Quantum States of Fields for Quantum Split Sources

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\textbf{Abstract:} Field mediated entanglement experiments probe the quantum superposition of macroscopically distinct field configurations. We show that this phenomenon can be described by using a transparent quantum field theoretical formulation of electromagnetism and gravity in the field basis. The strength of such a description is that it explicitly displays the superposition of macroscopically distinct states of the field. In the case of (linearised) quantum general relativity, this formulation exhibits the quantum superposition of geometries giving rise to the effect.

1 Introduction

The prospect of detecting the entanglement induced by a gravitational interaction is opening a new perspective on the possibility of observing phenomena at the interface between quantum theory and gravity [1–20]. Field Mediated Entanglement (FME), indeed, could provide evidence for the existence of quantum superpositions of gravitational fields [21–33]. The experimental verification of this effect might be achieved in the foreseeable future, thanks to the impressive experimental progress both in tests of the gravitational field associated to lighter and lighter particles [34], ground state cooling [35–37], and generation of large superpositions [38–40]. Hence, it is now it possible to devise a new generation of experiments which will eventually test the gravitational field associated to a quantum split source [41]. These new developments have raised the hope to open the first phenomenological window on a detectable quantum gravitational phenomenon.

While the intuitive physics underpinning FME is simple, its detailed field theoretical description is not, because it involves a quantum superposition of macroscopically distinct field configurations. In the conventional Fock basis description, each gravitational field configuration contains an infinite number of particles. On the other hand, the interacting potential can be described in quantum field theory as an exchange of virtual particles.
These aspects of the formulation have raised questions regarding the exact physical implications of a potential detection of a gravitational FME. These include the role of the Newtonian potential and the split between transverse and longitudinal components of the gravitational field [4], the relation between the quantum gravitational state and the superposition of geometries, the precise mechanism leading to the mediation of entanglement between the source systems [3], and the role of locality in mediating the interaction [42, 43].

Here, we give a straightforward and transparent Hilbert space description of the phenomenon, and in particular of the quantum state of the gravitational field sourced by a quantum particle in a spatial superposition. This description sheds light on the open questions mentioned above (a field theoretical account of the relative phase has been given in [44] using path integrals). Specifically, we use the Schrödinger representation of quantum fields in the field basis [45] and we apply it to an effective quantum field-theoretic description of gravity in the weak regime [46–50]. For the vacuum state, we reproduce certain results in [46], which adopted a different approach. The field basis allows us to treat naturally quantum split macroscopic sources. We fix the gauge minimally to emphasise the gauge-independent aspects of the description. In the electromagnetic case, we reproduce features of the Dirac dressing formalism [51] as well as related result by the BRST quantization [52].

We start by illustrating the general structure of the effect in an elementary finite dimensional toy model (Section 2), then we analyse both the electromagnetic (Section 3) and the gravitational (Section 4) cases separately. For the latter, we give a simple derivation of the Hamiltonian formulation of linearized gravity and provide concise steps of its quantization. We rigorously derive the quantum state of the gravitational field corresponding to the Newtonian field of a superposition of masses in the time gauge. This proves that the Newtonian field has a quantum state which is entangled with the source state, as previously argued [5, 6]. Finally, the relative phase accumulated in the interferometer when the Hamiltonian acts on this joint quantum state of gravity and matter coincides with the phase predicted when the two particles interact via the (nonlocal) Newtonian potential. In Section 5 we discuss the physical interpretation of our results.

Greek indices run over all spacetime components, Latin indices indicate the spatial components.
2 Toy model

Consider a one dimensional harmonic oscillator (HO) with mass \(m\) and spring constant \(k\) affected by an external force generated by a linear potential. The Hamiltonian that describes its dynamics is

\[
H_\gamma = \frac{p^2}{2m} + \frac{k}{2} x^2 - m\gamma x, \tag{1}
\]

where \(\gamma\) determines the strength of the force. Notice that \(\gamma\) appears as a source term in the equation of motion

\[
\ddot{x} + \omega^2 x = \gamma, \tag{2}
\]

where \(\omega^2 = k/m\). The effect of the source is to add a constant term to the general solution of a free harmonic oscillator:

\[
x(t) = A \sin(\omega t + \phi_0) + \frac{\gamma}{\omega^2} \equiv A \sin(\omega t + \phi_0) + x_\gamma \tag{3}
\]

Notice that the presence of the source shifts the minimum-energy classical solution of the free theory \(x(t) = 0\) to the solution

\[
x(t) = x_\gamma. \tag{4}
\]

The effect of the source, in fact, is simply to displace the minimum of the potential.

The quantum theory can be written in the Schrödinger representation, in terms of wave functions \(\psi(x,t)\). The spectrum of the Hamiltonian is easy to find. Writing \(\tilde{x} = x - x_\gamma\) puts the Hamiltonian in the form

\[
\hat{H} = \frac{p^2}{2m} + \frac{k}{2} \tilde{x}^2 - \frac{m\gamma^2}{2\omega^2}, \tag{5}
\]

which is the free HO Hamiltonian minus a constant term. Therefore, the spectrum of the energy is the HO spectrum, but shifted by the constant term.

Of particular interest to us is the minimal energy state, or "vacuum". Clearly, this is the standard HO vacuum shifted to \(x_\gamma\):

\[
\psi_\gamma(x) = \psi_\circ(x - x_\gamma) = Ce^{-\frac{(x-x_\gamma)^2}{2\sigma^2}} \tag{6}
\]

with \(\sigma^2 = \hbar/(m\omega)\). In the momentum representation, the shift in \(x\) becomes a phase:

\[
\psi_\gamma(p) = \psi_\circ(p)e^{-i\hbar x_\gamma p} = Ce^{-\frac{p^2}{2\sigma^2}} e^{-\frac{i}{\hbar} x_\gamma p}. \tag{7}
\]

Formally, we can introduce the translation operator

\[
T_\gamma = e^{-\frac{i}{\hbar} x_\gamma p} \tag{8}
\]

and write

\[
\psi_\gamma = T_\gamma \psi_\circ. \tag{9}
\]

We have illustrated this with a certain detail, because a very similar structure appears in the quantum states of the field in the presence of sources.

Consider the case in which \(\gamma\) is a parameter that we can manipulate at will. If the HO is
in the minimum energy state $\psi_{\gamma}$ and we change $\gamma$ to $\gamma'$, the movement of the source excites the HO and moves it away from the minimum energy state. If there is also a dissipation sink into which the HO can dissipate energy, after a transient phase the HO re-settles to the minimum energy state corresponding to the new value of $\gamma'$, namely to $\psi_{\gamma'}$. Keeping in mind the existence of transient phase is important for the following.

Next, let us now consider a situation where the constant $\gamma$ is replaced by a quantum physical variable $\gamma$. In this case, the quantum states of the coupled system can be represented in the Schrödinger representation as wave functions $\Upsilon(x, \gamma)$. For simplicity, let us assume that the dynamics of $\gamma$ is trivial and its mass is very large. (The only quantum aspect relevant for what follows is that the variable can be set into a quantum superposition of different values.) This mimics the physical regime in which we will be interested for the FME case. In this case, semiclassical states corresponding to classical configurations where $\gamma$ takes a specific value $\gamma = \gamma_i$ are well approximated by the generalised eigenstates $\phi_{\gamma_i}(\gamma) \sim \delta(\gamma - \gamma_i)$ \cite{53}. In the approximation considered, these are stationary. The (approximately) stationary state of the entire system where $\gamma$ takes a specific value $\gamma = \gamma_i$ which has minimal energy is therefore

$$\Upsilon_{\gamma_i}(x, \gamma) = \phi_{\gamma_i}(\gamma) \psi_{\gamma_i}(x). \quad (10)$$

The states that will interest us below are states where the variable $\gamma$ is in the superposition of $n$ values: $i = 1, \ldots, n$. If the variable gamma is set to such a superposition, the stationary minimum energy state for the entire system will be

$$\Upsilon(x, \gamma) = \sum_i c_i \phi_{\gamma_i}(\gamma) \psi_{\gamma_i}(x) \quad (11)$$

where the $x$ and $\gamma$ variables are entangled.

We are now going to write analog states for field theories. The variable $\gamma$ is the analog of the quantum sources set in superposition, and the variable $x$ is the analog of the field variables. We will emphasize similarities and differences between this simple case and the field case, both in electromagnetism and in gravity.

3 Electromagnetic field in the Schrödinger representation

3.1 Free theory with no sources

The action of the free electromagnetic field is

$$S = -\frac{1}{4} \int d^4x \, F_{\mu\nu}(x) F^{\mu\nu}(x), \quad (12)$$

with $F_{\mu\nu}(x) = \partial_{\mu} A_\nu - \partial_{\nu} A_\mu$. The equations of motion are

$$\Box A^\mu - \partial^\mu (\partial_\alpha A^\alpha) = 0. \quad (13)$$

The action does not depend on $\partial_0 A_0(x)$. This implies a primary constraint: the momentum canonically conjugated to $A_0(x)$, vanishes. We can set $A_0(x) = 0$ strongly. The other
momenta are
\[ \pi_i = \frac{\partial L}{\partial \dot{A}_i} = \partial_0 A_i - \partial_i A_0 = E_i, \]
with \(E_i\) being the components of the electric field. The secondary constraint \(\mathcal{G}\) obtained from the commutator of the Hamiltonian with the primary constraint is the Gauss law
\[ \mathcal{G} = \nabla \cdot E = 0. \]
In the Hamiltonian framework, the theory can be defined by the Poisson bracket structure
\[ \{ A_i(\vec{x}, t), E_j(\vec{x}', t) \} = \delta_{ij} \delta^{(3)}(\vec{x} - \vec{x}'), \]
the Gauss law constraint (15) and the Hamiltonian
\[ H = \frac{1}{2} \int d^3 x \left( E^2(\vec{x}) + B^2(\vec{x}) \right) \]
where \(B = \nabla \times A\) is the magnetic field. Since we have set \(A_0 = 0\), there are no constraint terms to add to the Hamiltonian.

The quantization of the electromagnetic field in the Schrödinger representation then can be carried out in terms of wave functionals \(\Psi[A]\) on which the \(A\) field operator acts diagonally and the \(E\) field operator acts as
\[ E_i(\vec{x}) = -i\hbar \frac{\delta}{\delta A_i(\vec{x})}. \]
(from now on, we set \(\hbar = 1\).) This is the "field basis" representation of quantum electromagnetism. The Gauss constraint can be imposed strongly on the states. That is, the wave functionals are restricted to those satisfying \(\mathcal{G}\Psi = 0\), namely
\[ \partial_i \frac{\delta}{\delta A_i(\vec{x})} \Psi[A] = 0. \]
It is easy to see that the operator \(\mathcal{G}\) is the generator of the gauge transformation \(A \rightarrow A = d\lambda\), hence the general solution of Eq. (19) is given by the functionals that are constant along the gauge orbits. That is
\[ \Psi[A] = \Psi[B[A]], \]
since the magnetic field is gauge invariant and gauge inequivalent \(A\)'s have different magnetic fields.

Like for the Harmonic oscillator, the minimum energy state of the Hamiltonian is a Gaussian centered on the classical minimum energy configuration \(B = 0\). Explicitly, it is
\[ \Psi_o[A] = C \exp \left\{ -\frac{1}{2\hbar} \int d^3 x d^3 y \frac{B(\vec{x}) \cdot B(\vec{y})}{|\vec{x} - \vec{y}|^2} \right\}. \]
which is the gauge invariant ground state functional of the electromagnetic field \([45, 54]\). This is the quantum state that corresponds to the Fock vacuum \(|0\rangle\) of the standard Fock formulation of quantum field theory in this basis: \(\Psi_o[A] = \langle A|0\rangle\). Notice that the exponent is non local in the field: this is a reflex of the well known non-local correlations in the
vacuum of quantum field theory.

It is convenient for the following to express the field in Fourier transform. Defining

\[ A_i(\vec{x}) = \int \frac{d^3k}{(2\pi)^3} \tilde{A}_i(\vec{k}) e^{i\vec{k} \cdot \vec{x}}, \]

\[ \delta \delta A_i(\vec{x}) = \int \frac{d^3k}{(2\pi)^3} \delta \tilde{A}_i(\vec{k}) e^{-i\vec{k} \cdot \vec{x}}, \]  \hspace{1cm} (22)

The vacuum state can be written as

\[ \Psi_o[A] = C \exp \left\{ -\frac{1}{2\hbar} \int \frac{d^3k}{(2\pi)^3} \frac{(\vec{k} \times \tilde{A}(\vec{k})) \cdot (\vec{k} \times \tilde{A}(\vec{-k}))}{|\vec{k}|} \right\}. \]  \hspace{1cm} (23)

Notice that rearranging the terms using the vector identity \((\vec{a} \times \vec{b}) \cdot (\vec{c} \times \vec{d}) = (\vec{a} \cdot \vec{c})(\vec{b} \cdot \vec{d}) - (\vec{a} \cdot \vec{d})(\vec{b} \cdot \vec{c})\) this can be rewritten in the form

\[ \Psi_o[A] = C \exp \left\{ -\frac{1}{2\hbar} \int \frac{d^3k}{(2\pi)^3} |\vec{k}| \left( \tilde{A}_i(\vec{k}) P^i_j(\vec{k}) \tilde{A}^j(\vec{-k}) \right) \right\}. \]  \hspace{1cm} (24)

where \(P^i_j(\vec{k})\) is the projector onto the transverse direction of the momenta

\[ P^i_j(\vec{k}) = \delta^i_j - \frac{k^i k_j}{|\vec{k}|^2}. \]  \hspace{1cm} (25)

We shall also use the projector on the longitudinal direction

\[ \Pi^i_j(\vec{k}) = \frac{k^i k_j}{|\vec{k}|^2}. \]  \hspace{1cm} (26)

The definition of these operators requires care for \(|\vec{k}|^2 = 0\). In coordinate space, \(1/|\vec{k}|^2\) is the inverse of the Laplacian, therefore the sector of the fields where the definition is ambiguous is given by the harmonic functions. We take these to be longitudinal by definition.

The Gauss constraint, indeed, states that \(\Psi[A]\) is constant in the direction of the longitudinal components of the field.

Recall that any vector field \(A\) can be split into a longitudinal component which can be written as \(A^L = \nabla f\), and a transverse component \(A^T\) that satisfies \(\nabla \cdot A^T = 0\). The decomposition is not unique, because if \(\lambda\) is harmonic \((\Delta \lambda = 0)\) then \(A = \nabla \lambda\) satisfies \(\nabla \cdot A = 0\), so it is both longitudinal and transverse. If boundary conditions are set the harmonic part of the field is uniquely determined by these. The split between a longitudinal and a transverse component of the field is therefore non-local.

Let us also illustrate the theory in the representation that diagonalizes the electric field \(E\) rather than the potential \(A\). This is easily obtained by a functional Fourier transform in field space from the wave functionals \(\Psi[A]\) of Eq. (24) to wave functionals \(\Psi[E]\). (This is analog to going from the \(\psi(x)\) to the \(\psi(p)\) representation in the toy model.) The Gauss law is diagonal in this representation and therefore its solution is given by the states that have support on the fields \(E\) satisfying the Gauss law. (The Fourier transform of a constant is a delta function.) That is, all the physical states of the theory have the form

\[ \Psi[E] = \delta[\nabla \cdot E] \Phi[E]. \]  \hspace{1cm} (27)
The vacuum is easily obtained in the same manner. It can be written in the form
\[ \Psi_0[E] = C \delta[\nabla \cdot E] \exp \left\{ -\frac{1}{2\hbar} \int d^3x d^3y \frac{E(\vec{x}) \cdot E(\vec{y})}{|\vec{x} - \vec{y}|^2} \right\}. \] (28)

Importantly for the following, notice that the state is not independent of the longitudinal components of the field: it is peaked around their vanishing value.

### 3.2 Electromagnetism with a source

The action of the electromagnetic field theory with a source, whose 4-current is \( J_\mu(x) \), is
\[ S = -\frac{1}{4} \int d^4x \ F_{\mu\nu}(x) F^{\mu\nu}(x) - \int d^4x \ J_\mu(x) A^\mu(x). \] (29)

The equations of motion are
\[ \Box A^\mu - \partial^\mu (\partial_\alpha A^\alpha) = -J^\mu(x). \] (30)

To start with, we consider the source to be external, fixed and static. Then it has only the component \( J^0(x) \equiv \rho(x) \), which is the charge density. The hamiltonian theory is the same as above, with the only difference that the Gauss law constraint is now
\[ G_\rho = \nabla \cdot E - \rho = 0 \] (31)

Before going to the quantum theory, let us pause a moment to consider a minimum energy classical solution in this formalism. Say the source is concentrated in the origin:
\[ \rho(\vec{x}) \sim q\delta(\vec{x}). \] (32)

The equations of motion have of course many possible solutions; let’s focus on the minimum energy one. The electric field is the Coulomb field
\[ E_q(\vec{x}) = -q \frac{1}{r}, \] (33)
where \( r = |\vec{x}| \), and the magnetic field vanishes \( B_\rho = 0 \). But what about the potential \( A^\rho \)?

A moment of reflection shows that the potential of the Coulomb field of a point-like charge \( \rho \) in this gauge must be the time dependent field
\[ A_\rho(\vec{x}, t) = -qt \frac{1}{r}. \] (34)

because this gives the correct electric and magnetic fields in the time gauge \( A_0 = 0 \). It may be surprising at first that that the Coulomb field is time dependent in the time gauge, but this is the case. As we shall see, the same is true in gravity for the Newtonian field. For a generic source \( \rho \)
\[ E_\rho(\vec{x}) = -\int d^3y \frac{\rho(\vec{y})}{|\vec{x} - \vec{y}|}, \quad A_\rho(\vec{x}) = -t \int d^3y \frac{\rho(\vec{y})}{|\vec{x} - \vec{y}|}. \] (35)
For an ensemble of pointlike charges $q_n$ located in the points $x_n$, the electric field is

$$E_{x_n}(\vec{x}) = -\sum_n \nabla_x \frac{q_n}{|\vec{x} - \vec{x}_n|}.$$  \hspace{1cm} (36)

Let us move to the quantum theory. The Hamiltonian is the same as before, but the space of the allowed states is different. These must satisfy the modified Gauss law constraint $\mathcal{G}_\rho$. In the $\Psi[E]$ representation, this implies simply a modification of the delta function:

$$\Psi[E] = \delta[\nabla \cdot E - \rho] \Phi[E].$$  \hspace{1cm} (37)

In the $\Psi[A]$ representation, this implies that the state is not independent from the longitudinal components of $A$. Rather, its dependence on these is determined by $\rho$ via the Gauss constraint. In both representations, the minimal energy state can be obtained as we did in the toy model, by introducing the field space translation operator analogous to the operator (8)

$$T_\rho = e^{-\frac{i}{\hbar} \int d^3x \ E_\rho(\vec{x}) A(\vec{x})}.$$ \hspace{1cm} (38)

This shows that the minimal energy state can be written in the $\Psi[A]$ representation simply shifting Eq. (21), that is, $\Psi[\rho][A] = C \exp \left\{ -\frac{1}{2\hbar} \int d^3x d^3y \ \frac{B(\vec{x}) \cdot B(\vec{y})}{|\vec{x} - \vec{y}|^2} - i \frac{\hbar}{\pi} \int d^3x \ E_\rho(\vec{x}) \cdot A(\vec{x}) \right\}.$  \hspace{1cm} (39)

This linear shift is related to the Dirac dressing [51].

In terms of the Fourier components $\tilde{A}(\vec{k})$ this reads

$$\Psi[\rho][A] = C \exp \left[ -\frac{1}{2\hbar} \int \frac{d^3k}{(2\pi)^3} \ \frac{(\vec{k} \times \tilde{A}(\vec{k})) \cdot (\vec{k} \times \tilde{A}(-\vec{k}))}{|\vec{k}|^2} + i \frac{\hbar}{\pi} \int \frac{d^3k}{(2\pi)^3} \frac{\tilde{A}_j(k) \tilde{A}_j(-k)}{|\vec{k}|^2} \right].$$  \hspace{1cm} (40)

Notice that the last term depends on the longitudinal components of the field. In the $\Psi[E]$ representation, the translation operator gives

$$\Psi[\rho][E] = C \exp \left[ -\frac{1}{2\hbar} \int d^3x d^3y \ \frac{(E(\vec{x}) - E_\rho(\vec{x}) E(\vec{y}) - E_\rho(\vec{y}))}{|\vec{x} - \vec{y}|^2} \right].$$  \hspace{1cm} (41)

The modification of the minimal-energy eigenvalue due to the presence of the source is

$$\mathcal{E}_\rho - \mathcal{E}_0 = \int \frac{d^3k}{(2\pi)^3} \ \frac{\rho^2(\vec{k})}{|\vec{k}|^2} = \int d^3x d^3y \ \frac{\rho(\vec{x}) \rho(\vec{y})}{|\vec{x} - \vec{y}|} = \frac{1}{2} \int d^3x \ (E_\rho^2 + B_\rho^2).$$  \hspace{1cm} (42)

which is easily recognized as the potential energy stored in the field.

For a point-like charge, the Fourier coefficient $\rho(\vec{k})$ of the delta function is simply 1. Notice that $1/|\vec{k}|^2$ is the Fourier coefficient of the Coulomb potential. The self-energy of

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1Strictly speaking, the state (39) belongs to a different Hilbert space than the state (21), as the two correspond to different measures. These subtleties can in principle be addressed in an algebraic formulation considering the states as linear functionals on the observable algebra; but they are not relevant in what follows because we are ultimately interested in linear superpositions between states that have the same total charge, hence belong to the same Hilbert space.

2Rigorously speaking, we need to Fourier transform $\mathcal{F} \left( e^{-ar}/r \right) = \frac{4\pi}{kr^2 + a^2}$ and then take $a \to 0$ limit.
a pointlike particle
\[ E_q - E_o = \int d^3x \frac{q^2}{|x|} \] (43)
diverges. This is the usual self-energy classical divergence of point like charges and can be subtracted away. Doing so, the energy of an ensemble of point like charges \( q_n \) located in the points \( x_m \) gives
\[ E_{x_n} - E_o = \frac{1}{2} \sum_{n \neq m} \frac{q_n q_m}{|x_n - x_m|}, \] (44)
which is an expression for the potential energy of a set of charges written without reference to the field they interact with.

Finally, let us now consider the case where the location \( x_n \) of the charges, or more in general the charge density \( \rho(\vec{x}) \), is a quantum variable. In analogy with the toy model, the system formed by the charges and the field can be described by a wave function \( \Psi[A, x_n] \) which lives in the tensor product of Hilbert spaces:
\[ |\Upsilon_{EM+S}\rangle \in \mathcal{H}_{EM} \otimes (\otimes_n \mathcal{H}_n) \] (45)
where \( \mathcal{H}_{EM} \) is the quantum space state of the field that we have described so far, and \( \mathcal{H}_n \) is the Hilbert space of the \( n \)-th particle.

The state of minimal energy of the field if the charges are in an (approximate) stationary eigenstate of the positions, say with value \( x_n \), is
\[ \Psi_{x_n}[A] = C \exp \left\{ -\frac{1}{\hbar} \int d^3x d^3y \frac{B(\vec{x})B(\vec{y})}{|\vec{x} - \vec{y}|^2} - \frac{i}{\hbar} \int d^3x E_{x_n}(\vec{x})A(\vec{x}) \right\}. \] (46)

We can finally write the full state that represents the field when the particles are in a quantum superposition of states with different positions \( x^n_i \) (\( n \) labels the particle and \( i \) labels the branch of the wave function)\(^3\):
\[ |\Upsilon_{x^n_i}[A]\rangle = \sum_i \alpha_i |\phi\rho_i\rangle. \] (48)

Then we expect that if these states can be considered stationary, the electromagnetic field settles to its minimum energy state and the state of the full system is
\[ |\Upsilon_{EM+S}\rangle = \eta \sum_i \alpha_i |\phi\rho_i\rangle |\Psi_{\rho_i}\rangle. \] (49)
In other words, the quantum state of the electromagnetic field is entangled with the source

\(^3\)The delta function shall be understood as an approximation within the experimental resolution. We need to ensure the quasi-static condition, hence the momentum uncertainty of the source cannot be unbounded.
current through the information about the charge density, as in the toy model.

The main difference between the toy model and the electromagnetic case is that in the electromagnetic case the relation between the source and the field is implemented by the Gauss constraint. In both cases the effect of a static source on a minimal energy state is the displacement of the solution by the $T$ operator. But in the electromagnetic case, the $T$ operator shifts the state adding a longitudinal component to the field. The quantum state of the field changes accordingly: by adding a phase in the $\Psi[A]$ representation, and by shifting support in the $\Psi[E]$ representation. We discuss the inner product in Appendix D.

3.3 Field mediated Entanglement

In a prototypical FME experiment [1], two particles with positions $x$ and $y$ are both set into a superposition or two positions, say $x^\pm$ and $y^\mp$. The full state of the system can be written in the basis $\Psi[A, x, y]$. Before the splitting, the field is in a minimal energy state and the particles are in position eigenstates. When the particles are split in a quantum superposition, their movement excites the field away from the minimum energy state. The excitation propagates away in the form of radiation, dissipating energy. The emission of radiation leads the field to settle locally to a new, different, minimum energy configuration, but with a quantum split source. That is, the total state of the particles and the field is entangled, and the state of the field takes the form in Eq. (47) in each amplitude, with $x^i_n = \{(x^\pm, y^\pm)\}$, where $n = 1, 2$ and $i = \pm\pm$. In each of the four branches the expectation value of the field is different and its energy is different:

$$E_{x^\pm, y^\pm} - E_o = \frac{q^2}{|x^\pm - y^\mp|}. \quad (50)$$

In particular, if the distance between the two particles in one amplitude, say $|x^+ - y^\mp| = d$, is much smaller than the distance between the particles in the other amplitudes, the gravitational energy of Eq. (44) is

$$\Delta E = \frac{q^2}{d}. \quad (51)$$

which in a time $t$ gives rise to a relative phase

$$\phi = \frac{\Delta Et}{\hbar} = \frac{q^2t}{\hbar d}. \quad (52)$$

This is the characteristic phase that gives rise to the entanglement that can be measured in the the FME experiments [1]. We therefore see very explicitly here that in a field description the existence of this relative phase is the effect of the field being in a quantum superposition of different macroscopic configurations, each with a different energy.
4 Linearized quantum gravity in the Schrödinger representation

4.1 The linearized Hamiltonian and the constraints

Let us now come to gravity. We use a canonical formulation, in which the metric is cast in the 3+1 decomposition [55], namely

\[ ds^2 = -N^2 dt^2 + \gamma_{ij}(dx^i + N^i dt)(dx^j + N^j dt), \]  

(53)

where \( N \) is the lapse function and \( N^i \) is the shift vector. On top of this, we consider linear perturbations around a Euclidean metric

\[ \gamma_{ij} = \delta_{ij} + h_{ij}. \]  

(54)

We also expand the lapse and the shift as

\[ 4N = 1 + n, \quad N^i = 0 + n^i. \]  

(55)

The linearized gravity action [56], including the coupling to the energy momentum tensor \( T^{\mu\nu} \) of the matter field, reads

\[ S = \frac{1}{16\pi G/c^4} \int d^4 x \left( -\partial_\mu h_{\alpha\beta} \partial^\mu h^{\alpha\beta} + \partial_\mu h^{\mu\nu} \partial_\nu h + 2\partial_\nu h_{\mu\nu} \partial^\mu h^{\alpha\nu} \right) + \frac{1}{2} \int d^4 x h_{\mu\nu} T^{\mu\nu} \]  

(56)

in which \( \kappa = 16\pi G/c^4 \). Notice that to determine the time evolution to first order in our expansion we need to include in the action terms up to second order in the metric, since it is the variation of the action which determines the time evolution. The linear expansion around the Euclidean metric reduces the full diffeomorphism invariance, because a general coordinate transformation does not preserve the smallness of \( h \) in Eq. (54). Under the 3+1 decomposition, this gives us

\[ S_{G+M} = \frac{1}{4\kappa} \int d^4 x \ 4n \left( \partial_i \partial_j h^{ij} - \partial_i \partial^j h - \partial_j \partial^i n - \kappa T^{00} \right) + 4n_i \left( \partial_j h^{ij} - \partial^j h + \kappa T^{0i} \right) + \partial j n_i \left( \partial^j n^i - 2\partial^j n^j \right) + 2\kappa h_{ij} T^{ij} \]  

\[ + \left( h_{ij} h^{ij} - h^2 - \partial_k h_{ij} \partial^k h^{ij} + \partial_i h \partial^j h + 2\partial_k h_{ij} \partial^j h^{ik} - 2\partial_j h^{ij} \partial_i h \right). \]  

(57)

The action is independent of the time derivatives of \( n \) and \( n^i \). Therefore these fields behave like \( A_0 \) in the electromagnetic case. The vanishing of their conjugate momenta are primary constraints that give rise to secondary constraints simply obtained varying the action with respect to them. In the following, we take \( \partial_i n_j = 0 \) and \( \partial_i n = 0 \). This partial gauge fixing ensures that \( n \) and \( n_i \) are Lagrange multipliers. The canonical momenta are

\[ \pi^{kl} = \frac{1}{2\kappa} \left( h^{kl} - \dot{h} \delta^{kl} \right), \quad \{ h_{ij}(\vec{x}), \pi^{kl}(\vec{x}') \} = \delta^k_i \delta^l_j \delta^3(\vec{x} - \vec{x}'), \]  

(58)

where we have symmetrized on the indices \( i, j \) and \( k, l \).

\[ ^4 \text{For clarity of the notation, the perturbation parameter } \kappa = 16\pi G/c^4 \text{ is absorbed into } h_{ij}, n \text{ and } n^i. \]
As we did in the electromagnetic case, we focus on the situation where the sources are static or quasi static, and we set to zero all components of $T^{\mu\nu}$ except for $\kappa T^{00} \equiv \rho$. The constraints are the scalar constraint

$$C_\rho := \partial_i \partial_j h^{ij} - \partial_i \partial^i h - \rho,$$

and the vector constraint

$$G^i := \partial_j \pi^{ij} = 0$$

They are the secondary constraints, and the commutator $\{C(\vec{x}), G^k(\vec{x}')\} = 0$.

The Hamiltonian reads

$$H_{G+M} = \kappa \int d^3x \left( \pi_{kl} \pi^{kl} - \pi^2 / 2 \right) + \frac{1}{4\kappa} \int d^3x \left( \partial_k h_{ij} \partial^k h^{ij} - \partial_i \partial^i h - 2\partial^k h_{ik}(\partial_j h^{ij} - \partial^j h) - 4n_i G^i - 4n C \right).$$

To have better insights of the theory, first we transform into the momentum space and split the field in its transverse and longitudinal parts:

$$h^T_{ij}(\vec{k}) = P^i_k \Pi^j_l h_{kl}(\vec{k}), \quad h^L_{ij}(\vec{k}) = \Pi^i_k \Pi^j_l h_{kl}(\vec{k})$$

where $P^i_k(\vec{k})$ and $\Pi^i_k(\vec{k})$ are the projectors defined above in Eq. (25) and Eq. (26). This is analogous to the transverse-longitudinal decomposition in electromagnetism. The scalar constraint involves only the trace of transverse components

$$C_\rho = \partial_i \partial_j h^{ij} - \partial_i \partial^i h - \rho = \partial_i \partial^i h_L - \partial_i \partial^i h - \rho = -\partial_i \partial^i h^T - \rho = 0.$$

In the absence of matter, the scalar constraint ensures that $\partial_i \partial^i h^T = 0$. In the presence of matter, it is easy to recognize it as the Poisson equation for the Newtonian potential. The vector constraint, on the other hand, depends only on longitudinal components of the canonical momenta

$$G^i = \partial_j \pi^{ij}_L = 0.$$

Notice that both constraints resemble the Gauss constraint of electromagnetism, but in different ways. We will soon see how these similarities play out in the quantum theory.

Remarkably, a detailed calculation resumed in the appendix shows that the potential part of the Hamiltonian only depends on $h^T_{ij}$. Hence the full Hamiltonian (61) is simplified to be

$$H = \kappa \int \frac{d^3k}{(2\pi)^3} \left( \pi_{kl} \pi^{kl} - \pi^2 / 2 \right) + \frac{1}{4\kappa} \int \frac{d^3k}{(2\pi)^3} \left( k^2 h^T_{ij}(\vec{k}) h^{ij}_T(\vec{k}) - k^2 h^T(\vec{k}) h_T^T(\vec{k}) \right)$$

where we have also set the constraints to zero by choosing $n = n_i = 0$, as we did in electromagnetism. At first, one may think that this is incompatible with the Newtonian

\[5\] One could obtain the same expression by the perturbative expansion of the ADM Hamiltonian [55] to the second order.
field, but, as in the case of electromagnetism, this is not the case. In fact, the field

\[ h_{ij} = \frac{2m}{r} \delta_{ij} + m t^2 \partial_i \partial_j \frac{1}{r} = \frac{2m}{r} \delta_{ij} + \frac{m t^2}{r^3} \delta_{ij} - \frac{m t^2}{r^5} x_i x_j \]  

(66)

is the Newtonian field of a point mass \( m \) in the origin, in this gauge. It is gauge equivalent to the linearized Schwarzschild metric

\[ ds^2 = -\left(1 - \frac{2m}{r}\right) dt^2 + \left(1 + \frac{2m}{r}\right) dr^2 + d\Omega^2 \]  

(67)

under the change of coordinates

\[ t \to t \left(1 + \frac{m}{r}\right), \quad \vec{x} \to \vec{x} \left(1 + \frac{m t^2}{r^3}\right). \]  

(68)

4.2 Linearized quantum gravity in the field basis

Here we derive the ground state wavefunctional for the linearized gravitational field in the field basis, in the case when there is a quasi-static matter source. We fix the gauge minimally; the state is invariant under linearized spatial diffeomorphisms. The theory is defined by two constraints of Eqs. (63)-(64) strongly imposed on the states and by the Hamiltonian (65) that evolves in the Minkowski coordinate time. Notice that the scalar constraint is diagonal in the configuration variables \( h_{ij} \) while the vector constraint is diagonal in the conjugate momenta \( \pi_{ij} \). In the following, we provide two parallel derivations of the quantum state in both bases. We check the consistency between the two descriptions by matching the results via the Fourier transform.

4.2.1 Solving the constraints in the metric basis

In the basis that diagonalizes \( h_{ij} \), we use \( \Psi[h_{ij}] := \langle \Psi | h_{ij} \rangle \) to represent the state functional. The momentum operators act on the state as functional derivatives

\[ \hat{\pi}^{ij}(\vec{x}) = -i\hbar \frac{\delta}{\delta h_{ij}(\vec{x})}. \]  

(69)

The vector constraints \( G^i = \partial_j \pi^{ij} \) imposed strongly on the states gives

\[ \partial_i \frac{\delta}{\delta h_{ij}(\vec{x})} \Psi[h_{ij}(\vec{x})] = 0, \text{ or equivalently } k_i \frac{\delta}{\delta h_{ij}(k)} \Psi[h_{ij}(k)] = 0. \]  

(70)

It means that a state which is invariant under spatial diffeomorphisms is independent of the longitudinal component \( h_{Tj}^T \) of the field. This is analogous to the electromagnetic case, where imposing the vacuum Gauss constraint made the quantum state independent of the longitudinal component of the field.

The scalar constraint \( C_\rho = -\partial_i \partial^i h^T - \rho \), on the other hand, is diagonal in this basis. It restricts the support of \( \Psi \) to the fields such that the trace component \( h^T(\vec{x}) \) satisfies the Poisson equation with source \( \rho \), whose solution is

\[ h^T_\rho(\vec{x}) = \frac{1}{4\pi} \int d^3y \frac{\rho(\vec{y})}{|\vec{x} - \vec{y}|} + f(\vec{x}) \]  

(71)
where \( f(\vec{x}) \) is a harmonic function, fixed by the boundary conditions. That is, the states satisfying the constraints are given by

\[
\Psi[h_{ij}] = \delta[\mathcal{C}_\rho] \Phi[h_{ij}] = \delta[h^T - h^T_\rho] \Phi[h_{ij}].
\]

(72)

Since the linearized Hamiltonian is quadratic, we use the following Gaussian ansatz\(^6\) for the ground states in the physical Hilbert space,

\[
\Psi_\rho[h_{ij}] = \eta \delta[\mathcal{C}_\rho] \exp \left\{ \frac{-1}{4\kappa\hbar} \int \frac{d^3k}{(2\pi)^3} |\vec{k}| \delta(0) h^T_{ij}(\vec{k}) h^T_{ij}(-\vec{k}) \right\}.
\]

(73)

in which \( \eta \) is a normalization factor, the parameter \( \zeta \) and function \( g(\vec{k}) \) are to be determined by solving the time-independent Schrödinger equation. See Appendix C for details of the derivation. We obtained \( g(\vec{k}) = |k|, \zeta = -\frac{1}{4\kappa\hbar} \). The energy eigenvalue associated to this quantum state is

\[
E_\rho = \hbar \int d^3k \frac{|\vec{k}|}{(2\pi)^3} \delta(0) - \frac{1}{8\kappa} \int \frac{d^3k}{(2\pi)^3} \rho^2(\vec{k}) |\vec{k}|^2.
\]

(74)

Subtracting the vacuum energy, we obtain the self-energy of the gravitational field. In terms of the spatial coordinates, it is expressed as

\[
E_\rho - E_{\text{vac}} = -\frac{1}{8\kappa} \int d^3x d^3y \frac{\rho(\vec{x})\rho(\vec{y})}{|\vec{x} - \vec{y}|}.
\]

(75)

In this representation, with a matter source \( \rho \), the vacuum state is shifted by a \( \rho \)-dependent function. The complete expression of the physical state with minimum energy is the following

\[
\Psi_\rho[h_{ij}] = \eta \delta[h^T - h^T_\rho] \exp \left\{ -\frac{1}{4\kappa\hbar} \int \frac{d^3k}{(2\pi)^3} |\vec{k}| h^T_{ij}(\vec{k}) h^T_{ij}(-\vec{k}) \right\}.
\]

(76)

When the matter source is quasi-static, only the trace of the metric configuration changes.

### 4.2.2 Solving the constraints in the momentum basis

Now let us rederive the quantum state in the \( \pi_{ij} \) basis. We solve the constraints in the main text and give the details in Appendix C. In this basis, the metric operator acts on the state as a functional derivative,

\[
\hat{h}_{ij}(\vec{x}) = i\hbar \frac{\delta}{\delta \pi_{ij}(\vec{x})}.
\]

(77)

If we express the vector constraint \( \mathcal{G}_i = 0 \) in the momentum space, we immediately see that the longitudinal component of \( \pi_{ij} \) is zero

\[
k_i \pi^{ij}(\vec{k}) = 0 \rightarrow \pi^{ij}_L(\vec{k}) = 0.
\]

(78)

\(^6\)Note that we do not need \( h^T_\rho \) term in the Gaussian ansatz, because upon imposing the scalar constraint, such term will become a constant absorbed into normalization factor.
The vector constraints are diagonal, therefore when they are imposed strongly, the quantum states which are solutions of the constraints are

$$\Psi[\pi] = \delta(G)\Psi[\pi].$$  \hspace{1cm} (79)

Hence the solution is constructed by the transverse component $\pi^T_{ij}$ in momentum space. We can write a general Gaussian ansatz for the vacuum state functional which satisfies the vector constraints:

$$\Psi_{\text{vac}}[\pi] = \tilde{\eta} \exp \left( \int \frac{d^3 k}{(2\pi)^3} \tilde{g}(\vec{k}) \left( \alpha \pi^T_{ij}(\vec{k}) \pi^T_{ij}(-\vec{k}) + \beta \pi_T(\vec{k}) \pi_T(-\vec{k}) \right) \right),$$  \hspace{1cm} (80)

where $\tilde{\eta}$ is a normalization factor, and $\alpha, \beta$ and the function $g(k)$ are yet to be determined.

Imposing the scalar constraint strongly on the quantum state (80), we obtain the condition

$$\hat{C}_{\rho}(k)\Psi[\pi] = i\hbar k^2 P_{ij} \frac{\delta}{\delta \pi_{ij}}\Psi[\pi] = \rho(\vec{k}).$$  \hspace{1cm} (81)

The solution of the previous equation when $\rho(\vec{k}) = 0$ fixes the ratio between the coefficients in Eq. (80),

$$\alpha = -2\beta.$$  \hspace{1cm} (82)

When there is a matter source, it is easy to see that the solution of the constraint has the same linear shift as in electromagnetism:

$$\Psi[\pi] = \eta \exp \left( -\frac{i}{2\hbar} \int \frac{d^3 k}{(2\pi)^3} \pi_T(\vec{k}) h^T_{\rho}(\vec{k}) \right) \Psi_{\text{vac}}[\pi]$$  \hspace{1cm} (83)

in which $\pi_T(\vec{k})$ is the trace of the transverse component of the canonical momenta, $h^T_{\rho}(\vec{k})$ is the Fourier mode of the solution of the Poisson equation (71), and it is a parity-even function. Similarly as in $h_{ij}$ basis, the constraints completely fix the vacuum state up to a momentum dependent function $\tilde{g}(\vec{k})$ in the Gaussian.

We can then solve the time independent Schrödinger equation in the $\pi_{ij}$ basis (see again Appendix C for details) and we finally arrive at

$$\Psi[\pi] = \eta \exp \left\{ -\frac{i}{2\hbar} \int \frac{d^3 k}{(2\pi)^3} \pi_T(\vec{k}) h^T_{\rho}(\vec{k}) \frac{\kappa}{\hbar} \int \frac{d^3 k}{(2\pi)^3} \frac{1}{|k|} \left( \pi^T_{ij}(\vec{k}) \pi^T_{ij}(-\vec{k}) - \frac{1}{2} \pi_T(\vec{k}) \pi_T(-\vec{k}) \right) \right\}.$$  \hspace{1cm} (84)

The energy eigenvalue is the same as in Eq. (74).

As a consistency check, we show in Appendix E that Eq. (76) and Eq. (84) are related by the Fourier transform between the two bases. We discuss the inner product in Appendix D.

4.2.3 The gravitational field sourced by particles in the quantum superpositions

When we consider a massive source in a quantum superposition state, the structure of the quantum state is the same as in electromagnetism: the full quantum state lives on a tensor product of Hilbert spaces of the quantum source $H_M$ and the gravitational field $H_G$

$$|\Upsilon_{G+M}\rangle \in H_M \otimes H_G.$$  \hspace{1cm} (85)
Due to the scalar constraint, which is analogous to the Gauss law in linearized gravity, the quantum state of the field is entangled with the source through the mass density. In general, the quantum state of the quasi-static matter source could be written as superposition of mass density eigenstates:

$$|\Phi_M\rangle = \sum_i \alpha_i |\phi_{p_i}\rangle.$$  \hfill (86)

Then, the full state of the gravitational field and the source is entangled, namely

$$|\Omega_{G+M}\rangle = \eta \sum_i \alpha_i |\phi_{p_i}\rangle |\Psi_{p_i}\rangle.$$  \hfill (87)

As the simplest example, consider the same quantum mass we have discussed in section 3.2: a quantum superposition of localized states with different positions $x_n$ ($n$ labels the particle and $i$ labels the branch of the wave function). Its full quantum state is

$$\Omega_{x_n}[x_n, \pi_{ij}] = \sum_i C_i \prod_n \delta(x_n - x_n^i) \cdot \exp \left\{ -\frac{\kappa}{\hbar} \int d^3x d^3y \frac{\pi_T^i(x) \pi_T^j(y) - \frac{1}{2} \pi_T(x) \pi_T(y)}{|x - y|^2} - \frac{i}{2\hbar} \int d^3x \pi_T(x) \hbar_T^{x_n}(x) \right\}.$$ \hfill (88)

The relative phase can be obtained by calculating the energy difference between the different configurations from the expression for the energy given in Eq. (75). The relative phase between the closest amplitudes (separated by a distance $d$), corresponding to the phase measured in the the FME experiment, is

$$\phi = \frac{\Delta E_t}{\hbar} = -\frac{m^2 t}{8\kappa \hbar d}. \hfill (89)$$

### 5 Discussion

The state of a quantum field in the presence of charges can be written explicitly and in a straightforward manner in the field basis. In Table 1 we summarize the similarities between the descriptions of the electromagnetic and the linearized gravity cases. When the charges are in quantum superposition of distinct density eigenstates, the minimal energy state on which the field settles after dissipating away all possible energy is an entangled state of the charges and field degrees of freedom. This formulation could also be used to describe the quantum spacetime for the gravitational switch [57], where the order of application of quantum operations is in a quantum superposition due to the source mass of the gravitational field being in a quantum state.

It is important to remark that, although the regime of FME is captured by a perturbative description of gravity as a quantum field on a classical background, a gravitational source in a quantum superposition fundamentally realizes a quantum superposition of spacetimes. Our explicit description emphasises this aspect, by providing an explicit quantum state associated to the two different configurations of gravity (see also the arguments in [5–7]).

A few considerations are important in view of the discussion on the interpretation of the
FME experiments in the context of an effective quantum field theory of the gravitational field:

**Separation between transverse and longitudinal components of the field.** It has been argued that the Coulomb/Newtonian field should not be quantized, because it is just a gauge potential fully determined by the charge/matter. In this view, the true quantum degrees of freedom are the transverse modes, i.e. photons/gravitons. Hence, the longitudinal component of the field cannot be in a quantum superposition, and experiments solely involving the Newtonian interaction can only test the quantum degrees of freedom of matter, and not of gravity.

Our calculation explicitly shows that in linearized quantum gravity, instead, the Coulomb/Newtonian field has a quantum state entangled with the source. The split between the transverse and the longitudinal component of the field is not an absolute separation of degree of freedom; it is a momentum frame dependent notion. Moreover, a relativistic field, whether classical or quantum, is a local entity, with a local dynamics that does not transmit information faster than light. The split is by definition highly non-local and it cannot be distinguished by local observations in the laboratory. Let us consider the following example. When moving a charge with an external force, the longitudinal component of its field changes instantaneously all over the universe. But of course the field cannot change at a distance $r$ before a time $t = r/c$ has elapsed. This clearly shows that the "Coulomb field" or the "Newtonian field" are mathematical artefacts that may be useful at small distances, but cannot be used to deduce any physical property. These aspects are
also discussed in Ref. [42].

As clearly demonstrated in this work, in a low-energy description of gravity as a quantum field, the statement that only the transverse modes can be quantized is incorrect: in the presence of quantum matter, the gauge-invariant quantum wave functional contains the longitudinal components through an integration of all momentum frames. It can be entangled with matter and be in a superposition. Such superposition of classical macroscopic fields is cumbersome to be represented in the Fock basis, but it is very natural and transparent to be described in the (mathematically equivalent) field basis.

**Hilbert space factorization.** It has been argued that in the FME experiment the particles cannot be initially prepared in a product state, due to the gauge constraints and long-range nature of the Newtonian potential. As we have shown, when we consider the quantization of the gravitational field with a quantum source that is externally controlled, the Hilbert space of the source and the field factorizes into a tensor product\(^7\). What cannot be factorized is the Hilbert space of the gravitational field in different regions in spacetime.

**Dynamical transient between different energy configurations.** The entanglement we have illustrated assumes that the field relaxes to its minimal energy state after the charges are modified. This requires the field to radiate away the excitations generated by the displacement of the charges. This never happens completely, of course, but it happens with a good approximation in a compact region, after a time of the order of the light transit time in the region (assuming no mirrors around). It is only after this time that in this compact region the field is approximated again by a minimal energy state—this time the new minimal energy state determined by the new position of the charges.

The detection of charges-field entanglement and its effects is not yet achievable with current experimental technologies. For this reason, it is important to look for other novel effects potentially observable on a shorter timescale. The results in our paper not only provide a theoretical foundation of the FME experiment, but will also be useful for developing new proposals to test quantum features of gravity in table-top experiments.

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\(^7\)Note that we are studying a much simpler situation than the full-fledged interacting quantum field theory. We neglect the possibility of backreaction from the field to the motion of the source and the creation/annihilation of particles.
A Commutator of the constraints

Here we show that the vector constraint and scalar constraints are indeed commute:

\[
\{C(\vec{x}), G^k(\vec{x'})\} = \int d^3y \frac{\delta (\partial_i \partial_j h^{ij}(\vec{x}) - \partial_i \partial^i h(\vec{x})) \frac{\delta \partial_{\beta} \pi^{\alpha k}(\vec{x'})}{\delta \pi^{\alpha m}(\vec{y})}}{\delta h_{\alpha m}(\vec{y})} \]

\[
= \int d^3y \left( \delta^m_{\beta} \partial^k_{(x)} - \delta^m_{\alpha} \partial_{(x)} \right) \delta^3(\vec{x} - \vec{y}) \partial_{(x')} \delta^3(\vec{x'} - \vec{y})
\]

\[
= - \left( \partial^m_{(x)} \partial^k_{(x)} - \partial^k_{(x)} \partial_{(x)} \right) \delta^3(\vec{x} - \vec{z})
\]

\[
= - \partial^m_{(x)} \partial^k_{(x')} \delta^3(\vec{x} - \vec{x'}) + \partial^k_{(x')} \partial^m_{(x)} \delta^3(\vec{x} - \vec{x'}) = 0
\]

They are both first class secondary constraints.

B Modes decomposition and simplification of the linearized gravity hamiltonian

In the temporal gauge \( n = n_t = 0 \), the full Hamiltonian \( (61) \) expressed in the momentum space is the following

\[
H = \kappa \int \frac{d^3k}{(2\pi)^3} \left( \pi_{ij}(\vec{k}) \pi^{ij}(-\vec{k}) + \frac{\pi(\vec{k}) \pi(-\vec{k})}{2} \right) +
\]

\[
+ \frac{1}{4\kappa} \int \frac{d^3k}{(2\pi)^3} \left( k^2 h_{ij}(\vec{k}) h^{ij}(-\vec{k}) - k^2 h(\vec{k}) h(-\vec{k}) - 2 k^4 h_{ij}(\vec{k}) h^{ij}(\vec{k}) - k^4 h(\vec{k}) h(-\vec{k}) \right)
\]

It turns out that the potential part of the Hamiltonian is independent of the longitudinal components and can be further simplified. Under mode decomposition, there are three types of terms: the transverse terms, the longitudinal terms and the mixture of longitudinal and transverse terms. Remarkably, the latter two types of terms in A and B cancel: \( A_{LL} - B_{LL} = 0, A_{LT} - B_{LT} = 0 \). More precisely:

\[
A_{LL} = B_{LL} = \int \frac{d^3k}{(2\pi)^3} \left( 2 k^j k_i h_{ij}(\vec{k}) h^{ij}(\vec{k}) - 2 \frac{k^2}{k^2} k_m k_n h^{mn}(\vec{k}) h^{ij}(\vec{k}) k_i k_j \right)
\]

\[
A_{LT} = B_{LT} = -2 \int \frac{d^3k}{(2\pi)^3} P^{ij} h_{ij}(\vec{k}) h^{mn}(\vec{k}) k^m k^n.
\]

Hence, the potential only depends on the transverse terms, and the hamiltonian simplifies to

\[
H = \kappa \int \frac{d^3k}{(2\pi)^3} \left( \pi_{kl} \pi^{kl} - \pi^2 / 2 \right) + \frac{1}{4\kappa} \int \frac{d^3k}{(2\pi)^3} \left( k^2 h_{ij}^T(\vec{k}) h^{ij}_T(-\vec{k}) - k^2 h_T(\vec{k}) h_T(-\vec{k}) \right)
\]

\[
(91)
\]
C Solving the ground state of the gravitational field in both representations

In the $h_{ij}$ basis, the kinetic part of the Hamiltonian operator is represented as

$$\hat{T} = \kappa \hbar^2 \int \frac{d^3k}{(2\pi)^3} \left( -\frac{\delta}{\delta h_{ij}(\vec{k})} \frac{\delta}{\delta h_{ij}(-\vec{k})} + \frac{1}{2} \delta_{mn} \frac{\delta}{\delta h_{mn}(\vec{k})} \frac{\delta}{\delta h_{kl}(-\vec{k})} \right)$$  (94)

Since the constraints are first class, we can first solve the time-independent Schrödinger equation and find the eigenstates of the Hamiltonian, and then impose the scalar constraint. The first derivative acting on the Gaussian ansatz of Eq. (73) gives

$$\frac{\delta}{\delta h_{ij}(-\vec{k})} \Phi[h_{ij}] = 2\zeta g(-\vec{k}) P_{i}^{m} P_{j}^{n} h_{mn}(\vec{k}).$$  (95)

After taking two functional derivatives, we obtain the eigenfunction of the kinematic energy operator

$$\hat{T} \Phi[h_{ij}] = 2\kappa \hbar^2 \zeta^2 g^2(\vec{k}) \left( h_{T}(-\vec{k}) h_{T}^T(-\vec{k}) \right) \Phi[h] + 4\kappa \hbar^2 g(-\vec{k}) \Phi[h]$$  (96)

To ensure that $\Psi_{\rho}[h_{ij}] = \delta[C] \Phi[h_{ij}]$ is the ground state of the Hamiltonian, upon imposing the scalar constraint, the eigenfunction of the kinematic operator needs to cancel the potential part of the Hamiltonian. This gives us

$$\zeta = -\frac{1}{4\kappa \hbar}, \quad g(\vec{k}) = |\vec{k}|$$  (97)

in which the minus sign in $\zeta$ ensures that the ground state has positive vacuum energy. The eigenvalue of the Hamiltonian is

$$E_{\rho} = \hbar \int \frac{dk^3}{(2\pi)^3} |\vec{k}| \delta(0) - \frac{1}{8\kappa} \int \frac{d^3k}{(2\pi)^3} \frac{\rho^2(\vec{k})}{k^2}.$$  (98)

Now let us rederive the eigenstates in the $\pi_{ij}$ basis. The operators $\hat{h}_{ij}^T(\vec{k})$ and $\hat{h}_{ij}^T(-\vec{k})$ are expressed as functional derivatives

$$\hat{h}_{ij}^T(\vec{k}) = i\hbar P_{i}^{k} P_{j}^{l} \frac{\delta}{\delta \pi_{kl}(\vec{k})}, \quad \hat{h}_{ij}^T(-\vec{k}) = i\hbar P_{i}^{kl} \frac{\delta}{\delta \pi_{kl}(\vec{k})}.$$  (101)

As we have shown in the main text, in the $\pi_{ij}$ representation, the solution to both scalar and vector constraints are in Eq. (80) and Eq. (83). Now we can solve the Schrödinger

---

*We want to emphasize a subtlety of the derivation, namely that the transverse component of the canonical momenta, $\pi_{ij}^T = P_{i}^{k} P_{j}^{l} \pi_{kl}$, is not the canonical conjugate of the transverse metric perturbation $h_{ij}^T = P_{i}^{k} P_{j}^{l} h_{kl}$:

$$\hat{h}_{ij}^T(\vec{k}) \neq i\hbar \frac{\delta}{\delta \pi_{ij}^T(\vec{k})}, \quad \hat{h}_{ij}^T(-\vec{k}) \neq P_{i}^{k} P_{j}^{l} \delta \pi_{kl}(\vec{k}).$$  (99)

This is easy to verify classically:

$$\pi_{ij}^T(\vec{k}) = P_{i}^{k} P_{j}^{l} \pi_{kl}(\vec{k}) \neq \frac{\delta L}{\delta h_{ij}^T}$$  (100)
The first functional derivative acting on Eq. (83) gives us
\[
\frac{\delta}{\delta \pi_{ij}(-\vec{k})} \Psi_{\rho}[\pi] = \left(2\tilde{g}(-\vec{k}) \left(\alpha\pi_T^{ij}(-\vec{k}) + \beta \pi_T^{ij} \pi_T^{kl} \right) - \frac{i}{2\hbar} \pi_T^{ij} \pi_T^{kl} \tilde{\rho}(\vec{k}) \right) \Psi_{\rho}[\pi].
\] (103)

Hence we obtain
\[
\hat{V}\Psi_{\rho}[\pi] = -\frac{\hbar^2}{4\kappa} \int \frac{d^3 k}{(2\pi)^3} k^2 P^i(k) P^j(k) \frac{\delta}{\delta \pi_{kl}(k)} P^m(k) \frac{\delta}{\delta \pi_{mn}(-k)} \Psi_{\rho}[\pi]
\]
\[= -\frac{1}{\kappa} \int \frac{d^3 k}{(2\pi)^3} k^2 \left(4\hbar^2 \beta^2 \tilde{g}(\vec{k})^2 (\pi_T^{ij} \pi_T^{kl} - \frac{1}{2} \pi_T^{kl}) - 2\hbar^2 \beta \delta(0) \tilde{g}(\vec{k}) + \frac{1}{8} \rho_T^2(\vec{k}) \right) \Psi_{\rho}[\pi]
\] (104)

Upon imposing the vector constraint \(\pi_{ij}^x = 0\), the kinetic part of the Hamiltonian becomes
\[
T \xrightarrow{\hat{g}} \kappa \int \frac{d^3 k}{(2\pi)^3} \left(\pi_{kl}^T \pi_{kl}^T - \pi_T^2 / 2\right).
\] (105)

Comparing the previous equation with the first term in the second line of Eq. (104), we obtain
\[
\tilde{g}(\vec{k}) = |\vec{k}|, \quad \beta = \frac{\kappa}{2\hbar}.
\] (106)

With this, we finally find the ground state in Eq. (84). From Eq. (104) we calculate the energy eigenvalues, which coincide with those in Eq. (74).

\section{D The inner product of the states}

In this section, we calculate the inner product between different quantum states and determine the normalization factor.

Let us start from the EM vacuum state of Eq. (24). As the state only depends on the transverse mode, we can separate the integration measure as
\[
\int D[A] \Psi_0[A] \Psi_0^*[A] = C^2 \int D[A_L] D[A_T] \exp \left\{ -\frac{1}{\hbar} \int \frac{d^3 k}{(2\pi)^3} |\vec{k}| \left( \hat{A}_L(\vec{k}) P^i_j(\vec{k}) \hat{A}_L^j(-\vec{k}) \right) \right\}
\]
\[= C^2 \prod_k \int dA_L(\vec{k}) dA_T(\vec{k}) \exp \left\{ -\frac{1}{\hbar} \frac{|\vec{k}|}{(2\pi)^3} \left( \hat{A}_L(\vec{k}) P^i_j(\vec{k}) \hat{A}_L^j(-\vec{k}) \right) \right\}
\]
\[= C^2 \prod_k 2\pi^2 \frac{2\hbar}{|\vec{k}|} \int dA_L(\vec{k}) \equiv 1.
\] (107)
in which the functional integral can be written as \( \int \mathcal{D}A := \prod_k \int dA(k) \), and we have performed the Gaussian integral of \( A_T \) for each momenta. Therefore, the normalization factor is

\[
C^2 = V_{\text{gauge}}^{-1} \prod_k 2^{-3/2} \pi^{-2} \sqrt{\frac{\omega_k}{\hbar}},
\]

(108)

This is almost the same as the normalization of a scalar field vacuum state, up to \( V_{\text{gauge}} = \prod_k \int dA_L(\vec{k}) \) which measures the volume of the gauge orbit.

For a stationary charge, when the electromagnetic field settles to its minimum energy state (new vacuum), the full quantum state is formally written as in Eq. (49):

\[
|\Upsilon_{\text{EM}+S}\rangle = \eta_{\text{EM}} \sum_i \alpha_i |\phi_{\rho_i}\rangle |\Psi_{\rho_i}\rangle.
\]

(109)

in which \(|\phi_{\rho_i}\rangle \) is the eigenstate of the charge density operator (e.g. a semi-classical state of the charge maximally localized in position and momentum). In each amplitude of the superposition, the linear shift of the phase cancels out when we evaluate the integral. We thus find the normalization coefficient

\[
\eta_{\text{EM}}^2 = C_{\text{vac}}^2 / \sum_i |\alpha_i|^2.
\]

(110)

For the quantum state of linearized gravity, it is more convenient to evaluate the inner product in the \( \pi_{ij} \) representation of Eq. (84),

\[
\int \mathcal{D}[\pi] \mathcal{D}_{\rho}[\pi_{ij}] \mathcal{D}_{\rho}^* [\pi_{ij}] = \eta^2 \int \mathcal{D}_{\rho}^{L, T}[\pi_{ij}] \mathcal{D}_{\rho}^{L, T}[\pi_{ij}] \exp \left\{ -\frac{2\kappa}{\hbar} \int \frac{d^3k}{(2\pi)^3} \frac{1}{|k|} \left( \pi_{ij}^T(\vec{k}) \pi_{ij}^T(-\vec{k}) - \frac{1}{2} \pi_T(\vec{k}) \pi_T(-\vec{k}) \right) \right\}
\]

\[
= \eta^2 \prod_k \int \mathcal{D}_{\rho}^{L, T}[\pi_{ij}](\vec{k}) \mathcal{D}_{\rho}^{L, T}[\pi_{ij}](\vec{k}) \mathcal{D}_{\rho}^{L, T}[\pi_{ij}](\vec{k}) \exp \left\{ \frac{2\kappa}{(2\pi)^3 \hbar |k|} \pi_T^T(\vec{k}) \pi_T^T(-\vec{k}) \right\}
\]

\[
= \eta^2 \prod_k 2\pi^2 \sqrt{\frac{\hbar \omega_k}{\kappa}} \int \mathcal{D}_{\rho}^{L, T}[\pi_{ij}](\vec{k}) \mathcal{D}_{\rho}^{L, T}[\pi_{ij}](\vec{k}) \equiv 1,
\]

(111)

in which we have redefined the traceless variable as \( \tilde{\pi}_{ij}^T(\vec{k}) = \pi_{ij}^T(\vec{k}) - \frac{\rho_{ij}(\vec{k})}{2} \pi_T(\vec{k}) \) and the integration measure splits as \( \mathcal{D}_{\rho}^{T}[\pi_{ij}] = \mathcal{D}_{\rho}^{L, T}[\pi_{ij}] \mathcal{D}_{\rho}^{L, T}[\pi_{ij}] \). Analogously to the EM case, this procedure fixes the normalization factor \( \eta \).

E Consistency check: transformation between \( h_{ij} \) and \( \pi_{ij} \) representations

When we change the basis between \( h_{ij} \) and \( \pi_{ij} \), we perform a functional Fourier transform, defined as

\[
F[h_{ij}] = \int \mathcal{D}_{\rho}[\pi_{ij}] \exp \left\{ \frac{i}{\hbar} \int \frac{d^3k}{(2\pi)^3} \pi_{ij}^T(\vec{k}) h_{ij}(\vec{k}) \right\} \tilde{F}[\pi_{ij}]
\]

\[
= \int \mathcal{D}_{\rho}^{L, T}[\pi_{ij}] \mathcal{D}_{\rho}^{L, T}[\pi_{ij}] \exp \left\{ \frac{i}{\hbar} \int \frac{d^3k}{(2\pi)^3} \left( \pi_{ij}^T(\vec{k}) h_{ij}(\vec{k}) + \pi_{ij}^L(\vec{k}) h_{ij}^L(\vec{k}) \right) \right\} \tilde{F}[\pi_{ij}]
\]

(112)
We start from the quantum state of Eq. (84) in the $\pi_{ij}$ basis. As the quantum state does not depend on the longitudinal component $\pi^T_i$, this is simply integrated as a delta function. The Fourier transform of the quantum state then is

$$\Psi_\rho[h_{ij}] := \int D\pi^T_{ij} \exp \left\{ \frac{i}{\hbar} \int \frac{d^3k}{(2\pi)^3} \left( \pi^T_{ij}(k)h^T_{kl}(-k) - \frac{1}{2} \pi^T(k)h^T_{\rho\rho}(k) \right) \right\} \cdot \exp \left\{ -\frac{\kappa}{\hbar} \int \frac{d^3k}{(2\pi)^3} \frac{1}{|k|} \left( \pi^T_{ij}(k)\pi^T(-k) - \frac{1}{2} \pi^T(k)\pi^T(-k) \right) \right\} \tag{113}$$

By completing the square, the argument of the exponential function can be rewritten as

$$-\frac{\kappa}{\hbar} \int \frac{d^3k}{(2\pi)^3} \frac{1}{|k|} \left( \pi^T_{ij} - i\frac{|k|}{2\hbar} h^T_{ij}(k) \right) \left( \pi^T(-k) - i\frac{|k|}{2\hbar} h^T_{ij}(-k) \right) +$$

$$+ \frac{i}{2\hbar} \int \frac{d^3k}{(2\pi)^3} \left( h_T(k) - h^T_\rho(k) \right) \pi^T(k) \frac{1}{4\hbar} \int \frac{d^3k}{(2\pi)^3} |k| h^T_{ij}(k) h^T_{ij}(-k) \tag{114}$$

where we redefine a traceless variable $\tilde{\pi}^T_{ij}(k) = \pi^T_{ij}(k) - \frac{P_0(k)}{2}\pi^T(k)$.

Notice that we could have completed the square by adding a term proportional to $h_T(k)$ in the square brackets in the first line of the last equation. However, upon imposing the scalar constraint, this term would just amount to a constant that could be absorbed in the normalisation factor. Hence, the state above is fully general.

The Fourier-transformed state then is

$$\Psi_\rho[h_{ij}] := \int D\pi^T_{ij} \exp \left\{ \frac{\kappa}{\hbar} \int \frac{d^3k}{(2\pi)^3} \frac{1}{|k|} \left( \tilde{\pi}^T_{ij} - i\frac{|k|}{2\hbar} h^T_{ij}(k) \right) \left( \tilde{\pi}^T(-k) - i\frac{|k|}{2\hbar} h^T_{ij}(-k) \right) \right\} \cdot \exp \left\{ \frac{i}{2\hbar} \int \frac{d^3k}{(2\pi)^3} \left( h_T(k) - h^T_\rho(k) \right) \pi^T(k) \frac{1}{4\hbar} \int \frac{d^3k}{(2\pi)^3} |k| h^T_{ij}(k) h^T_{ij}(-k) \right\}. \tag{115}$$

We now notice then, upon changing the functional integration variable to $D\pi^T_{ij} = D\tilde{\pi}^T_{ij}D\pi^T$, we can solve the transverse traceless part $\tilde{\pi}^T_{ij}$ as a Gaussian functional integral, and the trace part $\pi^T$ as a delta function. The final result in the $h_{ij}$ basis is

$$\Psi_\rho[h_{ij}] = \eta\delta[h^T - h^T_\rho] \exp \left\{ -\frac{1}{4\kappa\hbar} \int \frac{d^3k}{(2\pi)^3} |k| h^T_{ij}(k) h^T_{ij}(-k) \right\}. \tag{116}$$

which coincides with Eq. (76).

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