Fast X-ray transients towards the Galactic bulge with the Rossi X-ray Timing Explorer

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ABSTRACT

In X-ray binaries, rapid variability in X-ray flux of greater than an order of magnitude on timescales of a day or less appears to be a signature of wind accretion from a supergiant companion. When the variability takes the form of rare, brief, bright outbursts with only faint emission between them, the systems are called supergiant fast X-ray transients (SFXTs). We present data from twice-weekly scans of the Galactic bulge by the Rossi X-ray Timing Explorer that allow us to compare the behaviour of known SFXTs and possible SFXT candidates with the persistently bright supergiant X-ray binary 4U 1700–377. We independently confirm the orbital periods reported by other groups for SFXTs SAX J1818.6–1703 and IGR J17544–2619. The new data do not independently reproduce the orbital period reported for XTE J1739–302, but slightly improve the significance of the original result when the data are combined. The bulge source XTE J1743–363 shows a combination of fast variability and a long-term decline in activity, the latter behaviour not being characteristic of supergiant X-ray binaries. A far-red spectrum of the companion suggests that it is a symbiotic neutron star binary rather than a high-mass binary, and the reddest known of this class: the spectral type is approximately M8 III.

Key words: accretion, accretion discs – binaries: symbiotic – stars: neutron – supergiants – X-rays: binaries.

1 INTRODUCTION

Blue supergiant stars were first identified with fast X-ray transients discovered by ASCA (AX 1845.0–0433; Yamauchi et al. 1995; Coe et al. 1996) and later by Rossi X-ray Timing Explorer (RXTE) (XTE J1739–302; Smith et al. 1998; Smith 2003). As more began to be discovered with INTEGRAL, they were recognized as a class (Smith 2004; in’t Zand 2005; Sguera et al. 2005; Negueruela et al. 2006) and named supergiant fast X-ray transients (SFXTs; Negueruela et al. 2006).

SFXTs are thought to be a subclass of X-ray binary in which a neutron star accretes the wind of a supergiant companion. Some binaries with these two components have been known since the 1970s as very bright and variable X-ray sources (e.g. Vela X-1, 4U 1700–377), but the SFXTs spend most of their time at low luminosities of $10^{33}$ to $10^{34}$ erg s$^{-1}$, with only very brief excursions to outburst luminosities of up to a few times $10^{36}$ erg s$^{-1}$. These outbursts generally last for several hours, with subpeaks lasting for minutes (e.g. Rampy, Smith & Negueruela 2009; Sidoli et al. 2009).

The cause of this behaviour is not known. Clumps in the wind of the companion can explain rapid variability within outbursts (in’t Zand 2005; Walter & Zurita Heras 2007; Negueruela et al. 2008a), but are less successful at explaining long periods of quiescence. In some cases a highly eccentric or wide orbit may be responsible (Sidoli et al. 2007), but some SFXTs have been shown to have orbits as short as the persistently bright sources (see Table 1). Rejection of the wind material by the magnetic propeller effect (Grebenev & Sunyaev 2007; Bozzo, Falanga & Stella 2008a; Li & Zhang 2011) has been suggested. Depending on the particular systems studied and the assumptions made about the accretion physics, consideration of the propeller effect has led to both high lower limits (> $10^{13}$ G; Bozzo et al. 2008a) and low upper limits (> $10^{10}$ G; Li & Zhang 2011) on the magnetic field. Unexpected structure in the companion wind itself, e.g. very rare clumps with a very high density contrast, has not yet been ruled out.

Some sources have been referred to as intermediate between SFXTs and the familiar persistent supergiant/neutron star binaries, but this category has never been universally defined. The most common criterion for ‘intermediate’ mentioned in the literature is the dynamic range between the highest and lowest luminosities observed. ‘Intermediate’ sources by this criterion have been defined...
as either those with a dynamic range of <100 but >20 or so (Walter & Zurita Heras 2007; Clark et al. 2010) or those with a range of 100–1000 (Sguera et al. 2011; Romano et al. 2012). The maximum dynamic range of any source – both the SFXTs and the classical wind-accreting high mass X-ray binaries (HMXBs) such as Vel X-1 – can only increase with the number of observations made. Thus it is not surprising that the most recent of these references give the higher range for intermediate systems, since the known dynamic ranges of all the objects have increased in recent years. Chatty (2010) adds two additional criteria to the definition of intermediativeness: a higher average luminosity than the canonical SFXTs and a longer average duration for individual flares. Romano et al. (2012) add the criterion that the lowest luminosity frequently observed should be close to $10^{35}$ erg s$^{-1}$ for intermediate systems, and one to two orders of magnitude lower for true SFXTs. Romano et al. (2011) have begun to make the SFXT versus intermediate classification systematic for the first time by interpreting histograms of the luminosity of three sources, XTE J1739–302, IGR J17544–2619 and IGR J16479–4514, made from monitoring data from the sensitive Swift X-ray Telescope (XRT). The difference between true SFXT and intermediate systems in that work is based on the fraction of time spent at the lowest luminosities.

### 2 DATA AND ANALYSIS

We present data from the Galactic bulge scan programme (Swank et al. 2001) of the Proportional Counter Array (PCA) instrument on RXTE (Jahoda et al. 2006). PCA is a large-area X-ray detector with a collimated but non-imaging field of view of 1° full width at half-maximum. Twice a week, PCA scans the inner Galaxy in a raster pattern, recording the instantaneous 2–10 keV count rate of a large catalogue of sources. The bulge scan data are publicly available.

In this paper we show data from the two ‘prototype’ SFXTs XTE J1739–302 and IGR J17544–2619 (Figs 1 and 2), the persistently bright wind accretor 4U 1700–377 (Fig. 3), three supergiant binaries that are not well studied and have been considered either SFXTs or ‘intermediate’ systems (SAX J1816.6–1703, AX J1845.0–0433 and IGR J16479–4514; Figs 4, 5 and 6, respectively), and finally two fast transients whose companion type and nature are not known: XTE J1743–363 and XTE J1901+014 (Figs 7 and 8). For each source we present four complementary views of the data: the 2–10 keV light curve from up to 12 years of bulge scans, a Lomb-normalized periodogram used to search for orbital periodicity, an integral histogram of the luminosities and the autocorrelation function of the light curve.

The light curves can be considered reliable at relatively high count rates, but near zero counts the results are complicated by the systematic limitations of the technique of fitting the count rate time profiles of the raster scans. For example, systematic uncertainties in the profile of the Galactic ‘diffuse’ emission (much of which may be an ensemble of many faint cataclysmic variables and other stars – see Revnivtsev et al. 2006) translate to uncertainties in the lowest source count rate. This problem is particularly severe for AX J1845.0–0433 (Fig. 5a), where the bifurcated appearance of the baseline values is caused by the alternation of scans parallel and perpendicular to the Galactic plane. The very large error bars for IGR J16479–4514 (Fig. 6a) are due to the proximity of the bright low-mass X-ray binary GX 340+0. We therefore cannot draw conclusions about the fluxes of the latter two objects outside of outburst. The counts shown are normalized to the expected 2–10 keV count rate if all five detectors making up the PCA were turned on. In practice, one to five detectors are on at any given time, and this will be reflected in varying error bars from point to point. In these units, the Crab would be of the order of 10,000 counts s$^{-1}$.

The second panels (b) of Figs 1–8 show the Lomb-normalized periodogram of the data, used to search for orbital periods. The grey horizontal line represents the largest expected value for each period in $10^7$ randomized trials (the real data values were randomly reassigned to the real data acquisition times in each trial and the periodogram taken). The output of the simulations has a slightly different maximum value for each value of period, but there is no significant dependence of the sensitivity on period; the variation looks like noise and does not maintain repeatable features when the initial random number seed of the full set of randomized trials is changed. Thus we replace the noisy sensitivity level of the simulations with a constant value equal to the average of all the period bins to give the line shown, which is the 99.99 per cent significance threshold for the case of a known period.

The third panel (c) of each figure shows an integral luminosity histogram (the fraction of measurements above each flux value), with the fluxes calculated from the count rates using the PCA

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**Table 1.** System characteristics for eight fast transients.

| Name        | Companion            | Distance | Period         |
|-------------|----------------------|----------|----------------|
| XTE J1739−302 | O8Iab(f) 1.2         | 2.7 (2)  | 51.47 ± 0.02 (3) |
| IGR J17544–2619 | O9ib (4)           | 3.6 (2.4) | 4.926 ± 0.001 (5) |
| 4U 1700–377    | O6.5Iaf+ (6)        | 1.9, 2.1 (6.7) | 3.411 ± 0.0005 (8) |
| SAX J1816.6–1703 | ~B0I (9.10)      | 2, 2.1 (10,11) | 30.0 ± 0.2 (12,13) |
| AX J1845.0–0433 | O9la (14)        | 7 (14)   | Unknown        |
| IGR J16479–4514 | O8.5I, O9.5Iab (2,15)| 4.9, 2.8 (2,15) | 3.3194 ± 0.001 (16,17) |
| XTE J1743−363  | Unknown             | Unknown  | Unknown        |
| XTE J1901+014  | Faint in K (10)     | 1–7 kpc (10,18) | Unknown        |

(1) Negueruela et al. (2006); (2) Rahoui et al. (2008); (3) Drave et al. (2010); (4) Pellizza, Chaty & Negueruela (2006); (5) Clark et al. (2009); (6) Ankay et al. (2001); (7) Megier et al. (2009); (8) Hong & Hailey (2004); (9) Negueruela & Schurch (2007); (10) Torrejón et al. (2010); (11) Negueruela, Torrejón & Reig (2008); (12) Zurita Heras & Chaty (2009); (13) Bird et al. (2009); (14) Negueruela et al. (2007); (15) Nespoli, Febregat & Mennickent (2008); (16) Jain, Paul & Dutta (2009); (17) Romano et al. (2009); (18) Karasev, Lutovinov & Burenin (2008).

1 http://lheawww.gsfc.nasa.gov/users/craigm/galscan/main.html
Figure 1. X-ray time-series analysis for XTE J1739−302. Top (panel a): X-ray count rate as a function of time from the bulge scan programme. The rate shown is the equivalent rate for all five proportional counter units (PCUs) summed over the 2–10 keV band, even though fewer detectors were often operating, particularly later in the mission. Bottom-left (panel b): Lomb-normalized periodogram of the data in panel (a). The grey line represents the average maximum value in each period bin in 10^4 randomized trials. Bottom-middle (panel c): histogram of the fraction of samples above a given luminosity as a function of luminosity, using the first-listed distances from Table 1 (see the text). Bottom-right (panel d): autocorrelation function of the data in panel (a).

Figure 2. Data products as described in Fig. 1, for IGR J17544−2619.

Instrument response and the distances shown in Table 1 (where more than one distance is cited, the first is used). Systems with no good distance estimate (XTE J1901+014 and XTE J1743−363) have been placed at 3 kpc, a distance typical of the estimates for sources that have them. If the nature of these two objects is completely different from that of the supergiant binaries, their distances could be quite different as well. For example, if either is a cataclysmic variable, the distance and luminosity could be much less. Observation of most of these sources in the Galactic bulge is probably due to the region being well observed rather than any physical association with the bulge populations; note that the distances derived for the sources with known companions are all well in the foreground of the Galactic Centre (Table 1). In these panels, the grey lines shown for comparison are the integral of a normal distribution centred at zero whose standard deviation is equal to the average error bar for the lowest 20 per cent of flux observations from each source. This represents the expected distribution if there is no real flux from the source but only random noise.

Finally, the last panel (d) of each figure gives the autocorrelation function of the data for each system. To generate this curve, we interpolated the time history of each system on to a 1d uniform grid, setting all the values to zero during the long gaps that occur each year when the Sun passes too close to the source. The autocorrelation function was calculated on the interpolated grid. Since the source sampling is usually at approximately 3.5 d, these plots are only informative at times longer than that.

In Table 2 we present three different measures of the percentage of time that each source is active. Considering the range of behaviours...
and luminosities among the sources, no single measurement of what it means for a system to be ‘active’ or ‘in outburst’ is universally sufficient, nor do we expect one of these three definitions to be useful for every purpose. The first measure is the percentage of time spent with a flux of at least three standard deviations above zero; the standard deviation in this case is defined by averaging the lowest 20 per cent of the error bars from all the bulge scan fits. These errors are partly statistical and partly based on fitting uncertainties from the influence of other nearby sources. In general, the lowest 20 per cent of the errors correspond to times when the source is undetectable to the PCA, with the exception of the sources that are almost always visible, such as 4U 1700−377. The second measure is the percentage time that the source is above 40 counts s$^{-1}$ (2–10 keV, five detectors equivalent), giving a constant threshold in observed flux. The last measure is the percentage of time spent at a luminosity above $1 \times 10^{35}$ erg s$^{-1}$ at the first listed distance to each source shown in Table 1. Bulge scan count rates (2–10 keV) are converted to energy flux (also 2–10 keV) by assuming a thermal bremsstrahlung spectrum with temperature 20 keV, typical of SFXTs, and using the WEBPIMMS tool at NASA’s High Energy Astrophysics Science Archive Research Centre (HEASARC; http://heasarc.nasa.gov/Tools/w3pimms.html, retrieved 2011 April 18). Any of these can be used as a simplified activity parameter, but more information is contained in the full luminosity histograms (panel c of Figs 1–8).

Table 2 also gives the average and maximum luminosity of each source, the average value for the bottom half of luminosity measurements and the average of the bottom 20 per cent of luminosity uncertainties. The latter number serves two purposes: first, to make it clear when the average of the bottom half of luminosity is significantly above zero (only for 4U 1700−377 and XTE J1901+014), and secondly, to give the luminosity threshold used for the first activity index: e.g. XTE J1739−302 spent 4.8 per cent of its time with a flux above $3 \times (2.30 \times 10^{34}$ erg s$^{-1}$). The negative average luminosities for the bottom half of observations in IGR J17544−2619 and IGR J16479−4514 are due to the statistical and systematic
uncertainties in the background-subtracted PCA count rates. Negative values in these cases just indicate that in a typical measurement, the uncertainties due to subtracting both instrumental background and the influence of other sources are greater than the typical count rate of the source.

Romano et al. (2011) showed luminosity histograms for three sources (differential instead of integral), but summarized these results with an inactivity measurement instead. That was most appropriate for their data set, which is only 2 yr long – and therefore contains fewer outbursts – but very sensitive, since the Swift XRT is a true imaging instrument. Thus they have good discrimination between low and very low emission levels. The RXTE PCA bulge scan data are not as easy to interpret at the lowest fluxes, even though PCA is also very sensitive, due to complications in interpreting the scan data due to the structure of diffuse X-ray emission in the Galactic ridge. On the other hand, the PCA data set contains over 4000 pointings covering over 12 yr for some of the sources we include, so that our data base is the most sensitive to the distribution of the rarer high fluxes.

3 RESULTS AND DISCUSSION

3.1 XTE J1739–302

Drave et al. (2010) recently reported evidence for a 51.47 d period in this system, based on two separate analyses of INTEGRAL/IBIS data. In the first, they performed a Lomb–Scargle periodogram on the full IBIS light curve and found the highest power at this period, with a significance greatly exceeding 99.999 per cent confidence. They also collected a number of outbursts from IBIS, Swift and ASCA data and plotted their frequency of occurrence and intensity with respect to orbital phase, finding that most outbursts occurred around phase 0.5 according to their ephemeris with zero phase defined arbitrarily at MJD 52698.2.

We find no evidence for any power at this period in our periodogram (Fig. 1b), but Drave et al. (2010) pointed out that this was also true of Swift and RXTE All-Sky Monitor (ASM) data. We note that the PCA bulge scan data presented here have a longer baseline than either Swift or INTEGRAL and a much higher sensitivity.
than the RXTE ASM. The twice-weekly monitoring means that the 51.47 d period is very well sampled throughout the 11 yr.

Our result does not, however, necessarily constitute a contradiction of the Drave et al. (2010) result. Each PCA measurement is a snapshot lasting only a few seconds as the spacecraft scans across the source. Most INTEGRAL measurements used by Drave et al. (2010), on the other hand, are full 2000 s science windows of that instrument. If we hypothesize that the typical behaviour of the source near periastron is to produce small flares that tend to come at least once every 2000 s but with a duty cycle of ~50 per cent, then
it would be plausible that the PCA should miss making positive detections at many periastron transits while INTEGRAL might catch most of them.

We therefore turn to the other technique used by Drave et al. (2010), the identification of the phase of medium-to-large outbursts according to the ephemeris they deduced from their periodogram. We have identified 48 outbursts that were not included in the sample given by Drave et al. (2010). These include events from the bulge scans presented here, including some that were presented in Smith et al. (2006), outbursts observed during PCA pointings to 1E 1740.7−2942 given in the same work, Swift outbursts from Romano et al. (2009) and one from INTEGRAL/IBIS that was not included by Drave et al. (2010). We also include the major outburst observed by ASCA in 2002 (MJD 51248.3; Sakano et al. 2002), which was incorrectly assigned a phase of 0.468 by Drave et al. (2010), near the apparent periastron, but was not used in the histogram in their fig. 4, which included 35 events from INTEGRAL/IBIS alone. The correct phase of the ASCA outburst is 0.83. In many cases, more than one spacecraft observed what was probably the same outburst. Since there is no prescribed way to distinguish one long outburst from two separate ones, we somewhat arbitrarily discarded all new outbursts that were within 1 d of one of those used by Drave et al. (2010), and similarly made sure that no two of the new data points were within 1 d of each other. The new events are given in Table 3.

Fig. 9 shows histograms of outburst phase for the original sample of events used by Drave et al. (2010) the new events, and the sum. The histogram in Fig. 9(a) is identical to that given in fig. 4 of Drave et al. (2010). The new sample, in Fig. 9(b), also peaks near 0.5 in phase. To compare these results to the null hypothesis, we calculated the sum of the squares of the deviations from the average for each plot and compared it to the same quantity for 105 simulations of the null hypothesis with the same number of events. The real data sets from panels A, B and C had a sum greater than or equal to all but 5.6, 40.4 and 2.4 per cent, respectively, of the corresponding simulations. This shows that while the new data set provides no evidence for periodicity in its own right, it does increase, and not decrease, the significance of the original result when the samples are combined.

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Figure 9. Histograms of outburst phases for XTE J1739−302 according to the ephemeris of Drave et al. (2010). A: outbursts reported by Drave et al. (2010). B: new sample (see the text and Table 3). C: the sum of panels A and B. D: the brightest 10 events in the new sample.

| MJD   | Phase | Major outburst? | Source         |
|-------|-------|-----------------|----------------|
| 50672.7 | 0.647 | Y               | RXTE pointed   |
| 51248.3 | 0.830 | Y               | ASCA           |
| 51849.2 | 0.505 | Y               | RXTE pointed   |
| 51977.9 | 0.005 | Y               | RXTE scan      |
| 52452.9 | 0.234 | Y               | RXTE pointed   |
| 52888.3 | 0.693 | Y               | INTEGRAL/IBIS  |
| 53569.7 | 0.932 | Y               | RXTE scan      |
| 51265.8 | 0.170 | –               | RXTE scan      |
| 51338.5 | 0.582 | –               | RXTE scan      |
| 51660.8 | 0.844 | –               | RXTE scan      |
| 51677.7 | 0.173 | –               | RXTE scan      |
| 52107.5 | 0.524 | –               | RXTE scan      |
| 52560.3 | 0.321 | –               | RXTE scan      |
| 52779.7 | 0.583 | –               | RXTE scan      |
| 52945.1 | 0.796 | –               | RXTE scan      |
| 53140.5 | 0.594 | –               | RXTE scan      |
| 53301.8 | 0.727 | –               | RXTE scan      |
| 53646.1 | 0.416 | –               | RXTE scan      |
| 53649.1 | 0.475 | Y               | RXTE scan      |
| 53781.0 | 0.038 | –               | RXTE scan      |
| 53784.9 | 0.114 | –               | RXTE scan      |
| 53801.8 | 0.442 | –               | RXTE scan      |
| 53847.8 | 0.335 | –               | RXTE scan      |
| 53858.6 | 0.545 | –               | RXTE scan      |
| 53861.5 | 0.602 | –               | RXTE scan      |
| 53995.2 | 0.200 | –               | RXTE scan      |
| 54584.8 | 0.655 | –               | RXTE scan      |
| 54686.9 | 0.637 | –               | RXTE scan      |
| 54719.2 | 0.266 | –               | RXTE scan      |
| 54929.8 | 0.357 | –               | RXTE scan      |
| 54939.8 | 0.551 | –               | RXTE scan      |
| 54954.6 | 0.840 | Y               | RXTE scan      |
| 55052.6 | 0.742 | –               | RXTE scan      |
| 55106.7 | 0.387 | –               | RXTE scan      |
| 55088.6 | 0.445 | –               | RXTE scan      |
| 55286.3 | 0.284 | –               | RXTE scan      |
| 55395.6 | 0.408 | –               | RXTE scan      |
| 55439.9 | 0.268 | –               | RXTE scan      |
| 55453.6 | 0.533 | –               | RXTE scan      |
| 55460.2 | 0.665 | –               | RXTE scan      |
| 55381.0 | 0.152 | –               | Swift          |
| 53663.5 | 0.755 | –               | Swift          |
| 53798.2 | 0.372 | –               | Swift          |
| 54140.7 | 0.026 | –               | Swift          |
| 54632.3 | 0.577 | –               | Swift          |
| 54673.6 | 0.380 | –               | Swift          |
| 54724.5 | 0.369 | –               | Swift          |
| 54900.7 | 0.792 | Y               | Swift          |
significant signal. If outbursts occur randomly and last for less than the average sampling period (3.5 d), this is to be expected.

3.2 IGR J17544−2619

The orbital period reported by Clark et al. (2009) at 4.926 ± 0.001 d appears clearly in the PCA data (Fig. 2b) at the same period and with comparable error. This signature also appears to a lesser extent in the autocorrelation data (Fig. 2d), where it might be taken for noise if the period were not already known. The intensity distribution and lack of significant autocorrelation of nearby observations look very similar to XTE J1739−302. If there is indeed an order of magnitude difference between the orbital periods of XTE J1739−302 and IGR J17544−2619, it is rather extraordinary that their behaviours are so similar, in frequency of outbursts (shown here), frequency of inactivity (Romano et al. 2011) and in the detailed appearance of the outbursts themselves (e.g. Sidoli et al. 2009). The optical counterparts of IGR J17544−2619 (Pellizza et al. 2006) and XTE J1739−302 (Negueruela et al. 2006; Rahoui et al. 2008) are very similar as well, which argues against an expectation that large differences in the structure and intensity of their winds can compensate for the different orbital radii, producing similar X-ray behaviour. Models that rely on unusual magnetic properties of the neutron star to explain SFXT outbursts (Grebenyev & Sunyaev 2007; Bozzo et al. 2008a; Li & Zhang 2011) should be studied further to see if they can produce uniform variability behaviour under greatly differing wind conditions.

3.3 4U 1700−377

This persistently bright wind accretor is shown as a point of comparison for the more transient systems. Its maximum luminosity is higher than that of the two canonical SFXTs discussed above by factors of 11 and 8, but the average luminosity is higher by factors of 39 and 69. The comparison of the average luminosity is probably very good, but comparing the maximum luminosity is harder, since we do not know how long each system tends to stay at this maximum in each outburst, or how common they are. The true maximum level within this 11 yr period may have been missed in one system and caught in another. For example, we know from coverage of one outburst of IGR J17544−2619 by Sazanka (Rampy et al. 2009) that the system reached at least 5.3 × 10^36 erg s^{-1}. This is as bright as all but one of the data points from the bulge scans of 4U 1700−377. The fast transients are capable of reaching almost the maximum luminosity of this bright system, but spend most of their time at low luminosities.

The well-known orbital period of 4U 1700−377 (see Table 1) is clearly visible, and the autocorrelation function shows coherence on a time-scale of ~30 d. This could be due to a process intrinsic to the companion star producing slow variations in its wind, a feedback between the accretion luminosity of the neutron star and mass loss from the companion, or the presence of an accretion disc around the neutron star, with a viscous time-scale of this order.

3.4 SAX J1818.6−1703

This system (in’t Zand et al. 1998) looks similar to the two canonical SFXTs in terms of the power-law shape of the distribution of luminosities (Fig. 4c). The orbital period (see Table 1) and its harmonics are clearly seen in the periodogram; even the autocorrelation function shows a correlation at the orbital period, which we believe represents the high probability of an unrelated outburst at the next periastron passage. Sidoli et al. (2009) found that the outbursts of this system, studied in depth with Swift, show very similar characteristics to the canonical SFXTs. Its 30 d orbital period is approximately half-way between those of IGR J17544−2619 and XTE J1739−302, showing again that very similar outburst duty cycles and luminosities are seen with different orbital parameters. While the system has been shown to have as deep a quiescence as the canonical SFXTs (Bozzo et al. 2008b), there has not been enough monitoring by a sensitive telescope such as Swift to get the good data on frequency of quiescence that are now available for other systems (Romano et al. 2011).

3.5 AX J1845.0−0433 and IGR J16479−4514

There was only one major and one minor outburst of AX J1845.0−0433 caught by the bulge scans, as can be seen in Fig. 5, panel (a), and no obvious outburst of IGR J16479−4514. The contamination of AX J1845.0−0433 by Galactic plane diffuse emission, visible as a bifurcation between those scans taken perpendicular to and parallel to the plane, makes any conclusion about the flux outside of outbursts difficult; the contamination of IGR J16479−4514 by GX 340+1 produces a similar problem. While both of these sources show a fairly high average luminosity in the fifth column of Table 2, we do not claim this result as significant; repeated observations with a focusing instrument such as the Swift XRT would be preferable to establish the quiescent and low-flux behaviour of these sources.

3.6 XTE J1743−363

3.6.1 Position and identification

This source was discovered by Markwardt, Swank & Marshall (1999). Its occasional fast outbursts have led to the suggestion that it might be an SFXT, and the X-ray spectrum in outburst could be fitted with a thermal bremsstrahlung spectrum with temperature 22 keV, typical of X-ray pulsars and SFXTs (Sguera et al. 2006; Ratti et al. 2010), using a Chandra observation of the field (2008 February 8, principal investigator MI). This was a similar problem in the Chandra field, although it is possible that XTE J1743−363 was entirely quiescent at that time and the X-rays come from another system. Fig. 10 compiles some X-ray position measurements for XTE J1743−363: the initial RXTE estimate at the source’s discovery (Markwardt et al. 1999; at 10 arcmin, its error circle is too large to appear on the plot), the most precise INTEGRAL/BIS position (0.7 arcmin error circle, 90 per cent confidence; Bird et al. 2010), the Swift BAT position from the 58 month catalogue (Baugartner et al. 2010), the Chandra position (Ratti et al. 2010) and our new refined RXTE position. Earlier Swift/BAT positions, while different, are consistent with both the newest BAT position and the Chandra source (Cusumano et al. 2010; Tueller et al. 2010).

The RXTE position was derived from a dedicated scan of the source using the PCA instrument. The observation was made on 1999 February 15 at 01:15 UT for 2.4 ks. The scan pattern consisted of a connected path, including scans along constant right ascension and declination. The model included XTE J1743−363 and one other known source in the field of view, 4U 1746−37, at a fixed position. The primary change in deriving the refined position was that the intensity of XTE J1743−363 was allowed to vary with a long-term linear trend. The uncertainties of individual measurements were
Four observations made on MJD 54115 showed low and nearly identical count rates of 1.9–2.0 counts s$^{-1}$ and no variability. The flux varied during all the other observations on time-scales of seconds to minutes. We used XSPEC version 12.5.1 to fit the PCA spectra. These four quiet observations included an iron line of high equivalent width, and no detectable interstellar absorption above 3 keV, in contrast to all the other observations, which showed significant and variable absorption. Finally, the count rates of the four spectra from MJD 54115 are comparable to the flux level that is identified as diffuse from the PCA bulge scans in this region. Taking all this evidence together, we believe it quite likely that during these four observations we were seeing only the Galactic diffuse component and not the source itself. The best-fitting continuum spectrum to these four observations together was an optically thin thermal bremsstrahlung spectrum of temperature 10.10 ± 0.50 keV and normalization (5.99 ± 0.16) × 10$^{-3}$, defined as

$$\frac{3.02 \times 10^{-15}}{4\pi D^2} \int n_e n_i \, dV,$$

where $D$ is the distance to the source in centimetres and $n_e$ and $n_i$ are the electron and ion densities per cubic centimetre at the source (Arnaud et al. 2011). An iron line of equivalent width 0.43 keV and centre energy (6.63 ± 0.54) keV was also required (at 3.7σ), and was consistent with being narrow, although the width was poorly constrained (<2.9 keV). In fitting the rest of the spectra, we included these two spectral components with no free parameters. No further iron line was needed in any of the other fits.

In Table 4 we show the spectral parameters of the remaining flux, presumed to be from XTE J1743–363 itself. For most of the spectra, an absorbed optically thin thermal bremsstrahlung spectrum provided a good fit. We used the Tuebingen–Boulder interstellar medium absorption model (Wilms, Allen & McCray 2000). For the three spectra with the best counting statistics, however, an additional component was necessary to obtain χ$^2$ values consistent with chance. A thermal blackbody spectrum served this purpose well for all three spectra, as it typically does for accreting neutron stars. Table 5 shows the resulting fit parameters in this case. Including the blackbody component has the effect of raising the temperature of the bremsstrahlung component and reducing the best-fitting absorption column.

It is apparent from Tables 4 and 5 that the absorption column is both high and variable, and therefore local to the system. This

### Table 4. List of PCA pointings to XTE J1743–363 and absorbed bremsstrahlung fits.

| Observation ID | MJD  | Rate$^a$ | nH$^b$ | KT (keV) | Normalization$^c$ |
|----------------|------|---------|--------|---------|------------------|
| 40408-01-01-00 | 51224.051 | 12 | 11.05 ± 0.22 | 13.76 ± 0.35 | 5.509 ± 0.082 |
| 40408-01-02-00 | 51230.781 | 22 | 6.11 ± 0.16 | 13.67 ± 0.34 | 8.24 ± 0.11 |
| 50138-02-01-00 | 51706.236 | 23 | 17.40 ± 0.43 | 14.66 ± 0.54 | 11.44 ± 0.27 |
| 50138-02-02-00 | 51707.631 | 13 | 10.55 ± 0.51 | 15.74 ± 0.97 | 4.64 ± 0.15 |
| 50138-02-03-00 | 51710.759 | 11 | 10.26 ± 0.66 | 11.42 ± 0.77 | 4.33 ± 0.20 |
| 50138-02-04-00 | 51713.016 | 11 | 8.77 ± 0.53 | 10.54 ± 0.58 | 4.01 ± 0.16 |
| 92047-04-01-02 | 54115.404 | 2.0 | – | – | – |
| 92047-04-01-04 | 54115.461 | 2.0 | – | – | – |
| 92047-04-01-00 | 54115.520 | 1.9 | – | – | – |
| 92047-04-01-01 | 54115.910 | 1.9 | – | – | – |
| 92047-04-02-00 | 54301.307 | 5.3 | 11.6 ± 1.4 | 14.5 ± 2.2 | 1.57 ± 0.14 |
| 92047-04-02-01 | 54303.272 | 3.2 | 7.4 ± 1.7 | 15.9 ± 3.8 | 0.503 ± 0.076 |
| 92047-04-02-02 | 54304.383 | 3.2 | 8.4 ± 1.6 | 16.4 ± 3.7 | 0.550 ± 0.075 |

$^a$ counts s$^{-1}$/PCU.

$^b$ × 10$^{22}$ cm$^{-2}$.

$^c$ × 10$^{-2}$ as defined in equation (1).
suggests a companion with a dense wind, which can be characteristic of both blue supergiants and red giants such as AGB stars. The absorption column does not seem to correlate with luminosity at all, suggesting that the absorption is taking place in foreground structures in the wind rather than in the concentration of material accreting on to the compact object at the moment.

### 3.6.3 Optical spectroscopy

Ratti et al. (2010) used the IR colours of 2MASS 17430133–3622221 to constrain the spectral type of the companion, but not severely; they found that a giant of type G0–6, a G or K supergiant, or a supergiant earlier than O9 were all consistent with the Two Micron All Sky Survey (2MASS) colours, assuming varying degrees of reddening. The 2MASS magnitudes are $J = 9.616$, $H = 8.305$ and $K = 7.624$. The 2MASS source (Fig. 13) is coincident with USNO–B1.0 0536–0518280, with $R = 16.4$ and 16.77 (R1 and R2 measurements) and $I = 13.78$ (not seen in the USNO $B$ band) and with the Midcourse Space Experiment IR source MSX6C G353.369–03.4195, seen only in band A at 0.1386 Jy. Band A is centred at 8.28 μm with half-maximum points at 6.8 and 10.8 μm according to Egan et al. (2003).

We obtained a far-red spectrum of the counterpart using the Andalucia Faint Object Spectrograph and Camera (ALFOSC) on the 2.6-m Nordic Optical Telescope (NOT) in La Palma, Spain, on the night of 2009 June 27. The instrument was equipped with a thin 2048 $\times$ 2048 pixel E2V CCD, covering a field of view of $6.4 \times 6.4$ arcmin$^2$ with a spatial scale 0.19 arcsec pixel$^{-1}$. We used grism #4 with a 1.0 arcsec slit, providing a resolving power $R \approx 450$. In order to remove fringing, an internal flat was taken at the target position.

Because of the Southern declination of the target, it was observed at a very high airmass ($Z = 2.4$). However, as the finder image (Fig. 14) shows, image quality was good. 2MASS J17430133–3622221 can be clearly resolved into two objects, separated by ~2 arcsec, both of which fell within the slit. The fainter object is a normal G/K star. The brighter star is a very red object, and the obvious counterpart to the 2MASS source. Its spectrum (Fig. 15) is dominated by deep molecular bands. In particular, we see deep bandheads of TiO, typical of M-type stars.

Negueruela et al. (2011) have shown that the depth of the TiO 8859 Å bandhead is a very good indicator of effective temperature. Though the resolution of our spectrum is too low to use it as a $T_{\text{eff}}$ calibrator, the fact that its depth is $\gtrsim 0.5$ of the continuum immediately shortward indicates that it is not a dwarf star. Only giants and supergiants present such deep molecular features. It also indicates that the spectral type is later than M6. This is confirmed by the detection of VO bandheads, which are only visible at spectral types M7 and later (Turnshek et al. 1985; Gray & Corbally 2009).

The deep depression of the continuum in the 7400–7550 and 7860–8050 Å regions can only be due to the presence of strong VO bands of the extreme red system, as there are no telluric features in these two regions. Moreover, the VO bandhead at 8624 Å is also likely detected. Though a better spectrum is needed to obtain an accurate spectral type, the data are not very different from the expectation for spectral type M8. As supergiants with such a late spectral type are very rare (Levesque et al. 2005), the object is very likely a giant.

The fundamental properties of such late stars are not well calibrated. For M8 III stars, van Belle et al. (1999) estimate $T_{\text{eff}} = 3050$ K, though this is an extrapolation from earlier spectral types. Their fit to the intrinsic $(V - K)_0$ colour indicates values between $(V - K)_0 = -8.0$ and $(V - K)_0 = -8.5$ at this temperature. As Thé et al. (1990) find $M_V = +1.6$ on average for M8 III giants, their IR absolute magnitude is $M_K \lesssim -6.4$. Late M-type giants may be close to tip of the red giant branch (RGB) or on the asymptotic giant branch (AGB). Many giants later than M6 are brighter than the tip
As observations of Large Magellanic Cloud giants suggest that $M_K$ may deviate by $\pm 0.6$ mag from the average at a given $(J-K)$ (Cioni et al. 2001), we may settle for $d \approx 5 \pm 1$ kpc, though there are many other sources of uncertainty not considered in this error estimate.

For instance, these calculations assume that the star has characteristics typical of M-type giants in the solar neighbourhood. Our upper limit on the distance to the source, however, places it close to the Galactic Bulge. At $b = -3.4$, the extinction to our source is not incompatible with Galactic bulge membership (Dutra et al. 2003), even if we take into account the possibility of bluer colours for bulge M giants (Frogel 1988). However, for a distance of 8.5 kpc, the source would have $M_K \approx -7.8$, only compatible with the very brightest bulge M-type stars (Glass & Schultheis 2002). Our target would then have to be a thermally pulsating AGB.

Even in the most likely case that the star is foreground to the bulge, it is likely to be variable, as most late-type giants are long-period variables. Their amplitude in the $K$ band is generally small and unlikely to dominate our error budget. On the other hand, photometric determination of a pulsation period would be the most direct way to evaluate the stellar luminosity and hence distance.

3.6.4 XTE J1743−363 as a symbiotic X-ray binary

The spectral identification of the companion to XTE J1743−363 as a late M giant puts the system in the small group of symbiotic X-ray binaries, although we have not seen an additional hot component to the optical spectrum, which was the origin of the term ‘symbiotic’. For comparison, we show in Fig. 16 the PCA bulge scan data for GX 1+4, a known symbiotic X-ray binary in which an X-ray pulsar orbits an M giant. Hinkle et al. (2006) used IR spectroscopy to derive an orbital period of 1161 d, a luminosity of 1270 L$_\odot$ and a distance of 4.3 kpc, which we assume to scale the luminosity distribution in Fig. 16. Comparing GX 1+4 with the data for XTE J1743−363 in Fig. 7, we see two things in common: a notable autocorrelation out to 100 d (while even the very bright blue supergiant system 4U 1700−377 only correlates out to 30 d) and a long quiet period (for GX 1+4, the years 2007 and 2008 and for XTE J1743−363 the last 5 yr). These common characteristics lend support to the spectroscopic evidence that XTE J1743−363 is also a symbiotic binary. Strong emission lines in the optical spectrum and pulsations of GX 1+4 have been taken as evidence of an accretion disc (Chakrabarty & Roche 1997; Jablonski et al. 1997). While these characteristics have not been seen in XTE J1743−363, we note that our far-red spectrum of XTE J1743−363 was taken in the middle of the extended X-ray quiet period still in progress. It is possible that a disc forms when the source is X-ray active.

The time variability of XTE J1743−363 also resembles that of a member of another class of binary entirely: the ultracompact binary 4U 0513−40 in globular cluster NGC 1851. It also shows highly variable emission, correlations over many days, and a relatively quiet period of ~3 yr (Maccarone et al. 2010). Our spectroscopy of the counterpart rules out this possibility, unless the correct companion is the faint, non-descript G/K star nearby. It is unlikely, however, that a star as unusual as the M8 giant would coincide with the X-ray source by accident, while it is quite likely that the dwarf star would do so.
This system showed a short (<3.15 h), bright (0.9 Crab) X-ray outburst at the time of its discovery by Remillard & Smith (2002). It has since shown further outbursts (Krimm et al. 2010) but seems to have a relatively high flux in quiescence as well (Karasev, Lutovinov & Grebenev 2007; Karasev et al. 2008) compared to the SFXTs (Smith et al. 2007; Krimm et al. 2010). It does not have an IR/optical counterpart bright enough to be a supergiant in our Galaxy (Smith et al. 2007; Karasev et al. 2008). Although we did not see an outburst in the bulge scan data, we confirm the presence of a non-zero quiescent baseline that is not consistent with the behaviour of the SFXTs in our sample. Karasev et al. (2007), using pointed observations of the RXTE PCA, showed that there is a great deal of variability (by more than a factor of 2 over tens of seconds) even outside of outbursts. They quoted a typical flux of 2.7 mCrab outside of outburst. Our average luminosity of $5.72 \times 10^{34}$ erg s$^{-1}$ at an arbitrary distance of 3 kpc corresponds to $5.3 \times 10^{-11}$ erg s$^{-1}$ or a bit over 2 mCrab, in agreement with Karasev et al. (2007). The persistent emission outside of outburst supports the more definitive evidence of the lack of a supergiant companion in separating this source from the class of SFXTs. The nature of the system remains a mystery.

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