The Isaac Newton Telescope Monitoring Survey of Local Group Dwarf Galaxies. I. Survey Overview and First Results for Andromeda I

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Abstract

An optical monitoring survey in nearby dwarf galaxies was carried out with the 2.5 m Isaac Newton Telescope. Fifty-five dwarf galaxies and four isolated globular clusters in the Local Group were observed with the Wide Field Camera. The main aims of this survey are to identify the most evolved asymptotic giant branch (AGB) stars and red supergiants at the end-point of their evolution based on their pulsational instability, use their distribution over luminosity to reconstruct the star formation history, quantify the dust production and mass loss from modeling the multiwavelength spectral energy distributions (SEDs), and relate this to luminosity and radius variations. In this first of a series of papers, we present the methodology of the variability survey and describe the photometric catalog of the Andromeda I (And I) dwarf galaxy as an example of the survey, and we discuss the identified long period variable (LPV) stars. We detected 5581 stars and identified 59 LPV candidates within two half-light radii of the center of And I. The amplitudes of these candidates range from 0.2 to 3 mag in the i-band. Seventy-five percent of detected sources and 98% of LPV candidates are detected at mid-infrared wavelengths. We show evidence for the presence of dust-producing AGB stars in this galaxy including five extreme AGB (x-AGB) stars, and we model some of their SEDs. A distance modulus of 24.41 mag for And I was determined based on the tip of the red giant branch. Also, a half-light radius of 3.2 ± 0.3 was calculated.

Unified Astronomy Thesaurus concepts: Asymptotic giant branch stars (2100); Local Group (929); Stellar mass loss (1613); Stellar evolution (1599); Luminosity function (942); Stellar mass functions (1612); Stellar oscillations (1617); Galaxy stellar content (621); Dwarf galaxies (416); Surveys (1671); Long period variable stars (935); Galaxy distances (590)

Supporting material: machine-readable table

1. Introduction

Presenting a complete suite of galactic environments, dwarf galaxies are the most abundant type of galaxies in the universe. Due to their proximity, variety, and a wide range of metallicity (0.002–0.08 Z⊙; Boyer et al. 2015a), the Local Group (LG) dwarf galaxies offer a unique opportunity to study the connection between stellar populations and galaxy evolution. On one hand, with so many dwarf galaxies known in the LG, it has become possible to conduct comparative studies of different morphological types including dwarf spheroidals (dSphs), dwarf irregulars (dIrrs), and transition (dIrr/dSph, or dTrans) galaxies (e.g., Dolphin et al. 2005; Read et al. 2006; Tolstoy et al. 2009; Boyer et al. 2015a). On the other hand, recent studies on some of the dwarf galaxies in the local universe show that there is an overlap in the structural properties as well as the size–luminosity and surface brightness–luminosity relations between the dwarfs in and around the LG (e.g., Dalcanton et al. 2009; Weisz et al. 2011; McConnachie 2012; Karachentsev et al. 2013). So, the LG dwarfs can be used to represent the population of dwarf galaxies in the universe at large (Mayer 2011).

Although, in recent years, the dwarf galaxies of the LG have been the focus of intense study (e.g., Tolstoy et al. 2009; McConnachie 2012; Weisz et al. 2014; Boyer et al. 2015a), many open questions about galaxy evolution remain, such as to what extent and when did gas removal mechanisms quench their star formation. Can dwarf galaxies be rejuvenated? Can gas be (re-)accreted into dwarf galaxies? To what extent is stellar death able to replenish the interstellar medium (ISM) with metals and dust, and to what extent does it heat the ISM and drive galactic winds?

Star formation history (SFH) is one of the most powerful tracers of galaxy formation and evolution and can help answer the above questions. This is because stars serve as testimony of the ISM congregating and collapsing within dark matter halos; they are also the main actors within galaxies, as they drive much of the feedback upon the ISM, thus regulating further
evolution. In the final stages of evolution, stars with birth masses ranging from 0.8 to 8 $M_\odot$ ascend the asymptotic giant branch (AGB) where they burn hydrogen and helium in concentric shells around a degenerate $C/O$ core (Habing & Olofsson 2003). After a short period of time, the helium shell becomes unstable, and the star will undergo a Thermal Pulse (TP; Marigo et al. 2013). During this phase, TP-AGB, the convective envelope of the star can penetrate into deeper layers, efficiently bringing the products of nuclear burning to the stellar surface (the third dredge-up). The third dredge-up increases the $C/O$ abundance ratio of the envelope and might exceed unity resulting in a carbon star (Iben 1975; Sugimoto & Nomoto 1975; Groenewegen & de Jong 1993).

Stars with birth masses of $\sim$5–10 $M_\odot$ become brighter super-AGB stars ($M_{bol} \lesssim -7$ mag; Siess 2007). These stars experience hot bottom burning (HBB; Iben & Renzini 1983) at the base of the convective envelope. Here, dredged-up carbon is burnt into nitrogen and oxygen; hence, these stars remain oxygen-rich. Red supergiants (RSGs) are brighter still and come from even more-massive progenitors, up to $\sim$30 $M_\odot$, ending their lives as supernovae (Levesque et al. 2005; Levesque 2010; Yang & Jiang 2012).

Instabilities between gravitation and radiation pressure (Lattanzio & Wood 2004) at the end of the TP–AGB phase cause long period variability (LPV). LPVs have radial pulsations in their atmospheric layers with periods of hundreds of days (e.g., Wood 1998; Whitelock et al. 2003; Yuan et al. 2018; Goldman et al. 2019). The pulsation drives shocks through the circumstellar envelope, dissipating in regions where density and temperature are suitable for dust grain formation. Radiation pressure upon these grains then helps drive a stellar wind (Gehrz & Woolf 1971; Whitelock et al. 2003; Goldman et al. 2017). These winds cause AGB stars to lose up to 80% of their mass to the ISM (Bowen 1988; Bowen & Willson 1991; Vassiliadis & Wood 1993; van Loon et al. 1999, 2005; Cummings et al. 2018). Although RSGs contribute less to the total dust budget of a galaxy, their mass loss sets the conditions within which the ensuing supernova develops (van Loon 2010).

AGB stars and RSGs are unique objects for reconstructing the SFH of a galaxy, tracing stellar populations from as recently formed as 10 Myr ago to as ancient as 10 Gyr, because they are in the final stages of their evolution, and their luminosity is directly related to their birth mass (Javadi et al. 2011a). Various efforts have been made to characterize AGB populations and RSGs in LG galaxies beyond the Magellanic Clouds at infrared (IR) wavelengths (Boyer et al. 2009, 2015a, 2015b; Javadi et al. 2011a, 2015; Battinelli & Demers 2013; Menzies et al. 2015); however, only a small fraction of those stars were identified in optical surveys. The amplitudes of these LPVs in optical bands are larger and, thus, easier to detect, especially for RSGs that tend to have small amplitudes anyway. Also, optical photometry better constrains the circumstellar dust envelope optical depth (and thus the dust production and mass-loss rate estimates). Finally, an optical survey gives us access to temperature variations and, therefore, radius variations of LPVs.

With this in mind, we conducted an optical survey of nearby galaxies (the most complete sample so far) with the 2.5 m Isaac Newton Telescope (INT) over nine epochs. Our main objectives include: identify all LPVs in the dwarf galaxies of the LG accessible in the Northern hemisphere; determine the SFHs from their luminosity distribution using the method that we successfully applied to a number of LG galaxies previously (Javadi et al. 2011b, 2017; Rezaeiikh et al. 2014; Hamedani Golshan et al. 2017; Hashemi et al. 2018; Saremi et al. 2019a); obtain accurate time-averaged photometry for all LPVs; obtain their pulsation amplitude; determine their radius variations; model their spectral energy distributions (SEDs); and study their mass loss as a function of stellar properties such as mass, luminosity, metallicity, and pulsation amplitude.

This first paper in the series presents the status of the monitoring survey of LG dwarf galaxies along with first results for the Andromeda I (And I) dwarf galaxy (Saremi et al. 2019b) to introduce the methodology and scientific potential of this project. And I is a bright dSph ($M_V = -11.7 \pm 0.1$ mag; McConnachie 2012) that was initially discovered on photographic plates by van den Bergh (1972). It lies some 3°3 from the center of M31 at a position angle of ∼135° relative to the M31 major axis (DaCosta et al. 1996). The distance to And I was determined via several methods. Based on the tip of the red giant branch (RGB), McConnachie et al. (2005) found a distance modulus of $\mu = 24.36 \pm 0.05$ mag. Also, Conn et al. (2012), using a similar method, obtained $\mu = 24.31 \pm 0.07$ mag. Martínez-Vázquez et al. (2017) estimated $\mu = 24.49 \pm 0.12$ mag by using the RR Lyrae variables. Here, we calculated a distance modulus of 24.41 ± 0.05 mag for And I based on the tip of the RGB.

This paper is organized as follows: In Section 2, we describe the survey and our observations. The data processing steps and data quality are described in Section 3. Our method to detect LPVs is presented in Section 4. In Section 5, we discuss the LPV candidates of And I and cross-correlate the data with other catalogs. A summary is given in Section 6.

2. Survey Design and Observations

Over a period of three years (2015 June to 2018 February), we used the Wide Field Camera (WFC) to survey the majority of dwarf galaxies in the LG (Saremi et al. 2017). The WFC is an optical mosaic camera at the 2.5 m INT of the Observatorio del Roque de los Muchachos (La Palma). It consists of four 2048 × 4096 CCDs, with a pixel size of 0.033 pixel$^{-1}$. The edge-to-edge limit of the mosaic, neglecting the ∼1′′ inter-chip spacing, is 34′′.

Our sample includes 43 dSph, six dIrr, six dTrans, and four globular clusters (GCs) all visible in the Northern Hemisphere. Due to the time limitation of observation, we removed some of the dwarf galaxies that already had been studied with our method, such as NGC 147 and NGC 185 (Hamedani Golshan et al. 2017) and IC 1613 (Hashemi et al. 2018). The distribution of our sample in the sky is shown in Figure 1.

The main priority of this survey was the observation of the majority of Andromeda satellites, because these are all accessible to a Northern Hemisphere survey and provide an excellent sample due to homogeneity in distances, completeness, accuracy, and foreground contamination and extinction. They allow for the study of a complete set of satellites of an $L_*$ galaxy. Based on their estimated number of AGB stars, we further prioritized the remaining targets; some populous galaxies include IC 10 (probably Andromeda’s satellite, with $>10^5$ AGB stars; van den Bergh 2000) and Sextans A and B (isolated dwarfs with $>10^3$ AGB stars); although based on their heliocentric radial velocities, the last two are probably not LG members (van den Bergh 1999). In order to find out whether
Therefore, we aimed for S-band amplitudes of pulsating AGB stars are equivalent to the tip of the RGB. Going deeper would quickly lead to crowding-limited conditions. With such exposure times, depending upon the distance of the dwarf galaxies, this photometry is sufficiently deep to detect individual LPV stars (see Section 3.2).

3. Data Processing

The images were processed using the Transforming HEavenly Light into Image (THELI) code, an image processing pipeline for optical images taken by multi-chip (mosaic) CCD cameras (Erben et al. 2005). It consists of several shell scripts that each perform a specific task and can run in parallel. The main steps include:

1. Separating the image files into frames of the individual chips (four CCDs in a WFC mosaic);
2. Removing instrumental signatures from the data: the electronic offset (bias), pixel response and instrumental throughput variations (flatfield), and interference in the back-illuminated thinned detector chip, especially prevalent at the reddest wavelengths that more closely match the physical thickness of the chip (fringe pattern);
3. Creating weight maps for individual frames based on the normalized flats. They can mask defects such as cosmic and hot pixels in the images;
4. Astrometric calibration to create a full astrometric solution taking into account the gaps between the chips and overlapping objects;
5. Subtracting the sky background from all frames;
6. Combining the images and creating a coadded image using a weighted mean method.

The THELI pipeline is optimized to perform precise astrometry and it is ideally suited to our goal. The DAO-Phot/ALLSTAR software (Stetson 1987) was used to obtain photometry for all stars in our crowded stellar fields by employing a point-spread function (PSF) fitting method. Because some of the parameters (such as gain and readout noise) were different, we had to perform photometry for each of the four CCDs separately. In most cases, the central chip covers the whole dwarf galaxy, so we decided to analyze this chip initially and leave the remaining chips for later.

After the initial object detection (from peaks above the noise), we selected 50–70 isolated PSF candidates in each frame to build a PSF model. Then, ALLSTAR subtracted all of the stars from the image using PSF-fitting photometry along with the best current guesses of their positions and magnitudes. The ALLSTAR photometry files of the individual images were aligned using DAOMASTER. The MONTAGE2 routine combined the individual images to create a master mosaic of each galaxy. A master catalog of stars was used as input for the ALLFRAME to perform simultaneous PSF-fitting photometry within each of the individual images (Stetson 1994).

3.1. Calibration

The calibration process was performed in several steps. First, aperture corrections to the PSF-fitting photometry were made as follows:

1. Selecting 30 stars with good photometry using the ALLFRAME fitting parameters $\sigma$, $\chi$ (goodness-of-fit), and “sharpness” value as local standards;

![Figure 1. Spatial distribution of the sample of galaxies. The red circles and blue triangles represent dwarf galaxies of the Milky Way and of Andromeda, respectively. Isolated dwarfs are shown by green squares and GCs are shown by purple lozenges.](image-url)
### Table 1: Observational Properties of Targets

| Galaxy | R.A. (J2000) | Decl. (J2000) | $M_V$ (mag) | $r_0^a$ (arcmin) | Ellipticity\(^b\) | $(m - M)_B$ (mag) | $M_V_{max} 10^9M_\odot$ | [Fe/H] | Type |
|--------|--------------|--------------|-------------|------------------|------------------|------------------|-------------------|--------|------|

#### Dwarf galaxies of Andromeda

| Galaxy | R.A. (J2000) | Decl. (J2000) | $M_V$ (mag) | $r_0^a$ (arcmin) | Ellipticity\(^b\) | $(m - M)_B$ (mag) | $M_V_{max} 10^9M_\odot$ | [Fe/H] | Type |
|--------|--------------|--------------|-------------|------------------|------------------|------------------|-------------------|--------|------|

**Dwarf galaxies of the Milky Way**

| Galaxy | R.A. (J2000) | Decl. (J2000) | $M_V$ (mag) | $r_0^a$ (arcmin) | Ellipticity\(^b\) | $(m - M)_B$ (mag) | $M_V_{max} 10^9M_\odot$ | [Fe/H] | Type |
|--------|--------------|--------------|-------------|------------------|------------------|------------------|-------------------|--------|------|

**Isolated dwarf galaxies**

| Galaxy | R.A. (J2000) | Decl. (J2000) | $M_V$ (mag) | $r_0^a$ (arcmin) | Ellipticity\(^b\) | $(m - M)_B$ (mag) | $M_V_{max} 10^9M_\odot$ | [Fe/H] | Type |
|--------|--------------|--------------|-------------|------------------|------------------|------------------|-------------------|--------|------|

**References:**

Saremi et al.
The physical properties of the sample galaxies are mostly taken from McConnachie (2012) except for Leo P (McQuinn et al. 2015), Sextans (Lee et al. 2003; Lokas 2009), and the GCs: Sextans C, Palomar 4, NGC 2419 (Harris 1996; 2010 edition), and Segue III (Boyer et al. 2015a). The distance modulus and the half-light radius of And I are calculated in this study.

Notes. The half-light radius \( r_h \) is the distance along the semimajor axis that contains half the light of the galaxy.

Ellipticity: \( 1 - b/a \), where \( b \) is the semiminor axis and \( a \) is the semimajor axis.

Table 2
Log of WFC Observations of the And I Dwarf Galaxy

| Date (yyymmdd) | Epoch | Filter | \( t_{exp} \) (s) | Airmass | Seeing (arcsec) |
|----------------|-------|--------|------------------|---------|----------------|
| 2016 Feb 9     | 2     | \( i \)  | 540               | 1.475   | 1.35           |
| 2016 Jun 14    | 3     | \( i \)  | 555               | 1.568   | 1.68           |
| 2016 Aug 10    | 4     | \( i \)  | 555               | 1.077   | 1.39           |
| 2016 Aug 12    | 4     | \( V \)  | 735               | 1.015   | 1.30           |
| 2016 Oct 20    | 5     | \( i \)  | 555               | 1.205   | 1.48           |
| 2016 Oct 20    | 5     | \( V \)  | 735               | 1.286   | 1.53           |
| 2017 Jan 29    | 6     | \( i \)  | 555               | 2.425   | 1.77           |
| 2017 Aug 1     | 7     | \( i \)  | 555               | 1.018   | 1.18           |
| 2017 Aug 1     | 7     | \( V \)  | 735               | 1.014   | 1.25           |
| 2017 Sep 1     | 8     | \( i \)  | 555               | 1.084   | 1.25           |
| 2017 Sep 1     | 8     | \( V \)  | 735               | 1.051   | 1.34           |
| 2017 Oct 6     | 9     | \( i \)  | 555               | 1.278   | 1.44           |
| 2017 Oct 8     | 9     | \( V \)  | 735               | 1.014   | 1.21           |

2. Constructing growth curves for each frame with the DAOGROW routine (Stetson 1990) from which all stars were subtracted except the 30 selected stars;
3. Calculating the aperture corrections, i.e., the difference between the PSF-fitting and large-aperture magnitude of these stars with the COLLECT routine (Stetson 1993);
4. Adding the aperture corrections to each of the PSF-fitting magnitudes using the NEWTRIAL routine (Stetson 1996);

Next, in order to perform photometric calibration, we determined zero-points for each frame based on the standard star field observations (for frames obtained on nights without standard star measurements, the average of zero-points from other nights was used). We applied transformation equations derived from comparing Stetson’s compilation of the Landolt standard stars with the corresponding Sloan Digital Sky Survey (SDSS) DR4 photometry (Jordi et al. 2006) to obtain accurate zero-points in the Sloan \( i \) filter. Airmass-dependent atmospheric extinction corrections were applied to adopt the extinction coefficients determined for La Palma (García-Gil et al. 2010).

Finally, relative photometry between epochs was performed to correctly separate the variable from nonvariable sources. For this, we selected approximately 1000 stars in common between all frames within the magnitude interval \( i \in [18...21] \) mag. Then, for each star, separately, we determined the deviation in each of the epochs with respect to the mean magnitude for that star on all epochs. The mean magnitudes were calculated weighting the individual measurements:

\[
\langle m \rangle = \frac{\sum_{i=1}^{n} m_i \sigma_i^{-1}}{\sum_{i=1}^{n} \sigma_i^{-1}}
\]

where \( \sigma_i \) is the estimated uncertainty of each magnitude determination (photometric errors). Then, we averaged these deviations for each epoch. The result of the corrections, which are between −0.0201 and 0.0252 mag (but usually much smaller), was applied to the frames.

To estimate the accuracy of calibration, we cross-correlated the results with the SDSS catalog. The matches were obtained by performing search iterations using growing search radii in steps of 0.01 out to 1.0, on a first-encountered first-associated basis but after ordering the principal photometry in order of diminishing brightness (to avoid rare bright stars being erroneously associated with any of the much larger numbers of faint stars). For example, the result of the cross-correlation of the And I catalog, as shown in Figure 2, is consistent with the SDSS catalog within our desired range (see below).

3.2. Quality Assessment

To assess the survey completeness, the ADDSTAR task of the DAOPHOT package (Stetson 1987) was performed. By adding synthetic stars to an image and applying all steps of photometry, we estimated the star-finding efficiency and the photometric accuracy. This was done by comparing the output data for these stars to what had been put in. We added 300 artificial stars in each of the seven trials (to avoid crowding) to the master mosaic of And I and two individual frames of it in...
the $i$ and $V$ bands (as an example) in 1 mag bins starting from $i = 17$ mag until $i = 25$ mag (with values for $V$ the same as those for $i$). Having done the DAOPHOT/ALLSTAR/ALLFRAME procedure on these new frames, we used DAOMASTER to find the fraction of recovered stars. As shown in Figure 3, the photometry is better than 98% complete at $i \sim 22$ mag, which is fainter than the RGB tip (see Section 5.1). The completeness limit drops below 50% at $i = 23.6$ mag. The $V$ band reaches similar completeness levels but at $\sim 0.1$ mag fainter. To check the crowding effect in the center of the galaxy, we also calculated the completeness limit inside the half-light radius region only; the results were quite similar to the previous one.

The mean difference between the magnitudes of the added and recovered stars (Figure 4) shows a small scatter that increases with magnitude. For stars brighter than the 98% completeness limit (to $i \sim 22$ mag), the mean difference is $|\Delta i| < 0.1$ mag. Since our target candidates typically have $i < 22$ mag (except for rare, heavily dust-enshrouded stars that also tend to have the largest amplitudes), the photometry is deep and accurate enough to find essentially all of the LPV candidates.

We also examined the difference between the input magnitude and the recovered magnitude versus distance from the center of the galaxy, for varying magnitudes in a 0.07 square-degree region that includes the galaxy center. To that aim, we added 300 stars in each of seven trials with magnitudes $i \in (18, 19, 20, 21, 22)$ mag to one of And I’s individual frames, and then, we repeated the photometry for this frame. As one can see in Figure 5, the difference in magnitude is minimal and only slightly increases for $i = 22$ mag. Stars that are located near the edges of the frame (highlighted in magenta) show the same behavior as the stars elsewhere in the image. Thus, we conclude that the photometry is accurate everywhere in the frame uniformly.

4. Identification of LPVs

The method used in this project to find LPVs is similar to the procedure described by Welch & Stetson (1993) and Stetson (1996). In this way, first, the weighted mean magnitudes, $\langle m \rangle$, for all stars in the two filters $i$ and $V$ are calculated according to Equation (1). The normalized magnitude residuals, which are scaled by the photometric errors, are defined by

$$\delta_i = \frac{n}{n-1} \frac{m_i - \langle m \rangle}{\sigma_i}$$

where $n$ is the total number of observations contributing to the mean. To calculate variability indices, we paired those observations in the $i$ and $V$ bands obtained within a timespan less than the shortest period expected for the LPVs (60 days) and assigned a weight $w_k$ to each pair of them. If, within a pair of observations, only one measurement for a star was available, $w_k$ was set to 0.5. Then, the $J$ index is calculated as

$$J = \frac{\sum_{k=1}^{N} w_k \text{sign}(P_k) \sqrt{|P_k|}}{\sum_{k=1}^{N} w_k}$$

where $N$ is the total number of observations and

$$P_k = \begin{cases} (\delta_i \delta_j)_k & \text{if } i \neq j \\ \delta_i^2 - 1 & \text{if } i = j. \end{cases}$$

The $J$ index has a large positive value for variable stars and tends to zero for data containing random noise only.
Based on the shape of light curve, the Kurtosis index $K$ is determined by

$$K = \frac{\frac{1}{N} \sum_{i=1}^{N} |\delta_i|^{2}}{\sqrt{\left(\frac{1}{N} \sum_{i=1}^{N} \delta_i\right)^2}}$$

with $K = 0.9$ for a sinusoidal light variation, $K = 0.798$ for a Gaussian magnitude distribution where random measurement errors dominate over physical variation, and $K \to 0$ for data affected by a single outlier.

Finally, we calculated the variability index $L$ such that

$$L = \frac{J \times K \sum_{i=1}^{N} W_i}{0.798 \times W_{\text{all}}},\tag{6}$$

based on variability indices $J$ and $K$ and an extra weight assigned to the stars with the highest number of measurements. Figure 6 shows how the variability index $L$ varies with $i$-band magnitude for all stars in the catalog of And I. As one can see, the plot reveals an excess of stars with larger-than-usual $L$ between $i \sim 19–22$ mag; these are likely AGB stars with Mira-type variability. It is expected that most of the bright stars between $i \sim 15–18$ mag will be foreground stars, because the presence of RSGs in And I is unlikely (see Section 4.1).

To determine the threshold that separates variable from nonvariable sources, several tests were performed. First, histograms of the variability index $L$ for several $i$-band magnitude intervals in the range $18–22$ mag were plotted (Figure 7). To estimate an $L$ threshold, we mirrored the negative part of these histograms, as LPVs are not expected among sources with $L < 0$. Then, a Gaussian function was fitted to the negative part and its mirror. The Gaussian distribution is a perfect fit at low values of $L$ while it departs from the histograms for larger (positive) values. To determine the point at which the likelihood that $L$ is not part of the Gaussian distribution exceeds 90% (i.e., only 10% contamination by nonvariables), we estimated the corresponding $L$ threshold value for each brightness interval (labeled on Figure 7). As expected from Figure 6, a magnitude-dependent threshold resulted. By fitting a polynomial function to these threshold points in Figure 6, we identified 470 LPV candidates in the region of CCD 4 of WFC—which are clearly not all members of And I.

To further assess the validity of the choice of variability index thresholds, a simulation was made of stars with constant magnitude light curves with the ADDSTAR task of the DAOPHOT package (Stetson 1987). We added 1500 synthetic stars within the magnitude interval $i \in [16..22]$ mag in six tracks on all frames, and we did photometry and calculated variability indices in the same way as before. A similar plot of the variability index versus magnitude is used to decide on the separation limit between the variable and nonvariable stars (overplotted on Figure 6). By setting the curve fit estimated previously, only 2.5% of stars with constant magnitude from these simulations are found above this limit, which instills confidence in the reliability of our selection.

As a preliminary check on the validity of candidate variables, we inspected the images of all of these sources by eye and divided them into two categories; among 470 stars that were selected as candidate variables in the And I master catalog, 251 stars (class 1) had a peak distinct from their neighbors, displayed with green squares on the color–magnitude diagram (CMD) in Figure 8. The others (class 2) were involved in the profile of a brighter star and/or hopelessly confused with multiple neighbors and did not look like true variable stars (shown with red squares in Figure 8). Highlighted by yellow triangles are unreliable candidates with only five or
fewer measurements. The estimated completeness limit (see Section 3.2) is shown with the red dotted line in Figure 8; the horizontal dotted lines represent the tips of the RGB and AGB (see Section 5.1).

We plotted light curves of three LPV candidates with relatively large amplitudes along with a nonvariable star for comparison (Figure 9). The bottom light curve is related to a star that is also found to be variable at mid-IR wavelengths in the Spitzer Space Telescope monitoring survey DUSTiNGS (Boyer et al. 2015b; see Section 5.3.1). It is a very dusty AGB star and, therefore, not seen in the $V$ band, so its color is evaluated on the basis of our completeness limit in the $V$ band (23.7 mag; $V - i > 2.04$ mag).

Also, we investigated the color changes of LPV candidates one by one. It is expected that LPVs become redder when they become optically fainter. Most of the LPV candidates (class 1) within two half-light radii from the center of And I had the expected color changes and only a few displayed an opposite behavior. However, the latter had small amplitudes, so this can be attributed to scatter in color from photometric uncertainties. Outside two half-light radii from the center of And I, five LPV candidates had an unexpected behavior and were removed from our LPV candidates catalog. Figure 10 shows two examples of LPV candidates with expected and unexpected color changes.

It should be noted that a number of images taken on 2016 June 14 and 2017 January 29 do not have excellent quality in sharpness values. This is probably related to the bad seeing and photometric conditions on those nights. Figure 11 shows the sharpness values versus $i$-band magnitudes for these frames as well as the 2017 September 1 frame for comparison; the candidate variables are highlighted on these plots. The increased scatter in these two frames is obvious, and the frame of 2016 June is especially poor, so we decided to decrease the weight $w_K$ (see Equation (3)) for these frames compared to other frames.

4.1. Contaminations

We present an estimate of the foreground stars in the direction of And I in Figure 12, simulated with the TRILEGAL stellar population synthesis code (Girardi et al. 2005) via its web interface. Two different sizes for the field were considered: 0.07 deg$^2$ (about the size of the entire CCD 4 of WFC; left panel) and 0.007 deg$^2$ (the half-light radius of And I; right panel), in the direction ($l = 121.68^\circ$, $b = -24.82^\circ$). Our candidate variables are highlighted in green on these plots. As one can see, the area in the CMD that we are concerned with is contaminated by foreground stars; so the CMDs do not cleanly show the population of AGB stars and, thus, the SFH.
alone. However, the distributions over LPVs can be used to obtain the SFH relatively unaffected by the foreground contamination, because LPVs are relatively rare, especially in the directions away from the Galactic plane.

For a more precise and reliable estimate of foreground contamination, the master catalog of And I was cross-correlated (as described in Section 3.1) with Gaia Data Release 2 (DR2; Gaia Collaboration et al. 2018). Then, the foreground stars were separated based on their parallaxes. First, we only selected as foreground those stars with parallax measurements that are significant at the 5σ level—these all greatly exceed what would be expected at the distance of And I. The result is shown in the top-left panel of Figure 13 as a CMD of detected sources in which the foreground stars are highlighted in magenta and LPV candidates in green. In this way, from 10,243 stars of our catalog of the entire CCD 4 of WFC, only 81 stars are identified as foreground stars within the magnitude interval $i = 15$–20 mag, among which 16 have a variability index above the threshold.

Based on the TRILEGAL simulation, the number of expected foreground stars within the same magnitude interval is 512, i.e., much larger. Therefore, we cross-correlated our catalog with more uncertain Gaia DR2 data to get closer to the number predicted by the simulation. Cross-correlation with 3σ and 2σ criteria on the parallaxes resulted in 129 and 187 identified foreground stars shown in the top-right and bottom-left panels of Figure 13, respectively. While the number of foreground stars increased, it is still far from the expected number in the TRILEGAL simulation. It seems, therefore, that selection on the basis of parallax measurement can only remove a (sizeable) minority of foreground sources.

There are two clear areas in the CMD where candidate variable stars appear, viz., between $i \sim 17.5$–19.5 mag and colors of $V - i \sim 0$–1 mag and $V - i \sim 1$–2 mag. This should be further investigated, because the presence of LPVs with such high luminosities constrains the young stellar population with an age younger than 100 million years, even though such a population is not much expected for a dSph galaxy (e.g., Weisz et al. 2014). Also, comparison with the TRILEGAL simulation shows that contamination in these areas bent toward redder colors, so it is possible that the candidates with $V - i \sim 0$–1 mag are not in And I. They may be contaminated by stars in the Andromeda galaxy (M31).

Figure 11. Sharpness values vs. $i$-band magnitudes for three of the individual frames. The candidate variables are highlighted in green.

Figure 12. Simulation with TRILEGAL (Girardi et al. 2005) of the expected contamination by foreground stars (in magenta). Our candidate variables are highlighted in green. The left panel concerns a 0.07 deg$^2$ field, while the right panel concerns a 0.007 deg$^2$ field centered on And I corresponding to the half-light radius of the galaxy.

Figure 13. Estimates of foreground stars based on Gaia DR2 data. By applying different criteria on the parallax and proper motion, the number of foreground stars (in magenta) and, thus, the number of candidate variables (in green) change.
Finally, we used proper motion (PM) measurements of Gaia DR2 along with a $2\sigma$ level threshold criterion for the parallaxes (bottom-right panel of Figure 13). We selected a criterion of \(\sqrt{(\mu_x)^2 + (\mu_y)^2} > 0.28\) mas yr\(^{-1}\) +2.0 error for PM, similar to the one described by van der Marel et al. (2019). Stars were considered foreground objects if they satisfied either of these criteria. In this way, 421 stars of our catalog were identified as foreground stars, i.e., much closer to our expectations, and hence, all of the unexpected (luminous) LPV candidates were removed. With this selection, from 251 early LPV candidates of class 1, 128 were considered as foreground objects. Unfortunately, faint stars with \(i \gtrsim 20\) mag are not very well characterized in the Gaia catalog (it is essentially complete to \(G = 17\) mag; Gaia Collaboration et al. 2018).

The TRILEGAL simulation only accounts for Milky Way foregrounds, so it cannot estimate the total of contaminations. This is especially evident in the left panel of Figure 12 in the region with \(V - i \lesssim 0.6\) and \(21 \lesssim i \lesssim 22.5\) mag. To estimate the background contamination, we used the part of the CCD that lies outside two half-light radii of And I. Figure 14 presents CMDs of two regions with approximately the same area, one within the two half-light radii of And I and another outside of three half-light radii (left and right panels, respectively). By comparing the two CMDs, we can conclude that about 35% of the identified sources and 28% of the LPV candidates within two half-light radii of And I are contaminated. They may be stars in the M31 and/or background active galactic nuclei (AGNs) and/or foregrounds that are below the limit of completeness of Gaia. The absence of a clear, curved RGB in the control field (right panel of Figure 14) suggests that contamination from M31 is negligible and that most of the contamination comes from Galactic foreground. Contamination from background galaxies/AGN would affect mostly the region around \(V - i \sim 2\) mag and \(i \gtrsim 21.5\) mag, not much affecting the AGB (or RGB) portion of the And I CMD.

4.2. Amplitudes of Variability

We estimated the amplitude of variability by assuming a sinusoidal light-curve shape. By comparing the standard deviation in the magnitudes to that expected for a completely random sampling of a sinusoidal variation (0.701), one can recover the amplitude from

\[
\text{Amplitude} = 2 \times \sigma / 0.701, \tag{7}
\]

which is defined as the difference between the minimum and maximum brightness. For identified candidate variables, we show the \(i\)-band amplitude of variability versus \(i\)-band magnitude in the left panel of Figure 15. The dotted lines represent the tips of the RGB and AGB (see Section 5.1). The amplitudes stay below \(\Delta i \sim 3\) mag and generally \(\Delta i < 1.5\) mag. This plot shows that while the brightness increases, the amplitude of variability decreases, which is a known fact for populations of LPVs (Wood et al. 1992; Wood 1998; Whitelock et al. 2003; van Loon et al. 2008). Among our candidates, the large-amplitude variables fall in the category of Miras. Miras have \(\Delta V > 2.5\) mag and \(\Delta i > 1.5\) mag by the classical definition (though some stars with smaller amplitudes are similar to Miras; Feast & Whitelock 2014).

Among very dusty AGB stars, though, stars with redder colors have the largest amplitudes (Wood et al. 1992; McDonald & Zijlstra 2016; McDonald & Trabucchi 2019); these are often also relatively luminous. This tendency is seen in the right panel of Figure 15, in which the \(i\)-band amplitude of variability is plotted versus \(V - i\) color. Some LPV candidates (highlighted by red crosses) are detected only once or twice in the \(V\)-band (or not at all); their colors are estimated on the basis of the completeness limit (see Section 3.2). Their large
amplitudes and red colors make them prime candidates for being dusty AGB stars.

There is a population of candidate variables with Δi < 0.2 mag, but such small amplitudes must be regarded with a great deal of caution. We thus limited our LPV candidates catalog to those stars with variability amplitudes larger than 0.2 mag in the i band.

4.3. Spatial Location of Candidate Variables

Caldwell et al. (1992) derived some of the structural parameters of And I using the integrated light of this galaxy; they reported 2.5 for the half-light radius of And I. Some of the next estimates were 3.1 ± 0.3 and 3.9 ± 0.1 arcmin by McConnachie (2012) and Martin et al. (2016), respectively. Here, we considered both the stellar number density and corresponding surface brightness determined in elliptical annuli as a function of radial distance to the center of And I (Figure 16). The surface brightness was derived from adding the fluxes of the identified stars. We fitted the radial profile with an exponential law and, thus, obtained a half-light radius of 3.2 ± 0.3.

Figure 17 presents the master image of CCD 4 of WFC, with And I located near its center. Green circles represent the location of our identified LPV candidates and the half-light radius of And I is marked with a magenta ellipse. The density of variable stars within the ellipse, 1.27 arcmin⁻², is much larger than outside of it, 0.29 arcmin⁻², confirming that we have found LPV candidates belonging to And I. LPV candidates at distances greater than two half-light radii, shown as cyan circles, may be contaminated by stars in M31, Milky Way disk/halo, and by background galaxies; the majority of these are not expected to be members of And I. Based on the density of these candidates (0.24 arcmin⁻²), we may expect 22 among the 59 identified LPV candidates within two half-light radii from the center of And I to be spurious (see Section 4.1).

4.4. Completeness in LPV Candidates Catalogs

In addition to assessing the completeness of the photometric catalog, which was determined in Section 3.2, further simulations were used to estimate the completeness of identifying LPVs due to the number of epochs and their timespan. Since the detection probability of an LPV will depend on parameters such as the mean magnitude, period, and amplitude, different sets of simulations were carried out. In each simulation, we created 1000 random sinusoidal light curves with random first phases. All of these variations had the same amplitude and period, but their mean magnitudes were between 18 and 22 mag. Then, the variability index L was calculated for magnitudes sampled from these simulated light curves at similar times as our observations.

We tested the sensitivity of detecting LPVs to the amplitudes, 0.2–2 mag at intervals of 0.1 mag for two fixed periods, P = 100 and 1000 days. The top-left and bottom-left panels of Figure 18 show the detection probability of LPV candidates as a function of amplitude in different magnitude intervals. It is obvious that all of the large-amplitude variables (>0.5 mag) are 100% complete in both periods and most likely for all periods in between. Our LPV candidates catalogs—except for bright stars—are incomplete for stars with amplitudes of 0.2 mag or smaller, irrespective of the period.

To estimate the completeness of our catalogs with respect to the period of LPVs, we performed our simulations with two fixed periods of 0.3 and 1.0 mag and magnitudes in the range between 18 and 22 mag as before. Periods were chosen at 100 days intervals, ranging from P = 100 to 1000 days. The measured detection probability as a function of the period is presented in Figure 18. The bottom-right panel of this figure shows all of the large-amplitude variables that will be detected for stars with each period. For smaller amplitudes, e.g., 0.3 mag, our LPV candidates catalogs are essentially complete as well, in the worst case, for the faintest LPV stars, the completeness limit is 65% for P = 600 days.

5. Discussion

5.1. Distribution of Variable Star Population

Our final catalog contains 9824 stars and 97 LPV candidates in the region of CCD 4 of WFC (11.26 × 22.55 arcmin²) among which 5581 stars and 59 LPV candidates are located inside two half-light radii from the center of And I and so are more likely to be members of this dwarf galaxy. Figure 19 shows CMDs of And I in the i band and V band versus V − i color. Our identified LPV candidates are highlighted in green. There is a clump of LPV candidates between i ~ 20–22 mag, and their tendency to the redder colors is noticeable. Likely dusty AGB stars are highlighted with open circles (see Section 4.2).

Various histogram distributions of the identified sources and variables are shown in Figure 20. While the number of stars fainter than i ~ 22 mag increases, the number of variable stars decreases, so most of them are between i ~ 20–22 mag; this suggests that many of the fainter stars have not yet evolved to the LPV stage on the AGB. They are post-main-sequence stars and are likely dominated by low-mass stars that formed many billions of years ago. At V − i > 1 mag, LPV candidates are
mostly dusty, strongly pulsating, and heavily mass-losing AGB stars.

Figure 21 presents the identified LPV candidates along with isochrones calculated by Marigo et al. (2017). These isochrones are the most appropriate theoretical models for our purpose, because they have the most comprehensive treatment of the thermal pulsating AGB phase and also predict the variability properties of the stars. The isochrones are calculated for And I metallicity, $[\text{Fe/H}] = -1.45 \pm 0.04$ and distance modulus, $\mu = 24.41$ mag. We used the reddening value of $E(B-V) = 0.056$ mag (McConnachie et al. 2005) to Padova isochrones. The reddening corrections are not applied to our obtained magnitudes in this paper. We calculated the location of the tip of the RGB at $i = 21.03$ mag (see Section 5.2). To find the tip...
of the AGB, we used the classical core–luminosity relation for a Chandrasekhar core mass, which is about $M_{bol} = -7.1$ mag. This criterion should not be applied too strictly, as AGB stars may exceed this limit due to the over-luminosity produced during a TP (Zijlstra et al. 1996) or as a result of HBB. Based on the Padova models (Marigo et al. 2017), this classical AGB limit is equivalent to the peak of the $\sim 35$ Myr isochrone, which is $i = 17.24$ mag for And I. Here, the tip of the AGB only serves the purpose of indicating the range where AGB stars may be found; as a dSph, And I is not expected to have stars around (or above) the tip of the AGB, such as RSGs or AGB stars experiencing HBB. As one can see in Figure 21, most LPV candidates are consistent with isochrones older than 1 Gyr, and there are no candidates around 100 Myr. This result lends credibility to our LPV identification method. While Hamren et al. (2016) did not find carbon stars in And I, we have identified AGB stars around $\sim 1$ Gyr that would be expected to be carbon stars.

5.2. Determining the Tip of the RGB

The tip of the RGB is a discontinuity in the RGB luminosity function that can be used as a standard candle. The metal-poor RGB stars in their evolutionary path experience a core helium flash and then leave the RGB branch. The absolute bolometric luminosity of this point is varying only very slightly with mass or metallicity, and thus, it can be considered to be constant. Studies have shown that observations in the $I$ band have a minimal dependence on age and chemical composition for determining the tip of the RGB (e.g., Lee et al. 1993; Salaris & Cassisi 1998). To obtain a quantitative estimate of the tip of the RGB, Lee et al. (1993) presented a histogram method along with an edge detection filter. Sakai et al. (1996) used a continuous probability function instead of the histogram to make it independent of binning. Then, they convolved this function with a smoothed Sobel kernel in continuous form based on the mean local statistical properties of the data. Here, we used a similar method for estimating the tip of the RGB in And I. Figure 22 shows a CMD of And I in the $I$ band versus $V - I$ color (left panel). We converted our data from the $i$ band to the $I$ band of Johnson-Cousins system with transformation equations of Lupton. 13 In a similar way as in McConnachie et al. (2004), the green dashed lines are determined by eye to

| Figure 20. Distribution of all And I sources (black) and LPV candidates (green) as a function of brightness and color. The variable stars’ histograms are multiplied by 50 for ease of comparison. |
|---|
| Figure 21. CMD of And I in the $i$ band vs. $V - i$ color showing our identified LPV candidates. Overplotted are isochrones from Marigo et al. (2017) for a distance modulus of 24.41 mag and metallicity of $[\text{Fe/H}] = -1.45$. |
| Figure 22. Left panel: CMD of And I sources in the $I$ vs. $V - I$ color. Middle panel: luminosity function for the region contained within the dashed lines (with 0.05 mag bins). Right panel: response from the edge detection filter. A peak is apparent at $I = 20.45$ mag. |

13 http://classic.sdss.org/dr6/algorithms/sdssUBVRITransform.html#Lupton 2005
select predominantly RGB stars. The binned luminosity function is plotted for the region contained within the dashed lines (with 0.05 mag bins; middle panel). A peak is apparent at \( I = 20.45 \) mag in the response of the edge detection filter (right panel) showing the position of the tip of the RGB. Adopting a value of \(-4.07 \) mag for the \( I \)-band absolute magnitude of the tip of the RGB and Galactic extinction \( A_I = 1.94E(B-V) \) (McConnachie et al. 2005), we obtained a distance modulus, \( \mu = 24.41 \pm 0.05 \) mag in this study. This result is in good accordance with other studies (see Section 1).

5.3. Cross-correlation with Other Catalogs

We cross-correlated our INT variability search results for And I with the mid-IR data of the Spitzer Space Telescope (Boyer et al. 2015b) and Wide-field Infrared Survey Explorer (WISE) catalog (Cutri et al. 2013). The matches were obtained in a way similar to that described in Section 3.1.

5.3.1. Spitzer Mid-IR Survey

Boyer et al. (2015a, 2015b) used the Spitzer Space Telescope to identify dust-producing AGB and massive stars (DUSTiNGS; DUST in Nearby Galaxies with Spitzer). DUSTiNGS comprised 3.6 and 4.5 \( \mu m \) imaging of 50 dwarf galaxies within 1.5 Mpc in two epochs, spaced approximately six months apart (Boyer et al. 2015a). They classified the identified variables into less-dusty AGB and extreme AGB (x-AGB) stars based on their observed IR color. The x-AGB stars were assumed to be variables brighter than \( M_{J,6} = -8 \) mag with colors \([3.6] - [4.5] > 0.1 \) mag. These stars make up more than 75% of the dust produced by cool evolved stars, while they include less than 6% of the total AGB population (e.g., Boyer et al. 2012; Riebel et al. 2012). In the case of And I, DUSTiNGS identified a total of four variable AGB stars, three of which are x-AGB stars (Boyer et al. 2015b).

Cross-correlating between our INT photometric catalog and the DUSTiNGS mid-IR variability survey led to 4283 stellar sources in common inside two half-light radii from the center of And I, among which 58 were identified by us as LPV candidates. IR magnitudes exist for about three-fourths of our And I optical data and 98% of LPV candidates. Figure 23 shows a mid-IR CMD of the sources in common, with INT variables highlighted. The red dotted line represents the 75% completeness limit of the Spitzer data (Boy et al. 2015b). Isochrones from Marigo et al. (2017) for 10 Myr, 100 Myr, 1 Gyr, and 2 Gyr are drawn. The 75% completeness limit of these Spitzer data is shown as a red dotted line (Boyer et al. 2015a). The blue dashed lines show the approximate boundaries for x-AGB stars.

Figure 23. Mid-IR CMD from Spitzer, with INT variables highlighted in green and the variable stars of DUSTiNGS (Boyer et al. 2015b) shown by asterisks. Isochrones from Marigo et al. (2017) for 10 Myr, 100 Myr, 1 Gyr, and 2 Gyr are drawn. The 75% completeness limit of these Spitzer data is shown as a red dotted line (Boyer et al. 2015a). The blue dashed lines show the approximate boundaries for x-AGB stars.

Another CMD of common sources in the \( i \) band versus \( i - [3.6] \) color (Figure 24) shows five x-AGB stars that we identified. One can discern more candidates of dusty AGB stars with \( i - [3.6] > 4 \) mag in Figure 24 that have \( i \)-band amplitudes larger than 1.5 mag. Blum et al. (2006) proposed a criterion of \( J - [3.6] > 3.1 \) mag for x-AGB stars in the Large Magellanic Cloud (LMC). Unfortunately, there is no \( J \)-band photometry at the necessary depth for And I to use this classification. To get closer to a correct estimate of the number of x-AGB stars, we scaled the LMC down to the size of And I in terms of total stellar mass (McConnachie 2012) and number of x-AGB stars (Blum et al. 2006). In this way, three x-AGB stars were predicted for And I. So, we can assume that there...
will not be many more x-AGB stars in And I than those identified by DUSTiNGS, and this work, especially given that the star formation rate in the LMC has been higher in the past few hundred million years than that in And I.

5.3.2. WISE Mid-IR Survey

WISE is a National Aeronautics and Space Administration (NASA) Medium Class Explorer mission that conducted a digital imaging survey of the entire sky in the W1, W2, W3, and W4 22 μm mid-IR bands, in 2010 and 2011. The AllWISE program extended the work of the initial WISE mission by combining data from the cryogenic and post-cryogenic survey phases to form the most comprehensive view of the mid-IR sky currently available (Wright et al. 2010; Cutri et al. 2013).

Within the coverage of CCD 4 of WFC for And I, there are 1,273 stars from the WISE survey. Out of these, 654 are detected in our INT survey of which we found 33 to be variable. Figure 25 shows an optical CMD of our INT survey in which the sources in common with Spitzer data and the WISE survey are highlighted in yellow and blue squares, respectively. Open red and blue circles represent detected INT variables that were not detected in the Spitzer and WISE surveys.

Figure 25. Optical CMD showing the stars from our INT survey that were and were not detected in the Spitzer and WISE surveys.

Figure 26 presents these SEDs that are composed of measurements in the \( i \) filter of the INT (these stars had no V-band magnitude), four SDSS filters (\( u, g, r, \) and \( z \)), two mid-IR bands of Spitzer (3.6 and 4.5 μm), and four mid-IR bands of WISE (W1, W2, W3, and W4) with magenta, black, red, and blue points, respectively. Unfortunately, near-IR photometry is not available for most of the Andromeda satellites. The horizontal “errorbars” on the data represent the width of the photometric passbands. Photometric uncertainties are shown with vertical “errorbars.”

In the absence of spectroscopic confirmation, we used both types of dust species for matching fits, assuming a grain mixture of 85% amorphous carbon (Hanner 1988) and 15% silicon carbide (Pégourié 1988) for a carbon star (dotted lines) and astronomical silicates (Draine & Lee 1984) for an O-rich star (solid lines). It is not always possible to determine, based on the fit, which type of star we are dealing with. Different values of optical depth (\( \tau \)) and luminosity (\( L \)) were scaled until an acceptable match was obtained, on visual inspection. The SEDs obviously indicate that the W4 and some of the W3 data are too bright in comparison to the other bands. This may have happened due to poor spatial resolution (6″5 and 12″0 for W3 and W4, respectively); we used downward-pointing arrows to show those points that are upper limits. The colors, optical depth, luminosity, and mass-loss rate (\( M \)) of these stars are reported in the figure.

Figure 26. Example SEDs of dusty evolved stars, experiencing various levels of mass loss. The horizontal “errorbars” on the data represent the width of the photometric passbands; photometric uncertainties are shown with vertical “errorbars.” The solid and dotted lines are the best matching DUSTY models assuming an O-rich and a carbon star, respectively.

5.4. Estimation of Mass-loss Rate

For the purpose of establishing correlations between the mass-loss and dust-production rate on the one hand, and luminosity and amplitude of LPVs on the other, relations between dust optical depth and bolometric corrections, we will model the SEDs of all identified LPV candidates and derive relations for the dust optical depth and bolometric corrections (see Javadi et al. 2013). This topic is beyond the scope of the current paper and will be dealt within a future paper in this series. Here, to provide examples of SEDs and an approximate estimate of the mass-return rate of dusty AGB stars, we modeled the SEDs of four dusty LPV candidates from the optical to the IR using the publicly available dust radiative transfer code DUSTY (based on Ivezic & Elitzur 1997).

The left panels of Figure 26 show examples of two x-AGB candidates with mass-loss rates of \( \sim 2.8 \times 10^{-6} M_\odot \) yr\(^{-1}\). Two
examples of likely dusty AGB stars (see Section 4.2), however not x-AGB stars, are shown in the right panels. The mass-loss rates of the latter are a little smaller, \( \sim 1.6 \times 10^{-6} \, M_\odot \, \text{yr}^{-1} \). In a crude approach, we can estimate the mass-return rate from the identified x-AGB stars and other dusty AGB stars. According to the number of these stars in And I (five x-AGB and 13 less-dusty AGB stars), the mass-return rate will be \( \sim 3.5 \times 10^{-5} \, M_\odot \, \text{yr}^{-1} \). In comparison to the total stellar mass of And I, this corresponds to \( \sim 9 \times 10^{-12} \, \text{yr}^{-1} \), and so at this rate, it would take \( \sim 8 \) times the age of the universe to produce this galaxy. Alternatively, we could speculate that And I will not grow by more than \( \sim 10\% \) over the coming 10 Gyr or so—and this is assuming no gas leaves the system.

### 6. Summary

The WFC at the INT was used to monitor the majority of dwarf galaxies in the LG including 43 dSph, six dIrr, and six dTrans in the \( i \)-band filter with additional observations in the V-band over up to 10 epochs. We presented the status of this monitoring survey along with a description of the first results for the And I dwarf galaxy to demonstrate the methodology and scientific potential of this project.

A photometric catalog was constructed containing 9824 stars in the region of CCD 4 of WFC (11.26 \( \times \) 22.55 arcmin\(^2\)) with central coordinate 00h45m39.9s, +38°02′28″ among which 97 were identified as LPV candidates. The INT catalog is complete both in photometric data and in terms of finding LPV stars, especially with amplitude more than 0.2 mag. We estimated a distance modulus of 24.41 mag for And I based on the tip of the RGB. Also, a half-light radius of 3.2 \( \pm \) 0.3 is calculated. Our catalog was cross-correlated with the Spitzer and WISE mid-IR surveys. We identified several dusty AGB stars with red colors and large amplitudes in And I, among which five are x-AGB stars. Examples of SED modeling were performed to obtain an estimate of the mass-return rate by these stars.

In the next papers in this series, our catalog will be used to describe the SFH and dust production for all identified LPV stars, especially with amplitude more than 0.2 mag. We were identified a crude approach, we can estimate the mass-return rate from the mid-IR excess.

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