THE BARYON CYCLE OF DWARF GALAXIES: DARK, BURSTY, GAS-RICH POLLUTERS

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ABSTRACT

We present results from a fully cosmological, very high-resolution, ΛCDM simulation of a group of seven field dwarf galaxies with present-day virial masses in the range \( M_{\text{vir}} = 4.4 \times 10^{8} \text{ - } 3.6 \times 10^{10} M_{\odot} \). The simulation includes a blastwave scheme for supernova feedback, a star-formation recipe based on a high gas density threshold, metal-dependent radiative cooling, a scheme for the turbulent diffusion of metals and thermal energy, and a uniform UV background. The properties of the simulated dwarfs are strongly modulated by the depth of the gravitational potential well. All three halos with \( M_{\text{vir}} < 10^{9} M_{\odot} \) are devoid of stars, as they never reach the density threshold for star formation of 100 atoms cm\(^{-3}\). The other four, \( M_{\text{vir}} > 10^{9} M_{\odot} \) dwarfs have blue colors, low star-formation efficiencies, high cold gas-to-stellar mass ratios, and low stellar metallicities. Their bursty star-formation histories are characterized by peak specific star-formation rates in excess of 50–100 Gyr\(^{-1}\), far outside the realm of normal, more massive galaxies. The median stellar age of the simulated galaxies decreases with decreasing halo mass, with the two \( M_{\text{vir}} \approx 2–3 \times 10^{9} M_{\odot} \) dwarfs being predominantly young, and the two more massive systems hosting intermediate and older populations. The cosmologically young dwarfs are lit up by tidal interactions, have compact morphologies, and have metallicities and cold gas fractions similar to the relatively quiescent, extremely metal-deficient dwarf population. Metal-enriched galactic outflows produce sub-solar effective yields and pollute with heavy elements a megaparsec-size region of the intergalactic medium, but are not sufficient to completely quench star-formation activity and are absent in the faintest dwarfs.

Key words: galaxies: dwarf – galaxies: formation – intergalactic medium – methods: numerical

Online-only material: color figures

1. INTRODUCTION

Dwarf galaxies are the smallest, most abundant, and least luminous systems in the universe, and have come to play a critical role in our understanding of how galaxies form and evolve. In the ΛCDM paradigm of cosmological structure formation, dwarfs collapsed early, become the building blocks for more massive objects, and hold clues to the reionization history of the universe, the enrichment of the intergalactic medium (IGM), and the baryonic processes that shape the central dark matter density profiles of galaxies. Over the last two decades, observations of dwarf galaxies have challenged numerical simulations in ΛCDM and our understanding of the mapping from dark matter halos to their baryonic components. Two main classes of “dwarf galaxy problems” have emerged both in the field and in the Galactic environment, and are currently faced by theoretical galaxy formation models. The first is an abundance mismatch. On the scale of dwarfs, the different shapes of the galaxy stellar mass function and the dark halo mass function require an efficiency of gas cooling and star formation in these systems that is more than 1 dex lower than that of Milky Way-sized halos (e.g., Guo et al. 2010; Behroozi et al. 2013; Moster et al. 2013), a trend that has been traditionally difficult to reproduce in cosmological hydrodynamical simulations (see, e.g., Sawala et al. 2011 and references therein).

A strongly decreasing stellar mass fraction with decreasing halo mass is also required to solve the “missing satellite problem,” the discrepancy between the relatively small number of dwarf satellites orbiting the Milky Way (and M31) and the vastly larger number of dark matter subhalos predicted from Λ-body cosmological simulations (e.g., Moore et al. 1999; Klypin et al. 1999; Diemand et al. 2008; Madau et al. 2008; Koposov et al. 2009; Rashkov et al. 2012). The second is a structural mismatch. Dark matter-only simulations predict steep (“cuspy”) inner density profiles, but the observed rotation curves of dwarf galaxies show the sign of a near-constant density core (Moore 1994; Flores & Primack 1994; de Blok & Bosma 2002). While in the field this long-standing issue has become known as the “core-cusp problem,” in the Galactic halo the same disagreement may be at the origin of the “too-big-to-fail problem,” whereby the most massive subhalos found in dark matter-only simulations of Milky Way-sized systems are too dense to be consistent with existing constraints on luminous Galactic satellites (Boylan-Kolchin et al. 2012).

Emerging evidence suggests that a poor understanding of the baryonic processes involved in galaxy formation is at the origin of the dwarf galaxy puzzles. Photoheating from the cosmic ultraviolet background (UVB) after reionization has been suggested as a mechanism to suppress gas infall into small galaxy halos and set a minimum mass scale for galaxy formation (e.g., Efstathiou 1992; Bullock et al. 2000; Dijkstra et al. 2004; Kravtsov et al. 2004; Madau et al. 2008), but the only explanation for substantially modifying the dark matter distribution in field dwarfs that is consistent with ΛCDM relies on stellar feedback. Rapid mass loss driven by supernovae (SNe) has long been argued to reduce the baryonic content of luminous dwarfs (Dekel & Silk 1986; Mori et al. 2002; Governato et al. 2007) and flatten their central dark matter cusps (Read & Gilmore 2005). A new generation of hydrodynamical simulations, with sufficient resolution to model clustered star formation in the highly inhomogeneous interstellar medium (ISM) and directly assess the impact of stellar feedback, reionization, and large-scale winds on the observable properties of galaxies, has been key in bringing the theoretical predictions in better agreement with many observations (e.g., Mashchenko et al. 2008; Governato et al. 2010; Guedes et al. 2011; Hopkins...
et al. 2011; Governato et al. 2012; Hopkins et al. 2012; Zolotov et al. 2012; Agertz et al. 2013; Shen et al. 2013; Stinson et al. 2013; Teyssier et al. 2013; Simpson et al. 2013).

In spite of the recent successes, the questions of whether realistic dwarf galaxies are a natural outcome of galaxy formation in ΛCDM remains open. Galactic outflows are observed to be ubiquitous in massive star-forming galaxies both at low and high redshifts (e.g., Martin 2005; Veilleux, Cecil, & Bland-Hawthorn 2005; Weiner et al. 2009; Steidel et al. 2010), and an extended, patchy, metal-enriched circumgalactic medium (CGM) is detected in absorption around nearby late-type galaxies of all luminosities (e.g., Tumlinson et al. 2011; Stroke et al. 2013). Models of galaxy evolution require efficient outflows to explain the observed stellar masses, reduce the bulge-to-disk ratios, and account for the metals observed in the diffuse IGM, but their role in shaping the properties of dwarf galaxies is still poorly understood. Large systematic surveys like the Hubble Space Telescope ACS Nearby Galaxy Survey Treasury (ANGST) program and the ALFALFA extragalactic H I survey have recently provided uniformly measured star formation histories for nearby dwarfs (Weisz et al. 2011) and a large sample of very low H I mass galaxies with complementary multiwavelength data (Huang et al. 2012), enabling detailed investigations of the interplay between the gaseous and the time-resolved stellar components in the faintest dwarfs. Studies of the metallicity distribution function and the relationship between the chemical abundances and the stellar content of dwarf satellites are yielding new insights into their star formation efficiencies, infall of pristine gas, and outflows of enriched material (Kirby et al. 2008, 2011). Observations of extreme emission-line galaxies by the Hubble Space Telescope Cosmic Assembly Near-IR Deep Extragalactic Legacy Survey (CANDELS) give strong indication that many or even most of the stars in present-day dwarf galaxies formed in strong, short-lived bursts at z > 1 (van der Wel et al. 2011). Relatively little attention has been paid to comparing results from simulations with this avalanche of new data. Indeed, capturing the complex baryonic processes that regulate the “metabolism” of dwarf galaxies over cosmic history requires cosmological hydro simulations of high dynamic range, something not easily achieved. Gas in such low-metallicity systems does not settle into a thin, dynamically cold disk (Roychowdhury et al. 2010; Leaman et al. 2012), and the low angular momentum support together with the shallow potential well make their ISM more susceptible to disruption from energetic SNe. As such, star formation may proceed in a “bursty” manner that is different from that of larger mass spirals and thus must be properly modeled. Stellar feedback may drive powerful, metal-enriched galactic outflows that modulate the stellar buildup, lower the gas fraction, and alter the chemical evolution of dwarfs. The strength of this effect depends on the ability to resolve a multiphase ISM where star formation and heating by SNe occur in a clustered fashion, on the depth of the potential well, and on the intensity of the star formation episode.

It is therefore important to evaluate a new set of ΛCDM high resolution simulations and test if galactic outflows are indeed key to forming realistic dwarf analogs. In this work, we focus on the reduced baryonic content, high mass-to-light ratios, star formation and metal enrichment histories of field dwarfs with $M_{\star} \lesssim 10^{10.5} M_{\odot}$ using results from a fully cosmological ΛCDM simulation of large dynamic range. Our TreeSPH simulation—one of the highest resolution "zoom-ins" of field dwarfs run to redshift zero—includes a blastwave scheme for supernova feedback that generates large-scale galactic outflows, a star formation recipe based on a gas density threshold comparable to the mean density of molecular cloud complexes, metal-dependent radiative cooling at all temperatures, and a scheme for the turbulent diffusion of thermal energy and metals. A spatially uniform UV background modifies the ionization and excitation state of the gas, photoionizing away abundant metal ions and reducing the cooling efficiency. As a validation of this approach, we will show that our simulations are able to simultaneously reproduce the main current observables in low-mass systems, from their stellar mass and cold gas content, through their resolved star formation histories, to their gas-phase and stellar metallicities. All such properties are strongly modulated by the depth of the gravitational potential well.

2. SIMULATION

The zoom-in simulation was performed with the parallel TreeSPH code GASOLINE (Wadsley et al. 2004) in a $\Omega_M = 0.24$, $\Omega_b = 0.07$, $h = 0.73$, $\sigma_8 = 0.77$, and $\Omega_{\Lambda} = 0.042$ cosmology. The initial conditions were chosen to be the same as in the “DG1” simulation of Governato et al. (2010). The high resolution region, about 2 Mpc on a side at $z = 0$, was embedded in a low-resolution dark matter only periodic box of 25 Mpc on a side. It contains about 6 million dark matter and an equal number of SPH particles, with particle masses of $m_{\text{DM}} = 1.6 \times 10^4 M_{\odot}$ and $m_{\text{SPH}} = 3.3 \times 10^3 M_{\odot}$, respectively. The gravitational spline softening length for collisional and collisionless particles was fixed to $\epsilon_G = 86$ pc (physical) from $z = 9$ to the present, and evolved as $1/(1+z)$ from $z = 9$ to the starting redshift of $z = 129$. In high density regions the gas smoothing length, $h$, defined by the standard spline kernel, see Monaghan (1992), is allowed to shrink to $0.1 \epsilon_G$, to ensure that hydrodynamic forces are well resolved on small scales.

The star formation and blastwave feedback recipes are the same as in Governato et al. (2010). Briefly, star formation occurs stochastically when cold ($T < 10^4$ K), virialized gas reaches a threshold density and is part of a converging flow, and follows a Schmidt law,

$$\frac{d\rho_{\star}}{dt} = 0.1 \rho_{\text{gas, dyn}} \propto \rho_{\text{gas}}^{1.5},$$

where $\rho_{\star}$ and $\rho_{\text{gas}}$ are the stellar and gas densities and $\rho_{\text{dyn}}$ is the local dynamical time. The large dynamic range of our simulation enables us to adopt a density threshold for star formation of 100 atoms cm$^{-3}$, as the local Jeans length at this density and a gas temperature of $T = 10^5$ K is resolved with more than six SPH smoothing lengths.

Each star particle has an initial mass of $m_{\star} = 10^3 M_{\odot}$ and represents a simple stellar population with its own age, metallicity, and initial mass function (IMF). Star particles inject energy, mass, and metals back into the interstellar medium (ISM) through Type Ia and Type II SNe and stellar winds, following the prescriptions of Stinson et al. (2006). We track the formation of oxygen and iron separately, and convert oxygen to alpha-elements and iron to iron-peak elements assuming solar abundances patters (Asplund et al. 2009). Each SN II deposits an energy of $10^{51} E_{51}$ erg into all the gas particles inside the blast radius, and the heated gas has its cooling shut off (to model the effect of feedback at unresolved scales) for the survival time of the hot, low-density cavity created by the remnant, $t_{\text{max}} = (10^{6.85} \text{ yr}) E_{51}^{0.32} n^{-0.34} P_{-4}^{-0.7}$, where $n$ is the local ISM hydrogen density (in units of cm$^{-3}$), $P_{-4}$ is the
ambient interstellar pressure in units of $10^{-4} \text{ kPa}$), and $E_{51}$ is the total energy injected (in units of $10^{51} \text{ erg}$; McKee & Ostriker 1977). Cooling is turned off for all the particles within the blast radius, $R_{E} = (10.74 \text{ pc}) \times 10^{51} n^{-0.16} P_{-2}^{-0.2}$, for a maximum of 32 neighbors), and no kinetic energy is explicitly assigned to them. The energy injected by many SNe adds up to create larger hot bubbles and longer shutoff times than each individual supernova explosion. In combination with a high gas density threshold for star formation (which enables energy deposition by SNe within small volumes), this approach has been found to be key in producing realistic bulgeless dwarfs (Governato et al. 2010) and massive late-type spirals (Guedes et al. 2011).

The run analyzed here differs in a number of ways from the previously published DG1 simulation of Governato et al. (2010): (1) the IMF follows the modern determination by Kroupa (2001). This increases the number of Type II supernovae per unit stellar mass by about a factor of two, and the IMF-averaged metal yield by a factor of three compared to the Kroupa et al. (1993) IMF used by Governato et al. (2010); (2) the fraction of SN energy that couples to the ISM is $E_{SN} = 1$ as in Governato et al. (2012), but 2.5 times higher than in Governato et al. (2010); (3) metallicity-dependent radiative cooling is included at all temperatures in the range $100$–$10^9$ K. The cooling function is determined using precomputed tabulated rates from the photoionization code Cloudy (Ferland et al. 1998), following Shen et al. (2010). Cloudy tables assume that metals are in ionization equilibrium. The ionization, cooling, and heating rates for primordial species ($\text{H}, \text{H}^+, \text{He}, \text{He}^+, \text{He}^{++}$) are calculated time-dependently from the rate equations; (4) a uniform UVB modifies the ionization and excitation state of the gas, photoionizing away abundant metal ions and reducing the cooling efficiency. It is implemented using the new Haardt & Madau (2012) redshift-dependent spectra, including emission from quasars and star-forming galaxies. As in previous runs, the gas is assumed to be optically thin to ionizing radiation at all wavelengths; and (5) a scheme for turbulent mixing in shear flows that redistributes heavy elements and thermal energy between wind material and the ambient gas is included following Shen et al. (2010, 2013).

We do not attempt to follow the atomic-to-molecular transition. Simulations of dwarf galaxies with $\text{H}_2$-regulated star formation and comparable resolution as achieved here have been recently run to $z = 0$ by Christensen et al. (2012) and Governato et al. (2012) using a time-dependent $\text{H}_2$ chemical network, or to high redshift by Kuhlen et al. (2012) using the two-phase equilibrium approximation for the $\text{H}_1$ to $\text{H}_2$ transition of Krumholz et al. (2009). While molecular hydrogen is not an important coolant in present-day galaxies (CO and C are), it is an excellent proxy for the presence of cold gas. Linking star formation to the local $\text{H}_2$ fraction allows the adoption of a well motivated and robust star formation prescription that is based on the observed universal efficiency of gas conversion per free-fall time of molecular clouds in the disks of spiral galaxies (Bigoel et al. 2011). However, nonequilibrium self-consistent chemical networks are complicated and expensive to implement in cosmological simulations, as the effective $\text{H}_2$ formation rate depends on the gas clumping factor on unresolved scales, the intensity of the photodissociating interstellar radiation field, the self-shielding and the shielding by dust grains (Gnedin et al. 2009). The threshold we choose, 100 atoms cm$^{-3}$, is close to the volume density at which atomic-to-molecular transition occurs in simulations of Christensen et al. (2012) for low metallicity gas. Moreover, a strong association between star formation and $\text{H}_2$ and a lack of association with $\text{H}_1$ are only found down to metallicities of about 1/5 of solar, the lowest metallicity systems measured (Bolatto et al. 2011). At the low gas metallicities of our simulated dwarfs, $Z/Z_\odot = 0.13–0.013$, there are no observational calibrations of the molecular gas content. Theoretical models also suggest that, at metallicities below a few percent of the solar value, the correlation between $\text{H}_2$ and star formation breaks down and stars form in the cold atomic phase (Krumholz 2012). Cosmological simulations of dwarf galaxy formation that incorporate $\text{H}_2$-regulated star formation and a weak form of stellar supernova feedback have been presented elsewhere (Kuhlen et al. 2013).

### 3. Properties of the Simulated Galaxies

The selected galaxy forming region is depicted in Figure 1. The image shows projected gas and dark matter densities at $z = 0$ in a cube 300 kpc on a side. The virial radii of the seven, well-resolved, most massive members of what appears to be a small dwarf galaxy group are marked by the white circles in the top panel. The present-day properties of the seven dwarfs are summarized in Table 1. Their virial masses today are in the range $4.4 \times 10^8$–$3.6 \times 10^{10} M_\odot$, with the most massive system being resolved by more than 2.2 million dark matter particles, and the lightest one by just 27,000. The maximum circular velocities bracket the interval 13–51 km s$^{-1}$. The two most massive dwarfs are within 100 kpc of each other and form an isolated dwarf-dwarf galaxy pair like those found in the Sloan Digital Sky Survey by Geha et al. (2012). Three smaller dwarf
2. $\rho/\rho_c \log( c)$

$\rho/\rho_c (\log( c) = 0.3, 0.1, 0.0, 0.1, -1.0)$

Figure 1. Projected gas density (left panel) and dark matter density (right panel) of the simulated dwarf galaxy group at $z = 0$, in a cube of 500 kpc on a side. The virial radii of the seven most massive halos are marked by the white circles. All densities are expressed in units of the critical density $\rho_c$.

(A color version of this figure is available in the online journal.)

3.1. Two Luminous Dwarfs

Stellar masses are strongly modulated by the depth of the gravitational potential. The two, $M_{\text{vir}} \gtrsim 10^{10} M_\odot$ most massive dwarfs, “Bashful” and “Doc,” have stellar masses of $M_* = 11.5 \times 10^7 M_\odot$ and $3.4 \times 10^7 M_\odot$, respectively. Both are gas-rich, show knots of recent star formation, have blue colors, and would be classified as late-type dwarf irregulars (dIrrs). We have used the flexible stellar population synthesis models of Conroy et al. (2009) to generate broadband luminosities of composite stellar populations of different ages and metallicities. Bashful and Doc have present-day $V$-band magnitudes of $M_V = -15.5$ and $-14$, respectively. Their stellar mass fractions, $M_* / M_{\text{vir}} \simeq 0.003$, are in excellent agreement with the stellar mass–halo mass (SMHM) relation recently derived for present-day dwarfs by Behroozi et al. (2013), although Doc lies above the power-law extrapolations of the SMHM relations of Moster et al. (2013) and Guo et al. (2010), respectively, with the extrapolations below a few times $10^{10} M_\odot$ indicated with the dot-dashed lines in the corresponding colors. The black dashed lines show the $\pm 1\sigma$ limits of the SMHM relation of Behroozi et al. (2013). Right panel: cumulative star formation history, i.e., the fraction of total stellar mass formed prior to a given redshift or lookback time. Gray lines: individual dwarf irregulars in the ANGST sample (Weisz et al. 2011). The horizontal dot-dashed line represents 50% of the total stellar mass today. Thick colored lines: “Bashful” and “Doc.” The simulation results have been binned as the ANGST data for better comparison.

(A color version of this figure is available in the online journal.)

halos are in the process of merging with the pair. All are “field” dwarfs with the nearest massive halo ($M_{\text{vir}} = 2.5 \times 10^{12} M_\odot$) more than 3 Mpc away.
times less stars than its DG1 counterpart in the Governato et al. (2010) simulations, a fact that underscores the sensitivity of the predicted star formation efficiency to the strength of stellar feedback.

Resolved stellar populations have proven to be a very powerful tool for observationally constraining scenarios of dwarf galaxy evolution, as past patterns of star formation and chemical evolution are encoded in a galaxy’s optical color–magnitude diagram. Figure 2 compares the cumulative star formation histories (SFHs), i.e., the fraction of total stellar mass formed prior to a given cosmic time, of individual dIrrs in the ANGST sample (Weisz et al. 2011) with those of our two most luminous simulated dwarfs. While the SFHs of individual ANGST galaxies are quite diverse, most dwarfs are not entirely old stellar populations, i.e., they have intermediate or recent star formation. The average dwarf formed the bulk of its stars prior to redshift one, exhibits dominant ancient star formation (>10 Gyr ago) and lower levels of activity over the last 6 Gyr, and produced about 8% of its total stellar mass within the last 1 Gyr. The cumulative SFHs of Bashful and Doc appear to be broadly consistent with the observations, as both formed about half of their stars more than 9–10 Gyr ago, 85% and 76% of them prior to 6 Gyr ago (z > 0.7), and 6% and 11% over the last 1 Gyr, respectively. We find no evidence on these halo mass scales for the need of early star formation (in addition to SN feedback) in order to match the evolving SMHM relation and curtail the overproduction of stars at high redshift (Stinson et al. 2013; Aumer et al. 2013; Moster et al. 2013). While uncertainties in the recovered SFHs of ANGST galaxies at the earliest bin are significant, due to the shallow nature of the data and accuracies of the models of evolved stars, the simulation may in fact produce too few stars at z > 4, something we will explore further in future work.

At the present epoch, both Bashful and Doc have exponential stellar disks of scale lengths $R_d = 0.97$ kpc and $R_d = 0.84$ kpc, respectively, extending to 5 kpc (see the left panel of Figure 3), with no bulge in the center. Doc shows the clear signature of a stellar core within the central 1 kpc, a size that is similar to the stellar core in the isolated dIrr galaxy WLM (Leaman et al. 2012). In Figure 3 we also show (right panel) the velocity dispersion of stellar populations of different ages inside a radius of 2 kpc, where the velocity distribution is close to Gaussian. There is a trend in both systems of an increasing velocity dispersion with increasing stellar age.

Stars that formed early are born in a compact configuration and quickly scattered into a more extended, kinematically hot component by galaxy mergers and outflows, while subsequent cohorts form in progressively colder configurations from gas with increasing levels of rotational support (see also Brook et al. 2004; Bird et al. 2013). A similar trend has been recently observed in WLM, and the data points from Leaman et al. (2012) are also plotted in the figure. With a dynamical mass of about $10^9 M_\odot$, a stellar mass of $10^7 M_\odot$, and an H I mass of $6 \times 10^7 M_\odot$ (Leaman et al. 2012), WLM closely resembles our simulated Doc. As in WLM and in the isolated dwarf simulated with a strong feedback scheme by Teyssier et al. (2013), both Bashful and Doc are characterized by a dynamically hot stellar structure.

### 3.2. Two Faint Dwarfs

The two intermediate-mass dwarfs “Dopey” and “Grumpy” (see Table 1) fall well below the extrapolation of the SMHM relation below $M_\text{vir} = 10^9 M_\odot$ of Behroozi et al. (2013). Grumpy lies above the power-law extrapolations of the SMHM relations of Guo et al. (2010) and Moster et al. (2013), while Dopey appears to be consistent with these two extrapolations. Dopey and Grumpy have virial masses of about $2-3 \times 10^9 M_\odot$, baryon fractions above 1% (comparable to Bashful and Doc), and maximum circular velocities in excess of 20 km s$^{-1}$, yet they manage to form by $z = 0$ only $10^5$ and $5 \times 10^5 M_\odot$ of stars, i.e., their star formation efficiencies are $2 \times 10^{-3}$ and $3 \times 10^{-4}$, respectively. At the present epoch, Dopey and Grumpy are very faint, with $M_V = -8.6$ and $-11$, respectively, and extremely metal poor (see below). Both are cosmologically young as they started forming stars only 3–4 Gyr ago, and have very blue colors, $B - V = 0.2$ (Dopey) and 0.0 (Grumpy). They have very compact morphologies with half-light radii of 80–90 pc. The blue color and compactness are similar to the properties of the extremely metal-deficient blue compact dwarfs (XBCD; Papaderos et al. 2008). As it has been argued to be the case for the prototypical XBCD I Zw 18, the older stellar populations (with age >1 Gyr) in Dopey and Grumpy have not settled into an extended, low surface brightness envelope. However, an important difference between our two faint dwarfs and XBCDs is the central surface brightness. Whereas XBCDs have nuclei with visual central surface brightness in the range 20–23 mag arcsec$^{-2}$, Dopey and
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Figure 4. Late star formation cycle of the two faint, extremely metal-deficient simulated dwarfs Dopey and Grumpy. Top panels: projected dark matter density of the simulated dwarf galaxy group at lookback times 2.47 Gyr (right) and 3.81 Gyr (left), when Dopey and Grumpy undergo their first burst of star formation. In both panels the box size is 780 comoving kpc, the color scale is the same of Figure 1, and virial radii are marked by the white circles. The physical distance between Grumpy and Doc in the left panel is 90 kpc. Lower panels: the rise in the maximum gas density (left) and central gas mass (right) that precedes the first (and subsequent) starbursts. The gas finally reaches the threshold of 100 atoms cm^{-3} and a cycle of late star formation is initiated where each burst is followed by a reduction in the total gas content of the central regions.

(A color version of this figure is available in the online journal.)

Grumpy have surface brightness of, respectively, 24.0 and 26.5 in the B band. As such, they are more similar to low surface brightness dwarfs in the Local Group (e.g., Mateo 1998; Weisz et al. 2011). Moreover, contrary to the starbursting XBCD I Zw 18 (Skillman & Kennicutt 1993; Izotov et al. 1999), Dopey and Grumpy appear to lie on the gaseous mass–metallicity relation (see Section 3.5). Among local dIrrs with deep HST photometry, the closest analog to Dopey and Grumpy in terms of star formation history is Leo A (Cole et al. 2007). Leo A is also the only local dIrr that formed as much as 90% of its stars in the last 8 Gyr, well after the reionization epoch (Skillman et al. 2013). With virial temperatures close to the temperature of the photoionized IGM, it is only at late epochs that gas in these dwarfs can reach our threshold density for star formation. It is tempting to argue that this is exactly the kind of evolutionary history that Leo A underwent.

Despite all the differences, it is intriguing to compare the origins of Dopey and Grumpy to that of the XBCDs. The origin of XBCDs has been ascribed to tidal interactions or merging between gas-rich dwarfs having undergone little previous star formation and enrichment, and possibly co-evolving in a group of low-mass systems. This is indeed the formation path of Dopey and Grumpy. The top panel of Figure 4 shows an image of the dark matter density field 3.81 Gyr and 2.47 Gyr ago, at the time of their first burst of star formation, when Grumpy is being tidally perturbed by Doc (left image) and Dopey is merging with a smaller dark halo (right image). One consequence of such interactions is the rapid inflow of baryons within the inner 500 pc (lower right panel) that fuels the central starburst. The gas can finally reach the threshold of 100 atoms cm^{-3} (lower left panel), and a cycle of bursty late star formation activity is initiated. During the interaction with the more massive Doc, Grumpy gets stripped of 60% of its gas, something that is reflected in its relatively low present-day cold gas fraction (see Figure 6). We note here that the lack of a stellar population with age comparable to the Hubble time may be attributed to our implementation of reionization, as the UVB is switched on instantaneously and gas self-shielding is not modeled in our simulations. To gauge the impact of the UVB, we have performed a twin simulation with the same star formation and feedback recipes, but no UVB. Even in this case, neither Dopey nor Grumpy form any stars before redshift six, i.e., before the epoch when reionization is known to be essentially completed. Our simulations do not include H2 cooling, however, an approximation that may prevent gas to condense and form stars before reionization Christensen et al. (2012). We defer a more detailed study of the impact of self-shielding and reionization on the star formation histories of dwarfs to a future paper.

The median stellar ages of Dopey and Grumpy are only about 1.1 Gyr, compared to the 9.7 Gyr and 9.1 Gyr of Bashful and Doc. Within our limited sample, the median stellar age
masses below $10^{10} \, M_\odot$ decreases with decreasing halo mass, with galaxies with total masses below $10^{10} \, M_\odot$ being predominantly young, and more massive systems hosting intermediate and older populations.

3.3. Bursty Star Formation Histories

The star formation histories of the simulated dwarfs, binned over a time interval of 14 Myr, are shown in Figure 5. As in previous dwarf galaxy simulations with effective SN feedback (e.g., Governato et al. 2010; Teyssier et al. 2013), the star formation activity is extended, stochastic, with large amplitude bursts followed by short quiescent phases. All the four dwarfs show peak specific star formation rates, \( sSFR \equiv \frac{\dot{M}_*}{M_*} \), in excess of 50–100 Gyr\(^{-1}\), far outside the realm of normal, more massive galaxies. The amount of energy deposited into the ISM by SN explosion during the strongest bursts in Bashful and Doc can approach 10\(^{56}\) erg. Each star formation episode is typically preceded by an increase in the central gas supply, and is accompanied by a reduction in the total baryonic mass as SN-driven outflows deplete the central regions of star-forming material. A new cycle starts again as fresh gas cools and is reaccreted from the halo, sinks to the center of the potential well, and triggers another starburst. It is the potential fluctuations generated by these cycles of gas inflows and rapid outflows following centrally concentrated bursts of star formation that irreversibly transfer energy into collisionless particles and generate dark matter cores according to Pontzen & Governato (2012).

Bursts of star formation have long been invoked to explain the observed properties and colors of faint blue dIrrs (Searle et al. 1973). Resolved observations of stellar populations in the nearest low-mass systems show that the temporal separation of bursts of star formation ranges from tens or hundreds of Myr in dIrrs to Gyr in dwarf spheroidals (dSphs; see, e.g., Tolstoy et al. 2009). No long interruptions in the star formation activity are seen in our simulations. Both Bashful and Doc have undergone episodes of star formation within the past 150 Myr, but only Bashful is actively forming stars today. A late bursty SFH may provide an explanation for the systematic discrepancy observed in star-forming dwarfs between star formation rates inferred from their FUV continua and H\textalpha\ nebular emission (Lee et al. 2009), as the latter is emitted on the timescale of O-star lifetimes (\(< 5\) Myr). Similarly, in the ALFALFA dwarf sample, FUV magnitudes appear to overpredict star formation rates below $10^{-2} \, M_\odot$ yr\(^{-1}\) compared to estimates derived from SED fitting, another evidence for the bursty nature of star formation in dwarfs (Huang et al. 2012). An abundant population of extreme emission-line galaxies has been identified at $z \sim 1.7$ by the Cosmic Assembly Near-IR Deep Extragalactic Legacy Survey (CANDELS). With stellar masses $M_* \sim 10^7 \, M_\odot$ and [O\textbf{iii}] emission lines with rest-frame equivalent width $\sim 1000\, \AA$, these starbursting dwarfs are growing at rates ($sSFR$) of 20–200 Gyr\(^{-1}\) (van der Wel et al. 2011), in agreement with our simulated systems. These observations provide a strong indication that many or even most of the stars in present-day dwarf galaxies formed in strong, short-lived bursts at $z > 1$.

We finally note that both Bashful and Doc have 4000 \AA\ breaks, $D_n4000$, that are below 1.4, i.e., they would be classified as star-forming according to a $D_n4000$ cut. This is in agreement with the results of Geha et al. (2012), who find that dwarf galaxies with $10^7 < M_* < 10^7 \, M_\odot$ and no active star formation are extremely rare in the field. In more dense environments, quenched galaxies account for 23% of the dwarf population over the same stellar mass range.

3.4. Cold Gas Properties

Cold gas is the fuel needed to sustain star formation, and while star formation is observed to be more directly linked to the molecular interstellar component at metallicities above few tens of solar, theoretical models predict stars to form in the cold atomic phase at extremely low metallicities (Krumholz 2012). Furthermore, dwarf galaxies appear to be significantly fainter in CO than a simple linear scaling with galaxy mass would suggest (Schruba et al. 2012). The ALFALFA extragalactic H\textsc{i} survey has recently provided a large sample of very low H\textsc{i} mass galaxies with complementary multiwavelength data from the Sloan Digital Sky Survey (SDSS) and Galaxy Evolution Explorer (GALEX), and enabled statistical studies of the interplay between the gaseous and stellar components in the faintest dwarfs (Huang et al. 2012). In Figure 6, we compare the cold gas fraction, $M_{\text{HI}}/M_*$ in our simulated dwarfs with the $s$-sed
galaxies of Huang et al. (2012) with reliable UV/optical magnitudes (74 of them). The neutral hydrogen mass in each galaxy is computed directly from the simulation, where the H I fractions of gas particles are evolved by integrating the ionization equations for primordial ion species. More than half (46) of the s-sed dwarfs have $M_{\text{HI}}/M_* > 1$, meaning that their baryonic mass is dominated by atomic gas, rather than by stars: the mean H I mass grows with $M_*$, the mean cold gas fraction decreases monotonically as $M_*$ grows, and bluer galaxies have higher gas fractions. Our simulated dwarfs appear to follow all these trends. Dopey, in particular, with a stellar mass of less than $10^7 M_\odot$, has the highest cold gas fraction, $M_{\text{HI}}/M_* > 20$. Note that Grumpy has cold gas to stellar mass ratio that is similar to that of Leo P, the star-forming extremely metal-poor dwarf recently discovered in the Local Volume by the Arecibo ALFALFA survey (Giovanelli et al. 2013). We shall see below that Grumpy and Leo P have similar oxygen abundances as well.

We have measured the kinematics of cold gas in our dwarfs for comparison with the observations. In local dIrrs, many of them located in the Local Group, H I velocity dispersions in the narrow range $\sigma = 6$–12 km s$^{-1}$ are measured across nearly three orders of magnitude in stellar mass (Stilp et al. 2013). Our simulated galaxies have gas velocity dispersions ranging from 4 to 12 km s$^{-1}$, consistent with the observations with the only exception of Dopey, whose velocity dispersion is below 2 km s$^{-1}$. We note that there is no consensus on what drives the H I velocity dispersions in gas-rich dwarfs, and that the physics implemented in our simulations might still be insufficient to capture ISM turbulence. If supernovae-driven turbulence, one of the postulated mechanisms, is indeed a key factor, then it is not surprising that Dopey has an unusually kinematically cold ISM since the amount of star formation present in this system is very modest. Nevertheless, our simulations reproduce quite well the observed trend of increasing ratio between gas rotational velocity and velocity dispersion, $v_{\text{rot}}/\sigma$, with increasing luminosity/mass, which has been documented for more than a decade in nearby dwarfs (see, e.g., Mateo 1998), with the least luminous massive such as Leo A or GR8 having $v_{\text{rot}}/\sigma$ close to unity (Young & Low 1996; Carignan et al. 1990), similar to Grumpy, and the more massive systems, such as NGC 6822 or NGC 3109, having $v_{\text{rot}}/\sigma > 2$, such as Bashful and Doc. We note, again, that Dopey has a high $v_{\text{rot}}/\sigma > 2$ despite its small mass, a result that stems from its unusually low velocity dispersion.

### 3.5. Metal Abundances

The relationship between the chemical abundances and the stellar content of galaxies is a key diagnostic of their star formation efficiency, infall of pristine gas, and outflows of enriched material, and dwarf galaxies are unique laboratories for understanding star formation in nearby pristine low-metallicity environments. Observations of galaxies’ current gas-phase metallicities typically use oxygen abundances measured in H II regions. Figure 7 (left panel) shows the gas-phase oxygen abundance versus stellar mass for our dwarfs at $z = 0$. The simulated galaxies follow the known trend between metallicity and stellar mass (the mass–metallicity relation) observed over 5 dex in stellar mass, from the brightest spirals to the dIrrs (Tremonti et al. 2004; Lee et al. 2006; Woo et al. 2008; Berg et al. 2012). For a meaningful comparison with the observations (where gas-phase metallicities are measured in H II regions), we have only used in the figure gas particles with temperatures in the range 5000–15,000 K within the half-light radius of each simulated dwarf. Note that, by using solar metallicity yields (Woosley & Weaver 1995) in these sub-solar dwarf galaxies, we may overestimate the oxygen abundances, and that measured absolute metallicities may be subject to up to a $\Delta [\log(O/H)] = 0.7$ dex uncertainty depending on the calibration used (Kewley & Ellison 2008). Our low-mass Dopey and Grumpy dwarfs have O abundances, log (O/H)+12 = 7.0 and 7.3, that bracket that of Leo P, one of the lowest metallicity galaxies known (Skillman et al. 2013).

Dwarf galaxies are not expected to evolve as “Closed Box.” Although both gas accretion and outflows can change a galaxy’s metallicity and gas fraction, chemical evolution models show that only gas-rich systems with low star formation rates such as dIrrs can produce and maintain low effective yields (Dalcanton 2007). Indeed, the effective oxygen yields

$$
y_O \equiv \frac{Z_O}{\ln(1/f_{\text{gas}})}.
$$

of our simulated dwarfs are highly subsolar, with $y_O/Z_{O,\odot} = 0.10, 0.14, 0.58, 0.08$ (Asplund et al. 2009) for Bashful, Doc, Dopey, and Grumpy, respectively, and correlate with the cold gas-to-stellar mass ratio. They drop well below the Closed Box “true” value of 2.4 $Z_{O,\odot}$ because of changes both in the gas-phase mass abundance of oxygen, Z$_O$, and in the gas mass fraction $f_{\text{gas}} = M_{\text{gas}}/(M_{\text{gas}}+M_*)$, where $M_{\text{gas}} = 1.36M_{\text{HI}}$ is the total cold gas mass including helium. While these values are comparable to the range of effective yields for dwarf galaxies reported by Lee et al. (2006), we notice here that strong metal-enriched galactic outflows are not ubiquitous in the simulated dwarf galaxies: the fraction of all the metals ever produced that is retained at the present-epoch by our dwarfs, $f_z$, increases with decreasing stellar mass, with $f_z = 10\%, 11\%, 92\%$, and 46% for Bashful, Doc, Dopey, and Grumpy, respectively. With the lowest metallicity and star formation efficiency, a peak star formation rates not exceeding 0.004 $M_\odot$ yr$^{-1}$ (100 times lower than in Bashful), and the highest gas-to-stellar mass ratio, Dopey is simply unable to power strong galactic-scale outflows.

Although star formation in Dopey and Grumpy is linked to interactions, both are not star-forming today nor exhibit strong gas inflows (Figure 4). Thus, their low chemical abundances are mainly the result of inefficient star formation rather than metal enriched-outflows or the infall of pristine gas. Skillman et al. (2013) suggest that there are two classes of extremely metal-deficient galaxies (XMDs): (1) the more quiescent XMDs such as Leo P, in which the low metallicity is due to their small halo mass; and (2) the rarer starburst galaxies like I Zw 18, whose low metallicity is probably associated with pristine gas inflows (Ekta & Chengalur 2010) and which fall below the mass–metallicity relation. Dopey and Grumpy are closer to the former, more quiescent XMDs at the present epoch. Their star formation histories and structural properties, such as the very low central surface brightnesses, make them akin to the faint Local Group dIrrs such as Leo A ($M_B \sim -11$), which have typically $\mu_B > 23$ mag arcsec$^{-2}$ (Mateo 1998).

While the gas-phase metallicity traces the metallicity of the latest generation of stars to form, the (lower) stellar metallicity represents an average over the entire star formation history of a galaxy. The right panel of Figure 7 shows that, despite being gas-rich, the average stellar metallicity of our simulated dwarfs follows remarkably well the V-band luminosity–metallicity relation defined by the Milky Way’s dSph satellites Kirby et al. (2011). This suggests that chemical enrichment proceeds largely independent of environment and is primarily dictated by the
mass of the galaxy. The idea that dSphs and dIrrs of the same luminosity may have similar global metal abundances is consistent with the recent observations of the isolated dIrrs VV124 (Kirby et al. 2012) and WLM (Leaman et al. 2013), which are found to lie on the Local Group luminosity–metallicity relation. The differential stellar metallicity distribution functions (MDFs) for Bashful and Grumpy are shown in Figure 8. The MDFs relate more directly to the chemical enrichment histories of dwarfs than their bulk metallicity properties, and can be dependent on

the assumed IMF and the implementation of feedback and metal mixing in the ISM (Pilkington et al. 2012). For illustrative purposes only, we have compared the simulated distributions with the observed MDFs of a dSph, Fornax (Kirby et al. 2011), and a dIrr, VV124 (Kirby et al. 2012). These two systems have comparable mean metallicities to Bashful (Fornax) and Grumpy (VV124) (but different luminosities and SFHs), and as it is typical for large dSphs, their metallicity distribution is known to fit a chemical evolution model with infalling gas better than a Closed Box model (Kirby et al. 2011, 2012). While Bashful has a slightly wider metallicity peak than Fornax, and Grumpy has a more prominent extremely metal-poor, \([\text{Fe/H}] < -3\), tail compared to VV124, overall the simulated dwarfs appear to have realistic metallicity spreads and distributions. Extremely metal-poor stars have been observed in Milky Way’s ultra-faint dwarf in classical dSphs (e.g., Kirby et al. 2008, 2009). We defer a more quantitative comparison between observed and theoretical MDFs to a future paper that will also make use of a larger sample of simulated dwarfs, and explore the sensitivity of our results to changes in the IMF, feedback, and metal mixing schemes.

We finally note that, while the baryon fractions of the four dwarfs discussed above are all within a factor of two of each other, their star formation efficiencies and cold gas fractions span two orders of magnitudes. Therefore, as already noted by Munshi et al. (2013), low star formation efficiencies are not simply the result of the blowing away of all the baryons from the host potential wells. Baryons are retained but are unable to make stars because of the more realistic description of where stars form (in high density clouds) and how feedback regulates the thermodynamics of the ISM without leading to an excessive outflow mass loading factor.

3.6. Three Dark Dwarfs

The three lightest dwarfs (“Happy,” “Sleepy,” and “Sneezy,” all with \(M_{\text{vir}} < 10^9 M_\odot\)), do not form any stars down to our stellar mass resolution limit of \(10^3 M_\odot\), i.e., their stellar mass fractions fall below \(\lesssim 2 \times 10^{-6}\). They are also baryon poor, with baryon fractions that are well below 0.5% today (partly as a consequence of gas removal by ram-pressure stripping), and never exceeded 3% in the past. Throughout cosmic history, their central gas column densities (simply estimated by multiplying the maximum gas volume density reached at a given redshift by
the SPH smoothing length) remain below 0.05 \(M_\odot\) pc\(^{-2}\), far too low to self-shield against the UVB and build up a substantial \(\text{H}^\text{I}\) mass. The twin simulation run without turning the UVB on shows that the fate of such systems is indeed regulated by external photoheating. We find that, without photoionization inhibiting the condensation process of gas in galaxy halos, Happy, Sleepy, and Sneey would all be forming stars but only at \(z \lesssim 2\), and with very low efficiencies. We note here that these three dwarfs appear to be the low-mass low-redshift counterparts of the population of gas-rich “dark galaxies” recently studied by Kuhlen et al. (2013) and detected in a deep narrowband survey for Ly\(\alpha\) emission by Cantalupo et al. (2012). Using a cosmological hydrodynamic simulation with the Enzo code of the formation of dwarf galaxies at redshifts \(z \gtrsim 2.5\), Kuhlen et al. (2013) have shown that a star formation prescription regulated by the local \(H_2\) abundance leads to the suppression of star formation in dwarf galaxy halos with \(M_{\text{vir}} < 10^{10} M_\odot\). Kuhlen et al. (2013) dark galaxies form late and their gaseous disks never reach the surface densities, \(\gtrsim 750 M_\odot\) pc\(^{-2}\) \((Z/10^{-2} Z_\odot)^{0.88}\), that are required to build a substantial molecular fraction. Analogously, in our simulation with a star formation prescription based on total gas density, the ISM of Happy, Sleepy, and Sneey remains always above \(10^4 K\) and never condenses to gas densities in excess of \(10^{-2} \text{ cm}^{-3}\).

### 3.7. Circumgalactic Medium

Simulations of the ionization, chemical, thermodynamic, and kinematic state of gaseous material in the CGM of dwarfs hold clues to understanding the exchange of mass, metals, and energy between the smallest, most abundant, and less luminous galaxies and their surroundings. It is the flows of gas into such galaxies, and from them back into their environments, that determine the response of baryons to their shallow potential wells and enrich intergalactic gas. While a detailed study of the CGM of dwarfs and of the baryonic outflows and inflows that shape their central dark matter density profiles is postponed to a subsequent paper of this series, it is interesting at this stage to briefly comment on the chemical imprint left on the environment by our dwarfs. This is clearly illustrated in Figure 9, where we show the growth of a large metal-enriched bubble in the simulated galaxy forming region. The figure shows projected gas particle metallicity at different redshifts in a cube of 3 comoving Mpc on a side. A total mass of \(5.7 \times 10^6 M_\odot\) of heavy elements, more than 87% of those produced over cosmic history, has been spread over such region, well beyond the CGM of the dwarfs and out into the IGM. While the majority of stars form at \(z > 1\) in Bashful and Doc (the main contributors of heavy elements), the metal-enriched bubble continues to grow in comoving coordinates down to the present time, as the ejected wind material is unbound and not recycled back into the galaxies. A low gas recycling fraction in dwarf galaxies is also found by Brook et al. (2013) in the MaGICC simulations that use the same blastwave scheme for supernova feedback.

The size of the metal bubble (defined here as the impact parameter from the center of Bashful where the covering fraction of material with total metal column density \(N_Z > 10^{12} \text{ cm}^{-2}\) decreases below 50%) remains around 6–7 Bashful’s virial radii \((R_{\text{vir}, B})\) at \(z \gtrsim 2\), increases to 10 \(R_{\text{vir}, B}\) at \(z \approx 1\), and eventually reaches 16 \(R_{\text{vir}, B}\) (1.4 Mpc) at redshift zero. For comparison, outflows in the late-type massive spiral “Eris2,” simulated with the same code and similar prescriptions (Shen et al. 2013), produce a metal bubble extending from four host virial radii at \(z \gtrsim 1–6\) virial radii at \(z \lesssim 0.5\). The mass loading factor at the virial radius, \(M_\text{wind}/M_*\) (characterizing the rate at which material is ejected per unit star formation rate), can be as high as 12 for Bashful and 17 for Doc, more than 1 dex higher than in Eris2 and comparable to the mass loading of Eris2’s satellites (Shen et al. 2012). Clearly, although less efficient at forming stars than more massive systems, dwarf galaxies appear to be collectively more effective at enriching the low density IGM on large scales.

The mass-weighted distribution of all enriched gas within the simulated region in the temperature-density plane is shown in Figure 10. Heavy elements are spread over a large range of phases, from cold star-forming material at \(T < 10^4 K\) and \(n > 100\) atoms cm\(^{-3}\) (corresponding to an overdensity \(\delta = \rho/\rho_{\text{mean}} > 6 \times 10^6\) at \(z = 3\) and \(\delta > 4 \times 10^4\) at \(z = 0\)) to hot, \(T > 10^9 K\) low density intergalactic gas that cannot cool radiatively over a Hubble time. The black strip in the lower left corner of the figure marks the nearly pristine, adiabatically cooling IGM, while the colored swath in the lower right corner marks metal-rich gas in the dense inner regions of the dwarfs. Hot gas is vented out in the CGM by the cumulative effect of SN explosions, expands first into a warm–hot intergalactic medium (WHIM, \(T > 10^5 K\)), and propagates further out in intergalactic space, cooling down and enriching the cool IGM with heavy elements. Although the WHIM has the highest metallicity, the majority of heavy elements by mass are located in the cool IGM component. Specifically, the fractional mass of gas-phase heavy elements locked in the cold \((T < 3 \times 10^4 K)\), warm \((3 \times 10^4 K < T < 3 \times 10^5 K)\), and hot \((T > 3 \times 10^5 K)\) phases is 57%, 23% and 20%, respectively. This is in contrast with the CGM around more massive star-forming galaxies, where more than half of the metals are locked in the hot component instead (Shen et al. 2013). More than 55% of all gas-phase metals produced lie outside the virial radii of the four luminous dwarfs at redshift three, increasing to >87% by the present epoch. The majority of the metals in all three phases reside in underdense regions with \(\delta < 1\) at \(z = 0\). As has been done for more massive halos (Stinson et al. 2012; Shen et al. 2013), a more detailed comparisons with observations of gas and metal distributions around dwarf galaxies will be presented in a future study.

### 4. SUMMARY

We have presented results from a fully cosmological, very high-resolution, \(\Lambda\)CDM “zoom-in” simulation of a group of seven field dwarf galaxies with present-day virial masses in the range \(4.4 \times 10^7–3.6 \times 10^9 M_\odot\). The simulation includes a blastwave scheme for supernova feedback, a star formation recipe based on a high gas density threshold, metal-dependent radiative cooling, a scheme for the turbulent diffusion of metals and thermal energy, and a uniform UV background that modifies the ionization and excitation state of the gas. The properties of the simulated dwarfs appear strongly modulated by the depth of the gravitational potential well. All three halos with \(M_{\text{vir}} < 10^9 M_\odot\) are devoid of stars, as they never reach the density threshold for star formation of 100 atoms cm\(^{-3}\), their fate being regulated by external photoheating. These three dwarfs appear to be the low-mass low-redshift counterparts of the population of gas-rich “dark galaxies” recently studied by Kuhlen et al. (2013) and discovered at high redshift by Cantalupo et al. (2012). The other four, \(M_{\text{vir}} > 10^9 M_\odot\) dwarfs have blue colors, low star formation efficiencies, high cold gas to stellar mass ratios, and low stellar metallicities. While the baryon fractions of the four dwarfs discussed above are all within
Figure 9. Growth of the metal-enriched bubble around our simulated dwarfs. The figure shows total metal column density (in units of cm$^{-2}$) at different redshifts in a cube of 3 comoving Mpc on a side. At $z = 0$, the virial radii of our seven dwarfs are marked by the black circles. By $z = 0$, > 87% of all the metals produced are spread over a region of 3 comoving Mpc across, beyond the dwarfs’ CGM and out into the IGM.

(A color version of this figure is available in the online journal.)

Figure 10. Distribution of all enriched gas in the temperature–density plane at $z = 3$ (left panel) and $z = 0$ (right panel) within the simulated volume. The color scale indicates mass-weighted metallicity. In the right panel, we define the interstellar medium as gas with overdensity $\delta = \rho / \rho_{\text{mean}} > 10^{5.5}$, corresponding to $n > 0.1$ atoms cm$^{-3}$, and halo gas as having $100 < \delta < 10^{5.5}$. All gas with $\delta < 100$ belongs to the IGM, and we use the term WHIM to define IGM gas with $T > 10^5$ K.

(A color version of this figure is available in the online journal.)
a factor of two of each other, their star formation efficiencies and cold gas fractions span two orders of magnitudes. Low star formation efficiencies are not simply the result of the blowing away of all the baryons from the host potential wells. Baryons are retained but are unable to make stars because of the more realistic description of where stars form (in high density clouds) and how feedback regulates the thermodynamics of the ISM without leading to an excessive outflow mass loading factor.

The star formation histories of our dwarfs are very bursty, characterized by peak specific star formation rates in excess of 50–100 Gyr$^{-1}$, far outside the realm of normal, more massive galaxies, and in agreement with observations of extreme emission-line starbursting dwarfs by the CANDELS survey (van der Wel et al. 2011). The median stellar age of the simulated galaxies decreases with decreasing halo mass, with the two $M_{\text{vir}} \simeq 2 \times 10^9 M_\odot$ dwarfs being predominantly young, hosting stellar populations of age a few gigayears, and the two more massive systems hosting substantial amounts of intermediate age and old stars. The two cosmologically young dwarfs are lit up by tidal interactions, and have compact morphologies and colors similar to those of XBCDs. They have low surface brightnesses, however, and are not undergoing starbursts nor exhibit strong gas inflows at the present epoch, thus may not be detectable through emission line surveys with current detection limits (Papaderos et al. 2008). Many of their properties, as well as their late star formation histories, resemble those of the local dIrr Leo A (Cole et al. 2007). Moreover, their metallicity does not fall below the mass–metallicity relationship as in the starburst XBCD I Zw 18, but are reminiscent of Leo P, the relatively quiescent star-forming extremely metal-poor dwarf recently discovered in the Local Volume by the Arecibo ALFALFA survey (Skillman et al. 2013). This suggests a strong correlation between gas inflows, metallicities, and star formation rates. One of the two faint galaxies (“Grumpy”) has also a similar cold gas-to-stellar mass ratio to that of Leo P (Giovanelli et al. 2013).

The simulated dwarfs lie on the stellar mass–halo mass relation of Behroozi et al. (2013), the cold gas–stellar mass relation of Huang et al. (2012), the stellar mass–gas phase metallicity relation of low-mass galaxies of Woo et al. (2008) and Lee et al. (2006), and the stellar metallicity–V-band luminosity relation for Milky Way’s dSphs of Kirby et al. (2011). They have realistic metallicity spreads and distributions, cumulative star formation histories in broad agreement with those of dIrrs in the ANGST sample (Weisz et al. 2011), and a dynamically hot stellar structure as recently observed in the isolated dIrr galaxy WLM (Leaman et al. 2012).

Metal-enriched galactic outflows produce highly sub-solar effective yields but are not sufficient to completely quench star formation activity and are not ubiquitous: the fraction of all the metals ever produced that is retained at the present epoch by our dwarfs increases with decreasing stellar mass. “Dopey,” the faintest dwarf with the lowest metallicity and star formation efficiency, a peak star formation rates not exceeding 0.004 $M_\odot$ yr$^{-1}$, and the highest gas-to-stellar mass ratio, is simply unable to power strong galactic-scale outflows. By $z = 0$, more than 87% of all the metals produced by our most luminous dwarfs over cosmic time are spread over a region of 3 Mpc across centered on the most luminous system, well beyond the CGM of our dwarfs and out into the IGM. Although less efficient at forming stars than more massive systems, this suggests that dwarf galaxies may be collectively most effective at enriching the low density IGM on large scale.

While our calculations appear to reproduce quantitatively at least some of the complex baryonic processes that regulate the “metabolism” of dwarf galaxies, the small size of our sample, the lack of explicit radiation transport, and the simplistic feedback scheme we adopt must all be acknowledged as limitations to the work presented here. A detailed study (and comparison with the observations) of the stellar and gas kinematics and central dark matter density profiles of a larger sample of simulated dwarfs is required to fully validate our approach, and has been postponed to a subsequent paper of this series. In spite of such caveats, we find it encouraging that cosmological simulations of the formation of dwarf galaxies in ACDM appear to simultaneously reproduce the observed stellar mass and cold gas content, resolved star formation histories, stellar kinematics, and metallicities of field dwarfs in the Local Volume.

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