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How to Correctly Remove a Tick

Grasp the tick firmly and as closely to the skin as possible. With a steady motion, pull the tick’s body away from the skin.

Do not be alarmed if the tick’s mouthparts remain in the skin.

Cleanse the area with an antiseptic.

For more information please contact:
Centers for Disease Control and Prevention
1600 Clifton Road NE, Atlanta, GA 30333
Telephone: 1-800-CDC-INFOD (232-4636)
TTY: 1-888-232-63548
Web: www.cdc.gov/Lyme

Transcontinental Movement of Asian Genotype Chikungunya Virus

To the Editor: Chikungunya virus (CHIKV), a mosquito–transmitted virus (family Togaviridae, genus Alphavirus), was first isolated >60 years ago in Africa and is responsible for epidemics of acute polyarthralgia. During CHIKV epidemics, the transmission cycle is from humans to mosquitoes, with no intervening amplifying host, and the virus can rapidly disseminate, infecting large numbers of persons. Epidemics have been described in Africa, the Middle East, Europe, India, and Southeast Asia. On the basis of detailed clinical descriptions of the disease, chikungunya fever, it appears that CHIKV caused epidemics in the Caribbean (St. Thomas, US Virgin Islands) and the southeastern coastal United States during the early 19th century (1).

Genetic studies show that the virus has evolved into 3 distinct genotypes: West African, East/Central/South African (ECSA), and Asian (2). The genotypes likely indicate independent evolution of the virus in historically isolated areas. Phenotypic differences have been described between genotypes and between individual strains, most notably an E1 mutation among some ECSA strains, which facilitates replication in Aedes albopictus mosquitoes (3). However, more recently, the movement of virus genotypes has increased dramatically, probably as a direct result of increased movement of humans and increased commercial trade. Beginning in 2005 and through 2006, the ECSA genotype virus was responsible for an explosive epidemic, during which the virus moved from coastal Kenya to islands adjacent to southeastern Africa and then to India, where >1 million cases were recorded (2). During this time, imported cases were reported worldwide, and in some instances, autochthonous transmission was detected in distal locations (4,5).

In October 2013, the arbovirus diagnostic laboratory at the Centers for Disease Control and Prevention (CDC; Fort Collins, CO, USA) detected CHIKV in human serum specimens from Yap State, Federated States of Micronesia; the specimens were collected during an epidemic of disease clinically compatible with chikungunya fever. In December 2013, the French National Reference Centre for arboviruses confirmed that CHIKV was responsible for an epidemic occurring on St. Martin Island, French West Indies, in the Caribbean (6). In January 2014, the Caribbean Public Health Agency detected CHIKV in 2 human serum specimens from the British Virgin Islands (BVI); the samples were subsequently confirmed by CDC to be positive for CHIKV.

By using next-generation sequencing, we determined the complete nucleotide sequence for 1 of the CHIKV specimens detected in BVI and for 2 of the CHIKV specimens detected in Yap. DNA libraries for next-generation sequencing were prepared directly from RNA extracted from serum, and the amplified libraries were sequenced by using the Ion Torrent Personal Genome Machine (Life Technologies, Grand Island, NY, USA). The CLC Genomics Workbench (CLC bio, Aarhus, Denmark) and Lasergene NextGen (DNASTAR, Madison, WI, USA) were used to analyze and assemble raw sequence reads. ClustalW (http://www.ebi.ac.uk/Tools/msa/clustalw2/) was used to align the complete genome sequences with a variety of CHIKV sequences, representing the 3 genotypes, from GenBank. Nearly identical phylogenetic trees were generated by several methods (i.e., minimum evolution, maximum likelihood, neighbor joining); a representative neighbor-joining tree generated and analyzed with 1,000 replicates for bootstrap testing is shown in the Figure.
In agreement with findings in a recent report characterizing the 2013 CHIKV detected on St. Martin Island (6), the phylogenetic tree generated from our sequence data showed that the 2014 CHIKV from BVI is within the Asian genotype and is closely related to strains recently isolated in China and the Philippines. This finding supports the idea that a single CHIKV strain of the Asian genotype was recently introduced into the Caribbean and is currently moving throughout the region. The 2 CHIKVs isolated in Yap in 2013 are most closely related to the CHIKV from BVI, differing by only 18–19 nt.

The tree also demonstrates that the CHIKV strains from Yap, BVI, China, and the Philippines form a strongly supported clade (bootstrap of 1,000) within the Asian genotype (Figure). Within this clade, the CHIKVs detected in 2012 in Zhejiang Province, China, and the Philippines are nearly identical, differing by only 4 nt in the entire genome. However, there is some ambiguity regarding the exact origins of these 2 strains. The 2012 CHIKV from the Philippines is described in GenBank (http://www.ncbi.nlm.nih.gov/nuccore/KC352904.1) as an “imported Chikungunya fever case in Ningbo port”; the virus was isolated and identified in Ningbo, China, but was detected in samples from a traveler from the Philippines (GenBank accession nos. KC352904.1 and KC488650.1). The 2012 Zhejiang CHIKV was detected and characterized in Zhejiang Province, but the virus was from a sailor who traveled around Southeast Asia; therefore, the exact origin of this virus is also unknown (7).

The striking similarity between the 2012 CHIKVs from the Philippines and Zhejiang Province suggests a common origin, perhaps the Philippines, where CHIKV transmission was documented in 2012 and 2013. Regardless of the exact origins of these 2 strains, it is clear that the CHIKV strain currently moving throughout the Caribbean originated from a CHIKV strain that was recently circulating between China, the Philippines, and Yap in Southeast Asia.

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Rickettsia felis Infections and Comorbid Conditions, Laos, 2003–2011

To the Editor: Fleaborne disease is highly prevalent in Laos, mainly attributed to murine typhus (Rickettsia typhi infection), transmitted by Xenopsylla cheopis fleas, but data on other fleaborne diseases are limited (1). We screened blood and cerebrospinal fluid (CSF) from participants in 2 large prospective studies in Laos for Rickettsia spp. using a genus-specific 17-kDa-based Rickettsia real-time quantitative PCR assay, and positive results were confirmed by DNA sequencing (2,3). In samples from >2,500 patients (2,540 blood and 1,112 CSF), we detected 3 cases of sequence-confirmed R. felis infections.

A 50-year-old man, an official in Vientiane City, was admitted to a hospital with fever and headache in October, 2008. HIV infection and cryptococcal meningitis were diagnosed. Treatment with intravenous amphotericin B, then oral fluconazole, was successful; antiretroviral treatment was initiated 1 month after diagnosis. Among a panel of diagnostic PCRs, the CSF sample specimen tested positive for genus-specific 17-kDa–Rickettsia quantitative PCR, but was negative for Orientia tsutsugamushi and R. typhi. DNA sequencing of 434 bp of the 17-kDa gene (Macrogen, Seoul, South Korea) revealed a 100% homology to the R. felis URRWXCal2 strain (Table).

R. felis positivity in CSF is rare; 4 cases have been reported (3). The combined findings of R. felis infection and severe immunodeficiency in this patient led to a reevaluation of the 2 reported R. felis infections in Laos (2). Before this study, R. felis DNA or culture had not been handled in our facility. The interval between processing positive samples, dedicated separate areas for samples before and after PCR, and the low positivity rate make DNA contamination highly unlikely.

A 39-year-old housewife from Luang Namtha in northern Laos had a history of diabetes mellitus, which had been treated with glibenclamide. On arrival at the hospital in November, 2008, she had fever, headache, myalgia, and an eschar. She was empirically treated with doxycycline (Table). An eschar biopsy specimen was PCR-positive for Rickettsia spp. and O. tsutsugamushi; PCR of buffy coat detected O. tsutsugamushi DNA only (2). Molecular characterization included 17-kDa and sca4 gene sequencing, which both revealed amplicons of 100% identity to the R. felis URRWXCal2 strain. Serologic evidence for O. tsutsugamushi infection (scrub typhus) included a 4-fold rise in IgM and IgG titers against typhus group rickettsiae, spotted fever group rickettsiae, and R. felis (isolate B377 in XTC-2 cells, Australian Rickettsial Reference Laboratory) were negative in admission and convalescent-phase samples (6-day interval) (Table).

A 13-year-old boy from Salavan, in southern Laos, had fever, headache, and nonspecific symptoms in July, 2009. P. falciparum malaria and dengue were diagnosed, both confirmed by PCR (Table). PCR results for the buffy coat specimen were positive for the 17-kDa gene; subsequent sequencing confirmed R. felis with 100% identity to the URRWX-Cal2 strain. The fever resolved after treatment with antimalarial drugs and ceftriaxone; neither would be expected to be efficacious for R. felis infection.

These data suggest that R. felis occurs in Laos, and is possibly emerging, but whether it results in clinical disease or commonly causes subclinical infection is unknown. The screened cohorts of consecutively enrolled patients with febrile illnesses across 3 diverse geographic regions are representative of etiologic agents of fever across Laos. PCR has previously been used for detection of R. felis and resulted in the discovery of a new R. felis–like organism in fleas in Kenya, Candidatus Rickettsia asemboensis (4). Reports from Southeast Asia suggest that R. felis is not a common cause of febrile illness (1,2), which contrasts with findings in Kenya, where R. felis was found in ≥7% of febrile patients (4,5), and also in ≥3% of afebrile patients (5).

The high R. felis carriage rate in fleas found in Laos (77% overall; 53% in Ctenocephalides felis felis, 89% in C. f. orientis) contrasts strongly with the apparent low incidence of R. felis human infections (6). Among febrile hospitalized patients in Vientiane, 1 case of R. felis infection was serologically diagnosed by using species-specific cross-absorption (1). Seroprevalence studies in the region could