Exosomal Release of L-Plastin by Breast Cancer Cells Facilitates Metastatic Bone Osteolysis

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Abstract

Bone metastasis from breast and prostate carcinomas is facilitated by activation of bone-resorbing osteoclasts. Using proteomics approaches, we have identified peroxiredoxin-4 (PRDX4) as a cancer-secreted mediator of osteoclastogenesis. We now report characterization of L-plastin in the conditioned media (CM) of MDA-MB-231 human breast cancer cells using immunoblotting and mass spectrometry. The osteoclastogenic potential of MDA-MB-231 CM with siRNA-silenced L-plastin was significantly reduced. L-plastin was detected in cancer-derived exosomes, and inhibition of exosomal release significantly decreased the osteoclastogenic capacity of MDA-MB-231 CM. When added to osteoclast precursors primed with RANKL for 2 days, recombinant L-plastin induced calcium/NFATc1-mediated osteoclastogenesis to the levels similar to continuous treatment with RANKL. Using shRNA, we generated MDA-MB-231 cells lacking L-plastin, PRDX4, or both and injected these cell populations intratibially in CD-1 immunodeficient mice. Micro-CT and histomorphometric analysis demonstrated a complete loss of osteolysis when MDA-MB-231 cells lacking both L-plastin and PRDX4 were injected. A meta-analysis established an increase in L-plastin and PRDX4 mRNA expression in numerous human cancers, including breast and prostate carcinomas. This study demonstrates that secreted L-plastin and PRDX4 mediate osteoclast activation by human breast cancer cells.

Introduction

Bone is the common organ for metastasis from multiple tumors, including breast, prostate, lung, and kidney carcinomas [1]. Osteoclasts, bone cells that specialize in bone destruction, play a critical role in establishment of both osteolytic and osteoblastic bone metastases. Osteoclasts are formed by fusion from monocytic precursors of hematopoietic origin. Receptor activator of nuclear factor kB (RANK) and its ligand (RANKL) are critical for induction of osteoclast formation [2]. RANK signaling includes activation of the...
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Materials and Methods

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Cell Cultures

The MDA-MB-231 breast cancer cell line was provided by Dr. Peter Siegel (McGill University, Montreal) and cultured as previously described [11]. Mouse bone marrow cells were collected as previously described [21]. Mouse bone marrow cells were collected from 6-week-old C57BL/6/J mice (Charles River). Cells were cultured in 75-cm² tissue culture flasks (1.5 × 10⁷ cells per flask) with human recombinant macrophage-colony stimulating factor (M-CSF, 25 ng/ml, 300-25, PeproTech Inc.) for 24 hours, and then nonadherent cells were collected and plated at 5 × 10⁵ cells/cm² in α-MEM medium supplemented with 100 U/ml penicillin, 100 μg/ml streptomycin and 10% fetal bovine serum, M-CSF (50 ng/ml), and recombinant GST-RANKL (100 ng/ml). Medium was changed every other day. On day 5, cell cultures were fixed using 10% formalin (23-245-685, Fisher) and stained for tartrate-resistant acid phosphatase (TRAP, Sigma-Aldrich, and 387-AKT). Osteoclasts were identified as multinucleated (more than three nuclei) TRAP-positive cells and were further characterized by image analysis using PixeLINK Capture SE software (PixeLINK) and Image J. RAW 264.7 cells (TIB-71, American Type Culture Collection) were cultured in DMEM supplemented with L-glutamine, 1 mM pyruvate, 100 units/ml penicillin, 100 μg/ml streptomycin, and 10% FBS. RAW 264.7 cells were plated at 5 × 10⁵ cells/cm², and 24 hours later (day 1), recombinant GST-RANKL (50 ng/ml) was added. On days 2–3, cells were supplemented with fresh media with or without RANKL (50 ng/ml) or recombinant L-plastin (rP2, 2.5-25 μg/ml) +/- a [Ca²⁺]i chelator BAPTA-acetoxymethyl ester (6-50 μM BAPTA, Invitrogen, B6769) for 10 minutes as previously described [22], washed, treated with recombinant L-plastin (rP2, 2.5-25 μg/ml), cultured for 2 days, fixed, and stained for TRAP. L-plastin was provided by Dr. Jan Gettemans (University of Ghent, Belgium) [23].

Cell Culture Reagents

Fetal bovine serum (FBS) was from HyClone (SH 30396-03). Dulbecco’s modified Eagle’s medium (DMEM), Alpha MEM (αMEM, 310-022-CL), Opti-MEM Reduced Serum Medium (Gibico, Thermo Fisher, 31985070), sodium pyruvate (600-110-EL), L-glutamine (609-065-EL), penicillin/streptomycin (450-201-EL), and trypsin/ethylene-diaminetetraacetic acid (T/Ε, 325-042-EL) were from Wisent Inc. Recombinant human M-CSF (300-25) was from Peprotech Inc. Recombinant glutathione S-transferase-soluble RANKL (GST-RANKL) was purified from clones kindly provided by Dr. M.F. Manolson (University of Toronto).

Preparation of Conditioned Medium

Parental or stably transfected MDA-MB-231 cells were cultured in 75-cm² flasks to 80% confluence and rinsed twice with PBS, 10 ml of serum free medium was added, and cells were cultured for additional 24 hours. The conditioned medium was collected and centrifuged (100× g, 5 minutes), and then supernatant was filtered (0.2-μm filter) and stored (−80°C).

Mass Spectrometry

MDA-MB-231 cells were cultured in serum-free medium for 24 hours. The medium was collected, filtered (0.2-μm filter), and incubated with 10 μg/ml normal rabbit IgG overnight at 4°C then with immobilized Protein A/G-Sepharose overnight at 4°C. After centrifugation, the beads were collected and washed twice with 50 mM Tris-HCl pH 8.0; 40 mM NaCl; 5 mM EDTA; 1% NP-40 then with 10 mM Tris-HCl pH 6.8. Immunoprecipitates were eluted with 0.2 M glycine pH 2.5; the samples were boiled in 1× SDS-PAGE buffer with 10 mM DTT and separated on a gradient 7%–19%–19%. No extracellular function of L-plastin has been described [22], washed, treated with recombinant L-plastin (rP2, 2.5-25 μg/ml), cultured for 2 days, fixed, and stained for TRAP. L-plastin was provided by Dr. Jan Gettemans (University of Ghent, Belgium) [23].

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15% SDS-PAGE gel. The resulting peptides were identified using mass spectrometry (Proteomics service platform at the Centre d’Innovation Genome Québec).

Samples containing 50 μg of proteins were loaded onto a 10% SDS-PAGE followed by staining and destaining. The desired band was excised from the gel and reduced with DTT, alkylated with iodoacetic acid, and digested with trypsin. The lyophilized peptides were resolubilized in 0.1% aqueous formic acid/2% acetonitrile and loaded onto a Thermo Acclaim Pepmap (Thermo, 75 μM ID × 2 cm C18 3-μM beads) precolumn and then on an Acclaim Pepmap Easyspray (Thermo, 75 μM × 15 cm with 2-μM C18 beads) analytical column separation using a Dionex Ultimate 3000 HPLC at 220 nl/min with a 2%-35% organic gradient (0.1% formic acid in acetonitrile) over 2 hours. Peptides were analyzed using a Thermo Orbitrap Fusion mass spectrometer operating at 120,000 resolutions (FWHM in MS1, 15,000 for MS/MS) with HCD sequencing all peptides with a charge of 2+ or greater. Raw data were converted into .mgf format (Mascot generic format) and searched using Mascot 2.3.

**siRNA**

MDA-MB-231 cells (150,000 cells/ml) were transfected in suspension (according to manufacturer’s suggestion) as follows: handling control (untreated cells that underwent all the procedures without treatments), lipofectamine-treated only (Invitrogen), AllStars negative control siRNA target sequence 5’-CAGTCTTATTCTG-3’ (Qiagen, 1027280, 10 nM) or Hs_LCPI_5 target sequence 5’-AACTGCGTTATGAAGGCTTA-3’ (Qiagen, S04197375, 10 nM). Cells were plated in 6-well plates at 15,000 cells/cm², and after 6 hours, the medium was changed to culture medium (DMEM). Twenty-four hours later, a second transfection was performed in Opti-MEM followed by a medium change after 6 hours. Forty-eight hours after the first transfection, the cells were washed twice with PBS, and serum-free medium was added. Twenty-four hours later, CM was collected (0.2-μm filter), aliquoted and stored (−80°C).

**shRNA**

All lentiviral shRNA vectors were retrieved from the arrayed Mission TRC genome-wide shRNA collections purchased from Sigma-Aldrich Corporation [24]. Additional information describing the shRNA vectors can be found at http://www.sigmaaldrich.com/life-science/functional-genomics-and-mal/shrna/library-information.html or http://www.broad.mit.edu/genome_bio/trc/rnai.html using the TRCN number. The following lentiviral shRNA vectors were used: shhumanLCPI, TRCN0000056494 and TRCN0000056497 and shhumanPRDX4, TRCN0000064819. Lentiviral supernatants were generated as described at http://www.broadinstitute.org/mal/public/resources/protocols. Pooled stable populations were maintained under antibiotic selections of 2 μg/ml pyromycin ±7.5 μg/ml blasticidin.

**Extratibial Injection of Female Nude CD-1 Mice**

For *in vivo* studies, nude CD-1 mice (Charles River) were maintained under sterile conditions in ventilated cages and racks with a 12-hour light/12-hour dark cycle. At 6 weeks of age, female mice were randomized into six groups: vehicle (sham) (n = 4); parental MDA-MB-231 cells (n = 5); luciferase shRNA control vector (Luc, n = 5); shRNA for L-plastin (shL, n = 7); shRNA for peroxiredoxin-4 (shP, n = 7); shRNA for L-plastin and PRDX4 (shLP, n = 6). MDA-MB-231 cells (1 × 10³ cells/mouse) in 20 μl of PBS were inoculated in the left tibia [25]. Mice were euthanized 2 weeks after the injection.

**Tissue Preparation, μCT, and Histomorphometry**

Left tibiae were dissected and immediately fixed in 10% formalin for 24 hours at 4°C. Bones were transferred to 70% ethanol and kept at 4°C until analysis. Micro-computed tomography (μCT) was performed using a SkyScan 1272 high-resolution μCT scanner connected to a Hamamatsu 20-megapixel camera (Hamamatsu L11871). Images were captured at 61 kV, 142 μA, using a detection pixel of 6 μm and a 0.5-mm aluminum filter. Integration time was set at 1400 milliseconds, and 3 images were captured every 0.30° through 180° rotation. Reconstruction was performed using SkyScan Recon software and analyzed using SkyScan CT Analysis software. Tibiae metaphyseal trabecular parameters were measured 100 μm below the growth plate, and a volume of interest of 1.50 mm (250 slides) was analyzed from images acquired at an isotropic resolution of 6 μm. For histological staining and dynamic histomorphometry, fixed tibiae were decalcified in PBS/EDTA and embedded in paraffin. Five micrometer-thick cross-sectional sections and tibial longitudinal sections were collected using a rotary microtome (Leica Microsystems, Germany). Sections were stained for H&E and TRAP, and images were taken with a Leica DMRB light microscope. TRAP-stained sections were collected using the osteometric software (Osteometrics Inc.). Embedding, sectioning, and histomorphometry were performed by the histology platform of the Bone and Periodontal Research Center of McGill University.

**Nanoparticle Tracking Analysis (NTA)**

Extracellular vesicle profiling entailed measurements of size and numbers of particles secreted from cells cultured in serum-depleted medium using the NS500 nanoparticle tracking analysis system (Nanosight, Amesbury, UK) as described previously [26].

**Isolation of Exosomes**

Exosomes were purified from MDA-MB-231 conditioned medium originating from untreated and shRNA-treated MDA-MB-231 breast cancer cells according to the procedure by Vlassov et al. [27]. Briefly, MDA-MB-231 breast cancer cells were cultured under standard conditions. When they reached 80% confluency, the cells were washed twice with PBS, and serum-free medium was added to the culture. After 24 hours, the conditioned medium was collected and centrifuged at 100×g for 10 minutes to remove cell debris. The supernatant was further centrifuged at 2500×g for 15 minutes and then filtered by a 0.22-μm filter (Millipore) before a final ultracentrifugation at 100,000×g for 2 hours. The supernatant was discarded, and the exosome pellet was washed twice with PBS and intermittent ultracentrifugation at 100,000×g for 2 hours.

**Test Compounds**

Cells were incubated with [Ca²⁺], chelator BAPTA-acetoxymethyl ester (25 μM, Invitrogen, B6769) for 10 minutes as described previously [22], washed, and treated with 10 μg/ml of recombinant plastin I, L, or T-plastin. Recombinant human L-plastin was a kind...
Expression Clones and Recombinant Protein Purification

The ORF expression clones for human Plastin-1 (EX-Z6971-B31) and Plastin-3 (Ex-S0326-B1) were from Gene Copeia Inc. and expressed in DH5α cells according to manufacturer’s recommendation. The recombinant plastin-1 and -3 were purified using nickel magnetic beads for his-tag protein purification (B23601) from BioTools Inc. Recombinant human L-plastin was a kind gift from Dr. Jan Gettemans, Ghent University, Belgium [23]. The GST-tagged L-plastin was purified on a glutathione sepharose 4B column (17075602, GE healthcare).

Microspectrofluorometry

Raw 264.7 cells were plated onto glass-bottom 35-mm dishes (MatTek Corp.). RANKL-primed cells were washed twice with DMEM containing 10 mM HEPES and labeled with Fura-2-AM (F1221, Invitrogen) at room temperature for 40 minutes. Cells were washed twice and imaged using a fluorescence inverted microscope (T2000, Nikon), cooled charge-coupled device camera (Hamamatsu) connected to the image analysis software (Velocity, Improvision), which recorded fluorescence emission at 510 nm, following excitation at 340 and 380 nm alternated by a high-speed wavelength switching device (Lambda DG-4, Quorum Technologies). Vehicle and 10 μg L-plastin were added to the bath. Changes in [Ca2+]i were measured for 2 minutes at baseline and after the addition of compounds.

Quantitative Real-Time PCR (qPCR)

Total RNA was isolated from primary cultures using the RNeasy mini kit and QIAshredder columns (Qiagen, 74104 and 79654). For real-time PCR, 1 μg of total RNA was reverse transcribed using a cDNA archive kit (Applied Biosystems, 74322171). Real-time PCR was performed using 7500 Applied Biosystems instrument using TaqMan probes with the universal PCR Master Mix (Life technologies, 4304437) in a total volume of 20 μl. The following probes were used: TaqMan: L-plastin, (LCP1): Hs00158701_m1 and glyceraldehyde dehydrogenase phosphate (GAPDH): Hs03929097_g1.

Meta-Analysis of LCP1 and PRDX4 Differential Expression in Human Cancers

Datasets for LCP1 and PRDX4 mRNA expression (expressed as transcripts per million; TPM) in normal tissues and tumors were extracted from The Cancer Genome Atlas (TCGA) database using TCGA Assembler 2 on July 2, 2018 [29], and data were log-transformed to establish normality. Differential expression of LCP1 and PRDX4 was determined as the standardized mean difference (SMD) between normal tissue and primary cancer sites. To determine the average differential expression of each gene, the pooled SMD across all tumor types was estimated using the meta-analytic toolbox MetaLab in MATLAB R2016b (MathWorks) [30], assuming a random effects model for which the variance of cancer-specific effects was reported. Where applicable, 95% confidence intervals (CIs) were estimated using critical values from the z-distribution (i.e., z = 1.96 for significance level α = .05), and results were deemed
statistically significant if the 95% CI did not overlap with the null effect (i.e., SMD = 0). When specified, pairwise comparisons between normal tissue and primary tumor gene expression were conducted using two-tailed Student’s $t$ test, and $P$ values were reported.

**Statistics**

Data are presented as means ± standard error of the mean (S.E.) with sample size ($n$) indicating the number of independent experiments, or as means ± standard deviation (S.D.) with sample size ($n$) indicating the number of samples. Differences were assessed by ANOVA or Student’s $t$ test and accepted as statistically significant at $P < .05$.

**Results**

**Identification of L-Plastin as a Potential Osteoclast Stimulating Factor Secreted from Breast Cancer Cells**

We have previously demonstrated that soluble factors produced by breast [10,11] and prostate [12] cancer cells induce osteoclast differentiation and that peroxiredoxin-4 (PRDX4) is one of the mediators of these osteoclastogenic effects [13]. Another protein identified by mass spectrometry in the osteoclastogenic fraction was plastin (Supplemental Figure 1A). The three plastin isoforms, L-plastin (PLS1), L-plastin (LCP1), and T-plastin (PLS3), are typically described as intracellular proteins. Since plastin isoforms have a high degree of homology, we first confirmed the specificity of the antibodies for different isoforms. Antibodies for T- and L-plastins were specific, while the L-plastin antibody exhibited high nonspecific binding at lower molecular weights; antibody against T-plastin identified a product in both T- and L-plastin lysates; however, the molecular weight was lower than expected (Supplemental Figure 1B).

Next, we examined the protein levels of plastin isoforms in MDA-MB-231 cell lysates and conditioned media (CM) using immunoblotting. All plastin isoforms were present in the breast cancer cell lysates; however, only L-plastin was detected extracellularly in the MDA-MB-231 CM (Figure 1A). We dissected the electrophoresis band between 60 and 70 kDa and analyzed it with mass spectrometry. With a 95% probability, we identified 13 peptides that originated from L-plastin and 5 peptides from T-plastin. A transient siRNA knockdown of L-plastin in MDA-MB-231 cells (Figure 1B) resulted in a decrease in the ability of breast cancer cell to induce osteoclastogenesis (Figure 1C, D). Similarly, knockdown of L-plastin in mouse breast carcinoma 4T1 cells decreased their ability to stimulate osteoclast formation (Supplemental Figure 2). L-plastin was found in cell lysates (Figure 1E) and CM (Figure 1F) in the breast (MCF7, 4T1, and MDA-MB-231), prostate (PC3), and erythroleukemia (K562) cancer cells but not in normal skin fibroblasts (NSF). Of interest, we commonly observed two bands in some cell lysates and most CM samples, suggesting the possibility of splice variants or proteolytic products. Thus, we demonstrate that L-plastin is expressed and secreted by breast cancer cells and is potentially involved in stimulation of osteoclastogenesis.

**Exosomal Release of L-Plastin from MDA-MB-231 Cells**

Plastins are intracellular proteins; therefore, we next examined the mechanism of their release from MDA-MB-231 cells. Since L-plastin was previously found in the vesicular compartment [32,33], we isolated the vesicular fraction from MDA-MB-231 CM using differential centrifugation. The average vesicular size was 135 nm (Figure 2A), and their transmission electron microscopy appearance was circular with a central depression (Figure 2B), consistent with exosomes. Immunoblotting confirmed the presence of two specific exosome markers, CD9 and TSG101, as well as L-plastin in the

**Figure 1.** L-plastin is an osteoclastogenic factor secreted from MDA-MB-231 breast cancer cells. (A) Immunoblotting for I, L, and T-plastin (IPL, LPL, and TPL) in MDA-MB-231 cell lysates (CL) and conditioned medium (CM). Equal loading was visualized by Ponceau staining (lower gels). (B-D) L-plastin was transiently depleted in MDA-MB-231 cells (MD-231) using siRNA for L-plastin specific oligos (siLPL) or negative control (siNC). (B) L-plastin mRNA (top) and protein (bottom) expression in parental (−) and siLPL cells. (C, D) RAW 264.7 cells were primed with RANKL (50 ng/ml) for 2 days and then cultured for additional 2 days without treatment (negative control, NC), with RANKL (50 ng/ml, PC), or with 10% CM from siNC or siLPL MDA-MB-231. Average numbers (C) and representative images (D) of osteoclasts (OC) formed in indicated conditions. Scale bar of 100 μm applies to both images. Data are means ± SD, $N = 2$. (E, F) Protein expressions of L-plastin in whole cell lysates (E) and CM (F) in human erythroleukemia cells K562, human embryonic kidney cells 293 (HEK), normal skin fibroblasts (NSF), prostate carcinoma cells (PC3), human breast carcinoma cells MCF7 and MDA-MB-231 (231), and mouse breast carcinoma cells (4T1) were determined using immunoblotting. Protein loading was assessed using α-tubulin for cell lysates (E) and Ponceau stain for CM (F).
vesicular fraction (Figure 2C). Nevertheless, protein expression of L-plastin was still evident in the conditioned medium after isolation of exosomes by ultracentrifugation (Figure 2D). The treatment of MDA-MB-231 cells with an exosome inhibitor GW4869 significantly reduced the osteoclastogenic potency of MDA-MB-231 CM (Figure 2E). We examined if PRDX4 was also released by exosomes; however, PRDX4 was not detected in purified exosomes but was present in MDA-MB-231 cell lysates and CM both before and after depletion of exosomes (Figure 2F). Thus, at least in part, breast cancer cells deliver L-plastin into the extracellular space through exosomal release.

**Induction of Osteoclast Formation by Recombinant Human L-Plastin Induces**

We next examined if L-plastin can directly induce osteoclast formation. We primed RAW 264.7 cells with RANKL for 2 days, washed the precursors, and cultured them with recombinant human L-plastin for an additional 2 days (Figure 3A). The effect of L-plastin on osteoclast formation was similar to the positive control (cells cultured with RANKL for 4 days) and resulted in a significant increase in osteoclast numbers compared to the negative control (cells cultured with RANKL for 2 days, then without additions for 2 days). Similarly, addition of recombinant T-plastin resulted in a significant increase in osteoclast number, while in the presence of L-plastin, increase in osteoclast numbers did not reach statistical significance (Figure 3B-C). Addition of control proteins recombinantly produced in bacterial system did not affect osteoclast formation (Figure 3, B-C). Increase in the number of osteoclasts in recombinant plastin-treated cultures was accommodated with a corresponding increase in osteoclast size and nucleation (Supplemental Figure 3).

When calcium signaling was prevented using a calcium chelator BAPTA-AM, L-plastin-induced NFATc1 nuclear translocation was significantly decreased (Figure 4C), and the effect of L-plastin on osteoclast differentiation was significantly diminished (Figure 4D). Thus, recombinant human L-plastin induced osteoclast formation from RANKL-primed osteoclast precursors exhibiting nuclear localization of NFATc1 (Figure 4C). When calcium signaling was prevented using a calcium chelator BAPTA-AM, L-plastin–induced NFATc1 nuclear translocation was significantly decreased (Figure 4C), and the effect of L-plastin on osteoclast differentiation was significantly diminished (Figure 4D).

**Loss of Osteolytic Potential by L-Plastin and PRDX4-Deficient MDA-MB-231 Breast Cancer Cells**

We generated MDA-MB-231 cells stably transfected with shRNAs against L-plastin (shL), peroxiredoxin-4 (shP), or the combination of both L-plastin and peroxiredoxin-4 targeting shRNAs (shLP) (Figure 5). The expression of L-plastin and PRDX4 in the cell lysates...
and C M(Figure 5C, D) of shRNA clones was compared to parental and empty vector (Luc) MDA-MB-231 cells. L-plastin expression in cell lysates and CM was reduced in all clones, including MDA-MB-231 cells harboring only the PRDX4-targeting shRNAs (shP). In contrast, PRDX4 expression was reduced only in the MDA-MB-231 clones that harbor PRDX4 targeting shRNAs (shP). These data suggest that L-plastin expression is downstream of PRDX4.

Next, female CD-1 immunodeficient mice were injected in the left tibia with i) PBS (sham); ii) human MDA-MB-231 cells, naïve or empty-vector transfected; iii) L-plastin deficient MDA-MB-231 cells (shL); iv) PRDX4 deficient MDA-MB-231 cells (shP); or v) MDA-MB-231 cells deficient for both L-plastin and PRDX4 (shLP), and bone loss was examined 2 weeks after surgery (Figure 6). We observed no significant difference between mice inoculated with parental or empty-vector-transfected MDA-MB-231 cells and combined these groups for further analysis as a positive control group. Histological analysis demonstrated a significant decrease of bone volume per tissue volume (BV/TV) and a tendency for increase in osteoclast number per bone perimeter in positive control samples compared to sham (Figure 6A-C). In tibias injected with clones harboring shL, shP, and shLP targeting shRNAs, BV/TV was not significantly different from sham, while in tibias injected with clones harboring the shLP shRNAs, the BV/TV was also significantly higher than in positive control group (Figure 6B). No increase in osteoclast numbers compared to sham was evident in tibia injected with MDA-MB-231 clones harboring shL, shP, or shLP constructs, and clones deficient in PRDX4 demonstrated significant (shP) or trending (shLP, \(P = .1\)) decrease in osteoclast numbers compared to positive control (Figure 6C). \(\mu\)CT confirmed that MDA-MB-231 cells deficient in both L-plastin and PRDX4 (shLP) were unable to induce osteolysis, which is evident by higher BV/TV, trabecular number, and bone mineral density compared to positive control, cancer samples (Figure 6D-E). These data suggest that L-plastin and PRDX4 are involved in mediating breast cancer–induced osteolysis in vivo.

\[\text{Differential Gene Expression of LCP1 and PRDX4 in Primary Carcinomas}\]

Using datasets from TCGA [29], we examined LCP1 and PRDX4 mRNA levels in normal human tissue and primary tumors; regrettably, the data available for LCP1 or PRDX4 expression at

\[\text{Figure 3. Recombinant L-plastin induces osteoclast differentiation from RANKL-primed precursors. (A-C) RAW 264.7 cells were primed with RANKL (50 ng/ml) for 2 days and then cultured for an additional 2 days without RANKL treatment (negative control, NC), with RANKL (50 ng/ml, positive control, PC), with human recombinant L-plastin (rLPL) at different concentrations (5, 10, or 25 \(\mu\)g/ml) (A), or with human recombinant L-plastin-1 (rPL), L-plastin (rLPL), T-plastin (rTPL), or control protein (rCP, an unrelated protein produced by the same process) (5-10 \(\mu\)g/ml), (B) and average osteoclast numbers were assessed. Data are means ± SEM., } N = 3-11 \text{ independent experiments, } ***P < .001 **P < .01, *P < .05 \text{ assessed by ANOVA and compared to NC by post hoc Bonferroni test. (C) Representative images of TRAP-stained osteoclast cultures formed in indicated conditions; 100-\mu\text{m scale bar applies to all images.}}\]
metastatic sites were scarce. We investigated the differential mRNA expression of LCP1 and PRDX4 in other primary cancer types (Figure 7, Table S1). Both LCP1 and PRDX4 were significantly elevated in primary invasive breast carcinoma (BRCA) and primary prostate adenocarcinoma (PRAD). In addition, LCP1 was significantly upregulated or demonstrated tendencies towards an increase in numerous cancer types, including kidney renal clear and papillary cell carcinomas, as well as glioblastoma multiform; and was significantly upregulated in the majority of cancers, including uterine, bladder, head and neck, and kidney carcinomas, which commonly metastasize to bone, with changes in PRDX4 being more pronounced than those observed in LCP1.

Discussion

In this study, we demonstrated that the cytosolic protein L-plastin is released from breast cancer cells with exosomes. Extracellular L-plastin stimulated osteoclast formation from late osteoclast precursors in the absence of RANKL. The osteoclastogenic effect of L-plastin was mediated through stimulation of calcium oscillations and nuclear
translocation of NFATc1 transcription factor, supporting a receptor-mediated action of L-plastin. Using an experimental bone metastasis model, we demonstrated that L-plastin, together with PRDX4 which we described previously [13], mediated breast-cancer induced osteolysis. We validated the relevance of L-plastin and PRDX4 in human cancer biology by demonstrating that expression of LCPI and PRDX4 was significantly increased in carcinoma samples from patients across different cancer types, including primary invasive breast carcinoma and primary prostate adenocarcinoma.

We have now reported that two proteins with established cytosolic function, L-plastin (current manuscript) and PRDX4 [13], are actively released from breast cancer cells and participate in the intercellular communications. While PRDX4 was previously shown to have a signal peptide allowing its secretion [34] and was found in the extracellular space [35–37], L-plastin was only reported to function as an actin binding protein involved in motility and invasion [16,23,38,39]. To evaluate the route of L-plastin release from breast cancer cells, we considered that the cancer secretome consists of macromolecules released from cancer cells by all means, including secretion, shedding, and leaking through vesicular release [40,41]. Many cytosolic proteins have been shown to be present within exosomes released from cancer cells [27,42,43]. We found that exosomes were important for breast cancer–induced osteoclast formation, as inhibition of exosomal release significantly reduced the osteoclastogenic potential of breast cancer–derived CM. We purified exosomes from the media conditioned by breast cancer cells and have demonstrated that L-plastin was present within the exosomal fraction, while PRDX4 was not. Detectable levels of L-plastin were also found in exosome-depleted CM, suggesting either the presence of an additional route of L-plastin release or L-plastin spillage from exosomes. In this regard, exosomes have been demonstrated to communicate with the target cells through several pathways, including i) interaction of ligand present on the outer surface of exosomal membrane with a cell surface receptor; ii) release of soluble ligands through proteolytic cleavage of exosomal membrane; or iii) release of exosomal content into the cytoplasm after uptake by target cells [44]. Our data demonstrate that in addition to the established prometastatic function of intracellular L-plastin known to enhance cancer invasiveness [23,45], extracellular L-plastin contributes to cancer metastasis to bone by promoting a favorable osteolytic microenvironment.

The establishment of osteolytic bone metastases requires the action of bone-resorbing osteoclasts [46,47]. RANKL is a key osteoclastogenic cytokine produced by bone-forming osteoblasts. Breast cancer cells are known to stimulate osteoblastic expression of RANKL, which in turn stimulates osteoclast formation [48–50]. We have previously determined that cancer cells also release factors that can serve as a substitute for RANKL and directly induce osteoclast formation from precursors deprived of RANKL after an initial period of RANKL-mediated priming [10–12]. We have found that breast cancer cells lacking L-plastin are ineffective in inducing osteoclast formation and that addition of recombinant L-plastin to RANKL-primed osteoclast precursors is sufficient to stimulate osteoclastogenesis. Moreover, we demonstrated that similar to breast cancer–derived factors, recombinant L-plastin induced calcium oscillations and NFATc1 nuclear translocation. This signaling signature is consistent with the function of co-stimulatory immunoglobulin-like receptors previously reported to be important for osteoclastogenesis, including osteoclast-associated receptor (OSCAR), triggering receptor expressed in myeloid cells 2 (TREM2), signal-regulatory protein β1 (SIRPβ1), and paired immunoglobulin-like receptor A (PIRA) [8,51]. Our data suggest that secreted L-plastin is a novel osteoclast regulator potentially acting through one of the co-stimulatory immunoglobulin-like receptors to augment and partially substitute for RANKL in promoting osteoclastogenesis.

To confirm the relevance of L-plastin for bone metastasis in vivo, we used the experimental breast cancer bone metastasis model in which parental or shRNA-transfected human MDA-MB-231 cells

Figure 5. Generation of L-plastin and PRDX4 targeting shRNA clones. (A–D) MDA-MB-231 cells (231) were transfected with shRNA targeting L-plastin (shL), peroxiredoxin-4 (shP), a combination of both L-plastin and PRDX4 (shLP), or an empty vector (Luc), and stable clones were generated. Expression of L-plastin and PRDX4 in cell lysates (CL, A, B) and conditioned medium (CM, C, D) was assessed by immunoblotting. Calnexin and Ponceau stains were used as loading controls for CL and CM, respectively. Shown are representative immunoblots (A, C) and their quantification relative to loading control (B, D). Data are means ± SEM, N = 3 independent experiments for L-plastin and N = 1 for PRDX4.
were injected directly in the tibias of immunodeficient CD-1 mice. We found that L-plastin–deficient MDA-MB-231 cells exhibited a reduced capacity to stimulate osteolysis in vivo. Similarly, PRDX4-deficiency resulted in a moderate reduction in cancer-induced osteolysis in this model. Previously, we examined the role of PRDX4 in prostate cancer bone metastasis using a model of tibial injection of PRDX4-deficient human PC3 cells in CD-1 mice and demonstrated significant but partial inhibition of osteolysis [13]. Importantly, MDA-MB-231 cells deficient in both L-plastin and PRDX4 exhibited severe deficits in their ability to induce osteolysis.

**Figure 6.** Double knockdown of L-plastin and PRDX4 significantly attenuates osteolysis in vivo. Six-week-old female nude CD-1 mice were injected in the left tibiae with PBS (sham), 10,000 parental MDA-MB-231 cells, or MDA-MB-231 cells transfected with empty vector (Luc), L-plastin (shL), peroxiredoxin-4 (shP), or both L-plastin and PRDX4 (shLP). Data from MDA-MB-231 parental and Luc groups were not significantly different and were pooled as a single cancer group (can) for further analysis. Two weeks postsurgery, the mice were euthanized, and hind limbs were collected for histology and μCT. (A-C) Histological evaluation. (A) Representative images of upper tibial metaphyseal region stained for TRAP; 100 μm scale bar applies to all images. (B) The bone volume per tissue volume (BV/TV). (C) Number of osteoclasts per bone perimeter (# OC/μm). Data are means ± SEM, N = 4-11 mice/group, *P < .05 assessed by ANOVA followed by post hoc Bonferroni test. (D-G) μCT analysis. (D) Representative 3D μCT reconstructions of the trabecular bone in the proximal tibia of mice that were sham-operated, or injected with parental MDA-MB-231 cells (cancer) or with MDA-MB-231 cells lacking L-plastin and PRDX4 (shLP). (E) Bone volume per tissue volume (BV/TV). (F) Trabecular number (Tb.N). (G) Bone mineral density. Data are means ± SEM, N = 3-7 mice per group, *P < .05, **P < .01 compared to sham, #P < .05 compared to cancer, assessed by ANOVA and then Bonferroni test.
suggesting a potential cooperative mechanism of action for L-plastin and PRDX4. This model specifically targets the stage of direct interactions between the invading cancer cells and resident bone cells rather than the processes of selective homing, suggesting that the reduction in osteoclastogenic capacity of L-plastin- and PRDX4-deficient breast cancer cells—rather than changes in motility or homing—likely underlies the reduced osteolysis observed in vivo.

To examine the translational relevance of L-plastin and PRDX4, we used the publicly available data sets to examine differential gene expression in normal and tumor tissues of cancer patients (https://cancergenome.nih.gov/). We found that changes in LCP1 expression were cancer-type specific: LCP1 was significantly increased in invasive breast carcinoma and prostate adenocarcinoma, as well as in kidney cell carcinomas and glioblastoma, and significantly decreased in tumors originated in lower gastrointestinal tract. PRDX4 was significantly upregulated in the majority of cancer types (13 of 23) and significantly downregulated only in 2 cancer types: cholangio and liver carcinomas. Importantly, PRDX4 was significantly upregulated in all cancer types known for their high propensity to metastasize to bone—breast, prostate, lung, and kidney [52]—while LCP1 was upregulated in all except for lung cancers. These data strongly support the potential utility of LCP1 and PRDX4 as diagnostic markers and therapy targets. Our data are consistent with the previous studies of PRDX4, overexpression of which was identified in many cancer types [53], including breast [54] and prostate [52,55]. Based on the L-plastin role in tumor cell invasiveness [17,45,56–60], it was proposed to be used as a diagnostic marker [19,61]; prognostic marker [62]; or a therapeutic target [60,63,64]. Our data demonstrate that extracellular L-plastin and PRDX4 have a specific role in stimulating osteoclastogenesis and thus promoting osteolysis during cancer metastasis to bone and suggest that information regarding the expression of these proteins may be particularly useful in cancers with frequently bone metastasis.

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CRediT Authorship Contribution Statement
Kerstin Tiedemann: Conceptualization, Methodology, Data curation, Formal analysis, Writing - original draft. Gulzhatkan Sadvakassova: Data curation, Formal analysis. Nicholas Mikolajewicz: Data curation, Formal analysis, Writing - original draft, Writing - review & editing. Michal Juhas: Data curation, Formal analysis. Zarina Sabirova: Data curation, Formal analysis. Sébastien Tabariès: Data curation, Formal analysis, Writing - review & editing. Jan Gettemans: Conceptualization, Methodology, Writing - review & editing. Peter M. Siegel: Conceptualization, Methodology, Writing - review & editing. Written in English.

Svetlana V. Komarova: Conceptualization, Methodology, Formal analysis, Writing - original draft.

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Figure 7. Differential gene expression of L-plastin (LCP1) and PRDX4 in cancer. (A, B) Standardized mean difference (SMD) ± 95% CI between LCP1 (A) and PRDX4 (B) expression in normal tissue and primary tumors for specified cancers. BLCA: bladder urothelial carcinoma, BRCA: breast invasive carcinoma, CESC: cervical squamous cell carcinoma and endocervical adenocarcinoma, CHOL: cholangiocarcinoma, COAD: colon adenocarcinoma, ESCA: esophageal carcinoma, GBM: glioblastoma multiforme, HNSC: head and neck squamous cell carcinoma, KICH: kidney chromophobe, kidney renal clear cell carcinoma, KIRP: kidney renal papillary cell carcinoma, LIHC: liver hepatocellular carcinoma, LUAD: lung adenocarcinoma, LUSC: lung squamous cell carcinoma, PAAD: pancreatic adenocarcinoma, PCPG: pheochromocytoma and paraganglioma, PRAD: prostate adenocarcinoma, READ: rectum adenocarcinoma, SARC: sarcoma, STAD: stomach adenocarcinoma, THCA: thyroid carcinoma, THYM: thymoma, UCEC: uterine corpus endometrial carcinoma. Red: expression significantly higher than normal; blue: significantly lower than normal; gray: not significantly different from normal tissue. Horizontal shaded bands: random effects SMD estimate ± 95% CI of overall pooled SMD across all cancer types. Arrows: Cancer types commonly associated with bone metastases [31]. (C) Linear regression analysis of relationship between differential expression of LCP1 and PRDX4, grouped by cancer types in which LCP1 was either downregulated (blue) or upregulated (red). Filled markers: significant change in LCP1 expression, empty markers: nonsignificant change in LCP1 expression.
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Appendix A

Supplementary meta-analysis data can be found under Supplementary Table 1.

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