Removal of Hg II and Cu II Ions from Aqueous Solution Using Activated Carbon Produced from Palm Fruit Fibre

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Abstract
Studies were carried out to evaluate the removal of Hg II and Cu II ions from aqueous solution using activated carbon produced from palm fruit fibre. Appropriate analytical procedure and instrumentation was applied in carrying out the batch adsorption experiment. Increase in adsorbents dosage and solution temperature was found to significantly increase the removal of the two metal ions from aqueous solution. Increase in the initial concentration of the adsorbate significantly reduced the adsorption efficiency of the adsorbent due to increase in the adsorbate concentration in the solution to the unchanging number of adsorption sides on the adsorbent. The solution pH and contact time of the adsorbate and adsorbent reached maximum removal efficiency at 6.0 and 45min respectively revealing the dependency of effective adsorption by activated carbon on these factors. The ∆S and ∆H of the adsorption were positive showing an endothermic adsorption process. The decrease in Gibbs free energy of adsorption with increase in adsorption efficiency of the activated carbon shows that effective adsorption of adsorbates favours high temperatures.

Keywords: Activated carbon, Heavy metals, Cu II ions, Hg II ions Adsorption efficiency and Aqueous solution.

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INTRODUCTION
With an increasing global usage and a growing demand for high purity water is fast becoming one of the most natural resources used by humans. Essential for the survival of life on earth, the effective management distribution, storage, recycling and purification of water are critical to ensure the sustainable use of this resource into the future. Water is necessary for many human activities including agriculture, industrial processes, recreation and most importantly consumption. Water pollution due to toxic metals and organic compounds remains a serious environmental and public problem. Nowadays water pollution by heavy metals is fast growing due to natural processes and increasing human activities which include mining, agriculture and manufacturing industrial (Moyo et al., 2013).

Heavy metals are non-biodegradable and hence cannot be detoxified biologically. Heavy metals such as mercury, lead, calcium, arsenic are very toxic to living organism at very low concentrations and have the tendency to accumulate in the body for as long as possible (Mubarak et al., 2012).

According to Mubarak et al., (2012) metals such as copper and zinc although required by the body in trace amounts can be toxic to the body at high concentrations. Exposure to heavy metals such as mercury, copper, lead, calcium, arsenic and chromium is through ingestion of food, water, dust and particular inhalation and vehicular emission.

According to Rajesh Kumar et al., (2004), the acute and chronic symptoms of heavy metal symptoms include poor development of foetus, memory loss, sleep disabilities, neuropathy, depression, respiratory disorders, kidney and liver failures, vomiting, weakened immune system, stomach ulcer, constipation, vomiting and damages to the central nervous system.

Cohen and Costa, (2010) reported that chronic exposure to copper particularly results to Wilson disease, a genetic disorder that causes abnormal accumulation of copper in body tissues.

Indeed, years of increased industrial, agricultural and domestic activities have resulted in the generation of large amount of waste water containing a number of toxic pollutants which are polluting the available fresh water continuously. With the realization that pollutants present in water adversely affect human and animal life, domestic and industrial activities, pollution control and management is now a high priority.

Through serious efforts of researchers all over the world in the field of pollution control and management, a number of methodologies with varying degrees of successes have been developed to manage water pollution especially by heavy metals.

Examples of such water pollution treatment methodologies include coagulation, flock flotation, chemical oxidation, disaffection, membrane process, sedimentation and adsorption (Bhatnagar and Minocha, 2006).

Among various available technologies for water pollution control, adsorption process is considered the best compared to other methods because of its convenience, ease of operation and simplicity of design. Adsorption is
Nigeria. It was washed thoroughly with water and dried for 96 hours. The dried biomass was sieved using 100-

*Moringa oleifera* be modified by suitable thermal or chemical of activated carbon for specific contaminants removal (Bhatnagar, 2010).

The palm fruit fibre was collected from farms and households within Awka South L.G.A. in Anambra State, activated carbon produced from palm fruit fibre. The groups as binding sides for heavy metals, organic and inorganic compounds (Bhatnagar et al., 2012). Activated carbon has undoubtedly been the most popular and widely used adsorbents for the adsorption of organic and inorganic pollutants in aqueous solutions.

Activated carbon is produced by a process consisting of raw materials dehydration and carbonization, followed by activation. The starting material is dehydrated and carbonized by slowly heating in the absence of air. Activation is essentially a two-phase process requiring burning of amorphous decomposition products (tars), plus enlargement of pores in the carbonized material (Bhatnagar and Minocha, 2006; Thommes, 2010).

The resulting product obtained is known as activated carbon and generally has a very porous structure with a large surface area ranging from 600-2000 m²/g (Mengistie et al., 2008). Activated carbon adsorption can be physical or chemical. Physisorption occurs through Vander-waals attraction and is a reversible exothermic process that is not site specific and can result in the multi-cellular thickness of the adsorbed phase (Rutheva, 1994). Chemisorption forces arise from redistribution of electrons between the adsorbent and adsorbate, resulting in a site specific irreversible chemical bond and can result in unimolecular thickness of the adsorbed phase (Suzuki, 1993). Activated carbon can be considered as a material of phenomenal surface made off millions of pores comparable to a molecular sponge.

The use of activated carbon is conditioned to its surface chemistry and its hetero atoms content (elements such as sulphur, nitrogen and oxygen) which gives the material different acidic or basic characteristic, which influences these adsorption properties (Nahil and Williams, 2012). In the carbon structure, the main functional groups which in general are considered responsible for the uptake of pollutants include carboxyl, carboxyl, phenols, lactones, quinones beside others. The unique adsorption properties of activated carbon can be significantly influenced by these functional groups. The nature and concentration of surface functional groups may be modified by suitable thermal or chemical of activated carbon for specific contaminants removal (Bhatnagar et al., 2013).

The efficiency of activated carbon as an adsorbent for diverse types of pollutants which includes organic compounds, heavy metals and inorganic pollutant’s are well documented (Hossler and Cheremisinoff, 1980; Yang, 2003). Activated carbon has become the standard adsorbent for the reclamation of municipal and waste industrial work water to portable water quality.

According to Manoochehri et al., (2012) activated carbon has been employed in the removal of many toxic metal ions from aqueous solutions. Activated carbon can be prepared from a variety of carbon containing materials such as coke, olive stones, pinewood, rice hulls, palm shell, *Pinus carbaea*, saw dust, anthracite, palm kernels, *Moringa oleifera* seed husks, coconut shell and palm fruit bunch particles (Bhatnagar and Minocha, 2006). The application of palm fruit fibre as a adsorbent materials, which is readily available, cheap and a waste product of agricultural produce presents a strong potential due to its main lignocellulosic contents which contains functional groups as binding sides for heavy metals, organic and inorganic compounds (Bhatnagar et al., 2013).

Hence, studies was carried out to investigate the removal of Hg II and Cu II ions from aqueous solution using activated carbon produced from palm fruit fibre.

**MATERIALS AND METHODS**

**PREPARATION OF THE BIOMASS**

The palm fruit fibre was collected from farms and households within Awka South L.G.A. in Anambra State, Nigeria. It was washed thoroughly with water and dried for 96 hours. The dried biomass was sieved using 100-300 μm analytical sieves. The sieved samples were subsequently washed with 0.01M HCl in order to remove any interfering substances that might be in the biomass.

**PREPARATION OF ACTIVATED CARBON**

The activated carbon was prepared according to the reported procedure of (El-Nemr et al., 2007, Esmaeli et al., 2010).

The palm fruit fibre (300g) was weighed into a clear dry beaker containing 200ml of 95% H₂SO₄ for about 24 hours and was followed by refluxing in a fume hood for 4 hours.

After cooling, the reaction mixture was filtered with de-ionized water and soaked in 1% NaHCO₃ solution to...
neutralize any remaining acid. The sample biomass was then washed with de-ionized water until a neutral pH between 6 and 7 was obtained. The sample was then dried overnight in an oven at 150°C and subsequently kept in a clean glass bottle until use.

**ADSORBATE PREPARATION**

The preparation of the adsorbates was carried out in accordance with the reported procedures of Mengistie *et al.*, (2008). Stock solution of 1000mg/l Hg II and Cu II ions were respectively prepared by dissolving HgCl₂ and CuSO₄ (Merck, South Africa) in ultra pure water (resistivity > 18mΩcm⁻¹) and acidified accordingly with 5ml of Conc. HNO₃ to prevent hydrolysis of the prepared solutions.

Progressive dilution procedure of the stock solutions was employed in the preparation of the working solutions. The pH of the working solutions were adjusted to required values with 0.1M NaOH or 0.1M HCL. The entire chemicals used were of analytical reagent grade.

**BATCH ADSORPTION STUDIES**

A weighed amount of the activated carbon was introduced into the stoppered reagent bottles of various concentrations with 100ml aqueous solutions of Hg II ion and Cu II ions respectively. The suspensions were shaken at room temperature using a chemical shaker for a proscribed time at 160rpm. The solutions were filtered using whatmann 42 filter paper and the residual concentrations of the metal ions respectively determined by flame atomic adsorption spectrophotometer at 210nm.

The effect of concentration (25-90mg/l), adsorbent dosage (0.3 – 1.2g), solution pH (3.0 – 12.0), contact time (15-60min) and temperature (30-120°C) were studied. Blank solution was treated similarly and the recorded concentration at the end of each procedure was taken as the initial one.

The percentage of the removed metal ion (R%) in the solution was calculated using

\[ R\% = \frac{C_0 - C_e}{C_0} \times 100 \]  

Where Co is the initial concentration of the metal ion while Ce is the equilibrium concentration of the metal ion.

Calculation of thermodynamic parameters;

The values of ∆H and ∆S were respectively calculated from the slope and intercept of the linear Vant’s Hoff plot using the relation.

\[ \ln K_d = \frac{\Delta S}{R} - \frac{\Delta H}{RT} \]  

Where ∆S = entropy change for the process  
∆H = enthalpy change for the adsorption process  
R = gas constant  
T = absolute temperature

The distribution coefficient (Kd) of the metal ions on the activated carbon was calculated using the equation.

\[ K_d = \frac{C_0 - C_e}{C_0} \times \frac{V}{M} \]  

The changes in Gibbs free energy (∆G) for the specific adsorptions were calculated using the equation;

\[ \Delta G = -RT \ln K_d \]  

Where the symbols have their usual significance.

**RESULTS AND DISCUSSION**

Effect of concentration.

**Table 1** shows that as the concentration of Hg II and Cu II ions were increased in the aqueous solutions from 25 to 90mg/l, the removal efficiency of the metal ions by the adsorbent (activated carbon) decreased from 84.713 to 50.960% for Hg II ions and 92.456 to 64.882% for Cu II ions.

| Concentration | R% Hg  | R% Cu  |
|---------------|-------|-------|
| 25            | 84.713| 92.456|
| 50            | 73.064| 85.721|
| 75            | 61.522| 76.009|
| 90            | 50.960| 64.882|
Fig. 1 shows a graphical decline in the adsorption efficiency of activated carbon as the concentrations of the adsorbate (Hg II ions and Cu II ions) were increased in the aqueous solution.

The phenomenon could be attributed to the availability of the same amount of adsorbent site for the various concentrations of the adsorbates in the aqueous solution. It was observed that Hg II ions were poorly adsorbed in the activated carbon compared to Cu II ions because it is more solvated in aqueous solutions making its adsorption more difficult.

The higher electropositivity of Cu compared to Hg could also have accounted for its higher percentage adsorption by the adsorbent.

Daga and Metha (2010) reported similar observation for a varied concentration of Ni II ions at a fixed adsorbent dosage.

**EFFECT OF DOSAGE**

Table 2 shows that as the adsorbent’s dosage were increased from 0.3 to 1.2g in the aqueous solutions, the removal efficiency of the activated carbon increased from 74.691 to 90.722% for Hg II ions and 80.13 to 95.570% for Cu II ions.

| Dosage (g) | R% Hg | R% Cu |
|-----------|-------|-------|
| 0.3       | 74.691| 80.113|
| 0.6       | 82.047| 84.971|
| 0.9       | 87.108| 90.625|
| 1.2       | 90.722| 95.570|

Fig. 2 shows a graphical illustration of the increased adsorption of the heavy metal ions from the aqueous solution with increase in activated carbon dosage.
This phenomenon could be attributed to a greater availability of adsorption sites or surface area of the activated carbon, thus enabling faster and easier penetration of the heavy metal ions unto these adsorption sites. The result of this study compared favourably with the findings of Eposito et al., (2011) in which they reported that increase in adsorbents dosage in aqueous metallic solutions increases adsorption due to more surface areas and functional groups being available on the adsorbent.

Olorundare et al., (2012) observed an increase in the adsorption efficiency of activated carbon for heavy metal (Pb) in aqueous solution from 65 to 89% and this agreed with the results of this study. Kumar et al., (2014) equally reported an increase in adsorption of Cd II and Zn II ions from aqueous solution with increase in adsorbents dosage.

**Effect of pH**
The pH is one of the most important factors governing the adsorption of metal ions from the aqueous solutions which affects the functional groups protonation and also metal ions adsorption by the adsorbents.

**Table 3: Percentage adsorption efficiency of activated carbon at 1.2g dosage and varying pH**

| pH  | R% Hg | R% Cu  |
|-----|-------|--------|
| 3.0 | 83.803| 90.392 |
| 6.0 | 89.071| 93.846 |
| 9.0 | 85.482| 90.050 |
| 12.0| 84.245| 88.603 |

Modin et al., (2011) stated that the pH is an important factor affecting the sorption of heavy metals and in general sorption of metallic species increases with increase in pH to a certain range. Table 3 shows that the adsorption of Hg II and Cu II ions from the aqueous solution reached maximum saturation capacity at pH of 6.0 with 89.071 and 93.846% respectively. In aqueous solution, copper and mercury species could be present in the form of Cu$^{2+}$, Cu(OH)$^+$, Cu(OH)$_2$, Cu(OH)$_3$ and Hg$^{2+}$, Hg(OH)$^+$, Hg(OH)$_2$, Hg(OH)$_3$ respectively.

Cu$^{2+}$ and Hg$^{2+}$ are usually the dominant species at pH <7. The graphical illustration of the effect of pH adsorbents is shown in Fig. 3.
At pH ranges of 3.0 and 6.0 the surface of activated carbon becomes negatively charged hence increases its adsorption capacity of positively charged metal ions through electrostatic forces of attraction. The results of the study compares favourably with the findings of Mengistie et al., (2008) who reported an increase in adsorption efficiency of activated carbon for Pb II ions in aqueous solution as it was made less acidic.

**EFFECT OF CONTACT TIME**

**Table 4: Percentage adsorption efficiency of activated carbon at varying contact time.**

| Time (min) | R% Hg   | R% Cu   |
|------------|---------|---------|
| 15         | 78.205  | 81.103  |
| 30         | 83.636  | 85.725  |
| 45         | 89.144  | 93.552  |
| 60         | 86.377  | 90.470  |

Table 4 shows that the adsorption of Hg II and Cu II ions from the aqueous solution became enhanced in the first 30 mins and attained saturation capacity at 45min after which the adsorption of the metal ions decreased. Hence by increasing the contact time of the adsorbate and adsorbent in the aqueous solution from 15 to 45mins the adsorption capacity of the adsorbent for Hg II and Cu II ions increased from 78.205 to 89.144% and 81.103 to 93.552% respectively. The adsorption efficiency of the activated carbon decreased to 86.377% for Hg II ion and 90.470% for Cu II ions as the contact time increased to 60mins as shown in Fig. 4.

According to Li et al., (2008), increase in contact time of the adsorbate and adsorbent in aqueous metallic solutions
in the initial stages of adsorption usually enhances the external surface area of the adsorbent for adsorption followed by a slower adsorption and internal diffusion process which may be the rate determining step.

**Table 5: Kinetics of adsorption of Hg II and Cu II ions at varying time**

| Time (min) | Ln Co/Ce Hg | Ln Co/Ce Cu |
|------------|--------------|-------------|
| 15         | 1.553        | 1.583       |
| 30         | 1.680        | 1.804       |
| 45         | 1.853        | 1.926       |
| 60         | 1.979        | 2.163       |

The reaction rates of the adsorption of Hg II and Cu II ions on the surface of activated carbon at varying contact time was of the first order following a plot of Ln Co/Ce against time as shown in fig. 5.

**Fig. 5:** A graphical representation of the kinetics of adsorption of Hg II and Cu II ions at varying contact time. The mathematical evaluation of the kinetics of adsorption indicates that adsorbates uptake by the adsorbents at solid solution interface is usually time dependent.

**Effect of Temperature**

**Table 6: Percentage adsorption efficiency of activated carbon at varying temperature.**

| Temp °C | R% Hg | R% Cu |
|---------|-------|-------|
| 30      | 83.742| 87.662|
| 60      | 89.816| 91.107|
| 90      | 92.217| 94.233|
| 120     | 93.962| 96.770|

Table 6 shows that increase in temperature increased the percentage removal of Hg II ions from 83.742 to 93.962 and Cu II ions from 87.662 to 96.770. The effects of temperature variation on the adsorption of Hg II and Cu II ions from aqueous solution have been shown in Fig. 6.
Fig. 6: A graphical representation of the adsorption efficiency of activated carbon at varying temperature.

Result of Table 6 shows that the extent of adsorption for both metal ions increased with increase in temperature indicating the adsorption process to be endothermic. Since diffusion is an endothermic process it would be expected that an increase in solution temperature would result to the enlargement of the pore size due to activated diffusion causing the microspores to widen and deepen and create more surfaces for adsorption.

Table 7: Adsorption studies of Hg II and Cu II ions on the surface of the adsorbent as a function of temperature.

| T0K | 1/K | KdHg | LnKdHg | KdCu | LnKdCu | ΔHf°Hg (KJmol⁻¹) | ΔHf°Cu (KJmol⁻¹) | ΔSf°Hg (Jmol⁻¹ K) | ΔSf°Cu (Jmol⁻¹ K) | ΔGf°Hg (KJmol⁻¹) | ΔGf°Cu (KJmol⁻¹) |
|-----|------|-------|--------|-------|--------|-------------------|-------------------|------------------|------------------|------------------|------------------|
| 303 | 3.300| 36.601| 3.600  | 51.620| 3.634  | -16.117           | -21.360           | -16.117          | -21.360          | -16.117          | -21.360          |
| 333 | 3.003| 39.522| 3.677  | 53.714| 3.704  | 6.024             | 8.262             | 77.513           | 84.260           | -18.302          | -22.988          |
| 363 | 2.755| 40.834| 3.725  | 54.782| 3.755  | -39.904           | -25.543           |                  |                  |                  |                  |
| 393 | 2.545| 42.007| 3.771  | 57.612| 3.806  | -21.600           | -27.309           |                  |                  |                  |                  |

Table 7 shows that the decrease in ΔG values from -16.117 to -21.360 kJmol⁻¹ for Hg II ions and -21.267 to -27.309 kJmol⁻¹ for Cu II ions with increase in temperature from 303 to 393K suggests that the adsorption of the two heavy metal ions by the adsorbent was favourable at higher temperatures. The result equally indicates that the white the adsorption process was spontaneous and therefore increases the affinity of the metals ions on the surface of the adsorbent. A plot of LnKd vs 1/T gave a straight line graph and evaluation of ΔS from the plot gave 77.513 and 84.260 Jmol⁻¹ for Hg II and Cu II ions respectively.
Fig. 7: A graphical representation of the adsorption of Hg II and Cu II ions as function of temperature. The positive values of $\Delta S$ indicate an increase in randomness at the solid solution surface during the fixation action of Hg II and Cu II ions in the active sites of the adsorbent. The enthalpy of adsorption ($\Delta H$) of Hg II ions and Cu II ions estimated from the plot were 6.024 and 8.262 kJ mol$^{-1}$ respectively. The positive values of the enthalpy of the entire adsorption process indicates that the reaction on the surface of the activated carbon was endothermic.

CONCLUSION
Activated carbon produced from palm fruit fibre has shown great potential in its use in the adsorption of the metal ions (Hg II and Cu II ions) from aqueous solution. The adsorption of the two metal ions from aqueous solution was found to decrease with increase in initial concentrations of the metal ions indicating the applicability of the bio-sorbent (palm fruit fibre) at lower concentrations. Adsorption equilibrium for the metals was reached in 45 min and was endothermic based on the calculated value of $\Delta S$, $\Delta G$ and $\Delta H$. Adsorption efficiency was found to increase with increase in pH showing a maximum at 6.0. Increases in both the adsorbent’s dosage and solution temperature were found to increase the percentage removal of the two metal ions from aqueous solution.

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