A Key 6G Challenge and Opportunity—Connecting the Base of the Pyramid: A Survey on Rural Connectivity

This article provides a comprehensive survey of technologies that help address the challenging problem of connectivity in rural areas.

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ABSTRACT | Providing connectivity to around half of the world population living in rural or underprivileged areas is a tremendous challenge, but, at the same time, a unique opportunity. Access to the Internet would provide the population living in these areas a possibility to progress on the educational, health, environment, and business levels. In this article, a survey of technologies for providing connectivity to rural areas, which can help address this challenge, is provided. Although access/fronthaul and backhaul techniques are discussed in this article, it is noted that the major limitation for providing connectivity to rural and underprivileged areas is the cost of backhaul deployment. In addition, energy requirements and cost-efficiency of the studied technologies are analyzed. In fact, the challenges faced for deploying an electricity network, as a prerequisite for deploying communication networks, are huge in these areas, and they are granted an important share of the discussions in this article. Furthermore, typical application scenarios in rural areas are discussed, and several country-specific use cases are surveyed. The main initiatives by key international players aiming to provide rural connectivity are also described. Moreover, directions for the future evolution of rural connectivity are outlined in this article. Although there is no single solution that can solve all rural connectivity problems, building gradually on the current achievements in order to reach ubiquitous connectivity, while taking into account the particularities of each region and tailoring the solution accordingly, seems to be the most suitable path to follow.

KEYWORDS | 6G; backhaul; fronthaul; rural connectivity; satellite; wireless communications.

NOMENCLATURE

1G First-generation cellular.
2G Second-generation cellular.
3G Third-generation cellular.
4G Fourth-generation cellular.
5G Fifth-generation cellular.
6G Sixth-generation cellular.
3GPP Third Generation Partnership Project.
6LoWPAN IPv6 over low-power wireless personal area networks.
AANET Aeronautical ad hoc network.
ADSL Asymmetric digital subscriber line.
AP Access point.
AR Augmented reality.
ARPU Average revenue per user.
BAN Body area network.
BS Base station.
CAPEX Capital expenditures.
CDMA Code division multiple access.
CPE Customer premises equipment.
CR Cognitive radio.

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I. INTRODUCTION

By the end of 2018, there were around 3.9 billion unemployed people [1], out of 4.4 billion that were unemployed in 2014 [2], although the subject of providing connectivity to rural and remote areas has been on the agenda of the ITU long before that [3], and also on that of the World Bank [4] (in fact, the debate to cover rural areas...
was active in the late 19th century for telegraph and the early 20th century for telephone [5]). It was noted by McKinsey that 75% of the unconnected population that reside in 20 countries are mostly concentrated in rural areas and have low income and low literacy rates [2]. In fact, a model developed in [6] showed that Internet penetration depends on the income per capita and the country’s risk (a measure of political, security, economic, legal, tax, and operational risk rating). A study by the ITU has shown that in terms of absolute numbers, the majority of offline individuals reside in Asia-Pacific, whereas in terms of percentages, the highest numbers correspond to Africa. Furthermore, the study showed that 85% of the offline population live in the least developed countries, whereas 22% live in developed countries [7].

Indeed, Fig. 1 shows the Internet penetration rates in percent (%) of the population of each continent or world region. The results as of May 2019 are: North America (89.4%), Europe (86.8%), Oceania/Australia (68.4%), Latin America/Caribbean (67.5%), Middle East (67.2%), Asia (51.8%), and Africa (37.3%) [8]. Fig. 2 shows the progress of world Internet connectivity versus time.

The barriers to connectivity listed in [2] and [12] include: 1) affordability and low income; 2) incentives or relevance; and 3) user capabilities and illiteracy. In [2], a fourth important barrier, infrastructure, is also discussed. Indeed, the infrastructure investment needed to connect the next 1.5 billion is estimated at $450 billion [7]. These barriers outline the contrast between urban and rural scenarios, since in urban areas citizens generally have higher incomes and thus can better afford broadband connectivity. In addition, they are generally better educated and can benefit more from accessing the Internet to use the available content and services. Moreover, cities and urban areas have better infrastructure, whether for Internet and communication networks or for other basic infrastructure (e.g., transportation, electricity, and water) [2], [13].

Certain rural areas in developing countries lack infrastructure not only pertaining to communication, but also to facilities such as water, electricity, and transportation [14]. The difficulty of transportation networks can damage the electronic equipment transported to establish rural connectivity [15]. An algorithm for optimizing road layout and planning in rural areas is investigated in [16] and could possibly be expanded to plan the utility networks in conjunction with the transportation infrastructure. In addition, due to the various types of terrain that can be encountered in rural areas (mountains, jungle, desert, etc.), different propagation models apply.
in different scenarios when wireless communications are used [17]–[19], which further complicates wireless network planning.

Challenges faced in deploying telecommunication networks include: 1) the absence of a viable business case due to the sparse and poor population; 2) increased CAPEX, for example, due to the scarcity of buildings and the need to build towers to install the BSs, in addition to the high backhaul costs; 3) limited or no electricity supply, which increases OPEX due to the need for deploying diesel generators for BS sites, and supplying them with diesel over difficult transportation routes; and 4) difficulty of maintenance due to the limited supply of skilled personnel in rural areas [20], [21]. These factors lead to low ARPU, and a long ROI, thus heightening the barriers for building rural networks [22]. In certain cases, the barriers faced by some marginalized cases are also due to political, social, or cultural exclusion [23].

Nevertheless, ICTs are an essential tool to achieve the United Nation’s SDGs [24]. The SDGs include targets related to environment, health, education, gender equality, and eliminating poverty. Although the research focus has been on the technical aspects of ICTs, there is a lack of a holistic view that aims to achieve social good by overcoming the barriers to connectivity, increasing awareness, and helping all populations to achieve the SDGs [24]. Thus, providing connectivity to rural areas should not be seen only as a burden and a challenge but also as a great opportunity from a humanitarian perspective. Furthermore, it will also be an important opportunity from a business perspective once the technology becomes available and its adoption increases with user awareness. In fact, the theory of addressing the base of the pyramid (BoP) has been investigated from a business and economical perspective in different areas [25]–[27]. It is based on the idea that there are around 4–4.5 billion people who have an annual income less than $1500, as shown in Fig. 3. These people are mostly living in poor rural areas, and thus there is a large intersection between this group and the group of unconnected people. The scale of this market, although low income, will allow the generation of large profits even if the ARPU is low, due to a large number of users. Moreover, technology will serve as an enabler for this market to flourish in other areas, since it is valued at around $5 trillion, with the ICT market at the BoP expected to be around $206 billion [27].

A. Connectivity Definitions

The levels of connectivity vary between different areas. Some areas have some basic level of connectivity, whereas others can be completely disconnected. We define the following four levels of connectivity:

1) Not Connected: This scenario corresponds to people without Internet connectivity. This typically corresponds to remote rural areas with difficult access, thus leading to limited infrastructure in terms of road, power, transportation, and telecommunications.

2) Underconnected: This scenario corresponds to people with limited and/or intermittent connectivity. For example, they can have 2G voice and SMS services, along with possibly intermittent WiFi connectivity from a local network. This could be a local mesh connected to a gateway via a VSAT with limited speed, or a completely local network with partial connectivity to the Internet, for example, through delay-tolerant networking. The data rates achievable by this category can be considered to be below 256 kb/s, the ITU limit for defining broadband access [28], [29], with the occurrence of coverage gaps in certain areas where the population density is too low.

3) Connected: This scenario corresponds to people having GPRS or 3G connectivity [21]. They can access the Internet with medium download speeds. They can also have WiFi connectivity attached to a backhaul network with a reasonable speed at some gateway point. Typical ranges of achievable data rates for this category could be between 256 kb/s and 10 Mb/s, with a weak possibility of some coverage gaps in certain areas.

4) Hyperconnected: This scenario corresponds to people enjoying state-of-the-art connectivity, for example, at least 4G and possibly 5G cellular connectivity, and/or with high speed fixed DSL or FTTH or FTTN connectivity. These subscribers typically live in urban areas, and it is extremely difficult to find them in rural areas, due to the numerous barriers discussed previously. People in the hyperconnected category can be considered to have data rates above 10 Mb/s most of the time while being continuously connected.

This article surveys the literature aiming to provide basic connectivity to the unconnected population, or aiming to increase the connectivity level of those with basic connectivity (“underconnected”), or even those that are
considered to have reasonable connectivity (“connected”) in rural areas. In Section I-B, the position of these people with respect to the 5G connectivity use cases is discussed.

B. Connectivity Use Cases

5G defines three main use cases, representing the pillars of 5G and shown in Fig. 4 [30].

1) eMBB: This use case deals with the increasing load on cellular systems due to the explosion in rich media content, such as audio, video, and gaming. It should cope with the tremendous increase in demand for high data rates due to the use of real-time video streaming, social media, large downloads, etc.

2) mMTC: This use case is dedicated to accommodating a large number of sensing devices. A major challenge for 5G cellular systems is to handle the dense M2M traffic emanating from IoT devices. Many of these devices will access the network frequently and periodically to transmit relatively short amounts of data.

3) URLLC: This involves 5G mission critical services and the tactile Internet. Tactile Internet can be used, for example, to perform a remote surgery operation by a physician located hundreds of kilometers away using VR/AR techniques.

However, these use cases require the extensive deployment of infrastructure that can support the high rate of low latency communications, which is mostly available in urban areas [31]. A major challenge is to provide Internet connectivity to the unconnected population of the world, located mostly in rural areas of developing countries [2]. Thus, there is a need for a fourth pillar or use case, corresponding to “basic Internet connectivity” or “GAIA” [31], as shown in Fig. 5. This “affordable broadband” pillar is considered as the fourth pillar of 5G, leading
to an enhanced-5G or 6G standard. It is based mainly on: 1) using the unlicensed spectrum, including white space; 2) energy efficiency; and 3) using SDN and NFV to reduce infrastructure costs [32]. As shown in Fig. 5, the requirements of this fourth pillar do not exceed those of the other three pillars in terms of data rates, device density, or latency. However, the main requirement corresponds to ubiquitous geographical coverage leading to basic connectivity anywhere anytime, with the other 5G use cases providing advanced connectivity in hotspots, in the hope that their coverage growing to cover gradually the areas with little or no connectivity. This scenario corresponds to what we call in this article as the “Beyond 5G or 6G challenge,” aiming to connect the remaining unconnected population. In fact, providing connectivity for all and reaching digital inclusion is considered the “killer app” for 6G and its major differentiation from 5G [33]. Indeed, 6G is envisioned in [34] as “5G on steroids,” with increased integration of satellites into the network, extensive use of artificial intelligence (AI) in the network, more massive IoT, and support for more demanding applications such as VR/AR. Recent discussions of 6G have considered combining the requirements of eMBB and URLLC in a novel scenario named mobile broadband reliable low latency communication (MBRLLC), as a major enhancement over 5G [35]. Moreover, a distinguished 6G feature is extended reality (XR) services, which encompass augmented, mixed, and VR (AR/MR/VR). XR is expected to yield several 6G killer applications based on the AR/MR/VR innovations. In addition, URLLC applications are expected to be ubiquitous, and 6G is expected to support their operation under the massive URLLC (mURLLC) scenario. A comparison of the main 6G features compared to 5G is discussed in [35] and [36]. These features are expected to allow supporting advanced scenarios in 6G-like connected robotics and autonomous systems (CRAS), wireless brain-computer interactions (BCI), and blockchain and distributed ledger technologies (DLTs). 6G will also support human-centric services (HCS) benefiting from the convergence of communications, computing, control, localization, and sensing (3CLS) [35].

However, concerning rural areas with limited communications infrastructure, the key drivers for 6G deployment are the alignment of the UN SDGs with ubiquitous wireless connectivity, thus moving “From 5G Engineering to 6G Humanity,” as stated in [37]. To achieve this goal, key 6G research has focused on several technologies discussed later in this article, like nonterrestrial (e.g., satellite and UAV) platforms [38], [39], using frequencies in the mmWave and THz bands like FSO, which can actually be used for terrestrial and nonterrestrial communications.

C. Article Contributions

To the best of the authors’ knowledge, there are no detailed survey papers dedicated to the latest solutions for rural connectivity. There are, however, survey papers addressing fronthaul and backhaul solutions. The most relevant to this article are found in [40]–[42].

Tipmongkolsilp et al. [40] survey the technologies used for backhaul connectivity. Since [40] was published in 2011, a significant part of this article discusses circuit-switched networks, in addition to packet-switched backhaul. However, rural connectivity is not within the main scope of [40] and is only briefly tackled. In this article: 1) we focus more on connectivity for rural and remote areas; 2) we provide a discussion of more recent technologies such as 5G and beyond; 3) we present the latest advances related to backhauling with UAVs and balloons; and 4) we present the latest trends and breakthroughs in satellite connectivity.

In [41], 5G RAN fronthaul solutions are surveyed in order to meet the 5G performance requirements. In addition, Jaber et al. [42] discuss challenges for 5G backhaul connectivity in order to meet the stringent requirements of data rate and latency at the 5G RAN. Thus, Jaber et al. [42] focus mostly on UDNs and do not consider rural connectivity. In this article, we complement the work of Tipmongkolsilp et al. [40], Alimi et al. [41], and Jaber et al. [42] by focusing on providing connectivity for rural areas. In addition, although we discuss 5G as a possible solution, several other technologies are also analyzed and numerous case studies are presented.

Different papers in the literature use the terminology referring to fronthaul, backhaul, and midhaul in different ways. For example, consider a WiFi AP providing access inside a home is connected to a wireless mesh or TVWS network before reaching a site connected to a VSAT terminal or to a fiber PoP. Several papers would treat this scenario by considering WiFi as fronthaul and the mesh or TVWS network as backhaul. In this article, we consider the more general approach by considering that the satellite or fiber form the backhaul, whereas the multiphop or TVWS network is part of the fronthaul, in conjunction with the WiFi network used for direct access. Thus, we follow the following definitions [43] with illustrative examples shown in Fig. 6.

1) Backhaul is the connection to the core network or to the Internet, for example, through a macro-BS, a fiber PoP, or a VSAT satellite terminal.

2) Fronthaul is the connection between the AP and the SCBS or RRH. It can also denote the access connection between the UE and the AP or RRH, which is more commonly known as “Access.” Hence, in this article, the terms “Access” and “Fronthaul” are sometimes used interchangeably.

3) Sometimes, the connection between the RRH and macro-BS could take several hops. Midhaul is referred to the connection that feeds the next link between RRH and BS. In this article, it is mostly treated as part of the fronthaul section.

The main contributions of this article can be summarized as follows.
1) A detailed and thorough survey of the literature addressing rural connectivity.

2) A discussion of the various fronthaul/access and backhaul technologies used to provide rural connectivity.

3) An analysis of the various challenges faced in rural connectivity, including network cost, access to the electricity grid, user awareness, mobility, and spectrum issues.

4) Case studies of rural connectivity deployments in different countries in addition to efforts by international foundations and initiatives.

5) Analysis of future trends and lessons learned in order to reach global Internet connectivity for all.

The outline of this article is shown in Fig. 7. The remainder of this article is organized as follows: Section II motivates the discussion by describing the services that are...
provided by communication networks in rural areas and discusses the barriers that need to be overcome during initial deployment, like increasing user awareness, starting with low-cost simple technologies, and using local content. Section III surveys the technologies used for rural fronthaul connectivity. Then, Section IV surveys the technologies used for rural backhaul connectivity, whereas Section V analyzes their cost and CAPEX/OPEX tradeoffs. Afterward, Section VI summarizes the discussion on fronthaul and backhaul technologies and provides a comparison between the various technologies. Afterward, Section VII discusses the availability of power grid connectivity in rural areas, whereas Section VIII analyzes other relevant issues for rural connectivity like the spectrum issues, economical aspects, and IoT services. Section IX presents an overview of some case studies for providing connectivity to rural areas, grouped by country, in addition to a description of the main foundations or companies launching initiatives for ubiquitous connectivity and for providing Internet access to rural and underprivileged areas. Then, Section X discusses future trends and how to build on the efforts providing basic connectivity to rural areas in order to provide more advanced connectivity levels. Finally, Section XI concludes this article and summarizes the lessons learned.

II. SERVICE TO END USERS/APPLICATIONS

To increase Internet adoption in rural areas, users need to see the benefits provided for their daily lives, which will increase adoption, and eventually make the business case viable for operators. Relevance to rural users can be demonstrated through, for example, eEducation, eCommerce, and eGovernment [12]. Furthermore, users need to adopt the offered services, which will increase the demand and encourage operators to enhance the level of connectivity provided. This requires user awareness, simple accessible applications, and the provision of content that is of interest to the local community. Studies have shown that a 10% increase in broadband penetration (whether fixed or mobile) leads to an increase in the gross domestic product (GDP) between 1% and 2%, depending on the country [29], [44]. Mobile broadband suffers from saturation effects in developed countries, whereas the increase in GDP is higher in developing countries due to increasing mobile broadband penetration, since mobile broadband could be the only technology allowing Internet access [44]. Some studies also showed that broadband added 1.0%–1.4% to the growth rate of local employment, in addition to 0.5%–1.2% to the growth rate of the number of created businesses [44].

A. Description of Provided Services

Typical services needed in rural areas and that can be facilitated by telecommunications networks include eHealth, eCommerce, eGovernment, in addition to environment monitoring and farming [21], as shown in Fig. 8.

1) Health: In rural areas, patients lack quality healthcare. Telemedicine represents a suitable solution to address this problem [45]. Primary health centers can be overburdened with daily visits, whereas the referral to secondary and tertiary health centers does not use technology to accurately transfer patient information [46]. In [46] and [47], two different systems are proposed wherein a social worker helps patients in a rural area to communicate with doctors remotely using multimedia technology relying on wired broadband supported by wireless connectivity.
A simulation of the WiMAX physical layer was performed in [48], with the aim of supporting telemedicine applications in rural areas. In [49], ultrasound imaging was performed in rural areas by trained nonphysician personnel, and the results were transferred to a cloud system where the physicians could perform diagnosis in an urban hospital. The approach of Ferrer et al. [49] requires that the portable ultrasound device be connected to a WiFi router, which necessitates some form of basic Internet connectivity in the rural area to send the measurements to the cloud storage. In [50], image processing techniques were proposed for detecting eye diseases, where a technician can take a picture of the patient and the disease can be diagnosed remotely.

With the advent of the IoT, sensor measurements can be performed by BANs in rural areas; they are transmitted to smart mobile phones [51]–[53], for example, using Bluetooth low energy [51], where they can be stored and transmitted to the cloud whenever network connectivity is available, whether through WiFi, WiMAX, or cellular networks. Measured mHealth signals could include electroencephalography [52] and electrocardiography [53]. Cloud storage can allow remote diagnosis and patient monitoring [51], possibly with the help of a “health ontology,” as proposed in [54]. In [55], a movable booth, which can be transported by bicycle or motorcycle, is designed to monitor the health parameters of children under five years old in rural areas. Sensors located inside the booth, and connected to a single microcontroller, measure the vital signs, and the microcontroller transfers the data to the cloud for processing. In [56], the telemedicine process is extended to telepsychiatry, where the images captured by a mobile’s camera are processed, and the extracted features are transmitted to make a diagnosis about the individual’s wellbeing. The features are transmitted instead of the images in order to preserve the privacy of the patients.

Thus, in rural areas, connectivity for health services can help in telemedicine and remote diagnosis, tracking of disease and epidemic outbreaks, training health workers through eEducation, and increasing the population awareness about certain diseases and best practices to avoid them [21]. These constitute preliminary steps until the infrastructure allows supporting the revolutionary healthcare aspects promised by 5G, such as remote surgery with haptic feedback using URLLC and diagnostics using robots and machine learning [57].

2) Education: Education is also an important service to be provided to remote rural areas. In [47], remote education is provided to rural areas via multimedia-based virtual classes. In [58], a “flipped classroom” model was used in order to support the online education of the Ph.D. candidates while overcoming the limited connectivity in rural areas that hindered the implementation of a video conferencing-based online classroom setup. In [59], an interactive education system using satellite networks is tested for rural areas. Scenarios with direct satellite connectivity, or with a WiFi for local area connectivity after receiving the signal from the VSAT terminal, were both tested and shown to achieve acceptable packet loss rates. The Internet of educational things (IoET) is proposed in [60] for underprivileged rural areas. Students in the first grade are equipped with tablet computers. Due to the lack of reliable Internet connectivity, students can mainly use tablets for reading eBooks. To make the learning experience more attractive and introduce IoET, the approach of Pruet et al. [60] consists of using several sensors so that the students become acquainted with the environment.
Queue Telemetry Transport (MQTT) protocol is used for intermittent cellular coverage in rural areas when the Message Delivery system during grain harvesting, might suffer from intermittent coordination, such as crop transport activity, is required. LoRa is an example of a low-power wide-area networking protocol that can be used in such scenarios.

In [64], IoT sensors are proposed for farming applications in rural areas without Internet or cloud connectivity. LoRa is used to collect measurements from IoT sensors and relay them to the nearest 5G BS. The BS is provided with a renewable energy generator, complemented by a diesel generator. UAVs can be recharged at a recharge station located at the BS site before resuming their operation. The site also contains edge computing servers to process the farming-related measurements in the absence of cloud connectivity. Due to the variability of power availability, caused partially by the varying numbers of UAVs being recharged, the number of active servers can vary. Therefore, measurements from arriving drones are queued for processing, and a queuing model is proposed in [62] to capture the behavior of the system.

An IoT approach to detect leaf diseases in farming scenarios in rural areas was presented in [63]. In the approach of [63], several sensors (temperature, humidity, soil moisture, etc.) and a camera are attached to a Raspberry Pi device. Measurements are collected and transmitted to the cloud where they can be stored in a database and retrieved by the farmers through a web application to check the status of their plantations. The camera captures the figures of the leaf which are then transmitted and processed with suitable feature extraction techniques in order to detect whether disease is affecting the plants.

In [64], LoRa is used to collect measurements from IoT devices. The gateway collects the measurements of the devices using LoRa as a backhaul to forward the measurements to an LTE BS and then to the cloud through the LTE core network. The scenario mentioned in [64] applies to agribusiness where the gateway is a moving vehicle used in the agricultural process, for example, to collect cane.

In [65], it was noted that farming applications that require real-time coordination, such as crop transportation during grain harvesting, might suffer from intermittent cellular coverage in rural areas where the Message Queue Telemetry Transport (MQTT) protocol is used for transmitting IoT measurement data. MQTT is implemented on top of the TCP, which slows down performance due to its guaranteed delivery property, especially when the packet losses are due to the wireless channel conditions, not due to network congestion. Adopting a last-in-first-out transmission approach instead of a first-in-first-out approach [65] seems to be more convenient, since the latest update is the more relevant, which leads to a reduced delay in sharing the most up-to-date information.

4) Financial Services: The deployment of automated teller machines (ATMs) and the use of point of sale (POS) devices pose numerous challenges in rural areas. One of the most important challenges is the lack of reliable connectivity so that the transactions with the users’ cards can be performed in real time. In [66], a solution is proposed to this problem by using public key infrastructure (PKI). Private keys are stored in the card and the rural ATM, and the public keys issued by a trusted authority (e.g., Central Bank of a given country) can be exchanged between the two entities. This way, authentication, encryption (for confidentiality), and integrity can be performed locally without the need to have a connection. Enhanced security can be achieved by using a mobile phone along with the smart card according to the approach described in [66]. However, certain issues remain to be addressed, the most important one being the risk of overdrawing from a certain bank account (since the ATM does not have a permanent connection). A possible solution proposed in [66] is to store the account balance on the card and to allow trusted ATMs to modify it in the case of withdrawal. The information at the bank’s server will then be updated periodically (either when the connection is available with the ATM, or manually where an authorized bank employee collects data from ATMs using a memory stick).

The previous works have tried to customize the banking and payment transactions to rural areas, where it is assumed that network-intensive transactions such as blockchain are hard to implement. However, in [67], blockchain financial transactions are extended to rural areas under certain conditions. It is assumed that reliable connectivity is provided by local community BSs such as Nokia Kuha [68]–[70], but the connectivity between the BS and the Internet is intermittent. In that case, transactions can be made locally where the entities involved include users, miners, and proxy nodes. Incentives are provided to local miners, whereas proxy nodes can be colocated with one of the community BSs (one proxy per village). The proxy nodes complete the already performed local transactions when backhaul network connectivity is available. The feasibility of the proposed approach in [67] was demonstrated using a proof-of-concept testbed using Raspberry Pis and off-the-shelf computers.

5) eCommerce/Trade Services: In [71], a system for supporting self-help groups in rural areas was proposed. The objective is to support microentrepreneurs in rural areas to expand their businesses and support the local
economy. The system of [71] uses mVAS and IVR to allow transactions between rural stakeholders in order to support microentrepreneurs in rural areas and allow them to expand their business activities. The system is mobile-based since it assumes that the population lacks sufficient education and financial means to own computers and use web-based services. However, it caters to the creation of a web portal that can be expanded in the future as the users become more computer aware.

In [72], an ePayment method in rural areas was proposed using SMS. Under this approach, users have to register with the system. They can then top up their accounts by purchasing vouchers and sending the code via SMS or by transferring amounts to online systems like [73]. Afterward, they can use SMS for their payment transactions whenever they make any purchase, and they receive confirmation accordingly, also via SMS. The results of [72] have shown that the average response time with SMS is around 30–40 s.

In [74], a system for eProcurement was designed over low-end smartphones. It allowed small-scale retailers in a rural area to replenish their stocks without having to close their shops and move to the nearest urban center 70 km away. Furthermore, it allowed the providers to update the availability and pricing information of products online, and to schedule bulk delivery to specific delivery points closer to the retailers, where the payments can be made in cash upon delivery (the system does not support online payment since most of the people in that rural area do not have bank accounts and credit cards).

6) eGovernment: Before establishing eGovernment in rural areas, a bottom-up approach is proposed in [75], where the services related to health, agriculture, and education in rural areas should reach a certain benchmark level before embarking on an eGovernment project. Otherwise, the eGovernment project would not achieve the intended benefits as the rural area is not yet ready for its adoption, according to the approach of Mbale and Van Staden [75].

7) Other Services: In [76], kiosks are proposed to provide employment opportunities in rural areas in order to support the local economy. Job seekers can post their information at the kiosk, whereas employers post available opportunities. The same kiosks can be used for buying/selling purposes, where the sellers can advertise their products at the kiosks. Each kiosk has a server connected to the Internet.

Bus ticketing in rural areas was considered in [77]. Ticket vending stations in rural areas suffered from slow connectivity to central servers. Therefore, the approach of Butgereit et al. [77] was based on machine learning implemented on central servers and then publishing the resulting models on text files that can be downloaded by the Android-based ticketing stations at the start of each business day to help in predicting departures and destinations and thus speed up the ticketing process.

In [78], surveillance of long linear infrastructure, for example, pipelines, power grid, and railroads, involving long stretches of rural areas with limited connectivity is discussed. Typically, surveillance and monitoring activities are performed using UAVs, possibly grouped in flying ad hoc networks, with real-time video transmission sometimes required. Scenarios studied in [78] include: 1) cellular coverage; 2) the use of towers for line-of-sight communication with the UAV; and 3) the use of MIMO transmissions by having several connected antennas along the stretches of the monitored infrastructure. In general, the three methods are feasible since there is usually room alongside the monitored infrastructure to place the communication infrastructure. The approach of Sharma and Balamuralidhar [78] allows modeling the wireless coverage in the monitored rural area by using only a limited set of signal strength measurements and then interpolating the results to properly perform mission planning for the UAV trips. In [79], the scenario of UAVs used for monitoring with cellular connectivity using LTE was considered, and interference measurements were performed. To reduce interference from ground UEs or BSs, techniques like adaptive beamforming or coordinated multipoint were proposed. A more detailed analysis was performed in [80] for the same scenario, where beamforming and interference cancellation were proposed at the UAV side, along with intercell interference coordination at the BS side.

In [81], a crowd-sourcing approach is used to predict the signal strength of cellular networks in rural areas. It is based on using an application that collects location information along with signal strength data and then uses the collected samples to predict the coverage over the whole area. It can be used for assessing the coverage in order to implement services such as eHealth and eCommerce.

B. User Awareness

Many people in developing countries are not aware of the potential of the Internet in changing their daily lives, and some have even not heard of it [12]. The lack of digital literacy is indeed a barrier to Internet adoption [2]. Furthermore, if users do not know of the existence of a service, they cannot use it. A survey in [82] showed that 70% of surveyed institutions did not know of the existence of BharatNet, a project for providing connectivity to rural areas in India [83]. Rural communities must determine their needs, see a potential benefit in the technology, and acquire the skills needed to use it in order to meet those needs and achieve the intended benefits. Therefore, public education campaigns are needed in addition to deploying the necessary technology to provide rural connectivity [84]. For example, in [85], training was performed for teachers in rural areas in order to be able to use information and communication systems in their educational approach. In [86], an SMS-based gateway is developed in order to allow teachers, with limited or no Internet connectivity in rural areas, to communicate and exchange
experiences by accessing a chat room where their counterparts with Internet connectivity are interacting. In [87], a mentoring approach is proposed where engineers would train adequate groups in rural areas to use innovative technologies. In [88], a helpdesk was established to assist farmers, that are mostly poor and illiterate, in making the best decisions for their farming activities. They can call an assistant and provide their farmer ID, with the assistant having Internet access and connected to a central database containing the encountered problems and their solutions.

Even in developed countries, adequate training and awareness initiatives are performed when connectivity is provided to rural areas, for example, in [89] where connectivity is provided to clinics in rural areas and the medical personnel were trained to use electronic health records (EHR).

A “living lab approach,” where the users in the rural area take part in the innovative process, which should be user-centric and tailored to their needs, helps increasing technology adoption in rural areas [74]. Furthermore, using local languages in applications can accelerate deployment and break language barriers to technology adoption, since people would feel the technology more relevant to their needs, especially in poor rural areas where the population is under-educated [90].

Indeed, providing basic connectivity in rural areas, coupled with user awareness and basic adoption of the technology, will lead to the creation of local business opportunities, which in turn will lead to more adoption and increased demand. The higher demand will lead to more revenues for operators and will require more advanced deployments to cope with the demand, which will lead to gradually enhancing the connectivity as the business model will become gradually more sustainable and profitable. This “virtuous circle” is shown in Fig. 9.

C. Making Things Simple

In rural areas, in order to start building basic infrastructure, cheap off-the-shelf equipment can be used (although it should be robust to support the weather conditions specific to the rural area considered), in addition to open-source software whenever possible.

In [91], network management and monitoring platform were built from several open-source software programs, in order to allow a local wireless ISP to manage a network in a rural area in an affordable way. The open-source tools used in [91] allowed network monitoring, network management, intrusion detection, and firewall functionalities.

The common trend of reduction of antenna sizes in mobile handsets in order to achieve low form factors reduces their efficiency, which limits the performance of handsets, particularly in rural areas where the signal typically has to travel long distances. Therefore, in [92], tunable antennas are proposed to increase the efficiency. In [93], tin cans were used to increase the gain of CPE antennas used in rural areas. In [94], in order to allow people in low-income rural areas to afford smartphones, low-end smartphones are suggested as a solution. They provide functionality similar to smartphones but possess lower hardware specifications. In [74], an application designed for low-end smartphones was used to allow local retailers to perform eProcurement. In [95], GSM voice channels are used for data transmission. The data bits are modulated and transmitted knowing that the voice codec will affect the signal. The forward channel is used for transmission, and the reverse channel is used for feedback. This method aims to transmit low data rates (although higher than SMS rates), in rural areas where voice connectivity is available over GSM but no data connectivity is provided. Typical applications mentioned in [95] include micro-financing and POS transactions.

To provide connectivity for the elderly, poor, and digitally illiterate, the “basic Internet” initiative is defined [96], where Internet access can be provided free of charge when only static content (text and images) is requested, since this kind of traffic amounts to around 2%–3% of the bandwidth [97]. Those requesting dynamic content can do that for a fee. Internet neutrality is maintained since the filtering is done based on data type and not on content provider [97]. In addition, techniques for human–computer interaction (HCI) that are suitable for the elderly and illiterate are discussed in [97]. For example, simple authentication methods based on biometrics can be used, and voice instructions can accompany web navigation.
The GAIA initiative also aims to provide global Internet coverage [98].

If reaching every home in a rural area is not currently possible, providing hotspot areas with broadband connectivity can be considered a starting point. These could include the village school, for example, or a public library. For example, a discussion of providing public libraries with broadband access in rural areas of the United States is discussed in [99], as they can serve the unconnected rural community in the surroundings. This would allow the population to access eGovernment services although they do not have Internet access in their areas. An attempt for providing Internet access to libraries in some Latin American countries is described in [100], allowing consulting and downloading digital content, although at a very low speed. In [101], the GSM network is proposed as a backhaul solution for a WiFi or WiMAX traffic in rural areas where backhaul connectivity is not available. The operator would have to deploy a multiplexer at the GSM base transceiver station and another at the BS controller, in order to multiplex the voice and IP traffic. The data rates achieved would be very low but would be sufficient for email and basic browsing.

D. Using Local Content

Community networks, discussed in Section III-H, can be used to provide local content. Hence, they provide a first step toward providing broadband access to local rural communities, and after they succeed and prosper they can be connected to the other commercial networks.

In [102], VANETs with RSUs that are not necessarily connected to the Internet or a backbone network are proposed for rural areas. RSUs can exchange information between themselves through passing vehicles in a way similar to DTNs. RSUs can also act as sink nodes for WSNs sending relevant information to vehicles in an integrated WSN-VANET scenario [103]. Thus, in the approach of [102], local safety information on the rural roads and local content can be shared between vehicles and RSUs. As the penetration of smart vehicles and the deployment of backbone infrastructure to rural areas increase, this network can then evolve into a full-fledged VANET with fully connected RSUs. This approach is complemented in [104] by proposing the use of satellites to transmit downlink traffic to VANETs in rural areas without RSUs, until the number of RSU deployments increases. RSU placement can be optimized using the weighted approach of [105], where RSUs are placed first in locations with higher weights. It was shown in [105] that taking into account 3-D space in rural mountainous areas leads to more accurate results.

In [106], a wireless mesh network is used to provide access to a local intranet in a rural area in Bangladesh. A pilot was implemented where users are provided with tablets connected to the intranet, on which they can share local content and discuss local issues related to farming, weather, local environmental issues, etc.

In [107] and [108], a system is proposed to provide local connectivity for rural areas. It is based on having a local ISP, providing connectivity using a local network, based, for example, on WiFi. The ISP also handles billing, deploys servers containing local content, and provides an application hub to subscribers such that they can use applications relevant to their local context. This network can operate without Internet connectivity and can use Internet access whenever a suitable backhaul link is provided. For example, as described in [107], if connectivity is intermittent, popular Internet content can be downloaded to the local cache, where it can be used on the local network. In addition, if some requests to the Internet cannot be serviced, they can be placed in a DTN bundle and pushed to be routed through DTNs. Transportation networks can then carry the requests, or users that can regularly travel to areas with Internet connectivity can have their devices act as data mules. The approach of Thakur and Hota [107] suggests providing incentives to these users so that they perform this crowd-sourced DTN service. In [109], “Near Cloud” is proposed as a cloud-less platform in rural areas without Internet connectivity. It uses the presence of IoT devices to build a wireless mesh network, where local content can be exchanged, stored, and processed in a distributed way. Machine learning algorithms can be implemented, and the system acts as a cloud-like platform without the existence of an actual cloud connected to the Internet. Naturally, whenever a gateway connected to the Internet is attached to the system, Internet connectivity can be instantly provided. In addition, DTN-based Internet connectivity can be achieved using vehicles or drones [109].

III. TECHNOLOGIES FOR FRONTHAUL CONNECTIVITY

This section describes fronthaul technologies. Different types of rural regions require different solutions, as there is no single technology that can meet the requirements for any rural setup. In fact, adopting a given solution would depend on the population density, geographic/terrain characteristics, and distance to the nearest gateway/exchange point [110], among other parameters.

A. 5G Networks

The advanced performance features of 5G, namely very high data rates, ultralow latency, enhanced QoS and QoE, correspond mostly to an urban setup where a complex architecture is deployed and high-speed backhaul is available [111], [112]. Indeed, some of the main techniques used in 5G such as cell densification, mmWave frequencies, and massive MIMO are mainly concerned with increasing the data rate and less related to providing ubiquitous coverage [31].

Bringing 5G to rural areas and providing global access to the Internet for all [31] requires some additional modifications to meet the challenges inherent in rural areas. A network would typically start with reduced features
and gradually evolve with time in order to reach the 5G performance targets. For this reason, we mentioned in Section I-B that rural connectivity might be the fourth use case of 5G or possibly the combination of the four use cases could form the foundation of 6G. Thus, in this section, we present an overview of the literature attempting to extend 5G access to rural scenarios.

1) 5G Small Cells: In [113], 5G small cells are proposed to provide connectivity to small villages in rural areas. The backhaul is provided wirelessly via massive MIMO. Each SCBS provides coverage to the local village and uses a small cell backhaul radio based on MIMO to communicate with a central BS (CBS) equipped with massive MIMO in a nearby town. The CBS equipped with massive MIMO communicates with several SCBSs and is connected to the backbone network via fiber. The SCBSs can be powered by renewable energy sources to avoid the limited availability of electricity in certain rural areas [113]. In [114], a frugal 5G network is proposed for rural areas, where the access in villages is provided via WLAN, for example, WiFi, connected to the 5G fiber backbone via a middle mile network, that could be a multihop network (see Section III-D) reaching a macro-5G BS connected to the fiber PoP. The novelty in [114] is in making use of SDN and NFV to propose a fog-based architecture where network slicing can be performed closer to the network edge at the access part. Since a significant portion of the rural traffic is local, in addition to the fact that content of common interest to the rural population can be cached closer to the network edge, this solution can lead to faster service without routing unnecessary traffic to the network core.

2) Using UAVs With 5G: In [115] and [116], UAVs are used to provide access to rural areas, rather than being used for backhaul transport. Each UAV is assumed to be a moving 5G BS, covering a given area. It communicates with a fixed BS site for backhaul. The fixed BS sites are connected to each other and to the core network via fiber optic cables. In addition, the fixed BSs are powered by solar panels, and the UAVs are battery powered and can be recharged periodically at the BS sites. When a UAV is recharging, another UAV provides 5G access to its target area. Thus, the number of UAVs is twice the number of covered areas. This approach was used by Chiaraviglio et al [115] and Amorosi et al. [116] to be more cost-effective than deploying a network consisting solely of fixed ground BS sites. It was also shown to lead to economically feasible deployments with subscription fees of around 20 Euros/month in certain rural areas [117]. However, it was shown in [112] and [117] that the scenario of 5G large cells with very large coverage areas is more cost-effective than UAVs, pushing down the subscription fees to around 2 Euros/month. These large cells need to be accompanied by smaller cells to meet the capacity demand, similar to the scenario mentioned in [113]. In [118], UAV mission planning is performed, with the objective of ensuring coverage while minimizing energy consumption. UAVs stay at neighboring ground sites to recharge their batteries as in [115] and [116] and then move to target areas to provide 5G coverage. The energy minimization problem is solved using Genetic Algorithms, and results are shown to compare favorably to other works in the literature [118].

The UAV-based approach in [115] and [116] is investigated in [119] for scenarios with challenged networks, for example, in the case of a disaster area with many ground BSs destroyed. In that case, UAVs can act as RRHs connected to the remaining BSs. The UAV placement can be optimized to enhance coverage and increase the fifth percentile spectral efficiency [119].

3) mmWave: Channel models for mmWave have mainly been investigated for urban areas, with sufficient investigations for rural areas still lacking [5]. An attempt was made in [120], where it was shown that the 3GPP rural macrocell propagation model suffered from some flaws, and the authors proposed a more accurate model based on measurements performed in a rural area in Virginia.

As an example of a mmWave technology, Terragraph is a 60-GHz multihop multipoint wireless distribution network [121], [122]. It is part of the Facebook connectivity project [123]. It is based on WiGig standards IEEE 802.11ad and IEEE 802.11ay. It was initially proposed for urban areas with complicated wired infrastructure, for example, where it is hard to deploy fiber to each home/neighborhood. In this case, Terragraph provides fiber-like speeds by deploying devices on lamp posts, building rooftops, etc. It can provide access to users and/or relay their data in a multihop approach until reaching a fiber PoP [121]–[123]. However, it can be used in rural areas similar to the multihop techniques discussed in Section III-D for more traditional technologies like WiFi and WiMAX, especially in villages where a relatively large population exists in order to benefit from street infrastructure and rooftops to deploy the Terragraph nodes. Furthermore, although it can be connected to different types of backhaul, the high Terragraph speeds can best be reached with a fiber backhaul. Hence, it is mostly useful in areas where a fiber backbone is deployed up to a large rural town (e.g., parallel to railroad tracks or power lines), and then Terragraph can provide connectivity to rural villages in the area surrounding this town.

B. Free Space Optics

An extension to FSO in indoor scenarios consists of using visible light communications to transmit data. For example, LiFi uses communication through LEDs and photodiode receivers to provide high-speed Internet connectivity up to 10 Gb/s in indoor scenarios [124], [125]. With cheap off-the-shelf LEDs, speeds of 10 Mb/s can be reached [126], [127]. The LiFi LEDs can be connected to an AP or router providing backhaul connectivity, for example, to fiber optic cable.
However, to be able to reach these high data rates at the network access part in a rural setting, the backhaul needs to be able to support them. Thus, it is hard to implement the system in rural areas without fiber backhaul and impossible to implement in areas without electricity. However, in [126]–[128], it was mentioned that research is ongoing on solar panels so that they can be used to provide a backhaul for LiFi using light communications, in addition to their initial role in providing energy from solar radiation. Thus, they can provide both electricity to power the LEDs and a backhaul channel to carry the traffic of the high-speed fronthaul LiFi communications.

In [129], a joint fronthaul-backhaul design is proposed where terrestrial FSO links can be used to transmit the access traffic (e.g., from LiFi) in rural areas until reaching PON networks connected to the fiber backhaul.

C. Direct Satellite Access

Although satellites can be used to provide backhaul connectivity, they are also used to provide fronthaul access to rural areas where the population is sparse, such that the deployment of terrestrial backhaul is not justified, while at the same time the population in these areas can afford satellite access. For example, Internet access fees via satellite can range between $50 and $150 per month [130], which is acceptable for developed countries but is generally far beyond the reach of the population in rural areas of developing countries. A better solution in these countries would be for an MNO to provide local access at reduced (potentially state-subsidized) prices, and have its local access BSs connected to its core network via satellite backhaul. This corresponds to the scenario described in Section IV-E. In [131], it was proposed that the user ground equipment used to gain satellite access be provided by governments using subsidized funds. This allows providing coverage quickly to rural areas. In fact, it was suggested in [132] that if wired fiber and DSL deployments start from high density areas and move outwards, then satellite connectivity can provide access starting from the outside inward, until wired deployments catch up. Similarly, in [133] and [134], it was proposed that satellites provide direct cellular access to users in rural areas, whereas terrestrial cellular networks provide coverage to urban areas. Techniques for avoiding cochannel interference between the two systems, based on using adaptive beamforming at the satellites, were also proposed [133], [134]. In [135], challenges facing direct satellite access for 5G UEs were discussed. UEs within the coverage of the same spot beam might have varying delays to the satellite depending on their location, and hence timing advance should be properly implemented. However, the delays incurred in traditional techniques might necessitate the use of other measures, for example, relying on global navigation satellite system (GNSS)-based techniques, where the UE can perform timing advance based on its position with respect to the satellite. Another challenge is to handle Doppler effects for LEO satellites (they are considered negligible with GEO satellites). In addition, coverage issues are a challenge with LEO satellites, since even if beam pointing is performed to cover the same area as the satellites move, the UEs have to be handed over between beams and/or satellites every few seconds [135].

In addition to providing access for rural areas, satellites can provide access in disaster areas until wireless networks gradually become active again, in which case the satellite network can provide backhaul connectivity to isolated islands of WiFi, WiMAX, or cellular connectivity [136], [137]. A direct satellite control channel can be used to monitor the network activity, even if the satellite acts as backhaul for data traffic [136], [137].

D. WiFi/WiMAX/Multihop/Mesh Networks

In [138], in order to provide affordable access for rural areas, WiFi is proposed as a fronthaul last mile access solution, and WiMAX is proposed as a backhaul solution. The interoperability between the two networks is discussed and analyzed. In [139], WiMAX is proposed as an overlay network over 3G cellular network, and the 900-MHz band is proposed for 3G in order to expand the coverage in rural areas.

Multihop transmissions allow nodes providing access to rural villages to communicate with each other in a multihop fashion until reaching a gateway node that is connected to the Internet. This way, the multihop links provide a backhaul allowing Internet connectivity to extended to rural areas that were initially unconnected [140], [141]. Multihop and mesh network are mostly based on WiFi and/or WiMAX in the literature. Long-range WiFi, or WiLD, is considered attractive for rural areas from a cost perspective, since it relies on the unlicensed spectrum and on low-cost widely available WiFi equipment [142].

1) Long Distance WiFi: Long distance evaluation of IEEE 802.11g links was performed in [143] in a flat desert area. Basic connectivity was reached up to a distance of 9 km, but the transfer of larger files (larger than 10 MB) was possible only up to 7 km. Unlike pure rural areas, long distance IEEE 802.11g WiFi links implemented in a semi-urban area, where nodes in distant farms were connected to a central node in an urban area, were shown in [144] to be subjected to interference from other WiFi deployments in the surroundings. In rural areas, the density of deployments is significantly lower.

In [146], multihop long-range WiFi connectivity was used to provide access to a group of rural villages, located within a 10-km radius from a central village. The “long-range” was achieved by resorting to directive antennas that can extend the range of WiFi to make it suitable for rural coverage [145]. The WiFi stations at the center of each village are connected in a multihop fashion [145], [146]. The central village can be connected to the network via a VSAT terminal for example [146]. In [147], instead of resorting to multihop, the nodes in a WiFi mesh within the
range of each other perform collaborative transmission by transmitting simultaneously the same signal and adjusting the phase of their transmissions such that the signals add constructively at the destination. Thus, collaborating nodes form a sort of distributed antenna array which enhances the performance at the receiver. To reduce the deployment costs of a rural WiFi mesh network, the antenna tower heights need to be kept to the minimum required to obtain line-of-sight connectivity [148]. In [148], an algorithm is also provided to protect the survivability of the network, by having each node connected to at least two other nodes.

2) Resource Management in Mesh/Multihop Networks: A system for managing a WiFi mesh network in rural areas is proposed in [149], where users are authenticated by logging into a portal. In [150], an approach using mobile devices for extending the WiFi multihop connectivity to provide last-mile coverage in rural areas is proposed. Virtualization is used such that a mobile device can be split into two virtual devices: 1) a traditional mobile device using WiFi connectivity and 2) a virtual AP (VAP) providing connectivity to other mobile devices. A tree-based structure is adopted, with a traditional WiFi AP connected to the Internet positioned at the root of the tree. Then, devices connected to the AP download network autoconfiguration software (NAS) to allow them to act as VAP. The approach of Minh et al. [150] caters to practical challenges such as the selection of IP addresses, DNS resolution, and NAT. The method of [150] is not only applicable for range extension in rural areas, but also for providing connectivity in disaster scenarios. To perform a low cost deployment in rural areas, single channel single radio WiFi devices are typically deployed in a mesh network [151]. To avoid interference from potentially other deployments in single channel single radio IEEE 802.11s devices, a channel switching approach is implemented in Linux in [151], in order to allow the devices in a mesh network to dynamically switch their channel. Within the same single channel single radio long-distance WiFi multihop network, TDMA is generally used to avoid concurrent transmissions on neighboring links, thus avoiding interference [152], [153]. In [152], angular separation between links is considered in the TDMA allocation problem in order to increase the efficiency by allowing simultaneous transmission on the same time slot for links with sufficient angular separation, which is denoted as spatial TDMA (STDMA) in [153], where link scheduling algorithms for STDMA mesh networks are presented and analyzed. In [154], changes were made to the initial CSMA/CA protocol in order to outperform TDMA in IEEE 802.11m mesh networks in rural areas. The changes are implemented by software and do not need hardware upgrade. They consist of adapting the protocol to the special conditions of long-range transmission in rural areas with low deployments of interfering networks and mostly line-of-sight connectivity between communicating nodes. They can be summarized by: 1) using a coarse/fine grained approach for rate adaptation, by selecting the subset of MCSs suitable for a given RSSI in coarse-grained part, then performing probing for the MCS to be used only among those in the previously selected subset; 2) using efficient retransmission by adopting the most reliable MCS in the selected set if a frame is not received after one retransmission; 3) performing more frame aggregation; and 4) reducing the size of the contention window. The improvements due to TCP packet aggregation in wireless mesh networks were also demonstrated in [155].

3) WiBack System: A system based on WiFi mesh, named WiBACK and developed by Fraunhofer FOKUS, was used to provide connectivity to rural areas, (see [156]–[159]). It implements multiprotocol label switching (MPLS) in order to differentiate traffic and maintain the QoS of multimedia services. Its control plane implements the IEEE 802.21 standard. Details of its topology management function and capacity management function are presented in [160]. In [156], WiBACK was used to provide cellular connectivity to rural areas with limited or absent cellular coverage: Nanocell GSM BSs functionality is implemented at the access side of the WiBACK devices, such that the GSM traffic is terminated at the AP. The GSM voice traffic is then transformed into VoIP and carried along the web and video traffic over the WiBACK system, using SIP and RTP to reach the backhaul network, where an SIP gateway allows the interconnection with the GSM and PSTN networks. In [157], WiBACK was used to relay IEEE 802.11a traffic provided to a remote farm. In [158] and [159], “eKiosks” were deployed in a rural area, equipped with WiFi connectivity to provide hotspot Internet access to the local population, with WiBACK providing backhaul connectivity to reach a gateway connected to the Internet.

4) Routing in Mesh/Multihop Networks: In [161], a multihop WiMAX mesh network is considered for providing broadband connectivity to rural areas. An algorithm is proposed to build a routing tree between WiMAX BSs, with the tree rooted at the BS connected to the backhaul network (thus acting as a gateway). The performance of such a WiMAX system can be enhanced by using adaptive smart antennas for WiMAX [162]. In [141], the problem of joint routing and scheduling in a multihop network with directional antenna was formulated as a linear program, and a scheduling algorithm is proposed based on directed edge coloring in a multigraph. In [163], an energy-aware routing approach is presented for wireless mesh networks, such that the routing path selected is the one that maximizes network lifetime. The purpose is to perform efficient routing in rural areas where permanent energy availability is not guaranteed. Similarly, in [164], concepts to allow energy awareness while routing traffic in WiBACK networks were proposed. In [165], it was shown that routing algorithms taking into account the physical (PHY) and MAC layer parameters, such as the Hybrid Wireless Mesh Protocol (HWMP), outperform other algorithms like dynamic source routing (DSR) and optimized link state
routing (OLSR) in IEEE 802.11s mesh networks in rural areas.

In multihop networks where multiple gateways connected to the backhaul are available, the selection of the appropriate gateway, along with the path to that gateway, can be optimized, especially when the gateways have different capabilities. In [166], a gateway-aware routing approach is proposed for multihop networks in rural areas, and shown to achieve enhanced performance. The approach of Acharya et al. [166] finds the route from each node to the Internet, taking into account the capacity of each gateway, and the bottleneck capacity of the multihop path from the source node to that gateway.

In [141], [161]–[164], and [166], routing was optimized through APs or nodes that were installed in the rural area. However, the initial placement of these APs can be optimized depending on the characteristics of the rural area and the type of population agglomeration. Thus, optimizing the locations can complement the optimization of route selection. Indeed, in [167], the optimized placement of mesh APs (MAPs) in rural areas was studied. Several optimization algorithms (Hill Climbing, Virtual Force, Time-Efficient Local Search, and Random) were implemented for different rural settlement models (Dispersed, Linear, Nucleated, and Isolated), and the one leading to the best performance for each settlement type was selected. After deploying the MAPs, at least one gateway needs to be selected to provide connectivity to the Internet.

In certain rural areas, this is governed by the availability of backhaul infrastructure, for example, fiber optic cable reaching a certain village. In other scenarios, for example, where wired connectivity is absent and backhaul will be provided by a VSAT terminal, for example, the placement of the gateway can also be optimized. This was investigated in [168], where the same settlement models of [167] were used, and several gateway placement algorithms (Grid based, Incremental Clustering, Multihop Traffic-flow Weight, and Random) were compared.

E. Delay-Tolerant Networks

DTNs are suitable for scenarios with limited connectivity and no infrastructure to carry the communication data. Mobile vehicles (e.g., cars and buses) can collect the data from the source and carry it to the destination, which makes them a good candidate to provide connectivity to rural areas with no communication infrastructure [169]. In fact, relay nodes can also come into play, where the data of the rural users are stored in these aggregation/relay nodes, until a DTN vehicle passes and collects it in bulk. Pioneering work using buses as “data mules” to carry data in rural areas of developing countries was performed in [170]. Thus, when connectivity is absent or limited, DTNs can rely on “data mules,” consisting of vehicles like cars, trucks, and buses, in order to carry the data from remote rural areas to urban centers or larger population agglomerations where connectivity to the Internet core network is provided [169], [170].

1) Routing in DTNs: Two well-known routing protocols, ad hoc on-demand distance vector (AODV) and optimal relay path (ORP) were compared in [171] for a DTN scenario. AODV worked better with multihop communication between mules, when the number of data mules increases. ORP performed better in the opposite case, since it was initially conceived to relay data between disconnected MANETs. Mkhwanazi et al. [171] proposed a new algorithm that considers an adaptive approach between AODV and ORP to dynamically optimize performance, depending on the situation. These results were further validated by the work in [172], where a detailed simulation comparing different algorithms was performed. It was found that each routing algorithm performs best under certain conditions, which outlines the need for an environment-aware dynamic routing approach.

To be able to efficiently deliver data under intermittent connectivity, a new layer for DTN, the bundle layer, is inserted in the protocol stack above the transport layer and below the application layer [173]. A modification to the traditional TCP/IP networking architecture is proposed in [169] to suite vehicular DTNs, where: 1) the bundle layer was added above the MAC and below the networking layer (instead of being above the transport layer as in [173]), to aggregate and deaggregate traffic faster in a DTN setup instead of using small IP packets and 2) the data and control plane are separated. In [174], multihop transmissions in vehicular DTNs were investigated. An efficient approach to transmit the data to other vehicles going in the same direction to speed up delivery is proposed. However, such an approach might not always be applicable in rural areas, due to the state of the transportation networks and the potentially limited number of vehicles that can carry the traffic at a given time. For these reasons, the buffers might become full before successful delivery. Therefore, a buffer management approach is proposed in [175], where data bundles are allocated a TTL. When the buffer becomes full, those with the least TTL are deleted to make room for newer data. This avoids having older data that are occupying resources for too long from preventing the delivery of newer data. In [176], the impact of packet lifetime is studied in vehicular DTNs, where it can be adapted to enhance performance based on vehicle speed, vehicle density, and QoS requirements. DTNs can be extended to a scenario with D2D communications, where the user devices relay the traffic in a multihop fashion. However, in a rural area, the density per square kilometer is much less than that in an urban scenario. In [177], it was shown that multihop communications are feasible via D2D, with a density of at least 12 devices per square km sufficient to successfully transmit the data if the communication range between devices is 300 m. Indeed, dissemination of information of common interest (IoCI) was investigated in [178] by considering opportunistic social networks in an integrated operation with cellular networks. Users share information with other users in their social network thus extending the reachability of cellular BSs. It was shown...
in [178] that the delivery ratio of IoCI before it expires exceeds 90% when opportunistic networks of more than 20 devices are assisting in the information dissemination.

2) Data Transfer and Security Over DTNs: A testbed showing the transfer of news information and email over DTNs is described in [179]. In [180], WSNs, and DTNs are used jointly for carrying environmental sensor measurements from rural areas through public transport buses. The DTN is also used to carry health data from the remote health posts in rural villages to the city hospital. In [181], an incentive-based DTN approach was presented, in order to avoid having selfish nodes preventing the delivery of other nodes data. The approach of Barua et al. [181] also incorporates security and privacy measures, since the purpose is to transmit the mHealth data of patients in a rural area to a health center in the city, using a vehicular DTNs from the vehicles in the rural area, those heading from the rural area to the city, and those in the city. The approach of Barua et al. [181] protects the privacy of the patients and allows them to measure the behavior of relay nodes through a reputation metric maintained by a trusted authority. In [182], anonymity and security in DTNs are maintained by resorting to identity-based cryptography (IBC). Two entities, each knowing its own private key and the identity of the other entity, can independently compute a shared secret key for their communication. However, this approach requires the existence of a trusted entity called the public key generator (PKG). When entities are not under the same PKG, other methods are proposed in [182], including hierarchical IBC. Some limitations of IBC were outlined in [183], for example, the distribution of PKG parameters and revocation issues with intermittent connectivity in DTNs. Instead, Defrawy et al. [183] proposed an approach based on social contacts within a given region, where each source knows one or affiliated entities (AEs) of the destination. The public keys of AEs are assumed known, or an exchange of a symmetric key with the source is assumed to be performed. For interregional communications, the gateways connected to the Internet can handle more traditional cryptographic techniques. Other security measures leading to pseudonymity, based mainly on grouping the nodes into groups to confuse attackers, are presented in [184] and [185]. Another approach for securing mHealth data transmitted over DTNs is discussed in [186]. It is based on symmetric key encryption, while splitting the data of a given patient over multiple parts, each sent over a different data mule and encrypted with a different key. A secure key exchange procedure is also described in [186].

F Power Line Communications (PLC)

In [187] and [188], broadband communications over power lines are proposed as a solution for providing connectivity to rural areas. It is argued that electric utility companies cannot compete in areas where DSL or fiber broadband networks are deployed. However, in rural areas, they might have a niche area to provide network connectivity. This is particularly true for rural areas having access to the electricity grid, but not yet to broadband communication networks. Using PLC for broadband connectivity also allows utility companies to easily deploy smart meters and move into the smart grids era in rural areas [187]. Potential markets for PLC include Brazil [187] and South Asia [188]. PLC can be used for backbone network using the medium voltage (MV) lines, for fronthaul last mile access using low voltage (LV) lines, and for in-building or in-house wiring [188]. Hybrid models, where, for example, a fiber backbone is connected to a PLC IV fronthaul, or where a PLC HV backhaul is connected to a wireless fronthaul, are also possible [188].

G. TV White Space (TVWS)/CR

Spectrum measurements have shown large availability of TV White Space spectrum, especially in rural areas (see [189] and [190]).

1) IEEE 802.22 and IEEE 802.11af: The IEEE 802.22 WRAN standard based on CR technology to transmit on underutilized TVWS is investigated in several references as a solution to the rural connectivity problem [189]–[197]. It uses the unlicensed spectrum and provides a wide coverage area, typically 30-km radius that can be extended to 100 km [194], [198]. The IEEE 802.11af standard, known as Super WiFi, is also used for providing access using TVWS frequencies. It uses OFDMA at both the BS and the client devices, whereas IEEE 802.22 uses OFDMA [189]. However, IEEE 802.22 covers significantly larger areas whereas IEEE 802.11af deals with much shorter ranges, comparable to those of traditional WiFi (IEEE 802.11a/b/g). Thus, the two standards can be used in a complementary fashion: IEEE 802.22 BSs can be used in rural areas instead of local 802.22 CPE, thus providing a sort of “mid-haul” connectivity with the backbone network connected to the TVWS database, and these BSs can be connected (whether in a wired or wireless way) to 802.11af Super WiFi APs providing short range access to user devices [199]. This way, optimized placement of 802.22 CPEs can be performed in order to maximize capacity as in [199], an optimization that cannot be done directly on mobile user devices. In [200], Super WiFi is compared to long-range WiFi, which relies on traditional WiFi (IEEE 802.11a/b/g) with directional antennas and increased power. Although long-range WiFi is cheaper, Super WiFi propagates for longer distances and penetrates through walls better, since it uses lower frequencies (300–700 MHz) compared to long range and traditional WiFi (2.4 and 5 GHz). In [200], both standards IEEE 802.22 and IEEE 802.11af are discussed under Super WiFi, while noting that the first covers significantly longer distances. In [201], a comparison was made between TVWS and LTE in suburban and rural scenarios, and the results showed a significantly higher energy efficiency for TVWS.
2) Planning and Deployment of TVWS Networks: In [202], a tool that can be used to plan networks with cognitive protocols and dynamic frequency selection is proposed. It caters to CR networking and uses simulated annealing to optimize performance. A throughput maximization tool using Hill Climbing is proposed in [203] for TVWS mesh networks relaying traffic from rural areas to the neighboring fiber PoPs. The output optimizes route assignment, power allocation, and frequency reuse.

In [204], measurements showed that the use of white spaces in rural areas can significantly reduce the number of required WiFi APs (up to 1650%) in rural areas where the population density is below 20 people per square km), compared to a WiFi only deployment scenario. In urban areas, the benefit of larger coverage areas achieved by TVWS frequencies is outweighed by the need for denser deployments to meet the QoS requirements of the dense population. Furthermore, it was shown in [205] and [206] that additional TVWS APs in urban areas will suffer from increased interference, and have less available TV spectrum, unlike the situation in rural areas where TVWS deployments are more favorable. The use of directional antennas was shown in [206] to significantly reduce the interference problem.

In [207], a TDMA mesh network exploiting TVWS was implemented. Due to using lower frequencies, larger coverage was achieved compared to a WiFi mesh network based on the 2.4-GHz spectrum. The mesh nodes were built from commodity hardware in [207], with a node costing $330. In [208], a novel approach is proposed for rural broadband access using TVWS: In every village, CPEs form collaborative clusters using slotted Aloha communications. In the uplink, the CPEs of each cluster implement distributed beamforming to send the same signal to the BS, such that the received signals add up constructively at the BS. The BS communicates with clusters from several rural villages. In the downlink, the BS communicates with each CPE individually. Each CPE is connected to a WiFi AP that provides access inside users' homes, whereas the BS is connected to the Internet via appropriate backhaul connectivity. The CPEs make use of the TV antennas deployed on top of rooftops in order to perform efficient transmission at low cost. In fact, the feasibility of multiuser MIMO (MU-MIMO) in rural areas was demonstrated in [209]–[213], whereas [212] and [213] a model using OFDM over TVWS, and that accurately predicts performance, was proposed (except for closely positioned users, where the model underestimates the actual performance). Another approach is described in [214], where WiFi APs and/or 5G mmWave small cells are used inside villages/homes, and a village connectivity point is connected via TVWS to a macro-UHF BS that connects the villages together and has access to a gateway with fiber backhaul connectivity.

Finally, it should be noted that although all the references described in this section discuss TVWS, thus benefiting from the unused spectrum or the freed spectrum due to the transition to digital television, there have been some attempts in the literature proposing the combination of Internet traffic with digital video broadcasting (DVB) data in order to provide connectivity for rural areas, (e.g., [215]–[217]). In addition, the presence of interactivity with digital TV was used in [218] to provide better accessibility to information for disabled people, who are present in higher proportions in poor and rural areas.

H. Community Networks

Community networks consist of deploying a local network to provide connectivity in a given rural area or village. In [219], a local cellular deployment was proposed by using plug-and-play BSs for access, TVWS for backhaul, and by resorting to a virtualized core using cloud infrastructure. The objective is to provide local broadband access without relying on an MNO, to which the business case might not be profitable. Other works have also considered similar scenarios, for example [220]–[222], while focusing on cellular connectivity rather than broadband Internet access. This is justified since some works have shown that around 70% of calls in rural areas take place within the vicinity of the same BS, that is, most rural users call other users in relatively close proximity [223]. In [224], the village BS is proposed in order to provide local GSM connectivity in rural areas while being off-grid and off-network. It can also provide local data services in a DTN fashion. In [225], community cellular networks based on GSM were proposed while avoiding the licensed spectrum costs by using GSM white spaces similar to TVWS. The approach of [225] works without modification to handsets. The community BSs receive measurement reports from handsets, thus allowing them to determine the available channels. Given the low density in rural areas, they can operate as secondary users (SUs) over the primary licensed GSM spectrum, even without the collaboration of the primary operator. A related but different concept is adopted in [226], where the “HybridCell” system is presented. In this system, a local community cellular network is established. Whenever the commercial cellular network is congested or its signal quality degrades, the mobile phone switches automatically to the local community network. Whenever both parties (the caller and the callee) are on the same network (either local or commercial), the call proceeds normally. When each is on a different network, the call will be routed to voice mail and/or an SMS is queued for delivery to the callee to notify him/her of the call. The approach of Schmitt et al. [226] is tested in a crowded refugee camp where commercial networks are congested. However, it can also be implemented in a rural scenario where connectivity is intermittent. In [227], the large idle periods in rural areas due to low traffic density are exploited to reduce the power consumption of GSM BSs, thus reducing the operational costs in community networks.

1) Connection to Commercial Networks: These local community networks provide affordable access. However,
IV. TECHNOLOGIES FOR BACKHAUL CONNECTIVITY

In this section, we present an overview of the main backhaul technologies used for providing connectivity to rural areas.

A. Fiber Optics

This solution consists of laying fiber optic cables throughout the long backhaul distance. Although in some situations it is not feasible (or extremely costly) due to the geographical/terrain considerations (e.g., mountains and lakes), it remains a possible solution in other scenarios (e.g., plains and desert areas). The main limitation is the cost of civil works, which are generally much more expensive than the cable cost. Although the installation costs can reach $200 per meter in dense urban areas [232], they go down to $30 per meter in rural areas, as noted in [233]. This clearly plays in favor of fiber deployment when severe geographical constraints do not exist.

To minimize the deployed fiber lengths in rural areas, an optimization approach for point to multipoint communications in GPON networks is proposed in [234]. The approach finds the minimum spanning tree connecting the CPE (or the optical equipment that are closest to the customers) to the equipment at the nearest central office while using a weighted approach taking into account the nature of the terrain and soil composition in the optimization, as these are important factors for fiber deployment in rural areas [234]. In [235], to avoid having under-utilized trees in rural PON networks, a chain of amplifier nodes is used. In both rural and urban cases, the access PON network is connected to a DWDM backbone ring in the approach of Talli et al. [235]. Although PON networks were initially devised for access/fronthaul networks, they are proposed in [236] as a backhaul solution for 4G/5G wireless networks in rural areas, and a cost analysis is performed for connecting Greek islands with backhaul PON-based optical rings.

In [237], RoF is considered to provide backhaul connectivity in urban areas. The objective is to minimize the cost of fiber deployment. First, neighboring villages are clustered, and the Voronoi tessellation is implemented. Then, the positions of the BSs in each area are determined by starting from a certain position, implementing a technique solving the Traveling Salesman Problem to minimize the length of the fiber that needs to be deployed between BSs, and then varying the BS positions using Genetic Algorithm. The process is repeated until a suitable placement and its corresponding minimum length fiber deployment are achieved [237].

When fiber deployment is too expensive, especially when there is no adequate transportation infrastructure (e.g., fiber can be deployed along railroad or power lines [234]), wireless solutions are more adequate [14], as investigated in Sections IV-B and IV-C.

B. Microwave

This solution consists of placing RF equipment on towers, such that the backhaul transmissions occur over licensed frequencies. In urban areas, the microwave equipment can be placed on poles or the rooftops of existing buildings. In this case, the pole leasing costs should be taken into account in OPEX calculations [232]. However, in long backhaul stretches traversing nonpopulated areas in order to reach remote rural agglomerations, appropriate towers need to be built. The tower costs should be included in CAPEX and are estimated at around $50,000/tower [233], [238]. Since microwave frequencies are licensed, appropriate fees should be regularly paid. Instead of considering spectrum costs per capita as in [232], which
is more suitable for urban areas, a cost per link seems more appropriate for low-density rural areas in line with the cost presented in [239], since the investigated rural scenario corresponds to a sparsely populated area. In Section V, we investigate the costs for different microwave separation distances between towers: 3, 5, and 10 km. This reflects different deployment conditions depending on geographical and weather constraints. It should be noted that, in practical scenarios, in order to increase cost efficiency and adopt a sustainable business model, a wholesale provider can build towers covering a rural area of interest, and multiple MNOs could use these towers to route their traffic. Each network operator would then share his profits with the wholesale provider [240].

C. Free Space Optics (FSO)

FSO can be used either in terrestrial deployments, by placing FSO equipment over transmission towers as in the case of microwave links, or in “vertical” deployments, where FSO is used for communications between HAPs, UAVs, balloons, satellites, and/or between these entities and GSs.

1) Terrestrial FSO: This solution assumes the deployment of FSO towers to ensure backhaul connectivity. We assume tower costs similar to those of microwave towers. This solution does not involve spectrum licenses since it is based on light transmission. However, it is sensitive to certain weather conditions, such as fog, and to alignment errors [241], [242]. Therefore, in Section V, we investigate different separation between terrestrial FSO towers within the ranges discussed in [242]: 0.5, 3, and 5 km.

In [243], the concept of RoF, where RF signals are modulated over optical carriers, is extended to FSO systems to build a radio over FSO (RoFSO) system. Signals over a fiber backbone are transferred to FSO in order to reach rural or hard to reach areas where fiber optic cables are not available. The system designed in [243] was tested and achieved almost error-free transmission in good weather conditions but was sensitive to rainfall and to scintillation effects.

2) Vertical FSO: In situations where the erection of towers is not practical, FSO backhaul communications can be performed using HAPs such as drones or UAVs. Since these devices hover at a higher altitude, they are less sensitive to weather conditions (e.g., they fly above the fog), they can be separated by longer distances than terrestrial FSO, for example, distances of 5, 10, and 20 km can be considered between two flying platforms. However, they cost around $50,000 per platform, and their operational costs are estimated to $859 per flying hour [232]. Nevertheless, when such devices can be fully solar-powered, their operational costs can be significantly reduced. In the cost analysis of Section V, we assume a maintenance cost comparable to that of microwave links (considered to be $375 per year in [232]) and add an increase of 33% to account for the additional complexity of the equipment, such that the total becomes $500 per year. FSO links for satellite communication have also received attention in the literature. In [244], optical feeder links based on DWDM FSO were proposed for very HTS systems. The objective is to increase the throughput between GSs and GEO satellites, which would significantly reduce the number of needed stations with traditional Ku- or Ka-bands. A 15-year roadmap for the development of the proposed system is presented in [244]. In [245], the performance of such a system is analyzed in the presence of atmospheric turbulence, and enhancements were obtained by using a zero-forcing precoder proposed in [245]. The communication between satellites and users was considered in [245] using Ka-band RF multibeam.

Regarding the use of FSO for satellite communications, it should be noted that most satellite networks use RF/mmWave frequencies (C/Ku/Ka) for communication between satellites and GSs. These same frequencies can be used for intersatellite communication. However, FSO use is becoming increasingly popular for intersatellite communication in space, due to providing high bandwidth, having high directivity, and requiring less power and mass for the transceivers [246]. It can be (and is sometimes) used for satellite-GS communication but faces significant challenges compared to its use for satellite–satellite communications [246], [247]. Challenges for using FSO for satellite-to-ground communications include [246]:

1) absorption and scattering loss (by the gas molecules and aerosol particles present in the atmosphere);
2) attenuation due mostly to fog but also rain and snow;
3) atmospheric turbulence due to the variation of the temperature and pressure along the propagation path in the atmosphere;
4) beam divergence loss due to diffraction close to the receiver's aperture;
5) background noise from the sun or from diffracted light collected by the receiver;
6) cloud blockage.

Shrestha et al. [247] indicate that these challenges cannot allow a guaranteed data rate between satellites and GSs using FSO, but operation is still possible by adaptively varying the achievable data rate. The challenges in intersatellite FSO communications are mainly due to the relative movement of the satellites, leading to Doppler shift, and to satellite vibration and tracking [246]. These challenges also partially exist in satellite-to-ground communications. Hence, the challenges for FSO in space are less critical, and indeed significantly better performance can be achieved, especially due to the fact that the optical signal is not traversing the atmosphere. In 2008, an optical intersatellite link achieved a data rate transmission of 5.6 Gb/s for distances up to 5000 km in the European Data Relay satellite System (EDRS). Newer terminals can transmit at a data rate of 1.8 Gb/s for distances up to 45 000 km. The intersatellite Ka-band link achieved 300 Mb/s [248]. In EDRS, LEO satellites relay the data
from GSs to GEO satellites using FSO for the GEO-LEO satellite communication, and RF bands for communication with the GSs (similar to the satellite–satellite Ka link, the satellite-ground Ka-link achieved 300 Mb/s [248]. Some of the recent satellite constellations discussed in Section IV-E, for example, Starlink, are also expected to use FSO for its intersatellite communication [249]–[251].

D. HAPs/Drones/UAVs/Balloons

To solve the coverage problem in large rural areas without relying on the deployment of costly wired infrastructure for backhaul, HAPs and UAVs are generally recommended [252].

UAVs are proposed in [253] to provide backhaul connectivity for ground 5G BSs. A steering algorithm to allow the antennas of the UAV and the ground BS to be dynamically steered toward each other is proposed in [253], and tested via an experimental setup. In [254], a multihop network of HAPs is proposed for providing backhaul connectivity to TVWS deployments in rural areas. The HAPs communicate with each other using mmWave frequencies, and with the GSs using FSO.

An interference alignment scheme to maximize the sum-rate capacity of HAPs communicating with GSs is proposed in [255]. The scheme assumes M HAP drones and N GSs, with no CSI at the HAPs. A tethered balloon with \((M-1) \times (N-1)\) antennas is used as a decode and forward (DF) relay with half-duplex operation: The HAPs transmit their data to the GSs first, then the tethered balloon relays the data after performing precoding [255].

Aerostats filled with lighter than air gas are tethered to the ground and used to provide connectivity to rural areas in [256]. Although these tethered aerostats can be used to provide backhaul connectivity by communicating with each other using directive antennas, they were also used in [256] to provide fronthaul WiFi access by using high gain omnidirectional antennas. The performance of a balloon tethered at 200-m altitude and providing WiMAX connectivity was evaluated in [257] via simulations and shown to perform effectively in terms of delay, throughput, and traffic load.

Balloons can currently provide cellular connectivity to rural areas [258], and are planned to provide backhaul connectivity to 5G networks [259]. Multiple balloons communicate in a multihop fashion using mmWave frequencies, before reaching a GS. For example, seven balloons were able to relay a signal over a distance of 1000 km [258]. Furthermore, significant progress has been made in controlling their navigation paths, and they can stay longer above a target area. For example, balloons launched from Australia were used to cover areas in New Zealand or Argentina [258].

Recently, satellites are being considered for providing 5G connectivity, with plans to reduce latency and use virtualized network functions [261]. They can also provide a parallel backhaul link for optimizing resources whenever a terrestrial backhaul is available [262]. Indeed, an SDN-based approach is proposed in [263], where satellite and terrestrial backhaul are integrated in 5G networks. Traffic can be routed dynamically on either the satellite or terrestrial backhaul, or split over both, depending on QoS requirements and traffic engineering policies [263].

Satellite communications are expected to provide backhaul connectivity for the IoT [264], [265], where, for example, sensors in a remote agricultural area or those used to monitor the environment in the Amazonian jungle can benefit from even low bandwidth small satellites (SmallSats) that collect the data periodically [264].

Satellites can operate at [265]:

1) geostationary orbit (GEO) at an altitude of around 36 000 km, where the satellite remains pointed toward the same location on Earth;
2) medium earth orbit (MEO), where the satellite operates at altitudes between 2000 and 35 000 km;
3) low earth orbit (LEO), where the satellite operates at altitudes between 160 and 2000 km.

GEO satellites can be used with cheap UE at the GSs, since the satellite is at a fixed location with respect to the ground. LEO and MEO satellites have the advantage of lower latency due to lower altitude but require more complex antennas at the satellite and more importantly at GSs in order to track the satellite in orbit [265]. Some satellites use elliptical orbits, for example, the Molniya constellation consisting of five satellites, in order to solve this problem since they need 1-D scanning instead of 2-D antenna scanning by GS antennas [265].

Satellite communications are overcoming the traditional challenges that prevented them previously from being a competitive backhaul solution. Indeed, there are several reasons that allow the satellite to compete for backhaul connectivity. Mainly, the satellite operator can act as a service provider for the MNO [266], and thus the satellite launch and management costs do not affect the MNO directly, as long as the costs of bandwidth leasing and/or of SLA between MNO and satellite operator allow satellite to compete with other backhaul technologies [266]. Therefore, the following advancements led to addressing most of the challenges traditionally faced by satellite connectivity and especially the use of satellite for backhaul.

1) Increase in capacity and decrease in cost per Mb/s: The main driver for the decreased cost per Mb/s over satellite links is the increasing use of HTSs [267]. HTS can achieve 20 times more throughput than the traditional fixed satellite service [268], [269]. They allow for narrower beams, with frequency reuse across multiple beams, thus reusing multiple spot beams to cover a service area, as opposed to
the traditional wide beam approach [268]. Furthermore, they are launched in GEO, LEO, and MEO orbits [269]. This increase in capacity and the abundance of offered HTS bandwidth led to a decrease in costs per Mb/s [267], [270]. The price decrease has followed an exponential trend in the last few years, and it is expected to continue, albeit with an almost linear slope, in the coming years [271].

2) **Decrease in delay:** Latency in satellite links has always been a problem that cannot be overcome due to the distance traveled by the signal. However, latency is being reduced through innovative techniques in other parts of the protocol stack, since not much can be made about the signal travel time. For example, TCP acceleration is used to decrease latency [270], [271]. In addition, the increased use of LEO and MEO satellites can partially reduce the delay problem, since they operate at lower altitudes than GEO satellites. Furthermore, another method that can reduce delay is the operation of satellite backhaul networks at Layer 2, since traditionally satellite communications are operated at Layer 3 of the protocol stack. This Layer 2 operation not only reduces latency but also makes integration of satellite backhaul with the traditional MNO backhaul easier [271].

3) **Decrease in complexity:** MNOs do not have to worry about the management of their satellite backhaul connectivity, since there are several flexible business models that govern their relationship with the satellite operator. In fact, the satellite operator can offer a leasing agreement to MNO, or they can sign an SLA where the MNO sets the KPIs and target values, whereas the satellite operator ensures that the required targets are met [266], [271].

In addition, flexible business models allow MNOs to use satellite backhaul as a black box and focus on running their network and managing their business. The following business models were described in [266, p. 6].

1) “Directly contracting with satellite operators for raw capacity. In this case, the MNO leases satellite capacity, buys a hub, and runs its own satellite network.
2) Directly contracting with satellite operators for an end-to-end managed service solution (“one stop shopping”). In this case, the satellite operator provides and manages the ground equipment, bandwidth, and support, based on an SLA.
3) Entering into a service agreement with a service provider or who provides end-to-end connectivity solutions and operates the satellite network.”

Next, we provide an overview of HTS satellite networks aiming to provide global connectivity, in addition to CubeSat networks that are gaining increasing popularity, although their current role in providing ubiquitous coverage seems to be limited.

1) **HTS LEO Satellite Networks in Space:** In this section, we describe some of the new satellite networks that are launching large numbers of small satellites in order to provide large bandwidth capacity with the aim of providing Internet connectivity to every corner of the world [250]. They are contributing to the proliferation of HTS satellites discussed in Sections IV-C2 and IV-E, and more specifically at LEO orbits. OneWeb plans to launch a network of 2000 LEO satellites operating at an altitude 1200 km in collaboration with Airbus. The first six satellites of this constellation were launched in February 2019. Satellites are around 150 kg in mass and operate in the Ku-band [250], [272]. But OneWeb is not alone. SpaceX, founded by Elon Musk, plans to launch a constellation of 12 000 satellites, named “Starlink.” It has the same objective of providing Internet to the underserved areas of the planet. Furthermore, SpaceX plans to use parts of the profits earned from this project to fund its Mars colonization plans! The first satellites to be launched are also in the low weight category (100–500 kg) and will operate from a LEO orbit between 1100 and 1300 km (although a couple of test satellites are orbiting at 500 km). They will operate in the Ku/Ka-band in their communication with Gs, but can use FSO for their intersatellite communication in space [249]–[251]. Amazon has also joined the race with its Kuiper project, with plans to deploy 3236 LEO satellites [273].

The deployment of Starlink and OneWeb satellites at these altitudes reduces the delay time of GEO satellite significantly from 600 ms by around an order of magnitude. However, these large numbers of satellites put in orbit pose the problem of end-of-life issues and adding to the space debris problem. The operators of these constellations (OneWeb and Starlink) have put in place mechanisms for end of life recovery of satellites and for managing them after their service lifecycle is completed.

These large constellations of satellites could rely on satellite images in order to detect the population concentration zones in rural areas in order to direct their beams where they are most needed. For example, an approach based on convolutional neural networks and deep learning is used in [274] in order to detect buildings in rural areas from satellite images. A software system is proposed in [275] to detect buildings from the aerial photographs. When coupled with other methods to determine network coverage gaps in these areas, see [240], the planning could target the uncovered areas more efficiently.

2) **CubeSat Networks:** CubeSats are small satellites with cubic sizes denoted as 1U, 2U, and so on, with “1U” corresponding to a $10 \times 10 \times 10$ cm$^3$ cube [276]. Despite the increasing popularity of CubeSats and the increase in their number of launches, CubeSat networks are not currently used for backhaul connectivity. In fact, their satellite to ground communications require high-energy consumption to achieve data rates only in the order
of kilobytes per second [277]. For example, a Swiss company, named ELSE, plans to launch a constellation of 64 CubeSats, called Astrocast [278]. The Astrocast platform aims to serve users with satellite phone calls in fixed areas allowing the transmission of only 1 KB of data per day [276], [278].

Recent advances in research are however leading to increasing data rates [279]. Kepler Communications in Canada plans to launch 140 CubeSats in order to develop a satellite backhaul [280]. However, it was mentioned in [279] that 140 CubeSats are not sufficient to provide continuous global coverage. At 500-km altitude, it was shown in [279] that the number of CubeSat satellites needed for continuous coverage is 71 satellites per orbital plane and 36 orbital planes are needed, thus $36 \times 71 = 2556$ CubeSats are required. In addition, despite this “global coverage,” access time is intermittent. For example, with the Fernbank Observatory in Atlanta, Georgia, considered as a point of interest, it is covered by a first CubeSat for 500 s, followed by a 100-s period of no coverage, and then by a period of coverage by a second CubeSat for a duration of 700 s [279].

Nevertheless, in [279], CubeSats with multiband transmission are investigated, where the CubeSat can use the following bands: radio frequencies (2–30 GHz), mmWave (30–300 GHz), Terahertz band (up to 10 THz), and optical frequencies (with typical bands of 850 nm/350 THz, 1300 nm/230 THz, and 1550 nm/193 THz). Link budget and constellation planning are described, and the results are evaluated via simulations (no actual deployment is yet performed). With these advances, CubeSats can provide an infrastructure extending the IoT to an Internet of space things (IoST) [276]. They can be used for imaging/sensing and sending the observed data, or for relaying the measurement data of ground sensors in remote locations to a control center, thus providing (possibly multihop) backhaul connectivity in space [276] (more accurately, this is similar to fronthaul access described in Section III-C, but for machine-type communications: the satellite is the actual BS, although backhaul is still provided by a network of satellites allowing the data to reach its final destination). As stated in [276], this operation can be envisaged to provide wireless connectivity to remote areas in the same way used for IoT, benefiting from the increased data rates obtained by the multiband approach of Akyildiz et al. [279].

Since the advanced CubeSat performance shown in [276], [279] is demonstrated via simulations (without actual deployments), then the current main driver for the currently reduced costs and the increased competitiveness of satellite backhaul is the business deployment of HTS satellites through networks like OneWeb and SpaceX, among other networks belonging to other (older) satellite operators. The anticipated role of CubeSats in backhaul connectivity, when the theoretical results reach the deployment phase, is expected to increase competition and reduce prices even further.

F. Integrated Access Backhaul

In 5G networks with mmWave communications, a high density of SCBSs poses a challenge for backhaul connectivity. IAB solves this problem by allowing the use of the wireless spectrum for backhaul communications instead of wired connections [281]–[283]. In rural areas, the density is generally low and ultradense small cell deployments, although it can occur in some relatively dense population agglomerations, are not the norm. Nevertheless, if a BS provides access to users in a rural area, it can benefit from IAB to be connected to a macro-BS using mmWave communications. In addition, due to the long distances that need to be traversed for backhaul in rural areas, coupled with the short-range transmission of mmWave, multihop communications can be used [281]. The backhaul section using mmWave can resort to massive MIMO to increase the transmission range. In [283], system-level simulations are performed to demonstrate the enhancements in cell throughput due to using IAB. In [282], the multihop IAB features, especially those being considered for standardization, are discussed and analyzed.

V. BACKHAUL COST ISSUES AND TRADEOFFS

In this section, the previous solutions for providing backhaul connectivity to rural areas will be investigated in terms of their cost, consisting of CAPEX and OPEX. These include fiber, microwave, and FSO (terrestrial and “vertical”), in addition to the satellite.

The closest study to this article is in [232], where the costs of fiber optics, microwave links, in addition to terrestrial and vertical FSO are analyzed and compared. However, Alzenad et al. [232] consider a fronthaul/backhaul scenario, with a dense deployment of BSs, such that 100 macro-BSs and 1000 SCBSs are deployed in an area of $5 \times 5$ km. Clearly, the results of such a scenario cannot be generalized to a pure backhaul scenario where the objective is to transport the traffic over hundreds of kilometers. In this article, we consider remote rural areas where the backhaul link needs to traverse long distances, without necessarily having any access/fronthaul BSs along the way, before reaching the remote area. Such an area is considered in [146], for example, where 12 h are needed to reach the area from the nearest urban town. Thus, stretches of hundreds of kilometers could be traversed by the backhaul link before reaching the target area. Therefore, we base our subsequent cost analysis on a distance of 100 km, and we analyze the costs of laying fiber, erecting microwave or terrestrial FSO towers, or using HAPs for vertical FSO. Nevertheless, we use the cost parameters defined in [232] and make the necessary adjustments whenever these parameters do not apply to the considered rural scenario, while providing appropriate justifications or references.

In [232], the costs shown are for CAPEX in addition to one-Year OPEX costs. However, to understand the cost
Fig. 10. Long-term backhaul CAPEX and OPEX costs.

A detailed feasibility study for this project is provided in [287], where the following information is provided.

1) Each balloon costs at around $17,870, which we will round to $18,000 in our calculations (CAPEX).
2) Maintenance cost per balloon amounts to $1,230 every 100 days, which we will round to $5,000 per year.
3) A balloon covers a diameter of 40 km, which we will reduce to a distance of 33.3 km, thus requiring three balloons to cover 100 km. To be on the conservative side, we will assume that four balloons are needed for covering a 100-km backhaul link.
4) A balloon’s service life is five years. Thus, every five years, we will regenerate CAPEX costs.

The cost results are shown in Fig. 10. Clearly, the Loon project costs are within the range obtained in Fig. 10 for solar-powered Vertical FSO. The cost jumps every five years are due to the deployment of new balloons. Indeed, the performance of the Loon project is within the same range as that of solar-powered vertical FSO since it corresponds to a special case of this category. Thus, Fig. 10 shows the results of Google Loon while using the detailed practical parameters, obtained from [287] and listed above, in the calculations.

In addition, Fig. 10 shows that satellite is more cost-effective than fiber in the first 8 and 15 years for a link bandwidth of 100 and 50 Mb/s, respectively. Afterward, the fiber becomes more cost-efficient. Furthermore, satellite with 100 and 50 Mb/s is more cost-efficient than microwave with 3-km separation for the first 10 and 23 years, respectively.

The previous results assumed a cost of $250 per megabit per second per month for a satellite backhaul link.
However, according to the forecast made by Gilat Satellite Networks in [271], the bandwidth prices are decreasing rapidly due to the increased deployment of HTS satellites. Therefore, we also consider the following scenario.

1) We assume a 50-Mb/s link.
2) Prices start from $250 per megabit per second per month.
3) The price decreases to $100 per megabit per second per month within ten years following a linear slope (These numbers are inline the estimates provided in [271]).
4) The price stabilizes at $100 per megabit per second per month afterward.
5) Other costs remain as indicated in Table 1.

The case corresponding to the above assumption is compared to the previous scenarios as shown in Fig. 10. The updated satellite scenario now outperforms terrestrial FSO throughout the investigated time interval. It also outperforms the scenario with microwave links separated by 3 km for the whole duration, and microwave links separated by 5 km for the first 15 years. However, according to the results depicted in Fig. 10 using the assumptions of Table 1, satellite backhaul is still far from competing with solar-powered vertical FSO. It should be noted that the cumulative costs depicted in Fig. 10 are intentionally calculated over an exaggerated period of 40 years in order to show the CAPEX-OPEX tradeoffs between the various solutions on the long run.

VI. SUMMARY AND COMMENTS ON FRONTHAUL AND BACKHAUL TECHNOLOGIES

This section presents a summary of the previous discussion on fronthaul and backhaul technologies. A summary of the main literature investigating backhaul and fronthaul technologies is presented in Table 2.

### A. Technology Comparison

This section compares the various technologies described in the fronthaul and backhaul sections of this article in terms of achievable data rates, coverage distance, and other parameters. The details are shown in Table 3. They are extracted from the references discussed in Sections III–V in addition to a comparison presented...
Table 2: Summary of Key References for the Different Fronthaul/Backhaul Technologies Used

| Ref.        | Technology          | Fronthaul/Backhaul               |
|-------------|---------------------|----------------------------------|
| [234–236]   | Fiber (GPON)        | Backhaul                         |
| [237]       | Fiber (RoF)         | Backhaul                         |
| [243]       | FSO                 | Backhaul (Terrestrial)           |
| [244, 245]  | FSO                 | Backhaul (Satellite)             |
| [145–150]   | WiFi Multihop       | Fronthaul                         |
| [141, 161, 162] | WiFi Multihop       | Fronthaul                         |
| [341]       | WiFi/GPRS           | Fronthaul (WiFi)/Backhaul (GPRS)  |
| [15]        | WiFi mesh/VSAT      | Fronthaul (WiFi)/Backhaul (VSAT)  |
| [156–160]   | WiFi mesh (WiBACK)  | Backhaul                         |
| [189–199]   | TVWS                | Fronthaul                         |
| [169, 170, 172–176, 179–182] | Delay Tolerant Networks (mostly using WiFi) | Fronthaul |
| [187]       | Power Line Communications | Fronthaul                       |
| [332]       | 2G SMS              | Fronthaul (for M2M data)         |
| [113]       | 5G                  | Fronthaul (small cells)/Backhaul (massive MIMO) |
| [115–119]   | 5G                  | Fronthaul (UAVs)/Backhaul (fiber) |
| [256]       | Tethered Balloons   | Fronthaul (WiFi)/Backhaul (WiFi with directive antennas) |
| [253, 254]  | UAVs                | Backhaul                         |
| [258]       | Balloons            | Backhaul (mmWave)                |

in [288] for optical communication technologies. It should be noted that this comparison is presented here for the sake of completeness. It was not included in the discussions of Sections III–V to avoid any confusions. In fact, a technology might have a high data rate at the access/fronthaul, but this rate might not be achievable due to limited backhaul bandwidth. For example, it would be misleading to consider that the full rate of a WiFi connection at 54 Mb/s is achievable, in case this connection provides access to users in a rural village where the backhaul is provided by a satellite link at 1 Mb/s. In addition, it should be noted that for the technologies listed in Table 3, it is well known that propagation occurs at the speed of light. Thus, “latency” at layers above the physical layer is governed by the specific standards and is not discussed here as it is acceptable for the purposes of rural connectivity. However, we distinguish here the delays caused by the distance traveled by the signal over satellite links and delays due to the nature of DTN.

B. Platforms and Technologies

Certain platforms are discussed in both sections dedicated to fronthaul and backhaul. In fact, they can be used for either, depending on the situation. Furthermore, they can carry more than one technology. In this section, we comment on their role and discuss the interplay between the platforms and the technologies used, in addition to their use for fronthaul and backhaul.

1) Balloons/HAPs/UAVs: HAPs and balloons can be used to carry backhaul traffic, especially in a multihop fashion from the rural area to the core network. Nevertheless, they can also be used in the fronthaul/access part of the network. For example, a balloon or UAV could act as a floating BS that connects the users on the ground to the network. Then, it can transfer the traffic over the backhaul to other balloons/UAVs, or to a GS located further away and connected to the core network. This possibility is described in Fig. 6 by showing these platforms at both parts of the network.

2) Satellites: Satellites are generally used to carry backhaul traffic, with the fronthaul/access being provided by other technologies, for example, WiFi or WIMAX. However, they can also provide direct access/fronthaul to users in remote areas where no other infrastructure is available, as shown in Fig. 6. Thus, a user in possession of the right equipment can connect to a satellite directly as if connecting to a BS. Therefore, satellites were discussed in both the fronthaul and backhaul sections, where their role...
in each part of the network, respectively, was highlighted. Moreover, satellites can use different technologies. For example, they can use C-/Ku-/Ka-bands in addition to FSO for both their intersatellite communications and satellite-GS communications.

### C. Technologies Used for Both Fronthaul and Backhaul

In the previous discussions, some technologies were discussed both in the fronthaul and backhaul parts of the network. For example:

1) **Light-Based Communications**: They can be used for indoor access/fronthaul through visible light communications or LiFi for example, or they can be used to provide backhaul connectivity using FSO or fiber optics.

2) **mmWave Communications**: They form an integral part of 5G and thus can be used to provide access to the network, either through dedicated small cells, proprietary technologies like Facebook’s Terragraph, or through HAPs forming floating BSs connecting the users on the ground as discussed in Section VI-B. Moreover, they can be

| Technology     | Data Rate           | Range                   | Latency | Limitations/Comments                                                                 |
|----------------|---------------------|-------------------------|---------|-------------------------------------------------------------------------------------|
| Fiber          | hundreds of Gbps    | Very large              | Low     | Topology should be suitable for deployment; very high rates achievable with DWDM and multimode fiber |
| FSO            | ~40 Gbps            | Very high in outer space (satellite); comparable to microwave (terrestrial) | Low     | Needs line of sight; sensitive to atmospheric turbulence and interference from other light sources (e.g. sunlight) |
| mmWave         | ~10 Gbps            | Short (for access/fronthaul in small cells); needs massive MIMO to be comparable to microwave (for backhaul) | Low     |                                                                                      |
| Microwave Links| ~6 Gbps             | Tens of km              | Low     | Needs line of sight                                                                 |
| Satellite      | Variable, ~tens of Gbps | Very large (thousands of km) | High    | Data rates vary between access/fronthaul and backhaul; Cost of leasing bandwidth may be high |
| 2G GSM         | 9.6 kbps GSM; 160 kbps GPRS; 384 kbps EDGE | ~30 km                  | Low     |                                                                                      |
| 3G UMTS        | 2 Mbps; 42 Mbps HSPA | Few km                  | Low     | Cell coverage dynamic due to the “cell breathing” effect known in CDMA networks     |
| LTE/LTE-A      | 100 Mbps LTE; 1 Gbps LTE-A | Can go up to 100 km with acceptable performance | Low     |                                                                                      |
| 5G             | 10 Gbps             | Several hundred meters  | Low     |                                                                                      |
| WiFi           | Typically 54 Mbps; IEEE 802.11n 300 Mbps; 802.11ad ~6 Gbps | ~100m                  | Low     | Risk of interference due to using unlicensed bands; Collisions in case of a high number of users |
| WiMAX          | 100 Mbps            | 50 km                   | Low     |                                                                                      |
| TVWS           | ~20 Mbps            | 30 km                   | Low     | Needs to use channels with low or no interference; should avoid/reduce interference to primary users |
| DTN            | Depends on Technology (typically WiFi) | Tens of km | Very high | Needs to use data mules                                                                 |

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1) **Light-Based Communications**: They can be used for indoor access/fronthaul through visible light communications or LiFi for example, or they can be used to provide backhaul connectivity using FSO or fiber optics.

2) **mmWave Communications**: They form an integral part of 5G and thus can be used to provide access to the network, either through dedicated small cells, proprietary technologies like Facebook's Terragraph, or through HAPs forming floating BSs connecting the users on the ground as discussed in Section VI-B. Moreover, they can be
used to provide backhaul connectivity, either through towers (like microwave links) equipped with massive MIMO (to increase the transmission range of mmWave frequencies) or through HAPs as discussed in Section VI-B.

VII. POWER GRID CONNECTIVITY IN RURAL AREAS

Many rural areas do not have access to the power grid [289]. Even when the grid connectivity exists, the power supply is often partial or intermittent. The use of solar panels in remote rural areas has its problems, for example, the theft of solar panels used to power the telecommunications equipment [290], or the telecommunication equipment itself [289]. Frequent power outages can lead to equipment malfunction and increased downtime, a problem that can be exacerbated when maintenance teams reside away from the rural area [289]. Thus, energy efficiency in operating telecom equipment in rural areas is of utmost importance.

In [291], cellular coverage is planned for a rural area in India by starting with 2G GSM, with the hope of upgrading to newer technologies later. Microwave was used for the backhaul as it was found to be more cost-effective than fiber or satellite links. Due to the intermittent power availability, the deployed BSs were powered by solar panels. To further reduce CAPEX costs, the telecom infrastructure was installed on the power transmission towers whenever possible, with appropriate safety measures taken to protect the equipment.

In areas completely off-grid, solar panels might be the only available source of power. Thus, they must be properly dimensioned to reduce the probability of downtime of the backhaul devices in periods of overcast or cloudy weather [292]. In [293] and [294], BSs powered by solar panels were designed for GSM and LTE, respectively, whereas in [295] and [296], BSs powered by both solar panels and wind energy are proposed. In [297] and [298], the use of massive MIMO beamforming to provide connectivity in rural areas was shown to lead to significant energy savings, especially when coupled with the use of ultralean design, where green networking concepts are implemented by switching off certain functions of the BSs in the absence of transmission. In fact, beamforming allows concentrating the radiation on areas where the population exists, thus avoiding the waste of power in unnecessary directions. The reduced energy consumption then makes it more feasible to power the BSs with solar panels [297], [298].

In [299], tethered lighter than air platforms are proposed for electricity generation in rural areas that are not connected to the power grid. In the approach suggested by Pant et al. in [299], mmWave power is beamed through the large antennas dimensioned for the platforms and captured through a waveguide integrated into the tether. This is an interesting future area of research, where power can be generated wirelessly from mmWave to complement power generation from solar panels. Appropriate antenna sizing and dimensions, depending on the beaming platform used (high tower, stratospheric balloon, or satellite), are discussed in [300]. In [301], massive MIMO antennas are used for energy harvesting using a TDD approach: In the downlink slot, the MIMO antenna powers the user devices, which then transmit their data in the uplink slot. This approach is suitable for IoT data collection for example. It was shown in [301], via simulations, to increase the energy efficiency, especially when hybrid precoding is used to reduce the number of RF chains (a scenario most convenient with a sparsely used density, typical in rural areas).

The connectivity to the power grid varies depending on the distance to the rural area from the nearest power station, the population density, the nature of the terrain, etc. Thus, different scenarios require different measures. Next, we discuss three situations where the population density increases gradually.

A. Single User

In the simplest most extreme scenario, a nomadic or mobile user moving in a remote isolated area might need connectivity in addition to the ability to power the communications equipment. He might have a portable small VSAT in his car, similarly to the scenario for trains and boats discussed in Section VIII-A2, along with a small solar panel to provide the necessary power. In case the area has basic connectivity through some fronthaul technology, for example, TVWS, the user can stop whenever connectivity is required and can set up a solar-powered CPE to access the nearest TVWS BS.

B. Small Population Agglomerations

In the more common scenario of a relatively small or low density population agglomeration, for example, a small village or a group of neighboring villages, the use of renewable-powered BSs complemented as needed by diesel generators, or the presence of a microoperator for power, might be common local solutions. In [146], long-range WiFi APs used to provide Internet access to rural villages were powered by solar panels, whereas special user end-UE used to communicate with the APs was designed: It had a battery that could be charged by using electricity provided by diesel generators, which the villagers used to turn on for a few hours for their daily activities since power from the mains grid was absent. Even when APs are powered by solar panels, in scenarios where the usage of WiFi is intermittent in rural areas, the APs can be put to sleep in order to save energy. A wake-up mechanism can then be put in place as proposed in [302], where a beacon signal is transmitted by the sending device with a predefined signature. Once, this signal is detected by a sensor connected to the sleeping AP, the sensor wakes up the AP and communication can take place.

In [20], a “micro telecom” approach is proposed to provide 2G GSM connectivity to rural areas. Under this approach, each small village is equipped with a small BS,
with each village BS connected to a CBS using a microwave link, where a CBS covers a group of surrounding village BSs. These CBSs can communicate with each other via multihop until finally reaching a BS site connected to the backbone network. Power needs of such a deployment can be achieved with 100 W for each village site and 400 W for each central site, which can be achieved through the use of solar panels [20].

In rural regions that are off-grid, recharging smartphones becomes a challenge. Recharge outlets in these rural regions are provided for a fee, which increases the costs for the rural population. Smartphones with reduced specifications and tailored data bundles consisting of applications draining less battery power can be used to alleviate this problem [94].

A dc microgrid model is proposed by Sarker et al. in [303] to deal with the absence of electrification in rural areas. Users deploy solar panels in their homes. They use the energy they need, and transfer the surplus to the grid. When their battery levels go down, they consume energy from the grid. Other users, not deploying a solar system at their homes, act only as consumers from the grid. A microgrid controller monitors and controls these activities [303]. Such a microgrid can be used to power a small village or a small group of houses in a rural area, and to provide electricity for the telecom equipment used for rural connectivity. It can provide the energy needed for other services such as water pumping [304], where water pumps are designed to work with solar panels in an energy-efficient manner. In [305], an approach for dimensioning solar panels and wind turbines is proposed, along with corresponding simulation software, so that users in rural areas can use it to meet their energy needs. Similarly, in [306], dimensioning of a microgrid consisting of solar panels and wind turbines is performed by taking into account weather conditions (hourly solar irradiation and wind speed data) at each deployment location. The optimization in [306] is performed using a Genetic Algorithm aiming to find the best tradeoff between cost and reliability. For off-grid rural areas with limited solar energy, a hybrid approach based on wind turbines and diesel generators operating in a complementary manner is proposed in [307]. The cost of energy generation is minimized using a quadratic programming approach.

Several microgrids in rural villages can collaborate to exchange any surplus of energy and meet the demands of local consumption, especially when energy generation from renewable energy sources is adopted. Therefore, a coalescent game theory approach is adopted in [308], in order to exchange energy between rural microgrids that are not connected to the mains power grid, with the objective of reducing the energy costs of the coalition. A similar collaborative approach between 12 neighboring villages in an off-grid rural area in India is described in [309], where linear programming is used to optimize the energy costs. The area contains a mix of energy sources including solar, wind, biomass, micro-hydro, and diesel generator that is used whenever the renewable sources cannot meet the demand [309]. The presence of multiple microgrids is considered beneficial, even when these microgrids are connected to the main grid [310]. In fact, they provide resiliency and robustness in the case of any intermittent supply or outage of the main grid [310]. Also, in [311] and [312], microgrids without connectivity to the main grid are considered as a distributed solution for the electrification problem in rural areas. In [312], government intervention (subsidies, loans, etc.) and tariffing methods to encourage the private sector to deploy microgrids in rural areas are discussed. It is suggested in [311] that microgrids should be owned by the community, which reduces theft, increases awareness and sense of ownership, and allows for job creation by educating local personnel to perform maintenance operations (similar remarks were also presented in [312]). Houses can have power meters to measure consumption from the village’s microgrid, which can also be used for water pumping, refrigeration (e.g., for medicine), street lighting, providing power to common facilities (school, local medical center, etc.), and powering telecom equipment [311]. Thus, microgrids can meet local demand, can coordinate their supply to meet the demand of a larger rural area, and can remain helpful after the main power grid reaches the rural area.

C. Larger Rural Population Agglomerations

In larger areas with bigger and denser population agglomerations, ARPU might be higher and lead to more profitability for mobile operators in these dense population islands located in large rural areas. Furthermore, the mains power grid might have reached these areas, although power might be intermittent, which allows mobile operators to have more flexibility in powering their network. For example, they can not only rely on renewable energy sources to power the communications network and use the power grid when the generated renewable power is not sufficient but also sell the excess of renewable energy to the grid whenever the generated power by solar panels exceeds the network needs [313]. Furthermore, this approach can be coupled with a BS sleeping strategy where certain macro-BSs provide coverage whereas smaller BSs need only to be active whenever the traffic demand increases in these areas. Thus, the PV cells powering BSs can be linked together as a sort of microgrid owned by the mobile operator, who can then route the surplus of renewable power to BSs where it is needed most, while others are switched off, and still be able to sell any surplus to the main power grid [314].

Another approach that allows operators to have a sustainable business model in rural areas is the collaboration between operators whenever more than one is covering a certain area. In addition to sharing towers and equipment, for example, they can run their networks as a single virtual network. Operator 1 will receive fees when it serves subscribers of Operator 2 and vice versa. This approach is
investigated in [315], where optimal solutions to set this interoperator roaming price are discussed, depending on the profit margins and the availability of renewable energy at the BSs of the various collaborating operators. Fig. 11 shows an example of an area covered by two operators and indicates the coverage areas of each BS whenever they act separately or act in full collaboration such that their networks form a single virtual network. Fig. 12 shows a collaborative scenario with BS on/off switching, corresponding to an extreme scenario where Operator 2 relies mostly on PV panels whereas Operator 1 relies mostly on fossil fuels to power the network. Clearly, most of the BSs of Operator 1 are switched off in order to optimize the costs, and the network is served as much as possible by BSs powered by renewable energy. The energy cost savings of Operator 1 would allow him to pay the roaming fees of his subscribers to Operator 2 while still gaining some profit. These conclusions hold assuming either a uniform distribution of subscribers over the area as in Fig. 12(a) or a Gaussian distribution where the population is concentrated...
in the center of the area and the density reduces gradually as we move toward the boundaries, as in Fig. 12(b).

VIII. OTHER RURAL CONNECTIVITY CONSIDERATIONS AND TRADEOFFS

Different tradeoffs need to be taken into account when connectivity is provided for the first time to remote and rural areas that were initially unconnected. In certain scenarios, mobility can be sacrificed for the purpose of providing connectivity when it does not exist in the first place. For example, since it is hard to provide full wireless coverage to a rural area with an economically viable solution, it might be much more feasible to provide access to certain hotspots, for example, schools and markets [14]. This limited coverage/mobility scenario can constitute a first step in deploying rural connectivity before expanding to solutions supporting larger mobility. When coverage is provided to a hotspot only, high gain directive antennas can be used to provide wireless connectivity from a relatively large distance. Thus, a pole on a hill can provide access to several sparse villages. Another approach is to use the communication devices at hotspots in a multihop fashion from village to village until reaching a village with backhaul connectivity [14].

Another dimension that can be considered is the social dimension, where people can willingly share their connection with those who cannot afford it (or they can together share the cost), as long as geographical reachability is feasible with the used technology. In fact, multiple graphs are considered in [316], where one corresponds to the geographical availability of network connectivity (although some of the users might not be able to afford it), the second corresponds to affordability (i.e., corresponds to users who can pay for the connectivity, although some of them might be out of coverage), and the third corresponds to social shareability (i.e., users showing willingness to share the connection with some other users). Based on these graphs, connectivity can be extended to parts of the rural and low-income areas that were otherwise unreachable due to the joint use of these three dimensions [316].

After Section VII discussed the provision of electricity, this section discusses other rural connectivity considerations, focusing on mobility and spectrum aspects, in addition to technologies for IoT connectivity.

A. Mobility and Moving Cells

This section describes connectivity with limited mobility in rural areas, in addition to connectivity in hard to reach areas with moving cells, for example, onboard a train, boat, or plane.

1) Nomadic Versus Intermittent Mobile Connectivity: When users go to Internet kiosks at fixed locations to get connected, they activate their devices at the kiosk location. This is a sort of nomadic mobility that allows people to have a connection at certain hotspot areas. However, in other scenarios, for example, as mentioned in [317], users are mobile, but they receive intermittent connectivity as they encounter “infostations” along their trajectory. Thus, mobile devices need to be in “hunting” mode (to use the terminology of Galluccio et al. [317]) so that they discover the presence of infostations. This process consumes energy, and thus the behavior of the mobile devices needs to take it into account in order to optimize performance. The infostations could be connected in a mesh network until reaching a gateway with backhaul connectivity, whereas the mobile devices need to discover the infostations before performing the intended transaction within the contact time [317].

2) Trains, Boats, Planes: AANETs were extensively reviewed and discussed in [318]. The objective of AANETs is to provide ubiquitous connectivity to airplanes, taking into account the harsh propagation conditions and the strict security constraints. This ubiquitous connectivity is ensured by having connections between airplanes (air-to-air), between airplanes and satellites (air-to-satellite), between airplanes and GSs (air-to-ground), in addition to communications between satellites (satellite-to-satellite), between GSs (ground-to-ground), and between satellites and GSs (satellite-to-ground). This complex network of interconnectivity provides coverage to airplanes wherever they are and allows passengers to be continuously connected [318]. Satellite connectivity is an important component of AANETs discussed in [318]. Indeed, to meet the increasing passenger demands for ubiquitous connectivity, satellite connectivity is becoming more popular for transport networks, especially for trains, boats, and planes. In [319], a system for satellite connectivity to trains is described. It consists of a VSAT terminal on top of the train connected to the satellite, and an internal train WiFi network to distribute the data to the passengers.

In case an MNO is providing access to train passengers, then the train’s VSAT can be considered part of a moving BS, with satellite providing backhaul connectivity as described in Section IV-E. In [320], a scenario for deploying satellite connectivity to trains in the United Kingdom is described. Ofcom, the mobile operator, also planned deployment for boats and planes. This is performed by pointing an Earth station positioned on the train, boat, or plane toward a geostationary satellite. Advancements in pointing accuracy and reduced pointing errors will allow high data speeds to be achieved (in the order of 50 Mb/s per Earth station) [320]. In addition, the use of HTS with multiple beams not only increases throughput, but allows handover between multiple beams of the same satellite or between different satellites [269]. The use of high throughput spot beams is convenient for in-flight connectivity, thus allowing bandwidth-intensive applications like video streaming to be used inside airplanes [321]. This kind of application is also popular with cruise passengers in boats, where satellite connectivity allows these passengers to meet their expectations. Thus,
in addition to its important use in boats dedicated to business (cargo, freight, etc.), satellite connectivity is also serving touristic cruises [322]. However, connectivity for boats and planes is considered non-terrestrial roaming and faces some administrative and legal challenges in order to be operational. The costs of roaming in these scenarios are expected to be high [320], [323]. For example, in [323], an example is described for satellite connectivity for boats between Denmark and Germany, where passengers were surprised by the high roaming fees while the boat was in International waters (for a short duration), as they assumed they were connected to either Danish or German operators with acceptable roaming prices.

B. Spectrum and Economical Aspects

This section describes the relevant references discussing the issues related to spectrum regulation, spectrum allocation, and spectrum auctions, taking into account the conditions specific to rural areas.

Spectrum auctions are not justified given the low population density in rural areas since upfront spectrum costs are not justified by the low expected ARPU. Therefore, one of the potential solutions consists of having governments “require,” in the auctioning process, that the auction winners will use the spectrum to provide coverage not only for urban areas but also for rural areas. Another solution would be to use the unlicensed spectrum first, and then after the connectivity is established, the licensed spectrum can be used (to avoid the interference problems with the unlicensed spectrum when connectivity increases) [14].

When the licensed spectrum is used, lower frequencies are more suitable for rural areas due to their better propagation characteristics, and thus a larger area can be covered with less sites. Although a lower carrier frequency entails a lower bandwidth, this is not a problem in most situations due to the sparse population density in rural areas [324].

In [325], the role of national regulation authorities (NRAs) in promoting the use of TVWS is discussed. An approach for multicriteria decision analysis to evaluate spectrum management frameworks was proposed and used to evaluate the Federal Communications Commission (FCC) in the United States and Ofcom (U.K.) frameworks for dynamic spectrum management. It was found that it is preferable to keep tight control on the geo-location spectrum database by operating it by the NRA, in order to more efficiently protect the TV users from secondary access, while allowing license-exempt spectrum access to SUs [325]. Similarly, in [326], TVWS spectrum regulations in several countries were discussed, and it was noted that many developing countries, notably in Africa, where the TVWS spectrum is the most available, are lagging behind developed countries in terms of spectrum regulation. In [327], a database for real-time smart spectrum sharing was designed. A testbed was implemented, and it was successfully able to serve 35 000 connection requests in less than 15 s. Furthermore, a discussion was provided in [327] about the capability of the cloud database to handle spectrum sharing from different regions, and to be able to coordinate dynamic spectrum allocation across neighboring countries in border regions.

In [328], a game-theoretic scenario was considered for providing TVWS spectrum in rural areas, where a BS aims to sell secondary spectrum to APs in a wireless mesh network. The problem is modeled as a Stackelberg game where the BS attempts to maximize its profit and the APs want to maximize the QoS of their users. Nleya et al. [329] built on their work in [328] to provide a more elaborate game theoretic scenario. A game model based on Bertrand duopoly market was adopted in [329], where two primary users (PUs) compete for providing services (in this case TVWS spectrum in rural areas) to SUs. The objective is to maximize the profits of the PUs while meeting the QoS constraints of the SUs. In [330], the TVWS spectrum allocation is modeled as a two-stage Stackelberg game: 1) between the central BS (CBS) connected to fiber backhaul and fixed CPEs and 2) between CPEs and UEs, where several UEs are connected to each CPE. The CBS distributes the total available data rate to CPEs, and each CPE distributes its share to its connected UEs. It was shown that although network entities behave selfishly, the scenario mentioned in [330] leads to optimal rate distribution to UEs, depending on the UE willingness to pay.

In [225], the use of GSM “white spaces” in rural areas was proposed. The objective is to build community cellular networks with affordable prices to end users, by avoiding the payment of spectrum licenses for GSM frequencies. It was argued that this was feasible due to the low spectrum occupancy in rural areas. This generally applies also for traditionally license-exempt spectrum, for example, as in [331], where it was shown that WiFi 5-GHz spectrum occupancy is significantly low in rural areas, especially when compared to occupancy in urban areas.

C. Technologies for IoT Connectivity

This section describes the relevant references discussing the issues related to IoT connectivity in rural areas. In fact, IoT access is a must in order to support applications related to health, environment, farming, and education, among others, in rural areas.

With the proliferation of IoT, several articles in the literature have investigated the possibility of implementing IoT in rural areas and providing access to the sensors to send their measured data over a communications network. In [332], to facilitate the deployment of M2M devices in rural areas, SMS over 2G GSM networks is used to transmit the M2M traffic. M2M devices communicate wirelessly with a nearby gateway, and the gateway translates their data into SMS format and sends it over the network. The constrained application protocol (CoAP) is used as a replacement for HTTP in M2M environments.

In [333], a mesh network using 6LoWPAN is proposed in order to transmit IoT data from hard to reach
areas or areas with limited connectivity. IoT devices would relay their data in a multihop fashion until reaching a gateway that is connected to the Internet, for example, via GPRS or 3G. In [334], range extension in rural areas was performed by using IEEE 802.15.4 with multihop transmission in the 868-MHz band to extend the hop range, along with time slotted channel hopping to increase robustness. In [335], to ensure kth order receive diversity of IoT measurements in an LPWAN, the placement of gateways is investigated, such that the transmission of each sensor is received by k gateways. It was also mentioned that although a certain number of sensors can reach a given gateway, the gateway would in practice have a maximum number of devices that it can connect to. This might affect the results in urban and suburban areas, but not in rural areas where the device density would be much less [335].

In [336], LoRa radio, an LPWAN technology, was used to provide connectivity for an IoT network used for monitoring water quality in a remote rural area. The LTE-based narrowband IoT (NB-IoT) could have been used for the same purpose. However, LoRa LPWAN was preferred due to the use of unlicensed spectrum, and the low data rates required [336]. In the approach of Saravanan et al. [336], a LoRa module collects the sensor measurements and sends them to a LoRa gateway. The measurements are collected from the village water tank and the water locks around the village. The gateway can then forward the data to the cloud using GSM connectivity. Data can be stored, processed, and analyzed in the cloud servers and alerts can be sent, if needed, to the relevant authorities to take appropriate action. In [337], experimental measurements showed that LoRa transmission range can exceed 5 km in rural areas. In [64], measurements from IoT devices were collected by a moving gateway (vehicle or UAV) using LoRa, after being forwarded by the gateway using LTE to an LTE BS and then to the cloud. It was noted that a UAV provided larger coverage than a terrestrial vehicle, especially when the altitude of the UAV increased. UAVs were also used in [62] to collect 5G measurements from IoT sensors in farming applications and relay them to 5G BSs with mobile edge computing (MEC) to perform local processing in the absence of connectivity to an Internet cloud. In [338], an LPWAN architecture over TV white spaces was proposed. It was named sensor network over white spaces (SNOW) and was shown to perform better than other LPWANS in terms of energy efficiency. The integration of multiple SNOWs was performed in [339], in order to scale up the coverage of LPWANs in rural areas with limited communication infrastructure, to serve agricultural or industrial IoT networks for example.

In [340], IoT is used to monitor biogas plants. Biogas represents an environmentally friendly fuel that can be used for cooking in rural areas, instead of firewood and crop residue, which emit hazardous smoke [340]. An Arduino device is used to monitor the consumption of biogas. The results are sent via SMS to an android mobile application on the user’s phone. The application then updates a remote database whenever Internet connectivity is available. The data stored on the database server can then be analyzed to detect consumption trends and usage statistics [340].

IX. CASE STUDIES OF RURAL CONNECTIVITY

This section describes specific implementation scenarios of rural connectivity from the literature. It provides a collection of experiences from several countries (the countries are listed in alphabetical order). A summary of the main references is presented in Table 4. Then, it provides an overview of the main initiatives for rural connectivity discussed in this article.

A. Bangladesh

In [197], 802.22 coverage for Bangladesh was investigated. Antenna design was considered using the “Radio Mobile” planning tool. Interestingly, due to the relatively large flat areas of rural Bangladesh, a limited number of antennas were needed to provide coverage. Other types of antennas for point-to-point links, thus having shorter communication distances, were also investigated in [197].

In [341], a server was constructed using off-the-shelf equipment and open-source software. It is connected to a WiFi AP to provide local connectivity through a WLAN for a rural village in Bangladesh. A GPRS module can be added to provide connectivity to the Internet. The server can be used for eEducation to local schools, for eGovernment services, and to provide information to local farmers. The system can be powered by solar panels. The microgrid model to power rural areas proposed in [303] is adopted in Bangladesh. By 2012, 320,000 houses in rural areas have deployed a solar home system to participate in a local microgrid, out of an estimated market of 500,000. Typically, a microgrid would consist of ten houses, among which six have deployed solar panels to generate electricity and four are only consumers [303]. Such a microgrid can easily power a local LAN system like the one proposed in [341].

B. Cameroon

Ebongue [342] discusses the multipurpose community telecenters (MCTs) project launched by the government in Cameroon. MCTs aim at providing Internet and telecommunications access to the local community. However, the majority of MCTs are connected via VSAT technology, which increases the cost and makes the technology expensive for most of the targeted rural population [342]. A survey showed that most people use MCTs for education purposes. Furthermore, the survey showed that the most desired services are (in decreasing order of popularity): eEducation, eHealth, eGovernment, and eCommerce [342]. Recommendations were provided in [342] to make the system more affordable and attract more users. The main recommendations consist of adopting...
Table 4 Summary of Key References for the Different Services Provided to Rural Areas and the Corresponding Countries

| Ref. | Country     | Service/Application                  | Technology          |
|------|-------------|--------------------------------------|---------------------|
| [341]| Bangladesh  | eEducation, eGovernment, Farming     | WiFi/GPRS           |
| [390]| Botswana    | Farming/Cattle                      | RJTD                |
| [342]| Cameroon    | Basic internet connectivity          | VSAT                |
| [387]| Canada (Ontario) | Internet connectivity           | Fiber backbone and fixed wireless access |
| [381]| China       | eHealth                             | WiMAX/SAT           |
| [343–347]| Cyprus | VoIP                                | WiFi/VSAT           |
| [9]  | Greece (Crete) | Healthcare                        | Satellite           |
| [82, 83]| India     | Basic internet connectivity         | Fiber/WiFi          |
| [46, 47, 350, 351]| India| Healthcare                         | Broadband / Wireless Connectivity |
| [47] | India       | Education                           | Broadband / Wireless Connectivity (WiMAX) |
| [71] | India       | Trading Services                    | 3G/GSM              |
| [55] | India       | Financial Services                  | GPRS                |
| [354]| India       | Water Quality Monitoring            | LoRa                |
| [340]| India       | Biogas Monitoring                   | G3                  |
| [72] | Indonesia   | ePayment                            | SMS/GSM G3          |
| [258]| Kenya       | Cellular connectivity               | Ballong             |
| [158, 159]| Kenya | Basic internet connectivity        | WiBACK (WiFi mesh)  |
| [371]| Latvia      | Mobile connectivity                 | ZONG Cellular       |
| [377]| Malawi      | Education                           | TVWS                |
| [164]| Malaysia    | Basic internet connectivity         | Long range WiFi/Meshshop |
| [363]| Malaysia    | Healthcare                          | 3G/GSM Cellular     |
| [364–366]| New Zealand | Broadband connectivity              | Fiber/Wireless       |
| [288, 290, 368]| South Africa | Basic internet connectivity     | VSAT/VoMax          |
| [186]| South Africa | Basic internet connectivity         | IEEE 802.22         |
| [371]| South Africa | Basic internet connectivity         | DTN (using WiFi)    |
| [74] | South Africa | e-Procurement                       | GPRS/3G             |
| [386]| Sri Lanka   | eHealth                             | ADSL                |
| [60] | Thailand    | Internet of Educational Things (IoIT) | WiFi     |
| [15] | Zambia      | Basic internet connectivity, Farming, e-Learning | WiFi mesh/VSAT       |

a mesh/multihop network to provide access instead of using more expensive VSAT technology, providing elementary services to users, providing local content and cache proxies, in addition to appropriate subscription packages (bronze for accessing local content only, silver for additional basic Internet connectivity, gold for more expansive Internet access) [342].

C. Ecuador

The telemedicine project in Ecuador was launched in 2002 with the aim of providing diagnosis, prevention, and support to rural areas [343]. As a slow start due to numerous challenges [343], several phases of the project were completed by 2009–2010 [344], [345]. To provide connectivity in rural areas targeted by the project, satellite communications were used whenever ADSL or fiber optics were not available [345]. The importance of this project is so high that telemedicine has become a vital part of medical education in Ecuador by 2017–2018, with students performing telemedicine activities as part of their medical training [346] using a specific telemedicine platform designed for this purpose [347]. The possibility of using other technologies to provide broadband connectivity to rural areas in Ecuador are being investigated, for example, in the work of Paredes-Páliz and Cuesta [348], where CDMA in the 450-MHz band is proposed to allow for longer propagation distances.

D. India

BharatNet is a project that aims to provide broadband connectivity to rural areas in India. It will use fiber optic cables to connect 250 000 village offices or councils named Gram Panchayats (GPs), and then WiFi APs will be provided to each village and will be connected to the fiber backbone at the corresponding GP [83]. The project aims to serve around 650 000 villages [83]. In [189], TVWS was proposed as a middle-mile solution, linking the WiFi APs in villages to the fiber backhaul at GPs, and a test-bed covering seven villages was implemented. In [47], the BharatNet network was used in the VIVEKDISHA system, providing telemedicine and tele-education services to rural areas in India. A kiosk named “Kshema” was proposed in [46] to provide healthcare access to population in rural India. Kshema kiosks can be operated by a trained technician (who does not have to be a doctor). It allows measuring vital signs of the patients, provides a digital microscopy product, and can transmit radiology images. It also allows maintaining electronic records of patients and allows patients to communicate with doctors using an attached video camera that can also be used...
to take and transfer images of injuries. The kiosk can adapt to available connection speeds and can operate in online or offline mode [46]. A mobility aspect was added in [349], where instead of kiosks, rickshaw vehicles carrying the medical equipment in rural areas in India, and equipped with wireless transmitters powered by solar energy connected to WiMAX BSs, are proposed. A van equipped with medical devices was used in [350]. It roams in rural villages according to a predefined schedule. The medical equipment in the van is operated by a junior doctor, and the van communicates with a central hospital through CDMA 2000 1X connectivity. The deployment of kiosks can be useful to issue epidemic alert generation as demonstrated in [351], since kiosks are distributed over villages. Thus, the symptoms of patients visiting a given kiosk can be correlated with those of a given disease, and an alert can be issued when the number of affected people crosses a certain threshold. The transmission of the symptoms, along with the patient ID, to a healthcare center, can be performed using available technology, for example, GPRS as in [351] and [352]. GPRS was also used in [353] to test the performance of SmartHTTP, a proposed enhancement to the traditional HTTP protocol in order to enhance the quality of user experience in rural areas with intermittent and poor connectivity, especially for multimedia transmission. It is based on subdividing the content into smaller chunks depending on network conditions, and avoiding the retransmission of already received parts when the connection breaks down. In [71], a system using mVAS based on IVR was proposed to support microentrepreneurs in rural areas in their business activities. To address the issue of paper-based transactions with microfinance groups in rural India, Parikh [354] proposed the CAM system, where articles are scanned using a mobile phone’s camera, and the information is read by the CAM application on the mobile device. In [355], banking services were proposed for rural areas in India by using a terminal device that can be used for reading smart cards, and that can be carried by an agent who can visit villages in rural areas according to a certain schedule. Users can then perform financial transactions (deposit, withdrawal, loan payments, etc.) without the need to visit the nearest bank branch (which would be at a distance and requires long travel time). The terminal communicates via GPRS with a backend server connected to the bank’s server.

Jha and Saha [356] investigated the deployment of LTE networks in rural India and made a feasibility study. They suggested the use of the 800-MHz band to allow for larger coverage areas per BS. They also showed that although the deployment can be profitable in the whole country, profitability in rural areas is better guaranteed when some form of government subsidies are provided. One of the important reasons for high costs mentioned in [356] is the spectrum license fees. This problem can be alleviated by resorting to license-exempt systems, like TVWS. An experiment conducted in [190] showed that in Urban New Delhi, around 85% of the TV 470–698-MHz band is unused, whereas in rural areas, 95% is unused. The largest contiguous TVWS varies between 51 and 242 MHz in rural areas, thus indicating that TV white spaces can be used to provide rural connectivity at affordable prices. Simulation results conducted in [191] supported the conclusion that TVWS is suitable for wireless broadband in rural India. Similar conclusions were reached for TV white spaces in rural Bangalore in [192], where WiFi was suggested as a solution for providing connectivity in the VHF and UHF bands, using the IEEE 802.11af known as Super WiFi dedicated for use in TVWS, instead of the IEEE 802.22 WRAN standard [192]. An 802.11af prototype using a geolocation database at Bengaluru was presented in [357] and [358]. In [336], the unlicensed spectrum was used with LoRa technology to transmit IoT measurement data for monitoring water quality in the tanks and distribution network in Mori village near the Bay of Bengal. IoT was also used in [340] for monitoring biogas plants in rural India. The measurements were sent by SMS to the user’s phone where an Android application pushed them to a remote database whenever Internet connectivity was available.

All these activities help moving toward the “Digital India” vision, leading to eGovernance and Internet connectivity, along with promoting population awareness throughout India. It will require collaboration between several ministries, private sector entities, advisory groups, innovative entrepreneurships, and local governments to reach its objectives [359]. Future prospects seem promising as far as rural connectivity is concerned [360]. In fact, 345 779 km of optical fiber cable have been laid as part of the BharatNet project by July 4, 2019, connecting a total of 131 392 GPs [361].

E. Malaysia

In [146], Internet access was provided to a group of remote villages in Malaysia. The central village, called Bario, was connected to the network via a VSAT terminal. The objective was to connect nearby villages within a 10-km radius with difficult transportation in the jungle. The solution was to resort to multihop long-range WiFi connectivity using directive antennas. Within each small village, these solar-powered long-range WiFi stations would provide access to the villagers using omnidirectional coverage. The network is still available, as in [362] tourists have reported using Internet connectivity in Bario in March 2019. In [193], a feasibility study for deploying IEEE 802.22 WRAN in rural Malaysia was performed, and simulation results indicated the possibility of covering large cells with long transmission distances in rural areas. In [363], a method is proposed to transform echocardiography videos into text that can be transmitted by SMS over 2G connections. Then, at the destination, the text can be transformed into video that can be analyzed by a physician. The objective of [363] is to provide appropriate diagnosis while overcoming the problem of limited or nonexistent Internet in rural Malaysia.
F. New Zealand

In contrast to most of the countries described in this section, New Zealand is a developed economy. However, it has vast rural regions that represent a challenge for providing ubiquitous connectivity. The government of New Zealand had launched the ultrafast broadband (UBB) initiative to provide fiber-based broadband access to 75% of the population [364]. For rural areas, the rural broadband initiative (RBI) was launched and allowed providing access to 90% of New Zealanders by 2018, with connected rural households having a broadband connection of 5 Mb/s. Despite the efforts done, a survey conducted between February and July 2018 [365] showed that around 28% of the respondents are not satisfied with the Internet speed and reliability in rural areas. The survey showed that the vast majority of users use Internet for email, reading the news, entertainment, and social media. Very few rural users used the Internet for business purposes [365]. For example, farmers have shown some dissatisfaction due to their inability to use broadband connectivity efficiently for their business purposes (e.g., using applications to support smart agriculture) [366]. However, rural connectivity could provide strong support for e-Education in rural New Zealand, especially that schools have access to fiber broadband under the RBI [365]. In fact, in [367], a study was performed on students from schools urban, provincial, and rural areas in New Zealand. Although students from all backgrounds enjoyed learning using computers and benefited most when learning using computers, those from rural and provincial areas provided higher satisfaction scores than their urban counterparts. The RBI approach uses FTTN, complemented by wireless access to the residents. The government of New Zealand, as part of the RBI, aims to provide connectivity for the remaining 10% by 2025 [364]. A collaborative approach between the government, network operators, and the rural population is proposed in [364] in order to reach this objective sooner. It is based on the joint implementation of several technologies discussed in Sections III and IV, namely: 5G with D2D to provide better accessibility in rural areas, the use of a mesh network with collaboration between the local nodes in rural zones, the use of TV white space, and resorting to drones, balloons, or satellites to connect hard to reach areas.

G. South Africa

Internet connectivity was provided to the Dwesa-Cwebe rural area in South Africa via VSAT technology, with WiMAX used to distribute the signal to the subscribers [289], [290], [368]. This allowed citizens to be more informed about announcements posted on government websites that were related to their daily lives, see [369]. IEEE 802.22 WRAN was tested in South Africa by providing access to several secondary schools and results comparable to WiMAX were obtained [196]. In [370], WiFi mesh was proposed for providing coverage in a rural area of South Africa. In the approach of Naidoo and Sewusunker [370], the WiFi APs can communicate via multiple hops, with WiMAX providing backhaul connectivity to the Internet, whereas in [93], WiFi mesh was used for access and VSAT was used for backhaul in another South African rural area. In [371], an emulation system is presented, with the aim of deploying a DTN between the rural area of Kwaggafontein and the city of Pretoria in South Africa. The buses of the public transport system are used as data mules carrying traffic between the rural area and the city, where the APs at the city’s central station provide backhaul connectivity to the Internet. In [74], a system for eProcurement was designed over low-end smartphones for small-scale retailers in the Kgautswane rural area of South Africa. This allowed them to perform stock replenishment without having to be displaced to an urban center 70 km away. Furthermore, it allowed the providers to schedule bulk delivery to specific delivery points closer to the retailers, where the payments can be made in cash upon delivery.

H. Sweden

According to van de Beek et al. [297], the Swedish government aims to provide 90% of households and companies by at least 100 Mb/s. However, the EU commission requires that all EU citizens have at least a 30-Mb/s connectivity by 2020. To reach this goal for the remaining 10% of the Swedish population, who mainly live in rural areas, van de Beek et al. [297] proposed the use of TV transmission towers to provide backhaul connectivity, as each covers a radius of 100 km and are naturally connected to the power grid. However, the challenge is in powering the 5G BSs that will be providing access to the rural areas, since many of them might not have access to the power grid. Therefore, van de Beek et al. [297] proposed to resort to solar panels. However, due to the weather in Sweden, around three months with no solar coverage necessitates the use of large batteries, at a prohibitively high cost. A possible solution is to fill the gap by using wind energy during this period and reduce the power consumption of the BSs by resorting to massive MIMO beamforming and ultralean design [297], [298]. On another topic related to rural connectivity in Sweden, in [372], it was noted that DTNs can be used for reindeer tracking by herders in Arctic areas of Sweden, with the possibility of using helicopters as data mules.

I. Other Countries

This section describes miscellaneous case studies from other countries, grouped by applications.

1) General Connectivity: In [373], the use of mobile phones was described as the main method of communication in Liberia after its fixed line infrastructure was completely destroyed during the civil war. Rural users expressed the importance of the phone as a useful tool, especially in emergency situations. In [72], SMS was proposed as a method for ePayment in the rural areas of Indonesia. Registered users can
top up their accounts via vouchers and use SMS for their transactions. In [374], a study on the deployment of 3G CDMA deployment over the 900-MHz frequency to provide connectivity in Tanzania showed that the deployment is economically viable. The use of the 900-MHz spectrum allows for longer propagation distances to serve rural areas, similar to the proposition of using CDMA in the 450 MHz in rural Ecuador in [348]. Multichannel Multipoint Distribution Service was proposed in [375] to leverage the fiber connectivity reaching the Nelson Mandela African Institute of Science and Technology in Tanzania in order to provide connectivity to the surrounding rural area within a 50-km radius. In [194], IEEE 802.22 was found as a suitable solution for providing connectivity to rural areas in Zimbabwe. Similar conclusions were reached in [195] concerning the use of TVWS for the Democratic Republic of Congo. In addition, tests on the feasibility of IEEE 802.22 for rural connectivity have been performed in several African countries [196], including Malawi [376]. In fact, in [377], schools in a rural area in Malawi were provided with broadband Internet for the first time through the use of TVWS.

In [378], the challenges facing rural connectivity in Nigeria are analyzed. They mainly include deployment cost, financial sustainability, security, and regulatory challenges. In [379], TVWS measurements using software defined radio were performed in the Philippines. A public–private partnership to provide connectivity to rural parts of Ontario is described in [380]. A fiber-based backbone was deployed, providing 10-Gb ethernet connections to 160 villages. From there, access was provided via fixed wireless communications or via DSL at a speed of 10 Mb/s. In very sparsely populated areas (less than three houses per square km), access was provided via satellite after reducing the initial high prices [380].

In [381], VoIP telephony was provided to a rural area in Cyprus by using a WiFi AP with high antenna gain to provide access to CPEs connected to VoIP phones inside homes or businesses, an open-source implementation of a SIP server, and a VSAT terminal to provide backhaul access to the Internet. The system can be used to serve local calls within the area without resorting to satellite connectivity. In [382], connectivity was provided to the unconnected Verrua Savoia rural area in Italy. Four IEEE 802.11n APs working in the 5-GHz band were used, equipped with directive antennas along with polarization diversity. They were positioned in strategic positions on the hills surrounding the village, and connected to a gateway located at 35 km via a microwave radio link.

In Kenya, around 43 million mobile phones are used against 70,000 landlines. However, a large part of the population live in rural areas. To provide cellular coverage, balloons are being deployed, flown over from Puerto Rico and traversing the Atlantic Ocean before being positioned above their coverage areas in Kenya [258].

In Tonga, a country consisting of 171 islands, although a submarine fiber optic cable links the country to Fiji, different technologies are needed to provide Internet connectivity for the various islands. Therefore, a multitenancy approach is proposed in [383], where 5G, TVWS, DTNs, UAVs, and balloons can be used jointly in different areas in order to provide ubiquitous broadband connectivity.

2) Healthcare: Several telemedicine projects in Pakistan are described in [384], fueled by the large development of the telecommunications industry. Telemedicine in rural areas of North Carolina in the United States is discussed in [385]. In [49], a system for performing ultrasound imaging in remote rural areas of Peru was tested. Trained nonphysician personnel conduct the tests using a portable ultrasound device to be connected to a WiFi router, and the results are transferred to a cloud system where the physicians could perform diagnoses in an urban hospital.

In [89], connectivity was provided to rural clinics in Crete island (Greece), to support the use of EHR. Local clinics in villages, called community offices (COs), are provided with WiFi connectivity and connected to the nearest primary health center (PHC), usually 5–20 km away, via multihop WiFi whenever possible, otherwise VSAT was used. Similarly, PHCs were connected to the wired backbone network whenever possible, or through a VSAT link in the opposite case. The approach of Chronaki et al. [89] helped increase the adoption of EHR and ensure a better streamline of the healthcare process between COs and PHCs. In [386], an EHR system was piloted in a rural area in Sri Lanka. It allowed patients to access an eClinic where remote consultations can be performed with specialist doctors located in distant urban hospitals, thus saving patients’ transportation costs and travel time, while allowing the medical records to be organized and stored in a central database.

The healthcare centers in Sri Lanka have ADSL access, even in rural areas. Hence, the challenge in [386] was in developing the EHR and the eClinic system. In [387], WiMAX was used to provide access to Guangshan County, a rural area in Henan Province in China, mainly for eHealth services. This area had no public transport, no electricity, poor cellular coverage, and harsh topographical conditions that made it hard to deploy wired networks. Therefore, VSAT was used for backhaul connectivity, allowing the data from local health centers to be sent to the nearest urban hospitals.

3) Farming: In a survey conducted in the United Kingdom, farmers have indicated limited connectivity and
Table 5 Summary of Key Initiatives Aiming to Provide Connectivity to Rural Areas

| Ref.          | Initiative          | Technology     | Description                                                                 |
|---------------|---------------------|----------------|-----------------------------------------------------------------------------|
| [272]         | One Web             | Satellite      | Broadband access from orbit with 2,000 LEO satellites                       |
| [251]         | Space X - Starlink  | Satellite      | Broadband access from orbit with 12,000 LEO satellites forming the Starlink constellation |
| [273]         | Amazon - Project Kuiper | Satellite      | Broadband access from orbit with 3,236 LEO satellites                       |
| [286]         | Alphabet - Project Loon | Balloons      | Ambitious project that includes partnerships with different industry players and different initiatives in various countries, mostly in Africa and South America. It also included an initiative related to providing backhaul connectivity through solar powered UAVs, the Aquila drone project, that was discontinued [394, 395]. |
| [121–123, 393]| Facebook Connectivity | Fiber, WiFi, mmWave/ Terragraph | Initial project in Thailand, the IoT is proposed in [60] for underprivileged rural areas. Weather sensors were connected to a Raspberry Pi device, and used by Grade 1 students equipped with tablet computers, accessing the readings via a local WiFi connection [60]. In [391], the use of solar panels to provide electricity to off-grid schools in rural areas for the purpose of distance education is discussed for several countries in Latin America. In Cambodia, project “iReach” described in [392] allowed sharing of local information on health and agriculture. It also allowed local capacity building and distance learning. The project consists of ten WiFi hotspots, each connected to a central office via WiMAX. The central office is connected to the Internet via a satellite link [392]. |

poor coverage in their farms, which affects the productivity, despite the high penetration rate of mobile phones [388]. A possible solution to this problem could be to resort to TVWS in rural areas, as indicated in [389], where relatively high speeds were achieved over woody and hilly terrain. Botswana, a cattle farming country, used RFID technology to identify cattle animals [390]. The data are stored on a mobile extension officer’s personal computer and then transferred to a central database containing all the information on cattle and their owners. In case good connectivity is available (wired or wireless), data can be transferred online to the database. Otherwise, the data were transferred offline every three weeks to update the database [390]. Sunflower farming was initiated in the Macha rural area in Zambia after the introduction of Internet to the village and its surroundings [15]. The network is based on a WiFi mesh for local access, with two VSAT terminals providing backhaul connectivity, although at high costs. The network was also used for eLearning, enhancing the procedures of the local health system, and for other personal uses (email, chatting, etc.) by the inhabitants [15]. In the rural area of Maseru, Lesotho, “eKiosks” were deployed to provide basic Internet connectivity, with the WiBACK system (based on WiFi mesh networking) relaying the traffic to reach the backhaul network [158], [159].

4) Education: In Thailand, the IoT is proposed in [60] for underprivileged rural areas. Weather sensors were connected to a Raspberry Pi device, and used by Grade 1 students equipped with tablet computers, accessing the readings via a local WiFi connection [60].
3) Facebook connectivity, which includes various initiatives using different technologies. For example, the Terragraph technology described in Section III-A3 is part of this project. Another part was the use of solar-powered UAVs traveling for long distances, serving similar purposes as the balloons discussed above. The drone project was named “Aquila,” and it was discontinued by Facebook since other more established companies in the airplane industry started efforts on similar areas [394], [395].

4) Other initiatives such as the “basic Internet” initiative [96] and GAIA [98]. They are not listed in Table 5 since they are not related to adopting a specific technology, but they also aim to provide global Internet coverage. The “basic Internet” initiative supports the argument that Internet access should be provided free of charge when only static content (text and images) is requested, since this kind of traffic amounts to around 2%-3% of the bandwidth [97], whereas those requesting dynamic content can be charged.

X. FUTURE DIRECTIONS/TRENDS
This section presents a discussion of future directions for providing ubiquitous connectivity based on the current trends and achievements in rural connectivity.

A. Current Situation: Putting It All Together

To provide sustainable connectivity to rural areas, the different parts or components surveyed in this article need to be successfully integrated: fronthaul technologies, backhaul technologies, innovative methods for providing electricity, user awareness that creates local services and drives local demand, which in turn leads to more advanced connectivity, with the whole governed by suitable government policies and wise governance.

In addition, it should be noted that there is no single technology that is best suited to provide connectivity to rural areas. Each technology can be the best fit for certain scenarios while not being convenient for other scenarios. Furthermore, no technologies should be excluded from this process. Technologies that are considered dead can be adopted in certain rural areas as they might be the best fit: For example, WiMAX can be deployed in certain areas, even for simple nomadic or fixed access to CPEs, with the CPE connected to WiFi through a wired connection to provide local access and limited mobility (especially that WiMAX integrates smoothly with WiFi, both being IEEE 802 standards).

Thus, different solutions consisting of various fronthaul/backhaul combinations might coexist in different rural areas, while eventually converging to a common core or national backbone network. Combining the different rural connectivity technologies while providing the flexibility to evolve to 5G/5G+6G as the demand increases and the infrastructure is gradually provided will eventually help achieve global broadband coverage.

B. Next Steps: Where to Go From Here

Internet has become a commodity or merit good that users should access to on the basis of need [99]. To provide this access regardless of costs and business aspects, government intervention might be necessary in several places. Although the technology is different, this is similar to what happened historically for railroads, postal mail, and the fixed telephone networks. Thus, one can learn from history to develop a policy for the future, as suggested in [99]. Policies for providing broadband access need to be reached and implemented through collaboration between various stakeholders, including government, policymakers (e.g., regulatory authority), business players such as equipment manufacturers and telecommunication operators, service and content providers, and citizens [396], [397]. In [396], guidelines were noted to help stakeholders bridge the broadband divide, for example: 1) establishing an independent national telecommunications regulatory authority; 2) sharing the investment in the physical infrastructure and human capital; and 3) competition between telecommunication service providers to reduce costs. Once basic infrastructure is established and the demand over broadband services starts to grow in rural areas, the wired fiber backbone will expand toward these areas since the business case becomes economically viable and gradually profitable [129], [397].

An illustrative example in this regard is shown in Fig. 13, where Fig. 13(a) shows a geographical area where urban centers are connected by fiber, along with some connectivity to neighboring rural villages, with most rural areas being unconnected. Fig. 13(b) shows an enhanced scenario with some basic rural connectivity in most areas: Although some areas are still unconnected (b1), some other remote areas have local networks that are not yet connected to the backbone (b7), whereas some others have local connectivity with intermittent connectivity to the Internet, for example, through DTN connectivity (b2, b4). The remote connectivity is mainly wireless (b3, b5), which could include WiLD distance, WiMAX, multihop/mesh networks (typically using WiFi and/or WiMAX), cellular broadband, or TVWS. Some of these wireless connections are connected to the Internet via satellite links (b6), as they might be too far to reach a fiber PoP. As demand grows in rural areas, the infrastructure expands to meet the increasing demand, and we reach the situation shown in Fig. 13(c): Fiber has expanded to new areas that are the closest to the previously connected zones (c2, c3, c5), more efficient and permanent connections using advanced technologies have replaced previous intermittent ones (c4), and no areas are isolated as satellite backhaul was provided to the most remote spots (c1, c7).

Hence, suitable policies can contribute to bridging the digital divide and preparing the rural areas to enter the 5G era [398], in the hope that user awareness and the market applications will allow them to catch up with the beyond
5G next-generation ICT technologies such as machine learning, AI, AR, autonomous driving, blockchain and cloud solutions [399].

C. Ultimate Target: Reaching Smart Living

As discussed in Section X-B, rural connectivity will hopefully evolve to reach a level comparable to that in urban hyperconnected areas. Reaching this level will help achieve the concept of “smart living” everywhere, as opposed to having only smart cities.

In fact, smart city advocates to deal with the problem of having half the world population already living in cities and another couple billion being on their way. As stated in [400]: “The world is becoming far more urbanized, and megacities with populations greater than ten to 20 million people are emerging; there is a greater need for large-scale operations and management for cities to effectively serve its inhabitants.”

However, with the evolution of rural connectivity to reach levels comparable to those of urban areas, we can
have not only smart cities, but also smart villages, smart towns, smart suburbs, etc. In such a scenario, one can enjoy quality healthcare, quality education, and several jobs can tolerate employees working remotely by benefiting from the huge advancements in communications technologies. All this can take place in a less crowded, less polluted rural environment. Thus, quality of living can be enjoyed without having to move to a big city.

Hence, while the technological progress has made the existence of smart cities with huge populations possible, that same progress, when rural connectivity evolves sufficiently, can also make it possible for people to enjoy quality living in their rural areas. This “smart everywhere” concept could lead to a more balanced population deployment between cities and rural areas while allowing all citizens to enjoy quality living.

Finally, we mention a final note supporting another side of the story, where limited connectivity is recommended even when advanced infrastructure is available: In [401], a discussion was provided about the benefits of adopting a hybrid model of connectivity, where people have Internet access but are not connected all the time, such that some of the side effects of the Internet are reduced. In other words, even if people have full connectivity in cities, it might be good to willingly adopt a model similar to certain rural areas, in order to preserve their mental health and social relationships.

XI. CONCLUSION AND LESSONS LEARNT

This article surveyed the literature related to providing connectivity to rural areas. The problem of providing connectivity to around half of the world population living in rural or underprivileged areas is indeed a major challenge. Thus, in this article, fronthaul and backhaul technologies used for connecting rural areas were presented and analyzed. The long-term CAPEX and OPEX costs of backhaul solutions for rural areas were discussed based on inputs from the relevant literature. In addition, challenges that are specific to connectivity in rural areas were listed and analyzed, while focusing on major issues like electricity provision, spectrum allocation, user awareness and acceptability, and gradual deployment from simple to complex networks in order to guarantee sustainability. Typical application scenarios in rural areas were presented, and several country-specific use cases were surveyed and analyzed. The lessons learned from the surveyed literature indicate that there is no single optimal solution that can be deployed to provide connectivity to rural areas. Although there are common aspects related to rural connectivity, each rural area has its own challenges and problems that need to be addressed. For example, wired deployment is easier in areas where railroad networks and the power grid are available, whereas in other areas local power generation should be catered for first before providing Internet connectivity, which would typically be wireless. Finally, this article outlined the future trends in the evolution of rural connectivity, in the hope of reaching ubiquitous global connectivity, a goal hopefully achievable by 5G+/6G networks.

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