Starburst activity in the host galaxy of the $z = 2.58$ quasar J1409+5628*

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Abstract. We report the detection of CO emission from the optically luminous, radio-quiet quasar J140955.5+562827 (hereafter J1409+5628), at a redshift $z_{\text{CO}} = 2.583$. We also present VLA continuum maps and VLBA high spatial resolution observations at 1.4 GHz. Both the CO(3→2) and CO(7→6) emission lines are detected using the IRAM Plateau de Bure interferometer. The 3→2/7→6 line luminosity ratio is about 1/3, indicating the presence of warm and dense molecular gas with an estimated mass of $6 \times 10^{10} M_{\odot}$. The infrared-to-CO luminosity ratio $L_{\text{IR}}/L_{\text{CO}(3\rightarrow2)} \approx 500 L_{\odot}$ (K km s$^{-1}$ pc$^2$)$^{-1}$, comparable to values found for other high-$z$ sources where CO line emission is seen. J1409+5628 is detected using the VLA with a 1.4 GHz rest-frame luminosity density of $4.0 \times 10^3$ W Hz$^{-1}$. The rest-frame radio to far-infrared ratio, $q$, has a value of 2.0 which is similar to the values found in star forming galaxies. At the 30 mas resolution of the VLBA, J1409+5628 is not detected with a 4$r$ upper limit to the surface brightness of 0.29 mJy beam$^{-1}$. This implies a limit to the intrinsic brightness temperature of $2 \times 10^7$ K at 8 GHz, typical for nuclear starbursts and more than two orders of magnitude fainter than typical radio-loud active galactic nuclei. Both the properties of the CO line emission and the radio emission from J1409+5628 are therefore consistent with those expected for a star forming galaxy. In J1409+5628 young massive stars are the dominant source of dust heating, accounting for most of the infrared luminosity. The massive reservoir of molecular gas can sustain the star formation rate of a few $10^{10} M_{\odot}$ yr$^{-1}$ implied by the far-infrared luminosity for about 10 million years.

Key words. Galaxy: formation – galaxies: starburst – galaxies: high-redshift – galaxies: quasars: emission lines – galaxies: quasars: individual: J140955.5+562827 – cosmology: observations

1. Introduction

In the recent decade, millimeter and submillimeter deep blank field surveys (e.g., Ivison et al. 2000; Blain et al. 2002) and pointed observations (e.g., Omont et al. 2003; Priddey et al. 2003; Bertoldi et al. 2003a) have provided a view of the dust content of a few hundred galaxies and quasars in the redshift range $1 < z < 6.4$. In these objects, a significant fraction of the energy generated by star formation is processed by dust and re-emitted at far-infrared wavelengths. The average space density of ultraluminous infrared galaxies and quasars at high-$z$ is found to be thousandfold greater than in the local universe. Observations at millimeter and submillimeter wavelengths provide a direct way to trace the bulk of the star formation in the early universe.

Pointed submillimeter and millimeter observations of optically selected quasars or radio galaxies have the advantage over deep field surveys in providing unique source identification and redshifts. In particular, targeted observations of optically luminous quasars have been successful in revealing massive bursts of star formation in their host galaxies. Although optically luminous quasars, which trace the most massive collapsed structures to have formed in the early universe, are rare objects which bear little relation to the objects that make up most of the far-infrared and submillimeter background, they provide powerful probes to study the relation between star formation, massive gas reservoirs, and the growth of super-massive black holes in the dark ages of the Universe (Fan et al. 2003; Bertoldi et al. 2003b; Walter et al. 2003).
The study of the redshift range $2 < z < 3$ is important in studying the star formation history in the universe since it traces the peak of the space density of the quasar population (Shaver et al. 1996), and corresponds to the median redshift of submillimeter galaxies (Chapman et al. 2003). Recent pointed observations of the 1.2 and 0.85 mm thermal dust continuum emission of $z \approx 2$ optically luminous, radio-quiet quasars reveal that 1/3 of these quasars are also luminous in the infrared with far-infrared luminosities of $L_{\text{FIR}} \sim 10^{13} L_\odot$ and estimated dust masses of typically $\sim 10^8 M_\odot$ (Omont et al. 2003; Priddey et al. 2003).

The optically very bright ($M_B = -28.4$), radio-quiet quasar J1409+5628 is by far the strongest mm source in the Omont et al. (2003) survey. With an estimated far-infrared luminosity of $4 \times 10^{13} L_\odot$, J1409+5628 ranges amongst the most luminous infrared high-$z$ sources found to date. Under the assumption that the dust is predominantly heated by massive stars, the inferred star formation rate is several $1000 M_\odot$ yr$^{-1}$ (Omont et al. 2003). However, the fraction of infrared luminosity due to dust heated by star formation and dust directly heated by the Active Galactic Nuclei (AGN) in J1409+5628 is still an open issue, as is the case for almost all of the high-$z$ quasars studied to date. Both the large masses of dust and the high star formation rate indicate that J1409+5628 should have a copious reservoir of molecular gas to sustain the formation of a few 1000 $M_\odot$ per year over its dynamical time.

In high-$z$ sources, the search for molecular gas is best done by using the redshifted rotational lines of CO. The molecular gas in star-forming galaxies is warm and dense enough to excite the higher CO rotational levels ($J > 3$) which are shifted into the millimeter windows for redshifts greater than 2. However, a good determination of the redshift of the target object, either from optical or near-infrared spectroscopy, is a prerequisite for a detection because the bandwidths of the current heterodyne receivers are still relatively narrow. For example, at the Plateau de Bure Interferometer, the available instantaneous bandwidth is $\Delta \nu = 580$ MHz which corresponds at 96 GHz to a velocity range of $1810 \text{ km s}^{-1}$ or $\Delta z \approx 0.02$ at $z = 2.6$.

Despite this current limitation, over the last few years CO line emission has been detected in 24 far-infrared luminous high-$z$ quasars, radio and (sub)mm galaxies (Carilli et al. 2004, and references therein). These observations reveal large reservoirs of molecular gas ($10^{11} M_\odot$), a prerequisite for efficient star formation, and prompted also the first studies on the properties of the dense interstellar gas in starburst galaxies in the early universe (e.g., Barvainis et al. 1997; Solomon et al. 2003; Bertoldi et al. 2003b). In addition, these observations allow us to estimate, unhindered by extinction, the dynamical masses in these systems, which are the key constraining hierarchical models (see, e.g., Neri et al. 2003).

In this paper, we present a study of the CO emission in J1409+5628 made with the Plateau de Bure interferometer together with observations of the radio emission carried out with the Very Large Array and the Very Large Baseline Array. The data provide strong evidence that the origin of the infrared luminosity is dominated by the starburst activity of the host galaxy of the QSO J1409+5628. Throughout this paper, we adopt the concordance $\Lambda$-cosmology with $H_0 = 71 \text{ km s}^{-1} \text{ Mpc}^{-1}$, $\Omega_\Lambda = 0.73$ and $\Omega_m = 0.27$ – (Spergel et al. 2003). At $z = 2.58$, the luminosity distance $D_L$ is 21.5 Gpc and an angular scale of 1″ corresponds to 8.1 kpc.

2. Observations

2.1. Plateau de Bure interferometer

Observations were made with the IRAM Plateau de Bure interferometer in May and June 2002 and from January to March 2003. We used the D and B configurations, as well as non-standard configurations, with 4 to 6 antennas, resulting in a good coverage of the $uv$ plane with baselines ranging from 24 to 400 m. This results in final synthesized beams of 2′′44 × 1′′65 at a position angle of 60° at 3.1 mm, and 1.01″ × 0.55″ with a position angle of 52° at 1.3 mm.

The dual frequency set-up was used to search simultaneously for the CO($3\rightarrow2$) emission line and dust emission at 3 and 1.3 mm, and subsequently for the CO($7\rightarrow6$) emission line. During the first series of observations, the 3.1 mm receiver was tuned to a central frequency of 96.780 GHz, corresponding to the CO($3\rightarrow2$) line at a redshift of $z = 2.5730$, close to the strong Lyman-$\alpha$ absorption line seen at $z = 2.5758$ in the optical spectrum of J1409+5628 (see Sect. 4.1). The CO($3\rightarrow2$) line emission was tentatively detected at the low frequency end of the available bandwidth. In subsequent observations, we re-tuned the 3.1 mm receivers to 96.505 GHz, corresponding to a redshift of $z = 2.583$ and confirmed this tentative detection.

After the first tentative detection of the CO($3\rightarrow2$) emission line, we re-tuned the 1.3 mm receivers in the upper sideband to 225.198 GHz corresponding to the redshifted CO($7\rightarrow6$) emission line, while the lower sideband was tuned to a frequency 3 GHz away (at 225 GHz) to measure the 1.3 mm continuum. Typical SSB system temperatures were $\approx 150$ K and $\approx 400$ K at 3 mm and 1.3 mm respectively.

The data were reduced, calibrated and analyzed using the IRAM package GILDAS. During the data reduction, we flagged antennas with too low efficiencies or too high system temperatures, and discarded data taken during bad atmospheric conditions. The final usable datasets correspond to total on-source integration times of 52 and 27 h at 3.1 and 1.3 mm, respectively. After phase and amplitude calibration of each session, we combined the data from the different settings into one single table at full spectral resolution. The flux calibration was done using standard calibrators 3C 273, CRL 618 or MWC 349.

2.2. Very large array

J1409+5628 was observed with the Very Large Array (VLA) of the NRAO at 1.4 GHz in the A configuration (maximum baseline of 30 km), with a total bandwidth of 100 MHz and two polarizations. The total observing time was 2 h. The entire dataset was self-calibrated using field sources, and standard phase and amplitude calibration was applied for J1409+5628.

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The absolute flux density scale was set with the observations of 3C 286. The final image was generated using the wide field imaging and deconvolution capabilities of the NRAO’s Astronomical Image Processing System (AIPS) task IMAGR. The present 1.4 GHz continuum data achieved a rms noise ($\sigma$) of 1.6 $\mu$Jy, which corresponds to the theoretical expected noise level. The Gaussian restoring CLEAN beam full width at half-maximum (FWHM) is $\sim$ 1″.5. A detailed discussion of the VLA data will be given in Petric et al. (in preparation).

2.3. Very long baseline array

We observed J1409+5628 with the VLBA of the NRAO on the 9th of March and 7th of April, 2003, for a total of 14 h using the standard continuum mode at 1.4 GHz (total bandwidth of 16 MHz in two dual circular polarizations). The calibrator J1408+5613 was used for phase referencing with a calibration cycle time of 3.5 min. Standard a priori gain calibration was applied. At 1.4 GHz, the VLBA short spacing limit filters out all spatial structure larger than about 0″.15.

A number of test cycles were also included to monitor the coherence of the phase referencing. These tests involved switching between two calibrators (J1408+5613 and J1419+5423) with a similar angular separation and cycle time as that used for the target source. Images of the second calibrator (J1419+5423) were deconvolved using two different approaches: by applying the phase and amplitude self-calibration solutions of the phase reference source J1408+5613 on J1419+5423, and by self-calibrating J1419+5423 itself, both in phase and amplitude. The ratio of the peak surface brightness between the final images of the two approaches gives a measure of the effect of residual phase errors after phase referencing (i.e. “the coherence” due to phase referencing). At all times the coherence was found to be better than 95%. Also, phase referencing as used herein is known to preserve absolute astrometric positions to better than 0″.1 (Fomalont 1999).

3. Results

3.1. Molecular gas

The velocity-integrated maps of the CO(3→2) and CO(7→6) emission lines of J1409+5628 are shown in Fig. 1 and the corresponding spectra are displayed in Fig. 2. The CO(3→2) line is detected with high signal-to-noise ratio at a central frequency of 96.504 GHz, corresponding to a redshift $z_{\text{CO}} = 2.5832 \pm 0.0001$. At the same redshift, the CO(7→6) emission line is also detected on top of the 1.3 mm continuum. Within the astrometric uncertainties, the CO emission and the 1.3 mm continuum, centered at 14°09′55″.5 + 56°28′26″.4 (J2000.0), coincide with the optical position listed in the 2MASS catalogue (Barkhouse & Hall 2001). At the 1.0″ × 0.5″ resolution of our Plateau de Bure observations at 1.3 mm, the CO(7→6) emission in J1409+5628 is still unresolved, yielding an upper limit to the linear size of the region emitting in CO of 5 kpc.

We fitted the high signal-to-noise CO(3→2) spectrum with a Gaussian profile where the central frequency ($\nu_{\text{obs}}$), the full width half maximum ($\Delta \nu_{\text{FWHM}}$), the continuum flux density ($S_c$), and the integrated CO emission flux density ($I_{\text{CO}}$) were kept as free parameters. The peak intensity was derived from the Gaussian fit parameters. The best Gaussian fit yields a line width to the CO(3→2) emission of 311 ± 28 km s$^{-1}$, similar to the widths found in other high-$z$ quasars.
Fig. 2. Observed spectra of the CO(3→2) and CO(7→6) line emission toward J1409+5628, with velocity resolutions of 58 and 76 km s\(^{-1}\), respectively. The offset velocity corresponds to central frequencies of 96.504 and 225.1197 GHz. The error bars represent the statistical uncertainties from the fit in the uv-plane. The dashed lines show the Gaussian fits together with the fit to the continuum with the parameters listed in Table 1. The dot-dashed line is the fit to the CO(7→6) line emission leaving the linewidth as a free parameter.

(e.g., Cox et al. 2002), and a peak intensity of 6 ± 1 mJy. The velocity-integrated CO(3→2) flux is 2.3 ± 0.2 Jy km s\(^{-1}\). At the position of J1409+5628 we obtain from the combined fit a 3σ upper limit to the continuum flux density at 3.1 mm of \(S_{\nu,3.1}\) mm < 0.5 mJy.

The width and centroid of the Gaussian fit to the CO(3→2) line were adopted for the profile of the lower signal-to-noise ratio CO(7→6) emission line. The peak intensity of the CO(7→6) emission is 10 ± 3 mJy, the velocity-integrated CO(7→6) flux 4.1 ± 1.0 Jy km s\(^{-1}\), and the 1.3 mm continuum is detected at a flux density of 6 ± 2 mJy. The CO(7→6) emission line is detected with a signal-to-noise ratio of 4, as compared to the ratio of 11 in the case of CO(3→2). The CO(7→6) line flux is therefore somewhat uncertain, and the precise value depends on how the spectrum is analyzed. For instance, leaving the line width as a free parameter in the Gaussian fitting yields \(\Delta v_{FWHM} = 229 ± 84\) km s\(^{-1}\) and a CO(7→6) integrated line flux of 3.0 ± 1.3 Jy km s\(^{-1}\), i.e., a 2.3 σ result (Fig. 2).

The upper limit of the continuum flux density at 96 GHz and the continuum flux density at 225 GHz are consistent with the 250 GHz flux density of \(S_{\nu,250} = 10.7 ± 0.6\) mJy (Omont et al. 2003), for a grey-body spectrum with a dust temperature of 45 K and a spectral index \(\beta = 1.5\). The corresponding far-infrared luminosity is \(L_{\text{FIR}} = 4.3 \times 10^{13} L_\odot\). The recent detection of J1409+5628 at 350 \(\mu\)m is in agreement with these conclusions (Beelen et al., in preparation).

### 3.2. Non-thermal radio emission

Figures 3 and 4 show the VLA and VLBA radio images of J1409+5628 at 1.4 GHz. The VLA image at 1.′′6 resolution shows an unresolved source with a deconvolved size < 0′′.5, consistent with the upper limit derived from the CO measurements. The flux density at 1.4 GHz is \(S_{\nu,1.4} = 0.93 ± 0.022\) mJy. The radio source position is 14^{h}09^{m}55.57\+\+56^\circ28\′26′\′47 (J2000), and coincides within the astrometric errors (≤0′′.2) with the positions of the optical and the CO emission.

The VLBA image at full resolution (12.5 mas × 6.7 mas, major axis position angle −9°; left panel of Fig. 4) has an rms noise of 46 \(\mu\)Jy beam\(^{-1}\). There is no source brighter than 4σ in a field of 0′′.5 centered on the VLA position. We have also
made tapered images at lower resolution and wider fields. At 34 × 28 mas resolution the rms noise is 72 \(\mu\)Jy beam\(^{-1}\). The tapered image is shown in the right panel of Fig. 4. We still find no source brighter than 4\(\sigma\) within 0.

4. Discussion

4.1. The redshift of J1409+5628

The redshift derived from the CO measurements should correspond to the systemic redshift of the host galaxy of J1409+5628, since it traces the extended molecular gas associated with the quasar and not ionized gas undergoing energetic processes linked with the AGN activity. The derived redshift for the molecular gas, \(z_{\text{CO}} = 2.5832 \pm 0.0001\), is in the upper part of the redshift range determined from the optical spectra (Korista et al. 1993; Barlow & Junkkarinen 1994), i.e. \(2.550 < z < 2.58\). \(z_{\text{CO}}\) is close to the redshift of the strong Ly-\(\alpha\) absorption (\(z = 2.5758\)) seen in the Keck spectrum (Korista et al. 1993). This absorption line is associated with narrow C iv absorption at 4352 Å, indicating that the corresponding gas is not part of the Lyman-\(\alpha\) forest, but rather part of the host-galaxy. This is in agreement with the fact that this ionization state is not associated with the central AGN (see, e.g., Petitjean et al. 1994) and that its redshift is close to \(z_{\text{CO}}\). The (systemic) velocity corresponding to \(z_{\text{CO}}\) is redshifted by 1800 km s\(^{-1}\) from the \(z = 2.5624\) high ionization ultraviolet emission lines such as C iv (Korista et al. 1993), a difference which has been found in many other quasars (Richards et al. 2002).

4.2. Molecular gas emission

The \(L_{\text{CO}(7\rightarrow6)}\) luminosity is about 1/3 of the \(L_{\text{CO}(3\rightarrow2)}\) luminosity (Table 1), a ratio which is comparable within a factor of 2 to the \(7\rightarrow6/3\rightarrow2\) luminosity ratios measured in the high-\(z\) sources SMM J14011+0252 (0.2, Downes & Solomon 2003), H1413+117, i.e. the Cloverleaf (0.8, Barvainis et al. 1997), and J1148+5251 (0.6, Bertoldi et al. 2003b). As in the other

Fig. 4. Left panel: VLBA 1.4 GHz image at full resolution (12.5 mas × 6.7 mas, major axis position angle \(-9\)). The contours levels are: \(-0.3, -0.2, -0.1, 0.1, 0.2, 0.3, 0.4\) mJy beam\(^{-1}\). Right panel: the VLBA 1.4 GHz image tapered to 34 × 28 mas resolution. The contours are: \(-0.33, -0.22, -0.11, 0.11, 0.22, 0.33, 0.44\) mJy beam\(^{-1}\). The central position corresponds to 14\(^h\)09\(^m\)55\(.^{+}_{-0.1}\)07 mas resolution the rms noise is 72 \(\mu\)Jy beam\(^{-1}\). The central position corresponds to 14\(^h\)09\(^m\)55\(.^{+}_{-0.1}\)07 mas resolution the rms noise is 72 \(\mu\)Jy beam\(^{-1}\).
sources, the detection of CO(7→6) emission in J1409+5628 indicates the presence of warm and dense molecular gas.

Assuming a constant brightness temperature from CO(3→2) to CO(1→0) and a conversion factor from $L_{\text{CO}}(1→0)$ to molecular mass of $X_{\text{CO}} \approx 0.8 \, M_\odot$ (K km s$^{-1}$ pc$^2$)$^{-1}$, appropriate for ultraluminous galaxies (Downes & Solomon 1998), the CO (3→2) luminosity implies a mass of molecular gas of $M$($\text{H}_2$) $\approx 6.6 \times 10^{10} \, M_\odot$. J1409+5628 appears therefore to be a system which is rich in molecular gas and comparable to the other high-$z$ quasars detected in CO.

4.3. Radio continuum emission

Assuming a low frequency spectral index of $-0.8$, the 1.4 GHz continuum flux density implies a rest frame luminosity density at 1.4 GHz of $4.0 \times 10^{25} \, \text{W Hz}^{-1}$. Using the far-infrared luminosity definition of Condon (1992), extrapolated from the 250 GHz flux density of Omont et al. (2003), a dust temperature of 45 K and a spectral index $\beta = 1.5$, the radio-to-FIR ratio is then $q = 2.01$, where $q$ is defined by Condon (1992). A tight and linear correlation between radio and far-infrared luminosity has been found in star forming galaxies, with small scatter over a few orders of magnitude in luminosity (Condon 1992). The most recent consideration of this correlation found a value of $q = 2.3 \pm 0.3$ for star forming galaxies from the IRAS 2 Jy sample (Yun et al. 2001). Hence, the value of $q$ for J1409+5628 falls well within the envelope defined by star forming galaxies. Condon et al. (1991) derived an empirical upper limit to the brightness temperature for nuclear starbursts of order $10^6$ K at 8 GHz, while typical radio loud AGN have brightness temperatures two or more orders of magnitude larger than this value. They also present a possible physical model for this limit involving a mixed non-thermal and thermal radio emitting (and absorbing) plasma, constrained by the radio-to-FIR correlation for star forming galaxies. For J1409+5628, we use the observed surface brightness limit from the VLBA together with the measured spectral index and redshift to derive a $4\sigma$ upper limit to the intrinsic brightness temperature of $2 \times 10^8$ K at 8 GHz typical of starburst galaxies. This is in contrast with the results obtained by Momjian et al. (2004) for a sample of three high-$z$ quasars which were imaged with the VLBA. In these $z > 4$ quasars, the radio-loud AGN dominates the radio emission on very compact size, i.e. a few milliarcsec, with intrinsic brightness temperatures in excess of $10^9$ K.

4.4. Starburst activity

Overall, the properties of the CO emission and the radio emission from J1409+5628 are consistent with those expected for a star forming galaxy. The radio emission indicates a $q$ value which is consistent with the radio-to-FIR correlation of star forming galaxies, and an intrinsic brightness temperature below $2 \times 10^9$ K at 8 GHz typical of nuclear starbursts.

The ratio between the far-infrared and CO(1→0) luminosities of J1409+5628 implied by the present observations, $L_{\text{FIR}}/L_{\text{CO(1→0)}} \approx 500 \, L_\odot$ (K km s$^{-1}$ pc$^2$)$^{-1}$ or $L_{\text{FIR}}/L_{\text{CO(1→0)}} \approx 1.1 \times 10^7$ is at the upper end of the values derived for local ultraluminous infrared galaxies by Solomon et al. (1997), and in agreement with other high-$z$ quasars where CO line emission is detected (Cox et al. 2002).

Following Omont et al. (2001), the star formation rate (SFR) in J1409+5628 can be derived from its far-infrared luminosity, assuming that star formation is the main contribution to the dust heating. Depending on the stellar initial mass function and the starburst age and duration, the ratio of SFR to infrared luminosity is in the range 0.8 to $2 \times 10^{-10} \, M_\odot$ yr$^{-1}$/L$_{\text{FIR}}$, yielding for J1409+5628 a SFR in between 3 and $8 \times 10^3 \, M_\odot$ yr$^{-1}$. The massive reservoir of molecular gas of $6 \times 10^{10} \, M_\odot$ can therefore fuel star formation at the rate implied by the far-infrared luminosity for about 10 million years, a typical duration for a starburst in local galaxies. The dense warm molecular gas is thus rapidly consumed unless its mass only represents a fraction of the total gas available in the host galaxy of J1409+5628, perhaps in a halo, like in the case of M 82 (Walter et al. 2002). Infalling gas could then further sustain the starburst activity in J1409+5628 over longer periods of time.

Multiple structures such as double source, arc or ring, which are expected for gravitational lensing, are not detected in the maps of the non-thermal radio continuum on any scale from 10’s of mas to a few arcsec. From the radio maps, there is therefore no evidence for lensing in J1409+5628. No correction for magnification has therefore been applied in this paper. Deep optical and/or near-infrared observations would be useful to further search for evidence of lensing in J1409+5628.

The VLBA observations, which resolve out structures larger than 0'15, indicate that the 1.4 GHz radio continuum emission should be distributed on scales larger than 1 kpc. On the other hand, as shown by the CO observations, the molecular gas is distributed in a region smaller than 5 kpc. If the radio continuum and CO emission are co-spatial, the present limits could be compatible with a scenario wherein the starburst activity in J1409+5628 is confined within a molecular torus or disk of size between 1 and 5 kpc. Similar structures with sizes of typically a few kpc are found in the cases of PSS 2322+1944 (Carilli et al. 2003) and the Cloverleaf (Venturi & Solomon 2003).

Using the limits to the size derived from the CO and radio observations and assuming that the molecular gas is distributed in a disk, the dynamical mass is $(3 < M_{\text{dyn}} < 10) \times 10^{10} \, \text{sin}^{-2} i \, M_\odot$, where $i$ is the inclination to the line of sight. This range is comparable to the dynamical masses derived for other high-$z$ quasars and galaxies and to that of local m$^*$.galaxies (Genzel et al. 2003). The ratio of molecular to dynamical mass is therefore estimated to be $(2.4 > M_{\text{m}}/M_{\text{dyn}} > 0.6) \, \text{sin}^2 i$, indicating that a large fraction of the total mass is in the form of molecular gas.

5. Conclusions

The millimetre and radio observations described in this paper provide strong evidence that the far-infrared luminosity of J1409+5628 is related to massive star formation. First, the huge reservoir of dense and warm molecular gas ($6 \times 10^{10} \, M_\odot$) can sustain the star formation rate of a few thousand solar masses per year implied by the far-infrared luminosity for
about 10 million years. Second, the radio continuum emission is found to be consistent with the radio/far-IR correlation of star forming galaxies. The limits on the size of the CO and radio continuum emitting region suggest that in J1409+5628 star formation is taking place in an extended region, which could be a torus or disk-like structure not larger than 5 kpc. Observations of the CO emission at higher spatial resolution would be useful to further constrain the size of the star-forming region in J1409+5628 and thereby its dynamical mass.

The submillimeter and radio properties of the z = 2.58 quasar J1409+5628, which are similar to those seen in other high-z optically luminous quasars, are consistent with a coeval starburst and AGN. However, the relative importance of the warm dust heated by the star formation and the dust directly heated by the AGN is still poorly constrained. Observations at higher frequencies are needed to analyze the rest-frame near- to mid-infrared spectral energy distribution of distant quasars like J1409+5628. Such observations will allow us to derive the total infrared luminosity of high-z quasars, to estimate the contribution of the hot dust heated by the AGN, to better constrain the star formation history in their associated host galaxies and, thereby, to investigate further the coeval growth of stars and massive black holes and its evolution over cosmic time.

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