Clinical form of asthma and vaccine immunity in preschoolers

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Abstract

Introduction: Asthma is the most common chronic disease in children. Its exacerbation results from allergic and infectious diseases.

Aim: To assess the influence of a clinical form of asthma on preschoolers’ vaccine immunity following 3 years after the completion of the mandatory vaccination programme.

Material and methods: The study encompassed 172 preschool children with asthma being newly diagnosed, including 140 patients with mild asthma and 32 with moderate asthma, whose vaccine immunity (level of IgG-specific antibodies) was assessed after the mandatory early vaccines had been administered in the early childhood. Monovalent vaccines (HBV + IPV + Hib) along with a three-component combined vaccine (DTwP) and MMR were given to 86 children while a six-component combined vaccine (DTaP + IPV + Hib + HBV) along with a three-component MMR vaccine were administered to the remaining 86 children. The immunity class for particular vaccinations was assessed according to the manufacturers’ instructions.

Results: Children suffering from mild asthma had considerably more frequently vaccinations administered on time (p < 0.001) and the type of vaccines (monovalent or highly-combined) administered did not have a significant influence on the clinical form of asthma in the children examined (p = 0.6951). Apart from the vaccines against hepatitis B and rubella where considerably more frequently a high level of antibodies occurred in children with mild asthma, the antibody levels to other vaccines, namely diphtheria, tetanus, pertussis, Hib and mumps, were not associated with the severity of asthma.

Conclusions: Moderate asthma may have a negative impact on remote vaccine immunity to HBV and rubella.

Key words: asthma, children, vaccine immunity.

Introduction

Asthma is the most common chronic respiratory disease in children. The results of prospective studies indicate that episodes of bronchial obturation occur in 30% of children aged up to 3 years old and in 50% of patients up to 12 years old [1, 2].

Diagnosing asthma is particularly difficult in young children because of non-specific symptoms and the occurrence of many diseases that mask asthma. For this age group, there are no standardised tests assessing the respiratory tract in terms of inflammation or obturation present. The basis for asthma diagnosis in children < 5 years old is clinical assessment by means of the Asthma Predictive Index (API) and effectiveness of the therapeutic attempt with a low dose of glucocorticosteroids (GCs) and the exclusion of other causes of obturation [3–6].

The most common cause of exacerbation of asthma in children is a respiratory disease, mainly of viral aetiology [7, 8]. In the light of the GINA 2012 guidelines, the classification of asthma based on its severity (intermittent asthma, mild persistent asthma, moderate persistent asthma and severe persistent asthma) is of great
programme of obligatory vaccinations.

A typical form of early paediatric asthma is characterised by, prior to the proper diagnosis, long-lasting infections (> 10 days) or affecting the lower respiratory tract each time causing bronchitis or pneumonia. The course of an infection can be feverish or unfeverish. Recurrent respiratory tract infections (RTIs) are usually manifestations of allergic changes. They hinder protective vaccination of young children resulting in frequent and significant delays in the administration of successive doses of rudimentary and supplementary vaccinations [13–15].

In Poland, over 96% of parents have their children vaccinated, including roughly a half of them choosing modern and highly-combined vaccines. The greatest number of obligatory vaccinations are performed during the first 2 years of children. At the time, they are usually given a full scheme of rudimentary vaccine doses against different infectious diseases [16].

**Aim**

The aim of the work is the assessment of the influence of a clinical form of asthma on vaccine immunity in children after the completion of a full and rudimentary programme of obligatory vaccinations.

**Material and methods**

The research was carried out on 178 preschool children (mean age: 5.22 ±0.34 years old) with newly diagnosed asthma, (IgE-dependent) who were hospitalised in the Clinic of Lung Diseases and Paediatric Rheumatology of the Children’s University Hospital in Lublin (Poland). Three groups of patients were distinguished depending on the severity of the disease: mild, moderate and severe. Then, coverage of obligatory vaccinations was analysed. Finally, 172 children were qualified for the study, including roughly a half of them choosing modern and highly-combined vaccines. The greatest number of obligatory vaccinations are performed during the first 2 years of children. At the time, they are usually given a full scheme of rudimentary vaccine doses against different infectious diseases [16].

In 86 children, obligatory vaccinations were done by means of non-combined vaccines, namely monovalent HBV vaccine (recombined vaccine), poliomylitis vaccine (IPV – Inactivated Poliomyelitis Vaccine), Haemophilus influenzae type b (Hib) vaccine (conjugate and adsorbed) and a three-component combined vaccine against diphtheria, tetanus and pertussis (DTPw – whole-celled) as well as a three-component MMR vaccine against measles, mumps and rubella. The children studied had been administered with three doses of rudimentary HBV, DTPw or DTPa, Hib vaccines and two doses of IPV and one dose of MMR. Moreover, they were given the fourth dose of the rudimentary booster against DTPw, Hib and the third booster of IPV.

The remaining 86 children were vaccinated with six-component combined bacterial and viral vaccine, Infanrix hexa of the cycle of 3 rudimentary doses and one booster, against HBV (recombined), poliomylitis (IPV, Inactivated Poliomyelitis Vaccine), Hib – Haemophilus influenzae type b (conjugate and adsorbed), diphtheria, tetanus, pertussis (with acellular component Pa). A three-component combined vaccine against measles, mumps, rubella (MMR) was used only once.

The research was carried out from 2014 to 2015 after it had been approved by the Bioethics Committee of the Medical University of Lublin (No. KE-0254/176/2011) and after consent had been obtained from the parents of the hospitalised children studied.

**Characteristics of children with asthma**

The analysis encompassed 172 preschoolers (mean age: 5.22 ±0.34 years old) with newly diagnosed asthma, roughly 56% of them constituted boys, the remaining 44% girls. The diagnosis of asthma in the children was made based on a modified version of the Asthma Predictive Index (API) recommended by the Global Initiative for Asthma (GINA) 2012 for children under 5 years of age. Consistent with the API algorithm, the study included children with ≥ 4 episodes of obturation lasting at least 24 h, including ≥ 1 confirmed by a physician and at least one major risk factor (asthma running in parents, atopic dermatitis, allergic reactions to inhaled allergens) or two minor ones (bronchial obturation independent of an infection, eosinophilia of above 4%, allergic reactions to food allergens) [4, 9]. Moreover, the children experienced > 1 episode of dyspnoea per month, higher frequency of wheezing on exhalation (on a scale from 1 “seldom” to 5 “most days” the parents marked at least 3) and paroxysmal and dry cough on exertion.

All the children examined did not suffer from other obstructive diseases such as cystic fibrosis, primary ciliary dyskinesia, congenital respiratory or circulatory defects, gastroesophageal reflux disease, severe combined immunodeficiency, tuberculosis, thoracic tumours, goiter, granuloma and infections by Bordetella Pertussis, Chlamydia trachomatis or atypical ones.

In the study group, treatment was instituted according to the current guidelines. Control asthma therapy was used with low doses of inhaled glucocorticosteroids (IGCs); 100–200 μg of Budesonide permanently and a drug widening the bronchi temporarily (SABA) with a pressurised metered-dose inhaler (pMDI) and aerosol chamber with a mouthpiece for children aged 4–6 years.
old. In the children, bronchial obstruction seldom subsided spontaneously and it always abated due to the treatment applied. Approximately 4% of the patients studied required systemic GCs at the present time or in the past.

The condition of airways in the children was assessed by means of peak expiratory flow (PEF) measured with a peak flow meter, a hand-held device recommended for self-control of the disease. A changeability index of maximal exploratory flow was determined, which is the difference between morning and evening measurement, and the degree of severity as well as control of asthma were established. Children with mild asthma (140 of the patients) were identified in whom the disease was controlled appropriately (PEF changeability 20–30%) and those (32 of the patients) with moderate asthma that was partially controlled (PEF changeability < 20%). Examinations to assess allergy were also performed: a skin prick test, percentage of eosinophils and a level of total IgE in the peripheral blood was measured. An interview with the parents and analysis of hospital documents provided information on selected demographic features and family structure, type of nutrition during the first 6 months of the children’s lives and their current state of health. A family history of allergic diseases and comorbidities of atopic diseases was also taken into account. In 7% of the patients, symptoms of atopic dermatitis were found and in 4% of the patients, allergic rhinitis was diagnosed.

No comorbidities or disorders of somatic and psychomotor development were diagnosed in the children. They came from two-parent families who cooperated in therapy and self-control of the disease. The data on their vaccination coverage, vaccination timetable and types of vaccine used were obtained from medical documents of the children (health certificate on vaccination) (Table 1).

Serological analysis

The children’s blood specimens were collected to analyse antibodies concentration after the completion of the rudimentary cycle of obligatory vaccination on the second day of their hospital stay in the morning while performing other routine examinations. The children were fasting. A total of 4.9 ml of blood was taken by means of the S-Monovette® system with clotting activator (Sarstedt, Nümbrecht, Germany). Then, the blood was centrifuged at 300 g speed for 10 min at 4°C. The sera obtained were collected into 1.5-ml polyethylene Eppendorf test tubes and stored frozen at –20°C until the analysis. None of the samples showed a trace of haemolysis. The sera were analyzed for the presence of HBsAg, HBsAb, anti-HCV, anti-HIV, anti-HBc, anti-HTLV, anti-EBV, anti-HBcIgM, anti-HBcAb in the Laboratory of Medical Analyses ALAB in Poland. Similar analyses were carried out to check the level of immunoglobulin IgE total in the blood serum of the children with asthma. The concentration of selenium in the children’s blood serum was determined by Mass Spectroscopy method (ICP-MS) using the X-Series 2 ICP-MS from Thermo Scientific in the Laboratory of Medical Analyses ALAB in Germany. The level of calcium in the children’s blood serum was determined by the colorimetric method (with Arsenazo III dye) using the ADVIA 1800 in the Laboratory of Medical Analyses ALAB in Poland.

Statistical analysis

Statistical characteristics of continuous variables are shown as arithmetic means and their standard deviations (SDs). Normal distribution of continuous variables was verified with the Shapiro-Wilk test. The distribution type and statistical significance of intergroup differences were verified with the Student t-test or Mann-Whitney U-test. Distributions of discrete variables are presented as numbers and percentages; their intergroup comparisons were based on χ² test and Fisher exact test. Connections between clinical forms of asthma and categorised concentration values of antibodies analysed were estimated based on odds ratio (OR). All calculations were carried out with Statistica 12 software package (StatSoft, Tulsa, OK, United States). The statistical significance threshold for all tests was set at p < 0.05.

Table 1. General characteristics of the children with asthma

| Property | N | % |
|----------|---|---|
| Concomitant allergic diseases | | |
| Atopic dermatitis | 12 | 6.97 |
| Allergic rhinitis | 7 | 4.07 |
| Family history of allergy | | |
| Yes | 104 | 60.46 |
| No | 68 | 39.53 |
| Eosinophilia | | |
| < 5% | 60 | 34.88 |
| ≥ 5% | 112 | 65.12 |
| PEF changeability | | |
| < 20% | 140 | 81.40 |
| ≥ 20–30% | 32 | 18.60 |
| Asthma therapy | | |
| Inhaled glucocorticosteroids (IGCs) | 172 | 100 |
| Short acting β2-mimetics (SABA) | 172 | 100 |
| Past systemic steroid therapy | | |
| Yes | 6 | 3.49 |
| No | 166 | 96.51 |
Results

Statistically significant higher current weight was found in the children with a mild clinical form of asthma (Table 2).

As far as statistical significance is concerned, none of the remaining demographic and medical interview properties analysed among the children with asthma was connected with clinical forms of asthma (Table 3).

The children with mild asthma had the prompt administration of vaccines significantly more frequently than the children with moderate asthma. The type of vaccines administered (monovalent of highly-combined) did change significantly the form of asthma in the group researched (Table 4).

Apart from HBV and rubella vaccinations, where statistically significant higher (protective) vaccine concentration values occurred more frequently in the children with mild asthma, concentration values after other vaccinations (diphtheria, tetanus, pertussis, Hib, mumps) were not associated with a clinical form of asthma. Protective concentration values in the children with asthma were found in 100% after vaccination against poliomyelitis ($\geq 12$ U/ml) and measles ($\geq 300$ ml U/ml).

The clinical form of asthma had no statistically significant connections with categorised concentration values against diphtheria, tetanus, pertussis, Hib and mumps. The OR values obtained explicitly show that moderate asthma is a risk factor for decreased vaccine immunity to HBV and rubella assessed based on IgG.

Table 2. Clinical forms of asthma and selected demographic parameters and medical interviews

| Parameters analysed | Mild (N = 140) | Moderate (N = 32) | P-value |
|---------------------|---------------|------------------|---------|
|                     | n %           | n %              |         |
| Gender Boys         | 76 54.29      | 20 62.5          | 0.3986  |
|                     | 64 45.71      | 12 37.5          |         |
| Age                 | M SD          | M SD             | 0.2914  |
|                     | 5.20 0.38     | 5.30 0.39        |         |
| Current body weight | 20.80 3.77    | 19.10 4.76       | < 0.05  |
| Current height      | 118.80 4.93   | 117.20 6.47      | 0.1210  |
| Level of calcium in blood serum | 8.80 1.26 | 8.60 1.37        | 0.4817  |
| Level of selenium in blood serum | 61.90 13.92 | 60.20 17.13      | 0.6709  |
| IgE total concentration in blood serum | 180.60 131.27 | 139.20 113.69 | 0.2477  |
| Place of residence  | Urban areas   | rural areas      |         |
|                     | 97 69.29      | 25 78.13         | 0.3205  |
|                     | 43 30.71      | 7 21.88          |         |
| Type of nutrition at the age of 0–6 months old | Mixed | Breast milk | Evaporated milk formula | |
|                     | 19 13.57      | 87 62.14         | 34 24.99 | |
|                     | 2 6.25        | 19 59.38         | 11 34.38 | |
| Past infectious childhood diseases* | No | Yes | |
|                     | 122 87.14     | 18 12.86         | 0.6110  |
|                     | 28 87.50      | 4 12.50          |         |
| Birth order in family | > 1 | 101 72.14 | 101 72.14 | |
|                     | 20 62.50      | 12 37.50         |         |
| Antibiotic therapy during hospital stay | No | Yes | |
|                     | 45 32.14      | 95 67.86         | 0.9222  |
|                     | 10 31.25      | 22 68.75         |         |
| Titres of skin prick tests to airborne allergens | Major (wheat diameter > 6 mm) | Moderate (wheat diameter of 3–6 mm) | Minor (wheat diameter < 3 mm) | |
|                     | 18 12.86      | 27 17.86         | 85 60.71 | |
|                     | 9 28.13       | 5 15.63          | 18 56.25 | |
| Titres of skin prick tests to food allergens | Major (wheat diameter > 6 mm) | Moderate (wheat diameter of 3–6 mm) | Minor (wheat diameter < 3 mm) | |
|                     | 21 15.00      | 54 38.57         | 65 46.43 | |
|                     | 3 9.88        | 9 28.13          | 20 62.50 | |

*Chickenpox (n = 10), rotavirus infections (n = 8).
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**Discussion**

A cause of symptomology of paediatric asthma, different from adult one, is anatomical and physiological differences in the respiratory and immune systems [17, 18]. Many publications indicate that being male is a risk factor for asthma development. A more common occurrence of asthma in boys is explained by the narrower bronchi and greater bronchial hyperresponsiveness to a bronchospasm due to nonspecific stimuli [19–21].

Epidemiological data indicate that mild asthma occurs in over 70% of children. Approximately 25% of children suffer from moderate asthma. The severest form of asthma is diagnosed in 3% of children [22, 23]. Current GINA guidelines stress their main role of IGCs in therapy of each form of asthma in children. All the children taking part in our research were treated with IGCs regardless of severity of their clinical form of asthma [10].

Infants and preschool children often suffer from recurrent bronchial symptoms such as wheezing and cough caused by lower respiratory tract infections. Newborns and infants run a particular risk of getting an infection because their immune system is not fully developed yet. Although transferring maternal antibodies by the placenta provides protection against pathogens, potential antigen burden is very high in comparison with the relatively sterile environment of the uterus. After birth, infants are said to have immune tolerance that guarantees protection after being exposed to different pathogens in the environment of development and adaptation to external conditions [24, 25].

Viral respiratory infections are the most common cause of bronchial obstructive diseases in children. The research reveals that children who underwent viral bronchiolitis or other forms of respiratory infections manifested by wheezing at the age of 2–3 years old have a higher risk of asthma [26–28]. However, being ill with some infections or administering vaccines, proved among other things on the example of tuberculosis vaccination, can

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**Table 3. Clinical forms of asthma and vaccines administered**

| Parameters analysed                                           | Mild (N = 140) | Moderate (N = 32) | P-value |
|---------------------------------------------------------------|----------------|------------------|---------|
| Type of vaccines administered                                 |                |                  |         |
| Monovalent                                                    | 71             | 15               | 46.88   | 0.6951  |
| Highly-combined                                               | 69             | 17               | 53.13   |         |
| Administration of vaccination according to the prescribed schedule |                |                  |         |
| No                                                            | 28             | 17               | 27      | 84.38   | < 0.001 |
| Yes                                                           | 112            | 5                | 15.63   |         |

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**Table 4. Clinical forms of asthma and vaccine immunity**

| Antibody | Concentration | Protecting level | Mild (N = 140) | Moderate (N = 32) | P-value | OR    | 95% CI |
|----------|---------------|------------------|----------------|-------------------|---------|-------|--------|
| HBV      | > 12.5 ml U/ml | Yes              | 122            | 11                | < 0.001 | 12.94 | 5.36   | 31.24  |
|          | < 12.5 ml U/ml | No               | 18             | 21                |         | 65.63 |        |        |
| Diphtheria| ≥ 1 IU/ml     | Yes              | 66             | 20                | 0.1170  | 0.54  | 0.24   | 1.18   |
|          | < 1 IU/ml     | No               | 74             | 12                |         | 37.50 |        |        |
| Tetanus  | ≥ 1 IU/ml     | Yes              | 98             | 24                | 0.5741  | 0.78  | 0.32   | 1.87   |
|          | < 1 IU/ml     | No               | 42             | 8                 |         | 25.00 |        |        |
| Pertussis| ≥ 10 IU/ml    | Yes              | 113            | 26                | 0.9446  | 1.04  | 0.39   | 2.76   |
|          | < 10 IU/ml    | No               | 27             | 6                 |         | 18.75 |        |        |
| Hib      | ≥ 1 µg/ml     | Yes              | 123            | 27                | 0.3890  | 1.34  | 0.45   | 3.95   |
|          | < 1 µg/ml     | No               | 17             | 5                 |         | 15.63 |        |        |
| Mumps    | ≥ 12 IU/ml    | Yes              | 117            | 23                | 0.1250  | 1.99  | 0.82   | 4.85   |
|          | < 12 IU/ml    | No               | 23             | 9                 |         | 28.13 |        |        |
| Rubella  | ≥ 12 IU/ml    | Yes              | 130            | 26                | < 0.05  | 3.00  | 1.00   | 8.98   |
|          | < 12 IU/ml    | No               | 10             | 6                 |         | 18.75 |        |        |

*Values of concentration values indicating vaccine immunity presented in particular measure units were assumed according to the manufacturers’ recommendations of particular vaccinations. **Yes – means that the recommended concentrations are maintained, No – means the absence of the recommended concentrations.*
also play a role of an adjuvant in initiating a profile of immune response with a majority of Th1-dependent cytokines, hence decreasing the significance of T2 population, which can result in a preventive role of asthma occurrence [13, 18, 29].

The influence of an infection on asthma is not entirely explicit [2, 5, 30]. Little is known about the influence of asthma on declined humoral immunity even after the administration of protective vaccines. The research shows that children with asthma had an increased risk of chickenpox in comparison with children not suffering from asthma (adjusted OR of 1.63, 95% CI: 1.04–2.55, p < 0.05). Therefore, as research authors suggest a history of asthma can be an unrecognised risk factor for chickenpox [31]. Simultaneously, developing bronchial hyperresponsiveness and a majority of Th2-dependent response are associated with a decline in measles antibodies in children and this influence takes place prior to the occurrence of clinical asthma symptoms. Therefore, disappearance of antibodies against measles can be an essential unrecognised immune property of asthma. The research results of that issue require further investigation and confirmation [30].

Commonly breastfeeding is thought to be a factor positively affecting the development and differentiation of pulmonary parenchyma that leads to an increase in parameters of pulmonary volume and flow values. Therefore, exclusive breastfeeding for 4–6 months after birth seems to be justified as a preventive method of respiratory diseases, including asthma in childhood [17, 18]. In our study, most children with any clinical form of asthma were breastfed during the first 6 months of their lives.

A family history of asthma (in first-degree relatives) constitutes a risk factor for allergic diseases, including asthma [3]. In our study, for both clinical forms of asthma, the vast majority of the children ran a family history of allergy and was not the first child in the family. In over a half of the children researched, the results of skin prick tests to airborne and food allergens were negative (wheal diameter < 3 mm) for both clinical forms of asthma. Similar findings were observed in children with asthma, healthy ones and those from a group of high risk of developing asthma [3]. In our research, both selenium concentration (23–114 μg/l for children aged 5 years old) and calcium concentration (8.4–10.4 mg/dl for individuals aged 1–18 years old) as well as total IgE in blood serum (0.4–351.6 IU/ml for children aged 1–4 years old and 0.5–393 IU/ml for children aged 5–10 years old) did not diversify the clinical forms of asthma analysed and comprised the ranges of clinical standards for the age.

As far as vaccine immunity presented in this work is concerned, it refers to the time around 3 years after the completion of all rudimentary vaccinations and for both clinical forms of asthma it did not diversify significantly antibody titre for most vaccinations, i.e. against diphtheria, tetanus, pertussis, poliomyelitis, haemophilus influenzae type b, measles and mumps. However, a clinical form of asthma was statistically significant in terms of connections with vaccine immunity to HBV and rubella because it was diminished in children with a moderate clinical form of asthma. Similar findings were observed in works by Yoo et al. [34] where authors examined vaccine immunity to rubella, assessed based on IgG in teenagers vaccinated with two doses of MMR vaccine. The research was carried out in children with asthma, healthy ones and those from a group of high risk of developing asthma. The research results show that the children with asthma had a considerably lower immune response both humoral one (healthy children: 52.7 ±52.3 SD; risk group children: 47.8 ±30.7 SD; children with asthma: 37.4 ±25.9 SD) and cellular one (healthy children: 1.23 ±1.08 SD; risk group children: 1.42 ±1.32 SD; children with asthma: 0.64 ±1.23 SD) to vaccinations against rubella in comparison with healthy children and those from a risk group. On the other hand, research by the same author from 2010 [35]
confirmed solely lower titres of cellular response against rubella and mumps in children with asthma in comparison with healthy children. But no differences were found in levels of antibodies IgG to antigens of those viruses. Thus, those authors suggest that this situation in children with asthma can be caused by non-optimal predisposition dependent on cells of immune response to vaccine viruses of MMR that is modified by family factors [25]. Other conclusions were drawn by Masten et al. [36] who assessed vaccine immunity to HBV in children with asthma and in healthy ones. In both of the groups, the level of specific antibodies and profile of pro-inflammatory cytokines released by lymphocytes were analysed. Except for the anti-HBV IgE level, no differences were noted in the concentration of the parameters examined (IgG1, IgG2, IgG3, IgA, IgM anti-Hep B and IFN-γ lymphocytes, IL-4 and IL-5) in children with asthma and healthy ones.

Exacerbation of clinical symptoms in moderate persistent asthma is slightly greater than in mild one, which becomes a risk factor for respiratory infections that most frequently are characterized by a longer course with changeability of clinical symptoms. In consequence, protective vaccinations are delayed, which, in turn, leads to, sometimes a considerable shift in a schedule of successive doses in the rudimentary or supplementary cycle. This suggests a possible influence on the lack of protective value of vaccine antibodies in children with chronic diseases, including asthma. Scarce research indicates that the issue concerns predominantly children with severe asthma in whom vaccine immunity is obtained in 80% only whereas children with mild or moderate asthma obtained response to vaccination against influenza in 100% [37].

Our study which focused on vaccine immunity in children with asthma and being dependent on a clinical form of asthma, assessed around 3 years after the accomplishment of the entire rudimentary protective vaccinations indicates the maintenance of protective antibody value after vaccinating against bacterial pathogens. However, the vaccine immunity turns out to be significantly different in children with moderate asthma after vaccinating against viruses (inactivated HBV and attenuated rubella vaccines). Due to little research into the relationship between vaccine immunity and clinical forms of asthma, the results obtained in this study require further investigation and verification.

Conclusions

Moderate asthma may have a negative impact on remote vaccine immunity to HBV and rubella.

Conflict of interest

The authors declare no conflict of interest.

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