Analytic study of self-gravitating polytropic spheres with light rings

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Ultra-compact objects describe horizonless solutions of the Einstein field equations which, like black-hole spacetimes, possess null circular geodesics (closed light rings). We study analytically the physical properties of spherically symmetric ultra-compact isotropic fluid spheres with a polytropic equation of state. It is shown that these spatially regular horizonless spacetimes are generally characterized by two light rings \( \{ r_{\text{inner}}^\gamma, r_{\text{outer}}^\gamma \} \) with the property \( C(r_{\text{inner}}^\gamma) \leq C(r_{\text{outer}}^\gamma) \), where \( C \equiv m(r)/r \) is the dimensionless compactness parameter of the self-gravitating matter configurations. In particular, we prove that, while black-hole spacetimes are characterized by the lower bound \( C(r_{\text{inner}}^\gamma) \geq 1/3 \), horizonless ultra-compact objects may be characterized by the opposite dimensionless relation \( C(r_{\text{inner}}^\gamma) \leq 1/4 \). Our results provide a simple analytical explanation for the interesting numerical results that have recently presented by Novotný, Hladík, and Stuchlík [Phys. Rev. D 95, 043009 (2017)].

I. INTRODUCTION

Curved spacetimes describing highly compact astrophysical objects may be characterized, according to the Einstein field equations, by null circular geodesics (closed light rings) \[1,3\] on which photons and gravitons can orbit the central self-gravitating compact object. These null orbits are interesting from both a theoretical and an astrophysical points of view and their physical properties have been studied extensively by physicists and mathematicians during the last five decades (see [1–14] and references therein).

As demonstrated in \[4,5\], the optical appearance of a highly compact collapsing star is determined by the physical properties of its null circular geodesic \[4,5\]. Likewise, the intriguing phenomenon of strong gravitational lensing by highly compact objects is related to the presence of light rings in the corresponding curved spacetimes \[6\]. In addition, as explicitly shown in \[7–12\], the discrete quasinormal resonant spectra of compact astrophysical objects are related, in the eikonal limit, to the physical properties (the circulation time and the characteristic instability time scale) of the null circular geodesics that characterize the corresponding curved spacetimes \[13–17\].

Interestingly, it has recently been proved that spherically symmetric black-hole spacetimes must posses at least one light ring \[18\]. In particular, the theorem presented in \[18\] has revealed the fact that the innermost null circular geodesic of an asymptotically flat black hole must be located in a highly compact spacetime region which is characterized by the dimensionless lower bound \[18,19\]

\[
\frac{m(r_{\text{in}}^\gamma)}{r_{\text{in}}^\gamma} \geq \frac{1}{3} \quad \text{for black holes},
\]

where \( r_{\text{in}}^\gamma \) and \( m(r_{\text{in}}^\gamma) \) are respectively the innermost (smallest) radius of the light ring which characterizes the black-hole spacetime and the total gravitational mass contained within this sphere.

Ultra-compact objects, spatially regular horizonless matter configurations which, like black-hole spacetimes, possess light rings, have attracted much attention in recent years as possible exotic alternatives to the canonical black-hole spacetimes \[20–27\]. In particular, in a very interesting work, Novotný, Hladík, and Stuchlík \[27\] (see also \[17\]) have recently studied numerically the physical properties of spherically symmetric self-gravitating isotropic fluid spheres with a polytropic pressure-density equation of state of the form \[28\]

\[
p(\rho) = k_\rho \rho^{1+1/n},
\]

where the dimensionless physical parameter \( n \) is the polytropic index of the fluid system \[28\]. It is worth emphasizing that the self-gravitating ultra-compact trapping polytropic spheres were first mentioned in \[29\].

Interestingly, it has been explicitly demonstrated numerically in \[27\] that spatially regular polytropic spheres may possess \textit{two} light rings \( \{ r_{\gamma}^{\text{in}}, r_{\gamma}^{\text{out}} \} \) (see \[20,25\] for related discussions) which are characterized by the compactness inequality

\[
\frac{m(r_{\text{in}}^\gamma)}{r_{\text{in}}^\gamma} \leq \frac{m(r_{\text{out}}^\gamma)}{r_{\text{out}}^\gamma}.
\]
In particular, the intriguing fact has been revealed in [27] that the spherically symmetric self-gravitating horizonless polytropic spheres may be characterized by closed light rings (null circular geodesics) with the remarkably small compactness relation

$$\frac{m(r_{in})}{r_{in}} < \frac{1}{3}$$

for horizonless polytropic spheres. (4)

It is worth emphasizing the fact that the dimensionless relation (4), observed numerically in [27] for the horizonless self-gravitating polytropic spheres, violates the lower bound (1) which, as explicitly proved in [18], characterizes the innermost light rings of spherically symmetric black-hole spacetimes.

The main goal of the present paper is to study analytically the physical and mathematical properties of the horizonless ultra-compact polytropic matter configurations. In particular, below we shall provide compact analytical proofs for the characteristic intriguing relations (3) and (4) that have recently been observed numerically in [27] for the spherically symmetric spatially regular isotropic fluid stars.

II. DESCRIPTION OF THE SYSTEM

Following the interesting physical model studied numerically in [27], we shall consider asymptotically flat isotropic matter configurations which are characterized by the spherically symmetric static line element [2, 30]

$$ds^2 = -e^{-2\delta} dt^2 + \mu^{-1} dr^2 + r^2 (d\theta^2 + \sin^2 \theta d\phi^2) ,$$

where $\delta = \delta(r)$ and $\mu = \mu(r)$. Spatially regular matter configurations are characterized by the functional behavior

$$\mu(r \to 0) = 1 + O(r^2) \quad \text{and} \quad \delta(0) < \infty$$

in the near-origin $r \to 0$ limit. In addition, asymptotically flat regular spacetimes are characterized by the simple large-$r$ functional relations [13, 31]

$$\mu(r \to \infty) \to 1 \quad \text{and} \quad \delta(r \to \infty) \to 0 .$$

The non-linearly coupled Einstein-matter field equations, $G_{\mu\nu} = 8 \pi T_{\mu\nu}$, can be expressed by the differential relations [13, 32]

$$\mu' = -8 \pi r \rho + \frac{1-\mu}{r}$$

and

$$\delta' = -\frac{4 \pi r (\rho + p)}{\mu} ,$$

where the radially-dependent density and pressure functions

$$\rho \equiv -T_t^t \quad \text{and} \quad p \equiv T_r^r = T_\theta^\theta = T_\phi^\phi$$

denote the components of the isotropic energy-momentum tensor [32]. We shall assume that the spherically symmetric asymptotically flat matter configurations respect the dominant energy condition [34]

$$0 \leq |p| \leq \rho .$$

From the Einstein equations (8) and (9) and the conservation relation

$$T_{r;\mu}^\mu = 0 ,$$

one can derive the characteristic compact differential equation

$$P'(r) = \frac{r}{2 \mu} [R(\rho + p) + 2 \mu (-\rho + p)]$$

(13)
for the gradient of the radially-dependent isotropic pressure function

\[ P(r) \equiv r^2 p(r) , \]  

where

\[ \mathcal{R}(r) \equiv 3\mu - 1 - 8\pi r^2 p . \]  

Below we shall analyze the spatial behavior of the characteristic dimensionless compactness function

\[ C(r) \equiv \frac{m(r)}{r} , \]  

where the mass \( m(r) \) of the matter fields contained within a sphere of radius \( r \) is given by the simple integral relation

\[ m(r) = 4\pi \int_0^r x^2 \rho(x) dx . \]  

Taking cognizance of Eqs. (8) and (17), one deduces the simple dimensionless functional relation

\[ \mu(r) = 1 - \frac{2m(r)}{r} . \]  

For later purposes we note that asymptotically flat regular matter configurations are characterized by the asymptotic radial behavior

\[ r^3 p(r) \to 0 \text{ for } r \to \infty . \]  

### III. NULL CIRCULAR GEODESICS OF SPHERICALLY SYMMETRIC CURVED SPACETIMES

In the present section we shall follow the analysis presented in [2, 11, 13] in order to determine the radii of the null circular geodesics (closed light rings) which characterize the spherically symmetric self-gravitating ultra-compact objects. We first note that the energy \( E \) and the angular momentum \( L \) provide two conserved physical parameters along the null geodesics of the static spacetime [5, 2, 11, 13].

In particular, the effective radial potential [2, 11, 13, 35]

\[ E^2 - V_r \equiv \dot{r}^2 = \mu \left( \frac{E^2}{e^{-2\phi}} - \frac{L^2}{r^2} \right) \]  

determines, through the relations [2, 11, 13, 36]

\[ V_r = E^2 \quad \text{and} \quad V_r' = 0 , \]  

the null circular trajectories (light rings) of the static spacetime [5]. Substituting Eqs. (8), (9), and (20) into (21), one obtains the characteristic functional relation [2, 11, 13]

\[ \mathcal{R}(r = r_\gamma) = 0 \]  

for the null circular geodesics of the spherically symmetric ultra-compact objects.

### IV. AN ANALYTICAL PROOF OF THE CHARACTERISTIC RELATION \( C(r_\gamma^\text{in}) \leq C(r_\gamma^\text{out}) \) FOR HORIZONLESS ISOTROPIC ULTRA-COMPACT OBJECTS

The physical properties of spherically symmetric self-gravitating isotropic ultra-compact objects have recently been studied numerically in the interesting work of Novotný, Hladík, and Stuchlík [27] (see also [17]). Intriguingly, it has been explicitly shown in [27] that the horizonless curved spacetimes of these spatially regular compact matter configurations generally possess two light rings \( \{ r_\gamma^\text{in}, r_\gamma^\text{out} \} \) (see [20, 25] for related studies) which are characterized by the dimensionless compactness relation [3].
In the present section we shall use analytical techniques in order to provide a compact proof for the intriguing property $C(r_{\text{in}}) < C(r_{\text{out}})$ [see Eqs. $(3)$ and $(16)$] which characterizes the horizonless isotropic ultra-compact objects. We first point out that, taking cognizance of Eqs. $(6)$, $(7)$, $(15)$, and $(19)$, one finds the simple asymptotic relations
\[ R(r = 0) = 2 \quad \text{and} \quad R(r \to \infty) \to 2 \] (23)
for the dimensionless radial function $R(r)$. From Eqs. (22) and (23) one deduces that, for horizonless ultra-compact matter configurations with non-degenerate light rings [20, 25, 37], the function $R(r)$ is characterized by the inequality
\[ R(r) < 0 \quad \text{for} \quad r \in (r_{\text{in}}, r_{\text{out}}) \] (24)
in the radial region between the two light rings of the ultra-compact objects.

Substituting the characteristic inequality (24) into Eq. (13) and taking cognizance of the relation (11), one finds that $P(r)$ is a monotonically decreasing function between the two light rings of the horizonless compact object:
\[ P'(r) < 0 \quad \text{for} \quad r \in (r_{\text{in}}, r_{\text{out}}) \] (25)
In particular, from Eqs. (14), (15), (22), and (25), one deduces that the dimensionless function $\mu(r)$ is characterized by the inequality
\[ \mu(r_{\text{in}}) \geq \mu(r_{\text{out}}) \] (26)
or equivalently [see Eqs. (16) and (18)]
\[ C(r_{\text{in}}) \leq C(r_{\text{out}}) \] (27)
We have therefore provided a simple analytical proof for the numerically observed relation (3) [27] which characterizes the horizonless isotropic ultra-compact objects.

V. UPPER BOUND ON THE COMPACTNESS OF THE INNER LIGHT RING OF ISOTROPIC ULTRA-COMPACT OBJECTS

The characteristic compactness parameter $C(r) \equiv m(r)/r$ of the self-gravitating ultra-compact objects can be computed using the numerical procedure described in [27]. Intriguingly, as demonstrated explicitly in [27], the spatially regular horizonless ultra-compact objects may be characterized by inner light rings whose dimensionless compactness parameter $C(r_{\text{in}})$ is well below the lower bound $(1)$ which, as explicitly proved in [18], characterizes the innermost null circular geodesics (light rings) of spherically symmetric asymptotically flat black-hole spacetimes.

In Table I we present, for various values of the polytropic index $n$, the numerically computed dimensionless compactness parameter $C(r_{\text{in}}; n)$ of the isotropic ultra-compact objects [27, 38, 39]. One finds that $C(r_{\text{in}}; n)$ is a monotonically decreasing function of the dimensionless polytropic index $n$. Interestingly, we find that the numerical results presented in Table I are described extremely well by the simple asymptotic formula (see Table I)
\[ C(r_{\text{in}}; n) = \alpha + \frac{\beta}{n} + O(n^{-2}) \quad \text{with} \quad \alpha = 0.2149 \quad \text{and} \quad \beta = 0.1602 \] (28)

What we find most interesting is the fact that the horizonless ultra-compact isotropic objects are characterized by the dimensionless asymptotic compactness parameter
\[ C(r_{\text{in}}; n \gg 1) \simeq 0.2149 < 1/4 \] (29)
As emphasized above, one immediately realizes that the asymptotic value (29), which characterizes the spatially regular horizonless matter configurations, is well below the lower bound $C(r_{\gamma}) \geq 1/3$ [see Eqs. (11) and (19)] which characterizes the corresponding spherically symmetric black-hole spacetimes [18].

In the present section we shall provide an analytical explanation for the numerically inferred asymptotic behavior (29) of the dimensionless compactness parameter. In particular, we shall now derive an upper bound on the compactness parameter $C(r_{\text{in}}; n)$ of the isotropic ultra-compact objects in the $n \gg 1$ [29, 41] limit of the polytropic index, which corresponds to the limiting pressure-density relation [see Eq. (2)]
\[ p = k_p \rho \] (30)
TABLE I: Ultra-compact polytropic fluid spheres with light r ings. We present, for various values of the polytropic index \( n \), the numerically computed \( C_{\text{numerical}}(r; n) \) of the isotropic matter configurations. We also present the corresponding values of the dimensionless compactness parameter \( C_{\text{analytical}}(r; n) \) as calculated directly from the simple analytical fit (28). One finds a remarkably good agreement between the numerical results [27] and the analytical formula (28). In particular, one deduces from (28) the characteristic asymptotic value \( C(r) \to 0.2149 < 1/4 \) for \( n \gg 1 \).

\[
\begin{array}{|c|c|c|}
\hline
\text{Polytropic index } n & C_{\text{numerical}}(r_{\text{in}}) & C_{\text{analytical}}(r_{\text{in}}) \\
\hline
2.2 & 0.2906 & 0.2877 \\
2.4 & 0.2824 & 0.2817 \\
2.6 & 0.2767 & 0.2765 \\
2.8 & 0.2723 & 0.2721 \\
3.0 & 0.2683 & 0.2683 \\
3.2 & 0.2649 & 0.2650 \\
3.4 & 0.2620 & 0.2620 \\
3.6 & 0.2594 & 0.2594 \\
3.8 & 0.2570 & 0.2571 \\
4.0 & 0.2549 & 0.2550 \\
\hline
\end{array}
\]

From Eqs. (8), (13), (14), and (15), one finds the gradient relation

\[
R'(r = r_{\gamma}) = \frac{2}{r_{\gamma}} \left[ 1 - 8\pi r_{\gamma}^2 (\rho + p) \right]
\]

for the isotropic ultra-compact objects. In addition, taking cognizance of Eqs. (22) and (28), one deduces that the inner light ring of a spatially regular ultra-compact horizonless matter configuration is characterized by the relation

\[
8\pi r_{\gamma}^2 (\rho + p) \geq 1 \quad \text{for} \quad r = r_{\text{in}}
\]

(32)

Taking cognizance of Eqs. (15), (30), and (32), one obtains the lower bound

\[
\mu(r_{\text{in}}; n \gg 1) \geq \frac{2k_p + 1}{3(k_p + 1)},
\]

which yields the characteristic upper bound [see Eqs. (16) and (18)]

\[
C(r_{\text{in}}; n \gg 1) \leq \frac{k_p + 2}{6(k_p + 1)}
\]

(34)

on the dimensionless compactness parameter which characterizes the inner null circular geodesic (inner light ring) of the isotropic ultra-compact objects. In particular, taking cognizance of Eqs. (11) and (30), one deduces that, in the \( n \gg 1 \) limit of the polytropic index, the physical parameter \( k_p \) is bounded from above by the simple relation \( k_p \leq 1 \). Substituting the limiting value \( k_p \to 1^- \) into (34), one obtains the characteristic upper bound

\[
C(r_{\text{in}}; n \gg 1, k_p \to 1^-) < \frac{1}{4}
\]

(35)

It is worth emphasizing the fact that the analytically derived upper bound (35) on the dimensionless compactness parameter is consistent with the asymptotic behavior (29) which stems from the numerical studies [27] of the self-gravitating ultra-compact isotropic fluid configurations. In particular, in this section we have provided an explicit analytical proof to the numerically observed intriguing fact that horizonless ultra-compact objects can violate the lower bound (1) which characterizes spherically symmetric black-hole spacetimes [44].

VI. SUMMARY

Horizonless spacetimes describing self-gravitating ultra-compact matter configurations with closed light rings (null circular geodesics) have recently attracted much attention as possible spatially regular exotic alternatives to canonical black-hole spacetimes (see [20, 27] and references therein).
In particular, the physical properties of horizonless ultra-compact isotropic fluid spheres with a polytropic equation of state have recently been studied numerically in the physically important work of Novotný, Hladík, and Stuchlík [27]. Interestingly, it has been explicitly shown numerically in [27] that these spherically symmetric spatially regular ultra-compact polytropic matter configurations generally possess two closed light rings (see also [20, 25] for related discussions).

In the present paper we have used analytical techniques in order to explore the physical and mathematical properties of the ultra-compact polytropic stars. In particular, it has been explicitly proved that the two light rings of these horizonless matter configurations are characterized by the relation [see Eqs. (16) and (27)]

\[ C(r_\gamma^{in}) \leq C(r_\gamma^{out}). \]  

(36)

Interestingly, we have further proved that, while spherically symmetric black-hole spacetimes are characterized by the lower bound \( C(r_\gamma^{in}) \geq 1/3 \) [see Eqs. (1) and (16) [18], the spatially regular horizonless ultra-compact objects are characterized by the opposite dimensionless relation

\[ C(r_\gamma^{\text{in}}; n \gg 1, k_p \rightarrow 1^{-}) < \frac{1}{4}. \]  

(37)

It is worth noting that the analytically derived upper bound \( C(r_\gamma^{\text{in}}) \) on the characteristic dimensionless compactness parameter \( C(r_\gamma^{\text{in}}) \) is consistent with the numerically inferred asymptotic behavior \( C(r_\gamma^{\text{in}}) \).

Finally, it is interesting to emphasize the fact that the analytical results derived in the present paper provide a simple analytical explanation for the interesting numerical results that have recently presented by Novotný, Hladík, and Stuchlík [27] for the physical properties of the self-gravitating ultra-compact polytropic spheres.

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[15] It is worth mentioning that, as shown in [16], there are some non-trivial situations in which this relation is violated. However, as shown in [17], this relation holds true for the trapping polytropic spheres that we shall consider in the present paper.
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It is important to emphasize that in the present section we consider generic spatially regular field configurations with light rings, which are characterized by the relations $\mathcal{R}(r = r_\gamma) = \mathcal{R}'(r = r_\gamma) = 0$, that may violate the inequality (24). We shall henceforth consider in this section generic self-gravitating ultra-compact objects which respect the relation (24). The numerical results presented in Table I correspond to horizonless ultra-compact isotropic fluid spheres which are characterized by the limiting central ratio $s_1$ on the speed of sound which is imposed by causality requirements (29).

It is important to note that, as explicitly shown in (29), there are special horizonless matter configurations with degenerate light rings, which are characterized by the relations $\mathcal{R}(r = r_\gamma) = \mathcal{R}'(r = r_\gamma) = 0$, that may violate the inequality (24). We shall henceforth consider in this section generic self-gravitating ultra-compact objects which respect the relation (24). The numerical results presented in Table I correspond to self-gravitating isotropic fluid spheres which are characterized by the limiting pressure-to-density ratio $p_c/\rho_c = n/(n + 1)$ at their centers (27). These matter configurations saturate the upper bound $v_s \leq 1$ on the speed of sound which is imposed by causality requirements (29).

It is worth noting that the upper bound (33) on the physically allowed values of the dimensionless compactness parameter $C(r^m_\gamma, n \gg 1)$ is a monotonically decreasing function of the physical parameter $k_p$. For example, substituting the opposite limit $k_p \to 0^+$ into (33), one obtains the upper bound $C(r^m_\gamma, n \gg 1, k_p \to 0^+) < 1/3$. The numerical results presented in Table I correspond to horizonless ultra-compact isotropic fluid spheres which are characterized by the limiting central ratio $p_c/\rho_c = n/(n + 1)$ which is imposed by causality requirements (27). In particular, in the $n \gg 1$ regime one finds the limiting behavior $p_c/\rho_c \to 1^-$ for the physically acceptable matter configurations, which corresponds to the limiting value $k_p \to 1^-$ [see Eq. (30)]. It is important to emphasize that, in the analytical derivation of the upper bound (35), we have not used the inequality (24) which, as explicitly demonstrated in (29), may be violated by special ultra-compact matter configurations with degenerate light rings (29).

It is worth emphasizing that the dimensionless lower bound (11) was derived for spherically symmetric hairy black-hole spacetimes with matter fields which are characterized by an energy-momentum tensor with a negative trace (15). Interestingly, for the isotropic matter fields that we consider in the present paper, this lower bound can be extended to the regime of hairy black-hole spacetimes with generic values of the energy-momentum trace. To see this, we recall that spherically symmetric black-hole spacetimes are characterized by the relation $\mathcal{R}(r_H \leq r \leq r^m_\gamma) \leq 0$ (13), where $r_H$ is the radius of the outer black-hole horizon. Substituting this inequality into (18) and taking cognizance of (11), one finds the characteristic inequality $\mathcal{P}'(r_H \leq r \leq r^m_\gamma) \leq 0$. This inequality, together with the fact that black-hole spacetimes with regular horizons are characterized by the relation $p(r_H) = -\rho(r_H) \leq 0$ (31), yield the important inequality $\mathcal{P}(r = r^m_\gamma) \leq 0$. We therefore conclude that hairy black-hole spacetimes with isotropic matter fields and generic values of the energy-momentum trace are characterized by $\mu(r = r^m_\gamma) \leq 1/3$ [see Eqs. (14) and (15)], or equivalently $C(r^m_\gamma) \geq 1/3$ [see Eqs. (16) and (18)].