Figure A1 Flow diagram of the participants in the trial

Total Population
N = 233

- N = 42 non response
- N = 69 declined
- N = 4 undeliverable

Randomized
N = 118

Intervention
N = 59
- N = 2 no family history
- N = 2 questionnaire too extensive
- N = 1 on vacation

Baseline
N = 54

Receiving consultation
N = 54

1-week follow-up
N = 53

3-months follow-up
N = 46

Control
N = 59

- N = 3 no family history
- N = 1 questionnaire too extensive
- N = 1 unable to come

Baseline
N = 53

Receiving consultation
N = 54

1-week follow-up
N = 48

3-months follow-up
N = 47

N = 6 loss to follow-up
N = 1 loss to follow-up
N = 1 loss to follow-up
N = 7 loss to follow-up