INTRODUCTION

Colorectal carcinoma (CRC) is a common gastrointestinal cancer in Saudi Arabia. It ranks as the first type among Saudi men and third among Saudi women. The molecular changes involved in CRC carcinogenesis are not yet clear. The mortality rate of CRC is high and caused primarily by invasion and metastasis of the tumor. Therefore, investigation of the molecular changes or triggering factors associated with invasion and metastasis in CRC is important and may contribute to changes in therapeutic approaches in the future.
Syndecan-1 (CD138) is a transmembrane proteoglycan and an important cell adhesion molecule. It is a member of the syndecan family and is predominantly expressed in epithelial cells. Syndecan-1 plays an important role in cell proliferation, adhesion, migration, and angiogenesis. A loss of immunoexpression of syndecan-1 has been found to be an indicator of poor prognosis in many human cancers, such as gastric, hepatocellular, lung, oral, ovarian and prostate.

The prognostic significance of syndecan-1 remained controversial CRC with conflicting results. Thus, further evaluation is needed. The objective of this study was to evaluate the relation between the immunoexpression of syndecan-1 and several clinicopathological parameters in a subset of CRC patients from Saudi Arabia.

METHODS

The patients’ data and histopathological material were collected from the Pathology Department at King Abdulaziz University Hospital, Jeddah, Saudi Arabia for the cases diagnosed in the period 1995–2015. Tumor stages were reviewed and reclassified according the cancer staging atlas of the American Joint Committee On Cancer.

The pathology tissue blocks of 202 primary tumors, 41 adenomas, and 37 normal colonic mucosae were used in this study. The clinicopathological findings were collected including age, gender, tumor location, tumor size, tumour stage, or margin status, metastasis and lymphovascular invasion and shown in Table-I. The study was approved by the Research Committee of the Biomedical Ethics Unit at our institution. The procedures followed were in accordance with the Declaration of Helsinki of 1975, as revised in 2000. Informed written consent was obtained from each patient to obtain permission to utilize their pathological tissue specimens for laboratory studies. This is a retrospective cohort study that was conducted from July 2018 until August 2019.

Tissue Microarray: The tissue microarray was constructed as previously described. Pathology slides (haematoxylin and eosin-stained) of primary CRC, adenomas and normal colonic mucosa tissue were evaluated and selected areas were marked. Material from patients diagnosed in the period 1995-2015 was included in the study. The cases with areas that showed extensive necrosis, poor cellular preservation, crush artefacts, dominant stromal tissue, or autolytic changes were excluded from the study. Donor paraffin blocks that matched the chosen sections were utilized to get two cores of the selected tissue and then transferred to recipient blocks via a tissue microarray machine (TMA Master 1.14 SP3 from 3D Histech Ltd., Budapest, Hungary). Unstained 4-µm-thick sections were cut from the TMA blocks and utilized for immunohistochemistry studies.

Immunohistochemistry: Immunocytochemistry was performed by utilizing CD138/syndecan-1 (B-A38) Mouse Monoclonal Antibody (Cell Marque™- a Sigma Aldrich® Company 6600 Sierra College Blvd. Rocklin, California 95677 United States). The antibody is optimally diluted to be compatible with VENTANA detection kits. An automated immunostainer (Ventana Bench Mark XT, Ventana Inc., Tucson, AZ) was used to perform the immunohistochemistry procedure. The positive control was a plasma cytoma tissue that is known to be CD138-positive. Negative controls were processed without adding the primary antibody.

Evaluation of Syndecan-1 Immunostaining: The intensity of Syndecan-1 membranous/cytoplasmic staining was scored as follows; staining was scored from 0 to 3, where: 0 = negative; 1 = weak; 2 = moderate; and 3 = strong. The percentage of positively-stained cells was calculated as follows: (0, no stain; 1, 1–25%; 2, 26–50%; 3,> 50%). The intensity score was added to the percentage score to get a final score of 1-6. The total score was divided into two groups: a low-expression group (scores 0-2) and a high expression group (scores 3-6).

Statistical analysis: The chi-squared test was used to test the differences between two groups of variables. The overall survival (OS) and disease-free survival (DFS) values were measured by the Kaplan-Meier method with the log-rank (Mantel-Cox) comparison test. DFS was calculated as the time from diagnosis to the appearance of recurrent disease (or date of the last seen disease-free appearance). Statistical analyses were performed using the SPSS® (IMB NY, USA) software package, version 20. P <0.05 was considered statistically significant.

Ethical Approval: The Unit of the Biomedical Ethics, Research Committee, Faculty of Medicine, King Abdulaziz University, Jeddah, Saudi, Arabia, approved this study (Reference No. 1127-13).
Syndecan-1 immunoexpression in CRC

Fig. 1: Syndecan-1 immunostaining. (A) Sections from colonic adenoma show positive immunostaining, (B) Sections from colorectal adenoma show negative immunostaining with scattered positive plasma cells in the lamina propria as an internal positive control, (C) Section from a well differentiated colonic adenocarcinoma shows strong positive immunostaining, (D) Section from a moderately differentiated colonic adenocarcinoma shows moderate positive immunostaining, (E) Section from a poorly differentiated colonic adenocarcinoma shows negative immunostaining, (F) Section show a focus of colonic carcinoma with negative staining area (upper arrow), while a normal mucosa in the same sample show positive moderate staining (lower arrow).
RESULTS

The clinicopathological features of the cases are summarized in Table-I. High membranous/cytoplasmic staining of syndecan-1 was observed in 130 (57.4%), 36 (87.8%), and 34 (91.9%) cases of CRC, adenomas, and normal mucosae, respectively (Fig.1). Low expression staining was observed in 72 (42.6%), 5 (12.2%), and 3 (8.1%) cases of CRC, adenomas, and normal mucosae, respectively.

There is a statistically significant difference in syndecan-1 expression between CRC and adenomas (p=0.0058) and normal mucosae (p=0.0017). There was an association between low syndecan-1 expression and nodal (p=0.003) and distant (p=0.001) metastasis, lymphovascular invasion (p=0.001), and tumor recurrence (p=0.006). Low syndecan-1 expression was identified in 29% and 57% of well-differentiated and poorly differentiated tumors, respectively, but there was no statistically significant association with tumor grade (p=0.503).

Furthermore, syndecan-1 expression was not associated with age, gender, tumor location, tumor size, tumor stage, or margin status (Table-II). In the survival analysis, patients with low syndecan-1 expression tumors tended to have short OS (log rank 4.019, p=0.045) and DFS (log rank 4.748, p=0.029) (Fig.2 and 3).

Table-I: Clinicopathological parameters of cases (n=202).

| Parameter                  | Number (%)          |
|---------------------------|---------------------|
| Age                       |                     |
| <60 years                 | 108 (53.5%)         |
| ≥60 years                 | 94 (46.5%)          |
| Sex                       |                     |
| Male                      | 110 (55%)           |
| Female                    | 92 (45%)            |
| Tumor location            |                     |
| Right colon               | 52 (25.7%)          |
| Left colon                | 127 (62.9%)         |
| Rectum                    | 23 (11.4%)          |
| Tumor size                |                     |
| < 5 cm                    | 91 (45%)            |
| ≥ 5 cm                    | 111 (55%)           |
| Grade                     |                     |
| Well-differentated        | 43 (21.3%)          |
| Moderately-differentiated | 133 (65.8%)         |
| Poorly-differentiated     | 26 (12.9%)          |
| Primary tumor             |                     |
| T1                        | 3 (1.5%)            |
| T2                        | 32 (15.8%)          |
| T3                        | 149 (73.8%)         |
| T4                        | 18 (8.9%)           |
| Nodal metastasis          |                     |
| Negative                  | 111 (54.9%)         |
| Positive                  | 84 (41.6%)          |
| Cannot be assessed        | 7 (3.5%)            |
| Distant metastasis        |                     |
| Positive                  | 57 (28.2%)          |
| Negative                  | 145 (71.8%)         |
| Lymphovascular invasion   |                     |
| Positive                  | 31 (15.3%)          |
| Negative                  | 171 (84.7%)         |
| Margin status             |                     |
| Involved                  | 10 (5%)             |
| Free                      | 192 (95%)           |
| Recurrence                |                     |
| Recurrence                | 63 (31.2%)          |
| No recurrence             | 139 (68.8%)         |

![Fig.2: Overall survival curve (Kaplan Meier) in relation to Syndecan-1 immunoexpression in CRC patients. There is association between low Syndecan-1 expression and OS (Log rank 4.019, p=0.045).](image1)

![Fig.3: Disease-free survival curve (Kaplan Meier) in relation to Syndecan-1 immunoexpression in CRC patients. There is association between low Syndecan-1 expression DFS (Log Rank 4.748, p=0.029).](image2)
The frequency of CRC varies markedly between countries, which is most likely due to differences in environmental and dietary factors. In Saudi Arabia, CRC is the most common cancer of the gastrointestinal tract. The main therapeutic approach for CRC patients is surgical resection. However, in metastatic and locally advanced disease, the therapeutic options are limited. Therefore, clear understanding of the molecular biology and the key factors that are involved in the progression of the disease is essential for improving the treatment approach of CRC patients.

Syndecans are membrane proteins that control cell proliferation, differentiation, adhesion, and migration. Syndecan-1 is an important adhesion cell molecule in this family of transmembrane proteoglycans. It plays an essential role in the binding of epithelial cells to the extracellular matrix. Syndecan-1 is usually expressed in stratified squamous and glandular epithelium and is considered an important molecule that is involved in the regulation of cell morphology, growth, and regeneration.

In the current study, tissue microarray was utilized to evaluate immunostaining in CRC. Low syndecan-1 expression was observed more frequently in CRC than adenomas and normal mucosa. Loss of syndecan-1 immunostaining was associated with metastatic potential, high recurrence rate, and shorter survival in CRC which has clinical significance in patients with CRC. A loss of epithelial expression of syndecan-1 has been found to be an indicator of poor prognosis in many human cancers.

Table-II: Distribution of Syndecan-1 immunostaining in relation to clinicopathological parameters (n=202).

| Parameter                  | Syndecan-1 Immunostaining | Test  | p value |
|----------------------------|---------------------------|-------|---------|
| Age <60 years              | 39 (36.1%)                | 69 (63.9%) | Chi Square | 0.500 |
| ≥60 years                  | 33 (35.1%)                | 61 (64.9%) | Chi Square | 0.250 |
| Sex Male                   | 42 (38.2%)                | 68 (61.8%) | Chi Square | 0.162 |
| Female                     | 30 (32.6%)                | 62 (67.4%) | Chi Square | 0.271 |
| Tumor location             |                           |       |         |
| Right colon                | 23 (44.2%)                | 29 (55.8%) | Chi Square | 0.320 |
| Left colon                 | 39 (30.7%)                | 88 (69.3%) | Chi Square | 0.003 |
| Rectum                     | 10 (43.5%)                | 13 (56.5%) | Chi Square | 0.001 |
| Tumor size < 5cm           | 35 (38.5%)                | 56 (61.5%) | Chi Square | 0.001 |
| ≥5 cm                      | 37 (33.3%)                | 74 (66.7%) | Chi Square | 0.495 |
| Grade Well-differentiated  | 12 (29.3%)                | 29 (70.7%) | Chi Square | 0.006 |
| Moderately-differentiated  | 48 (36.1%)                | 85 (63.9%) | Chi Square | 0.006 |
| Poorly-differentated       | 12 (42.9%)                | 16 (57.1%) | Chi Square | 0.006 |
| Primary tumor              |                           |       |         |
| T1                         | 1 (33.3%)                 | 2 (66.7%) | Chi Square | 0.320 |
| T2                         | 7 (21.9%)                 | 25 (78.1%) | Chi Square | 0.003 |
| T3                         | 56 (37.6%)                | 93 (62.4%) | Chi Square | 0.003 |
| T4                         | 8 (44.4%)                 | 10 (55.6%) | Chi Square | 0.003 |
| Nodal metastasis Positive  | 41 (48.8%)                | 43 (51.2%) | Chi Square | 0.003 |
| Negative                   | 28 (25.2%)                | 83 (74.8%) | Chi Square | 0.003 |
| Distant metastasis         |                           |       |         |
| Positive                   | 31 (74%)                  | 27 (26%) | Chi Square | 0.003 |
| Negative                   | 41 (28.5%)                | 103 (71.5%) | Chi Square | 0.003 |
| Lymphovascular invasion    |                           |       |         |
| Positive                   | 19 (61.3%)                | 12 (38.7%) | Chi Square | 0.495 |
| Negative                   | 53 (31%)                  | 118 (69%) | Chi Square | 0.495 |
| Margin status              |                           |       |         |
| Involved                   | 3 (30%)                   | 7 (70%) | Chi Square | 0.495 |
| Free                       | 69 (35.9%)                | 123 (64.1%) | Chi Square | 0.495 |
| Recurrence                 |                           |       |         |
| Recurrence                 | 31 (49.2%)                | 32 (50.8%) | Chi Square | 0.006 |
| No recurrence              | 41 (29.5%)                | 98 (70.5%) | Chi Square | 0.006 |

DISCUSSION

The frequency of CRC varies markedly between countries, which is most likely due to differences in environmental and dietary factors. In Saudi Arabia, CRC is the most common cancer of the gastrointestinal tract. The main therapeutic approach for CRC patients is surgical resection. However, in metastatic and locally advanced disease, the therapeutic options are limited. Therefore, clear understanding of the molecular biology and the key factors that are involved in the progression of the disease is essential for improving the treatment approach of CRC patients.

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Low syndecan-1 expression was associated with nodal involvement, distant metastasis, lymphovascular invasion, and tumor recurrence. These results are consistent with other studies. However, Kim et al. found an association between syndecan-1 immunoexpression and tumor size, but not with other parameters.
including nodal involvement, distant metastasis, and lymphovascular invasion. Peretti et al. did not find any association between syndecan-1 immunostaining and tumor grade, which contrasts with other studies. Few studies have evaluated the clinical outcomes in relation to syndecan-1 expression. In the current study, loss of syndecan-1 immunoexpression was an indicator of poor OS and DFS, which is similar to the results of one study, but contradicts those of another. Wang et al. evaluated syndecan-1 mRNA expression by RT-PCR in frozen CRC tissue and also found a decreased level to be associated with tumor size, tumor grade, depth of invasion, lymphovascular space invasion, lymph node metastasis, and TNM stage. In a study by Wang et al., syndecan-1 mRNA expression was significantly higher in normal mucosa from the surgical margins of the specimen than in noncancerous mucosa adjacent to the CRC. Syndecan-1 shedding was found to be increased in CRC patients and decreased after chemotherapy. Patients with high serum level of syndecan-1 were found to be less responsive to chemotherapy. Syndecan-1 serum level was also shown to be a poor prognostic sign in CRC.

Syndecans function as coreceptors or activators for molecules like growth factors and constituents of the matrix. Regarding syndecan-1’s regulation mechanism of cell attachment, it was suggested that it is a co-receptor of bFGF Type-1 growth factor, which has also shown decreased expression in CRC compared to adenoma, similarly to syndecan-1. Fujiya et al. suggest that a loss of syndecan-1 may weaken the signals that maintain the cellular differentiation of CRC cells and result in dedifferentiation and detachment from the extracellular matrix and adjacent cells.

**Limitations of the study:** The current study utilized only tissue microarray material, which includes representative cores of tissue. Normal mucosa adjacent to the tumor were not evaluated and this is considered limitation of the study.

**CONCLUSION**

Loss of syndecan-1 immunoexpression is associated with metastatic potential, tumor recurrence and shorter survival in CRC and is considered a potential biomarker of poor prognosis in CRC patients. Nevertheless, further investigation of the role of syndecan-1 in CRC is required.

**Conflicts of Interest:** None.

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