Molecular Genetics of Keratinization Disorders – What’s New About Ichthyosis

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The heritable forms of keratinization disorders, including various forms of ichthyosis and keratodermas, comprise a phenotypically heterogeneous group of diseases which can be divided into syndromic and non-syndromic forms. In the non-syndromic forms, the clinical manifestations are limited to the cutaneous structures while the syndromic ones are associated with a spectrum of extracutaneous manifestations. The inheritance in different families can be autosomal dominant, autosomal recessive or either X-linked dominant or recessive. Currently at least 67 distinct genes have been associated with different forms of ichthyosis. These genes can be grouped on the basis of their physiological involvement, including genes encoding structural components of epidermis, those involved in epidermal lipid metabolism, or those critical for cell-cell adhesion, and keratinocyte differentiation. This overview highlights some of the recent progress made in understanding the molecular genetics of keratinization disorders, and presents selected, recently characterized cases as representative of different forms of heritable ichthyosis.

Key words: autosomal recessive congenital ichthyosis; ichthyosis; non-alcoholic fatty liver disease; non-syndromic ichthyosis; syndromic ichthyosis.

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The heritable forms of ichthyosis, also known as generalized Mendelian disorders of cornification (MeDOC), comprise a heterogeneous group of diseases caused by mutations in a number of genes that are critical for development and maintenance of physiologic barrier at the outer layer of epidermis (1, 2). Clinically, these disorders manifest with scaling and hyperkeratosis of varying degrees (Fig. 1). The pathologic findings in the patients are either limited to the cutaneous structures or are associated with extracutaneous manifestations. Thus, ichthyosis can be divided into two broad categories, the non-syndromic and the syndromic forms. These disorders are present usually at birth or are diagnosed shortly thereafter, but the progression of the disease and the eventual outcome of severity can be highly variable. In the most severe forms, such as the Harlequin ichthyosis (HI), the affected children often die during the early neonatal period while at the other end of the spectrum of severity, such as ichthyosis vulgaris (IV), the manifestations can be relatively mild, the onset of manifestations may occur later in life and the spectrum may represent a continuum with physiologically present dry skin. The longevity of the IV patients is rarely affected by the disease. Also, in some cases the scaling and hyperkeratosis present at birth can be self-healing within a few months’ timeframe, as in so-called self-improving collodion ichthyosis (1–6).

Various forms of ichthyosis were initially classified on the basis of predominant clinical manifestations, and early on, different subtypes often carried eponyms of the authors of the original descriptions. More recently, it has been recognized that clinical heterogeneity, coupled with the variable mode of inheritance, i.e., autosomal dominant, autosomal recessive, or X-linked dominant or recessive, largely reflects the genetic heterogeneity, and currently as many as 67 distinct genes have been shown to be associated with different forms of ichthyosis. In addition, there are as many as 28 mutant genes associated with palmoplantar keratodermas. Grouping of the
genes based on their involvement in distinct biological pathways required for physiological differentiation of keratinocytes and maintenance of the epidermal barrier has resulted in a more granular classification which allows refined diagnostics and nuanced prognostication in general terms (2). In such classification, specific subgroups of syndromic and non-syndromic forms of ichthyosis can be recognized, based on identification of mutations in genes encoding structural components of epidermis, involved in epidermal lipid metabolism or critical for cell-cell adhesion and keratinocyte differentiation as well as homeostasis, essential for formation of functional stratum corneum with uncompromised barrier function.

NEXT-GENERATION SEQUENCING APPROACHES FOR MUTATION DETECTION

As in case of most heritable disorders with extensive genetic heterogeneity the identification of mutations in different forms of ichthyosis was initially based on PCR amplification of exons and flanking intronic sequences in candidate genes identified by clinical observations or by immunofluorescent and ultrastructural examination of epidermis. However, with expanding number of candidate genes associated with keratinization disorders, this approach has proven time-consuming and expensive. The PCR-based approaches are rapidly being replaced by next-generation sequencing (NGS) techniques, including sequencing arrays simultaneously targeting multiple disease-associated genes or the use of whole exome sequencing (WES) and whole genome sequencing (WGS) (7–9). These approaches are assisted by genome-wide tools, including homozygosity mapping (HM) and transcriptome profiling by RNA-seq, which facilitate identification and verification of pathogenic mutations in affected families (10–13).

EXPANDING MUTATION LANDSCAPE OF NON-SYNDROMIC KERATINIZATION DISORDERS: THE PARADIGM OF ARCI

A subgroup of non-syndromic forms of ichthyosis, autosomal recessive congenital ichthyosis (ARCI), is clinically divided into different subcategories: (a) Harlequin ichthyosis (HI), (b) lamellar ichthyosis (LI), and (c) congenital ichthyosisiform erythroderma (CIE). HI is a rare and often severe form of ARCI caused by mutations in the ABCA12, while LI and CIE, with partially overlapping phenotypes, have been associated with mutations in a total of 14 distinct genes, many of them involved in lipid metabolism and essential for formation of functional stratum corneum. The different genetic subtypes were initially defined by the genomic locations of the corresponding genetic loci (ARCI1-17). The 4th subgroup of ARCI comprises phenotypically variable forms of ichthyosis which can manifest with marked hyperkeratosis at birth, but significant spontaneous improvement during infancy can result in a relatively mild disease in the

Fig. 1. Phenotypic variability in patients with autosomal recessive congenital ichthyosis associated with defects in different genes. Note the spectrum of severity in association of specific mutations indicated.
adulthood (1–5, 14). This group, known as pleomorphic ichthyosis (14), consists of clinically distinct conditions, such as self-improving collodion ichthyosis, ichthyosis prematurity syndrome and congenital ichthyosis with fine/mild scaling (5, 7, 8). Bathing-suit ichthyosis, also a pleomorphic ichthyosis, is a condition in which arms and legs are not affected by abnormal keratinization (15). In addition, clinically defined forms of ichthyosis include peeling skin syndrome, erythrokeratoderma variabilis (EKV), loricrin keratoderma and congenital reticular ichthyosiform erythroderma. Ichthyosis is often associated with development of palmoplantar keratoderma, a heterogeneous group of disorders which can also present as distinct clinical entities without ichthyosis (see Thomas & O’Toole, 16).

In a recent study by us, the molecular basis of a total of 125 families with diagnostic features of ARCI was probed by a NGS array targeting 38 genes that were at the time known to be associated with different forms of ichthyosis (17). This approach, assisted by homozygosity mapping in this cohort which was characterized by high degree of consanguinity, followed by whole transcriptome analysis by RNA-Seq, identified definitive pathogenic/likely pathogenic mutations in approximately 85% of the families (for examples, see Fig. 2). Similar results have been reported in studies examining regional cohorts of families with ARCI, including patients in Czech Republic, England, Israel, Italy, Turkey and the Scandinavian countries (17–22). While some differences in the prevalence of mutations in different genes were observed in different cohorts, mutations in the TGM1 gene encoding transglutaminase 1, as well as in a number of genes involved in lipid metabolism (ABCA12, ABHD5, ALOX12B, ALOXE3, CERS3 and PNPLA1) were frequently encountered (23, 24). In some populations, PNPLA1 and CERS3 mutations are very rare while in others, particularly those with high degree of customary consanguinity, the proportion of these two genes was relatively high (25–29). Interestingly, while ABCA12 was initially associated with severe, often lethal HI, mutations in this gene can also be encountered in LI and CIE (30).

It should be noted that many of the mutations found in different genes are private and population-specific, emphasizing the importance of ethnic-based molecular diagnostics when assessing its impact on the public health in different countries and geographic regions.

The most recent discoveries of ARCI-associated genes include SDR9C7 and SULT2B1. Initially described in 2016 in affected members of 3 consanguineous Lebanese families with congenital ichthyosis, SDR9C7 was mapped to chromosome 12q13-q14 (ARC113) (29). This gene encodes short-chain dehydrogenase/reductase family 9C member 7 (SDR9C7) and is highly expressed in the granular and cornified layers of the epidermis. Subsequently, a 1-bp duplication co-segregated in a Turkish family...
was discovered, and as many as 14 mutations have now been reported in populations in Austria, Denmark, France, Germany, Iran, Japan, Sweden, Turkey and the United Kingdom (17, 31–34). Of note, presence of persistent fungal infection was frequently observed in these patients, suggesting that the functional SDR9C7 may physiologically provide protection against such infections.

Mutations in another gene, SULT2B1, were initially described in 2017 both in homozygous and compound heterozygous state, mapping to 19q13.3 (ARCI14) in 6 patients from 3 unrelated families (35). Subsequently, two missense mutations in two unrelated families were reported by us (Fig. 3) (17). The SULT2B1 gene encodes a sulfotransferase family cytosolic 2B member 1, expressed in the stratum granulosum-stratum corneum junction in the epidermis.

THE PHENOTYPIC SPECTRUM OF SYNDROMIC FORMS OF ICHTHYOSIS: THE SKIN-LIVER CONNECTION

While the consequences of the mutations in non-syndromic forms of ichthyosis are limited to the skin, a number of cases with cutaneous keratino-
junction protein claudin-1, has been reported in a limited number of patients with NISCH syndrome (Fig. 4). Thus, congenital presentation of ichthyotic skin lesions together with mutations in \textit{CLDN1} as the molecular confirmation of NISCH syndrome can predict the development of sclerosing cholangitis and liver abnormalities.

In addition to NISCH syndrome, other forms of ichthyosis are associated with liver involvement. An example of such conditions is Chanarin-Dorfman syndrome (CDS) characterized by hepatomegaly and hepatic steatosis, in association with ichthyosis which is readily recognizable during early years of life due to mutations in \textit{ABHD5} (Fig. 5). Full-blown CDS with skin and liver findings is inherited in an autosomal recessive fashion due to loss-of-function mutations in \textit{ABHD5} (39, 40). The liver involvement often progresses to hepatic steatosis, liver fibrosis and cirrhosis, and may necessitate liver transplant.

An intriguing genetic constellation was recently recognized in heterozygous carriers of \textit{ABHD5} mutations in CDS families (40). Specifically these individuals had diagnostic features of dyslipidemia and non-alcoholic fatty liver disease (NAFLD), a multifactorial condition and the most common liver disease worldwide, affecting up to one-third of the Western populations (41, 42). The monoallelic loss-of-function mutations, identified in consanguineous families with CDS, resulted in NAFLD in an autosomal dominant inheritance pattern, which was confirmed in a large multi-generation family without consanguinity and with no individuals with biallelic mutations (40). These patients with the heritable form of NAFLD and/or dyslipidemia demonstrated complete clinical expression after the 4th decade of life, and the prevalence of \textit{ABHD5}-associated NAFLD was estimated to be 1:1,137 individuals in general populations (40). Thus, mutations in \textit{ABHD5}, which is involved in neutral lipid
From metabolism, emphasize the pathogenic role of lipid disorders both in NAFLD and in some forms of ichthyosis.

Recent independent studies corroborated the role of CGI-58 (encoded by ABHD5) and its partners, such as adiponutrin (encoded by PNPLA3) and ATGL (encoded by PNPLA2), in the pathogenesis of NAFLD. First, Romeo et al. (43) carried out a genome-wide association study (GWAS) of 9,229 individuals with NAFLD, and they found that a common SNP (rs738409[G]), encoding p.1148M in PNPLA3, was strongly associated with increased hepatic fat content (43). These observations have been supported by other studies. For example, Wang et al. showed a direct protein-protein interaction of CGI-58 and adiponutrin (44). In addition, they showed that normal PNPLA3 overexpression does not enhance lipid accumulation in primary hepatocytes derived from liver-specific Abhd5-knockout mice, thus again suggesting that PNPLA3 mediates ABHD5-dependent liver steatosis. Finally, Yang et al. showed that PNPLA3-I148M allele product in carriers attaches to and sequesters CGI-58 preventing its association with ATGL (Adipose Triglyceride Lipase) in a competitive inhibition fashion (45, 46). ATGL, when associated and activated by CGI-58, is required for the breakdown of triglycerides in the liver and adipose tissue. Thus, in the absence of ATGL available for binding to CGI-58, due to sequestration by PNPLA3-I148M in carriers, triglycerides accumulate in the liver providing a pathomechanistic explanation for hepatic steatosis in NAFLD (47).

GENETIC DEFECTS IN CELL-CELL ADHESION AND COMMUNICATION

In addition to claudin-1, a transmembrane protein in the tight junction complexes which regulates para-cellular permeability in the epidermis (see above), mutations in other genes involved in cell-cell communication have also been associated with aberrant keratinization phenotypes. One of such is GJB2 encoding connexin 26, previously shown to be mutated in KID syndrome and some forms of palmoplantar keratoderma (see Thomas & O’Toole, 16). Ichthyosis follicularis is a distinct keratinization disorder which has been reported in association with atrichia and photophobia resulting from mutations in the MBTPS2 gene (48). Recently, however, compound heterozygous mutations in the GJB2 gene were reported in a novel syndrome of ichthyosis follicularis, bilateral sensorineural hearing loss and punctate palmoplantar keratoderma (10) (Fig. 6). One of the mutations (p.Asn176Asp) was demonstrated to significantly reduce the cell-cell gap junction channel activity and to increase the non-junctional hemichannel activity of connexin 26 when tested in Xenopus oocyte expression system (10). This mutation, when associated with a common frameshift mutation in GJB2 (c.35delG; p.Gly12Valfs*2), frequently documented as a cause of sensorineural hearing loss, resulted in manifestations of this new syndrome, including ichthyosis follicularis phenotype. Collectively, these findings, coupled with previous reports on GJB2 associations with skin findings, attest to the complexity of clinical consequences of different mutations in GJB2.

A number of other genes contributing to cell-cell adhesion and communication have been associated with syndromic forms of keratinization disorders. For example,
the desmosomal proteins JUP and DSP have both been associated with cardiomyopathy, but cutaneous manifestations, such as palmoplantar keratoderma or hair abnormalities, are highly variable depending on the mutation involved (49, 50). More recently, it was demonstrated that alterations in PERP, another component of desmosomes can cause an autosomal dominant Olmsted syndrome or autosomal recessive ichthyosiform epidermolysis bullosa (51). This observation underscores the genotypic and phenotypic heterogeneity of keratinization disorders: PERP mutations confer a spectrum of phenotypes ranging from severe periorificial plaques and palmoplantar keratoderma, as seen in patients with TRPV3 mutations (52), to varying degrees of erythroderma observed in patients with mutant JJB3, JJB4, and LOR genes (53–55).

The PERP gene consists of 3 exons encoding the p53/p63 tetraspan membrane protein that is expressed primarily in stratified epithelia (56, 57). Although the exact interacting partners of PERP are still unknown, its importance in cell-cell adhesion and epithelial integrity was implied by the observation that the majority (95%) of Perp knockout (−/−) mice died within 10 days of life due to blistering in the oral mucosa and skin, especially in areas of mechanical trauma, but also showed abnormal thickening of the epidermis (57). The 5% of Perp−/− mice that survived to adulthood had a significantly shorter lifespan compared to Perp+/− and wild-type mice and did not show a predisposition to spontaneous tumorigenesis despite evidence linking p53/p63 to Perp expression (56, 58). Nevertheless, with documentation of these cases with PERP mutations in humans, clinicians should be aware of this connection and monitor patients accordingly for potential evidence of carcinogenesis.

GENETIC DEFECTS ASSOCIATED WITH KERATODERMAS: THE PARADIGM OF ERYTHROKERATODERMA

Erythroderma manifests with hyperkeratotic, often transient and migratory erythematous and figurate plaques with sharply demarcated borders typically developing in early childhood (Fig. 7). It has been historically divided into two main categories: (a) erythroderma variabilis et progressiva; and (b) progressive symmetric erythroderma. However, these two presentations are currently listed on the OMIM catalogue under a single disease entry (OMIM #133200). There are a number of other presentations with erythroderma (59). Erythroderma can be inherited either in an autosomal dominant or an autosomal recessive pattern. The autosomal dominant forms have been associated with mutations in the gap junction-related genes (GJB2, GJB3, GJB4, and GJA1) as well as in LOR, encoding loricrin, a cornified envelope protein (53–55, 59). Autosomal recessive erythroderma has been associated with mutations in ABHD5, ELOVL4, and KDSR. More recently, the genotypic spectrum of erythroderma has been extended by application of NGS using ichthyosis-associated gene sequencing panels which identified mutations in addition to those previously identified genes, also in PNPLA1 in

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Fig. 7. Patients with ichthyosis and different genetic mutations presenting with erythroderma. (a) Patient 1, a 2-year-old female patient with erythroderma and a homozygous missense mutation in the ABHD5 gene consistent with Chanarin-Dorfman syndrome. (b) Patient 2, a 7-year-old male with erythroderma and generalized ichthyosis due to a missense mutation in PNPLA1. (c) Patient 3, a 12-year-old female with extensive erythroderma and large brown ichthyotic plaques on the face, consistent with autosomal recessive ichthyosis associated with mutations in PNPLA1. Sanger sequencing confirmed the out-of-frame deletion of 13 bp, shown in yellow (lower right panel) (Modified from ref. 57, with permission).
families with the autosomal recessive form of erythrokeratoderma (Fig. 7) (10). These studies provide evidence in support of the notion that erythrokeratoderma can be a manifestation associated with multiple types of ichthyosis with different gene defects (60). Consequently, erythrokeratoderma may not be a distinct genetic entity but rather a manifestation of multiple ichthyosis-related genetic diseases that can occur with or without a more typical ichthyosis presentation.

CONCLUSIONS

This update on recent advances in our understanding the molecular basis of heritable keratinization disorders highlights the tremendous variability, both phenotypic and genotypic, in this group of disorders. The knowledge of the mutant genes and of specific mutations can be used to confirm the diagnosis with subclassification, allows determination of the mode of inheritance, and provides information for prognostication, in general terms, of the severity and overall outcome of the disease. The mutation detection in large consanguineous families also allows identification of heterozygous carriers which can be coupled with genetic counseling for the risk of recurrence in the extended family. The mutations form the basis for prenatal testing and preimplantation genetic diagnosis. Finally, the knowledge of the specific mutations is a prerequisite for allele-specific treatments currently being developed for this group of complex disorders without specific treatment modalities.

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