We study quasi-stationary states (QSS) resulting from violent relaxation in the one-dimensional self-gravitating “sheet model”, revisiting in particular the question of the adequacy of the theory of Lynden-Bell (LB) to describe them. For “waterbag” initial conditions characterized by a single phase space density, the prediction of this theory is, in this model, a function of only one parameter, which can conveniently be chosen to be the ratio of the energy to that in the degenerate limit. Studying a class of such initial conditions in which the shape of the initial waterbag is varied, we find that the LB predictions are reasonably good always in the low energy region, while at higher energies (i.e. in the non-degenerate limit) they are generally not even qualitatively correct, although certain initial conditions can still be found where they are as good as at low energy. We find notably that, in line with what has been observed by Levin et al. in some other models, when LB theory does not work the QSS are always characterized by the presence of a degenerate core, which these authors explain as the result of dynamical resonances. In short LB theory appears to be a good approximation only when violent relaxation is sufficiently “gentle”, and otherwise a degenerate core-halo structure results.

I. INTRODUCTION

The rich statistical mechanics of long-range interacting systems has been a subject of active study in recent years (for a recent review see e.g. [1]). As for self-gravitating systems, such systems have been understood to give rise generically to non-equilibrium states which evolve only on time-scales which diverge with the number of particles. The degree to which such “quasi-stationary” states (QSS) can be understood, and their properties predicted, by a statistical approach is a question which is inevitably posed. In this context a theory originally formulated by Lynden-Bell in the astrophysical context in the sixties [2], and which has been applied also in the study of two dimensional vortices [3], has seen revived interest in recent years. Study notably of a one-dimensional (1D) toy model, the Hamiltonian Mean Field (HMF) Model which describes particles on a ring interacting by a cosine potential, showed that this theory can predict sometimes very accurately the properties of these states (see, e.g., [4, 5] and references therein), and more generally manages to capture the qualitative dependence of the QSS on initial conditions. While it is clear that the “LB theory” is not entirely adequate in general, these studies suggest that the basic physical principle behind it — maximization of an entropy subjected to the constraints appropriate to Vlasov dynamics — is, at the very least, a reference point for understanding the out of equilibrium dynamics of these systems. This contrasts strongly with the view of this theory in the (original) context of the astrophysical literature, where it has simply been discarded as a completely inadequate, and basically irrelevant, theory [6, 7]. One recent study [8] of three dimensional (3D) self-gravitating systems concludes, however, that LB theory may indeed be relevant also to this case. This study shows that in a certain limited range of initial conditions the LB theory predicts well the density profiles of QSS, and proposes an alternative theory to explain their properties in the regime where LB no longer works well. The same authors have shown that the same statements apply both to plasma systems [9] and two-dimensional self-gravitating system [10], and, in a very recent article [11], have used the alternative theory to account for QSS in the HMF model.

In this paper we study these issues in the so-called selfgravitating “sheet model” (SGS) of particles in one dimension attracted by forces independent of separation. Our main goal is to characterize more precisely than has been done previously the degree of validity of the LB theory in this model, which is one of the canonical toy models for the study of such systems, and to determine whether the properties of the QSS can be characterized in a simple manner and perhaps understood when the LB theory does not apply. That this theory does not provide an adequate theory of QSS in the SGS model is clear from the earliest studies of this issue [12, 13] which indeed used this model to probe the possible validity of LB theory for 3D gravitating systems. More recently a study of these questions in the SGS model has been reported by Yamaguchi [14], who finds reasonable agreement with LB in a certain range of initial conditions, and, like in the work of Levin et al. mentioned above, proposes a modification of it to account for the QSS observed in other cases. We will compare in detail our results to these previous works.

Studies of the SGS model in the astrophysical context go back at least as far as that of [15], and there have been numerous studies of it also in the statistical mechanics literature in the decades since. Many of
these studies focussed on the question of relaxation to the thermal equilibrium of the model, for which the exact expression was first derived by Rybicki\textsuperscript{1}. That this relaxation, like in other long-range systems, takes place very slowly, on a timescale which diverges with the number of particles, has been clear since the earliest works, but the precise timescale and parametric dependences thereof have been the subject of considerable study and even some controversy (see e.g. \textsuperscript{[5 [2]} and references therein). In a recent work\textsuperscript{[21]} on this question, we have established clearly that the relaxation time from a range of initial conditions depends \textit{linearly} on the number of particles $N$\textsuperscript{1}, while also showing a strong dependence on the intermediate QSS state (or states). Besides the early and more recent studies cited above which consider the QSS attained on the shorter mean-field time scales (i.e. through violent relaxation) and LB theory, there are also studies\textsuperscript{[22 [23]} which argue that the assumption that QSS always result from mean-field dynamics may not be always correct: starting from certain initial conditions the initial phase of relaxation is observed to lead to phase space densities which have large holes which rotate in phase space, which persist on the time scales of the simulations. In our analysis below we will examine this question carefully, as it is clearly of central importance to understand whether the formation of a QSS is indeed a good description of the outcome of violent relaxation if one is comparing with a theory which, by construction, assumes such a outcome.

The article is organized as follows. First we will start in section II with the definition of the model, and its numerical integration. In the following section III we review the theory of violent relaxation of Lynden-Bell and describe our calculations of the predictions for the density profiles, and velocity and energy distributions. We will also introduce a simple set of “order parameters” which we use to characterize the QSS. In section IV we describe the specific class of initial conditions which we investigate. In section V we report our numerical results, comparing them to the theoretical LB predictions. In the following section we confront our results with two proposals which have been made in the recent literature to explain the properties of QSS when the LB is clearly inadequate. We also discuss our results briefly in the light of the kinetic properties of QSS when the LB is clearly inadequate. In our conclusions we summarize our theory for collisionless relaxation developed in \textsuperscript{[26]} (and also discuss our results briefly in the light of the kinetic properties of QSS when the LB is clearly inadequate. We have been made in the recent literature to explain the section we confront our results with two proposals which are also studies\textsuperscript{[24, 25]} which argue that the assumption that QSS always result from mean-field dynamics may not be always correct: starting from certain initial conditions the initial phase of relaxation is observed to lead to phase space densities which have large holes which rotate in phase space, which persist on the time scales of the simulations. In our analysis below we will examine this question carefully, as it is clearly of central importance to understand whether the formation of a QSS is indeed a good description of the outcome of violent relaxation if one is comparing with a theory which, by construction, assumes such a outcome.

\textsuperscript{1} This result is consistent, notably, with the analysis of \textsuperscript{[22]} which argues that a timescale linear in $N$ arises because of “resonances” present in spatially inhomogeneous QSS in 1D systems, but not in spatially homogeneous QSS which occur in 1D systems such as the HMF model, where a faster scaling with $N$ is indeed observed (see, e.g., \textsuperscript{[23]}).

II. THE SELF-GRAVITATING SHEET MODEL

We consider identical particles of mass $m$ in one dimension which are mutually attracted by a force independent of their separation, i.e., the force on a particle $i$ due to a particle $j$ is

$$ F_{ij} = -gm^2 \frac{x_i - x_j}{|x_i - x_j|^3} \equiv -gm^2 \text{sgn}(x_i - x_j) $$

where $g$ is a coupling constant. If the particles in one dimension are considered as infinitely thin parallel sheets in three dimensions interating by 3D Newtonian gravity, it is simple to show that $gm \equiv 2\pi\Sigma G$ where $G$ is Newton’s constant and $\Sigma$ is the mass per unit surface area of the sheets. In a system of a finite number of such particles the total force acting on the $i$th particle at any time may be expressed as

$$ F_i = gm^2 [N^+_i - N^-_i] $$

where $N^+_i$ denotes the number of particles on the right of $i$th particle and $N^-_i$ for the left.

The fact that the force is thus constant other than when particles cross leads to one of the very nice features of this toy model: its numerical integration requires only the solution of algebraic (quadratic) equations to determine the time of the next particle crossing. This means that the only limit on the precision of integration is that of the machine in solving such equations, and that no numerical parameters need be introduced. Another simplification comes from the fact that, in one dimension, the crossing of two particles without discontinuity in the velocities is, up to labelling of the particles, equivalent to an elastic collision in which particles exchange velocities. If we are not interested in following the trajectories of individual particles, we can thus consider the system as consisting of particles on which the forces are constant in time [and given by the initial value of (1)], and which undergo elastic collisions when they collide. The optimal way to treat this kind of problem is, as has been pointed out and discussed in detail in \textsuperscript{[24]}, by using a so-called “heap-based” algorithm, which uses an object called a “heap” to store in an ordered way the next crossing times of the pairs. This algorithm requires a number of operations of order $\log(N)$ to determine which of the $N - 1$ pairs crosses next. Given that the number of crossings per particle per unit time grows in proportion to $N$, the simulation time thus grows in proportion to $N^2\log(N)$. As is common practice we will use the total energy (which is conserved in the continuum model) as a control parameter. For the longest simulations we report the error in total energy of the order of $10^{-9}\%$.

III. PREDICTIONS OF LYNDEN-BELL THEORY

In this section we very briefly recall the basics of the theory of Lynden-Bell, and describe how we calculate
its predictions for different quantities, in the case of waterbag initial conditions.

A statistical theory to describe the stationary states arising from violent relaxation through mean-field forces has been proposed by Lynden-Bell in 1967 \[2\]. Such states were proposed to arise from the relaxation of the coarse-grained phase space density to that derived by maximizing the entropy derived for the latter by “counting” the (fine-grained or “microscopic”) phase space configurations states consistent with the conservation laws imposed by the collisionless (Vlasov) dynamics. For the case of an initial “water-bag” phase space density, i.e., in which the microscopic phase space density has the same value everywhere it is non-zero, these conservation laws simply require the conservation of the phase space volume “occupied” by this constant density, \( f_0 \) say. The calculation of the entropy is then equivalent to that for identical particles with a “fermionic” exclusion, and gives (in one dimension)

\[
S[\bar{n}] = \int \int \left\{ \bar{n} \ln \bar{n} + (1 - \bar{n}) \ln(1 - \bar{n}) \right\} dx dv \tag{2}
\]

where \( \bar{n} = \bar{f}/f_0 \), and \( \bar{f} \) is the coarse-grained phase space distribution in the macrocell at \((x, v)\). Maximization of (2) gives

\[
\bar{f}(x, v) = \frac{f_0}{1 + e^{\beta(v(x, v) - \mu)}} \tag{3}
\]

where \( \epsilon(x, v) = \frac{v^2}{2} + \varphi(x) \) denotes the energy density of phase-space element at \((x, v)\). The constants \( \beta \) and \( \mu \) are Lagrange multipliers associated with the conservation of the total mass \( M \), and total energy \( E \), of the system:

\[
M = \int \int \bar{f}(x, v) dx dv \tag{4}
\]

\[
E = \int \int \left( \frac{v^2}{2} + \frac{\varphi}{2} \right) \bar{f}(x, v) dx dv , \tag{5}
\]

where \( \varphi(x) \) is the mean field potential generated by the mass density \( \rho(x) \). Except in the degenerate and non-degenerate limits, corresponding to \( \beta \to \infty \) and \( \beta \to 0 \) respectively, it is not possible to solve these equations analytically to derive \((\beta, \mu)\) for any given \( M \), \( E \) and \( f_0 \). It is, however, straightforward to do so numerically, as described in Appendix \[3\] (see also \[14\]).

We note that, although the prediction of LB theory for a water-bag initial condition depends in general on the three parameters \( M \), \( E \) and \( f_0 \) for the SGS model there is only one additional dimensionful quantity relevant in the continuum limit, the coupling \( g \). Thus units can always be chosen so that two of \( M \), \( E \) and \( f_0 \) are fixed, and the LB prediction can therefore depend non-trivially (up to a rescaling) only on one parameter. A convenient choice of this parameter, which we will use here, is

\[
\xi_D = \frac{E - E_D}{E_D} \tag{6}
\]

where \( E_D(M, f_0) \) is the energy of the system with mass \( M \) and phase space density \( f_0 \) in the degenerate limit, i.e., \( \xi_D \) is the energy of the system above the degenerate limit normalized to the lowest energy possible for the same mass and phase space density. The expression for \( E_D \) is given in Appendix \[3\] (see also \[14\]).

We next describe how we derive, once \( \beta \) and \( \mu \) are known, the LB predictions for the various quantities we will measure in our simulations.

### A. Spatial distribution

Using (3), the Poisson equation gives,

\[
\frac{\partial^2 \varphi(x)}{\partial x^2} = 2g \rho(x) \equiv 2g \int_{-\infty}^{\infty} \frac{f_0}{1 + e^{\beta(\frac{v^2}{2} + \varphi(x) - \mu)}} dv \tag{7}
\]

where \( \rho(x) \) is the mass density profile (which we will refer to simply as the “density profile”). It is simple numerically to solve this (second order differential) equation for \( \varphi(x) \), and then to determine the mass density profile, using the boundary conditions \( \frac{d\varphi}{dx}|_{x=0} = 0 \) and \( \varphi|_{x=0} = 0 \).

### B. Velocity distribution

The velocity distribution may be written

\[
\theta(v) = 2 \int_0^\infty \frac{f_0}{1 + e^{\beta(\frac{v^2}{2} + \varphi - \mu)}} \cdot \frac{1}{a(\varphi)} d\varphi \tag{8}
\]

where

\[
a(x) = \frac{\partial \varphi(x)}{\partial x} \tag{9}
\]

is, up to a sign, the gravitational acceleration. Using the Poisson equation we have

\[
\frac{d^2 \varphi(x)}{dx^2} = \frac{1}{2} \frac{\partial(a^2(\varphi))}{\partial \varphi} = 2g \rho \tag{10}
\]

and therefore

\[
a(\varphi) = \sqrt{4g \int_0^\varphi \rho(\varphi') d\varphi'} . \tag{11}
\]

Using the previously determined \( \rho(\varphi) \) we obtain \( \theta(v) \) using (8).

### C. Energy distribution

The distribution of particle energies is defined by

\[
F(\epsilon) = \int \delta(\epsilon - (\frac{v^2}{2} - \varphi(x))) \cdot \bar{f}(x, v) dx dv \tag{12}
\]
with

$$\int F(\epsilon) d\epsilon = 1.$$  \hspace{1cm} (13)$$

Integrating we obtain

$$F(\epsilon) = D(\epsilon) \tilde{f}(\epsilon)$$  \hspace{1cm} (14)$$

where

$$D(\epsilon) = \int_0^\epsilon \frac{1}{a(\varphi)} \cdot \frac{2\sqrt{2}}{\sqrt{\epsilon - \varphi}} d\varphi$$  \hspace{1cm} (15)$$

is the density of states at energy \(\epsilon\).

While the results for \(\rho(x)\) and \(\theta(v)\) do not depend on the choice of the zero point of the potential, this latter result does. It is straightforward numerically, to use, rather than \(\varphi|_{x=0} = 0\),

$$\phi_0 \equiv \varphi|_{x=0} = g \int_{-\infty}^{\infty} |x| \rho(x) dx,$$

i.e., that corresponding to a pair potential strictly proportional to the separation between particles. Given that \(a(x)\) defined in (9) is necessarily positive for all \(x \neq 0\), this is the minimum value of the potential (and of the energy particle energy). Adapting this definition the energy distribution is still given by (14), but with \(D(\epsilon) = 0\) for \(\epsilon < \phi_0\) and

$$D(\epsilon) = \int_{\phi_0}^\epsilon \frac{1}{a(\varphi)} \cdot \frac{2\sqrt{2}}{\sqrt{\epsilon - \varphi}} d\varphi.$$  \hspace{1cm} (17)$$

D. Order parameters

In order to characterize and compare the macroscopic properties of QSS it is convenient to calculate specific moments of the phase space distribution (rather than to study always the full distribution). As discussed in [21], a particularly relevant choice can be normalized “crossed moments” which give a measure of the “entanglement” of the distribution in space and velocity coordinates, by considering

$$\phi_{\alpha\beta} = \frac{\langle |x|^\alpha |v|^\beta \rangle}{\langle |x|^\alpha \rangle \langle |v|^\beta \rangle} - 1$$  \hspace{1cm} (18)$$

for non-zero \(\alpha\) and \(\beta\), where

$$\langle u \rangle \equiv \frac{\int \int uf(x,v) dx dv}{\int \int f(x,v) dx dv}$$  \hspace{1cm} (19)$$

estimated in the discrete system with \(N\) particles as

$$\langle u \rangle \equiv \frac{1}{N} \sum_{i=1}^{N} u_i$$  \hspace{1cm} (20)$$

where \(u_i\) is the value measured for the particle \(i\). In thermal equilibrium the distribution function is separable, and so \(\phi_{\alpha\beta} = 0\). Further it can be shown easily [22] that the thermal equilibrium solution at any energy is the unique separable stationary state, i.e., all QSS are non-separable. Thus generically we expect these moments to be non-zero in a QSS (although any finite number of them can in principle vanish without implying separability).

Here we will use specifically the two moments \(\phi_{11}\) and \(\phi_{22}\) to characterize and compare the QSS we obtain in our numerical simulations, complemented when necessary by examination of the functions derived above and in some cases of the full phase space density. Given the LB solutions determined above (for waterbag initial conditions) it is straightforward to calculate numerically the values of \(\phi_{11}\) and \(\phi_{22}\) predicted by LB for this case. These are shown in Fig. 1 as a function of the parameter \(\xi_D\) (which, as discussed above, can be taken as the single parameter on which the LB result depends). We note that both parameters are always negative but increase towards zero as we go to the non-degenerate limit. Indeed in this limit the LB prediction tends to the (separable) thermal equilibrium solution.

FIG. 1: The “order parameters” \(\phi_{11}\) and \(\phi_{22}\) of the QSS predicted by LB theory for waterbag initial conditions, plotted as a function of the normalized energy \(\xi_D\).

IV. INITIAL CONDITIONS

In our numerical study we consider particles distributed initially by randomly sampling different classes of waterbag initial conditions, i.e., in which the phase space density takes the same value \(f_0\) everywhere it is non-zero. Specifically we consider, in order:

- Single rectangular waterbags (SRW), in which the support of the initial phase space density is a
rectangle centred on the origin, i.e.,

\[ f(x, v) = f_0 \Theta(x_0 - x) \Theta(v_0 + v) \Theta(v_0 - v) \Theta(v_0 + v) \]  

(21)

where \( \Theta \) is the Heaviside function. As, in the continuum limit, the only parameters in the problem are then four — \( f_0, x_0, v_0 \) and the coupling \( g \) — there is in fact only one relevant parameter characterizing the system once units are chosen. A natural physical choice of this parameter is the initial virial ratio \( R_0 \), which a simple calculation shows is given by

\[ R_0 = \frac{2T_0}{U_0} = \frac{v_0^2}{gMx_0} \]  

(22)

where \( T_0 \) and \( U_0 \) are the initial kinetic and potential energies given by

\[ T_0 = \frac{1}{6}Mv_0^2, \quad U_0 = \frac{1}{3}gM^2x_0. \]  

(23)

An example of such a configuration with \( R_0 = 0.5 \) is given in the left panel of Fig. 2.

As discussed above the LB prediction also depends on only one parameter, which we can take to be \( \xi_D \), the ratio of the energy of the configuration to that of the degenerate limit of LB (i.e. the minimum allowed energy of the given mass at phase space density \( f_0 \)). The energy and mass in the limit of a degenerate system are given as functions of \( \mu \) by (B3) and (B4). Eliminating \( \mu \) we obtain

\[ E_D = \frac{B\left(\frac{g}{2}, \frac{g}{2}\right)}{12} gMx_0 M^2 R_0^\frac{3}{2}, \]  

(24)

and thus

\[ \xi_D = \frac{E}{E_D} = \frac{12}{3B\left(\frac{g}{2}, \frac{g}{2}\right)} \left( \frac{1}{R_0^\frac{3}{2}} + \frac{R_0^\frac{3}{2}}{2} \right) = 0.688 \left( \frac{1}{R_0^\frac{3}{2}} + \frac{R_0^\frac{3}{2}}{2} \right). \]  

(25)

where \( B\left(\frac{g}{2}, \frac{g}{2}\right) \) is a beta function. This expression is is plotted in Fig. 3. The SRW with \( R_0 = 1 \) is thus the lowest energy configuration, and there are otherwise two values of \( R_0 \) for each value of \( \xi_D \).

- **Double rectangular waterbag (DRW)**, in which the support of the initial continuum phase space density is like that shown in the right panel of Fig. 2

\[ f(x, v) = f_0 \Theta(x + x_1) \Theta(x_1 - x) \Theta(v + v_1) \Theta(v_1 - v) \]

\[ + f_0 \Theta(x + x_2) \Theta(x_2 - x) \Theta(v + v_2) \Theta(v_2 - v) \]

\[ + f_0 \Theta(x - x_2) \Theta(x_1 - x) \Theta(v + v_2) \Theta(v_2 - v) \]

As this has two additional parameters compared to the SRW, it is effectively a three parameter family of initial conditions, which coincides with the SRW when \( v_1 = v_2, x_1 = 0 \) or \( x_1 = x_2 \). When they differ from the SRW, they are spatially inhomogeneous, with a ratio of densities \( \delta = \frac{\xi_D}{\xi_0} \) in the two different regions. We will choose to characterize them by this parameter, together with \( \xi_D \) and the initial virial ratio \( R_0 \). LB theory thus predicts that the final state should be independent of \( R_0 \) and \( \delta \) at given \( \xi_D \). The relevant expressions for the kinetic and potential energies of the DRW configuration are given in Appendix C.

- **Disjoint waterbags (DW)**, in which the initial phase space density is made of two disjoint regions with simple shapes, either rectangular or elliptical. We will use such configurations to further explore some of the conclusions draw from the study of the SRW and DRW configurations.

V. NUMERICAL RESULTS

A. Choice of units

Unless otherwise indicated our results will be given in units fixed by taking \( g = 1, M = 1, \) and \( L_0 = 1 \) where \( L_0 \) the initial linear size of the system, i.e., the distance between the outer extremities of the theoretical waterbag
initial condition. This implies that the unit of time is
\[ t_c = \frac{1}{\sqrt{g \rho_0}} \]  
(26)
where \( \rho_0 = M/L_0 \) is the initial mean mass density. This is simply a characteristic time scale for a particle to cross the system. In the cold limit (i.e. with zero initial velocity, with \( R_0 \to 0 \)) of the SRW initial conditions, it corresponds exactly to the time in which all the mass falls to the centre of the system.

B. Attainment of QSS and their characterization: generalities

That the SGS model with a large number of particles — just as such 3D self-gravitating and other long range interacting systems which have been studied in the literature — give rise typically to QSS starting from initial conditions such as those above has been discussed elsewhere in many studies (see references given in the introduction). The attainment of a QSS should be tested, in theory, by considering the full phase space density coarse-grained at some chosen scale. One would then verify whether its evolution after some initial period (of violent relaxation) tends to
\[ \bar{f}(x, v, t) = \bar{f}_{QSS}(x, v) + \delta \bar{f}(x, v, t) \]  
(27)
where the amplitude of the fluctuations \( |\delta \bar{f}(x, v, t)| \) decreases as \( N \) increases. For our study here, in which we consider how the properties of these QSS depend on the initial conditions, what is of importance is that we evolve the corresponding system to a time at which the approximation (27) indeed holds well, for \( N \) sufficiently large so that the fluctuations \( \delta \bar{f}(x, v, t) \) introduce a negligible uncertainty into the quantities used to characterize the QSS.

In practice numerical limitations on \( N \) make a direct analysis extremely difficult, and one typically considers the behavior of single macroscopic parameters, such as the virial ratio, or the magnetization in models (e.g. the HMF model) where it is defined. This is then complemented by a visual inspection of the system represented in phase space. To describe the properties of the QSS one then considers typically the density profiles, velocity and/or energy distribution. We have shown in [22], where we studied the very long time behaviour of QSS resulting from SRW initial conditions, that the parameters \( \phi_{11} \) and \( \phi_{22} \) defined above are very useful macroscopic “order parameters”, which can be used to diagnose both the attainment of a QSS and to characterize this state. We will use them here for the same purpose, supplementing their calculation where necessary, or interesting, by a fuller analysis of the distribution functions.

To determine whether a QSS is reached, and on what time scale, we thus study firstly the evolution of the virial ratio, and of \( \phi_{11} \) and \( \phi_{22} \). While the characteristic time for the mean-field dynamics is of order \( t_c \) defined above, the completion of relaxation to QSS (in the sense defined above) takes typically of order several tens to one hundred \( t_c \) for SRW initial conditions. Further this time depends, unsurprisingly, on the nature of the initial condition, with very cold initial conditions — further from virial equilibrium initially — taking significantly longer to relax.

For DRW and DW initial conditions we observe even greater variation in the time for full relaxation to a QSS than for SRW, with, in some cases, significant persistent fluctuations in the macroscopic parameters. An example of such a case is shown in Fig. 4, in which the upper panel shows the evolution of the virial ratio and the lower panel that of the parameters \( \phi_{11} \) and \( \phi_{22} \), for a DW initial condition sampled with \( N = 10^4 \) particles. The full phase space plot is shown in Fig. 5. This reveals that it is a persistent “rotating hole” feature in the phase space which gives rise to the (small but clearly visible) coherent fluctuations in the averaged parameters in Fig. 4. This is precisely the kind of effect which has been documented in the two studies [24, 25] mentioned in the introduction, and which has been argued in this context to show that LB theory is incorrect (as it predicts, by construction, the attainment of a time independent phase space density).
FIG. 5: Phase space plot of particle trajectories evolved from the DW initial condition shown in the first panel (with \( N = 10^4 \) particles). The time units are those indicated in the previous figure. While the hole we observe is clearly visible at \( t = 500 \) and indeed rotates in phase space, the subsequent two panels show that it slowly disappears on a time scale of order a few thousand dynamical times. Thus it appears that the relaxation of these holes simply represents a prolongation of the collisionless relaxation to a well defined QSS, as no tendency of the system to evolve towards thermal equilibrium (corresponding to \( \phi_{11} \) and \( \phi_{22} \) equal to zero) is evidenced on this time scale. Further study, however, would be required to establish this conclusion more definitively for a broader range of initial conditions, and to exclude notably that collisional relaxation may play some role.

C. SRW initial conditions

The density profiles, velocity distributions and energy distributions in the QSS obtained starting from SRW configurations with \( R_0 = 0.1, 0.5, 1 \) are shown in Figs. 6, 7 and 8. These correspond to averages over 30 realizations of each initial condition sampled with \( N = 5000 \) particles, taken at \( t = 200 t_c \), by which time the QSS is well established. In each case the LB predictions given in Sec. II are shown also, corresponding to \( \xi = 0.56, 0.08, 0.03 \) respectively. As observed already in early studies [13, 14] the qualitatively most striking deviation from the prediction of LB theory is marked by the appearance of a “core-halo” structure, most clearly evident in the energy distribution obtained from the \( R_0 = 0.1 \) initial condition. On the other hand, as underlined in the more recent study of [15] for these same initial conditions, the agreement of the LB theory with the observed QSS is in fact quite good for the case \( R_0 = 1 \), while the discrepancy progressively increases as \( R_0 \) deviates from unity and a core-halo type structure appears.

Shown in Fig. 9 are the values of the parameter \( \phi_{11} \) and \( \phi_{22} \) in the QSS, and the values predicted by LB theory. This plot summarizes in a simple manner the conclusions above: the theory works quite well quantitatively at the

![Fig. 6: The density profile (top left), velocity distribution (top right) and energy distribution (bottom) for the QSS obtained starting from SRW with \( R_0 = 0.1 \). The solid lines are the corresponding LB predictions.](image-url)
lowest energy state corresponding to $R_0 = 1$, but deviates greatly as we go towards the less degenerate initial states. Further the plot shows that the theory gives very qualitatively the correct behavior of the parameters — they increase monotonically with the initial $\xi_D$. At low degeneracy the sign of these parameters is a result of the formation of a core which is colder than predicted: there is in this case an excess of low velocity particles at small $x$.

We note that these single parameters, $\phi_{11}$ and $\phi_{22}$, actually allow a better diagnosis of the closeness to LB theory than the examination of the full density or velocity distribution functions. Indeed comparing just these two latter functions with the LB predictions, we might conclude that the agreement is almost perfect. The energy distribution, on the other hand, allows one to see clearly the discrepancies, which are then reflected well in $\phi_{11}$ and $\phi_{22}$ \(^2\) When considering a larger space of initial conditions, as we do now, it is very convenient to use these parameters as diagnostics of the validity of LB.

D. DRW initial conditions

As described above the DRW initial conditions allow us to test further a basic prediction of LB theory: the same QSS should result starting from any initial configuration

\(^2\) This “efficiency” of these parameters as diagnostic tools was noted in \([21]\), where it was shown, notably, that they could identify clearly stationary states arising from certain initial conditions as QSS rather than the thermal equilibrium states which previous studies \([28]\) had mistakenly inferred them to be based on an analysis using $\rho(x)$ and $\theta(v)$. 

FIG. 7: The density profile (top left), velocity distribution (top right) and energy distribution (bottom) for the QSS obtained starting from SRW with $R_0 = 0.5$. The solid lines are the corresponding LB predictions.

FIG. 8: The density profile (top left), velocity distribution (top right) and energy distribution (bottom) for the QSS obtained starting from SRW with $R_0 = 1$. The solid lines are the corresponding LB predictions.

FIG. 9: $\phi_{11}$ (top) and $\phi_{22}$ (bottom) in QSS as the function of $R_0$. The line indicates $\phi_{\alpha\beta}$ calculated by LB stationary state and the circle is the value obtained by numerical simulation.
in the range of accessible “microstates” at given mass and energy. For 1D gravity and waterbag initial conditions, this means the QSS obtained should be the same at a given \( \xi_D \) independently of the shape of the waterbag. As discussed the DRW gives us a two dimensional space of such configurations, which we choose to parametrize by the initial virial ratio \( R_0 \) and density contrast \( \delta \).

For each of the three values of \( \xi_D \) corresponding to the SRW initial conditions above, we have simulated twenty different initial conditions chosen to explore the available \((R_0, \delta)\) space. In each of Figs. 10, 11 and 12 are shown two plots: one shows the initial conditions in the \((R_0, \delta)\) plane at the given value of \( \xi_D \), the other the QSS obtained from them as represented in the plane \((\phi_{11}, \phi_{22})\). The results are, as for the SRW above, averages over 30 realizations of each initial condition sampled with \( N = 5000 \) particles, taken at \( t \approx 200 t_c \). The fact that the spread in values of \((R_0, \delta)\) is much smaller at smaller \( \xi_D \) is simply a reflection of the fact that as one goes towards the degenerate limit \( \xi_D = 0 \) the constraints limit the possible deformations more and more.

In continuity with what we observed for the SRW, the results show that LB theory works reasonably well at the two lower values of \( \xi_D \) — the QSS varies only very little over the range of different initial conditions — it is grossly violated as we go towards the non-degenerate limit. Indeed the order parameters for QSS obtained starting from the same \( \xi_D \) can differ in sign. Direct analysis of the distribution functions confirms that this corresponds to QSS which are completely different. On the other hand, certain initial conditions at \( \xi_D = 0.56 \) — those corresponding to the unfilled points in the upper plot of Fig. 10 — do appear to give QSS close to the LB prediction. To assess whether this is really the case the density profiles, velocity and energy distribution functions for two of these are shown in Figs. 13 and 14. While the agreement with the theoretical curves is not perfect, it is comparable than that obtained for the initial conditions with \( \xi_D = 0.03 \) — indeed the discrepancy between the LB prediction and the observed distributions is no more than observed above for the SRW initial conditions with \( \xi_D = 0.03 \).

The strong deviations from the LB prediction, just as in the SRW, manifest themselves in the shift towards positive values of \( \phi_{11} \) and \( \phi_{22} \). Direct inspection of the distribution function of energy shows that this reflects again in all cases the appearance of a pronounced core-halo type structure. Inspection of the plot of the initial conditions in the \((R_0, \delta)\) space for \( \xi_D = 0.56 \) shows that all the cases which approach LB (unfilled points) are characterized by

FIG. 10: The upper plot represents the twenty different DRW initial conditions with \( \xi_D = 0.56 \) (i.e. equal to that of SRW with \( R_0 = 0.1 \)) according to their values of \( R_0 \) and \( \delta \). The lower plot represents the values of \((\phi_{22}, \phi_{11})\) measured in the resulting QSS. The LB prediction lies at the centre of the small circle. The unfilled points in the upper plot correspond to the four initial conditions which give QSS closest to the LB prediction.

FIG. 11: Same as in Fig. 10, but for DRW initial conditions with \( \xi_D = 0.08 \), i.e., equal to that of SRW with \( R_0 = 0.5 \). We keep the scale as in the previous figure for easier comparison.
FIG. 12: Same as in Fig. 11, but for DRW initial conditions with $\xi_D = 0.03$, i.e., equal to that of SRW with $R_0 = 1$. Same scale as in Fig. 10 for ease of comparison.

an initial virial ratio near unity, while the density contrast parameter $\delta$ appears to be irrelevant. On the other hand $R_0 \approx 1$ is clearly not a sufficient condition to guarantee agreement with LB.

These results suggest therefore that LB theory works reasonably well always near the degenerate limit, and also for much higher energies for very specific initial conditions. In these cases, which seem to correlate strongly with an initial virial ratio near unity, the formation of a core-halo structure, not predicted by LB theory, is avoided.

E. DW initial conditions

To further explore these findings, and in particular to investigate the relevance of the initial virial ratio as a parameter, we consider finally a few other “disjoint” waterbag initial conditions as described above. We report results for the four cases shown in Fig. 13. Each of the initial conditions has been adjusted to have $R_0 = 1$, and the values of the normalized energy are $\xi_D = 1.59, 0.58, 0.49$ and 0.23 for DW1 to DW4 respectively. We take in each case a single realization with $N = 10^4$ particles, and calculate a time average by sampling on 100 equally spaced time slices in the time window [4000, 5000] (in the time units of our simulation, which differ in each case from units with $t_c = 1$ by a numerical factor of order unity). Shown in Fig. 14 are the QSS obtained as represented in the $(\phi_{11}, \phi_{22})$ plane. In each case the filled symbol represents the corresponding LB predictions. Comparing to the results for SRW and DRW initial conditions, the QSS appear in all cases much closer to the LB predictions. This is confirmed by inspection of the distribution functions, which are shown for DW2 in Fig. 14 and for

FIG. 13: Density profile (top-left), velocity (top-right) and energy distribution (bottom) for DRW initial conditions with $\xi_D = 0.56$ (i.e. the same energy as the SRW with $R_0 = 0.1$), $R_0 = 1.39$ and $\delta = 0.054$.

FIG. 14: Density profile (top-left), velocity (top-right) and energy distribution (bottom) for DRW initial conditions with $\xi_D = 0.56$ (i.e. the same energy as the SRW with $R_0 = 0.1$), $R_0 = 1.017$ and $\delta = 9.861$. 

FIG. 16: QSS obtained as represented in the $(\phi_{11}, \phi_{22})$ plane. In each case the filled symbol represents the corresponding LB predictions. Comparing to the results for SRW and DRW initial conditions, the QSS appear in all cases much closer to the LB predictions.
FIG. 15: Four disjoint waterbag initial conditions with the number of case indicated in the panel. The corresponding $\xi_D$ are equal to $1.59, 0.58, 0.49$ and $0.23$ for case 1 to 4 respectively.

DR1 in Fig. 18 For the former case the results are as close to the LB predictions as for the SRW and DRW cases which gave best agreement with LB, with the small deviation being visible again in the energy distribution but very difficult to discern in $\rho(x)$ or $\theta(v)$. The results for the cases DR3 and DR4 are similar. For DR1, on the other hand, the deviation from LB is much more marked, and we see in the energy space that this deviation is associated to the formation of a (in this case very small) core. Very much in line with the results for SRW and DRW initial conditions, the agreement with LB thus deteriorates as one goes away from the degenerate limit.

FIG. 16: $\phi_{22}$ and $\phi_{11}$ of the QSS obtained from the initial conditions in the previous figure. The unfilled symbols corresponds to the values obtained from numerical simulations, while the filled symbols are the LB predictions.

In summary these results confirm the conclusion drawn from the analysis of the SRW and DRW waterbags: the LB predictions are always reasonably good — and excellent for the spatial and velocity distributions — for (waterbag) initial conditions with low $\xi_D$, but even at higher values good agreement can be obtained in cases characterized by an initial virial ratio of order unity. Further deviation from LB is always characterized by the appearance of a core-halo type structure.
VI. COMPARISON WITH THEORETICAL PROPOSALS BEYOND LB: DIRECT ANALYSIS OF PHASE SPACE DENSITY

Let us consider how well two recent proposals in the literature can account for the properties of the QSS we observe:

- Yamaguchi [15] studies the SGS model for SRW initial conditions, and notes (as was remarked also in early studies [13, 14]) that the breakdown of LB theory is associated with the appearance of a core-halo structure. He proposes a phenomenological adaptation of LB theory which he uses to fit the resultant core, in which the LB theory is applied only to the mass and energy associated to the core. In practice this means that one parameter is measured \textit{a posteriori} from the observed QSS.

- Levin et al. in a series of works on other models — plasmas [1], 3D gravity [6], 2D gravity [10] and, most recently, the HMF model [1] — have proposed that, when LB theory breaks down, QSS correspond to the phase space density:

\[
f(x, v) = f_0[\Theta(e_F - e) + \chi \Theta(e - e_F)\Theta(e_h - e)]. \quad (28)
\]

As in the case of [17], this involves the addition of one parameter compared to LB theory. However, a physical explanation is proposed for the core-halo form of (28), and a prediction for this additional parameter is derived from the initial conditions: An analysis of particle dynamics in the coherent oscillating field associated with the relaxation shows that there are dynamical resonances which allow particles to gain energy, with \( e_h \) corresponding to the maximal energy which can be attained in this way. Assuming that resonance effect is “shut off” only by the upper bound on the phase space density imposed by the collisionless dynamics, the ansatz (28) is the simplest one possible for the QSS which will result.

To evaluate the validity of these approaches in this model, we consider directly the measured phase space density, \( f_0 \), as a function of particle energy. To do so we measure the (averaged) values of the potential \( \phi(x) \) and \( a(x) \) in the QSS, and then use (17) to calculate the phase space density \( D_0 \). Shown in Fig. 10 are the results for eight chosen cases from the DRW initial conditions with \( \xi = 0.56 \) considered in Sec. aforementioned. In Fig. 21 a plot of exactly the same data is given, but now displaying the logarithm of the absolute value of \( f(x, v) \) as a function of \( e \) (which in LB theory gives a straight line with slope \( \beta \)). Our choice is representative of the whole batch of initial conditions, in that 1) most QSS have a clear core-halo structure, and 2) those that do not agree reasonably well with the LB prediction. Indeed the two configurations in the uppermost panel of Fig. 10 are the same two cases for which the full distribution functions were shown in Figs. [3] and [4].

In Fig. 11 a vertical line indicates the initial phase density \( f_0 \), so that it is clear that whenever a core appears it is indeed \textit{degenerate}. While the measured phase space distributions are clearly more structured than (28), in most cases this simple ansatz gives a reasonably good fit (i.e. about as close to the phase space density as the LB profile is to the observed one in the cases where it has been considered to work well above). The slightly greater structuration of the phase space density compared to the ansatz of (28) can also be seen in Fig. 20, which shows in particular that the diffuse halo, when present, although close to flat, appears clearly more consistent with a Maxwell-Boltzmann form (i.e. the non-degenerate limit of LB theory). In this respect we note that Levin et al. have not tested their ansatz directly against the phase space density, but have used it to derive predictions for \( \rho(x) \) and \( \theta(v) \) which have been compared with those observed. As we have seen in comparing numerical results with LB predictions above, these quantities typically wash out structure in energy space and make it difficult to see discrepancies which are localized in this space. We note further that our finding that it is initial conditions with \( R_0 \approx 1 \) which suppress the core-halo formation — and lead to QSS in reasonable agreement with LB — appears completely coherent with the mechanism described by Levin et al.: when the system starts close to virial equilibrium, the relaxation is typically indeed much “gentler”, simply because the system does not undergo the large contractions and expansions which result necessarily if there is a large imbalance between the initial potential and kinetic energy. It is precisely such macroscopic oscillations of the system which drive the resonances analyzed by Levin et al..

We consider finally comparison of our results with an analytical treatment of collisionless relaxation developed in [24] (see also further references therein). This work develops, under certain approximations and hypotheses, a kinetic equation for collisionless relaxation — similar to the Lenard-Balescu equation for collisional relaxation — with a term describing relaxation towards the LB equilibrium. One feature of this term is that it involves an effective space and time dependent diffusion coefficient, which is proportional to the product \( f_0(\dot{f_0} - f) \). Thus the theory suggests that relaxation should be expected to be most inefficient when \( f_0 \) is close to degenerate \( (f \simeq f_0) \) or very small \( (f \simeq 0) \). In regions of energy where relaxation is more complete, the distribution is expected to approach the LB form, but with values of the parameters \( \beta \) and \( \mu \) different from those in the global LB equilibrium. Our results in Figs. 10 and 20 do appear to be quite consistent with these qualitative predictions: indeed this theory would appear to account for why it is core-halo type states, whose dynamical origin is explained by Levin et al., which do not relax to the (global) LB equilibrium. In all cases the results in Fig. 21 show a region where the halo distribution is very consistent with a Maxwell-
Boltzmann form with an inverse temperature lower than that of the global LB prediction (dashed line). This can be interpreted, following [26], as a “mixing region” where the (in this case, non-degenerate) LB distribution applies locally, while the deviation from the (local) LB form at higher and lower energies is considered as due to incompleteness of relaxation in these regions. Further the fact that the observed distributions are, compared to the extrapolated straight line (“local” LB) fit in the “mixing region”, sensibly higher at lower energies and lower at the highest energies is also in apparent agreement with the kinetic theory described in [26].

VII. CONCLUSION AND DISCUSSION

We summarize now our principal conclusions:

- **Attainment of QSS in the SGS model:** In all cases we have considered QSS do appear to be attained, but the time-scales for relaxation to them can vary very considerably. In some cases rotating “holes” formed in the phase space density during the initial phase of violent relaxation (~ $10^2 t_c$) survive for quite a long time, disappearing only on times scales of order (~ $10^3 t_c$). As on these latter time scales the system shows no apparent tendency to relax towards its thermodynamic equilibrium, we conclude that this is simply a manifestation of slow collisional relaxation, and does not imply that QSS are not attained as argued by [24, 25]. A fuller
study of the possible $N$ dependence of such relaxation would be useful to establish this conclusion more firmly (but would be numerically challenging).

- LB theory in the SGS model: As was clear already from early studies ([3], [4]), and confirmed by more recent ones such as ([1]), LB theory is not an adequate theory for understanding fully, or even approximately, the properties of QSS arising from violent relaxation in the SGS model for arbitrary initial conditions. However, it is by no means an irrelevant theory to understanding these QSS. Our study of a quite broad range of initial conditions shows that the space of QSS in this model divides quite neatly into two: those for which LB works to quite a good approximation, and those for which the phase space density is characterized by a degenerate core, taking a form generally quite close to the simple ansatz (28) proposed by Levin et al. The initial conditions in the former class are either close to the degenerate limit, or in other cases characterized by initial virial ratio of order unity. These conditions are precisely those, in line with what has been described by Levin et al., which suppress resonances which otherwise act very efficiently to produce the degenerate core-halo structure.

- Accuracy of predictions of QSS in the SGS model: While, as just described, the QSS which result from violent relaxation divide into those which are close to the LB theory, on the one hand, or to the ansatz of Levin et al., on the other, the accuracy of the associated predictions is at best approximate: in no case do we see a perfect agreement with either LB theory or the ansatz (28). We underline that in this respect the spatial distribution of mass $\rho(x)$ and velocity distribution $\theta(v)$ are rather poor tools for diagnosing the agreement between observations and theory, as they wash out deviations which are most pronounced in energy space. We have also noted the apparent coherence of our results with the qualitative predictions of the kinetic theory approach described in ([26]).

Numerous results in the literature on various other models (see references in introduction) for specific ranges of initial conditions suggest that these latter two conclusions, and probably the first also, might apply much more generally to long-range systems. Further detailed investigation of such models, and in particular of broader classes of waterbag initial conditions like those considered here, or, for example, “multi-level” waterbag initial conditions would be required to establish if this is the case.

For the SGS it would be interesting to apply the analysis described by Levin et al. to determine a prediction of the form (28) for different initial conditions, and see how well it does in approaching the observed QSS. In this respect it is interesting perhaps to note that, at given value of $\xi_D$ this is a one parameter family of solutions, so that it predicts QSS lying on a curve in the $(\phi_{11}, \phi_{22})$ plane. In Fig. 14 we see that the QSS obtained from the two parameter family of initial conditions at a fixed $\xi_D = 0.56$ do approximately collapse onto a curve. We would expect the degree to which the simple ansatz (28) can fit the QSS to be well characterized by determining the prediction it gives in this plane.

Of particular interest is of course the original context of 3D self-gravitating systems, to which the initial study of ([9]) for SRW suggests these conclusions may indeed apply. As mentioned, however, the results reported have been based, in this case, on examination of the density profile $\rho(x)$ alone, while the energy distribution is probably a finer diagnostic tool as we have seen here. In forthcoming work we will study this case, and discuss the possible relevance of our findings in the astrophysical context. In this respect we note one of the reasons why LB theory has not played — at least for what concerns it detailed predictions — a role in astrophysics is that these predictions depend on unobservable initial phase space densities. In contrast the prediction of a degenerate core in many cases would give a simple link between observations and initial conditions, which may be of practical relevance notably in constraining the parameters in theories of structure formation in the universe.

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Appendix A: Determination of $\beta$ and $\mu$

In general $\beta$ and $\mu$ cannot be calculated analytically, so we solve for them numerically as follows. The mass normalization (4) condition is

$$M = \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} f(x, v) dv dx.$$  

Integrating over $v$, and changing the coordinate $x$ to $\varphi(x)$ just as in ([3]), we obtain

$$M = 4 \int_{0}^{\infty} \int_{0}^{\infty} \frac{\bar{f}(\varphi, v)}{a(\varphi)} dv d\varphi.$$  

(A1)

The total energy constraint ([3]), i.e.,

$$E = \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \left(\frac{v^2}{2} + \frac{\varphi(x)}{2}\right) f(x, v) dv dx,$$

...
The determination of the parameters \( \beta \) and \( \mu \) in the LB solution (3) can then be cast as the problem of finding the solutions of the equations

\[
F(\beta, \mu) = 0 \quad G(\beta, \mu) = 0.
\]

where

\[
F(\beta, \mu) = M - 4 \int_0^\infty \int_0^\infty \frac{f_0}{1 + e^{\beta (\phi - v - \mu)}} \cdot \frac{1}{a(\phi)} d\phi dv \quad \text{(A2)}
\]

\[
G(\beta, \mu) = E - 6 \int_0^\infty \int_0^\infty \frac{v^2 f_0}{1 + e^{\beta (\phi - v - \mu)}} \cdot \frac{1}{a(\phi)} d\phi dv \quad \text{(A3)}
\]

Following a standard method we write the matrix equation

\[
\begin{pmatrix}
dF(\beta, \mu) \\
\end{pmatrix} = \begin{pmatrix}
\frac{\partial F}{\partial \beta} & \frac{\partial F}{\partial \mu} \\
\frac{\partial G}{\partial \beta} & \frac{\partial G}{\partial \mu}
\end{pmatrix} \begin{pmatrix}
d\beta \\
d\mu
\end{pmatrix}
\]

where \( dF \) and \( dG \) denote the infinitesimal changes of \( F \) and \( G \) when \( (\beta, \mu) \) change to \( (\beta + d\beta, \mu + d\mu) \), we start by guessing a pair of \( (\beta, \mu) \) and then determining the new \( (\beta', \mu') = (\beta + \Delta \beta, \mu + \Delta \mu) \) using

\[
\begin{pmatrix}
\Delta \beta \\
\Delta \mu
\end{pmatrix} = \begin{pmatrix}
\frac{\partial F}{\partial \beta} & \frac{\partial F}{\partial \mu} \\
\frac{\partial G}{\partial \beta} & \frac{\partial G}{\partial \mu}
\end{pmatrix}^{-1} \begin{pmatrix}
\Delta F(\beta, \mu) \\
\Delta G(\beta, \mu)
\end{pmatrix}
\]

where \( \Delta F, \Delta G = (-F(\beta, \mu), -G(\beta, \mu)) \). We then iterate until \( \Delta F \) and \( \Delta G \) converge to 0. With a reasonable guess for the starting values of \( \beta \) and \( \mu \), good convergence is attained within a few iterations, as illustrated in Fig. 21 for a typical case.

**Appendix B: Degenerate limit of LB theory**

For completeness we reproduce here the analytic results of [14] (see also [29]) for the degenerate limit of the LB distribution function (3). This corresponds to \( \beta \to \infty \), in which

\[
f(x, v) = \begin{cases} 
0, & c(x, v) < \mu \\
\xi f_0, & \text{otherwise},
\end{cases}
\]

The density profile is then

\[
\rho(\phi) = 2 \int_0^{\sqrt{2(\mu - \phi)}} f_0 dv = 2\sqrt{2} v_0 \frac{[\mu^{\frac{3}{2}} - (\mu - \phi)^{\frac{3}{2}}]}{\sqrt{16\sqrt{3}a}} \quad \text{(B2)}
\]

and therefore, using (11),

\[
a(\phi) = 4 \cdot 2^{\frac{3}{2}} \cdot \left( \frac{2 f_0}{3} \right)^{\frac{3}{2}} [\mu^{\frac{3}{2}} - (\mu - \phi)^{\frac{3}{2}}]^{\frac{1}{2}}. \quad \text{(B3)}
\]

The mass normalization then yields

\[
M = 2 \int_0^\mu \rho(\phi) a(\phi) d\phi = \frac{4\sqrt{2} f_0}{\sqrt{16\sqrt{3}a}} \int_0^\mu \frac{(\mu - \phi)^{\frac{3}{2}} d\phi}{(\mu^{\frac{3}{2}} - (\mu - \phi)^{\frac{3}{2}})^{\frac{1}{2}}}
\]

\[
= 2^{\frac{3}{2}} \frac{f_0^{\frac{3}{2}}}{3g} \int_{\phi = 0}^{\phi = \mu} \frac{d[\mu^{\frac{3}{2}} - (\mu - \phi)^{\frac{3}{2}}]}{[\mu^{\frac{3}{2}} - (\mu - \phi)^{\frac{3}{2}}]^\frac{1}{2}},
\]

which can be integrated to give

\[
M = 2^{\frac{3}{2}} \frac{f_0^{\frac{3}{2}}}{3g} [\mu^{\frac{3}{2}}]. \quad \text{(B4)}
\]

Using the expression (A3) for the total energy we have

\[
E_D = 6 f_0 \int_0^\mu \sqrt{2(\mu - \phi)} \frac{v^2}{a(\phi)} d\phi.
\]
Integration first over \(v\) gives

\[
E_D = \frac{2}{3} \left( \frac{f_0}{3g} \right)^{\frac{2}{3}} \int_0^\mu \frac{(\mu - \varphi)^{\frac{2}{3}}}{[\mu^{\frac{2}{3}} - (\mu - \varphi)^{\frac{2}{3}}]^2} d\varphi
\]

and then, on integrating by parts, we obtain

\[
E_D = \frac{2}{3} \left( \frac{f_0}{3g} \right)^{\frac{2}{3}} \mu^{\frac{2}{3}} \int_0^1 (1 - \varphi')^{\frac{2}{3}} \varphi' d\varphi'.
\]

where \(\varphi' = (\frac{\mu - \varphi}{\mu})^{\frac{2}{3}}\). The integral can be expressed as a beta function, and the result can thus be written

\[
E_D = \frac{4}{3} \left( \frac{f_0}{3g} \right)^{\frac{2}{3}} B\left(\frac{3}{2}, \frac{2}{3}\right) \mu^{\frac{2}{3}}.
\]

It is simple to show from (A2) that \(\frac{\partial E}{\partial \beta} < 0\) in general, tending asymptotically to 0 as \(\beta \to \infty\). This is thus indeed the minimal possible energy corresponding to given \(M\) and \(f_0\).

**Appendix C: Generation of DRW initial conditions**

For the DRW phase space density defined in Sec. [V], a direct calculation gives immediately that the initial kinetic energy is

\[
T_0 = f_0 \left[ \frac{2(x_2 - x_1)v_3^3}{3} + \frac{2x_1v_1^3}{3} \right]
\]

and the initial potential energy

\[
U_0 = 4f_0v_2^2g\left[ \frac{4x_2^3}{3} + \frac{2x_1^3}{3} - 2x_2^2x_1 \right] + \frac{16}{3} f_0^2v_1^2g^3x_1^3.
\]

These indeed reduce to the corresponding expressions [23] for the SRW (when we set \(x_1 = 0, x_2 = x_3\) or \(v_1 = v_2\)). To generate the specific initial condition reported in Sec. [V]D, we do a random sampling in in \(x_1, x_2, v_1\) and \(v_2\) at fixed \(f_0\), \(E\) and \(M\) fixed (which implies that \(\xi_D\) is fixed). We then choose configurations with \(R_0 = 2T_0/U_0\) and \(\delta\) as various as possible.

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