Research Paper

3D Imaging and Quantitative Analysis of Vascular Networks: A Comparison of Ultramicroscopy and Micro-Computed Tomography

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Abstract

Rationale: Classic histology is the gold standard for vascular network imaging and analysis. The method however is laborious and prone to artefacts. Here, the suitability of ultramicroscopy (UM) and micro-computed tomography (CT) was studied to establish potential alternatives to histology.

Methods: The vasculature of murine organs (kidney, heart and atherosclerotic carotid arteries) was visualized using conventional 2D microscopy, 3D light sheet ultramicroscopy (UM) and micro-CT. Moreover, spheroid-based human endothelial cell vessel formation in mice was quantified. Fluorescently labeled Isolectin GS-IB4 A647 was used for in vivo labeling of vasculature for UM analysis, and analyses were performed ex vivo after sample preparation. For CT imaging, animals were perfused postmortem with radiopaque contrast agent.

Results: Using UM imaging, 3D vascular network information could be obtained in samples of animals receiving in vivo injection of the fluorescently labeled Isolectin GS-IB4. Resolution was sufficient to measure single endothelial cell integration into capillaries in the spheroid-based matrigel plug assay. Because of the selective staining of the endothelium, imaging of larger vessels yielded less favorable results. Using micro-CT or even nano-CT, imaging of capillaries was impossible due to insufficient X-ray absorption and thus insufficient signal-to-noise ratio. Identification of lumen in murine arteries using micro-CT was in contrast superior to UM.

Conclusion: UM and micro-CT are two complementary techniques. Whereas UM is ideal for imaging and especially quantifying capillary networks and arterioles, larger vascular structures are easier and faster to quantify and visualize using micro-CT. 3D information of both techniques is superior to 2D histology. UM and micro-CT together may open a new field of clinical pathology diagnosis.

Key words: Ultra microscopy, Light sheet fluorescence microscopy, Micro-CT

Introduction

The qualitative and quantitative evaluation of preexisting vascular networks or remodeling processes due to neovascularization or angiogenesis are important tasks in preclinical animal studies. The spatial resolution of in vivo vascular imaging techniques like magnetic resonance imaging (MRI),
posterior electron tomography (PET) and X-ray computed tomography (CT) is not sufficient to visualize neovascularization or angiogenesis of small capillaries [1]. Intravital confocal laser scanning microscopy provides the required spatial resolution (500 nm) but the penetration depth into tissue is limited to 500 μm and the field-of-view is small. These aspects are also true for multi-photon microscopy [2].

Currently, histology is the gold standard to quantify capillary vascular networks, but serial sectioning and histological two-dimensional (2D) analysis is time consuming and possibilities to re-construct 3D image information are very limited. Post mortem light sheet ultramicroscopy (UM) may overcome these limitations and has successfully been used in fields of neuroscience, tumor analysis [3] and embryonic development. UM uses a plane illumination of the sample and detects the fluorescence perpendicular to the illumination axis. The removal of water from the tissue and replacing it with liquids, which have the same refractive index as the sample/tissue, is necessary to enable the penetration of the specimen by laser light and to prevent scattering of the light sheet [4]. Commonly used optical clearing methods for ultramicroscopy are: three-dimensional imaging of solvent-cleared organs (3DISCO) [4], immunostaining 3DISCO (iDISCO+) [5], ultimate 3DISCO (uDISCO) [6], benzyl alcohol, benzyl benzoate (BABB) [7], ethyl cinnamate (ECi) [8] or clear, unobstructed brain/body imaging cocktails and computational analysis (CUBIC) [9]. UM has a pixel size up to 0.51 × 0.51 μm² and generates 2D image stacks that are used to generate three dimensional (3D) datasets to visualize anatomical and morphological structures [10].

Volumetric-computed tomography in combination with blood pool contrast agents has been used for decades to visualize the vascular system [11,12]. Depending on the organ of interest, scientists have to adjust the x-ray dose, compensate for movement artifacts or perform ex vivo scans. For postmortem CT imaging, numerous contrast agents are available. Most ex vivo studies use the polymerizing contrast agent MicroFil, which has an ideal viscosity for perfusion of the smallest capillaries under external perfusion pressures, almost perfect curing properties, exhibits high x-ray absorbance and is retained in the vascular system [13]. For in vivo techniques, nanoparticles carrying elements with high x-ray absorbance like gold are being used [13]. Vascular retention, renal excretion and uptake by macrophages varies between the compounds.

In vitro angiogenesis in cultured cells and endothelial cell outgrowth has been analyzed using UM [14]. Moreover, several high-performance UMs have also been developed to image in vivo angiogenesis in translucent animals like zebra fish larvae expressing protein-based fluorescent molecules [15,16]. Due to the special sample requirements, in vivo UM, however, can obviously not be applied to living rodents. After tissue clearing, UM has frequently been used to image the vasculature of embryos [17] but reports on applications imaging the vascular network in whole organs of rodents are still limited [6,18,20] and largely restricted to the brain [4,17,19,21,22, 23].

One way to study angiogenesis in vivo is to determine vessel ingrowth into matrigel plugs. In the assay, the vascularization of the matrigel can be quantified using 2D histological sectioning following specific staining [24,25], expression analysis using polymerase chain reaction (PCR) for endothelial marker genes [26], determination of the hemoglobin content [25] or cytometry of the contained cells [27]. To determine the angiogenic capacity of genetically engineered human endothelial cells, the matrigel plug assay has been modified [28]. The human cells grown in spheroids are mixed into the matrigel prior to injection into immunocompromised SCID mice. In the subsequent angiogenic process the human endothelial cells are expected to incorporate into the murine vascular network. As the number of human cells is low in this assay, their unbiased quantification is basically impossible on the basis of 2D laser scanning confocal microscopy (LSM) sections. The use of UM to image this complex assay, to our knowledge, has not been carried out.

Atherosclerotic plaque development, plaque burden evaluation and plaque angiogenesis have been analyzed in humans and mouse models. Plaque angiogenesis increases plaque vulnerability and accelerates atherosclerosis [29]. As a robust model of accelerated atherosclerosis and plaque capillarization, the unilateral partial carotid ligation model in apolipoprotein E knockout (ApoE−/) mice was developed [30]. It is not known whether these processes can be imaged using techniques beyond conventional histology.

For the present study, we set out to determine the suitability of micro-CT and UM techniques to study vascular networks in mice. Our data suggest that UM is well suited to image capillary networks, whereas CT techniques are restricted to somewhat larger vessels. Compared to histologic serial sectioning, both methods are less observer-dependent and allow study of larger samples in a quantitative manner.
Material and Methods

Animal model

All animal experiments were performed in accordance with the National Institutes of Health Guidelines on the Use of Laboratory Animals. The University Animal Care Committee and the Federal Authorities for Animal Research (Darmstadt, Germany) approved the study protocol. The study design is shown in Table 1.

Partial left common carotid artery ligation model

ApoE−/− mice were purchased from Taconis M&B A/S (Ry, Denmark, strain B6.129P2-Apoem1Unc N6) and bred at the local facility under standard conditions with a 12/12 h dark-light cycle and free access to chow and water. Western-type (42% of total calories from fat, 0.15% cholesterol) diet was purchased from Harlan Teklad Germany (Harlan Winkelmann, Borchen, Germany). Animals were started on the Western-type diet at the age of 10 weeks. Neo-intima formation and accelerated atherosclerosis was induced four days later using partial left common carotid artery ligation as described previously [13]. After partial ligation of the carotid arteries of ApoE−/− mice, samples were analyzed using conventional histology and using postmortem micro-CT and UM.

Matrigel plug assay

Liquid matrigel (0.5 mL; Corning, Kaiserslautern, Germany) was mixed at 4 °C with vascular endothelial growth factor (VEGF; 200 ng/mL; Peprotech, Hamburg, Germany). Matrigel and matrigel supplemented with VEGF was injected s.c. into each C57BL/6 mouse. After the injection, SU5416 (10 mg/kg/day, i.p.; Tocris, Wiesbaden-Nordenstadt, Germany) was administered daily. 14 days later, the mice were analyzed as described below.

Spheroid-based matrigel plug assay

150,000 Human Umbilical Vein Endothelial Cells (HUVECs)/plug (Lonza, Basel, Switzerland) were stained with Vybrant Dil (1:200 in 1 mL Basal Medium (EBM); Thermo Fischer #V-22885). After incubation (45 min at 37°C, 5 min at 4°C) cells were washed with EBM (Lonza, Basel, Switzerland), resuspended (25 mL EGM containing 20% methocel; Sigma-Aldrich, Taufkirchen, Germany) and cultured in hanging drops (25 µL/drop). Harvesting of spheroids and injection of matrigel containing spheroids into SCID-mice (Harlan Winkelmann, Borchen, Germany) were performed as described in [28]. At day 26 after injection, the matrigels were analyzed as described below.

Micro-CT

Samples were scanned using micro-CT (Skyscan 1176, Bruker micro-CT, Kontich, Belgium) with the following settings: 50 kV, 0.5 mm aluminum filter, 500 µA source current, exposure time 875 ms, 9 µm isotropic resolution, 3 projection images per 0.3° rotation step, rotation range 360° and a field of view (FOV) covering the entire carotid artery or heart. Carotid arteries were then scanned using nano-CT (SuBu-CT Lab, Fraunhofer EZRT) with the following settings: 60 kV, 500 µA source current, 500 ms exposure time per image, 2 images every 0.3° of 360° rotation range at a voxel size of 0.7 µm.

Three-dimensional reconstruction and image analysis for CT

For micro-CT datasets, volumetric data were reconstructed with the NRecon/InstaRecon CBR Server—Premium software (Skyscan, Kontich, Belgium/InstaRecon, Champaign, Illinois, USA). Image analysis, segmentation of micro-CT data and quantification of vessel diameter were performed with the Imalytics Preclinical Software (Gremse-IT,
Aachen, Germany). The lumen diameters of the left coronary arteries were measured with the virtual elastic sphere tool as described previously [13]. For high-resolution micro-CT three-dimensional reconstruction was completed using Fraunhofer Volex 6.2. The reconstruction was performed using binning mode, providing an isotropic voxel size of 1.4 µm. The image analysis was carried out with the VolumePlayer developed at Fraunhofer EZRT.

Ultramicroscopy

Samples were scanned using UM (Ultramicroscope II, LaVision BioTec, Bielefeld, Germany) with the following settings: Main laser power 95% and software laser power adjusted according to the different experimental setups. Excitation was performed at 470/40 nm and emission 525/50 nm, excitation 545/30 nm and emission 595/40 nm, or excitation 630/30 nm and emission 690/30 nm. Step size was set to 1 µm or 2 µm. Exposure time was 300 ms, 20× magnification (10× zoom body + 2× Objective), 100× magnification (50× zoom body + 2× objective) was used for matrigel and kidney. Pictures were taken with a Neo 5.5 (3-tap) sCOMs Camera (Andor, Mod. No.: DC-152q-C00-Fl). ImSpectorPro Version 5.0.110.

Image analysis for UM

3D Images and quantification were completed with Imaris (Bitplane Version 7.6). See additional methods in Supplementary Material).

Optical tissue clearing methods

The following methods were used: 3DISCO [4], BABB [7], ECi [8], and iDISCO+ [5].

In vivo Isolectin staining in mice

Mice were anesthetized with isoflurane and 100 µL Isolectin GS-IB4 from griffonia simplicifolia, Alexa Fluor 647 conjugate (Isolectin GS-IB4 A647; 0.5 µg/µL, 0.25 mM CaCl2 in NaCl; Thermo Fischer Scientific, Dreieich, Germany) was injected i.v. After 30 min, animals were sacrificed and perfused transcardially.

Sample preparation for micro-CT and UM

Carotid artery, heart or matrigel preparation for ex vivo micro-CT

C57BL/6 mice (12 weeks of age) were used for heart preparation. Animals were sacrificed and perfused transcardially with vasodilation buffer (5 min; PBS, papaverine 4 mg/L, adenosine 1 g/L; Sigma-Aldrich, Taufkirchen, Germany) followed by intravascular paraformaldehyde fixation (15 min; 4% PFA; Roth, Karlsruhe, Germany). For this, a 24G × ¼ catheter was inserted into the abdominal aorta and connected to PE tubings for retrograde perfusion as reported [31]. For the matrigel plug perfusion, anterograde perfusion was used. Following intravascular PFA fixation, the vascular system of the mouse was perfused with the radiopaque contrast agent MicroFil (Flow Tech, Carver, MA, USA) with a pressure of 200 mmHg until the silicon polymer cured (~20 min). The preparation was fixed overnight in 4% PFA at 4 °C.

Kidney and heart preparation for micro-CT and UM

C57BL/6 mice (12 weeks of age) were used for UM of the heart and left kidney together with micro-CT of the right kidney. After i.v. Isolectin injection, animals were sacrificed and perfused transcardially with vasodilation buffer. A catheter was inserted into the thoracic aorta and then the animals were perfused with vasodilation buffer. Following this, the left renal artery was ligated, the left kidney and heart were removed and the right kidney was perfused with MicroFil. Kidneys and hearts were stored overnight in 4% PFA. Isolectin-stained kidneys and hearts were then washed in PBS and permeabilized with 0.5% Triton X-100 (Sigma-Aldrich, Taufkirchen, Germany) for two days. An anti-smooth muscle α-Actin (aSMA) -Cy3 antibody (C6198, Sigma-Aldrich, Germany) was used to visualize smooth muscle cells. After 3DISCO clearing [4], samples were subsequently scanned using UM.

Kidney preparation, optical clearing and UM

C57BL/6 mice (12 weeks of age) were used. Isolectin injection, perfusion and fixation were performed as described earlier. The left kidney was divided into four equal parts. Three quarters of the left kidney were stained for aSMA, and cleared with the following methods: 3DISCO [4], BABB [7] or ECi [8]. One quarter was stained with the iDISCO+ [5] protocol (Fig. S1-2).

Spheroid-based or matrigel plug preparation and UM

Isolectin staining was performed as described earlier. Afterwards, the mouse was sacrificed and perfused transcardially with PBS. The matrigel plugs were dissected free and fixed in 4% PFA overnight. For clearing, the 3DISCO clearing procedure was used [4] and plugs were subsequently imaged. After UM imaging, the matrigels were embedded in paraffin for histological sectioning.

Carotid artery preparation and UM

After partial ligation of the carotid artery of ApoE-/- mice, samples were analyzed by postmortem UM. Isolectin staining was performed as described earlier. Animals were sacrificed and perfused
transcardially with vasodilation buffer. For the preparation of the carotid arteries, a 24G × ¾ catheter was inserted into the abdominal aorta and connected to PE tubing for retrograde perfusion with warm 1.3% low melting agarose (Sigma-Aldrich, Taufkirchen, Germany). Dissected carotid arteries were stored overnight in 4% PFA at 4 °C, and stained against aSMA (C6198, Sigma-Aldrich, Germany). After clearing (dehydration with ethanol (Sigma-Aldrich, Taufkirchen, Germany) for one hour each of 50 v/v%, 75 v/v%, 90 v/v%, 100 v/v%, 100 v/v%), the sample was incubated in dibenzyl ether (DBE, Sigma-Aldrich, Taufkirchen, Germany) overnight and subsequently scanned by UM.

Laser scanning confocal microscopy (LSM)

After UM scanning, the samples were incubated in 100% xylene and embedded in paraffin (Sigma-Aldrich, Taufkirchen, Germany). Serial tissue slices of 4 µm were created. Five representative serial slides of each spheroid-based matrigel were scanned using a Zeiss LSM 510 meta confocal laser scanning microscope and subsequently analyzed with the Imaris “Filament Algorithm”. As described in the additional methods in Supplementary Material, the “Surface -” and the “Filament Algorithm” (“Autopath loops”) were used with an approximate diameter of 3 µm.

To compare UM and LSM, five representative kidney images of the 3D dataset and 2D serial slices were selected and quantified. Quantification of the glomeruli with Imaris was performed as described in Supplementary Material. Histology was analyzed using DAPI, Isolectin GS-IB4-Alexa Fluor 647 or aSMA-Cy3.

Immunohistochemistry

ApoE−/− mice were perfused with vasodilation buffer as described earlier. Dissected carotid arteries were stored overnight in 4% PFA at 4 °C and embedded in paraffin. 4 µm sections were counterstained with hematoxylin and eosin (H/E). In addition, 4 µm sections were incubated with target retrieval solution pH9 (Agilent, Santa Clara, CA, United States) and with antisera raised against murine CD31 (ThermoFisher Scientific, Dreieich, Germany). The slides were subsequently incubated with secondary antibody and stained using 3,3-diaminobenzidine-tetra-hydrochloride as chromogenic substrate (Vector Laboratories, Peterborough, United Kingdom). Sections were counterstained with hematoxylin and mounted.

Statistical analyses

Data are shown as mean ± SEM. Correlations between micro-CT data and UM were performed by ordinary least products regression carried out in the software R [32]. Statistical analyses were carried out in Graph Pad Prism 5. Comparisons between UM and micro-CT were performed by student’s T-test or ANOVA. Bonferroni correction was applied whenever appropriate. Values of p<0.05 were considered statistically significant.

Results

Micro-CT and UM yield similar lumen profiles of murine coronary arteries

Angiograms of the heart are a well described method to visualize the lumen of coronary arteries in patients. In mice, cast preparations are an established ex vivo method [33]. In the present study, the coronary arteries were filled with MicroFil through the aorta [31] (Fig. 1A). The luminal diameter of the left coronary artery was quantified using micro-CT (Fig. 1B). The left coronary artery was segmented into nine equidistant parts (each 0.5 mm) from the offspring of the arteria coronaria sinistra till the rami ventricularis. It became apparent that lumen diameter, as expected, was smaller in the distal sections than in the proximal sections.

In vivo staining of the vascular bed using Isolectin GS-IB4-coupled with a fluorescent dye and whole mount staining for aSMA enabled visualization of the capillary network and arterioles and arteries of the heart using UM (Fig. 1C). Thresholding for aSMA-negative voxels allowed the quantification of the vessel diameter, as exemplified for the left coronary artery. However, only the first 700 µm of the vessel could be compared to micro-CT, as aSMA staining intensity decreased subsequently to an extent that made automatic segmentation impossible (Fig. 1D). Thus, for a simple lumen visualization, micro-CT and radiopaque contrast agent are superior over UM for quantification of the murine coronary arteries. To compare the quantitative data obtained by both techniques, the lumen diameters of the initial segments were compared, which showed a good correlation (r=0.828, p=0.011). Linear regression analysis, however, revealed that the lumen diameters determined by UM were approximately 0.8-fold smaller than those of the corresponding micro-CT data (Fig. 1E). It is unclear whether this difference is a consequence of thresholding or shrinking artifacts during the clearing process. Micro-CT, with a nominal resolution of 9 µm, is not able to visualize capillaries. This task is specific for UM with a resolution limit of 1 µm. With UM, the cardiac capillaries were indeed readily visible (Fig. 1C).
**Micro-CT vascular volume fraction correlates with aSMA-positive vessels in the murine kidney determined using UM**

CT has been used to assess vascular alterations in branching or diameters of large vessels during progression of kidney disease in mice [34]. Similarly, larger renal vessels could be visualized by micro-CT in the mouse kidney after MicroFil perfusion (Fig. 2A). Threshold-based segmentation of ex vivo micro-CT data allowed detection of the renal, segmental and interlobar arteries and veins but failed to visualize capillaries. The vascular volume fraction was 16.0%±1.0% of the murine kidney and comparable to published data [35]. In the present study, it was not possible to segment glomeruli and thereby determine their size from CT data, as X-ray attenuation of MicroFil was insufficient for this task. Successful perfusion of glomeruli was verified with microscopy. In fact, segmentation of glomeruli was possible using the contrast agent barium (Micropaque, Guerbet, Sulzbach, Germany). As perfusion of the post-glomerular structures, however, was impossible with barium (potentially due to its higher granularity), this approach was also no alternative to study the kidney as a whole (data not shown).
**In vivo** staining of the whole vascular bed using Isolectin GS-IB4-coupled with a fluorescent dye and whole mount staining against αSMA is shown in Fig. 2B. UM enabled threshold-based masking and 3D-calculation of the glomeruli diameters (Fig. 2B1-3). Laser scanning confocal microscopy (LSM) confirmed the UM measurement of the glomerular diameters and thus demonstrated its high accuracy (Fig. 2C-D). Importantly, UM also allowed quantification of the total number of glomeruli/cm³, 375000± 15546, and thereby the assessment of fundamental parameters of kidney architecture. Unexpectedly, the vascular volume fraction of the renal cortex as determined using micro-CT was significantly smaller when compared to measurements performed with UM (Fig. 2E). A differentiation of the UM measurement into capillaries, glomeruli and αSMA-positive vessels and correlation of these vascular sub fractions to micro-CT measurements showed that only the αSMA-positive vessel fraction correlated with the micro-CT measurements (Fig. 2F-G).

Collectively, these data demonstrate that micro-CT provides an overview of larger vascular structures of the murine kidney whereas UM is suitable to assess vascular sub fractions, the diameter of glomeruli and the total number of glomeruli in a semi-automated fashion. However, as the kidney cannot be completely cleared by the 3DISCO method, imaging of a whole mouse kidney using UM is not feasible and rather smaller segments have to be analyzed separately.

**UM, but not micro-CT, is suited for studying matrigel plug capillarization**

**In vivo** matrigel angiogenesis is a process that largely depends on endothelial vascular outgrowth and capillary sprouting. Using the micro-CT technique, direct visualization of the matrigel plug vascularization could not be achieved with certainty. Although MicroFil-positive vessels could be detected, they were located at the border zone of the matrigel plug and thus presumably represent pre-existent vessels (Fig. S4). In contrast
to this, after in vivo Isolectin GS-IB4 A647 application, the matrigel plug capillarization was readily detected using UM (Fig. 3A). In order to directly compare UM to the current gold standard LSM, samples were first scanned using UM and subsequently sectioned and imaged by LSM. The same quantification algorithm was than applied to both image stacks (Fig. 3B). Interestingly, mean vessel diameter and vessel density were significantly lower when measured by LSM as compared to UM (Fig. 3C-E).

**UM is superior to LSM for detection of cell integration into the murine vasculature**

The integration of human endothelial cells into murine vascular networks in matrigel plugs was studied by LSM and UM (Fig. 4-6). The majority of cells in an LSM section were not stained positive for Vybrant Dil /HUVECs (Fig. 4) and thus numerous slices had to be analyzed to obtain reliable results. As vascular integration occurs in all dimensions of the 3D space, Z-stacks (Video S1) have to be analyzed to determine the true proximity of a cell to a vessel. Using LSM, the procedure is, therefore, highly time-consuming, laborious and observer-dependent.

Using UM, human cells could be readily detected in the plug and also the murine vessel system was easily visualized (Fig. 5A-B). Integration of the human endothelial cells into the murine vessel system was observed in 30%±3.1% of cases (Fig. 5B-C). In many cases, the endothelial cell configured around the vessel, so it could even be segmented (Fig. 5D-E and Fig. S5). As the total number of cells detected by UM was so high that manual analyses were not feasible, an Imaris script was developed to determine cell number and integration of the HUVECs into the murine vessel system. Integration was judged on the basis of proximity, assuming that integrated cells are double positive for Isolectin and Vybrant Dil.

Importantly, this technique allowed a rapid and observer-independent analysis of the HUVEC integration (Fig. 5C and Video S1). To determine whether the technique really detects integration, fibroblasts, a cell type that should not integrate into the vascular system, were seeded into the matrigel. Whereas human umbilical vein endothelial cells integrated with 30.0%±3.1% efficiency, fibroblast integration was only 8.3%±1.3%. Manual analysis of the images demonstrated that this low number of cells were randomly in proximity to the vessel but did not truly integrate. Collectively, these observations demonstrate that UM together with computer-based image analysis is a powerful approach to detect cellular integration into the vascular network.

The total vascular volume within the matrigel plug is an important parameter to characterize the amount of newly formed vessels. Interestingly, to our knowledge this has never been studied. Relative vessel volume was higher in plugs supplemented with HUVECs compared to HUVEC-free plugs (Fig. 6A-C and Video S2). The diameter of the vessels, however, was not different between the two groups (data not shown). There was a trend towards an increase in branching density (branching points normalized to vessel length) in plugs supplemented with HUVECs, but this did not reach the significance level (Fig. 6D).

In order to determine whether this technique can also be used to monitor efficacy of drugs changing the course of angiogenesis, a second series of experiments was performed. Mice received matrigel with or without VEGF and in subgroups the VEGF receptor blocker SU5416 was applied. Subsequently, the size of the murine vascular network was determined. VEGF, as expected, increased the vascular volume and inhibition of VEGF receptor signaling prevented this effect (Fig. 6E). There was a trend that the pro-angiogenic effect of VEGF led to an increase in the branching density (Fig. 6F). The VEGF-dependent increase in the branching density could be inhibited with VEGF receptor blocker (Fig. 6F).

**UM visualizes intraplaque angiogenesis**

Standard techniques to visualize intraplaque angiogenesis are rather indirect. They rely on identifying erythrocytes or endothelial cells in the plaque. A true intraplaque vascular network has, to our knowledge, not been visualized. Using the indirect techniques outlined earlier, conventional histology (Fig. 7A) revealed an average of 1.1±0.4 capillarized plaque per vessel at post-operative day 28 after partial carotid artery ligation and fat feeding. No capillarized plaques were detected 2 weeks after the operation (data not shown, n=9). CD31 staining demonstrated the occurrence of capillaries penetrating atherosclerotic plaques (Fig. 7C-D). Using UM, visualization of the intraplaque capillary network was possible (Fig. 7B, E-F and Video S3). Capillarized plaques were present in two of five carotid arteries near the bifurcation. Vasa vasora, which promote plaque angiogenesis and plaque progression, were also detected.

Acknowledging that the diameter of a capillary is beyond the limit of resolution for micro-CT, measurements by nano-CT were carried out with a voxel size of 880 nm. Animals were perfused postmortem with MicroFil and subsequently images were obtained by micro-CT and nano-CT. Micro-CT could only detect the vascular lumen and lumen loss in the carotid artery as a consequence of the lumen obstruction by the atherosclerotic plaque (Fig. 8A1-2).
High resolution nano-CT detected the plaques per se, dissections and vasa vasora (Fig. 8A3, B-C). Nevertheless, even with nano-CT it was not possible to visualize intraplaque capillaries. Thus, UM is the only 3D method tested here to visualize capillary networks in atherosclerotic plaques.

**Discussion**

Various imaging techniques have been used to characterize vascular networks [36]. Because all these techniques have their strengths and weaknesses, multiscale/multiresolution imaging techniques are needed to obtain a comprehensive picture of the vasculature in physiological as well as pathophysiological states. An example of such an approach is the combination of ex vivo micro-CT with in vivo magnetic resonance imaging to visualize the vascular network in breast cancer [37]. In the present study, we compared micro-CT and UM as potential complementary techniques to further advance multimodal imaging. The conclusions of the comparison are summarized in Table 2. Whereas micro-CT was a reliable technique to image vessels down to a size of ~100 µm, UM was particularly well suited to visualize capillary networks. The 100 µm limit is considerably less favorable than the theoretical resolution of the micro-CT, owing to the fairly low signal-to-noise ratio of tissue to contrast agent in the vascular lumen. In fact, it has been shown that by phase contrast-based SRmicro-CT technology, the resolution of the technique can be extended down to capillaries [38]. Unfortunately, such machines are not widely available and are limited to specific applications.

Table 2. Overview of the advantages and disadvantages of micro-CT (Skyscan 1176), nano-CT (Subµ-CT Lab, Fraunhofer EZRT), UM (Ultramicroscope II) and LSM (LSM 510 meta) employed for multiscale vascular network analysis.

| Imaging modality | Suited applications | Advantages | Disadvantages |
|------------------|---------------------|------------|---------------|
| micro-CT         | ++ Coronary artery  | Medium resolution (µm) | Vessel perfusion with contrast agent not always possible |
|                  | + Whole vasculature of the kidney | In and ex vivo technique | Signal to background ratio even with contrast agents not always high enough |
|                  | ++ Kidney artery/veins | Several blood pool contrast agents commercially available | Acquisition time 1 h 45 min |
|                  | ++ Carotid artery    | High sample coverage (2 cm) or more with sub scan | Movement artifacts of biological samples |
|                  | ++ Atherosclerotic plaque vasora | "Cell type" specific soft tissue contrast to distinguish atherosclerotic plaque tissue, fat and vessel |
| nano-CT          | ++ Coronary artery  | High resolution (nm-µm) | Vessel perfusion with contrast agent not always possible |
|                  | ++ Kidney artery/veins | Several blood pool contrast agents commercially available | Acquisition time 1 h 55 min – 4 h |
|                  | + Carotid artery    | Robust segmentation of vessel filled with contrast agent, many contrast agents available | Raw data size: 6.25 GB, reconstructed data size: 17 GB |
|                  | ++ Atherosclerotic plaque vasora | "Cell type" specific soft tissue contrast to distinguish atherosclerotic plaque tissue, fat and vessel |
| UM               | ++ Heart capillaries | High resolution (1 µm-2 µm) | Medium sample coverage (2 mm), depends on magnification |
|                  | ++ Kidney glomeruli | Multi target-, color application, fluorescence proximity analysis | Movement artifacts of biological samples |
|                  | ++ Kidney artery/veins | Homogenous Isocetin staining | Sample sectioning necessary for high resolution images |
|                  | ++ Kidney capillaries | Acquisition time 20 min-40 min | Tissue clearing and bleaching of fluorescent signal |
|                  | ++ Cell based matrigel assay | No movement artifacts due to dehydration | Whole mount staining needs optimization processes |
|                  | ++ Matrigel capillaries | |
|                  | + Atherosclerotic plaque vasora | |
|                  | ++ Atherosclerotic plaque capillaries | |
| LSM              | ++ Kidney glomeruli | High resolution (nm-µm) | Tissue shrinkage |
|                  | + Kidney artery/veins | Multi target-, color application, fluorescence proximity analysis | Segmentation of big vessel is time consuming |
|                  | + Kidney capillaries | Homogenous Isocetin staining | Medium sample coverage (0.7 cm), sample sectioning enhance fluorescence signal intensity |
|                  | + Cell based matrigel assay | Acquisition time 3 min-20 min | Decay of fluorescence signal over time |
|                  | + Matrigel capillaries | Many staining protocols in the literature available | |
|                  | + Atherosclerotic plaque vasora | Raw data size 0.01 GB-0.1 GB | Sectioning is time consuming and destructive to the sample |
|                  | ++ Atherosclerotic plaque capillaries | 3D orientation has to be defined before sectioning and has and impact on results |

*: suited; **: well suited; CT: computed tomography; GB: gigabyte; LSM: laser scanning confocal microscopy; UM: ultra-microscopy.

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Software-based algorithms for time-saving analysis of this type of large data set have also been developed, employing current software tools. Besides the software used in this study, there are many others: Amira (FEI, Munich, Germany), MATLAB (The MathWorks, Inc., Massachusetts, USA), Vaa3D (Howard Hughes Medical Institute, Maryland, USA), AnalyzeDirect (AnalyzeDirect, Inc., Kansas, USA) or Labview (National Instruments, Munich, Germany). Open source software like ImageJ and plugins can be found at http://rsbweb.nih.gov/ij/plugins/.

Micro-CT imaging has been used by several groups to analyze the murine heart’s arterial vasculature. Vessel geometry and total vessel length of the murine coronary network [39,40,41,42] have been determined in 2D down to a diameter of 45 µm [39]. Recently, lumen distribution of murine coronary arteries (24-240 µm diameter) have been calculated with the help of several different algorithms [42]. In the present study, we used Imalytics Preclinical Software [43] to quantify and visualize the diameter of the coronary artery network. The distance map visualizes different vessel diameters in different colors and thereby enables a qualitative overview of vessel size. The elastic sphere tool enables fast quantification of vessel diameter at every position.
Figure 4. Visualization of HUVECs in the vascular networks of matrigel plugs using LSM. (A) HUVECs were stained with Vybrant DiI (red), embedded in matrigel and injected into SCID mice. The plug was removed after 26 days and analyzed for angiogenesis. Cellular nuclei are stained with DAPI (blue) (A1). Isolectin GS-IB4 A647 conjugate-stained vessels (green) (A2) and HUVECs (red) (A3) are shown. (A5) Merge of images A1-3. (A6) Example of a region with integrated HUVECs (orange). (A4) Example of a region without integrated HUVECs. Scale bar represents 400 µm. DAPI: 4′,6-Diamidin-2-phenylindol; HUVEC: human umbilical vein endothelial cell.

Whereas the micro-CT technique is limited by X-ray contrast and resolution, UM is mostly limited by the clearing technology and the capacity of an organ to be cleared. Depending on the organ of interest, several optical clearing procedures have been developed [44]. In the present study, 3DISCO, BABB, ECi and iDISCO+ were used to clear Isolectin- and aSMA-stained kidneys (Fig. S1-2). Interestingly, the relative Isolectin signal intensity did not differ significantly between these methods. The absolute Isolectin intensity was significantly higher in 3DISCO-cleared samples compared to iDISCO+. The relative aSMA signal intensity was significantly larger in iDISCO+ samples compared to BABB. The 3DISCO clearing method was used for the kidney, heart and matrigel and was sufficient in terms of clarity of the sample (Fig. S6). To visualize capillaries of the heart or any other organ, UM is the technique of choice as its resolution is high. Furthermore, Isolectin GS-IB4 A647 was homogenously deposited on the endothelium after in vivo administration. In comparison to contrast agents that fill the lumen of vessels, negative segmentation of the lumen of aSMA-positive coronary arteries was feasible but time consuming. Tissue shrinkage occurs as a problem in both techniques. PFA fixation led to tissue shrinkage and the clearing process with dehydration further reduced the tissue size. Nevertheless, due to the shape of the heart, 3D sectioning of coronary arteries and diameter determination is only practical in 3D as axial orientation of the coronary artery changes from the aortic valve to the tip of the heart. Thus, micro-CT is the method of choice to visualize vessels with a diameter of ≥100 µm.

Decreased glomerular number and increased glomerular size are risk factors for chronic kidney and cardiovascular diseases [40,41,45]. Here, we present a technique to determine the size of glomeruli and their number in the mouse kidney. Our experiments also revealed that conventional histology is feasible after UM clearing and fluorescently labeled cells are still visible after the complex preparation. Direct
comparison of virtual slices with conventional LSM scans revealed a very good correlation for the diameter of the glomeruli. In our hands, contrast enhanced micro-CT or nano-CT were not able to generate datasets that allow threshold-based segmentation and quantification of glomeruli. Perfusion of glomeruli was proven by microscopy of kidneys perfused with colored MicroFil. Potentially, the contrast between MicroFil and soft tissue was not strong enough to segment capillaries and glomeruli. Therefore, the vascular volume fraction measured with micro-CT only correlated with aSMA-stained vessels (UM data), which represent larger vessels. This has to be taken into account when MicroFil CT datasets of the kidney are interpreted. Nevertheless, we and others were able to visualize 3D vascular networks of preglomerular arteries [46], which also change during progressive renal disease.

Figure 5. UM-based visualization and quantification of HUVEC integration into capillary networks in matrigel plugs. (A) HUVECs stained with Vybrant DiI (red) were embedded in matrigel and injected into SCID mice. Analyses were done 26 days after implantation. Isolectin GS-IB4 A647 conjugate-stained vessels (green) are shown. Integrated HUVECs are marked in blue. Scale bar represents 500 µm. (B) High magnification of a Vybrant DiI (red)-stained HUVEC integrated into the capillary network and visualization of merged green and red staining (integrated HUVEC, blue, marked with a dot). Scale bar represents 50 µm. (C) Quantification of total and integrated HUVEC per plug using UM. Data are shown as mean ± SEM (n=3). Paired student’s T-test was used; **p<0.01. (D-E) 3D reconstruction of Vybrant DiI (red)-stained HUVEC integrated into the capillary network (green). Shown is a UM (D) or confocal microscopy (E) dataset. Scale bar represents 20 µm (D) or 10 µm (E). Nuclei were stained with DAPI (blue). HUVEC: human umbilical vein endothelial cell.
The subcutaneous matrigel plug assay is one method of choice to study in vivo angiogenesis. Several quantification methods have been developed, such as determination of endothelial cell markers [26,27], hemoglobin content measurements and histological measurement of vascular density [25]. Along with conventional histology, 3D visualization of vessel networks has been described [47]. Here, we compared 3D datasets of virtual and conventional histology and found significant differences between the average vessel diameter inside matrigel. This might be a consequence of matrigel shrinkage after the dehydration procedure for paraffin embedding. Moreover, there is a large body of literature on stereology that shows that besides tissue shrinkage, the tissue sectioning angle (angle between the oriented capillaries and sectioning planes) as well the section thickness have a strong impact on the measured vessel diameter [48]. This aspect is obviously of great importance for the analysis of 2D-data obtained by LSM technology. In contrast, the 3D data sets of UM and micro-CT are not subject to sectioning artefacts. The comparison of UM and LSM images, therefore, revealed an expected difference in mean vessel diameter. It is highly probable that this difference is a consequence of the lack of stereologic correction of our LSM data set. Thus, another advantage of UM over LSM is that values obtained are robust against sectioning artefacts.

Characteristics of human angiogenesis are added to this technique by embedding native HUVECs in the matrigel [28]. We also described a method to stain these endothelial cells and quantify their integration into the vessel network. Quantification on a cellular level has been previously described [49–51]. It allows study of the survival as well as the angiogenic activity of the endothelial cells in a semi-automated approach. It has to be taken into account that the Vybrant Dil labeling of the endothelial cells will be diluted during cell division. This may lead to reduced fluorescence signal intensity of labeled cells and reduced cell count. Further studies using endothelial cells stably expressing protein-based fluorescence probes will be needed to specifically address this aspect [52].

Neovascularization of atherosclerotic plaques as well as of vasa vasora formation are important parameters determining plaque vulnerability and atherosclerosis progression [29]. Furthermore, there is evidence that plaque angiogenesis, with the formation of microvessels causing microvascular leakage, results in inflammation, intraplaque hemorrhage and plaque rupture [53,54]. Current preclinical studies used conventional histology and quantitative CT imaging to quantify vasa vasora in aortas of ApoE−/−/LDL−/− double knockout mice [55,56]. Atherosclerotic plaques
are in fact easily detectable using micro-CT. Nano-CT enables visualization of vasa vasora in carotid arteries but fails to visualize capillaries inside the plaque. Due to differences in tissue density, atherosclerotic plaques are distinguishable from carotid artery soft tissue. Viscosity of the contrast agent as well as generating the needed pressure to perfuse plaque capillaries are technical problems that have to be solved. As plaque perfusion is quite slow, it might be necessary to reduce the viscosity of MicroFil to reduce the amount of curing agent and extend the radiopaque application time. Plaque angiogenesis has been induced by cuff placement around a vessel [57] and was also observed here in the carotid artery partial ligation model. UM was able to detect vasa vasora and capillaries inside the plaques, providing high resolution 3D datasets.

Figure 7. Histological and UM-based visualization of atherosclerotic plaque capillarization. (A) H/E staining of the left common carotid artery (LCCA) of ApoE⁻/⁻ mice at postoperative day 14 (1-3) and 28 (4-6) after partial ligation of the LCCA and HFD. Side-dependent vascular lumen profile of the LCCA near the aortic arch (1, 4) the bifurcation (3, 6) and in between (2, 5). Capillaries filled with red blood cells (dark red) in the atherosclerotic plaque are marked (6). Scale bars represent 100 µm. n=10. (B-F) Visualization of capillarized plaques 28 days after partial ligation. (B-D) Lumen, tunica intima (red dashed line), inner layer of tunica media (yellow dashed line), tunica externa, vasa vasora, plaque and intraplaque capillaries are marked with dots. (B) 2D virtual cross section (UM) of the carotid artery near the bifurcation. Isolectin GS-IB4 A647 is shown in white. Scale bar represents 100 µm. (C) H/E-stained cross section near the bifurcation. (D) CD31 (brown)-stained cross sections near the bifurcation. (E) Surface rendering of UM angiography. The bifurcation is shown. Endothelial cells are stained with Isolectin GS-IB4 A647 (red), the autofluorescence is colored in white, and intraplaque capillaries (Isolectin GS-IB4 A647 positive) are in green. Scale bar represents 100 µm. (F) Surface rendering of an UM angiography of a carotid artery of a second ApoE⁻/⁻ mouse. Plaque capillarization is shown near the bifurcation. Endothelial cells are stained with Isolectin GS-IB4 A647 (red) and the autofluorescence is colored in white.
Figure 8. CT-based visualization of atherosclerotic plaque capillarization. (A1) Volume rendering of micro-CT angiography of an ApoE-/- mouse 28 days after partial ligation of the left common carotid artery (LCCA) and MicroFil infusion. The vessel was visualized from aorta (Aa) to bifurcation (Bf). (A2) 2D cross section of the left carotid artery is shown. Atherosclerotic plaques are marked with a dot. Scale bar represents 1 mm. (A3) Magnification of the LCCA shown in A1. Scale bar represents 300 µm. (B) High resolution nano-CT cross section of a big plaque between the aortic arch and the bifurcation and at the bifurcation (C) Vas vasora are marked with dots. The MicroFil micro-CT contrast agent appears in grey and plaque tissue in dark grey. (B-C) The centers of the dashed crosses represent the same voxel of the dataset shown in subfigures 1-3. Three CT image planes are shown (sagittal, transverse and coronal). Scale bar represents 300 µm. Aa: aortic arch; Bf: bifurcation; LCCA: left common carotid artery.

In a clinical setting, micro-CT and UM could be used to evaluate atypical vascular structures. With micro-CT, paraffin-embedded atherosclerotic tissue can be scanned to identify calcified parts [58]. UM of samples derived from paraffin tissue blocks [9] could be used to visualize capillarization of atherosclerotic plaques and thereby determine plaque vulnerability. It has been shown that plaque angiogenesis and plaque vulnerability correlate with cardiovascular event rates [59]. Antiangiogenic therapy, to change plaque vulnerability, is becoming a clinically interesting therapeutic option. New imaging techniques are needed to analyze preclinical and clinical samples. We could demonstrate that UM identifies typical morphologic features of VEGF in vascular network formation and thereby provides a readout for anti-VEGF therapies. UM and micro-CT together may open a new field of clinical pathology diagnosis.

In summary, UM is a fast and accurate method to visualize and analyze remodeling processes of the vasculature in diverse preclinical and clinical settings. Contrast-enhanced micro-CT with lumen-filling contrast agents is superior to UM for analysis of vessel networks larger than capillary networks. UM and micro-CT are complementary techniques that together can provide a complete and defined visualization of various parts of the vasculature.

Abbreviations

3DISCO: three-dimensional imaging of solvent-cleared organs; Aa: aortic arch; ApoE: apolipoprotein E; aSMA: alpha smooth muscle actin; BABB: benzyl alcohol: benzyl benzoate; Bf: bifurcation; CT: computed tomography; EBM: endothelial basal medium; EC: ethyl cinnamate; H/E: hematoxylin and eosin; EGM: endothelial growth medium; EtOH: Ethanol; GB: gigabyte; HFD: high fat diet; HUVEC: human umbilical vein endothelial cells; iDISCO+: immunostaining 3DISCO; IHC: Immunohistochemistry; LCA: left coronary artery; LCCA: left common carotid artery; LSM: laser scanning confocal microscopy; MRI: magnetic resonance imaging; PBS: phosphate buffered saline; PET: positron electron tomography; SCID: severe combined immunodeficiency; UM: ultramicroscopy; vvf: vascular volume fraction.

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Supplementary Material

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Competing Interests

The authors have declared that no competing interest exists.

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