Transient Global Aphasia with Hemiparesis Following Cerebral Angiography: Relationship to Blood Brain Barrier Disruption

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Temporary disruption of the blood-brain barrier (BBB) after cerebral angiography is presumably caused by nonionic radiographic contrast medium (CM). We hereby report a case of 58-year-old woman who developed decreased mentality, global aphasia and aggravated right hemiparesis after cerebral angiography. Brain CT examination demonstrated gyriform enhancement throughout the left cerebral cortex and thalamus. MR diffusion did not reveal acute infarction. MR angiography did not show any stenosis, spasm or occlusion at the major cerebral vessels. Follow-up CT scan after 1 day did not show any gyriform enhancement. Worsened neurologic signs and symptoms were improved completely after 7 days. In the present study, disruption of the BBB with contrast medium after angiography seems to be the causative factor of transient neurologic deterioration.

KEY WORDS: Blood brain barrier (BBB) disruption · Contrast medium · Transient global aphasia · Transient hemiparesis · Cerebral angiography.

INTRODUCTION

Historically, cerebral angiography has been a key method in the diagnosis and planning the treatment of many intracranial lesions. However, it is an invasive procedure with potentially severe complications, but its incidence is low and most of the neurologic complications are transient or reversible6). The incidence of neurologic complications after cerebral angiography is related to subarachnoid hemorrhages (SAHs), arteriosclerotic cerebrovascular diseases, arteriovenous malformations (AVMs), or episodes of recurrent transient ischemic attack (TIA)9).

Transient neurologic deficits such as transient cortical blindness, seizure attack, hemiparesis and aphasia following conventional angiography have been reported in the past2,3,9,10). However, many patients who experienced transient neurologic deficit did not have such risk factors that can increase the incidence of neurologic complications. Some cases have been reported to be associated with disruption of the blood brain barrier (BBB) after conventional angiography9,10,14,15).

We report a case of transient global aphasia with hemiparesis associated with disruption of BBB and review of related literatures.

CASE REPORT

A 58-year-old woman with history of hypertension and intracerebral hemorrhage in thalamus that occurred two months prior to admission was referred to our institute with a diagnosis of unruptured intracranial aneurysms on magnetic resonance (MR) angiography (Fig. 1). On neurologic examination, there was no neurologic deficit except right sided mild hemiparesis. Routine transfemoral cerebral angiography was performed with contrast medium (Optiray®, Mallinckrodt Medical, St. Louis, USA). During angiography, the patient was not given any medications except oxygen through nasal cannula. We confirmed the presence of two small aneurysms at the proximal portion of right anterior choroidal artery and left ophthalmic artery (Fig. 2). There were no stenotic lesions on cerebral angiography and no embolic events during the procedure. Following angiography, the patient showed drowsy mentality and global aphasia while right sided hemiparesis was aggravated. Brain computed tomography (CT) scans were immediately obtained, which showed marked high
attenuation throughout the left cerebral cortex and thalamus (Fig. 3). Brain MR with diffusion image revealed no acute infarction (Fig. 4A). MR angiography demonstrated no stenosis or occlusion at the major cerebral vessels (Fig. 4B). The patient was treated with hydration and steroids. Twenty-four hours later, the neurologic symptoms and signs had recovered slowly. Repeat brain CT scan at that time demonstrated no enhancement on cerebral cortex and thalamus (Fig. 5). After 3 days, the mentality had completely recovered and aphasia also showed improvement. Global aphasia with hemiparesis had recovered completely after a week and the patient was discharged.

**DISCUSSION**

Cerebral angiography is associated with relatively low rates of complications\(^6\). The rates of neurologic complications after cerebral angiography have been reported from 0.9% to 4%\(^\)\(^7\). The risk factors of neurologic complications following
angiography are SAHs, atherosclerotic cerebrovascular disease, AVMs and frequent histories of TIA.

The mechanism of cerebral dysfunction causing transient neurologic deterioration after cerebral angiography still remains speculative. Transient neurologic deficits following cerebral angiography were previously assumed to result from embolism or factors that impair cortical perfusion, such as SAH or atherosclerotic disease during angiography. However, contrast medium (CM)-induced disruption of the BBB and a direct neurotoxicity by CM have also been proposed as possible mechanisms of cerebral dysfunction.

Following cerebral angiography, there have been rare reports of brain CT finding of abnormal high density in the cerebral cortex, in addition to temporary neurologic deficits resulting from disruption of the BBB related CM. They are reported not only in cases of cerebral angiography but also in coronary, abdominal angiography or contrast-enhance CT. Some authors have reported transient cortical blindness after conventional angiography with ocipital lobe enhancement. Others reported seizure attacks and transient hemiparesis or aphasia with diffuse unilateral cortex enhancement on non-contrast brain CT following conventional angiography.

The BBB has a complex physiological mechanism for maintaining the homeostasis of the neuronal environment. In spite of the BBB being not permeable to CM, transient breakdown of the BBB by radiographic CM is well described. According to the previous literature, the transient breakdown of the BBB by the CM has been explained by hyperosmolality and chemotoxicity of the CM. Hypertonic solutions draw water out of the endothelial cells of cerebral vessels, as the cells shrink and the tight junctions separate out. The severity of the barrier disturbance is questionably related to the ionic and chemical contents of the medium (chemotoxic action). Uchiyama et al reported that high iodine concentration, low temperature of the solutions (higher viscosity) and brief injection interval times may be relative factors contributing the BBB disruption through animal study. Alternatively, some authors reported that possible mechanisms of the BBB breakdown could be due to microvascular sludging or arterial vasospasms.

The finding of CT after disruption of the BBB following angiography is a diffuse high density in the cerebral cortex. There were no signs of cerebral ischemia on diffusion-weighted MR images. MR enhancement with gadolinium diethylenetriaminepentaacetic acid (Gd-DTPA) has recently proved to be capable of detecting the BBB disruption more sensitively and precisely than either MR without enhancement or CT.

In this case study, the patient’s neurologic deficits were right-sided hemiparesis and aphasia. Brain CT findings after angiography revealed diffuse high attenuation on the left cerebral cortex. No acute infarction or vasospasms were observed on brain MR image. The patient had no risk factors that could impair cerebral perfusion and also no embolic event had occurred during angiography. Thus, transient neurologic deteriorations could result from BBB disruption with contrast induced direct neurotoxicity to the left cerebral cortex.

We treated this phenomenon with hydration to increase the clearance rate of CM. Also, we used steroids. Corticosteroids were effective when the BBB was disrupted. However, this phenomenon was known to transient. So, excessive treatment must be avoided.

**CONCLUSION**

This is a report of a rare case of transient global aphasia with hemiparesis after cerebral angiography, associated with the disruption of BBB. This phenomenon is clinically significant and could be attributed to hyperosmolality and chemotoxicity of CM. However, definite mechanism of transient BBB breakdown is still elusive. Thus, further experimental studies are required to provide substantial explanation for the variable contributors in the BBB breakdown.

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