Gender difference in the neuroprotective effect of rat bone marrow mesenchymal cells against hypoxia-induced apoptosis of retinal ganglion cells

Jing Yuan1*, Jian-xiong Yu2

1 Eye Center, Renmin Hospital of Wuhan University, Wuhan, Hubei Province, China
2 Department of Gastrointestinal Surgery, Renmin Hospital of Wuhan University, Wuhan, Hubei Province, China

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Graphical Abstract

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Abstract

Bone marrow mesenchymal stem cells can reduce retinal ganglion cell death and effectively prevent vision loss. Previously, we found that during differentiation, female rhesus monkey bone marrow mesenchymal stem cells acquire a higher neurogenic potential compared with male rhesus monkey bone marrow mesenchymal stem cells. This suggests that female bone marrow mesenchymal stem cells have a stronger neuroprotective effect than male bone marrow mesenchymal stem cells. Here, we first isolated and cultured bone marrow mesenchymal stem cells from female and male rats by density gradient centrifugation. Retinal tissue from newborn rats was prepared by enzymatic digestion to obtain primary retinal ganglion cells. Using the transwell system, retinal ganglion cells were co-cultured with bone marrow mesenchymal stem cells under hypoxia. Cell apoptosis was detected by flow cytometry and caspase-3 activity assay. We found a marked increase in apoptotic rate and caspase-3 activity of retinal ganglion cells after 24 hours of hypoxia compared with normoxia. Moreover, apoptotic rate and caspase-3 activity of retinal ganglion cells significantly decreased with both female and male bone marrow mesenchymal stem cell co-culture under hypoxia compared with culture alone, with more significant effects from female bone marrow mesenchymal stem cells. Our results indicate that bone marrow mesenchymal stem cells exert a neuroprotective effect against hypoxia-induced apoptosis of retinal ganglion cells, and also that female cells have greater neuroprotective ability compared with male cells.

Key Words: nerve regeneration; optic nerve injury; bone marrow mesenchymal stem cells; retinal ganglion cells; neuroprotection; hypoxic injury; gender difference; transwell system; co-culture; cell apoptosis; flow cytometry; caspase-3; neural regeneration
Introduction
Progressive death of retinal ganglion cells (RGCs) is a major cause of irreversible visual impairment from neurodegenerative diseases such as glaucoma (Sucher et al., 1997; Kaur et al., 2006, 2007, 2008; Abramov et al., 2007; Wang et al., 2007; Magalhães da Silva et al., 2012). Clinically, the only available treatment is pharmacological or surgical reduction of intraocular pressure (Quigley, 2011; Mataki et al., 2014; Budenz et al., 2006, 2007, 2008; Abramov et al., 2007; Wang et al., 2007; Forostyak et al., 2013; Glavaski-Joksimovic et al., 2013; Johnstone et al., 2011; Connick et al., 2011, 2012; Auletta et al., 2012; Karl et al., 2012; Kinnaird et al., 2004; Ye et al., 2005; Casson et al., 2012; Chang et al., 2012; Guan et al., 2013; Huang et al., 2013; Machalińska et al., 2013; Manuguerra-Gagné et al., 2013; Ng et al., 2013, 2014; Junji et al., 2015). Currently, most studies suggest that MSCs have neuroprotective effects in preclinical models of neurodegeneration (Bai et al., 2009; Karussis et al., 2010; Wakabayashi et al., 2010; Novikova et al., 2011; Connick et al., 2011, 2012; Auletta et al., 2012; Forostyak et al., 2013; Glavaski-Joksimovic et al., 2013; Johnson et al., 2010, 2013; Hu et al., 2013; Hao et al., 2014; Ng et al., 2014). MSC transplantation attenuates neuronal death and ensures RGC survival following ischemia/reperfusion (Li et al., 2009), optic nerve crush (Zhao et al., 2011; Mesentier-Louro et al., 2014), optic tract transaction (Zwart et al., 2009), and ocular hypertension (Yu et al., 2006; Johnson et al., 2010). However, the biological and phenotypic implications of sex-specific differences in MSCs remain unclear. Previously, we have found that female rhesus monkey bone marrow mesenchymal stem cells (BMSCs) acquire a higher neurogenic potential compared with male rhesus monkey BMSCs during differentiation (Yuan et al., 2010). Accordingly, female BMSCs may exert a stronger neuroprotective effect than male BMSCs. Here, we investigated gender differences in the neuroprotective effects of BMSCs against hypoxia-induced apoptosis of RGCs.

Materials and Methods

Materials
Ten healthy female and ten healthy male juvenile Sprague-Dawley rats (to isolate BMSCs) and ten newborn Sprague-Dawley rats (to obtain RGCs) were obtained from the Laboratory Animal Center of Renmin Hospital of Wuhan University of China. Juvenile rats were 2–6 months of age and equivalent in weight (250–300 g), while newborn rats were 1–7 days of age. Rats were housed in individual cages under a 12-hour light/dark cycle and in a dry and ventilated room at 23–25°C, with free access to food and water. All surgery was performed under anesthesia, and all efforts were made to minimize pain and distress in the experimental animals. All procedures were performed in accordance with the United States National Institutes of Health Guide for the Care and Use of Laboratory Animal (NIH Publication No. 85-23, revised 1986). This study was approved by the Ethics Committee of Renmin Hospital of Wuhan University of China.

Isolation and culture of rat BMSCs
Bone marrow cells were obtained from twenty healthy female and male rats, and characterized as previously described (Lei et al., 2007). Briefly, bone marrow aspirates were collected from the femur and tibia. Bone marrow was flushed out using Dulbecco’s modified Eagle’s medium with low glucose (L-DMEM) (Gibco, New York, NY, USA). Suspended cells were centrifuged at 1,000 r/min for 5 minutes. After discarding the supernatant, cells were resuspended in L-DMEM with 10% fetal bovine serum (Gibco), 100 U/mL penicillin, 100 µg/mL streptomycin, 2.4 mg/mL hydroxyethyl piperazine ethanesulfonic acid, and 3.7 mg/mL NaHCO3. Next, cells were placed in 25 cm2 culture flasks and incubated at 37°C in 5% CO2 for 12 hours. Non-adherent cells were removed. The culture medium was replaced every 2 days. On day 12 or 13, confluent cultures (passage 0; P0) were trypsinized with 0.25% trypsin in 0.02% ethylene-diaminetetraacetic acid and subcultured as P1. Acquired BMSCs were confirmed after differentiation into osteocytes and adipocytes by addition of specific differentiation media, as described previously (Wang et al., 2006). Cell morphology was observed by phase contrast microscopy (Olympus, Tokyo, Japan). Immunophenotypes were assayed by flow cytometry after co-incubation with fluorescein isothiocyanate (FITC)/phycoerythrin-conjugated monoclonal antibodies including CD29, CD34, CD44, CD45, CD80, and CD86 (BD Biosciences, Sparks, MD, USA), as described previously (Jing and Jian-Xiong, 2011). In subsequent experiments, cells at P3–6 were used for neuroprotection assays.

Purification and culture of RGCs
Primary RGCs were purified and cultured as described previously (Winzeler and Wang, 2013). Briefly, newborn rats were sacrificed, and retinæ dissected and incubated for 45 minutes in Dulbecco’s phosphate buffered saline supplemented with 160 U/mL papain and 200 U/mL DNase. Retinal tissue was sequentially triturated in Dulbecco’s phosphate buffered saline containing 0.2% bovine penicillin, 0.2% streptomycin, 2.4 mg/mL hydroxyethyl piperazine ethanesulfonic acid, and 3.7 mg/mL NaHCO3. Flushed out using Dulbecco’s modified Eagle’s medium with low glucose (L-DMEM), primary RGCs were purified and cultured as described previously (Jing et al., 2011). In subsequent experiments, cells at P3–6 were used for neuroprotection assays.
the plates were collected by centrifugation at 600 r/min for 5 minutes, and seeded onto 13 mm glass coverslips in 24-well plates coated with 50 µg/mL poly-L-lysine (Sigma-Aldrich, St. Louis, MO, USA) and 1 µg/mL laminin (Invitrogen, Carlsbad, CA, USA). Purified RGCs were plated at a density of approximately 1,000 cells per well, and cultured in neurobasal medium (Invitrogen) supplemented with 100 µg/mL bovine serum albumin, B27 (Invitrogen), 100 U/mL penicillin, 100 µg/mL streptomycin, 1 mM L-glutamine, 10 µM forskolin, 40 ng/mL human recombinant brain-derived neurotrophic factor, and 40 ng/mL rat recombinant ciliary neurotrophic factor (Sigma-Aldrich) in a humidified atmosphere containing 5% CO₂ and 95% air at 37°C for 7 days. Cells were monitored by phase contrast microscopy (Olympus) for morphological changes during growth. Acquired retinal cells were confirmed as RGCs by immunocytochemical staining of Thy1. Coverslips containing viable RGCs were only used when there was distinct neurite sprouting, which usually appeared after 7 days of incubation. Only cultures of pure RGCs with no trace of glial contamination were selected for further study.

Immunocytochemistry
On day 7 after primary culture, RGCs plated on coverslips were fixed in 4% paraformaldehyde for 20 minutes and permeabilized with PBS supplemented with 0.1% Triton X-100 at room temperature. Subsequently, nonspecific blocking was blocked with 4% goat serum for 25 minutes at room temperature. Cells were then incubated with rat anti-mouse Thy1 monoclonal antibody (1:300; Abcam Inc., Cambridge, MA, USA) at 4°C overnight to identify neurons. Next, cells were washed with PBS and incubated with a red fluorescent protein-labeled goat anti-rabbit secondary antibody at room temperature for 2 hours (1:500; BD Biosciences, San Jose, CA, USA). Finally, cells were washed three times in PBS, with Hoechst 33342 (Vector Laboratories, Burlingame, CA, USA) at 4°C overnight to identify neurons. Images were visualized and cell numbers of positive staining and Hoechst staining counted using a confocal laser microscope (TCS, SP5; Leica, Mannheim, Germany) at 200× magnification.

RGC co-culture with BMSCs and hypoxic injury
BMSCs (P3–6) were co-cultured with RGCs. BMSCs were separated from RGCs using a 0.4 µm porous polystyrene membrane in 12-well plates with 12-mm membrane diameter transwells. This co-culture system allows cells to maintain crosstalk mediated by secretion of signaling molecules, but avoids mixing of both cell types and physical contact during the culture time prior to plating BMSC-containing inserts into plates containing RGCs. RGCs were cultured in 12-well plates for 7 days in vitro prior to hypoxic injury. BMSCs were plated in 12-well inserts and grown to 80–100% confluence in serum-containing growth medium (L-DMEM with 10% fetal bovine serum (Gibco), 100 U/mL penicillin, 100 µg/mL streptomycin, 2.4 mg/mL hydroxyethyl piperazine ethanesulfonic acid, and 3.7 mg/mL NaHCO₃). BMSCs were rinsed twice with PBS and the medium changed to neurobasal medium, consequently removing serum from the co-culture system. For hypoxia stress (Hong et al., 2007), the co-culture system was transferred to a controlled-atmosphere incubator containing a 5% CO₂, 90% N₂, and 5% O₂ mixture, and co-cultured for 24 hours. RGCs were divided into four groups (n = 3 for each group): normal control (normoxia group), hypoxia for 24-hours (hypoxia group), hypoxia for 24 hours in the presence of female BMSCs (MBMSCs) (hypoxia + MBMSCs group), and hypoxia for 24 hours in the presence of female BMSCs (FBMSCs) (hypoxia + FBMSCs group). In the normoxia group, RGCs were placed in an incubator at 37°C with normal humidity and 95% air and 5% CO₂. Finally, RGC apoptosis was assessed by flow cytometry (FACS™, BD Biosciences) and caspase-3 activity assay.

Flow cytometry for cell apoptosis
After hypoxia exposure for 24 hours, the percentage of apoptotic or necrotic cells was determined by flow cytometry using an Annexin V-FITC/propidium iodide (PI) apoptosis detection kit (Becton Dickinson; Frankly Lakes, NJ, USA), according to the manufacturer's instructions. Briefly, cells (1 × 10⁶ cells/mL) attached to the bottom of plates and cells in the supernatant were collected, washed twice with ice-cold PBS, and re-suspended in 200 µL Annexin V binding buffer. Subsequently, 2 µL Annexin V-FITC and 2 µL PI were added and incubated for 5–15 minutes in the dark at room temperature. After incubation, samples were analyzed by flow cytometry (FACS™). The percentage of apoptotic cells was directly calculated using the FACS™ can flow cytometer (Becton-Dickinson).

Caspase-3 activity analysis for cell apoptosis
After hypoxia exposure for 24 hours, caspase-3 activity was determined using the CaspACE™ colorimetric assay system (Promega, Madison, WI, USA), according to the manufacturer’s instructions. Briefly, cells (1 × 10⁶ cells/mL) attached to the bottom of plates and cells in the supernatant were collected, washed twice with PBS, and re-suspended in cell lysis buffer. Cells were then mixed with 32 µL assay buffer and 2 µL 10 mM DEVD-paranitroanilide substrate, and incubated for 4 hours at 37°C. After incubation, absorbance values were determined at 405 nm by subtraction of the mean absorbance of the blank from the sample using a microplate spectrofluorometer reader (Perkin Elmer, Verona Hills, IL, USA). Caspase-3 activity was calculated as relative fluorescence units.

Statistical analysis
SPSS 18.0 software (SPSS, Chicago, IL, USA) was used for statistical analysis. Measurement data results are presented as the mean ± SD. Intergroup differences in percentage of apoptosis and caspase-3 activity were performed using one-way analysis of variance and the least significant difference test. P values < 0.05 were considered statistically significant.
Results

Culture and identification of rat BMSCs
Mesenchymal stem cell populations originating from adult rat bone marrow from female and male donors were successfully isolated, purified, and expanded in monolayer cultures. After reaching confluence and subsequent sub-cultivation at an early passage, FBMSCs and MBMSCs became morphologically homogeneous fibroblast-like cells (Figure 1A, B). After long-term culture ($\geq$ 10 passages), BMSCs began to exhibit morphological changes, and were a mixture of bipolar or dendrite-like shapes, before gradually dying as culture time extended. We observed that FBMSCs were able to maintain subculture with increased passaging compared with MBMSCs (Figure 1C, D). Flow cytometry showed expression of CD29 and CD44 but not CD34, CD45, CD80, and CD86 (data not shown). In addition, FBMSCs and MBMSCs underwent appropriate differentiation into adipocytes and osteoblasts after culture in induction media (Figure 1E–H).

Culture and identification of RGC
A RGC population originating from rat retinae was successfully isolated, purified, and expanded in monolayer culture. After 1 day of culture, the cells tended to form clusters with few micro-neurites. This tendency reached a peak at 2 days and then began to weaken at 5 days. During culture, the neurites of cells extended and connected to each other, with the cells finally forming a monolayer. Monolayer cells were a heterogeneous population that included cells with long neurites, as well as round or oval cell bodies with thin neurites (Figure 2A). Using the conditions outlined in the Materials and Methods section, we maintained RGCs in culture for as long as 2 weeks. Immunocytochemical staining demonstrated Thy1 expression, suggesting that the cells were RGCs (Figure 2B).

BMSCs protected RGCs from hypoxia-induced apoptosis and exhibited gender differences
Flow cytometry was used to examine the neuroprotective effect of BMSCs. Gender differences in their anti-apoptotic effects after hypoxia-induced apoptosis of RGCs were determined by calculating the percentage of apoptotic or necrotic cells (Figure 3A, B). Apoptotic cells include both early (Annexin V+/PI−) and late (Annexin V+/PI+) cells. Compared with normoxia, we found a marked increase in caspase-3 activity after 24 hours of hypoxia compared with normoxia ($P < 0.05$). Further, caspase-3 activity was significantly decreased after co-culture with both FBMSCs and MBMSCs under hypoxic conditions compared with culture alone ($P < 0.05$). Caspase-3 activity was significantly different between FBMSCs and MBMSCs ($P < 0.05$). These results show that BMSCs effectively inhibit hypoxia-induced apoptosis of RGCs, and the neuroprotective effects present a gender difference.

Discussion
The use of stem cells in neuroprotective treatments in all areas of medicine has recently been under consideration. However, gender differences in the neuroprotective effects of BMSCs have not yet been investigated. Indeed, greater understanding of sex-specific differences in the neuroprotective effects mediated by BMSCs is a prerequisite before considering their use in the treatment of neurological diseases. Accordingly here, we investigated the neuroprotective effects of BMSCs and compared the effect of each sex. Our results provide crucial information for the future application of BMSCs for successful neuroprotection of RGCs.

First, we isolated rat BMSCs from juvenile female and male rats, and established a common experimental animal model to study gender differences of BMSCs. By observing cellular morphology, we detected a uniform fibroblast-like shape after subculture at early passages. With increasing passage number, the cells gradually lost their vitality, but FBMSCs maintained longer passage numbers compared with MBMSCs, suggesting that females have increased subculture viability. Adherent cells were confirmed as BMSCs due to their ability to undergo lipogenic and osteogenic differentiation, and by representative CD34 expression. Further, we acquired purified RGCs by a two-step immunopanning procedure. However, we found it difficult to obtain uniformly shaped cells during purified RGC culture. RGCs tended to group during growth, and the high cell density led to RGC clustering and a connected network, with long neurites present as culture time continued. With increased cell density, RGC clustering and the connected network were weakened, and neurites gradually became thin and short, with round or oval shaped cells and short neurites. Cells gradually died over time. These results suggest that RGCs are highly vulnerable and sensitive to disturbances in the ambient environment.

Additionally, our RGC-BMSC co-culture model showed that BMSCs exert a protective effect on RGC viability against hypoxic injury. Using flow cytometry and caspase-3 activity assays, we found that co-culture with both FBMSCs and MBMSCs suppressed hypoxia-induced apoptosis of RGCs and improved their survival. This is in agreement with previous reports indicating that the rate of hypoxia-induced RGC loss is reduced when BMSCs are intravitreally transplanted in an experimental ocular hypertension model (Ng et al., 2014; Emre et al., 2015). Altogether, these findings suggest
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interesting observation that may be explained by the following: (1) FBMSCs may demonstrate improved attenuation of hypoxic injury or other insult compared with MBMSCs because of their greater inherent ability to survive (Crisostomo et al., 2007). This is supported by our results showing that FBMSCs maintain viability with increasing subculture number. (2) FBMSCs may release greater levels of protective factors and decreased inflammatory cytokines in response to hypoxia or other injury (Crisostomo et al., 2007). This and our previous study suggest that gender plays an important role in stem cell function. Gender differences may be associated with the role of estrogen. Estrogen can enhance female stem cell survival and activity (Marin-Husstege et al., 2004), which may be mediated by mitogen activated protein kinases and cyclin dependent kinases (Han et al., 2006). Exogenous estrogen, possibly via estrogen receptor alpha, increases MSC function and calcium deposition (Leskelä et al., 2006; Wang et al., 2006). Furthermore, gender differences in tumor necrosis factor-R1 signaling may account for enhanced vascular endothelial growth factor and decreased tumor necrosis factor-α expression detected in female MSCs. Tumor necrosis factor-R1 ablation also significantly reduces male MSC apoptosis after hypoxic injury. Thus, sex hormones and various intracellular signaling pathways may in part explain the observed gender differences in stem cell function. Gender differences, although observed in vitro, may provide information on the neuroprotective ability of BMSCs and their intrinsic commitment in vivo. Based on our experimental evidence, it is possible that the gender difference reflects more active neuronal growth in females compared with males. For example, this may explain the epidemiological observation that women have a lower incidence of symptomatic Parkinson’s disease and a higher
neuroprotective effects of BMSCs and may contribute to the development of new therapeutic strategies for neurological repair and regeneration.

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