A novel ruthenium (II)-derived organometallic compound, TQ-6, potently inhibits platelet aggregation: Ex vivo and in vivo studies

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Arterial thrombosis plays a key role in cardiovascular diseases. Hence, developing more effective antithrombotic agents is necessary. We designed a ruthenium (II)-derived complex, \([\text{Ru(\eta}^6\text{-cymene)}_2(1H\text{-benzoimidazol-2-yl-quinoline Cl})\text{BF}_4]\) (TQ-6), as a new antiplatelet drug. TQ-6 (0.3 \(\mu\)M) exhibited extremely strong inhibitory activity against platelet aggregation, Src, and Syk phosphorylation stimulated by agonists in human platelets. In collagen-activated platelets, TQ-6 also inhibited ATP-release, \([\text{Ca}^{2+}]\text{, P-selectin expression, FITC-PAC-1 binding, and hydroxyl radical formation, as well as the phosphorylation of phospholipase C}_{\gamma 2}, \text{protein kinase C, mitogen-activated protein kinases, and Akt. Neither FITC-JAQ1 nor FITC-triflavin binding or integrin }\beta_3\text{ phosphorylation stimulated by immobilized fibrinogen were diminished by TQ-6. Furthermore, TQ-6 had no effects in cyclic nucleotide formation. Moreover, TQ-6 substantially prolonged the closure time in whole blood, increased the occlusion time of thrombotic platelet plug formation and bleeding time in mice. In conclusion, TQ-6 has a novel role in inhibiting platelet activation through the inhibition of the agonist receptors-mediated inside-out signaling such as Src-Syk-PLC\text{-}\gamma 2\text{ cascade and subsequent suppression of granule secretion, leading to disturb integrin }\alpha_{\text{IIb}}\beta_3\text{-mediated outside-in signaling, and ultimately inhibiting platelet aggregation. Therefore, TQ-6 has potential to develop as a therapeutic agent for preventing or treating thromboembolic disorders.}

Platelets are anucleate blood cells that originate from megakaryocytes and play a central role in hemostatic processes. Platelets have an established role in the pathogenesis of atherosclerosis-related diseases including coronary artery diseases and stroke. Under normal conditions, platelets circulate in an inactive form, without significant interactions with the vessel walls. Rupture of an atherosclerotic plaque promotes the activation of platelets and initiates the coagulation cascade¹. The involvement of platelets in hemostasis is associated with their adherence and aggregation ability; storage granule content release; adsorption, deposition, and transportation of biologically active substances; and endothelial supporting functions¹,². Under high shear conditions in arterial blood vessels, the vascular endothelium is disrupted, and platelets then adhere to the damaged intima and undergo activation. During platelet activation, the release of several mediators [e.g., ADP and thromboxane A₂ (TxA₂)] occurs, coupled with intracellular calcium mobilization, thus drawing additional platelets toward the injured endothelium and consequently causing the initial platelet monolayer to thicken. Finally, fibrinogen binds to its specific platelet receptor glycoprotein (GP) IIb/IIIa complex (also known as integrin \(\alpha_{\text{IIb}}\beta_3\)), thus completing the final common

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pathway for platelet aggregation. The complex is formed through calcium-dependent association of GP IIb and GP IIIa, a required step in normal platelet aggregation and endothelial adherence.

Activated platelets are produced TxA₂, a crucial secondary mediator for further platelet activation. The cyclooxygenase-1 mediated conversion of arachidonic acid (AA) to TxA₂ can be irreversibly inhibited by aspirin, a standard drug has been used for preventing cardiovascular diseases (CVDs)⁴. Several studies have been focused on searching drugs that target the TxA₂ pathway in platelets, including various TxA₂ receptor antagonists (e.g., S-18886)⁵, TxA₂ synthase inhibitors (e.g., furegrelate)⁶, and compounds act on these two functions (e.g., ridogrel)⁷. Moreover, although aspirin, clopidogrel, and tirofiban are considered as well-established antiplatelet agents on treating thromboembolic diseases, they have still more substantial restrictions when using in clinical settings⁸,⁹. Hence, it is important for developing more effective and safe antithrombotic agents to meet the clinical requirements.

Various metal complexes have been identified over the past decades for anticancer therapy, leading to an increasing amount of related research. Ruthenium derivatives belong to a group of molecules that can be used to synthesize new substances with various biological properties. Currently, researchers have attracted great attention on ruthenium compounds because of their potential antitumor activity with low toxicity toward normal tissues, no cross resistance with cisplatin, and easy absorption by tumor tissue as well as rapid excretion from the body⁹–¹¹. In addition, antiangiogenic therapy is considered a promising strategy for treating cancers. Lai et al.¹² reported that ruthenium complexes have potent antiangiogenic effects through the activation of distinct antiangiogenic signaling pathways. On account of the preceding observations, to discover new biologically active ruthenium derivatives, we developed a new ruthenium compound, TQ-6 (Fig. 1A). Our preliminary findings revealed that TQ-6 exhibits extremely strong inhibitory activity against platelet aggregation in vitro. These preliminary results encourage us to further examine the characteristics and functional activity of TQ-6 in platelet activation. This study provides the innovative evidence that the novel ruthenium-derived compound TQ-6 can be developed into a new class of antiplatelet agents.

Results

Inhibitory effects of TQ-6 on platelet aggregation in washed human platelets. As shown in Fig. 1B, TQ-6 (0.1, 0.2, and 0.5 μM) strongly and concentration-dependently inhibited platelet aggregation in washed human platelets stimulated by 1 μg/ml collagen. TQ-6 exhibited similar inhibitory activity at 5 and 10 μM against platelet aggregation stimulated by 1 μM U46619, a prostaglandin endoperoxide (Fig. 1B). Nevertheless, TQ-6 (50 and 100 μM) showed a weak inhibitory activity against 0.01 U/ml thrombin-stimulated platelet aggregation (Fig. 1B). The 50% inhibitory concentration (IC₅₀) values of TQ-6 for platelet aggregation induced by collagen, U46619, and thrombin were approximately 0.3, 5, and 60 μM, respectively (Fig. 1C). TQ-6 exhibited more potent activity in inhibiting collagen stimulation than in inhibiting thrombin stimulation. Moreover, aspirin (20, 50, and 100 μM) concentration-dependently inhibited platelet aggregation stimulated by 1 μg/ml collagen, and its IC₅₀ value was approximately 50 μM (Fig. 1B and C). The solvent control (0.5% DMSO) did not significantly affect platelet aggregation (Fig. 1B). We have additionally tested two different concentrations of agonists such as collagen, thrombin, and U46619 to verify the impact of TQ-6 on platelet aggregation as shown in Fig. 1C. Besides, convulxin (10 ng/ml), a GP VI agonist¹³, which is purified from the venom of Crotaulus atrox, were also examined. As shown in Fig. 1C, there were no noticeable differences found in inhibitory activities of TQ-6 between various concentrations of individual agonists employed (i.e., 1 and 2 μg/ml of collagen, 0.01 and 0.02 U/ml of thrombin, etc). In subsequent experiments, 1 μg/ml collagen was used as an agonist for platelet activation and its related signaling cascades.

Influence of TQ-6 on cytotoxicity, ATP-release reaction, intracellular calcium mobilization, and surface P-selectin expression. The aggregation curves of platelets that were preincubated with 100 μM TQ-6 for 10 min and subsequently washed two times with Tyrode’s solution demonstrated no significant differences from those of platelets that were preincubated with the solvent control (0.5% DMSO) under equivalent conditions (Fig. 2A), preliminarily indicating that the effects of TQ-6 on platelet aggregation are reversible and noncytotoxic. Furthermore, our LDH study revealed that TQ-6 (20–100 μM) incubated with platelets for 20 min did not significantly increase LDH activity or exert cytotoxic effects on platelets (Fig. 2B), signifying that TQ-6 does not affect platelet permeability or induce platelet cytolysis. Platelet activation is associated with the release of granular contents (e.g., ADP/ATP and calcium from dense granules and surface P-selectin expression from α-granules), thus resulting in ample platelet aggregation. In the present study, TQ-6 (0.3 and 0.5 μM) apparently inhibited both ATP-release reaction (0.3 μM, 68.8 ± 10.9%; 0.5 μM 88.9 ± 9.4%; Fig. 2C) and relative [Ca²⁺] i mobilization (resting, 232.5 ± 36.3 nM; collagen-activated, 438.9 ± 82.6 nM; 0.3 μM, 279.3 ± 22.6 nM; 0.5 μM, 252.5 ± 31.8 nM; Fig. 2D) in washed human platelets stimulated by 1 μg/ml collagen. The corresponding statistical data were shown in right panels (Fig. 2C and D). In quiescent (resting) platelets, P-selectin is located on the inner wall of α-granules, platelet activation results in the inner walls of the granules are exposed on the outside of the cell¹⁴. TQ-6 treatment markedly reduced collagen stimulated surface P-selectin expression, the corresponding statistical data was shown in right panel (Fig. 2E).

Effect of TQ-6 in integrin α₅β₃, and GP VI activation as well as cyclic nucleotide formation in washed human platelets. A large body of evidence suggests that fibrinogen binding to integrin α₅β₃ is the final step of the common pathway for agonist-induced platelet aggregation. Therefore, we further evaluated whether TQ-6 influences platelet integrin α₅β₃ activation, leading to the inhibition of platelet aggregation. As shown in the Fig. 3A, TQ-6 significantly affected the binding of FITC-PAC-1 (2 μg/ml) to integrin α₅β₃, stimulated by collagen (1 μg/ml). The relative fluorescence intensity binding of FITC-PAC-1 in activated platelets was significantly higher than that of the resting platelets (46.1 ± 6.8 vs. 136.3 ± 18.1; Fig. 3A a,b). TQ-6 (0.3
and 0.5 µM) treatment significantly reduced the binding of FITC-PAC-1 to integrin αIIbβ3 (0.3 µM, 70.7 ± 18.6; 0.5 µM, 64.2 ± 18.3; Fig. 3A c,d). Additionally, triflavin, an Arg-Gly-Asp-containing disintegrin purified from Trimeresurus flavoviridis venom 15, inhibits platelet aggregation through direct interference with fibrinogen binding to integrin αIIbβ3 15. In particular, unlike the binding of fibrinogen or other disintegrins, which requires...
Figure 2. Effects of TQ-6 on cytotoxicity, lactate dehydrogenase (LDH) release, ATP-release reaction, relative $[\text{Ca}^{2+}]_i$ mobilization, and surface FITC-P-selectin expression in human platelets. (A) Washed platelets ($3.6 \times 10^8$ cells/ml) were preincubated with the solvent control (0.5% DMSO) or TQ-6 (100 $\mu$M) for 10 min, and subsequently washed two times with Tyrode’s solution, followed by the addition of collagen (1 $\mu$g/ml) to trigger platelet aggregation. (B) LDH experiment: platelets were preincubated with TQ-6 (20, 50, and 100 $\mu$M) for 10 min, and a 10-$\mu$l aliquot of supernatant was deposited on a Fuji Dri-Chem slide LDH-PIII as described in “Materials and Methods”. Moreover, washed platelets ($3.6 \times 10^8$ cells/ml) were preincubated with TQ-6 (0.3 and 0.5 $\mu$M) or the solvent control (0.5% DMSO), and 1 $\mu$g/ml collagen was then added to stimulate either (C) ATP-release reaction (AU; arbitrary unit) or (D) relative $[\text{Ca}^{2+}]_i$ mobilization (ratio 340/380 nm). (E) Washed platelets ($3.6 \times 10^8$ cells/ml) were preincubated with TQ-6 (0.3 and 0.5 $\mu$M) or the solvent control (0.5% DMSO) and FITC-P-selectin (2 $\mu$g/ml) for 3 min, and then stimulated by collagen (1 $\mu$g/ml). Profiles in (A) are representative of four independent experiments. Data in (B–E) are presented as means ± standard errors of the means ($n=4$). *$p<0.05$ and **$p<0.01$, compared with the resting control; $^a_p<0.05$ and $^a_p<0.01$, compared with the 0.5% DMSO-treated group.
Figure 3. Effects of TQ-6 in integrin αIIbβ3 and GP VI activation as well as cyclic nucleotide formation in human platelets. (A) Washed platelets (3.6 × 10^8/ml) were preincubated with the (b) solvent control (0.5% DMSO) or TQ-6 (c, 0.3 µM; d, 0.5 µM) and FITC-PAC-1 (2 µg/ml) for 3 min in the (a) absence or (b–d) presence of collagen (1 µg/ml). (B) Solid line represents the fluorescence profiles of FITC-trilavin (2 µg/ml) serving only as a positive control (a); treatment with EDTA (b, 5 mM; as a negative control), TQ-6 (c, 0.3 µM; d, 0.5 µM), followed by the addition of FITC-trilavin (2 µg/ml). (C) Washed platelets were preincubated with the solvent control (0.5% DMSO) or TQ-6 (0.3 and 0.5 µM), and subsequently activated by immobilized fibrinogen (100 µg/ml). Platelets were collected, and their subcellular extracts were analyzed to determine the levels of integrin β3 phosphorylation. (D) The fluorescence profiles of (a) FITC only as a background control; washed platelets were preincubated with the (b) solvent control (0.5% DMSO) or TQ-6 (c, 0.3 µM; d, 0.5 µM) for 3 min, followed by the addition of FITC-JAQ1 (1 µg/ml). (E) For other experiments, washed platelets (3.6 × 10^8 cells/ml) were preincubated with 10 µM nitroglycerin (NTG), 1 µM prostaglandin E1 (PGE1), or 0.5 µM TQ-6 with or
without 10 μM ODQ or 100 μM SQ22536 and were subsequently treated with 1 μg/ml collagen to induce platelet aggregation. (F) Washed platelets were incubated with 0.1 μM PGE₁, 10 μM NTG, or 0.3 or 0.5 μM TQ-6 for 6 min. The cells were collected, and subcellular extracts were analyzed to determine the levels of cyclic AMP and cyclic GMP, respectively. Profiles in (C and E) are representative of four independent experiments. Data are presented as means ± standard errors of the means (n = 4). **p < 0.01 and ***p < 0.001, compared with the resting control; *p < 0.05, compared with the collagen-treated group.

Platelet activation, triflavin binds to resting and activated platelets with similar binding affinities (resting, Kd: 76.0 ± 9.6 nM vs. activated, Kd: 73.5 ± 7.4 nM) and binding numbers16. As shown in Fig. 3B, the relative intensity of FITC-triflavin (2 μg/ml) bound to resting platelets was 1154.3 ± 144.3 (n = 4), and it significantly decreased in the presence of 5 mM EDTA (negative control, 420.2 ± 75.5, n = 4; Fig. 3B a,b). TQ-6 (0.3 and 0.5 μM) had no effects in reduction of FITC-triflavin binding (0.3 μM, 1262.8 ± 189.4; 0.5 μM, 1224.3 ± 214.2, n = 4; Fig. 3B c,d) in resting platelets. For better elucidation of the mechanisms by whether TQ-6 impaired integrin αIIbβ3-mediated outside-in signaling, the integrin β3 phosphorylation, a vital indicator of outside-in signaling, was chosen for further experiments. We examined integrin β3 phosphorylation in platelets exposed to immobilized fibrinogen by immunoblotting assay, and found that phosphorylation of integrin β3 was not attenuated by TQ-6 (0.3 and 0.5 μM) (Fig. 3C). Taken together, these results indicate that inhibitory mechanisms of TQ-6 in platelet aggregation may not directly act in integrin αIIbβ3-mediated outside-in signaling, but it may be regulated by other inside-out signaling to disturb the integrin αIIbβ3 activation.

GP VI is the major collagen receptor that mediates platelet adhesion and aggregation17. We further evaluated whether TQ-6 inhibits platelet activation by specifically binding to GP VI on the platelet membrane. As shown in Fig. 3D, the relative fluorescence intensity of FITC-JAQ1 (mAb raised against GP VI; 1 μg/ml) bound directly to the platelets was obviously higher than that of the background control (FITC only). FITC-JAQ1 binding was not diminished in the presence of TQ-6 (0.3 and 0.5 μM) (Fig. 3D), and JAQ1 may target the collagen binding site in the GP VI molecule, indicating that TQ-6 did not directly act on GP VI in human platelets.

In addition, both 10 μM ODQ, a guanylate cyclase inhibitor, and 100 μM SQ22536, an adenylyl cyclase inhibitor, significantly reversed the inhibition of collagen-induced platelet aggregation mediated by 10 μM nitroglycerin (NTG) and 1 μM PGE₁ (Fig. 3E). Neither ODQ nor SQ22536 significantly reversed the inhibition of collagen-induced platelet aggregation mediated by 0.5 μM TQ-6 (Fig. 3E). As shown in the Fig. 3F, levels of cyclic AMP and cyclic GMP in resting platelets were lower compared with those of 1 μM prostaglandin E₁ (PGE₁)- and 10 μM NTG-treated platelets, respectively (1.8 ± 0.4 vs. 16.7 ± 2.5 pmol/ml, n = 4, Fig. 3F a; 0.5 ± 0.1 vs. 6.7 ± 1.9 pmol/ml, n = 4, Fig. 3F b). Neither cyclic AMP nor cyclic GMP level was significantly increased after TQ-6 treatment (0.3 and 0.5 μM) (Fig. 3F a,b). These results indicated that the mechanism of TQ-6-mediated inhibition of platelet aggregation appears to be independent of the increasing formation of cyclic nucleotides [e.g., cyclic AMP (cAMP) and cyclic GMP (cGMP)].

**Effects of TQ-6 on Src, Syk, and phospholipase C-γ2/protein kinase C cascade activation.** Src family kinases (SFK; such as Src, Fyn) play a central role in mediating the rapid response of platelet activation. Ligand-mediated of diverse receptors triggers an increase in SFK activity and downstream tyrosine phosphorylation of enzymes, adaptors, and cytoskeletal proteins that collectively propagate the signal and coordinate platelet activation18. The Src family kinases are activated through phosphorylation of tyrosine based activation and subsequently leading to binding and activation of the tyrosine kinase Syk. TQ-6 manifestly reduced both SFK (i.e., Src) and Syk phosphorylation, respectively, in washed platelets stimulated by collagen, thrombin, and U46619 (Fig. 4A and B). Additionally, phospholipases C (PLCs) hydrolyze phosphatidylinositol 4,5-bisphosphate to generate the secondary messengers inositol 1,4,5-trisphosphate (IP₃) and diacylglycerol (DAG). IP₃ triggers intracellular Ca²⁺ mobilization and DAG activates protein kinase C (PKC) activation, inducing a protein with an apparent molecular weight of approximately 47 kDa, which is predominantly phosphorylated (p47 protein; pleckstrin) and causes the ATP-release reaction19. As presented in the Fig. 2C and D, we demonstrated the inhibitory effects of TQ-6 against ATP release and intracellular Ca²⁺ mobilization. We further investigated the influence of TQ-6 on the phosphorylation of the PLC-γ2-PKC signaling cascade. At 0.3 and 0.5 μM, TQ-6 evidently reduced both PLC-γ2 phosphorylation and PKC activation (pleckstrin phosphorylation), respectively, in collagen-activated platelets (Fig. 4C and D). In addition, neither 0.3 nor 0.5 μM TQ-6 significantly affected platelet aggregation induced by 150 nM phorbol 12,13-dibutyrate (PDBu), a PKC activator (Fig. 4E), signifying that although TQ-6 does not directly affect PKC activation, it may interfere with the upstream regulator of PLC-γ2.

**Inhibitory effects of TQ-6 on MAPK and Akt phosphorylation.** To investigate the inhibitory mechanisms of TQ-6 in platelet activation, we detected several signaling molecules of the MAPK and Akt phosphorylation pathways. MAPKs, including extracellular signal-regulated kinases 1 and 2 (ERK1/2), c-Jun N-terminal kinases 1 and 2 (JNK1/2), and p38 MAPK, control major cellular responses in eukaryotic organisms and contribute to cell proliferation, migration, differentiation, and apoptosis. ERK2, JNK1, and p38 MAPK have been identified in platelets20. Notably, 0.5 μM TQ-6 significantly inhibited the phosphorylation of ERK2, JNK1, and p38 MAPK (Fig. 5). Moreover, Akt, also known as protein kinase B, is a serine/threonine-specific protein kinase that plays a key role in multiple cellular processes such as platelet activation, cell proliferation, apoptosis, and cell migration21. In this study, TQ-6 concentration-dependently inhibited collagen-induced Akt phosphorylation (Fig. 5D), indicating that the inhibition of the MAPKs and Akt signaling pathways is crucial in the TQ-6-mediated inhibition of platelet activation.


Regulatory roles of TQ-6 in hydroxyl radical formation by ESR spectrometry and thrombus formation in vivo. An ESR signal indicative of hydroxyl radical (OH·) formation was observed in collagen-activated platelets, but not in resting platelets (Fig. 6A a,b). In this study, we demonstrated that incubation...
of human platelets with collagen produced a typical four-line hydroxyl radical (OH·) signal ($a^2 = a^1 = 14.8$ G) and long lived $g = 2.005$ radical detectable by the spin trapped DMPO (Fig. 6A b), but this four-line signal was not detected in resting platelets (Fig. 6A a). Treatment with 0.3 and 0.5 μM TQ-6 considerably diminished the

**Figure 5.** Effects of TQ-6 on ERK2, JNK1, p38 MAPK, and Akt phosphorylation in collagen-activated platelets. Washed platelets ($1.2 \times 10^9$ cells/ml) were preincubated with 0.3 or 0.5 μM TQ-6 or the solvent control (0.5% DMSO) and subsequently treated with 1 μg/ml collagen to induce platelet activation. Platelets were collected, and their subcellular extracts were analyzed to determine the levels of (A) ERK2, (B) JNK1, (C) p38 MAPK, and (D) Akt phosphorylation. Data are presented as means ± standard errors of the means ($n = 4$). *$p < 0.05$, **$p < 0.01$, and ***$p < 0.001$, compared with the solvent control (0.5% DMSO) group; #$p < 0.05$, ##$p < 0.01$, and ###$p < 0.001$, compared with the collagen-treated group.
four-line OH-ESR signal by approximately 20% and 41%, respectively, compared with the collagen-treated platelets (Fig. 6A c,d).

Shear-induced platelet plug formation in whole blood was analyzed ex vivo. The PFA-100 system was used to mimic the in vivo conditions of blood vessel injury, in which platelets were exposed to a high shear rate to record the time required for platelet aggregation to occlude an aperture in a collagen-coated membrane. The CT of the CEPI-coated membrane in whole blood treated with the solvent control (0.5% DMSO) or TQ-6 (0.4 mg/kg), and the mesenteric venules were irradiated to induce microthrombus formation (occlusion time). (C) For another study, mice were administered an intravenous bolus of the solvent control (0.5% DMSO) or TQ-6 (0.4 mg/kg), and the mesenteric venules were irradiated to induce microthrombus formation (occlusion time). (D) Microscopic images (400 × magnification) of 0.5% DMSO-treated controls (a, b) and the TQ-6 (0.4 mg/kg)-treated groups (c, d) were recorded at 5 (a, c) and 150 s (b, d) after irradiation. Photographs are representative of six similar experiments. Arrow indicates platelet plug formation. (E) The bleeding time was measured through transection of the tail in mice after 30 min of administering either 0.4 mg/kg TQ-6 or 150 mg/kg aspirin intraperitoneally. Data are presented as means ± standard errors of the means (B,C, n = 6; E, n = 8). *p < 0.05, **p < 0.01, and ***p < 0.001, compared with the solvent control (0.5% DMSO or PBS)-treated group.

Figure 6. Protective effects of TQ-6 on OH· formation by electron spin resonance (ESR) study, closure time according to the analysis on the PFA-100 system and thrombotic platelet plug formation in the mesenteric venules of mice as well as the bleeding time in mouse tail vein. (A) Washed platelets were preincubated with Tyrode's solution (a, resting control) or treated with (b) 0.5% DMSO or TQ-6 at (c) 0.3 μM or (d) 0.5 μM, followed by the addition of collagen (1 μg/ml) to trigger OH· formation. Profiles are representative of four independent experiments and an asterisk (*) indicates the formation of OH·. (B) Shear-induced platelet plug formation in whole blood was determined by recording the closure time of CEPI-coated membranes, as described in the “Materials and methods.” (C) For another study, mice were administered an intravenous bolus of the solvent control (0.5% DMSO) or TQ-6 (0.4 mg/kg), and the mesenteric venules were irradiated to induce microthrombus formation (occlusion time). (D) Microscopic images (400 × magnification) of 0.5% DMSO-treated controls (a, b) and the TQ-6 (0.4 mg/kg)-treated groups (c, d) were recorded at 5 (a, c) and 150 s (b, d) after irradiation. Photographs are representative of six similar experiments. Arrow indicates platelet plug formation. (E) The bleeding time was measured through transection of the tail in mice after 30 min of administering either 0.4 mg/kg TQ-6 or 150 mg/kg aspirin intraperitoneally. Data are presented as means ± standard errors of the means (B,C, n = 6; E, n = 8). *p < 0.05, **p < 0.01, and ***p < 0.001, compared with the solvent control (0.5% DMSO or PBS)-treated group.
fluorescein sodium, the occlusion times were significantly prolonged after 0.4 mg/kg TQ-6 treatment as compared with those of DMSO-treated controls (ctl, 141.1 ± 7.5 s vs. 0.2 mg/kg, 171.1 ± 13.1 s, n = 6, p > 0.05; ctl, 136.6 ± 5.7 s vs. 0.4 mg/kg, 201.5 ± 12.0 s, n = 6, p < 0.001) (Fig. 6C). After irradiation, a thrombotic platelet plug was observed in mesenteric microvessels at 150 s, but not at 5 s, in the DMSO-treated group (Fig. 6D a,b). On administering 0.4 mg/kg TQ-6, platelet plug formation was not observed at 5 or 150 s after irradiation (Fig. 6D c,d). The observed blood flow rate in the control venule was lower than that in the TQ-6-treated venule, because the platelet plug appeared in the control venule at 150 s (Fig. 6D b).

In the tail transection model of mice, after 30 min of administering 150 mg/kg aspirin intraperitoneally, the bleeding time considerably increased from 229.2 ± 20.5 s (PBS-treated control group) to 438.1 ± 22.6 s. The bleeding time of the 0.4 mg/kg TQ-6-treated mice was slightly longer than that of the solvent control (0.5% DMSO)-treated mice (218.7 ± 22.5 s vs. 291.2 ± 17.8 s) (Fig. 6E). In this study, each animal was monitored for 10 min even if bleeding stopped, in order to detect any re-bleeding.

**Discussion**

Ruthenium complexes are an attractive alternative for platinum because they have several favorable properties suitable for rational anticancer drug design and biological applications. Thus, ruthenium metal complexes are considered one of the most promising anticancer agents. Notably, our results show, for the first time, that in addition to its antitumor activity, TQ-6, a novel synthetic ruthenium (II)-derived compound, exhibits highly potent antiplatelet activity (IC50, 0.3 μM) ex vivo and effectively inhibits arterial thrombogenesis (0.4 mg/kg) in vivo. Platelets are activated by various physiological stimuli (e.g., collagen and thrombin). These agonists are considered to exert their effects by interacting with specific receptors on platelet membranes. According to the IC50 values, TQ-6 had the stronger inhibitory activity against collagen-stimulated platelet aggregation than did DMSO-treated mice (218.7 ± 22.5 s vs. 291.2 ± 17.8 s) (Fig. 6E). In this study, each animal was monitored for 10 min even if bleeding stopped, in order to detect any re-bleeding.
Akt is a downstream effector of phosphoinositide 3-kinase (PI3K); Akt-knockout mice have been reported to exhibit defects in agonist-induced platelet activation, suggesting that Akt regulates platelet activation, with potential consequences for thrombosis\(^2\). Therefore, selective inhibitors of Akt isoforms or of proteins contributing to its activation, such as individual PI3K isoforms, may be attractive targets for antithrombotic therapy\(^3\). In addition, MAPKs are activated by specific MAPK kinases (MEKs); specifically, MEK1/2 activates ERK1/2, MEK3/6 activates p38 MAPK, and MEK4/7 activates JNK1/2\(^4\). ERK2 activation was reported to be involved in platelet aggregation induced by low-dose collagen, requiring prior ATP release, which triggers P2Y12-mediated Ca\(^{2+}\) influx and activates ERK2, thereby increasing myosin light-chain kinase phosphorylation\(^5\). Cytosolic phospholipase A\(_2\) (cPLA\(_{2}\)) is a substrate of p38 MAPK induced by various agonists such as von Willebrand factor (VWF), thrombin, and collagen\(^6\). Thus, p38 MAPK is essential for the stimulation of cPLA\(_{2}\), and release of AA, leading to TXA\(_2\) production in platelets\(^7\). JNK1 is the most recently identified MAPK in platelets, and its activation or role is therefore poorly defined. JNK1 is activated by several agonists such as thrombin, VWF, collagen, and ADP\(^8\), and JNK1 activation was reported to trigger integrin \(\alpha_{\text{IIb}}\beta_{3}\) activity\(^9\). In the current study, ERK2, JNK1, and p38 MAPK appear to play a crucial role in TQ-6-mediated inhibition of platelet activation.

Reactive oxygen species derived from platelet activation (i.e., hydrogen peroxide and OH\(^-\)) might affect cells they come in contact with, such as endothelial cells; this can amplify platelet reactivity during thrombus formation. Free radical species act as secondary signals that increase [Ca\(^{2+}\)]\(_{i}\) levels during the initial phase of platelet activation, and PKC is involved in receptor-mediated free radical production in platelets\(^10\). In addition, hydrogen peroxide produced by platelets is converted into OH\(^-\) because platelet aggregation can be inhibited by OH\(^-\) scavengers\(^11\). Our ESR spectrometry results provide direct evidence that TQ-6 diminished OH\(^-\)-formed through collagen stimulation in platelets. Thus, in vivo TQ-6-mediated inhibition of thrombogenesis may involve free radical scavenging. After vascular endothelial cell injury or exposure to subendothelial collagen, the major trigger initiating platelet adhesion and aggregation at the site of injury, followed by arterial thrombus formation. The PFA-100 system records the time required for platelet aggregation to occlude an aperture in a collagen-coated membrane. Platelet adhesion to collagen depends on flow conditions; in this study, platelets prolonged adhesion to collagen under flow conditions. In a thrombosis study, the mesenteric venules were continuously irradiated by fluorescein sodium throughout the experimental period, leading to strong damage to the endothelial cells\(^12\). TQ-6 significantly prolonged both closure times and occlusion times; these effects may be mediated, at least partly, by the inhibition of platelet activation. In addition, the tail transection model of mice was used to examine the effect of TQ-6 on bleeding time \textit{in vivo}. Although aspirin is the most effective antiplatelet drug prescribed for preventing or treating cardiovascular and cerebrovascular diseases, it causes an unwanted prolongation of bleeding time. In the tail transection model, the slight prolongation of the bleeding time may be caused by the antiplatelet activity of TQ-6, at least partly. Furthermore, these results may serve basically as a general example of how TQ-6 increases bleeding time compared to prominent bleeding phenotypes.

In conclusion, the findings of this study reveal that TQ-6 has a novel role in inhibiting platelet activation through the inhibition of the agonist receptors-mediated inside-out signaling such as SFK-Syk-PLC\(_{\gamma}\)-PKC cascade and subsequent suppression of Akt and MAPKs activation. These alterations reduce granule secretion (i.e., ATP release, [Ca\(^{2+}\)]\(_{i}\) levels, and surface P-selectin expression), leading to disturb integrin \(\alpha_{\text{IIb}}\beta_{3}\)-mediated outside-in signaling (i.e., integrin \(\beta_{3}\) phosphorylation), and ultimately inhibiting platelet aggregation. However, we could not rule out the involvement of other mechanisms which are yet to be identified, in TQ-6-mediated inhibition of platelet activation. Thus, our findings suggest a novel rhenium derivative, TQ-6, as a potential therapeutic agent for preventing or treating thromboembolic disorders.

Materials and Methods

Chemicals and Reagents. Collagen, luciferin-luciferase, U46619, phosphoribo, 12,13-dibutyrate (PDBu), heparin, prostaglandin E\(_1\) (PGE\(_1\)), aspirin, 5,5-dimethyl-1-pyrronyl N-oxide (DMPO), SQ22536, H\(_1\)-[1,2,4]oxadiazolo[4,3-a]quinazolin-1-one (ODQ), bovine serum albumin (BSA), fibrinogen, and thrombin were purchased from Sigma (St. Louis, MO, USA). Fura-2AM, an intracellular calcium indicator, was purchased from Molecular Probes (Eugene, OR, USA). Convoluxin, anti-phospho-p38 mitogen-activated protein kinase (MAPK) Ser\(^\text{182}\), anti-integrin \(\beta_{3}\) monoclonal antibodies (mAbs), and anti-phospho-integrin \(\beta_{3}\) (Tyr\(^799\)) polyclonal antibody (pAb) were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Anti-p38 MAPK, anti-phospho-JNK (Thr\(^\text{183}\)/Tyr\(^\text{185}\)), anti-Syk (D3Z1E) XP\(^\text{®}\), anti-phospho-Src family (Tyr\(^\text{416}\)), and anti-p44/p42 ERK (1/2) mAbs, as well anti-PLC\(_{\gamma}\), anti-phospho (Tyr\(^\text{799}\)) PLC\(_{\gamma}\)-2, anti-phospho-(Ser) PKC substrate (pleckstrin; p-p47), anti-JNK, anti-phospho-Syk (Tyr\(^\text{325/326}\)), anti-Src family, and anti-phospho-p44/p42 ERK (Thr\(^\text{202}\)/Tyr\(^\text{204}\)) pAbs, were purchased from Cell Signaling (Beverly, MA, USA). Anti-phospho-Akt (Ser\(^\text{473}\)) and anti-Akt mAbs were purchased from Biovision (Mountain View, CA, USA). An anti-pleckstrin (p47) pAb was purchased from GenTex (Irvine, CA, USA). A Hybond-P PVDF membrane, an enhanced chemiluminescence Western blotting detection reagent, horseradish peroxidase (HRP)-conjugated donkey anti-rabbit immunoglobulin G (IgG), and sheep anti-mouse IgG were purchased from Amersham (Buckinghamshire, UK). Fluorescein isothiocyanate (FITC)-labelled anti-GP VI (IgG1) mAb was obtained from Emfret Analytics (Würzburg, Germany). FITC anti-human CD42P (P-selectin) and FITC anti-human CD41/CD61 (PAC-1) mAbs were obtained from BioLegend (San Diego, CA, USA). Cyclic AMP and cyclic GMP enzyme immunoassay (EIA) kits were obtained from Cayman (Ann Arbor, MI). The Dade Behring PFA-100 collagen/epinephrine (CEPI) test cartridge was obtained from Siemens Healthcare (Erlangen, Germany).

TQ-6 synthesis. 2-(1H-Benzimidazol-2-yl)-quinoline (L). 2-Methyl-quinoline (2.86 g, 20 mM) was added to a Schlenk flask containing 2-nitro-phenylamine (1.38 g, 10 mM), elemental sulfur (32 mg, 1 mM), and iron powder (56 mg, 1 mM). After the flask was flushed with argon, the contents were stirred at 160°C under an atmosphere of argon for 24h. The reaction mixture was then allowed to cool down, excess iron powder was
removed by filtration through a celite pad, and the solvent was evaporated under reduced pressure. Next, the residue was dissolved in dichloromethane, washed with water, dried over anhydrous Na₂SO₄, and concentrated through rotary evaporation. The resulting crude product was subjected to silica gel column chromatography and eluted with DCM/MeOH (99:1) to afford the pure title compound L: pale yellow solid (1.6 g, 65%); mp 218 °C–220 °C; ¹H NMR (400 MHz, CDCl₃) δ 10.97 (s, 1 H), 8.50–8.48 (d, 1 H, J = 8 Hz), 8.26–8.24 (d, 1 H, J = 8 Hz), 8.05–8.02 (d, 1 H, J = 12 Hz), 7.83–7.79 (t, 2 H, J = 8 Hz), 7.71–7.66 (m, 1 H), 7.53–7.49 (t, 1 H, J = 8 Hz), 7.43–7.41 (d, 1 H, J = 8 Hz), 7.25–7.21 (m, 2 H); ESI-MS m/z 244 (M⁺).

[Ru(η⁶-cymene) 2-(1H-benzoimidazol-2-yl)-quinoline Cl] BF₄ (TQ-6). [Ru(p-cymene)(Cl)]₂(0.12 g, 0.2 mM) and L (0.1 g, 0.4 mM) were suspended in methanol (20 ml) and stirred at room temperature for 2 h. NH₄BF₄ (200 mg, 0.6 mM) in MeOH (10 ml) was added to the initially yellow solution, thus changing its color to orange. After 24 h, the solution was evaporated, and the resulting solid was filtered and washed with diethyl ether (40 ml) and dried under vacuum. The desired products were recrystallized from DCM:hexane solvent mixture to give orange microcrystals: ¹H NMR (400 MHz, DMSO-D₆) δ 15.46 (br s, 1 H, 8.98–8.96 (d, 1 H, J = 8 Hz), 8.83–8.80 (d, 1 H, J = 12 Hz), 8.66–8.64 (d, 1 H, J = 8 Hz), 8.29–8.27 (d, 1 H, J = 8 Hz), 8.19–8.13 (m, 2 H), 7.97–7.94 (t, 2 H, J = 6 Hz), 7.90–7.87 (m, 2 H), 6.33–6.32 (d, 2 H, J = 4 Hz), 6.31–6.29 (d, 1 H, J = 8 Hz), 6.11–6.09 (d, 1 H, J = 8 Hz), 2.28 (s, 3 H), 2.21–2.15 (m, 1 H), 0.73 (s, 6 H); ESI-MS: m/z = 516 [M-BF₄]⁺ (Fig. 1A). The freshly obtained TQ-6 was dissolved in DMSO and stored at 4 °C.

Platelet aggregation. This study was approved by the Institutional Review Board of Taipei Medical University (TMU-JIRB-N201612050) and conformed to the directives of the Declaration of Helsinki. All human volunteers involved in this study provided informed consent. Human platelet suspensions were prepared as described previously. Human blood samples were obtained from adult volunteers who refrained from the use of drugs or other substances that could interfere with the experiment for at least 14 days before collection; the collected blood samples were mixed with an acid-citrate-dextrose solution. After centrifugation, the platelet-rich plasma was supplemented with 0.5 mM PGE₁ and 6.4 IU/ml heparin. Tyrode’s solution containing 3.5 mg/mL BSA was used to prepare the final suspension of washed human platelets. The final Ca²⁺ concentration in Tyrode’s solution was 1 mM. The platelet aggregation test was performed using a lumiaggregometer (Payton Associates, Scarborough, ON, Canada) as described previously. Various concentrations of TQ-6 or a solvent control (0.5% DMSO) were preincubated with platelet suspensions (3.6 × 10⁸ cells/ml) for 3 min before the addition of various concentrations of agonists (i.e., collagen). The extent of platelet aggregation was calculated as a percentage of the control (absence of TQ-6) of light-transmission units, after the reaction proceeded for 6 min. For ATP release assay tests, 20 µl of luciferin-luciferase was added 1 min before the addition of the agonist; the amount of ATP released was compared with that released by the control.

Measurement of intracellular [Ca²⁺]i mobilization by using Fura-2-AM fluorescence. The amount of intracellular calcium concentration [Ca²⁺]i was determined using Fura-2-AM as described previously. Briefly, citrated whole blood was centrifuged at 120 × g for 10 min; the supernatant was collected and incubated with 5 µM Fura-2-AM for 1 h. Human platelets were prepared as described in the previous section. The Fura-2-AM-loaded platelets were washed and preincubated with TQ-6 in the presence of 1 mM CaCl₂ and then stimulated with collagen (100 µg/ml) for 3 min before the addition of various concentrations of agonists (i.e., collagen). The extent of platelet aggregation was calculated as a percentage of the control (absence of TQ-6) of light-transmission units, after the reaction proceeded for 6 min. For ATP release assay tests, 20 µl of luciferin-luciferase was added 1 min before the addition of the agonist; the amount of ATP released was compared with that released by the control.

Detection of lactate dehydrogenase (LDH). Washed platelets (3.6 × 10⁸ cells/ml) were preincubated with 20, 50, and 100 µM TQ-6 or the solvent control (0.5% DMSO) for 20 min at 37 °C. An aliquot of the supernatant (10 µl) was deposited on a Fuji Dri-Chem slide LDH-PHi (Fuji, Tokyo, Japan), and the absorbance wavelength was read at 540 nm by using an ultraviolet-visible spectrophotometer (UV-160; Shimadzu, Japan). A maximal value of LDH was noted in sonicated platelets.

Flow cytometric analysis. Platelet P-selectin, GP VI, and integrin α₁bβ₃ expression were performed by flow cytometric analysis. Fluorescence-conjugated trilavin, a specific integrin α₁bβ₃, antagonist, was prepared as described previously. The final concentration of FITC-conjugated trilavin was adjusted to 1 mg/ml. Washed platelets were prepared as described in the previous section. The aliquots of platelet suspensions (3.6 × 10⁸ cells/ml) were preincubated TQ-6 (0.3 and 0.5 µM) with FITC-P-selectin (2 µg/ml), FITC-JAQ1 (1 µg/ml), FITC-PAC-1 (2 µg/ml), and FITC-trilavin (2 µg/ml) for 3 min, followed by the addition of collagen (1 µg/ml) or not. The suspensions were then assayed for fluorescein-labeled platelets using a flow cytometer (FACScan Syst., Becton Dickinson, San Jose, CA). Data were collected from 50,000 platelets per experimental group, and the platelets were identified on the basis of their characteristic forward and orthogonal light-scattering profiles. All experiments were repeated at least four times to ensure reproducibility.

Immunoblotting. Washed platelets (1.2 × 10⁹ cells/ml) were preincubated with various concentrations of TQ-6 or the solvent control (0.5% DMSO) for 3 min, followed by the addition of either collagen to trigger platelet activation or added to immobilized fibrinogen dishes (6-cm), which were pre-coated with fibrinogen (100 µg/ml) overnight at room temperature and then blocked with 1% BSA. The reaction was then stopped, and the platelets were immediately resuspended in 200 µl of lysis buffer. Samples containing 80 µg of protein were separated through 12% SDS gel electrophoresis, and the proteins were electrotransferred to PVDF membranes by using a Bio-Rad semidry transfer unit (Bio-Rad, Hercules, CA, USA). The blots were then blocked with Tris-buffered saline in Tween 20 (TBST; 10 mM Tris-base, 100 mM NaCl, and 0.01% Tween 20) containing 5% BSA for 1 h and probed with various primary antibodies. The membranes were incubated with HRP-linked anti-mouse IgG.
or anti-rabbit IgG (diluted 1:3000 in TBST) for 1 h. An enhanced chemiluminescence system was used to detect immunoreactive bands, and their optical density was quantified using Bio-profil Biolight (version V2000.01; Vilber Lourmat, Marne-la-Vallée, France).

**Measurement of cyclic nucleotide formation.** Platelet suspensions (3.6 × 10⁶ cells/ml) were incubated with 0.1 μM PGE₁ or 10 μM NTG and 0.3 or 0.5 μM TQ-6 in the presence of 100 μM 3-isobutyl-1-methylxanthine for 6 min. Incubation was stopped, and the solution was immediately boiled for 5 min. The supernatants (50 μl) were employed in determining the contents of cyclic AMP and cyclic GMP by using EIA kits.

**Measurement of hydroxyl radicals through electron spin resonance spectrometry.** Electron spin resonance (ESR) spectrometry was performed on a Bruker EMX ESR spectrometer (Bruker, Billerica, MA, USA) as described previously³⁵. Platelet suspensions (3.6 × 10⁶ cells/ml) were preincubated with 0.3 or 0.5 μM TQ-6 or 0.5% DMSO for 3 min before the addition of 1 μg/ml collagen. After the suspensions were incubated for 5 min, 100 μM DMPO was added before the execution of ESR spectrometry. ESR spectra were recorded at room temperature using quartz flat cell designed for water solution. The dead time between platelet suspension and ESR analysis was exactly 30 s after the last addition. The spectrometer was operated at a power of 20 mW, frequency of 9.78 GHz, scan range of 100 G, and receiver gain of 5 × 10⁴. Modulation amplitudes, 1 G; time constant, 164 ms; and scanning for 42 s with 3 scans accumulated. The rate of OH⁻ scavenging activity of TQ-6 was calculated as follows: inhibition rate = 1 – [signal height (TQ-6)/signal height (solvent control)]³⁵.

**Platelet function analysis for whole blood.** A Dade Behring PFA-100 system (Dade Behring, Marburg, Germany) was used to analyze platelet function³⁶. Cartridges containing CEPI-coated membranes were preincubated with various concentrations of TQ-6 or the solvent control (0.5% DMSO) for 2 min. Whole blood aliquots (0.8 ml/cartridge) were applied to the cartridges before the contents were exposed to high-shear-flow conditions (5000–6000/s). Closure time (CT) was defined as the time required for a platelet plug to occlude the aperture in the collagen membrane³⁶.

**Measurement of sodium fluorescein-induced platelet thrombus formation in mice mesenteric microvessels.** Male ICR mice (6 weeks) were anesthetized using a mixture containing 75% air and 3% isoflurane maintained in 25% oxygen; their external jugular veins were cannulated with a PE-10 tube for administering the dye and drugs intravenously³⁵. Venules (30–40 μm) were irradiated at wavelengths of < 520 nm to produce a microthrombus. Two doses of TQ-6 (0.2 and 0.4 mg/kg) were administered 1 min following sodium fluorescein (15 μg/kg) administration, and the time required for the thrombus to occlude the microvessel (occlusion time) was recorded. In this experiment, the method applied on the thrombogenic animal model conformed to the Guide for the Care and Use of Laboratory Animals (8th edition, 2011) and was approved by Affidavit of Approval of Animal Use Protocol–Taipei Medical University (LAC-2016–0395).

**Measurement of bleeding time in mouse tail vein.** The bleeding time was measured through transection of the tail of the mice. In brief, after 30 min of administering either 0.4 mg/kg TQ-6 or 150 mg/kg aspirin intraperitoneally, we sharply cut the tail of the mice at 3 mm from the tip. The tails were immediately placed into a tube filled with saline at 37°C for measuring bleeding time, which was recorded until the bleeding completely stopped.

**Statistical analysis.** The experimental results are expressed as means ± standard errors of the means and are accompanied by the number of observations (n). Values of n refer to the number of experiments, and each experiment was conducted using different blood donors. The unpaired Student’s t test was used to determine significant differences in the occlusion times and bleeding time of mice. The differences between the groups in other experiments were assessed using ANOVA. When the ANOVA indicated significant differences among the group means, the groups were compared using the Student–Newman–Keuls method. A p value of < 0.05 indicated statistical significance. Statistical analyses were performed using SAS (version 9.2; SAS Inc., Cary, NC, USA).

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**Author Contributions**

C.H.H., M.V., and J.R.S. performed research and wrote the manuscript; T.K. and T.J. performed research and some experiments; W.J.L. and K.H.L. performed some experiments and analyzed data; C.C.C. conceived of the study and designed the research. All authors have read and approved the final manuscript.

**Additional Information**

**Competing Interests:** The authors declare that they have no competing interests.

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