**ORIGINAL ARTICLE**

**F9 missense mutations impairing factor IX activation are associated with pleiotropic plasma phenotypes**

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**Abstract**

**Background:** Circulating dysfunctional factor IX (FIX) might modulate distribution of infused FIX in hemophilia B (HB) patients. Recurrent substitutions at FIX activation sites (R191-R226, >300 patients) are associated with variable FIX activity and antigen (FIXag) levels.

**Objectives:** To investigate the (1) expression of a complete panel of missense mutations at FIX activation sites and (2) contribution of F9 genotypes on the FIX pharmacokinetics (PK).

**Methods:** We checked FIX activity and antigen and activity assays in plasma and after recombinant expression of FIX variants and performed an analysis of infused FIX PK...
1 | INTRODUCTION

The activation of coagulation factor IX (FIX) has a key role in the coagulation cascade, either via activated factor VII (FVIIa) in complex with tissue factor (TF) or via activated factor XI (FXIa).\(^1\) Full activation is achieved after cleavage at two highly conserved activation sites,\(^2,3\) which results in the release of the activation peptide.\(^4-7\)

More than 300 hemophilia B (HB) patients with recurrent \(F9\) mutations affecting the R191 or R226 residues, encoded by \(CpG\)-containing codons,\(^9\) have been reported (EAHAD FIX Variant Database, \(https://f9-db.eahad.org/\)).\(^9\) Seminal studies have indicated that single cleavage at R191 does not produce catalytic activity but converts FIX zymogen into a factor VIII (FVIII)- binding enzyme,\(^10,11\) whereas single cleavage at R226 develops catalytic activity but results in suboptimal binding to the FVIII light chain.\(^11,12\) Accordingly, missense mutations at these positions are associated in HB patients with moderate/mild (R191)\(^13-21\) or severe (R226, HB\(_m\) mutation subclass)\(^14,22-28\) FIX deficiency. Failure in the production of activated FIX (FIXa)\(^14,24,27\) has been modelled in HB mice (R226W).\(^30\)

Based on this information, we focused on \(F9\) mutations affecting the FIX activation sites by systematic recombinant expression of natural and designed variants to interpret HB phenotypes, both residual activity and antigen levels, associated to virtually all amino acid substitutions.

Previous results suggested that activation peptide sequences act as plasma retention signals, as observed for human FVII added with the FIX activation peptide, which prolonged 4.3-fold its half-life when tested after infusion in mice.\(^31,32\)

Concerning the distribution of FIX infused in HB patients, it has been hypothesized that the presence of cross-reactive material (CRM\(^+\)), namely the circulating FIX antigen (FIXag) with reduced or null activity, might partially improve the in vivo recovery of FIX infused in HB patients.\(^33\) Differently, in HB mice, the presence of dysfunctional endogenous FIX caused by the human R379Q variant\(^34\) may decrease replacement efficacy.\(^35\) Based on these observations, it has been proposed that prophylaxis regimens in HB patients should consider CRM status.\(^36\) Because observations in patients and animal models may be explained by the dynamic equilibrium between plasma FIX and the extravascular protein bound to the subendothelial basement parameters in patients (\(n = 30\)), mostly enrolled in the \(F9\) Genotype and PK HB Italian Study (GePKHIS; EudraCT ID2017-003902–42).

**Results:** The variable FIXag amounts and good relation between biosynthesis and activity of multiple R191 variants results in graded moderate-to-mild severity of the R191C\(\rightarrow\)L\(\rightarrow\)P\(\rightarrow\)H substitutions. Recombinant expression may predict the absence in the HB mutation database of the benign R191Q/W/K and R226K substitutions. Equivalent changes at R191/R226 produced higher FIXag levels for R226Q/W/P substitutions, as also observed in p.R226W female carrier plasma.

Pharmacokinetics analysis in patients suggested that infused FIX Alpha distribution and Beta elimination phases positively correlated with endogenous FIXag levels. Mean residence time was particularly prolonged (79.4 h, 95% confidence interval 44.3–114.5) in patients (\(n = 7\)) with the R191/R226 substitutions, which in regression analysis were independent predictors (\(\beta\) coefficient 0.699, \(P = .004\)) of Beta half-life, potentially prolonged by the increasing over time ratio between endogenous and infused FIX.

**Conclusions:** FIX activity and antigen levels and specific features of the dysfunctional R191/R226 variants may exert pleiotropic effects both on HB patients’ phenotypes and substitutive treatment.

**KEYWORDS**

factor IX activation, hemophilia B, pharmacogenetics, pharmacokinetics, recombinant proteins

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**Essentials**

- The factor IX (FIX) cross-reactive material (CRM) might modulate infused FIX distribution.
- The contribution of \(F9\) genotypes on infused FIX pharmacokinetics was investigated.
- FIX activation site (R191/R226) variants (hemophilia B patients \(n > 300\)) express medium/high cross-reactive material levels.
- FIX activation site substitutions may prolong infused FIX Alpha and Beta half-lives and mean residence time.
membrane, a two-compartment (2CP) pharmacokinetic (PK) model best describes the distribution of FIX infused in HB. We report the PK analysis of FIX infused in severe/moderate HB patients, enrolled in the frame of the F9 Genotype and PK Haemophilia B Italian Study (GePKHIS), to investigate the relation between distribution of infused FIX and circulating endogenous FIX variants, among which there are several substitutions at the FIX activation sites.

2 | MATERIALS AND METHODS

2.1 | Patients and approval

Plasma samples from HB patients (n = 30), mostly enrolled in the GePKHIS study, and in addition three related female carriers of the p.R226W variant, were collected and processed at hemophilia centers belonging to the Italian Association of Haemophilia Centres (AICE). The study was approved by the coordinator center (Ferrara, code ACTB02BD04), as well as by each local ethics committee, and was registered in the EudraCT database (ID 2017–003902–42). The study was carried out in accordance with the Declaration of Helsinki, and written informed consent was obtained.

2.2 | Study design

The protocol was approved for severe/moderate HB patients (Table S1 in supporting information) undergoing on-demand or prophylactic treatment with nonacog alfa (Pfizer).

Inclusion criteria to participate in the study were: severe or moderately severe HB (FIX activity ≤3 IU/dL); no bleeds in the last week before assessment of PK; on-demand or on-prophylaxis treatment with nonacog alfa for >150 exposure days.

Exclusion criteria were: any kind of bleeding in the last week before the PK, severe hepatic disease, ongoing human immunodeficiency virus treatment (highly active antiretroviral treatment), history of anti-FIX inhibitors, previous treatments with extended half-life FIX concentrates. The PK study was not conducted in the HB patient with the p.R191H variant, associated with a mild HB phenotype (FIX coagulant activity >5%; see Table S1). For this patient, only the basal activity and antigen levels were determined.

2.3 | Nomenclature

All amino acids are numbered according to the Human Genome Variation Society (HGVS) nomenclature. missense (n = 16, patients n = 21), nonsense (n = 4), splicing (n = 2), and deletion (n = 2) variants.

2.5 | Expression of recombinant variants

Recombinant FIX (rFIX) variants were created by site-directed mutagenesis of F9 cDNA (reference sequences: NM_000133.4, NP_000124.1) cloned in the pCDNA3 vector. Oligonucleotides are listed in Table S2 in supporting information. All plasmids have been validated by sequencing. Nonsense variants have been produced in previous studies.

Expression studies were carried out through transient transfection of human embryonic kidney 293 (HEK293) cells in the presence of 5 µg/mL vitamin K (konakion, 10 mg/mL), essentially as described. Briefly, cells were seeded in 12-well culture plates and transfected in serum-free medium (Opti-MEM, Gibco, Life Technologies) with the Lipofectamine 2000 reagent (Life Technologies) with a ratio DNA (µg):Lipofectamin (µL) of 1:1 (2 µg DNA: 2 µL Lipofectamine) and media were collected 48 h post-transfection.

2.6 | Evaluation of protein and activity of rFIX variants

FIX activity and antigen levels were evaluated by polyclonal anti-human FIX ELISA (FIX-EIA, Affinity Biologicals) to minimize the effects of mutations on detection of FIX epitopes. Known concentrations of purified rFIX were used as reference.

Protein forms derived from FXIa-dependent activation of rFIX variants were evaluated through western blotting analysis with polyclonal goat anti-human FIX (APGAFX; Affinity Biologicals) and anti-goat horseradish peroxidase-conjugated (A50-101P; Bethyl Laboratories) antibodies. Blotting images were acquired on the ChemiDoc instrument and analyzed by the Image Laboratory Software version 4.0 (Bio-Rad).

Activity of rFIX variants in media was evaluated through a commercially available chromogenic assay exploiting an optimized FXIa concentration as per manufacturer instructions (Biophen; Aniara Diagnostica). Reaction aliquots were collected for western blotting analysis. Serial dilutions of wild-type rFIX (rFIX-WT, mean concentration 485 ± 51.5 ng/mL), expressed in the same experimental conditions in parallel to rFIX variants, were used as reference. The activity/antigen ratio was calculated.

2.7 | Evaluation of FIX protein and activity in plasma

Serial dilutions of pooled normal plasma (PNP; Hyphen BioMed) were used as reference for analysis through polyclonal anti-human FIX ELISA (Affinity Biologicals) of FIXag levels in plasma from
HB patients. Activity of infused/baseline FIX was measured by one-stage clotting method.\textsuperscript{46}

2.8 | PK analysis

Each patient received a single dose (40 ± 5 IU/kg) of non-cog alfa. Plasma samples were collected before infusion and at 1–3–9–24–48–72 h post-infusion.

PK parameters were obtained through the 2CP model analysis (WinNonlin 7.0),\textsuperscript{46–48} with the best fitting evaluated through the sum of squared residuals (SSR)\textsuperscript{49} and the coefficient of correlation between observed and predicted FIX concentration/time. The FIX/time concentrations were corrected according to the Björkman formula\textsuperscript{50} or by basal level subtraction, as appropriate.

Specific primary (K 1–2, K 2–1, and V1) and secondary (Alpha HL, Beta HL, Clearance, CLD2, Cmax, mean residence time [MRT], V2, Vss and area under the curve [AUC]) PK parameters, including \textit{in vivo} recovery (U/dL per IU FIX concentrate/kg body weight infused) were evaluated.\textsuperscript{46,51,52}

2.9 | Statistical analysis

Statistical analyses were performed using IBM\textregistered; SPSS\textregistered; Statistics (version 23.0; IBM Corp.). Variables were reported as means with 95% confidence interval (CI). For skewed variables, the analysis was conducted with logarithmically transformed values. Two-tailed Pearson correlations were performed to determine the association between PK parameters and FIXag (%). F9 mutation type-related differences in PK parameters were analyzed by t-test. In linear regression analysis, the contribution to PK parameters of FIXag levels and F9 mutation types was evaluated.

3 | RESULTS

3.1 | R191/R226 substitutions, plasma, and recombinant phenotypes

To compare expression levels of protein variants with amino acid substitutions at FIX activation sites (R191 and R226), we evaluated FIXag and activity levels obtained from (1) analysis of HB patients’ plasma, collected in the frame of the GePKHIS study; (2) inspection of the international database (https://f9-db.eahad.org/); and (3) systematic expression of rFIX variants harboring natural or designed changes.

In HB patients (Figure 1A), the R191H/C substitutions result in reduced plasma FIX activity (Figure 2A, left panel) and normal (R191H) or moderately reduced (R191C) FIXag (Figure 2A, right panel) levels. The potential effects of the unpaired cysteine in the 191C FIX were explored by western blotting analysis of plasma and conditioned medium performed in reducing/non-reducing conditions. Data did not support the presence of high molecular weight molecules produced by disulfide bond of the 191C variant, either circulating in plasma or after secretion in medium (Figure S1 in supporting information). The devoid-of-function R226Q/W variants showed normal or increased antigen levels (Figure 1A, right panel). The increased plasma levels associated with the R226 substitutions is supported by data in HB patients and recombinant expression. Among the 60 patients affected by the R226Q and reported in the database, eight have been characterized for the FIXag, with mean levels >100%. Patients (n = 43) affected by the R226W change display (10 patients evaluated) variable FIXag levels (range 130–50%, mean 84%). Among the GePKHIS patients bearing these substitutions, FIXag was >100%.
In expression studies, equivalent substitutions (R191/R226 to Q/W/P/L; Figure 2B) caused significantly different effects at position R191 and R226, and were compatible with normal or increased secretion in media of the 226 variants compared to near normal or reduced levels of the 191 variants. As an additional control for catalytically inert serine proteases we also expressed the S411P variant.
(chymotrypsin numbering S195), which also gave rise to high FIXag values.

Mutations affecting residues adjacent to R191 (A192P and to R226 (V227F, V228L/F/A/G, Figure S2 in supporting information) are responsible for noticeable FIXag levels (70–130%), and for residual activity (2–20%) of most variants. Inspection of the exome sequencing database gnomAD (https://gnomad.broadinstitute.org/) revealed the presence of 12 subjects carrying the conservative V227I change (rs137852242), suggesting a rare polymorphism (Figure S2).

In expression studies we also designed and expressed rFIX control variants bearing a "classic" alanine change (R226A), or amino acid changes conferring negative (R226D/E) or positive (R226K) charge. Comparison between the natural (Q/W/P/L) and the designed (A/D/E, Figure S3 in supporting information) R226 variants in FXIa-dependent activation experiments (Figure 2C, left panel), failed to detect the FIX form corresponding to the heavy chain upon loss of the activation peptide. Differently, the designed R226K variant, as expected for the conservative R-to-K amino acid change, displayed an activation pattern similar to that of rFIX-WT (Figure 2C, left panel), and reached an activity and activity/antigen ratio above 50% and 0.5, respectively (Figure 2C, right panel).

To provide insights on the activity features of the R191C/L/ P/H variants, the relation between FIXag and activity was investigated by comparing findings in plasma and recombinant systems (Figure 2D), which showed a very good relation only for plasma values ($r^2 = 0.987$). The normal FIXag levels for the r191L correspond to FIXag reduced to half in plasma, which suggests a FIX molecule with increased clearance in vivo. The relation between activity and activity/antigen ratio, which magnifies the functional properties of the multiple natural and designed R191 variants, was very good either excluding ($r^2 = 0.69$; Figure 2E) or including ($r^2 = 0.98$; Figure 2E, inset) the R191K variant, characterized by the highest activity and antigen values. The slope clearly indicated that the clinically relevant FIX deficiencies produced by the R191C/L substitutions (Figure 1A) are based on different functional properties. Conversely, the mild phenotype associated with the R191H deficiency is based on high secretion levels but modest catalytic properties.

Overall, comparison of in vivo and recombinant results of substitutions at activation sites provided a gradient of residual activity (R191) and antigen (both R191 and R226) values. The recombinant expression permits us to extrapolate information that is not available in patients but helps interpret findings in patients.

### 3.2 Plasma FIX activity and antigen levels in female carriers of the p.R226W variant

We investigated plasma FIX activity and antigen levels in related female carriers ($n = 3$) of the p.R226W variant (Figure 3), to explore its potential influence on the proportion of the WT FIX and the inactive FIX variant circulating in plasma. The mean FIXag levels were higher (153.4 ± 18.6%) than the mean FIX activity (78.0 ± 30.3%), which resulted in an activity/antigen ratio decreased to half (0.50 ± 0.15, Figure 3), suggesting similarly increased amounts of both FIX molecules.

### 3.3 Correlation between FIX antigen levels and FIX PK parameters in HB patients

In the frame of the GePKHIS study, the decay of infused FIX was determined in 29 HB patients, characterized for F9 genotypes. FIX variants corresponding to F9 mutations in HB patients (Figure 1B and Table S1) were recombinantly expressed, which confirmed their causative role and supported the PK analysis. The characteristic biphasic decay curves and the SSR values are reported in Figure S4 in supporting information, and the distribution of 2CP PK parameter values in Table 1.

The FIXag levels were directly correlated (Table 1) with Alpha HL and Beta HL, and inversely with CLD2, Cmax, and with K 1–2 and K 2–1, the latter two primary parameters modelling the flow between plasma and extravascular compartments (Figure S4). The correlation between FIXag levels and in vivo recovery, expressed as the ratio between maximum FIX activity and the FIX dose, was not significant ($r = -0.289, P = .128$). On the other hand, the in vivo recovery has been reported to be quite variable even in the same patient on different occasions.52

### 3.4 FIX antigen levels and PK parameters in HB patients grouped by mutation type

The significant correlation between FIXag and Alpha HL ($P = .004$; Table 1) prompted us to analyze the Alpha HL distribution in relation to missense variants. Individual FIXag and Alpha HL values and the overall relation ($r^2 = 0.386$; Pearson $r = 0.622$) are reported in Figure 4A.
FIX activity and antigen levels (Table 2, first line) in patients \((n = 21)\) with missense mutations were higher than in patients \((n = 8)\) with null (nonsense, splicing, and deletion) mutations \((P = .049)\).

Patients with mutations at the activation sites \((n = 7)\) showed FIXag levels higher than those with null mutations \((P = .002)\) and than those patients \((n = 12)\) with other missense mutations ("no activation sites," \(n = 14\); \(P = .001)\).

The distribution of PK parameters according to the 2CP model was compared in patients with different mutation types (Table 2). Whereas differences between missense and null mutations were not detectable, missense changes at the activation site were associated with significantly lower \(K_{1-2}\), \(K_{2-1}\), and \(CLD_2\) values, and longer Alpha HL, Beta HL, and MRT than those observed in patients with null mutations, as well as in patients with other mutations \((n = 22,\) Table 2, last column).

PK parameter values for Alpha HL, Beta HL, and MRT in HB patients classified by mutation types are reported in Figure 4B. The distribution of PK values indicated high variability, either within patients with identical \(F_9\) mutations (p.R191C, p.R226Q, p.G236D; Figure 4B) or within a single group of mutations. This observation is exemplified by the Alpha HL values of the p.R379X among null mutations, and by the p.N138H and p.A37D among missense changes not located at activation sites (Figure 4B).

### 3.5 Predictors of Alpha HL, Beta HL, and MRT: FIX antigen levels and \(F_9\) genotypes

The regression analysis of predictors of Alpha HL, Beta HL, and MRT was conducted including the FIXag levels and the \(F_9\) mutation types, grouped either in missense and null, or activation site variants and other mutations (Table 3). In the model including missense versus null mutations, FIXag values were independent predictors of Alpha HL \((\beta\ coefficient 0.492, P = .011)\), and as a trend of Beta HL \((\beta\ coefficient 0.374, P = .064)\). In the model including activation site variants versus other mutations, \(F_9\) genotypes were independent predictors of Alpha HL and MRT, and particularly of Beta HL \((\beta\ coefficient 0.699, P = .004)\).

### 4 DISCUSSION

Our data provide experimental evidence, based on in vivo and recombinant studies, to interpret the HB mutational patterns and phenotypes associated with the recurrent substitutions at the FIX activation sites.

Substitutions at R191 and R226 differentially affected residual antigen levels, with normal or increased protein levels associated
with the R226 variants. High antigen values may be also associated with other catalytically inert variants as well as with missense mutations affecting the V227 and V228 positions (Figure S2). Whereas the natural R226 substitutions do not permit the formation of a catalytically competent FIXa and cause severe HB, the benign R226K substitution, designed to mimic the positively charged WT arginine residue, permitted both efficient secretion and activation/activity, and accordingly it is not included among HB mutations. Differently, most substitutions (L/A/G) affecting the R226 position cause moderate/mild HB (Figure S2).

Multiple R191 variants are characterized by normal or modestly reduced antigen levels, and by a positive relation between activity/antigen ratio. These observations suggest that the detrimental effects of substitutions at R191 on folding/secretion/scavenging processes, which all contribute to decrease antigen levels, also decrease activation and/or catalytic activity of the FIX R191 variants in a roughly proportional manner. In turn, these features shape the plasma and bleeding phenotypes of patients, and produce the graded moderate to mild HB severity of the R191C>L>P>H substitutions. The R191H change results in the mildest and most frequent form (>100 HB patients), based on its normal FIXag levels and modest activity/antigen ratio. On the other hand, the benign R191Q/W/K changes, which predict FIX activity above the levels defining mild HB, are not reported in the HB nor in exome sequencing databases.

Overall, the recombinant experiments (1) assist the interpretation of the wide and graded differences in plasma FIX activity and antigen levels observed in the numerous patients affected by mutations at the R191 position, and of the degree of the associated disease severity, and (2) may predict the absence in the HB mutation database of several benign substitutions at the R191/ R226 positions. A limitation of the recombinant approach is that antigen levels in vitro might not parallel those in vivo, caused by variable transfection efficiency or limited cellular capacity for post-translational modifications. However, each protein variant was expressed in six independent replicates in a cellular system widely used for its efficiency. Noticeably, the recombinant approach permits us to detect FIX variants that are secreted, and thus could bind vascular and extravascular receptors, but might have increased clearance and thus show lower FIX antigen levels in plasma (i.e., R191L). Further, the recombinant expression of FIX variants corresponding to HB causative mutations permitted us to refine the 2CP model PK analysis.

FIGURE 4 Factor IX (FIX) pharmacokinetic (PK) parameters, FIX antigen, and F9 genotypes. A, Alpha HL parameter, F9 genotypes and FIX antigen levels. Relation between mean antigen levels of expressed FIX missense variants of the hemophilia B (HB) cohort and Alpha HL parameter. Alpha HL of the R191C (n = 3 patients), R226Q (n = 3), and G236D (n = 2) variants is reported as mean of PK values from each patient. B, Alpha HL, Beta HL, and mean residence time (MRT) and F9 genotypes. Comparative plot of selected PK parameters (Alpha HL, upper panel; Beta HL, middle panel; MRT, lower panel) among FIX variants categorized by three mutation groups: null (nonsense, splicing, deletion), missense variants affecting (act. sites) or not (no act. sites) the FIX R191 or R226 activation sites. Circles, activation site variants (blue, R191C; red, R226Q/W); gray squares, nonsense variants; gray triangles, no activation site variants.
**TABLE 2**  Factor IX antigen and 2CP PK parameters in HB patients grouped for F9 mutation types

| Mutation types | Missense (all) | Null | Missense (activation sites) | Missense (no activation sites) |
|----------------|---------------|------|----------------------------|-------------------------------|
| Patient number | Mean (95% CI) | p    | Mean (95% CI)               | p                            |
| FIX antigen (%)| 60.05 (23.48–96.62) | .049 | 0.79 (–0.94–2.52)       | .002                        |
| K 1–2 (1/hrs)  | 0.17 (0.05–0.29) | .825 | 0.09 (0.01–0.16)     | .004                        |
| K 2–1 (1/hrs)  | 0.30 (0.11–0.48) | .664 | 0.17 (0.09–0.26)     | .001                        |
| V1 (dL/kg)     | 0.91 (0.78–1.04) | .981 | 0.99 (0.46–1.52)       | .320                        |
| Alpha HL *a* (hrs) | 5.70 (3.70–7.70) | .196 | 3.56 (2.07–5.06)       | .001                        |
| AUC (U.h/dL)   | 1857 (1526–2189) | .633 | 1696 (1089–2303)       | .966                        |
| Beta HL (hrs)  | 47.04 (33.18–60.90) | .299 | 33.28 (23.73–42.82)    | .009                        |
| CL (dL/hr/kg)  | 0.030 (0.024–0.035) | .438 | 0.036 (0.019–0.053)    | .701                        |
| CLD2 (dL/hr/kg) | 0.12 (0.04–0.20) | .836 | 0.07 (0.04–0.10)       | .008                        |
| Cmax (IU/dL)   | 58.35 (45.84–70.85) | .866 | 59.66 (39.29–80.05)    | .092                        |
| MRT (hrs)      | 57.06 (43.17–70.95) | .297 | 44.16 (30.84–57.49)    | .031                        |
| V2 (dL/kg)     | 0.64 (0.37–0.92) | .674 | 0.45 (0.31–0.59)       | .050                        |
| Vss (dL/kg)    | 1.55 (1.17–1.93) | .756 | 1.44 (0.81–2.07)       | .087                        |

Note: PK parameters in F9 mutation type groups were compared by t-test; the table includes four columns reporting p values, three of them flanked by the parameter values subjected to statistical evaluation. For p#, the comparison is made between missense mutations in the activation sites (n = 7) and other mutations (the sum of null, missense no activation site, n = 22, parameter values not reported in the table); numbers in bold, significant values (P < 0.05).

Abbreviations: Alpha HL, alpha distribution half-life; AUC, area under the curve; Beta HL, beta elimination half-life; CI, confidence interval; CL, clearance; CLD2, inter-compartment clearance; Cmax, at zero time extrapolated factor VIII concentration; FIX, factor IX; HB, hemophilia B; MRT, mean residence time; PK, pharmacokinetic; rFIX, recombinant factor IX; V2, volume of peripheral compartment; Vss, volume of distribution at steady state.

*a*Normally distributed variable. PK parameters definition as in Table 1.
Previous observations in HB patients led us to hypothesize that the FIX CRM* status may favorably influence the PK of infused FIX or that dysfunctional endogenous FIX would impair prophylaxis in HB mouse models. With potentially discrepant information as background, we investigated in HB patients the hypothesis that dysfunctional endogenous FIX, which circulates in variable amounts, might positively or negatively modulate the distribution of infused FIX. Prompted by the presence in our HB cohort of several patients affected by mutations at the activation sites causing retention of the activation peptide, previously reported to act as a plasma retention signal, we also explored whether the variably abundant antigen levels in these patients could further modulate the persistence of infused FIX in plasma. It is worth noting that our study is the first report on the relation between FIX PK parameters and specific F9 mutations and well-defined mutation groups.

The consistent correlation of primary and secondary PK parameters with dysfunctional endogenous FIX levels in HB patients supported the study of patients grouped by mutation types, which in turn dictates the concentration and features of dysfunctional molecules. Although FIXag levels were higher in patients with missense mutations than in those with null ones, their mean PK parameter values did not significantly differ, which may be explained by very low or null antigen levels associated to several missense changes (Figure 4A). The wide variability in antigen levels for the non-activation site missense changes could contribute to obscure mutation group differences in PK parameters. The grouping of missense and null mutations in linear regression analysis indicated FIXag levels, but not F9 genotypes, as significant predictors of PK parameters, particularly of Alpha HL, whereas the activation site variants were associated with longer Alpha HL, Beta HL, and MRT than null mutations. The MRT, a parameter that may influence patients’ treatment, was 80% longer (79.39 h, 95% CI 44.3–114.5) than in patients with null mutations (44.2 h, 95% CI, 30.8–57.5, P = .031) or with other missense changes (45.9 h, 95% CI 34.9–56.9, P = .015).

The regression analysis suggested activation site variants as independent predictors of several PK parameters, and particularly of Beta HL (β coefficient 0.699, P = .004), which may be prolonged by the increasing proportion over time of the abundant endogenous FIX variants compared to infused FIX. The very high endogenous/infused FIX ratio reached in the Beta elimination phase could magnify the effects of activation site variants, and the increasing competition for receptors may decrease both the forward and backward flow between central plasma and extravascular compartments of infused FIX (Figure S5 in supporting information), thus prolonging its Alpha and Beta half-lives. The contribution to FIX PK of missense mutations, potentially produced also by other mutation types, may consist of quantitative components such as the residual Fixag levels, and in addition, for the R226 and R191 substitutions, of qualitative components such as the retention of the activation peptide cleaved at only one site. It has been demonstrated that removal of the activation peptide from zymogen FIX results in exposure of a binding site for low-density lipoprotein receptor-related protein, which favors FIXa catabolism. Whereas mutations at position R191 may modulate PK outcomes in the presence of intermediate FIXag levels, those at position R226 may influence PK parameters in the presence of high levels of the secreted FIX variants. It is tentative to speculate that in female carriers both levels of the FIX R226W variant and FIX WT would be increased, as suggested by the increased FIXag levels and the half-reduced activity/antigen ratio.

Although based on a limited number of patients and a small number of related female carriers, data suggest that mutations at the activation sites have pleiotropic effects in plasma by
dictating in patients (1) the residual FIX activity (only variants at R191); (2) the variably abundant FIXag; and by potentially modulating (3) the PK features of the infused FIX and; in female carriers, (4) the variant and wild-type FIX levels. These F9 genetic components, together with others producing large differences among patients affected by identical F9 mutations, are expected to contribute to the wide and elusive variability of PK outcomes in HB patients.

Our data support, in patients characterized for F9 mutations, the hypothesis that the FIX CRM+ status might partially improve PK of FIX infused in HB patients, and that the activation peptide, retained in the activation site variants, may contribute to prolong the Beta phase of FIX distribution in plasma, as inferred in mouse models.31,32 The relative impacts of FIXag levels versus retained activation peptide on FIX PK were indirectly disentangled by linear regression analysis that suggested activation site mutations as independent predictors, which warrants further studies. These F9-related features would permit us to better estimate the improved pharmacokinetic profile of currently used and novel long-acting FIX molecules.51,62

5 | CONCLUSIONS

In vivo and recombinant results suggest that combination of FIXag levels and type of dysfunctional molecules predicted in plasma by F9 mutations, particularly those at the activation sites, may exert pleiotropic effects on (1) the endogenous FIX and thus HB patients' phenotypes, as well as (2) infused FIX half-lives and thus MRT in substitutional treatment.

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CONFLICTS OF INTEREST

A.B. reports grants and personal fees from Pfizer, grants from Bayer, and grants and non-financial support from Grifols, outside the submitted work. M.M. reports personal fees from Kedrion, Novo Nordisk, SOBI, Bayer, Bioverativ, Octapharma, CSL Behring and grants from Pfizer, outside the submitted work. A.C.M. has acted as a paid consultant to Bayer, CSL, Kedrion, Novo Nordisk, Pfizer, Roche, Shire, and Sobi, and as a paid invited speaker for Bayer, CSL, Novo Nordisk, Shire, and Sobi, outside the submitted work. G.C. reports personal fees from Roche, Bayer, Shire, Unire, Kedrion, Novo Nordisk, and Werfen; grants and personal fees from CSL Behring and Sobi; and grants from Pfizer, outside the submitted work. M.P. received grants from Novo Nordisk and Pfizer and personal fees from Pfizer, outside the submitted work. F.B. reports grants from Bayer, outside the submitted work, and the financial support of GePKHIS by an unconditioned Investigator Initiated Research grant from Pfizer. The remaining authors state that they have no conflicts of interest to declare.

AUTHOR CONTRIBUTIONS

A.B. created recombinant vectors and performed expression studies on FIX recombinant variants; M.M. performed PK analysis; B.L. designed and performed statistical analysis of PK analysis data; A.B. and B.L. performed statistical analysis of recombinant expression and of F9 genotype-PK parameters’ association; D.B., P.R., L.B., M.L.S., P.G., D.C., A.C.M., M.S.N., and G.C. characterized and recruited patients, collected plasma samples according to the PK study design, and performed clotting assays; E.B. provided assistance on the pharmacovigilance study; M.P. and G.C. critically revised the manuscript; A.B., M.M., and F.B. conceived the study and designed research; A.B., M.M., B.L., and F.B. analyzed and interpreted data and wrote the manuscript. All authors revised and approved the final version of the manuscript.

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