The main difficulties in chemotherapy is the biodistribution of the chemotherapeutic compound, which can damage to normal cells [3]. To overcome this drawback limit, a carrier system in the form of nanoparticles must be designed that can selectively deliver cytotoxic doses of therapeutic agents inside cancer cells [4].

A nanoparticle is usually defined as a particle of matter with a structure of small size between 1 and 100 nm in diameter, which due to the size effect shows specific properties and functions [5]. Interest in the design and development of nanoparticles for applications in a wide range of various fields has continued to grow in the past decade due to their unique properties of the physical and chemical [6–9]. In particular, they have achieved significant attention mainly in biomedical fields, especially applications in biomedical fields, especially as a new method in the development of drug delivery systems [10, 11].

Among nanocarriers that are used in various fields of medicine and treatment, nanocrystalline semiconductors particles have been considered in drug delivery due to their unique properties such as non-toxicity, increased activity, large high surface-to-volume ratio, high magnetic conductivity, and solubility [12]. Copper oxide as a suitable option among transition metal oxides in common form cupric
Materials and Methods

Materials

Copper sulfate, sodium hydroxide, bovine serum albumin, Dimethyl sulfoxide (DMSO), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), and curcumin were obtained from Sigma-Aldrich (St. Louis, USA). Other chemicals and solvents were gifted from Emerat Chimi Company (Tehran, Iran).

Synthesis of Copper Oxide (CuO)

First, 40 mg of copper sulfate (CuSO$_4$) was added to 6 mL of water (H$_2$O) and placed on a magnetic stirrer at room temperature. Afterward, 1 mL of acetic acid (C$_2$H$_4$O$_2$) was added to the above solution. In the next step, 120 mg of NaOH (sodium hydroxide) was added to the solution and placed on the magnetic stirrer for 24 h at room temperature to yield a brown color product. Then, after 24 h, the product was purified by centrifugation.

Synthesis of Final Nanoparticles (CuO@BSA-CUR)

In order to obtain an aqueous solution of a mixture of 8 mg CuO and 32 mg BSA was added to 10 mL deionized water and stirred for 15 min at room temperature. Then CUR solution (10 mg of CUR in 1.5 mL of ethanol) was added dropwise to the above solution. The obtained solution was stirred by a magnetic stirrer for 24 h, and to purify was centrifuged for 15 min at 21,000 rpm for four cycles. In order to dry the resulting solution, it was placed in an oven at 40 °C for 48 h.

Characterization

Determine the Particle Size

The size and morphology of the sample of CuO@BSA-CUR NPs were characterized by transmission electron microscopy. (TEM, Cambridge 360–1990 Stereo Scan Instrument-EDS, CA).

FT-IR Analysis

The chemical structure of the samples was determined by FT-IR (Bruker, Tensor 2, Biotage, Germany). Transparent pills were prepared by mixing and grinding 2 mg of selected samples with 200 mg of powder KBr and then compressing the resulting powder under a pressure of 12 Ton. The FT-IR spectra of all samples can record from the wavenumber 400-4,000 cm$^{-1}$. 

oxide (CuO) possesses an attractive advantage. CuO NPs are relatively cheap which easily mixed with polymers and relatively stable because of both chemical and physical properties. They are used as antiinfective agents against drug-resistant bacteria while keeping acceptable biocompatibility and small dimensions. Also, CuO has applications in magnetic storage media, electronics, sensors, batteries [13–15].

Coating and modification of the surface of copper oxide nanoparticles with various biocompatible and biodegradable are important in order to obtain nanoparticles with suitable stability [16]. Bovine serum albumin (BSA) has received much attention in drug delivery for coating nanoparticles surfaces due to its properties like biodegradability, nontoxicity, high chemical stability, easy availability, and long half-life [17–20]. BSA is a common protein and the main protein in the plasma of blood. It is a globular heart-shaped protein that possesses 585 amino acids and a molecular mass of 66 kDa. Due to the nontoxic, biocompatible, and biodegradable properties of albumin, it is used as a proper drug carrier. Hence, BSA has attracted significant interest in the field of nano-biotechnology and protein-based nanoparticles which are applied as a matrix for the physical loading of different drugs [21].

Curcumin (CUR) is a natural remedy and the main components of turmeric spice include properties such as antioxidant, anti-inflammatory. It is also a liposoluble compound that can be easily dissolved into an organic solvent such as methanol, ethanol, and acetone [22]. Also, according to the preclinical data of the anticancer property of curcumin, it has concerned significant attention in drug delivery systems for cancer research [23–25]. In 2017, Xie and their colleagues developed nanoparticles that contain the anticancer drug curcumin for chemotherapy and photothermal treatment of cancer cells. The results showed that the synthesized nanoparticles containing curcumin can accumulate in the tumor and also protect normal cells from the effects of radiation therapy [25].

In this study, first copper oxide nanoparticles were produced by and next their surface was coated with BSA. Afterward, the CuO@BSA was utilized for loading the natural anticancer drug of curcumin which is called CuO@BSA-CUR. The morphology and characterization of the samples were investigated by FT-IR, UV-vis, TEM, AFM techniques. Finally, the maximum release of the drug was evaluated by dialysis bag. The cytotoxicity of CuO@BSA-CUR NPs on the MDA-MB-231 cell line was evaluated, which is an epithelial and human breast cancer cell line in medical research laboratories.
Cell Viability Test

*In vitro* cell viability was assigned via MTT assay. The cells were cultured in 96-well plates and after 24 h time periods, the cells were treated with different concentrations of the materials and culture medium as control. The cytotoxicity effect of synthesized nanoparticles was performed at various concentrations of 8, 16, 32, and 64 µg/mL of free CUR and CuO@BSA-CUR NPs and incubated for 48 h. Then, after 48 h the culture medium was removed and then 20 µL of MTT with a concentration of 5 mg/mL was added to each well and incubated for 4 h. Next, after 4 h incubation, 150 µL of DMSO was added to each well, and absorbance reading of each well was performed at 570 nm. Finally, the absorbance ratio of the number of surviving cells in treated samples was compared with the control group cells. After mild shaking for 15 s, the absorbance of treated wells was compared to the control group.

Results and Discussion

Characterization of CuO@BSA-CUR

FT-IR Analysis

To confirm the loading of CUR on CuO@BSA NPs, Infrared absorption spectra of compositions of pure CUR, CuO@BSA NPs, and CUR loaded CuO@BSA NPs were performed. The results were shown in Fig. 1. Characteristic peaks for pure CUR were identified in the regions of 3437 cm\(^{-1}\) and 1628 cm\(^{-1}\) (C=O). The absorption peak at 3437 cm\(^{-1}\) can be attributed to the stretching vibrations of hydroxyl functional groups (O-H) while the peak at 1628.40 cm\(^{-1}\) is due to the molecular stretching of the carbonyl group (C=O). In addition, the absorption peak 1282 cm\(^{-1}\) is related to C-O for the enol structure of curcumin. FT-IR spectra of CuO@BSA showed characteristic peaks at 1653 cm\(^{-1}\), 3423 cm\(^{-1}\), and 2926 cm\(^{-1}\) which are assigned to the C=O carbonyl groups vibrations, the stretching vibrations of O-H and C-H, respectively. The absorption spectrum of CuO@BSA-CUR nanoparticles depicts the peaks in the region of 1654 cm\(^{-1}\) and 3431 cm\(^{-1}\) correspond to the flexural vibrations of the C=O carbonyl groups and the N-H amine groups, respectively. It can be noticed from Fig. 1 that the wavenumber in the bond of the carbonyl group (C=O) for CuO@BSA-CUR structure shifts towards higher wavenumber compared with free CUR. This shifting and increase in the wavenumber of this band are attributed to the surface bond between CUR and CuO@BSA.
nanoparticles are almost spherical in shape and have uniform morphology. The average diameter of the as-obtained NPs was around 25 nm. Particle size has a key role in the biological performance of sub-micron size delivery systems. According to previous reports, the optimal size of NPs for treating tumors is around 100 nm. Hence, the NPs with micron-sized aggregates will affect nanoparticles properties, which, in turn, will affect their performance to kill cancer cells. Also, micron-size aggregates can be caused rapid membrane damage, resulting in acute cell kill [26]. According to the size of the synthesized NPs here, they can therefore be used in biopharmaceutical applications.

**AFM Analysis**

One of the methods used to determine the surface topography is AFM analysis. As shown in Fig. 4, in order to evaluate the coating of BSA and CUR on the rough surface CuO NPs, the morphology of CuO@BSA and CuO@BSA-CUR NPs was performed with the use of AFM. According to our previous work, the thickness of CuO NPs has 12 nm. Figure 4a representing the AFM height profile characterized with the Z sign expresses that the thickness of BSA-coated CuO is around 20 nm. A noticeable geometry deformation in Fig. 4b emerges, which clearly declares the CUR can affect the topography of CuO@BSA surface and the thickness of the final sample reaches 42 nm. Hence after mixing BSA and CUR, the particle size distribution and morphology of CuO NPs remarkably changes. Therefore, a comparison of Fig. 4 (a-b) exhibits that the radius of CuO NPs increases at all structures. This finding confirms that BSA and CUR interact with CuO NPs and adsorb on their surfaces for the formation of a CuO@BSA-CUR nanocarrier.
Anti-Cancer Activity Assay

The in vitro anticancer effects of free CUR, CuO@BSA, and CuO@BSA-CUR NPs against human breast cancer cells (MDA-MB-231) were estimated using MTT assay (Fig. 6). As shown in Fig. 6, the cell viability has been plotted as a function of CUR, CuO@BSA NPs, and CuO@BSA-CUR NPs at various concentrations. The data exhibit that cell toxicity is directly commensurate to CUR concentration. The results of MTT cytotoxicity test on MDA-MB-231 cells showed that by enhancing concentration, the toxicity of the free CUR and CuO@BSA-CUR NPs increases in comparison to control, whereas CuO@BSA NPs with similar concentrations do not exhibit any toxic effect on treated cells in various concentrations after 48 h incubation time. These studies specify that CuO@BSA-CUR NPs have a very remarkable anticancer effect, for breast cancer cell lines.

Conclusions

In summary, CuO NPs were designed and successfully prepared by a facile method. Afterward, for preparing CuO@BSA-CUR NPs, the surfaces of CuO NPs were functionalized with BSA via simple mixing. Then these NPs loaded with curcumin. Afterward the synthesis, the NPs were characterized with UV-vis, FT-IR, AFM, and TEM techniques.
The results demonstrated the successful synthesis of CuO@BSA-CUR NPs. The results of curcumin release in the biological environment at pH = 7.4 showed that after 40 h about 70% of curcumin was released and after 48 reaches 72% which is the maximum value of the release. The results related to the cellular cytotoxicity study exhibited no inhibitory effects of CuO@BSA NPs on cancer cells of MD-MB-231, while CuO@BSA-CUR composite pronounced high cytotoxicity effect. As a result, although CuO NPs in drug delivery systems are limited due to their toxicity effect, after mixing with BSA and having acceptable biocompatibility this drawback limit can be removed. Hence, the use of CuO NPs loaded with anti-cancer drugs becomes more apparent in in-vitro drug delivery studies.

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