Review

Interferon-Mediated Response to Human Metapneumovirus Infection

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Abstract: Human metapneumovirus (HMPV) is one of the leading causes of respiratory diseases in infants and children worldwide. Although this pathogen infects mainly young children, elderly and immunocompromised people can also be seriously affected. To date, there is no commercial vaccine available against it. Upon HMPV infection, the host innate arm of defense produces interferons (IFNs), which are critical for limiting HMPV replication. In this review, we offer an updated landscape of the HMPV mediated-IFN response in different models as well as some of the defense tactics employed by the virus to circumvent IFN response.

Keywords: human metapneumovirus; HMPV; interferon; IFN; pneumovirus; respiratory

1. Introduction

1.1. Structural Characteristics of HMPV

Human metapneumovirus (HMPV) is a clinically relevant single stranded RNA virus that belongs to the genus Metapneumovirus in the new virus family Pneumoviridae [1–3]. HMPV genomic organization resembles that of the respiratory syncytial virus (RSV) with the exceptions of lacking the non-structural proteins (NS1 and NS2) and of having a slightly different gene order (Figure 1). The HMPV genome, which is constituted of approximately 13,330 nucleotides, encodes 9 proteins represented in the order 3′-N-P-M-F-M2(1/2)-SH-G-L-5′, and includes the nucleoprotein (N), phosphoprotein (P), fusion (F), small hydrophobic (SH), attachment (G), polymerase (L), and matrix proteins (M1 and M2), for which M2 has two overlapping open reading frames (ORF) in the M2 mRNA that generates M2-1 and M2-2 proteins. [4–6] (Figure 1). Functional characterization of the HMPV viral proteins indicates that the virus fuses with the host cell membrane using the F protein [7]. Unlike the G protein, with its high genetic diversity, the F protein is considered the most conserved protein among other HMPV isolates [8]. The G protein contributes to the attachment of the virus to the host cell membrane, but is dispensable for virus replication [9]. The small hydrophobic (SH) protein has been reported to modulate membrane fusion promotion [10], however its functional role in viral infection is still unknown. The phosphoprotein (P), nucleocapsid (N), and viral polymerase (L) are essential proteins for viral RNA synthesis [6,10,11]. M2-1 protein appears to be necessary for HMPV replication in vivo [6,12]. HMPV has been classified into two main groups, i.e., A and B, and further subdivided into A1, A2, B1, and B2, based on genetic analysis [8,13–15].
Figure 1. HMPV and RSV genomic configuration and the proteins they encode. (A) HMPV and RSV are negative sense single stranded RNA viruses and are members of the family Pneumoviridae. HMPV belongs to the genus Metapneumovirus, while RSV belongs to Orthopneumovirus genus; (B) Both viruses differ in the organization of the genomic proteins. Besides, the M2 and L proteins of RSV overlap by 68 nucleotides [16]. Another important difference between the viruses is that RSV genome encodes additional two proteins, non-structural proteins NS1 and NS2.

1.2. Epidemiological Aspects of HMPV

Although discovered in 2001, HMPV has been present in the human population for at least 50 years before it was identified in nasopharyngeal aspirates by Osterhaus’ group in the Netherlands [17]. This virus is known to be one of the most significant causes of acute respiratory tract infection (ARTI) in humans [18]. Since its discovery, cases of HMPV infections have been isolated on all continents [19]. Like human RSV, HMPV has a seasonal distribution and causes periodic epidemics which usually peak during the winter and spring [20,21]. The prevalence of HMPV infections is higher in infants and children (less than 5 years old) than in adults [18,19]. By the age of 5, almost all children have been exposed to HMPV [17,22,23]. Moreover, epidemiological and clinical studies show that HMPV is a major causative agent of severe respiratory infection associated with 5–15% of pediatric hospitalizations [19,24,25]. Data from two different studies indicate that HMPV was detected in nasal-wash samples of 12% of all lower respiratory infection (LRI) cases in a cohort of more than 2000 previously healthy outpatient infants and children [26], as well as in the respiratory aspirates of 12 (6%) of the 208 children hospitalized for ARTI [24]. Based on studies comprising young and older adults, HMPV disease can also occur in adults of all ages [19], although increased severity of the disease is observed in the elderly and immunocompromised individuals [19,27]. Furthermore, stem-cell transplant recipients and people with chronic obstructive pulmonary disease (COPD) have been reported to have severe HMPV infection [28,29].

HMPV is transmitted via direct or close contact with infected individual secretions, which may involve droplets or large particle aerosols [30–32]. The incubation period varies among individuals but it is estimated to be between 3–6 days [33,34]. Typical HMPV syndrome includes fever, acute wheezing, and in severe cases, bronchiolitis and pneumonia [26,35,36]. Purulent cough, sore throat, otitis media, bronchitis, and asthma exacerbation are other symptoms that have been reported [34]. Like RSV, factors like age, prematurity, gender, severe lung disease, immunodeficiency, and severe neurological disabilities increase the risk of severe HMPV infection [37–44]. Despite the disease prevalence, there is no available commercial vaccine or treatment against HMPV. However, ribavirin, together with immunoglobulins, has been used to treat infected patients [45]. Other supportive treatments for the infection, which involve the use of fusion inhibitors and small interfering ribonucleic acids, have been reported in several in vitro and animal studies [46,47].
2. Interferon Response

2.1. Types of Interferons (IFNs)

The production of interferon (IFN) is one important way by which a host immune system responds to invading pathogens such as viruses, bacteria, and parasites [48]. Interferons induced by viral infection constitute the first line of the innate antiviral immune defense. There are three types of interferons: type I IFN, a multi-gene cytokine family that includes several subtypes (α, β, ε, δ, κ, τ, ω, and ζ) [49,50], although the best characterized are IFN-α and IFN-β. In addition, human IFN-α is further classified into 13 subtypes, all in chromosome 9 [51]. Most cell types are able to produce IFN-β, whereas IFN-α is primarily released by plasmacytoid dendritic cells [52]. Type II IFN consists only of the gamma form (IFN-γ), which is produced by NK cells, NKT cells, CD4+ T cells (Th1), CD8+ cytotoxic T lymphocytes, and B cells [53]. Type III IFNs are the newly discovered member of the interferon family which includes 4 isoforms of IFN lambda (IFN-λ1-4) [54,55] and is produced by epithelial cells and plasmacytoid dendritic cells [56,57].

2.2. Activation of the IFN Response

Cells in the respiratory tract, such as epithelial cells, phagocytes, dendritic cells, innate lymphoid cells (ILCs), natural killer (NK) cells, among others, use receptors called pattern recognition receptors (PRRs) to recognize pathogen associated molecular patterns (PAMP) present in viral pathogens. Apart from cell surfaces, these receptors (PRRs) are also present in different cellular compartments such as endosome and cytosol. Those PRRs present in the endosomes are the toll-like receptors (TLRs), which can recognize different viral products, including the following: TLR3 (double stranded RNA, dsRNA), TLR7, TLR8 (single stranded RNA, ssRNA), and TLR9 (unmethylated DNA) [58,59]. In the cytoplasm, PRRs include RIG-I like receptors (RLRs) such as RIG-I (retinoic acid–inducible gene I) and melanoma differentiation-associated 5 (MDA5), which sense viral genomic dsRNA, or dsRNA produced as viral intermediates during the virus replicative cycle. Typically, RLRs recognize the following different molecules of dsRNA: MDA5 recognizes dsRNA that is over 2000 nts in length while RIG-I recognizes shorter (<400 nt) structures of dsRNA or ssRNA with 5’ triphosphorylated (5’ppp) modification [60–64]. The detection of viral PAMPs by cellular PRRs leads to the activation of different signaling cascades that result in the production of IFNs by the infected cells, as described in (Figure 2).
Figure 2. Induction of the interferon response by HMPV. During HMPV infection, its viral PAMPs are detected by toll-like receptors (TLRs) in the endosome and RIG-I-like receptors (RLRs) in the cytoplasm. Activation of TLR7/8 by ssRNA results in the recruitment of the adaptor molecule myeloid differentiation primary response protein 88 (MyD88). MyD88 further recruits and activates the interleukin 1 receptor associated kinases (IRAK1 and IRAK4) and the tumor necrosis factor receptor associated factor 6 (TRAF6) which in turn mediate the phosphorylation and activation of IRF7. Translocation of IRF7 into the nucleus triggers the expression of IFNs. In addition, dsRNA can be detected by TLR3 also in the endosome, which leads to the activation of TRAF3 and subsequent activation of the tank binding kinase-1 (TBK1)/I kappa B kinase epsilon (IKKε) kinases that eventually induce the phosphorylation of interferon regulatory factor 3 (IRF3) and IRF7. On the other hand, retinoic acid-inducible gene I (RIG-I) or melanoma differentiation associated factor 5 (MDA5) can be activated in the cytoplasm by 5′ppp-dsRNA, 5′ppp-ssRNA or long dsRNA, respectively. Activation of RIG-I or MDA5 subsequently activates the mitochondrial antiviral signaling protein (MAVS). MAVS recruits additional adaptor proteins that trigger the activation of TBK1/IKKε kinases. TBK1/IKKε phosphorylate IRF3/7 which then translocate to the nucleus to induce the expression of interferons.

2.3. Regulation of the IFN Response

Most cells respond early to viral infection by producing IFNs to induce an antiviral response. Depending on the cell type and viral infection, detection of viral PAMPs by cellular PRRs leads to the activation of several downstream cell signaling cascades that eventually results in the induction of several IFN-inducible genes (such as IFN-stimulated genes; ISG), which may include protein-coding and non-coding microRNA (miRNA) to establish an antiviral state [65]. The creation of an anti-viral environment is accompanied by secretion of IFNs that interfere with the replication of the virus. Hence, IFN, ISGs, and miRNA are part of a cellular innate immunity that responds to virus infection. miRNAs have been of research interest since their discovery in 1993 [66]. They are non-coding RNAs of approximately 22 nucleotides in length that are involved in the post-transcriptional regulation of gene expression [67–69]. miRNAs play important roles in diverse biological processes such as cellular differentiation and development, fat metabolism, pathogenesis of various diseases, and immune response [70,71]. The regulatory capabilities of miRNAs may be beneficial or otherwise, depending on the mRNA target they bind to. Thus, miRNA regulating the expression of interferon genes may directly or indirectly inhibit or stimulate viral replication. For instance, expression of miR-22
blocks interferon production by directly downregulating the high mobility group box-1 (HMGB1) and interferon regulatory factor 5 (IRF-5) that eventually inhibits NF-κB and interferon regulatory factor 3 (IRF3) activation [72]. On the other hand, miR-155 enhances innate antiviral immunity during Hepatitis B virus (HBV) infection by targeting the suppressor of cytokine signaling 1 (SOCS1) leading to activation of the JAK/STAT signaling pathway [73]. Work from our laboratory and other groups have demonstrated that HMPV infection induces different types of miRNAs in different cell types [74,75]. Although several studies have implicated miRNAs in different lung diseases [76], future work is needed to determine the potential role of miRNAs in the IFN response upon HMPV infection.

Numerous ISGs have been shown to be involved in the regulation of immune responses. Some have been reported to interfere with the replication of different viruses [77–80], while others have not been characterized in regards to that effect. Using an overexpression screening assay, Schoggins et al. [80] have catalogued several ISGs that might have an inhibitory or enhancing effect on different DNA and RNA viruses. Their results show CD9, HPSE, P2BY6, and interferon induced transmembrane protein 3 (IFITM3) as the top hits of ISGs for HMPV inhibition. In line with that, recent studies show that the expression of IFITM3 dysregulates HMPV F protein mediated cell to cell fusion and inhibits HMPV infection in vitro [81]. They also found that over expression of IFITM1 and IFITM2 can impede HMPV infection [81]. On the other hand, it has been previously demonstrated that the expression of the 3 IFITM proteins mentioned above, effectively curtail RSV infection in vitro. However, unlike in HMPV, the IFITM proteins only interfere with RSV entry [82]. The restriction effect of IFITM3 against RSV has also be demonstrated in a knockout mouse model [83]. Additionally, the inhibitory effects of viperin and ISG15 against HRSV have been described previously [84,85]. Overall, there is limited information on the antiviral activity of IFN-induced proteins against HMPV replication.

3. Induction of Interferon by HMPV Infection

Several studies have shown that infection with different strains of HMPV induce a strong immune response characterized by production of interferons in vitro [57,86–89] or in vivo [57,88,90–93] (Table 1). However, this response is contingent on viral replication as IFN induction is abolished in UV-inactivated HMPV infected cells [57,94,95] and in vivo [90].

| (Group) | Virus Strain | IFN Induced | System | Species | Sample (Cells) | References |
|---------|--------------|-------------|--------|---------|----------------|------------|
| (A) CAN97-83 | IFN-α, β, λ | In vitro | Human | A549, moDC | [57,87,88,96] |
| (A) CAN97-83 | IFN-α, β, λ, γ | In vivo | Mouse | BAL | [57,91,92] |
| (A) CAN97-83 | IFN-α, β | Ex vivo | Mouse | pDC, cDC | [97] |
| (A) NL1100 | IFN-α, β | In vitro | Human | Monocytes | [86] |
| (B) NL199 | IFN-γ | In vivo | Mouse | BAL | [93] |

moDC = monocyte-derived dendritic cells; pDC = plasmacytoid dendritic cells; cDC = conventional dendritic cells; BAL = bronchoalveolar lavage.

3.1. In Vivo (Clinical Studies)

The study of the IFN response in HMPV-infected individuals is very limited. However, studies with nasopharyngeal aspirates from children infected with HMPV indicate that IFN-β is induced by HMPV A group, while IFN-λ was induced by both A and B groups. However, IFN-γ was not detected in those samples [98]. Similarly, in a study by Melendi et al. [99], a reduced IFN-γ/IL-4 ratio was detected in nasal secretions from infants positive for HMPV [99]. However, in a different study, it was shown that IFN-γ was found in nasal airway secretions, but unlike in RSV, that induction was significantly reduced in premature infants infected with HMPV [100].
3.2. Models In Vitro (Epithelial and Immune Cells)

Airway epithelial cells are the primary target for HMPV replication [96,101]. Similar to RSV, human alveolar epithelial (A549) cells are also susceptible to HMPV infection [96,102]. Experimental evidence indicates that HMPV infection of A549 cells induces the expression of RIG-I and MDA5, but only uses the RIG-I signaling pathway to initiate the expression of IFN-β [87]. Further studies demonstrate that infection of A549 cells with HMPV induces the production of both IFN-α and IFN-β in a time-dependent manner, but higher amounts of IFN-β than IFN-α was produced in this model [96]. More recently, we observed that HMPV is also able to induce the expression of IFN-λ1-4 in A549 cells, and in higher levels than those of IFN-β [57].

The human and mouse dendritic cells (DCs) are another in vitro model that has been used for the study of the IFN response to HMPV infection. DCs are among the first immune cells to respond during viral invasion [103]. Lung DCs respond to viral infection by secreting type I IFN, which may result from the recognition of viral nucleic acids by TLRs or other PPRs together with the activation of some signaling pathways that lead to the inhibition of viral replication and destruction of the viral genome. In that regard, our laboratory has shown that HMPV-induced signaling activates type I and type III IFN responses in human monocyte-derived dendritic cells (moDC) and murine bone marrow derived dendritic cells (BMDC) through MDA5 [88]. Our discovery was in agreement with previous reported evidence that HMPV differentially activate human DCs and may utilize different tools to modulate a host immune response [104]. However, the distinct PRRs activation by HMPV in epithelial cells and human or mouse DCs, to induce IFN response, can be attributable to the inherent differences of the experimental cell type used. TLR4 has also been implicated as an essential player in the activation of type I IFN in moDC after HMPV infection [105]. Moreover, data in peripheral blood mononuclear cells (PBMCs) infected with HMPV indicate that this virus induces a weaker IFN-γ response when compared to RSV [106].

3.3. Experimental Animal Models

Similar to the aforementioned in vitro findings, studies in vivo demonstrate that HMPV is a more potent inducer of IFN-α than RSV [57,91]. We also reconfirmed that HMPV not only induces IFN-α, but also induces IFN-γ and IFN-λ in higher levels than those by RSV [57,92]. It has been claimed that the presence of the NS1 and NS2 proteins found in RSV but not in HMPV, might be a key player for this phenomenon [107,108]. The interaction of type I IFNs with the IFN-α/β receptor (IFNAR) is essential for the activation of the host protective anti-viral response against HMPV [109]. In a model of IFNAR deficient mice infected with HMPV, the lack of IFNAR resulted in an increased viral load, reduced weight loss, and less pulmonary inflammation, but significantly impaired HMPV-specific CD8+ T cell response [109]. Hence, IFNAR signaling appears to play an important role in HMPV lung clearance and disease.

Finally, the role of aging on the IFN response after HMPV infection, has been largely understudied. However, data in BALB/c mice indicate that aged animals have an impaired capacity to produce IFNs-γ that the younger counterparts [110]. Thus, it appears that premature or elderly individuals have a limited capacity to mount an IFN response to HMPV. However, future studies are needed to understand the mechanisms underlying those effects.

4. Inhibition of IFN Response by HMPV

The use of the reverse genetics technique has allowed the study of HMPV proteins individually. Several studies have demonstrated how HMPV uses its proteins for viral replication and to modulate host cell responses, including the IFN-driven antiviral response. Table 2 and Figure 3 summarizes the effect that the attachment (G), matrix (M2-2), and small hydrophobic (SH) proteins have on the pathways of IFN response induction in the infected cells.
Figure 3. Inhibition of interferon response by HMPV. Evasion mechanisms used by HMPV include: impairment of RIG-I and MDA5 signaling by its G protein; attenuation of MAV or MyD88 signaling by its M2-2 protein; and obstruction of TLR7/MyD88 signaling by its SH protein.

Table 2. HMPV proteins that target cellular molecules to inhibit IFN response.

| (Group) | Virus Strain | HMPV Protein | Cellular Target          | References   |
|---------|--------------|--------------|--------------------------|--------------|
| (A)     | CAN97-83     | G            | RIG-I, MDA-5, TLR4        | [57,89,105]  |
| (A)     | CAN97-83     | M2-2         | MAVS,                    | [111,112]    |
| (A)     | Jpn03-1      | M2-2         | TLR7/9, MyD88            | [113]        |
| (A)     | TN/94-49     | SH           | STAT1                    | [114]        |
| (A)     | CAN97-83     | SH           | TLR7, MyD88              | [115]        |

4.1. Attachment (G) Protein

One of the HMPV proteins that regulates the IFN response in HMPV infection, is the attachment (G) protein. G protein is a type II transmembrane glycoprotein. Albeit the fact that the postulated functional role of G protein is for attachment to a host cell receptor, it is not essential for viral replication [116]. That has been demonstrated in studies where the replication of the mutant virus lacking G protein (rHMPVΔG) in challenged nonhuman primates was strongly attenuated compared to its wild-type counterpart (rHMPV) [9,116], demonstrating that G protein is dispensable for HMPV replication, but those findings also suggested that G protein interferes with the antiviral response. In fact, the G protein is implicated to have an inhibitory effect on RIG-I mediated activation of type I IFN (IFN-α/β) production in airway epithelial cells [89] and in human moDC [105]. Furthermore, our laboratory has shown that the HMPV G protein also attenuates the activation and production of IFN-λ in vitro and in vivo [57] and that the release of IFN-α is also compromised in the airways of infected mice, by the effect of the G protein [90]. The protective immunogenicity properties exhibited by the rHMPVΔG virus makes it a potential vaccine candidate.

4.2. Matrix 2 (M2) Protein

Another HMPV protein that has been studied extensively is the second matrix (M2) protein. The HMPV M2 gene contains two overlapping open reading frames (ORF) that encodes two putative
proteins: M2-1 and M2-2 (Figure 1). The HMPV M2-1 protein is dispensable for viral recovery in in vitro studies [117], compared to its RSV counterpart, which is important for the transcription of the viral genome in vitro [118]. However, the expression of M2-1 appears to be necessary for HMPV replication in vivo [117]. The complexity of the in vivo environment might account for the discrepancy of HMPV replication in the in vitro experiments when using the M2-1 mutant virus. As for M2-2 protein, the replication of M2-2 mutant HMPV was also highly attenuated in challenged hamsters and African green monkeys, and at the same time confers high levels of immunogenicity and protective efficacy [9,117,119], thus making it a favorable vaccine candidate that needs further testing. Other studies have shown that the M2-2 viral protein suppresses the host innate immunity. For instance, infection of human airway cells with rHMPVΔM2-2 resulted in a significant increase in IFN-β secretion, compared to infection with its wild type counterpart [111]. This outcome is suggested to be as a result of the M2-2 protein targeting the mitochondrial antiviral-signaling protein (MAVS) leading to the blockage of IFN-β transcription [111,112]. Additional data from the same group demonstrated that deletion of the M2-2 ORF protein leads to higher IFN-α, IFN-β, and IFN-γ secretion by human monocyte-derived dendritic cells (moDCs) [120]. They illustrated that the M2-2 protein targets the MyD88 mediated signaling pathway. In contrast to this work, Kitagawa et al. show that the M2-2 protein does not have an inhibitory effect on MyD88-induced NF-κB activation. However, they confirmed that removal of the M2-2 protein upregulates the production of IFN-α by human plasmacytoid dendritic cells (pDCs) via TLR7/9-dependent pathway [113] (Figure 3).

4.3. Small Hydrophobic (SH) Protein

Like G protein, the SH protein is a type II membrane protein. The function of the SH protein is not fully known. It is suggested that the SH protein of the HMPV act as a viroporin increasing cell fusion and permeability, similar to RSV [13,121]. Reports using the recombinant HMPV virus lacking the SH protein (rHMPVΔSH), indicate that the mutated virus was capable of growing comparably to the wild type HMPV, as demonstrated in samples from the upper and lower respiratory tract of hamsters. However, the mutated virus (rHMPVΔSH) replicated slightly less well in non-human primates [9,116]. In an in vitro model of infection with rHMPVΔSH, there is also an indication that the protein is not essential for viral replication [122]. Experimental evidence demonstrates that the SH protein of HMPV inhibits type I IFN signaling pathway by blocking the phosphorylation of signal transducer and activator of transcription-1 (STAT1) [114]. A recent study also shows that HMPV SH protein inhibits the production type I IFN in purified human pDCs after HMPV infection [115]. In addition, it has been observed that HMPV uses the TLR7/MyD88 pathway to induce type I IFN response in murine pDCs and the pathway is targeted by the SH protein [115]. Thus far, there are very few reports depicting the role of the HMPV SH protein in regulating the IFN response. Therefore, it is imperative that further work is done to fully understand the function of SH protein on the antiviral response to HMPV infection (Figure 3).

5. Conclusions

Although discovered only 17 years ago, the study of the HMPV infection by several groups around the globe has yielded substantial information that furthers our understanding of the complex interplay between HMPV and the IFN response. However, there are still many gaps of knowledge regarding the regulation of the antiviral response to HMPV that need to be defined, such as the role of other less known subtypes of IFN in HMPV infection, the effect of IFN-induced proteins on HMPV replication, the effect of age on the IFN induction, and the contribution of HMPV-induced IFNs on the adaptive immunity.

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