Qualitative Meta Integration of the Real Experience of Bank Employee Burnout Based on Computer System

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Abstract. Bank employee burnout is a state of exhaustion in the physical, mental, emotional, emotional and behavioral aspects of bank employees caused by excessive working hours, excessive workload, excessive work intensity and ignoring their individual needs during the work process. Since bank employees belong to the piece-rate work system, not the hourly work system, they are different from the elementary and middle school bank employees who can arrange their own time outside of work. Therefore, the definition of bank employee burnout refers to the conflict between work and family. The symptoms of emotional exhaustion, depersonalization and reduced personal accomplishment caused by conflicts between audit and banking business, work pressure and banking system problems, show a state of low work input and low work efficiency. Through computer technology, it is possible to conduct a comprehensive analysis of its experience, thereby completing scientific integration and making it more reasonable.

Keywords: Computer System, Bank Staff, Experience

1. Introduction

With the advent of the information age, computers have played a vital role in all fields. In order to ensure the stable and reliable operation of computer equipment and maximize the value of the computer, it must rely on a dedicated computer room to realize the on-boarding analysis of the banking system.

2. Computer system analysis

2.1. Computer client system

In each computer, the user's identity information is verified and the communication with the server is connected. The client subsystem has a small amount of code, so the functions it implements are
ignored by high-level languages, such as system shutdown, locking and setting up, etc. In order to achieve the above functions, the client calls APIs to implement the use of windows kernel functions\cite{1}. As a client that monitors the computer, its process cannot be bypassed or terminated, but it is unrealistic to not bypass or terminate at all. It is because of the special interruption principle that it can only be used to run on a specific windows system Otherwise, hidden troubles will occur. It will affect the use of hard disks\cite{2}. The computer client system is shown in the figure below.

![Computer client system](image)

**Figure 1.** Computer client system

### 2.2. Design of WWW query system

As a user self-service system, the Web server can provide functions such as system operation information release and password modification, while the WWW query system can facilitate users to manage their own accounts and query their own information and statistics on the number of people in the computer room through the Internet, which can be regarded as dynamic Database page, so this system uses ASP programming technology\cite{3}. ASP programming technology is mainly realized through the web, so it has rich functions, covering chat rooms, guestbooks and other functions and easily realizes dynamic control of page content. According to users with different permissions, different content will be displayed, so that the users will not be offended, like tailor-made. ASP can also use FileSystemObject to delete, copy and move server files and even manage remote databases easily like using a local database.

### 2.3. Design of the computer certification process

When the user is on the computer, the user's identity needs to be authenticated and only the authentication can enter the windows system and contact the database. In order to prevent users from getting on the computer illegally, the keyboard should be locked before authentication and the authentication procedure should be guided through the windows script function. The computer startup/shutdown script has good stability. It runs when the computer starts/shutdown and only runs once. After the operation is completed, the user login dialog box appears and the user logs in to the system to bypass the system logout. The system logs out the program and script every time you log in. The program will run once automatically. Before starting the script, it must be assigned through the MMC (Management Console). When the system asks which policy object to adopt, if the assignment is for the local computer, select the "Local Computer" group, if the assignment is for the LAN, select the "Select Group Omit" "Object", select the object in the entire local area network. The computer authentication key structure is shown in the figure below.
3. Overview of the real experience of bank staff burnout

3.1. The impact of gender on bank staff burnout

Gender has a significant impact on bank staff's job burnout. Male bank employees can generally spend their main energy on banking, auditing and social services and can coordinate the relationship between family and work relatively well\(^4\). Relatively speaking, female bank employees play a more important role in the family and spend more time and energy in the family. When women are rising in their careers, they are disturbed by family affairs, childbirth and child banking. The dilemma between career and family often leaves female bank employees at a loss.

3.2. The impact of age on bank staff burnout

The burnout status of bank employees of different ages is different. As banks are demanding higher and higher talents and the entry barriers for banks are getting higher and higher, at this time they are in a stage of energetic and energetic work and their enthusiasm for work is high. At the same time, newly hired young bank employees are also in the stage of settled down. Bank employees of this age group need to buy a house and get married and financial pressure is prominent. On the other hand, some new bank employees need to undertake a large amount of banking business. This system has its own drawbacks\(^5\). At the same time, taking several new courses is a great challenge for new bank employees who have no teaching experience. They are just preparing lessons. The time is short and the banking business seriously squeezed the audit time, making it impossible for new bank employees to balance the banking business and the audit, resulting in job burnout. However, banks often set basic requirements for class hours. Failure to complete them will face severe penalties and affect future professional title evaluation. The basic class hours requirements are generally “one size fits all” for the whole school. For young bank employees who are new to the bank, they cannot bring graduate students, graduates, or interns. There are big problems in meeting the number of class hours and the quality of banking services is even more empty talk.

4. Bank staff burnout real experience Meta integration strategy

4.1. System experience

The bank management is institutionalized and democratized and the bank gives full play to the role of
the bank's education congress and implements it in the management procedures. Every academic year, the bank will hold one or two teacher representatives meetings to listen to the principal's work summary and work ideas, deliberate on major issues related to the whole school, etc. and fully discuss the principal's work report and matters that need to be reviewed. Opinions and opinions are quickly fed back to the bank. The bank carefully revised the original report and the first draft of the proposal, then submitted it to the conference for discussion and finally voted by secret ballot. Once passed, it became the bank's action policy and a system that teachers and staff must follow. Ultimately, the management system has become increasingly democratic and scientific and the bank has realized the transformation from "rule of man" to "rule of law." Secondly, it is to implement "one-stop management", that is, "the president-the deputy president in charge-the director of the office-the specific staff", the responsibility goes to the individual and the responsibility to the end. Banking work, moral education work, logistics work, teaching and auditing work, etc., have the bank's supervisors and functional offices. The bank always implements every specific work to the individual, turning the complicated work into an orderly procedure. Makes the bank's various work proceed smoothly[6].

4.2. Job experience

To overcome the job burnout of bank employees, there is an urgent need for a large number of bank employees who are full of energy, passion and innovation. At present, the bank staff team is too stable. They have been in a unit for a long time. Not only are they aging, structure aging and knowledge aging, some teachers have also developed thinking inertia and work inertia. Facing a position for a long time, they no longer have the motivation to innovate. Carrying out rotations for further education and competition for posts, changing the status quo of banks that are surplus, less vigorous, more stable and less aggressive. For example: now, some bank staff are over-staffed. They can set up positions and compete for posts according to actual job requirements. The phenomenon of "two monks carrying water and drinking" is eliminated. The rest of the bank staff concentrate on rotating or "learning in class", strictly Check attendance in accordance with the requirements of commuting hours and after the completion of the training, perform assessments and compete for posts.

5. Conclusion

The mechanism of bank staff rotation for further education and competition for posts can break the old balance, form a "shock wave" and a "catfish effect", fully activate the bank staff team, generate new competition and create a new atmosphere in the entire bank. For example, as we often say, "people move to live, trees move to die", "flowing water does not rot and household hinges do not worms." I believe that if the bank staff are rotated for further training and competed for posts, it will definitely promote the overall development of the bank and make it alive.

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