \Delta \mu \)), the proton motive force required for the synthesis of ATP. Charge separation creates a positive charge at the donor side of the photosystems, which is reduced by plastocyanin in PSI and by electrons from the water-splitting complex in PSII. While the absorption of light energy by antenna systems is highly efficient (i.e., extinction coefficient of chl: \( \varepsilon \approx 10^5 \text{ M}^{-1} \text{ cm}^{-1} \)), and helped by a broad range in absorption wavelengths by chlorophyll \( a, b \) and a number of carotenoid molecules, energy is lost during charge separation, stabilization and onward electron transfer. In photosynthesis, further energy is lost during \( \text{CO}_2 \) fixation, especially under suboptimal conditions. In an optimal environmental setting, the maximum conversion of solar energy to biomass is estimated at 6%, but only for the most efficient plants [1, 2].

The reaction centres of PSI and PSII convert photon energy into electrical potentials with very high efficiency (80 ± 15 % and 45 ± 10 %, respectively) [3] when measured on a microsecond timescale, making them highly attractive as potential photovoltaic devices [4, 5]. On longer timescales, however, the energy conversion efficiency is largely reduced to about 40% for PSI [6]. Technical applications are increasingly exploiting the efficiency of photosynthesis for solid-state devices mimicking photovoltaic cells. Photo-electric currents have been achieved with immobilized chloroplasts [7], thylakoid membranes [8-10], PSI [11, 12] or PSII [13-16] core complexes and isolated reaction centres [17-19]. One of the most promising current bio-photovoltaic without using elaborate or expensive surface chemistries is a PSI complex attached to a semiconductor, achieving a photocurrent density of 362 \( \mu \text{A/cm}^2 \) and 0.5 V [15]. Purified complexes [20], photosynthetic membranes [21-24] or whole organisms [25-29] have also been placed on electrodes for assembling biosensors (for review see [30, 31]), mainly for the detection of pollutants, but also as components for future \( \text{H}_2 \) production devices [32]. As PSI has a higher efficiency and is less prone to photoinhibition than PSII (see later), it could be more suitable for biomimetic devices (for recent reviews see [32-34]).

Natural photosynthesis is a highly regulated process. Several mechanisms help to protect the photosystems against light-induced damage (photoinhibition) when photon flux densities exceed the photosynthetic capacity. Moreover, the intensity when light becomes excess depends on the environment. Hence, in unfavourable conditions light saturation occurs at lower intensities (Fig. 1). Excess energy that cannot
be used to drive photosynthesis enhances the production of reactive oxygen species (ROS) and induces photooxidative damage. Although some regulatory mechanisms may only be important in a living organism, energy dissipation and alternative electron pathways could be relevant for improving the stability of technical devices based on the use of whole photosynthetic organisms like unicellular algae or of isolated photosystems [35]. This review will cover the different levels that regulate photosynthesis in natural systems by using examples from higher plants and the model green alga *Chlamydomonas reinhardtii*. We start by covering the various pathways of light-induced production of ROS, major sources of ROS in plants (for reviews see [36-40]), and then cover how this relates to photoinhibition. The review continues with how excess energy can be dissipated to heat or distributed between the photosystems for protection, but also for influencing the production ratio of ATP:NADPH. Furthermore, we will describe the various electron transport pathways and highlight their importance, from linear to pseudocyclic flow (also called the Mehler reaction) and cyclic, which seems particularly relevant to photoinhibition of PSI. The control of excitation pressure in combination with the partitioning of different electron transport pathways influences the light-dependent formation of ROS, thus is paramount in controlling the stability and longevity of the photosynthetic apparatus.

Fig. (1). The light response curve of CO₂ fixation. With increasing absorbed quanta (dotted line), carbon assimilation eventually saturates and the difference between the two is excess energy. The level when photosynthesis saturates is lowered under unfavourable conditions, as represented by the dashed line.

**GENERATION OF REACTIVE OXYGEN SPECIES AND PHOTOTOXICITY**

Excitation of pigments and electron transfer reactions in an oxygen-rich environment inevitably leads to photodamage. This is visible to the eye by a bleaching of the chlorophyll leading to pale green or even whitish leaves under extreme light conditions, especially when plants adapted to shade are suddenly exposed to high light intensities. Light-induced damage of the photosynthetic apparatus is caused by excessive production of ROS such as singlet oxygen (¹O₂), superoxide (O₂⁻), hydrogen peroxide (H₂O₂) and hydroxyl radicals (HO·) (Fig. 2).

Among the ROS, ¹O₂ and HO· are the most reactive species that are able to oxidize lipids, proteins and nucleic acids. Although ROS are important signalling molecules in photosynthetic organisms, high production rates saturate antioxidant defences, lead to oxidative damage and ultimately reduce growth and plant fitness. The up regulation of antioxidant defences is part of an acclimation of photosynthetic organisms to very high light intensities [41]. Moreover, in non-living devices the production of ROS for signalling purposes is unnecessary, allowing ROS production to be minimised.

¹O₂ is produced by the reaction of excited chlorophyll in its triplet state (³Chl) with ¹O₂ (molecular oxygen is in a triplet state in its ground state). In the reaction centre of PSII, ³Chl is generated by charge recombination of the primary radical pair (P680⁺Phe⁺), with pheophytin (Phe) being the primary electron acceptor and P680 the primary chlorophyll electron donor. When light absorption exceeds the capacity of photosynthetic electron transport, the probability of ¹O₂ generation increases. The pathway of charge recombination depends on the energetic of the electron acceptors of PSII (for details see [42, 43]). Charge recombination between the primary quinone electron acceptor (QA) and P680⁺ can proceed via an indirect pathway and the repopulation of the primary radical pair or directly into the ground state of P680. The indirect pathway leads to the formation of ³Chl and ¹O₂ while the direct pathway is safe (for a more detailed description see [44]). A regulation mechanism has been described by which the yield of ¹O₂ production is lowered in PSII with an inactive water-splitting complex. According to this mechanism, ¹O₂ generation in PSII is controlled by a regulation of midpoint potential of QA. The yield of ¹O₂ formation is lowered when QA is in its so-called high potential form, i.e., when the midpoint redox potential of QA is shifted to a more positive value. This shift in the midpoint potential allows a direct recombination of P680⁺QA to its ground state without repopulating the primary radical pair P680⁺Phe [42, 44, 45]. PSII centres with high potential QA have been ob-
served under different physiological conditions in vivo: 1) In green algae prior to photoactivation (the light-dependent assembly of the Mn cluster) [46], and 2) in leaves of higher plants under high light conditions [40]. The dependence of the amount of $^{1}O_2$ generation in PSII upon the midpoint potential $Q_A$ has been demonstrated by electron paramagnetic resonance (EPR) spectroscopy in vitro using a spin probe [47] and in vivo by a specific fluorescence dye in *Chlamydomonas* [48, 49]. It has been shown that the yield of $^{1}O_2$ generation correlates with the loss of the D1 protein, one of the main subunits of the PSII reaction centre [50, 51]. Although chlorophyll-containing light harvesting complex (LHC) of photosystems contain many more chlorophylls, they are less susceptible to damage by $^{1}O_2$. In native systems, these antennas are well protected against $^{1}O_2$ formation by nearby carotenoids, including xanthophylls, which efficiently quench $^{1}$Chl [52, 53].

Photoinhibition and degradation of the D1 protein takes place over a large range of light intensities, although a net loss of PSII activity is only observed at high light intensities since the repair of PSII is very efficient in vivo [54]. However, at very low light intensities when the secondary PSII quinone electron acceptor (Q_b) is only semi-reduced, photodamage and D1 loss can also take place. For example, PSII photoinhibition caused by charge recombination reactions and $^{1}O_2$ generation has been observed in green algae at very low light intensities [55] and after excitation of PSII in isolated thylakoid membranes by single turnover flashes [56, 57]. It is not only the midpoint potential of the redox couple $Q_A/Q_A^+$ that influences the probability of the non-radiative pathway of charge recombination, but also the midpoint potential of the redox couple Phe/Phe$^+$ [58]. Interestingly, cyanobacteria have two genes for distinct D1 proteins, a main subunit of the PSII reaction centre, with different amino acids at position D1-130. Special D1-E130 proteins are expressed only during high light conditions [59], and are thought to shift the redox potential of Phe to enhance charge recombination via the safe non-radiative pathways, thereby lowering the yield of $^{1}O_2$ generation [43]. Similar to the high light isoform of the D1 protein in cyanobacteria, a glutamate occupies the position D1-130 in all higher plants with known sequences. In *Chlamydomonas*, substitution of alanine at D1-251 of the Q_b binding pocket to cysteine improved tolerance to cosmic radiation in space-flight and cell survival after returning to earth [60]. PSII can undergo post-translational modifications associated to stress protection and repair. For example, the phosphorylation of the PSII-associated chlorophyll-binding protein CP29 protects from cold-stress [61]. Moreover, the D1 subunit is under a circadian-regulated phosphorylation pattern [62] and requires dephosphorylation before it undergoes degradation [63]. Phosphorylation is also key to thylakoid membrane folding enabling access of repair enzymes [64] and the migration of photosystem antennas in state transitions, as discussed later. For recent detailed reviews on photosynthesis-related phosphorylation readers are directed towards [65] and [66].

Beside $^{1}O_2$ other ROS play an important role in light-induced damage of the photosystems. Superoxide is mainly generated at the acceptor side of PSI in the so-called Mehler reaction [67, 68]. In this reaction, $O_2$ is reduced by ferredoxin or by the PSI iron-sulphur acceptor F_e. In algae and cyanobacteria reduction of $O_2$ can be the dominant electron transport pathway [69], such as before the light-induced activation of the Calvin-Benson cycle [70], while in higher plants its importance as alternative electron sink is thought to be less important [71, 72]. It has been recently reported that gymnosperms have an increased capacity of the Mehler reaction (about 10 % of the maximum electron flow) compared to angiosperms, but only during dark to light transition before the Calvin cycle is active [73]. In angiosperms it is thought that the importance of the Mehler reaction increases under stress conditions, such as drought, when the CO2 availability is limited by stomatal closure [71]. In addition it has been reported that the photoperiod plays a role in the partition between linear electron flow to NADP$^+$ and Mehler reaction [74]. Further investigations are needed to elucidate the physiological importance of the Mehler reaction, if and how it is regulated in vivo.

Besides being generated at the acceptor side of PSI, O$_2^+$ can also be produced in vitro at the level of the cytochrome b$_6$f complex (cyt b$_6$f) [75] and at the acceptor side of PSII. In addition, the cytochrome b559, an intrinsic protein subunit of PSII can act, depending on its redox potential as an oxygen reductase, as a superoxide reductase or as a superoxide oxidase [76]. However, the capacities of these pathways of O$_2$ reduction seem to play only very minor roles in an intact, functional electron transport chain in thylakoid membranes.

A major source of photosynthesis-associated ROS is the H$_2$O$_2$ produced by photorespiration during the recycling of bi-products of the oxygenase activity of RubisCO [77]. This occurs outside the chloroplast in the peroxisome and will not be discussed here. However, H$_2$O$_2$ is generated in isolated chloroplasts, thylakoids and PSI or PSII preparations by the dismutation of O$_2^+$, either spontaneously or catalysed by superoxide dismutase (SOD). Small amounts of H$_2$O$_2$ can also be generated directly by incomplete water splitting at the donor side of PSII as has been shown in vitro using isolated PSII membranes [78]. Furthermore, it can be formed by the reduction of O$_2^+$ by plastoquinol [79]. H$_2$O$_2$ itself is not that toxic, but in the presence of transition metals, such as Fe$^{2+}$ or Cu$^+$, it is converted to the highly reactive HO$^-$ radical (Fig. 2). Apart from the Fenton reaction, HO$^-$ may also be formed by the reduction of peroxide by metal centres coordinated to the proteins involved in electron transport.

In the intact chloroplasts, several enzymes are present that detoxify ROS. O$_2^+$ is dismutated to H$_2$O$_2$ by SOD containing Cu and Zn (Cu/Zn-SOD) or Fe (Fe-SOD) as a cofactor. H$_2$O$_2$ is mainly detoxified by ascorbate peroxidase (APX) [80] and by chloroplast-located peroxiredoxins (PRX) [81]. While APX activity requires ascorbate, PRX activity is dependent on re-reduction by thiol or thioredoxins. The ascorbate (20-300 mM) and glutathione (GSH; 0.5 - 3.5 mM) content of the chloroplast [82, 83] is sufficiently high enough to enable a very efficient H$_2$O$_2$ detoxifying system [69]. Furthermore, thiols and thioredoxins are substrates for glutathione peroxidases and glutathione-s-transferases, which are important in detoxifying reactive lipid species formed by $O_2$ [84, 85]. $O_2$ can be scavenged by tocopherol, plastoquinone, carotenoids and by ascorbate [86-88]. Despite ascorbate, these scavengers are present in isolated systems and will help to protect the photosystems in the light. However, they have limited capacity because regeneration cannot take
place and after a given time they become exhausted. The addition of catalase, a non-chloroplast located enzyme, increased the efficiency and stability of thylakoid bio-electrodes [8] confirming that H2O2 production can be an issue in artificial devices.

It is accepted by the majority of researchers that ROS directly damage photosystems with PSII being more vulnerable against oxidative damage than PSI. However, some researchers have suggested that the repair mechanism of the D1 protein is solely damaged by ROS, and not the PSII reaction centre itself (see Special Issue Physiologia Plantarum 2011 for the current debate). *In vivo*, the repair of PSI is so efficient that damage is only transitory [54]. Addition of methylviologen to isolated thylakoids, which enhances O2- at the acceptor side of PSI, still led to greater inhibition of PSII than PSI [89], showing that PSI is much more susceptible to ROS-induced damage than PSII, even when the site of production is located at PSI. It is intriguing that the D1 reaction centre at the heart of PSII photoinhibition has remained highly susceptible to photo-damage in all oxygencic photosynthetic organisms and at all light intensities. Despite the apparent wastefulness of PSII photoinhibition, it can also be regarded as a regulatory mechanism of photosynthesis, since it lowers linear electron transport under excess light conditions and may thereby prevent photoinhibition of PSI [90]. Photoinhibition of PSI has a higher impact on the performance of the photosynthetic apparatus since no efficient repair cycle exists [90].

**REGULATION OF LIGHT HARVESTING**

What makes photosynthesis remarkable is that it efficiently functions under highly fluctuating photon flux densities, under environmental constraints and in accordance with the metabolic demands of the organism. Photoregulation is coordinated at multiple levels; At the pigment and protein levels via energy-transfer processes involving carotenoids and chlorophylls, at the membrane and cellular levels with supramolecular organization in the thylakoid membrane, at the cellular level by chloroplast relocation and at the organis-m level including heliotropism of plants and phototaxis of microorganisms. Within the thylakoid membrane, light harvesting complexes facilitate in capturing light energy and its transfer to the reaction centres for charge separation. This partitioning between light harvesting and reaction centres provides an opportunity in regulating how much and to which reaction centre energy is delivered to, thereby preventing excessive excitation, ROS production and the costs associated with photoinhibitory damage. Collectively, this plethora of regulatory mechanisms controlling light energy in intact organism is known as non-photochemical quenching (NPQ), due to their detection by measurements of chlorophyll fluorescence quenching that are distinct from photochemical quenching (i.e., use of the captured light energy in chemical reactions such as CO2 fixation). For a complete guide on chlorophyll measurements of photosynthetic efficiency readers are directed to [91]. There are three components to NPQ; 1) dissipation of excess light energy in antenna to heat before it reaches the reaction centre (qE), 2) state transitions where light adsorption is balanced between the photosystems by movement of antenna (qT) and 3) ‘short term’ photoinhibition of PSII (qI), which recovers slower than qE or qT [92, 93]. As discussed below, qT and qE are governed by the plastoquinone (PQ) pool redox state and the thylakoid proton-motive force, respectively, which makes photosynthesis a highly efficient self-regulated process. For a comprehensive review on how photosynthetic organisms respond to excess light see [94].

**THE QE COMPONENT OF NPQ**

The qE component of NPQ, where light energy is dissipated before reaching the reaction centres, has been assigned to a synergistic action of the ΔpH since a low pH in the thylakoid lumen activates the xanthophylls cycle and leads to protonation of luminal residues of proteins such as PsbS and LhcsR3 that reduce energy transfer from the antenna to the PSII reaction centre (Fig. 3). In the xanthophyll cycle, the low pH activates a de-epoxidation of violaxanthin to zeaxanthin and requires minutes to hours to become fully activated [95, 96], but zeaxanthin can temporarily remain active after the loss of the ΔpH [93]. Lutein is another xanthophyll implicated in qE and protection from high light in both *Arabidopsis* and *Chlamydomonas* [52, 97]. Another ΔpH-dependent component of qE is protonation of light harvesting complexes (LHC) and an LHC-type protein, which rapidly induces NPQ within seconds [98]. In higher plants this trans-membrane LHC-type protein is PsbS [99], whereas in green algae (e.g., *Chlamydomonas*) it is LhcsR3 [100]. Differences between the proteins include PsbS being constitutively expressed and not binding pigments, whereas LhcsR3 is highly inducible by excess light and binds chlorophyll and carotenoids [101]. Moreover, the mechanism of LhcsR3 is less dynamic than PsbS and leads to quenching even in low light, which is perhaps why LhcsR3 is a high light-inducible protein [101, 102]. Evidence suggests the switch from LhcsR3 to PsbS happened when organisms colonised the land and was likely associated with the extra stresses associated with terrestrial life [103]. Mosses can contain both proteins as has been shown for *Physcomitrella patens* [104] and *Rhytidium rugosum* (data not shown). Regardless, mutants of *Arabidopsis* or *Chlamydomonas* deficient in either PsbS or LhcsR3, both referred to as npq4, have retarded abilities to dissipate excess energy and show sensitivity to high or naturally fluctuating light [100, 105]. The aggregation of LHC II trimers and detachment from PSI is also observed during qE induction [106]. Due to the influence of ΔpH on qE, a regulation of ATP synthase activity, which uses the ΔpH to produce ATP also influences NPQ [107], possibly through thioredoxin-mediated redox control, but this has yet to be confirmed [108]. Recommended introductory reviews to qE are [102, 109] for model plants and [110] in other plants, but also see [52, 111] for further debate.

We have recently shown *in vitro* using *Arabidopsis* chloroplasts that ^1^O_2 production is influenced by the presence or absence of PsbS-dependent NPQ capacity [112]. Other markers of ^1^O_2 production are the oxidation of β-carotene inside the reaction centre and of prenyllipids such as α-tocopherol and plastoquinone [86]. It has also been reported that β-carotene is more oxidised in *Arabidopsis* npq4 than wild-type following excess light stress, confirming qE protects against reaction centre damage by ^1^O_2 [113]. In addition to qE, other mechanisms of energy dissipation operate in specialised situations. For example, a light- and nigericin-
insensitive activation of the xanthophyll cycle has been shown in a desiccation-tolerant fern and in lichens [114]. Moreover, an induction of non-radiative charge recombinations in PSII (see above) occurs in cyanobacterial desert crusts in response to high light, avoiding the formation of 3Chl and associated 1O₂ [115]. Although NPQ is essential to the contribution of desiccation tolerance [116], the contribution of the xanthophyll cycle to NPQ is not always supported, indicating that other mechanisms, such as chlorophyll cations that are very efficient quenchers [117], are responsible for the desiccation-induced NPQ [118]. However, xanthophylls may play other roles in protection from excess light due to their efficient ability to scavenge ROS, such as tophenylls may play other roles in protection from excess light due to their efficient ability to scavenge ROS, such as zeaxanthin protecting from 1O₂ [119, 120] and neoxanthin from O₂∗ [121]. In cyanobacteria, a different type of qE has been described which relies on the light-induced conversion of the Orange-Carotenoid-Protein (OCP) to its active red form that quenches fluorescence (for review see [122]).

Consequently LHCCI migrates back to PSII, referred to as ‘state 1’. State transitions play a minor role in higher plants while they are highly important in green algae. In Arabidopsis, where only up to 15-20% of LHCCI can be mobilised [124, 125], state transitions are important in acclimating to changing light intensities [126]. However, in Chlamydomonas 70–80% of can disassociates from PSI [127], but only 20% associates to PSI [127, 165]. It had been accepted in the literature for a long time that in Chlamydomonas the transition from state 1 to 2 is accompanied by a switch from linear to cyclic electron flow [128]. However, it has recently been demonstrated that this is not necessarily the case [129]. Although both state transitions and cyclic electron flow are induced by reducing conditions, the migration of LHCCI to PSI is not a prerequisite for the induction of cyclic electron flow [129].

**Fig. (4).** Balancing light absorption by the photosystems via state transitions poised by the redox state of the plastoquinone pool. [A] Under moderate light, the redox state of the plastoquinone pool (PQ/PQH₂) remains largely oxidised allowing linear electron flow, and the majority of light harvesting complex II (LHCCI) is at PSII (state 1). [B] If PSI is over-activated relative to PSII, the PQ pool becomes over-reduced, favouring the binding of PQH₂ to the Qo site of the cytochrome b₅f complex (cytb₅f), which induces a kinase to phosphorylate LHCCI and the movable part of LHCCI migrates to PSI. [C] The migration of LHCCI to PSI (state 2) reduces excitation pressure at PSI lowering linear electron transport so that the PQ pool becomes re-oxidised.

The activation of high light responses are upregulated at different times and at different intensities depending upon the organism, presumably to address the different demands and adjustments. The fasted responses are qE (first minutes upon exposure to high light, followed by state transitions (qT) and finally leading to photoinhibition of PSI (qI). Although each mechanism has unique functions they also possess overlapping protective roles.

**REGULATION OF THE ELECTRON TRANSPORT CHAIN**

Beside the regulation of the amount and distribution of light energy to the reaction centres, the activity of the electron transport chain can be down regulated at different sites. The size of the ΔpH is the most important component that
not only controls qE (see above), but also regulates electron transport at the level of the cytb$_f$ and at the donor side of PSII. A decreased luminal pH limits electron transport by slowing the activity of the cytb$_f$, a regulation mechanism called “photosynthetic control” [130, 131]. The lumen pH in *Arabidopsis* leaves under ambient CO$_2$ was estimated to range from approximately pH 7.5 to 6.5 under weak and saturating light, respectively [132]. These moderate pH values in the lumen allow regulation at the antenna level via qE and via electron transport through the cytb$_f$, as well as preventing acid-induced damages. The pH value for zeaxanthin accumulation and PsbS protonation was estimated to be about 6.8 [132]. When net ATP synthesis is zero, the pH in the lumen can decrease as low as pH 5.2 (for review see [130]), a pH at which the water-splitting activity and the reduction kinetics of P680$^+$ start to be slowed down [133]. Below pH 5.5, Ca$^{2+}$, an obligatory co-factor of the water-splitting complex is reversibly removed, evoking a shift of Q$_A$ to the high potential form [134] and protecting PSII against $^{1}O_2$ generation (see above).

Beside processes that are regulated by the luminal pH, alternative pathways of photosynthetic electron transport can release the pressure from the electron transport chain and prevent photoinhibition. Under conditions of limiting light and no limitation on the electron acceptor side (i.e., sufficient CO$_2$), linear electron transport is dominating and electrons released from splitting H$_2$O in PSII are used by PSI to reduce electron acceptors such as NADP$.^+$ As electron acceptors become limited (i.e., low CO$_2$ that limits NADPH oxidation for carbon assimilation), pseudocyclic electron flow / Mehler reaction (where O$_2$ is the electron acceptor) and cyclic electron flow are increasingly able to compete for reducing power (Fig. 5). In cyclic electron flow the reducing power is not from PSI, but instead recycled back from PSI into the plastoquinone pool and via cytb$_f$. This occurs directly via ferredoxin and other proteins, such as PGR5 [135] and PGRRL1 [136, 137], or via NAD(P)H dehydrogenases (NDH) [138]. As the reinvested reducing power of cyclic electron flow passes through the Q-cycle of cytb$_f$, the accompanied proton transport from stroma to lumen facilitates the formation of ΔpH, and hence, ATP production. For photosynthetic organisms switching between cyclic and non-cyclic pathways provides a degree of flexibility in the ratio of ATP and NADPH production to meet metabolic needs [139, 140]. This is particularly important in ATP-expensive photosynthesis, such as CAM plants and in the bundle sheath cells of C$_4$ plants, which both require a higher ATP:NADPH ratio for CO$_2$ fixation than C$_3$ photosynthesis. Furthermore, cyclic flow is enhanced when CO$_2$ becomes limiting in both higher plants [141] and *Chlamydomonas*, the latter which has a high ATP demand under CO$_2$ limitation because CO$_2$-concentrating mechanisms operate at the expense of ATP [142]. Cyclic electron flow is clearly linked to stress, but the exact regulatory mechanism that switches it on is still unknown. A joint PSI-cyto$b_f$ supercomplex for cyclic electron flow has been demonstrated biochemically to be formed in *Chlamydomonas* [129, 143], but not yet in higher plants. The NAD(P)H dehydrogenase (NDH) route in *Chlamydomonas* is achieved by a monomeric protein called Nda2 [144], while in higher plants it is achieved by the NDH complex [145, 146]. Both can operate in the dark with non-photosynthetic supplies of NAD(P)H. In *Arabidopsis*, at least, both the PGR5/PGRRL1-dependent and the NDH-dependent cyclic pathways seem to be under redox regulation by thioredoxin m4 [147], while the PSI-cyto$b_f$ supercomplex is Ca$^{2+}$-dependent in *Chlamydomonas* [136].

As discussed above, cyclic electron transport is enhanced to support the production of a ΔpH under conditions that limit carbon assimilation, including environmental stress. Thus it allows ATP generation without the net formation of reductants, such as reduced Ferredoxin or NADPH. The exclusion of linear electron flow also limits the Mehler reaction and $O_2^+$ generation. Moreover, cyclic electron flow protects against photodamage of PSI since it keeps the acceptor side oxidized [90, 112, 135, 148, 149].

In addition to partitioning between linear electron flow, cyclic flow and Mehler reaction (Fig. 5), the plastid terminal oxidase (PTOX), which directly oxidises plastoquinol while reducing O$_2$ to H$_2$O, has been proposed to act as a safety valve and to avoid photo-oxidative damage [150]. PTOX activity may also enhance the formation of a ΔpH, as demonstrated in marine organisms that survive in iron-depleted waters. Here, the cost of building iron-rich PSI is very high, but organisms can operate with PSI activity alone [151]. In alpine plants the level of PTOX protein is elevated, which may be linked to their ability to tolerate harsh conditions like very high irradiation at low temperatures [150, 152]. In agreement with this, PTOX levels are increased in plants exposed to extreme temperatures [153, 154] or to high salinity [155]. In *Chlamydomonas* two isoforms of PTOX exist, PTOX and PTOX2. PTOX2 has been shown to keep the PQ pool oxidized in the dark [156]. However, in other model plants such as *Arabidopsis thaliana*, *Nicotiana tabacum* and *Solanum lycopersicum* grown under standard conditions, the role of PTOX in mature leaves is less clear. Overexpression of PTOX did not protect plants from photoinhibition [157] but actually enhanced it in some circumstances [158, 159]. Recent evidence indicates that PTOX rather modulates the balance between linear and cyclic flow than acting as a safety valve [160] since the capacity of electron flow via PTOX has been measured to be very limited in *S. lycopersicum* leaves [157]. Further investigations are needed to show the importance of PTOX as a safety valve under stress conditions.

In summary, the competition for absorbed quanta by alternative electron flows becomes important when the electron acceptor NADP$^+$ is limited. These electron flows include cyclic flow around PSI, the Mehler reaction and PTOX activity. Not only does this enable metabolic adjustment through regulating ATP:NADPH ratios, but also releases reducing pressure off the electron transport chain, lowering incidences of charge recombination and preventing $^{1}O_2$ production (see above). Hence, the incorporation of a regulatory mechanism to prevent over-reduction of charge carriers could also be attractive to artificial systems that may suffer damage under high loads.

**COST-BENEFIT RATIO OF REGULATORY MECHANISMS**

An obvious cost of photoregulatory processes is the loss in efficiency in photosynthetic yield. A delay in recovery of
NPQ from the residual presence of zeaxanthin after high light treatment [93] may have high costs in carbon assimilation of agricultural plants [161]. In the non-native setting of agriculture that strives for maximum growth rates, the protection afforded by NPQ may well be, at times, too conservative. Therefore, opportunities for genetically manipulating light harvesting mechanisms for optimising yields may exist [162]. However, photoregulation prevents photoinhibition, which itself is costly in energetics and resources for repairing damaged reaction centres as well as in the photosynthesis forgone during repair (reviewed by [163]). Other protective expenses to photosynthetic organisms are the investment in antioxidants, such as ascorbate, that require complex biosynthetic pathways and reductants with other enzymes to recycle their activity. Therefore, the cost-benefit ratio of photoregulation versus photoinhibition is extremely complex, especially considering an ecological setting with unpredictable resource availability. As mentioned above, photoinhibition itself is a regulatory process of biological photosystems that can rapidly repair themselves. This brings into question the perhaps impossible task of increasing the longevity of isolated reaction centres in biomimetic systems, but the incorporation of exogenous antioxidants can help [8].

**Electron transport pathways**

![Electron transport pathways diagram](image)

Fig. (5). Photosynthetic electron transport pathways. In linear electron flow [A] electrons released by water-splitting in photosystem II (PSII) reduce plastoquinone to plastoquinol (PQH2), which migrates to the cytochrome b6f complex (cytb6f). Plastoquinol is oxidized by the cytb6f and protons are released into the thylakoid lumen. Electrons are transported to plastocyanin (PC), which is the electron donor to photosystem I (PSI). At the acceptor side of PSI electrons are donated to NADP+.

**USE OF REGULATORY MECHANISMS FOR TECHNICAL EXPLOITATION**

The question arises as to what we can learn from the regulatory mechanisms of natural photosynthesis for using photosynthetic machinery in technical applications. First, one has to distinguish between technical applications that are either based on exploiting whole organisms as biosensors or using isolated complexes enriched with photosynthetic complexes. Inhibition of the photosynthetic electron transport in whole organisms is easily detectable by monitoring chlorophyll fluorescence and is used to detect heavy metal or herbicide pollution in water. Recent exploits using laser printing have achieved greater contact of electrodes with whole cells [164] or thylakoids [23], increasing efficiency of charge transfer and sensitivity of biosensors to the nM range [23, 25]. In an intact organism all natural regulatory mechanisms are present and can be activated depending on the environmental conditions. To allow a long-term use of a biosensor based on intact organisms it has to be ensured that enough nutrients and CO2 are available and that waste is removed when intact organisms are embedded into a matrix for the technical application.

Regarding isolated systems, PSII complexes or PSII-enriched membrane fragments have already been tested as sensors to detect herbicides. Instead of using active PSII, with the highly vulnerable water-splitting complex, it may be interesting to use PSII with an inactivated donor side. Inactivation of the donor side leads to the shift of the midpoint potential of QA to the high potential form as described above. PSII with high potential QA is protected against damage by O2. Herbicides bind efficiently to these modified PSII and herbicide binding could be detected by either measuring thermoluminescence or herbicide-induced changes in the decay kinetics of chlorophyll fluorescence. Isolated photosynthetic systems may well be devoid of metabolic control required in whole organisms in responding to changes in the environments like fluctuating light, but in an outside environment they will still be subjected to highly variable conditions of temperature and light intensity, affecting efficiency and performance. Therefore, when isolated thylakoid membranes or isolated PSI preparations will be used in a technical device, it may be useful to add a safety valve in analogy to the PTOX or the Mehler reaction present in the natural system. This safety valve should only operate when PSI (or both photosystems in case of thylakoids) becomes saturated. To design such a safety valve, a better understanding of the regulation of the Mehler reaction and of PTOX are first needed before reasonable suggestion can be made based on physiologically relevant protection mechanisms. As the field of biosensors and transducers is only in its infancy, we can expect great advances when technological advances are coupled with an enhanced understanding of photosynthesis and its control.

**CONFLICT OF INTEREST**

The authors confirm that this article content has no conflicts of interest.

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