Concomitant Transatrial and Transapical CRT-D Lead Implantation in a Patient with Chest Burn Injury

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Abstract
Cardiac resynchronization therapy device with defibrillator (CRT-D) implantation is indicated for patients with a history of malignant ventricular arrhythmias, symptomatic heart failure, wide QRS, or high-degree atrioventricular block. A 67-year-old patient with dilated cardiomyopathy received a CRT-D with the conventional method but 1 month later skin necrosis was diagnosed above the device. The complete system was extracted from the patient and we utilized negative pressure wound therapy for the treatment of the remaining tissue. We decided to perform surgical reimplantation of the device using minithoracotomy: right atrial and right ventricular leads were introduced through the right atrial appendage and the left ventricular lead was inserted transapically. The device was implanted under the less scabby abdominal skin. We successfully applied the combination of transatrial and transapical lead placement, which has not been reported in the literature yet. It serves as an alternative method if the standard approach is not feasible.

Introduction
According to the current clinical guidelines, cardiac resynchronization therapy device with defibrillator (CRT-D) implantation is indicated for patients with a history of malignant ventricular arrhythmias, symptomatic heart failure, wide QRS, or high-degree atrioventricular block.1 However, there are certain conditions where the standard implantation approach is not applicable due to congenital or acquired conditions.

Case Description
A patient with dilated cardiomyopathy underwent conventional CRT-D implantation using left subclavian vein access following a successful resuscitation due to ventricular tachycardia. One month later skin necrosis was detected above the device. Our hypothesis was that burn injury—which he suffered 40 years prior—has damaged the microcirculation of the skin and was accountable for the necrosis. The complete system was explanted, and we utilized negative pressure wound therapy for the treatment of the remaining tissue (►Fig. 1).

We decided to perform surgical reimplantation of the device using minithoracotomy: right atrial and right ventricular leads were introduced through the right atrial appendage and the left ventricular lead was inserted transapically.

Surgical Technique
For minithoracotomy, a vertical right lateral 5.5 cm long skin incision was made over the fourth right intercostal space just...
The right atrial lead was also introduced with the same method and positioned with a J-shaped stylet into the anterior part of the right auricle. Bleeding was controlled and the electrodes were secured with purse-string sutures around the puncture points (Fig. 2A).

Next, the ideal site for the incision to reach the apex of the left ventricle (LV) was identified and marked by transthoracic echocardiography guidance at the corresponding intercostal space. A second minithoracotomy was performed on the left side of the thorax. A guidewire was inserted with Seldinger’s technique through the puncture of the apex into the LV. After removal of the guidewire, the pacing electrode was inserted into the LV cavity through the sheath and peel-off sheath was removed. Bleeding from the LV was controlled with purse-string sutures around the puncture point (Fig. 2B). Fluoroscopy was utilized for the endocardial fixation of the electrode at the lateral wall of the LV (Fig. 2D).

The device was implanted in the abdominal area, where the skin was almost intact, below the diaphragm and the electrodes were tunneled (Fig. 2C) (Video 1). Anticoagulation was initiated because of the foreign body in the LV. Six months later there was no sign of complications, and the surgical wounds healed completely.

**Discussion**

CRT is a well-established therapy for patients with heart failure and ventricular dyssynchrony. The side branches of the coronary sinus are the first choice of sites for left ventricular lead implantation. However, biventricular pacing does have some challenges, including high pacing threshold, unavoidable phrenic nerve stimulation, the rate of nonresponders and rarely, chest deformities, and the rate of unsuccessful implantation. Several minimally invasive alternative implantation techniques have been developed. Techni-ques, involving transvenous approach, cannot be obtained in our case because the reimplantation of the device in the conventional subclavicular region was not possible. Several authors recommend pocket change and subpectoral placement, but the skin could not be sutured properly as a result of the previous burn injury. Transfemoral lead insertion with CRT-P implantation was also reported, but this technique cannot be adopted for a patient requiring an implantable cardioverter defibrillator. Therefore, we chose a surgical, but minimally invasive approach for implanting the leads. With our approach, some similarly challenging cases of complex device implantations can be successful.

Lifelong anticoagulation was initiated after the procedure with a target international normalized ratio level equivalent to mitral prosthetic valves (2.5–3.5). This approach is not an option for patients with contraindication to anticoagulation. For them the only possible solution is the epicardial implantation (if the conventional transvenous also failed).

We successfully applied the combination of transatrial and transapical lead placement in a CRT-D device, which has not been reported in the literature yet. It serves as an alternative method in selected cases, where the standard approach is not feasible.
Video 1

Steps of the procedure presented in the video: right axillary minithoracotomy, fixing RA and RV leads, left axillary minithoracotomy and introduction of LV lead, making the infraclavicular pocket, tunneling the electrodes, closing the wound. LV, left ventricle; RA, right atrium; RV, right ventricle. Online content including video sequences viewable at: https://www.thieme-connect.com/products/ejournals/html/10.1055/s-0042-1757788.

Conflict of Interest
None.

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