Original Article

Negative Correlation of Serum Hepatitis B Surface Antigen and Hepatitis B e Antigen Levels with the Severity of Liver Inflammation in Treatment-naïve Patients with Chronic Hepatitis B Virus Infection

Lu Zhang¹, Ming-Hui Li¹, Wei-Hua Cao¹, Tian-Lin Qi¹, Yao Lu¹, Shu-Ling Wu¹, Hong-Xiao Hao¹, Ge Shen¹, Ru-Yu Liu¹, Lei-Ping Hu¹, Min Chang¹, Wen-Hao Hua², Shu-Jing Song², Gang Wan¹, Yao Xie¹

¹Liver Diseases Center, Beijing Ditan Hospital, Capital Medical University, Beijing 100015, China
²Clinical Test Center, Beijing Ditan Hospital, Capital Medical University, Beijing 100015, China

Background: Estimating the grades of liver inflammation is critical in the determination of antiviral therapy in patients chronically infected with hepatitis B virus (HBV). The aim of this study was to investigate the correlation of serum levels of hepatitis B surface antigen (HBsAg) and hepatitis B e antigen (HBeAg) with the liver inflammation grades in treatment-naïve patients with chronic HBV infection.

Methods: We retrospectively enrolled 584 treatment-naïve HBeAg-positive patients who underwent liver biopsy in Ditan Hospital from January 2008 to January 2016. Based on the severity of liver inflammation, the patients were divided into minimal, mild, and moderate groups. SPSS software was used for statistical analysis of all relevant data.

Results: The liver histological examinations showed that 324, 194, and 66 patients had minimal, mild, and moderate liver inflammation, respectively. The median age of the three groups was 30, 33, and 38 years, respectively ($\chi^2 = 26.00, P < 0.001$). The median HBsAg levels in minimal, mild, and moderate inflammation groups were 4.40, 4.16, and 3.67 log U/ml, respectively, and the median HBeAg levels in the three groups were 3.12, 2.99, and 1.86 log sample/cutoff, respectively; both antigens tended to decrease as the grade of inflammation increased ($\chi^2 = 99.68$ and $\chi^2 = 99.23$, respectively; both $P < 0.001$). The cutoff values of receiver operating characteristic curve in the age, HBsAg and HBeAg levels were 36 years, 4.31 log U/ml, and 2.86 log S/CO, respectively, to distinguish minimal grade and other grades of treatment-naïve HBeAg-positive patients with chronic HBV infection.

Conclusions: Serum HBsAg and HBeAg quantitation might gradually decrease with aggravated liver inflammation and the corresponding cutoff values might help us to distinguish minimal grades and other grades and detect those who do not need antiviral therapy in treatment-naïve HBeAg-positive patients with chronic HBV infection.

Key words: Chronic Hepatitis B Virus Infection; Hepatitis B e Antigen; Hepatitis B Surface Antigen; Liver Inflammation

Introduction

The natural history of chronic hepatitis B virus (HBV) infection is usually divided into four states: immune tolerance, immune clearance or hepatitis B e antigen (HBeAg) positive immune activation, inactive hepatitis B surface antigen (HBsAg) carrier, and HBeAg negative chronic hepatitis B (CHB), according to the American Association for the Study of Liver Diseases (AASLD) and Asian Pacific Association for the Study of the Liver (APASL).¹⁻² The new guidelines of European Association for the Study of the Liver (EASL) of 2017 emphasize the liver inflammation, and accordingly the chronic HBV-infected patients could be divided into

Address for correspondence: Dr. Yao Xie,
Liver Diseases Center, Beijing Ditan Hospital, Capital Medical University, Beijing 100015, China
E-Mail: xieyao00120184@sina.com

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infection or hepatitis stages according to the presence or absence of liver inflammation and its severity.[5] In the natural history of chronic HBV-infected patients, the evolution of liver inflammation was accompanied by changes in age, serum HBsAg, and HBeAg quantitation under a regular pattern in the absence of antiviral treatment intervention.[4] We attempted to study the correlation of serum HBsAg and HBeAg levels with liver inflammation grades and find out whether some of the treatment-naïve HBeAg-positive patients with chronic HBV-infection in China do not need the antiviral therapy.

Methods

Ethical approval

This study was conducted in accordance with the Declaration of Helsinki and was approved by the local ethics committee of the institute (No. 201703601). Written informed consent was obtained from all patients before their enrollment in this study.

Patients and study design

We retrospectively enrolled 584 treatment-naïve HBeAg-positive patients who underwent liver biopsy in Ditan Hospital from January 2008 to January 2016. Entry standards: patients who were infected with CHB for more than 6 months, e antigen positive without antiviral treatment and experienced liver biopsy were recruited. The enrolled patients also had alanine aminotransferase (ALT) levels ≤2 folds of upper limit normal (ULN, 80 U/L) for half a year and HBV DNA ≥10^5 U/ml. Exclusion criteria: patients with liver cirrhosis, with other combined viral hepatitis, i.e., hepatitis A, C, D, E, or HIV infection, alcoholic liver diseases, drug-related liver injury, autoimmune hepatitis, metabolic liver disease, or liver cancer were excluded. Pregnant female patients were also excluded. All patients had data of following parameters: the quantitative HBsAg/HBeAg, blood routine tests, liver function tests, HBV DNA quantitation and blood coagulation determined using blood samples. All stained specimens of liver biopsy were independently read by three pathologists, and the average scores were taken as the final Knodell scores.

Serological assays

Serum HBsAg and HBeAg levels were measured by an Abbott Architect i2000 detection reagent (Abbott Diagnostics, Abbott Park, IL, USA); the HBsAg dynamic range was 0.05–250 U/ml. Samples with HBsAg levels >250 U/ml were diluted to 1:500–1:1000. The positive HBeAg levels were diluted as >1 sample/cutoff (S/CO).

Liver biopsy

Liver biopsy was performed with the guidance of color Doppler ultrasound (Siemens Company, NJ, USA) using a puncture needle of 16G named Max-Core (BARD, Peripheral Vascular, Inc., USA). Nikon Eclipse 80i Microscope (Nikon, Inc., Japan) was used for examination of the stained slices of liver biopsy specimens. The specimens of liver biopsy were independently read by three pathologists, and the average scores were taken as the final Knodell scores.

Statistical analysis

Serum HBsAg and HBeAg concentrations were logarithmically transformed for analysis. Continuous variables were expressed as median (interquartile). Comparisons were performed with Kruskal-Wallis and Mann-Whitney U-tests for nonparametric data. Fisher’s exact or Chi-square test was applied for comparison of categorical data. Two-tailed tests were used, P<0.05 was considered statistically significant and P<0.01 was considered highly statistically significant. The correlation between liver inflammation and age, serum HBsAg, and HBeAg were analyzed by ordinal logistic regression analysis. Statistical analysis of receiver operating characteristic curve (ROC) and cutoff values was carried out by SPSS version 18.0 (SPSS Inc., Chicago, IL, USA).

Results

Clinical characteristics

Totally, 584 patients were included in this study. The liver histopathological examinations showed that 324, 194, and 66 patients had minimal, mild, and moderate liver inflammation, respectively. The median age of the patients in the three groups was 30, 33, and 38 years, respectively (χ^2 = 26.00, P<0.001). The median HBsAg levels in minimal, mild, and moderate inflammation groups were 4.40, 4.16, and 3.67 log U/ml respectively, and the median HBeAg levels in the three groups were 3.12, 2.99, and 1.86 log S/CO, respectively; both antigens tended to decrease as the inflammation increased [all P<0.001, Table 1].

The results showed that 55.48% (324/584) of patients with HBeAg-positive chronic HBV-infection were in minimal liver lesion stage and 44.52% (260/584) of patients were in other stages (mild and moderate).

As age increased, liver inflammation grades increased. As the quantitation of serum HBsAg and HBeAg decreased, inflammation grades increased [Figure 1].

Correlation between liver inflammation grades and age, serum hepatitis B surface antigen, and hepatitis B e antigen quantitation

Data of correlation between liver inflammation grades and age, serum HBsAg, and HBeAg were analyzed by ordinal logistic regression analysis in Table 2.

A positive correlation was found between age and liver inflammation grades, P=0.008 (B=0.018, 95% confidence interval [CI], 0.005, 0.031). A negative correlation was found between serum HBsAg or HBeAg quantitation and liver inflammation grades, P=0.013 (B=−0.267, 95% CI [−0.478, −0.057]) and P<0.001 (B=−0.362, 95%
CI \([-0.506, -0.217]\). No correlation was found between sex and the liver inflammation.

ROC and cutoff value of differentiating minimal grade and other (mild and moderate) grades in treatment-naïve HBeAg-positive chronic HBV-infected patients [Table 3 and Figure 2].

As shown in Table 3, the cutoff for differentiating in minimal grade were the age of 36 years (the positive predictive value [PPV] value 55% and the negative predictive value [NPV] value 62%), HBeAg 2.86 log S/CO (the PPV value 73%, HbsAg 4.31 log U/ml (the PPV value 72% and the NPV value 69%) respectively in treatment-naïve HBeAg-positive chronic HBV-infected patients.

### DISCUSSION

After a person was infected with HBV from maternal-neonatal transmission, the compromise and struggle between human immune system and HBV caused the evolution stages of immune tolerance, HBeAg-positive immune activation, inactive HBsAg carrier state, HBeAg-negative CHB in several years or even decades. At the initial stage liver pathology showed minimal inflammation and the disease gradually progresses to mild, moderate, and severe inflammation and even liver fibrosis, and serum HBV infection markers (HBsAg, HBeAg, and HBV DNA) also evolve at the same time.\(^{[1-3,6,7]}\)

The only effective way to prevent HBV patients from cirrhosis is antiviral treatment. Effective antiviral therapy could even result in the control of liver inflammation and even HBsAg loss in a proportion of patients with lower baseline HBsAg level.\(^{[8]}\)

The clinical guidelines of 2015 AASLD, APASL, 2017 EASL all agreed that active liver inflammation of pathologic features was one of the main symbols of the beginning of antiviral treatment.\(^{[1-3]}\) Which parameter could represent the degree of liver inflammation? The most direct method was liver biopsy. In treatment-naïve chronic HBV-infected patients, liver biopsy was the golden standard to evaluate the degree of activity of liver inflammation in chronic HBV-infected patients. In the previous antiviral evaluation, we concluded that the immune tolerance phase roughly corresponds to the minimal phase of liver pathology.\(^{[1-5]}\) The severe phase was not involved in this study because other serum indicators such as more than 2 folds of ULN ALT in this grade maybe indicate the active liver inflammation. A variety of guidelines agreed that antiviral therapy was not necessary in minimal liver inflammation in CHB patients, and the mark of beginning antiviral therapies was obvious liver inflammation such as mild or moderate conditions.\(^{[1-3]}\)

We acknowledged that liver biopsy was helpful in judging the liver inflammation, and liver biopsy might not be performed in every CHB patient with its shortcoming of invasiveness and lack of reproducibility. In the clinical guideline of 2015 AASLD, APASL, 2015 guidelines for the prevention and treatment of CHB in China, 2017 EASL, the adopted direct parameters for active liver inflammation were ALT and HBV DNA. ALT (>2 ULN) had been accepted as a milestone of active liver inflammation grades and starting point for antiviral therapy in HBeAg-positive chronic HBV-infected patients in all the above-mentioned guidelines. The normal ULNS of ALT was 40U/L in Asia and Europe, which is different from 30 U/L for male and 19 U/L for female in the USA.\(^{[1-3]}\) A person with ALT ≤2 ULN (80 U/L) need to be treated according to all guideline? The answer was no. All the guidelines\(^{[1-3]}\) pointed out that liver biopsy might be applied for detecting active liver inflammation when chronic HBV-infected patients with 1 ULN ≤ ALT ≤2 ULN (40≤ ALT ≤80 U/L in Asia and Europe; 30 U/L ≤ ALT ≤60 U/L for male and 19 ≤ ALT ≤38 U/L for female in the USA), especially when age was over 40 years. There were data suggesting that people with 0.5 ULN ≤ ALT <1 ULN still had liver inflammation other than the minimal stage.

Therefore, ALT ≤80 U/L might be seen in many chronic HBV-infected patients with active liver inflammation, and
we should have other parameters to judge who would need antiviral therapy. The liver biopsy should be suggested in people with ALT ≤80 U/L which conform to the interests of chronic HBV-infected patients without a doubt in most cases. In this study, we enrolled chronic HBV-infected patients with ALT ≤80 U/L. Quantitative data of serum HBV DNA (roughly >1 million U/ml in 2015 AASLD; >10^7 U/ml in 2017 EASL; >200,000 U/ml in guidelines for the prevention and treatment of CHB in China, 2015 Edition) might be considered a marker of immune tolerance. The use of specific HBV DNA cutoff value to determine breaking immune tolerance had rarely been reported in the literature. All guidelines pointed out that the median HBsAg in immune tolerance of CHB patients might be correlated with HBV DNA level. After reviewing the literature, we found that serum HBsAg and HBeAg were associated with HBV replication capability, the former was widely studied. In previous reports, serum HBsAg was more representative of the active level of covalently closed circular DNA which was the primary replication template of HBV. The evolution of HBsAg and HBeAg quantitation in chronic HBV-infected patients maybe potential parameter to reflect the liver inflammation, but specific and accurate data from larger sample size are still needed.[11–15] Eventually, age, the quantitation of HBsAg and HBeAg, were included in this study for the exact judgment of liver inflammation grades in chronic HBV-infected patients in China.

The cutoff value of 36 years might be mainly related to mother-to-child transmission which resulted in relatively an immune tolerance period of up to 30 years in treatment-naïve HBeAg-positive chronic HBV-infected patients in China. The exact mechanism might be related to the decline of the immune tolerance factor of e antigen and the activation of active and passive immune response with the age increases. In this study, we also found that serum HBsAg and HBeAg were negatively correlated with inflammation in treatment-naïve HBeAg-positive chronic HBV-infected patients. For nonparametric data, Jaroszewicz et al.'s results in Cambodia on Asia were all lower than Jaroszewicz et al.'s results in China.

Table 3: The AUC and CO values of age, serum HBsAg, HBeAg quantitation for minimal grade and other grades (mild and moderate) in HBeAg-positive chronic HBV-infected patients

| Parameters           | CO value for discriminating minimal grade | AUC (95% CI) | SEN (%) | SPE (%) | PPV (%) | NPV (%) |
|----------------------|------------------------------------------|-------------|---------|---------|---------|---------|
| Age (years)          | 36.00                                    | 0.613 (0.567–0.658) | 68.94   | 50.31   | 55      | 62      |
| HBsAg (log U/ml)     | 4.31                                     | 0.710 (0.667–0.753) | 67.42   | 72.22   | 72      | 69      |
| HBeAg (log S/CO)     | 2.86                                     | 0.711 (0.668–0.755) | 55.68   | 83.64   | 65      | 73      |

AUC: Area under receiver operating characteristic curve; SEN: Sensitivity; SPE: Specificity; PPV: Positive predictive value; NPV: Negative predictive value; CI: Confidence interval; HBsAg: Hepatitis B surface antigen; HBeAg: Hepatitis B e antigen; S/CO: Sample/cutoff; HBV: Hepatitis B virus.

![Figure 1](image.png)

Figure 1: Comparison of the baseline characteristics of age, serum HBsAg, HBeAg quantitation in the minimal, mild, moderate grades of liver inflammation in treatment-naïve HBeAg-positive chronic HBV-infected patients. (a) The comparison results of the baseline age of the minimal, mild, moderate grade in treatment-naïve HBeAg-positive chronic HBV-infected patients. As age increases, liver inflammation grades increase. Minimal versus mild (z = −51.870, P < 0.001); minimal versus moderate (z = −103.178, P < 0.001); mild versus moderate (z = −51.308, P = 0.033). (b) The comparison results of the baseline HBsAg of the minimal, mild, moderate grade in treatment-naïve HBeAg-positive chronic HBV-infected patients. As the quantitation of HBsAg decrease, inflammation grades increase. Minimal versus mild (z = 100.788, P < 0.001); minimal versus moderate (z = 199.578, P < 0.001); mild versus moderate (z = 98.790, P < 0.001). (c) The comparison results of the baseline HBeAg the minimal, mild, moderate grade in HBeAg-positive CHB. As the quantitation of HBeAg decrease, inflammation grades increase. Minimal versus mild (z = 94.092, P < 0.001); minimal versus moderate (z = 207.829, P < 0.001); mild versus moderate (z = 113.804, P < 0.001). HBsAg: Hepatitis B surface antigen; HBeAg: Hepatitis B e antigen; S/CO: Sample/cutoff; HBV: Hepatitis B virus.
people might also affect the median of HBsAg. There was little information about the median HBeAg in immune tolerance and the research found the median HBeAg was 3.12 log S/CO. The significance of the median was far less than the ROC and cutoff values in clinical analysis. The cutoff values of serum HBsAg and HBeAg might be rarely influenced by proportion of young people, but might be influenced by various races, regions, different HBV subtypes. The key finding of this study was that the ROC for predicting the minimal grade was 0.710 (HBsAg 4.31 log U/ml, sensitivity 67.42%, specificity 72.22%, respectively) and 0.711 (HBeAg 2.86 log S/CO, sensitivity 55.68%, specificity 83.64%, respectively) in the sample population. Wang et al.,[17] also concluded that the cutoff values for differentiating immune tolerance from immune active phase of HBsAg and HBeAg were 4.41 log U/ml and 1118.96 S/CO (3.05 log U/ml) slightly higher than our results. Zeng et al.[18] mentioned that the AUC of ROC for predicting the IT phase was 0.831 (HBsAg 4.398 log U/ml, sensitivity 87.5%, specificity 73.2%) in chronic HBV-infected patients of Southern China by liver biopsy in 2016. As a study of ROC, Zeng et al.'s[18] research was less than those in this research for immune tolerance and immune active grade.

The clinical significance of this study is its practical value. The infection rate of chronic HBV infection in China was about 7.18% in 2016. The effective antiviral therapy for chronic HBV-infected patients were interferon and nucleoside analogs, the cost of the latter was <50–100 dollars per month in China. All the relevant guidelines[3-5] suggested that patients were included in the observational cohort unless there were clear evidences of immune tolerance or minimal liver inflammation for chronic HBV-infected patients. Because of various ethnicity, and HBV genotype, we needed to be more cautious about chronic HBV-infected patients with ALT <80 U/L. After 44.52% chronic HBV-infected patients with ALT ≤80 U/L were in stages other than minimal inflammation and should begin antiviral therapy in China. The cutoff values of 4.31 log U/ml for HBsAg, 2.86 log S/CO for HBeAg might help us to make decision for antiviral therapy without histological data.

The advantages of this study were mainly four aspects. First, there were 584 liver biopsy specimens which were enough for data analysis. Second, three cutoff values of age, HBsAg, HBeAg were determined for minimal grade and other (mild and moderate) grades. The median index was more affected by the proportion of young patients than cutoff value in HBeAg-positive chronic HBV-infected patients. Third, Knodell scoring system was adopted in this present study was easily to compare in similar research. Last, in a similar study[6-9] of serum HBsAg and HBeAg, the standards by which groups were divided into immune tolerance and HBeAg positive immune activation stages were complicated, and indirectly, but division by pathology of liver inflammation would be more accurate and intuitive.

The shortcomings of the study are as following: First, it was a retrospective study. Second, the severe phase was not involved in the research, because ALT ≥80 U/L could predict antiviral therapy. Third, no genotype detection for HBV was conducted for enrolled patients. Nguyen et al.[15] have reported that the median of HBsAg quantitation has resemblance between genotype B and C which were mainly the genotypes seen in Northern China. Forth, AUC of ROCs in age, serum HBsAg, and HBeAg for determining minimal liver inflammation were 0.613, 0.710, and 0.711, respectively. AUC: Area under ROC; ROC: Receiver operating characteristic curve; HBsAg: Hepatitis B surface antigen; HBeAg: Hepatitis B e antigen; S/CO: Sample/cutoff.
serum HBsAg, and HBeAg quantitation together in clinical diagnosis and treatment in the next studies. Last, the clinical significance of HBeAg is slightly less than HBsAg because of the possible variations in the precore G1896A mutation and basal core promoter A1762T/G1764A mutation in chronic HBV-infected patients.

In summary, serum HBsAg and HBeAg quantitation gradually decreased accompanied by liver inflammation grades increase in treatment-naive HBeAg-positive chronic HBV-infected patients. There was a positive correlation between age and liver inflammation grades and a negative correlation between quantitation and liver inflammation grades. The HBsAg or HBeAg cutoff values for distinguishing minimal grade and the other grades were 36 years, 4.31 log U/ml, 2.86 log S/CO, respectively, in treatment-naive HBeAg-positive chronic HBV-infected patients, which would help us to detect those who do not need antiviral therapy in China; 44.52% chronic HBV-infected patients with ALT≤80 U/L might need antiviral therapy and 55.48% should be in regular clinical follow-up.

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**Conflicts of interest**

There are no conflicts of interest.

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