Disparities in Utilization and Outcomes of Minimally Invasive Techniques for Gastric Cancer Surgery in the United States

Joon Y. Park, MD, Arjun Verma, BS, Zachary K. Tran, MD, Michael A. Mederos, MD, Peyman Benharash, MD, and Mark Girgis, MD

Department of Surgery, David Geffen School of Medicine, UCLA Surg-Surg Onc, Los Angeles, CA

ABSTRACT
Background. This study investigated national implementation patterns and perioperative outcomes of minimally invasive gastrectomy (MIG) in gastric cancer surgery in the United States.

Methods. The National Inpatient Sample (NIS) was queried for patients who underwent elective gastrectomy for gastric cancer from 2008-2018. The MIG versus open gastrectomy approach was correlated with hospital factors, patient characteristics, and complications.

Results. There was more than a fivefold increase in MIG from 5.8% in 2008 to 32.9% in 2018 (nptrend < 0.001). Patients undergoing MIG had a lower Elixhauser Comorbidity Index (p = 0.001). On risk adjusted analysis, black patients (AOR = 0.77, p = 0.024) and patients with income below 25th percentile (AOR = 0.80, p = 0.018) were less likely to undergo MIG. When these analyses were limited to minimally invasive capable centers only, these differences were not observed. Hospitals in the upper tertile of gastrectomy case volume, Northeast, and urban teaching centers were more likely to perform MIG. Overall, MIG was associated with a 0.7-day decrease in length of stay, reduced risk adjusted mortality rates (AOR = 0.58, p = 0.05), and a $4,700 increase in total cost.

Conclusions. In this national retrospective study, we observe socioeconomic differences in patients undergoing MIG, which is explained by hospital level factors in MIG utilization. We demonstrate that MIG is associated with a lower mortality compared with open gastrectomy. Establishing MIG as a safe approach to gastric cancers and understanding regional differences in implementation patterns can inform delivery of equitable high-quality health care.

Gastric cancer is the fourth leading cause of cancer-related mortality worldwide. Despite advances in systemic therapy, surgical resection remains the only curative treatment. Although minimally invasive approaches were introduced in 1994, the open approach has remained the preferred surgical approach for resectable gastric cancers. In the early 2010s, a series of randomized phase III control trials conducted in East Asian countries established the superiority of the minimally invasive gastrectomy (MIG) compared to open surgery in early gastric cancer, citing improved length of stay, blood loss and complications rates. Follow-up data demonstrated equivalent long-term oncologic outcomes between open, laparoscopic and robotic gastrectomy. Randomized trials applying minimally invasive approaches to advanced gastric cancers, which are traditionally more complex, are currently underway with early results demonstrating similar short-term outcomes.

Importantly, the East Asian population differs significantly from the Western population in several respects. Due to the high incidence of gastric cancer in these countries, there are rigorous screening guidelines for gastric cancer, resulting in more frequent presentation of early (i.e., resectable) disease. In addition, the Western population presents more frequently with proximal and diffuse
histologic subtypes, which require total gastrectomy and carry a worse overall prognosis.12 Thus, the utility of MIG in the United States is yet to be well characterized.

Despite the lack of randomized control trials supporting MIG in the United States, the rate of MIG is increasing. Several studies have attempted to define outcomes following MIG with inconclusive results. A trend toward improved overall survival with MIG was observed in a combined Western and Eastern retrospective study.13 Most recently, two studies utilizing the National Cancer Database (NCDB) analyzing survival following MIG presented opposing conclusions despite using the same time period with one study finding improved short-term and long-term survival with MIG.14,15 These studies also had conflicting findings regarding socioeconomic utilization of MIG. Notably, as the NCDB only includes data from hospitals approved by the committee on cancer, it is thought to inherently bias the database toward better oncologic outcomes and underrepresentation of socioeconomic disparities.16–18 Conversely, the National Inpatient Sample (NIS), an all-payer database that estimates >97% of patient stays in the United States, better captures national trends in procedures, demographics, and outcomes. The NIS also includes information about total costs associated with hospitalization not available in the NCDB.

Using the NIS, we sought to investigate the utilization of the MIG in the United States and to understand whether the perioperative benefits of MIG is replicated in a Western population.5–7 We hypothesized that there would be geographic and socioeconomic differences in MIG implementation and that MIG would have superior short-term outcomes compared with open gastrectomy.

METHODS

This was a retrospective cohort study of the 2008-2018 National Inpatient Sample (NIS). The study period marks the transition point between the establishment of MIG as a safe approach to gastric cancers with landmark studies.5–7 The NIS is the largest national all-payer inpatient database in the United States. Before 2012, the NIS was constructed on 100% of discharge records from 20% of hospitals.19 Starting in 2012, the NIS began to sample 20% of discharges from all participating hospitals. Validated sampling algorithms are used to provide accurate estimates for 97% of all United States hospitalizations. International Classification of Diseases, 9th and 10th Edition (ICD-9, ICD-10) diagnosis and procedure codes were used to identify all adult patients who underwent elective gastrectomy for gastric adenocarcinoma (Supplementary). Those with trauma-related admission, benign gastric masses or disease, and other gastric tumor subtypes, such as gastrointestinal stromal tumors and carcinoids, were excluded from analysis. Patients with missing data for age, sex, mortality, and hospitalization cost data also were excluded. Patients were stratified by surgical approach into open, laparoscopic, and robot-assisted using ICD-9/10 procedure codes. Those who underwent open procedures comprised the Open cohort, while laparoscopic and robot-assisted procedures were grouped as MIG.

Patient and hospital characteristics, including age, sex, race, income level, payer status, hospital teaching status, and region, were defined in accordance with the Healthcare Cost and Utilization Project data dictionary.20 The van Walraven modification of the Elixhauser Comorbidity Index was used to numerically tabulate the extent of chronic conditions.21 Patients also were stratified by extent of resection (partial vs. total gastrectomy) as well as by those undergoing concomitant operations (splenectomy, colectomy, feeding jejunostomy, or pancreatectomy). Hospitals were stratified into low-, medium-, and high-volume tertiles based on annual institutional caseload of gastrectomy for gastric cancer using previously validated methodology.22 As the NIS does not track hospitals across years, MIG capable centers were defined as those who performed at least one minimally invasive surgery for gastric cancer in each calendar year. Complications also were identified using ICD-9/10 procedure codes and were grouped into cardiac (ventricular tachycardia, ventricular fibrillation, cardiac arrest, cardiac tamponade), thrombotic (deep vein thrombosis, pulmonary embolism), respiratory (pneumonia, empyema, invasive mechanical ventilation >96 hours, pneumothorax, respiratory failure), and infectious (urinary tract infection, bacterial infection, sepsis, infectious postoperative seroma, wound disruption, Clostridium difficile colitis, peritoneal abscess) categories. Hospitalization costs were defined by application of hospital-specific, cost-to-charge ratios to overall charges, and inflation was adjusted to the 2018 Personal Health Care Index.23

The primary outcome of interest was the utilization patterns of open gastrectomy, laparoscopic gastrectomy, and robotic gastrectomy. Secondary outcomes of interest included in-hospital mortality, complications, length of stay (LOS), and hospitalization costs. Statistical analysis was performed using Stata 16.0 (StataCorp, College Station, TX) software. Temporal trends were analyzed using a rank-based, nonparametric test by Cuzick (nptrend) (Cuzick, 1985). Differences in temporal trends by testing for interaction between groups in a multiple linear regression model. Categorical variables are reported as proportions (%) and were analyzed using the Pearson’s chi-square test. Continuous variables are reported as means with standard deviations (SD) and were
compared using an adjusted Wald test. Logistic regression models were developed to identify patient, operative, and hospital characteristics associated with the utilization of MIG. Additional models were developed to explore the risk-adjusted impact of MIG on in-hospital mortality, complications, LOS, and hospitalization costs. Regression outcomes are reported as adjusted odds ratios (AOR) for discrete or β-coefficients for continuous variables, both with 95% confidence intervals (95% CI). Elastic net regression—a machine-learning technique that combines LASSO and ridge regularization—was utilized for variable selection to develop a model with minimal collinearity and optimal discrimination. Following retention of clinically relevant variables, the final models were optimized using the area under the receiver operating characteristic (C-Statistic), as well as the Akaike and Bayesian Information Criterion. Statistical significance was set at α < 0.05. This study was deemed exempt from full review by the Institutional Review Board at the University of California, Los Angeles.

RESULTS

MIG Utilization Over Time

Of an estimated 41,758 hospitalizations for gastrectomy during the study period, 7,242 (17.3%) were considered MIG. Utilization of MIG increased significantly over time, from 5.8% of all gastrectomies in 2008 to 32.9% in 2018 (nptrend < 0.001). Robotic procedures had a 60-fold increase from 0.2% of all gastrectomies in 2008 to 13.0% in 2018, whereas the laparoscopic approach had a 3-fold increase from 5.6% in 2008 to 19.8% in 2018 (Fig. 1, nptrend < 0.001). White patients had the highest proportion of MIG utilization at the beginning of the study period at 5.4%, whereas black patients had the lowest proportion at 3.0% (Fig. 2). There were no significant differences in trends of MIG utilization by race over time.

Baseline Characteristics of Open Gastrectomy versus Minimally Invasive Gastrectomy

The Open and MIG cohorts were similar in age and sex (Table 1). Total gastrectomies made up a larger proportion of the Open group (Open: 33.9% vs. MIG: 26.7%, p < 0.001). Gastrectomies that involved a concomitant splenectomy, colectomy, or pancreatectomy were more often done via the Open approach (Table 1). Patients in the Open group on average had a marginally higher Elixhauser comorbidity index (Open: 3.60 ± 1.68 vs. MIG: 3.45 ± 1.62, p = 0.004). Specifically, those with congestive heart failure, history of weight loss, electrolyte disorders, and metastatic disease more frequently received Open (Table 1).

Although the Open and MIG cohorts had similar insurance payer status, the MIG group had a higher proportion of patients in the highest quartile of income (Open 25.9% vs. MIG 31.5%, p < 0.001) and a lower proportion of patients in the lowest quartile of income (Open 24.5% vs. MIG 18.7%, p < 0.001). Additionally, black patients more frequently underwent Open (Open 10.9% vs. MIG 8.5%, p = 0.007), whereas Asian/Pacific Islanders were more often received MIG (Open 7.2% vs. MIG 9.7%, p = 0.007). The distribution of all other income quartiles and race categories were similar between the Open and MIG groups.

Hospitals in the Northeast more frequently performed MIG (Open 20.4% vs. MIG 34.3%, p < 0.001), whereas hospitals in the Southwest or West more frequently performed Open gastrectomy (Table 1). As a whole, urban teaching hospitals accounted for the majority of all gastrectomies and also more frequently performed MIG than urban-nonteaching or rural hospitals (p < 0.001). Similarly, the MIG cohort had a higher proportion of hospitals in the upper tertile of gastrectomy volume than the middle or lower tertiles (p < 0.001).

Risk Adjusted Independent Factors Associated with MIG Utilization

In the risk-adjusted model, independent clinicopathologic factors associated with a higher likelihood of Open were patients with total gastrectomy (AOR 0.79 p = 0.001), congestive heart failure (AOR 0.68 p = 0.02), metastatic cancer (AOR 0.86 p = 0.04.), history of weight loss (AOR 0.82 p = 0.03), and electrolyte disorders (AOR 0.72 p < 0.001). Socioeconomic predictors of Open included Black patients (AOR 0.77 p = 0.024) and patients in the lowest income quartile (AOR 0.80 p = 0.018). Finally, hospital factors associated with higher likelihood of MIG were hospitals in the Northeast and those in the highest tertile of gastrectomy volume (Table 2).

There were several differences when this model was limited to data from MIG-capable centers only. Notably, there were no identified socioeconomic factors that were associated with Open versus MIG (Fig. 3). Other than hospitals in the Midwest, which were more likely to perform Open, hospital level factors including location, gastrectomy volume, and teaching status were also not associated with Open versus MIG. Patients with total gastrectomy, colectomy, congestive heart failure, weight loss and electrolyte disorders were still more likely to undergo Open in this subanalysis (Table 2).
Postoperative Outcomes Associated with MIG

The Open group had significantly higher rates of in-hospital mortality (Open 2.9% vs. MIG 1.4%, \( p = 0.003 \)) and higher incidence of cardiac, respiratory, gastrointestinal, infectious, and acute kidney injury complications (Table 3). Thrombotic complications were similar between both cohorts. Rates of nonroutine discharge were similar between the two cohorts (Open 49.8% vs. MIG 47.4% \( p = 0.13 \)). Patients in the Open cohort experienced a longer length of stay (LOS) but lower hospitalization costs (Table 3).

When risk adjusted, MIG was independently associated with lower mortality odds of in-hospital mortality (AOR
| Parameter                                      | Open (34,516) | MIG (7,242) | p value |
|------------------------------------------------|---------------|-------------|---------|
| **Clinicopathologic factors**                  |               |             |         |
| Age (yr, mean ± SD)                            | 65.2±12.4     | 65.0±12.3   | 0.46    |
| Female                                         | 32.8%         | 34.7%       | 0.16    |
| **Gastrectomy type**                           |               |             |         |
| Partial                                       | 66.1%         | 73.3%       | < 0.001 |
| Total                                         | 33.9%         | 26.7%       |         |
| **Concomitant operation**                      |               |             |         |
| Splenectomy                                   | 4.3%          | 2.5%        | 0.003   |
| Colectomy                                     | 1.8%          | 0.8%        | 0.004   |
| Feeding jejunostomy                           | 38.6%         | 36.4%       | 0.20    |
| Pancreatectomy                                | 2.1%          | 1.1%        | 0.013   |
| Elixhauser Comorbidity Index (mean ± SD)      | 3.60 ± 1.68   | 3.45 ± 1.62 | 0.004   |
| **Medical conditions**                        |               |             |         |
| Congestive heart failure                       | 6.0%          | 3.8%        | 0.001   |
| Coronary artery disease                       | 15.8%         | 15.4%       | 0.67    |
| Arrhythmia                                    | 24.9%         | 24.3%       | 0.67    |
| Valve disorder                                | 3.6%          | 3.9%        | 0.56    |
| Pulmonary circulatory disorder                | 2.3%          | 2.0%        | 0.49    |
| Peripheral vascular disease                   | 3.6%          | 4.1%        | 0.42    |
| Hypertension                                  | 53.2%         | 53.7%       | 0.74    |
| Neurologic disorder                           | 3.7%          | 3.1%        | 0.31    |
| Chronic lung disorder                         | 15.9%         | 14.7%       | 0.26    |
| Diabetes                                      | 22.8%         | 20.9%       | 0.10    |
| Hypothyroidity                                | 8.8%          | 9.5%        | 0.40    |
| End stage renal disease                       | 1.0%          | 0.7%        | 0.31    |
| Liver disease                                 | 5.8%          | 6.0%        | 0.79    |
| Peptic ulcer disease                          | 2.9%          | 3.4%        | 0.30    |
| Metastatic cancer                             | 30.6%         | 26.5%       | 0.005   |
| Coagulopathy                                  | 4.4%          | 5.6%        | 0.058   |
| Weight Loss                                   | 17.4%         | 14.5%       | 0.013   |
| Electrolyte disorder                          | 25.1%         | 18.6%       | < 0.001 |
| Anemia                                        | 6.6%          | 5.7%        | 0.23    |
| **Socioeconomic factors**                     |               |             |         |
| **Race**                                      |               |             |         |
| White                                         | 57.9%         | 60.1%       | 0.23    |
| Black                                         | 10.9%         | 8.5%        | 0.007   |
| Hispanic                                      | 10.3%         | 11.2%       | 0.38    |
| Asian/Pacific Islander                        | 7.2%          | 9.7%        | 0.007   |
| Other                                         | 4.1%          | 4.2%        | 0.84    |
| **Income (Percentile)**                       |               |             |         |
| 76th-100th                                    | 25.9%         | 31.5%       | < 0.001 |
| 51st-75th                                     | 24.0%         | 23.8%       | 0.87    |
| 26th-50th                                     | 23.7%         | 24.5%       | 0.54    |
| 0th-25th                                      | 24.5%         | 18.7%       | < 0.001 |
| **Payer status**                              |               |             |         |
| Private                                       | 36.5%         | 36.6%       | 0.94    |
| Medicare                                      | 51.7%         | 50.9%       | 0.59    |
| Medicaid                                      | 7.5%          | 8.4%        | 0.25    |
0.58 \( p = 0.050 \)), but not with specific perioperative complications or non-routine discharge (Table 3). \( MIG \) was associated with a 0.7-day decrement in LOS and a $4,900 increase in attributable hospital costs. Sub-analysis between laparoscopic and robotic assisted gastrectomy also did not demonstrate any differences in measured postoperative outcomes (Supplementary).

**DISCUSSION**

The present work represents the largest national analysis to characterize adoption patterns and short-term outcomes of minimally invasive gastrectomy for gastric cancer in the United States. Our data demonstrate increasing utilization of \( MIG \) over the past decade. While increasing comorbidities, black race and low income were associated with a lower likelihood of \( MIG \), this association disappeared in hospitals that were capable of performing minimally invasive operations. Importantly, \( MIG \) appears associated with decrements in LOS and mortality but increases in overall costs.

It is widely accepted that minimally invasive approaches in common general surgery operations are associated with less morbidity, and racial inequality in accessing minimally invasive surgery has been previously observed.\(^{24}\) Such inequalities certainly contribute to known racial disparities in surgical outcomes, and it is important to understand the mechanisms that contribute to differences in application of \( MIG.\(^{25–28}\) Geographic biases in minimally invasive surgery have been previously shown and is thought to reflect regional training patterns.\(^{29}\) The increasing incidence of \( MIG \) in the Northeast seen in our data and observed previously is likely a reflection of the greater concentration of complex surgical oncologic training fellowships in this region.\(^ {14,30}\) Similarly, the greater rate of \( MIG \) in urban teaching centers likely reflects the trend of “urbanization” of specialized general surgery and narrowing scope of practice of a rural surgeon.\(^ {31,32}\)

Because there was no significant difference in \( MIG \) utilization among black and low-income patients presenting to \( MIG \) capable centers, it is likely that unequal access to these hospitals drive the observed differences in \( MIG \) utilization in these populations. Centralization of gastric cancer care is supported by repeated studies demonstrating that patients who receive care at high-volume centers with experienced surgeons have less perioperative morbidity.\(^ {33–37}\) The best example of this is in the Netherlands, when it was mandated in 2012 that gastric cancer operations be performed in high-volume centers, defined by greater than 20 gastric resections per year. A recent study analyzing the impact of this mandate confirmed not only decreased perioperative mortality, but also increased overall survival.\(^ {38}\) Naturally, core discrepancies exist between the healthcare systems of Netherlands and the United States. For example, a recent NCDB Database study showed that gastric cancer patients that presented to medium- or high-volume centers traveled significantly further than those that present to low-volume centers and were more likely to be insured.\(^ {33}\) Further centralization of complex surgical care may have the unintended

---

**Table 1** (continued)

| Parameter                        | Open (34,516) | MIG (7,242) | \( p \) value |
|----------------------------------|---------------|-------------|---------------|
| Other payer                      | 4.2%          | 3.8%        | 0.48          |
| **Hospital characteristics**     |               |             |               |
| **Region**                       |               |             |               |
| Northeast                        | 20.4%         | 34.3%       | <0.001        |
| Midwest                          | 22.3%         | 16.9%       | <0.001        |
| South                            | 37.6%         | 28.2%       | <0.001        |
| West                             | 19.6%         | 20.5%       | 0.62          |
| **Teaching status**              |               |             |               |
| Rural                            | 2.9%          | 1.4%        | <0.001        |
| Urban nonteaching                | 20.9%         | 9.6%        | <0.001        |
| Urban teaching                   | 75.7%         | 88.9%       | <0.001        |
| **Gastrectomy volume (Percentile)** |               |             |               |
| 0th-33rd                         | 14.3%         | 9.9%        | <0.001        |
| 34th-66th                        | 16.3%         | 10.6%       | <0.001        |
| 67th-100th                       | 69.4%         | 79.5%       | <0.001        |
| Parameter                                      | All centers                        | MIG capable centers                   |
|------------------------------------------------|------------------------------------|---------------------------------------|
|                                                 | AOR (95 CI)                        | AOR (95 CI)                            |
|                                                 | p value                            | p value                               |
| **Clinicopathologic factors**                   |                                    |                                       |
| Age (per-year)                                  | 1.00 (1.00-1.01)                   | 1.00 (1.00-1.01)                      |
| Female sex                                      | 1.07 (0.94-1.23)                   | 1.17 (0.99-1.37)                      |
| Year of operation (per-year)                    | 1.24 (1.21-1.26)                   | < 0.001                               |
| **Procedure type**                              |                                    |                                       |
| Partial                                         | Ref                                | Ref                                   |
| Total                                           | 0.79 (0.68-0.91)                   | 0.82 (0.70-0.97)                      |
| P value                                         | 0.001                              | 0.023                                 |
| **Concomitant operation**                       |                                    |                                       |
| Spleenectomy                                    | 0.86 (0.56-1.30)                   | 1.06 (0.65-1.73)                      |
| Feeding jejunostomy                             | 1.14 (0.99-1.31)                   | 1.04 (0.88-1.22)                      |
| Colectomy                                       | 0.47 (0.24-0.92)                   | 0.44 (0.20-0.96)                      |
| Pancreatectomy                                  | 0.51 (0.27-0.96)                   | 0.63 (0.30-1.31)                      |
| P value                                         | 0.038                              | 0.22                                 |
| **Medical conditions**                          |                                    |                                       |
| Congestive heart failure                        | 0.68 (0.50-0.93)                   | 0.66 (0.45-0.95)                      |
| P value                                         | 0.015                              | 0.027                                 |
| Valve disorder                                  | 1.31 (0.94-1.82)                   | 1.44 (0.96-2.14)                      |
| P value                                         | 0.11                               | 0.076                                 |
| Pulmonary circulatory Disorder                  | 0.91 (0.59-1.41)                   | 0.83 (0.51-1.36)                      |
| P value                                         | 0.68                               | 0.46                                 |
| Hypertension                                    | 1.00 (0.87-1.14)                   | 1.01 (0.86-1.18)                      |
| P value                                         | 0.97                               | 0.93                                 |
| Neurologic disorder                             | 0.88 (0.62-1.27)                   | 1.23 (0.80-1.89)                      |
| P value                                         | 0.50                               | 0.34                                 |
| Chronic lung disorder                           | 1.02 (0.85-1.22)                   | 1.02 (0.82-1.26)                      |
| P value                                         | 0.84                               | 0.88                                 |
| Diabetes                                        | 0.86 (0.73-1.01)                   | 0.86 (0.71-1.03)                      |
| P value                                         | 0.067                              | 0.11                                 |
| Hypothyroidism                                  | 0.93 (0.75-1.16)                   | 0.85 (0.65-1.11)                      |
| P value                                         | 0.53                               | 0.22                                 |
| End-stage renal disease                         | 0.87 (0.75-1.16)                   | 0.96 (0.43-2.13)                      |
| P value                                         | 0.70                               | 0.92                                 |
| Metastatic cancer                               | 0.86 (0.75-0.99)                   | 0.88 (0.75-1.04)                      |
| P value                                         | 0.040                              | 0.13                                 |
| Coagulopathy                                    | 1.25 (0.94-1.66)                   | 1.23 (0.88-1.72)                      |
| P value                                         | 0.12                               | 0.22                                 |
| Weight loss                                     | 0.82 (0.69-0.98)                   | 0.81 (0.66-0.99)                      |
| P value                                         | 0.032                              | 0.047                                 |
| Electrolyte disorder                            | 0.72 (0.61-0.84)                   | 0.77 (0.64-0.93)                      |
| P value                                         | < 0.001                            | 0.006                                 |
| **Socioeconomic factors**                       |                                    |                                       |
| **Payer status**                                |                                    |                                       |
| Private                                         | Ref                                | Ref                                   |
| Medicare                                       | 1.03 (0.86-1.23)                   | 1.01 (0.83-1.24)                      |
| P value                                         | 0.74                               | 0.91                                 |
| Medicaid                                       | 1.06 (0.83-1.36)                   | 1.11 (0.83-1.48)                      |
| P value                                         | 0.65                               | 0.59                                 |
| Other payer                                     | 0.91 (0.65-1.29)                   | 0.78(0.52-1.17)                       |
| P value                                         | 0.61                               | 0.23                                 |
| **Race**                                       |                                    |                                       |
| White                                          | Ref                                | Ref                                   |
| Black                                          | 0.77 (0.61-0.97)                   | 0.78 (0.60-1.03)                      |
| P value                                         | 0.024                              | 0.080                                 |
| Hispanic                                       | 1.04 (0.84-1.28)                   | 1.08 (0.84-1.39)                      |
| P value                                         | 0.75                               | 0.54                                 |
| Asian/Pacific Islander                         | 1.01 (0.81-1.27)                   | 1.04 (0.79-1.36)                      |
| P value                                         | 0.91                               | 0.79                                 |
| Other                                          | 0.87 (0.64-1.19)                   | 0.90 (0.63-1.29)                      |
| P value                                         | 0.39                               | 0.57                                 |
| **Income quartile (percentile)**                |                                    |                                       |
| 7th-100th                                       | Ref                                | Ref                                   |
| 51th-75th                                       | 0.93 (0.78-1.10)                   | 0.95 (0.77-1.16)                      |
| P value                                         | 0.41                               | 0.59                                 |
| 26th-50th                                       | 1.08 (0.91-1.29)                   | 1.16 (0.94-1.42)                      |
| P value                                         | 0.38                               | 0.16                                 |
| 0th-25th                                        | 0.80 (0.66-0.96)                   | 0.90 (0.72-1.12)                      |
| P value                                         | 0.018                              | 0.33                                 |
| **Hospital factors**                            |                                    |                                       |
| Hospital region                                 |                                    |                                       |
| Northeast                                       | Ref                                | Ref                                   |
| Midwest                                        | 0.54 (0.44-0.66)                   | 0.77 (0.61-0.97)                      |
| P value                                         | < 0.001                            | 0.028                                 |
consequence of limiting access for the most vulnerable populations unable to travel the distance or obtain insurance approval and increase the observed disparity in MIG utilization shown here. Instead, we advocate for the growth of the minimally invasive platform across the healthcare system via systematic training and adoption of new technology so that minimally invasive capable surgeons can populate hospitals in areas of underserved communities.

The perioperative outcomes presented here are largely consistent with randomized studies in East Asia comparing Open and MIG that have repeatedly demonstrated noninferior short-term outcomes in both total and distal gastrectomies. As previously discussed, there exists substantial differences between the East Asian and Western presentations of gastric cancers, resulting in the typical surgeon in the United States seeing less volume and more advanced cases. These differences are especially important

Table 2 (continued)

| Parameter                        | All centers |             | MIG capable centers |             |
|----------------------------------|-------------|-------------|---------------------|-------------|
|                                  | AOR (95 CI) | p value     | AOR (95 CI)         | p value     |
| South                            | 0.54 (0.45-0.63) | < 0.001 | 0.90 (0.74-1.09) | 0.27 |
| West                             | 0.75 (0.62-0.90) | 0.002 | 0.94 (0.76-1.16) | 0.55 |

Hospital teaching status

| Rural                            | Ref |               | Urban nonteaching   | 0.96 (0.55-1.67) | 0.89 | 1.19 (0.60-2.36) | 0.62 |
| Urban teaching                   | 1.59 (0.94-2.71) | 0.085 | 1.06 (0.55-2.04) | 0.86 |

Gastrectomy volume tertile

| Low                               | Ref | 0.39 | 1.02 (0.71-1.47) | 0.91 |
| Medium                           | 1.62 (1.32-2.01) | < 0.001 | 0.81 (0.61-1.09) | 0.16 |
| High                             |     |      |                   |     |

FIG. 3 Socioeconomic disparities in access to minimally invasive gastrectomy

TABLE 3 Unadjusted and risk-adjusted outcomes of open and minimal access gastrectomy

| Parameter                        | Open (34,516) | MIG (7,242) | p value | AOR/β (95% CI) | p value |
|----------------------------------|---------------|-------------|---------|----------------|---------|
| Mortality                        |               |             |         | 0.58 (0.34-1.00) | 0.050 |
| Complications                    |               |             |         | 0.58 (0.34-1.00) | 0.050 |
| Cardiac                          | 2.1%          | 1.2%        | < 0.001 | 0.72 (0.42-1.24) | 0.23 |
| Thrombosis                       | 3.0%          | 2.1%        | 0.11    | 0.73 (0.44-1.22) | 0.23 |
| Respiratory                      | 20.8%         | 18.3%       | 0.040   | 1.04 (0.88-1.23) | 0.64 |
| Gastrointestinal                 | 3.8%          | 5.2%        | 0.026   | 0.89 (0.66-1.22) | 0.48 |
| Infectious                       | 11.9%         | 10.0%       | 0.038   | 0.90 (0.73-1.11) | 0.33 |
| Acute kidney Injury              | 7.7%          | 6.0%        | 0.040   | 0.93 (0.70-1.22) | 0.59 |
| Nonroutine discharge             | 49.8%         | 47.4%       | 0.13    | 0.91 (0.78-1.06) | 0.22 |
| LOS (days, mean ± SD)            | 11.9 ± 10.5   | 9.9 ± 9.6   | < 0.001 | −0.7 (−1.3- −0.2) | 0.011 |
| Cost ($1,000, mean ± SD)         | 39.9 ± 42.0   | 42.3 ± 41.8 | 0.064 | 4.7 (2.2-7.1) | < 0.001 |

Multivariable regression results reported as adjusted odds ratios (AOR) or β-coefficients for discrete and continuous variables, respectively.

CI confidence interval; LOS length of stay; MIS minimal access gastrectomy; SD standard deviation.
as the learning curve of MIG is especially steep, requiring anywhere from 40 cases for distal gastrectomy to up to 100 cases for total gastrectomy.\textsuperscript{42,43} The additional technical complexity of the minimally invasive total gastrectomy explains the observed higher rates of the distal MIG compared with total gastrectomy. Despite this, among those undergoing MIG in the United States, rates of postoperative complications were equal between open and minimally invasive gastrectomy in this study. Interestingly, consistent with a previous NCDB study, we also observed a lower mortality rate in the MIG cohort, which is most likely explained by surgeon selection bias as evidenced by the lower comorbidity burden in this population.\textsuperscript{14} Additionally, despite that MIG was associated with a 0.7-day decrement in LOS, consistent with previous studies, MIG still had a $4,900 increase in total hospitalization cost over open surgery. This increase is most likely due to previously observed higher upfront cost of MIG which includes increased total operative time and surgical instrument costs, although operative time was not available in this dataset.\textsuperscript{44–46} Notably, these factors and consequent costs are especially exaggerated in robotic gastrectomy.\textsuperscript{46,47}

This study has several important limitations. The dataset studied is limited to a single admission for patients undergoing gastrectomy. Thus, information before admission and additional follow-up data following discharge is not available. Importantly, this includes indication for surgery, such as oncologic resection versus symptom palliation. Physician-specific factors, such as surgical volume and MIG experience, were not available in this study. Additionally, the NIS relies on accurate administrative coding for outcome data and is subject to coding error. Finally, the retrospective nature of this study subjects it to inherent biases, such as patient selection.

**CONCLUSIONS**

We have shown in a large national retrospective review that observed differences in MIG rates in Black and low-income populations are explained in part by inequalities in accessing MIG capable centers. We show that MIG is associated with a 0.7-day decreased length of stay, a $4,700 increase in total cost, and decreased mortality. Further research and thoughtfully designed randomized trials are required to identify modifiable factors to increase equitable access to MIG and establish MIG as a safe approach to gastric cancers.

**Supplementary Information** The online version contains supplementary material available at https://doi.org/10.1245/s10434-021-11193-6.

**OPEN ACCESS** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article’s Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

**REFERENCES**

1. Sung H, Ferlay J, Siegel RL, et al. Global cancer statistics 2020: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. CA Cancer J Clin. 2021. https://doi.org/10.3322/caac.21660.
2. Kitano S, Iso Y, Moriyama M, Sugimachi K. Laparoscopy-assisted Billroth I gastrectomy Surg Endosc. 1994;4(2):146–8.
3. Katai H, Mizador J, Katayama H, et al. Short-term surgical outcomes from a phase III study of laparoscopy-assisted versus open distal gastrectomy with nodal dissection for clinical stage I/IIA gastric cancer: Japan Clinical Oncology Group Study JCOG0912. Gastric Cancer. 2017;20(4):699–708. https://doi.org/10.1007/s10120-016-0646-9.
4. Kim W, Kim HH, Han SU, et al. Decreased morbidity of laparoscopic distal gastrectomy compared with open distal gastrectomy for Stage I gastric cancer: short-term outcomes from a multicenter randomized controlled trial (KLASS-01). Ann Surg. 2016; 263(1):28–35. https://doi.org/10.1097/sla.0000000000001346.
5. Katai H, Mizusawa J, Katayama H, et al. Survival outcomes after laparoscopy-assisted distal gastrectomy versus open distal gastrectomy with nodal dissection for clinical stage IIA/IB gastric cancer (JCOG0912): a multicentre, non-inferiority, phase 3 randomised controlled trial. Lancet Gastroenterol Hepatol. 2020;5(2):142–51. https://doi.org/10.1016/s2468-1253(19)30332-9.
6. Kim HH, Han SU, Kim MC, et al. Effect of Laparoscopic Distal Gastrectomy vs Open Distal Gastrectomy on Long-term Survival Among Patients With Stage I Gastric Cancer: The KLASS-01 Randomized Clinical Trial. JAMA Oncol. 2019;5(4):506–13. https://doi.org/10.1001/jamaoncol.2018.6727.
7. Lu J, Zheng CH, Xu BB, et al. Assessment of robotic versus laparoscopic distal gastrectomy for gastric cancer: a randomized controlled trial. Ann Surg. 2020. https://doi.org/10.1097/sla.0000000000004466.
8. Wang Z, Xing J, Cai J, et al. Short-term surgical outcomes of laparoscopy-assisted versus open D2 distal gastrectomy for locally advanced gastric cancer in North China: a multicentre randomized controlled trial. Surg Endosc. 2019;33(1):33–45. https://doi.org/10.1007/s00464-018-6391-x.
9. Yu J, Huang C, Sun Y, et al. Effect of laparoscopic vs open distal gastrectomy on 3-year disease-free survival in patients with locally advanced gastric cancer: the CLASS-01 randomized clinical trial. JAMA. 2019;321(20):1983–92. https://doi.org/10.1001/jama.2019.5359.
10. Hyung WJ, Yang HK, Park YK, et al. Long-term outcomes of laparoscopic distal gastrectomy for locally advanced gastric cancer: the KLASS-02-RCT Randomized Clinical Trial. J Clin Oncol. 2020; 38(28):3304–13. https://doi.org/10.1200/JCO.20.01210.
11. Inaki N, Etoh T, Ohyama T, et al. A Multi-institutional, prospective, phase II feasibility study of laparoscopy-assisted distal gastrectomy with D2 lymph node dissection for locally advanced gastric cancer (JLSSG0901). World J Surg. 2015;39(11):2734–41. [https://doi.org/10.1007/s00268-015-3160-z.]

12. Russo A, Li P, Strong VE. Differences in the multimodal treatment of gastric cancer: East versus west. J Surg Oncol. 2017;115(5):603–14. [https://doi.org/10.1002/jso.24517.]

13. Lu J, Yoon C, Xu B, et al. Long-term survival after minimally invasive versus open gastrectomy for gastric adenocarcinoma: a propensity score-matched analysis of patients in the United States and China. Ann Surg Oncol. 2020;27(3):802–11. [https://doi.org/10.1007/s10434-019-08170-5.]

14. Hendriksen BS, Brooks AJ, Hollenbeck CS, Taylor MD, Reed MF, Soybel DI. The impact of minimally invasive gastrectomy on survival in the USA. J Gastrointest Surg. 2020;24(5):1000–9. [https://doi.org/10.1007/s11605-019-04263-4.]

15. Farrow NE, Freischlag KW, Adam MA, Blazer DG. Impact of minimally invasive gastrectomy on use of and time to adjuvant chemotherapy for gastric adenocarcinoma. J Surg Oncol. 2020;121(3):486–93. [https://doi.org/10.1002/jso.25834.]

16. Mallin K, Browner A, Palis B, et al. Incident cases captured in the National Cancer Database Compared with Those in U.S. Population Based Central Cancer Registries in 2012-2014. Ann Surg Oncol. 2019;26(6):1604–12. [https://doi.org/10.1245/s10434-019-07213-1.]

17. Boffa DJ, Rosen JE, Mallin K, et al. Using the National Cancer Database for outcomes research: a review. JAMA Oncol. 2017;3(12):1722–28. [https://doi.org/10.1001/jamaoncol.2016.6905.]

18. Bilimoria KY, Bentrem DJ, Stewart AK, Winchester DP, Ko CY. Comparison of commission on cancer-approved and -nonapproved hospitals in the United States: implications for studies that use the National Cancer Data Base. J Clin Oncol. 2009;27(25):4177–81. [https://doi.org/10.1200/JCO.2008.21.7018.]

19. HCUP Databases. Healthcare Cost and Utilization Project (HCUP). September 2021. Agency for Healthcare Research and Quality, Rockville, MD. www.hcup-us.ahrq.gov/nisoverview.jsp.

20. NIS Description of Data Elements. Healthcare Cost and Utilization Project (HCUP). October 2021. Agency for Healthcare Research and Quality, Rockville, MD. Available at: www.hcup-us.ahrq.gov/db/nation/nis/nisdde.jsp.

21. van Walraven C, Austin PC, Jennings A, Quan H, Forster AJ. A modification of the Elixhauser comorbidity measures into a point system for hospital death using administrative data. Med Care. 2009;47(6):626–33. [https://doi.org/10.1097/MLR.0b013e31819432e5.]

22. Dobaria V, Kwon OJ, Hadaya J, et al. Impact of center volume on outcomes of surgical repair for type A acute aortic dissections. Surgery. 2020;168(1):185–92. [https://doi.org/10.1016/j.surg.2020.04.007.]

23. Medical Expenditure Panel Survey (MEPS). Content last reviewed August 2021. Agency for Healthcare Research and Quality, Rockville, MD. Available at: https://www.ahrq.gov/data/ meps.html.

24. Weigelt B, Haider SF, Bui A, Leitman IM. Access to common laparoscopic general surgical procedures: do racial disparities exist? Surg Endosc. 2020;34(3):1376–86. [https://doi.org/10.1007/s00464-019-06912-w.]

25. Gandaglia G, Ghani KR, Sood A, et al. Effect of minimally invasive surgery on the risk for surgical site infections: results from the National Surgical Quality Improvement Program (NSQIP) Database. JAMA Surg. 2014;149(10):1039–44. [https://doi.org/10.1001/jamasurg.2014.292.]

26. Jaschinski T, Mosch CG, Eiermann M, Neugebauer EA, Sauerland S. Laparoscopic versus open surgery for suspected appendicitis. Cochrane Database Syst Rev. 2018;11:CD001546. [https://doi.org/10.1002/14651858.CD001546.pub4.]

27. Schwenk W, Haase O, Neudecker J, Muller JM. Short term benefits for laparoscopic colorectal resection. Cochrane Database Syst Rev. 2005(3):CD003145. [https://doi.org/10.1002/14651858.CD003145.pub2.]

28. Haider AH, Scott VK, Rehman KA, et al. Racial disparities in surgical care and outcomes in the United States: a comprehensive review of patient, provider, and systemic factors. J Am Coll Surg. 2013;216(3):482–92 e12. [https://doi.org/10.1016/j.jamcollsurg.2012.11.014.]

29. Cooper MA, Hufftless S, Segev DL, Ibrahim A, Lyu H, Makary MA. Hospital level under-utilization of minimally invasive surgery in the United States: retrospective review. BMJ. 2014;349:g4198. [https://doi.org/10.1136/bmj.g4198.]

30. Greenleaf EK, Sun SX, Hollenbeck CS, Wong J. Minimally invasive surgery for gastric cancer: the American experience. Gastric Cancer. 2017;20(2):368–78. [https://doi.org/10.1007/s12027-016-0605-5.]

31. Ellison EC, Satiani B, Way DP, Oslock WM, Santry H, Williams TE. The continued urbanization of American surgery: a threat to rural hospitals. Surgery. 2021;169(3):543–49. [https://doi.org/10.1016/j.surg.2020.06.027.]

32. Stimson WW Jr, Sticca RP, Timmerman GL, Bjordahl PM. Current trends in surgical procedures performed in rural general surgery practice. Am Surg. 2020;86:1:693–701. [https://doi.org/10.1097/BSL.0000000000003061.]

33. Gabriel E, Narayanan S, Atwood K, Hochwald S, Kukar M, Nurkin S. Disparities in major surgery for esophageogastric cancer among hospitals by case volume. J Gastrointest Oncol. 2019;10(3):503–16. [https://doi.org/10.21037/jgo.2018.01.18.]

34. Lee JA, Park JH, Lee EJ, Kim SY, Kim Y, Lee SI. High-quality, low-cost gastrectomy care at high-volume hospitals: results from a population-based study in South Korea. Arch Surg. 2011;146(8):930–6. [https://doi.org/10.1001/archsurg.2011.81.]

35. Claassen YHM, van Sandick JW, Hartgrink HH, et al. Association between hospital volume and quality of gastric cancer surgery in the CRITICS trial. Br J Surg. 2018;105(6):728–35. [https://doi.org/10.1002/bjs.10773.]

36. Claassen YHM, van Amelsfoort RM, Hartgrink HH, et al. Effect of hospital volume with respect to performing gastric cancer resection on recurrence and survival: results from the CRITICS Trial. Ann Surg. 2019;270(6):1096–102. [https://doi.org/10.1097/SLA.0000000000002940.]

37. Birkmeyer JD, Siewers AE, Finlayson EV, et al. Hospital volume and surgical mortality in the United States. N Engl J Med. 2002;346(15):1128–37. [https://doi.org/10.1056/NEJMsa012337.]

38. van Putten M, Nelen SD, Lemmens VEP, et al. Overall survival before and after centralization of gastric cancer surgery in the Netherlands. Br J Surg. 2018;105(13):1807–15. [https://doi.org/10.1002/bjs.10931.]

39. Shi Y, Xu X, Zhao Y, et al. Short-term surgical outcomes of a randomized controlled trial comparing laparoscopic versus open gastrectomy with D2 lymph node dissection for advanced gastric cancer. Surg Endosc. 2018;32(5):2427–33. [https://doi.org/10.1007/s00464-017-5942-x.]

40. Lee HJ, Hyung WJ, Yang HK, et al. Short-term outcomes of a multicenter randomized controlled trial comparing laparoscopic distal gastrectomy with D2 lymphadenectomy to open distal gastrectomy for locally advanced gastric cancer (KLASS-02-RCT). Ann Surg. 2019;270(6):983–91. [https://doi.org/10.1097/SLA.0000000000003217.]

41. van der Wielen N, Straatman J, Daams F, et al. Open versus minimally invasive total gastrectomy after neoadjuvant
chemotherapy: results of a European randomized trial. *Gastric Cancer*. 2021;24(1):258–71. https://doi.org/10.1007/s10120-020-01109-w.

42. Jung DH, Son SY, Park YS, et al. The learning curve associated with laparoscopic total gastrectomy. *Gastric Cancer*. 2016;19(1):264–72. https://doi.org/10.1007/s10120-014-0447-y.

43. Kim HG, Park JH, Jeong SH, et al. Totally laparoscopic distal gastrectomy after learning curve completion: comparison with laparoscopy-assisted distal gastrectomy. *J Gastric Cancer*. 2013;13(1):26–33. https://doi.org/10.5230/jgc.2013.13.1.26.

44. Tegels JJ, Silvius CE, Spauwen FE, Hulsewe KW, Hoofwijk AG, Stoot JH. Introduction of laparoscopic gastrectomy for gastric cancer in a Western tertiary referral centre: a prospective cost analysis during the learning curve. *World J Gastrointest Oncol*. 2017;9(5):228–34. https://doi.org/10.4251/wjgo.v9.i5.228.

45. Glenn JA, Turaga KK, Gamblin TC, Hohmann SF, Johnston FM. Minimally invasive gastrectomy for cancer: current utilization in US academic medical centers. *Surg Endosc*. 2015;29(12):3768–75. https://doi.org/10.1007/s00464-015-4152-7.

46. Kim HI, Han SU, Yang HK, et al. Multicenter prospective comparative study of robotic versus laparoscopic gastrectomy for gastric adenocarcinoma. *Ann Surg*. 2016;263(1):103–9. https://doi.org/10.1097/SLA.0000000000001249.

47. Liu H, Kinoshita T, Tonouchi A, Kaito A, Tokunaga M. What are the reasons for a longer operation time in robotic gastrectomy than in laparoscopic gastrectomy for stomach cancer? *Surg Endosc*. 2019;33(1):192–98. https://doi.org/10.1007/s00464-018-6294-x.

**Publisher’s Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.