Article

In-Situ Laser Directed Energy Deposition of Biomedical Ti-Nb and Ti-Zr-Nb Alloys from Elemental Powders

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Abstract: In order to achieve the required properties of titanium implants, more resources and research are needed to turn into reality the dream of developing the perfect implant material. The objective of this study was to evaluate the viability of the Laser Directed Energy Deposition to produce biomedical Ti-Nb and Ti-Zr-Nb alloys from elemental powders (Ti, Nb and Zr). The Laser Directed Energy Deposition is an additive manufacturing process used to build a component by delivering energy and material simultaneously. The material is supplied in the form of particles or wire and a laser beam is employed to melt material that is selectively deposited on a specified surface, where it solidifies. Samples with different compositions are characterized to analyze their morphology, microstructure, constituent phases, mechanical properties, corrosion resistance and cytocompatibility. Laser-deposited Ti-Nb and Ti-Zr-Nb alloys show no relevant defects, such as pores or cracks. Titanium alloys with lower elastic modulus and a significantly higher hardness than Ti grade 2 were generated, therefore a better wear resistance could be expected from them. Moreover, their corrosion resistance is excellent due to the formation of a stable passive protective oxide film on the surface of the material; in addition, they also possess outstanding cytocompatibility.

Keywords: Laser Directed Energy Deposition (LDED); titanium alloys; microstructure; young’s modulus; corrosion resistance; cytocompatibility

1. Introduction

Metals and their alloys are widely used as biomedical materials and it is estimated that 70–80% of biomedical implants are made of metallic materials [1]. Commercially pure titanium (cp-Ti) and Ti-6Al-4V have stood the test of time and are the most commonly used metallic materials in various orthopedic and dental applications [2]. They possess many fascinating properties, such as toughness, strong corrosion resistance, excellent biocompatibility, and a relatively low elastic modulus in comparison to other metallic materials [3].

Nevertheless, cp-Ti and Ti-6Al-4V present some drawbacks. The mechanical properties of cp-Ti cannot satisfy the requirements of biomaterials in some cases where high strength
is necessary, such as hard tissue replacement, or under intensive wear and use [1]. Ti-6Al-4V possesses ideal mechanical properties but the diffusion of cytotoxic V and Al ions may cause long-term health issues once released inside human body [1–4]. Moreover, the elastic modulus of cp-Ti (105 GPa) and Ti-6Al-4V (110–115 GPa) are still greater than that of cortical bone (10–30 GPa) [1–4]. If the implant exhibits a higher elastic modulus than the surrounding bone, a phenomenon known as stress shielding can occur [1–5]. Applied stresses are taken up by the implant rather than by the bone, hence hindering bone regeneration while enhancing bone resorption. The resorption of the bone by the body may in turn lead to complications such as bone fracture and the loosening of the implant [1–5].

Recently, significant thrust has been generated towards the development of new biomedical titanium alloys elaborated from a combination of elements with good biocompatibility and low toxicity, such as Nb, Ta, Zr, Sn, and Hf [1–5]. Among them, β-type Ti alloys have been considered to have the lowest elastic modulus in combination with a high strength, good corrosion resistance, and excellent biocompatibility [6]. In general, β-type Ti alloys retain close to 100 vol% of BCC β-phase when quenched from the single β-phase field to room temperature. This is accomplished by alloying Ti with sufficient quantities of β-stabilizing elements (e.g., Nb or Ta) to suppress the formation of other phases [6]. To date, many low modulus β-type Ti alloys have been developed for biomedical applications, such as Ti-Nb [7,8], Ti-Ta [8,9], Ti-Nb-Zr [10–15], Ti-Ta-Zr [16,17], Ti-Nb-Hf [18,19], Ti-Nb-Ta-Zr [20–24], Ti-Nb-Sn [25–27], Ti-Nb-Zr-Sn [28,29], etc.

Laser Directed Energy Deposition (LDED) is an additive manufacturing (AM) process to build a component by delivering energy and material simultaneously [30]. The material is supplied in the form of particles or wire and a laser beam is employed to melt material that is selectively deposited on a specified surface, where it solidifies. LDED can be employed to process any material that can be melted, such as metals and some ceramics [31,32]. This technology is particularly suitable for producing low volumes of near net-shape products [33].

LDED has been previously employed to generate pieces of titanium and titanium alloys such as thin walls of cp-Ti [34], porous Ti structures for load bearing implants [35,36], Ti-6Al-4V scaffolds for patient-specific bone tissue engineering [37], or a biocompatible β-type Ti alloy, Ti-27.5Nb (at%) [38]. High cooling rates are achieved during this process, so the metastable β-phase is retained when some β-type Ti alloy parts are manufactured by LDED. As a result, laser-deposited β-type Ti alloys, such as Ti-27.5Nb (at%), present an elastic modulus similar to that of a solution-treated material followed by water quenching [38].

Since Laser Directed Energy Deposition can deliver feedstock material in the form of particles, it allows the flexibility to deposit blends of elemental powders to produce custom alloy components in situ. LDED with elemental powders as feedstock materials has been used to generate in-situ biomedical β-type Ti alloys, such as Ti-35Nb-7Zr-5Ta (wt%) [39–41] and Ti-26Nb (at%) [42]. However, the in-situ Laser Directed Energy Deposition of these alloys is a challenge because of the relatively high melting points of Nb (2750 K) and Ta (3290 K). These high melting points have to be exceeded to completely melt the Nb or Ta particles, and thus avoid compositional inhomogeneity [39,42].

In order to achieve the required properties of titanium implants, more resources and research are needed to turn into reality the dream of developing an implant material which is tough, biocompatible, corrosion, and wear resistant, with elastic modulus close to that of bone [2]. In this work, the advantages provided by the Laser Directed Energy Deposition are exploited to generate different alloys elaborated from a combination of elemental powders (Ti, Nb and Zr) in situ. The feasibility of the technique to produce biomedical Ti-Nb and Ti-Zr-Nb alloys ranging from 0 wt% Zr to 35 wt% Zr from elemental powders was examined. Samples with different compositions are characterized to evaluate and compare their performance. The morphology and microstructure of the samples was studied by optical microscopy (OM, Olympus SZX16, Olympus, Tokyo, Japan); elemental composition and its homogeneity was studied by scanning electron microscopy (SEM, Phenom XL,
Thermo Fisher Scientific, Waltham, MA, USA) and energy-dispersive X-ray spectroscopy (EDS, Phenom XL, Thermo Fisher Scientific, Waltham, MA, USA); and constituent phases were determined by X-ray diffraction (XRD, Bruker D8 Advance, Bruker, Billerica, MA, USA). The hardness, elastic modulus and some ratios related with the wear resistance and service life of a component were analyzed by means of nanoindentation. Corrosion behavior was tested via potentiodynamic polarization technique. Finally, in vitro cell culture experiments were carried out to assess the cytocompatibility.

2. Materials and Methods

2.1. Samples Generation by Laser Directed Energy Deposition (LDED)

Laser Directed Energy Deposition (LDED) with elemental powders (Ti, Nb and Zr) as feedstock materials was employed to produce in-situ Ti-Nb and Ti-Zr-Nb samples with different compositions. Figure 1 shows a scheme of the LDED experimental set-up. The experiments were performed employing a high-power diode laser from DILAS (Mainz, Germany) with a wavelength between 915 and 976 nm and a maximum output power of 1600 W. The laser beam was focused on the substrate by a lens with a diameter of 50 mm and a focal length of 250 mm, obtaining a circular spot with a diameter of approximately 3 mm on the surface of the substrate. The samples were generated with a delivered laser powder of 1000 W, in continuous mode, obtaining a mean irradiance of 141.5 W/mm².

Figure 1. Scheme of Laser Directed Energy Deposition (LDED) experimental set-up.

The samples were generated on flat cp-Ti grade 2 substrates with dimensions of 50 mm × 100 mm × 10 mm. A computer numerically controlled (CNC) table was employed to move the substrate with regard to the laser head at 6 mm/s to generate the first layer with a longitude of 40 mm. When it reached the end, the substrate was moved down one step, starting the movement in the opposite direction to create a new overlaid layer. This sequence of movements was performed continuously in a loop and a part of several millimeters in height was built, layer by layer. The samples were generated by depositing up to 100 layers continuously with a step between layers of 0.25 ± 0.02 mm.

Pure Ti, Nb, and Zr elemental powders were used as a feedstock material to generate the samples. The characteristics of the powders selected as feedstock material are presented in Table 1. As can be seen in Figure 2, the different powders have irregular shapes, and its size range is different for each element. The powders were carried by argon and coaxially injected in the molten pool by a coaxial laser head. The mass flow was fixed at a rate of 3 g/min. The feedstock material was melted and distributed layer by layer over the partly-built sample. This molten material immediately solidified, transmitting the heat
mainly by conduction to the substrate when the laser beam went on sweeping a path, leaving the interaction zone. The whole process was carried out in a controlled atmosphere, inside a chamber with a low oxygen content ($O_2 < 50$ ppm) to avoid the oxidation in the molten pool.

Table 1. Characteristics of pure elemental Ti, Nb, and Zr powders used as feedstock material to produce the laser-deposited samples.

| Material | Purity  | Powder size | Morphology         | Supplier     |
|----------|---------|-------------|--------------------|--------------|
| Ti       | >99.8%  | 90–125 µm   | Angular/Blocky     | Oerlikon     |
| Nb       | >99.8%  | 0–44 µm     | Angular/Blocky     | Alfa Aesar   |
| Zr       | >99.8%  | 44–105 µm   | Angular/Blocky     | Materion     |

Figure 2. SEM micrograph showing particle size and morphology of Ti, Nb, and Zr elemental powders employed as feedstock material to produce the laser-deposited samples.

2.2. Morphological and Microstructural Characterization

The samples were cut, embedded in epoxy resin, and polished in order to examine the longitudinal section (XZ) and the transverse section (YZ). The morphology and microstructure were analyzed by optical microscopy (OM, Olympus SZX16, Olympus, Tokyo, Japan) after etching the samples with Kroll’s reagent. Elemental composition of one sample of each material and its homogeneity was studied by means of scanning electron microscopy (SEM, Phenom XL, Thermo Fisher Scientific, Waltham, MA, USA) and energy-dispersive X-ray spectroscopy (EDS, Thermo Fisher Scientific Phenom XL, Waltham, MA, USA). X-ray diffraction (XRD, Bruker D8 Advance, Bruker, Billerica, MA, USA) analysis was carried out using monochromated Cu-Kα radiation ($\lambda = 1.54$ Å) over the $20–100^\circ$ 2θ range with a step size of 0.02°. Diffractograms were obtained directly from the polished surface of the longitudinal section (XZ) to identify the constituent phases of each sample. The estimated X-ray beam spot diameter and beam penetration depth were between 8–10 mm and between 20–30 µm, respectively.

2.3. Mechanical Characterization

Elastic modulus and hardness were examined via nanoindentation using a Berkovich indenter tip and continuous stiffness measurement (CSM) technique on an MTS nanoindenter XP (MTS Nano Instruments, Oak Ridge, TN, USA). A maximum indentation depth of 1000 nm was set. In this technique, the mechanical properties are obtained by applying a small oscillating force to the indenter and measuring the amplitude and phase shift of
the oscillations that result. This allows the hardness and elastic modulus of the material to be obtained continuously throughout the indentation process in a certain indentation depth range. This range is chosen based on the stability of the values as a function of depth. Average elastic modulus and hardness were obtained from a large number of indentations, 21 indentations arranged in a 3 row and 7 column matrix were programmed for one sample of each material. However, very often topographic defects at the micrometer level can lead to an invalid indentation, and the height differences in the sample itself can cause an invalid result because the nanoindenter fails to detect the surface correctly when the tip is approaching. For practical purposes, those unsuccessful indentations that produced invalid outcomes were rejected.

2.4. Electrochemical Characterization

Electrochemical measurements were carried out using a Hewlett Packard potentiostat in a standard three electrode setup containing a saturated calomel electrode (SCE) as the reference electrode, a platinum electrode as cathode, and one sample of each material (2 ± 0.02 cm² exposed area) as a working electrode. Experiments were performed in phosphate buffered saline (PBS) at 37.0 ± 0.5 °C. Samples were prepared by epoxy cold resin mounting, followed by mechanical polishing with SiC abrasive paper up to a grit size of P1200, and ultrasonically cleaned before their immersion into the electrolyte solution. Upon immersion, the open-circuit potential (E_{ocp}) was measured for 2 h and the data were recorded each second. Subsequently, potentiodynamic polarization scans were performed, incrementing the voltage from E_{ocp}-0.15 V to 1.5 V at a scan rate of 1 mV/s (according to ISO 10271:2011). After that, the voltage was reversed back.

2.5. Cytocompatibility Assessing

2.5.1. Cell Culture

Human osteosarcoma SaOS-2 cells (ATCC HTB-85, Manassas, VA, USA) at passage 13–14 were cultured in McCoy’s 5A medium (Sigma–Aldrich, St. Louis, MO, USA), supplemented with 10% fetal bovine serum (FBS) and 1% penicillin/streptomycin antibiotics (50 U/mL and 50 µg/mL, respectively) at 37 °C in a humidified atmosphere and 5% (v/v) CO₂. A cellular density of 10 000 cells/well were cultured on the different Ti alloy surfaces (2 samples of each material) in Falcon 12-well plates for 24 h. The samples were previously sterilized by washing them 3 times with 100% ethanol for 5 min each and were left under UV for 30 min. After 24 h, cells were fixed with paraformaldehyde (PFA) 4% in PBS for 30 min at 4 °C. Afterwards, the samples were washed thrice (5 min each) with phosphate-buffered saline (PBS, pH 7.2–7.4) and kept at 4 °C for analyzing.

2.5.2. Cell Analyses

Samples with osteoblasts-like cells were processed for immunofluorescence labeling to visualize actin filaments, vinculin, and nuclei. The cells were permeabilized by exposure to a 0.05% solution of Triton X-100 in PBS for 20 min. After washing the samples (three times, 5 min each) using a PBS solution with glycline (20 mM) (PBS-Gly), bovine serum albumin (BSA) 1% solution in PBS was added as the blocking solution for 30 min. The antibody mouse anti-vinculin (1:100, Monoclonal Anti-Vinculin Clone hVIN-1, Sigma–Aldrich, St. Louis, MO, USA) was used for the stain of the focal adhesions. Then, the secondary antibodies, anti-mouse Alexa 488 (1:2000, Thermo Fisher Scientific, Waltham, MA, USA), together with phalloidin-rodhamine (1:300, Thermo Fisher), were used for the green fluorescence for vinculin labeling and red fluorescence for actin labeling, respectively. Antibodies were diluted in a 0.05% triton solution in PBS and were incubated in the dark for 1 h at room temperature. Between each incubation step, the samples were washed (3 times with PBS-Gly for 5 min each). Finally, 4’,6-diamidino-2-phenylindole (DAPI) (1:1000, Molecular Probes, Thermo Fisher Scientific) solution diluted in PBS-Gly was used to make nuclei blue-fluorescent. After incubation for 2 min in the dark, the samples were washed (3 times with PBS-Gly for 5 min each). The samples were stored in the dark at 4 °C.
Samples were then examined under a Zeiss LSM 800 microscope (Zeiss Group, Oberkochen, Germany). For quantitative cell counting, ten microscope fields under the 10× objective were selected at random from the surfaces of the materials. For the estimation of the cell area and the size of focal adhesions (FA), immunofluorescence images were captured under 63× objective. Images were analyzed using ImageJ software.

2.5.3. Cell Preparation for SEM Observation

Cells on cp-Ti grade 2 and the Ti-Nb and Ti-Zr-Nb alloys were fixed with paraformaldehyde (PFA) 4% in PBS (30 min at 4 °C), and washed 3 times (5 min each) with PBS. The cells were then dehydrated by exposure to a graded sequence of aqueous ethanol (30–100%) and dried at room temperature for 24 h. Cell morphology was analyzed by scanning electron microscopy (SEM).

3. Results and Discussion

The in-situ Laser Directed Energy Deposition of Ti-Nb and Ti-Zr-Nb alloys elaborated from a combination of elemental powders is a challenge due to the different melting points of Ti (1941 K), Zr (2128 K), and Nb (2750 K). The high melting point of Nb has to be exceeded in the molten pool in order to guarantee the complete melting of the Nb particles, however it is also crucial to not surpass the boiling point of Ti (3560 K). In this work, Nb particles with a size smaller than the Ti and Zr particles were employed to facilitate their complete melting and diffusion in the molten pool. The morphology, size, and characteristics of the elemental powders selected as feedstock material are summarized in Table 1 and Figure 2.

The feasibility of the LDED to produce Ti-Nb and Ti-Zr-Nb alloys from elemental powders was examined. An optical micrograph showing the cross section (YZ) of a sample still attached to the substrate is presented as an example in Figure 3. The samples show no pores or cracks. A more detailed analysis has been done by means of scanning electron microscopy (SEM) all along the cross section (YZ) of the samples. SEM micrographs of Ti-Nb and Ti-Zr-Nb samples are presented as examples in Figures 4 and 5, respectively. Three micrographs are shown for each group of materials. They were obtained at the three different representative locations remarked in Figure 3: central area (A), mid-height side area (B), and side area at the base (C). Unmelted or partially-melted Nb particles were found in all the samples, though only in the side area at the base (Figures 4c and 5c).

Figure 3. Optical micrograph showing the cross section (YZ) of a sample still attached to the substrate. Three representative areas are remarked: central area (A), mid-height side area (B), and side area at the base (C).
The base of the piece is where the temperature reached during the process is lower and is not high enough to completely melt the Nb particles. The first layers of the piece were deposited starting at room temperature without preheating the substrate, and the laser irradiance on the external part of the spot was lower than in the middle. As the process went on and more layers are added, the substrate and previously deposited layers reached a higher temperature than the initial one. After depositing the first layers (above 1–2 mm), the temperature achieved at any point of the molten pool was high enough to completely melt the Nb particles. The presence of unmelted or partially-melted Nb particles at the base of the component did not have an impact on its performance because these first layers of material are sacrificial and must be removed when the final component is taken away from the substrate. Moreover, if necessary, this effect could be avoided by preheating the substrate or increasing laser irradiance when the first layers are deposited.

The microstructure was examined on the longitudinal section (XZ) of the samples by optical microscopy after polishing and etching with Kroll’s reagent. Figure 6 shows the microstructure in the longitudinal section (XZ) of a laser-deposited specimen selected as an example. The microstructure consists of large, elongated columnar prior β grains that grow in parallel to the building direction, except in the upper part of the piece, where equiaxed grains are formed. This microstructure is commonly observed in laser-
deposited titanium alloys \cite{30,34,37,39,42} and its formation mechanism has been explained in previous studies \cite{30,34}.

![Figure 6. Optical micrograph showing microstructure in the longitudinal section (XZ) of a sample. It consists of elongated columnar prior $\beta$ grains that grow in parallel to the building direction, except in the upper part of the piece, where equiaxed grains are formed.]

The elemental composition of the laser-deposited alloys was determined from energy-dispersive X-ray spectroscopy (EDS) studies. EDS was performed on five areas at different heights for each material to obtain an average composition and its dispersion. The overall composition of each material is presented in Table 2 (in wt\% ± SD) and Table 3 (in at\% ± SD). Standard deviation is a measure of the dispersion in the composition at the different areas, so it is an indicator of the homogeneity in the composition of the samples. Since the highest standard deviation was 1.5 wt\%, their elemental composition can be considered homogenous, especially when it is taken into account that the error associated with the measurement of compositions via EDS is typically 1–2%.

**Table 2.** Semi-quantitative elemental composition measured by EDS (wt\% ± SD) and molybdenum equivalence (Mo\textsubscript{eq}) calculated from the Equation (1) proposed by Mehjabeen \cite{43}.

| Material | Alloy   | Ti (wt\% ± SD) | Nb (wt\% ± SD) | Zr (wt\% ± SD) | Mo\textsubscript{eq} (wt\% ± SD) |
|----------|---------|----------------|----------------|----------------|-------------------------------|
| 1        | Ti-12Nb | Bal.           | 12.4 ± 1.1     | -              | 3.9 ± 0.3                     |
| 2        | Ti-37Nb | Bal.           | 36.9 ± 1.4     | -              | 9.7 ± 0.4                     |
| 3        | Ti-57Nb | Bal.           | 57.2 ± 1.1     | -              | 14.6 ± 0.4                    |
| 4        | Ti-34Zr-15Nb | Bal. | 14.8 ± 1.4 | 33.9 ± 1.2 | 8.2 ± 0.4 |
| 5        | Ti-35Zr-25Nb | Bal. | 25.1 ± 1.5 | 35.2 ± 0.5 | 10.8 ± 0.5 |

**Table 3.** Semi-quantitative elemental composition measured by EDS (at\% ± SD) and electron to atom ratio (e/A ratio) calculated from the Equation (2).

| Material | Alloy   | Ti (at\% ± SD) | Nb (at\% ± SD) | Zr (at\% ± SD) | e/A ratio |
|----------|---------|----------------|----------------|----------------|-----------|
| 1        | Ti-12Nb | Bal.           | 6.8 ± 0.6      | -              | 4.068 ± 0.006 |
| 2        | Ti-37Nb | Bal.           | 23.1 ± 1.1     | -              | 4.231 ± 0.011 |
| 3        | Ti-57Nb | Bal.           | 40.8 ± 1.1     | -              | 4.408 ± 0.011 |
| 4        | Ti-34Zr-15Nb | Bal. | 10.0 ± 1.1 | 23.3 ± 1.2 | 4.100 ± 0.011 |
| 5        | Ti-35Zr-25Nb | Bal. | 18.2 ± 1.3 | 26.0 ± 0.2 | 4.182 ± 0.013 |

A well-known and useful parameter for characterizing any titanium alloy composition is the molybdenum equivalency (Mo\textsubscript{eq}) \cite{6,15}. The Mo\textsubscript{eq} is an empirical parameter representing the contribution of alloying elements on the stability of BCC $\beta$-phase in comparison to that of Mo \cite{15}. Although Mo\textsubscript{eq} has been commonly used as a guideline, there have been some controversial issues concerning the effect of Zr as a $\beta$-stabilizer \cite{15,43–45}.
Zr has been considered to have a neutral effect on the phase stability, but it behaves as a weaker $\beta$-stabilizing element in Ti-Zr-Nb alloys [15,43–45]. In order to properly address the $\beta$-stabilizing effect of Zr in Ti-Zr-Nb alloys, Equation (1) was proposed by Mehjabeen et al. [43]. When $\text{Mo}_{\text{eq}}$ is close to or above 10 wt%, the alloy contains $\beta$-phase as the primary phase after water quenching [43]. In the present work, $\text{Mo}_{\text{eq}}$ is calculated from Equation (1) for each alloy composition and the results are presented in Table 2.

$$\text{Mo}_{\text{eq}} = 0.97 + 0.238 \cdot \text{Nb(wt\%)} + 0.11 \cdot \text{Zr(wt\%)}$$ (1)

An alternative parameter to characterize the BCC $\beta$-phase stability in titanium alloys is the average number of valence electrons per atom or electron to atom ratio ($e/A$ ratio) [6,15]. It has been reported that, as the value of $e/A$ ratio decreases, the shear modulus $C' = (C_{11} - C_{12})/2$ and bulk modulus $B$ of a BCC crystal also decrease, causing the $\beta$-phase to become unstable [6,15]. Moreover, the $e/A$ ratio is a dominant factor governing the elastic constants of $\beta$-type titanium alloys and there is a clear tendency of decreasing elastic modulus with decreasing $e/A$ ratio [15]. The $e/A$ ratio is calculated from Equation (2):

$$e/A \text{ ratio} = 4 \cdot \text{Ti(at\%)} + 4 \cdot \text{Zr(at\%)} + 5 \cdot \text{Nb(at\%)} = 4 + \text{Nb(at\%)}$$ (2)

where the coefficients are the valence electrons of each element present in the alloy. The simplified version of the equation highlights that the Ti-Nb and Ti-Zr-Nb alloys have a minimum $e/A$ ratio of four that increases with Nb (at%). The $e/A$ ratio has been calculated for each alloy composition and the results are presented in Table 3.

XRD analysis was performed to determine the constituent phases of the materials (see Figure 7). A sample of cp-Ti grade 2, the material employed as substrate, was introduced as a control and was named material 0. Material 0 is formed by HCP $\alpha$-phase equiaxed grains, which are relatively fine, and its diffraction pattern agrees with that expected from an ideal powder or reference patterns [34,46–48]. However, the diffraction patterns of laser deposited-materials (from material 1 to material 5) present variations in the relative intensity of their peaks, and some peaks are missed in comparison to the patterns reported in literature [34,46,47,49,50]. These variations are attributed to the coarse microstructure of the laser-deposited materials that consist of large, elongated prior $\beta$ grains (see Figure 6), so the area analyzed by XRD does not contain a smooth distribution of crystals with random orientations. Despite this, it is possible to clearly identify the constituent phases for all the materials, as it is indicated in their respective diffractograms in Figure 7.

Figure 8 displays a diagram that has been created in order to summarize and understand the relationship between elemental composition, $\text{Mo}_{\text{eq}}$, $e/A$ ratio, and constituent phases. Laser-deposited materials with an $\text{Mo}_{\text{eq}}$ above 10 wt% consist of a single BCC $\beta$-phase (materials 3 and 5). When $\text{Mo}_{\text{eq}}$ is below 10 wt%, laser-deposited materials do not completely retain 100 vol% $\beta$-phase, so the orthorhombic martensite $\alpha'$-phase is also detected in materials 2 and 4, while material 1 is formed only by HCP $\alpha$-phase. Therefore, $\text{Mo}_{\text{eq}} > 10$ wt% can be considered a suitable guideline to predict the stability of $\beta$-phase in Ti-Nb and Ti-Zr-Nb laser-deposited components in the as-built state.

The electron to atom ratio ($e/A$ ratio) has some flaws when it comes to estimating the constituent phases in Ti-Zr-Nb laser-deposited materials. A higher $e/A$ ratio does not imply a higher stability of the BCC $\beta$-phase. For example, material 2 ($e/A = 4.231 \pm 0.011$) presents a higher $e/A$ ratio than material 5 ($e/A = 4.182 \pm 0.013$), but martensite $\alpha'$-phase is detected in material 2, while material 5 is formed only by BCC $\beta$-phase. The reason for this is that the $e/A$ ratio increases with Nb (at%) but does not consider the effect of Zr as a weak $\beta$-stabilizing element in Ti-Zr-Nb alloys. Nevertheless, the $e/A$ ratio is still a useful parameter to compare different Ti-Zr-Nb alloys with a similar amount of Zr. Despite the $e/A$ ratio not being accurate enough to determine constituent phases, this parameter is still a dominant factor governing the elastic constants of BCC $\beta$-type titanium alloys.
Figure 7. X-ray diffractograms of: (a) material 0, cp-Ti grade 2 substrates, (b) material 1, Ti-12Nb, (c) material 2, Ti-37Nb, (d) material 3, Ti-57Nb, (e) material 4, Ti-34Zr-15Nb, and (f) material 5, Ti-35Zr-25Nb.

The overall elastic modulus of laser-deposited Ti-Nb and Ti-Zr-Nb alloys was studied by nanoindentation (see Figure 9). A Poisson’s ratio of 0.34 was considered for all the materials to estimate their elastic modulus. Again, a sample of cp-Ti grade 2, the material employed as substrate, was included as a control. The elastic modulus of cp-Ti grade 2 measured by nanoindentation is $E = 106.8 \pm 2.4$ GPa. The only laser-deposited material that showed a higher elastic modulus was material 1, Ti-12Nb ($E = 117.2 \pm 4.0$ GPa).

Laser-deposited Ti-37Nb, Ti-57Nb, Ti-34Zr-15Nb and Ti-35Zr-25Nb alloys presented a lower elastic modulus than cp-Ti grade 2, but it is possible to find significant differences among them. If materials with a similar quantity of Zr are compared, the presence of the orthorhombic martensite $\alpha''$-phase increases the elastic modulus. Elastic modulus of $\alpha'' + \beta$ Ti-37Nb ($E = 90 \pm 2.6$ GPa) is higher than that of $\beta$ Ti-57Nb ($E = 77 \pm 4.2$ GPa). Similarly, $\alpha'' + \beta$ Ti-34Zr-15Nb ($E = 79 \pm 1.7$ GPa) exhibits a higher elastic modulus than $\beta$ Ti-35Zr-25Nb ($E = 70.2 \pm 1.6$ GPa).

The lowest elastic modulus was observed in material 5, Ti-35Zr-25Nb ($E = 70.2 \pm 1.6$ GPa). The addition of Zr reduced the amount of Nb required to fully stabilize the BCC $\beta$-phase. Furthermore, a lower amount of Nb decreases the $e/A$ ratio, as well as the elastic modulus. The $e/A$ ratio of Ti-35Zr-25Nb ($e/A = 4.182 \pm 0.013$) is lower than that of $\beta$ Ti-57Nb.
(e/A = 4.408 ± 0.011) or α” + β Ti-37Nb (e/A = 4.231 ± 0.011). Therefore, the lowest elastic modulus was achieved by avoiding the formation of the orthorhombic martensite α”-phase while keeping a small e/A ratio.

Figure 8. Diagram showing the relationship between the elemental composition, Moeq, e/A ratio, and constituent phases of laser-deposited Ti-Nb and Ti-Zr-Nb alloys: (0) cp-Ti grade 2 substrates, (1) Ti-12Nb, (2) Ti-37Nb, (3) Ti-57Nb, (4) Ti-34Zr-15Nb, and (5) Ti-35Zr-25Nb.

Figure 9. Measured mechanical properties from the nanoindentation test: hardness (H) and elastic modulus (E).

The hardness of cp-Ti grade 2 and laser-deposited materials was also studied by nanoindentation (see Figure 9). All laser-deposited Ti-Nb and Ti-Zr-Nb alloys exhibited a significantly higher hardness than cp-Ti grade 2 (H = 1.95 ± 0.11 GPa), even when only a relatively small quantity of Nb was added, such as the material 1, Ti-12Nb (H = 3.19 ± 0.24 GPa). The hardness of the rest of the materials seemed to be correlated to the presence of the orthorhombic martensite α”-phase and the addition of Zr: Ti-37Nb (H = 3.18 ± 0.11 GPa), Ti-57Nb (H = 2.55 ± 0.12 GPa), Ti-34Zr-15Nb (H = 3.92 ± 0.08 GPa), and Ti-35Zr-25Nb (H = 2.99 ± 0.08 GPa).

In addition to hardness and elastic modulus, the use of nanoindentation is also interesting to determine other parameters that can be useful to predict the wear resistance and service life of a component [51]. High hardness is indicative of good wear resistance,
but it has been shown that elastic modulus also has an important influence on improving wear behavior [51,52]. In particular, the wear resistance of a material is related to its ability to resist elastic strain to failure, which can be described by the ratio of hardness (H) and elastic modulus (E): H/E ratio [27,51–54]. Similarly, H^3/E^2 ratio, a parameter that is sometimes known as yield pressure, is an indicator of the resistance to plastic deformation in loaded contact [27,53,54]. As the wear is the process of the gradual removal of material, which is associated with plastic deformation, H^3/E^2 is also indicative of wear resistance [27,53,54]. The larger H/E and H^3/E^2 ratios are, the higher the wear resistance is.

H/E and H^3/E^2 ratios of laser-deposited Ti-Nb and Ti-Zr-Nb alloys and the cp-Ti grade 2 control are displayed in Figure 10. Since laser-deposited Ti-Nb and Ti-Zr-Nb materials have significantly higher hardness than cp-Ti grade 2, and their elastic modulus is lower or similar (e.g., Ti-12Nb), they exhibit greater H/E and H^3/E^2 ratios. The variable trend of H^3/E^2 ratio is the same as that of the H/E ratio. Materials can be ordered, from highest to lowest H/E and H^3/E^2 ratios, as follows: Ti-34Zr-15Nb > Ti-35Zr-25Nb > Ti-37Nb > Ti-57Nb > Ti-12Nb > Ti grade 2. Therefore, a better wear resistance and a longer service life as biomedical materials could be expected from laser-deposited Ti-Nb and Ti-Zr-Nb alloys.

Figure 10. Parameters associated with wear resistance: H/E ratio and H^3/E^2 ratio.

Figure 11 shows the potentiodynamic polarization curves of the cp-Ti grade 2 control and the laser-deposited materials in phosphate buffered saline (PBS) solution at 37.0 ± 0.5 °C. Firstly, with the increase of potential in the cathodic branch, the current density drops. After a certain potential (E_{corr}) is reached, the current density rises with the increase of potential (anodic branch). By considering the cathodic and anodic branches, the corrosion current densities (i_{corr}) and corrosion potential (E_{corr}) were calculated by Tafel extrapolation analysis, as listed in Table 4. With further increasing potential, the active-to-passive transition corresponds to the formation of a passive protective oxide film on the surface of the material. It was found that all anodic branches of the potentiodynamic polarization curves showed no significant differences in shape. As can be seen, in the passive region, the passive current density (i_p) remains almost unchanged over a wide potential range (E_{b}-E_{p} [V]), demonstrating that a stable passive film is formed on all the materials in those ranges of potential. After passivation, and with increasing potential, a slight rise in the current density is observed for all the materials. In addition to the corrosion potential (E_{corr}) and the corrosion current density (i_{corr}), passivation potential (E_{p}), passive current density (i_p), and breakdown potential (E_b), values are presented in Table 4. Finally, the scanning potential direction is reversed and the current density decreases, demonstrating a negative hysteresis for the cp-Ti grade 2 control and all the laser-deposited materials. Stability of passive behavior at higher potentials than E_{corr} and the negative hysteresis in the cyclic polarization curves confirm the excellent corrosion resistance of the laser-deposited Ti-Nb and Ti-Zr-Nb alloys.
Figure 11. Potentiodynamic polarization curves of: (a) cp-Ti grade 2 substrates, (b) Ti-12Nb, (c) Ti-37Nb, (d) Ti-57Nb, (e) Ti-34Zr-15Nb, and (f) Ti-35Zr-25Nb. Corrosion potential ($E_{corr}$), corrosion current density ($i_{corr}$), passivation potential ($E_p$), passive current density ($i_p$), and breakdown potential ($E_b$).
Table 4. Corrosion potential ($E_{\text{corr}}$), corrosion current density ($i_{\text{corr}}$), passivation potential ($E_p$), passive current density ($i_p$), and breakdown potential ($E_b$) values obtained from potentiodynamic polarization tests in phosphate buffered saline (PBS) solution at $37.0 \pm 0.5^\circ$C.

| Material | Alloy      | $E_{\text{corr}}$ [V] | $i_{\text{corr}}$ [$\mu$A/cm$^2$] | $E_p$ [V] | $i_p$ [$\mu$A/cm$^2$] | $E_b$ [V] | $E_p-E_{\text{corr}}$ [V] | $E_b-E_p$ [V] |
|----------|------------|-----------------------|-----------------------------------|-----------|-----------------------|----------|--------------------------|----------------|
| 0        | Ti grade 2 | $-0.46 \pm 0.01$     | $0.045 \pm 0.005$                | $-0.09 \pm 0.01$ | $2.60 \pm 0.05$                   | $1.22 \pm 0.01$ | $0.35 \pm 0.02$               | $1.31 \pm 0.02$          |
| 1        | Ti-12Nb    | $-0.53 \pm 0.01$     | $0.050 \pm 0.005$                | $-0.18 \pm 0.01$ | $3.43 \pm 0.07$                   | $1.19 \pm 0.01$ | $0.35 \pm 0.02$               | $1.37 \pm 0.02$          |
| 2        | Ti-37Nb    | $-0.52 \pm 0.01$     | $0.080 \pm 0.005$                | $-0.22 \pm 0.01$ | $3.46 \pm 0.07$                   | $1.00 \pm 0.01$ | $0.30 \pm 0.02$               | $1.22 \pm 0.02$          |
| 3        | Ti-57Nb    | $-0.53 \pm 0.01$     | $0.060 \pm 0.005$                | $-0.23 \pm 0.01$ | $5.70 \pm 0.10$                   | $1.00 \pm 0.01$ | $0.30 \pm 0.02$               | $1.23 \pm 0.02$          |
| 4        | Ti-34Zr-15Nb | $-0.48 \pm 0.01$       | $0.050 \pm 0.005$                | $-0.08 \pm 0.01$ | $4.34 \pm 0.08$                   | $1.19 \pm 0.01$ | $0.40 \pm 0.02$               | $1.27 \pm 0.02$          |
| 5        | Ti-35Zr-25Nb | $-0.50 \pm 0.01$       | $0.020 \pm 0.005$                | $-0.12 \pm 0.01$ | $2.79 \pm 0.05$                   | $1.00 \pm 0.01$ | $0.38 \pm 0.02$               | $1.12 \pm 0.02$          |

Human osteosarcoma SaOS-2 cells were used to assess the in vitro cytocompatibility of the laser-deposited Ti-Nb and Ti-Zr-Nb alloys compared to the cp-Ti grade 2 control. Previously, the surfaces of the materials were treated with SiC paper to obtain a surface with a similar roughness in all the samples ($Ra = 2.0 \pm 0.4 \mu m$). This roughness value is of the same order of magnitude as that of real implants after shot blasting [5]. The morphology of the SaOS-2 cells attached to the surfaces of the alloys is shown in Figure 12. Regarding cell shape, attachment, and spreading, SaOS-2 cells grown on laser-deposited materials and cp-Ti grade 2 showed distinct, well-developed actin cytoskeletons and vinculin plaques (Figure 12b). In general, the cells exhibited a flattened cellular morphology with a high level of attachment, which indicates that the cells spread well on the surfaces of cp-Ti grade 2 and the laser-deposited alloys (Figure 12). This is an indication that the initial cell adhesion and the growth of the cells were healthy and strong. Thus, it can be concluded that the laser-deposited Ti-Nb and Ti-Zr-Nb alloys are favorable for cell growth and proliferation.

Cell count after 24 h of culture showed a lower number of SaOS-2 cells on cp-Ti grade 2 compared to the laser-deposited alloys. The adhesion of osteoblasts-like cells was 6-, 11-, 7-, 10-, and 7-fold higher on the Ti-12Nb, Ti-37Nb, Ti-57Nb, Ti-34Zr-15Nb, and Ti-35Zr-25Nb alloys, respectively (Figure 13). These significant differences between the substrates of cp-Ti grade 2 and the laser-deposited alloys may be related to the presence of more cytocompatible alloying elements, such as Nb and Zr [4,55]. There are no significant differences in cell area and length of the FA between the laser-deposited materials and cp-Ti grade 2 (Figure 14). Since all the analyses showed that the laser-deposited Ti-Nb and Ti-Zr-Nb alloys had a better or similar behavior to that of the cp-Ti grade 2 control, it can be concluded that they possess excellent cytocompatibility.

Laser Directed Energy Deposition is a feasible technique to produce in situ biomedical Ti-Nb and Ti-Zr-Nb alloys ranging from 0 wt% Zr to 35 wt% Zr from elemental powders. This additive manufacturing technique requires smaller amounts of precursor material than SLM or other more conventional manufacturing process. Moreover, it can produce specimens without relevant defects, such as pores or cracks. In-situ Laser Directed Energy Deposition allows for the obtaining of titanium alloys with low elastic modulus, excellent corrosion resistance, and outstanding in vitro cytocompatibility. Particularly, the laser-deposited Ti-35Zr-25Nb alloy has an elastic modulus 34% lower than that of cp-Ti grade 2 ($E = 106.8 \pm 2.4$ GPa), and is 36–39% lower than that of the Ti-6Al-4V alloy [1,56,57], the most used in applications in traumatology and orthopedics. Ti-35Zr-25Nb alloy has very good properties in order to avoid stress shielding problems.
Figure 12. (a) Optical micrographs showing adherence of the SaOS-2 cells to the surfaces of the materials. (b) Optical micrographs detailing the morphology of the SaOS-2 cells. (c) SEM micrographs showing the SaOS-2 cells on the surfaces of the different materials.
Figure 13. Measured cell number from the cytocompatibility assessment (Error bars represent standard deviation).

Figure 14. Measured cell area and focal adhesion length from the cytocompatibility assessment (Error bars represent standard deviation).

4. Conclusions

The feasibility of the Laser Directed Energy Deposition technique to produce in situ biomedical Ti-Nb and Ti-Zr-Nb alloys ranging from 0 wt% Zr to 35 wt% Zr from elemental powders has been demonstrated. Laser-deposited specimens showed no relevant defects, such as pores or cracks. The microstructure of the different materials consisted of large, elongated columnar prior β grains that grow in parallel to the building direction, except in the upper part of the piece, where equiaxed grains were formed. Laser-deposited Ti-37Nb, Ti-57Nb, Ti-34Zr-15Nb, and Ti-35Zr-25Nb alloys exhibit a lower elastic modulus than cp-Ti grade 2. The lowest elastic modulus was observed in laser-deposited Ti-35Zr-25Nb: \( E = 70.2 \pm 1.6 \) GPa, which was 34% lower than that of cp-Ti grade 2 (\( E = 106.8 \pm 2.4 \) GPa). Since laser-deposited Ti-Nb and Ti-Zr-Nb materials have significantly higher hardness than cp-Ti grade 2 and their elastic modulus is lower or similar (e.g., Ti-12Nb), a better wear resistance and a longer service life as biomedical materials could be expected from them. Moreover, laser-deposited Ti-Nb and Ti-Zr-Nb alloys have an excellent corrosion resistance due to the formation of a stable passive protective oxide film on the surface of the material; they also possess outstanding cytocompatibility. Particularly, laser-deposited Ti-35Zr-25Nb is a promising material for orthopedic and dental applications, as it shows...
the lowest elastic modulus in combination with an increased hardness, good corrosion resistance, and excellent biocompatibility in vitro.

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