High CYP2E1 activity correlates with hepatofibrogenesis induced by nitrosamines

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ABSTRACT

Hepatofibrosis, which leads to cirrhosis and eventual hepatocellular carcinoma, is a common response to chronic toxin-mediated liver injury. Nitrosamines are potent hepatotoxic agents that cause necrosis and subsequent fibrosis in the liver as a result of cytochrome P450 2E1 (CYP2E1)-dependent metabolism, which generates toxic metabolites that form adducts with nucleic acids, leading to hepatotoxicity and mutagenesis. Herein, CYP2E1 activity and content were determined in fibrotic liver tissue from patients with hepatocellular carcinoma. The relationship between CYP2E1 innate activity and hepatofibrogenesis was evaluated, the effect of inhibition of CYP2E1 activity on hepatofibrosis was determined in a Sprague-Dawley rat model of diethylnitrosamine-induced hepatofibrosis. The results demonstrated that the CYP2E1 activities in human fibrotic tissues are significantly higher than that in normal liver tissues. In rats treated with diethylnitrosamine, the livers demonstrated various degree of fibrotic changes and collagen deposition in individual rats. The Ishak score, which determines the stage of fibrosis, correlated with CYP2E1 innate activity, with greater fibrosis in rat livers with higher CYP2E1 innate activity. Inhibition of CYP2E1 during diethylnitrosamine treatment decreased hepatofibrosis and there was an inverse correlation between the degree of inhibition and the extent of hepatofibrosis. Therefore, high CYP2E1 activity is a risk factor for hepatofibrogenesis induced by nitrosamines.

INTRODUCTION

Chronic liver diseases represent a serious global public health problem. Hepatofibrosis is a classical wound-healing response of the liver to chronic injury including infection with hepatitis virus B and C, disturbances in metabolism, and toxic insults [1, 2], ultimately leading to liver cirrhosis and hepatocellular carcinoma [3]. Because there are as yet no approved therapies, prevention and early intervention to stabilize or reverse disease progression is very important in the management of patients with hepatofibrosis [4, 5].

Nitrosamines, a large class of ubiquitous chemical carcinogens, have been found in a variety of products, including meat [6], tobacco smoke [7], and food color additives [8]. Previous studies reported that increased consumption of nitrosamines is linked to an increased risk of cancers of the gastro-intestinal tract and hepatocellular carcinoma [9-11]. Persistent fibrosis induced by chronic liver injury often precedes liver tumor formation, with hepatocellular carcinoma [12]. In humans, 80-90% of hepatocellular carcinoma patients are associated with advanced hepatic fibrosis or cirrhosis [13]. Notably, chronic and repeated insult by nitrosamines can induce fibrosis, cirrhosis, and hepatocellular carcinoma.

Cytochrome P450 2E1 (CYP2E1) is mainly expressed in the liver and plays a critical role in the metabolism of many known environmental toxicants,
including nitrosamines, benzene, and carbon tetrachloride [14, 15]. As one of the more common nitrosamines, diethylnitrosamine (DEN)-induced hepatic injury is reported to be closely linked to CYP2E1’s role in the metabolic activation of DEN, in which metabolites produced from DEN generate reactive electrophiles leading to cytotoxicity and carcinogenicity [14, 16]. Previous studies reported that increased CYP2E1 levels result in an enhanced activation of procarcinogens to carcinogens [17] and induction of oxidative stress [18]. In contrast, CYP2E1-knockout mice were shown to develop less oxidative stress [19] and less oxidized DNA adducts [14, 20], as compared to wild-type mice.

Our previous studies found that CYP2E1-mediated probe (chlorzoxazone) clearance in vitro and in vivo was increased two-fold in fibrotic and cirrhotic patients, while probe substrate clearance rates for nine other principal CYPs were decreased or unchanged in these patients relative to normal subjects [21, 22]. CYP2E1-mediated chlorzoxazone clearance rates varied by 20.3-fold and 13.1-fold in normal subjects and fibrotic/cirrhotic patients, respectively, resulting in about 60% of fibrotic/cirrhotic patients with higher clearance rates than normal subjects [21, 23]. Although CYP2E1-mediated chlorzoxazone clearance increased in fibrotic patients, it was not known if CYP2E1-mediated DEN metabolism might also be increased in fibrotic patients. If so, the hypothesis which proposes that higher CYP2E1 activity yields greater nitrosamine activation, resulting in greater likelihood of fibrosis, should be correct. As a consequence, we proposed that CYP2E1 is a risk factor for hepatofibrosis induced by nitrosamines.

To test the relationship between CYP2E1 activity and hepatic fibrogenesis, we characterized CYP2E1 activity in human fibrotic liver tissues and the effect of CYP2E1 innate/inhibited activity on the development of hepatofibrosis in DEN-treated rats. Our results confirm a higher CYP2E1 activity in fibrosis patients. If so, the hypothesis which proposes that higher CYP2E1 activity might be a promising biomarker for hepatofibrosis, although the underlying mechanism of increased CYP2E1 activity in fibrosis remains to be established.

Higher CYP2E1 innate activity is associated with increased risk of hepatofibrosis

As CYP2E1 activity is significantly increased in fibrosis patients, we speculated that CYP2E1 is a risk factor for liver injury and fibrosis induced by nitrosamines. We investigated the relationship of CYP2E1 activity to hepatofibrosis in experimental models in vivo. Macroscopically, the liver weight (% body weight) of hepatofibrotic rats was significantly increased at week 12 compared with control rats (Figure 2A). Histopathologic examination revealed centrilobular atypia and multiple larger dysplastic foci but the degree of hepatofibrosis was different in individual rats (Figure 2B). Meanwhile, there was notable collagen deposition demonstrated by Masson’s trichrome staining and marked hepatocyte proliferation as assessed by immunohistochemical staining for Ki-67 in the hepatic fibrosis rat models (Figure 2C and 2D).

Beginning with establishment of the hepatofibrosis model (at week 0), the CYP2E1 innate activity in each rat was estimated by measuring the plasma concentration of DEN at different time points, with determination of toxicokinetic parameters (area under curve, AUC; apparent clearance, CL/F; half-life, $t_{1/2}$; maximum concentration, $C_{\text{max}}$; apparent volume of distribution, $V_{d}/F$) (Figure 3A and 3B). We found that the $t_{1/2}$ of mildly fibrotic rats (Ishak Score = 3/4) was observably longer than that of moderately fibrotic rats (Ishak Score = 5) (Figure 3B). Using the median value as the cutoff, we found that a low AUC of DEN in hepatic fibrosis rat models was associated with severe fibrosis (Figure 3C). Further, $AUC_{0-12}$, $AUC_{0-24}$, and $C_{\text{max}}$ both were inversely correlation with the degree of hepatofibrosis (Figure 3D). These data demonstrate that the higher CYP2E1 innate activity should be a risk factor for hepatofibrosis.
Inhibition of CYP2E1 activity prevents DEN-induced rat hepatofibrosis

Having established that higher CYP2E1 innate activity correlates with greater fibrosis, we used chlormethiazole, a CYP2E1 inhibitor, to examine the role of CYP2E1 in DEN-induced hepatofibrosis. To further determine whether CYP2E1 is a risk factor for hepatofibrogenesis, saline or chlormethiazole (10 mg/kg or

Figure 1: Increased CYP2E1 activity in hepatic fibrosis patients. (A) Representative haematoxylin-eosin (H&E) and Masson’s trichrome staining of liver tissue (magnification 200×). (B) CYP2E1 activity increased in fibrosis patients. (C) DEN is predominantly metabolized by CYP2E1. (D) There is no correlation between CYP2E1 content and CYP2E1 activity. Green circle, normal liver; orange circle, fibrotic liver; red circle, cirrhotic liver. S1: portal area fibrosis is expanded and confined in the hepatic sinus and lobule; S2: fibrosis around portal area, fibrous septums form, lobule structure maintained; S3: fibrous septums and lobule structure disordered, without cirrhosis; S4: early stage cirrhosis; CZX: chlorzoxazone, the probe substrate of CYP2E1; V: enzyme velocity; DEN: diethylnitrosamine. Data are expressed as the median with interquartile range; by Kruskal–Wallis test followed by Dunn’s test, where significant correlations were determined using two-tailed Pearson correlation calculations.
100 mg/kg) was administered by intraperitoneal injection before injecting DEN. In this intervention experiment liver weight (% body weight) did not differ between these groups (Figure 4A). Chlormethiazole caused a substantial and significant reduction in fibrosis as measured by either Sirius red staining or collagen staining (Figure 4B and 4C), and decreased hepatocellular proliferation as measured by immunohistochemical staining for Ki-67 (Figure 4D). These results suggest that chlormethiazole could reduce or prevent rat hepatofibrosis induced by DEN.

Figure 2: Macroscopic and microscopic findings on control liver tissue (n=10) and diethylnitrosamine (DEN)-induced hepatofibrotic liver tissue (n=20) in male rats. (A) Representative rat livers at week 12. Representative haematoxylin-eosin (H&E) (B), trichrome staining (C), and Ki67 staining (D) of liver tissue (magnification 200×) at week 12. Data are expressed as the median with interquartile range; by Mann-Whitney U test.
Figure 3: Elevated CYP2E1 innate activity is associated with increased risk of hepatofibrosis. (A) Time course of the plasma concentration of diethylnitrosamine (DEN) (50 mg/kg, i.p.) in the DEN-induced hepatic fibrosis models. Data are expressed as the median with interquartile range. (B) Toxicokinetic parameters of DEN (50 mg/kg, i.p.) in rats with different degree of fibrosis. Data are expressed as the median with interquartile range; Kruskal–Wallis test followed by Dunn’s test was performed. (C) The effect of CYP2E1 innate activity on the degree of hepatofibrosis. Data are expressed as the median with interquartile range; Mann-Whitney U test was used. (D) The correlation between the toxicokinetic parameters of diethylnitrosamine metabolism and the stage of fibrosis (n=20). Pearson’s correlation test was used.
Further, we confirmed the involvement of CYP2E1 in the chlormethiazole-induced reduction of hepatofibrosis. After 2.5 hours, rats receiving 10 mg/kg and 100 mg/kg chlormethiazole had higher concentration of DEN in plasma than those administered saline (Figure 5A). The AUC$_{0-t}$ and AUC$_{0-\infty}$ were significantly increased, and CL/F was markedly decreased in a dose-dependent pattern (Figure 5B). The above data confirm that chlormethiazole inhibits CYP2E1 activity. We next evaluated the relationship between CYP2E1 activity in the presence of chlormethiazole treatment and the degree of fibrosis (Figure 5C). These data demonstrate that inhibition of CYP2E1 activity prevents or reverses DEN-induced rat hepatofibrosis.

In summary, the results obtained from human and animal studies support the hypothesis that CYP2E1 is a risk factor for hepatofibrogenesis induced by nitrosamines.

**DISCUSSION**

This study suggests that CYP2E1 is a risk factor for nitrosamine-induced hepatofibrosis. In fibrotic liver...
Figure 5: CYP2E1 inhibition by chlormethiazole (CMZ) is beneficial for the prevention of diethylnitrosamine (DEN)-induced liver fibrosis. Saline (n=20), 10 mg/kg CMZ (n=8), 100 mg/kg CMZ (n=8). (A) Time course of the plasma concentration of DEN at week 0. Data are expressed as the median with interquartile range. (B) Toxicokinetic parameters of DEN in liver fibrosis models treated with saline or chlormethiazole (10 mg/kg or 100 mg/kg). Rats received DEN (50 mg/kg) via intraperitoneal injection together with CMZ, DEN was given immediately after the injection of CMZ. Data are expressed as the median with interquartile range; by Kruskal–Wallis test followed by Dunn’s test. (C) The correlation between inhibited toxicokinetic parameters of DEN and fibrosis degree (n=16).
tissues, CYP2E1 activity was increased while CYP2E1 content was not changed, as compared with normal human liver tissues. In addition, the higher CYP2E1 innate activity exerted a pro-fibrogenic effect, perhaps by enhancing the activation and subsequent toxicity of DEN; inhibition of CYP2E1 prevented hepatofibrosis in the nitrosamine-induced model of hepatofibrosis.

Hepatofibrosis is a life-threatening disease [24] and there are few effective therapies despite the current use of some small molecules (e.g. atrasentan, nilotinib, GKT-137831, GFT-505) in the clinic [4]. Chronic liver injury from many causes, including persistent viral infection, alcohol, and oncogenic agents commonly results in hepatofibrosis, hepatocirrhosis, and ultimately, hepatocellular carcinoma [3]. Repeated exposure to nitrosamines contained in the typical diet in most countries can trigger chronic liver injury [9, 25]. Therefore, early prevention and intervention in hepatofibrosis may play an important role in preventing hepatocarcinogenesis.

DEN is a well-established hepatotoxin and hepatocarcinogen, leading to necrosis and fibrosis in the liver. It is one of the most common hepatotoxic agents used in experimental models [26]. DEN-induced hepatofibrosis in rats is similar to the progression of fibrosis in humans [26, 27]. In addition, DEN has been widely found in various products, including processed meats [28], pickles [29], tobacco smoke [30], and food color additives [8]. For the above reasons DEN-induced hepatofibrosis was utilized in this study to determine if CYP2E1 is a risk factor for nitrosamine-induced hepatofibrosis.

It long has been known that CYP2E1 could convert many toxicologically important substrates (ethanol, carbon tetrachloride, and nitrosamines) to reactive intermediates, eliciting organ damage and tumorigenesis [14, 15]. DEN-induced hepatic injury is reported to be closely related to CYP2E1 mainly expressed in the liver [31]. Although some previous studies suggested that CYP2E1 plays a crucial role in hepatic injury, CYP2E1 content rather than CYP2E1 activity was typically measured and linked to liver injury [32, 33]. In the present study, we found that there is no correlation between CYP2E1 content and its activity.

Because DEN is mainly metabolized by CYP2E1 in vivo [7, 34], we determined CYP2E1 activity in our rat hepatofibrosis model by measuring the toxicokinetic parameters (AUC, CL/F, t_{1/2}, C_{max}, and V_{max}/F) of DEN in saline- and chlormethiazole-treated rats. AUC reflects the amount of DEN entering the blood circulation, CL/F is the volume of plasma containing DEN that is removed from the body per unit time, t_{1/2} refers to the time required to eliminate half of DEN in the body, C_{max} is the maximum concentration of DEN in the body, V_{max}/F is the ratio of DEN dose to blood concentration of DEN when DEN reaches a dynamic balance in vivo. These toxicokinetic parameters represent the activity of CYP2E1 towards DEN. We further analyzed the association between the CYP2E1 activity and the degree of fibrosis. Our results suggest that rats with higher CYP2E1 activity exhibited more severe fibrosis, indicating that inhibition of CYP2E1 activity should be able to moderate hepatic fibrosis.

Indeed, after CYP2E1 inhibition, we observed less fibronectin formation, collagen deposition, and hepatocyte proliferation, as compared with livers from animals not treated with chlormethiazole, suggesting that CYP2E1 inhibition might have a role in protecting hepatocytes from DEN toxicity. This provides support for the possibility of CYP2E1 serving as a risk factor for hepatofibrosis. However, the details of the mechanisms by which CYP2E1 inhibition reduces liver injury and fibrogenesis remain to be worked out.

Chlormethiazole could significantly inhibits the metabolism of DEN and alleviate hepatic fibrosis by reducing the production of hepatotoxic agents, but does not prevent hepatic fibrosis entirely. The reason behind this could be that the dose of chlormethiazole and the intermittent dosing schedule used in the study cannot completely inhibit CYP2E1 activity. Increasing the dose of this inhibitor is limited by the toxicity of chlormethiazole itself. As a consequence, more safe and efficient inhibitors of CYP2E1 will need to be developed to pursue this line of investigation.

This is the first direct demonstration that the activity of CYP2E1 for DEN was significantly increased in human fibrotic liver tissues, that higher CYP2E1 innate activity correlated with hepatofibrosis, and that inhibition of CYP2E1 activity limited liver fibrosis in response to DEN. The present study supports the value of CYP2E1 inhibitors in the prevention hepatofibrogenesis in human and animal models. As there are few effective therapeutic strategies for preventing and treating hepatic fibrosis, our results should have immediate and important clinical implications for preventing hepatic fibrosis.

MATERIALS AND METHODS

Patients and samples

We obtained surrounding nontumor hepatic tissues from 98 hepatocellular carcinoma patients who had undergone radical resection between 2013 and 2014, and normal liver tissues (n=95) from subjects with liver hemangiomia, metastastic carcinoma, cholelithiasis, or gallbladder cancer between 2012 and 2013 at Affiliated Provincial People's Hospital of Zhengzhou University, and the Affiliated Cancer Hospital of Zhengzhou University. All patients received a liver function test, histopathological analysis, and imaging (ultrasonography or computer tomography). Liver specimens were stored in liquid nitrogen within 30 min of resection and until use. The Medical Ethics Committee of Zhengzhou University.
Zhengzhou, China approved the tissue collection and in vitro metabolism studies, and patients provided written informed consent for the use of all surgically-removed tissue specimens.

Experimental animals

Male Sprague–Dawley rats (160±20 g, 5-week-old, No.11400700149357) were housed in a virus-free facility and maintained in a standard temperature- and light-controlled animal facility and had free access to standard laboratory chow and water. Animals were supplied by Beijing Vital River Laboratory Animal Technology Co., Ltd. Experiments were initiated after acclimation to the above conditions for 1 week. All animal experiments were undertaken in accordance with the National Institute of Health Guide for the Care and Use of Laboratory Animals, with the approval of the Medical Ethics Committee of Zhengzhou University, Zhengzhou, China.

CYP2E1 content

CYP2E1 content was estimated by Enzyme-Linked Immuno-Sorbent Assay. Briefly, about 30 mg liver tissue stored in liquid nitrogen was defrosted on ice and weighed. Phosphate buffer (10 mM, pH 7.0) and the tissue homogenized at 4°C, followed by centrifugation at 6000 g for 10 min, recovering the supernatant fraction. A 10 μl aliquot of supernatant was diluted 40-fold for analysis, performed according to standard procedures provided by the manufacturer (Wuxi Donglin Sci & Tech Development Co., Ltd.).

CYP2E1 activity

Human liver microsomes were prepared using the hypothermal differential centrifugation method [35]. Chlorozoxazone was purchased from the National Institute for the Food and Drug Control (China), 6-hydroxychlorzoxazone was from Sigma-Aldrich (St. Louis, MO, USA). DEN was from TCI Shanghai. Aldehyde and 2,4-dinitrophenylhydrazine were from Aladdin®.

The CYP2E1 activity of normal subjects and fibrotic/cirrhotic patients was determined at a single concentration in individual assays by incubation of microsomal protein (0.3 mg), phosphate buffer (100 mM, pH 7.4), and substrate (500 μM chlorozoxazone or 160 mM DEN). The mixture was incubated for 5 min at 37°C and the reaction initiated by adding 1 mM NADPH. Each reaction was terminated after the specified incubation period by adding 1 ml ethyl acetate, concentrated to dryness under nitrogen, and dissolved in mobile phase for analysis by high-pressure liquid chromatography (HPLC) using a Diamonsil C18 column (5 μm, 4.6 mm×200 mm; Dikma Technologies, China). Samples were eluted with methanol/water (55:45; v/v) at a flow rate of 1.0 mL/min. The eluates were monitored by an ultraviolet detector at 287 nm. For aldehyde determinations, 100 μl aliquots of supernatant after 10 μl perchloric acid precipitation were added to tubes containing 50 μl of 1 mg/ml 2,4-dinitrophenylhydrazine in 6 M HCl , 2 mL isooctane, and 2 mL of 3 M sodium acetate. The tubes were vigorously shaken for 20 min at 60°C. A 1.6 mL sample of the isooctane layer was dried under nitrogen and dissolved in 200 μl mobile phase for analysis by HPLC using a Diamonsil C18 column. Samples were eluted with acetonitrile/water (75:25; v/v) at a flow rate of 1.0 mL/min. The eluates were monitored by an ultraviolet detector at 356 nm.

The CYP2E1 inhibited activity in the presence of an inhibitor (chlormethiazole) was determined by measuring the toxicokinetic parameters (area under curve, AUC; apparent clearance, CL/F; half-life, t1/2; maximum concentration, Cmax; apparent volume of distribution, V/F) of DEN (50 mg/kg) which was administered by intraperitoneal injection to healthy male rats. Blood samples (0.5 mL) were collected before DEN dosing and at 1, 4, 10, 25, 60, 150, 270, 420, 600, and 1440 min after DEN dosing by orbital bleeding into heparinised tubes. Plasma was obtained by centrifugation at 4500 rpm for 10 min at 4°C. Plasma protein was precipitated with 10 μl perchloric acid with vortex-mixing for 60 s followed by centrifugation at 4°C and 12,000 rpm for 10 min. A 10 μl sample of the supernatant was analyzed by HPLC using a Diamonsil C18 column. Samples were eluted with methanol/water (50:50; v/v) at a flow rate of 1.0 mL/min. The eluates were monitored by an ultraviolet detector at 240 nm.

Six-week-old male Sprague–Dawley rats were injected intraperitoneally with DEN (50 mg/kg) twice a week for the first four weeks and once a week over the next eight weeks. Saline was used as a vehicle control and was injected into “control” rats at the time of DEN administration. Chlormethiazole was used as a CYP2E1 inhibitor in the intervention experiment, in which DEN (50 mg/kg) was injected immediately after chlormethiazole (10 mg/kg or 100 mg/kg) to healthy male rats at week 0. Other experiments were as described above.

DEN-induced rat hepatofibrosis models
and the liver was photographed, sectioned and fixed in 10% formalin. The remaining portions of the liver were instantly frozen and stored in liquid nitrogen until use.

**Histology and immunohistochemistry**

Formalin-fixed samples were embedded in paraffin, cut into 5 µm-thick sections and stained with hematoxylin and eosin and Masson’s trichrome according to standard procedures. Trichrome-stained sections were analyzed to score fibrosis staging according to the method of Ishak [36]. Additional sections were stained with antibodies specific for Ki67 (Abcam, ab29). After staining for Ki67, positive cells were morphometrically quantified with image processing software (Image-pro-plus).

**Statistical analyses**

All data were analyzed using SPSS software (version 17.0). For data sets with skewed distributions, nonparametric statistical analysis was performed using the Mann-Whitney U test for two groups; the Kruskal-Wallis test followed by Dunn’s test was utilized for multiple comparisons. In addition, significant correlations were determined using two-tailed Pearson correlation calculations. A P value of 0.05 or less was considered to indicate statistical significance. All graphs were generated using the Adobe Photoshop CC 2014, PowerPoint 2013 and GraphPad Prism version 6.0 software package.

**Abbreviations**

CYP2E1, cytochrome P450 2E1; DEN, diethylnitrosamin; HPLC, high-pressure liquid chromatography; AUC, area under curve; CL/F, apparent clearance; t₁/₂, half-life; Cₘₚ₅, maximum concentration; V/F, apparent volume of distribution; V, enzyme velocity.

**Author contributions**

J.G. collected rat and human liver tissues, determined the V for DEN, executed and interpreted the statistical data, and wrote the manuscript. G.-J.W. and Z.W. contributed to rat model of hepatofibrosis, collected blood, and determined CYP2E1 activity in rat. N.G. collected human liver tissues, determined the V for chlorzoxazone. J.L. contributed to rat model of hepatofibrosis, measured CYP2E1 content. H.-X.Z. performed and analysed haematoxylin-eosin, Masson’s trichrome, and Ki67 tissue staining. Y.-F.Z., J.Z., Q.W., and H.J. collected human liver tissues. H.-L. Q. conceived and led the project, designed experiments, executed and interpreted the statistical data, and wrote the manuscript.

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**CONFLICTS OF INTEREST**

The authors declare that they do not have anything to disclose regarding funding or conflict of interest with respect to this manuscript.

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