RESEARCH ARTICLE

Antibiotic-induced gut metabolome and microbiome alterations increase the susceptibility to Candida albicans colonization in the gastrointestinal tract

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One sentence summary: Gut metabolites and microbiome regulate the gastrointestinal colonization of C. albicans.

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ABSTRACT

Antibiotic-induced alterations in the gut ecosystem increases the susceptibility to Candida albicans, yet the mechanisms involved remains poorly understood. Here we show that mice treated with the broad-spectrum antibiotic cefoperazone promoted the growth, morphogenesis and gastrointestinal (GI) colonization of C. albicans. Using metabolomics, we revealed that the cecal metabolic environment of the mice treated with cefoperazone showed a significant alteration in intestinal metabolites. Levels of carbohydrates, sugar alcohols and primary bile acids increased, whereas carboxylic acids and secondary bile acids decreased in antibiotic treated mice susceptible to C. albicans. Furthermore, using in-vitro assays, we
confirmed that carbohydrates, sugar alcohols and primary bile acids promote, whereas carboxylic acids and secondary bile acids inhibit the growth and morphogenesis of C. albicans. In addition, in this study we report changes in the levels of gut metabolites correlated with shifts in the gut microbiota. Taken together, our in-vivo and in-vitro results indicate that cefoperazone-induced metabolome and microbiome alterations favor the growth and morphogenesis of C. albicans, and potentially play an important role in the GI colonization of C. albicans.

**Keywords:** Candida albicans; metabolome; microbiome; growth; hyphal formation and gastrointestinal colonization

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**INTRODUCTION**

*Candida albicans*, an opportunistic eukaryotic pathogen present in healthy gastrointestinal (GI) tracts, is harmless to the immunocompetent human host and co-exists harmlessly with resident microbiota (Fan et al. 2015; Neville, d’Enfert and Bougnoux 2015). *Candida albicans* colonization is normally asymptomatic and yeast cells often exist as avirulent entities in the gut ecosystem (Fan et al. 2015; Neville, d’Enfert and Bougnoux 2015). Emerging evidences indicate that *C. albicans* found in the gut have been increasingly found to contribute and play an active role in health and diseases by modulating the gut-brain axis and elevating Clostridium difficile infections. These examples demonstrate the newly appreciated role of the mycobiome in human health (Gerard et al. 2015; Kantarcioglu, Kiraz and Aydin 2016; Chu et al. 2018; Enaud et al. 2018; Stamatiades et al. 2018; Tso et al. 2018; Zuo et al. 2018). Therefore, elucidating the GI colonization of *C. albicans* will have broad implications for our understanding of the gut mycobiome, which is an underappreciated aspect of microbiome research.

Although the majority of *C. albicans*-host interactions are asymptomatic, administration of broad-spectrum antibiotics increases the risk of *C. albicans* infections by increasing the frequency and magnitude of GI colonization by *C. albicans*; furthermore, the source of systemic infection is often confirmed to be the GI tract (Kennedy et al. 1987; Meijer-Severs and Joshi 1989; Samonis et al. 1993; Cole, Halawa and Anaissie 1996; Krause et al. 2001; Nucci and Anaissie 2001; Krause et al. 2003; Sahni et al. 2005; Miranda et al. 2009; Nerandzic et al. 2012; Guastalegname et al. 2013; Delaloye and Calandra 2014; Raponi et al. 2014; Zuo et al. 2018). The transition from yeast to hyphal cell morphology is central to *C. albicans* pathogenesis. Oval-shaped yeast cells begin to elongate and branch, creating a filamentous network that evolve to form hyphae. The ability of *C. albicans* to attach and diseminate from the GI tract is associated with its capacity to undergo a morphological transition from yeast to hyphae, which allows the organism to attach, invade and perpetuate disease (Lo et al. 1997; Gale et al. 1998; Bendel et al. 1999; Toenjes et al. 2005; Carlisle et al. 2009; Fazly et al. 2013; Pande, Chen and Noble 2013; Bar-Yosef et al. 2017; Mendelsohn et al. 2017; Vila et al. 2017). The mammalian GI tract is loaded with numerous signals that regulate *C. albicans* growth and morphogenesis, and therefore understanding of the microbiota and metabolite signatures that control this transition would provide insight into the balance between commensalism and invasive infection.

As many of the inter-species interactions in the gut are mediated by metabolites produced by the gut microbiota, recent findings indicate that metabolites secreted, modulated or degraded by the microbiome play a critical role in shaping susceptibility of the gut community to invading pathogens (Theriot et al. 2014; Buffe et al. 2015; Theriot, Bowman and Young 2016; Suez and Elinav 2017; Kohli et al. 2018; Seekatz et al. 2018). However, the role of gut metabolome in the GI colonization and pathogenesis of *C. albicans* is poorly understood. In mice and humans, antibiotic treatment not only alters the gut microbiota but ultimately changes the composition of the gut metabolites (Young and Schmidt 2004; Dethlefsen and Relman 2011; Theriot et al. 2014; Fan et al. 2015; Theriot, Bowman and Young 2016). Therefore, to better understand the complex interaction between *C. albicans*, the metabolome and the microbiome, we used a combination of mass spectrometry, 16S ribosomal RNA amplicon gene sequencing and in-vitro studies to define the functional changes in the gut that accompany the susceptibility to this fungal pathogen.

The results from this study along with our previous findings (Guinan and Thangamani 2018; Guinan, Villa and Thangamani 2018; Thangamani et al. 2018) indicate that alterations in the levels of gut metabolites as a result of antibiotic treatment correlate to increased growth and hyphae formation of *C. albicans* inhabiting the GI tract. Theecal contents of antibiotic-treated mice susceptible to *C. albicans* GI infection had significantly increased levels of carbohydrates and primary bile acids, and decreased levels of secondary bile acids and carboxylic acids. Furthermore, our results indicate that carbohydrates and primary bile acids promotes growth, whereas secondary bile acids and carboxylic acids inhibit *C. albicans* growth and morphogenesis in vitro. Taken together, this study indicates that altered levels of cecal metabolites in antibiotic-treated mice may remove an essential barrier to *C. albicans* overgrowth in the GI tracts of colonized animals, and may play a critical role in the GI colonization of this fungal pathogen.

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**MATERIALS AND METHODS**

**Mice studies**

The *C. albicans* SC5314 strain used in this study was kindly provided by Dr. Andrew Koh (University of Texas Southwestern Medical Center) (Fan et al. 2015). Male and female C57BL/6 J mice (five to six mice per group) were supplemented with sterile water with or without cefoperazone (0.5 mg/mL) (Theriot et al. 2011). After 7 days of antibiotic treatment, groups of non-treated or cefoperazone treated mice were infected with *C. albicans* SC5314 via oral gavage at a dose of approximately 4 × 10⁸ CFU per mouse as described before (Guinan and Thangamani 2018). After 10 days of infection, fecal samples were collected from individual mice to determine the fungal load as described before (Guinan and Thangamani 2018). Briefly, 100 μL of homogenized fecal samples were serially diluted in PBS and plated on to YPD agar containing kanamycin, streptomycin and ampicillin to determine the fungal CFU count in fecal content. Mice were euthanized and the fecal contents were collected for metabolomics, microbiome analysis and *ex-vivo* assays.

**Ex-vivo hyphae assays**

Gut contents from non-treated and antibiotic treated C57BL/6 J mice were obtained. A total of 70–100 mg of each sample was added into 70–100 μL of PBS and vortexed vigorously for 30 seconds. The samples were then centrifuged at 1000 rpm for 2
minutes, and the supernatant was collected into a new 1.5 mL microcentrifuge tube. For the hyphae assay, two medium sized C. albicans SC5314 colonies were inoculated into 1 mL of 1X PBS and vortexed. 10 μL of PBS containing C. albicans SC5314 was added to 70 μL of each sample. Samples were then incubated at 37°C for 3 hours and centrifuged at 1000 rpm for 2 minutes and fixed with 2% paraformaldehyde. Candida albicans was stained using primary and secondary antibodies at a dilution of 1:100 and 1:500, respectively, as described before (Guinan and Thangaman 2018). After staining, fungal cells were gently resuspended in 100 μL of PBS and plated onto a non-treated sterile 96-well plate. Cells were then imaged (40X) using a Keyence BZ-X700 microscope and analyzed with Keyence Analyzer software.

**Metabolomics**

(i) **Aqueous Metabolites:** Frozen cecal samples were thawed, and the initial step for protein precipitation and metabolite extraction was performed by adding 500 μL MeOH and 50 μL internal standard solution (containing 1810.5 μM 13C3-lactate and 142 μM 13C3-glutamic acid). The mixture was then homogenized and vortexed for 10 seconds and stored at −20°C for 30 minutes, followed by centrifugation at 14 000 RPM for 10 minutes at 4°C. The supernatants collected were dried using a CentriVap Concentrator (Labconco, Fort Scott, KS). The dried samples were reconstituted in 40% PBS/60% ACN prior to LC-MS analysis. The targeted LC-MS metabolomics was performed on an Agilent 1290 UPLC-6490 QQQ-MS system (Santa Clara, CA) as described before (Zhu et al. 2014; Carroll et al. 2015; Gu et al. 2015; Gu et al. 2016; Buas et al. 2017; Li et al. 2018a; Jasbi et al. 2019; Shi et al. 2019). Briefly, chromatographic separations were performed in hydrophilic interaction chromatography (HILIC) mode on a Waters XBridge BEH Amide column (150 × 2.1 mm, 2.5 μm particle size, Waters Corporation, Milford, MA). The flow rate was 0.3 mL/minute, auto-sampler temperature was kept at 4°C, and the column compartment was set to 40°C. The mobile phase was composed of Solvents A (10 mM ammonium acetate, 10 mM ammonium hydroxide in 95% H2O/5% ACN) and B (10 mM NH4OAc, 10 mM NH2OH in 95% ACN/5% H2O). After an initial 1-minute isocratic elution of 90% B, the percentage of Solvent B decreased to 40% at t = 11 minutes. The composition of Solvent B was maintained at 40% for 4 minutes (t = 15 minutes), after which the percentage of B gradually went back to 90%, to prepare for the next injection. Mass spectroscopy was performed with an electrospray ionization (ESI) source. Targeted data acquisition was performed in multiple-reaction-monitoring (MRM) mode. We monitored 118 and 160 MRM transitions in negative and positive mode, respectively (278 transitions in MRM) mode. We monitored 118 and 160 MRM transitions in negative and positive mode, respectively (278 transitions in MRM) mode. The total experimental time for each injection was 40 minutes. Bile acid identities were validated by spiking mixtures of standard compounds.

(ii) **Bile Acid Analysis:** Bile acids were extracted from cecal contents using methods reported elsewhere (Zhang and Klaassen 2010; Ginos et al. 2018; Li et al. 2018b). Briefly, 60 mg frozen pellets of flushed intestinal content were homogenized with a 10 μL solution of five internal standards (CA-D4, LCA-D4, DCA-D4, GCA-D4 and GCDCA-D4, 10 μM each) and methanol (500 μL), and then vortexed for 10 seconds. Samples were then stored at −20°C for 20 minutes for bile acid extraction, followed by sonication in an ice bath for 10 minutes, and centrifugation at 14 000 RPM for 15 minutes at 4°C. Supernatants (500 μL) were vacuum dried and then reconstituted in MeOH/H2O (1:1, v/v) to 100 μL. Each prepared sample (2 μL) was injected into the LC-MS system (Agilent 1290 UPLC-6490 QQQ-MS) for analysis using negative ionization mode. The mobile phase was composed of two solvents: 5 mM NH4OAc in H2O with 0.1% AcOH (A) and ACN with 0.1% AcOH (B). After 1 minute of isocratic elution of 75% solvent A, it decreased to 5% at t = 15 minutes. Composition was then maintained at 5% for 10 minutes, followed by an increase to 75% at t = 25 minutes. The total experimental time for each injection was 40 minutes. Bile acid identities were validated by spiking mixtures of standard compounds.

(iii) **Data Analysis:** Univariate testing was performed using SPSS 22.0 (SPSS Inc., Chicago, IL). Box plots of pertinent metabolites in addition to multivariate statistical analyses were performed using R. The data were log10-transformed prior to model construction. Heatmaps for detected metabolites were constructed and visualized using MetaboAnalyst software (Chong et al. 2018).

**Screening gut metabolites against C. albicans growth**

Freshly streaked colonies of C. albicans SC5314 were added to PBS to match 0.5 McFarland Standard turbidity and subsequently diluted 500-fold into YNB or RPMI media and seeded in 96-well microplates. Candida albicans was grown in the presence or absence of indicated gut metabolites and incubated at 30°C for 24 hours. After incubation, growth was measured using a spectrophotometer at OD600nm (BioTek Cytation 3). Carbohydrates and sugar alcohols were screened using YNB media with 0.05% ammonium sulfate; carboxylic acids that were dissolved using water or ethanol were screened using YNB media containing 0.05% ammonium sulfate and 0.2% D-glucose. Carboxylic acids dissolved in DMSO and bile acids were screened using RPMI media. Compounds were purchased from the commercial vendors and solvents used in this study were described in the supplementary materials.

**Screening gut metabolites against C. albicans hyphae formation**

The effect of gut metabolites on C. albicans hyphae was tested as described below. Three colonies of C. albicans SC5314 were added to 15 mL of RPMI + 30% FBS or YNB media. Media (500 μL) containing fungal cells were aliquoted to 1.5 mL tubes in the presence or absence of indicated gut metabolites and incubated at 37°C for 3–5 hours. After incubation, 1.5 mL tubes were vortexed vigorously and 5 to 20 μL were added to 96-well microplates containing 50 μL PBS. After C. albicans cells settled to the bottom of the wells, fungal cells were imaged using a Keyence BZ-X700 microscope at 40X magnification as described above in the *ex vivo* assay. Carbohydrates were screened using YNB media with 0.05% ammonium sulfate. Carboxylic acids and inhibitory bile acids were screened in RPMI + 30% FBS. Furthermore, primary bile acids were tested using YNB media containing 0.2% D-glucose.

**Microbiome library preparation and sequencing**

Bacterial community analysis was performed via next generation sequencing in MiSeq Illumina platform. Amplicon sequencing of the V4 region of the 16S rRNA gene was performed with the barcoded primer set 515f/806r designed by Caporaso et al. (2011) and following the protocol by the Earth Microbiome Project.
Project (EMP) (http://www.earthmicrobiome.org/emp-standard-protocols/) for library preparation. PCR amplifications for each sample were done in triplicate, then pooled and quantified using Quant-it™ PicoGreen® dsDNA Assay Kit (Invitrogen). A no template control sample is always included during the library preparation as a control for extraneous nucleic acid contamination. A total of 240 ng of DNA per sample were pooled and then cleaned using QIA quick PCR purification kit (QIAGEN). The pool was quantified by Illumina library quantification kit A/B Prism® (Kapa Biosystems). Then, the DNA pool was diluted to a final concentration of 4 nM then denatured and diluted to a final concentration of 4 pM with a 15% of PhiX. Finally, the DNA library was loaded in the MiSeq Illumina and run using the version 2 module, 2 × 250 paired-end, following the directions of the manufacturer.

**Microbiome analysis**

Microbiome sequences were analyzed using Qiime2 (2018.11). Sequences were demultiplexed and filtered for quality using DADA2. Sequences were aligned using mafft and a phylogenetic tree was constructed from the aligned sequences by fasttree. Alpha diversity metrics (Observed OTUs, Evenness, Shannon’s, and Faith’s PD) and beta diversity metrics (weighted and unweighted unifrac distances, Bray–Curtis distance and Jaccard distance) were calculated with a sampling depth of 11 000.

Taxonomic analysis was performed using a classifier trained with Greengenes 13,8 99% OTUs. Taxonomic bar plots were created using R (R Core Team) packages Reshape and ggplot2 (Caporaso et al. 2010). Relative abundances for OTUs were calculated in R using the gplots package. OTUs with less than 1% abundance across all samples were grouped together and categorized as ‘Other’. Faith’s Phylogenetic Diversity (Faith PD) was calculated with the Qiime2 pipeline. Kruskal–Wallis pairwise comparison was used to determine statistical significance (P value ≤ 0.05).

**Microbiome and metabolome correlation analysis**

A matrix of with metabolites (either from the carbohydrate or carboxylic acid compound class) were Spearman correlated to a matrix of phylum OTUs from the same group using the Hmisc package in Rstudio version 1.1447. The resulting correlation matrix was combined for Group A, Group B, Group C and Group D for heatmap visualization. The RcolorBrewer package alongside gplots were used for making heatmaps in a R studio environment.

**PICRUSt analysis**

Functional identification of 16S rRNA gene content as determined by PICRUSt was utilized for discriminatory analysis and biomarker assessment via LEfSe, a tool that determines candidate markers from multivariate data sets using a ranked-sum Kruskal–Wallis statistical test followed by linear discriminant analysis to determine the effect size for each putative marker (Segata et al. 2011; Langille et al. 2013; Berlanga, Palau and Guerrero 2018). Output from PICRUSt were inputted into the LEfSe pipeline to determine LDA (Linear discriminant analysis) scores for predicted functional identifications. From this, the four groups in this study were classified according to the most predicted prominent features. Based on a criteria of LDA score >3.00 and a statistical significance level of P < 0.05, the top features from each Group housed under metabolic compartments: amino acid metabolism, carbohydrate metabolism, cell wall metabolism, nucleotide metabolism, fatty acid metabolism and lipid metabolism. Other gene products implicated as differential but did not comport with the five groupings were classified as ‘Other’. Due to the skewed dispersion of the predicted 16S rRNA gene counts, the PICRUSt was normalized to unity prior to visualization of the results via heatmap. After normalization of OTU counts from 0 to 1, the resulting matrix was plotted for all 4 groups using the heatmap.2 function in base R Studio version 1.1447.

**Ethics statement**

All animal protocols were approved by Midwestern University Institutional Animal Care and Use Committee (IACUC) as described before (Guinan and Thangamani 2018). The Institutional Animal Care and Use Committee at Midwestern University approved this study under MWU IACUC Protocol #2894. The MWU animal care policies follow the Public Health Service (PHS) Policy on Humane Care and Use of Laboratory Animals and the policies laid out in the Animal Welfare Act (AWA).

**Statistical analysis**

The Student t-test was utilized for statistical analyses using GraphPad Prism 6.0 (GraphPad Software, La Jolla, CA) with P values of (‘ ≤ 0.05, ** ≤ 0.01) being considered significant.

**RESULTS**

Cefoperazone (cef)-treated mice promote the growth and morphogenesis of *C. albicans*

Given the previous reports that antibiotic treatment promotes the colonization of *C. albicans* in the murine GI tract (Wiesner et al. 2001; Fan et al. 2015; Schulte et al. 2015), we hypothesized that antibiotic induced changes in the gut metabolic environment favor GI colonization by *C. albicans*. To define the role of gut metabolites in the GI colonization of *C. albicans*, wild-type adult mice were given sterile water containing with or without the broad-spectrum antibiotic cefoperazone (Fig. 1A). One group of mice from the non-treated and cef-treated groups were infected with *C. albicans*. Following treatments and infection with *C. albicans*, mice in each group were split into two sets. Gut contents from one set were harvested for metabolome and microbiome analysis, while mice in the other set were euthanized to determine the fungal load in the feces to evaluate susceptibility to *C. albicans* (Fig. 1A).

As expected, cef-treated mice had an almost 4-log10 increase in fungal load in the feces compared to non-treated infected mice (Fig. 1B). Since hyphal morphogenesis has been established as a key virulence factor, we studied the effect of antibiotic treatment on *C. albicans* morphogenesis. *Candida albicans* colonize along the entire GI tract including the stomach, small intestine, cecum and large intestine (Bohm et al. 2017; Witchley et al. 2019). Therefore, we investigated the effect of antibiotic treatment on *C. albicans* hyphae morphogenesis in gut contents from different segments of the GI tract. Interestingly, our results indicate that *C. albicans* grown *ex vivo* from the stomach, small intestines and large intestines of non-treated and cef-treated mice mainly existed as the yeast form (Fig. 1C). However, *C. albicans* grown *ex vivo* in the cecal content from cef-treated, but not from control mice readily undergo morphogenesis and exist as a mixture of yeast and hyphae forms (Fig. 1C).
The % of hyphae in the cecal content from cef-treated mice is significantly higher than non-treated mice. More than 10% of fungal cells grown ex vivo in cecal content from cef-treated mice undergone hyphal morphogenesis (Fig. 1D). These results suggest that cefoperazone-induced alterations in the cecum may potentially favor hyphal morphogenesis in C. albicans. In addition, fungal load (Fig. 1B) in feces have been shown to correlate to CFU counts in gut contents, including cecum (Guinan and Thangamani 2018). Taken together, these results indicate that cefoperazone treatment promotes the growth and morphogenesis of C. albicans, and potentially creates an environment favoring the GI colonization of pathogen.

Cefoperazone treatment alters the composition of cecal metabolome

To examine the composition of the cecal metabolome in the non-treated and cef-treated groups, cecal contents were analyzed using mass spectrometry to identify the metabolites belonging to the (i) Kyoto Encyclopedia of Genes and Genomes metabolic pathways (KEGG), which includes amino acids, carbohydrates, lipids, peptides, xenobiotics; and (ii) bile acids. Metabolites that were significantly different between non-treated and cef-treated groups are shown in heat map form (Fig. 2A and B and Figure S1–2, Supporting Information). The cecal metabolome of the cef-treated mice was associated with relative increases in carbohydrates and sugar alcohols compared to non-treated groups (Fig. 2A; Figure S1–2, S3 Data, Supporting Information). Treatment with cefoperazone increased the relative levels of adonitol, l-arabinose, dulcitol, galactitol, d-mannitol, lactose, trehalose and xylitol. The only carbohydrates to show a significant decrease were glucose and mannose. Furthermore, we examined if infection with C. albicans has any effect on these metabolites. Results indicate that C. albicans infection showed a considerable increase in xylose in both non-treated and cef-treated groups (Fig. 2A and Figure S2, Supporting Information).

While most carbohydrates and sugar alcohols significantly increased after cefoperazone treatment, the majority of other metabolites including amino acids, vitamins and carboxylic acids were significantly decreased in the cef-treated groups (Fig. 2A; Figure S2 and S3 Data, Supporting Information). The majority of the carboxylic acids examined were significantly lower in antibiotic treated mice compared to control groups. Phthalic, non-adeconic, azelaic, salicylic, leucic, p-tolycetic, mandelic, glutamic, valeric, sebacic, pyroglutamic, pipercolinic, methylmalonic, urocanic, picolinic, pentadecanoic, ferulic and fumaric acid were consistent with this trend. The other carboxylic acids including citraconic acid, indoleacetic acid, malonic acid, suberic acid, shikimic acid, maleic acid, palmitic acid, glutaric acid and hexanoic acid were considerably increased with antibiotic treatment. Infection with C. albicans in control adult mice had little effect on the majority of the gut metabolites except the levels of maleic acid, which showed an appreciable increase. However, we found that ketoleucine, citroconic acid, feric acid levels were decreased, whereas 2-deoxyctydine, cytosine, xanthosine, guanosine, guanine, inosine, uridine, fumaric acid, fumarate, citrulline, 2-deoxyguanosine, nicotinamide levels were higher in antibiotic
treated mice infected with this fungi (Fig. 2A and Figure S2, Supporting Information).

Conjugated bile acids such as taurocholic acid (TCA), taurolithocholic acid (TLCA), taurodeoxycholic acid (TDCA), tauromuricholic acid (TMCA), taurohyodeoxycholic acid (THDCA), tauroursodeoxycholic acid (TUDCA) showed a significant increase, while secondary bile acids including deoxycholic acid (DCA), hyodeoxycholic acid (HDCA), ursohyodeoxycholic acid (UDCA), lithocholic acid (LCA), murocholic acid (MCA), cholic acid (CA) and cholic acid derivatives levels decreased in cef-treated mice (Fig. 2B; Figures S2 and S3 Data, Supporting Information). Interestingly, the cef-treated group (Group D) infected with C. albicans showed a considerable increase in cholic acid and hyocholic acid levels (Fig. 2Ba and Figure S2, Supporting Information). In conclusion, a diverse array of derivatized fatty acids, and bile acids, became significantly altered via cefoperazone treatment. Further infection with C. albicans in the cefoperazone treated mice considerably effected the composition of these metabolites.

Gut metabolites differentially regulate the growth of C. albicans in vitro

To define the relationship between relevant in vivo levels of gut metabolites in the cecal contents of cef-treated mice and C. albicans colonization of their GI tracts, we tested the effect of gut metabolites on C. albicans growth in vitro. Major metabolite groups including carbohydrates, sugar alcohols, carboxylic acids and bile acids that are predominantly different between non-treated and cef-treated groups were validated in vitro to determine their effects on C. albicans growth.

Carbohydrates including glucose and mannose had the largest impact on C. albicans growth. Glucose and mannose significantly increased the growth of this fungi by more than 100% compared to YNB media containing vehicle (Fig. 3A). Mannitol, sorbitol, xylose, adonitol and xylitol also significantly increased the growth of C. albicans (100–200%) compared to vehicle control (Fig. 3A). Other metabolites including raffinose, arabinose, trehalose, lactose, galactinol, galectitol and arabitol had little or marginal impact on C. albicans growth (Fig. 3A).

Carboxylic acids showed an inhibitory effect on the growth of C. albicans. Salicylic, p-tolyacetic, lactic acid and sebacic acid completely inhibited the growth of this fungi (Fig. 3A). 2-methylbutyric, picolinc, methylmalonic and fumaric acid significantly inhibited the growth of C. albicans by more than 75%, relative to the vehicle. Azelaic, palmitic, glutaconic, n-acetylmuramic, leucic and pentadeconoic acid all displayed 50–75% inhibition compared to vehicle. Shikimic, suberic, pipocolinic and n-acetylneuraminic acids had marginal or no effect on the growth of this fungi at the concentrations used in this study (Fig. 3A).

Bile acids showed a mixed trend. Conjugated bile acids promoted, whereas unconjugated secondary bile acids inhibited the growth of C. albicans (Fig. 3C). TCA, TCDC and CDCA significantly increased the growth by 30–50%, relative to vehicle control. DCA, i-DCA, LCA and i-LCA showed potent inhibition (70%) relative to vehicle control. HDCA and UDCA also significantly inhibited C. albicans growth by 20 to 30%. CA, TLCA, GCA and TDCA showed little or marginal effect at the concentrations used in this study (Fig. 3C). Taken together, we found carbohydrates and sugar alcohols promoted growth, carboxylic acids inhibited growth, while bile acids had differential effects on C. albicans growth in vitro.

Gut metabolites differentially regulate the C. albicans hyphae formation in vitro

The morphological transition from yeast to hyphae is a key determinant in the virulence potential of C. albicans. Therefore, inhibition of the morphological plasticity of C. albicans would...
substantially reduce its pathogenic potential, including host cell penetration and tissue damage (Lo et al. 1997; Toenjes et al. 2005; Fazly et al. 2013; Bar-Yosef et al. 2017; Vila et al. 2017). A variety of factors in the gut, including n-acetylglucosamine and bacterial peptidoglycan, regulate hyphal formation by *C. albicans* (Pispanen and Hogan 2008; Xu et al. 2008; Naseem et al. 2011). Therefore, we investigated the effect of gut metabolites on *C. albicans* hyphae formation.

Molecular classes belonging to carbohydrates, sugar alcohols, carboxylic acids and bile acids were tested for their effect on *C. albicans* hyphae development. Preliminary screening was carried out in YNB or RPMI + FBS medium to identify if metabolites promoted or inhibited hyphae formation. *Candida albicans* grown in YNB media incubated at 37°C for about 3 to 4 hours usually do not form hyphae. However, fungal cells grown in nutrient rich RPMI media containing 30% FBS form massive hyphae in 3 to 4 hours of incubation at 37°C. These different growth conditions were used to examine the effect of metabolites on hyphae formation. Interestingly, our results indicate that gut metabolites differentially regulate hyphae formation (Figure S4–6, Supporting Information).

Metabolites such as xylitol, mannitol, TLCA, TDCA, TCA, TCDCA, mannose and glucose significantly promoted *C. albicans* hyphae formation in YNB media compared to control group (Fig. 4A). TLCA, TDCA, mannose and glucose induced hyphae, pseudohyphae, or germ tube like structures in about 5–10% of fungal cells (Fig. 4B). Xylitol, TCA and TCDCA also significantly induced hyphae like bodies in about 3–4% of fungal cells within the short incubation period of 3–4 hours (Fig. 4B).

On the other hand, metabolites such as sebacic, palmitic, p-tolyacetic, 2-methylbutyric, salicylic acid, CA, HDCA, UDCA, LCA, i-LCA, DCA and i-DCA significantly inhibited the hyphae development even in the presence of FBS compared to control group. Only less than 5% of fungal cells developed hyphae in the presence of these metabolites (Fig. 4A and B). However, no appreciable impact on *C. albicans* hyphae development was observed with other gut metabolites at the concentrations used in this study (Figure S4–6, Supporting Information). Collectively, gut metabolites differentially regulate the hyphae formation in *C. albicans*.
Correlations between the cecal metabolome and microbiome

Given that antibiotic treatment alters the composition of gut microbiome, and the microbiome plays a significant role in regulating the GI metabolic environment (Sridharan et al. 2014; Theriot et al. 2014) and colonization of C. albicans (Fan et al. 2015), we examined if antibiotic induced changes in the composition of the gut metabolome correlates to the changes in the microbiome. Correlating the changes between metabolome and microbiome may provide insight into the metabolic function of the microbiome, and thus could act as a potential link for further investigation to elucidate mechanisms of C. albicans colonization after antibiotic use.

We examined the composition of the bacterial gut microbiome in the non-treated and cef-treated mice using 16S ribosomal RNA amplicon gene sequencing. At phyla-level, relative abundance of Firmicutes was considerably higher, whereas relative abundance of Bacteroidetes and Verrucomicrobia were lower in cef-treated groups than in non-treated mice (Fig. 6A). At the family-level, relative abundance of Panibacillaceae was higher, whereas the relative abundance of Lactobacillaceae, Turicibacteraceae, Clostridiales and Clostridiaceae was lower in cef-treated mice (Fig. 6B). Next, we examined if infection with C. albicans on these groups had any impact on the gut bacterial community. Non-treated adult mice infected with C. albicans had little impact on phyla and family-level abundance (Figs 6A and 6B). Cef-treated mice infected with C. albicans had a significant shift in their bacterial composition. Firmicutes was the major phyla observed in the cef-treated mice, whereas infection with C. albicans lead to an increased relative abundance of Proteobacteria (75%) and Cyanobacteria (20%) members (Fig. 6A). At family-level, higher relative abundance in Verrucomicrobiaeae, Rickettsiales and Proteobacteria members were observed with C. albicans infection (Fig. 6B). Kruskal–Wallis pairwise comparison was used to determine statistical significance (P value ≤ 0.05). As seen in the Supplementary Figure 8 (Supporting Information), C. albicans (Group B) alone had no significant impact on diversity relative to the control treatment (Group A) as measured by Faith’s Phylogenetic Diversity index. However, Cef-treated mice infected with C. albicans (Group D) had significantly higher bacterial diversity relative to all other treatments.

We also determined the relative abundance of OTUs in all the four groups (Fig. 6C). Non-treated groups had similar high abundance OTUs. These OTUs included the S24–7 family, the genera Allobaculum, Lactobacillus and Turicibacter, and the species Akkermansia muciniphila. Cef-treated group was enriched in the genus Paenibacillus, a known pathogen that accounted for over 90% of detected OTUs. Candida albicans infection in the cef-treated group had fewer high abundance OTUs relative to other three groups. The most abundant OTUs in this group were unclassified Proteobacteria, the orders Streptophyta and Rickettsiales, the genera Achromabacter, a known pathogen, and Burkholderia (Fig. 6C).

Next, we examined the correlation between the bacterial microbiome and KEGG metabolites including carbohydrates, sugar alcohols and carboxylic acids in the different groups using Spearman’s rank correlation analysis. As opposed to controls (Group A), phyla including Bacteroidetes, Verrucomicrobia, Firmicutes and Actinobacteria in the cef-treated (Group C)
were positively correlated with the majority of carbohydrates and sugar alcohols (Fig. 6D). Similarly, phyla including Actinobacteria, Bacteroidetes and Verrucomicrobia showed a positive correlation with carboxylic acids including glutaric acid, N-acetyl muramic acid, pentadecanoic acid, salicylic and p-tolyacetic acids in the cef-treated group. A smaller degree of correlation between carboxylic acids and phyla was seen in the control groups. Phylum Firmicutes in the antibiotic treated group was positively correlated with 2-methylbutyric acid (Fig. 6E). Significant correlations were seen across metabolites spanning sugar and carboxylic acid derivatives across all cohorts examined (S7 Data, Supporting Information). These results indicate that changes in the levels of certain cecal metabolites that regulate the growth and morphogenesis of \textit{C. albicans} were associated with changes in gut microbiome composition.

**Predictive 16S rRNA gene function and putative gene category markers across all four cohorts**

Inferred gene products and their pathways determined by PICRUSt were categorized into metabolic compartments to survey predicted gene functions differentially abundant across the cefoperazone treated and control groups with and without \textit{C. albicans} infection. An LDA score was computed for each of these functions using LEfSe—both algorithms were utilized in tandem from the Galaxy server hosted on the Huttenhower laboratory website. A total of 153 of these compartmentalized gene functions were deemed statistically significant according to LDA scores and were thus focused for additional analysis. Plotting the normalized PICRUSt gene family counts as heatmaps revealed several hot spots for group C (cefoperazone treated mice) that qualitatively contrasted from the other groups (A, B and D). OTU counts mapping to carbohydrate metabolism, nucleotide metabolism and bacterial cell wall metabolism were found to be enhanced in the Group C cohort (Fig. 7 and Figure S9, Supporting Information). Specifically, LEfSe pointed to sugar pathways (both catabolic and anabolic) for energy metabolism of alternative glycolytic forms: fucose, mannan and hexitol degradation were deemed as markers for this cohort (Fig. 7A and B). Both salvage and de novo pyrimidine and purine pathways were seen as potential markers from Group C. Sulfur and formaldehyde metabolism, urea cycle components were also preferentially delineated as group C markers (Fig. S9, Supporting Information).

Contrasting with Group C, bacterial cell wall development, regulation and metabolism (O-antigen synthesis, peptidoglycan maturation and LPS associated functional genes) were markers across all groups (Fig. 7A and Figure S9, Supporting Information). While peptidoglycan, a cell wall component ubiquitous in both Gram negative and positive bacteria, was predicted to be enriched in all Groups, a statistically significant LDA score for Group D (cefoperazone treated mice infected with \textit{C. albicans}) was found by the LEfSe pipeline for gene products encoding LPS (lipopolysaccharide) synthesis (Fig. 7A and Figure S9, Supporting Information). This could be evidential of the dual effects of cefoperazone perturbation with the presence of...
Figure 6. Correlations between the cecal metabolome and microbiome. Relative abundance of major phyla (A) and family (B) in the four groups: non-treated (Group A), non-treated infected with *C. albicans* (Group B), cef-treated (Group C) and cef-treated infected with *C. albicans* (Group D) were shown here. Group of 5 mice were used in each group. (C) Relative abundances of 26 high abundance (>1%) OTUs for all treatment groups are displayed as a heatmap. The relative abundances for all 402 detected OTUs were calculated. OTUs with low abundance (<1%) across all groups were filtered into the ‘Other’ category. The OTU relative abundance scale ranges from 0 to 100% abundance. (D) Heatmap visualization showing spearman correlation values of top 15 metabolites belonging to carbohydrates with phylum OTUs. Spearman correlates were stratified according to Groups. D-M6P stands for D-mannose-6-phosphate. (E) Spearman correlation values of top 18 carboxylic acid metabolites correlated with phylum OTUs.

Figure 7. (A) Heatmap of PiCRUST output normalized so that OTU gene families across all samples vary from 0 to 1. Predicted gene functionalities were grouped into one of 7 categories as shown by the colored row bars. (B) Dot plots of categorized gene OTU functions inferred from PiCRUST. Statistically significant LDA scores (P < 0.05, based on LEfSe’s Wicoxon test) are plotted. Statistically significant LDA scores >3.0 were plotted as the arbitrary cutoff.
Candida—making the cecal microbiota more prone to gene products associated with pathogenic bacteria. In cell model systems, LPS and Candida cell wall portions have been shown to synergistically promote the activation of the macrophage line RAW264.7 causing inflammation and elevated host immune responses (Bie et al. 2019). Translating these findings to the cecum model employed in this study, it can be considered that the pathogenic insult of Candida, combined with dysbiosis caused by cefoperazone, favors the Group D cohort to harbor bacterial niches that optimize in secreting LPS layers—a known inflammation protagonist. Finally, Group D mice were shown by LEfSe to be preferentially enriched in genes products encoding fatty acid metabolism (synthesis, degradation and elongation) (Fig. 7A and Figure S9, Supporting Information). The enhanced fatty acid metabolic profile in Group D may reflect a change in either the gut flora constituents from cefoperazone administration or alterations originating from Candida insult.

The predicted functional data from PICRUSt highlight areas of convergence when compared to our generated LC-MS metabolomics data. First, the LC-MS data in Figure 6D highlights the high correlation witnessed between alternative sugar metabolism (particularly xylitol, adonitol and L-arabitol) with microbiome phyla. Likewise, the presence of many sugar metabolic genes (particularly those outside of canonical glucose metabolism) was inferred from 16S OTU gene families from PICRUSt in Group C. Fatty acids were also found abundant on our metabolomics dataset, albeit from both Group C and Group D, as seen in the hotspots in the Figure 6E heatmaps; conversely, an array of fatty acid compounds were predicted by PICRUSt to be markers in both cefoperazone treated groups (Figure S9, Supporting Information). The heatmap addressing metabolome coverage (Fig. 2) shows primary nucleotide metabolism being enhanced in Group A and Group B controls. This was also seen in the predicted gene content for these two control cohorts as well. Figure 7 and Supplementary Figure 9 (Supporting Information) reveals statistically significant LDA scores for adenosine, guanosine, purine degradation and CDP metabolism. Our metabolome data for the control groups coincides and validates these in-silico findings. As a whole, predicted functional data at the 16S level highlighted areas of convergence with metabolites witnessed from the LC-MS metabolomics screen—primarily with carbohydrates and nucleotides. Despite this, the exact origin and characterization of microbiome genes and their relationships to specific metabolites merits further work.

DISCUSSION

Since antibiotics have been shown to have a profound impact on the gut ecosystem, a multi-omics approach combined with follow up in-vitro experiments were utilized to better understand the changes in the cecal metabolome and microbiome within the context of C. albicans infection. The ability of the gut microbiome to suppress pathogenic organisms has been studied for the past few decades (Bohnhoff, Drake and Miller 1954; Kennedy and Volz 1985; Wiesner et al. 2001; Kim et al. 2017). Gut microbiota control the pathogenesis of enteric pathogens—collectively termed ‘colonization inhibition’—through several mechanisms that include modulating host immune response, outcompeting pathogenic organisms for nutrients, direct interactions between gut microbiota and pathogens, and through the production of metabolites (Buffie and Pamer 2013; Theriot et al. 2014; Fan et al. 2015; Neville, d’Enfert and Bougnoux 2015; Kim, Covington and Pamer 2017; Allonsius et al. 2019). Profound documented evidence exists suggesting that gut metabolites secreted by commensal microbiota help in establishing colonization resistance to enteric pathogens (Young and Schmidt 2004; Dehlefsen and Relman 2011; Theriot et al. 2014; Weingarden et al. 2014; Buffie et al. 2015; Fan et al. 2015; Theriot, Bowman and Young 2016; Lustri, Sperandio and Moreira 2017; Suez and Elina 2017; Guinan and Thangamani 2018; Guinan, Villa and Thangamani 2018; Kohli et al. 2018; Seekatz et al. 2018; Thangamani et al. 2018). In this study, we examined if gut metabolites regulate the GI colonization of C. albicans by determining the effect of cecal metabolites on C. albicans growth and morphogenesis. We found that antibiotic treatment resulted in an observable shift in the levels of bile acids, carbohydrates, carboxylic acids and sugar alcohols, all of which predispose C. albicans growth and morphogenesis. The changes in C. albicans morphology in the presence of these metabolites were affirmed microscopically and through growth assays. Bacterial products such as carboxylic acids and secondary bile acids are elevated in the baseline metabolome, whereas these metabolites were largely lower in comparison after antibiotic treatment. Bacterial substrates such as carbohydrates, sugar alcohols and primary bile acids were significantly elevated with cefoperazone treatment. In vitro, we confirmed that carbohydrates, sugar alcohols and primary bile acids promote, whereas carboxylic acids and secondary bile acids inhibit the growth and morphogenesis of C. albicans. Previously, we reported that levels of SCFAs and certain bile acids are altered with cefoperazone treatment and facilitate C. albicans growth and morphogenesis (Guinan and Thangamani 2018; Guinan, Villa and Thangamani 2018; Thangamani et al. 2018). This study along with our previous findings indicate that alterations at the levels of gut metabolites resulting from antibiotics correlate to the increased growth and hyphae formation of C. albicans in the GI tract. It is worth noting that in-vitro growth and hyphae experiments in this study were performed in the presence of ambient levels of oxygen. Oxygen level in the GI tract varies disproportionately (Friedman et al. 2018) and hypoxia itself influences filamentation patterns of fungi (Setiadi et al. 2006; Synnott et al. 2010; Desai et al. 2015). Stomach and duodenum are considered highly oxygenated environments, whereas ileum and cecum are anaerobic under healthy conditions (Friedman et al. 2018). Emerging evidences indicate that antibiotic treatment leads to increased oxygen levels in the gut lumen, creating a permissive environment for enteric pathogens to utilize substrate oxygen to express virulence factors, and exponentially colonize the gut (Marteyn et al. 2010; Kelly et al. 2015; Byndloss et al. 2017; Mullineaux-Sanders et al. 2018; Reese et al. 2018; Yoon and Yoon 2018). Additionally, other factors including temperature, pH, antifungal peptides and direct interaction with commensal bacteria impact C. albicans growth and morphogenesis (Shirnich, Peters and Jabra-Rizk 2009; Vylkova et al. 2011; Martin et al. 2013; Desai et al. 2015; Neville, d’Enfert and Bougnoux 2015; Allonsius et al. 2019; Hager et al. 2019). Results from this study form a strong basis for future studies to investigate how gut metabolites differentially regulate the growth and hyphae formation of C. albicans under conditions that C. albicans encounters during growth in the mammalian GI tract. Quantifying the metabolites concentration in the gut contents from control and cef-treated mice are also important to gain more insights into the concentration dependent effect of gut metabolites on C. albicans growth and morphogenesis in vivo.

Using a Spearman rank coefficient, a significant correlation between the changes in gut metabolite levels and microbiome composition conducive to C. albicans was also found in this study. A relative decrease in the abundance of Bacteroidetes
correlated to increased levels of carbohydrates and sugar alcohols observed in the antibiotic-treated groups. Bacteroidetes phyla are efficient at utilizing carbohydrates and sugar alcohols in their environment (Hooper, Midtvedt and Gordon 2002; Wexler 2007) and this observation may be the phenomenon we are witnessing here. These bacteria are capable of utilizing simple and complex sugars found in the intestine, which was illustrated by the high prevalence of paralogous proteins for carbohydrate uptake and degradation in these species (Hooper, Midtvedt and Gordon 2002; Wexler 2007). A relative decrease in Lactobacillaceae and Clostridiales also correlated to an increase in the levels of primary bile acid metabolites, and concomitantly, a decrease in secondary bile acids in the cecum of antibiotic treated mice. Conjugated primary bile acids secreted into the small intestine are catalyzed by bile salt hydrolases (BSHs) from gut bacteria, mainly by members of Lactobacillaceae in the ileum (Begley, Hill and Gahan 2006; Ridlon, Kang and Hylemon 2006; Ridlon, Kang and Hylemon 2012; Ridlon et al. 2014; Wahlstrom et al. 2016; Ramirez-Perez et al. 2017; O’Flaherty et al. 2018). Unconjugated primary bile acids are further metabolized to secondary bile acids by only a few anaerobic bacteria in the cecum, largely represented by *Clostridium scindens* and other *Clostridium* spp. (Ridlon, Kang and Hylemon 2006; Ridlon and Hylemon 2012; Ridlon et al. 2014; Ridlon et al. 2016; Wahlstrom et al. 2016; Ramirez-Perez et al. 2017). The presence of these secondary bile acids, created by specific gut flora, seem essential for maintenance of a healthy host. Deprivation of these compounds either via antibiotic dysbiosis may facilitate a niche for *C. albicans*. The recapitulation of some of these bile acids into *Candida albicans* growth media seem was shown to decrease the percentage growth of the fungi. Furthermore, recent studies indicate that gut commensal bacteria have the potential to create a diverse array of natural products, as evidenced by the presence of large biosynthetic gene clusters (BGCs) involved in various metabolite production (Donia et al. 2014; Bratburd et al. 2018). Therefore, future studies to characterize the BGCs involved in metabolite production are essential to modulate the gut ecosystem in human health and diseases—the lack of which can serve as fertile ground for pathogenic fungi to preponderate.

While analysis of the gut microbiota has focused predominantly on bacterial components, the mycobiome has emerged as an important player in the gut ecosystem. Therefore, in this study, we also examined if *C. albicans* infection alters the gut metabolites and bacterial microbiome composition in the non-treated and antibiotic treated adult mice. Interestingly, we found that the relative abundance of bacterial microbiome and metabolites were not considerably altered upon infection with *C. albicans* in the non-treated control groups (Group B). However, relative abundance of Proteobacteria which is mostly comprised of several pathogenic bacteria including *Rickettsia*, *Borrelia*, *Escherichia*, *Shigella* and *Salmonella* were significantly increased in the cef-treated infected mice (Group D) (Shin, Whon and Bae 2015; Bradley and Pollard 2017; Rizzatti et al. 2017). A previous study by Mason et al. also indicates that presence of this fungi in the antibiotic-treated mice decreased the abundance of Lactobacillus, whereas increased the *Enterococcus faecalis* population (Mason et al. 2012). In addition, presence of *C. albicans* also reduced the efficacy of fecal microbiota transplantation for *C. difficile* treatment (Zuo et al. 2018). On the other hand, a recent study demonstrated that gut evolved strains of *C. albicans* confer protective immunity against various bacterial and fungal pathogens to the host (Tso et al. 2018). Although it is apparent that shifts may occur in the microbiome and metabolome composition in response to *C. albicans*, future studies to investigate the role of *C. albicans* on gut ecosystem in a healthy and dysbiotic state, and identify the known and unidentified metabolites in these settings are essential to gain insights into their roles in the gut and human health (Bratburd et al. 2018).

**SUPPLEMENTARY DATA**

Supplementary data are available at FEMS EC online.

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