Building Better Incentives for Robustness in BitTorrent

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Abstract

BitTorrent is a widely-deployed, peer-to-peer file transfer protocol engineered with a “tit for tat” mechanism that encourages cooperation. Unfortunately, there is little incentive for nodes to altruistically provide service to their peers after they finish downloading a file, and what altruism there is can be exploited by aggressive clients like BitTyrant. This altruism, called seeding, is always beneficial and sometimes essential to BitTorrent’s real-world performance. We propose a new long-term incentives mechanism in BitTorrent to encourage peers to seed and we evaluate its effectiveness via simulation. We show that when nodes running our algorithm reward one another for good behavior in previous swarms, they experience as much as a 50% improvement in download times over unrewarded nodes. Even when aggressive clients, such as BitTyrant, participate in the swarm, our rewarded nodes still outperform them, although by smaller margins.

1 Introduction

Peer-to-peer file transfer protocols provide scalable architectures for distributing large files. The core idea is to have peers participating in the download also contribute upload service back to the system, thus scaling the available bandwidth as more peers join. Even centralized services with large network connections can be overwhelmed by flash crowds, while p2p services can ostensibly continue to scale, even in such extreme scenarios.

In the practical world, however, scalability and stability in p2p systems are limited by the cooperation of the participants. These systems only have as much bandwidth as is collectively donated. Proper behavior cannot necessarily be enforced; participants are going to behave rationally, taking whatever steps maximize their own benefit without particularly caring about the well-being of other peers. Consequently, the default behavior of most participants is to consume and not contribute. This is often called the “free rider” problem.

BitTorrent [3] mitigates the free rider problem by rewarding uploads by granting faster downloads through a “tit for tat” (TFT) protocol, thus making cooperation a rational behavior. This design has been highly successful, enabling BitTorrent’s wide acceptance in the Internet community. While there is no consensus on the true amount of BitTorrent data in-flight today, it is clear that the number is large at somewhere between one-third and one-half of all Internet traffic [14, 6, 20, 19].

Despite the practical success of BitTorrent, numerous researchers have exposed weaknesses to the TFT incentives mechanism [15, 22, 21, 8]. One prominent weakness is the significant level of altruism that remains in the system despite the TFT mechanism. More specifically, many peers still contribute significant upload bandwidth without necessarily improving their download performance. Such contributions are produced by asymmetries in upload and download bandwidth as well as by altruistic BitTorrent behaviors like seeding and optimistic unchoking. (Section 2.3 discusses this “ambient altruism” in detail.)

These exploits are not simply theoretical. BitTyrant [15] takes advantage of the intrinsic altruism to achieve high download rates while reducing upload contributions. Most BitTorrent clients can be easily configured to rely exclusively on leeching, and some research suggests this is effective despite the TFT incentives [10, 21].

Our goal in this work is to reduce the altruism in BitTorrent seeding by adding incentives to the seeding component of the protocol. We present the design and evaluation of our seeding reward algorithm which requires a minor change to BitTorrent in the form of a long-term identifier for participating clients. Through simulation we demonstrate that rewarded peers get better performance than unrewarded peers. This differential creates an incentive for rational nodes to switch into the rewarded population. We further show that the rewarding mechanism improves node performance even when some portion of the swarm is composed of BitTyrant nodes.

In the remainder of the paper, we first review the operations and altruism of BitTorrent in Section 2 as well as...
an overview of the BitTyrant variant. Sections 3 and 4 present our algorithm and the methodology we use to evaluate its performance. Our results are detailed in Section 5 and further analyzed in Section 6. We close with a discussion of related work in Section 7 and our conclusions in Section 8.

2 Background

BitTorrent [3] is a highly successful and popular peer-to-peer protocol which aims to enable efficient, rapid distribution of potentially large amounts of data to a group of clients. It is designed to utilize the available upload bandwidth of the clients to scale the capacity of the system to support many users and has built-in mechanisms to incentivize participation in this scheme.

2.1 The BitTorrent Protocol

A torrent is a file or a set of files users wish to download. The data is divided into equal-sized pieces, typically 256KB, which are further subdivided into small blocks. A central node called the tracker keeps track of the peers participating in the distribution of a torrent. The tracker does not serve the actual content, but instead serves as a rendezvous point for peers to discover one another.

BitTorrent clients use a file of metadata, called a torrent file, to begin downloading content. This file, typically downloaded from a traditional web server, specifies the address for the tracker as well as information about the files to be downloaded, including names, sizes, and SHA-1 checksums for each piece.

The set of clients working on downloading a given torrent is referred to as a swarm. Clients notify the tracker as they join and leave the swarm, as well as every 30 minutes they are active within the swarm. To discover other clients, a client may query the tracker, which gives it a random subset of the active peers. The tracker does not serve the actual content, but instead serves as a rendezvous point for peers to discover one another.

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2.2 BitTorrent Strategies

Popular BitTorrent clients employ a number of strategies to encourage fair participation in uploading and to deal with a variety of corner cases [3].

A client only uploads to a small number of peers in its neighborhood at any given time. This group of nodes is called the client’s active set. The size of the active set is typically four, although both the reference implementation and BitTyrant [15] note that this number should scale with maximum upload bandwidth capacity. The majority of the nodes in the active set are the nodes that have given the best service over a rolling 20 second average. The client saves one or two slots in the active set for the exploration of new neighbors. Optimistic unchokes pick a random peer every 30 seconds, allowing the client to search for better neighbors while also bootstrapping newly joined clients that have not yet downloaded anything to share.

BitTorrent clients share current status information with other clients to indicate which pieces are completely downloaded. Clients will bias their block requests to complete one piece before they begin downloading a different piece. To pick a piece to download, BitTorrent follows a rarest first policy, where a client picks pieces based on lowest availability within its neighborhood. The exception to this rule is for new clients, which need a complete piece before they can advertise any content for upload. In this case, they instead pick a random piece.

When a block has been requested, a client does not reissue the request until either the block is received or the request times out. This can be a problem when a user has received most of the pieces in a file and has just has a few outstanding requests to go. If the final peers are slow or unresponsive, the system might never finish. In this case, the client goes into endgame mode and sends redundant requests for any missing blocks to its peers; as they are received the client sends messages to the remaining peers to cancel unnecessary requests.

2.3 Ambient Altruism and BitTyrant

BitTorrent aims to reduce the free-rider problem, but it is not intended to eliminate altruism in the system. Instead, BitTorrent aims to ensure that a node will experience significantly improved performance if it participates in TFT trading, rather than leeching. Consequently, altruistic features remain in the protocol and pose two separate, but related, problems. First, a client can reduce or eliminate its own altruistic participation, reducing the overall swarm performance. Second, if a client can recognize peers that are participating altruistically, it may be able to obtain sufficient service from these peers to find it unnecessary to deal with those that require cooperation.

Two significant sources of altruistic contributions are seeding and optimistic unchoking. Seeding is inherently altruistic under the current BitTorrent protocol. The altruism of optimistic unchoking is more complex. The optimistic unchoke operation is BitTorrent’s method of
searching the peer space for better TFT service. An un-
choke that results in improved service because a better
peer is found is clearly not altruistic, but unchokes are
performed with random peers, rather than being biased
away from known leeches. This means that BitTorrent’s
standard unchoking behavior can still provide a source of
altruism, to the benefit of leeches.

Differences between peer bandwidth capacities also
produce altruism. When a normal BitTorrent client un-
chokes a peer, it sends data as fast as the TCP stack will
go, so peers with faster network connections will tend to
give more out than they get in return when dealing with
slower peers. Of course, two fast peers with content to
trade will be more likely to establish TFT trading with
one another than a fast peer and a slow peer.

BitTyrant is a strategic BitTorrent variant that exploits
ambient altruism and reduces its own altruistic contribu-
tions [13]. BitTyrant was designed to download as fast
as possible while contributing the minimum amount
required to achieve it. To achieve this, BitTyrant abandons
BitTorrent’s policy of giving each member of the active
set an equal share of its upload bandwidth. Instead, Bit-
Tyrant unchokes as many neighbors as possible but limits
the speed of each upload stream to be only as much as is
necessary to obtain reciprocation.

This scheme does not work for other BitTyrant nodes,
however, and two BitTyrant nodes must enter a special
mode when dealing with each other. In Section 5.6, we
will describe this special mode in detail and demonstrate
how it can be used as part of a defense against BitTyrant’s
behavior.

3 Incentives Design

Our incentives design for seeding in BitTorrent requires
that the BitTorrent protocol support some form of long-
term identifier. The basic concept for our algorithm is
that BitTorrent clients recognize seeders from previous
swarms and this is impossible without these IDs. Fortu-
nately, the exchange of long-term identifiers can be built
into the peer handshaking process in a backwards compat-
ible fashion. Clients without a long-term ID are simply
assumed to have no history. It is also worth noting that
some clients [17] already support an optional long-term
ID.

Our proposed design consists of an observation phase
and a reward phase. The observation phase is in effect
whenever the node is receiving seeding bytes, or bytes re-
ceived from a neighboring peer without the expectation of
TFT reciprocation. The detection of seeding bytes, in our
basic implementation, is based on first-hand, verifiable in-
formation only. Obviously, it is possible that the neighbor
is only pretending to seed, but from the observing node’s
perspective, all bytes received without giving any bytes in
return are seeded bytes.

The reward phase occurs when the node is in seeding
mode. The goal is to schedule outbound seeding with
higher priority given to peers who have seeded in the past.
To do this, the algorithm first computes a score for each
node; nodes who seeded get higher scores. These scores
are used to initialize a scheduler, giving more slots to
nodes with higher scores. While virtually any scheduling
algorithm would suffice, we chose to use lottery schedul-
ing [24]. Each peer gets at least one ticket, but peers that
seed get additional tickets in proportion to the logarithm
of the number of bytes we have received from them in
seeding.

Obviously, a node that chooses to be a good citizen and
seed may not be rewarded at all in the future. For node A
to be rewarded by node B, A must seed to B and then B
must seed to A in some subsequent swarm. That means
that both nodes must interact repeatedly over time. For
any real benefit to the algorithm, a group of nodes must
interact repeatedly.

We note that a Sybil attack [4] is possible against this
protocol. For example, malicious nodes could create a
large number of false identifiers, gaining additional shares
of the bandwidth. We deal with this by reserving a per-
centage of a seeder’s upstream bandwidth for other known
seeders. Sybil attackers may well fight it out for the
remaining unreserved bandwidth, but there is a larger pool
of bandwidth available if they cooperate.

Another possible Sybil attack would be a reincarnation
attack [13] where a client sheds an old identifier for a new
identifier in every swarm to erase previously observed bad
behavior. Such behavior would be unhelpful to the node,
however, because a fresh identifier begins with no rewards
at all. Rewards only come with observed good behavior.

4 Methodology

4.1 Simulator

We chose simulation as our primary method for analyzing
incentives and altruism in BitTorrent. The advantages of
a simulator over real world tests or the use of network emu-
lation lies primarily in the repeatability of the experiment
and the time required to run the experiment. Our research
requires comparison of algorithms against one another as
well as experimentation with hundreds of combinations
of parameters. Repeatability and fast time to completion
were both incredibly helpful.

Several Bit Torrent simulators exist but they did not
fully meet our needs. One simulator from MSR [1] does
not implement asynchronous communication nor does it capture some BitTorrent details, such as piece chunk transmission, that we deemed necessary. An ns-2 [5] BitTorrent simulator was also available, but it simulates TCP effects and other network level details that were too low level for our purposes. GPS [25] is a general purpose p2p simulator that includes a BitTorrent module and simulates at about the same level of granularity as our work. GPS is written in Java and our work appears to run faster.

To meet our objective, we have designed an optimized C++ simulator with a Python front end for simulation setup and execution. Our simulator allows swarms of thousands of clients, with several hundred running simultaneously, many times faster than real-time. To illustrate this, we ran a series of tests on an Athlon 2.4Ghz dual-processor server with 4GB of RAM and running with the Linux 2.6.9 kernel. These tests employed a simple swarm where a given number of clients arrive simultaneously and join the swarm. There is only a single seed for the swarm. We fix the file size at 100MB, the seed’s upload capacity at 512Kbps, and each client’s bandwidth at 56Kbps, symmetric for uploads and downloads. The results for various swarm sizes is shown in Table 1. These results show that the time required to simulate the swarm is proportional to the number of peers.

4.2 Simulation Setup

All the evaluations in this paper are based on a flash-crowd, 1GB file BitTorrent swarm. We used a total population of 2000 DSL clients with a range of download bandwidths from 128Kbps to 5Mbps. Each client’s upload bandwidth is precisely half of its download bandwidth. To obtain reasonable churn, we make use of real-world BitTorrent traces taken in 2005 by Johan Pouwelse. These traces provide realistic join times for flash-crowd behavior in real swarms.

Each simulation is also configured with experiment-specific parameters. The significant parameters are:

**Seeding Time** The 2000 clients of the swarm are assigned one of three seeding population types. Altruistic clients will seed for 24 to 48 hours after their download is complete. Standard clients seed for one to two hours. Leech clients terminate their connection immediately after downloading the object. These values are based on why peers choose to seed; altruistic clients intentionally stay around to be helpful, standard clients will continue running until the user notices the download is done and kills the client, and leech clients leave as quickly as possible. Even though these numbers are guesses, we have validated that a swarm with 10% altruistic nodes and 70% standard nodes yields seed-to-swarm ratios similar to those observed in a prior measurement study. (Figure 1 in this paper closely resembles Figure 5 in Pouwelse et al. [16].)

**Seeding Algorithm** Populations in the swarm can be assigned to use different seeding algorithms. The standard seeding algorithm simply seeds round-robin to all of the peers in a seed’s neighborhood. We also support an “incentives seeding” algorithm, as described in Section 3.

**Incentives Seeding Parameters** For peers using the incentives seeding algorithm, we can vary the bandwidth reservation for rewards as a percentage of the total bandwidth; all incentives seeding nodes will use the same reservation percentage in a given simulation run. Also, for nodes using our rewarding seeding algorithm, we invent a past history for each one, assigning them a number of bytes that they have seeded in the past. We similarly vary what portion of the population are aware of this history, allowing us to simulate everything from oracular knowledge of every node’s past behavior down to fragmentary knowledge that would be a more realistic approximation of prior, first-hand observations.

While oracular knowledge is unrealistic in practice, it allows us to place an upper bound on the benefits of seeding policies that use this knowledge. First hand information is more limited in scope but much more difficult to exploit [13]. In our research we are assuming that there are no disjoint cliques of overlapping peers. This would seem to adequately capture common classes of real-world behavior as we might expect from people who download related content, such as new episodes of TV shows released on a weekly basis.
Trading Algorithm We have implemented both the regular BitTorrent TFT and the BitTyrant trading algorithms in our simulator. Trading and seeding algorithms may be assigned independently; a peer can use the BitTyrant trading algorithm and our incentives seeding algorithm if desired.

4.3 Incentives Evaluation

Our goal is to create an incentive for participants in BitTorrent to seed. We will evaluate the effectiveness of our algorithm by demonstrating that rewarded populations perform better than unrewarded populations in our simulated swarms. By running the experiments under a variety of configuration parameters, we will characterize how these parameters affect the success of our incentives algorithm.

In evaluating the performance of a node, our basic measurement is the download efficiency, defined as the utilization of the peer’s download pipe over its lifetime in the swarm. Efficiency is a direct measure of the node’s happiness, and it is perfectly normalized. Any node, regardless of speed, cannot be happier than when it has 100% download utilization.

Computing the efficiency \( e \) is straightforward. Let \( k \) be the maximum download capacity of the node measured in bits per second (bps). Then let \( t_0 \) be the time the peer connected to the swarm and let \( t_d \) be the time that it finished the download, where both values are measured in seconds. Finally, let \( n \) be the number of bits in the download object. Then

\[
e = \frac{n}{(t_d - t_0)k}.
\]

Of course, when simulating a large population of nodes with various configurations assigned at random, we would expect significant variation in individual nodes’ efficiency, even when they have the same configuration. Figure 2 shows cumulative distribution functions over nodes’ efficiency in a simulation with altruistic, standard, and leech nodes. A curve that stays closer to the bottom of the graph, as the altruistic data series does, represents more nodes operating closer to their peak efficiency. (This experiment shares the same configuration as used later in Figure 12.)

While we could potentially generate a figure like this...
for every possible simulation configuration, and every simulation run would generate a figure with the same general shape, this would obscure trends from one simulation to the next. Instead, we observe that the median value of each data series (i.e., the efficiency value for which the data series reaches 50% on the y-axis) represents an effective proxy for the overall behavior of the data. If the median values are close, then the curves will be close. If the median values are far apart, then the curves will be far apart.

For our experiments, then, any given set of experimental parameters (as described in Section 4.2) will yield three values: the median efficiency of each of the three populations (altruistic, standard, and leech), which we can then plot as we vary the simulation parameters.

An alternative to efficiency would be to consider the download times, without normalizing them for differences in each node’s available bandwidth. Figure 3 shows CDFs of download times for the same experimental setup as Figure 2. We added an “optimal” distribution, representing the best that the altruistic nodes could ever have performed if they had achieved 100% utilization of their download bandwidth. We could have added additional “optimal” lines for each population, but this would make reading the figure more complicated. Furthermore, median values are less meaningful because the underlying distribution of bandwidths would vary if the random assignment were done differently.

Of course, absolute download time and download efficiency are measuring the same underlying phenomenon; improving one metric would clearly improve the other. Table 2 shows the median values from each of these figures. The efficiency values elide unnecessary experimental details and concisely describe the relative performance of each population.

Lastly, we must convince ourselves that efficiency is a reliable metric from one experimental run to the next. Since many of the parameters in our system are assigned randomly, we experimentally re-ran our experiment twenty times, each time with a different random seed. The results, shown in Table 3, show significant variation from one run to the next, but the variations among altruistic nodes are smaller than among standard nodes. For an additional experiment, we changed the leech nodes to be standard nodes. We would expect, then, that they would behave the same as standard nodes. Table 4 clearly validates this behavior.

From these measurements, it appears that standard nodes are more likely to be the victims of circumstance, while altruistic nodes and leech nodes are more stable in the face of random variation. As such, the reported performance of standard nodes should be considered to be noisier than the reported performance of altruistic or leech nodes. While we could precisely work out the minimum change between different populations that would represent a statistically significant difference, this is insufficient for our needs. Experimentally, we must show that our desired altruistic behavior doesn’t just make a statistically significant improvement. We must show a large enough improvement to incentivize BitTorrent users to
choose clients that follow our desired behavior.

(For the remainder of the paper, we only run each experiment a single time for a given set of experimental parameters. Since each data point takes as long as a day to compute, we cannot afford to run every experiment twenty different times.)

5 Evaluation

In this section, we detail the findings of our research. We will first demonstrate why seeding is important for swarms of nodes with asymmetric bandwidth. We will then demonstrate how our algorithm improves performance for seeding nodes. The next three subsections explore how bandwidth reservation, altruistic population size, and rewarding node overlap impact the effectiveness of our seeding algorithm. Finally, we analyze the performance of our algorithm in swarms that include BitTyrant nodes.

5.1 Importance of Seeding

Our first objective was to establish the importance of seeding to a BitTorrent swarm. We ran our simulation with three different population configurations. First, we ran the swarm with 1 initial seed and 100% of the swarm composed of our leech clients that do no seeding whatsoever. Next, we ran the swarm with 1 initial seed, 70% of the standard clients that do a small amount of seeding, and 30% of the leech clients. Finally, we ran a simulation with 10% altruistic nodes that seed significantly, 70% of the standard clients, and 20% of the leech clients. The results are shown in Figure 4.

There are two reasons why the swarm cannot obtain high efficiency without significant seeding contributions. First, the swarm is comprised of nodes with asymmetric bandwidth profiles. In our swarm, the upload is always half of the download capacity. Even with idealized operations, a swarm could hope for no more than 50% efficiency from TFT trading alone. The second issue is that a BitTorrent swarm is not ideal. Various factors such as churn reduce the effectiveness of the protocol. Seeding provides enough additional capacity to overcome these deficiencies.

Clearly, seeding is essential for nodes in a swarm to maximize their download bandwidth; if we can design a mechanism that incentivizes more BitTorrent users to seed for longer periods, this should have a clear, positive impact on the system.

5.2 Rewarding Seeding

To evaluate our reward seeding algorithm, we first ran a baseline simulation. The setup for this simulation was 10% altruistic nodes, 70% of the standard clients, and 20% of the leech clients. All three populations were running the standard BitTorrent trading and seeding algorithms, thus we expected all three populations to experience similar performance. As expected, the results for all three populations was near 100% efficiency.

We then repeated this baseline experiment with all of the altruistic nodes configured to run our reward seeding algorithm, reserving 75% of their bandwidth for rewards to prior seeders. The other two populations continued to use normal seeding algorithms. In this version of our experiment, we assumed perfect overlap for this altruistic group. In other words, every altruistic node had been previously seeded by every other altruistic node, prior to the start of the experiment, and would thus allow the other altruistic nodes to share in the bandwidth reserved for rewards. The results of this simulation are shown in Figure 5. The altruistic population maintained nearly perfect efficiency, while the two unrewarded populations experienced a significant drop in performance.

5.3 Bandwidth Reservation

As described before, our seeding algorithm can reserve bandwidth for the exclusive use of nodes being rewarded. To understand the necessity of these bandwidth reservations, we ran a simulation where we varied the percentage of reserved vs. unreserved seeding bandwidth. The results, shown in Figure 6, show the median efficiency of the altruistic, standard, and leech populations in simulations with different reserved bandwidth configurations. In all simulations, there are 10% altruistic, 70% standard, and 20% leech clients. The bandwidth reservation applies to altruistic nodes’ seeding bandwidth. For the moment,
we are assuming that altruistic nodes all have prior history and know which other nodes have seeded in the past.

One immediate observation is that our seeding algorithm, without any bandwidth reservation, does no better than normal seeding. This seems counter-intuitive because the rewarded nodes should still be getting more seeded bytes than their unrewarded peers. One might think that there would be some performance improvement for the altruistic nodes, even with 0% reserved bandwidth, but they are already getting nearly 100% efficiency.

With bandwidth reservations, if there is insufficient demand from the “reward” population, then that portion of the seeding bandwidth will go unused. In short, our work suggests that the only way to create a performance differential between rewarded and non-rewarded nodes is to withhold service from unrewarded nodes.

There is an interesting trade-off, however. If the reservation is too high, then all of the bandwidth is effectively being spent on maintaining old relationships rather than establishing new ones. As nodes quit old swarms and join new ones on a regular basis, there is a clear incentive to have seeded to strangers in the past if there might be a payout in the future.

5.4 Altruistic Population Size

We cannot predict what percentage of nodes in a given swarm might be running our reward seeding algorithm. We would like to verify, regardless of the breakdown, that incremental growth in the reward seeding group will yield benefits both for those nodes as well as for everybody else. This leads to the question of how the system will respond as the population dynamics change. Figure 7 shows how efficiency changes as a function of the percentage of altruistic nodes in the swarm.

The leech population is fixed at 20% and the rewarding nodes...
reserve 75% of their bandwidth.

This experiment demonstrates that the performance of the entire swarm improves as more nodes follow our altruistic scheme, even when reserving 75% of their bandwidth for reward seeding. That other 25% is enough to improve things for everybody else.

At some point, beyond the 30% altruism rate where we terminated our simulation, the standard nodes may have sufficient efficiency that they would be disincentivized to change to the altruism strategy. By then, the altruism strategy would already be the dominant behavior in the swarm. Also, regardless of the rate of altruistic nodes, this experiment shows that altruism always wins, and sometimes wins big, even with relatively low populations of altruistic nodes.

### 5.5 Overlap

In this section, we explore the highly critical overlap parameter. Our algorithm assumes that nodes are rewarding based on first-hand information gleaned from prior interactions in prior swarms. In previous experiments, we have assumed that this knowledge of prior interactions, which we call overlap, is complete. Every node has prior, positive interactions with its altruistic peers and thus knows to exclude them in the reward population during future interactions. Such oracular knowledge is not realistic.

For simulation purposes, we wish to vary the degree to which altruistic nodes have had past interactions with other altruistic nodes and thus have first-hand knowledge necessary to give reward seeding to their peers. To accomplish this, we partition the altruistic nodes into two sub-groups: rewarding and non-rewarding nodes. Rewarding nodes will reward all other altruistic nodes, including non-rewarders, while non-rewarding nodes will reward nobody. Non-rewarding nodes still have the same 75% bandwidth reservation, but they never use it. By varying the ratio of rewarding to non-rewarding nodes, we can roughly simulate the real-world effects that might be seen as the degree of overlap between altruistic nodes varies.

Figure 8 shows the efficiency for each population as a function of the percentage of altruistic nodes that are rewarders. We maintain a 10% altruistic, 70% standard, and 20% leech population. Reserved bandwidth remains fixed at 75%.

Our experiment demonstrates that overlap is clearly necessary to achieve the benefits of our reward seeding strategy. Once the overlap reaches 50% (i.e., about half of the seeding interactions between altruistic nodes are rewarded with higher bandwidth), the performance improvement for the altruistic strategy is undeniable. Whether such an overlap rate can be achieved in the real world is unclear. We discuss some strategies that might compensate for this in Section 6.

### 5.6 Seeding Rewards versus BitTyrant

In this section, we test the altruistic reward seeding algorithm against clients running the more aggressive BitTyrant trading algorithm. BitTyrant clients tend to seek improved performance at the expense of other nodes in the system. (BitTyrant was introduced in Section 2.3.)

Our first experiment, shown in Figure 9, pits rewarding seeders against tyrannical leeches. This test repeats the bandwidth reservation experiment of Section 5.3 with the leeching population configured to use the BitTyrant trading algorithm. All other parameters remain the same.

Comparing these results against those of the earlier bandwidth reservation test, we note that BitTyrant-leeches performed as well as the rewarded altruists. At the same time the leeches degraded the performance of the standard nodes significantly. From this we conclude that the reward-seeding algorithm protects against, or at least ameliorates the exploitation of the BitTyrant protocol, but that it does not sufficiently penalize the leeching clients.

To evaluate how the size of the altruistic population impacts the performance of these populations, we repeated the experiment of Section 5.4 again with the rewarding altruistic seeders versus the tyrannical leeches. We hoped that increasing numbers of altruists might be able to penalize the tyrannical leeches. Unfortunately, as shown in Figure 10, the tyrannical leeches still had no trouble achieving near perfect efficiency.

We considered the possibility that the leeching nodes would not do so well if the altruistic nodes were more stingy during the TFT trading phase. To test this, we reconfigured the bandwidth reservation test. In this experiment, the altruists use the BitTyrant TFT strategy rather than the default BitTorrent TFT strategy, but still perform the incentivized reward seeding. The leech population still practices tyrannical TFT trading and never seeds. The standard population uses standard algorithms for both seeding and TFT trading. All other simulation parameters remained the same. The results are shown in Figure 11.

Based on these experiments, a rational user might just as well run a tyrannical client as an altruistic client. They will receive the same download efficiency and they will minimize their upload bandwidth.

### 5.7 BitTyrant Exploitation

In the pursuit of finding a weakness in BitTyrant’s seemingly anti-social behavior, we discovered a problem with BitTyrant’s exchange mechanism (also noted by Carra et al. [2]). The original BitTyrant paper [18] says:
As such, BitTyrant continually reduces send rates for peers that reciprocate, attempting to find the minimum rate required. Rather than attempting to ramp up send rates between high capacity peers, BitTyrant tends to spread available capacity among many low capacity peers, potentially causing inefficiency due to TCP effects.

To work around this ... effect, BitTyrant advertises itself at connection time using the Peer ID hash. Without protocol modification, BitTyrant peers recognize one another and switch to a block-based TFT strategy that ramps up send rates until capacity is reached.

The authors believe that their weakness is looking for too many low bandwidth flows, or that the many low bandwidth flows are inefficient because of TCP effects.

To evaluate this, we ran several simulations without the BitTyrant block-level TFT component (i.e., we disabled BitTyrant’s ability to detect that a peer is also running BitTyrant). BitTyrant nodes did very poorly when communicating with each other.

BitTyrant assumes it is receiving reciprocation when it receives an unchoke. This is a valid assumption for BitTorrent nodes, but it is not as clear of a signal from another BitTyrant node because it does not indicate how much they are willing to upload. So, if two BitTyrant nodes unchoke each other, they both assume they have an estimate for the minimum upload speed necessary to achieve reciprocation. They then both begin to drop their upload rates potentially down to zero in a quest to achieve lower estimates for the minimum upload speed.

BitTyrant solves this problem by self-identification, disabling the reciprocation-discovery mechanism because it doesn’t really work between two tyrants. This identifi-
cation features can be exploited by altruistic nodes to deny service to tyrants! A BitTyrant node cannot lie or obscure that it’s a tyrant without incurring a penalty when trading with other tyrants.

We re-ran our baseline simulation with 10% altruistic, 70% standard, and 20% leech nodes. The altruistic nodes used the normal trade algorithm and our reward seeding algorithm. The leech nodes used the BitTyrant trade algorithm. Bandwidth was reserved at 75% and the altruistic nodes ignored tyrants during seeding, but interacted with them normally when still downloading the torrent. The results are shown in Figure 12.

By ignoring tyrants, the altruistic nodes achieve a small but significant performance improvement relative to the tyrants. There may well be other ways to exploit tyrants, such as refusing to interact with them at all. It is sufficient to say that BitTyrant is vulnerable to exploitation, itself, as a consequence of its necessary self-identification mechanism.

6 Discussion and Future Work

The development of this research gives rise to a number of important discussion points that we will address here. These points include issues relating to the practicality of our algorithm to real-life solutions as well as topics of future research.

Privacy / Anonymity is of significant concern for many BitTorrent users. Naturally, a long-term identifier would impact anonymity. However, the BitTorrent protocol was never engineered to provide anonymity to BitTorrent users. (They announce their presence to everybody in the swarm, based on their IP address, and advertise what pieces they have available to trade!) From this perspective, a long-term identifier is not much worse than an IP address.

On the other hand, if a BitTorrent user chose to tunnel BitTorrent through an anonymization system like Tor, then the IP address would be obscured, while the long-term identifier would still be advertised. While a number of BitTorrent users do tunnel traffic through Tor, their performance will suffer greatly, as Tor was never intended to support the kind of massive, sustained traffic flows that BitTorrent can generate. Engineering an anonymity service specifically for BitTorrent would be an interesting opportunity for future research.

Bootstrapping and Overlap are the most critical concerns for further development of this incentives mechanism. The reward mechanisms in our research depend on the same nodes seeing one another, again and again. This may not occur much, in the general case, but it could well happen in particular subcommunities.

Existing Small Groups: A number of relatively small (compared to the entire world) communities exist for the purpose of BitTorrent distribution. The traces we described in Section 4 were collected from filelist.org over a three month period. This community requires a sign-in name which was associated with each download. We observed that 50% of all peers participated in at least two of the same swarms. These types of groups would be able to switch over to the seed-rewarding algorithm with very little difficulty and would likely have sufficient overlap.

Social Groups: Existing social communities, brought together by mutual interests on social networks, could be used to leverage a relatively small BitTorrent community suitable for the seed-rewarding algorithm.

Shared Interests: Even without explicit social groupings, one would reasonably expect that many people will follow similar patterns. For example, a variety of television shows are distributed via BitTorrent. Users who download the current show are likely to download subsequent shows. Similar affinities would be expected around other content that is updated on a regular basis, such as updated Linux distributions.

Transitive Trading and similar methods, may be able to ameliorate the need for extensive overlap. Transitive trading [12, 11] allows two clients that have never met to exchange “credits” through a mutual contact.

BitTyrant is an important development in BitTorrent because it improves the efficiency of certain core concepts. For example, the optimistic unchoke in standard BitTorrent trading is a search method for finding better peers, but it simply searches randomly. However, as we discussed in Section 5.7, BitTyrant clients must identify whether they are speaking to other tyrants and change strategies. Otherwise, the default BitTyrant TFT strategy will have both clients dropping their bandwidth all the way to zero.

This BitTyrant flaw creates interesting opportunities. Since BitTyrant clients must identify themselves as such, they can be trivially ignored by other clients who, perhaps, do not with to support their tyrannical behavior. However, there are many other options. BitTyrant clients (or, really, any BitTorrent client) could publish categorical statements about their unchoking policies. For example a node might declare: “If you give me at least X bytes per second, then I’ll unchoke you and give you X in return, up to Y bytes per second max.” Of course, a tyrant could lie about such policies, but it creates an interesting opportunity for future research, both in terms of simulation studies and in terms of economic modeling.

Carra et al. [2] also examined the strengths of
BitTyrant-style behavior versus simply expanding the number of simultaneous connections in traditional BitTorrent clients by simulation. However, their simulation models ignored churn and other real-world conditions leading us to believe that their results are unreliable.

7 Related Work

The BitTorrent protocol and associated algorithms were introduced by Cohen in 2003 [3] with a reference client implementation. A fluid model for the system was given by Qiu et al. [18], who used it to show that in certain cases a Nash equilibrium can exist in systems where peers choose upload rates to match their download rates. Studies performed on emulated swarms by Legout et al. [8] validated the effectiveness of the BitTorrent unchoking algorithm. Legout et al. [9] also concluded from real-world tests that the rarest-first algorithm is very important to system performance, and argued that the default unchoking algorithm provides adequate robustness from free-riders.

A fluid-model simulator was used by Bharambe et al. [1] to represent a BitTorrent system in a more abstract manner than our own. They confirmed the utility of the rarest-first policy for piece selection. They also investigated unfairness with respect to volume uploaded and argued that the rate-based TFT strategy fails to prevent such unfairness, especially in systems with a great disparity of bandwidth among peers. They proposed a new block-level, volume-based TFT trading algorithm, although subsequent researchers challenged its effectiveness [9].

De Vogeleer et al. [23], made an event-based simulator for BitTorrent based on the algorithms in the reference implementation and used it to model a variety of typical swarm scenarios, verifying the performance characteristics against the expected behavior of a standard BitTorrent client.

A simulation-based study by Eger et al. [5] compared flow-level and packet-level simulations for BitTorrent-like systems and found that, while flow-level simulations are useful for demonstrating the theoretic performance of the de facto BitTorrent scheme, the delay of TCP packets and other cross-layer effects have a significant impact on BitTorrent performance, and these effects require a more granular simulation to be adequately captured.

Much research has been performed concerning the robustness of BitTorrent’s tit-for-tat trading mechanism against selfish behaviors. BitTorrent was modeled as a form of the Iterated Prisoner’s Dilemma problem by Jun et al. [7], who suggested that the current peer-selection algorithm is susceptible to free-riders; they proposed a different TFT strategy. Tian et al. [22] used mathematical models as well as simulation-based and real-world experiments to argue for a modified TFT algorithm.

Sirivianos et al. [21] emulated a strictly free-riding client which contacts the tracker often to gain a large neighborhood from which to free-ride; they concluded that this attack was feasible in practice. Liogkas et al. [8] use PlanetLab to demonstrate three different exploits: downloading from seeds, downloading from the fastest peers, and advertising fake pieces.

8 Conclusion

At present, BitTorrent’s seeding mechanism is entirely altruistic; nodes have no rational reason to offer seeding service to their peers, yet the additional bandwidth provided by seeding is essential to the efficient operation of BitTorrent. Anything that can encourage seeding would have an immediate knock-on benefit for BitTorrent users.

In this work, we have proposed a method for rewarding seeding in BitTorrent by means of long-term identification. Nodes remember peers that seeded to them in the past and reciprocate by seeding to them in later swarms.

To evaluate our algorithm and its parameter space, we developed and employed a flow-level simulator. The algorithm was tested on realistic file-sizes and trace-driven churn to improve its accuracy. We found that our algorithm improved the download efficiency of the BitTorrent nodes from 70% to 95% or better. This improvement represents the upper bound of our algorithm’s performance and was based on oracular knowledge that would not be available in real scenarios. We tested more realistic settings and found that our algorithm could still increase the download efficiency by ten percentage points.

Finally, we evaluated our seed-rewarding algorithm in swarms that had some portion of the population running BitTyrant, a variant on BitTorrent that is aggressive about getting fast downloads with minimal investments of upload bandwidth. We found that our algorithm could protect nodes from being exploited by BitTyrant, but could not sufficiently penalize tyrannical behavior to discourage users from choosing to run BitTyrant. However, leveraging a weakness in BitTyrant, where BitTyrant nodes must identify themselves as such, we can ignore tyrants during seeding and reduce their performance.

So long as BitTorrent peers have sufficient overlap in successive swarms, allowing them to build individual long-term histories of who has seeded in the past, we conclude that BitTorrent peers using our incentivized reward seeding algorithm will enjoy better performance for themselves and also improve performance for their peers, whether running our algorithm or not. By adding in our mechanism, for which peers have a genuine incentive to follow, we can build better robustness in BitTorrent.
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