Spinning superconductors and ferromagnets

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When a magnetic field is applied to a ferromagnetic body it starts to spin (Einstein-de Haas effect). This demonstrates the intimate connection between the electron’s magnetic moment \( \mu_B = e\hbar/2m_e c \), associated with its spin angular momentum \( S = \hbar/2 \), and ferromagnetism. When a magnetic field is applied to a superconducting body it also starts to spin (gyromagnetic effect), and when a normal metal in a magnetic field becomes superconducting and expels the magnetic field (Meissner effect) the body also starts to spin. Yet according to the conventional theory of superconductivity the electron’s spin only role is to label states, and the electron’s magnetic moment plays no role in superconductivity. Instead, within the unconventional theory of hole superconductivity, the electron’s spin and associated magnetic moment play a fundamental role in superconductivity. Just like in ferromagnets the magnetization of superconductors is predicted to result from an aggregation of magnetic moments with angular momenta \( \hbar/2 \). This gives rise to a “Spin Meissner effect”, the existence of a spin current in the ground state of superconductors. The theory explains how a superconducting body starts spinning when it expels magnetic fields, which we argue is not explained by the conventional theory, it provides a dynamical explanation for the Meissner effect, which we argue the conventional theory cannot do, and it explains how supercurrents stop without dissipation, which we argue the conventional theory fails to explain. Essential elements of the theory of hole superconductivity are that superconductivity is driven by lowering of kinetic energy, which we have also proposed is true for ferromagnets], that the normal state charge carriers in superconducting materials are holes, and that the spin-orbit interaction plays a key role in superconductivity. The theory is proposed to apply to all superconductors.

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I. INTRODUCTION

The first paragraph of the seminal paper of Einstein and de Haas [1] states: “When it had been discovered by Oersted that magnetic actions are exerted not only by permanent magnets, but also by electric currents, there seemed to be two entirely different ways in which a magnetic field can be produced. This conception, however, could hardly be considered as satisfactory and physicists soon tried to refer the two actions to one and the same cause. Ampère succeeded in doing so by his celebrated hypothesis of currents circulating around the molecules without encountering any resistance.”

Progress in physics often occurs through unification, where seemingly unrelated phenomena are recognized as manifestations of the same underlying physics. So it happened with the celebrated experiment of Einstein and de Haas that proved the association between magnetic moment and angular momentum in ferromagnetic materials. While it may seem obvious to us now, it was not at all obvious at that time that the experiment would confirm the hoped-for unification. This is illustrated by the caveats expressed by Einstein and de Haas [1]: “It cannot be denied that these views call forth some objections. One of these is even more serious than it was in Ampère’s days; it is difficult to conceive a circulation of electricity free from all resistance and therefore continuing forever.

Indeed, according to Maxwell’s equations circulating electrons must lose their energy by radiation...The energy of the revolving electrons would therefore be a true zero point energy. In the opinion of many physicists however, the existence of an energy of this kind is very improbable. It appears by these remarks that after all as much may be said in favour of Ampère’s hypothesis as against it ”. Their experiment of course proved that these caveats were unfounded.

It is interesting to note that shortly before Einstein and de Haas, Kammerlingh Onnes pointed out a physical realization of Ampère’s molecular currents, not in ferromagnets but in superconductors. In his 1914 paper: “Further experiments with liquid helium. J. The imitation of an Ampère molecular current or of a permanent magnet by means of a supraconductor” [2] Onnes concluded that “it is possible in a conductor without electromagnetic force or leads from outside to maintain a current permanently and thus to imitate a permanent magnet or better a molecular current as imagined by Ampère”. In this paper we argue that the commonalities between ferromagnets and superconductors go much further than generally assumed.

II. MAGNETIC MOMENT AND ANGULAR MOMENTUM

The experiments showing the connection between angular momentum and magnetic moment in ferromagnets and superconductors are summarized in Table I. The experimental results follow from conservation laws. How-
ever the question of how angular momentum causes magnetization or magnetization causes angular momentum is a separate question that needs to be addressed and understood. For ferromagnets, only recently has this question started to be considered [7, 8], and remains unsolved. For superconductors it isn’t even acknowledged that such a question exists and needs to be answered.

In this paper we address and solve this question for superconductors. For ferromagnets it remains an open question.

III. MAGNETIZATION IN SUPERCONDUCTORS

In ferromagnets, the magnetization is due to the intrinsic magnetic moment of the electron. Assuming there is no spin-orbit interaction, the Ampere molecular currents consist of each electron spinning around its axis, with mechanical angular momentum $S = \hbar/2$, contributing magnetic moment

$$\mu = g_s \frac{e}{2m_e c} S = \mu_B$$

with $g = 2$ and $\mu_B$ the Bohr magneton.

In superconductors, the supercurrent resides within a London penetration depth ($\lambda_L$) of the surface. Consider a long cylinder in a magnetic field $H$ along its axis. The magnetization of the cylinder is $M = H/4\pi$ so that the magnetic field in the interior is zero. With $n_s$ number of superfluid electrons per unit volume, the magnetic moment $\mu$ contributed by each electron is

$$\mu = \frac{M}{n_s} = \frac{H}{4\pi n_s} = \frac{e}{2m_e c} \ell$$

since $g = 1$ for orbital motion. Here, $\ell$ is the mechanical angular momentum contributed by each superfluid electron. The mechanical momentum of electrons in the Meissner current is

$$m_e v = \frac{e}{c} A = \frac{e}{c} \lambda_L H.$$  

Using the well-known relation between London penetration depth and superfluid density [9]

$$\frac{1}{\lambda_L^2} = \frac{4\pi n_s e^2}{m_e c^2}$$

it follows from Eqs. (2), (3) and (4) that

$$\ell = m_e v (2\lambda_L).$$

Therefore the Meissner magnetization $M = H/(4\pi)$ can be understood as arising from each superfluid electron in an orbit of radius $2\lambda_L$ with orbital angular momentum $\ell$ given by Eq. (5) contributing its orbital magnetic moment Eq. (2). These orbital motions cancel out in the interior of the cylinder but not within a London penetration depth of the surface, giving rise to the surface Meissner current.

As we will show in what follows, these Amperian ‘molecular currents’ exist in superconductors also in the absence of an applied magnetic field, with each electron carrying orbital angular momentum $\ell = \hbar/2$ [10, 11]. Both in the superconductor and the ferromagnet the ‘molecular currents’ in the interior cancel out leaving a surface current per unit length $cM$ to give rise to the macroscopic magnetization. This is shown schematically in Fig. 1. For superconductors, the radius of these currents is $2\lambda_L$ and the speed of motion is $v = \hbar/(4m_e \lambda_L)$, while for ferromagnets the radius is $r = \hbar/(2m_e c)$ and the speed of motion is $c$. In both cases the angular momentum is $\hbar/2$. This shows that a remarkable connection exists between superconductors and ferromagnets that was heretofore unrecognized.

In the presence of spin-orbit interaction, the canonical momentum of an electron of spin $\sigma$ is given by

$$\vec{p} = m_e \vec{v}_\sigma + \frac{e}{c} (\vec{A} + \vec{A}_\sigma)$$

where

$$\vec{A}_\sigma = \frac{\hbar}{4m_e c} \vec{\sigma} \times \vec{E}$$

is the spin-orbit vector potential derived from the Dirac equation in the presence of electric field $\vec{E}$ [11]. Electrons in the superfluid move in a positive background of charge density $|e|n_s$, which gives rise to a radial electric field (in a cylindrical geometry)

$$\vec{E} = 2\pi |e| n_s \vec{r}.$$
so that
\[ \vec{A}_\sigma = -2\pi n_\sigma \frac{e\hbar}{2m_e c} \vec{\sigma} \times \vec{r} = \frac{\vec{H}_\sigma \times \vec{r}}{2} \] (9)

with
\[ \vec{H}_\sigma = -2\pi n_\sigma \mu_B \vec{\sigma} = 2\pi n_\sigma \vec{\mu} = \frac{\hbar c}{4e\lambda_L^2} \vec{\sigma} \] (10)

the ‘spin-orbit magnetic field’. By this we mean, \( H_\sigma \) is the magnetic field that would exert the same force on the moving charge \( e \) as the electric field exerts on the moving magnetic moment \( \mu_B \).

In the superconducting state the canonical momentum \( p = 0 \), hence from Eq. (6)
\[ m_e \vec{v}_\sigma = -\frac{e}{c} (\vec{A} + \vec{A}_\sigma) \] (11)

and the mechanical momentum is
\[ m_e \vec{v}_\sigma = \frac{e}{c} \lambda_L (H + H_\sigma); \] (12)

In particular, for \( H = 0 \) Eqs. (10) and (12) yield, using Eq. (4)
\[ m_e \vec{v}_\sigma = \frac{1}{2} \frac{\hbar}{2\lambda_L} \] (13)

hence from Eq. (5)
\[ \ell = \frac{\hbar}{2} \] (14)

Therefore, in the absence of applied magnetic field, superconducting electrons reside in orbits of radius \( 2\lambda_L \), and carry orbital angular momentum \( \hbar/2 \), in opposite direction for opposite spin. This gives rise to macroscopic zero point motion, a spin current that flows within a London penetration depth of the surface, an Amperian ‘molecular current’ without magnetization. As a magnetic field is applied, magnetization develops by having the electrons with spin antiparallel to the magnetic field speed up and those with spin parallel to the magnetic field slow down, giving rise to a charge current flowing within \( \lambda_L \) of the surface. The lower critical field of type II superconductors
\[ H_{c1} = -\frac{hc}{4e\lambda_L^2} \] (15)

is precisely the same as the spin-orbit field Eq. 10. This implies that when the applied magnetic field reaches this value one of the spin current components becomes zero, the supercurrent stops flowing and superconductivity is destroyed, allowing the magnetic field to penetrate [10, 12].

In recent experimental work [13, 14] it has been shown that the critical current that gives rise to onset of dissipation in type II superconductors is given by the universal form
\[ J_c = \frac{e}{4\pi\lambda_L} H_{c1} \] (16)

with \( H_{c1} \) given by Eq. (15), independent of what the actual value of the magnetic field is at the boundary of the sample. The actual value of the magnetic field can vary by orders of magnitude depending on the sample size and geometry [13, 14]. This finding implies that what determines the onset of dissipation is not vortex formation, but rather that the carriers of the supercurrent \( J_c = n_\sigma e v_c \) reach a critical speed \( v_c \). From Eqs. (15) and (16)
\[ v_c = \frac{\hbar}{4m_e \lambda_L} \] (17)

which is the speed of the spin current Eq. (13). In other words, dissipation sets in when one of the components of the spin current comes to a stop. At this point the extra kinetic energy due to the charge current flow becomes equal to the condensation energy [12].

IV. MOMENTUM TRANSFER TO THE BODY

When the magnetization of the superconducting body changes, the mechanical angular momentum of the body has to change to compensate the mechanical angular momentum change of the electrons carrying the supercurrent. It is easy to understand how this happens when an external magnetic field is applied to a superconductor [15]; the Faraday electric field generated by the change in magnetic flux exerts a force on the electrons in one direction to generate the supercurrent and associated magnetization, and on the positive ions in the opposite direction making the body as a whole rotate, as shown in Figure 2. This has been verified experimentally (gyromagnetic effect in superconductors) [4].

Instead, it is not easy to understand how the angular momentum of the body changes when the supercurrent and magnetization change as a result of a change in
What is the driving force for the body motion? The reason this is not easy to understand is because as these changes occur a Faraday electric field is generated that opposes these changes. In other words, the Faraday field pushes both the electrons and the body to move in a clockwise direction and the counterclockwise supercurrent stops. According to the conventional theory, the supercurrent is stopped by impurity scattering, and these scattering processes transfer the counterclockwise momentum of the supercurrent to the body. Instead, body starts rotating in clockwise direction and a counterclockwise supercurrent is spontaneously generated.

In an applied magnetic field $H$, there is a critical temperature $T_c(H)$. If initially $T$ is slightly below $T_c(H)$ a supercurrent flows, and as the temperature is raised above $T_c(H)$ the supercurrent stops as the system becomes normal. Conversely, starting with temperature slightly above $T_c(H)$, if the temperature is lowered a supercurrent is spontaneously generated that expels the magnetic field as the system becomes superconducting.

The reason this is not easy to understand is because as these changes occur a Faraday electric field is generated that opposes these changes. In other words, the Faraday field pushes both the electrons and the body to move in direction exactly opposite to the direction they move. What is the driving force for the electron motion, and what is the driving force for the body motion?

The answers within the conventional theory of superconductivity [16–18] are shown schematically in Figure 3. The conventional theory assumes that when the system becomes normal Cooper pairs carry the supercurrent, and transfer it to the body as a whole through impurity scattering, as shown in Fig. 3a. In the reverse transformation (Meissner effect), it assumes that carriers becoming superconducting ‘spontaneously’ acquire the momentum of the supercurrent, leaving behind normal carriers with opposite momentum that transfer it to the body as a whole through impurity scattering, as shown in Fig. 3b.

Note the role played by the Faraday field. In the S-N transition, it accelerates the supercurrent in the S region close to the boundary and it transfers momentum to the ions in that region in clockwise direction, opposite to the motion of the body. Thus, the total momentum that needs to be transferred to the body by impurity scattering is much larger (by a factor $R/(3 \lambda L)$, with $R$ the radius of the cylinder) than the momentum acquired by the body, since it has to compensate the momentum in opposite direction transferred by the Faraday field. Similarly in the N-S transition, with the signs of momenta reversed.

A fundamental problem with the conventional explanation is that it relies on impurity scattering to transfer momentum between the electrons and the body as a whole. Impurity scattering is an inherently irreversible process, whether it is elastic or inelastic. A normal electron with the momentum of a supercurrent electron will scatter in a random direction, but a normal electron incident from a random direction will not be scattered to acquire the momentum of the supercurrent electron. These scattering processes increase the entropy of the universe, no matter how slowly the transition proceeds. However, the superconductor-normal transition is known to be a thermodynamically reversible process, that can occur (under ideal conditions) with no change in the entropy of the universe [19, 20]. A valid theory of superconductivity has to have the ability to explain how momentum is transferred in a reversible way between the electronic degrees of freedom and the body as a whole. We have called this ‘the central question in superconductivity’ [21].

The theory of hole superconductivity [22] provides a possible answer to this question. We are not aware that any other answer exists or is possible. There are two key parts to the question: (1) how do the electrons lose or acquire their momentum? (2) how does the body acquire or lose its momentum? The essence of the answer is that the momentum transfer is mediated by the electromagnetic field [15]. It does not involve any scattering processes, hence it is inherently reversible.
First, how do electrons acquire or lose their momentum reversibly? We propose that this results from expansion or contraction of electronic orbits, as shown schematically in Fig. 4. The expansion of the orbits when the system goes superconducting is driven by lowering of quantum kinetic energy [23]. When the orbit expands from a microscopic radius to an orbit of radius \( r = 2 \lambda_L \), the magnetic Lorentz force on the radially outgoing motion generates an azimuthal velocity [12]

\[
v_\phi = -\frac{e r}{2 m_e c} H.
\]  

Thus, when the orbit expands to radius \( r = 2 \lambda_L \), the electron acquires the azimuthal speed of the Meissner current Eq. (3). Similarly, when the orbit shrinks from \( 2 \lambda_L \) to a microscopic radius the azimuthal Lorentz force acts in the opposite direction and the supercurrent stops. According to the theory of hole superconductivity when electrons form a Cooper pair and become part of the superconducting condensate their orbits expand from microscopic radius to \( 2 \lambda_L \), and conversely when electrons depair and become normal the orbits shrink from \( 2 \lambda_L \) to a microscopic radius. This reversible expansion or contraction of the orbits explains how the supercurrent starts and stops in a given external magnetic field.

The second part of the question is, how does the body as a whole acquire a compensating momentum in the opposite direction? In the process just described, momentum conservation holds because as the orbits expand or contract and the azimuthal momentum of the electron changes a compensating azimuthal momentum is stored in the electromagnetic field, as explained in [15]. That momentum is retrieved by a radial flow of normal charge to compensate for the radial charge redistribution that occurs when the electronic orbit expands or contracts. Here is where the hole-like nature of the normal state charge carriers plays a key role.

Figure 5 explains the physics of the process. In (a), the superconducting region is shrinking. \( 2 \lambda_L \) orbits at the boundary of the N-S region are contracting, which imparts the electron with a clockwise azimuthal impulse, stopping the supercurrent. At the same time, to compensate for the radial inflow of negative charge, a backflow of normal charge occurs: normal state hole carriers flow radially inward at speed \( \dot{r}_0 \), the speed of motion of the phase boundary. Similarly, when the superconducting region expands (Fig. 5(b)), expansion of the orbits imparts electrons with a counterclockwise azimuthal impulse, generating the supercurrent, there is a radial outflow of negative charge and backflow occurs as a compensating radial outflow of positive hole carriers to maintain charge neutrality.

The azimuthal forces on this backflow of inflowing or outflowing hole carriers are \( F_H \) and \( F_E \) shown in Fig. 5. \( F_H \) is the magnetic Lorentz force and \( F_E \) is the electric force due to the Faraday field \( E_F \), which is given according to Faraday’s law by

\[
E_F = \frac{\dot{r}_0}{c} H.
\]  

Thus, \( e E_F \) is precisely the magnetic Lorentz force on the hole carriers in opposite direction to the electric force, the azimuthal forces on the holes exactly cancel out and the hole motion is radial.

Now in order to understand how the transfer of momentum happens we need to remember that holes are just a theoretical construct, the actual carriers of charge in a metal are always electrons of negative charge. So we redraw the backflows of holes in Figure 5 in terms of electrons that flow in opposite direction to the motion of the phase boundary in Figure 6. Note that now
the electric and magnetic forces on these electrons are not balanced, rather they point in the same direction. To recover force balance we need to add another force \( F_{\text{latt}} \), which is a transverse force that the periodic ionic potential exerts on the charge carriers moving in crossed electric and magnetic field when the charge carriers are holes. By Newton’s third law, there is an equal opposite force exerted by the electrons on the ions, which we denote by \( F_{\text{on-latt}} \). This force acts in the direction of the body rotation, it is in fact the force that makes the body rotate.

If the normal state charge carriers were electrons rather than holes, there would be no \( F_{\text{latt}} \) in Fig. 6 and the transverse electric and magnetic forces would be unbalanced resulting in an azimuthal charge flow that would give rise to dissipation and irreversibility. Note also that in the absence of backflow there would be an azimuthal current induced by the Faraday field that would also give rise to dissipation and irreversibility [20].

In summary, the transverse force exerted by the ions on the backflowing electrons for materials where the normal state charge carriers are holes transfers momentum to the electrons, and by the same token electrons transfer momentum to the ions and hence to the body as a whole, making the body rotate and accounting for momentum conservation. This explains how the momentum acquired or lost by the supercurrent becomes momentum of the body as a whole without any irreversible scattering processes. The essential ingredient to make this happen is that the normal state carriers are holes, or equivalently have negative effective mass. For this reason superconductivity can only occur if normal state charge carriers are holes. If normal state carriers are electrons there is no reversible mechanism for momentum transfer between charge carriers and the body and the normal-superconductor and superconductor-normal transitions, as we know them to take place in nature, cannot take place.

Here we have only discussed the simplest scenario where the superconducting phase grows or shrinks with azimuthal symmetry, as shown in Figs. 3, 5 and 6. The same principles are of course at work in more general situations, e.g. where the superconducting phase grows by nucleation of many different domains that develop separately and then merge. Growing domains expel negative charge as they grow, and there is a backflow of negative charge carried by outflowing normal hole-like carriers. It has just come to our attention that some elements of this physics have been proposed earlier by W. H. Cherry and J. I. Gittleman [24] as being relevant to the understanding of the Meissner effect.

V. CONCLUSIONS

Since the work of Einstein and de Haas we have known that angular momentum and magnetic moment are intimately coupled. Both in ferromagnets and in superconductors angular momentum and magnetic moments are part of the essential physics. In ferromagnets, we know that the electron intrinsic magnetic moment \( \mu_B \) and its spin angular momentum \( h/2 \) play a key role. However, within the conventional theory of superconductivity [9] the electron spin plays only the role of labeling states, and the electron’s intrinsic magnetic moment plays no role. Instead, within the theory of hole superconductivity the electron spin and its associated magnetic moment play a key role. The theory predicts that just like in ferromagnets there are Amperian “molecular currents” composed of elementary units with mechanical angular momentum \( h/2 \). These elementary units are electrons in \( 2\lambda_L \) mesoscopic orbits orbiting with speed Eq. (17). They acquire this speed as the orbit expands, through the spin-orbit interaction of the electron magnetic moment with the background electric field of the positive ions [10, 11]. The orbital magnetic moment of electrons in these orbits is \( \mu_B/2 \), in direction opposite to the intrinsic electron magnetic moment [25]. When an external magnetic field is applied, the speed of electrons in these orbits is modified to give rise to the macroscopic magnetization that opposes flux penetration. If the system becomes superconducting in a magnetic field, the expansion of the orbits provides a dynamical explanation of the Meissner effect, that is not provided by the conventional theory.

Using these concepts together with the essential fact that the normal state charge carriers are holes we are able to completely describe the physics that takes place when either magnetization or angular momentum [26, 27] changes in superconductors, in a way that satisfies the conservation laws, explains the physical processes by which momentum is transferred between different components of the system, and respects the fact that the processes are reversible under ideal conditions. We cannot say the same thing about ferromagnets. Even though conservation laws will tell us what happens when magnetization or angular momentum change in ferromagnets, we don’t know yet the detailed processes by which change in one leads to change in the other. Perhaps thinking about the way superconductors do it will help to eventually understand how ferromagnets do it.

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