Hemoptysis Originating from the Bronchial Artery in Takayasu Arteritis with Ulcerative Colitis

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Abstract:
Takayasu arteritis (TAK) is a large-vessel vasculitis affecting the aorta and its main branches. Hemoptysis can be experienced as the respiratory manifestation, but origination from a bronchial artery is rare. Ulcerative colitis (UC) shares genetic similarities with TAK; HLA-B52*01 is associated with TAK and UC. We herein report a patient who presented with hemoptysis from the right bronchial artery and was diagnosed with TAK during the follow-up of UC. Transcatheter embolization was performed, and prednisolone and tocilizumab induced remission. Complication of TAK should be considered in the clinical course of HLA-B52-positive UC patients, and tocilizumab may be a treatment option.

Key words: Takayasu arteritis, ulcerative colitis, hemoptysis, bronchial arteries, tocilizumab

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Introduction

Takayasu arteritis (TAK) is a rare, systemic vasculitis, mainly involving the aorta and its branches. The causes of TAK are still unknown, but HLA-B52*01 is often associated with this disease (1). Pulmonary artery involvement is a late manifestation of the disease and leads to secondary bronchial artery involvement. Hemoptysis is a rare manifestation, mostly originating from the pulmonary artery but rarely from the bronchial artery (2, 3). TAK is often refractory to concomitant treatment with glucocorticoids and immunosuppressant, but a recent, randomized controlled trial showed the efficacy of tocilizumab (TCZ), an anti-interleukin (IL)-6 receptor antibody, for refractory TAK (4).

Ulcerative colitis (UC) is an inflammatory bowel disease and autoimmune disorder affecting the rectum and extending to the proximal colon. TAK and UC share genetic similarities, and HLA-B52*01 plays an important role in both (5). Therefore, the prevalence of UC in TAK (6.4%) and the prevalence of TAK in UC (0.21%) are much higher than in the general population in Japan (5, 6).

We herein report a patient with UC and hemoptysis, who was ultimately diagnosed with TAK.

Case Report

A 22-year-old Japanese man presented to the local hospital emergency room with the sudden onset of hemoptysis in November 2017. Enhanced computed tomography (CT) revealed spindle-shaped enlargement and irregular wall thickening of the left carotid artery along with wall thickening of the ascending aorta and right pulmonary artery (Fig. 1). Bronchoscopy suggested active bleeding from Segment 10 of the right lower lobe. The patient was therefore transferred to our hospital.

From 14 years of age, he had been treated for UC with mesalamine and salazosulfapyridine (SASP). He had also been diagnosed with congenital cataracts. Because remission of UC was maintained, drug treatments were discontinued one year before the current presentation. He experienced relapse three months later but improved after the re-administration of SASP. Four months prior to the current presentation, he developed gradual onset of carotidynia. The level of C-reactive protein (CRP) was 1.94 mg/dL in July 2017.
On admission, he was alert and oriented. His vital signs included body temperature 37.9°C, blood pressure 126/56 mmHg and equal bilaterally, pulse rate 99/min, and O₂ saturation 97% in room air. A left carotid bruit was noted, with no other significant findings in the chest or abdomen. The white blood cell count was 10,490/μL (with 74.8% neutrophils), red blood cells 429×10⁴/μL, hemoglobin 9.6 g/dL, hematocrit 32.4%, platelets 55×10⁴/μL, CRP 7.75 mg/dL, proteinase 3-antineutrophil cytoplasmic antibody 3.24 IU/mL (normal range <3.5 IU/mL), and IL-6 34.4 pg/mL. HLA-B*52 was positive. The urinalysis findings were normal, and transthoracic echocardiography showed no findings of valvular dysfunction or pulmonary hypertension (tricuspid regurgitation peak gradient: 22 mmHg). Fluoro-D-glucose positron emission tomography-CT showed a mild uptake in the ascending aorta, the left carotid artery, and the right pulmonary artery. (Fig. 2). Based on these results, he was diagnosed with TAK complicated by preceding UC.

angiography showed active bleeding from a right bronchial artery (Fig. 3), and transcatheater right bronchial artery embolization was performed. Colonoscopy indicated that the UC activity was well controlled. After the procedure, a daily dose of prednisolone 30 mg and TCZ 162 mg/week was initiated to induce remission. At 2 months after treatment initiation, the dose of prednisolone was reduced to 15 mg/day without constitutional, respiratory, or gastrointestinal symptoms.

Discussion

TAK is a rare, systemic arteritis of unknown etiology that involves the aorta and its main branches. The prevalence of TAK is reportedly much higher in Japan (about 40 cases per million) than in the USA (2.6 cases per million) (7,8). The prevalence of TAK in patients with UC is particularly high, at 0.21% (6), and UC was found in 6.4% of patients with TAK (5). HLA-B*52 plays an important role in the co-occurrence of UC and TAK (5). Although it might not be practical to survey all UC patients for large-vessel vasculitis,
HLA typing can be performed to determine the risk of the future development of TAK in UC patients, as the prevalence of TAK is much higher in these patients than in the general population.

Pulmonary involvement in TAK includes pulmonary hypertension, thrombosis, infarctions, and pleuritis. These pulmonary manifestations can be caused by pulmonary or bronchial arteritis (9). Hemoptysis is a rare symptom in patients with TAK and is mainly caused by pulmonary arteritis and/or pulmonary hypertension (2). In the present case, hemoptysis originated from the bronchial artery. Bronchial artery involvement was followed by pulmonary artery involvement and might have developed long after the onset of TAK.

Although glucocorticoids (GCs) are used as the first-line treatment for TAK, patients with TAK often experience relapse and develop adverse effects from GCs. Other immunosuppressive agents, such as methotrexate, azathioprine, or mycophenolate mofetil, are used for refractory or relapsing cases while still continuing GC therapy (5, 10, 11); however, these agents may not show sufficient clinical benefit. Anti-tumor necrosis factor (TNF) agents also have insufficient efficacy for TAK, and several reports have shown that patients with inflammatory bowel diseases treated with anti-TNF agents still developed TAK (12, 13). Of note, a recent randomized controlled trial demonstrated the efficacy and safety of TCZ in patients with refractory Takayasu arteritis: results from a randomised, double-blind, placebo-controlled, phase 3 trial in Japan (the TAKT study). Ann Rheum Dis 77: 348-354, 2018.

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