SMALL DATA SCATTERING FOR CUBIC DIRAC EQUATION WITH HARTREE TYPE NONLINEARITY IN $\mathbb{R}^{1+3}$

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ABSTRACT. We prove that the initial value problem for the Dirac equation

$$\left\{ \begin{array}{l}
(-i\gamma^\mu \partial_\mu + m) \psi = \left( e^{\frac{-|x|}{|x|}} \ast (\overline{\psi} \psi) \right) \psi \\
\psi(0, \cdot) = \psi_0 \in H^s(\mathbb{R}^3),
\end{array} \right. \text{ in } \mathbb{R}^{1+3},$$

is globally well-posed and the solution scatters to free waves asymptotically as $t \rightarrow \pm \infty$, if we start with initial data that is small in $H^s$ for $s > 0$. This is an almost critical well-posedness result in the sense that $L^2$ is the critical space for the equation. The main ingredients in the proof are Strichartz estimates, space-time bilinear null-form estimates for free waves in $L^2$, and an application of the $U^p$ and $V^p$–function spaces.

1. Introduction

1.1. Preliminary. We consider the initial value problem for the nonlinear Dirac equation with Hartree type nonlinearity

$$\left\{ \begin{array}{l}
(-i\gamma^\mu \partial_\mu + m) \psi = (V \ast (\overline{\psi} \psi)) \psi \\
\psi(0, \cdot) = \psi_0 \in H^s(\mathbb{R}^3),
\end{array} \right. \text{ in } \mathbb{R}^{1+3},$$

where the unknowns are a spinor field $\psi(t, x)$ regarded as a column vector in $\mathbb{C}^4$; $m \geq 0$ is a mass parameter; $V(x) = |x|^{-1} e^{-|x|}$ is the Yukawa potential; $\gamma^\mu \partial_\mu = \gamma^0 \partial_t + \sum_{j=1}^3 \gamma^j \partial_{x_j}$, where $\{\gamma^\mu\}_{\mu=0}^3$ are the $4 \times 4$ Dirac matrices, given in $2 \times 2$ block form by

$$\gamma^0 = \begin{pmatrix} I & 0 \\ 0 & -I \end{pmatrix}, \quad \gamma^j = \begin{pmatrix} 0 & \sigma^j \\ -\sigma^j & 0 \end{pmatrix},$$

where

$$\sigma^1 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma^2 = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma^3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}.$$
are the Pauli matrices; \( \overline{\psi} = \psi^\dagger \gamma^0 \), where \( \psi^\dagger \) denotes the conjugate transpose, hence
\[
\overline{\psi} \psi = \psi^\dagger \gamma^0 \psi = \langle \gamma^0 \psi, \psi \rangle = |\psi_1|^2 + |\psi_2|^2 - |\psi_3|^2 - |\psi_4|^2,
\]
where \( \psi_1, \ldots, \psi_4 \) are the components of \( \psi \). Finally, \( H^s \) is the Sobolev space of order \( s \).

Equation (1.1) with a Coulomb potential, i.e., \( V(x) = |x|^{-1} \), and a quadratic term \( |\psi|^2 \) replacing \( \overline{\psi} \psi \) was derived by Chadam and Glassey [2] by uncoupling the Maxwell-Dirac equations under the assumption of vanishing magnetic field. They also conjectured in the same paper [2, see pp. 507] that (1.1) with a Yukawa potential \( V \) can be derived by uncoupling the Dirac-Klein-Gordon equations,

The \( L^2 \)-norm of the solution for (1.1) is conserved:
\[
\int_{\mathbb{R}^3} |\psi(t,x)|^2 \, dx = \int_{\mathbb{R}^3} |\psi(0,x)|^2 \, dx.
\]
In the massless case, \( m = 0 \), (1.1) is invariant under the scaling
\[
u(t,x) \rightarrow u_\lambda(t,x) = \lambda^\frac{1}{2} \nu(\lambda t, \lambda x)
\]
for fixed \( \lambda > 0 \). This scaling symmetry leaves the \( L^2 \)-norm invariant, and so equation (1.1) is \( L^2 \)-critical.

A related equation that has been studied extensively is the boson star equation:
\[
\left(-i \partial_t + \sqrt{m^2 - \Delta}\right) \nu = (V * |\nu|^2) \nu \quad \text{in } \mathbb{R}^{1+3}, \tag{1.2}
\]

The first well-posedness result for this equation with both the Coulomb and Yukawa potential was obtained by Lenzmann [18] for data in \( H^s \) with \( s \geq \frac{1}{2} \), and later this was improved to \( s > 1/4 \) by Lenzmann and Herr [13]. Concerning scattering theory Pusateri [20] established a modified scattering result in the case of Coulomb potential (which is the most difficult case) for small initial data in some weighted Sobolev space. There are several well-posedness and scattering results for (1.2) with potentials of the form \( V(x) = |x|^{-\gamma} \) for \( \gamma \in (1,3) \); see eg. [3, 4, 5, 6, 20].

Recently, Herr and the present author [15] proved small data scattering for (1.2) with \( m > 0 \) and \( s > \frac{1}{2} \). Consequently, scattering is obtained for the nonlinear Dirac equation
\[
\left(-i \gamma^\mu \partial_\mu + m\right) \psi = (V * |\psi|^2) \psi \quad \text{in } \mathbb{R}^{1+3}, \tag{1.3}
\]
with Yukawa potential, \( m > 0 \) and \( s > \frac{1}{2} \) (see [15, Remark 1.2]). Existence of weak solution for (1.3) with a Yukawa potential in the massless case \( (m = 0) \) was proved earlier by Dias and Figueira [7, 8]. There is also a small data scattering result due to Machihara and Tsutaya [19] for (1.3) with a potential \( V(x) = |x|^{-\gamma} \) for \( \gamma \in (2,3) \), \( m > 0 \) and \( s > \gamma/6 + 1/2 \).

The key difference between (1.1) and (1.3) is the nonlinearity \( (V * |\overline{\psi}\psi|) \psi \) contains a hidden null-structure while this structure is not present in \( (V * |\psi|^2) \psi \). In the present paper, we exploit this null-structure to obtain small scattering for (1.1) for all \( m \geq 0 \) and \( s > 0 \). To establish this result we first prove \( L^2 \)-space-time bilinear null-form estimates for free waves and frequency localized quadrilinear estimates in \( U^P \) and \( V^P \)-spaces.

Our main result is as follows.
Theorem 1. Let $m \geq 0$, $s > 0$ and $\|\psi_0\|_{H^s} < \varepsilon$ for sufficiently small $\varepsilon > 0$. Then the initial value problem (1.1) is globally well-posed and the solution $\psi$ scatter to free waves as $t \to \pm \infty$.

In the future work we intend to address the scattering theory for (1.1) with potentials of the form $V(x) = |x|^{-\gamma}$ for $\gamma \in (1, 3)$, and also the scattering theory for (1.1) in $\mathbb{R}^{1+2}$.

1.2. Reformulation of Theorem 1. We rewrite (1.1) in a slightly different form by multiplying the equation by $\beta = \gamma^0$:

$$\begin{cases}
(-i\partial_t + \alpha \cdot D + m\beta)\psi = (V \ast \langle \beta\psi, \psi \rangle)\beta\psi & \text{in } \mathbb{R}^{1+3}, \\
\psi(0, \cdot) = \psi_0 \in H^s(\mathbb{R}^3),
\end{cases}$$

(1.4)

where $D = -i\nabla$ and $\alpha = (\alpha^1, \alpha^2, \alpha^3)$ with $\alpha^j \equiv \gamma^0 \gamma^j$. These matrices satisfy the following identities:

$$\begin{align*}
\beta^2 &= (\alpha^j)^2 = I, & \alpha^j \beta &= -\beta \alpha^j, \\
\alpha^j \alpha^k &= -\alpha^k \alpha^j + 2\delta^{jk} I,
\end{align*}$$

(1.5)

where $\delta^{jk} = 1$ if $j = k$ and $\delta^{jk} = 0$ if $j \neq k$. Moreover,

$$\alpha^j \alpha^k = \delta^{jk} I + i\epsilon^{jkl} S^l,$$

(1.6)

where $\epsilon^{jkl} = 1$ if $(j, k, l)$ is an even permutation of $(1, 2, 3)$, $\epsilon^{jkl} = -1$ if $(j, k, l)$ is an odd permutation of $(1, 2, 3)$ and $\epsilon^{jkl} = 0$ otherwise, and

$$S^l = \begin{pmatrix} \sigma^l & 0 \\ 0 & \sigma^l \end{pmatrix}.$$ 

Following [9, 1] we decompose the spinor field $\psi$ relative to a basis of the operator $\alpha \cdot D + m\beta$ whose symbol is $\alpha \cdot \xi + m\beta$. Since $(\alpha \cdot \xi + m\beta)^2 = (|\xi|^2 + m^2)I$, the eigenvalues are $\pm \langle \xi \rangle_m$, where

$$\langle \xi \rangle_m = \sqrt{m^2 + |\xi|^2}.$$ 

Now define the projections

$$\Pi_m^\pm(D) = \frac{1}{2} \left( I \pm \frac{1}{\langle D \rangle_m} [D \cdot \alpha + m\beta] \right).$$

Then we can decompose

$$\psi = \psi^+ + \psi^-, \quad \text{where } \psi^\pm = \Pi_m^\pm(D)\psi.$$ 

(1.7)

In view of the identities in (1.5)–(1.6) we have

$$\Pi_m^\pm(D)\Pi_m^\pm(D) = \Pi_m^\pm(D), \quad \Pi_m^\pm(D)\Pi_m^\mp(D) = 0$$

(1.8)

and

$$\beta\Pi_m^\pm(D) = \Pi_m^\pm(D)\beta \pm m(D)^{-1}_m.$$ 

(1.9)

Applying $\Pi_m^\pm(D)$ to (1.4) and using (1.7)–(1.8) we obtain

$$\begin{cases}
(-i\partial_t + \langle D \rangle_m)\psi^+ = \Pi_m^\pm(D) \left[ (V \ast \langle \beta\psi, \psi \rangle)\beta\psi \right], \\
(-i\partial_t - \langle D \rangle_m)\psi^- = \Pi_m^\pm(D) \left[ (V \ast \langle \beta\psi, \psi \rangle)\beta\psi \right]
\end{cases}$$

(1.10)

with initial data

$$\psi^\pm(0, \cdot) = \psi_0^\pm \in H^s(\mathbb{R}^3),$$

(1.11)
where
\[ \psi_0^\pm = \Pi_m^\pm(D)\psi_0. \]
We denote by \( S_m(\pm t) \) the solution propagators to the free Dirac equation:
\[ S_m(\pm t)f = e^{\mp iT(D)}m f = \int_{\mathbb{R}^3} e^{\mp iT(x)}m e^{i\xi \cdot \hat{x}} f(\xi) \, d\xi. \]

Now Theorem 1 reduces to the following:

**Theorem 2.** Let \( m \geq 0, s > 0 \) and \( \|\psi_0^\pm\|_{H^s} < \varepsilon \) for sufficiently small \( \varepsilon > 0 \). Then the IVP (1.10)-(1.11) is globally well-posed and the solutions \( \psi^\pm \) scatter to free waves as \( t \to \pm \infty \), i.e., there exist \( (f_\pm, g_\pm) \in H^s \times H^s \) such that
\[ \lim_{t \to \infty} \|\psi^\pm(t) - S_m(\pm t)f_\pm\|_{H^s} = 0 \]
and
\[ \lim_{t \to -\infty} \|\psi^\pm(t) - S_m(\pm t)g_\pm\|_{H^s} = 0. \]

The rest of the paper is organized as follows. In Section 2 we give some notation, define the \( U^p \) and \( V^p \)-spaces and collect their properties. In Section 3, we collect some linear, convolution and bilinear estimates for free solutions of Klein-Gordon equation. In Section 4 we reveal the null structure in (1.10) and prove bilinear null-form estimates. In Section 5 we give the proof for Theorem 2 after reducing it first to non-linear estimates. The proof for these non-linear estimates will be given in Section 6. In Sections 7 and 8 we prove the convolution and bilinear estimates for free waves stated in Section 3.

2. Notation and Function Spaces

2.1. Notation. In equations, estimates and summations the Greek letters \( \mu \) and \( \lambda \) are presumed to be dyadic with \( \mu, \lambda > 0 \), i.e., these variables range over numbers of the form \( 2^k \) for \( k \in \mathbb{Z} \). In estimates we use \( A \lesssim B \) as shorthand for \( A \leq C B \) and \( A \ll B \) for \( A \leq C^{-1} B, \) where \( C \gg 1 \) is a positive constant which is independent of dyadic numbers such as \( \mu \) and \( \lambda \); \( A \sim B \) means \( B \lesssim A \lesssim B \); \( A \sim B \) means either \( A \ll B \) or \( B \ll A \); \( A \lor B \) and \( A \land B \) denote the maximum and minimum of \( A \) and \( B \), respectively; \( \langle \cdot \rangle \) denotes the indicator function which is 1 if the condition in the bracket is satisfied and 0 otherwise; we write \( a_\pm := a \pm \varepsilon \) for sufficiently small \( 0 < \varepsilon \ll 1 \). Finally, we use the notation
\[ \| \cdot \| = \| \cdot \|_{L^{1+}_t(\mathbb{R}^{1+3})} \quad \text{or} \quad \| \cdot \|_{L^{1+}_t(\mathbb{R}^3)} \]
depending on the context.

The Fourier transform in space and space-time are given by
\[ \mathcal{F}_x(f)(\xi) = \hat{f}(\xi) = \int_{\mathbb{R}^3} e^{-i\xi \cdot \hat{x}} f(x) \, dx, \]
\[ \mathcal{F}_{t,x}(u)(\tau, \xi) = \hat{u}(\tau, \xi) = \int_{\mathbb{R}^{1+3}} e^{-i(\tau + x \cdot \xi)} u(t, x) \, dtdx. \]
Now consider an even function \( \chi \in C_0^\infty((-2,2)) \) such that \( \chi(s) = 1 \) if \( |s| \leq 1 \). We define

\[
\rho_\lambda(s) = \begin{cases} 
0, & \text{if } 0 < \lambda < 1, \\
\chi(s), & \text{if } \lambda = 1, \\
\chi\left(\frac{s}{\lambda}\right) - \chi\left(\frac{2s}{\lambda}\right), & \text{if } \lambda > 1
\end{cases}
\]

and

\[
\sigma_\lambda(s) = \chi\left(\frac{s}{\lambda}\right) - \chi\left(\frac{2s}{\lambda}\right) \text{ for } \lambda > 0.
\]

Thus, \( \text{supp} \rho_1 = \{ s \in \mathbb{R} : |s| < 2 \} \) whereas \( \text{supp} \rho_\lambda = \{ s \in \mathbb{R} : \frac{1}{\lambda} < |s| < 2\lambda \} \) for \( \lambda > 1 \). Similarly, \( \text{supp} \sigma_\lambda = \{ s \in \mathbb{R} : \frac{1}{\lambda} < |s| < 2\lambda \} \) for all \( \lambda > 0 \). Then we define the frequency and modulation projections by

\[
P_\lambda f = \mathcal{F}_x^{-1} [\rho_\lambda(|\xi|) \hat{f}(\xi)],
\]

\[
\Lambda_\lambda^\pm u = \mathcal{F}_x^{-1} [\sigma_\lambda(|\tau \pm \langle \xi \rangle_m)| \hat{u}(\tau, \xi)]
\]

Define also

\[
\Lambda_{\pm \lambda} = \sum_{\mu \geq \lambda} \Lambda_{\mu}^\pm, \quad \Lambda_{< \lambda} = 1 - \Lambda_{\geq \lambda}^+.
\]

2.2. **Function spaces: \( U^p \) and \( V^p \) spaces.** These function spaces were originally introduced in the unpublished work of Tataru on the wave map problem and then in Koch-Tataru \([16]\) in the context of NLS. The spaces have since been used to obtain critical results in different problems related to dispersive equations (see eg. \([11, 12, 14]\)) and they serve as a useful replacement of \( X^{k,b} \) spaces in the limiting cases. For the convenience of the reader we list the definitions and some properties of these spaces.

Let \( \mathcal{Z} \) be the collection of finite partitions \(-\infty < t_0 < \cdots < t_K \leq \infty \) of \( \mathbb{R} \). If \( t_K = \infty \), we use the convention \( u(t_K) := 0 \) for all functions \( u : \mathbb{R} \to L^2 \).

**Definition 1.** Let \( 1 \leq p < \infty \). A \( U^p \)-atom is defined by a step function \( a : \mathbb{R} \to L^2 \) of the form

\[
a(t) = \sum_{k=1}^{K} \chi_{(t_{k-1},t_k)}(t) \Phi_{k-1},
\]

where

\[
(t_k)_{k=0}^{K} \in \mathcal{Z}, \quad \{\Phi_k\}_{k=0}^{K-1} \subset L^2 \text{ with } \sum_{k=0}^{K-1} \|\Phi_k\|_{L^2}^p = 1.
\]

The atomic space \( U^p(\mathbb{R}; L^2) \) is defined to be the collection of functions \( u : \mathbb{R} \to L^2 \) of the form

\[
u = \sum_{j=1}^{\infty} \lambda_j a_j, \quad \text{where } a_j \text{'s are } U^p \text{-atoms and } \{\lambda_j\}_{j \in \mathbb{N}} \in \ell^1,
\]

with the norm

\[
\|u\|_{U^p} := \inf_{\text{representation (2.1)}} \sum_{j=1}^{\infty} |\lambda_j|.
\]

**Definition 2.** Let \( 1 \leq p < \infty \).
Proposition 1. Let $W_e$ define $v \in \mathbb{R} \rightarrow L^2$ for which the norm
\[
\|v\|_{V^p} := \sup_{\{t_k\}_{k=1}^K} \left( \sum_{k=1}^K \|v(t_k) - v(t_{k-1})\|_{L^2}^p \right)^{\frac{1}{p}}
\] (2.2)
is finite.

(ii) Likewise, let $V^p_2(\mathbb{R}, L^2)$ denote the normed space of all functions $v : \mathbb{R} \rightarrow L^2$ such that $\lim_{t \rightarrow +\infty} v(t) = 0$ and $\|v\|_{V^p} < \infty$, endowed with the norm (2.2).

(iii) We let $V^p_{rc}(\mathbb{R}, L^2)$ denote the closed subspace of all right-continuous $V^p(\mathbb{R}, L^2)$ functions.

2.3. Properties of $U^p$ and $V^p$ spaces. We collect some useful properties of these spaces. For more details about the spaces and proofs we refer to [11, 12].

**Proposition 1.** Let $1 \leq p < q < \infty$. Then we have the following:

(i) $U^p(\mathbb{R}, L^2)$ is a Banach space.

(ii) The embeddings $U^p(\mathbb{R}, L^2) \subset U^q(\mathbb{R}, L^2) \subset L^\infty(\mathbb{R}; L^2)$ are continuous.

(iii) Every $u \in U^p(\mathbb{R}, L^2)$ is right-continuous. Moreover, $\lim_{t \rightarrow +\infty} u(t) = 0$.

**Proposition 2.** Let $1 \leq p < q < \infty$. Then we have the following:

(i) The spaces $V^p(\mathbb{R}, L^2)$, $V^p_{rc}(\mathbb{R}, L^2)$, $V^p(\mathbb{R}, L^2)$ and $V^p_{rc}(\mathbb{R}, L^2)$ are Banach spaces.

(ii) The embedding $U^p(\mathbb{R}, L^2) \subset V^p_{rc}(\mathbb{R}, L^2)$ is continuous.

(iii) The embeddings $V^p_2(\mathbb{R}, L^2) \subset V^q(\mathbb{R}, L^2)$ and $V^p(\mathbb{R}, L^2) \subset V^q(\mathbb{R}, L^2)$ are continuous.

(iv) The embedding $V^p_{rc}(\mathbb{R}, L^2) \subset U^q(\mathbb{R}, L^2)$ is continuous.

**Lemma 1** (See [17]). Let $p > 2$ and $v \in V^2(\mathbb{R}, L^2)$. There exists $L = L(p) > 0$ such that for all $N \geq 1$, there exist $w \in U^2(\mathbb{R}, L^2)$ and $z \in U^p(\mathbb{R}, L^2)$ with

\[
v = w + z
\]
and
\[
\frac{L}{N} \|w\|_{U^2} + e^N \|z\|_{U^p} \lesssim \|v\|_{V^2}.
\]

2.4. $U^p_{\pm}$ and $V^p_{\pm}$ spaces and their properties. We now introduce $U^p, V^p$-type spaces that are adapted to the linear propagators $S_m(\pm t) = e^{\pm i(t\partial)}$.

**Definition 3.** We define $U^p_{\pm}(\mathbb{R}, L^2)$ (and $V^p_{\pm}(\mathbb{R}, L^2)$, respectively) to be the spaces of all functions $u : \mathbb{R} \rightarrow L^2(\mathbb{R}^3)$ such that $t \rightarrow S_m(\pm t)u$ is in $U^p(\mathbb{R}, L^2)$ (resp. $V^p(\mathbb{R}, L^2)$), with the respective norms:

\[
\|u\|_{U^p_{\pm}} = \|S_m(\pm t)u\|_{U^p},
\]
\[
\|u\|_{V^p_{\pm}} = \|S_m(\pm t)u\|_{V^p}.
\]

We use $V^p_{rc,\pm}(\mathbb{R}, L^2)$ to denote the subspace of right-continuous functions in $V^p_{\pm}(\mathbb{R}, L^2)$.

**Remark 1.** Lemma 1 naturally extends to the spaces $U^p_{\pm}(\mathbb{R}, L^2)$ and $V^p_{\pm}(\mathbb{R}, L^2)$. 

Lemma 2 (Interpolation). Let $p > 2$ and $u_j := P_{j} u_j$ ($j = 1, \cdots, 4$). For $u_j \in U_j^2$ and $u_4 \in V_j^2$, where $\varepsilon_j \in \{+,-\}$, define

$$I(\lambda) := \left| \int V \langle \beta u_1, u_2 \rangle \cdot \langle \beta u_3, u_4 \rangle \, dt dx \right|.$$ 

Assume that the following estimate holds:

$$I(\lambda) \lesssim \min \left( C_1(\lambda) \prod_{j=1}^{3} \| u_j \|_{U_j^2} \| u_4 \|_{U_4^2}, C_2(\lambda) \prod_{j=1}^{3} \| u_j \|_{U_j^2} \| u_4 \|_{U_4^p} \right). \quad (2.3)$$

Then

$$I(\lambda) \lesssim C_1(\lambda) \left[ 1 + \ln(C_2(\lambda)) \right] \prod_{j=1}^{3} \| u_j \|_{U_j^2} \| u_4 \|_{V_4^2}. \quad (2.4)$$

Proof. Given $N \geq 1$, we use Lemma 1 to decompose $u_4 \in V_4^2$ into $u_4 = u + v$, where $u \in U_4^2$ and $v \in U_4^p$, such that

$$\begin{align*}
\| u \|_{U_4^2} &\leq \frac{N}{L} \| u_4 \|_{V_4^2}, \\
\| v \|_{U_4^p} &\leq e^{-N} \| u_4 \|_{V_4^2}.
\end{align*} \quad (2.5)$$

We now use (2.3) and (2.5) to obtain

$$I(\lambda) \lesssim C_1(\lambda) \prod_{j=1}^{3} \| u_j \|_{U_j^2} \| u \|_{U_4^2} + C_2(\lambda) \prod_{j=1}^{3} \| u_j \|_{U_j^2} \| v \|_{U_4^p} \lesssim \left[ \frac{N}{L} C_1(\lambda) + e^{-N} C_2(\lambda) \right] \prod_{j=1}^{3} \| u_j \|_{U_j^2} \| u_4 \|_{V_4^2}. \quad (2.6)$$

This will imply the desired estimate (2.4) if we choose

$$N = 1 + \ln(C_2(\lambda)).$$

\[ \square \]

Lemma 3 (Modulation estimates; see [11]). Let $\lambda \in 2^k$, where $k \in \mathbb{Z}$, and $p \geq 2$. Then

$$\begin{align*}
\| \Lambda_{\geq \lambda} u \|_{L^2} &\lesssim \lambda^{-\frac{1}{2}} \| u \|_{V^2} \quad (2.6) \\
\| \Lambda_{> \lambda} u \|_{L^2} &\lesssim \lambda^{-\frac{1}{2}} \| u \|_{V^2} \quad (2.7) \\
\| \Lambda_{< \lambda} u \|_{V^p} \lesssim \| u \|_{V^p}, \quad \| \Lambda_{\geq \lambda} u \|_{V^p} \lesssim \| u \|_{V^p} \quad (2.8) \\
\| \Lambda_{< \lambda} u \|_{U^p} \lesssim \| u \|_{U^p}, \quad \| \Lambda_{\geq \lambda} u \|_{U^p} \lesssim \| u \|_{U^p}. \quad (2.9)
\end{align*}$$

Lemma 4. (Transfer principle ; see [11]) Let

$$T : L^2 \times \cdots \times L^2 \to L^1_{\text{loc}}(\mathbb{R}^3; \mathbb{C})$$

be a multilinear operator and suppose that we have

$$\| T(S_m(\pm t)\phi_1, \ldots, S_m(\pm t)\phi_k) \|_{L^p_t L^r_x(\mathbb{R} \times \mathbb{R}^3)} \lesssim \prod_{j=1}^{k} \| \phi_j \|_{L^2_x(\mathbb{R}^3)}$$

for some $1 \leq p, r \leq \infty$. Then

$$\| T(u_1, \ldots, u_k) \|_{L^p_t L^r_x(\mathbb{R} \times \mathbb{R}^3)} \lesssim \prod_{j=1}^{k} \| u_j \|_{U^p_x}. \quad (2.10)$$
3. Linear and Bilinear Estimates for Free Waves

3.1. Linear Estimates. The following Strichartz estimate for wave-admissible pairs is well-known.

**Lemma 5** (Wave-Strichartz). Assume \( m \geq 0, 2 \leq r < \infty \) and \( \frac{1}{r} + \frac{1}{\mu} = \frac{1}{2} \). Then

\[
\| S_m(\pm t)f \|_{L_t^r L_x^\mu} \lesssim \lambda^\frac{\mu}{r} \| f \|_{L_t^2}.
\]

Moreover, for all \( u_\lambda \in U_\lambda^q \), we have (by the transfer-principle)

\[
\| u_\lambda \|_{L_t^r L_x^\mu} \lesssim \lambda^\frac{\mu}{r} \| u_\lambda \|_{U_\lambda^q}.
\]

3.2. Bilinear Estimates. The following Lemma contains estimates for convolution of two free waves. This generalizes the result of Foschi–Klainerman for \( m = 0 \) [10, Lemma 4.1 and Lemma 4.4] to \( m \geq 0 \). The proof is given in Section 7.

**Lemma 6** (Convolution of free waves). For \( m \geq 0 \) define

\[
\begin{align*}
I_+(f, g)(\tau, \xi) &= \int_{\mathbb{R}^3} f(\eta) g(\xi - \eta) \delta(\tau - \langle \eta \rangle_m - \langle \xi - \eta \rangle_m) \, d\eta, \\
I_-(f, g)(\tau, \xi) &= \int_{\mathbb{R}^3} f(\eta) g(\xi - \eta) \delta(\tau - \langle \eta \rangle_m + \langle \xi - \eta \rangle_m) \, d\eta.
\end{align*}
\]

Then the following hold:

(i). Estimate for \( I_+ \):

\[
I_+(f, g)(\tau, \xi) \lesssim \frac{1}{|\xi|} \int_{a_+} a_+ \left( \sqrt{r^2 - m^2} \right) g \left( \sqrt{(r - \tau)^2 - m^2} \right) \, dr,
\]

where

\[
a_+ := a_+(\tau, \xi) = \frac{\tau}{2} \pm \frac{|\xi|}{2} \sqrt{\frac{\tau^2 - |\xi|^2 + 4m^2}{\tau^2 - |\xi|^2}}.
\]

(ii). Estimate for \( I_- \):

\[
I_-(f, g)(\tau, \xi) \lesssim \frac{1}{|\xi|} \int_{b_+} b_+ \left( \sqrt{r^2 - m^2} \right) g \left( \sqrt{(r - \tau)^2 - m^2} \right) \, dr,
\]

where

\[
b_+ := b_+(\tau, \xi) = \frac{\tau}{2} \pm \frac{|\xi|}{2} \sqrt{\frac{|\xi|^2 - \tau^2 + 4m^2}{|\xi|^2 - \tau^2}}.
\]

Lemma 6 is used to prove the key bilinear estimates in Lemma 7 below, which also generalizes the result of Foschi–Klainerman for \( m = 0 \) [10, Lemma 12.1] to \( m \geq 0 \). The proof is given in the Section 8.

**Lemma 7** (Bilinear estimates for free waves). Let \( m \geq 0 \) and \( \mu, \lambda_1, \lambda_2 \geq 1 \). Then for all \( f_{\lambda_1}, g_{\lambda_2} \in L_\mu^2 \) we have the following:

(i) \((++)\) interaction:

\[
\| P_\mu \left( S_m(t)f_{\lambda_1} \cdot S_m(t)g_{\lambda_2} \right) \| \lesssim \begin{cases} 
(\lambda_1 \wedge \lambda_2) \| f_{\lambda_1} \| \| g_{\lambda_2} \| & \text{if } \lambda_1 \sim \lambda_2, \\
\mu \| f_{\lambda_1} \| \| g_{\lambda_2} \| & \text{if } \mu \lesssim \lambda_1 \sim \lambda_2.
\end{cases}
\]
We use the notation \( \hat{w} \) where 

\[
\begin{align*}
\frac{d}{dt} [S_m(t) f_{\lambda_1} \cdot S_m(-t) g_{\lambda_2}] & \approx \left\{ \begin{array}{ll}
(\lambda_1 \wedge \lambda_2) & \text{if } \lambda_1 \sim \lambda_2, \\
\mu^2 \lambda_1^2 & \text{if } \mu \leq \lambda_1 \sim \lambda_2.
\end{array} \right.
\end{align*}
\]

4. Null structure, Null-form and bilinear estimates

4.1. Null structure. Here we reveal the null structure in the bilinear terms \( \langle \beta \psi^\pm, \psi^\pm \rangle \). Taking Fourier Transform in space and then using the identities (1.7)–(1.9) we obtain

\[
\mathcal{F}_x \langle \beta \Pi^+_m(D) \psi^+, \Pi^+_m(D) \psi^\pm \rangle (\xi) = \int_{\eta = -\zeta} \langle \beta \Pi^+_m(\eta) \psi^+ (\eta), \Pi^+_m(\zeta) \psi^\pm (\zeta) \rangle d\eta d\zeta
\]

\[
= \int_{\xi = -\eta} \langle \beta \psi^+ (\eta), \Pi^+_m(\eta) \Pi^+_m(\zeta) \psi^\pm (\zeta) \rangle d\eta d\zeta
\]

\[
+ m \int_{\zeta = -\eta} \langle \eta \Pi^+_m(\eta) \psi^\pm (\eta), \psi^\pm (\zeta) \rangle d\eta d\zeta.
\]

We use the notation \( \hat{\zeta} = \langle \zeta \rangle_m \hat{\xi} \). Now we compute

\[
4 \Pi^+_m(\eta) \Pi^+_m(\zeta) = \left( I - \frac{1}{(\eta)_m} \right) \left( I - \frac{1}{(\zeta)_m} \right)
\]

\[
= I + (\eta \cdot \zeta) + r^\pm(\eta, \zeta),
\]

where

\[
r^\pm(\eta, \zeta) = \frac{1}{(\eta - \xi) \eta - (\zeta - \xi) \zeta + m^2 I}.
\]

We can write

\[
(1 + \hat{\eta} \cdot \hat{\zeta}) I = q^+_1(\eta, \zeta) + b^+_1(\eta, \zeta),
\]

\[
- (\hat{\eta} \cdot \hat{\zeta}) I = q^+_2(\eta, \zeta) + b^+_2(\eta, \zeta),
\]

where

\[
q^+_1(\eta, \zeta) = \langle (\eta - \zeta) (\eta - \zeta) \rangle, \quad q^+_2(\eta, \zeta) = - (\hat{\eta} \cdot \hat{\zeta}) \cdot \zeta,
\]

\[
b^+_1(\eta, \zeta) = (1 - \hat{\eta} \cdot \hat{\zeta}) I, \quad b^+_2(\eta, \zeta) = - (\eta)(\zeta) m - (\zeta)(\zeta) m - (\eta)(\eta) \cdot \zeta.
\]

By setting \( \gamma := \alpha^2 \) and

\[
q^+_3(\eta, \zeta) := \langle (\eta - \zeta) (\eta - \zeta) \rangle \gamma, \quad b^+_3(\eta, \zeta) := r^\pm(\eta, \zeta)
\]

we write

\[
4 \Pi^+_m(\eta) \Pi^+_m(\zeta) = \sum_{j = 1}^3 q^+_j(\eta, \zeta) + b^+_j(\eta, \zeta),
\]

where \( q^+_j \) and \( b^+_j \) for \( j = 1, 2, 3 \) are given above.

Then in view of (4.1)–(4.4) we can write

\[
\langle \beta \Pi^+_m(D) \psi^+, \Pi^+_m(D) \psi^\pm \rangle = \sum_{j = 1}^3 Q_j(\psi^+, \psi^\pm) + \sum_{j = 1}^4 B_j(\psi^+, \psi^\pm),
\]
where

\[
\begin{align*}
Q_j(ψ^+, ψ^\pm) &= \mathcal{F}_x^{-1} \int_{ξ = η - ζ} η \langle β \tilde{ψ}^+(η), q_j^\pm(η, ζ) \tilde{ψ}^\pm(ζ) \rangle dηdζ, \\
B_j(ψ^+, ψ^\pm) &= \mathcal{F}_x^{-1} \int_{ξ = η - ζ} η \langle β \tilde{ψ}^+(η), b_j^\pm(η, ζ) \tilde{ψ}^\pm(ζ) \rangle dηdζ
\end{align*}
\]

(4.6)
with

\[
b_j^\pm(η, ζ) = m\langle η \rangle_m^{-1} β.
\]

The null symbols \(q_j^\pm\) satisfy the following estimates.

**Lemma 8.** Let \(a ∈ [0, \frac{1}{2}]\). Then for \(j = 1, 2, 3\) we have

\[
\begin{align*}
|q_j^+(η, ζ)| &\lesssim \left[ η - ζ (|η - ζ| - |η| - |ζ|) \right]^{a} \eta_m(ζ) m, \\
|q_j^-(η, ζ)| &\lesssim \frac{(|η + |ζ|) (|η| + |ζ| - |η - ζ|)}{η_m(ζ) m}, \\
|q_j^+(η, ζ)| &\lesssim \left[ η - ζ (|η - ζ| - |η| - |ζ|) \right]^{\frac{1}{2}} \eta_m(ζ) m, \\
|q_j^-(η, ζ)| &\lesssim \left[ \frac{(|η + |ζ|) (|η| + |ζ| - |η - ζ|)}{η_m(ζ) m} \right]^{\frac{1}{2}},
\end{align*}
\]

(4.10)

**Proof.** First note that

\[
|q_j^+(η, ζ)| \lesssim 1.
\]

Moreover, for two vectors \(η\) and \(ζ\) we have the following estimates (see e.g. [10, Lemma 13.2]):

\[
\begin{align*}
|q_j^+(η, ζ)| &\sim \frac{|η - ζ (|η - ζ| - |η| - |ζ|)|}{η_m(ζ) m}, \\
|q_j^-(η, ζ)| &\sim \frac{(|η| + |ζ|) (|η| + |ζ| - |η - ζ|)}{η_m(ζ) m},
\end{align*}
\]

(4.10)

where \(j = 2, 3\). Now interpolation between (4.9) and (4.10) gives the desired estimates in (4.8). \(\square\)

**4.2. Null-form estimates.** We now prove bilinear null-form estimates for two free solutions \(S_m(t)f\) and \(S_m(±t)g\) of the Dirac equation.

**Lemma 9** (Null-form estimates for free waves). Let \(m \geq 0\) and \(μ, λ_1, λ_2 \geq 1\). Then we have the following null-form estimates:

(i) \( (++ \) interaction:

\[
\| P_μ Q_j(S_m(t)f_{λ_1}, S_m(t)g_{λ_2}) \| \lesssim \left\{ \begin{array}{ll}
(λ_1 ∨ λ_2) \| f_{λ_1} \| \| g_{λ_2} \| & \text{if } λ_1 ∨ λ_2, \\
μ(μ/λ_1)^{\frac{1}{2}} \| f_{λ_1} \| \| g_{λ_2} \| & \text{if } μ \lesssim λ_1 - λ_2.
\end{array} \right.
\]

(ii) \( (+− \) interaction:

\[
\| P_μ Q_j(S_m(t)f_{λ_1}, S_m(−t)g_{λ_2}) \| \lesssim \left\{ \begin{array}{ll}
(λ_1 ∨ λ_2) \| f_{λ_1} \| \| g_{λ_2} \| & \text{if } λ_1 ∨ λ_2, \\
μ \| f_{λ_1} \| \| g_{λ_2} \| & \text{if } μ \lesssim λ_1 - λ_2.
\end{array} \right.
\]
Proof. By (4.6) we have
\[ |\mathcal{F}_{t,x}[Q_j(S_m(t)f_{\lambda_1}, S_m(t)g_{\lambda_2})](\tau, \zeta)| \]
\[ = \left| \int_{\zeta = \eta - \zeta} \rho_\mu(|\eta - \zeta|) (\beta f_{\lambda_1}(\eta), q_j^\pm(\eta, \zeta)g_{\lambda_2}(\zeta)) \delta(\tau + \langle \eta \rangle_m - \langle \zeta \rangle_m) d\eta d\zeta \right| \]
\[ \lesssim \left| \int_{\zeta = \eta - \zeta} \rho_\mu(|\eta - \zeta|) |q_j^\pm(\eta, \zeta)||f_{\lambda_1}(\eta)||g_{\lambda_2}(\zeta)| \delta(\tau + \langle \eta \rangle_m - \langle \zeta \rangle_m) d\eta d\zeta \right|, \]
where on the second line the sign change to $\mp$ in the delta function is because of the complex conjugation in $\langle \cdot, \cdot \rangle$.

By (4.8) we have
\[ |q_j^+(\eta, \zeta)| \lesssim \left( \frac{\mu(\mu \wedge \lambda_1 \wedge \lambda_2)}{\lambda_1 \lambda_2} \right)^{\frac{1}{2}} \quad \text{and} \quad |q_j^-(\eta, \zeta)| \lesssim 1, \tag{4.11} \]
where for the estimate on $q_j^+$ we used
\[ |\eta - \zeta| - ||\eta| - |\zeta|| \lesssim \mu \wedge \lambda_1 \wedge \lambda_2. \]
Indeed, this is obvious if $\mu \lesssim \lambda_1 \sim \lambda_2$. Now assume $\lambda_2 \ll \lambda_1 \sim \mu$. Then
\[ |\eta - \zeta| - ||\eta| - |\zeta|| = \frac{|\eta - \zeta|^2 - (||\eta| - |\zeta||)^2}{|\eta - \zeta| + ||\eta| - |\zeta||} = \frac{2|\eta||\zeta| - 2\eta \cdot \zeta}{|\eta - \zeta| + ||\eta| - |\zeta||} \lesssim \lambda_2. \]

The case $\lambda_1 \ll \lambda_2 \sim \mu$ also follows by symmetry.

Now using the estimate for $q_j^+$ in (4.11) we have for the $(++)$ interaction
\[ \left| \mathcal{F}_{t,x}[P_\mu Q_j(S_m(t)f_{\lambda_1}, S_m(t)g_{\lambda_2})](\tau, \zeta) \right| \]
\[ \lesssim \left( \frac{\mu(\mu \wedge \lambda_1 \wedge \lambda_2)}{\lambda_1 \lambda_2} \right)^{\frac{1}{2}} \left| \mathcal{F}_{t,x} \left[ P_\mu \left( S(t)\mathcal{F}_x^{-1}(|f_{\lambda_1}|) \cdot S(-t)\mathcal{F}_x^{-1}(|g_{\lambda_2}|) \right) \right](\tau, \zeta) \right|, \]
By Plancherel and Lemma 7(ii) we obtain
\[ \| P_\mu Q_j(S_m(t)f_{\lambda_1}, S_m(t)g_{\lambda_2}) \| \lesssim \left( \frac{\mu(\mu \wedge \lambda_1 \wedge \lambda_2)}{\lambda_1 \lambda_2} \right)^{\frac{1}{2}} \| P_\mu \left( S_m(t)\mathcal{F}_x^{-1}(|f_{\lambda_1}|) \cdot S_m(-t)\mathcal{F}_x^{-1}(|g_{\lambda_2}|) \right) \| \]
\[ \lesssim \begin{cases} (\lambda_1 \wedge \lambda_2) \| f_{\lambda_1} \| \| g_{\lambda_2} \| & \text{if } \lambda_1 \sim \lambda_2, \\ \mu(\mu/\lambda_1)^{\frac{1}{2}} \| f_{\lambda_1} \| \| g_{\lambda_2} \| & \text{if } \mu \lesssim \lambda_1 \sim \lambda_2. \end{cases} \]

Similarly, we use the estimate for $q_j^-$ in (4.11) to estimate the $(+-)$ interaction as
\[ \left| \mathcal{F}_{t,x}[P_\mu Q_j(S_m(t)f_{\lambda_1}, S_m(-t)g_{\lambda_2})](\tau, \zeta) \right| \]
\[ \lesssim \left| \int_{\zeta = \eta - \zeta} \rho_\mu(|\eta - \zeta|) |q_j^-(\eta, \zeta)||f_{\lambda_1}(\eta)||g_{\lambda_2}(\zeta)| \delta(\tau + \langle \eta \rangle_m + \langle \zeta \rangle_m) d\eta \right| \]
\[ = \mathcal{F}_{t,x} \left[ P_\mu \left( S_m(t)\mathcal{F}_x^{-1}(|f_{\lambda_1}|) \cdot S_m(-t)\mathcal{F}_x^{-1}(|g_{\lambda_2}|) \right) \right](\tau, \zeta). \]
By Plancherel and Lemma 7(i) we obtain
\[
\left\| P_\mu Q_j(\mathcal{S}_m(f_{\lambda_1}), \mathcal{S}_m(-t)g_{\lambda_2}) \right\| \lesssim \left\| P_\mu \left( \mathcal{S}_m(t)^{-1}(\mathcal{F}^{-1}_x(f_{\lambda_1})) \cdot \mathcal{S}_m(t)^{-1}(\mathcal{F}^{-1}_x(g_{\lambda_2})) \right) \right\|
\lesssim \begin{cases} 
(\lambda_1 \wedge \lambda_2) \left\| f_{\lambda_1} \right\| \left\| g_{\lambda_2} \right\| & \text{if } \lambda_1 \asymp \lambda_2, \\
\mu \left\| f_{\lambda_1} \right\| \left\| g_{\lambda_2} \right\| & \text{if } \mu \lesssim \lambda_1 \sim \lambda_2.
\end{cases}
\]

Applying Lemma 4 (the transfer principle) to Lemma 9 we obtain the following.

**Corollary 1** (Null-form estimates in the $U^2$-space). Let $m \geq 0$ and $\mu, \lambda_1, \lambda_2 \geq 1$.

(i) $(\leftrightarrow)$ interaction: For all $u_{\lambda_1}, v_{\lambda_2} \in U^2_\lambda$ we have
\[
\left\| P_\mu Q_j(u_{\lambda_1}, v_{\lambda_2}) \right\| \lesssim \begin{cases} 
(\lambda_1 \wedge \lambda_2) \left\| u_{\lambda_1} \right\| \left\| v_{\lambda_2} \right\| U^2_\lambda & \text{if } \lambda_1 \asymp \lambda_2, \\
\mu(\lambda_1 \wedge \lambda_2) \left\| u_{\lambda_1} \right\| \left\| v_{\lambda_2} \right\| U^2_\lambda & \text{if } \mu \lesssim \lambda_1 \sim \lambda_2.
\end{cases}
\]

(ii) $(\rightarrow)$ interaction: For all $u_{\lambda_1} \in U^2_\lambda$ and $v_{\lambda_2} \in U^2_\lambda$, we have
\[
\left\| P_\mu Q_j(u_{\lambda_1}, v_{\lambda_2}) \right\| \lesssim \begin{cases} 
(\lambda_1 \wedge \lambda_2) \left\| u_{\lambda_1} \right\| \left\| v_{\lambda_2} \right\| U^2_\lambda & \text{if } \lambda_1 \asymp \lambda_2, \\
\mu \left\| u_{\lambda_1} \right\| \left\| v_{\lambda_2} \right\| U^2_\lambda & \text{if } \mu \lesssim \lambda_1 \sim \lambda_2.
\end{cases}
\]

4.3. **Bilinear estimates.** In this section we express the bilinear terms in (4.6), $Q_j$ and $B_j$, in physical space. We then apply Cauchy-Schwarz and Strichartz estimates to derive bilinear estimates for $Q_j$ and $B_j$.

**Lemma 10.** Let $Q$ denote any one of the $Q_j$’s $(j = 1, \cdots, 3)$ and $B$ denote any one of the $B_j$’s $(j = 1, \cdots, 4).$ Assume $u_{\lambda_1} \in V^2_\lambda$ and $v_{\lambda_2} \in V^2_\lambda$, where $\lambda_1, \lambda_2 \geq 1$. Then
\[
\left\| P_\mu Q(u_{\lambda_1}, v_{\lambda_2}) \right\| \lesssim (\lambda_1 \lambda_2)^{\frac{1}{2}} \left\| u_{\lambda_1} \right\| V^2_\lambda \left\| v_{\lambda_2} \right\| V^2_\lambda, 
\] (4.12)
\[
\left\| P_\mu Q(u_{\lambda_1}, v_{\lambda_2}) \right\| \lesssim (\lambda_1 \lambda_2)^{\frac{3}{2}} \left\| u_{\lambda_1} \right\| V^2_\lambda \left\| v_{\lambda_2} \right\| V^2_\lambda, 
\] (4.13)
\[
\left\| P_\mu B(u_{\lambda_1}, v_{\lambda_2}) \right\| \lesssim \frac{(\lambda_1 \lambda_2)^{\frac{1}{2}}}{(\lambda_1 \wedge \lambda_2)} \left\| u_{\lambda_1} \right\| V^2_\lambda \left\| v_{\lambda_2} \right\| V^2_\lambda.
\] (4.14)

**Proof.** By Proposition 2(iv), the estimate (4.13) follows from (4.12). Thus, we only need to prove (4.12) and (4.14).

The null forms $Q_j(u, v)$ in (4.6) can be written in physical space as follows:
\[
Q_1(u, v) = \langle \beta R_u, R_v \rangle \mp \langle \beta R_{\gamma_1} u, R^j v \rangle,
\]
\[
Q_2(u, v) = \langle \beta R_j u, \alpha^j R_v \rangle \pm \langle \beta R_u, \alpha^j R_v \rangle,
\]
\[
Q_3(u, v) = \langle \beta R_1 u, \gamma R_v \rangle \pm \langle \beta R_2 u, \gamma R_v \rangle,
\]
where
\[
R_j = \frac{\partial}{(D)^j_m} \quad \text{and} \quad R = \frac{|D|}{(D)^j_m}
\]
are Reiz operators. These operators are bounded in $L^p$ for $1 < p < \infty$ (reference...), i.e.,
\[
\left\| R_j f_x \right\|_{L^p} \lesssim \left\| f_x \right\|_{L^p} \quad \text{and} \quad \left\| R f_x \right\|_{L^p} \lesssim \left\| f_x \right\|_{L^p}.
\] (4.15)
Now by Hölder, (4.15) and Lemma 5 we have
\[
\|P_\mu Q_j(u_{\lambda_1}, v_{\lambda_2})\| \lesssim \|u_{\lambda_1}\|_{L^4_x} \|v_{\lambda_2}\|_{L^4_x} \\
\lesssim (\lambda_1 \lambda_2)^{\frac{1}{2}} \|u_{\lambda_1}\|_{U^4_x} \|v_{\lambda_2}\|_{U^4_x}.
\]

Next we prove (4.14). The bilinear terms $B_j(u, v)$ in (4.6) can be written in physical space as follows:
\[
B_1(u, v) = \langle \beta (1 - R) u, v \rangle + \langle \beta u, (1 - R) v \rangle,
\]
\[
B_2(u, v) = -\langle \beta R j u, \alpha^j (1 - R) v \rangle \pm \langle (1 - R) \beta u, \alpha^j R j v \rangle,
\]
\[
B_3(u, v) = \mp \langle u, (D)^{-1}_m v \rangle + \langle (D)^{-1}_m u, v \rangle \mp \langle R_j u, \alpha^j (D)^{-1}_m v \rangle
\]
\[
\mp \langle (D)^{-1}_m u, \alpha^j R j v \rangle \mp \langle \beta (D)^{-1}_m u, (D)^{-1}_m v \rangle,
\]
\[
B_4(u, v) = -\langle (D)^{-1}_m u, v \rangle.
\]

Note that
\[
\|\langle D \rangle^{-1}_m f \|_{L^2} \lesssim \langle \lambda \rangle^{-1}_m \|f\|_{L^2}
\]
and
\[
\|\langle 1 - R \rangle f \|_{L^2} \lesssim \langle \lambda \rangle^{-2}_m \|f\|_{L^2},
\]
where in the latter case we used Plancherel and the fact that
\[
1 - \frac{|\xi|}{\langle \xi \rangle}_m = \frac{\langle \xi \rangle_m - |\xi|}{\langle \xi \rangle_m} = \frac{m^2}{\langle \xi \rangle_m (\langle \xi \rangle_m + |\xi|)} \sim m^2 \langle \xi \rangle^{-2}_m.
\]
Now using Hölder, Lemma 5, Proposition 2(iv) and (4.15)–(4.17) we obtain
\[
\|P_\mu B_1(u_{\lambda_1}, v_{\lambda_2})\| \lesssim \|\langle 1 - R \rangle u_{\lambda_1}\|_{L^4_x} \|v_{\lambda_2}\|_{L^4_x} + \|u_{\lambda_1}\|_{L^4_x} \|\langle 1 - R \rangle v_{\lambda_2}\|_{L^4_x}
\]
\[
\lesssim (\lambda_1 \lambda_2)^{\frac{1}{2}} \left\{ \|\langle 1 - R \rangle u_{\lambda_1}\|_{U^4_x} \|v_{\lambda_2}\|_{U^4_x} + \|u_{\lambda_1}\|_{U^4_x} \|\langle 1 - R \rangle v_{\lambda_2}\|_{U^4_x} \right\}
\]
\[
\lesssim (\lambda_1 \lambda_2)^{\frac{1}{2}} \left\{ \|\langle 1 - R \rangle u_{\lambda_1}\|_{V^4_x} \|v_{\lambda_2}\|_{V^4_x} + \|u_{\lambda_1}\|_{V^4_x} \|\langle 1 - R \rangle v_{\lambda_2}\|_{V^4_x} \right\}
\]
\[
\lesssim (\lambda_1 \lambda_2)^{\frac{1}{2}} \|u_{\lambda_1}\|_{V^4_x} \|v_{\lambda_2}\|_{V^4_x}.
\]
Similarly,
\[
\|P_\mu B_2(u_{\lambda_1}, v_{\lambda_2})\| \lesssim \frac{(\lambda_1 \lambda_2)^{\frac{1}{2}}}{(\lambda_1 \lambda_2)^{\frac{1}{2}}} \|u_{\lambda_1}\|_{V^4_x} \|v_{\lambda_2}\|_{V^4_x}
\]
and for $j = 3, 4$
\[
\|P_\mu B_j(u_{\lambda_1}, v_{\lambda_2})\| \lesssim \frac{(\lambda_1 \lambda_2)^{\frac{1}{2}}}{(\lambda_1 \lambda_2)^{\frac{1}{2}}} \|u_{\lambda_1}\|_{V^4_x} \|v_{\lambda_2}\|_{V^4_x}.
\]
5. Reduction of Theorem 2 to nonlinear estimates

Let $I = [0, \infty)$. We define $X^s_{\pm}$ to be the complete space of all functions $u : I \to L^2$ such that $P_\mu u \in U^s_{\pm}(I, L^2)$ for all $\mu \geq 1$, with the norm

$$\|u\|_{X^s_{\pm}} = \left( \sum_{\mu \geq 1} \mu^{2s} \|P_\mu u\|_{U^2_{\pm}}^2 \right)^{\frac{1}{2}} < \infty,$$

where

$$\|f\|_{U^2_{\pm}} = \|S_m(\mp t)f\|_{U^2}.$$

The Duhamel representation of (1.10)-(1.11) is given by

$$\psi^\pm(t) = S_m(\pm t)\psi^\pm_0 + J_{m,\pm}(\psi)(t), \tag{5.1}$$

where

$$J_{m,\pm}(\psi)(t) = \Pi_m^\pm(D) \int_0^t S_m(\pm(t - t')) \left[ (V * \langle \beta \psi, \psi \rangle) \beta \psi \right](t') dt'.$$  \tag{5.2}

The linear part of (5.1) satisfies the following estimate:

$$\|S_m(\pm t)\psi^\pm_0\|_{X^s_{\pm}}^2 = \sum_{\mu \geq 1} \mu^{2s} \|1_t S_m(\pm t)P_\mu \psi^\pm_0\|_{U^2_{\pm}}^2 = \sum_{\mu \geq 1} \mu^{2s} \|1_t P_\mu \psi^\pm_0\|_{U^2}^2 \sim \|\psi^\pm_0\|_{H^s}^2. \tag{5.3}$$

So it remains to estimate $J_{m,\pm}(\psi)(t)$. To this end we let $\epsilon = (\epsilon_1, \epsilon_2, \epsilon_3)$, where $\epsilon_j \in \{+, -\}$. Since $\psi = \psi^+ + \psi^-$, where $\psi^\pm = \Pi_m^\pm(D)\psi$, we can write

$$J_{m,\pm}(\psi)(t) = \sum_{\epsilon_j \in \{+,-\}} J'_{m,\pm}(\psi)(t),$$

where

$$J'_{m,\pm}(\psi)(t) = i \Pi_m^\pm(D) \int_0^t S_m(\pm(t - t')) \left[ (V * \langle \beta \psi^{\epsilon_1}, \psi^{\epsilon_2} \rangle) \beta \psi^{\epsilon_3} \right](t') dt'.$$  \tag{5.4}

Theorem 2 will follow by a contraction argument from (5.3) and the following cubic estimates for $J_{m,\pm}(\psi)(t)$ (see Subsection 5.3 below).

**Proposition 3.** Let $m \geq 0$ and $s > 0$. For all $\psi^\pm \in X^s_{\pm}$, we have

$$\|J'_{m,\pm}(\psi)\|_{X^s_{\pm}} \lesssim \prod_{j=1}^3 \|\psi^{\epsilon_j}\|_{X^s_{\pm}}.$$
5.1. Reduction of Proposition 3 to dyadic quadrilinear estimates. Due to time reversibility, we may assume that $\psi^\pm(t) = 0$ for $t < 0$. By duality (see e.g [11]) we have

$$\|P_\lambda f_{m,\pm}^e(\psi)\|_{U^2_{\lambda}} = \|S_m(\mp t)P_\lambda f_{m,\pm}^e(\psi)\|_{U^2_{\lambda}}$$

$$= \left\|\Pi_m^e(D)P_\lambda \int_0^t S_m(\mp t') \left( (V \ast \langle \beta \psi^{\epsilon_1}, \psi^{\epsilon_2} \rangle) \langle \beta \psi^{\epsilon_3}, \cdot \rangle \right) (t') \, dt' \right\|_{U^2_{\lambda}}$$

$$= \sup_{\|\phi_1\|_{V^2_{\lambda}} = 1} \left| \int_{\mathbb{R}^4} V \ast \langle \beta \psi^{\epsilon_1}, \psi^{\epsilon_2} \rangle \langle \beta \psi^{\epsilon_3}, \phi_{\lambda_4}^+ \rangle \, dt \right|$$

Hence

$$\|f_{m,\pm}(\psi)\|_{X^2_{\lambda}} = \sum_{\lambda_4 \geq 1} \lambda_4^{2\epsilon_4} \sup_{\|\phi_1\|_{V^2_{\lambda}} = 1} \left( \sum_{\lambda_1, \lambda_3 \geq 1} \left| \int_{\mathbb{R}^4} V \ast \langle \beta \psi^{\epsilon_1}, \psi^{\epsilon_2} \rangle \langle \beta \psi^{\epsilon_3}, \phi_{\lambda_4}^+ \rangle \, dt \right| \right)^2$$

Set $\epsilon_4 := \pm$ and

$$f_{m}^e(\lambda) := \left| \int_{\mathbb{R}^4} V \ast \langle \beta \psi^{\epsilon_1}_{\lambda_1}, \psi^{\epsilon_2}_{\lambda_2} \rangle \langle \beta \psi^{\epsilon_3}_{\lambda_3}, \phi^{\epsilon_4}_{\lambda_4} \rangle \, dt \right|.$$

Observe that if $\xi_j$ and $\xi_4$ are the spatial Fourier variables for the functions $\psi^{\epsilon_j}_{\lambda_j}$ and $\phi^{\epsilon_4}_{\lambda_4}$ one can see using Plancherel that the integral on the right vanishes unless

$$\xi_1 - \xi_2 + \xi_3 - \xi_4 = 0.$$

Consequently, for each $j = 1, \cdots, 4$ it follows from triangle inequality that the following conditions must be satisfied:

$$\lambda_j \leq 3 \max_{k \neq j} \lambda_k : k = 1, \cdots, 4. \quad (5.7)$$

Moreover, if $\xi_0$ is the frequency variable for $\langle \beta \psi^{\epsilon_1}_{\lambda_1}, \psi^{\epsilon_2}_{\lambda_2} \rangle$ we have

$$\xi_0 = \xi_1 - \xi_2 = -\xi_3 + \xi_4.$$

Thus, if $\xi_0$ has dyadic size $\mu$ it follows from triangle inequality that the following conditions must be satisfied:

$$\mu \ll \lambda_1 \sim \lambda_2 \quad \text{or} \quad \mu \sim \lambda_1 \vee \lambda_2,$$

$$\mu \ll \lambda_3 \sim \lambda_4 \quad \text{or} \quad \mu \sim \lambda_3 \vee \lambda_4. \quad (5.8)$$

We denote the minimum, median and maximum of $(\lambda_1, \lambda_2, \lambda_3)$ by $\lambda_{\min}, \lambda_{\med}$ and $\lambda_{\max}$, respectively.

**Lemma 11.** Assume $\lambda_j \geq 1$ and $\delta > 0$. Then for all $\psi^{\pm}_{\lambda_j} \in U^2_{\pm}$ and $\phi^{\pm}_{\lambda_4} \in V^2_{\pm}$ we have

$$f_{m}^e(\lambda) \lesssim \lambda_{\med}^\delta \prod_{j=1}^3 \|\psi^{\epsilon_j}_{\lambda_j}\|_{U^2_{\pm}} \|\phi^{\epsilon_4}_{\lambda_4}\|_{V^2_{\pm}}.$$
The proof of Lemma 11 is given in Section 6.

Now if we set $c_{j, \lambda_j} := \|\psi_j\|_{U_j^2}$ by definition

$$
\|\lambda_j^4 c_{j, \lambda_j}\|_{I_{j_1}}^2 = \|\psi_j\|_{X_j^4}.
$$

Consequently, Proposition 3 follows from (5.6), Lemma 11 and the following Lemma.

**Lemma 12.** Let $s > \delta > 0$. Then for all $c_{j, \lambda_j} \in I_{j_1}^2$ we have

$$
S := \sum_{\lambda_4 \geq 1} \left[ \sum_{\lambda_1, \lambda_2, \lambda_3 \geq 1} \lambda_4^4 \lambda_1^\delta \cdot c_{1, \lambda_1} c_{2, \lambda_2} c_{3, \lambda_3} \right]^2
\lesssim \prod_{j=1}^3 \|\lambda_j^4 c_{j, \lambda_j}\|_{I_{j_1}}^2.
$$

5.2. **Proof of Lemma 12.** We deal with the cases $\lambda_4 \sim \lambda_3$, $\lambda_4 \gg \lambda_3$ and $\lambda_4 \ll \lambda_3$ separately.

### 5.2.1. Case 1: $\lambda_4 \sim \lambda_3$. In this case we have

$$
S \lesssim \sum_{\lambda_4 \geq 1} \left[ \sum_{\lambda_1, \lambda_2, \lambda_3 \geq 1} \lambda_4^4 (\lambda_1 \lambda_2)^\delta \cdot c_{1, \lambda_1} c_{2, \lambda_2} c_{3, \lambda_3} \right]^2
\lesssim \|\lambda_1^4 c_{1, \lambda_1}\|_{I_{\lambda_1}}^2 \|\lambda_2^4 c_{2, \lambda_2}\|_{I_{\lambda_2}}^2 \sum_{\lambda_3 \sim \lambda_4} \lambda_3^4 \lambda_3^3
\lesssim \prod_{j=1}^3 \|\lambda_j^4 c_{j, \lambda_j}\|_{I_{j_1}}^2,
$$

where to obtain the second inequality, we used Cauchy-Schwarz in $\lambda_1$ and in $\lambda_2$, and the fact that $\sum_{\lambda_4 \geq 1} \lambda_4^{2(s-\delta)} \lesssim 1$, since $s > \delta$.

### 5.2.2. Case 2: $\lambda_4 \gg \lambda_3$. We further divide this case into $\lambda_1 \ll \lambda_2$, $\lambda_1 \sim \lambda_2$ and $\lambda_1 \gg \lambda_2$.

Assume first $\lambda_1 \ll \lambda_2$. Then in view of (5.7) we have $\lambda_4 \sim \lambda_2$. Now we can use Cauchy-Schwarz in $\lambda_1$ and in $\lambda_3$ to obtain

$$
S \lesssim \sum_{\lambda_4 \geq 1} \left[ \sum_{\lambda_1, \lambda_2, \lambda_3 \geq 1} \lambda_4^4 (\lambda_1 \lambda_3)^\delta \cdot c_{1, \lambda_1} c_{2, \lambda_2} c_{3, \lambda_3} \right]^2
\lesssim \|\lambda_1^4 c_{1, \lambda_1}\|_{I_{\lambda_1}}^2 \|\lambda_3^4 c_{3, \lambda_3}\|_{I_{\lambda_3}}^2 \sum_{\lambda_2 \sim \lambda_4} \lambda_2^4 \lambda_2^3
\lesssim \prod_{j=1}^3 \|\lambda_j^4 c_{j, \lambda_j}\|_{I_{j_1}}^2,
$$
Next assume $\lambda_1 \sim \lambda_2$. In view of (5.7) we have $\lambda_4 \lesssim \lambda_2$. Then we apply Cauchy-Schwarz in $\lambda_1 \sim \lambda_2$ and in $\lambda_3$ to obtain

$$S \lesssim \sum_{\lambda_4 \geq 1} \left[ \sum_{\lambda_1, \lambda_2, \lambda_3 \geq 1} \lambda_4^2 (\lambda_1 \lambda_2)^{\delta} \cdot c_{1, \lambda_1} c_{2, \lambda_2} c_{3, \lambda_3} \right]^2$$

$$\lesssim \sum_{\lambda_4 \geq 1} \left[ \lambda_4^{2s} \lambda_4^{2(26-2s)} \right] \prod_{j=1}^3 \left\| \lambda_j^s c_j, \lambda_j \right\|_{\mathcal{P}_j}^2$$

$$\lesssim 3 \prod_{j=1}^3 \left\| \lambda_j^s c_j, \lambda_j \right\|_{\mathcal{P}_j}^2 .$$

Finally, the case $\lambda_1 \gg \lambda_2$ is symmetrical to $\lambda_1 \ll \lambda_2$.

5.2.3. **Case 3: $\lambda_4 \ll \lambda_3$.** As above we further divide this case into $\lambda_1 \ll \lambda_2$, $\lambda_1 \sim \lambda_2$ and $\lambda_1 \gg \lambda_2$. Assume first $\lambda_1 \ll \lambda_2$. In view of (5.7) we have $\lambda_2 \sim \lambda_3$. Then applying Cauchy-Schwarz first in $\lambda_1$ and then in $\lambda_2 \sim \lambda_3$ we obtain

$$S \lesssim \sum_{\lambda_4 \geq 1} \left[ \sum_{\lambda_1, \lambda_2, \lambda_3 \geq 1} \lambda_4^2 (\lambda_1 \lambda_2)^{\delta} \cdot c_{1, \lambda_1} c_{2, \lambda_2} c_{3, \lambda_3} \right]^2$$

$$\lesssim \sum_{\lambda_4 \geq 1} \left[ \lambda_4^{2s} \lambda_4^{2(26-2s)} \right] \prod_{j=1}^3 \left\| \lambda_j^s c_j, \lambda_j \right\|_{\mathcal{P}_j}^2$$

$$\lesssim 3 \prod_{j=1}^3 \left\| \lambda_j^s c_j, \lambda_j \right\|_{\mathcal{P}_j}^2 .$$

Assume next $\lambda_1 \sim \lambda_2$. By (5.7) we have $\lambda_3 \lesssim \lambda_2$. Applying Cauchy-Schwarz first in $\lambda_1 \sim \lambda_2$ and then in $\lambda_3$ we obtain

$$S \lesssim \sum_{\lambda_4 \geq 1} \left[ \sum_{\lambda_1, \lambda_2, \lambda_3 \geq 1} \lambda_4^2 (\lambda_1 \lambda_2)^{\delta} \cdot c_{1, \lambda_1} c_{2, \lambda_2} c_{3, \lambda_3} \right]^2$$

$$\lesssim \sum_{\lambda_4 \geq 1} \left[ \lambda_4^{2s} \lambda_4^{2(26-2s)} \right] \prod_{j=1}^3 \left\| \lambda_j^s c_j, \lambda_j \right\|_{\mathcal{P}_j}^2$$

$$\lesssim 3 \prod_{j=1}^3 \left\| \lambda_j^s c_j, \lambda_j \right\|_{\mathcal{P}_j}^2 .$$

Finally, the case $\lambda_1 \gg \lambda_2$ is symmetrical to $\lambda_1 \ll \lambda_2$.

5.3. **Proof of Theorem 2.** We solve the integral equation (5.1) by contraction mapping techniques as follows. Define the mapping

$$\psi^\pm(t) = \mathcal{F}(\psi^\mp)(t) := S_m(\pm t) \psi^\mp_0 + i J_m(\pm t).$$

(5.9)

We look for the solution in the set

$$D_\delta = \left\{ \psi^\pm \in X^+_1 : \left\| \psi^\pm \right\|_{X^+_1} \leq \delta \right\} .$$

For $\psi^\pm \in D_\delta$ and initial data of size $\left\| \psi^\pm_0 \right\|_{H^s} \leq \varepsilon \ll \delta$, we have by Proposition 3

$$\left\| \mathcal{F}(\psi^\pm) \right\|_{X^+_1} \lesssim \varepsilon + \delta^3 \lesssim \delta$$
for small enough $\delta$. Moreover, for solutions $\psi^\pm$ and $\phi^\pm$ with the same data, one can show the difference estimate
\[
\|\mathcal{F}(\psi^\pm) - \mathcal{F}(\phi^\pm)\|_{X_2^1} \lesssim \left(\|\psi^\pm\|_{X_2^1} + \|\phi^\pm\|_{X_2^1}\right)^2 \|\psi^\pm - \phi^\pm\|_{X_2^1} \lesssim \delta^2 \|\psi^\pm - \phi^\pm\|_{X_2^1}
\]
whenever $\psi^\pm, \phi^\pm \in D_0$. Hence $\mathcal{F}$ is a contraction on $D_0$ when $\delta \ll 1$, which implies the existence of a unique fixed point in $D_0$ solving the integral equation (5.9).

It thus remains to show scattering of solution of (5.9) to a free solution as $t \to \infty$. By Proposition 2 and Proposition 3, we have for each $\mu$
\[
S_m(\mp t) P\mu J_{m,\pm}(\psi) \in V^2_{2c}
\]
and hence the limit as $t \to \infty$ exists for each $\mu$. Combining this with
\[
\sum_{\mu \geq 1} \mu^{2\zeta} \|P\mu J_{m,\pm}(\psi)\|_{V^2}^2 \lesssim 1
\]
gives
\[
\lim_{t \to \infty} S_m(\mp t) P\mu J_{m,\pm}(\psi) := f_\pm \in H^2.
\]
Hence for the solution $\psi^\pm$ we have
\[
\|S_m(\pm t) f_\pm - \psi^\pm(t)\|_{H^1} \to 0 \text{ as } t \to \infty.
\]

6. PROOF OF LEMMA 11

We use the notation
\[
\psi_1 := \psi_{A_1}^\varepsilon, \quad \psi_2 := \psi_{A_2}^\varepsilon, \quad \psi_3 := \psi_{A_3}^\varepsilon, \quad \psi_4 := \phi_{A_4}^\varepsilon.
\]
By symmetry we may set $\varepsilon_1 = \varepsilon_3 = +$ in the integral for $I_m^\varepsilon$, and thus we need to estimate
\[
I(\lambda) := I_m^\varepsilon(\lambda) = \left|\int_{\mathbb{R}^4} V * (\beta\psi_1, \psi_2) \cdot (\beta\psi_3, \psi_4) \, dt \, dx\right|
\]
with $\varepsilon_1 = \varepsilon_3 = +$.

Let $Q$ denote any one of $Q_i$'s for $l = 1, \cdots, 3$ and $B$ denote any one of $B_i$'s for $l = 1, \cdots, 4$. In view of the equations in (4.5)–(4.6), it suffices to show for $\varepsilon_1 = \varepsilon_3 = +$ the estimates
\[
I_k(\lambda) \lesssim \lambda^\delta \prod_{j=1}^3 \|\psi_j\|_{L^2} \|\psi_4\|_{L^2} (k = 1, \cdots, 4), \quad (6.1)
\]
where
\[
I_1(\lambda) = \left|\int_{\mathbb{R}^4} V * Q(\psi_1, \psi_2) \cdot Q(\psi_3, \psi_4) \, dt \, dx\right|,
\]
\[
I_2(\lambda) = \left|\int_{\mathbb{R}^4} V * B(\psi_1, \psi_2) \cdot Q(\psi_3, \psi_4) \, dt \, dx\right|,
\]
\[
I_3(\lambda) = \left|\int_{\mathbb{R}^4} V * Q(\psi_1, \psi_2) \cdot B(\psi_3, \psi_4) \, dt \, dx\right|,
\]
\[
I_4(\lambda) = \left|\int_{\mathbb{R}^4} V * B(\psi_1, \psi_2) \cdot B(\psi_3, \psi_4) \, dt \, dx\right|.
\]
In the arguments that follow we repeatedly use the following facts (see Propositions 1 and 2):

\[ U_\pm^2 \subset U_\pm^p, \quad V_\pm^2 \subset U_\pm^p \quad \text{for} \quad p > 2. \]  

(6.2)

We shall also use the conditions in (5.8). We remark that in \( \mathbb{R}^3 \) convolution with \( V(\lambda) = e^{-|x|}/|x| \) is (up to a multiplicative constant) the Fourier-mulitplier \( \langle D \rangle^{-2} \) with symbol \( \langle \xi \rangle^{-2} \).

6.1. **Estimate for** \( I_4(\lambda) \). By the symmetry of our argument we may assume \( \lambda_1 \leq \lambda_2 \) and \( \lambda_3 \leq \lambda_4 \). Using Littlewood-Paley decomposition, Hölder and the bilinear estimate (4.14), we obtain

\[
I_4(\lambda) \lesssim \sum_{\mu \geq 1} \| \langle D \rangle^{-2} P_\mu B(\psi_1, \psi_2) \| \| P_\mu B(\psi_3, \psi_4) \| \\
\lesssim \sum_{\mu \geq 1} \mu^{-2} (\lambda_1 \lambda_3)^{\frac{1}{2}} (\lambda_2 \lambda_4)^{\frac{1}{2}} \sum_{j=1}^4 \| \psi_j \|_{V_4^j} \\
\lesssim \sum_{j=1}^3 \| \psi_j \|_{U_{V_j}^4} \| \psi_4 \|_{V_4^4}
\]

where to sum up the third line we considered the following cases: \( \lambda_1 \sim \lambda_2 \) or \( \lambda_1 \ll \lambda_2 \sim \mu \) and \( \lambda_3 \sim \lambda_4 \) or \( \lambda_3 \ll \lambda_4 \sim \mu \).

6.2. **Estimate for** \( I_3(\lambda) \). As in the previous subsection we may assume \( \lambda_3 \leq \lambda_4 \). Then using Littlewood-Paley decomposition, Hölder, the null-form estimates in Lemma 1 and the bilinear estimate (4.14), we obtain

\[
I_3(\lambda) \lesssim \sum_{\mu \geq 1} \| \langle D \rangle^{-2} P_\mu Q(\psi_1, \psi_2) \| \| P_\mu B(\psi_3, \psi_4) \| \\
\lesssim \sum_{\mu \geq 1} \mu^{-2} \lambda_3^{\frac{1}{2}} \lambda_4^{\frac{1}{2}} \sum_{j=1}^2 \| \psi_j \|_{U_{V_j}^2} \sum_{j=3}^4 \| \psi_j \|_{V_4^j} \\
\lesssim \sum_{j=1}^3 \| \psi_j \|_{U_{V_j}^2} \| \psi_4 \|_{V_4^2}
\]

where to sum up the third line we considered the cases \( \lambda_3 \sim \lambda_4 \) or \( \lambda_3 \ll \lambda_4 \sim \mu \).

6.3. **Estimate for** \( I_2(\lambda) \). By the symmetry of our argument we may assume \( \lambda_1 \leq \lambda_2 \) and \( \lambda_3 \leq \lambda_4 \).

6.3.1. **Case** \( \lambda_3 \ll \lambda_4 \sim \mu \). As in the preceding subsections we use Hölder and the bilinear estimates (4.13) and (4.14) to obtain

\[
I_2(\lambda) \lesssim \sum_{\mu \geq 1} \| \langle D \rangle^{-2} P_\mu B(\psi_1, \psi_2) \| \| P_\mu Q(\psi_3, \psi_4) \| \\
\lesssim \sum_{\mu \geq 1} \mu^{-2} \lambda_1^{\frac{1}{2}} (\lambda_2 \lambda_3 \lambda_4)^{\frac{1}{2}} \sum_{j=1}^4 \| \psi_j \|_{V_4^j} \\
\lesssim \sum_{j=1}^3 \| \psi_j \|_{U_{V_j}^2} \| \psi_4 \|_{V_4^2}
\]

where to sum up the third line we considered the cases \( \lambda_1 \sim \lambda_2 \) or \( \lambda_1 \ll \lambda_2 \sim \mu \).
6.3.2. Case $\lambda_3 \sim \lambda_4$.

**Sub-case 1:** $\lambda_2 \geq \lambda_3 \sim \lambda_4$. Then by Hölder, the bilinear estimate (4.14) and the null form estimates in Lemma 1 we obtain

$$I_2(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-2} \mu \lambda_1 \lambda_2 \lambda_3 \lambda_4 \sum_{j=1}^{2} \|\psi_j\|_{V^2_j} \prod_{j=3}^{4} \|\psi_j\|_{U^4_j}$$

where we used $\lambda_1 \sim \lambda_2$ or $\lambda_1 \ll \lambda_2 \sim \mu$ to sum up the third line.

On the other hand, applying Hölder and the bilinear estimates (4.12) and (4.14) we obtain

$$I_2(\lambda) \lesssim \lambda_3 \sum_{j=1}^{3} \|\psi_j\|_{U^4_j} \|\psi_4\|_{U^4_4},$$

where we used $\lambda_1 \sim \lambda_2$ or $\lambda_1 \ll \lambda_2 \sim \mu$ to sum up the third line.

Now we use Lemma 2 to interpolate between the two estimates for $I_2(\lambda)$ above and obtain

$$I_2(\lambda) \lesssim \lambda_3^3 \sum_{j=1}^{3} \|\psi_j\|_{U^4_j} \|\psi_4\|_{U^4_4}.$$

**Sub-case 2:** $\lambda_2 \ll \lambda_3 \sim \lambda_4$. Since by assumption $\lambda_1 \leq \lambda_2$ we have $\mu \ll \lambda_3 \sim \lambda_4$. We separate this sub-case further into (i): $\epsilon_4 = +$ and (ii): $\epsilon_4 = -$. Recall that $\epsilon_3 = +$.

(i): $\epsilon_4 = +$. By Hölder, the bilinear estimate (4.14) and the null form estimate in Corollary 1(i) we obtain

$$I_2(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-2} \mu \lambda_1 \lambda_2 \lambda_3 \lambda_4 \sum_{j=1}^{2} \|\psi_j\|_{V^2_j} \prod_{j=3}^{4} \|\psi_j\|_{U^4_j}$$

where we used $\lambda_1 \sim \lambda_2$ or $\lambda_1 \ll \lambda_2 \sim \mu$ to sum up the third line.

On the other hand, similarly as in Sub-case 1 above we have

$$I_2(\lambda) \lesssim \lambda_3^3 \sum_{j=1}^{3} \|\psi_j\|_{U^4_j} \|\psi_4\|_{U^4_4}.$$
Then we use Lemma 2 to interpolate between the two estimates for $I_2$ above and obtain

$$I_2(\lambda) \lesssim \prod_{j=1}^{3} \|\psi_j\|_{U_j^2} \|\psi_4\|_{V_4^2}.$$ 

(ii): $\epsilon_4 = -$. This case is contained in Lemma 13 below.

6.4. **Estimate for $I_1(\lambda)$**. By the symmetry of our argument we may assume $\lambda_1 \leq \lambda_2$ and $\lambda_3 \leq \lambda_4$.

6.4.1. **Case $\lambda_3 \ll \lambda_4 \sim \mu$**. By Hölder, (4.14) and the null form estimates in Lemma 1 we obtain

$$I_1(\lambda) \lesssim \sum_{\mu \geq 1} \langle D \rangle^{-2} \|P_\mu Q(\psi_1, \psi_2)\| \|P_\mu Q(\psi_3, \psi_4)\|$$

$$\lesssim \sum_{\mu \sim \lambda_3} \langle \mu \rangle^{-2} \mu^2 \prod_{j=1}^{4} \|\psi_j\|_{U_j^2} \prod_{j=4}^{3} \|\psi_j\|_{V_j^2}$$

$$\lesssim \sum_{\mu \sim \lambda_3} \prod_{j=1}^{3} \|\psi_j\|_{U_j^2} \|\psi_4\|_{V_4^2}.$$ 

6.4.2. **Case $\lambda_3 \sim \lambda_4 \gtrsim \mu$**.

**Sub-case 1: $\lambda_2 \gtrsim \lambda_3 \sim \lambda_4$**. By Hölder and the null form estimates in Lemma 1 we obtain

$$I_1(\lambda) \lesssim \sum_{\mu \geq 1} \langle D \rangle^{-2} \|P_\mu Q(\psi_1, \psi_2)\| \|P_\mu Q(\psi_3, \psi_4)\|$$

$$\lesssim \sum_{1 \leq \mu \leq \lambda_3} \langle \mu \rangle^{-2} \mu^2 \prod_{j=1}^{4} \|\psi_j\|_{U_j^2}$$

$$\lesssim \ln(\lambda_3) \prod_{j=1}^{3} \|\psi_j\|_{U_j^2} \|\psi_4\|_{V_4^2}.$$ 

On the other hand, by Hölder, (4.12) and the null form estimates in Lemma 1 we have

$$I_1(\lambda) \lesssim \sum_{\mu \geq 1} \langle D \rangle^{-2} \|P_\mu Q(\psi_1, \psi_2)\| \|P_\mu Q(\psi_3, \psi_4)\|$$

$$\lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-2} \mu^2 \prod_{j=1}^{3} \|\psi_j\|_{U_j^2} \prod_{j=3}^{4} \|\psi_j\|_{U_j^2}$$

$$\lesssim \lambda_3 \prod_{j=1}^{3} \|\psi_j\|_{U_j^2} \|\psi_4\|_{U_4^2}.$$ 

Then we interpolate the two estimates for $I_1(\lambda)$ above, using Lemma 2, and obtain

$$I_1(\lambda) \lesssim \lambda_3^\delta \prod_{j=1}^{3} \|\psi_j\|_{U_j^2} \|\psi_4\|_{V_4^2}.$$
**Sub-case 2**: $\lambda_2 \ll \lambda_3 \sim \lambda_4$. Since by assumption $\lambda_1 \leq \lambda_2$ we have $\mu \ll \lambda_3 \sim \lambda_4$. We separate this sub-case further into (i): $\epsilon_4 = +$ and (ii): $\epsilon_4 = -$. Recall that $\epsilon_3 = +$.

(i): $\epsilon_4 = +$. By Hölder and the null form estimates in Lemma 1

$$I_1(\lambda) \lesssim \sum_{\mu \lesssim 1} \| (D)^{-2}P_\mu Q(\psi_1, \psi_2) \| \| P_\mu Q(\psi_3, \psi_4) \|$$

$$\lesssim \sum_{1 \leq \mu \lesssim \lambda_2} \langle \mu \rangle^{-2} \mu^{\frac{5}{2}} \lambda_3^{\frac{1}{2}} \sum_{j=1}^{4} \| \psi_j \|_{\mathcal{U}^2_j}$$

$$\lesssim \lambda_2^{\frac{1}{2}} \lambda_3^{\frac{1}{2}} \sum_{j=1}^{3} \| \psi_j \|_{\mathcal{U}^2_j} \| \psi_4 \|_{\mathcal{U}^4}.$$

On the other hand, by Hölder and (4.12) we have

$$I_1(\lambda) \lesssim \sum_{\mu \lesssim 1} \| (D)^{-2}P_\mu Q(\psi_1, \psi_2) \| \| P_\mu Q(\psi_3, \psi_4) \|$$

$$\lesssim \sum_{1 \leq \mu \lesssim \lambda_2} \langle \mu \rangle^{-2} (\lambda_1 \lambda_2 \lambda_3 \lambda_4)^{\frac{1}{2}} \sum_{j=1}^{4} \| \psi_j \|_{\mathcal{U}^4_j}$$

$$\lesssim \lambda_2 \lambda_3 \sum_{j=1}^{3} \| \psi_j \|_{\mathcal{U}^2_j} \| \psi_4 \|_{\mathcal{U}^4}.$$

We then use Lemma 2 to interpolate between the two estimates for $I_1(\lambda)$ above and obtain

$$I_1(\lambda) \lesssim \lambda_2^\delta \sum_{j=1}^{3} \| \psi_j \|_{\mathcal{U}^2_j} \| \psi_4 \|_{\mathcal{V}^4_4}.$$

(ii): $\epsilon_4 = -$. This case is contained in Lemma 13 below.

6.5. A modulation Lemma. Recall

$$\psi_1 = \psi_{\lambda_1}^{\epsilon_1}, \quad \psi_2 = \psi_{\lambda_2}^{\epsilon_2}, \quad \psi_3 = \psi_{\lambda_3}^{\epsilon_3}, \quad \psi_4 = \psi_{\lambda_4}^{\epsilon_4},$$

where $\epsilon_j \in \{+,-\}$ and $\epsilon_1 = \epsilon_3 = +$.

In the case $\epsilon_4 = -$ and $\lambda_1 \leq \lambda_2 \ll \lambda_3 \sim \lambda_4$ we exploit the non-resonance structure in the integral for $J_\delta(\lambda)$ to establish the required estimates for $I_1(\lambda)$ and $I_2(\lambda)$ (see Subsections 6.3.2(ii) and 6.4.2(ii) above). This is contained in the following Lemma.

**Lemma 13.** Let

$$J(\lambda) = \int_{\mathbb{R}^4} V \ast A(\psi_1, \psi_2) \cdot Q(\psi_3, \psi_4) \, dt \, dx,$$

where $A$ is either $Q$ or $B$. Assume $\epsilon_1 = \epsilon_3 = +$, $\epsilon_4 = -$ and $\lambda_1 \leq \lambda_2 \ll \lambda_3 \sim \lambda_4$. Then

$$J(\lambda) \lesssim \lambda_2^\delta \sum_{j=1}^{3} \| \psi_j \|_{\mathcal{U}^2_j} \| \psi_4 \|_{\mathcal{V}^4_4}. \quad (6.3)$$

**Proof.** Decompose the functions $\psi_j$ into a low and high modulation part, i.e., $\psi_j = \psi^L_j + \psi^H_j$, where

$$\psi^L_j := \Lambda_{\geq \lambda_j} \psi_j, \quad \psi^H_j := \Lambda_{< \lambda_j} \psi_j.$$
We claim that
\[
\int_{\mathbb{R}^1} V \ast A(\psi_1^l, \psi_2^l) \cdot Q(\psi_3^l, \psi_4^l) \, dt \, dx = 0.
\]
Indeed, let \((\tau_j, \xi_j)\) be the space-time Fourier variables of the functions \(\psi_j^l\). Clearly, the integral vanishes unless \(\tau_1 - \tau_2 + \tau_3 - \tau_4 = 0\) and \(\xi_1 - \xi_2 + \xi_3 - \xi_4 = 0\). By assumption and definition of low modulation, the contributing set must then satisfy
\[
4 \cdot \frac{\lambda_3}{8} = \frac{\lambda}{2} > |(\tau_1 + \langle \xi_1 \rangle_m) - (\tau_2 + \epsilon_2 \langle \xi_2 \rangle_m) + (\tau_3 + \langle \xi_3 \rangle_m) - (\tau_4 - \langle \xi_4 \rangle_m)|
\]
\[
= \langle \xi_1 \rangle_m - \epsilon_2 \langle \xi_2 \rangle_m + \langle \xi_3 \rangle_m + \langle \xi_4 \rangle_m \geq \frac{\lambda_3}{2},
\]
which is a contradiction, and hence the integral vanishes. Thus, we always have at least one function on high modulation in the integral for \(J\). There are 15 cases of which at least one of the four functions has high modulation but we consider only 4 cases where one of the functions is on high modulation and the other functions are on high or low modulation.

**Case 1**: \(\psi_1 = \psi_1^h\) or \(\psi_2 = \psi_2^h\). We only consider the case \(\psi_1 = \psi_1^h\) since the case \(\psi_2 = \psi_2^h\) can be handled in a similar way.

**Sub-case (i):** \(A = Q\). By Hölder, Sobolev, Lemma 5, Lemma 1(ii) and (2.7) we obtain
\[
J(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-2} \mu^{\frac{3}{2}} \| \psi_1^h \|_{L^2_t L^1_x} \| \psi_2 \|_{L^\infty_t L^2_x} \| P_\mu Q(\psi_3, \psi_4) \|_{L^2_t L^\infty_x}
\]
\[
\lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-2} \mu^{\frac{3}{2}} \| \psi_1^h \|_{L^2_t L^1_x} \| \psi_2 \|_{L^\infty_t L^2_x} \| P_\mu Q(\psi_3, \psi_4) \|_{L^2_t L^\infty_x}
\]
\[
\lesssim \sum_{1 \leq \mu \leq \lambda_2} \langle \mu \rangle^{-2} \mu^{\frac{3}{2}} \lambda_3^{-\frac{5}{2}} \prod_{j=1}^2 \| \psi_j \|_{H^{\frac{3}{2}}_x} \prod_{j=3}^4 \| \psi_j \|_{H^{\frac{1}{2}}_x}
\]
\[
\lesssim \lambda_3^{\frac{3}{2}} \prod_{j=1}^3 \| \psi_j \|_{H^{\frac{3}{2}}_x} \| \psi_4 \|_{H^{\frac{1}{2}}_x},
\]
where we used the physical space representation of the term \(Q(\psi_1^h, \psi_2)\) found in in Lemma 10. On the other hand, applying 4.12 to the norm \(\| P_\mu Q(\psi_3, \psi_4) \|_{L^2_t L^\infty_x}\) we obtain
\[
J(\lambda) \lesssim \sum_{1 \leq \mu \leq \lambda_2} \langle \mu \rangle^{-2} \mu^{\frac{3}{2}} \lambda_3^{-\frac{5}{2}} \lambda_4 \prod_{j=1}^2 \| \psi_j \|_{H^{\frac{3}{2}}_x} \prod_{j=3}^4 \| \psi_j \|_{H^{\frac{1}{2}}_x}
\]
\[
\lesssim \lambda_3^{\frac{3}{2}} \prod_{j=1}^3 \| \psi_j \|_{H^{\frac{3}{2}}_x} \| \psi_4 \|_{H^{\frac{1}{2}}_x},
\]
Now we use Lemma 2 to interpolate between the two estimates for \(J(\lambda)\) above to obtain the desired estimate (6.3).
Sub-case (ii): $A = B$. By Hölder, Sobolev, Lemma 5, Lemma 1(ii) and (2.7) we obtain
\[
J(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-\frac{2}{3}} \lambda_1^{-\frac{1}{3}} \lambda_4 \frac{1}{3} \lambda_3 \frac{1}{2} \sum_{j=1}^{2} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j}
\]
where we used the physical space representation the term $B(\psi_1^h, \psi_2)$ found in in Lemma 10. On the other hand, applying 4.12 to the norm $\|P(\mu)Q(\psi_3, \psi_4)\|_{L_t^2 L_x^2}$ we obtain
\[
J(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-\frac{2}{3}} \lambda_1^{-\frac{1}{3}} \lambda_4 \frac{1}{3} \lambda_3 \frac{1}{2} \sum_{j=1}^{2} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j}
\]
Interpolating between the two estimates for $J(\lambda)$ above, using Lemma 2, and obtain the desired estimate (6.3).

Case 2: $\psi_3 = \psi_3^h$ or $\psi_4 = \psi_4^h$. We only consider the case $\psi_4 = \psi_4^h$ since the case $\psi_3 = \psi_3^h$ can be handled in a similar way.

Sub-case (i): $A = Q$. By Hölder, Sobolev, Lemma 5, Lemma 1 and (2.7) we have
\[
J(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-\frac{2}{3}} \lambda_1^{-\frac{1}{3}} \lambda_4 \frac{1}{3} \lambda_3 \frac{1}{2} \sum_{j=1}^{2} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j}
\]
Sub-case (ii): $A = B$. By Hölder, Sobolev, (4.14) and (2.7) we have
\[
J(\lambda) \lesssim \sum_{\mu \geq 1} \langle \mu \rangle^{-\frac{2}{3}} \lambda_1^{-\frac{1}{3}} \lambda_4 \frac{1}{3} \lambda_3 \frac{1}{2} \sum_{j=1}^{2} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j} \| \psi_j \|_{H_j}
\]
since $\lambda_1 \leq \lambda_2 \ll \lambda_3 - \lambda_4$. 

To prove the estimates in Lemma 6 we closely follow the argument of Foschi–Klainerman for $m = 0$ [10, Lemma 4.1 and Lemma 4.4].

For a smooth function $\varphi$, define the hypersurface $S = \{ x \in \mathbb{R}^3 : \varphi(x) = 0 \}$. If $\nabla \varphi \neq 0$ for $x \in S \cap \text{supp}(\Phi)$, then

$$\int_{\mathbb{R}^3} \Phi(x) \delta(\varphi(x)) \, dx = \int_S \frac{\Phi(x)}{|\nabla \varphi(x)|} \, dS_x. \quad (7.1)$$

For a nonnegative smooth function $h$ which does not vanish on $S$, (7.1) also implies

$$\delta(\varphi(x)) = h(x) \delta \left( h(x) \varphi(x) \right). \quad (7.2)$$

### 7.1. Proof of Lemma 6(i)

First note that the integral $I_+ (f, g)$ is supported on the set

$$\mathcal{E}(\tau, \xi) = \{ \eta \in \mathbb{R}^3 : \langle \eta \rangle_m + \langle \xi - \eta \rangle_m = \tau \}. \quad (7.3)$$

Thus for $\eta \in \mathcal{E}(\tau, \xi)$ we have

$$\tau^2 - |\xi|^2 - 4m^2 = (\langle \eta \rangle_m + \langle \xi - \eta \rangle_m)^2 - |\xi|^2 - 4m^2$$

$$= 2(\langle \eta \rangle_m \langle \xi - \eta \rangle_m - 2(\langle \eta \rangle_m |\xi - \eta|^2 + 2((\langle \eta \rangle_m)^2 - \langle \xi - \eta \rangle_m^2) \geq 0. \quad (7.4)$$

Now we use (7.2) to write

$$\left\{ \begin{array}{lcl} \delta(\tau - \langle \eta \rangle_m - \langle \xi - \eta \rangle_m) \\
= |(\tau - \langle \eta \rangle_m) + (\xi - \eta)\rangle_m \delta \left( \langle \xi - \eta \rangle_m^2 - \langle \xi - \eta \rangle_m^2 \right) \\
= 2(\tau - \langle \eta \rangle_m) \delta \left( \tau^2 - |\xi|^2 - 2 \tau \langle \eta \rangle_m + 2 \xi \cdot \eta \right), \end{array} \right. \quad (7.5)$$

where in the first line we multiplied the argument of the delta function on the left by $(\tau - \langle \eta \rangle_m) + (\xi - \eta)\rangle_m$.

Introduce polar coordinate $\eta = \sigma \omega$, where $\omega \in \mathbb{S}^2$:

$$|\eta| = \sigma, \quad d\eta = \sigma^2 \, dS_\omega \, d\sigma.$$

Then using (7.5) and (7.2) we obtain

$$I_+ (f, g)(\tau, \xi) = 2 \int_{\mathbb{R}^3} (\tau - \langle \eta \rangle_m) f(|\eta|) g(\langle \xi - \eta \rangle) \delta \left( \tau^2 - |\xi|^2 - 2 \tau \langle \eta \rangle_m + 2 \xi \cdot \eta \right) \, d\eta$$

$$= \int_0^\sqrt{\tau^2 - m^2} \int_{\omega \in \mathbb{S}^2} \sigma^2 (\tau - \langle \sigma \rangle_m) f(\sigma) g \left( \sqrt{(\tau - \langle \sigma \rangle_m)^2 - m^2} \right) \delta \left( \tau^2 - |\xi|^2 - 2 \tau \langle \sigma \rangle_m + 2 \sigma \cdot \omega \right) \, dS_\omega \, d\sigma$$

$$= \frac{1}{|\xi|} \int_0^\sqrt{\tau^2 - m^2} \int_{\omega \in \mathbb{S}^2} \sigma (\tau - \langle \sigma \rangle_m) f(\sigma) g \left( \sqrt{(\tau - \langle \sigma \rangle_m)^2 - m^2} \right) \delta \left( \tau^2 - |\xi|^2 - 2 \tau \langle \sigma \rangle_m + 2 \sigma \cdot \omega \right) \, dS_\omega \, d\sigma,$$

where in the second inequality we used the fact that

$$\tau - \langle \eta \rangle_m = \langle \xi - \eta \rangle_m \Rightarrow |\xi - \eta| = \sqrt{(\tau - \langle \sigma \rangle_m)^2 - m^2}.$$

Changing variable

$$s = \frac{\omega \cdot \xi}{|\xi|} \Rightarrow dS_w = dS_{w'} \, ds, \quad \text{where} \quad \omega' \in \mathbb{S}^1,$$
we have
\[ I_+(f, g)(r, \xi) = \frac{1}{|\xi|} \int_0^1 r \int_{-1}^1 \sigma (r - \langle \sigma \rangle_{m}) f(\sigma) g \left( \sqrt{(\sigma - \langle \sigma \rangle_m)^2 - m^2} \right) \delta \left( \frac{r^2 - |\xi|^2 - 2\tau \sigma \rangle_m}{2|\xi|} + s \right) ds d\sigma \]

Again, changing variable
\[ r = \langle \sigma \rangle_m \Rightarrow r dr = \sigma d\sigma \]
we obtain
\[ I_+(f, g)(r, \xi) = \frac{1}{|\xi|} \int_0^1 r \int_{-1}^1 \tau \int_{-1}^1 \sigma \int_{-1}^1 (r - \sigma) f(\tau - \sigma) g(\tau) \delta \left( \frac{r^2 - |\xi|^2 - 2\tau \sigma \rangle_m}{2|\xi|} + s \right) ds d\sigma d\tau \]
where
\[ \mathcal{D}_+ := \mathcal{D}_+(r, \xi) = [m, \tau] \cap \left\{ r \in \mathbb{R} : -1 \leq \frac{r^2 - |\xi|^2 - 2\tau \sigma \rangle_m}{2|\xi|} \leq 1 \right\} \]

So \( r \in \mathcal{D}_+ \) if and only if \( r \in [m, \tau] \) and
\[ (r^2 - |\xi|^2 - 2\tau \sigma \rangle_m)^2 - 4|\xi|^2 r^2 + 4m^2|\xi|^2 \leq 0. \]

The latter condition is equivalent to
\[ (r - a_+)(r - a_-) \leq 0, \]
where
\[ a_{\pm} = \tau + \frac{|\xi|}{2} \sqrt{\frac{r^2 - |\xi|^2 - 4m^2}{r^2 - |\xi|^2}}. \]

Thus \( r \in [a_-, a_+] \), and hence \( \mathcal{D}_+ = [m, \tau] \cap [a_-, a_+] \). We claim that \([a_-, a_+] \subseteq [m, \tau] \). Clearly, \( a_+ \leq \tau \) since \( |\xi| < \tau \) and \( 1 - \frac{4m^2}{r^2 - |\xi|^2} \leq 1 \) by (7.8). The condition \( a_- \geq m \) is equivalent to
\[ \tau - 2m \geq |\xi| \sqrt{\frac{r^2 - |\xi|^2 - 4m^2}{r^2 - |\xi|^2}} \]
which can be squared to obtain
\[ r^4 - 4mr^3 + 4m^2r^2 - 2|\xi|^2 r^2 + 4m^2|\xi|^2 + |\xi|^4 \geq 0 \]
The expression on the left hand side can be written as
\[ (r^2 - m^2)^2 - 2|\xi|^2 ((r^2 - m^2) + |\xi|^2) + |\xi|^4 = (r^2 - m^2 - |\xi|^2)^2 \]
which is \( \geq 0 \).

Thus \( \mathcal{D}_+ = [a_-, a_+] \), and hence
\[ I_+(f, g)(r, \xi) = \frac{1}{|\xi|} \int_{a_-}^{a_+} r (r - \tau) f \left( \sqrt{r^2 - m^2} \right) g \left( \sqrt{(r - \tau)^2 - m^2} \right) dr. \]
7.2. **Proof of Lemma 6(ii).** First note that the integral $I_-(f, g)$ is supported on the set
\[
\mathcal{H}(r, \xi) = \{ \eta \in \mathbb{R}^3 : \langle \eta \rangle_m - \langle \xi - \eta \rangle_m = r \}. \tag{7.6}
\]
Thus for $\eta \in \mathcal{H}(r, \xi)$ we have
\[
|\xi|^2 - r^2 = |\xi|^2 - (\langle \eta \rangle_m - \langle \xi - \eta \rangle_m)^2
= 2(\langle \eta \rangle_m - 2m^2 + 2\eta \cdot (\xi - \eta)) \geq 0, \tag{7.7}
\]
where in the last inequality we used the fact
\[
2(\langle \eta \rangle_m - 2m^2 + 2\eta \cdot (\xi - \eta)) \geq 2|\eta||\xi - \eta| + 2m^2.
\]
Since the expression on the second line is $\geq 0$, we conclude
\[
|\xi|^2 - r^2 \geq 4m^2. \tag{7.8}
\]
By (7.2) we have
\[
\delta(\tau - \langle \eta \rangle_m + \langle \xi - \eta \rangle_m) = \delta(-\langle \tau - \langle \eta \rangle_m \rangle \langle \xi - \eta \rangle_m \delta(-\langle \tau - \langle \eta \rangle_m \rangle^2 + \langle \xi - \eta \rangle_m^2)
= -2(\tau - \langle \eta \rangle_m) \delta(|\xi|^2 - r^2 + 2\tau \langle \eta \rangle_m - 2\xi \cdot \eta),
\]
where in the first line we multiplied the argument of the delta function on the left by
\[-(\tau - \langle \eta \rangle_m) + \langle \xi - \eta \rangle_m.
\]
Now introduce polar coordinate $\eta = \sigma \omega$, where $\omega \in \mathbb{S}^2$. Proceeding similarly as in the above subsection we obtain
\[
I_-(f, g)(\tau, \xi) \equiv \frac{1}{|\xi|} \int_{\mathbb{R}} \int_{\mathbb{R}} \sigma(\sigma \omega - \tau) f(\sigma) g \left( \sqrt{(\langle \sigma \rangle_m - \tau)^2 - m^2} \right) \delta \left( \frac{|\xi|^2 - r^2 + 2\tau \langle \sigma \rangle_m}{2|\xi| \sigma} - s \right) ds d\sigma
= \frac{1}{|\xi|} \int_{\mathbb{R}} \int_{\mathbb{R}} r(\tau - \tau) \xi_{\mathbb{R}}(\tau) \right) f \left( \sqrt{r^2 - m^2} \right) g \left( \sqrt{(\tau - \tau)^2 - m^2} \right) dr,
\]
where
\[
\mathcal{D}_- := \{ \mathcal{D}_- (\tau, \xi) = [m, \infty) \cap \left\{ r \in \mathbb{R} : -1 \leq \frac{|\xi|^2 - r^2 + 2\tau r}{2|\xi| \sqrt{r^2 - m^2}} \leq 1 \right\} .
\]
So $r \in \mathcal{D}_-$ if and only if $r \in [m, \infty]$ and
\[
(|\xi|^2 - r^2 + 2\tau r)^2 - 4|\xi|^2 r^2 + 4m^2|\xi|^2 \leq 0.
\]
The latter condition is equivalent to
\[
(r - b_+)(r - b_-) \geq 0,
\]
where
\[
b_\pm = \frac{\tau}{2} \pm \frac{|\xi|}{2} \sqrt{\frac{|\xi|^2 - r^2 + 4m^2}{|\xi|^2 - r^2}}.
\]
Thus $r \leq b_-$ or $r \geq b_+$, and hence
\[
\mathcal{D}_- = [m, \infty) \cap \{(\infty, b_-) \cup [b_+, \infty)\}.
\]
We claim that $b_- < m$ and $b_+ \geq m$. These would imply $\mathcal{D}_- = [b_+, \infty)$, and hence
\[
I_-(f, g)(\tau, \xi) \equiv \frac{1}{|\xi|} \int_{b_-}^\infty r(\tau - \tau) f \left( \sqrt{r^2 - m^2} \right) g \left( \sqrt{(\tau - \tau)^2 - m^2} \right) dr.
\]
It remains to prove the claim. By (7.7) we have \(-|\xi| \leq \tau \leq |\xi|\). So clearly,

\[
b_- \leq \frac{|\xi|}{2} \left( 1 - \sqrt{1 + \frac{4m^2}{|\xi|^2 - \tau^2}} \right) \leq 0 \leq m.
\]

Next we show that \(b_+ \geq m\). If \(0 \leq \tau \leq |\xi|\) we have

\[
b_+ \geq \frac{\tau}{2} + \frac{|\xi|}{2}. \sqrt{1 + \frac{4m^2}{|\xi|^2 - \tau^2}} = \frac{\tau}{2} + m \geq m.
\]

Now assume \(-|\xi| \leq \tau < 0\). Then \(b_+ > m\) if and only if

\[
|\xi| \sqrt{\frac{|\xi|^2 - \tau^2 + 4m^2}{|\xi|^2 - \tau^2}} \geq 2m - \tau.
\]

Since \(\tau < 0\), we can square both sides to obtain the condition

\[
t^4 - 4mt^3 + 4m^2t^2 - 2|\xi|^2 \tau^2 + 4m|\xi|^2 + |\xi|^4 \geq 0
\]

The expression on the left hand side can be written as

\[
((t - m)^2 - m^2)^2 - 2|\xi|^2 ((t - m)^2 - m^2) + |\xi|^4 = ((t - m)^2 - m^2 - |\xi|^2)^2
\]

which is \(\geq 0\).

### 8. PROOF OF LEMMA 7

By symmetry we may assume \(\lambda_1 \leq \lambda_2\). Thus, we are reduced to the following cases:

(a) \(\lambda_1 \lesssim \lambda_2 \sim \mu\),

(b) \(\mu \ll \lambda_1 \sim \lambda_2\).

#### 8.1. Case (a): \(\lambda_1 \lesssim \lambda_2 \sim \mu\)

First assume \(\mu = 1\), and hence \(\lambda_2 \sim \mu = 1\). In this case we simply apply Hölder and Lemma 5 to obtain

\[
\left\|P_\mu(S_m(t)f_{\lambda_1}S_m(\pm t)g_{\lambda_2})\right\|_{L^4_t L^\infty_x} \lesssim \left\|S_m(t)f_{\lambda_1}\right\|_{L^4_t L^1_x} \left\|S_m(\pm t)g_{\lambda_2}\right\|_{L^4_t L^\infty_x} \lesssim \left\|f_{\lambda_1}\right\|_{L^2_x(\mathbb{R})} \left\|g_{\lambda_2}\right\|_{L^2_x(\mathbb{R})}.
\]

Thus, we may from now on assume \(\mu > 1\). Taking the space-time Fourier transform we have

\[
\mathcal{F}_{t,x}[P_\mu(S_m(t)f_{\lambda_1}S_m(\pm t)g_{\lambda_2})](\tau, \xi) = \rho_\mu(|\xi|) \int_{\mathbb{R}^3} \widehat{f}_{\lambda_1}(\eta) \widehat{g}_{\lambda_2}(\xi - \eta) \delta(\tau - \eta)_m - (\xi - \eta)_m) d\eta,
\]

\[
\mathcal{F}_{t,x}[P_\mu(S_m(t)f_{\lambda_1}S_m(-t)g_{\lambda_2})](\tau, \xi) = \rho_\mu(|\xi|) \int_{\mathbb{R}^3} \widehat{f}_{\lambda_1}(\eta) \widehat{g}_{\lambda_2}(\xi - \eta) \delta(\tau + \eta)_m + (\xi - \eta)_m) d\eta.
\]

By Cauchy-Schwarz

\[
\left|\mathcal{F}_{t,x}[P_\mu(S_m(t)f_{\lambda_1}S_m(\pm t)g_{\lambda_2})](\tau, \xi)\right|^2 \leq I_\pm(\tau, \xi) \int_{\mathbb{R}^3} |\widehat{f}_{\lambda_1}(\eta)|^2 |\widehat{g}_{\lambda_2}(\xi - \eta)|^2 \delta(\tau - \eta)_m \mp (\xi - \eta)_m) d\eta,
\]

where

\[
I_\pm(\tau, \xi) = \rho_\mu(|\xi|) \int_{\mathbb{R}^3} \rho_{\lambda_1}(|\eta|) \rho_{\lambda_2}(|\xi - \eta|) \delta(\tau - \eta)_m \mp (\xi - \eta)_m) d\eta.
\]
Now we claim that

$$\sup_{(\tau, \xi) \in \mathbb{R}^{1+3}} I_{\pm}(\tau, \xi) \lesssim \lambda_1^2$$

if $\lambda_1 \lesssim \lambda_2 \sim \mu$. \hfill (8.2)

Assume for the moment that this claim holds. Then integration with respect to $\tau$ and $\xi$ gives the following:

$$\|P_\mu(S_m(t)f_{A_1}, S_m(\pm t)g_{A_2})\|^2 = \int_{\mathbb{R}^{1+3}} \left| \mathcal{F}_{t,x} \left[ P_\mu(S_m(t)f_{A_1}, S_m(\pm t)g_{A_2}) \right](\tau, \xi) \right|^2 \, d\tau d\xi$$

$$\lesssim \lambda_1^2 \int_{\mathbb{R}^3} \left| \hat{f}_{A_1}(\eta) \right|^2 \left| \hat{g}_{A_2}(\xi - \eta) \right|^2 \left( \int_{\mathbb{R}^3} \delta(\tau - \langle \eta \rangle_m \pm \langle \xi - \eta \rangle_m) \, d\tau \right) \, d\eta d\xi$$

$$= \lambda_1^2 \|f_{A_1}\|^2 \|g_{A_2}\|^2,$$

where we used the fact $\int_{\mathbb{R}^3} \delta(\tau - \langle \eta \rangle_m \pm \langle \xi - \eta \rangle_m) \, d\tau = 1$. This estimate together with (8.1) establishes Lemma 7(i) and (ii) in the case $\lambda_1 \lesssim \lambda_2 \sim \mu$.

Thus, it remains to prove (8.2). By Lemma 7 we have

$$I_+(\tau, \xi) = \frac{\rho_\mu(|\xi|)}{|\xi|} \int_{a_1}^{\mu |\xi|} r(\tau - r) \rho_\lambda \left( \frac{\sqrt{r^2 - m^2}}{\sqrt{(r - \lambda)^2 - m^2}} \right) \, dr,$$

$$I_-(\tau, \xi) = \frac{\rho_\mu(|\xi|)}{|\xi|} \int_{b_1}^{\infty} r(\tau - r) \rho_\lambda \left( \frac{\sqrt{r^2 - m^2}}{\sqrt{(r - \lambda)^2 - m^2}} \right) \, dr.$$

By the support assumption in the integral for $I_+$ we have $r \sim \langle \lambda_1 \rangle_m$ and $\tau - r \sim \langle \lambda_2 \rangle_m$. Since $\mu > 1$ and $\lambda_1 \lesssim \lambda_2 \sim \mu$ we have

$$\sup_{(\tau, \xi) \in \mathbb{R}^{1+3}} I_+(\tau, \xi) \lesssim \frac{\langle \lambda_1 \rangle_m \langle \lambda_2 \rangle_m \mu}{\mu} \int_{r(\langle \lambda_1 \rangle_m)} d\tau \sim \lambda_1^2.$$

Similarly, by the support assumption in the integral for $I_-$ we have $r \sim \langle \lambda_1 \rangle_m$ and $\tau - r \sim \langle \lambda_2 \rangle_m$. Since $\mu > 1$ and $\lambda_1 \lesssim \lambda_2 \sim \mu$ we have

$$\sup_{(\tau, \xi) \in \mathbb{R}^{1+3}} I_-(\tau, \xi) \lesssim \frac{\langle \lambda_1 \rangle_m \langle \lambda_2 \rangle_m \mu}{\mu} \int_{r(\langle \lambda_1 \rangle_m)} d\tau \sim \lambda_1^2.$$

8.2. Case (b): $\mu \ll \lambda_1 \sim \lambda_2$. In this case we follow the argument of Foschi–Klainerman for $m = 0$ [10, Lemma 12.1] and introduce a collection of cubes $C_z = \mu z + [0, \mu]^3$, $z \in \mathbb{Z}^3$, which induce a disjoint covering of $\mathbb{R}^3$. By the triangle inequality

$$\|P_\mu(S(t)f_{A_1}, S_m(\pm t)g_{A_2})\| \lesssim \sum_{z, z' \in \mathbb{Z}^3} \|P_\mu(S(t)f_{A_1}, S_m(\pm t)P_{C_z}g_{A_2})\|,$$

where $P_{C_z}$ is the frequency projection onto $C_z$. Let

$$f_{A_1,z} := P_{C_z}f_{A_1} \quad \text{and} \quad g_{A_2,z} := P_{C_z}g_{A_2}.$$

Taking the Fourier Transform we have

$$\mathcal{F}_{t,x} \left[ P_\mu(S_m(t)f_{A_1,z}, S_m(\pm t)g_{A_2,z'}) \right](\tau, \xi)$$

$$= \rho_\mu(|\xi|) \int_{\mathbb{R}^3} \hat{f}_{A_1,z}(\eta) \hat{g}_{A_2,z'}(\xi - \eta) \delta(\tau - \langle \eta \rangle_m \pm \langle \xi - \eta \rangle_m) \, d\eta.$$

Since $\mu \ll \lambda_1 \sim \lambda_2$ and $\eta \in C_z$, $\xi - \eta \in C_{z'}$, the integral in (8.4) yields a nontrivial contribution if $C_z$ and $C_{z'}$ are almost opposite, i.e., if $\angle(\eta, \xi - \eta) \sim 1$. In other words, for each $z \in \mathbb{Z}^3$, only those $z' \in \mathbb{Z}^3$ with $|z + z'| \lesssim 1$ yield a nontrivial contribution to the
sum (8.3). We use these observations and apply Lemma 14(i)-(ii) below to (8.3), and use Cauchy-Schwarz to obtain

\[ \| P_\mu (S_m(t) f_{z_1}, S_m(t) g_{z_2}) \| \lesssim \mu \sum_{|z+z'| \leq 1} \| f_{z_1} \| \| g_{z_2} \| \]

\[ \lesssim \mu \left( \sum_{z \in \mathbb{Z}^3} \| f_{z_1} \|^2 \right)^{\frac{1}{2}} \left( \sum_{z' \in \mathbb{Z}^3} \| g_{z_2} \|^2 \right)^{\frac{1}{2}} \]

\[ \sim \mu \| f_{z_1} \| \| g_{z_2} \| \]

and

\[ \| P_\mu (S_m(t) f_{z_1}, S_m(-t) g_{z_2}) \| \lesssim (\mu \lambda_1)^{\frac{1}{2}} \sum_{|z+z'| \leq 1} \| f_{z_1} \| \| g_{z_2} \| \]

\[ \lesssim (\mu \lambda_1)^{\frac{1}{2}} \left( \sum_{z \in \mathbb{Z}^3} \| f_{z_1} \|^2 \right)^{\frac{1}{2}} \left( \sum_{z' \in \mathbb{Z}^3} \| g_{z_2} \|^2 \right)^{\frac{1}{2}} \]

\[ \sim (\mu \lambda_1)^{\frac{1}{2}} \| f_{z_1} \| \| g_{z_2} \| . \]

**Lemma 14** (Refined bilinear estimates). Assume \( \mu \ll \lambda_1 \sim \lambda_2 \). For all \((z, z') \in \mathbb{Z}^3 \times \mathbb{Z}^3\) we have the following localized bilinear estimates:

(i) (++) interaction:

\[ \| P_\mu (S_m(t) f_{z_1}, S_m(t) g_{z_2}) \| \lesssim \mu \| f_{z_1} \| \| g_{z_2} \|. \] (8.5)

(ii) (+-) interaction:

\[ \| P_\mu (S_m(t) f_{z_1}, S_m(-t) g_{z_2}) \| \lesssim (\mu \lambda_1)^{\frac{1}{2}} \| f_{z_1} \| \| g_{z_2} \|. \] (8.6)

8.2.1. Proof of Lemma 14(i). Set \( \rho_{\lambda_1}(\xi) = \mathbb{1}_{B_{2\mu}(\mu z)}(\xi) \cdot \rho_{\lambda_1}(\xi) \), where \( B_{2\mu}(\mu z) \) denotes the ball of center \( \mu z \) and radius \( 2\mu \). Squaring (8.4) and using Cauchy-Schwarz we have

\[ |\mathcal{F}_{t,x} [P_\mu (S_m(t) f_{z_1}, S_m(t) g_{z_2})] (\tau, \xi) |^2 \]

\[ \lesssim J_{z,z'}^+ (\tau, \xi) \cdot \int_{\mathbb{R}^3} |f_{z_1}(\eta)|^2 |g_{z_2}(\xi - \eta)|^2 \delta (\tau - \langle \eta \rangle_m - \langle \xi - \eta \rangle_m) \, d\eta, \] (8.7)

where

\[ J_{z,z'}^+ (\tau, \xi) = \rho_\mu (|\xi|) \int_{\mathbb{R}^3} \rho_{z_1}(\eta) \rho_{z_2}(\xi - \eta) \delta (\tau - \langle \eta \rangle_m - \langle \xi - \eta \rangle_m) \, d\eta. \]

It suffices to show for all \((z, z') \in \mathbb{Z}^3 \times \mathbb{Z}^3\) that

\[ \sup_{(\tau, \xi) \in \mathbb{R}^{1+3}} J_{z,z'}^+ (\tau, \xi) \lesssim \mu^2 \text{ if } \mu \ll \lambda_1 \sim \lambda_2. \] (8.8)

Integration of (8.7) in \( \tau \) and \( \xi \) then yields Lemma 14(i).

We now prove (8.8). By (7.1) we have

\[ J_{z,z'}^+ (\tau, \xi) = \rho_\mu (|\xi|) \int_{\eta \in \mathcal{E}(\tau, \xi) \cap B_{2\mu}(\mu z)} \frac{\rho_{z_1}(\eta) \rho_{z_2}(\xi - \eta)}{|\nabla_{\eta}(\eta)_m + \langle \xi - \eta \rangle_m|} \, dS_{\eta}, \]

where the set \( \mathcal{E}(\tau, \xi) \) is as in (7.3). Since \( \angle (\eta, \xi - \eta) \sim 1 \) we have

\[ |\nabla_{\eta}(\eta)_m + \langle \xi - \eta \rangle_m| = \left| \frac{\eta}{\langle \eta \rangle_m} - \frac{\xi - \eta}{\langle \xi - \eta \rangle_m} \right| \sim 1. \]
The domain of integration, $\mathcal{E}(\tau, \xi) \cap B_{2\mu}(\mu z)$, is a two dimensional surface with area $\lesssim \mu^2$. Thus for all $(z, z') \in \mathbb{Z}^3 \times \mathbb{Z}^3$ and $(\tau, \xi) \in \mathbb{R}^{1+3}$, we have

$$J_{z, z'}^+ (\tau, \xi) \lesssim \| \mathcal{E}(\tau, \xi) \cap B_{2\mu}(\mu z) \| \lesssim \mu^2,$$

and this establishes the (8.8).

8.2.2. Proof of Lemma 14(ii). Here we follow Foschi–Klainerman for $m = 0$ (10, proof of Lemma 12.1– equation (66)). To estimate the left hand side of (8.6) first we square (8.4) (the $+$ case), write it as a double integral and then integrate over $\tau$ and $\xi$. After applying the Fubini–Tonelli theorem and rearranging the integrand we obtain

$$\| P_\mu(S_m(t) f_{z, \lambda_1} \cdot S_m(-t) g_{z', \lambda_2}) \|^2 \leq \int_{\mathbb{R}^9} \hat{f}_{t, \lambda_1}(\xi) \hat{g}_{t, \lambda_2}(\eta) \cdot \hat{f}_{t, \lambda_1} (\xi - \zeta) \hat{g}_{t, \lambda_2} (\eta - \zeta) \, d\sigma(\xi, \eta, \xi),$$

where $d\sigma(\xi, \eta, \xi)$ is the surface measure

$$d\sigma(\xi, \eta, \xi) = \rho_\mu(\xi) \cdot \delta(\eta + \zeta - \xi) \, d\xi d\eta d\zeta.$$ 

Applying Cauchy–Schwarz on the terms $\hat{f}_{t, \lambda_1}(\xi) \hat{g}_{t, \lambda_2}(\eta)$ and $\hat{f}_{t, \lambda_1} (\xi - \zeta) \hat{g}_{t, \lambda_2} (\eta - \zeta)$ with respect to the measure $d\sigma(\xi, \eta, \xi)$, and then changing variables we obtain

$$\| P_\mu(S_m(t) f_{z, \lambda_1} \cdot S_m(-t) g_{z', \lambda_2}) \|^2 \leq \int_{\mathbb{R}^9} \hat{f}_{t, \lambda_1}(\xi) \hat{g}_{t, \lambda_2}(\eta) \cdot \hat{f}_{t, \lambda_1} (\xi - \zeta) \hat{g}_{t, \lambda_2} (\eta - \zeta) \, d\sigma(\xi, \eta, \xi)$$

$$\lesssim \int_{\mathbb{R}^9} J_{z, z'} (\eta, \xi, \xi) \cdot \hat{f}_{t, \lambda_1}(\xi) \hat{g}_{t, \lambda_2}(\eta) \, d\eta d\zeta,$$

where

$$J_{z, z'} (\eta, \xi, \xi) = \int_{\mathbb{R}^3} \rho_{z, \lambda_1} (|\xi - \eta|) \rho_{z', \lambda_2} (|\xi - \zeta|) \rho_\mu (|\xi|) \times \delta(\eta + \zeta - \xi) \, d\zeta.$$

So it suffices to show for all $(z, z') \in \mathbb{Z}^3 \times \mathbb{Z}^3$ that

$$\sup_{\eta \in C_{z, z'}} J_{z, z'} (\eta, \xi, \xi) \lesssim \mu \lambda_1$$

for $\mu \ll \lambda_1 \sim \lambda_2$. (8.9)

By (7.1) we have

$$J_{z, z'} (\eta, \xi, \xi) = \int_{\xi \in \mathcal{E}(\eta, \xi)} \frac{\rho_{z, \lambda_1} (|\zeta|) \rho_{z', \lambda_2} (|\zeta - \xi|) \rho_\mu (|\xi|)}{|\nabla_\xi (|\zeta - \eta| + |\zeta - \xi|)|} \, dS_\xi,$$

where

$$\mathcal{E}(\eta, \xi) = \{ \xi \in \mathbb{R}^3 : |\zeta - \eta| + |\zeta - \xi| = |\eta| + |\xi| \}.$$ 

Now we compute

$$|\nabla_\xi (|\zeta - \eta| + |\zeta - \xi|)|^2 = \left| \frac{\zeta - \eta}{|\zeta - \eta|} + \frac{\zeta - \xi}{|\zeta - \xi|} \right|^2$$

$$= \left| \frac{|\zeta - \eta|}{|\zeta - \eta| + |\zeta - \xi|} - \frac{|\zeta - \xi|}{|\zeta - \eta| + |\zeta - \xi|} \right|^2 + 2 \frac{\| \zeta - \eta \| + |\zeta - \xi|}{|\zeta - \eta| + |\zeta - \xi|} \frac{\| \zeta - \eta \| + |\zeta - \xi|}{|\zeta - \eta| + |\zeta - \xi|}$$

$$\geq \theta^2,$$
where \( \theta = \angle (\xi - \eta, -\xi - \zeta) \). Observe that since \( \xi - \eta \in C_2 \) and \( \xi - \zeta \in C_{2}^{*} \), where \(|z + z'| \lesssim 1 \) (see the comments under equation (8.4)), we conclude that

\[
\theta \sim \mu / \lambda_1.
\]

Thus \(|\nabla \xi (\langle \xi, \eta \rangle_m + \langle \xi, \zeta \rangle_m) \rangle \gtrsim \mu / \lambda_1 \), and hence

\[
J_{\xi, \zeta}(\eta, \xi) \lesssim \frac{\lambda_1}{\mu} \int_{\xi \in \mathcal{E}(\eta, \xi) \cap B_{2\mu}(0)} dS_{\xi} = \frac{\lambda_1}{\mu} |\mathcal{E}(\eta, \xi) \cap B_{2\mu}(0)| \lesssim \mu \lambda_1
\]

since \( \mathcal{E}(r, \zeta) \cap B_{2\mu}(\mu z) \) is a two dimensional surface with area \( \lesssim \mu^2 \). This establishes (8.9).

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