Population pharmacokinetics in critically ill neonates and infants undergoing extracorporeal membrane oxygenation: a literature review

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ABSTRACT
Extracorporeal membrane oxygenation (ECMO) increases circulating blood volume, causes capillary leak and temporarily alters kidney function. Consequently, pharmacokinetics (PK) can be affected. When applied to neonates and infants, additional dose adjustments are a major concern, as the volume of distribution (Vd) is already generally greater for water-soluble drugs and the clearance (Cl) of drugs eliminated by glomerular filtration is reduced. A systematic search was performed on MEDLINE (1994–2022) using a combination of the following search terms: “pharmacokinetics”, “extracorporeal membrane oxygenation” and “infant, newborn” using Medical Subject Headings search strategy. Nine out of 18 studies on 11 different drugs (vancomycin, meropenem, fluconazole, gentamicin, midazolam, phenobarbital, theophylline, clonidine, morphine, cefotaxime and cefepime) recommended dose increase/decrease by determining PK parameters. In other studies, it has been suggested to adjust the dose intervals. While the elimination half-life (t1/2) and Vd mostly increased for all drugs, the Cl of the drugs has been shown to have variability except for midazolam and morphine. There are a limited number of population PK studies in neonates and infants undergoing ECMO circuits. Despite some divergences, the general pattern suggests an increase in Vd and t1/2, an increased, stable or decreased Cl, and an increase in variability. Consequently, and if possible, therapeutic drug monitoring and target concentration intervention are strongly recommended to determine appropriate exposure and doses for neonates and infants undergoing ECMO support.

INTRODUCTION
Extracorporeal membrane oxygenation (ECMO) is a cardiopulmonary bypass procedure used to provide temporary respiratory or cardiac support to critically ill patients, including neonates and infants. ECMO has two cannulation techniques: veno-venous (VV) and veno-arterial (VA). VV ECMO is mainly used for patients with respiratory failure, while VA ECMO support is used in patients with cardiac failure. While polypharmacy is well recognised in hospitalised adults, it is also quite common in hospitalised neonates and infants in intensive care units. Because survival and overall outcome rely on medicines, effective drug therapy is essential to improve care and minimise adverse effects. This includes targeted dosing and exposure, but necessitates understanding and data on pharmacokinetic (PK) changes related to ECMO use in this specific population of neonates.

Volume of distribution (Vd), which specifies the dosage necessary to generate the desired peak concentration, and clearance (Cl), which is the volume of fluid cleared of drug from the body per unit of time, are the fundamental drivers of drug PK. Vd and Cl are also important drivers of elimination half-life (t1/2). The t1/2 can be calculated with the following simple formula:

\[ t_{1/2} = \frac{0.693 \times Vd}{Cl} \]

Although an approximate, from a clinical point of view, this formula relates t1/2 to Vd, Cl and steady state, which represent the basic PK parameters.

Understanding the parameters impacting medication PK and pharmacodynamics (PD) in the complicated setting of patient immaturity, severe illness, (multi)organ failure, and

KEY MESSAGES
⇒ An increase in volume of distribution of many drugs in extracorporeal membrane oxygenation (ECMO) cohorts is observed.
⇒ Variable effects on clearance due to ECMO.
⇒ Therapeutic drug monitoring and target concentration intervention are strongly recommended to determine appropriate exposure and doses for neonates and infants undergoing ECMO.
⇒ There have been very few studies of the effect of ECMO on population pharmacokinetics data in neonates and infants.
⇒ We identified 11 drugs (vancomycin, meropenem, fluconazole, gentamicin, midazolam, phenobarbital, theophylline, clonidine, morphine, cefotaxime and cefepime).

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the necessity for supportive extracorporeal circuits are crucial for safe and successful prescription in neonates and infants undergoing ECMO. Many medications’ PK can be impacted by ECMO since it raises circulating blood volume, causes capillary leak and temporarily affects renal function.

The underlying mechanisms related to the additional (non-)maturational changes in PK during ECMO are diverse, and in part related to the ECMO equipment, the impact of the technique, and the medical condition of the neonates and infants. The ECMO equipment alters drug exposure through adsorption by circuit components. This is to a certain extent drug specific, and is more pronounced for drugs with high lipophilicity. The need for ECMO will result in shift in fluid balance, capillary leak and also in renal impairment. Acute kidney injury is common in ECMO or cardiac bypass cases. Finally, the medical condition like sepsis or cardiac failure in itself will affect PK. These non-maturational factors add to the maturational PK of many drugs in neonates, different from those in adults.

All of these PK parameters (absorption, distribution, metabolism and elimination (ADME)) exhibit maturational changes in PK during ECMO are diverse, and in part related to the ECMO equipment, the impact of the technique, and the medical condition of the neonates and infants. The ECMO equipment alters drug exposure through adsorption by circuit components. This is to a certain extent drug specific, and is more pronounced for drugs with high lipophilicity. The need for ECMO will result in shift in fluid balance, capillary leak and also in renal impairment. Acute kidney injury is common in ECMO or cardiac bypass cases. Finally, the medical condition like sepsis or cardiac failure in itself will affect PK. These non-maturational factors add to the maturational PK of many drugs in neonates, different from those in adults.

According to the current literature, we are aware that many pharmacological treatments in neonates and infants undergoing ECMO have not been fully studied and the risk–benefit ratios are not clearly defined. The aim of this literature review is therefore to provide an overview of the effects of ECMO on drug PK parameters in neonates (postnatal age (PNA) 0–28 days) and infants (birth–1 year old), specifically Cl, Vd and t½ with recommended doses.

METHODS

A systematic literature search was performed on MEDLINE (National Library of Medicine PubMed) of all literature between January 1994 and February 2022 in the PubMed database in September 2022. The search was made using the following keywords: “pharmacokinetics”, “extracorporeal membrane oxygenation”, “infant, newborn”. In MEDLINE, the corresponding Medical Subject Headings (MeSH) search strategy for these search terms as the main heading (descriptor) was used. ‘AND’ was used to separate the main search terms. Papers meeting the following criteria were accepted for the study:

- Full text written in English.
- Concerned the human species.
- Research articles (clinical study, comparative study, multicentre study, observational study, etc).
- The reporting of a PK parameter for at least one of the ADME.
- Full text is available.
- The references and citations of the retained papers were checked (backward snowball method).
- If necessary, additional paper added by the authors.

Articles were excluded if the study population did not include neonates/infants, or if only ECMO (for example, concomitant continuous renal replacement therapy (CRRT)) was not applied. Also, case reports, case series, reviews, commentaries and guidelines were excluded, as we only focused on population PK (popPK) studies. Physiologically based PK and therapeutic drug monitoring (TDM) studies were excluded. Full texts for all papers were retrieved through various research databases.

First, the titles of all articles were screened. If the relevance was unsure, the abstract was subsequently read. Finally, the resulting selected articles were thoroughly studied, and the references were screened for secondary inclusion after both authors (NS and NY) reach a consensus. All references and citations of the included articles were verified, and no additional studies were identified to be included. Furthermore, an additional search was performed by the authors using the keywords “pharmacokinetics”, “extracorporeal membrane oxygenation” and “paediatrics” from MeSH search terms to identify studies with the paediatric population that included newborn and/or infant patients undergoing ECMO circuit.

Patient and public involvement

This study was done without the participation of patients or parents. Patients or parents were not invited to comment on the trial design, nor were they contacted to define patient-relevant outcomes or interpret the findings. Patients or parents were not asked to help write or revise this text for readability or accuracy.

RESULTS

In this search, a total of 16 papers were retained with the keywords “pharmacokinetics”, “extracorporeal membrane oxygenation”, “infant, newborn”. One article related to morphine metabolite was excluded because it was a follow-up to another article with the same study protocol and population. There are also three additional papers from 135 results added by the authors from children’s studies including newborns and/or infants’ data. In this manner, the literature review was completed with a total of 18 papers. The articles were published in the MEDLINE database starting in 1994 (one report before 2000, four between 2000 and 2009, seven between 2010 and 2019, and six reports from 2020 onwards), with a variety of nations participating (depending on the

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Antimicrobials

Vancomycin

Similar results were observed for vancomycin Cl, while findings on Vd were consistent between the four studies retrieved (table 2). In all of these studies, it was observed that while Cl decreased, Vd increased for the patients undergoing ECMO circuits. In the study of Cies et al,\(^{18}\) the vancomycin Cl increased in the presence of ECMO, so it was suggested to use a higher dose in these patients. The authors attributed this increased Cl to the specific ECMO circuit used. In all of these studies, the target range for vancomycin trough concentration was determined as greater than 10 mg/L,\(^{18}\) less than 15 mg/L,\(^{19,20}\) or 5–15 mg/L.\(^{21}\) In addition, in these four articles, the Vd of vancomycin increased in the presence of ECMO, but it not statistically significant in the individual studies.

In the Zylbersztajn et al study,\(^{19}\) the PK/PD target was a ratio of >400 of the area under the curve to the minimum inhibitory concentration (AUC/MIC). Weight was also included as a covariate on both central Vd and Cl, and serum creatinine was also included on Cl for vancomycin. Furthermore, four vancomycin PK profiles met the lower PK/PD target, three of which corresponded to a dose of 15 mg/kg every 6 hours. A total of 63.6% of patients met the therapeutic achievement for sufficient exposure across all dosage intervals.

Moffett et al\(^{22}\) described the PK of vancomycin in paediatric patients undergoing ECMO and provided dosing recommendations. Serum creatinine level and
postmenstrual age were significant factors for CL, patient age for central Vd and albumin for peripheral Vd in this investigation. Furthermore, the simulation indicated a dosage of 25–30 mg/kg/dose every 12–24 hours as having the largest percentage of individuals with an AUC for 24 hours larger than 400 and trough values less than 15 mg/L. Serum vancomycin concentration monitoring is recommended in paediatric patients undergoing ECMO circuits.

Meropenem

Two studies looked at meropenem (table 3). Because of the low meropenem adsorption in the ECMO circuit and the high dialysate rate in CRRT, the effects of ECMO and CRRT vary. This is mostly due to meropenem’s chemical characteristics. According to Wang et al’s study23 about a popPK model of meropenem in children with sepsis receiving extracorporeal life support, the PK characteristics of meropenem were not affected by ECMO intervention. Furthermore, ECMO and CRRT can raise Vd due to the extracorporeal circuits, although this study indicated that the impact on meropenem concentration was smaller than previously documented haemofilters. In summary, there were no significant changes in PK parameters observed in children with sepsis who were receiving ECMO. However, this study harbours some conspicuous limitations due to limited data and sample size. For this reason, we need more data on meropenem for children with sepsis undergoing ECMO circuit.

Zylbersztajn et al9 described primary PK/PD parameters of meropenem and vancomycin in paediatric patients undergoing ECMO. For meropenem, weight was added as a covariate on volume of the central compartment. To conclude, the authors suggested that maximal meropenem dose using a prolonged infusion and at least current vancomycin dosing with TDM are required to achieve adequate PK/PD targets in this patient population (table 3).

Fluconazole

The ECMO circuits can alter drug PK; therefore, standard fluconazole dosing may result in suboptimal drug exposures and efficacy. According to Watt et al’s study24 the fluconazole Vd was increased in neonates and infants supported by ECMO. Although the fluconazole Cl was not changed in neonates, it was increased in infants undergoing ECMO. As a result, children on ECMO who develop invasive candidiasis require a fluconazole loading dose of 35 mg/kg, followed by a daily maintenance dose of 12 mg/kg to achieve exposures comparable with those obtained in children who are not on ECMO and are loaded with 25 mg/kg and maintained on 12 mg/kg daily. However, children above the age of 2 years are under-represented in this study, and the findings should be generalised with caution to this demographic. As a result, confirmatory prospective clinical studies evaluating fluconazole exposure, safety and effectiveness in this group are required (table 4).

Gentamicin

Two articles examining the popPK of gentamicin in the presence of ECMO were reviewed. Dodge et al25 show that while undergoing ECMO, neonates have a higher Vd for gentamicin, a lower Cl and a much longer t1/2. Based on these findings, the required peak and trough plasma gentamicin concentrations for neonates receiving ECMO circuits (5–8 and 2 g/mL, respectively) were achieved. They recommended a loading dose of gentamicin (4.3 mg/kg) and a maintenance dose (3.7 mg/kg every 18–24 hours) followed by monitoring of serum concentrations and appropriate dose adjustments thereafter. Moffett et al25 found that children had elevated trough concentrations when gentamicin dosed according to standard dosing procedures. Therefore, fat-free mass should be used to dose gentamicin in patients undergoing ECMO circuit. Serum creatinine is also a marker of gentamicin Cl and should be used to change gentamicin dose in paediatric patients (table 5). In all of these studies, the target range for gentamicin peak concentration was determined as approximately 6 mg/L.

| Table 1 | Study characteristics (N=18) |
|---------|-----------------------------|
| Characteristics | n |
| Type of study | |
| Prospective observational | 11 |
| Retrospective observational | 6 |
| Prospective and retrospective | 1 |
| Drug | |
| Vancomycin | 4 |
| Meropenem | 2 |
| Fluconazole | 1 |
| Gentamicin | 2 |
| Cefepime | 2 |
| Midazolam | 2 |
| Phenobarbital | 2 |
| Theophylline | 1 |
| Clonidine | 1 |
| Morphine | 1 |
| Cefotaxime | 1 |
| ECMO modality | |
| Veno-venous | — |
| Veno-arterial | 2 |
| Mixed | 16 |
| Pharmacokinetic parameters | |
| Absorption | — |
| Distribution | 16 |
| Metabolic clearance | 2 |
| Renal clearance | 17 |
| ECMO, extracorporeal membrane oxygenation. | |

was smaller than previously documented haemofilters. In summary, there were no significant changes in PK parameters observed in children with sepsis who were receiving ECMO. However, this study harbours some conspicuous limitations due to limited data and sample size. For this reason, we need more data on meropenem for children with sepsis undergoing ECMO circuit.

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Table 2  Characteristics of the studies, PK and dose recommendations related to vancomycin

| Study                        | n   | PNA Weight | Type | Group    | Model                  | Administered dose | Vd | CL | t_{1/2} (hours) | Recommended dose |
|------------------------------|-----|------------|------|----------|-----------|------------------------|------------------|----|----------------|-----------------|
| Mulla and Pooboni,21 UK*     | 15  | 8.2        | 3.5  | Children | 2-compartment with WinNonMix | 10–15 mg/kg every 6–24 hours | 0.45±0.1 L/kg↑ | 0.04±0.02 L/kg/hour↑ | 10.40±6.67 — |  
| Cies et al,18 USA†‡          | 12  | 9.5        | 3.1  | Neonates | 1-compartment with Pmetrics | 10–15 mg/kg every 8–24 hours | 1.2±0.4 L/kg↑ | 0.21±0.08 L/kg/hour↑ | 14.1±6.9 — |  
| Zylbersztajn et al,19 Chile§ | 24  | (2–132) months | 10 (3.5–37) | Children | 2-compartment with Pmetrics | 10–15 mg/kg every 6–12 hours | 0.42±0.28 L/kg↑ | 0.06±0.05 L/kg/hour↔ | — | Across each dosing interval, 63.6% of patients achieved the PK/PD targets for adequate exposure.  
| Moffett et al,20 USA§‡        | 28  | 0.64 (0.07–6.7) years | 7.6 (3.7–21.9) | Children | 2-compartment with NONMEM | 25 mg/kg every 18 hours for neonates 30 mg/kg every 12 hours for infants | Vd_{central}: 0.36 L/kg↑ Vd_{peripheral}: 0.46L/kg↑ | 0.06 L/kg/hour↔ | 25–30 mg/kg/dose every 12–24 hours with serum concentration monitoring is a reasonable empirical dosing strategy to obtain an area under the curve for 24hours greater than 400. |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

*The reference range for serum vancomycin concentrations was trough 5–15 mg/L.
†The reference range for serum vancomycin concentrations was trough >10 mg/L.
‡De Hoog et al’s neonatal PK data were used to compare Vd (0.57–0.69 L/kg) and Cl (0.04–0.09 L/kg/hour).
§The reference range for serum vancomycin concentrations was trough <15 mg/L.
GL, clearance; ECMO, extracorporeal membrane oxygenation; I, infants; N, neonates; NONMEM, non-linear mixed-effects modelling; P, prospective; PD, pharmacodynamics; PK, pharmacokinetics; PNA, postnatal age; R, retrospective; t_{1/2}, elimination half-life; VA, veno-arterial; Vd, volume of distribution; VV, veno-venous.
### Table 3  Characteristics of the studies, PK and dose recommendations related to meropenem

| Study | n | PNA | Weight | Type | Group | Model | Modality | Administered dose | Vd | CL | t₁/₂ (hours) | Recommended dose |
|-------|---|-----|--------|------|-------|-------|----------|------------------|----|----|--------------|------------------|
| Wang et al, China | 23 | 9* | 2.00 (0.71–3.88) years | P | Children | 2-compartment with first-order elimination with NONMEM | W–VA | 20-40 mg/kg every 8 hours | — | 11.59 (5.92–20.19) vs 13.51 (3.71–20.80) L/hour | ↓ 14.2% (compared with controls) | The authors recommended the optimised dosing regimens for children with sepsis receiving ECMO depending on the PTA of PK target 50% t-MIC and 100% t-MIC, for children with sepsis during ECMO with different body weight, estimated Cl and MIC of bacteria. |
| Zylbersztajn et al, Chile | 9 | 48 (2–165) months | 16 (3.5–45) | P | Children | 2-compartment with Pmetrics | W–VA | 20-40 mg/kg every 8–12 hours | 0.289±0.295 L/kg | 0.139±0.102 L/hour/kg | — | Across each dosing interval, 91% of patients achieved the PK/PD targets for adequate exposure for meropenem. Higher dosing with extended infusion was needed in the meropenem administration. |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

*Number of patients undergoing only ECMO circuit.

Cl, continuous infusion; CL, clearance; ECMO, extracorporeal membrane oxygenation; MIC, minimum inhibitor concentration; NONMEM, non-linear mixed-effects modelling; P, prospective; PD, pharmacodynamics; PK, pharmacokinetics; PNA, postnatal age; PTA, probability of target attainment; t₁/₂, elimination half-life; VA, veno-arterial; Vd, volume of distribution; VV, veno-venous.

### Table 4  Characteristics of the studies, pharmacokinetics and dose recommendations of isolated studies on fluconazole

| Study | n | PNA | Weight | Study design | Group | Model | Modality | Administered dose | Vd | CL | t₁/₂ (hours) | Recommended dose |
|-------|---|-----|--------|-------------|-------|-------|----------|------------------|----|----|--------------|------------------|
| Watt et al, USA | 24 | 40 | 22 | 3.4 | P | Infants | 1-compartment with NONMEM | W | 25 mg/kg loading dose followed by 12 mg/kg/day maintenance therapy | For neonates (ECMO vs non-ECMO): 1.5 (1.3–1.8) vs 0.96 (0.55–1.4) L/kg | 0.018 (0.013–0.043) vs 0.018 (0.008–0.042) L/hour/kg | For neonates (ECMO vs non-ECMO): 12 mg/kg for prophylaxis 35 mg/kg for invasive candidiasis treatment |
| | | | | | | | | | | | | |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

Cl, clearance; ECMO, extracorporeal membrane oxygenation; NONMEM, non-linear mixed-effects modelling; P, prospective; PNA, postnatal age; t₁/₂, elimination half-life; Vd, volume of distribution; W, veno-venous.
Table 5 Characteristics of the studies, pharmacokinetics and dose recommendations related to gentamicin

| Study                  | n   | PNA     | Weight | Study design  | Group                  | Model   | Modality   | Administered dose | Vd     | CL            | t1/2 (hours) | Recommended dose |
|-----------------------|-----|---------|--------|--------------|------------------------|---------|------------|-------------------|--------|---------------|--------------|-----------------|
| Dodge et al.          | 11  | 37–42 PMA | 2.67–5.10 | P            | Neonates and infants | 1-compartment with NPEM | VV–VA   | 2.5 mg/kg loading dose and every 8–12 hours maintenance dose | From 0.748 L/kg to 0.471 L/kg after ECMO was discontinued | 138.7% | From 9.24 hours to 3.87 hours after ECMO was discontinued | 4.3 mg/kg loading dose | 3.7 mg/kg every 18–24 hours of maintenance dose |
| Moflett et al.        | N: 28 | 0.17 (0.12–0.82) months | 3.1 (2.4–3.8) | R            | Mostly neonates and infants | 2-compartment with NONMEM | VV–VA   | 1.8 mg/kg/dose | 0.60 L/kg | 0.03 L/kg/hour | –             | Children with elevated serum creatinine values should have extended dosing intervals (4–5 mg/kg/day) |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

CL, clearance; ECMO, extracorporeal membrane oxygenation; I, infants; N, neonates; NONMEM, non-linear mixed-effects modelling; NPEM, non-parametric expectation and maximisation; P, prospective; PMA, postmenstrual age; PNA, postnatal age; R, retrospective; t1/2, elimination half-life; V A, veno-arterial; Vd, volume of distribution; VV, veno-venous.

Cefotaxime can be excreted unchanged after hepatic conversion into its active metabolite or via the renal system.
### Table 6: Characteristics of the studies, pharmacokinetics and dose recommendations of isolated studies on cefotaxime

| Study                | n   | PNA            | Weight     | Study design | Group | Model                        | Administered dose                  | Vd                          | CL                | t₁/₂ (hours) | Recommended dose |
|----------------------|-----|----------------|------------|--------------|-------|------------------------------|-----------------------------------|------------------------------|------------------|---------------|----------------|
| Ahsman et al. <sup>30</sup> the Netherlands | 37  | 3.3 (0.67–199) | 3.5 (2.0–6.2) | P            | 1 group | Neonates 1-compartment with NONMEM | 50 mg/kg every 12 hours (PNA <1 week)          | ECMO vs non-ECMO: 1.82 L vs 0.68–1.14 L | 3.5 hours | The standard cefotaxime dose regimen provides a sufficiently high t>MIC in infants undergoing ECMO. |
|                      |     |                |            |              |       |                              | 50 mg/kg every 8 hours (1<PNA<4 weeks) | ECMO vs non-ECMO: 159.6%–167.6% |                  |               |               |
|                      |     |                |            |              |       |                              | 37.5 mg/kg every 6 hours (PNA >4 weeks) | ECMO vs non-ECMO: 0.36 L/hour vs 0.20–0.55 L/hour |                  |               |               |
|                      |     |                |            |              |       |                              |                                   | **↑59.6%–167.6%** |                  |               |               |
|                      |     |                |            |              |       |                              |                                   | **↔3.5 hours** |                  |               |               |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

CL, clearance; ECMO, extracorporeal membrane oxygenation; MIC, minimum inhibitor concentration; NONMEM, non-linear mixed-effects modelling; P, prospective; PNA, postnatal age; t₁/₂, elimination half-life; VA, veno-arterial; Vd, volume of distribution; VV, veno-venous.

### Table 7: Characteristics of the studies, pharmacokinetics and dose recommendations of isolated studies on cefepime

| Study                | n   | PNA            | Weight     | Study design | Group | Model                        | Administered dose                  | Vd                          | CL                | t₁/₂ (hours) | Recommended dose |
|----------------------|-----|----------------|------------|--------------|-------|------------------------------|-----------------------------------|------------------------------|------------------|---------------|----------------|
| Thibault et al. <sup>27</sup> USA | 9/17 | 0.5 (0.2–2.5) months | 4.4 (3.5–4.6) | P            | 1 group | Children 2-compartment with NONMEM | 50 mg/kg every 8–24 hours or 100–150 mg/kg/day continuous infusion | Vd<sub>central</sub>+Vd<sub>peripheral</sub>=0.6 L/kg | 410 mL/hour/4.5 kg | —             | Dosing regimens of 50 mg/kg every 8 hours reached optimal concentrations at an MIC of 8 mg/L based on simulations. |
|                      |     |                |            |              |       |                              |                                   | **↑250%** |                  |               |               |
|                      |     |                |            |              |       |                              |                                   | 7.1 mL/min/5.8 kg                  | —                |               | For free cefepime, only 14 of the 19 doses (74%) demonstrated an IT-MIC of 16 mg/L, an appropriate target for the treatment of pseudomonal infections, for greater than 70% of the dosing interval. |
| Zuppa et al. <sup>31</sup> USA | 17  | 1.3–22 months  | 3.3–10     | P            | 1 group | Infants 2-compartment with NONMEM | 50 mg/kg every 8–24 hours            | Vd<sub>central</sub>+Vd<sub>peripheral</sub>=0.4 L/kg | 7.1 mL/min/5.8 kg | —             |               |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

CL, clearance; ECMO, extracorporeal membrane oxygenation; MIC, minimum inhibitor concentration; NONMEM, non-linear mixed-effects modelling; P, prospective; PNA, postnatal age; t₁/₂, elimination half-life; VA, veno-arterial; Vd, volume of distribution; VV, veno-venous.
Clonidine is used for sedation in the critically ill pediatric population, especially in neonates and infants. For this reason, Kleiber et al. suggested titrating clonidine as PK parameters are lacking in at-risk patients. However, clonidine during ECMO cannot be effectively titrated as PK parameters are lacking in at-risk patients. Clonidine is used for sedation in the critically ill pediatric population, especially in neonates and infants. For this reason, Kleiber et al. suggested titrating clonidine as PK parameters are lacking in at-risk patients. However, clonidine during ECMO cannot be effectively titrated as PK parameters are lacking in at-risk patients.

In the study evaluating the PK of clonidine in children on ECMO, the authors aimed to describe clonidine PK in a particular ECMO system and propose dosing guidelines for children on ECMO. They determined the MR, a surrogate measure of CYP3A activity, as being higher than previous reports in (pre) term neonates undergoing ECMO. Ahsman et al. also reported that concomitant use of other medications significantly altered clonidine PK in a particular ECMO circuit.

In contrast to previous reports, the authors found a significantly altered Vd in ECMO patients. They suggested bolus dosage was 5 mg/kg, and the maximum recommended dose was 5 mg/kg/hour. As a consequence, the maximum recommended dose was 5 mg/kg/hour. It is estimated that this is due to the difference in the ECMO circuit construction and the authors retained by the same authors.17 33 In the first study, morphine Cl was lower in neonates (PNA 7 days) than in postoperative cases on ECMO. Similar to the findings on phenobarbital, the authors stated that Cl was affected by size and age. However, ahsman et al. did not report a correlation between Cl and duration of infusion or PNA. They also determined the MR, a surrogate measure of CYP3A activity, as being higher than previous reports in (pre) term neonates undergoing ECMO. Ahsman et al. also reported that concomitant use of other medications significantly altered clonidine PK in a particular ECMO circuit. Clonidine Cl levels in children on ECMO were similar to those found in patients not on ECMO. Furthermore, Cl rose sharply at days 6, 8, and 10, respectively, with PNA, reaching 30%, 50%, and 70% of the adult Cl level.

The study evaluating the PK of clonidine in children on ECMO revealed a significantly altered Vd in ECMO patients. In the study evaluating the PK of midazolam in children on ECMO, the authors stated that Cl was affected by size and age. However, ahsman et al. did not report a correlation between Cl and duration of infusion or PNA. They also determined the MR, a surrogate measure of CYP3A activity, as being higher than previous reports in (pre) term neonates undergoing ECMO. Ahsman et al. also reported that concomitant use of other medications significantly altered clonidine PK in a particular ECMO circuit. Clonidine Cl levels in children on ECMO were similar to those found in patients not on ECMO. Furthermore, Cl rose sharply at days 6, 8, and 10, respectively, with PNA, reaching 30%, 50%, and 70% of the adult Cl level.

Table 8 Characteristics of the studies, pharmacokinetics and dose recommendations related to midazolam

| Study                  | n  | PNA | Weight | Study design | Group           | Model                  | Modality       | Administered dose                              | Vd                  | CL               | t1/2 (hours) | Recommended dose |
|------------------------|----|-----|--------|-------------|-----------------|------------------------|-----------------|-----------------------------------------------|---------------------|------------------|---------------|------------------|
| Mulla et al,19 UK      | 19 | 3.8 | 3.4    | Random 2 groups | Neonates 1-compartment with WinNonMix | VV-VA | 50–250 µg/kg/hour | From 0.8±0.5 to 4.1±0.5 L/kg | 1412.5% | 1.4±015 mL/kg | From 6.8 (2.2–39.8) to 33.3 (7.4–178) | LD: 350 µg/kg/hour for 6 hours |
| Ahsman et al,30 the Netherlands | 20 | 0.79| 3.0    | P 1 group | Neonates 2-compartment model for midazolam and a one-compartment model for the metabolites with NONMEM | VA | LD: 0.2 mg/kg bolus | Midazolam: 14.6 L/kg | 1-Hydroxymidazolam: 20.2 L/kg | 240.3% | Midazolam: 1.38 L/hour/3 kg | MD: 300 µg/kg/hour for 6 hours | MD: 50 µg/kg/hour |
|                        |    |     |        |             |                 |                        |                 | Hydroxymidazolam glucuronide: 1.21 L/kg | 300.0% |                  |               |                  |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

CI, continuous infusion; CL, clearance; ECMO, extracorporeal membrane oxygenation; LD, loading dose; MD, maintenance dose; NONMEM, non-linear mixed-effects modelling; P, prospective; PNA, postnatal age; t1/2, elimination half-life; VA, veno-arterial; Vd, volume of distribution; VV, veno-venous.
These elimination clearances were correlated positively with ECMO flow and negatively correlated with dopamine dose. However, Peters et al suggested that dopamine is very likely not causally associated with decreased Cl, but rather a reflection of poorer circulation (table 10).

Phenobarbital is an anticonvulsant still commonly used in neonates and infants undergoing ECMO to treat seizures and Withdrawal symptoms, with midazolam as a commonly used second-line drug to treat seizures or to sedate the newborn. The distribution of phenobarbital, a lipophilic drug, was not affected by ECMO as the sodium salt formulation has good water solubility (log p=1.77). In contrast, it was shown in two studies that the distribution of midazolam increased. Pokorná et al found similar high interindividual PK variability for Vd and Cl and no statistical differences in Vd or Cl. The authors assumed that the physicochemical characteristics of phenobarbital resulted in differences in the distribution in comparison with ECMO-induced changes for typical lipophilic drugs. Michaličková et al found that the phenobarbital Cl increased in the time interval (days 1–12) studied within 12 days. Both (body weight and PNA) reflect maturational covariates. Furthermore, there was still high unexplained variability. In both studies, the suggested target range for phenobarbital therapeutic concentration was 10–40 mg/L.

Thibault et al created a popPK model for intravenous phenobarbital in neonates following cardiac surgery and ran simulations to find the optimal dose regimens and target concentrations with maintenance doses of 0.5 mg/kg/day. The purpose of this study was to assess on ECMO, attributed to reduced renal elimination Cl.

Table 9 Characteristics of the studies, pharmacokinetics and dose recommendations of isolated studies on clonidine

| Study                  | n   | PNA                        | Weight | Study design | Group          | Model                | Modality       | Administered dose | Vd       | CL      | t1/2 (hours) | Recommended dose |
|------------------------|-----|----------------------------|--------|--------------|----------------|----------------------|----------------|-------------------|----------|---------|--------------|------------------|
| Kleiber et al, the Netherlands | 22  | 1 (IQR 6.4) month          | 4      | P            | Children       | 1-compartment with NONMEM | VV-VA         | 0.24 (0.15) µg/kg/hour infusion | 454 L/70 kg at ECMO start | 29.9 L/hour/70 kg at ECMO start | –              | The authors simulated the number of bolus doses of 5 µg/kg needed to reach the target concentration of 2 ng/mL within 1 hour: three repeated bolus doses of 5 µg/kg were needed. |
| Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study. CL, clearance; ECMO, extracorporeal membrane oxygenation; NONMEM, non-linear mixed-effects modelling; P, prospective; PNA, postnatal age; t1/2, elimination half-life; VA, veno-arterial; VD, volume of distribution; VV, veno-venous. |
the effect of changed protein binding or, more likely, positive fluid balance in phenobarbital dosing (table 11).

Theophylline

According to Mulla et al’s study [37] that determined popPK for theophylline during ECMO from routine monitoring data, the estimated Cl is significantly lower and Vd higher than previously reported in non-ECMO patients of similar age. These variations are most likely due to the increased circulation volume during ECMO as well as decreased renal and hepatic function in this population. The high interindividual variability reflects the varied character of ECMO patients (table 12).

DISCUSSION

Most of the studies included in the review were on antimicrobials including vancomycin, meropenem, fluconazole, gentamicin, cefotaxime and cefepime. This confirms the pattern on drug utilisation described by Buck in 2003 [39] that these drugs are hydrophilic, have a rather low Vd (L/kg) and a narrow therapeutic range. Vd relates the amount of drug in the body to the plasma concentration of the drugs, depending on the fluid in which concentration is measured. [38] Vd depends on substance characteristics and patient factors which can be different between neonates and adults.

In this literature review, because drug Cl is difficult to predict due to dynamic ontogenetic changes in renal function, ECMO received by neonates and infants without concomitant CRRT was included to avoid heterogeneity. [39] Therefore, target concentration intervention based on serum concentrations is indispensable to ensure therapeutic exposure in this population.

Most studies found that patients undergoing ECMO had higher Vd and lower Cl than non-ECMO patients. The PK differences in which we have the highest confidence are from trials that included non-ECMO comparison groups. However, the bulk of the studies did not include non-ECMO comparator groups, and the comparisons were based on PK data provided in other published data. [40] The differences in Vd and Cl of some of the studied drugs, such as vancomycin, between ECMO and non-ECMO controls demonstrated significant intrastudy variability, with some studies showing increased values for the PK parameters, [31-36] while others showed decreased values or no change. [23-24, 41]

In this literature review, most studies evaluated both VV and VA modalities of ECMO together. According to Bhatt-Mehta et al’s study, [42] there was no statistically significant difference between VA and VV bypass type in terms of Vd (0.61±0.15 vs 0.74±0.23 L/kg), Cl (0.157±0.046 vs 0.199±0.085 L/hour) and t $1/2$ (10.04±2.45 vs 10.75±3.43 hours) (p>0.05). [42] Therefore, it is estimated that none of the included studies assessed the VV–VA difference in terms of PK parameters.

In general, changes in tissue distribution caused by a severe illness are more likely to be clinically important
### Table 11: Characteristics of the studies, pharmacokinetics and dose recommendations related to phenobarbital

| Study                        | n  | PNA  | Weight  | Type  | Group   | Model                  | Modality  | Administered dose | Vd     | CL               | t_{1/2} (hours) | Recommended dose                                                                 |
|------------------------------|----|------|---------|-------|---------|------------------------|-----------|--------------------|--------|------------------|----------------|--------------------------------------------------------------------------------|
| Michaličková et al, 34 Czech Republic | 13 | 2    | 3.21    | R     | Neonates | 1-compartment with NONMEM | VV–VA     | LD: 7.5 mg/kg (8.5–16 mg/kg) MD: 6.9 mg/kg/day (4.5–8.5 mg/kg/day) | 2.72 L | 0.0096 L/hour     | —               | In the first 12 days of ECMO with a regimen of an LD of 20 mg/kg and an MD of 4 mg/kg/day divided in two doses with an increase of 0.25 mg/kg every 12 hours during ECMO. |
| Thibault et al, 36 USA       | 12/37* | 5    | 3.2 (1.3–3.8) | R     | Neonates | 1-compartment with first-order elimination with NONMEM | VV–VA     | LD: 15–20 mg/kg MD: 3–6 mg/kg/day | ↑22% (normalisation of albumin values from 2.5 mg/dL to 3.5 mg/dL decreased the estimated volume by 13%) | ↑114% (over the first 20 days of life) | — | LD of 30 mg/kg achieved goal peak concentration. MD of 4–6 mg/kg/day sustained goal trough concentration. |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study. *Number of patients undergoing only ECMO circuit.

### Table 12: Characteristics of the studies, pharmacokinetics and dose recommendations related to theophylline

| Study                        | n  | PNA  | Weight  | Study design                | Group   | Model                  | Modality  | Administered dose | Vd     | CL             | t_{1/2} (hours) | Recommended dose                                                                 |
|------------------------------|----|------|---------|-----------------------------|---------|------------------------|-----------|--------------------|--------|-----------------|----------------|--------------------------------------------------------------------------------|
| Mulla et al, 37 UK           | N: 38 | ± 14 | 8.4±5.9 for neonates 122±107 for infants | R 1 group compared with the literature | Children | 1-compartment with first-order elimination with WinNonMix Professional | VV–VA     | 9.2±2.6 µg/kg/min infusion | The interindividual variability ↑40% | The interindividual variability ↓38% | — | Maintenance infusion rates following an initial loading dose (0.57×weight (kg)×10 mg/L). Maintenance infusion rate calculated from: average steady-state concentration=rate of infusion/clearance (using clearance parameters determined in the final model). |

Boldfaced fonts represent comparisons with controls within the same study. In other studies, they represent comparisons with non-ECMO neonates from a different published study.

CL, clearance; ECMO, extracorporeal membrane oxygenation; I, infants; N, neonates; PNA, postnatal age; R, retrospective; t_{1/2}, elimination half-life; VA, veno-arterial; Vd, volume of distribution; VV, veno-venous.
for hydrophilic drugs that lack meaningful intracellular penetration and so have a low Vd.\textsuperscript{43} Also, because neonates have a larger proportion of body water, the Vd per kg for water-soluble substances may be higher.\textsuperscript{44} In addition to all these factors, it is reasonable to expect that the Vd of hydrophilic drugs will increase once the ECMO circulation is connected. This can be attributed to the circuit itself, as well as to the additional capillary leak commonly observed in these patients. To further illustrate this, all studies examining vancomycin and gentamicin consistently showed an increased Vd in neonates undergoing ECMO.\textsuperscript{49}

Critical illness may significantly affect dexmedetomidine PK, mainly through decreased hepatic metabolism and elevated Vd induced by organ failure and inflammation, which may be modified further by the presence of ECMO. Increases in Cl result in higher dexmedetomidine concentrations, while increases in Vd result in lower concentrations. According to Thibault and Zuppa,\textsuperscript{45} exploration of PK data using previously published models resulted in overprediction of observed values, which might have theoretically suggested higher Vd and Cl. Adding a component on Vd, on the other hand, did not enhance their goodness-of-fit plots, implying that increasing Vd does not explain their findings. This study found that popPK models that are relevant to a wide range of ages and diseases are more feasible in paediatric critical care settings but more difficult to design.

As a final reflection, we wanted to mention that we could not retrieve reports on any subsequent validation study for the adapted dosing regimens suggested. Furthermore, the reporting on toxicity and safety in these popPK studies is not present in these papers, so additional studies to validate the adapted dosing regimens on efficacy and toxicity are warranted.\textsuperscript{41} From a methodological perspective, better descriptions on the pathophysiology over time can be very useful to feed (patho)physiology-based PK models as illustrated for fluconazole PK over the human age span, including neonates.\textsuperscript{8, 46} Previously, Hoie et al\textsuperscript{47} had recommended a vancomycin dose of 20 mg/kg at an 18-hour interval for infants on ECMO with serum creatinine levels of <1.5 mg/dL. However, Amaker et al\textsuperscript{41} data indicate that infants on ECMO with serum creatinine levels of <1.5 mg/dL should be given vancomycin no more frequently than every 24 hours. In comparison with previously published data, the neonates undergoing ECMO in this study demonstrated a much larger Vd, a lower Cl and a longer t\textsubscript{1/2} with an individual PK study.

This paper has its strengths and limitations. The predefined approach to focus on popPK studies has limitations, but these methods do provide the best approach to analyse trends over time, as well as covariates involved. Furthermore, the search strategy was structured, but not compliant with all guidelines (like number of databases searched) relevant for a meta-analysis.

CONCLUSION

The aim of this paper was to determine the effect of ECMO use on PK in neonates, based on a systematic assessment of popPK studies. At present, there are a limited number of popPK studies for a limited number of compounds reported in neonates undergoing ECMO. Despite some differences in results for the same drug, the general pattern suggests an increase in Vd and t\textsubscript{1/2}, with a stable to decreased Cl, and an increase in intrapatient and interpatient variability on ECMO. There were no relevant toxicity and safety parameters reported, including in those studies with more than 100% increased PK parameters. Therefore, we recommend more studies to address this toxicity and safety concern. Consequently, and if possible, TDM and target concentration intervention are strongly recommended to determine the appropriate exposure and doses for neonates undergoing ECMO.

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