Altered functional connectivity architecture of the brain in medication overuse headache using resting state fMRI

Zhiye Chen¹²³, Xiaoyan Chen², Mengqi Liu¹³, Zhao Dong², Lin Ma¹* and Shengyuan Yu²*

Abstract

Background: Functional connectivity density (FCD) could identify the abnormal intrinsic and spontaneous activity over the whole brain, and a seed-based resting-state functional connectivity (RSFC) could further reveal the altered functional network with the identified brain regions. This may be an effective assessment strategy for headache research. This study is to investigate the RSFC architecture changes of the brain in the patients with medication overuse headache (MOH) using FCD and RSFC methods.

Methods: 3D structure images and resting-state functional MRI data were obtained from 37 MOH patients, 18 episodic migraine (EM) patients and 32 normal controls (NCs). FCD was calculated to detect the brain regions with abnormal functional activity over the whole brain, and the seed-based RSFC was performed to explore the functional network changes in MOH and EM.

Results: The decreased FCD located in right parahippocampal gyrus, and the increased FCD located in left inferior parietal gyrus and right supramarginal gyrus in MOH compared with NC, and in right caudate and left insula in MOH compared with EM. RSFC revealed that decreased functional connectivity of the brain regions with decreased FCD anchored in the right dorsal-lateral prefrontal cortex, right frontopolar cortex in MOH, and in left temporopolar cortex and bilateral visual cortices in EM compared with NC, and in frontal-temporal-parietal pattern in MOH compared with EM.

Conclusions: These results provided evidence that MOH and EM suffered from altered intrinsic functional connectivity architecture, and the current study presented a new perspective for understanding the neuromechanism of MOH and EM pathogenesis.

Keywords: Medication overuse headache, Functional connectivity density, Functional connectivity, Brain, Magnetic resonance imaging
of motivational circuits [1], and abnormal connectivity between the PAG and other pain modulatory (frontal) regions in MOH were consistent with dysfunctional central pain control recently [7]. The previous study also confirmed that the functional connectivity of marginal division of neostriatum increased in MOH compared with EM [4]. Make a general survey of functional connectivity, the selected seed points analysis was based on the documents with some prior knowledge and constrained the degree of functional connectivity changes on the priori selection of specific seed regions, which would generate subjective bias in evaluating the intrinsic functional changes over the whole brain. Therefore, it was very important to define the seed points of functional connectivity to understand the pathophysiology in MOH.

FCD was a voxel-wise data-driven method to calculate the functional connectivity over the whole brain and would overcome the limitations of seed-based approaches for the identification of functional hub in the human brain [8, 9], although seed-based approaches did so to test very specific hypotheses in migraine [4, 10, 11] while not totally detected the other unreported brain regions with alter functional hub in migraine. FCD had been used to identify the abnormal functional connectivity in children with attention-deficit/hyperactivity disorder [12], gender differences in cognitive style and behaviors and in the prevalence of neuropsychiatric diseases [13], Balance in Young Patients with Traumatic Axonal Injury [14], Parkinson’s disease [15], and pain-related brain regions of female migraine patients without aura [16]. However, FCD over the whole brain was not applied to detect the abnormal functional hub in migraine. FCD had been used to identify the abnormal functional connectivity in children with attention-deficit/hyperactivity disorder [12], gender differences in cognitive style and behaviors and in the prevalence of neuropsychiatric diseases [13], Balance in Young Patients with Traumatic Axonal Injury [14], Parkinson’s disease [15], and pain-related brain regions of female migraine patients without aura [16]. However, FCD over the whole brain was not applied to detect the abnormal functional hub in migraine.

In this study, we would hypothesize that disrupted functional connectivity of the brain presented in MOH patients. To address the hypothesis, FCD was performed to identify the brain regions with abnormal functional hubs over the whole brain in MOH, episodic migraine (EM) and normal controls (NC). Secondly, the cluster with abnormal FCD was considered as a specific seed point to evaluate the altered degree of functional connectivity in MOH.

Methods

Subjects

Thirty-seven MOH patients and 18 episodic migraine (EM) patients were recruited from International Headache Center, Department of Neurology, Chinese PLA General Hospital, and inclusion criteria was based on the International Classification of Headache Disorders, third Edition (beta version) (ICHD −3 beta) [17]. All the patients underwent Visual Analogue Scale (VAS) for the pain intensity evaluation, Migraine Disability Assessment questionnaire (MIDAS), Hamilton Anxiety Scale (HAMA) for the anxiety evaluation, Hamilton Depression Scale (HAMD) for the depression evaluation and Montreal Cognitive Assessment (MoCA) for the cognitive function evaluation. The exclusion criteria were listed as following: cranium trauma, central nervous illness such as cerebral infarction, malacia, brain tumor, and metabolic disorders etc., psychotic disorder, and regular use of a psychoactive or hormone medication. 32 normal controls (NCs) were recruited from hospital staffs and their relatives. All the subjects received general physical examination and neurological examination and were normotensive (≤140/90 mmHg), and free from cardiovascular, metabolic and psychiatric disorders. All the subjects were right-handed and underwent MRI conventional examination to exclude the subjects with cerebral infarction, malacia or brain tumors etc. The alcohol, nicotine, caffeine and other substances were avoided at least 12 h before MRI examination. MRI scans were taken in the interictal stage at least three days after a migraine attack for MOH and EM patients. Written informed consent was obtained from all participants according to the approval of the ethics committee of the Chinese PLA General Hospital.

MRI acquisition

Images were acquired on a GE 3.0 T MR system (DISCOVERY MR750, GE Healthcare, Milwaukee, WI, USA) and a conventional eight channel quadrature head coil was used. All the subjects were instructed to lie in a supine position, and form padding was used to limit head movement. A pulse oximeter and respiratory belt were worn to monitor cardiac and respiratory signal during the resting-state fMRI data acquisition. Conventional T2-weighted images were obtained first. Then a high resolution three-dimensional T1-weighted fast spoiled gradient recalled echo (3D T1-FSPGR) sequence was performed, which generated 360 contiguous axial slices [TR (repetition time) = 6.9 ms, TE (echo time) = 3.0 ms, flip angle = 15°, FOV (field of view) = 25.6 cm × 25.6 cm, Matrix = 256 × 256, slice thickness = 1 mm]. Lastly, the resting-state fMRI was performed, where subjects were instructed to relax, keep their eyes closed, stay awake, remain still, and clear their heads of all thoughts. Functional images were obtained by using a gradient echo-planar imaging (EPI) sequence (TR = 2000 ms, TE = 30 ms, flip angle = 90, slice thickness = 4 mm, slice gap = 1 mm, FOV = 24 cm × 24 cm, Matrix = 64 × 64), and 180 continuous EPI functional volumes were acquired axially over 6 min. All the subjects did not complain any discomfort and feel asleep during scanning. No obvious structural damage was observed based on the conventional MR images.

Data processing

MR resting-state functional images were processed using Statistical Parametric Mapping 8 (SPM8) (http://
The data preprocessing was carried out as following: (1) The first ten volumes of each functional time course was discarded to allow for T1 equilibrium and the participants to adapt; (2) Slice timing; (3) Head motion correction; (4) Spatial normalization. These steps were performed by SPM8. No subjects had head motion with more than 1.5 mm displacement in X, Y, and Z direction or 1.5° of any angular motion throughout the course of the scanning. The physiological noise including cardiac and respiratory signals were regressed out from the functional data as other covariates. The linear trend removal and temporal band-pass filtering (0.01-0.08 Hz) was performed by REST [19].

The FCD analysis were performed as following [20]: (1) Voxel-based whole brain correlation analysis was performed to compute the whole-brain connectivity for the each voxel within the gray matter mask (r > 0.25) [21–24]; (2) The sum of the weights of the significant connections was obtained for each voxel and considered as FCD; (3) The individual FCD was converted into a z-score map and was analyzed using two sample t-test.

The resting-state functional connectivity (RSFC) analysis was performed as following: (1) Spatial smooth (full width at half maximum (FWHM) = 6 mm) using SPM8; (2) The seed regions were obtained from the binary cluster masks based on the results of the FCD analysis; (3) Functional connectivity computation of the seed regions were performed using REST(v1.8). The time course of the seed regions were extracted, and Pearson correlation were used to calculated functional connectivity between the extracted time course and the averaged time courses of the whole brain in a voxel-wise manner. The white matter, CSF, and the six head motion parameters were used as co-variates [19]. (4) The individual r-maps were normalized to Z-maps using Fisher’s R-to-Z transformation. (5) The abnormal clusters based on the statistical parametric mapping were generated binary mask, and the connectivity strength of the altered brain region was extracted based on the Z-maps.

**Statistical analysis**

The age, HAMA, HAMD and MoCA were performed with analysis of variance (ANOVA). The diseased duration, VAS, and MIDAS were performed with two-sample t test. The gender was performed with Pearson Chi-Square text. These statistics was processed using IBM SPSS 19.0, and the P value of less than 0.05 was considered to indicate a statistically significant difference.

FCD analysis and RSFC analysis were performed with two-sample t. test based SPM8 software with age and gender as covariants. Significance was set at a P value of < 0.05 with false discovery rate (FDR) correction. The minimal number of contiguous voxels was based on the expected cluster size. The statistical maps were masked on SPM8 T1 template.

Partial correlation analysis was applied to the connectivity strength of the positive brain region with control for age and gender in each compared groups. The P value of less than 0.05 was considered to indicate a statistically significant difference.

**Results**

**Demography and neuropsychological test**

Demography and neuropsychological scores were shown in Table 1. Age and gender showed no significant difference among each group (P > 0.05). HAMA and HAMD score showed higher in MOH than that in EM and NC, and MoCA score presented lower in MOH than that in EM and NC (P < 0.05). The diseased duration and MIDAS score presented higher in MOH than that in EM (P < 0.05), and VAS score showed no significant difference between MOH and EM (P > 0.05). The type of overused medication in

|                      | MOH (F/M) | EM (F/M) | NC (F/M) | F(T) value | P value |
|----------------------|-----------|----------|----------|------------|---------|
| Num(F/M)             | 37(30/7)  | 18(14/4) | 32(20/12)|            |         |
| Age                  | 41.27 ± 9.27 | 33.39 ± 10.69 | 41.34 ± 10.89 | 4.13 | 0.02    |
| HAMA*                | 18.35 ± 8.65 | 15.67 ± 9.85 | 10.19 ± 2.98 | 10.56 | 0.00    |
| HAMD*                | 20.03 ± 12.68 | 10.89 ± 7.26 | 8.03 ± 4.34 | 17.40 | 0.00    |
| MoCA*                | 23.08 ± 3.80 | 29.17 ± 1.47 | 27.16 ± 2.32 | 31.22 | 0.00    |
| DD(d)                | 18.57 ± 9.08 | 12.44 ± 8.07 | NA        | 2.00 | 0.04    |
| VAS                  | 8.16 ± 1.57 | 8.33 ± 1.50 | NA        | 2.00 | 0.70    |
| MIDAS*               | 124.43 ± 72.62 | 16 ± 17.94 | NA        | 2.00 | 0.00    |

*There was significant difference among each group (P < 0.05)*

MOH medication overuse headache, NC normal control, HAMA Hamilton Anxiety Scale, HAMD Hamilton Depression Scale, MoCA Montreal Cognitive Assessment, DD disease duration, VAS Visual Analogue Scale, MIDAS Migraine Disability Assessment questionnaire, NA not available
MOH patients included: simple analgesics (34/37), simple triptans (1/37), and combination analgesics (2/37).

**FCD analysis over the whole brain among MOH, EM and NC**

For the NCs, FCD was spatially distributed in calcarine cortex, cuneus, precuneus, middle cingulate cortex (MCC) and posterior cingulate cortex (PCC), anterior cingulate cortex (ACC), medial prefrontal cortex (mPFC), lateral prefrontal cortex (lPFC), inferior parietal cortex and temporal lobe (Fig. 1a). The spatial distribution of FCD was similar in MOH and EM with that in NC, and some regions showed more clusters and had higher significance in MOH (Fig. 1b) and EM (Fig. 1c).

Table 2 showed that the brain region with decreased FCD located in right parahippocampal gyrus (PHG) (Fig. 1d), and the increased FCD located in left inferior parietal gyrus and right supramarginal gyrus in MOH patients compared with NCs (Fig. 1e). The decreased FCD of EM located in left anterior cingulate cortex and right inferior orbital frontal gyrus (Fig. 1f), and the increased FCD of EM located in bilateral thalamus, right caudate and left inferior orbital frontal gyrus compared with NC (Fig. 1g). MOH patients had decreased FCD in right caudate and left insula (Fig. 1h), and showed no increased FCD compared with EM.

**RSFC analysis between MOH and NC**

Based on the FCD analysis results, right parahippocampal gyrus showed decreased FCD, and it was set as seed region to compute RSFC to identify the altered resting-state functional architecture in MOH compared with NC.

Table 3 showed that the decreased RSFC of right parahippocampal gyrus located in right medial superior frontal gyrus (BA9, dorsolateral prefrontal cortex, dlPFC) and superior frontal gyrus (BA10, frontopolar cortex) (Fig. 2). There was no significant correlation between the connectivity strength of dlPFC and frontopolar cortex and the clinical variables (disease duration, VAS, MIDAS, HAMA, HAMD and MoCA). There was no increased RSFC of right parahippocampal gyrus in MOH patients compared with NC.

The brain regions with increased FCD were left inferior parietal gyrus and right supramarginal gyrus in MOH compared with NC, which were also set as seed regions to compute RSFC maps. However, there was significant difference for the RSFC maps between MOH and NC.

**RSFC analysis between EM and NC**

The brain regions with decreased FCD located in left anterior cingulate cortex (ACC) and right inferior orbitofrontal gyrus (OFC) in EM compared with NC. RSFC analysis showed that there was a decreased FC with left superior temporal pole (BA28) for left ACC and a
The brain regions with decreased functional connectivity density (FCD) in MOH compared with NC were the middle occipital gyrus and right operculum part of inferior frontal gyrus (IFG-oper) in MOH compared with EM. These two brain regions showed no increased FC over the whole brain in MOH compared with EM.

There was no significant correlation between the connectivity strength of the positive brain regions for right caudate and left insula and the clinical variables in MOH patients.

### Discussion

The present study demonstrated altered local functional connectivity density (IFCD) in the brain of NC, MOH and EM patients, which had a powerful scaling for the numbers of functional connections, and was the main characteristic of the “scale-free” networks. In this study, the decreased FCD of right parahippocampal gyrus in MOH may be associated with the medication overuse because of the higher VAS score. The previous documents identified the decreased volume [25] and prolonged T2 relaxation times [26] in right parahippocampal gyrus in smoker and alcohol-use disorders, which suggested right parahippocampal might participate the dependence related processing. This study opportune provided a clue for the dependence-related processing about the altered FCD in right parahippocampal gyrus in MOH patients. The MOH patients also presented lower MoCA score, and this cognitive impairment indicated that the decreased FCD of right parahippocampal gyrus was related with the cognitive ability [27].

The inferior parietal lobule and supramarginal gyrus were the pain-related brain region in MOH patients after beginning withdrawal [28], and increased FCD in these regions may reflect the intrinsic hub brain regions dysfunction in MOH. Although the increased FCD did not represent the deleterious change or compensatory effect [29] associated with migraine, the current findings of FCD changes confirmed the importance of network-level brain alterations in migraine patients.

Further functional connectivity of the cluster with decreased FCD in MOH presented right medial superior frontal gyrus (BA9, dorsolateral prefrontal cortex, dIPFC) and right superior frontal gyrus (BA10, frontopolar cortex). The previous studies identified the hypometabolism in the prefrontal cortex of MOH patients [30], functional alteration in orbitofrontal region of prefrontal cortex [31], and increased activity in the ventromedial prefrontal cortex when compared with detoxified MOH patients [32]. However, decreased functional connectivity of dIPFC was confirmed in this study, which indicated dIPFC might participate in pain modulation in MOH. Frontopolar cortex was positively related with neuropathic pain [33], and this region was not reported in MOH and the other types of migraine. Therefore frontopolar cortex may be a newfound

### Table 2

| Anatomic region            | MNI-space | Cluster size | Peak T value |
|----------------------------|-----------|--------------|--------------|
| MOH < NC                   |           |              |              |
| PariHippocampal_R          | 21 -18 -18 | 12           | 3.88         |
| MOH > NC                   |           |              |              |
| Parietal_Inf_L             | -54 -39 48 | 20           | 3.98         |
| SupraMarginal_R            | 51 -33 48 | 10           | 3.52         |
| EM < NC                    |           |              |              |
| Cingulum_Ant_L             | 0 27 21 32 | 5.2         |              |
| Frontal_Inf_Orb_R          | 15 15 -24 25 | 3.95      |              |
| EM > NC                    |           |              |              |
| Thalamus_L                 | -9 -27 12 | 112          | 4.91         |
| Caudate_R                  | 15 9 21 73 | 4.79        |              |
| Thalamus_R                 | 12 -27 9 | 91           | 4.47         |
| Frontal_Inf_Orb_L          | -36 39 -3 62 | 4.34      |              |
| MOH < EM                   |           |              |              |
| Caudate_R                  | 15 6 24 34 | 6.82        |              |
| Insula_L                   | -30 24 15 19 | 6.68      |              |

MNI Montreal Neurological Institute, X, Y, Z coordinates of the primary minimum of the cluster, MOH < NC decreased FCD in MOH compared with NC, MOH > NC increased FCD in MOH compared with NC, EM < NC decreased FCD in EM compared with NC (Table 3). There was no increased FC for left ACC and right OFC in EM compared with NC.

There was no significant correlation between the connectivity strength of the positive brain regions for left ACC and right OFC and the clinical variables in EM patients.

The brain regions with increased FCD in EM showed no altered RSFC between EM and NC.

### RSFC analysis between MOH and EM

The brain regions with decreased FCD located in right caudate and left insula in MOH compared with EM. Table 3 showed that there was a decreased FC with left triangular part of inferior frontal gyrus (IFG_tri), right superior temporal gyrus, right middle temporal gyrus, right medial superior frontal gyrus, left fusiform gyrus, right angular gyrus, right insula and right Rolandic operculum for right caudate in MOH compared with EM. The left insula had a decreased FC with left IFG-tri, left inferior occipital gyrus, right superior temporal gyrus, right medial superior frontal gyrus, right inferior temporal gyrus, right middle frontal gyrus, right superior parietal gyrus, left middle occipital gyrus, and right operculum part of inferior frontal gyrus (IFG-oper) in MOH compared with EM. These two brain regions showed no increased FC over the whole brain in MOH compared with EM.
brain region involved in the pain modulation in MOH using FCD methods.

Functional connectivity of the clusters with increased FCD did not show altered functional connectivity in MOH compared with NC, which further indicated that the brain regions with increased FCD may be reversible in function in MOH. These finding suggested the brain regions with increased FCD may predict a transitional response for the drugs overuse in MOH. However, the precisely neuromechanism should be investigated in future.

In EM patients, decreased FCD was mainly located in left anterior cingulated cortex (ACC) and right inferior orbitofrontal cortex (OFC), which might be associated with hypometabolism and altered pain processing network in ACC and OFC in EM [34–36], and it might also be consistent with dysfunction of antinociceptive systems in EM. The increased FCD may further indicate that the altered IFCD of thalamus, caudate and left OFC may predict the reversible functional changes in EM because of the functional connectivity of seed based on the increased FCD was not revealed in EM, which was same as that in MOH patients.

The decreased functional connectivity of left ACC mainly located in left superior temporopolar cortex

| Seed region | Anatomic region | MNI-space | Cluster size | T value |
|-------------|----------------|-----------|--------------|---------|
| MOH vs NC   | ParaHippocampal_R | MOH < NC  | Frontal_Sup_Medial_R | 6 42 39 199 4.47 |
|             |                 | Frontal_Sup_R | 27 63 9 140 4.39 |
| EM vs NC    | Cingulum_Ant_L  | EM < NC   | Temporal_Pole_Sup_L | −27 9 −30 24 4.72 |
|             | Frontal_Inf_Orb_R | EM < NC  | Hippocampus_R | 30 −18 −12 31 4.92 |
|             |                 | Calcarine_L | −9 −78 15 45 4.32 |
|             |                 | Occipital_Sup_R | 27 −69 36 91 4.06 |
|             |                 | Lingual_L | −18 −87 −15 43 3.89 |
| MOH vs EM   | Caudate_R       | MOH < EM  | Frontal_Inf_Tri_L | −33 30 12 715 8.87 |
|             |                 | Temporal_Sup_R | 45 −24 15 133 6.98 |
|             |                 | Temporal_Mid_R | 66 −54 −6 337 6.85 |
|             |                 | Frontal_Sup_Medial_R | 9 27 45 307 6.78 |
|             |                 | Fusiform_L | −45 −48 −21 276 6.47 |
|             |                 | Angular_R | 33 −57 45 232 6.28 |
|             |                 | Insula_R | 33 24 9 198 6.00 |
|             |                 | Rolandic_Oper_R | 63 12 12 137 5.99 |
| Insula_L    | MOH < EM        | Frontal_Inf_Tri_L | −33 30 12 677 9.48 |
|             |                 | Occipital_Inf_L | −48 −66 −15 352 7.38 |
|             |                 | Temporal_Sup_R | 45 −27 15 110 7.04 |
|             |                 | Frontal_Sup_Medial_R | 12 27 45 253 6.90 |
|             |                 | Temporal_Inf_R | 57 −51 −9 275 6.83 |
|             |                 | Temporal_Mid_R | 45 45 9 132 6.63 |
|             |                 | Parietal_Sup_R | 36 −60 54 138 6.39 |
|             |                 | Occipital_Mid_L | −27 −63 42 103 6.25 |
|             |                 | Frontal_Inf_Oper_R | 51 9 30 182 6.24 |

dmPFC: dorsal-medial prefrontal cortex, vlPFC: ventral-lateral prefrontal cortex, MNI: Montreal Neurological Institute, X, Y, Z coordinates of the primary maximum of the cluster.
(BA28) in EM patients compared with NC. VBM study demonstrated the left temporopolar showed decreased gray matter density in EM [37], and another classification study recognized that the structural characteristics of temporopolar cortex were considered as one of classifiers [38]. In this study, the decreased functional connectivity between left ACC and left temporopolar cortex suggested that the dysfunction of this pain modulatory network presented in EM. The decreased functional connectivity between right OFC and bilateral visual cortex demonstrated the dysfunctional visual information processing ability in EM, and which might be the trigger point of EM pathogenesis [39, 40]. Hippocampus showed greater pain-induced activation [41] and volume reduction in EM [42], and the right OFC-hippocampus network dysfunction in this study further revealed the decreased antinociceptive systems in EM patient.

FCD analysis demonstrated that the decreased FCD mainly located in right caudate and left insula in MOH patients compared with EM patients, which might speculate that caudate and insula were involved in MOH evolving from EM. However, a previous study presented OFC involvement in MOH evolving from EM, which showed hypometabolic before withdrawal and showed a hypermetabolic after withdrawal [43]. Further functional connectivity analysis demonstrated that the decreased functional connectivity of right caudate and left insula both presented fronto-temporal-parietal distribution pattern. This decreased functional connectivity pattern indicated that right caudate and left insula played a key role in MOH evolving from EM, and the precise neuromechanism should further be elucidated such as using FDG-PET and perfusion weighted imaging to explore the metabolism or perfusion function.

Partial correlation analysis demonstrated that the connectivity strength of the brain regions with alter functional connectivity showed no significant correlation with the clinical variables in MOH and EM patients, which suggested that the altered functional connectivity of the seed based on the clusters with abnormal FCD over the whole brain reflected the intrinsic dysfunction changes in MOH and EM, and it may be not changed with clinical state. However, the further neuromechanism should be investigated to elucidate the reciprocity between disrupted functional connectivity changes and the neuropsychological variables in migraine patients in future.

The present study focused on the FCD (voxel-based whole brain functional connectivity) and FC (region-of-interest, also called as seed regions) analysis in migraine.
However, there were several limitations in our study. Firstly, the sample size of EM was relative small, and it would be necessary to increase the sample size in the future study. Secondly, this study was a sectional observation, and longitudinal study should be performed to observe MOH evolving from EM.

Conclusions
In conclusion, the altered intrinsic functional connectivity architecture was identified in MOH and EM patients, and this study also provide a new perspective for understanding the neuromechanism of MOH and EM pathogenesis.

Abbreviations
CM: Chronic migraine; EM: Episodic migraine; FCD: Functional connectivity density; MOH: Medication overuse headache; NC: Normal control; RSFC: Resting-state functional connectivity

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Authors’ contributions
Category 1: (a) Conception and Design: LM; SYS; (b) Acquisition of Data: ZYC; (c) Analysis and Interpretation of Data: ZYC. Category 2: (a) Drafting the Article: ZYC; (b) Revising it for Intellectual Content: LM; SYJ. All authors read and approved the final manuscript.

Competing interests
The authors declare that they have no competing interests.

Author details
1Department of Radiology, Chinese PLA General Hospital, Beijing 100853, China. 2Department of Neurology, Chinese PLA General Hospital, Beijing 100853, China. 3Department of Radiology, Hainan Branch of Chinese PLA General Hospital, Beijing 100853, China.

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