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Single Atoms with 6000-Second Trapping Lifetimes in Optical-Tweezer Arrays at Cryogenic Temperatures

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We report on the trapping of single Rb atoms in tunable arrays of optical tweezers in a cryogenic environment at approximately 4 K. We describe the design and construction of the experimental apparatus, based on a custom-made UHV-compatible closed-cycle cryostat with optical access. We demonstrate the trapping of single atoms in cryogenic arrays of optical tweezers, with lifetimes up to 6000 s, despite the fact that the vacuum system has not been baked out. These results open the way to large arrays of single atoms with extended coherence, for applications in large-scale quantum simulation of many-body systems and, more generally, in quantum science and technology.

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I. INTRODUCTION

For most applications of quantum science and technology, whatever the experimental platform, scaling up the number of individually controlled quantum objects is a major subject of research, as this is a necessary condition for practical use [1]. Over the past few years, tweezer atom arrays have emerged as a very versatile platform for quantum science, with applications ranging from quantum simulation of many-body systems [2] to quantum metrology [3,4] and quantum computing [5,6]. Large arrays with up to approximately 200 atoms are now used for quantum simulation of spin systems [7,8]. They are assembled atom by atom, using moving optical tweezers, from an initially disordered configuration. One of the current challenges in this field is to scale up the atom number while preserving, or even increasing, the coherence of the system.

A natural way to achieve this goal is to operate the tweezer arrays in a cryogenic environment at a temperature of a few kelvin. A first beneficial effect is that the residual pressure is considerably smaller than at room temperature, which reduces collisions of the trapped atoms with the residual gas. This allows us to increase the trapping lifetime of atoms in the tweezers, which is one of the limiting factors in the assembly of large arrays, as the assembly time increases with the system size. For a sequential assembly scheme, as used, e.g., in Ref. [9], increasing the trapping lifetime by a factor of $\alpha$ allows for an increase in the atom number by roughly $\sqrt{\alpha}$ [10]. A second benefit is that black-body radiation (BBR), which scales as $T^4$, is considerably reduced in such an environment, making BBR-induced transitions between Rydberg levels almost negligible. For low-angular-momentum Rydberg states, this results in a typical increase of the Rydberg lifetime by a factor of between 2 and 3 [11], with a direct impact on coherence and gate fidelities [12]. The inhibition of BBR-induced transitions would also be beneficial for Rydberg dressing experiments, where they are a serious limitation [13,14]. For circular states, the lifetime increases by several orders of magnitude in a cryogenic environment [15], motivating their use for quantum computing and simulation [16–18]. Finally, cryogenic single-atom trapping is also required, albeit at much lower temperatures, for coupling single atoms to microwave resonators in order to build hybrid systems [19].

Here, we demonstrate the trapping of single atoms in arrays of optical tweezers in a cryogenic environment at 4 K. We first describe the design, construction, and characterization of the setup, based on a closed-cycle cryostat where we use only UHV-compatible components. We then show how laser cooling and trapping of Rb atoms in the setup is obtained without any strong change as compared to a room-temperature setup. We finally show that we can trap single atoms in arrays of tweezers, with measured lifetimes in the tweezers up to 6000 s, a 300-fold improvement compared to our current room-temperature setup.

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II. EXPERIMENTAL APPARATUS

A. Cryostat design

The adaptation of an atom-tweezer setup for operation at cryogenic temperatures comes with many specific technical constraints. This means that a straightforward use of the cryogenic solutions previously developed in the atomic, molecular, and optical (AMO) community, e.g., for ion trapping [20,21] or for Bose-Einstein condensation [22,23], is not possible.

In this work, we have chosen to keep, whenever possible, the technical solutions adopted in our existing room-temperature setup, e.g., the use of in-vacuum high-NA aspheric lenses or that of a Zeeman slower as an atom source [24]. This has allowed us to focus mainly on the design of the cryogenic part. We base our design on the use of a closed-cycle cryostat using a pulse-tube refrigerator (PTR), with the technical constraint of using only UHV-compatible materials. However, to keep the design of our custom-made cryostat close to that of a commercial model [25], we opt for a nonbakeable system, as the PTR cannot be baked out without being damaged (having a removable PTR to allow for bake-out of the rest of the system makes the design significantly more involved). This trade-off results in having a moderate vacuum in the room-temperature chamber but, as we shall see, cryopumping by the 4-K shield enclosing the atoms still results in long trapping lifetimes.

Figure 1(a) shows a general view of the system. The cryostat is enclosed in a large stainless-steel vacuum chamber at 300 K that accommodates the PTR on one side and a science chamber on the other side. An atomic source, comprising a rubidium oven followed by a Zeeman slower, is connected to the science chamber and can be isolated from it using a gate valve actuated with a stepper motor. The cryostat chamber is pumped using a 300-L/s ion pump (that includes a titanium sublimator), as well as with a nonevaporable getter (NEG) cartridge.

A cross section of the cryostat assembly is shown in Fig. 1(b). The two cooling stages of the PTR at 30 K and 4 K are thermally connected to nested gold-plated copper radiation shields, which extend all the way to the science chamber. This connection is made using ultra soft high-thermal-conductivity copper braids for vibration decoupling. On the thermal shields, antireflection-coated 5-mm-thick fused-silica windows allow for optical access along all the needed directions [26]. The vibrational decoupling with copper braids is highly efficient: with the PTR in operation, we measure, along the three orthogonal directions, residual vibrations on the 4-K baseplate below 10 nm (rms), the main frequency components being in the hertz range.

The optical assembly for atom trapping is bolted on the 4 K baseplate, in the center of the science chamber, and comprises a beryllium–copper (Cu-Be) lens holder and two mirrors for beam steering. The four magneto-optical trap (MOT) beams in the horizontal plane, as well as the tweezer beam along the optical axis of the aspheric lenses, propagate in a straight line from outside the chamber, through a total of two vacuum view ports and four windows on the thermal shields, and exit the chamber on the other side. Three beams, on two axes (the Zeeman slower beam and the vertical MOT beams) are reflected inside the chamber on 45° metallic mirrors held by Cu-Be supports. This allows (i) for the vertical MOT axis, to avoid having beams coming from below the chamber, which would make the construction of the cryostat quite involved, and (ii) for the Zeeman slower beam, to avoid having a cold window facing the atomic beam, where Rb would accumulate, rendering it opaque. Two apertures with a diameter of 13 mm, one in each thermal shield, allow the atomic beam from the Zeeman slower to enter the trapping region.

Figure 1(c) shows a cross-section view of the lens mount. It is milled in a Cu-Be block; this choice of material is a trade-off to retain good thermal conductivity while having better mechanical properties than copper [27]. The two aspheric lenses (LightPath Technologies, NA 0.5, focal length 10 mm, working distance 7 mm) are mounted in Cu-Be barrels. To account for the differential thermal contraction between Cu-Be and glass upon cooling, the barrels are machined such that, at room temperature, their internal diameter exceeds the outer diameter of the lenses by 20 μm, resulting in a perfect match of diameters at 4 K. The flat face of the lens is pressed against a shoulder at the end of the barrel using a Cu-Be spring and a nut to ensure the correct positioning of the lens at the end of the barrel. In a preliminary set of experiments, we check, using white-light illumination between crossed polarizers, that no stress-induced birefringence occurs in the lenses when cooling down the system.

The two lenses are mounted with a spacing such that at 4 K, they are in an ideal f-f configuration. Due to the thermal contraction of the Cu-Be lens holder, and to a lesser extent to that of the aspheric lenses, this means that at room temperature an incident collimated beam will focus at a finite distance, calculated to be approximately 2.5 m, after passing through both lenses. Using copper spacers between the barrels and the holder, with a thickness that we gradually reduce by lapping, the longitudinal positioning of the lenses is carefully adjusted until the proper spacing is obtained. When cooled down to 4 K, the system becomes almost afocal, as a collimated incident beam focuses at a distance > 20 m after the second lens.

In view of future experiments with Rydberg atoms, the face of the lens facing the atoms is coated with a transparent but conductive layer of indium-tin oxide (ITO), with a thickness of 120 nm (giving an overall transmission of the lens of about 90% at the tweezer wavelength of 830 nm).
FIG. 1. The experimental setup. (a) A schematic rendering of the entire apparatus, comprising the atomic source and the cryostat. (b) A longitudinal cross section of the cryostat, showing the pulse-tube refrigerator with its two stages at 30 K and 4 K, together with the corresponding thermal shields to which they are connected through vibration-decoupling copper braids. (c) An enlarged cross section of the lens-holder piece.

The lens holder also accommodates two independent superconducting (SC) coils, wound with 0.5-mm diameter Nb-Ti wire, which can be used to produce the MOT magnetic field gradient or a homogeneous bias field when switching from an anti-Helmholtz to a Helmholtz configuration. They are connected to the exterior of the cryostat via 0.6-mm-diameter kapton-insulated copper wire (the chosen diameter is a trade-off that minimizes the heat conduction from room temperature to 4 K and the Joule heating in the wire, for the design current of 2 A [27]). To minimize the effect of eddy currents when switching the magnetic field on and off, the coil form is made of Cu-Be which, unlike pure copper, has a moderate electrical conductivity even at cryogenic temperatures. In a preliminary experiment in a test cryostat at 4 K, we measure decay times of approximately 1 ms for the magnetic field; however, there, the copper thermal shields are quite remote from the coils. In the final configuration of the cryostat, when operating a MOT (see Sec. III A) and turning off the field, we observe that the magnetic field experienced by the atoms fully settles after only approximately 40 ms, most likely due to
the presence of pure copper parts (in particular, the 4-K thermal shield) close to the coils. While this is not an issue for loading optical tweezers, as we show below, one could improve on this in future designs by replacing some copper parts by Cu-Be ones when possible and by cutting out narrow slits in the shields at appropriate locations to break the paths of eddy currents. Finally, we check that for relevant repetition rates of current switching, eddy currents do not lead to any appreciable heating.

**B. Performance of the cryostat**

To operate the cryostat, we first evacuate the system with turbomolecular pumps, until we reach a residual pressure in the $10^{-8}$-mbar range. This pressure is due to (i) the absence of bake-out of the setup and (ii) the large number of elements under vacuum, especially those having a large surface-to-volume area, such as the copper braids, for which outgassing is very slow. We then switch on the PTR and, within about 15 h, the temperatures $T_1$ and $T_2$ measured by sensors on the first-stage (“30-K”) and on the second-stage (“4-K”) shields reach steady values. The pressure in the chamber, as measured by the 300-L/s ion-pump current, is then around $4 \times 10^{-10}$ mbar [28]. Warming up to room temperature takes about 100 h when keeping the chamber under vacuum; if needed, faster cycling times could be achieved by flushing the chamber with dry nitrogen to enhance heat exchange.

We characterize the performance of the cryostat in a series of preliminary experiments in various configurations, which allow us to evaluate its response to the various heat loads to which it is subjected in operation. We first cool down the system in a configuration minimizing the heat load (no wiring for the SC coils, windows in the thermal shields replaced by gold-plated copper blanks, and openings for the atomic beam sealed) and measure $T_1 = 30.1$ K and $T_2 = 3.2$ K, which gives the base temperature that the system can reach. By applying controlled power to heaters located on the 4-K plate, we measure a temperature increase of around 4 K due to Joule heating of the (non-SC) wires connecting the coils to the room-temperature connectors. Beyond this value, we observe a jump in the coil resistance, indicating that they partially reach a temperature above the Nb-Ti critical temperature of $9.2$ K and transition to the normal state, most likely because the thermal contact between the kapton-insulated SC wire and the Cu-Be coil form is not sufficient for proper thermalization.

Then, the temperature increase is steeper, with the lens-holder sensor reaching a temperature of 5.4 K when the current is 2.5 A. This is more than enough for operating a MOT in order to load the tweezer array, as we discuss in Sec. III A.

**III. SINGLE-ATOM TRAPPING IN ARRAYS OF OPTICAL TWEEZERS**

**A. Magneto-optical trap**

We now describe the operation of the setup for atom trapping, starting with the realization of a $^{87}$Rb MOT. To do so, we typically operate the rubidium oven at 100 °C. The resulting atomic beam is slowed down via the Zeeman slower and loads a magneto-optical trap in the science chamber. The MOT uses six counterpropagating laser beams with a $1/e^2$ radius of 1.7 mm and a power of 1 mW each, detuned by $-4.5 \Gamma$ from the $F = 2 \rightarrow F' = 3$ transition of the $D_2$ line (the natural line width of which is $\Gamma = 2\pi \times 6$ MHz). Repumping light is combined with these six beams, with a power 0.1 mW per beam; it is resonant with the $F = 1 \rightarrow F' = 2$ transition of the $D_1$ line. The typical magnetic field gradient used for MOT loading is 6 G/cm.

After loading the MOT for typically 500 ms, we turn off the Zeeman slower beam and close the gate valve to stop any further loading of the magneto-optical trap. The decay of the MOT fluorescence, measured with a CCD camera, is shown in Fig. 2. At short times, the MOT decays relatively quickly, due to a combination of (i) light-assisted collisions in the dense central region of the cloud and (ii) the escape of atoms from the outer regions of the MOT, where the beam intensities are not perfectly balanced (making this initial decay quite sensitive to the alignment of the MOT beams). At long times, the fluorescence decay is exponential, with a $1/e$ lifetime of about 140 s, much less sensitive to beam
alignment. Such a MOT lifetime is typical of vacuum systems with pressures in the low-10\(^{-12}\) mbar range, showing the dramatic effect of cryopumping by the 4-K surfaces surrounding the atoms, despite the relatively low vacuum in the room-temperature chamber. This measured lifetime gives a lower bound on the vacuum-limited lifetime that we can expect for atoms in optical tweezers [29].

B. Arrays of optical tweezers

We then study the loading of single atoms into optical tweezers, which are created using light at 830 nm. Using a spatial light modulator, we create arbitrary tweezer arrays in the focal plane of the aspheric lens [30]. For the work reported here, we use a 9 × 9 square array (see the average fluorescence image in the inset of Fig. 3). The fluorescence emitted by trapped atoms is collected, using the same aspheric lenses, on an electron-multiplication camera with a typical exposure time of 50 ms. We observe that despite the large number of optical surfaces the beams go through and the high reflectivity of the gold-plated thermal shields, stray light is barely higher than in our room-temperature setup and does not significantly affect the detection of single atoms.

For a power of 3 mW per optical microtrap, we measure, using parametric heating, an axial (radial) trapping frequency 8 kHz (70 kHz). The trap depth is \(U_0/k_B \approx 0.8\) mK. Using a release-and-recapture method [31], we measure the atomic temperature in the tweezers to be around 50 \(\mu\)K after the atoms have been cooled for 50 ms by polarization-gradient cooling (PGC) with a detuning of \(-4.5\Gamma\). We cool the atoms down further to 20 \(\mu\)K, using a \(-10.5\Gamma\)-detuned light pulse of 40 ms.

To measure the time evolution of the probability of keeping an atom in the optical tweezers, we record a first fluorescence image to identify the traps initially containing atoms; we then wait for a time \(t_{\text{hold}}\) and we finally take a second image to identify the remaining atoms.

Without any cooling light during the hold time, half of the atoms are lost after about 30 s and the decay of the recapture probability with time is nonexponential (see the red dots in Fig. 3). This is explained by a linear heating rate, which we measure in a separate experiment to be of about 8 \(\mu\)K/s, originating from off-resonant scattering of the 830-nm trapping light. An obvious way to mitigate this heating is to leave the PGC on during the hold time. With a detuning of \(-10.5\Gamma\), the recapture probability is then increased drastically, giving an exponential decay with a 1/e decay time of 162 s (green dots). However, a careful inspection of the second image shows that occasionally, an initially empty trap is occupied in the final image. A more detailed analysis (see the Appendix) shows that from time to time, some atoms that are expelled from a trap via collisions with background-gas molecules are still slow enough to be recaptured in the optical molasses and
then reload another optical microtrap, either giving rise to a trap loading (if this other trap is initially empty) or to the correlated loss of two atoms (if the other trap is already occupied). This suggests that the trap lifetime can be further increased.

To do so, we pulse the PGC cooling light, sending a 15-ns PGC pulse at $-10.5\Gamma$ every 10 s. These timings fulfill the following conditions: the PGC pulse is long enough to fully cool the atom again and is repeated often enough such that the increase in temperature induced by the 830-nm light over the period of 10 s remains well below the trap depth. At the same time, the overall duty cycle $\eta = 0.15\%$ is very small, such that the probability of correlated atom loss, now multiplied by $\eta$, becomes entirely negligible. In these conditions, we measure a background-collision-limited lifetime of 335 s (blue), i.e., an improvement by a factor of approximately 16 as compared to our room-temperature setup [29]. Finally, after improving the vacuum, we repeat the pulsed-PGC lifetime measurement and obtain a $1/e$ lifetime of 6050 s as shown in Fig. 3(b). The pulsed-PGC cooling is entirely compatible with atom-by-atom rearrangement, meaning that we can benefit from this lifetime increase for assembling large arrays.

IV. CONCLUSION

In this work, we demonstrate, using a relatively simple setup, the trapping of single atoms in arrays of optical tweezers in a 4-K environment, with long lifetimes of over 6000 s, that open up exciting prospects. We now discuss possible ways to improve the performance in the future.

Using the same setup, the next step will consist in realizing large rearranged arrays with hundreds of single atoms. Defect-free arrays of approximately 800 atoms seem to be within reach in our setup (the necessary 1600 optical tweezers still correspond, for a trapping wavelength of 830 nm, to an acceptable heat load for the cryostat). In the current stage, with ITO coating on the aspheric lenses and appropriate antireflection coatings on the windows, the setup is compatible with Rydberg excitation, albeit without the possibility of electric field control. A direct measurement of Rydberg-level lifetimes using a ponderomotive bottle-beam trap [32] would be interesting, to check the increase in the Rydberg-state lifetime due to the suppression of BBR-induced transitions. The addition of a set of electrodes on the lens holder, and possibly a microwave antenna for coherent manipulation in the Rydberg manifold, will be a relatively simple upgrade of the current setup.

To improve the residual pressure even further, the ultimate step would be to make the system bakeable. For that, the design needs to use a removable PTR, which requires us to use radiators in a chamber filled with buffer gas as the vibration-decoupling heat exchanger, in place of the copper braids used here. Another possible improvement would be to maximize the cryopumping efficiency using porous materials such as activated charcoal. Such a setup, although more involved than the one used in the current work, is perfectly realistic. Cryogenic setups will certainly allow us to reach 1000-atomscale tweezer arrays, and maybe even more if combined with techniques [33–36] that allow for an initial loading efficiency of the array considerably above 50%, thus reducing both the assembly time and the required trapping laser power.

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APPENDIX: CORRELATED LOSS AND RECAPTURE UNDER CONTINUOUS POLARIZATION-GRADIENT COOLING

The fact that the measured trapping lifetime for an atom in optical tweezers is reduced under continuous-PGC conditions can arise due to two different effects, the relative importance of which depends on the experimental parameters.

The first effect is simply that when the PGC beams are always on, a steady-state very dilute cloud of laser-cooled atoms (loaded either from slow atoms from the source or from a residual Rb pressure in the chamber), always surrounds the tweezer array; this yields occasional loading of single atoms in a microtrap that is already occupied, resulting in the loss of both atoms. In the present case, this effect should be negligible, as the atom source is mechanically blocked by the stepper-motor-actuated valve, and the residual Rb pressure in the 4-K environment is extremely low.

The second effect is the following. The energy that is imparted to a trapped Rb atom by a molecule from the residual gas in the vacuum chamber (consisting mostly of $\text{H}_2$ molecules, as most other species are extremely...
well cryopumped by the 4-K walls) can be small enough that the Rb atom, while expelled from the approximately 1-mK-deep optical tweezers, is still captured in the optical molasses [37]. This atom can then be very quickly loaded into 1-mK-deep optical tweezers, is still captured in the optical molasses [37]. This atom can then be very quickly loaded into 1-mK-deep optical tweezers, is still captured in the optical molasses [37].

A quantitative investigation of the dependence of $p_{\text{rec}}$ on various parameters (the temperature of the environment, the parameters of the PGC) is beyond the scope of this paper but could be an interesting extension of the present work.

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FIG. 4. (a) Examples of fluorescence images of a 6 × 6 array, showing, between successive frames, either the loss of an atom accompanied by the loading of a previously empty trap (left) or the “simultaneous” loss of two atoms (right). (b) Experimental fluorescence traces, showing the evolution of the array occupancy as a function of time, with correlated loss-and-recapture events highlighted in white and red, respectively. (c) The result of a Monte Carlo simulation of the simple model discussed in the text, showing the same qualitative behavior as the experimental traces in (b).
In order to avoid stress-induced birefringence upon cooling, we used the “OptiDry” model from My Cryo Firm.

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In order to avoid stress-induced birefringence upon cooling, we used the “OptiDry” model from My Cryo Firm.

In our case, the “OptiDry” model from My Cryo Firm.

At $T = 4 \text{K}$, a $\text{H}_2$ molecule has a typical thermal velocity of $\sqrt{\frac{3k_B T}{m_{\text{H}_2}}} \simeq 220 \text{ m/s}$. Even in the worst-case scenario of a head-on collision, a molecule with this velocity will give to the heavy $^{87}\text{Rb}$ atom (initially almost at rest in its tweezers) a velocity of only approximately 10 m/s (and obviously considerably less for grazing-incidence collisions). Thus, a very significant fraction of the collisions with the residual gas give Rb atoms with a velocity within the capture range of the optical molasses. At room temperature, the effect would be considerably less frequent, as the thermal velocity of $\text{H}_2$ molecules is higher by a factor of almost 9.