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The application characteristics of Zhongjing external prescription medicine

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ABSTRACT

Objective: To explore the application characteristics of Zhongjing prescription topical Chinese medicine.

Methods: In this paper, according to the dosage form, Zhongjing topical agent will be divided into suppository, smoked lotion, apply is scattered, plug nasal powder four categories. Through an analysis on its books, records, and clinical applications, we are able to sum up the application characteristics of the zhongjing agent for external use.

Results: In the clinical medicine, topical Zhongjing prescription cure of the disease has a long history of the role, through the analysis of Zhongjing topical prescription whole thinking, dialectical thinking, and thinking and characteristics of treatment technology that has the characteristics of topical drugs, dosage form differentiation flexible, external treatment for internal diseases, both inside and outside.

Conclusion: topical medicine not only in the clinical treatment effect is good, and to inherit and develop Zhang Zhongjing thought of medicine, medical practice, law, strengthen Zhong Jing prescription and medicine, to enrich TCM clinical diagnosis and treatment methods to improve the clinical efficacy of traditional Chinese medicine, Chinese medicine clinics provide high standards of service for patients.

“Treatise on Miscellaneous Diseases” is one of the traditional Chinese medicine books, the author of the medical St. Zhang Zhongjing, the book established on the typhoid fever six classification of the principle of dialectical treatment, laid the rationale, the law, the theory of medicine basis. Prescription refers to the application of body surface or some mucosal parts, with insecticidal itching, swelling, chemical rot pus, myogenic closure, convergence of some of the drugs, through the analysis of medical books according to Zhongjing prescription The dosage forms were used to classify Zhongjing external prescription drugs, and their application characteristics were analyzed and summarized. Zhongjing prescription for the improvement of traditional Chinese medicine clinical health care system and health care system to provide scientific and technological support to determine the “inheritance, innovation, modernization, internationalization” four aspects of Chinese medicine basic tasks for the present stage and future development lay the foundation.

1. Zhongjing topical overview

“Treatise on miscellaneous diseases” through a large number of significant efficacy of local agents, such as evidence and experience and experience, for the treatment of modern disease provides a basis and guidance. Zhongjing theory using the overall concept of the six diseases of the syndrome differentiation, the human body organs meridians, health and blood of the corresponding organs and organs of the meridian of the site of organic combination, including the six diseases, including the relationship between the law.

Chinese medicine outside the form of treatment in accordance with the dosage form can be divided into medication, smoked lotion, external powder, plug nose scattered, the form of traditional Chinese medicine to cure the disease, you can achieve detoxification swelling, the role of decaying. Zhongjing prescription compared with Western medicine with practical, practical, convenient, the advantages of the economy, the rule of traditional Chinese medicine to “have the inside, must be outside” for the purpose of prevention and treatment of diseases, with direct disease, significant efficacy, to avoid the first The effect of the effect.

In this paper, through the analysis of the contents of Zhongjing’s doings, through the whole concept, the use of dialectical treatment of the treatment of Zhongjing external prescriptions after sorting, summarized Zhongjing prescription application characteristics,
and the The future treatment of clinical diseases and the use of external medicine to provide the basis and methods.

2. Zhongjing topical prescription

Traditional Chinese medicine is a traditional Chinese medicine used in a particular part of the application of organs or organs of a treatment, can be used to prevent oral absorption of the gastrointestinal tract is facing many aspects of inactivation and side effects. "Treatise on miscellaneous diseases," the creation of a dialectical treatment system, is the rationale, the law, the party, the drug prepared monographs, the book recorded Zhongjing drugs in the oral aspects of dialectical accurate, accurate selection of drugs, models flexible. Zhongjing prescription in accordance with the dosage form can be divided into medication, smoked lotion, topical powder, plug nose scattered, the following for each type of drug Zhongjing recorded usage, later application details.

2.1. Suppository

The drug is used to process the drug into the vagina, which is known as the vaginal delivery method. Vaginal medicine is a medicine for the treatment of mucosa. In ancient times, this method was used to treat the diseases caused by cold, wet, etc. Zhongjing is the first to cure the disease, so that the medicine can go directly to the disease.

In the theory of the diseases of typhoid fever, it is not to be hot and dry. The application of dry constipation in the application of clear heat and dryness. Use the honey emboli to insert the inside of the anus moist bowel general, or use the pig bile and vinegar to infuse the inside of the anus to clear heat and dry and the cause of the defection. The front is used for the dry and dry of the fluid, which is often used, but not the one, which is used for the hot and defecate. For the gynecological diseases with wet blood, when there is no erosion in the Yin, it can be used as a pill and put into the vagina to improve the symptoms. For cold, vagina, Yin in the patients with no erosion, the optimal treatment of wen Yin, common cnidium fruit with white powder made from fructus cnidii scattered made into suppository into Yin, straight temperature by the evil, to warm palace dehumidification insecticidal itching; and for the heat of the lower heat and the raw sores in the Yin, accompanied by the drips, the treatment of the soup with the Wolf's teeth, and the detoxification of the heat and detoxification of the body in the Yin with the hot water. And inner parts of gastrointestinal dry gas, result in a polluted gas drainage of stem and the former Yin, Yin blowing, anus with pig paste Fried to rule, the middle pig cream dryness knot, loose hair and eliminating stasis aperient, altogether plays the two drugs blood Intestinal nutrition purge, bring a polluted gas drainage to advocate, the self-healing.

In synopsis of the golden chamber, it is recorded that the drug into the jujube type suppository, which is included in the vagina. It is the drug directly affected by the drug. In addition, it is also used for the treatment of cold, dry, dry, dry, and dry itch. It has the advantages of direct medicine, direct medication, mucosa absorption and quick effect.

Modern medicine is often used to treat gynecological diseases. Rural women often appear cervicitis and erosion, the symptoms of lumbar acid trapped, pain, vaginal secretion white mucus, serious foul odor, common cnidium fruit, withered alum, borneol, clinical research for fine powder, strapping, globular, after washing privates, will require in the cervical part, two or three times to be effective. There is also a clinical record of treating vaginitis with the use of sciatica, which can improve the vaginal mucosal edema and (Guo et al., 2015). The medicine is quick and effective.

2.2. The smoked lotion

Fumigation is a method of curing or treating the decoction with heat in the skin or in the affected area. This therapy is a combination of drug and heat, which influences the human body through skin and mucosal action, and promotes the smooth and smooth flow of the tissues and veins, thus achieving the goal of preventing and treating diseases. The fumigant can be absorbed rapidly through the surface of the surface of the skin to achieve internal and external combination and the effect of external treatment.

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Modern medicine is used to treat the use of the lotion for anal diseases, orthopedic and skin diseases. At present, the treatment of hemorrhoids with hemorrhoids is used to treat hemorrhoids. The results showed that the hemorrhoids were anti-inflammatory and anti-inflammation and analgesic effect of the hemorrhoids. Use sanhuang lotion to treat the complications after rectal surgery, improve the symptoms of local inflammation, pain, edema, itching, etc., and improve the quality of life of the patients. Three yellow lotion contains radix scutellariae, rhizoma coptidis, cortex phellodendri, Chinese herbal medicine, has clear heat dry; wet effect, the compatibility of rhizoma ligustici wallii, circular arc, radix stemona, double flowers, incense, such as medicine, common play to stop bleeding, qi and detoxification, analgesic effect, three yellow lotion fumigation sitz bath is simple, patient compliance is good, excellent results (Guo and Yu, 2016). In addition to being used for anal disease, the smoking lotion can also be used for the recovery of common orthopaedic diseases. Studies have shown that active blood painkillers can relieve pain and swelling symptoms. Huoxue pain smoked lotion contains live alone, radix clematidis, notoginseng, single, medicinal indanmulberry root, astragulus root, etc, for traditional Chinese medicine can be used to relaxes the muscles and stimulate blood circulation promoting qi and blood running, improve the pathological changes of blood running, this cold. The use of the smoke lotion can achieve the effect of both the symptoms and the root, the clinical application is good (Ding et al., 2017). On foot and eczema this common skin disease treatment of traditional Chinese medicine, also the application of this kind of treatment method, the ginseng job smoked lotion with desiccant itching ointment, sophora heat drying wet antipruritic effect, joint coix seed heat the water moisture penetration, tie-in ointments to achieve the purpose of treatment of hand, foot and eczema (Kongliangong et al., 2017).

2.3. External powder

Traditional Chinese medicine powder is the use of traditional Chinese medicine by the principle of the smell of drugs for the pilot for the pilot group of drugs, open the line straight to reach the lesion. So the drug can penetrate into the skin and blood stasis, through the network, open surgery bones, expelling wind and cold. External powder can make the drug directly to the disease and drug to maintain a long time.

Zhongjing theory that can be used for the treatment of the king without leaving the powder due to the knife and other metal equipment caused by injury caused by small trauma, take the main effect of the main drug sores, with the capsule Huayu Leaf blood, southeast of the main injury The function of the three kinds of herbs burned ash, take the black to stop bleeding, compatibility
of scutellaria, peony heat Qingyin role, combined with chuanjiao, dried ginger and yang stasis effect, slightly thick Puzzuo line stagnation gas, the use of licorice to reconcile the Herbs for detoxification, together to achieve the effect of Xiaoyao hemostasis analgesic. In addition, Zhongjing theory also proposed the use of topical application of powder, can be used to treat the damp heat poison caused by the soaking sore, because the use of this method can achieve diarrhea Firelight, heat dampness detoxification effect.

At present, the clinical application of topical powder, mostly concentrated in the orthopedic diseases, often used in knee osteoarthritis. Knee osteoarthritis is clinically common in chronic arthritis. In high altitude and poor climates, the incidence is high and the morbidity is high, which seriously affects the quality of life of patients. At present, commonly used external powder treatment, relieve symptoms, occasionally combined with traditional Chinese medicine decoction method to alleviate the disease (Key, 2013).

The use of wishful golden powder, you can use its heat dehumidification, swelling and pain relief effect, Bitong San can Huoxue-tongluo, help Ruij golden powder to accelerate the infiltration of Chinese medicine into the joint cavity, enhance the effect. Another study of the use of Tongbi powder in the treatment of knee arthritis, the results show that Tongbi scattered Qufeng dehumidification and cold, blood circulation, swelling and pain, clear inflammation within the joints, improve the joint cavity environment to achieve treatment The purpose of Zou et al. (2015). Modern treatment program has the use of bone paralysis powder deposited treatment of knee osteoarthritis records, the use of white mustard seeds, Rhizoma ligustici wallichii, pepper, etc., have to relieve muscle spasms, warm and cold, Cure rheumatism, blood circulation effect. The topical powder can also be used for the treatment of gouty arthritis, Cure osteomana soup compatibility circulation effect. For the clinical treatment of gouty arthritis to provide a theoretical basis (Gan et al., 2015). Topical powder is through the topical drugs on the joints of the osmotic effect, enhance Shu through the network, analgesic analgesic effect, is the drug directly to the disease.

2.4. Plug nose scattered

Nasal therapy is a method of putting drugs into the nose for the treatment of multiple diseases. Into the nasal cavity of the drug, the gas first down in the lungs, after the release of the body by the lungs to produce the role of the disease. Commonly used plug nose treatment of migraine, asthma and other diseases, treatment is simple and convenient, the effect is significant.

Zhongjing theory that the dampness did not pass on the cold dampness caused by patients with headache, nasal congestion symptoms, only need to be drugs into the nose, to catharsis, protect lung, cold and dampness and the effect of disease recovery. The However, this treatment is not the corresponding Zhongjing side, most of the descendants of the use of melon scattered or Xinyi scattered, but also to achieve this effect.

Clinical use of Angelica, Chuanxiong and other drugs composed of headache plug nasal treatment of migraine headache, both with breath and blood circulation, analgesic effect, the product in addition to the clinical analgesic, regulating vasconstriction function, there are inhibition The role of platelet aggregation. Treatment of migraine in the modern study. The cause of migraine is due to poor head blood running, blood stasis. Will Chuanxiong, Angelica, Asarum, clove, borneol, etc. separate grinding, warm water to reconcile into the end of medicine, made of small strips, the use of medical gauze made of nasal dispersion. Which Asarum Qufeng cold, clove and Angelica can relieve tension and analgesic pain, Chuanxiong line blood, borneol can promote drug absorption. Combined with the scorpion, martial arts, leeches, Eupolyphaga and other Chinese medicine decoction obtained four insect soup, together to achieve the effect of healing migraine. Four insects can promote blood circulation, sedation, improve sleep quality. This treatment in the promotion of drugs directly to the disease at the same time efficient and no obvious side effects, clinical significance (Jiang et al., 2014). Some plug nose sneeze, the patient will Qiangqiao smooth and relieve pain, relapse and then still effective.

3. Zhongjing prescription external characteristics

3.1. Syndrome differentiation

The use of topical prescriptions is used under the Guiding Principles. Dialectical reasoning refers to the basic theory of Chinese medicine under the guidance of clinical manifestations as the basis, to infer the cause of the disease, pathogenesis, to provide a basis for treatment. The treatment of external use of yin and yang of the five elements on the cause of Chinese medicine and its classification, the use of yin and yang theory of the cause of the cause, the cause of the classification to explain in detail, due to discoloration caused by the pathological changes of yin and yang disorders. Diagnosis of the disease to grasp the overall concept, the establishment of the overall concept of exogenous pathogens, people living in the natural climate of the phone is the main cause of the disease, the occurrence of the disease are not affected by natural laws and constraints. Zhongjing prescription in the external use, the first in the dialectical basis of the premise, identify the cause of the disease, according to the disease of the disease to consider the pathogenesis of the disease, given the appropriate treatment to achieve the effect of cure disease (Liu, 2016).

3.2. Internal disease outside the rule, both inside and outside the combination

Prescription external energy through the local administration of direct access to the disease, can also be absorbed through the skin and mucous membranes, reducing the role of drugs in the liver under the inactivation of active ingredients to play a full role. Such as suppositories, not only can produce the role of local treatment can also play a role in the body, rarely suffer from gastrointestinal PH value or enzyme damage, rectal vein absorption can avoid the first effect of the liver, and can play lubrication, Insecticide, itching, pain, anti-inflammatory and other local effects (Sun et al., 2016). And even Zhiyuan mixture in the berberine, gardenia, alum, borneol and other drugs complement each other, played a total of hot dampness, wet convergence hemorrhoids, swelling and analgesic effect, can reduce the early pain of perianal abscess, the treatment effect is good (Wang et al., 2016).

3.3. Dosage form flexibility

Zhongjing prescription according to the disease or disease, topical preparation into a paste, pills, suppositories, powder and lotion, the first anal suppository, vaginal suppository and enema method, has been widely used in clinical practice, and be extended to expand. Such as Chinese medicine for attachment inflammation treatment. Annex inflammation in the clinical practice more common among women of childbearing age, acute symptoms mainly for the lower abdomen severe pain, tender area tenderness and rebound tenderness and other symptoms. Western medicine for the treatment of inflammation of the use of more antibiotics, but
its effect is poor, Chinese medicine through syndrome differentiation after treatment with the enema method can significantly improve the quality of life of patients with hot and humid stasis type of inflammation (Xia, 2017). However, in the treatment of chronic prostatitis, in addition to the means can be enema, but also can be used with rectal suppository, the role of fast, significant effect, local drug concentration is high, for prostatitis disease has improved significantly (Niu et al., 2016).

4. Prospects

Traditional Chinese medicine is the characteristic treatment of traditional Chinese medicine, Zhongjing prescription in the syndrome under the premise of treatment, according to the timely development of disease progression, first fried first, the clinical effect is good. For vaginitis or urinary tract infection in patients with female, the use of vaginal suppository, urethral plug method of treatment of disease in addition to itching pain, anti-bacterial anti-inflammatory effect, there are direct medication, not the advantages of gastrointestinal irritation. Clinical treatment practice found that traditional Chinese medicine treatment in the treatment of diseases more secure and reliable, small side effects, low cost, simple operation. Although the development of traditional Chinese medicine prescription has been progressing now, but look around the world, China’s exports of traditional Chinese medicine products are still very limited. Chinese medicine topical development at this stage “lack of comparative advantage”, which is the development of traditional Chinese medicine obstacles. Compared with foreign traditional Chinese medicine products, China’s raw materials used inexpensive, but in the international development of Chinese medicine is still difficult. Therefore, in order to fully play the characteristics of Zhongjing prescription treatment, at this stage should be the direction of international direction Zhongjing continue to promote.

The development of traditional Chinese medicine has gone through the four stages of the germination period, the formation period of the theory, the rapid development period and the mature and perfect. It is concluded that the theoretical achievements of Zhongjing Pharmacy’s external use are mainly embodied in the ancient medical literature and theory, such as “Su Wen” and “Yin and Yang”, and so on. To collect and promote a large number of external prescription; inheritance and create a variety of external treatment formulations, such as suppositories, and fumigants; enriched the treatment of external treatment; laid the principle of external treatment of syndrome differentiation (Zan et al., 2012). The progress of modern research in Zhongjing prescription is mainly manifested in two aspects. In the aspect of innovation, the combination of acupoint ion introduction agent and external sustained-release film and other modern scientific and technological means. In scientific research, foreign experimental study confirmed that the drug, Nasal absorption of the progress, is conducive to the efficacy of drug play (Niu et al., 2015).

Although the theoretical results of traditional Chinese medicine treatment is further improved, but the theory of traditional Chinese medicine is still in a lot of problems. Topical theory to “outside the rule of governance, that is, the rule of governance” for the purpose, but in fact not all. On the other hand, the composition of traditional Chinese medicine theory is established under the conditions of oral administration, oral and external function is different from the external function of the traditional Chinese medicine is different from the oral administration, in addition to very few Chinese medicine outside the absorption of small, To take the theoretical basis of oral administration of the external situation will have a different role. Traditional Chinese medicine for the compound, it is difficult to explain that the material at work. Therefore, in the future development process, we should further improve the theory of external medicine, the study of the efficacy of traditional Chinese medicine, so that the theory of foreign medicine more richer, perfect and meaningful to further guide the clinical application of topical Chinese medicine.

Zhongjing prescription for the improvement of traditional Chinese medicine clinical health care system and health care system to provide scientific and technological support to determine the “inheritance, innovation, modernization, internationalization” of the four basic tasks of Chinese medicine. However, in the development process of Zhongjing Pharmacy, it should be included in the process of internationalization, to clarify the theoretical mechanism of traditional Chinese medicine, so that Zhongjing prescription in the external use of traditional Chinese medicine to play the advantages of simple and quick, and create new value of Chinese medicine culture.

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