Records identified through database searching (n = 2652)

Duplicate records removed (n = 477)

Titles and abstracts screened (n = 2,175)

Records excluded (n = 2,085)

Full-text articles assessed for eligibility (n = 90)

Articles excluded
Ineligible study type (n = 65) *
Post-hoc analysis (n = 12)
Not English (n = 2)

Individual trials included in review (n = 13, published in 11 articles)