Refractive Outcomes for Combined Phacoemulsification and Glaucoma Drainage Procedure

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ABSTRACT

Introduction: To evaluate the refractive outcome of combined cataract extraction and glaucoma drainage device (GDD) surgery.

Methods: Patients who had undergone combined phacoemulsification with GDD surgery [Baerveldt, Abbott Medical, Abbott Park (IL) or Ahmed valve, New World Medical, Rancho Cucamonga (CA)] between June 2009 and August 2017 were included in the study. The main outcome measure evaluated was whether or not spherical equivalent (SE) between ± 1D from target refraction was achieved at 3–6 months postoperatively.

Results: The final analysis included 42 eyes of 38 patients who underwent combined phacoemulsification and GDD surgery. A refractive outcome of spherical equivalent (SE) between ± 1D of the target refraction was achieved in 30 of 42 eyes (71.43%) at 3–6 months after surgery. Mean preoperative axial length (AL) of eyes with postoperative SE outside ± 1D from target (SD = 0.98, p = 0.003) was noted to be 25.37 ± 0.98 mm (longer mean AL) and that of eyes with SE between ± 1D (SD = 0.89, p = 0.000) was found to be 23.34 ± 0.89 mm (average mean AL). Twelve (29%) eyes were noted to have a mean 0.52D (SD = 0.49; range 0.02–1.49) of corneal astigmatism induced by combined surgery. Age, central corneal thickness, preoperative anterior chamber depth, and pre- and postoperative intraocular pressure did not significantly affect refractive outcomes.

Conclusion: Refractive outcomes within 1.00D of the target refraction were achieved in most patients undergoing a combined surgical approach. Longer AL was a risk factor among patients with refractive change > 1.00D from target.

Keywords: Cataract; Combined surgery; Glaucoma implant; Refractive outcome
Refractive rehabilitation in patients undergoing combined cataract and glaucoma surgery depends on multiple pre- and postoperative factors. This is the largest study which aimed to evaluate refractive outcomes after combined cataract extraction with glaucoma drainage device implantation. Favorable refractive outcomes within 1.00D of the target refraction were noted in most patients. Longer preoperative axial length (AL) was noted to be a risk factor in patients with refractive outcomes > 1.00D from target refraction, and this knowledge can help guide patient education, intraocular lens (IOL) selection, and the consent process in the preoperative period.

INTRODUCTION

Combined glaucoma and cataract surgery is frequently considered for patients with both clinically progressive glaucoma and visually significant cataract. Successful pseudophakic rehabilitation after combined glaucoma filtering surgery and cataract surgery requires accurate intraocular lens (IOL) power calculation, which depends on several factors including axial length (AL), corneal curvature, and anterior chamber depth (ACD) [1, 3–7]. Studies have shown that postoperative anterior chamber depth and preoperative AL measurements are the largest contributors to refractive error (35% and 17%, respectively) after combined glaucoma and cataract surgery and that with-the-rule astigmatism is often induced after these combined procedures [1–9].

Law et al. published on the refractive outcomes in combined trabeculectomy with cataract extraction and reported no significant difference between the expected and observed refractive errors [10]. Tzu et al. were the first to report refractive outcomes in combined cataract extraction and glaucoma drainage device surgeries. Their study evaluated refractive outcomes in 43 total eyes which had undergone cataract extraction with either glaucoma drainage device (GDD) implantation or trabeculectomy, and they reported acceptable refractive outcomes (spherical equivalent between −1.00D and +0.50D) in the majority their study cohort. Of these, 21 eyes (48%) had undergone combined cataract extraction with GDD implantation. The authors recognized that a larger sample size would allow for a better understanding of the factors influencing these refractive results [11].

Given limited reports on this topic, our study was the largest study to date, designed to evaluate the refractive outcomes of combined cataract extraction and glaucoma drainage device surgery and further identify factors that were associated with refractive outcomes.

METHODS

Study Population

The University of Illinois (UIC) Institutional Review Board reviewed and approved this retrospective study, which was performed in accordance with the principles of the Declaration of Helsinki. Inclusion criteria were patients who had combined cataract extraction and glaucoma drainage device surgery (Baerveldt, Abbott Medical, Abbott Park (IL) or Ahmed valve, New World Medical, Rancho Cucamonga (CA)) between June 2009 and August 2017. All surgeries were performed at the University of Illinois at Chicago (UIC) by two different surgeons. Both surgeons used the same surgical technique described below. Exclusion criteria included pre- and/or postoperative VA of ≤ 20/200 causing inadequate refraction testing and patients who did not undergo manifest refraction because they were lost to follow-up in the postoperative period.
Data Collection

Data were obtained through a retrospective chart review and entered into a standard computerized database for subsequent analysis. The data collected included: patient demographics (age, gender, ethnicity), pretreatment refractive findings [visual acuity (VA), refractive error, keratometry ($K$) values, AL, ACD], preoperative IOP, surgical complications, postoperative IOP, and postoperative visual and refractive outcomes. $K$ values were obtained using IOLMaster partial coherence interferometry biometer (Carl Zeiss Meditec AG, Berlin, Germany). AL values were obtained using the IOLMaster partial coherence interferometry biometer or contact A-scan with the Eye Cubed ultrasound system (Ellex, Minneapolis, MN). The same IOLMaster biometer was used for all measurements performed during the study period (2009 through 2017).

IOL Model Selection

The surgeon selected the IOL power based on results of the $K$ and AL measurements with the devices discussed above. The surgeons’ discretion was used to decide which measurements were most appropriate for each given patient. Hoffer Q biometric formula was used for IOL calculations in short eyes (AL $\leq 22$), and SRK/T biometric formula was used for IOL calculations in normal and longer eyes (AL $> 22$).

Surgical Techniques

The Baerveldt (Abbott Laboratories Inc., IL) GDD is a non-valved GDD while the Ahmed (New World Medical Inc., CA) GDD is a valved GDD (Fig. 1). The Ahmed shunt tends to work immediately whereas the Baerveldt may take 4–6 weeks to see full effect. Implantations were performed with the implant placed in the superotemporal quadrant, and all implants were placed beneath the respective rectus muscles. All Baerveldt GDDs were ligated with 7–0 Vicryl suture [11]. Cataract surgery was performed by a temporal clear cornea approach, with standard phacoemulsification techniques [11].

Outcome Measures

The main outcome measure evaluated was whether or not spherical equivalent (SE) between $-1.00D$ and $+1.00D$ from target refraction was achieved at 3–6 months.

Fig. 1 The Baerveldt GDD is a non-valved GDD while the Ahmed GDD is a valved GDD. Image source: https://www.willseye.org/glaucoma-tube-shunts/
postoperatively [11]. Similar to the timeframe reported in previous studies, uncorrected VA was noted to stabilize 3–6 months postoperatively with resolution of early postoperative complications including corneal edema, IOP fluctuations, and hyphema [11]. Manifest refraction was performed for all patients 3–6 months postoperatively. Refractive predictions were based on the preoperative keratometric values and used as a measure of successful refractive outcome. For secondary outcomes, we further assessed demographic and clinical characteristics such as age, change in IOP, preoperative ACD, and preoperative VA, which may have affected refractive outcome and the amount of cylinder induced by combined surgery.

Applied cylinder was calculated by a modified approach; preoperative keratometry was performed with automated devices as previously discussed. Manual refraction was used to estimate keratometry values postoperatively. Pre- and postoperative keratometry values were compared to determine induced astigmatism [11, 12].

Statistical Analysis

All statistical analyses were performed using Stata 15 (StataCorp, College Station, TX) statistical package. Continuous variables were summarized with the use of mean and SD, categorical variables with the use of percentages. Generalized estimation equation (GEE) models, which could account for correlation between two eyes within patients, were used to determine which factors predicted whether a SE of −1.00D to +1.00 D was achieved and to evaluate factors that predicted change in cylinder.

RESULTS

Study Population

A total of 63 eyes underwent combined cataract extraction and glaucoma drainage device surgery during the time period specified at this institution. Twenty-one eyes were excluded from the study. Eleven of 21 eyes had pre- and/or postoperative VA of ≤20/200 so these patients could not have refraction adequately tested. Vision loss postoperatively in 11 excluded eyes was attributed to poor preoperative VA (n = 6), macular edema and hypotony (n = 3), aqueous misdirection (n = 1), and progression of glaucoma (n = 1), respectively. Ten patients had missing data or were lost to follow-up and did not undergo manifest refraction after surgery. Forty-two eyes of 38 patients were subsequently included in the study for analysis of refractive outcomes. Patient demographics and preoperative and operative data for the excluded and included eyes are summarized in Table 1A, B. No statistically significant difference was found when excluded eyes were compared with the included eyes in all characteristics except VA (p = 0.003).

In the final analysis, 42 eyes underwent cataract surgery with Ahmed valve in 17% of eyes (n = 7) and Baerveldt implant in 83% of eyes (n = 35). Mean preoperative AL was 23.89 ± 1.26 mm, and preoperative anterior chamber depth (ACD) was 2.96 ± 0.50 mm.

Refractive Outcomes

Table 2 summarizes the refractive outcomes, and induced corneal astigmatism at 3 to 6 months postoperatively. A refractive outcome of SE between −1.00D and +1.00D of the target refraction was achieved in 30 of 42 eyes (71.43%) at 3–6 months after surgery.

Mean preoperative AL of eyes with postoperative SE outside ±1D from target (SD = 0.98, p = 0.003) was noted to be 25.37 ± 0.98 mm (longer mean AL) and that of eyes with SE between +1.00D and −1.00D (SD = 0.89, p = 0.000) was found to be 23.34 ± 0.89 mm (average mean AL). A regression analysis indicated that longer preoperative AL noted in 12 eyes was associated with a postoperative hyperopic shift in refractive outcome [0.28 (0.11), p = 0.022] compared to 30 eyes with average preoperative AL, which demonstrated a myopic shift in refractive outcome [−0.15 (0.07), p = 0.037] to refractive
Table 1  Patient preoperative and operative clinical information for (A) included eyes and (B) excluded eyes

(A) Number of eyes (patients) 42 (38)
Preoperative BCVA (best corrected visual acuity) Number (%)
20/20–20/40 10 (24%)
20/50–20/200 32 (76%)
Glaucoma type (open angle) 42 (100%)
Selected lens type
Monofocal 1-piece SN60 42 (100%)
Location of lens
Capsular bag 42 (100%)
Glaucoma surgery drainage device type
Ahmed valve shunt 7 (17%)
Baerveldt glaucoma implant 35 (83%)
Preoperative axial length (mean ± SD) 23.89 ± 1.26
Preoperative anterior chamber depth (mean ± SD) 2.96 ± 0.50

B) Number of eyes 21
Preoperative BCVA (best corrected visual acuity) Number (%)
20/20–20/40 2 (10%)
20/50–20/200 9 (43%)
Worse than 20/200 10 (47%)
Glaucoma type (open angle) 21 (100%)
Selected lens type
Monofocal 1-piece SN60 21 (100%)
Location of lens
Capsular bag 21 (100%)
Glaucoma surgery drainage device type
Ahmed valve shunt 4 (19%)
Baerveldt glaucoma implant 17 (81%)
Preoperative axial length (mean ± SD) 24.38 ± 1.53
\( n = 11 \) (missing data \( n = 10 \))
Preoperative anterior chamber depth (mean ± SD) 2.87 ± 0.39
\( n = 11 \) (missing data \( n = 10 \))
outcome in 30 eyes with difference between 
−1.00D and +1.00D of the target refraction 
(Fig. 2).

Pre- and postoperative keratometry values 
were compared for all 42 eyes, while most eyes 
had no induced astigmatism; 12 eyes (29%) 
were noted to have a mean 0.52D (SD = 0.49; 
range 0.02–1.49) of corneal astigmatism 
induced by combined surgery. Age (p = 0.905), 
etnicity (p = 0.314), gender (p = 0.825), pre- 
operative ACD (p = 0.302), preoperative 
intraocular pressure (IOP) (p = 0.374), and 
postoperative IOP (p = 0.177) did not signifi- 
cantly affect refractive outcomes in the sample.

DISCUSSION

Patients with advanced glaucoma and visually 
significant cataracts often require a combined 
surgical approach with cataract extraction and 
GDD surgery. This is the largest study to report 
refractive outcomes in patients undergoing this 
combined surgical approach. We evaluated 42 
eyes of 38 patients who underwent combined 
cataract extraction and glaucoma drainage 
device surgery. Favorable refractive outcomes 
(SE between +1.00D and −1.00D from target) 
were achieved in 71% of patients despite the 
potential alteration of preoperative measure- 
ments and introduction of error into lens 
selection when using a combined approach.

Previous studies by Law et al. provided data 
regarding refractive outcomes of a combined 
cataract extraction and trabeculectomy. They 
found the difference in mean refractive error of 
the combined operation group (0.22D) and 
cataract operation only group (0.29D) was not 
statistically significant (P = 0.80), despite chan- 

Table 2 Refractive outcomes at 3–6 months 
postoperatively

| Total number of eyes | 42 |
|----------------------|----|
| Difference in spherical equivalent between 
  target and final refractive outcome after 
  surgery |
| Outside ± 1.00D | 12 (29%) |
| Between + 1.00D and −1.00D | 30 (71%) |
| Axial length of eyes with postoperative 
  spherical equivalent |
| Outside ± 1.00D (mean ± SD) | 25.37 ± 0.98 |
| Between + 1.00D and −1.00D (mean ± SD) | 23.34 ± 0.89 |
| Number of eyes with postoperative 
  induced cylinder |
| Outside ± 1.00D (mean ± SD) | 12 (29%) |
| Amount of induced cylinder |
| (mean ± SD) | 0.52 ± 0.49 |

Changes in AL and corneal curvature postoperatively 
[10]. Recognizing the need to explore refractive 
outcomes in patients who have undergone 
combined cataract extraction and GDD surgery, 
Tzu et al. studied these outcomes in 21 eyes that 
underwent combined cataract extraction with 
GDD surgery. This subset comprised 49% of 
their study population. The remaining 51% of 
eyes (n = 22) underwent combined cataract 
extraction and trabeculectomy surgery. Favor- 
able refractive outcomes (SE between +1.00D 
and −0.50D from target) were reported in most 
patients, regardless of type of glaucoma surgery. 
Seventy-seven percent of combined trabeculec- 
tomy (17 of 22) and 71% of combined GDD (15 
of 21) were within acceptable range. The 
authors acknowledged that a larger sample size 
would allow for a better understanding of the 
factors influencing these refractive results [11]. 
A larger sample size in our study confirms that 
most eyes undergoing combined cataract 
extraction and GDD surgery achieve favorable 
refractive outcomes postoperatively (within ± 
1D of target SE).

Our study evaluated characteristics and fac- 
tors associated with refractive surprise. All 
patients underwent manifest refractions at the 
3–6 month postoperative timeframe because 
previous studies have reported that uncorrected 
VA stabilizes 3–6 months postoperatively with 
resolution of early postoperative complications 
including corneal edema, IOP fluctuations, and 
hypHEMA [11]. In the present study, 12 patients 
who fell outside of the target range were in the 
“outside ± 1.00D” category at 3–6 months post- 
operatively, which implied that their
postoperative refractive outcome was more myopic than the predicted refractive goal. Pre- and postoperative IOP did not significantly affect refractive outcomes in the sample (Fig. 2). Preoperative AL was positively related to refractive outcome in eyes with difference in spherical equivalent outside \( \pm 1.00 \) D compared to the target refraction, but was negatively related to refractive outcome in eyes with difference in spherical equivalent between \(-1.00\) D and \(+1.00\) D compared to target refraction, and this was statistically significant (Fig. 2). Postoperative hyperopic refractive surprise was associated with longer AL; in our study the mean preoperative AL of eyes with postoperative SE outside \( \pm 1.00 \) D was 25.37 \( \pm \) 0.98 mm compared to the preoperative AL of eyes with SE between \(+1.00\) D and \(-1.00\) D, which was 23.34 \( \pm \) 0.89 mm. The tendency for a patient to have postoperative hyperopic surprise when axial length falls outside of the acceptable range is consistent with the fact that AL decreases after GDD surgery [3]. Decreases in AL by 0.1–0.9 mm have been reported after glaucoma surgery [2, 8, 13–15]. The AL is thought to be affected by external flow of aqueous humor through the glaucoma drainage device, shallowing of the anterior chamber, and possibly a thickened choroid accompanying a low IOP after glaucoma surgery. Cashwell et al. showed that there was an average decrease of 0.46 mm in AL after trabeculectomy in phakic eyes, which then increased an average of 0.275 mm after cataract surgery [3]. Francis et al. reported a statistically significant reduction in AL, which was similar after trabeculectomy and GDD.

![Fig. 2 Regression analysis showing relation between difference in refractive outcome [spherical equivalent (SE) in diopters (D)] and preoperative intraocular pressure (IOP0); postoperative IOP at 1 month (IOP1), 3 months (IOP3), 6 months (IOP6), and 12 months (IOP12) after surgery; and preoperative axial length. Red data points = 30 eyes with final refractive outcome at goal (\( \pm \) 1.00D of the target refraction). Green data points = 12 eyes with final refractive outcome outside goal (\( > \) \( \pm \) 1.00D of the target refraction)](image-url)
surgery at all time points, and at 3 months or later the AL reduction was related to postoperative IOP and the amount of IOP reduction [16]. Given the retrospective nature of our study where postoperative AL measurements were not obtained after combined cataract extraction and GDD surgery, the postoperative changes in AL in our patients could not be factored into our evaluation.

While AL is one biometric feature of the eye affected by filtering glaucoma surgery, another biometric property that is affected is the ACD. Ning et al. studied the postoperative changes in ACD after cataract surgery and found that ACD deepened after 2 weeks and the change was larger in eyes with preoperative shallow anterior chamber (< 2.5 mm) and short AL (< 23 mm). This deepened ACD was associated with refractive error after cataract surgery [17]. In glaucoma surgery, the ACD fluctuates postoperatively. Ishida et al. reported a transient decrease in ACD 4 weeks after glaucoma filtering surgery with the EX-PRESS device [18]. Diagourtas et al. noted that ACD after trabeculectomy fluctuates with changes in intraocular pressure [19]. In contrast, Miraftabi et al. studied the changes in ocular biometric properties after Ahmed glaucoma valve surgery and noted that AL decreased 3 months after surgery but ACD was not affected [20]. In our study, mean preoperative ACD was measured with mean 2.96 ± 0.50 mm but postoperative ACD was not measured. Postoperative ACD changes have not been previously studied in combined cataract and glaucoma surgery—likewise, due to the retrospective nature of our study, we were unable to include this assessment as part of our understanding of refractive outcomes after surgery.

Another component of the postoperative refractive outcome, which needs further investigation, is surgically induced astigmatism. Trabeculectomy, particularly fornix-based trabeculectomy surgery, is associated with with-the-rule astigmatic change in the immediate postoperative period, followed by a gradual against-the-rule shift. Phacoemulsification alone with a temporal clear cornea approach has been reported to induce a mean postoperative with-the-rule astigmatism of 0.768D after 3 months but there is no clear evidence regarding astigmatism induced by glaucoma tube shunt surgery [21, 22]. In our study, most eyes did not experience induced corneal astigmatism after combined cataract and GDD surgery; 29% eyes (n = 12) were noted to have a mean 0.52D (SD = 0.49) of corneal with-the-rule astigmatism induced by combined surgery, which was likely a result of the temporal clear corneal main wound created for the phacoemulsification component of the combined surgery. While unable to directly compare these results to prior studies given the difference in surgical techniques, Law et al. reported 0.44D mean induced astigmatism after combined cataract extraction and fornix-based trabeculectomy surgery while Tzu et al. reported 1.31 ± 0.86D induced astigmatism in their study population, which comprised eyes that had undergone cataract extraction with GDD or trabeculectomy [10, 11]. The pre- and postoperative astigmatism reported in our study was based on the manifest refraction performed 3–6 months after surgery. As a result, the preoperative astigmatism measurement included corneal and lenticular astigmatism while the postoperative measurements were reflective of corneal astigmatism alone. Given the retrospective nature of our study, postoperative corneal topography was not available for review but future study designs should plan to obtain pre- and postoperative corneal topography to better understand induced corneal astigmatism in patients undergoing combined cataract and GDD surgery.

This is the largest study to date to evaluate factors affecting postoperative refractive outcomes in eyes that have undergone combined cataract removal and GDD surgery. This study analyzed the relationship between preoperative AL and postoperative refractive outcomes and found that longer preoperative ALs were noted in patients with refractive change > 1D from target refraction. Eyes with longer mean AL demonstrated a hyperopic shift in refractive outcome, while eyes with average preoperative ALs were associated with a myopic shift in refractive outcome. The findings highlighted in this study can help guide patient education, IOL
selection, and the consent process in the preoperative period.

Limitations of the study include the retrospective nature of the study resulting in missing data, which results in reducing size and power of the study, and lack of an appropriate control group. The retrospective design also limited our ability to measure postoperative AL and postoperative ACD at the time of postoperative refraction to better understand how they influence refractive outcomes after combined cataract extraction and glaucoma surgeries. Obtaining formal corneal topography during the postoperative period would also allow better understanding of induced astigmatism in patients undergoing combined cataract and GDD surgery. These additional measures would further our understanding of the observed postoperative hyperopic and myopic shifts and induced astigmatism.

CONCLUSION

In summary, patients with advanced glaucoma and visually significant cataracts often need a combined surgical approach with cataract extraction and GDD surgery, and our study found that favorable refractive outcomes can be achieved in most patients undergoing such combined surgeries.

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Disclosures. Rajvi Mehta, Shizuka Tomatzu, Dingcai Cao, Alexander Pleet, Alexander Mokhur, Ahmad A. Aref, Thasarat Sutabutr Vajaranant declare no conflict of interest.

Compliance with Ethics Guidelines. The University of Illinois (UIC) Institutional Review Board reviewed and approved this retrospective study, which was performed in accordance with the principles of the Declaration of Helsinki.

Data Availability. The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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