Retrospective Identification of Early Autochthonous Case of Crimean-Congo Hemorrhagic Fever, Spain, 2013

Ana Negredo,1 María Sánchez-Ledesma,1 Francisco Llorente, Mayte Pérez-Olmeda, Moncef Belhassen-García, David González-Calle, María Paz Sánchez-Seco,2 Miguel Ángel Jiménez-Clavero2

Author affiliations: Instituto de Salud Carlos III, Madrid, Spain (A. Negredo, M.P. Sánchez-Seco, M. Pérez-Olmeda); Hospital Universitario de Salamanca, Salamanca, Spain (M. Sánchez-Ledesma, M. Belhassen-García, D. González-Calle); Animal Health Research Center, INIA-CISA, Valdeolmos, Spain (F. Llorente, M.A. Jiménez-Clavero); Centro de Investigación Biomédica en Red de Epidemiología y Salud Pública, Madrid (M.A. Jiménez-Clavero)

DOI: https://doi.org/10.3201/eid2706.204643

Before this report, 7 autochthonous human cases of Crimean-Congo hemorrhagic fever had been reported in Spain, all occurring since 2016. We describe the retrospective identification of an eighth case dating back to 2013. This study highlights that the earliest cases of an emerging disease are often difficult to recognize.

Crimean-Congo hemorrhagic fever (CCHF) is a widely distributed tickborne disease in humans, emerging in different parts of the world (1). In Western Europe, the first and currently only country affected by this disease is Spain, where the etiologic agent, Crimean-Congo hemorrhagic fever virus (CCHFV) (family Nairoviridae, genus Ortho-nairovirus), was first identified in ticks in 2010 (2). Of note, the first autochthonous cases of CCHF were reported in 2016. In this hitherto first incidence, the index case-patient presumably acquired the infection from a tick bite, whereas a nurse (secondary case-patient) became infected while caring for the index patient (3). Since then, 5 more CCHF cases have been reported (Table): 2 in 2018 (1 of them retrospectively diagnosed in 2019) and 3 more in 2020 (4,5). All these cases (except the nosocomial case in 2016) arose in summer in rural areas of west-central Spain; 5 occurred in the southernmost part of the autonomous community of Castile and León. Field studies have confirmed that these areas are at risk for CCHF occurrence because of the abundance of Hyalomma lusitanicum tick vectors; CCHFV has been verified in specimens collected there, and high seroprevalences have been observed in wild and domestic animals (4).

In August 2020, we were contacted by a person who recovered from a severe disease in May 2013, described as “caused by a tick bite,” that occurred in the high-risk region referenced previously, and the etiology remained unknown. The patient’s occupation did not expose her to animals, and she stated that she had not noticed any tick bites since then. The case was suggestive enough to warrant review of the patient’s medical history: 3 days after being bitten by a tick during a walk through the mountains (40°18′26.8″N, 5°40′40.7″W), the patient (then a 32-year-old previously healthy woman) sought medical care after experiencing fever and chills. The patient’s general condition worsened the next day (arthromyalgia, nausea, vomiting, and diarrhea), and she was admitted to a local hospital. Physical examination revealed erythema (Figure, panels A, B) and a necrotic lesion on the patient’s back in the area of the tick bite (Figure, panels A, B) and a necrotic lesion on the patient’s back in the area of the tick bite (Figure, panels A, B) and a necrotic lesion on the patient’s back in the area of the tick bite (Figure, panels A, B). Platelet count dropped from 136,000/µL to 17,000/µL in 3 days, accompanied by remarkable leukopenia, and hyperbilirubinemia with elevated transaminases (aspartate aminotransferase [AST] <4,000 U/L [reference range 0–33 U/L] and alanine aminotransferase [ALT] ≤1,000 U/L [reference range 0–32 U/L]). Intracytoplasmic inclusions (morulae) were described inuffy coat examination.

Despite treatment, septic shock occurred, and supportive treatment was started in the intensive care unit. After 10 days of hospitalization, the patient recovered and was discharged.

Table. Human cases of Crimean-Congo hemorrhagic fever reported to date, in chronological order, Spain

| Year | No. | Autonomous community/province | Reference |
|------|-----|--------------------------------|-----------|
| 2013 | 1   | Castile and León/Ávila         | This study|
| 2016 | 2   | Castile and León/Ávila (index case); community of Madrid/Madrid (secondary case) | (3) |
| 2018 | 2   | Extremadura/Badajoz; Castile and León/Salamanca | (4) |
| 2020 | 3   | Castile and León/Salamanca     | (5) |

1These first authors contributed equally to this article.
2These senior authors contributed equally to this article.
Borrelia burgdorferi, Anaplasma spp., and Ehrlichia spp.) and other suspected etiologies (i.e., cytomegalovirus, Coxiella spp., hepatitis C virus, hepatitis B virus, HIV). Stool and blood cultures were negative.

At the time of discharge CCHF was not suspected, probably because this disease had never occurred in Spain or other nearby countries, and buffy coat examination suggested ehrlichiosis. Evidence indicates CCHFV was present in 2010 in ticks ≈150 km from the location where the patient was bitten (2), but this finding was not deemed medically relevant at that time. However, examined retrospectively, and with the perspective of 7 CCHF cases in 4 years in Spain, 5 of them in the same area, the case strongly suggested CCHFV infection. In agreement with the patient, a new serum sample was collected and tested by the ID Screen CCHF Double Antigen Multi-species ELISA (ID-Vet, https://www.id-vet.com). The serum sample tested positive for antibodies to CCHFV, further confirmed by Crimean-Congo fever virus Mosaic 2 indirect immunofluorescence test for CCHFV-GPC and CCHFV-N, yielding positive results to both GPC and N antigens (EUROIMMUN, https://www.euroimmun.com). Meanwhile, we located and analyzed whole blood and serum samples that were collected 10 days after symptom onset and subsequently stored. CCHFV genome was detected in blood by nested PCR (3) and real-time reverse transcription PCR (6), whereas CCHFV-N–specific IgG and IgM were found in serum by indirect immunofluorescence test as described previously. Thus, the most likely cause of the disease suffered by the patient in 2013 was CCHF.

This study demonstrates that the occurrence of CCHF cases in Spain started >3 years before the previously reported first known case (Table). This case is the second to be identified retrospectively (4), so it would be possible that additional CCHF cases dating even earlier might be diagnosed in the future, since antibodies seem to be long-lasting (>7 years). CCHF should be included in the differential diagnosis after tick bites in areas in which it is endemic. Furthermore, awareness of CCHF is key to prevent nosocomial infections among exposed healthcare workers.

Acknowledgments
We are indebted to the patient without whose initiative and kind collaboration this work would not have been possible. We thank Giovanni Fedele and Raquel Escudero for their valuable help providing stored samples from the patient.

This study has been supported in part from ISCIII, Project RD16/003/0003, “Red de Enfermedades Tropicales,” Subprogram RETICS Plan Estatal de I+D+I 2013-2016, and cofunded by FEDER “Una manera de hacer Europa.”

About the Author
Dr. Negredo is a senior researcher at the Arbovirus and Imported Viral Diseases Laboratory, National Center of Microbiology, Madrid, Spain. Her primary research interests are viral hemorrhagic fevers and detection of emerging viruses that circulate in Spain.

References
1. Sorvillo TE, Rodriguez SE, Hudson P, Carey M, Rodriguez LL, Spiropoulou CF, et al. Towards a sustainable One Health approach to Crimean-Congo hemorrhagic fever prevention: focus areas and gaps in knowledge. Trop Med Infect Dis. 2020;5:113. https://doi.org/10.3390/tropicalmed5030113
2. Estrada-Peña A, Palomar AM, Santibáñez P, Sánchez N, Habela MA, Portillo A, et al. Crimean-Congo hemorrhagic fever virus in ticks, Southwestern Europe, 2010. Emerg Infect Dis. 2012;18:179–80. https://doi.org/10.3201/eid1801.111040
3. Negredo A, de la Calle-Prieto F, Palencia-Herejón E, Mora-Rillo M, Astray-Mochales J, Sánchez-Seco MP, et al.; Crimean Congo Hemorrhagic Fever@Madrid Working Group. Autochthonous Crimean-
Oropouche fever is an emerging zoonotic disease caused by Oropouche orthobunyavirus (OROV; family Peribunyaviridae, genus Orthobunyavirus). The disease was initially reported in Trinidad and Tobago in 1955; since then, researchers have documented >30 outbreaks in Brazil and Peru and isolated cases in Panama and Ecuador (1,2). OORV infection is characterized by acute febrile illness with symptoms such as headache, myalgia, arthralgia, chills, photophobia, nausea, vomiting, and dizziness. Patients with severe cases might have hemorrhaging and aseptic meningitis (I).

The OORV virion is enveloped and composed of a tripartite (segment lengths: 958 nt for small, 4,385 nt for medium, and 6,852 nt for large), negative-sense, single-stranded RNA genome (1,3,4). In 1964, Groot (5) described antibodies against OORV in serum samples from primates studied in Magdalena Medio and La Lizama (Colombia) in 1957. Since 2009, researchers have identified competent vectors such as Aedes serratus, Coquillettidia venezuelensis, and Culex quinquefasciatus mosquitoes on the Caribbean coast of Colombia (6,7). We describe an OORV infection in a woman in this region. We confirmed the diagnosis by viral isolation and reverse transcription PCR (RT-PCR).

A woman 28 years of age who did domestic work arrived at the emergency department of the E.S.E. Local Hospital of Turbaco (Turbaco, Colombia) on September 9, 2017. She had a 1-day history of fever, malaise, chill, myalgia, headache, retroocular pain, photophobia, dizziness, sore throat, anorexia, dysgeusia, and nausea. She had conjunctival injection and an axillary temperature of 38.6°C; she had no other pathologic abnormalities and tested negative on a tourniquet test. After receiving informed consent, we collected 12 mL of blood and stored the sample at −80°C.

One aliquot of serum was sent to the laboratory of the US Naval Medical Research Unit No. 6 (Lima, Peru) as part of an ongoing collaborative pathogen surveillance effort with the University of Cartagena (Cartagena, Colombia). This study protocol was approved by the Institutional Ethics Committee in Scientific Research of the University of Cartagena and the US Naval Medical Research Unit No. 6 Institutional Review Board (protocol no. NMRCD.2010.0010) in compliance with all applicable federal regulations governing the protection of human participants.

We extracted RNA from the sample; it tested negative for dengue, Zika, and chikungunya viruses by real-time RT-PCR. We inoculated the sample into Vero 76 cells using a previously described technique.

Evidence of Oropouche Orthobunyavirus Infection, Colombia, 2017

Doris E. Gómez-Camargo, Jorge A. Egurrola-Pedraza, Cristopher D. Cruz, Dina Popuche, Margarita M. Ochoa-Díaz, Carolina Guevara, Maria Silva, Eugenio J. Abente, Julia S. Ampuero

Author affiliations: Universidad de Cartagena, Cartagena, Colombia (D.E. Gómez-Camargo, J.A. Egurrola-Pedraza, M.M. Ochoa-Díaz); US Naval Medical Research Unit No. 6, Lima, Peru (C.D. Cruz, D. Popuche, C. Guevara, M. Silva, E.J. Abente, J.S. Ampuero)

DOI: https://doi.org/10.3201/eid2706.204405

We describe an Oropouche orthobunyavirus infection in a woman 28 years of age in Colombia. We confirmed the diagnosis by viral isolation, quantitative reverse transcription PCR, and phylogenetic analysis of the small, medium, and large genomic segments. The virus is related to a strain isolated in Ecuador in 2016.