Abstract. Mitochondrial dysfunction-induced apoptosis plays a crucial role in the progression of diabetic cardiomyopathy (DCM). Sestrin2 is an important oxidative stress response protein and is involved in the maintenance of mitochondrial function, especially under stress. The aim of the present study was to investigate the role of Sestrin2 in DCM and to explore the underlying mechanisms. H9c2 cardiomyocytes were induced with high glucose (HG) medium (33 mmol/l glucose) for an in vitro DCM model. C57BL/6 mice were induced for the in vivo DCM model by intraperitoneal streptozotocin injection. H9c2 cardiomyocytes were exposed to HG and infected with lentiviruses to express Sestrin2 short hairpin RNA (shRNA). The study found that cell viability and mitochondrial function were impaired while cell apoptosis and oxidative stress were increased in DCM. Sestrin2 was significantly upregulated in myocardial tissues of DCM mice and H9c2 cardiomyocytes in HG conditions. Downregulation of Sestrin2 increased cell viability, decreased cell apoptosis, and attenuated oxidative stress in H9c2 cells exposed to HG. Moreover, HG-induced mitochondrial injury was alleviated by Sestrin2 silencing. In conclusion, our finding indicated that the inhibition of enhanced Sestrin2 expression ameliorates cardiac injury in DCM, which might be largely attributed to the restoration of mitochondrial function.

Introduction

Diabetes mellitus (DM) is frequently complicated by cardiac dysfunction. Diabetes can affect cardiac structure and function in the absence of high blood pressure and coronary artery disease, a condition known as diabetic cardiomyopathy (DCM). DCM increases the risk of heart failure and is one of the major causes of death in both type 1 DM (T1DM) and type 2 DM (T2DM) (1). The pathogenesis of DCM is closely related to hypoxia. Hyperglycemia-induced overproduction of superoxides by the mitochondrial electron-transport chain is considered to be the common pathway. Mitochondrial dysfunction, oxidative stress and the resulting increased ROS generation appear to be key players in the development of DCM (2).

Sestrins (Sesns) family proteins are highly conserved stress-induced proteins, which are widely expressed in mammals and respond to a variety of environmental stresses (3). Sestrin2 (Sesn2, also termed Hi95) is an important member of the Sesn proteins, whose expression is relatively low in resting cells. High abundance of Sestrin2 is mainly induced by metabolic stresses such as hypoxia, DNA lesions, oxidative stress and endoplasmic reticulum stress (4). Previously, research on Sestrin2 mainly focused on obesity-associated metabolic diseases and age-related diseases. In addition, the role of Sestrin2 in atherosclerotic and cardiac diseases is becoming a concern (4). Nevertheless, research in DCM is rarely seen. It was previously reported that Sestrin2 helped to protect whole cellular energy metabolism and maintain mitochondrial function (5). Overexpression of Sestrin2 could reduce ROS accumulation, maintain mitochondrial membrane potential, reduce ATP depletion, restore mitochondrial DNA, and ultimately, reduce cellular apoptosis (5).

Considering the protective role of Sestrin2 in maintaining mitochondrial function, especially under stress and the pathogenesis mechanism including hypoxia, enhanced oxidative stress and mitochondrial dysfunction in DCM, it has been speculated that Sestrin2 and the related pathways may play important roles in the development of DCM. The aim of this study was to investigate the effects of Sestrin2 in DCM and to explore the underlying mechanisms.

Materials and methods

Cell culture. The rat cardiomyoblast cell line, H9c2 cells (ATCC: CRL-1446), and 293T cells (ATCC: CRL-3216) were
purchased from The Cell Bank of Type Collection of Chinese Academy of Sciences. Cells were cultured with low-glucose Dulbecco’s modified essential medium (DMEM; Gibco; Thermo Fisher Scientific, Inc.) supplemented with 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.), 1% penicillin-streptomycin solution (Gibco; Thermo Fisher Scientific, Inc.) and incubated with a humidified atmosphere of 5% CO₂ at 37°C. The cells were sub-cultured every 2-3 days at a ratio of 1:3 or subjected in subsequent experiments at a 70-80% confluence.

**Construction of Sestrin2 shRNA lentivirus.** To construct a Sestrin2 silencing lentiviral vector, three candidate sequences of Sestrin2 small hairpin RNA (shRNA) lentiviral vectors targeting rat Sestrin2 mRNA were designed and synthesized by Invitrogen; Thermo Fisher Scientific, Inc. The shRNAs were co-transfected into the lentivirus expression vector using a lentivirus expressing system (HanBio Biotechnology Co., Ltd.) according to the manufacturer's instructions. Recombinant lentiviruses were produced by transfecting 293T cells with the lentiviral expression plasmid. At 24 h prior to transfection, 293T cells were cotransfected with plasmid containing Sestrin2 shRNA (10 µg) and lentiviral packaging vector (15 µg). Cells were then incubated in DMEM with 10% FBS for 48 h at 37°C, followed by harvesting, centrifugation (50,000 x g at 4°C) and filtration. The Sestrin2 shRNA targeting sequence (5’-GCAGAGACCCATTGACAATC-3’) was the most effective one and was used in subsequent experiments. The amplified virus with a multiplicity of infection of 50 was transfected to H9c2 cells. The cells were treated with puromycin at a reagent as indicated for further experiments after 48 h.

**Cell viability.** H9c2 cells were seeded in 96-well plates at a density of 5,000 cells/well. Viability was measured using the CellTiter 96® AQueous One Solution Assay kit (MTS) (Promega Corporation). Culture medium was replaced with complete medium (100 µl/well) following treatment. Then the medium was replaced with 10 µl MTS assay reagent per well and incubated for 4 h at 37°C. A microplate reader was used to detect the optical density (OD) at 490 nm, according to the manufacturer’s instructions.

**Enzyme-linked immunosorbent assay (ELISA).** H9c2 cell samples were collected at 1,000 g for 10 min and used for measurement of caspase-3 and cytochrome c by ELISA using commercial kits (Nanjing Jiancheng Biological Engineering Research Institute), following the manufacturer's protocols.

**Western blot analysis.** Briefly, total protein of the cell and heart tissue were isolated and prepared, using the RIPA-PMSF lysis buffer (Beijing Solarbio Science & Technology) and quantified with a BCA kit (Servicebio), followed by loading ~40 µg protein per lane. The samples were separated on 10% SDS-PAGE and then transblotted onto polyvinylidene fluoride (PVDF) membranes. PVDF membranes were blocked with 5% non-fat milk at room temperature for 2 h. Samples were incubated with primary antibodies against Sestrin2 (catalog no. DF12003; 1:3,000; Wuhan Servicebio Technology Co., Ltd.) for 1 h at room temperature. The blots were visualized with an enhanced chemiluminescence detection system (Hangzhou Fude Biological Technology). ImageJ software (ImageJ 64-bit Java 1.8.0_112) was used to measure the gray-scale value of each band.

**Reverse transcription-quantitative PCR (RT-qPCR).** Total RNA was extracted from the cultured cells with TRIzol® reagent (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer's instructions. The purity and quantity of RNA samples were determined using Epoch™ microplate spectrophotometer (BioTek Instruments, Inc.). Total RNA was reverse transcribed into cDNA according to the instructions of PrimeScript™ RT master mix (Takara Bio, Inc.). qPCR was performed using Applied Biosystems™ PowerUp™ SYBR™ Green mix (invitrogen). The reaction volume total was 30 µl and PCR was performed with LightCycler® 480. The results were analyzed by the 2-ΔΔCq method (6). Primer sequences used.
are shown as follows: Sestrin2 forward, 5'-GACCATGGCTA CTCGCTGTG-3' and reverse, 5'-CCAAAGACCGACTGG ATGTA-3'; β-actin forward, 5'-AGGGAAATCGTGCGTGA CAT-3' and reverse, 5'-GAACCGCTCATGGCAGAT-3'.

**Histological and immunofluorescence analysis.** Myocardial tissues were gathered and fixed in 4% phosphate-buffered paraformaldehyde overnight at room temperature. Paraaffin-embedded sections were sectioned at a thickness of 5 µm for staining with hematoxylin and eosin (H&E) for 3 min or Masson's trichrome for 5 min at room temperature. The histological changes of the myocardium and collagen deposition were imaged using a light microscope (Olympus; magnification, x400).

**TUNEL assay.** Myocardial apoptosis was detected using TUNEL assay. The heart tissue samples were fixed in 4% paraformaldehyde at room temperature overnight, embedded in paraaffin and sectioned into 5-µm slices. Paraaffin sections were dehydrated, dewaxed, and digested at room temperature for 8 min. An *in situ* cell detection kit (Roche Applied Science) was used to identify the apoptotic cells. The TUNEL-positive cells were observed and counted under a fluorescence microscope (Olympus).

**Cell apoptosis assay.** H9c2 cells were inoculated into a 6-well plate at a concentration of 1x10⁶ cells/well, and cultured in a humidified environment containing 5% CO₂ at 37°C for 24 h. Next, a ReadiDrop™ dual propidium iodide (PI)/fluorescein isothiocyanate-conjugated (FITC) Annexin V commercial detection solution (Roche Applied Science) was used to identify the apoptotic cells. The TUNEL-positive cells were observed and counted under a fluorescence microscope (Olympus). Left ventricle samples were also stained with 3,3'-diaminobenzidine and a fluorescence microscope (Olympus; magnification, x400).

**Measurement of intracellular ROS generation.** For the detection of intracellular ROS generation, the indicated cells were incubated with 2',7'-dichlorodihydrofluorescein diacetate (DCFH-DA; Sigma-Aldrich) for 15 min at 37°C. To determine the ROS production, the fluorescence intensity was measured by flow cytometry (FACSCanto) and FLOWJO (version 10; BD Biosciences) after staining.

**Measurement of mitochondrial membrane potential.** JC-1 was used for multi-group comparisons. Unpaired Student's *t*-test was used to compare two groups. Two-sided *P*<0.05 was considered to indicate a statistically significant difference.

**Results**

Sestrin2 is significantly upregulated in DCM conditions. The characteristics of DCM were found in the left ventricular sections of DM mice by H&E and Masson staining. The results showed that the myocardial fibers were arranged disorderly, the nucleus sizes became different and more vacuoles and collapse of myofibers were identified in mice in the DM group. Apoptotic cells were identified by the TUNEL assay. Brown-stained nuclei indicated apoptotic...
cells, and blue-green or tan shades indicated non-apoptotic cells in diabetic mouse hearts (Fig. 1A). Few apoptotic cells were observed in the control group, while increased apoptotic cardiomyoblasts were observed in DM mice (Fig. 1C). To assess the potential effect of Sestrin2 in DCM, Sestrin2 expressions in DCM models were measured by immunofluorescence assay (Fig. 1B), western blotting and RT-qPCR (Fig. 1C). The results revealed that the expression of Sestrin2 was significantly increased in myocardial tissues of DM mice (P<0.001, Fig. 1) and H9c2 cardiomyocytes in HG conditions (P<0.01, Fig. 2).

Downregulation of Sestrin2 increases cell viability and decreases cell apoptosis induced by HG. Sestrin2 shRNA lentivirus was constructed for Sestrin2 silencing. The efficiency of siRNA-mediated inhibition of Sestrin2 was evaluated by detecting Sestrin2 protein by western blot analysis and mRNA levels by RT-qPCR. Compared with the NC group, levels of protein expression and mRNA of Sestrin2 were significantly decreased in the Sesn2 shRNA group (P<0.05) (Fig. 2).

The cell viabilities were measured by MTS analysis. As shown in Fig. 3A, cell viabilities were decreased greatly in G group compared to C group (P<0.001). The downregulation of Sestrin2 significantly increased cell viability of H9c2 cells, compared with the G and NC groups (P<0.001). To evaluate the possible effects of downregulation of Sestrin2 on HG-treated H9c2 cell apoptosis, the apoptotic rates in the four groups were determined by flow cytometry using V-FITC/PI staining. As shown in Fig. 3B and C, despite the high PI cells (about 10% of the total) in Q1 in flow cytometry, the apoptotic rate was very low in C group, while it increased significantly in G group (P<0.001). The apoptotic rate was significantly decreased after Sestrin2 shRNA transfection, compared with the G and NC groups (P<0.001). These results indicated that the downregulation of Sestrin2 could provide cardioprotective
effects in hyperglycemic conditions by attenuating cardiomyocyte injury and apoptosis. Specifically, significant populations of high PI cells in Q1 in flow cytometry were identified in repetitive experiments performed by different members of the research group, without observing obvious cell necrosis during cell culture. Since a common cause for this situation is a mechanical lesion, the HG concentration in the culture medium may lead to a higher permeability of PI through the cell membrane.

Downregulation of Sestrin2 attenuates oxidative stress in H9c2 cells exposed to HG. Overwhelming oxidative stress is the key procedure of DCM. Excessive ROS production can induce mitochondrial dysfunction of cardiomyocytes, thereby causing apoptosis (7). DCFH-DA was used to detect cellular oxidative stress. As shown in Fig. 4A, intracellular ROS production was markedly increased in H9c2 cells under HG conditions. However, the downregulation of Sestrin2 significantly reduced ROS level in H9c2 cells, compared with G and NC groups (P<0.001). In addition, oxidant (MDA) and antioxidant levels (SOD and mitochondrial SOD) were determined. As shown in Fig. 4B, MDA content in G group increased in comparison with that in C group (P<0.001), which was markedly decreased by Sestrin2 inhibition. The antioxidant enzymes SOD and mitochondrial SOD were reduced in G group (P<0.001), suggesting that antioxidant capacity was compromised under HG conditions. However, subsequent to Sestrin2 silencing, antioxidant levels increased significantly (P<0.001). Collectively, the results indicated that downregulation of Sestrin2 protects H9c2 cells against HG-induced injuries through alleviation of oxidative stress.

Downregulation of Sestrin2 alleviates HG-induced mitochondrial injury in H9c2 cells. To investigate the effect of Sestrin2 on mitochondrial function, intracellular calcium (Fig. 5A) and mitochondrial membrane potential in H9c2 cells was measured (Fig. 5B) by flow cytometry. Results demonstrated that the intracellular calcium concentration of G group was increased compared with C group (P<0.05; Fig. 5), while the inhibition of Sestrin2 decreased the intracellular calcium level compared with G and NC groups (P<0.05). The mitochondrial membrane potential was decreased under HG conditions, while the inhibition of Sestrin2 significantly increased mitochondrial membrane potential compared with NC group (P<0.05). The mitochondrial membrane potential was decreased under HG conditions, while the inhibition of Sestrin2 significantly increased mitochondrial membrane potential compared with NC group (P<0.05). The MPTP opening was increased in HG status while the inhibition of Sestrin2 decreased MPTP opening. Furthermore, ATP, caspase-3, and cytochrome c generations were increased in G group, while Sestrin2 downregulation decreased at all their levels. Taken together, these results demonstrated that the inhibition of Sestrin2 ameliorated mitochondrial function under HG status. The maintenance of mitochondrial function is mainly involved in the protective mechanism.

Discussion

It has been well documented that mitochondrial dysfunction plays a critical role in the development of DCM. Several aspects of common mitochondrial functions have been described as being altered in DCM, including impaired energy metabolism, compromised mitochondrial dynamics, deficiencies in Ca^{2+} handling, increases in reactive oxygen species production, and a higher propensity for MPTP opening (8). Enhanced oxidative stress, decreased cell viability and impaired mitochondrial function in an in vitro DCM model have been previously observed (7). Increased apoptosis and necrosis of cardiomyocytes were observed in clinical and animal studies in DCM, which was closely related to mitochondrial dysfunction (9).
The present study demonstrated increased cellular apoptosis, enhanced oxidative stress, and impaired mitochondrial integrity in DCM, which was in accordance with results of previous studies (8).

Sestrin2 is an important oxidative stress response protein. It has been indicated that activation of Sestrin2 plays important roles in reducing ROS accumulation, maintaining energy balance, enhancing autophagy, reducing protein synthesis, modulating cell growth, and retaining the progression of metabolic diseases (10). Sestrin2 was reported to be involved in various diseases. Previously, there were some researches which investigated the role of Sestrin2 in cardiovascular diseases, but mainly in ischemic and age-related heart diseases. Sestrin2 alleviated oxidative stress and ER stress, and activated autophagy in these experimental models (11). In aged hearts, Sestrin2 expression was reduced (12). Additionally, Sestrin2 knockout enhanced pressure overload-induced cardiac hypertrophy and Sestrin2 rescue partially alleviated cardiac hypertrophy in aged mice. In research concerning diabetes, Sestrin2 was considered to be involved in maintaining insulin sensitivity. Sestrin2 deficiency increased obesity-induced insulin resistance and accelerated the progression of diabetes (13). The expression of Sestrin2 was found to be decreased in podocytes and monocytes in HG conditions. The activation of Sestrin2 ameliorated mitochondrial dysfunction and was involved in the regulation of HG-mediated atherosclerosis (14,15).

To the best of our knowledge, this is the first research to investigate the role of Sestrin2 in DCM. An increased expression of Sestrin2 was identified in DCM models. Considering the previous researches, this finding led to speculation of probable protection effect of Sestrin2 in DCM. However, beyond our expectation, inhibition of Sestrin2 ameliorated cardiomyocyte injury by alleviating mitochondrial dysfunction, which is in contrast to previous studies in other inflammatory conditions (11,12,16,17).

The levels of Sestrin2 were upregulated or downregulated in different stress conditions. However, in most in vitro and animal studies, the activation of Sestrin2 was similarly reported to play protective roles while the downregulation or knockdown of Sestrin2 was indicated to aggravate these stress conditions. A study showed that the knockdown of Sestrin2 increased lipopolysaccharide-induced oxidative stress and apoptosis in H9c2 cells and heart tissues of mice (16). In rats, Sestrin2 knockdown was reported to aggravate the cardiomyocyte hypertrophy induced by phenylephrine, and Sestrin2 overexpression protected cardiomyocytes from hypertrophy (17).

Previous findings have shown that the upregulation of Sestrin2 was not suggested to be protective in some conditions. Early researches in Sestrin2 have proven that overexpression of Sestrin2 full-length cDNA was toxic for many types of cultured cells (18). Clinical studies in Sestrin2 are on the increase in recent years and contradictory results were shown. For example, Sestrin2 concentrations were increased in patients with chronic heart failure (CHF), and correlated positively with the severity of CHF (19). Upregulated Sestrin2 significantly increased the occurrence of major adverse cardiac events and indicated poor outcome in patients with CHF (19). Similarly, plasma Sestrin2 level in patients with coronary artery disease (CAD) was found to be high and associated with the severity of CAD (20). In addition, serum Sestrin2 concentration showed an increasing trend in patients with metabolic syndrome. Plasma sestrin2 concentrations were high in patients with carotid plaque and were associated with plaque severity (21). In particular, concerning the expression of Sestrin2 in diabetes, studies presented inconsistent findings. A study in patients with newly diagnosed T2DM demonstrated a trend for increased Sestrin2 level, which was significantly related to insulin resistance and percentage body fat (22). However, other studies in patients with T2DM and in patients with diabetic nephropathy (DN) reported significantly decreased Sestrin2 levels (23,24). Thus, Sestrin2 seems to be involved in complex regulation mechanisms and reacts differently in different stress conditions. Based on findings of the present study and the aforementioned studies, Sestrin2 levels may increase in a compensatory manner in response to oxidative stress and exert detrimental effects in DCM. The roles of Sestrin2 are more complicated than expected.
The present study has several limitations. First, the findings were mainly derived from in vitro research. Second, the molecular mechanisms that connect Sestrin2 and mitochondrial function were not extensively explored. Further investigations are required to clarify the roles and underlying mechanisms of Sestrin2 in DCM.

Figure 5. Sestrin2 inhibition restores mitochondrial function in H9c2 cells. (A) Intracellular calcium was assessed by flow cytometry. (B) The mitochondrial membrane potential was measured by flow cytometry. (C) MPTP opening was detected by flow cytometry. The fluorescence intensity was negatively associated with MPTP opening. (D) The level of ATP was measured by ATP assay kit. The activities of (E) caspase-3 and (F) cytochrome c were measured by ELISA. Data are presented as mean ± SD (n=3). *P<0.05 vs. Control group. &P<0.01 vs. Control group. ^P<0.05 vs. HG group. §P<0.01 vs. HG group. #P<0.05 vs. Negative control group. δP<0.01 vs. Negative control group. Sesn2, Sestrin2; C, control group; G, HG group; NC, negative control; shRNA, small hairpin RNA; HG, high glucose.
In conclusion, the present study demonstrated that inhibition of enhanced Sestrin2 expression ameliorates cardiac injury in DCM, which may be largely attributed to restoration of mitochondrial function.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

XZ and WL contributed to the conception and design of the study. XZ, XD and HY conducted the experiments. XZ and WL confirm availability from the corresponding author on reasonable request. XZ and WL contributed to the conception and design of the study. XZ and WL confirm availability from the corresponding author on reasonable request.

Ethics approval and consent to participate

All animal procedures were approved by the Ethics Committee of the Second Affiliated Hospital of Guangzhou Medical University (Guangzhou, China) (approval no.: 20200407).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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