Review Article
Botanical, Traditional Use, Phytochemical, and Toxicological of Arisaematis rhizoma

Chun-yan Qi,1 Jing Wang,1 Xu Wu,1 Su-rong He,1 Qiao Zhang,1,2 Jian-hua Wu,1,2 and Chong-bo Zhao1,2

1College of Pharmacy, Shaanxi University of Chinese Medicine, Xianyang 712046, China
2College of Pharmacy, Engineering Technology Research Center of Shaanxi Administration of Chinese Herbal Pieces, Shaanxi University of Chinese Medicine, Xianyang 712046, China

Correspondence should be addressed to Chong-bo Zhao; zhao_chongbo@126.com

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Aim of the Study. This paper summarizes the traditional uses, botany, chemical composition, pharmacology, pharmacodynamics, and toxicology of Arisaematis rhizoma (hereafter referred to as AR). In addition, the future development and research prospect of AR were discussed in detail. Although many traditional uses of AR have been confirmed, it is essential to study the relationship between its structure and function, clarify the mechanism of pharmacological action, and explore new clinical applications.

Materials and Methods. This review is a collection of all possible studies on AR, published in scientific journals, papers, and books. Using the papers related to Arisaematis, such as ScienceDirect, Wiley Online Library, Springer Link, Web of Science, CNKI, and WanFang Database. In this paper, the traditional uses, botany, phytochemistry, pharmacology, and toxicology of AR were reviewed. Finally, the existing problems and research directions of the research on AR are discussed.

Results. Ninety-eight chemical constituents were isolated from AR. AR has a wide range of pharmacological effects, such as the effects on the central nervous system and cardiovascular system. It also has anti-tumor, sedative, analgesic, anticonvulsant, anti-inflammatory, expectorant, antiarrhythmic, anticoagulant, and other effects. It is also considered an effective drug for in vitro and in vivo validation.

Conclusions. AR is an excellent traditional medicinal plant in China. Pharmacological studies support the traditional use of AR and may verify the folk use of AR in the treatment of different diseases. The anti-tumor effect of AR has been widely concerned by scholars at home and abroad. It has become a hot spot in recent years and has made great contributions to the survival and development of human beings. Although it has a high value of comprehensive utilization, its development and utilization are far from enough. Therefore, the comprehensive development of AR is worthy of further analysis.

1. Introduction

Arisaematis rhizoma (hereafter referred to as AR) is a tuber of the Arisaema plant of the Araceae family [1]. There are about 115 genera and more than 2,000 species in the Araceae family that are widely distributed all over the world, with more than 92% of them produced in the tropics. Among them, there are more than 90 species in the provinces of North and South China, 59 of which are endemic to China [2]. AR was first recorded as a herbal medicine in Shennong materia classic [3]. The tuber of Pinellia pedatisecta Schott was used as AR until the Song Dynasty (Kaibao Materia Medica) [4]. In the current market circulation, Pinellia palmata was widely used as a substitute for AR. The rhizomes of Arisaema rubescens (Wall.) Schott, Arisaema amurense Maxim, and Arisaema heterophyllum Blume are all used as AR [5]. Because of its toxicity, AR was listed as one of the 28 toxic traditional Chinese medicine in clinical. If it is intended for oral administration, the processed AR (Arisaematis rhizome preparatum and Arisaema cum Bile) were preparation must be performed by an experienced individual. Previous works showed that AR contains lectins, alkaloids, flavonoids, steroids, terpenes, glycosides, amino acids, lignin, phenylpropanoids, and polysaccharides. In addition, many studies have found that AR has a wide range of pharmacological activities, including anti-tumor, anti-convulsant, anti-inflammatory, anti-bacterial, anti-arrhythmic,
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sedative and analgesic, anti-coagulant, and killing properties against the *Oncomelania* snail. Besides, AR is commonly recognized as a poisonous plant, and previous investigations have reported that the needle-like calcium oxalate crystals and lectins are the major toxic components of this plant [6].

This review is a collection of all possible studies on *Arisaema*, published in scientific journals, papers, and books. Using the papers related to *Arisaematis*, such as ScienceDirect, Wiley Online Library, Springer Link, Web of Science, CNKI, and WanFang Database. In this paper, the traditional uses, botany, phytochemistry, pharmacology, and toxicology of *Arisaema* were reviewed. Finally, the existing problems and research directions of the research on *Arisaematis* are discussed.

2. Traditional Usages and Modern Indications

AR has more than 2,000 years of history in China as a traditional medicinal plant [7]. It was found that AR had the functions of drying dampness and resolving phlegm, dispelling wind and calming nerves, and eliminating swelling and resolving knots. It can be used to treat apoplectic pelling wind and calming nerves, and eliminating swelling, so they can cure tongue erosion. At the same time, in order to better meet the clinical needs, the formulation of powder, extract, and the fruit period is from May to June, and the fruit period is August.

The height of *A. amurense* Maxim. (东北天南星) is about 35–60 cm (see Figure 1(c)), and the fibrous roots above it are distributed radially. The leaves are totally divided in the shape of bird toes, with five lobes (but only three lobes in the annual *Arisaema amurenensis*), and they are obovate or broadly obovate, with a length of 11–15 cm and a width of 6–8 cm, all of which have irregular teeth. The inflorescence is 20–40 cm long, and the spathes are green or purple, with a total length of 11–14 cm. The inflorescence has rod-shaped appendages at the top. It is in berry red, flowers from July to August, and grows in a shady and humid forest on a shady slope.

*Heterophyllum* Blume (异叶天南星) is a perennial herb (see Figure 1(e)), with a height of 15–30 cm. There is a leaf 2–4 cm in diameter, with 13–19 lobes in bird’s toe shape, a narrow tip and tapered base over the whole, lateral lobes 7–24 cm long and 2–6 cm wide, and the smallest central lobe. The flower stalk is extracted from the leaf sheath and is 30–55 cm long. The spathes are green; its lower part is tubular; and its upper part is bent downward like a helmet. With the inflorescence shape like a meat spike, the unisexual inflorescence is in the lower part of the male flower. The lower part of the bisexual inflorescence is a female flower, the upper part is a sparsely male flower, and the appendage at the top of inflorescence axis is mouse-tail-shaped, protruding. Berries are red when ripe. The flowering period is from April to May, and the fruit period is from July to September.

The dried tubers of AR are oblate and massive. The diameter is about 2 to 7 cm, and the thickness is about 1 to 2 cm. The surface is wrinkled or smooth, milky white or brown, with pitted fibrous root marks around (Figure 1(b)). A hard texture that is not easy to break, uneven section,

3. Botanical Aspects

Three plants of AR consist of *A. erubescens* (Wall.) Schott., *Arisaema amurense* Maxim., and *A. heterophyllum* Blume; all of them are perennial herbs of about 40–90 cm high. Its petiole is vertical and cylindrical and is about 40–55 cm long with a sheathed lower part. The base is covered with a transparent long membrane sheath and white green or purple spots on the long membrane sheath are present. The tuber is oblate with a straight diameter of about 2.5 to 5.5 cm. The outer skin of the tuber is yellow brown. The leaves are all split into leaflets, which are similar to palmate compound leaves, with 7–23 lobes that are lanceolate or long lanceolate in shape. This is about 13 to 19 cm in length and 1.5 to 2.5 cm in width. From the apex to the end, they are aven-shaped, whole, narrow, and wedge-shaped at the base, and the veins are feathery. Both sides of the leaves are smooth and glabrous, green above, and light green below (Figure 1) [12].

The flowers are dioecious, with a thick inflorescence axis, fleshy spikes, and club-like appendages at the apex. The peduncle is about 30 to 70 cm long, and the spathes are mostly green with a few purple ones. The male flowers have many stamens, with 2–4 clustered into a cluster; the anthers are black purple; and the female flowers are dense. Each flower is composed of one pistil; the ovary is oval; and the style is short. The berries of the plant are red. The flowering period of AR is from May to June, and the fruit period is August.

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| Preparation name | Main compositions | Formulation | Traditional and clinical usages | Ref. |
|------------------|-------------------|-------------|---------------------------------|------|
| San Sheng Yin    | *Arisaema amurense* Maxim. *Aucklandia lappa* Decne. *Aconitum carmichaelii* Debx. *Aconitum carmichaelii* Debx. | Decoction | It is mainly used to treat apoplexy, faintness, askew mouth and eyes, and hemiplegia. | Qi Xiao Liang Fang 《奇效良方》 |
| Yu Zhen San      | *Angelica dahurica* (Fisch. ex Hoffm.) *Arisaema amurense* Maxim. *Typhonium giganteum* Engl. *Gastrodia elata* Bl. *Notopterygium incisum* Ting ex H. T. Chang *Saposhnikovia divaricata* (Turcz.) Schischk | Decoction | Tetanus | Chinese pharmacopoeia, 2020 《中国药典》 |
| Hua Tan Wan      | *Pinellia ternata* (Thunb.) Breit. *Arisaema amurense* Maxim. *Gleditsia sinensis* Lam. *Zingiber officinale* Rosc. *Citrus reticulata* Blanco (Qingpi) *Citrus reticulata* Blanco (Chenpi) *Perilla frutescens* (L.) Britt. *Raphanus sativus* L. *Prunus armeniaca* L. *Pueraria lobata* (Willd.) Ohwi *Hordeum vulgare* L. *Crataegus pinnatifida* Bge *Cyperus rotundus* L. | Pills | To dissipate phlegm. Main phlegm dampness, food accumulation and internal obstruction, cough and asthma, chest and diaphragm distention, and phlegm retention. | Chinese pharmacopoeia, 2020 《中国药典》 |
| Yi Zi San        | *Cinnabar* *Cicadae Periostracum* *Bombyx Batryticatus* *Pinelliae Rhizoma* *Arisaematis Rhizom* | Powder | Infantile apoplexy, hand, and foot contracture | Sheng Hu Juan Ba Shi San 《圣惠》卷八十三方 |
| Zhui Feng San    | *Aconitum carmichaelii* Debx. *Saposhnikovia divaricata* (Turcz.) Schischk *Ligusticum chuanxiong* Hort. *Bombyx mori* Linnaeus *Schizonepeta tenuifolia* Briq. *Glycyrrhiza uralensis* Fisch. *Typhonium giganteum* Engl. *Notopterygium incisum* Ting ex H. T. Chang *Angelica dahurica* (Fisch. ex Hoffm.) Benth. et Hook. f *Arisaema amurense* Maxim. *Gastrodia elata* Bl. *Boswellia carterii* Birdw. *Pheretima vulgaris* Chen. *Commiphora myrrha* Engl. | Powder | Dispel wind evil, clear the head, benefit the pharynx and diaphragm, dissipate phlegm, and saliva. It can cure headache, dizziness, palpitation, fever, pain, nasal congestion, neck and back, or itchy skin. | Mi Chuan Zheng Zhi Yao Jue Lei Fang 《秘传证治要诀类方》 |
| Huo Luo Dan      | *Aconitum carmichaelii* Debx. *Aconitum kusnezoffii* Reichb. *Pheretima vulgaris* Chen. *Arisaema amurense* Maxim. *Boswellia carterii* Birdw. *Commiphora myrrha* Engl. | Pills | Spleen blood cold for a long time, stagnation of meridians and collaterals, flowing foot and hand, muscle and pulse contracture fist, or redness and swelling, hard walking, heavy waist and legs, and pain of foot lifting. | Tai Ping Hui Min He Ji Ju fang 《太平惠民和剂局方》卷一 |
| Preparation name | Main compositions | Formulation | Traditional and clinical usages | Ref. |
|------------------|-------------------|-------------|--------------------------------|------|
| Qing Qi Hua Tan Wan | *Citrus reticulata* Blanco, *Corydalis bungeana* Turcz, *Citrus sinensis* Osbeck, *Scutellaria baicalensis* Georgi, *Trichosanthes kirilowill* Maxim., *Poria cocos* (Schw.) Wolf, *Pinellia ternata* (Thunb.) Breit. | Pills | It has the effect of clearing away heat and resolving phlegm, regulating qi, and relieving cough, and it is mainly used to treat all kinds of phlegm fire syndrome and phlegm heat syndrome. | Chinese pharmacopoeia, 2020 《中国药典》 |
| | *Gastrodia elata* Bl., *Fritillaria cirrhosa* D. Don, *Pinellia ternata* (Thunb.) Breit., *Poria cocos* (Schw.) Wolf, *Acorus tatarinowii* Schott, *Buthus martensi* Karsch, *Bombyx mori* Linnaeus, *Citrus reticulata* Blanco (Chenpi), *Polygala tenuifolia* Willd., *Salvia miltiorrhiza* Bge., *Ophiopogon japonicus* (L. f) Ker-gawl | Pills |  |  |
| Ding Xian Wan | *Bos taurus domesticus* Gmelin, *Bambusa textilis* McClure, *Poria cocos* (Schw.) Wolf, *Moschus berezovskii* Florov. dry secretions in the sachet of mature male musk deer, *Buthus martensi* Karsch, *Bombyx mori* Linnaeus | Pills |  |  |
| Niu Huang Bao Long Wan | *Notopterygium inchum* Ting ex H. T. Chang, *Angelica pubescens* maxim. f. *biserrata* Shan et yuan, *Saposhnikovia divaricata* (Turcz.) Schischk, *Gastrodia elata* Bl., *Panax ginseng* C. A. Mey dried roots and rhizomes, *Ligusticum chuanxiong* Hort. dried roots, *Schizonepeta Tenuifolia* Briq. dried aboveground part, *Buthus martensi* karsch dried bulk | Pills | It has the effect of clearing away heat and shock, dispelling wind, and resolving phlegm. It is used for the convulsion caused by the excess of wind and phlegm in children. | Chinese pharmacopoeia, 2020 《中国药典》 |
| Hua Feng Dan | *Dioscorea opposita* Thunb. dried roots, *Glycyrrhiza uralensis* Fisch. dried roots and rhizomes, *Bambusa textilis* McClure dry fluid, *Santalum album* L. dried heartwood, *Citrus aurantium* L. dried and immature fruit (Zhiqiao), *Citrus aurantium* L. dried and immature small fruit (Zhishi), *Panax ginseng* C.A. Mey dried roots and rhizomes, *Ligusticum chuanxiong* Hort. dried roots, *Schizonepeta Tenuifolia* Briq. dried aboveground part, *Buthus martensi* karsch dried bulk | Pills | Expectorant, anti-pyretic, and convulsive. Treat children with convulsion and epilepsy. | Yin Tong Bai Wen Juan Shang 《婴童百问》卷上 |
| Hu Po Bao Long Wan | *Dioscorea opposita* Thunb. dried roots, *Glycyrrhiza uralensis* Fisch. dried roots and rhizomes, *Bambusa textilis* McClure dry fluid, *Santalum album* L. dried heartwood, *Citrus aurantium* L. dried and immature fruit (Zhiqiao), *Citrus aurantium* L. dried and immature small fruit (Zhishi), *Panax ginseng* C.A. Mey dried roots and rhizomes, *Ligusticum chuanxiong* Hort. dried roots, *Schizonepeta Tenuifolia* Briq. dried aboveground part, *Buthus martensi* karsch dried bulk | Pills | Clearing heat and phlegm, calming, and tranquilizing. It is used for the acute convulsion of phlegm food type caused by internal food injury. The symptoms include fever, convulsion, restlessness, phlegm panting, and convulsion. | Yin Tong Bai Wen Juan Liu 《婴童百问》卷六 |
| Preparation name | Main compositions | Formulation | Traditional and clinical usages | Ref. |
|------------------|-------------------|-------------|---------------------------------|------|
| Zhi Ke Hua Tan Wan | Ephedra sinica Stapf. dried grass stem Belamcanda chinensis (L.) DC dried roots | Pills | Relieving cough and phlegm, relieving asthma. It is used for asthma. | Chinese pharmacopoeia, 2020 《中国药典》 |
| | Citrus reticulata Blanco (Chenpi) Stemona japonica (BL) Miq. dried root Tussilago farfara L. dried flower bud Pinellia ternata (Thunb.) Breit. dried tuber Platycodon grandiflorum (Jacq.) A.DC dried root Schisandra chinensis (Turcz.) Baill. dried fruit Zingiber officinale Rosc. dried rhizome Glycyrrhiza uralensis Fisch. dried roots and rhizomes Descurainia sophia (L.) Webb. ex Prantl. dried seed Asarum sieboldii Miq. dried roots and rhizomes Ziziphus jujuba Mill. dry ripe fruit Carum longa L. dry root tubers | | | |
| Jin Su Dan | Bombyx mori Linnaeus Buthus martensii Karsch. a dried worm Typhonium giganteum Engl. dried tubers Moschus berezovskii Flerov. dry secretions in the male sachet Gastrodia elata Bl. dried tubers Boswellia carterii Birdw. dried resin | Pills | For children with wind phlegm convulsion. | Chinese pharmacopoeia, 2020 《中国药典》 |
| | Perilla frutescens (L.) Britt. dried leaves Pogostemon cablin (Blanco) Benth. dry above-ground parts Mentha haplocalyx Briq. dry above-ground parts Notopterygium incum Ting ex H. T. Chang dried roots and rhizomes Citrus reticulata Blanco (Chenpi) Typhonium giganteum Engl. dried tubers | | | |
| Xiao Er Zhi Bao Wan | Sinapis alba L. dried seed Fraxinella cirsii D. don dried bulbs Areca catechu L. dried seed Cretaegus pinnatifida Bge. Poria cocos (Schw.) Wolf. Hordeum vulgare L. Gastrodia elata Bl. dried tubers Uncaria macrophylla wall stem branches with dry hooks Bombyx mori Linnaeus Cryptotympana pustulata Fabricius the shell of a larva that falls off during eclosion | Pills | Phlegm leading stagnation. It is used for children with cold, fever and stuffy nose, cough and phlegm, and vomiting and diarrhea. | Chinese pharmacopoeia, 2020 《中国药典》 |
| | | | | |
| Xiao Er Kang Xian Jiao Nang | Arisaema cum Bile, Pinelliae rhizoma Gastrodiae rhizoma, Pseudostellariae radix, Poria, Citri exocarpium rubrum Rhizoma amonones Altiaicae, Canarri fructus, Ambrum, Aquilariae lignum resinatam, Massa medicata fermentata, Aurantii fructus, Chuanxiong rhizoma, Notopterygii rhizoma Et radix | Capsule | It can eliminate phlegm and wind, strengthen the spleen, and regulate qi. It is used for the syndrome of wind phlegm blocking in children with primary generalized tonic clonic seizure. When the seizure occurs, there are convulsions of limbs, salivation at the mouth, straggling of eyes, and even fainting. | Chinese pharmacopoeia, 2020 《中国药典》 |
white color, and powdered are among its characteristics. It has also pungent and spicy characteristics [1]. It is not suitable to take it as a medicine without skin removal.

The dried tubers of *A. amurense* Maxim. (东北天南星) are oblate (see Figure 1(d)), with a diameter of 1.5–4 cm. The tubers are marked with large and flat marks and prominent lateral buds.

The dried tubers of *A. heterophyllum* Blume (异叶天南星) are oblate and spherical (see Figure 1(f)), with a diameter of 1.5–4 cm, with concave marks on the tubers and a circle of obvious root marks around the tubers.

These plants grow in the wet forest on the shady slope. It is distributed in Hebei Province, Henan Province, Guangxi Province, Shaanxi Province, Hubei Province, Sichuan Province, Guizhou Province, Yunnan Province, Shaanxi Province, and other places in China.

### 4. Chemical Composition

The chemical composition of AR is complex, with more than 200 chemical compounds, including alkaloids, polysaccharides, lectins, amino acids, fatty acids, sterols, and lectins. In this paper, the chemical composition and the corresponding structure of AR are described in detail to provide some references for the in-depth study of the plant and provide ideas for its future research direction. It was reported that total alkaloids from AR could inhibit the proliferation and induce apoptosis of SF21 cells in a dose- and time-dependent manner, suggesting that total alkaloids from AR could induce programmed death of SF21 cells [13]. The pharmacodynamics study of total flavonoids and their main component, liphotrophic side, showed that it had the effects of anti-ischemia, protecting nerve cells and analgesia [14]. Saponins are irritating to the gastric mucosa, which can reflexively increase the secretion of the trachea and bronchus and play the role of expectorant [15].

#### 4.1. Glycosides.

Glycosides, also known as gametophytes, are compounds formed by the linkage of a sugar or a derivative of a sugar with another nonsugar substance via an end group carbon atom. At present, the main glycosides isolated from *Arisaematis* are oxyglycosides. Nine diacylglyceryl galactosides [16] (Table 2 and Figure 2) and five cerebrosides [17] (Table 3 and Figure 3) were isolated from AR. In addition, cerebrosides have the activity of protecting the liver [18].

#### 4.2. Alkaloids.

The alkaloids have many important biological functions and physiological activities, which are abundant in the tuber of *Arisaematis*. The main alkaloids isolated from *Arisaematis* are trigonelline [19, 20], colchicine [21], choline chloride [22], choline, and stachydrine [16, 17, 19, 20] (Table 4 and Figure 4).

#### 4.3. Fatty Acids and Sterols.

Li Xuwen identified 16 fatty acids in the roots of AR by gas chromatography–mass spectrometry (GC-MS) [24] (Table 5 and Figure 5). Among them, the saturated fatty acid is the main component, while unsaturated fatty acid also has a certain proportion, accounting for 20% of the total fatty acid content. The main components include stearic acid, palmitic acid, and linoleic acid [25, 26]. Du Shushan obtained seven compounds from the petroleum ether fraction of the ethanol extract of AR [26]: triacontanoic aci, β-sitosterol [27], ethyl gallate, tetradecane, daucosterol [27–29], gallic acid, and hexadecanoic acid [30] (Table 6 and Figure 5).

#### 4.4. Flavonoid.

Du Shushan isolated and identified six flavonoids from the tubers of AR, and all of them were flavonoid glycosides [27, 31]. Wang Guangshu also obtained six compounds from the ethanol extract of AR by macroporous resin, silica gel, and ODS column chromatography and were identified as flavonoids by physicochemical identification and spectral analysis [32] (Table 7 and Figure 6).
Table 2: Diacylglyceril isolated from *Arisaematis*.

| No. | Name                                                                 | Ref. |
|-----|----------------------------------------------------------------------|------|
| 1   | (2S)-1-O-hexadecyl-2-O(9Z,12Z-octadecenyl)-3-O-β-d-galactopyranose glycerol | [17] |
| 2   | 1-O-(9Z-octadecyl)-2-O-(9Z,12Z-octadecenyl)-3-O-β-d-galactopyranosylglycerol | [17] |
| 3   | 1-O-hexadecyl-2-O-(9Z-octadecenyl)-3-O-β-d-galactopyranose glycerol      | [17] |
| 4   | 1-O-octadecyl-2-O-(9Z,12Z,5Z-octatrienyl)-3-O-β-d-galactopyranosylglycerol | [17] |
| 5   | (2S)-1-O-octadecyl-2-O-(9Z,12Z-octadienyl)-3-O-[α-D-galactopyranosyl-(1″→6′)]O-β-D-galactopyranosylglycerol | [17] |
| 6   | 1-O-hexadecyl-2-O-(9Z,12Z-octadienyl)-3-O-[α-D-galactopyranosyl-(1″→6′)]O-β-D-galactopyranosylglycerol | [17] |
| 7   | 1-O-hexadecyl-2-O-(9Z-octadecenyl)-3-O-[α-D-galactopyranosyl-(1″→6′)]O-β-D-galactopyranosylglycerol | [17] |
| 8   | 1-O-hexadecyl-2-O-(9Z,12Z,15Z-octatrienyl)-3-O-[α-D-galactopyranosyl-(1″→6′)]O-β-D-galactosylglycerol | [17] |
| 9   | 1-O-(9Z,12Z-octadecadienyl)-2-O-(9Z,12Z-octadienyl)-3-O-d-galactopyranosylglycerol | [17] |

**Figure 2:** Chemical structure of *Arisaematis*. 

1. $R_1 = A, R_2 = B$  
2. $R_1 = A, R_2 = C$  
3. $R_1 = D, R_2 = B$  
4. $R_1 = E, R_2 = C$  
5. $R_1 = A, R_2 = C$  
6. $R_1 = A, R_2 = B$  
7. $R_1 = D, R_2 = B$  
8. $R_1 = E, R_2 = B$  
9. $R_1 = A, R_2 = A$
4.5. Lectin. Lectin is a type of protein or glycoprotein that can agglutinate red blood cells (RBCs). A variety of lectins have been found in AR, and blood agglutinin, lymph agglutinin, and sperm agglutinin have been found through cell research of humans and animals [33]. Wu Hao isolated a lectin AEL from A. erubescens, which has strong proinflammatory toxicity [34, 35]. Feng Li Xing isolated the lectin AHA from AR heterophylla that can induce autophagy of lung cancer A549 cells [36].

4.6. Amino Acids. It is rich in amino acids in AR. Wang Xing found 14 kinds of amino acids were obtained from the qualitative and quantitative analysis of AR [37] (Table 8 and Figure 7).

4.7. Nucleosides. Yi Jinghai eight nucleoside compounds were found in AR [38] (Table 9 and Figure 8). Nucleoside components have a wide range of physiological activities, are the basic components of biological cells to maintain life activities, and participate in the DNA metabolism process, with anti-tumor, anti-viral, immune regulation, treatment of cardiovascular and cerebrovascular diseases, and other functions [39].

4.8. Other Chemical Components. In addition, Fu Ming obtained 8 compounds from 80% ethanol extract of rhizome of AR [40] (Table 10 and Figure 9). Zheng Xiumei obtained 10 compounds from 80% ethanol extract of AR [41] (Table 10 and Figure 9); Yang Jia identified 52 compounds from AR by GC-MS, of which 7 compounds were more than 2% [42]. Sucrose and pine disaccharide were also isolated from AR [36] (Table 10 and Figure 9). In addition, there is a water-soluble polysaccharide in AR [43]; the monosaccharide composition of AR polysaccharide is mannose, rhamnose, glucose, galactose, arabinose, and fucose [6, 43, 44].

**Table 3: Cerebrosides isolated from Arisaematis.**

| No. | Name | Ref.
|-----|------|------|
| 10  | 1-O-β-D-glucopyranosyl-(2S,3R,4e,8Z)-2-[(2(R)-hydroxy eicosyl)phthalamido]-4,8-octadecene-1,3-diol | [16] |
| 11  | 1-O-β-D-glucopyranosyl-(2S,3R,4e,8Z)-2-[(2(R)-hydroxyoctadecyl)acylamino]-4,8-octadecadien-1,3-diol | [16] |
| 12  | 1-O-β-D-glucopyranosyl-(2S,3R,4e,8Z)-2-[(2(R)-hydroxyhexadecyl)amido]4,8-octadecene-1,3-diol | [16] |
| 13  | 1-O-β-D-glucopyranosyl-(2S,3R,4e,8e)-2-[(2(R)-hydroxy eicosyl)acylamino]4,8-octadecene-1,3-diol | [16] |
| 14  | 1-O-β-D-pyranoglucomosyl-(2S,3R,4e,8e)-2-[(2[R]-hydroxyoctadecyl)amide]-4,8-octadecene-1,3-diol | [16] |

**Figure 3:** Chemical structure of diacylglycerol galactoside from Arisaematis: (a) CH$_3$(CH$_2$)$_{17}$, (b) CH$_3$(CH$_2$)$_{15}$, and (c) CH$_3$(CH$_2$)$_{13}$.

**Table 4: Alkaloids isolated from Arisaematis.**

| No. | Name         | Ref. |
|-----|--------------|------|
| 15  | Colchicine   | [19] |
| 16  | Cholinechlorid | [20] |
| 17  | Choline      | [23] |
| 18  | Stachydrine  | [23] |
| 19  | Cucurbitacin | [19,20] |

8 Evidence-Based Complementary and Alternative Medicine
5. Pharmacological Action

AR has been reported to have a wide range of pharmacological activities, including the effects on the central nervous system and cardiovascular system; it is also used in the clinic for anti-tumor, sedation, analgesia, anti-convulsant, anti-inflammatory, expectorant, anti-arrhythmic, and anti-coagulant. In this section, we mainly introduce and analyze the pharmacological effects of AR (Table 10).

5.1. Effects on the Respiratory System. AR is a common traditional Chinese medicine for reducing phlegm. It has the effect of dryness and dampness reducing phlegm. The experiment was carried out by phenol red excretion method in mice showed AR aqueous solution (19 g/kg) had an expectorant effect [45]. Nie Rongzhen studied the anti-tussive and expectorant effects of AR by ammonia-induced cough test and phenol red excretion experiment in the trachea. The results showed that the cough frequency of mice could be significantly reduced, and the cough latency of mice could be prolonged by AR (4 g/kg) [46].

5.2. Effects on the Central Nervous System

5.2.1. Anti-Convulsant Effect Activity (抗惊厥). In recent years, experiments have shown that AR has a certain anti-convulsant effect. Zhao Naicai studied the anti-convulsant effect of the aqueous extract of AR (1 mL/20 g) on mice by subcutaneous injection of strychnine, caffeine, and pentamethylene tetrazol, indicating that the aqueous extract of AR has a certain anti-convulsant effect [47]. Oral administration of 60% ethanol extract (10.5 g crude drug/kg) of AR can antagonize tetrazole convulsion [48]. Chen Xiaoying studied the anti-convulsant effect of AR at different temperatures (30°C, 70°C, and 100°C) and found that intraperitoneal injection of a cold extract of Arisaema (30°C/10 g/kg) could significantly inhibit the convulsion rate of strychnine and reduce the...
(a) Figure 5: Continued.
Figure 5: Continued.
convulsion mortality [49]. It is also reported that intraperitoneal injection of AR decoction can increase the electric convulsion threshold of rabbits [50]. Liu Yuxi measured the anti-convulsant threshold and anti-convulsant effect of AR by a convulsion analyzer. He injected the extract intraperitoneally with 10 ml/kg (equivalent to 1.2 g/kg of crude drug). After administration of AR, the effect increased (119 ± 22 μA), and the effect lasted for 7 days [51]. Li Xianduan investigated the synergism of different bile processing methods of AR with different bile processing methods by means of mice autonomic activity, sleep time, and convulsion test induced by pentylenetetrazol. The results showed that AR and its processed products could reduce the convulsion rate caused by pentylenetetrazol, reduce the number of spontaneous activities of mice, and prolong the sleep time of mice [52]. Wang Mingzheng concluded that the supercritical CO₂ ethanol extract of AR could antagonize the maximal electric shock convulsion and pentylenetetrazole convulsion in a dose-dependent manner [53]. Nie Rongzhen used the mouse autonomic activity test and mouse drug convulsion experiment to conclude that AR has sedative and anti-convulsant effects and that AR can prolong the incubation period of convulsion induced by nicothamide [46].

5.2.2. Sedative Effect Activity (镇静). Intraperitoneal injection of AR decoction (10.5 g/kg) into rats and rabbits can prolong the sleep time of barbital sodium in mice, indicating that AR has an obvious sedative effect [48]. In addition, some studies have reported that the compound Sansheng needle of AR has an obvious sedative effect and has a significant sedative effect on pentobarbital [54]. Nie Rongzhen and others reported that AR can significantly reduce the spontaneous activity times of mice [46]. In addition, studies have reported that the water extract of *Arisaematis* Bile can prolong the sleep time induced by pentobarbital and significantly improve the sedative effect, which is manifested as the inhibition of walking distance, jumping, and vertical entry [55].

5.3. Anti-Inflammatory Effect Activity (抗炎). The research shows that AR (the major component of compound Sansheng needle) is also a good anti-inflammatory drug. It can promote the exudation and absorption of inflammatory substances, inhibit tissue edema, and effectively reduce the permeability of capillaries [54]. Li Yang observed the anti-inflammatory effect of the extract of AR on different inflammatory models by using three models: xylene-induced auricle swelling, cotton-ball-induced granuloma proliferation, and acetic-acid-induced peritoneal capillary permeability increase in mice. The results showed that the alcohol extract and ethyl acetate extract of AR could significantly inhibit the auricle swelling induced by xylene, inhibit the

### Table 6: Sterols isolated from *Arisaematis*.

| No. | Name               | Ref.   |
|-----|--------------------|--------|
| 35  | Triacontanoic acid | [26]   |
| 36  | β-sitosterol       | [27, 30] |
| 37  | Carotene           | [28–30] |
| 38  | Stigmasterol       | [30]   |
| 39  | Sitosterol         | [30]   |
| 40  | Rapeseed sterol    | [30]   |
| 41  | Cholesterol        | [30]   |

### Table 7: Flavonoids isolated from *Arisaematis*.

| No. | Name                                   | Ref.   |
|-----|----------------------------------------|--------|
| 42  | Schaftoside                            | [31, 32] |
| 43  | Isochaftoside                          | [31, 32] |
| 44  | Apigenin-6-c-arabinogalactoside        | [31, 32] |
| 45  | Apigenin-6,8-di-c-glucopyranoside      | [31, 32] |
| 46  | Apigenin-6-c-galacto-8-c-arabinoside   | [31, 32] |
| 47  | Apigenin-6,8-di-c-galactoside          | [31, 32] |
proliferation of cotton ball granuloma in mice (external coating), and significantly inhibit the capillary permeability of mice induced by glacial acetic acid [56]. In addition, Liu Yanping found that high-dose preparation of AR could treat knee osteoarthritis in rabbits, reduce the content of IL-1 in synovial fluid, and reduce synovial inflammation. There was a positive correlation between the efficacy and the dose [57]. In addition, Zhao Chongbo used a type II collagen-induced arthritis rat model to study the anti-arthritis effect of water extract from AR and found that AR can be used for clinical treatment or prevention of rheumatoid arthritis [58]. In addition, it has been reported that AEL has proinflammatory activity, which may release inflammatory mediators through macrophages and induce foot swelling and neutrophil migration in rats. These findings suggest that AEL can be used as a tool to better understand the related mechanisms of the inflammatory response [59].

5.4. Analgesic Effect Activity (镇痛). Xing Shulin has proved that AR (the major component of compound Sansheng needle) has an obvious analgesic effect [46]. Wang Qin studied the analgesic effect of AR flavonoids on Walker256 bone cancer pain rats. The results showed that AR flavonoids had a certain analgesic effect [60]. In addition, Nie Rongzhen used the hot plate method and acetic acid writhing test to observe the analgesic effect of AR. The results showed that AR could significantly reduce the number of writhing reactions induced by acetic acid in mice, playing an analgesic role [46]. Liu Chun compared the correlation between analgesia and toxicity of AR by hot plate method, The results showed that the percentage of pain threshold increased by more than 85% after 0.5 h of administration, indicating that

![Figure 6: Chemical structure of flavonoids from Arisaematis.](image-url)
Figure 7: Chemical structure of amino acids in *Arisaematis*.
AR has a certain analgesic effect [15]. In addition, the effects of crude AR and its different preparations combined with ginger juice or bile (Arisaemw cum Bile) on ICR mice were also reported. The results showed that the water extract of Arisaemw cum Bile could significantly improve the analgesic effect of mice [55]. Flavonoids are the main analgesic components in AR, but the research on the analgesic mechanism of AR is not deep enough.

5.5. Inhibitory Effect on Tumor Cells Activity (抗肿瘤).
With the research on chemical constituents of AR in recent years, the study of its anti-tumor effect has become a hot spot in recent years. Zhang Zhilin found that 2.5 g/L and 1.25 g/L ethanol extracts of AR had significant effects on the proliferation of mouse spleen cells [61]. Li Lingyan used the water extract of AR to observe the inhibitory effect of the drug on the tumor of mice after inoculation with H22,
Table 10: Other chemical compounds isolated from Arisaematis.

| No. | Name                        | Ref. |
|-----|-----------------------------|------|
| 70  | Larch alcohol               | [40] |
| 71  | Ferulic acid                | [40] |
| 72  | P-hydroxycinnamic acid      | [40] |
| 73  | P-hydroxybenzoic acid       | [40] |
| 74  | Caffeic acid                | [40] |
| 75  | Guaiacyl glycerol           | [40] |
| 76  | Oleoresin                   | [40] |
| 77  | Larch resin                 | [41] |
| 78  | Pinoresinol                 | [41] |
| 79  | Isoamerican A               | [41] |
| 80  | Dehydrodiconiferyl alcohol  | [41] |
| 81  | 3,3′-bisdemethylphinoresinol| [41] |
| 82  | Americanol A                | [41] |
| 83  | Larch resin                 | [41] |
| 84  | m-Cresol (5.31%)            | [42] |
| 85  | Linalool L (3.69%)          | [42] |
| 86  | Furan, 2-z-Methylenebis     | [42] |
| 87  | 2-Furfuryl -5-Methylfuran   | [42] |
| 88  | Styrene (2.48%)             | [42] |
| 89  | Furan, 2-(2-propenyl)       | [42] |
| 90  | 2-Furanmethanol, acetate    | [42] |
| 91  | Sucrose                     | [42] |
| 92  | Disaccharide                | [42] |
| 93  | Decosanoic acid (4.51%)     | [30] |
| 94  | Ethyl gallate               | [26] |
| 95  | Forty alkanes               | [26] |
| 96  | Gallic acid                 | [26] |
| 97  | Hexadecanoic acid           | [26] |
| 98  | Mannitol                    | [30] |

indicating that the water extract of AR can significantly inhibit the growth of H22 transplanted tumor in mice [62]. Jiang Shuang found that all treatment groups could inhibit the growth of Si180 tumor by intragastric administration of AR polysaccharide (high, medium, and low doses (2g kg\(^{-1}\), 1g kg\(^{-1}\), and 0.5g kg\(^{-1}\)), and the inhibition rate of high dose group was 33.3%. It was found that all the treatment groups could inhibit the growth of Si180 tumor, and the inhibition rate of the high-dose group was 33.3% [63]. Yang Zonghui reported that 95% alcohol of AR had an obvious inhibitory effect on SMMC7721 cells of liver cancer. The results showed that the extracts of AR in different concentrations (2 mg/mL, 4 mg/mL, and 8 mg/mL) had different anti-tumor effects [64]. Zhao Chongbo found that the inhibitory rate of AR polysaccharide on human lung cancer A459 was 8.625 mg/mL [65]. Liang Feng and Meng Xiansheng used the MTT method to determine the inhibitory rate of the extract of AR on the proliferation of human lung cancer A549 cells, and the results showed that the extract of AR had a significant inhibitory effect on the A549 cells with IC\(_{50}\) of 133.5 g/mL [66, 67]. In addition, studies have shown that the total flavonoids of AR can inhibit the proliferation and apoptosis of lung cancer A549 cells [68]. Qiu Limin studied the treatment of human breast cancer MDA-MB-231 cells with AR polysaccharide, cisplatin, and AR polysaccharide + cisplatin and confirmed that the proliferation of MDA-MB-231 cells could be significantly inhibited by the combination of AR polysaccharide and cisplatin [69]. Tang Huayong verified the inhibitory effect of AR polysaccharides on the proliferation of human renal cancer cell line GRC-1 [70]. Li Feng explored the effect of water extract of AR on gastric cancer cells of rats and showed that the proliferation rate of cancer tissue cells in gastric cancer rats decreased under the intervention of water extract of AR [71]. Qi Xiaoxiao found that at the dose of (100 g/L), the intragastric administration of AR could slow down the growth of the tumor, and the tumor inhibition rate was 34.7% [72]. Qian Jinmao reported that the tumor inhibition rates of high, medium, and low dose groups of AR extract were 35.50%, 40.40%, 25.50%, 35.70%, 40.60%, and 24.30% [73]. Dong Wei interfered with the mice uterine fibroma with fresh AR water extract, which showed that fresh AR water extract could inhibit mouse uterine fibroma [74]. Tang Jianhua and others reported that the alcohol extract of AR could significantly inhibit the proliferation of K562, BGC823, and HeLa cells, with IC\(_{50}\) of 0.24 mg/mL, 0.78 mg/mL, and 82.17 mg/mL [75–77].

5.6. Other Functions Activity (其它). In addition to the pharmacological effects described above, AR also has some other pharmacological effects. Rats were given 60% ethanol extract of AR (1.4 g/kg), which could not only delay the occurrence time of arrhythmia but also shorten the duration of arrhythmia [48]. It was found that the needle crystal of calcium oxalate had a significant lethal effect on Oncomelania hupensis [78]. Sensitivity test against Gram-negative bacteria showed that the ethanol extract of AR had an obvious inhibitory effect on both Gram-positive bacteria and Gram-negative bacteria [79]. In addition, it has been reported that AR can also whiten through inhibiting the production of melanin by regulating autophagy. The extract of AR was used to treat the melanin production of B16-F1 cells, regulate TRP1 protein and tryptophan enzyme, and reduce the anti-melanin production of RA in treated B16-F1 cells [80]. In addition, AR through the experiment of the influence of the needle crystal of calcium oxalate on the activity of Oncomelania hupensis and the examination of the scanning electron microscope has a cough-relieving effect [46].

6. Toxicity

In China, AR is traditionally and commonly recognized as a toxic plant as other plants in Araceae. Thus, the toxicities of AR have been comprehensively recorded and investigated. The toxic or irritant components of Araceae plants may be produced by special biological metabolites contained in the plants. It may include calcium oxalate needle crystal and its surface glycoprotein, and some trace polysaccharides [6, 81]. The content of calcium oxalate in the poisonous needle crystal is 90.26% [82]. The calcium oxalate needle crystal acts through special mucous cells [83], resulting in strong irritation and corrosiveness to the skin, mucous membrane, muscle, and other local tissues [84]. The toxicity of AR was mainly manifested in strong irritation to the oral cavity, throat, skin, and mucous membrane [85, 86]. After oral
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Figure 9: Continued.
Figure 9: Continued.
administration, it can cause numbness; stimulate the mucous membrane of the throat and gastrointestinal tract; and cause vomiting, abdominal pain, diarrhea, and other gastrointestinal and urinary tract irritation symptoms; when used externally, it can stimulate mucous membrane and skin, cause redness, burning sensation, blister, and even ulceration, which can affect muscle tissue.

6.1. Acute Toxicity. Yang Zhonglin and Wu Lianying carried out an acute toxicity study and maximum tolerance test of AR [87, 88] (Table 11). Dong Wei carried out an acute toxicity study on an ethanol extract of AR and obtained that LD$_{50}$ was 155.78 g/kg [89]. In addition, Wu Zijun found obvious acute toxicity in mice by intraperitoneal injection of crude AR with LD$_{50}$ of 21.58 g/kg [90]. Tang Liying intraperitoneal injection of AR powder, water extract, needle crystal, and processed product powder to compare the difference of acute toxicity. The acute toxicity test table showed that the LD$_{50}$ of the AR needle crystal group was 42.53 mg·kg$^{-1}$, the LD$_{50}$ of the raw AR powder group was 1062 mg·kg$^{-1}$, and the LD$_{50}$ of the processed product powder group was 2788 mg·kg$^{-1}$ [91] (Table 12).

6.2. Irritant Toxicity. Yang Zhonglin reported the results of the rabbit eye irritation test showed that the stimulation of prepared AR was lower than that of raw AR [87]. Wu Hao reported that the calcium oxalate needle crystal in the AR showed strong irritation to rabbit eyes, and the stimulating effect increased with the increase of concentration [81]. Tang Liying compared the toxicity of crude products, processed products, and needle crystal of AR through rabbit eye irritation experiment, which showed that the crude drug powder group and needle crystal group showed mild and moderate irritation, while the control group had no irritation reaction. However, it does not show that needle crystal is the main material basis for the stimulation of AR, and the needle crystal structure is destroyed after processing, which can reduce the irritation [88].

7. Pharmacokinetic Studies

So far, the pharmacokinetic studies on the extracts and compounds of this plant are very few. The pharmacokinetic studies of AR were mainly focused on flavonoid compounds, including schaftoside and iso-schaftoside. Luo Fen studied the pharmacokinetic characteristics of schaftoside and isoschaftoside. In rats, the data are as follows: AUC ($0$→$t$) = 143.378 ± 26.249 h·μg$^{-1}$·mL$^{-1}$, AUC ($0$→$\infty$) = 149.106 ± 26.249 h·μg$^{-1}$·mL$^{-1}$, $t_{1/2}$ = 2.300 ± 0.756 h, $C_{max}$ = 33.259 ± 3.192 μg/L, AUC ($0$→$t$) = 167.122 ± 95.766 h·μg$^{-1}$·mL$^{-1}$, AUC ($0$→$\infty$) = 181.974 ± 108.915 h·μg$^{-1}$·mL$^{-1}$, $t_{1/2}$ =
Table 11: Toxicity study of *Arisaematis* and *Arisaematis Rhizoma Preparatum*.

| Extract/compound          | Animal | LD<sub>50</sub>/toxic dose range | Toxic effects | In vitro/in vivo | Ref.  |
|---------------------------|--------|----------------------------------|---------------|------------------|-------|
| *A. amurense* maxim.      | Mice   | 0.4 mL/10g                       | Death         | In vivo          | [87]  |
| AR                        | Mice   | 12 g/kg                          | 60% death     | In vivo          | [88]  |
| Processed AR              | Mice   | 12 g/kg                          | Normal        | In vivo          | [88]  |
| AR                        | Mice   | LD<sub>50</sub> = 155.78 g/kg<sup>-1</sup> | Death     | In vivo          | [89]  |
| AR                        | Mice   | LD<sub>50</sub> = 21.508 g/kg<sup>-1</sup> | Death     | In vivo          | [90]  |
| AR needle crystal         | Mice   | LD<sub>50</sub> = 42.53 mg·kg<sup>-1</sup> | Death     | In vivo          | [91]  |
| AR powder                 | Mice   | LD<sub>50</sub> = 1,062 mg·kg<sup>-1</sup> | The abdomen is swollen, and the fur is dull | In vivo | [91]  |
| Processed AR powder       | Mice   | LD<sub>50</sub> = 2,788 mg·kg<sup>-1</sup> | The abdomen is swollen, and the fur is dull | In vivo | [91]  |

Table 12: Pharmacological effects of *Arisaematis rhizoma*.

| Pharmacological action | Details                                                                                                                                                                                                 | Result                                                                                   | In vitro/in vivo | Ref.  |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------|-------|
| Anti-tumor activity    | The anti-tumor activity of ethanol extract of AR was determined by inoculating tumor cells in mouse armpit                                                                                           | 10 g/L and 5 g/L groups had significant effects on the proliferation of mouse spleen cells | *In vitro*       | [61]  |
|                        | A mouse model of subcutaneous transplantation of *H<sub>12</sub>* liver cancer was established                                                                                                           | Intragastric administration of 100 g/L AR could slow down the growth of the tumor, and the inhibition rate was 34.7% | *In vivo*        | [61]  |
|                        | To observe the effect of *Arisaematis* extract on human hepatoma SMMC-7721 cells                                                                                                                     | 4.8 mg/mL could induce SMMC-7721 cell apoptosis                                             | *In vitro*       | [63]  |
|                        | To investigate the inhibitory effect of alcohol extract and water extract of AR on the growth of *S<sub>180</sub>* sarcoma in mice                                                                      | The anti-tumor rates of ethanol extract and water extract in high, medium, and low dose groups were 35.5%, 40.4%, 25.5%, 35.75%, 40.6%, and 24.3% | *In vitro*       | [73]  |
|                        | To observe the anti-tumor effect of polysaccharide from AR in vitro                                                                                                                                     | IC<sub>50</sub> = 8.625 mg·mL<sup>-1</sup>                                               | *In vitro*       | [65]  |
|                        | The effect of AR polysaccharides on the proliferation of human renal cell line GRC-1                                                                                                                   | Compared with the blank group, ARPS significantly inhibited the proliferation of GRC-1 cells at 20–200 mg·L<sup>-1</sup> | *In vitro*       | [67]  |
|                        | MTT method was used to determine the inhibitory rate of alcohol extract and water extract of AR on proliferation of human lung cancer A549 cells                                                                 | IC<sub>50</sub> = 64.46 µg·mL<sup>-1</sup>; IC<sub>50</sub> = 133.5 µg·mL<sup>-1</sup>   | *In vitro*       | [71]  |
|                        | To explore the effect of water extract of AR on the expression of PKM2 and mTOR in gastric cancer cells of rats                                                                                           | The levels of motilin and gastrin in the high concentration group were 137.65 pg/mL and 88.76 pg/mL, and the apoptosis rate was 49.73% | *In vitro*       | [72]  |
|                        | The results showed that the ethanol extract could significantly inhibit the proliferation of human K562 cell line, IC<sub>50</sub> = 65.07 µg·mL<sup>-1</sup>                                                                 | The IC<sub>50</sub> of ethanol extract was 65.07 µg·mL<sup>-1</sup>, 0.59 mg·mL<sup>-1</sup>, and 5.11 mg·mL<sup>-1</sup>, respectively; the IC<sub>50</sub> of water extract was 0.24 mg·mL<sup>-1</sup>, 0.78 mg·mL<sup>-1</sup>, and 82.17 mg·mL<sup>-1</sup>, respectively | *In vitro*       | [75]  |
|                        | To observe the anti-tumor effect of ethanol extract of AR on human K562 cells                                                                                                                           | The tumor inhibition rate of high dose group was 38.9%                                 | *In vitro*       | [47]  |
|                        | Human erythroblastemia cell line K562, human gastric cancer cell line BGC823, and human cervical cancer cell line HeLa were used to determine the inhibitory effect of alcohol extract and water extract of AR on tumor cells in vitro |                                                                            |                  |       |
|                        | To observe the anti-tumor effect of water extract of AR on transplanted tumor H<sub>12</sub> in mice                                                                                                     |                                                                            |                  |       |
and continuous research of modern science. At present, history. It has more than 2,000 years of application history. To sum up, AR is a traditional Chinese medicine with a long contribution in vivo [92]. Further research is needed to support it.

### Table 12: Continued.

| Pharmacological action | Details | Result | In vitro/in vivo | Ref. |
|------------------------|---------|--------|-----------------|------|
| **Anti-convulsant effect** | The anti-convulsant effect of water extract of AR (1 mL/20g) was studied by subcutaneous injection of strychnine, caffeine, and pentamethylenetetrazol in mice | The water extract of AR has an anti-convulsant effect | In vivo [48] |
|                        | To study the anti-convulsant effect of AR at different temperatures (30°C, 70°C, and 100°C) | The convulsion rate of strychnine was inhibited by intraperitoneal injection of a cold extract of AR (10 g/kg at 30°C) | In vivo [50] |
|                        | The anti-convulsant effect of AR against pentylene tetra plastic convulsion was measured by a convulsion analyzer | After administration of AR, it increased 119 ± 22 μA, and the effect lasted for 7 days | In vivo [51] |
|                        | To investigate the effects of different bile processed AR on spontaneous activity, sleep time, and convulsion induced by pentamethylenetetrazol in mice | AR can reduce the convulsion rate caused by pentylenetetrazol | In vivo [53] |
|                        | To study the anti-convulsant effect of supercritical CO₂ ethanol extract from AR | Dose-dependent antagonism of maximal electric shock convulsion in mice | In vivo [46] |
| **Sedative effect** | Rats and rabbits were intraperitoneally injected with AR decoction (crude drug of AR 10.5 g/kg) | Prolonging the sleeping time of barbital sodium in mice | In vivo [49] |
|                        | The sedative effect was compared by spontaneous activity test in mice | The results showed that AR could reduce the spontaneous activity of mice | In vivo [54] |
| **Analgesic effect** | The analgesic effect of AR was observed by hot plate test and acetic acid writhing test in mice | It can significantly reduce the number of writhing reactions induced by acetic acid in mice and play an analgesic role | In vivo [54] |
|                        | To explore the effect of crude AR and processed products on ICR mice | The water extract of *Rhizoma Arisaematis* can obviously improve the analgesic effect in mice | In vivo [60] |
|                        | Analgesic effect of AR flavonoids on Walker256 bone cancer pain in rats | Total flavonoids of *Rhizoma Arisaematis* nanogel may have an analgesic effect in the development of bone cancer | In vivo [15] |
| **Anti-inflammatory effect** | To observe the anti-inflammatory effect of extract of AR on different inflammatory models | The extract of AR can obviously inhibit the auricle swelling of mice induced by xylene | In vivo [56] |
|                        | To investigate the effect of AR on IL-1 and synovium of knee osteoarthritis in rabbits | A high dose of AR can reduce the content of IL-1 in synovial fluid and synovial inflammation in rabbits with knee osteoarthritis | In vivo [58] |
| **Other pharmacological effects** | The experiment was carried out by phenol red excretion method in mice | The water extract of AR (19 g/kg) has an expectorant effect | In vivo [48] |
|                        | The 60% ethanol extract of *A. parachinensis* and AR were observed | AR (1.4 g crude drug/kg) can delay arrhythmia | In vivo [78] |
|                        | Treatment of *Oncomelania hupensis* with needle crystal of calcium oxalate in AR | The needle crystal of calcium oxalate has a lethal effect on *Oncomelania hupensis* | In vitro [78] |
|                        | The sensitivity of alcohol extract of AR to Gram-negative bacteria was studied | The alcohol extract of *Rhizoma Arisaematis* had an inhibitory effect on Gram-positive and Gram-negative bacteria | [79] |
|                        | The melanin of B16-F1 cells was treated with the extract of AR | Schaftoside can inhibit the production of melanin and play a whitening role | In vitro [80] |

$2.592 \pm 1.175 \text{ h}$, and $C_{\text{max}} = 36.635 \pm 19.53 \mu g/L$. It can be seen from the blood concentration-time curve of the two flavonoids that the blood concentration of the two flavonoids rises obviously at 3 h, which may be related to the enterohepatic circulation, absorption, and distribution in vivo [92]. Further research is needed to support it.

### 8. Future Perspectives and Conclusions

To sum up, AR is a traditional Chinese medicine with a long history. It has more than 2,000 years of application history and continuous research of modern science. At present, many chemical constituents have been isolated and identified from this plant. There is no doubt that AR is an important traditional Chinese medicine, although it has certain toxicity. For this reason, in the past many years, many experts are constantly studying the south star and have made great contributions in many aspects. At the same time, in the process of continuous research, there are still some new problems and challenges, which need further research and exploration to meet the clinical needs.

First of all, as a traditional Chinese medicine, AR contains glycosides, sugars, flavonoids, alkaloids, saponins, and other chemical components with expectorant, anti-inflammatory, anti-convulsant, anti-tumor, and other
pharmacological effects. There are many studies on it, and the anti-tumor effect of AR has also been widely concerned by scholars at home and abroad and has become a research hotspot in recent years. However, the material basis of other pharmacological effects is not clear, and how and what kind of effects some chemical components play are not clear. It is necessary to further study its monomer compounds and clarify the material basis through certain methods and experiments; AR has certain toxicity. Toxicity studies showed that most of them were irritant, and the long-term toxicity was not obvious. There are some problems in toxicity evaluation methods; for example, oral generated AR can stimulate the throat and make the throat smooth and hoarseness, and it is difficult to enlarge the throat so it is necessary to find a toxicity evaluation model to better evaluate the toxicity of AR. There are too few studies on the pharmacokinetics of AR, which should be paid more attention to in vivo and in vitro verification to improve the safety of the clinical medication. So that AR can be better used better for the guidance of clinical medication to lay a certain foundation.

In general, as a commonly used traditional Chinese medicine, AR still needs further study. This paper systematically and comprehensively introduces the research status of AR at home and abroad in recent years, including traditional application, phytochemistry, pharmacology, and toxicology. Although great progress has been made in its research, there are still some problems in all aspects. Therefore, we still need to make continuous efforts to develop and utilize AR. [93]

Conflicts of Interest

The authors declare that they do not have any conflicts of interest.

Authors’ Contributions

Chun-yan Qi collated documents and wrote the manuscript; Su-rong He and Xu Wu helped perform the arrangement of tables and figures; Jing Wang assisted in the revision of the manuscript; Qiao Zhang and Jing Sun provided valuable ideas; and Chong-bo Zhao provided financial supports and valuable discussion. All the authors read and approved the final manuscript.

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