Stimulation of TM3 Leydig cell proliferation via GABA_A receptors: A new role for testicular GABA
Christof Geigerseder, Richard FG Doepner, Andrea Thalhammer, Annette Krieger and Artur Mayerhofer*

Address: Anatomisches Institut der Ludwig-Maximilians-Universität München, Biedersteinerstr.29, D-80802 München, Germany
Email: Christof Geigerseder - geigerseder@web.de; Richard FG Doepner - richard.doepner@lrz.uni-muenchen.de; Andrea Thalhammer - andreathalhammer@t-online.de; Annette Krieger - annette.krieger@lrz.uni-muenchen.de; Artur Mayerhofer* - Mayerhofer@lrz.uni-muenchen.de
* Corresponding author

Abstract
The neurotransmitter gamma-aminobutyric acid (GABA) and subtypes of GABA receptors were recently identified in adult testes. Since adult Leydig cells possess both the GABA biosynthetic enzyme glutamate decarboxylase (GAD), as well as GABA_A and GABA_B receptors, it is possible that GABA may act as auto-/paracrine molecule to regulate Leydig cell function. The present study was aimed to examine effects of GABA, which may include trophic action. This assumption is based on reports pinpointing GABA as regulator of proliferation and differentiation of developing neurons via GABA_A receptors. Assuming such a role for the developing testis, we studied whether GABA synthesis and GABA receptors are already present in the postnatal testis, where fetal Leydig cells and, to a much greater extend, cells of the adult Leydig cell lineage proliferate. Immunohistochemistry, RT-PCR, Western blotting and a radioactive enzymatic GAD assay evidenced that fetal Leydig cells of five-six days old rats possess active GAD protein, and that both fetal Leydig cells and cells of the adult Leydig cell lineage possess GABA_A receptor subunits. TM3 cells, a proliferating mouse Leydig cell line, which we showed to possess GABA_A receptor subunits by RT-PCR, served to study effects of GABA on proliferation. Using a colorimetric proliferation assay and Western Blotting for proliferating cell nuclear antigen (PCNA) we demonstrated that GABA or the GABA_A agonist isoguvacine significantly increased TM3 cell number and PCNA content in TM3 cells. These effects were blocked by the GABA_A antagonist bicuculline, implying a role for GABA_A receptors. In conclusion, GABA increases proliferation of TM3 Leydig cells via GABA_A receptor activation and proliferating Leydig cells in the postnatal rodent testis bear a GABAergic system. Thus testicular GABA may play an as yet unrecognized role in the development of Leydig cells during the differentiation of the testicular interstitial compartment.

Background
Gamma-aminobutyric acid (GABA) is the most important inhibitory neurotransmitter in the vertebrate central nervous system. In addition to its well established function as neurotransmitter, locally synthesized GABA and GABA receptors are also present in endocrine organs, for example, in somatotrophs (GH-producing cells) of the anterior pituitary lobe [1-3] and in pancreatic islet cells [4-6]. In both endocrine tissues GABA is regulating the synthesis and the release of hormones. The release of glucagon and
growth hormone was shown to be controlled by GABA in an auto-/paracrine manner.

In our previous work we recently identified another GABAergic system located in adult Leydig cells in rodent and human testis [7]. Since Leydig cells possess both isoforms of the GABA synthesizing enzyme glutamate decarboxylase, GAD65 and GAD67, vesicular GABA transporter (VGAT), as well as several GABAA and GABAB receptor subunits, GABA may act as an auto-/paracrine molecule regulating Leydig cell function. Some evidence for a role in release of testosterone came from pharmacological studies in rat Leydig cells, which respond to GABAergic stimulation with increased testosterone production [8,9]. What other roles GABA may have in endocrine Leydig cells and which GABA receptors are mediating these actions are not known.

In the central nervous system evidence for a non-synaptic, trophic role of GABA in neurogenesis during embryonic development is mounting [10-15]. Thus GABA stimulates progenitor cells to proliferate in different regions of the developing brain [16-20]. Since these neuronal progenitor cells are also capable of synthesizing GABA and possess GABA receptors, GABA executes this trophic function in an auto-/paracrine fashion [21]. Further non-synaptic actions of GABA in the developing brain that are evolving include regulation of migration and motility of embryonic neurons [22-24]. While in general, cellular responses to GABA are mediated through GABAA, GABA B and GABAC receptors and the intracellular signaling pathways associated with them [25], in respect to both cell proliferation and migration in the developing brain, contribution of GABAA receptors was reported [18,19,21,26,27]. Thus, although its precise regulation may depend on the region and cell type affected, GABA emerges as an important signal for cell proliferation and migration.

In view of this role of GABA in the brain, the question arises, whether GABA may influence cell proliferation processes in the testis, for example in Leydig cells, which bear GABA receptors [7]. In the testis of adult mammals, however, Leydig cells have only a marginal turnover rate and show low mitotic activity [28-30]. Due to the fact that Leydig cells in postnatal testes proliferate to a much greater extent than in adult testes [31-35], we sought to study postnatal testes of mice and rats at age of five-six days after birth. At this point of development two distinct types of Leydig cells are found, namely steroidogenic fetal Leydig cells with a typical rounded morphology clustered together in groups and spindle-shaped mesenchymal precursor cells of adult Leydig cells, which are located primarily in peritubular regions. The latter are not able to synthesize steroids, but are strongly proliferating and differentiate to Leydig progenitor cells during the second postnatal week in rodents [36-38]. Fetal Leydig cells may also increase in number during postnatal development, albeit to a smaller degree [31,39]. Thus, the endocrine compartment of postnatal testis bears developing and highly proliferating cells of the adult Leydig cell lineage. Therefore, in this study we addressed the questions whether a local GABAergic system is present in postnatal testis and may be involved in proliferation of Leydig cells.

**Methods**

**Animals**

Testes and other tissues were obtained from adult, 3–6 months old (n = 12; Sprague-Dawley, Wistar) and five-six days old male rats (n = 14; Sprague-Dawley), as well as from adult (n = 4; BALB/c) male mice, which were bred at the Technische Universität München, Germany. Testes were also obtained from five-six days old male mice (n = 9; BALB/c), which were bred at the Instituto de Biología y Medicina Experimental, Buenos Aires, Argentina. According to the National Institute of Health Guide for the Care and Use of Laboratory Animals, they were painlessly killed under ether anesthesia by exsanguinations and organs were rapidly removed. Testes were either frozen until isolation of mRNA and preparation for GAD activity measurements, or fixed in Bouin’s solution overnight at 4°C and then embedded in paraffin.

**Antibodies and antisera**

For immunohistochemistry, immunocytochemistry and Western blot analyses we employed rabbit polyclonal antiserum against GAD, which recognizes both isoforms GAD65 and GAD67 (DPC Biemann, Bad Nauheim, Germany); rabbit polyclonal antiserum against VGAT (SySy Synaptic Systems GmbH, Göttingen, Germany); rabbit polyclonal antiserum against GABAA-α1 (Alomone Labs Inc., Jerusalem, Israel), sheep polyclonal antiserum against GABAB-R1 and GABAB-R2 (gift from GrahamDisney and Fiona Marshall, GlaxoWellcome R&D Inc., Stevenage, UK), mouse monoclonal antiserum against PCNA (Merck Biosciences, Schwalbach, Germany) and mouse monoclonal antiserum against β-Actin (Sigma, Deisenhofen, Germany).

**Cell culture**

TM3 cells are an established Leydig cell line. They derived from mouse Leydig cells [40,41] and were cultured in F12-DME medium (pH 7.2; Sigma, Deisenhofen, Germany) supplemented with 5 × 10^5 IU/l penicilline, 5 × 10^4 µg/l streptomycine, 5% horse serum (all from Biochrom AG, Berlin, Germany) and 2.5% fetal calf serum FCS Gold (PAA GmbH, Cölbe, Germany). Atf20 cells, a mouse adeno-hypophysial corticotroph tumor cell line [42,43], were cultured in F12-DME medium (pH 7.2; Sigma, Deisenhofen, Germany) supplemented with 2 mM L-glutamine (Sigma, Deisenhofen, Germany), 15% horse serum.
(Biochrom AG, Berlin, Germany) and 2.5% fetal calf serum FCS Gold (PAA GmbH, Cölbe, Germany). Both cell lines were kept at 37°C in a humidified atmosphere containing air and carbon dioxide (95%/5% vol/vol). In order to study proliferation and cellular PCNA content, TM3 cells were cultured for 24 h in serum-reduced medium (1% fetal calf serum, 2.5% horse serum). This treatment yields a synchronization of the cell cycle [40,44]. TM3 cells were incubated subsequently in the same serum-reduced medium with 10⁻⁵ M GABA, 10⁻⁵ M GABAΑ agonist isoguvacine, 10⁻⁵ M GABAΒ agonist baclofen, as well as combinations with 10⁻⁵ M GABAΑ antagonist bicuculline and 10⁻⁵ M GABAΒ antagonist phaclofen (BIOTREND GmbH, Köln, Germany) for 5, 10, 15, 30 min and for 24 h.

**Cell proliferation studies**

TM3 cells (5 × 10³ cells per well) were plated on 96-well plates (Nunc, Wiesbaden, Germany) and incubated for 24 h in serum-reduced medium (1% fetal calf serum, 2.5% horse serum). This treatment yields a synchronization of the cell cycle [40,44]. TM3 cells were incubated subsequently in the same serum-reduced medium with 10⁻⁵ M GABA, 10⁻⁵ M GABAΑ agonist isoguvacine, 10⁻⁵ M GABAΒ agonist baclofen, as well as combinations with 10⁻⁵ M GABAΑ antagonist bicuculline and 10⁻⁵ M GABAΒ antagonist phaclofen (BIOTREND GmbH, Köln, Germany) for 5, 10, 15, 30 min and for 24 h.

**RNA preparation and RT-PCR**

Isolation of RNA from rodent testes, as well as RT and PCR for GAD65/67, VGAT and GABA receptor subunits were performed as described previously [47]. Conditions of PCR amplification consisted of 30 or 35 cycles (94°C for 30 s, 55°C for 30 s, 72°C for 60 s, followed by final extension for 5 min at 72°C). Oligonucleotide primers, as specified in Table 1, were synthesized according to published sequences. Verification of cDNAs was achieved by direct sequencing [47].

**Immunohistochemistry**

Testicular distribution of GAD, VGAT, PCNA and GABAΑ/Β receptor subunits were examined in deparaffinized sections (5 µm) of Bouin’s fixed testes of rats and mice using an Avidin-Biotin-Peroxidase (ABC) immunohistochemical method as described previously [48]. Specific antisera

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**Table 1: Sequences of oligonucleotide primers used for PCR amplification**

| Target       | GenBank accession no. | Length (bp) | Primer sequence                      |
|--------------|------------------------|-------------|-------------------------------------|
| GAD67        | NM_008077              | 393         | 5'-CTTCTCCGGATGGTGATCTCT-3'          |
|              |                        |             | 5'-ACGAGCAATGTGATCTCT-3'             |
| GAD65        | NM_008078              | 372         | 5'-GATATGGTTGGAGATGACCC-3'           |
|              |                        |             | 5'-CATTTTCCCTCCTCCTAGAC-3'           |
|              |                        |             | 5'-CCTTACAGGAACGAGAGAG-3'            |
|              |                        |             | 5'-AGCAGACTGAGTGGAGAC-3'             |
| VGAT         | NM_009508              | 300         | 5'-CTAAGCAACCATGATACAGAC-3'          |
|              |                        |             | 5'-GCTTCTGTATTTAAATACGG-3            |
|              |                        |             | 5'-AGGGCTCGTACGGATACAG-3             |
|              |                        |             | 5'-ACTAACCACTAATACG-3                 |
| GABAΑα1      | NM_010250              | 231         | 5'-GCTTGTGTTATGTTGTTG-3'             |
|              |                        |             | 5'-CAGAGGCCCCTGGAAGAAGAGA-3'         |
| GABAΑα2      | NM_008066              | 282         | 5'-ATGATGCTCATGAGCCAA-3              |
|              |                        |             | 5'-TGAGGTACGTGAGCC-3                 |
| GABAΑα3      | NM_008067              | 418         | 5'-AGCCAGGAAGGAATGTCG-3              |
|              |                        |             | 5'-CTGACACTCATTGCTGA-3               |
| GABAΑβ1      | NM_008069              | 540         | 5'-GTCTCTGCTTCTCCCTAT-3              |
|              |                        |             | 5'-TGAGGTACGTGAGCC-3                 |
| GABAΑβ2      | NM_008070              | 402         | 5'-TGATGTATGTTGCA-3                  |
|              |                        |             | 5'-CTGACACACTCTGGTGA-3               |
| GABAΑβ3      | NM_008071              | 224         | 5'-AGCCAAGGAGGAAATGTCG-3             |
|              |                        |             | 5'-TTTCTTACGTAGACAAATGG-3            |
|              |                        |             | 5'-CATCCAAGAGATGAGGCACC-3            |
| GABAΑγ1      | NM_008073              | 191         | 5'-GCTTCACTTCCTCCTGAG-3              |
|              |                        |             | 5'-GCTTCACTTCCTCCTGAG-3              |
| GABAΑγ2      | NM_008074              | 251         | 5'-AGCCAAGGAGGAAATGTCG-3             |
|              |                        |             | 5'-TGCAAGAGATGAGGCACC-3              |
| GABAΑγ3      | NM_008075              | 350         | 5'-ATGAGGTAAACCCATGAC-3              |
|              |                        |             | 5'-AGGAGATGCGGTACAG-3                |
|              |                        |             | 5'-CATCAGCTTGTAGAC-3                 |
|              |                        |             | 5'-TCTGTGAAGTTGCCAGAAG-3             |

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(Biochrom AG, Berlin, Germany) and 2.5% fetal calf serum FCS Gold (PAA GmbH, Cölbe, Germany). Both cell lines were kept at 37°C in a humidified atmosphere containing air and carbon dioxide (95%/5% vol/vol). In order to study proliferation and cellular PCNA content, TM3 cells were cultured for 24 h in serum-reduced medium (1% fetal calf serum, 2.5% horse serum). This treatment yields a synchronization of the cell cycle [40,44]. TM3 cells were incubated subsequently in the same serum-reduced medium with 10⁻⁵ M GABA, 10⁻⁵ M GABAΑ agonist isoguvacine, 10⁻⁵ M GABAΒ agonist baclofen, as well as combinations with 10⁻⁵ M GABAΑ antagonist bicuculline and 10⁻⁵ M GABAΒ antagonist phaclofen (BIOTREND GmbH, Köln, Germany) for 5, 10, 15, 30 min and for 24 h.

Cell proliferation studies

TM3 cells (5 × 10³ cells per well) were plated on 96-well plates (Nunc, Wiesbaden, Germany) and incubated for 24 h in the presence or absence of GABA, isoguvacine, baclofen, bicuculline and phaclofen. One experiment included 32 replicate wells per treatment. As previously described [45,46], cell proliferation was determined by using the CellTiter 96 AQestus One Solution cell proliferation assay (Promega, Mannheim, Germany). The specificity and sensitivity of this method was previously evaluated in our lab by comparison with a [³H]thymidine incorporation assay [45].

(RNA preparation and RT-PCR)

Isolation of RNA from rodent testes, as well as RT and PCR for GAD65/67, VGAT and GABA receptor subunits were performed as described previously [47]. Conditions of PCR amplification consisted of 30 or 35 cycles (94°C for 30 s, 55°C for 30 s, 72°C for 60 s, followed by final extension for 5 min at 72°C). Oligonucleotide primers, as specified in Table 1, were synthesized according to published sequences. Verification of cDNAs was achieved by direct sequencing [47].

Immunohistochemistry

Testicular distribution of GAD, VGAT, PCNA and GABAΑ/Β receptor subunits were examined in deparaffinized sections (5 µm) of Bouin’s fixed testes of rats and mice using an Avidin-Biotin-Peroxidase (ABC) immunohistochemical method as described previously [48]. Specific antisera
against GAD65/67 (dilution 1:500), VGAT (dilution 1:750), GABA<sub>α</sub>-1 (dilution 1:750), GABA<sub>β</sub>-R1 (dilution 1:1000–1:500), GABA<sub>β</sub>-R2 (dilution 1:1000–1:500) and PCNA (dilution 1:1000–1:500) were employed. A biotin coupled polyclonal goat anti-rabbit antiserum (diluted 1:500; Jackson Inc., West Grove, USA), a biotin coupled goat anti-sheep antiserum (diluted 1:200; Dianova, Hamburg, Deutschland) or a biotin coupled goat anti-mouse antiserum (diluted 1:500; Jackson Inc., West Grove, USA) served as secondary antiserum. Diaminobenzidine (DAB) was used as a chromogen. Sections incubated with buffer alone, buffer containing mouse, sheep or rabbit non-immune serum, respectively, served as controls for all samples. The sections were examined with a Axiosvert photomicroscope (Zeiss, Oberkochen, Germany).

**Immunocytochemistry**

TM3 cells were cultivated on glass cover slips (2 × 10<sup>4</sup> cells per cover slip) for 1 day. They were then fixed and handled as previously described [49]. For immunolocalization an antiserum recognizing GAD65/67 and an antiserum recognizing VGAT was carried out overnight at 4°C (diluted 1:1000 in 0.02 M potassium phosphate buffered saline containing 2% goat non-immune serum, pH 7.4). Immunoreactivity was visualized using a secondary polyclonal goat anti-rabbit antiserum (diluted 1:200; Dianova, Hamburg, Germany) labeled with fluorescein isothiocyanate (FITC). For control purposes either the specific antiserum was omitted or incubations with rabbit non-immune serum (dilution 1:10,000) were carried out instead. Sections were examined with an Axiosvert microscope (Zeiss, Oberkochen, Germany), equipped with a FITC filter set.

**Western blotting**

Western blot analyses were performed with minor modifications as described previously [50]. In brief, TM3 cells and for control purposes tissue of mouse brain were lysated and homogenized in 62.5 mM Tris-HCl buffer (pH 6.8) containing 10% sucrose and 2% SDS by sonication, mercaptoethanol was added (10%), and the samples were heated (95°C for 5 min). Protein content was recorded [51] using a folin phenol quantitation method (DC protein assay, Bio-Rad GmbH, München, Germany). Then, 15 µg protein per lane was loaded on Tricine-SDS-polyacrylamide gels (12.5%), electrophoretically separated, and blotted onto nitrocellulose. Samples were probed with antiserum directed specifically against GAD65/67, PCNA and β-Actin (incubation overnight at 4°C, dilution 1:500). Immunoreactivity was detected using peroxidase labeled goat anti-rabbit antiserum (diluted: 1:5000; Jackson Inc., West Grove, USA) or peroxidase coupled goat anti-mouse antiserum (diluted: 1:5000; Jackson Inc., West Grove, USA) and enhanced chemiluminescence (Amersham Buchler, Braunschweig, Germany). Integrated optical density of Western blot reaction with antiserum directed against PCNA and β-Actin in TM3 cells was measured using Scion Image 4.0.2 (Scion Corporation, Frederick, USA) as previously described in detail [52].

**GAD activity measurements**

Determination of GAD activity by measuring the production of radiolabeled carbon dioxide (CO<sub>2</sub>) from <sup>14</sup>C-glutamate was performed as described previously [7,53]. In brief, TM3 cells, AtT20 cells and rat tissue samples were homogenized in 60 mM potassium phosphate buffer (pH = 7.1), containing 0.5% Triton X-100, 1 mM 2-aminooethyl-isothiouronium bromide and 1 mM phenylmethanesulphonyl fluoride (Sigma, Deisenhofen, Germany), centrifuged, and the supernatants were used in the assay. The assay was performed in a total reaction volume of 60 µl, containing 20 µl of sample and 0.1 mM EDTA, 0.5% Triton X-100, 0.1 mM DTT, 0.05 mM pyridoxal phosphate, 9 mM L-glutamate, 3.3 µCi/ml <sup>14</sup>C-glutamate (Biotrend, Köln, Germany, specific activity: 50–60 mCi/mmol) and 60 mM potassium phosphate buffer. The reaction mix was incubated for 1 h at 37°C and then stopped by adding 100 µl of 10% trichloroacetic acid per vial. The released CO<sub>2</sub> was absorbed on benzethonium hydroxide-drenched filter disks, and bound radioactivity was determined using a Tri-Carb 2100 liquid scintillation counter (Packard, Meriden, USA). The values obtained were normalized to protein content measured by DC protein assay (Bio-Rad GmbH, München, Germany) described above. Rat tissue samples that were heated to 95°C for 5 min served as negative controls.

**Statistical analyses**

Statistical analyses were performed using GraphPad Prism 3.02 (GraphPad Software, San Diego, USA). The results obtained in cell proliferation and GAD assay experiments were compared using one-way-analysis of variance ANOVA followed by Newman-Keuls test. The results received in Western blot experiments were compared using one-way-analysis of variance ANOVA followed by Dunnett’s test. Data shown are expressed as means±SEMs (standard error of the mean).

**Results**

A GABAergic system is present in postnatal rat testis:

**Active GAD, VGAT and GABA<sub>α</sub>-1 in postnatal rat Leydig cells**

In postnatal rat testis immunohistochemical studies revealed that components of a local GABAergic system are present in interstitial cells (Figure 1). GAD65/67 and VGAT proteins were localized to the cytoplasm of interstitial cells. Because of their rounded morphology and clustered appearance these interstitial cells represent fetal Leydig cells. Protein of GABA<sub>α</sub>-1 was immunolocalized...
Leydig cells in postnatal rat testis possess GAD, VGAT and GABA\textsubscript{A}-\alpha\textsubscript{1}. Immunohistochemical localization of GAD, VGAT and GABA\textsubscript{A}-\alpha\textsubscript{1} in the testis of five days old rats. Fetal Leydig cells with typical rounded morphology are located in clusters between the seminiferous tubules and are immunopositive for GAD (A) and VGAT (B). No reaction was observed in sections incubated with buffer (data not shown) or non-immune rabbit serum (C) instead of the primary antibody. The GABA\textsubscript{A} receptor subunit \alpha\textsubscript{1} (D) is also immunolocalized to clustered fetal Leydig cells (*). However other interstitial cells with a spindle-shaped appearance also exhibit specific immunoreactivity against GABA\textsubscript{A}-\alpha\textsubscript{1} (D, \textarrow). The insert panel (D) also depicts magnified spindle-shaped interstitial cells of another section, which are immunopositive for GABA\textsubscript{A}-\alpha\textsubscript{1}. No reaction was observed in sections incubated with buffer (data not shown) or non-immune rabbit serum (E) instead of the primary antibody. Bars: 50 \mu m.
not only to clustered fetal Leydig cells, but also to spindle-shaped interstitial cells. When antisera against GABA B-R1 and GABAB-R2 were employed, specific immunoreactive signals were absent. All control panels probed with buffer alone or non-immune rabbit serum were negative.

Evidence for enzymatically active GAD65/67 protein in postnatal rat testes was provided by measurements of 14C1-glutamic acid decarboxylation (Figure 2). Tissue of adult rat testes, which is known to possess GAD activity [7], served as positive control. GAD activity in postnatal testes was higher than GAD activity in postnatal testes. Columns with different superscripts are significantly (ANOVA/Newmann-Keuls, p < 0.001) different from each other and represent means+SEMs.

**Figure 2**
GAD is active in postnatal rat testis. GAD activity [cpm/µg protein] was measured in testicular tissue samples of 5–6 days old rats (D5-6, n = 10) and adult rats (Adult, n = 11). Tissue samples of adult rat testes (Co1, n = 6) and adult rat cerebella (Co2, n = 6) heated to 95°C for 5 min served as negative controls. GAD activity in adult testes is higher than GAD activity in postnatal testes. Columns with different superscripts are significantly (ANOVA/Newmann-Keuls, p < 0.001) different from each other and represent means+SEMs.

Proliferation marker PCNA is localized in interstitial cells of postnatal rodent testis
To identify proliferating cells in adult and postnatal rat testes we probed testicular tissue sections of rats (Figure 3) and mice (data not shown) with an antiserum against the proliferation marker PCNA. Specific immunoreactions were observed inside the seminiferous tubules on germ cells and in Sertoli cells, as well as in the cells of the interstitial compartment of all samples examined. In contrast, in adult rat testes we only occasionally found interstitial cells to be immunopositive for PCNA. In controls performed with buffer alone or buffer containing non-immune rabbit serum were negative.

**Figure 3**
PCNA in postnatal and adult rat testis. Immunohistochemical testicular localization of the proliferation marker PCNA (proliferating cell nuclear antigen) revealed that germ cells and Sertoli cells are immunopositive for PCNA, as seen in adult rat testis (A) and five days old (5d) rat testis (B). In interstitial spaces of adult testis (A) we sporadically found immunopositive cells (insert panel, A). In postnatal testis (B) abundant immunoreactive cells (*) were identified in the interstitium. No reaction was observed in sections incubated with buffer or non-immune serum (C, D) instead of the primary antibody. Bars: 25 µm.

The GABAergic system is also present in postnatal mouse testis: GAD67, VGAT and several GABA$_A$ receptor subunits in postnatal mouse testis
RT-PCR studies identified mRNAs of VGAT and GAD67, but not of GAD65 (data not shown). Furthermore, mRNAs of the GABA$_A$ receptor subunits α2, β1, β2, β3 and γ3 were readily detected (Table 2). The mRNAs of the GABA$_A$ receptor subunits α1, α3, γ1, γ2 and of the GABA$_B$ receptor subunits R1 and R2 were not found in postnatal mouse testis in several RT-PCR experiments. Immunohistochemical experiments (using GAD and VGAT antisera) yielded results similar to the ones obtained in rat (data not shown).
TM3 Leydig cells possess active GAD67, VGAT and GABA_a receptor subunits α_1, α_2/β_1, β_3 and γ_1

To examine whether mouse-derived TM3 cells may serve as model for proliferating Leydig cells, we first determined whether TM3 cells are able to produce GABA and possess GABA receptors. Specific immunocytochemical staining against GAD65/67 and VGAT protein was observed in TM3 cells (Figure 4). Specific immunoreactivity was absent in controls performed with buffer alone or buffer containing non-immune rabbit serum, respectively. RT-PCR and Western blot experiments confirmed these results and revealed GAD67, but not GAD65, in TM3 cells (Figure 5). GAD67 protein in TM3 cells was found to be enzymatically active (Figure 6) with an assayed GAD activity of 3.25 ± 0.24 cpm/µg protein (n = 11). TM3 cells (n = 6) and rat testicular tissue (n = 6), both heated to 95°C for 5 min, served as negative controls. GAD activity of TM3 cells was significantly (ANOVA/Newmann-Keuls, p < 0.001) higher than GAD activity (0.46 ± 0.05 cpm/µg protein) of AtT20 cells (n = 9), another mouse cell line. GAD activities of AtT20 cells and of negative controls (inactivated by boiling) were not significantly different from each other (ANOVA/Newmann-Keuls, p > 0.05).

Furthermore, mRNAs of the GABA_a receptor subunits α_1, α_2, β_1, β_3 and γ_1 were readily detected in TM3 cells (Table 2). In contrast the mRNAs of the GABA_a receptor subunits α_3, β_2, γ_2 and γ_3, as well as the mRNAs of the GABA_b receptor subunits R1 and R2 were not found in TM3 cells in several RT-PCR experiments.

| GABA_a receptor subunits | α_1 | α_2 | α_3 | β_1 | β_2 | β_3 | γ_1 | γ_2 | γ_3 |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| D5                       | -   | +   | -   | +   | +   | +   | -   | -   | +   |
| TM3                      | +   | +   | -   | -   | +   | +   | +   | -   | -   |

Table 2: Distribution of GABA_a receptor subunits in postnatal mouse testis (D5) and in TM3 cells revealed by RT-PCR

The RT-PCR results (+) in postnatal mouse testis (D5) and in TM3 cells were confirmed by sequencing; (-) indicates that the expected mRNA was not detected in several RT-PCR experiments.

GABA and GABA_a agonist isoguvacine increase cellular content of PCNA in TM3 cells

Levels of the proliferation marker PCNA was determined using Western blotting after stimulation with GABA or GABA receptor agonists/antagonists in TM3 cells (Figure 7). TM3 cells were incubated 0, 5, 10, 15, 30 min with GABA, GABA+bicuculline, isoguvacine, isoguvacine+bicuculline, baclofen and baclofen+phaclofen, respectively, and PCNA content was semiquantitatively determined by Western blotting. Signals were normalized and thus corrected for minor loading differences with the help of the results obtained for β-Actin (n = 5 experiments per treatment). Stimulation with GABA or GABA_a agonist isoguvacine lasting for 15 min significantly (ANOVA/Dunnett’s, p < 0.001) increased PCNA content in TM3 cells compared to untreated samples (0 min stimulation). This effect was blocked by co-incubation with GABA_a antagonist bicuculline. Stimulation with GABA_a agonists or antagonists (baclofen, and baclofen+phaclofen) did not alter PCNA content in TM3 cells (data not shown).

GABA induced TM3 cell proliferation is mediated by GABA_a receptor

In order to investigate whether GABA_a receptor activation is not only able to increase PCNA content in TM3 cells, but indeed can stimulate TM3 cell proliferation, we performed proliferation assays (Figure 8). TM3 cells were incubated for 24 h with GABA (n = 22), isoguvacine (n = 21), baclofen (n = 25), GABA+bicuculline (n = 19) and isoguvacine+bicuculline (n = 13). GABA significantly (ANOVA/Newmann-Keuls, p < 0.05) increased TM3 cell proliferation up to 124.3 ± 4.4% compared to untreated controls (n = 36; 100%). Stimulation with isoguvacine also significantly (ANOVA/Newmann-Keuls, p < 0.05) increased cell proliferation up to 120.7 ± 4.1%, but baclofen treatment did not result in significant alteration in cell proliferation. Further evidence for involvement of GABA_a receptors was provided by blocking of the proliferative effects of GABA and isoguvacine by GABA_a antagonist bicuculline (ANOVA/Newmann-Keuls, p < 0.05).

Discussion

The present study shows that crucial components of a GABAergic system are present in the endocrine compartment of postnatal rodent testis and that GABA stimulates proliferation of TM3 Leydig cells via GABA_a receptors. These results suggest that GABA may regulate cell proliferation of fetal Leydig cells and/or mesenchymal precursors of the adult Leydig cell lineage in an auto-/paracrine manner. We therefore suggest that GABA may contribute to the morphogenesis of the testis.
Previously we and others demonstrated first details of a local GABAergic system in the endocrine compartment of adult rodent and human testis [7,54]. Adult Leydig cells possess enzymatically active GAD, VGAT and several GABA_A and GABA_B receptor subunits. Both isoforms GAD65 and GAD67 were present in rats and mice [7]. The functional significance of a testicular GABAergic system is not well known, but auto-/paracrine modulation of testosterone production in Leydig cells is a possibility suggested by studies describing stimulating effects of GABA on testosterone production in rats [8,9]. Since hormonal influences clearly govern steroid production of the adult testis, the modulatory effect of GABA on testosterone may however not be the main effect of GABA.

We rather speculated that GABA may exert trophic effects in the testis. This assumption was based on the trophic action of GABA via GABA_A receptors in the developing brain. We focused in this study therefore on the postnatal testis, which bears proliferating cells including fetal Leydig cells and cells of the adult Leydig cell lineage.

It is widely accepted that two distinct Leydig cell populations are present during the first postnatal week in mouse and rat testis [33,34,36-39], namely steroidogenic fetal Leydig cells and mesenchymal precursors of adult Leydig cells. The first mentioned form conspicuous clusters in the interstitium [31,34,55]. Although fetal Leydig cells

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**Figure 4**
Immunocytochemical evidence for the presence of GAD and VGAT in TM3 cells. A cytoplasmatic staining pattern for GAD (glutamate decarboxylase) and VGAT (vesicular GABA transporter) was observed in TM3 cells (A, B). Controls included using non-immune serum (C) and omission of primary antiserum. Bars: 15 µm.

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**Figure 5**
RT-PCR and Western blot results: TM3 cells express GAD67 and VGAT. RT-PCR experiments (A) revealed that TM3 cells possess mRNA for GAD67, but lack GAD65 (data not shown), as well as VGAT. Expected product sizes were 399 bp for GAD67 and 302 bp for VGAT. Western blot analysis (B) revealed the presence of GAD67 in TM3 cells. Protein probes from mouse brain served as positive control and depict immunoreactivity for both GAD isoforms.
represent a differentiated cell population, there is evidence for a moderate increase in the number of these cells during the first two weeks of postnatal development [31, 39]. In contrast, non-steroidogenic mesenchymal precursor cells of the adult Leydig cell lineage are located primarily in peritubular regions and proliferate strongly. They differentiate during the second postnatal week into progenitor cells and from the end of the third week on into newly formed, immature and then into fully functional mature adult Leydig cells [33, 34, 36-38].

Our immunohistochemical findings indeed evidenced dramatic proliferative events in the postnatal testis. Interstitial and peritubular cells in the testis of five days old rats expressed the proliferation marker PCNA, which was used in testicular tissues before [56-58]. Among these cells are likely connective tissue cells and endothelial cells [59-61], but also fetal Leydig cells and mesenchymal precursors of adult Leydig cells, as judged by their typical location and morphology. Since the latter are undifferentiated in nature [34, 36-38], we could not use specific markers to distinguish them from other cell types.

Our study links Leydig cells proliferation and local testicular GABA synthesis. This is based first on the fact that we identified GABA synthesis and GABA_A receptors in the postnatal testis of rodents, and second on the proliferative action of GABA and GABA_A agonists in TM3 Leydig cells.

We identified only fetal Leydig cells, characterized by their rounded morphology and clustered appearance in the testicular interstitium, to possess GAD67 and VGAT. In contrast to adult testis, GAD65 was not detected. GAD67 was, however, found to be enzymatically active in rat testicular tissue of the same developmental stage. These two results together allow the conclusion that only fetal Leydig cells possess the pivotal molecules to synthesize and store GABA.

The present investigation provides insights into the possible targets of testicular GABA. As evidenced by RT-PCR studies, several GABA_A receptor subunits are expressed in the postnatal testis. GABA_A receptors were not found in postnatal testis, a result in contrast to our previous study in the adult rodent testis [7]. Immunolocalization of GABA_A receptor subunits was hampered, due to availability of suitable antisera, but localization of GABA_A-α1 revealed presence on rat fetal Leydig cells, but also on spindle-shaped interstitial cells. At least some of the last mentioned cells are very likely to represent mesenchymal precursor cells of the adult Leydig cell lineage. Thus according to the immunolocalization of GABA_A-α1, both fetal Leydig cells and precursors of adult Leydig cells, are possible targets for GABA in the postnatal testis.

The number of fetal Leydig cells increases moderately in rodents during the first two weeks of postnatal development [31, 39] and it is possible that GABA may mediate this effect. Another possibility is that GABA may modulate cell proliferation of mesenchymal precursor cells of adult Leydig cells or other GABA_A receptor bearing testicular cell types. Based on our results in the present study, it is possible that GABA might even be a start signal leading to proliferation and differentiation of mesenchymal precursors of adult Leydig cells. Interestingly, this signal is as yet unknown [34, 37, 38]. Thyroid hormone may be involved, but participation of LH and androgens in the initiation of adult Leydig cell development was ruled out [37, 39, 62-66].

Clearly, in-vivo evidence for such a crucial role of testicular GABA is as yet missing, but unequivocal evidence for a proliferative action of GABA via GABA_A receptors was provided by cell culture experiments using TM3 Leydig cells, which possess GABA_A receptor subunits. Involvement of GABA_A receptors was suggested by the use of the pharmacologically well defined GABA_A agonist isoguvacine and by the use of the GABA_A antagonist...
bicuculline. Interestingly, this signaling pathway is in analogy to studies in the developing brain, where GABA also induces cell proliferation of neuronal progenitors and other neuronal cell types via activation of GABA$_A$ receptors [10-13].

In summary, a GABAergic system exists already in postnatal rodent testis and differs from the one in adult testis, since one of the two GAD isoforms as well as GABA$_A$ receptor subunits are missing. Nevertheless, it appears functional and our results suggest that GABA has similar roles in the developing brain and in the developing testis, namely to act as a trophic factor affecting the morphogenesis of crucial cells in these two organs.

**Authors’ contributions**

CG carried out most of the experiments, participated in the study design, performed statistical analyses and drafted the manuscript. RFGD carried out part of RT-PCR, Western blotting and immunocytochemistry. AT and AK

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**Figure 7**

PCNA content in TM3 cells is increased by GABA and GABA$_A$ agonist isoguvacine. Using Western blot analyses we examined PCNA content of TM3 cells after 0, 5, 10, 15, 30 min stimulation with GABA, GABA+bicuculline, isoguvacine and isoguvacine+bicuculline, respectively. The PCNA content of TM3 cells after 15 min stimulation with GABA (A) is significantly higher compared to untreated TM3 cells or compared to TM3 cells stimulated for 15 min with GABA+bicuculline. After 15 min stimulation with isoguvacine (B) the PCNA content of TM3 cells is also significantly higher compared to untreated TM3 cells or compared to TM3 cells stimulated for 15 min with isoguvacine+bicuculline. Data represent means+SEMs of $n = 5$ independent experiments and were normalized to $\beta$-Actin levels. Columns with different superscripts are significantly ($p < 0.001$, ANOVA/Dunnett’s test) different from each other. Figure 7C and 7D depict representative Western blot experiments, respectively.
provided technical assistance. AM conceived of the study, and participated in its design, coordination and writing of the manuscript. All authors read and approved the final manuscript.

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