Research on the Development and Construction of Emei Wushu Research Camp under the Concept of Low Carbon and Environmental Protection

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Abstract. With the global environmental pollution and the lack of material resources, people are aware of the importance of ecological problems, and people begin to look at sports from an ecological perspective. Martial arts is a traditional sport of the Chinese nation. It has a long history and has evolved into today's competitive martial arts after many years. The development status of Emishi martial arts is relatively slow compared to other provinces in China. This article will investigate and study the training venues of Emishi martial arts training institutions and the degree of support for martial arts projects by relevant government departments in various regions and cities. The environmental protection values of most training institutions do not meet the standards. There are few areas with standard competition venues. Local governments lack attention to martial arts and the reward system is not perfect. The study found that the application of Emei martial arts aerobics in martial arts research camps from the perspective of ecological sports should be reflected in venues, props and costumes, music, teaching methods and non-intellectual factors. Choose a martial arts research camp with better air for the venue, environmental protection of props and clothing, music soothing to reduce noise, teaching methods and non-intellectual factors should follow the law of student development.

1. Introduction
Emei martial arts is the representative of Sichuan traditional martial arts. This article studies the Emei martial arts within the scope of Emishi City. It belongs to a major branch of Emei martial arts, and is also an important inheritance and dissemination area of Emei martial arts. Economy Emishi City is named because of its proximity to the foothills of Emei Mountain. The political and cultural hub of the western region. Emishi City has always been an open city for tourism, and has an important position in the southwest of Sichuan. It is an advanced city in culture and sports and the hometown of martial arts in the country. The ecological environment crisis has increasingly become the main problem facing our lives in the 21st century. It is not only the ecological destruction, environmental pollution and energy crisis in social development, but also involves deep-seated issues such as human culture and human values. From a philosophical point of view, it is the relationship between people and the surrounding environment. The martial arts inherited by the Chinese nation is also a natural product. It is a huge subsystem of the cultural treasure house of the Chinese nation. Social factors such as politics, economy, religion, military, education, and misogyny have also had a major impact on the formation and
development of martial arts. Impact. Therefore, the pursuit of the future of martial arts is to seek the nature of human nature and to return to the nature of nature. At present, the ecological view of martial arts has gradually faded in the process of inheriting martial arts, but in the next few decades or even a hundred years, it will gradually turn to the dominant position of martial arts, because martial arts is a kind of culture, and we cannot just focus on its development. Ignore its cultural inheritance. Therefore, the establishment of a correct ecological view of martial arts will promote the future development of martial arts education and the ecological view of martial arts in an ecological and environmentally friendly society.

The ecological and environmental protection teaching development of Emishi martial arts teaching allows Emishi martial arts teaching to obtain maximum effectiveness. However, due to various restrictions, there are increasingly fierce competitions among the ecological protection teaching businesses and channels in the ecological protection teaching of Emishi martial arts teaching in the fields of ecological protection teaching rights and effectiveness sharing [1]. Although the course organizers have taken measures to carry out feasibility and related dissemination one after another, how to carry out a brand-new validity allocation and refinement combination for different students is a thorny issue facing the feasibility and feasibility of the Emei Mountain Wushu Teaching Ecological Environmental Protection Research Camp. This is also this article the starting point for research.

2. Current status of Emishi martial arts venues
When it comes to the development of a sports event, the first necessary condition must be the venue. The current national standard martial arts professional competition venue is 14 meters long and 8 meters wide. The inner edges of the four sides should be marked with a width of 5 cm. A safety zone with a width of 2 meters shall be marked with a centreline of 30 cm in length and 50 cm in width in the middle of the two long sides of the field. According to the survey, there are very few areas with standard venues in Mount Emei. At present, most martial arts school training venues in Mount Emei are in the following situations. The first type is that the taekwondo mats are laid under the carpets, which are relatively good venues. Try to imitate the softness and hardness of standard carpets, but there is still a certain gap underfoot. The second type: training directly on the taekwondo mat [2]. Although the hardness can reduce the injury of the students during training, the feeling under the feet is too far from the standard venue. The students change venues during the competition, and the changes in the feet feel unsuitable and difficult movements are very easy Mistake. The third type: the area of the venue is not enough, and the training of students is greatly restricted. The carpets of the venues are directly spread on the ground, and some do not even have carpets, which do not meet the standards of dangerous sports licenses. At present, many training institutions operate without any license, and even the qualifications of coaches are yet to be reviewed.

3. Ecological environment of Emei Mountain Wushu Research Camp

3.1. The ecological environment system of martial arts
In academia, martial arts experts always associate martial arts with philosophy, literature, medicine, health preservation, etc., but rarely pay attention to the relationship between environment and martial arts. Engels once said: "The living conditions of mankind were not readily available when he first differentiated from animals in the narrow sense. These conditions were only caused by later historical development." Therefore, the martial arts environment cannot be separated from the development of martial arts. People and talents are the core of the martial arts environment system, supporting the sustainable development of martial arts in China's thousands of years of history, and accumulating the culture, sports, ethnicity, and economy of regional crowd activities into the comprehensive system of martial arts environment. The definition of martial arts environment system includes three levels: the first level is the resource environment level, the second level is the system environment level, and the third level is the value level. Therefore, the principle of studying the martial arts environment system should be based on these three levels: First, it is necessary to scientifically classify the elements of the
martial arts environment system, gather several subsystems with common characteristics, and describe the structural characteristics of the martial arts sports environment system accordingly; it is to clarify the relationship of restriction, generation and balance among various subsystems; the third is to accurately grasp its branch structure and find the system that enables the ecosystem to be supported. There is no doubt that the study of martial arts environment system must start from these three aspects. As shown in Figure 1.

![Hierarchical diagram of martial arts environment system](image)

**Figure 1.** Hierarchical diagram of martial arts environment system

### 3.2. Environmental factors of martial arts ecological environment system.

Environmental research methods are based on comprehensive, quantitative, and interdisciplinary methods to study environmental systems. The environment is relative to the central thing, and environmental factors are the basic units that constitute the next level of environmental composition. In the development of martial arts, there are too many environmental factors involved. The factors of martial arts in each region are not the same. The styles of martial arts are very different. Moreover, the range of influence of each factor is different. Many factors influence and combine with each other. The research cannot be exhausted. In view of this, this research only selected natural environmental factors, economic environmental factors, social cultural environmental factors, political environmental factors, educational environmental factors, social demand factors, information environmental factors, and technological environmental factors that have a greater impact on the development of martial arts. Give the necessary analysis.
The natural environment, also known as the geographical environment, refers to the natural system that is transformed and used by humans and provides material resources and venues for cultural life, such as the atmosphere, water, plants, animals, soil, rocks and minerals, solar radiation and other factors. People are social and natural. Nature gave birth to life, provided life with conditions for survival, so there were human beings, but nature urged people to constantly improve themselves and improve their ability to adapt to nature. In the face of the natural law of "survival of the fittest and the destruction of the unfit", mankind has shown a positive attitude. As a positive means of fighting against nature, martial arts came into being and gradually evolved in history [3]. Perfect and colourful. The significance of the natural environment to the nurturing of martial arts will be reviewed in detail in the following chapters, and now we must first clarify the relationship between the modern and contemporary natural environment and martial arts. How natural environmental factors affect martial arts is the problem. When human beings do not have the ability to transform nature, they can only let the natural environment dominate at will. It can be said that there is no freedom in front of the natural environment. After the founding of the People’s Republic of China, with the country’s initiatives to "develop sports and enhance the people’s physical fitness", a large number of gymnasiums and martial arts halls have been established throughout the country, free from the constraints of the natural environment of long-term outdoor competitions and open-air skills. The dependence on nature is gradually weakening and the restraining power of natural environmental factors continues to decline. The continuous superiority of the natural environment of martial arts has laid a good natural environment for the popularization and promotion of martial arts.

4. **The current situation and problems of the feasibility of Wushu teaching eco-environmental research camp**

The feasibility of the Emishi Wushu Teaching Eco-environmental Research Camp is limited by the starting point of the professionalization and industrialization of Emishi Wushu teaching. The model is relatively single and the form is relatively fixed. To a certain extent, it restricts the direction and effectiveness of the development of the Ecological Environmental Protection Research Camp. At present, Emishi Wushu teaching eco-environmental protection teaching mainly achieves the acquisition and distribution of validity through content replacement and joint communication. However, the
existence of the basic form increases the cost of the feasibility of the ecological and environmental protection research camp [4]. Content replacement uses content time periods in exchange for the right to eco-environmental education, which provides a paradigm that can be used for reference in the transaction of eco-environmental education rights. However, the rent-seeking in related fields brought about by content replacement itself has raised the level of eco-environmental education risks. At the same time, the above-mentioned joint dissemination method has increased the proportion of eco-environmental protection in the course of eco-environmental protection teaching, and has increased the arrival rate and success rate of eco-environmental protection teaching in the curriculum. From a risk perspective it is a better circumvention. The monopolistic characteristics of the eco-environmental research camps will be strengthened to a certain extent, which will easily lead to insufficient promotion of the eco-environmental research camps, lowered the quality of eco-environmental education and other incidental deficiencies, thereby making the entire eco-environmental protection. The operating eco-environmental protection research camp is in a relatively passive situation.

In addition, the development of our martial arts eco-environmentalized teaching has a series of deficiencies in systems, mechanisms, and eco-environmentalized operations, presenting the following specific problems. First, the basic nature of eco-environmentalized education and the ownership of property rights are blurred. Compared with the research camps of eco-environmental protection in western developed countries, the main body and property rights of Emishi martial arts teaching curriculum eco-environmental protection teaching are relatively lacking, and the resulting property rights disputes and basic obligations are extremely unbalanced. In other words, the ecological environmental protection research camp of Emishi martial arts teaching has the risk of regular operation in the course of ecological environmental protection teaching from the teaching access to the service level and the tax rate. Even if its eco-environmentalized teaching transaction shows a certain trend of eco-environmental protection, the current relevant basic regulations are still lacking, and they are limited to the existence of certain content similar to those in the industry [5]. The clear definition and protection of the curriculum eco-environmentalized teaching is still in place. At the lower level, this also exacerbates the risk to a certain extent. Second, the feasibility of eco-environmental education is low. In the process of martial arts industrialization, the level of eco-environmental protection in curriculum eco-environmental protection teaching has increased. The actual situation is that the ecological environmental protection research camp education and ecological environmental protection risk management and control of Emishi martial arts teaching are still at a low level, even a low-level repetitive situation. Similar to the mandatory public welfare model, the single model of self-production and sales, and the model of quasi-teaching have simultaneously become a new normal. The result is the lack of professional talents in the eco-environmental protection research camp, the poor awareness of the feasibility field, the single ability and means, and the limited governance capabilities, which severely restrict the development of the Emishi martial arts teaching eco-environmental research camp. Third, the lack of regulatory agencies and unreasonable profit distribution. The current ecological and environmental protection research camp field has the basic status of unfavourable supervision, which makes the risk management of certain courses out of control. It is impossible to manage and operate according to the teaching rules, and it is impossible to apply the more advanced Western communication skills and methods. In particular, the validity distribution mechanism of the eco-environmental protection research camp is relatively incomplete, which restricts the clarity of property rights and the clarification of rights, responsibilities and interests, and the effectiveness of the division is not reasonable.

5. Suggestions on the feasibility of martial arts teaching information in Emishi Wushu teaching

5.1. Strengthen the basic protection of ecological and environmental protection research camps
First of all, it is necessary to clarify the basic definition and basic property rights of the eco-environmental protection research camp, strengthen the new impetus of the martial arts department, so that the eco-environmental research camp can occupy an important position in the game of the media
field. Secondly, it is necessary to further strengthen the importance of martial arts video, the Internet, and mobile terminals in the field of ecological environmental protection research camps and martial arts consumption, and strengthen the economic value of ecological environmental protection research camps [6]. It is necessary to further deal with the basic guarantee of the validity distribution among the organizers and participants of the eco-environmental protection research camp and students, increase the investment in risk management and control, and formulate a reasonable distribution plan. Third, it is necessary to further clarify the professionalization and regularization of the ecological and environmental protection research camps, and on the premise of perfecting the relevant basic provisions of the martial arts law, the relevant specific provisions of the ecological environmental protection research camps are included in the basic principles of the martial arts law. Make it standardized and legalized. It is necessary to clarify the ownership of the ecological and environmental protection research camp rights and provide effective protection. Without the permission of the organizer, the institution shall not transfer the ecological environmental protection teaching right to a third party, and clarify the rights, responsibilities and benefits of the ecological environmental protection teaching right of martial arts.

5.2. Continuously improve the level of ecological and environmental protection research camps
The first is to improve the teaching methods, perfect the curriculum eco-environmental protection teaching rules, and continue to implement the basic current situation of the curriculum eco-environmental protection teaching and student needs, so as to realize the new system reform and mechanism improvement of the curriculum eco-environmental protection teaching. In particular, for the rich teaching resources unique to Emishi martial arts teaching, we must make full use of them, actively study the feasibility of the way, improve the relevant packaging integration mechanism, and continuously push various courses into relevant courses operated in an ecological environment. Ecological teaching [7]. The second is to further start from the perspectives of teaching reform, complete mechanism, and improvement of the distribution system, promote the balance of the strength of the ecological and environmental protection teaching groups of various courses, improve the viewing level of participants, and improve the taste of teaching. The third is to realize overall packaging and overall promotion based on the supervision and management of relevant competent departments, and gradually create good development conditions and development environment in the process of ecological environmental protection.

5.3. Strengthen the teaching norms of ecological and environmentally friendly martial arts venues
On the one hand, it is necessary to further standardize the relevant procedures and rules for the transfer of the teaching rights to the ecological and environmental protection of teaching, and firmly control the cost budget of the sales of the ecological and environmental protection of teaching. Actively absorb the relevant experience and practices of the more advanced international competitions in ecological and environmental protection teaching, so that the ecological environmental protection teaching in the teaching can be strictly classified and operated in the ecological environment protection, and reduce the various relatively lacking regulations of "Chinese characteristics". To control risks in related fields, and maintain the validity of teaching eco-environmental protection teaching methods and users.

6. Conclusion
The birthplace of Emei martial arts is steep, and its technical characteristics are strong regional, mainly small, fast, agile and heavy. Its martial arts features are walking in circles, walking with hidden legs. In the practice of internal strength, Emei's internal strength mainly forms the core of internal strength by exercising breathing, guiding, vocalization and exhalation, and then releases powerful explosive power. On the other hand, it is necessary to strengthen the role of teaching laws in the commercial operation of eco-environmental education, make full use of the power of third parties to realize the feasibility of eco-environmental education, and cultivate asset teaching operations with excellent knowledge and experience as soon as possible.
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