Morphological and serum hyaluronic acid, laminin and type IV collagen changes in dimethylnitrosamine-induced hepatic fibrosis of rats

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Abstract
AIM: To study the morphological and serum hyaluronic acid (HA), laminin (LN), and type IV collagen changes in hepatic fibrosis of rats induced by dimethylnitrosamine (DMN).

METHODS: The rat model of liver fibrosis was induced by DMN. Serum HA, type IV collagen, and LN were measured by ELISA. The liver/weight index and morphological changes were examined under electron microscope on d 7, 14, 21, and 28 by immunohistochemical α-smooth muscle actin (α-SMA) staining as well as Sirius-red and HE staining.

RESULTS: The levels of serum HA, type IV collagen and LN significantly increased from d 7 to d 28 (P = 0.043). The liver/weight index increased on d 7 and decreased on d 28. In the model group, the rat liver stained with HE and Sirius-red showed evident hemorrhage and necrosis in the central vein of hepatic 10 lobules on d 7. Thin fibrotic septa were formed joining central areas of the liver on d 14. The number of α-SMA positive cells was markedly increased in the model group. Transitional hepatic stellate cells were observed under electron microscope. All rats in the model group showed micronodular fibrosis in the hepatic parenchyma and a network of α-SMA positive cells. Typical myofibroblasts were embedded in the core of a fibrous septum. Compared to the control group, the area-density percentage of collagen fibrosis in hepatic tissue had a positive correlation with the levels of serum HA, LN, and type IV collagen.

CONCLUSION: The morphological and serum HA, type IV collagen, and LN are changed in DMN-induced liver fibrosis in rats.

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Key words: Rat; Hepatic fibrosis; DMN; Morphological change; Serum; Experimental studies

INTRODUCTION
In China, the incidence of liver cirrhosis is still high[1]. Hepatic cirrhosis results from fibrosis[2-4]. Many factors can lead to chronic liver disease and hepatic fibrosis[5-9]. Hepatic fibrosis is associated with a number of morphological and biochemical changes leading to structural and metabolic abnormalities in the liver. Hepatic stellate cells (HSCs) play a major role in various types of liver fibrosis through initial myofibroblast transformation. Transformed HSCs can actively synthesize extracellular matrix and then change morphology and function of the liver. Dimethylnitrosamine (DMN)-induced hepatic fibrosis in rats appears to be a good and reproducible model with decompensating features of human disease[10,11]. This study was to observe the morphological and serum hyaluronic acid (HA), laminin (LN), and type IV collagen changes in DMN-induced hepatic fibrosis of rats.

MATERIALS AND METHODS

Animals and experiment protocol
Male Wistar rats weighing 175-200 g were obtained from the Experimental Animal Center of Yanbian University College of Medicine. The rats were divided into two groups. The model group (n = 40) received 1% DMN (10 μL/kg
Changes after DMN treatment. A: Livers in the control group showed normal lobular architecture with central veins; B: after 7 d of DMN treatment, extensive necrosis was observed in portal areas; C: after 14 d of DMN treatment, thin fibrotic septa were formed joining central areas; D: after 21 or 28 d of DMN treatment, thick intralobular septa were evident.

body weight, i.p.) thrice a week for 4 wk, while the control group (n = 12) received an equivalent amount of saline. The animals were killed on d 7, 14, 21, and 28 (10 treated with DMN at each time interval). Blood was taken from the left ventricle. Serum samples obtained from all study subjects were frozen at -70 °C and aliquots were thawed when needed for specific tests. The liver was examined by light and electron microscopy.

Serum HA, type IV collagen, and LN levels testing
A quantitative ELISA was used to determine serum HA, type IV collagen, and LN levels according to the manufacturer's instructions.

Sirius-red and HE staining
Formalin-fixed tissues were paraffin-embedded and cut into 4-μm thick sections from the right lobe of rat's liver for HE and Sirius-red staining. HE staining was used to observe liver pathologic structures, Sirius-red staining was used to grade liver fibrosis from 0 to 4[16]: grade 0 = no fibrosis, grade 1 = portal area fibrosis, grade 2 = fibrotic septa between portal tracts, grade 3 = fibrosis septa and structure disturbance of hepatic lobule, grade 4 = cirrhosis. At the same time, Sirius-red staining and CMIAS image analysis system (Beijing, China) were used to determine the area-density percentage of collagen fibrosis in hepatic tissue. At least five high-power (×400 field) fields were chosen and positive collagen fibrosis (red staining) was determined. Area-density percentage of collagen fibrosis was calculated by dividing the number of positive collagen fibroses (positive optical density) over the total number of collagen fibroses (integrated optical density).

Immunohistochemical staining
α-SMA for the detection of activated HSCs was studied by immunohistochemical staining. Sections (5-μm) were deparaffinized, rehydrated and incubated with 0.3% hydrogen peroxidase in methanol for 15 min at room temperature to block endogenous peroxidase activity. After being washed twice with phosphate-buffered saline (PBS) for 5 min, tissue sections were incubated at 37 °C for 20 min with blocking solution, then incubated at 37 °C for 2 h with rabbit anti-rat α-SMA antibody (Dako, Denmark) at dilution 1:100. After being washed twice with PBS (0.01 mol/L, PH 7.4) for 10 min, tissue sections were incubated at 37 °C for 30 min with biotin-anti-rabbit IgG. After being washed twice with PBS for 5 min, the sections were incubated with streptavidin-HRP for 30 min. Then the sections were washed twice with PBS for 5 min and incubated with metal-enhanced 3, 3-diaminobenzidine solution for 15 min, washed twice in distilled water and counterstained with hematoxylin. Negative control sections were incubated with normal rabbit serum instead of primary antibody. The positive staining for α-SMA positive cells was expressed as red brown granules and photomicrographed (Olympus PM-10AD).

Electron microscopy
Fresh fragments of 1 mm³ liver tissue were fixed in 10% paraffin, dehydrated and embedded in Epon-812 resin. Sections were stained with uranyl acetate for 15 min and then lead citrate for 15 min. Transitional HSCs were observed under JEM-1200EX, 80 kV electron microscope (JEOL, Japan).

Statistical analysis
Data were expressed as mean±SD. The two-tailed $\chi^2$ test was used to examine the correlation between the area-density percentage of collagen fibrosis in hepatic tissue and serum HA, LN, and type IV collagen levels. Statistical significance was estimated by t-test. $P<0.05$ was considered statistically significant. All calculations were made by SPSS 11.0 for Windows.

RESULTS

Serum HA, type IV collagen, and LN levels change
When compared to control values, a significant increase ($P<0.05$) was observed in serum levels of HA, LN, and type IV collagen on d 7, 14, 21, and 28 after administration of DMN. The maximum increase in serum levels of HA, LN, and type IV collagen was observed on d 28 after DMN treatment (Figure 3).

Change in the weight of body and liver as well as liver and body ratio
An increase in liver weight was observed on d 7 after DMN treatment, with a decreased liver weight on d 28. The maximum liver and body weight ratio increased on d 14 and decreased on d 28 (Table 1).

Changes after DMN treatment
The rat liver stained with Sirius-red and HE showed an extensive accumulation of collagens. Fibrotic septum increased from port to port and from port to central
vein in some parts of lobules. The livers of the rats in the control group showed normal lobular architecture with central veins and radiating hepatic cords (Figure 1A). After 7 d of DMN treatment, extensive necrosis occurred in portal area and hemorrhage was prominent (Figure 1B). After 14 d, hemorrhagic necrosis and formation of thin fibrotic septa joining central areas were found (Figure 1C). After 21 d, thick intralobular septa were evident (Figure 1D). After 28 d, the pattern was similar with that after 21 d. At the same time, fibrotic septum increased the area-density percentage of collagen fibrosis in hepatic fibrosis. Compared to control values, a significant increase (P<0.05) was observed in area-density percentage of collagen fibrosis on d 7, 14, 21, and 28 after administration of DMN. The maximum increase in the levels of the area-density percentage of collagen fibrosis was observed on d 28 after DMN treatment (Figure 2). Liver fibrosis was graded from 0 to 4 (Table 2).

### Table 1 Changes in the weight of body and liver as well as liver/body ratio of rats during DMN treatment (mean±SD)

| Group   | n  | Body weight (g) | Liver weight (g) | Liver/body ratio |
|---------|----|-----------------|------------------|-----------------|
| Control | 10 (0) | 192.50±9.0446 | 6.2260±0.3848 | 3.2191±0.2829 |
| Day 7   | 6 (4) | 207.85±5.3293 | 7.8114±0.3869 | 3.7492±0.1195 |
| Day 14  | 9 (1) | 167.27±1.9577 | 6.9164±0.6229 | 4.1059±0.1630 |
| Day 21  | 9 (1) | 181.31±13.5506| 6.5122±0.2000 | 3.5671±0.1437 |
| Day 28  | 10 (0) | 186.42±10.7501| 6.3675±0.5006 | 3.9503±0.1096 |

Table 1 Pathologic grading of DMN-induced hepatic fibrosis in rats (mean±SD)

| Groups   | n  | Grading of hepatic fibrosis |
|----------|----|-----------------------------|
| Control  | 10 (0) | − − − − |
| Day 7    | 6 (4) | 0 3 3 0 0 |
| Day 14   | 9 (1) | 0 2 4 3 0 |
| Day 21   | 9 (1) | 0 0 2 4 5 |
| Day 28   | 10 (0) | 0 0 2 4 4 |

**DISCUSSION**

Liver fibrosis is common in most chronic liver diseases regardless of their etiology. The incidence rate of chronic liver disease in China is high. Hepatic fibrosis is the intermediate and crucial stage of cirrhosis. If treated properly in this stage, cirrhosis could be successfully prevented, but it remains a problem to prevent cirrhosis or to control its progression in patients with chronic liver disease. HSCs play a central role in the pathogenesis of liver fibrosis. After liver injury, HSCs become activated and express a wide variety of extracellular matrixes. It was reported that hepatic fibrosis is induced in rats by low doses of DMN and morphological changes of hepatic fibrosis are associated with cells bearing ‘transitional’ features of HSCs, myofibroblasts and fibroblasts. Activated but not quiescent HSCs have a high level of α-SMA. HSCs play a key role in the pathogenesis of hepatic fibrosis. To evaluate the distribution of α-SMA positive cells in various liver diseases, Yu et al. undertook an immunohistochemical
study of liver diseases including chronic persistent hepatitis, chronic active hepatitis, liver cirrhosis, intrahepatic cholestasis, and hepatocellular carcinoma, and found that expression of α-SMA may be related to the fibrotic process. DMN-induced experimental model may contribute to the understanding of the relationship between liver injury and hepatic fibrosis and is used to detect different degrees of hepatic fibrosis. In our study, serum levels of HA, LN, and type IV collagen increased significantly in hepatic fibrosis, suggesting that detection of HA, LN, and type IV collagen level is an optimal choice. In this study, a positive correlation was noticed between the area-density percentage of collagen fibers and serum levels of LN, HA, and type IV collagen during the course of DMN administration, indicating that DMN is a potent hepatotoxin that can cause fibrosis of the liver. DMN can be administered to adult male albino rats in order to document sequential pathological and biochemical alterations.

In conclusion, HSCs play a central role in the pathogenesis of liver fibrosis and can regulate degradation of matrix in the liver.

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