TRPV4 Inhibition Exerts Protective Effects Against Resistive Breathing Induced Lung Injury

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Introduction: TRPV4 channels are calcium channels, activated by mechanical stress, that have been implicated in the pathogenesis of pulmonary inflammation. During resistive breathing (RB), increased mechanical stress is imposed on the lung, inducing lung injury. The role of TRPV4 channels in RB-induced lung injury is unknown.

Materials and Methods: Spontaneously breathing adult male C57BL/6 mice were subjected to RB by tracheal banding. Following anesthesia, mice were placed under a surgical microscope, the surface area of the trachea was measured and a nylon band was sutured around the trachea to reduce area to half. The specific TRPV4 inhibitor, HC-067047 (10 mg/kg ip), was administered either prior to RB and at 12 hrs following initiation of RB (preventive) or only at 12 hrs after the initiation of RB (therapeutic protocol). Lung injury was assessed at 24 hrs of RB, by measuring lung mechanics, total protein, BAL total and differential cell count, KC and IL-6 levels in BAL fluid, surfactant Protein (Sp)D in plasma and a lung injury score by histology.

Results: RB decreased static compliance (Cst), increased total protein in BAL (p < 0.001), total cell count due to increased number of both macrophages and neutrophils, increased KC and IL-6 in BAL (p < 0.001 and p = 0.01, respectively) and plasma SpD (p < 0.0001). Increased lung injury score was detected. Both preventive and therapeutic HC-067047 administration restored Cst and inhibited the increase in total protein, KC and IL-6 levels in BAL fluid, compared to RB. Preventive TRPV4 inhibition ameliorated the increase in BAL cellularity, while therapeutic TRPV4 inhibition exerted a partial effect. TRPV4 inhibition blunted the increase in plasma SpD (p < 0.001) after RB and the increase in lung injury score was also inhibited.

Conclusion: TRPV4 inhibition exerts protective effects against RB-induced lung injury.

Keywords: resistive breathing, TRPV4, lung permeability, pulmonary inflammation

Introduction

Transient Receptor Potential Vanilloid-4 (TRPV4) channels are mechano-sensitive calcium channels that have been detected in various lung cell types, including the epithelium and endothelium,1 alveolar macrophages,2 airway smooth muscle cells3 and circulating inflammatory cells, especially neutrophils.4 Recently, the TRPV4 calcium channels have received great attention for their role in mediating acute lung injury and pulmonary inflammatory responses.5,6 TRPV4 are activated by mechanical stress and have been implicated in the pathogenesis of pulmonary inflammation in in-vivo models of ventilator-induced lung injury (VILI).2 Their role, however, is not limited to mechanical stress-induced lung injury, given that blocking TRPV4 channels also prevented acid-induced lung injury in mice.4

During exacerbations of airway diseases, such as asthma and COPD, the lung is exposed to significant mechanical stress through increased airway narrowing (bronchoconstriction), hyperinflation and rigorous contractions of the inspiratory muscles (mainly the diaphragm), resulting in large negative swings in intrathoracic pressure.7,8 In an effort to mimic the mechanical consequences of severe airway obstruction, our research group has established a mouse model of resistive
breathing through tracheal banding that induces lung injury and pulmonary inflammation. An acute bout of inspiratory resistive breathing in rats results in activation of mechanosensitive pathways in the lung by increasing the phosphorylation of Src kinase, a central kinase in mechanotransduction. However, the role of TRPV4 channels in resistive breathing induced acute lung injury is unknown.

Thus, we hypothesized that the mechanosensitive TRPV4 channels are implicated in the pathogenesis of resistive breathing-induced lung injury and that TRPV4 inhibition protects from the devastating effects of resistive breathing. For this purpose, we have employed the mouse model of resistive breathing through tracheal banding and TRPV4 channel inhibition was studied in both a preventive (prior to stimuli) and a therapeutic manner (after stimuli).

**Materials and Methods**

**Subjects**

Adult male C57BL/6 mice (8–10 weeks old) were used in this study. Animals were purchased by the Biomedical Sciences Research Center “A. Fleming” and were housed in a 12-hour day/night cycle at the Experimental Surgery unit of Evangelismos Hospital provided food and water ad libitum.

**Animal Model of Resistive Breathing Through Tracheal Banding**

An animal model of resistive breathing through tracheal banding was employed, as previously described by our group. Briefly, mice were anaesthetized with an intraperitoneal injection of ketamine (90 mg/kg) and xylazine (5 mg/kg) and placed under a surgical microscope. The trachea was exposed, and a nylon band of a pre-specified length was introduced below the trachea and sutured around it, to provoke a 50% reduction of its surface area. This has been shown before to induce a resistive load of $P_{pl}/P_{pl,max}$ ~0.22, increased twofold compared to sham controls. Following recovery from anesthesia, the mice were returned to their cage. Resistive breathing was applied for 24 hours. Sham operated animals were used for comparisons (controls). A 24-hour time frame was chosen to investigate the acute effects of resistive breathing. Based on the time course presented in the supplementary methods, 24 hours is also the time point where a complete spectrum of RB-induced lung injury is firstly observed, in terms of inflammation (Figure S2, S4 and Table S1), lung permeability (Figure S1) and mechanics derangement (Figure S3).

**TRPV4 Inhibition**

TRPV4 inhibition was performed in both preventive and therapeutic manner. For preventive action two doses of the specific TRPV4 inhibitor, HC-067047 (10 mg/kg ip in 3% DMSO), were administered 30 min prior to tracheal banding and at 12 hours. To estimate the therapeutical potential of TRPV4 inhibition only one dose of HC-067047 was administered at 12 hours of tracheal banding. Comparisons were performed with mice receiving only the diluents (3% DMSO in normal saline). This dose of HC-067047 has been previously shown to achieve a drug plasma level above half maximal inhibitory concentration (IC50) in rats for at least 4 hours and has been also used in vivo in mice.

**Mechanical Parameters of the Respiratory System**

Following 24 hours of resistive breathing, the animals were anaesthetized with an intraperitoneal injection of ketamine (90 mg/kg) and xylazine (10 mg/kg), the sutures and the nylon band around the trachea were carefully removed and the mice were tracheostomized. Then, the mice were connected to a small animal ventilator (FlexiVent, Scireq) to measure respiratory system mechanics. The impedance of the respiratory system was measured by the forced oscillation technique (FOT). Impedance ($Z$) was then fitted to constant phase model: $Z(f) = R_n + i2\pi f I + (G-iH)/(2\pi f)^\alpha$, where $R_n$ is the newtonian resistance of the airways, $i$ is the imaginary unit, $f$ is the frequency, $I$ is the inertance of the gas in the airways, $G$ represents tissue damping/viscance (a parameter closely related to tissue resistance that reflects the energy dissipation in the alveoli) and $H$ represents tissue elasticity. Alpha can be calculated through the equation $\alpha = (2/\pi)\arctan(H/G)$. A static pressure-volume curve was also performed to measure static compliance (slope of the mid linear part of the expiratory P-V curve) and hysteresis, as previously described. Thirty seconds prior to measurements, the lung volume history was once standardized by performing a deep inspiration to 30 cmH20.
Bronchoalveolar Lavage Fluid
Following measurement of the mechanical parameters of the respiratory system, the mice received an additional dose of anaesthesia and were sacrificed by exsanguination (vena cava dissection) after collecting a blood sample. The thoracic cavity was then opened and the left main bronchus was temporarily ligated. Three aliquots of 0.5mL normal saline were instilled into the right lung and were gently withdrawn. Bronchoalveolar lavage (BAL) fluid was then centrifuged (300xg, 5 min), the supernatant was stored at −80 C for further analysis and the cell pellet was reconstituted in 1mL of normal saline.

Cell Count (Total – Differential)
Total cell counts were measured with Trypan blue stain and aliquots were pelleted on glass slides by cytocentrifugation. Differential counts were performed on May-Grünwald-stained cytospins and percentages of macrophages, neutrophils, lymphocytes and eosinophils/basophils were determined by counting their number in 300 cells. The number of eosinophils/basophils was negligible and was not further analyzed.

Total Protein and Cytokine Levels in BAL Fluid
Total protein concentration of BAL fluid was measured, using a colorimetric protein assay according to the manufacturer (BioRad, USA). Bovine serum albumin was used to create standard curves. The protein levels of IL-6, a cytokine that is consistently upregulated in the lung, diaphragm and blood following resistive breathing in both animal and human studies15–17 and keratinocyte-chemoattractant (KC), a major neutrophil chemoattractant, were measured with ELISA from BAL fluid supernatant with the standard protocol supplied by the manufacturer (DuoSet ELISA, R&D Systems, Minneapolis, USA).

Lung Histology
Following BAL, the right main bronchus was ligated and removed. The left lung was then fixed with 4% formaldehyde under 20 cm H2O pressure and removed. After 24 hours, the lung tissue was embedded in paraffin and haematoxylin and eosin stained lung tissue sections were acquired using conventional techniques. A lung injury score was determined, as previously described,15 based on the following histological features: (i) focal alveolar membrane thickening, (ii) capillary congestion, (iii) intra-alveolar haemorrhage, (iv) interstitial, (v) intra-alveolar leukocyte infiltration and (vi) presence of edema. Each feature was scored from 0 to 3 based on its absence (0) or presence to a mild (1), moderate (2), or severe (3) degree.

Surfactant Protein D (SpD) Levels in Blood Samples
SpD protein level was estimated from a blood sample with ELISA with the standard protocol supplied by the manufacturer (DuoSet ELISA, R&D Systems, Minneapolis, USA).

Statistical Analysis
Data presented as mean ± SD. Statistical analysis was performed with one way ANOVA and the Fisher LSD test for post hoc comparisons. Statistical significance was defined by a p value <0.05.

Results

Mechanical Parameters of the Respiratory System
As shown in Figures 1A, 24 hrs of RB resulted in a right- and downward shift of the static pressure-volume curve of the respiratory system, consistent with the presence of lung injury. Static compliance ($C_{st}$) of the respiratory system was decreased, compared to control (p = 0.004, Figure 1B). Both preventive and therapeutic TRPV4 inhibition ameliorated the decrease in $C_{st}$ following RB. Interestingly, TRPV4 inhibition resulted also in a marginal increase in $C_{st}$ in quietly breathing animals (control), compared to diluent (3% DMSO) (p = 0.049). Accordingly, respiratory system mechanics measurement by the forced oscillation technique revealed that 24h of RB increased tissue viscance (G) and elasticity (H)
(G, p = 0.02 to ctr, H, p = 0.001 to ctr), an effect that was not observed following either preventive or therapeutic TPV4 inhibition (Figure 1C and D). Newtonian resistance (Rn) was not affected by resistive breathing (ANOVA, p = 0.45).

**Lung Histology**

As previously reported by our group, RB significantly increased the total lung injury score, compared to control (~5-fold, p < 0.001, Figure 2). Prophylactic TRPV4 inhibition completely ameliorated this increase, since the lung injury score returned to control values (p < 0.001 to RB). Therapeutic TRPV4 inhibition exerted a partial reparative effect, since lung injury was attenuated compared to RB (p = 0.003) but remained noticeable compared to control (p = 0.005). (For a full description of the changes in individual histological features, see Table 1).

**Total and Differential Cell Count in BAL Fluid**

Following 24h of RB a ~3.8-fold increase of total cell number in BAL fluid was noticed compared to sham controls (p < 0.001, Figure 3A), due to an increase in both macrophage and neutrophil count (p < 0.001 and p < 0.001, respectively). Preventive TRPV4 inhibition completely ameliorated the increase of both macrophages and neutrophils (p < 0.001 and p < 0.001 to RB, respectively, Figure 3B and C). Therapeutic TRPV4 inhibition exerted a partial protection, since both macrophages and neutrophils, although reduced compared to RB (p = 0.008 and p < 0.001, respectively), remained elevated compared to sham controls (p < 0.001 and p = 0.02, respectively, Figure 3B and C). Following RB, a significant increase of lymphocyte count was noticed (x10^4/mL, sham 0.017±0.018, RB 0.21±0.16, p = 0.004), although lymphocytes were the least abundant cell type in BAL fluid (<1% of total). Both prophylactic and therapeutic TRPV4 inhibition blocked the increase of lymphocytes following RB (p = 0.01 and p = 0.03 to RB, respectively).
Cytokine Levels in BAL Fluid
RB resulted in a ~2.8-fold and ~25-fold increase of IL-6 and KC levels in BAL fluid, compared to control (p = 0.01 and p < 0.001, respectively, [Figure 4A and B](#)). Following both prophylactic and therapeutic TRPV4 inhibition, IL-6 levels returned to control values (p = 0.0012 and p = 0.006 to RB, respectively), whereas KC levels decreased compared to RB, but remained elevated compared to control values (prophylactic inhibition, p < 0.001 to ctr and RB, therapeutic inhibition, p = 0.018 to ctr, p < 0.001 to RB).

Total Protein Levels in BAL Fluid and Surfactant Protein D (SpD) Levels in Blood Samples
Following 24hrs of RB, total protein levels in BAL were elevated (p = 0.01 to ctr) but returned to control values following both preventive and therapeutic TRPV4 inhibition (Figure 5A). Resistive breathing resulted in an increased plasma level of SpD (p < 0.001 to ctr), (Figure 5B). Both protective and therapeutic TRPV4 inhibition significantly decreased SpD plasma level following resistive breathing (~43% (p < 0.001) and ~57% (p < 0.001) reduction, respectively), although SpD level remained elevated compared to ctr (p < 0.001 and p = 0.008, respectively).

**Table 1** Histological Features of Lung Injury Following Resistive Breathing and the Protective Effect of TRPV4 Inhibition

|                          | Focal Thickening | Capillary Congestion | Intra-Alveolar Hemorrhage | Interstitial Leukocyte Infiltration | Intra-Alveolar Leukocyte Infiltration | Edema | Total |
|--------------------------|------------------|----------------------|---------------------------|------------------------------------|--------------------------------------|-------|-------|
| Sham + 3% DMSO           | 0.41 ± 0.37      | 0.16 ± 0.25          | 0.08 ± 0.20               | 0.33 ± 0.40                        | 0.08 ± 0.20                          | 0.08 ± 0.20 | 1.16 ± 0.75 |
| Sham + trpv4 inh         | 0.33 ± 0.25      | 0.25 ± 0.27          | 0.00 ± 0.00               | 0.25 ± 0.27                        | 0.08 ± 0.20                          | 0.08 ± 0.20 | 1 ± 0.83  |
| RB + 3% DMSO             | 1.21 ± 0.39 #    | 1.07 ± 0.18 #        | 1.00 ± 0.40 #             | 1.14 ± 0.37 #                      | 1.07 ± 0.18 #                        | 0.57 ± 0.60 # | 6.07 ± 1.71 # |
| RB + pre trpv4 inh       | 0.57 ± 0.53 #    | 0.28 ± 0.39 #        | 0.14 ± 0.37 #             | 0.5 ± 0.40 #                       | 0.07 ± 0.18 #                        | 0.28 ± 0.39 | 1.85 ± 1.93 # |
| RB + post trpv4 inh      | 0.75 ± 0.27 #    | 0.75 ± 0.27 # ^      | 0.16 ± 0.40 #             | 0.41 ± 0.37 # ^                     | 0.75 ± 0.27 # ^                      | 0.75 ± 0.27 # ^ | 3.58 ± 1.06 # ^ |

**Notes:** Data presented as mean ± stdev. #p < 0.05 to sham + 3% DMSO, #p < 0.05 to RB+ 3% DMSO, ^p < 0.05 to RB+pre TRPV4 inh.
Figure 3 Total and differential cell count in BAL fluid following resistive breathing and the effect of TRPV4 inhibition. 24h or RB was resulted in increased total cell numbers in BAL fluid (A), due to raised macrophages (B) and neutrophil counts (C). Preventive TRPV4 inhibition completely abolished this effect, while therapeutic TRPV4 inhibition exerted a partial protection. Data presented as mean ± stdev, n = 5-6 per group, *p < 0.05 to sham + 3% DMSO, #p < 0.05 to RB+ 3% DMSO, ^p < 0.05 to RB+preTRPV4 inh.
The main finding of our study is that inhibition of TRPV4 channels reduces pulmonary inflammation and lung permeability derangement following resistive breathing, both in a preventive and a therapeutic manner.

As previously described by our group, resistive breathing through tracheal banding in mice resulted in lung injury, as assessed by the induction of pulmonary inflammation, increase in lung permeability and alterations in respiratory system.
mechanics, i.e., reduction in static compliance. Spontaneous breathing through tracheal banding results in increased mechanical stress in lung, due to increased airway resistance and negative intrathoracic pressures provoked by rigorous contractions of the inspiratory muscles. Although a direct injurious effect of the increased mechanical forces cannot be excluded, resistive breathing is found to result in activation of “mechanosensitive” pathways in the lung that at least in part mediate the induction of lung injury, such as the Src kinase pathway. This is in accordance with other forms of mechanical stress-induced lung injury, such as ventilator-induced lung injury (VILI).

Over the last years, TRPV4 channels have been recognized, as a key “mechanosensitive” mediator in the lung. In vivo, high tidal volume ventilation led to activation of TRPV4 channels in the lung, presumably through phosphorylation. Interestingly, our group has shown that Src kinase is activated in the lung shortly following resistive breathing and Src kinase can activate TRPV4 through tyrosine phosphorylation raising the interesting possibility that TRPV4 channels might have been activated in our model secondary to Src activation. Nevertheless, TRPV4 activation in the lung is multifactorial since TRPV4 can be also chemically activated, such as through a 14.15-epoxyeicosatrienoic (EET) acid-mediated mechanism. Although the mechanism for the activation of TRPV4 following resistive breathing is not determined and was beyond the scope of our study, the use of a highly specific TRPV4 inhibitor allowed us to investigate the role of TRPV4 in RB-induced lung injury.

According to our results, TRPV4 inhibition dampened the inflammatory response in the lung following resistive breathing. Histological analysis and measurement of total and differential cell count in BAL fluid revealed a reduced influx of leukocytes (both macrophages and neutrophils) in the lung following TRPV4 inhibition, an effect seen especially in the preventive HC-067047 administration. This is in accordance with previous studies showing an anti-inflammatory effect of TRPV4 inhibition in acid-induced and ventilator-induced acute lung injury. Moreover, TRPV4 inhibition resulted in a significant reduction in cytokine levels in the BAL fluid, such as KC, which is the mouse analog for IL-8, a major chemokine for neutrophils. Indeed, TRPV4 channels have been shown to play an important role in neutrophil infiltration in the lung and inhibition of TRPV4 channels in circulating neutrophils, ameliorated neutrophil activation.

Cumulative evidence has established a clear role of TRPV4 activation in disruption of the alveolar-capillary membrane integrity. Our findings are in accordance with this role, since TRPV4 inhibition was found to ameliorate the increase of total protein in BAL fluid following resistive breathing, an indirect marker of increased lung permeability. Activation of TRPV4 channels induces an increase in total protein levels in the lung through a metalloproteinase (MMP)-2 and −9 mediated mechanism and we have shown that an acute session of inspiratory resistive breathing induces MMP-9 expression in the lung. Interestingly, in a model of hydrostatic pulmonary edema through increased lung microvascular pressure, TRPV4 activation resulted in increased lung permeability, but also activated a negative-feedback loop through induction of cGMP pathway, suggesting that cGMP inactivates TRPV4 function in lung microvascular endothelial cells. Our group has shown that resistive breathing downregulates the cGMP pathway and that restoration of cGMP levels restores lung epithelial permeability following resistive breathing, suggesting that the described downregulation of cGMP pathway in our model could be
contributing to a continuing activation of TRPV4 channels. In support of the role of TRPV4 in the resistive breathing induced lung injury, TRPV4 inhibition, both prior and after initiation of resistive breathing caused a significant decrease in blood SpD levels, a potential serum biomarker of lung epithelial injury,\textsuperscript{28} which is correlated with clinical outcomes in COPD patients (the prototype disease of resistive breathing).\textsuperscript{29} It should be mentioned that although SpD increase in plasma does reflect epithelial injury that injury could be a result of epithelial interaction with leukocytes rather than the direct consequence of epithelial TRPV4 activation through mechanotransduction.\textsuperscript{5} TRPV4 has been shown to influence neutrophil recruitment in the lung, the expression of chemotactic cytokines and ROS production by neutrophils\textsuperscript{4} and the expression of adhesion molecules.\textsuperscript{30} Indeed, in our experiment, as stated above, TRPV4 inhibition prevented the leukocyte increase in the BAL fluid and decreased KC expression. In contrast, however, in a mouse model of acid-induced lung injury, the TRPV4-mediated increase in lung permeability was attributed to TRPV4 expressed in the lung rather than to TRPV4 expressed in circulating neutrophils.\textsuperscript{4}

To our knowledge, this is the first study to evaluate TRPV4 role in pulmonary inflammation in an animal model of severe airway obstruction. Our results may have clinical implications for diseases of severe airway obstruction, such as post obstructive pulmonary edema or exacerbations of airway diseases, such as COPD and asthma. As previously reported by our group, the magnitude of resistive load and the time frame used in our animal model were chosen to mimic the mechanical consequences observed in exacerbations of obstructive pulmonary diseases.\textsuperscript{9,15,19} Indeed, there are human clinical data on the consequences of COPD exacerbations that are consistent with our findings, mainly from imaging studies,\textsuperscript{31} since obtaining histological samples or performing lung permeability studies during acute exacerbation of COPD is challenging. In an autopsy study where in 6 patients death was attributed to respiratory failure secondary to COPD exacerbation per se, 3 of these patients were exhibiting bilateral infiltrates and 2 vascular congestion on the chest x-ray on Hospital admission.\textsuperscript{32} Moreover, William NP et al, 2018, have reported pulmonary infiltrates in 20.1% of COPD exacerbation that correlate with more intense systematic inflammation.\textsuperscript{33}

Thus, our results raise the intriguing possibility of a therapeutic role of TRPV4 inhibition for diseases of airway obstruction, especially during exacerbations. TRPV4 expression has been detected not only in the lung periphery (alveolar epithelial and microvascular endothelial cells), but also in cultured human airway smooth muscle cells\textsuperscript{34} and airway sensory neurons\textsuperscript{35} suggesting a potentially important functional role of TRPV4 in the lung. In vitro, TRPV4 activation results in airway constriction in isolated human bronchus sections,\textsuperscript{3} suggesting that inhibition might be having bronchodilatory effects. TRPV4 knockout mice exhibit reduced lung inflammation following exposure to cigarette smoke,\textsuperscript{36} suggesting that TRPV4 inhibition might have antiinflammatory effects, as documented in our current study. Interestingly, TRPV4 polymorphisms have been associated with COPD in humans.\textsuperscript{37}

An important finding of our study is that TRPV4 inhibition retained its anti-inflammatory action, even when performed 12 hours after the initiation of resistive breathing. This increases the clinical implications of TRPV4 inhibition as a potential therapeutic intervention after injury has occurred. In fact, this possibility has been previously also suggested in models of chemically induced acute lung injury.\textsuperscript{24} Further studies are needed to fully elucidate the therapeutic potential of TRPV4 manipulation with possible distinction between sterile (as in our model) or infectious inflammation.\textsuperscript{38} This is also applicable to diseases of airway obstruction, where the phenotyping between infectious vs non-infectious causes of exacerbations is currently challenging. Thus, together with the recently described roles of TRPV4 channels in control of breathing by inducing rapid shallow breathing\textsuperscript{39} and as mediators of hypoxic pulmonary vasoconstriction,\textsuperscript{40} TRPV4 channels is an attractive though complex/multifactorial therapeutic target.

**Conclusions**

In conclusion, our study provide evidence for a protective effect of TRPV4 inhibition both in a preventive and therapeutic manner in an animal model of severe airway obstruction.

**Abbreviations**

BAL, bronchoalveolar lavage; COPD, chronic obstructive pulmonary disease; DMSO, dimethyl sulfoxide; RB, resistive breathing; SpD, surfactant protein D; TRPV4, transient receptor potential vanilloid-4.
Data Sharing Statement
The data used in the current study are available from the corresponding author on reasonable request.

Ethics Approval
All procedures, described in Materials and Methods, were approved by the ethical committee of the experimental surgery Department of Evangelismos Hospital and are in accordance with the national law that follows the European Union Directive (2010/63/EU) on the protection of animals used for scientific purposes.

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Author Contributions
All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; gave final approval of the version to be published; and agree to be accountable for all aspects of the work.

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Disclosure
The authors have no conflicts of interest to disclose.

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