Overall Distribution Pattern of the Intramuscular Nerves of the Extraocular Muscles and its Clinical Implications

Patrón de Distribución General de los Nervios Intramusculares de los Músculos Extraoculares y sus Implicaciones Clínicas

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SUMMARY: The purpose of this study was to reveal the overall distribution pattern of the intramuscular nerves of each extraocular muscle and provide morphological guidance for the selection of the neuromuscular compartment during extraocular muscle transplantation and target localization of the botulinum toxin A injection to correct strabismus. We studied 12 Chinese head specimens that were fixed with formalin. The extraocular muscles from both sides of each head were removed, and a modified Sihler’s staining technique was used to reveal the overall distribution pattern of the intramuscular nerves. We observed an intramuscular nerve-dense region formed by the intramuscular arborized branches in the semitransparent superior rectus, inferior rectus, medial rectus, lateral rectus, superior oblique, inferior oblique, and levator palpebrae superioris muscles with Sihler's staining technique. The seven extraocular muscles can each be divided into two neuromuscular compartments. The intramuscular nerve-dense regions of the superior, inferior, medial, and lateral rectus and the superior oblique, inferior oblique, and levator palpebrae superioris muscles were positioned at 33.50 % – 72.72 %, 40.21 % – 66.79 %, 37.92 % – 64.51 %, 31.69 % – 56.01 %, 26.35 % – 64.98 %, 40.46 % – 73.20 %, and 27.72 % – 66.07 % of the lengths of the muscle bellies, respectively, and the centers of intramuscular nerve dense regions were located at 59.50 %, 54.18 %, 51.68 %, 50.08 %, 48.38 %, 56.49 %, and 50.77 % of the length of each muscle belly, respectively. The aforementioned values are the means of the actual values. These results suggest that when the strabismus is corrected with muscle transplantation, the extraocular muscle should be transplanted based on the neuromuscular compartment, which would benefit the function of both donor and recipient muscles. The localization of these nerve dense regions is recommended as an optimal target for the injection of botulinum toxin A to treat strabismus.

KEY WORDS: Extraocular muscles; Intramuscular nerve; Distribution pattern; Neuromuscular compartment; Strabismus.

INTRODUCTION

The extraocular muscles consist of the superior rectus (SR), inferior rectus (IR), medial rectus (MR), lateral rectus (LR), superior oblique (SO), inferior oblique (IO), and levator palpebrae superioris (LPS) muscles (Frank, 2014). Both eyes can maintain a normal eye position while achieving the goal of binocular single vision. The agonist, antagonist, and synergistic muscles can coordinate their movements in a tacit manner that is indistinguishable from the fine adjustment of all extraocular muscles by the nervous system (Guntun et al. 2015). Hypertension, diabetes, infection, tumor oppression, and ocular trauma can cause extraocular muscle paralysis, eye movement disorders, strabismus, and ptosis. Certain central nervous system diseases such as stroke, brain injury, and other conditions secondary to the spasticity of the extraocular muscles can also cause strabismus (Rowe & Noonan, 2017).

The clinical injection of botulinum toxin type A (BTX-A) into the motor end plate of antagonistic or agonist muscles to block the release of acetylcholine or to facilitate extraocular muscle transplantation can be used to correct strabismus caused by extraocular muscle paralysis and spasticity (Sanz et al. 2020). The efficacy of BTX-A depends on the proximity of the injection site to the motor endplate band (i.e., the target). Motor endplate staining is limited due to the lack of availability of fresh specimens. Since the location of the intramuscular nerve dense region (INDR) coincides with that of the motor endplate band, the INDR can be used as an alternative target for BTX-A injection (Wang et al. 2020). Whole muscle transplantation can cause loss of function at the donor site (Inal et al. 2020). The function of the donor and recipient regions should be considered simultaneously if a muscle is transplanted (Yan...
et al. 2015), based on the principle of division of neuromuscular compartments (i.e., the innervation range of each independent primary nerve branch in the muscle constitutes one compartment).

Therefore, the purpose of this study was to clearly display the overall distribution pattern of the intramuscular nerves of the extraocular muscles using a modified Sihler’s staining technique to explore the division of its neuromuscular compartments, and localize the innervated nerve dense region so as to provide morphological guidance to correct strabismus through the transplantation of the extraocular muscles and the BTX-A injection.

**MATERIAL AND METHOD**

**Specimens and ethics.** We examined 12 formalin-fixed head specimens of Chinese adults (six men and six women) who were aged 35–70 years and had no neuromuscular diseases or ocular muscle diseases. The collection and use of the specimens were approved by the ethics committee of the Zunyi Medical University (Zunyi, China; approval no.: 2020-1-008).

**Gross anatomy.** The cranium was opened by removing the Calvaria, sawing above the eyebrow, 1 cm above auricle, and 1 cm above the external occipital protuberance. Brain tissue was removed. The top wall of the optic nerve tube and the supraorbital wall were completely severed. The extraocular muscles were fully exposed, and the orbital fascia was removed. We observed the shape, fiber arrangement, and the origin and insertion of the extraocular muscles, along with the source of the nerve muscle branch and its nerve entry point. The extraocular muscles from both sides of each head were completely removed (24 in total).

**Sihler’s staining.** Due to the small extraocular muscle mass, the reagent and processing time were adjusted based on previous experience (Wang et al.). We performed Sihler’s staining as follows: (1) pigment removal: we applied 3% potassium hydroxide and 0.2% hydrogen peroxide solution to the specimens for 2–3 weeks; (2) decalcification: Sihler’s I solution (1 part glacial acetic acid, 2 parts glycerin, 12 parts 1% chloral hydrate) was used to decalcify the specimens for 2–3 weeks; (3) staining: specimens were stained using Sihler’s II solution (1 part Ehrlich dyeing liquid, 2 parts glycerin, and 12 parts 1% chloral hydrate) for 4 weeks; (4) decolorization: the specimens were placed in Sihler’s I solution for 4–10 hours; (5) neutralization: the specimens were placed in a 0.05% lithium carbonate solution for 2 hours; and (6) transparency: the specimens were soaked in a glycerin solution while gradually increasing its concentration gradient (i.e., 40%, 60%, 80%, 100%) for 1 week. The distribution of the intramuscular nerves was observed under an X-ray lamp, after which it was photographed. We also drew a pattern diagram based on our findings.

**Localization of the intramuscular nerve-dense regions and the center of the intramuscular nerve dense region.** We framed the dense region of intramuscular nerve branches using Photoshop CC 2020 (Adobe Systems Inc., San Jose, CA, USA). The frame was then double-clicked to select the region. The pop-up center point was designated as the center of the intramuscular nerve dense region (CINDR) and marked. The positions of the INDR and CINDR in the length of the muscle belly were calculated by percentage, respectively (i.e., the percentage position on the length of the muscle belly was calculated as the longitudinal distance between the nearest origin of the muscle fiber and the INDR or CINDR divided by the length of the muscle belly). The region of the irregular INDR was measured using a computer-aided design software (Autodesk; San Rafael, CA, USA). Finally, the map of the nerve distribution pattern was restored to the corresponding position of the muscle, based on the corresponding proportion.

**Statistical analyses.** We used SPSS18.0 software (IBM, Chicago, IL, USA) for data analyses. The paired test was used to compare the data between the right and left muscles, and the independent sample T-test was used to compare data between men and women. The statistical significance was set at P<0.05.

**RESULTS**

**Gross anatomy observation.** Besides the LPS, all six of the other extraocular muscles were attached to the eyeball in a conical shape. After the oculomotor nerve entered the orbit from the supraorbital fissure, it divided into a thin superior branch and thick inferior branch. The superior branch of the oculomotor nerve obliquely extended forward and upward and diverged into the SR branch at 1/3 of the deep surface near the origin of the SR; it then continued to extend inward and upward to reach the middle deep surface of the LPS muscle above it and entered the muscle. The MR, IR, and IO branches, which entered into the muscle laterally from the origin of the muscle belly, deep from the origin of the muscle belly, and laterally from the middle part of the muscle belly, respectively, all stemmed from the inferior branch of the oculomotor nerve. The abducens nerve entered the orbit from the supraorbital fissure, after passing through the ring of the common tendon. It was near the medial surface
of the LR and entered the muscle at 1/3 of the length of the muscle’s origin. After entering the orbit from the superior orbital fissure, the trochlear nerve passed over the SR and the LPS, traveled medially anteriorly, and entered the muscle on the lateral surface at 1/3 of the origin of the SO muscle (Fig. 1).

and then diverged into 4–7 tertiary branches. It then extended to the insertion in an arborized fashion. Overlapping regions existed among its small branches, which primarily innervated the lateral half of the muscle belly. After the medial branch entered the muscle, 4 to 6 secondary branches were visible, which were distributed throughout the medial half of the muscle belly. The arborized branches of these primary branches communicated intramuscularly and were densely distributed between 33.50% ± 0.86% and 72.72% ± 1.23% of the muscle belly length, forming a pear-shaped INDR. The size of the region and the position of the central point of the dense region on the length of the muscle belly are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 2).

**Observation of Sihler’s staining.** The muscle appeared intact and was light purple in color, while the nerve branches were black. The intramuscular nerve branches were Y-shaped. The dense arborized branches were mostly distributed across the entire width of the center of the muscle and communicated with one other to form an intramuscular nerve plexus. The distribution pattern did not differ significantly between the left and right sides of the cranium or between men and women.

**Superior rectus muscle.** Two primary branches (i.e., the medial and lateral branches) were visible before the entry of the SR muscle’s nerve branches. After entering the muscle, the lateral branch first divided into two secondary branches and then diverged into 4–7 tertiary branches. It then extended to the insertion in an arborized fashion. Overlapping regions existed among its small branches, which primarily innervated the lateral half of the muscle belly. After the medial branch entered the muscle, 4 to 6 secondary branches were visible, which were distributed throughout the medial half of the muscle belly. The arborized branches of these primary branches communicated intramuscularly and were densely distributed between 33.50% ± 0.86% and 72.72% ± 1.23% of the muscle belly length, forming a pear-shaped INDR. The size of the region and the position of the central point of the dense region on the length of the muscle belly are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 2).

**Inferior rectus muscle.** The nerve branches of the IR split into two primary nerve branches at 1/4 of the length from the origin of the muscle, and entered the muscle after approximately 0.5 cm. Among the branches, the lateral primary branch was slightly thicker and could further be divided into two secondary branches at a position of 1/3 from the origin of the muscle. Then, the secondary branches divided into arborized branches in a Y-shaped manner to dominate the lateral half of the muscle belly. The medial primary branch was slightly thinner and branched into secondary branches earlier, dominating the medial muscle fibers. The arborized branches of the two primary branches overlapped at the center of the muscle. The terminals of these arborized branches formed a chestnut-shaped INDR at a
position of 40.21 % ± 0.75 % to 66.79 % ± 0.83% of the muscle belly length. The size of the region and the position of the central point of the dense region on the length of the muscle belly are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 3).

**Lateral rectus muscle.** When the abducens nerve entered the muscle, it immediately split into two primary nerve branches (i.e., the superior and inferior branches). Each primary nerve branch diverged into three to four secondary nerve branches toward the insertion of the muscle. The secondary nerve branches split into small, arborized branches that could communicate. The arborized branches formed an overlapping innervation region at the center of the muscle belly and formed a chestnut-shaped nerve dense region at a position between 31.69 % ± 0.67 % and 56.01 % ± 0.63 % of the muscle belly length. The size of the region and the position of the central point of the dense region on the length of the muscle belly are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 5).

**Medial rectus muscle.** The MR nerve branch diverged into two primary nerve branches immediately after entering the muscle. Each primary nerve branch was further divided into three to four secondary nerve branches. The arborized branches stemming from these secondary nerve branches were distributed across the middle of the muscle belly, and the branches communicated with one other while being positioned at 37.92 % ± 0.56 % to 64.51 % ± 0.90 % of the muscle belly, forming a chestnut-shaped INDR. The size of the region and the position of the central point of the dense region on the length of the muscle belly are shown in Tables I and II. The muscle can be divided into two neuromuscular compartments (Fig. 4).

**Superior oblique muscle.** The trochlear nerve entered the SO muscle through its lateral surface. After entering the muscle, it often divided into two primary nerve branches (i.e., superior and inferior branches). It ran obliquely inward and upward. Arborized branches began at approximately 1/3 of the length of the muscle belly. The inferior branch was thick, with 2–3 secondary branches, and primarily innervated the inferior half of the muscle belly (breadth wise). The superior branch was small and dominated the superior half of the muscle belly (breadth wise). Its branches communicated with those of the inferior branch. The arborized branches formed an oval-shaped INDR positioned between 26.35 % ± 0.28% and 64.98 % ± 0.13 % of the length of the muscle belly. The size of the region and the position of the CINDR on the length of the muscle belly are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 6).

**Inferior oblique muscle.** The IO nerve branch arose from the oculomotor nerve, which ran from the posterior to the anterior. It entered the muscle laterally in the middle of the muscle belly and divided into superior and inferior primary nerve branches after entering the muscle. Several branches diverged
upward and forward from the superior branch, and the branches anastomosed with one other to form a net. The arborized branches of the superior and inferior branches were clustered into a rectangular INDR positioned between 40.46 % ± 0.70% and 73.20 % ± 0.67% of the muscle belly length. The size of the region and the position of the CINDR on the muscle belly length are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 7).

**Levator palpebrae superioris muscle.** After the LPS nerve branch entered the muscle, it divided into two primary nerve branches: medial and lateral. The medial branch was relatively thin and ran forward and inward. It sent out small nerve branches at a position between 50.77 % ± 0.67 % and 66.07 % ± 0.74 % of the muscle belly length that innervated the medial 1/3 of the muscle. The lateral branch was relatively thick and ran forward and laterally. It further diverged into arborized branches and innervated the lateral 2/3 of the muscle. Some branches extended into the tendon at the end of the insertion. The branches of the two primary branches were anastomotic. The arborized branches were most dense at 27.22 % ± 0.32 % to 66.07 ± 0.74 % of the muscle belly length and formed an oval nerve dense region. The size of the INDR and the position of the CINDR on the length of the muscle belly are shown in Tables I and II. The muscle could be divided into two neuromuscular compartments (Fig. 8).

**Table I.** Comparison of the INDR area and the percentage position of the CINDR on the muscle belly length between the left and right sides (x±s).

| Muscle | Area of INDR (cm²) | Position of CINDR on muscle belly length (%) |
|--------|-------------------|--------------------------------------------|
|        | Left (n=12)       | Right (n=12) |
| SR     | 1.41±0.08         | 1.45±0.07     |
| IR     | 1.29±0.08         | 1.27±0.06     |
| MR     | 1.30±0.12         | 1.30±0.09     |
| LR     | 1.62±0.16         | 1.71±0.17    |
| SO     | 0.63±0.09         | 0.66±0.06     |
| IO     | 0.69±0.10         | 0.72±0.14     |
| LPS    | 0.75±0.17         | 0.80±0.18     |

|        | Left (n=12)       | Right (n=12) |
|--------|-------------------|--------------|
| SR     | 59.13±0.82        | 59.50±0.67   |
| IR     | 53.9±1.09         | 54.18±0.77   |
| MR     | 51.3±0.61         | 51.68±0.87   |
| LR     | 50.09±0.26        | 50.08±0.34   |
| SO     | 48.19±0.71        | 48.38±0.66   |
| IO     | 56.20±0.55        | 56.49±0.74   |
| LPS    | 50.60±0.50        | 50.77±0.67   |

Compared with the left, P>0.05.

Based on the analysis of the 24 extraocular muscles, the CINDRs of the SR, IR, MR, LR, SO, IO, and LPS muscles were positioned at 59.50 % ± 0.67 %, 54.18 % ± 0.67 %, 50.77 ± 0.67 %, 56.49 ± 0.74 %, 50.77 ± 0.67 %, 56.49 ± 0.74 %, and 50.60 ± 0.50 %, respectively.
The intramuscular nerve endings of human extraocular muscles have been the focus of several research papers. Daniel (1946) discovered several spiral nerve endings in the human extraocular muscles using paraffin silver staining as early as 1946. In a later study, Ruskell (1984) applied acetylcholinesterase technology to stain human extraocular muscles and found that approximately 5% of the motor endplates also have spiral terminals based on the results of light and electron microscope observations. Ruskell believed that these terminals were not used to monitor the contraction of muscle fibers but rather to attain unconventional contraction speed. The composition of acetylcholine receptor subunits was recently studied with immunohistochemistry techniques. It was found that one fiber of human extraocular muscle may be innervated by multiple neurons (Liu & Domellöf, 2018). Many studies have focused on the nerve endings in the extraocular muscles; however, the specific location of the whole motor endplate band of the extraocular muscles has not been described. In the middle to late 20th century, some scholars proposed the application of a local injection of denervating drugs (e.g., BTX-A) rather than surgery to treat strabismus, which prevents the occurrence of surgical complications. Its mechanism of action is the block the release of acetylcholine at the motor endplate, inhibition of muscle excitation, and coordination of the dynamic balance between muscles to treat strabismus (Rowe & Noonan). Studying the overall distribution pattern of intramuscular nerves can provide guidance for locating alternative targets of BTX-A and transplantation of extraocular muscle compartments for the treatment of strabismus. In this study, Sihler’s staining was used to systematically reveal the distribution pattern of the intramuscular nerves and the position of the INDR (i.e., the alternative target of BTX-A) in each extraocular muscle. The study also explored the compartment that would be of the greatest morphological significance for chemical denervation and surgical muscle transplantation to facilitate the correction of strabismus.

Some studies have analyzed the intramuscular nerves of the four rectus muscles, as well as those of the IO and LPS muscles (Haladaj, 2020; Haladaj et al. 2020a; Haladaj et al. 2020b; Shin, 2020). These studies primarily described the distribution pattern of the intramuscular nerve branches, while only the location of the BTX-A injection site in the nerve dense region of the LR muscle was described. The nerve distribution patterns in the SO muscle have not yet been studied. In the current study, we systematically observed the nerve distribution patterns of the seven extraocular muscles and noted that the intramuscular nerve distribution patterns of the four rectus, IO, and LPS muscles were basically consistent with those described by Haladaj and Shin. However, we found that the anterior end of the nerve dense region of the LR muscle described by Shin et al. (2020) was, on average, 24.8 mm behind the muscle insertion, suggesting that BTX-A should be injected approximately 25 mm behind the muscle insertion. The absolute distance may be affected by individual differences, thereby causing inaccurate positioning. The suggested blocking point is not in the nerve dense region, but in front of it. The infiltration of the drug into the front of the dense region is ineffective. This study improved the localization of the CINDRs of all muscle to reduce the effect of individual differences. Data are expressed as percentages.
A BTX-A injection can temporarily paralyze the agonist muscle in the extraocular muscle and reduce the tension, whereas the tension of the antagonistic muscle increases in relation, which can correct the eye position without changing the anatomical position of the muscle. At present, BTX-A injection is primarily used to treat concomitant strabismus, paralytic esotropia, horizontal strabismus, or vertical strabismus. It can also be used for overcorrection and under-correction after strabismus surgery (Rowe & Noonan). Some data demonstrate that the injection dose of BTX-A depends on the degree of strabismus. One can safely use 2.5–5.0 units of BTX-A to treat this condition (Rowe & Noonan). The effect depends on the distance between the target and the motor endplate. If the target position is 5 mm away from the motor end plate, the effect will be reduced by 50 % (Parratte et al. 2002). If a large dose or multipoint injection is administered, antibodies will be produced, causing the drug to spread to the surrounding muscle tissue, resulting in unnecessary complications (Shaari et al., 1993). For example, when BTX-A is injected into the orbicularis oculi muscle to treat blepharospasm, BTX-A may infiltrate the LPS muscle, thereby causing blepharoptosis (Tejedor & Rodríguez, 1998). When treating upper eyelid contracture, large doses and multiple injections of BTX-A can cause SR paralysis (Naik et al. 2008). Therefore, the accurate injection of drugs into the target site is essential.

One unit of BTX-A can infiltrate an area of 1.5–3.0 cm², and 2.5–5.0 units can diffuse through an area of up to 4.5 cm² (Borodic et al. 1994). Based on this conclusion and the INDR region measured in this study, the actual dose required for the SR, IR, MR, and LR muscles is 1 unit, whereas the dose for the SO, IO, and LPS muscles is only 0.5 units. If the location is accurate, the dosage of BTX-A can be reduced, thereby reducing the risk of complications.

Surgery is a common method for treating strabismus, which can be corrected by muscle displacement, retreat, or resection to strengthen or weaken the muscles (Eraslan et al. 2015). For example, SR and IR muscle transposition can be used to treat esotropia (Sener et al. 2019). MR and LR muscle transposition can be used to treat recurrent and residual strabismus (Kannam et al. 2021). Transposition of the SO muscle can be used to treat oculomotor paralysis (Eraslan et al.). Anterior transposition of the IO muscle can be used to treat IR hypoplasia and SO paralysis (Singh et al. 2019; Saxena et al. 2017). In addition, the LPS muscle can be partially transplanted to treat SR paralysis (Stallard, 1952). However, transposition of the whole muscle risks the loss of function at the donor site and the development of new types of strabismus. Therefore, this study recommends compartmentalized muscle transplantation while considering the functions of the donor and recipient regions (Yán et al.). In this study, we found that all seven extraocular muscles had divided neuromuscular compartments. Based on the muscle strength and the amplitude of the recipient region, more matching neuromuscular compartments in clinical muscle transplantation can be selected. This action allows the recipient region to have normal innervation and the best recovery of function while avoiding complete damage to the donor region's function. However, it is worth noting that the IO muscle should not be split longitudinally into two muscle compartments because its nerves run laterally from posterior to anterior in the middle of the muscle.

This is the first study to our knowledge to systematically reveal the overall distribution pattern of the intramuscular nerves in seven extraocular muscles, explore neuromuscular compartments, and localize the INDR and CINDRs on the length of the muscle belly. Our results suggest that, when strabismus is corrected with muscle transplantation, the extraocular muscle should be transplanted based on neuromuscular compartments, which would benefit the function of the donor and recipient muscles. The localization of these nerve dense regions is recommended to provide optimal targets for BTX-A injection to treat strabismus. However, this study has some limitations, such as a lack of comparison between racial differences and are natively small sample size. In addition, the efficacy of this approach needs to be verified in a clinical setting.

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RESUMEN: El objetivo de este estudio fue revelar el patrón de distribución de los nervios intramusculares de cada músculo extraocular y, proporcionar una guía morfológica para la selección del compartimento neuromuscular durante el trasplante de músculo extraocular, y la localización de la inyección de toxina botulínica A para corregir el estrabismo. Estudiamos 12 muestras de cabezas de individuos chinos fijadas en formalina. Se extrajo la región densa en nervios intramusculares del músculo extraocular, y la localización de la inyección de toxina botulínica A para corregir el estrabismo. Estudiamos 12 muestras de cabezas de individuos chinos fijadas en formalina. Se extrajo la región densa en nervios intramusculares form-
intramuscular; Patrón de distribución; Compartimento