A Monte Carlo Study on the Effect of Various Neutron Capturers on Dose Distribution in Brachytherapy with $^{252}$Cf Source

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ABSTRACT

Background: In neutron interaction with matter and reduction of neutron energy due to multiple scatterings to the thermal energy range, increasing the probability of thermal neutron capture by neutron captures makes dose enhancement in the tumors loaded with these materials.

Objective: The purpose of this study is to evaluate dose distribution in the presence of $^{10}$B, $^{157}$Gd and $^{33}$S neutron capturers and to determine the effect of these materials on dose enhancement rate for $^{252}$Cf brachytherapy source.

Methods: Neutron-ray flux and energy spectra, neutron and gamma dose rates and dose enhancement factor (DEF) are determined in the absence and presence of $^{10}$B, $^{157}$Gd and $^{33}$S using Monte Carlo simulation.

Results: The difference in the thermal neutron flux rate in the presence of $^{10}$B and $^{157}$Gd is significant, while the flux changes in the fast and epithermal energy ranges are insensible. The dose enhancement factor has increased with increasing distance from the source and reached its maximum amount equal to 258.3 and 476.1 cGy/h/µg for $^{157}$Gd and $^{10}$B, respectively at about 8 cm distance from the source center. DEF for $^{33}$S is equal to one.

Conclusion: Results show that the magnitude of dose augmentation in tumors containing $^{10}$B and $^{157}$Gd in brachytherapy with $^{252}$Cf source will depend not only on the capture product dose level, but also on the tumor distance from the source. $^{33}$S makes dose enhancement under specific conditions that these conditions depend on the neutron energy spectra of source, the $^{33}$S concentration in tumor and tumor distance from the source.

Keywords
Brachytherapy, Neutron Capture, $^{252}$Cf, Dose, MCNP

Introduction

California-252 is an artificial element with a half-life of 2.645 years, and it decays via either alpha emission (96.9%) or spontaneous fission (3.1%). $^{252}$Cf emits both photons and neutrons $(2.31\times10^6 \text{ n/s/µg})$ of varied energy with potential for both clinical brachytherapy and neutron capture therapy (NCT) applications. The relatively high neutron yield and long half-life, when compared to other spontaneous fissioning isotopes, make $^{252}$Cf the best isotope choice for developing a neutron brachytherapy source [1].

Californium-252 has been used as a brachytherapy source since the
early 1970s. Clinical successes with $^{252}$Cf sources are undoubtedly due in part to the theoretical advantages inherent in treating tumors with fast neutrons in general and with $^{252}$Cf in particular [2]. The effectiveness of $^{252}$Cf might further be improved by augmenting the $^{252}$Cf dose to tumor with an additional dose by neutron capturer loading to the tumor itself. Fast neutrons emitted by the $^{252}$Cf source scatter in tumor tissue and lose their energy by multiple scattering to eventually become thermal. Increasing the probability of occurrence thermal neutron capture by neutron capturer cases dose rate enhancement in tumors loaded with these materials [3, 4].

Materials such as $^{10}$B, $^{157}$Gd and $^{33}$S have been proposed as agents for neutron capture. Indeed, the combination of $^{252}$Cf brachytherapy and neutron captures may improve tumor dose noticeably. Following the capture by $^{10}$B (BNCT), high linear energy transfer (LET) alpha particles and $^7$Li nuclei are released. These heavy particles deposit their energy in the range of 5-9 mm (tumor cell limit) and therefore, the destructive effects of the resulted particles are limited to boron loaded cells [5, 6, 7]. The method gadolinium neutron capture therapy (GdNCT) is a recently proposed therapy modality, mainly based on the action of Auger and internal conversion electrons generated by $^{157}$Gd after neutron capture. The capture reaction in $^{157}$Gd has the form of $^{157}$Gd (n, γ)$^{158}$Gd and the emitted gamma rays make dose enhancement [8, 9]. The potential effect of enhancing NCT near the surface of the target volume by addition of $^{33}$S has been proposed as well. The neutron capture reaction for $^{33}$S has the form of $^{33}$S(n, α)$^{30}$Si and has its most important resonance at 13.5 keV. In a study by Porras, an enhancement of the neutron absorbed dose by $^{33}$S was observed in a high concentration of $^{33}$S (between 1 and 10 mg/g), for a monoenergetic neutron source of 13.5 keV and for tumors at small depths [10, 11].

The purpose of this study is to evaluate the dose distribution in the presence of uniform distribution of neutron capturer materials and to determine the effect of these materials on dose rate enhancement in brachytherapy with $^{252}$Cf source. Therefore, careful analysis of different components of the radiation field and a detailed characterization of dose distributions in the absence and presence of neutron capturer materials must be carried out. In this study, neutron-ray flux and energy spectra, neutron and gamma dose rates and dose enhancement factor are determined in the vicinity of a $^{252}$Cf source in water phantom with and without same concentration (200 ppm) of $^{10}$B, $^{157}$Gd and $^{33}$S using Monte Carlo MCNP5 code.

### Materials and Methods

#### Source Geometry

In the present study, a $^{252}$Cf applicator tube (AT) source available from Oak Ridge National Laboratory (ORNL) was modelled. The geometry of $^{252}$Cf source is shown in Figure 1. The cylindrical active core is made of californium oxide, Cf$_2$O$_3$ with 12 g/cm$^3$ density. The length and radius of the active cylinder is 1.5 and 0.615 cm, respectively, which is located in a primary capsule of Pt/Ir-10 percentage mass, with inner and outer diameters of 1.35 and 1.75 mm, respectively, and inner and outer lengths of 15.50 and 17.78 mm, respectively. The secondary capsule has inner and outer diameters of 1.80 and 2.80 mm, respectively, and inner and outer lengths of 17.82 and 23.14 mm, respectively. The ends of inner and outer capsules are welded and rounded. Further, the 0.635 mm diameter Bodkin eyelet through the secondary capsule is also included in the source [7].

#### Monte Carlo Simulation

The Monte Carlo simulation of radiation therapy allows accurate prediction of radiation dose distribution delivered to a patient. In the present work, a complete dosimetric data set for the $^{252}$Cf AT source in water, in the ab-
Dose Distribution: Brachytherapy with $^{252}$Cf Source

The presence and presence of neutron capture materials was obtained using Monte Carlo MCNP5 code [12]. The source was positioned in the center of a 15 cm radius spherical phantom filled with water of 0.998 g/cm$^3$ mass density, or capture materials-water mixture for uniform distribution of $^{10}$B, $^{157}$Gd and $^{33}$S capture materials throughout the water phantom.

The dose rate was determined in a cylindrical annulus 0.2 cm thick×0.2 cm deep positioned along the transverse axis at distances ranging from 0.25 to 10 cm from the source center. Assuming kerma equality with absorbed dose at different distances, F6 tally was used to calculate the particle dose of all components including thermal neutrons, epithermal neutrons, fast neutrons, induced gamma rays and source gamma rays. The neutron dose, source gamma ray and induced gamma ray doses were calculated separately. To calculate particle flux, particle fluence was calculated with F4 tally and then was multiplied by 2.31×10$^6$, since the calculations were performed assuming one microgram of $^{252}$Cf source. The capture product dose (absorbed dose by capture materials) resulted from the capture of thermal neutrons by $^{10}$B, $^{157}$Gd and $^{33}$S was calculated using the fluence-to-kerma conversion factors [13]. The neutron dose is the sum of source fast neutron dose resulted from elastic scattering of fast neutrons in water and the capture product dose which is resulted from thermal neutron capture by $^{10}$B, $^{157}$Gd and $^{33}$S. The neutron energy spectrum for $^{252}$Cf source was assumed to be Maxwellian spectrum with an average energy of 2.1 MeV and the most probable energy of ~0.7 MeV [14]. Photon spectrum of the $^{252}$Cf source was taken from the study by Fortune, and has photon energies in the range of 0.01–9.79 MeV [15]. The thermal neutron region was defined to be below 0.5eV, the epithermal neutron region is from 0.5eV to 10 keV and the fast neutron region is over 10 keV. The S(α,β) thermal neutron scattering library (lwtr.01t) was used in order to calculate the transport of low energy neutrons. The relative error of calculations was lower than 1%.

Results and Discussion

To validate our Monte Carlo simulation, the computed dose rates were compared with experimental and simulated values published in the literature [16, 17]. Figures 2 and 3 show a comparison between our simulated neutron and total gamma ray dose rates (total gamma ray dose is the sum of source gamma-ray dose and induced gamma ray dose) with the experimental measurements of Colvett [16] and the simulated calculations of Krishnaswamy [17]. There is a good agreement between values with small discrepancies at distances close to the source. These discrepancies might be explained by different modelled energy spectra for neutron and gamma rays emitted from $^{252}$Cf source in simulation studies. Also, in the regions close to the source, the dose gradient is extremely steep, and experimental measurement values depend on the accuracy and sensitivity of the measurement device to rapidly changing radiations dose.

After validation, the validated computer code was applied to evaluate the effect of neutron capturers on dose rate distribution. Fig-
Figure 4 shows the behavior of the $^{252}$Cf neutron energy spectra calculated at the same distance along the transverse direction of the source in water phantom in the absence and presence of capturer materials. As it is seen in this figure, in the presence of $^{157}$Gd and $^{10}$B capturer materials, neutron flux has decreased in the thermal energy region while it is not seen at the epithermal and fast energy regions. The reduction of thermal neutron flux in the media containing $^{157}$Gd and $^{10}$B is the direct result of thermal neutron capture process by these materials and hydrogen in water. Difference in the rate of this reduction depends on the magnitude of thermal neutron capture cross-section of these materials. The no-change in the neutron energy spectrum in the presence of $^{33}$S may be resulted from both neutron spectrum of $^{252}$Cf source with varied energy and low concentration of $^{33}$S in this study.

Figures 5 and 6 show the flux of fast, epithermal and thermal neutrons at different distances from the source in water phantom with and without the presence of capture materials. Obtained result shows that the effect of capture materials on the epithermal and fast neutron fluxes is impalpable. In Figure 6, the thermal neutron flux increases as fast neutrons are scattered mainly by hydrogen and reach a maximum. Afterwards, there is a dramatic decrease due to the absorption of thermal neutrons by capture materials and hydrogen. There is a neutron flux (neutron flux is the sum of thermal, epithermal and fast neutron fluxes) depression of about 57% in $^{10}$B, 80% in $^{157}$Gd and 0.0005% in $^{33}$S loadings. It can be concluded that this depression emanates from the thermal neutron flux depression due to thermal neutron capture process by these materials and hydrogen in water.
neutron capture by the capture materials.

Figure 7 shows neutron dose rate as a function of distance in water phantom with and without the presence of capture materials. There is significant enhancement of neutron dose in the presence of $^{157}$Gd and $^{10}$B. It can be concluded that the difference in the amount of this enhancement given that the neutron dose is the sum of source fast neutron ray dose and capture product dose which is resulted from difference in capture product dose rate. In other words, enhancement rate of neutron dose in the presence of capture materials depends on the type of capture products.

Figure 8 provides the comparison between capture product doses in terms of distance from the source. We notice that there is a resemblance and relation between the increase of capture product dose in Figure 8 and depression of thermal neutron flux in Fig 6, with increasing distance from the source. The increase rate of capture product dose resulting from depression of thermal neutron flux is maximum for $^{157}$Gd and is minimum for $^{33}$S. In other words, the difference in the amount of capture product dose is a direct result of difference in magnitude of the thermalization process of neutrons by these capture materials.

Figure 9 shows the source and the induced gamma ray doses calculated in water phantom with and without the presence of capture materials at different distances from the source. We notice that the existence of capture materials does not alter source gamma dose rate but does reduce the induced gamma dose rate.
Induced gamma rays are produced by thermal neutron capture reactions of $^1\text{H}(n,\gamma)^2\text{H}$ in water. The reduction of induced gamma dose in the capture material loading is a result of hydrogen proportion reduction in capture material loaded media compared to only water medium which results in occurrence reduction of thermal neutron capture reactions of $^1\text{H}(n,\gamma)^2\text{H}$ and, consequently, to reduction of induced gamma dose rate. Contrary to neutron dose, the induced gamma dose in media containing $^{157}\text{Gd}$ is lower than $^{10}\text{B}$ and $^{33}\text{S}$. The reason for it will be due to higher neutron dose and lower induced gamma dose in media containing $^{157}\text{Gd}$ compared to $^{10}\text{B}$ and $^{33}\text{S}$ as higher amount of $^{157}\text{Gd}$ product dose than $^{10}\text{B}$ and $^{33}\text{S}$.

To determine the effect of capture materials on dose enhancement rate, dose enhancement factor (DEF) is used which is defined as the ratio of total dose in a tumor containing the capture material to total dose in the same tumor without the presence of capture material. Dose enhancement factor values for different capture materials are presented in Table 1. According to data of this table, the value of DEF increases with increasing distance from the source and reaches its highest value equal to 3.258 and 1.476 for $^{157}\text{Gd}$ and $^{10}\text{B}$, respectively at the distance of roughly 8 cm from the source center, and after that decreases. In other words, the effectiveness rate of $^{157}\text{Gd}$ and $^{10}\text{B}$ capture materials in enhancing dose rate depends on the tumor distance from the source. Increase in the value of DEF with increasing distance from the source despite the decline in ray intensity is due to both decrease neutron average energy in the effect of attenuation, and increasing the less energetic scattered rays arrived to depth that makes increase the occurrence probability of thermal neutron capture by capture materials and subsequently dose rate enhancement. Enhancement rate of total dose in the presence of $^{33}\text{S}$ is not significant since its DEF is equivalent to one.
Conclusion

In this study, a detailed characterization of dose distribution in the absence and presence of $^{10}$B, $^{157}$Gd and $^{33}$S neutron capturers has been carried out for $^{252}$Cf brachytherapy source using Monte Carlo simulation. Obtained result shows that tumor loading with $^{157}$Gd and $^{10}$B neutron capturers in neutron brachytherapy with $^{252}$Cf source makes significant dose enhancement due to the increase in occurrence probability of thermal neutron capture by these materials. The results also show that the magnitude of dose augmentation with this

![Figure 9: Source and induced gamma ray dose as a function of distance](image)

![Figure 10: Total dose rate versus distance away from the source](image)

| r (cm) | $^{10}$B | $^{157}$Gd | $^{33}$S |
|--------|--------|----------|--------|
| 0.5    | 1.008  | 1.043    | 0.999  |
| 1      | 1.026  | 1.138    | 0.999  |
| 2      | 1.093  | 1.478    | 0.999  |
| 3      | 1.187  | 1.947    | 0.999  |
| 4      | 1.286  | 2.430    | 1      |
| 5      | 1.373  | 2.841    | 1      |
| 6      | 1.437  | 3.118    | 0.999  |
| 7      | 1.470  | 3.255    | 0.998  |
| 8      | 1.476  | 3.258    | 0.998  |
| 9      | 1.461  | 3.185    | 1      |
| 10     | 1.428  | 3.039    | 0.999  |
therapy design will depend not only on the capture product dose, but also on the tumor distance from the source. This dependence is resulted from both difference in the magnitude of thermalization process of neutrons by these materials and the decrease of neutron average energy due to attenuation that make increase the occurrence probability of thermal neutron capture. $^{33}$S is not a suitable agent for dose increase by neutron capture in brachytherapy with $^{252}$Cf source. In other words, $^{33}$S makes dose enhancement under specific conditions in which these conditions depend on neutron energy spectra of source, the $^{33}$S concentration in tumor and tumor distance from the source.

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Conflict of Interest
There is not any relationship that might lead to a conflict of interest. Birjand University has financially supported the work and this is stated in the acknowledgment section of the article.

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