Nonbacterial thrombotic endocarditis associated with cancer of unknown origin complicated with thrombus in the left auricular appendage: case report

Kazuko Norisada¹, Hidekazu Tanaka¹*, Tetsuari Onishi¹, Akihiro Kaneko¹, Takayuki Tsuji¹, Kohei Yamawaki¹, Keiko Ryo¹, Kazuhiro Tatsumi¹, Kensuke Matsumoto¹, Natsuko Miura², Jun Saegusa², Yukiko Morinaga³, Shigeo Hara³, Hiroya Kawai¹, Ken-ichi Hirata¹

Abstract
A 63-year-old man was admitted to our hospital with a complaint of right lateroabdominal pain. He was diagnosed with metastatic colon cancer, and then developed multiple brain embolic infarctions 7 days after admission. Transesophageal echocardiography showed that mobile, echo-dense masses were attached to the anterior and posterior mitral valve leaflet. Furthermore, there was a thrombus in the left auricular appendage despite sinus rhythm. These findings led to a diagnosis of suspected infectious endocarditis with subsequent multiple brain infarctions. The patient’s general condition worsened and he died 13 days after admission. An autopsy was performed, and, while poorly differentiated cancer was observed in multiple organs, no primary tumor could be identified. Histological analysis showed that the masses of the mitral valve consisted mainly of fibrin without bacteria or oncocytes. This patient was therefore diagnosed with nonbacterial thrombotic endocarditis associated with cancer of unknown origin complicated with thrombus in the left auricular appendage.

Background
Nonbacterial thrombotic endocarditis (NBTE) is a rare condition associated with cancer and other illnesses with hypercoagulable states, including septicemia and autoimmune disease [1]. It causes aseptic masses of fibrin and platelets usually along the line of previously undamaged heart valves. The vegetations in NBTE are friable and tend to detach and cause extensive infarction more readily than the vegetations observed in infective endocarditis. Nearly half of patients present clinically with systemic emboli, with cerebral emboli occurring most commonly [2]. A diagnosis of NBTE is most commonly made at autopsy and is rarely made during life. This report concerns a case of NBTE associated with cancer complicated with thrombus in the left auricular appendage and multiple cerebral infarctions.

Case presentation
A 63-year-old man was admitted to our hospital with a complaint of right lateroabdominal pain. He had a history including hypertension, hyperlipidemia and chronic rheumatoid arthritis. Physical examination found his blood pressure was 130/74 mmHg and pulse was regular at 72 beats/min. No heart murmur was heard and the lungs were clear on auscultation. Chest X-ray and 12-lead electrocardiography findings were normal. Laboratory test results showed D-dimer of 22.8 μg/ml and serum carcinoembryonic antigen of 1073 ng/ml. Colon contrast enema and colonoscopy revealed the stenosis of the rectum and transverse colon. Endoscopic ultrasonography disclosed that a tumor in the muscular layer of the rectum had invaded from the peritoneal cavity, but that the mucosa and submucous layer were intact. These findings led to a diagnosis of metastatic colon...
cancer. Seven days after admission, aphasia occurred, and magnetic resonance imaging of the brain confirmed the presence of multiple embolic infarctions. Transesophageal echocardiography to evaluate the neurological symptoms indicated that two mobile, echo-dense masses measuring 3 × 7 mm and 6 × 4 mm, were attached to the anterior and posterior mitral valve leaflet, respectively (Figure 1, 2 and 3, Additional file 1; Video 1). However, no significant mitral stenosis or regurgitation was observed (Additional file 2; Video 2). Furthermore, a thrombus (12 × 8 mm) was detected in the left auricular appendage (Figure 4, Additional file 3; Video 3). Other sites of thromboembolic dissemination were not documented. The patient was therefore suspected of having infectious endocarditis with subsequent multiple brain infarctions. However, we also considered the possibility of aseptic endocarditis because serial blood cultures were sterile and there were no clinical signs of infection. Anticoagulation therapy with heparin was administrated, but the patient’s general condition worsened and he died 13 days after admission.

The autopsy showed poorly differentiated cancer in multiple organs, including the serous side of the transverse colon, the sigmoid colon, rectum, pancreas head, bladder, mediastinum, peritoneum and epicardium. However, no primary tumor could be identified. The masses of the mitral valve were histologically composed mainly of fibrin without bacteria or oncocytes (Figure 5). This patient was therefore ultimately diagnosed with NBTE associated with cancer of unknown origin.
Discussion

The case presented here demonstrates an uncommon paraneoplastic disease that a patient with NBTE associated with cancer of unknown origin can be complicated with thrombus in the left auricular appendage and multiple cerebral infarctions.

NBTE, characterized by the presence of platelet-fibrin deposits on cardiac valve surfaces, is known to be associated with hypercoagulable states, particularly in patients with malignant tumors [1]. The aseptic masses on cardiac valves of NBTE are friable and tend to detach and cause extensive infarction more readily than the vegetations observed in infective endocarditis. Nearly half of all NBTE patients present clinically with systemic emboli, most commonly cerebral emboli [2]. All complications of NBTE lead to severe damage to multiple organs and result in a poor outcome. The fact that a diagnosis of NBTE is usually made at autopsy indicates that making a definitive antemortem diagnosis is very difficult. Although the antemortem diagnosis is typically made by means of echocardiography, it can be difficult to distinguish between infective endocarditis and NBTE on the basis of echocardiographic features alone. However, such a distinction is of paramount importance in terms of selecting the most appropriate therapeutic strategy. Various characteristics of NBTE have been reported before. The most commonly affected valves are the aortic valve, the mitral valve, and a combination of the two valves [3]. A large-scale study reported a mitral valve predominance of 64%, followed by aortic valve (24%) and both valves (9%) [4]. Platelet-fibrin deposits are commonly located on the atrial surface of the mitral and tricuspid valves as well as on the ventricular surface of the aortic and pulmonary valves. Valvular vegetations along coaptation lines without leaflet destruction (regurgitation), simultaneous occurrences of venous thromboembolism, negative blood cultures, and absence of clinical signs of infection are all suggestive of NBTE [5]. In the present case, thrombus in the left auricular appendage was complicated. A left atrial thrombus is usually associated with atrial fibrillation or mitral stenosis but is very infrequently detected in the presence of sinus rhythm [6,7]. In addition to above-mentioned characteristics of NBTE, the simultaneous presence of intracardiac thrombus may also be suggestive of NBTE.

NBTE has been reported in 4% of patients with all types of end-stage cancer, and the aseptic masses on cardiac valves of NBTE are very friable and therefore embolize...
easily. NBTE must be taken into account for patients with a background of cancer, with cerebral embolism due to unknown causes, and with negative blood cultures and absence of clinical signs of infection [8].

Conclusions
In summary, NBTE is associated with hypercoagulable states, particularly in patients with malignant tumors, and it causes systemic embolism readily. NBTE must be taken into account for patients with a background of cancer, with cerebral embolism due to unknown causes, and with negative blood cultures and absence of clinical signs of infection.

Consent
Written informed consent was obtained from the kin of the patient for publication of this case report and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

Additional material

Additional file 1: Video 1. Transesophageal echocardiographic view of the mitral valve. Transesophageal echocardiography showed mobile, echo-dense masses measuring 3 × 7 mm and 6 × 4 mm attached, respectively, to the anterior and posterior mitral valve leaflet.

Additional file 2: Video 2. Transesophageal color Doppler echocardiographic image of the mitral valve. Transesophageal echocardiography showed that mitral regurgitation was trivial.

Additional file 3: Video 3. Transesophageal echocardiographic view of the left auricular appendage. A thrombus (12 × 8 mm) was observed in the left auricular appendage.

Abbreviations
NBTE: nonbacterial thrombotic endocarditis.

Author details
1Division of Cardiovascular Medicine, Department of Internal Medicine, Kobe University Graduate School of Medicine, Kobe, Japan, 7-5-2, Kusunoki-cho, Chuo-ku, Kobe, 650-0017, Japan. 2Department of Clinical Pathology and Immunology, Kobe University Graduate School of Medicine, Kobe, Japan, 7-5-2, Kusunoki-cho, Chuo-ku, Kobe, 650-0017, Japan. 3Department of Pathology, Kobe University Graduate School of Medicine, Kobe, Japan 7-5-2, Kusunoki-cho, Chuo-ku, Kobe, 650-0017, Japan.

Authors’ contributions
KN designed the study, carried out subject recruitment, performed echocardiography, analysed the data, and wrote the manuscript. HT, TO, AK, TT, KY, KR KT, KM, NM, JS, YM, SH, HK and KH assisted recruitment and manuscript revision. All authors read and approved the final manuscript.

Competing interests
The authors declare that they have no competing interests.

Received: 9 February 2011 Accepted: 28 February 2011
Published: 28 February 2011

References
1. Borowski A, Ghodsizad A, Cohnen M, Gams E: Recurrent embolism in the course of marantic endocarditis. Ann Thorac Surg 2003, 79:2145-2147.
2. Lopez JA, Ross RS, Fishbein MC, Siegel RJ: Nonbacterial thrombotic endocarditis: a review. Am Heart J 1987, 113:773-784.
3. el-Shami K, Griffiths E, Streiff M: Nonbacterial thrombotic endocarditis in cancer patients: pathogenesis, diagnosis, and treatment. Oncologist 2007, 12:518-523.
4. Steiner I: [Nonbacterial thrombotic endocarditis—a study of 171 case reports]. Česk Patol 1993, 29:93-60.
5. Aryana A, Esterbrooks DJ, Morris PC: Nonbacterial thrombotic endocarditis with recurrent embolic events as manifestation of ovarian neoplasm. J Gen Intern Med 2006, 21:C12-15.
6. Omran H, Rang B, Schmidt H, Illein S, Schimpf R, Maccenter D, Kubini R, Von Der Recke G, Tiemann K, Becher H, et al: Incidence of left atrial thrombi in patients in sinus rhythm and with a recent neurologic deficit. Am Heart J 2000, 140:658-662.
7. Kavlak ES, Kucukoglu H, Yigit Z, Okcum B, Baran T, Ozkan AA, Kucukoglu S: Clinical and echocardiographic risk factors for embolization in the presence of left atrial thrombus. Echocardiography 2007, 24:515-521.
8. Rabinstein AA, Giovanelli C, Romano JG, Koch S, Forteza AM, Ricci M: Surgical treatment of nonbacterial thrombotic endocarditis presenting with stroke. J Neurol 2005, 252:352-355.