Abstract. The study evaluated an approach to treat skin cancer using surgery combined with local 5-aminolevulinic acid-photodynamic therapy (ALA-PDT). Seventy-six patients with skin cancer who were admitted to the Liaocheng People's Hospital from May 2014 to April 2015 were randomly divided into a control and an observation group (38 cases in each). The patients in the control group were treated with ALA-PDT alone. Those in the observation group were first subjected to surgical treatment, and then treated with ALA-PDT. The treatment efficacies of the two groups were compared. The expression of cancer markers CyPA, CyPB and CD147 were detected by immunohistochemical methods before and after the treatment. Our results showed the average healing time of the wounds of patients in the observation group was shorter, the number of treatments needed was less, the efficacy rate and the lesion appearance satisfaction were significantly higher, and the recurrence rate at 12 months after treatment and the incidence of adverse reactions were both significantly lower. Additionally, the levels of CyPA, CyPB and CD147 were reduced to a significantly higher degree after treatment in the observation group.

Introduction

As populations become increasingly aged and the magnitude of environmental pollution rises, the incidence of skin cancer also increases. Skin cancer is one of the most common malignancies with high invasiveness and metastasis rates. It usually occurs in the exposed parts of the human body, such as the neck, face and upper arm. The most common types are basal cell and squamous cell carcinomas (1). Local invasion by skin cancer cells can cause damage to the local tissues, generating deformations that affect the normal appearance of the patient (2).

Many treatment methods, including traditional surgery, radiotherapy, chemotherapy, cryotherapy and photodynamic therapy can be used to treat skin cancers (3). Nevertheless, surgery remains as the mainstay of treatment. In addition, painless photodynamic therapy (PDT) with its excellent safety profile, fine cosmetic results and low recurrence rate has become a standard option for certain cases even though it is not cost-effective (4,5). Compared with the traditional photodynamic therapy, 5-aminolevulinic acid-photodynamic therapy (ALA-PDT), the second-generation 5-aminolevulinic acid (5-ALA), is used as the photosensitizer. In this case, absorption by the target tissues occurs faster, prompt excretion from the body ensures minimal photosensitivity adverse effects, and a shorter time course of lightproof treatment is necessary. CyPA and CyPB are widely distributed proteins expressed in various types of human cells, may be involved in the apoptosis of skin cancer cells, and can be used as markers for progression of skin cancer.

In the present study, patients with skin cancer were treated with surgery and local ALA-PDT to evaluate the efficacy and safety of this method as compared to ALA-PDT alone, and the findings were reported.

Materials and methods

Clinical data

General information. Seventy-six patients with skin cancer who were admitted to the Liaocheng People's Hospital were selected from May 2014 to April 2015 and were randomly divided into a control or observation group (38 cases in each). The patients in the observation group were first subjected to surgical treatment, and then treated with ALA-PDT. The patients in the control group underwent ALA-PDT surgery alone. There were three main inclusion criteria: i) patients had the skin cancer diagnosis confirmed by histopathology; ii) they had not been treated with laser, freezing or topical treatments before the diagnosis and iii) the patients all signed informed consent.
Detection of indicators. Histopathological examination was performed before and after treatment, the specimen tissue was embedded with paraffin and placed at -60°C. The expression of CyPA, CyPB and CD147 was detected by immunohistochemical staining of specimens. The necessary reagents were provided by Beijing Zhongshan Jinqiao Biotechnology Co. Ltd., (Guangdong, China). The tissue samples were sliced and dewaxed according to standard procedure. After washing, incubation and color development, the tissues were observed under a microscope. Pure water was used to wash the samples and terminate color development. Hematoxylin staining (30 sec) was applied twice and the samples were then sealed with neutral gum.

Follow-up. After treatment, the patients were followed up for 12 months. The efficacy of the treatment and patient satisfaction levels were recorded. The appearance of the skin at the lesion site and detected scar hyperplasias were recorded.

Treatment efficacy and evaluation criteria

Determination of treatment efficacy

Complete remission (CR) occurred when the pigmentation was significantly improved, the skin lesions completely disappeared, and there was no malignancy on pathology samples after treatment and no recurrences within 6 months. With partial remission (PR) the hyperpigmentation was lessened and the lesion area was reduced by ≥50% of the original. A failed treatment meant no improvement was seen in pigmentation, the skin lesions decreased by <50% in size and the malignancy recurred within 6 months. The treatment efficiency was calculated by adding the percentages of CR and PR.

Observation of the surgical treatment outcomes in the two groups. The average times to wound healing and the number of treatments needed were recorded. The patient's satisfaction with the postoperative appearance was classified as one of three levels (very satisfied, generally satisfied and not satisfied). The percentage of patient satisfaction was calculated by adding the percentage of very satisfied and generally satisfied patients.

Observation of the incidence of adverse reactions in the two groups. The cases of burning, redness, swelling, pain and other adverse reactions were recorded. All the patients were followed up for 12 months after treatment. Any pathological changes of the lesion were examined. The recurrence rate was recorded at 6 and 12 months after treatment.

The expression levels of CyPA, CyPB and CD147 before and after treatment were detected by immunohistochemistry. Eight visual fields were randomly selected under high magnification (x400) and 100 cells were selected for each visual

| Items                        | Observation group (n=38) | Control group (n=38) | t/χ² | P-value |
|------------------------------|-------------------------|----------------------|------|---------|
| Age range (years)            | 40-75                   | 40-72                |      |         |
| Sex (male/female)            | 20/18                   | 22/16                | 0.213| 0.645   |
| Mean age (years)             | 57.56±6.47              | 58.34±6.56           | 0.522| 0.603   |
| BMI (kg/m²)                  | 22.43±3.45              | 22.56±3.38           | 0.166| 0.869   |
| Mean duration of disease (months) | 14.56±6.47          | 15.34±6.56           | 0.522| 0.603   |
| Skin lesion area (cm²)       | 2.43±0.45               | 2.56±0.48            | 1.218| 0.227   |
| Disease type (n, %)          |                         |                      |      |         |
| Basal cell carcinoma         | 21 (55.26)              | 24 (63.16)           | 0.260| 0.610   |
| Squamous cell carcinoma      | 17 (44.74)              | 14 (36.84)           | 0.260| 0.610   |

consent. The exclusion criteria included patients with severe organ dysfunction, immune system diseases and eczema or fungal infections in the vicinity of the skin lesion area. No significant differences following a comparison of the general information between the two groups (P>0.05, Table I). This study was approved by the Ethics Committee of Liaocheng People's Hospital. Signed written informed consents were obtained from all participants or their families before the study.

Treatment. The patients in the control group were only treated with ALA-PDT. Sodium chloride solution (0.9%) was used to clean the lesion and the surrounding skin, followed by cleaning with sterile cotton balls. The lesion was infiltrated with ozone solution for 30 min. 5-ALA was dissolved in 1 ml of a 5% ozone solution to produce 10% solution of 5-aminopentanoic acid. The 10% solution of 5-aminopentanoic acid was then applied to the lesion and the surrounding skin (approximately 0.5 cm beyond the lesion). The lesion area was coated with opaque material, which was removed 4 h later. The lesion area was then irradiated with photodynamic therapy apparatus (Guilin Xingda Optoelectronic Medical Instruments Co., Ltd., Guangxi, China) with an output power of 200 mW/cm², a wavelength of 635 nm and a light dose of 120 J/cm². The lesion area was treated for 40 min each time and once per week until the tumor was completely removed.

The patients in the observation group were treated with surgery and ALA-PDT. Patients were treated with 2% lidocaine for local anesthesia. An incision was located 2 mm beyond the edge of the lesion. The lesion was removed from the subcutaneous fat layer, fascia surface or deep skin and periosteal surface. Local bleeding was controlled. A direct suture or a suitable flap was selected according to the size and depth of the lesion to repair the wound. ALA-PDT was performed immediately after hemostasis applying the same method used for the control group.

Observation of the surgical treatment outcomes in the two groups. The average times to wound healing and the number of treatments needed were recorded. The percentage of patient satisfaction was calculated by adding the percentage of very satisfied and generally satisfied patients.

Observation of the incidence of adverse reactions in the two groups. The cases of burning, redness, swelling, pain and other adverse reactions were recorded. All the patients were followed up for 12 months after treatment. Any pathological changes of the lesion were examined. The recurrence rate was recorded at 6 and 12 months after treatment.

The expression levels of CyPA, CyPB and CD147 before and after treatment were detected by immunohistochemistry. Eight visual fields were randomly selected under high magnification (x400) and 100 cells were selected for each visual...
According to the number of cells with positive signal, a semi-quantitative scoring method was used assigning points for positivity and cell staining degree: 0 points for positive cell percentage of <5%, 1 point for positive cell percentage between 5 and 25%, 2 points for positive cell percentage between 26 and 50%, 3 points for positive cell percentage between 51 and 75% or 4 points for positive cell percentage >75%. Furthermore, scoring for staining included 0 points for no color, 1 point for pale yellow cells, 2 points for coarse granular brown cells, and 3 points for small block dark brown cells. The total sum of cell percentage plus cell staining degree points produced the total score. A total score ≤3 indicated low-level expression, scores from 4 to 5 indicated moderate expression, and a score ≥6 indicated a high expression.

Statistical analysis. Data were processed using SPSS 19.0 software (SPSS, Inc., Chicago, IL, USA). Measurement data were expressed as mean ± standard deviation. The t-test was used for comparisons between the groups and within a group, and countable data were expressed as rates and processed using χ² test, the treatment efficiency was evaluated by the rank-sum test. P<0.05 was considered to be statistically significant.

Results

Comparison of the efficacy between two groups. The CR and PR of the observation group were 65.79 and 31.58%, respectively. The CR and PR of the control group were 34.21 and 42.11%, respectively. The total treatment efficacy of the observation group was significantly higher than that of the control group (P<0.05, Table II).

Comparison of the treatment outcomes between two groups. The average healing time in the observation group was shorter than that in the control group. The number of treatments needed for those in the observation group was significantly smaller than the number of treatments needed for those in the control group. In addition, the apparent treatment satisfaction in the observation group was significantly higher than that in the control group (P<0.05, Table III).

Comparison of the incidence of adverse reactions between two groups. The incidence of pain, redness, swelling and burning sensation in the observation group was significantly lower than that in the control group (P<0.05, Table IV).

Comparison of recurrence rates between the two groups during the 12 months follow-ups. The recurrence rates in the observation group were 2.63 and 5.26% at 6 and 12 months after treatment, respectively. The recurrence rates in the control group were 13.15 and 34.21% at 6 and 12 months after treatment, respectively. While no significant difference in the recurrence rate was found at 6 months after treatment between the two groups (P>0.05), the recurrence rate
Comparison of CyPA, CyPB and CD147 expression levels before and after treatment between two groups. The semi-quantitative scores of CyPA in the observation group before and after treatment were 6.16±0.62 and 2.58±0.23, respectively. The scores of CyPB before and after treatment were 6.06±0.43 and 2.96±0.54, respectively. The scores of CD147 before treatment and after treatment were 6.58±0.36 and 2.18±0.15, respectively. These results showed that treatment significantly decreased the expression of CyPA, CyPB and CD147 (P<0.05) in the observation group. At the same time, the semi-quantitative scores of CyPA in the control group before and after treatment were 6.26±0.67 and 3.98±0.43, respectively. The scores of CyPB before and after treatment were 6.28±0.47 and 3.96±0.57, respectively. The scores of CD147 before and after treatment were 6.44±0.37 and 3.18±0.25, respectively, indicating that treatment significantly decreased the expression of CyPA, CyPB and CD147 in the control group as well (P<0.05). Of note, there was no significant difference in the expression of CyPA, CyPB and CD147 between the two groups before treatment (P>0.05). However, after treatment, the expression of CyPA, CyPB and CD147 in the observation group was significantly lower than those in the control group (P<0.05, Figs. 1-3).

Discussion

Skin cancer is a common clinical malignant tumor, with basal cell carcinoma and squamous cell carcinoma being the two most common types that account for approximately 90% of all skin cancers (6). Skin cancer is usually aggressive and generates metastatic growth. Basal cell carcinoma, which accounts for the largest proportion of skin cancers, can initially grow within the epidermal basal cells with less metastasis, but with time the tumor nest can be extended to the dermal papilla (7). Squamous cell carcinoma, which accounts for the second largest proportion of skin cancers, originates from the epidermis or keratinocytes. Squamous cell carcinoma usually leads to different degrees of keratosis and lymphatic metastases (8). The possible mechanism of invasion and metastasis of skin cancer is explained by the ability of tumor cells to produce enzymes that can degrade extracellular matrix components facilitating the migration of tumor cells. At the same time, stromal or tumor cells are induced to produce adhesion molecules and cytokines, such as vascular endothelial growth factor to facilitate migration and neovascularization (9,10). The etiology of skin cancer is not yet fully understood. It may be related to chemical stimulants, excessive sunlight exposure, long-term radiation exposure, or trauma (11).

Many treatment methods, including surgery, laser, cryotherapy, electrocautery and radiotherapy, can be used in the treatment of skin cancer, and surgical treatment is the gold standard (1,4). The 5-year cure rate of surgical treatment can reach 90% or even higher, but these treatment methods are usually followed by a persistent recurrence rate, that even if treated successfully, are likely to affect the patient's
decrease in the observation group was significantly higher. The results of our study showed that the levels of CyPA, CyPB and CD147 in the two groups were significantly decreased after treatment and that the levels of CyPA and CyPB were highly expressed in the tumor tissue before treatment, enhancing the expression of CD147 and its transportation to the cell membrane. CD147, in turn, promoted the secretion of CyPA and CyPB, a function for which it is known (21). Treatment with ALA-PDT can induce tumor cells to produce more TNF-α, IL-1β and other pro-inflammatory cytokines, thereby activating NF-kB, promoting tumor cell apoptosis and necrosis, and effectively reducing the secretion of CyPA and CyPB. In addition, inhibiting the activation and angiogenesis of vascular endothelial cells, and blocking the interaction between CD147 and CyPA, and CyPB, will in turn prevent tumor invasion and metastasis, and reduce recurrence rates (21).

In conclusion, the treatment of surgery combined with ALA-PDT in skin cancer can fully take advantage of the strengths of each method. This approach cannot only increase the survival rate but can also improve the recurrence rate and even improve appearance. Further studies are required to promote this treatment method in the clinical practice.

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