Effects of Dietary Supplementation of Fumaric Acid on Growth Performance, Blood Hematological and biochemical Profile of Broiler Chickens Exposed to Chronic Heat Stress

ABSTRACT

The aim of this study was to investigate the effects of dietary fumaric acid (FA) on the growth performance, hematological parameters and serum biochemistry in broilers under heat stress (HS) condition. A total number of 200 broilers were allocated to five treatments including the thermoneutral group, which was reared at standard ambient temperature and fed basal diet (CONT) and four heat-stressed groups, which were held at 32 ± 1ºC aged from 22 to 42 days and fed the basal diet supplemented with 0, 5, 10 and 15 g/kg FA, respectively. On day 42, body weight and feed intake were measured and feed conversion ratio was calculated. Blood was collected for the estimation of hematological and biochemical parameters. HS impaired the growth performance, but the addition of FA made a higher final body weight, average daily gain and European broiler index in comparison with HS group. The hemoglobin concentration and packed cell volume of HS broilers were significantly lower than those of the CONT birds. Birds administered 5g/kg FA diet had significantly (p<0.05) higher erythrocyte counts and hemoglobin concentration compared with birds in the HS group fed basal diet. Also, the HS group exhibited significant increase in glucose, triglyceride, total cholesterol, low-density lipoprotein cholesterol and creatinine when compared with CONT group. Dietary 5g/kg FA increased the serum total protein, albumin, globulin, total cholesterol, high-density lipoprotein cholesterol in comparison with the HS group. In conclusion, this study demonstrated the importance of using FA as feed additives to improve the growth performance of heat-stressed broilers through haematological and biochemical regulation.

INTRODUCTION

High ambient temperature is a substantial unfavorable environmental factor for successful poultry production in tropical, subtropical and temperate regions of the world which constitutes serious production efficiency concerns (Lara, 2013). As a most significant abiotic factor, it can significantly influence the metabolism of chickens. Heat-induced physiological changes are greatly affected by duration of heat exposure. The acute heat stress (HS) lasting for hours to a few days is regulated by homeostatic regulators of the nervous and endocrine systems and the chronic HS lasting several days to weeks by homeorhetic regulators of the endocrine system (Collier et al., 2017). He et al. (2018) reported that continuous exposure to high ambient temperature overwhelms the homeostatic mechanisms in poultry, which may consequently compromise their growth performance, immunity, meat quality, and so on. High temperature significantly affects the physiology of broiler chicken and the central nervous system (CNS) via the hypothalamus and modulates most of the hematological and biochemical changes (Habibu et al., 2018). Specifically, the CNS modulates hematology...
parameters and serum biochemistry by influencing respiration, circulation, sweating and water intake to enhance heat loss during HS. Consequently, hematological and biochemical variations in the blood are intrinsically related to climate factors and they are essential indicators of physiological changes in a variety of animals. It is urgent to reduce the heat strain by adjusting broiler physiology and metabolism and enhances the productivity of broiler chickens reared at high ambient temperature.

A prevalent method in poultry production is to take advantage of the use of specific dietary supplements to achieve better poultry performance and feed conversion. Organic acids are generally considered as safe and have been approved by most member states of the European Union to be used as the feed additives in animal production (Habibu et al., 2018). Organic acids feeding is believed to have several beneficial effects such as improving feed conversion ratio (FCR), growth performance, enhancing mineral absorption, and speeding recovery from fatigue (Adil 2015; Kim et al., 2015). Fumaric acid (FA) is a dicarboxylic acid, naturally present in all organisms. Exogenous FA will be rapidly metabolized and it is not expected to accumulate in animal tissues and products (EFSA Panel 2016). FA predominantly takes part in the tricarboxylic acid cycle and dietary FA addition may change apparent metabolizable energy (Durek et al., 2014). Waldroup et al. (1995) reported that dietary fumaric supplementation to broilers results in improved weight gain and feed conversion under thermoneutral condition. Blood is probably the most potent medium in the body that facilitates heat dissipation during HS via its role insensible and insensible heat loss through the skin and respiratory tract (Singh et al., 2016). Hence, blood hematological and serum biochemical analyses have been necessary for detecting changes in the health status of birds. However, there is a lack of information on the effects of FA on the hematological and biochemical responses of broiler chickens reared under the thermally stressful condition. Therefore, the present study aimed to evaluate the growth performance, hematological and serum biochemical responses of heat-stressed broiler chickens when treated with dietary FA.

**MATERIALS AND METHODS**

**Experimental Birds, Management and FA Treatment**

The animal protocol was approved by the Animal Care and Use Committee of Anhui Science and Technological University. A total of 200 Ross 308 broiler chickens with similar initial body weight were randomly allocated to five groups with four replicates of ten broilers per replicate from 22 to 42 days of age. Every replicate broilers were reared in one cage (90 cm length× 90 cm width× 38cm height) with the relative humidity of (60±5)%. The broilers in the control group were raised at 23±1 ºC in a temperature-controlled room and received a basal diet (Table 1). The broilers in the HS group were raised at 32±1 ºC and were fed the same basal diet supplemented with 0, 5, 10 and 15g/kg FA in another temperature-controlled room, respectively. Each room was equipped with thermostatically controlled electric heaters and an electric fan for the circulation of air. Broilers were allowed free access to feed and water and were maintained on a 23L:1D lighting program. They were also vaccinated against Newcastle disease (on day 21) using the Lasota vaccine. At the end of the experiment, feed intake during the trial was calculated and the broilers were weighed after feed deprivation for 12 h by replicate to calculate average daily gain and FCR. The mortality rate of chicks was recorded in all the treatments at the end of the studied period. The European Broiler Index (EBI) was also calculated using the following equation (Islam et al., 2012).

**European Broiler Index (EBI) = (average daily gain× per cent survival)/(10×feed conversion)**

**Blood Routine Test**

At the end of the experiment, blood samples (approximately 5 mL) from 8 birds in each group (2 birds per replicate) were collected aseptically from the wing vein with vacutainer tubes, which contained anticoagulant disodium ethylene diamine tetraacetic acid. After collection, the blood samples were immediately transferred to the laboratory for analysis. The blood samples were analyzed automatically (Mindray, BC-2800vet, China) including total erythrocyte count (RBC, ×10^{12}/L), hemoglobin concentration (Hb, g/L), packed cell volume (PCV, %), mean corpuscular volume (MCV, fL), mean corpuscular hemoglobin (MCH, pg), mean corpuscular hemoglobin concentration (MCHC, g/L), total leucocyte count (WBC, × 10^{9}/L), Lymphocyte(× 10^{9}/L), Granules(× 10^{9}/L), Monocyte(× 10^{9}/L).

**Serum Biochemical Profile**

After 12 h fasting, blood samples from 8 birds were collected in non-anticoagulant tubes at 42 days of
age in each treatment group from the wing vein. The blood was stored at 4 °C for 12 h and then serum was collected. Individual serum samples were analyzed automatically (Mindray, BS-200, China) including total protein (TP, g/L), albumin (g/L), glucose (mmol/L), total cholesterol (TC, mmol/L), high-density lipoprotein cholesterol (HDL-C, mmol/L), low-density lipoprotein cholesterol (LDL-C, mmol/L), triglyceride (TG, mmol/L), aspartate aminotransferase (AST, U/L), alanine aminotransferase (ALT, U/L), γ-glutamyl-transferase (γ-GT, U/L), total bilirubin (T-bil, μmol/L), direct bilirubin (D-bil, μmol/L), uric acid (UA, μmol/L), creatinine (μmol/L), urea (μmol/L), creatine kinase (CK, U/L), lactic dehydrogenase (LDH, U/L), calcium, magnesium and inorganic phosphorus.

**Statistical Analysis**

The obtained results were expressed as mean ± SD (standard deviation). Data were analyzed with PASW (PASW Statistics, Version 18.0) that the values obtained were subjected to an ANOVA, followed by Tukey’s post-hoc test to compare the means. For performance traits, each pen was considered as the experimental unit. Meanwhile, each bird acts as the experimental unit for the other traits. Differences in mortality between groups were analyzed using a chi-square test. Values of \( p < 0.05 \) were considered significant.

### RESULTS

#### Growth Performance

There were no significant differences in the initial body weight between all the experimental groups. The HS group had lower \( (p<0.05) \) final body weight, average daily gain, feed intake and EBI but higher FCR than those of the control group (Table 2). However, the addition of different levels of FA groups made a higher final body weight, average daily gain and EBI but a lower FCR in comparison with the HS group. FA did not affect cumulative feed consumption when compared with the HS group. The mortality rate was measured to be higher in the HS treatments (11.11% for the HS group compared to 2.87% for the control birds), although the differences did not reach statistical significance. Broiler chickens in the HS group had a significant \( (p<0.05) \) higher mortality rate when compared with 1.0% and 1.5% FA supplemented groups.

#### Hematological Parameters

Variations of hematological parameters in heat-stressed broiler chickens were presented in Table 3. The Hb concentration and PCV of broiler chickens under chronic HS were significantly lower than those of the control birds. Birds administered 0.5% FA had significantly \( (p<0.05) \) higher RBC and Hb concentration compared with birds in the HS group. There were no significant variations such as MCV, MCH, WBC, lymphocytes, granules and monocytes among all experimental groups.

#### Serum Biochemistry Parameters

Data presented in Table 4 showed that, compared with the control group, the HS group exhibited a significant increase in glucose, TG, TC and LDL-C. However, the concentrations of TP, albumin, globulin and HDL-C in the serum did not show significant changes. Dietary 0.5% FA supplementation group had an increase in serum TP, albumin, globulin and HDL-C but a decrease in TG concentration in comparison with the HS group. A significant reduction in serum glucose, TC and LDL-C were observed in dietary 1.5% FA supplementation compared with the HS group. There were no significant differences in the concentrations of TG and glucose among dietary FA supplemented groups.

Results of serum parameters of liver, kidney and heart represented in Table 5 revealed that HS decreased ALT activity and urea content but increase creatinine

### Table 1 – Composition and nutrient levels of basal diet (air-dry basis) %.

| Item                      | 0-21d | 22-42 d |
|---------------------------|-------|---------|
| **Ingredients**           |       |         |
| Corn                      | 62.0  | 64.0    |
| Soybean meal              | 29.1  | 27.8    |
| Soybean oil               | 3.0   | 3.0     |
| Fish powder               | 3.0   | 2.5     |
| Calcium hydrogen phosphate| 1.6   | 1.4     |
| Sodium chloride           | 0.30  | 0.30    |
| Premix\(^1\)              | 1.0   | 1.0     |

| Nutrient level            | 0-21d | 22-42 d |
|---------------------------|-------|---------|
| ME/(MJ/kg)\(^2\)          | 12.96 | 13.03   |
| Crude protein             | 20.50 | 20.02   |
| Lysine                    | 1.05  | 1.02    |
| Methionine+Cystine        | 0.80  | 0.78    |
| Calcium                   | 1.01  | 1.00    |
| Total phosphorus          | 0.71  | 0.67    |

1 The premix provided the following nutrients per kilogram of diets: vitamin A 7 000 IU, vitamin D3 875 IU, vitamin E 20 IU, vitamin K3 1 mg, vitamin B1 2 mg, vitamin B2 4.5 mg, D-pantothenic acid 12 mg, nicotinic acid 50 mg, vitamin B6 2.5 mg, vitamin B12 0.6 mg, Mn (as manganese sulfate) 66 mg, Zn 44 mg, Cu (as copper sulfate) 9 mg, Fe (as ferrous sulfate) 50 mg, I (as potassium iodide) 0.4 mg. \(^1\) ME was a calculated value.
**Table 2** – Effects of FA on growth performance in heat-stressed broilers (n=4).

| Item                        | Control | HS             | HS+0.5% FA      | HS+1% FA        | HS+1.5% FA       |
|-----------------------------|---------|----------------|----------------|----------------|-----------------|
| Initial body weight (kg)    | 0.67±0.10 | 0.65±0.09 | 0.66±0.11 | 0.66±0.12 | 0.65±0.11 |
| Final body weight (kg)      | 2.42±0.14  | 1.94±0.11  | 2.10±0.16  | 2.11±0.14  | 2.25±0.19  |
| Average daily gain (g/d)    | 83.33±7.17  | 61.43±6.07  | 68.57±4.77  | 69.05±7.63  | 76.20±6.13  |
| Feed intake (g/d)           | 160.71±11.90 | 142.38±10.00 | 143.42±11.43 | 138.71±15.71 | 148.58±10.47  |
| FCR                         | 1.93±0.02  | 2.32±0.11  | 2.09±0.06  | 2.00±0.05  | 1.95±0.10  |
| EBI                         | 402.10±17.89 | 235.37±20.38 | 305.24±10.49 | 345.25±18.23 | 390.77±16.52  |

Means within a row with different superscripts indicate significant difference (p<0.05). HS: Heat stress; FA: Fumaric acid; FCR: Feed conversion ratio; EBI: European broiler indexes.

**DISCUSSION**

In this study, HS decreased final body weight and body weight gain of broilers, which was probably due to decreased feed intake and feed efficiency, as demonstrated by Sohail *et al.* (2012). Salles *et al.* (2010) reported that the uptake of nutrients in heat-stressed animals diminishes due to a decrease in the ability of the intestinal to absorb nutrients. These results demonstrated that broiler chickens have ineffective thermoregulation ability under high temperature conditions and are highly susceptible to HS. Broilers fed the diets supplemented with FA showed a significant improvement in the body weight gain and FCR compared with the HS group due to better utilization of nutrients. However, there is no difference in the cumulative feed consumption compared with the control group. Dietary 0.5% FA supplemented increased AST activity but decreased creatinine levels in comparison with the HS group. Dietary 1.5% FA increased ALT activity but decreased serum creatinine content compared with the HS group. There were no significant changes in CK and γ-GT activities and serum T-bil, D-bil, UA between all treatment groups including the control group.

Serum contents of calcium, magnesium and inorganic phosphorus are shown in Table 6. There were no significant changes in contents both calcium and magnesium among all experimental groups. When compared with the control group, serum levels of phosphorus had a significant decrease in the HS group. However, dietary 1.5% FA addition increased the phosphorus concentration in comparison with the the HS group.
present study, heat-stressed broilers have a numerical environmental stresses than ever before. Based on the have been shown to have increased susceptibility to pathogens on the intestinal wall which improve the toxic components by the bacteria and colonization of that organic acids could reduce the production of et al. (2014) who reported agree with Marin-Flamand factors for practical application results. The results of microbial load in the environment could be the main dietary ingredients and their chemical properties and Liu., 2014; et al. 2003). Also, such a positive impact of dietary FA on growth performance might be related to the intestinal protection effect of FA which improves the pH values under normal ambient temperature conditions (Islam et al., 2008). The improvement of body weight gain is probably due to the beneficial bactericidal effect of FA and the improved energy metabolism (Ricke 2003). Also, such a positive impact of dietary FA on growth performance might be related to the intestinal protection effect of FA which improves the pH values in the feed and digestive tract (Kamal et al., 2014; Liu et al., 2008). Kim et al. (2015) also reported that dietary ingredients and their chemical properties and microbial load in the environment could be the main factors for practical application results. The results of the present study regarding mortality rate and EBI agree with Marin-Flamand et al. (2014) who reported that organic acids could reduce the production of toxic components by the bacteria and colonization of pathogens on the intestinal wall which improve the survival rate and feeding efficiency.

Broiler chickens, bred for high performance, have been shown to have increased susceptibility to environmental stresses than ever before. Based on the present study, heat-stressed broilers have a numerical decrease in RBC and a significant decrease in Hb and PCV compared with the control broilers. Lower levels of Hb in the chicken blood may be related to the effect of HS on changes in the distribution of iron in the organism and thus the decreased RBC and PCV (Jamadar et al., 1995). Moreover, it has been shown that HS-induced oxidative damage to hemoglobin molecules can cause denaturation and hydrophobicity of Hb molecules, which signal a rapid intracellular selective degradation of the damaged hemoglobin molecules by the proteolytic system (Giulivi et al., 1994). Also, several studies have reported a decrease in RBC, PCV, and Hb values during HS, which is believed to be caused by excess water intake (Mazzullo et al., 2014). Our results are different from those of Habibu et al. (2018) who reported that an increase in RBC, Hb and PCV occurs during dehydration or splenic contraction induced by HS. Since MCH and MCHC are calculated using Hb, PCV and/or RBC, any change in Hb, PCV and RBC is directly reflected in MCH and MCHC. The findings of the present study showed that broiler chickens administered 0.5% FA had significantly higher RBC and Hb. This finding implies that the administration of FA enhanced the oxygen-carrying capacity and consequently, more nutrients are available under the thermally stressful environmental conditions (Oleforuh-Okoleh et al., 2015).

The leucocyte parameters are mainly influenced by the effects of neuroendocrine products from the hypothalamic-pituitary-adrenal axis. The results of the

**Table 5** - Effect of FA supplementation on serum parameters of liver, kidney and cardiac functions in heat-stressed broilers (n=8).

| Parameters                 | Control          | HS               | HS+0.5%FA        | HS+1%FA          | HS+1.5%FA        |
|---------------------------|------------------|------------------|------------------|------------------|------------------|
| AST (U/L)                 | 279.95±42.51abc  | 289.67±59.52abc  | 372.34±39.9b     | 327.39±76.43abc  | 263.75±31.78abc  |
| ALT (U/L)                 | 7.97±2.05abc     | 3.68±0.46abc     | 4.26±0.81abc     | 3.97±0.88abc     | 4.64±1.05abc     |
| γ-GT (U/L)                | 18.12±2.63       | 18.75±5.58       | 18.75±3.24       | 20.32±5.47       | 16.23±1.13       |
| T-bil (μmol/L)            | 2.42±0.54        | 2.76±0.75        | 2.11±0.5         | 2.56±0.75        | 2.06±0.25        |
| D-bil (μmol/L)            | 2.19±0.47        | 2.32±0.37        | 1.89±0.27        | 2.13±0.76        | 2±0.32           |
| UA (μmol/L)               | 199.76±21.29     | 202.43±29.62     | 171.5±32.58      | 186.2±49.97      | 210.12±34.47     |
| Creatinine (μmol/L)       | 6.10±0.92abc     | 8.08±1.67abc     | 6.72±0.31abc     | 7.12±1.24abc     | 5.20±0.68abc     |
| Urea (μmol/L)             | 0.71±0.20abc     | 0.53±0.12abc     | 0.63±0.16abc     | 0.55±0.15abc     | 0.56±0.11abc     |
| CK (U/L)                  | 5163.68±951.09   | 5215.05±999.23   | 4839.08±877.22   | 4934.38±817.33   | 5330.74±656.20   |
| LDH (U/L)                 | 1159.78±511.83bc | 1232.58±305.73bc | 1624.77±345.46a | 1553.47±356.0a   | 1162.46±264.97b |

Means within a row with different letters differ significantly at p<0.05. HS: Heat stress; FA: Fumaric acid; AST: Aspartate aminotransferase; ALT: Alanine aminotransferase; γ-GT: γ-glutamyl-transferase; T-bil: Total bilirubin; D-bil: Direct bilirubin; UA: Uric acid; CK: Creatine kinase; LDH: Lactic dehydrogenase.

**Table 6** - Effect of FA supplementation on serum contents of calcium, magnesium and phosphorus in heat-stressed broilers (n=8).

| Parameters               | Control          | HS               | HS+0.5%FA        | HS+1%FA          | HS+1.5%FA        |
|--------------------------|------------------|------------------|------------------|------------------|------------------|
| Calcium (mmol/L)         | 2.48±0.10        | 2.42±0.20        | 2.51±0.27        | 2.53±0.17        | 2.46±0.12        |
| Magnesium (mmol/L)       | 0.99±0.14        | 0.92±0.08        | 1.00±0.13        | 0.93±0.10        | 0.89±0.09        |
| Inorganic phosphorus (mmol/L) | 2.3±0.27        | 1.95±0.85        | 1.95±0.17        | 1.99±0.21        | 2.26±0.18        |

Means within a row with different letters differ significantly at p<0.05. HS: Heat stress; FA: Fumaric acid.
present study demonstrated that broiler chickens in different groups had no significant difference in WBC, lymphocytes, granules and monocytes. This finding may suggest that the birds employed thermoregulatory mechanisms to cope with the thermally stressful environmental conditions. However, Habibu et al. (2016) reported that HS decrease lymphocytes implicating the immunosuppressive effect of HS during the hot season. Hence, depending on animal species, duration of heat exposure and capacity of the animal heat adaptation, different reports may vary in their leucocytic response to HS.

When birds are subjected to HS, they use various strategies such as physiological and biochemical adjustments to maintain homeostasis. HS did not change serum TP, albumin and globulin compared with the control group. However, Dietary 0.5% FA supplementation group had an increase in serum TP, albumin and globulin. The significant increase in total protein could be due to the achieved significant increase in the serum concentration of albumin and globulin by the supplemented groups. These results indicated that supplemental FA might improve the protein synthesis in broiler liver. Also, broiler chickens fed FA had the better immune response as indicated by a higher serum globulin level than the control group. This result is in harmony with those of Kamal et al. (2014) and Rahmani et al. (2005) who found higher globulin in broilers given organic acids than the control group. The enhancement of immune response associated with dietary FA could be due to their inhibitory effects against the pathogenic microorganisms throughout the gastrointestinal tract (Kim et al., 2015).

There was a significant increase in the concentrations of glucose in HS group which in agreement with Chand et al. (2018) who reported that serum glucose concentration may increase with chronic HS. The increased blood glucose could be due to the endocrine activity of adrenal hormones, which accelerate gluconeogenesis and indicates the alteration of chicken energetic metabolism (Lu et al., 2018). This result is contrary to the findings of Sands et al. (1999) who reported that plasma glucose concentration of broilers decreases under HS. This inconsistent result may be related to the broiler species, exposure duration and intensity. However, a significant decrease in serum glucose was observed in dietary 1.5% FA supplementation compared with HS group which indicated that FA has a positive effect on energetic metabolism in heat-stressed broilers.

Superficially, the observed lower feed consumption and consequently, lower fat intake would result in fat depletion and may contribute to reducing blood lipid content. However, it is known that HS can lead to an increased abnormal fat deposition by increasing, total cholesterol and LDL-C levels, which were confirmed by the present study. Our findings are in agreement with the results of Fallah (2013), who reported that serum cholesterol in broiler was higher under high ambient temperature. These results showed that lipid metabolism has a special adaptation mechanism in heat-stressed broilers. There was a numerical decrease in cholesterol and reduced triglyceride levels in the FA-treated groups compared to the HS group. The findings of serum lipid profile are in agreement with Dousa et al. (2016), who reported that blood total lipids and cholesterol decreased significantly by dietary acidifiers.

HS decreased the ALT activity and urea but increased the creatinine, which shows that, in part, HS have adverse effects on the liver and renal function after 21 days of heat exposure. The result shows that HS decreased the ALT activity indicating HS decreased the metabolic rate of liver cells. Our findings are different from the results of Chand et al. (2018), who reported increased AST and serum ALT level for broilers exposed to high temperature. Dietary 0.5% FA made a temporary increase in comparison with HS and the reason should be further explored. The decreased serum urea in HS group demonstrated that protein metabolism changed and broilers may have a low protein metabolic rate. The increased creatinine may suggest that chronic HS has a negative impact on renal function. However, our result shows that the FA has an alleviated role in heat-stressed broilers. In addition, the increased LDH activity may be related to the regulation of glycolysis and citric acid cycle in broilers under high ambient temperature condition.

Improvement of the utilization of calcium and phosphorus by organic acids supplementation was revealed by Moghadam et al. (2006) who reported that the acidic anion shows to be complex with calcium, phosphorus, magnesium and zinc, which results in an improved digestibility of these minerals. Compared with HS group, the numerical increase of calcium, magnesium and phosphorus levels in blood serum produced by the addition of FA may be attributed to the lowering of gastrointestinal tract pH, which increases the absorption of such minerals from the gut into the bloodstream.

**CONCLUSIONS**

It has been shown that dietary FA had positive effects on final body weight, average daily gain and
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EBI in broiler chickens under HS conditions. Also, birds administered FA had significantly higher erythrocyte counts, hemoglobin concentration, and the serum total protein, albumin, globulin, total cholesterol, high-density lipoprotein cholesterol in comparison with the HS group. These results demonstrated that the improved growth performance may be related to the improved hematological parameters and serum biochemical states in the heat-stressed broilers.

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