Correlation of the Expression of BRAF V600E Mutation With Various Phenotypic Expressions of Thyroid Neoplasms

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Abstract

Aims

We aimed to assess the incidence of the BRAF V600E mutation in thyroid neoplasms at a tertiary care center and its association with various phenotypic features.

Methods and material

We included all cases diagnosed as thyroid neoplasm in the past decade at the Department of Pathology of our institute and obtained their clinical details from the medical records department of the institute after obtaining permission from the authorities and due International Human Epigenome Consortium clearance. We included data on age, sex, clinical presentation, hormone status, and T and N status of the malignant neoplasms. Hematoxylin and eosin (H&E) slides of all cases were evaluated for the type of neoplasm, nuclear features, invasion into the capsule and vascular spaces, extrathyroidal extension, lymph node metastases, mitoses, necrosis, and presence/absence of amyloid. Paraffin blocks of sections with high tumor density and less normal tissue were chosen for evaluation after H&E staining. The slides showing tumors with large areas of hemorrhage, cystic change, or necrosis were excluded. Two primers were used to amplify a 339-bp fragment containing the V600E mutation in exon 15 of BRAF. Tissues were prepared from formalin-fixed paraffin-embedded (FFPE) blocks, and DNA was isolated using a standard protocol BRAF NF and BRAF NR Primer Standardized Protocol For FFPE Tissue DNA. Percentages and tables have been used for data presentation.

Results

Among 47 identified cases, 14 were positive for the BRAF V600E mutation and had papillary carcinoma (n = 9) or follicular neoplasms (n = 5; follicular adenoma, n = 3; follicular carcinoma, n = 2). In the BRAF-positive papillary carcinomas, five cases were aged 20-30 years, eight were female, eight (88.88%) were euthyroid, and one was hypothyroid. Furthermore, 55.55% (5/9 cases) of BRAF-positive cases were stage I, 33.3% (3/9 cases) were stage II, and 0.02% (1/9 cases) were stage III.

Conclusions

In our cohort, 31% of cases of papillary thyroid carcinoma (PTC) and 18.72% of follicular neoplasms expressed the BRAF V600E mutation.

BRAF V600E mutation-positive papillary thyroid carcinomas consistently showed all characteristic nuclear features, such as nuclear crowding, overlapping, and grooves.

Considering the greater prevalence in the younger age group, the importance of mutation surveillance in PTCs for a total thyroidectomy may be warranted in mutation-positive patients.

Categories: Endocrinology/Diabetes/Metabolism, Pathology, Oncology

Keywords: braf v600e mutation, papillary carcinoma, thyroid gland, thyroid neoplasms, thyroid malignancies

Introduction

Thyroid cancers account for approximately 1% of all malignancies and are one of the most common malignancies of the endocrine system [1,2]. The development of malignancy in the thyroid is influenced by both environmental factors as well as genetic factors. Specifically, the thyroid is vulnerable to genotoxic effects of radioactive iodine and nongenotoxic effects (thyroid-stimulating hormone stimulation) of iodine...
Most thyroid tumors can be diagnosed based on morphological assessment and immunohistochemical findings [4,5]. As altered gene expression can be discovered before morphological changes, knowledge regarding the genetic background helps in understanding thyroid carcinogenesis and facilitates the planning of appropriate therapeutic strategies and development of drugs that target specific molecules. Thyroid tumors are classified based on the 2004 World Health Organization guidelines [3]. Recently, the RAS-RAF-MAP kinase signaling pathway has been implicated in many cancers, particularly more frequently in thyroid carcinomas, with the BRAF V600E mutation playing a vital role in papillary thyroid carcinoma. Furthermore, the BRAF mutation is specific for papillary carcinoma, is associated with poorer outcomes, and is frequently noted in high-grade tumors [6-8].

**BRAF: an overview**

BRAF is a serine-threonine kinase belonging to the family of RAF proteins. It acts upstream of MEK1/2 kinases in response to RAS signals. BRAF mutations are involved in early thyroid carcinogenesis and are somatic genetic alterations rather than germline mutations [9,10]. BRAF mutations occur early and play an important role in the pathogenesis of papillary thyroid carcinoma (PTC). Point mutations of BRAF are the most common types of mutations and occur in approximately 40%-45% of cases [11,12]. Other studies have reported [13,14] BRAF mutation rates of 55%-69% in PTC. The most common BRAF mutation is V600E, which is from missense thymine (T) to adenine (A) transversion at nucleotide 1799 in exon 15. This results in the substitution of valine by glutamate at residue 600. A less common mutation is the K601E mutation found in thyroid cancer [15,16]. Structurally, the RAF protein is divided into two functional domains, namely, the N-terminal and C-terminal regulatory domains, with three conserved regions (CR 1, 2, and 3). CR1 and CR2 are present in the N-terminal domain and CR3 in the C-terminal domain [17].

Normally, RAS proteins are attached to the plasma membrane on the cytoplasmic side of the cell, endoplasmic reticulum, and Golgi membrane and are activated by growth factors binding to receptors at the plasma membrane. In an inactive state, RAS proteins bind to guanosine diphosphate (GDP), and upon activation, exchange GDP with guanosine triphosphate (GTP), leading to a conformational change that produces active RAS [2]. This activated RAS binds to the RAS-binding domain in CR1 of RAF, recruits RAF to the membrane, and activates a downstream signaling cascade wherein RAF phosphorylates mitogen-activated protein kinase (MAPK) [17]. Extracellular signal-regulated kinases 1 and 2 (MEK 1 and 2) become activated, which consecutively phosphorylate and activate extracellular signal-regulated kinases 1 and 2 (ERK 1 and 2). Activated ERK migrates to the nucleus where it activates various transcription factors that trigger cell cycle progression and result in cell proliferation and differentiation [8]. The RAF protein has three isoforms, ARAF, BRAF, and CRAF. Among these, BRAF is the most common isoform and most commonly mutated isoform because it has higher basal kinase activity [17]. Additionally, BRAF protein expression is higher in hematopoietic cells, neurons, and testicles; is the predominant isoform [18,19] in thyroid follicular cells; and is the most potent activator of the MAPK pathway. Gain-of-function BRAF mutations function as an alternate pathway for aberrant activation of ERK signaling, resulting in constitutive activation of BRAF kinase, i.e., it can phosphorylate MEK as monomers in a RAS-independent manner. Such chronic stimulation of the MAPK pathway results in increased proliferation but reduced survival and differentiation of cells [11]. This signaling cascade is implicated in the etiology of several human cancers including malignant melanoma; thyroid, colorectal, and ovarian carcinomas; and carcinomas of the biliary tract, ovary, and cervix [9,20].

**BRAF expression in thyroid carcinomas**

Thyroid malignancies are predominantly diagnosed based on morphological assessment alone, and an immunohistochemical study is beneficial in confirming the diagnosis and establishing prognosis if tumor(s) exhibits unusual patterns. A significant improvement has been noted in the knowledge of molecular alterations over the past two decades in all tumors, including thyroid malignancies, and oncogenic BRAF activation represents one of the most prevalent molecular alterations. Reportedly, BRAF mutations are associated with poorer clinicopathological outcomes [21,22]. Among its various subtypes, BRAF most commonly occurred in the tall cell variant of PTC, followed by conventional PTC, and less commonly in the follicular variant of PTC. The tall cell variant is the most aggressive tumor, indicating that BRAF mutations are associated with poorer outcomes [9,23]. Other factors associated with the mutation and aggressive tumor phenotype include older age, extrathyroidal tumor invasion, lymph node, and distant metastasis, higher tumor stage, and poorly differentiated cancer [21,22,24-26].

Frasca et al [27] found that the presence of the BRAF V600E mutation in PTC is associated with aggressive tumor behavior and that tumor aggressiveness is independent of tumor size, suggesting that even small BRAF-positive tumors carry a higher risk of progression and invasiveness than BRAF-negative tumors.

BRAF mutations can be readily tested on thyroid tissue samples obtained by fine-needle aspiration with high preoperative clinicopathological prognostic capabilities in PTC. However, they have limited diagnostic value because [28-30] of low sensitivity in cytologically indeterminate specimens that are mostly non-PTC.
and therefore do not harbor the BRAF mutation. Nonetheless, controversies regarding BRAF mutations with poorer clinicopathological outcomes in papillary thyroid cancers have been reported in some studies [31,32]. In the thyroid, apart from papillary carcinomas, BRAF mutations are expressed in anaplastic carcinoma and poorly differentiated carcinoma (prevalence, 20%-30%, and 10%-15%, respectively).

BRAF-mutated, poorly differentiated, anaplastic carcinoma will have a papillary component, suggesting that these tumors progress from BRAF-positive papillary carcinoma [33-36]. The BRAF V600E mutation is not found in follicular thyroid cancers and benign thyroid nodules [23]. However, the other BRAF mutation, K601E, has been detected in follicular adenoma, carcinoma, and follicular variants of PTC. However, Kebebew et al reported a BRAF V600E mutation in one case of follicular carcinoma [22]. Newly developed mitogen extracellular kinase (MEK) inhibitors are particularly promising therapeutic agents for thyroid cancer. With these advances, it has become clearer that BRAF mutation will likely have a significant impact on the clinical management of PTC. Thus, this study aimed to assess the incidence of the BRAF V600E mutation in thyroid neoplasms at a tertiary care center and its association with various phenotypic features.

Materials And Methods

We included all cases diagnosed as thyroid neoplasm in the past decade at the Department of Pathology of our institute and obtained their clinical details from the medical records department of the institute after obtaining permission from the authorities and due International Human Epigenome Consortium clearance (IRB number/Proposal number: 10/098). We included data on age, sex, clinical presentation, hormone status, and T and N status of the malignant neoplasms. Hematoxylin and eosin (H&E) slides of all cases were evaluated for the type of neoplasm, nuclear features, invasion into the capsule and vascular spaces, extrathyroidal extension, lymph node metastases, mitoses, necrosis, and presence/absence of amyloid. Paraffin blocks of sections with high tumor density and less normal tissue were chosen for evaluation after H&E staining. The slides showing tumors with large areas of hemorrhage, cystic change, or necrosis were excluded. Two primers were used to amplify a 339-bp fragment containing the V600E mutation in exon 15 of BRAF. Tissues were prepared from formalin-fixed paraffin-embedded (FFPE) blocks, and DNA was isolated using a standard protocol BRAF NF & BRAF NR Primer Standardized Protocol For FFPE Tissue DNA (Figures 1-4). Percentages and tables have been used for data presentation.
FIGURE 1: Steps in BRAF mutation analysis in various thyroid neoplasms.

FFPE: formalin-fixed paraffin-embedded; PCR: polymerase chain reaction; RFLP: restriction fragment length polymorphism

FIGURE 2: Agarose gel electrophoresis: DNA extraction.
Results

Of the 50 identified cases, DNA could only be extracted from 47 because extraction proved futile in the remaining three cases (Table 1).

| S.No | Age/ Sex | Hormone Status | Size | Other features | Diagnosis | Stage | BRAF  |
|------|----------|----------------|------|----------------|-----------|-------|-------|
| 1    | 48/F     | Euthyroid      | 0.4cm|                | Papillary microcarcinoma | I      | Mutant|
| 2    | 65/F     | Hypothyroid    | 1.3cm|                | Papillary carcinoma      | I      | Mutant|
| 3    | 30/F     | Euthyroid      | 0.3cm|                | Encapsulated follicular variant of Papillary carcinoma | I      | Mutant|
| #  | Age (Y) | Gender | Thyroid Status | Tumor Size | Histological Type | Stage | Genotype |
|----|---------|--------|---------------|------------|------------------|-------|----------|
| 4  | 28/F    | Euthyroid | 0.3-1.4cm | Multifocal, cystic | Papillary carcinoma | I | Mutant |
| 5  | 32/F    | Euthyroid | 1cm       | Cystic      | Papillary carcinoma | I | Mutant |
| 6  | 48/M    | NA      | 4.2cm     |            | Follicular variant of PTC | I | Wild |
| 7  | 38/M    | Euthyroid | 0.5cm     |            | Papillary microcarcinoma | I | Wild |
| 8  | 50/F    | Euthyroid | 0.3-1.0cm | Multifocal  | Papillary carcinoma | I | Wild |
| 9  | 30/F    | Euthyroid | 0.4cm     |            | Papillary microcarcinoma | I | Wild |
| 10 | 53/M    | Euthyroid | 2.0cm     |            | Papillary carcinoma | I | Wild |
| 11 | 27/F    | Hyperthyroid | 0.5cm  |            | Papillary microcarcinoma | I | Wild |
| 12 | 32/F    | Euthyroid | 1.5cm     |            | Papillary carcinoma | I | Wild |
| 13 | 41/F    | Euthyroid | 0.3-0.8cm | Multifocal, stromal bone formation, FA | Papillary carcinoma | I | Wild |
| 14 | 52/F    | Euthyroid | 0.4-2.3cm | Multifocal  | Papillary carcinoma | II | Mutant |
| 15 | 29/M    | Euthyroid | 2.5cm     |            | Papillary carcinoma | II | Mutant |
| 16 | 27/F    | Euthyroid | 2.4cm     |            | Papillary carcinoma | II | Mutant |
| 17 | 49/F    | Euthyroid | 3.5cm     | Multifocal, cystic | Papillary carcinoma | II | Wild |
| 18 | 51/F    | Euthyroid | 3cm       | Cystic      | Papillary carcinoma | II | Wild |
| 19 | 70/M    | Euthyroid | 2.0-4.0cm | Multifocal  | Papillary carcinoma | II | Wild |
| 20 | 27/F    | Euthyroid | 3.0cm     |            | Papillary carcinoma | II | Wild |
| 21 | 45/F    | Euthyroid | 3.5cm     |            | Papillary carcinoma | II | Wild |
| 22 | 59/M    | Euthyroid | 1.0-3.0cm | Multifocal  | Papillary carcinoma | II | Wild |
| 23 | 20/F    | Euthyroid | 3.5cm     | Multifocal, capsular and lymph node involvement | Papillary carcinoma | III | Mutant |
| 24 | 50/F    | Euthyroid | NA        | Extrathyroidal extension | Papillary carcinoma | III | Wild |
| 25 | 23/F    | Euthyroid | 5.5cm     |            | Papillary carcinoma | III | Wild |
| 26 | 46/F    | Euthyroid | 0.8-5.0cm | Multifocal  | Papillary carcinoma | III | Wild |
| 27 | 24/F    | Euthyroid | 5.5cm     | Cystic      | Papillary carcinoma | III | Wild |
| 28 | 50/M    | Euthyroid | 2.0cm     | Extrathyroidal extension | Papillary carcinoma | III | Wild |
| 29 | 45/F    | NA      | 3.5cm     | lymph node involvement, FA | Papillary carcinoma | III | Wild |
| 30 | 43/M    | Euthyroid | 2.5cm     |            | Follicular adenoma | - | Mutant |
| 31 | 58/M    | Euthyroid | 7.0cm     |            | Microfollicular adenoma- signet ring cell type | - | Mutant |
| 32 | 35/F    | Euthyroid | 4.0cm     |            | Follicular adenoma | - | Mutant |
| 33 | 32/F    | Euthyroid | 2.3cm     |            | Follicular adenoma | - | Wild |
| 34 | 35/F    | Euthyroid | 9.5cm     |            | Follicular adenoma | - | Wild |
| 35 | 34/F    | Euthyroid | 3.0cm     |            | Follicular adenoma | - | Wild |
| 36 | 43/F    | Euthyroid | 3.3cm     |            | Follicular adenoma | - | Wild |
| 37 | 36/F    | Euthyroid | 5.5cm     |            | Follicular adenoma | - | Wild |
|   |   |   |   |   |
|---|---|---|---|---|
| 38 | 45/F | Euthyroid | 2.5cm | Follicular adenoma |
| 39 | 34/F | Euthyroid | 3.0cm | Follicular adenoma |
| 40 | 35/F | Hyperthyroid | 4.5cm | Follicular adenoma |
| 41 | 55/F | Euthyroid | 1.0cm | Follicular adenoma |
| 42 | 30/M | Euthyroid | 2.6cm | Minimally invasive follicular carcinoma |
| 43 | 45/F | Euthyroid | 6.0cm | Hurthle cell neo cap |
| 44 | 57/M | Euthyroid | 3.0cm | FN-LMP |
| 45 | 30/F | Hypothyroid | 3.0cm |Minimally invasive follicular carcinoma |
| 46 | 38/M | Euthyroid | 1.8cm | Medullary carcinoma |
| 47 | 40/F | Euthyroid | 11.5cm | Follicular carcinoma |
|   |   |   |   | Anaplastic carcinoma |
|   |   |   |   | IV A Wild |
|   |   |   |   | Wild |
|   |   |   |   | Wild |

**TABLE 1: Master chart showing demographic variables, morphologic subtype of thyroid neoplasms, stage, and mutant status.**

PTC: papillary thyroid carcinoma; FN-LMP: follicular neoplasm - low malignant potential

Only 14 cases were positive for the BRAF mutation; of these, nine were of papillary carcinoma (Figure 5).

**FIGURE 5: Papillary thyroid carcinoma H&E stain (A x10, B x20, C x20, D x20).**

A, B, C: Papillary thyroid carcinoma - Showing characteristic papillary architecture, characteristic nuclear features with ground class chromatin, nuclear grooving, nuclear crowding, nuclear overlapping, and intranuclear cytoplasmic pseudo-inclusions.

D: Papillary thyroid carcinoma (follicular variant) - Showing prominent follicular architecture with characteristic nuclear features with ground class chromatin, nuclear grooving, nuclear crowding, nuclear overlapping, and intranuclear cytoplasmic pseudo-inclusions.

Out of the 14 BRAF-positive cases, five were follicular neoplasms, with the latter category comprising three cases of follicular adenomas and two of follicular carcinomas (Tables 1, 2) (Figure 6).
### Types of neoplasms

| Types of neoplasms                                          | BRAF V600E positive - mutant type (%) | Wild type (%) | Total |
|-------------------------------------------------------------|----------------------------------------|---------------|-------|
| Papillary carcinoma: (Conventional papillary thyroid carcinoma - 8 cases) (Encapsulated follicular variant of papillary thyroid carcinoma - 1 case) | 9 (31%)                               | 20 (69%)      | 29    |
| Follicular neoplasm: (Follicular adenoma - 3 cases) (Follicular carcinoma - 2 cases) | 5 (31.25%) | 22 (68.75%) | 16    |
| Medullary carcinoma                                         | 0                                      | 1 (100%)      | 1     |
| Anaplastic carcinoma                                         | 0                                      | 1 (100%)      | 1     |
| Total                                                       | 14 (29.8%)                             | 33 (70.2%)    | 47    |

#### TABLE 2: Break up of BRAF V600E-positive cases (n = 47).

![FIGURE 6: Follicular adenoma H&E stain (A x20, B x40).](image)

**A:** Follicular adenoma showing marked circumscription and encapsulation.

**B:** Follicular adenoma showing a prominent repetitive microfollicular pattern.

The nine cases of BRAF-positive papillary carcinomas predominantly comprised individuals aged 20–30 years (Tables 1, 3), were almost all female (8/9) (Tables 1, 4), and were euthyroid (8/9, 88.88%) (Tables 1, 5).

#### TABLE 3: Number of BRAF-positive papillary thyroid carcinoma and age distribution.

| Age group       | Number of cases |
|-----------------|-----------------|
| 20–30 years     | 5               |
| 31–40 years     | 1               |
| 41–50 years     | 1               |
| 51–60 years     | 1               |
| 61–70 years     | 1               |

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TABLE 4: BRAF-positive carcinomas and sex distribution.

| Number of BRAF-positive cases | Male  | Female |
|-------------------------------|-------|--------|
| 8                             | One case | Eight cases |

TABLE 5: BRAF-positive papillary thyroid carcinoma and hormonal status.

Next, eight of the nine cases were euthyroid (88.88%), whereas one was hypothyroid (Tables 1, 5). Additionally, 55.55% of BRAF V600E-positive cases were found to be stage I (5/9 cases), 33.33% to be stage II (3/9 cases), and 11.11% to be stage III (1/9 cases) (Tables 1, 6).

| BRAF-positive papillary thyroid carcinoma staging | Number of cases |
|-------------------------------------------------|-----------------|
| Stage I                                         | 5               |
| Stage II                                        | 3               |
| Stage III                                       | 1               |
| Stage IV                                        | 0               |

TABLE 6: BRAF-positive papillary thyroid carcinoma stage at presentation.

Scoring for nuclear and other microscopic features revealed characteristic features compared with other features observed for BRAF-positive papillary carcinomas (Tables 7, 8). The scoring was done on a relative qualitative double consensus scale based on mild (Score 1), moderate (Score 2), and severe (Score 3) appearance of the nuclear features.

| Histologic nuclear feature | Mild | Moderate | Severe |
|----------------------------|------|----------|--------|
| Nuclear enlargement (NE)   | 1    | 2        | 3      |
| Nuclear irregularity (NI)  | 1    | 2        | 3      |
| Chromatin clearing (CC)    | 1    | 2        | 3      |
| Nuclear crowding (NC)      | 1    | 2        | 3      |
| Nuclear grooves (NG)       | 1    | 2        | 3      |
| Nuclear pseudoinclusions (PI) | 1  | 2        | 3      |
| Fibrosis (Fib)             | 1    | 2        | 3      |
| Psammoma bodies (PB)       | 1    | 2        | 3      |

TABLE 7: Relative qualitative double consensus scoring for nuclear features of papillary thyroid carcinoma.
### Discussion

The BRAF V600E mutation is most often expressed in stage III (30%). Importantly, its expression, particularly in the early stages, indicates an aggressive course and warrants a total thyroidectomy, whereas its expression in the later stages is associated with poor outcomes.

In our group of 30 papillary carcinoma cases, DNA could be extracted from 29 and only nine expressed the BRAF V600E mutation. Its prevalence is lower than that reported in the literature, i.e., 40%-45% of PTCs harbor the mutation.

We found that five of the nine cases of BRAF V600E-positive papillary carcinoma were in the 20-30-year age group. Rossella et al found that V600E was expressed more in an older age group [6]. Given the greater prevalence in the younger age group, the importance of mutation surveillance in PTCs for a total thyroidectomy may be warranted in mutation-positive patients.

We found five cases of stage I (55.55%) and three cases of stage II (33.33%) showing BRAF positivity, indicating a significantly higher expression in stages I and II lesions. Therefore, we reanalyzed the reports of PTC.

This high incidence of V600E mutation can be explained by the fact that at a tertiary care hospital, the radiologist and cytopathologist could probably detect PTC at an early stage. Furthermore, the strongest argument against using BRAF mutation as an independent prognostic and predictive factor in PTC is its high prevalence (30%-80%). As the V600E mutation is associated with poor outcomes, these patients require very close follow-up. We found no correlation between nuclear features and BRAF V600E mutations; however, the characteristic nuclear crowding, overlapping, and grooves were consistently observed (Tables 6, 7).

The incidence of the BRAF V600E mutation in follicular neoplasms was 31% (five out of 16 cases). In contrast, the literature shows that the V600E mutation is rarely seen in follicular neoplasms, with very few reports that have identified this mutation in follicular neoplasms with minimal incidence [37]. Therefore, a reanalysis of routine H&E slides identified two cases of focal papillary architecture with nuclear features, which might have been overlooked during the morphological assessment. Despite their exclusion, the percentage incidence of the V600E mutation in follicular neoplasm was 18.72% (three out of 16 cases). Nonetheless, papillary carcinoma, particularly the microfollicular type, was possibly missed on routine evaluation as specimens were not extensively sampled, rather were only drawn from the most representative areas of the lesion.

Overall, we show that a significant number of cases of papillary carcinoma (31%; 9/29) and follicular neoplasms (18.7%; 3/16) express the V600E mutation. A larger prospective study, including preoperative cytology specimen and surgically resected specimens of the same patients, is needed to establish the utility of the V600E mutation as a routine diagnostic tool. After development, the primers would be cost-effective.

### Table 8: Scoring for nuclear features and other microscopic features.

| S. No. | Id. No. | NE | NI | CC | NC | NG | PI/10HPF | Fib | PB/10HPF | Inflammatory cell aggregate/10HPF |
|--------|---------|----|----|----|----|----|----------|-----|----------|----------------------------------|
| 1      | 458/06  | 1  | 1  | 2  | 3  | 3  | 0        | 1   | 2        | 1                                |
| 2      | 2780/06 | 2  | 1  | 3  | 3  | 2  | 0        | 0   | 0        | 0                                |
| 3      | 2874/07 | 2  | 1  | 3  | 3  | 2  | 1        | 1   | 0        | 0                                |
| 4      | 1837/08 | 2  | 2  | 1  | 3  | 2  | 2        | 1   | 0        | 0                                |
| 5      | 1865/08 | 2  | 1  | 3  | 2  | 2  | 1        | 1   | 0        | 0                                |
| 6      | 2222/08 | 2  | 1  | 3  | 2  | 1  | 0        | 2   | 2        | 0                                |
| 7      | 229/09  | 2  | 0  | 1  | 3  | 2  | 0        | 0   | 0        | 0                                |
| 8      | 1218/09 | 2  | 0  | 1  | 2  | 3  | 0        | 0   | 0        | 0                                |
| 9      | 2548/09 | 3  | 3  | 1  | 1  | 2  | 2        | 3   | 3        | 3                                |

**Average score:** 2.1 .1 2.4 2.1 0.6 1 0.7 0.4

**NE:** nuclear enlargement; **NI:** nuclear irregularity; **CC:** chromatin clearing; **NC:** nuclear crowding; **NG:** nuclear grooves; **PI:** nuclear pseudoinclusion; **Fib:** fibrosis; **PB:** psammoma bodies; **HPF:** high-power fields
to patients.

An increase in the incidence of papillary carcinoma in areas where there is high iodine intake has been reported [3,38,39] and there is high iodine supplementation to correct iodine deficiency, particularly in the population with an existing V600E mutation. This raises the question of establishing dietary iodine supplementation levels to prevent the incidence of non-neoplastic conditions including multinodular goiter. Furthermore, papillary carcinoma usually remains intra-thyroid and few cases may present with rapid onset of clinical manifestations with enlargement of multiple cervical lymph nodes [40]. Therefore, a larger, multicenter, prospective study that includes cytology specimens collected preoperatively and following surgical resection is essential to establish the relationship between the incidence of papillary carcinoma and V600E mutation in the background of iodine supplementation and deficiency and to prove the utility of BRAF in routine diagnosis. However, the most recent American Thyroid Association (ATA) recommendations do not indicate a routine application of BRAF status for initial risk stratification in differentiated thyroid cancer due to a lack of evident confirmation of a direct influence of mutation on the increase in relapse risk.

Further, considering the increase in the prevalence of the BRAF V600E mutation in follicular neoplasms, a larger study of the V600E mutation in follicular neoplasms is vital to observe changes in the expression patterns of mutations in the Indian population.

Conclusions
In our cohort, 31% of cases of PTC and 18.72% of follicular neoplasms expressed the BRAF V600E mutation.

BRAF V600E mutation-positive PTCs consistently showed all characteristic nuclear features, such as nuclear crowding, overlapping, and grooves.

Considering the greater prevalence in the younger age group, the importance of mutation surveillance in PTCs for a total thyroidectomy may be warranted in mutation-positive patients.

Additional Information
Disclosures
Human subjects: Consent was obtained or waived by all participants in this study. Institutional human ethics committee, PSG institute of medical sciences and research issued approval 10/098. Proposal number / IRB number : 10/098 Project title : A Study of Correlation of the Expression of BRAF V600E Mutation with Various Phenotypic Expressions of the Thyroid Neoplasms. Name of the investigators: Dr H Volga, Dr Subramanian Ramkumar M.D Name of the guide: Dr Shanthakumari Name of the co-guide: Dr S Ramalingam, Dr Sudha Ramalingam, Dr S Thiagarajan Waiver of consent: Yes Review type: Exempt Date of the meeting: N/A Decision: Approved Approval date: 24.03.2011 Continuing panel review: Not needed.

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