PT-symmetric dimers with time-periodic gain/loss function

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Abstract PT-symmetric dimers with a time-periodic gain/loss function in a balanced configuration where the amount of gain equals that of loss are investigated analytically and numerically. Two prototypical dimers in the linear regime are investigated: a system of coupled classical oscillators, and a Schrödinger dimer representing the coupling of field amplitudes, each system representing a wide class of physical models. Through a thorough analysis of their stability behavior, we find that turning on the coupling parameter in the classical dimer system leads initially to decreased stability but then to re-entrant transitions from the exact to the broken PT-phase and vice versa, as it is increased beyond a critical value. On the other hand, the Schrödinger dimer behaves more like a single oscillator with time-periodic gain/loss. In addition, we are able to identify the conditions under which the behavior of the two dimer systems coincides and/or reduces to that of a single oscillator.

1 Introduction

Artificial materials with engineered properties have recently attracted a lot of attention. A well-known paradigm is the parity-time (PT) symmetric systems, whose properties rely on a delicate balance between gain and loss. The ideas and notions of PT-symmetric materials, which do not separately obey the parity (P) and time (T) symmetries, instead exhibiting a combined PT symmetry, have their roots in nonHermitian quantum mechanics [1]. The theory has been extended to optical lattices [2, 3], and the predicted PT-symmetry breaking as well as other properties have been experimentally observed in optical [4–8] and microresonator [9] systems. The theory subsequently evolved to include nonlinear lattices [10] and oligomers [11, 12]. The application of these ideas in electronic circuits [13, 14] provides a convenient platform for testing PT-related ideas within the framework of easily accessible experimental configurations. Also, the construction of PT-metamaterials, reliant on gain and loss-providing components, has been recently suggested [15, 16]. PT-symmetric systems can migrate from the exact into the broken phase as the parameters of the system are varied. In the exact phase, PT-symmetric systems have real eigenvalues and thus propagating modes as well as bound states, despite being nonHermitian. One essential difference from conventional systems is that the total energy, instead of being conserved, oscillates because the eigenmodes are not orthogonal. Another consequence of the nonorthogonality of the eigenmodes is nonreciprocal propagation [5], an asymmetry in the propagation in the two channels, even as the initial conditions are reversed. In the broken phase, the propagation is unstable: amplified under gain or decaying with loss. The band structure of the system in the broken phase acquires imaginary components for some values of the wavevector [3, 5, 6]. Experimentally, grating structures have been synthesized and used to demonstrate greatly enhanced or reduced reflection in the broken phase [6, 7], paving the way for more extensive studies of these remarkable phenomena, and later, for the design of new...
devices exploiting them. Recently, a $\mathcal{PT}$-symmetric coherent perfect absorber was realized, which can completely absorb light in its exact phase [17].

In the present work, two different $\mathcal{PT}$-symmetric models are investigated: a system consisting of two coupled linear oscillators (classical dimer), and a linear Schrödinger dimer (LSD). Both systems include terms providing gain and loss, which render them $\mathcal{PT}$-symmetric. In most previous works’ implementation, the gain/loss parameter remains constant in time, although recently a time-varying gain/loss function has been implemented in coupled fiber loops [6]. More generalized $\mathcal{PT}$-symmetric dimer models in various contexts, that include cubic or other nonlinearities and constant gain/loss functions, have been also investigated theoretically [18–26]. Moreover, dimer models in various contexts, that include cubic or other nonlinearities and constant gain/loss functions, have been also investigated theoretically [18–26]. Moreover, the addition of a second spatial dimension in the nonlinear Schrödinger dimer, which activates spatial dispersion, results in the appearance of solitons and rogue waves as in $\mathcal{PT}$-symmetric dual-core waveguides [27, 28].

In extended nonlinear $\mathcal{PT}$-symmetric lattices, on the other hand, the existence of localized excitations in the form of discrete solitons [29] and discrete breathers [15] has been demonstrated. In the present work, a periodic in time gain/loss function having an opposite effect on the two components is considered. When averaged over one period, the amount of gain equals the loss in each component. This time dependence of the gain/loss function introduces yet another parameter, whose variation results in multiple $\mathcal{PT}$ transitions from the exact phase, where stable propagation exists, to the broken phase, where all solutions diverge. In the following, we describe the two above-mentioned systems and discuss the methods used in their analysis. The next section is devoted to the $\mathcal{PT}$-symmetric classical dimer, while a description of the $\mathcal{PT}$-symmetric LSD is given in Sect. 3. The conclusions are presented in the last section.

2 Linear $\mathcal{PT}$-symmetric classical dimer

A $\mathcal{PT}$-symmetric dimer comprising linear classical oscillators with a time-periodic gain/loss function $\gamma \equiv \gamma(t)$ with $t$ being the temporal variable is modeled by the equations

$$\ddot{x}_1 + 2\gamma(t)\dot{x}_1 + \omega_0^2 x_1 = k(x_2 - x_1) \quad (1)$$

$$\ddot{x}_2 - 2\gamma(t)\dot{x}_2 + \omega_0^2 x_2 = k(x_1 - x_2) \quad (2)$$

where $x_1$ and $x_2$ are the longitudinal-mode displacements from equilibrium of the first and second oscillator, respectively, $\omega_0$ is their (common) eigenfrequency, $k$ is the coupling constant, and the overdots denote differentiation with respect to time $t$. Note that the commonly appearing damping factor, which acts on the velocity of each oscillator, has been replaced by the gain/loss function $\gamma(t)$; also note that the signs in front of $\gamma(t)$ are opposite in the two equations.

A particularly simple form of $\gamma(t)$ which allows the reduction of Eqs. (1) and (2) to an area-preserving mapping for discrete time is the following piece-wise linear gain/loss function

$$\gamma(t) = \begin{cases} +\gamma_0 & \text{if } 0 \leq t < \tau_1; \\ -\gamma_0 & \text{if } \tau_1 \leq t < \tau_2 \end{cases} \quad (3)$$

where $\tau_1 + \tau_2 \equiv T$, the period of $\gamma(t)$, and the constant $\gamma_0$ is defined as positive real number ($\gamma_0 > 0$). Using Eq. (3), we have, for the first oscillator, loss in the first part of the cycle ($\tau_1$ time units) and gain in the second part of the cycle ($\tau_2$ time units). With this form of $\gamma(t)$, Eqs. (1) and (2) are easily solvable in each part of the cycle separately.

Note that for the dimers having an averaged balanced configuration, $\tau_1$ and $\tau_2$ need not be equal; in the present work, however, the case of $\tau_1 = \tau_2 = \tau$ is investigated. The solution of the $x_i$, $i = 1, 2$, in each half-period $\tau \equiv T/2$ of $\gamma(t)$ is of the form:

$$x_i(t) = c_1 e^{r_1 t} + c_2 e^{r_2 t} + c_3 e^{s_1 t} + c_4 e^{s_2 t} \quad (4)$$

for generally complex constants $r_j, s_j, j = 1, \ldots, 4$, that can be expressed analytically as a function of the initial conditions (at time $t = 0$). Then, the coefficients of $x_1(t = 0) \equiv x_{1,0}$, $\dot{x}_1(t = 0) \equiv \ddot{x}_{1,0}$, $x_2(t = 0) \equiv x_{2,0}$, and $\dot{x}_2(t = 0) \equiv \ddot{x}_{2,0}$ are collected and used to construct the propagation matrix $M_{0 \to \tau} (M_{\tau \to 0})$ for the first (second) half of the period $T$ of the gain/loss function, using the same method as in Ref. [16]. The relation of the amplitudes and the velocities at time $t = 0$ with those at time $t = T$ can then be written in the matrix form

$$\begin{pmatrix} x_1 \\ \dot{x}_1 \\ x_2 \\ \dot{x}_2 \end{pmatrix} = M_{\tau \to 0} M_{0 \to \tau} \begin{pmatrix} x_{1,0} \\ \dot{x}_{1,0} \\ x_{2,0} \\ \dot{x}_{2,0} \end{pmatrix} \quad (5)$$

2.1 Constant gain/loss function

For constant $\gamma$ the amplitudes of the oscillators for various cases are shown in Fig. 1. Both oscillators start with amplitude equal to unity and zero velocity, and the first oscillator is considered to have gain while the second one has loss. The variable $\tau$ here is infinity, and the horizontal shows the real time. Although such a characterization is strictly valid only for $k = 0$, the first case, (a), where $\omega_0 > \gamma$, is termed ‘underdamped’ in order to connect the behavior to the single-oscillator problem studied in [16], where the effective frequency, modified by $\gamma$, is real and leads to oscillatory motion, while case (b), where $\omega_0 < \gamma$, is
called ‘overdamped’, shows monotonic behavior. In case (c), the motion is marginally stable as it is stabilized by a sufficiently large $k$. Regions of stability as a result of nonzero $k$ can be found in either $x_0 < c$ or $x_0 > c$. This is not only clear from the solutions themselves, but from an analysis of the eigenvalues of the propagation matrix $M_{G/L}$, as will be discussed later in Sect. 2.2. The stability behavior under constant gain/loss has already been discussed in Ref. [13], where a system very similar to that described by Eqs. (1) and (2) was studied theoretically, and it was implemented using electric circuits containing active-gain/loss components. In that study, the ratio of mutual to self-inductances of the two components comprising the $\mathcal{PT}$-symmetric dimer is related to the coupling $k$ here. In our model, Eqs. (1) and (2), from the analysis of the eigenfrequencies, the stability condition for $\gamma$ constant in time is found to be

$$\gamma \leq \frac{1}{2} \sqrt{k + \omega_0^2} - \frac{1}{2} \sqrt{2k\omega_0^2 + \omega_0^4}. \quad (6)$$

A phase diagram showing how nonzero $k$ stabilizes the motion in the constant $\gamma$ case is shown in Fig. 2a.

2.2 Time-periodic gain/loss and stability criterion

When the gain/loss function varies in time, there are changes in the stability behavior. We have a reduced phase space for stability in the ‘underdamped’ region $x_0 > \gamma$ and an increased phase space in the ‘overdamped’ region $x_0 < \gamma$. Figure 2 shows an example of the stabilizing effect of the coupling parameter $k$; something also noted experimentally in Ref. [6]. That study examined the $\mathcal{PT}$ threshold of two coupled waveguides subject to an opposing alternating $\gamma(t) —$ albeit with a fixed half-period $\tau—$ while the real part of the $\mathcal{PT}$ potential, implemented as a time-varying phase factor, was adjusted. Unlike in the present model, their coupling parameter was also made to vary in time. Figure 2b shows how introducing a time variation in $\gamma$ results in decreased stability in some regions and increased stability in others as compared with the case of constant $\gamma$ (inset).

The stability points (marginally stable oscillations for $x_1(t)$ and $x_2(t)$) occur when the (complex) eigenvalues of $M_{G/L}$ all simultaneously have the absolute value of unity. There was no other type of stability present; for no parameters were the eigenvalues simultaneously less than unity, which would have implied asymptotic stability (decaying to zero). In the regions of instability, two eigenvalues drop below while the other two go above unity (Fig. 3). Such oval-like structures appear in other studies of stability in $\mathcal{PT}$ systems [3, 13]. The instability onset is not as sharp as Fig. 3 seems to indicate; the motion will be bounded by some larger magnitudes than the initial value for values of $\tau$ below or above the unstable region, but the oscillation will still be bounded.

2.3 Effect of intra-dimer coupling

The full analytical expansion for the eigenvalues of $M_{G/L}$ in Eq. 5 is extremely complex while series expansions yield little insight as due to the correlation of the different
variables, the convergence properties of any expansion are very complicated. If the limits leading to Fig. 2, where \( k = 0 \) appears to lead to instability, are taken in reverse, with the limit \( s \to 1 \) of the \( k = 0 \) system taken, the result is indeterminate: neither stable nor unstable as discussed later and as seen in Figs. 4a and 5. Lastly, a prediction of total stability for \( x_0 \geq c \) and instability for \( x_0 < c \) arises if a path such as that in Fig. 7c through a, where \( \gamma \) is fixed while \( \omega_0 \) is varied, is taken. Essentially, by choosing such a path, the periodicity with \( \omega_0 \) of the stripes reduces to zero, yielding the identity operation (Fig. 6).

Likewise, the single oscillator with constant nonzero \( \gamma \) is everywhere unstable, but performs according to Fig. 7a if \( \tau \) is made to approach infinity while \( \omega_0 \) is varied for fixed \( \gamma \), again because the periodicity of the PT symmetry-breaking stripes reduces to zero. On the other hand, the approach \( \tau \to \infty \) for fixed \( \omega_0 \) and \( \gamma \) is indeterminate as in Fig. 4a. Thus, we may reconcile the \( k = 0 \) limit of the dimer with the behavior of the single oscillator if the limits are chosen in a particular sequence.

The approaches \( k \to 0, \tau \to \infty, \) and \( \gamma \to \omega_0 \) are correlated amongst themselves and a mapping for a consistent (path-independent) unified approach from the dimer to the single oscillator is currently being sought. Even numerically, the reduction of the coupled system to one of the phase diagrams of the single oscillator is not valid for all paths toward the double limit \( k \to 0, \) and \( \tau \to \infty, \) which is essentially undefined. Keeping this in mind, we explain below exactly how our calculations were performed for the limiting cases.

### 2.3.1 Zero coupling limit, \( k = 0 \)

In studying the case of \( k = 0 \) or no coupling between oscillators, we choose to refer to the solution of a single oscillator [16], because the system of two oscillators does not in general reduce to that of one oscillator in the limit \( k \to 0, \) as it depends on the path taken. In the case of a single oscillator, there is a periodic set of stable trajectories for the underdamped limit \( \omega_0 > \gamma \) for all values of \( \tau. \) In this limit, the onset and/or end of the instabilities occurs periodically where [16]

\[
\cos (2 \delta \tau_{\text{crit}}) = \left( \frac{2 \gamma^2}{\omega_0^2} - 1 \right),
\]

where \( \delta = \sqrt{\omega_0^2 - \gamma^2}. \) For the overdamped (\( \omega_0 < \gamma \)) case, there is only one solution to Eq. (7): \( \tau_{\text{crit}} = \arccos (\gamma/\omega_0)/\delta, \) and the bifurcation in the magnitude of the eigenvalues is
permanent beyond this point as it does not close in over itself (purple and blue curves in Fig. 3a). For values of \( \gamma \) below \( \omega_0 \), the bifurcations close in over themselves and periodically repeat following Eq. (7), while the width and height of the unstable regions decrease with the value of \( \gamma/\omega_0 \). Finally, in the limit \( \omega_0 \gg \gamma \), the splitting of the eigenvalue magnitudes in the unstable regions (size of the bubbles) is reduced to zero

whereupon we recover the undamped limit of conventional stability.

Note that Eq. (7), for constant \( \gamma \), or infinite \( \tau \), can have a \( \mathcal{PT} \)-symmetry-breaking transition across the line \( \omega_{0\text{crit}} = \gamma \) so the system can indeed reduce to the behavior in Fig. 7a if the paths are chosen according to prescription outlined at the start of this section, of varying \( \omega_0 \) while holding the other parameters fixed, so that in Eq. (7) we have \( \tau \) instead of \( \tau_{\text{crit}} \) and \( \omega_{0\text{crit}} \) instead of \( \omega_0 \). On the other hand, the stability prediction of Eq. (7) is indeterminate for \( \omega \to 1 \) (see e.g., Fig. 4a and 5 for \( k = 0 \)) as \( \omega \) is varied. In addition to the \( \omega_{0\text{crit}} \to \gamma \) case of Eq. (7), a separate condition can be derived for when the limit \( \omega_0 \to \gamma \) is taken at the outset. If this is done, then we have a \( \mathcal{PT} \) symmetry-breaking point occurring at \( \tau_{\text{crit}} = 1/\gamma \). This is the cause of the peak, which appears for small \( \tau \) in Figs. 7 and 8.

2.3.2 Nonzero \( k \)

The effect of nonzero \( k \) is to shorten the region in \( \tau \) where periodic stability/instability regions can occur. This is clearly seen by comparing Fig. 4a–c. However, as \( k \) becomes large, beyond the critical value which occurs between Fig. 4c, d, a new regime is reached: that of a very noisy but infinitely periodic region of \( \mathcal{PT} \)-symmetry breaking and recovery (Fig. 4d–e). Similar to the \( k = 0 \) case of \( \omega_{0\text{crit}} = \gamma + 0^+ \) where the bifurcation closes in on
itself to produce an infinite series of $\mathcal{PT}$-symmetry breaking and recovery, here also, for a critical value $k = k_{\text{crit}}$, between the cases pictured in Fig. 4c, d, the bifurcation behaves in a similar manner, leading to the production of a more-complex series of superimposed bubbles. The small, more numerous bubbles, are due to the underdamping $\omega_0 > \gamma$ while the large one is due to $k > k_{\text{crit}}$.

Just as the $\omega_0 > \gamma$ case for the uncoupled oscillators, depicted in the phase plots of Fig. 7, leads to increased stability, or a longer $\tau_{\text{crit}}$ Eq. (7), here also, if we have infinitely large $k$, then we will recover the regime of continuous, unbroken symmetry because the symmetry-breaking bubbles shrink to zero size. In addition, we see from Fig. 7 that increasing $\tau$ leads to greater stability for an underdamped system, as we can otherwise see from Fig. 5 where the density of stable regions increases for larger $\tau$. In the regime $\tau \rightarrow \infty$ and large $k$, the classical dimer system behaves as independent undamped harmonic oscillators, showing conventional rather than $\mathcal{PT}$-symmetric stability. Studying the overdamped, $\omega_0 < \gamma$, system is of little interest as the $\mathcal{PT}$-symmetric region is confined to a smaller phase space in comparison with the underdamped system as the recoveries for $k$ larger than the critical value have only the larger $k$ bubbles since the smaller one do not exist. Thus, while the plots in Fig. 4 reveal the mechanism (through the bifurcations closing in on themselves) by which $k$ influences the size of the region of periodic $\mathcal{PT}$-symmetry breaking and recoveries, the $k \rightarrow \tau$ phase diagram in Fig. 5 depicts the overall result over all $k$ values. In both of these examples, Figs. 4 and 5, with $\gamma < \omega_0$, the qualitative behavior is the same, even as the exact parameters differ. We find an infinite series of $\mathcal{PT}$-symmetry breaking/recoveries for $k \rightarrow 0$ while, as seen in Fig. 4a–c, the $\mathcal{PT}$-symmetry breaking/recovery range in $\gamma(t)$ is reduced as $k$ is increased, something which is especially evident from the lower plot of Fig. 5, until there is just one recovery (viz. large gap in the phase plot). Upon increasing $k$ further, the infinite series of $\mathcal{PT}$-symmetry breaking/recoveries is regained beyond a critical value of $k$.

3 Linear Schrödinger $\mathcal{PT}$-symmetric dimer

Systems of Schrödinger dimers have been studied widely in the context of optics, where $\mathcal{PT}$-symmetry phenomena can be realized experimentally using, e.g., gratings or coupled...
In time-periodic gain/loss function, there are alternating gain/loss, the dynamical behavior of the Schrödinger $\mathcal{PT}$-symmetric dimer is governed by the equations:

\begin{equation}
    i\dot{\Psi}_a = -i\gamma \Psi_a + V\Psi_b \quad \text{(8)}
\end{equation}

\begin{equation}
    i\dot{\Psi}_b = +i\gamma \Psi_b + V\Psi_a \quad \text{(9)}
\end{equation}

where $\Psi_i$ is the wavefunction at site $i$ ($i = a, b$), with $V$ being the coupling between the two sites, $\gamma = \gamma(t)$ is the gain/loss function given by Eq. (3), and the overdot denotes derivation with respect to the temporal variable.

The (nonHermitian) Hamiltonian used to derive Eqs. (8) and (9) is given by

\begin{equation}
    \mathcal{H} = \begin{pmatrix}
    -i\gamma & V \\
    V & i\gamma
    \end{pmatrix}.
\end{equation}

For $\gamma = 0$, Eqs. (8) and (9) form a completely integrable system; thus, the Hamiltonian $\mathcal{H}$ and the total probability (norm)

\begin{equation}
    P = \sum_{i=a,b} |\Psi_i|^2,
\end{equation}

are conserved. For $\gamma \neq 0$, neither $P$ nor $\mathcal{H}$ are conserved but instead, they oscillate in time; however, a more-complex conserved quantity still exists [30].

3.1 Constant gain/loss

In contrast with the case of classical oscillators (e.g., the single one or the dimer as in Fig. 1), where a constant $\gamma$ in the broken $\mathcal{PT}$-symmetry phase led to either underdamped or overdamped growth or decay, the growth or decay here is always monotonic. Indeed, in experiments on light intensity in coupled waveguides [5], it has been found that above the $\mathcal{PT}$ transition point, the light propagates, exponentially amplified, through one particular waveguide irrespective of the initial conditions.

For $V > \gamma$, the system is always $\mathcal{PT}$-symmetric (Fig. 7a), in stark contrast with the classical oscillator or dimer with $k = 0$ where the theory predicts complete instability when the limit $\tau \to \infty$ is taken first (start of Sect. 2.3), and the magnitudes of the wavefunctions $\Psi_a(t)$ and $\Psi_b(t)$ of the coupled Schrödinger dimer undergo stable oscillations as they do in the exact $\mathcal{PT}$-symmetric phase of the classical dimer under constant gain/loss considered in Sect. 2.1. For $\gamma = 0$, the wavefunction magnitudes are phase shifted with respect to each other by $\pi$ while when $\gamma < V$ the phase difference asymptotically approaches zero. A phase shift of $\pi/2$ occurs at $\gamma = V/\sqrt{2}$. Figure 6 shows an example of the phase difference between the two dimer components. Such phase delays between two eigenmodes of a coupled two-channel waveguide have been observed in experiments as $\gamma$ is varied [5] and they are attributed to the nonorthogonality of the modes. This constant phase delay is not present in the classical dimer system because nonzero $k$ is necessary for stability when the gain/loss function is constant; for nonzero $k$, as seen in Fig. 1c, the signals are chirped and eventually coalesce (at $t = 80$). The time to coalescence approaches infinity as the $\mathcal{PT}$ transition is approached. The phase delay therefore can only be properly defined in the unstable regime, where for $k \to 0$ it is equal to $\pi/2$ right at the $\mathcal{PT}$ transition and zero far from the transition point $\tau_{\text{crit}}$, bearing in mind that for small $k$ the parameter space for stability is tiny (Fig. 2a).

As with the case of broken $\mathcal{PT}$-symmetry in the overdamped limit of the classical dimer, for $V < \gamma$, all of the solutions diverge monotonically for a constant gain/loss $\gamma$.

3.2 Time-dependent gain/loss function

For the time-alternating $\gamma(t)$ of Eq. (3), $\Psi_a$ and $\Psi_b$ can be obtained analytically using the same methods described earlier, and a map that connects the $\Psi$s at times $t$ and $t + 2\tau = t + T$ can be constructed so that

\begin{equation}
    \begin{pmatrix}
    \Psi_a \\
    \Psi_b
    \end{pmatrix} = M_{\gamma/L}(\tau) \begin{pmatrix}
    \Psi_{a,0} \\
    \Psi_{b,0}
    \end{pmatrix}
\end{equation}

where $\Psi_{a,0} = \Psi_a(t = 0)$ and $\Psi_{b,0} = \Psi_b(t = 0)$. Examining the stability of the propagation matrix in Eq. (12), we find a direct correspondence with the behavior of the single classical oscillator, mainly a regime $V < \gamma$ with diverging orbits beyond a certain $\tau$ where the instability criterion is established by the divergence of the eigenvalue magnitudes at $\tau_{\text{crit}} = \frac{\arccos(\gamma/V)}{\delta}$.
probability is solely a feature of the nonHermiticity of the system and it is more pronounced for a larger gain/loss parameter $\gamma$ (Fig. 9b). It occurs because when Hermiticity is violated, $\Psi_a$ and $\Psi_b$ no longer form an orthonormal basis of the nonHermitian Hamiltonian in Eq. (10) [31]. The oscillation of $\Delta \rho$, on the other hand, is bounded in the exact $PT$-symmetric phase (Fig. 9c) by $\pm 1$, irrespective of the value of $\gamma$.

4 Conclusions

We have investigated theoretically two $PT$-symmetric dimers, which are representative of two wide classes of models used for physical systems, and we have made comparisons to recent experiments covering both of these classes. In the first class considered, based on classical oscillators, all of the parameters are real and it is typically concerned with observables such as position and charge, while the second, describing the time evolution of field amplitudes, pertains to systems with generally complex parameters (e.g., index of refraction) and it is typically by optics experiments. $PT$-symmetric dimer systems fabricated in a laboratory may be adequately modeled by one of the two models presented above. Thus, it is imperative to be able to predict their behavior in particular regions of parameter space. Phase diagrams, in which stability/instability regions corresponding to the exact/broken $PT$-symmetric phase of the systems are shown, provide valuable information in that respect. In particular, they may be very helpful in identifying regions of the parameter space where stable solutions exist.

In a similar manner to how re-entrant $PT$-symmetry transitions have been predicted in single classical oscillator with a periodically varied gain/loss parameter [16], the coupling parameter $k$ of the classical dimer induces another layer of $PT$-symmetry transitions. For small values of $k$, the phase space for re-entrant $PT$-symmetry transitions is reduced, while above a critical value $k_{\text{crit}}$ the transitions return and the system achieves greater stability as the coupling is increased beyond this point. Note that $PT$-symmetry transitions as a function of the coupling strength have been recently observed in a coupled microresonator system [9]. The solutions of the two dimer models considered here display similar characteristics, such as a phase shift between the oscillators or field amplitudes correspondingly, as well as a nonconservation of oscillator or probability amplitude in the exact $PT$-symmetric phase, and this distinguishes them from conventional (undamped) stability.

It is important to note that the two dimer models only reduce to the behavior of a single classical oscillator, or “zero-dimensional” $PT$-symmetric system [16] that we...
chose as a benchmark here, under very specific and different conditions: paths, i.e., slices of phase space, and order of limits taken. As well, the two dimer systems may have very similar behavior but they display subtle differences, particularly in the case of a constant gain/loss function $\gamma$ studied in great detail here. In order to make their behavior coincide, limiting approaches need to be taken in a specific, and opposite sequence. The path-dependent and/or limiting behavior is very important to be aware of in making correspondences between classical or wave-based models or in comparing or interpreting results from experiments belonging to the two different classes. As these simple dimer systems can be used as basic elements for the fabrication of larger networks comprised of dimers [6, 15, 29, 32], understanding the properties of the dimer elements is invaluable for deducing the properties of the system as a whole.

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