Biodegradable Vancomycin-eluting Poly[(d,l)-lactide-co-glycolide] Nanofibres for the Treatment of Postoperative Central Nervous System Infection

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The incidence of postoperative central nervous system infection (PCNSI) is higher than 5%–7%. Successful management of PCNSI requires a combined therapy of surgical debridement and long-term antibiotic treatment. In this study, Duraform soaked in a prepared bacterial solution was placed on the brain surface of rats to induce PCNSI. Virgin poly[(d,l)-lactide-co-glycolide] (PLGA) nanofibrous membranes (vehicle-control group) and vancomycin-eluting PLGA membranes (vancomycin-nanofibres group) were implanted. The wound conditions were observed and serial brain MRI and pathology examinations were performed regularly. PCNSI was consistently induced in a single, simple step. In the vehicle-control group, most rats died within 1 week, and the survival rate was low (odds ratio $= 0.0357$, 95% confidence interval $= 0.0057–0.2254$). The wounds and affected cerebral tissues necrosed with purulence and increased in mass from the resulting PCNSI volumes. Initially, the mean PCNSI volumes showed no significant difference between the two groups. The PCNSI volume in the rats in the vancomycin-nanofibres group significantly decreased ($P < 0.01$), and the wound appearance was excellent. Pathologic examinations revealed that the necrosis and leukocyte infiltration area decreased considerably. The experimental results suggest that vancomycin-eluting PLGA nanofibres are favourable candidates for treating PCNSI after surgical debridement.

Postoperative central nervous system infection (PCNSI) in patients undergoing neurosurgical procedures is a severe illness that requires immediate attention. These infections can manifest themselves as a wound, a bone-flap infection, an epidural abscess, subdural emphysema, a brain abscess, or meningitis¹,². Published data show that the incidence of PCNSI is 5%–7%¹,²,³ and can be as high as 10% when antibiotic prophylaxis is not administered. Many physicians believe that the incidence is even higher⁴–⁸. Multiple factors, including cerebral spinal fluid leakage, a clean-contaminated or dirty surgery, an emergency operation, an operation duration longer than 4 hours, reoperation, and the male sex, can contribute to an increased risk of PCNSI⁵–⁷,⁸. Postoperative and posttraumatic infections containing foreign bodies or contaminated retained bone fragments, flaps, and brain tissue must be managed. Hence, complete abscess excision and debridement through craniectomy or craniotomy is necessary⁹–¹¹.

Following surgical intervention, parental antibiotic therapy is required. The recommended duration of antibiotic treatment therapy is long, usually 4–8 weeks depending on the therapeutic response and neuroimaging findings⁹,¹². Vancomycin is widely used for treating brain abscesses from a haematogenous spread in postoperative neurosurgical patients who underwent trauma caused by methicillin-resistant Staphylococcus aureus¹¹,¹³,¹⁴. Vancomycin should be administered intravenously for a minimum infusion period of 1 hour to minimise infusion-related adverse effects¹⁵. In addition, administering vancomycin to patients with a CNS infection requires more than 4–8 weeks of hospitalization, resulting in high hospital costs, the use of many drugs,
and a low life quality\textsuperscript{8,12}. Furthermore, long-term vancomycin intravenous infusion may cause toxic and other adverse side effects\textsuperscript{17,18}.

In our previous study\textsuperscript{8,9}, we developed biodegradable vancomycin-loaded poly[(d,l)-lactide-co-glycolide] (PLGA) nanofibrous membranes and evaluated the release characteristics of vancomycin in the cerebral tissues of rats. The results suggested that biodegradable nanofibres can release high concentrations of vancomycin in the cerebral cavity for more than 8 weeks. In this paper, we propose a novel model for experimentally inducing PCNSI in rats. In addition, we demonstrate that biodegradable vancomycin-eluting PLGA nanofibrous membranes can be used to effectively treat PCNSI.

Results
By employing appropriate process parameters (including a proper solvent, polymer concentration, and flow rate), we obtained electrospun nanofibrous membranes. Scanning electron micrographs of the electrospun nanofibres (under a magnification of 5,000x) showed the diameters of the spun vancomycin-eluting PLGA nanofibres to range from 375 to 1,200 nm, and the porosity of the nanofibrous membranes was high. The model proposed in this study was adopted to consistently induce experimental PCNSI in the rats through a single, simple step; the model accurately represented the clinical situation and yielded reproducible results. Four rats died during the perioperative period; however, PCNSI models were created in 36 rats and confirmed through brain MRI examinations. All of the rats had a subcutaneous abscess, epidural or subdural emphysema, and a brain abscess. The rats with PCNSI were randomly divided into two groups that each comprised 18 rats.

Survival rate. In the vehicle-control group, virgin (i.e., not loaded with a drug) PLGA nanofibrous membranes were implanted after the PCNSI was induced. Vancomycin-eluting PLGA nanofibrous membranes were implanted into the rats in the vancomycin-nanofibres group. In the vehicle-control group, only two rats survived, and the other 16 rats died within a few weeks after the operation (nine rats died in the first week, five rats died in the second, and two rats died in the fourth). In the vancomycin-nanofibres group, 14 rats survived and four rats died. Two rats died within 1 week, and the brain MRI findings on the day on which the vancomycin-eluting membrane was implanted revealed severe initial subdural emphysema and brain abscesses. The PCNSI volumes of these rats (first rat, 463.12 ± 10^{-3} mL; second rat, 458.87 ± 10^{-3} mL) were much higher than the mean PCNSI volume (283.25 ± 118.50 × 10^{-3} mL). A severe mass effect with midline shift and contralateral ventricle involvement was observed in the MRI image. The third rat died because of severe abdominal distention and a clear scalp wound, and the fourth rat died after anaesthesia for the MRI examination. The survival rate in the vehicle-control group (with the virgin PLGA nanofibrous membrane) was much lower than that in the vancomycin-nanofibres group (with the vancomycin-eluting nanofibrous membrane) (odds ratio = 0.0357, 95% confidence interval = 0.0057–0.2254). The Survival curve for vancomycin-nanofibres group is statistically different from the vehicle-control group (P < 0.001). Figure 1 shows Kaplan-Meier curves of a representative survival study. The vancomycin-eluting nanofibrous membrane reduced the risk of death significantly. The mean survival time was 14.44 ± 16.55 days in the vehicle-control group and 46.06 ± 19.73 days in the vancomycin-nanofibres group. The survival time was significantly longer in the vancomycin-nanofibres group (P < 0.001).

Wound appearance. Before implantation of the membranes, the wounds were mildly dehiscent with or without purulence in both the vehicle-control and vancomycin-nanofibres groups (Figure 2 a1, b1, and c1). In the vehicle-control group, the wounds deteriorated progressively; some rats showed pus accumulation with scalp swelling around the surgical site, whereas other rats exhibited wound dehiscence with necrosis and discharge of an odourous pus from the wound. (Figure 2 a2, a3, b2 and b3) By contrast, the wounds of the rats in the vancomycin-nanofibres group were clear and intact. Hair regrowth and excellent healing were evident (Figure 2 c2 and c3). The culture data for all of the wounds revealed the presence of \textit{S. aureus}.

MRI examination. Serial brain MRI examinations were performed on the implantation day and at 1, 2, 4, 6, and 8 weeks after implantation of the membranes. Figures 3 and 4 show the serial MRI examination images of the rats in vehicle-control group and vancomycin-nanofibres group, respectively. The mean PCNSI volumes on the day of implantation were 273.18 ± 118.64 × 10^{-3} mL and 283.25 ± 118.50 × 10^{-3} mL in the vehicle-control group. The mean PCNSI volumes on the day of implantation were 273.18 ± 118.64 × 10^{-3} mL and 283.25 ± 118.50 × 10^{-3} mL in the vehicle-control group. The mean PCNSI volumes on the day of implantation were 273.18 ± 118.64 × 10^{-3} mL and 283.25 ± 118.50 × 10^{-3} mL in the vehicle-control group.

Figure 1 | Overall survival is shown for the vehicle-control and vancomycin-nanofibres groups.

Figure 2 | Gross wound appearance. a and b show rats from the vehicle-control group, and c shows a rat from the vancomycin-nanofibres group. The number on the upper right corner of each image indicates the number of days after the implantation of the PLGA nanofibrous membrane. a1: scalp wound swelling with mild pus discharge. a2: severe wound swelling with eschar formation. a3: rat died, and pus accumulation with necrotic brain tissue was noticed when the scalp wound was opened. b1: mild scalp wound swelling. b2: scalp wound necrosis and dehiscence with pus discharge. b3: rat died and exhibited purulence with necrotic brain tissue. c1: mild pus discharge. c2: wound healed adequately with a regrowth of hair. c3: scalp wound was excellent at the end of the study.
Figure 3 | Serial brain-MRI images of the rats in the vehicle-control group. a1 and a2 show different rats in the vehicle-control group. The number on the upper right corner of each image indicates the number of days after the implantation of the virgin PLGA nanofibrous membrane. a1: progressive enlargement and ingrowth of PCNSI were observed in the MRI images. The rat died on Day 24, and a large abscess formation with a severe mass effect was noticed. a2: Like most rats in the vehicle-control group, the rat died in 1 week. MRI images revealed that the PCNSI expanded rapidly with an increasing mass effect and contralateral ventricle involvement.

Figure 4 | Serial brain MRI images of the rats in the vancomycin-nanofibres group. The number on the upper right corner of each image indicates the number of days after the implantation of the vancomycin-eluting PLGA nanofibrous membrane. The PCNSI area decreased markedly, and no inflammation was found at the end of the study (8 weeks). The arrow indicates the nanofibrous membrane, which degraded progressively.

Discussion

Despite remarkable advances in antimicrobial therapy, neurosurgical techniques, and neuroradiological diagnosis, brain abscesses and CNS infections remain a challenge, and their mortality rates are still high. Bacterial infection in surgery, especially CNS surgery, can be devastating and is associated with considerable morbidity and poor functional outcomes. The management of postoperative infection requires surgical debridement, the removal of all necrotic tissue and implants, and the administration of systemic antibiotics. Nevertheless, antibiotic treatment may be inadequate or ineffective in patients with poorly vascularized infected tissues.

Among various antimicroorganisms, vancomycin is a commonly used antibiotic and a concentration-independent killer of gram-positive pathogens. Vancomycin should be administered intravenously for a minimum infusion period of 1 hours to minimize infusion-related adverse side effects such as nephrotoxicity, ototoxicity, and thrombocytopenia. Vancomycin exhibits concentration-independent activity against S. aureus. Pharmacodynamic studies have shown that the ratio of the area under the concentration-time curve to the minimum inhibitory concentration (AUC/MIC) is the most useful pharmacodynamic parameter for predicting vancomycin effectiveness. On the basis of in vitro (animal and limited human) data, an AUC/MIC value of 400 has been established as the pharmacokinetic-pharmacodynamic target. To achieve this target, a high vancomycin dose resulting in a high trough serum concentration is required. Although the administration of vancomycin is associated with certain adverse effects, it has generally been accepted that the potential benefit of a high drug dose outweighs the risk of the mostly reversible adverse effects. The results of our previous study demonstrated that PLGA nanofibres can elute highly effective concentrations of vancomycin (i.e., an AUC/MIC ratio above 1,000–4,500) for more than 6 weeks after implantation. In addition to concentrations in the brain tissue, the concentrations in the fascia and skull have AUC/MIC ratios much greater than 400 for more than 8 weeks. By contrast, the vancomycin concentration in the local (treatment) area through intravenous infusion is much lower than the concentration in the blood. Antibiotics released at a concentration significantly higher than the MIC have considerable potential for rapid bacterial clearance. The trough concentration can be increased to 15–20 mg/L to achieve a highly desirable AUC/MIC ratio of >400; however, the use of these high concentrations is not currently supported by any clinical trials, mainly because higher trough concentrations increase the potential for toxicity. Local delivery of vancomycin to the target site through a biodegradable
vehicle enables easily attaining AUC/MIC ratios much higher than 400 and avoiding potential toxicity and side effects associated with intravenous infusion. The duration of intravenous antibiotic treatments is shorter, and the related expenses of hospitalization, antibiotic treatment, and repeated imaging examination can be minimised. Biodegradable antibiotic delivery systems are thus highly desirable for preventing and managing surgical infections.27,28

Delivering local antibiotics by using antibiotic-impregnated biodegradable or nonbiodegradable carriers has been proposed to provide a sustained release of antibiotics to infected areas, replacing intravenous antibiotics infusion. Studies have reported that vancomycin is effective even in low doses when delivered in polymethylmethacrylate (PMMA) cement spacers for osseous space maintenance and infection control.25,29,30 The concentration of antibiotics eluted from the cement is much higher than the concentration achieved through systemic therapy. However, the nondegradability of PMMA drug delivery systems (i.e., the persistence of the carriers after delivery) limits their clinical application, especially in the CNS. The development of biodegradable carriers is considered advantageous because these carriers may reduce the risk of secondary infection and obviate the need for additional surgery to remove the implant.29,31 PLGA is a synthetic, degradable polymer that exhibits favourable biocompatibility. Degradation of this polymer occurs through autocatalytic hydrolysis of the ester bond into oligomers of lactic acid and glycolic acid, which ultimately degrade through the Krebs cycle into CO₂ and H₂O.32–34

Previous studies have reported that drug transport across the blood-brain-barrier (BBB) by nanoparticles appears to be due to a receptor-mediated interaction with brain capillary endothelial cells

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**Figure 5** | PCNSI-volume change in the vehicle-control and vancomycin-nanofibres groups. Data are expressed as mean values. The PCNSI volumes increased in the vehicle-control group and decreased in the vancomycin-nanofibres group as the number of postimplantation days increased. (*statistical significance P < 0.05,  statistical significance P < 0.01).**

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**Figure 6** | Microscopic images from the pathological examination of rats in the vehicle-control group at 0, 7, 14, and 21 days after the implantation of the virgin PLGA nanofibrous membranes. The necrotic centre of the abscess (indicated by the black arrows) increased significantly over time. Marked increases in intensity of MN and PMN leukocyte infiltration were noted.

**Figure 7** | Microscopic images from the pathological examination of the rats in the vancomycin-nanofibres group at 0, 7, 14, and 28 days after the implantation of the vancomycin-eluting PLGA nanofibrous membranes. An initial, intense PMN response was observed in the necrotic centres (indicated by a black arrow) of the PCNSIs. The MN and PMN leukocyte infiltration areas decreased over time, and no inflammation response was observed 28 days after the implantation.
that is facilitated through certain plasma apolipoproteins adsorbed by nanoparticles in the blood26,28. Nanoparticulate vectors are designed to interact with BBB-forming cells at a molecular level and, thus, can transport drugs or other molecules without interfering with the normal function of the brain33–35. Small fibres, particularly those with a size of nearly 100 nm, are therefore likely to be taken up by cells at rates 15 to 250 times faster than those of micron-sized fibres37. Biodegradable vancomycin-eluting PLGA nanofibres directly release vancomycin into the treatment area, thus yielding a high AUC/MIC ratio36. Because of its thinness (approximately 0.1 mm) and light weight, the nanofibrous membrane is ideally used in the mass-sensitive tissue of the CNS16,34. In addition, postoperative and posttraumatic infections increase the risk of wound adhesion. Adhesion between the brain and the scalp can be a source of neurological injury during subsequent exposure of the brain for further operation. Although the complete excision and debridement of postoperative and posttraumatic infections containing foreign bodies or contaminated tissue through craniectomy is required35,38, the craniectomy necessitates a second operation (cranioplasty) for replacing the bone23. Fibroblasts originating from the scalp muscle or carried by blood into the operative area cause strong adhesion of the tissue. Blocking or reducing the migration of fibroblasts from the musculature or haematoma may be the only means for reducing these adhesions and scar tissue formation. Biophysical barriers can be applied to prevent adhesion between the peridural fibrosis and the dura mater39. Physical barriers are the most widely accepted method for minimising adhesion formation40. Because of its nanoscale structure, the nanofibrous membrane developed in this study provides an additional benefit; it can prevent adhesion between the brain surface and the overlying scalp39,40. In addition, because the antibiotic concentration required for prophylactic use is much lower36–38, the vancomycin-loaded nanofibrous membrane can be used in prophylactic therapy after clean-contaminated and dirty surgery to prevent post-traumatic and postoperative CNS infection.

Previous animal models of brain infection (brain abscesses) have had the disadvantages of requiring multiple surgical preparations, a stereotaxic headholder, the injection of foreign materials with bacteria, and low success rates41–43. In addition, previous infection models (particularly those of brain abscesses) did not adequately represent the clinical situations of PCNSIs and posttraumatic central nervous system infections, including subcutaneous emphysema, epidural or subdural abscesses, and brain abscesses). In our PCNSI model, commercial Duraform was soaked in a prepared bacterial solution and placed on the brain surface after a craniectomy. PCNSI was induced with a high success rate (near 100%). This PCNSI model is simple, represents the clinical situation, and yields reproducible results. In addition, the serial MRI images, gross wound appearances, and pathology examination results demonstrated that the postoperative CNS-infected rats treated with biodegradable vancomycin-eluting PLGA nanofibrous membrane recovered adequately. By contrast, most of the rats implanted with the virgin PLGA nanofibrous membrane died within 1 week, and only two rats survived at the end of the study. These results suggest that electrosprun vancomycin-eluting PLGA nanofibres are favourable potentially sustainable drug-delivery vehicles for the treatment or prophylaxis of postoperative CNS infections, including brain abscesses, epidural abscesses, and subdural empyema, after surgical debridement.  

**Methods**

**Preparation of PLGA and vancomycin nanofibres.** The PLGA used in this study was a commercially available material (Resomer RG 503, Boehringer, Ingelheim, Germany) with a lactide/glycolide ratio of 50:50. The drug used was commercial grade vancomycin hydrochloride (Sigma-Aldrich, Saint Louis, MO, USA). The drug-eluting nanofibrous membranes were prepared using an electrosprining process. The electrosprining setup consisted of an adjustable, high-DC-voltage power supply, a syringe pump and needle (internal diameter 0.42 mm), a ground electrode, and an aluminium sheet. The needle was connected to the high-voltage supply, which generated positive DC voltage (up to 35 kV) and current (up to 4.16 mA/125 W). For nanofibre preparation, PLGA (1.250 mg) and vancomycin (250 mg) were first dissolved in 5 mL of 1,1,1,3,3,3-hexafluoro-2-propanol (Sigma-Aldrich, USA). The solution was then delivered and electrosprun using a syringe pump at a volumetric flow rate of 1.8 mL/hour. The distance between the needle tip and the ground electrode was 12 cm, and the positive voltage applied to the polymer solutions was 17 kV. All electrosprinning experiments were conducted room temperature. The electrosprun nanofibres were collected in membrane form on the aluminium sheet, and the thickness of the membrane was measured to be 0.11 mm. 

**Bacteria.** *S. aureus* was used as the pathogen. It is the most common etiologic agent in traumatic and iatrogenic abscesses and is a consistent pathogen37,38. The bacteria were grown overnight (20 hours) at 37°C in 12 mL of a culture broth (LB broth, GibCO, Thermo Fisher Scientific, Inc., USA). Before the experiments, the culture was centrifuged at 3,000 g for 15 minutes, and the supernatant was decanted. This stock solution was serially diluted by 10-fold, and the number of bacteria present in the solutions was determined using the standard microbiological plating and counting technique. The final concentrations of viable organisms ranged from 2.4 to 5 × 10⁸ colony-forming units (CFU)/μL.

**Surgical procedure.** All of the animal experiments were performed in accordance with relevant guidelines and regulations of the National Institute of Health of Taiwan. All animal-related procedures have been reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) of Taipei Medical University (IACUC approval number: LAC-100-0163). Efforts were made to minimize the number of animals used and their suffering. Forty Wistar rats, each weighing 200–300 g, were anesthetized using an intraperitoneal injection of 6% chloral hydrate (0.6 mL/kg body weight). After shaving and sterilization of the incision area, a 1.5-cm scalp incision was made lateral to the midline between the ear and the eye. The temporalis muscle and periosteum were dissected using a scalpel, and a small craniotomy (approximately 1 × 1 cm) was made using an electric burr (Figure 8a). Several commercially available Duraform dural grafts (Codman & Shurtleff, Inc., Raynham, USA) with a size of 1 × 1 cm were soaked in the prepared bacterial solution before implantation (Figure 8b). After local haemostasis, the soaked Duraform was implanted and covered by the postcraniectomy brain surface of the rats (Figure 8c). The skin was then closed in a single layer of 3-0 nylon. Four days later, the implanted Duraform was removed. The rats were randomly subdivided into two groups with 18 rats in each group. A virgin PLGA nanofibrous membrane (0.8 × 0.8 cm) was implanted and covered the brain surface of the rats in the vehicle-control group, whereas a vancomycin-eluting PLGA membrane (0.8 × 0.8 cm) was implanted in the rats in the vancomycin-nanofibres group (Figure 8d). The scalp wound was sutured with 3-0 nylon. After surgery, the rats were housed randomly, with three or four rats in a single cage. Any rats that experienced intraoperative brain injuries, died within the first postoperative day, or exhibited failure of PCNSI formation were excluded from the study.

**MRI and microscopic examinations.** The gross wound appearances were observed daily, and aerobic and anaerobic wound cultures were performed when discharge from wounds was observed. All MRI scans were performed using a 7 Tesla Biospec MR imager (Bruker, Ettlingen, Germany). Before membrane implantation, T1- and T2-weighted images were obtained to ensure that the PCNSI models were successfully created (excluding epidural haemorrhage, subdural haemorrhage, and intracerebral haemorrhage). T2-weighted images were obtained as a reference for identifying the PCNSI region at 1, 2, 4, 6, and 8 weeks after the implantation of the nanofibrous.
membrane. The PCNSI volume was defined as the volume of the subcutaneous abscess, epidural abscess, subdural empyema, and brain abscess. The PCNSI volume was reconstructed and calculated using the open-source, FDA-approved Digital Imaging and Communication in Medicine (DICOM) imaging software (OsiriX). At each time-point (1, 2, 4, 6, and 8 weeks) or when a rat died accidentally, a minimum of one rat in each group was sacrificed, and its brain tissues were carefully removed after anatomical examination. The brain tissue was fixed in 10% formalin and embedded in paraffin. Coronal sections 6 μm in thickness were prepared and stained with haematoxylin and eosin.

Statistical analysis. The Kaplan-Meier method was used to compare overall survival among rats in different groups. Data (PCNSI volumes) were collected from the samples and analysed using a paired sample t-test (PCNSI volumes among time points in a single group) and one-way ANOVA (PCNSI volumes at the same time point among rats in different groups). Data (PCNSI volumes) were collected from the animals and analysed using a paired sample t-test (PCNSI volumes among time points in a single group) and one-way ANOVA (PCNSI volumes at the same time point among rats in different groups). Statistical analyses were performed using Stata SE, version 10.0 (Stata, College Station, TX).

Data were expressed as the means ± standard deviation, and the threshold for significance was a P value less than 0.05.

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Author contributions
S.J.L. and Y.Y.T. conceptualized the experiments, designed and directed the experiments, and edited the manuscript. Y.Y.T. designed and performed the animal experiments and prepared the manuscript. C.H.S. carried our pharmacological evaluation and statistical analyses.

Additional information
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