Original Article

ASSESSMENT OF ANTIMICROBIAL EFFICACY OF KOHL/KAJAL PREPARED BY DIFFERENT INDIAN METHODS AGAINST SELECTED MICROBIAL STRAINS

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ABSTRACT

Objective: To prepare and evaluate different types of Kajal formulations and evaluation of its antimicrobial activity along with preliminary verification of the content responsible for the said effect.

Methods: We have prepared kajal formulations by use of different metal plates, marble tile, ghee and Aloe vera mucilage and tried to verify the antimicrobial effect attributed to the formulation by these substances.

Results: Carbon soot obtained from the use of copper plate showed more antimicrobial potential against Staphylococcus aureus, Pseudomonas aeruginosa and E. coli, with zones of inhibition 18±0.235 mm, 17±0.124 mm and 19±0.528 mm respectively. Also this formulation at different concentrations when compared with Ciprofloxacin exhibited promising results. Moreover, this formulation when used with Ciprofloxacin at a concentration of (50:50) revealed a synergistic effect against the clinically resistant strains of P. aeruginosa, with zone of inhibition 22±0.570 mm and 25±0.987 mm at a concentration of 10 and 5 µg ml⁻¹ respectively, whereas, Ciprofloxacin exhibited zone of inhibition of 26±0.457 mm and 24±0.751 mm at the similar concentrations. To assess the effectiveness of Aloe vera we used marbles tiles for collection of carbon soot. The zones of inhibition observed for Kohl formulations prepared by using carbon soot collected from marble tiles impregnated with Aloe vera mucilage exhibited less antimicrobial activity than that of copper soot against the selected microbial strains.

Conclusion: All the prepared kajal formulations exhibited antimicrobial activity. Aloe vera and copper soot is responsible for significant antimicrobial activity and when combined with Ciprofloxacin it showed synergistic activity against the clinically resistant strains of P. aeruginosa.

Keywords: Kajal, Carbon soot, Aloe vera, Antimicrobial activity, Synergistic activity

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INTRODUCTION

Advancement in the Ayurvedic system of medicine has been revolutionized from the screening of phytochemicals, pharmacological activities to elucidating their mechanisms and sites of action [1]. Numerous Ayurvedic products which are available in the market markedly vary in their quality and therapeutic efficacy owing to the differences in their composition. Knowledge about active principles of the herbal preparations are not well defined, information on toxicity and ill effects of these formulations are lacking [2]. Herbal treatments applied topically have gained popularity due to their widespread use and ill-defined benefit/risk ratio [3]. In Ayurveda, Pitta dosha stands for the element of fire and light that governs our eyes.

Eye is the index of our soul and is an unique organ from the anatomical and physiological point of view. Without eye we cannot enjoy the beauty of nature [4]. Eye makeup has long been used to enhance personal appearance, to improve self-esteem or attract the attention of others. Cosmetics used as eyeliners, eye shadow, mascara, eyelash curlers, eye makeup removers...etc could all contribute to eyelid Blepharitis [5]. Vedic science offers several natural, safe and effective techniques to care for the eyes especially for beautification. Amongst which, Kajal, Al-kahal, Kuhl, Soorma, Ithmid are the synonyms of kohl, a cosmetic whose role in eye products cannot be ignored. Kajal is the thick, black ointment preparation, used in the hindu and muslim religious country for the health of eyes as eye liners. Kajal is usually applied with one fingertip on the inner rim of the lower eyelid and on upper lid. It helps to remove the impurities from the eye as well and also keeps the eye cool for a long period of time [6]. It is a traditional powder-like mixture used as eyeliner and to treat eye disease in many Middle and Far East countries [7]. Traditionally, in many countries, eye kohl is applied to newborn children; parents believe it works against pain and evil eyes [8]. In countries of the Arabian Peninsula, kohl refers to several preparations, including black kohl, which is largely composed of a fine powder of the lead sulhide (PbS) ore galena. As well Kohl is an ancient eye cosmetic, traditionally made by grinding stibnite (Sb2S3).

[9-12] India is the one of the country which is using the Kajal not only for beautification purpose but also for protection of the eye in woman and children’s from ancient time. Lots of different techniques are used in India for the preparation of kajal but most of the techniques have not been well documented in the scientific literature. Using Almond, camphor, aloe vera, castor oil, ghee etc kajal have been prepared in ancient ayurvedic practice along with copper, bronze, silver, gold plate as a soot collecting base [13]. Gupta et al. (2016) formulated herb based kohl containing Almond oil soot, Castor oil, Mentha extract, Oxicum extract, Vitex extract and vegetable ghee etc and claimed their antimicrobial activity. However, the ingredient(s) responsible for the said effect has not been clearly mentioned [10]. Moreover, Sherwal B L et al. (2008) reported different types of microbes responsible for eye infection namely Staphylococcus aureus (19.13%), Pseudomonas aeruginosa (4.92%), and Escherichia coli (1.10%) which are still the most common isolates among the known and opportunistic pathogens in ocular infection [14]. Therefore we have selected the aforesaid species for assessment of the antimicrobial activity of the prepared formulations.

Though, Kajal is one of the most important component in eye makeup, but still its medicinal use is bit limited and hence...
formulating a medicated Kajal as a Cosmeceutical product to combat eye infections and beautification was thought of as an innovative approach.

Moreover, nowadays antimicrobial resistance or multidrug resistant is a matter of serious concern. Already numerous microbial species including Pseudomonas aeruginosa have developed resistance to several commonly used antibiotics. Thus, additionally we have studied the developed Kajal formulation from the copper soot for clinically resistant (Multi Drug Resistance) strain of Pseudomonas aeruginosa.

Therefore, the intention of the study was i) to explore the different techniques for the preparation of Kajal formulation in India ii) to assess the comparative antimicrobial activity of prepared Kajal formulation iii) to find the content(s) from the formulation responsible for the antimicrobial activity and iv) to study the efficacy of formulated kajal and standard against the resistant strains of microbial species.

MATERIALS AND METHODS

Ciprofloxacin was obtained as a gift sample from Okasa Pharma Limited, Satara. Dimethyl sulfoxide, ethanol, nutrient agar were purchased from Loba chem. Ltd, Mumbai, India. The solid media and broth used for microbial culture were procured from Hi-Media Pvt. Limited, Mumbai, India. All the other materials required for the preparation of Kajal formulation were obtained from local area near Kasegaon viz. Aloe vera. The all microbial strains and MDR strain of Pseudomonas aeruginosa obtained from Micro bio lab Pune.

Preparation of carbon soot using different metal plates

Fresh Aloe vera leaf was taken and peeled off with the aid of blunt knife. The mucilage which oozed out from the leaf was properly collected and evenly spread on the surface of different plates such as silver (Ag), bronze (Bz) and copper (Cu) (table 1). Thereafter, Aloe vera mucilage applied Ag, Bz and Cu plates were kept in sunlight for few hours to get dry the applied layer of mucilage. A lamp filled with cow ghee with dipped cotton wick was taken and burnt the flame. The all plates were kept on the separate stand for support as shown in fig. 1. Allowed the lamp to burn the plate on which the mucilage was applied, so that the carbon soot gets collected on the plate. It takes up to 3-4 h for the carbon soot to get collected. The collected carbon soot was scraped off and collected in a box. Three different types of carbon soot collected from three different metal plates namely Ag, Bz and Cu and they were coded as AgCS, BzCS and CuCS respectively.

Preparation of carbon soot by using marble tiles, Ghee, Aloe vera and peanut oil

Four types of carbon soot were prepared by replacing the metal plate with marble tiles (table 1). The details are described as follows.

Preparation of FGH carbon soot-A lamp filled with cow ghee with dipped cotton wick was taken and burnt the flame. A marble tile was kept on the separate stand for support over the lamp as shown in fig. 2. After 3-4 h, carbon soot gets collected on the marble tile. The collected carbon soot was scraped off and collected in a box and coded as FGH.

Preparation of FG carbon soot-A lamp filled with peanut oil with dipped cotton wick was taken and burnt the flame. A marble tile was kept on the separate stand for support over the lamp as shown in fig. 2. After 3-4 h, carbon soot gets collected on the marble tile. The collected carbon soot was scraped off and collected in a box and coded as FG.

Preparation of FGK carbon soot-Fresh Aloe vera leaf was taken and peeled off with the aid of blunt knife. The mucilage which oozed out from the leaf was properly collected and evenly spread on the surface of marble tile and thereafter, marble tile was kept in sunlight for few hours to get dry. A lamp filled with ghee with dipped cotton wick was taken and burnt the flame. The marble tile was kept on the separate stand for support over the lamp as shown in fig. 2. After the 3-4 h, carbon soot gets collected on the marble tile. The collected carbon soot was scraped off and collected in a box and coded as FGK.

Preparation of FGHK carbon soot-Fresh Aloe vera leaf was taken and peeled off with the aid of blunt knife. The mucilage which oozed out from the leaf was properly collected and evenly spread on the surface of marble tile and thereafter, marble tile was kept in sunlight for few hours to get dry. A lamp filled with ghee with dipped cotton wick was taken and burnt the flame. The marble tile was kept on the separate stand for support over the lamp as shown in fig. 2. After the 3-4 h, carbon soot gets collected on the marble tile. The collected carbon soot was scraped off and collected in a box and coded as FGHK.

Preparation of AgCS, BzCS, CuCS, FGH, FG, FKG and FGHK were screened for their antimicrobial activity by Diffused Well Agar Method. It was tested on agar nutrient medium against Pseudomonas aeruginosa, Staphylococcus aureus and E. coli. The activity was determined by measuring the diameter of zone of inhibition. The test strains of Pseudomonas aeruginosa, Staphylococcus aureus and E. coli were collected from Department of Microbiology, YC College, Karad (415124), Maharashtra, India. The plates were inoculated with test cultures and the wells (6 mm diameter) were made with help of 6 mm diameter cork borer. The wells were loaded with prepared dilutions (100 mg ml-1) of AgCS, BzCS, CuCS, FGH, FG, FKG and FGHK separate in defined plate. After 24 h of incubation, the zone of inhibition was determined.

Antimicrobial activity different types of ghee’s

With an intent to assess the Antimicrobial activity of ghee we performed the tests using four different types of ghee collected and they were coded as G1-Deshi cow ghee, G2-Jarshi cow ghee, G3-buffalo ghee and G4-freshly prepared cow ghee and antimicrobial activity was carried out against Pseudomonas aeruginosa, Staphylococcus aureus, E. coli. The results revealed that none of the tested samples showed indication of antimicrobial potential. We have preferred cow ghee as a vehicle in the preparation of Kajal as traditionally in the Indian system of medicine, Ayurveda cow ghee has been prescribed as a remedy for treatment of various diseases and ailments.

Preparation method of Kajal Formulation from collected carbon soot (AgCS, BzCS, CuCS, FGH, FG, FKG and FGHK)

2 gm of prepared AgCS, BzCS, CuCS, FGH, FG, FKG and FGHK carbon soot were transferred in a small sterilized copper metal container. Then 2 to 3 drops of cow ghee was added in each container. Care was exercised to add adequate cow ghee, which will prevent formation of smudgy and thick/thin carbon based Kajals. The Kajal formulation were prepared from AgCS, BzCS, CuCS, FGH, FG, FKG and FGHK and coded as AgCSK, BzCSK, CuCSK, FGHKF, FGKF, FGGKF and FGHKKF respectively.

Evaluation of formulations (Kajal)

Physical evaluation

All the formulations of Kajal were evaluated for physical parameters like color, odor, texture and consistency.

pH determination

The pH of the prepared formulations was measured by pH meter (Systronics digital-DI-707). One gram of kajal sample was weighed and dispersed in 25 ml of DMSO and stored for 120 min. The estimation of pH of Kajal formulations was recorded thrice and average taken.

Spreadability

A special apparatus suggested by Mutimer et al., (1956); was designed for determining spreadability of the prepared all Kajal formulations. An excess amount of Kajal samples were sandwiched in glass slides and a 1000 g weight was placed on slides for 5 min to compress a Kajal samples to uniform thickness. Weight (50 gm) was added to the pan. The time required to separate the two slides was taken as a measure of spreadability. Lesser the time taken for separation of two slides, better the spreadability. It was calculated by using the formula:

\[ \text{Spreadability} = \frac{t_1}{t_2} \times 100 \]
Kajal formulation (CuCSKF) was assessed for the antimicrobial activity of prepared carbon soot (AgCS and BzCS), therefore, the CuCS soot with copper plate as base showed the significant activity than other prepared soots. The carbon soot (CuCS) prepared using concentration of solution of 5 and 10 mg ml\(^{-1}\). From the results of the study it is clearly indicated that CuCS possess antimicrobial activity by Diffused Well Agar method. It was tested on agar nutrient medium against Pseudomonas aeruginosa and Staphylococcus aureus. The plates were inoculated with test cultures and the wells (6 mm diameter) were made with help of 6 mm diameter cork borer and the wells were loaded with prepared dilutions using Dimethyl sulfoxide (DMSO) as solvent (100 mg/ml and 300 mg/ml) of CuCSKF and standard (Ciprofloxacin) After 24 h of incubation, the zone of inhibition was determined.

Antimicrobial activity of clinical resistant strain (MDR) of Pseudomonas aeruginosa of mixture of CuCSKF and standard Ciprofloxacin (1:1)

Preparation of the Ciprofloxacin solution

Solution A and B were prepared by adding 50 and 100 mg of Ciprofloxacin diluted with 10 ml of DMSO solution to yield a final concentration of solution of 5 and 10 mg ml\(^{-1}\) respectively.

Preparation of CuCSKF solution

Solution C and D were prepared by adding 50 mg and 100 mg of CuCSKF diluted with 10 ml of DMSO solutions to obtain final concentration of 5 and 100 mg ml\(^{-1}\) respectively.

Preparation of combination CuCSKF and antibiotic solutions (Solution E)

It was prepared by adding equal volume of Solution A and C (1 ml each) to get a Solution C containing 2.5 mg ml\(^{-1}\) of antibiotic and 2.5 mg ml\(^{-1}\) of CuCSKF.

Preparation of combination CuCSKF and antibiotic solutions (Solution F)

It was prepared by adding equal volume of Solution B and D (1 ml each) to get a Solution C containing 5 mg ml\(^{-1}\) of antibiotic and 5 mg ml\(^{-1}\) of CuCSKF.

Antimicrobial test of mixture of CuCSKF and standard Ciprofloxacin (50:50) was performed against the clinically resistant strain (MDR) of Pseudomonas aeruginosa by using 5 and 10 \(\mu\)g/ml concentrations by the same method described above to find out the synergistic effect [16].

RESULTS

Antimicrobial activity of carbon soot

From the results of the study it is clearly indicated that CuCS possesses greater antimicrobial potential with zone of inhibition 18±0.235 mm, 17±0.124 mm and 19±0.528 mm against the Staphylococcus aureus Pseudomonas aeruginosa and E. coli respectively. While, the BzCS exhibited 16±0.211 mm, 14±0.331 mm and 15±0.326 mm as zone of inhibition against the Staphylococcus aureus Pseudomonas aeruginosa and E. coli respectively. In case of AgCS the zone of inhibition were found to be 14±0.311 mm, 15±0.143 mm and 13±0.194 mm against Staphylococcus aureus Pseudomonas aeruginosa and E. coli respectively as shown in table 2 and fig. 3.

To assess the role of Aloe vera and metals in the antimicrobial activity, soot were prepared by replacing the plate with marble tiles which showed less zone of inhibition as compared to soot obtained from the metal plates and Aloe vera as shown in table 2 and fig. 4.

Antimicrobial activity of different types of ghee

From the values obtained from table 3 and fig. 5 it is clearly revealed that ghee does not exhibit any antimicrobial effect against the selected strains. Thus, its use is only confined as a base or vehicle for the prepared soot.

Physical evaluation of prepared Kajal formulation

Prepared Kajal/kohl formulations were evaluated for its physical parameters like color, odor, texture and consistency. All kajal formulations showed the similar physical characteristics like black in color, characteristic odor with smooth appearance or texture and all formulations were found to possess semisolid consistency.

pH determination

The pH of Kohl prepared by using different methods was determined by using digital pH meter results are as shown in table 4.

Spreadability

All the formulations prepared from carbon soot were found to possess optimum spreadability, in the range of 8.21±0.2231 to 11.82±0.4720 as shown in table 4.

Antimicrobial activity of CuCSKF

The CuCS was showed significant activity than other prepared carbon soot (AgCS, BzCS, FGH, FG, FGK and FGHK), therefore, the Kajal prepared using copper plate (CuCSKF) was assessed for the antimicrobial activity. The zone of inhibition of CuCSKF was noted to be 32±0.148 mm, 34±0.586 mm at a concentration of 100 mg ml\(^{-1}\) and 300 mg ml\(^{-1}\), respectively, against Staphylococcus aureus. Whereas, against Pseudomonas aeruginosa, the same formulation at the 100 mg ml\(^{-1}\) and 300 mg ml\(^{-1}\) concentrations exhibited 20±0.826 mm and 39±0.487 mm zone of inhibition respectively. The results are presented in table 5 and fig. 6.

Antimicrobial activity of CuCSKF and standard Ciprofloxacin against the clinical resistant strain (MDR) of Pseudomonas aeruginosa

The mixture of CuCSKF and standard Ciprofloxacin showed synergistic activity against the clinically resistant strain of Pseudomonas aeruginosa, the zone of inhibition was noted to be 22±0.578 mm and 26±0.457 mm for sample solution containing CuCSKF+Ciprofloxacin (1:1) and plain Ciprofloxacin respectively at concentration 10 mg ml\(^{-1}\) (table 6 and fig. 7).

Fig. 1: Preparation of carbon soot by using different metal plates spreaded with Aloe vera mucilage
Fig. 2: Preparation of carbon soot by using marble tiles, Aloe vera and Ghee/peanut oil.

Fig. 3: Zone of inhibition of soot from Cu, BZ and Ag against A) Staphylococcus aureus B) Pseudomonas aeruginosa and C) E. coli.

Fig. 4: Zone of inhibition of soot collected from marble tile using ghee, peanut oil and Aloe vera against A) Staphylococcus aureus, B) Pseudomonas aeruginosa and C) E. coli.
Fig. 5: Zone of inhibition of G1-Deshi cow ghee, G2-Jarshi cow ghee, G3-Buffalo ghee and G4-Freshly prepared cow ghee against A) 
Staphylococcus aureus, B) Pseudomonas aeruginosa and C) E. coli

Fig. 6: Zone of inhibition of Soot by using Cu plate (100 mg/ml and 300 mg/ml) against 
Pseudomonas aeruginosa and Staphylococcus aureus with standard Ciprofloxacin

Fig. 7: Zone of inhibition of mixture of soot obtained from Cu plate and Ciprofloxacin (50:50) against clinically resistant (MDR) strain of 
Pseudomonas aeruginosa
### Tables 1: Preparation of carbon soot by using different methods

| S. No. | Material used for soot deposition | Flame containing oil | Plant material | Code |
|--------|----------------------------------|----------------------|----------------|------|
| 1      | Silver plate                     | Ghee                 | Aloe vera gel  | AgCS |
| 2      | Bronze plate                     | Ghee                 | Aloe vera gel  | BzCS |
| 3      | Copper plate                     | Ghee                 | Aloe vera gel  | CuCS |
| 4      | Marble Tiles                     | Ghee                 | -              | FG   |
| 5      | Marble Tiles                     | Peanut oil           | Aloe vera gel  | FGK  |
| 6      | Marble Tiles                     | Peanut oil           | -              | FGH  |
| 7      | Marble Tiles                     | Ghee                 | Aloe vera gel  | FGHK |

### Table 2: Antimicrobial activity results of prepared soot by different methods

| S. No. | Sample name | Diameter of zone of inhibition (mm) |
|--------|-------------|-------------------------------------|
|        |             | Staphylococcus aureus | Pseudomonas aeruginosa | E. coli |
| 1      | CuCS        | 18±0.235                 | 17±0.124               | 19±0.528 |
| 2      | BzCS        | 16±0.211                 | 14±0.331               | 15±0.326 |
| 3      | AgCS        | 14±0.311                 | 15±0.143               | 13±0.194 |
| 4      | FGH         | 9±0.092                  | 8±0.568                | 8±0.654 |
| 5      | FG          | 8±0.115                  | 9±0.482                | 11±0.156 |
| 6      | FGK         | 15±0.230                 | 14±0.472               | 13±0.196 |
| 7      | FGHK        | 16±0.126                 | 15±0.346               | 12±0.201 |

### Table 3: Antimicrobial activity of different types of ghee against selected microbes

| S. No. | Ghee sample | Zone of inhibition (mm) |
|--------|-------------|-------------------------|
|        |             | Staphylococcus aureus | Pseudomonas aeruginosa | E. coli |
| 1      | G1-Deshi cow ghee, | 6.0±0.194              | 6.4±0.156              | 6.2±0.428 |
| 2      | G2-Jarshi cow ghee, | 6.1±0.236              | 6.3±0.456              | 6.3±0.369 |
| 3      | G3-Buffalo ghee   | 6.3±0.167              | 6.2±0.582              | 6.2±0.248 |
| 4      | G4-Freshly prepared cow ghee | 6.2±0.569 | 6.5±0.429 | 6.1±0.364 |

### Table 4: Results of physical parameters of prepared formulations of kajal

| S. No. | Formulations (Code) | pH | Spreadability |
|--------|---------------------|----|---------------|
| 1      | CuCS                | 7.06±0.1247 | 9.5±0.2010 |
| 2      | BZCS                | 7.06±0.1247 | 9.10±0.4915 |
| 3      | AgCS                | 7.06±0.1247 | 8.81±0.3625 |
| 4      | FGH                 | 7.20±0.0816 | 11.82±0.4720 |
| 5      | FG                  | 7.71±0.0816 | 7.61±0.5115 |
| 6      | FGK                 | 7.91±0.0816 | 9.19±0.4351 |
| 7      | FGHK                | 6.80±0.0729 | 8.21±0.2231 |

### Table 5: Antimicrobial activity of CuCSKF Kohl/kajal formulation and standard drug

| S. No. | Organism name                    | Sample name             | Diameter of zone of inhibition (mm) |
|--------|----------------------------------|-------------------------|-------------------------------------|
|        |                                  |                        | 100 mg/ml | 300 mg/ml |
| 1      | Staphylococcus aureus             | CuCSKF                  | 32±0.149 | 34±0.538 |
|        |                                  | Standard (Ciprofloxacin) | 49±0.953 | NA |
| 2      | Pseudomonas aeruginosa            | CuCSKF                  | 20±0.826 | 39±0.487 |
|        |                                  | Standard (Ciprofloxacin) | 45±0.843 | NA |

### Table 6: Antimicrobial activity of clinical resistant (MDR) strain of *Pseudomonas aeruginosa* of Cu soot and standard Ciprofloxacin (50:50)

| S. No. | Organism name                      | Sample name                  | Diameter of zone of inhibition (mm) |
|--------|------------------------------------|------------------------------|-------------------------------------|
|        |                                    |                             | 10 µg/ml | 5 µg/ml |
| 1      | Clinical resistant strain (MDR) of *Pseudomonas aeruginosa* | Standard Ciprofloxacin | 26±0.457 mm | 24±0.751 mm |
| 2      |                                    | Sample                       | 22±0.578 mm | 20±0.987 mm |

### DISCUSSION

Kajal has been used for beautifying purposes and also for protection and cure of eye diseases since ancient civilizations, particularly in Hindu and Muslim religious countries, viz: Rome, India, Egypt, China, Japan, etc. As per Unani, Ayurveda and Greko-Arabica systems of medicine literature etc. eye cosmetics are as old as vanity. Few centuries ago, especially, in the 16th era, the people were using the Kajal for enhancing the appearance of eye. Most of the Hindu and Muslim religious countries have continued use of Kajal formulations till date.

In this study we have prepared kohl/kajal by using different Indian methods to prove the antimicrobial effect of substance like metal plates, ghee and *Aloe vera*. There are great numbers of medicinal herbs and plants which are widely used in the treatment of diseases and also known to possess antimicrobial activity [17]. *Aloe vera*
belonging to family Asphodelaceae has been known to possess varied medicinal properties namely anti-inflammatory, antioxidant, laxative, wound healing, moisturizing, anti-aging, antimur, anti diabetic, antibacterial, antiviral, antifungal etc. [18, 19]. Also it is a known protective against the effects of skin exposure to UV and X-radiation. External it is used for the treatment of various skin conditions such as cuts, burns and eczema. It has antiseptic and antibiotic properties which make it highly valuable in treating cuts and abrasions [20]. Aloe vera is also used for soothing the skin and keeping the skin moist to help avoid flaky scalp and skin in harsh and dry weather [21].

Ghee is widely considered as the Indian name for clarified butterfat, and dry weather [21]. Keeping the skin moist to help avoid flaky scalp and skin in harsh and dry weather [20].

AUTHORS CONTRIBUTIONS

The authors declare that they have no competing interest.

CONFLICTS OF INTERESTS

All authors read and approved the final manuscript.

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