Anisotropic Models for Globular Clusters, Galactic Bulges and Dark Halos

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Abstract

Spherical systems with a polytropic equation of state are of great interest in astrophysics. They are widely used to describe neutron stars, red giants, white dwarfs, brown dwarfs, main sequence stars, galactic halos and globular clusters of diverse sizes. In this paper we construct analytically a family of self-gravitating spherical models in the post-Newtonian approximation of general relativity. These models present interesting cusps in their density profiles which are appropriate for the modeling of galaxies and dark matter halos. The systems described here are anisotropic in the sense that their equiprobability surfaces in velocity space are non-spherical, leading to an overabundance of radial or circular orbits, depending on the parameters of the model in consideration. Among the family, we find the post-Newtonian generalization of the Plummer and Hernquist models. A close inspection of their equation of state reveals that these solutions interpolate smoothly between a polytropic sphere in the asymptotic region and an inner core that resembles an isothermal sphere. Finally, we study the thermodynamics of these models and argue for their stability.
1 Introduction

The study of many-body astrophysical systems has been an important issue in relativistic astrophysics for the past decades. In general, the number of constituents of such systems is enormous and it is neither practical nor worthwhile to follow the interactions and evolution of each particle in the ensemble. From the statistical point of view, most of the qualitative
properties of the system can be inferred from the distribution $F(\vec{x}, \vec{v}, t)$, a quantity that determines the probability of finding a single particle in a phase-space volume $d^3x d^3v$ around the position $\vec{x}$ and the velocity $\vec{v}$.

The distribution function (or DF for short) is dynamical. It is governed by an appropriate kinetic equation and it in turn determines the statistical evolution of the system. In the framework of the general theory of relativity (GR) the DF is assumed to obey the general relativistic version of the Vlasov equation or the Fokker-Planck equation [1, 2, 3, 4, 5]. The first one is devoted to systems sufficiently smooth, so that they may be considered to be collisionless, whereas the latter one also accounts for gravitational encounters. One can actually consider systems in which a number of particle species can collide and produce different species. This is how the formation of the light elements in the big bang nucleosynthesis is calculated (see [6] for a review). Even though these interactions might have important effects in the evolution of some astrophysical systems over large time scales, for most of the applications in this paper we will focus on the collisionless case, which is otherwise believed to capture the relevant physics in a wide variety of scenarios.

There are many applications of kinetic theory in relativistic astrophysics. In stellar dynamics, for instance, the systems described are halos, galaxies or stellar clusters of diverse sizes. In all these cases the “particles” of the system are stars. Applications to cosmology consider galaxies or even clusters of galaxies as the basic constituents. The point here is that their internal structure is irrelevant at cosmological scales so they can be modelled as particles. Finally, applications to the description of compact objects can also be considered. Although in these situations collisions actually play an important role, analytical solutions to the Vlasov equation are of great insight and serve as a useful starting point to develop a perturbative expansion that accounts for the internal interactions.

A number of methods to construct self-consistent stellar models have appeared in the literature over the years [7, 8, 9, 10, 11, 12, 13]. A first approach consists in starting with known profiles for the matter distribution and gravitational fields (which can be inferred directly from photometric and kinematic observations). Since the mass density of the system is defined by the integration of the DF over the velocity space, the problem of finding a DF is that of solving an integral equation. This is the so-called “$\rho$ to $F$ approach”. Conversely, one can start by assuming a general form for the DF following symmetry considerations and a few physically reasonable assumptions. This is known as the “$F$ to $\rho$ approach” and is the main tool we shall adopt for the purposes of the present paper.

Now, even though for most systems under consideration Newtonian gravity is assumed to be dominant, general relativistic corrections might play an important role in their evolution. Studying this issue in the fully relativistic context is challenging. Not only, we face technical difficulties while trying to obtain analytical solutions to the Einstein-Vlasov system but also the comparison to the Newtonian predictions is very limited. Thus, in order to estimate the effects on the various observables we are interested in, it would be nice to have a framework to include systematically general relativistic corrections to a given Newtonian model. The post-Newtonian approximation is perfectly suited for this purpose. The appropriate scheme that describes the effects of the first corrections beyond the Newtonian theory, was first developed in [14, 15, 16] and it is known as the first post-Newtonian (1PN) approximation.
This approach holds if the particles in the system are moving nonrelativistically ($\bar{v} \ll c$) and gives the corrections up to order $\bar{v}^2/c^2$, where $\bar{v}$ is a typical velocity in the system and $c$ is the speed of light. Currently, higher order PN approximations have appeared in the literature because of the increasing interest regarding the kinematics and associated emission of gravitational waves by binary pulsars, neutron stars and black holes, with promising candidates for detectors such as LIGO, VIRGO and GEO600 (see [17, 18] and the references therein).

In a recent series of papers, the first steps towards this objective were given in [19], obtaining a version of the Vlasov equation that accounts for the first general relativistic corrections. With this tool at hand, the authors obtained the 1PN version of the Eddington’s polytropes, starting from an ergodic DF proportional to $E^n$. Further applications to galactic dynamics were presented in [20]. The purpose of this paper is to implement the techniques developed in [19, 20] to study the influence of relativistic corrections in different astrophysical scenarios. In particular, we will center our attention on the study of spherically symmetric systems with local anisotropy, which seems to be very reasonable for describing the matter distribution under many circumstances, and has been proven to be very useful in the study of relativistic systems. To date, we can encounter a large body of work with such applications in the literature [21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51].

By local anisotropy, we mean systems whose DFs depend on the phase space coordinates not only through the energy (as in the polytropic case above), but also through the angular momentum. On the level of the orbit of individual stars, this translates into a bias of the system toward either circular orbits or more elongated ones. Such a bias is captured by the so-called velocity dispersion tensor, on which we will elaborate later, and is an observationally measurable quantity, besides the mass density profile. In this way, building models with local anisotropy can help us narrow down the range of possible DFs that give rise to a given density profile. Another good reason to study anisotropic systems is that the anisotropy in velocity space leads to a pressure anisotropy, which is believed to play an important role in the physics of gravitational collapse. Moreover, this pressure anisotropy may have a destabilizing effect on the system, resulting in the system evolving away from a spherically symmetric configuration. This may yield insights into the fate of self-gravitating systems for very large timescales, a subject about which little is currently known. Finally, let us mention that for the sake of simplicity, we will only consider in this paper models with constant anisotropy. While such models are not particularly realistic, we will see that the relativistic corrections for them are analytically tractable. Also, such models can be considered as building blocks for more realistic anisotropic systems where the anisotropy varies from one part of the system to another.

The rest of the paper is organized as follows. In section 2 we start by reviewing the main entries of the 1PN approximation of general relativity and introducing the Einstein-Vlasov system. Then, in section 3 we write down a set of self-gravitation equations for the so-called generalized polytropes, which are one of the simplest anisotropic generalizations of the polytropic DFs. Sections 4 and 5 are devoted to obtaining particular solutions for a family of models in the Newtonian and post-Newtonian limits, respectively. Along the
way, we study in detail the main properties of the models. In particular, we study the
equation of state for the Newtonian model (assuming a barotropic form) and its possible
implications for their stability. In the 1PN regime, we learn that the relativistic corrections
results in a less centrally-dominated mass density profile which in turns implies a slightly
flatter galactic rotation curve. Finally, in section 5 we give a brief summary of our main
results and comment briefly on future work.

2 The 1PN Approximation of General Relativity

The Newtonian theory of gravity is commonly used to describe a wide range of astrophysical
phenomena at different scales, ranging from the celestial mechanics of a few bodies up to the
description of star clusters and galaxies which are composed of billions of stars. Remarkably,
most of the observations agree with a very good precision with the theory and it is just when
it comes to very precise measurements that small deviations from the Newtonian description
start to appear.

Newtonian dynamics is therefore strongly expected to define an excellent starting point
for an approximation scheme of general relativity, in situations for which the velocities of the
bodies are small compared to the velocity of light ($v^2 \ll c^2$). The post-Newtonian approx-
imation is a systematic expansion that accounts for the first general relativistic corrections
over the Newtonian dynamics. It has been carefully reviewed in a number of references (for
a textbook analysis see for instance [52]), but for completeness we will devote the present
section to provide the reader with the basic definitions.

2.1 The field equations

Consider a system that is bounded by the gravitational interactions of its constituents,
and let $\bar{M}$, $\bar{v}$ and $\bar{r}$ the typical values of the mass, velocity and separation. In Newtonian
mechanics the typical kinetic energy $\bar{M}\bar{v}^2/2$ is roughly of the same order of magnitude as
the typical potential energy $G\bar{M}^2/\bar{r}$, so
\[
\bar{v}^2 \sim \frac{G\bar{M}}{\bar{r}}.
\]

The idea of the first post-Newtonian approximation is to express all physical quantities in
terms of a series expansion of $\bar{v}/c \ll 1$ and keep only the first order beyond the Newtonian
theory. Although it is sometimes referred to as an expansion in inverse powers of the speed
of light, it is a good idea to keep track of dimensions and perform the expansion in terms of
a dimensionless parameter.

Consider for example the metric tensor. The expansion for $g_{\mu\nu}$ reads
\[
\begin{array}{ll}
g_{00} &= 0g_{00} + 2g_{00} + 4g_{00} + \cdots, \\
g_{ij} &= 0g_{ij} + 2g_{ij} + 4g_{ij} + \cdots, \\
g_{0i} &= 1g_{0i} + 3g_{0i} + 5g_{0i} + \cdots,
\end{array}
\]

(2)
where the symbol $^n g_{\mu\nu}$ refers to the term of order $(\bar{v}/c)^n$ in the expansion of $g_{\mu\nu}$. In our conventions $x^\mu = (ct, x^i)$ so, for the computation of the line element $ds^2 = g_{\mu\nu} dx^\mu dx^\nu$, we have to keep in mind that temporal indices carry an extra power of the speed of light. Odd powers of $\bar{v}/c$ appear in $g_{0i}$ because these components must change sign under a time-reversal transformation $t \to -t$.

Without loss of generality, we can say that at zeroth order $^0 g_{00} = -1$ and $^0 g_{ij} = \delta_{ij}$, reflecting the fact that any manifold is locally flat. By working in harmonic coordinates (i.e., coordinates such that $g_{\mu\nu} \Gamma^\lambda_{\mu\nu} = 0$) we can further simplify the above expansions by writing them as a function of the Newtonian potential $\phi$ and two new post-Newtonian potentials $\psi$ and $\xi$ defined as in [52]. To our order of approximation we get

\begin{align}
^2 g_{00} &= -2\phi/c^2, \\
^4 g_{00} &= -2(\phi^2 + \psi)/c^4, \\
^2 g_{ij} &= -2\phi \delta_{ij}/c^2, \\
^1 g_{0i} &= 0, \\
^3 g_{0i} &= \xi_i/c^3.
\end{align}

At 1PN order then, the line element can be written as

\begin{equation}
ds^2 = - \left(1 + \frac{2\phi}{c^2} + \frac{2(\phi^2 + \psi)}{c^4}\right) c^2 dt^2 + 2 \left(\frac{\xi_i}{c^3}\right) c dt dx^i + \left(1 - \frac{2\phi}{c^2}\right) \delta_{ij} dx^i dx^j.
\end{equation}

It is convenient to assume a similar expansion for the components of the energy momentum tensor. In particular, from their interpretation of energy density, momentum flux, and energy flux, we expect that

\begin{align}
^2 T^{00} &= ^0 T^{00} + ^2 T^{00} + \cdots, \\
^2 T^{ij} &= ^2 T^{ij} + ^4 T^{ij} + \cdots, \\
^2 T^{0i} &= ^1 T^{0i} + ^3 T^{0i} + \cdots.
\end{align}

The above expressions lead to a consistent expansion of the Einstein field equations. At 1PN order these can be written as

\begin{align}
\nabla^2 \phi &= 4\pi G^0 T^{00}, \\
\nabla^2 \psi &= 4\pi Gc^2 \left(2T^{00} + ^2 T^{ii}\right) + \frac{\partial^2 \phi}{\partial t^2}, \\
\nabla^2 \xi_i &= 16\pi Gc \ ^1 T^{0i},
\end{align}

along with the coordinate condition

\begin{equation}
4 \frac{\partial \phi}{\partial t} + \nabla \cdot \vec{\xi} = 0.
\end{equation}

\begin{footnote}
A comment regarding the units is in order here. In our conventions, the energy momentum tensor is normalized such that $^0 T^{00} = \rho$, $^2 T^{ij} = \delta_{ij} p_i / c^2$, and so on.
\end{footnote}
2.2 Particle motion and the geodesic equation

The post-Newtonian approximation was first developed to study the problem of motion in celestial mechanics. Among other things, it gives a correct estimation for the perihelion precession of Mercury [53], a crucial fact that motivated the adoption of general relativity. Here, we will review a few key points that we need for the remaining part of the paper.

Consider the action for a free-falling particle,

$$ S = \int d\tau \sqrt{-g_{\mu\nu}U^\mu U^\nu}. \quad (10) $$

The symbol $U^\mu = \partial x^\mu / \partial \tau$ represents the particle’s four-velocity, which is related to the three-velocity by $U^i = U^0 v^i / c$ (Greek indices run from 0 to 3 and Latin indices from 1 to 3). Although we are free to choose an arbitrary affine parametrization, in the expression above $\tau$ denotes the particle’s proper time. For a time-like geodesic there is an additional constraint, namely the normalization of the four velocity $g_{\mu\nu}U^\mu U^\nu = -c^2$.

The Euler-Lagrange equation for this system leads to the geodesic equation. At 1PN order and for general potentials $\phi$, $\psi$, and $\vec{\xi}$, one finds that the free-falling particle obeys the equation

$$ \frac{d\vec{v}}{dt} = -\nabla \phi - \frac{1}{c^2} \left[ \nabla (2\phi^2 + \psi) + \frac{\partial \vec{\xi}}{\partial t} - \vec{v} \times (\nabla \times \vec{\xi}) - 3\vec{v} \frac{\partial \phi}{\partial t} - 4\vec{v}(\vec{v} \cdot \nabla \phi) + v^2 \nabla \phi \right], \quad (11) $$

which partially resembles the equation of motion for a charged particle with velocity $\vec{v}$ in the presence of electromagnetic fields. This law of motion will determine, for instance, the rotation curve for test particles moving in equatorial circular geodesics (see [20] for details).

$$ v_c^2 = R \frac{\partial \phi}{\partial R} \left( 1 + \frac{4\phi}{c^2} + \frac{R \frac{\partial \phi}{\partial R}}{c^2} \right) + R \left( \frac{\partial \psi}{\partial R} - \sqrt{\frac{R \frac{\partial \phi}{\partial R} \frac{\partial \xi}{\partial R}}{z=0}} \right). \quad (12) $$

There is an important difference between the above relation and the usual formula for the rotation curve: in the Newtonian case $v_c^2$ is linear in $\partial \phi / \partial R$, whereas in the 1PN case, it depends on nonlinear terms involving the potentials and their derivatives. The corrections introduced by these nonlinearities are found to be significant in some cases, especially for large radial distances, which is surprising given that one would expect major corrections near the center, where the mass concentration is maximum. For example, the authors of [54] presented a model in which the percentage of dark matter needed to explain flat rotation curves is around $\sim 30\%$ less than the required by the Newtonian theory.

Likewise, we can get the Lagrangian by expanding $d\tau / dt$ at 1PN order. Following Weinberg [52], we get (after some algebra)

$$ \mathcal{L} = \frac{v^2}{2} - \phi - \frac{1}{c^2} \left( \frac{\phi^2}{2} + \frac{3\phi v^2}{2} - \frac{v^4}{8} + \psi - \vec{v} \cdot \vec{\xi} \right). \quad (13) $$

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2Here $\{R, \phi, z\}$ are cylindrical coordinates.
Given the symmetries of the problem, we can derive easily the various integrals of motion. For the purposes of the present paper we need two in particular: the energy and the angular momentum. For static spacetimes, $\xi = 0$ and the potentials $\phi$ and $\psi$ are independent of time. The Hamiltonian $\mathcal{H} = \sum_i \dot{x}_i \partial \mathcal{L} / \partial v_i - \mathcal{L}$ is then a conserved quantity,

$$\mathcal{H} = \frac{v^2}{2} + \phi + \frac{1}{c^2} \left( \frac{3v^4}{8} - \frac{3v^2 \phi}{2} + \frac{\phi^2}{2} + \psi \right) = E,$$

(14)

and this can be regarded as the 1PN generalization of the energy. If we constrain further the problem by assuming spherical symmetry, the fields $\phi$ and $\psi$ will depend on the spatial coordinates only through $r = \sqrt{x^2 + y^2 + z^2}$ and in this case one finds that the quantities

$$L_i = \varepsilon_{ijk} x^j v^k \left( 1 - \frac{3\phi}{c^2} + \frac{v^2}{2c^2} \right),$$

(15)

are also integrals of motion. These are the components of the angular momentum at 1PN order.

### 2.3 The Einstein-Vlasov system

In the kinetic theory of gases, the Vlasov equation arises as an effective description of a system composed of many particles in the regime when their interactions are negligible. In particular, no collisions are included in the model and each particle is acted on only by smooth fields generated collectively by all the particles in the ensemble. When in addition, the system is coupled to general relativity, then the result set of equation is known as the Einstein-Vlasov system (for a review on the subject, see for example [55, 56, 57]).

In the framework of kinetic theory, the state of the system is described from a statistical point of view. The starting point is the DF $F(x, v, t)$, which depends on the spatial coordinates, velocity and time. For the applications we want to consider here we will require that the DF of the system satisfies the general relativistic version of the Vlasov equation,

$$\mathcal{L}_U F = \left( U^\mu \frac{\partial}{\partial x^\mu} - \Gamma^i_{\mu\nu} U^\mu U^\nu \frac{\partial}{\partial U^i} \right) F(x^\mu, U^i) = 0,$$

(16)

where $(x^\mu, U^i)$ is the set of configuration and four-velocity coordinates, $\Gamma^i_{\mu\nu}$ are the Christoffel’s symbols and $\mathcal{L}_U$ is the Liouville’s operator. In the 1PN approximation, the above equation can be written as (see [49] for details)

$$\frac{\partial F}{\partial t} + v^i \frac{\partial F}{\partial x^i} - \frac{\partial \phi}{\partial x^i} \frac{\partial F}{\partial v^i} + \frac{1}{c^2} \left( \frac{v^2}{2} - \phi \right) \left( \frac{\partial F}{\partial t} + v^i \frac{\partial F}{\partial x^i} \right)$$

$$+ \frac{1}{c^2} \left[ 4v^i v^j \frac{\partial \phi}{\partial x^j} - \left( \frac{3v^2}{2} + 3\phi \right) \frac{\partial \phi}{\partial x^i} - v^i \left( \frac{\partial \xi_i}{\partial x^j} - \frac{\partial \xi_j}{\partial x^i} \right) \right] \frac{\partial F}{\partial v^i} \bigg|_{\psi} = 0.$$

(17)

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3When the number of particles is $N \gg 1$ then the $N$-body distribution function is separable in the absence of collisions. Here we are dealing with the one particle DF, which is the relevant quantity in such situations.

4The four-velocity is normalized such that $g_{\mu\nu} U^\mu U^\nu = -c^2$, so it is enough to consider dependence on the spatial components $U^i$. 

7
We have to emphasise that this expression is only valid in the collisionless regime. For cases in which encounters play a dominant role, the right-hand side of (17) must be replaced by a term of the Fokker-Planck type [58].

Similar to the classical case, the 1PN equation can be expressed in various ways, each of which is useful in different contexts [19]. The one that is relevant for us is in terms of Poisson brackets,

$$\frac{\partial F}{\partial t} + \{ F, \mathcal{H} \} = 0,$$

(18)

where \( \mathcal{H} \) is the 1PN Hamiltonian (14). Since all integrals of motion commute with \( \mathcal{H} \), this implies that Jeans theorem [59] is valid at 1PN order. That is, any static solution of the CBE depends only on the integrals of motion of the system, and that any function of the integrals yields a static solution of the CBE.

The second moment of the DF is the energy-momentum tensor. Via the Einstein equations, this establishes a connection between \( F \) and the potentials \( \phi \), \( \psi \), and \( \xi \) that can be summarized as a set of coupled differential equations. These are known as the 1PN self-gravitation equations [19, 20].

The starting point is the general relativistic expression for the energy-momentum tensor,

$$T^{\mu \nu}(x^i, t) = \frac{1}{c} \int \frac{U^\mu U^\nu}{U^0} F(x^i, U^i, t) \sqrt{-g} d^3 U.$$  (19)

Expanding to the various orders required by the 1PN approximation we get

$$^0T^{00} = \int 0F d^3 v,$$  (20)

$$^2T^{00} = \frac{3}{c^2} \int (v^2 - 2\phi) 0F d^3 v + \int 2F d^3 v,$$  (21)

$$^1T^{0i} = \frac{1}{c} \int v^i 0F d^3 v,$$  (22)

$$^2T^{ij} = \frac{1}{c^2} \int v^i v^j 0F d^3 v,$$  (23)

along with \(^0T_{ij} = 0\), as expected. Finally, substituting in (6)-(8), one gets the 1PN self-gravitation equations,

$$\nabla^2 \phi = 4\pi G \int 0F d^3 v,$$  (24)

$$\nabla^2 \psi = 8\pi G \int (2v^2 - 3\phi) 0F d^3 v + 4\pi Gc^2 \int 2F d^3 v,$$  (25)

$$\nabla^2 \xi^i = 16\pi G \int v^i 0F d^3 v.$$  (26)

\(^5 It was an open question for some time whether or not Jeans theorem holds in the fully relativistic case. This issue was settled in 1999 by Schaeffer in the negative [60], who found particular solutions that cannot be written as a function of the integrals of motion.
Thus, any system characterized by an equilibrium DF can be written as a function of the integrals of motion. This automatically implies that the DF is a solution to the kinetic equation (17). The energy-momentum tensor can be obtained through (20)-(23), which acts as a source of the gravitational field according to the field equations (6)-(8). In order to have a self-consistent description, the relations (24)-(26) must be satisfied. All of these equations are written as power expansions in $\vec{v}/c$ and, as a consequence, we can clearly distinguish between the Newtonian contribution and the post-Newtonian corrections.

3 Generalized Polytropes

3.1 Distribution functions

In astrophysics, there is a well-known family of spherical models characterized by ergodic DFs of the form

$$ F(\mathcal{E}) = \begin{cases} k_n \mathcal{E}^{n-3/2} & \text{for } \mathcal{E} > 0, \\ 0 & \text{for } \mathcal{E} \leq 0. \end{cases} \quad (27) $$

These models are known as “stellar dynamical polytropes”. In (27), $\mathcal{E} = E_0 - E$ is the relative energy, $k_n$ is a constant related to the total mass of the systems and $n$ is the polytropic index. The reason why these models are of particular interest is because they lead to a simple equation of state, $p \propto \rho^{1+1/n}$, that is widely used to describe a variety of astrophysical systems. Among them are neutron stars, red giants, white dwarfs, brown dwarfs, main sequence stars, galactic halos, globular clusters of diverse size, galaxies and galaxy clusters. A full account of gaseous polytropes can be found in [61, 62].

The post-Newtonian version of the stellar polytropes were consider recently in [19]. Although most of the work in that paper was numerical, it was clear that the corrections introduced by the relativistic effects can be relevant in the computation of certain observables. Here, we will consider generalizations of these models that are described by a distribution function of the form [63]

$$ F(\mathcal{E}, L) = \begin{cases} k_\gamma \delta L^{2\gamma} \mathcal{E}^\delta & \text{for } \mathcal{E} > 0, \\ 0 & \text{for } \mathcal{E} \leq 0, \end{cases} \quad (28) $$

where $\gamma$ and $\delta$ are constants and $L$ is the magnitude of the angular momentum. These are known as “generalized polytropes” and they are found to be anisotropic in the sense that their equiprobability surfaces in velocity space are non-spherical. This leads to an overabundance of radial or circular orbits depending on the value of the constant $\gamma$. For now we are going to assume arbitrary values for $\gamma$ and $\delta$ but later we will specialize to a subset of models that are analytically solvable.

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6In practice, $E_0$ is chosen such that $F = 0$ for $\mathcal{E} < 0$. For an isolated system, $E_0$ is related to the value of the potential at infinity and the relative energy is equal to the binding energy.
We begin by splitting the energy and the angular momentum into classical and post-Newtonian contributions, \( E = E_{cl} + E_{pn} \) and \( L^2 = L^2_{cl} + L^2_{pn} \), where

\[
E_{cl} = \frac{v^2}{2} + \phi, \quad E_{pn} = \frac{1}{c^2} \left( \frac{3}{8} v^4 - \frac{3}{2} v^2 \phi + \frac{\phi^2}{2} + \psi \right),
\]

and

\[
L^2_{cl} = (\vec{r} \times \vec{v})^2, \quad L^2_{pn} = \frac{1}{c^2} \left[ (\vec{r} \times \vec{v})^2 (v^2 - 6 \phi) + 2 (\vec{r} \times \vec{\xi} \cdot (\vec{r} \times \vec{v})) \right].
\]

We also assume that \( E_0 \) can be split into two contributions, a leading term and a correction of order \((\bar{v}/c)^2\), so that \( E = E_{cl} + E_{pn} \). For later convenience, we will write

\[
E_0 = \phi_0 + \frac{\psi_0}{c^2}.
\]

Making the approximation that the post-Newtonian contributions are much smaller than the classical ones, we get

\[
F = 0F + 2F,
\]

where \( 0F \) and \( 2F \) are the zeroth order and second order terms, respectively

\[
0F = k_{\gamma \delta} L^2_{cl} E^\delta_{cl}, \quad \text{and} \quad 2F = k_{\gamma \delta} \left( \delta L^2_{cl} E^\delta_{cl} E_{pn} + \gamma L^2_{cl} E^\delta_{cl} L^2_{pn} \right).
\]

It is convenient to use spherical coordinates in velocity space (with the z-axis pointing in the direction of \( \vec{r} \)): \( v_r = v \cos \eta, \ v_\theta = v \sin \eta \cos \chi \) and \( v_\phi = v \sin \eta \sin \chi \). As usual, \( v \in [0, \infty] \) \( \eta \in [0, \pi] \) and \( \chi \in [0, 2\pi] \). In these variables, the angular momentum becomes

\[
L^2_{cl} = r^2 v^2 \sin^2 \eta,
\]

and

\[
L^2_{pn} = \frac{1}{c^2} \left( r^2 v^2 \sin^2 \eta (v^2 - 6 \phi) + 2 r^2 \xi_\phi v \sin \eta \sin \chi + 2 r^2 \xi_\theta v \sin \eta \cos \chi \right).
\]

Finally, substituting into the expressions for \( 0F \) and \( 2F \) we obtain

\[
0F = k_{\gamma \delta} (rv \sin \eta)^2 \gamma (\phi_0 - \frac{v^2}{2} - \phi)^\delta
\]

and

\[
2F = \frac{k_{\gamma \delta}}{c^2} \left( \delta (rv \sin \eta)^2 \gamma (\phi_0 - \frac{v^2}{2} - \phi)^{\delta-1} (\psi_0 - \frac{3}{8} v^4 + \frac{3}{2} v^2 \phi - \frac{\phi^2}{2} - \psi) \right.
\]

\[
+ \gamma \left( r^2 v^2 \sin^2 \eta (v^2 - 6 \phi) + 2 r^2 \xi_\phi v \sin \eta \sin \chi + 2 r^2 \xi_\theta v \sin \eta \cos \chi \right)
\]

\[
\times (rv \sin \eta)^2 (\phi_0 - \frac{v^2}{2} - \phi)^\delta \right)
\]
3.2 The energy-momentum tensor and the field equations

The distribution function (28) acts as a source for the energy-momentum distribution according to (20)-(23). However, note that $F$ is even with respect to $v$, so $T^0i = 0$ and $T^{ij} = 0$ for $i \neq j$. In particular, the first relation implies that the vector potential $\xi_i$ is sourceless,

$$\nabla^2 \xi_i = 0,$$

which agrees with the fact that for any static and spherically-symmetric system the only physical solution to the coordinate condition (9) is that $\xi_i = 0$. The remaining components of the energy-momentum tensor are

$$0T^{00} = \int_0^{v_e} dv \int_0^\pi d\eta \int_0^{2\pi} d\chi v^2 \sin \eta F,$$

$$2T^{00} = \int_0^{v_e} dv \int_0^\pi d\eta \int_0^{2\pi} d\chi v^2 \sin \eta \left( \left( \frac{3v^2}{c^2} - \frac{6\phi}{c^2} \right) F + 2F \right),$$

and

$$2T^{0i} = \frac{1}{c^2} \int_0^{v_e} dv \int_0^\pi d\eta \int_0^{2\pi} d\chi v^4 \sin \eta F.$$

Here $v_e$ denotes the escape velocity, i.e. the velocity at which a particle reaches its maximum value of energy, $E = 0$, so that it is confined to the distribution of matter. Also, repeated indices in equation (41) stand for summation. The escape velocity can be computed from (14) and the result is

$$v_e = \sqrt{2(\phi_0 - \phi)} + O \left( (\bar{v}/c)^2 \right).$$

Note that we are keeping just the zeroth order term. This is fine because even when the integrand is $F$, the correction due to the escape velocity is proportional to an integral of the form:

$$\int_{\sqrt{-2\Phi}}^{\sqrt{-2\Phi} + X/c^2} v^{2\gamma + 2} \left( -\frac{v^2}{2} - \Phi \right)^\delta dv,$$

where $\Phi = \phi - \phi_0$ and $X$ is a function of $\phi$ and $\psi$ of order 1. The change of variable $v \to c^2(v - \sqrt{-2\Phi})$ then reveals that this integral is of order $O((\bar{v}/c)^{2+2\delta})$ after integration, which is negligible in comparison with the post-Newtonian corrections.

To evaluate these integrals, the following abbreviation is useful:

$$I(\alpha, \beta) = \int_0^{\sqrt{-2\Phi}} v^\alpha \left( -\frac{v^2}{2} - \Phi \right)^\beta dv.$$

For $\alpha > -1$ and $\beta > -1$, this evaluates to:

$$I(\alpha, \beta) = 2^{\frac{1}{2}+\alpha}(\Phi)^{\frac{1}{2}(1+\alpha+2\beta)} \frac{\Gamma(\frac{1+\alpha}{2})\Gamma(1+\beta)}{\Gamma(\frac{3+\alpha}{2} + \beta)}.$$
In terms of the function $I(\alpha, \beta)$, the components of the stress-energy tensor are:

$$0^0T^00 = 2\pi^{3/2}k_{\gamma\delta}r^{2\gamma} \Gamma(\gamma + 1) \frac{\Gamma(\gamma + \frac{3}{2})}{\Gamma(\gamma + \frac{3}{2} + \gamma)} I(2 + 2\gamma, \delta),$$

(46)

$$2^0T^00 = \frac{2\pi^{3/2}k_{\gamma\delta}}{c^2}r^{2\gamma} \Gamma(\gamma + 1) \left[ (3 + \gamma)I(4 + 2\gamma, \delta) - 6\phi(1 + \gamma)I(2 + 2\gamma, \delta) \right.\
\left. - \frac{3}{8}\delta I(6 + 2\gamma, \delta - 1) + \frac{3}{2}\delta\phi I(4 + 2\gamma, \delta - 1) - \delta \left( \frac{\phi^2}{2} + \Psi \right) I(2 + 2\gamma, \delta - 1) \right],$$

(47)

and

$$2^iiT^ii = \frac{2\pi^{3/2}k_{\gamma\delta}r^{2\gamma}}{c^2} \Gamma(1 + \gamma) \frac{\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})} I(4 + 2\gamma, \delta).$$

(48)

We have also defined $\Psi = \psi - \psi_0$. Using (45), these expressions reduce to

$$0^0T^00 = 2\gamma^{3/2}k_{\gamma\delta}r^{2\gamma} \frac{\Gamma(1 + \delta)\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})} I(2 + 2\gamma, \delta),$$

(49)

$$2^0T^00 = \frac{1}{c^2}2\gamma^{\frac{3}{2}}k_{\gamma\delta}\pi^{3/2}r^{2\gamma} \frac{\Gamma(1 + \delta)\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})} r^{2\gamma}(-\Phi)^{\gamma + \delta + \frac{3}{2}},$$

(50)

$$\times \left[ \Phi^2(3 + 2\gamma)(9 + 2\gamma) + 6\phi\Phi(1 + 2\gamma)(5 + 2\gamma + 2\delta) - 30\Psi \\
- 8(\gamma + \delta)(4 + \gamma + \delta)\Psi - \phi^2(3 + 2\gamma + 2\delta)(5 + 2\gamma + 2\delta) \right],$$

and

$$2^iiT^ii = \frac{1}{c^2}2\gamma^{\frac{3}{2}}k_{\gamma\delta}\pi^{3/2}(3 + 2\gamma)r^{2\gamma}(-\Phi)^{\gamma + \delta + \frac{3}{2}} \frac{\Gamma(1 + \delta)\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})}. \right]$$

(51)

Einstein’s field equations (6)-(7) then take the form:

$$\nabla^2\Phi = 2\gamma^{\frac{3}{2}}\pi^{5/2}Gk_{\gamma\delta} \frac{\Gamma(1 + \delta)\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})} r^{2\gamma}(-\Phi)^{\gamma + \delta + \frac{3}{2}},$$

(52)

and

$$\nabla^2\Psi = 2\gamma^{\frac{3}{2}}\pi^{5/2}Gk_{\gamma\delta} \frac{\Gamma(1 + \delta)\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})} r^{2\gamma}(-\Phi)^{\gamma + \delta + \frac{3}{2}} \right]$$

(53)

$$\times \left[ \Phi^2(3 + 2\gamma)(9 + 2\gamma) + 6\phi\Phi(1 + 2\gamma)(5 + 2\gamma + 2\delta) - 30\Psi \\
- 8(\gamma + \delta)(4 + \gamma + \delta)\Psi - \phi^2(3 + 2\gamma + 2\delta)(5 + 2\gamma + 2\delta) \right]$$

$$+ 2\gamma^{\frac{3}{2}}\pi^{5/2}Gk_{\gamma\delta}(3 + 2\gamma) \frac{\Gamma(1 + \delta)\Gamma(1 + \gamma)}{\Gamma(\gamma + \delta + \frac{5}{2})} r^{2\gamma}(-\Phi)^{\gamma + \delta + \frac{3}{2}}.$$
4 Newtonian Limit

4.1 Solving the field equations at leading order

Let us start with the equation for the Newtonian potential \( \Phi(r) \) becomes

\[
\frac{1}{r^2} \frac{d}{dr} \left( r^2 \frac{d\Phi}{dr} \right) = \alpha_{\gamma\delta} r^{\gamma+\delta+\frac{3}{2}},
\]

with

\[
\alpha_{\gamma\delta} = \frac{2}{5} \frac{\pi^{5/2}}{\Gamma(1+\delta)\Gamma(1+\gamma)} \frac{\Gamma(1+\gamma)}{\Gamma(\gamma+\delta+\frac{5}{2})}.
\]

Now, let \( \tilde{\Phi} = -r\Phi \). With this change of variables, the above equation reduces to

\[
\frac{d^2 \tilde{\Phi}}{dr^2} = -\alpha_{\gamma\delta} r^{\gamma-\delta-\frac{1}{2}} \tilde{\Phi}^{\gamma+\delta+\frac{3}{2}},
\]

which after some redefinitions takes the general form \( y''(x) = Ax^p y^q \). This is known as the Emden-Fowler differential equation. All known solutions are listed for example in [64] and among them, there are a few one-parameter families and some isolated points (in the space of \( p \) and \( q \)). To have a physically sensible model we have to impose a further constraint, namely the convergence of (45). We thus focus our attention to the family

\[
\gamma = \frac{1}{4}(m - 5) \quad \text{and} \quad \delta = \frac{1}{4}(3m - 1),
\]

with \( m > -1 \). Other physically sound models are discussed in appendix A. A few comments are in order here. First note that the DF (28) becomes

\[
F(\mathcal{E}, L) = \begin{cases} 
  k_m L^{\frac{1}{2}(m-5)} \mathcal{E}^{\frac{1}{2}(3m-1)} & \text{for } \mathcal{E} > 0, \\
  0 & \text{for } \mathcal{E} \leq 0.
\end{cases}
\]

This family of DFs is known to be related to the hypervirial potential-density pairs presented in [65]. The models all possess the remarkable property that the virial theorem holds locally, from which they earn their name as the hypervirial family. Moreover, it is found that some members present cosmologically interesting cusps at the center and are appropriate for the modeling of galaxies and dark matter halos. Our goal here is to study further properties of these models in the Newtonian theory and to construct their post-Newtonian generalizations in order to investigate the effect of the relativistic corrections.

The only isotropic model in this family corresponds to \( m = 5 \) and it is known as the Plummer model [66]. This is one of the few polytropic models that is analytically solvable [68]. For \( m < 5 \) the power of angular momentum is negative. This means that there is a huge probability of finding a particle with small angular momentum, leading to an overabundance.

\[\text{\footnote{Another analytic family of anisotropic DFs containing the Plummer model was considered in [67].}}\]
of radial orbits. Also, for these models we expect most of the matter distribution to be located near the center of the system. For \( m > 5 \) the situation is exactly the opposite. In this case, the probability of finding a particle in phase-space grows with the angular momentum which would lead to an overabundance of circular orbits. For these models, we do not expect a large mass concentration in the inner region. We will come back to the discussion of these properties in section 4.2.2.

The authors of [65] used the global properties of the potential-density pairs to infer the corresponding DFs. The purpose of this section is to use the direct method to check their results and to gain some insight on the behavior of the models. To begin with, note that in terms of \( m \) equation (56) becomes

\[
\frac{d^2 \tilde{\Phi}}{dr^2} = -\alpha_m r^{-\frac{1}{2}(m+3)} \tilde{\Phi}^m. \tag{59}
\]

From [64], the solution is given in parametric form by

\[
r(\tau) = a C_2^2 \exp \left[ 2 \int \left( \frac{8}{m+1} \tau^{m+1} + \tau^2 + C_1 \right)^{-1/2} d\tau \right], \tag{60}
\]

\[
\tilde{\Phi}(\tau) = b C_2 \tau \exp \left[ \int \left( \frac{8}{m+1} \tau^{m+1} + \tau^2 + C_1 \right)^{-1/2} d\tau \right], \tag{61}
\]

where \( C_1 \) and \( C_2 \) are integration constants, and \( a \) and \( b \) are related by:

\[
-\alpha_m = \left( \frac{a}{b^2} \right)^{m-1}. \tag{62}
\]

We wish to have a solution such that is well behaved at \( r \to \infty \) and at \( r = 0 \). This can be achieved by tuning the constants \( C_1 \) and \( C_2 \). In particular, for \( C_1 = 0 \) and \( C_2 = 1 \), one finds that

\[
\int \left( \frac{8}{m+1} \tau^{m+1} + \tau^2 \right)^{-1/2} d\tau = \left( \frac{2}{1-m} \right) \sinh^{-1} \left( \sqrt{\frac{m+1}{8}} \frac{1-m}{\tau^{1-m}} \right). \tag{63}
\]

Solving for \( \tau \), we obtain

\[
\tau^{1-m} = \left( \frac{8}{m+1} \right) \sinh^2 \left[ \frac{1-m}{4} \log \left( \frac{r}{a} \right) \right]. \tag{64}
\]

On the other hand, from (60)-(61) it follows that

\[
\frac{r}{\tilde{\Phi}^2} = \frac{a}{b^2 \tau^2}, \tag{65}
\]

or equivalently

\[
\left( \frac{r}{\tilde{\Phi}^2} \right)^{\frac{m-1}{2}} = -\alpha_m \frac{1}{\tau^{m-1}}. \tag{66}
\]
Substituting the solution for $\tau$ and solving for $\tilde{\Phi}$, we find

$$\tilde{\Phi}(r) = \sqrt{a} \left( \frac{1 + m}{2\alpha_m} \right)^{-\frac{1}{m-1}} \left( \frac{r}{a} \right) \left( 1 + \left( \frac{r}{a} \right)^{\frac{m-1}{2}} \right)^{-\frac{2}{m-1}},$$

which leads to

$$\Phi(r) = -\sqrt{a} \left( \frac{1 + m}{2\alpha_m} \right)^{-\frac{1}{m-1}} \left( \frac{m-1}{a} + r \right)^{-\frac{2}{m-1}}.$$  \hspace{1cm} \text{(68)}

The constant $a$ is a dimensionful parameter of the solution that fixes a length scale. In particular, we shall call the regions $r < a$ and $r > a$ as the inner and outer (or asymptotic) regions respectively. Also, note that in order to have a finite potential at $r = 0$ we must restrict ourselves to the range $m > 1$. For all these cases we obtain that $\Phi \to 0$ as $r \to \infty$ so from now on we set $\phi_0 = 0$, which implies that $\Phi(r) = \phi(r)$.

This family of potentials was also considered in [69]. In that paper it was shown that these models can successfully describe the temperature and density profiles often seen in cooling flow clusters (from X-ray data) and it was suggested some potential relevance for the modeling of collisionless dark matter halos. Among these models, the $m = 5$ case corresponds to the well-known Plummer potential [66],

$$\phi(r) \propto \frac{1}{\sqrt{r^2 + a^2}},$$

and the $m = 3$ case corresponds to the Hernquist potential [70, 71],

$$\phi(r) \propto \frac{1}{r + a}.$$  \hspace{1cm} \text{(70)}

Now, in order to show graphically the behavior of these models, we first define a dimensionless (and normalized) potential through

$$\tilde{\phi}(\tilde{r}) = \sqrt{a} \left( \frac{1 + m}{2\alpha_m} \right)^{-\frac{1}{m-1}} \phi(\tilde{r}) = -\left( 1 + \tilde{r}^{\frac{m-1}{2}} \right)^{-\frac{2}{m-1}},$$

where $\tilde{r} = r/a$. In Figure 1 we show $\tilde{\phi}$ as a function of $\tilde{r}$ for some particular models. For the cases with $m > 3$ we have that $\phi'(0) = 0$, whereas for $1 < m < 3$ we have $\phi'(0) \to \infty$. The model with $m = 3$ is the only case with a finite inner slope. On the other hand, for all cases the asymptotic region of the potential behaves Coulombic for $r \gg a$, i.e. $\phi \sim -1/r$, and this relation becomes more exact as we increase $m$.

---

8 In the process, we make use of the identity: $\sinh^{-1}(\log z) = (z^2 + 1)/(2z)$.

9 Thus, only particles with $E < 0$ are allowed in the ensemble.

10 The author of [69] mentioned the possibility of obtaining analytic DFs by means of inverting the density as a function of the potential. Although this process is in principle possible, it would lead to isotropic DFs depending only on the energy. It would be interesting to compute them and compare the results with the findings in this paper.

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Figure 1: Dimensionless potential $\tilde{\phi}$ as a function of the dimensionless radius $\tilde{r}$ for $m < 5$ and $m \geq 5$ respectively. Left panel: $m \in \{\frac{3}{2}, 2, \frac{5}{2}, 3, \frac{7}{2}, 4, \frac{9}{2}\}$ from top to bottom. Right panel: $m \in \{5, 6, 7, 8, 9, 10, 11\}$ from top to bottom.

4.2 Physical properties of the models

4.2.1 Normalization and mass density

As a first step towards the analysis of the physical properties, we have to fix the overall constant $k_m$ that appears in front of the DF. This can be done by imposing that the integral over phase space of the DF is the total mass of the system $M$. At lowest order, this implies that

$$4\pi \int_0^{\infty} \rho r^2 dr = M, \quad (72)$$

with $\rho = \rho^0 T^{00}$. From (49) and (68) we find

$$k_m = \frac{a^{(m-1)/2}}{2^{(m+1)/4} \pi^{5/2} G^m M^{m-1}} \frac{\Gamma(m+2)}{\Gamma \left( \frac{1}{4} (m-1) \right) \Gamma \left( \frac{3}{4} (m+1) \right)}. \quad (73)$$

Substituting into the solution, we find:

$$\phi(r) = -\frac{GM}{\left( a^{\frac{m-1}{2}} + r^{\frac{m-1}{2}} \right)^{\frac{2}{m-1}}} \quad (74)$$

Note that this result is intuitive. The overall factor $GM$ is independent of $m$ because in the limit of large radius, $r \gg a$, (74) should reduce to the Coulomb potential regardless of the value of $m$ (this applies for any potential sourced by a matter distribution that is confined or that decays sufficiently fast for large distances).

The mass density can be obtained by means of the Poisson equation (54). Using our result for the potential, we get

$$\rho(r) = \frac{(m+1)Ma^{\frac{m-1}{2}} r^{\frac{m-5}{2}}}{8\pi \left( a^{\frac{m-1}{2}} + r^{\frac{m-1}{2}} \right)^{\frac{2m}{m-1}}} \quad (75)$$

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As we anticipated in the paragraph below (58), there are markedly different behaviors for the density depending on the value of \( m \) (which follow directly from the dependence of the DF on the angular momentum). The case \( m = 5 \) is the only one with finite density at the origin. This correspond to the Plummer model. For \( m < 5 \) the density profile diverges near the center as a power law, despite the fact that the total mass is finite. Until recently, such a density dependence was considered unphysical, but it is now known that dark matter halos and early-type galaxies always have power-law density cusps \([74, 75, 76]\). The case \( m = 3 \) is of particular interest, as it resembles the well-known NFW profile for small radius \([77, 78]\). For \( m > 5 \) the density profile vanishes at the origin. Distributions of matter in the form of shells have been a useful tool in astrophysics, often providing simplified but analytically tractable models in cosmology, gravitational collapse and supernovae \([79]\). Finally, one can always consider a superposition of various potential-density pairs or even the gluing of two different models at some radius by means of the appropriate junction conditions. This last possibility is briefly discussed in Appendix B.

To show graphically the behavior of (75) we define the dimensionless density as

\[
\tilde{\rho}(\tilde{r}) = \frac{8\pi a^3}{(m + 1)M} \rho(\tilde{r}) = \frac{\tilde{r}^{m-5}}{(1 + \tilde{r}^{m-1})^{\frac{2m}{m-1}}},
\]

where, again, \( \tilde{r} \) is the dimensionless radius \( \tilde{r} = r/a \). In Figure 2 we plot \( \tilde{\phi} \) for some particular models. For \( m > 5 \) the density has a maximum at some point \( \tilde{a} \) that depends on the value of \( m \),

\[
\tilde{a} = \left( \frac{m - 5}{m + 5} \right)^{\frac{2m}{m-1}} a.
\]

It is worth noticing that as we increase \( m \) the matter distribution becomes more and more localized around \( r = \tilde{a} \) (the explicit limit \( m \rightarrow \infty \) represents a shell-like configuration at \( \tilde{a} \rightarrow a \), with a potential that vanishes in the interior and becomes Coulombic for \( r > a \)). Otherwise, the behavior of the density for the different values of \( m \) agrees with our previous discussion.

### 4.2.2 Velocity dispersion and the anisotropic parameter

Instead of working with the distribution function, a somewhat less powerful approach is to work with the density of stars \( \nu(r) \) (obtained by integrating the DF over all velocities and dividing by the total mass \( M \)) and velocity dispersion tensor \( \sigma_{ij} \) defined by:

\[
\sigma_{ij}(r) = \frac{1}{\nu(r)} \int d^3v v_i v_j F(r, \vec{v}).
\]

This is, of course, the second moment of the Newtonian distribution function. To compute \( \sigma_{ij} \), we will not however use the definition above. Instead, we follow a less direct route by first deriving a relation between the mass density \( \rho \) in terms of the potential \( \phi \) and the radial distance \( r \). To do this, we perform a change of coordinate in velocity space, from the
spherical coordinates \((v, \eta, \chi)\) to \((E, v_t^2, \chi)\) where \(E = \frac{v^2}{2} + \phi\) is the energy and \(v_t = v \sin \eta\) is the tangential velocity. In terms of the new coordinates, the angular momentum and the volume element in velocity space become:

\[
L = rv_t, 
\]

\[
d^3v = \frac{2\pi}{\sqrt{2(E - \phi) - v_t^2}} dE dv_t^2. 
\]

Integrating over all of velocity space then yields the function \(\rho(r, \phi)\). Of course, upon substituting \(\phi(r)\) into this function we must recover the mass density profile \(\rho(r)\). Explicitly, we find for our family:

\[
\rho(r, \phi) = \frac{(m + 1) a^{(m-1)/2}}{8\pi G^m M^{m-1}} r^{\frac{m+5}{2}} (-\phi)^m, 
\]

which can also be obtained by combining (74) and (75). The velocity dispersions can be computed from \(\rho(\phi, r)\) as follows [67]

\[
\sigma_r^2(r) \equiv \frac{1}{\rho} \langle v_r^2 \rangle = -\frac{1}{\rho(\phi, r)} \int_0^\phi \rho(\phi', r) d\phi' = -\frac{\phi}{m + 1}, 
\]

\[
\sigma_\phi^2(r) \equiv \frac{1}{\rho} \langle v_\phi^2 \rangle = -\frac{1}{\rho(\phi, r)} \int_0^\phi \partial_\phi [r^2 \rho(\phi', r)] d\phi' = -\frac{m - 1}{4(m + 1)} \phi, 
\]

and \(\sigma_\theta^2(r) = \sigma_\phi^2(r)\). Here, it is understood that we are working in spherical coordinates. The anisotropic parameter \(\beta\) as defined in [68] is

\[
\beta = 1 - \frac{\sigma_\phi^2}{\sigma_r^2} = \frac{5 - m}{4}. 
\]
In particular, $\beta$ is constant. This is true for all DFs of the form $f(E, L) = L^\delta g(E)$. When $\beta > 0$, near radial orbits are preferred. This happens when $m < 5$, and these models are possibly subject to the radial-orbit instability. By contrast, $\beta < 0$ implies that near circular orbits are preferred, and this happens for $m > 5$. Moreover, as $m \to \infty$, circular orbits become more and more dominant. When $\beta$ vanishes, both kinds are equally probable (therefore the model is isotropic). In the context of velocity dispersion and the density of stars, the collisionless Boltzmann equation becomes the Jeans equation:

$$\frac{d}{dr}(\nu \sigma_r^2) + \frac{2\beta}{r} \nu \sigma_r^2 + \nu \frac{d\phi}{dr} = 0. \quad (85)$$

There are some quantities computed from the second moments that are useful when comparing with observations. Among them, the surface densities, surface brightness (assuming a constant mass-to-light ratio) and the line-of-sight velocities were computed for the hypervirial family in [65]. However, these quantities alone do not completely determine a particular model, hence an important thing to do is to study the higher order moments. The next nonzero moments are the fourth order ones, which in this case reduce to

$$\tau_r^4(r) = -\frac{1}{\rho(\phi, r)} \int_0^\phi (\phi' - \phi) \rho(\phi', r) d\phi' = -\frac{\phi^2}{2 + 3m + m^2}, \quad (86)$$

$$\tau_r^4(\phi, r) = \tau_r^4(\theta, r) = -\frac{1}{3\rho(\phi, r)} \int_0^\phi (\phi' - \phi) \partial_r^2 [r^2 \rho(\phi', r)] d\phi' = \frac{m-1}{12(2 + 3m + m^2)} \phi^2, \quad (87)$$

$$\tau_r^4(r) = \tau_r^4(\phi, r) = \tau_r^4(\theta, r) = -\frac{1}{2\rho(\phi, r)} \int_0^\phi (\phi' - \phi) \partial_{\phi}^2 [r^4 \rho(\phi', r)] d\phi',$$

$$\tau_r^4(r) = \tau_r^4(\phi, r) = \tau_r^4(\theta, r) = \frac{(m-1)(m+3)}{32(2 + 3m + m^2)} \phi^2. \quad (88)$$

The analog of Jeans equation for the fourth order moments has been derived in the literature [80] and used extensively to investigate the degeneracy in projected quantities for anisotropic systems (see for instance [81, 82]).

### 4.2.3 Pressure and the equation of state

The first thermodynamical quantity we are interested in is the pressure of the system. However, in anisotropic systems the different dispersions in velocity space lead to different pressures along the different directions. In our case, a straightforward computation leads to

$$p_r(r) = \rho(r) \sigma_r^2(r) = \frac{a^{m-5}GM^2r\frac{m+5}{2(m+1)}}{8\pi\left(a^{m-1} + r^{m-1}\right)^{\frac{2(m+1)}{m-1}}} \quad (89)$$

$$p_\theta(r) = \rho(r) \sigma_\theta^2(r) = \frac{m-1}{4}p_r(r) \quad (90)$$
and \( p_\varphi(r) = p_\theta(r) \equiv p_\perp(r) \). We can also define an average pressure as
\[
p(r) \equiv \frac{1}{3} \langle v^2 \rangle = \frac{1}{3} \langle v_r^2 + v_\varphi^2 + v_\theta^2 \rangle = \frac{(m + 1)a^{m-1}GM^2r^{m-2}}{48\pi \left( a^{m-1} + r^{m-1} \right)^{\frac{2(m+1)}{m-1}}}.
\]
(91)

This quantity is useful in the sense that it gives us a notion of average speed which will ultimately be related with the temperature of the system (see section 4.2.4 for details).

Of course, these pressures are related to the spatial components of the energy momentum tensor. In the non-relativistic limit however, the pressure is not expected to appear at leading order in the energy-momentum tensor because \( \rho \gg p/c^2 \). At next order we have that \( ^2T^{ij} = p_{ij}/c^2 \), where \( p_{ij} = \langle v_i v_j \rangle \) (although the off-diagonal terms vanish in our case by symmetry arguments).

For instance, the average pressure (91) could be also obtained by substituting (74) in (51). Finally, as a consistency check we can also notice that (49) and (51) imply that \( p = -\rho \varphi /6 \), which agrees with (82)-(83). This simple relation will be helpful in the next section.

Now, we define a dimensionless pressure through
\[
\tilde{p}(\tilde{r}) = \frac{48\pi a^4}{(m+1)GM^2} p(r) = \frac{r^{m-5} \tilde{r}^{m-2}}{\left( 1 + \tilde{r}^{m+1} \right)^{\frac{2(m+1)}{m-1}}},
\]
(92)

where \( \tilde{r} = r/a \). In Figure 3 we plot \( \tilde{p} \) for some values of \( m \). In general, the behaviour for this quantity is very similar to the density. The case \( m = 5 \) is the only one whose pressure is finite and decreasing. For \( m < 5 \) the pressure diverges at the origin but is still a decreasing function of the radius. For \( m > 5 \) the pressure vanishes at the center, then increases to a maximum at \( r = \tilde{a} \) and finally goes back to zero as the radius increases. In the limit \( m \to \infty \) the pressure becomes sharply localized at \( r = a \).

We can relate the pressure and density through an appropriate equation of state \( p = p(\rho, s) \) or \( p = p(\rho, T) \). Nevertheless, for the purposes of the present section it is sufficient to consider the simple case of a barotropic equation of state, where the pressure is determined by the density, \( p = p(\rho) \). To do this, we first have to invert (75) to get \( r(\rho) \) and then plug it into (91). A few comments are in order here. First note that for \( m > 5 \), \( r(\rho) \) would be multivalued given that for such cases the density \( \rho(r) \) is non-monotonic. For these models we divide the equation of state in two parts, one that is valid for \( r \leq \tilde{a} \) and the other that is valid for \( r \geq \tilde{a} \). For \( m \leq 5 \) the equation of state can be defined globally.

In practice, we can only invert analytically \( r(\rho) \) for \( m = 5 \). In this case we get,
\[
\tilde{r}(\tilde{\rho}) = \sqrt{\tilde{\rho}^{-2/5} - 1},
\]
(93)
which leads to the simple result
\[
\tilde{p}(\tilde{\rho}) = \tilde{\rho}^{6/5}.
\]
(94)

\footnote{Note in particular that, at leading order, none of the spatial components of the energy momentum tensor depend of the post-Newtonian potential \( \psi \), as it should be.}

\footnote{The case \( m = 3 \) can be inverted as well, but the solution is quite complicated. We will refrain from writing out the result here, since it is not particularly illuminating.}
Figure 3: Dimensionless pressure \( \tilde{p} \) as a function of the dimensionless radius \( \tilde{r} \) for \( m < 5 \) and \( m \geq 5 \) respectively. Left panel: \( m \in \{ \frac{3}{2}, 2, \frac{5}{2}, 3, \frac{7}{2}, 4, \frac{9}{2} \} \) from left to right. Right panel: \( m \in \{ 5, 6, 7, 8, 9, 10, 11 \} \) from top to bottom.

This is the equation of state of a polytrope. For other values of \( m \) we can expand \( \tilde{\rho}(\tilde{r}) \) in the regimes \( \tilde{r} \gg 1 \) and \( \tilde{r} \ll 1 \), and then solve the equation perturbatively. For \( \tilde{r} \gg 1 \) we obtain

\[
\tilde{\rho}(\tilde{r}) = \tilde{r}^{-\frac{m+5}{2}} \left[ 1 - \frac{2m}{m-1} \tilde{r}^{-\frac{(m-1)}{2}} + \mathcal{O}\left(\tilde{r}^{-(m-1)}\right) \right],
\]

whereas for \( \tilde{r} \ll 1 \) we get

\[
\tilde{\rho}(\tilde{r}) = \tilde{r}^{\frac{m-5}{2}} \left[ 1 - \frac{2m}{m-1} \tilde{r}^{-\frac{m-1}{2}} + \mathcal{O}\left(\tilde{r}^{m-1}\right) \right].
\]

We must proceed with certain care in order to invert these relations. Let us first consider the regime \( \tilde{r} \gg 1 \). In this case \( \tilde{\rho} \ll 1 \) regardless the value of \( m \). At leading order \( \tilde{r} \simeq \tilde{\rho}^{-2/(m+5)} \) so from (95) we can write

\[
\tilde{r} \simeq \left( \frac{\tilde{\rho}}{1 - \frac{2m}{m-1} \tilde{\rho}^{\frac{m-1}{m+5}}} \right)^{-\frac{2}{m+5}} \simeq \tilde{\rho}^{\frac{2}{m+5}} \left[ 1 - \frac{4m}{(m-1)(m+5)} \tilde{\rho}^{\frac{m-1}{m+5}} + \mathcal{O}\left(\tilde{\rho}^{\frac{2(m-1)}{m+5}}\right) \right].
\]

The expansion parameter is \( \tilde{\rho}^{(m-1)/(m+5)} \), which is small for all values of \( m \). Now, consider the regime \( \tilde{r} \ll 1 \). Notice that in this case \( \tilde{\rho} \gg 1 \) for \( m < 5 \) whereas \( \tilde{\rho} \ll 1 \) for \( m > 5 \). For \( m \neq 5 \) at leading order we have \( \tilde{r} \simeq \tilde{\rho}^{2/(m-5)} \) so from (96) it follows that

\[
\tilde{r} \simeq \left( \frac{\tilde{\rho}}{1 - \frac{2m}{m-1} \tilde{\rho}^{\frac{m-1}{m+5}}} \right)^{\frac{2}{m-5}} \simeq \tilde{\rho}^{\frac{2}{m-5}} \left[ 1 + \frac{4m}{(m-1)(m-5)} \tilde{\rho}^{\frac{m-1}{m-5}} + \mathcal{O}\left(\tilde{\rho}^{\frac{2(m-1)}{m-5}}\right) \right].
\]

In this case the expansion parameter is \( \tilde{\rho}^{(m-1)/(m-5)} \). In particular, the power of \( \tilde{\rho} \) is negative for \( m < 5 \) and positive for \( m > 5 \) so we have a consistent perturbative expansion in both cases.
The next step is to substitute these expressions in (91) to obtain the equation of state in the two regimes. For $\tilde{r} \gg 1$ we obtain

$$\tilde{p}(\tilde{\rho}) = \tilde{\rho}^{1+1/n} \left[ 1 + \frac{2(m-5)}{(m-1)(m+5)} \tilde{\rho}^{\frac{m-5}{m+5}} + O\left(\tilde{\rho}^{\frac{2(m-1)}{m+5}}\right) \right], \quad n \equiv \frac{m+5}{2}. \quad (99)$$

At leading order, this is the equation of state for a polytrope with index $n$, but it has corrections that appear when one goes to higher densities. On the other hand, for $\tilde{r} \ll 1$ and $m \neq 5$ we get

$$\tilde{p}(\tilde{\rho}) = \tilde{\rho} \left[ 1 - \frac{2}{(m-1)} \tilde{\rho}^{\frac{m-5}{m-5}} + O\left(\tilde{\rho}^{\frac{2(m-1)}{m-5}}\right) \right], \quad (100)$$

which at leading order behaves like the equation of state of an isothermal gas. Incidentally, this is also the famous equation of state usually considered in cosmology, $p = \omega \rho c^2$, with $\omega$ being a dimensionless constant. This is closely related to the thermodynamic equation of state of an ideal gas law, which may be written as

$$p = \rho RT. \quad (101)$$

Here $R$ is a constant that depends on the gas, $T$ is the temperature and $\bar{v} = \sqrt{RT}$ is the characteristic thermal speed of the molecules. Thus, in order to have a consistent post-Newtonian expansion we require that

$$\omega = \left(\frac{\bar{v}}{c}\right)^2 \ll 1, \quad (102)$$

which means that we are dealing with “cold gases”. In our case, we get that

$$\omega = \frac{GM}{6ac^2}, \quad (103)$$

and the characteristic speed turns out to be

$$\bar{v} = \sqrt{\frac{GM}{6a}}. \quad (104)$$

Now, for any value of $m$ one can always invert $r(\rho)$ numerically and then plug it into the expression for the pressure (91) in order to obtain the equation of state. The result is shown in Figure 4. For $m > 5$ the equation of state $p(\rho)$ is multivalued and form a loop. One part increases linearly with $\rho$ and is valid in the inner region, $r < \bar{a}$. The other part increases like a power law and is valid for the outer region, $r > \bar{a}$. For $m \leq 5$ the equation of state is well defined globally and it behaves as a power law for small $\rho$ ($r \gg a$). For large $\rho$, on the other hand, it behaves linearly but it is difficult to see it graphically because the slope depends strongly on the value of $m$, which leads to a great dispersion. We thus truncated the plotting range in these cases to focus on the first regime.

\[13\]This can be derived by starting with a general polytropic model and then taking a suitable limit as $n \to \infty$. [83]
Before closing this section let us perform a final computation that might help to clarify the above discussion. We are interested in the behavior of the adiabatic index $\Gamma_1$ as a function of the radius, which can be computed as

$$\Gamma_1(r) = \frac{d\ln p}{d\ln \rho} = \frac{\rho \frac{dp}{dr}}{\frac{d\rho}{dr}}. \quad (105)$$

In general, this is identified as the ratio of heat capacities, $\Gamma_1 = c_p/c_v$, and for the particular case of polytropes the adiabatic index reduces turns out to be a constant, $\Gamma_1 = 1 + 1/n$. For our models, a straightforward computation shows that

$$\Gamma_1(\tilde{r}) = \frac{(m + 7)\tilde{r}^{m/2} - (m - 5)\tilde{r}^{1/2}}{(m + 5)\tilde{r}^{m/2} - (m - 5)\tilde{r}^{1/2}} = 1 + \frac{1}{n(\tilde{r})}, \quad (106)$$

where

$$n(\tilde{r}) = \frac{m + 5}{2} - \frac{m - 5}{2} \tilde{r}^{-(m-1)/2}. \quad (107)$$

For $m = 5$, the last term vanishes and we recover the expected result for $n$. For $m \neq 5$ we still have a polytropic index $n = (m + 5)/2$ for large radius but it gets corrections for any finite $r$. In particular, in the limit $\tilde{r} \to 0$ we get $n \to \infty$ and we recover the isothermal result, $\Gamma_1 = 1$. Notice, however, that the second term can be positive or negative depending on the value of $m$. To see it explicitly we plot in Figure 5 both the adiabatic index $\Gamma_1$ and the polytropic index $n$ as a function of the radius. For $m \leq 5$ the plots are generally well behaved. For $m > 5$, $\Gamma_1$ presents a discontinuity at $r = \tilde{a}$, exactly where $n$ vanishes (and changes sign). These models also present a small region near $r \lesssim \tilde{a}$ for which $\Gamma_1 < 0$ and therefore seem to be thermodynamically unstable. We will come back to this point in section (5.3.3).
4.2.4 Hydrostatic equilibrium and thermodynamics

Conservation equations in general relativity come from the conservation of the energy momentum tensor

$$\nabla_\nu T^{\mu\nu} = 0. \quad (108)$$

There are four equations, one for each value of the free index $\mu$. However, for spherically symmetric spacetimes with anisotropic pressures only one of these does not vanish identically: the one for which $\mu = r$. It implies \footnote{This equation is fully relativistic \cite{21}. In particular, it assumes a metric of the form} \footnote{This equation is fully relativistic \cite{21}. In particular, it assumes a metric of the form}

$$\frac{dp_r}{dr} = -\left(\rho + \frac{p_r}{c^2}\right) \frac{d\phi}{dr} + \frac{2}{r} (p_\perp - p_r). \quad (109)$$

This equation tells us what pressure gradient is needed to keep the fluid static in the gravitational field, effect that depends on $d\phi/dr$. If we use the field equations to eliminate $\phi$ we recover the so-called Tolman-Oppenheimer-Volkoff (TOV) equation \cite{72, 73} for anisotropic spheres. The important point here is that, when supplemented with an equation of state $F(\rho, p) = 0$, the TOV equation completely determines the structure of a spherically symmetric body in equilibrium.

If we consider matter that is non-relativistic, the terms of order $(\bar{v}/c)^2$ can be neglected and the TOV equation becomes the Newtonian equation for hydrostatic equilibrium,

$$\frac{dp_r}{dr} = -\rho \frac{d\rho}{dr} + \frac{2}{r} (p_\perp - p_r). \quad (110)$$

If we consider matter that is non-relativistic, the terms of order $(\bar{v}/c)^2$ can be neglected and the TOV equation becomes the Newtonian equation for hydrostatic equilibrium,\footnote{This equation is fully relativistic \cite{21}. In particular, it assumes a metric of the form}

$$ds^2 = -e^{2\phi/c^2} c^2 dt^2 + e^{2A/c^2} dr^2 + r^2 d\Omega^2,$$

and a stress-energy tensor of the form $T^{\mu\nu} = \text{diag}(\rho, p_r/c^2, p_\perp/c^2, p_\perp/c^2)$. At lowest order, it is clear that we can identify $\phi$, $\rho$ and $p_i$ as the Newtonian potential, density and pressures, respectively.
This equation is commonly used to find the equilibrium structure of a spherically symmetric body with anisotropic pressures when general-relativistic corrections are not important. In our case, using \((74)-(75)\) and \((89)-(90)\), we can see that equation \((110)\) is always satisfied, thus implying equilibrium. This result is not surprising. From \((19)\) one can immediately see that the energy momentum tensor is divergence-free and then, even the relativistic version of \((110)\) must be satisfied.

Now, by analogy with an ideal gas, we can define the temperature \(T\) (or thermal energy) of a selfgravitating system through the relation [68]

\[
\frac{1}{2} \langle v^2 \rangle = \frac{3}{2} k_B T, \quad (111)
\]

where \(k_B\) is Boltzmann’s constant. In general the mean-square velocity and hence the temperature depend on position. For our models, at leading order we get\(^{15}\)

\[
T = \frac{\int_0^1 F v^2 d^3v}{\int_0^1 F d^3v} = \frac{\rho}{\rho} = -\frac{\phi}{6} . \quad (112)
\]

The temperature profiles can be easily inferred from Figure \[1\]. In general, the temperature reaches a maximum at the center (even for the \(m > 5\) cases) and then decreases with the radius. For \(m < 5\), although the densities are divergent, the temperatures are finite everywhere.

With \((112)\) at hand, equation \((110)\) becomes

\[
\frac{1}{\rho} \frac{d(T \rho)}{dr} = -\frac{m + 1}{6} \frac{d\phi}{dr} + \frac{m - 5}{2r} T . \quad (113)
\]

This equation resembles a local version of the first law of thermodynamics. Identifying \(u \sim T \rho\) as the internal energy density for an infinitesimal fluid element with volume \(V \sim 1/\rho\) then we can write

\[
du = dq - dw , \quad (114)
\]

where

\[
dq = \rho \frac{m - 5}{2r} T dr = T ds \quad (115)
\]

is the heat transfer to the infinitesimal volume, \(s\) is the entropy density and

\[
dw = \rho \frac{m + 1}{6} \frac{d\phi}{dr} dr = -\rho \frac{m + 1}{6} F_r dr = -\rho \frac{m - 5}{6} p_r dV = -\rho p dV \quad (116)
\]

is the work (per unit volume) done by the system on its surroundings. Thus, equation \((113)\) reveals an interesting feature that is present in anisotropic models: for \(m \neq 5\) there is entropy production and thus the system is dissipative.

\(^{15}\)From here on we set \(k_B = 1\).
5 Post-Newtonian Corrections

5.1 Solving the field equations at the next order

Now that we have studied in certain detail the properties of the Newtonian models it is time to move on and compute the relativistic corrections. Substituting the solution obtained in (74) for the Newtonian potential into the next leading order equation (53), we obtain:

\[
\frac{1}{r^2} \frac{d}{dr} \left( r^2 \frac{d\Psi}{dr} \right) + \frac{1}{2} m(m+1) a^{\frac{m-1}{2}} r^{\frac{m-3}{2}} \Psi = C_m r^{\frac{m-5}{2}} a^{\frac{m-1}{2}} \left( a^{\frac{m-1}{2}} + r^{\frac{m-1}{2}} \right)^2 \Psi^{\frac{2(m+1)}{1-m}},
\]

(117)

where we defined constants

\[
C_m = \beta_m \left( \frac{1 + m}{2m} \right)^{\frac{m+1}{m-1}}.
\]

(118)

This is an inhomogeneous, second order differential equation, and thus the general solution can be written as

\[
\Psi(r) = C_1 \Psi_1(r) + C_2 \Psi_2(r) + \Psi_p(r),
\]

(119)

where \( \Psi_1,2(r) \) are solutions to the homogeneous equation and \( \Psi_p(r) \) is a particular solution of the inhomogeneous one. To solve this equation, we perform a change of both the independent and the dependent variables, as follows:

\[
z = -\left( r/a \right)^{\frac{m-1}{2}},
\]

(120)

\[
\tilde{\Psi}(r) = \Psi(r) \left( a^{\frac{m-1}{2}} + r^{\frac{m-1}{2}} \right)^{\frac{m+1}{m-1}} = a^{\frac{m-1}{2}} \Psi(z)(1 - z)^{\frac{m+1}{m-1}}.
\]

(121)

Then, substituting into the equation for \( \Psi \) we get

\[
z(1 - z) \frac{d^2 \tilde{\Psi}}{dz^2} + \left( \frac{m+1}{m-1} \right)(1 + z) \frac{d\tilde{\Psi}}{dz} - \left( \frac{m+1}{m-1} \right) \tilde{\Psi} = -\frac{4C_m}{(m-1)^2} a^{\frac{m-3}{2}} (1 - z)^{\frac{2}{1-m}}.
\]

(122)

The corresponding homogeneous equation can be cast as a hypergeometric differential equation,

\[
z(1 - z) \frac{d^2 w}{dz^2} + [c - (a + b + 1)z] \frac{dw}{dz} - abw = 0,
\]

(123)

with \( c = -a = (m+1)/(m-1) \) and \( b = -1 \). If \( c \) is not an integer (i.e. if \( m \neq 3, 2 \)), the two independent solutions are \( _2F_1(a, b, c, z) \) and \( z^{1-c} _2F_1(1 + a - c, 1 + b - c, 2 - c, z) \). In terms of \( m \) these are\(^{16}\)

\[
\tilde{\Psi}_1(z) = 1 + z,
\]

(124)

and

\[
\tilde{\Psi}_2(z) = z^{\frac{2}{1-m}} _2F_1 \left( \frac{-m+3}{m-1}, \frac{-m+1}{m-1}, \frac{m-3}{m-1}, z \right).
\]

(125)

\(^{16}\)We use the fact that if one of the first two arguments of \( _2F_1(a, b, c, z) \) is a negative integer, the series truncates.
We will consider the special cases \( m = 3 \) and \( m = 2 \) separately later in this paper. To construct the particular solution, we follow the standard Wronskian method. Using the formula for the derivative of a hypergeometric function\cite{17} the Wronskian is found to be:

\[
W[\Psi_1, \Psi_2](z) = z^{\frac{m}{1-m}} \left( \frac{(m + 3)(m + 1)}{(m - 3)(m - 1)} \right) \left( 1 + z \right) _2F_1 \left( \frac{4}{1-m}, \frac{2}{1-m}, \frac{2m - 4}{m - 1}, z \right) - z^{\frac{m+1}{1-m}} \left[ \frac{2 + z(m + 1)}{m - 1} \right] _2F_1 \left( \frac{m + 3}{1-m}, \frac{m + 1}{1-m}, \frac{m - 3}{m - 1}, z \right).
\] (126)

The particular solution is obtained from the homogeneous solutions and the Wronskian by evaluating the following integrals:

\[
\tilde{\Psi}_p(z) = \Psi_1 \int \Psi_2 \frac{g}{fW} dz - \Psi_2 \int \tilde{\Psi}_1 \frac{g}{fW} dz,
\] (127)

where \( g = g(z) \) is the inhomogeneous term on the right-hand side of \( (122) \) and \( f = f(z) \) is the coefficient of the second derivative term. The integrals in \( (127) \) are challenging. To proceed, we first simplify the Wronskian using a sequence of identities of hypergeometric functions, starting with the Euler transformation\cite{15}.

\[
(m - 1) z^{\frac{m+1}{m-1}} (1 - z)^{\frac{2m+2}{m-1}} W = z(1 + z) \left( \frac{m + 3}{m - 3} \right) \left( 1 + z \right) _2F_1 \left( \frac{2m}{m - 1}, \frac{2m - 4}{m - 1}, z \right) - [2 + z(m + 1)](1 - z) _2F_1 \left( \frac{2m - 3}{m - 1}, 2, \frac{m - 3}{m - 1}, z \right).
\] (128)

Next, using the Gauss contiguous relations\cite{19} the right-hand side above can be shown to be equal to \(-2\), reducing the Wronskian to a simple form:

\[
W(z) = - \left( \frac{2}{m - 1} \right) z^{\frac{m+1}{1-m}} (1 - z)^{\frac{2m+2}{m-1}}.
\] (129)

The integrals can be evaluated in terms of the Meijer G-function \cite{34}, and the particular solution is found to be:

\[
\Psi_p(z) = \frac{C_m z}{a(1 - z)^{\frac{m+1}{m-1}}} _2F_1 \left( \frac{m + 3}{1-m}, \frac{m + 1}{1-m}, \frac{m - 3}{m - 1}, z \right) \times
\]

\[
\left[ \left( \frac{2}{m + 1} \right) _2F_1 \left( \frac{m + 1}{m - 1}, \frac{3(m + 1)}{m - 1}, \frac{2m - 3}{m - 1}, z \right) + \frac{z}{m} _2F_1 \left( \frac{2m - 3}{m - 1}, \frac{3(m + 1)}{m - 1}, \frac{3m - 1}{m - 1}, z \right) \right]
\]

\[
+ \frac{2C_m}{a(m - 1)} \frac{1 + z}{(1 - z)^{\frac{m+1}{m-1}}} \frac{\Gamma \left( \frac{m+1}{m-1} \right)}{\Gamma \left( \frac{m+3}{m-1} \right)} \Gamma \left( \frac{m+1}{m-1} \right) \Gamma \left( \frac{2m}{m-1} \right) G_{3,3} \left( \frac{1}{1-m}, \frac{1}{2m+4}, \frac{4}{3}, \frac{1}{m-1}, m, 0 \right) \left( 1 - z \right) \right).
\] (130)

\footnote{\cite{17} \frac{\partial}{\partial z}_2F_1(a, b, c, z) = \frac{ab}{z} _2F_1(a + 1, b + 1, c + 1, z) }\footnote{\cite{18} _2F_1(a, b, c, z) = (1 - z)^{-a - b} _2F_1(a, b, c - z) }\footnote{First, we use the identity \( F(a, b - 1, c, z) = \frac{z}{2} (c - a) F(a, b, c + 1, z) + (1 - z) F(a, b, c, z) \) with \( a = \frac{2m}{m-1}, b = 2, \) and \( c = \frac{m}{m-1} \), then we use the identity \( b(1 - z) _2F_1(a, b + 1, c, z) - (c - b) _2F_1(a, b - 1, c, z) = (2b - c + (a - b)z) _2F_1(a, b, c, z) \) with \( a = \frac{2m}{m-1}, b = 1, \) and \( c = \frac{m}{m-1} \). We also use the fact that \( _2F_1(a, 0, c, x) = 1 \).}
Putting all together we find that, for \( m \neq 3, 2, \):

\[
\Psi(z) = C_1 \frac{1 + z}{(1 - z)^{\frac{m+1}{m}}} + C_2 \frac{z^{\frac{r-m}{m}}}{(1 - z)^{\frac{m+1}{m}}} \, _2F_1 \left( \frac{m + 3}{1 - m}, \frac{m + 1}{m - 1} \right) z + \Psi_p(z). \quad (131)
\]

### 5.1.1 Special cases

In the case \( m = 5 \), the homogeneous solutions can be expressed in terms of the trigonometric functions:\(^{20}\)

\[
\Psi_1(r) = \sqrt{a^2 + r^2} \sin \left( 4 \arctan \left( \frac{r}{a} \right) \right), \quad (132)
\]

\[
\Psi_2(r) = \sqrt{a^2 + r^2} \cos \left( 4 \arctan \left( \frac{r}{a} \right) \right). \quad (133)
\]

To obtain the particular solution, notice that both the Meijer G-function and the factor \( \Gamma(- (m + 3)(m - 1)) \) in the denominator diverge as \( m \to 5 \). To take this limit, we replace the Meijer-G function by generalized hypergeometric functions as follows:

\[
G_{2,3}^{2,3} \left( \begin{array}{c}
\begin{array}{c}
a_1, a_2, a_3 \\
b_1, b_2, b_3
\end{array}
\end{array} \bigg| z \right) = \mathcal{K} \, z^{a_1-1} \, _3F_2 \left( \begin{array}{c}
\begin{array}{c}
1 - a_1 + b_1, 1 - a_1 + b_2, 1 - a_1 + b_3 \\
1 - a_1 + a_2, 1 - a_1 + a_3
\end{array}
\end{array} \bigg| \frac{1}{z} \right) \quad (134)
\]

where

\[
\mathcal{K} = \frac{\Gamma(a_1 - a_2) \Gamma(a_1 - a_3) \Gamma(1 - a_1 + b_1) \Gamma(1 - a_1 + b_2)}{\Gamma(a_1 - b_3)}. \quad (135)
\]

This formula is valid when \(|z| \geq 1\) and no two of the \( a_i \) differ by an integer. The final result simplifies to:

\[
\Psi_p(r) = \frac{3G^2M^2}{112(r^2 + a^2)} - \frac{G^2M^2}{280a^2}. \quad (136)
\]

For \( m = 3 \), the homogeneous solutions are:

\[
\Psi_1(r) = \frac{\frac{r}{a} - 1}{(1 + \frac{r}{a})^2}, \quad (137)
\]

\[
\Psi_2(r) = \frac{\left( \frac{r}{a} \right)^2 - \frac{r}{a} + 6 \left( \frac{r}{a} - 1 \right) \log \left( \frac{r}{a} \right) + \frac{a}{r} - 17}{(1 + \frac{r}{a})^2}, \quad (138)
\]

which lead to the particular solution

\[
\Psi_p(r) = \frac{G^2M^2}{60 \left( a + r \right)^2} \left[ 6 \left( \frac{r}{a} - 1 \right) \log \left( 1 + \frac{a}{r} \right) - \frac{a}{r} - 6 \right]. \quad (139)
\]

\(^{20}\)We used the Pfaff transformation \( _2F_1(a, b, c, z) = (1 - z)^{-a} _2F_1(a, c - b, c, \frac{z}{1 - z}) \) and the formula \( _2F_1(-a, a, \frac{1}{2}, -z^2) = \frac{1}{2} (\sqrt{1 + z^2} + z)^2 + (\sqrt{1 + z^2} - z)^2 \).
Finally, for \( m = 2 \), the homogeneous solutions are:

\[
\Psi_1(r) = \frac{\sqrt{\frac{r}{a}} - 1}{\left(1 + \sqrt{\frac{r}{a}}\right)^3},
\]

(140)

\[
\Psi_2(r) = \frac{1}{2} \left(\frac{r}{a}\right)^{3/2} + \frac{15}{2} \left(\frac{r}{a}\right) - 8 \sqrt{\frac{r}{a}} + 15 \left(\sqrt{\frac{r}{a}} - 1\right) \log \left(\frac{r}{a}\right) + \frac{15}{2} \sqrt{\frac{r}{a}} + \frac{1}{2} \left(\frac{r}{a}\right) - 72,
\]

(141)

and the particular solution is

\[
\Psi_p(r) = \frac{5G^2M^2}{896(\sqrt{a} + \sqrt{r})^4} \left[ 60 \left(\frac{r}{a} - 1\right) \log \left(\sqrt{\frac{a}{r}} + 1\right) - 60 \sqrt{\frac{r}{a}} - 16 \sqrt{\frac{a}{r}} - \sqrt{\frac{a}{r}} - 30 \right].
\]

(142)

5.2 Fixing the integration constants

To fix one of the integration constants, we will require that \( \Psi \) remains finite at the origin. For \( m \neq 3, 2 \), this means setting \( C_2 = 0 \). For \( m = 3 \), we set \( C_2 = \frac{G^2M^2}{60a^2} \) whereas for \( m = 2 \), we set \( C_2 = \frac{5G^2M^2}{48a^2} \). We also have to subtract the value at infinity of \( \Psi \) to obtain \( \psi \). This value turns out to be independent of the remaining integration constant, and is given by:

\[
\psi_0 = -\lim_{r \to \infty} \Psi(r) = \frac{(9m - 43)G^2M^2}{64ma^2} \frac{\Gamma\left(\frac{2}{m-1}\right) \Gamma\left(\frac{m-3}{m-1}\right)}{\Gamma\left(\frac{3(m+1)}{m-1}\right) \Gamma\left(\frac{2m}{m-1}\right) \Gamma\left(\frac{m+1}{1-m}\right)} \times
\]

\[
\left[ 2m \Gamma\left(\frac{2(m+1)}{m-1}\right) \Gamma\left(\frac{2m}{m-1}\right) - (m+1) \Gamma\left(\frac{3m-1}{m-1}\right) \Gamma\left(\frac{m+3}{m-1}\right) \right].
\]

(143)

For \( m = 5 \), the above formula leads to \( \psi_0 = \frac{G^2M^2}{280a^2} \). For \( m = 3 \) and \( m = 2 \) we get \( \psi_0 = -\frac{G^2M^2}{60a^2} \) and \( \psi_0 = -\frac{5G^2M^2}{896a^2} \), respectively.

As for the other constant of integration, we will leave it as a free parameter and express it in terms of the value of \( \psi \) at the origin, which we will denote by \( \psi(0) \). For \( m \neq 3, 2 \) we get

\[
C_1 = -\frac{2C_m \Gamma\left(\frac{m-3}{m-1}\right)}{a(m-1) \Gamma\left(\frac{m+3}{1-m}\right) \Gamma\left(\frac{m+1}{1-m}\right) \Gamma\left(\frac{2m}{m-1}\right)} G_{3,3}^{2,3} \left(\frac{1}{1-m}, \frac{2}{1-m}, \frac{4}{1-m}; \frac{1}{m-1}, \frac{m}{m-1}, \frac{m-3}{m-1}, 0 \right) \left(\frac{1}{1-m}, \frac{2}{1-m}, \frac{4}{1-m}; \frac{1}{m-1}, \frac{m}{m-1}, \frac{m-3}{m-1}, 0 \right) \psi(0) - \psi_0.
\]

(144)

For \( m = 5 \) we get the simple result \( C_1 = -\frac{3G^2M^2}{112a^2} \psi(0) \), and as for \( m = 3, 2 \) we obtain \( C_1 = -\frac{2G^2M^2}{5a^2} \psi(0) \) and \( C_1 = -\frac{125G^2M^2}{224a^2} \psi(0) \) respectively.

In figure 6 (left panel) we plot the dimensionless potential \( \tilde{\psi} = \psi a^2/G^2M^2 \) as a function of \( \tilde{r} \). For concreteness, we have fixed the value of \( \psi \) at the center such that \( \psi(0) = \tilde{\phi}(0)^2 = 1 \) so that we can compare directly our results with the numerical polytropes presented in [19]. For this choice of parameters, the behaviour of the post-Newtonian potential is somehow universal, depending very little in the value of \( m \); it is maximum at the center, it reaches a minimum around \( r \sim a \) and it goes to zero at infinity.
5.3 Effect on some physical observables

5.3.1 Corrections to the energy density

In general relativity, we can write the energy momentum tensor of a general anisotropic fluid in the form

\[ T^{\mu \nu} = \varepsilon u^\mu u^\nu + p h^{\mu \nu} + \Pi^{\mu \nu}, \]  

(145)

where \( \varepsilon \) and \( p \) are the energy density and isotropic pressure along a 4-velocity field \( u^\mu \), \( h^{\mu \nu} = g^{\mu \nu} + u^\mu u^\nu \) and \( \Pi^{\mu \nu} \) is the anisotropic and traceless stress tensor,

\[ \Pi^{\mu \nu} = \text{diag}(0, -2\Pi, \Pi, \Pi). \]  

(146)

The radial and tangential pressures are then related to \( p \) and \( \Pi = \Pi(r) \) through

\[ p_\perp - p_r = 3\Pi, \quad 2p_\perp + p_r = 3p. \]  

(147)

For a co-moving observer and to our order of approximation, we are left with \( T^{\mu \nu} = 0 T^{\mu \nu} + 2 T^{\mu \nu} \), which can be written in terms of \( \phi \) and \( \psi \) as in (49)-(51). For further purposes, it will be convenient to represent the energy density as

\[ \varepsilon = \varepsilon_0 + 2\varepsilon \]  

where \( \varepsilon_0 = \rho \) is the rest-mass energy density and \( 2\varepsilon = \rho_2 \) is the first relativistic correction. This is the only observable that gets corrected in the 1PN approximation at the level of the energy momentum tensor.

From (50) we get,

\[ (2) T^{00} \equiv \rho_2 = -\frac{a^{m-1}}{8\pi c^2 G^m M^{m-1}} r^{m-2} \left[ \frac{59 - 9m}{32} (-\phi)^{m+1} + m\Psi(-\phi)^{m-1} \right]. \]  

(148)

In figure 6 (right panel) we plot the dimensionless \( \tilde{\rho}_2 \) as a function of \( \tilde{r} \). We have also fixed \( \tilde{\psi}(0) = 1 \) as discussed in the previous section. The correction to the energy density is somehow surprising; it is negative in the inner core, but becomes positive for \( r \geq a \). We believe this feature is essential to improve the behaviour of the rotation curves as predicted by the Newtonian theory. This effect that was already observed in [19], but for the sake of comparison we will devote the next section to the study of this observable. As a final comment, note that the behavior of \( \rho_2 \) near the center is very similar to \( \rho \) itself, i.e. \( \rho_2 \to -\infty \) for \( m < 5 \), it is finite for \( m = 5 \) and vanishes for \( m > 5 \). In fact, it is easy to verify that the inner slopes are the same (although with opposite signs), which makes the total energy density, \( \tilde{\varepsilon} = \tilde{\rho} + \lambda \tilde{\rho}_2 \), positive everywhere for \( \lambda \equiv \frac{GM}{a^2} \ll 1 \).\footnote{This is the range of validity of the 1PN approximation.}

It is important to note that the value of \( \psi(0) \) fixes the post-Newtonian correction to the total mass of the system. Although this quantity is difficult to compute for general \( m \), we were able to handle the integrals for the simplest case, the post-Newtonian Plummer model. If we set \( m = 5 \), then

\[ \rho_2(r) = -\frac{GM^2}{8\pi c^2 a^4} \left[ \frac{5a^4}{4r (r^2 + a^2)^{3/2}} \left( \frac{\psi(0)a^2}{G^2 M^2} - \frac{13}{560} \right) \sin \left( 4 \arctan \left( \frac{r}{a} \right) \right) \right. \]
\[ \left. - \frac{5a^4}{280 (r^2 + a^2)^2} + \frac{4a^6}{7 (r^2 + a^2)^3} \right]. \]  

(149)
Figure 6: Left panel: post-Newtonian potential $\tilde{\psi}$ as a function of the dimensionless radius $\tilde{r}$ for $m \in \{2, 3, 4, 5, 6, 7\}$. Right panel: correction to the energy density $\tilde{\rho}_2$ as a function of the dimensionless radius $\tilde{r}$ for $m \in \{2, 3, 4, 5, 6, 7\}$. For all the plots we have set $\tilde{\psi}(0) = 1$.

The integral of the DF over all phase space must be normalized to the total mass of the system,

$$\int \sqrt{h} T^{00} d^3 x = M_{\text{total}} = M + \cdots,$$

where $M$ is just the Newtonian mass given by (72) and $h$ is the determinant of the induced metric on a constant-$t$ hypersurface. At second order we obtain,

$$\sqrt{h} = \left(1 - \frac{2\phi c^2}{\bar{a}}\right)^{3/2} \approx 1 - \frac{3\phi c^2}{\bar{a}}$$

and thus, the 1PN correction to the total mass can be computed via

$$^2M = 4\pi \int_0^\infty \left[ \rho_2 - \frac{3\phi c^2}{\bar{a}} \rho \right] r^2 dr.$$

For the Plummer model, we find that

$$^2M = G M^2 \frac{a c^2}{\bar{a}^2} \left(\frac{35\pi}{64} - \frac{13}{3360} + \frac{\psi(0) a^2}{6G^2 M^2}\right),$$

or, in terms of the dimensionless quantities,

$$^2M = M \lambda \left(\frac{35\pi}{64} - \frac{13}{3360} + \frac{\tilde{\psi}(0)}{6}\right).$$

For other models one can perform the integral numerically for different values of $\psi(0)$, but the result is always of order $O(\lambda)$ which is a small correction in the range of parameters allowed in the 1PN approximation.
5.3.2 Rotation Curves

The galaxy rotation problem is the discrepancy between the observed galaxy rotation curves and the Newtonian prediction assuming a centrally-dominated mass associated with the observed luminous material [85, 86]. Even though dark matter is by far the most accepted explanation for the resolution to the galaxy rotation problem, there have been other proposals with varying degrees of success. Among them, the most popular ones involve certain modification of the laws of gravity, starting with the seminal works [87, 88] and continuing with a large body of work that includes [89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99] and the recent additions [100, 101, 102, 103, 104, 105].

On the other hand, while some authors argue that by including relativistic corrections the inclusion of a dark matter halo is unnecessary at galactic scales [106, 107, 108, 109, 110], several publications have pointed out that this is not entirely true [111, 112, 113, 114, 115]. The purpose of this section is then to investigate this issue in the 1PN approximation of general relativity. Here, the idea is not to argue whether GR is enough or not to overcome galaxy rotation problem but to estimate the importance of the first corrections over the Newtonian gravity. In fact, one of the advantages of our framework is that it gives us the possibility to compare directly with the Newtonian theory, given that our models are direct generalizations of classical ones.

From equation (12) we can obtain an expression for \( v_c^2 \) in terms of dimensionless quantities:

\[
v_c^2 = \tilde{r} \frac{\partial \tilde{\phi}}{\partial \tilde{r}} + \lambda \left[ 4 r \phi \frac{\partial \tilde{\phi}}{\partial \tilde{r}} + \tilde{r}^2 \left( \frac{\partial \tilde{\phi}}{\partial \tilde{r}} \right)^2 + \tilde{r} \frac{\partial \tilde{\psi}}{\partial \tilde{r}} \right].
\] (155)

The parameter \( \lambda \) (defined in the previous section) is a measure of how important the 1PN corrections are. In Figure 7 we plot the circular velocity for various models when \( \lambda = 0, 10^{-2}, 5 \times 10^{-2} \) and \( 10^{-1} \). The 1PN corrections become important as we increase \( \lambda \); in general, the profile decreases in the inner region and increases far from the center, giving a flatter distribution in comparison to the standard case. As we can see, the general trend implies that general relativistic corrections actually improve the behavior of rotation curves, a phenomenon that was anticipated in [19, 20].

5.3.3 Comments on stability

While any positive, normalizable function of the integrals of motion represents an equilibrium solution of the Poisson-Vlasov or Einstein-Vlasov system, only a handful of density profiles are observed in real astrophysical systems. It is therefore important to narrow down the range of acceptable models to those which are stable against perturbations. Also, even if a particular model is unstable, the study of stability provides insights into the evolution of such systems over large time scales, a topic of great relevance in astrophysics.

Stability can be studied on several levels: most commonly, one linearizes the dynamics around an equilibrium solution of the Vlasov-Poisson system and study the energy cost incurred by small deviations around the equilibrium (the energy method). Applying this methodology in the Newtonian theory, we have learnt a lot about the stability of stellar
Figure 7: Rotation curves $v_c$ as a function of $\tilde{r}$ for $m \in \{2, 3, 4, 5, 6, 7\}$ and different values of $\lambda = 0$ (black), $10^{-2}$ (red), $5 \times 10^{-2}$ (blue) and $10^{-1}$ (green). In order to make these plots we have chosen $\psi \sim \phi^2$ at $r \to 0$. For $\lambda \sim 10^{-2}$ or more, the differences with the Newtonian case become significant. In general, the relativistic corrections tend to flatten the curves, making $v_c$ smaller near the center and bigger for large distances.
systems with respect to radial perturbations. In particular, a generalization of the Doremus-Feix-Baumann theorem asserts that all radial modes of a spherical stellar system with $\partial F(E,L)/\partial E < 0$ are stable \[118\]. Applying this result to our family, we conclude that for all $m$, the Newtonian models are stable to radial perturbations. On the other hand, very little is known about non-radial perturbations of an anisotropic system, except by means of numerical simulations. A type of instability associated with non-radial perturbations commonly encountered in simulations is the radial-orbit instability, which occurs in systems where radial orbits are predominant \[116\] \[119\]. Comparing with our model, radial orbits are preferred for values of $m$ smaller than 5, and in the limit $m \to \infty$, radial orbits are suppressed. Thus, we expect that in general, the models become more and more stable to non-radial perturbations with increasing $m$.

In addition to the energy method described above, other methods to study the stability of self-gravitating systems are available. For example, we may not linearize the perturbed equation of motion (nonlinear stability). We may also decompose the perturbations into a linear combination of modes (spectral stability). Two studies of the stability of (Newtonian) generalized polytropes using such methods are \[117\] and \[120\]. For the remainder of this section, however, we will focus on the stability of circular orbits, since the tools available to us can be easily generalized to the relativistic setting.

In the theory of central potentials of Newtonian dynamics, the stability of a circular orbit in a potential $\phi(r)$ can be inferred from the so-called effective potential $\phi_{\text{eff}}$:

$$\phi_{\text{eff}} = \phi + \frac{L^2}{2mr^2},$$  \hspace{1cm} (156)

where $L$ is the angular momentum of the particle and $m$ is its mass. From the kinematics of uniform circular motion, we have:

$$\phi' = m\frac{v^2}{r} = \frac{L^2}{r^3m^2},$$  \hspace{1cm} (157)

from which we find the energy and angular momentum of a circular orbit at radius $r$ to be:

$$E = \frac{1}{2}r\phi' + \phi,$$  \hspace{1cm} (158)

$$L^2 = m^2r^3\phi'.$$  \hspace{1cm} (159)

Substituting $L^2$ into $\phi_{\text{eff}}$ and requiring the second derivative of the effective potential to be positive in order for the orbit to be stable, we find the criterion:

$$\frac{3}{r}\phi' + \phi'' > 0.$$  \hspace{1cm} (160)

Alternatively, by differentiating $L^2$ with respect to $r$, we can recast the criterion in the following equivalent form:

$$L\frac{dL}{dr} > 0.$$  \hspace{1cm} (161)
The latter is known as Rayleigh’s criterion [121], and it can be justified by the following reasoning: suppose we perturb a circular orbit of radius \(a\) in the radially outward direction, to a new radius \(r > a\), while keeping its angular momentum the same. Then if the initial orbit is to be stable, the gravitational force at \(r\) must be greater than the centrifugal force (in the non-inertial reference frame of the moving particle) so that the particle comes back to the initial radius \(a\). This implies:

\[
L^2(r) > L^2(a),
\]

or, by expanding \(L^2\) around \(a\), we recover the Rayleigh criterion. In the relativistic theory, this line of reasoning works for any static axisymmetric line element. In spherical coordinates \((t, r, \vartheta, \phi)\), such a metric takes the form:

\[
ds^2 = g_{tt}c^2dt^2 + g_{rr}dr^2 + g_{\vartheta\vartheta}d\vartheta^2 + g_{\phi\phi}d\phi^2,
\]

where the components \(g_{\mu\nu}\) depend only on the variables \(r\) and \(\vartheta\). The geodesic equation for a circular motion on the plane \(\vartheta = \pi/2\) is then:

\[
g_{tt,r}c^2\dot{t}^2 + g_{\phi\phi,r}\dot{\phi}^2 = 0,
\]

We also have the constants of motion:

\[
-1 = g_{tt}c^2\dot{t}^2 + g_{\phi\phi}\dot{\phi}^2, \quad (165)
\]

\[
E = g_{tt}c^2\dot{t}, \quad (166)
\]

\[
L = g_{\phi\phi}\dot{\phi}, \quad (167)
\]

corresponding to the square of the 4-velocity, and the conserved quantities of the Killing vector field \(\partial_t\) and of the Killing vector field \(\partial_{\phi}\), respectively (here the overdot denotes derivative with respect to the proper time \(s\)). The constant \(E\) can be identified as the relativistic specific energy and \(L\) as the specific angular momentum. Note that the equation of motion (164) can be cast as a balance equation valid on the plane \(\vartheta = \pi/2\):

\[
\frac{g_{tt,r}E^2}{g_{tt}c^2} = -\frac{g_{\phi\phi,r}L^2}{g_{\phi\phi}^2}. \quad (168)
\]

So, as in the Newtonian case we have a balance between the “gravitational force” and the “centrifugal force”. Following the same reasoning as for the Newtonian case, we obtain the criterion for stability

\[
LL_r > 0. \quad (169)
\]

We claim that this expression is equivalent to \(EE_r > 0\). Indeed, from (164) - (167) we find:

\[
L^2 = \frac{g_{\phi\phi}^2g_{tt,r}}{g_{tt}g_{\phi\phi,r} - g_{tt,r}g_{\phi\phi}}; \quad (170)
\]

\[
E^2 = -\frac{c^2g_{tt}^2g_{\phi\phi,r}}{g_{tt}g_{\phi\phi,r} - g_{tt,r}g_{\phi\phi}}. \quad (171)
\]
From (170) and (171) we get:

\[ LL_r = -\frac{g_{\varphi\varphi}}{g_{tt}c^2} EE_r. \]  

(172)

Since \(-\frac{g_{\varphi\varphi}}{g_{tt}}\) is identically positive, the claim is established. Next, we substitute the following components of the metric into (171) and expand to 1PN order:

\[ g_{tt} = -c^2 - 2\phi - \frac{2}{c^2}(\phi^2 + \psi), \]  

(173)

\[ g_{\varphi\varphi} = \left(1 - \frac{2\phi}{c^2}\right)r^2. \]  

(174)

The result is:

\[ E = c^2 + \phi + \frac{1}{2}r\phi' + \frac{1}{8c^2} \left(4\phi^2 + 8\psi + 4r\phi\phi' + 3r^2\phi'^2 + 4r\psi'\right). \]  

(175)

To first order, we recover as expected Newtonian energy in addition to the rest mass. The Rayleigh criterion becomes:

\[ \frac{1}{2}c^2 (3\phi' + r\phi'') + 3\phi'\phi'' + \frac{3}{2}r\psi' + r\phi\phi'' + r^2\phi'\phi'' + \frac{1}{2}r\psi'' > 0. \]  

(176)

Notice that if we keep only the lowest order term, we recover the Newtonian Rayleigh criterion in terms of \(\phi\). Using the dimensionless quantities, this is:

\[ \frac{1}{2} \left(3\tilde{\phi}' + \tilde{r}\tilde{\phi}''\right) + \lambda \left(3\tilde{\phi}'\tilde{\phi}'' + 3\tilde{r}\tilde{\phi}'\tilde{\phi}'' + 3\tilde{r}^2\tilde{\phi}'\tilde{\phi}'' + \frac{1}{2}\tilde{r}\tilde{\psi}''\right) > 0. \]  

(177)

In Figure 8 we plot this quantity as a function of \(\tilde{r}\) for different values of \(m\) and \(\lambda\). Although for the range of parameters allowed in the 1PN approximation we find that the system is absent of instabilities, the general trend suggests that for models with \(m > 5\) and sufficiently large \(\lambda\) there might be a small region near the center for which \(EE_r < 0\) indicating unstable modes. Extrapolating our results to larger values of \(\lambda\) we find that this phenomenon starts to happen when \(\lambda \gtrsim 5 \times 10^{-1}\). This fact seems to agree with very good approximation with Buchdahl’s theorem [122, 123], a result that was derived in the context of spherically symmetric fluids in general relativity, and according to which a star with radius \(R\) is stable when \(GM/c^2 R < 4/9\).

6 Final Remarks

We have constructed a one-parameter family of self-consistent star clusters that are spherically symmetric but anisotropic in velocity space. The model was constructed first in the Newtonian limit, then the first post-Newtonian corrections were computed. By self-consistent, we mean that the collective potential and the distribution function which gives rise to the density profile solve the Einstein-Vlasov system (in the 1PN approximation), i.e.
Figure 8: We show $EE, \tilde{r}$ as a function of $\tilde{r}$ for $m \in \{\frac{3}{2}, \frac{5}{2}, 3, \frac{7}{2}, 4, \frac{9}{2}\}$ (left column), $m \in \{5, 6, 7, 8, 9, 10, 11\}$ (right column) and different values of $\lambda = 0$ (first row), $10^{-2}$ (second row), $10^{-1}$ (last row). Rayleigh’s criterion for stability is satisfied in all these cases but for models with $m > 5$ a small region of instability appears in the inner core for sufficiently large $\lambda$. However, for these range of parameters the 1PN approximation is no longer valid.
they are simultaneous solutions of the Einstein field equation and the collisionless Boltzmann equation.

The Newtonian distribution function is a particular case of a broader class of models known in the literature as generalized polytropes, which are the simplest anisotropic generalizations of polytropes. The family is labelled by $m$, which ranges from 1 to infinity, and includes two commonly used models in astrophysics as particular cases, namely the Hernquist model for $m = 3$ and the Plummer model for $m = 5$. We found that the mass density profile is qualitative different depending on whether $m < 5$, $m = 5$ or $m > 5$. On one hand the models with $m > 5$ are unphysical due to non-monotonic mass profiles, the ones with $m < 5$ on the other hand have density profiles that decrease monotonically with increasing radius. Moreover, the density profiles for $m < 5$ diverge near the center as power laws, a feature believed to be always present in early-type galaxies.

While the equation of state for polytropes can be readily computed thanks to ergodicity of the distribution (which can be shown to imply that the mass density is monotonic), such is no longer the case if we introduce anisotropy into the model. Nevertheless, it still makes sense to talk about an equation of state for $m \leq 5$. Proceeding in analogy with the virial expansion for an interacting many-particle system at equilibrium, we computed the equation of state perturbatively in the two limits of small radius and large radius. Near the center of the system, we find that, to leading order, the pressure is proportional to the mass density, where the factor of proportionality is proportional to the expansion parameter $\lambda$ and therefore has to remain small. This is the equation of state used in cosmology for a matter-dominated universe (i.e. where matter moves nonrelativistically). At large distances from the center, the equation of state is approximately polytropic. We also calculated the adiabatic index and found that this quantity is well-behaved for $m \leq 5$ but is negative in the inner region for $m > 5$. Due to anisotropy, the equation of hydrostatic equilibrium picks up an extra term. When identified as the first law of thermodynamics, the extra term can be interpreted as entropy production. Thus, anisotropy introduces dissipation into the system.

By solving for the post-Newtonian corrections, we found that generally 1PN corrections in the inner region differ qualitatively from the corrections in the outer region. For example, for all values of $m$, the post-Newtonian potential $\psi$ is a decreasing function in the inner core, assumes a minimum around $r \approx a$ then increases to zero at infinity. This behavior of $\psi$ results in a flatter rotation curve compared to the Newtonian result. This fact can also be understood from the 1PN correction to the mass density: it is negative in the inner region and positive in the outer region. As a consequence, the total mass density is less centrally-dominated than the Newtonian profile.

Finally, by studying the stability of circular orbits to radial perturbations, we discovered that, as the system becomes more and more relativistic, circular orbits in the inner core become unstable as $\lambda$ approaches 1/2. This is in good agreement with the predictions of Buchdahl’s theorem regarding the stability of relativistic fluid spheres. Of course, the stability of the model is best studied by perturbing the distribution function and does not follow directly from the stability of the orbits of the stars. Unfortunately we expect such an investigation to be rather difficult (even in the Newtonian theory very little is known analytically about the stability of anisotropic models).
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A Another family of generalized polytropes

In this appendix, we present a second 1-parameter family of generalized polytropes that also includes a polytrope as particular case. We consider a distribution function of the form:

\[ f(\mathcal{E}, L) = K_n L^n \mathcal{E}^{\frac{n}{2} - \frac{1}{2}}, \]  

(178)

restricting ourselves to the range \(-2 < n < 1\) so that the integral (44) converges. For \(n = 0\), we obtain the polytrope with polytropic index 1, one of the few analytically solvable polytropic models.

A.1 The Newtonian limit

Integrating over velocity space we get that the Newtonian mass density is given by:

\[ \rho(r) = 2^{\frac{n+3}{2}} \pi^{3/2} K_n r^n \Gamma\left(\frac{n}{2} + 1\right) \Gamma\left(-\frac{n}{2} + \frac{1}{2}\right) (-\Phi). \]  

(179)

The Poisson equation for \(\tilde{\Phi} = -r\Phi\) in Emden-Fowler form is

\[ \frac{d^2 \tilde{\Phi}}{dr^2} = -\alpha_n r^n \tilde{\Phi}, \]  

(180)

where in this case

\[ \alpha_n = 2^{\frac{n+7}{2}} \pi^{5/2} K_n G \Gamma\left(\frac{n}{2} + 1\right) \Gamma\left(-\frac{n}{2} + \frac{1}{2}\right). \]  

(181)

The general solution can be expressed in terms of the Bessel functions:

\[ \tilde{\Phi}(r) = C_1 \sqrt{r} J_{\frac{1}{n+2}} \left(\frac{2\sqrt{\alpha_n}}{n + 2} r^{1 + \frac{n}{2}}\right) + C_2 \sqrt{r} Y_{\frac{1}{n+2}} \left(\frac{2\sqrt{\alpha_n}}{n + 2} r^{1 + \frac{n}{2}}\right), \]  

(182)

or equivalently,

\[ \Phi(r) = \frac{C_1}{\sqrt{r}} J_{\frac{1}{n+2}} \left(\frac{2\sqrt{\alpha_n}}{n + 2} r^{1 + \frac{n}{2}}\right) + \frac{C_2}{\sqrt{r}} Y_{\frac{1}{n+2}} \left(\frac{2\sqrt{\alpha_n}}{n + 2} r^{1 + \frac{n}{2}}\right). \]  

(183)

Here \(J\) and \(Y\) are Bessel functions of the first and second kind, respectively. We will set \(C_2 = 0\) so that \(\Phi\) remains finite as \(r \to 0\). Also, the system has to be truncated so that the
mass density is positive everywhere. The necessity of truncating the system can also be seen from the DF: it is an increasing function of energy. We choose to truncate the system at the first zero of the potential, i.e. at the radius $R$ given by:

$$R^{1+\frac{n}{2}} = \left(\frac{n + 2}{2\sqrt{\alpha_n}}\right)\gamma_{\frac{1}{n+2}},$$

(184)

where $\gamma_{\frac{1}{n+2}}$ is the first positive zero of the Bessel function $J_{\frac{1}{n+2}}$. This choice of truncation is justified by the fact that the mass density and the pressure is continuous across the boundary (since they have to vanish outside the system), thus what we have is a dynamical analogue of a gaseous sphere, with a DF that is discontinuous at the radius of truncation. Also, we choose the constant $\phi_0$ such that the potential across the $r = R$ surface matches with the exterior Coulombic potential,

$$\phi_0 = -\frac{GM}{R}.$$  

(185)

Then:

$$\phi(r) = \frac{C_1}{\sqrt{r}} J_{\frac{1}{n+2}} \left[ \gamma_{\frac{1}{n+2}} \left(\frac{r}{R}\right)^{1+\frac{n}{2}} \right] - \frac{GM}{R},$$

(186)

where we expressed $\alpha_n$ in terms of the cutoff radius $R$. Substituting into the mass density profile and normalizing to the total mass $M$, we find:

$$\rho(r) = \frac{M}{4\pi R^3} \frac{\gamma_{\frac{1}{n+2}}}{J_{\frac{1}{n+2}}(\gamma_{\frac{1}{n+2}})} \left(\frac{R}{r}\right)^{\frac{1}{2} - n} \frac{J_{\frac{1}{n+2}}}{J_{\frac{1}{n+2}}(\gamma_{\frac{1}{n+2}})} \left[ \gamma_{\frac{1}{n+2}} \left(\frac{r}{R}\right)^{1+\frac{n}{2}} \right].$$

(187)

The mass density is qualitatively different depending on whether $n < 0$, $n = 0$ or $n > 0$. For $n > 0$, $\rho$ vanishes at the origin and increases with distance in the inner region before decreasing to zero at some finite value of $r$. For $n = 0$, $\rho$ is finite at $r = 0$ and decreases with distance, while for $n < 0$, $\rho$ is infinite at $r = 0$ and decreases with distance. Substituting the value of $C_1$ in terms of $M$ back into the potential, we find:

$$\phi(r) = -\frac{2GM}{R} \frac{1}{(n + 2)\gamma_{\frac{1}{n+2}} J_{\frac{1}{n+2}}(\gamma_{\frac{1}{n+2}})} \sqrt{\frac{R}{r}} \frac{J_{\frac{1}{n+2}}}{J_{\frac{1}{n+2}}(\gamma_{\frac{1}{n+2}})} \left[ \gamma_{\frac{1}{n+2}} \left(\frac{r}{R}\right)^{1+\frac{n}{2}} \right] - \frac{GM}{R}.$$  

(188)

As a consistency check, note that if we set $n = 0$ (and use $\gamma_{1/2} = \pi$) we get

$$\phi(r) = -\frac{GM}{\pi r} \sin \left(\frac{\pi r}{R}\right) - \frac{GM}{R},$$

(189)

$$\rho(r) = \frac{M}{4\pi R^3} \sin \left(\frac{\pi r}{R}\right),$$

(190)

which is the familiar solution for the polytrope with polytropic index 1 [62]. Next, we compute the velocity dispersion and the pressure in the radial and transverse directions:

$$\sigma_r^2 = -\frac{1}{2} \phi = \frac{p_r}{\rho},$$

(191)

---

22We use the formula $\int_0^{\gamma_\nu} x^{\nu+1} J_\nu(x) dx = \gamma_{\nu+1} J_{\nu+1}(\gamma_\nu)$. 

40
\[ \sigma_{\theta}^2 = -\frac{1}{2} \left(1 + \frac{n}{2}\right) \phi = \frac{p_\perp}{\rho}, \]  

(192)

The anisotropy parameter is then:

\[ \beta = -\frac{n}{2}. \]  

(193)

Thus, nearly radial orbits are preferred for \( n < 0 \) and nearly circular orbits are preferred for \( n > 0 \).

A.2 Comments on the post-Newtonian corrections

At this point, we could naively try to solve for \( \psi \) from equation (53), with the Newtonian potential derived in the previous subsection. Unfortunately we meet with a technical obstacle: equation (53) was derived with the assumption that the correction due to the post-Newtonian escape velocity, given in (43), is negligible. Unlike for the hypervirial family labelled by \( m \), this assumption no longer holds for this family of models.

To see this, recall that the quantity in (43) is of the order of magnitude of \((\bar{v}/c)^2 + 2\delta\). In order for this quantity to be ignorable at 1PN order, we need

\[ 2 + 2\delta > 2. \]  

(194)

This inequality is satisfied whenever \( \delta > 0 \), i.e. whenever the DF is a decreasing function of energy. But the DF for the present family of models is an increasing function of energy, hence equation (53) is not valid. Indeed, if we directly substitute the allowed range for \( \delta \) for into the inequality above, we find \( 2 + 2\delta \in (0, 3) \). In particular, for the polytropic case \((n = 0)\), the quantity (43) goes like \((\bar{v}/c)^0\), which is of order 0.5PN. This is problematic because it is inconsistent with the expansions (5) for \( T^{00} \), which contains only even powers of \((\bar{v}/c)\).

In fact, the correction (43) is the only place where powers of \((\bar{v}/c)\) other than even powers could be potentially introduced into our calculation. Let us come back to the family labelled by \( m \) and compute the order of magnitude of (43) for the two most important models: Hernquist and Plummer. For the Hernquist model, we have \( \delta = 2 \) and (43) goes like \((\bar{v}/c)^6\). For the Plummer model, we have \( \delta = \frac{7}{2} \) and (43) goes like \((\bar{v}/c)^9\). Thus, the correction (43) consists of even powers of \((\bar{v}/c)\) for the Hernquist model but introduces odd powers of \((\bar{v}/c)\) in the case of the Plummer model (similarly to the polytrope case of the family labelled by \( n \)).

In the literature on the Post-Newtonian expansion, the presence of odd powers of \((\bar{v}/c)\) (corresponding to half-integer Post-Newtonian orders) is generally interpreted as indicating dissipative effects such as collision or radiation-reaction [124]. For example, gravitational radiation usually appear at 2.5PN order. As a result, there seems to be dissipation of some kind in the Plummer model at 4.5PN order. As for the polytropic case of the family labelled by \( n \), the fact that dissipation makes its appearance at the lowest order possible is expected since the model is that of a compact object, where collisions cannot be ignored.
Models with multiple components

The mass density profile for the models with \( m > 5 \) increases with distance in the inner region. While this is generally considered unphysical, we can eliminate this feature by forming composite models. In this appendix, we present a simple example where we replace the inner region of such models by a constant mass density. A uniform density sphere of radius \( \bar{a} \) and mass \( M_1 \) is described by the potential:

\[
\phi_1(r) = \frac{GM_1}{2\bar{a}^3}r^2 - K,
\]

where \( K \) is an arbitrary constant shift, to be determined by continuity of the composite potential. We will glue this model to a hypervirial model with mass \( M_2 \), length scale \( a \) and some \( m > 5 \) (we will do this for all such values of \( m \)):

\[
\phi_2(r) = -\frac{GM_2}{(a^{m-1} + r^{m-1})^{\frac{2}{m-1}}}.
\]

The gluing takes place at the radius where the mass density of \( \phi_2 \) is maximal. Doing so not only makes the composite profile non-increasing with distance, but the first derivative of \( \rho \) will also be continuous. The two length scales \( \bar{a} \) and \( a \) are then related by equation (77).

Requiring continuity of the first derivative of the potential fixes the ratio of the total masses to be:

\[
\frac{M_1}{M_2} = \left( \frac{m - 5}{2m} \right)^{\frac{m+1}{m-1}}.
\]

Finally, requiring continuity of the potential then fixes \( K \) to be:

\[
K = \frac{5GM_2}{4r_0} \left( \frac{m - 5}{2m} \right)^{\frac{2}{m-1}} \left( 1 - \frac{1}{m} \right).
\]

Another possible 2-component model consists of gluing together two models in our family, with radii \( a \) and \( b \), total masses \( M_1 \) and \( M_2 \) and parameters \( m_1 \) and \( m_2 \), say at the radius \( r = a \). We require the potential and its first derivative to be continuous across the junction. Continuity of the potential implies the following relation between the ratio of the total masses and the ratio of the radii:

\[
\frac{M_1}{M_2} = \frac{2^{\frac{2}{m_1-1}}}{\left[1 + (b/a)^{\frac{m_2-1}{2}}\right]^{\frac{2}{m_2-1}}}. \tag{199}
\]

Continuity of the first derivative of the potential implies:

\[
\frac{M_1}{M_2} = \frac{2^{\frac{m_1+1}{m_1-1}}}{\left[1 + (b/a)^{\frac{m_2-1}{2}}\right]^{\frac{m_2+1}{m_2-1}}}. \tag{200}
\]

Solving the system above, we finally find:

\[
a = b, \tag{201}
\]

and

\[
\frac{M_1}{M_2} = 2^{\frac{2}{m_1-1} - \frac{2}{m_2-1}}. \tag{202}
\]
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