Osteoarthritis (OA) is a degenerative joint disease affecting a large population of people. Although the elevated expression of PKR (double stranded RNA-dependent protein kinase) and MMP-13 (collagenase-3) have been indicated to play pivotal roles in the pathogenesis of OA, the exact mechanism underlying the regulation of MMP-13 by PKR following inflammatory stimulation was relatively unknown. The purpose of this study was to determine the signaling pathway involved in the PKR-mediated induction of MMP-13 after TNF-α-stimulation. In this study, cartilages of knee joint were obtained from OA subjects who underwent arthroplastic knee surgery. Cartilages were used for tissue analysis or for chondrocytes isolation. In results, the upregulated expression of PKR was observed in damaged OA cartilages as well as in TNF-α-stimulated chondrocytes. Phosphorylation of PKC (protein kinase C) was found after TNF-α administration or PKR activation using poly(IC), indicating PKC was regulated by PKR. The subsequent increased activity of NADPH oxidase led to oxidative stress accumulation and antioxidant capacity downregulation followed by an exaggerated inflammatory response with elevated levels of COX-2 and IL-8 via ERK/NF-κB pathway. Activated ERK pathway also impeded the inhibition of MMP-13 by PPAR-γ. These findings demonstrated that TNF-α-induced PKR activation triggered oxidative stress-mediated inflammation and MMP-13 in human chondrocytes. Unraveling these deregulated signaling cascades will deepen our knowledge of OA pathophysiology and provide aid in the development of novel therapies.

1. Introduction

Osteoarthritis (OA) is one of the critical degenerative orthopedic diseases that affect a significant proportion of the population. Clinical symptoms included joint pain, stiffness and decrease of mobility, leading to physical disability and reduced quality of life [1]. To date, a number of factors are believed to trigger OA, such as abnormal mechanical stress, compressive forces, failure of nutrient intake or genetic issues [2]. However, current interventions are still restricted to pain control and total knee arthroplasty is often suggested for late-stage OA cases [3].

Chondrocytes, the only cell type present in the articular cartilage, express various genes to maintain homeostasis. And numerous genes involved in extracellular matrix (ECM) formation and oxidative damage defense have been found to be altered in late-stage OA cartilage [4]. In addition, it is well established that pathogenesis of OA is closely related with pro-inflammatory cytokines produced by chondrocytes, such as interleukin (IL)-1 and tumor necrosis factor (TNF)-α, which eventually results in activation of matrix metalloproteinases (MMPs) and deterioration of OA [5]. In particular, MMP-13 has been shown to be upregulated [6] and identified as a critical target during the progression of OA [7]. Also, it has been previously suggested structural cartilage damage in animal OA model is dependent on MMP-13 activity [8]. As such, elucidation of the detailed mechanism underlying the increased expression of MMP-13 may be beneficial to prevent the development of OA.

The double stranded (ds) RNA-dependent protein kinase, PKR, is a ubiquitously expressed serine/threonine kinase. Once PKR is activated by dimerization and autophosphorylation, it subsequently phosphorylates the α-subunit of the eukaryotic translation initiation factor 2 (eIF2α) [9]. Various studies have implicated PKR signaling pathways in the cartilage degradation that occurs in arthritic diseases [10–12]. It has been proven that PKR inhibitor could antagonize the IL-1α-activated eIF2α phosphorylation, thereby suppressing proteoglycan
degradation and cyclooxygenase (COX)−2 accumulation [11]. PKR also regulates the TNF-α-induced proteoglycan degradation and chondrocyte cell death [10]. Moreover, PKR has been indicated to mediate the TNF-α-induced activation of MMP-2 and −9 [10]. Hence, it is tempting to speculate that PKR regulates MMP-13 expression in OA cartilages, which leads to ECM degradation.

The aim of the present study was to decipher the mechanism of PKR-mediated MMP-13 upregulation in chondrocytes following TNF-α stimulation. To this end, we employed the chondrocytes obtained from OA patients and examined the associated signaling pathways in order to understand the role of PKR in the onset of OA. Our data also demonstrated the relationship between accumulated oxidative stress and increased inflammation and MMP-13.

2. Materials and methods

2.1. Reagents

Trypsin-EDTA and Dulbecco’s modified Eagle’s medium (DMEM) were bought from Gibco (Grand Island, NY, USA). PD98059, dihydroethidium (DHE), Apocynin, Diphenyleneiodonium (DPI), Polyinosinic-polycytidylic acid (poly(1:C), collagenase B, Pyrrolidine dithiocarbamate (PDTC), penicillin and streptomycin were all purchased from Sigma (St. Louis, MO, USA). Anti-PKR, anti-p-PKR, anti-PKC, anti-p-PKC, anti-NOX-1, anti-p47, anti-Rac-1, were all obtained from Abcam (Cambridge, UK). Anti-β-actin, anti-ERK, anti-p-ERK, anti-COX-2, anti-PPAR-γ were all obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). HRP-conjugated anti-rabbit secondary antibodies were purchased from Transduction Laboratories (CA, USA). Antioxidant enzymes kits were obtained from EMD Millipore (Calbiochem, Gibbstown, NJ). IL-8 ELISA kit was purchased from R & D Systems (Minneapolis, MN, USA).

2.2. Human chondrocytes isolation

The study group included 30 patients diagnosed with knee OA over 5 years. The study protocol was approved by the Ethics Committee of E-Da Hospital (EMRP-105-077), and each participant provided written informed consent. Cartilages of knee joint were obtained from OA subjects who underwent arthroplastic knee surgery. Articular cartilage tissues were gathered from the resected bone and cartilages. The damaged cartilage tissues were gathered for tissue analysis. The non-damaged cartilage tissues were gathered for tissue analysis and digested for in vitro investigations. Cartilage samples were cut into small pieces and washed with PBS for three times. Cartilage fragments were digested with collagenase B in DMEM at 37 °C overnight on a shaker. The isolated chondrocytes were centrifuged and washed two times with PBS. Chondrocytes were cultured in DMEM with 10% FBS, 2 mM L-glutamine, 25 mM HEPES, 100 U/ml penicillin, and 100 μg/ml streptomycin at 37 °C in a humidified atmosphere of 95% air and 5% CO2 [13].

2.3. Western blot analysis

RIPA, which was purchased from Millipore, was used to extract lysate. The proteins were transferred on to a PVDF membrane after the proteins were separated by SDS/PAGE. The membranes were blocked by the buffer for 1 h at 37 °C. Then, the membranes were incubated with primary antibodies overnight at 4 °C, followed by hybridization with HRP (horseradish peroxidase)-conjugated secondary antibody for
1 h. The intensities were quantified by densitometric analysis.

2.4. PKR activity assay

PKR activity was tested using commercial CycLex® PKR/EIF2AK2 Kinase Assay Kit according to the manufacturer’s instructions. In brief, 100 μL of reaction mixtures were added to the non-coated wells. After 1 h, 10 μL of EDTA Solution was added to stop kinase reaction. Next, 100 μL of reaction mixtures were loaded to the antibody-coated well, followed by hybridization with HRP conjugated anti-GST antibody. PKR activity was measured by O.D 450 nm.

2.5. NAPDH oxidase activity assay

The lucigenin method was used to determine NAPDH oxidase activity in chondrocytes. Total protein concentration was adjusted to 1 mg/ml. An aliquot of 200 μL of protein (100 μg) was incubated in the presence of 5 μL of lucigenin and 100 μM NADPH. Luminescence was assessed after 10 min using a plate reader (VICTOR3; PerkinElmer) to determine the relative changes in NAPDH oxidase activity.

2.6. Measurement of ROS production

ROS levels were investigated by DHE. Confluent cells (10⁴ cells/well) in 96-well plates were preincubated with various concentrations of TNF-α for 24 hrs. The cells were incubated with 10 μM DHE for 1 h. Fluorescence intensity was assessed with a fluorescent microplate reader (Labsystem, California) that had been calibrated at 540 nm excitation and 590 nm emission.

2.7. Transfection with small-interfering RNA

ON-TARGET plus SMART pool small-interfering RNAs (siRNAs) for si-Controls were obtained from Dharamco Research (Lafayette, Colorado). si-PKC and si-PKR were purchased from Santa Cruz. Transient transfection was performed using INTERFERin siRNA transfection reagent (Polyplus Transfection, Huntingdon, UK) according to the manufacturer’s guide.

2.8. NF-κB activity assay

NF-κB activity was measured by an NF-κB p65 ActiveELISA kit (Imgenex Corp, San Diego, CA) according to the manufacturer’s instructions. The absorbance at 405 nm was determined using a microplate reader (spectraMAX 340).

2.9. Assay for IL-8 and MMP-13 secretion

Cells were seeded in 24-well plates at 0.5 × 10⁵ cells. After 2 days, cells were treated TNF-α for 24 h. Cell supernatants were removed and assayed for IL-8 and MMP-13 concentrations using an ELISA kit obtained from R & D Systems (Minneapolis, MN).
2.10. Isolation of mRNA and quantitative real-time PCR

Total RNA was isolated from chondrocytes using the RNeasy kit (Qiagen, Valencia, CA, USA). Oligonucleotides for MMP-13 and β-actin were designed using the computer software package Primer Express 2.0 (Applied Biosystems, Foster City, CA, USA). All of the oligonucleotides were synthesized by Invitrogen (Breda, The Netherlands). Oligonucleotide specificity was determined by a homology search within the human genome (BLAST, National Center for Biotechnology Information, Bethesda, MD, USA) and confirmed by dissociation curve analysis. The oligonucleotide sequences were as follows: MMP-13 sense primer, 5′-TCCCAGGAATTGGTGATAAAGTAGA-3′; anti-sense primer, 5′-CTGGCATGACGCGAACAATA-3′; β-actin sense primer, 5′-AGGTCATCACTATTGGCAACGA-3′; anti-sense primer, 5′-CACTTCATGATGGAATTGAATGTAGTT-3′. PCR was performed with SYBR Green in an ABI 7000 sequence detection system (Applied Biosystems) according to the manufacturer’s guidelines.

2.11. Statistical analyses

The results are expressed as mean ± SD. Statistical analyses were performed using one-way or two-way ANOVA, following by Tukey’s test as appropriate. A p-value < 0.05 was considered statistically significant.

3. Results

3.1. Activation of PKR following inflammation of cartilage at knee joint

In order to investigate the influence of gradual wear and tear to the cartilage, we examined the expression of phosphorylated and total PKR in these three regions of damaged knee joint (Fig. 1A) from a patient with total knee replacement. Western blotting analysis revealed that phospho-PKR was up-regulated in the mid-damaged and damaged cartilages. In agreement with this finding, the activity of PKR was elevated in the mid- and damaged regions (Fig. 1D). We observed the similar result of increased expression of phospho-PKR after adding TNF-α to mimic inflammatory condition in chondrocytes which were isolated from non-damaged cartilage (Fig. 1E and F). Our results showed that the expression and activity of phospho-PKR were up-regulated at the onset of OA and by treatment of TNF-α in chondrocytes.

3.2. Increased PKC expression after inflammation is mediated by PKR

Previously, elevated expression of protein kinase C (PKC) was found in human OA articular cartilages and was required for TNF-α or IL-1-induced NF-κB activation in chondrocytes [14]. Therefore, we sought to examine the relationship between PKR and PKC. As shown in Fig. 2A and B, protein expression of phospho-PKC was up-regulated in the mid-damaged and damaged cartilages. And the increased expression levels of phospho-PKC and phospho-PKR were observed after TNF-α treatment in human chondrocytes which were isolated from non-damaged cartilage (Fig. 1E and F). Our results showed that the expression and activity of phospho-PKR were up-regulated at the onset of OA and by treatment of TNF-α in chondrocytes.

3.3. Increased PKC expression after inflammation is mediated by PKR

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3.3. Upregulation of NADPH oxidase (NOX) activity under the inflammatory condition is regulated by PKR

Reactive oxygen species (ROS) could be generated by chondrocytes following activation of nicotinamide adenine dinucleotide phosphate (NADPH) oxidase [15] and oxidative stress has been shown to induce the expression of OA markers [16]. Moreover, IL-1β-mediated MMP secretion in chondrocytes has been proven to up-regulate of NADPH oxidase (NOX) [17]. In the current study, we examined whether the effect of inflammatory stimulation on NOX activity was via PKR signaling pathway. First, we demonstrated that the subunits (p47 and Rac-1) as well as the isoform (NOX-1) of NADPH oxidase were elevated in the mid-damaged and damaged cartilages (Fig. 3A and B). Likewise, the activity of NOX was also increased in these damaged cartilages (Fig. 3C). Next, we showed the TNF-α-induced up-regulation of subunits and isoform (Fig. 3D and E) as well as NOX activity (Fig. 3F) in chondrocytes using si-PKR or si-PKC. Together, these findings suggested that the up-regulation of NOX following inflammation was mediated by PKR.

3.4. Reduced antioxidant activity by inflammation in cartilage is repressed by inhibition of PKR/PKC/NOX pathway

In associated with the previous study [15], the activity of antioxidant enzymes, superoxide (SOD; Fig. 4A) and catalase (Fig. 4B), was downregulated in OA cartilages. But ROS induced by TNF-α was suppressed by administration of si-PKR or si-PKC. NADPH oxidases have several sub-units, therefore, two different ROS inhibitors were used in this study. We also confirmed that ROS activated by TNF-α was inhibited by administration of ROS inhibitors (apocynin and DPI) (Fig. 4C). Most importantly, we demonstrated that the reduced antioxidant activity in chondrocytes by TNF-α was reversed using si-PKR, si-PKC or ROS inhibitors. (Fig. 4D). These data indicated that the impaired antioxidant capacity in inflammatory chondrocytes may be enhanced by modulation of PKR/PKC/NOX pathway.

3.5. Inflammation-induced phosphorylation of ERK is modulated by PKR/PKC/NOX pathway

MAPK signaling pathways are involved in the regulation of various biological activities, including inflammation [18]. Previous studies have demonstrated that ex vivo cartilage compression stimulates the phosphorylation of ERK1/2 [19] and TNF-α-induced MMP-13 expression was associated with ERK and NF-κB [20]. Here, we observed up-regulated phosphorylation of ERK in OA cartilages (Fig. 5A and B) and TNF-α-stimulated ERK phosphorylation was quenched by si-PKR, si-PKC or NOX inhibitor apocynin (Fig. 5C and D). Furthermore, we showed that ERK phosphorylation was increased following enhanced...
expression of phospho-PKR using poly(I:C) (Fig. 5E and F). And this upregulation was inhibited by si-PKR, si-PKC or apocynin (Fig. 5E and F), indicating phosphorylation of ERK by the inflammatory mediator in chondrocytes was regulated through PKR/PKC/NOX pathway.

3.6. Mitigation of PPAR-\(\gamma\) is via activation of PKR/PKC/NOX pathway, leading to MMP-13 upregulation

Peroxisome proliferator-activated receptor-\(\gamma\) (PPAR-\(\gamma\)) is known to exhibit chondroprotective property. It has been shown that IL-1-induced downregulation of PPAR-\(\gamma\) was via activation of the MAPKs and NF-\(\kappa\)B signaling pathways [21]. Our result was in accordance with the previous study showing reduced expression of PPAR-\(\gamma\) in OA cartilages (Fig. 6A and B). We not only demonstrated that the diminished expression of PPAR-\(\gamma\) after TNF-\(\alpha\) treatment was via PKR/PKC/NOX pathway (Fig. 6C and D), but also revealed ERK was required for this phenomenon using ERK inhibitor PD98059 since PD98059 (ERK inhibitor) has frequently been utilized to conduct in vitro investigations (Fig. 6C and D). Besides, our data proved that activation of MMP-13 by TNF-\(\alpha\) in chondrocytes was also through PKR/PKC/NOX pathway (Fig. 6E). To confirm downregulation of PPAR-\(\gamma\)-affected MMP-13 production in human chondrocytes, we added PPAR-\(\gamma\) agonist GW1929 and found that MMP-13 expression was reduced. However, PDTC treatment (NF-\(\kappa\)B inhibitor) did not mitigate TNF-\(\alpha\)-induced MMP-13 secretion, indicating that TNF-\(\alpha\)-induced MMP-13 production is NF-\(\kappa\)B independent (Fig. 6E). This finding was further confirmed by real-time PCR (Fig. 6F).

3.7. TNF-\(\alpha\)-activated NF-\(\kappa\)B expression in chondrocytes is via PKR/PKC/NOX/NF-\(\kappa\)B signaling, resulting in increased expression level of COX-2 and IL-8

NF-\(\kappa\)B is crucial for the inflammatory response in chondrocytes [22], hence, we addressed the impact of PKR/PKC/NOX/NF-\(\kappa\)B signaling following TNF-\(\alpha\) treatment. First, we showed that elevated expression of NF-\(\kappa\)B p65 by TNF-\(\alpha\) (Fig. 7A) or poly(I:C) (Fig. 7B) was reduced when adding si-PKR, si-PKC, apocynin (NOX inhibitor) or PD98059 (ERK inhibitor). To further investigate the proinflammatory response after NF-\(\kappa\)B activation, we examined the expression of COX-2 and secretion IL-8 since they both are important mediators in the pathophysiology of OA [23,24]. By utilizing si-PKR, si-PKC, apocynin or pyrrolidine dithiocarbamate (PDTC; a potent NF-\(\kappa\)B inhibitor), we confirmed that upregulation of COX-2 and IL-8 after TNF-\(\alpha\) treatment were mediated by PKR/PKC/NOX/NF-\(\kappa\)B signaling (Fig. 7C-E).

4. Discussion

Over the past decades, the role of PKR in the pathogenesis of OA has been investigated in numerous studies. It has been shown that PKR is involved in COX-2 accumulation [11] as well as MMP-9 up-regulation [12] in IL-1\(\alpha\)-activated cartilage. The pro-inflammatory molecule TNF-\(\alpha\) is involved in regulation of osteoblast differentiation [25] and contributes to arthritis by increasing of bone resorption and activation of pro-inflammatory responses [26]. The TNF-\(\alpha\)-increased release of proteoglycan and activation of MMP-2 and -9 in cartilage explants are both PKR dependent [10]. Moreover, TNF-\(\alpha\)-induced chondrocyte cell death is associated with PKR pathway [10]. TNF-\(\alpha\) has also been found in diseased synovial fluid, hence it was selected to facilitate OA-like
changes in vitro [27]. In this present study, TNF-α was used to induce OA-like degenerative responses in chondrocytes. A previous study has shown that mitigation of PKR inhibited the TNF-α-caused activation of NF-κB and MAPK in RAW264.7 cells. This finding also indicated that PKR is required for TNF-α-induced osteoclast differentiation [28]. In consistent with these findings, we found that the upregulated expression of PKR in human chondrocytes by TNF-α stimulation led to increase in COX-2, IL-8 and MMP-13 production (Figs. 6 and 7). Several studies have indicated IL-8 promote the pathophysiology of OA, including the release of MMP-13 [29], neutrophil accumulation [30] and chondrocyte hypertrophic differentiation [29,31]. And COX-2 contributes to cartilage proteoglycan degradation [32] and is associated with differentiation status [33] and cell death [34,35] in OA chondrocytes.

MMP-13 (collagenase-3) has been suggested to play a role in physiological turnover of cartilage via cleavage of various ECM molecules, such as type II collagen [36–38]. MMP-13 is constitutively produced and rapidly endocytosed by chondrocytes under steady condition [39]. During the development of OA, chondrocyte hypertrophy was observed accompanied by induction of MMP-13 and collagenase activity [40]. Apart from matrix degradation and hypertrophic changes, MMP-13 was also associated with chondrocyte differentiation [41,42] and denaturation of type II collagen [36,43] in OA cartilages. And it has been proved to be modulated by pro-inflammatory cytokines, IL-1 and TNF-α, in chondrocytes [38,44]. Recently, it has been revealed that the increase in MMP-13 transcription in human chondrocytes after inflammation was regulated by activating transcription factor 3 (ATF3) [45], NF-κB [20] or via MAPK/c-Fos/AP-1 and JAK/STAT pathways [46]. In addition, Singh's group has reported that MMP-13 deficiency plays an important role in mitigating local pro-inflammatory events, suggesting MMP-13 is critical in the pathogenesis of arthritis [47]. Data from the current study further demonstrated the signaling pathway in the regulation of MMP-13 expression following TNF-α stimulation was via PKR/PKC/NOX/ERK/PPAR-γ pathway in chondrocytes.

Oxidative stress has been defined as the imbalance between the production of reactive oxygen species (ROS) and antioxidant defenses. The implication of oxidative stress in the progression of OA has been extensively examined recently, and numerous studies have concluded that OA progression is significantly related to oxidative stress accumulation [48,49]. In addition to mitochondria, NOX is the major source of ROS in cells [50]. ROS serve as integral factors contributing to the maintenance of cartilage homeostasis as they modulate chondrocyte apoptosis, inflammatory cytokine production and ECM breakdown and synthesis [51–53], leading to cartilage degradation and joint inflammation. In consistent with these findings, we showed that the activity of antioxidant enzymes was reduced in OA cartilages or in response to TNF-α treatment concurrent with an increase in ROS (Fig. 4). And we also found the elevated inflammatory response following the accumulated oxidative stress in human chondrocytes (Fig. 7), which may contribute to synovium inflammation in OA patients.

In conclusion, the present study demonstrated substantial evidence that PKR contributes to OA pathogenesis through regulation of molecular events involved in oxidative stress, inflammation, and matrix degradation. PKR causes phosphorylation of PKC following exposure to TNF-α [21].
TNF-α in human chondrocytes, leading to the elevated expression of NOX and the subsequent increased ROS. The accumulated oxidative stress eventually exaggerates inflammatory response, such as an increase in COX-2 and IL-8, via ERK/NF-κB pathway. The activated ERK signaling also suppresses the inhibition of PPAR-γ to MMP-13, thereby resulting in cartilage degradation (Fig. 8). These findings revealed PKR signaling pathway in human chondrocytes following inflammatory stimulation and suggested PKR may be able to serve as a pharmacological target for OA treatment.

Fig. 7. PKR-mediated elevation of COX-2 and IL-8 expression. N-FkB p65-activity in response to TNF-α (A) or poly(I:C)-induction (B) with si-PKR, si-PKC, apocynin or PD98059; Protein expression (C) and quantification (D) of COX-2 by TNF-α stimulation in chondrocytes with si-PKR, si-PKC, apocynin or NF-κB inhibitor PDTC; (E) IL-8 secretion after TNF-α treatment in chondrocytes with si-PKR, si-PKC, apocynin or PDTC. (n = 3; * p < .05 compared with no treatment control group; & p < .05 compared to TNF-α only or poly(I:C) only group).

Fig. 8. Schematic diagram of PKR signaling pathways that are activated by inflammatory stimulation. Phosphorylation of PKC by PKR activation induces the cytosolic complex (such as p47 and Rac1) to translocate to the membrane and associate with the integral membrane components, resulting in activation of NOX1 followed by accumulation of reactive oxidase species (superoxide) and down-regulation of antioxidant enzymes activity (SOD and catalase). Subsequently, the up-regulated oxidative stress triggers the ERK pathway which leads to enhanced inflammatory responses (increased COX-2 and IL-8) via NF-κB. In addition, the activated ERK hinder the inhibition of PPAR-γ to MMP-13, allowing MMP-13-mediated ECM degradation/ remodeling.
None.

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