RESEARCH ARTICLE

Autoantibody profile in sarcoidosis, analysis from the GRADS sarcoidosis cohort

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Abstract

Background
Sarcoidosis, a multi-systemic granulomatous disease, is a predominantly T-cell disease but evidence for a role for humoral immunity in disease pathogenesis is growing. Utilizing samples from the Genomic Research in Alpha-1 anti-trypsin Deficiency and Sarcoidosis (GRADS) study, we examined the prevalence of autoantibodies in sarcoidosis patients with pulmonary-only and extra-pulmonary organ involvement compared to normal controls.

Study design and methods
We analyzed serum samples from sarcoidosis patients who participated in the GRADS study utilizing an autoantigen microarray platform for both IgM and IgG antibodies. The cohort included sarcoidosis patients with pulmonary-only disease (POS, n = 106), sarcoidosis patients with extra-pulmonary disease (EPS, n = 120) and a normal control cohort (NC, n = 101). Organ involvement was assessed following a standardized format across all GRADS participating centers.

Results
Sarcoidosis patients overall had increased levels of IgM and IgG autoantibodies compared to normal controls. In addition, several autoantibodies were elevated in the POS and EPS cohorts compared to the NC cohort. Differences in autoantibody levels were also noted between the POS and the EPS cohorts. When comparing organ involvement with sarcoidosis, bone, spleen and ear, nose and throat involvement had higher IgM expression than other organs.
Conclusion
Sarcoidosis patients have elevated IgM and IgG autoantibody levels compared to normal controls. In addition, individuals with pulmonary as well as additional organ involvement had higher IgM expression. Further research is needed focusing on specific organ-autoantibody pairs and role of autoantibodies in disease pathogenesis.

Introduction
Sarcoidosis is a disease characterized by the formation of non-necrotizing granulomas that can involve any organ in the body in an unpredictable manner [1]. The current hypothesis is that sarcoidosis develops in a genetically predisposed individual who is exposed to yet unknown environmental trigger(s) [1]. The estimated prevalence of sarcoidosis in the US is at least 48/100,000 [2] and its mortality rate appears to be increasing [3].

There is an increased interest in the role of humoral immunity and autoimmunity in sarcoidosis [4–7]. Sarcoidosis patients are known to have hypergammaglobulinemia presumably due to non-specific stimulation of B-cells [8–12]. A high incidence of autoantibodies in the circulation has been reported in sarcoidosis patients with uveitis and autoimmune thyroiditis [13–15]. Autoimmune diseases such as systemic lupus erythematosus, systemic sclerosis, Sjogren’s syndrome, rheumatoid arthritis have been reported to co-occur in sarcoidosis patients [15–20]. By definition, autoantibodies target self-antigens which theoretically can explain extra-pulmonary organ involvement in sarcoidosis. The presence of autoantibodies and their association with extra-pulmonary organ involvement could serve as a potential diagnostic or risk assessment biomarker. It also points to the role of humoral immunity in the pathogenesis of sarcoidosis providing a novel target for therapy in sarcoidosis by targeting B-cells and antibody production.

Multiplex autoantigen arrays have been used to identify a wide spectrum of autoantibodies in patients with rheumatoid arthritis [21], systemic lupus erythematosus [22], autoimmune drug-induced liver injury [23] and chronic obstructive pulmonary disease [24]. Utilizing an autoantigen array platform, we investigated the profile of autoantibodies in the sera of sarcoidosis patients who were enrolled in the Genomic Research in Alpha-1 anti-trypsin Deficiency and Sarcoidosis (GRADS) study [25]. The GRADS sarcoidosis cohort is a well-defined group of sarcoidosis patients whose extra-pulmonary organ involvement was assessed utilizing a unified organ assessment tool across all participating centers. We examined the prevalence of autoantibodies in sarcoidosis patients with pulmonary-only, extra-pulmonary organ involvement compared to normal controls.

Methodology
Study population
We utilized the GRADS sarcoidosis cohort for this study [25]. GRADS was a multi-center study that recruited 368 sarcoidosis patients to investigate the association of lung microbiome and gene expression with disease phenotype [25]. All subjects underwent organ assessment based on their available clinical data utilizing a unified organ assessment tool. Serum samples were collected from all subjects at baseline and stored centrally in the Genomic Information Center of the study [25]. Cohorts were selected and divided based on organ involvement into those with pulmonary-only sarcoidosis (n = 106) or having evidence of extrapulmonary...
sarcoidosis (n = 120) with or without pulmonary disease based on the GRADS organ assessment tool. The number of subjects included was based primarily on the number of subjects in the pulmonary-only sarcoidosis cohort and funding limitations. All sarcoidosis patients in this cohort had no known autoimmune disease per the inclusion/exclusion criteria of the GRADS study [25]. Normal control samples (n = 101) were obtained from the National Jewish Health institutional biobank, a University of Colorado cohort, study of genetics, endotoxin and allergen (SAGE) cohort [26] and the Lung Tissue Research Consortium. All normal controls were not known to have any autoimmune disease at the time of sample collection. The study was approved by the National Jewish Health institutional review board (HS# 2814). All subjects consented to the original studies that collected the data and specimens but consent was waived by the IRB for this study as it was conducted on existing data and specimens.

Autoantigen microarray platform

Autoantibody reactivities against a panel of autoantigens were measured using a pre-designed autoantigen microarray platform developed by University of Texas Southwestern Medical Center. We utilized an autoantigen microarray super panel which contains 128 autoantigens and internal controls. The autoantigens are listed on University of Texas Southwestern Medical Center Microarray and Immune Phenotyping core facility website (https://microarray.swmed.edu/products/product/autoantigen-microarray-super-panel-128-antigen-pan/). The serum samples were pretreated with DNase-I to remove free DNA and then incubated with the autoantigen array at 1:50 dilution in PBS. Autoantibodies binding to the antigens were detected with cy3 labeled anti-human IgG and cy5 labeled anti-human IgM (Jackson Immunoresearch laboratory, USA, 1:1000 dilution) and Tiff images were generated using GenePix 4000B scanner with laser wavelengths 532nm for IgG and 635nm for IgM. Genepix Pro 6.0 software was used to analyze the images. The net fluorescence intensity (NFI) and signal-to-noise ratio (SNR) for each antigen were calculated by subtracting the background and negative control (PBS) effects and the averaged NFI and SNR were generated. SNR ≥ 3 were considered true signal from background noise and the antibodies with SNR < 3 in larger than 90% of all samples were filtered out. Antibody score (ABS) value was generated for each antibody using the following formula: ABS = \log_2[(NFI x SNR) + 1]

Data analysis

Descriptive statistics of study cohorts were reported as means and SDs or percentages. Comparisons of categorical variables were completed using Fisher’s exact tests, whereas continuous variables were compared using Student t tests and Mann-Whitney U Test. Two-tailed non-parametric tests were used to compare ranks or differences between groups. Heatmaps were generated by Pheatmap R packages. R (3.5) was used for principal component analysis (PCA) with the Vegan (2.5) package. Adonis paired tests were performed to test the differences between groups. GraphPad prism (version 8.1) was also used for statistical tests. Leave-one-out cross-validation was performed, which involves using one observation as the validation set and the remaining samples as the training set. This is repeated until all samples are predicted by a stepwise multiple logistic regression model. Prediction performance was evaluated by the area under the curve (AUC) in the receiver operating characteristic (ROC) curve.

Results

A total of 327 individuals, including 101 normal controls (NC), 106 pulmonary-only sarcoidosis (POS) and 120 extra-pulmonary sarcoidosis (EPS), were included in this analysis. A summary of the basic demographic characteristics for the cohorts is described in Table 1. For the
extra-pulmonary sarcoidosis cohort, distribution of organ involvement is listed in Table 2. By definition, the pulmonary-only cohort had no clinical evidence of extra-pulmonary organ involvement.

Baseline autoantibody profile comparisons between the cohorts
Out of the 120 autoantibodies assayed, 23 IgG autoantibodies and 35 IgM autoantibodies showed a low signal (SNR<3) in over 90% samples and were excluded from the analysis (S1 Table). There was no statistical difference in the antibody profile between groups based on age or sex. When we compared the entire sarcoidosis cohort (POS and EPS) to the NC cohort,  

Table 2. Frequency of organ involvement in the extra-pulmonary sarcoidosis cohort.

| Organ Involved                           | Percentage |
|-----------------------------------------|------------|
| Pulmonary                               | 95%        |
| Cardiac                                 | 54%        |
| Ophthalmic                              | 46%        |
| skin                                    | 25%        |
| Joint                                   | 22%        |
| Extra-thoracic lymphadenopathy           | 18%        |
| Neurological                            | 16%        |
| ENT                                     | 14%        |
| Calcium dysregulation                    | 14%        |
| Spleen                                  | 12%        |
| Small fiber neuropathy                   | 10%        |
| Liver                                   | 9%         |
| Salivary/lacrimal gland                 | 9%         |
| Muscle                                  | 7%         |
| Bone                                    | 6%         |
| Renal                                   | 3%         |

Abbreviations: ENT: Ear, nose and throat

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only 5 IgG autoantibodies were significantly elevated in the sarcoidosis cohort compared to the NC cohort. Comparing each sarcoidosis cohort to the NC cohort, POS cohort had 22 autoantibodies significantly elevated whereas none were significantly elevated in the EPS cohort. Further comparison between the POS cohort and the EPS cohort identified 40 autoantibodies which were significantly elevated in the POS cohort vs. EPS cohort (Fig 1). This data indicating some IgG autoantibodies were elevated only in POS but not in EPS patients. Significantly different autoantibodies between cohorts are detailed in S2 Table.

Examining the IgM autoantibody profile revealed more significant differences. The combined sarcoidosis cohort had 58 significantly elevated IgM autoantibodies compared to the control group, while the POS and EPS alone showed 69 and 32 elevated IgM autoantibodies, respectively, comparing to the NC group (Fig 1), and among them, 31 are in common. Again, POS group exhibited more elevated IgM autoantibodies than EPS (Fig 1, S3 Table).

**Comparison of autoantibodies among the cohorts**

Principle component analysis (PCA) of IgG and IgM autoantibodies showed clustering of the POS cohort separated from the EPS and NC cohorts (Fig 2). The separation was more evident in the differential IgM autoantibodies compared to the IgG autoantibodies. Most of elevated IgM autoantibodies showed a trend of increase from EPS to POS. As shown in Fig 3, 20 IgM autoantibodies were identified to be significantly elevated in both EPS and POS, comparing with NC, but also with a significantly higher levels in POS than EPS.
Autoantibodies for prediction of POS and EPS

Stepwise multiple logistic regression analysis on the differentially expressed autoantibodies identified 11 IgM autoantibodies which can efficiently distinguish sarcoidosis patients from NC, with AUC 0.8984 and 95% CI: 0.8644~0.9325 (Fig 4A). Similar analysis also identified 8 IgM autoantibodies which showed best predictive value to distinguish POS from EPS, with AUC 0.9298, 95% CI: 0.8964~0.9633 (Fig 4B).

Autoantibodies and specific organ involvement

The organ involvement in extra-pulmonary sarcoidosis cohort was determined based on the GRADS organ assessment tool that relied on clinically available records to define organ involvement(25). Sarcoidosis subjects with liver ($p = 9.8\times10^{-4}$), spleen ($p = 4.5\times10^{-3}$), bone and ear nose ($p = 4.35\times10^{-5}$) and throat (ENT) ($p = 4.9\times10^{-3}$) involvement had significantly higher IgM autoantibody values whereas those with skin ($p = 1.3\times10^{-2}$) and salivary/lacrimal gland ($p = 4.4\times10^{-9}$) involvement had significantly lower signal intensities (Table 3).

Discussion

There is increasing evidence that humoral immunity plays a role in the pathogenesis of sarcoidosis [5, 6, 13, 14, 27]. Our analysis of the autoantibody profile in sarcoidosis patients, recruited as part of the GRADS study, revealed the presence of increased autoantibody levels in both pulmonary-only and extra-pulmonary cohorts compared to healthy controls for both the IgM and IgG. In addition, the autoantibody profiles were different, with some overlap, between patients with pulmonary-only sarcoidosis and those with clinical evidence of extra-
pulmonary sarcoidosis. In addition, when we examined the profiles in the context of organ involvement, patients with ENT, spleen and bone involvement, which are typically associated with chronic disease [28–30], had significantly higher IgM levels.

Evidence is slowly emerging to the potential role of B-cells in the pathogenesis of sarcoidosis. B-cell activating factor of the tumor necrosis family (BAFF) is produced by dendritic cells and monocytes/macrophages and is important for survival of immature B-cell and mature B-cell proliferation [27]. BAFF levels are elevated in sarcoidosis patients with active disease compared to inactive disease and the levels correlate with degree of hypergammaglobulinemia [27]. Our group recently demonstrated elevated levels of age-associated B-cells (ABCs) in the lavage and peripheral blood of sarcoidosis patients with active disease compared to inactive disease and the levels correlate with degree of hypergammaglobulinemia [27]. Our group recently demonstrated elevated levels of age-associated B-cells (ABCs) in the lavage and peripheral blood of sarcoidosis patients with higher levels noted in the BAL compared to the blood [5]. ABCs have been found to be elevated in a number of infectious and autoimmune diseases [31]. Kamphius et al showed that B-cells and plasma cells are present on the outer shell of sarcoidosis granulomas and in a few cases within the granuloma [6]. These B-cells and plasma cells are actively producing autoantibodies as Kinloch et al also demonstrated IgG and IgA anti-vimentin antibodies in the lung lavage fluid of sarcoidosis patients which was higher than that in matched serum samples suggesting local lung production of these antibodies which then overflow into the circulation [32]. In our cohort, IgM anti-vimentin antibodies was higher in both pulmonary-only and extra-pulmonary sarcoidosis compared to normal controls and higher in pulmonary-only compared to extra-pulmonary sarcoidosis cohort. IgG ant-vimentin was also higher in pulmonary-only sarcoidosis vs normal controls.

![Fig 3. Violin plots generated by GraphPad prism 9 showed 20 IgM autoantibodies are significantly increased in EPS group compared to NC. Meanwhile, they are also significantly elevated in POS group compared with EPS group. Group comparisons were performed by Mann-Whitney U.](https://doi.org/10.1371/journal.pone.0274381.g003)
and extra-pulmonary sarcoidosis. All these data suggest a role for humoral immunity in sarcoidosis pathogenesis and suggest that autoantibodies may contribute to disease pathogenesis.

In our cohort, we detected both IgM and IgG autoantibodies against several antigens. Some of those targets overlapped and some were unique for each autoantibody class. IgM autoantibodies have been associated with several autoimmune diseases suggesting a potential role in disease manifestation [33–36]. What was surprising to us was that the sarcoidosis-pulmonary only cohort tended to have more positive antibodies than the extra-pulmonary cohort. A couple of possibilities could explain this finding; the presence of autoantibodies denotes risk of disease and not actual disease. In addition, the extent of organ involvement was based on standard of care evaluation of the patients at each center and was not based on a thorough systematic evaluation above and beyond standard of care, as such, occult subclinical organ involvement could have been present in the pulmonary-only cohort.

Several of the autoantibodies noted in our study are pathogenic and have been associated with other systemic autoimmune diseases. For example, anti-Myelin Basic Protein (MBP) have been reported in multiple sclerosis and systemic lupus erythematosis (SLE) [37]. Anti-chromatin antibodies are also detected in SLE [38]. Anti-histone antibodies target the protein components of nucleosomes and are common in SLE [39, 40], drug-induced lupus [41] and systemic sclerosis [42], Anti-LC1, liver cytosol type 1, antibodies are present in type 2 autoimmune liver disease [43], anti-glycoprotein 1 is an anti-phospholipid syndrome antibody which is associated with increased risk of thrombosis [44], anti-SRP, signal recognition particle, has been reported in cases of necrotizing myopathy. It is plausible that autoantibodies that target self-antigens may bind to extra-pulmonary targets and initiate an immune response in that organ leading to granuloma formation. Our study is not large enough to detect the association of a specific antibody with a specific organ involvement in sarcoidosis but Tsukaka et al detected

![Fig 4.](https://doi.org/10.1371/journal.pone.0274381.g004)
Table 3. Associations between IgM autoantibody profile and specific organ involvement.

| IgM antibodies | Observed | HEART | EYE | SKIN | JOINT | LN | NEURO | ENT | CALCIUM | SPLEEN | LIVER | SFN | GLAND | MUSCLE | BONE | RENAL |
|----------------|----------|-------|-----|------|-------|----|-------|-----|---------|--------|-------|-----|-------|--------|------|-------|
| Low            | 14 (11.67%) | 9 (13.85%) | 6 (10.91%) | 26 (20%) | 6 (23.08%) | 1 (4.76%) | 1 (5.88%) | 2 (11.76%) | 2 (14.29%) | 1 (7.69%) | 0 (0.00%) | 3 (27.27%) | 0 (0.00%) | 0 (0.00%) | 1 (25%) |
| Slightly low   | 40 (33.33%) | 23 (35.38%) | 17 (30.91%) | 12 (40%) | 8 (30.77%) | 7 (31.82%) | 8 (38.10%) | 4 (23.53%) | 7 (41.18%) | 3 (21.43%) | 2 (15.38%) | 5 (41.67%) | 5 (45.46%) | 4 (50.00%) | 3 (42.86%) | 0 (0%) |
| Moderate       | 32 (26.67%) | 14 (21.54%) | 14 (25.45%) | 10 (25%) | 6 (23.08%) | 1 (4.55%) | 7 (33.33%) | 5 (29.41%) | 3 (17.65%) | 2 (14.29%) | 3 (23.08%) | 3 (25.00%) | 0 (0.00%) | 1 (12.50%) | 1 (14.29%) | 2 (50%) |
| High           | 34 (28.33%) | 19 (29.23%) | 18 (32.73%) | 30 (50%) | 6 (23.08%) | 8 (36.36%) | 5 (23.81%) | 7 (41.18%) | 5 (29.41%) | 7 (50.00%) | 7 (53.85%) | 4 (33.33%) | 3 (27.27%) | 3 (37.50%) | 3 (42.86%) | 1 (25%) |
| Total          | 120       | 65     | 55   | 30    | 26    | 22   | 21    | 17   | 17      | 17     | 14    | 13   | 12    | 11     | 8     | 7     | 4     |

Abbreviations: LN: lymph node, ENT: Ear, nose and throat, SFN: small finer neuropathy.

Liver: p = 9.8×10^{-4}, spleen: p = 4.5×10^{-5}, bone: p = 4.35×10^{-5} and ENT: p = 4.9×10^{-5} involvement had significantly higher IgM autoantibody values.
anti-endothelial cell antibodies in the sera of sarcoidosis patients and those antibodies were especially high in the sera of neurosarcoidosis patients [45]. Ten Berge et al investigated the presence of anti-retinal antibodies in the sera of patients with uveitis by indirect immunofluorescence. His cohort included 10 sarcoidosis patients with uveitis and 4 out of the 10 were positive for anti-retinal antibodies [14]. We also recently showed evidence of anti-heart antibodies in sarcoidosis patients with cardiac sarcoidosis compared to sarcoidosis patients without evidence of cardiac sarcoidosis [46]. As such, organ specific autoantibodies may serve as potential biomarkers for risk stratification and guide intensity of organ surveillance.

The differential autoantibodies can be potential biomarkers for prediction of sarcoidosis and clinical subtypes. Using a regression algorithm, we identified a panel of 11 IgM autoantibodies including BPI, Fibrinogen IV, Hemocyanin, Histone H2B, Histone H3, Matrigel, Prothrombin protein, Sm, SmD, TPO and Vimentin, which can efficiently distinguish between sarcoidosis and healthy controls. Interestingly, anti-vimentin antibody has been previously proved to be associated with sarcoidosis [32]. A panel of 8 IgM autoantibodies were also been identified to have the best predictive value to distinguish between POS vs EPS.

Our data shows overlap in the antibody profile between healthy controls and the extra-pulmonary sarcoidosis cohort. Extra-pulmonary sarcoidosis is very diverse in its presentation with variable organ manifestations. As the etiology of extra-pulmonary sarcoidosis is yet unknown (autoimmune phenomenon, antigen mimicry, direct antigen seeding of an organ (skin, eye)), it is plausible that some extra-pulmonary manifestations are autoimmune driven and some are not. As such, future studies focusing on specific-organ manifestations would be better powered to detect associations [46].

Our study has several limitations. First, although our autoantibody panel included over 100 antibodies, it is not an exhaustive panel. Second, the effect of immunosuppressive therapy may impact antibody levels although none of the patients in this cohort were on B-cell depleting therapies. Finally, the organ assessment was systematic and unified across the GRADS cohort but the assessment depended on clinically available tests and not on a thorough systemic organ assessment by advanced imaging or testing which leaves the door open to potential misclassification of organ involvement. All patients were seen and cared for at sarcoidosis specialty centers and underwent standard organ assessment evaluations and performing advanced studies, beyond standard of care, to fully investigate organ involvement is not feasible. Also, none of the sarcoidosis subjects had clinically known autoimmune disease as it was an exclusion criteria for the GRADS study.

In summary, humoral immunity is active in sarcoidosis and several autoantibodies are present in sarcoidosis patients and may play a role in the pathogenesis of pulmonary and extra-pulmonary sarcoidosis. Further research is needed to identify specific autoantibody-organ combinations if autoantibodies are to be used as a diagnostic and/or prognostic biomarker in sarcoidosis.

**Supporting information**

S1 Table. IgG and IgM autoantibodies excluded from analysis.
(XLSX)

S2 Table. IgG comparisons between sarcoidosis cohorts and normal controls.
(XLSX)

S3 Table. IgM comparisons between sarcoidosis cohorts and normal controls.
(XLSX)
S1 Fig. The heatmap of 120 IgG autoantigen shows reactivity expressed in terms of row z-score for a respective antigen across different patient samples. Each row in the graphics represent an antigen for serum specimens organized into columns classified as normal control (n = 101), extra pulmonary sarcoidosis (n = 120), and pulmonary only sarcoidosis (n = 106). The reactivity intensity ranges from blue (low) to white (moderate) or red (high).

S2 Fig. The heatmap of 120 IgM autoantigen shows reactivity expressed in terms of row z-score for a respective antigen across different patient samples. Each row in the graphics represent an antigen for serum specimens organized into columns classified as normal control (n = 101), extra pulmonary sarcoidosis (n = 120), and pulmonary only sarcoidosis (n = 106). The reactivity intensity ranges from blue (low) to white (moderate) or red (high).

S3 Fig. 120 extra pulmonary sarcoidosis subjects were classified into 4 subgroups based on hierarchical cluster analysis, the optimal number of clusters by a hierarchical cluster analysis was determined by k-means clustering.

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