Early diagnosis of Gaucher disease in Korean patients with unexplained splenomegaly: a multicenter observational study

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Background
Gaucher disease (GD) is an autosomal recessive disorder characterized by excessive accumulation of glucosylceramide in multiple organs. This study was performed to determine the detection rate of GD in a selected patient population with unexplained splenomegaly in Korea.

Methods
This was a multicenter, observational study conducted at 18 sites in Korea between December 2016 and February 2020. Adult patients with unexplained splenomegaly were enrolled and tested for β-glucosidase enzyme activity on dried blood spots (DBS) and in peripheral blood leukocytes. Mutation analysis was performed if the test was positive or indeterminate for the enzyme assay. The primary endpoint was the percentage of patients with GD in patients with unexplained splenomegaly.

Results
A total of 352 patients were enrolled in this study (male patients, 199; mean age, 48.42 yr). Amongst them, 14.77% of patients had concomitant hepatomegaly, and thrombocytopenia was diagnosed with type 1 GD. The detection rate of GD was 0.2841% (exact 95% CI, 0.0072–1.5726).

Conclusion
The detection rate of GD in probable high-risk patients in Korea was lower than expected. However, the role of hemato-oncologists is still important in the diagnosis of GD.

Key Words
Acid β-glucosidase, Dried blood spot, Gaucher disease, Lysosomal storage disorder, Splenomegaly, Thrombocytopenia

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Gaucher disease (GD) is an autosomal recessive lysosomal storage disorder caused by congenital deficiency of lysosomal enzyme acid β-glucosidase (glucocerebrosidase) [1, 2]. The excess accumulation of glucosylceramide in macrophages in multiple organs causes various manifestations of GD such as hepatosplenomegaly, anemia, thrombocytopenia, bone pain, etc. [1]. GD has been traditionally categorized into three classic variants based on the presence or absence of neurologic manifestation. Type 1 GD (GD1), the non-neuropathic form, is the most prevalent subtype, accounting for up to 94% of patients in Europe, Canada, and the United States [3]. The incidence of GD1 is variable with an estimated prevalence of 1–2 in 100,000 worldwide and as high as 1 in 850 in the Ashkenazi Jewish population [2]. In contrast, Type 2 (acute neuropathic) and Type 3 (chronic neuropathic) GD are relatively more common in East Asian countries, including South Korea [4, 5].

Gaucher disease is diagnosed by measuring acid β-glucosidase enzyme activity levels in nucleated cells or on dried blood spots (DBS). However, defining β-glucocerebrosidase (GBA) mutation through gene analysis is needed for the confirmative diagnosis [3]. Currently, there are two types of treatment modalities; enzyme replacement and substrate reduction therapy, which can reverse many of the non-neurological manifestations [6].

Gaucher disease is frequently associated with non-specific symptoms that mimic other hematological malignancies [7]. It has been reported that 86% of patients with GD in the United States and 73% in Australia/New Zealand consulted hemato-oncologists for the evaluation of their symptoms [8]. In a survey conducted among 406 hemato-oncologists, only 20% of physicians considered GD in the differential diagnosis even in the presence of all the classic symptoms of GD [8]. This low percentage is attributable to the rarity, frequent non-specific and mild to moderate initial symptoms, and low level of awareness about GD.

Although the prevalence rate of GD has not yet been evaluated in Asian countries, according to a report from Yoo’s group, approximately 60 Korean patients from 50 families have been identified until 2015, demonstrating an enormous gap from the pan-ethnic prevalence of 1 in 40,000–100,000 live births [9, 10]. Therefore, determining the prevalence rate of GD will provide important insights into the ethnic and clinical features of GD in a Korean population.

The aim of this study was to determine the detection rate of GD in a selected population of patients with unexplained splenomegaly, who were referred to hemato-oncology departments in Korea. The design of the study mirrored real-life clinical practice.
arin tube. The cut-off value used for DBS was 5.0 μmol/L/h and the normal range for peripheral leukocytes was 6.0–9.0 nmol/h/mg protein.

Endpoints
The primary endpoint was the percentage of patients with GD in patients with unexplained splenomegaly in Korea. The secondary endpoints included the identification of clinical features which were highly predictive of GD in the Korean patients who visited the hemato-oncology department and the proportion of patients with abnormal DBS results of acid sphingomyelinase activity in patients with unexplained splenomegaly. The exploratory endpoint is the percentage of patients with an abnormal result of acid sphingomyelinase on parallel DBS testing.

Statistical analysis
Gaucher disease is an ultra-rare disease that occurs in about 1 of 40,000 people [5] and there is a lack of data on the detection rate in high-risk patients in Asia. A study from Italy reported an interim detection rate of 3.6% (seven patients) after screening 196 high-risk patients (those with splenomegaly and/or thrombocytopenia) at the time of developing the study design for this study [11]. Considering the primary objective of this study, 600 patients with unexplained splenomegaly were needed to detect 20 patients with GD. The detection rate of GD was expressed as number and percentage. Clinical, hematological, and biochemical parameters of patients affected by GD were compared to those of unaffected patients using the Wilcoxon rank-sum (Mann–Whitney U-test) test for continuous variables or Fisher’s exact test for categorical variables.

RESULTS

Patient disposition and demographics
The present study was terminated early due to difficulty with enrolment. A total of 395 patients were screened; of which, 352 patients completed the study (Fig. 1). The most common reason for exclusion was missing the primary endpoint (N=19) due to the incompletion of all required testing.

![Fig. 1. Flow diagram of the disposition of patients.](image-url)
Of the 352 patients, the mean age was 48.42±15.81 SD years and 56.53% (N=199) were men. Demographic and clinical characteristics are summarized in Table 1. The most common method of diagnosis of splenomegaly was using CT (71.02%), followed by abdominal ultrasound (Abd U/S) (23.01%) and physical examination (6.53%).

The median (range) duration of splenomegaly was 90 (1–15629) days and the mean size of splenomegaly was 14.57±3.40 SD cm. A total of 14.77% (N=52) patients had hepatomegaly. Of 352 patients, 161 patients had a history of bone marrow biopsy, of which 73 (20.74%) patients had a specific abnormality. The most common sign related to GD was splenomegaly (N=352, 100%), followed by thrombocytopenia (N=156, 44.32%) and anemia (N=144, 40.91%). One patient had a family history of GD: this patient was a sibling of another patient.

### Laboratory parameters

The mean hemoglobin was 12.21±2.73 SD g/dL and it was abnormal in 52.01% (N=181) of patients (Table 2). The mean serum iron was 85.89±62.24 SD µg/dL, serum ferritin was 541.61±1099.10 SD µg/dL, and transferrin was 144.94±123.09 SD mg/dL. Abnormal serum iron, serum ferritin, and transferrin were observed in 38.83%, 41.18%, and 46.67% of patients, respectively.

### Acid β-glucosidase assay and GBA gene mutation analysis

A total of 16 patients had abnormal results in the assay of acid β-glucosidase activity by DBS testing. The mean value of acid β-glucosidase activity in 352 patients was 8.06±4.88 SD nmol/h/mg protein by peripheral leukocyte testing. The acid β-glucosidase activity assay in peripheral leukocyte test showed that 86.93% (N=306) of patients had normal acid β-glucosidase activity, 11.36% (N=40) had slightly decreased acid β-glucosidase activity at which level GD is not suspected (heterozygous, etc.), and 1.70% (N=6) had abnormal acid β-glucosidase activity and were suspected of having GD. Of 188 patients who were tested for ASMD by DBS testing, 1.06% (N=2) had abnormal results.

A total of eight patients were tested for the mutation, of which seven were negative and one patient tested positive. None of the patients who underwent GBA mutation analysis was diagnosed as a carrier. One patient who had an abnormal result in both DBS and peripheral leukocyte tests was positive for the GBA gene mutation test (Fig. 2). The detection rate of GD was 0.2841% (exact 95% CI, 0.0072–1.5726).

### Case report

As there was only one patient who was diagnosed with GD1, it was challenging to statistically compare hematological and biochemical data between those with and without GD. The data are summarized in Supplementary Table 1.

The patient was a 34-year-old Korean woman with unexplained splenomegaly that was diagnosed in 1991. This patient had a near-total splenectomy approximately 27 years prior, but the remnant spleen had enlarged, which prompted suspicion of GD. Splenomegaly and thrombocytopenia were observed without a family history of GD. The size of the splenomegaly was 18.4 cm detected by CT (Fig. 3, 4). The patient had no hepatomegaly but had a specific abnormality on bone marrow biopsy that showed Gaucher cells. There was no evidence of short stature, osteopenia, or osteonecrosis; however, the patient had a history of chronic osteomyelitis in the left distal femur at the age of ten. There was evidence of operation scar and iliotibial band defect. The level of hemoglobin was 11.00 g/dL; white blood cells (WBC), 4.12×10^3/L; red blood cells (RBC), 3.55×10^6/L, and platelet count, 82.00×10^3/L. The biochemical parameters were as fol-

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**Table 1. Demographic and clinical characteristics.**

| Parameter                                      | N=352          |
|------------------------------------------------|----------------|
| Age (yr)                                       | 48.42±15.81 SD |
| Gender, N (%)                                  |                |
| Male                                           | 199 (56.53)    |
| Female                                         | 153 (43.47)    |
| Weight (kg)                                    | 66.95±13.51 SD |
| Height (cm)                                    | 166.38±9.35 SD |
| Nationality, N (%)                             |                |
| Korean                                         | 351 (99.72)    |
| Non-Korean                                     | 1 (0.28)       |
| Method of diagnosis of splenomegaly, N (%)      |                |
| Magnetic resonance imaging                     | 250 (71.02)    |
| Abdominal ultrasound                            | 81 (23.01)     |
| Physical examination                            | 23 (6.53)      |
| Computed tomography                            | 2 (0.57)       |
| Others                                         | 6 (1.70)       |
| Duration of splenomegaly (days), median (range) | 90 (1–15629)   |
| Size of splenomegaly, cm (N=223)               | 14.57±3.40 SD  |
| Hepatomegaly, N (%)                            | 52 (14.77)     |
| Bone marrow biopsy result, N (%) [N=161]        |                |
| No specific abnormality                         | 88 (25.00)     |
| Specific abnormality                            | 73 (20.74)     |
| Confirmed                                      | 1 (0.28)       |
| Unconfirmed                                    | 160 (45.45)    |
| Signs and symptoms related to Gaucher, N (%)   |                |
| Splenomegaly                                   | 352 (100.00)   |
| Thrombocytopenia                               | 156 (44.32)    |
| Anemia                                         | 144 (40.91)    |
| Hepatomegaly                                   | 52 (14.77)     |
| Bone pain                                      | 14 (3.98)      |
| Pathologic fracture                            | 1 (0.28)       |
| Osteonecrosis                                  | 1 (0.28)       |
| Others                                         | 41 (11.65)     |
| Duration of signs and symptoms (days), median (range) | 338 (1–15629) |

*The data are presented as mean (standard deviation) unless otherwise specified. **Duration of splenomegaly (days)= (date of informed consent-date of diagnosis of splenomegaly +1). ***Duration of signs and symptoms (days)= (date of informed consent-date of first onset +1).
### Table 2. Summary of laboratory parameters.

| Parameter                          | Mean SD    | Abnormal laboratory values, N (%) |
|------------------------------------|------------|-----------------------------------|
| Hemoglobin, g/dL (N=348)           | 12.21±2.73 SD | 181 (52.01)                      |
| WBC, ×10^3/L (N=349)               | 8.19±21.88 SD | 147 (42.12)                      |
| RBC, ×10^6/L (N=349)               | 4.07±0.92 SD  | 181 (51.86)                      |
| Platelet, ×10^3/L (N=349)          | 163.87±143.11 SD | 190 (54.44)                    |
| Serum iron, μg/dL (N=103)          | 85.89±62.24 SD | 40 (38.83)                       |
| Serum ferritin, μg/dL (N=136)      | 541.61±1099.10 SD | 56 (41.18)                     |
| Transferin, mg/dL (N=15)           | 144.94±123.09 SD | 7 (46.67)                      |
| BUN, mg/dL (N=296)                 | 15.54±8.70 SD  | 57 (19.26)                       |
| Creatinine, mg/dL (N=329)          | 0.97±1.15 SD  | 93 (28.27)                       |
| SGPT, U/L (N=333)                  | 28.32±31.48 SD | 52 (15.62)                      |
| SGOT, U/L (N=333)                  | 31.16±43.33 SD | 64 (19.22)                      |
| Total bilirubin, mg/dL (N=331)     | 1.10±1.20 SD  | 77 (23.26)                       |
| Total protein, mg/dL (N=334)       | 6.95±0.83 SD  | 78 (23.35)                       |
| Albumin, g/dL (N=334)              | 4.11±0.67 SD  | 49 (14.67)                       |

Abbreviations: BUN, blood urea nitrogen; RBC, red blood cells; SD, standard deviation; SGOT, serum glutamic-oxaloacetic transaminase; SGPT, serum glutamic-pyruvic transaminase; WBC, white blood cells.

### DISCUSSION

Gaucher disease, albeit rare, is not a hard-to-diagnose disorder with the availability of a relatively simple enzyme assay for β-glucosidase activity and confirmatory molecular analysis for the GBA gene [3]. The difficulty arises from lows: serum iron, 58.50 μg/dL; serum ferritin, 1673.90 μg/dL; blood urea nitrogen (BUN), 13.00 mg/dL; creatinine, 0.53 mg/dL; serum glutamic-pyruvic transaminase, 15.00 U/L; serum glutamic-oxaloacetic transaminase, 36.00 U/L; total bilirubin, 1.55 mg/dL; total protein, 8.20 g/dL; and albumin, 3.50 g/dL. The result for acid β-glucosidase enzyme activity was abnormal in DBS and 0.20 nmol/h/mg in peripheral leukocytes. The mutation analysis confirmed the diagnosis of GD. GBA gene sequencing detected c.754T>A (p.Phe252Ile, aka F213I) and c.1448T>C (p.Leu483Pro, aka L444P) mutation. This patient was immediately started on enzyme replacement therapy upon diagnosis.
recognizing nonspecific symptoms due to low awareness and the perception that GD is too rare to be seen at the hematolo-oncology clinic.

This study found a low detection rate of 0.2841% in a selected Korean population presenting unexplained splenomegaly. Type 1 GD accounts for more than 94% of all patients diagnosed with GD worldwide; however, epidemiologic surveys in Korea indicate that more than half of Korean patients with GD have either GD2 or GD3 [3-5, 12]. This study was conceptualized with the fundamental question of whether such a small proportion of patients with GD1 is a true representation of Korean patients or is it skewed due to low awareness among hemat-oncologists that may have led to under-diagnosis in patients presenting without apparent neurologic involvement.

It is important to note that this study enrolled only adult patients whose symptoms may not have been severe or specific enough to raise suspicion during childhood. Also, considering previous reports describing a high proportion of neuropathic forms of the disease [4, 5, 12], the vast majority of patients in Korea may have CNS manifestations that could have already been detected in childhood or managed by other specialties, including pediatricians and neurologists.

The present study demonstrated a lower detection rate of GD compared to that of other countries. A study conducted in Italy reported that 3.3% of patients with splenomegaly and/or thrombocytopenia were diagnosed with GD [11]. Our study enrolled patients with unexplained splenomegaly without the requirement for additional symptoms such as thrombocytopenia to make the screening available for a wider population; additionally, it relied on interim data from the Cappellini study in which all (100%) identified patients had splenomegaly and none had thrombocytopenia alone [13].

The patient who was diagnosed with GD in this study showed classical features of splenomegaly, thrombocytopenia, anemia, bone lesion, and hyperferritinemia. Hyperferritinaemia is commonlly observed in patients with GD1 and recent studies have proposed GD-focused diagnostic flow charts starting from hyperferritinemia [11, 14]. It would be reasonable to propose more targeted screening using splenomegaly as an overarching symptom with additional consideration of other key hematologic manifestations such as thrombocytopenia and hyperferritinemia in hemat-oncology clinics.

The GBA mutations in Korean patients were different from those of patients from other countries, including Italy, but were similar to those in patients from Japan and China [5, 13]. N370S, the most common mutation in the Ashkenazi Jewish population that is known to be associated with GD1 has never been reported in Korean patients, including those enrolled in previous studies [5, 15]. According to a recent report from the International Collaborative Gaucher Group (ICGG) registry, the diverse global population has two GBA mutations in patients with GD3; L444P (77%) and D409H (7%) [16]. In Korea, L444P (20.8%) is the most prevalent mutation and is often associated with a neuronopathic form of the disease, followed by G46E (13.9%), which is suspected to be associated with the non-neuronopathic form, and F213I (12.5%) [13]. The most frequent allele found in Japan is F213I, which is associated with neurological manifestations of GD and is identified in all three types of GD in the Korean population [13, 17]. The GD patient identified in this study also had L444P and F213I mutations which align with these reported data. This wide allelic heterogeneity in GBA mutation may have resulted in different clinical phenotypes presented in Korean patients.

The results of bone marrow biopsy in this study showed abnormality not only for the patient identified with GD but also for those without GD (45.74%). Bone marrow biopsy is frequently used to confirm the presence of Gaucher cells [18]. However, occasionally, pseudo-Gaucher cells are ob-
served in non-Gaucher patients [19-21]. Moreover, there are less invasive diagnostic methods to confirm GD such as enzyme assay and molecular analysis of GBA mutation [3]. Patients presenting with thrombocytopenia and without GD symptoms (44.16%) in the present study were at high risk of a bleeding complication during a bone marrow biopsy. Therefore, bone marrow biopsy should be judiciously conducted and should probably be discouraged as a routine examination for diagnosing GD [2]. In the acid β-glucosidase enzyme activity assay, 1.42% of those without GD showed abnormal results and were suspected of GD.

Although the diagnosis of ASMD was not confirmed due to the unavailability of peripheral leukocyte and sphingomyelin phosphodiesterase 1 (SMPD1) gene analysis, it is reasonable to conduct parallel testing of GD and ASMD considering that 1.06% (N=2) of patients showed abnormality in ASMD testing and similarities in clinical manifestations such as hepatosplenomegaly, thrombocytopenia, and possible skeletal involvement. The deficiency of acid sphingomyelinase activity is associated with Niemann-Pick disease A/B, another lysosomal storage disorder that may have overlapping symptoms with Gaucher disease [22]. These results indicate that hemat-oncologists may need to consider the potential diagnosis of Niemann-Pick A/B disease in patients with unexplained splenomegaly. Since GD1 is generally underdiagnosed, alternate approaches such as newborn screening are being explored to increase the diagnostic rate [23]. Moreover, the high proportion of patients with an undetermined underlying diagnosis for their splenomegaly warrants further research delving into the causes of unknown splenomegaly.

Strengths and limitations
Real-world data related to GD will contribute to a better understanding of this disease in the Korean population. As this was an observational study, it was impossible to mandate all patients to take required testing and, thus, it was left to the treating physician to decide whether the patient needs a mutation analysis, especially when the result was indeterminate or borderline low at a heterozygous level for enzyme testing. Therefore, all the patients with abnormalities in either DBS or peripheral leukocyte did not undergo mutation analysis rendering incomplete or missing data. In the present study, it was impossible to compare the clinical features of GD and non-GD patients because of an insufficient number of patients with GD for statistical analysis. Further studies are warranted to validate the robust criteria for at-risk or high-risk patients and determine generalized clinical features of GD in Korea.

In conclusion, the detection rate of GD in probable high-risk patients in Korea was lower than expected. This may be attributed to allelic heterogeneity of the GBA gene and less stringent screening criteria focusing on unexplained splenomegaly only. However, it is still important that hemat-oncologists consider the potential diagnosis of GD for patients with unexplained splenomegaly to reduce the misdiagnosis or delayed diagnosis and reduce the risk of complications.

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### Supplementary Table 1. Comparison of clinical features which are highly predictive of Gaucher disease between patients with Gaucher disease and non-Gaucher disease.

| Parameters | Gaucher disease (N=1) | Non-Gaucher disease (N=351) |
|------------|-----------------------|-----------------------------|
| Size of splenomegaly (cm), N; mean (SD) | 1; 18.40 | 222; 14.56±3.39 SD |
| Presence of hepatomegaly | 0 | 52 (14.81) |
| Specific abnormality in bone marrow biopsy | 1; 1 (100.00) | 160; 72 (45.00) |

**Signs and symptoms**

| Parameters | Gaucher disease (N=1) | Non-Gaucher disease (N=351) |
|------------|-----------------------|-----------------------------|
| Splenomegaly | 1 (100.00) | 351 (100.00) |
| Thrombocytopenia | 1 (100.00) | 155 (44.16) |
| Anaemia | 0 | 144 (41.03) |
| Hepatomegaly | 0 | 52 (14.81) |
| Bone pain | 0 | 14 (3.99) |
| Pathologic fracture | 0 | 1 (0.28) |
| Osteonecrosis | 0 | 1 (0.28) |
| Others | 0 | 41 (11.68) |

Duration of signs and symptoms (days), N; mean (SD) | 1; 9842.00 | 1195.32±195.65 SD |

Family history of Gaucher disease | 0 | 1 (0.28) |

**Laboratory data, N; mean (SD)**

| Parameters | Gaucher disease (N=1) | Non-Gaucher disease (N=351) |
|------------|-----------------------|-----------------------------|
| Haemoglobin | 1; 11.00 | 347; 12.22±2.73 SD |
| WBC | 1; 4.12 | 348; 8.21±21.91 SD |
| RBC | 1; 3.55 | 348; 4.07±0.92 SD |
| Platelet | 1; 82.00 | 348; 164.11±143.25 SD |
| Serum iron | 1; 58.50 | 102; 86.16±62.49 SD |
| Serum ferritin | 1; 1673.90 | 135; 533.23±1098.82 SD |
| Transferrin | 0 | 12; 144.94±123.09 SD |
| BUN | 1; 13.00 | 295; 15.55±8.71 SD |
| Creatinine | 1; 0.53 | 328; 0.97±1.15 SD |
| SGPT | 1; 15.00 | 332; 28.36±31.52 SD |
| SGOT | 1; 1.55 | 332; 31.15±43.39 SD |
| Total bilirubin | 1; 0.20 | 330; 1.0±2.20 SD |
| Total protein | 1; 3.50 | 333; 6.95±0.83 SD |
| Albumin | 333; 4.11±0.67 SD |
| Serum protein electrophoresis | Normal | 0 | N=205 |
| Hypogammaglobulinemia | Normal | 0 | 20±9.76 SD |
| Monoclonal peak | Normal | 0 | 2±0.98 SD |
| Other | Normal | 0 | 5±2.44 SD |
| Not done | Normal | 0 | 5±2.44 SD |
| Acid β-Glucosidase | Acid β-Glucosidase | Normal | 0 | 331 (94.30) |
| Abnormal | 1 (100.00) | 15 (4.27) |
| Indeterminate | 0 | 5 (1.42) |
| Activity value (nmol/hr/mg protein), N; mean (SD) | 0.20 | 8.08±4.87 SD |
| Diagnosis | Normal | 0 | 306 (87.18) |
| Abnormal (Gaucher doubt) | 1 (100.00) | 5 (1.42) |
| Other (heterozygous, etc.) | 0 | 40 (11.40) |

**Acid sphingomyelinase deficiency**

| Parameters | Gaucher disease (N=1) | Non-Gaucher disease (N=351) |
|------------|-----------------------|-----------------------------|
| DBS Result | Normal | 0 | 188 |
| Abnormal | 0 | 186 (98.94) |
| Indeterminate | 0 | 2 (1.06) |
| Presence of mutation | Positive | 1 (100.00) | 7 |
| Negative | 0 | 7 (100.00) |
| Carrier | 0 | 0 |

Data presented as N (%), unless otherwise specified.

Abbreviations: BUN, blood urea nitrogen; DBS, dry blood spot; RBC, red blood cells; SD, standard deviation; SGOT, serum glutamic-oxaloacetic transaminase; SGPT, serum glutamic-pyruvic transaminase; WBC, white blood cells.