Changes in immune system and intestinal bacteria of cows during the transition period

S. Chida, M. Sakamoto, T. Takino, S. Kawamoto, K. Hagiwara

School of veterinary Medicine, Rakuno Gakuen University, 582 Bunkyo dai Ebetsu, Hokkaido, 069-8501 Japan
Scientific Feed Laboratory co., ltd., R & D center, Sakura city, Chiba, 285-0043 Japan

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ABSTRACT

High-yield dairy cows need high energy feed during periods of increased milk production. The transitional feeding to high energy feed increases the risk of developing a variety of metabolic disorders. Here, five Holstein cows were fed a four-stage feeding protocol (3 weeks for each stage) ranging from 54.9 to 73.7% total digestible nutrients (TDN). The purpose of the study was to investigate the effect of lactic acid bacteria on high-energy fed cows associated with transitional feeding, and to evaluate the effects of probiotics on intestinal bacterial changes and inflammatory responses. Three feed transition periods were established for five cows, and Lactobacillus plantarum RGU-LP1 (LP1) was fed as a probiotic during the high-energy feeding period. The number of lymphocyte subsets such as CD3-, CD4-, and CD8 positive cells decreased in response to the high energy feed. Lipopolysaccharide (LPS)-induced cytokine (IL-1β and IL-2) gene expression in peripheral blood mononuclear cells (PBMCs) was shown to increase in those animals receiving the high energy feed. However, supplementation with LP1 resulted in an increase in the number of lymphocyte subsets and the expression of IL-1β and IL-2 were returned to the level at low energy diet. These results suggest that high energy diets induce inflammatory cytokine responses following LPS stimulation, and that the addition of LP1 mitigates these results by regulating the LPS-induced inflammatory reaction. Therefore, the functional lactic acid bacteria LP1 is expected to regulate inflammation resulting from high energy feeding, and this probiotic could be applied to support inflammatory regulation in high-yield dairy cows.

Introduction

Dairy cattle feeds need to account for the increasing energy requirements of increased lactation and increased milk production in the early lactation period. Lactation may result in a sizable energy gap that must be filled to ensure further production, this means that most dairy cows will receive some form of high-concentrate grain during lactation. If the feed composition does not change, the energy requirement is not met. Animals in the early stages of lactation should be fed high levels of grain and placed in a feeding stage that allows for the positive regulation of lactation while reducing the negative energy balance associated with milk production (Harder, Stamer, Junge & Thaller, 2019; Krizsan, Sairanen, Höjer & Huhtanen, 2014). This is particularly true in animals that demonstrate a high level of lactation (Weiss, 2017). However, high energy diets reduce the pH in the rumen forcing a change in the rumen microbiome which is exacerbated by reduced hay consumption and saliva production (Mackie & Gilchrist, 1979). In addition, subacute rumen acidosis may result in the release of various exotoxins such as LPS when the ruminal bacteria die ( Ringsseis, Gessner & Eder, 2015). This upregulates liver stress and may induce several serious metabolic diseases including fatty liver disease and ketosis (Andersson, 1988). There is also an overlap between gestation and early lactation which means that these animals must also deal with their gestation stress, placing these animals at high risk for developing several perinatal diseases such as ruminal tympany and abomasal displacement (Welch et al., 2020). This means that nutritional care and controlled feeding is critical to the overall health of dairy cows.

The composition of the intestinal flora is closely related to overall...
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Changes in biometric information using the same cow can be clearly confirmed before and after administration of probiotics. Based on the above intention, in this study, 5 cows were fed a feed from low to high energy diet. In the beginning, the five cows received only hay (15 kg / head / day) for 2 weeks for habituation. This study is an observational follow-up study prospectively collected from five cows under a four-stage transitional feeding protocol (low to high energy diet). We also observed the immune effects of LP1 during the high energy diet period in the same cows at stage 4 (Fig. 1). The detailed energy composition of the feed is as follows, and the component details are shown in Table 1. The five cows received reduced amounts of hay in their Total-Mixed-Ration (TMR) every three weeks and were fed a high-energy diet in Stage 3. In stage 4, the cows were given LP1 (10^6 CFU/head/day) and the same TMR as in stage 3. Total-Digestible-Nutrients (TDN) at stages 1 to 3 were 54.9%, 68.2%, and 73.7%, respectively (Fig. 1). The cows were fed each stage of the diet twice a day, morning and evening. Water was provided at libitum. We made daily clinical observations and each cow was tested for a complete blood count using the poeH-100IV Diff (Sysmex Co. Ltd., Hyogo, Japan) system before proceeding to the next feeding phase.

**Materials and methods**

**Probiotic bacteria strain**

Here we used Lactobacillus plantarum RGU-LP1 (LP1, Patent# 35,610,472) as our probiotic strain. L. plantarum RGU (Lp1), a functional lactic acid bacteria strain isolated from naturally fermented milk, without any genetic modification. It is characterized by gastric acid resistance, bile acid resistance, low temperature growth, and various sugar assimilating bacteria, and has the effect of enhancing the metabolic activity and immune function of the administered animal.

They were cultured in 10% skim milk (Megmilk Snow Bland Co., Ltd. Hokkaido Japan) inoculated with a single colony and cultured at 37 °C for 72 h. These solutions were then used to produce a bacterial solution at known concentration (1010 CFU/mL) in 10% skim milk. These bacterial solutions were stored at 4 °C and used within 3 days.

**Animals and experimental design**

The experimental cows are healthy Holstein-Friesian dairy cows aged 3–6 years (dry milk period 2–12 months). These cows are managed on experimental farms at Rakuno Gakuen University as fistula-equipped dairy cows for rumen and metabolic studies. The rumen fluid is measured directly from these bovine fistulas. No other studies were conducted during the study period and for 6 months before and after. This study was approved by the Ethics Committee from the Rakuno Gakuen University in Japan (VH16C10).

Blood samples were collected from the jugular vein using a blood collection tube supplemented with ethylenediaminetetraacetic acid (EDTA) for the purpose of immunological blood tests. The peripheral blood mononuclear cell (PBMC) fraction from the blood was then separated by density gradient method using the Ficoll-Conray (density, 1.086). Then the PBMC was washed at libitum. We made daily clinical observations and each cow was tested for a complete blood count using the poeH-100IV Diff (Sysmex Co. Ltd., Hyogo, Japan) system before proceeding to the next feeding phase.

**Sampling**

Blood samples were collected from the jugular vein using a blood collection tube supplemented with ethylenediaminetetraacetic acid (EDTA) for the purpose of immunological blood tests. The peripheral blood mononuclear cell (PBMC) fraction from the blood was then separated by density gradient method using the Ficoll-Conray (density, 1.086). Then the PBMC was washed with RPMI 1640 media for 3 times and used for the immunological examination.

Fecal samples were collected from the rectum and immediately prepared with sterile PBS to prepare a stool diluent and cultured with intestinal bacterial selection. All samples were collected on day 20 of each feeding stage, with rectal feces and blood collected prior to morning feeding. The rumen fluid was collected 3 times a day before feeding in the morning and 5 h and 10 h after feeding. For the rumen fluid, a hollow pipe with transverse holes was inserted through the fistula and 500 ml of the contents were removed from the lower liquid portion by catheter aspiration. Following collection, immediately mesh filtration was performed and pH was measured with a pH meter (LAQ UA twin, Horiba co Ltd., Kyoto, Japan). The average value of three
measurements was calculated.

**Intestinal microbiota analysis**

Feces were subjected to serial 10-fold dilutions in phosphate-buffered saline (PBS). Diluted samples were cultured on modified Lactobacillus selection (LBS; Nissui Pharmaceutical, Tokyo, Japan), *Bifidobacterium* selection (BS; Nissui Pharmaceutical, Tokyo, Japan), and deoxycholate hydrogen sulfide lactose (DHL) agar (Nissui Pharmaceutical, Tokyo, Japan). Coliform colonies were counted after the samples were cultured under aerobic conditions for 24 h using DHL agar. *Lactobacillus sp.* and *Bifidobacterium sp.* colonies were counted after the samples were cultured for 48 h in an anaerobic environment on LBS or BS agar, respectively. The results were expressed as the number of colony-forming units (CFUs) per gram of fecal matter.

**Flow cytometry analysis**

Lymphocyte subsets in the peripheral blood samples were evaluated using flow cytometry. PBMCs from each stage were incubated with mouse anti-bovine CD3 (M1A), CD4 (CACT138A), CD8 (CACT80C) and γδT (WC1; IL-A29)-monoclonal antibodies (Veterinary Medical & Research Development, WA USA) for 45 min at room temperature. The cells were then washed with PBS twice, incubated with rabbit anti-mouse fluorescein isothiocyanate (FITC) antibody (ROCKLAND Inc., PA, USA) for 45 min at 4 °C, then washed with PBS another two times, treated with 0.5% formalin-PBS, and used for flow cytometry analysis (EPICS XL, Beckman Coulter, California, USA).

**Cytokine gene expression following LPS stimulation**

Changes in the cytokine and LPS binding receptor gene expression profile (IL-1β, IL-2, IL-10, IFN-γ, TNF-α, TGF-β, and TLR-4) in the cattle PBMCs were evaluated by quantitative reverse transcription PCR (qRT-PCR). Firstly 2 × 10⁶ PBMCs were stimulated with lipopolysaccharide (LPS; 5 µg/mL) (FUJIFILM Wako Pure Chemical, Tokyo, Japan) for 5 h and then collected for qRT-PCR. Total RNA was extracted from these stimulated PBMCs using a RNeasy Mini Kit (QIAGEN, Hilden, Germany) and cDNA was synthesized using a First Standard cDNA Synthesis Kit (Roche, Basel, Switzerland) with an anchored-oligo (dT) primer. RNA was stored at −80 °C and cDNA was stored at −30 °C until analysis. qRT-PCR was carried out using RotorGene Q (QIAGEN, Hilden, Germany), and the genes were detected using a QuantiTect SYBR Green Kit (QIA-GEN, Hilden, Germany). The amplification conditions were as follows: 45 cycles of 95 °C for 10 s, 60 °C for 10 s, and 72 °C for 10 s. The primer pairs used in these analyses are shown in Supplementary Table 1, and the data obtained were analyzed to the expression levels of Glyceraldehyde 3-phosphate dehydrogenase (GAPDH).

**Statistical analysis**

Statistical analysis of colony number, rumen pH, lymphocyte subsets, and cytokine gene expression was performed by comparing data between each feeding stage of five animals with the Wilcoxon Signed-Rank Test for nonparametric analysis. Differences were considered significant when the probability value (p) was less than 5% (p < 0.05).

**Results**

The experimental cows did not present with any clinical symptoms during the observation period. Routine blood examination revealed that all of the cows remained in the normal range of CBC results for the full course of the study.

**Intestinal microbiota**

The relative abundance of the *Lactobacillus*, *Bifdobacterium*, and coliform species in each of the fecal samples from each stage are summarized in Fig. 2. The abundance of the *Bifdobacterium* (log CFU/g) at stages 1 to 4 were 3.6, 5.3, 7.6, and 6.8, respectively while the Lactobacillus were 2.2, 3.9, 6.4, and 5.6, respectively. Both the *Lactobacillus* and *Bifdobacterium* increased significantly between stages 1 and 3, but did not change significantly between stages 3 and 4. The relative abundance of the coliforms was 5.7, 5.7, 5.8, and 5.6, respectively, with these bacteria showing no response to the feeding materials or probiotic supplementation at stage 4.

**Rumen pH**

Rumen pH was measured at 3 points per day: after the morning feed, 5 h after feeding, and 10 h after feeding. The rumen pH (mean ± SD) at stage 1 to 4 were 7.0 ± 0.1, 6.8 ± 0.1, 6.5 ± 0.1 and 6.6 ± 0.2, respectively, thus confirming that the rumen pH decreases in response to high-energy feed (Fig. 3, p < 0.05).

**T lymphocyte subsets in the PBMCs**

The presence of various T lymphocyte subsets including CD3+, CD4+, and CD8 positive or WC1 positive cells were monitored by flow cytometry (Fig. 4). The proportion of CD3 positive cells at stages 1 to 3 were 44, 45, and 36% respectively while the CD4 positive rate was 25%, 26%, and 17%, respectively and the CD8 positive rates were 11%, 9%, and 7%, respectively. The number of CD3, CD4 and CD8 positive cells tended decreased between stages 1 and 3, and the significant differences were observed between stage 3 to 4 (Fig. 4A, p < 0.05). The proportion of WC1 positive cells in these cows at stages 1 to 3 were 5%, 5%, and 7%, respectively. A significant increase in WC1 was observed between stages 3 and 4. The cows under LP1-treated stage 4 showed a significant increase in lymphocyte subsets (CD3+, CD4+ and CD8+) that were decreased in stage 3. However, no significant change was observed in WC1 positive ratio (Fig. 4B).

**Cytokine gene expression in LPS stimulated PBMCs**

A summary of the cytokine gene (IL-1β, IL-2, IL-10, IFN-γ, TNF-α, and TGF-β) expression values in LPS stimulated PBMCs is shown in Table 2. IL-1β, IL-2 and IL-10 expression (mean±SD) was shown to increase significantly at stage3 when compared to stage 1, and these levels also decreased significantly at stage 4, IFN-γ, TNF-α, and TGF-β did not show any significant changes in expression between stages 1 and 4.

Supplementary experiment results were shown for the LPS-stimulated IL1-β response at 3 weeks after the LP1 administration. The expression of IL1-β by LPS stimulation in PBMC derived from 5 cows increases IL1-β expression 3 weeks after the LP1 treatment (Supplementary figure 1). Therefore, the suppression of IL1-β expression was shown to be released in PBMC after the end of the LP1 treatment period, indicating that the LP1 effect was transient for the treatment period.

**Discussion**

Dairy cows have high nutritional needs, but the high energy feeding compromises rumen health, causing subacute ruminal acidosis (SARA), following with physical failure (Humer, et al. 2018). In high producing dairy herds, proper feeding management is required to maintain rumen health and prevent disease. Previous studies have suggested that supplementation with feed additives containing probiotics may reduce disease incidence in cow (Vibhute, et al., 2011). In this study, we monitored changes in immune function in cows during transitional feeding and examined the effects of functional *Lactobacillus* LP1 administration during high-energy feeding period. To examine the
Fig. 2. Abundance of Bifidobacterium, Lactobacillus, and coliforms in rectal feces samples at each stage. Changes in the number of bacteria in the feces from feed stages 1 – 4 (Lp1 administration). Significant differences between groups are indicated by * $p < 0.05$. 
immunological changes associated with the transition from low to high-energy diets (stages 1–3), five cows were fed each stage of the diet, and the individual changes were examined. In addition, Lp1 was administered to the cows under a high-energy diet (stage 4), and changes in the rumen pH of the dairy cows were observed, as well as changes in the intestinal microflora and the immune response at the cellular level.

The transition of lactobacillus sp. in feces showed a clear change with transitional feeding. Lactobacillus sp. and Bifidobacterium sp. increased significantly from stage 1 to 3. This clearly indicated that the diet composition was favorable for the growth of lactic acid bacteria. Coliform, on the other hand, did not change significantly with transitional feeding. It may be part of the bacterial flora that is not affected by transitional feeding in these experiments.

In general, rumen pH is maintained by the secretion of saliva in response to hay chewing and rumination, allowing for the maintenance of the commensal bacteria balance in the microbiome (Mackie & Gildchrist, 1979). Changes in the feed composition affected the numbers of Lactobacillus and Bifidobacterium spp. In experimental cows, increased feed TDN levels (decreased Hay consumption and increased grain feed rates) resulted in a significant increase in the number of Lactobacillus and Bifidobacterium spp. in the gastrointestinal tract. On the other hand, the pH in the rumen was significantly decreased in response to increasing TDN levels, which is in agreement with a previous report (Neubauer et al., 2018). Here, we observed that rumen pH decreased in response to high energy feeding (stage 3). A comparison of rumen pH trends from stage 1–3 showed a significant decrease to pH of 6.5. The risk of SARA increases after a lumen pH of less than 5.6 and more than 3 h a day. (Plazier et al. 2008). The stage 3 feeding is high energy diets, can be considered as high-risk management, however, a small increase in pH was observed in Stage 4 after administration of Lp1, indicating a possibility SARA control effect on the rumen environment. Blends of lactic acid-producing bacteria have been investigated as probiotics to be fed to high-producing dairy cows to increase pH, VFA production, and lactic acid utilization in the rumen (Neubauer et al., 2018). These effects not only improve the gut microbiota, but also affect immune function.

The analysis of the lymphocyte subsets showed that CD3, CD4, and CD8 positive οβγ-type T lymphocytes decrease following the addition of high TDN feeding. Lymphocyte composition is a useful indicator of immune status. We compared peripheral blood lymphocyte subsets in different feeding stages to understand the impact of the feed composition on overall immune activation. In non-parturition and non-lactating cattle, excessive energy feeding was shown to reduce οβγ-type T lymphocytes. High-energy diets have been shown to lower rumen pH and alter the composition of the intestinal microbiota. In addition, high energy diets have also been linked to increases in the amount of circulating LPS and LPS induced reductions in οβγ T lymphocytes (Klaudia & Alina, 2015; Ohtaki et al., 2020). Many researchers believe that high-energy feed should be considered as a background factor when evaluating immune function in cattle. In contrast, the breeding cycle has been linked to increases in the οβγ T lymphocytes in the postpartum and early lactation phases (Meglina, Johannisson, Agen, Holtenius & Walle, 2005). Peripheral lymphocytes are known to exhibit complex responses to the ecological stresses induced during pregnancy, labor, and lactation. Dairy cows are moved onto a high energy diet following the establishment of a milking program after calving, with many of these animals developing a variety of metabolic and inflammatory diseases, such as fatty liver disease, during this period (Katoh, 2002). The results of this study suggest that the switch to a high-energy feed tends to decrease the lymphocyte ratios and enhances the inflammatory response to LPS stimulation. From the perspective of liver disease such as non-alcoholic steatohepatitis, the inflammatory cytokines (IL-1β), IL-2, and TNF-α are produced in the liver and are associated with disease (Bruscalupi, Agostinelli, Stronati & Cucchiara, 2015). Inflammation of the liver is one of the causes of liver disease as well as ruminants. Thus, revealing that these lactating cows manifest several background factors that increase their risk for developing several immune-mediated disorders.

The increase in CD3, CD4, and CD8 positive cells during high energy feeding in response to Lp1 supplementation and the return of the cytokine expression levels to that of low energy diet suggests that Lp1 supplementation may protect the unbalanced immune response associated with high energy diets. In the LPS stimulation study using PBMC from five cows, an increase in inflammatory cytokine expression was observed following with increasing feed energy, but this was attenuated by Lp1 administration. Suppressive effect of inflammation was observed with Lp1 administration, although it was only a part of the systemic response since only PBMC was used. A previous study in human NK cells showed that supplementation with Lactobacillus plantarum promoted IL-10 production (Qiu et al., 2017). However, the increase in anti-inflammatory cytokines (IL10 and TGFβ) was not observed with Lp1 administration, which may indicate that the inflammatory regulatory response was already affecting PBMC in the Lp1-treated cows.
Alternatively, it could be due to other than inflammatory cytokine regulatory mechanisms. One of the possible explanations is that butyrate production, which is associated with the improvement of intestinal microflora by LP1 administration, reduced inflammation. In addition, the suppression of \( \text{IL-1}\beta \) expression by LPS stimulation disappeared after LP1 administration was terminated, suggesting that LP1-producing molecules may act as transcription factor regulators (supplementary figure 1). Short-chain fatty acids produced by enteric bacteria, including Lactobacillus, act on cells by means of G-protein-coupled receptors (GPCRs) on the cell surface. Butyrate promotes the induction of T cell differentiation into regulatory T cells via GPR43 (Furusawa et al., 2013). In addition, it regulates NF-\( \kappa \)B activation via TLR signaling such as lipopolysaccharide (Kellow, Coughlan & Reid, 2014; Vinolo, Rodrigues, Nachbar & Curi, 2011). Since there are many unanswered questions

![Fig. 4. Comparison of the effects of specific dietary changes on various lymphocyte subsets.](image)

The proportion of each of the lymphocyte subsets (CD3, CD4, CD8, and WC1) in each feed group is shown. A compares the changes in each lymphocyte positive rate in each stage (1–3). B shows the change in these populations between feed stages 3 and 4 (LP1 administration). Significant differences between groups are indicated by * \( p < 0.05 \).

|                | Stage 1 | Stage 2 | Stage 3 | Stage 4 |
|----------------|---------|---------|---------|---------|
| \( \text{IFN-}\gamma \) | 1.4 ± 1.1 | 1.1 ± 0.9 | 0.7 ± 0.2 | 0.6 ± 0.5 |
| \( \text{IL-2} \)      | 1.8 ± 0.6 | 3.3 ± 1.3 | 8.0 ± 1.6* | 4.3 ± 2.2 |
| \( \text{TNF-}\alpha \) | 0.8 ± 0.3 | 1.5 ± 0.2 | 1.2 ± 0.3 | 1.2 ± 0.5 |
| \( \text{IL-1}\beta \)  | 1.1 ± 0.5 | 0.8 ± 0.4 | 2.6 ± 0.6* | 0.9 ± 0.5 |
| \( \text{IL-10} \)     | 0.6 ± 0.3 | 0.8 ± 0.5 | 1.5 ± 0.6* | 0.4 ± 0.2 |
| \( \text{TGF-}\beta \)  | 1.3 ± 0.5 | 1.8 ± 0.9 | 2.0 ± 0.9 | 1.4 ± 0.5* |

* \( p < 0.05 \), Significant differences in cytokine expression between stage 2 and 3.
† \( p < 0.05 \), Significant differences in cytokine expression between stage 3 and 4.
about the LP1-producing molecules and their mechanisms, further analysis is needed.

In conclusion, a dietary energy transfer feeding study was conducted in cattle. The dietary composition changes associated with this continued Casper, D. P., Hultquist, K. M., & Acharya, I. P. (2021). Lactobacillus plantarum GB LP-1 S. Chida et al.

References

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Ethical Statement

Based on the ethical guidelines for animal experiments, this experiment was reviewed and approved by the University’s Laboratory Animal Ethics Committee (approval number VH16C10).

Conflicts of Interest

This study was partially funded by Scientific Feed Laboratory Research Grant (2019).

The L. plantarum RGU-LP1 strain used in this study is a laboratory stock patented by the authors (LP1, Patent # 35610472).

CRediT authorship contribution statement

S. C: Sample collection and preliminary processing, investigation, molecular biology analysis, writing - original draft, data curation, software application; M.S: Sample collection and preliminary processing, investigation, molecular biology analysis, methodology, investigation, data curation, software application and formal analysis; T.T: Methodology, formal analysis, preliminary processing; S. K: Methodology, visualization, investigation, formal analysis, software, validation, sample collection and preliminary processing; K.H: conceptualization, methodology, validation, supervision, writing - review and editing, project administration, funding acquisition.

Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.vas.2021.100222.