Na\(^+\)/Ca\(^{2+}\) Exchanger 3 is Downregulated in the Hippocampus and Cerebrocortex of Rats with Hyperthermia-induced Convulsion

Dan Sun\(^1\), Jun-Hua Xiao\(^2\), Yan Bai\(^3\), Mo-Si Chen\(^2\), Jia-Sheng Hu\(^1\), Ge-Fei Wu\(^1\), Bing Mao\(^2\), Shu-Hua Wu\(^1\), Yan Hu\(^1\)

\(^1\)Department of Pediatric Neurology, Wuhan Children’s Hospital, Wuhan, Hubei 430016, China
\(^2\)Department of Pharmacology, Basic Medical College, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, Hubei 430030, China
\(^3\)Department of Pediatrics, Union Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, Hubei 430022, China

Abstract

Background: Na\(^+\)/Ca\(^{2+}\) exchanger (NCX) plays a crucial role in pentylenetetrazol-induced convulsion. However, it is unclear whether NCX is critically involved in hyperthermia-induced convulsion. In this study, we examined the potential changes in NCX3 in the hippocampus and cerebrocortex of rats with hyperthermia-induced convulsion.

Methods: Twenty-one Sprague Dawley rats were randomly assigned to control group, convulsion-prone group and convulsion-resistant group (n = 7 in each group). Whole-cell patch-clamp method was used to record NCX currents. Both the Western blotting analysis and immunofluorescence labeling techniques were used to examine the expression of NCX3.

Results: NCX currents were decreased in rats after febrile convulsion. Compared to the control group, NCX3 expression was decreased by about 40% and 50% in the hippocampus and cerebrocortex of convulsion-prone rats, respectively. Furthermore, the extent of reduction in NCX3 expression seemed to correlate with the number of seizures.

Conclusions: There is a significant reduction in NCX3 expression in rats with febrile convulsions. Our findings also indicate a potential link between NCX3 expression, febrile convulsion in early childhood, and adult onset of epilepsy.

Key words: Cerebrocortex; Febrile Convulsion; Hippocampus; Hyperthermia; Na\(^+\)/Ca\(^{2+}\) Exchanger 3

Introduction

Febrile convulsion usually occurs in infants and young children. Nearly 2–5% of individuals below the age of 5 years’ experience febrile convulsion.\(^{[1,2]}\) Although most children do not develop any adverse neural sequelae after experiencing a febrile seizure, epidemiological studies indicate that 30–70% of people with temporal lobe epilepsy (TLE) have febrile convulsions in their early life.\(^{[3-5]}\) Multiple studies have investigated hyperthermia-induced seizure in animal models. These studies have reported that cell loss, inflammation, and altered patterns of gene expression are responsible for the development of epileptogenesis.\(^{[6-8]}\) However, researchers still do not know the mechanism through which epilepsy develops in patients who have experienced febrile seizures in their early life.

The Na\(^+\)/Ca\(^{2+}\) exchanger (NCX) consists of three isoforms: NCX1, NCX2, and NCX3. NCX1 is ubiquitously expressed, whereas NCX2 and NCX3 are strongly expressed in the brain and skeletal muscle, respectively.\(^{[9]}\) Previous studies have found that these NCX isoforms are involved in the development of a variety of diseases associated with the central nervous system, including brain ischemia, multiple sclerosis, Alzheimer’s disease, and Parkinson’s disease.\(^{[10-12]}\)

Address for correspondence: Dr. Yan Bai, Department of Pediatrics, Union Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, Hubei 430022, China E-Mail: Yanbai13032@163.com

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Calcium homeostasis is a critical factor that governs neuronal excitability and sensitivity of seizures. Furthermore, NCX is a major mechanism that maintains a low level of Ca$^{2+}$ inside neurons that have undergone intense electrical activity.

NCX3 is the most abundant isoform in the oriens and radiatum layers of the hippocampal area, CA1. Furthermore, NCX3 is involved in mesial temporal sclerosis, a condition that manifests in many TLE patients who have experienced febrile convulsions in their early childhood. In this study, we determined NCX currents ($I_{\text{NCX}}$) and NCX3 expression after inducing febrile convulsion in young rats. We hypothesized that reduction in NCX3 protein and frequent occurrence of febrile convulsion play a pivotal role in the development of TLE.

**METHODS**

**Febrile convulsion**

Twenty-one timed-pregnant Sprague Dawley rats were obtained from the Experimental Animal Center of Tongji Medical College, Huazhong University of Science and Technology, China. They were exposed to 12 h light/dark cycle. Moreover, they had unrestricted access to standard rodent chow and water. The day of their birth was designated as postnatal day 0 (P0).

Febrile convulsion was elicited by immersion in warm water, as previously described. Briefly, on postnatal day 20 (P20), pups were placed in a glass jar containing warm water (44.5°C). The water level in the jar was such that the animals could stand upright with only their heads above the water level for 5 min or until they suffered a seizure. This session was conducted twice a day for 5 consecutive days. Subjects that experienced seizures in their first session were defined as convulsion-prone rats (named as HT–FC group, $n = 7$), whereas subjects that did not develop seizures in their first session were termed as convulsion-resistant rats (named as HT+FC group, $n = 7$). The latency of seizure was $4.39 \pm 0.08$ min, a parameter that was measured from the moment the rats were placed in water till they first showed the signs of a seizure. The seizure duration was $5.38 \pm 0.07$ min; this parameter was measured from the moment the rat showed signs of seizure to the instant when the rat regained consciousness. At the onset of seizure, the core temperature of rats was $41.87 \pm 0.06^\circ$C. The rats of the control group (named as NT group, $n = 7$) were exposed to water at a temperature of $37^\circ$C.

**Cell preparation**

Rats were sacrificed by decapitation after their last behavioral episode. Then, we rapidly dissected the hippocampus and cerebrocortex of sacrificed rats. The cells were treated with 0.05% trypsin and then they were fragmented with a fire-polished Pasteur pipette. The digestion was terminated by adding 5% bovine serum albumin. Cells were centrifuged at 1000 $\times g$ for 5 min. The cell pellets were re-suspended in phosphate buffered saline.

**Whole-cell patch-clamp recording**

Whole-cell patch-clamp recording ($I_{\text{NCX}}$) was carried out at 20–22°C using a PC–2C patch–clamp amplifier (Yibo life science instrument limited corporation, China). The external solution contained the following reagents: NaCl (140 mmol/L), CsCl (5 mmol/L), CaCl$_2$ (2 mmol/L), MgCl$_2$ (1 mmol/L), HEPES (15 mmol/L) (pH = 7.4), and glucose (10 mmol/L). The pipette solution contained the following reagents: CsCl (110 mmol/L), K-glucconate (20 mmol/L), NaCl (20 mmol/L), CaCl$_2$ (0.1 mmol/L), MgCl$_2$ (4 mmol/L), HEPES (10 mmol/L) (pH = 7.1), and glucose (5 mmol/L). The holding potential was $-40$ mV: This applied potential blocked the current induced by contaminating Ca$^{2+}$ and Na$^+$ ions. $I_{\text{NCX}}$ was defined as the Ni$^{2+}$-sensitive current of slow pulses that were produced through an applied voltage of $+100$ mV (reverse mode) and $-100$ mV (forward mode) in 10-mV steps for 300 ms at an alternating frequency of 0.5 Hz.

**Western blotting analysis**

Protein was extracted from the tissue using radioimmunoprecipitation assay lysis buffer (Beyotime Institute of Biotechnology, China). The protein concentration was measured by bicinchoninic acid assay. Briefly, 60 $\mu$g of proteins were separated from their samples by performing 8% sodium dodecyl sulfate polyacrylamide gel electrophoresis, and then they were transferred to a membrane made from polyvinylidene fluoride. The blots were blocked with 5% nonfat milk in tris-buffered saline. Finally, they were incubated overnight with a primary anti-NCX3 antibody (1:2000 dilution; Biorbyt, UK). The membrane was then incubated with a secondary antibody (1:2000–1:4000 dilution) and visualized using a standard ECL plus kit (Pierce Biotech Inc., USA). β-actin was used as the loading control for the total protein. A P20 sample was included in each gel as a control (100%).

**Immunofluorescence labeling**

Sections were processed by performing deparaffinization, rehydration, antigen retrieval, and nonspecific antigen site blocking. Then, these sections were incubated overnight at 4°C with anti-NCX3 antibody (1:40). Thereafter, they were fluorescently tagged with a secondary antibody for 1 h. We did not include a negative control by incubating a section with a primary antibody. Images were captured using a laser scanning confocal microscope (Nikon corporation, Japan).

**Statistical analysis**

Results are expressed as a mean ± standard error (SE). These results were statistical analyzed using unpaired Student’s t-test. Statistical significance was set at $P < 0.05$. SPSS version 17.0 (SPSS Inc., USA) was used for statistical analysis. To statistically compare the forward and reverse modes of $I_{\text{NCX}}$, we chose currents at $-100$ mV and $+100$ mV, respectively.

**RESULTS**

**Decreased $I_{\text{NCX}}$ in hippocampal and cortical neurons in convulsion-prone rats**

To understand the biophysical properties of neurons in the hippocampus and cortex, $I_{\text{NCX}}$ was recorded in the pyramidal neurons of median size, which were observed under the electron microscope. We observed the neurons...
of rats included in the NT, HT–FC, and HT + FC groups. Furthermore, I–V relationship curves of normal pyramidal neurons were recorded at a holding potential of ~40 mV, following an extracellular application of 5 mmol/L NiCl₂. A dramatic reduction in current amplitudes was observed after 5 min owing to the I_{NCX} existing in pyramidal neurons of the hippocampus and cortex. Compared with the I_{NCX} density in convulsion-resistant rats and control rats, the current density in the neurons of convulsion-prone rats was significantly lower. We also noticed a significant change in the current density of hippocampal neurons; however, there was no significant change in the current density of cortical neurons of convulsion-resistant rats and control rats [Figure 1a and 1b].

**Reduction of NCX3 expression in the hippocampus and cerebrocortex of convulsion-prone rats**

Western blotting analysis revealed that NCX3 expression was lower in the hippocampus and cerebrocortex of convulsion-prone rats than that exhibited by either convulsion-resistant rats or control rats [Figure 2]. Compared to control rats, NCX3 expression was lower by about 40% and 50% in the hippocampus and cerebrocortex of convulsion-prone rats, respectively. There was no significant difference between convulsion-resistant rats and control rats. Immunofluorescence labeling revealed that NCX3 isoform was mainly present in the membrane of neurons located in both the hippocampus and cerebrocortex area of the brain [Figure 3a]. As the number of seizures increased, the decline in the expression of NCX3 seemed to accelerate in convulsion-prone rats [Figure 3b-e].

In CA1, CA3, and dentate gyrus areas, we found that the expression of NCX3 decreased in patients who had experienced more than five seizures [Figure 3b-d]. In the cerebrocortex, the reduction of NCX3 was more pronounced in patients who had suffered more than 10 seizures [Figure 3e]. NCX3 expression in hippocampus and cerebrocortex areas of the brain was detected by Western blotting analysis. NCX3 expression was not found to be different between convulsion-resistant rats and control rats [Figure 2]. However, immunofluorescence labeling detected a significant decline in NCX3 expression in neurons of the hippocampal CA1 region [Figure 3a].

**DISCUSSION**

NCX3 is a critical protein that is involved in neural degeneration. The NCX3 protein levels were reduced in patients with Alzheimer’s disease, and a calcium overload was caused by the reversal of NCX currents in patients with multiple sclerosis. In this study, we reported that recurring febrile convulsion reduced the expression of NCX3 in the neurons of cerebrocortex and hippocampus area in the brain. Moreover, the downregulation of NCX3 can be correlated with the number of febrile convulsions. Our findings suggest that NCX3 participates in brain damage in patients who experience febrile convulsion.

**Figure 1:** $I_{NCX}$ in hippocampal and cortical neurons recorded by patch-clamp technique (a) hippocampus, (b) cerebrocortex. $n = 7$. *P < 0.05 versus NT.

**Figure 2:** Na+/Ca²⁺ exchanger 3 expression detected by Western blotting analysis. (a) Hippocampus. (b) Cerebrocortex. β-actin was used as a loading control. $n = 7$. *P < 0.05 versus NT.

**Figure 3:** $I_{NCX}$ in hippocampal and cortical neurons recorded by patch-clamp technique (a) hippocampus, (b) cerebrocortex. $n = 7$. *P < 0.05 versus NT, †P < 0.05 versus HT–FC.
Cell death may occur due to intracellular calcium overload that is caused by pathological conditions. There is an excessive calcium influx in neurons of patients suffering from various diseases of the central nervous system, including epilepsy. For example, an over-stimulation of NMDA receptor triggers calcium influx, which causes neuronal injury. NCXs maintain calcium homeostasis by removing excessive calcium released during neuronal discharge. In mice subjected to global cerebral ischemia, the NCX3 gene gets silenced and there is an increase in intracellular calcium. Our results have shown that hyperthermia can reduce the expression of NCX3 gene [Figures 2 and 3], leading to a decrease in \( I_{\text{NCX}} \) [Figure 1a]. It will induce the overload of intracellular calcium.

Nearly, 40% adult patients with TLE have experienced febrile convulsion in their early childhood. Moreover, there is a correlation between complex febrile convulsion that occur in early childhood and TLE that manifests in the adult stage of life. However, the link between childhood febrile convulsion and TLE is still controversial.
In a recent report, researchers have proved that in rats with hyperthermia-induced seizures, γ-aminobutyric acid A receptors can be up-regulated, which induce ectopic granule cells to cause epilepsy in adulthood.[24] Hyperthermia-induced seizures can significantly modify neuronal excitability in limbic circuits.[25] A significant increase in neuronal excitability can ultimately lead to the development of epilepsy.

A reduction in the expression of NCX3 leads to an increase in intracellular calcium, stimulating neuronal excitability and lowering seizure threshold. In addition, calcium overload can activate calcium-dependent apoptosis signal. Due to apoptosis, there is a neuronal loss that adversely affects the structure and function of the brain. This may ultimately lead to hippocampus atrophy and sclerosis in TLE patients.

Calpain cleaves NCX when it is activated by neuronal injury.[26] In previous studies conducted on other seizure models, researchers have proved that NCX3 is more sensitive to calpain cleavage.[27] This indicates that NCX3 has a close relationship with neuronal degeneration, which is caused by excitotoxicity.

In conclusion, our results have proved that there is a significant reduction in NCX3 expression and \( I_{\text{NCX}} \) in neurons of rats with febrile convulsion. This finding provides a potential mechanistic link between complex febrile convulsion and TLE. The results also indicate that NCX3 can be used as a target in the treatment of febrile convulsions in order to prevent the subsequent emergence of TLE.

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**Conflicts of interest**

There are no conflicts of interest.

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