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Treatment of COVID-19 with remdesivir in the absence of humoral immunity: a case report

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The response to the coronavirus disease 2019 (COVID-19) pandemic has been hampered by lack of an effective severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) antiviral therapy. Here we report the use of remdesivir in a patient with COVID-19 and the prototypic genetic antibody deficiency X-linked agammaglobulinaemia (XLA). Despite evidence of complement activation and a robust T cell response, the patient developed persistent SARS-CoV-2 pneumonitis, without progressing to multi-organ involvement. This unusual clinical course is consistent with a contribution of antibodies to both viral clearance and progression to severe disease. In the absence of these confounders, we take an experimental medicine approach to examine the in vivo utility of remdesivir. Over two independent courses of treatment, we observe a temporally correlated clinical and virological response, leading to clinical resolution and viral clearance, with no evidence of acquired drug resistance. We therefore provide evidence for the antiviral efficacy of remdesivir in vivo, and its potential benefit in selected patients.

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The prodrug nucleoside analog remdesivir is a broad-spectrum antagonist of viral RNA-dependent RNA polymerase (RdRp) enzymes, leading to inhibition of SARS-CoV-2 replication in vitro1-3, and pre-clinical benefit in a macaque model of COVID-19.4 Two recent RCTs have tested the efficacy of remdesivir in patients. The first was underpowered, and failed to show clinical benefit.5 Preliminary data from the second showed a statistically significant reduction in illness duration, and a trend to reduced mortality.6 No convincing evidence of virological efficacy was reported in either study.

Although RCTs provide the gold-standard for evaluation of the efficacy of new therapeutic interventions, comparing the average responses of patients in heterogeneous treatment and control groups may mask the potential benefits for individual patients. Evaluation of therapeutics for COVID-19 is particularly complicated by the highly variable clinical course. Furthermore, as well as mediating clearance of SARS-CoV-2, the immune response may also contribute to severe COVID-19 pathology, independent of viral replication.

It is therefore unclear whether the limited response to remdesivir observed in RCTs reflects inadequate in vivo antiviral activity, or the need for concurrent immunomodulation. To minimize heterogeneity attributable to the immune response, we therefore take a reductionist, experimental medicine approach to evaluate the efficacy of remdesivir for treatment of COVID-19 in vivo, by studying a rare patient in whom the contribution of humoral (antibody-dependent) immunity to viral clearance and immunopathology is controlled genetically by the primary immunodeficiency XLA.

Results
Uncomplicated persistent COVID-19 pneumonitis in a patient with XLA. XLA is caused by mutations in the gene encoding Bruton’s tyrosine kinase (BTK), leading to an absence of mature B lymphocytes and immunoglobulins (antibodies). The subject of this study is a 31-year-old man with XLA, whose past medical history is summarized in the Methods. His illness began with fever, cough, nausea, and vomiting. On day 19, a nasopharyngeal/throat swab was positive for SARS-CoV-2 RNA, and he commenced treatment with hydroxychloroquine and azithromycin (Supplementary Fig. 1). His symptoms persisted, and a repeat nasopharyngeal/throat swab on day 28 remained positive for SARS-CoV-2 RNA.

The patient was admitted to hospital on day 30 because of worsening dyspnea, and supplemental oxygen was commenced (Fig. 1a). Blood tests showed a rising CRP and mild lymphopenia, elevated IL-6, IL-10, TNF-α, and IFN-γ, but normal D-Dimer and troponin, with no evidence of significant coagulopathy, renal or liver dysfunction (Fig. 1 and Tables 1–4). Blood and sputum cultures for bacteria remained negative throughout the course of the illness, procalcitonin was repeatedly normal, and two trials of broad-spectrum intravenous antibiotics had no improved effect (Supplementary Fig. 1). A sputum sample remained positive for SARS-CoV-2 RNA, and a CT chest scan showed widespread patchy ground-glass opacity in the lower lobes, consistent with COVID-19 pneumonitis (Fig. 1b).

Immunocompetent adults with severe COVID-19 typically exhibit a monophasic acute illness, with hospital admission and progressive respiratory failure 7–10 days after symptom onset4,8. In contrast, our patient exhibited a very unusual pattern of SARS-CoV-2 infection, with persistent fever and lymphopenia for >30 days, but without progression to acute respiratory distress syndrome (ARDS) or multi-organ involvement. This relatively stable baseline allowed the detailed assessment of clinical, virological and immune responses during two independent challenges with remdesivir.

Clinical response to remdesivir. On day 34, hydroxychloroquine and azithromycin were discontinued, and the patient commenced a 10 day course of remdesivir. His fever and dyspnea improved within 36 hours of the first dose, nausea and vomiting ceased, and rising oxygen saturation allowed discontinuation of supplemental oxygen. This dramatic clinical response was accompanied by a progressive decrease in CRP, a rise in total lymphocyte count, and an improvement in ground-glass opacification on repeat CT chest (Fig. 1a, b). The patient was therefore discharged on day 43.

Seven days after discharge, his fever, dyspnea, and nausea returned. He was readmitted to hospital on day 54, and supplemental oxygen was commenced. A further sputum sample was positive for SARS-CoV-2 RNA, and a CT pulmonary angiogram showed evidence of ongoing pneumonitis (Fig. 1a, b). Consistent with a recrudescence of COVID-19, the patient’s CRP increased, and his lymphocyte count fell. On day 61, he therefore began treatment with a further 10 day course of remdesivir. Once again, his symptoms rapidly improved, his fever and requirement for supplemental oxygen resolved, and his CRP and lymphocyte count normalized (Fig. 1a).

The patient therefore exhibited a marked clinical response, tightly correlated with the administration of remdesivir, over two independent challenges. Because of his underlying immunodeficiency, protracted illness, and relapse after the first course of remdesivir, he was further treated with two units of convalescent plasma on days 69 and 70, to provide secondary prophylaxis against SARS-CoV-2 infection (Fig. 1a). He was discharged 3 days later, and has remained apyreal and asymptomatic over a further 28 days of follow-up.

Virological response to remdesivir. SARS-CoV-2 RNA was identified on nasopharyngeal/throat swabs early in the patient’s illness, but became undetectable on these samples from day 36 (Fig. 1a). Because of his underlying bronchiectasis, the patient habitually expectorates small volumes of sputum. SARS-CoV-2 RNA was readily detectable in these samples until day 64, 4 days into his second remdesivir course, allowing non-invasive monitoring of his lower respiratory tract. Samples from blood, urine, feces, and a rectal swab were all negative.

Strikingly, levels of SARS-CoV-2 RNA in sputum fell progressively during the patient’s first course of remdesivir, corresponding with his clinical response (Fig. 1a). Nonetheless, SARS-CoV-2 RNA remained detectable at low levels. Upon cessation of remdesivir treatment, levels of SARS-CoV-2 RNA increased again in parallel with the recrudescence of symptoms. The effect of the second course of remdesivir was even more rapid and complete, with SARS-CoV-2 RNA becoming undetectable after 4 days (Fig. 1a). The patient therefore exhibited a dramatic virological response, tightly correlated with both the administration of remdesivir and resolution of his symptoms.

To confirm that the recurrent detection of SARS-CoV-2 RNA reflected viral persistence, rather than reinfection, isolates were sequenced regularly over the course of the patient’s illness (Fig. 1a and Supplementary Fig. 2 and Table 5). All isolates belonged to the B2.6 lineage, a very uncommon lineage globally with only 47 isolates recorded to date. SARS-CoV-2 RNA was readily detectable in these samples until day 64, 4 days into his second remdesivir course, allowing non-invasive monitoring of his lower respiratory tract. Samples from blood, urine, feces, and a rectal swab were all negative.

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Contribution of antibodies to clearance of SARS-CoV-2. XLA is the prototypic genetic disorder of the humoral immune system, and the most obvious explanation for our patient’s failure to clear his infection spontaneously is his lack of antibodies to SARS-CoV-2. Patients with XLA are known to be at risk from persistent RNA viral infections, particularly chronic enteroviral meningoencephalitis9. This risk is mitigated by immunoglobulin replacement therapy, including antibodies to enteroviruses. Conversely, available pooled immunoglobulin preparations antedate the COVID-19 pandemic, and lack specific SARS-CoV-2 antibodies. We therefore assessed the humoral immune response to SARS-CoV-2 in our patient. As expected, despite maintenance of regular immunoglobulin replacement, antibodies to SARS-CoV-2 spike and nucleocapsid proteins were undetectable by immunoassay.
prior to treatment with convalescent plasma (Fig. 2a, b), and no neutralization activity was observed against lentiviral particles pseudotyped with SARS-CoV-2 spike protein (Fig. 2c). Following administration of convalescent plasma, antibody levels and neutralisation activity rose commensurately (Fig. 2a–c).

CD8+ T-cell response to SARS-CoV-2. Together with CD8+ T cells, antibodies are known to contribute to the control of other RNA viruses, including HIV1, Hepatitis C12, and LCMV infection of mice. Some recent reports of patients with XLA and COVID-19 described persistent clinical disease. This suggests that unlike the LCMV model, CD8+ T-cell immunity can sometimes compensate for humoral deficiency in the control SARS-CoV-2. We therefore assessed the antigen-specific CD8+ T-cell response to SARS-CoV-2 in our patient.

Immunodominant CD8+ T-cell epitopes of SARS-CoV-2 and other coronaviruses are contained within the spike protein. We first measured the quality of the CD8+ T-cell response by flow cytometry for antigen-stimulated effector protein expression (Fig. 3a). The frequency of spike-specific CD8+ T cells within the circulation was comparable to age-matched healthcare workers with acute COVID-19, trending upwards over the course of infection. Increasing polyfunctional effector capacity was evident from day 62 (Fig. 3b), particularly the appearance of TNF-α and IFN-γ producing CD8+ T cells (Supplementary Fig. 3).

We further assessed the coverage of the patient’s antigen-specific response by measuring CD8+ T-cell proliferation to peptide pools covering the S1, S2, M, N, ORF3, ORF6, ORF8, and ORF7 SARS-CoV-2 proteins, following viral clearance. At days 77 and 83, the patient had striking responses to all viral peptides.
relative to age-matched COVID-19 infected HCWs (Fig. 3c, d), likely reflecting the prolonged duration of antigen exposure. Taken together, these data confirm the presence of a robust CD8+ T-cell response to SARS-CoV-2. Although insufficient to resolve the infection spontaneously, this likely contributed to the clearance of virus during the second course of remdesivir.

Role of antibodies in immunopathogenesis of COVID-19. As well as their role in the antiviral response, antibodies have the potential to cause immune pathology. In a retrospective study of patients with SARS-CoV, the development of neutralizing antibodies early in infection correlated with worse disease outcome, and high antibody titers are associated with severe disease in COVID-19. Our patient’s lack of SARS-CoV-2 antibodies may therefore explain why, despite his persistent infection, he did not progress to ARDS or multi-organ involvement.

Antigen–antibody complexes are able to activate the classical complement pathway, with release of the anaphylatoxins C3a and C5a and formation of the multi-subunit terminal complement complex (TCC). C3-deficiency reduces lung pathology in a mouse model of SARS-CoV, complement activation is a feature of

### Table 3 Results from the clinical immunology laboratory, collated from readings at the indicated stages of the patient’s illness.

|                      | Days after inpatient admission | Pre-remdesivir: day 30–31 | Post first course remdesivir: day 45–51 | Second course remdesivir: day 60 | Post second course remdesivir: day 67 |
|----------------------|-------------------------------|----------------------------|----------------------------------------|-------------------------------|---------------------------------------|
| IgG (g/litre)        |                               | 9.6 (6.34–18.11)           | 13.8 (6.34–18.11)                       | 16.5 (6.34–18.11)             |
| IgA (g/litre)        |                               | <0.3 (0.8–2.8)             | <0.05 (0.8–2.8)                         | <0.05 (0.8–2.8)             |
| IgM (g/litre)        |                               | <0.2 (0.5–1.9)             | <0.05 (0.5–1.9)                         | <0.05 (0.5–1.9)             |
| Complement C3 (g/litre) |                             | 2.26 (0.75–1.65)           | 0.66 (0.14–0.54)                       |                              |
| Complement C4 (g/litre) |                             | 129 (66–129)               | >911 (392–1019)                        |                              |
| Alternative pathway AP100 (%) |                       | 15.65 (0–5)               | 7.91 (0.75–1.65)                       |                              |
| Classical pathway CH100 (U/ml) |                   | 0.76 (0–3.1)               | 2.91 (0–1)                             |                              |
| TNF Alpha (pg/ml)    |                               | 19.19 (< 10)               | 31.8 (0–2)                             |                              |
| IL-1 beta (pg/ml)    |                               | 0.76 (0–3.1)               | 2.91 (0–1)                             |                              |
| IL-10 (pg/ml)        |                               | 19.19 (< 10)               | 31.8 (0–2)                             |                              |
| IFN- gamma (pg/ml)   |                               | >129 (66–129)              | >911 (392–1019)                        |                              |
| IL-6 (pg/ml)         |                               | >129 (66–129)              | >911 (392–1019)                        |                              |
| CD3+ T cells %       |                               | 91                         | 93                                     |                              |
| CD4+ T cells %       |                               | 2.1 (0.7–2.1)              | 1.61 (0.7–2.1)                         |                              |
| CD8+ T cells %       |                               | 62                         | 58                                     |                              |
| CD8+ T cells %       |                               | 62                         | 58                                     |                              |
| CD19+ B cells %      |                               | 29                         | 34                                     |                              |
| CD56+ NK cells %     |                               | 0                          | 0                                      |                              |
| Total (×10⁹ /litre)  |                               | 1.21 (0.7–2.1)             | 1.61 (0.7–2.1)                         |                              |
| Total (×10⁹ /litre)  |                               | 1.21 (0.7–2.1)             | 1.61 (0.7–2.1)                         |                              |
| Total (×10⁹ /litre)  |                               | 1.21 (0.7–2.1)             | 1.61 (0.7–2.1)                         |                              |
| Total (×10⁹ /litre)  |                               | 1.21 (0.7–2.1)             | 1.61 (0.7–2.1)                         |                              |

Abnormal results are shown in bold. Numbers in parentheses indicate reference values of the corresponding measurements.

### Table 4 Results from the clinical microbiology laboratory, collated from readings at the indicated stages of the patient’s illness.

|                          | Days after inpatient admission | Pre-remdesivir: day 30–31 | Post first course remdesivir: day 45–51 | Second course remdesivir: day 60 | Post second course remdesivir: day 67 |
|--------------------------|--------------------------------|----------------------------|----------------------------------------|-------------------------------|---------------------------------------|
| Procalcitonin (ng/ml)    | 0.15 (0–0.5)                   | 0.06 (0–0.5)               |                                        |                                |
| HIV RNA                  | Not detected                   |                            |                                        |                                |
| Adenovirus DNA           | Not detected                   |                            |                                        |                                |
| Human metapneumovirus RNA| Not detected                   |                            |                                        |                                |
| Influenza A generic      | Not detected                   |                            |                                        |                                |
| Influenza B RNA          | Not detected                   |                            |                                        |                                |
| Parainfluenza virus RNA  | Not detected                   |                            |                                        |                                |
| RSV RNA                  | Not detected                   |                            |                                        |                                |
| Picornavirus RNA         | Not detected                   |                            |                                        |                                |

Numbers in parentheses indicate reference values of the corresponding measurements.
COVID-19 \cite{26}, and deposition of TCC is observed in the microvasculature of patients with severe disease \cite{27}.

We therefore assessed the level of complement activation in our patient. Despite the lack of disease progression, levels of C3a, C5a, and TCC were markedly elevated, comparable to levels seen in COVID-19 patients admitted to the intensive care unit (Fig. 4a–d). Although complement activation correlates with and may be required for the development of ARDS and/or multi-organ failure, complement activation alone is therefore insufficient for disease progression, and the classical pathway is not required for complement activation in COVID-19.

**Discussion**

Taken together, our observations confirm that remdesivir is a potent antiviral agent for treating SARS-CoV-2 infection in vivo. It is striking that previous reports from immunocompetent patients have generally not demonstrated the profound clinical and virological responses observed in this study. This is likely because, among the hospitalized patients included in RCTs \cite{5,6} or compassionate use programs \cite{28} to date, progression or resolution of disease has been determined not by the level of SARS-CoV-2 replication, but by the evolution of immune pathology. Although remdesivir was given chronologically late in our patient’s disease, he had not developed ARDS or multi-organ involvement. The utility of remdesivir in immunocompetent patients may therefore be maximized by early treatment in the most at risk, or by combination with targeted immunomodulatory therapies in the most sick.

Additional reports of patients with XLA and COVID-19 have described mild disease, of heterogeneous duration \cite{13,15–17,29,30}. Similar to recent cases in which convalescent plasma was used for treatment \cite{29,30}, the persistent disease observed here strongly suggests that antibodies contribute to the control of SARS-CoV-2, at least in some patients. Alongside the failure of specific antibody production, BTK is also expressed in other immune cells \cite{31,32}, and monocyte targeting by BTK inhibition can ameliorate COVID-19 \cite{33}. Nonetheless, monocyte dysfunction in patients with XLA is corrected by adequate replacement immunoglobulin \cite{34}, and this treatment effectively mitigates the immunodeficiency seen in routine clinical practice.

The lack of disease progression observed in this patient suggests that antibodies may also contribute to immune pathology in COVID-19, and administration of convalescent plasma has the potential to trigger an inflammatory response \cite{30}. Aside from

| Virus name          | COG-UK ID      | GISAID accession   | ENA accession  | ENA hyperlink  |
|---------------------|----------------|-------------------|----------------|---------------|
| hCoV-19/England/CAMB-7FE20/2020 | CAMB-7FE20 | EPI_ISL_444421 | SAMEA6958574 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA6958574 |
| hCoV-19/England/CAMB-82C3F /2020 | CAMB-82C3F | EPI_ISL_438672 | SAMEA6957692 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA6957692 |
| hCoV-19/England/CAMB-1AC102/2020 | CAMB-1AC102 | EPI_ISL_444373 | SAMEA6960187 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA6960187 |
| hCoV-19/England/CAMB-1AD7F0/2020 | CAMB-1AD7F0 | EPI_ISL_448012 | SAMEA6961791 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA6961791 |
| hCoV-19/England/CAMB-1B2093/2020 | CAMB-1B2093 | EPI_ISL_453003 | SAMEA6964413 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA6964413 |
| hCoV-19/England/CAMB-1B2CF9/2020 | CAMB-1B2CF9 | EPI_ISL_456720 | SAMEA6965179 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA6965179 |
| hCoV-19/England/CAMB-1AC366/2020 | CAMB-1AC366 | EPI_ISL_584283 | SAMEA7459180 | https://www.ebi.ac.uk/ena/browser/view/?query=SAMEA7459180 |

These data are available from https://www.cogconsortium.uk/data/.

Table 5 Viral sequence accession numbers that were compared to the reference GenBank accession MN908947.3.
Fig. 3 Kinetic assessment of the antigen-specific CD8+ T-cell responses. 

a) % CD8+ T cells expressing activation markers after incubation ± a peptide pool covering the SARS-CoV-2 S1 protein. Patient samples obtained at indicated time points are compared with HCWs with PCR-confirmed COVID-19 at presentation (n = 5 biologically independent subjects). 

b) Number of activation markers expressed by S1-responsive CD8+ T cells from a. Representative flow cytometry dot plots c and % proliferating CD8+ T cells d after stimulation ± peptide pools covering the indicated SARS-CoV-2 proteins. Patient samples are compared with HCWs (n = 2 biologically independent subjects) with PCR-confirmed COVID-19 at indicated time points. Data from one independent experiment.
activating complement, antibodies may interact with Fc receptors on immune cells to drive macrophage activation and inflammatory cytokine production. Strategies that target these interactions include plasmapheresis, or blockade of Fc receptors by saturating doses of intravenous immunoglobulin. The potential for both beneficial and deleterious effects of SARS-CoV-2 antibodies revealed by our study suggests that these interventions, like the administration of convalescent plasma, should be tailored to individuals or subgroups of patients with distinct clinical characteristics.

Methods

Oversight. The study was approved by the East of England—Cambridge South national institutional ethics review board (17/EE/0025). The patient provided written informed consent. Additional healthy controls, patients and healthcare workers with COVID-19 provided written informed consent and were enrolled to the NHRI BioResource Centre Cambridge (17/EE/0025) and the Oxford Gastrointestinal Illness Biobank (16/YH/0247).

Patient characteristics. The subject of this study is a 31-year old man, born in the UK to parents of Pakistani origin, and diagnosed with XLA at the age of 12. He has a family history of XLA affecting his brother, four maternal uncles and a male maternal cousin. Following investigation for recurrent chest infections, he was found to lack mature B cells and circulating immunoglobulins, and confirmed to have inherited the familial c. 1430delT mutation in the gene encoding BTK (Fig. 4). His maternal cousin. Following investigation for recurrent chest infections, he was found to lack mature B cells and circulating immunoglobulins, and confirmed to have inherited the familial c. 1430delT mutation in the gene encoding BTK (Fig. 4). His maternal cousin. Following investigation for recurrent chest infections, he was found to lack mature B cells and circulating immunoglobulins, and confirmed to have inherited the familial c. 1430delT mutation in the gene encoding BTK (Fig. 4).

Remdesivir treatment. The first course of remdesivir was administered as part of a Gilead SIMPLE study (NCT04292899), the second course was provided as part of the Gilead Expanded Access Program (NCT04323761). In each case, the patient received an initial dose of 200 mg IV, followed by nine daily doses of 100 mg IV (10 days total).

Convalescent plasma. Convalescent plasma was collected from individuals with previous, laboratory-confirmed SARS-CoV-2 infection at least 28 days after resolution of symptoms using established infrastructure and standard UK donor selection guidelines, as previously described. Signed consent was obtained from each donor at the time of donation using NHS Blood and Transplant-approved consent forms, in accordance with Blood Safety and Quality Regulations enforced by the Medicines & Healthcare products Regulatory Agency. In brief, a total of at least 540 ml of plasma (containing 1×10^6 leukocytes per component) was collected via plasmapheresis from each donor, divided into two units, rapidly frozen and stored at −25 °C. Donor blood samples were tested for SARS-CoV-2 RNA (Public Health England) and antibodies (EUROIMMUN (IgG) assay, PerkinElmer, London, UK). A signal to cutoff (S/CO) ratio of 9.1 in the EUROIMMUN assay was previously shown to identify donations with a neutralizing antibody titre of ≥1:100 in a SARS-CoV-2 (isolate England/2020) microneutralisation assay with a specificity of 100%. Both donations used in this study were collected in May 2020 and confirmed to be negative for SARS-CoV-2 RNA.EUROIMMUN S/CO ratios were 37.171 (first unit, 290 ml, administered on day 69) and 7.271 (second unit, 283 ml, administered on day 70), respectively. For the second unit (lower S/CO ratio), the neutralizing antibody titre was confirmed to be ≥1:100 using the SARS-CoV-2 microneutralisation assay. Plasma was defrosted using a 37°C waterbath, and transfused within 4 hours of defrosting.

Patient sampling. Upper respiratory tract samples (nasopharyngeal/throat swabs) were collected in viral transport medium according to Public Health England (PHE) guidelines. Lower respiratory samples (sputum) were collected in universal containers and extracted following mucolysis with Mucoylse PL701 sputum liquefying agent (Pro-Lab Diagnostics, To Minh, Vietnam); this was done for patients with acute exacerbation of cystic fibrosis (CF) or radiograph changes suggestive of SARS-CoV-2 infection who were asymptomatic or not receiving treatment for CF. Positive control material, BetaCoV/England/02/2020, was obtained from PHE Colindale (essentially, purified viral RNA diluted to give a cycle-threshold (CT) value of 26–28).

SARS-CoV-2 molecular testing. Sample testing was carried out using an in-house real time uniplex RT-PCR diagnostic assay for the detection of SARS-CoV-2 in the PHE Clinical Microbiology and Public Health Laboratory at Addenbrooke’s Hospital, Cambridge. This assay targets a 222 base-pair region of the SARS-CoV-2 nsp12 gene (encoding RdRp), and has been validated for clinical use. In brief, nucleic acid extraction was undertaken using the NucliSens easyMAG platform (Biomerieux, Marcy l’Etoile), in accordance with the manufacturer’s instructions. Nucleic acids were extracted from 500 μl sample, with a dilution of MS2 bacteriophage (4600pfu per extraction) added pre-extraction to act as an internal extraction and inhibition control. Molecular grade water was used as a negative control. Positive control material, BetaCoV/England/02/2020, was obtained from PHE Colindale (essentially, purified viral RNA diluted to give a cycle-threshold (CT) value of 26–28).

The RdRp gene was detected using primers ATGGTTGTGGGATTATCC TAAATGTGGA and AGACGTTTGCGATCTCCGTGATG with a FAM-labeled MGB Rdrp probe (ATGCAGATGATTAGTGCCGTAC). The internal extraction control was detected using the MS2 forward primer 5′GCCACTACCCCTCCTCC GTATTCCAG, the MS2 reverse primer RTGGCCGGGCACCCCGATGAC and a ROX-BHQ2 labeled MS2 probe CACATCGATAGTCAAGTGCCACAGC. Amplification reactions and detection of PCR products were performed using the RotorgeneTM PCR instrument. A typical reaction contained 400 nM of forward and reverse primers for the RdRp gene and 200 nM of the MS2 internal control forward and reverse primer pair, along with 120 nM of the RdRp and MS2 probes. The cycle conditions were as follows: 25 °C 2 mins, 50 °C 15 mins, 95 °C 2 mins followed by 45 cycles of 95 °C and 60 °C. Samples that generated a CT value ≤36, defined as 0.01 fluorescence units as per the RotorgeneTM manufacturer’s instructions, were considered positive (roughly equivalent to eight genome copies, the lower limit of detection for the assay). Where indicated, additional samples were tested in the clinical laboratory at the Royal London Hospital, London.
Viral sequencing and bioinformatics. Samples were analyzed by Nanopore sequencing as part of the COG-UK sequencing project, following the ARTICnetwork v1.3.2 protocol (https://vcf.nceh.gov/10.17504/protocols.io.hbmkn6kw), and assembled using the ARTICNetwork assembly pipeline (https://artic.network/ncov-2019-ncov2019-bioinformatics-sop.html). The accession numbers of the sequences included in this study are available in Table S. Median genome depth of coverage was 1346x. Consensus FASTA sequences were analyzed after QC filtering, de-duplication and matching with metadata. Variants were initially assessed using the ARTICNetwork assembly pipeline VCF output files, with a SNP being called when >50.1% of all reads at their corresponding locations (minimum depth 20×) were plotted as a ARTICnetwork assembly pipeline VCF output was 1346×. Consensus FASTA sequences were analyzed after QC

Intracellular cytokine staining. Cryopreserved PBMCs were rapidly thawed, washed in R10 media (RPMI-1640+10% FBS+1% Pen/Strep), and 106 cells added to wells of a 96-well U-bottom plate. Cells were stimulated with 2mL overlying S1 or M peptide pools, or left unstimulated, for 2 h at 37 °C, 5% CO2. Anti-CD107a/ BV-785 (1:100 dilution, clone H4A3), anti-CD28 (clone CD28.2, 1 µg/ml) to all wells at the time of peptide addition. After 2 h, brefeldin A (5 µg/ml) and monensin (2 µM) were added, and cells were incubated at 37 °C, 5% CO2 for an additional 16 h. After stimulation, cells were washed twice with fluorescence-activated cell sorting (FACS) buffer (PBS+1 mM EDTA+0.05% BSA). Surface staining was performed at 4 °C for 30 mins. Cells were then washed twice in FACS buffer, and fixed and permeabilized at 4 °C for 30 mins using BD Cytofix/Cytoperm solution. Cells were then washed twice with 1X BD Perm/Wash buffer, and stained for intracellular markers at 4 °C for 30 mins. Two further washes with 1X BD Perm/Wash buffer were performed and cells were stored in FACS buffer at 4 °C. Samples were acquired on a custom Cytex Aurora spectral analyzer for four laser excitation - violet, blue, and red; using SpectroFlo v2.2. Data were analyzed using Flowjo v. 10.6.2 and Prism v. 8.3.0.

T-cell proliferation assay. Freshly isolated PBMCs were labeled using CellTrace Violet (Invitrogen) and stimulated with peptide pools spanning the entire S, M, N, and ORFs 3, 6, 7, and 8 SARS-CoV-2 proteins at 1 µg/ml of each overlapping peptide. Stimulation was done in Roswell Park Memorial Institute (RPMI) media (Sigma) supplemented with 10% AB serum (Sigma), 1% Pen/strep and 1% glutamine for 7 days at 37 °C. 0.1% DMSO, representative of DMSO content in fresh media. On day 7, cells were washed using FACS wash buffer (Biolegend) and stained with APC-Cy7 (BD) or PE-Cy7 (Biolegend). Beads were incubated for 30 mins with a PE-labeled anti CD27 clone R1-2, 1 µg/ml to all wells at the time of peptide addition. After 2 h, brefeldin A (5 µg/ml) and monensin (2 µM) were added, and cells were incubated at 37 °C, 5% CO2 for an additional 16 hr. After stimulation, cells were washed twice with fluorescence-activated cell sorting (FACS) buffer (PBS+1 mM EDTA+0.05% BSA). Surface staining was performed at 4 °C for 30 mins. Cells were then washed twice in FACS buffer, and fixed and permeabilized at 4 °C for 30 mins using BD Cytofix/Cytoperm solution. Cells were then washed twice with 1X BD Perm/Wash buffer, and stained for intracellular markers at 4 °C for 30 mins. Two further washes with 1X BD Perm/Wash buffer were performed and cells were stored in FACS buffer at 4 °C. Samples were acquired on a custom Cytex Aurora spectral analyzer for four laser excitation - violet, blue, and red; using SpectroFlo v2.2. Data were analyzed using Flowjo v10.6.2.

Serological assessment. Serological reactivity to SARS-CoV-2 spike and nucleocapsid proteins: recombinant SARS-CoV-2 nucleocapsid and spike proteins were covalently coupled to dextran-coupled carboxylated bead sets (Luminex; Netherlands) to form a multiplex assay. For protein coupling, beads were first activated with 1-ethyl-3-[3-dimethylaminopropyl]carbodiimide hydrochloride (Thermo Fisher Scientific) in the presence of N-hydroxysuccinimide (Thermo Fisher Scientific), according to the manufacturer's instructions, to form amine-reactive intermediates. The activated bead sets were incubated with the corresponding proteins at a concentration of 50 µg/ml in the reaction mixture for 3 h at room temperature on a rotator. Beads were washed and stored in a blocking buffer (10 mM PBS, 1% BSA, 0.05% NaN3). Coupled bead sets were incubated with patient or control sera at a dilution of 1:100 for 1 h in 96-well filter plates (MultiScreenHTS; Millipore) at room temperature in the dark on a horizontal shaker. Fluids were aspirated with a vacuum manifold and beads were washed three times with 10 mM PBS/0.05% Tween-20. Beads were incubated for 30 mins with a PE-labeled anti-human IgG-Fc antibody (Leinco/Biotrend), washed as described above, and resuspended in 100 µl PBS/Tween-20. They were then analyzed on a Luminex analyzer (Luminex; RD Systems) using Exponent Software V31. Specific binding was reported as mean fluorescence intensities. Stored sera collected in the diagnostic immunology laboratory prior to November 2019 were used as healthy controls. Sera collected from patients with PCR-confirmed COVID-19 were used as positive controls.

Neutralisation activity. Cell lines: HEK293T (Lehner laboratory stocks) and HEK293T + ACE2 cells were cultured in Isco's Modified Dulbecco's Media (Sigma) supplemented with 10% Glutamax®, 100µM/ml Pen/strep, and 100 µg/ml streptomycin (all Thermo Fisher), at 37 °C in 5% CO2. HEK293T cells constitutively expressing angiotensin-converting enzyme 2 (ACE2) (HEK293T + ACE2 cells) were generated by transduction of wildtype HEK293T cells with a pHR5N-ACE2-hygro® lentivirus and selected 48 h post transduction using 100 µg/ml hygromycin B (Sigma). All cells were confirmed to be mycoplasma negative (MycAlert, Lonza).

Plasmids: plasmid pCG1-SARS-CoV-2 A19 expressing humanized SARS-CoV-2 Δ19 spike was created by amplification of truncated spike from pCG1-SARS-2-S (a kind gift from M. Hoffmann, Infection Biology Unit, Leibniz Institute for Primate Research, Göttingen, Germany) using Phusion polymerase (NEB) and primer pair CoV2P02For (ttgtatcggatccaccatgttcgtgtttctggtgctgctg) and CoV2P02For19drev (atccgcatagtaagccagctacagctacagctacag) The amplified product, lacking the C-terminal 19 amino acids, was digested and re-cloned into the pCG1 vector using BamHI and XbaI. pHR5N-ACE2-hygro® was produced by cloning into KpnI-Xhol-digested pHR5N-pSFFV MCS(+)-pGK-Hygro using NEBuilder HiFi DNA assembly (NEB) of the ACE2 gene amplified from HepG2 mRNA, using Phusion polymerase (NEB) and primer pair ACE2-cDNA_Fwd (gcgccccgggatcaatcaatcaatcaatcataagctcgtc) and ACE2_cDNA_Rev (ctatagcgttgctctacagctacagatgctctgtcgttc) following reverse transcription using Superscript III (Thermo Fisher) and oligo (dT)16 (Promega). pHR5N-firefly luc-Puro® was produced by ligation of the BamHI-NotI digested firefly luciferase cDNA into BamHI-NotI-digested pHR5N-pSFFV-EmGFp PGK Puro.

The activated bead sets were incubated with the corresponding proteins at a concentration of 50 µg/ml in the reaction mixture for 3 h at room temperature on a rotator. Beads were washed and stored in a blocking buffer (10 mM PBS, 1% BSA, 0.05% NaN3). Coupled bead sets were incubated with patient or control sera at a dilution of 1:100 for 1 h in 96-well filter plates (MultiScreenHTS; Millipore) at room temperature in the dark on a horizontal shaker. Fluids were aspirated with a vacuum manifold and beads were washed three times with 10 mM PBS/0.05% Tween-20. Beads were incubated for 30 mins with a PE-labeled anti-human IgG-Fc antibody (Leinco/Biotrend), washed as described above, and resuspended in 100 µl PBS/Tween-20. They were then analyzed on a Luminex analyzer (Luminex; RD Systems) using Exponent Software V31. Specific binding was reported as mean fluorescence intensities. Stored sera collected in the diagnostic immunology laboratory prior to November 2019 were used as healthy controls. Sera collected from patients with PCR-confirmed COVID-19 were used as positive controls.

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M.S.B, J.B.G, C.N.F., J.P., and J.E.D.T. provided clinical care and monitoring during remdesivir treatment. M.S.B, J.B.G, C.N.F., A.S., J.P., S.K.A, S.G, D.V., M.H.T, I.C.D., L.D., I.B.W., P.N., N.S., P.J.L., N.J.M., and J.E.D.T. provided clinical care, clinical data collection and clinical data analysis. L.M., A.Y., J.S., J.E.D.T., W.L.H., N.I., and I.G.C. conducted viral sequencing and analysis. N.M.P., S.B., A.O., W.M.Z., T.M., L.B., L.T., F.M., E.J.M.T, C.P.H., H.D.A., Y.A.V., L. C.G., S.E.L., J.R.B., K.G.C.S., R.D., B.P.M., P.A.L., P.K.C., J.B.G., N.J.M. and J.E.D.T. conducted and carried out and supervised the laboratory immunological assessment. W.H.O., L.E., H.H., D.J.R., and N.J.M. provided convalescent plasma. M.S.B., P.J.L., N.J.M., and J.E.D.T. wrote the paper with input from all other authors. All authors contributed to the analysis of the presented results.

Competing interests
E.J.M.T. is an employee of Hyycal Biotechnology Ltd. All other authors declare no competing interests.

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