### Appendix Table 1: Variables and assignments

| Variables                        | Code |
|----------------------------------|------|
| **Gender**                       |      |
| Male                             | 0    |
| Female                           | 1    |
| **Age**                          |      |
| 60-1                             | 1    |
| 70-2                             | 2    |
| 80-3                             | 3    |
| **Education**                    |      |
| Illiteracy or semiliterate       | 1    |
| Primary school                   | 2    |
| Junior school or above           | 3    |
| **Past occupation**              |      |
| Farmer                           | 1    |
| Others                           | 2    |
| **Marital Status**               |      |
| Single                           | 1    |
| Couple                           | 2    |
| **Number of children**           |      |
| 0-3                              | 1    |
| >3                               | 2    |
| **Relationship with children**   |      |
| Good or normal                   | 1    |
| Poor                             | 2    |
| **Residence**                    |      |
| Urban                            | 1    |
| Rural                            | 2    |
| **Self-reported health status**  |      |
| Good                             | 1    |
| Normal                           | 2    |
| **Psychological stress**         |      |
| ADL                              |      |
| I                                | 1    |
| II                               | 2    |
| III                              | 3    |
| **NCD**                          |      |
| Yes                              | 1    |
| No                               | 2    |
| **Household income**             |      |
| Q1 b                             | 1    |
| Q2                               | 2    |
| Q3                               | 3    |
| Q4                               | 4    |