On Convergence Properties of the EM Algorithm for Gaussian Mixtures

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We build up the mathematical connection between the "Expectation-Maximization" (EM) algorithm and gradient-based approaches for maximum likelihood learning of finite gaussian mixtures. We show that the EM step in parameter space is obtained from the gradient via a projection matrix \( P \), and we provide an explicit expression for the matrix. We then analyze the convergence of EM in terms of special properties of \( P \) and provide new results analyzing the effect that \( P \) has on the likelihood surface. Based on these mathematical results, we present a comparative discussion of the advantages and disadvantages of EM and other algorithms for the learning of gaussian mixture models.

1 Introduction

The "Expectation-Maximization" (EM) algorithm is a general technique for maximum likelihood (ML) or maximum a posteriori (MAP) estimation. The recent emphasis in the neural network literature on probabilistic models has led to increased interest in EM as a possible alternative to gradient-based methods for optimization. EM has been used for variations on the traditional theme of gaussian mixture modeling (Ghahramani and Jordan 1994; Nowlan 1991; Xu and Jordan 1993a,b; Tresp et al. 1994; Xu et al. 1994) and has also been used for novel chain-structured and tree-structured architectures (Bengio and Frasconi 1995; Jordan and Jacobs 1994). The empirical results reported in these papers suggest that EM has considerable promise as an optimization method for such architectures. Moreover, new theoretical results have been obtained that link EM to other topics in learning theory (Amari 1994; Jordan and Xu 1995; Neal and Hinton 1993; Xu and Jordan 1993c; Yuille et al. 1994).

Despite these developments, there are grounds for caution about the promise of the EM algorithm. One reason for caution comes from con-
sideration of theoretical convergence rates, which show that EM is a first-order algorithm.\footnote{For an iterative algorithm that converges to a solution $\Theta^*$, if there is a real number $\gamma_0$ and a constant integer $k_0$, such that for all $k > k_0$, we have 
\[
\|\Theta^{(k+1)} - \Theta^*\| \leq q\|\Theta^{(k)} - \Theta^*\|^{\gamma_0}
\] 
with $q$ being a positive constant independent of $k$, then we say that the algorithm has a convergence rate of order $\gamma_0$. Particularly, an algorithm has first-order or linear convergence if $\gamma_0 = 1$, superlinear convergence if $1 < \gamma_0 < 2$, and second-order or quadratic convergence if $\gamma_0 = 2$.} More precisely, there are two key results available in the statistical literature on the convergence of EM. First, it has been established that under mild conditions EM is guaranteed to converge toward a local maximum of the log likelihood $l$ (Boyles 1983; Dempster et al. 1977; Redner and Walker 1984; Wu 1983). (Indeed the convergence is monotonic: $l(\Theta^{(k+1)}) \geq l(\Theta^{(k)})$, where $\Theta^{(k)}$ is the value of the parameter vector $\Theta$ at iteration $k$.) Second, considering EM as a mapping $\Theta^{(k+1)} = M(\Theta^{(k)})$ with fixed point $\Theta^* = M(\Theta^*)$, we have $\Theta^{(k+1)} - \Theta^* \approx [\partial M(\Theta^*)/\partial \Theta^*](\Theta^{(k)} - \Theta^*)$ when $\Theta^{(k+1)}$ is near $\Theta^*$, and thus
\[
\|\Theta^{(k+1)} - \Theta^*\| \leq \left| \frac{\partial M(\Theta^*)}{\partial \Theta^*} \right| \cdot \|\Theta^{(k)} - \Theta^*\|
\]
with
\[
\left| \frac{\partial M(\Theta^*)}{\partial \Theta^*} \right| \neq 0
\]
after almost surely. That is, EM is a first-order algorithm.

The first-order convergence of EM has been cited in the statistical literature as a major drawback. Redner and Walker (1984), in a widely cited article, argued that superlinear (quasi-Newton, method of scoring) and second-order (Newton) methods should generally be preferred to EM. They reported empirical results demonstrating the slow convergence of EM on a gaussian mixture model problem for which the mixture components were not well separated. These results did not include tests of competing algorithms, however. Moreover, even though the convergence toward the “optimal” parameter values was slow in these experiments, the convergence in likelihood was rapid. Indeed, Redner and Walker acknowledge that their results show that “...even when the component populations in a mixture are poorly separated, the EM algorithm can be expected to produce in a very small number of iterations parameter values such that the mixture density determined by them reflects the sample data very well.” In the context of the current literature on learning, in which the predictive aspect of data modeling is emphasized at the expense of the traditional Fisherian statistician’s concern over the “true” values of parameters, such rapid convergence in likelihood is a major desideratum of a learning algorithm and undercuts the critique of EM as a “slow” algorithm.
In the current paper, we provide a comparative analysis of EM and other optimization methods. We emphasize the comparison between EM and other first-order methods (gradient ascent, conjugate gradient methods), because these have tended to be the methods of choice in the neural network literature. However, we also compare EM to superlinear and second-order methods. We argue that EM has a number of advantages, including its naturalness at handling the probabilistic constraints of mixture problems and its guarantees of convergence. We also provide new results suggesting that under appropriate conditions EM may in fact approximate a superlinear method; this would explain some of the promising empirical results that have been obtained (Jordan and Jacobs 1994), and would further temper the critique of EM offered by Redner and Walker. The analysis in the current paper focuses on unsupervised learning; for related results in the supervised learning domain see Jordan and Xu (1995).

The remainder of the paper is organized as follows. We first briefly review the EM algorithm for gaussian mixtures. The second section establishes a connection between EM and the gradient of the log likelihood. We then present a comparative discussion of the advantages and disadvantages of various optimization algorithms in the gaussian mixture setting. We then present empirical results suggesting that EM regularizes the condition number of the effective Hessian. The fourth section presents a theoretical analysis of this empirical finding. The final section presents our conclusions.

2 The EM Algorithm for Gaussian Mixtures

We study the following probabilistic model:

\[ P(x \mid \Theta) = \sum_{j=1}^{K} \alpha_j P(x \mid m_j, \Sigma_j) \]  
\( (2.1) \)

and

\[ P(x \mid m_j, \Sigma_j) = \frac{1}{(2\pi)^{d/2}|\Sigma_j|^{1/2}} e^{-1/2(x-m_j)^T \Sigma_j^{-1}(x-m_j)} \]

where \( \alpha_j \geq 0 \) and \( \sum_{j=1}^{K} \alpha_j = 1, \) \( d \) is the dimension of \( x. \) The parameter vector \( \Theta \) consists of the mixing proportions \( \alpha_j, \) the mean vectors \( m_j, \) and the covariance matrices \( \Sigma_j. \)

Given \( K \) and given \( N \) independent, identically distributed samples \( \{x^{(i)}\}_{i=1}^{N}, \) we obtain the following log likelihood:

\[ l(\Theta) = \log \prod_{i=1}^{N} P(x^{(i)} \mid \Theta) = \sum_{i=1}^{N} \log P(x^{(i)} \mid \Theta) \]  
\( (2.2) \)

\( ^2 \)Although we focus on maximum likelihood (ML) estimation in this paper, it is straightforward to apply our results to maximum a posteriori (MAP) estimation by multiplying the likelihood by a prior.
which can be optimized via the following iterative algorithm (see, e.g., Dempster et al. 1977):

\[
\alpha_j^{(k+1)} = \frac{\sum_{t=1}^{N} h_j^{(k)}(t)}{N}
\]

\[
m_j^{(k+1)} = \frac{\sum_{t=1}^{N} h_j^{(k)}(t)x(t)}{\sum_{t=1}^{N} h_j^{(k)}(t)}
\]

\[
\Sigma_j^{(k+1)} = \frac{\sum_{t=1}^{N} h_j^{(k)}(t)[x(t) - m_j^{(k)}][x(t) - m_j^{(k)}]^T}{\sum_{t=1}^{N} h_j^{(k)}(t)}
\] (2.3)

where the posterior probabilities \(h_j^{(k)}\) are defined as follows:

\[
h_j^{(k)}(t) = \frac{\alpha_j^{(k)} P(x(t) \mid m_j^{(k)}, \Sigma_j^{(k)})}{\sum_{i=1}^{K} \alpha_i^{(k)} P(x(t) \mid m_i^{(k)}, \Sigma_i^{(k)})}
\]

3 Connection between EM and Gradient Ascent

In the following theorem we establish a relationship between the gradient of the log likelihood and the step in parameter space taken by the EM algorithm. In particular we show that the EM step can be obtained by premultiplying the gradient by a positive definite matrix. We provide an explicit expression for the matrix.

**Theorem 1.** At each iteration of the EM algorithm equation 2.3, we have

\[
A^{(k+1)} - A^{(k)} = \frac{\partial l}{\partial A}igg|_{A=A^{(k)}}^{\alpha_j^{(k)}}
\] (3.1)

\[
m_j^{(k+1)} - m_j^{(k)} = \frac{\partial l}{\partial m_j}igg|_{m_j=m_j^{(k)}}^{\alpha_j^{(k)}}
\] (3.2)

\[
\text{vec}[\Sigma_j^{(k+1)}] - \text{vec}[\Sigma_j^{(k)}] = \frac{\partial l}{\partial \text{vec}[\Sigma_j]}igg|_{\Sigma_j=\Sigma_j^{(k)}}^{\alpha_j^{(k)}}
\] (3.3)

where

\[
p_{A,j}^{(k)} = \frac{1}{N} \{ \text{diag}[\alpha_1^{(k)}, \ldots, \alpha_K^{(k)}] - A^{(k)}(A^{(k)})^T \}
\] (3.4)

\[
p_{m_j}^{(k)} = \frac{\Sigma_j^{(k)}}{\sum_{t=1}^{N} h_j^{(k)}(t)}
\] (3.5)

\[
p_{\Sigma_j}^{(k)} = \frac{2}{\sum_{t=1}^{N} h_j^{(k)}(t)} \Sigma_j^{(k)} \otimes \Sigma_j^{(k)}
\] (3.6)
where $\mathbf{A}$ denotes the vector of mixing proportions $[\alpha_1, \ldots, \alpha_K]^T$, $j$ indexes the mixture components ($i = 1, \ldots, K$), $k$ denotes the iteration number, “vec$[\mathbf{B}]$” denotes the vector obtained by stacking the column vectors of the matrix $\mathbf{B}$, and “$\otimes$” denotes the Kronecker product. Moreover, given the constraints $\sum_{j=1}^{K} \alpha_j^{(k)} = 1$ and $\alpha_j^{(k)} \geq 0$, $P_A^{(k)}$ is a positive definite matrix and the matrices $P_{\Sigma_i}^{(k)}$ and $P_{\Sigma_j}^{(k)}$ are positive definite with probability one for $N$ sufficiently large.

The proof of this theorem can be found in the Appendix.

Using the notation $\Theta = [m_1^T, \ldots, m_K^T, \text{vec}[\Sigma_1]^T, \ldots, \text{vec}[\Sigma_K]^T, \mathbf{A}^T]^T$, and $P(\Theta) = \text{diag}[P_{m_1}, \ldots, P_{m_K}, P_{\Sigma_1}, \ldots, P_{\Sigma_K}, P_A]$, we can combine the three updates in Theorem 1 into a single equation:

$$
\Theta^{(k+1)} = \Theta^{(k)} + P(\Theta^{(k)}) \frac{\partial l}{\partial \Theta} \bigg|_{\Theta = \Theta^{(k)}}
$$

(3.7)

Under the conditions of Theorem 1, $P(\Theta^{(k)})$ is a positive definite matrix with probability one. Recalling that for a positive definite matrix $B$, we have $(\partial l/\partial \Theta)^T B (\partial l/\partial \Theta) > 0$, we have the following corollary:

**Corollary 1.** For each iteration of the EM algorithm given by equation 2.3, the search direction $\Theta^{(k+1)} - \Theta^{(k)}$ has a positive projection on the gradient of $l$.

That is, the EM algorithm can be viewed as a variable metric gradient ascent algorithm for which the projection matrix $P(\Theta^{(k)})$ changes at each iteration as a function of the current parameter value $\Theta^{(k)}$.

Our results extend earlier results due to Baum and Sell (1968), who studied recursive equations of the following form:

$$
\begin{align*}
    x^{(k+1)} &= T(x^{(k)}), \\
    T(x^{(k)}) &= [T(x^{(k)})_1, \ldots, T(x^{(k)})_K], \\
    T(x^{(k)})_j &= \frac{x_j^{(k)} \partial f/\partial x_j^{(k)}}{\sum_{i=1}^{K} x_i^{(k)} \partial f/\partial x_i^{(k)}}
\end{align*}
$$

where $x_j^{(k)} \geq 0$, $\sum_{i=1}^{K} x_i^{(k)} = 1$, where $f$ is a polynomial in $x_j^{(k)}$ having positive coefficients. They showed that the search direction of this recursive formula, i.e., $T(x^{(k)}) - x^{(k)}$, has a positive projection on the gradient of $f$ with respect to the $x^{(k)}$ (see also Levinson et al. 1983). It can be shown that Baum and Sell’s recursive formula implies the EM update formula for $A$ in a gaussian mixture. Thus, the first statement in Theorem 1 is a special case of Baum and Sell’s earlier work. However, Baum and Sell’s theorem is an existence theorem and does not provide an explicit expression for the matrix $P_A$ that transforms the gradient direction into the EM direction. Our theorem provides such an explicit form for $P_A$. Moreover, we generalize Baum and Sell’s results to handle the updates for $m_i$ and $\Sigma_i$, and we provide explicit expressions for the positive definite transformation matrices $P_{m_i}$ and $P_{\Sigma_i}$ as well.
It is also worthwhile to compare the EM algorithm to other gradient-based optimization methods. Newton's method is obtained by premultiplying the gradient by the inverse of the Hessian of the log likelihood:

$$\Theta^{(k+1)} = \Theta^{(k)} + H(\Theta^{(k)})^{-1} \frac{\partial l}{\partial \Theta^{(k)}}.$$  \hspace{1cm} (3.8)

Newton's method is the method of choice when it can be applied, but the algorithm is often difficult to use in practice. In particular, the algorithm can diverge when the Hessian becomes nearly singular; moreover, the computational costs of computing the inverse Hessian at each step can be considerable. An alternative is to approximate the inverse by a recursively updated matrix $B^{(k+1)} = B^{(k)} + \eta \Delta B^{(k)}$. Such a modification is called a quasi-Newton method. Conventional quasi-Newton methods are unconstrained optimization methods, however, and must be modified to be used in the mixture setting (where there are probabilistic constraints on the parameters). In addition, quasi-Newton methods generally require that a one-dimensional search be performed at each iteration to guarantee convergence. The EM algorithm can be viewed as a special form of quasi-Newton method in which the projection matrix $P(\Theta^{(k)})$ in equation 3.7 plays the role of $B^{(k)}$. As we discuss in the remainder of the paper, this particular matrix has a number of favorable properties that make EM particularly attractive for optimization in the mixture setting.

4 Constrained Optimization and General Convergence

An important property of the matrix $P$ is that the EM step in parameter space automatically satisfies the probabilistic constraints of the mixture model in equation 2.1. The domain of $\Theta$ contains two regions that embody the probabilistic constraints: $D_1 = \{\Theta : \sum_{i=1}^{K} \alpha_i^{(k)} = 1\}$ and $D_2 = \{\Theta : \alpha_i^{(k)} \geq 0, \Sigma_i \text{ is positive definite}\}$. For the EM algorithm the update for the mixing proportions $\alpha_j$ can be rewritten as follows:

$$\alpha_j^{(k+1)} = \frac{1}{N} \sum_{t=1}^{N} \frac{\alpha_i^{(k)} P(x(t)|m_j^{(k)}, \Sigma_j^{(k)})}{\sum_{i=1}^{K} \alpha_i^{(k)} P(x(t)|m_i^{(k)}, \Sigma_i^{(k)})}$$

It is obvious that the iteration stays within $D_1$. Similarly, the update for $\Sigma_j$ can be rewritten as:

$$\Sigma_j^{(k+1)} = \frac{1}{\sum_{t=1}^{N} h_j^{(k)}(t)} \sum_{t=1}^{N} \frac{\alpha_i^{(k)} P(x(t)|m_j^{(k)}, \Sigma_j^{(k)})}{\sum_{i=1}^{K} \alpha_i^{(k)} P(x(t)|m_i^{(k)}, \Sigma_i^{(k)})} [x(t) - m_j^{(k)}][x(t) - m_j^{(k)}]^T$$

which stays within $D_2$ for $N$ sufficiently large.

Whereas EM automatically satisfies the probabilistic constraints of a mixture model, other optimization techniques generally require modification to satisfy the constraints. One approach is to modify each iterative
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step to keep the parameters within the constrained domain. A num-
ber of such techniques have been developed, including feasible direc-
tion methods, active sets, gradient projection, reduced-gradient, and linearly
constrained quasi-Newton. These constrained methods all incur extra
computational costs to check and maintain the constraints and, more-
over, the theoretical convergence rates for such constrained algorithms
need not be the same as that for the corresponding unconstrained algo-
rithms. A second approach is to transform the constrained optimization
problem into an unconstrained problem before using the unconstrained
method. This can be accomplished via penalty and barrier functions, La-
grangian terms, or reparameterization. Once again, the extra algorithmic
machinery renders simple comparisons based on unconstrained conver-
gence rates problematic. Moreover, it is not easy to meet the constraints
on the covariance matrices in the mixture using such techniques.

A second appealing property of $P(O(k))$ is that each iteration of EM
is guaranteed to increase the likelihood (i.e., $l(O(k+1)) \geq l(O(k))$). This
monotonic convergence of the likelihood is achieved without step-size pa-
rameters or line searches. Other gradient-based optimization techniques,
including gradient descent, quasi-Newton, and Newton's method, do
not provide such a simple theoretical guarantee, even assuming that
the constrained problem has been transformed into an unconstrained
one. For gradient ascent, the step size $\eta$ must be chosen to ensure that
$\|O(k+1) - O(k-1)\| / \|O(k) - O(k-1)\| \leq \|I + \eta H(O(k-1))\| < 1$. This requires
a one-dimensional line search or an optimization of $\eta$ at each iteration,
which requires extra computation, which can slow down the conver-
gence. An alternative is to fix $\eta$ to a very small value, which generally
makes $\|I + \eta H(O(k-1))\|$ close to one and results in slow convergence. For
Newton's method, the iterative process is usually required to be near a
solution, otherwise the Hessian may be indefinite and the iteration may
not converge. Levenberg–Marquardt methods handle the indefinite Hes-
sian matrix problem; however, a one-dimensional optimization or other
form of search is required for a suitable scalar to be added to the diagonal
elements of Hessian. Fisher scoring methods can also handle the indef-
inite Hessian matrix problem, but for nonquadratic nonlinear optimiza-
tion Fisher scoring requires a stepsize $\eta$ that obeys $\|I + \eta BH(O(k-1))\| < 1$,
where $B$ is the Fisher information matrix. Thus, problems similar to
those of gradient ascent arise here as well. Finally, for the quasi-Newton
methods or conjugate gradient methods, a one-dimensional line search is
required at each iteration. In summary, all of these gradient-based meth-
ods incur extra computational costs at each iteration, rendering simple
comparisons based on local convergence rates unreliable.

For large-scale problems, algorithms that change the parameters im-
mediately after each data point ("on-line algorithms") are often signifi-
cantly faster in practice than batch algorithms. The popularity of gradient
descent algorithms for neural networks is in part to the ease of obtaining
on-line variants of gradient descent. It is worth noting that on-line
variants of the EM algorithm can be derived (Neal and Hinton 1993; Titterington 1984), and this is a further factor that weighs in favor of EM as compared to conjugate gradient and Newton methods.

5 Convergence Rate Comparisons

In this section, we provide a comparative theoretical discussion of the local convergence rates of constrained gradient ascent and EM.

For gradient ascent a local convergence result can be obtained by Taylor expanding the log likelihood around the maximum likelihood estimate \( \Theta^* \). For sufficiently large \( k \) we have

\[
||\Theta^{(k+1)} - \Theta^*|| \leq ||I + \eta H(\Theta^*)|| ||\Theta^{(k)} - \Theta^*||
\] (5.1)

and

\[
||I + \eta H(\Theta^*)|| \leq \lambda_M[I + \eta H(\Theta^*)] = r
\] (5.2)

where \( H \) is the Hessian of \( l \), \( \eta \) is the step size, and \( r = \max\{||1 - \eta \lambda_M[-H(\Theta^*)]|, |1 - \eta \lambda_m[-H(\Theta^*)]||\} \), where \( \lambda_M[A] \) and \( \lambda_m[A] \) denote the largest and smallest eigenvalues of \( A \), respectively.

Smaller values of \( r \) correspond to faster convergence rates. To guarantee convergence, we require \( r < 1 \) or \( 0 < \eta < 2/\lambda_M[-H(\Theta^*)] \). The minimum possible value of \( r \) is obtained when \( \eta = 1/\lambda_M[H(\Theta^*)] \) with

\[
r_{\min} = 1 - \lambda_m[H(\Theta^*)]/\lambda_M[H(\Theta^*)]
\]

\[
= 1 - \kappa^{-1}[H(\Theta^*)]
\]

where \( \kappa[H] = \lambda_M[H]/\lambda_m[H] \) is the condition number of \( H \). Larger values of the condition number correspond to slower convergence. When \( \kappa[H] = 1 \) we have \( r_{\min} = 0 \), which corresponds to a superlinear rate of convergence. Indeed, Newton’s method can be viewed as a method for obtaining a more desirable condition number—the inverse Hessian \( H^{-1} \) balances the Hessian \( H \) such that the resulting condition number is one. Effectively, Newton can be regarded as gradient ascent on a new function with an effective Hessian that is the identity matrix: \( H_{\text{eff}} = H^{-1}H = I \). In practice, however, \( \kappa[H] \) is usually quite large. The larger \( \kappa[H] \) is, the more difficult it is to compute \( H^{-1} \) accurately. Hence it is difficult to balance the Hessian as desired. In addition, as we mentioned in the previous section, the Hessian varies from point to point in the parameter space, and at each iteration we need to recompute the inverse Hessian. Quasi-Newton methods approximate \( H(\Theta^{(k)})^{-1} \) by a positive matrix \( B^{(k)} \) that is easy to compute.

The discussion thus far has treated unconstrained optimization. To compare gradient ascent with the EM algorithm on the constrained mix-
where $\Pi_k$ is the projection matrix that projects the gradient $\partial l / \partial \Theta^{(k)}$ into $D_1$. This gradient projection iteration will remain in $D_1$ as long as the initial parameter vector is in $D_1$. To keep the iteration within $D_2$, we choose an initial $\Theta^{(0)} \in D_2$ and keep $\eta$ sufficiently small at each iteration.

Suppose that $E = [e_1, \ldots, e_m]$ is a set of independent unit basis vectors that spans the space $D_1$. In this basis, $\Theta^{(k)}$ and $\Pi_k(\partial l / \partial \Theta^{(k)})$ become $\Theta^{(k)}_c = E^T \Theta^{(k)}$ and $\partial l / \partial \Theta^{(k)}_c = E^T (\partial l / \partial \Theta^{(k)})$, respectively, with $\| \Theta^{(k)}_c - \Theta^*_c \| = \| \Theta^{(k)} - \Theta^* \|$. In this representation the projective gradient algorithm equation 5.3 becomes simple gradient ascent: $\Theta^{(k+1)}_c = \Theta^{(k)}_c + \eta (\partial l / \partial \Theta^{(k)}_c)$. Moreover, equation 5.1 becomes $\| \Theta^{(k+1)} - \Theta^* \| \leq \| E^T [I + \eta H(\Theta^*)] \| \| \Theta^{(k)} - \Theta^* \|$. As a result, the convergence rate is bounded by

$$r_c = \| E^T [I + \eta H(\Theta^*)] \|$$

$$\leq \sqrt{\lambda_M \| E^T [I + \eta H(\Theta^*)] [I + \eta H(\Theta^*)]^T E \|}$$

$$= \sqrt{\lambda_M \| E^T [I + 2\eta H(\Theta^*) + \eta^2 H^2(\Theta^*)] E \|}$$

Since $H(\Theta^*)$ is negative definite, we obtain

$$r_c \leq \sqrt{1 + \eta^2 \lambda^2_M [-H_c] - 2\eta \lambda_m [-H_c]}$$

In this equation $H_c = E^T H(\Theta) E$ is the Hessian of $I$ restricted to $D_1$.

We see from this derivation that the convergence speed depends on $\kappa[H_c] = \lambda_M[-H_c]/\lambda_m[-H_c]$. When $\kappa[H_c] = 1$, we have

$$\sqrt{1 + \eta^2 \lambda^2_M [-H_c] - 2\eta \lambda_m [-H_c]} = 1 - \eta \lambda_m [-H_c]$$

which in principle can be made to equal zero if $\eta$ is selected appropriately. In this case, a superlinear rate is obtained. Generally, however, $\kappa[H_c] \neq 1$, with smaller values of $\kappa[H_c]$ corresponding to faster convergence.

We now turn to an analysis of the EM algorithm. As we have seen EM keeps the parameter vector within $D_1$ automatically. Thus, in the new basis the connection between EM and gradient ascent (cf. equation 3.7) becomes

$$\Theta^{(k+1)} = \Theta^{(k)} + E^T P(\Theta^{(k)}) \frac{\partial l}{\partial \Theta}$$

and we have

$$\| \Theta^{(k+1)} - \Theta^* \| \leq \| E^T [I + PH(\Theta^*)] \| \| \Theta^{(k)} - \Theta^* \|$$

with

$$r_c = \| E^T [I + PH(\Theta^*)] \| \leq \sqrt{\lambda_M \| E^T [I + PH(\Theta^*)] [I + PH(\Theta^*)]^T E \|}$$
The latter equation can be further manipulated to yield
\[ r_c \leq \sqrt{1 + \lambda_m^2 |E^TPHE| - 2\lambda_m [-E^TPHE]} \]  
(5.5)

Thus we see that the convergence speed of EM depends on
\[ \kappa[E^TPHE] = \lambda_m |E^TPHE|/\lambda_m |E^TPHE] \]

When
\[ \kappa[E^TPHE] = 1, \quad \lambda_m |E^TPHE] = 1 \]

we have
\[ \sqrt{1 + \lambda_m^2 |E^TPHE| - 2\lambda_m [-E^TPHE]} = (1 - \lambda_m [-E^TPHE]) = 0 \]

In this case, a superlinear rate is obtained. We discuss the possibility of obtaining superlinear convergence with EM in more detail below.

These results show that the convergence of gradient ascent and EM both depend on the shape of the log likelihood as measured by the condition number. When \( \kappa[H] \) is near one, the configuration is quite regular, and the update direction points directly to the solution yielding fast convergence. When \( \kappa[H] \) is very large, the \( I \) surface has an elongated shape, and the search along the update direction is a zigzag path, making convergence very slow. The key idea of Newton and quasi-Newton methods is to reshape the surface. The nearer it is to a ball shape (Newton’s method achieves this shape in the ideal case), the better the convergence. Quasi-Newton methods aim to achieve an effective Hessian whose condition number is as close as possible to one. Interestingly, the results that we now present suggest that the projection matrix \( P \) for the EM algorithm also serves to effectively reshape the likelihood yielding an effective condition number that tends to one. We first present empirical results that support this suggestion and then present a theoretical analysis.

We sampled 1000 points from a simple finite mixture model given by
\[ p(x) = \alpha_1 p_1(x) + \alpha_2 p_2(x) \]

where
\[ p_i(x) = \frac{1}{\sqrt{2\pi\sigma_i^2}} \exp \left\{ -\frac{1}{2} \frac{(x - m_i)^2}{\sigma_i^2} \right\} \]

The parameter values were as follows: \( \alpha_1 = 0.7170, \alpha_2 = 0.2830, m_1 = -2, m_2 = 2, \sigma_1^2 = 1, \sigma_2^2 = 1 \). We ran both the EM algorithm and gradient ascent on the data. The initialization for each experiment is set randomly, but is the same for both the EM algorithm and the gradient algorithm. At each step of the simulation, we calculated the condition number of the Hessian \( (\kappa[H(\Theta)]) \), the condition number determining the rate of convergence of the gradient algorithm \( (\kappa[E^TH(\Theta)E]) \), and the condition number determining the rate of convergence of EM \( (\kappa[E^TP(\Theta)H(\Theta)E]) \). We also
calculated the largest eigenvalues of the matrices $H(\Theta^{(k)})$, $E^T H(\Theta^{(k)}) E$, and $E^T P(\Theta^{(k)}) H(\Theta^{(k)}) E$. The results are shown in Figure 1. As can be seen in Figure 1a, the condition numbers change rapidly in the vicinity of the 25th iteration. This is because the corresponding Hessian matrix is indefinite before the iteration enters the neighborhood of a solution. Afterward, the Hessians quickly become definite and the condition numbers converge. As shown in Figure 1b, the condition numbers converge toward the values $\kappa[H(\Theta^{(k)})] = 47.5$, $\kappa[E^T H(\Theta^{(k)}) E] = 33.5$, and $\kappa[E^T P(\Theta^{(k)}) H(\Theta^{(k)}) E] = 3.6$. That is, the matrix $P$ has greatly reduced the condition number, by factors of 93 and 13.2. This significantly improves the shape of $l$ and speeds up the convergence.

Interestingly, the EM algorithm converges soon afterward as well, showing that for this problem EM spends little time in the region of parameter space in which a local analysis is valid.
We ran a second experiment in which the means of the component gaussians were \( m_1 = -1 \) and \( m_2 = 1 \). The results are similar to those shown in Figure 1. Since the distance between two distributions is reduced into half, the shape of \( l \) becomes more irregular (Fig. 2). The condition number \( \kappa[H(\Theta^{(k)})] \) increases to 352, \( \kappa[E^TH(\Theta^{(k)})E] \) increases to 216, and \( \kappa[E^TP(\Theta^{(k)})H(\Theta^{(k)})E] \) increases to 61. We see once again a significant improvement in the case of EM, by factors of 3.5 and 5.8.

Figure 3 shows that the matrix \( P \) has also reduced the largest eigenvalues of the Hessian from between 2000 to 3000 to around 1. This demonstrates clearly the stable convergence that is obtained via EM, without a line search or the need for external selection of a learning stepsize.

In the remainder of the paper we provide some theoretical analyses that attempt to shed some light on these empirical results. To illustrate the issues involved, consider a degenerate mixture problem in which...
the mixture has a single component. (In this case $\alpha_1 = 1$.) Let us furthermore assume that the covariance matrix is fixed (i.e., only the mean vector $m$ is to be estimated). The Hessian with respect to the mean $m$ is $H = -N\Sigma^{-1}$ and the EM projection matrix $P$ is $\Sigma/N$. For gradient ascent, we have $\kappa[ETHE] = \kappa[\Sigma^{-1}]$, which is larger than one whenever $\Sigma \neq cl$. EM, on the other hand, achieves a condition number of one exactly ($\kappa[ETPHE] = \kappa[PH] = \kappa[l] = 1$ and $\lambda_m[ETPHE] = 1$). Thus, EM and Newton's method are the same for this simple quadratic problem. For general nonquadratic optimization problems, Newton retains the quadratic assumption, yielding fast convergence but possible divergence. EM is a more conservative algorithm that retains the convergence guarantee but also maintains quasi-Newton behavior. We now analyze this behavior in more detail. We consider the special case of estimating the means in a gaussian mixture when the gaussians are well separated.
Theorem 2. Consider the EM algorithm in equation 2.3, where the parameters \( \alpha_j \) and \( \Sigma_j \) are assumed to be known. Assume that the \( K \) gaussian distributions are well separated, such that for sufficiently large \( k \) the posterior probabilities \( h_j^{(k)}(t) \) are approximately zero or one. For such \( k \), the condition number associated with EM is approximately one, which is smaller than the condition number associated with gradient ascent. That is

\[
\kappa |E^T P(\Theta^{(k)}) H(\Theta^{(k)}) E| \approx 1 \tag{5.6}
\]
\[
\kappa |E^T P(\Theta^{(k)}) H(\Theta^{(k)}) E| < \kappa |E^T H(\Theta^{(k)}) E| \tag{5.7}
\]

Furthermore, we have also

\[
\lambda_M |E^T P(\Theta^{(k)}) H(\Theta^{(k)}) E| \approx 1 \tag{5.8}
\]
Figure 3: The largest eigenvalues of the matrices $H, E^T H E$, and $E^T P H E$ plotted as a function of the number of iterations. The plot in (a) is for the experiment in Figure 1; (b) is for the experiment reported in Figure 2.

Proof. The Hessian is

$$H = \begin{bmatrix} H_{11} & H_{12} & \cdots & H_{1K} \\ H_{21} & H_{22} & \cdots & H_{2K} \\ \vdots & \vdots & \ddots & \vdots \\ H_{K1} & H_{K2} & \cdots & H_{KK} \end{bmatrix} \quad (5.9)$$

where

$$H_{ij} = \frac{\partial^2 I}{\partial m_i \partial m_j^T} = -(\Sigma_j^{(k)})^{-1} \sum_{t=1}^{N} \delta_{ij} h_i^{(k)}(t)$$

$$+ (\Sigma_j^{(k)})^{-1} \sum_{t=1}^{N} \gamma_{ij} (x^{(t)} - m_i)(x^{(t)} - m_j)^T \right) (\Sigma_j^{(k)})^{-1} \quad (5.10)$$
with \( \gamma_k(x(t)) = [h_{ij} - h_{ij}^{(k)}(t)]h_{ij}^{(k)}(t) \). The projection matrix \( P \) is
\[
P^{(k)} = \text{diag}[p_{11}^{(k)}, \ldots, p_{kk}^{(k)}]
\]
where
\[
p_{ij}^{(k)} = \frac{\Sigma_i^{(k)}}{\sum_{t=1}^{N} h_{ij}^{(k)}(t)}
\]

Given that \( h_{ij}^{(k)}(t)[1 - h_{ij}^{(k)}(t)] \) is negligible for sufficiently large \( k \) [since \( h_{ij}^{(k)}(t) \) are approximately zero or one], the second term in equation 5.10 can be neglected, yielding \( H_{ij} \approx -(\Sigma_i^{(k)})^{-1} \sum_{t=1}^{N} h_{ij}^{(k)}(t) \) and \( H = \text{diag}[H_{11}, \ldots, H_{kk}] \). This implies that \( PH \approx -I \) and \( E^T PHE \approx -I \), thus \( \kappa[E^T PHE] \approx 1 \) and \( \lambda_M[E^T PHE] \approx 1 \), whereas usually \( \kappa[E^T HE] > 1 \).

This theorem, although restrictive in its assumptions, gives some indication as to why the projection matrix in the EM algorithm appears to
condition the Hessian, yielding improved convergence. In fact, we con-
jecture that equations 5.7 and 5.8 can be extended to apply more widely,
in particular to the case of the full EM update in which the mixing pro-
portions and covariances are estimated, and also, within limits, to cases
in which the means are not well separated. To obtain an initial indication
as to possible conditions that can be usefully imposed on the separation
of the mixture components, we have studied the case in which the second
term in equation 5.10 is neglected only for $H_{ii}$ and is retained for the $H_{ij}$
components, where $j \neq i$. Consider, for example, the case of a univariate
mixture having two mixture components. For fixed mixing proportions
and fixed covariances, the Hessian matrix (equation 5.9) becomes

$$H = \begin{bmatrix} h_{11} & h_{12} \\ h_{21} & h_{22} \end{bmatrix}$$

and the projection matrix (equation 5.10) becomes

$$P = \begin{bmatrix} -h_{11}^{-1} & 0 \\ 0 & -h_{22}^{-1} \end{bmatrix}$$

where

$$h_{ii} = -\frac{1}{\sigma_i^2} \sum_{k=1}^{N} h_i^{(k)}(t), \quad i = 1, 2$$

and

$$h_{ij} = \frac{1}{\sigma_i^2 \sigma_j^2} \sum_{k=1}^{N} [1 - h_i^{(k)}(t)] h_j^{(k)}(t)(x^{(t)} - m_j)(x^{(t)} - m_i), \quad i \neq j = 1, 2$$

If $H$ is negative definite (i.e., $h_{11}h_{22} - h_{12}h_{21} < 0$), then we can show that
the conclusions of equation 5.7 remain true, even for gaussians that are
not necessarily well separated. The proof is achieved via the following
lemma:

**Lemma 1.** Consider the positive definite matrix

$$\Sigma = \begin{bmatrix} \sigma_{11} & \sigma_{12} \\ \sigma_{21} & \sigma_{22} \end{bmatrix}$$

For the diagonal matrix $B = \text{diag}[\sigma_{11}^{-1}, \sigma_{22}^{-1}]$, we have $\kappa[B\Sigma] < \kappa[\Sigma]$.

**Proof.** The eigenvalues of $\Sigma$ are the roots of $(\sigma_{11} - \lambda)(\sigma_{22} - \lambda) - \sigma_{21}\sigma_{12} = 0$, which gives

$$\lambda_M = \frac{\sigma_{11} + \sigma_{22} + \gamma}{2}$$

$$\lambda_m = \frac{\sigma_{11} + \sigma_{22} - \gamma}{2}$$

$$\gamma = \sqrt{(\sigma_{11} + \sigma_{22})^2 - 4(\sigma_{11}\sigma_{22} - \sigma_{21}\sigma_{12})}$$
and
\[ \kappa[\Sigma] = \frac{\sigma_{11} + \sigma_{22} + \gamma}{\sigma_{11} + \sigma_{22} - \gamma} \]

The condition number \( \kappa[\Sigma] \) can be written as \( \kappa[\Sigma] = (1 + s)/(1 - s) \equiv f(s) \), where \( s \) is defined as follows:
\[ s = \sqrt{1 - \frac{4(\sigma_{11}\sigma_{22} - \sigma_{21}\sigma_{12})}{(\sigma_{11} + \sigma_{22})^2}} \]

Furthermore, the eigenvalues of \( B\Sigma \) are the roots of \((1 - \lambda)(1 - \lambda) - (\sigma_{21}\sigma_{12})/(\sigma_{11}\sigma_{22}) = 0 \), which gives \( \lambda_M = 1 + \sqrt{(\sigma_{21}\sigma_{12})/(\sigma_{11}\sigma_{22})} \) and \( \lambda_m = 1 - \sqrt{(\sigma_{21}\sigma_{12})/(\sigma_{11}\sigma_{22})} \). Thus, defining \( r = \sqrt{(\sigma_{21}\sigma_{12})/(\sigma_{11}\sigma_{22})} \), we have \( \kappa[B\Sigma] = (1 + r)/(1 - r) = f(r) \).

We now examine the quotient \( s/r \):
\[ \frac{s}{r} = \frac{1}{r} \sqrt{1 - \frac{4(1 - r^2)}{(\sigma_{11} + \sigma_{22})^2/(\sigma_{11}\sigma_{22})}} \]

Given that \((\sigma_{11} + \sigma_{22})^2/(\sigma_{11}\sigma_{22}) \geq 4 \), we have \( s/r > 1/r\sqrt{1 - (1 - r^2)} = 1 \). That is, \( s > r \). Since \( f(x) = (1 + x)/(1 - x) \) is a monotonically increasing function for \( x > 1 \), we have \( f(s) > f(r) \). Therefore, \( \kappa[B\Sigma] < \kappa[\Sigma] \). \( \square \)

We think that it should be possible to generalize this lemma beyond the univariate, two-component case, thereby weakening the conditions on separability in Theorem 2 in a more general setting.

6 Conclusions

In this paper we have provided a comparative analysis of algorithms for the learning of Gaussian mixtures. We have focused on the EM algorithm and have forged a link between EM and gradient methods via the projection matrix \( P \). We have also analyzed the convergence of EM in terms of properties of the matrix \( P \) and the effect that \( P \) has on the likelihood surface.

EM has a number of properties that make it a particularly attractive algorithm for mixture models. It enjoys automatic satisfaction of probabilistic constraints, monotonic convergence without the need to set a learning rate, and low computational overhead. Although EM has the reputation of being a slow algorithm, we feel that in the mixture setting the slowness of EM has been overstated. Although EM can indeed converge slowly for problems in which the mixture components are not well separated, the Hessian is poorly conditioned for such problems and thus other gradient-based algorithms (including Newton’s method) are also likely to perform poorly. Moreover, if one’s concern is convergence in likelihood, then EM generally performs well even for these ill-conditioned problems. Indeed the algorithm provides a certain amount
of safety in such cases, despite the poor conditioning. It is also important to emphasize that the case of poorly separated mixture components can be viewed as a problem in model selection (too many mixture components are being included in the model), and should be handled by regularization techniques.

The fact that EM is a first-order algorithm certainly implies that EM is no panacea, but does not imply that EM has no advantages over gradient ascent or superlinear methods. First, it is important to appreciate that convergence rate results are generally obtained for unconstrained optimization, and are not necessarily indicative of performance on constrained optimization problems. Also, as we have demonstrated, there are conditions under which the condition number of the effective Hessian of the EM algorithm tends toward one, showing that EM can approximate a superlinear method. Finally, in cases of a poorly conditioned Hessian, superlinear convergence is not necessarily a virtue. In such cases many optimization schemes, including EM, essentially revert to gradient ascent.

We feel that EM will continue to play an important role in the development of learning systems that emphasize the predictive aspect of data modeling. EM has indeed played a critical role in the development of hidden Markov models (HMMs), an important example of predictive data modeling. EM generally converges rapidly in this setting. Similarly, in the case of hierarchal mixtures of experts the empirical results on convergence in likelihood have been quite promising (Jordan and Jacobs 1994; Waterhouse and Robinson 1994). Finally, EM can play an important conceptual role as an organizing principle in the design of learning algorithms. Its role in this case is to focus attention on the “missing variables” in the problem. This clarifies the structure of the algorithm and invites comparisons with statistical physics, where missing variables often provide a powerful analytic tool (Yuille et al. 1994).

Appendix: Proof of Theorem 1

1. We begin by considering the EM update for the mixing proportions $\alpha$. From equations 2.1 and 2.2, we have

$$\frac{\partial l}{\partial A}_{A=A^{(i)}} = \sum_{i=1}^{N} \left[ P(x^{(i)}, \theta_{1}^{(k)})\ldots, P(x^{(i)}, \theta_{K}^{(k)}) \right]^T$$

$$\sum_{i=1}^{K} \alpha_i^{(k)} P(x^{(i)}, \theta_i^{(k)})$$

---

4In most applications of HMMs, the “parameter estimation” process is employed solely to yield models with high likelihood; the parameters are not generally endowed with a particular meaning.
Premultiplying by $P_A^{(k)}$, we obtain

$$
P_A^{(k)} \frac{\partial \mathcal{L}}{\partial \mathcal{A}}_{\mathcal{A}=\mathcal{A}^{(k)}} = \frac{1}{N} \sum_{t=1}^{N} \left\{ \left( \alpha_1^{(k)} P(x_t^{(t)}, \theta_1^{(k)}) \ldots \alpha_K^{(k)} P(x_t^{(t)}, \theta_K^{(k)}) \right)^T - \mathcal{A}^{(k)} \sum_{i=1}^{K} \alpha_i^{(k)} P(x_t^{(t)}, \theta_i^{(k)}) \right\} - \mathcal{A}^{(k)}$$

$$= \frac{1}{N} \sum_{t=1}^{N} \left[ h_1^{(k)}(t), \ldots, h_K^{(k)}(t) \right]^T - \mathcal{A}^{(k)}$$

The update formula for $\mathcal{A}$ in equation 2.3 can be rewritten as

$$\mathcal{A}^{(k+1)} = \mathcal{A}^{(k)} + \frac{1}{N} \sum_{t=1}^{N} \left[ h_1^{(k)}(t), \ldots, h_K^{(k)}(t) \right]^T - \mathcal{A}^{(k)}$$

Combining the last two equations establishes the update rule for $\mathcal{A}$ (equation 2.4). Furthermore, for an arbitrary vector $u$, we have $Nu^T P_A^{(k)} u = u^T \text{diag}[\alpha_1^{(k)}, \ldots, \alpha_K^{(k)}] u - (u^T \mathcal{A}^{(k)})^2$. By Jensen's inequality we have

$$u^T \text{diag}[\alpha_1^{(k)}, \ldots, \alpha_K^{(k)}] u = \sum_{j=1}^{K} \alpha_j^{(k)} u_j^2 > \left( \sum_{j=1}^{K} \alpha_j^{(k)} u_j \right)^2 = (u^T \mathcal{A}^{(k)})^2$$

Thus, $u^T P_A^{(k)} u > 0$ and $P_A^{(k)}$ is positive definite given the constraints $\sum_{j=1}^{K} \alpha_j^{(k)} = 1$ and $\alpha_j^{(k)} \geq 0$ for all $j$.

2. We now consider the EM update for the means $m_j$. It follows from equations 2.1 and 2.2 that

$$\frac{\partial \mathcal{L}}{\partial m_j}_{m_j=m_j^{(k)}} = \sum_{t=1}^{N} h_j^{(k)}(t)(\sum_{j=1}^{K})^{-1}[x(t) - m_j^{(k)}]$$

Premultiplying by $P_{m_j}^{(k)}$ yields

$$P_{m_j}^{(k)} \frac{\partial \mathcal{L}}{\partial m_j}_{m_j=m_j^{(k)}} = \frac{1}{\sum_{t=1}^{N} h_j^{(k)}(t)} \sum_{t=1}^{N} h_j^{(k)}(t)x(t) - m_j^{(k)}$$

$$= m_j^{(k+1)} - m_j^{(k)}$$

From equation 2.3, we have $\sum_{t=1}^{N} h_j^{(k)}(t) > 0$; moreover, $\sum_{j=1}^{K} (h_j^{(k)}(t))$ is positive definite with probability one assuming that $N$ is large enough such that
the matrix is of full rank. Thus, it follows from equation 3.5 that $P^{(k)}_{m_j}$ is positive definite with probability one.

3. Finally, we prove the third part of the theorem. It follows from equations 2.1 and 2.2 that

$$\frac{\partial l}{\partial \Sigma_j} \bigg|_{\Sigma_j = \Sigma^{(k)}_j} = -\frac{1}{2} \sum_{i=1}^{N} h_i^{(k)}(t)(\Sigma^{(k)}_j)^{-1} \{ \Sigma^{(k)}_j - [x^{(t)} - m^{(k)}_j][x^{(t)} - m^{(k)}_j]^T \} (\Sigma^{(k)}_j)^{-1}$$

With this in mind, we rewrite the EM update formula for $\Sigma^{(k)}_j$ as

$$\Sigma^{(k+1)}_j = \Sigma^{(k)}_j + \frac{1}{\sum_{i=1}^{N} h_i^{(k)}(t)} \sum_{i=1}^{N} h_i^{(k)}(t)[x^{(t)} - m^{(k)}_j][x^{(t)} - m^{(k)}_j]^T - \Sigma^{(k)}_j$$

where

$$V_{\Sigma_j} = -\frac{1}{2} \sum_{i=1}^{N} h_i^{(k)}(t)(\Sigma^{(k)}_j)^{-1} \{ \Sigma^{(k)}_j - [x^{(t)} - m^{(k)}_j][x^{(t)} - m^{(k)}_j]^T \} (\Sigma^{(k)}_j)^{-1}$$

That is, we have

$$\Sigma^{(k+1)}_j = \Sigma^{(k)}_j + \frac{2\Sigma^{(k)}_j}{\sum_{i=1}^{N} h_i^{(k)}(t)} \frac{\partial l}{\partial \Sigma_j} \bigg|_{\Sigma_j = \Sigma^{(k)}_j}$$

Utilizing the identity $\text{vec}[ABC] = (C^T \otimes A)\text{vec}[B]$, we obtain

$$\text{vec}[\Sigma^{(k+1)}_j] = \text{vec}[\Sigma^{(k)}_j] + \frac{2}{\sum_{i=1}^{N} h_i^{(k)}(t)} (\Sigma^{(k)}_j \otimes \Sigma^{(k)}_j) \frac{\partial l}{\partial \Sigma_j} \bigg|_{\Sigma_j = \Sigma^{(k)}_j}$$

Thus $P^{(k)}_{\Sigma_j} = \frac{2}{\sum_{i=1}^{N} h_i^{(k)}(t)} (\Sigma^{(k)}_j \otimes \Sigma^{(k)}_j)$. Moreover, for an arbitrary matrix $U$, we have

$$\text{vec}[U]^T (\Sigma^{(k)}_j \otimes \Sigma^{(k)}_j) \text{vec}[U] = \text{tr}(\Sigma^{(k)}_j U \Sigma^{(k)}_j U^T)$$

$$= \text{tr}[(\Sigma^{(k)}_j U)(\Sigma^{(k)}_j U)^T]$$

$$= \text{vec}[\Sigma^{(k)}_j U]^T \text{vec}[\Sigma^{(k)}_j U] \geq 0$$

where equality holds only when $\Sigma^{(k)}_j U = 0$ for all $U$. Equality is impossible, however, since $\Sigma^{(k)}_j$ is positive definite with probability one when $N$ is sufficiently large. Thus it follows from equation 3.6 and $\sum_{i=1}^{N} h_i^{(k)}(t) > 0$ that $P^{(k)}_{\Sigma_j}$ is positive definite with probability one.
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