The calculation of the field of an antenna located near the human head

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ABSTRACT
In this work, a numerical calculation was carried out in one of the universal programs for automatic electro-dynamic design. The calculation is aimed at obtaining numerical values for specific absorbed power (SAR). It is the SAR value that can be used to determine the effect of the antenna of a wireless device on biological objects; the dipole parameters will be selected for GSM1800. Investigation of the influence of distance to a cell phone on radiation shows that absorbed in the head of a person the effect of electromagnetic radiation on the brain decreases by three times this is a very important result the SAR value has decreased by almost three times it is acceptable results.

1. INTRODUCTION
In the near zone of the antenna, there are other radio-technical parts of the device, which significantly affected by the electromagnetic field [1]. There is a need to solve the problem of electromagnetic compatibility. One of the methods is to create such a spatial structure of the near-field of the antenna, in which the minimum (or minima) of the field will coincide with the main radio-technical units of the device, the most sensitive in the external electromagnetic field [2]. An urgent problem is the creation of small-sized antennas with special properties, in particular, providing a certain field structure in the near-field zone of the antenna. As you know, the attenuation of electromagnetic waves in space depends on the distance from the emitter to the object [3].

Since cellular devices are in close proximity to a person throughout the day, their radiation makes up a significant part of the entire electromagnetic influence of the modern world on a person (towers of radio television stations, power lines, Wi-Fi antennas, etc. Other wireless devices, household electrical appliances, cellular stations). To date, scientists have not come to a consensus on the effect of electromagnetic radiation from cellular devices on the human body [4]. Numerous studies on biological objects carried out by scientists from different countries, including Russia and Malaysia have led to ambiguous, sometimes conflicting results. The only undeniable fact remains that the human body reacts to the presence of radiation from a cell phone. About half of the radiated power of a modern cell phone during a conversation absorbed by the head, in which electromagnetic energy converted into heat [5]. According to [6], the energy losses of the
The brain is the center of the body that sends electrical signals throughout the body, and most of the processes in it occur due to the formation of temporary electronic circuits (circuits). Since the control electrical impulses are of low power [7], the source of electromagnetic radiation (which is constantly in the pocket of trousers or on the chest) with a power of up to 2 Watt cannot but have a pathogenic effect on the human body [8]. The radiation source, acting on the head, begins to influence both the organization of thought processes (higher nervous activity) and the transmission of signals to all human organs [9]. This can lead to changes in the activity of the brain: memory deteriorates, attention is weakened, irritability and fatigue increase [10].

This year, the World Health Organization classified radiation from cell phone antennas to the list of carcinogens-external factors that influence the development of cancer, in particular brain cancer [11]. For these reasons [12], attenuation of radiation from a cell phone in the head area is a rather urgent problem. One of the ways to protect the brain from the electromagnetic field is the use of shielding, ie using the shading effect. The shadow behind the metal screen extends over a distance of the order of the screen size [13]. To protect the entire head area, it is possible to suggest the use of an absorber, ie a dielectric screen that absorbs some of the energy. In this case, it is necessary to take into account the effect on the radiation pattern and on radiation losses both in the screen and in the head [14].

In this paper, we consider a more general problem of forming the electric field zeroes by a system of a finite number of emitters, from two or more [15]. The purpose of the work is to investigate the possibility of creating an area with a minimum value of the electromagnetic field near the user and at the same time to form the directional pattern necessary to ensure communication at large distances from the user [16]. This approach seems to be promising not only for antennas of cell phones, but also for other devices (wireless systems of laptops, wireless headsets placed near the human body, etc.), and can also find application in solving problems of electromagnetic compatibility various radio facilities [17].

2. RESEARCH METHOD

2.1. Problem formulation

The protective effect of an additional antenna or a system of antennas studied, in this work based on a different principle-on mutual suppression in a certain region of the fields generated by different radiating elements [18]. The method of suppressing the electromagnetic field in a given area consists in creating in this area a field from the additional antenna equal in magnitude and opposite in phase to the field from the main radiating antenna [19]. As a result, interference zeros appear in space, significantly reducing absorption indices of the electromagnetic field in the area nearest to them [20].

The formation of such interference zeros is discussed in [21], [22] for example of, a Huygens element with an arbitrary ratio of currents and in [23], [24] for a system of two parallel electric dipoles (vibrators). The formation of the fixed zeros of the electric field at a finite distance from the system of radiators carried out by selecting the amplitude and phase difference of their currents [25]. The effectiveness of interference suppression lies in its main property: if two signals of the same amplitude interfere, then when adding in phase at a given point, the power rises to 3dB, and in antiphase it is suppressed to minus infinity dB [26], [27].

2.2. Software setup

While HFSS implements of the finite element method (FEM), the field arrangements found from Maxwell's conditions precisely foresee all scattering attributes existing and changes of wave types, losses in materials and radiation. Despite the advantages that Microwave Office and FEKO have in solving electromagnetics three dimensional problems. The primary element of the FEKO program that recognizes it from comparative items (Microwave Office, HFSS, and so forth) is the effective blend of mathematical techniques for tackling three dimensional electromagnetics issues such as the method of moments (Mom), the method of physical optics (MFO) and homogeneous diffraction theory (OTD), [27]. Disadvantages appear like other programs in case computer modeling for high frequencies [28].

The CST software contains four different simulation methods: transient analysis, frequency domain, analysis eigenvalue (solution) determination, and wave form analysis solver. The environment was developed taking into account the ever-increasing requirements for the complexity of simulated effects and their interrelations: Mixed analysis of electrical circuits and EM structures, Thermal analysis of electrical losses, Analysis of the behavior of charged particles in a static or resonant field, magneto static analysis of field currents. The ability of the program to work with dielectric materials, which are models of biological tissues, is important for us. The calculation of SAR in such dielectric structures is possible in CST. Also, CST can
use the equations of thermal conductivity; find the heating of biological objects as a result of the action of the electromagnetic field from microwave structures [29]. Therefore, in subsequent calculations, we will use this program.

2.3. The proposed modeling design

2.3.1. Calculations near-field antenna model

From the standpoint of the World Health Organization, the main influence on a person is exerting by the absorption of the energy of the electric field in human tissues. Thus, in practice [30], the task is to reduce the heating of biological objects. Heating of biological objects depends mainly on the electrical component of the electromagnetic field. Therefore, it is sufficient to investigate only this component of the electromagnetic field [31]. The solution to this problem for elementary radiators can be generalized for more complex antenna systems. This is possible, since the formation of the field in these structures is carried out in the same way as in a conventional dipole [32]. A numerical an antenna located modeling design near the human head considered a layered spherical head model. Geometrical and electro dynamic parameters of each layer are, chosen Substance for brain, bone and leather, the central layer is representing by a substance with characteristics similar to those of the human brain. The next layer is a model of the skull - the bone tissue of the human head, which is covering by the last layer with dielectric parameters equal to those of human skin, also, there is an ear “composed of skin and shaped like a parallelepiped.

2.3.2. Calculations near the human head model over two bands frequency 900 and 1800 MHz

Modeling, in this research, it decided not to carry out the formation of a more complex shape of the ear, since the head model is rather rough, in addition to a human head model, a model of a cellular telephone which is a body made of plastic, and a dipole antenna behind this body. To simplify modeling and further calculation, we take a symmetrical vibrator as a model of a cell phone antenna [33]. Global System for Mobile Communications (GSM) uses 2 frequency bands 900 and 1800 MHz. GSM 900 - used in urban environments vii, GSM 1800 - on a more open, countryside. To be specific "we will consider all processes at a higher frequency-1800 MHz.

In the CST program, we will experimentally select the dipole parameters for GSM1800, the arm length and radius, such that the reflection coefficient at the frequency under consideration is minimal. These parameters turned out to be equal to the following values: L (dipole arm length)=35 mm, R (dipole radius)=1 mm, d (distance at the feeding point between the arms)=2 mm. The value of the reflection coefficient from such dipole onto free space is showing Figure 1.

![Figure 1](image1)

Let us compare the results with a simpler approximation by the formulas in the book by G. T. Markov Antennas [34]. Comparative analysis of Figure 2 shows that the calculation of the reflection coefficient in the CST medium is in good agreement with the approximate solution. Small changes in the approximate solution are associated with the simplicity of the model, which does not take into account the distance between the vibrator arms such a dipole loaded onto free space [35], is shown in Figure 2.

![Figure 2](image2)
3. RESULTS AND DISCUSSION

The use of Microsoft Equation Editor or MathType is preferred. An investigation of the influence of distance to a cell phone on radiation absorbed in the head of a person let's consider in three cases. The first case: When the phone model is pressed close to the ear. A dielectric head form inserted into the near field affects antenna matching [36]. The resonant frequency value has decreased by 13% compared to empty space. The strength of the electric field penetrating into the center of the model is 50 V/m. The maximum value of the surface specific absorbed power is 9.29 W/kg as shown as in Figure 3.

Figure 3. Ear distance-0 mm, resonance frequency-1.572 GHz, the reflection coefficient at the resonant frequency is 0.026, the maximum surface SAR value is 9.29 W/kg

The second case: the phone model is positioned 5 mm from ear. The value of the resonant frequency decreased by 8% compared to empty space. The changes in the resonant frequency are less than in the first case, which means a decrease in the influence of the head of the antenna with an increase in the distance between them. The strength of the electric field penetrating into the center of the model is 45 V/m. The maximum value of the surface specific absorbed power-5.74 W/kg SAR value in comparison with the first case decreased by one third as shown as in Figure 4. The third case: The phone model is positioned 10 mm from ear. The resonant frequency value has decreased by 9% compared to the empty probe. The strength of the electric field penetrating into the center of the model is 40 V/m. The maximum value of the surface specific absorbed power is 3.45 W/kg. The SAR value in comparison with the first case has decreased by almost three times. This is a very important result. The loudspeaker's audibility at a distance of 10 mm is acceptable, and the effect of electromagnetic radiation on the brain decreases by 3 times as shown as in Figure 5.
Figure 4. Ear distance -5 mm, resonance frequency -1.653 GHz, the reflection coefficient at the resonant frequency is 0.13, the maximum surface SAR is 5.74 W/kg

Figure 5. Ear distance –10 mm, the resonant frequency is 1.644 GHz, the reflectance coefficient at the resonant frequency is 0.14, the maximum surface SAR is 3.45 W/kg

4. CONCLUSION

Modeling and the numerical solution of the influence of a cell phone antenna on a biological object (human head model) were carried out. Analysis of results obtained that, the specific power absorbed by the human head decreases three times, at a distance of the telephone antenna by 10 mm. Comparative analysis shows that the calculation of the reflection coefficient in the CST medium is in good agreement with the approximate solution. The problem of how to reduce the negative influence of the radiation from the anti-brain to the brain and other fires of the user at the time of the conversation and the transfer of the current Phone. In future works and on the basis of elemental sources, this is the task, and the search for a possible solution of the given task carried out Use of elemental transmitters, instead of other reality, runs the modeling and calculates, along with that, the given solution is to try to play on up-to-date constructions (as well as or, in their main, there is a common vibrator)

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