NIRF Heptamethine Cyanine Dye Nanocomplexes for Multi Modal Theranosis of Tumors

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Heptamethine cyanine dyes are categorized as a class of near infrared fluorescent (NIRF) dyes which have been discovered to have tumor targeting and accumulation capability. This unique feature of NIRF dye makes it a promising candidate for imaging, targeted therapy and also as a drug delivery vehicle for various types of cancers. The favored uptake of dyes only in cancer cells is facilitated by several factors which include organic anion-transporting polypeptides, high mitochondrial membrane potential and tumor hypoxia in cancer cells. Currently nanotechnology has opened possibilities for multimodal or multifunctional strategies for cancer treatment. Including heptamethine cyanine dyes in nanoparticle based delivery systems have generally improved its theranostic ability by several fold owing to the multiple functionalities and structural features of heptamethine dyes. For this reason, nanocomplexes with NIRF heptamethine cyanine dye probe are preferred over non-targeting dyes such as indo cyanine green (ICG). This review sums up current trends and progress in NIRF heptamethine cyanine dye, including dye properties, multifunctional imaging and therapeutic applications in cancer.

Key Words: Neoplasms; Fluorescent Dyes; Drug Delivery Systems; Nanotechnology

INTRODUCTION

Near-infrared fluorescence (NIRF) imaging is an appealing method for cancer diagnosis at the early stage owing to its multi-detection capabilities and high sensitivity. Heptamethine cyanine dyes accumulate in tumor tissues and hence, have recently gained popularity for utilization in both imaging and therapy. Indocyanine green (ICG) is an optical imaging agent approved by the FDA and therefore the most widely used NIRF dye for imaging and therapeutic studies.1-4 Drawbacks of ICG include its inability to accumulate in tumors and inapplicability in tumor tracking for long-term theranosis. Newly synthesized analogues of heptamethine dyes, such as IR780, IR808, IR820, and MHI-148, have therefore been examined as alternatives for both imaging and therapeutic purposes (Fig. 1). Inorganic materials, such as gold, iron oxide nanoparticles, prussian blue, and graphene, as well as organic materials, such as polydopamine, have also been widely studied as optical or photothermal agents against various tumor types.
The safety and efficacy of these materials is however yet to be proven as their accumulation in tumors is mainly dependent on enhanced permeability and retention (EPR) effects rather than active targeting, which leads to non-specific accumulation. Heptamethine probes display tumor eradicating action upon laser (808 nm) irradiation, which presents an opportunity in photothermal therapy (PTT), photodynamic therapy (PDT), and other combinatorial therapeutic methods. Furthermore, NIRF dyes that are loaded or conjugated to nanoparticles and anticancer agents participate in combination to the collegial treatment of cancer. The combined advantage of NIRF dyes for imaging and therapeutic function thus contributes to the effective diagnosis and treatment of target cancers. The intention of this review is to provide a suitable and brief update on the promising NIRF heptamethine cyanine dyes and multifunctional agents.

**PROPERTIES OF NIRF HEPTAMETHINE DYES**

NIRF heptamethine dyes belong to a category of the ICG family that were recently discovered to have cancer targeting properties in combination with PTT and PDT. Analogues of heptamethine dyes include MHI-148, IR813, IR808, and IR780 (Fig. 2), which were initially utilized for the detection of cancers, e.g. detection of human kidney cancer using MHI-148 and IR783. They were found to be effective in detecting circulating blood and kidney cancer cells. Key advantages of heptamethine dyes, over other NIR dyes, are their abilities to accumulate in tumors, their stability, and their superior signal to noise ratios. Additionally, heptamethine dyes ensure minimal autofluorescence due to the high penetration depth in the NIR spectrum.

**CANCER SPECIFIC UPTAKE OF NIRF HEPTAMETHINE DYES**

The unique features of heptamethine dyes include their capability for cancer accumulation and to remain there for extended periods, which imparts excellent signal to noise ratios. Heptamethine dyes primarily accumulate in cancer cells because of the cell’s high mitochondrial membrane potential in comparison to normal cells. OATP1B3, a subtype of the organic anion transporting polypeptides (OATPs), is another factor responsible for the tumor specific uptake of heptamethine dyes. The uptake mechanism for the heptamethine dye analogue MHI-148 was indicated to be through the combined effect of OATPs and hypoxia-inducible factor 1α (HIF1α). MHI-148 dye uptake mechanisms in canine cancer cells and human prostate cancer cells (PCa) have also been explored (Fig. 3A). In addition, MHI-148 uptake by spontaneous canine testicular tumors was confirmed through Gallium complexation and positron emission tomography (PET). The capability of both IR783 and MHI-148 to accumulate in tumor tissues was also shown in kidney cancer xenograft mice and an ex vivo human kidney sample. In a more recent study, accumulation of MHI-148 was shown in patient-derived tumor xenograft (PDX) mice models and clinical gastric cancer specimens perfused with the dye (Fig. 3B, C). Heptamethine dye accumulation in the mitochondria of tumor cells has been shown using IR780 iodide and IR780 conjugated with nitrogen mustard (IR780NM). In vivo imaging showed that IR780NM retained its tumor-targeting property, suggesting that IR780 iodide is a good candidate for as a drug delivery agent for cancer-targeted imaging and therapy.

![Fig. 2. Different NIRF heptamethine dye structures. Figure reproduced with permission from (25) and (26). Copyright © 2017 Impact Journals and MDPI AG.](image-url)
CANCER IMAGING USING HEPTAMETHINE NIRF NANOCOMPLEXES

1. NIRF optical imaging

Heptamethine dye has excellent tumor-targeting properties, high quantum yield, and low autofluorescence in tissues, making them excellent tumor imaging probes.33 Colon cancer detection was achieved using NIR fluorescent nanoparticles containing IR783. Nanoparticles were prepared by conjugating IR783 to gelatin, using carbodiimide chemistry, thereafter incorporating iron oxide, and finally being coated with human serum albumin.34 IR780-based nanoparticles have also been specifically developed for targeting and imaging brain tumors (Fig. 4A). IR780-based nanoparticles were prepared by loading IR780 into liposomes for the subsequent development of IR780 phospholipid micelle, which had sizes of 95 nm and 26 nm, respectively. Cellular uptake in glioma cells was evaluated and the mitochondrial uptake profile was found to be excellent for both nanoparticles and free dye. In vivo imaging showed increased accumulation of IR780 phospholipid micelles in U87MG glioma orthotopic tumors, in comparison to IR780-liposomes (Fig. 4B). This, therefore, indicated that IR780 phospholipid micelles have a malignant brain tumor-targeting effect and could be used in future clinical studies.35 In another study, IR784 was PEGylated to form GUMBOS (Group of Uniform Materials Based on Organic Salts), which were nano- or mesoscale particles 100 to 220 nm in size. GUMBOS showed a large Stokes shift of 122 nm, as measured by UV spectroscopy, which is a positive feature for in vivo imaging where long wavelength dyes offer better light penetration.36

2. Multimodal and multifunctional imaging

NIRF imaging holds great promise for tumor detection as it presents numerous benefits for bioimaging; however, a disadvantage of NIRF for bioimaging is its very low spatial resolution. Combining NIRF with either magnetic resonance imaging (MRI) or PET is a good option to overcome any disadvantages since MRI and PET provide higher...
The NIR dye IR825 was previously used to synthesize nanoscale metal-organic particles (NMOPs), composed of Mn$^{2+}$ and polydopamine (PDA), which form core-shell nanoparticles with an external polyethylene glycol (PEG) layer. Mn-IR825@PDA-PEG NMOPs offer a T1-weighted MRI through mediation by Mn$^{2+}$, optical imaging, and the photothermal properties of IR825 (Fig. 5A). The nanoparticle is supposed to have excellent tumor-targeting properties with a rapid renal excretion behavior, therefore imparting multifunctional imaging use.
NIR dyes can be conjugated with gadolinium (Gd) for dual imaging purposes. The NIR dye MHI-148 has been conjugated to different types of porous Gd silicate-related nanoparticles (porous Gd silicate@mSiO2) to impart T1-T2 effects. Taken in combination with the tumor-targeting and NIR fluorescence effects of MHI-148, this finally provided a multimodal capability to the nanoparticle. 36 NIR dye IR825 was synthesized, combined with human serum albumin (HSA) and covalently linked to DTPA-Gd to inhibit tumor metastasis by targeting to the sentinel lymph nodes (SLNs). The HSA-Gd-IR825 nanocomplex was found to be capable of identifying sentinel lymph nodes through lymphatic circulation. This, in turn, promoted the idea of the ‘photothermal ablation assisted surgery’ strategy with assistance from MRI and NIR imaging. 39 In a separate study, a MHI-148 DOTA conjugate was incorporated to 67Cu (PC-1001) for multimodal breast cancer targeted imaging. In vivo studies indicated that the nanocomplex accumulated at very high levels in the tumor, with a 4.3-fold enhancement at 24 hours and a 5.8-fold enhancement at 48 hours. 40

Additional studies using IR825, found the dye formed nanocomplexes with the cationic polymer polyallylamine hydrochloride (PAH). The resulting nanocomplexes were termed J-aggregates and were found to have red-shifted fluorescence properties suitable for in vivo NIR imaging. This system was subsequently complexed with ultra-small iron oxide nanoparticles (IONP) and then PEGylated to form IR825@PAH-IONP-PEG composite nanoparticles that had NIR imaging properties, T2 contrast, and finally photothermal abilities when irradiated with a 915 nm laser (Fig. 5B). MRI analysis following intravenous injection of these particles showed high particle accumulation in the 4T1 tumor model, which was mediated by passive targeting and finally in vivo photothermal tumor ablation. 41

Photoacoustic imaging (PAI) is a method that analyzes optical energy density through inference from ultrasonic waves. Ultrasonic waves are emitted by photoacoustic imaging probes after laser absorption in the tissue. 42 The PAI property of the heptamethine cyanine dye IR780 is considered useful as it is more stable than ICG, which is conventionally used as an optical/photoacoustic agent. A multifunctional nanocomplex containing poly (ε-caprolactone) conjugated to helical poly (phenyl isocyanide) and loaded with IR780/camptothecin, was thus synthesized with NIRF optical/PAI properties along with PTT/chemotherapeutic effects, as confirmed through in vivo studies. 43

**CANCER THERAPY USING HEPTAMETHINE NIRF NANOCOMPLEXES**

1. **Gene therapy**

Pulmonary gene delivery with imaging capabilities were previously tested using ICG-pDNA/PEI complexes, but failed due to the loss of fluorescence efficiency in the presence of PEI and the high absorption rate of ICG in lung tissue (15 minutes evaluation period). In order to obtain excellent deposition in lung tissue and thereby evaluate gene expression, a PEG-NIRF agent containing NIR dye IR820 was complexed with pDNA/PEI (PEG-NIRF/complex). A PEG-NIRF/complex pulmonary localization study in mice established that 20% of locally delivered samples remained in lung tissue for 60 minutes, which was significantly higher than the 15 minutes for the ICG-pDNA/PEI complex. A lung deposition and gene expression correlation study found that after 60 minutes, target gene expression was significant. 44 This study therefore highlights the importance of using a heptamethine dye, as opposed to an ICG dye, for improved antitumor efficacy when using a gene delivery strategy.

2. **Chemotherapy**

The chemotherapeutic actions of heptamethine dyes for killing cancer cells are based on its mitochondrial accumulation ability in cancer cells above a threshold level, which deregulates mitochondrial metabolism/permeabilization, thereby activating the endogenous apoptosis pathway that then leads to cancer cell death. 45,46 Drug conjugated heptamethene dyes have also been studied for tumor-targeted drug delivery. IR783 conjugated to gemcitabine (NIRG) was evaluated and was aimed at the treatment of brain tumors and brain tumor metastases. Preferential accumulation of NIRG in U87 brain tumors was observed with maximum accumulation after 24 hours. NIRG treatment significantly reduced tumor size thus indicating the potential capacity of utilizing brain tumor-targeting dye-drug conjugates for cancer chemotherapy. 47

3. **Photothermal therapy**

Another potential use of heptamethene dyes is to harness their photothermal abilities owing to their absorbance in the NIR range with concomitant emission of heat. IR780 iodide, a near-infrared (near-IR) fluorescent dye, is a lipophilic dye that can be loaded in amphiphilic conjugates. This helps protect the dye from non-specific toxicity and enhances its photothermal efficiency (Fig. 6A). IR780 was previously loaded into the phospholipid mimicking amphiphilic homopolymer poly (12-(methacryloyloxy) dodecyl phosphorylcholine) (PMDPC), which was synthesized via reversible addition-fragmentation chain transfer (RAFT) polymerization. The size of the resultant nanoparticle was 159.9 nm. In vivo accumulation of PMDPC-IR780 in tumors was found to be greater than that of free IR780 in pancreatic tumor (BxPC-3) bearing mice. In addition, the in vitro photothermal effect of the nanoparticle was shown in BxPC-3 cells when irradiated with a 0.8 W/cm² laser. 48 In a separate study, PTT was used to treat bladder cancer. Hyaluronic acid was conjugated to amine modified IR780 forming amphiphilic conjugates that were then loaded with IR780 to obtain an enhanced photothermal effect along with CD44+-mediated tumor-targeted therapy. Additionally, the nanoparticle also exhibited a fluorescence on/off property in the presence of high hyalur-
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FIG. 6. Photothermal therapy of cancer cells (A) Laser-induced thermal damage to cancer cells after accumulation of NIRF probes. (B) Synthesis of IR780 loaded PMDPC-IR780 micelle nanoparticles and its application in photothermal therapy. Figure images and accompanying legend are reproduced with permission from (49, 53). Copyright © 2017 Dove Press Ltd and American Chemical Society.

Oxidase enzyme activity. The tumor reduction effect using PTT was studied and found to be highly effective at 20 mg/kg of HA-IR780 nanoparticles (Fig. 6B), with complete removal of the tumor in an orthotopic bladder cancer model.\(^5\)

IR825 loaded in PEG-grafted poly (maleic anhydride-alt-1-octadecene) (C18PMH-PEG) was synthesized to form micelle nanoparticles (IR825-PEG) with a median size of
25 nm. Fluorescence was almost completely quenched inside the micelle structure due to the intermolecular interaction, while retaining ultra-high photothermal efficiency without any toxicity to the treated animals. In another study, hydrophobic IR780 was modified to an even more hydrophobic structure by adding 13 carbon chains to one side

**FIG. 7.** Photodynamic therapy by light-induced ROS release and damage to cancer cells after NIRF probe accumulation. Figure images and accompanying legend are reproduced with permission from (53). Copyright © 2017 Dove Press Ltd.

**FIG. 8.** Sonodynamic therapy using IR780 (A) Schema showing the action of IR780 in releasing ROS using a sonodynamic transducer. Upon receiving US, IR780 that had accumulated in the tumor cells would receive US energy. When in the excited-state, IR780 restored back to the ground-state and releasing energy; $^{1}O_{2}$ and $H_{2}O$ absorb the released energy and changed into $^{1}O_{2}$ and $H_{2}O_{2}$. The superfluouls $^{1}O_{2}$ and $H_{2}O_{2}$ would subsequently cause the apoptosis and necrosis of tumor cells. (B) Quantification of ROS release by the DCF-DA assay in 4T1 cancer cells for $^{1}O_{2}$ (a), $H_{2}O_{2}$ (b), and $\cdot OH$ (c). (C) Cell viability analysis of 4T1 breast cancer cells incubated with PBS, 4 μM, 10 μM, or 16 μM of IR780. 4T1 breast cancer cells were incubated with PBS or IR780 and then administered with US for 0 s, 20 s, or 40 s. Twenty-four hours later, the levels of $^{1}O_{2}$ were evaluated. (D) Photograph of 4T1 tumors removed from mice 30 days after the tumor-bearing mice were treated by SDT with IR780. Figure images and accompanying legend are reproduced from (60). Copyright © 2017 Macmillan Publishers Limited.
and PEG2000 conjugation on the other to form a novel self-assembled particle capable of forming a soluble micelle (PEG-IR780-C13) with an average size of 116 nm. The tumor-targeting ability of these micelle nanoparticles was tested in CT-26 xenograft tumors and was shown to have high accumulation in tumors with photothermal ablation of tumor cells when irradiated with a laser set to 808 nm.52

4. Photodynamic therapy

Photosensitizers are responsible for reactive oxygen species (ROS) production and free radicals in the region of the tumor (Fig. 7), which are toxic to tumor cells and lead to subsequent tumor reduction.54,55 Heptamethine dyes, such as IR125, IR780, IR813, and IR820, were studied for their photodynamic effect in HeLa cells, with IR125 and IR813 found to be particularly phototoxic. IR125 showed dark toxicity of 75% and cell toxicity of 95% after irradiation at a concentration of 500 nM, while IR813 showed dark toxicity of 82% and cell toxicity of 93% after irradiation at the same concentration. The reason for the phototoxicity is the interaction of the sensitizer with molecular oxygen through a triplet-triplet annihilation process that in turn generates ROS.56

IR808, which is an analogue of IR780, was synthesized to show the photodynamic efficiency of IR808,56 however, the same group of researchers modified IR808 to show improved photodynamic efficiency. They developed an n-butyl ester derivative of IR808, namely IR808DB, and tested its anticancer effect in A549 cells (human lung cancer). IR808DB showed a 30-times greater anticancer effect than IR808. The photodynamic effect of IR808DB was tested in rTDMC cells and found to have high cell toxicity compared to dark toxicity when irradiated.57 In another study, NIR dye IR780 was used for cancer imaging and phototherapy by loading the dye inside amphiphilic micelles, which were based on D-α-tocopheryl polyethylene glycol succinate (TPGS) and D-α-tocopheryl succinate (TOS). The size of the resulting nanoparticles was found to be 115 nm, which was appropriate for passive targeted accumulation in tumor tissues. The DCF-DA assay was used to study ROS release in MCF-7 cells after irradiation with a laser. The fluorescence of micelle loaded with IR780 was significantly higher than the control, indicating the ROS release was higher.58

5. Sonodynamic therapy

Sonodynamic therapy (SDT) is a new method in which tissue penetrating low-intensity ultrasound (US) and sonosensitizers are combined to produce ROS in the tumor region, which offers a non-invasive approach to eradicating the tumor.59 IR780 iodide was recently used to function as the sonosensitiser for sonodynamic therapy (Fig. 8). This study showed that treatment with different concentrations of IR780 led to the release of high amounts of ROS in the 4T1 breast cancer cell line, along with a decrease in cell viability. An in vivo anti-tumor study also showed a significant reduction of the 4T1 breast tumor. Usage of heptamethine dyes as sonodynamic and photothermal agents for therapy is thus a very viable strategy for cancer therapy.60

COMBINATORIAL THERAPY

1. PTT/Chemotherapy

A Combination of photothermal therapy and chemotherapy is a promising strategy for treating cancer. A nanoparticle system loaded with chemotherapeutic cargo and a photothermal agent can be targeted to the tumor region and synergistically suppress tumors with much greater efficiency than a single drug strategy. ICG is the current photothermal agent of choice for PTT/chemotherapy since it is FDA approved and shows good photothermal efficiency.61 Recently, however, heptamethine dyes have been used instead of ICG because of their higher propensity to accumulate in tumors.

The dual-functional thermosensitive bubble-generating liposome (BTSL) was designed with an ability to target folic acid (FA)-overexpressing cancer cells. It was loaded with IR780 in its hydrophobic compartment and doxorubicin/ammonium bicarbonate (NH4HCO3) in its hydrophilic compartment. The triggered release of DOX was achieved by photothermal-mediated decomposition of the lipid bilayer by converting ammonium bicarbonate to CO2 bubbles, which causes a burst release phenomenon in cancer cells. An in vivo antitumor study showed the efficient reduction of tumors overexpressing FA through the combined action of PTT and chemotherapy.62 In a separate study, a smart, temperature-sensitive-liposome with DOX and IR780 (DITSL) was synthesized with a trigger release property through photothermal action (Fig. 9). DITSL nanoparticles showed release of the chemotherapeutic drug at temperatures higher than 42°C but not below 37°C (normal body temperature), which is explained by the phase transition temperature of the lipid bilayer. For tumor treatment, 4T1 breast cancer tumors were selected and an intra-tumoral injection was administered at 20 μg/20 μg of DOX/IR780 and 1 W/cm2 808 nm laser application in the tumor region. A significant reduction of tumor was observed by comparison to control groups.63

In an additional study, p-(NIPAM-co-PEGMEA)-b-PCL was loaded with IR780 and the hydrophobic heat shock protein 90 inhibitor (17-allylamino-17-demethoxygeldanamycin) was synthesized with an average particle diameter of 200 nm. The in vitro and in vivo effect of these nanoparticles was studied in HCT-116 cells and in HCT-116 tumors induced in SCID mice by applying the laser set to 0.8 W/cm2 for 2 minutes to the tumor region after migration of the micelles. Compared to unloaded micelles, co-loaded micelles showed effective tumor reduction.64

2. PTT/PDT

Another type of combination therapy is PTT/PDT, where the therapeutic agent and photosensitizer are the NIRF heptamethine dyes. In this case, a multifunctional nanocarrier encapsulates both chlorin e6 (Ce6) and acts as a
photosensitizer. The so-called theranosome (TNS) encapsulates Ce6 by protecting it from photodegradation. The TNS, after reaching the tumor site, is degraded by the photothermal ablation effect of IR780 thereby releasing Ce6 and simultaneously recovering phototoxic activity. The mitochondrial targeting effect of TNS is enhanced by adding triphenylphosphonium (TPP), which is a mitochondrial targeting agent, to the nanoparticle system. In vitro tests revealed that the TNS/TPP system has a very high toxic effect to tumor cells compared to normal cells due to combined PTT/PDT effect.65

The dual properties of IR780 to act as a PTT/PDT agent was reported with regard to human serum albumin-loaded IR780 (HSA-IR780) nanoparticles. The main feature of these nanoparticles was to enhance IR780 solubility (almost 1,000 times) and decrease toxicity in mice. The in vivo tumor reduction study was conducted with an intravenous injection of HSA-IR780 nanoparticles followed by laser irradiation (1 W/cm²) 24 hours later in CT-26 tumor-induced BALB/c mice. Tumor reduction was only observed for the nanoparticle injected and laser irradiated model. This study showed the dual properties of IR780 to act as both a PTT and PDT agent.66

In another work, NIR heptamethine dye IR-780 was used for PTT/PDT by modification with transferrin protein to render the dye hydrophilic and multifunctional (Fig. 10A). The main key point in this work is the application of a single laser wavelength for both PTT and PDT. The size of the nanoparticles was 65 nm on average. In vitro phototherapy studies showed effective tumor accumulation and cell death in the CT-26 cell line (Fig. 10B). The in vivo tumor reduction study in CT-26 tumor induced mice also showed effective therapeutic effects, possibly due to the PTT/PDT combine effect as stated earlier (Fig. 10C).68

CONCLUSION

Heptamethine cyanine dyes have gained interest due to their tumor specific accumulation and theranosis potential. Various analogues of heptamethine dyes have been synthesized and all have excellent bioavailability, bio-stability, and a fluorescent property as common features. Some of the dyes have been tweaked with a few molecular modifications to enhance cancer toxicity, hydrophobicity, or cancer specificity. Apart from functional modifications, structural changes in dyes have also been tried out for increased stability and photosensitivity. Heptamethine dyes have been used as a part of a nanocomplex system that of-

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**FIG. 9.** DITSL nanoparticles for PTT/Chemotherapy. (A) Schematic diagram of DOX release from DITSL under NIR-laser irradiation. The liposome membrane temperature would increase when the NIR-laser irradiation was applied. Destruction of the liposome membrane occurs when the membrane temperature reaches 42°C. (B) Schematic diagram of DITSL preparation. (C) The representative infrared photothermal images of tumors following laser irradiation. Figure images and accompanying legend are reproduced from (63). Copyright © 2017 Ivyspring International Publisher.
fers multimodal imaging, photothermal, photodynamic, and combinatorial therapeutic approaches. In the future, heptamethine cyanine dyes can be considered as suitable choices for imaging and therapeutic applications.

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CONFLICT OF INTEREST STATEMENT

None declared.

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