Rapid Changes in Cardiac Myofilament Function following the Acute Activation of Estrogen Receptor-
Alpha

Justyna Kulpa¹, Nirmala Chinnappareddy¹, W. Glen Pyle¹,²

¹ Cardiovascular Research Group, Department of Biomedical Sciences, Ontario Veterinary College, University of Guelph, Guelph, Ontario, Canada, ²Biophysics Interdepartmental Group, University of Guelph, Guelph, Ontario, Canada

Abstract
Estrogens have well-recognized and complex cardiovascular effects, including altering myocardial contractility through changes in myofilament function. The presence of multiple estrogen receptor (ER) isoforms in the heart may explain some discrepant findings about the cardiac effects of estrogens. Most studies examining the impact of estrogens on the heart have focused on chronic changes in estrogen levels, and have not investigated rapid, non-genomic pathways. The first objective of this study was to determine how acute activation of ERα impacts cardiac myofilaments. Non-genomic myocardial estrogen signaling is associated with the activation of a variety of signaling pathways. p38 MAPK has been implicated in acute ER signaling in the heart, and is known to affect myofilament function. Thus, the second objective of this study was to determine if acute ERα activation mediates its myofilament effects through p38 MAPK recruitment. Hearts from female C57Bl/6 mice were perfused with the ERα agonist PPT and myofilaments isolated. Activation of ERα depressed actomyosin MgATPase activity and decreased myofilament calcium sensitivity. Inhibition of p38 MAPK attenuated the myofilament effects of ERα activation. ERα stimulation did not affect global myofilament protein phosphorylation, but troponin I phosphorylation at the putative PKA phosphorylation sites was decreased. Changes in myofilament activation did not translate into alterations in whole heart function. The present study provides evidence supporting rapid, non-genomic changes in cardiac myofilament function following acute ERα stimulation mediated by the p38 MAPK pathway.

Introduction
Although premenopausal women are protected from cardiovascular morbidity as compared with age-matched men, the risk of heart disease increases in women following menopause [1]. This observation has lead to the hypotheses that endogenous estrogens are cardioprotective, and the replacement of estrogens in postmenopausal women should decrease the occurrence of heart disease in this population. Whereas this theory has been supported by observational [2] and animal studies [3,4,5], recent large-scale clinical trials have failed to demonstrate cardioprotection with the age of HRT onset and the formulation and duration of the pharmaceuticals involved [9], the discrepant results have prompted interest into the molecular mechanisms of estrogen action in the heart.

Estrogen action can be mediated through binding to one of three known estrogen receptors (ER). It has been shown that ERα, ERβ and GPR30 are expressed in adult cardiac myocytes [10,11,12]. Estrogen can initiate intracellular responses through the classical genomic pathway, or through rapid, nongenomic pathways. The latter pathway is mediated through membrane-bound ER and mediated through several intracellular signaling pathways. The presence of ERβ at the cardiac myocyte membrane has not been confirmed [11]. However, a number of studies have identified sarcolemmal ERα [11,13] and several reports have suggested that ERα activation is critical in protecting the heart against a variety of stressors [14,15]. Despite its known cardioprotective effects, the intracellular mechanisms by which ERα regulates myocardial function has not been fully elucidated. p38 MAPK has been implicated in E2-mediated signaling in the heart and the cardioprotective effects of ERα activation [16,17], but no studies have examined the links between the ERα and p38 MAPK under physiological conditions.

Cardiac myofilaments constitute the central contractile apparatus in the heart, and changes to their biochemical properties, notably their interaction with calcium, can alter the mechanical properties of the whole heart. Chronic E2 withdrawal following...
Figure 1. The estrogen receptor-α agonist PPT decreases cardiac myofilament activation. Myocardium was treated with the estrogen receptor-α agonist PPT (100 nM) for 1 (A) (N = 9), 2.5 (B) (N = 9), or 5 min (C) (N = 22). Untreated controls showed no differences at any time, and are combined as a single group in each graph (N = 23). Maximum actomyosin MgATPase activity tended to decrease following PPT treatment, but did not reach statistical significance. Actomyosin MgATPase activity at submaximal calcium levels (<10 μM free calcium) was decreased with estrogen receptor-α activation. EC50 values were increased, demonstrating a decrease in myofilament calcium sensitivity. The estrogen receptor-α antagonist MPP (1 μM) blocked the effects of 1 (D) (N = 3), 2.5 (E) (N = 3), and 5 min (N = 5) (F) PPT.

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ovariectomy results in hypersensitivity of myofilaments to calcium [18], and this phenotype can be reversed through E2 replacement [19]. While these studies demonstrate how chronic changes in E2 levels can impact myofilament function, how cardiac myofilaments are affected by acute ER activation has not previously been investigated.

The purpose of the current study was to determine whether the acute and specific activation of ERα results in changes in myofilament function. Furthermore, we sought to determine if p38 MAPK is involved in the rapid activation of ERα in cardiac myocytes, and if it mediates the effects of ERα on cardiac myofilaments.

**Methods**

**Animal Care**

Female C57Bl6 mice were obtained from Charles River Laboratories (City, PQ, Canada). All animals were cared for in accordance with the principles and guidelines provided by the Animal Care Committee at the University of Guelph.

**Heart Removal and Langendorff Perfusion**

Hearts were excised from mice following euthanasia by CO2 inhalation, and rinsed in ice-cold saline. The aorta was cannulated and hearts were perfused at 80 mmHg with oxygenated (95% O2/5% CO2) Krebs-Henseleit buffer (pH 7.4). A balloon attached to a pressure transducer was inserted into the left ventricle via the left atrium and inflated to give an end diastolic pressure of <5 mmHg. To activate ERα, some hearts were perfused with 4,4’-4’,4’-Propyl-[1H]-pyrazole-1,3,5-triyi trisphenol (PPT, ERα agonist; 100 nM) for up to 5 min. This concentration of PPT maximally activates ERα without stimulating ERβ [20], and the non-genomic actions of ERα activation reach a sustained peak at 5 min [21]. Confirmation of the ERα-specific effects of PPT was done by perfusing hearts with the ERα antagonist methyl-piperidino-pyrazole (MPP, 1 μM) for 5 min before and during PPT exposure. To test for the involvement of second messengers, hearts were perfused with SB203580 (p38 MAPK antagonist; 1 μM) for five minutes prior to and during PPT perfusion. Agonist/antagonist perfusion was done by introducing drugs into the perfusate just above the canula. Following treatment, hearts were snap-frozen in liquid nitrogen and stored at -80°C until use.

**Myofilament Isolation**

Myofilaments were isolated from ventricles as described previously [22,23,24]. Briefly, hearts were sectioned and homogenized in ice cold Standard Buffer. The homogenate was centrifuged at 14,100 g for 15 min at 4°C. Pellets were dissolved in Skinning Buffer containing 1% Triton X-100, and shaken for 45 min at 4°C before centrifugation at 1,100×g for 15 min. Resulting pellets were washed 3 times in ice-cold Standard Buffer. Isolated myofilaments were used immediately for assay of myofilament ATPase activity, or were aliquoted and frozen at -80°C for gel electrophoresis.

**Actomyosin Mg2+ATPase Activity**

Actomyosin Mg2+ATPase activity was measured using a modified Carter assay as previously published [24]. Reaction buffers containing varying concentrations of free calcium were created using combinations of Activating and Relaxing buffers, and free calcium was calculated using MaxChelator software [25]. Isolated myofilaments (50 μg) were incubated in reaction buffers for 5 min at 32°C, and reactions quenched with ice cold 10% trichloroacetic acid. Inorganic phosphate (Pi) production was used as a measure of ATP consumption and cross-bridge cycling. Pi was measured by adding an equal volume of 0.5% FeSO4 and 0.5% ammonium molybdate in 0.5 M H2SO4, and reading the absorbance of each solution at 630 nm.

**Myofilament Protein Phosphorylation**

Myofilament proteins (40 μg) were separated on a 12% SDS-polyacrylamide gel. Gels were fixed in 30% methanol/10% acetic acid at room temperature overnight and stained with Pro-Q Phosphoprotein Diamond Stain (Molecular Probes, Eugene, OR, U.S.A.) according to the manufacturer’s instructions. Imaging was done using a Typhoon gel scanner (GE Healthcare, Baie Quebec). Densitometric analysis was performed on bands representing cardiac myosin-binding protein C (MyBP-C), troponin T (TnT), tropomyosin (Tm) and troponin I (TnI) using ImageJ software (NIH, Bethesda, MD, U.S.A.). Protein loading was determined by Coomassie staining and phosphorylation measurements were normalized to protein load.

**Immunoblotting**

Homogenized myocardium (150 μg) was separated on a 10% SDS-polyacrylamide gel and transferred to nitrocellulose membrane (3 h, 100 V, room temperature). Membranes were blocked with 5% bovine serum albumin (phospho-p38 MAPK) or 5% dry milk powder (total p38 MAPK) and probed overnight at 4°C with antibodies against phosphorylated p38 MAPK (1:500) or total p38 MAPK (1:1000) (Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA). Secondary antibodies (1:5000) were conjugated to horse-radish peroxidase (Sigma Aldrich, Oakville, Ontario, Canada). Bands were detected using Western Lightning (PerkinElmer Life and Analytical Sciences, Woodbridge, Ontario, Canada). Densitometric analysis was performed using Image J software, and the ratio of phosphorylated p38 MAPK to total p38 MAPK was calculated. Phosphorylation of cTnI at serines 23 and 24 (S23/ S24) was assessed in a similar manner, except that 40 μg of isolated myofilaments were separated in a 12% SDS-polyacrylamide gel.

**Table 1. Effects of ERα activation on cardiac myofilament function.**

| PPT (100 nM) | Control | 1 min | 2.5 min | 5 min |
|-------------|---------|-------|---------|-------|
| Maximum ATPase | 314 ± 10 | 282 ± 11 | 280 ± 10 | 295 ± 14 |
| EC50 | 0.81 ± 0.03 | 1.37 ± 0.10* | 1.61 ± 0.11* | 0.99 ± 0.05* |
| Hill | 1.67 ± 0.08 | 1.63 ± 0.09 | 1.51 ± 0.11 | 1.68 ± 0.06 |

**Key:** Maximum ATPase, actomyosin MgATPase at maximally activating calcium, nM Pi/min/mg protein; EC50, free calcium (μM) required to activate actomyosin MgATPase at 50% of maximum; Hill, Hill coefficient. *P<0.05 vs Control. doi:10.1371/journal.pone.0041076.t001

**Solutions**

Krebs-Henseleit (KH) Buffer contained 118.5 mM NaCl, 26.6 mM NaHCO3, 10.0 mM D- (+) Glucose, 3.0 mM KCl, 2.0 mM Na2HPO4, 1.2 mM MgSO4 and 0.2 mM CaCl2. Standard Buffer contained 60 mM KCl, 2 mM MgCl2, 30 mM Imidazole (pH 7.0). Skinning Buffer contained 10 mM EGTA, 8.2 mM MgCl2, 14.4 mM KCl, 60 mM Imidazole (pH 7.0), 5.5 mM ATP, 12 mM creatine phosphate, 10 U/mL bovine...
Figure 2. Activation of estrogen receptor-α does not alter total phosphorylation of myofilament proteins. Hearts were perfused with PPT (100 nM) for up to 5 min and cardiac myofilament isolated. A. Isolated cardiac myofilaments were separated by SDS-PAGE on a 12% gel. Gels were stained with Pro-Q Diamond Phosphoprotein gel stain to assess global phosphorylation. Equal protein loading was confirmed by Coomassie staining. The actin band from Coomassie stained gels is shown as representative of protein loading. B. Analysis of gels for global phosphorylation of myosin-binding protein C (MyBP-C), troponin T (cTnT), tropomyosin (Tm), and troponin I (cTnI) revealed no significant changes in phosphorylation status after activation of estrogen receptor-α for 1, 2.5 or 5 minutes with 100 nM PPT. N = 5 for all groups.

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creatine phosphokinase. Activating buffer contained 23.5 mM KCl, 5 mM MgCl₂, 3.2 mM ATP, 2 mM EGTA, 20 mM Imidazole (pH 7.0), 2.2 mM CaCl₂. Relaxing buffer contained 26 mM KCl, 5.1 mM MgCl₂, 3.2 mM ATP, 2 mM EGTA, 20 mM Imidazole (pH 7.0), 4.9 μM CaCl₂. All solutions (except KH buffer) contained protease inhibitors (0.2 mM PMSF, 0.1 mM Leupeptin and 0.1 mM Benzamidine) added just prior to use.

Statistical Analysis

All values are presented as mean ± SEM. Statistical analysis was carried out using one-way ANOVA and a post-hoc Dunnet’s t-test (actomyosin ATPase data). Phosphorylation and immunoblot data were analyzed using Fisher’s Least Significant Difference (LSD) test. Values of P ≤ 0.05 were accepted as statistically significant.

Results

Acute Activation of ERα Modifies Cardiac Myofilament Activation

To determine whether myofilament activation can be altered through rapid, nongenomic ER signaling, we examined myofilament function of murine hearts following acute ERα activation with the selective ligand PPT. Maximum actomyosin MgATPase activity tended to be reduced following 1, 2.5 or 5 minutes of PPT treatment, but did not reach statistical significance (Figure 1, Table 1). Myofilament calcium sensitivity decreased significantly with ERα activation, as evidenced by the reduced activation at submaximal calcium levels and the increasing EC₅₀ values. The ERα antagonist MPP abolished the effects of PPT, confirming the specificity of PPT for ERα. Together these results indicate that acute ERα activation rapidly decreases myofilament cross-bridge cycling and sensitivity to calcium.

Figure 3. Estrogen receptor-α-specific activation decreases phosphorylation of cardiac myofilament troponin I at serines 22/23. Hearts were perfused with 100 nM PPT for 1, 2.5 or 5 minutes. Isolated cardiac myofilaments were separated by SDS-PAGE on a 10% gel. A. Composite blot of cTnI phosphorylation (serines 22/23) as measured by immunoblot analysis and normalized to total actin. B. cTnI phosphorylation (serines 22/23) decreased with PPT treatment as compared to vehicle treated controls at 5 min. N = 4.*P < 0.05 vs Control. doi:10.1371/journal.pone.0041076.g003
Acute ERα Activation does not Alter Global Phosphorylation of Myofilament Proteins

Changes in the phosphorylation status of myofilament proteins allow for the rapid regulation of cardiac myofilament dynamics. We sought to determine if the changes in myofilament function following acute myocardial ERα stimulation were associated with alterations in cardiac myofilament protein phosphorylation. Interestingly, there were no significant changes in the phosphorylation of MyBP-C, cTnT, Tm or cTnI following PPT treatment at various time points (Figure 2).

Cardiac myofilament proteins each contain multiple phosphorylation sites that can be individually targeted by intracellular signaling molecules. The phosphorylation of S23/S24 in the N-terminal region of murine cTnI is well known to decrease myofilament calcium sensitivity. To determine if there were site-specific changes in cTnI phosphorylation following ERα activation, we probed myofilament preparations with an antibody that recognizes the phosphorylated S23/S24 form of cTnI. Our data

Table 2. Antagonism of the effects of ERα activation on cardiac myofilament function with a p38 MAPK inhibitor.

| PPT (100 nM) + SB230580 | Control | 1 min | 2.5 min | 5 min |
|--------------------------|---------|-------|---------|-------|
| Maximum ATPase (nM Pi/min/mg protein) | 314±10 | 320±10 | 314±10 | 339±10 |
| EC50 (free calcium (μM)) | 0.81±0.03 | 0.90±0.10 | 0.85±0.03 | 1.09±0.05a |
| Hill | 1.67±0.08 | 1.45±0.30 | 1.29±0.04 | 1.63±0.23 |

Key: Maximum ATPase, actomyosin MgATPase at maximally activating calcium, nM Pi/min/mg protein; EC50, free calcium (μM) required to activate actomyosin MgATPase at 50% of maximum; Hill, Hill coefficient. *P<0.05 vs control.

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show that S23/S24 phosphorylation is reduced following PPT treatment, although statistical significance was only seen at 5 min (Figure 3).

p38 MAPK Inhibition Prevents Myofilament Regulation by Rapid ERα Signaling

To establish if rapid ERα-associated myofilament changes are mediated through p38 MAPK, we perfused hearts with a p38 MAPK-specific inhibitor prior to and during PPT perfusion. The p38 MAPK inhibitor SB203580 blocked ERα-dependant effects on cardiac myofilament function, except for the change in EC_{50} at 5 min (Figure 4, Table 2). SB203580 had no effect on myofilament function when administered alone. Inhibition of p38 MAPK did not reveal any changes in global myofilament protein phosphorylation (Figure 5), nor did it stop the ERα-dependant decrease in cTnI S23/S24 phosphorylation (Figure 6). In fact, the dephosphorylation of cTnI S23/S24 showed a significant decrease at 2.5 and 5 min of PPT treatment, suggesting that p30 MAPK attenuated the decline in phosphorylation at 2.5 min.

Acute ERα Signaling Increases Activation of p38 MAPK

To confirm p38 MAPK involvement in acute ERα signaling, we examined the ratio of phosphorylated p38 MAPK to total p38 MAPK through immunoblot analysis. PPT increased phosphorylated p38 MAPK at all time points, and was significantly higher than control following 2.5 and 5 minutes of ERα activation (Figure 7). p38 MAPK inhibition with SB203580 abolished the increase in phosphorylated p38 MAPK.

ERα-dependent Changes in Myofilament Activation does not Alter Myocardial Function

Hearts were perfused with 100 nM PPT in the presence and absence of SB203580, and whole heart function measured throughout the treatment period. ERα activation did not significantly impact left ventricular pressure development at any time of treatment (Figure 8). Inhibition of p38 MAPK did not reveal any significant alterations in myocardial contractile performance.

Discussion

Estrogen signaling in the heart is thought to be cardioprotective, although this area is the subject of much debate. The mechanisms by which estrogen mediates its myocardial effects have not yet been fully elucidated, and the complexity of estrogen signaling may contribute to the discrepant results of studies examining the cardiovascular effects of hormone replacement therapy. Estrogen works through both genomic and nongenomic mechanisms, and functions by activating at least two receptor isoforms, ERα and ERβ. The various subtypes of ER exhibit different distribution patterns in cardiomyocytes and have distinct functional roles in a number of tissues. Identifying the effects and mechanisms of action linked to each ER isoform in the heart is crucial to fully understanding how estrogens regulate myocardial function. In this study we present the first data showing that the cardiac myofilaments are a target of acute ERα activation, and that stimulation of ERα decreases myofilament activity through a p38 MAPK-dependent pathway.

Few studies have explored the effects of estrogen on cardiac myofilaments. Previous studies using ovariectomy (OVX) as a model of menopause in pre-pubescent [26] and post-pubescent [27] female rats have shown that the OVX-associated depletion of E2 results in the suppression of maximum myofilament ATPase activity a hypersensitivity of the myofilaments to calcium [18]. Administration of E2 reverses these effects and restores myofilament function [19,27]. Combined these studies suggest that E2 decreases myofilament calcium sensitivity. Consistent with these studies, we found that the specific activation of ERα similarly depresses the myofilament response to calcium.

To confirm p38 MAPK involvement in acute ERα signaling, we examined the ratio of phosphorylated p38 MAPK to total p38 MAPK through immunoblot analysis. PPT increased phosphorylated p38 MAPK at all time points, and was significantly higher than control following 2.5 and 5 minutes of ERα activation (Figure 7). p38 MAPK inhibition with SB203580 abolished the increase in phosphorylated p38 MAPK.
target the receptors of interest. Our results show that left ventricular contractility is not significantly affected by ERα activation, but that myofilament calcium sensitivity is reduced. The lack of any effect of ERα activation on myocardial contractility is consistent with Filice et al [30] who reported similar findings. The combination decreased myofilament calcium sensitivity with no change in myocardial contractility leads to the suggestion that acute ERα stimulation with PPT may increase intracellular calcium transients, off-setting the reduction in myofilament activation. Although this hypothesis is in contradiction to earlier studies showing a reduction in calcium transients with acute estrogen exposure [28], the difference may be explained by the non-specific ER activation in previous studies.

Previous studies have noted only a marginal effect of estrogen on p38 MAPK activation. In one study, 5 minute or longer treatment of adult cardiomyocytes with 1 nM E2 failed to show a significant increase in p38 MAPK phosphorylation either through Western blot analysis or phosphorylation assay, whereas activation of ERK1/2 and JNK was observed [17]. Furthermore, a comparison of female wild-type and ERα knockout mice showed no difference in p38 MAPK activation, but an increase in protective ERK1/2 and a decrease in JNK activation during ischemia [31]. This discrepancy may be due to differences in experimental protocols between our study and those mentioned. Whereas E2 activates ERα, ERβ and potentially the GPR30, our work looks at specific ERα activation. Cross-talk between multiple ER may result in the activation of different MAPK signaling pathways. Moreover, systemic and lifelong ERα knockout [31] may alter signaling pathways as a compensatory response.

Figure 6. Inhibition of p38 MAPK enhances the dephosphorylation of cardiac myofilament troponin I at serines 22/23 with estrogen receptor-α-specific activation. Hearts were perfused with the p38 MAPK inhibitor SB203580 (1 μM) for 5 min, followed by treatment with 100 nM PPT for 1, 2.5 or 5 minutes in the presence of SB203580. Isolated cardiac myofilaments were separated by SDS-PAGE on a 10% gel. A. Composite blot of cTnI phosphorylation (serines 22/23) as measured by immunoblot analysis and normalized to total actin. B. cTnI phosphorylation at serines 22/23 was significantly less than control levels at all treatment times. N = 4.*P < 0.05 vs Control.

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Changes in circulating estrogens tend to occur over prolonged periods of time. The rapid effects examined in the current study may not necessarily reflect physiological events in which circulating estrogen levels fluctuate quickly. However, there is evidence to suggest a local, acute, cardiac metabolic pathway, making this a feasible possibility [32]. Where our data do provide applicable insight is the examination of acute signaling changes associated with ERα activation and potentially cardioprotective signaling cascades. Cardioprotection with ERα activation occurs on the timescale of minutes, similar to the timeline used in our studies, and the intracellular mechanisms of action are not fully understood [15]. Our previous work suggesting a role for myofilament modifications in cardioprotection [22,23] validates the exploration of ERα-dependent regulation of contractile regulation, and generates new information about the intracellular mechanisms of action associated with ERα stimulation.

The current study presents insight into the myocardial effects of acute ERα activation and the intracellular pathways by which this receptor may regulate nongenomic function and myofilament activation. We found that short-duration treatment of myocardium with the ERα isoform-selective agonist PPT results in the activation of p38 MAPK, and a decrease in myofilament calcium sensitivity. These changes were not associated with any observable alteration in total myofilament protein phosphorylation, but variations in the pattern of cTnI phosphorylation were detected. The complex and controversial nature of cardiovascular regulation by estrogens necessitates an in-depth investigation of how ER control cardiovascular function. This includes an understanding of the role ER-isofoms play in regulating heart function and their intracellular mechanisms of action. A clear picture of how ER affect myocardial function under physiological conditions provides a fundamental basis for future investigations into the role of...

Figure 7. Acute stimulation of estrogen receptor-α activates p38 MAPK. Hearts were perfused with 100 nM PPT for 1, 2.5 or 5 minutes. A. p38 activation was assessed with immunoblot analysis of myocardium homogenates with an antibody against phosphorylated p38, and normalized to total p38. B. p38 activity was significantly increased following 2.5 minutes of ERα activation (N = 4, p < 0.05) and remained elevated at 5 min. N = 4. SB203580 (1 μM) inhibited the PPT-dependent increase in phosphorylated p38 at all time points (N = 4 for all time points). *P < 0.05 vs Control. doi:10.1371/journal.pone.0041076.g007
estrogens in cardiovascular disease, including the controversies associated with hormone replacement therapy.

Figure 8. Estrogen receptor-α activation does not alter whole heart function. Hearts were perfused on a Langendorff apparatus to establish baseline pressures. The final 5 min (-5 to 0 min) before PPT treatment were taken as the baseline. Some hearts were treated with 1 μM SB203580 to inhibit p38 MAPK. PPT treatment had no significant effect on A. left ventricular end systolic or B. diastolic pressure. Neither C. rate of pressure development nor D. rate of relaxation were altered by PPT. p38 MAPK inhibition with SB203580 did not differ from controls in any parameter. (N = 6 for all time points). *P<0.05 vs Control. doi:10.1371/journal.pone.0041076.g008

Author Contributions
Conceived and designed the experiments: JK WGP. Performed the experiments: JK NC WGP. Analyzed the data: JK NC WGP. Contributed reagents/materials/analysis tools: WGP. Wrote the paper: JK WGP.

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