Case Report: Novel SLC9A6 Splicing Variant in a Chinese Boy With Christianson Syndrome With Electrical Status Epilepticus During Sleep

Xiaorui Liu, Lingling Xie, Zhixu Fang and Li Jiang *

Ministry of Education Key Laboratory of Child Development and Disorders, Chongqing Key Laboratory of Pediatrics, Department of Neurology, National Clinical Research Center for Child Health and Disorders, Children's Hospital of Chongqing Medical University, Chongqing, China

We investigated the existence and potential pathogenicity of a SLC9A6 splicing variant in a Chinese boy with Christianson Syndrome (CS), which was reported for the first time in China. Trio whole-exome sequencing (WES) was performed in the proband and his parents. Multiple computer prediction tools were used to evaluate the pathogenicity of the variant, and reverse transcription-polymerase chain reaction (RT-PCR) analysis and cDNA sequencing were performed to verify the RNA splicing results. The patient presented with characteristic features of CS: global developmental delay, seizures, absent speech, truncal ataxia, microcephaly, ophthalmoplegia, smiling face and hyperkinesis with electrical status epilepticus during sleep (ESES) detected in an electroencephalogram (EEG). A SLC9A6 splicing variant was identified by WES and complete skipping of exon 10 was confirmed by RT-PCR. This resulted in altered gene function and was predicted to be pathogenic. ESES observed early in the disease course is considered to be a significant feature of CS with the SLC9A6 variant. Combined genetic analysis at both the DNA and RNA levels is necessary to confirm the pathogenicity of this variant and its role in the clinical diagnosis of CS.

Keywords: SLC9A6, Christianson syndrome, electrical status epilepticus during sleep, splicing mutation, reverse transcription-polymerase chain reaction

INTRODUCTION

The SLC9A6 gene(chrX:135098802), located on Xq26.3, encodes isoform 6 of the Na+/H+ exchanger superfamily (NHE6). NHE6 exchanges luminal H+ in early and recycling endosomes, thus contributing to substance transport and receptor recycling, which are essential for axonal growth, branching, synaptic maturation and neural plasticity (1). Christianson syndrome (CS) has been associated with a SLC9A6 variant and is characterized by moderate to severe global developmental delay, epilepsy, absent or impaired speech, truncal ataxia, ophthalmoplegia, acquired microcephaly (2) and reduced life expectancy (3). The clinical features of CS overlap with those of Angelman syndrome (AS) (4), making it hard to identify in clinical practice.
In this study, we identified a maternally-inherited *SLC9A6* splicing variant in a Chinese boy who presented with global developmental delay, epilepsy and microcephaly. The whole-exome sequencing results were further verified by reverse transcription-polymerase chain reaction (RT-PCR) and cDNA sequencing. Our findings indicate the pathogenicity of this *SLC9A6* splicing variant in CS.

**MATERIALS AND METHODS**

**Patients and Samples**

The proband was registered at the Department of Neurology of the Children's Hospital of Chongqing Medical University (China). Detailed neurological examinations were performed by at least two senior neurologists. Written informed consent was obtained from the participants, and the research project was approved by the Children’s Hospital of Chongqing Medical University Ethics Committee. A normal sample was used as control.

**Whole-Exome Sequencing**

Genomic DNA was extracted from the peripheral blood cells of the proband and his parents, as well as the normal control using a DNA extraction kit (Tiangen, Beijing, China). Whole exome DNA was captured using IDT The xGen Exome Research Panel v2.0 and subsequently sequenced on an Illumina NextSeq 500 system with 101-bp paired-end reads to screen for variants. After duplicated reads were removed from downstream analysis, clean reads were aligned to GRCh37/hg19 human reference genome using NovoAlign software. SNP and small insertion or deletion (InDel) variants were detected and identified using the Genome Analysis Toolkit (5) and then were annotated using ANNOVAR. Variants which fulfilled the following criteria were considered candidate genes: (a) variants that were absent or rare (allele frequency <0.01) in the 1,000 Genomes Project, Exome Aggregation Consortium (ExAC) or GnomAD databases; (b) variants that affected the amino-acid sequence, such as frameshift, and splice site variants. The pathogenicity of the identified variants was then predicted using multiple algorithms prediction tools, such as PolyPhen-2, Mutation Taster, and Sorting Int tolerant from Tolerant (SIFT), and classified according to the guidelines of American College of Medical Genetics and Genomics (ACMG) (6).

**Sanger Sequencing**

Sanger sequencing was performed to validate the potentially pathogenic variations identified in the patient and his parents to determine the parental origin. The phenotypes of the proband and his parents were verified according to published articles (1, 3, 7–13) and OMIM database (OMIM:300243).

**RNA Splicing Analysis by RT-PCR**

Multiple computer prediction tools (MaxEntScan, NNSPLICE, NetGene2, Alternative Splice Site Predictor, and FSPlice) were used to evaluate the pathogenicity of variant. The RNA splicing results were verified by RT-PCR analysis and cDNA sequencing. Total RNA was extracted from the peripheral blood cells of the proband and normal control using an RNA extraction reagent kit (Tiangen, Beijing, China) and then converted into cDNA using the PrimeScript™ II 1st strand cDNA synthesis kit (Takara Dalian, China). Primers were designed to amplify the target fragment of the *SLC9A6* (forward: 5'-TACGGAGTTCCAGTTGTTGG-3' and reverse: 5'-AGGGGTSSSTTGGCGAGCTTCT-3'). After being isolated by agarose gel electrophoresis, the purified PCR products were sequenced by Sanger sequencing.

**RESULTS**

**Clinical Presentation**

A Chinese boy was born at term with a birth weight of 2,950 g (25–50th centile) and head circumference of 32 cm (10–25th centile) without neonatal asphyxia at birth or aberrant family history. He developed complex febrile seizures at the age of 11 months, which manifested as a clustering of generalized tonic or tonic-clonic seizures (9 seizures within 2 days) lasting 15–60 s. Prior to the onset of seizures, the patient presented with developmental delay. He was admitted to our hospital at the age of 17 months, when his weight was 10.5 kg (25th centile), and head circumference was 42 cm (<1st centile), indicating microcephaly, with strabismus, narrow face, small mandible and frequent smiling. A café-au-lait spot (diameter 2.5 cm) was located on the lower left quadrant of the boy's abdomen. He could not stand independently or speak coherently. CS was diagnosed after *SLC9A6* pathogenic variant identified by genetic analysis. An advanced clinical diagnosis was not given due to lack of sufficient cognition of this syndrome. Seizures were controlled for 3 months following treatment with valproate at 17 mg/(kg.d). Subsequently, afebrile seizure recurred almost once a month with the same type and duration as before. Valproate was increased to 45 mg/(kg.d) and Levetiracetam was included in the drug regimen when the patient was 1 year and 9 months old. At the last follow-up when the patient was 2 years and 10 months old, his seizures were controlled and this continued for more than 1 year although his electroencephalogram (EEG) remained abnormal. Rehabilitation training was performed but with inadequate efficacy. The child had an ataxic gait, gradually developed hyperkinesis and was still unable to speak coherently.

**Electroencephalogram and Brain MRI Finding**

When the patient first experienced complex febrile seizures at the age of 11 months, the routine sleep EEG evaluation showed continuous spike-waves from the bilateral frontal regions, forming more than 80% of the sleep recording, which suggests the presence of electrical status epilepticus during slow wave sleep (ESES) (Figure 1). At that time, brain magnetic resonance imaging revealed widening of the extracerebral space at the bilateral temporal poles (Figure 2). ESes was still detected after the seizures were controlled for more than 1 year when he was 2 years and 10 months old and further confirmed during an overnight sleep EEG (Figure 1).
FIGURE 1 | Electroencephalogram (EEG). (a,b) Routine sleep EEG tracing at the age of 11 months. Continuous spike-waves from the bilateral frontal regions, forming more than 80% of the sleep recording, suggesting an electrical status epilepticus during slow-wave sleep (ESES) like EEG finding. (c) Overnight sleep EEG tracing at the age of 2 years and 10 months. Almost continuous spike-waves predominantly over both frontal regions were occupying more than 80% of the sleep recording, which is consistent with ESES.

FIGURE 2 | Brain MRI finding at the age of 11 months. MRI [(A,B) T2, (C) T1] demonstrated the widening of the extracerebral space at the bilateral temporal poles.

Molecular Studies
Trio WES was performed on the patient and his parents, with written informed consent. A heterozygous, maternally-inherited SLC9A6 splicing pathogenic variant [c.1237-2 (IVS9) A>G, NM_001042537] was identified and confirmed by Sanger sequencing. The variation was not present in the gnomAD, dbSNP, and ClinVar databases. At least three prediction tool algorithms predicted that this variant is associated with
deleterious effects on the gene or gene products. These changes
were classified as “pathogenic” (PVS1+PM2+PP3) according
to ACMG criteria. His mother had the same variation bit
in a heterozygous state and did not present any pathological
clinical findings.

In silico analysis using multiple algorithms such as
MaxEntScan, NNSPLICE, NetGene2, Alternative Splice Site
Predictor, and FSPLICE predicted a strength reduction in the 3’
acceptor site, which may disrupt the normal pre-RNA splicing.

To validate the RNA splicing prediction, we performed RT-
PCR analysis and cDNA sequencing of the RNA extracted
from the peripheral blood cells of proband and normal sample.
Separation to of the PCR product by agarose gel electrophoresis
confirmed expression of the SLC9A6 gene transcript expressed
in peripheral blood cells of the proband. PCR amplification
and sequencing of the exons flanking the target loci confirmed
abnormal splicing near the mutation site with complete skipping
of exon 10 (Figure 3). This aberrant transcript resulted in a 38
amino-acid deletion (p.Leu381_Phe418del), and hence impaired
the function of the NHE6 protein.

DISCUSSION

NHE6, encoded by SLC9A6, is predominantly located in early
and recycling endosomes and operates as an alkalinizing
mechanism that regulates luminal H\(^+\) levels. This process
is essential for ligand-receptor complex dissociation and
dephosphorylation (13), which are crucial for synaptic
maturation and neural plasticity. NHE6 abnormalities can
also affect cell viability (14), possibly due to disruption of the
balance of apoptosis as a result of endosomal dysfunction and
attenuation of tyrosine receptor kinase B (TrkB) signaling (8),
although the mechanism remains to be elucidated. SLC9A6
knockout mice presented an abnormal accumulation of
GM2 ganglioside and unesterified cholesterol within late
endosomes and lysosomes, with slow degeneration of neurons
in the hippocampus, some areas of cerebral cortex and

| Gene | Christianson syndrome | Angelman syndrome |
|------|----------------------|-------------------|
| SLC9A6 | Maternal gene UBE3A |

| Gender | Male | No gender preference |
|--------|------|----------------------|
| Seizure | Yes | Yes |
| Psychomotor delay | Yes | Yes |
| Speech deficits | Yes | Yes |
| Developmental regression | Motor regression | No |
| Intellectual disability | Always severe | Variable |
| Acquired microcephaly | Yes | Majority (more common in the deletion subtype) |
| Happy demeanor | Possible | Yes, often with hand-flapping movements |
| Facial features | Long thin face, quint, prominent jaw | Flat occiput, wide mouth, widely spaced teeth, protruding tongue, prognathism, hypopigmented |
| Strabismus | Yes | Possible |
| Ataxic gait | Yes | Yes and/or tremulous movement of the limbs |
| Hyperkinesis | Yes | Yes |
| Autistic features | Yes | Possible |
| Sleep disturbances | Possible | Yes |
| Weight gain | Poor | Poor in early childhood, normal or even obesity in young adulthood |
| Progressive cerebellar atrophy | Yes | No |
| ESES | Possible | No |
| Life span | shorter | normal |

ESES, electrical status epilepticus during sleep.
| Cases | Gender | Age at epilepsy onset | Seizure type | Status | Seizure frequency | Resistance to AEDs | AEDs | Clinical features | Age at ESES | Age at ESES resolution | Development | Brain imaging | Genetic analysis |
|-------|--------|----------------------|--------------|--------|-----------------|-------------------|------|-------------------|------------|----------------------|-------------|----------------|-----------------|
| 1     | Male   | 13 months            | GTCS, myoclonic | NK     | Yearly to free at 12 y | Yes | VPA, CLB, LEV, ESM, LTG | Delayed psychomotor development, no oral speech, ataxia gait, motor regression at 11 y, frequent smiling, microcephaly, low weight, dysmorphic features including long thin face, quint, prominent jaw | 6 y | 8 y | Moderate to severe ID | Slight enlargement of subarachnoid spaces, mostly in bitemporal regions, and a left temporal arachnoid cyst, (at 18 m) | 40-Mb deletion in Xq26.3 |
| 2     | Male   | 20 months            | GTCS         | Yes    | Monthly         | Yes | VPA, LEV, CLB* | Delayed psychomotor development, autistic features, no oral speech | 4 y 10 m | NK | Moderate to severe ID | Normal (at 22 m) | c.1569G>A |
| 3     | Male   | 17 months            | Partial seizures, GTCS | NK     | NK              | Yes | VPA, LTG, OXC, CLB* | Delayed psychomotor development, on oral speech, ataxia gait, underutilization of the right hand, sleep difficulties | 4 y | NK | Moderate to severe ID | Normal (at 3 y) | c.1148G>A (p.Gly383Asp) |
| 4     | Male   | <2 years              | TCS          | NK     | NK              | Yes | NK | Delayed motor development, no oral speech, autistic features, microcephaly, severe hypotonia, ataxia gait, motor regression at 7 y | 7 y | NK | Moderate to severe ID | Cerebellar vermin atrophy, cerebral and hippocampal atrophy (at 7 y) | c.1151-1G>A (V10-1G>A) |
| 5     | Male   | 12 months            | complex motor seizures, TCS | Yes | Yearly to free at 8 y (after initiation of felbamate) | No | CBZ, LEV, VPA, CLB, Felbamate | Delayed global development, microcephaly, autistic features, sleep difficulty | 8 y | NK | Moderate to severe ID | Normal (at 12 and 28 m) | c.1710G>A (p.Trp570*) |

(Continued)
This table includes all previously published reports of Christianson Syndrome with ESES. EEG, electroencephalogram; AEDs, anti-epileptic drugs; ESES, electrical status epilepticus during sleep; ID, intellectual disability; y, years; m, months; GTCS, generalized tonic-clonic seizures; TCS, tonic-clonic seizures; NK, unknown; VPA, valproic acid; CLB, clobazam; LEV, levetiracetam; CBZ, carbamazepine; ESM, ethosuximide; TPM, topiramate; LTG, lamotrigine; OXC, oxcarbazepine. *negative behavioral impact.

| Cases | Gender | Age at epilepsy onset | Seizure type | Status | Seizure frequency | Resistance to AEDs | AEDs | Clinical features | Age at ESES | Age at ESES resolution | Development | Brain imaging | Genetic analysis |
|-------|--------|-----------------------|--------------|--------|-------------------|-------------------|------|-------------------|------------|----------------------|------------|--------------|------------------|
| 6     | Ikeda et al. (3) | Male | 17 months | GTCS, atonic seizures | NK | Daily | Yes | VPA, CLB, TPM, LTG, LEV, CBZ, Rufinamide | Delayed psychomotor development, microcephaly, no oral speech, ataxia gait, truncal hypotonia, hyperkinesis | 7 y | NK | Severe ID | T2 hyperintensity and atrophy of the lower cerebellum (at 6 y) | c.477_481del (p.Ile160Leufs*5) |
| 7     | Gong et al. (18) | Male | 1 year 11 months | Focal seizure, febrile GTCS, myoclonic seizures, atypical seizures | NK | Uncontrolled | Yes | VPA, LEV | Delayed psychomotor development, ataxia gait, on oral speech, hyperkinesis | 3 y 3 m | NK | NK | Normal (age NK) | c.1178_1180del (p.394del) |
| 8     | Case | Male | 11 months | Febrile GTCS, GTCS | No | Monthly to free at 1 year 9 months (after initiation of LEV) | No | VPA, LEV | Delayed psychomotor development, no oral speech, microcephaly, ataxia gait, hyperkinesis, frequent smiling, dysmorphic features including narrow face, strabismus, small mandible, café-au-lait spot | ESES-like at 11 m, ESES diagnosed at 2 y 10 m | NK | Moderate to severe ID | Widening of the extracerebral space at the bilateral temporal poles (at 11 m) | c.1237-2 A>G (IVS9 A>G) |
cerebellar Purkinje cells and a CS-like clinical phenotype (7). In addition to NHE6 loss-of-function mutations, which have been confirmed to be correlated to the pathophysiology of CS with SLC9A6 variants, NHE6 gain-of-function mutations have also been reported to be associated with impairment of optimal recycling endosomal function, accounting for the pathophysiology of CS (12).

This is the first report of CS caused by a SLC9A6 pathogenic variant in a patient in China. SLC9A6 variants are correlated with various neurological diseases, including CS, autism spectrum disorders, schizophrenia and idiopathic Parkinson’s disease (13). The correlation with CS has been well-established. SLC9A6 follows a X-linked recessive inheritance pattern, with clinical features that overlap with those of AS in male patients presenting with moderate to severe global developmental delay, epilepsy, absent or impaired speech, truncal ataxia, ophthalmoplegia, acquired microcephaly, hyperkinesis, cerebellar atrophy and reduced life expectancy (Table 1) (1, 3, 7–13). Seizure onset usually occurs in late infancy. Tonic/tonic-clonic seizures are the most common types, although atonic seizures, myoclonic seizures and focal seizures have also been described (3). Phenotypes of Lennox-Gastaut syndrome are relatively common in CS patients, especially those with ESES (3). A case with spasms and hypsarrhythmia detected by EEG was also reported and classified as infantile spasms (14). There is very little information about the course of seizure development. However, there are some reports of spontaneous attenuation during adolescence (15), although moderate-to-severe intellectual disability and other neurologic abnormalities remain. Female carriers usually have a normal-to-mild phenotype with differences in penetrance and enhanced effects on progeny (16, 17). Our patient also presented with global developmental delay, generalized tonic/tonic-clonic seizures, absent speech, truncal ataxia, acquired microcephaly, ophthalmoplegia, smiling face and hyperkinesis, which is consistent with previous reports. His mother carried the same variation in a heterozygous state and presented with a normal phenotype.

Generalized slow spike-wave complexes as a predominantly interictal EEG feature of patients with SLC9A6 variants and the presentation of ESES during early childhood (3 years–8 years) (3, 10, 15, 18, 19) was first described in 2014 (10). The characteristics of CS with ESES reported so far were summarized in Table 2. Patients with ESES are usually refractory to anti-epileptic drugs. Rohini et al. (19) reported resolution of ESES following felbamate treatment in a child with a SLC9A6 variant. In our patient, who was much younger than those previously described, ESES-like EEG finding was present from the first episode of complex febrile seizures and was further confirmed without much attenuation after the seizures were controlled for more than 1 year. Thus, combined with the characteristic clinical presentation, ESES or ESES-like EEG finding is implicated as a valuable diagnostic indicator of the SLC9A6 mutation.

More than 80 genetic variants of SLC9A6 have been reported to date. The most common pathogenic variants are protein-truncating mutations, such as frameshift or non-sense mutations and splicing mutations in transmembrane ion translocation domain (amino acid 25–533), which lead to partial or complete loss of NHE6 function (14). Pathogenic missense variants, small inframe deletions or non-sense mutations in the C-terminal cytoplasmic regulatory domain are relatively less common (1, 13). Genotype-phenotype correlations have not yet been established in CS. The c.1237-2 (IVS9) A>G variant is a canonical splice site mutation associated with exon 10 skipping, leading to a 38-amino-acid deletion (p.Leu381_Phe418del). Exon 10 in SLC9A6 encodes the transmembrane ion translocation domain that interacts with the angiotensin II type 2 receptor (AGTR2) (10). Mutations in this region are associated with intellectual disability and epilepsy, although the underlying mechanisms remain to be investigated. Recently, arborization phenotypes were found to be rescued by the application of exogenous trophic factors (BDNF) across all type of SLC9A6 mutation (20). Restraining over-acidification of endosomes and aberrant substance transportation or lysosomal degradation could also be potential therapeutic strategies for the treatment of CS patients with SLC9A6 pathogenic variants.

CONCLUSION

ESES observed early in the disease course is considered to be a significant feature of CS with the SLC9A6 variants. Combined genetic analysis at both the DNA and RNA levels is necessary to confirm the pathogenicity of this variant and its role in the clinical diagnosis of CS.

DATA AVAILABILITY STATEMENT

The datasets presented in this article are not readily available due to ethical and privacy restrictions. Requests to access the datasets should be directed to the corresponding author.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Children’s Hospital of Chongqing Medical University Ethics Committee. Written informed consent to participate in this study was provided by the participants’ legal guardian/next of kin. Written informed consent was obtained from the minor(s)’ legal guardian/next of kin for the publication of any potentially identifiable images or data included in this article.

AUTHOR CONTRIBUTIONS

XL: study conception and design, genetic testing, analysis of data, and drafting of manuscript. LX: genetic testing, analysis of data, and critical revision. ZF: acquisition of data, genetic testing, analysis of data, and critical revision. LJ: study conception and design, analysis of data, and critical revision. All authors contributed to the article and approved the submitted version.
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