Case Report

Solitary Colorectal Cancer Metastasis to the Pancreas

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1. Introduction

A solid pancreatic lesion in tomographic imaging, in the majority of the cases, represents pancreatic adenocarcinoma. Demographically, pancreatic cancer is the fourth cause of death among cancer patients in the US, with high mortality rates [1]. Only 20% of the patients diagnosed with pancreatic adenocarcinoma are eligible for radical surgical treatment. Although rarely, malignant tumors originating from other primary sites can metastasize to the pancreatic gland. As primaries of the respiratory system, non-small cell lung cancer, gastrointestinal tract, kidney, breast, liver, ovary, urinary tract, and soft tissues can metastasize to the pancreas [2, 3]. It is very important to distinguish the exact nature of a pancreatic tumor as it entails a different treatment approach.

In order to distinguish the origin of a mass in the pancreas endoscopic ultrasound (EUS) guided FNA, cytology and immunohistochemistry assays play a crucial role [4]. The decision-making process about the treatment of a metastatic lesion in the pancreas is complex as it involves the identification of the primary cancer site, exclusion of other metastasis, taking into account the patient’s performance status, and the surgical resectability of the lesion [5]. An interesting case of a colorectal (CRC) cancer patient with a solitary pancreatic metastasis, treated surgically, is presented herein.

2. Case Report

A 62-year-old female with a history of rectal cancer four years ago presented with a pancreatic lesion identified during her annual follow-up. She has undergone a low-anterior resection of the rectosigmoid with total mesorectal excision (TME), post neoadjuvant chemoradiotherapy. Histopathology had shown a 3 cm rectal adenocarcinoma, grade II, staged as T4aN0M0.
3. Discussion

Colorectal cancer (CRC) is the second leading cause of morbidity due to malignancy in the US [6, 7]. It is well known that CRC is mainly surgically treated with adjuvant or neoadjuvant chemotherapy, radiotherapy, or intraoperative chemotherapy according to the individual patient’s extent of disease and tumor stage.

Metastatic deposits to the pancreas are very rare and usually found in the context of disseminated disease. CRC is among the primaries that can metastasize to the pancreas which, however, accounts for 1.2% of all metastatic disease to this gland [8, 9]. The most common primary tumor sites metastasizing to the pancreas are renal cell carcinoma (RCC), breast cancer, melanoma, and gallbladder cancer whereas the most uncommon is seminoma [8, 9]. The patients usually are in their sixth decade of life and if symptomatic may develop obstructive jaundice or complain of diffuse abdominal pain [10]. Most lesions are found in tomographic imaging, usually with CT scan over the patient’s follow-up or work-up if symptomatic. The echogeneity, location, and size of the metastatic lesions are not statistically significant in the differential diagnosis of a pancreatic lesion as stated by Geramizadeh et al. [11]. Biopsy of these pancreatic lesions is rarely needed and is performed only if it may change the oncologic management [12]. FNA combined with EUS is accounted for the highest specificity and accuracy results [13].

The proper surgical technique for metastasectomy in the pancreas depends on the localization of the mass and its size. Taking into account these factors, an enucleation or Whipple’s procedure or a distal pancreatectomy with or without en bloc splenectomy can be performed. Atypical resections despite suggested previously seem to have higher complication rates than typical pancreatectomy procedures [3, 14].

Despite the anatomical and surgical challenges, there are very good results, with low mortality and morbidity rates in tertiary centers [10, 14]. Lymph node dissection could be omitted, as it is shown by Madkhali et al.; metastatic disease does not spread to the peripancreatic lymph nodes, which consequently reduces the extent of the surgical excision and the complications’ rates [15]. Thus, metastatic pancreatic lesion resection is a safe procedure in tertiary centers [2, 5, 7, 8, 15]. According to the literature in centers of excellence, the rate of postoperative complications is the same as in surgeries performed for pancreatic primaries. As for RCC patients, significant efforts should be pursued through to detect metastatic disease in other sites, preoperatively and intraoperatively, suggesting in selected cases staging laparoscopy to avoid unnecessary laparotomy [14].

Nevertheless, surgical excision of metastatic disease in the pancreas has shown hopeful outcomes with longer disease-free and survival rates, especially in RCC primaries [10, 14]. It is also suggested that there is a better quality of life for patients that underwent surgical debulking. However, there is not enough evidence or randomized controlled
trials in order to elucidate this matter. As it is stated according to Lee et al., RCC tumors are less aggressive and less invasive [6, 9, 14]. On the contrary, Madkhali et al. show that RCC primaries have higher recurrence rates at 3 years and the same overall survival and disease-free results [15].

4. Conclusions

This case report is aimed at pointing out that it should be always kept in mind that metastatic disease in the pancreas may appear in imaging tests similar to primary pancreatic cancer, particularly in the case of non-RCC primaries. The same stands for colorectal primaries and as a result jeopardizes the timely diagnosis and treatment of these patients. Furthermore, it should not be forgotten that surgical debulking and reducing the tumor load in CRC patients, even if it is metachronous, are proven to be effective and beneficial to these patients [5, 16–18].

Conflicts of Interest

All authors declare no conflict of interest regarding the publication of this study.

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