Perceived Corruption and Quality of Health Services in Mbeya Urban District, Mbeya Region Tanzania

Samwel J. Kabote (Corresponding author)
Department of Development Studies, Sokoine University of Agriculture
P.O. Box 3024, Morogoro, Tanzania
E-mail: sjkabote@suanet.ac.tz / Samwel.kabote@yahoo.com

Received: December 30, 2016   Accepted: March 7, 2017   Published: March 31, 2017
doi:10.5296/ijssr.v5i1.10519      URL: http://dx.doi.org/10.5296/ijssr.v5i1.10519

Abstract
This paper examines the effect of corruption on quality of public health services. Corruption, in Tanzania, is a national concern that upsets public health services. There is a public outcry that corruption is increasing in the public health sector while the government’s effort to combat the phenomenon is unimpressive. This poses worries on the quality of public health services. The current study adopted cross-sectional research design, and a total of 180 respondents were involved in the survey. The Mann Whitney U Test was used to compare differences between perceived quality of health services and respondents’ characteristics. Overall, 87.2% of the respondents perceived low quality of health services, and corruption affected quality of health services to a greater extent. Based on age, employment and wealth status, there was significant difference on reporting perceived quality of health services at 5% and 1% level of significance. In addition, respondents’ sex and employment status showed significant difference in reporting the extent to which corruption affected quality of health services at 5% level of significance. The paper draws out two conclusions: first, the quality of health services was low. Second, corruption exacerbated poor quality of health services. To that effect, interventions to combat corruption in the public health sector are needed so as to improve quality of health services.

Keywords: quality, health, services, corruption, Tanzania

1. Introduction
Corruption, defined as the abuse of entrusted power for private gain in the public sector (Transparency International, 2004), is not a new term in the literature, so is the effort to combat it. The phenomenon is rampant in Africa relative to other regions in the world. Some
African countries including Benin, Ghana, Zambia, Kenya, Uganda, and Mali are corrupt than Tanzania (REPOA, 2006). This implies that corruption is one of the widespread concerns in Africa, a situation that needs attention to bring about social development. Corruption is a governance issue, that not only affects public health and health systems in general, but also efforts to bring about development at all levels. Therefore, borrowing ideas from Streefland (2008) and Bradshaw (n.d), this paper argues that investing on strategies to combat corruption on the public health sector promotes social development.

Literature shows that access to basic health care services in developing countries was expected to improve since the 1970s after the Alma-Ata Declaration on Primary Health Care (PHC) and Health for All. This declared health as one of the fundamentals of human rights in addition to quality of health care that is an important element in transforming health services for development (URT, 2003). Despite PHC and the reforms thereafter following the World Bank and International Monetary Fund interventions that emerged in the 1980s, Sub-Saharan Africa (SSA) is lagging behind of all regions in the world regarding quality of health services. For instance, Streefland (2008) and WHO (2014; 2015) contend that deaths related to pregnancy complications are higher in the region compared to developing countries as a whole. Similar sources show that infant mortality is high while life expectancy at birth is low. The trends in life expectancy, for example, indicate that by 1990, life expectancy at birth was 50 years for Africa region and increased up to 58 years by 2012-2013. In South-East Asia, it was 59 in 1990, increased to 67 by 2012 and to 68 years in 2013. Comparatively, life expectancy in Europe was 72 years in 1990, increased to 76 years in 2012. Globally, life expectancy at birth was 64 years in 1990, increased to 70 in 2012 and 71 years in 2013. Women continue to live longer than men.

1.1 Concept of Quality of Health Services

The concept of quality of health services is vague because, on one hand, as adopted in this paper, it depends on users’ expectations, needs and preferences (Itam & Adindu, 2012). On the other hand, the quality of health services means provision of staff and facilities. Others relate the concept to equity and compassion, or optimum clinical outcomes or the degree to which health services increase the likelihood of the desired health outcomes (Akter, 2010; URT, 2011). Literature recommends that the resources invested should correspond to the specified standards and desired health service results. This means that the quality of health services should meet the needs of those who need the service most at a lowest cost (Itam & Adindu, 2012). Concerns in the health sector are many, but the most critical one is quality of health services that is likely to be affected by corruption. The quality of health services varies with economic, technological, political, educational and socio-economic and cultural factors. Thus, excluding quality aspect in offering health services is unprofessional potentially dangerous.

1.2 Corruption and Health Services in Tanzania

The provision of health care in Tanzania has pre - and post - independence history. The pre-independence health services were predominantly urban-based with the exception of mission health facilities that catered for rural-remote areas. The post-independence period
experienced redistribution policies, which embarked on a large-scale programme for ensuring access to health facilities as close as possible to the entire populace (URT, 2007). However, there is a growing concern about perceived quality of health services due to lack of reliability and efficiency of the health service delivery platform, knowledge and competence of the health workers (Akter, 2010).

In recognizing the link between corruption, health and development, and also understanding why individuals are engaged in corruption (Ngware, 2005), Tanzania is committed to combat corruption. Some of the efforts reported by REPOA (2006) include establishment of the Permanent Commission of Enquiry in 1966 to check the abuse of powers by government officials and agencies; passing a Prevention of Corruption Act in 1971; and forming the Anti-corruption Squad in 1975. In 1996, the Warioba Commission was transformed to be the National Anti-corruption Strategy and Action Plan in addition to Good Governance Coordination Unit in the President’s Office to oversee all activities aiming at combating corruption in the government system at all levels. The government also transformed the Permanent Commission of Enquiry into Commission for Human Rights and Good Governance in 2001. In addition, Tanzania in its Development Vision 2025 emphasizes a government system that is transparent, responsive and accountable. This implies that the country emphasizes a government system that is free from corruption of every kind. However, 66% of the Tanzanians report increased corruption levels in the country. Urban dwellers perceive increased corruption than rural dwellers. Men also perceive increased corruption than their women counterparts. Similarly, highly educated perceive increased corruption than the less educated (Aiko, 2015). Unexpectedly, 82% among those who are compelled to pay a bribe in order to access public services do not report to the authorities because of fear and ignorance on reporting procedures (Aiko, 2015).

In 2005, health workers were the third most corrupt after the police, judges and magistrates (REPOA, 2006). Corruption, in its different forms, is prominent in accessing treatment from public hospitals. Other services that record extensive corruption incidences include getting assistance from the courts, police, water, sanitation and electricity services (Aiko, 2015). Although citizens’ perception of the government’s efforts to combat corruption was reported fairly by 62% of the respondents in 2005, it was reported badly in 2014 by 58% of the respondents (REPOA, 2006; Aiko, 2015). It is apparent from the foregoing information that corruption is increasing in all sectors of the economy in the country. Nevertheless, health indicators seem to be not improving effectively, something that poses worries on quality of public health services offered at different levels. The preceding information also suggests that the effort to combat corruption in the health sector, among others, is ineffective mainly because the phenomenon is complicated and challenging particularly in the health sector where corruption touches lives of the people direct.

The United Republic of Tanzania in its Quality Improvement Framework in Health care (2011-2016) acknowledges that corruption is unbridled in the health sector and is likely to be one of the major barriers in providing quality health services (URT, 2011). Other studies have pointed out that corruption is a major hindrance in the delivery of quality public health services particularly among the poor (URT, 2007; SIKIKA, 2010; URT, 2011; UN, 2016).
Despite institutional and legal transformation to fight corruption, the phenomenon continues to challenge developmental objectives in various sectors particularly the health sector (LHRC, 2013). However, it is difficult to generalize the effects of corruption on quality of services offered to the public, because corruption varies based on workers’ culture, context and sectors of the economy (Melgar et al., 2010). Understanding the quality of health services and effects of corruption on quality of public health services in Mbeya Urban District is important because corruption remains high in the district (Ngware, 2005; Sulley, 2012). The next sections of this paper elaborate the methodology used, present and discuss the results, conclude and provide recommendations for improvements.

2. Methodology

The study was conducted in Mbeya Urban District in Mbeya Region. The district was selected because it has been implementing Tanzania Family Health Project focusing on improving quality of health services (Atherton, 2013). At the same time, the district is reported to have highest incidence of corruption in the region and the country at large (Ngware, 2005; Sulley, 2012) and therefore creating worries on quality of health services. The study adopted cross-sectional research design that allows data to be collected at a single point in time (Bailey, 1998). Data were collected through household survey by using a household questionnaire.

A multi-stage sampling technique was adopted. The technique was done in two main stages. The first stage involved selection of wards based on evidence of community involvement in Tanzania Family Health Project. Thus, three wards were selected randomly, namely: Isyesye, Itezi and Uyole. Secondly, in each ward, two streets were randomly selected making a total of six streets. A random sample of 180 individuals was selected, 30 from each street. A sub sample of 30 respondents is a bare minimum sample, in heterogeneous populations, for statistical data analysis regardless of the population size (Bailey, 1994).

Data were analyzed by using Statistical Package for Social Sciences (SPSS). Frequency distribution was computed. The Mann Whitney U Test was used to compare differences between overall perceived quality of health services and respondents’ characteristics. This is one of the non-parametric tests suitable for ordinal data used in this paper. The same non-parametric test was used to compare differences between overall perceived effect of corruption on quality of health services and respondents’ characteristics.

A summated index scale was used to measure perceived quality of health services among the respondents. This had 17 statements. Every respondent was asked to respond whether he/she strongly disagreed, disagreed, was undecided, agreed or strongly agreed on each item of the scale. The scores ranged from 1 for strongly disagree to 5 for strongly agree. Overall, 17 to 50 represented low quality of health services, 51 represented moderate quality, and 52 to 85 represented high quality. The responses were grouped into three categories to reduce repetition of words, strongly agree and agree were regrouped into agree; strongly disagree and disagree were regrouped into disagree while neutral was treated as a separate response. Reliability analysis was done so as to assess internal consistence of the scale. In this paper, perceived quality of health services showed acceptable internal consistency with a
Cronbach’s alpha value of 0.817 (Pallant, 2007; Field, 2009).

2.1 Wealth Ranking

Household wealth was assessed and the sample was categorized into poor and non-poor. The paper takes a wealthier household as one that owns assets including: radio, bicycle, television, houses with iron sheet roofs, and houses with cement floors, houses with cement/burnt bricks walls, cattle, phone, motorcycle and vehicle. The formula used to quantify wealth was as follows:

\[ WET_i = \Sigma (y_{ij}/Y_{max}) \]  \( i = 1, 2, ----x, j = 1, 2, \ldots, n \)

Where:

- \( WET \) = wealth index
- \( y_{ij} \) = number of an individual asset (radio, bicycle, television, houses with iron sheet roofs, and houses with cement floors, houses with cement/burnt bricks walls, cattle, phone, motorcycle and vehicle)
- \( Y_{max} \) = maximum number of that asset in the sample
- \( X \) = number of items considered as indicators for wealth
- \( n \) = sample size

Based on the wealth index median of 13, respondents were categorized as poor or non-poor. Those below the median were taken as poor while those above the median were considered as non-poor. This was important so as to ascertain which social group perceived low quality of health services as well as greater effect of corruption on quality of health services using Mann Whitney U Test.

3. Results and Discussion

3.1 Respondent’s Characteristics

Table 1 presents respondents’ characteristics. The results show that more than half of the respondents (50.6%) were males. Slightly greater than two-fifths (45.6%) were in the 21 to 30 years age group and 28.9% aged between 31 and 40 years. A closer look on Table 1 informs that majority of the respondents aged between 21 and 40. Since 50.0% of the respondents were married, it is unquestionable that this age group had highest fertility rate and respondents were likely to visit health facilities frequently for their under five children because of their special health needs implying that the sample was relevant for the study.

Table 1 also shows that 45.6% of the respondents were farmers. With regards to respondents’ education level, 36.1% held secondary education followed by those who held primary education. The number of those who had no formal education was also high. This brings about worries in terms of health and sanitation and social development more generally. In addition, 69.4% of the respondents were poor and more than two-fifths received health services at the regional hospital probably because the study was conducted in urban areas. At the national level, 81.7% of the population has primary education (URT, 2014). The lower proportion of primary education level holders in this paper is explained by the fact that the study was conducted in urban areas.
Table 1. Respondent’s characteristics in percentages (n = 180)

| Variables                  | Category               | Frequency | Percent |
|----------------------------|------------------------|-----------|---------|
| Sex                        | Male                   | 91        | 50.6    |
|                            | Female                 | 89        | 49.4    |
| Age                        | 21 - 30                | 82        | 45.6    |
|                            | 31 - 40                | 52        | 28.9    |
|                            | 41 - 50                | 28        | 15.6    |
|                            | 51 - 60                | 18        | 10.0    |
| Main occupation            | Farmers / peasant      | 82        | 45.6    |
|                            | Businessman / women    | 59        | 32.8    |
|                            | Public servant         | 39        | 21.7    |
| Marital status             | Never married          | 58        | 32.2    |
|                            | Married                | 90        | 50.0    |
|                            | Separated              | 14        | 7.8     |
|                            | Widow/widower          | 18        | 10.0    |
| Education level            | No formal education    | 36        | 20.0    |
|                            | Primary                | 48        | 26.7    |
|                            | Secondary              | 65        | 36.1    |
|                            | Tertiary               | 31        | 17.2    |
| Wealth status              | Poor                   | 125       | 69.4    |
|                            | Non poor               | 55        | 30.6    |
| Place for accessing health | Regional hospital      | 79        | 43.9    |
| services                   | Dispensary             | 39        | 21.7    |
|                            | Health center          | 31        | 17.2    |
|                            | District hospital      | 19        | 10.6    |
|                            | Referral hospital      | 12        | 6.7     |

3.2 Perceived Quality of Health Services

Table 2 shows respondents’ responses on perceived quality of health services. The results showed that respondents’ responses agreed on 13 statements out of 17 that were used to measure quality of health services. The Table shows that majority of the respondents’ agreed with the statement that patients waited for a long time to get health services. In addition, favouritism over the rich patients was reported by 76.1% of the respondents. Typically, long waiting time before one can get the service can be explained by many things including large number of patients compared to the number of doctors, nurses and diagnostic services. The result is comparable with Mahlangu (2009) who reports that waiting time is high in South African public hospitals implying that this is a widespread challenge not only in Tanzania, but also in other Sub-Saharan African countries.
Table 2. Respondent’s response on perceived quality of health services in percentages (n=180)

| Statement                                                                 | Agree | Neutral | Disagree |
|---------------------------------------------------------------------------|-------|---------|----------|
| Patients wait long time to get health services                            | 87.7  | 2.2     | 10.0     |
| Demand of tips before services builds trust between health workers and patients | 42.2  | 10.0    | 47.8     |
| Patients are denied their rights due to practices of friendliness         | 64.4  | 8.9     | 26.7     |
| Rich patients are favoured by the doctors                                 | 76.1  | 8.3     | 15.5     |
| Patients should pay the doctors for them to pay attention to the patients | 57.7  | 20.6    | 21.7     |
| Patients are satisfied with the services offered by the doctors           | 42.8  | 17.8    | 39.4     |
| Doctors pay attention to patients’ privacy                               | 55.6  | 10.0    | 34.4     |
| Patients get relevant treatment based on their needs                      | 52.2  | 12.2    | 35.5     |
| Patients are not satisfied with quality of services offered               | 72.8  | 16.6    | 10.6     |
| Patients wait a short time to get health services                         | 43.3  | 8.3     | 48.4     |
| Patients lose faith to health workers due to the demand of tips for health services | 62.7  | 15.0    | 22.2     |
| Patients get their rights due to practices of friendliness                | 48.9  | 7.8     | 43.3     |
| Poor patients are disrespected by the doctors                             | 68.9  | 8.3     | 32.8     |
| Doctors are attentive to the patients regardless of financial resources  | 20.6  | 12.2    | 67.2     |
| Doctors do not take patients’ privacy seriously                           | 71.1  | 7.8     | 21.1     |
| To get the necessary treatment patients must pay more than it is required | 59.5  | 12.2    | 28.3     |
| Doctors pretending to have offered required health services which in fact have not offered to the patients | 53.4  | 16.1    | 30.6     |

Favoring the rich relative to the poor implies that the poor were at risk in terms of accessing health services. Wealth ranking showed that 69.4% of the respondents were poor (Table 1). Therefore, marginalizing the poor suggests marginalization of the majority in the study area and the country at large because the majority is poor in Tanzania. In terms of overall satisfaction to the health services Table 2 shows that 72.8% of the respondents were not satisfied implying that the services were of poor quality. Literature acknowledges that the overall patients’ satisfaction on the quality of health services is low in developing countries (Ahmad et al., 2011). However, this is contrary to a study done at Muhimbili National Hospital in Dar es Salaam Tanzania, whereby a high proportion of patients were satisfied.
with quality of health services (Mwakisu, 2005), possibly because Muhimbili is a national hospital where more resources and commitment of the government to improve quality of health services including combating corruption, are directed relative to the regional and district hospitals and health centers. Generally, patients’ satisfaction is related to quality of health services (Leonard, 2008), such that increasing patients’ satisfaction level reflects improved quality of health services.

Apparently, 71.1% of the respondents reported that doctors did not take patients’ privacy seriously. This also suggests poor quality of health services in the study area. Literature shows that patients’ satisfaction of quality of health services is explained by several factors including staffs who are caring and helpful without marginalization of some social groups. Other factors include responsive doctors and nurses to the patients’ needs, skilled workers, workers’ readiness to work regardless of circumstances, workers’ competence and efficiency, workers’ adequate communication with the patients, among others (Andaleeb, 2001).

Figure 1 presents overall perceived quality of health services. Perceived quality of health services were categorized in three levels as low, moderate and high. The results show that 87.2% of the respondents perceived low quality of health services. That means the overall perception of quality of health services was low. The low level of quality of health services is largely explained by factors related to corruption itemized in Table 2 in this paper. They include long waiting time, marginalizing the poor and not taking patients’ privacy seriously. Others include doctors demanding informal payments, offering health services on friendly perspectives and workers pretending as offering required health services. The low quality of health services has also been reported in rural and urban areas in developing countries in Africa and Asia (Kumari et al., 2009; Batool, 2005; Baba, 2004; Andaleeb, 2001). This implies that the poor quality of health services is a prominent problem not only in Tanzania, but also in other developing countries.

Based on the respondents’ characteristics, the Mann Whitney U Test results showed that perceptions of quality of health services differed significantly by age, employment and wealth status. The difference is that the old age, the poor and employees in the public health sector perceived low quality of health services than others. This can be interpreted that the
mentioned groups were more likely to rely on health services provided by public hospitals. For instance, the labour laws in Tanzania require public employees, and their dependants, to acquire membership in the National Health Insurance Fund (NHIF) in which employees offer monthly contribution direct from their salaries. This requires them to access health services from public hospitals and to some degree from private hospitals. Some private hospitals however do not accept NHIF cards. In that situation, public sector employees are required to rely mainly on public hospitals that are ineffective in providing quality health services because of many factors related to finance and workers’ behaviour. The poor also rely on public services because of low charges compared to the charges offered by the private sector to which the quality of health services is also problematic. In addition, the results in this paper have shown that the poor are marginalized in the public hospitals largely because they are unable to offer informal payments or bribe to the doctors and nurses, and therefore likely to report poor quality of health services relative to the rich.

Based on the national health policy of Tanzania of 2003, the old age should be given free health services in public hospitals (URT, 2003). However, its implementation is challenging because in most cases, according to the public outcry, the elderly are sometimes requested to buy drugs from private shops that are possibly owned by the doctors and nurses working in public hospitals. This is a common phenomenon that has persisted for many years in developing countries, and which is explained not only by the inability of the governments to finance the health sector (Streefland, 2008), but also corruptions in the public hospitals. The results in this paper are comparable to an observation made by Pastory (2013) who reports that the quality of health services is sometimes determined by patient’s age and wealth status.

Table 3. Respondents responses on perceived quality of health service by respondents’ characteristics (n=180)

| Variable               | n    | Median | U      | W      | Z      | P-Value |
|------------------------|------|--------|--------|--------|--------|---------|
| Male                   | 91   | 40     |        |        |        |         |
| Female                 | 89   | 40     | 4038.5 | 8224.5 | -0.055 | 0.956   |
| Youth age              | 107  | 40     |        |        |        |         |
| Elderly age            | 73   | 39     | 3462.5 | 6163.5 | -2.275 | 0.023   |
| Non formal education   | 27   | 40     |        |        |        |         |
| Formal education       | 153  | 40     | 1948.5 | 2326.5 | -0.826 | 0.409   |
| Self employment        | 141  | 40     |        |        |        |         |
| Formal employment      | 39   | 39     | 2458.5 | 12469.5| -1.781 | 0.050   |
| Single                 | 58   | 38.5   |        |        |        |         |
| Married                | 122  | 41     | 3276   | 10779  | -1.414 | 0.157   |
| Poor                   | 125  | 39     |        |        |        |         |
| Non poor               | 55   | 40     | 2962.5 | 10837.5| -2.6   | 0.009   |

*Note: Single includes never married, separated, widow and widower*
3.3 Perceived Effect of Corruption on Quality of Health Services

Table 4 presents perceived effect of corruption on quality of health services. The results showed that respondents agreed in 7 out of 10 statements that were used to measure perceived effect of corruption on quality of health services. Based on the results of this paper, the effects of corruption on quality of health services are multifaceted. Specifically, corruption lowers quality of health services. This is because it causes lack of motivation to the medical workers mainly doctors and nurses until they are given tips. It also leads to lack of drugs, equipment and other facilities. As such, the cumulative effect includes delay of the services and improper treatment that ultimately increase chances of poor health services and death.

Based on the experience of using treatment from public health facilities in Tanzania and on the public outcry, public health facilities normally lack necessary drugs and equipment like Electrocardiogram (ECG). This is a medical test that detects cardiac abnormalities by measuring the electrical activity generated by the heart as it contracts. Similarly, among other things, public health facilities lack Brain CT-Scan, a diagnostic tool used to create detailed pictures of the brain. To that effect, doctors and nurses direct patients to access such services from private health facilities that always have the equipment. This situation poses worries associated to corruption in public health facilities in the country such that corruption exacerbates poor quality of health services. The results are in line with a study conducted by Adindu (2010) on poor availability of drugs and services in public health facilities.

Table 4. Respondents’ responses on perceived effect of corruption on quality of health services in percentages (n=180)

| Statement                                                                 | Agree | Neutral | Disagree |
|---------------------------------------------------------------------------|-------|---------|----------|
| Leads to lack of drugs, equipment or other materials                       | 78.9  | 1.7     | 19.4     |
| Leads to poor services                                                    | 83.4  | 3.9     | 12.8     |
| Patients die or maimed due to poor quality services                       | 73.8  | 6.1     | 20.0     |
| Charges are made high in order to cover expenses                          | 55.6  | 13.9    | 30.8     |
| Patients condition get worse due to delay of services                     | 73.9  | 7.8     | 18.3     |
| Patients do not get proper treatment                                       | 81.1  | 3.9     | 15.0     |
| Workers lack motivation and interest in patient care                      | 81.1  | 3.9     | 15.0     |
| Patients distrust the health system                                       | 42.3  | 11.7    | 46.1     |
| Doctors and nurses respect patients during delivery of services           | 44.4  | 9.4     | 46.1     |
| Doctors treat patient in a genuine interest during delivery of service    | 42.8  | 12.8    | 44.4     |

Table 5 presents perceived effect of corruption on quality of health services based on respondents’ characteristics. The result of the Man Whitney U Test showed that there was no significant difference between respondents’ characteristics and perceived effect of corruption on quality of health services. These results can be interpreted that respondents reported almost similar responses with regard to perceived effect of corruption on quality of health services.
services regardless of their socio-economic characteristics.

Table 5. Respondents responses on effect of corruption by socio-economic and demographic characteristics (n=180)

| Variable                  | n   | Median | U     | W     | Z     | P-Value |
|----------------------------|-----|--------|-------|-------|-------|---------|
| Male                       | 91  | 22     | 3893  | 7898  | -0.448| 0.654   |
| Female                     | 89  | 22     | 3394.5| 6095.5| -1.491| 0.136   |
| Youth age                  | 107 | 22     |       |       |       |         |
| Elderly age                | 73  | 12     | 2528.5| 12539.5| -0.769| 0.442   |
| Non formal education       | 27  | 21     |       |       |       |         |
| Formal education           | 153 | 22     | 1986  | 2364  | -0.319| 0.750   |
| Self employment            | 141 | 22     |       |       |       |         |
| Formal employment          | 39  | 23     | 3319  | 4859  | -0.369| 0.712   |
| Single                     | 58  | 23     |       |       |       |         |
| Married                    | 122 | 22     | 3025  | 10528 | -1.573| 0.116   |
| Poor                       | 125 | 22     |       |       |       |         |
| Non poor                   | 55  | 22     |       |       |       |         |

Note: Single includes never married, separated, widow and widower.

3.4 Extent to Which Corruption Affects Quality of Health Services

Table 6 presents results on the extent to which corruption affect quality of health services. The results show that corruption affects quality of health services to a greater extent. The results in Table 6 show significant difference in reporting perceived quality of health services at 5% level of significance based on respondents’ sex. Men respondents reported that corruption affected quality of health services to a greater extent compared to their women counterparts. This can be interpreted that men respondents were victims of corruption compared to women because of their position at a household level and community level as well, regarding gender relations. In African societies, men are the heads of households responsible for meeting all household needs including paying for health services in public or private health facilities. Because of that men are aware of corruption occurring during health services delivery relative to women. The fact that respondents accessed health services from public health facilities it positioned men to reporting corruption compared to women counterparts.

Employment status also showed significant difference. This can be explained that those employed in the public or formal sectors reported that corruption affected quality of health services to a greater extent. Clearly, those employed in the public sector are educated and therefore likely to be aware of any form of corruption and the extent to which it affects the quality of health services. Literature shows that men, educated and urban dwellers report increased corruption in Tanzania relative to their counterparts (Aiko, 2015).
Table 6. Respondent’s responses on the extent to which corruption affect quality of health services (n=180)

| Variable          | To a greater extent | To some extent | To a small extent | Not a problem at all | Don't Know / not sure | P-Value |
|-------------------|---------------------|----------------|-------------------|----------------------|-----------------------|---------|
| Male              | 66(72.5)            | 20(22.0)       | 5(5.5)            | 0(0.0)               | 0(0.0)                | 0.042   |
| Female            | 52(58.4)            | 25(28.1)       | 6(6.7)            | 2(2.2)               | 4(4.5)                |         |
| Self employment   | 88(62.4)            | 40(28.4)       | 10(7.1)           | 2(1.4)               | 1(0.7)                |         |
| Formal employment | 30(76.9)            | 5(12.8)        | 1(2.6)            | 0(0.0)               | 3(7.7)                | 0.016   |
| Single            | 35(60.3)            | 15(25.9)       | 7(12.1)           | 0(0.0)               | 1(1.7)                |         |
| Married           | 83(68.0)            | 30(24.6)       | 4(3.3)            | 2(1.6)               | 3(2.5)                | 0.171   |
| Non formal       | 16(59.3)            | 7(25.9)        | 3(11.1)           | 0(0.0)               | 1(3.7)                |         |
| Formal education  | 102(66.7)           | 38(24.8)       | 8(5.2)            | 2(1.3)               | 3(2.0)                | 0.705   |
| Youth age         | 70(65.4)            | 26(24.3)       | 8(7.5)            | 1(0.9)               | 2(1.9)                |         |
| Elderly age       | 48(65.8)            | 19(26.0)       | 3(4.1)            | 1(1.4)               | 2(2.7)                | 0.897   |
| Poor              | 81(64.8)            | 34(27.2)       | 7(5.6)            | 1(0.8)               | 2(1.6)                |         |
| Non poor          | 37(67.3)            | 11(20.0)       | 4(7.3)            | 1(1.8)               | 2(3.6)                | 0.723   |

Note: numbers in brackets are percentages.

4. Conclusions and Policy Recommendations

Based on the results, the paper concludes that the quality of health services in the study area was low. Secondly, corruption affects quality of health services to a greater extent. For instance, waiting for a long time to get health services affected health services negatively and therefore patients were not satisfied with the quality of health services offered. Moreover, the elderly, the poor and employees in the public sector perceived low quality of health services, and therefore, perception of quality of health services varied with socio-economic characteristics. Apparently, corruption leads to lack of drugs, equipment and other materials. It also leads to poor quality of health services and patient’s condition got worse due to delay of the services. In addition, regarding respondents’ characteristics there was no significant difference between perceived effect of corruption on the quality of health services and respondents’ characteristics.

Based on the conclusions, the paper recommends that the indicators falling under quality of health services for instance waiting time, privacy, respect, satisfaction and attentiveness should be addressed to improve the quality of health services. Secondly, the government should strive to ensure that doctors and nurses do not marginalize other social groups like the poor and the elderly during health services provision as a way of motivating corruption from the patients. This means that the government should ensure that corruption in the public health facilities is reduced to a minimum by posing labour laws that motivate medical workers to abide to the required values. This can be achieved by setting long-term goals,
mobilizing resources for the public health sector and improving salaries and working environment among medical workers. Improved salaries and working environment is likely to discourage medical workers demanding tips to the patients. Other government interventions to improve quality of health services include: ensuring that the doctors and nurses are responsive to the patients’ needs, medical workers are well skilled or are competent, medical workers are ready to work regardless of circumstances. Medical workers should also be efficient and should communicate with the patients adequately. Creating awareness on workers’ values is also important.

Acknowledgements

The author acknowledges support, support during data collection, from the respondents and local government officers in Mbeya Urban District.

References

Adindu, A. (2010). Students’ perception about the effect of corruption on quality of health care. *International Journal of Biological Sciences, 2*(7), 122-127. Retrieved March 7, 2017, from https://www.researchgate.net/publication/258515430_Students' Perception about the Effect of Corruption on Quality of Health Care

Ahmad, I., Nawaz, A., Khan, S., Khan, H., Rashid, M. A., & Khan, M. (2011). Predicators of Patient Satisfaction. *Gomal Journal of Medical Sciences, 9*(2), 183-188.

Aiko, R. (2015). Tanzanians Perceive Ineffective Fight against Corruption; Say Citizens Have a Role to Play. AFRO Barometer Dispatch No. 48. REPOA, Dar es Salaam.

Akter, S., D'Ambra, J., & Ray, P. (2010). User perceived service quality of m-Health services in developing countries. 18th European Conference on Information Systems, Pretoria, South Africa: University of Pretoria. pp. 1-12.

Andaleeb, S. S. (2001). Service quality perceptions and patient satisfaction: a study of hospitals in a developing country. *Social Science and Medicine, 52*, 1359-1370.

Atherton, F., Mbekem, G., & Nyalusi, I. (2003). Improving service quality: Experience from the Tanzania Family Health Project. *International Journal for Quality in Health Care, 11*(4), 353-356.

Baba, I. (2004). Experiences in quality assurance at Bawku hospital eye department, Ghana. *Journal of Community Eye Health, 17*(50), 31. Retrieved December 28, 2016, from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1705716/pdf/jceh_17_50_031.1.pdf

Bailey, D. (1998). Methods of social research. Free Press Collier Macmillan publisher New York Qualitative and Quantitative Approaches. Sage Publication, London (p. 585).

Batool, Z., Afzal, A., & Hussain, S. (2005). Perceptions of the beneficiaries of basic health units in rural areas. *Journal of Agriculture and Social Science, 1*(1), 62-3. http://www.ijabjass.org 1813–2235/2005/01–1–62–63

Bradshaw, D. (n.d). Determinants of Health and their Trends. South African Medical
Field, A. (2009). Discovering Statistics Using SPSS 3rd Edition, 821pp, SAGE Publications Limited, London. Guide to Data Analysis Using SPSS for Windows (3rd Ed, p. 335). Berkshire: Open University Press.

Itam, I.H and Adindu, A. (2012). Health security and quality of health services. Developing Country Studies, 2(11), 43-50.

Kumari, R., Idris, M. Z., Bhushan, V., Khanna, A., Agarwal, M., & Singh, S. K. (2009). Study on patient satisfaction in the government allopathic health facilities of Lucknow district, India. Indian journal of Community Medicine, 34, 35-42.

Legal for Human Rights Centre (LHRC). (2013). Tanzania Human Rights Report. Retrieved April 22, 2016, from http://www.humanrights.or.tz/downloads/tanzania-human-rights-report-2013.pdf

Leonard, K. L. (2008). Is patient satisfaction sensitive to the changes in the quality of care? An exploitation of the hawthorne effect. Journal of Health Economies, 27(2), 444-459. http://dx.doi.org/10.1016/j.jhealeco.2007.07.004.

Mahlangu, Q. (2009). Health Budget speech tabled by MEC for Health and Social Development in South African Government information. Retrieved May 17, 2016, from http://www.info.gov.za/speeches/2009/09080614251002.htm

Melgar, N., Rossi, M., & Smith, T. (2010). The Perception of Corruption. Retrieved April 22, 2016, from http://www.iss.org

Mwakisu, S. (2005). Perceived quality of health care services in Dar es Salaam municipal hospitals: comparison between clients using user fees and National Health Insurance Fund. A dissertation submitted in partial fulfillment of requirement for degree of master of public health of the University of Dar es salaam (pp. 1-20).

Ngware, S. (2005). Corruption in Local Authorities in Tanzania. Retrieved December 26, 2016, from http://www.tzonline.org/pdf/ngwalecorruptioninlocalauthoritiesintanzania.pdf

Pallant, J. (2007). Statistical Package for Social Science (SPSS) Survival Manual: A Step by step Guide to Data Analysis Using SPSS for Windows (3rd Ed, p. 335). Open University Press, Berkshire.

Pastory, W. (2013). Ageism in Tanzania’s health sector: A Reflective Inquiry and Investigation, 4(1), 400-410.

Research on Poverty Alleviation (REPOA). (2006). Combating Corruption in Tanzania: Perception and Experience. AFRO Barometer briefing paper no. 33. REPOA, Dar es Salaam.

SIKIKA. (2010). Petty corruption in health services in Dar es Salaam and Coast regions. E and D Readership and Development Agency: Jamana Printers. Dar es Salaam, Tanzania (pp. 09-20).
Streefland, P. (2008). Public health care under pressure in Sub-Saharan Africa. *Medische Antropologie*, 20(1), 139-149.

Sulley, C. (2012). The 2010 general elections in Mbeya Urban constituency: actors and processes. *Journal of Politics and Law*, 5(4), 4-12.

Transparency International. (2004). The Information Challenge: Transparency International and Combating Corruption by Mr. Jeff Lovitt, Director of Communications—Transparency International Presented at the 4th Training Seminar of the OLAF Anti-Fraud Communicators’ Network (OAFCN): Deterring Fraud by Informing the Public 24-25-26 November 2004.

United Nations. (2016). Measuring corruption in Africa: The international dimension matters - African Governance Report IV. Retrieved April 17, 2016, from www.uneca.org

United Republic of Tanzania (URT). (2003). National Health Policy. Ministry of Health, Dar Es Salaam. Retrieved December 26, 2016, from http://apps.who.int/medicinedocs/documents/s18419en/s18419en.pdf

United Republic of Tanzania (URT). (2007). The Ministry of Health and Social Welfare Tanzania (MOHSW) Dar-es-Salaam Tanzania. Quality Improvement of District Health Services. 128pp.

United Republic of Tanzania (URT). (2011). Ministry of Health and Social Welfare. The Tanzania Quality Improvement Framework in Health Care 2011 – 2016 (p. 76).

United Republic of Tanzania (URT). (2014). Basic Demographic and Socio-economic Profiles: 2012 Population and Housing Census. Dar Es Salaam. Retrieved December 26, 2016, from http://nbs.go.tz/nbs/takwimu/census2012/Basic_Demographic_and_Socio-Economic_Profile_PopularVersion-KeyFindings_2012_PHC_EnglishVersion.pdf

World Health Organization (WHO). (2014). World Health Statistics 2014. Retrieved November 29, 2016, from http://apps.who.int/iris/bitstream/10665/112738/1/9789240692671_eng.pdf

World Health Organization (WHO). (2015). World Health Statistics 2015. Retrieved November 29, 2016, from http://apps.who.int/iris/bitstream/10665/170250/1/9789240694439_eng.pdf?ua=1

**Copyright Disclaimer**

Copyright for this article is retained by the author(s), with first publication rights granted to the journal.

This is an open-access article distributed under the terms and conditions of the Creative Commons Attribution license (http://creativecommons.org/licenses/by/3.0/).