Experimental Copper Deficiency, Chromium Deficiency and Additional Molybdenum Supplementation in Goats – Pathological Findings

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Aupperle H, Schoon H-A, Frank A: Experimental copper deficiency, chromium deficiency and additional molybdenum supplementation in goats – pathological findings. Acta vet. scand. 2001, 42, 311-321. – Secondary copper (Cu) deficiency, chromium (Cr) deficiency and molybdenosis (Mo) has been suggested to cause the "mysterious" moose disease in the southwest of Sweden. The present experiment was performed on goats to investigate the clinical, chemical, and pathological alterations after 20 months feeding of a semi-synthetic diet deficient in Cu and Cr. Four groups were included in the study: control group (n=4), Cu-deficient group (group 1, n=4), Cr-deficient group (group 2, n=2) and Cu+Cr-deficient group (group 3, n=3). Group 3 was additionally supplemented with tetrathiomolybdate during the last 2 months of the experiment. Main histopathological findings in groups 1 and 3 were the lesions in the liver, characterised by a severe active fibrosis, bile duct proliferation, haemosiderosis and mild necroses. Additionally, degenerative alterations of the exocrine pancreas were prominent in groups 1 and 3. Lesions in group 3 were more pronounced than in group 1. In group 3, the skin showed an atrophic dermatosis, while in group 2 a crusty dermatitis caused by Candida spp. was observed. This study shows that liver, pancreas and skin are mainly affected by a long term deficiency of copper and the findings are complicated by molybdenum application while chromium deficiency produced no histomorphological effects in our study.

molybdenosis; histopathology; liver; pancreas; moose.

Introduction

The aetiology of the "mysterious" moose disease observed in southwestern Sweden is not clearly understood. Secondary copper (Cu) deficiency, chromium (Cr) deficiency and molybdenosis (Mo) have been suggested to cause this disease (Frank et al. 1994, Frank 1998). The presence of Cu and its key role in vertebrate metabolism is well established. Several reviews concerning the role of Cu (Kay 1981, Davis & Mertz 1987, Fell 1987, Gooneratne et al. 1989, Suttle 1992) and molybdenum (Hainline & Rajagopalan 1983, Mills & Davis 1987) in animals are available. Deficiency of cuproenzymes have been linked to a variety of disease syndromes (Frank 1998). Defects which affect the cardiovascular system (Coulson & Carnes 1963) and the skeleton (Suttle & Angus 1976) of Cu-deficient animals are biochemically related to disordered cross-linking of connective tissue proteins caused by a deficiency of lysyl oxidase (Hill et al. 1967). Disorders of the nervous system (Suttle et al. 1970) and achromotrichia (Suttle & Angus 1976) have been linked to a lack of cuproenzymes dopamine-β-
hydroxylase and tyrosinase respectively. Cytochrome c oxidase catalyses the final step of the mitochondrial electron transport chain. It is important in energy production, and a deficiency can cause alterations in the gut (Fell et al. 1979), heart (Waismann 1972), pancreas (Fell et al. 1982), brain (Suttle et al. 1970), and other energy dependent mechanisms. Ceruloplasmin is an oxidase that catalyses the oxidation of amines and ferrous iron. It is synthesised in the liver and its deficiency leads to anaemia and deposition of iron as haemosiderin in tissues, especially in the liver (Kay 1981, Harris 1995).

The effect of excessive Mo intake and Cu deficiency and an imbalance of these 2 metals and sulphur (S) in the feed is a complex nutritional problem in ruminants dependent on a number of variables, including species and age of the animal (Hainline & Rajagopalan 1983, Mills & Davis 1987). Biochemical interactions between Cu, Mo and S that can lead to Cu deficiency and/or molybdenosis occur predominantly in the gastrointestinal tract (Ward 1978, Suttle 1988). This may explain the differences in Mo toxicity seen between ruminants and non-ruminants that have been fed the same amount of dietary Mo. However, the cause of the species differences in ruminants are not fully understood until now.

Chromium deficiency is rare in animals and can lead to impaired glucose tolerance, hyperglycaemia, relative insulin resistance, peripheral neuropathy, and metabolic encephalopathy (Wallach 1985, Brown et al. 1986).

The present study on goats was performed to investigate the clinical, chemical and pathological alterations in an experimental model imitating the conditions suspected to initiate the "mysterious" moose disease (Rehbinder et al. 1991, Stéen et al. 1993, Merza et al. 1994).

More specifically, the aim of this long-term (20 months) study in goats was to investigate the morphological findings of Cu deficiency with and without supplementation of Mo, and the effects of Cr deficiency.

Materials and methods
The design of this experiment has been described in detail elsewhere (Frank et al. 2000 a). Briefly, 20 male goats, (14 white and 6 brown, German Noble breed) 3 months of age at the start of the experiment, were used. Thirteen of the animals were available for pathological investigations at the end of the feeding period. The experiment was carried out with 4 groups of animals fed a semi-synthetic ration described by Anke & Groppel (1989) containing different concentrations of Cu, Cr, Mo (Frank et al. 2000a): control group (11 mg Cu/kg DM, 1.4 mg Cr/kg DM, 0.54 mg Mo/kg DM) (n=4), group 1 Cu-deficient (11 mg Cu/kg DM) (n=4), group 2 Cr-deficient (0.355 mg Cr/kg DM) (n=2), and group 3 Cu and Cr-deficient (0.96 mg Cu/kg DM, 0.31 mg Cr/kg DM) (n=3). Group 3 was additionally fed tetrathiomolybdate (TTM) (10-40 mg Mo/kg DM) per day during the last 10 weeks of the experiment to accentuate the Cu deficiency. After 20 months, the animals were euthanised and pathological investigations performed. Macroscopical findings were documented, and the fore- and hind-legs were x-rayed. Specimens of liver, kidneys, spleen, intestinal lymphnodes, rumen (8 locations from different ruminal pillars and sacs of rumen), abomasum, gut (duodenum, jejunum, ileum), pancreas, adrenal glands, testes, lungs, heart, aorta, thyroid gland, skin (head, back), muscles (m. gluteus, m. semimembranosus), synovial capsule and joints (artt. genus, tarsi, cubiti, carpi), bones (femur, tibia, humerus, ulna), brain (cerebrum, cerebellum, medulla, brain stem), spinal cord and peripheral nerves (n. ischiadicus, n. femoralis) were fixed in formalin and embedded in paraplast. Bones were decalcified with Ossa fixona® (Diagonal, Mün-
ster, Germany) before embedding, and 2-3 μm sections were stained with Haematoxylin-Eosin, Picrosirius-Red, Turnbull-blue and Periodic Acid Schiff (PAS)-reaction according to McManus (Romeis 1989) was carried out.

**Immunohistochemistry**

Tissue sections of the skin were mounted on SuperFrost® slides (Menzel Gläser, Braunschweig, Germany). The PAP-method (peroxidase anti-peroxidase) was used to detect Candida spp. with a polyclonal rabbit anti-candida spp. antibody (1:400) (Biodesign, Dunn Labortechnik GmbH, Asbach, Germany) as the primary antibody. Parallel sections were incubated with rabbit serum for negative control. The slides were finally developed in DAB (diaminobenzidine tetrahydrochloride) and counterstained with Papanicolaous fluid.

The APAAP-method (alkaline phosphatase anti-alkaline phosphatase; Dako, Hamburg, Germany) was used to detect insulin, glucagon and NSE (neuron specific enolase) in the pancreas. The antibodies used were guinea-pig anti-insulin (1:1000, Dako, Hamburg, Germany), rabbit anti-glucagon (1:10, Dako, Hamburg, Germany) and mouse anti-NSE (1:20, Dako, Hamburg, Germany). Parallel sections were incubated with rat or rabbit serum, respectively, for negative control. The slides were developed in newfuchsin (Chroma-Gesellschaft, König, Germany) and counterstained with haematoxylin (Merck, Darmstadt, Germany).

**TUNEL -technique**

Apoptotic cells in the pancreas were detected by TUNEL-technique (TdT-mediated dUTP-biotin nick end labelling). The slides were treated with proteinase K (Fluka, Neu Ulm, Germany) (3 μl/ml TBS) for 15 min. at room temperature. As specific positive control, caprine ovarian tissue was used. For nonspecific positive control, samples were incubated with DNase I (Boehringer Mannheim, Mannheim, Germany). For negative control, the slides were incubated with biotin only. All samples were incubated for 60 min. at 37°C with a mixture consisting of Terminal-deoxynucleotid transferase (TdT: 25U/25μl, Boehringer Mannheim) and Biotin-dUTP (5nM/50ml, Boehringer Mannheim) followed. The Avidin-Biotin-Complex (Vectastain®, Vector Laboratories Inc., Burlingame, CA, USA) detection system was used.

**Electronmicroscopy**

Specimens of jejunum, colon and aorta were fixed in 3% glutaraldehyde, embedded in glycidether 100 and stained with uranylacetate-lead. To demonstrate elastic and collagen fibers, the modified tannin-uranylactate-technique (Stadler 1978) was used.

**Histometry**

Morphometric results of the endocrine pancreas were evaluated with the colourimetric system Quantimet 500 (Leica, Wetzlar, Germany).

**Results**

**Body weight**

The most obvious differences between the 4 groups were the marked differences in body weight. The body weight (mean ± SD) of the animals in the control group was 34.8 ± 4.8 kg. In group 1 the body weight was 31.3 ± 7.0 kg, in group 2 it was 47.5 ± 14.9 kg and in group 3 it was 24.0±4.5 kg. The post mortem examination showed that the higher body weight of the animals in group 2 was due to an increase of the subcutaneous adipose tissue and the fat tissue in the carcasses (omentum majus, omentum minus, mesenterium). Weight gain and feed consumption for the animals are presented elsewhere (Frank et al. 2000a).

Acta vet. scand. vol. 42 no. 3, 2001
Macroscopic findings
The animals in group 2 showed a crusty dermatitis affecting the head but the hair colour and structure were normal. In all animals except the control group, a red-yellowish coloured liver and a largely filled gall bladder were the main gross findings. The gastrointestinal tracts of all animals contained smooth grey ingesta as usually found when feeding the present semi-synthetic diet. The intestinal mucosa and the mesenteric lymph nodes appeared normal. The lungs and the associated lymph nodes showed mild anthracosis. Macroscopic lesions were not seen in pancreas, kidneys, spleen, testes, eyes, heart, bones, joints and muscles in any group. X-ray examination of the fore and hind legs did not reveal any lesions in the bone structure.

Histopathological findings
Unless otherwise stated, the histomorphology of the tissues in the control group and group 2 revealed no histopathological findings.

Liver. A variety of histopathological changes was observed in goats in groups 1 and 3 but they were most pronounced in group 3 goats. The lesions diagnosed included a mild microvesicular steatosis and moderate bile duct proliferation (Fig. 1), multifocal mild periportal hepatocellular necroses accompanied by a moderate periportal bridging fibrosis (Fig. 2), moderate periportal deposits of haemosiderin within macrophages and hepatocytes (Fig. 3) and spread of collagen fibres between the irregular and pleomorphic hepatocytes.

Pancreas. Structural irregularity of the exocrine pancreas was observed in groups 1 and 3; but was most marked in group 3 animals (Fig. 4). Single cell necroses were accompanied by alterations of the acinar structure but the number of apoptotic bodies detected by the TUNEL-technique was not significantly increased. Many acini were significantly smaller and disorganised. PAS-reaction revealed a patchy discontinuity of the basement membranes in these acini. The pleomorphic cells showed a decreased number of cymogen granules and a diminished basophilic staining reaction.

The endocrine islets of the goats in the control group and groups 1 and 2 contained 30% glucagon and 70% insulin producing cells. The proportion of glucagon-producing cells in the islets was slightly diminished in group 3 (about 25% glucagon and 75% insulin producing cells). Apart from this, pancreatic islets of group 3 goats were morphologically normal.

Cardiovascular system. No major histopathological changes were observed in the myocardium, endocardium, epicardium, coronary vessels or conduction system. However the histological and ultrastructural findings in the aortal walls varied individually as well as within the control group: The normal findings, regular bands of mature elastic fibers, surrounded by small amounts of collagen, and numerous myocytes within the media, were seen in some individuals of each group. However, in several animals from every group (control: 2/4, group 1: 1/4, group 2: 1/2, group 3: 1/3) swollen and fragmented immature elastic fibres were observed within the intima. For the most part, the media appeared regular, but in some areas, the myocytes were shrunken and widely separated from each other by accumulation of elastin and collagen fibres. In some animals (control: 1/4, group 1: 2/4, group 2: 0/2, group 3: 2/3) the number of collagen fibres was moderately increased, forming whirly bundles.

Skin. In the white goats it was impossible to detect any signs of achromotrichia. But also in the 6 coloured animals no signs of achro-
motrichia or an irregular structure of the hair appeared.
Histopathologically, the goats in group 1 showed a moderate orthokeratotic hyperkeratosis of the epidermis at the abdomen and the back, but no signs of inflammation.

The dermatitis of the head of the animals in group 2 was histopathologically characterised by a severe orthokeratotic hyperkeratosis, a moderate perivascular infiltration of eosinophilic granulocytes and a moderate interstitial edema. Immunohistologically, masses of Can-
**Acta vet. scand. vol. 42 no. 3, 2001**

dida spp. were detected on the epidermal surface and within the infundibula of the hairs. The skin at the abdomen and the back was without histopathological alterations. In group 3, a severe orthokeratotic hyperkeratosis and a moderate atrophy of the epidermis and the integumentary appendages was observed at the abdomen and the back. The hair follicles mostly stayed in the telogen phase.

**Gastrointestinal tract.** In general the rumenal epithelium was covered by a thick layer of completely keratinised long slender eosinophilic cells, except in group 3 goats that showed incomplete keratinisation. In the small intestine, no histopathological alterations were seen in any group. Ultrastructurally, the enterocytes of the small intestine appeared normal. The enterocytes of the colon of some animals (control: 2/4, group 1: 2/4, group 2: 1/2, group 3: 1/3) showed dilated intercellular spaces and mildly to moderately swollen mitochondria containing condensed amorphous material but vacuolated endoplasmatic reticula were not observed. These findings occurred in some of the controls as well and therefore were not interpreted as group specific.

**Kidneys.** In the animals of group 2, a mild, moderate or severe proliferation of mesangial cells was observed. In group 3 goats, the glomerula appeared partially atrophic, and numerous proximal tubuli showed a mild vacuolar epithelial degeneration.

**Testes.** The histomorphological findings of the testes varied individually within the groups. The seminiferous tubules in most animals (control: 3/4, group 1: 2/4, group 2: 1/2, group 3: 2/3) consisted of normal germinal epithelium with several cell layers. But according to the time of the year (March: outside the breeding season) the germinal epithelium was not very active and showed signs of mild testicular degeneration, characterised by vacuolated germinal epithelium and few multinucleated giant cells deriving from spermatogonia. In each group, severe testicular degeneration and atrophy was observed in one animal, indicating that these findings are not group specific.

**Lymphatic tissues.** All animals showed a low to moderate activity of the lymphatic tissues (spleen, lymph nodes) characterised by activated secondary lymphfollicles. The main histopathological finding of the spleen was an individually varying degree of diffuse haemosiderosis.

**Adrenal glands, thyroid glands, and parathyroid glands.** No histomorphologic alterations were observed in these tissues.

**Lungs.** Histologically, a mild hyperaemia, alveolar emphysema and anthracosis was seen in the animals of all groups.

**Bones, joints, muscle.** Histologically, the bones from all animals showed a regular structure and proportions with a normal degree of mineralisation. Osteoporosis was not observed in any case.

**Eyes, brain, spinal cord, peripheral nerves.** A mild to moderate satellitosis was seen in the cerebrum of animals from groups 1 and 2. No degenerative processes were obvious in the eyes, brain, spinal cord or peripheral nerves of any animal.

It can be summarized that specific pathological findings were made in the liver, pancreas and skin, while alterations observed in vessels, testes and gut were not specific for any group or the control.
Discussion
This study presents the results of a histopathological examination of 13 male goats fed a semi-synthetic diet containing different amounts of Cu, Cr and Mo for 20 months. Several studies have reported effects of Cu deficiency and/or molybdenosis affecting skin, skeleton, cardiovascular system, liver, pancreas, gut and nervous system, in a variety of species, with different ages and durations of exposure (Ishida & Kawashima 1974, Sharma & Parihar 1994 a,b, Frank 1998, Mills & Davis 1987, Davis & Mertz 1987).

In contrast to sheep (Suttle et al. 1970) and cattle (Suttle & Angus 1976) very few pathological lesions were seen in the Cu and Cr deficient goats of this study although they had been subjected to a rather severe trace element deficiency and/or imbalance. This is, however, in agreement with the findings of Suttle (1988) and Sharma & Parihar (1994 a,b).

In our experiment changes were observed in liver, skin and pancreas of the animals in groups 1 and 3. In general, the lesions in the goats in group 3 were more marked probably due to a synergistic effect of Cu deficiency and molybdenosis.

A striking difference between the experimental groups was the increase in body weight of Cr deficient animals (group 2) caused by an accumulation of subcutaneous fat and adipose tissue in the carcasses (Frank 2000 a). Although feed consumption, weight development and some of the clinical chemical findings were aberrant in group 2 (Frank et al. 2000 a,b), no conclusive changes were observed from a morphological point of view.

Reports on morphological alterations of the liver caused by Cu deficiency and/or molybdenosis are limited (Fell 1987). In the groups 1 and 3, a mild fatty degeneration of the liver, hepatocellular necrosis, periportal fibrosis, bile duct proliferation and haemosiderosis were observed. These findings are in accordance with the results in an earlier experiment with Mo exposure of goats for 235 days (Sharma & Parihar 1994 a,b). In the rat, molybdenum stimulates accumulation of lipids and phospholipids within the hepatocytes by inhibiting mitochondrial phosphorylation (Rana et al. 1980) leading to hepatocellular degeneration and focal necroses (Bandyopadhyay et al. 1981).

The hepatic alterations detected in our study were supported by clinical chemistry findings with high bilirubin levels and glutamate-dehydrogenase activities. But also elevated levels of aluminium, iron and lead were detected in the liver (Frank et al. 2000 b), mostly in Cu deficient animals of group 3. The lesions in the liver may have been responsible for the anaemia and malnutrition observed in animals in group 3 (Frank et al. 2000 b). Similar symptoms are described in goats suffering from cobalt deficiency (Black et al. 1988). It can be excluded in our study because Frank et al. (2000 b) found increased levels of cobalt in the liver of the goats of groups 1, 2 and 3 compared with the control.

In the exocrine parts of pancreas, degeneration, acinar irregularity and loss of basement membranes were seen in groups 1 and 3 animals. Similar pancreatic lesions have been described in copper deficient rats (Fell et al. 1982, Dubick et al. 1989, Ide et al. 1994), in cattle (Fell et al. 1985) and in guinea pigs with molybdenosis (Howell et al. 1993). It may be speculated that these alterations contributed to the malnutrition and malnutrition and also the decreased feed intake and loss of body weight in the goats (Frank et al. 2000 a).

Fields & Lewis (1997) reported that plasma insulin levels were increased in rats with Cu deficiency, more in female than in male animals. Morphological and functional alterations of the islets of Langerhans cells have not been previously described. Correlations between the clin-
ically diagnosed hyperinsulinaemia in the present groups 2 and 3 (Frank et al. 2000 b) and the histopathological findings in the endocrine pancreas were not seen in group 2 animals, but in group 3 the number of glucagon-producing cells was slightly diminished.

In the gut histopathological or ultrastructural changes were not evident. This is in accordance with earlier studies in goats (Sharma & Parihar 1994 a,b) and cattle (Dollahite et al. 1972, Suttle & Angus 1976) suffering from molybdenosis or Cu deficiency (Fell et al. 1975). However, the incomplete keratinisation of the rumen wall observed in group 3 has not to our knowledge been reported earlier.

Although the metal concentrations were severely altered in the kidneys of all experimental groups (Frank et al. 2000 b), very mild non-specific degenerative lesions were observed only in the kidneys of animals in group 1 and 3. Fell et al. (1987) stated that the kidney lesions in Cu deficient rats were most likely caused by vascular malfunction and not a direct effect of Cu deficiency. Chronic exposure to high doses of Mo have been found to induce mild chronic renal failure characterised by decreased glomerular filtration rates in rats (Bompart et al. 1990).

Morphological findings of the cardiovascular system showed a very high degree of individual variation in the present study, and were not specific for any group. In earlier studies, vascular lesions like haemorrhages and blood vessel rupture have been described in Cu deficient cattle (Suttle & Angus 1976), piglets (Pletcher & Banting 1983, Coulson & Carnes 1963, Waisman & Carnes 1967), chicken (Simpson et al. 1980) and moose (Stéen et al. 1993).

It has been reported that goats suffering from molybdenosis exhibit testicular degeneration (Sharma & Parihar 1994 a). A decreased volume of ejaculate, decreased sperm concentration, and sperm motility have also been reported in Cu deficient rats (Van Niekierk et al. 1989 a,b). But in the present study, no such lesions were observed.

Copper deficiency leads to achromotrichia in cattle (Suttle and Angus 1976) and molybdenosis results in depigmentation of the skin in cows (Dollahite et al. 1972), goats (Sharma & Parihar 1994 a, b) and defective hair structure in sheep (Ishida & Kawashima 1974). None of these changes were found in our study. However, the goats belonging to group 3 were characterised by a moderate atrophy of the skin, similar to findings induced by several endocrinological disturbances (Scott 1988). Frank et al. (2000 b) described lowered T4 levels in the group 3 goats, which may explain these findings. However, we did not find any morphological alterations of the thyroid gland with the methods used in our study. Additionally the symptoms may have been induced by an alteration of the Cu-dependent enzyme lysyl oxidase which is responsible for the maturing of collagen fibers and elastin (Hill et al. 1967, Kay 1981, Frank 1998).

Group 2 animals were characterised by a crusty dermatitis of the head caused by Candida spp. There is no direct explanation for this observation.

No x-ray or histological changes were seen in the bones of any of the present goats. Growth arrest at the growth plates of the distal extremities have been reported in goats fed high doses of Mo for 70 days but no further lesions were reported after 235 days (Sharma & Parihar 1994 a,b). In Cu-deficient calves, growth arrest and osteoporosis are typical findings (Irwin et al. 1974, Suttle & Angus 1976). The absence of lesions in the present study could possibly be related to the age of the goats and/or the duration of the Mo exposure, as described by Sharma & Parihar (1994 a,b).

Neurological symptoms are prominent signs of severe Cu deficiency induced during pregnancy.
in weaned lambs (sway back) (Suttle et al. 1970) and rats (Sun & O’Dell 1992). However, Cu deficiency in our study was induced in 3-month-old animals and not in their mothers, so this type of neurological lesions could not be expected.

It can be assumed that the pathological findings in this long term study of Cu deficiency and the effect of Mo supplementation in goats mainly are caused by effects of an insufficient activity of lysyloxidase (skin), cytochrome-oxidase (liver, pancreas) and caeruloplasmin activity (haemosiderosis) (Frank 1998). The clinical chemistry findings showed that molybdenosis will not only aggravate the lesions of Cu deficiency, but also has effects of its own (Frank et al. 2000 b). Group 2 goats with Cr deficiency, showed very little morphological changes apart from the very obvious accumulation of body fat. Achromotrichia and nervous symptoms were not evident indicating that probably tyrosinase and dopamin β-hydroxylase may be less affected in the goats of our experiment.

The age of the animals, the duration of the experiment and the fact that goats are less sensitive to Cu deficiency and molybdenosis than other ruminants (Frank 1998) may explain the differing results found in our study compared with other reports.

Acknowledgements
The study was performed with an economic support from the Swedish Environmental Protection Agency, Stockholm, Sweden.

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(Received August 19, 2000; accepted March 15, 2001).
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