Abstract. Intrinsic Frequency (IF) has recently been introduced as an ample signal processing method for analyzing carotid and aortic pulse pressure tracings. The IF method has also been introduced as an effective approach for the analysis of cardiovascular system dynamics. The physiological significance, convergence and accuracy of the IF algorithm has been established in prior works. In this paper, we show that the IF method could be derived by appropriate mathematical approximations from the Navier-Stokes and elasticity equations. We further introduce a fast algorithm for the IF method based on the mathematical analysis of this method. In particular, we demonstrate that the IF algorithm can be made faster, by a factor or more than 100 times, using a proper set of initial guesses based on the topology of the problem, fast analytical solution at each point iteration, and substituting the brute force algorithm with a pattern search method. Statistically, we observe that the algorithm presented in this article complies well with its brute-force counterpart. Furthermore, we will show that on a real dataset, the fast IF method can draw correlations between the extracted intrinsic frequency features and the infusion of certain drugs. In general, this paper aims at a mathematical analysis of the IF method to show its possible origins and also to present faster algorithms.

1. Introduction

Cardiovascular diseases (CVDs) and stroke are major causes of death in the United States. The total cost related to CVDs and stroke was estimated to be more than $316 billion in 2011-2012
Hence, clinical measurements of cardiovascular health indices are of great importance. These methods and measurements are essential tools for monitoring cardiovascular health due to their relative availability. For example, Left Ventricular Ejection Fraction (LVEF) is a measure of left ventricular contractility [6] and Carotid-Femoral Pulse Wave Velocity (cfPWV) is a measure of aortic stiffness [18].

However, current methods of measuring such indices are expensive, sometimes invasive, prone to measurement errors, and not necessarily easy to use. For example, 2D LVEF echocardiography is not accurate compared to more expensive and laborious gold standard cardiac MRI method [10, 12, 15, 14]. As another example, obtaining accurate cfPWV measurements often requires certain medical devices and a well-trained staff within a clinical setting [29]. Consequently, continuous measurement of these indices is not practical. These limitations emphasize the need for new cardiovascular monitoring methods.

Intrinsic Frequency (IF) has been established as a new method of cardiovascular monitoring through a novel signal processing methodology [26]. The IF method needs only an uncalibrated pulse pressure [31] to extract pertinent information regarding the cardiovascular health of an individual [26]. The IF method has also been shown to be capable of non-invasively measuring LVEF by means of an iPhone camera [25]. We believe that methods like IF are of clinical and financial benefit in addressing cardiovascular monitoring.

In this paper, at first, we provide an overview of the IF method. Next, we present an approximate derivation of the IF model by combining Navier-Stokes equations and continuity with elasticity equations. This helps to build a solid mathematical foundation for the IF method and the analysis that follows. Later, we analyze the IF algorithm in the space of feasible solutions, and based on that, we introduce a new version of the IF algorithm which is faster than the current brute-force IF method [31] while maintaining the same accuracy. We then perform a case study on real pressure waveforms drawn from canine data using our new algorithm. We will see that the fast IF algorithm is capable of capturing the effects of different drug infusions on a canine subject.
2. Brief Overview of IF method

2.1. A History of Analyzing Cardiovascular Pulse Waveform. Blood pressure was first measured by Hales in 1735 [13]. In his measurements, he found that blood pressure is not constant in the arterial system. He related these variations to the elasticity of the arteries [13]. Currently, it is known that the shape of the arterial pulse wave is intimately related to the physiology and pathology of the whole arterial system [1]. There has been much research on analyzing the dynamics of blood pressure and flow in arterial systems [2, 9, 23, 24, 33]. Specifically, there are two main approaches to analyzing cardiovascular pulse wave data. One approach is based on a systematic mathematical framework for the cardiovascular system. The other is based on directly analyzing the pulse pressure waveform using signal processing methods.

An example of the systematic framework can be seen with the set of Windkessel models [34]. The formulation of a minimal lumped model of the arterial system was first presented by Westerhof et al. [34]. Based on a Windkessel model, the arterial system dynamics have been modeled through a combination of different elements such as resistance, compliance and impedance. In this simplified model of the arterial system, the blood flow dynamics is modeled by the interaction between the elements (assuming the blood flow acts as the current in the system). Because of the type of modeling, the wave transmission of the blood flow is neglected. As a result, the Windkessel models is not able to represent the entire dynamics of the blood flow in an arterial system accurately.

On the other hand, there are various methods for direct analysis of an arterial pulse waveform, in both time and frequency domains [24]. For example, the impedance method, which is based on Fourier transform, is a common method to analyze the pressure waveform in the frequency domain [2]. As an example, Milnor has shown that the pressure and flow waveforms can be a superposition of several harmonics using the Fourier method [21]. Another method to investigate the pressure wave in the time domain is the wave intensity analysis which is based on wavelet transform [8]. These methods do not necessarily convey a physical understanding of the cardiovascular system.

The IF algorithm presented in [31] is analyzing a pulse waveform through a direct time-frequency signal processing machinery setting, from a quantitative perspective. Although, in previous work [26], we tried to qualitatively express a systems approach to the IF formulation, the quantitative
picture has not yet been clear. However, in this article, we show this connection from a quantitative perspective.

2.2. IF Formulation. In the IF method, the aortic pressure waveform at time \( t \in [0, T) \), for a cardiac period \( T \), can be represented as

\[
S(a_i, b_i, \bar{p}, \omega_i; t) = (a_1 \cos \omega_1 t + b_1 \sin \omega_1 t + \bar{p}) 1_{[0,T_0)}(t) + (a_2 \cos \omega_2 t + b_2 \sin \omega_2 t + \bar{p}) 1_{[T_0,T)}(t),
\]

with a continuity condition at \( T_0 \) and periodicity at \( T \). In this formulation, the indicator function is defined as

\[
1_{[x,y)}(t) = \begin{cases} 
1, & x \leq t < y, \\
0, & \text{else}.
\end{cases}
\]

Here, \( a_1, b_1, a_2 \) and \( b_2 \) are the envelopes of the IF model fit. \( \omega_1 \) and \( \omega_2 \) are the Intrinsic Frequencies (IFs) of the waveform. Further, \( \bar{p} \) is the mean pressure during the cardiac cycle. This type of formulation embeds the coupling and decoupling of heart and aorta.

The goal of the IF model (2.1) is to extract a fit, called Intrinsic Mode Function (IMF), that carries most of the energy (information) from an observed pressure waveform \( f(t) \) in one period. The latter is done by solving the following optimization problem [31]:

\[
\begin{align*}
\text{minimize} & \quad \| f(t) - S(a_i, b_i, \bar{p}, \omega_i; t) \|^2_2 \\
\text{subject to} & \quad a_1 \cos \omega_1 T_0 + b_1 \sin \omega_1 T_0 = a_2 \cos \omega_2 T_0 + b_2 \sin \omega_2 T_0,
\end{align*}
\]

Here, \( \| \cdot \|^2_2 \) is the \( L^2 \)-norm. The first linear condition in this optimization enforces the continuity of the extracted IMF at the dicrotic notch. The second one imposes the periodicity. The mathematical convergence and accuracy of the IF algorithm have been explained in a previous work [31]. In the next sections, we explore the foundation of the IF algorithm and propose a faster IF algorithm.
3. Approximate Derivation of the IF Model

As mentioned earlier, in a previous work [26], we tried to express a systems approach to the IF formulation qualitatively. However, in this article, we show this connection from a quantitative perspective. This section is devoted to this purpose.

In this paper, we assume that the Left Ventricle (LV), the aortic valve, aorta and the arterial system can be represented by a simplified model as shown in Figure 1. Here, the LV and the aortic valve are assumed to be the boundary condition at the entrance of the aortic tube and the arterial system is the terminal boundary condition of the aortic tube. The boundary condition at the entrance of the aortic tube changes from an LV boundary condition to a closed valve boundary condition, at the dicrotic notch time $T_0$ during a cardiac cycle $[0, T]$. We further assume that blood is a Newtonian incompressible fluid, the aorta is a straight and sufficiently long elastic tube with a constant circular cross section and there is no external force causing flow rotation. These assumptions are not all satisfied in a real cardiovascular system. However, they are useful in estimating the general behavior of blood in aorta.

Combining the Navier-Stokes equations and continuity with the elasticity equation, we can drive a model for the flow $Q(x,t)$ and the pressure $P(x,t)$ along the length $x$ of an aorta as follow

\begin{equation}
\frac{\partial P}{\partial x}(x,t) = L \frac{\partial Q}{\partial t}(x,t) + RQ(x,t),
\end{equation}

\begin{equation}
- \frac{\partial Q}{\partial x}(x,t) = C \frac{\partial P}{\partial t}(x,t).
\end{equation}

The step by step derivation of these equations is presented in Appendix A. Parameters $L$, $R$, and $C$ represent inductance, resistance, and compliance of the blood in aorta. Here, $0 \leq x \leq h$, where $h$ represents the aortic length. This model has also been discussed and simulated numerically in [3] with a complex set of boundary conditions. Here, our main concentration will be on the aortic tube oscillatory waveform solutions. Next, we will show that we can derive (2.1) from (3.1) and (3.2).
Since the input to the IF model (2.1) is a pressure waveform, we need to extract an equation for the pressure \( P(x,t) \) from Equations (3.1) and (3.2) by eliminating the flow. Combining Equations (3.1) and (3.2) results in

\[
CL \frac{\partial^2 P}{\partial t^2}(x,t) + CR \frac{\partial P}{\partial t}(x,t) = \frac{\partial^2 P}{\partial x^2}(x,t).
\]

Taking \( P(x,t) = K(t)p(x,t) + \bar{p} \), with \( \bar{p} \) as the the mean pressure, we can write equation (3.3) as

\[
\left( CL \ddot{K}(t) + CR \dot{K}(t) \right) p(x,t) + \left( 2CL \dot{K}(t) + CRK(t) \right) \frac{\partial p}{\partial t}(x,t) + CLK(t) \frac{\partial^2 p}{\partial x^2}(x,t) = K(t) \frac{\partial^2 p}{\partial x^2}(x,t).
\]

Here, we have used the dot notation to represent the time derivative. We can simplify the term in front of \( \frac{\partial p}{\partial t}(x,t) \), in (3.4), by setting \( 2CL \dot{K}(t) + CRK(t) = 0 \). The latter has a solution \( K(t) = Ke^{-\frac{t}{2L}} \) for some constant \( K \). This reduces Equation (3.4) into

\[
CL \frac{\partial^2 p}{\partial t^2}(x,t) - \frac{CR^2}{4L} p(x,t) = \frac{\partial^2 p}{\partial x^2}(x,t).
\]

The solution of Equation (3.5) can be expressed in terms of eigenfunctions. In other words, using the method of separation of the variables, one can express the solution of Equation (3.5) as

\[
p(x,t) = \sum_{n=1}^{\infty} T_n(t) X_n(x)
\]

for

\[
T_n(t) = \alpha_n \sin(\omega_n t) + \beta_n \cos(\omega_n t),
\]

\[
X_n(x) = \zeta_n \sin\left(\sqrt{CL(\omega_n)^2 - \frac{CR^2}{4L}} x\right) + \eta_n \cos\left(\sqrt{CL(\omega_n)^2 - \frac{CR^2}{4L}} x\right),
\]
and some constants $\alpha_n$, $\beta_n$, $\zeta_n$ and $\eta_n$. As a result, the solution of (3.3) can be expressed as

$$
\begin{align*}
P(x, t) &= \bar{p} + Ke^{-\frac{R^2}{4L}t} \sum_{n=1}^{\infty} \left\{ (\alpha_n \sin(\omega_n t) + \beta_n \cos(\omega_n t)) \ight. \\
&\quad \left. \left( \zeta_n \sin\left(\sqrt{CL(\omega_n)^2 - \frac{CR^2}{4L}x}\right) + \eta_n \cos\left(\sqrt{CL(\omega_n)^2 - \frac{CR^2}{4L}x}\right) \right) \right\}.
\end{align*}
$$

(3.9)

The variables $\omega_n$ can be expressed based on the boundary conditions of the aortic tube. We need to emphasize that for a period of the cardiac cycle $[0, T)$, the boundary conditions change before and after the dicrotic notch $T_0$. Hence, for $t \in [0, T)$, Equation (3.9) can be written as

$$
\begin{align*}
P(x, t) &= \bar{p} + 1_{[0,T_0)} (t) K^1 e^{-\frac{R^2}{4L}t} \sum_{n=1}^{\infty} \left\{ (\alpha_n^1 \sin(\omega_n^1 t) + \beta_n^1 \cos(\omega_n^1 t)) \ight. \\
&\quad \left. \left( \zeta_n^1 \sin\left(\sqrt{CL(\omega_n^1)^2 - \frac{CR^2}{4L}x}\right) + \eta_n^1 \cos\left(\sqrt{CL(\omega_n^1)^2 - \frac{CR^2}{4L}x}\right) \right) \right\} \\
&\quad + 1_{[T_0,T)} (t) K^2 e^{-\frac{R^2}{4L}t} \sum_{n=1}^{\infty} \left\{ (\alpha_n^2 \sin(\omega_n^2 t) + \beta_n^2 \cos(\omega_n^2 t)) \ight. \\
&\quad \left. \left( \zeta_n^2 \sin\left(\sqrt{CL(\omega_n^2)^2 - \frac{CR^2}{4L}x}\right) + \eta_n^2 \cos\left(\sqrt{CL(\omega_n^2)^2 - \frac{CR^2}{4L}x}\right) \right) \right\}.
\end{align*}
$$

(3.10)

Here, the superscripts indicated with “1” belong to the form of the solution before the closure of the aortic valve, and the superscripts indicated with “2” belong to the form of the solution after the closure of the aortic valve. Constants $K^1$, $\alpha_n^1$, $\beta_n^1$, $\zeta_n^1$, $\eta_n^1$ and $\omega_n^1$ are found from the boundary and initial conditions at systole. Similarly, constants $K^2$, $\alpha_n^2$, $\beta_n^2$, $\zeta_n^2$, $\eta_n^2$ and $\omega_n^2$ are found from the boundary and initial conditions at diastole.

Equation (3.10) is explicitly showing the coupling and decoupling of heart and aorta before and after the dicrotic notch. As the boundary conditions change during a cardiac cycle, the frequencies of oscillation also change from $\omega_n^1$ to $\omega_n^2$. Generally, Equation (3.9) can represent pressure waveform for a Newtonian incompressible fluid in a straight and sufficiently long elastic tube with constant circular cross section.
If the pressure is recorded at a specific point $x_0$ on aorta, the terms containing the spacial variable $x$ would be fixed. In other words, Equation (3.10) would reduce to

\[ P(x = x_0, t) = \tilde{p} \]

\[ + \left\{ K^1 e^{-\frac{R^2}{4L} t} \sum_{n=1}^{\infty} \kappa_n^1 \left( \alpha_n^1 \sin \left( \omega_n^1 t \right) + \beta_n^1 \cos \left( \omega_n^1 t \right) \right) \right\} 1_{[0,T_0)}(t) \]

\[ + \left\{ K^2 e^{-\frac{R^2}{4L} t} \sum_{n=1}^{\infty} \kappa_n^2 \left( \alpha_n^2 \sin \left( \omega_n^2 t \right) + \beta_n^2 \cos \left( \omega_n^2 t \right) \right) \right\} 1_{[T_0,T)}(t), \]

for

\[ \kappa_n^1 = \zeta_n^1 \sin \left( \sqrt{CL (\omega_n^1)^2 - \frac{CR^2}{4L}} x_0 \right) + \eta_n^1 \cos \left( \sqrt{CL (\omega_n^1)^2 - \frac{CR^2}{4L}} x_0 \right) \]

and

\[ \kappa_n^2 = \zeta_n^2 \sin \left( \sqrt{CL (\omega_n^2)^2 - \frac{CR^2}{4L}} x_0 \right) + \eta_n^2 \cos \left( \sqrt{CL (\omega_n^2)^2 - \frac{CR^2}{4L}} x_0 \right). \]

Now, considering that the cardiac cycle length would be around 1.5 sec, at most, and taking into account that $R$ is smaller than $L$ [3], one can use the approximation $e^{-\frac{R^2}{4L} t} \approx 1$. Hence, Equation (3.11) would become

\[ P(x = x_0, t) \approx \tilde{p} \]

\[ + \left\{ K^1 \sum_{n=1}^{\infty} \kappa_n^1 \left( \alpha_n^1 \sin \left( \omega_n^1 t \right) + \beta_n^1 \cos \left( \omega_n^1 t \right) \right) \right\} 1_{[0,T_0)}(t) \]

\[ + \left\{ K^2 \sum_{n=1}^{\infty} \kappa_n^2 \left( \alpha_n^2 \sin \left( \omega_n^2 t \right) + \beta_n^2 \cos \left( \omega_n^2 t \right) \right) \right\} 1_{[T_0,T)}(t). \]

Further, if most of the information, or energy, is carried out by the first terms in the series of the solution, we can further write the approximated solution (3.12) as

\[ P(x = x_0, t) \approx \tilde{p} \]

\[ + \left\{ K^1 \kappa_1^1 \left( \alpha_1^1 \sin \left( \omega_1^1 t \right) + \beta_1^1 \cos \left( \omega_1^1 t \right) \right) \right\} 1_{[0,T_0)}(t) \]

\[ + \left\{ K^2 \kappa_2^1 \left( \alpha_1^2 \sin \left( \omega_1^2 t \right) + \beta_1^2 \cos \left( \omega_1^2 t \right) \right) \right\} 1_{[T_0,T)}(t). \]

Now, by relabeling

\[ b_1 = K^1 \kappa_1^1 \alpha_1^1, \]

\[ a_1 = K^1 \kappa_1^1 \beta_1^1, \]

\[ b_2 = K^2 \kappa_1^2 \alpha_1^2, \]
\[ a_2 = K^2 \kappa_1^2 \beta_1^2, \]
\[ \omega_1 = \omega_1^1, \]
\[ \omega_2 = \omega_1^2, \]

we can approximate the IF model (2.1). The continuity and periodicity conditions (2.3) can also be approximated if we hold the assumption that most of the energy is carried out by the first terms in the series of the solution (3.12).

In short, in this section, we have presented an approximate quantitative justification on the origins of the IF method. In the next section, we move on with the analysis of the optimization problem (2.2) subject to (2.3).

4. Analysis of The IF Algorithm

Practically, one must solve the discrete version of (2.2). We assume that the pressure waveform \( f(t) \) is sampled uniformly. Also, we can simplify (2.2) by the fact that any sinusoid can be assumed to start from time \( t = 0 \) with a compensation coming from a phase shift. In other words, any sinusoid can be expressed as \( A \cos \omega t + B \sin \omega t \), irrespective of whether the initial time is \( t = 0 \) or \( t = T_0 \). Hence, the discrete format of (2.2) can be expressed as

\[
\begin{align*}
\text{minimize} & \quad \| f - S(a_i, b_i, \bar{p}, \omega_i; t) \|^2_2 \\
\text{subject to} & \quad a_1 \cos \omega_1 T_0 + b_1 \sin \omega_1 T_0 = a_2, \\
& \quad a_1 = a_2 \cos \omega_2 (T - T_0) + b_2 \sin \omega_2 (T - T_0),
\end{align*}
\]

for \( f = (f_1, \ldots, f_{n+m})' \) as the uniform sampling of the original cycle. Here, by taking

\[
t = (t_1', t_2')' = (t_1^1, t_2^1, \ldots, t_n^1, t_1^2, t_2^2, \ldots, t_m^2)' \in \mathbb{R}^{(n+m) \times 1}
\]
for \( \mathbf{t}_1 = (0, \Delta t, 2\Delta t, \ldots, T_0)' \in \mathbb{R}^{n \times 1} \) and \( \mathbf{t}_2 = (\Delta t, 2\Delta t, \ldots, T - T_0)' \in \mathbb{R}^{m \times 1} \), we have the discrete form of \( S(a_i, b_i, \bar{p}, \omega_i; t) \) as

\[
S(a_i, b_i, \bar{p}, \omega_i; t) = \left( \begin{array}{c} a_1 \cos \omega_1 t_1 + b_1 \sin \omega_1 t_1 \\ a_2 \cos \omega_2 t_2 + b_2 \sin \omega_2 t_2 \end{array} \right) + \bar{p}1.
\]

In this article, \((\cdot)'\) denotes the transpose operator and the vector \( \mathbf{1} = (1, 1, \ldots, 1)' \in \mathbb{R}^{(n+m) \times 1} \). Also,

\[
\begin{align*}
\cos \omega_1 t_1 &= (\cos \omega_1 t_1^1, \ldots, \cos \omega_1 t_1^n)', \\
\sin \omega_1 t_1 &= (\sin \omega_1 t_1^1, \ldots, \sin \omega_1 t_1^n)', \\
\cos \omega_2 t_2 &= (\cos \omega_2 t_2^1, \ldots, \cos \omega_2 t_2^m)', \\
\sin \omega_2 t_2 &= (\sin \omega_2 t_2^1, \ldots, \sin \omega_2 t_2^m)'.
\end{align*}
\]

The constraints, in (4.1), can be written as

\[
\begin{pmatrix}
cos \omega_1 T_0 & -1 & \sin \omega_1 T_0 & 0 \\
1 & -\cos \omega_2 (T - T_0) & 0 & -\sin \omega_2 (T - T_0)
\end{pmatrix}
\begin{pmatrix}
a_1 \\
a_2 \\
b_1 \\
b_2
\end{pmatrix}
= \begin{pmatrix} 0 \\ 0 \end{pmatrix}.
\]

If we can solve for two, out of four, unknowns in (4.5), we would make (4.1) an unconstrained optimization. However, it is important to check whether the matrix in (4.5) is of full rank or not. In fact, the rows of this matrix are linearly independent except when

\[
\cos \omega_1 T_0 \cos \omega_2 (T - T_0) = 1.
\]

This will lead into two cases:

1. **Degenerate Case** in which Equation (4.6) holds,
2. **General Case** in which, it does not.

4.1. **General Case** \((\cos \omega_1 T_0 \cos \omega_2 (T - T_0) \neq 1)\). One can solve the constraints in (4.1) for \(a_1\) and \(a_2\) to obtain

\[
a_1 = \frac{b_1 \sin \omega_1 T_0 \cos \omega_2 (T - T_0) + b_2 \sin \omega_2 (T - T_0)}{1 - \cos \omega_1 T_0 \cos \omega_2 (T - T_0)},
\]
\( a_2 = \frac{b_1 \sin \omega_1 T_0 + b_2 \cos \omega_1 T_0 \sin \omega_2 (T - T_0)}{1 - \cos \omega_1 T_0 \cos \omega_2 (T - T_0)}. \)

Equations (4.7) and (4.8) would then simplify (4.3) into

\[
S(\omega_1, \omega_1, b_1, b_2; t) = Q(\omega_1, \omega_1, b_1, b_2; t) + \bar{p}\mathbf{1},
\]

where \( Q(\omega_1, \omega_1, b_1, b_2; t) = b_1 v_1(\omega_1, \omega_2; t) + b_2 v_2(\omega_1, \omega_2; t) \) for

\[
v_1(\omega_1, \omega_2; t) = \begin{pmatrix}
\frac{\sin \omega_1 T_0 \cos \omega_2 (T - T_0)}{1 - \cos \omega_1 T_0 \cos \omega_2 (T - T_0)} \cos \omega_1 t_1 + \sin \omega_1 t_1 \\
\frac{\sin \omega_1 T_0}{1 - \cos \omega_1 T_0 \cos \omega_2 (T - T_0)} \cos \omega_2 t_2
\end{pmatrix},
\]

and

\[
v_2(\omega_1, \omega_2; t) = \begin{pmatrix}
\frac{\sin \omega_2 (T - T_0)}{1 - \cos \omega_1 T_0 \cos \omega_2 (T - T_0)} \cos \omega_1 t_1 \\
\frac{\cos \omega_1 T_0 \sin \omega_2 (T - T_0)}{1 - \cos \omega_1 T_0 \cos \omega_2 (T - T_0)} \cos \omega_2 t_2 + \sin \omega_2 t_2
\end{pmatrix}.
\]

Using Equations (4.9)-(4.11), and dropping the dependencies in notation, simplifies (4.1) into

\[
\text{minimize}_{\omega_1, \omega_2, b_1, b_2, \bar{p}} \|Q + \bar{p}\mathbf{1} - f\|^2_2.
\]

This simplification has helped to eliminate the constraints in the optimization problem (4.1).

The minimization problem (4.12) is non-convex and non-linear in its parameters. So, in order to be able to solve the problem, we can use the fact that the minimum of a function can first be found over some variables and then over the remaining ones [7]. In other words, the optimization problem in (4.12) can be written as

\[
\text{minimize}_{\omega_1, \omega_2, b_1, b_2, \bar{p}} \left( \text{minimize}_{b_1, b_2, \bar{p}} \|Q + \bar{p}\mathbf{1} - f\|^2_2 \right).
\]

We call the inner optimization in (4.13) as \( P(\omega_1, \omega_2) \). Solving for \( P(\omega_1, \omega_2) \) is a classical least squares problem. The solution existence and uniqueness of this optimization is mentioned in our previous work [31]. To find the exact solution we simplify the objective function as

\[
\|Q + \bar{p}\mathbf{1} - f\|^2_2 = (Q + \bar{p}\mathbf{1} - f)'(Q + \bar{p}\mathbf{1} - f) = Q'Q + 2\bar{p}Q'\mathbf{1} - 2Q'f - 2\bar{p}f'\mathbf{1} + \bar{p}\mathbf{1}'\mathbf{1} + f'f.
\]
Substituting for $Q = b_1v_1 + b_2v_2$, we convert (4.14) into

$$\|Q + \bar{p}1 - f\|_2^2 = b_1^2v_1^2 + 2b_1b_2v_1v_2 + b_2^2v_2^2 + 2\bar{p}b_1v_1 + 2\bar{p}b_2v_2$$

$$-2b_1v_1f - 2b_2v_2f = 2\bar{p}^21^1 + f'f.$$

Since, in this part of the optimization, the values of $\omega_1$ and $\omega_2$ are fixed, we can find the optimal values of $b_1$, $b_2$, and $\bar{p}$ by setting the partial derivatives of (4.15) equal to zero. In other words, we set

$$\frac{\partial (\|Q + \bar{p}1 - f\|_2^2)}{\partial b_1} = 0, \quad \frac{\partial (\|Q + \bar{p}1 - f\|_2^2)}{\partial b_2} = 0, \quad \frac{\partial (\|Q + \bar{p}1 - f\|_2^2)}{\partial \bar{p}} = 0.$$

Doing this, we find the optimal solution for $b_1$, $b_2$, and $\bar{p}$, by

$$
\begin{pmatrix}
  b_1^*(\omega_1, \omega_2) \\
  b_2^*(\omega_1, \omega_2) \\
  \bar{p}^*(\omega_1, \omega_2)
\end{pmatrix} =
\begin{pmatrix}
  v_1'v_1 & v_1'v_2 & v_1'1 \\
  v_2'v_2 & v_2'v_2 & v_2'1 \\
  1'v_1 & 1'v_2 & 1'1
\end{pmatrix}^{-1}
\begin{pmatrix}
  v_1'f \\
  v_2'f \\
  1'f
\end{pmatrix}.
$$

Here, we have fulfilled the optimization part by solving a linear system. This could potentially accelerate the IF algorithm. Finally, we only have to solve a minimization on

$$P(\omega_1, \omega_2) = \|Q(\omega_1, \omega_2, b_1^*(\omega_1, \omega_2), b_2^*(\omega_1, \omega_2); t) + \bar{p}^*(\omega_1, \omega_2)1 - f\|_2^2,$$

which is

$$\min_{\omega_1, \omega_2} P(\omega_1, \omega_2).$$

We note that a property of the function $P(\omega_1, \omega_2)$ is its differentiability, away from its singularities. In fact, by definition, the function $\|Q + \bar{p}1 - f\|_2^2$ is directionally differentiable with respect to all its variables. Hence, using the results in [3, 28], we can deduce that

$$P(\omega_1, \omega_2) = \min_{b_1, b_2, \bar{p}} \|Q + \bar{p}1 - f\|_2^2$$

is directionally differentiable with respect to $\omega_1$ and $\omega_2$. This property can be exploited if one tries to solve (4.18) using a gradient based optimization method [1].

4.2. Degenerate Case ($\cos \omega_1 T_0 \cos \omega_2 (T - T_0) = 1$). The solution of (4.16) can be expressed as nodes of a lattice $\mathcal{N}$ in $\omega_1\omega_2$ plane. To be more specific, we have

$$\mathcal{N} = \Gamma_1 \cup \Gamma_2,$$

$$\Gamma_1 = \{ \omega_1 \}_{\omega_1 = 0}^{\omega_1 = T_0},$$

$$\Gamma_2 = \{ \omega_2 \}_{\omega_2 = 0}^{\omega_2 = T_0}.$$
where

\[(4.21) \quad \Gamma_1 = \{(\omega_1, \omega_2) | \omega_1 T_0 = (2k_1 + 1) \pi, \omega_2 (T - T_0) = (2k_2 + 1) \pi, k_1, k_2 \in \mathbb{Z}\}, \]

and

\[(4.22) \quad \Gamma_2 = \{(\omega_1, \omega_2) | \omega_1 T_0 = 2k_1 \pi, \omega_2 (T - T_0) = 2k_2 \pi, k_1, k_2 \in \mathbb{Z}\}. \]

If \((\omega_1, \omega_2) \in \Gamma_1\), from \((4.5)\) we have

\[a_1 = -a_2.\]

On the other hand, if \((\omega_1, \omega_2) \in \Gamma_2\), from \((4.5)\) we have

\[a_1 = a_2.\]

In both of these cases, we can express \((4.3)\) as

\[(4.23) \quad S(\omega_1, \omega_1, a_1, b_1, b_2; t) = Q(\omega_1, \omega_1, a_1, b_1, b_2; t) + \bar{p} l,\]

where

\[Q(\omega_1, \omega_1, a_1, b_1, b_2; t) = a_1 w_{\Gamma_1}^0 (\omega_1, \omega_2; t) + b_1 w_1 (\omega_1, \omega_2; t) + b_2 w_2 (\omega_1, \omega_2; t), \text{ for } i = 1, 2.\]

If \((\omega_1, \omega_2) \in \Gamma_1,\)

\[(4.24) \quad w_{\Gamma_1}^0 = \begin{pmatrix} \cos \omega_1 t_1 \\ -\cos \omega_2 t_2 \end{pmatrix}. \]

Similarly, if \((\omega_1, \omega_2) \in \Gamma_2,\) we have

\[(4.25) \quad w_{\Gamma_2}^0 = \begin{pmatrix} \cos \omega_1 t_1 \\ \cos \omega_2 t_2 \end{pmatrix}. \]

In both of the cases, we have

\[(4.26) \quad w_1 = \begin{pmatrix} \sin \omega_1 t_1 \\ 0_1 \end{pmatrix}, \]

and

\[(4.27) \quad w_2 = \begin{pmatrix} 0_2 \\ \sin \omega_2 t_2 \end{pmatrix}. \]

Here, \(0_1\) and \(0_2\) are zero vectors in \(\mathbb{R}^{m \times 1}\) and \(\mathbb{R}^{n \times 1}\), respectively. It is clear, from \((4.26)\) and \((4.27)\), that \(w_1 w_2 = w_2 w_1 = 0\). Using \((4.23)\), and a similar approach we employed in \((4.15)\) and \((4.16)\).
we find the optimal solution for \( a_1, b_1, b_2, \) and \( \tilde{p} \), by

\[
(4.28) \quad \begin{pmatrix} a_{1,i}^* (\omega_1, \omega_2) \\ b_{1,i}^* (\omega_1, \omega_2) \\ b_{2,i}^* (\omega_1, \omega_2) \\ \tilde{p}_{i}^* (\omega_1, \omega_2) \end{pmatrix} = \begin{pmatrix} (w_0^R_i)^T & w_0^R_i & w_1 & (w_0^R_i)^T & w_2 & (w_0^R_i)^T \\ (w_0^R_i)^T & w_1 & w_1 & 0 & w_1^T & w_1 \\ (w_0^R_i)^T & 0 & w_2^T & w_2 & w_2^T & w_2 \\ (w_0^R_i)^T & 1 & w_1^T & w_2^T & 1^T & 1^T \end{pmatrix}^{-1} \begin{pmatrix} (w_0^R_i)^T \bar{f} \\ w_1^T \bar{f} \\ w_2^T \bar{f} \end{pmatrix},
\]

for \( i = 1, 2 \). Hence, similar to (4.17), for \((\omega_1, \omega_2) \in \Gamma_1 \) or \((\omega_1, \omega_2) \in \Gamma_2 \), we only have to solve a minimization on

\[
(4.29) \quad P(\omega_1, \omega_2) = \| Q (\omega_1, \omega_1, a_{1,i}^* (\omega_1, \omega_2), b_{1,i}^* (\omega_1, \omega_2), b_{2,i}^* (\omega_1, \omega_2); \bar{t}) + \tilde{p}_{i}^* (\omega_1, \omega_2) \bar{1} - \bar{f} \|_2^2.
\]

Note that, from a machine learning perspective, the nodes specified in (4.20) do not have important information physiologically as they could be inferred from the systolic and diastolic parts of a waveform alone. In other words, even if these points present a global minima, they are not informative as we already know the systolic and diastolic inverses, \( \frac{1}{T_0} \) and \( \frac{1}{T_f - T_0} \) respectively, as possible inputs to any machine learning algorithm. Hence, these points could possibly be ignored in a search for an optimum point of (4.1).

5. Fast IF Algorithms

In this section, we present a fast IF algorithm which is based on the results presented in the previous section and the topology of the solution space for \( P(\omega_1, \omega_2) \). In order to keep the fluency of this section, we mention the original IF algorithm (see Algorithm 1) as presented in [31].

Algorithm 1 has three major steps. In the first step, the \((\omega_1, \omega_2)\) domain

\[
(5.1) \quad D_{fr} = \{ (\omega_1, \omega_2) | 0 < \omega_1 \leq C, \; 0 < \omega_2 \leq C \}
\]

is made discrete, namely \( D_{fr} \). The second step is a minimization to find \( P(\omega_1, \omega_2) \), see (4.18). The final step is a brute-force search on \( D_{fr} \) to find the minimum of \( P(\omega_1, \omega_2) \).

All three steps can be optimized to make the IF algorithm faster. Regarding the domain of optimization \( D_{fr} \), defined in (5.1), we know from our previous work in [25] that the average IF solution,
for a physiological pulse waveform recording, is confined to a smaller domain $D$ expressed as

$$(5.2) \quad D = \{ (\omega_1, \omega_2) \mid 0.5 \leq \frac{\omega_1 T_0}{\pi} \leq 1.5, 0.5 \leq \frac{\omega_2 (T - T_0)}{\pi} \leq 3 \}. $$

This will make the first step search area more well-defined and optimized. In the previous section, we have been able to find some analytic solutions (see (4.16)) for the inner optimization part of problem (4.13). This will help us to substitute an analytic solution instead of an iterative [11] or QR decomposition [32] solution for (5.3). Finally, the brute-force part can be substituted with an appropriate direct search algorithm [17], e.g. pattern search algorithm [16]. It can even be substituted with an appropriate gradient based algorithm [4, 7], e.g. gradient descent, as we know the differentiability of $P(\omega_1, \omega_2)$.

**Algorithm 1** Intrinsic Frequency

1. Make $D_{fr}$ discrete for a uniform $r \times r$ mesh $D_{fr}$, $r \in \mathbb{N}$,

$$(\omega_{l}^{f}, \omega_{m}^{f}) \mid \omega_1 = \frac{l}{r} C, \omega_2 = \frac{m}{r} C; \ l, m \in \{0,1,\ldots,r\} .$$

2. Solve

$$(5.3) \quad \sum_{j=1}^{n} (f(t_j) - S(a_i, b_i, \bar{p}, \omega_{l}^{f}, \omega_{m}^{f}; t_j))^2$$

subject to

$$a_1 \cos \omega_1 T_0 + b_1 \sin \omega_1 T_0 = a_2 \cos \omega_2 T_0 + b_2 \sin \omega_2 T_0$$

and store $P(\omega_{l}^{f}, \omega_{m}^{f}) = \sum_{j=1}^{n} (f(t_j) - S(a_i^*, b_i^*, \bar{p}^*, \omega_{l}^{f}, \omega_{m}^{f}; t_j))^2$ for minimizers $a_i^*, b_i^*, \bar{p}^*$.

3. Find the intrinsic frequencies (IFs)

$$\left(\omega_{1}^{*} , \omega_{2}^{*} \right) = \arg \min_{l,m} \left(P(\omega_{l}^{f}, \omega_{m}^{f})\right) .$$

Before moving on, we show the topology of the $P(\omega_1, \omega_2)$ function and also its minima locations in $\omega_1$ and $\omega_2$ space. These will provide useful insights on where to set the initialization point(s) of a possible fast IF algorithm. The data description is provided in the next section. In Figures 2 and 3, we have presented two different dog aortic pressure cycles with the IMF extracted by the means of the brute-force IF Algorithm [11]. Figures 2 and 3, top right, show the heat-map plots of $P \left(\frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T - T_0)}{\pi}\right)$. The complex nature of $P(\omega_1, \omega_2)$ can be seen in these figures. We purposefully plotted $P$ in the dimensionless coordinates $\frac{\omega_1 T_0}{\pi}$ and $\frac{\omega_2 (T - T_0)}{\pi}$ to show the behavior of this function with respect to the lattice node locations $\mathcal{N}$ defined in (4.20)-(4.22). To have a better view and understanding of the $P(\omega_1, \omega_2)$ topology, a contour of $P \left(\frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T - T_0)}{\pi}\right)$ is shown in those figures.
The general topology of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2(T-T_0)}{\pi} \right)$, for all aortic or carotid pulse waveforms, is similar to the ones presented in Figures 2 and 3. However, the location of the minimizer is not similar.

Our investigations show that the locations of the minimizers of all $P$ functions construct two different areas in the dimensionless coordinates $\frac{\omega_1 T_0}{\pi}$ and $\frac{\omega_2(T-T_0)}{\pi}$. We call these areas as the upper lobe and lower lobe. The upper lobe is an area, in $D$, confined above the line $\frac{\omega_2(T-T_0)}{\pi} = 1$. The lower lobe is an area, in $D$, confined below the line $\frac{\omega_2(T-T_0)}{\pi} = 1$. This is also the case for human subject data [25]. This type of topology suggests two critical initial guess areas for any non-brute-force algorithm solving (4.1): one set of points in the upper lobe, the other in the lower. In the remaining part of this section, we introduce a fast IF algorithm based on the pattern search method [17].

5.1. Pattern Search IF. The pattern search algorithm (or sometimes called the compass search algorithm) is explained in detail in [17]. For completeness, we have summarized the pattern search algorithm in Algorithm 2. The convergence analysis of this method is expressed in [17].

\begin{algorithm}
\caption{Pattern Search [17]}
\textbf{Initialization.}
Let $f : \mathbb{R}^n \rightarrow \mathbb{R}$ be given.
Let $x_0 \in \mathbb{R}^n$ be the initial guess.
Let $\Delta_{tol} > 0$ be the tolerance used to test for convergence.
Let $\Delta_0 > \Delta_{tol}$ be the initial value of the step length control parameter.

\textbf{Algorithm.} For each iteration $k = 1, 2, \ldots$
\textbf{Step 1.} Let $D_{\oplus}$ be the set of coordinate directions $\{ \pm e_i \mid i = 1, \ldots, n \}$, where $e_i$ is the $i$th unit coordinate vector in $\mathbb{R}^n$.
\textbf{Step 2.} If there exists $d_k \in D_{\oplus}$ such that $f(x_k + \Delta_k d_k) < f(x_k)$, then do the following:
- Set $x_{k+1} = x_k + \Delta_k d_k$.
- Set $\Delta_{k+1} = \Delta_k$.
\textbf{Step 3.} Otherwise, $f(x_k + \Delta_k d_k) \geq f(x_k)$ for all $d_k \in D_{\oplus}$, so do the following:
- Set $x_{k+1} = x_k$.
- Set $\Delta_{k+1} = \frac{1}{2} \Delta_k$.
- If $\Delta_{k+1} < \Delta_{tol}$, then terminate.
\end{algorithm}

The fast IF algorithm, without considering the nodes (4.20), is expressed in Algorithm 3. As mentioned before, what makes Algorithm 3 fast is embedded in three different objects:

1. The initial guess set up in the initialization part of the algorithm.
2. The fast analytic solution at each point iteration defined by (4.17) and (4.16).
3. The pattern search part which is a substitute for the brute force algorithm.
Figure 2, bottom right, shows the results of Algorithm 3. In this figure, when using Algorithm 3, we have used two initial guesses \( \left( \frac{\omega_1 T_0}{\pi} = 1, \frac{\omega_2 (T - T_0)}{\pi} = 2 \right) \) and \( \left( \frac{\omega_1 T_0}{\pi} = 1, \frac{\omega_2 (T - T_0)}{\pi} = 0.9 \right) \). As depicted on the figure, the initial guess located in the upper lobe has converged towards the true minimizer in \( D \). On a PC having 8 threads, Intel® Core™ i7-4700MQ CPU @ 2.40GHz × 8, running a Matlab implementation of the brute-force Algorithm 1 in parallel takes roughly 85 seconds. On the other hand, achieving the same minimizer, using a sequential version of the fast Algorithm 3, takes approximately 0.5 seconds.

The same test was done for another aortic cycle presented in Figure 3. We used the same initial guesses as before. This time, on the same PC, using the same implementations, the brute-force Algorithm 1 took roughly 80 seconds and the fast Algorithm 3 took approximately 0.5 seconds. These two examples show a speed up of almost 160 times. In the next section we present more about the statistical accuracy of Algorithm 3 and its physiological capabilities.

---

**Algorithm 3 Fast IF**

**Initialization.**

Let \( f \in \mathbb{R}^{n+m} \) be a given discrete aortic/carotid signal with specified \( T_0 \) and \( T - T_0 \).

Let \( D = \left\{ (\omega_1, \omega_2) \mid 0.5 \leq \frac{\omega_1 T_0}{\pi} \leq 1.5, 0.5 \leq \frac{\omega_2 (T - T_0)}{\pi} \leq 3 \right\} \).

Let \( G = \bigcup_{l=1}^{M} \{ (\omega_1, \omega_2) \mid \in D \} \) be the set of \( M \) random initial guesses excluding the nodes (4.20).

Let \( \Delta \omega_{tol} > 0 \) be the convergence tolerance.

Let \( \Delta \omega_0 > \Delta \omega_{tol} \) be the initial step length.

Let \( \tilde{\omega}^k = (\omega_1^k, \omega_2^k) \) and

\[
P \left( \tilde{\omega}^k \right) = \left\| Q \left( \tilde{\omega}^k, b_1^* \left( \tilde{\omega}^k \right), b_2^* \left( \tilde{\omega}^k \right), t \right) + p^* \left( \tilde{\omega}^k \right) - f \right\|_2^2
\]

for the \( k \)th iteration, defined by (4.17), which is solved using (4.16).

Let \( D_\oplus = \{ \pm e_j \mid j = 1, 2 \} \), where \( e_j \) is the \( j \)th unit coordinate vector in \( \mathbb{R}^2 \).

**Algorithm.** For each initial guess \( \tilde{\omega}^i \in G \), \( i = 1, \ldots, M \), and for each iteration \( k_i = 0, 1, \ldots \)

**Step 1.** If there exists \( d_{k_i} \in D_\oplus \) such that \( P \left( \tilde{\omega}^{k_i} + \Delta \omega_{k_i} d_{k_i} \right) < P \left( \tilde{\omega}^{k_i} \right) \), then:

- \( \tilde{\omega}^{k_i+1} = \tilde{\omega}^{k_i} + \Delta \omega_{k_i} d_{k_i} \).
- \( \Delta \omega_{k_i+1} = \Delta \omega_{k_i} \).

**Step 2.** Otherwise, if \( P \left( \tilde{\omega}^{k_i} + \Delta \omega_{k_i} d_{k_i} \right) \geq P \left( \tilde{\omega}^{k_i} \right) \) for all \( d_{k_i} \in D_\oplus \), then:

- \( \tilde{\omega}^{k_i+1} = \tilde{\omega}^{k_i} \).
- \( \Delta \omega_{k_i+1} = \frac{1}{2} \Delta \omega_{k_i} \).
- If \( \Delta \omega_{k_i+1} < \Delta \omega_{tol} \), then terminate and \( \tilde{\omega}^* = \tilde{\omega}^{k_i+1} \).

**Step 3.** The solution is \( \tilde{\omega}^* = \arg \min_{i \in \{1, \ldots, M\}} P \left( \tilde{\omega}^i \right) \).
6. Real Data Example

The real dog data used in this manuscript is well described in [30]. Since, at the time of the data retrieval, the data was downloaded with different sampling rates, we re-sampled all six dog data at 500 Hz. We used a modified version of the automatic cycle selection introduced in [36] to pick cycles. Dicrotic notch locations were then found from the picked cycles [19]. We totally extracted 59384 acceptable aortic cycles from those six dogs.

6.1. Statistical Accuracy. To check the statistical accuracy of the fast IF algorithm versus the brute-force IF algorithm, we compared the results of these two algorithms on the extracted 59384 dog aortic cycles. The brute-force IF algorithm (Algorithm 1) was run over the sample set with a mesh size \((\min_{l \neq m} (\omega_l^1 - \omega_m^1)) = \min_{l \neq m} (\omega_l^2 - \omega_m^2))\) of \(0.02\pi\). Algorithm 3 was run on the same sample set of 59384 aortic cycles with \(\Delta\omega_{tol} = 0.001\), and \(\Delta\omega_0 = 0.1\), comprising a mesh size of \(0.126\). The brute-force algorithm has a larger mesh size due to heavy computational cost of this algorithm. The maximum average difference between the IFs found by these two algorithms was found to be less than 0.0475. This difference is smaller than both mesh sizes used for the brute-force and fast IF algorithms. This shows that, on average, the fast IF algorithm (Algorithm 3) reaches the same minima as the brute-force algorithm (Algorithm 1).

6.2. Physiological Observations. To evaluate the new fast IF algorithm (Algorithm 3), we applied the algorithm on the measured aortic pressure signal from one dog experiencing various pharmacological interventions, see Figure 4. During the experiment, the dog was under the following pharmacological influences: infusion of dobutamine (5-20 µg/kg/min), phenylephrine (2-8 µg/kg/min) and nitroglycerin (4 µg/kg/min) during different time intervals.

The third panel, in Figure 4 shows the dosage and duration of each drug in the experiment. In the first phase of the experiment dobutamine has been injected at a low dosage followed by a fluctuation in the dosage of injection. The effect of dobutamine on the cardiovascular system is to increase the strength and force of the heartbeat. Consequently, it forces more blood to circulate throughout the body. In previous works [25, 26], we hypothesized that \(\omega_1\) would be a representative of heart functionality. We also hypothesized that \(\omega_1\) and \(\omega_2\) would try to keep a balance during changes. These hypotheses can be seen during the injection of dobutamine in this figure.
Next, phenylephrine has been injected at a low dosage and the dosage is then increased over time. Phenylephrine is a decongestant which affects the cardiovascular system by shrinking blood vessels. $\omega_2$ shows an almost monotone decrease during the infusion of phenylephrine. This is again in qualitative accord with what we presented in [26].

Lastly, nitroglycerin has been injected at a constant dosage. Nitroglycerin helps to dilate the blood vessels. This dilation can be captured with $\omega_2$, as can be seen from the figure. Generally, based on this figure, IFs are able to capture changes in the dynamics of the system under the effects of different drugs.

7. Conclusion

In this paper, we provided a mathematical foundation for the IF model [31]. We showed how to derive an estimation of the IF model (2.1) by considering basic physics principles. More precisely, we showed that the IF model can be estimated from Navier-Stokes and elasticity equations.

We further analysed the IF model (4.1). This helped to introduce a fast algorithm for the IF method (Algorithm 3). What made this algorithm fast was embedded in the proper set up of the initial guesses based on the topology of the problem, fast analytic solution at each point iteration, and substituting the brute force algorithm with a pattern search method. These changes would convert an iterative and brute-force method (Algorithm 1) into an algebraic and iterative method (Algorithm 3). The presented fast algorithm, in this article, has a speed up of more than 100 times compared to the brute-force algorithm provided in [31]. From a statistical perspective, we have also shown that the algorithm presented in this article complies well with the brute-force implementations of this method.

We also showed, on a real dataset, that the fast IF Algorithm 3 can depict correlations between its outputs and infusion of certain drugs. This part of our paper can be subject to further physiological and clinical investigations in a future work.
8. Authors’ Contributions

P.T. conceived of the mathematical and numerical methods of the study, carried out the modeling, programmed the initial code of the method, and drafted the manuscript; H.K. helped with the mathematical and numerical derivations, helped draft and revise the manuscript, and conducted the real data case example; J.K. conducted the brute-force simulations on the real data case example, and helped draft the manuscript. All authors gave final approval for publication.

9. Acknowledgement

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10. Research Ethics

All experiments and procedures were reviewed and approved by the MSU All-University Committee on Animal Use and Care [30].

11. Permission to Carry Out Fieldwork

This study did not have fieldwork.

12. Funding

This work was not funded.

13. Figures

Figure 1. Simplified cardiovascular system model schematic
Figure 2. **Up-Left:** A dog aortic pressure cycle (in blue), its dicrotic notch (black dot), and the IMF (in red). **Up-Right:** heat-map plot of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T-T_0)}{\pi} \right)$ for the cycle in left with the location of the solution marked with red dot. **Down-Left:** Contour plot of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T-T_0)}{\pi} \right)$. The location of the minimizer of $P$ is shown by a red dot. **Down-Right:** Contour plot of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T-T_0)}{\pi} \right)$ and the location of the minimizer of $P$ tracked by the pattern search. The true optimum point is marked with a red asterisk. The upper pattern search set (in black) has converged towards the correct optimum. The lower pattern search set (in magenta) has converged to a local minima near the node.
Figure 3. Up-Left: A dog aortic pressure cycle (in blue), its dicrotic notch (black dot), and the IMF (in red). Up-Right: heat-map plot of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T-T_0)}{\pi} \right)$ for the cycle in left with the location of the solution marked with red dot. Down-Left: Contour plot of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T-T_0)}{\pi} \right)$. The location of the minimizer of $P$ is shown by a red dot. Down-Right: Contour plot of $P \left( \frac{\omega_1 T_0}{\pi}, \frac{\omega_2 (T-T_0)}{\pi} \right)$ and the location of the minimizer of $P$ tracked by the pattern search. The true optimum point is marked with a red asterisk. The lower pattern search set (in black) has converged towards the correct optimum. The upper pattern search set (in magenta) has converged to a local minima near the node.
Figure 4. Drug effects on $\omega_1$ and $\omega_2$. First Panel: The measured aortic pressure waveform recorded in time. Second Panel: Dosage of dobutamine (in red), phenylephrine (in purple), and nitroglycerin (in green) during the aortic pressure measurement. Third Panel: Changes of $\omega_1$ in units of bit per minute (bpm) over the measurement time. Each drug effect is projected with its corresponding color. No drug areas are in blue. Fourth Panel: Changes of $\omega_2$ in units of bpm over the measurement time. Each drug effect is projected with its corresponding color. No drug areas are in blue.

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In this appendix, we show how one can derive (3.2) and (3.1), from the Navier-Stokes and elasticity equations. Having $x$, $r$ and $\theta$ as the cylindrical coordinate system, with $x$ in the direction of the aortic length, the momentum and the continuity equations are

\begin{align}
\rho \left( \frac{\partial u}{\partial t} + u \frac{\partial u}{\partial x} + v \frac{\partial u}{\partial r} + w \frac{\partial u}{\partial \theta} \right) + \frac{\partial P}{\partial x} &= \\
\mu \left( \frac{\partial^2 u}{\partial x^2} + \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} + \frac{1}{r^2} \frac{\partial^2 u}{\partial \theta^2} \right),
\end{align}

(13.1)

\begin{align}
\rho \left( \frac{\partial v}{\partial t} + u \frac{\partial v}{\partial x} + v \frac{\partial v}{\partial r} + w \frac{\partial v}{\partial \theta} - \frac{w^2}{r} \right) + \frac{\partial P}{\partial r} &= \\
\mu \left( \frac{\partial^2 v}{\partial x^2} + \frac{\partial^2 v}{\partial r^2} + \frac{1}{r} \frac{\partial v}{\partial r} - \frac{v}{r^2} + \frac{1}{r^2} \frac{\partial^2 v}{\partial \theta^2} - \frac{2}{r^2} \frac{\partial w}{\partial \theta} \right),
\end{align}

(13.2)

\begin{align}
\rho \left( \frac{\partial w}{\partial t} + u \frac{\partial w}{\partial x} + v \frac{\partial w}{\partial r} + w \frac{\partial w}{\partial \theta} + \frac{vw}{r} \right) + \frac{1}{r} \frac{\partial P}{\partial r} &= \\
\mu \left( \frac{\partial^2 w}{\partial x^2} + \frac{\partial^2 w}{\partial r^2} + \frac{1}{r} \frac{\partial w}{\partial r} - \frac{w}{r^2} + \frac{1}{r^2} \frac{\partial^2 w}{\partial \theta^2} + \frac{2}{r^2} \frac{\partial v}{\partial \theta} \right),
\end{align}

(13.3)

\begin{align}
\frac{\partial u}{\partial x} + \frac{\partial v}{\partial r} + \frac{v}{r} + \frac{1}{r} \frac{\partial w}{\partial \theta} = 0.
\end{align}

(13.4)

Here, $u$, $v$ and $w$ are velocity vector components in $x$, $r$ and $\theta$ directions, respectively. We assume that aorta is a straight and sufficiently long tube with constant circular cross section with the tube wall following classical elasticity theory dynamics and blood is considered to be an incompressible Newtonian fluid with the velocity field being axisymmetric. In the absents of any external forces causing flow rotation, the assumption that the flow field is symmetrical about the longitudinal axis of the tube is justified. This means $w = \frac{\partial w}{\partial \theta} = \frac{\partial v}{\partial \theta} = \frac{\partial u}{\partial \theta} = \frac{\partial P}{\partial \theta} = 0$. Hence, Equations (13.1)-(13.4)
will be simplified as

\begin{equation}
(13.5) \quad \rho \left( \frac{\partial u}{\partial t} + u \frac{\partial u}{\partial x} + v \frac{\partial u}{\partial r} \right) + \frac{\partial P}{\partial x} = \mu \left( \frac{\partial^2 u}{\partial x^2} + \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} \right),
\end{equation}

\begin{equation}
(13.6) \quad \rho \left( \frac{\partial v}{\partial t} + u \frac{\partial v}{\partial x} + v \frac{\partial v}{\partial r} \right) + \frac{\partial P}{\partial r} = \mu \left( \frac{\partial^2 v}{\partial x^2} + \frac{\partial^2 v}{\partial r^2} + \frac{1}{r} \frac{\partial v}{\partial r} - \frac{v}{r^2} \right),
\end{equation}

\begin{equation}
(13.7) \quad \frac{\partial u}{\partial x} + \frac{\partial v}{\partial r} + \frac{v}{r} = 0.
\end{equation}

Since the radius of the tube \(a\) is smaller than the length of the tube, \(a \ll h\), and also the average velocity of the blood in aorta is smaller than the speed of wave propagation \[35\], we have

\begin{equation}
(13.8) \quad u \frac{\partial u}{\partial x} \ll \frac{\partial u}{\partial t},
\end{equation}

\begin{equation}
(13.9) \quad v \frac{\partial u}{\partial r} \ll \frac{\partial u}{\partial t},
\end{equation}

\begin{equation}
(13.10) \quad u \frac{\partial v}{\partial x} \ll \frac{\partial v}{\partial t},
\end{equation}

\begin{equation}
(13.11) \quad v \frac{\partial v}{\partial r} \ll \frac{\partial v}{\partial t},
\end{equation}

\begin{equation}
(13.12) \quad \frac{\partial^2 u}{\partial x^2} \ll \frac{\partial^2 u}{\partial r^2},
\end{equation}

\begin{equation}
(13.13) \quad \frac{\partial^2 v}{\partial x^2} \ll \frac{\partial^2 v}{\partial r^2}.
\end{equation}

Using these, Equations \((13.5)-(13.7)\) will reduce to

\begin{equation}
(13.14) \quad \rho \frac{\partial u}{\partial t} + \frac{\partial P}{\partial x} = \mu \left( \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} \right),
\end{equation}

\begin{equation}
(13.15) \quad \rho \frac{\partial v}{\partial t} + \frac{\partial P}{\partial r} = \mu \left( \frac{\partial^2 v}{\partial r^2} + \frac{1}{r} \frac{\partial v}{\partial r} - \frac{v}{r^2} \right),
\end{equation}

\begin{equation}
(13.16) \quad \frac{\partial u}{\partial x} + \frac{\partial v}{\partial r} + \frac{v}{r} = 0.
\end{equation}
It is important to mention that the velocity vector is a function of time and location. In other words, we have \( u(x, r, t) \) and \( v(x, r, t) \). Based on the characteristic length of the problem, pressure \( P \) can be assumed to be a function of \( x \) and \( t \) and not \( r \), i.e. \( P(x, t) \) (See Chapter 5 of [35]). Hence we can set \( \frac{\partial P}{\partial r} \approx 0 \) in (13.15).

**Momentum Equations:** Considering (13.14), one can integrate both sides with respect to the differential element of the area \( 2\pi r dr \).

\[
(13.17) \quad \int_0^{a(x,t)} 2\pi r \frac{\partial u}{\partial t} dr + \int_0^{a(x,t)} 2\pi r \frac{\partial P}{\partial x} dr = \int_0^{a(x,t)} 2\pi r \mu \left( \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} \right) dr.
\]

The upper boundary of this integral is the radius \( a(x, t) \) of the tube. We know that the flow \( Q(x, t) \) is defined as

\[
(13.18) \quad Q(x, t) = \int_0^{a(x,t)} 2\pi r u(x, r, t) dr.
\]

Hence, using Leibniz rule we can find the derivative of the flow with respect to time as

\[
(13.19) \quad \frac{\partial Q}{\partial t}(x, t) = \int_0^{a(x,t)} 2\pi r \frac{\partial u}{\partial t}(x, r, t) dr + 2\pi a(x, t) \frac{\partial a}{\partial t}(x, t) u(x, a(x, t), t).
\]

Considering no slip boundary condition \( u(x, a(x, t), t) = 0 \) on the tube wall, Equation (13.19) reduces to

\[
(13.20) \quad \frac{\partial Q}{\partial t}(x, t) = \int_0^{a(x,t)} 2\pi r \frac{\partial u}{\partial t}(x, r, t) dr.
\]

Therefore Equation (13.17) will be simplified to

\[
(13.21) \quad \rho \frac{\partial Q}{\partial t} + \pi a^2 \frac{\partial P}{\partial x} = 2\pi \mu \int_0^{a(x,t)} r \left( \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} \right) dr.
\]

Since we have

\[
(13.22) \quad \int_0^{a(x,t)} r \left( \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} \right) dr = a(x,t) \int_0^{a(x,t)} \frac{\partial (\frac{u}{r})}{\partial r} dr,
\]

Equation (13.21) would become
\[ \rho \frac{\partial Q}{\partial t} + \pi a^2 \frac{\partial P}{\partial x} = 2\pi \mu r \frac{\partial u}{\partial r} \bigg|_{a(x,t)}. \]

Using separation of variables \( u(x,r,t) = U(r) \bar{u}(x,t), \) for some function \( U(r) \) and \( \bar{u}(x,t), \) Equation (13.23) will be simplified to

\[ \rho \frac{\partial Q}{\partial t} + \pi a^2 \frac{\partial P}{\partial x} = 2\pi \mu a(x,t) \bar{u}(x,t) \left( \frac{dU}{dr} \bigg|_{a(x,t)} \right). \]

From Equation (13.18) and \( u(x,r,t) = U(r) \bar{u}(x,t), \) we have

\[ \bar{u}(x,t) = Q(x,t) \left( 2\pi \int_0^{a(x,t)} rU(r) \, dr \right)^{-1}. \]

Therefore equation (13.24) will be simplified to

\[ \rho \frac{\partial Q}{\partial t} + \pi a^2 \frac{\partial P}{\partial x} = \mu a(x,t) \left( \frac{dU}{dr} \bigg|_{a(x,t)} \right) \left( \int_0^{a(x,t)} rU(r) \, dr \right)^{-1} Q(x,t). \]

From (13.26), we can relabel some terms and introduce the inductance \( L \) and resistance \( R \) as

\[ L(x,t) = \frac{\rho}{\pi a^2(x,t)}, \]

\[ R(x,t) = -\mu \left( \frac{dU}{dr} \bigg|_{a(x,t)} \right) \left( \pi a(x,t) \int_0^{a(x,t)} rU(r) \, dr \right)^{-1}. \]

These will convert (13.26) into

\[ -\frac{\partial P}{\partial x}(x,t) = L(x,t) \frac{\partial Q}{\partial t}(x,t) + R(x,t) Q(x,t). \]
Continuity Equation: Again, applying Leibniz rule to equation (13.18) we can find the derivative of the flow with respect to \( x \)

\[
\frac{\partial Q}{\partial x} (x, t) = \int_0^{a(x,t)} 2\pi r \frac{\partial u}{\partial x} (x, r, t) \, dr + 2\pi a(x,t) \frac{\partial a}{\partial x} (x, t) u(x, a(x,t), t). 
\]

Considering the no slip boundary condition \( u(x, a(x,t), t) = 0 \), equation (13.30) reduces to

\[
\frac{\partial Q}{\partial x} (x, t) = \int_0^{a(x,t)} 2\pi r \frac{\partial u}{\partial x} (x, r, t) \, dr.
\]

Now, we can rewrite the equation of continuity (13.16) as

\[
\int_0^{a(x,t)} 2\pi r \frac{\partial u}{\partial x} \, dr + \int_0^{a(x,t)} 2\pi \left( \frac{\partial v}{\partial r} + v \right) \, dr = 0.
\]

This equation, using (13.31), will result in

\[
\frac{\partial Q}{\partial x} + \int_0^{a(x,t)} 2\pi \frac{\partial (rv)}{\partial r} \, dr = 0.
\]

Simplifying the latter would show that

\[
\frac{\partial Q}{\partial x} + 2\pi a(x,t) v(a(x,t)) = 0.
\]

We note that \( v(a(x,t)) = \frac{\partial a}{\partial t} (x, t) \). Hence, having \( A = \pi a^2(x,t) \), we can conclude \( \frac{\partial A}{\partial t} = 2\pi a(x,t) v(a(x,t)) \). Consequently, Equation (13.34) can be written as

\[
\frac{\partial Q}{\partial x} + \frac{\partial A}{\partial t} = 0.
\]

Using the chain rule we have

\[
\frac{\partial A}{\partial t} = \frac{\partial A}{\partial P} \frac{\partial P}{\partial t}.
\]

Considering the wave speed \( c_0 \) of an incompressible fluid in an elastic tube we have \( \frac{\partial A}{\partial t} = \frac{A}{\rho c_0^2} \). Matching this with Equations (13.35) and (13.33) would result in

\[
\frac{\partial Q}{\partial x} (x, t) + \frac{\pi a^2(x,t)}{\rho c_0^2} \frac{\partial P}{\partial t} (x, t) = 0.
\]
In this equation, we can relabel \( \frac{n^2(x,t)}{\rho c_0^2} \) as the compliance \( C (x, t) \). Hence, (13.37) would become

\[
(13.38) \quad - \frac{\partial Q}{\partial x} (x, t) = C (x, t) \frac{\partial P}{\partial t} (x, t).
\]

**Wave Equations:** As depicted so far, using the approximations in this appendix, and considering the mentioned assumptions, we can characterize the wave dynamics of the blood flow in aorta using the hyperbolic equations (13.38) and (13.29), namely

\[
(13.39) \quad - \frac{\partial Q}{\partial x} (x, t) = C (x, t) \frac{\partial P}{\partial t} (x, t),
\]

\[
(13.40) \quad - \frac{\partial P}{\partial x} (x, t) = L (x, t) \frac{\partial Q}{\partial t} (x, t) + R (x, t) Q (x, t).
\]

The coefficients \( C (x, t), L (x, t) \) and \( R (x, t) \), in Equations (13.38) and (13.29), are all positive and functions of \( a (x, t) \). However, since \( a (x, t) \) is not changing drastically with respect to \( x \) and \( t \), we can approximate all these coefficients with their corresponding constant mean values \( C, L \) and \( R \). Using this approximation, we can rewrite the wave equations as

\[
(13.41) \quad - \frac{\partial Q}{\partial x} (x, t) = C \frac{\partial P}{\partial t} (x, t),
\]

\[
(13.42) \quad - \frac{\partial P}{\partial x} (x, t) = L \frac{\partial Q}{\partial t} (x, t) + R Q (x, t).
\]