Phases dynamics in VCSELs with delayed optical feedback and cross re-injection

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We study theoretically the non linear polarization dynamics of Vertical-Cavity Surface-Emitting Lasers in the presence of an external cavity providing delayed optical feedback and cross polarization re-injection. We show that far from the laser threshold, the dynamics remains confined close to the equatorial plane of a Stokes sphere of a given radius and we reduce the dynamics to a dynamical system composed of two phases: the orientation phase of the quasi-linear polarization and the optical phase of the field. We explore the complex modal structure given by the double feedback configuration and recovers as particular cases the Lang-Kobayashi modes and the modes founds by Giudici et al. \(^{\dagger}\). We also re-interpret the square waves switching dynamics as phase kinks.

I. INTRODUCTION

Vertical-cavity surface-emitting lasers (VCSELs) possess several advantages compared to conventional semiconductor edge-emitting lasers. Their circular aperture induces a high beam quality as compared to the strongly astigmatic output of edge emitters. In addition, the possibility to couple them efficiently to optical fiber as well as the possibility to perform on-wafer testing renders them superior to classical laser diodes.

VCSELs of large transverse dimensions can present rich spatio-temporal transverse dynamics \(^{2–4}\), which can be harnessed for instance in order to create transverse localized structures \(^{5–6}\). However, such complexity can be avoided by choosing a VCSEL only a few micrometers wide thereby limiting the number of transversal modes and since VCSELs are also intrinsically single-longitudinal mode, one may consider them ideal single mode devices.

However, these devices exhibit a nearly degenerate polarization orientation owing to their almost perfect symmetry around the cavity axis. Usually, the two polarization modes are aligned along the \([1\ 1\ 0]\) and the \([1\ -1\ 0]\) crystallographic axes, although some randomness exists due to the presence of hardly controllable strain \(^{7}\). In addition to the complex problem of the elasto-optic effects \(^{8}\), the application of a voltage to the laser diode can also induce anisotropies via an electro-optic effect \(^{9}\). The existence of such favored directions is sufficient to weakly pin the polarization orientation dynamics and to define two optical modes having slightly different losses and frequencies. Such residual anisotropies are termed dichroism and birefringence in the cavity.

These two modes exhibit a high degree of coupling as they share an identical transverse spatial profile and the same carrier reservoir allowing for the existence of complex polarization dynamics. VCSELs are prone to display polarization switching \(^{10,12}\) accompanied in some cases by regions of polarization bistability or even regimes where the polarization of the output oscillate in time \(^{13}\).

In addition, the quasi-degeneracy of the orthogonal polarization states in VCSELs enables efficient cross-gain modulation among orthogonal polarizations when the device is used as an optical amplifier. In particular, VCSELs have been proposed as promising devices for implementing useful dynamics taking advantage of their polarization degree of freedom \(^{14}\). When VCSELs are subject to optical feedback, the polarization stability is affected and polarization dynamics appear even in the case of perfectly isotropic feedback \(^{15}\). Polarization-rotated optical feedback —where the two linearly polarized components, LP-x and LP-y, of the light emitted by the device are fed back into the laser cavity after the LP-x component is converted into the LP-y component and vice-versa— induces a regular polarization dynamics which can be as fast as 9 GHz \(^{16,17}\). Such symmetrical cross re-injection was found to induce waveforms ranging from square-waves to sinusoidal oscillations.

Asymmetrical cross polarization re-injection (XPR), of a single polarization into the orthogonal one, was also shown to promote the occurrence of square wave switching \(^{1}\) between orthogonal polarization with a repetition period close to twice the delay taken by the light to come back into the rotated orientation. The quasi-degeneracy of the VCSEL allows finding rather easily this regime which also exists in edge-emitting devices \(^{18}\) yet for higher threshold of XPR. The analysis of laser system with multiple delays and different type of optical feedback are however not widespread. A few years ago some of the authors have proposed to combine XPR with polarization selective optical feedback (PSF), in order to achieve passive mode-locking in VCSELs \(^{19,20}\). Recently, we also showed that PSF can be used to tune and control the existence of the square wave switching generated by XPR \(^{21}\). However, VCSELs must be described by a relatively high dimensional dynamical system that would consider the dynamics of the two polarizations as well as their interplay for the two carriers reservoirs with opposite spin orientations. This fact, in addition to the presence of two different time delays, render the analysis formidable a problem and a reduction to a lower dimensional system as presented in \(^{21}\) for a solitary VCSEL close to the laser threshold, would be highly beneficial.

In this manuscript we show that far from the laser threshold, the dynamics of the VCSEL remains confined close to the equatorial plane of a Stokes sphere of a given
radius. This allows us to decouple the relaxation oscillation for the total emitted power as well as the fluctuations in the ellipticity of the emitted light. We reduce the dynamics to a dynamical system composed of two phases: the orientation phase of the quasi-linear polarization and the optical phase of the field.

We believe that such phase model and the general methodology employed here can be useful to harness the phase and orientation dynamics of VCSEL far from threshold, an important parameter regime for most applications. Indeed, such reduction not only allows to simplify the analytical and numerical studies but it may also be useful to get insight into future applications. While optical information is usually encoded in binary levels of light intensity, next generation communication systems will process not only intensity but also phase and the polarization data. Here, the simplicity of the phase model allows us to explore the complex modal structure given by the double feedback configuration but also to reinterpret the square waves switching dynamics [19,20,22] as polarization orientation kinks.

The manuscript is organized as follows. In section II we briefly recall the basis of the model we use and fix the order of magnitude of the parameters for which our analysis applies. Section III is devoted to the phase reduction of the linearly polarized components of the field, \( X \) and \( Y \), the derivation of the phase model is more natural in the circular basis. The SFM model expressed in circular component reads

\[
\dot{E}_\pm = (1 + i\alpha) (G_\pm - 1) E_\mp - zE_\mp + C_\pm, \quad (1)
\]

\[
TD_\pm = 1 + P - D_\pm - G_\pm |E_\pm|^2 + \gamma_f (D_+ - D_-). \quad (2)
\]

where \( E_\pm \) are the amplitudes of the circular left and right components of the field and \( D_\pm \) are the scaled carrier density in the two spin channels. In the equations [11,2], time has been scaled to the cavity decay rate \( \kappa \), while \( T = \kappa/\gamma_c \) represents the scaled carrier lifetime and \( \gamma_s \) is the spin-flip and carrier relaxation rate normalized to \( \gamma_c \). The rate of carrier density injected into the active region above threshold is represented by \( P \). In addition, \( \alpha \) stands for the linewidth enhancement factor [21] and the complex parameter \( z = \gamma_0 + i\gamma_p \) is composed of the linear dichroism \( \gamma_0 \) and the birefringence \( \gamma_p \). We introduced the effect of ultra-fast gain saturation in the expression of the gain as

\[
G_\pm = D_\pm \left( 1 - \frac{\varepsilon_g}{2} |E_\pm|^2 \right) \quad (3)
\]

with the parameter of self-saturation \( \varepsilon_g \). Since each component of the field only interacts with only one of the two spin channels, direct cross saturation between \( E_+ \) and \( E_- \) does not exist. Several sources can contribute to the factor \( \varepsilon_g \) like for instance spatial hole burning, spectral hole burning as well as carrier heating. In the case where the \( Y \) component is being feedback with complex rate \( \eta \exp(-i\Omega t) \) after a time \( \tau_f \) and cross-re-injected into the \( X \) polarization with a rate \( \beta \exp(-ia) \), the expression of \( C_\pm \) reads

\[
C_\pm = \frac{\beta}{2i} e^{-ia} (E_{\uparrow}^* - E_{\downarrow}^*) \pm \frac{\eta}{2} e^{-i\Omega t} (E_{\uparrow}^* - E_{\downarrow}^*), \quad (4)
\]

The modulus \( M_\pm \) and phase \( F_\pm \) decomposition of \( C_\pm \) as defined as \( C_\pm = M_\pm \exp(iF_\pm) \) is

\[
M_+ = \frac{\beta}{2} R_{\uparrow\uparrow} \sin(\psi_{\uparrow\uparrow} - \psi_+ - a) - \frac{\beta}{2} R_{\uparrow\downarrow} \sin(\psi_{\uparrow\downarrow} - \psi_+ - a) + \frac{\eta}{2} R_{\uparrow\downarrow} \cos(\psi_{\uparrow\downarrow} - \psi_+ - \Omega) - \frac{\eta}{2} R_{\uparrow\uparrow} \cos(\psi_{\uparrow\uparrow} - \psi_+ - \Omega), \quad (5)
\]

\[
M_- = \frac{\beta}{2} R_{\uparrow\downarrow} \sin(\psi_{\uparrow\downarrow} - \psi_- - a) - \frac{\beta}{2} R_{\uparrow\uparrow} \sin(\psi_{\uparrow\uparrow} - \psi_- - a) - \frac{\eta}{2} R_{\uparrow\downarrow} \cos(\psi_{\uparrow\downarrow} - \psi_- - \Omega) + \frac{\eta}{2} R_{\uparrow\uparrow} \cos(\psi_{\uparrow\uparrow} - \psi_- - \Omega),
\]

\[
F_+ = -\frac{\beta}{2} R_{\uparrow\uparrow} \cos(\psi_{\uparrow\uparrow} - \psi_+ - a) + \frac{\beta}{2} R_{\uparrow\downarrow} \cos(\psi_{\uparrow\downarrow} - \psi_+ - a) + \frac{\eta}{2} R_{\uparrow\downarrow} \sin(\psi_{\uparrow\downarrow} - \psi_+ - \Omega) - \frac{\eta}{2} R_{\uparrow\uparrow} \sin(\psi_{\uparrow\uparrow} - \psi_+ - \Omega),
\]

\[
F_- = -\frac{\beta}{2} R_{\uparrow\downarrow} \cos(\psi_{\uparrow\downarrow} - \psi_- - a) + \frac{\beta}{2} R_{\uparrow\uparrow} \cos(\psi_{\uparrow\uparrow} - \psi_- - a) - \frac{\eta}{2} R_{\uparrow\downarrow} \sin(\psi_{\uparrow\downarrow} - \psi_- - \Omega) + \frac{\eta}{2} R_{\uparrow\uparrow} \sin(\psi_{\uparrow\uparrow} - \psi_- - \Omega).
\]

**A. Parameters range**

The polarization switchings in the SFM have been exhaustively analyzed in the literature [21,23]; Here, we consider the case where the VCSEL may display a large range of bistability close to threshold and as such we consider small dichroism and birefringence typically of the order of a few GHz. Typically, we take...
\(\gamma_p = +5.24 \times 10^{-2}\), which means that we denote by LP-x the reddest mode and \(\gamma_\alpha = 0\). Besides, we assume standard values for the Henry’s factor, \(\alpha = 2\), a normalized carrier lifetime \(T = 500\), and a typical normalized spin-flip rate \(\gamma_s = 75\). The other typical values of the parameters are \(\eta \sim 0.05\), \(\beta \sim 0.05\), \(\varepsilon_g = 0.02\) and \(P = 10\) while the variance of the Gaussian white noise is \(2 \times 10^{-2}\).

The presence of two kinds of feedback with possibly dissimilar delays render the analysis of Eqs. (1-2) formidable a problem. However, far from threshold one expects the dynamics that involves the relaxations oscillations between the total emitted power and the carrier reservoir to play only a minor role. Hence, in the following, yet for unrealistic parameter ranges, i.e. \(P \sim 100\), corresponding to a device biased one hundred time above threshold. Several physical effects can contribute to the gain compression parameter \(\varepsilon_g\) like for instance spatial hole burning in the transverse plane of the VCSEL, spectral hole burning due to saturation of the individual intraband transitions as well as carrier heating. The latter has the effect to spread the carriers within the band and to depopulate the available gain at the emission wavelength. In the following, we assumed that \(\varepsilon_g \in \mathbb{R}\) which is consistent with a situation dominated by spatial hole burning, i.e. inter-band saturation.

### III. PHASE REDUCTION

Far from threshold, the fluctuations of the total intensity will die out rapidly and the dynamics will be confined on a Stokes sphere of a given radius. Without external perturbation, one may not expect any complex residual dynamics since this center manifold is only two dimensional and consists in the polarization angle \(\Phi\) and the ellipticity parameter \(\theta\), the optical phase being decoupled from the rest. In addition, strongly elliptical states would incur a large energetic penalty due to the imbalance between the two carrier reservoirs further confining the residual dynamics to the vicinity of the equatorial plane of the Stokes sphere and to polarization re-orientation.

Notwithstanding, the coherent delayed retro-actions imposed by the feedback terms in Eq. (1) the optical phase of the field couple back into the dynamics and as such our reduced model will consist in a “vectorial” phase for the orientation of the quasi-linear polarization and for the optical phase of the field. It is worthwhile to notice that these two phases are of very different nature. While the optical phase precise value is irrelevant due to the phase invariance in an autonomous system the orientation phase is not because of the pinning imposed by the dichroism and the birefringence.

We now detail how the SFM with optical feedback and cross re-injection can be reduced to such phase model far from threshold. We start by separating the modulus and phase of the circular components by defining \(E_{\pm} = R_{\pm}\sqrt{2}\exp(i\psi_{\pm})\), which yield with \(\Phi = \psi_+ - \psi_-\)

\[
\dot{R}_+ = (N + n - 1) R_+ + \gamma_\alpha R_- \cos \Phi - \gamma_p R_- \sin \Phi,
\]

\[
-\varepsilon_g (N + n) R_+^3 + M_+,
\]

\[
\dot{R}_- = (N - n - 1) R_- - \gamma_\alpha R_+ \cos \Phi + \gamma_p R_+ \sin \Phi,
\]

\[
-\varepsilon_g (N - n) R_-^3 + M_-,
\]

\[
\dot{\psi}_+ = \alpha (N + n - 1) + \gamma_\alpha R_+ \sin \Phi - \gamma_p R_+ \cos \Phi
\]

\[
-\alpha \varepsilon_g (N + n) R_+^2 + F_+,
\]

\[
\dot{\psi}_- = \alpha (N - n - 1) - \gamma_\alpha R_- \sin \Phi - \gamma_p R_- \cos \Phi
\]

\[
-\alpha \varepsilon_g (N - n) R_-^2 + F_-,
\]

\[
T \dot{N} = 1 + P - N - (N + n) R_+^2 - (N - n) R_-^2
\]

\[
+ \varepsilon_g [(N + n) R_+^4 + (N - n) R_-^4],
\]

\[
T \dot{n} = -\gamma_\alpha n - (N + n) R_+^2 - (N - n) R_-^2
\]

\[
+ \varepsilon_g [(N + n) R_+^4 - (N - n) R_-^4],
\]

where we defined the average carrier density an \(N = (N_+ + N_-)/2\) and the imbalance between the two channels \(n = (N_+ - N_-)/2\) as well as \(\gamma_s = 1 + 2\gamma_p\). As previously mentioned, far from threshold we expect the dynamics of the field to be restricted to the vicinity of a Stokes sphere. We make that apparent by defining the radius \(I = R_+^2 + R_-^2\) and the ratio of the two circular components which is a measure the degree of ellipticity \(\theta = \arctan(R_-/R_+)\), hence \(R_+ = \sqrt{I}\cos \theta\) and \(R_- = \sqrt{I}\sin \theta\). We can relate the left (resp. right) circular components \(E_-\) (resp. \(E_+\)) in terms of the Stokes coordinates \((S_0, S_1, S_2, S_3)\) as described in Fig. 1

\[
S_0 = |E_-|^2 + |E_+|^2 = 2I,
\]

\[
S_1 = 2\Re(E_-^*E_+) = 2I \sin(2\theta) \cos \Phi,
\]

\[
S_2 = -2\Im(E_-^*E_+) = 2I \sin(2\theta) \sin \Phi,
\]

\[
S_3 = |E_-|^2 - |E_+|^2 = 2I \cos(2\theta).
\]

In addition we proceed to the scaling of Eqs. (9-12) to the natural time scale of the relaxation oscillation frequency \(\omega_r\) as \(s = \omega_r t\) and define

\[
\omega_r = \sqrt{\frac{2P}{T}}, D = \frac{2(N - 1)}{\omega_r}, d = \frac{2n}{\omega_r}, \Gamma = \frac{\omega_r}{2}(1 + P^{-1})
\]
as well as the total intensity relatively to the steady value of the solitary laser $S = I/P$. With our typical values for the parameters far from threshold $P \sim 10$ and $\omega_r \sim 0.2$. As such $\Gamma \sim 0.1$ and the oscillations are only mildly damped, i.e. the laser performs ten oscillations before reaching its steady state in complete disagreement with any experimental evidence. Here, the presence of gain saturation strongly contributes to reduce the number of oscillation necessary to reach the equilibrium. Upon simplification of Eqs. (6-12) we get

In the equations (18-21), we separated on the first and second lines the natural contributions of the SFM model from the ones due to feedbacks and non linear gain compression. The definitions of $A, B, H_{\pm}, F$ and $G$ are

$$A(S, \theta) = \left[1 + \frac{\omega_r}{2} (D + d)\right] \cos^4 \theta$$
$$+ \left[1 + \frac{\omega_r}{2} (D - d)\right] \sin^4 \theta$$

(25)

$$B(S, \theta) = \left(1 + \frac{\varepsilon \omega_r}{2} D\right) \sin (4\theta) + \omega_r d \sin (2\theta)$$

(26)

$$H_{+} (S, \theta) = \left(1 + \frac{\varepsilon \omega_r}{2} D\right) S \cos^2 \theta$$

(27)

$$H_{-} (S, \theta) = \left(1 + \frac{\varepsilon \omega_r}{2} D\right) S \sin^2 \theta$$

(28)

$$F(S) = \frac{2R_{+}M_{+} + R_{-}M_{-}}{P}$$

(29)

$$G(S) = \frac{M_{-}R_{+} - M_{+}R_{-}}{SP}$$

(30)

In addition, we neglected several terms in the carrier equations Eq. (22) and Eq. (24) which are due to non linear saturation. These terms are of order $\mathcal{O}(\varepsilon \omega_r)$ and are immaterial to our analysis. The dominant effect of gain compression is to create an additional damping in the field equation leaving the carrier dynamics essentially unchanged up to second order.

The equations (18-24) can be further simplified if one assume the following scaling of the parameters. We define $\varepsilon \sim 0.2$ as our smallness parameter such that $\omega_r \sim \varepsilon$ and we consider the case where $\eta$ and $\beta$ as well as $\gamma_a$ and $\gamma_p$ are of order $\varepsilon^2$. Importantly, we assume that the gain compression coefficient $\varepsilon \gamma_p$ is also of order $\varepsilon^2$ although since $P \sim 10$, the contribution $\varepsilon \gamma_p \omega_r^{-1} P$ is considered to be of order one. At last we assume that the spin-flip decay term scale like $\gamma_a \sim \varepsilon^{-2}$.

We expand the flow around a solution defined by a quasi-linear, yet undefined polarization. In other terms we assume that there is little ellipticity, i.e. $\theta_0 \sim \pi/4$ and $d_0 = 0$. Besides, we assume that the radius of the Stokes sphere is close to its steady state value $S \sim S_0$ and consequently the carriers are also around their equilibrium value $D = D_0$. In order to make apparent the scale separation between the orientation of the polarization angle and the rest of the variables, we introduce two time scales as

$$\frac{d}{d\sigma} = \frac{\partial}{\partial \sigma_0} + \varepsilon \frac{\partial}{\partial \sigma_1}$$

(31)

as well as the following series expansion

$$S = S_0 + \varepsilon S_1 (\sigma_0, \varepsilon \sigma_1) + \mathcal{O}(\varepsilon^2)$$
$$\theta = \theta_0 + \varepsilon \theta_1 (\sigma_0, \varepsilon \sigma_1) + \mathcal{O}(\varepsilon^2)$$
$$D = D_0 + \varepsilon D_1 (\sigma_0, \varepsilon \sigma_1) + \mathcal{O}(\varepsilon^2)$$
$$d = d_0 + \varepsilon d_1 (\sigma_0, \varepsilon \sigma_1) + \mathcal{O}(\varepsilon^2)$$

(32)

while $\psi_\pm (\sigma_0, \varepsilon \sigma_1)$ is not expanded perturbatively. As such, the orientation $\Phi = \psi_+ - \psi_-$ can evolve freely between 0 and $2\pi$. At the zeroth order, we get the following

Figure 1: (Color Online): Angular representation of the VCSEL dynamics onto the Stokes sphere.
where we notice that with our scaling of parameters the relaxation oscillations would not be damped if it wasn’t for the non linear gain saturation contribution. We find that $S_0 = 1$ and $D_0 = \varepsilon_g P \omega_r^{-1}$. Nicely the phases $\psi_{\pm}$ do not depend on the fast time scale since the two zeroth order contributions cancel each other, i.e.

$$\frac{\partial \psi_{\pm}}{\partial \sigma_0} = 0$$

The first order problem reads on the fast time scale $\sigma_0$

$$\frac{\partial S_1}{\partial \sigma_0} = -D_0 S_1 + D_1 - 2 \frac{\gamma_a}{\omega_r} \cos \Phi - \frac{\varepsilon_g P}{2} D_0 + \frac{F_0}{\omega_r} \theta_1 \sigma_0$$

$$\frac{\partial \theta_1}{\partial \sigma_0} = -\frac{d_1}{2} - \frac{\gamma_a}{\omega_r} \cos \Phi + \frac{\gamma_p}{\omega_r} \sin \Phi - \frac{\varepsilon_g P}{\omega_r} \theta_1 + \frac{G_0}{\omega_r} \theta_1$$

$$\frac{\partial S_1}{\partial \sigma_0} = -\Gamma D_0 - S_1 + \frac{\varepsilon_g P}{\omega_r}$$

$$\frac{\partial \theta_1}{\partial \sigma_0} = \frac{\omega_r \gamma_p}{2} d_1 + 2 \theta_1$$

We notice that Eqs. (35,37) and Eqs. (36,38) correspond to two decoupled damped oscillators. While ellipticity oscillations between $(d_1, \theta_1)$ in Eqs. (36,38) are strongly damped with a rate $\omega_r \gamma_p P^{-1}$, the total intensity and carrier oscillations in Eqs. (35,37) need the damping due to the non linear saturation. This effect is actually hidden in the fact that $D_0 \neq 0$. These two oscillators are forced by the feedback terms $F_0$ and $G_0$, the latter being evaluated at zeroth order since they are proportional to $\eta$ and $\beta$ and therefore already first order quantities. At this order in the expansion, these terms depend only the slow time scale $\sigma_1$ through their dependence on variables $\psi_{\pm}$. We can therefore readily solve Eqs. (35,37) at steady state and inject the adiabatic result in the first order problem for $\psi_{\pm}$ on the slow time $\sigma_1$ that reads

$$\frac{d \psi_{\pm}}{d \sigma_0} = \alpha \left( D_1 + d_1 \right) + \gamma_a \tan \theta \sin \Phi - \gamma_p \tan \theta \cos \Phi$$

$$\frac{d \psi_{-}}{d \sigma_0} = \alpha \left( D_1 - d_1 \right) - \gamma_a \cot \theta \sin \Phi - \gamma_p \cot \theta \cos \Phi$$

Upon replacing $D_1$ and $d_1$ from the steady state expression of Eqs. (35,37), the several contributions due to non linear saturation $\varepsilon_g$ cancel each other leaving only the dichroism, the birefringence and the feedback terms to drive the motion of $\psi_{\pm}$. After defining $u = \arctan(\alpha)$ and $\zeta = \arctan(\gamma_a)$ we obtain the phase model for $\psi_{\pm}$ and $\psi_{-}$ that reads, with $|z| = \sqrt{\gamma_a^2 + \gamma_p^2}$

$$\frac{1}{\sqrt{1 + \alpha^2}} \frac{d \psi_{\pm}}{d t} = |z| \sin (u \pm \psi_{\pm} + \zeta) + \frac{\beta}{2} \left[ -\cos \left( \psi_{\pm}^\tau - \psi_{\pm} - a - u \right) + \cos \left( \psi_{\pm}^\tau - \psi_{\pm} + a - u \right) \right]$$

$$\mp \frac{\eta}{2} \left[ \sin \left( \psi_{\pm}^\tau - \psi_{\pm} + \Omega - u \right) - \sin \left( \psi_{\pm}^\tau - \psi_{\pm} - \Omega - u \right) \right]$$

Equivalent yet cumbersome expressions for the intensity and total carrier variations can be obtained in the same way. From Eq. (42), it is apparent that the typical deviations of $\theta$ with respect to $\pi/4$ and the spin-imbalance $\delta n$ are

$$\delta \theta \sim \pm \pi/10 \, , \, n \sim \pm 0.1.$$ 

Notice that $\delta \theta = \pi/4$ would correspond to a purely circular emission state.

**IV. RESULTS**

The modal structure of the VCSEL submitted to optical feedback and cross-injection is more conveniently studied by defining the half sum $\Sigma = (\psi_+ + \psi_-)/2$ and the difference $\Phi = \psi_+ - \psi_-$. In the case of a mono-mode solution the difference $\Phi$ fixes the orientation of the quasi-
linear polarization and reaches a fix point while the half sum drifts at the frequency of the mode under consider-

tation. After some trigonometric simplifications Eq. (41) transforms into

$$
\begin{align*}
\frac{1}{\sqrt{\gamma}} \frac{d\Sigma}{ds} &= |z| \cos \Phi \sin (u - \zeta) - \eta \sin \frac{\Phi}{2} \sin \frac{\Phi}{2} \sin (u + \Omega + \Sigma - \Sigma^r) - \beta \cos \frac{\Phi}{2} \sin \frac{\Phi}{2} \sin (u + a + \Sigma - \Sigma^r), \\
\frac{1}{2\sqrt{\gamma}} \frac{d\Phi}{ds} &= |z| \sin \Phi \cos (u - \zeta) + \eta \sin \frac{\Phi}{2} \cos \frac{\Phi}{2} \cos (u + \Omega + \Sigma - \Sigma^r) - \beta \sin \frac{\Phi}{2} \sin \frac{\Phi}{2} \cos (u + a + \Sigma - \Sigma^r).
\end{align*}
$$

with $\sqrt{\gamma} = \sqrt{1 + \alpha^2}$. Interestingly, the symmetry properties of Eqs. (44,45) are not equivalent with respect to $\Sigma$ and $\Phi$. While Eqs. (44,45) are phase invariant with respect to $\Sigma$, this is not the case for $\Phi$. It is an expected result since these two phases do not have the same physical meaning, $\Sigma$ is an optical phase while $\Phi$ is an orientation angle.

Mono-modes solutions correspond to $\Sigma = \omega t$ while $\Phi$ is a constant. Besides the value of $\omega$ and $\Phi$ we will represent the associated ellipticity $\theta$ using Eq. (42), exploiting that the expression of $G_0$ in the case of a monochromatic solution simply read

$$
G_0 = 2\beta \sin^2 \frac{\Phi}{2} \sin (\omega \tau + a) - \eta \sin \Phi \sin (\omega \tau f + \Omega),
$$

A. Particular cases

Before studying the general case, we will recover several known situations as particular cases in the absence of any feedback or with only PSF.

Solitary VCSEL: We first discuss the stability of the solitary VCSEL that is governed by a single equation for $\Phi$ Eq. (45) that reads after simplification

$$
\frac{d\Phi}{ds} = 2 (\gamma_0 - \alpha \gamma_p) \sin \Phi,
$$

the solutions $\Phi_x = 0$ and $\Phi_y = \pi$ correspond respectively to a saddle and a node when $\gamma_0 - \alpha \gamma_p > 0$, and vice-versa in the opposite case. The frequency of such two modes can be deduced from Eq. (44) that reads

$$
\frac{d\Sigma}{ds} = (\alpha \gamma_0 - \gamma_p) \cos \Phi_{x,y} = \omega_{x,y}.
$$

The stability diagram is depicted in Fig. 2 Notice that the stability diagram of Fig. 2 is much simpler than for instance the analysis performed in [21]. For instance there is no bistability in our case like since we are far from threshold. However, we checked numerically the accuracy of the stability information predicted by Eq. (41) and found a good agreement, in the sense that the condition $\gamma_0 - \alpha \gamma_p = 0$ indeedseparate mono-stable emission along LP-x from LP-y. However, even far from threshold, a very small region of bistability was found in the vicinity of the line $\gamma_0 + \alpha \gamma_p = 0$ represented in Fig. 2. Since our simplified model is build on a perturbative expansion, it is not abnormal that some small, usually negligible terms dominate the stability close to the special conditions in parameter space for which the first order term vanishes.

LP-x emission: Irrespectively of the values of $\eta$ and $\beta$, pure emission along the $X-$axis of the solitary VCSEL is always possible since the existence of this mode is obviously not affected by optical feedback into $Y$ and cross-injection of $Y$ into $X$. This formally corresponds to the solution $\Phi = 0$ which solves Eq. (45) while Eq. (44) reduces to the expression of the frequency of the X solution at frequency $-\gamma_p$ pulled by the interplay of the dichroism $\gamma_0$ and $\alpha$, i.e.

$$
\omega_x = \sqrt{1 + \alpha^2} |z| \sin (u - \zeta) = \alpha \gamma_0 - \gamma_p
$$

where we used trigonometrical identifies to simplify the last result.

LP-y Lang-Kobayashi modes: Secondly, on the case where there is only optical feedback, i.e. $\beta = 0$, the solution $\Phi = \pi$ solves Eq. (45). This case corresponds to a linear polarization along the $Y$ axis and Eq. (44) reduces exactly to the locus of the modes of the Lang-
Kobayashi model

\[
\omega_y - \gamma_p + \alpha \gamma_a + \eta \sqrt{1 + \alpha^2 \sin (u + \Omega + \omega_y r_f)} = 0
\]

at the only difference that the ellipse of the modes is shifted by the birefringence \(\gamma_p\) as well as the contribution \(\alpha \gamma_a\).

In the general case, the presence of cross-polarization make it so that the orientation cannot perfectly align with the \(Y\)-axis, hence \(\Phi \neq 0, \pi\). This allows simplifying Eq. (45) dividing by \(\sin \Phi\) and to express the orientation as a function of the frequency as

\[
\frac{\Phi}{2} = \arctan \frac{2 |z| \cos (u - \zeta) + \eta \cos (u + \Omega + \omega r_f)}{\beta \cos (u + a + \omega r_f)}
\]

Such value of \(\Phi\) must be replaced in Eq. (44) to yield the locus of the quasi-linear modes as solutions of

\[
\frac{\omega}{\sqrt{1 + \alpha^2}} = |z| \cos (\Phi (\omega)) \sin (u - \zeta) - \eta \sin^2 \left( \frac{\Phi (\omega)}{2} \right) \sin (u + \Omega + \omega r_f) - \beta \sin (\Phi (\omega)) \sin (u + a + \omega r_f)
\]

**B. Cross polarization only**

In the case where the VCSEL is submitted to only cross-polarization re-injection, i.e. \(\eta = 0\), \(\beta = 0.05\) and \(r = 1000\). The solutions are arranged around a tube defined by the function \(\Phi (\omega)\) and \(\theta (\omega)\) assuming \(\omega\) a continuous variable. Stable and unstable solutions are represented in green and red, respectively. The number of stable and unstable solutions \((S, U)\) is \((18, 19)\).

![Figure 3](image)

**Figure 3:** (Color Online): Monochromatic solutions of Eqs. (44, 45) for \(\eta = 0\), \(\beta = 0.05\) and \(r = 1000\). The solutions are arranged around a tube defined by the function \(\Phi (\omega)\) and \(\theta (\omega)\) assuming \(\omega\) a continuous variable. Stable and unstable solutions are represented in green and red, respectively. The number of stable and unstable solutions \((S, U)\) is \((18, 19)\).

For increasing values of \(\beta\) more modes are created via saddle-node bifurcations and the ellipse grows, yet more and more of the stable modes at the exterior of the eight shaped projection becomes unstable up to the critical value \(\beta^* = 2 \sqrt{\gamma_a^2 + \gamma_p^2}\) where all the modes are unstable, see Fig. 9. This corresponds to the onset of square wave switching \([1, 18]\) where the two orthogonal polarizations \(X\) and \(Y\) alternate a cycle of on-off emission in anti-phase.
and at a period close to twice the delay imposed by cross-polarization re-injection $\tau_r$. Such dynamics at twice the delay is depicted in Fig. 5a).

Here we reconstructed the intensity of the X and Y components via the formula $I_x \sim |1 + e^{i\Phi}|^2$ and $I_y \sim |1 - e^{i\Phi}|^2$. By construction, the anti-phase between the two polarization is perfect as one can notice in Fig. 5b). For $\beta > \beta^*$ we found in Fig. 5b) a strongly non linear limit cycle composed of two plateaus whose period is close to twice the re-injection delay $\tau_r$ in agreement with the results of [1][15][27]. Interestingly, we notice that it is possible to re-interpret such anti-phase dynamics for the intensities as a pure phase dynamics. Indeed we describe in Fig. 5b) the temporal evolution of $\Phi$ which consists in kinks between $\pi$ and $0$ and $\pi$ again. The evolution of the global phase $\Sigma$ consists mainly in a drift at a frequency $\omega_y$, i.e. the frequency of the solitary VCSEL on the Y mode. This is consistent with the fact that the first plateau corresponds to pure Y emission while the second one consists in the X mode performing injection locking into the X polarization. In both cases the frequency of emission is $\omega_y$. Interestingly, once this drift is removed, a residual phase kink can be observed in $\Sigma$. However, such residual kinks in $\Sigma$ are slaved to the square-wave switching and actually can be decoupled from the dynamics. For $\beta > \beta^*$ there is an excellent agreement between the full solution of Eqs. (44-45) and the one of Eq. (45) in which we performed the substitution $\Sigma = \Sigma + \omega_y \tau_r$ demonstrating that the square wave phenomena can be reduced to a single equation with delay of the type

$$\frac{d\Phi}{dt} = \sin \frac{\Phi}{2} \left( \cos \frac{\Phi}{2} - A \sin \frac{\Phi^*}{2} \right)$$

where we scale time for clarity and defined an effective parameter

$$A = \frac{\beta \sqrt{1 + \alpha^2}}{2 \gamma_a + \alpha \gamma_p} \cos \left[ u + a + (\gamma_p - \alpha \gamma_a) \tau_r \right]$$

Inspection of Eq. (53) reveals that solutions composed of plateaus of duration $\tau_r$ for which either $\Phi = 0$ or $\Phi = \pi$ are indeed possible.

### C. Cross polarization and feedback

In the general case where both $\eta$ and $\beta$ are non zero, the modal structure depends critically on the difference
Figure 6: (Color Online): Monochromatic solutions of Eqs. (44,45) for η = 0.025, β = 0.05 and τ_r = 1000. Panels a), b), c) and d) correspond to Δτ = τ_f − τ_r = 0, Δτ = 20, Δτ = 40, and Δτ = 100 for which the number of stable and unstable solutions (S, U) is (24,31), (14,55), (21,36) and (15,36)

between the two delays. For small deviations for the situation τ_f = τ_r the height shaped mode ellipse distorts and break in several parts as depicted in Fig. 6. Here, one notice that the tubular structure that supports the mode acquires a modulation that is proportional to the difference between the two delays. For small differences between the two delays like in Fig. 6a) and Fig. 6b) the mode “ellipse” is deformed. For larger differences like e.g. in Fig. 6c) the modes position break into several sub families. Increasing the difference between the two delays beyond Fig. 6d) would give a modal structure that would seems like random points (not shown) if observed only
through a projection in the $(\omega, \Phi)$ plane. We depicted in Fig. 6a a sequence for which $\tau_f$ is increased above $\tau_r$, yet a similar scenario is found for $\tau_f < \tau_r$.

Once it is understood that the tubular structure oscillate at a frequency given by the difference between the two delays, one may foresee the existence of “revivals” of relatively simple modal structures for specific ratio between the two delays. Indeed we show in Fig. 7 that a regular structure exists whenever the feedback delay is an integer of the cross polarization delay. Similarly, some simple structure were also found when $\tau_f = \tau_r/n$ and we depicted in Fig. 7d) the case $\tau_f = \tau_r/2$. 

Figure 7: (Color Online): Monochromatic solutions of Eqs. (44,45) for $\eta = 0.025$, $\beta = 0.05$ and $\tau_r = 1000$. Panels a), b), c) and d) correspond to $\tau_f = 2\tau_r$, $\tau_f = 3\tau_r$, $\tau_f = 4\tau_r$, and $\tau_f = \tau_r/2$ for which the number of stable and unstable solutions $(S,U)$ is $(17,52)$, $(55,36)$, $(82,47)$ and $(15,30)$. 
D. Influence of optical feedback onto the square wave switching

The second plateau of the square wave dynamics described in [1] consists in the strong mode (say LP-y) injection locking the weak mode (say LP-x). At the end of the second plateau, the transitory dynamics can be understood as an escape of the vicinity of a possibly weakly repulsive saddle. During such escape the system is very sensible to noise which induces strong period jitter in the square wave signal. The non vanishing time needed to perform such an escape explains why the period of the square oscillation is always slightly superior to twice the XPR delay $\tau_r$.

The proximity of bistable emission close to threshold and the existence of “dynamical traps” via the folding of some unstable limit cycles induced by XPR was already established in [1] as some likely mechanisms for the degradation of the square wave signal, see Fig.9 in [1] for instance. In our case, the system does not exhibit such bistability since we are far from threshold. Yet the proximity in parameter space of the line $\gamma_a + \alpha \gamma_p = 0$ depicted in Fig. 2 that interchange the stability of the X and Y solution can play a similar role. We describe in Fig. 8 such degraded square wave dynamics in the proximity of the parameter value $\gamma_a = -\alpha \gamma_p$, where the X and Y polarizations exchange their stability. Here also we integrated the phase model given by Eqs. (44,45) and reconstructed the intensity of the Y component as $I_y \sim |1 - e^{i\phi}|^2$. In Fig. 8, the dynamics experiences a critical slowing down at the end of the second plateau where the LP-y component is off and the escape from the weak saddle can be imagined as a noise induced wandering in an almost flat landscape.

However, a small amount of optical feedback has the effect to re-stabilize the Y polarization and incidentally to accelerate the escape of the saddle represented by emission into the NL-P-x mode. We describe in Fig. 5 such regime and show that even in the proximity of polarization switching, robust square wave switching can be obtained for proper choice of the feedback delay, i.e. $\tau_r \sim 2\tau_r$.

V. CONCLUSIONS

In this manuscript we reduced the dynamics of the VCSEL far from the laser threshold to a model that consists in two phases: the orientation phase of the quasi-linear polarization and the optical phase of the field. We showed that the dynamics remains confined close to the equatorial plane of a Stokes sphere of a given radius which allowed us to decouple the relaxation oscillation for the total emitted power as well as the fluctuations in the ellipticity of the emitted light.

Such simplification allowed expressing analytically the modes in presence of XPR and PSF and to shed some light on the complex modal structure given by the double feedback configuration. We also reinterpreted the square waves switching dynamics [19,20,22] previously found as polarization orientation kinks. Close to the polarization switching the stability of both the LP-y and LP-x modes becomes marginal which was shown to have a profound impact on the regularity of the anti-phase square wave switching induced by XPR. We showed that also in the reduced phase model the inclusion of optical feedback with a proper delay can have the effect to regularize the dynamics and that it can be used to mitigate the polarization degeneracy.

As future perspectives we believe that a similar approach can be applied to the case of isotropic rotated feedback. Such effect was shown to give anti-phase polarization oscillations [17] up to frequencies $\sim 10$ GHz. Our method would yield a similar phase model which would
allow studying such polarization dynamics possibly as a single dynamical equation. Also of great interest, our method can be extended readily to the case of polarized, and possibly detuned, optical injection.

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