Abstract

Introduction: Activation of the endothelin (ET) system promotes inflammation and fibrosis in various tissues including the kidney. Male ET-1 transgenic mice are characterized by chronic kidney inflammation and renal scarring. We hypothesized that this renal phenotype might be modulated by androgens. Thus the aim of our study was to elucidate the impact of gonadectomy in ET-1 transgenic mice on kidney function and morphology.

Methods: Male ET-1 transgenic mice at the age of 10 weeks were randomly allocated to the following groups: normal ET transgenic mice (ET; n = 17) and ET transgenic mice that underwent castration (ET+cas; n = 12). Study duration was 9 months. Creatinine clearance and protein excretion was monitored. At study end animals were sacrificed and kidneys were harvested for histology/immunohistochemistry.

Results: Castration significantly ameliorated glomerulosclerosis in ET-1 transgenic mice (ET glomerulosclerosis-score: 3.0 ± 0.17 vs ET+cas: 2.4 ± 0.17; p<0.05) as well as renal perivascular fibrosis (ET fibrosis-score: 3.0 ± 0.14 vs ET+cas: 2.2 ± 0.14; p<0.05). However, interstitial fibrosis and media/lumen-ratio of renal arteries remained unaffected by castration. Regarding inflammation, castration significantly reduced the number of CD4-positive cells in renal tissue of ET-1 transgenic mice (ET CD4-positive cells/10000 cells: 355 ± 72 vs ET+cas: 147 ± 28; p<0.05). Renal tissue contents of CD8 positive cells as well as of macrophages were not affected by castration. Regarding kidney function castration significantly reduced proteinuria in ET-1 transgenic mice whereas creatinine clearance did not differ between study groups.

Conclusion: Our study demonstrates that the renal histopathological phenotype in male ET-1 transgenic mice with regard to glomerulosclerosis, proteinuria, perivascular fibrosis and immune cell immigration is ameliorated by castration. We thus conclude that the effects of ET-1 overexpression on renal tissue injury are modulated by androgens.

Key words: ET-1, castration, renal phenotype

INTRODUCTION

Endothelin (ET-1) exhibits potent pro-inflammatory and pro-fibrotic properties. Thus, ET-1 transgenic mice overexpressing human ET-1 are characterized by inflammation and fibrosis in various tissues including the kidney (Hocher et al. 1997; Hocher et al. 2000b). However, those studies were carried out using male animals only, therefore the impact of sex hormones on the ET-1-induced phenotype in this model remains unknown. Gender-related differences play a vital role in human cardiovascular disease (for review, see (Regitz-Zagrosek 2006)). Also, gender-related differences in the regulation of vascular tone by ET-1 are described in both human (Ergul et al. 1998) and animal studies (Tatchum-Talom et al. 2000). However, most research in this field focuses on the role of female sex hormones, literature on the impact of androgens on ET-1-induced phenotype is limited.

Thus, our study aimed at elucidating the impact of androgens on the renal phenotype of ET-1 transgenic mice in animals with and without gonadectomy.

MATERIALS AND METHODS

STUDY DESIGN

Animal studies were carried out in accordance with German law governing the use and care of laboratory animals. For our study only male human-ET-1 transgenic mice were used. Animals were housed under standardized conditions with water and food ad libitum. At the age of 10 weeks the animals were randomly allocated to 2 study groups: normal ET transgenic mice (ET; n = 17) and ET transgenic mice that underwent castration (ET+cas; n = 12).

Castration was performed in general anaesthesia using Xylazine/Ketamin ip at a dose of 12mg/80mg per kg/BW. Afterwards, anaesthetized mice were put on a heated table to maintain normal body temperature and scrotum was incised, testicles ligated and removed. Then scrotum was closed with sutures.

After 6 months animals were put in metabolic cages for 24h in order to obtain urine samples and blood samples were taken thereafter for calculation of creatinine clearance using standard formula.
Study duration was 9 months; afterwards animals were sacrificed and kidneys were harvested for histology/immunohistology studies.

**Histological Studies**

Renal tissue samples were all embedded in paraffin, cut into 3 µm sections, subjected to Sirius Red-, periodic acid Schiff- (PAS) and hematoxylin-eosin (HE) staining. Quantitative stereology (i.e. intima/media and lumen area of renal arteries) was analyzed using a computer-aided image analysis system as previously described (Hocher et al. 1999). Renal morphology (interstitial fibrosis, perivascular fibrosis and glomerulosclerosis) was measured as recently described (Hocher et al. 2000a; Haffner et al. 2005). In brief, interstitial fibrosis was evaluated after Sirius Red (SR) staining using computer-aided histomorphometry devices. We measured the relationship of SR-stained area (connective tissue) to total area of the whole section using a light microscope combined with a digital camera. The data thus obtained were analyzed using a PowerMAC and image processing software (Image 1.61 program, shareware of the NIH).

For calculation of the media/lumen ratio of renal arteries we measured the area contents of the media and the lumen after HE-staining using the Image 1.61 program.

Perivascular fibrosis was graded in Sirius Red staining via a scoring system by two independent investigators using who were blinded to the study groups of the animals. Likewise glomerulosclerosis was quantified in PAS.

**Immunohistochemistry**

Slides with 3-mm-thick paraffin sections were de-waxed in xylol (twice for 5 min), and rehydrated in 100% ethanol (twice for 5 min), 75% ethanol (5 min), and tap water (5 min). After washing in Tris-buffered saline (TBS) (twice for 3 min), paraffin sections were digested with 0.0025% trypsin in 0.1% calcium chloride, pH 7.8, for 15 min at 37°C, followed by washing in TBS buffer, pH 7.5 (5 min). The sections were de-natured with 4 mol/liter HCl for 15 min. Nonspecific binding sites were blocked with incubation buffer (bovine serum albumin [BSA], Triton X100, and phosphate-buffered saline [PBS]; three times for 5 min) at room temperature. Excess buffer was removed and the sections were circled with a waterproof pen (Dako, Glostrup, Denmark) and incubated with primary monoclonal antibody (rat anti-mouse mature macrophage antibodies (Austyn & Gordon 1981), anti-CD4 antibodies, anti-CD8 antibodies) for 2 h at 37°C, then overnight at 4°C. Negative control slides were incubated with incubation buffer alone. After washing in PBS the slides were incubated with biotinylated rabbit antirat immunoglobulin G (Jackson ImmunoResearch Labs, West Baltimore, MD), followed by alkaline-phosphatase–conjugated streptavidin complex (Jackson ImmunoResearch) and Fast Red Tablets (Boehringer-Mannheim, Germany) according to the user's manual. Afterwards, sections were analyzed by light microscopy and by a computer-aided image analysis system. We measured the relation of red-stained cells (positive cells) to total cell number of the whole kidney section using the above described computer-aided image analysis system.

**Statistical Analysis**

The data are expressed as means ± SEM. Data for the groups were compared using unpaired student’s t-test and ANOVA. Statistical significance was assumed with a value of p<0.05.

**Results**

Renal function was assessed using metabolic cage experiments at the age of 6 months. Whereas castration had no impact of GFR in ET-1 transgenic mice, protein excretion was significantly attenuated in castrated ET-1 transgenic mice versus normal male ET-1 transgenic mice (see Table 1).

**Table 1. Synopsis of GFR, renal histology and immunohistochemistry.**

| Parameter                  | ET     | ET+CAS |
|----------------------------|--------|--------|
| GFR (ml/min)               | 0.29±0.05 | 0.37±0.02 |
| Protein Excretion (mg/24h) | 30±2.6 | 5+/0.4* |
| Interstitial Fibrosis (%)  | 17.8±1.9 | 14.6±1.8 |
| Media/Lumen-Ratio          | 2.0±0.3 | 2.0±0.3 |
| CD8+cells/10000 cells      | 1987±329 | 2352±397 |
| Macrophages/10000 cells    | 3552±396 | 3446±26 |

All values are given as means ± SEM. *p<0.05 vs. ET

Renal morphology was assessed at study end. Castration had no impact on renal interstitial fibrosis or media/lumen-ratio of renal arteries (see Table 1). However, both glomerulosclerosis and perivascular fibrosis were significantly attenuated in castrated ET-1 transgenic mice (see Fig. 1A+B). Immunohistochemistry revealed significantly reduced renal CD4+ cell contents in castrated ET-1 transgenic mice versus un-castrated controls (see Fig. 1C), whereas no difference concerning renal CD8+ cells or macrophage numbers was detected between the study groups.

**Discussion**

Our study demonstrates that the renal histopathological phenotype in male ET-1 transgenic mice with regard to glomerulosclerosis, proteinuria, perivascular fibrosis and immune cell immigration is ameliorated by castration. The onset of renal glomerulosclerosis, inflammation and fibrosis is consistent with the literature describing the renal phenotype of ET-1 transgenic mice (Hocher et al. 1997). The fact that all detrimental changes associated with ET-1 overexpression are attenuated by gonadectomy suggests a specific interaction of male sex hormones with the endothelin system. This is in line with a human study (Polderman et al. 1993) describing plasma ET-1 levels in male, fe-
male and female-to-male transsexuals treated with testosterone. They found that males exhibited higher ET-1 plasma levels than females and cross-gender treatment of female-to-male transsexuals with testosterone significantly increased plasma ET-1 levels. Another human study (Ammar et al. 2004) demonstrated that 16 weeks of testosterone treatment in rabbits potentiated the vasoconstrictive response to ET-1 in isolated aortic rings. All those human and animal studies are highly suggestive that male sex hormones act as enhancers of ET-1 and its actions. However, to our knowledge our study is the first to describe a beneficial effect of androgen depletion on ET-1-induced target organ damage. Further studies are warranted to elucidate if this can be extended to other ET-1-induced injuries like ET-1-induced heart disease (Yang et al. 2004).

Taken together our study demonstrates that the detrimental renal alterations associated with ET-1 overexpression are attenuated by gonadectomy in male ET-1 transgenic mice indicating a role for male sex hormones as enhancers of ET-1-induced renal injury.

Acknowledgements: This study was partially supported by grants from the Deutsche Forschungsgemeinschaft (DFG) (PE 388/20-1 and HO 1665/5-2) and a grant from the Immunodiagnostik AG, Bensheim, Germany to B. Hocher.

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Received: November 28, 2008 / Accepted: December 3, 2008

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