Diary
Preparation for the group interview
Introduction

- Thank you for participating in the group interview on Thursday, February 6st.

- This booklet consists of two assignments to be completed at home. There are no correct or incorrect answers. We are curious about your personal experiences during the treatment process.

- We kindly ask you to bring the completed booklet with you to the group interview on February 6st.
About me

Name: ........................................................................................................

Residence: ...................................................................................................

Situation at home: .............................................................................................
(e.g. single/married/children)

Hobbies: ...........................................................................................................
Assignment 1

My timeline

Step 1: Please indicate the course of your treatment process on the timeline: which steps did you go through?
Step 2: Mark 2 moments on the timeline where you experienced positive feelings. Use the green stickers and explain why you experienced this. Mark 2 moments on the timeline where you experienced negative feelings. Use the red stickers and explain why you experienced this.
Assignment 2

This is important to me

On the next page, a list of general characteristics and values is shown.

**Step 1:** Circle the characteristics and values that apply most to you as a person (choose 5)

**Step 2:** For these 5 characteristics/values, please indicate whether they are important for you in the context of making a treatment decision. If so, indicate this with a plus (+). If not, indicate this with a minus (-).
• Ambition (strive for things in life)
• Autonomy (decide for yourself)
• Balance
• Helpfulness
• Proficiency (be good at something)
• Politeness
• Creativity
• Family
• Health
• Learning
• Charity (love for others / the environment)
• Nature
• Independence (can do things alone)
• Venturous (start new things)
• Personal growth (develop yourself)
• Pleasure
• Achievement
• Religion (faith)
• Being together
• Spirituality
• Spontaneity
• Status (have respect)
• Satisfaction (be satisfied)
• Challenge
• Responsibility
• Friendships
• Freedom
• Certainty (being sure)
• Self-discipline (strength to persist)
Notes

This space can be used for additional notes:
Thank you!

Thank you for sharing your knowledge and experiences!

Please remember to bring the booklet
