Efficient bidirectional piezo-optomechanical transduction between microwave and optical frequency

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Efficient interconversion of both classical and quantum information between microwave and optical frequency is an important engineering challenge. The optomechanical approach with gigahertz-frequency mechanical devices has the potential to be extremely efficient due to the large optomechanical response of common materials, and the ability to localize mechanical energy into a micron-scale volume. However, existing demonstrations suffer from some combination of low optical quality factor, low electrical-to-mechanical transduction efficiency, and low optomechanical interaction rate. Here we demonstrate an on-chip piezo-optomechanical transducer that systematically addresses all these challenges to achieve nearly three orders of magnitude improvement in conversion efficiency over previous work. Our modulator demonstrates acousto-optic modulation with $V_\pi = 0.02$ V. We show bidirectional conversion efficiency of $10^{-5}$ with 3.3 $\mu$W red-detuned optical pump, and 5.5% with 323 $\mu$W blue-detuned pump. Further study of quantum transduction at millikelvin temperatures is required to understand how the efficiency and added noise are affected by reduced mechanical dissipation, thermal conductivity, and thermal capacity.
It takes energy to sufficiently change the optical properties of a device or medium to impart information onto an optical field. Electro-optic devices are engineered to minimize this energy by using low-loss optical waveguides and resonators that localize the optical field in a small volume, and reduce the amount of energy it takes to set up the electric fields needed for modulation. Mechanical vibrations change the local optical properties with less energy than is typically possible via the electro-optic effect in common materials. Whereas voltages corresponding to $\approx 10^{10}$ microwave photons are typically needed in the most highly optimized electro-optic systems, only $\approx 10^4$ microwave photons of the same energy are needed in the best optomechanical systems. However, this efficient modulation requires localization of both optical and mechanical energy into a wavelength-scale volume. This complicates electrical driving of this localized mechanical motion and must be addressed by careful co-engineering of a piezo-optomechanical system.

An energy-efficient modulator, whether electro-optic or piezo-optomechanical, also operates as a quantum transducer between microwaves and light where a large optical pump coherently and optomechanically, also operates as a quantum transducer between the optical resonance to introduce an interaction between photons resonant with the cavity and the mechanical motion of the device, which is coupled to the external microwave channel. We demonstrate bidirectional conversion between microwave and optical photons with quantum efficiency up to $10^{-5}$ (5.5\%) using the red- (blue-)detuned optical pump. The integrated piezo-optomechanical transducer is fabricated with X-cut thin-film lithium niobate on silicon (LNOS), a material platform demonstrated to be compatible with superconducting circuits and qubits—opening a path for integration with quantum sensors and processors.

Results

Design. An incident microwave signal on the IDT is converted to a propagating mechanical wave in the second-order horizontal shear mode (SH2) in the transducer region. The mechanical wave is then scattered by the linear horn into the first-order longitudinal mode (L1) of a 1.3-µm-wide waveguide (Fig. 1b). From finite-element simulation and separate measurement, we determine that $\approx 0.8\%$ of the microwave power absorbed by the IDT is converted to mechanical motion in the waveguide, the rest of which is lost to dissipation and clamping. From this fraction, $75\%$ is in the L1 mode leading to a 0.6\% conversion from microwave input to mechanical power in the L1 mode for a perfectly matched IDT. Phonons propagate down the waveguide and are scattered into the guided mode of the OMC by smoothly ramping on the OMC's periodic modulation, where the L1 band of the waveguide transforms to the L1 band of the OMC mirror cell (Supplementary Fig. 1). Scattering of mechanical waves from the waveguide into the localized mechanical mode can be induced by breaking a symmetry of the structure. This occurs automatically in our device, in contrast to previous work on silicon OMCs, which required patterns that explicitly broke symmetry to induce scattering. This is because the lithium niobate material lacks crystal symmetry along the reflection plane of the OMC geometry. We simulate a decay rate $\gamma / 2\pi \approx 460$ kHz using COMSOL, 64\% of which is converted to the L1 mode (Fig. 1c). The IDT pitch $a \approx 2.68$ µm is chosen to match the frequencies of the IDT and OMC. Since LN is anisotropic, both the IDT and the OMC have optimal orientations where the piezoelectric and photoelastic effects are, respectively, maximized. A curved waveguide with a bending radius of 50 µm connects the two components.

Optical photons are injected into an on-chip edge coupler via a lensed fiber with coupling efficiency $\eta_{\text{opt}} \approx 65\%$. This waveguide is brought in the near-field of the OMC to allow coupling of light fields in and out of the optical resonance. The fabrication process is described in refs. 27,33. The scanning electron micrographs (SEM) in Fig. 1 were taken before the final masked release step.

Device characterization. Figure 2a shows the measurement setup used for this work. We use a vector network analyzer (VNA) to generate and readout signals to and from the IDT (microwave input and output). A commercial electro-optic modulator (EOM) is driven by the VNA to generate the optical sideband input (optical input). The light reflected from the device containing the pump and sideband is amplified and collected by a high-speed detector, which downconverts the optical sideband to a microwave signal received by the VNA (optical output). We measure all four scattering parameters of this two-port setup at room temperature. All ports are calibrated to de-embed the scattering parameters of the device.
We begin by characterizing the OMC and the IDT. A Lorentzian response is observed when we scan a tunable telecom laser with frequency $\omega_p$ across the optical resonance of the OMC at frequency $\omega_c$ (Fig. 2b). Combined with the optical sideband response (Supplementary Note 3), we extract a total optical linewidth $\kappa = \frac{2\pi}{1210 \pm 40}$ MHz and an external coupling rate $\kappa_e = \frac{2\pi}{800 \pm 30}$ MHz, corresponding to a loaded quality factor $Q = 1.6 \times 10^5$ and an intrinsic quality factor $Q_i = 4.7 \times 10^5$. The IDT response is measured with a calibrated microwave probe and is shown in Fig. 2c. We achieve a peak conductance of $1.9 \text{ mS}$ and a bandwidth of $B_{\text{IDT}} = 3.36$ MHz with direct coupling to a 50 $\Omega$ transmission line. Lastly, we characterize the mechanical mode and optomechanical coupling by thermal spectroscopy and optomechanical back action (Supplementary Note 4). We note that both $\gamma$ and $g_0$ differ significantly.
from the values measured in ref. 27 with identical OMC geometry and orientation. We attribute these deviations to hybridization of the local breathing mode with the waveguide modes.

**Efficient acousto-optic modulation.** To demonstrate acousto-optic modulation, we drive the mechanical mode of the OMC with a microwave tone at frequency $\omega_{\mu} \sim \omega_m$ and measure the reflection spectrum of the optical mode. The coherent mechanical motion induces a varying optical cavity frequency

$$\tilde{\omega}_c = \omega_c + \Delta \omega_c = \omega_c + 2g_0 \sqrt{n_{\text{phon}}} \cos \omega_{\mu} t,$$

(1)

where $n_{\text{phon}}$ is the driven intracavity phonon number proportional to the input microwave power $P_{\mu}$. This phase modulation splits the optical cavity spectrum into sidebands at $\omega_c \pm k \omega_{\mu}$ with integer sideband index $k$ and relative strength determined by $k$ and the modulation index $\eta = 2g_0 \sqrt{n_{\text{phon}}} / g_0$ (Supplementary Note 5). We measure the cavity reflection spectrum for different microwave powers and frequencies.

Figure 3a shows the reflection spectrum versus cavity-laser detuning $\Delta = \omega_c - \omega_p$ and microwave power $P_{\mu}$. The phase modulation sidebands are clearly resolved. We empirically confirm the expected proportionality between the square root of the microwave power and the modulation index $h$. We show the measured spectrum with fixed power $P_{\mu} = 7.24 \mu W$ at different frequencies in Fig. 3b, and extract the modulation index versus frequency in Fig. 3c by fitting the spectrum (Supplementary Note 5). The modulation index peaks at the mechanical mode frequency $\omega_{\mu} = \omega_m$, where the microwave power required to achieve modulation index $h = 1$ is as low as $P_{\mu} = 0.58 \mu W$. The complex shape of the excitation spectrum in Fig. 3c is due to the mismatch of the IDT and mechanical mode frequencies (see Fig. 2c). The lower local maxima match the IDT response and standing wave modes of the mechanical waveguide. The mismatch between the local mechanical mode frequency and the IDT frequency lowers the peak modulation, but increases the 3 dB bandwidth to $B \sim 10$ MHz. Combining the acousto-optic modulation measurement with $g_0$ and $\gamma$, we deduce a decay rate from the mechanical mode to the $Z_0 = 50 \Omega$ microwave transmission line of $\gamma'/2\pi = 2.2$ kHz and the corresponding microwave-to-mechanical conversion efficiency $\eta_m \equiv \gamma'/\gamma = 0.11\%$ (Supplementary Note 5).

An important figure of merit for a classical modulator is the amount of driving energy required to encode one bit of information on an optical field\(^3\). This generally requires consideration of multiple aspects of a communication system.

We consider a simplified thought experiment, where we begin with the optical resonator prepared initially in a coherent state $|\alpha_0|^2 = 1$ and ask how well can the output optical field $|\Psi_k\rangle$ be distinguished when the modulator is driven to encode $k = 0$ or $k = 1$. In the Supplementary Note 6, we use the Helstrom–Holevo bound\(^36\) to calculate the driving energy required to realize a bit-error-rate of 10% for different system parameters $(g_0, \eta_m, \kappa, \omega_m)$ and find two limiting cases:

$$E_{\text{bit}} = \frac{\hbar \omega_m}{16 \eta_m} \left( \frac{\kappa}{g_0} \right)^2$$

for $\kappa \gg \omega_m$, and

$$E_{\text{bit}} = \frac{\hbar \omega_m}{8 \eta_m} \left( \frac{\omega_m}{g_0} \right)^2$$

for $\kappa \ll \omega_m$.

In our sideband-resolved system ($\kappa < \omega_m$), the second equation leads to an energy-per-bit of 97 fJ. Notice that a modulation index of $h = \pi$ is achieved with $V_{\mu} = 24$ mV, requiring and RF power $P_{\mu} = V_{\mu}^2 / 2Z_0$, which can also be used to estimate the energy-per-bit $P_{\mu} / (2\pi B) \sim 100$ fJ.

**Bidirectional conversion between microwave and optical frequency.** We demonstrate microwave-to-optical conversion by pumping the optical mode with detuning $\Delta = \pm \omega_m$ using different pump powers and measuring the microwave-to-optical scattering parameter. The total conversion efficiency is defined as the ratio between input microwave photon flux before the IDT and output sideband photon flux after the light being collected by the lensed fiber. At $\Delta = \pm \omega_m$, the efficiency is given by

$$\eta_{\text{total}} = \eta_{\text{fc}} \eta_{\text{oc}} \eta_{\text{m}} \frac{4C}{(1 + C)^2},$$

(4)

where $\eta_{\text{fc}} = (65.2 \pm 0.4)\%$ is the fiber-to-chip optical coupling efficiency and $\eta_{\text{oc}} \equiv \kappa_\ell / k = (66 \pm 1)\%$ is the external optical coupling efficiency. $C = C_0 n_l$ is the optomechanical cooperativity, $n_l$ is the intracavity photon number, and $C_0 \equiv 4g_0^2 / (\kappa \gamma)$ is the single-photon cooperativity.

For a red-detuned pump, the linearized optomechanical interaction gives a beam-splitter interaction Hamiltonian for a sideband-resolved system\(^8\). Ideal internal quantum transduction can be achieved in principle at the matching condition $C = 1$, where the maximal efficiency equals the total external coupling efficiency $\eta_{\text{total}} = \eta_{\text{oc}} \eta_{\text{m}}$. Alternatively, a blue-detuned optical pump leads to a two-mode squeezing Hamiltonian that could be utilized to generate entanglement between optical and microwave photons, required for long-range quantum communication\(^37,38\). It also gives rise to phase-conjugating
amplification of input optical sideband photons or input microwave photons with added noise. The internal gain $G_{\text{int}} \equiv 4G/(1 - C)^2$ monotonically increases with optomechanical cooperativity $C$ until the phonon lasing condition $C \geq 1$, where $G_{\text{int}} \rightarrow \infty$ and the system no longer operates in the linear regime. In our demonstration, we reached $G_{\text{int}} > 1$ compensating for some, but not all of the external coupling losses $\eta_i$. We refer to the scattering parameter measurement under blue-detuned pump as “efficiency” instead of “gain” with the understanding that this is not a quantum-state-conversion process.

We calibrate the optical detection gain using a second calibration laser (see Supplementary Note 7 and also ref. 40 for detailed description). The calibrated total microwave-to-optical conversion efficiency $\eta_{\text{oc}}$ is shown in Fig. 4a for different intracavity photon numbers. Measurements with a red-detuned pump are limited by the thermo-optical instability to intracavity photon $n_c \lesssim 500$ and a resulting total efficiency $\eta_{\text{oc}} \sim 10^{-5}$. We measure the efficiency with a blue-detuned pump up to $n_c \sim 4 \times 10^4$ and fit to Eq. (4) with two fitting parameters $\eta_i$ and $C_0$. The fit curve is plotted in Fig. 4a in cyan, showing good agreement with measured efficiencies across more than three orders of magnitude. We extract a single-photon cooperativity $C_0 = 1.2 \times 10^{-5}$ and a total external coupling efficiency $\eta_e = 4.24 \times 10^{-4}$. The deviation of measured efficiencies from the fit at high $n_c$ can be attributed to thermally induced redshifts of the mechanical mode (Supplementary Note 10). We also calculate $C_0 = 8.4 \times 10^{-6}$ from independent measurement of $g_\nu$, $\kappa$ and $\gamma$. The $g_\nu$ obtained from blue-detuned backaction measurement is possibly underestimating the actual $g_\nu$ due to thermal broadening of the mechanical linewidth.\(^{27}\). We deduce $g_\nu/2\pi = 84$ kHz with $C_0$ value obtained from the efficiency measurement. After removing the independently measured $\eta_i$ and $\eta_e$ from $\eta_{\text{oc}}$, we calculate $\eta_m = 9.9 \times 10^{-4} \approx 0.1\%$ and the corresponding $\gamma_\nu/2\pi = 1.9$ kHz, about five orders of magnitude increase from our previous demonstration.\(^ {27}\). Improving the IDT-OMC mechanical frequency mismatch of $\Delta f = 8.3$ MHz $\sim 2.5\%$, would increase $\eta_m$ by an order of magnitude. We note a $\sim 10\%$ difference between $\eta_m$ measured from acousto-optic modulation and $\eta_m$ measured from conversion efficiencies. An overestimated $g_\nu$, as well as device aging between measurements affecting the frequency mismatch, explains this discrepancy in $\gamma_\nu$.

In optical-to-microwave conversion, due to the much lower energy per photon at microwave frequency, a $\sim 50$ dB reduction of the microwave signal power with respect to optical is incurred. With sub-microwatt optical sideband power, it becomes technically challenging to keep the converted microwave power above the VNA internal cross talk level. We adopt a more sensitive measurement scheme\(^{22}\) that uses a signal generator for the EOM input and an isolated real-time spectrum analyzer (RSA) for sensitive detection of the microwave output. The optical input sideband is calibrated by a fiber Fabry–Pérot tunable filter (FPF-TF) and is described in detail in Supplementary Note 9. The calibrated optical-to-microwave conversion efficiencies $\eta_{\text{om}}$ are plotted in Fig. 4a for comparison. Higher efficiencies are observed for blue-detuned $\eta_{\text{om}}$ than $\eta_{\text{oc}}$. We attribute the difference to temperature fluctuation and device aging during the modification of measurement setup, which could lead to a different frequency mismatch between the OMC mechanical mode and a nearby waveguide mode.

To achieve bidirectional conversion measurement with the VNA, we fix the maximal pump laser power to $\sim 300 \mu W$ limited by the setup and change the detuning $2\pi \times 1$ GHz $\leq |\Delta| \leq \omega_m$ to further increase the intracavity photon number $n_c$. The measured conversion efficiencies are shown in Fig. 4b. Reasonable agreement between the two conversion directions is observed up to the phonon lasing regime, with highest stable conversion efficiency $\eta \approx 5.5\%$ in the linear operation regime. The corresponding internal gain is $G_{\text{int}} \approx 21$ dB. Figure 4c shows the measured S parameters at the highest achieved efficiency. We obtain good agreement between optical-to-microwave and microwave-to-optical scattering parameters for both the line-shape and the peak efficiency. When $n_c$ is further increased such that $C > 1$, we observe phonon lasing and amplification for both input optical sideband and input microwave signal. Operation in this nonlinear regime will be studied in future work.

**Discussion**

To compare existing piezo-optomechanical transducers, we summarize parameters from various demonstrations in Table 1. $\eta_m$ and $P_{\text{pump}}$ from Vainsencher et al.\(^{19}\) are estimated from their measured total efficiency, intracavity photon number and other system parameters, assuming a grating coupler efficiency of $\sim 20\%$. The $\eta_m$ from Balram et al.\(^ {23}\) is calculated from the
measured driven coherent phonon population. We note that Shao et al.28 achieved an efficiency of 17% between microwave and mechanics, orders of magnitude higher than other approaches but at the cost of a reduced overlap between the optical and mechanical modes leading to a lower optomechanical coupling rate \( g_0/2\pi = 1.1 \text{ kHz} \). They estimated a conversion efficiency \( \eta_{\text{base}} = 1.7 \times 10^{-5} \) from their system parameters. We define the on-chip single-pump-photon conversion efficiency as \( \eta_0 \equiv 4\eta_\text{m} C_\text{m} C_\text{o} \). The transducer reported here achieved roughly one order of magnitude higher \( \eta_0 \) comparing to all other demonstrations. The fiber-to-chip optical coupling efficiency \( \eta_\text{oc} \) is a separate issue and is not explicitly included in Table 1, though it affects the total efficiency numbers.

As a modulator for classical optical fields, our device exhibits both a \( V_p \) and an energy-per-bit \( E_{\text{bit}} \) that is orders of magnitude lower than previous acousto-optic demonstrations. We use Eqs. (2) and (3) to estimate the energy efficiency of a range of devices. In general, the piezo-optomechanical devices lag significantly behind the best electro-optic devices41–44. By further improving the electrical-to-mechanical efficiency from \( \eta_m \sim 10^{-3} \) to closer to unity, we expect to push the classical performance of the device deep into the sub-femt joule regime where performance in excess of the electro-optic systems becomes possible. Implementing a similar approach in a hybrid platform that integrates silicon with lithium niobate45,46 would allow even greater improvements by increasing \( g_0 \) by an order of magnitude and enabling sub-att joule modulation energy. Finally, we stress that the low dissipated energies-per-bit are not directly related to the limited mechanical bandwidth, but rather mostly as a result of the strong optomechanical interaction. The driving bandwidth could be increased significantly by advances in OMC and IDT design for applications requiring faster modulation while keeping a low dissipated energy-per-bit.

For quantum transduction, each converted qubit comes at a cost of optical pump power dissipated in the fringe \( E_{\text{qubit}} = h\omega_m \xi /g_0^2 (4\eta \eta_\text{m} \eta_\text{oc}) \), where \( \xi \) is the intrinsic optical cavity loss rate (see refs. 5,47 and also Supplementary Note 6). Cooling our transducer to cryogenic temperature would reduce material loss for the IDT and the OMC, and may increase both \( \eta_\text{m} \) and \( C_\text{o} \) by more than one order of magnitude. Adding another order of magnitude from matching IDT and OMC mechanical frequencies, we expect a picojoule energy-per-qubit and more than three orders of magnitude better efficiency to be possible, bringing the total efficiency with a red-detuned pump up to \( \gtrsim 1 \% \) with only \( \approx 500 \) intracavity photons and corresponding optical pump power \( P_{\text{pump}} \approx 3.3 \mu \text{ W} \). When the transducer is further resonantly coupled to a superconducting qubit/resonator with a characteristic impedance \( Z_\text{c} \sim 300 \Omega \), we estimate the coupling rate between the qubit/resonator and the OMC mechanical mode to be \( g_0 = \sqrt{\gamma_m Z_\text{c}} / Z_\text{c} \sim 2 \times 2.3 \text{ MHz} \), putting us in the strong coupling regime so long as the qubit/resonator linewidth \( \kappa /2\pi < 2.3 \text{ MHz} \).

In conclusion, we designed and fabricated an integrated piezo-optomechanical transducer by combining an efficient wavelength-scale mechanical waveguide transducer and an optimized optomechanical crystal on LNOS platform. The microwave-to-mechanical conversion efficiency is increased by a factor of 103 comparing to our previous design without severely impacting the optomechanical coupling or dissipation. We demonstrated efficient acousto-optic modulation with \( V_p = 24 \text{ mV} \), bidirectional conversion efficiency of 10−3 with 3.3 \mu W red-detuned optical pump and 5.5% with 323 \mu W blue-detuned pump at room temperature. We expect our transducers to have reduced material loss and an increased efficiency at cryogenic temperature, opening up experiments in the quantum regime between optical photons, microwave photons and phonons, and superconducting qubits30,31.

### Data availability

All data that support the findings of this study are available in the main text, Supplementary Information, as well as from the corresponding authors upon reasonable request.

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### Table 1 Comparison of integrated piezo-optomechanical transducers.

| Reference          | Vainsencher et al.19 | Balram et al.23,24 | Forsch et al.25 | Jiang et al.27 | Shao et al.28 | This work |
|--------------------|-----------------------|--------------------|-----------------|----------------|---------------|-----------|
| Platform:          | AIN                   | GaAs               | GaAs (20 mK)    | LN             | LN            | LN        |
| \( g_0/2\pi \) (Hz)| \( 1.1 \times 10^5 \) | \( 1.1 \times 10^6 \)| \( 1.3 \times 10^6 \)| \( 1.2 \times 10^5 \)| \( 1.1 \times 10^3 \)| \( 8 \times 10^4 \)|
| \( \kappa/2\pi \) (Hz)| \( 1.5 \times 10^{10} \)| \( 5.2 \times 10^8 \)| \( 5.8 \times 10^8 \)| \( 7.8 \times 10^8 \)| \( 1.3 \times 10^6 \)| \( 1.2 \times 10^9 \)|
| \( y/2\pi \) (Hz)| \( 5 \times 10^6 \)| \( 1.7 \times 10^6 \)| \( 2 \times 10^5 \)| \( 5 \times 10^5 \)| \( 1.9 \times 10^6 \)|
| \( C_0 \equiv 4g_0^2/(\mu \text{ky}) \)| \( 7 \times 10^{-7} \)| \( 5.4 \times 10^{-4} \)| \( 5.9 \times 10^{-3} \)| \( 1.5 \times 10^{-4} \)| \( 4 \times 10^{-8} \)| \( 1.2 \times 10^{-5} \)|
| \( \eta_\text{m} \equiv \varphi_\text{k0} \) | 69% | 23% | 65% | 29% | 15% | 66% |
| \( \eta_\text{oc} \equiv \eta_\text{m} C_\text{m} \) | \( \sim 2 \times 10^{-4} \) | \( 3 \times 10^{-10} \) | \( 3.6 \times 10^{-10} \) | \( 1.8 \times 10^{-8} \) | \( 1.7 \times 10^{-1} \) | \( 10^{-3} \) |
| \( \eta_\text{oc} \equiv 4\eta_\text{m} C_\text{m} C_\text{o} \) | \( \sim 3.7 \times 10^{-10} \) | \( 1.5 \times 10^{-13} \) | \( 5.5 \times 10^{-12} \) | \( 3 \times 10^{-12} \) | \( 4 \times 10^{-9} \) | \( 2.6 \times 10^{-2} \) |
| \( \eta_{\text{pump}} \) | \( 6.5 \times 10^{-3} \) | \( - \) | \( 7 \times 2 \times 10^{-2} \) | \( \sim 10^{-2} \) | \( 7 \times 10^{-4} \) | \( 11 \times 10^{-5} \) |
| \( \eta_{\text{pump}} \) | \( 9 \times 10^{-8} \) | \( - \) | \( 1.7 \times 10^{-5} \) | \( - \) | \( 1.1 \times 10^{-5} \) | \( 11 \times 10^{-5} \) |
| \( \eta_{\text{pump}} \) | \( 2 \times 10^{-8} \) | \( - \) | \( - \) | \( - \) | \( - \) | \( - \) |
| \( \eta_{\text{blue}} \) | \( 2.3 \mu \text{ W} \) | \( - \) | \( ~0.5 \mu \text{ W} \) | \( - \) | \( - \) | \( - \) |
| \( \eta_{\text{blue}} \) | \( ~10 \mu \text{ W} \) | \( - \) | \( - \) | \( ~3 \mu \text{ W} \) | \( 1 \text{ mW} \) | \( 3 \mu \text{ W} \) |
| \( E_{\text{fit}} (J) \) | \( 1.4 \times 10^{-11} \) | \( 7.5 \times 10^{-9} \) | \( 6.3 \times 10^{-9} \) | \( 2 \times 10^{-9} \) | \( 1.4 \times 10^{-11} \) | \( 9.7 \times 10^{-14} \) |
| \( E_{\text{qubit}} (J) \) | \( 1.3 \times 10^{-6} \) | \( 8.3 \times 10^{-3} \) | \( 9.7 \times 10^{-4} \) | \( 1.9 \times 10^{-4} \) | \( 7.8 \times 10^{-9} \) | \( 3.5 \times 10^{-9} \) |

\( \eta_\text{m} \) is defined as the decay rate from the local mechanical mode to the SO of microwave channel. Optical-to-microwave \( \eta_\text{oc} \), microwave-to-optical \( \eta_\text{m} \) and blue-side-pump \( \eta_{\text{pump}} \) efficiencies are listed separately. We note that only the demonstrations on LN platform are in the sideband-resolved regime, and the corresponding \( E_{\text{fit}} \) is calculated differently (see the main text). The values most favorable for efficient conversion are highlighted in bold.
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