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Introduction to superfluidity

Field-theoretical approach and applications

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This course is about the theory of low-energy and high-energy, non-relativistic and relativistic, bosonic and fermionic superfluidity and superconductivity. Does that sound too much? Well, one important point of the course will be to show that these things are not as diverse as they might seem: the mechanism behind and the basic phenomenological properties of superfluidity are the same whether applied to "ordinary" low-energy superfluids or to more "exotic" superfluids in high-energy physics; non-relativistic and relativistic treatments may look quite different at first sight, but of course the former is only a limit case of the latter; bosonic and fermionic superfluids can be continuously connected in some sense; and, once you understand what a superfluid is, it is very easy to understand what a superconductor is and vice versa.

The motivation for this course arose from my own research in high-energy physics where certain kinds of superfluids and superconductors are predicted in ultradense nuclear and quark matter. These are "stellar superfluids", since they are likely to occur in the interior of compact stars. Working on stellar superfluids, it was natural to learn about more down-to-earth superfluids which are firmly established experimentally. Therefore, this course is interesting for researchers who are in a similar situation like myself, who have some background in high-energy physics and want to learn about superfluidity, explained in a field-theoretical language they are used to. I believe that the course is also insightful for researchers with a background in condensed matter physics who are interested in high-energy applications of their field and a relativistic field-theoretical formalism they usually do not employ. And, most importantly, this course is intended for advanced undergraduate students, graduate students, and researchers who simply want to understand what superfluidity is and what its applications in modern physics are.

Readers unfamiliar with quantum field theory might find some of the chapters challenging, even though I have tried to present most of the calculations in a self-contained way. When this was not possible, I have mentioned suitable references where the necessary elements of field theory are explained. However, not all of the chapters rely on field-theoretical methods. For instance, the course starts with an introduction to superfluid helium that can easily be understood with basic knowledge of statistical physics and thermodynamics. Most of the chapters that do employ
quantum field theory aim at a microscopic description of superfluids, i.e., the de-
grees of freedom of the theory are the bosons that condense or the fermions that form
Cooper pairs. In this sense, the course is in large parts about the fundamental mecha-
nisms behind superfluidity. But, I will emphasize the connection to phenomenology
throughout the course and do not want the reader to get lost in technical details. For
instance, I will show in a simple setting how a microscopic quantum field theory can
be connected to the phenomenological two-fluid model of a superfluid.

Despite the pompous announcement in the first sentence, this is a course that
can be taught in about one semester. Therefore, it can only deal with a few selected
aspects of superfluidity. This selection has been based on the aim to convey the un-
derlying microscopic physics of superfluidity, on pedagogical considerations, and of
course is also, to some extent, a matter of taste. As a result of this subjective selec-
tion, there are many important aspects that I will not, or only marginally, discuss,
such as vortices in a rotating superfluid, dissipative effects, or observable signatures
of stellar superfluids. Literature that can be consulted for such topics and for further
reading in general is given at the end of the introduction and throughout the text.

These lecture notes are based on a course that I taught at the Vienna University
of Technology in the winter semester 2011/2012 and in the summer semester 2013.
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Introduction

1.1 Setting the stage: what is a superfluid?

Superfluidity was first observed in liquid helium. The key experiment was the study of flow through a thin capillary, and the key observation was that the fluid flows without friction. Hence the name superfluid. What is behind this phenomenon? Does it only occur in liquid helium? If not, where else? To generalize the specific observation of frictionless flow, we notice that in order to observe a flow, something is transported through the capillary. In liquid helium, we can say that mass is transported. We may also say that helium atoms are transported. This does not make a difference, neither the total mass of the liquid nor the total number of helium atoms is changed during the experiment. Both are conserved quantities. In relativistic systems, mass is not a conserved quantity in general. So, if we call the mass, or better, the number of helium atoms, a “charge”, we can say that superfluidity is frictionless transport of a conserved charge. Formulated in this way, we can ask whether there are other systems where some other conserved charges show a dissipationless flow.

Before we do so, let us stay with superfluid helium for a moment. It turns out that the frictionless flow is not its only spectacular property. For instance, if we try to rotate it, it will develop vortices, quasi-one-dimensional strings whose number is proportional to the externally imposed angular momentum. The existence of vortices is, besides the frictionless flow, another clear signature of superfluidity. Furthermore, one finds that the specific heat shows a peculiar behavior at a certain temperature. This is the temperature below which helium becomes superfluid and above which it behaves like a normal fluid. Therefore, a superfluid is a phase of a given system below a certain critical temperature at which a phase transition happens. What is the nature of this phase transition and how can we describe it theoretically? For the case of liquid helium, more precisely for liquid $^4$He, the answer is Bose-Einstein condensation, where the helium atoms occupy a single quantum state, forming a “condensate”. This phase transition can be characterized in terms of symmetries of the system, and we can make the connection to the conserved charge introduced above: in the superfluid phase of a system, a symmetry of the system that is associated with a conserved charge is spontaneously broken. This does not mean that the total charge
is no longer conserved. Roughly speaking, it means that charge can be deposited into or extracted from the condensate.

Historically, superfluidity was discovered some time after superconductivity. The similarity of the two words is no coincidence. A superconductor is also a phase of a system in which a charge is transported without dissipation. In a metal or alloy, this charge is electric charge, and it is electric resistance that becomes unmeasurably small. Also for the vortices, there is an analogue in a superconductor: flux tubes, quasi-one-dimensional objects in which a magnetic field can penetrate the superconductor. And, as for the superfluid, there is a critical temperature above which superconductivity is lost. So what is the actual difference between a superfluid and a superconductor from the theoretical point of view? Electric charge is associated to a gauge symmetry. This is a local symmetry, i.e., a symmetry that allows for different transformations at different points of space-time. A superconductor can be said to break a local symmetry spontaneously, while a superfluid breaks a global symmetry spontaneously. This statement shows the theoretical similarity of the two phenomena, but also emphasizes their only fundamental difference.

Of course, a superconducting metal is different from superfluid helium in many aspects. For instance, electrons are fermions, while helium atoms are bosons (for now, I am talking about $^4$He). Therefore, it cannot be Bose-Einstein condensation that leads to the phase transition in an electronic superconductor, at least not in a direct way. The key mechanism is Cooper pairing at the Fermi surface due to an effectively attractive interaction between the electrons. We shall discuss both Bose-Einstein condensation and Cooper pairing in a field-theoretical framework and will also show that they can be continuously connected. It is important to remember that the fundamental difference between a superfluid and a superconductor is given by the above distinction of symmetries, and not by the bosonic vs. fermionic nature of the underlying microscopic physics. Even though the best known superfluid is bosonic and the best known superconductor is fermionic, there are also fermionic superfluids and bosonic superconductors.

Now that we have a rough theoretical concept for superfluidity and pointed out its similarity to superconductivity, we may ask whether there are systems with different characteristic energy (temperature) scales that show superfluidity and/or superconductivity. The exciting answer is that there is superfluidity all over the energy scale: while the critical temperature of superfluid $^4$He is about 2.2 K, there are experiments with ultra-cold atomic gases that become superfluid at temperatures of the order of $10^{-7}$ K. On the other end of the scale, there are superfluids in dense nuclear and quark matter. Astrophysical observations indicate that the critical temperature for neutron matter is of the order of $10^8$ K, while theoretical estimates predict quark matter to be superfluid for temperatures up to about $10^{11}$ K. Thus, superfluidity can occur for systems whose typical energies are separated by about 18 orders of magnitude! Superfluidity and superconductivity of nuclear or quark matter has never been observed in the laboratory because there are currently no experiments that are able to create the necessary conditions. Therefore, our only current “laboratories” are compact stars, and it is an exciting topic of current research to combine theoretical predictions with signatures in astrophysical data to support or rule out the existence
of high-energy superfluids. One of these high-energy superfluids is very illustrative regarding the above notion of superfluidity and superconductivity in terms of broken symmetries: quarks carry electric and color charges (local symmetries) and baryon number charge (global symmetry). Therefore, a given phase of quark matter where Cooper pairs form is a color superconductor and/or an electric superconductor and/or a baryonic superfluid, depending on the pairing pattern in which the quarks pair. For example, the theoretically best established phase, the so-called color-flavor locked phase, is a color superconductor and a superfluid, but not an electric superconductor.

Finally, let me comment on the use of a relativistic treatment in large parts of this course. Advantages of this approach are its generality – the non-relativistic case can always be obtained as a limit – and its formal rigor, but where are relativistic effects in superfluids of phenomenological relevance? Clearly, in the low-energy systems such as liquid helium and ultra-cold atomic gases, a non-relativistic framework is appropriate, and we shall work in this framework when we discuss these systems explicitly. Relativistic effects in high-energy superfluids become important when the mass of the constituents is small compared to their kinetic energy. A neutron superfluid is sometimes treated non-relativistically because of the relatively large neutron mass; however, at high densities in the core of the star, the Fermi momentum of the neutrons becomes comparable with the neutron mass and relativistic effects have to be taken into account. Quark superfluidity in compact stars clearly has to be treated relativistically because of the light masses of the quarks (only three-flavor quark matter is of phenomenological interest, the three heavy flavors are not relevant at densities present in the interior of a compact star).

Since this course combines non-relativistic with relativistic chapters, some slight inconsistencies in the notation are unavoidable. For instance, the same symbol for the chemical potential can denote slightly different quantities because the rest mass is usually absorbed in the chemical potential in non-relativistic treatments. I have tried to make such inconsistencies clear at the point where they occur to avoid confusion. For consistency, I have decided to work in natural units of particle physics throughout the course, even in the nonrelativistic chapters, i.e., Planck’s constant divided by $2\pi$, the speed of light, and the Boltzmann constant are set to one, $\hbar = c = k_B = 1$. In the relativistic calculations, I denote four-vectors by capital letters, for instance the four-momentum $K = (k_0, \mathbf{k})$, and the modulus of the three-vector by $k = |\mathbf{k}|$. At nonzero temperature, $k_0 = -i\omega_n$, where $\omega_n$ are the Matsubara frequencies, $\omega_n = (2n+1)\pi T$ for fermions, $\omega_n = 2n\pi T$ for bosons, with $n \in \mathbb{Z}$ and the temperature $T$. (As an exception, I use small letters for four-vectors in Sec. 5.1 for the sake of compactness.) The convention for the Minkowski metric is $g^{\mu\nu} = (1, -1, -1, -1)$.

1.2 Plan of the course and further reading

The course starts with an introduction to the physics of superfluid helium, chapter 2. This is done on a macroscopic level, i.e., we do not discuss a microscopic theory on the level of the helium atoms. The goal of this chapter is to become familiar with the phenomenology of a superfluid, and to introduce the basic concepts of superfluid
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hydrodynamics, in particular the two-fluid model. Most parts of this chapter and further details can be found in the textbooks [1, 2, 3, 4].

In chapter 3 we discuss superfluidity in a microscopic framework, a bosonic field theory. We introduce important theoretical concepts such as spontaneous symmetry breaking and the Goldstone theorem, which are discussed in generality in standard field theory textbooks such as Refs. [5, 6], and discuss the field-theoretical version of concepts introduced in chapter 2 for instance the superfluid velocity and the dispersion of the Goldstone mode. In some parts of this chapter and several other instances in this course I will make use of elements of thermal quantum field theory which are explained in the textbooks [7, 8] and in my own lecture notes [9].

Chapter 4 connects the previous two chapters by discussing the relativistic generalization of the two-fluid model and by showing how the field-theoretical results of chapter 3 give rise to that model. More details about the covariant two-fluid formalism can be found in the research papers [10, 11, 12, 13]; for an extended version of the field-theoretical derivation of the two-fluid model presented here, see Ref. [14].

In chapter 5 we switch to fermionic systems and discuss the field-theoretical derivation of the mean-field gap equation. Parts of this chapter are based on Ref. [15], and there is plenty of literature about the analogous derivation in the non-relativistic context, see for instance the textbooks [16, 17]. At the end of the chapter, we use the general result to discuss some examples of fermionic superfluids and superconductors. This discussion is more or less restricted to solving the gap equation, for more extensive discussions I refer the reader to the specific literature such as Refs. [18] (superfluid $^3$He), [19] (color-superconducting quark matter), or [20, 21, 22] (astrophysical aspects of superfluids/superconductors in nuclear and quark matter).

The goal of chapter 6 is to point out that a gauge boson in a system with spontaneously broken gauge symmetry acquires a mass. In our context, this is the Meissner mass, which is responsible for the Meissner effect in a superconductor. The calculation of the Meissner mass for a fermionic superconductor is worked out in detail, for related research papers in the context of quark matter see for instance Refs. [23, 24, 25, 26]. Discussions of the Meissner effect in an ordinary superconductor can be found in many textbooks such as Ref. [17].

In chapter 7 we discuss the BCS-BEC crossover, a crossover from a weakly coupled fermionic system that forms Cooper pairs according to the Bardeen-Cooper-Schrieffer (BCS) theory [27] to a Bose-Einstein condensation (BEC) of di-fermions. Since this crossover has been observed in the laboratory with ultra-cold fermionic gases, our theoretical discussion will be embedded into this context and we will work in a non-relativistic framework. I will only touch the basic points of this crossover, much more can be found in reviews such as [28, 29, 30, 31], for relativistic discussions see for instance Refs. [32, 33, 34, 35, 36].

In chapter 8 we come back to a relativistic fermionic superfluid and discuss the Goldstone mode by introducing fluctuations on top of the mean-field approximation of chapter 5. In a way, this is the superfluid counterpart to chapter 6 where a superconductor, exhibiting a massive gauge boson instead of a Goldstone mode, is discussed. Related works in recent research are Refs. [37, 38, 39] in the context of a Fermi gas and Ref. [40] in the context of color-flavor locked quark matter.
In the final chapter we discuss the field-theoretical calculation of the free energy of a Cooper-paired system with mismatched Fermi surfaces. This situation, originally discussed in the context of an electronic superconductor \[41\] [42], has gained a lot of interest in recent research and has applications in the fields of ultra-cold atoms [43] [44] [45], dense quark matter [19] [46] [47], and even in the context of chiral symmetry breaking in a strong magnetic field at nonzero baryon chemical potential [48].
Superfluid helium

Helium was first liquefied in 1908 by H. Kamerlingh Onnes who cooled it below the liquid/gas transition temperature of 4.2 K\(^1\). Later, in 1927, M. Wolfke and W.H. Keesom realized that there is another phase transition at lower temperatures, around 2.17 K. This phase transition had manifested itself in a discontinuity of the specific heat, whose curve as a function of temperature resembles the Greek letter \(\lambda\), and thus the transition point was called \(\lambda\) point. The two phases of liquid helium were termed “helium I” and “helium II”. The remarkable superfluid properties of liquid helium below the \(\lambda\) point, helium II, were experimentally established by P. Kapitza in 1938 \(^{49}\), and independently by J.F. Allen and A.D. Misener in the same year \(^{50}\). Kapitza had set up an experiment with two cylinders that were connected by a thin tube with a thickness of 0.5 \(\mu\)m. Only below the \(\lambda\) point, helium was flowing easily through the tube, suggesting a strikingly low viscosity. Kapitza received the Nobel prize for this discovery in 1978 (interestingly, together with Penzias and Wilson who received it for the completely unrelated discovery of the cosmic microwave background radiation). Kapitza coined the term “superfluidity” in his paper of 1938, having some intuition about a deep connection to superconductivity. This is remarkable because, although superconductivity had been observed much earlier in 1911, a microscopic understanding was only achieved much later in 1957. Only then, with the help of the microscopic theory of Bardeen, Cooper, and Schrieffer it was possible to appreciate the deep connection between electronic superconductivity and superfluidity in \(^{4}\)He. For the case of a bosonic superfluid such as \(^{4}\)He, the theoretical background of Bose-Einstein condensation was already known since 1924 \(^{51,52}\), and F. London proposed shortly after the discovery that helium undergoes a Bose-Einstein condensation \(^{53}\). Other early theoretical developments, such as the phenomenological two-fluid model, were put forward by L. Landau \(^{54}\) and L. Tisza \(^{55}\). More details about the interesting history of the discovery of superfluidity can be found in Refs. \(^{56,57}\).

\(^{1}\) In this chapter, helium is always synonymous to \(^{4}\)He, which is bosonic. I will write \(^{4}\)He only when I want to emphasize the bosonic nature. The fermionic counterpart \(^{3}\)He can also become superfluid, see Sec. \(^{54}\).
What is special about helium, i.e., why can it become superfluid at low temperatures? Superfluidity is a quantum effect, so if we were to invent a liquid that becomes superfluid, one thing we would have to make sure is that it remains a liquid for very small temperatures, because only there quantum effects become important. Helium is special in this sense. All other elements solidify at some point when they are cooled down. The reason is that the kinetic energy of their atoms becomes sufficiently small at small temperatures to confine the atoms within their lattice sites. For very small temperatures, the kinetic energy is solely given by the zero-point motion. It turns out that the zero-point motion for helium atoms is sufficiently large to prevent them from forming a solid. Only under strong pressure does helium solidify. Although hydrogen atoms are lighter, their inter-atomic attractive interactions are much stronger, so hydrogen does solidify. The phase diagram of helium is shown in Fig. 2.1.

2.1 Landau’s critical velocity

To explain why helium can be superfluid, we need to explain why it transports charge (here: mass, or helium atoms) without friction. The most important ingredient is the Bose-Einstein condensate. It carries charge and can flow without losing energy. The excitations on top of the condensate potentially lead to dissipation. Landau came up with a very general argument that results in a condition for these excitations in order to allow for superfluidity: let us consider a superfluid moving through a capillary with
velocity $v_s$. In the rest frame of the fluid (where the capillary moves with velocity $-v_s$), let the energy of such an excitation and its corresponding momentum be $\varepsilon_p > 0$ and $p$. Now, in the rest frame of the capillary, the energy of the fluid is given by the kinetic energy $E_{\text{kin}}$ plus the energy of the elementary excitations, transformed into the new frame:

$$E = E_{\text{kin}} + \varepsilon_p + p \cdot v_s.$$  (2.1)

The fluid loses energy through dissipation if

$$\varepsilon_p + p \cdot v_s < 0.$$  (2.2)

The left-hand side can only be negative if its minimum is negative, $\varepsilon_p - pv_s < 0$. Consequently, the system transports charge without dissipation for velocities smaller than the critical velocity

$$v_c = \min_p \frac{\varepsilon_p}{p}.$$  (2.3)

This simple argument by Landau is of fundamental importance for the understanding of a superfluid. A direct consequence is that systems where $\min_p \frac{\varepsilon_p}{p} = 0$ cannot be superfluid since then $v_c = 0$ and an arbitrarily small velocity would result in dissipation. We can write the minimum of $\varepsilon_p/p$ as the solution of

$$0 = \frac{\partial \varepsilon_p}{\partial p} \frac{p}{p} \Rightarrow \frac{\partial \varepsilon_p}{\partial p} = \frac{\varepsilon_p}{p}.$$  (2.4)

For a given point on the curve $\varepsilon_p$ we are thus asking whether the slope of the curve is identical to the slope of a straight line from the origin through the given point. Or, in other words, to check the superfluidity of a system, take a horizontal line through the origin in the $\varepsilon_p$-$p$ plane and rotate it upwards. If you can do so by a finite amount before touching the dispersion curve, the system supports superfluidity. The slope of the line at the touching point is the critical velocity according to Landau above which superfluidity is destroyed. In particular, any gapless dispersion with slope zero in the origin must lead to dissipation for any nonzero velocity. It is important to remember that the criterion for superfluidity is not only a requirement for the excitations of the system. Otherwise one might incorrectly conclude that a free gas of relativistic particles with dispersion $\varepsilon_p = \sqrt{p^2 + m^2}$ is a superfluid. The criterion rather requires a nonzero critical velocity $v_c$ and the existence of a condensate. Without a condensate, there is nothing to transport the charge without friction.

We shall see later that Bose-Einstein condensation is always accompanied by a gapless mode $\varepsilon_p=0$ due to the Goldstone theorem, and this gapless mode is called Goldstone mode. One might think that the Goldstone mode can very easily be excited. And this is true in some sense. For instance, due to the gaplessness, such a mode becomes populated for arbitrarily small temperatures. Landau’s argument, \footnote{Here, in the context of superfluid helium, we change frames by a Galilei transformation, and do not use the more general Lorentz transformation. Later we shall discuss relativistic excitations whose transformation reduces in the low-velocity limit to Eq. (2.1), see Eq. (4.33) and discussion below that equation.}
Fig. 2.2. Schematic plot of the Goldstone dispersion for superfluid helium. This mode is often modelled in terms of two different modes, the phonon and the roton, see Fig. 2.3.

However, shows that even a gapless mode is sufficiently difficult to excite by forcing the fluid to move through a capillary: if for instance the dispersion of the Goldstone mode is linear, $\epsilon_p \propto p$, the mode is gapless but Landau’s critical velocity is nonzero, and in fact identical to the slope of the Goldstone mode. Typically, the slope of a Goldstone mode is indeed linear for small momenta. This is true for instance in superfluid helium. On the other hand, if we had $\epsilon_p \propto p^2$ for small momenta, the slope of the dispersion at the origin would be zero and as a consequence $v_c = 0$.

### 2.2 Thermodynamics of superfluid helium

While the existence of a Goldstone mode and the linearity at small $p$ are very general features, the details of the complete dispersion of this mode depend on the details of the interactions in a given system. In superfluid helium, it turns out that the mode has a dispersion of the form shown in Fig. 2.2. For low energies, it can effectively be described by two different excitations, one accounting for the linear low-momentum part – this is called the “phonon” – and one accounting for the vicinity of the local minimum at a finite value of $p$ – this is called the “roton”. We can write these two dispersions as

\[
\begin{align*}
\epsilon_p &= cp \quad \text{ (“phonon”)}, \\
\epsilon_p &= \Delta + \frac{(p - p_0)^2}{2m} \quad \text{ (“roton”).}
\end{align*}
\]

with parameters $c$, $\Delta$, $p_0$, $m$, whose values are specified in Fig. 2.3.

Let us first compute some of the thermodynamic properties given by the Goldstone mode. We start from the general expression for the pressure,

\[
P = -T \int \frac{d^3p}{(2\pi)^3} \ln \left( 1 - e^{-\epsilon_p/T} \right) = \frac{1}{3} \int \frac{d^3p}{(2\pi)^3} p \frac{\partial \epsilon_p}{\partial p} f(\epsilon_p),
\]

where
where, in the second step, we have used partial integration, where $T$ is the temperature, and where

$$f(\epsilon_p) = \frac{1}{e^{\epsilon_p/T} - 1}$$

is the Bose distribution function.

Consequently, the phonon contribution to the pressure is

$$P_{ph} = \frac{c}{6\pi^2} \int_0^\infty dp \frac{p^3}{e^{\epsilon_p/T} - 1} = \frac{T^4}{6\pi^2 c^3} \int_0^\infty dy \frac{y^3}{e^y - 1} = \frac{\pi^2 T^4}{90c^3}. \quad (2.8)$$

If the dispersion were linear for all $p$, this result would be valid for any $T$. However, the dispersion is linear only for small $p$. Since the corrections to the linear behavior become important at larger temperatures, this result cannot be trusted for all $T$. (Obviously, the critical temperature for superfluidity is another, absolute, limit above which this result is inapplicable). The result for the pressure is similar to the Stefan-Boltzmann pressure of blackbody radiation. The reason is that a photon has the same linear dispersion as the superfluid phonon, but moves with the speed of light. Thus, we recover the Stefan-Boltzmann pressure if we set $c$ equal to the speed of light and multiply the result by 2 because a photon has two degrees of freedom.

We can now compute the entropy and the specific heat per unit volume from the usual thermodynamic definitions,

$$s_{ph} = \frac{\partial P_{ph}}{\partial T} = \frac{2\pi^2 T^3}{45c^3}, \quad (2.9)$$

and

**Fig. 2.3.** Dispersions for phonons and rotons from Eqs. (2.5) with parameters $m = 1.72 \times 10^{-24}$ g, $p_0 = 2.1 \times 10^{-19}$ g cm$^{-1}$, $\Delta = 8.9$ K, $c = 238$ ms$^{-1}$.
\[ c_{V,\text{ph}} = T \frac{\partial s_{\text{ph}}}{\partial T} = \frac{2\pi^2 T^3}{15c^3} = 3s_{\text{ph}}, \]  
(2.10)

where the subscript \( V \) indicates that the specific heat is computed at fixed volume (as opposed to fixed pressure).

The calculation of the roton contribution is a bit more complicated,

\[ P_{\text{rot}} = \frac{1}{6\pi^2 m} \int_0^{\infty} dp \frac{p^3 (p - p_0)}{e^{p/T} - 1}. \]  
(2.11)

In general, this integral has to be solved numerically. Here we proceed by making the assumption \( T \ll \Delta \), such that we can approximate

\[ \frac{1}{e^{p/T} - 1} \approx e^{-\Delta/T} e^{-(p - p_0)^2 / 2mT}, \]  
(2.12)

and thus

\[ P_{\text{rot}} \approx \frac{e^{-\Delta/T}}{6\pi^2 m} \int_0^{\infty} dp \frac{p^3 (p - p_0)}{e^{p/T} - 1} e^{-(p - p_0)^2 / 2mT}. \]  
(2.13)

This expression shows that the contribution of the rotons is exponentially suppressed for temperatures much smaller than \( \Delta \). To obtain the subleading temperature dependence, we introduce the new integration variable \( y = (p - p_0) / \sqrt{2mT} \),

\[ P_{\text{rot}} = \frac{e^{-\Delta/T} T (2mT)^{3/2}}{\sqrt{\pi}} \int_{-\infty}^{\infty} dy \left( \frac{p_0}{\sqrt{2mT}} \right)^3 e^{-y^2} \]  
\[ \approx \frac{e^{-\Delta/T} T p_0^2 (2mT)^{1/2}}{\sqrt{\pi}} \int_{-\infty}^{\infty} dy y^2 e^{-y^2} \frac{\sqrt{\pi}}{2} \]  
\[ = \sqrt{\frac{m}{2\pi^3}} p_0^2 T^{3/2} e^{-\Delta/T}, \]  
(2.14)

where we have assumed \( T \ll p_0^2 / (2m) \). With the parameters given in Fig. 2.3, we have \( p_0^2 / (2m) \approx 93 \text{K} \), i.e., since we already have assumed that \( T \) is much smaller than \( \Delta \approx 8.9 \text{K} \), \( T \) is also much smaller than \( p_0^2 / (2m) \). Again we may compute entropy and specific heat,

\[ s_{\text{rot}} \approx \sqrt{\frac{m}{2\pi^3}} p_0^2 \Delta T^{1/2} e^{-\Delta/T}, \]  
(2.15)

and

\[ c_{V,\text{rot}} \approx \sqrt{\frac{m}{2\pi^3}} p_0^2 \Delta^2 T^{3/2} e^{-\Delta/T}, \]  
(2.16)

where we have neglected terms of higher order in \( T/\Delta \).
2.3 Two-fluid model

The hydrodynamics of a superfluid is often described within a so-called two-fluid model, suggested by Tisza [55] and Landau [54] shortly after the discovery of superfluidity. A priori, this was a purely phenomenological description. We shall discuss later how it emerges as a kind of effective theory from a microscopic description. In the two-fluid picture, the system is formally divided into two fluids, the superfluid and normal fluid, which interpenetrate each other. The superfluid component consists of the condensate, while the normal component contains the elementary excitations, i.e., the phonon and roton excitations in the case of superfluid helium. This picture suggests that at zero temperature there is only a superfluid. Then, upon heating up the system, the normal fluid will start to appear and become more and more dominant until the superfluid completely vanishes at and above the critical temperature. Originally, the model served to explain the “viscosity paradox” which had appeared from two apparently contradicting behaviors of superfluid helium: damping times of the oscillations of a torsion pendulum in liquid helium suggested a viscosity [58], in apparent contrast to the dissipationless flow through a thin capillary [49]. In the two-fluid picture it is only the superfluid component that can flow through the thin tube while the pendulum sees both fluid components, i.e., the excitations of the normal fluid were responsible for the damping of the pendulum. The model predicts the existence of a second sound mode, see Sec. 2.4, which was indeed observed after the two-fluid picture was suggested.

The flow of the system is described by two fluids with independent velocity fields. The momentum density $g$ receives contributions from both fluids,

$$g = \rho_s v_s + \rho_n v_n,$$

where $v_s$ and $v_n$ are the velocities of the superfluid and the normal fluid, respectively, and $\rho_s$ and $\rho_n$ are the superfluid and normal-fluid mass densities, such that the total mass density is

$$\rho = \rho_n + \rho_s.$$

To compute the normal-fluid density, we consider the rest frame of the superfluid, in which the normal fluid is moving with velocity $w \equiv v_n - v_s$. In this frame, the momentum density only receives a contribution from the normal fluid and is given by $\rho_n w$. We can also express the momentum density of the normal fluid as

$$\rho_n w = \int \frac{d^3 p}{(2\pi)^3} p f(\varepsilon_p - p \cdot w),$$

where we have taken into account that the distribution function of the elementary excitations depends on the relative velocity between the two fluids. As in the previous subsections, $\varepsilon_p$ is the dispersion of the elementary excitations measured in the superfluid rest frame. In particular, we recover the Galilei transformed excitations from Eq. (2.1) for $v_n = 0$. Multiplying both sides of Eq. (2.19) with $w$, we obtain an expression for the normal-fluid density,
\[ \rho_n = \frac{1}{w} \int \frac{d^3 p}{(2\pi)^3} \hat{\mathbf{w}} \cdot \mathbf{p} f(\varepsilon_p - \mathbf{p} \cdot \mathbf{w}), \tag{2.20} \]

where \( \hat{\mathbf{w}} \equiv \mathbf{w}/w \). It is important to realize that the concept of normal-fluid and superfluid densities only makes sense in the presence of a (at least infinitesimal) relative velocity. In general, \( \rho_s \) and \( \rho_n \) are functions of this relative velocity. For many applications one is interested in the limit of small relative velocities. To compute \( \rho_n \) in the limit \( w \to 0 \), we insert the Taylor expansion

\[ f(\varepsilon_p - \mathbf{p} \cdot \mathbf{w}) = f(\varepsilon_p) - \mathbf{p} \cdot \mathbf{w} \frac{\partial f}{\partial \varepsilon_p} \bigg|_{w=0} + \mathcal{O}(w^2) \tag{2.21} \]

into Eq. (2.20). The integral over the first term of this expansion vanishes, and we obtain

\[ \rho_n(w \to 0) = -\int \frac{d^3 p}{(2\pi)^3} (\mathbf{p} \cdot \mathbf{w})^2 \frac{\partial f}{\partial \varepsilon_p} \]

\[ = -\frac{1}{3} \int \frac{d^3 p}{(2\pi)^3} p^2 \frac{\partial f}{\partial \varepsilon_p} \]

\[ = \frac{1}{3T} \int \frac{d^3 p}{(2\pi)^3} \frac{p^2 e^{\varepsilon_p/T}}{(e^{\varepsilon_p/T} - 1)^2}. \tag{2.22} \]

Since we have modelled the dispersion of the Goldstone mode by two separate excitations, we can compute their contribution to the normal-fluid density separately. Let us start with the phonon contribution.

With the \( z \)-axis of our coordinate system pointing in the direction of \( \mathbf{w} \) and \( x = \cos \theta \) with \( \theta \) being the angle between \( \mathbf{w} \) and the momentum \( \mathbf{p} \), the phonon contribution from Eq. (2.20) is

\[ \rho_{n,\text{ph}} = \frac{1}{4\pi^2 w} \int_{-1}^{1} dx \int_{0}^{\infty} dp \frac{p^3}{e^{p(c - wx)/T} - 1} \]

\[ = \frac{T^4}{4w\pi^2} \int_{-1}^{1} dx \frac{x}{(c - wx)^4} \int_{0}^{\infty} dy \frac{y^3}{e^y - 1} \]

\[ = \frac{8\pi \sqrt{c}}{3(c^2 - w^2)^{3/2}} \text{for } w < c \]

\[ = \frac{2\pi^2 T^4}{45c^5} \left( 1 - \frac{w^2}{c^2} \right)^{-3}. \tag{2.23} \]

The condition \( w < c \) is necessary to ensure superfluidity: we can repeat the argument for Landau’s critical velocity from Sec. 2.1, replacing the rest frame of the capillary with the rest frame of the normal fluid. This shows that the relative velocity \( w \) has
an upper limit given by Eq. (2.3) above which dissipation sets in. In the absence of rotons, this limit would be given by \( c \). As Fig. 2.3 shows, the presence of the rotons only decreases the limit.

For small relative velocities \( w \) we find

\[
\rho_{n, \text{ph}} = \frac{2 \pi^2 T^4}{45 c^5} \left[ 1 + \mathcal{O} \left( \frac{w^2}{c^2} \right) \right] \approx \frac{\rho_{\text{ph}} T}{c^2},
\]

(2.24)

where the result for the entropy density (2.9) has been used. One can check that the same \( w \to 0 \) result is obtained by directly using Eq. (2.22).

For the roton contribution we find for small temperatures

\[
\rho_{n, \text{rot}} \approx e^{-\Delta/T} \int_0^\infty dp \int_{-p_0}^{p_0} dq \int_0^\infty dx e^{\frac{-q^2}{2mT}} \int_{-p_0}^{p_0} dq \int_0^\infty dp \int_{-p_0}^{p_0} dq e^{-\frac{q^2}{2mT}}.
\]

(2.25)

In the limit \( w \to 0 \) this becomes

\[
\rho_{n, \text{rot}} = \sqrt{\frac{m}{2 \pi^3}} \frac{T^{3/2}}{e^{-\Delta/T} p_0^2} \left[ 1 + \mathcal{O} \left( \frac{p_0^2 w^2}{T^2} \right) \right] \approx \frac{p_0^2}{3T^2} \rho_{\text{rot}}.
\]

(2.26)

Again, we can check that this result is obtained from the general expression (2.22). This is left as a small exercise to the reader.

We can now compute the total normal-fluid density from the two separate contributions. Together with a given total density \( \rho \), this allows us to compute the density fractions for superfluid and normal-fluid components for all temperatures up to the critical temperature. Since at the critical temperature \( T_c \) all mass sits in the normal fluid, we can compute \( T_c \) by solving \( \rho = \rho_{n, \text{ph}}(T_c) + \rho_{n, \text{rot}}(T_c) \) numerically for \( T_c \). For the limit \( w \to 0 \) and with \( \rho = 0.147 \text{ g cm}^{-3} \) one obtains \( T_c \approx 2.47 \text{ K} \). This number is obtained by using the full temperature dependence of \( \rho_n \): the phonon contribution (2.24) is exact for all temperatures (under the assumption that the phonon dispersion continues linearly for all momenta), while for the roton contribution the full expression (2.22) has been used, including a numerical momentum integral. (Using the low-temperature approximation (2.26) gives a slightly larger critical temperature.) The discrepancy to the actual value of the critical temperature of \( T_c \approx 2.17 \text{ K} \) is due to the model assumption of separate phonon and roton excitations, which differs from the correct quasiparticle spectrum, see Fig. 2.3. This difference is important for large temperatures. Within the given model, we show the phonon and roton contributions to the normal-fluid density in Fig. 2.4 and the superfluid and normal-fluid density fractions in Fig. 2.5.
Fig. 2.4. Contributions of phonons and rotons to the normal-fluid density for all temperatures up to the critical temperature in the absence of a relative flow, $w = 0$, with the parameters of Fig. 2.3.

Fig. 2.5. Normal-fluid and superfluid density fractions in the absence of a relative flow, $w = 0$, with the parameters of Fig. 2.3 and the total mass density $\rho = 0.147 \text{g cm}^{-3}$. For all temperatures above $T_c$, we have $\rho_n = \rho$, $\rho_s = 0$.

### 2.4 First and second sound

One interesting consequence of the two-fluid model is the existence of two sound modes. The second sound mode was first observed in superfluid helium [59, 60], for a nice popular article about second sound and its significance for developments in the theory of superfluid helium see Ref. [61]. Much more recently, second sound was also measured in an ultra-cold Fermi gas [62]. Before we can discuss first and
second sound, we need to discuss some hydrodynamics. We shall give a very brief introduction to single-fluid hydrodynamics before we add a second fluid in order to describe the superfluid. Here we shall only discuss ideal, i.e., dissipationless, hydrodynamics. This is sufficient for the discussion of first and second sound, which can propagate non-dissipatively. If you are interested in a much more detailed account of hydrodynamics, see for instance Ref. [63].

2.4.1 Single-fluid hydrodynamics

We shall start from the relativistic form of hydrodynamics and then take the non-relativistic limit. The conservation equations for charge and (four-)momentum are

\[ \partial_{\mu} T^{\mu\nu} = 0, \quad \partial_{\mu} j^{\mu} = 0, \]

(2.27)

where

\[ j^{\mu} = n v^{\mu} \]

(2.28)
is the current associated with the conserved charge, and

\[ T^{\mu\nu} = (\varepsilon + P)v^{\mu}v^{\nu} - g^{\mu\nu}P \]

(2.29)
is the stress-energy tensor for an ideal fluid. Here, \( n, \varepsilon, \) and \( P \) are number density, energy density, and pressure, measured in the rest frame of the fluid, and \( g^{\mu\nu} = \text{diag}(1, -1, -1, -1) \) is the metric tensor. Moreover,

\[ v^{\mu} = \gamma(1, \mathbf{v}) \]

(2.30)
is the four-velocity of the fluid, expressed in terms of the three-velocity \( \mathbf{v} \) and the Lorentz factor \( \gamma = (1 - v^2)^{-1/2} \). Here, \( v^2 \) denotes the square of the modulus of the three velocity. This form of the four-velocity ensures

\[ v_{\mu}v^{\mu} = 1. \]

(2.31)

Even though we have omitted the arguments, in general all quantities of course depend on space-time, i.e., \( v = v(x,t) \) etc.

The various components of the stress-energy tensor are

\[ T^{00} = \frac{\varepsilon + P v^2}{1 - v^2}, \]

(2.32a)

\[ T^{0i} = T^{i0} = \frac{\varepsilon + P}{1 - v^2} v_i, \]

(2.32b)

\[ T^{ij} = \frac{\varepsilon + P}{1 - v^2} v_i v_j + \delta_{ij}P, \]

(2.32c)

where \( v_i \) are the components of the three-velocity \( \mathbf{v} \), not of the four-velocity. In particular, the stress-energy tensor is symmetric. We define the rest frame of the fluid by
\( \mathbf{v} = 0, \) i.e., \( \mathbf{v}^\mu = (1,0,0,0) \). In this particular frame, the stress-energy tensor assumes the simple form

\[
T^{\mu\nu} = 
\begin{pmatrix}
\varepsilon & 0 & 0 & 0 \\
0 & P & 0 & 0 \\
0 & 0 & P & 0 \\
0 & 0 & 0 & P
\end{pmatrix}.
\] (2.33)

As a simple exercise, one can check that the general stress-energy tensor \( (2.29) \) can be obtained via a Lorentz transformation from the stress-energy tensor \( (2.33) \). In a single-fluid system with uniform fluid velocity, it is obviously always possible to choose a global frame in which the three-velocity vanishes. This is the rest frame of the fluid. This is not possible in a two-fluid system, even if the two velocities of the two fluids are uniform. In that case, one may choose to work in the rest frame of one of the fluids, and the direction of the velocity of the other fluid will necessarily break rotational invariance.

In order to take the non-relativistic limit, we introduce the rest mass density \( \rho \) via the temporal component of the four-current,

\[
\rho = m j^0.
\] (2.34)

With Eq. \( (2.28) \), this means that \( m n = \rho \sqrt{1 - v^2} \), i.e., \( \rho \sqrt{1 - v^2} \) is the rest mass density in the fluid rest frame, while \( \rho \) is the rest mass density in the frame where the fluid moves with velocity \( \mathbf{v} \). Eventually, after having derived the non-relativistic limit, the mass density \( \rho \) will be assumed to be frame independent.

The spatial components of Eq. \( (2.28) \) now give

\[
m j = \rho \mathbf{v}.
\] (2.35)

Next, we need the non-relativistic version of the stress-energy tensor. To this end, we introduce the non-relativistic energy density \( \varepsilon_0 \) in the fluid rest frame by separating the rest energy,

\[
\varepsilon = \rho \sqrt{1 - v^2} + \varepsilon_0.
\] (2.36)

Neglecting terms of order \( v^4 \), we can write

\[
T^{00} \simeq \varepsilon + (\varepsilon + P)v^2 \\
\simeq \rho + \varepsilon_0 + \left( \frac{\rho}{2} + \varepsilon_0 + P \right) v^2.
\] (2.37)

We now remove the rest mass density \( \rho \) and assume that \( \varepsilon_0 + P \ll \rho \) in the kinetic term to obtain the non-relativistic version

\[
T^{00}_{\text{non-rel.}} = \varepsilon_0 + \frac{\rho v^2}{2},
\] (2.38)

which contains the energy density in the fluid rest frame plus a kinetic term which has the usual non-relativistic form. We proceed analogously for the other components. First, we write
\[ T^{0i} \simeq (\varepsilon + P)(1 + v^2)v_i \]
\[ \simeq \rho v_i + \left( \varepsilon_0 + \frac{Pv^2}{2} + P \right)v_i, \quad (2.39) \]

where, in the \( \mathcal{O}(v^3) \) terms, we have again neglected \( \varepsilon_0 + P \) compared to \( \rho \). Then, we define the momentum density by
\[ g_i \equiv T^{0i}_{\text{non-rel}} = \rho v_i, \quad (2.40) \]
and the energy flux by
\[ q_i \equiv T^{0i}_{\text{non-rel}} = \left( \varepsilon_0 + \frac{\rho v^2}{2} + P \right)v_i. \quad (2.41) \]

As a consequence, in the non-relativistic version the stress-energy tensor is not symmetric, \( T^{0i}_{\text{non-rel}} \neq T^{i0}_{\text{non-rel}} \). Finally,
\[ T^{ij} \simeq (\varepsilon + P)v_iv_j + \delta_{ij}P \]
\[ \simeq (\rho + \varepsilon_0 + P)v_iv_j + \delta_{ij}P, \quad (2.42) \]
and, again using \( \varepsilon_0 + P \ll \rho \), we define the non-relativistic stress tensor
\[ \Pi_{ij} \equiv T^{ij}_{\text{non-rel}} = \rho v_iv_j + \delta_{ij}P. \quad (2.43) \]

We are now prepared to formulate the conservation equations \[ (2.27) \] in the non-relativistic limit,
\[ \frac{\partial \rho}{\partial t} + \nabla \cdot g = 0, \quad (2.44a) \]
\[ \frac{\partial \varepsilon}{\partial t} + \nabla \cdot q = 0, \quad (2.44b) \]
\[ \frac{\partial g_i}{\partial t} + \partial_j \Pi_{ji} = 0, \quad (2.44c) \]
where we have defined the energy density\(^3\)
\[ \varepsilon \equiv \varepsilon_0 + \frac{\rho v^2}{2} \quad (2.45) \]

(remember that \( \varepsilon_0 \) is the energy density in the rest frame of the fluid). The first equation is the current conservation \( \partial_{\mu} j^\mu = 0 \) multiplied by \( m \), the second equation is

\(^3\) The \( \varepsilon \) defined here is not the relativistic \( \varepsilon \) used above. But since for the rest of the chapter we shall work in the non-relativistic framework, this slight abuse of notation should not cause any confusion.
the $\nu = 0$ component of the four-momentum conservation $\partial_\mu T^{\mu \nu} = 0$, and the third equation is the $\nu = i$ component of the four-momentum conservation. In summary, we repeat the definitions of the non-relativistic quantities that appear in these equations,

$$g = \rho v, \quad q = (\varepsilon + P)v, \quad \Pi_{ij} = \rho v_i v_j + \delta_{ij}P.$$  \hspace{1cm} (2.46)

Using these definitions, we can also bring the hydrodynamic equations in the following form\[4\]

$$\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho v) = 0, \hspace{2cm} (2.47a)$$

$$\frac{\partial s}{\partial t} + \nabla \cdot (sv) = 0, \hspace{2cm} (2.47b)$$

$$\frac{\partial v}{\partial t} + (v \cdot \nabla)v = -\frac{\nabla P}{\rho} \hspace{0.5cm} \text{(Euler equation)}. \hspace{2cm} (2.47c)$$

The continuity equation for the mass current (2.47a) is simply copied from above; Eq. (2.47c) is straightforwardly obtained by inserting Eqs. (2.46) into Eq. (2.44c) and using the continuity equation (2.47a). To derive Eq. (2.47b) – which is a continuity equation for the entropy current – start from Eq. (2.44b) and write

$$0 = \frac{\partial}{\partial t} \left( \varepsilon_0 + \frac{\rho v^2}{2} \right) + \nabla \cdot \left( \varepsilon_0 + \frac{\rho v^2}{2} + P \right)v$$

$$= \frac{\partial \varepsilon_0}{\partial t} + \frac{v^2}{2} \frac{\partial \rho}{\partial t} + \rho v \cdot \frac{\partial v}{\partial t}$$

$$+ (\mu \rho + Ts)\nabla \cdot v + v \cdot \nabla \varepsilon_0 + \nabla \cdot \left( \frac{\rho v^2}{2} \right)v + v \cdot \nabla P, \hspace{2cm} (2.48)$$

\[4\] Dissipative effects are included by adding the following terms to the energy flux and the stress tensor (the momentum density remains unchanged),

$$q_i = (\varepsilon + P)v_i + v_j \delta \Pi_{ij} + Q_i, \quad \Pi_{ij} = \rho v_i v_j + \delta_{ij}P + \delta \Pi_{ij},$$

where

$$Q \equiv -\kappa \nabla T, \quad \delta \Pi_{ij} \equiv -\eta \left( \partial_i v_j - \partial_j v_i - \frac{2}{3} \delta_{ij} \nabla \cdot v \right) - \zeta \delta_{ij} \nabla \cdot v,$$

with the thermal conductivity $\kappa$, the shear viscosity $\eta$, and the bulk viscosity $\zeta$. In the presence of dissipation, the entropy current is no longer conserved, i.e., the right-hand side of Eq. (2.47b) is not zero. With dissipative terms, the Euler equation (2.47c) is known as the Navier-Stokes equation. Existence and smoothness of general solutions to the Navier-Stokes equation (and also to the Euler equation) are an unsolved problem in mathematical physics and its solution is worth a million dollars, see http://www.claymath.org/millenium-problems/navier-stokes-equation.
where we have used the relation

\[ \varepsilon_0 + P = \mu \rho + Ts, \tag{2.49} \]

where \( s \) is the entropy density and \( \mu \) the chemical potential. Now we remember the thermodynamic relations

\[ d\varepsilon_0 = \mu d\rho + T ds, \tag{2.50} \]

and

\[ dP = \rho d\mu + s dT. \tag{2.51} \]

These two thermodynamic relations reflect the fact that \( \varepsilon_0 \) and \( P \) are related via two Legendre transforms with respect to the pairs \((T, s)\) and \((\mu, \rho)\). We shall need Eq. (2.51) later. Here we make use of Eq. (2.50) which we insert into Eq. (2.48) to obtain

\[
0 = \mu \frac{\partial \rho}{\partial t} + T \frac{\partial s}{\partial t} + (\mu \rho + Ts) \nabla \cdot v + \mu v \cdot \nabla \rho + T v \cdot \nabla s
\]

\[
+ \frac{v^2}{2} \frac{\partial \rho}{\partial t} + \rho v \cdot \frac{\partial v}{\partial t} + \nabla \cdot \left( \frac{\rho v^2}{2} v \right) + v \cdot \nabla P
\]

\[ = 0 \]

\[ = T \left[ \frac{\partial s}{\partial t} + \nabla \cdot (sv) \right], \tag{2.52} \]

where we have used the continuity equation (2.47a) twice and the Euler equation (2.47c). The result is the entropy conservation (2.47b). The entropy current is only conserved in the absence of dissipation.

### 2.4.2 Two-fluid hydrodynamics

In view of the two-fluid model discussed in Sec. 2.3, we have to modify the single-fluid hydrodynamics because each of the fluid components of the superfluid acquires its own, independent velocity field. Let us distinguish two (local) reference frames in the following way. Imagine a superfluid flowing through a tube. Then, our first reference frame is the frame where the tube is at rest and where superfluid and normal fluid have velocities \( v_s \) and \( v_n \), respectively. The second reference frame is the one where the superfluid is at rest, i.e., the tube moves with velocity \(-v_s\) and the superfluid and normal fluid move with velocities zero and \( v_n - v_s \), respectively. We denote quantities in the superfluid rest frame with a subscript 0 and quantities in the rest frame of the tube without additional subscript.

In the rest frame of the tube, the momentum density is given by the sum of both fluids, as already stated in Eq. (2.17). In the superfluid rest frame, the momentum

\[ \text{In this non-relativistic context, we work with the chemical potential per unit mass } \mu, \text{ which has the same units as a velocity squared (i.e., it is dimensionless if the speed of light is set to one). In the relativistic treatment, starting in chapter 3, } \mu \text{ will denote the chemical potential per unit charge, which has the same units as energy.} \]
Superfluid helium

density is only given by the normal fluid which has mass density $\rho_n$ and which moves with velocity $v_n - v_s$. Consequently,

$$g = \rho_n v_n + \rho_s v_s, \quad g_0 = \rho_n (v_n - v_s) \tag{2.53a}$$

$$\Rightarrow g = g_0 + \rho v_s, \quad \tag{2.53b}$$

where $\rho = \rho_n + \rho_s$ is the total mass density, as above. The stress tensor in the two frames reads

$$\Pi_{ij} = \rho_n v_n v_{nj} + \rho_s v_s v_{sj} + \delta_{ij} P,$$

$$\Pi_{0ij} = \rho_n (v_{ni} - v_{si}) (v_{nj} - v_{sj}) + \delta_{ij} P \tag{2.54a}$$

$$\Rightarrow \Pi_{ij} = \Pi_{0ij} + \rho v_s v_{sj} + v_{sj} g_{0ij}. \tag{2.54b}$$

For completeness, although we shall not need this in the following, let us also write down the energy density and the energy density current in the two frames. We have

$$\varepsilon = \varepsilon_n + \varepsilon_s + \frac{\rho_n v_n^2}{2} + \frac{\rho_s v_s^2}{2}, \quad \varepsilon_0 = \varepsilon_n + \varepsilon_s + \frac{\rho_n (v_n - v_s)^2}{2} \tag{2.55a}$$

$$\Rightarrow \varepsilon = \varepsilon_0 + v_s \cdot g_0 + \frac{\rho v_s^2}{2}, \quad \tag{2.55b}$$

where

$$\varepsilon_n = -P_n + \mu \rho_n + T_s, \quad \varepsilon_s = -P_s + \mu \rho_s \tag{2.56}$$

are the energy densities of normal fluid and superfluid, measured in their respective rest frames. Analogously, $P_n$ and $P_s$ are the pressures of the normal fluid and superfluid, and with $P = P_n + P_s$ the relations (2.56) imply $\varepsilon_n + \varepsilon_s = P + \mu \rho + T_s$. In the absence of a normal fluid, we have $\varepsilon_s = \varepsilon_0$, which makes the connection to the notation of the previous subsection. In Eqs. (2.56) we have used that only the normal fluid carries entropy.

Finally, for the energy flux we find

$$q = \left( \varepsilon_n + P_n + \frac{\rho_n v_n^2}{2} \right) v_n + \left( \varepsilon_s + P_s + \frac{\rho_s v_s^2}{2} \right) v_s,$$

$$q_0 = \left[ \varepsilon_n + P_n + \frac{\rho_n (v_n - v_s)^2}{2} \right] (v_n - v_s) \tag{2.57a}$$

$$\Rightarrow q_i = q_0 i + \left( \varepsilon_0 + v_s \cdot g_0 + \frac{\rho v_s^2}{2} \right) v_{si} + \frac{v_s^2}{2} g_{0ij} + v_{sj} \Pi_{0ij}. \tag{2.57b}$$

Eqs. (2.53b), (2.54b), (2.55b), and (2.57b) are the Galilei transforms of momentum density, stress tensor, energy density, and energy flux from the superfluid rest frame.
into the corresponding quantities in the rest frame of the tube. Notice that they are expressed solely in terms of quantities measured in the superfluid rest frame and the superfluid velocity. Since the relative velocity between the two reference frames is given by \( v_s \), the normal-fluid velocity \( v_n \) does not appear in the Galilei transform, as it should be.

We write the hydrodynamic equations in the rest frame of the tube as

\[
\frac{\partial \rho}{\partial t} + \nabla \cdot g = 0, \tag{2.58a}
\]

\[
\frac{\partial s}{\partial t} + \nabla \cdot (sv_n) = 0, \tag{2.58b}
\]

\[
\frac{\partial g}{\partial t} + v_s (\nabla \cdot g) + (g \cdot \nabla)v_s + (v_n \cdot \nabla)g_0 + \nabla P = 0. \tag{2.58c}
\]

The first two equations have the same form as for the single fluid case, see Eqs. (2.47), with \( \rho \) and \( g \) now being the total mass and momentum densities, receiving contributions from both fluids, and the entropy density \( sv_n \) solely coming from the normal fluid. To derive Eq. (2.58c) from (2.44c) one first easily checks that the stress tensor from Eq. (2.54a) can be written as

\[
\Pi_{ij} = v_{sj}g_i + v_{ni}g_{0j} + \delta_{ij}P. \tag{2.59}
\]

(Although not manifest in this form, the stress tensor is of course still symmetric.) Inserting Eq. (2.59) into Eq. (2.44c) immediately yields Eq. (2.58c).

Before we turn to the sound modes we derive one more useful relation. Using the hydrodynamic equations, the thermodynamic relations (2.50) and (2.51), and the explicit two-fluid form of \( \varepsilon \) and \( q \), a rather tedious calculation yields

\[
\frac{\partial \varepsilon}{\partial t} + \nabla \cdot q = -\rho_s (v_n - v_s) \left[ \nabla \mu + (v_s \cdot \nabla)v_s + \frac{\partial v_s}{\partial t} \right]
+ \frac{(v_n - v_s)^2}{2} \left[ \frac{\partial \rho_s}{\partial t} + \nabla \cdot (\rho_s v_s) \right]. \tag{2.60}
\]

Now we use that the left-hand side of this equation is zero due to (the two-fluid version of) Eq. (2.44b) and neglect the term quadratic in the relative velocity \( v_n - v_s \) on the right-hand side to obtain the following relation for the superfluid velocity,

\[
(v_s \cdot \nabla)v_s + \frac{\partial v_s}{\partial t} = -\nabla \mu. \tag{2.61}
\]

### 2.4.3 Sound modes

Imagine both fluid components to be at rest and the system to be in thermodynamic equilibrium. A sound wave is a (small) oscillation in the thermodynamic quantities like entropy, pressure etc and in the velocities of the two fluids. We thus imagine adding small deviations from equilibrium to the thermodynamic quantities like
\[ s(x,t) = s_0 + \delta s(x,t), \quad P(x,t) = P_0 + \delta P(x,t) \] etc and small deviations (from zero) to the velocities, \( v_n(x,t) = \delta v_n(x,t) \) and \( v_s(x,t) = \delta v_s(x,t) \). Here, the subscript 0 denotes thermodynamic equilibrium. In general, one might also compute the sound modes in the presence of a relative velocity of the two fluids, i.e., one may choose nonzero values of \( v_{n,0} \) and \( v_{s,0} \). Here we restrict ourselves to the isotropic situation \( v_{n,0} = v_{s,0} = 0 \).

Since we are interested in small deviations from equilibrium, we neglect terms quadratic in the deviations, for instance

\[
\nabla \cdot g = (\rho_n,0 + \delta \rho_n)\nabla \cdot \delta v_n + (\rho_s,0 + \delta \rho_s)\nabla \cdot \delta v_s + \delta v_n \cdot \nabla \delta \rho_n + \delta v_s \cdot \nabla \delta \rho_s \\
\simeq \rho_{n,0} \nabla \cdot \delta v_n + \rho_{s,0} \nabla \cdot \delta v_s.
\]

(2.62)

The linearized hydrodynamic equations (2.58) thus become

\[
\frac{\partial \rho}{\partial t} + \rho_n \nabla \cdot v_n + \rho_s \nabla \cdot v_s \simeq 0,
\]

(2.63a)

\[
\frac{\partial s}{\partial t} + s \nabla \cdot v_n \simeq 0,
\]

(2.63b)

\[
\rho_n \frac{\partial v_n}{\partial t} + \rho_s \frac{\partial v_s}{\partial t} + \nabla P \simeq 0,
\]

(2.63c)

and Eq. (2.61) simplifies to

\[
\frac{\partial v_s}{\partial t} + \nabla \mu \simeq 0.
\]

(2.64)

A usual sound wave is a density oscillation and is described by a wave equation that relates a spatial second derivative to a temporal second derivative. Due to the presence of two fluids, we will now obtain a second wave equation for the entropy. The two wave equations are

\[
\frac{\partial^2 \rho}{\partial t^2} = \Delta P,
\]

(2.65a)

\[
\frac{\partial^2 S}{\partial t^2} = \frac{S^2 \rho_s}{\rho_n} \Delta T,
\]

(2.65b)

where \( S \) is the entropy per unit mass, such that \( s = \rho S \). The equations are derived as follows. Eq. (2.65a) is immediately obtained by taking the time derivative of Eq. (2.63a) and the divergence of Eq. (2.63c). Eq. (2.65b) requires some more work. From the thermodynamic relation (2.51) we obtain \( \nabla P = \rho \nabla \mu + s \nabla T \). Inserting \( \nabla P \) from Eq. (2.63c) and \( \nabla \mu \) from Eq. (2.64) into this relation, taking the divergence on both sides, and keeping only terms linear in the deviations from equilibrium yields

\[
\rho_n \frac{\partial}{\partial t} \nabla \cdot (v_n - v_s) \simeq -s \Delta T.
\]

(2.66)
In order to replace the divergence on the right-hand side of this equation we observe
\[
\frac{\partial S}{\partial t} = \frac{1}{\rho} \frac{\partial s}{\partial t} - \frac{S}{\rho} \frac{\partial \rho}{\partial t} = -S \nabla \cdot \mathbf{v}_n + \frac{S}{\rho} (\rho_n \nabla \cdot \mathbf{v}_n + \rho_s \nabla \cdot \mathbf{v}_s)
\]
\[
= -S \rho_s \nabla \cdot (\mathbf{v}_n - \mathbf{v}_s),
\]
(2.67)
where, in the second step, we have used Eqs. (2.63a) and (2.63b). Inserting this result into Eq. (2.66) and again using the linear approximation yields the second wave equation (2.65b).

Next, we solve the wave equations. We take \( T \) and \( P \) as independent variables, such that \( S \) and \( \rho \) are functions of \( T \) and \( P \),
\[
\delta S = \frac{\partial S}{\partial T} \delta T + \frac{\partial S}{\partial P} \delta P, \quad \delta \rho = \frac{\partial \rho}{\partial T} \delta T + \frac{\partial \rho}{\partial P} \delta P,
\]
(2.68)
where all derivatives are evaluated in equilibrium. Inserting this into Eqs. (2.65a) and (2.65b) yields to linear order in \( \delta T \), \( \delta P \),
\[
\frac{\partial \rho}{\partial P} \frac{\partial^2 \delta P}{\partial t^2} + \frac{\partial \rho}{\partial T} \frac{\partial^2 \delta T}{\partial t^2} = \Delta (\delta P),
\]
(2.69a)
\[
\frac{\partial S}{\partial P} \frac{\partial^2 \delta P}{\partial t^2} + \frac{\partial S}{\partial T} \frac{\partial^2 \delta T}{\partial t^2} = \frac{S^2 \rho_s}{\rho_n} \Delta (\delta T).
\]
(2.69b)
The deviations from equilibrium are assumed to be harmonic oscillations, \( \delta P(x, t) = \delta P_0 e^{-i(\omega t - kx)} \), \( \delta T(x, t) = \delta T_0 e^{-i(\omega t - kx)} \), where the amplitudes \( \delta P_0 \), \( \delta T_0 \) are constant in time and space, and where \( \omega \) and \( k \) are frequency and wave number of the oscillation. Without loss of generality, we have chosen the sound waves to propagate in the \( x \)-direction. We define the sound velocity
\[
u = \frac{\omega}{k},
\]
(2.70)
such that the wave equations become
\[
\left( u^2 \frac{\partial \rho}{\partial P} - 1 \right) \delta P_0 + u^2 \frac{\partial \rho}{\partial T} \delta T_0 = 0,
\]
(2.71a)
\[
u^2 \frac{\partial S}{\partial P} \delta P_0 + \left( u^2 \frac{\partial S}{\partial T} - \frac{S^2 \rho_s}{\rho_n} \right) \delta T_0 = 0.
\]
(2.71b)
For this system of equations to have nontrivial solutions, we must require the determinant to vanish,
Consequently, from the diagonal elements of this matrix equation we read off

\[ u^4 [J_f(T, P)] - u^2 \left( \frac{\partial \rho}{\partial P} \rho_n S_p + \frac{\partial S}{\partial T} \right) + \frac{S_p}{\rho_n} = 0, \quad (2.72) \]

where \([J_f(T, P)]\) is the determinant of the Jacobian matrix of the function \(f(T, P) \equiv (S(T, P), \rho(T, P))\). The Jacobian matrix of \(f\) is

\[ J_f(T, P) \equiv \frac{\partial (S, \rho)}{\partial (T, P)} = \begin{pmatrix} \frac{\partial S}{\partial T} & \frac{\partial S}{\partial P} \\ \frac{\partial \rho}{\partial T} & \frac{\partial \rho}{\partial P} \end{pmatrix}. \quad (2.73) \]

Now remember that the derivative of the inverse function \(f^{-1}(S, \rho) = (T(S, \rho), P(S, \rho))\) is given by the inverse of the Jacobian matrix of \(f\), \(J_f^{-1} = [J_f(T, P)]^{-1}\). Therefore,

\[ J_f^{-1}(S, \rho) \equiv \frac{\partial (T, P)}{\partial (S, \rho)} = \begin{pmatrix} \frac{\partial T}{\partial S} \quad \frac{\partial T}{\partial \rho} \\ \frac{\partial P}{\partial S} \quad \frac{\partial P}{\partial \rho} \end{pmatrix} = \frac{1}{|J_f(T, P)|} \begin{pmatrix} \frac{\partial P}{\partial \rho} & \frac{\partial S}{\partial \rho} \\ -\frac{\partial P}{\partial T} & \frac{\partial S}{\partial T} \end{pmatrix}. \]

Consequently, from the diagonal elements of this matrix equation we read off

\[ \frac{\partial T}{\partial S} = \frac{1}{|J_f(T, P)|} \frac{\partial P}{\partial \rho}, \quad \frac{\partial P}{\partial \rho} = \frac{1}{|J_f(T, P)|} \frac{\partial S}{\partial T}. \quad (2.74) \]

After dividing Eq. (2.72) by \(|J_f(T, P)|\) we can use these relations to write

\[ u^4 - u^2 \left( \frac{\partial T}{\partial S} \rho_n S_p + \frac{\partial P}{\partial \rho} \right) + \frac{1}{|J_f(T, P)|} \frac{S_p}{\rho_n} = 0. \quad (2.75) \]

Up to now we have worked with the function \(f(T, P) = [S(T, P), \rho(T, P)]\) and its inverse \(f^{-1}(S, \rho) = [T(S, \rho), P(S, \rho)]\). In Eq. (2.75), derivatives of \(f^{-1}\) appear, and thus the derivatives of \(T\) with respect to \(S\) and of \(P\) with respect to \(\rho\) are obviously taken at fixed \(\rho\) and \(S\), respectively. We further simplify the polynomial for \(u\) as follows. Take the first component of \(f^{-1}, T(S, \rho)\), and read it as a function of \(S\) only, with a fixed \(\rho\). Inversion of this function then yields a function \(S(T, \rho)\). Now do the same with the second component of \(f, \rho(P, T)\), i.e., invert this function at a fixed \(T\). This yields

\[ \frac{\partial T}{\partial S} = \left( \frac{\partial S}{\partial T} \right)^{-1} = \frac{T \rho}{c_V} \quad \text{at fixed } \rho, \quad (2.76a) \]

\[ \left( \frac{\partial \rho}{\partial P} \right)^{-1} = \frac{\partial P}{\partial \rho} \quad \text{at fixed } T, \quad (2.76b) \]

with the definition for the specific heat per unit mass.
2.4 First and second sound

\[
\frac{c_V}{\rho} = T \frac{\partial S}{\partial T},
\]

(2.77)

where \(c_V\) is the specific heat per unit volume, and the derivative is taken at fixed \(\rho\). With the help of Eqs. (2.76), we write the first relation of Eq. (2.74) as

\[
\frac{1}{|J_f(T,P)|} = \frac{T \rho}{c_V} \frac{\partial P}{\partial \rho},
\]

(2.78)

with the derivative taken at fixed \(T\). Now we insert Eqs. (2.76a) and (2.78) into the polynomial (2.75) to obtain

\[
u^4 - \nu^2 \left( \frac{\rho S^2 T \rho_s}{c_V \rho_n} + \frac{\partial P}{\partial \rho} \right) + \frac{\rho S^2 T \rho_s}{c_V \rho_n} \frac{\partial P}{\partial \rho} = 0.
\]

(2.79)

The two derivatives of \(P\) with respect to \(\rho\) appearing here were not identical originally because the derivatives are taken at fixed \(S\) and at fixed \(T\). However, we approximate these derivatives to be equal, which is equivalent to approximating the specific heat at constant pressure \(c_P\) by the specific heat at constant volume \(c_V\). This approximation turns out to be a good approximation for superfluid helium.

The resulting equation has the simple structure \(u^4 - u^2(a + b) + ab = 0\) with solutions \(u^2 = a, b\). Consequently, the two positive solutions for \(u\) are

\[
u_1 = \sqrt{\frac{\partial P}{\partial \rho}},
\]

(2.80a)

\[
u_2 = \sqrt{\frac{\rho S^2 T \rho_s}{c_V \rho_n}} = \sqrt{\frac{s^2 T \rho_s}{\rho c_V \rho_n}}.
\]

(2.80b)

These are the velocities of first and second sound. Since we have not worked with a relative velocity \(v_n - v_s\) between normal fluid and superfluid (except for the small oscillations that constitute the sound waves), the sound velocities are pure numbers, i.e., they do not depend on the direction of propagation.

At low temperatures, as we shall see in the next section in a microscopic model,

\[
\frac{\partial P}{\partial \rho} \simeq c^2,
\]

(2.81)

i.e., the speed of first sound is given by the slope of the Goldstone dispersion, \(u_1(T \to 0) = c\). For the speed of second sound, we may use the results from our thermodynamic calculations in Sec. 2.2. At low temperatures, the roton contribution is irrelevant, and we use \(c_{V,ph} = 3s_{ph}\) and \(\rho_{n,ph} = s_{ph} T / c^2\), see Eqs. (2.10) and (2.24), respectively. We may also approximate \(\rho_s \approx \rho\). Inserting all this into our expression for \(u_2\) we find

\[
u_2(T \to 0) = \frac{c}{\sqrt{3}} = \frac{u_1(T \to 0)}{\sqrt{3}}.
\]

(2.82)
Fig. 2.6. (Color online) Speed of second sound $u_2$ as a function of temperature in superfluid helium from Eq. (2.80) with the parameters given in Fig. 2.3. The dashed lines are obtained by only taking into account phonon and roton contributions.

The full temperature dependence of $u_2$, within the present phonon/roton model, is shown in Fig. 2.6. Remember that second sound is only possible due to the presence of the second fluid. Therefore, it is easy to understand that $u_2$ goes to zero at the critical temperature, because at that point $\rho_s \to 0$ and the system becomes a single-fluid system. Interestingly, the behavior at small temperatures is different. Had we set $T = 0$ exactly, there would have been no normal fluid and thus no second sound. However, starting with two fluids and then taking the limit $T \to 0$ leads to a nonzero speed of second sound. The figure also shows the characteristic behavior of $u_2$ due to the presence of the phonons and rotons. As expected from the discussion above, see in particular Fig. 2.3, the phonons dominate at low temperatures, $T \lesssim 0.25 T_c$, while the rotons dominate for all larger temperatures below $T_c$. This characteristic behavior is special for helium, and superfluids that have no rotons show a different behavior. In contrast, the ratio of first and second sound at low temperatures given in Eq. (2.82) is more universal because it only depends on the linear behavior of the Goldstone mode at small momenta. If you are interested in recent theoretical studies about sound waves in superfluids, for instance in the context of superfluid atomic gases or relativistic superfluids, see Refs. [14, 64, 65, 66, 67].
Superfluidity in quantum field theory

The theoretical treatment of superfluid helium used in the previous section was phenomenological in the sense that the microscopic degrees of freedom, the helium atoms, never appeared in our description. We took it as given that there is a gapless excitation, and we modelled its form in terms of phonons and rotons, if you wish because experiments tell us so. In particular, the Bose condensate only appeared in a very indirect way: by fixing the total density and having a model for the normal fluid, we could compute the superfluid density. We shall now take a more microscopic approach. We shall start from a theory for the degrees of freedom that form a Bose condensate and attempt to gain a more fundamental understanding of the characteristic properties of a superfluid. The following general concepts, which shall be made more precise in this chapter, will play a central role:

- **$U(1)$ symmetry**: this is the simplest continuous symmetry, given by one real parameter; the Lagrangian of our model will be invariant under this symmetry, and its so-called spontaneous breaking is a necessary condition for superfluidity.
- **Conserved charge**: a conserved charge is a consequence of the $U(1)$ symmetry via Noether’s theorem, and it is essential for all superfluids because this charge is transported by a superflow.
- **Bose-Einstein condensation**: in the present context of a bosonic superfluid, Bose-Einstein condensation is just another way of saying that the $U(1)$ symmetry is spontaneously broken.
- **Spontaneous symmetry breaking**: the ground state, i.e., the Bose-Einstein condensate, in a superfluid is not invariant with respect to transformations of the original symmetry of the Lagrangian of the system; this is called spontaneous symmetry breaking.
- **Goldstone mode**: if the spontaneously broken symmetry is global, as it is the case in this chapter, a massless mode arises for all temperatures below the critical temperature; we shall compute the dispersion of this Goldstone mode explicitly.
- **Symmetry restoration & critical temperature**: all superfluids/superconductors we discuss exist at sufficiently small temperatures, and there is a certain critical tem-
perature where the condensate has melted or, in other words, the ground state has become symmetric under the full symmetry of the Lagrangian.

### 3.1 Lagrangian and conserved charge

We start from the following Lagrangian $L$ for a complex scalar field $\phi(X)$ depending on space-time, $X \equiv (x_0, \mathbf{x})$:

$$L = \partial_\mu \phi \partial^\mu \phi - m^2 |\phi|^2 - \lambda |\phi|^4.$$  \hfill (3.1)

The Lagrangian describes spin-0 bosons with mass $m$ which interact repulsively with each other with a coupling constant $\lambda > 0$.

We first observe that $L$ is invariant under $U(1)$ rotations of the field,

$$\phi \rightarrow e^{-i\alpha} \phi,$$  \hfill (3.2)

with a constant $\alpha \in \mathbb{R}$. Since $\alpha$ is constant one talks about a *global* transformation or a *global* symmetry, as opposed to a *local* symmetry where $\alpha$ would be allowed to depend on space-time.

In order to account for Bose-Einstein condensation, we need to separate the condensate from the fluctuations. This is done by writing

$$\phi(X) \rightarrow \phi(X) + \phi(X),$$  \hfill (3.3)

where $\phi(X)$ is the condensate and $\phi(X)$ are the fluctuations. The point of this decomposition is that the fluctuations are a dynamical field, i.e., we perform a functional integration over $\phi$ and $\phi^*$ when we compute the partition function, while the condensate is a classical field, which here we shall determine from the Euler-Lagrange equations. A priori we do not know whether Bose-Einstein condensation will occur, so in a sense Eq. (3.3) is an ansatz, and later it will turn out whether $\phi(X)$ is nonzero and which value it assumes.

Remember from the textbook treatment of (non-relativistic) Bose-Einstein condensation that the condensate describes a macroscopic occupation of the bosons in the ground state of the system, usually the zero-momentum state. Analogously, in field theory, we may Fourier decompose the field and separate the state with zero four-momentum $K = (k_0, \mathbf{k})$. More generally, if we want to allow for a nonzero superfluid velocity $v_s$, condensation takes place in a state with nonzero four-momentum, say $P$. Therefore, a uniform condensate that moves with a constant velocity determined by $P$ can be written as $\phi(X) = \phi(P)e^{-iP \cdot X}$, while the fluctuations then are $\phi(X) = \sum_{K \neq P} e^{-iK \cdot X} \phi(K)$. At this point, however, we do not need to make any assumptions for $\phi(X)$, although later we shall mostly talk about a uniform condensate, or, even simpler, about a condensate at rest, $P = 0$.

\footnote{As mentioned in the introduction, I denote space-time and momentum four-vectors by capital letters $X, Y, \ldots$ and $K, Q, \ldots$. This leaves the small letters $x = |x|$ and $k = |k|$ for the moduli of the three-vectors.}
We write the complex condensate in terms of its modulus $\rho$ and its phase $\psi$:

$$\phi(X) = \frac{\rho(X) e^{i\psi(X)}}{\sqrt{2}}. \quad (3.4)$$

The fluctuations $\phi(X)$ will later be needed to compute the dispersion of the Goldstone mode. As a first step, we neglect them. In this case, the Lagrangian only depends on the classical field,

$$\mathcal{L} = \mathcal{L}^{(0)} + \text{fluctuations}, \quad (3.5)$$

where

$$\mathcal{L}^{(0)} = \frac{1}{2} \partial_\mu \rho \partial^\mu \rho + \frac{\rho^2}{2} (\partial_\mu \psi \partial^\mu \psi - m^2) - \frac{\lambda}{4} \rho^4. \quad (3.6)$$

Next we write down the equations of motion for $\rho$ and $\psi$. Notice that the phase $\psi$ only appears through its space-time derivative, and thus the Euler-Lagrange equations are

$$0 = \frac{\partial \mathcal{L}}{\partial \rho} - \partial_\mu \left( \frac{\partial \mathcal{L}}{\partial (\partial^\mu \rho)} \right) \quad (3.7a)$$

$$0 = \partial_\mu \left( \frac{\partial \mathcal{L}}{\partial (\partial^\mu \psi)} \right). \quad (3.7b)$$

From this general form we compute

$$\Box \rho = \rho (\sigma^2 - m^2 - \lambda \rho^2), \quad (3.8a)$$

$$\partial_\mu (\rho^2 \partial^\mu \psi) = 0, \quad (3.8b)$$

where we have abbreviated

$$\sigma \equiv \sqrt{\partial_\mu \psi \partial^\mu \psi}. \quad (3.9)$$

The second equation of motion (3.8b) is nothing but the continuity equation for the conserved current. We know from Noether’s theorem that a system with a continuous symmetry has a conserved current:

**Noether’s Theorem:** If the Lagrangian is invariant under transformations of a continuous global symmetry group there exists a four-current $j^\mu$ that obeys a continuity equation and a corresponding conserved charge $Q = \int d^3 x j^0$.

In our case, the current assumes the form

$$j^\mu = \frac{\partial \mathcal{L}}{\partial (\partial^\mu \psi)} = \rho^2 \partial^\mu \psi, \quad (3.10)$$

---

2 It is therefore important that we consider a complex field; the same Lagrangian for a real scalar field has only a discrete $\mathbb{Z}_2$ symmetry $\phi \to -\phi$ and thus no conserved current.

3 In the basis of $\phi$ and $\phi^*$, we have $j^\mu = i(\phi \partial^\mu \phi^* - \phi^* \partial^\mu \phi)$. 
such that Eq. (3.8b) is
\[ \partial_{\mu} j^\mu = 0. \]  
(3.11)
This is one of the hydrodynamic equations introduced in Eqs. (2.27). The second one, namely the conservation of the stress-energy tensor \( T^{\mu\nu} \) can be derived as follows. We use the definition
\[ T^{\mu\nu} = \frac{2}{\sqrt{-g}} \frac{\delta(\sqrt{-g} \mathcal{L})}{\delta g_{\mu\nu}} = \frac{2}{\delta g_{\mu\nu}} \delta \mathcal{L} - g^{\mu\nu} \mathcal{L}, \]  
(3.12)
where \( \sqrt{-g} = \sqrt{-\det g^{\mu\nu}} \). It is applicable to general metric tensors \( g_{\mu\nu} \), in particular to curved space-times, and is thus sometimes called the gravitational definition. Of course, here we are only interested in flat space-time, i.e., after taking the derivatives in Eq. (3.12) we set \( g_{\mu\nu} = (1, -1, -1, -1) \). The advantage of this definition is that the stress-energy tensor is manifestly symmetric, as opposed to the so-called canonical stress-energy tensor, which is conserved too, but in general not symmetric.

With our classical Lagrangian \( \mathcal{L}^{(0)} \) we obtain
\[ T^{\mu\nu} = \partial^\mu \rho \partial^\nu \rho + \rho^2 \partial^\mu \psi \partial^\nu \psi - g^{\mu\nu} \mathcal{L}^{(0)}. \]  
(3.13)
Consequently,
\[ \partial_{\mu} T^{\mu\nu} = \partial_{\mu}(\partial^\mu \rho \partial^\nu \rho + \rho^2 \partial^\mu \psi \partial^\nu \psi) - \partial^\nu \mathcal{L}^{(0)}. \]  
(3.14)
We compute
\[
\partial^\nu \mathcal{L}^{(0)} = \frac{\partial \mathcal{L}^{(0)}}{\partial \rho} \partial^\nu \rho + \frac{\partial \mathcal{L}^{(0)}}{\partial (\partial_{\mu} \rho)} \partial^\nu \partial_{\mu} \rho + \frac{\partial \mathcal{L}^{(0)}}{\partial (\partial_{\mu} \psi)} \partial^\nu \partial_{\mu} \psi
\]
\[= \partial^\nu \rho \left[ \frac{\partial \mathcal{L}^{(0)}}{\partial \rho} - \partial_{\mu} \frac{\partial \mathcal{L}^{(0)}}{\partial (\partial_{\mu} \rho)} \right] - \partial^\nu \psi \partial_{\mu} \frac{\partial \mathcal{L}^{(0)}}{\partial (\partial_{\mu} \psi)}
\]
\[+ \partial_{\mu} \left[ \frac{\partial \mathcal{L}^{(0)}}{\partial (\partial_{\mu} \rho)} \partial^\nu \rho + \frac{\partial \mathcal{L}^{(0)}}{\partial (\partial_{\mu} \psi)} \partial^\nu \psi \right]
\]
\[= \partial_{\mu}(\partial^\mu \rho \partial^\nu \rho + \rho^2 \partial^\mu \psi \partial^\nu \psi), \]  
(3.15)
where we have used the equations of motion (3.7). We thus have
\[ \partial_{\mu} T^{\mu\nu} = 0, \]  
(3.16)
as expected. Just as for the current, this conservation is also a consequence of Noether’s theorem. In this case, the associated symmetry is translational invariance.
3.2 Spontaneous symmetry breaking

Let us now for simplicity assume that $\rho$ and $\partial_{\mu} \psi$ are constant in space and time. As a consequence, the current and the stress-energy tensor also become constant, and the equations $\partial_{\mu} j^\mu = \partial_{\mu} T^{\mu \nu} = 0$ are trivially fulfilled. Therefore, with this assumption we will not be able to discuss complicated hydrodynamics, but we shall be able to discuss the basic concepts of spontaneous symmetry breaking and the physics of a uniform superflow.

In this case, the Lagrangian becomes

$$\mathcal{L}^{(0)} = -U, \quad U = -\frac{\rho^2}{2} (\sigma^2 - m^2) + \frac{\lambda}{4} \rho^4,$$

where $U$ is called tree-level potential. Since the second equation of motion (3.8b) is now trivially fulfilled we are left with the first one (3.8a) to determine the condensate. This equation is equivalent to finding extremal points of $U$ with respect to $\rho$,

$$0 = \frac{\partial U}{\partial \rho} = \rho (\sigma^2 - m^2 - \lambda \rho^2),$$

which has the solutions

$$\rho = 0, \quad \rho^2 = \frac{\sigma^2 - m^2}{\lambda}.$$

Since $\rho \in \mathbb{R}$ and thus $\rho^2 > 0$, we see that we need $\sigma^2 > m^2$ for the nontrivial solution to exist. In order to understand this condition, remember that relativistic Bose-Einstein condensation occurs when the chemical potential is larger than the mass. This suggests that $\sigma$ plays the role of a chemical potential. Let us try to understand how this comes about. Usually, a chemical potential $\mu$ is introduced via $\mathcal{H} - \mu \mathcal{N}$ with the Hamiltonian $\mathcal{H}$ and the conserved charge density $\mathcal{N} = j^0$. This is equivalent to adding the chemical potential to the Lagrangian as if it were the temporal component of a gauge field (see for instance Ref. [9]), i.e.,

$$\mathcal{L} = |(\partial_0 - i\mu) \phi|^2 - |\nabla \phi|^2 - m^2 |\phi|^2 - \lambda |\phi|^4.$$

One can show that this modified Lagrangian with kinetic term $|(\partial_0 - i\mu) \phi|^2 - |\nabla \phi|^2$ and a condensate with a trivial phase, $\psi = 0$, is identical to the original Lagrangian

\footnote{In the textbook example of a non-relativistic, noninteracting Bose gas, the chemical potential is always non-positive, and Bose-Einstein condensation occurs when the chemical potential is equal to zero. This might be a bit confusing because the definition of the chemical potential in a non-relativistic treatment differs from the one in a relativistic treatment by the rest mass, $\mu_{\text{non-rel}} = \mu_{\text{rel}} - m$. In other words, in a non-relativistic description, you get your massive particles “for free”, while in general you need to invest the energy $m$, which can be provided by the chemical potential. With this difference in mind we understand that Bose-Einstein condensation at $\mu_{\text{non-rel}} = 0$ corresponds to $\mu_{\text{rel}} = m$. More generally speaking, $\mu_{\text{rel}} = m$ induces a condensate with positive charge, and $\mu_{\text{rel}} = -m$ a condensate with negative charge. In the presence of interactions, here due to the $\phi^4$ term, $|\mu_{\text{rel}}|$ is allowed to become larger than $m$. In this chapter, $\mu = \mu_{\text{rel}}.$}
with kinetic term $\partial_\mu \phi \partial^\mu \phi^*$ and a condensate with a time-dependent phase $\psi = \mu t$. The explicit check of this statement is left as an exercise, but it is not difficult to understand because it is closely related to a gauge transformation: in a $U(1)$ gauge theory, the transformation that gives a phase to the field is exactly compensated by the covariant derivative. We conclude that it does not matter whether we put the chemical potential directly into the Lagrangian or whether we introduce it through the phase of the condensate. Consequently, $\mu = \partial_0 \psi$ is the chemical potential associated with the conserved charge. However, this is not exactly what we were expecting. We had conjectured that $\sigma = \sqrt{\partial_\mu \psi \partial^\mu \psi}$ plays the role of a chemical potential. This is only identical to $\partial_0 \psi$ if we set $\nabla \psi = 0$. We shall discuss the case of a nonzero $\nabla \psi$ below and find that $\sigma$ is the chemical potential in the rest frame of the superfluid, while $\partial_0 \psi$ is the chemical potential in the frame where the superfluid moves with a velocity determined by $\nabla \psi$. Here, we first discuss the simpler case $\nabla \psi = 0$ where indeed $\mu = \sigma = \partial_0 \psi$.

We illustrate the potential $U$ in Fig. 3.1 For chemical potentials $|\mu| < m$, the minimum is at $\phi = 0$, i.e., there is no condensation. For condensation, one needs a negative coefficient in front of the $\phi^2$ term, i.e., the modulus of the chemical potential must be larger than the mass, $|\mu| > m$. In this case, the potential has a “Mexican hat” or “bottom of a wine bottle” shape. (Since we consider a repulsive interaction for which $\lambda > 0$ the potential is bounded from below, otherwise the system would be unstable.) The $U(1)$ symmetry of the Lagrangian is reflected in the rotationally symmetric wine bottle potential. The nontrivial minimum, at a given angle $\theta$ of the condensate, is not invariant under $U(1)$ because a $U(1)$ transformation rotates the condensate along the bottom of the wine bottle. This mechanism, where the Lagrangian has a symmetry which is not respected by the ground state, is called spontaneous.
3.2 Spontaneous symmetry breaking

The object that breaks the symmetry and which is zero in the symmetric phase, here the condensate $\phi$, is called the order parameter.

Before we introduce a superflow into this picture, let us, as an aside, discuss another solution to the equations of motion. We consider a static situation with cylindrical symmetry, such that $\rho(X) = \rho(x)$, $\psi(X) = \psi(x)$, and $x = (r, \theta, z)$ in cylindrical coordinates. Then, with the above identification $\mu = \partial_0 \psi$, the equations of motion (3.8) read

\[
-\Delta \rho = \rho [\mu^2 - (\nabla \psi)^2 - m^2 - \lambda \rho^2], \tag{3.21a}
\]

\[
\nabla \cdot (\rho^2 \nabla \psi) = 0. \tag{3.21b}
\]

We now assume that the profile of the condensate does not depend on $z$, such that the problem becomes two-dimensional. If we move around the $r = 0$ line along a circle, the condensate $\phi$ must return to its original value since it must not be multi-valued. However, this does not require the phase to return to its original value, we are rather allowed to return to an integer multiple of $2\pi$ times the original value. This situation is borne out in the ansatz $\psi = n \theta$ with $n \in \mathbb{N}$, and $\rho(x) = \rho(r)$. Here, $n$ is called the winding number since it indicates how many times the phase has wound around the $U(1)$ circle in the internal space while going once around the $r = 0$ line in position space. With this ansatz and the differential operators in cylindrical coordinates, Eq. (3.21b) is automatically fulfilled. We can write the remaining equation (3.21a) as

\[
\frac{1}{\eta} \frac{\partial}{\partial \eta} \left( \eta \frac{\partial R}{\partial \eta} \right) + \left( 1 - \frac{n^2}{\eta^2} \right) R - R^3 = 0, \tag{3.22}
\]

where we have introduced the dimensionless function $R \equiv \rho / \rho_0$ and the dimensionless radial variable $\eta \equiv \sqrt{\lambda} \rho_0 r$, where $\rho_0^2 = (\mu^2 - m^2) / \lambda$ is the condensate squared in the homogeneous case, see Eq. (3.19). With the boundary conditions $R(\eta = 0) = 0$ and $R(\eta = \infty) = 1$, Eq. (3.22) is an equation for the profile of a single straight-line vortex. In this form, it is identical to the equation obtained in the non-relativistic context from the so-called Gross-Pitaevskii equation [68, 69]. Vortices occur in rotating superfluids and are characterized by a vanishing condensate in their center. Much more could be said about them, but I refer the reader to the standard literature, see for instance Refs. [2, 4, 70]. As an exercise, you may solve the nonlinear differential equation (3.22) numerically and/or find analytical solutions close to the center of the vortex or far away from it.

---

\[\nabla \psi = \frac{\partial \psi}{\partial r} e_r + \frac{1}{r} \frac{\partial \psi}{\partial \theta} e_\theta + \frac{\partial \psi}{\partial z} e_z,\]

\[\Delta \rho = \frac{1}{r} \frac{\partial}{\partial r} \left( r \frac{\partial \rho}{\partial r} \right) + \frac{1}{r^2} \frac{\partial^2 \rho}{\partial \theta^2} + \frac{\partial^2 \rho}{\partial z^2}.\]
3.3 Superfluid velocity

The solution of the equations of motion (3.19) does not fix the value of $\sigma$, i.e., we are free to choose the four-gradient of the phase of the condensate. We have already argued that it is related to the chemical potential, at least in the case $\nabla \psi = 0$. We shall now allow for a nonzero value of $\nabla \psi$ and discuss the meaning of the phase of the condensate with the help of the hydrodynamic form of current and stress-energy tensor,

$$ j^\mu = n v^\mu, $$  \hspace{1cm} (3.23a)

$$ T^{\mu\nu} = (\epsilon + P)v^\mu v^\nu - g^{\mu\nu}P. $$  \hspace{1cm} (3.23b)

We have already seen these expressions in Sec. 2.4.1. To repeat, $n$, $\epsilon$, and $P$ are charge density, energy density, and pressure in the rest frame of the superfluid. For the superfluid four-velocity $v^\mu$ we have by definition $v^\mu v_\mu = 1$, and as for any four-velocity we can thus write

$$ v^\mu = \gamma (1, v_s), \quad \gamma = \frac{1}{\sqrt{1 - v_s^2}}, $$  \hspace{1cm} (3.24)

where $v_s$ is the superfluid three-velocity. Contracting Eq. (3.23a) with $v^\mu$ and $j^\mu$, the two resulting equations yield

$$ n = \sqrt{j_\mu j^\mu} = \rho^2 \sigma, $$  \hspace{1cm} (3.25)

where we have used $j^\mu = \rho^2 \partial^\mu \psi$ from Eq. (3.10), and thus

$$ \nu^\mu = \frac{j^\mu}{n} = \frac{\partial^\mu \psi}{\sigma}. $$  \hspace{1cm} (3.26)

This is an important result that connects the macroscopic four-velocity to the microscopic phase of the condensate. With the help of Eq. (3.24) we obtain the superfluid three-velocity

$$ v_s = - \frac{\nabla \psi}{\partial_0 \psi}. $$  \hspace{1cm} (3.27)

In the non-relativistic context, the superfluid velocity is related to the phase of the condensate by the analogous relation

$$ v_s = - \frac{\nabla \psi}{m}, $$

with $m$ being the mass of the constituent particles of the condensate, for instance the mass of the helium atoms in superfluid helium. This relation shows that the superfluid flow is curl-free,

$$ \nabla \times v_s = 0. $$

This property is responsible for the formation of vortices in a rotating superfluid since only the vortices, in whose center the condensate is zero, are able to carry an externally imposed angular momentum.
The minus sign appears because the 3-velocity $v_s$ corresponds to the spatial components of the contravariant 4-vector $v^\mu$, while the operator $\nabla$ corresponds to the spatial components of the covariant 4-vector $\partial_\mu$, i.e., $\partial^\mu = (\partial_t, -\nabla)$.

We now know how $n$ and $v^\mu$ can be expressed in terms of field-theoretical quantities. We may also determine $\varepsilon$ and $P$. To this end, we first notice that they can be obtained by the following contractions from the stress-energy tensor,

$$\varepsilon = v_\mu v_\nu T^{\mu\nu}, \quad P = -\frac{1}{3}(g_{\mu\nu} - v_\mu v_\nu)T^{\mu\nu},$$

(3.28)

where we have used $g_{\mu\nu} = 4$. Using the microscopic result for $T^{\mu\nu}$ from Eq. (3.13) (with a constant $\rho$), this yields

$$P = L^{(0)}, \quad \varepsilon = \rho^2 \sigma^2 - P = \sigma n - P.$$  

(3.29)

The latter relation, $\varepsilon + P = \sigma n$, is a thermodynamic relation at $T = 0$ from which we confirm that $\sigma$ plays the role of the chemical potential. Since this relation holds in the rest frame of the superfluid ($\varepsilon$, $n$, and $P$ are all measured in this frame), $\sigma$ is the chemical potential measured in the superfluid rest frame. With the definition of the three-velocity (3.27) we can write $\sigma = \partial_0 \psi \sqrt{1 - v_s^2}$, which shows that $\partial_0 \psi$ is the chemical potential in the frame in which the superfluid has velocity $v_s$.

As a result of these “translations” of the microscopic, field-theoretical objects into macroscopic quantities we learn that the phase of the condensate plays a very interesting role; it determines the chemical potential as well as the superflow. These values are not fixed by the equations of motion, they rather are boundary conditions. Take for instance $\partial_0 \psi$: we are free to choose how many times per unit time the condensate rotates around the $U(1)$ circle (= around the bottom of the Mexican hat). By this choice we fix the chemical potential. (Multiple) rotations around the $U(1)$ circle are called topological modes because closed paths on the circle can be topologically classified by their winding number; a closed path with winding number $n$ cannot be continuously deformed into a closed path with winding number $m \neq n$. These modes are different from small (harmonic) oscillations of the phase and the modulus of the condensate, which exist on top of the topological modes and which determine the excitations of the system such as the Goldstone mode, see next subsection. Analogously to the rotations per unit time, we are also free to choose how many times per unit length the phase winds around. This determines the superflow or, more precisely, the superfluid three-velocity $v_s$. Consequently, one can picture a superflow microscopically as a spiral whose axis points in the direction of the superflow and whose windings are in the internal $U(1)$ space. In this picture, denser windings correspond to larger flow velocities.

As we have discussed above, the time derivative of the phase corresponds to the temporal component of a gauge field, and we could have started with a Lagrangian containing this field with the same effect. The same holds for the spatial components of course. It is left as an exercise to start from a Lagrangian with a covariant derivative $D^\mu = \partial^\mu - iA^\mu$ and show that this Lagrangian, together with a trivial phase of the condensate, leads to the same results, with $\partial^\mu \psi$ replaced by $A^\mu$. 
Finally, we may compute charge density, energy density and pressure explicitly. With Eqs. (3.17), (3.25), (3.29), and the condensate $\rho$ from Eq. (3.19), we find

$$n = \frac{\sigma^2 - m^2}{\lambda},$$  \hspace{1cm} (3.30a)

$$P = \frac{(\sigma^2 - m^2)^2}{4\lambda},$$  \hspace{1cm} (3.30b)

$$\varepsilon = \frac{(3\sigma^2 + m^2)(\sigma^2 - m^2)}{4\lambda}. \hspace{1cm} (3.30c)$$

With the help of these results we can write the energy density as a function of the pressure,

$$\varepsilon = 3P + \frac{2m^2 \sqrt{P}}{\sqrt{\lambda}}. \hspace{1cm} (3.31)$$

This relation shows that the trace of the stress energy tensor, $T^{\mu}_{\mu} = \varepsilon - 3P$ is nonzero only in the presence of a mass parameter. If $m = 0$, there is no energy scale in our Lagrangian, and the trace of the stress-energy tensor vanishes. We may use the relation (3.31) to compute

$$\frac{\partial \varepsilon}{\partial P} = \frac{3\sigma^2 - m^2}{\sigma^2 - m^2}. \hspace{1cm} (3.32)$$

Remember that we have claimed in the previous chapter that $(\partial P / \partial \rho)^{1/2}$ is the slope of the Goldstone dispersion, see Eq. (2.81). As a consequence, this slope was identical to the speed of first sound at small temperatures. Here, the role of the mass density $\rho$ is played by the energy density $\varepsilon$, and we will show in the next section that (3.32) is indeed the inverse of the slope of the Goldstone dispersion (squared).

### 3.4 Goldstone mode

The excitation energies of the Bose-condensed system are computed by taking into account the fluctuations $\varphi(X)$ that we have introduced and then immediately dropped at the beginning of the chapter. You may think of these excitations in the following way. If the scalar field of our theory were non-interacting, the single-particle excitations would be given by $\varepsilon_{\pm}^k = \sqrt{k^2 + m^2} \pm \mu$, were the two different signs correspond to particles and anti-particles, which are distinguished according to their $U(1)$ charge, say a particle carries charge $+1$, and an anti-particle carries charge $-1$. A nonzero chemical potential introduces an asymmetry between particles and antiparticles. If for instance $\mu > 0$ it takes more energy to excite anti-particles than particles. For any given momentum this energy difference is $2\mu$. Interactions usually change these excitation energies. If we switch on a small interaction, the dispersion relations usually do not change much, and often one can absorb the effect of the interaction into a new, effective mass of the excitations. These new single-particle excitations
are then sometimes called quasiparticles, suggesting that the system with interactions again looks approximately like a system of non-interacting particles, but with modified dispersion relations. In the case of Bose-Einstein condensation, something more substantial happens to the system. Not only do the particles interact with each other, but there is a rearrangement of the ground state of the system. Nevertheless, we can still compute quasiparticle excitations. The modification of the excitation energies goes beyond a small correction to the mass. There will rather be a qualitative difference compared to the uncondensed case. The most interesting effect will be the existence of a gapless mode, the Goldstone mode. But also the nature of the excitations will change in the sense that the two excitation branches no longer carry charges $+1$ and $-1$. This is a consequence of the spontaneous breaking of the symmetry.

It is easy to see why in the Bose-condensed phase such a qualitative difference must occur. Let us assume that $\mu > 0$ and start from the situation where $\mu < m$, i.e., there is no Bose condensate. Here, $m$ can be the mass of non-interacting bosons or an effective mass in which the effect of a weak interaction is absorbed. We are in the vacuum with zero occupation of the spectrum, or at some given temperature with some thermal occupation of the spectrum. For $\mu > 0$, the lowest excitation branch is $e_k^+ = \sqrt{k^2 + m^2 - \mu}$. Now increase $\mu$. Obviously, when we approach $\mu = m$, the excitation energy is about to turn negative for small momenta. This indicates an instability of the system, which is resolved by the formation of a Bose-Einstein condensate. In this new ground state, instead of the excitation that is about to turn negative, there will be a new mode that remains gapless even if we keep increasing $\mu$. We now confirm this picture by doing the actual calculation.

A very direct way of computing the excitation energies is to start from the equations of motion (3.8) and insert the following ansatz for modulus and phase of the condensate,

$$\rho \rightarrow \rho + \delta \rho e^{i(\omega t - k \cdot x)}, \quad \psi \rightarrow \psi + \delta \psi e^{i(\omega t - k \cdot x)}.$$  

Linearizing the equations in the fluctuations $\delta \rho$ and $\delta \psi$ yields a condition for $\omega$ from which the excitation energies are computed. I leave this calculation as an exercise and will present a different calculation that gives a more complete field-theoretical description of the system.

It is convenient to introduce the transformed fluctuation field $\varphi'(X)$ via

$$\varphi'(X) = \varphi(X) e^{-i\psi(X)},$$  

where $\varphi(X)$ is the fluctuation field from Eq. (3.3). The reason for this transformation is that in the new basis the tree-level propagator will be diagonal in momentum space. We also introduce real and imaginary part of the transformed fluctuations,

$$\varphi'(X) = \frac{1}{\sqrt{2}}[\varphi'_1(X) + i\varphi'_2(X)].$$  

With these notations, the Lagrangian (3.1) becomes

$$\mathcal{L} = \mathcal{L}^{(0)} + \mathcal{L}^{(1)} + \mathcal{L}^{(2)} + \mathcal{L}^{(3)} + \mathcal{L}^{(4)},$$  

with $\mathcal{L}^{(0)}$ from Eq. (3.6) and the fluctuation terms, listed by their order in the fluctuation from linear to quartic,
The terms linear in the fluctuations reduce to a total derivative term when we use the equations of motion (3.8). Thus, they yield no contribution to the action, assuming that the fields vanish at infinity. This is of course no surprise since computing the terms linear in the fluctuations is basically a re-derivation of the Euler-Lagrange equations. Since we are only interested in the basic properties of the system, we shall only be interested in the terms quadratic in the fluctuations. We point out, however, that the condensate induces cubic interactions, even though we have started from only quartic interactions.

From the quadratic terms \( \mathcal{L}^{(2)} \) we determine the tree-level propagator whose poles give the excitation energies we are interested in. To this end, we introduce the Fourier transformed field as

\[
\phi_i'(X) = \frac{1}{\sqrt{TV}} \sum_K e^{-iK \cdot X} \phi_i(K),
\]

where \( T \) is the temperature, \( V \) the volume, and \( \phi_i'(K) \) the (dimensionless) Fourier transform of \( \phi_i'(X) \). The scalar product in the exponential is formally taken with the Minkowski metric, \( K \cdot X = k_0 x_0 - k \cdot x \). However, in the imaginary time formalism of thermal field theory, we have \( x_0 = -i \tau \) with \( \tau \in [0, \beta] \), where \( \beta = 1/T \), and \( k_0 = -i\omega_n \) with the bosonic Matsubara frequencies \( \omega_n = 2\pi n T, n \in \mathbb{Z} \). Hence, \( K \cdot X = -(\omega_n \tau + k \cdot x) \) is essentially a Euclidean scalar product. Imaginary time arises in thermal field theory due to the formal equivalence between the statistical partition function \( Z = \text{Tr} e^{-\beta \hat{H}} \) and a sum over transition amplitudes with identical initial and final states, \( \langle \phi | e^{-\beta \hat{H}} | \phi \rangle \).

With the Fourier transform (3.37) we compute the contribution to the action \( S \) from the quadratic terms,
3.4 Goldstone mode

\[ S^{(2)} = \int_0^{1/T} d\tau \int d^3x \mathcal{L}^{(2)} \]

\[ = -\frac{1}{2} \sum_K [\phi_1'(-K), \phi_2'(-K)] \frac{D^{-1}(K)}{T^2} \left( \frac{\phi_1'(K)}{\phi_2'(K)} \right), \quad (3.38) \]

where

\[ D^{-1}(K) = \begin{pmatrix} -K^2 + m^2 + 3\lambda \rho^2 - \sigma^2 & -2iK_\mu \partial^\mu \psi \\ 2iK_\mu \partial^\mu \psi & -K^2 + m^2 + \lambda \rho^2 - \sigma^2 \end{pmatrix} \quad (3.39) \]

is the inverse tree-level propagator in momentum space.

The thermodynamic potential density is defined as

\[ \Omega = \frac{T}{V} \ln Z, \quad (3.40) \]

with the partition function

\[ Z = \int \mathcal{D}\phi_1' \mathcal{D}\phi_2' e^S. \quad (3.41) \]

In our approximation, the action \( S \) contains the contributions from \( \mathcal{L}^{(0)} \) and \( \mathcal{L}^{(2)} \). As in the previous section, we assume that \( \rho \) and \( \partial_\mu \psi \) are constant. Therefore, the space-time integration over \( \mathcal{L}^{(0)} \) is trivial and simply yields a factor \( V \). Since the resulting contribution does not depend on the dynamical fields \( \phi_1', \phi_2' \), also the functional integration is trivial. As a result, we obtain a contribution \(-\frac{U}{V} \ln Z\) to \( \ln Z \), with the tree-level potential \( U \) from Eq. (3.17). The functional integration over \( S^{(2)} \) can be done exactly because the fields \( \phi_1', \phi_2' \) only appear quadratically. As a result, we obtain the thermodynamic potential density at tree level,

\[ \Omega = U + \frac{T}{2V} \text{Tr} \ln D^{-1}(K), \quad (3.42) \]

where the trace is taken over the internal \( 2 \times 2 \) space and over momentum space. For the explicit evaluation of this expression we need to compute the zeros of the determinant of the inverse propagator. This determinant is a quartic polynomial in \( k_0 \) whose solutions in the presence of a superflow \( \nabla \psi \) are very complicated. We shall come back to the general solutions in Sec. 4.3, where we discuss the connection of the field-theoretical results with the two-fluid formalism. Here we proceed with the much simpler case \( \nabla \psi = 0 \), where the dispersion relations are isotropic. In this case, the determinant has two zeros that we denote by \( \epsilon_k^\pm \), plus their negatives. Consequently, we can write \( \det D^{-1} = [k_0^2 - (\epsilon_k^+)^2][k_0^2 - (\epsilon_k^-)^2] \) and compute

\[ \frac{1}{2V} \text{Tr} \ln \frac{D^{-1}(K)}{T^2} = \frac{1}{2V} \text{ln det} \frac{D^{-1}(K)}{T^2} \]

\[ = \frac{1}{2V} \ln \prod_K \frac{[(\epsilon_k^+)^2 - k_0^2][(\epsilon_k^-)^2 - k_0^2]}{T^4} \]
\[
\sum_k \ln \left( \frac{(\varepsilon^+)^2 - k_0^2}{T^2} + \ln \frac{(\varepsilon^-)^2 - k_0^2}{T^2} \right) = \sum_{\epsilon = \pm} \int \frac{d^3k}{(2\pi)^3} \left[ \frac{\varepsilon^2}{2} + T \ln \left( 1 - e^{-\epsilon^2/T} \right) \right], \tag{3.43}
\]
where, in the last step, we have performed the summation over Matsubara frequencies (dropping a constant, infinite contribution) and have taken the thermodynamic limit, \( \frac{1}{V} \sum_k \to \int \frac{d^3k}{(2\pi)^3} \). Comparing the second term of this expression with the familiar result from statistical mechanics shows that the poles of the propagator indeed are the excitation energies of the system. In chapter 2, we have worked with the pressure \( P = -\Omega \tag{2.6} \) that has exactly the form of the second term in the last line of Eq. (3.43). In the present field-theoretical treatment there is an additional contribution which is divergent and has to be renormalized. It vanishes if we subtract the thermodynamic potential at \( T = \mu = 0 \) to obtain the renormalized thermodynamic potential.

First we are interested in the excitation energies themselves. Solving \( \det D^{-1} = 0 \) with \( \nabla \psi = 0 \) for \( k_0 \) yields
\[
\varepsilon_k^\pm = \sqrt{k^2 + m^2 + 2\lambda \rho^2 + \mu^2 \mp \sqrt{4\mu^2(k^2 + m^2 + 2\lambda \rho^2) + \lambda^2 \rho^4}}, \tag{3.44}
\]
where we have identified \( \partial_0 \psi = \mu \). If we set the condensate to zero, \( \rho = 0 \), we recover the dispersion relations of free bosons,
\[
\rho = 0: \quad \varepsilon_k^\pm = \sqrt{k^2 + m^2 \mp \mu}, \tag{3.45}
\]
where the upper sign corresponds to particles, which carry \( U(1) \) charge +1, and the lower sign to antiparticles, which carry \( U(1) \) charge −1. With the \( T = 0 \) result for the condensate \( \langle \rho \rangle \) the dispersions become
\[
\varepsilon_k^\pm = \sqrt{k^2 + (3\mu^2 - m^2) \mp \sqrt{4\mu^2k^2 + (3\mu^2 - m^2)^2}}. \tag{3.46}
\]
We see that \( \varepsilon_k^+ \) becomes gapless, i.e., \( \varepsilon_{k=0}^+ = 0 \). This mode is called Goldstone mode and behaves linearly for small momenta,
\[
\varepsilon_k^+ = \sqrt{\frac{\mu^2 - m^2}{3\mu^2 - m^2}} k + O(k^3). \tag{3.47}
\]
Since this result holds only in the condensed phase, where \( \mu^2 > m^2 \), the argument of the square root is positive. Comparing this result with Eq. (3.32) shows that the slope of the low-momentum, zero-temperature dispersion of the Goldstone mode is identical to \( (\partial P/\partial \epsilon)^{1/2} \) (remember that for \( \nabla \psi = 0 \) we have \( \sigma = \mu \)). This, in turn, is the speed of first sound, as we know from Sec. 2.4.3 Consequently, in the low-temperature limit, the speed of first sound is identical to the slope of the Goldstone dispersion.
Fig. 3.2. (Color online) Single-particle excitation energies $\varepsilon_\pm^k$ for the case without condensation (dashed curves, $|\mu| < m$, here $\mu = 0.6m$), and with condensation (solid curves, $|\mu| > m$, here $\mu = 1.1m$). In the condensed case, there is a gapless mode with linear behavior for small momenta, the Goldstone mode.

The second mode does have an energy gap and behaves quadratically for small momenta,

$$
\varepsilon_-^k = \sqrt{2} \sqrt{3\mu^2 - m^2} + \frac{1}{2\sqrt{2}} \frac{5\mu^2 - m^2}{(3\mu^2 - m^2)^{3/2}} k^2 + O(k^4). \quad (3.48)
$$

This massive mode is sometimes called Higgs mode: in the Higgs mechanism of the standard model of particle physics, there is a condensate of the Higgs field, giving rise to a Goldstone mode (which, since the spontaneously broken symmetry is a gauge symmetry, is not a physical degree of freedom) and a massive mode. The latter is nothing but the Higgs boson which has recently been found at the Large Hadron Collider (LHC) [71, 72]. We plot the dispersions of both modes and compare them to the uncondensed case in Fig. 3.2.

The gaplessness of one of the modes is a very general phenomenon for spontaneously broken global symmetries. Its existence is predicted by the

**Goldstone Theorem:** If a continuous global symmetry of the Lagrangian is spontaneously broken there exists a gapless mode. This mode is called Goldstone mode.

The proof of this theorem can be found in most textbooks about quantum field theory, see for instance Ref. [6]. It should be emphasized that for the existence of the gapless mode it is crucial that the broken symmetry is global. The case of a spontaneously broken local symmetry will be discussed in chapter [6].
In Lorentz invariant systems, one can also make a precise statement about the number of Goldstone modes: if the global symmetry group $G$ of the Lagrangian is spontaneously broken to a subgroup $H \subset G$, there exist $\dim G/H$ many gapless modes, i.e., there are as many Goldstone modes as broken generators. In our case, $G = U(1)$, $H = 1$, such that there is $\dim G/H = 1$ Goldstone mode. Under some circumstances, this counting rule may be violated and the number of broken generators merely presents an upper limit for the number of Goldstone modes. The violation of the counting rule is closely related to the appearance of Goldstone modes with a quadratic, instead of a linear, low-energy dispersion relation, see Refs. [73, 74, 75, 76, 77, 78] for more details.

There are many examples for systems with Goldstone modes, for instance

- **superfluid $^4$He**: in terms of symmetries, this case is identical to the present field-theoretical $\phi^4$ model. The Goldstone mode can be modelled in terms of phonon and roton excitations, as discussed in detail in chapter 2. This example shows that symmetries and their spontaneous breaking predict the masslessness and the long-wavelength behavior (the phonon), but the complete dispersion of the Goldstone mode depends strongly on the details of the system (there is no roton-like behavior in our $\phi^4$ model).

- **(anti-)ferromagnetism**: in this case, rotational symmetry is broken, $SO(3) \to U(1)$. In a ferromagnet, there is one Goldstone mode with quadratic dispersion, called **magnon** (spin wave). This is an example where the number of Goldstone modes is less than the number of broken generators. In an antiferromagnet, in contrast, there are two magnon degrees of freedom, both with linear dispersion.

- **chiral symmetry breaking in QCD**: for three quark flavors, the symmetry breaking pattern is $SU(3)_L \times SU(3)_R \to SU(3)_{R+L}$, where $SU(3)_L$ and $SU(3)_R$ are the groups of transformations in flavor space of fermions with left-handed and right-handed chirality, and $SU(3)_{R+L}$ transformations are joint rotations of left-handed and right-handed fermions. There are eight Goldstone modes, the meson octet $\pi^0, \pi^\pm, K^0, \bar{K}^0, K^\pm, \eta$; since the chiral symmetry is not an exact symmetry to begin with, these Goldstone modes have small masses and are therefore called pseudo-Goldstone modes.

It is instructive to write down the expression for the charge density of the condensed system. With $P = -\Omega$, Eq. (3.43), and the usual thermodynamic definition for the charge density we compute

$$n = \frac{\partial P}{\partial \mu} = -\sum_{\epsilon = \pm} \int \frac{d^3 \mathbf{k}}{(2\pi)^3} \left[ \frac{1}{2} + f(\epsilon^e_k) \right] \frac{\partial \epsilon^e_k}{\partial \mu}. \tag{3.49}$$

Let us ignore the temperature-independent (divergent) first term. For the uncondensed case, we have $\partial \epsilon^e_k / \partial \mu = -e$, and the charge density has the expected form: one particle and one antiparticle contribute one unit of charge each, with opposite signs. This is different in the condensed case, where particles and antiparticles are replaced by the Goldstone and the massive mode. These quasiparticles do not have a well-defined charge (they are no eigenstates of the charge operator). This is reflected
3.5 Symmetry restoration at the critical temperature

Eqs. (3.42) and (3.43) give the thermodynamic potential for nonzero temperatures,
\[
\Omega = U + T \sum_{\epsilon = \pm} \int \frac{d^3k}{(2\pi)^3} \ln \left( 1 - e^{-\epsilon / T} \right),
\]
(3.50)
where we have subtracted the divergent vacuum part. For a simple estimate of the temperature-dependent term we make use of the high-temperature expansion of the corresponding term of a non-interacting, uncondensed Bose gas [7, 79].
\[
T \sum_{e = \pm} \int \frac{d^3k}{(2\pi)^3} \ln \left[ 1 - e^{-(\sqrt{k^2 + m^2 - \epsilon \mu}) / T} \right] = -\frac{\pi^2 T^4}{45} + \frac{(M^2 - 2\mu^2) T^2}{12} - \frac{(M^2 - \mu^2)^{3/2} T}{6\pi} + \ldots
\]
(3.51)
Now, unfortunately, the dispersion relations of our condensed phase are more complicated. However, we may bring them into an appropriate form by applying the approximation
\[
\epsilon_k^\pm \simeq \sqrt{k^2 + m^2 + 2\lambda \rho^2} \mp \mu,
\]
(3.52)
which is obtained from neglecting the term $\lambda^2 \rho^4$ in Eq. (3.44), i.e., we assume the condensate to be small. In this approximation we lose the gaplessness of our Goldstone mode. But, since we are interested in large temperatures, where a small mass of the Goldstone mode is negligible compared to the temperature, this is unproblematic.

With this approximation and the help of Eq. (3.51) we can compute the potential,
\[
\Omega \simeq \left( -\frac{\mu^2 - m^2}{2} + \frac{\lambda T^2}{6} \right) \rho^2 + \frac{\lambda}{4} \rho^4 + \text{const},
\]
(3.53)
where “const” denotes terms that do not depend on $\rho$. We see that the effect of the temperature is to make the quadratic term in $\rho$ less negative and eventually positive. Then, there is no nontrivial minimum for $\rho$ and the $U(1)$ symmetry of the ground state is restored. This is the phase transition to the non-superfluid phase were there is no condensate. The critical temperature is the temperature where the prefactor of the quadratic term is zero,
We may use Eq. (3.53) to compute the temperature-dependent condensate,

$$\rho^2(T) \approx \frac{\mu^2 - m^2}{3} - \frac{T^2}{3} \rho_0^2 \left( 1 - \frac{T^2}{T_c^2} \right),$$

(3.55)

with $\rho_0 = \rho(T = 0)$. We see that the condensate melts when $T$ approaches $T_c$. At $T = T_c$, the condensate vanishes and remains zero for $T > T_c$ (Eq. (3.55) is only valid for $T < T_c$). Although there is no obvious problem with the temperature dependence of the condensate, we need to keep in mind that we have employed a very crude high-temperature approximation. The crudeness becomes obvious when we consider the dispersion relation of the Goldstone mode. Inserting Eq. (3.55) into Eq. (3.44) and expanding for small $T$ shows that $\epsilon_{k=0}^+ = \epsilon_{k=0} = 0$. The reason for this problem is that we have ignored loop corrections which yield further $\lambda T^2$ terms. Here we were only interested in showing the melting of the condensate and restoration of the symmetry at $T_c$. We shall therefore not go into further details; see for instance Ref. [9] for an explanation how the one-loop self-energy corrects the unphysical excitation energies.
4

Relativistic two-fluid formalism

What is the relation between the relativistic field-theoretical approach of the previous chapter and the two-fluid formalism explained in chapter 2? The answer to this question is not obvious because the two-fluid formalism developed for superfluid helium is manifestly non-relativistic, as one can see for example from the use of mass densities $\rho_s, \rho_n$. Since mass is not a conserved quantity, these densities have to be generalized in a relativistic framework. Another way of saying this is that we would like to have a two-fluid formalism where we work with two four-currents (instead of the two three-currents $j_s$ and $j_n$), which allow for a covariant formulation. This relativistic generalization of the two-fluid formalism was developed by I.M. Khalatnikov and V.V. Lebedev in 1982 [10, 11] and later, in a different formulation, by B. Carter [12]. Both formulations are equivalent [13, 80].

4.1 Covariant formulation

As a starting point, we recall the field-theoretical expression of the Noether current,

$$j^\mu = \frac{\partial L}{\partial (\partial_\mu \psi)} ,$$

(4.1)

where $\psi$ is the phase of the condensate. This definition relates the four-current $j^\mu$ with its conjugate momentum $\partial^\mu \psi$. Notice that $j^\mu$ has mass dimensions 3 while $\partial^\mu \psi$ has mass dimensions 1. We now generalize this concept to two currents. In the absence of dissipation there are two conserved currents, the charge current $j^\mu$ and the entropy current $s^\mu$. Therefore, the second current we use for our two-fluid formalism is the entropy current. This decomposition into two currents is different from introducing superfluid and normal-fluid components of the charge current. We shall discuss later how this picture can be recovered from the covariant formalism. To construct the analogue of Eq. (4.1) for the entropy current, we need to introduce another conjugate momentum which we call $\Theta^\mu$. We shall see that this momentum is related to temperature: while, as we have seen, the temporal component of $\partial^\mu \psi$
is the chemical potential, the temporal component of $\Theta^\mu$ corresponds to temperature. A straightforward analogue of Eq. (4.1) does not exist because a Lagrangian of a quantum field theory is not a priori equipped with such a four-vector $\Theta^\mu$. Let us therefore introduce a function $\Psi$, which in some sense must correspond to the Lagrangian; its exact relation to field theory will be discussed later. The function $\Psi$ is called *generalized pressure* for reasons that will become clear below. We thus postulate

$$j^\mu = \frac{\partial \Psi}{\partial (\partial_\mu \psi)}, \quad s^\mu = \frac{\partial \Psi}{\partial \Theta^\mu}.$$  \hspace{1cm} (4.2)

Since $\Psi$ is a Lorentz scalar, and the only four-vectors it depends on are $\partial^\mu \psi$ and $\Theta^\mu$, it must be a function of the Lorentz scalars that can be built out of these four-vectors, namely $\sigma^2$, $\Theta \cdot \partial \psi$, $\Theta^2$ (here and in the following we use the notation $\Theta \cdot \partial \psi = \Theta_\mu \partial^\mu \psi$, $\Theta^2 = \Theta_\mu \Theta^\mu$ for Minkowski scalar products, and $\sigma^2 = \partial_\mu \psi \partial^\mu \psi$, as defined in the previous chapter). Consequently, we can write $\Psi = \Psi(\sigma^2, \Theta \cdot \partial \psi, \Theta^2)$, and

$$d\Psi = j_\mu d(\partial^\mu \psi) + s_\mu d\Theta^\mu.$$  \hspace{1cm} (4.3)

We can now relate the two currents to the two conjugate momenta,

$$j^\mu = B \partial^\mu \psi + A \Theta^\mu, \quad (4.4a)$$

$$s^\mu = A \partial^\mu \psi + C \Theta^\mu, \quad (4.4b)$$

where, using Eq. (4.2) and the chain rule, we have

$$\bar{A} \equiv \frac{\partial \Psi}{\partial (\Theta \cdot \partial \psi)}, \quad \bar{B} \equiv 2 \frac{\partial \Psi}{\partial \sigma^2}, \quad \bar{C} \equiv 2 \frac{\partial \Psi}{\partial \Theta^2}.$$  \hspace{1cm} (4.5)

We see from Eqs. (4.4) that the two currents are in general not four-parallel to their conjugate momenta, they rather may receive an admixture from the momenta that are associated with the other current. This effect of the interaction of the two currents is called entrainment, and the corresponding coefficient $\bar{A}$ is called *entrainment coefficient*.$^1$

With the help of the generalized pressure $\Psi$ we can formulate a generalized thermodynamic relation. Usually, energy density $\varepsilon$ and pressure $P$ are related via $\varepsilon = -P + \mu n + Ts$. We now introduce the *generalized energy density* $\Lambda$ via the generalized relation

$$\Lambda = -\Psi + j \cdot \partial \psi + s \cdot \Theta.$$  \hspace{1cm} (4.6)

Analogously to usual thermodynamics, $\Psi$ and $\Lambda$ are related by a double Legendre transform, i.e., while the pressure depends on the currents, the energy density depends on the conjugate momenta. Therefore, we have $\Lambda = \Lambda(x^2, j^2, s \cdot j)$ and

$^1$ The notation $\bar{A}$, $\bar{B}$, $\bar{C}$ is chosen because we write the inverse transformation, see Eqs. (4.8), in terms of $A$, $B$, $C$, which is in accordance with Ref. \cite{81} where $A$, $B$, $C$ were termed anomaly, bulk, and caloric coefficients.
The momenta can thus be written as a combination of the currents as follows,  
\[ \partial_{\mu} \psi = \frac{\partial \Lambda}{\partial j_{\mu}} = B j^{\mu} + A s^{\mu}, \quad (4.8a) \]
\[ \Theta^{\mu} = \frac{\partial \Lambda}{\partial s_{\mu}} = A j^{\mu} + C s^{\mu}, \quad (4.8b) \]
where
\[ A \equiv \frac{\partial \Lambda}{\partial (j \cdot s)}, \quad B \equiv 2 \frac{\partial \Lambda}{\partial j^{2}}, \quad C \equiv 2 \frac{\partial \Lambda}{\partial s^{2}}. \quad (4.9) \]

The coefficients of the two transformations (4.4) and (4.8) are obviously related by a matrix inversion,
\[ \begin{align*} 
\overline{C} &= \frac{B}{BC - A^2}, \quad \overline{B} = \frac{C}{BC - A^2}, \quad \overline{A} = -\frac{A}{BC - A^2}. \quad (4.10) 
\end{align*} \]

The microscopic information of the system is contained in \( \Psi \) and \( \Lambda \), i.e., when we know one of these functions we can compute for instance the coefficients \( A, B, C \), which in turn are needed to set up the (dissipationless) hydrodynamics of the system. In the literature, \( \Lambda \) is sometimes called master function, and the two approaches based either on the generalized energy density or the generalized pressure are termed “convective variational approach” and “potential variational approach”, respectively [13].

For the hydrodynamic equations we need to know the stress-energy tensor. It can be written as
\[ T^{\mu \nu} = -g^{\mu \nu} \Psi + j^{\mu} \partial^{\nu} \psi + s^{\mu} \Theta^{\nu}. \quad (4.11) \]

With this form and the relation (4.6) we have \( T^{\mu}_{\mu} = \Lambda - 3 \Psi \), which is a generalized way of saying that the trace of the stress-energy tensor is given by \( \epsilon - 3 P \). We can “solve” Eq. (4.11) for \( \Psi \), i.e., write the generalized pressure in terms of various contractions of the stress-energy tensor. For instance, using contractions with \( s^{\mu} \) and \( \partial^{\mu} \psi \), we can write
\[ \Psi = \frac{1}{2} \left[ s \cdot \partial \psi (s_{\mu} \partial_{\nu} \psi + s_{\nu} \partial_{\mu} \psi) - s^{2} \partial_{\mu} \psi \partial_{\nu} \psi - s^{2} s_{\mu} s_{\nu} \right] \frac{(s \cdot \partial \psi)^{2} - s^{2} \sigma^{2}}{g_{\mu \nu}} \]  
\[ T^{\mu \nu} = \frac{1}{2} \left[ s \cdot \partial \psi (s_{\mu} \partial_{\nu} \psi + s_{\nu} \partial_{\mu} \psi) - s^{2} \partial_{\mu} \psi \partial_{\nu} \psi - s^{2} s_{\mu} s_{\nu} \right] \frac{(s \cdot \partial \psi)^{2} - s^{2} \sigma^{2}}{g_{\mu \nu}} \]  
\[ T^{\mu \nu} = -g^{\mu \nu} \Psi + B j^{\mu} j^{\nu} + C s^{\mu} s^{\nu} + A (j^{\mu} s^{\nu} + s^{\mu} j^{\nu}). \quad (4.12) \]

We shall use this form below to express \( \Psi \) in terms of the pressures of the superfluid and normal-fluid components.

It is not obvious from the form (4.11) that the stress-energy tensor is symmetric. With the relations derived above, however, we can bring it into a manifestly symmetric form. We can for instance eliminate the two conjugate momenta,
\[ T^{\mu \nu} = -g^{\mu \nu} \Psi + B j^{\mu} j^{\nu} + C s^{\mu} s^{\nu} + A (j^{\mu} s^{\nu} + s^{\mu} j^{\nu}). \quad (4.13) \]

Besides being manifestly symmetric, this form also confirms the interpretation of the entrainment coefficient: the term that couples the two currents is proportional to \( A \).
As an exercise, you can derive the following expressions for $A$, $B$, $C$ in terms of the stress-energy tensor, the generalized energy density, and the currents,

\begin{align}
A &= -\frac{j^\mu s^\nu T_{\mu\nu} - (j \cdot s)A}{(s \cdot j)^2 - s^2 j^2}, \quad (4.14a) \\
B &= \frac{s^\mu s^\nu T_{\mu\nu} - s^2 A}{(s \cdot j)^2 - s^2 j^2}, \quad (4.14b) \\
C &= \frac{j^\mu j^\nu T_{\mu\nu} - j^2 A}{(s \cdot j)^2 - s^2 j^2}. \quad (4.14c)
\end{align}

Using the stress-energy tensor (4.11), we can also reformulate the hydrodynamic equations (2.27). We compute

\begin{align}
0 &= \partial_\mu T^{\mu\nu} \\
&= \partial^\nu \psi \partial_\mu j^\mu + f_\mu (\partial^\nu \partial^\rho \psi - \partial^\rho \partial^\nu \psi) \\
&+ \Theta^\nu \partial_\mu s^\mu + s_\mu (\partial^\nu \Theta^\mu - \partial^\mu \Theta^\nu), \quad (4.15)
\end{align}

where we have used $\partial^\nu \Psi = j_\mu \partial^\nu \partial^\rho \psi + s_\mu \partial^\nu \Theta^\mu$, which follows from Eq. (4.3). Because of current conservation $\partial_\mu j^\mu = 0$, the first term on the right-hand side vanishes. The second term vanishes obviously. Note that it vanishes due to the specific form of the momentum associated to the charge current. Had we started with a general two-fluid system (not necessarily a superfluid), this term would not be zero. As a consequence, we see that at zero temperature, where there is no entropy current, the energy-momentum conservation is automatically fulfilled. To derive the additional equations for nonzero temperature, we contract the two remaining terms with $s_\nu$. For $s \cdot \Theta \neq 0$ this yields the entropy conservation $\partial_\mu s^\mu = 0$. Consequently, we can write the conservation equations as

\begin{align}
\partial_\mu j^\mu &= 0, \quad \partial_\mu s^\mu = 0, \quad s_\mu \omega^{\mu\nu} = 0, \quad (4.16)
\end{align}

where we have introduced the **vorticity**

\begin{equation}
\omega^{\mu\nu} \equiv \partial^\mu \Theta^\nu - \partial^\nu \Theta^\mu. \quad (4.17)
\end{equation}

### 4.2 Relation to the original two-fluid formalism

The formalism that we have just explained looks different from the two-fluid formalism introduced in Sec. 2.3. In particular, it makes no reference to superfluid and normal-fluid components. We now show that there is a translation from one formulation into the other, meaning that both descriptions are equivalent, see for instance Ref. [14] and appendix A of Ref. [82]. A decomposition of the conserved current into superfluid and normal-fluid contributions reads
4.2 Relation to the original two-fluid formalism

\[ j^\mu = n_n u^\mu + n_s v^\mu \]
\[ = \frac{n_n}{s} s^\mu + \frac{n_s}{\sigma} \partial^\mu \psi. \tag{4.18} \]

In the first step, we have written the current in terms of two velocities \( u^\mu \) and \( v^\mu \) and two charge densities \( n_n \) and \( n_s \), which correspond to superfluid and normal-fluid contributions. We have thus simply added a term of the same form to the current in a single-fluid system, see Eq. (3.23a). In the second step, we have written the superfluid four-velocity in terms of the gradient of the phase of the condensate,

\[ v^\mu = \frac{\partial^\mu \psi}{\sigma}, \tag{4.19} \]

as we know from our field-theoretical discussion, see Eq. (3.26). Furthermore, we have defined the normal-fluid velocity through the entropy current,

\[ u^\mu = \frac{s^\mu}{s}, \tag{4.20} \]

with \( s \equiv (s^\mu s_\mu)^{1/2} \). We see that the decomposition (4.18) is a “mixed” form compared to the two descriptions discussed above: it neither uses the two currents nor the two momenta as its variables, but rather one current, namely \( s^\mu \), and one momentum, namely \( \partial^\mu \psi \). The somewhat more physical decomposition into superfluid and normal fluid goes along with a less natural decomposition in terms of currents and conjugate momenta. Note also that neither of the two currents \( n_s v^\mu \) and \( n_n u^\mu \) obeys a continuity equation.

We may decompose the stress-energy tensor in an analogous way,

\[ T^\mu\nu = (\varepsilon_n + P_n)u^\mu u^\nu - g^\mu\nu P_n + (\varepsilon_s + P_s)v^\mu v^\nu - g^\mu\nu P_s, \tag{4.21} \]

where, as in the non-relativistic approach in Sec. 2.4.2, \( \varepsilon_s \) and \( P_s \) are energy density and pressure of the superfluid, measured in the superfluid rest frame, while \( \varepsilon_n \) and \( P_n \) are energy density and pressure of the normal fluid, measured in the normal-fluid rest frame. First of all, it is instructive to insert this form of the stress-energy tensor into Eq. (4.12), which yields

\[ \Psi = \frac{1}{2} \left[ \frac{u \cdot v (u_\mu v_\nu + u_\nu v_\mu) - v_\mu v_\nu - u_\mu u_\nu}{(u \cdot v)^2 - 1} - g_{\mu\nu} \right] T^\mu\nu \]
\[ = P_n + P_s, \tag{4.22} \]

where \( u_\mu u^\mu = v_\mu v^\mu = 1 \) has been used. This result gives us an idea of the physical meaning of the generalized pressure: it is the sum of the two pressures of the two fluids, each measured in the rest frame of the respective fluid. Now that we have written the stress-energy tensor in terms of superfluid and normal-fluid velocities (4.21), we should ask how it is related to the stress-energy tensor (4.11) that is expressed in terms of conserved currents and their conjugate momenta. We had already derived
a version that only depends on the two currents (4.13), now we need a form that
depends on the current $s^\mu$ and the momentum $\partial^\mu \psi$. With the help of Eqs. (4.4) and
(4.8) we find
\[ T^{\mu\nu} = -g^{\mu\nu}\Psi + \frac{1}{B} \partial^\mu \psi \partial^\nu \psi + \frac{1}{C} s^\mu s^\nu. \]  (4.23)
We see that no mixed terms of the form $s^\mu \partial^\nu \psi$ appear. This justifies in hindsight that
we have not included terms of the form $u^\mu v^\nu$ in Eq. (4.21), i.e., we can indeed simply
add the contributions of superfluid and normal-fluid in the stress-energy tensor.

Now we can translate the coefficients $A$, $B$, $C$ into more conventional thermody-
namic quantities, including the superfluid and normal-fluid charge densities. First,
with the help of Eqs. (4.8), we write the current $j^\mu$ in terms of $s^\mu$ and $\partial^\mu \psi$. Compar-
ing the result with the current in the form (4.18) yields
\[ A = -\frac{\sigma n_s}{s n_s}, \quad B = \frac{\sigma}{n_s}. \]  (4.24)
Next, we compare the two forms of the stress-energy tensor (4.21) and (4.23). We
have already identified $\Psi = P_n + P_s$. Then, the remaining superfluid contribution
yields $1/B = (\epsilon_s + P_s)/\sigma^2$. With the thermodynamic relation in the superfluid rest
frame $\epsilon_s + P_s = \sigma n_s$ (remember that $\sigma$ is the chemical potential measured in the su-
perfluid rest frame and that there is no $T$s term in this relation because the superfluid
does not carry entropy), one confirms the result for $B$ in Eq. (4.24). The remaining
normal-fluid contribution yields $1/C = (\epsilon_n + P_n)/s^2$. This time, we employ the
thermodynamic relation in the normal-fluid rest frame $\epsilon_n + P_n = \mu n_n + T s$, use the
expression for $C$ from Eq. (4.10) and for $A$ and $B$ from Eq. (4.24) to find
\[ C = \frac{\mu n_n + T s}{s^2} + \frac{\sigma n_s^2}{s^2 n_s}. \]  (4.25)

### 4.3 Connecting field theory with the two-fluid formalism

The results of the previous two subsections provide the setup for the hydrodynamic
description of a relativistic superfluid. However, we have not yet seen how this setup
can be derived from a microscopic theory or model. We shall make this connection in
this section, using the low-temperature approximation of the field theory discussed
in chapter 3. As above, we shall work in the dissipationless limit and only consider a
uniform, i.e., stationary and spatially homogeneous, relative velocity between super-
fluid and normal fluid. For further literature connecting field theory with the hydro-
dynamics of a superfluid see for instance Refs. [14, 81, 83, 84, 85].

One of the fundamental quantities in the two-fluid formalism is the general-
ized pressure $\Psi$, which usually is not part of a field-theoretical setup. In general,
$\Psi$ should be identified with the effective action density of the microscopic theory
[14, 66], which, if evaluated at the minimum, gives the thermodynamic pressure.
More precisely, in single-fluid systems we can go to the rest frame of the fluid where
$T_{ij} = \text{diag}(P, P, P)$ and then have $\Psi = P$. In a two-fluid system, we cannot avoid an
anisotropic stress-energy tensor. When we go to the rest frame of one of the fluids we can write \( T_{ij} = \text{diag}(P_\perp, P_\perp, P_\parallel) \), and \( \Psi \) is identical to the pressure perpendicular to the flow of the other fluid \( \Psi = P_\perp \). In addition to this identification, we also have to remember that \( \Psi \) depends on Lorentz scalars, while the pressure in the field theory usually is written in terms of quantities that do change under Lorentz transformations, in our case the chemical potential \( \mu \), the temperature \( T \), and the superflow \( \nabla \psi \). The thermal field theory calculation is usually performed in the rest frame of the heat bath, which in our context is the rest frame of the normal fluid. Therefore, \( \mu, T \) and \( \nabla \psi \) are all measured in the normal-fluid rest frame. Note that \( \nabla \psi \) will be treated as a thermodynamic variable, just like \( \mu \) and \( T \).

In the covariant two-fluid formalism, there are 2 independent four-vectors, and we have seen that they can either be chosen to be two currents, or two momenta, or one current and one momentum. In any case, there are \( 2 \times 4 \) degrees of freedom. In the field-theoretical calculation, there are the thermodynamic variables \( \mu, T, \) and \( \nabla \psi \), i.e., five degrees of freedom. The additional three parameters are hidden in the condition that in thermal field theory we are working in the normal-fluid rest frame, \( s = 0 \). How do we compute for instance the quantities \( A, B, C \) from the microscopic physics? From Eqs. (4.24) and (4.25) we see that they are given by “usual” thermodynamic quantities plus the superfluid density \( n_s \). (The normal-fluid density can be expressed in terms of the total charge density \( n \) and the superfluid density, \( n_0 = n - \mu n_s / \sigma \).) To express \( n_s \) in field-theoretical terms, we take the spatial components of Eq. (4.18) in the normal-fluid rest frame, where \( s = 0 \), and contract both sides of the equation with \( \nabla \psi \) to obtain

\[
n_s = -\sigma \frac{\nabla \psi \cdot \bar{j}}{(\nabla \psi)^2}. \tag{4.26}
\]

The three-current \( \bar{j} \) can be computed in field theory in a standard way since it is given by the derivative of the pressure with respect to \( \nabla \psi \), and we know how to compute the pressure in field theory. (Here, pressure refers to \( P = -\Omega \), which is the transverse pressure \( P_\perp \) in the stress-energy tensor.) This expression for the superfluid density, together with Eqs. (4.24) and (4.25), yields a recipe to compute \( A, B, C \). If we are interested in small values of the superflow \( \nabla \psi \) we can simplify the expression for \( n_s \). To this end, we expand the pressure,

\[
P = P(\nabla \psi = 0) + \frac{1}{2} \partial_i \psi \partial_j \psi \left[ \frac{\partial^2 P}{\partial(\partial_i \psi)(\partial_j \psi)} \right]_{\nabla \psi = 0} + \ldots \tag{4.27}
\]

Here we have dropped the linear term which is equivalent to assuming that the current vanishes for \( \nabla \psi = 0 \). Then, after rewriting the derivatives with respect to \( \partial_i \psi \) in terms of derivatives with respect to \( |\nabla \psi| \), we obtain

\[
\text{zero superflow: } n_s = -\mu \left( \frac{\partial^2 P}{\partial(\nabla \psi)^2} \right)_{\nabla \psi = 0}. \tag{4.28}
\]

To summarize, from the field-theoretical point of view, \( \partial_i \psi = \mu, \partial_j \psi = -\mu n_s, \) and \( \Theta_0 = T \) are thermodynamic variables in the grand canonical ensemble; \( s_i = 0 \) is given
due to the “natural” frame of the calculation, and \( j_0 = n, j_i, \) and \( s_0 = s \) are thermodynamic equilibrium quantities that can be computed via usual thermodynamic definitions. Only the three-vector \( \Theta_i \) is uncommon in usual thermodynamics. By writing down the spatial components of Eqs. (4.8) we find for this vector

\[
\Theta_i = -\frac{A}{B} \partial_i \psi = \frac{n}{s} \partial_i \psi. \tag{4.29}
\]

This identification of the various four-vectors relies on our assumptions of homogeneity and vanishing dissipation. In general hydrodynamics, the currents and conjugate momenta are of course not given by uniform equilibrium quantities.

In the following, we compute some of these quantities explicitly to illustrate the translation between field theory and two-fluid hydrodynamics.

### 4.3.1 Goldstone mode and superfluid density

For a field-theoretical derivation of the two-fluid model it is crucial to include nonzero temperatures \( T \) (otherwise there is only a single fluid) and a nonzero superflow \( \nabla \psi \). The latter is necessary to compute the superfluid density which describes the response of the system to the superflow. In other words, even if we are eventually interested in the case of vanishing superflow, we need to include an infinitesimal superflow to compute the superfluid density, for instance via Eq. (4.28). However, we shall be a bit more ambitious and keep a finite \( \nabla \psi \) in our calculation. It turns out that within the low-temperature approximation relatively simple results can be obtained even in the presence of a superflow.

We start from the pressure that we have derived in chapter 3, see Eq. (3.50),

\[
P(\mu, T, \nabla \psi) = -U - T \sum_{e=\pm} \int \frac{d^3 k}{(2\pi)^3} \ln \left(1 - e^{-\epsilon_k/T} \right), \tag{4.30}
\]

where the \( T = 0 \) contribution is the negative of the tree-level potential, evaluated at the minimum \( \lambda \rho^2 = \sigma^2 - m^2 \),

\[
-U = \frac{(\sigma^2 - m^2)^2}{4\lambda}. \tag{4.31}
\]

The quasiparticle excitations \( \epsilon_k \) in the presence of a nonzero \( \nabla \psi \) are complicated, as discussed in chapter 3 and in general it is best to proceed numerically. However, if we restrict ourselves to low temperatures, we get away with the following simplification. At sufficiently low \( T \), the massive mode \( \epsilon_k^- \) becomes irrelevant, and for the Goldstone mode \( \epsilon_k^+ \) we only need to keep the low-energy dispersion, which is linear in the momentum \( k \). The quasiparticle excitations are computed from the determinant of the inverse propagator (3.39),

\[
0 = \det D^{-1}
\]

\[
= k_0^4 - 2k_0^2[k^2 + 3\sigma^2 - m^2 + 2(\nabla \psi)^2] - 8k_0 \mu k \cdot \nabla \psi
\]

\[
+ k^2[k^2 + 2(\sigma^2 - m^2)] - 4(k \cdot \nabla \psi)^2, \tag{4.32}
\]
where we have ordered the contributions according to the powers of \( k_0 \), and where we have inserted the \( T = 0 \) solution for the condensate. Since we work at low temperatures we use the ansatz \( k_0 = c(\hat{k})k \) to determine the (now angular dependent) slope of the Goldstone dispersion \( c(\hat{k}) \). After inserting this ansatz into the determinant, the terms quadratic in \( k \) yield a simple quadratic equation for \( c(\hat{k}) \) that has the following solution (plus one unphysical negative solution),

\[
\varepsilon_k^+ \simeq \sqrt{\left(\sigma^2 - m^2\right)\left[3\sigma^2 - m^2 + 2(\nabla \psi)^2 \sin^2 \theta - 2\mu |\nabla \psi| \cos \theta\right]} k, \tag{4.33}
\]

where \( \theta \) is the angle between \( \nabla \psi \) and the quasiparticle momentum \( k \). It is instructive to take the non-relativistic limit of this expression. In this case, the superfluid velocity \( v_s = -\nabla \psi / \mu \) is much smaller than the speed of light, \( v_s \ll 1 \). Moreover, the mass \( m \) is large. Since we are in the condensed phase, \( m \) must always be smaller than the chemical potential, and thus \( 1 - m^2 / \mu^2 \) has to be small. Expanding in this smallness parameter as well as in the superfluid velocity, yields \( \varepsilon_k^+ = \varepsilon_k^+ + k \cdot v_s \), with \( \varepsilon_k^+ \) being the (linear) Goldstone dispersion in the absence of a superflow (3.47). As a limit, we have thus reproduced the Galilei transformed dispersion from our discussion of Landau’s critical velocity, see Eq. (2.1) in chapter 2. The dispersion (4.33) is the generalization to a Lorentz transformed excitation energy. We can also see this by starting from the inverse propagator in the absence of a superflow,

\[
D^{-1}(K) = \begin{pmatrix} -K^2 + 2(\mu^2 - m^2) & -2ik_0\mu \\ 2ik_0\mu & -K^2 \end{pmatrix}. \tag{4.34}
\]

Here, \( K^2 \) and \( m^2 \) are Lorentz scalars, while a Lorentz transformation acts on \( k_0 \) and \( \mu \),

\[
\mu \rightarrow \mu \sqrt{1 - v_s^2}, \quad k_0 \rightarrow \frac{k_0 - k \cdot v_s}{\sqrt{1 - v_s^2}}. \tag{4.35}
\]

Inserting this into the inverse propagator (4.34), we obtain the inverse propagator in the presence of a superflow (3.39). Therefore, the dispersion (4.33) is the Lorentz transformed dispersion, where the Lorentz transformation is performed from the superfluid rest frame into the normal-fluid rest frame. Remember that \( v_s \) is the superfluid velocity measured in the normal-fluid rest frame. So, (4.33) is the dispersion measured in the normal-fluid rest frame in the presence of a moving superfluid, for which we measure the velocity \( v_s \). As discussed in the context of Landau’s critical velocity, the negativity of \( \varepsilon_k^+ \) indicates the breakdown of superfluidity through dissipative processes. It is left as an exercise to compute the critical velocity from Eq. (4.33). Remember that in chapter 2 our argument made use of the presence of a capillary, which introduced a second frame besides the rest frame of the superfluid. Now, at nonzero temperatures, the normal fluid provides such a second frame. Therefore, dissipation would also occur in the case of an infinite system without any walls of a capillary.

Even though the superflow introduces a non-trivial angular integration, we can evaluate the pressure (4.30) at low temperatures in an analytical form. We write the
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nonzero-temperature part as

\[
T \int \frac{d^3k}{(2\pi)^3} \ln \left[ 1 - e^{-e(k)k/T} \right] = \frac{T^4}{2\pi^2} \frac{d\Omega}{4\pi} \int e^3(k) \int_0^\infty dy y^2 \ln(1 - e^{-y})
\]

\[
= -\frac{\pi^2}{90} T^4 \left[ 3\sigma^2 - m^2 + 2(\nabla \psi)^2 \right] \frac{1}{(\sigma^2 - m^2)^{3/2}} \int_1^{-1} dx \frac{1}{(\sqrt{\alpha - \beta x^2 - \gamma x})^3}, \quad (4.36)
\]

where we have used

\[
\int_0^\infty dy y^2 \ln(1 - e^{-y}) = -\frac{\pi^4}{45}, \quad (4.37)
\]

and where we have abbreviated

\[
\alpha \equiv 3\sigma^2 - m^2 + 2(\nabla \psi)^2, \quad \beta \equiv 2(\nabla \psi)^2, \quad \gamma \equiv \frac{2\mu |\nabla \psi|}{\sqrt{\sigma^2 - m^2}}. \quad (4.38)
\]

Now, with

\[
\frac{1}{2} \int_1^{-1} dx \frac{1}{(\sqrt{\alpha - \beta x^2 - \gamma x})^3} = \frac{(\alpha - \beta)^{3/2}}{\alpha(\alpha - \beta - \gamma^2)^2}, \quad (4.39)
\]

and adding the \( T = 0 \) contribution, we find

\[
P \simeq \frac{\sigma^2 - m^2}{4\lambda} + \frac{\pi^2}{90} T^4 \frac{(3\sigma^2 - m^2)^{3/2}(\sigma^2 - m^2)^{1/2}}{(\sigma^2 - m^2 - 2(\nabla \psi)^2)^2}. \quad (4.40)
\]

From this expression for the pressure, we can derive all thermodynamic quantities up to the given order in temperature. Since we have kept the full dependence on the superflow, we should read the pressure as a function of the thermodynamic variables \( T, \mu, \) and \( \nabla \psi. \) In particular, we obtain the charge current by taking the derivative with respect to \( \nabla \psi \) and from the result we can compute the superfluid density, see definition (4.26). It is straightforward to compute the result for arbitrary values of the superflow. Here, for compactness, we give the result for vanishing superflow,

\[
\text{zero superflow:} \quad n_s \simeq \frac{\mu(\mu^2 - m^2)}{\lambda} - \frac{\pi^2}{45} \frac{T^4}{\mu(\mu^2 - m^2)^{1/2}(12\mu^2 - m^2)} \frac{12(12\mu^2 - m^2) - 12\mu^2 + m^2}{(\mu^2 - m^2)^{5/2}}. \quad (4.41)
\]

As expected, the superfluid density decreases with increasing temperature. For \( T = 0, \) the superfluid density should be identical to the total charge density \( n = \frac{\partial P}{\partial \mu}. \)

To check this, remember that \( n_s \) is the superfluid density measured in the superfluid rest frame, while \( n \) is the total charge density measured in the normal-fluid rest frame. Therefore, we need to multiply \( n_s \) by the Lorentz factor \( \mu/\sigma = 1/\sqrt{1 - v_s^2} \) to obtain

\[^2\]

In our approximation, the superfluid density at \( T = 0 \) is solely given by the condensate, \( n_s = \sigma \rho. \) Therefore, superfluid density and condensate density are identical. In general, in an interacting system, the condensate density is smaller than the superfluid density \cite{4,86,87}, see also Ref. [88] for a discussion about the inequivalence of superfluid and condensate densities.
4.3 Connecting field theory with the two-fluid formalism

\[ n(T = 0) = \frac{\mu}{\sigma} n_s(T = 0), \tag{4.42} \]

where \( n(T = 0) \) has already been computed above, see Eq. (3.30a). The normal-fluid density (for all temperatures) is then given by \( n_n = n - \mu/\sigma n_s \).

Our approximation is only valid for small temperatures and can thus not be used to compute the superfluid and normal-fluid densities up to the critical temperature, as we have done for superfluid helium in chapter 2, see Fig. 2.5. It is instructive to point out the difference between the two calculations: our calculation for helium was purely phenomenological, not based on a microscopic model. We simply made an assumption (motivated from experiment) for the excitation energies and were thus able to compute the properties of the normal fluid. From these results, together with fixing the total mass density, we obtained the superfluid density “for free”, without even having to talk about the condensate in a microscopic sense. In the present field-theoretical calculation, we do know the microscopic physics. In our calculation within the grand canonical ensemble, we can in principle compute “everything” as a function of chemical potential, temperature, and superfluid velocity. Working at fixed chemical potential is more natural from the field-theoretical point of view, but of course we could always switch to the canonical ensemble since we know the relation between the chemical potential and the charge density. With a lot more effort, one can extend the present field-theoretical model to all temperatures below the critical temperature [66].

4.3.2 Generalized pressure and sonic metric

We have seen that the covariant two-fluid formalism is built upon the generalized pressure \( \Psi \), which contains the microscopic information of the system. We have already mentioned that this is not an object usually encountered in field theory. We may thus ask if we can, at least a posteriori, construct the generalized pressure from the results we have now obtained. Since \( \Psi \) depends on the Lorentz scalars \( \sigma^2 \), \( \Theta^2 \), and \( \partial \psi \cdot \Theta \), we must express the frame-dependent quantities \( \mu \), \( T \), and \( \nabla \psi \) in terms of these Lorentz scalars. To this end, we write

\[ \sigma^2 = \mu^2 - (\nabla \psi)^2, \tag{4.43a} \]
\[ \Theta^2 = T^2 - \frac{A^2}{B^2} (\nabla \psi)^2, \tag{4.43b} \]
\[ \partial \psi \cdot \Theta = \mu T - \frac{A}{B} (\nabla \psi)^2, \tag{4.43c} \]

where \( T = \Theta^0 \), \( \mu = \partial^0 \psi \), and Eq. (4.29) have been used. Next, we have to compute \( A \) and \( B \). As Eq. (4.24) shows, this requires to compute the superfluid and normal-fluid densities and the entropy. This can be done straightforwardly with the help of the pressure (4.40). We give the results for the ultra-relativistic case \( m = 0 \) and leave the more general case with a nonzero \( m \) as an exercise.
\[ n_s = \frac{\sigma^3}{\lambda} - \frac{4\pi^2 T^4}{5\sqrt{3}\mu} \frac{(1 - v_s^2)^{3/2}}{(1 - 3v_s^2)^3}, \]  
\[(4.44a)\]

\[ n_n = n - \frac{\mu}{\sigma} n_s = \frac{4\pi^2 T^4}{5\sqrt{3}\mu} \frac{(1 - v_s^2)^2}{(1 - 3v_s^2)^3}, \]  
\[(4.44b)\]

\[ s = \frac{\partial P}{\partial T} = \frac{2\pi^2 T^3}{5\sqrt{3}} \frac{(1 - v_s^2)^2}{(1 - 3v_s^2)^2}. \]  
\[(4.44c)\]

We see that the temperature dependent terms diverge for \( v_s = \frac{1}{\sqrt{3}} \). This indicates that our temperature expansion breaks down for superfluid velocities close to this critical value, and we can trust the results only for sufficiently small \( v_s \). In fact, this critical value is nothing but Landau’s critical velocity, as one can check with the help of the quasiparticle excitation \((4.33)\).

We now insert Eqs. \((4.44)\) into Eqs. \((4.24)\) and the result into Eqs. \((4.43)\). Then, we solve the resulting equations for \( T, \mu \) and \( \nabla \psi \), and insert the result back into the pressure \((4.40)\). Since we have expanded the pressure up to order \( T^4 \) we have to discard all higher-order terms that we have generated in this calculation. To this end, we take into account that \( \Theta^2 \propto T^2 \) and \( \partial \psi \cdot \Theta \propto T \), while \( \sigma^2 \) does not depend on \( T \).

As a result, we can write the generalized pressure as

\[ \Psi[\sigma^2, \Theta^2, \partial \psi \cdot \Theta] \simeq \frac{\sigma^4}{4\lambda} + \frac{\pi^2}{90\sqrt{3}} \left[ \Theta^2 + 2 \left( \frac{\partial \psi \cdot \Theta}{\sigma^2} \right)^2 \right]. \]  
\[(4.45)\]

Once we have the pressure in this form, we can compute for instance the coefficients \( \Lambda, \bar{B}, \bar{C} \) from their original definition \((4.5)\). It is left as an exercise to perform this calculation and to re-express the resulting expressions in terms of the field-theoretical variables \( T, \mu \), and \( v_s \).

The pressure \((4.45)\) can be rewritten in the following way,

\[ \Psi[\sigma^2, \Theta^2, \partial \psi \cdot \Theta] \simeq \frac{\sigma^4}{4\lambda} + \frac{\pi^2}{90\sqrt{3}} (g^{\mu\nu} \Theta_\mu \Theta_\nu)^2, \]  
\[(4.46)\]

where we have introduced the so-called sonic metric (sometimes also called acoustic metric) \([81, 89, 90, 91]\)

\[ g^{\mu\nu} = g^{\mu\nu} + \left( \frac{1}{c^2} - 1 \right) \nu^{\mu} \nu^{\nu}, \]  
\[(4.47)\]

with \( c = \frac{1}{\sqrt{3}} \) and the Minkowski metric \( g^{\mu\nu} \). This result suggests that the superfluid velocity effectively introduces a curved space. Remember that photons in Minkowski space have light-like four-momenta, i.e., their four-momenta are null vectors with respect to the Minkowski metric. In analogy, phonons have four-momenta that are null vectors with respect to the sonic metric, which means

\[ g^{\mu\nu} K_\mu K_\nu = 0. \]  
\[(4.48)\]
Using the explicit form of the sonic metric (4.47) and solving this null condition for the energy $k_0$ gives

$$k_0 = \sqrt{(1 - v_s^2)(3 - v_s^2 \sin^2 \theta) + 2v_s \cos \theta} \frac{k}{3 - v_s^2}.$$  \hfill (4.49)

This is the low-energy dispersion relation for the Goldstone mode that we have derived above from the pole of the propagator: setting $m = 0$ in Eq. (4.33) gives exactly the relation (4.49). (For the sake of a consistent notation, $\theta$ is still the angle between $\nabla \psi$ and $k$, which means it is the angle between $-v_s$ and $k$ because of $\mu v_s = -\nabla \psi$.)
We have seen in the previous chapters that a necessary condition for superfluidity is the formation of a Bose-Einstein condensate. It seems that this restricts superfluidity to bosonic systems. However, also fermionic systems can become superfluid. In order for a fermionic system to develop a Bose-Einstein condensate, it has to form some kind of bosonic states. The mechanism that provides these states is Cooper pairing, which we shall discuss in this section. Cooper pairing is a very generic phenomenon because any Fermi surface is unstable if there is an arbitrarily small attractive interaction between the fermions. This instability manifests itself in a new ground state, in which pairs of fermions are created at the Fermi surface. Simply speaking, fermionic systems undergo an intermediate step, Cooper pairing, before they are “ready” to condense and thus become a superfluid or a superconductor. Before we discuss this mechanism in detail in a field-theoretical approach, I give a brief overview over the history of fermionic superfluids and superconductors.

The most prominent system where Cooper pairing takes place is an electronic superconductor. Superconductivity was first observed in mercury by H. Kamerlingh Onnes in 1911 [92], see Ref. [93] for an interesting historical account. He observed a vanishing resistivity below a temperature of $T_c = 4.2$ K (by the way, he cooled his system with liquid helium). In 1933, W. Meissner and R. Ochsenfeld discovered that a superconductor expels an externally applied magnetic field [94], now called the Meissner effect (or Meissner-Ochsenfeld effect). Although some properties of superconductors could be described with phenomenological models, for instance the Ginzburg-Landau model in 1950, it took almost 50 years until the microscopic BCS theory and thus Cooper pairing of electrons was formulated. The original paper appeared in 1957 [27], and J. Bardeen, L. Cooper, and J. Schrieffer were awarded the Nobel Prize in 1972. One obstacle in the understanding of electronic superconductors is the origin of the attractive interaction. This is provided by the lattice of ions, more precisely by its excitations. These excitations, called phonons, correspond to the Goldstone mode associated to the spontaneous breaking of translational invariance through the lattice. Although two electrons have the same charge and thus appear to repel each other, the exchange of phonons gives rise to a net attractive interaction. It is crucial that the repulsive force is screened in the crystal by the positively
charged ions. Important progress had been made in the years before BCS regarding
the quantitative understanding of the electron-phonon interaction, in particular
by H. Fröhlich in 1950 [95]. The next major discovery in the field of electronic super-
conductors was the discovery of high-temperature superconductors in 1986 by
J.G. Bednorz and K.A. Müller [96] (Nobel Prize 1987). They found a material that
shows superconducting properties for temperatures below \( T \approx 35 \text{ K} \). By now, super-
conductors with critical temperatures as large as \( T_c \approx 130 \text{ K} \) have been observed. The
mechanism behind high-\( T_c \) superconductivity is still a matter of current research and
cannot be understood within the weak-coupling methods discussed in this chapter.

Once the mechanism of Cooper pairing had been understood, the question arose
which other systems may show this effect. The next one that was established exper-
imentally is superfluid \( ^3\text{He} \) which, in contrast to \( ^4\text{He} \), is a fermionic system. In this
case, there is an attractive interaction between the helium atoms (more precisely be-
tween quasi-fermions whose properties in the liquid are significantly different from
helium atoms in vacuum) in the spin-triplet, \( p \)-wave channel. As a consequence, a
very rich structure of conceivable order parameters exists, allowing for several su-
perfluid phases in \( ^3\text{He} \). The superfluid phase transition of \( ^3\text{He} \) was first observed by
D. Lee, P. Osheroff, and R. Richardson in 1972 [97], who received the Nobel Prize in
1996 [98, 99]. In fact, two different transitions at 2.6 mK and 1.8 mK were observed,
owing to two different superfluid phases of \( ^3\text{He} \), called \( A \) phase and \( B \) phase.

Most recently, Cooper pairing has been observed in ultra-cold Fermi gases. Su-
perfluidity was directly observed by vortex formation in a gas of \( ^6\text{Li} \) atoms in 2005
by W. Ketterle and his group [100]. In this case, the critical temperature is about
200 mK. We will say much more about these atomic systems in chapter [7].

There are also systems in high-energy physics where Cooper pairing is expected,
but experimental evidence is very difficult to establish. For instance, it is assumed
that neutrons are superfluid and protons superconducting in the interior of neutron
stars, first suggested by N.N. Bogoliubov in 1958 [101] and A.B. Migdal in 1959
[102]. Indications that this is indeed the case come from various astrophysical ob-
servations; for instance from observed pulsar glitches, sudden jumps in the rotation
frequency of the star that are attributed to a sudden “un-pinning” of superfluid vor-
tices in the inner crust of the star; or from the cooling behavior of the star: recent
measurements that show an unexpectedly rapid cooling over about 10 years are at-
tributed to a superfluid phase transition, suggesting a critical temperature for neutron
superfluidity of \( T_c \approx 5.5 \cdot 10^8 \text{ K} \) [103] [104].

Moreover, quark matter may form a color superconductor in the deconfined
phase of Quantum Chromodynamics (QCD). If the density in the interior of com-
 pact stars is sufficiently large, color superconductivity may also be of astrophysical
relevance. The attractive force between quarks in ultra-dense matter (as well as the
one for nucleons in dense nuclear matter) is provided by the strong interaction, i.e.,
by QCD. In this sense, color superconductivity is a very fundamental form of Cooper
pairing, the attractive interaction is directly provided by a fundamental interaction,
and no lattice of ions is needed like in an electronic superconductor. The possibility
of Cooper pairing of quarks was already mentioned in 1969 [105], before the the-
ory of QCD was even established. Pioneering work on color superconductivity was
done in the late seventies \[106, 107, 108, 109\], and many possible phases of color superconductivity were discussed by D. Bailin and A. Love in 1984 \[109\]. Only much later, in 1998, it was realized that the energy gap in quark matter may be large enough to be important for the phenomenology of compact stars \[110\]. The critical temperature of color superconductors depends strongly on the specific pairing pattern, and can be as large as about $10^{11}$ K (since quarks have more quantum numbers than electrons, a multitude of phases with quark Cooper pairing is conceivable). For a review about color superconductivity, see Ref. \[19\].

We shall come back to some of these examples of Cooper pairing in Sec. 5.4 after having derived the BCS gap equation in a relativistic field-theoretical calculation. For the main arguments that lead to Cooper pairing it does not matter much whether one starts with relativistic fermions with dispersion $\varepsilon_k = \sqrt{k^2 + m^2} - \mu$ or from non-relativistic fermions with dispersion $\varepsilon_k = \frac{k^2}{2m} - \mu$. The reason is that (weak-coupling) Cooper pairing is a Fermi surface phenomenon and at the Fermi surface both dispersions are linear. We can expand the dispersion for momenta close to the Fermi momentum $k_F$ with the Fermi velocity

$$\varepsilon_k \simeq v_F (k - k_F), \quad (5.1)$$

$$v_F = \left. \frac{\partial \varepsilon_k}{\partial k} \right|_{k=k_F} = \begin{cases} \frac{k_F}{m} & \text{non-relativistic, } k_F = \sqrt{2\mu m} \\ \frac{k_F}{\mu} & \text{relativistic, } k_F = \sqrt{\mu^2 - m^2} \\ 1 & \text{ultra-relativistic, } k_F = \mu \end{cases} \quad (5.2)$$

Consequently, all three cases show qualitatively the same behavior at the Fermi surface, only the slope of the linear dispersion is different.

### 5.1 Derivation of the gap equation

In this section we shall derive the gap equation for the energy gap in the quasiparticle spectrum of a Cooper-paired system. The main result of the derivation on the following pages is Eq. (5.48).

#### 5.1.1 Lagrangian

We consider a theory that contains fermions which interact via boson exchange, think for instance of electrons that interact via phonon exchange, or quarks that interact via exchange of gluons. Our Lagrangian thus assumes the following form,

$$\text{Again, notice that the chemical potential for the non-relativistic dispersion, although written with the same symbol as the one for the relativistic case, includes the rest mass; for } m \gg k \text{ we have } \sqrt{k^2 + m^2} - \mu_{\text{rel.}} \simeq m + \frac{k^2}{2m} - \mu_{\text{rel.}} = \frac{k^2}{2m} - \mu_{\text{non-rel.}}.$$
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\[ \mathcal{L} = \mathcal{L}_{\text{fermions}} + \mathcal{L}_{\text{bosons}} + \mathcal{L}_{\text{interactions}} \cdot \quad (5.3) \]

Here,

\[ \mathcal{L}_{\text{fermions}} = \overline{\psi} (i \gamma^\mu \partial_\mu + \gamma^0 \mu - m) \psi \quad (5.4) \]

is the free fermionic part with the four-spinor \( \psi, \overline{\psi} = \psi^\dagger \gamma^0 \), the chemical potential \( \mu \) and the mass \( m \). This form of the fermionic Lagrangian holds for a single fermion species. Therefore, we cannot really apply the following to quark matter, where there are \( N_f \) \( N_c \) many species, with \( N_f = 3 \) and \( N_c = 3 \) being the numbers of flavors and colors (for applications in compact stars, only up, down and strange quarks are relevant). Nevertheless, even when you are interested in Cooper pairing in quark matter, it is instructive to go through the single-flavor, single-color calculation before adding the complication of multiple fermion species.

The bosonic Lagrangian for a real, scalar boson with mass \( M \) is

\[ \mathcal{L}_{\text{bosons}} = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - \frac{1}{2} M^2 \phi^2, \quad (5.5) \]

and for the interaction we write

\[ \mathcal{L}_{\text{interactions}} = -g \overline{\psi} \psi \phi, \quad (5.6) \]

where \( g > 0 \) is the coupling constant. We have kept the structure of this term as simple as possible, using a Yukawa-type interaction, but our main arguments will also hold for more complicated interactions. For instance, the quark-gluon interaction in QCD has a much richer structure,

\[ -g \overline{\psi} \psi \phi \rightarrow -g \overline{\psi} \gamma^\mu T^{\alpha \beta}_a \psi A^a_{\mu}, \quad (5.7) \]

with the gluon fields \( A^a_{\mu} \), the Gell-Mann matrices \( T^a \) \( (a = 1, \ldots, 8) \), and color indices \( 1 \leq \alpha, \beta \leq 3 \).

The partition function is

\[ Z = \int \mathcal{D} \overline{\psi} \mathcal{D} \psi \mathcal{D} \phi e^S, \quad (5.8) \]

with the action\footnote{In order to avoid very space-consuming expressions, we denote the four-vectors in this section with small letters: \( x, y, \ldots \) for space-time vectors, \( k, q, \ldots \) for four-momenta. In Sec. \ref{sec:5.2} we go back to capital letters, as in all other chapters.}

\[ S = \int_x \mathcal{L} = \int_{x,y} \left[ \overline{\psi}(x) G_0^{-1}(x,y) \psi(y) - \frac{1}{2} \phi(x) D^{-1}(x,y) \phi(y) \right] - g \int_x \overline{\psi}(x) \psi(x) \phi(x), \quad (5.9) \]

where we have abbreviated the space-time integral
5.1 Derivation of the gap equation

\[ \int \equiv \int_0^{1/T} d\tau \int d^3x, \]  

(5.10)

and where

\[ G_0^{-1}(x,y) = \delta(x-y)(i\gamma^\mu \partial_\mu + \gamma^0 \mu - m) \]  

(5.11)

is the inverse fermionic tree-level propagator, and \( D^{-1}(x,y) \) the inverse bosonic propagator, whose specific form is not relevant for now.

The first step is to integrate out the bosonic fields. To this end, we use

\[ \frac{1}{2} \xi^T A^{-1} \xi + b^T \xi = -\frac{1}{2} b^T A b + \frac{1}{2} \xi'^T A^{-1} \xi', \]  

(5.12)

where \( \xi' = \xi + A \xi \) with a symmetric matrix \( A \) and vectors \( \xi \) and \( b \), such that all four matrix products in the relation result in scalars. We apply this relation to the last two terms of Eq. (5.9), i.e., we identify \( \xi \rightarrow \phi(x) \), \( A \rightarrow D(x,y) \), \( b \rightarrow g \psi(x) \psi(x) \), and the matrix products in Eq. (5.12) are products in position space. As a result, the terms linear and quadratic in the original bosonic fields can be rewritten as terms constant and quadratic in the new, shifted bosonic fields. We can thus easily integrate over the shifted fields to obtain

\[ Z = Z_{\text{bosons}} \int \mathcal{D}\psi \mathcal{D}\bar{\psi} e^{S'}, \]  

(5.13)

with a bosonic partition function \( Z_{\text{bosons}} \) that is irrelevant for our purpose, and the new fermionic action

\[ S' = \int_{x,y} \left[ \bar{\psi}(x) G_0^{-1}(x,y) \psi(y) + \frac{g^2}{2} \bar{\psi}(x) \psi(x) D(x,y) \bar{\psi}(y) \psi(y) \right]. \]  

(5.14)

The interaction term proportional to \( g^2 \) is composed of two elementary Yukawa interactions: it contains two incoming fermions, the propagator of the exchanged boson, and two outgoing fermions. At each elementary vertex, there is a Yukawa coupling \( g \), hence there is a \( g^2 \) for the total process.

5.1.2 Mean-field approximation

We shall now try to find an approximation for this interaction term. The goal will be to write the product of two fermion spinors as its expectation value plus fluctuations around this value. The expectation value of the two fermions will correspond to a condensate of fermion pairs. In a way, we are looking for an analogue of our ansatz for the Bose-Einstein condensate in the bosonic field theory, see Eq. (3.3).

For a di-fermionic condensate, there are two options. First, there might be a condensate of fermion-antifermion pairs. In that case, one may proceed rather straightforwardly since the scalar \( \bar{\psi} \psi \) is the relevant object. The physics described by such a condensate is for instance chiral symmetry breaking in QCD. However, here we are not interested in this condensate. Cooper pairs in a superfluid or a superconductor are fermion-fermion pairs, not fermion-antifermion pairs. In this case, the object that “wants” to obtain an expectation value cannot simply be written as \( \bar{\psi} \psi \): think
physically motivate, we would like to have a fermion which is described by a row vector. This is done by introducing the so-called charge-conjugate spinor $\psi_C$, such that a Cooper pair of fermions can be written as $\psi \psi_C$ and a Cooper pair of anti-fermions as $\psi_C \psi$. (Cooper pairing of anti-fermions will play no role in the physical systems we discuss but it is convenient to introduce it too.) The details of this procedure are as follows. With the charge-conjugation matrix $C = i \gamma^2 \gamma^0$ we define

$$
\psi_C \equiv C \psi^T,
$$

which implies $\psi_C = \psi^T C$, $\psi = C \psi_C^T$, $\psi = \psi_C^T C$. Here, $\psi_C$ is understood as first charge-conjugating, then taking the Hermitian conjugate and multiplying by $\gamma^0$. For instance, the first relation is obtained as $\psi_C = (C \psi^T)^+ \gamma^0 = (C \psi^T) \gamma^0 = \gamma^0 C \psi^T$. Since

$$
\psi \psi_C = \psi^T C \psi_C^T = -\psi^T \psi_C^T = (\psi \psi_C)^T = \psi C \psi,
$$

where $C = -C^{-1}$ and the Grassmann property of the fermion spinor have been used, we can write

$$
\psi(x) \psi(x) \psi(y) \psi(y) = \frac{1}{2} [\psi_C(x) \psi_C(x) \psi(y) \psi(y) + \psi(x) \psi(x) \psi_C(y) \psi_C(y)]
$$

and

$$
= -\frac{1}{2} \text{Tr} [\psi_C(x) \psi(x) \psi(y) \psi_C(y) + \psi(x) \psi_C(y) \psi_C(y) \psi(x)],
$$

where the trace is taken over Dirac space. Again, the minus sign arises since the fermion field is a Grassmann variable. Now we can separate the appropriate d-fermion expectation values,

$$
\psi_C(x) \psi_C(x) = \langle \psi_C(x) \psi_C(x) \psi(y) \psi(y) - \langle \psi_C(x) \psi(y) \psi_C(y) \psi(x) \rangle - \langle \psi_C(x) \psi(y) \psi_C(y) \psi(x) \rangle,
$$

and consider the square brackets as small fluctuations. Neglecting terms quadratic in these fluctuations, we derive (the few lines of algebra for the derivation is left as an exercise)

$$
\psi(x) \psi(x) \psi(y) \psi(y) = \frac{1}{2} [\psi_C(x) \psi_C(x) \psi(y) \psi(y) + \psi(x) \psi(x) \psi_C(y) \psi_C(y)]
$$

Here and in the following we need a few properties of the Dirac matrices, such as $\gamma^0 \gamma^0 = \gamma^0$, $\gamma^1 \gamma^1 = \gamma^0$, and $\gamma^\mu \gamma^\nu = 2\eta^{\mu\nu}$ (consequently, $\gamma^0$ anti-commutes with $\gamma^1$). Moreover, $(\gamma^0)^2 = 1$, $(\gamma^1)^2 = -1$. In the Dirac representation, we have

$$
\gamma^0 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, \quad \gamma^1 = \begin{pmatrix} 0 & \sigma_1 \\ -\sigma_1 & 0 \end{pmatrix}, \quad \sigma_1 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_2 = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix},
$$

with the Pauli matrices $\sigma$, which are defined as

$$
\sigma_1 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_2 = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}.$$

\[ \int_{x,y} D(x,y) \psi(x) \psi(y) \psi(y) = \int_{x,y} D(x,y) \text{Tr}[\langle \psi_C(x) \rangle \langle \psi(x) \psi_C(x) \rangle] \]

\[ - \int_{x,y} D(x,y) \text{Tr}[\langle \psi_C(x) \rangle \psi(y) \psi_C(x) + (\psi(x) \psi_C(y)) \psi_C(y)] , \quad (5.19) \]

where we have assumed the boson propagator to be symmetric in position space, \( D(x,y) = D(y,x) \). The first term does not depend on the fermion fields and thus we can pull it out of the functional integral,

\[ Z = Z_{\text{bosons}} Z_0 \int \mathcal{D} \psi \mathcal{D} \psi e^{S''}, \quad (5.20) \]

with

\[ Z_0 = \exp \left\{ \frac{g^2}{2} \int_{x,y} D(x,y) \text{Tr}[\langle \psi_C(x) \rangle \langle \psi(y) \psi_C(x) \rangle] \right\} . \quad (5.21) \]

In the following derivation of the gap equation, \( Z_0 \) will play no role. However, this contribution is important for the thermodynamic potential. One can also derive the gap equation by minimizing the thermodynamic potential with respect to the gap; in this case, \( Z_0 \) has to be kept. We shall come back to this term when we go beyond the mean-field approximation in chapter 8, see Eq. (8.2).

In Eq. (5.20) we have abbreviated the new action

\[ S'' = \int_{x,y} \left\{ \psi(x) G_0^{-1}(x,y) \psi(y) + \frac{1}{2} [\psi_C(x) \Phi^+(x,y) \psi(y) + \psi(x) \Phi^-(x,y) \psi_C(y)] \right\} , \quad (5.22) \]

where we have defined

\[ \Phi^+(x,y) \equiv g^2 D(x,y) \langle \psi_C(x) \rangle \langle \psi(y) \rangle , \quad (5.23a) \]

\[ \Phi^-(x,y) \equiv g^2 D(x,y) \langle \psi(x) \rangle \langle \psi_C(y) \rangle . \quad (5.23b) \]

It is easy to check that \( \Phi^+ \) and \( \Phi^- \) are related via

\[ \Phi^-(y,x) = \gamma^0 (\Phi^+(x,y))^\dagger \gamma^0 . \quad (5.24) \]

5.1.3 Nambu-Gorkov space

All effects of the interaction are now absorbed into \( \Phi^\pm \), and our new action \( S'' \) is quadratic in the fields, i.e, we can perform the functional integral. To this end, let us go to momentum space by introducing the Fourier transforms of the fields,

\[ \psi(x) = \frac{1}{\sqrt{V}} \sum_k e^{-ik \cdot x} \psi(k) , \quad \psi(x) = \frac{1}{\sqrt{V}} \sum_k e^{ik \cdot x} \psi(k) , \quad (5.25a) \]

\[ \psi_C(x) = \frac{1}{\sqrt{V}} \sum_k e^{-ik \cdot x} \psi_C(k) , \quad \psi_C(x) = \frac{1}{\sqrt{V}} \sum_k e^{ik \cdot x} \psi_C(k) . \quad (5.25b) \]
The normalization factor containing the three-volume $V$ is chosen such that the Fourier-transformed fields are dimensionless ($\psi(x)$ has mass dimensions 3/2). The temporal component of the four-momentum $k = (k_0, \mathbf{k})$ is given by the fermionic Matsubara frequencies, $k_0 = -i\omega_n$, with $\omega_n = (2n + 1)\pi T$. There is some freedom in the choice of the signs in the exponentials of the charge-conjugate fields. They are chosen deliberately to lead to an action diagonal in momentum space, see Eq. (5.27). By charge-conjugating both sides of the first relation in Eq. (5.25a) and comparing the result with the first relation in Eq. (5.25b) we see that the given choice implies $\psi_C(k) = C\psi^+(k)$ and, analogously, $\bar{\psi}_C(k) = \psi^+(k)C$. Hence, in momentum space, charge conjugation includes a sign flip of the four-momentum, while in position space we have $\psi_C(x) = C\psi^+(x)$.

For the Fourier transformation of $\Phi^\pm$ we assume translational invariance, $\Phi^\pm(x, y) = \Phi^\pm(x - y)$, to write

$$\Phi^\pm(x - y) = \frac{T}{V} \sum_k e^{-ik \cdot (x-y)} \Phi^\pm(k). \quad (5.26)$$

With Eq. (5.24), this implies $\Phi^-(k) = \gamma^0 [\Phi^+(k)]^\dagger \gamma^0$. We can now insert the Fourier decompositions into the interaction terms of the action (5.22). We find

$$\int \bar{\psi}_C(x) \Phi^+(x-y) \psi(y) = \frac{1}{T} \sum_k \bar{\psi}_C(k) \Phi^+(k) \psi(k), \quad (5.27)$$

where we have used

$$\int_x e^{-ik \cdot x} = \frac{V}{T} \delta_{k,0}. \quad (5.28)$$

Eventually, we want to consider $\bar{\psi}_C(k)$, $\psi_C(k)$ as independent integration variables, in addition to the variables $\bar{\psi}(k)$, $\psi(k)$. We can rewrite the integration in terms of an integral over all four variables by restricting ourselves to four-momenta in one half of the full momentum space,

$$\mathcal{D}_\psi \bar{\psi} = \prod_k d\bar{\psi}(k) d\psi(k)$$

$$= \prod_{k>0} d\bar{\psi}(k) d\bar{\psi}(-k) d\psi(k) d\psi(-k)$$

$$= \mathcal{N} \prod_{k>0} d\bar{\psi}(k) d\psi_C(k) d\psi(k) d\psi_C(k), \quad (5.29)$$

with an irrelevant constant $\mathcal{N}$ which arises from the change of integration variables. In the integrand, we divide the sum over $k$ in Eq. (5.27) into a sum over $k > 0$ and a sum over $k < 0$ and show that both sums are the same,
5.1 Derivation of the gap equation

\[ \sum_{k < 0} \overline{\psi}_C(k) \Phi^+(k) \psi(k) = \sum_{k > 0} \overline{\psi}_C(-k) \Phi^+(-k) \psi(-k) \]
\[ = \sum_{k > 0} \psi^T(k) C \Phi^+(-k) C \overline{\psi}_C(k) \]
\[ = \sum_{k > 0} \psi^T(k) C \Phi^+(-k) C \overline{\psi}_C(k) \]
\[ = - \sum_{k > 0} \overline{\psi}_C(k) C \Phi^+(-k) C \psi(k) \]
\[ = \sum_{k > 0} \overline{\psi}_C(k) \Phi^+(k) \psi(k), \quad (5.30) \]

where, in the last step, we have used \( C[\Phi^+(-k)]^T C = -\Phi^+(k) \), which can be seen as follows. In position space we have

\[ \int_{x,y} \overline{\psi}_C(x) \Phi^+(x-y) \psi(y) = - \int_{x,y} \psi^T(y) [\Phi^+(x-y)]^T \overline{\psi}_C(x) \]
\[ = - \int_{x,y} \overline{\psi}_C(x) C[\Phi^+(y-x)]^T C \psi(y), \quad (5.31) \]

i.e., \( \Phi^+(x-y) = -C[\Phi^+(y-x)]^T C \). With the Fourier transform \[5.26\] this yields \( C[\Phi^+(-k)]^T C = -\Phi^+(k) \).

Using Eq. \[5.30\] in Eq. \[5.27\], and analogously for \( \overline{\psi}(x) \Phi^-(x,y) \psi_C(y) \), yields the interaction part of the action in momentum space

\[ \frac{1}{2} \int_{x,y} [\overline{\psi}_C(x) \Phi^+(x,y) \psi(y) + \overline{\psi}(x) \Phi^-(x,y) \psi_C(y)] \]
\[ = \frac{1}{T} \sum_{k > 0} [\overline{\psi}_C(-k) \Phi^+(k) \psi(k) + \overline{\psi}(k) \Phi^-(k) \psi_C(k)]. \quad (5.32) \]

Finally, we need to write the tree-level contribution in terms of fermions and charge-conjugate fermions. With the definition of the tree-level propagator in position space \[5.11\] and the Fourier transformed fields from Eq. \[5.25a\] we obtain

\[ \int_{x,y} \overline{\psi}(x) G_0^{-1}(x,y) \psi(y) = \frac{1}{T} \sum_k \overline{\psi}(k) (\gamma^\mu k_\mu + \mu \gamma^0 - m) \psi(k). \quad (5.33) \]

Again, we need to divide the sum over \( k \) into two sums, one over \( k > 0 \) and one over \( k < 0 \) and rewrite the latter as
\[
\sum_{k<0} \Psi(k)(\gamma^\mu k_\mu + \mu \gamma^0 - m)\Psi(k) = \sum_{k>0} \Psi(-k)(-\gamma^\mu k_\mu + \mu \gamma^0 - m)\Psi(-k)
\]
\[
= \sum_{k>0} \Psi_C^T(k)C(-\gamma^\mu k_\mu + \mu \gamma^0 - m)C\Psi_C(k)
\]
\[
= \sum_{k>0} [\Psi_C^T(k)C(-\gamma^\mu k_\mu + \mu \gamma^0 - m)C\Psi_C(k)]^T
\]
\[
= -\sum_{k>0} \Psi_C(k)C(-\gamma^\mu k_\mu + \mu \gamma^0 - m)C\Psi_C(k)
\]
\[
= \sum_{k>0} \Psi_C(k)(\gamma^\mu k_\mu - \mu \gamma^0 - m)\Psi_C(k), \quad (5.34)
\]

where \(C\gamma^\mu C = \gamma^\mu \) has been used. Consequently,
\[
\int_{x,y} \Psi(x)G_0^{-1}(x,y)\Psi(y)
\]
\[
= \frac{1}{T} \sum_{k>0} \left\{ \Psi(k)[G^+_0(k)]^{-1}\Psi(k) + \Psi_C(k)[G^-_0(k)]^{-1}\Psi_C(k) \right\}, \quad (5.35)
\]

with the propagators for fermions and charge-conjugate fermions in momentum space,
\[
[G^+_0(k)]^{-1} = \gamma^\mu k_\mu \pm \eta \mu - m. \quad (5.36)
\]

With the new integration measure (5.29), the interaction part (5.32) and the tree-level part (5.35), the partition function (5.20) can be written in the following compact way,
\[
Z = \mathcal{N} Z_{\text{bosons}} Z_0 \int \mathcal{D}\Psi \mathcal{D}\Psi \exp \left[ \sum_{k>0} \Psi(k) \mathcal{S}^{-1}(k) \frac{1}{T} \Psi(k) \right]. \quad (5.37)
\]

Here we have abbreviated the integration measure,
\[
\mathcal{D}\Psi \mathcal{D}\Psi \equiv \prod_{k>0} d\Psi(k) d\Psi_C(k) d\Psi(k) d\Psi_C(k), \quad (5.38)
\]

introduced the new spinors
\[
\Psi = \begin{pmatrix} \psi \\ \psi_C \end{pmatrix}, \quad \Psi = (\bar{\Psi}, \bar{\Psi}_C), \quad (5.39)
\]

and the inverse propagator
\[
\mathcal{S}^{-1}(k) = \begin{pmatrix} [G^+_0(k)]^{-1} & \Phi^-(k) \\ \Phi^+(k) & [G^-_0(k)]^{-1} \end{pmatrix}. \quad (5.40)
\]

The two-dimensional space that has emerged from the introduction of charge-conjugate spinors is called \textit{Nambu-Gorkov space}. Together with the \(4 \times 4\) structure of Dirac space, \(\mathcal{S}^{-1}\) is an \(8 \times 8\) matrix.
5.1 Derivation of the gap equation

5.1.4 Gap equation

We can write Eq. (5.40) in the form of a Dyson-Schwinger equation, where the inverse propagator is decomposed into a non-interacting part \( \mathcal{S}_0^{-1} \) and a self-energy \( \Sigma \),

\[
\mathcal{S}^{-1} = \mathcal{S}_0^{-1} + \Sigma,
\]

where

\[
\mathcal{S}_0^{-1} = \begin{pmatrix} [G_0^+]^{-1} & 0 \\ 0 & [G_0^-]^{-1} \end{pmatrix}, \quad \Sigma = \begin{pmatrix} 0 & \Phi^- \\ \Phi^+ & 0 \end{pmatrix}.
\]

The propagator \( \mathcal{S} \) is computed by inverting the matrix \( \mathcal{S}_0 \),

\[
\mathcal{S} = \begin{pmatrix} G^+ & F^- \\ F^+ & G^- \end{pmatrix},
\]

with

\[
G^\pm \equiv ([G_0^\pm]^{-1} - \Phi^\pm G_0^\mp \Phi^\mp)^{-1},
\]

\[
F^\pm \equiv -G_0^\mp \Phi^\pm G_0^\pm.
\]

This form of the propagator is easily verified by computing \( \mathcal{S}^{-1} \mathcal{S} = 1 \). The off-diagonal elements \( F^\pm \) of the full propagator are called anomalous propagators. They describe the propagation of a fermion that is converted into a charge-conjugate fermion or vice versa. This is possible through the Cooper pair condensate which can be thought of as a reservoir of fermions and fermion-holes. This is another way of saying that the symmetry associated to charge conservation is spontaneously broken. More formally speaking, \( \Phi^\pm \) is not invariant under \( U(1) \) rotations: with the definition \( \Phi^\pm \equiv \Phi^\pm_0 \) and the transformation of the fermion spinor \( \psi \rightarrow e^{-i\alpha} \psi \) we have

\[
\Phi^\pm \rightarrow e^{\pm 2i\alpha} \Phi^\pm.
\]

Consequently, \( \Phi^\pm \) transforms non-trivially under symmetry transformations of the Lagrangian. This is just like the Bose condensate in our discussion of bosonic superfluidity. In fact, here the order parameter \( \Phi^\pm \) is invariant under multiplication of both fermion spinors with \(-1\), \( \alpha = \pi \) in Eq. (5.45), and thus there is a residual subgroup \( \mathbb{Z}_2 \). This is a difference to the bosonic case, where the residual group was the trivial group, which only contains the unit element.

To derive the gap equation, we notice that the fermionic propagator \( \mathcal{S} \) is, on the one hand, given by Eq. (5.43). On the other hand, we require \( \mathcal{S} \) to have the usual form of a propagator, extended to Nambu-Gorkov space,

\[
\mathcal{S}(x,y) = -\langle \bar{\psi}(x)\psi(y) \rangle = -\begin{pmatrix} \langle \psi(x)\bar{\psi}(y) \rangle & \langle \psi(x)\bar{\psi}(y) \rangle \\ \langle \psi(x)\bar{\psi}(y) \rangle & \langle \psi(x)\bar{\psi}(y) \rangle \end{pmatrix}.
\]

For instance, taking the lower left component, this implies \( F^+(x,y) = -\langle \psi_C(x)\bar{\psi}(y) \rangle \) (we could also consider the upper right component, the resulting gap equation...
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![Diagram](image)

**Fig. 5.1.** Diagrammatic version of the gap equation (5.48). The hatched circle is the gap function $\Phi^+$, the dashed line is the boson propagator $D$, while the single and double lines represent the tree-level propagator $G_0$ and the full propagator $G^+$. The opposite charges in these two fermionic propagators is indicated by the different directions of the arrows. The loop on the right-hand side contains the anomalous propagator $F^+ = -G_0 \Phi^+ G^+$.  

would be equivalent). Inserting this relation into Eq. (5.23a) yields $\Phi^+(x,y) = -g^2 D(x,y) F^+(x,y)$, which becomes in Fourier space

$$
\frac{T}{V} \sum_p e^{-ip \cdot (x-y)} \Phi^+(p) = -g^2 \frac{T^2}{V^2} \sum_{q,k} e^{-i(q+k) \cdot (x-y)} D(q) F^+(k)
$$

$$
= -g^2 \frac{T^2}{V^2} \sum_{p,k} e^{-ip \cdot (x-y)} D(p-k) F^+(k), \quad (5.47)
$$

where again we have assumed translational invariance, and where, in the second step, we have introduced the new summation variable $p = q + k$. We can now compare the coefficients of the Fourier series in $p$ to obtain

$$
\Phi^+(p) = -g^2 \frac{T}{V} \sum_k D(p-k) F^+(k). \quad (5.48)
$$

This is the gap equation, which is shown in diagrammatic form in Fig. 5.1. Since $F^+(k)$ contains the gap function $\Phi^+(k)$, the gap equation is an integral equation for the gap function.

### 5.2 Quasiparticle excitations

Next we need to compute the various components of the propagator in Nambu-Gorkov space explicitly. This is necessary for solving the gap equation, but even before doing so we will learn something about the structure of the fermionic quasiparticles. On general grounds we expect a Goldstone mode, i.e., a bosonic quasiparticle, due to the spontaneous breaking of the $U(1)$ symmetry. We shall discuss this mode in chapter 8 and the absence of this mode in the case of a gauge symmetry in chapter 6. Here we focus on the fermionic excitations and the solution of the gap equation.

In the following, we restrict ourselves for simplicity to ultra-relativistic fermions, $m = 0$. Including a mass renders the calculation more complicated, but the essential
physics will be captured already in the massless case. It is convenient to express the
inverse tree-level propagators for massless fermions in terms of energy projectors,

$[G_0^\pm]^{-1} = \gamma^0 K_\mu \pm \gamma^0 \mu$  

$= \sum_{\epsilon = \pm} [k_0 \pm (\mu - ek)] \gamma^0 \Lambda_\epsilon^\pm$,  

(5.49)

with

$\Lambda_\epsilon^\pm = \frac{1}{2} \left(1 + e \gamma^0 \gamma \cdot \hat{k} \right)$.  

(5.50)

It is easy to check that $\Lambda_\epsilon^+$ and $\Lambda_\epsilon^-$ form a complete set of orthogonal projectors,

$\Lambda_\epsilon^+ + \Lambda_\epsilon^- = 1, \quad \Lambda_\epsilon^+ \Lambda_\epsilon^- = 0, \quad \Lambda_\epsilon^+ \Lambda_\epsilon^{-1} = \Lambda_\epsilon^\epsilon$.  

(5.51)

One benefit of this formulation is that inversion becomes very simple. A matrix of
the form $A = \sum_i a_i P_i$ with a complete set of orthogonal projectors $P_i$ and scalars
$a_i$, has obviously the inverse $A^{-1} = \sum_i a_i^{-1} P_i$. The only small difference in our case
is the additional matrix $\gamma^0$. But, because $\gamma^0$ and $\Lambda_\epsilon^\epsilon$ obey the simple commutation
relation $\gamma^0 \Lambda_\epsilon^\epsilon = \Lambda_\epsilon^{-1} e \gamma^0$, we easily find

$G_0^\pm(K) = \sum_{\epsilon} \frac{\gamma^0 \Lambda_\epsilon^\epsilon}{k_0 + (\mu - ek)}$.  

(5.52)

Next, we use the following ansatz for the gap matrix,

$\Phi^\pm(K) = \pm \Delta(K) \gamma^5$,  

(5.53)

with a gap function $\Delta(K)$ which is assumed to be real. Remember that $\Phi^+$ and
$\Phi^-$ are related via $\Phi^- = \gamma^0 (\Phi^+)^\dagger \gamma^0$, i.e., once we make the ansatz $\Phi^+ = \Delta \gamma^5$, we
obtain the expression for $\Phi^-$. There are various possible Dirac structures of the gap
matrix. The ansatz (5.53) respects the overall anti-symmetry of the Cooper pair with
respect to exchange of the two fermions and corresponds to even-parity, spin-singlet
pairing, where fermions of the same chirality form Cooper pairs, see Refs. [15][111]
for a detailed discussion and a complete study of all possible Dirac structures. We
shall compute the value of the gap $\Delta$ with the help of the gap equation in the next
subsection for the case where $\Delta(K)$ is constant. First we discuss some properties of
the superfluid system for which the actual value of $\Delta$ is not relevant.

Inserting Eqs. (5.49), (5.52), (5.53) into the expressions for the propagator and
charge-conjugate propagator (5.44a) and using that $\gamma^5$ anti-commutes with the other
Dirac matrices, $\{\gamma^i, \gamma^5\} = 0$, as well as $(\gamma^5)^2 = 1$, yields

$G^\pm(K) = \left\{ \sum_{\epsilon} \left[ k_0 \pm (\mu - ek) - \frac{\Delta^2}{k_0 \mp (\mu - ek)} \right] \gamma^0 \Lambda_\epsilon^\epsilon \right\}^{-1}$

$= \sum_{\epsilon} \frac{k_0 \mp (\mu - ek)}{k_0^2 - (\pm e)^2} \gamma^0 \Lambda_\epsilon^\epsilon$,  

(5.54)
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Fig. 5.2. (Color online) Fermionic quasiparticle dispersions (solid lines) in the presence of Cooper pairing, which introduces an energy gap $2\Delta$. The thin dashed lines are the particle and hole dispersions for the unpaired case. Cooper pairing leads to a mixing of particle and hole states.

with

$$\varepsilon^e_k \equiv \sqrt{(\mu - ek)^2 + \Delta^2}. \quad (5.55)$$

The anomalous propagators become

$$F^\pm(K) = \pm \sum_e \frac{\Delta(K)\gamma^\pm \varepsilon^e_k}{k_0^2 - (\varepsilon^e_k)^2}. \quad (5.56)$$

We see that all components of the Nambu-Gorkov propagator have the same poles, $k_0 = \pm \varepsilon^e_k$. These are the excitation energies for quasi-particles ($e = +$) and quasi-antiparticles ($e = -$) (both for the upper sign) and quasi-holes ($e = +$) and quasi-anti-holes ($e = -$) (both for the lower sign). We now see that $\Delta$ is indeed an energy gap in the quasiparticle spectrum, see Fig. 5.2. This energy gap is the reason that there is frictionless charge transport in a fermionic superfluid.

We can gain some further insight into the nature of the Cooper-paired system by computing the charge density and the occupation numbers. To this end, we start from the pressure $P$, which is defined as

$$P = \frac{T}{V} \ln Z. \quad (5.57)$$

With the partition function $Z$ from Eq. (5.37) we have

$$P = \frac{1}{2V} \sum_K \text{Tr} \ln \mathcal{J}^{-1} + \frac{T}{V} \ln Z_0 + \frac{T}{V} \ln Z_{\text{bosons}}, \quad (5.58)$$
where the trace in the first term is taken over Nambu-Gorkov and Dirac space. We have evaluated the functional integral in the partition function, which is formally the same as for non-interacting fermions. Remember that the additional degree of freedom from the charge-conjugate fermions had resulted in restricting the momentum sum to one half space, \( K > 0 \). In equation (5.58) we sum over all \( K \), but have taken care of this overcounting by multiplying by \( \frac{1}{2} \). We are interested in the charge density \( n \), which is the derivative of \( P \) with respect to the chemical potential \( \mu \). Therefore, the contribution of \( Z_0 \), which does not depend explicitly on \( \mu \), and the bosonic part are irrelevant for the following, and the charge density becomes

\[
 n = \frac{1}{2} T \sum_K \text{Tr} \left[ \mathcal{J} \frac{\partial \mathcal{J}^{-1}}{\partial \mu} \right] \\
 = \frac{1}{2} T \sum_K \text{Tr}[\gamma^0 (G^+ - G^-)],
\]

(5.59)

where, in the second step, the explicit form of \( \mathcal{J}^{-1} \) (5.40) has been used and the trace over Nambu-Gorkov space has been performed. Inserting the propagators from Eq. (5.54) and using \( \text{Tr}[\Lambda^c_k] = 2 \) yields

\[
 n = -\frac{2}{V} T \sum_k \sum_e \frac{\mu - e k}{k_0^2 - (e k^c)^2} \\
 = 2 \sum_e \int \frac{d^3 k}{(2\pi)^3} \frac{\mu - e k}{2e k^c} \tanh \frac{e k^c}{2T}.
\]

(5.60)

Here we have performed the sum over fermionic Matsubara frequencies, \( k_0 = -i\omega_n \), with \( \omega_n = (2n + 1)\pi T \),

\[
 T \sum_{k_0} \frac{1}{k_0^2 - a^2} = -\frac{1}{2a} \tanh \frac{a}{2T},
\]

(5.61)

and taken the thermodynamic limit \( \frac{1}{V} \sum_k \to \int \frac{d^3 k}{(2\pi)^3} \). Now, with \( \tanh \frac{x}{T} = 1 - 2f(x) \), where

\[
 f(x) = \frac{1}{e^{x/T} + 1}
\]

(5.62)

is the Fermi distribution function, we can write the result as

\[
 n = 2 \sum_e e \int \frac{d^3 k}{(2\pi)^3} \left[ \frac{1}{2} \left( 1 - \frac{k - e\mu}{e k^c} \right) + \frac{k - e\mu}{e k^c} f(e k^c) \right] \\
 = 2 \sum_e e \int \frac{d^3 k}{(2\pi)^3} \left\{ |u_k|^2 f(e k^c) + |v_k|^2 [1 - f(e k^c)] \right\},
\]

(5.63)

with
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\[ |u_k|^2 = \frac{1}{2} \left( 1 + \frac{k - e\mu}{\epsilon_k^+} \right), \quad |v_k|^2 = \frac{1}{2} \left( 1 - \frac{k - e\mu}{\epsilon_k^+} \right). \] (5.64)

The second line of Eq. (5.63) shows that the quasiparticles are mixtures of fermions with occupation \( f \) and and fermion-holes with occupation \( 1 - f \), where the mixing coefficients are the so-called Bogoliubov coefficients \( |u_k|^2 \) and \( |v_k|^2 \) with \( |u_k|^2 + |v_k|^2 = 1 \).

We may first check that this expression reduces to the usual charge density of free fermions if we set the gap to zero. In this case, \( \epsilon_k = |k - e\mu| \) and we find

\[
n_{\Delta=0} = 2 \sum_e \int \frac{d^3 k}{(2\pi)^3} \left[ \Theta(e\mu - k) + \text{sgn}(k - e\mu) f(|k - e\mu|) \right]
\]

as expected. To see the second step, consider the momentum integral over the two intervals \([0, e\mu]\) and \([e\mu, \infty]\) separately and use \(1 - f(x) = f(-x)\).

Finally, let us take the zero-temperature limit of Eq. (5.63). Since \( \epsilon_k^+ > 0 \), we have \( f(\epsilon_k^+) \to \Theta(-\epsilon_k^+) = 0 \) at zero temperature, and thus, neglecting the contribution of the antiparticles,

\[
n_{T=0} \simeq 2 \int \frac{d^3 k}{(2\pi)^3} \frac{1}{2} \left[ 1 - \frac{k - \mu}{\sqrt{(k - \mu)^2 + \Delta^2}} \right]. \] (5.66)

We plot the integrand, i.e., the occupation number in the presence of a gap, in Fig. 5.3. We see that the gap has a similar effect as a nonzero temperature: the sharp Fermi surface of the non-interacting system becomes a smeared surface in the superfluid system.

### 5.3 Solving the gap equation

Inserting the ansatz for the gap matrix (5.53) and the anomalous propagator (5.56) into the gap equation (5.48), we obtain

\[
\Delta(P) \gamma^5 = -g^2 T \frac{1}{V} \sum_K D(P - K) \frac{\Delta(K) \gamma^5 \Lambda_K}{k_0^2 - \epsilon_K^2}, \] (5.67)

where we have neglected the antiparticle contribution and abbreviated \( \epsilon_k = \epsilon_k^+ \). To get rid of the matrix structure, we multiply both sides of the equation with \( \gamma^0 \) and take the trace over Dirac space,

\[
\Delta(P) = -\frac{g^2}{2} T \frac{1}{V} \sum_K D(P - K) \frac{\Delta(K)}{k_0^2 - \epsilon_K^2}, \] (5.68)
where we have used $\text{Tr}[\Lambda^\varepsilon] = 2$. Now let us assume that the interaction between the fermions is point-like, i.e., the inverse boson propagator can be approximated by the boson mass squared, $D^{-1}(Q) = -Q^2 + M^2 \simeq M^2$. In this case, $\Delta(P)$ becomes independent of $P$ and after performing the Matsubara sum we obtain

$$\Delta = G \int \frac{d^3k}{(2\pi)^3} \frac{\Delta}{2\varepsilon_k} \tanh \frac{\varepsilon_k}{2T}, \quad (5.69)$$

with the effective coupling constant

$$G = \frac{g^2}{2M^2}. \quad (5.70)$$

Note that, while $g$ is dimensionless, $G$ has mass dimensions $-2$. The approximation of the interaction via exchange of a boson by a four-fermion interaction is shown in Fig. 5.4.

Let us first discuss the solution of Eq. (5.69) for zero temperature, where $\tanh \frac{\varepsilon_k}{2T} = 1$. We also assume that the interaction is only nonzero for fermions in a small vicinity around the Fermi surface $[\mu - \delta, \mu + \delta]$ with

$$\Delta_0 \ll \delta \ll \mu, \quad (5.71)$$

Had we only been interested in the gap equation with four-fermion interaction, we could have put this simpler interaction term into our Lagrangian from the beginning. In fact, we shall do so when we discuss fluctuations around the BCS mean-field solution in chapter 8, see Eq. (8.1). The resulting model is called Nambu-Jona-Lasinio (NJL) model [112, 113], and has been used for instance as a simplified description of Cooper pairing in quark matter [114].
where $\Delta_0 \equiv \Delta(T = 0)$. This assumption corresponds to the weak coupling limit because Pauli blocking does not allow for any scattering processes of fermions deep in the Fermi sea. The stronger the coupling, the more fermions in the Fermi sea become relevant. Within this approximation, the gap equation becomes

$$\Delta_0 \simeq \frac{\mu^2 G}{2\pi^2} \int_0^\delta d\xi \frac{\Delta_0}{\sqrt{\xi^2 + \Delta_0^2}},$$  \hspace{1cm} (5.72)

where we have approximated $dk k^2 \simeq dk \mu^2$, introduced the new integration variable $\xi = k - \mu$, and then have used the symmetry of the integrand with respect to $\xi \rightarrow -\xi$, such that we can restrict ourselves to the interval $\xi \in [0, \delta]$ and multiply the result by 2. Obviously, $\Delta_0 = 0$ is one solution of the equation. To find the nontrivial solution, we divide both sides of the equation by $\Delta_0$. Then we see that there must be a nonzero $\Delta_0$ for any coupling $G > 0$, no matter how small: if $\Delta_0$ were zero, there would be a logarithmic divergence from the lower boundary, which corresponds to the Fermi surface. This is the essence of the instability towards Cooper pairing. The reason for this infrared divergence is that the integral has essentially become one-dimensional due to the restriction to momenta within a small vicinity around the Fermi surface. Therefore, a formal way of saying why the Fermi surface is unstable with respect to the formation of a Cooper pair condensate is that, at weak coupling, there is an effective dimensional reduction of the dynamics of the system from 3+1 to 1+1 dimensions.

It is now easy to compute $\Delta_0$. With

$$\int \frac{d\xi}{\sqrt{\xi^2 + \Delta_0^2}} = \ln \left[ 2 \left( \xi + \sqrt{\xi^2 + \Delta_0^2} \right) \right],$$  \hspace{1cm} (5.73)

we find

$$\Delta_0 \simeq 2\delta \exp \left( -\frac{2\pi^2}{G\mu^2} \right).$$  \hspace{1cm} (5.74)

This is the famous result for the BCS gap. It shows the dependence of the energy gap on the coupling: at weak coupling (only in this regime is our mean-field approxi-
imation valid, and only in this regime are we allowed to restrict ourselves to a small vicinity of the Fermi surface) the energy gap is exponentially suppressed, with the fermion-boson coupling $g$ appearing quadratically in the exponential, $G \propto g^2$. This result is non-perturbative because there is no Taylor expansion around $G = 0$. We can also see the non-perturbative nature from the structure of the gap equation itself, see for instance the diagrammatic form in Fig. 5.1: the gap appearing in the loop on the right-hand side of the equation is itself determined by a loop that contains the gap etc. Therefore, we effectively resum infinitely many diagrams rather than computing diagrams up to a fixed power in the coupling constant. The BCS gap equation is thus a nice example to illustrate that taking the weak coupling limit does not necessarily allow for a perturbative calculation.

We may also use the gap equation to compute the critical temperature $T_c$ for the superconducting phase transition. In BCS theory, this phase transition is of second order, i.e., the gap vanishes continuously at the critical point. Therefore, we may use the gap equation and imagine we are sitting at a point just below the critical temperature. At this point, the gap is still nonzero, and we may divide Eq. (5.69) by $\Delta$. Then we can take the limit $\Delta \to 0$ in the resulting equation to obtain an equation for the critical temperature,

$$1 \simeq \frac{G \mu^2}{2\pi^2} \int \frac{\delta}{\xi} d\frac{\xi}{2T_c} \tanh \frac{\xi}{2T_c}.$$  (5.75)

With the new integration variable $z = \frac{\xi}{2T_c}$ and after integration by parts we obtain

$$\frac{2\pi^2}{G \mu^2} = \ln z \tanh z \left|_0^{\delta/(2T_c)} \right. - \int_0^{\delta/(2T_c)} dz \ln \frac{z}{\cosh z},$$

$$\simeq \ln \frac{\delta}{2T_c} - \int_0^{\infty} dz \ln \frac{z}{\cosh z} \left. -\gamma + \ln \frac{\pi}{4} \right)$$  (5.76)

where $\gamma \simeq 0.577$ is the Euler-Mascheroni constant, and, in the second step, we have used that $\delta \gg T_c$. This assumption is justified because $T_c$ will turn out to be of the same order as $\Delta_0$, and we have already assumed that $\delta \gg \Delta_0$. Solving the resulting equation for $T_c$ and using Eq. (5.74) yields

$$T_c = \frac{e^\gamma}{\pi} \Delta_0 \simeq 0.57 \Delta_0,$$  (5.77)

i.e., the critical temperature of a BCS superfluid or superconductor is about half the zero-temperature gap. (Amusingly, $\gamma$ and $e^\gamma/\pi$ have almost the same numerical value.) As an exercise, you may solve the gap equation numerically for all temperatures below $T_c$.  

5.4 Examples

In the beginning of the chapter we have mentioned several systems that exhibit Cooper pairing. Our derivation of the gap equation has been done in a more or less specific setting that cannot account for the details of all these systems. Nevertheless, our gap equation is sufficiently generic that we can now, with very simple modifications, discuss various physical systems separately.

5.4.1 Electronic superconductor

In a superconducting metal or alloy, the fermions that form Cooper pairs are electrons and their dispersion is non-relativistic, i.e., we have to replace our relativistic quasiparticle dispersion by

\[ \varepsilon_k = \sqrt{\xi_k^2 + \Delta^2} , \quad \xi_k \equiv \frac{k^2}{2m} - \mu . \]  

The interaction is given by the exchange of phonons, i.e., in general one has to take into account the specific structure of the phonon propagator. However, as an approximation, we can keep the structure of the gap equation (5.69), where a point-like interaction is assumed. The cutoff \( \delta \) that we have introduced above, is now given by the Debye frequency \( \omega_D \), which is a natural cutoff frequency determined by the ion crystal. Consequently, at zero temperature we can write

\[
1 = G \int \frac{d^3k}{(2\pi)^3} \frac{1}{2\sqrt{\xi_k^2 + \Delta_0^2}}
\]

\[
= G \int_{-\omega_D}^{\omega_D} d\xi \int \frac{d^3k}{(2\pi)^3} \delta(\xi - \xi_k) \frac{1}{2\sqrt{\xi_k^2 + \Delta_0^2}}
\]

\[
= G \int_{-\omega_D}^{\omega_D} d\xi \frac{N(\xi)}{2\sqrt{\xi^2 + \Delta_0^2}}, \quad (5.79)
\]

with the density of states

\[
N(\xi) \equiv \left[ \frac{k^2}{2\pi^2} \left( \frac{\partial \xi_k}{\partial k} \right)^{-1} \right]_{k=k(\xi)}, \quad (5.80)
\]

where \( k(\xi) \) is the solution of \( \xi = \xi_k \). Again, we use that the integral is dominated by a small vicinity around the Fermi surface to write

\[
1 \simeq GN(0) \int_0^{\omega_D} \frac{d\xi}{\sqrt{\xi^2 + \Delta_0^2}}, \quad N(0) = \frac{k_F m}{2\pi^2}, \quad (5.81)
\]
with the Fermi momentum \( k_F = \sqrt{2m\mu} \). Thus, in complete analogy to above,

\[
\Delta_0 \simeq 2\omega_D \exp \left[ -\frac{1}{GN(0)} \right].
\] (5.82)

This derivation shows that the factor \( \mu^2/(2\pi^2) \), which appears in the exponential of the relativistic version, Eq. (5.74), is nothing but the density of states at the Fermi surface. In both non-relativistic and ultra-relativistic cases we can express the density of states at the Fermi surface in the universal form \( k_F^2/(2\pi^2v_F) \), with the Fermi velocity \( v_F \) introduced in Eq. (5.1). This means that the smaller the Fermi velocity the larger the density of states at the Fermi surface and thus the larger the energy gap \( \Delta \).

### 5.4.2 Anisotropic superfluid

In the situation discussed so far, the order parameter for superfluidity breaks an internal \( U(1) \) spontaneously, but not rotational invariance. There are systems, however, where rotational symmetry is spontaneously broken by a Cooper pair condensate. One example is superfluid \(^3\)He, where the order parameter is a \( 3 \times 3 \) matrix in the space of spin and angular momentum. In this case, various different phases are conceivable, characterized by different residual symmetry groups \[18\]. One of these phases is the so-called \( \Lambda \) phase, where the energy gap turns out to be anisotropic in momentum space. Another example for anisotropic Cooper pairing is quark matter where quarks of the same flavor form Cooper pairs. In this case, Cooper pairs carry nonzero total angular momentum, and phases not unlike the ones in superfluid \(^3\)He have been predicted \[115, 116, 117\].

It is beyond the scope of this course to go into the details of these systems. We rather model a system with an anisotropic gap by choosing the following ansatz for the gap matrix that has a preferred direction, say the 3-direction,

\[
\Phi^\pm = \Delta \hat{k}_3.
\] (5.83)

In our approach there is no reason why the ground state should be anisotropic, i.e., Eq. (5.83) is a solution to the gap equation, but if we were to compute the free energy of the corresponding phase, we would find it to be larger than the one of the isotropic phase, i.e., the anisotropic phase would be disfavored. Nevertheless, we shall compute the relation between the critical temperature and the zero-temperature gap and will see that it is modified compared to the standard BCS relation (5.77). This modification is applicable to the more complicated scenarios mentioned above where the anisotropic phase is favored.

With the ansatz (5.83), we first determine the dispersion relation which, repeating the calculation that leads to Eq. (5.55), turns out to be

\[
\epsilon_k = \sqrt{(k-\mu)^2 + k_3^2\Delta^2}.
\] (5.84)
This dispersion shows that there are directions in momentum space where the quasifermions are ungapped. More precisely, the gap function $\hat{k}_3 \Delta$ has a nodal line at the equator of the Fermi sphere. The anomalous propagators become

$$F^\pm = - \sum_{\epsilon = \pm} \frac{\Delta \hat{k}_3 \Lambda_\epsilon}{k_0 - (\epsilon \hat{k}_3)^2},$$  \hspace{1cm} (5.85)$$

and thus the gap equation reads

$$\Delta \hat{p}_3 = 2G \frac{T}{V} \sum_k \frac{\hat{k}_3 \Lambda_\epsilon}{k_0^2 - (\epsilon \hat{k}_3)^2}. $$ \hspace{1cm} (5.86)$$

To deal with the angular dependence, we multiply both sides with $\hat{p}_3 \Lambda_\epsilon$, take the trace over Dirac space and take the angular average with respect to the direction of the external vector $p$,

$$\langle \hat{p}_3^2 \rangle_p = G \int \frac{d^3k}{(2\pi)^3} \frac{\hat{k}_3 \langle \hat{p}_3 \hat{k} \cdot \hat{p} \rangle_p}{2\epsilon_k} \tanh \frac{\epsilon_k}{2T}, $$ \hspace{1cm} (5.87)$$

where $\langle - \rangle_p = \int \frac{d\Omega_p}{4\pi}$. We have performed the Matsubara sum, divided both sides of the equation by $\Delta$, and dropped the first term of the Dirac trace $\text{Tr} \left[ \Lambda_\epsilon A_\epsilon^+ \right] = 1 - \hat{k} \cdot \hat{p}$ which vanishes upon angular integration.

It is left as an exercise to work out the details of evaluating this gap equation at $T = 0$ and at the critical point. As a result, one finds a modified relation between $\Delta_0$ and $T_c$,

$$T_c = \frac{e^\gamma}{\pi} \Delta_0 \exp \left[ - \frac{1}{2} \frac{\langle \hat{k}_3^2 \ln \hat{k}_3^2 \rangle}{\langle \hat{k}_3^2 \rangle} \right],$$

$$= \frac{e^\gamma}{\pi} e^{-\frac{1}{2}} \Delta_0 \simeq 0.717 \frac{e^\gamma}{\pi} \Delta_0. $$ \hspace{1cm} (5.88)$$

In this anisotropic case, the meaning of $\Delta_0$ is of course a bit different: the energy gap at zero temperature is $\hat{k}_3 \Delta_0$, i.e., $\Delta_0$ is the maximal gap, and for all directions in momentum space except for the 3-direction the actual gap is smaller.

### 5.4.3 Color superconductor

Cooper pairing in quark matter is called color superconductivity because a quark-quark Cooper pair carries color charge and thus breaks the color gauge group spontaneously, in analogy to an electronic superconductor where the Cooper pairs carry electric charge. For instance, a Cooper pair of a red and a blue quark carries color charge anti-green (because we know that a baryon composed of a red, blue, and green quark is color neutral). At sufficiently large densities, quarks are weakly interacting because of asymptotic freedom, which is a fundamental property of QCD \[118\] [119].
In this case, the attractive interaction between quarks is provided by one-gluon exchange. Therefore, in generalization of Eq. (5.48), the QCD gap equation can be written as [19]

\[ \Phi^+ (P) = g^2 T V \sum_{K} \gamma^\mu T_a^T F^+ (K) \gamma^\nu T_b D^{ab}_{\mu\nu} (P - K), \]

(5.89)

where \( g \) is the QCD coupling constant, \( T_a \) (\( a = 1, \ldots, 8 \)) the Gell-Mann matrices, and \( D^{ab}_{\mu\nu} \) the gluon propagator. The main differences to the cases discussed so far are (i) the larger number of fermionic degrees of freedom (color & flavor) and (ii) the specific form of the gluonic interaction.

Regarding point (i), \( \Phi^+ \) is not only a matrix in Dirac space but also in color and flavor space, i.e., it is a \( 4N_c N_f \times 4N_c N_f \) matrix. Therefore, by choosing an ansatz for the gap matrix, one has to “guess” which quarks pair with which other quarks. It is beyond the scope of this course to discuss the various possible pairing patterns. We only mention the most symmetric pairing pattern in which all quarks are involved in pairing. The resulting phase is called color-flavor locked (CFL) phase [120] and is the ground state of three-flavor QCD at sufficiently large densities. The reason for the name is that the CFL phase is invariant under simultaneous color and flavor transformations, i.e., color and flavor degrees of freedom become “locked” in a certain sense.

Ignoring all complications from the color-flavor structure, we are still left with point (ii), the effect of the fundamental QCD interaction. We shall not go into the technical details of this point, see for instance Refs. [19, 21, 110, 121] for a complete discussion, but we briefly point out the main effect of the interaction. Instead of Eq. (5.72) the zero-temperature QCD gap equation becomes

\[ \Delta_p \simeq \frac{g^2}{18\pi^2} \int_0^\delta d(k - \mu) \Delta_k \frac{1}{2\epsilon_k} \ln \frac{b^2 \mu^2}{|\epsilon_k^2 - \epsilon_p^2|}, \]

(5.90)

where the gap depends on three-momentum, and where \( b \equiv 256\pi^4 [2/(N_f g^2)]^{5/2} \).

The different structure arises from the specific form of the gluon propagator; more precisely, from the long-range interaction mediated by Landau-damped magnetic gluons. It has a crucial consequence for the dependence of the gap on the coupling. One finds for the zero-temperature value of the weak-coupling gap at the Fermi surface \( k = \mu \),

\[ \Delta_0 \simeq 2\hbar \mu \exp \left( -\frac{3\pi^2}{\sqrt{2g}} \right). \]

(5.91)

Consequently, the QCD gap is parametrically larger than the BCS gap because of the different power of the fermion-boson coupling constant, \( e^{-\text{const}/g} \) vs. \( e^{-\text{const}/g^2} \).

One may also use the QCD gap equation to compute the critical temperature of color superconductivity [121, 122]. Even in the presence of long-range gluonic interactions, the BCS relation (5.77) between the critical temperature and the zero-temperature gap may still hold. Whether it actually holds, depends on the specific pairing pattern [123]. We have already seen that it can be violated in an anisotropic-
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phase. It can also be violated if the quasiparticles have different energy gaps. This situation occurs in the CFL phase, where there are 8 quasiparticles with gap $\Delta$ and 1 quasiparticle with gap $2\Delta$. In this case, one finds

$$T_c = \frac{e^\gamma}{\pi} 2^{1/3} \Delta_0 .$$  \hspace{1cm} (5.92)

Finally, we mention that the phase transition to the color-superconducting phase is only a second order transition at asymptotically large density, where gauge field fluctuations can be neglected. Taking these fluctuations into account turns the transition into a first order transition and induces an $\mathcal{O}(g)$ correction to the critical temperature \[124\].
Meissner effect in a superconductor

In chapter 5, we have discussed Cooper pairing and argued that this mechanism is valid in a superfluid as well as in a superconductor. However, we have not yet discussed the fundamental difference between a superfluid and a superconductor. The crucial ingredient in the theoretical description of a superconductor is a gauge symmetry. In this chapter, we will discuss what happens if we replace the global symmetry group that is broken spontaneously in a superfluid by a local symmetry group. We shall see that the Goldstone mode, which occurs in every system with spontaneously broken global symmetry, is not a physical excitation in a gauged system. In this case, Cooper pairing or Bose-Einstein condensation rather lead to a massive gauge boson. We shall discuss in Sec. 6.1 how the disappearance of the Goldstone mode is related to the massiveness of the gauge boson, and then compute this mass explicitly in a field-theoretical calculation in Sec. 6.2; for similar field-theoretical calculations in the context of quark matter, see Refs. [23, 24, 25, 26].

The meaning of this mass is actually very well known from the phenomenology of a superconductor. Superconductors expel externally applied magnetic fields. This is called the Meissner effect. More precisely, this means that the magnetic field is screened in the superconductor like \( B \propto e^{-x/\lambda} \) with the penetration depth \( \lambda \). In field-theoretical terms, the gauge boson acquires a magnetic mass, called the Meissner mass \( m_M \), which is nothing but the inverse penetration depth, \( m_M = \lambda^{-1} \). Here, the gauge boson that becomes massive is the boson that “sees” the charge of the condensate. This is obviously the photon in an electronic superconductor because the electron Cooper pair carries electric charge. In a color superconductor, (some of) the gluons and (possibly) the photon acquire a Meissner mass because the quark Cooper pairs carry color charge and (depending on the particular phase) may also carry electric charge.

### 6.1 Massive gauge boson

In order to discuss the disappearance of the Goldstone mode in a gauge theory, we start with the Lagrangian
First, let us compare this Lagrangian to the one from chapter 3, see Eq. (3.1). There, we discussed a $\phi^4$ model with a chemical potential $\mu$ and have seen that there is Bose-Einstein condensation when $\mu$ is larger than the boson mass $m$. Here, we revisit this model in a slightly simpler formulation: instead of introducing a mass $m$ and a chemical potential $\mu$ we work with the single parameter $\eta^2$ that plays the role of a negative mass squared, such that there is Bose-Einstein condensation for $\eta^2 > 0$. The Lagrangian (6.1) is invariant under the global $U(1)$ symmetry

$$\phi \rightarrow e^{-i\alpha} \phi.$$  

Let us introduce polar coordinates,

$$\phi = \frac{\rho}{\sqrt{2}} e^{i\psi}.$$  

In this parametrization, the Lagrangian becomes

$$\mathcal{L} = \frac{1}{2} \partial_\mu \rho \partial^\mu \rho + \frac{\rho^2}{2} \partial_\mu \psi \partial^\mu \psi + \frac{\eta^2}{2} \rho^2 - \frac{\lambda}{4} \rho^4.$$  

Now, as in chapter 3 we separate the condensate $\rho_0$ from the fluctuations and assume the condensate to be constant in space and time, $\rho(X) \rightarrow \rho_0 + \rho(X)$, where

$$\rho_0^2 = \frac{\eta^2}{\lambda}.$$  

[Remember that in chapter 3 we had $\rho_0^2 = (\mu^2 - m^2)/\lambda$.] This yields

$$\mathcal{L} = \frac{1}{2} \partial_\mu \rho \partial^\mu \rho + \frac{(\rho_0 + \rho)^2}{2} \partial_\mu \psi \partial^\mu \psi - \eta^2 \rho^2 - \sqrt{\lambda} \eta \rho^3 - \frac{\lambda}{4} \rho^4 + \frac{\eta^4}{4\lambda}.$$  

This shows, in a quick way, that there is a massive mode $\rho$ with mass term $-\eta^2 \rho^2$, and a massless mode $\psi$ for which there is only the kinetic term. This is the Goldstone mode, whose complete dispersion we have computed in chapter 3. All other terms in the Lagrangian are interaction terms between $\psi$ and $\rho$ or self-interactions of $\rho$ (plus one constant term that is independent of the dynamical fields $\rho$ and $\psi$).

Now let us extend the symmetry to a gauge symmetry, i.e., we extend the Lagrangian (6.1) to

$$\mathcal{L} = (D_\mu \phi)^* D^\mu \phi + \eta^2 |\phi|^2 - \lambda |\phi|^4 - \frac{1}{4} F_{\mu\nu} F^{\mu\nu},$$  

with the covariant derivative $D_\mu = \partial_\mu - igA_\mu$, the gauge field $A_\mu$, and the field strength tensor $F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$. Now the Lagrangian is invariant under local $U(1)$ transformations

$$\phi \rightarrow e^{-i\alpha(X)} \phi, \quad A_\mu \rightarrow A_\mu - \frac{1}{g} \partial_\mu \alpha.$$  

where

$$\mathcal{L} = \partial_\mu \phi^* \partial^\mu \phi + \eta^2 |\phi|^2 - \lambda |\phi|^4.$$  

(6.1)
With the parametrization of Eq. (6.3) we obtain
\[
\mathcal{L} = \frac{1}{2} \partial_\mu \rho \partial^\mu \rho + \frac{g^2}{2} \rho^2 \left( A_\mu - \frac{1}{g} \partial_\mu \psi \right) \left( A^\mu - \frac{1}{g} \partial^\mu \psi \right) + \frac{\eta^2}{2} \rho^2 - \frac{\lambda}{4} \rho^4 - \frac{1}{4} F_{\mu\nu} F^{\mu\nu}.
\] (6.9)

There are certain terms that couple the gauge field \( A_\mu \) to the angular mode \( \psi \). We may define the gauge invariant combination
\[
B_\mu \equiv A_\mu - \frac{1}{g} \partial_\mu \psi,
\] (6.10)
as our new gauge field (notice that the phase \( \psi \) transforms as \( \psi \to \psi - \alpha \)). Then, we obtain with the same replacement \( \rho(X) \to \rho_0 + \rho(X) \) as above,
\[
\mathcal{L} = \frac{1}{2} \partial_\mu \rho \partial^\mu \rho + \frac{g^2}{2} \rho_0^2 B_\mu B^\mu + g^2 \rho_0 \rho B_\mu B^\mu + \frac{g^2}{2} \rho^2 B_\mu B^\mu - \frac{\eta^2}{2} \rho^2 - \sqrt{\lambda} \eta \rho^3 - \frac{\lambda}{4} \rho^4 - \frac{1}{4} F_{\mu\nu} F^{\mu\nu}.
\] (6.11)

(The \( F_{\mu\nu} F^{\mu\nu} \) term has not changed because of \( \partial_\mu A_\nu - \partial_\nu A_\mu = \partial_\nu B_\mu - \partial_\mu B_\nu \).) This result has to be compared to Eq. (6.6): the Goldstone mode has disappeared! It has been “eaten up” by the gauge field, which has acquired a mass term with mass \( g\rho_0 \).

It is instructive to count degrees of freedom in both cases.

- **global \( U(1) \) symmetry**: we start with 2 degrees of freedom, represented by the complex field \( \phi \). After spontaneous symmetry breaking, we obtain 1 massive mode \( \rho \) and 1 massless mode \( \psi \).
- **local \( U(1) \) symmetry**: here we start with 2 degrees of freedom from the complex field \( \phi \) plus 2 degrees of freedom of the massless gauge field \( A_\mu \). Spontaneous symmetry breaking leads to 1 massive mode \( \rho \) plus 3 degrees of freedom of the now massive gauge field \( B_\mu \). So we end up with the same number of degrees of freedom, 2 + 2 = 1 + 3, as it should be. There is no Goldstone mode.

This mechanism is very general and applies also to more complicated gauge groups, for instance in the context of electroweak symmetry breaking. The electroweak gauge group is \( SU(2) \times U(1) \), and it is spontaneously broken to \( U(1) \) through the Higgs mechanism. There are 3+1 massless gauge fields to start with. Together with a complex doublet, the Higgs doublet, there are \( 2 \times (3 + 1) + 4 = 12 \) degrees of freedom. After symmetry breaking, 3 gauge fields have become massive (eating up the 3 would-be Goldstone modes) and 1 remains massless. The massive gauge fields correspond to the \( W^\pm \) and the \( Z \) bosons, while the massless gauge field is the photon. One massive scalar, the Higgs boson, is also left, i.e., there are \( 3 \times 3 + 2 \times 1 + 1 = 12 \) degrees of freedom.
We now make the arguments of the previous subsection more concrete by computing the Meissner mass in a fermionic superconductor. We thus go back to the formalism developed in chapter 5. This formalism did not have a gauge boson which we now have to add. Remember that we had introduced a boson in order to account for the attractive interaction between the fermions. This was a scalar boson, not a gauge boson. The boson that is responsible for the interaction between the fermions may or may not be identical to the gauge boson that becomes massive. In an electronic superconductor it isn’t, the two bosons are the phonon and the photon. In a color superconductor, however, the gluons that provide the interaction between the quarks are also the gauge bosons that acquire a Meissner mass.

### 6.2.1 Gauge boson propagator and screening masses

Let us start with defining the Meissner mass via the gauge boson propagator. The gauge field contribution to the action is

\[
- \frac{1}{4} \int \mathcal{F}_{\mu \nu} \mathcal{F}^{\mu \nu} = - \frac{1}{2T} \sum_Q A_\mu (-Q) (Q^2 g^{\mu \nu} - Q^\mu Q^\nu) A_\nu (Q). \tag{6.12}
\]

Here we are working in the imaginary-time formalism of thermal field theory from the previous chapters, and we have used the Fourier transformation of the gauge field

\[
A(X) = \frac{1}{\sqrt{TV}} \sum_Q e^{-iQ \cdot X} A_\mu (Q), \tag{6.13}
\]

with temperature \(T\) and three-volume \(V\). We can read off the inverse gauge boson propagator from Eq. (6.12).

\[
D^{-1}_{0, \mu \nu} (Q) = Q^2 g_{\mu \nu} - \left(1 - \frac{1}{\zeta}\right) Q_\mu Q_\nu, \tag{6.14}
\]

where we have added a gauge-fixing term in a covariant gauge \(\partial_\mu A^\mu = 0\) with gauge-fixing parameter \(\zeta\). Physical observables must of course be independent of \(\zeta\). Inversion gives

\[
D_{0, \mu \nu} (Q) = g_{\mu \nu} - \frac{1}{Q^2} (1 - \zeta) Q_\mu Q_\nu, \tag{6.15}
\]

(One can easily check that \(D_{0, \mu \nu} D^{-1}_{0, \rho \sigma} = g^{\mu \sigma} = \delta^{\mu \sigma}\). This propagator describes the propagation of a gauge boson through vacuum. In a superconductor, we are of course interested in the propagation of the gauge boson through a medium. Therefore, the propagator must receive a correction, which is usually written in terms of a self-energy \(\Pi_{\mu \nu}\), which is also called polarization tensor,

\[
D^{-1}_{\mu \nu} (Q) = D_{0, \mu \nu}^{-1} (Q) + \Pi_{\mu \nu} (Q). \tag{6.16}
\]
In our case, the self-energy is determined by the interaction of the gauge boson with the fermions of the superconductor. In a rotationally invariant system and due to the transversality property of the self-energy $Q_{\mu} \Pi^{\mu\nu} = 0$, the self-energy in an abelian gauge theory can be written as [8]

$$
\Pi_{\mu\nu}(Q) = \mathcal{F}(Q) P_{L,\mu\nu} + \mathcal{G}(Q) P_{T,\mu\nu},
$$

with scalar functions $\mathcal{F}$ and $\mathcal{G}$ and projection operators $P_L$, $P_T$ that are defined as follows. The transverse projector is defined via

$$
P_T^{00} = P_T^{ij} = P_T^{0i} = 0,
$$

and the longitudinal projector is

$$
P_L^{\mu\nu} = \frac{Q^\mu Q^\nu}{Q^2} - g^{\mu\nu} - P_T^{\mu\nu}.
$$

To be more precise, by longitudinal and transverse we actually mean 3-longitudinal and 3-transverse. Both $P_T$ and $P_L$ are 4-transverse to $Q$, i.e., $Q_{\mu} P_{L,\mu\nu} = Q_{\mu} P_{T,\mu\nu} = 0$, such that obviously $\Pi_{\mu\nu}$ is also 4-transverse to $Q$, as required. We will need the following relations, which can easily be checked from the definitions,

$$
P_L^{\mu\nu} P_{L,\nu\sigma} = -P_L^{\mu\sigma}, \quad P_T^{\mu\nu} P_{T,\nu\sigma} = -P_T^{\mu\sigma}, \quad P_L^{\mu\nu} P_{T,\nu\sigma} = P_T^{\mu\nu} P_{L,\nu\sigma} = 0.
$$

From Eq. (6.17) we can express the functions $\mathcal{F}$ and $\mathcal{G}$ in terms of certain components of the polarization tensor. To obtain an explicit form for $\mathcal{F}$ we may for instance consider the $\mu = \nu = 0$ component, which yields

$$
\mathcal{F}(Q) = \frac{Q_0^2}{Q^2} \Pi_{00}(Q).
$$

To obtain $\mathcal{G}$, we multiply Eq. (6.17) with $P_T^{\sigma\mu}$ and take the $\sigma = i, \nu = j$ component. This yields

$$
\mathcal{G}(Q) = \frac{1}{2} \left( \delta_{jk} - \hat{q}^j \hat{q}^k \right) \Pi_{kj}(Q).
$$

After inserting Eq. (6.17) into Eq. (6.16), the inverse propagator can be written as

$$
D_{\mu\nu}^{-1}(Q) = \left[ \mathcal{F}(Q) - Q^2 \right] P_{L,\mu\nu} + \left[ \mathcal{G}(Q) - Q^2 \right] P_{T,\mu\nu} + \frac{1}{\zeta} Q_{\mu} Q_{\nu}.
$$

The formulation in terms of projectors makes the inversion of this expression very easy. The full boson propagator becomes

$$
D_{\mu\nu}(Q) = \frac{P_{L,\mu\nu}}{\mathcal{F}(Q) - Q^2} + \frac{P_{T,\mu\nu}}{\mathcal{G}(Q) - Q^2} + \frac{Q_{\mu} Q_{\nu}}{Q^4}.
$$
With the help of the relations (6.20) one checks that $D^{-1}_{\mu\nu}D^{\nu\sigma} = g_{\mu\sigma}$. Compare this propagator for instance to the propagator of a free scalar boson, $D_0 = (M^2 - Q^2)^{-1}$. In this simple case, $M$ is obviously the mass of the boson. Similarly, the poles of the gauge boson propagator yield the masses that arise due to the interactions with the medium. There is a longitudinal and a transverse mass, corresponding to electric and magnetic screening. They are encoded in the functions $\mathcal{F}$ and $\mathcal{G}$ which, in turn, are related to the polarization tensor via Eqs. (6.21) and (6.22). Therefore, we define the electric screening mass $m_D$ (Debye mass) and the magnetic screening mass $m_M$ (Meissner mass),

$$m_D^2 = -\lim_{q \to 0} \Pi_{00}(0,q), \quad (6.25a)$$

$$m_M^2 = \frac{1}{2} \lim_{q \to 0} (\delta_{ij} - \hat{q}_i \hat{q}_j) \Pi_{ij}(0,q). \quad (6.25b)$$

While the electric screening mass becomes nonzero in any plasma with charged particles, the Meissner mass is nonzero only in a superconductor. We now compute the Meissner mass in the one-loop approximation.

### 6.2.2 Calculation of the Meissner mass

At one-loop level, the polarization tensor is

$$\Pi^{\mu\nu}(Q) = \frac{1}{2T} \sum_K \text{Tr}[\Gamma^{\mu}\gamma^{\nu}(K)\Gamma^{\nu}\gamma^{\nu}(K - Q)], \quad (6.26)$$

where the trace runs over Nambu-Gorkov and Dirac space, where $\gamma^{\nu}(K)$ is the fermion propagator in Nambu-Gorkov space from Eq. (5.43), and where the vertex of the interaction between gauge boson and fermion in Nambu-Gorkov space is

$$\Gamma^{\mu} = \begin{pmatrix} e\gamma^\mu & 0 \\ 0 & -e\gamma^\mu \end{pmatrix}. \quad (6.27)$$

It is convenient for the following to abbreviate

$$P \equiv K - Q. \quad (6.28)$$

Using the explicit form of the Nambu-Gorkov propagator, the trace over Nambu-Gorkov space yields

$$\Pi^{\mu\nu}(Q) = \frac{e^2}{2V} \frac{T}{T} \sum_K \text{Tr} \left[ \gamma^{\mu} G^+(K) \gamma^{\nu} G^+(P) + \gamma^{\mu} G^-(K) \gamma^{\nu} G^-(P) \\
- \gamma^{\mu} F^-(K) \gamma^{\nu} F^+(P) - \gamma^{\mu} F^+(K) \gamma^{\nu} F^-(P) \right]. \quad (6.29)$$

The contributions coming from the propagators $G^\pm$ and the anomalous propagators $F^\pm$ are shown diagrammatically in Fig. 6.1.
\[
\Pi^{\mu \nu} = e^\gamma_\mu e^\gamma_\nu + e^\gamma_\mu e^\gamma_\nu
\]

**Fig. 6.1.** Contributions to the one-loop polarization tensor \(\Pi^{\mu \nu}\) from the propagators \(G^\pm\) (left) and the anomalous propagators \(F^\pm = -G_0^\pm \Phi^\pm G_0^\pm\) (right), see Eq. (6.29). As in the diagram for the gap equation in Fig. 5.1, solid single lines represent the tree-level propagators \(G\), solid double lines the full propagators \(F\), and the hatched circles the gap matrices \(\Phi\). The wavy lines represent the gauge boson propagator.

We use the propagators from Eqs. (5.54) and (5.56),

\[
G^\pm (K) = \sum_e \frac{k_0 \pm e\xi_k}{k_0^2 - (\xi_k^e)^2} \gamma^\mu A^\pm_k e^\gamma_k,
\]

\[
F^\pm (K) = \pm \sum_e \frac{\Delta}{k_0^2 - (\xi_k^e)^2} \gamma^\mu A^\pm_k e^\gamma_k,
\]

with \(e_k^e = \sqrt{(\xi_k^e)^2 + \Delta^2}\), and

\[
\xi_k^e \equiv k - e\mu,
\]

i.e., we work again in the ultrarelativistic limit for simplicity.

To compute the Meissner mass, we only need the spatial components \(\mu = i, \nu = j\) of the polarization tensor. For these components, we need the Dirac traces

\[
\text{Tr}[\gamma^\mu A^\pm_k e^\gamma_k] = \text{Tr}[\gamma^5 A^\pm_k e^\gamma_k] + \text{Tr}[\gamma^\mu A^\pm_k e^\gamma_k]
\]

= \(\delta^{ij}(1 - e_1 e_2 \hat{k} \cdot \hat{p}) + e_1 e_2 (\hat{k}^i \hat{p}^j + \hat{k}^j \hat{p}^i)\),

where we have used \(\text{Tr}[\gamma^\mu \gamma^\nu] = 0\), and

\[
\text{Tr}[\gamma^\mu \gamma^\nu] = -4\delta^{ij}, \quad \text{Tr}[\gamma^i \gamma^j \gamma^\nu] = 4(\delta^{ij} \delta^k \delta^l + \delta^{ik} \delta^j \delta^l - \delta^{jk} \delta^i \delta^l).
\]

With these results we compute

\[
\Pi^{ij}(Q) = e^\gamma \frac{T}{V} \sum_{e_1 e_2} \sum_K \left[ \delta^{ij}(1 - e_1 e_2 \hat{k} \cdot \hat{p}) + e_1 e_2 (\hat{k}^i \hat{p}^j + \hat{k}^j \hat{p}^i) \right]
\]

\[
\times \frac{k_0 p_0 + e_1 e_2 \xi_k^e \xi_p^e + \Delta^2}{[k_0^2 - (\xi_k^e)^2][p_0^2 - (\xi_p^e)^2]}.
\]

We now perform the Matsubara sum over fermionic Matsubara frequencies \(k_0 = -(2n + 1)i\pi T\) and use that \(q_0 = -2mi\pi T\) from the external four-momentum is a
According to the definition of the Meissner mass (6.25b), we can now set \( q \) to zero, and we obtain for the angular integral

\[
\Pi^{ij}(Q) = \frac{e^2}{3} \sum_{\epsilon_1, \epsilon_2} \int \frac{d^3k}{(2\pi)^3} \left[ \delta^{ij}(1 - e_1 e_2 \hat{k} \cdot \hat{p}) + e_1 e_2 (q^i \hat{k}^j + p^i \hat{p}^j) \right]
\]

\[
\times \left\{ \frac{\epsilon_k^j \epsilon_p^e - e_1 e_2 \epsilon_k^e \epsilon_p^j}{\epsilon_k^j \epsilon_p^e} - \frac{\epsilon_k^i \epsilon_p^j}{\epsilon_k^j \epsilon_p^j} \right\} \left( \frac{1}{q_0 - \epsilon_k^i - \epsilon_p^j} - \frac{1}{q_0 + \epsilon_k^i + \epsilon_p^j} \right)
\]

\[
\times \left[ 1 - f(\epsilon_k^i) - f(\epsilon_p^j) \right] + e_1 e_2 \epsilon_k^j \epsilon_p^e - \frac{\epsilon_k^i \epsilon_p^j}{\epsilon_k^j \epsilon_p^j} \frac{\epsilon_k^j \epsilon_p^j}{\epsilon_k^j \epsilon_p^j} - \Delta^2 \frac{1 - f(\epsilon_k^i) - f(\epsilon_p^j)}{\epsilon_k^j + \epsilon_p^j} \right) .
\]

(6.35)

According to the definition of the Meissner mass (6.25b), we can now set \( q_0 = 0 \), and we obtain

\[
\Pi^{ij}(0, q) = \frac{e^2}{3} \sum_{\epsilon_1, \epsilon_2} \int \frac{d^3k}{(2\pi)^3} \left[ \delta^{ij}(1 - e_1 e_2 \hat{k} \cdot \hat{p}) + e_1 e_2 (q^i \hat{k}^j + p^i \hat{p}^j) \right]
\]

\[
\times \left( \frac{\epsilon_k^j \epsilon_p^e - e_1 e_2 \epsilon_k^e \epsilon_p^j}{\epsilon_k^j \epsilon_p^j} + \Delta^2 \frac{f(\epsilon_k^i) - f(\epsilon_p^j)}{\epsilon_k^i \epsilon_p^j} \right)
\]

\[
\times \frac{\epsilon_k^i \epsilon_p^j}{\epsilon_k^j \epsilon_p^j} \frac{\epsilon_k^j \epsilon_p^j}{\epsilon_k^j \epsilon_p^j} - \Delta^2 \frac{1 - f(\epsilon_k^i) - f(\epsilon_p^j)}{\epsilon_k^j + \epsilon_p^j} \right) .
\]

(6.36)

Next, we are interested in the limit \( q \to 0 \) which corresponds to \( p \to k \). With

\[
\int \frac{d\Omega}{4\pi} \hat{k} \hat{k}' = \frac{\delta^{ij}}{3},
\]

(6.37)

we obtain for the angular integral

\[
\int \frac{d\Omega}{4\pi} \left[ \delta^{ij}(1 - e_1 e_2 \hat{k} \cdot \hat{p}) + e_1 e_2 (q^i \hat{k}^j + p^i \hat{p}^j) \right]_{p=k} = \left\{ \begin{array}{ll} \frac{2}{3} \delta^{ij} & \text{for } e_1 = e_2 \\ \frac{4}{3} \delta^{ij} & \text{for } e_1 \neq e_2 \end{array} \right. .
\]

(6.38)

Consequently, we find
6.2 Meissner mass from the one-loop polarization tensor

\[
\Pi^{ij}(0, \mathbf{q} \to 0) = \frac{\delta^{ij} e^2}{3\pi^2} \int_0^\infty dk k^2 \left[ \frac{df(e^+_k)}{de^+_k} + \frac{df(e^-_k)}{de^-_k} \right]
+ 2 \frac{e^+_k e^-_k - \xi^+_k \xi^-_k + \Delta^2 f(e^+_k) - f(e^-_k)}{e^+_k e^-_k} \frac{e^+_k - e^-_k}{e^+_k + e^-_k}
- 2 \frac{e^+_k e^-_k + \xi^+_k \xi^-_k - \Delta^2}{e^+_k e^-_k} \frac{1 - f(e^+_k) - f(e^-_k)}{e^+_k + e^-_k}. \tag{6.39}
\]

At zero temperature, this becomes

\[
\Pi^{ij}(0, \mathbf{p} \to 0) = -\frac{2\delta^{ij} e^2}{3\pi^2} \int_0^\infty dk k^2 \frac{e^+_k e^-_k + \xi^+_k \xi^-_k - \Delta^2}{e^+_k e^-_k (e^+_k + e^-_k)}. \tag{6.40}
\]

This integral can be performed exactly. We use a momentum cutoff \( \Lambda \) for large momenta in order to discuss the ultraviolet divergences of the integral,

\[
\int_0^\Lambda dk k^2 \frac{e^+_k e^-_k + \xi^+_k \xi^-_k - \Delta^2}{e^+_k e^-_k (e^+_k + e^-_k)} = \left[ \frac{1}{4} (\xi^+_k e^-_k + \xi^-_k e^+_k) - \frac{\Delta^2}{2\mu} (e^+_k - e^-_k) \right.
- \frac{3\Delta^2}{4} \left\{ \ln[2(\xi^+_k + e^+_k)] + \ln[2(\xi^-_k + e^-_k)] \right\} \right]^{k=\Lambda}_{k=0} = \frac{\Lambda^2}{2} - \frac{3}{2} \frac{\Delta^2}{\Lambda} \ln \frac{2\Lambda}{\Delta} + \frac{5\Delta^2 - 2\mu^2}{4}. \tag{6.41}
\]

Not surprisingly, there is an ultraviolet divergence \( \propto \Lambda^2 \) from the vacuum which we can subtract. However, there is another – logarithmic – cutoff dependence which depends on \( \Delta \). We recall that the solution of the gap equation for a point-like interaction requires the introduction of an energy scale, see Sec. [5.3] There, we restricted the momentum integral to a small vicinity around the Fermi surface by introducing a scale \( \delta \). Had we worked with a simple momentum cutoff \( \Lambda \) instead, as in the integral (6.41), we would have obtained the same weak-coupling result for the zero-temperature gap, with \( \Lambda \) replacing \( \delta \),

\[
\Delta = 2\Lambda e^{-\frac{\mu^2}{\mu^2 G}}, \tag{6.42}
\]

such that the logarithm \( \ln \frac{2\Lambda}{\Delta} \) goes like \( (\mu^2 G)^{-1} \). This is a large factor for small coupling, but it is multiplied by \( \Delta^2 \), which is exponentially small for small coupling. Therefore, at weak coupling and after subtracting the vacuum contribution, the integral (6.41) can be approximated by \( -\frac{\mu^2}{2} \).

Consequently, the result for the spatial components of the polarization tensor at zero temperature is

\[
\Pi^{ij}(0, \mathbf{q} \to 0) = \frac{\delta^{ij} e^2 \mu^2}{3\pi^2}. \tag{6.43}
\]
Inserting this into the definition of the Meissner mass (6.25b), yields the final result

\[ m_M^2 = \frac{e^2 \mu^2}{3\pi^2}. \]

(6.44)

One might wonder why this result is independent of the gap \( \Delta \). After all, we expect the Meissner mass to be nonzero only in a superconductor, i.e., only for nonvanishing gap. The point is that we have taken the limit \( p \to 0 \) for a fixed nonzero \( \Delta \). If we had first taken the limit \( \Delta \to 0 \) we would have found \( m_M = 0 \), as expected. This calculation is left as an exercise.
We have discussed bosonic and fermionic superfluids. The underlying mechanisms were, on the one hand, Bose-Einstein condensation (BEC) and, on the other hand, Cooper pairing according to Bardeen-Cooper-Schrieffer (BCS) theory. We have also mentioned that fermionic superfluidity is also a form of BEC because a Cooper pair can, in some sense, be considered as a boson. However, this picture has of course to be taken with some care. When we discussed Cooper pairing, we were working in the weak-coupling limit. And we have seen that an arbitrarily weak interaction leads to Cooper pairing. Now, an infinitesimally small interaction between fermions does not create di-fermionic molecules which could be considered as a bosonic particle. Weakly coupled Cooper pairing is more subtle, it is a collective effect in which the constituents of a Cooper pair are spatially separated, typically over distances much larger than the average distance between the fermions in the system. But what if we increase the strength of the interaction? Is there a point where we can truly speak of di-fermionic molecules that undergo Bose-Einstein condensation? Is there a justification for speaking of a Bose-Einstein condensation of Cooper pairs even at weak coupling?

In this chapter, we shall see that BEC and BCS are indeed continuously connected, and the connection is made by varying the coupling strength between the fermions. The point is that there is no phase transition between BEC and BCS, and thus one speaks of the BCS-BEC crossover. Theoretical works showing that BEC is a limit of the very general BCS theory have been pioneered by D. Eagles in 1969 [125] and P. Nozières and S. Schmitt-Rink in 1985 [126]. In principle, various physical systems may show this crossover. To observe the crossover experimentally, one would ideally like to tune the interaction strength at will. This is exactly what can be done in modern experiments with ultra-cold atomic gases. Therefore, despite the theoretical generality of the BCS-BEC crossover, we shall put our discussion in the context of ultra-cold fermionic atoms, where the crossover has first been demonstrated experimentally and which since then has remained an extremely active research field.
7.1 Ultra-cold atomic gases

Experiments with ultra-cold fermionic gases have been based on the experience gained from similar experiments with ultra-cold bosonic gases, which has led to the first direct observation of Bose-Einstein condensation in 1995 \[127, 128\]. Interest in the fermionic counterparts has begun in the 1990’s and around 2003 several groups had established the creation of ultra-cold Fermi gases. The fermions used in these experiments are usually \(^{40}\)K or \(^{6}\)Li. If you are interested in the details of these experiments I recommend the exhaustive review \[29\], where also large parts of the theory are laid out. Other nice reviews, with more emphasis on theory, are Refs. \[28, 30, 31\].

The main characteristics of the systems created in all these experiments are the low temperature and the diluteness. After several stages of different cooling techniques, the fermionic gases are brought down to temperatures of the order of \(T \sim 50 \text{nK}\) at densities of the order of \(n \sim 5 \times 10^{12} \text{cm}^{-3}\). The low temperature and diluteness are crucial for the properties of the gas. In this regime, both the thermal wavelength \(\lambda = \sqrt{2\pi/mT}\), where \(m\) is the mass of a single atom, and the mean inter-particle distance \(n^{-1/3} \sim k_F^{-1} \sim 10^4 a_0\) are much larger than the spatial range of the inter-atomic potential \(R_0 \sim 50a_0\), where \(a_0\) is the Bohr radius and \(k_F\) the Fermi wavevector,

\[
\lambda \gg R_0, \quad k_F^{-1} \gg R_0.
\]

As a consequence, the complicated details of the short-range interaction potential become unimportant and the interaction is basically characterized by one single quantity, the \(s\)-wave scattering length \(a\). This scattering length is under experimental control and can be varied through a magnetic field,

\[
a(B) = a_{bg} \left(1 - \frac{\Delta B}{B - B_0}\right),
\]

see Fig. 7.1. This parametrization describes the so-called Feshbach resonance at \(B = B_0\) with a width \(\Delta B\) and a background scattering length \(a_{bg}\) far away from the resonance. At \(B = B_0\) the scattering length is infinite. This is called the unitary limit. The unitary limit is particularly interesting since in this limit the only length scale that is left to characterize the interaction drops out, giving the unitary limit very general significance. For instance, in the very dense nuclear matter inside a neutron star, neutrons have a scattering length larger than their mean inter-particle distance, and parallels to the unitary limit in ultra-cold atoms may help to improve the theoretical understanding of this system.

Here we are not aiming at a detailed description of the atomic physics involved in the experiments with ultra-cold fermions because this is not the topic of the course. Nevertheless, let us give a very brief reminder of how the scattering length is defined, for more details about basic scattering theory see for instance Ref. \[129\]. The Schrödinger equation for scattering of two particles with masses \(m_1, m_2\) and reduced mass \(m_r \equiv m_1 m_2/(m_1 + m_2)\) can be written in the center-of-mass frame in terms of the scattering potential \(V(r)\),
with $m \equiv 2m_r$ being the mass of a single atom in the case $m_1 = m_2$. If the incoming particle moves along the $z$-axis and the angle between the $z$-axis and the scattered particle is denoted by $\theta$, the solution of the Schrödinger equation at large distances can be written as

$$\psi_k(r) \simeq e^{ikz} + f_k(\theta) e^{ikr},$$

(7.4)

with the scattering amplitude $f_k(\theta)$, which determines the differential cross section $d\sigma = |f_k(\theta)|^2 d\Omega$. From the general expression

$$f_k(\theta) = \frac{1}{2ik} \sum_{\ell=0}^{\infty} (2\ell + 1) e^{2i\delta_\ell(k)} - 1 |P_\ell(\cos \theta)|,$$

(7.5)

where $\delta_\ell(k)$ is the phase shift of the collision and $P_\ell$ are the Legendre polynomials, we are only interested in the $s$-wave scattering amplitude $f_s(k)$ because this is the dominant contribution in the context of cold fermionic gases,

$$f_k(\theta) \simeq f_s(k) = \frac{1}{2ik} e^{2i\delta_s(k)} - 1$$

$$= \frac{1}{k \cot \delta_s(k) - ik} \simeq \frac{1}{-\frac{1}{a} + k R_0^2 - ik}.$$  

(7.6)

Here we have introduced the scattering length $a$ and the effective range of the potential $R_0$ which appear as coefficients in the low-momentum expansion of $k \cot \delta_s(k)$.  

---

**Fig. 7.1.** Feshbach resonance. Scattering length $a$ in units of $10^3$ times the Bohr radius $a_0$ as a function of the applied magnetic field in Gauss according to the parametrization (7.2) with the numerical values for $^6$Li, $B_0 = 834.15$G, $\Delta B = 300$G, $a_{bg} = -1405a_0$. 

\[
\left[ -\frac{\nabla^2}{m} + V(r) \right] \psi_k(r) = E \psi_k(r),
\]

(7.3)
Fig. 7.2. Scattering length $a$ for a square-well potential (7.8) according to Eq. (7.9) as a function of the dimensionless combination of the parameters of the potential $R_0$, $V_0$ and the mass of the scattered particle $m$. The scattering length diverges whenever a new bound state appears.

According to this expansion, the definition of the $s$-wave scattering length in terms of the phase shift is

$$a = -\lim_{k \ll R_0^{-1}} \frac{\tan \delta_s(k)}{k}. \quad (7.7)$$

We have discussed above that due to the diluteness of the system, the typical wavelengths are always very large, $R_0 \ll k^{-1}$. Therefore, for very small scattering lengths, $k|a| \ll 1$, the scattering amplitude is $f_s \simeq -a$ while for large scattering lengths, i.e., in the unitary limit $k|a| \gg 1$, we can approximate $f_s \simeq i/k$.

To illustrate the meaning of the scattering length, it is useful to consider an attractive square-well scattering potential

$$V(r) = -V_0 \Theta(R_0 - r). \quad (7.8)$$

[Even though below we shall rather work with a point-like potential $V(r) \propto \delta(r)$.] In this case, one computes the scattering length $[129]

$$a = R_0 \left[ 1 - \frac{\tan(R_0 \sqrt{mV_0})}{R_0 \sqrt{mV_0}} \right]. \quad (7.9)$$

As shown in Fig. 7.2 at very shallow potentials the scattering length starts off with small negative values. With increasing depth of the potential, it becomes more and more negative, until it diverges at $R_0 \sqrt{mV_0} = \pi/2$. This is the point where the first bound state develops. Then the scattering length is large and positive until the next bound state approaches etc.
7.1 Ultra-cold atomic gases

Let us compute the energy $E$ of a shallow bound state $E = -\frac{\kappa^2}{m}$ with $\kappa \ll R_0^{-1}$. From the Schrödinger equation (7.3) we obtain after Fourier transformation

$$\int \frac{d^3 q}{(2\pi)^3} (q^2 + \kappa^2) e^{iq\cdot r} \psi_\kappa(q) = -m \int \frac{d^3 p}{(2\pi)^3} \int \frac{d^3 k}{(2\pi)^3} e^{i(p+k)\cdot r} v(p) \psi_\kappa(k),$$

(7.10)

where we have denoted the Fourier transform of $V(r)$ by $v(p)$, and thus

$$\psi_\kappa(q) = -\frac{m}{q^2 + \kappa^2} \int \frac{d^3 k}{(2\pi)^3} v(q-k) \psi_\kappa(k),$$

(7.11)

where we have used that, for small momenta, the scattering potential is approximated by a $\delta$-function, $V(r) \propto \delta(r)$ in position space and thus by a constant $v_0$ in momentum space. Integrating both sides over $q$ then yields

$$-\frac{1}{v_0} = m \int \frac{d^3 q}{(2\pi)^3} \frac{1}{q^2 + \kappa^2}.$$

(7.12)

The integral on the right-hand side is ultraviolet divergent. This is due to our use of the point-like potential, where we did not care about large momenta. The physical potential is not constant in momentum space for all momenta. We thus need to renormalize our potential which can be done by the prescription

$$\frac{1}{v_0} = \frac{m}{4\pi a} - \int \frac{d^3 q}{(2\pi)^3} \frac{m}{q^2}.$$

(7.13)

This can be viewed as going from the bare coupling $v_0$ to a physical coupling given by the scattering length $a$: if we “switch on” the divergent second term on the right-hand side we need to adjust the bare coupling in order to keep the physical coupling fixed. Replacing the bare coupling $v_0$ in Eq. (7.12) by the expression from Eq. (7.13) yields

$$- \frac{m}{4\pi a} = m \frac{m}{2\pi} \int_0^\infty dq \left( \frac{q^2}{q^2 + \kappa^2} - 1 \right) = -\frac{\kappa m}{4\pi}.$$

(7.14)

We read off $\kappa = a^{-1}$. In particular, $a$ has to be positive for the bound state to exist. The energy of the bound state is

$$E = -\frac{1}{ma^2}.$$

(7.15)

We shall come back to this result later in the interpretation of the BCS-BEC crossover.
7.2 Crossover in the mean-field approximation

At sufficiently small temperatures, the atoms in the optical trap become superfluid. In this subsection we are interested in their behavior as a function of the scattering length \( a \). The product \( k_F a \) with the Fermi momentum \( k_F \) will play the role of an effective, dimensionless coupling constant. In this way we will generalize the weak-coupling solutions to the BCS gap equation from chapter 5 to arbitrary values of the coupling. Since we use the same framework given by the mean-field approximation, the results will have to be taken with some care. Especially at nonzero temperature, we shall see that our approach does not provide a correct description of the system. For zero temperature, however, the mean-field approximation is, at least qualitatively, correct.

For an effective four-point coupling between the fermions we can write our gap equation (5.48) as

\[
\Phi^+ = -v_0 T V \sum_K F^+(K).
\]

(7.16)

Now \( v_0 \) plays the role of the (bare) coupling strength, instead of \( G \) in chapter 5. Remember that \( G \) and thus also \( v_0 \) have mass dimensions \(-2\). Instead of the general Dirac fermions of chapter 5, here we are interested in the non-relativistic case. Therefore, we shall simply consider two fermion species with no additional structure. These species can be thought of as spin-up and spin-down fermions, but spin will nowhere appear in our calculation, so one can think more abstractly of species 1 and 2. The two fermion species may in general have different masses and chemical potentials. In this chapter, we restrict ourselves to fermions with equal masses and chemical potentials. We shall discuss the more complicated case of different chemical potentials, relevant for experiments with cold atoms as well as for quark matter, in chapter 9. The distinction of two species is necessary since the Cooper pair wave function has to be antisymmetric. This can only be achieved with at least one quantum number that distinguishes the constituents of a Cooper pair. In the experimental setup of ultra-cold atoms, the two species are provided by two hyperfine states of the respective fermionic atom or by two different atom species \( [29] \).

Assuming equal masses and chemical potentials, the tree-level propagator is proportional to the unit matrix in this internal “spin space”,

\[
[G^+_{00}(K)]^{-1} = (k_0 \mp \xi_k) \cdot 1_{\text{spin}}, \quad \xi_k = k^2/(2m) - \mu.
\]

(7.17)

This propagator is obtained from the ultra-relativistic version (5.49) by dropping the anti-particle contribution, ignoring the Dirac structure, and replacing the ultra-relativistic dispersion \( k - \mu \) by the non-relativistic one. Our ansatz for the gap matrix is

\[
\Phi^+ = \Delta \sigma_2,
\]

(7.18)

where the anti-symmetric Pauli matrix \( \sigma_2 \) takes into account that fermions of different species form Cooper pairs. Then, one can easily compute the components of the Nambu-Gorkov propagator.
\[ G^\pm (K) = \left( [G_0^\pm]^{-1} - \Phi^\mp G_0^\mp \Phi^\mp \right)^{-1} = \frac{k_0 \pm \xi_k}{k_0^2 - \xi_k^2}, \quad (7.19a) \]

\[ F^\pm (K) = -G_0^\mp \Phi^\mp G^\pm = -\frac{\Delta \sigma_2}{k_0^2 - \xi_k^2}, \quad (7.19b) \]

with the quasiparticle dispersion
\[ \xi_k = \sqrt{\xi_k^2 + \Delta^2}. \quad (7.20) \]

Consequently, the gap equation \[ (7.16) \] becomes
\[ -\frac{1}{v_0} = \int \frac{d^3k}{(2\pi)^3} \frac{\tanh \frac{\xi_k}{2T}}{2\xi_k}, \quad (7.21) \]

where we have used the Matsubara sum from Eq. \[ (5.61) \]. With the renormalization given in Eq. \[ (7.13) \] we obtain
\[ -m = \frac{4\pi a}{\int d^3k \left( \frac{\tanh \frac{\xi_k}{2T}}{2\xi_k} - \frac{m}{k^2} \right)}. \quad (7.22) \]

Remember that for the solution of the gap equation in chapter 5 we needed a cutoff, for instance the Debye frequency in the case of an electronic superconductor. Here we are working with the same point-like approximation of the interaction. Therefore, the same problem arises, and we have solved it by expressing the coupling constant \[ v_0 \] in terms of the scattering length.

It is convenient to express the gap equation in terms of the Fermi momentum and the Fermi energy
\[ k_F = (3\pi^2 n)^{1/3}, \quad E_F = \frac{k_F^2}{2m} = \frac{(3\pi^2 n)^{2/3}}{2m}. \quad (7.23) \]

They are written in terms of the total charge density \( n (= \text{number density of the atoms}) \) rather than the chemical potential since, in the experiment, the number of atoms is kept fixed. Then, taking the zero-temperature limit and changing the integration variable in the gap equation from \( k \) to \( x = k/\sqrt{2m\Delta} \), we can write the gap equation as
\[ -\frac{1}{k_F a} = \frac{2}{\pi} \sqrt{\frac{\Delta}{E_F}} I_1 \left( \frac{\mu}{\Delta} \right), \quad (7.24) \]

with the abbreviation
\[ I_1(z) = \int_0^\infty dxx^2 \left[ \frac{1}{\sqrt{(x^2 - z)^2 + 1}} - \frac{1}{x^2} \right]. \quad (7.25) \]

This gap equation shows that the combination \( k_F a \) plays the role of a dimensionless coupling constant.
Besides the gap equation we have a second equation that arises from fixing the number density, and we need to solve both equations for $\Delta$ and $\mu$. For the second equation we compute the number density in analogy to Eq. (5.59),

$$\begin{align*}
n &= \frac{1}{2} T \sum_K \text{Tr} \left[ i \frac{\partial \mathcal{H}^{-1}}{\partial \mu} \right] \\
&= \frac{1}{2} T \sum_K \text{Tr} [G^+ - G^-] \\
&= \frac{2}{V} \sum_K \frac{\xi_k}{k_0^2 - \epsilon_k^2} = - \int \frac{d^3k}{(2\pi)^3} \frac{\xi_k}{\epsilon_k} \tanh \frac{\epsilon_k}{2T},
\end{align*}$$

(7.26)

where the trace in the first line is taken over Nambu-Gorkov space and the internal $2 \times 2$ space, and in the second line only over the internal space. At zero temperature and after subtracting the vacuum contribution $\mu = T = \Delta = 0$, this becomes

$$n = \int \frac{d^3k}{(2\pi)^3} \left( 1 - \frac{\xi_k}{\epsilon_k} \right),$$

(7.27)

in agreement with Eq. (5.66). Analogously to the gap equation, we rewrite this equation as

$$1 = \frac{3}{2} \left( \frac{\Delta}{E_F} \right)^{3/2} I_2 \left( \frac{\mu}{\Delta} \right),$$

(7.28)

with

$$I_2(z) = \int_0^\infty dx x^2 \left[ 1 - \frac{x^2 - z}{\sqrt{(x^2 - z)^2 + 1}} \right].$$

(7.29)

We now have to solve the coupled equations (7.24) and (7.28) for $\mu$ and $\Delta$ for given $E_F$ and $k_F a$. The equations can be decoupled by solving Eq. (7.28) for $\Delta/E_F$ and inserting the result into Eq. (7.24), such that the two equations become

$$- \frac{1}{k_F a} = \frac{2}{\pi} \left[ \frac{2}{3I_2 \left( \frac{\mu}{\Delta} \right)} \right]^{1/3} I_1 \left( \frac{\mu}{\Delta} \right),$$

(7.30a)

$$\frac{\Delta}{E_F} = \left[ \frac{2}{3I_2 \left( \frac{\mu}{\Delta} \right)} \right]^{2/3}.$$

(7.30b)

In this form, the first equation only depends on the ratio $\mu/\Delta$. We may solve this equation for $\mu/\Delta$ and then insert the result into the second equation to obtain $\Delta$. The numerical evaluation yields the results shown in Figs. 7.3 and 7.4.

From Fig. 7.4 we read off

$$\frac{\mu}{\Delta} \to \mp \infty \quad \text{for} \quad \frac{1}{k_F a} \to \pm \infty,$$

(7.31)
Therefore, to obtain analytical approximations for these two limit cases, we need the asymptotic values of the integrals $I_1$ and $I_2$,

\[
I_1(z) \rightarrow \begin{cases} 
\sqrt{z} (\ln 8z - 2) & \text{for } z \rightarrow +\infty \\
-\frac{\pi}{2} \sqrt{|z|} & \text{for } z \rightarrow -\infty 
\end{cases}, \quad \text{(7.32a)}
\]

\[
I_2(z) \rightarrow \begin{cases} 
\frac{2}{3} z^{3/2} & \text{for } z \rightarrow +\infty \\
\frac{\pi}{6} |z|^{-1/2} & \text{for } z \rightarrow -\infty 
\end{cases}. \quad \text{(7.32b)}
\]
For \((k_Fa)^{-1} \to -\infty\) we thus find from Eq. (7.30a)

\[
-\frac{1}{k_Fa} \simeq \frac{2}{\pi} \left( \ln \frac{\mu}{\Delta} - 2 \right),
\]

(7.33)

and from Eq. (7.30b)

\[
\mu \simeq E_F.
\]

(7.34)

Putting both results together yields the gap as a function of the Fermi energy and the coupling strength,

\[
\Delta \simeq \frac{8E_F}{e^2} e^{-\frac{\pi}{2E_F}}.
\]

(7.35)

For the opposite limit \((k_Fa)^{-1} \to +\infty\), Eq. (7.30a) yields

\[
\frac{\mu}{\Delta} \simeq -\sqrt{\frac{3\pi}{16}} \frac{1}{(k_Fa)^{3/2}},
\]

(7.36)

and from inserting this result into Eq. (7.30b) we obtain

\[
\Delta \simeq \sqrt{\frac{16}{3\pi}} \frac{E_F}{\sqrt{k_Fa}},
\]

(7.37)

from which we get

\[
\mu \simeq -\frac{E_F}{(k_Fa)^{2}} = -\frac{1}{2ma^2}.
\]

(7.38)

What do we learn from these results? Firstly, we recover the BCS results from Sec. 5.3 for small negative values of \(k_Fa\): the gap is exponentially small, and the chemical potential is identical to the Fermi energy. At small positive values of \(k_Fa\), on the opposite side of the Feshbach resonance, we find that the chemical potential is one half of the energy of the bound state \(E\) from Eq. (7.15). Consequently, in this limit, by adding a single fermion to the system one gains half of the binding energy. This suggests that the fermions are all bound in molecules of two fermions. In other words, the system has effectively become bosonic, and we may call this regime the BEC regime. We have thus continuously connected the BCS and BEC regimes; this is the BCS-BEC crossover.

In Fig. 7.5, we plot the quasiparticle dispersion \(\varepsilon_k\) for three different coupling strengths. We know that in the BCS regime, \(\Delta\) corresponds to the energy gap. In this case, the single-particle dispersion has a minimum at a certain nonzero momentum, and one needs the energy \(2\Delta\) to excite single fermions in the system with this momentum. The corresponding curve is the non-relativistic analogue of the curve in Fig. 5.2. Now our formalism goes beyond this situation since \(\Delta\) becomes large while \(\mu\) becomes negative. Fig. 7.5 shows that the minimum at a finite momentum disappears and in the BEC regime the minimum occurs at \(k = 0\). In this case, the gap is not \(\Delta\), but

\[
\sqrt{\mu^2 + \Delta^2} \simeq \frac{1}{2ma^2} \sqrt{1 + \frac{16}{3\pi}(k_Fa)^3},
\]

(7.39)
where we have used Eqs. (7.37) and (7.38).

The physical picture of the BCS-BEC crossover is thus as follows. Without interactions, there is a well-defined Fermi surface at $\mu = E_F$. Now we switch on a weak interaction. Weakly coupled Cooper pairs start to form due to the usual BCS mechanism. This is a pure Fermi surface phenomenon, i.e., everything happens in a small vicinity of the Fermi surface. But, the Fermi surface is gone because, by definition, at a Fermi surface quasifermions can be excited with infinitesimally small energy and this is not possible after pairing because now the energy $2\Delta$ is needed.

Now we increase the interaction strength. The point is that we can understand the physics qualitatively by starting from our BCS picture: the Cooper pairs get bound stronger and stronger while at the same time we can no longer speak of a Fermi surface phenomenon because the strong interaction is able to “dig” into the Fermi sphere. As a consequence, more fermions participate in Cooper pairing, namely the ones that, at weak coupling, were just sitting in the Fermi sphere, not contributing to any dynamics. Eventually, a bound state in the strict sense appears at the point where the scattering length diverges, and, going further to the regime where the scattering length goes to zero again, this time from above, all fermions become paired in bosonic molecules. (The particle number of the two species has to be identical in order for all fermions to find a partner.) Now, as Eq. (7.39) shows, one needs, to lowest order in $k_F a$, half of the binding energy of a molecule to excite a single fermion.

Finally, we consider nonzero temperatures, although our mean-field treatment becomes more questionable in this case. Nevertheless, let us try to determine the critical temperature $T_c$ from our gap equation and number equation. As before, we define $T_c$ as the temperature where $\Delta$ becomes zero. From Eqs. (7.22) and (7.26) we...
find in this case
\[
-\frac{m}{4\pi a} = \int \frac{d^3k}{(2\pi)^3} \left( \tanh \frac{\xi_k}{2T_c} - \frac{m}{k^2} \right),
\]
(7.40a)
\[
n = \int \frac{d^3k}{(2\pi)^3} \left( 1 - \tanh \frac{\xi_k}{2T_c} \right),
\]
(7.40b)
since \(\varepsilon_k = |\xi_k|\) for \(\Delta = 0\). Analogously to the \(T = 0\) case we can rewrite these equations as
\[
-\frac{1}{k_F a} = \frac{2}{\pi} \left[ \frac{2}{3J_2(\mu/T_c)} \right]^{1/3} J_1 \left( \frac{\mu}{T_c} \right),
\]
(7.41a)
\[
\frac{T_c}{E_F} = \left[ \frac{2}{3J_2(\mu/T_c)} \right]^{2/3},
\]
(7.41b)
with
\[
J_1(z) \equiv \int_0^\infty dx x^2 \left( \tanh \frac{x^2-z}{x^2} - \frac{1}{x^2} \right),
\]
(7.42a)
\[
J_2(z) \equiv \int_0^\infty dx x^2 \left( 1 - \tanh \frac{x^2-z}{2} \right).
\]
(7.42b)
The numerical evaluation is shown in Fig. 7.6. The behavior in the BCS regime is as expected, it is left as an exercise to show that the BCS relation (5.77) between the critical temperature and the zero-temperature gap is fulfilled. In the BEC regime, the critical temperature seems to increase without boundary. Is this expected? If the picture of bosonic molecules is correct, one might think that the critical temperature is given by the critical temperature of Bose-Einstein condensation. For non-interacting bosons with density \(n/2\) (half the fermionic density) and mass \(2m\) (twice the fermion mass), this temperature is (see any textbook about statistical mechanics, for instance \[130\])
\[
T_{c,\text{BEC}} = \frac{\pi m}{2\xi(3/2)} \left[ \frac{n}{2\xi(3/2)} \right]^{2/3}.
\]
(7.43)
We might thus expect that the critical temperature should saturate at this value, or possibly at a slightly corrected value due to the interactions between the molecules. The reason for the discrepancy between \(T_c\) and \(T_{c,\text{BEC}}\) is that they indeed describe two different transitions. In general, there is one temperature where fermions start forming pairs and one – lower – temperature where the fermion pairs start forming a Bose-Einstein condensate. Only in the weakly coupled BCS theory these temperatures are identical. This is shown schematically in the phase diagram in Fig. 7.7.

In a nutshell, the important points to take away from this discussion are:
7.2 Crossover in the mean-field approximation

Fig. 7.6. (Color online) Critical temperature $T_c$ at which $\Delta = 0$ and chemical potential at $T_c$ computed from Eqs. (7.41).

- At zero temperature, there is no phase transition between the BCS state at weak coupling – where loosely bound Cooper pairs are formed in a small vicinity around the Fermi surface – and the BEC state at strong coupling – where strongly bound di-fermions form a Bose condensate. This implies that there is no qualitative difference between these two states.
- This so-called BCS-BEC crossover can be realized experimentally in ultra-cold atoms in an optical trap. This is one of the few systems where the interaction strength is under complete experimental control and can be varied at will. Because of the very mild dependence on the details of the inter-atomic interaction, these experiments can give insight into a large class of physical systems.
Fig. 7.7. Schematic phase diagram according to Ref. [29]. The critical temperature from Fig. 7.6 is the temperature where differmions start to form (dashed line), to be distinguished from the phase transition temperature where these differmions condense (solid line). Only in the BCS limit, these two temperatures coincide.
In this chapter we discuss the Goldstone mode in a fermionic superfluid. So far, we have discussed the Goldstone mode in a bosonic superfluid, chapter 3, and the absence of a Goldstone mode in a fermionic superconductor, chapter 6. In our field-theoretical discussion of a fermionic superfluid in chapter 5, we have discussed fermionic excitations, in particular their energy gap. If this energy gap exists for all fermionic modes (all flavors and colors in quark matter, all directions in momentum space etc.), we can safely ignore the fermions that reside in the Cooper pairs if we are interested in energies much smaller than this gap. Therefore, the low-energy excitations of such a “conventional” fermionic superfluid are dominated by bosonic excitations, the Goldstone mode. In fermionic superfluids that do have gapless modes (quark matter phases where not all quark flavors form Cooper pairs, anisotropic phases where the gap vanishes in certain directions in momentum space etc.), fermionic and bosonic excitations coexist, even at arbitrarily low energies. In this chapter, however, we will only consider a fully gapped superfluid where the Goldstone mode is dominant at low energies.

Remember how the Goldstone mode was computed in the bosonic superfluid: we have computed the condensate from the classical equation of motion and have considered fluctuations around this condensate. From these fluctuations we have computed the elementary excitations of the system, the Goldstone mode and the massive mode. In the fermionic case, it was more complicated to compute the condensate, we have employed the mean-field approximation and have obtained the condensate via the gap equation. In order to discuss elementary excitations, again we need to consider fluctuations around the condensate. In this case, these are not fluctuations around a classical solution, but around the mean-field solution.

8.1 Fluctuations around the mean-field background

We consider a system of ultra-relativistic fermions with chemical potential $\mu$ and a point-like interaction,
\( \mathcal{L} = \bar{\Psi}(i\gamma^\mu \partial_\mu + \gamma^0)\Psi + G(\bar{\Psi}\Psi)^2. \)  
(8.1)

In chapter 5 we have started from a more complicated interaction, including a bosonic propagator \( D(X,Y) \). Only later, when we solved the gap equation, we have made use of the approximation of a point-like interaction, see Sec. 5.3. The dimensionful coupling defined in this limit, \( G = \frac{g^2}{2M^2} \), corresponds to the coupling that now appears in front of the interaction term of our Lagrangian. We can therefore follow the derivation in chapter 5 to obtain the mean-field Lagrangian in terms of the Nambu-Gorkov spinor \( \Phi, \)

\[
\mathcal{L}_{\text{mf}} = \bar{\Psi} \begin{pmatrix} [G_0^+]^{-1} & \Phi^- \\ \Phi^+ & [G_0^-]^{-1} \end{pmatrix} \Psi + \frac{\text{Tr}[\Phi^+ \Phi^-]}{4G},
\]
(8.2)

with the gap matrices \( \Phi^\pm \), and where the trace is taken over Dirac space. This form of the mean-field Lagrangian can be read off from Eq. (5.37) with the Nambu-Gorkov propagator (5.40) and the \( \text{Tr}[\Phi^+ \Phi^-] \) term coming from \( Z_0 \) given in Eq. (5.21).

As an ansatz for the gap matrix we choose again \( \Phi^+ = \Delta \gamma^5 \), such that \( \Phi^- = -\Delta^* \gamma^5 \), to obtain the explicit form of the Lagrangian

\[
\mathcal{L}_{\text{mf}} = \bar{\Psi} \begin{pmatrix} i\gamma^\mu \partial_\mu + \gamma^0 & -\Delta^* \gamma^5 \\ \Delta \gamma^5 & i\gamma^\mu \partial_\mu - \gamma^0 \end{pmatrix} \Psi - |\Delta|^2 G.
\]
(8.3)

In order to introduce fluctuations, it is crucial that we allow for the gap \( \Delta \) to become complex. Starting from this mean-field Lagrangian is particularly useful for our purpose because now we can proceed analogously to the bosonic superfluid. While in the bosonic case we have written the complex scalar field as a sum of its expectation value and fluctuations, we now write the gap \( \Delta \) in the same way. Denoting the bosonic fluctuation field by \( \eta(X) \in \mathbb{C} \), we can write

\[
\Delta(X) = \Delta e^{2i\mathbf{q} \cdot \mathbf{x}} + \eta(X),
\]
(8.4)

where \( \Delta \in \mathbb{R} \) is the constant value of the gap, to be determined from the gap equation. In addition to the fluctuations we have also introduced a topological mode, determined by the externally given three-vector \( \mathbf{q} \). We have seen in chapter 5 that this topological mode is necessary to introduce a superflow, and thus needed to describe the hydrodynamics of the superfluid. Even though we shall not work out the dynamics for the fermionic case in detail, it is instructive to keep the superflow in the derivation as long as possible.

The fluctuations \( \eta(X) \) describe the Goldstone mode and a massive mode. They must be considered as a dynamical field, such that the partition function is

\[
Z = \int D\Phi D\Psi D\eta^* D\eta e^{\mathcal{L}[\Phi,\Psi,\eta^*,\eta]}.
\]
(8.5)

Notice that we now work beyond the mean-field approximation. We could have kept and bosonized the fluctuations from the beginning instead of throwing them away in Eq. (8.2). As an exercise you can redo the derivation in that alternative way.
Due to the superflow, the inverse fermionic propagator depends on $x$ in a non-trivial way. With a simple transformation of the fields, however, we can get rid of this dependence. This is analogous to the field transformation $\phi^4$ theory. Here we need to transform fermionic and bosonic fields,

$$\psi'(X) = e^{iq \cdot x} \psi(X), \quad \eta'(X) = e^{-2iq \cdot x} \eta(X).$$ \hspace{1cm} (8.6)

The factor 2 in the exponential of the transformation of the bosonic field indicates that two fermions form a Cooper pair. In terms of the transformed fields, the mean-field Lagrangian plus fluctuations can be written as

$$\mathcal{L}_{\text{mf+fl}} = \bar{\Psi}'(\mathcal{D}^{-1} + h)\Psi' - \frac{\Delta^2}{G} - \frac{\Delta}{G} (\eta'^* + \eta') - \frac{|\eta'|^2}{G},$$ \hspace{1cm} (8.7)

with the abbreviation

$$h \equiv h[\eta'^*, \eta'] \equiv \begin{pmatrix} 0 & -\eta'^* \gamma^5 \\ \eta'^* \gamma^5 & 0 \end{pmatrix},$$ \hspace{1cm} (8.8)

and the fermionic propagator,

$$\mathcal{D}^{-1} = \begin{pmatrix} i\gamma^\mu \partial_\mu + \gamma^0 \mu + \gamma \cdot q & -\Delta \gamma^5 \\ \Delta \gamma^5 & i\gamma^\mu \partial_\mu - \gamma^0 \mu - \gamma \cdot q \end{pmatrix}.$$ \hspace{1cm} (8.9)

In the basis of the field $\psi'$ the $x$ dependence in the off-diagonal components of $\mathcal{D}^{-1}$ is gone, and the superflow appears in the form of the term $\pm \gamma \cdot q$ in the diagonal components. Thus we could have introduced the superflow just like the spatial components of a gauge field from the beginning, formally promoting the space-time derivative to a covariant derivative with a background gauge field (the chemical potential plays the role of the temporal component of this gauge field). This is completely analogous to the bosonic field theory discussed in chapter 3.

Since the fermionic fields only appear quadratically in the action, we can integrate them out. This leads to the partition function

$$Z = \int \mathcal{D} \eta'^* \mathcal{D} \eta' e^{S[\eta'^*, \eta']},$$ \hspace{1cm} (8.10)

with an action that now only depends on the fluctuation fields,

$$S[\eta'^*, \eta'] = \frac{1}{2} \int_X \text{Tr} \ln(\mathcal{D}^{-1} + h) - \int_X \left[ \frac{\Delta^2}{G} + \frac{\Delta}{G} (\eta'^* + \eta') + \frac{|\eta'|^2}{G} \right],$$ \hspace{1cm} (8.11)

where the trace is taken over Nambu-Gorkov and Dirac space.

\footnote{Note that $\psi = e^{-iq \cdot x} \psi'$, but $\psi_C = e^{+iq \cdot x} \psi'_C$ because $\psi_C = C \psi'$.
Next, we expand the Tr\ln term for small fluctuations. To this end, we write

\[
\text{Tr}\ln\left(S^{-1} + h\right) = \text{Tr}\ln S^{-1} + \text{Tr}\ln(1 + S h),
\]

and use the expansion of the logarithm, \(\ln(1 + x) = x - \frac{x^2}{2} + \frac{x^3}{3} - \ldots\) Consequently, keeping terms up to second order in \(\eta\) and writing the space-time arguments explicitly, we obtain

\[
\frac{1}{2} \int_X \text{Tr}\ln S^{-1} + \int_X \text{Tr}[S(X)h(X)]
\]

\[
-\frac{1}{4} \int_{X,Y} \text{Tr}[S(X,Y)h(Y),S(Y,X)h(X)] + \mathcal{O}(\eta^3).
\]

As a result, we can decompose the effective action (8.11) into various contributions, according to their power of \(\eta\),

\[
S[\eta^\prime, \eta''] \simeq S^{(0)} + S^{(1)} + S^{(2)}.
\]

The various contributions are

\[
S^{(0)} = \frac{1}{2} \int_X \text{Tr}\ln S^{-1}(X,X) - \frac{V}{T} \frac{\Delta^2}{G},
\]

\[
S^{(1)} = \frac{1}{2} \int_X \text{Tr}[S^{-1}(X,X)h(X)] - \frac{\Delta}{G} \int_X (\eta^\prime + \eta),
\]

\[
S^{(2)} = -\frac{1}{4} \int_{X,Y} \text{Tr}[S(X,Y)h(Y),S(Y,X)h(X)] - \int_X \frac{\eta' \eta''}{G},
\]

where we have used that the trivial space-time integral in the imaginary time formalism of thermal field theory gives \(V/T\). Here, \(S^{(0)}\) is the purely fermionic mean-field effective action that does not contain any fluctuations, i.e., the partition function can be written as

\[
Z \simeq e^{S^{(0)}} \int \mathcal{D}\eta' \mathcal{D}\eta'' e^{S^{(1)} + S^{(2)}}.
\]

To evaluate the contributions \(S^{(1)}\) and \(S^{(2)}\), we first write the propagator in Nambu-Gorkov space in terms of normal and anomalous propagators, as in chapter 5,

\[
S(X,Y) = \begin{pmatrix}
G^+(X,Y) & F^-(X,Y) \\
F^+(X,Y) & G^-(X,Y)
\end{pmatrix}.
\]

Furthermore, we introduce the Fourier transforms for the propagators,
\[ G^\pm(X,Y) = \frac{T}{V} \sum_K e^{-iK \cdot (X-Y)} G^\pm(K), \] (8.18a)

\[ F^\pm(X,Y) = \frac{T}{V} \sum_K e^{-iK \cdot (X-Y)} F^\pm(K), \] (8.18b)

where we have assumed translational invariance. Now, the terms linear in the fluctuations become

\[ S^{(1)} = \frac{1}{2} \text{Tr} \int_X \left[ \frac{T}{V} \sum_K F^-(K) + \frac{\Phi^-}{2G} \right] \gamma^5 \eta'(X) \]

\[ -\frac{1}{2} \text{Tr} \int_X \left[ \frac{T}{V} \sum_K F^+(K) + \frac{\Phi^+}{2G} \right] \gamma^5 \eta^{'*}(X), \] (8.19)

where the trace is taken over Dirac space, and where we have reintroduced \( \Phi^\pm = \pm \Delta \gamma^5 \). The reason for this particular way of writing the result is that we recover the mean-field gap equation (5.48) (and its analogue for \( F^+ \rightarrow F^-, \Phi^+ \rightarrow \Phi^- \)). Therefore, at the point where the mean-field gap equation is fulfilled, we have \( S^{(1)} = 0 \). The reason is that the gap equation is obtained by minimizing the free energy with respect to \( \Delta \), and this is nothing but looking for the point where the variation of the gap vanishes to linear order. Therefore, it is clear that \( S^{(1)} \) must vanish at the mean-field solution. Again, this is analogous to the bosonic field theory discussed in chapter 3 there, the contributions to the Lagrangian to linear order in the fluctuations vanished by using the equations of motion, see comments below Eq. (3.36). In this sense, the classical equations of motion for the scalar field (that determine the Bose condensate) correspond to the mean-field gap equation for the Cooper pair condensate in the fermionic theory. Here we consider fluctuations around a given mean-field background, while in chapter 3 we considered fluctuations around a given classical background. In both cases, the fluctuations themselves will, in general, back-react on the condensate. Therefore, our use of the mean-field gap equation is an approximation, just like the classical solution to the bosonic condensate is an approximation. In a more complete treatment, the fluctuations will give additional contributions to the gap equation and thus a correction to the energy gap \( \Delta \).

Next, we need to evaluate \( S^{(2)} \). For the fluctuation fields, we introduce real and imaginary parts,

\[ \eta'(X) = \frac{1}{\sqrt{2}} [\eta'_1(X) + i\eta'_2(X)], \] (8.20)

with \( \eta'_1, \eta'_2 \in \mathbb{R} \), and their Fourier transforms,

\[ \eta'_i(X) = \frac{1}{\sqrt{TV}} \sum_K e^{-iK \cdot X} \eta'_i(K), \quad i = 1, 2. \] (8.21)

For the second term on the right-hand side of Eq. (8.15c) this yields

\[ -\int_X \frac{\eta' \eta^{'*}}{G} = -\frac{1}{2T^2} \sum_K \left[ \frac{\eta'_1(K) \eta'_1(-K)}{G} + \frac{\eta'_2(K) \eta'_2(-K)}{G} \right]. \] (8.22)
The trace over Nambu-Gorkov space in the first term on the right-hand side of Eq. (8.15c) becomes
\[
\text{Tr}[\mathcal{H}_0^2] = -\text{Tr}[G^+ \eta'^\dagger \gamma^5 G^- \eta' \gamma^5] - \text{Tr}[G^- \eta' \gamma^5 G^+ \eta'^\dagger \gamma^5] \\
+ \text{Tr}[F^+ \eta'^\dagger \gamma^5 F^- \eta' \gamma^5] + \text{Tr}[F^- \eta' \gamma^5 F^+ \eta'^\dagger \gamma^5],
\]
where we have omitted all space-time arguments for brevity. Going to momentum space and to the basis of \(\eta^1_1, \eta^2_1\) yields for the first of these terms
\[
\int X, Y \, \text{Tr}[G^+ (X,Y) \eta'^\dagger (Y) \gamma^5 G^- (Y,X) \eta' (X) \gamma^5] \\
= \frac{1}{2TV} \sum_{K,F} \left[ \eta^1_1 (K) \eta^1_1 (-K) + \eta^2_1 (K) \eta^2_1 (-K) - i \eta^1_1 (K) \eta^2_1 (-K) + i \eta^2_1 (K) \eta^1_1 (-K) \right] \\
\times \text{Tr}[G^+ (P) \gamma^5 G^- (P + K) \gamma^5],
\]
and analogously for the three other terms. To write the result in a compact and instructive way, we introduce the following abbreviations,
\[
\Pi^\pm (K) \equiv \frac{1}{2} TV \sum_P \text{Tr}[G^\pm (P) \gamma^5 G^\mp (P + K) \gamma^5], \quad (8.25a)
\]
\[
\Sigma^\pm (K) \equiv \frac{1}{2} TV \sum_P \text{Tr}[F^\pm (P) \gamma^5 F^\mp (P + K) \gamma^5]. \quad (8.25b)
\]
Then, putting everything together, the quadratic contribution \(S^{(2)}\) can be written as
\[
S^{(2)} = -\frac{1}{2} \sum_K \eta'^\dagger (K) D^{-1} (K) \eta'^r (K),
\]
where we have introduced the inverse bosonic propagator in momentum space
\[
D^{-1} = \begin{pmatrix}
\frac{1}{G} - \frac{\Pi^+ + \Pi^-}{2} + \frac{\Sigma^+ + \Sigma^-}{2} & i \frac{\Pi^+ - \Pi^-}{2} - i \frac{\Sigma^+ - \Sigma^-}{2} \\
-i \frac{\Pi^+ - \Pi^-}{2} - i \frac{\Sigma^+ - \Sigma^-}{2} & \frac{1}{G} - \frac{\Pi^+ + \Pi^-}{2} - \frac{\Sigma^+ + \Sigma^-}{2}
\end{pmatrix},
\]
and the two-component field
\[
\eta'^r (K) \equiv [\eta'^1_1 (K), \eta'^2_1 (K)],
\]
using that \(\eta_i (-K) = \eta^*_i (K)\). This property for the fluctuation fields in momentum space follows from the fact that the fields in position space \(\eta_i (X)\) are real.

The inverse bosonic propagator can by simplified a bit by using
\[
G^+ (-K) = -G^- (K), \quad F^+ (-K) = -F^- (K).
\]
\[ \Pi = \quad \Sigma = \quad \]

**Fig. 8.1.** Contributions to the inverse propagator (8.31) of the bosonic excitations in a fermionic superfluid. The diagrammatic notation of the fermionic propagators and the condensate is as in Figs. 5.1 and 6.1: hatched circles are the condensates \( \Phi ^ \pm \) (the direction of the hatching distinguishes \( \Phi ^ + \) and \( \Phi ^ - \)), solid single lines represent the tree-level propagators \( G ^ 0 \), and solid double lines the full propagators \( G ^ \pm \), such that the loop in \( \Sigma \) contains the anomalous propagators \( F ^ \pm = - G ^ 0 \Phi ^ \mp G ^ \mp \). The dotted lines correspond to the elementary excitation, which couples to the fermions via the condensate. For the algebraic expressions see Eqs. (8.25), with \( \Pi \equiv \Pi ^ + , \Sigma \equiv \Sigma ^ + \).

This property of the propagators can be checked from their explicit form, see Eq. (8.34). Then, by renaming the summation momentum, we see that \( \Pi ^ + (K) = \Pi ^ - (\bar{K}) \) and \( \Sigma ^ + (K) = \Sigma ^ - (\bar{K}) \), and we can express the inverse propagator solely through \( \Sigma ^ + \) and \( \Pi ^ + \). For convenience, we can thus drop the superscript,

\[ \Sigma \equiv \Sigma ^ + , \quad \Pi \equiv \Pi ^ + , \quad (8.30) \]

to write

\[ D ^ {-1} (K) = \begin{pmatrix} \frac{1}{G} & - \tilde{\Pi} (K) + \Sigma (K) & i \delta \Pi (K) \\ -i \delta \Pi (K) & \frac{1}{G} - \tilde{\Pi} (K) = - \Sigma (K) & \end{pmatrix} , \quad (8.31) \]

where we have abbreviated

\[ \tilde{\Pi} (K) \equiv \frac{\Pi (K) + \Pi (-K)}{2} , \quad \delta \Pi (K) \equiv \frac{\Pi (K) - \Pi (-K)}{2} . \quad (8.32) \]

The two momentum sums \( \Pi \) and \( \Sigma \) correspond to one-loop diagrams, see Fig. 8.1.

It is instructive to compare these diagrams to the similar, but not identical, diagrams that we have computed in the context of the Meissner mass in chapter 6, see Fig. 6.1. In both cases, we compute one-loop diagrams given by the fermionic propagators, each loop containing two propagators \( G ^ \pm \) or two anomalous propagators \( F ^ \pm \).

In the case of the photon polarization tensor, the vertex was given by the gauge coupling, i.e., by the interaction between the fermions and the gauge boson that appears in the Lagrangian through the covariant derivative. Now, in contrast, the condensate sits at each vertex. To see this notice that the matrices \( \gamma ^ 5 \) in the expressions (8.25) originate from the structure of the gap matrices \( \Phi ^ \pm \). Because of the presence of the condensate at the vertex, the propagator \( G ^ + \) can be coupled to the propagator \( G ^ - \)
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(and $F^+$ to $F^+$) which, without the condensate, would simply violate charge conservation. Only the condensate, where charge can be extracted from or deposited into, allows for such a coupling. In the case of the photon polarization tensor, the coupling was different, $G^+$ was coupled to $G^+$ (and $F^+$ to $F^-$). In the diagrams, this difference is manifest in the arrows of the propagators: here, in Fig. 8.1, the propagators hit the vertex from both sides while in Fig. 6.1 charge flows through the vertex in one direction, as usual.

Before we evaluate the boson propagator explicitly for small momenta, we can write down an expression for the free energy density of the system. By performing the integration over the fluctuations in the partition function (8.16) and using $\Omega = -\frac{T}{V} \ln Z$ we obtain

$$\Omega = \frac{\Delta^2}{G} - \frac{1}{2} T \sum_K \text{Tr} \ln \frac{\mathcal{S}^{-1}(K)}{T} + \frac{1}{2} T \sum_K \text{Tr} \ln \frac{D^{-1}(K)}{T^2}. \quad (8.33)$$

8.3 Goldstone mode and low-energy expansion

In chapter 3 we have already discussed a bosonic propagator in a superfluid, see Eq. (3.39). In the current fermionic formalism we have arrived at a much more complicated form of this propagator because we have started on a different microscopic level. Nevertheless, from general principles, we expect similar low-energy properties in both systems. In particular, the Goldstone theorem tells us that there should be a gapless mode also in the fermionic superfluid, which we should obtain by computing the poles of the propagator $D(K)$. We also expect that, in the low-energy limit, the dispersion of the Goldstone mode is linear in the momentum. For higher energies, for example at temperatures of the order of the gap $\Delta$, the fermionic nature of the superfluid matters, and the physics compared to the bosonic scenario of chapter 3 must be different. This behavior is also encoded in $D(K)$.

In the following, we set the superflow to zero for simplicity, $q = 0$, such that we can work with the fermionic propagators in momentum space that we already know from chapter 5

$$G^\pm(p) = \sum_{\epsilon = \pm} \frac{p_\pm + \epsilon \xi^e_{\epsilon}}{p_0^2 - (\epsilon^e)^2} e^{\epsilon_{\epsilon}^e} \Lambda^\pm_{\epsilon}, \quad (8.34a)$$

$$F^\pm(p) = \pm \sum_{\epsilon = \pm} \frac{\Delta \gamma^5 \Lambda_{\epsilon}^\pm_{\epsilon}}{p_0^2 - (\epsilon^e)^2}, \quad (8.34b)$$

where we restrict ourselves to ultra-relativistic fermions, $m = 0$, in which case the energy projectors are given by $\Lambda_{\epsilon}^e = \frac{1}{2}(1 + e\gamma^0 \gamma \cdot \hat{p})$, and

$$\xi^e_{\epsilon} \equiv p - e\mu, \quad \epsilon^e_{\epsilon} = \sqrt{(\xi^e_{\epsilon})^2 + \Delta^2}. \quad (8.35)$$

We will also need the explicit form of the gap equation,
\[
\frac{\Delta}{G} = \sum_{\epsilon_{\pm}} \int \frac{d^3p}{(2\pi)^3} \frac{\Delta}{2\epsilon_p} [1 - 2f(\epsilon_p^\ast)]. \tag{8.36}
\]

In order to compute \(\Pi(K)\) and \(\Sigma(K)\), it is convenient to abbreviate \(Q \equiv P + K\) and

\[
\epsilon_1 \equiv \epsilon_p^e, \quad \epsilon_2 \equiv \epsilon_q^e, \quad (8.37a)
\]

\[
\xi_1 \equiv p - e_1 \mu, \quad \xi_2 \equiv q - e_2 \mu. \quad (8.37b)
\]

(Here, \(q = |p + k|\).) With these abbreviations and the traces over Dirac space,

\[
-\operatorname{Tr}[\gamma^0 \Lambda_{p^+}^{-1} \gamma^\ast \gamma^0 \Lambda_q^{-1} \gamma^\ast] = \operatorname{Tr}[\gamma^5 \Lambda_{p^+}^{-1} \gamma^\ast \gamma^5 \Lambda_q^{-1} \gamma^\ast] = 1 + e_1 e_2 \hat{\mathbf{p}} \cdot \hat{\mathbf{q}}, \quad (8.38)
\]

we obtain

\[
\Pi(K) = -\frac{1}{2V} \sum_{\epsilon_1 \epsilon_2} (1 + e_1 e_2 \hat{\mathbf{p}} \cdot \hat{\mathbf{q}}) \frac{P_0 + e_1 \xi_1 q_0 - e_2 \xi_2}{p_0^2 - \epsilon_1^2} \frac{q_0 - \epsilon_2^2}{q_0^2 - \epsilon_2^2}. \tag{8.39}
\]

To compute \(\Pi(-K)\), we change \(P \to -P\) in the momentum sum and notice that \(\hat{\mathbf{p}} \cdot \hat{\mathbf{q}}\), \(\xi_1, \xi_2, \epsilon_1, \epsilon_2\) are invariant under the simultaneous sign change \(p \to -p, k \to -k\). Therefore, the expression for \(\Pi(-K)\) can be written as the one for \(\Pi(K)\), only with opposite signs in front of \(e_1 \xi_1\) and \(e_2 \xi_2\). Consequently, for (half of) the sum of \(\Pi(K)\) and \(\Pi(-K)\), we obtain

\[
\Pi(K) = -\frac{1}{2V} \sum_{\epsilon_1 \epsilon_2} (1 + e_1 e_2 \hat{\mathbf{p}} \cdot \hat{\mathbf{q}}) \frac{P_0 + e_1 \xi_1 q_0 - e_2 \xi_2}{(p_0^2 - \epsilon_1^2)(q_0^2 - \epsilon_2^2)} \times \left\{ (\epsilon_1 \epsilon_2 + e_1 e_2 \xi_1 \xi_2) \left( \frac{1}{k_0 + \epsilon_1 + \epsilon_2} - \frac{1}{k_0 - \epsilon_1 - \epsilon_2} \right) [1 - f(\epsilon_1) - f(\epsilon_2)] \right. \\
- (\epsilon_1 \epsilon_2 - e_1 e_2 \xi_1 \xi_2) \left( \frac{1}{k_0 + \epsilon_1 - \epsilon_2} - \frac{1}{k_0 - \epsilon_1 + \epsilon_2} \right) [f(\epsilon_1) - f(\epsilon_2)] \left. \right\}, \tag{8.40}
\]

where, in the second step, we have performed the Matsubara sum over fermionic Matsubara frequencies \(p_0 = -(2n + 1)i\pi T\), using that \(k_0 = -2m\pi T\) are bosonic Matsubara frequencies, \(n, m \in \mathbb{Z}\). All distribution functions \(f\) are Fermi distributions. For (half of) the difference between \(\Pi(K)\) and \(\Pi(-K)\), we compute

\[
\delta \Pi(K) = \frac{1}{2V} \sum_{\epsilon_1 \epsilon_2} (1 + e_1 e_2 \hat{\mathbf{p}} \cdot \hat{\mathbf{q}}) \frac{P_0 e_2 \xi_2 - q_0 e_1 \xi_1}{(p_0^2 - \epsilon_1^2)(q_0^2 - \epsilon_2^2)}.
\]
Finally, the loop containing the anomalous propagators becomes

\[
\Sigma(K) = \frac{1}{2} \sum_p \sum_{\epsilon_1 \epsilon_2} \int \frac{d^3 p}{(2\pi)^3} \frac{1 + e_1 e_2 \hat{p} \cdot \hat{q}}{4 \epsilon_1 \epsilon_2} \Delta^2 \left( \frac{1}{p^0 - \epsilon_1} \right) \frac{1}{(q^0 - \epsilon_2)}
\]

\[
= \frac{1}{2} \sum_{\epsilon_1 \epsilon_2} \int \frac{d^3 p}{(2\pi)^3} \frac{1 + e_1 e_2 \hat{p} \cdot \hat{q}}{4 \epsilon_1 \epsilon_2} \Delta^2 \left\{ \left( \frac{1}{k_0 + \epsilon_1 + \epsilon_2} - \frac{1}{k_0 - \epsilon_1 - \epsilon_2} \right) \left[ 1 - f(\epsilon_1) - f(\epsilon_2) \right] + \left( \frac{1}{k_0 + \epsilon_1 - \epsilon_2} - \frac{1}{k_0 - \epsilon_1 + \epsilon_2} \right) \left[ f(\epsilon_1) - f(\epsilon_2) \right] \right\} .
\]

(8.41)

We can now check whether there is indeed a Goldstone mode. A Goldstone mode means that the propagator \(D\) has a pole at \(K = 0\), i.e., the determinant of the inverse propagator \((8.31)\) has a zero at \(K = 0\). We can set \(k_0 = 0\) directly and immediately read off from Eq. (8.41) that the off-diagonal elements of \(D^{-1}\) vanish,

\[\delta \Pi(0, \mathbf{k}) = 0.\]

(8.43)

Regarding the spatial momentum \(\mathbf{k}\), we have to be a bit more careful because, once we have set \(k_0 = 0\), there are denominators that become zero for \(\mathbf{k} = 0\). In the limit \(\mathbf{k} \to 0\) we have \(\mathbf{q} \to \mathbf{p}\) and thus \(\hat{p} \cdot \hat{q} = 1\). Consequently, only the terms where \(\epsilon_1 = \epsilon_2\) contribute, and we find

\[
\Pi(0, 0) = \frac{1}{2} \sum_{\epsilon} \int \frac{d^3 p}{(2\pi)^3} \left\{ \frac{\left( \epsilon_p^e \right)^2 + \left( \xi_p^e \right)^2}{2 \left( \epsilon_p^e \right)^3} \left[ 1 - 2f(\epsilon_p^e) \right] - \Delta^2 \frac{\partial f}{\partial \epsilon_p^e} \frac{\partial}{\partial \epsilon_p^e} \right\} ,
\]

(8.44a)

\[
\Sigma(0, 0) = \frac{1}{2} \sum_{\epsilon} \int \frac{d^3 p}{(2\pi)^3} \left\{ \frac{\Delta^2}{2 \left( \epsilon_p^e \right)^3} \left[ 1 - 2f(\epsilon_p^e) \right] + \Delta^2 \frac{\partial f}{\partial \epsilon_p^e} \frac{\partial}{\partial \epsilon_p^e} \right\} ,
\]

(8.44b)

where we have used \((\epsilon_p^e)^2 - (\xi_p^e)^2 = \Delta^2\). With these results and the gap equation \((8.36)\) we find that one of the diagonal components of the inverse propagator vanishes too,
\[ \frac{1}{G} - \hat{\Pi}(0,0) - \Sigma(0,0) = 0. \] (8.45)

As a result, the determinant of \( D^{-1} \) vanishes at \((k_0, k) = (0, 0)\), and we have thus shown that, for all temperatures below the critical temperature, there exists a Goldstone mode.

A general calculation of the bosonic excitations is only possible numerically. Let us therefore discuss the zero-temperature, low-energy limit where an analytical evaluation is possible. At zero temperature, we can set all distribution functions to zero, \( f = 0 \), because their arguments are positive, \( \varepsilon_1, \varepsilon_2 > 0 \). At low energies, only the Goldstone mode is relevant, and we expect its dispersion to be linear, \( k_0 = u k \).

The corresponding slope \( u \) can be computed analytically. To this end, it is sufficient to expand \( \bar{\Pi}(K), \delta\Pi(K), \) and \( \Sigma(K) \) up to quadratic order in \( k_0 \) and \( k \), such that we can write the inverse propagator as

\[ D^{-1}(K) = \begin{pmatrix} a_1 k_0^2 + b_1 k^2 + c & -i k_0 d \\ i k_0 d & a_2 k_0^2 + b_2 k^2 \end{pmatrix} + \mathcal{O}(K^3), \] (8.46)

where we have already dropped all potential contributions that do not actually appear. In particular, we already know that the lower right component has to vanish for \( k_0 = k = 0 \). Setting \( k_0 = u k \), the determinant of this matrix becomes a polynomial in \( k \) with quadratic and quartic terms. The quartic terms are of course not determined consistently because we have already truncated the expansion of the matrix elements at order \( k^2 \). Requiring the coefficient of the \( k^2 \) term to vanish yields the slope of the Goldstone dispersion as a function of the various coefficients,

\[ u^2 = \frac{b_2 c}{d^2 - a_2 c}. \] (8.47)

It remains to compute the coefficients from the loop integrals. This is straightforward, but very tedious, so it is best done with the help of a computer. We introduce a momentum cutoff \( \Lambda \) and abbreviate the integral over the modulus of the momentum by

\[ \int_p \equiv \int_0^\Lambda \frac{d p p^2}{2\pi^2}. \] (8.48)

Then, after performing the angular integral over the angle between the momentum of the Goldstone mode \( k \) and the fermion momentum \( p \) and using the gap equation (8.36), the results become

\[ a_1 = -\sum_\varepsilon \int_p \frac{(\xi_\varepsilon p)^2}{8(\xi_\varepsilon p)^3} = -\frac{\mu^2}{24\pi^2\Delta^2} - \frac{1}{6\pi^2} + \frac{1}{8\pi^2} \ln \frac{2\Lambda}{\Delta}, \] (8.49a)

\[ a_2 = -\sum_\varepsilon \int_p \frac{1}{8(\xi_\varepsilon p)^3} = -\frac{\mu^2}{8\pi^2\Delta^2} + \frac{1}{8\pi^2} - \frac{1}{8\pi^2} \ln \frac{2\Lambda}{\Delta}, \] (8.49b)
We find the same logarithmic cutoff dependence as in the calculation of the Meissner mass, see Eq. (6.41). Let us abbreviate
\[ \alpha \equiv \frac{\Delta}{\mu}, \quad \beta \equiv \left( \frac{\ln \Lambda}{\Delta} \right)^{-1}. \]

Then, inserting the coefficients (8.49) into Eq. (8.47) yields
\[ \mu^2 = \frac{\beta^2}{3 \beta^3 (1 + 7 \alpha^2 + \alpha^4)} + \beta \alpha^2 (4 - 5 \alpha^2) + 3 \alpha^4 \]
\[ = \frac{\beta}{3} (1 - 3 \alpha^2 + 2 \alpha^4) + \beta \alpha^2 (4 - 5 \alpha^2) + 3 \alpha^4. \]
8.3 Goldstone mode and low-energy expansion

\[ \omega_k = 2\Delta \]

\[ \omega_k = k/\mu \]

\[ \omega_k = k/\sqrt{3} \]

\[ \beta = \frac{\mu^2 G}{2\pi^2}. \]  

(Notice that this dimensionless quantity is not only a measure for the coupling strength, but includes the density of states at the Fermi surface.) Therefore, at weak coupling, and taking the cutoff to be larger than, but of the order of, the chemical potential, we have

\[ \alpha \ll \beta \ll 1, \]  

because \( \alpha \) is exponentially suppressed compared to \( \beta \), while \( \beta \) is small because we assume the coupling to be small.

We see from Eq. (8.51) that, in the limit of infinitesimally small coupling, the slope of the Goldstone mode approaches \( u = 1/\sqrt{3} \). The lowest-order correction is given by the \( \alpha^2 \) term in the denominator and reduces the slope,

\[ u \simeq \frac{1}{\sqrt{3}} \left[ 1 + \left( \frac{2\Delta}{\mu} \frac{2\pi^2}{\mu^2 G} \right)^2 \right]^{-1/2}. \]  

In Fig. 8.2 we plot the zero-temperature dispersion of the Goldstone mode by evaluating the momentum integrals numerically and compare the result with the analytic expression (8.51). In order to see a sizable deviation from \( u = 1/\sqrt{3} \) in the linear regime, we have chosen a relatively large \( \Delta \), too large for the approximation (8.55) to hold. Nevertheless, the deviation goes in the same direction, i.e., reduces the slope compared to \( u = 1/\sqrt{3} \). One can check that there is a parameter regime where this is
no longer true and the slope becomes larger than that value. We also see from the plot that there is a special energy given by $2\Delta$, which is smoothly approached from below by the dispersion for large momenta. We know that beyond this energy fermionic excitations become important. As a consequence, it turns out that the excitations in this energy regime are no longer given by stable quasiparticles. It is beyond the scope of this course to discuss this regime, for related discussions see Ref. [40] for superfluid quark matter and Refs. [37, 38, 131] for ultra-cold fermionic atoms.
Cooper pairing with mismatched Fermi momenta

In all previous chapters where we have discussed fermionic superfluids we have assumed that the two Fermi momenta of the fermions that form a Cooper pair, say fermion A and fermion B, are identical. This is the simplest form of Cooper pairing. It is an interesting question what happens if we release this constraint. The general expectation is that it becomes more difficult for the fermions to form Cooper pairs because Cooper pairing, at least at weak coupling, occurs in a small vicinity of the Fermi surface, as we have seen. Now, when there are two different Fermi surfaces, can the fermions from Fermi surface A pair with fermions from Fermi surface B? If they do so, it seems that they would have to form Cooper pairs with nonzero momentum while, in the standard Cooper pairing, fermions on opposite sides of the same Fermi sphere pair, such that the total momentum of a Cooper pair vanishes. Although nonzero-momentum Cooper pairing is indeed one possibility, we shall see that, if the mismatch in Fermi momenta is sufficiently small, standard Cooper pairing with zero-momentum Cooper pairs is still possible.

The question of mismatched Cooper pairing was first discussed theoretically for an electronic superconductor. In this case, the two fermion species are simply electrons distinguished by their spin, and a mismatch in Fermi momenta can in principle be created by Zeeman splitting in an external magnetic field. This situation has already been envisioned a few years after the development of BCS theory in 1962 by B.S. Chandrasekhar \[41\] and A.M. Clogston \[42\]. However, a clean experimental study of pairing with mismatched Fermi momenta is difficult in this case, because an external magnetic field is obviously in conflict with electronic superconductivity due to the Meissner effect.

In recent years, the question of mismatched Cooper pairing has regained interest in the contexts of quark matter and ultra-cold fermionic atoms. In dense quark matter inside a compact star, the Fermi momenta of the quarks of different flavors are necessarily different. The reason is essentially the difference in masses between the light up and down quarks and the heavier strange quark. Together with the conditions of electric neutrality and chemical equilibrium with respect to the weak interactions, this leads to three different Fermi momenta for unpaired quark matter, for a pedagogical discussion see Ref. \[21\]. An overview over the multitude of possible phases
9 Cooper pairing with mismatched Fermi momenta

that can arise in Cooper-paired quark matter with mismatched Fermi momenta can be found in Ref. [19]. While in dense quark matter the various Fermi momenta at a given density are unambiguously determined by QCD (even though poorly known due to theoretical difficulties), in experiments with ultra-cold fermionic atoms (see chapter 7) this mismatch can be controlled at will. There, an imbalance between two fermion species can be created by unequal populations of two hyperfine states [43, 44], for reviews see Refs. [45, 132]. Another interesting application of the physics discussed in this chapter is chiral symmetry breaking in QCD. In this case, pairs between fermions and anti-fermions form a chiral condensate, and a mismatch is created by a finite baryon chemical potential. Since this kind of pairing does not take place at the Fermi surface, it seems very different from Cooper pairing. Interestingly, however, in the presence of a strong magnetic field, the dynamics of the system are completely analogous to BCS Cooper pairing [133], and in the presence of a chemical potential there is an analogue of the Chandrasekhar-Clogston limit discussed in this chapter [48, 134, 135, 136].

It should be emphasized that the physics of mismatched Cooper pairing is by no means universal. In other words, if you impose a mismatch on quark matter, it will react very differently compared to fermionic atoms under the same constraint. It is not our goal to elaborate on the complications that arise in each specific system. We will focus on a two-species system with mismatch in chemical potentials in a field-theoretical treatment and compute the quasiparticle excitations and the free energy of the paired state. We shall derive the so-called Chandrasekhar-Clogston limit, beyond which the paired state becomes unstable, and discuss whether and how a superfluid can accommodate a difference in charge densities of the two fermion species that pair.

9.1 Quasiparticle excitations

We work in the relativistic field-theoretical formalism of chapters 5, 6, and 8. Additionally, we introduce a two-dimensional space for two fermion species. You can think of these species as two different atoms or two hyperfine states, or two quark flavors etc. As a consequence, the fermion propagator will now be a $16 \times 16$ matrix: 2 degrees of freedom from the two fermion species, 2 from fermions/charge-conjugate fermions (Nambu-Gorkov space), and 4 from spin $\frac{1}{2}$ and particle/antiparticle degrees of freedom (Dirac space). Notice that in three-flavor quark matter, this space is even larger; due to 3 color and 3 flavor degrees of freedom, the fermion propagator is a $72 \times 72$ matrix. For convenience, we will sometimes refer to the two fermion species as “flavors”. We require fermions of different flavors to form Cooper pairs, which we implement by the following ansatz for the gap matrix,

$$\Phi^\pm = \pm \Delta \sigma_1 \gamma_5, \quad (9.1)$$

with the off-diagonal and symmetric Pauli matrix $\sigma_1$. As mentioned below Eq. (5.53), the ansatz must lead to an overall anti-symmetric Cooper pair. Using the same Dirac
structure as for the single-species system in chapter 5, we therefore must add a symmetric structure in the internal flavor space.

We also have to promote the inverse tree-level propagator from Eq. (5.49) to a matrix in flavor space,

\[
(G_0^{\pm})^{-1} = \begin{pmatrix}
\gamma^\mu K_\mu \pm \mu_1 \gamma^0 & 0 \\
0 & \gamma^\mu K_\mu \pm \mu_2 \gamma^0
\end{pmatrix}
\]

\[
= \sum_{e=\pm} \gamma^\mu A_k^{\pm e} \begin{pmatrix}
k_0 \pm (\mu_1 - e \kappa) \\
k_0 \pm (\mu_2 - e \kappa)
\end{pmatrix},
\]

(9.2)

where we have introduced different chemical potentials \( \mu_1 \) and \( \mu_2 \) for the two flavors. Since we work with vanishing fermion masses, the chemical potentials are identical to the Fermi momenta, \( \mu_i = k_{F,i} \). Below it will be convenient to work with the average chemical potential \( \bar{\mu} \) and (half of) the difference between the chemical potentials \( \delta \mu \),

\[
\bar{\mu} \equiv \frac{\mu_1 + \mu_2}{2}, \quad \delta \mu \equiv \frac{\mu_1 - \mu_2}{2}.
\]

(9.3)

Without loss of generality we may assume \( \mu_1 > \mu_2 \), such that \( \delta \mu > 0 \).

The tree-level propagator is easily obtained by inverting \( (G_0^{\pm})^{-1} \),

\[
G_0^{\pm} = \sum_{e=\pm} \gamma^\mu A_k^{\pm e} \begin{pmatrix}
\frac{1}{k_0 \pm (\mu_1 - e \kappa)} & 0 \\
0 & \frac{1}{k_0 \pm (\mu_2 - e \kappa)}
\end{pmatrix}.
\]

(9.4)

Our first goal is to compute the quasiparticle excitations. To this end we need to compute the full propagator from Eq. (5.44a),

\[
G^{\pm} = (((G_0^{\pm})^{-1} - \Phi^\mp G_0^{\mp} \Phi^\pm)^{-1}.
\]

(9.5)

With

\[
\Phi^\mp G_0^{\mp} \Phi^\pm = \sum_{e} \gamma^\mu A_k^{\pm e} \begin{pmatrix}
\frac{\Delta^2}{k_0 \pm (\mu_2 - e \kappa)} & 0 \\
0 & \frac{\Delta^2}{k_0 \pm (\mu_1 - e \kappa)}
\end{pmatrix}
\]

(note the flip of the chemical potentials due to the matrix multiplication in flavor space), we find

\[
G^{\pm} = \sum_{e} \gamma^\mu A_k^{\pm e} \begin{pmatrix}
\frac{k_0 \pm (\mu_2 - e \kappa)}{(k_0 \pm \delta \mu)^2 + (\epsilon_k^e)^2} & 0 \\
0 & \frac{k_0 \pm (\mu_1 - e \kappa)}{(k_0 \pm \delta \mu)^2 + (\epsilon_k^e)^2}
\end{pmatrix},
\]

(9.6)

(9.7)

where we have denoted

\[
\epsilon_k^e \equiv \sqrt{(\bar{\mu} - e \kappa)^2 + \Delta^2},
\]

(9.8)

which, without mismatch, would be the single-particle fermionic excitations in the superfluid. In the derivation of Eq. (9.7) we have used the relation
Cooper pairing with mismatched Fermi momenta

Fig. 9.1. (Color online) Fermionic quasiparticle excitations (in units of $\bar{\mu}$) in an ultra-relativistic superfluid where fermions with different chemical potentials form Cooper pairs. The solid lines show the dispersion relations in the superfluid state, while the dashed and dashed-dotted lines are the dispersions of fermions and fermion-holes of species 1 and 2 in the absence of Cooper pairing. The parameters for this plot are $\delta \mu = 0.1 \bar{\mu}$, $\Delta = 0.2 \bar{\mu}$.

\[
[k_0 \pm (\mu_1 - ek)][k_0 \mp (\mu_2 - ek)] = (k_0 \pm \delta \mu)^2 - (\bar{\mu} - ek)^2. \tag{9.9}
\]

This relation is very useful for the following and will be used multiple times.

We see that the poles of the propagator are

\[
e^{e}_k + \delta \mu, \quad e^{e}_k - \delta \mu, \quad -e^{e}_k + \delta \mu, \quad -e^{e}_k - \delta \mu, \tag{9.10}
\]

i.e., including anti-particles ($e = -$) there are 8 poles. In the absence of pairing, the 8 poles correspond to fermions of species 1 and 2 and fermion-holes of species 1 and 2, and the same for the anti-fermions. In the case of pairing, the new quasiparticles are mixtures of the original ones, but of course the number of excitation branches is still 8. The excitations with and without pairing are shown in Fig. 9.1 where we do not include the anti-fermions. We see that, at low momenta, two of the excitation branches are fermions (fermion holes) of species 1 while, at large momenta, they become fermion holes (fermions) of species 2; in between, they are mixtures thereof. For the other two quasiparticles, exchange 1 and 2 in this sentence. We see that the mismatch leads to a reduction of the effective energy gap, and for $\delta \mu > \Delta$ the effective gap is gone. It turns out, however, that this gapless scenario corresponds to an unstable state, as we shall discuss below.
9.2 Free energy

When we have discussed Cooper pairing in the previous chapters, we have always assumed without proof that the paired state has lower free energy than the non-superfluid state. In principle, this needs to be checked, because the non-superfluid state $\Delta = 0$ is always a solution of the gap equation. In the case of pairing with mismatch, this free energy comparison will turn out to be very important. Therefore, in this section, we compute the free energy and, as a side result, we shall prove that without mismatch the superfluid state is indeed preferred over the non-superfluid state.

As a starting point, let us go back to the free energy density (8.33),

$$\Omega = -\frac{1}{2} T V \sum_K \text{Tr} \ln \mathcal{S} - \frac{1}{T} + \frac{1}{2} T V \sum_K \text{Tr} \left[ 1 - S^{-1} \right],$$

(9.11)

where $\mathcal{S}$ is the propagator in Nambu-Gorkov space (5.43), where we have neglected the contribution of the fluctuations, and where the trace is taken over Nambu-Gorkov, Dirac, and the internal flavor space. For a rigorous derivation in the presence of a mismatch, let us use a more general form of the free energy,

$$\Omega = -\frac{1}{2} T V \sum_K \text{Tr} \ln \mathcal{S} - \frac{1}{T} + \frac{1}{4} T V \sum_K \text{Tr} \left[ 1 - S^{-1} \right],$$

(9.12)

where $S^{-1}$ is the inverse tree-level propagator in Nambu-Gorkov space (5.42). This form of the free energy requires some explanation. It results from the so-called Cornwall-Jackiw-Tomboulis (CJT) or two-particle irreducible (2PI) formalism [137, 138, 139]. This is a self-consistent formalism which is particularly suited for systems with spontaneously broken symmetry. For applications to superfluids and superconductors, see for instance Sec. IV in Ref. [19] and references therein. Without getting into the details of the formalism, let us briefly motivate the form of the free energy (9.12). The CJT effective action density is a functional of the Nambu-Gorkov propagator $\mathcal{S}$,

$$\Gamma[\mathcal{S}] = \frac{1}{2} T V \sum_K \text{Tr} \ln \mathcal{S}^{-1} - \frac{1}{2} T V \sum_K \text{Tr} \left[ 1 - \mathcal{S}^{-1} \right] + \Gamma_2[\mathcal{S}],$$

(9.13)

where $\Gamma_2[\mathcal{S}]$ is the set of all two-particle irreducible diagrams (= diagrams that do not become disconnected by cutting any two of its lines). Extremizing the effective action with respect to the propagator yields the Dyson-Schwinger equation $\mathcal{S}^{-1} = \mathcal{S}_0^{-1} + \Sigma$ (5.41), which, in our context, is the gap equation for the superfluid energy gap. For a concrete calculation, $\Gamma_2[\mathcal{S}]$ has to be truncated at a certain number of loops. To derive the gap equation at one-loop level, one has to go to two-loop level in the effective action. The free energy (9.12) is (the negative of) the effective action density $\Gamma[\mathcal{S}]$ at the stationary point. This is seen by using $\Gamma_2[\mathcal{S}] = \frac{1}{2} T \sum_K \text{Tr} \left[ \Sigma \mathcal{S} \right]$ and expressing $\Sigma$ in terms of $\mathcal{S}_0$ and $\mathcal{S}$ via the Dyson-Schwinger equation. The free energy density (9.12), in turn, is identical to the one from Eq. (9.11), if the latter is
evaluated at the stationary point too, i.e., if we replace $\frac{\partial}{\partial T}$ by a momentum integral with the help of the gap equation (9.36). This is confirmed by the explicit evaluation of Eq. (9.12), for the result see Eq. (9.24).

We now compute the two terms in the free energy (9.12) separately. In the $\text{Tr} \ln$ term, we perform the trace in Nambu-Gorkov space with the help of $\text{Tr} \ln = \ln \det$ and

$$\det \begin{pmatrix} A & B \\ C & D \end{pmatrix} = \det(AD - BD^{-1}CD).$$

Then, with the full inverse propagator from Eq. (5.40),

$$\mathcal{S}^{-1} = \begin{pmatrix} [G_0^+]^{-1} & \Phi^- \\ \Phi^+ & [G_0^-]^{-1} \end{pmatrix},$$

we find

$$\text{Tr} \ln \mathcal{S}^{-1} = \frac{1}{T} \sum_k \ln \det \left( \frac{k_0 - (\mu_1 - ek)}{k_0 - (\mu_2 - ek)} \right).$$

With the inverse tree-level propagators (9.2), we compute

$$[G_0^+]^{-1}[G_0^-]^{-1} = \sum \Lambda_k^{-\epsilon} \left( \begin{array}{cc} k_0^2 - (\mu_1 - ek)^2 & 0 \\ 0 & k_0^2 - (\mu_2 - ek)^2 \end{array} \right),$$

and, with the help of Eqs. (9.1), (9.2), (9.4),

$$\Phi^- G_0^+ \Phi^+ [G_0^-]^{-1} = \Delta^2 \sum \Lambda_k^{-\epsilon} \left( \begin{array}{cc} \frac{k_0 - (\mu_1 - ek)}{k_0 - (\mu_2 - ek)} & 0 \\ 0 & \frac{k_0 - (\mu_2 - ek)}{k_0 - (\mu_1 - ek)} \end{array} \right),$$

such that

$$[G_0^+]^{-1}[G_0^-]^{-1} - \Phi^- G_0^+ \Phi^+ [G_0^-]^{-1}$$

$$= \sum \Lambda_k^{-\epsilon} \left( \begin{array}{cc} \frac{k_0 - (\mu_1 - ek)}{k_0 - (\mu_2 - ek)} \left[ (k_0 + \delta \mu)^2 - (\epsilon_k^e)^2 \right] & 0 \\ 0 & \frac{k_0 - (\mu_2 - ek)}{k_0 - (\mu_1 - ek)} \left[ (k_0 - \delta \mu)^2 - (\epsilon_k^e)^2 \right] \end{array} \right).$$

In Dirac space, this matrix has the form $a_+ \mathcal{P}_+ + a_- \mathcal{P}_-$ with complete, orthogonal projectors $\mathcal{P}_\pm$. For such a matrix, $a_\pm$ are eigenvalues with degeneracy $\text{Tr} \mathcal{P}_\pm$, hence we have $\text{Tr} \ln(a_+ \mathcal{P}_+ + a_- \mathcal{P}_-) = \text{Tr} [\mathcal{P}_+] \ln a_+ + \text{Tr} [\mathcal{P}_-] \ln a_-$. In our case, the degeneracy of each eigenvalue is $\text{Tr} A_k^{-\epsilon} = 2$. Therefore, we obtain

$$- \frac{1}{2} \frac{T}{V} \sum_k \text{Tr} \ln \mathcal{S}^{-1} = \frac{T}{V} \sum_k \left[ \ln \frac{k_0 - (\mu_1 - ek)}{k_0 - (\mu_2 - ek)} \left( k_0 + \delta \mu \right)^2 - (\epsilon_k^e)^2 \right]$$

$$+ \ln \frac{k_0 - (\mu_2 - ek)}{k_0 - (\mu_1 - ek)} \left( k_0 - \delta \mu \right)^2 - (\epsilon_k^e)^2.$$
\[9.2 \text{ Free energy} \]

\[
\frac{\Omega}{V} = - \frac{T}{V} \sum_k \sum_e \left[ \ln \left( \frac{\epsilon_k^e + \delta \mu}{T^2} \right) - \ln \left( \frac{\epsilon_k^e - \delta \mu}{T^2} \right) \right]
\]

\[
= -2 \sum_e \int \frac{d^3k}{(2\pi)^3} \left[ \epsilon_k^e + T \ln \left( 1 + e^{-\frac{\epsilon_k^e - \delta \mu}{T}} \right) + T \ln \left( 1 + e^{-\frac{\epsilon_k^e + \delta \mu}{T}} \right) \right]. \tag{9.20}
\]

where, in the last step, we have performed the Matsubara sum over fermionic Matsubara frequencies \(k_0 = -(2n + 1)i\pi T\) (dropping an infinite constant).

Now we turn to the second term of the free energy (9.12). Performing the trace over Nambu-Gorkov space yields

\[
\text{Tr}\left[ 1 - \mathcal{S}^{-1} \mathcal{S} \right] = \text{Tr} \left[ 2 - [G_0^{\pm}]^{-1} G^+ - [G_0^{-}]^{-1} G^- \right]. \tag{9.21}
\]

We see that the anomalous propagators \(F^\pm\) drop out. Now, with

\[
[G_0^{\pm}]^{-1} G^{\pm} = \sum_e \delta e^e \begin{pmatrix} 1 & \Delta^2 (k_0 + \delta \mu)^2 - (\epsilon_k^e)^2 \\ 0 & 1 & \Delta^2 (k_0 + \delta \mu)^2 - (\epsilon_k^e)^2 \end{pmatrix}, \tag{9.22}
\]

we find, after performing the traces over Dirac and flavor space, and performing the Matsubara sum,

\[
\frac{1}{4} \frac{T}{V} \sum_k \text{Tr}[1 - \mathcal{S}^{-1} \mathcal{S}] = - \frac{T}{V} \sum_k \sum_e \left[ \frac{\Delta^2}{(k_0 + \delta \mu)^2 - (\epsilon_k^e)^2} + \frac{\Delta^2}{(k_0 - \delta \mu)^2 - (\epsilon_k^e)^2} \right]
\]

\[
= \sum_e \int \frac{d^3k}{(2\pi)^3} \frac{\Delta^2}{2\epsilon_k^e} \left[ 1 - f(\epsilon_k^e + \delta \mu) - f(\epsilon_k^e - \delta \mu) \right]. \tag{9.23}
\]

Inserting the results (9.20) and (9.23) into the free energy density (9.12) yields

\[
\Omega = -2 \sum_e \int \frac{d^3k}{(2\pi)^3} \left\{ \epsilon_k^e + T \ln \left( 1 + e^{-\frac{\epsilon_k^e - \delta \mu}{T}} \right) + T \ln \left( 1 + e^{-\frac{\epsilon_k^e + \delta \mu}{T}} \right)
\right. \\

\left. - \frac{\Delta^2}{2\epsilon_k^e} \left[ 1 - f(\epsilon_k^e - \delta \mu) - f(\epsilon_k^e + \delta \mu) \right] \right\}. \tag{9.24}
\]

9.2.1 Chandrasekhar-Clogston limit

Let us evaluate the free energy (9.24) at zero temperature. For this limit, we remember that we have assumed \(\delta \mu > 0\), and we use

\[
\lim_{T \to 0} T \ln (1 + e^{-x/T}) = -x \Theta(-x), \quad \lim_{T \to 0} f(x) = \Theta(-x), \tag{9.25}
\]

\[\text{This can be written in an alternative, maybe more instructive, way as}\]
\[ \Omega = -2 \sum_e \int \frac{d^3k}{(2\pi)^3} \left[ \varepsilon^e_k + (\delta\mu - \varepsilon^e_k) \Theta(\delta\mu - \varepsilon^e_k) - \frac{\Delta^2}{2\varepsilon^e_k} \Theta(\varepsilon^e_k - \delta\mu) \right]. \quad (9.26) \]

By allowing \( \varepsilon^e_k - \delta\mu \) to become negative, we are allowing \( \delta\mu \) to become larger than \( \Delta \). This is the case where there is no energy gap left in the excitation spectrum, as already mentioned above.

First we check that we reproduce the non-superfluid free energy \( \Omega_0 \). This is not completely obvious because setting \( \Delta = 0 \) in the single-particle energies \( \varepsilon^e_k \) yields \( |k - e\bar{\mu}| \), not \( k - e\bar{\mu} \). It is left as an exercise to show that setting \( \Delta = 0 \) in Eq. (9.26) yields
\[ \Omega_0 = \frac{\mu^1}{12\pi^2} - \frac{\mu^2}{12\pi^2}. \quad (9.28) \]

In this form, one recovers the zero-temperature expression for the free energy \( \Omega_0 = \varepsilon - \mu_1 n_1 - \mu_2 n_2 \) with the energy density \( \varepsilon \) and the charge densities of the two fermion species \( n_1, n_2 \). After subtracting the vacuum contribution one obtains the expected result,
\[ \Omega_0 = -\sum_e \int d^3k \left[ |\varepsilon^e_k + \delta\mu| + |\varepsilon^e_k - \delta\mu| - \Delta^2 \Theta(\varepsilon^e_k - \delta\mu) \right] \]
\[ \approx \Omega_0 + \int_{\mu - \delta}^{\mu + \delta} (I^+ - I^-), \quad (9.30) \]

where, in the second step, we have set the antiparticle gap to zero. This is possible because at zero temperature and positive chemical potentials the anti-particles play no role in the physics of the system. Consequently, we have
\[ \Omega = -\sum_e \int \frac{d^3k}{(2\pi)^3} \left\{ [\varepsilon^e_k + \delta\mu] + [\varepsilon^e_k - \delta\mu] - \frac{\Delta^2}{2\varepsilon^e_k} [\text{sgn}(\varepsilon^e_k + \delta\mu) + \text{sgn}(\varepsilon^e_k - \delta\mu)] \right\}, \]

where no assumption about the sign of \( \delta\mu \) has been made.
9.2 Free energy

\[ \Omega = \Omega_0 + \Delta \Omega, \]  
(9.31)

where

\[ \Delta \Omega = \frac{1}{\pi^2} \int_{\mu - \delta}^{\mu + \delta} dkk^2 \left\{ \epsilon_k^+ - \frac{\Lambda^2}{2\epsilon_k^+} + \left( \delta \mu - \epsilon_k^+ + \frac{\Lambda^2}{2\epsilon_k^+} \right) \Theta(\delta \mu - \epsilon_k^+) \right\} \]

\[ - \left[ |k - \bar{\mu}| + (\delta \mu - |k - \bar{\mu}|) \Theta(\delta \mu - |k - \bar{\mu}|) \right] \]  
(9.32)

is the free energy difference between the superfluid and non-superfluid phases. We compute the integrals of the three contributions separately. The first contribution is

\[ \int_{\mu - \delta}^{\mu + \delta} dkk^2 \left( \epsilon_k^+ - \frac{\Lambda^2}{2\epsilon_k^+} \right) = \delta \sqrt{\delta^2 + \Lambda^2} \left( \bar{\mu}^2 + \frac{\delta^2}{2} - \frac{\Lambda^2}{4} \right) + \frac{\Lambda^4}{8} \ln \frac{\sqrt{\delta^2 + \Lambda^2} + \delta}{\sqrt{\delta^2 + \Lambda^2} - \delta} \]

\[ = \bar{\mu}^2 \delta^2 + \frac{\bar{\mu}^2 \Lambda^2}{2} + \frac{\delta^4}{2} + O(\Lambda^4). \]  
(9.33)

Using \( \delta > \delta \mu \), the second contribution becomes

\[ \int_{\mu - \delta}^{\mu + \delta} dkk^2 \left( \delta \mu - \epsilon_k^+ + \frac{\Lambda^2}{2\epsilon_k^+} \right) \Theta(\delta \mu - \epsilon_k^+) \]

\[ = \Theta(\delta \mu - \Delta) \int_{\mu - \delta \mu - \Delta^2}^{\mu + \sqrt{\delta^2 + \Lambda^2}} dkk^2 \left( \delta \mu - \epsilon_k^+ + \frac{\Lambda^2}{2\epsilon_k^+} \right) \]

\[ = \Theta(\delta \mu - \Delta) \left[ \delta \mu \sqrt{\delta \mu^2 - \Delta^2} \left( \bar{\mu}^2 + \frac{\delta^2}{6} + \frac{\Lambda^2}{12} \right) - \frac{\Lambda^4}{8} \ln \frac{\delta \mu + \sqrt{\delta \mu^2 - \Delta^2}}{\delta \mu - \sqrt{\delta \mu^2 - \Delta^2}} \right] \]

\[ = \Theta(\delta \mu - \Delta) \delta \mu^2 \sqrt{\delta \mu^2 - \Delta^2} + O(\Lambda^4). \]  
(9.34)

The neglected terms of order \( \Lambda^4 \) and higher include the terms proportional to \( \delta \mu^4 \) and \( \delta \mu^2 \Lambda^2 \). Finally, the third contribution is

\[ \int_{\mu - \delta}^{\mu + \delta} dkk^2 \left[ |k - \bar{\mu}| + (\delta \mu - |k - \bar{\mu}|) \Theta(\delta \mu - |k - \bar{\mu}|) \right] \]

\[ = \bar{\mu}^2 \delta^2 + \frac{\delta^4}{2} + \bar{\mu}^2 \delta^2 + \frac{\delta^4}{6}. \]  
(9.35)

To be consistent with the expansions of the previous two terms, we need to omit the \( \delta \mu^4 \) term in this result. Then, putting everything together yields

\[ \Delta \Omega \approx \frac{\bar{\mu}^2 \delta \mu^2}{\pi^2} - \frac{\bar{\mu}^2 \Lambda^2}{2\pi^2} - \Theta(\delta \mu - \Delta) \frac{\bar{\mu}^2 \delta \mu \sqrt{\delta \mu^2 - \Delta^2}}{\pi^2}. \]  
(9.36)
Let us first consider the case without mismatch, \( \delta \mu = 0 \). In this case, with \( \mu \equiv \bar{\mu} = \mu_1 = \mu_2 \), the free energy difference is

\[
\Delta \Omega \simeq -\frac{\mu^2 \Delta^2}{2\pi^2}.
\] (9.37)

This contribution to the free energy density is called condensation energy and shows that the free energy is lowered by the gap, i.e., the superfluid state wins over the non-superfluid state for all nonzero values of \( \Delta \), which we had assumed without proof in the previous chapters.

Next, we switch on the mismatch, but keep it smaller than the gap, \( 0 < \delta \mu < \Delta \). In this case,

\[
\Delta \Omega \simeq \frac{\bar{\mu}^2 \delta \mu^2}{\pi^2} - \frac{\bar{\mu}^2 \Delta^2}{2\pi^2}.
\] (9.38)

The mismatch induces an additional, positive, contribution to the free energy: now you not only gain free energy from pairing but also have to pay a price in free energy. The superfluid state is now only preferred over the non-superfluid state for

\[
\delta \mu < \frac{\Delta}{\sqrt{2}}.
\] (9.39)

This is called the Chandrasekhar-Clogston limit. For \( \delta \mu \) beyond this limit, the superfluid state breaks down. It depends on the specific system under consideration whether \( \Delta \) or \( \delta \mu \) is larger. For instance, in experiments with ultra-cold fermionic atoms, both quantities can be more or less controlled independently, since \( \Delta \) is basically a measure of the interaction strength while \( \delta \mu \) (or rather the mismatch in atom number densities \( \delta n \)) can be tuned directly. Therefore, the whole phase diagram in the \( \Delta-\delta \mu \) plane can in principle be explored. In quark matter inside a compact star, on the other hand, both \( \Delta \) and \( \delta \mu \) are complicated functions of a single parameter, the quark chemical potential. Of course, the situation in quark matter is even more complicated because there are several different \( \delta \mu \)'s, and possibly several different \( \Delta \)'s because of the larger number of fermion species.

From Eq. (9.38) we can read off a nice illustrative picture for mismatched Cooper pairing. To this end, let us first write the free energy of the non-superfluid state (9.28) in terms of \( \delta \mu \) and \( \bar{\mu} \). For \( \delta \mu \ll \bar{\mu} \), we have

\[
\Omega_0 = -\frac{\mu_1^4}{12\pi^2} - \frac{\mu_2^4}{12\pi^2} = -\frac{\bar{\mu}^4}{6\pi^2} - \frac{\bar{\mu}^2 \delta \mu^2}{\pi^2} + O(\delta \mu^4).
\] (9.40)

Adding the difference in free energies (9.38) to this expression gives the free energy of the superfluid state in the form

\[
\Omega \simeq -\frac{\bar{\mu}^4}{6\pi^2} - \frac{\bar{\mu}^2 \Delta^2}{2\pi^2}.
\] (9.41)

This is nothing but the free energy of a superfluid where both fermion species have the same Fermi momentum \( \bar{\mu} \). Therefore, the free energy of the superconducting
Fig. 9.2. (Color online) Illustration of the free energy balance for Cooper pairing in a system where Cooper pairs are formed by fermions which, in the absence of pairing, have different Fermi momenta. In the ultra-relativistic limit, these Fermi momenta are given by the chemical potentials $\mu_1$ and $\mu_2$. For sufficiently small values of the mismatch $\delta \mu = (\mu_1 - \mu_2)/2$, the cost in free energy $\propto \mu^2 \delta \mu^2$ is equivalent to the cost needed to create an "intermediate", fictitious state, where both species have the same Fermi momentum $\bar{\mu} = (\mu_1 + \mu_2)/2$. If the condensation energy $\propto \bar{\mu}^2 \Delta^2$ compensates this cost, pairs will form.

state in the presence of a mismatch can be understood by first creating a (fictitious) state where both flavors have one common Fermi surface – paying a cost in free energy $\propto \bar{\mu}^2 \delta \mu^2$ – and then by forming Cooper pairs in the usual BCS way at this common Fermi surface – which yields an energy gain $\propto \bar{\mu}^2 \Delta^2$. If the gain exceeds the cost, pairing will happen. This is illustrated in Fig. 9.2. One immediate consequence of this picture is that the paired state “locks” the two species together, i.e., their charge densities in the paired state are identical.

We plot the difference between the free energies of the superfluid and normal states in Fig. 9.3. Here we have included the term with the step function in Eq. (9.36), i.e., we have allowed for $\delta \mu > \Delta$. However, this scenario occurs beyond the Chandrasekhar-Clogston limit, where the non-superfluid state is always preferred over the superfluid state. We have also plotted two curves for nonzero temperatures, by evaluating the general result (9.24) numerically. The nonzero-temperature results are shown for the same value of the gap. One can think of increasing the coupling constant $G$ such that, even though the temperature is increased, the gap has remained the same. By plotting the result in this way, we do not illustrate the effect of the melting of the Cooper pair condensate, but we see that nonzero temperatures can support a larger mismatch $\delta \mu$ relative to the gap $\Delta$ in the superfluid phase.
Fig. 9.3. (Color online) Difference in free energies $\Delta \Omega$ between superfluid and non-superfluid states as a function of the mismatch $\delta \mu$. For $\Delta \Omega < 0$, the superfluid state is preferred. The zero-temperature result (9.36) is compared to the general result, using (9.24). In this plot, the energy gap is kept fixed for all three temperatures, $\Delta = 0.1 \bar{\mu}$. The vertical dashed line indicates the Chandrasekhar-Clogston limit $\delta \mu = \Delta / \sqrt{2}$.

9.3 Superfluids with mismatched charge densities

So far we have asked the question whether the superfluid state is favored over the non-superfluid state in the presence of a given mismatch in chemical potentials. A related question is whether and when the superfluid state is favored for a given mismatch in the charge density. This is the more relevant question in the context of cold atoms, where experiments with different number densities of the two fermion species can be performed. In quark matter, the situation is more complicated. In this case, there are different fermions with different electric and color charges and one requires the system to be color and electrically neutral. This is also a constraint on the different charge densities, but not all of the charge densities are fixed by this constraint. There are 9 different species (3 colors, 3 flavors), but only two constraints (color & electric neutrality). One might think that in a system of up, down and strange quarks, Cooper pairing can occur in the standard way because the same number of up, down and strange quarks form a neutral system. However, due to the heaviness of the strange quark, it is energetically very costly to fill up the strange Fermi sea as much as the Fermi seas of the light up and down quarks. Therefore, the system wants to become less strange, and to keep electric neutrality with fewer strange quarks, it wants to increase the number of down quarks. This leads to the situation where all three number densities of up, down and strange quarks are different from each other. Therefore, pairing between quarks of different flavors (which is the favorite pairing channel in QCD) is challenged in a similar way as if we consider two atom species.
with fixed and unequal number densities in the laboratory. Therefore, the following question is of general interest.

• Can a fermionic superfluid accommodate different charge densities of the fermion species that form Cooper pairs? And if yes, how? Put differently: if I impose a difference in number densities, can the system be superfluid?

A complete answer to this question is very difficult because, besides the fully gapped state and the non-superfluid state, there are more exotic, partially gapped, superfluids which may form in the case of imbalanced fermion populations. We can only briefly touch these complications, and first will approach the problem by computing the charge densities in the superfluid state. They can be obtained by taking the derivative of the effective action (9.13) with respect to \( \mu_1 \) and \( \mu_2 \). To this end, notice that the derivative with respect to the full propagator \( \mathcal{S} \) vanishes at the stationary point, i.e., we only need to take the explicit derivatives with respect to the chemical potentials. Since they only appear explicitly in the tree-level propagator \( \mathcal{S}_0^{-1} \), we obtain

\[
n_i = \frac{1}{2} T V \sum_K \text{Tr} \left[ \frac{\partial \mathcal{S}_0^{-1}}{\partial \mu_i} \mathcal{S} \right]
\]

where, in the second step, we have performed the trace in Nambu-Gorkov space. This is the generalization of Eq. (5.59) to two flavors. With the propagators (9.2) and (9.7) we obtain after performing the trace in flavor and Dirac space,

\[
n_1 = \frac{T}{V} \sum_K \sum_\epsilon \frac{2k_0^2(e\epsilon - \epsilon^2)}{(k_0 + \delta \mu)^2 - (\epsilon^2)^2} - \frac{2k_0^2(e\epsilon - \epsilon^2)}{(k_0 - \delta \mu)^2 - (\epsilon^2)^2}
\]

\[
= -\sum_\epsilon \int \frac{d^3k}{(2\pi)^3} \left[ \frac{1}{2} \left(1 + \frac{\xi_{\epsilon}^\xi}{\epsilon_{k}} \right) \tanh \frac{\epsilon_{k} - \delta \mu}{2T} - \frac{1}{2} \left(1 - \frac{\xi_{\epsilon}^\xi}{\epsilon_{k}} \right) \tanh \frac{\epsilon_{k} + \delta \mu}{2T} \right],
\]

where, in the last step, we have performed the Matsubara sum and abbreviated \( \xi_{\epsilon}^\xi \equiv k - e\mu \). Since \( n_2 \) is obtained from \( n_1 \) by exchanging \( 1 \leftrightarrow 2 \) and thus by \( \delta \mu \rightarrow -\delta \mu \), we can write the charge densities as
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\[ n_1 = 2 \sum_e e \int \frac{d^3 k}{(2 \pi)^3} \left[ \frac{1}{2} \left( 1 - \frac{\xi_{k_e}^e}{\xi_{k}^e} \right) + \frac{\xi_{k_e}^e}{\xi_{k}^e} f(\xi_{k}^e - \delta \mu) + f(\xi_{k}^e + \delta \mu) \right] \]

\[ + e \frac{f(\xi_{k}^e - \delta \mu) - f(\xi_{k}^e + \delta \mu)}{2} \right], \quad (9.44a) \]

\[ n_2 = 2 \sum_e e \int \frac{d^3 k}{(2 \pi)^3} \left[ \frac{1}{2} \left( 1 - \frac{\xi_{k_e}^e}{\xi_{k}^e} \right) + \frac{\xi_{k_e}^e}{\xi_{k}^e} f(\xi_{k}^e - \delta \mu) + f(\xi_{k}^e + \delta \mu) \right] \]

\[ - e \frac{f(\xi_{k}^e - \delta \mu) - f(\xi_{k}^e + \delta \mu)}{2} \right]. \quad (9.44b) \]

For \( \delta \mu = 0 \) we have \( n_1 = n_2 \equiv n \) and recover the charge density \( n \) from Eq. (5.63).

Let us discuss the charge densities in more detail at zero temperature. In this case, using \( \delta \mu > 0 \),

\[ n_1 = 2 \sum_e e \int \frac{d^3 k}{(2 \pi)^3} \left[ \frac{1}{2} \left( 1 - \frac{\xi_{k_e}^e}{\xi_{k}^e} \right) + e \frac{1 + e \xi_{k_e}^e}{2} \Theta(\delta \mu - \xi_{k}^e) \right], \quad (9.45a) \]

\[ n_2 = 2 \sum_e e \int \frac{d^3 k}{(2 \pi)^3} \left[ \frac{1}{2} \left( 1 - \frac{\xi_{k_e}^e}{\xi_{k}^e} \right) - e \frac{1 - e \xi_{k_e}^e}{2} \Theta(\delta \mu - \xi_{k}^e) \right]. \quad (9.45b) \]

For \( \delta \mu < \Delta \), the step functions do not give a contribution, and the occupation numbers of the two fermion species are both given by the result without mismatch, see Fig. 5.3. This confirms the observation we have made in the context of the free energy: as long as \( \delta \mu < \Delta \), the system behaves almost like a usual superfluid where Cooper pairs at the common Fermi surface \( \bar{\mu} \) are formed. It does not behave exactly like a usual superfluid because, even though not obvious from the charge densities, the mismatch \( \delta \mu \) does matter for some properties of the system. For instance, as we have seen in Fig. 9.1, the energy gap of the quasifermions is effectively reduced from \( \Delta \) to \( \Delta - \delta \mu \).

For \( \delta \mu > \Delta \), the step functions in Eqs. (9.45) become nonzero for certain momenta. Let us focus on the particle contribution \( e = + \), which is the dominant contribution for \( \bar{\mu} \gg \Delta, \delta \mu \). (In the relativistic BCS-BEC crossover, \( \bar{\mu} \) approaches zero in the BEC limit, and anti-particle contributions become important [32, 33, 34].) The step functions yield a contribution from a certain shell in momentum space,

\[ \int_0^\infty dk \Theta(\bar{\delta} \mu - \xi_{k}^+ ) = \Theta(\bar{\delta} \mu - \Delta) \int_{k_-}^{k_+} dk, \quad (9.46) \]

where

\[ k_{\pm} \equiv \bar{\mu} \pm \sqrt{\bar{\delta} \mu^2 - \Delta^2}. \quad (9.47) \]

This shell between \( k_- \) and \( k_+ \), sometimes called “breach” [130], is only populated by fermions of the majority species, see Fig. 9.4. Therefore, at sufficiently large
9.3 Superfluids with mismatched charge densities

\[ \delta \mu > \Delta \]

The superfluid seems to allow for a difference in charge densities. We have to remember, however, that our calculation of the free energy has shown that this state is energetically less favorable than the non-superfluid state, see Fig. 9.3. In other words, if we want more particles of one flavor than of the other flavor, the system will choose not to be superfluid.

In fact, there are situations where the free energy comparison does indicate the breached phase to be preferred. This occurs for instance in dense quark matter under the neutrality constraint \[ \bar{\mu} \]. In this case, however, one finds a more subtle instability: if one computes the Meissner masses for the gluons in such a state – in analogy to our calculation of the photon Meissner mass without mismatch in chapter 6 – one finds imaginary masses for \( \delta \mu > \Delta \), which is unphysical \[ 144, 145, 146, 147 \]. (As a – rather long – exercise, you may repeat the calculation of chapter 6 with a nonzero \( \delta \mu \) to verify this statement.) This indicates an instability. In other words, suppose that among the phases whose free energy we have compared (non-superfluid and superfluid), the breached superfluid turns out to be preferred. Then the imaginary Meissner mass indicates that we have not included the true ground state into our comparison; there must be a state with even lower free energy. This state is a superfluid that breaks rotational and/or translational invariance.

Although the breached state has not been found to be a viable option to the ground state in any case (be it quark matter or cold atoms or nuclear matter etc.), it helps us to understand possible other superfluid states that can accommodate excess particles of one fermion species: instead of the unstable isotropic breach in momentum space, there are stable phases in which the excess, unpaired, particles...
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sit in “caps” at the north and/or south pole of the Fermi sphere \[148, 149, 150\]. In general, these phases exhibit counter-propagating currents and a crystalline structure of the order parameter, i.e., a periodically varying gap function $\Delta(\mathbf{r})$. They are variants of the so-called FFLO phases (also called LOFF phases, if you prefer a more pronounceable version), which have been originally suggested in the context of solid state physics by P. Fulde, R.A. Ferrell \[151\], and A. Larkin, Y. Ovchinnikov \[152\]. The details of these phases are beyond the scope of this course, see Refs. \[153, 154\] for reviews.

Another – maybe less spectacular – option for a superfluid with a mismatch in charge densities is phase separation, as observed in experiments with ultra-cold atoms \[155, 156\]. In such a state, certain regions in position space are filled with a usual superfluid (the center of the trap in the atomic experiments), while others contain the non-superfluid state where excess particles of one species can easily be accommodated.

We conclude this chapter with a brief discussion of the charge densities in the non-relativistic BCS-BEC crossover in the presence of a mismatch. They are given by the $e = \pm$ contributions of Eqs. (9.45),

\[
n_{1/2} = \int \frac{d^3k}{(2\pi)^3} \left[ \frac{1}{2} \left( 1 - \frac{\xi_k}{\varepsilon_k} \right) \pm \frac{1}{2} \left( 1 \pm \frac{\xi_k}{\varepsilon_k} \right) \Theta(\delta\mu - \varepsilon_k) \right], \quad (9.48)
\]

with the ultra-relativistic dispersion relations replaced by

\[
\varepsilon_k = \sqrt{\xi_k^2 + \Delta^2}, \quad \xi_k = \frac{k^2}{2m} - \bar{\mu}. \quad (9.49)
\]

Instead of Eq. (9.47) we now have

\[
k_+^2 = 2m(\bar{\mu} \pm \sqrt{\delta\mu^2 - \Delta^2}). \quad (9.50)
\]

Now remember from chapter that in the BCS-BEC crossover the chemical potential $\bar{\mu}$ is in general not large compared to the gap $\Delta$. This opens up a third qualitatively different situation besides $\delta\mu < \Delta$ (usual pairing) and the breached pairing shown in Fig. 9.4. Namely, if $\delta\mu > \Delta$, we need to distinguish between $\bar{\mu} > \sqrt{\delta\mu^2 - \Delta^2}$ and $\bar{\mu} < \sqrt{\delta\mu^2 - \Delta^2}$. The first case corresponds to the breach. In the second case, there is no $k_-$ and $k_+$ in the breached phase, now simply becomes a sphere with radius $k_+$. This superfluid state is only possible in the BEC regime, where the Cooper pairs have become bosonic molecules. The physical picture of this state is rather simple: all fermions of the minority species (including the ones deep in the Fermi sea) take a partner from the majority species to form a molecule. The remaining unpaired fermions of the majority species form a Fermi sphere with Fermi momentum $k_+$.

In the presence of a mismatch, the BCS-BEC crossover is not really a crossover anymore because phase transitions occur. For a given value of the scattering length, one starts from the usual superfluid at vanishing mismatch. Then, upon increasing the mismatch, some stress is put on the usual Cooper pairing, and some kind of
unusual superfluid occurs, be it a phase-separated state or a LOFF state etc. Then, for a sufficiently large mismatch, Cooper pairing becomes impossible and the non-superfluid state is the ground state. Since these phase transitions occur at values of \( \delta \mu \) that depend on the scattering length, there are also phase transitions in the other direction, i.e., by varying the scattering length at fixed \( \delta \mu \). Therefore, the path from the BCS to the BEC regime is less smooth than in the case without mismatch. The resulting phase diagrams can be found for instance in Ref. [45], see Ref. [34] for a relativistic version.
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