Vimentin intermediate filaments and filamentous actin form unexpected interpenetrating networks that redefine the cell cortex

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The cytoskeleton of eukaryotic cells is primarily composed of networks of filamentous proteins, F-actin, microtubules, and intermediate filaments. Interactions among the cytoskeletal components are important in determining cell structure and in regulating cell functions. For example, F-actin and microtubules work together to control cell shape and polarity, while the subcellular organization and transport of vimentin intermediate filament (VIF) networks depend on their interactions with microtubules. However, it is generally thought that F-actin and VIFs form two coexisting but separate networks that are independent due to observed differences in their spatial distribution and functions. In this paper, we present a closer investigation of both the structural and functional interplay between the F-actin and VIF cytoskeletal networks. We characterize the structure of VIFs and F-actin networks within the cell cortex using structured illumination microscopy and cryo-electron tomography. We find that VIFs and F-actin form an interpenetrating network (IPN) with interactions at multiple length scales, and VIFs are integral components of F-actin stress fibers. From measurements of recovery of cell contractility after transient stretching, we find that the IPN structure results in enhanced contractile forces and contributes to cell resilience. Studies of reconstituted networks and dynamic measurements in cells suggest direct and specific associations between VIFs and F-actin. From these results, we conclude that VIFs and F-actin work synergistically, both in their structure and in their function. These results profoundly alter our understanding of the contributions of the components of the cytoskeleton, particularly the interactions between intermediate filaments and F-actin.

Significance

Filamentous actin (F-actin) and vimentin intermediate filaments (VIFs) are two major cytoskeletal components; they are generally thought to be spatially compartmentalized and to have distinctly different and independent functions. Here we combine two imaging methods, high-resolution structured illumination microscopy and cryo-electron tomography, as well as functional characterizations, to show that unexpectedly, VIFs and F-actin have extensive structural interactions within the cell cortex and form interpenetrating networks. These interactions have very important functional consequences for cells, which are broadly significant given the wide range of processes attributed to F-actin. These results profoundly alter our understanding of the contributions of cytoskeletal components and counter the common belief that VIFs and F-actin are independent in both structure and function.

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observations of these interactions through imaging or other means, which would provide conclusive evidence of their significance. Such connections would belie our current understanding of the two independent cytoskeletal networks but could have a profound effect on the mechanical properties of cells. The possibility of such connections demands a closer investigation of both the structural and functional interplay between the F-actin and VIF cytoskeletal networks.

Here we present evidence that VIFs and F-actin do work synergistically and form an interpenetrating network (IPN) structure within the cell cortex, defined as the cortical cytoplasm adjacent to the cell surface. We combine high-resolution structured illumination microscopy (SIM) and cryo-electron tomography (cryo-ET) to image mouse embryonic fibroblasts (MEFs) and observe coupling between F-actin and VIF structures within the cortex, contrary to the widely accepted view that they are each spatially segregated. In fact, the association of VIFs with cortical arrays of F-actin stress fibers occurs at multiple length scales. For example, VIFs run through and frequently appear to interconnect with adjacent stress fibers, forming meshworks that surround them. These organizational states are consistent with the formation of an IPN. We show that this IPN structure has important functional consequences in cells and can result in enhanced contractile forces. Moreover, our results indicate that specific associations exist between actin and vimentin proteins in the cytoplasmic environment, which may facilitate the formation of an IPN; the results also show that the VIF network can influence the diffusive behavior of actin monomers, which may, in turn, have downstream effects on other actin-driven processes. Thus, vimentin has a far more comprehensive role in cellular function than previously thought. These findings confirm the importance of the interplay between VIFs and F-actin, especially as it relates to the formation of IPNs and their consequences on the contractile nature of cells.

Results

VIFs Are Present in the Cortical Region of MEFs. To investigate the details of the structural relationships between VIFs and F-actin, we image their organizational states in MEFs using SIM. All the configurations presented here are in the thin peripheral regions of nonmitotic cells in interphase; however, we observe similar arrangements throughout all regions of the cell cortex. Overall, F-actin networks are clearly defined along the periphery of the cell (Fig. 1A). By contrast, networks of VIFs are more abundant deeper in the core of the cytoplasm (Fig. 1B). However, in regions of the cortical cytoplasm, including protrusions, there exist both VIFs and F-actin, some of which are in the form of bundles or stress fibers (Fig. 1C).

Since the cytoplasm is thinly spread near the outer edge of the cell, the overlapping signals of VIFs and F-actin must reflect the close proximity of the two types of filamentous cytoskeletal proteins.

To begin to understand the relationship between the structures of F-actin and VIFs, we examine the basal side of the cell cortex in the region of cell–substrate adhesion containing F-actin stress fibers. This reveals several distinct patterns that clearly suggest the formation of interpenetrating or interacting networks of these two cytoskeletal components. In some regions, there are distinct parallel arrays of closely spaced stress fibers and VIFs (Fig. 2A). Most stress fibers are arrayed in well-defined, relatively straight tracks, whereas the VIFs are frequently in less well-oriented networks filling the space between stress fibers. Some stress fibers are not obviously associated with VIFs (Fig. 2A). In other regions, we see thicker arrays of VIF, likely representing bundles, that run roughly perpendicular to the stress fibers, with some looser arrays of VIFs appearing to wrap around the stress fibers. This latter arrangement suggests that VIFs can form bridge-like structures between neighboring stress fibers (Fig. 2B). The existence of such arrangements suggests that VIFs may modulate longer-range physical interactions between neighboring stress fibers. We also observe some sparser arrays of VIFs interlaced between or interconnecting stress fibers, forming a woven or interlaced structure (Fig. 2C). Here the VIFs alone are primarily oriented in a cross-hatched network fashion, and the stress fibers, all oriented in roughly the same direction, are woven through the VIF meshwork. Additionally, we find regions of colocalized VIF fibers and stress fibers (Fig. 2D). In these regions, all of the filaments are long and fully entangled, in each case resembling an IPN of polymers. This diversity of composite structures suggests that structure-coupling between F-actin and VIFs may be adaptable for different functions.

Cryo-ET Reveals a VIF and F-Actin Mixed Polymer Network in Stress Fibers. To accurately acquire a higher-resolution view of the relationship between the structures of VIFs and F-actin within the cell cortex, we use cryo-ET. For this purpose, live MEFs grown on electron microscope grids are vitrified for structural studies, thereby maintaining their three-dimensional (3D) structural organization (13). To optimize the imaging of both VIF and F-actin in and around stress fibers, electron micrographs are taken in regions of protrusions in MEFs expressing emerald-vimentin detected by wide field fluorescence microscopy as seen

![Fig. 1.](https://www.pnas.org/content/119/12/8056/F1.large.jpg) MEFs typically have an actin-rich periphery and cortex and a cytoplasmic core that contains more concentrated VIFs. (A) F-actin is indicated in magenta. (B) VIFs are indicated in green. (C) The merged channel. White arrows point to protrusions. (Scale bars, 10 μm.)
in Fig. 3. Such protrusions invariably contain stress fibers, enabling us to carry out correlative light and cryo-ET of VIFs and F-actin (Fig. 3 A and B). We acquire tilt series images and reconstruct the respective tomograms. The X–Y slices through the tomograms reveal VIFs in close proximity to the F-actin in stress fibers (Fig. 3B). The F-actin fibers (orange arrowheads) are long and straight 8-nm-diameter filaments, consistent with their long persistence length (14). Single VIFs (blue arrowheads) are 11 nm in diameter and are bent and wavy, consistent with their much shorter persistence length (15) (Fig. 3B and SI Appendix, Fig. S9). In this and numerous other regions of the cell cortex (not shown), both VIFs and F-actin are aligned with their long axes approximately parallel, an arrangement reminiscent of the coaligned fiber bundles observed with SIM (Fig. 2).
Fig. 3. F-actin-VIF colocalization in stress fibers is revealed by cryo-ET. MEFs expressing emerald-vimentin are grown on electron microscopy grids and imaged by fluorescence as well as electron microscopy. (A) Fluorescence image of a MEF cell protrusion. Emerald-vimentin is shown in green. The white square indicates the position where a cryo-tomogram is acquired. The array of round structures are the 2-μm holes in the carbon support of the EM grid substrate. (Scale bar, 8 μm.) (B) A 1.4-nm-thick slice through a tomogram of a stress fiber, acquired at the cell surface facing the substrate to which the cell is attached. This region is the same as that indicated by the white square in A. Some individual VIFs (blue arrowheads) can be detected within the F-actin (orange arrowheads) bundle. (Scale bar, 150 nm.) (C) Representative images showing F-actin and VIFs in close proximity. F-actin is shown on the left, while VIFs are shown on the right. (Scale bar, 50 nm.) (D) The minimal distances between F-actin and VIFs are calculated from cryo-tomograms of stress fibers in different cells (n = 3). A total of 269 distance measurements between VIFs and F-actin are made. The nearest neighbors are found within 11.3 ± 5.3 nm. (E) Surface rendering views of the tomogram shown in B with VIFs (blue) and F-actin (yellow). (Scale bar, 150 nm.) (F) Perpendicular view of the surface rendering seen in E shows that VIFs are primarily located at the basal (attachment) surface of the cell. Scale bar as in E. The thickness of the entire stress fiber in E and F is 236 nm. (G) A detailed view of the F-actin-VIF composite network shows the close proximity of the two cytoskeletal elements. (Scale bar, 50 nm.)
To quantify the distance between VIF and F-actin filaments, measurements are made from three tomograms acquired from three different cells. Details of tomogram sections, showing representative examples of neighboring VIFs and F-actin from which measurements are made, are shown in Fig. 3C. Measurements are made at points where a VIF lies closest to a parallel F-actin filament. Specifically, the center-to-center distance between the two types of filaments is determined, and then the average radii of VIFs and F-actin are subtracted; the distance, therefore, represents only the space between the two types of filaments. The distance between VIF-F–actin is very short, averaging 11.3 ± 5.3 nm for 269 measurements (Fig. 3D).

We also create 3D maps of surface renderings of regions of the cell cortex containing VIF and F-actin (Fig. 3 E–G). Interestingly, we find that in these regions, VIFs are mostly constrained to the basal side of the stress fiber (Fig. 3F, Right). In close-up views from the basal surface of MEFs, the long axes of the two cell types; both have a C of about 0.17 (Fig. 5D). This shows that the cells experience little or no permanent damage due to the stretch; within a short time, the cells are able to recover most of the contractility they generate upon their normal attachment and spreading on the substrate.

To quantify the recovery dynamics, we fit the recovery curve with an exponential function and determine a time constant τ. Cells lacking vimentin are slower to recover, taking 75.4 s on average; by contrast, WT cells recover in 52.5 s on average (P < 0.01; Fig. 4E). The Vim−/− cells take longer to reach their steady-state contractility, implying that these cells build their actomyosin system more slowly. Moreover, these results suggest that the assembly of F-actin–based contractile networks can be regulated by VIFs in mesenchymal cells such as fibroblasts.

**Vimentin Decreases G-Actin Diffusion.** To further explore the functional relationship between VIFs and F-actin, we investigate the effect of VIFs on the diffusive behavior of G-actin using fluorescence recovery after photobleaching (FRAP). We transfect WT and Vim−/− MEFs with EGFP-actin and confirm that the stress fibers in both types of cells appear normal, even though actin may be overexpressed (23). To make the FRAP measurements, we briefly illuminate a small circular region that contains fluorescent stress fibers with an intense laser to locally photobleach the actin and then measure the recovery of the fluorescence over time (Fig. 5A). As GFP-tagged G-actin diffuses back into the bleached region, the intensity recovers in an exponential manner until it reaches a plateau. To facilitate comparison between cells, the time dependence of the intensity is normalized to its initial value. The fluorescence intensity drops by ~40% during the bleaching step for both WT and Vim−/− MEFs, and the recovery plateaus at ~80%, as shown for a WT (filled circles) and a Vim−/− MEF (open circles) in Fig. 5B. Some of the actin monomers (G-actin) that are the subunits of F-actin remain bound during the time scale of the experiment (24), and this results in a fraction of fluorescence that cannot be recovered, designated as the immobile fraction. We fit the recorded intensities to an exponential I(t) = C – A * exp(−t/τ), where C is the immobile fraction and τ is the recovery time constant.

The WT MEFs recover their fluorescence with τ = 1.2 s, which is about 33% slower than the Vim−/− cells, which have τ = 0.9 s (P < 0.05; Fig. 5C). This suggests that the VIFs inhibit the motion of actin monomers. Based on these values of τ, an effective G-actin diffusion coefficient is calculated to be 1.9 μm^2/s for WT MEFs and 2.5 μm^2/s for Vim−/− MEFs; we emphasize that these coefficients are not due to thermal diffusion but are rather most likely driven by the random forces due to motor or enzymatic activity within the cell (25). Contrast, no significant difference is observed in the immobile fractions of the two cell types; both have a C of about 0.17 (Fig. 5D). This suggests that the fraction of actin in the polymerized state is not significantly affected by the presence of vimentin.

To determine whether the difference in the diffusion-like motion is due to the VIF network structure, we carry out FRAP analyses in Vim−/− MEFs that express only vimentin with a Y117L mutation, which allows lateral assembly of

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monomers into unit length filaments (ULFs) but prevents the end-to-end annealing that forms long VIF (26, 27). The ULFs are about the same width as fully assembled filaments but only ∼65 nm long. We find that the immobile fraction does not change (Fig. 5D), but the effective diffusion coefficient of G-actin in these cells is in between those observed in Vim−/− and in WT MEFs (Fig. 5C), suggesting that the difference is partially an effect of direct protein interactions rather than solely the physical obstruction due to a complex VIF network structure. We also analyze Vim−/− MEFs rescued by transfection with vimentin cDNA, which assemble long, mature VIFs but whose vimentin protein expression is less than that of the endogenous concentration in WT MEFs. The rescued cells are able to fully reproduce the slower diffusion-like motion of G-actin (Fig. 5C). These results imply that the filamentous form of vimentin is most effective at inhibiting G-actin motion, while providing further support that the soluble forms of the proteins, both G-actin and ULF, are able to interact with each other in cells.

**In Vitro Reconstituted Networks Form IPN without the Presence of Other Cellular Components.** Our findings that VIFs and F-actin form composite structures composed of IPNs in the cortical region of cells and that VIFs can inhibit G-actin motion suggest that there may be a direct structural coupling between these two cytoskeletal elements, which is consistent with our FRAP results. This possibility is further supported by their very close proximity within stress fibers (Fig. 3). However, given their physical and chemical properties, it appears unlikely that these two cytoskeletal polymers would form mixed complexes as they are both highly negatively charged and therefore would be unlikely to coassemble in vitro. We therefore explored the structural properties of a model in vitro system consisting of reconstituted purified VIFs and F-actin at approximately physiological concentrations. The vimentin we use is extracted and enriched as polymerized VIFs from WT MEFs rather than expressed in bacteria, thus reflecting a more physiological state, and is more likely to retain posttranslational modifications. To assemble the model system, we develop a buffer in which purified preparations of both proteins assemble in vitro. The reconstituted networks are imaged using a confocal microscope. The vimentin preparation assembles into a network of VIFs that are several microns long and very flexible in appearance with a persistence length that is less than a micron (Fig. 6A). Actin also assembles in the same buffer and forms a network of relatively straight filaments, consistent with the expected persistence length of ∼17 microns (Fig. 6B).

When both F-actin and VIFs are polymerized together, the proteins self-assemble into randomly oriented filaments (Fig. 6C). Importantly, no large-scale phase separation is detected; instead, we only observe IPNs of the two proteins. However, we do not observe lateral associations between individual filaments over long distances, as observed in cells. In this reconstituted system, the divalent cations, which are necessary for actin polymerization, may form transient cross-links between the two types of proteins and thus may help facilitate IPN assembly. Within this IPN, the highly flexible filaments of the VIF network seem to fill in the pore spaces of the much more rigid filaments of the F-actin network. Since the F-actin fibers in a cell are always under more tension due to contributions from motor...
proteins and numerous cross-linking proteins, this reconstituted system cannot fully reflect the cytoplasmic structures in situ, as observed by SIM (Figs. 1 and 2) and cryo-ET (Fig. 3). Nevertheless, it does provide important insights into the rheological behavior of this IPN (28, 29). Moreover, these results confirm that F-actin and VIFs can form IPNs in the absence of other cell components.

**Discussion**

The results presented in this paper provide strong evidence that VIFs exist in significant quantities in the cell cortex. They form an IPN with the F-actin network resulting in strong elastic interactions between the two networks; in addition, they exist in very close proximity with the F-actin stress fibers. This is contrary to the widely prevalent belief that VIFs are compartmentalized in the bulk cytoplasm and that F-actin and actin-associated proteins are the proteins that define the properties of the cell cortex. Stress fibers are typically thought to consist of bundles of F-actin filaments and their closely associated proteins such as myosin (30). However, the VIF network forms distinct arrangements with stress fibers over microns-long regions. Strikingly, high-resolution analyses of peripheral stress fibers by SIM and cryo-ET reveal that VIFs are integral components of the stress fibers themselves. Indeed, individual VIFs course through and around the actin bundles. In fact, the average minimal interfilament spacing between individual VIF and F-actin filaments is smaller than the spacing between the neighboring...
F-actin (∼22 nm) in stress fibers (31), which is determined by the size of cross-linkers such as alpha-actinin or full-length vinculin (32). Thus, any interactions that exist between the two filaments could be direct or could be mediated by one or more very small unknown cross-linkers. The finding that VIFs are woven into F-actin stress fibers suggests that they may become incorporated at the time of stress fiber formation and not as a secondary structure that is added later. Indeed, confocal images show that reconstituted F-actin and native, mammalian cell-expressed VIFs that are polymerized simultaneously in vitro form an IPN even without the help of binding proteins; this is also consistent with electron micrographs of reconstituted composite networks when both proteins are bacterially expressed (10). This suggests that our observations of the IPN structures in cells, using SIM and cryo-ET, reflect fundamental properties of VIFs and F-actin. However, this reconstituted system cannot fully replicate the structures we observe in cells, indicating that other factors are necessary. This will be an important area of further study using reconstituted networks of increasing complexity.

The variety of structures and the range of length scales over which VIFs and F-actin associate suggest that these composite IPNs may be widely involved in cell functions attributed to the cell cortex. We show that the integrated F-actin and VIF structures have important functional consequences for cell contractility; moreover, VIFs enhance the magnitude and rate of actin-generated contractility (17, 33, 34). Although the VIF network is not itself a contractile system, our observations suggest that this structural polymer nevertheless plays an essential supporting role in cellular force generation and its consequences. For example, the different rates of recovery from stretching may help explain why cells lacking vimentin exhibit slower migration speeds, whereas cells that express vimentin during the EMT or cancer metastasis are more migratory (8). Migration requires cells to pull themselves along a substrate in a directional manner; in cells that lack vimentin, the effects of slower force generation and lower contractility will combine to result in impaired migration. This is consistent with observations that vimentin-deficient cells and the mice from which they are derived are more prone to damage upon experiencing tensile stress (8, 35) or wounds (36) or during migration through small pores (33); while we do not find cells to be the point of rupture in this study, our slower recovery of Vim−/− cells will lead to a reduced resilience against stress. In addition, these results hint that VIFs may be able to regulate the assembly of actin/myosin networks.

While the filamentous forms of vimentin and actin clearly work synergistically, it is also important to consider interactions between other forms of the proteins. In particular, there is evidence for large pools of G-actin in the cytoplasm, whose concentration drives the local polymerization and dissociation of F-actin (37). By contrast, vimentin is mainly found in the form of assembled VIFs (38), while its soluble pool is much less. Assuming a homogenous distribution of proteins, a rough calculation of the volume taken up by the vimentin and actin monomers estimates each at about 1% volume fraction in the cytoplasm (39). However, their fully assembled forms, each protein network has a much higher effective volume fraction, of 25% or greater (SI Appendix). Thus, the fact that G-actin moves more slowly in WT cells than in Vim−/− cells could be due to obstruction of G-actin by the VIF network, similar to the observation that cells with VIFs exhibit significantly reduced organelle motion (40). However, given the tiny size of G-actin compared with the VIF network mesh size, it may be that some transient attractive interactions or binding between the two proteins also contributes to the reduced motion. Our FRAP results in MEFs with the Y117L mutation support this, since even the unpolymerized vimentin ULFs are able to slightly influence the fluorescence recovery time. Since EGFP is a relatively large molecule, about half the size of G-actin itself, these measurements may underestimate the effective diffusion coefficient compared with that of unlabeled G-actin. However, these results are still roughly consistent with other reports of the G-actin diffusion coefficient in cells, which ranges as low as 2 μm²/s (41). Furthermore, although the motion we observe is actively driven, the coefficients we obtain are orders of magnitude lower than that expected from a cytosolic viscosity similar to that of water. Thus, there may be environmental factors that slow the G-actin motion, one of which could be VIFs. The fact that vimentin in either its fully polymerized or partially assembled states can affect the motion of G-actin could be an important means by which cells can locally tune their mechanics and G-actin distribution, with possible downstream effects on actin polymerization and other dynamic processes.

Taken together, these results suggest that the structure and the mechanical behavior of the cortical region are both consistent with IPNs of cross-linked hydrogels. For example, when an ionically cross-linked gel is combined with a covalently cross-linked gel, the hybrid gel can exhibit extreme toughness due to load sharing by the two networks (42). The weaker ionic cross-links can dissociate to dissipate force but soon reform once the load is removed, thereby protecting the other network from rupture. Furthermore, internetwork bonds can promote self-healing by preserving some memory of the initial configuration. F-actin has many cross-linking proteins, some of which bind for long time scales and others of which are weaker; moreover, VIFs can form an ionically cross-linked gel in vitro (43). When both cytoskeletal networks are present, the cell is stiffer (44) and more motile (45), which is correlated with increase in cell stiffness. As a cell is stretched, the highly extensible VIF network may help to dissipate some of the stress. Since actin disassembles rather than ruptures, the VIF are unlikely to have a direct role in fluidization. However, during recovery, the VIF network could function to maintain a locally high G-actin concentration through physical associations. This would help recover the original stress fiber structure and result in a quicker return to the baseline state as is observed.

Overall, these results highlight that VIFs play a much broader role in cellular mechanics than previously thought. As an integral component of stress fibers, VIFs can contribute not only to the resilience of a cell but also to dynamic processes such as contractility. Moreover, since VIF or ULF can modify the behavior of G-actin subunits, they may also indirectly influence many other processes that are driven by actin. There is no doubt that VIFs and F-actin are both significant mechanical contributors in cells; however, the results presented here strongly support that their contributions are strongly correlated.

**Materials and Methods**

**Cell Culture.** WT MEFs and Vim−/− MEFs are kindly provided by J. Eriksson, University of Turku and Abo Akademi University, Turku, Finland, and are maintained in DMEM with 25 mM Hepes and sodium pyruvate (Life Technologies) supplemented by 10% fetal bovine serum, 1% penicillin streptomycin, and nonessential amino acids. All cell cultures are maintained at 37 °C and 5% CO₂. The vimentin-null MEFs expressing vimentin are created by PCR amplification of the vimentin coding sequence using Clonase polymerase (Clone tech) from pcDNA4-vimentin (provided by J. Eriksson), and the coding sequence for Vimentin Y117L is amplified from pmCherry-C1-Vim Y117L (provided by H. Herrmann, German Cancer Research Center, Heidelberg, Germany) using the primers ggccggccggcagtatccgccggtgactgtgctggcgaaTTATTCAAGGTCATCGTGATGCTGAG. The PCR product is purified from an agarose gel and inserted into pBABE-hygro (pBABE-hygro is a gift from Hartmut Land and Jay P. Morgenstern, Imperial Cancer Research Fund, Lincoln’s Inn Fields, London UK [Addgene plasmid no. 1765]; http://n2t. net/addgene:1765; RRID Addgene_1765) cut with BamHI and EcoRI using In-Fusion (Clontech). Virus is produced by transfection of 293FT cells with pBABE-vimentin and pCL-Eco using Xfect transfection reagent (Clontech) and collection of supernatants are diluted in fresh complete medium and brought to 8 μg/ml.
polybrene prior to addition to vimentin-null MEFs. The virus supernatant is removed after 6 h and replaced with fresh culture medium. Twenty-four hours after the first application of virus supernatant, the process is repeated; 48 h following the second application of virus, the medium is replaced with fresh complete medium containing 200 μg/mL hygromycin. The selection medium is changed every 2 d for 7 d with the culture passaged as needed.

Sample Preparation for Cryo-ET. MEFs expressing emerald-vimentin are cultured on glow-discharged holey carbon-coated EM grids (Au R2/1, 200 mesh, Quantifoil) for 16 h at 37 °C in a humidified CO2 incubator. Cells are rinsed in PBS, fixed with 4% paraformaldehyde (PFA) for 5 min, and washed again in PBS. The cells are imaged by fluorescence microscopy (Leica DMI 4000B, Leica) using a 63x objective. Next, the grids are vitrified in liquid ethane after the addition of 10 nm gold fiducial markers (Aurion).

Cryo-ET: Data Acquisition and Image Processing. Tilt series are acquired using a Titan Krios electron microscope (ThermoFisher) operated at 300 KeV and equipped with a K2 Summit direct electron detector (Gatan) mounted on a postcolumn energy filter (Gatan). Ten tilt series are acquired in a zero-loss energy mode with a 20-εV slit. The data are acquired at a magnification of 32,000× resulting in a pixel size of 0.17 nm in supersolution mode and a defocus of −3 μm. A bidirectional tilt scheme with a tilt range of ±60° and an increment of 3° is chosen, corresponding to 41 projections per tilt series and a total cumulative electron dose of ~55 eμA−1. SerialEM 3.5.8 (47) is used for data acquisition. A correlative light and electron microscopy approach is used; namely, tilt series are acquired at positions where vimentin IFs are identified in the fluorescence microscopy images.

The projection images are binned and subjected to motion correction using MotionCorr (48), resulting in a final pixel size of 3.4 Å. Next, tomograms are reconstructed in a size of 1,024 × 1,024 × 512 voxels (final voxel size 13.6 Å) using the TOM Toolkit (49). Both VIF and F-actin present in the tomograms are manually segmented using the Amira 5.6.0 software package (Thermo Fisher Scientific). This software is also used to analyze the distances between VIFs and F-actin and for visualization purposes. In addition, OriginPro 2018 software (OriginLab Corporation) is used for distance measurement evaluation and visualization. The distance is measured from the center of VIFs to the center of F-actin, and then the average radii of F-actin and VIFs are subtracted. The distance therefore represents only the space between the filaments.

SIM. Mouse embryonic fibroblasts are seeded on #1.5 glass coverslips and fixed with 4% PFA for 10 min at room temperature (RT). The fixed cells are permeabilized with 0.1% Triton-X 100 for 15 min at RT and stained with chicken anti-vimentin (1:200, Biologend) for 30 min in PBS containing 5% normal goat serum (NGS) (RT). This is followed by incubation with goat anti-chicken Alexa Fluor 488 (1:400, Invitrogen) and Alexa Fluor 568 phalloidin (1:400, Invitrogen) in PBS for 30 min (RT). The coverslips containing the stained cells are mounted with Pro-Long Glass antifade mountant (Life Technologies) on microscope slides. Three-dimensional SIM is carried out with a Nikon N-SIM Structured Illumination microscope system (Nikon N-SIM, Nikon) using an oil immersion objective lens (CFI SR Apochromat 100×, 1.49 NA, Nikon). For 3D SIM, 10 optical sections are imaged at 100-nm intervals in the periphery of the cell. Each of the SIM images is a 2 × 2 stack maximum projection. The step size of 2 stacks is ~100 nm, and two to four images are used to obtain the maximum projection. The combined images shown in Fig. 2 B–D, Right, have the clear appearance of the IPNs. Moreover, careful investigation of a z stack of the SIM images of the two networks also confirms the presence of the IPNs (Movie S1). Raw SIM images are reconstructed with the N-SIM module of Nikon Elements Advanced Research with the following parameters: illumination contrast, 1.00; high-resolution noise suppression, 0.75; and out-of-focus blur suppression, 0.25. Brightness and contrast are adjusted for image presentation.

Reconstitution of Purified F-Actin and VIFs. We extract vimentin from MEFs, which are grown in dishes and washed three times with PBS. Lysis buffer (0.6 M KCl, 10 mM MgCl2, 1% Triton-X100, 1 mM PMSF) is added to the cells, and the lysate is placed in a homogenizer for 5 to 10 min. DNasel is added at a concentration of 1 mg/mL, and the lysate and then the supernatant are incubated at 37 °C for 15 min at 4 °C. The pellet is washed three times (5 mM EDTA; 0.2 mM PMSF in PBS) and suspended in disassembly buffer (8 M urea; 5 mM NaPO4 pH 7.2; 1 mM PMSF, 0.2% mercaptoethanol) after which it is stirred for 45 min at RT. The suspension is centrifuged at 75,000 rpm for 30 min at 20 °C to clarify it. The supernatant is dialyzed overnight at RT against a large volume of buffer (0.2 M ammonium acetate, 1% mercaptoethanol) and then dialyzed against the assembly buffer and let them equilibrate at 37 °C for 1 h. The assembly buffer consists of 10 mM Tris-HCl (pH 7.5), 2 mM MgCl2, 50 mM KCl, 1 mM ATP, 5 mM guanidine carbonate, 170 mM NaCl, and 1 mM DTT. We use glutaraldehyde (16220, Electron Microscopy Sciences) to fix filaments on a coverslip for 5 min and gently wash them using PBS buffer. To visualize VIFs, we stain them using a chicken polyclonal vimentin primary antibody (1:200, CPCA-Vim, Encor Biotechnology Inc.) and a goat anti-antichicken secondary antibody (1:400, A-11039, Thermo Fisher Scientific) successively with each staining for 45 min at RT followed by washing with PBS buffer. The visualization of F-actin does not require antibody staining, as prelabeled G-actin is assembled together with unlabeled G-actin in the ratio of 1:4. We image the networks using a confocal microscope (LSM 510, Carl Zeiss).

Cell Stretching and TFM. Collagen-coated polyacrylamide gels with a Young’s modulus of 2.4 kPa are prepared in 35-mm glass bottom dishes (In Vitro Scientific/CellVis) (16). Gels intended for TFM are prepared with 0.5 μm red fluorescent tracer particles embedded near their surface. Cells are sparsely seeded on the gels in the presence of culture medium and allowed to grow for 24 h before experiments are carried out.

The cells are stretched using an indenter ring with a circular cross-section attached to an arm controlled by custom-written LabView code. When initiated, the indenter applies and holds a 10% strain around the selected cells for 3 s before being lifted back up. The measured strain field is precise, and there is no loss (20). Throughout the field of visualization, the imposed strain field is homogeneous and isotropic, with small deviations attributable to the traction forces exerted by the cell. In the absence of cells, the strains are isotropic, homogeneous, and with no discernable evidence of hysteresis.

To perform TFM, a Leica epifluorescence microscope is used to image the tracer particles and the cells throughout the stretch and recovery period. Several images are taken before stretching to establish a baseline, and images are taken at designated intervals following the stretch to monitor recovery. At the end of the test, the cells are removed by trypsinization, and a reference set of images without attached cells is taken. Substrate displacements are analyzed by comparing the bead images with and without cells using particle image velocimetry in a custom MATLAB code. Traction forces are calculated by applying a Fourier transform to the displacement field (16). The contractile moment is determined as an average measure of contractile force for each individual cell. The contractile moment is a weighted sum of traction stresses exerted by an adherent cell upon its substrate (16). In the contractile moment, these traction stresses are weighted more heavily by the magnitude of the local contractile stress applied, the amount of area over which those stresses are applied, and the distance of those applied stresses from the cell centroid. As such, bigger stresses applied over bigger areas at bigger distances get the biggest weight.

The traction map and the bead pattern map are a one-to-one mathematical mapping of one another through the Boussinesq solution (16). The pattern of bead displacements extends well beyond the cell boundaries due to elastic deformation of the substrate. However, the Boussinesq solution transforms those displacements into the distribution of traction forces exerted by the cell that give rise to those displacements. For the time-resolved TFM measurements, all the calculations are referenced to the null frame.

FRAP. WT and Vim−/− MEFs are transfected with an EGFP-actin plasmid using Lipofectamine 2000 transfection agent (Invitrogen) and imaged on the third day. FRAP is performed (24). Briefly, transfected cells are bleached for 1 s using the FRAP module within the Leica SP5 confocal software and monitored for 30 s, acquiring an image every 0.5 s using a 63×/1.2NA water-immersion objective. The measured intensities are normalized to the prebleach intensities of the region of interest (ROI), and the recovery curve is normalized by a control ROI to account for sample bleaching during image acquisition. Since the brightness varies from cell to cell, we also normalize the intensities to prebleach levels. The intensity recovery is fit by (τ = C − A exp(−t/τ)), where C is the time constant and C is the immobility fraction.

Data Availability. All study data are included in the article and/or supporting information.

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