PT phase control in circular multicore fibers

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We consider light dynamics in a circular multicore fiber with balanced gain and loss core distribution, and show that transition from unbroken to broken PT phases can be conveniently controlled by geometric twist of the fiber. The twist introduces Peierls’ phases in the coupling constants and thus acts as an artificial gauge field. As an application, we discuss twist-induced tuning of optical transmission in a six-core fiber with one lossy core.

Parity-time (PT) symmetry, originated in the context of quantum mechanics and quantum field theory [1], has inspired in the past recent years several new ideas in optics [2–10], with potential applications to optical beam engineering, image processing, asymmetric transmission, laser mode selection, mode conversion, etc. [10–18]. A property of PT-symmetric optical structures is the existence of two distinguished phases, e.g., one with real energy spectrum (unbroken PT symmetry) and the other one with complex conjugate eigenvalues (broken PT symmetry) corresponding to the onset of optical instabilities [19]. In periodically-modulated systems, broken and unbroken PT phases are determined by Floquet quasi-energies [20–25]. Phase transition is generally observed when the level of balanced gain and loss in the system is increased above a threshold value, however exception to such a rule can be found [26]. Among various optical structures, coupled optical waveguides or microrings in integrated photonic platforms provide one of the most appealing and experimentally accessible setting to implement the idea of PT-symmetry in optics. An important issue in such structures is the ability to control and tune the PT phase transition. A possibility is obviously to vary the level of gain and loss in the system, however this is a rather challenging task since gain and loss should remain balanced and thus must be tuned simultaneously. Geometry can provide a useful and simple means to this aim. For example, in Ref. [27] it was shown that the introduction of a strain in a PT-symmetric honeycomb lattice can restore the PT-symmetric phase.

In this Letter we consider light dynamics in a circular multicore fiber with balanced gain and loss distribution, and show that transition from unbroken to broken PT symmetric phases can be conveniently controlled by a geometric twist of the fiber. The twist introduces additional Peierls’ phases in the coupling constants among the fiber cores [28, 29] and thus acts as an artificial gauge field which modifies wave transport in the structure [30, 31]. We consider specifically phase transition control in a PT multicore fiber comprising three (trimer) and six cores. As an application, we discuss twist-induced tuning of optical transmission in a six-core fiber with one lossy core.

Let us consider a multicolore circular fiber comprising N equal cores of radius r uniformly spaced along a ring of radius R0 (Fig.1), and let us assume that optical gain and loss is provided in the various cores of the fiber with a (typically) balanced distribution [32, 33]. In the absence of the twist and within a tight-binding model with nearest-neighbor couplings, light dynamics in the optical structure along the propagation axis z is described by the following coupled-mode equations [32, 33]

\[ \frac{dc_n}{dz} = \kappa (c_{n+1} + c_{n-1}) + i\gamma_n c_n \quad (n = 1, 2, ..., N), \]

where \( c_n \) is the amplitude of the electric field in the \( n-th \) waveguide core, \( \kappa \) is the coupling constant of adjacent cores, \( \gamma_n \) is the optical gain (\( \gamma_n > 0 \)) or loss (\( \gamma_n < 0 \)) rate in the \( n-th \) core, and the cyclic periodic boundary conditions

\[ c_{n+N} = c_n \]

have been assumed in writing Eq.(1). We note that for an even number \( N \) of cores with alternating balanced gain and loss terms, i.e. \( \gamma_n = (-1)^n \gamma \), PT symmetry breaking threshold has been calculated in Ref. [32]; in particular, when \( N/2 \) is even the optical structure is always in the broken PT phase for any arbitrarily small
value of $\gamma$.

When the fiber is twisted along the propagation axis $z$ with a uniform twist rate $\epsilon = 2\pi/\Lambda$ and spatial period $\Lambda$, coupled-mode equations (1) are modified by the introduction of an additional Peierls' phase $\phi$ in the coupling constant [29], namely one has

$$\frac{d c_n}{d z} = \kappa' \exp(-i\phi)c_{n+1} + \kappa' \exp(i\phi)c_{n-1} + i\gamma_n c_n$$  \hspace{1cm} (3)

where

$$\phi = \frac{4\pi^2 \epsilon n_s \kappa^2}{N\lambda}$$  \hspace{1cm} (4)

In Eq.(4), $\lambda$ is the wavelength of the propagating field, $n_s$ is the substrate (cladding) refractive index, and $r_0 \approx R_0$ is an effective radius, which is defined in Ref. [29] and typically turns out to be slightly smaller than $R_0$. The coupling constant $\kappa' = \kappa'(\epsilon)$ in the twisted fiber is usually slightly smaller than $\kappa$ and decreases as $\epsilon$ is increased because of the effect of the centrifugal force that pushes the light mode toward the outer region of the core [29]. However, at first approximation and for small twist rates one can assume $\kappa' \approx \kappa$ in Eq.(3). The main effect of the Peierls' phase is to complexify the coupling constant, which in a different coupling scheme (so-called active coupling) was shown to enhance the stability domain (unbroken $PT$ phase) [34].

To study the impact of fiber twist on the $PT$ symmetry breaking transition, let us first consider the simplest case of a $PT$-symmetric trimer [35], i.e. $N = 3$, with $\gamma_1 = 0$, $\gamma_2 = \gamma$ and $\gamma_3 = -\gamma$ [Fig.2(a)]. In this case, the eigenvalues $E$ of Eq.(3), $c_n(z) \sim \exp(-iEz)$, are the roots of the cubic equation

$$E^3 + E(\gamma^2 - 3\kappa'^2) - 2\kappa'^3 \cos(3\phi) = 0$$  \hspace{1cm} (5)

which are given by (according to Cardano’s formula)

$$E_1 = \kappa'(S_+ + S_-)$$  \hspace{1cm} (6a)

$$E_2 = -\frac{\kappa'}{2}(S_+ + S_-) + i\frac{\sqrt{3}\kappa'}{2}(S_+ - S_-)$$  \hspace{1cm} (6b)

$$E_3 = -\frac{\kappa'}{2}(S_+ + S_-) - i\frac{\sqrt{3}\kappa'}{2}(S_+ - S_-)$$  \hspace{1cm} (6c)

where we base set

$$S_{\pm} = \left\{ \cos(3\phi) \pm \sqrt{\frac{1}{3} \left( \frac{\gamma}{\kappa'} \right)^2 - 1} \right\}^{1/3} + \cos^2(3\phi)$$  \hspace{1cm} (7)

Broken $PT$ phase correspond to $S_\pm$ real, with $E_{2,3}$ complex conjugate energies, whereas unbroken $PT$ phase corresponds to $S_\pm$ complex conjugates and all eigenvalues real according to Eq.(6). Unbroken $PT$ phase is thus obtained when the condition

$$\left( \frac{\gamma}{\kappa'} \right)^2 < 3\sqrt{1 - \cos^2(3\phi)}$$  \hspace{1cm} (8)

is met. Figure 2(b) shows the regions of broken/unbroken $PT$ phases in the $(\phi, \gamma/\kappa')$ plane. Note that in the untwisted fiber $(\phi = 0)$ the trimer is always in the broken $PT$ phase, whereas fiber twist introduces a non-vanishing symmetry breaking threshold, which is highest and equal to $\gamma/\kappa' = \sqrt{3}$ at $\phi = \pi/6$, i.e. for a twist rate

$$\epsilon = \frac{\lambda}{8\pi n_s r_0^2}$$  \hspace{1cm} (9)

Therefore fiber twist can restore $PT$ symmetry. This is shown as an example in Figs.2(c) and (d). The figures show the numerically-computed evolution of the optical power, normalized to its input value, in a three-core step-index optical fiber probed at $\lambda = 980$ nm with radius $R_0 = 5 \mu m$, cladding refractive index $n_s = 1.552$, core radius $a = 3 \mu m$, and core refractive index change $\Delta n = \Delta n_R + i\Delta n_I$, with $\Delta n_R = 0.01$, $\Delta n_I = 0$ in core 1 and $\Delta n_I = \pm 0.004 \times \Delta n_R$ in cores 2 and 3. The fiber is initially excited in the fundamental mode of core 1. The inset in (c) shows the reference index profile (real part) of the multicore fiber used in the full numerical beam propagation analysis.

![Fig. 2.](image)

Fig. 2. (Color online) (a) Schematic of a three-core fiber with balanced gain and loss region in guides 2 and 3 ($PT$-symmetric trimer). (b) Domains of broken and unbroken $PT$ phase in the $(\phi, \gamma/\kappa')$ plane. The shaded regions correspond to broken $PT$ phase. (c,d) Numerically-computed evolution of beam power in a three-core fiber (solid curves: full-beam-propagation analysis, dashed curves: coupled-mode theory) for (c) untwisted, and (d) twisted fiber corresponding to a Peierls' phase $\phi = \pi/6$. Parameter values are given in the text. The fiber is initially excited in the fundamental mode of core 1. The inset in (c) shows the refractive index profile (real part) of the multicore fiber used in the full numerical beam propagation analysis.
\( \kappa' = 1.71 \text{ cm}^{-1}, \gamma = 2.04 \text{ cm}^{-1} \) and \( \phi = \pi/6 \) in Fig.2(d). Note that, while in the untwisted fiber a secular growth of optical power is observed, which is the signature of a broken PT phase, in the twisted fiber the PT symmetry is restored and the optical power is oscillatory. It should be noted that the Peierls’ phase introduces asymmetric (chiral) dynamics for clockwise/counter-clockwise fiber rotation, however symmetry breaking threshold does not depend on the rotation side.

As a second case, let us consider a multicore fiber with an even number \( N = 2M \) of cores with alternating gain and loss region, i.e. \( \gamma_n = -(1)^n \gamma \) in Eq.(3). Light dynamics in such a structure in the absence of the Peierls’ phase \( (\phi = 0) \) was investigated in Ref. [32]. In particular, when \( M \) is even PT symmetry is always broken, whereas when \( M \) is odd PT symmetry is unbroken for a sufficiently small value of \( \gamma/\kappa' \). For \( \phi \neq 0 \), the \( N = 2M \) eigenvalues \( E = E_0 \) of Eq.(3) can be readily calculated by the Ansatz \( c_n(z) = \exp(iq_n - iEz) \), where the allowed values of the Bloch wave number \( q \) are constrained by the periodicity condition \( c_{n+N} = c_n \). This yields

\[
E_l = \pm \sqrt{4\kappa'^2 \cos^2(q_l + \phi) - \gamma^2} \quad (10)
\]

with \( q_l = l\pi/M \) \( (l = 0, 1, 2, \ldots, M - 1) \). As it can be seen, the Peierls’ phase shifts the Bloch wave number \( (q_l \rightarrow q_l + \phi) \) in the dispersion relation (10) and generally changes the symmetry breaking transition point.

Let us focus our attention to the six-core fiber \( (N = 6) \) [Fig.3(a)], which shows some interesting dynamical behavior. The PT phase diagram of the six-core fiber in the \( (\gamma/\kappa', \phi) \) plane, as obtained from an inspection of Eq.(10), is shown in Fig.3(b). Note that in the untwisted fiber \( (\phi = 0) \) PT symmetry breaking is observed when \( \gamma/\kappa' \) is increased above 1, whereas for a twisted fiber with Peierls’ phase \( \phi = \pi/6 \), corresponding to a twist rate

\[
\epsilon = \frac{\lambda}{4\pi n_s \mu_0} \quad (11)
\]

PT symmetry is always broken. This means that, as exposed to the three-core fiber discussed above, in this case fiber twist can induce PT symmetry breaking. An example of twist-induced PT symmetry breaking is shown in Figs.3(c) and (d). The figures show the numerically-computed evolution of the optical power, normalized to its input value, in the six-core fiber probed at \( \lambda = 980 \) nm with radius \( R_0 = 8 \) \( \mu \text{m} \), cladding refractive index \( n_s = 1.552 \), core radius \( a = 3 \) \( \mu \text{m} \), and core refractive index change \( \Delta n = \Delta n_R + i\Delta n_I \), with \( \Delta n_R = 0.01 \) and \( \Delta n_I = \pm 0.004 \times \Delta n_R \) at alternating cores. The fiber is initially excited in the fundamental mode of core 1, and power evolution is shown for the untwisted fiber [Fig.3(c)] and for a twisted fiber [Fig.3(d)] with twist
period $\Lambda = 6.54$ mm, corresponding to a Peierls’ phase $\phi \simeq \pi/6$ (taking $r_0 \simeq 0.91R_0$). The dotted curves in the figures refer to the predictions of coupled-mode theory [Eqs.(3)] with $\kappa = 3.59$ cm$^{-1}$, $\gamma = 2.05$ cm$^{-1}$, $\phi = 0$ in Fig.3(c), and $\kappa' \simeq \kappa = 3.59$ cm$^{-1}$, $\gamma = 2.05$ cm$^{-1}$ and $\phi = \pi/6$ in Fig.3(d).

It should be noted that the interplay between Peierls’ phase (geometric twist) and non-Hermitian dynamics (light amplification and attenuation) acts also in non-\(\mathcal{PT}\) invariant structures, for example in purely dissipative (lossy) fibers. As an example, we discuss twist-induced tuning of optical transmission in a six-core fiber with one lossy core. In this case, there is no gain regions and in Eq.(3) we assume $\gamma_n = 0$ for $n \neq 1$ and $\gamma_1 = -\gamma < 0$ for $n = 1$ (the lossy core). To explain the idea of twist-induced tuning of optical transmission, let us first consider the dissipationless case $\gamma = 0$. In this case and for the untwisted fiber ($\phi = 0$), from Eq.(10) with $\phi = \gamma = 0$ it follows that there are four distinct energies, namely $\pm \kappa'$ and $\pm 2\kappa'$, resulting in a periodic dynamics with spatial period $2\pi = 2\pi/\kappa'$. Hence, if at $z = 0$ the fiber is excited in core 1, after a propagation distance $z = 2\pi$ a full revival, with light returning in core 1, is observed [Fig.4(a)]. Note that the core 4, symmetrically placed with respect to core 1, is excited during the dynamics [dashed curve in Fig.4(a)]. When the fiber is twisted with a Peierls’ phase $\phi = \pi/6$, from Eq.(10) one obtains the three distinct eigenvalues $0$ and $\pm \sqrt{3}\kappa'$, resulting again in a periodic dynamics with modified period $2\pi = 2\pi/(\sqrt{3}\kappa')$. Interestingly, when the core 1 is excited at plane $z = 0$, after the propagation distance $z_T$ full revival is obtained [Fig.4(b)] like in the untwisted case, however now the core 4, symmetrically placed with respect to core 1, is never excited during the dynamics [dashed curve in Fig.4(b)], i.e. it is a dark core. Therefore, if some loss is now introduced in core 4 and the fiber is initially excited in core 1 [see inset in Fig.4(c)], we expect that optical power is conserved along the propagation in the twisted fiber despite of the lossy core, whereas in the untwisted fiber power attenuation should occur. Such a behavior is demonstrated in Fig.4(c). The figure depicts the numerically-computed evolution of the optical power along a 10.3-mm-long six-core fiber with the same parameters as in Fig.3, except than the imaginary part of the refractive index $\Delta n_I$ is introduced in core 4 solely. In the untwisted case (dashed curve) only $\sim 30\%$ of the coupled optical power is transmitted, whereas for a twisted fiber with twist period $\Lambda = 6.54$ mm, corresponding to a Peierls’ phase $\phi = \pi/6$, about $97.4\%$ of the coupled optical power is transmitted (solid curve). By changing the twist rate of the fiber, a variable optical attenuator can be therefore realized. This is shown in Fig.4(d), which depicts the optical transmittance of the fiber as a function of the twist rate $\epsilon = 2\pi/\Lambda$.

In conclusion, we have theoretically investigated light dynamics in \(\mathcal{PT}\)-symmetric multicore fibers and have shown the possibility to control the broken/unbroken \(\mathcal{PT}\) phase transition by a uniform fiber twist. The geometric twist introduces Peierls’ phases in the coupling constants of adjacent cores and thus acts as an artificial gauge field that modifies the tunneling dynamics among the guiding cores. Geometric twist can be applied, for example, to the control of symmetry breaking transitions without resorting to gain/loss control, or for the realization of compact variable fiber attenuators. Our results disclose the major role of artificial gauge fields on \(\mathcal{PT}\) symmetry breaking transition and may stimulate further investigations, for example by including nonlinearities in the \(\mathcal{PT}\)-symmetric structures [32,33,35]. The interplay between \(\mathcal{PT}\) symmetry and artificial gauge fields, which has been here studied for a multicore fiber model, could be also extended to other experimentally-accessible photonic structures, such as coupled resonators with synthetic magnetic fields in one and two-dimensional settings [36].

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