NNF- Clinical Protocols in Perinatology

ASHISH JAIN, BALLAMBATTU VISHNU BHAT
Jaypee Brothers Medical Publishers (P) Ltd., EMCA House, Ansari Road, Daryaganj, New Delhi.
Pages: 390; Price: Rs.1995/-

This book on clinical protocols in perinatology, brought out by the National Neonatology Forum, is a step in the right direction to highlight the importance of a holistic perinatal approach to the high risk mother-newborn dyad, to improve their outcomes.

Perinatal medicine, also known as maternal-fetal medicine, has important preventive, therapeutic as well as interventional scope to reduce the burden of problems not only in the newborn baby but extending into childhood and adulthood, with the now established fetal origins of childhood and adult diseases. Attempting to prevent births with chromosomal anomalies or major structural malformations, improving outcomes of newborns of mothers with common medical problems like pre-gestation and gestational diabetes, hypertension, pregnancy related problems like pre-eclampsia, isoimmunization, multiple pregnancies, early diagnosis and management of fetal growth restriction are few of the components of perinatal medicine.

All these issues and more have been well-addressed in this book. The book has 51 topics covered under seven sections addressing fetal wellbeing, birth defects, fetal effects of maternal medical and obstetric conditions, congenital and perinatal infections, and delivery room management. There is also a chapter covering ethical and medicolegal issues in the perinatal period. Each topic is informative yet concise and has been well addressed jointly by obstetric/fetal medicine experts and neonatologists and is supported by tables, flow charts, clinical pictures and illustrations as needed. At the end of each topic is a useful section on ‘chapter at a glance’ as well as ‘key-points’ This book will serve as a ready reckoner for perinatal management for postgraduates as well as practitioners of Neonatology, Pediatrics and Obstetrics.

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COVID-19 VACCINES-A Comprehensive OVERVIEW

VIPIN M VASHISHTA, PUNEET KUMAR, ARUN WADHWA
Tree Life Media Publishing for Practice 2022
Pages: 425; Price: Rs.1595/-

With so much of varying opinions and claims regarding the dosage schedule, interval between doses, immediate and long-term efficacy of currently available and used COVID-19 vaccines across the globe, there was a felt need for clear information on this topic. This book, consisting of 31 sections edited by the erudite Dr. Vasishta and his team of co-editors and contributing authors, who have done an admirable job and justice in addressing, clarifying and answering most of these doubts. They have provided a clear direction, distilled from facts and data available from global studies, to care givers and beneficiaries with regard to the possibility of future outbreaks of mutants, duration of efficacy of all currently used vaccines, need for boosters at regular intervals and other issues.

After going through each of these sections, I am in total agreement with the foreword by none other than Stanley A. Plotkin that this book could be serving as a blueprint for the response to a new (pandemic) – ‘Disease X.’ This is a strongly recommended and a must read book for all involved in care of infectious diseases.

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