The human face: genes, embryological development and dysmorphology

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ABSTRACT Clinical dysmorphology is a medical specialty which requires training to systematically observe aberrations in facial development and to understand patterns in the recognition of underlying genetic syndromes. An understanding of normal facial embryology and structure, genetic mechanisms that contribute to facial development and the influence of age, sex, epigenetic, environmental and teratogen effects that contribute to facial dysmorphology are essential. The role of software programmes and databases in achieving diagnoses in subtler phenotypes is growing. A description of specific dysmorphisms of various parts of the human face and key genetic and mechanistic pathways are discussed in this review. Recognizing facial patterns and genetic syndromes efficiently aids in planning appropriate tests, securing an accurate diagnosis, counselling and predicting outcomes and offering interventions and therapies where available.

KEY WORDS: human facial dysmorphology, gene, embryology

"Who sees the human face correctly: the photographer, the mirror or the painter?"

Pablo Picasso

Picasso probably did not suspect that a keen dysmorphologist supported with an armamentarium of genetic investigations could possibly be as keen a contender in recognition of human facial features. A constellation of features that consistently appear together in a particular syndrome helps in identification of a specific gestalt (e.g. Down syndrome, velocardiofacial syndrome) (Donnai, 2009). A clinical dysmorphologist is trained to recognize facial phenotypes in the diagnosis of a genetic syndrome or a syndrome in a specific genetic pathway (eg. Noonan variants in RAS-MapKinase pathway). With over 7000 genetic disorders described, many with subtle facial variations, the role of computer programs using 2D and 3D facial profiling in identifying an appropriate match has been discussed in recent literature (Claes, 2014; Dudding-Byth et al., 2017; Gurovich et al., 2019). Research groups from India have also described the use of computer based digitization of images in the accurate description of syndromes like Rubinstein Taybi MIM#180840 (Dalal, 2007) and in surgical management of unilateral cleft lip and palate (Harikrishnan, 2018).

Facial shape and form is orchestrated by an exquisitely timed cascade of developmental genes, signaling molecules and transcription factors, environmental influences including nutrition and geography as well as epigenetic modulation (Fig. 1).

In humans, the face develops mainly from specialized neural crest cells and the process occurs between the 4th and 8th week of gestation (Marcucio et al., 2015). In the 4th week the neural crest derived mesenchyme develops five primordial elevations seen
around the stomodeum (these are the frontonasal prominence, paired maxillary and paired mandibular prominences). At the cephalic end of the embryo, the frontonasal process will eventually form the forehead, upper eyelids and conjunctivae. At the top of the frontonasal process are two nasal placodes. Behind and to the side of these are the developing optic discs. There are three paired branchial arches which form on either side. The first arch divides into an upper maxillary and a lower mandibular prominence. Between the 5th and 6th week, nasal development proceeds with formation of nasal pits, migration to a more central position and fusion with the maxillary process. The lens vesicle invaginates and becomes enclosed in the optic disc. In the 6th week the formation of the jaw (maxillary process) and the auricle of ear begin from the mandibular and hyoid (2nd branchial arch) prominences. At the end of the 7th week, the face take a recognizable shape with formation of eyelids, medial and lateral nasal prominences and formation of the ear pinna (Fig. 2).

From the eighth week onwards till the end of pregnancy, the shape of the face gradually changes to assume its final appearance with the formation of the forehead, medial movement of the eye sockets and upward migration of the ears, all in response to the growth of the underlying brain.

Although the human face is a composite of several sense organs, each with a clear function, the size and pattern of these organs, their location in the face, any deviation from the normal or the presence of an extra organelle, tissue, structure or pigmentedary lesion may help in defining a unique feature linked to a particular syndrome. When the shape of the face is altered in a syndrome, the examiner’s eye tends to focus on the most distinctive abnormality as the key feature upon which to build a search. More often a systematic cephalo-caudal evaluation of descriptive and measurable anomalies in the face and elsewhere in the body associated with clinical experience enables one to make a clinical diagnosis. Confirmation by appropriate genetic studies is often the concluding step in diagnosis. In this review, a small number of illustrative examples are used to highlight involvement of one or more parts

Fig. 1. Gene association with regionalised facial features in normal populations. Taken from: RICHMOND S., HOWE L.J., LEWIS S., STERGIAKOULI E., ZHUROV A. (2018). Facial Genetics: A Brief Overview. Front Genet 9: 462. Licence: CC BY 4.0.

Fig. 2. Cartoon depicting frontal view of human embryonic face between 6-7 weeks gestation.
of the face. This is by no means a comprehensive anthology of facial dysmorphisms but a summary of some special situations in syndrome specification.

Craniosynostosis and the shape of the head

Embryological contribution towards formation of skull bones is thought to be from both the cranial neural crest cells and paraxial mesoderm and begins between 23-26 day post-fertilization (Lattanz et al., 2017). Premature fusion of one or more cranial sutures causes craniosynostosis, altering the shape of the head and, sometimes, the underlying brain (Fig. 3).

Compensatory overgrowth of the skull occurs in a direction perpendicular to the fused suture. Strictly speaking, craniosynostoses do not directly alter facial morphology but may result in secondary dysmorphology in the form of facial asymmetry, triangular or tower shaped skull, proptosis of eyes and shape and size abnormalities of the ear. The prevalence of craniosynostosis is reported to be 1 in 1400 - 2100 with a rising frequency of cases noted in recent years (Wilkie et al., 2017). The most widely studied genes responsible in the causation of both syndromic and non-syndromic craniosynostosis are the fibroblast growth factor receptor genes (all of which have a common ancestral origin). The commonest of these, FGFR2 and FGFR3 have an association with increased paternal age and may account for the increasing frequency of craniosynostoses in some societies. This is believed to be due to germline mosaicism in testicular tissue with a positive selection for the gain of function mutations causing syndromic or non-syndromic craniosynostosis (Twigg et al., 2015).

Premature fusion of one or more sutures have implications for both aesthetic as well as intellectual purposes (because of mechanical effects on the developing brain). Since the first report of MSX2 in association with craniosynostosis (Jabs et al., 1993), over 57 human genes had been identified till 2015 (Twigg et al., 2015) and a further 39 genes since then in the causation of over 170 syndromic or non-syndromic types of craniosynostosis (Lattanz et al., 2017; Goos, 2019). Mutations in just six genes (FGFR2, FGFR3, TWIST1, EFNB1, TCF12 and ERF) account for over 75% of all cases with craniosynostoses (Wilkie et al., 2017). A recent Indian GWAS study using multiple bioinformatic tools to analyze sequences in known genes demonstrated comprehensive prediction of causative variants and pathways in both syndromic and non-syndromic craniosynostosis (Barik et al., 2018). The most frequently affected are the sagittal sutures, followed by metopic and coronal sutures. Of the more recent genes implicated in midline sutural defects (metopic and/or sagittal synostosis) is SMAD6 which works through the bone morphogenetic protein (BMP) pathway. Heterozygous mutations in SMAD6 have often been reported in an affected child and an apparently unaffected parent. One explanation for this incomplete penetrance is likely to be di-genic inheritance. SMAD6 gene mutation positive individuals were sequenced for a previously reported single nucleotide polymorphism (SNP) rs1884302 located in the vicinity of BMP2 gene (Timberlake et al., 2016). Midline synostosis affected individuals were found to harbour the high risk allele in this SNP and unaffected family members had the low risk allele/s supporting digenic inheritance from two components of the BMP pathway. SMAD6 mutations are also associated with bicuspid aortic valves and ascending aorta dilatation, raising the question whether all affected patients with craniosynostoses should be screened for cardiac defects (Yassine et al., 2017).

Eyebrows

Facial hair has reduced considerably in the modern human as compared to his ancient ancestors. The purpose of eyebrows existing has been discussed in a number of previous studies: an
evolutionary remnant of facial hair, a shelf like projection that provides modest protection from fluids streaming into eyes, an aesthetic part which can be modified to enhance facial attractiveness or an important instrument of facial expression (Sadr et al., 2003). Very few studies have focused on the inheritance of eyebrow patterns (Rozprym, 1934, Devi I, 1959). Most of these observational studies among distinct ethnic groups describe patterns which are similar between parents and offspring suggesting a dominant pattern of inheritance. One of the most distinct eyebrow patterns is when the two eyebrows meet medially at the glabella of the nose: referred to as synophrys (or unibrow). Synophrys is a recognizable feature in a number of genetic syndromes, most notably Cornelia de Lange syndrome MIM#122470 (Fig. 4).

Multiple genes, all members of the Cohesin complex have been implicated in the causation of severe and milder forms of Cornelia de Lange syndrome. Synophrys or unibrow can occur in otherwise normal individuals albeit with generalized hirsutism (Kumar P, 2017). Indeed a self-portrait of the famed Mexican artist Frida Kahlo highlights her unibrow and facial hirsutism, reminiscent of mild Cornelia de Lange syndrome. In 2016, a genome-wide association study (GWAS) looking for genes responsible for facial features reported that the gene linked to unibrow was \( PAX3 \) which is also important for the patterning of the nasion or glabella (also discussed later) (Adhikari et al., 2016). There are many other syndromes where a distinct eyebrow pattern forms a part of the recognizable phenotype consistently, such as straight eyebrows in chromosome 1p36 microdeletion and the interrupted eyebrows of Kabuki syndrome MIM147920 (Fig. 5), but the exact mechanisms for these patterns are not determined.

### Nose

A genome wide association study (GWAS) of facial features in around 6000 Latin American individuals showed that certain genetic markers were linked significantly with the shape of the nose (Adhikari et al., 2016). These included \( DCHS2, GLI3, \) and \( RUNX2 \) genes which are associated with inclination of nasal tip and breadth of the nose wing and tip respectively. The tip of the nose and the alae nasi are derived from the medial nasal segment. \( DCHS2 \) itself is involved in nasal shape by stacking of chondrocytes and also acts through its effects on \( SOX9 \) expression (Le Pabic, 2014). Heterozygous mutations in \( SOX9 \) are known to cause Campomelic dysplasia MIM#114290, a rare systemic skeletal disorder which affects both bone and cartilage by disruption of \( COL2A1 \) gene (Bell et al., 1997).

The nasal bridge or root is between the two eyes and the width of this part: also called the nason is determined by \( PAX3 \) (Paternoster, 2012). Heterozygous mutations in \( PAX3 \) cause Waardenburg syndrome Type 1 (WS1) MIM#193500. WS1 is an autosomal dominant disorder causing dystopia canthorum (lateral displacement of the inner canthus of the eye), segmental hypopigmentation of face and hair and bilateral deafness (Fig. 6). Waardenburg syndrome Type 2 (WS2) MIM#193510 which is caused by mutations in \( MITF \) gene can have all other features seen in WS1 but does not manifest with widely spaced eyes (Liu, 1995). The widening of the nason causing dystopia canthorum occurs due to \( PAX3 \) mutations and is a consistent recognizable feature in WS1.

Bi-allelic mutations in \( TONSL \) gene encoding a key scaffold protein involved in DNA replication were recently described in a very rare skeletal disorder with the acronym SPONASTRIME (spondyloepimetafysal dysplasia in a cohort of affected Indians and Koreans (Chang et al., 2019). The main dysmorphic finding present in all affected was a depressed nasal bridge with a short upturned nose. This distinct facial feature along with short stature is key in recognition of an otherwise rare disorder.

### Oro-facial clefting

Facial clefts affect 1.2/1000 live births, with isolated cleft lip and cleft lip and palate being the commonest
et al. – et al., of cholesterol biosynthesis alter intracellular Sonic Hedgehog abnormalities. Recent studies have shown that intermediaries anomalies, intellectual disability, cleft palate, digital and genital SLOs, a multisystem disorder with microcephaly, structural brain gene. 

A recessive metabolic disorder caused by mutations in \( SHH \) is known to cause frontonasal dysplasia type 3 (FND3)MIM*601527 with severe mid oro-facial clefting caused by failure of fusion of the midfrontal and maxillary processes. Surprisingly for such an extensive defect, intellectual functioning is minimally affected (Umair et al., 2010). Heterozygous mutations in females are thought to cause a more severe phenotype in affected males (Makarov, 2010). Several studies have suggested that timing of the disruption of cellular interference is also important in predicting clinical severity and prognosis (Wu et al., 2007).

Cranio-fronto-nasal syndrome (CFNS) is an X-linked condition which, interestingly, has more severe manifestations in affected hemizygous males than in hemizygous females. The causative gene \( EFN B1 \) encodes a transmembrane protein Ephrin-B1 which interacts with tyrosine kinase receptors to cause bidirectional signalling. These signals result in multiple cellular functions including adhesion, migration and midline fusion as well as neural development. Heterozygous mutations in females are thought to cause more severe phenotype in females (Makarov, 2010).

The resulting syndrome presents with an asymmetric skull shape, hair abnormalities, premature fusion of cranial sutures, widely placed eyes, bifid tip of nose and grooved nails, while males may have only hypertelorism (wide spaced eyes). Mosaic mutations in \( EFN B1 \) affecting males have also been reported with a more severe phenotype than in hemizygous males, supporting the theory of cellular interference (Twigg et al., 2013). A similar mechanism of cellular interference is also seen in a different condition called EFMR or epilepsy and mental retardation restricted to females caused by \( P C D H 1 9 \) gene mutations resulting in more severe epileptic encephalopathy in affected females (Sadleir, 2016).

Over 600 genetic syndromes have cleft lip with or without cleft palate (CLP) as an accompanying feature.
With regard to syndromic cleft lip and palate, the commonest is van der Woude syndrome MIM#119300 accounting for 2% of all individuals with CLP (Jugessur et al., 2009; Stuppio et al., 2011). Van der Woude syndrome is an autosomal dominant disorder presenting with lip pits or lumps on the lower lip (present in two thirds) and CLP caused by mutations in IRF6 gene. Interferon regulatory factor-6 is a transcription factor and the resulting protein is expressed in the end of the paired palatal shelves before and during their fusion and is also expressed in skin. Incomplete penetrance, highly variable expression and lower than expected recurrence in close relatives also suggests the effect of modifier genes. A sequence variant in the highly conserved SMIR domain of IRF6 gene (present in 22% Asians and 3% Caucasians) is believed to be responsible for variation in the phenotypic features of this syndrome. (Kondo et al., 2002)

**Mouth**

Oro-facio-digital syndromes (OFDS) are a heterogenous group of inherited disorders in which at least 16 different genes are implicated and may be as rare as 1 in 50,000-250,000 births (Bruel et al., 2017). The common clinical features seen in the majority are: midline cleft or pseudo-cleft of the upper lip, multiple oral frenulae, lingual hamartomas, dental abnormalities and polydactyly in one or more limbs (Fig. 8).

Additionally, structural abnormalities of the heart, kidney or brain may also occur. A distinctive and specific clinical feature is the lingual hamartoma seen in several subtypes. Lingual hamartomas are benign, asymptomatic, whitish overgrown mature leiomyomatous tissue seen at the base or side of the tongue (Fadzilah et al., 2016). While it can be an isolated finding, it is usually associated with various subtypes of OFDS. Causation in the majority of types is by ciliopathy genes involving primary cilia structure and function. It is not clear though whether ciliary dysfunction can explain all the phenotypic effects seen in this disorder and if SHH function is found to be deranged in some cases.

**Chin and mandible**

Epigenetic modulation of human facial development has been alluded to in many studies. A detailed atlas of tissue specific regulatory sequences important in craniofacial development has recently been published. This study profiles non-coding variants throughout the genome with functional data and chromatin activity which enrich enhancers of oro-facial clefting in early embryonic life and influence human face patterning and shape in later embryonic period (Wilderman et al., 2018). Cranio-facial abnormalities affecting the jaw bone or mandible alter the shape of the lower part of the face. The shape of the mandible appears to be highly influenced by effects of non-coding regulatory elements. Two very similar rare hyperostotic disorders, sclerosteosis and van Buchem disease present with a broad jaw and skull abnormalities, the sclerotic deformity of the skull causing progressive compression of cranial nerves, pain and neurological abnormalities. The majority of cases of sclerosteosis have been described in Europeans, however a recent southern Indian study reported both autosomal recessive and dominant sclerosteosis in Tamil Nadu with likely founder mutations in SOST and LRP4 genes (Whyte et al., 2018). While sclerosteosis, the more severe recessive disorder was found to be caused by homozygous mutations in the SOST gene encoding sclerostin, the cause of van Buchem disease remained elusive. More recently, a recurrent homozygous 52Kb deletion in non-coding DNA 35Kb downstream of SOST gene was reported in all patients of van Buchem disease (Loots et al., 2005) suggesting a distant regulatory sequence influencing a gene underlying an important dysmorphic craniofacial syndrome. Further studies narrowed the evolutionarily conserved region ECR5 within the 52Kb region as being the bone growth enhancer. Better knowledge of the role of this regulatory mechanism may be exploited in developing a therapy in commoner diseases such as osteoporosis.

In contrast to the broad jaw of van Buchem syndrome, Pierre Robin sequence (PBS) comprises of a triad of features: micrognathia (small jaw), cleft of the median palate and glossoptosis (posteriorly placed tongue). Inherited PBS may be isolated or part of a Mendelian disorder such as Stickler syndrome, velocardiofacial syndrome and campomelic skeletal dysplasia. In some familial cases of familial PBS, a breakpoint was noted in Chromosome 17q24. This was located between two important genes SOX9 gene (implicated in campomelic dysplasia) and KCNJ2. The area between these two genes has highly evolutionary conserved regions. Reduced expression of mRNA in both SOX9 and KCNJ2 in such cases suggest a distance effect on one or both genes in the causation of PBS (Jakobsen, 2007).

Another interesting condition affecting the mandible is Treacher Collins syndrome MIM#154500. First described highlighting its eye manifestations (Collins, 1933), this syndrome features a downward slant of eyes with a characteristic coloboma of the lower eyelid, ear deformities, hypoplastic mandibular rami, micrognathia, a wide mouth, cleft palate and normal intellect in the majority. Heterozygous mutations in TCOF1 gene encoding Trecacle protein are implicated in nearly two thirds of affected individuals (Vincent et al., 2016). Most pathogenic mutations cause loss of protein function and/or haploinsufficiency. Recent studies report that haploinsufficiency in TCOF1 results in reduction of DDX21 (a RNA helicase) from the nucleolus to nucleoplasm which in turn activates p53 gene based.

![Image of Oro-facio digital syndrome](Author's own patients, reproduced with permission).

Fig. 8. Oro-facio digital syndrome. (A,B) lingual hamartoma (arrow), missed median cleft upper lip. (C,D,E) Mesio- and post-axial polydactyly.
cell apoptosis and blocks ribosomal biogenesis. This interesting phenomenon occurs singularly in cranial neural crest cells which causes a tissue specific craniofacial phenotype, illustrating the tissue specific and dosage dependent effects of a generalized disruptor. Blocking DDX21 re-localization can help rescue the craniofacial dysmorphology in Treacher Collins syndrome (Calo et al., 2018). DDX21 is also important in blood formation and its nucleolar re-localization is associated with the very rare Diamond-Blackfan syndrome causing severe anaemia due to red cell aplasia.

Another rare acro-facial dysostosis that mimics the facial features of Treacher Collins syndrome is Nager syndrome MIM#154400. Both Nager and the extremely rare Rodriguez syndromes are caused by autosomal dominant mutations or haploinsufficiency in SF3B4 gene. SF3B4 protein belongs to the family of splicesosmes that exclude introns and ligate exons in mRNA splicing. Other cranio-facial disorders caused by heterozygous mutations in splicesosomal genes include mandibulofacial dysostosis type Guion-Almeida (MFDGA) MIM#10536 and cerebro-costo-mandibular syndrome (CCMS) MIM#117650 (Lehalle et al., 2015).

**External ear**

As alluded to previously, the auricle or pinna in humans begins with formation of six mesenchymal hillocks (between 40 - 45<sup>th</sup> day of embryonic life). The first three arise from the mandibular or first branchial arch and the last three from the hyoid or second branchial arch. Fusion and patterning of these six protuberances forms the pinna over the next two months. Preauricular skin tags are embryological outgrowths from the mandibular groove of the first branchial arch (Bartel-Friedrich, 2007). Around the 6<sup>th</sup> week of gestation, migration of the hyoid mandibular arch laterally towards the cheek occurs with dynamic facial growth. This causes ear tags to be located in the line connecting the ear and the angle of the mouth. If these tags are associated with facial asymmetry, eye and cervical vertebral anomalies, it is known as Goldenhar syndrome MIM%164210 (also called oculo-auriculo-vertebral spectrum OAVS). Although OAVS is a sporadic defect in the majority of affected individuals, familial occurrences are reported and follow an autosomal dominant inheritance pattern. Recent studies have identified a small number of OAV cases with a heterozygous variant in MYT1 gene (Lopez et al., 2016; Berenguer et al., 2017). The overexpression of MYT1 is known to cause a downstream effect in the retinoic acid metabolism. Defects in the retinoic acid (Vitamin A) pathway are also responsible for cranio-facial anomalies mimicking OAVS.

Absence or underdevelopment of the auricle/pinna and the external auditory canal (EAC) is known as microtia or anotia. It usually affects males (3:1), is unilateral (70-90%) and right-sided (60%) (Bartel-Friedrich, 2015). Microtia is associated with syndromes in 20-60% of cases most notably OAVS and Treacher Collins syndrome and is often accompanied by conductive hearing loss (90%). Only a few genes have been identified in the causation of isolated and syndromic microtia, of which the homeobox genes have been considered the most significant. HOXA1 and B1 mutations cause anotia in mice, whereas HOXA2 mutations cause microtia in both humans and mice. Development of the early branchial protuberances are defective in HOXA2 mutants.

Methylation studies in EYA1 gene (one of the causative genes in Branchio-oto-renal syndrome) have demonstrated hypomethylation of the promoter in some individuals with microtia (Lin et al., 2009). The haploinsufficiency seen in TCOF1 gene in Treacher Collins syndrome which results in ribosome biogenesis defect is also believed to cause neural crest epithelium cell (NCC) depletion. Reduced numbers of NCC in the first and second arches may be the cause of microtia and other ear dysplasias seen in Treacher Collins syndrome. Diabetic and retinoid embryopathies are believed to follow the same mechanism in causation of external ear anomalies (Trainor, 2010). Hence, the causation of microtia is known to be influenced by chromosomal alterations, genetic variants, environmental factors including teratogens, methylation defects, ribosome biogenesis and neural crest cell insufficiency, each factor acting singly or together to cause a significant birth defect in humans (Luquetti et al., 2012). Other congenital malformations and indeed syndromes may also have similar combinatorial aetiologic mechanisms involved in their causation.

**Discussion**

Newer mechanistic approaches using various vertebrate and non-vertebrate animal models have been employed to learn about human craniofacial development. Both forward and reverse modelling from animal to man and the converse have been used in delineating new mutations and their role in facial formation and specific dysmorphology (Otterloo, 2016). The use of next generation sequencing (NGS) with high level phenotyping data in deciphering dysmorphic syndromes have been invaluable in understanding cranio-facial developmental pathways. Previously, many studies involving facial dysmorphology were based on observational findings in clinical situations and pattern recognition in familiar syndromes. This has now changed to reverse dysmorphology as NGS based testing is being used to identify new genes or new mutations in known genes, evolving new algorithms to describe hitherto unknown syndromes and recognizing subtler phenotypes. Newer databases compiling these data and creating consortia in craniofacial research are now emerging. One such endeavour is the Facebase consortium (Brinkley et al., 2016). However, in spite of all these resources, developing clear genotype-phenotype maps still poses the greatest challenge (Hallgrimsson, 2014).

With this body of emerging knowledge and newer molecular tools to manipulate genetic mutations in model systems, the future promises to be exciting, both in better understanding of dysmorphic genetic syndromes as well as finding the means to treat or rectify some of the serious medical or aesthetic effects of these syndromes. The complexity of processes in the formation of the face will mandate the development of mathematical algorithms incorporating data garnered from all the -omics studies, influences of the environment, age, anthropometry and ethnicity to predict “why we look as we do” (Richmond et al., 2018) and also to predict any diversions from the norm that contribute to consistent facial dysmorphology in specific syndromes.

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