Comparing Two Measures of L2 Depth of Vocabulary Knowledge Using the Association With Vocabulary Size

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Comparing two measures of L2 depth of vocabulary knowledge using the association with vocabulary size

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Abstract

This study compared two tests of second language (L2) depth of vocabulary knowledge, namely the word association test (WAT) and vocabulary knowledge scale (VKS), with respect to their associations with vocabulary size. The same relationships were further examined separately for the five word-frequency bands of the vocabulary size test. To this end, 115 English as a Foreign Language (EFL) learners took the WAT, VKS, and Vocabulary Levels Test (VLT). Results of multiple linear regression analyses indicated that: (a) while both measures of vocabulary depth were predictive of the VLT, the WAT had a higher association with the dependent variable; (b) both the WAT and VKS were predictive of the high-frequency vocabulary, with the relationships being more significant for the WAT; (c) the WAT could significantly predict the mid-frequency vocabulary, whereas the VKS had no significant contribution; and (d) while the VKS was significantly associated with the low-frequency vocabulary, the WAT had no significant contribution to the prediction of this level. The findings are interpreted with reference to the suitability of both the WAT and VKS depending on the type of input, expected response, and desired frequency of the target words.

Keywords: vocabulary size, vocabulary depth, Word Association Test (WAT), Vocabulary Knowledge Scale (VKS), Vocabulary Levels Test (VLT)

Introduction

Vocabulary knowledge has been recognized as one of the most important components of language learning without which no meaning can be conveyed and understood (Author1
Researching vocabulary involves dealing with a multidimensional construct as the nature of this knowledge is perplexing and entails various aspects of form, meaning, and use, each of which encompasses sub-components (Laufer et al., 2004; Nation, 1990; Schmitt, 2014). To grapple with such complexity, a variety of descriptive frameworks have been proposed to systematically categorize the construct of vocabulary knowledge, the most oft-cited of which is the classification of size and depth (Haastrup & Henriksen 2000; Henriksen, 1999; Qian, 1998; Read 1993; Schmitt, 1999), with the former pertaining to the number of words second language (L2) learners know during a particular stage of the learning process (Nation, 2001) and the latter relating to the quality of word knowledge or how well the L2 learners know a single lexical item (Read, 2000). Depth of vocabulary knowledge, therefore, embodies not only the dictionary definition of a word, but also its semantic network which includes, but is not limited to, syntagmatic and paradigmatic lexical relations (Schoonen & Verhallen, 2008), which refer to the linear relations between two words that could appear in the same sentence (e.g., research-conduct, research-observation, and research-laboratory) and hierarchical relations (e.g., research-science, research-experimental), respectively.

The introduction of these two dimensions of vocabulary knowledge led to the development of some reliable and valid tests to measure them. Vocabulary size, in particular, has gained more attention in L2 vocabulary research (David, 2008) due to its critical and substantial contribution to effective language use (Alharthi, 2020; Author1 & Author2, 2019; Co-author & Author2, 2020; Nguyen & Nation, 2011; Uchihara & Clenton, 2020). Different instruments have been, therefore, developed to examine the L2 learners’ vocabulary size. Vocabulary Levels Test (VLT) is perhaps the most widely used...
measure of vocabulary size (Webb & Sasao, 2013) which was first designed by Nation (1983) and later revised and validated by Schmitt et al. (2001). The test is built upon the five word-frequency levels of 2,000, 3,000, 5,000, and 10,000 that comprise 120 high- and low-frequency target words. Another measure of vocabulary size is the Vocabulary Size Test (VST) designed by Nation and Beglar (2007) and validated by Beglar (2010) that evaluates L2 vocabulary size using 14 1,000-word-frequency levels that include 140 lexical items. This test has addressed more word-frequency bands which have made it more comprehensive (Elgort, 2013) and suitable to measure the progress of vocabulary size over time (Beglar, 2010). Another measure of vocabulary size is the Yes/No test format designed by Meara (1992) which, compared to the VLT, was found to be a less effective test (Cameron, 2002). A more recent and modified version of the VLT, known as the New Vocabulary Levels Test (NVLT), has been designed by Webb et al. (2017). The NVLT tests the L2 vocabulary size using the first five 1,000-word-frequency bands.

Depth of vocabulary knowledge, however, has gained less attention in language testing as it entails a range of word relations, making it difficult to offer a unified definition for this dimension of word knowledge (Milton, 2009; Schmitt, 2014). In fact, compared to the number of tests developed and validated for measuring vocabulary size, “less progress has been made, both in defining depth as a construct and in developing tests for practical use” (Read, 2007, p. 105). The first is Vocabulary Knowledge Scale (VKS), designed by Pribakht and Wesche (1993) and Wesche and Paribakht (1996), which assesses different stages of vocabulary knowledge ranging from no familiarity with the word to the ability to use it accurately in sentences. However, the instrument which could find its way in almost all of the previous studies on depth of vocabulary was Word Association Test (WAT). Developed and validated first by John Read in 1993, WAT assesses depth of vocabulary knowledge through asking learners to choose only four out of eight responses.
which may be, in one way or another, related to the cue word. As Read (1993) stated, “it is assumed that learners with a deeper knowledge of the word will be better able to pick the associates (which should represent different aspects of the meaning of the word) than those whose knowledge is more superficial” (p. 395).

Despite the surge of interest in using WAT as a valid measure of depth of vocabulary knowledge, recent studies have revealed significant correlations between scores resulted from WAT and VLT, a measure of vocabulary size (Akbarian, 2010; Author2 et al., 2018; Huang, 2006; Noro, 2002; Schmitt, 2014). This high interrelationship between the two constructs was in line with the argument proposed by Meara and Wolter (2004) that the two aspects of size and depth are not separate from each other and improvement in vocabulary size results in the development of vocabulary depth as well. The current study has made an effort to find the more suitable test of vocabulary depth using this interrelationship between the two aspects of size and depth of vocabulary knowledge.

Literature review

Measures of vocabulary depth

The depth dimension of vocabulary knowledge has been measured through a couple of tests, but, compared to the number of measures developed for size aspect, less attempt has been made to both define this dimension as a construct and develop tests to measure it (Read, 2007). Read (2000) classified the different approaches to measure depth of vocabulary knowledge of language learners into two main groups: developmental and dimensional. In the former, a scale of measurement is used to describe the stages in vocabulary acquisition. To that end, Paribakht and Wesche (1993) and Wesche and Paribakht (1996) designed VKS. First designed to assess English vocabulary learning in language programs at the University of Ottawa, this scale measures the different levels of
lexical knowledge of specific words being learned in a comprehension-based ESL classroom. This scale is a self-report measure which learners are presented with the individual words and are asked to indicate their degree of understanding of that word on a scale of 1-5. The first three categories of this scale deal with conceptual familiarity with the cue word (from no familiarity to the ability to provide a synonym) and the last two categories involve assessing the productive knowledge of the prompt words by asking to compose a response (category IV: I know this word. It means ______ and category V: I can use this word in a sentence, as follows) (see Figure 1).

**Domestic**

I. I don’t remember having heard this word before.

II. I have heard this word before but I don’t know what it means.

III. I have heard this word before, and I think it means ______ (synonym or translation)

IV. I know this word. It means ______ (synonym or translation)

V. I can use this word in a sentence: __________ (if you do this section, please do section IV)

*Figure 1. Sample of VKS item.*

However, as Qian (1998) argued, VKS assesses only one meaning of the prompt word coupled with its actual use and ignores measuring multiple meanings or associations. Henriksen (1999) further confirmed this argument and noted that VKS only assesses the receptivity or productivity of the target words with no measurement of their different aspects. In addition, Schmitt (2010) listed the following limitations for this scale: 1. the first two stages of the scale are unverified; 2. the underlying knowledge construct are inconsistent, jumping from form-meaning (categories I to IV) to production in context.
(category V); 3. the intervals between the categories are not consistent; 4. the metalinguistic judgement in categories II (I think I know the word) and III (I know the word) can be confusing for some learners since they are better at judging what they can do with the words; and, more importantly, 5. the simple sentences examinees write in category V cannot clearly show their productive knowledge of the target word. As Webb (2013) mentioned, in VKS, “it is possible [for test takers] to use a word correctly in a sentence without knowing its meaning” (p.3). In this regard, Zhong (2016) suggested to adapt the test in a way to reach the minimum possible chance for test takers to produce ‘neutral’ sentences like ‘It is beautiful’ or ‘He is calm’.

The dimensional approach, on the other hand, tries to describe the mastery of various components of different words and considers the mastery of lexical networks of an individual word as important (Read, 1993). To assess such an aspect, WAT was designed and further revised by Read (1993, 1998) which assesses the depth of individual vocabulary knowledge through word association and the relationships between the words in the mental lexicon. This was a developed format of his previous attempt to measure depth of vocabulary through interview procedure in which the learners were asked to pronounce the words, provide an explanation, identify the domain, provide word associations, and suggest other forms of the word (Read, 1998). The first version of the test designed in 1993 consists of eight options for each target word four of which were associated with the target word paradigmatically (synonym), syntagmatically (collocation), and analytically (component) (see Figure 2).

| alternate | chalk | ear | group |
|----------|-------|-----|-------|
| orbit    | scientists | sport | together |
The 1998 version uses two boxes with eight words in each for 40 target words, all of which are adjectives. The examinees are required to select only four words associated with the target word from the two boxes (see Figure 3). The words in the left box are paradigmatically related to the target word and the ones in the right box are syntagmatically related. To reduce the guessing effect, the patterns of students’ responses differ such that three format are possible: two words from the right box and two from the left one; three from the right and one from the left; or three from the left and one from the right.

| hard | difficult | low | solid | unkind | gas | hospital | moon | work |

The merit of this test format is in its ability to tap different instances of meaning, collocation, and formulaic language (Schmitt, 2010). Schmitt et al. (2011) reported that WAT could be regarded as an appropriate measure of depth of vocabulary since “it is tapping into learners’ uncertainty about collocational combinations” (p.118).

Despite its wide use in measuring depth of vocabulary knowledge (e.g., Akbarian, 2010; Co-author & Author1, 2010; Author1, 2016; Author1 & Author2, 2019; Author2 & Co-author, 2018; Author2 & Co-author, 2021; Author2 et al., 2018; Nassaji 2006, Qian 1999, 2002; Schoonen & Verhallen, 2008, among others), WAT is regarded as a challenging measure of depth of vocabulary knowledge for advanced learners at university level (Greidanus et al., 2005; Greidanus & Neinhuis, 2001; Zhang & Koda,
In addition, different scholars refer to the shortcomings of WAT as a measure of vocabulary depth from various viewpoints. Webb (2013) pointed out that although WAT measures three different aspects of vocabulary depth, namely concept and referents, form and meaning, and collocation, it does not provide separate scores for each of these aspects and it is plausible that two test takers who are actually distinct in their depth of vocabulary dimensions receive the same score without being distinguished in terms of what depth of vocabulary aspect was known by each. Akbarian (2010) highlighted that due to the identification of nouns to be collocated with the adjectives given in the test as target words, the test taps knowledge of adjectives directly and nouns rather indirectly. Also, adverbs are indirectly focused on in WAT since almost all adverbs are related to their corresponding adjectives (Ishii, 2005). However, measuring depth of knowledge of verbs is taken for granted and not included in the test. In addition, as Milton (2009) and Read (1993, 1998) asserted, WAT is susceptible to guessing due to its receptive multiple-choice format which can threaten the validity of the test. Test takers can easily choose some of the given words on random which can make the score interpretation problematic since scores may not provide a true estimate of the test takers’ depth of vocabulary knowledge.

As Schmitt et al. (2011) asserted in their validation study of WAT, guessing effect can mostly happen for scores 0-2 and not for scores 3-4 for each item. More specifically, they found that split scores – where test takers achieve 1, 2, or 3 out of the maximum 4 for each item – mostly resulted from no knowledge or partial knowledge of the target word and consequently no clear interpretation can be reached upon for these scores. They also relate guessing in WAT items to its tendency to overestimate the test takers’ actual knowledge of the target words and raise the question of whether test takers are successful in guessing even if they have no knowledge of the target words.

*The interconnection between size and depth as a possible yardstick*
Though being distinct in terms of measurement instrument, depth and size of vocabulary have been found to be so much inter-related. Nurweni and Read (1999), in a study on the vocabulary knowledge of first-year students in an Indonesian university concluded that the tests of size (word translation test) and depth of vocabulary (WAT) correlated highly with each other ($r = .62$). Qian (1999) explored this issue and found a significant correlation of .78 between the VLT and WAT scores among 44 Korean and 33 Chinese speakers. Henriksen (1999) further argued that “an understanding of the relations among the items is a prerequisite for a more precise understanding of each individual item” (p. 313). This interconnection between the two dimensions of size and depth of vocabulary was supported by Meara and Wolter (2004) who believed that “vocabulary size is not a feature of individual words: rather it is a characteristic of the test taker’s entire vocabulary” (p. 87). These two scholars proposed two different models for the interconnection between size and depth of vocabulary (see Figure 4). While in the first one (the left hand diagram) vocabulary size and depth are not intrinsically interrelated and adding more lexical items do not develop the whole lexicon, in the second model (the right hand diagram), increase in vocabulary size could develop the lexical network (vocabulary depth) as well. This relationship was also approved by Ishii and Schmitt (2009) who contended the two aspects are interconnected such that one dimension would be incomplete without the other.
Many studies have reported the interconnection between these two dimensions of vocabulary size and depth, as measured through the VLT and WAT, respectively (e.g., Akbarian, 2010; Author2 et al., 2018; Gyllstad, 2007; Huang, 2006; Qian, 2002; D. Zhang, 2012). This interconnection, however, does not mean that the test takers’ scores on the VLT could show both size and depth of vocabulary knowledge because tests of receptive vocabulary size intend to measure form/meaning recognition knowledge, and not vocabulary depth which is assessed using word associations tasks. Put it more simply, the relationship between these two dimensions could possibly mean that they are related to the same construct and, therefore, should not be seen as separate aspects (Vermeer, 2001). Another interpretation is that tests of depth of vocabulary knowledge, such as WAT, are not really tests of vocabulary depth; they are rather size tests masquerading as depth tests (Akbarian, 2010). This claim was also backed by Milton (2009) who asserted that the associative format to measure depth of vocabulary is not successful in measuring this vocabulary construct for the main reason that this format is incapable of tapping into the quality of association the test takers make.
The correlation between size and depth of vocabulary knowledge has been reported to be unclear for lower and higher frequency words. While there seems to be little difference between these two dimensions for higher frequency words, a gap has been reported between these aspects of vocabulary for lower frequency words (Schmitt, 2014). Shimamoto (2000), Noro (2002), and Henriksen (2008) for instance, found the relationship to be weaker for learners who had larger vocabularies and higher language proficiency.

In this study, we used the proposed model of Meara and Wolter (2004) and the interconnection between the two dimensions of vocabulary size and depth as a yardstick to identify the more suitable test of vocabulary depth. Additionally, the nature of this relationship was probed for higher and lower word-frequency levels of the vocabulary size test. The following research questions were thus addressed in this study:

1. Which measure of vocabulary depth has the highest predictive ability for L2 vocabulary size?
2. How is the predictive ability of the two measures of vocabulary depth in L2 vocabulary size different for higher and lower word-frequency bands?

**Methodology**

**Participants**

Participants of this study were a sample of 115 intermediate EFL undergraduate learners selected based on the results of the quick Oxford Placement Test (2004) out of 234 English language teaching and English literature major students. Accordingly, the participants who scored between 30 and 47 in the test, i.e., B1 and B2 due to common European framework of reference (CEFR), were selected. The selected participants ranged from freshmen to junior who were both male and female students with the age
range of 18 to 25. The reason for selecting this sample is that based on the nature of the study, participants should have a good mental lexicon in terms of quantity and quality of word knowledge and an acceptable command of English.

**Instruments**

*Oxford Quick Placement Test (OQPT, 2004)*

This test was administered to assure that the participants were at the intermediate level of English language proficiency. The test, which was developed by Oxford University Press and University of Cambridge Local Examinations Syndicate, consists of 60 multiple-choice items to which participants were to answer in 30 minutes. According to the OQPT scoring system, the participants who scored between 26 and 45 were determined as intermediate. Geranpayeh (2003) reported a high validity with the reliability close to .90 for this version of the test.

*WAT-test of dimensional aspect of vocabulary depth*

Developed by Read (1993), WAT measures the depth of vocabulary knowledge of the participants. The test is a list of 40 prompt words each of which consists of one stimulus word, which is an adjective, followed by a list of eight words in two boxes of four words. The left and right boxes consist of the synonymous words and collocations of the stimulus words, respectively. The participants should choose four words that are related to the prompt word semantically. The four related words have been selected to represent three semantic relations, namely paradigmatic, syntagmatic and analytic (Read, 1993). Read (1995) reported its reliability (KR-20, N=94) as .93 and Nassaji (2006) and Qian (2002) found its split half reliability to be .89.

*VKS- test of developmental aspect of vocabulary size*
Developed originally by Paribakht and Wesche (1993), VKS was used to find out the participants’ self-perceived level of developmental aspect of depth of vocabulary knowledge. Participants should indicate their level of knowledge about the target words on a Likert scale ranging from total unfamiliarity to the ability to use the words in context. The instrument enjoys a high reliability estimate of .89 for content words and .82 for discourse connectives as reported by Paribakht and Wesche (1997).

As VKS is a tool which in theory can be used with any set of words and since the purpose of the present study is to compare VKS and WAT, the same prompt words in the latter test were utilized as the cue words for the former.

**VLT-test of vocabulary size**

Designed by Nation (1983) as a measure of breadth of vocabulary, this test “provides a profile of a learner’s vocabulary” (p.58) in terms of levels of frequency (2000-, 3000-, 5000-, and 10,000-word-frequency levels) with large samples of words from different frequency levels. In other words, “[the test scores] obtained from VLT were treated as the variable of size of vocabulary knowledge” (Akbarian, 2010, emphasis added). The test has been validated and revised by many scholars since its first format (e.g., Ishii & Schmitt, 2009; Schmitt et al., 2001; Xing & Fulcher, 2007). The current study used version 2 of this test which was revised and validated by Schmitt et al. (2001). In this version, the participants were given 10 groups of words in each frequency level. Each group consists of 6 cue words that should be matched with 3 definitions (see Figure 5). The test has been reported as reliable with a Cronbach alpha of .96 (Akbarian, 2008) and .81 (Schmitt et al., 2001).
1. accident

2. debt  .... loud deep sound

3. fortune  .... something you must pay

4. pride  .... having a high opinion of yourself

5. roar

6. thread

Figure 5. A VLT sample item

Although Nation and Beglar’s (2007) Vocabulary Size Test (VST) has been claimed to be a more comprehensive measure of breadth of vocabulary than the VLT, the present study used the latter for the reason that the four-option multiple-choice format of VST is subject to guessing effect (Gyllstad et al., 2015), which may lead to the overestimation of test scores over and above the six-option matching format in VLT (Stewart, 2014; Stewart & White, 2011). Moreover, VLT is the widely used measure of breadth of vocabulary among researchers (e.g., Abdullah et al., 2013; Akbarian, 2010; Alavi & Akbarian, 2012; Author1, 2016; Author2 et al., 2018; Author2 & Co-author, 2021; Author1 & Author2, 2019; Baba, 2009; Qian, 2002; Webb & Sasao, 2013; Zhang & Anual, 2008).

Procedure and data analysis

First, Oxford Quick Placement Test was administered to the participants to determine their proficiency level and select the intermediate ones. Then, to measure the participants’ depth and size of vocabulary knowledge, WAT, VKS and VLT were administered with a one-week time interval for each test to prevent sensitization of students to the purpose of the research and control the testing effect. While administering the WAT, the participants were encouraged to give as many answers as they could, even if they would not be sure whether the given answers were correct or not (Read, 1993). As for the VLT, the
participants were required not to follow the guessing strategy for the words they did not know, but they were suggested to find the answer if they thought they might know it. The time allotted for each test was 30 to 45 minutes. The WAT, VKS, and VLT papers of the participants were scored following Nassaji (2006), Wesche and Paribakht (1996), and Schmitt et al. (2001), respectively. Multiple linear regression analyses were run using SPSS version 23.0 to find the contribution of WAT and VKS to VLT and the extent that the high and low word-frequency bands were predicted by the two tests of vocabulary depth.

9 Results

9 Descriptive and reliability statistics

Table 1 represents a general profile of the descriptive statistics of the participants’ scores on the WAT, VKS, VLT, and the four word-frequency bands of the VLT. As the Table shows, the participants’ scores on the three administered vocabulary tests and the sub-tests of the VLT enjoyed appropriate Cronbach’s alpha reliability estimate.

| Test      | MPS | Min. | Max. | Mean  | SD   | α     |
|-----------|-----|------|------|-------|------|-------|
| WAT       | 100 | 18   | 65   | 46.99 | 9.84 | .83   |
| VKS       | 200 | 75   | 182  | 138.22| 20.30| .86   |
| VLT       | 120 | 33   | 85   | 64.14 | 11.15| .89   |
| VLT 2,000 | 30  | 20   | 30   | 27.49 | 2.38 | .74   |
| VLT 3,000 | 30  | 10   | 29   | 21.94 | 4.43 | .76   |
| VLT 5,000 | 30  | 1    | 24   | 12.75 | 5.23 | .79   |
| VLT 10,000| 30  | 0    | 6    | 1.94  | 1.49 | .81   |

Note: N = 115. MPS = Maximum possible score; SD = standard deviation; α = Cronbach’s alpha.
Before running multiple regression analyses, the correlations among the variables were calculated. The results of Shapiro-Wilk test indicated that except for the scores on the VKS and VLT, the scores on the other WAT and the four sub-tests of the VLT were not normally distributed ($p > .05$). Spearman correlation coefficients were calculated for the sets of scores the results of which are provided in Table 2. It shows that the correlations among all the variables were significant ($p < .05$) and the correlations between the VKS and WAT, as the predictor variables were also significant ($p < .05$). However, multicollinearity was not a concern as the tolerance values were less than 0.40 and the variance inflation factors (VIFs) were less than 2.5 (Field, 2009).

Table 2  Spearman correlation coefficients among the vocabulary depth and size tests and sub-tests.

| Test      | WAT | VKS | VLT | VLT 2K | VLT 3K | VLT 5K | VLT 10K |
|-----------|-----|-----|-----|--------|--------|--------|---------|
| WAT       | -   |     |     |        |        |        |         |
| VKS       | .313* | -   |     |        |        |        |         |
| VLT       | .433** | .430** | -   |        |        |        |         |
| VLT 2K    | .396** | .363** | .671** | -     |        |        |         |
| VLT 3K    | .454** | .397** | .832** | .522** | -     |        |         |
| VLT 5K    | .337** | .283** | .895** | .467** | .586** | -     |         |
| VLT 10K   | .231* | .422** | .666** | .428** | .375** | .640** | -       |

Note: $N = 115$, $K = 1,000$.

**$p < .01$\n
**$p < .05$\n
Predictive ability of WAT and VKS in VLT

The contribution of the participants’ WAT and VKS scores to VLT scores was examined through multiple linear regression analysis (using the stepwise method). The results, as shown in Table 3, revealed that two models emerged for this association. The first model in which only the WAT was entered as the predictor variable could explain about 23% of
the variance in the VLT ($F(1,113) = 33.565, p < .001, R^2 = .229$). The second model where both WAT and VKS were entered as the explanatory variables could explain 29% of the VLT performance ($F(2,112) = 23.052, p < .001, R^2 = .292$). In other words, the addition of the VKS scores could provide an additional 6% of the predictive power which was a significant change ($p < .01$).

The standardized beta weights also reaffirmed the strength of the association between the scores on the WAT and VLT in the first ($\beta = .479, t = 5.794, p < .001$) and second ($\beta = .355, t = 4.005, p < .001$) models. The VKS, however, made a less contribution to the prediction of the VLT scores ($\beta = .279, t = 3.146, p < .01$).

### Table 3 Multiple regression analyses for vocabulary depth measures in vocabulary size.

|            | $R$  | $R^2$  | $\Delta R^2$ | Unstandardized | Standardized |
|------------|------|--------|--------------|----------------|--------------|
|            |      |        |              | $B$         | $SE$         | $\beta$   |
| Model 1    | .479 | .229***|              | 38.664       | 4.493        | .479***   |
| Constant   |      |        |              |              |              |           |
| WAT        | .542 | .292***| .063**       | .094         | .094         | .355***   |
| Model 2    | .540 | .292***| .063**       | 24.044       | 6.349        | .279**    |
| Constant   |      |        |              | 24.044       | 6.349        |           |
| WAT        | .402 | .100   |              | .049         | .049         |           |
| VKS        | .153 | .049   |              | .049         | .049         |           |

**$p < 0.01$, ***$p < 0.001$.**

### Predictive ability of WAT and VKS in high and low frequency vocabulary of VLT

The second research question of this study investigated the extent that the WAT and VKS scores could predict the high and low word-frequency bands of the VLT. A series of multiple linear regressions (using the stepwise method) were run for this purpose. The results (see Table 4) indicated that, for the 2,000-word-frequency band of the VLT, two models emerged. In the first model, only the WAT was entered as the predictor variable which could explain 15.5% of the variance in this sub-test of the VLT ($F(1,113) = 20.781$, 18
The second model in which both WAT and VKS were entered as the predictor variables could explain 19.5% of this word-frequency band of the VLT ($F_{(2,112)} = 13.580, p < .001, R^2 = .155$). The addition of the VKS scores could, therefore, add 4% to the predictive power which was a significant change ($p < .05$). Similar results were found for the 3,000-word-frequency band as two models emerged for this dependent variable in the first of which only the WAT was entered capable of explaining 24% of the variance in the scores of this sub-test ($F_{(1,113)} = 35.722, p < .001, R^2 = .240$). In the second model where both WAT and VKS were entered as the explanatory variables, the predictive power was 31.5% ($F_{(2,112)} = 25.752, p < .001, R^2 = .315$), indicating that the additional variance explained by the insertion of the VKS was about 7% which was statistically significant ($p < .01$). As for the 5,000-word-frequency band, one model emerged in which WAT was the only predictor variable capable of explaining 14% of the variance in the scores obtained on this sub-test of the VLT ($F_{(1,113)} = 8.575, p < .001, R^2 = .141$). In contrast, in the one model appeared for the 10,000-word-frequency band of the VLT, it was the VKS scores which could significantly provide a similar prediction for the dependent variable ($F_{(1,113)} = 19.075, p < .001, R^2 = .144$).

Appraisal of the standardized beta further confirmed the significant associations between the WAT scores and the 2,000-word-frequency band ($\beta = .394, t = 4.559, p < .001$), the 3,000-word-frequency level ($\beta = .490, t = 5.977, p < .001$), and the 5,000-word-frequency level ($\beta = .376, t = 4.310, p < .001$). The links between the VKS scores and the 2,000-word-frequency band ($\beta = .223, t = 2.354, p < .05$) as well as the 3,000-word-frequency level ($\beta = .305, t = 3.497, p < .01$) were comparatively less significant. In contrast, while the WAT performance was the only variable associated with the 5,000-word-frequency level ($\beta = .376, t = 4.310, p < .001$), the VKS was the only format which could be linked with the 10,000-word-frequency band ($\beta = .380, t = 4.368, p < .001$).
Table 4 Multiple regression analyses for vocabulary depth measures in word-frequency levels of the VLT.

| Dependent | Predictor | $R$  | $R^2$  | $\Delta R^2$ | Unstandardized | Standardized |
|-----------|-----------|------|--------|--------------|----------------|--------------|
|           |           |      |        |              | $B$            | $SE B$       | $\beta$     |
| VLT 2K    | Model 1   | .394 | .155***|              | 23.009         | 1.005        | .394***     |
|           | Constant  |      |        |              |                |              |             |
|           | WAT       |      |        |              | .095           | .021         | .394***     |
|           | Model 2   | .442 | .195***| .040*       | 20.516         | 1.447        |             |
|           | Constant  |      |        |              | .072           | .023         | .296**      |
|           | WAT       |      |        |              | .026           | .011         | .223*       |
|           | VKS       |      |        |              |                |              |             |
| VLT 3K    | Model 1   | .490 | .240***|              | 11.568         | 1.774        | .490***     |
|           | Constant  |      |        |              | .221           | .037         |             |
|           | WAT       |      |        |              | .561           | .315***      | .490***     |
|           | Model 2   | .561 | .315***| .075**      | 5.211          | 2.483        |             |
|           | Constant  |      |        |              | .160           | .039         | .355***     |
|           | WAT       |      |        |              | .067           | .019         | .305**      |
|           | VKS       |      |        |              |                |              |             |
| VLT 5K    | Model 1   | .376 | .141***|              | 3.372          | 2.224        | .376***     |
|           | Constant  |      |        |              | .200           | .046         |             |
|           | WAT       |      |        |              |                |              |             |
| VLT 10K   | Model 1   | .380 | .144***|              | -1.911         | .893         | .380***     |
|           | Constant  |      |        |              | .028           | .006         |             |
|           | VKS       |      |        |              |                |              |             |

*p < 0.05, **p < 0.01, ***p < 0.001.

Discussion

This study made an effort to identify the more suitable measure of vocabulary depth by using the yardstick of associations with VLT, a measure of vocabulary size. The results of multiple linear regression analyses for the scores of 115 EFL students indicated that the WAT was more significantly associated with the VLT scores, particularly the high- and mid-frequency bands. The VKS, however, had a comparatively weaker contribution to the prediction of the VLT scores, but its prediction of the low-frequency band of this test was unique.
The findings indicated that the interconnection between the two aspects of vocabulary size and depth was strong, as measured through the WAT and VLT, supporting previous studies (e.g., Akbarian, 2010; Gyllstad, 2007; Henriksen, 2008; Milton, 2009; Zareva, 2005). For instance, Akbarian (2010) used regression analysis and reported the WAT could predict the variance in the VLT. This study also found that the links between the higher frequency words of the VLT and WAT were stronger than the 10,000-word-frequency band. This could somehow support Schmitt’s (2014, p. 941) conclusion that for higher levels of vocabulary size “there is often little difference between size and a variety of depth measures” while this association is weak for lower frequency bands of the VLT where “there is often a gap between size and depth, as depth measures lag behind the measures of size”. Noro (2002) and Henriksen (2008) further reported a less significant correlation between the VLT and WAT for lower frequency words. The strong association between the two tests could be justified with reference to the findings of Meara and Wolter (2004) who reported that an increase in vocabulary size could lead to an increase in vocabulary depth, particularly for lower levels of language proficiency.

The results further indicated that the prediction of the VLT was mainly made by the WAT while the VKS had a less significant contribution to the prediction of the VLT scores. This could be due to the different task format of the WAT, which employs matching items, while the VKS uses a scale that indicates knowledge subjectively. The objective matching format of the WAT is more compatible with the matching type of the VLT which both reduce the guessing effect (Stewart, 2014). Therefore, the students’ score on the WAT could be a more precise indication of their depth of vocabulary knowledge than the VKS which is more subjective. The findings also showed a lower power of VKS than that of WAT in predicting VLT. This finding implies that WAT can be regarded as a measure of depth of vocabulary that is more influenced by the size dimension of
vocabulary knowledge, and hence, according to Meara and Wolter’s (2004) model, it might be regarded as a better measure of depth of vocabulary in comparison with VKS.

The results for the second research question showed that while the WAT was more predictive of the high- and mid-frequency vocabulary (Schmitt & Schmitt, 2014), for the 10,000-word-frequency band of the VLT, the VKS was the only predictor variable. This can be further discussed in that the partial receptive/productive nature of VKS can better picture knowledge of less frequent vocabulary compared to the WAT which is only receptive. As it was mentioned previously rather implicitly, the first two columns of VKS measure receptive aspects of depth of vocabulary knowledge and the other three columns focus on the productive aspect. This special feature of VKS makes it measure depth of vocabulary both receptively and mostly productively. On the contrary, WAT is mainly a receptive measure of vocabulary depth dealing with making associations among the given words. The difference of receptivity and productivity of these two depth of vocabulary tests can be regarded as the cause of their distinction in regression analysis results. This provides empirical support for Read’s (2004) proposal calling for distinguishing among different aspects of depth of vocabulary with different measures.

Taking the overall results into account, it can be claimed that though WAT was shown to be more predictive of a measure of vocabulary size and hence a better measure for depth of vocabulary than VKS in this regard, each of these tests should be used depending on the purpose of measurement, i.e., whether to measure receptive or productive aspects of depth of vocabulary. Moreover, for tapping less frequent aspects of vocabulary depth, the VKS would be a more suitable option.

Conclusion

Founding on Meara and Wolter’s (2004) conceptualization of the relationship between vocabulary size and depth, the current study compared WAT and VKS in order to find
the more appropriate measure of vocabulary depth via comparing their power to predict
VLT scores, as a measure of vocabulary size. It can be concluded that although the WAT
scores explain the variance in the VLT scores to a larger extent and could be, therefore,
considered a more suitable test of vocabulary depth when we consider the association of
size and depth as a yardstick (Meara & Wolter, 2004), the VKS should also be seen as a
more subjective test of vocabulary depth that could tap into the more productive aspect
of this dimension of vocabulary knowledge. The results shed light on the difference
between WAT and VKS reporting a low correlation between the two which signifies that
they cannot be used for research and instruction purposes interchangeably. Rather they
should be used for the purposes which correspond to the nature of their test item structure.
In other words, vocabulary researchers can use VKS when they are exploring the role of
depth of vocabulary in speaking and writing performance, as productive skills, especially
if the focus of the investigation is less frequent words. Also, WAT can be used in probing
the association between reading and/or listening comprehension, as receptive skills, and
vocabulary depth. With this specification of the use of measures of depth of vocabulary
knowledge, more precise results might be achieved in future vocabulary studies.

The results and conclusion of the present study need to interpreted with caution as
there were some limitations which lead to some suggestions for further research. First of
all, similar to previous quantitative studies on WAT, VKS, and VLT, this investigation
was based on correlational design and quantitative data. Further qualitative studies are
needed in order to understand the learners’ perceptions and processes in answering items
of these tests. Second, this study used the VLT which is not a comprehensive test of
vocabulary size (Beglar, 2010). Future studies can be conducted using different measures
of vocabulary size, such as Peabody Picture Vocabulary Test (PPVT) and Vocabulary
Size Test (VST) to find about the overlap of depth of vocabulary knowledge with other
aspects of vocabulary size. Third, this study focused on one language proficiency level to
control the effect of this variable and homogenize the students. The interaction among
WAT, VKS, and VLT can be assessed benefiting from EFL learners from different
proficiency levels.

Abbreviations

CEFR: Common European Framework of Reference
EFL: English as a Foreign Language
L2: Second language
NVLT: New Vocabulary Levels Test
OQPT: Oxford Quick Placement Test
PPVT: Peabody Picture Vocabulary Test
WAT: Word Association Test
VKS: Vocabulary Knowledge Scale
VST: Vocabulary Size Test
VLT: Vocabulary Levels Test

Declarations

Availability of data and materials
The datasets used and/or analyzed during the current study are available from the
corresponding author on reasonable request.

Competing interest
The authors declare that they have no competing interests.

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Authors’ Contributions

AD, the first author, managed the overall process of conducting this study including conceptualization of the research idea, reviewing the literature, data collection, data analysis, and writing up the original draft. MJE, the corresponding author, participated in revising and editing the original draft of the paper and re-analyzing the data accordingly. The authors read and approved the final manuscript.

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