Avian hepatitis E virus infection of duck, goose, and rabbit in northwest China

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To the Editor: Hepatitis E virus (HEV) belongs to the Hepeviridae family, which consists of two genera, Orthohepevirus and Pischehepevirus1. Within the Orthohepevirus genus, four viral species, designated A–D, infect a wide range of mammalian species, including human, swine, wild boar, chicken, rat, ferret, rabbit, mongoose, camel, cow, and bat1. Within the species Orthohepevirus A, various HEV sequences are grouped into eight genotypes2. Genotypes 1 and 2 exclusively infect humans, whereas genotypes 3 and 4 infect humans and numerous other animal species3. Genotypes 5 and 6 have only been isolated from wild boar, whereas genotypes 7 and 8 have been isolated from camels3. Recently, it was recognized that strains of HEV genotypes 3 and 4 can cross-species barriers and are thus zoonotic genotypes4. In addition, it has been documented that HEV genotype 7 isolated from camels may also infect humans5. However, Orthohepevirus A genotypes 5, 6, and 8, as well as various HEV strains of Orthohepevirus C and D, have not yet been reported to cause zoonotic infections.

Avian HEV, a member of Orthohepevirus B, has been isolated from chickens with big liver and spleen disease, also known as hepatitis-splenomegaly syndrome6, 7. The avian HEV genome shares ~48% identity with mammalian HEVs8. In several previous studies, under experimental conditions, avian HEV could infect turkeys, but not rhesus monkeys or pigs9.

To investigate the prevalence of avian HEV infection in the northwest region of China, we collected sera, fecal swabs, and bile samples from a mixed group of animals consisting of 57 chickens, 30 ducks, 24 geese, and 16 rabbits cohabitating within a shared space in March 2017. Detection of antiviral serum IgG antibodies is often used as evidence of prior infection. We detected serum anti-avian HEV antibodies in four animal species by indirect ELISA using truncated avian HEV ORF2 protein as the coating antigen10 and a blocking ELISA protocol described by Liu et al.11 Based on the cutoff value of this method, the results showed that 20/57 chickens, 9/30 ducks, 6/24 geese, and 8/16 rabbits were positive for anti-avian HEV antibodies (Supplementary Figure S1). Because the results demonstrated the presence of specific anti-avian HEV antibodies in all species tested, avian HEV appears to infect chickens, ducks, geese, and rabbits within a mixed animal group.

As further confirmation of avian HEV infection of these four species, fecal swabs and bile samples were collected from the animals to test for avian HEV ORF1 and ORF2 RNA. First, total RNA was extracted from 100 μl of bile or from 10% suspensions of fecal swab samples using TRIzol Reagent (Invitrogen, Burlington, Ontario, Canada) followed by RT-nPCR. The two specific primer pairs used for RT-nPCR detection of avian HEV ORF1 and ORF2 RNA are described by Dong et al.12 and Sun et al.13, respectively. Fecal swab analysis detected 11/57 chickens, 8/30 ducks, 2/24 geese, and 2/16 rabbits positive for ORF1 (Supplementary Table S1). Additionally, we found 32/57 chickens, 12/30 ducks, 3/24 geese, and 6/16 rabbits positive for ORF2. From the bile samples, we identified 32/57 chickens, 12/30 ducks, 1/4 geese, and 1/4 rabbits positive for ORF2. From the bile samples, we identified 1/4 chickens, 1/4 ducks, 1/4 geese, and 1/4 rabbits positive for ORF2. From the bile samples, we identified 1/4 chickens, 1/4 ducks, 1/4 geese, and 1/4 rabbits positive for ORF2.

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is a higher mutation rate in ORF1 compared to ORF2 among the various avian HEV isolates. PCR products of all positive samples were sequenced using an ABI 3730 Genetic Analyzer (JinSiTe Biotech Co., Nanjing, China) and analyzed using BLAST. The sequences (GenBank numbers MG922665, MG922666, MG922667 and MG922668 for ORF1 genes, and MG922669, MG922670, MG922671 and MG922672 for ORF2 genes) shared 97–100% identity with the various genomes of avian HEV strains in the GenBank database, and the phylogenetic analysis indicated that the viruses from the chickens, ducks, geese, and rabbits, designated CHN-SN-C2, CHN-SN-D2, CHN-SN-G2 and CHN-SN-R2, respectively, belonged to avian HEV strains (Fig. 1a). In addition, rabbit fecal swabs and bile samples all tested negative for HEV ORF2 RNA by RT-nPCR using the primer pairs described by Geng et al. Therefore, the RNA detection results indicate that avian HEV infected all species of animals in this mixed group, demonstrating cross-species transmission.

To determine whether avian HEV infects rabbits, 10 6-week-old specific-pathogen-free New Zealand White rabbits were divided randomly into two groups (n = 5). Group 1 was inoculated intravenously with CaHEV (GenBank number GU954430) infectious stock (3 × 10⁴ GE per rabbit), and rabbits in group 2 were inoculated with PBS. Blood and fecal samples from each rabbit were collected prior to inoculation and weekly thereafter for 10 weeks post inoculation (wpi). Plasma samples from each rabbit were tested for alanine aminotransferase (ALT) levels, anti-avian HEV IgG antibodies, and avian HEV RNA using the methods described above. Fecal samples were also tested for avian HEV RNA. All rabbits were necropsied at 10 wpi, and liver samples were collected for pathologic evaluation. The results showed that all group 1 rabbits were positive for viremia or fecal virus shedding at 2 wpi and seroconverted between 4 and 8 wpi, with 3/5 rabbits demonstrating elevated ALT levels (94–102 U/L) at 3 wpi (Fig. 1b). None of the group 2 rabbits had viremia or fecal virus shedding, elevated ALT levels, or seroconversion throughout the study (Fig. 1b). Necropsies of 4/5 rabbits in group 1 demonstrated lymphocytic venous periphlebitis in the liver sections. In contrast, no visible pathological signs were
observed in the livers from group 2 rabbits (Fig. 1c). Furthermore, we sequenced the avian HEV genomes recovered from the CaHEV-infected rabbits. The sequence data showed that the CaHEV recovered from the rabbits (designated CaHEV rabbit) and the CaHEV inoculum had the same genome structure and length and shared 98.9% nucleotide identity. CaHEV rabbit had 18 single mutation sites in the entire genome, which resulted in 12 non-synonymous amino acid changes (Supplementary Table S2). Notably, ORF1 harbored 15 of 18 mutations, of which 10 mutation sites were mapped to the methyltransferase and RNA-dependent RNA polymerase domains within the ORF1 region (Supplementary Table S2).

In conclusion, avian HEV infection was demonstrated in a mixed animal group comprising chickens, ducks, geese, and rabbits in the northwest region of China by the detection of specific anti-avian HEV antibodies and avian HEV ORF1 and ORF2 RNA.

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Conflict of interest
The authors declare that they have no conflict of interest.

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