ABSTRACT

Background and Objectives: Distinguishing primary biliary cholangitis (PBC) from other cholestatic diseases at the histological level could be assisted by new methods, such as immunohistochemical staining of specific antigens. 

Methods: We evaluated whether the detection of promyelocytic leukemia protein (PML) can serve as a specific and sensitive marker for PBC diagnosis. Liver biopsies from 26 PBC patients, 20 primary sclerosing cholangitis (PSC), 37 viral hepatitis, 11 non-alcoholic steatohepatitis (NASH) and 5 normal patients were investigated after immunostaining with the anti-PML monoclonal PG-M3, IgG1 antibody. 

Results: Immunoreactivity in bile ducts was expressed by the PML-score (quotient of positive ducts to the total number of portal tracts multiplied by 2). PML-score was higher in PBC as compared to controls ($P < 0.001$). Using a cutoff of 0.18, PML-score proved highly sensitive (84.6%) and specific (89.7%) for confirming PBC as compared to only 5% of PSC, 9.1% of NASH and 13.5% of viral hepatitis patients ($P < 0.001$). Irrespective of the underlying disease, patients with PML-score > 0.18 were older ($P = 0.007$), more often females ($P < 0.001$) with higher ALP ($P < 0.001$), γ-GT ($P = 0.001$) and IgM ($P < 0.001$) compared to the patients with PML-score < 0.18. 

Conclusions: We postulate that a simple PML immunohistochemical test could be sufficient for histopathological discrimination of PBC in problematic cases of undefined cholestatic disorders, including small-duct PSC and AMA-negative PBC cases.

Key words: primary biliary cholangitis, primary sclerosing cholangitis, anti-nuclear antibodies, anti-PML antibodies, immunohistochemical staining

INTRODUCTION

Primary biliary cholangitis (PBC) is an autoimmune cholestatic liver disease that primarily affects middle-aged women, characterized by progressive destruction and loss of small intrahepatic bile ducts, progressive fibrosis and the eventual development of cirrhosis and liver failure.[1,2] Anti-mitochondrial antibodies (AMA) are considered the laboratory hallmark of the disease, being detected in 90%–95% of patients.[3,4] Additionally, more than 60 autoantibodies have been explored in PBC patients including anti-nuclear antibodies (ANA).[3–7] However, none of them has been proven to associate strongly with disease pathogenesis.

ANA in PBC mainly involve antibodies against many autoantigens including sp-100 (anti-sp100), gp210 (anti-gp210), lamin B receptor (anti-LBR), promyelocytic leukemia (anti-PML), p62 (anti-p62), sp140, centromere, Kelch-like 12 and hexokinase-1.[8–10] Using indirect immunofluorescence (IIFL) on HEp2 cells, they produce distinct patterns: homogeneous, multiple nuclear dot (MND), speckled, centromere, or rim-like/membranous (RLM).[3–5] ANA patterns highly specific for PBC diagnosis include the RLM-pattern (characteristic for anti-gp210, anti-LBR, or anti-PML presence) and the MND-pattern (characteristic for anti-sp100 and/or anti-PML presence).[3–5] Anti-PML and anti-sp100 antibodies, which co-localize in intra-nuclear structures called PML-nuclear...
bodies (PML-NBs), are usually detected simultaneously in the sera of patients\(^5\),\(^8\),\(^12\) being induced by interferons.\(^{13}\)

Liver biopsy is still needed in cases negative for the PBC-specific antibodies, or when concurrent autoimmune hepatitis (AIH) or other variant forms or non-alcoholic steatohepatitis (NASH) is suspected or when there is presence of other extrahepatic comorbidities.\(^{14,15}\) PBC staging is based on the degree of bile duct damage, inflammation and fibrosis.\(^{16,17}\) Focal duct obliteration with granuloma is almost pathognomonic. However, the lesions may have heterogeneous distribution and histological features characterizing different stages can be seen in the same liver biopsy specimen.\(^{18-20}\)

An old, yet still standing diagnostic challenge is the histological discrimination of diseases presenting with lesions under the terminology of non-suppurative cholangitis. Granulomatous, lymphoid, fibrous (fibrous-obliterative) and pleomorphic cholangitis are the four subtypes of non-suppurative cholangitis.\(^{21}\) Apart from PBC, primary sclerosing cholangitis (PSC) and viral hepatitis, especially hepatitis C virus (HCV), may present with some forms of non-suppurative cholangitis that have to be distinguished from PBC. The distinction could be even more difficult between PBC and PSC as these diseases not only share some common clinical features but also histological ones. New diagnostic approaches and methods, like immunohistochemistry on liver tissues could help towards the morphologic distinction of the diseases.

Under this context, the presence of specific antigens could be helpful not only for disease characterization and differential diagnosis, but also for significant pathogenetic implications; therefore, in this preliminary study, we evaluated the specificity, sensitivity and diagnostic accuracy along with the potential clinical significance of PML detection in the nuclei of bile ducts in PBC biopsies as similar data on this issue is missing. Patients with PSC, viral hepatitis and NASH were also investigated consisting the disease control group.

**MATERIALS AND METHODS**

**Subjects**

Twenty-six consecutive patients fulfilling all three diagnostic criteria for PBC (elevated cholestatic enzymes, liver histology and AMA positivity [titre \(\geq 1:40\)]\(^{1-4}\)) were included in the study. Within the same period, we investigated 20 PSC, 11 NASH and 37 patients with viral hepatitis (25 with chronic hepatitis B virus [HBV] and 12 with chronic HCV infections) who served as the disease control groups while 5 liver specimens from healthy subjects obtained during routine cholecystectomy served as healthy controls. Healthy subjects had apparently no evidence of chronic liver disease and normal alanine aminotransferase (ALT) values, tested negative for HBV and HCV and denied ever having used hepatotoxic drugs, herbs, or having abused alcohol or injected drugs. The demographic, clinical, laboratory and histological characteristics of patients included in the study are shown in Table 1. Diagnosis of PSC, NASH, HBV and HCV was based on recent clinical practice guidelines.\(^{22-26}\)

Aspartate aminotransferase (AST), ALT, alkaline phosphatase (ALP), gamma-glutamyltranspeptidase (\(\gamma\)-GT), total bilirubin (Tbil), albumin and IgM immunoglobulin were determined using standard techniques. The Mayo-risk score, GLOBE-score and Paris II criteria of response to treatment were calculated in PBC patients.\(^{27-29}\) The ethical committee of the General University Hospital of Larissa approved the study protocol, which conforms to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in a priori approval by the institution’s human research committee.

**Immunohistochemical detection of PML in bile ducts**

Formalin-fixed, paraffin-embedded liver tissues were sectioned at 3 to 5 \(\mu\)m thickness, mounted on silane-coated slides and dried overnight at 37°C. The sections were then dewaxed, by sequential immersion in xylene, graded concentrations of ethanol, and distilled water. Antigen retrieval was performed by heating the slides in covered glass Coplin jars with 0.01 mol/L sodium citrate buffer (pH 6.0), three times for 5 minutes, at 700 W, in a microwave oven. The sections were then allowed to cool down at room temperature for approximately 15 minutes, in Tris-buffered saline with Tween (TBST), and subjected to immunostaining procedure, as described below.

Sections were placed in 3% hydrogen peroxide solution for 10 minutes and then washed with TBST, followed by the incubation of the slides with the primary antibody for 30 minutes. PML protein was labelled with the monoclonal mouse anti-Human PML Protein (DAKO), clone: PG-M3, isotype IgG1, kappa, in 1:50 dilution. The sections were then washed with TBST and Envision polymer (EnVisionTM Detection system, K5007, Dako) was applied for 30 minutes. The sections were washed with TBST and incubated with 3,3’-diaminobenzidine for 5 minutes. The sections were washed again with TBST and counterstained for 3 minutes in 10% Harris hematoxylin. Then, the sections were rinsed with running tap water and distilled water. Thereafter, the sections were dehydrated with graded ethanol and xylenes and cover slipped. Negative controls consisted of substitution of primary antibody with pre-immune serum or application of chromogen alone.
Quantification of PML protein immunostaining was achieved by the estimation of a PML-score. In each liver biopsy, both the number of portal tracts and the number of interlobular bile ducts (not the small, peripherally placed ductules) showing PML immunostaining were counted by two experienced pathologists (G.K. and R.P.) who were unaware of the clinical diagnosis. The quotient of “positive” bile ducts to the total number of portal tracts was multiplied by 2, when the intensity of the immunohistochemical detection was so strong that could be seen by the observer with the use of low power objective lens of the microscope. Thus, maximum PML-score value could be 2, and minimum 0.

**Autoantibody detection in patients’ sera**

Presence of AMA and ANA was initially detected by IIFL on 5 mm fresh frozen sections of in-house rodent multiorgan (kidney, liver and stomach) tissue substrates using, as revealing reagent, a rabbit anti-human Ig-fluorescein isothiocyanate conjugate (FITC; IgG, IgA, IgM, k and l; Dako Ltd, Denmark), as we described previously.[30–32] Serum samples were screened at a dilution of 1/40 in accordance with our laboratory practice. AMA reactivity was further evaluated by a commercial ELISA (QUANTA Lite®M2-EP [MIT3] ELISA; INOVA Diagnostics, Inc San Diego, CA)[33] and by Western immunoblot using the mitochondrial fraction of rat liver extracts.[34,4]

To better define the ANA pattern, all the sera were also evaluated by IIFL using commercially available HEp-2 cells (NOVA Lite®HEp-2 ANA kit, INOVA Diagnostics).[31,34] In addition, all the sera were further tested by a commercial immunoblot assay which uses purified, biochemically characterized antigens (EUROLINE profile autoimmune liver diseases [AMA-M2, M2-3E, Sp100, PML, gp210, LKM-1, LC-1, SLA/LP, Ro-52], EUROIMMUN, Germany) for anti-PML and anti-sp100 antibodies, according to manufacturer’s instructions.

**Liver histology**

Histological diagnosis was performed by an experienced hepatopathologist (G.K.) who was unaware of the clinical and laboratory data of the patients. Liver biopsies of PBC patients were assessed according to Ludwig’s classification.[14]

**Statistical analysis**

Results are expressed as median (range) and mean±SD, where appropriate. Data were analyzed by two χ² with Yates’ correction test, Fisher’s exact test and Mann-Whitney U test. The receiver operating characteristic (ROC) was used for the estimation of the area under the curve (AUC), sensitivity and specificity. A two-sided t-test value of P < 0.05 was considered as statistically significant.

**RESULTS**

Representative intense and diffuse nuclear PML immunohistochemical staining of ductal epithelial cells in interlobular bile ducts of PBC cases are shown in Figures 1 and 2 whereas, no immunostaining is seen in a representative PSC case (Figure 3).

PML-score was significantly higher in patients with PBC than in the total number of patients of the disease controls (0.666 [0–2] μt 0 [0–1]; P = 0.001). More specifically, PML-score was higher in PBC patients than in each disease control group (PSC: 0 [0–0.583], NASH: 0 [0–0.5], viral hepatitis: 0 [0–1], P < 0.0001 for each comparison) while the PML-score did not differ among PSC, NASH and viral hepatitis patients (Figure 4).
The ROC for PML-score is shown in Figure 5. The AUC was 0.917 (95% CI: 0.84–0.99). The sensitivity and specificity for the histological diagnosis of PBC at the cut-off point of PML-score 0.18 was 84.6% and 89.7%, respectively (Table 2). Using this cut-off point, patients were divided into two groups: those who were “positive” (PML-score > 0.18) and those who were “negative” (PML-score < 0.18). Accordingly, 84.6% (22/26) PBC patients were “positive” compared to only 5% (1/20) of PSC patients, 9.1% (1/11) of NASH, 13.5% (5/37) of those with chronic HBV and HCV and none of healthy ($P < 0.001$ for each comparison, Figure 6).

In addition, ANA by IIFL were positive in 13/26 (50%) PBC, 19/20 (95%) PSC, 7/11 (63.6%) NASH, 16/37 (43%) patients with chronic viral hepatitis and in none of the healthy patients. However, MND-pattern on HEp2 cells was detected in 4/13 (30%) ANA-positive with PBC, 2/7 (28.5%) with NASH, 1/16 (6%) with chronic viral hepatitis and in none of the PSC patients. Of note, all the 4 patients with PBC and MND-pattern on HEp2 had PML-score > 0.18 on liver histology, while the 3 patients of the control groups with MND-pattern had “negative” PML-score. Furthermore, 4/26 (15.4%) PBC patients were positive for anti-PML antibodies by immunoblot (none of the disease and healthy controls was positive), while 5/26 (19%) PBC patients were anti-sp100 positive (only 1 patient with NASH was anti-sp100 positive). Of those 4 and 5 PBC patients, 1 patient who was positive for both autoantibodies (anti-PML and anti-
sp100), also had MND-pattern on HEp2. Finally, all the 4 PBC/anti-PML positive and 4 PBC/anti-sp100 positive patients by immunoblot had PML-score > 0.18, while 1 PBC/anti-sp100 positive and the 1 NASH/anti-sp100 positive patient did not show PML immunostaining on liver biopsy.

Although the number of PBC patients with PML-score < 0.18 was limited (n = 4), we compared these patients with the rest PBC patients with PML-score > 0.18 (n = 22). All the 4 PML-score “negative” patients had an early stage disease on liver biopsy (1 or 2 according to Ludwig’s classification), although this did not reach statistical significance when compared with the PML-score “positive” PBC patients. In addition, PBC patients with “positive” PML-score had higher TBil levels than the PML-score “negative” patients (0.65 [0.4–1.59] vs 0.4 [0.35–0.7]; P = 0.03). The GLOBE- and Mayo-risk scores as well as Paris II criteria of response to treatment did not differ between the two groups (data not shown).

Finally, when the PML “positive” and “negative” patients were taken into account irrespective of the kind of the underlying liver disease, the PML “positive” patients were older (P = 0.007), more often females (P < 0.001) and had higher ALP (P < 0.001), γ-GT (P = 0.001) and IgM levels (P < 0.001) compared to the PML “negative” patients (Table 3). Of interest, PML positive immunostaining in patients with chronic HBV and HCV was associated with a previous history of interferon therapy (P = 0.06). Indeed, all 5 out of 37 patients from the viral hepatitis group who tested “positive” (PML-score > 0.18) had received interferon therapy (5 out of 19 patients who received interferon alpha-based treatment; 26.3%).

**DISCUSSION**

In this study, we demonstrated for the first time in the English literature, a significantly higher frequency of immunohistochemical PML detection in PBC compared to other liver diseases, including PSC. Therefore, the PML immunostaining could be considered as a provisional histological marker of PBC (Figures 1, 2).

To the best of our knowledge, so far, only one study presented as an abstract has investigated the immunohistochemical PML detection indicating that PML-expression correlates significantly with the PBC stage and activity while a protective effect of PML on hepatocellular cancer development in PBC was also proposed. However, no disease controls were included in that study.
Table 3: Characteristics of patients with “positive” (PML > 0.18) and “negative” (PML < 0.18) scores.

| Patients characteristics | PML score > 0.18 | PML score < 0.18 | P  
|--------------------------|------------------|------------------|------
| Age (years)              | 53 (32–73)       | 45 (16–76)       | 0.007
| Sex                      |                  |                  |      
| Male (%)                 | 6 (20.7)         | 44 (67.7)        | < 0.001
| Female (%)               | 23 (79.3)        | 21 (32.3)        |      
| AST (U/L, ULN:40)        | 38 (12–204)      | 37 (16–1286)     | NS   
| ALT (U/L, ULN: 40)       | 46 (9–324)       | 54 (9–1251)      | NS   
| ALP (U/L, ULN: 104)      | 129 (41–677)     | 73 (34–647)      | < 0.001
| γ-GT (U/L, ULN: 40)      | 87 (22–883)      | 38 (7–874)       | 0.001
| IgM (mg/dL)              | 247 (35.2–834)   | 105 (37–378.2)   | < 0.001
| TBil (mg/dL, ULN: 1)     | 0.7 (0.35–1.6)   | 0.7 (0.4–4.8)    | NS   
| Albumin (g/dL)           | 4.2 (3.18–5)     | 4.3 (3.2–5.5)    | NS   
| Cirrhosis (yes/no)       | 3/26             | 7/58             |      

Data are expressed as median (range). NS: not statistically significant; PML: promyelocytic leukemia protein; AST: aspartate aminotransferase; ALT: alanine aminotransferase; γ-GT: gamma-glutamyltranspeptidase; ALP: alkaline phosphatase; TBil: total bilirubin.

Our particular method of quantification, in fact semi-quantification, was selected for two reasons. First, in order to obtain a simplified PML-score to be used in different comparisons with other demographic, clinical and laboratory parameters of the patients and second, in order to represent accurately the histopathological impression gained after the thorough evaluation of the slides. During this evaluation, the pathologists involved in the study observed that in all the PBC cases, an intense staining of most nuclei in all the interlobular bile ducts was present. This picture was notable using a low power objective lenses of the microscope and it was considered a distinct feature of PBC cases and a feature distinguishing these cases from all the other cases of the study. This observation provided the rational for duplicating the PML-score in these cases. Unfortunately, other methods of quantification for example the usage of an appropriate software in order to measure, and not simply estimate, the extent and the intensity of immunoreactivity along with the pertinent equipment were not available.

Regarding the rational of expressing the number of “immunostained” interlobular ducts in relation to the number of portal tracts, the following comments can be made. We refer to interlobular bile ducts and not the small, peripherally placed ductules. In the presence of complexity created by different factors, such as, the nature of the material, the focally increased intensity of inflammation, the need to compare and evaluate concurrently different levels/sections, including the H&E slides, a less variable denominator was selected such as the number of portal tracts included in the biopsy. In our opinion, this approach does not affect the basic findings and it should also be noted that in some publications, ductopenia was also expressed as the quotient of bile duct number to the total portal tract number.

Interestingly, the PML tissue immunostaining showed an excellent correlation with the presence of serum anti-PML autoantibodies detected by immunoblot, which uses purified PML antigen as substrate. However, although 84.6% of liver biopsies from PBC patients were stained positive for PML, only 4/26 of these patients tested positive for anti-PML antibodies by immunoblot in serum samples. Other studies in PBC sera have reported different detection rates of anti-PML (range: 8.7%–42.3%) when line immunoassay was used,[35–38] while a prevalence of 19%–41.2% has been recorded when IIF, combination of immunoprecipitation and IIFL or immunoblotting were used.[39,40] However, the detection of an antigen on the target tissue significantly more frequently than the respective antibody in serum, could suggest its direct implication in disease pathogenesis and this might be of utmost importance. In addition, the immunohistochemical PML detection on liver PBC specimens seem to carry high specificity. This finding is in parallel with studies in serum, which highlighted the high specificity of anti-PML autoantibodies for PBC diagnosis.[41]

The correlation of immunohistochemical PML detection with older age and increased ALP, γ-GT, TBil and IgM levels is concordant with other studies, which correlate the presence of anti-PML antibodies in serum samples of patients with more advanced liver disease.[34,38] Indeed, a recent study has shown that serum samples with double reactivity against PML and sp100 antigens characterize patients with more advanced liver disease even though, this specific subgroup in that study was relatively small ($n = 10$) to draw general conclusions.[38] On the other hand, our finding regarding the association of immunohistochemical PML detection with previous administration of interferon in the group of viral hepatitis patients is in line with the fact that interferon is one of the known factors that can induce the overexpression of PML.[13,42] Therefore, a previous
history of interferon therapy should be cautiously ruled out when a positive PML staining is detected.

Of note in acute PML t(15;17), the most common chromosomal translocation between PML and retinoic acid receptor a (RARa) genes is responsible for the production of the fusion protein PML-RARa, which is strictly connected with disease pathogenesis. In this context, the detection of PML by immunohistochemical staining on bone marrow and/or peripheral blood samples, serves as a sensitive and highly specific marker for acute PML diagnosis. Similarly, our results strongly suggest that there is an overexpression of PML in bile ducts of PBC (Figures 1,2). Interestingly, this finding seems to be unique and specific for PBC amongst other chronic liver diseases suggesting its potential use as an additional surrogate marker for PBC diagnosis. In acute PML, the administration of all-trans-retinoic acid (ATRA) or arsenic trioxide (As$_2$O$_3$) leads to the correction of PML expression and restoration of PML-NBs structure. These two chemical substances are highly effective for acute PML with minimal toxicity for the patients. Identifying the molecular basis of PML overexpression in PBC, one could suggest the use of ATRA or As$_2$O$_3$ in an attempt to reverse PML overexpression in bile ducts, as a new specific therapeutic target for PBC patients not responding to ursodeoxycholic acid.

Last but not least, our study was able to underscore that PML overexpression on liver tissue could serve as a strong marker in an attempt to differentiate among the four subtypes of non-suppurative cholangitis. Such a differentiation that could not be achieved by morphological criteria alone, now can be accomplished by immunohistochemical staining. Indeed, the characteristic pattern of PML overexpression across PBC bile ducts along with its excellent specificity and sensitivity could assist in the differential diagnosis of the underlying clinical condition even when no other clinical or laboratory data is available.

In conclusion, our results demonstrated that immunohistochemical detection of PML on liver tissue may serve as a much more sensitive and specific marker for PBC compared to the respective detection of ANA PBC-specific antibodies in serum. This immunohistochemical PML detection on PBC liver tissues is almost comparable to the detection of AMA in serum. Therefore, PML detection by immunohistochemical assays could be used at least as a potential new biomarker for the differential diagnosis of problematic cases like AMA-negative PBC and small duct PSC variant, or when other concurrent liver diseases are suspected such as, AIH, NASH or viral hepatitis. In addition, the characteristic pattern of PML distribution on the bile ducts in PBC, suggests that it could be implicated in disease pathogenesis and/or that the antigen may play a unique role in disease progression. However, further multicenter studies are needed in order to clarify this novel observation, which in turn may lead in the future to potential new diagnostic and therapeutic implications in PBC.

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Conflicts of Interest

All the authors have nothing to declare.

Informed Consent

Patients were not required to give informed consent to the study because the analysis used anonymous data that were obtained after each patient agreed to the standard diagnostic procedures and treatment of chronic liver diseases by oral consent.

Author Contribution

George N. Dalekos and George K. Koukoulis: Conception and design of the work, data interpretation, critical revision of the manuscript and final approval of the version to be published; George N. Dalekos: Diagnosis and treatment of patients; George K. Koukoulis: Histological diagnosis; Panagiotis Papamichalis, Nikolaos Gatselis and Kalliopi Zachou: Treatment of the patients, laboratory investigation, collection of the data, formal analysis, writing the first draft of the manuscript and final approval of the version to be published; Roidoula A. Papamichali and Maria Ioannou: Histological investigation, collection and interpretation of the data and final approval of the version to be published.

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