RETURN TIME STATISTICS OF INVARIANT MEASURES FOR INTERVAL MAPS WITH POSITIVE LYAPUNOV EXPONENT

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Abstract. We prove that multimodal maps with an absolutely continuous invariant measure have exponential return time statistics around almost every point. We also show a ‘polynomial Gibbs property’ for these systems, and that the convergence to the entropy in the Ornstein-Weiss formula has normal fluctuations. These results are also proved for equilibrium states of some Hölder potentials.

1. Introduction

Return time statistics refers to the distribution of return times to (usually small) sets $U$ in the phase space of a measure preserving dynamical system. There have been various approaches to estimate these distributions in the literature. The earlier methods pertain to hyperbolic dynamical systems (such as Markov chains [P1], and Anosov diffeomorphisms [H]) as these benefit most directly from the techniques of i.i.d. stochastic processes, the area in which return time statistics was studied first. Further results for interval maps have been obtained in e.g. [CG, CGS]. Gradually methods were developed to treat non-uniformly hyperbolic systems, and in [BSTV] it was pointed out that the return time statistics of a dynamical system coincides with the return time statistics of a (first return) induced map. If this first return map itself is hyperbolic, then the above theory can be applied immediately, but the existence of a hyperbolic first return map is a serious restriction on general dynamical systems, especially when (recurrent) critical points are present.

In [BV] this problem was overcome in the context of unimodal interval maps satisfying a summability condition on the derivatives along the critical orbit. Instead of a first return map, a hyperbolic inducing scheme was used, where the inducing time is a suitable, rather than a first, return to a specific subset $Y$ of the interval. The method was to use the so-called ‘Hofbauer tower’ see [K2, Br], on which the inducing scheme corresponds to a first return map to a suitable subset $\hat{Y}$ of the Hofbauer tower.

The properties of the density of the absolutely continuous invariant measure (acip), which are well understood for a map satisfying a summability condition on the derivatives along the critical orbit, were used extensively in [BV]. However, as can

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be seen in [BRSS], acips are known to exist even when such summability conditions do not hold, and even when the map is multimodal. In this paper we show that such properties on the density are not required. This allows us to significantly improve on the class of maps and measures we can deal with. Here:

- \( f \) can be any non-flat \( C^3 \) multimodal map,
- \( \mu \) can be an arbitrary invariant probability measure with positive Lyapunov exponent: \( \lambda(\mu) := \int \log |Df| \, d\mu > 0 \).

In these cases, exponential return time statistics to balls is obtained for any acip, as well as for equilibrium states of a natural class of potentials, \( x \mapsto -\delta \log |Df(x)| \) for \( \delta \) close to 1. In addition, we obtain a ‘polynomial Gibbs property’ and fluctuation results in the Ornstein-Weiss formula, for both acips and equilibrium states of certain Hölder potentials, provided a very weak growth condition of derivatives along critical orbits is satisfied.

Let us start by introducing the concept of return time statistics in more detail. Let \( (I,f,\mu) \) be a measure preserving ergodic dynamical system. For a measurable set \( U_z \subset I \) containing some \( z \in I \), let \( \mu_{U_z} = \frac{1}{\mu(U_z)} \mu|_{U_z} \) be the conditional measure on \( U_z \) and \( r_{U_z}(x) \) be the first return time of a point \( x \in U_z \) to \( U_z \). Whenever \( z \) is not a periodic point, the return time \( r_{U_z}(x) \to \infty \) as \( \mu(U_z) \to 0 \), but Kac’s Lemma states that \( \int_{U_z} r_{U_z}(x) \, d\mu_{U_z} = 1 \). Therefore, when \( r_{U_z} \) is scaled by \( \mu(U_z) \), we can hope for a well-defined distribution \( G : [0, \infty) \to \mathbb{R} \) such that, for \( t \in [0, \infty) \)

\[
\mu_{U_z}(x \in U_z : r_{U_z}(x)\mu(U_z) > t) \to G(t)
\]

as \( \mu(U_z) \to 0 \). We refer to this as the return time statistics of \( (f,\mu) \). For many mixing systems it is known that the return time statistics are exponential, i.e., \( G(t) = e^{-t} \), see e.g. [A, C] for various results on some well behaved systems. This is what we find for systems considered in the latter sections of this paper. For multiple return time statistics of these cases we expect to find Poissonian laws, see [HSV].

The natural choice for the sets \( U_z \) are balls or cylinder sets, but results on balls are in general harder to prove because of the lack of (Hölder) regularity of indicator functions \( \chi_{U_n} \). Also the Gibbs property only gives information on cylinder sets. Therefore, in dimension greater than 1, most results known pertain to cylinder sets, and not (yet) to balls. See [Sau] for more information on this issue.

However, the literature contains examples of behaviour far from exponential in different settings. For example Coelho and de Faria [CF] find examples of continuous and discontinuous distributions other than exponential, for circle diffeomorphisms, see [DM] for further results in this direction. Moreover, if we do not assume that the sequence of shrinking sets \( U_n \) are balls/cylinders then any continuous distribution can be obtained, see Lacroix [La]. In fact, Lacroix also shows that any possible return statistics can be achieved for cylinders for well-chosen Toeplitz flows. Thus it is important to emphasise that in this paper we will focus on return time statistics to balls for non-uniformly expanding interval maps.

We next explain the result of [BSTV] which allows us go from return time statistics of a first return map to the return time statistics of the original system. Consider an open set \( Y \subset X \) and let \( R_Y : Y \to Y \) be the first return map. As above,
we denote the conditional measure on \( Y \) by \( \mu_Y \), which must be \( R_Y \)-invariant and ergodic. For \( z \in Y \) and \( \alpha > 0 \), let \( U_\alpha = U_\alpha(z) \) be the \( \alpha \)-ball around \( z \). Let \( r_{U_\alpha}(x) \) (resp. \( r_{R_Y, U_\alpha}(x) \)) be the first return time into \( U_\alpha \) for \( f \) (resp. \( R_Y \)). We suppose that \( (Y, R_Y, \mu_Y) \) has return time statistics \( G(t) \), i.e., for \( \mu_Y \)-a.e. \( z \in Y \), there exists \( \varepsilon_z(n) \geq 0 \) with \( \varepsilon_z(n) \to 0 \) as \( \alpha \to 0 \) such that
\[
sup_{t \geq 0} \left| \mu_{U_\alpha} \left( x \in U_\alpha : r_{R_Y, U_\alpha}(x) > \frac{t}{\mu(U_\alpha)} \right) - G(t) \right| < \varepsilon_z(n). \tag{1}
\]

The key result of \[\text{BSTV}\] is that \( (Y, \mu_Y) \) enjoys the same distribution as \( (I, f, \mu) \):

**Theorem 1.** Suppose that the function \( G \) in \( (1) \) is continuous on \([0, \infty)\). Then for \( \mu \)-a.e. \( z \in Y \), there exists \( \delta_z(\alpha) > 0 \) with \( \delta_z(\alpha) \to 0 \) as \( \alpha \to 0 \) such that:
\[
\left| \mu_{U_\alpha} \left( x \in U_\alpha : r_{U_\alpha}(x) > \frac{t}{\mu(U_\alpha)} \right) - G(t) \right| < \delta_z(\alpha).
\]

Note that the theorem can also be applied to cylinders rather than balls.

This theorem requires a first return map, rather than an arbitrary induced map, and we will use the Hofbauer tower to bridge that gap. The requirement that \( \mu \) has a positive Lyapunov exponent is needed to ‘lift’ \( \mu \) to this Hofbauer tower. 

Liftability is an abstract convergence property (in the vague topology) of Cesàro means of a measure \( \mu \) imposed on the Hofbauer tower. It was introduced by Keller \[\text{K2}\]. He showed in the context of one-dimensional maps, that \( \mu \) having positive entropy (\( h_\mu > 0 \)) or positive Lyapunov exponent both imply liftability. (In fact, for non-atomic measures, \( \lambda(\mu) > 0 \) is equivalent to liftability, see \[\text{BK}1\].)

Let us now explain which type of induced systems we will consider. We fix \( \delta > 0 \) and some interval \( Y \). We say that the interval \( Y' \) is a \( \delta \)-scaled neighbourhood of \( Y \) if, denoting the left and right components of \( Y' \setminus Y \) by \( L \) and \( R \) respectively, we have \( |L|, |R| = \delta |Y| \). Next define an inducing scheme \( (Y, F) \) as follows. Let \( Y' \) be a \( \delta \)-scaled neighbourhood of \( Y \) and define \( \tau_{Y', \delta}(y) \) to be
\[
\min \left\{ i \geq 1 : f^i(y) \in Y \text{ and } \exists H \ni y \text{ with } f^i|_H : H \to Y' \text{ homeomorphic} \right\}.
\]
We call this the **first \( \delta \)-extendible return time to \( Y \)**. For \( y \in Y \) we let \( F(y) := f^{\tau_{Y', \delta}(y)}(y) \). Given a point \( z \in I \) we will take a sequence of nested intervals \( \{J_n\}_n \) such that \( \bigcap_n J_n = \{z\} \), we will denote
\[
F_n = f^{\tau_{J_n}} : J_n \to J_n \tag{2}
\]
to be the first \( \delta \)-extendible return map to \( J_n \), with first \( \delta \)-extendible return time \( \tau_{J_n} = \tau_{J_n, \delta} \). We explain in Section \[\text{2}\] how the intervals \( J_n \) are chosen. Associated to an \( f \)-invariant measure of positive Lyapunov exponent, there is an \( F_n \)-invariant measure \( \mu_{F_n} \) for each there \( n \) such that
\[
\mu(A) = \frac{1}{\int_{\tau_{J_n}} d\mu_{F_n}} \sum_{i=1}^{i-1} \mu_{F_n} \left( f^{-k}(A) \cap \{ \tau_{J_n} = i \} \right),
\]
see \( (7) \).

We denote the, finite, set of critical points by \( \text{Crit} \). We say that \( c \in \text{Crit} \) is **non-flat** if there exists a diffeomorphism \( g_c : \mathbb{R} \to \mathbb{R} \) with \( g_c(0) = 0 \) and \( 1 < \ell_c < \infty \) such
that for \( x \) close to \( c \), \( f(x) = f(c) \pm \varphi_c(x - c)^{\ell_c} \). The value of \( \ell_c \) is known as the critical order of \( c \). We write \( \ell_{\text{max}} := \max_{c \in \text{Crit}} \ell_c \). Let

\[
NF^k := \left\{ f : I \to I : f \text{ is } C^k, \text{ each } c \in \text{Crit is non-flat and } \inf_{f^n(p) = p} |Df^n(p)| > 1 \right\}.
\]

Maps in \( NF^2 \) have no wandering intervals, see [MS], and therefore \( \sup_n |Z_n(x)| \to 0 \) as \( n \to \infty \). By [SV], if \( f \in NF^3 \) we can use the Koebe Lemma (see [MS]) to say that the first \( \delta \)-extendible return map \( F \) has bounded distortion. For some of the results below we need an expansion condition on critical orbits. Therefore we can use results from [BRSS] (namely Main Theorem' and Theorem 1 respectively) which state that a map \( f \in NF^3 \) with \( \min_{c \in \text{Crit}} \liminf_n |Df(f(c))| \geq L \) has an acip, and also satisfies a backward contraction property called \( BC(2) \). The number \( L \) depends only on the cardinality of the critical set and the maximal critical order \( \ell_{\text{max}} \) of \( f \). With this in mind we define

\[
NF^k_+ := \left\{ f \in NF^k : \min_{c \in \text{Crit}} \liminf_n |Df(f(c))| \geq L(\#\text{Crit}(f), \ell_{\text{max}}(f)) \right\}.
\]

Any map in this class cannot be infinitely renormalisable.

The following is our first main theorem. This theorem also holds for return time statistics to cylinders.

**Theorem 2.** Let \( f \in NF^3 \) and \((I, f, \mu)\) be liftable. Suppose that for \( \mu \)-a.e. \( z \in I \) there exists \( \delta > 0 \) and a nested sequence of intervals \( \{J_n\}_n \) such that \( \cap_n J_n = \{z\} \) and for all \( n \), the system \((J_n, F_n, \mu_{F_n})\) from [2] has return time statistics given by a continuous function \( G : [0, \infty) \to [0, 1] \). Then \((I, f, \mu)\) also has return time statistics given by \( G \).

We will apply this theorem to a class of equilibrium states, which includes acips. We say that \( \mu \) is an equilibrium state of the potential \( \varphi : I \to \mathbb{R} \) if its free energy \( h_\mu + \int \varphi d\mu \) is equal to the pressure

\[
P(\varphi) := \sup_{\nu \in \mathcal{M}_{\text{erg}}} \left\{ h_\nu + \int \varphi \, d\nu : \int \varphi \, d\mu < \infty \right\},
\]

where \( \mathcal{M}_{\text{erg}} \) denotes the set of all ergodic invariant probability measures. We say that \( m_\varphi \) is a conformal measure for \( \varphi \) if for all Borel sets \( A \subset I \) with \( f : A \to f(A) \) bijective,

\[
m_\varphi(f(A)) = \int_A e^{-\varphi} \, dm_\varphi.
\]

We use the abbreviation \( m_\delta \) for the conformal measure for the potential \( \varphi_\delta : x \mapsto -\delta \log |Df(x)| \). For our first application of Theorem 2 we will be interested in potentials of the form \( \varphi_\delta : x \mapsto -\delta \log |Df(x)| \). For the specific choice \( \varphi_1 = -\log |Df| \), any equilibrium state must be an acip, see [LZ] [Ru].

**Theorem 3.** Suppose that \( f \in NF^3 \) and assume that the equilibrium state \( \mu_\delta \) and conformal measure \( m_\delta \) exist for \( \delta \in [0, 1] \), and \( \mu_\delta \ll m_\delta \). Then \((I, f, \mu_\delta)\) has exponential return time statistics (i.e., \( G(t) = e^{-t} \)) to balls around \( \mu_\delta \)-a.e. point.

Note that in the case \( \delta = 1 \), the conformal measure is Lebesgue and so all that is required is the existence of an acip. The proof of Theorem 3 implies the following
corollary, which specifies cases where the equilibrium state and (for the induced system) the conformal measures are known to exist. For the existence results in parts (2) and (3), see [BT1].

**Corollary 4.** Suppose that $f \in \mathcal{N}_{f}^{3}$.

1. On each transitive component of $(I, f)$, there is an acip $\mu_1$, and the system $(I, f, \mu_1)$ has exponential return time statistics.
2. Suppose that for some $\delta_0 \in (0, 1)$, $C > 0$ and $\beta > \ell_{\max} (1 + \frac{1}{\infty}) - 1$,
   \[ |Df^n(f(c))| \geq C n^\beta \quad \text{for all } c \in \text{Crit and } n \geq 1. \]
   Then there exists $\delta_1 \in (\delta_0, 1)$ such that for all $\delta \in (\delta_0, 1)$, on each transitive component of $(I, f)$ there exists a unique equilibrium state $\mu_{\delta}$ for the potential $\varphi_{\delta}$, and $(I, f, \mu_{\delta})$ has exponential return time statistics.
3. Suppose that there exist $C, \alpha > 0$ such that
   \[ |Df^n(f(c))| \geq C e^{\alpha n} \quad \text{for all } c \in \text{Crit and } n \in \mathbb{N}. \]
   Then there exist $\delta_1 < 1 < \delta_2$ such that on each transitive component of $(I, f)$, there is a unique equilibrium state $\mu_{\delta}$ for the potential $\varphi_{\delta}$, and $(I, f, \mu_{\delta})$ has exponential return time statistics.

We also consider the class of potentials
\[ \mathcal{H} := \{ \varphi : I \to \mathbb{R} : \varphi \text{ is Hölder and } \sup \varphi - \inf \varphi < h_{\text{top}} \}, \]
where $h_{\text{top}}$ is the topological entropy of $f$. Keller proved in [K1] that if $f$ is piecewise monotone (i.e., $f$ has finitely many continuous monotone branches, but discontinuities between branches are allowed) and $\varphi \in \mathcal{H}$, then on each transitive component of $(I, f)$ there is a unique equilibrium state $\mu$ for $(I, f, \varphi)$. See also [BT2] where a similar result was proved, with weaker conditions on $\varphi$, but stronger conditions on $f$. The following proposition gives the return time statistics to balls for these measures. For a similar result, but for cylinders, see Paccaut [Pa].

**Proposition 5.** Suppose that $f$ is piecewise monotone, and $\varphi \in \mathcal{H}$ is a potential. Then for every equilibrium state $\mu$ for this potential, $(I, f, \mu)$ has exponential return time statistics to balls around $\mu$-a.e. point.

In the setting of the above proposition, Keller proved exponential decay of correlations for the original system $(I, f, \mu)$ for a class of observables which includes characteristic functions on balls. Therefore, in contrast to our results for acips, using the ideas of [BSTV] we can prove this result directly, with no inducing.

Our next result concerns a weak version of the Gibbs property. Let $\mathcal{P}_1$ be the partition of $I$ into maximal (closed) intervals such that $f : Z \to f(Z)$ is a homeomorphism for each $Z \in \mathcal{P}_1$. Refine the partition $\mathcal{P}_n = \bigvee_{i=0}^{n-1} f^{-i} \mathcal{P}_1$ and by convention let $\mathcal{P}_0 = \{ I \}$. We refer to the elements of $\mathcal{P}_n$ as cylinder sets, and we write $Z_n[x]$ to indicate the cylinder set in $\mathcal{P}_n$ containing $x$. If $x \in \partial Z_n$ then $Z_n[x]$ is not unique, but this applies only to countably many points.

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1In [PS], the existence of an equilibrium state $\mu_{\delta}$ was shown for all $\delta \in (-\varepsilon, 1 + \varepsilon)$ for a class of logistic maps near the Chebyshev polynomial $f(x) = 4x(1 - x)$, where $\varepsilon > 0$. 
Let $S_n \varphi(x) := \sum_{k=0}^{n-1} \varphi \circ f^k(x)$ be the $n$-th ergodic sum along the orbit of $x$. We say that $\mu$ satisfies the polynomial Gibbs property with exponent $\kappa$ if for $\mu$-a.e. $x$, there is $n_0 = n_0(x)$ such that
\[
\frac{1}{n^\kappa} \leq \frac{\mu(Z_n[x])}{e^{S_n \varphi(x) - nP(\varphi)}} \leq n^\kappa,
\] (3)
for all $n \geq n_0$. If $\mu$ is an acip, and hence an equilibrium state for the potential $\varphi = -\log |Df|$, then the pressure $P(\varphi) = 0$ and the quantity to estimate in $[3]$ simplifies to $\mu(Z_n[x]) |Df^n(x)|$. Formula $[3]$ was used in $[BV]$ and can be compared with the ‘weak Gibbs property’ given by Yuri $[Yu]$, for which the Gibbs constants depend only on $n$, and the ‘non-lacunary measures’ of $[OV]$ where the constants depend on $x$ and $n$, but can grow at any subexponential rate.

**Theorem 6.** For any $f \in NF_+^3$, the following hold:

(a) For each transitive component of $(I, f)$, there is a unique acip $\mu$ and $\mu$ is polynomially Gibbs. More precisely, if $\gamma > 4\ell_{\text{max}}^2$ and $\gamma' > 2$, then for $\mu$-a.e. $x$ there exists $n_0$ such that for $n \geq n_0$,
\[
\frac{1}{n^{2\gamma}} \leq \frac{|f^n(Z_n[x])|}{n^\gamma} \leq \mu(Z_n[x]) |Df^n(x)| \leq n^{\gamma'}.
\]

(b) For any potential $\varphi \in \mathcal{H}$, for each transitive component of $(I, f)$ there exists a unique equilibrium state $\mu$, which is polynomially Gibbs.

Note that in part (b) we ask for stronger conditions on $f$ than we did in Proposition $[5]$. Under these conditions, we proved in $[BT2]$ that $\mu$ is compatible to an inducing scheme with ‘exponential tails’, which allows us to prove the above result. The precise exponent $\kappa$ of the polynomial Gibbs property in condition (b) is given in the proof of Proposition $[12]$. This depends on the rate of decay of the tails for $\mu$.

The final results of this paper concern the normal fluctuation in the Ornstein-Weiss formula of return times. The Ornstein-Weiss formula says in this context that the first return time to $Z_n[x] \in \mathcal{P}_n$ satisfies
\[
\lim_{n \to \infty} \frac{1}{n} \log \tau_{Z_n[x]}(x) = h_\mu \text{ for } \mu\text{-a.e. } x.
\] (4)
If $\mu$ is an invariant probability measure, then the variance $\sigma^2_\mu$ of the process $\{\varphi \circ f^n\}_{n \geq 0}$ is defined by
\[
\sigma^2_\mu = \sigma_\mu(\varphi)^2 := \int \varphi^2 \, d\mu - \left( \int \varphi \, d\mu \right)^2 + 2 \sum_{n=1}^{\infty} \left[ \int \varphi \circ f^n \cdot \varphi \, d\mu - \left( \int \varphi \, d\mu \right)^2 \right],
\]
where in case of the acip, $\varphi := -\log |Df|$. We have $\sigma_\mu > 0$, except when $\varphi$ is a coboundary, i.e., $\varphi = \psi \circ f - \psi$ for some measurable function $\psi$. Potentials are unlikely to have zero variance. For example for $\varphi = -\log |Df|$ and $f(x) = ax(1-x)$, the only parameter for which $\varphi$ is a coboundary is believed to be $a = 4$, cf. Corollary $3$ in $[BHN]$. This is a special case of the broader notion of Livšic regularity.

**Theorem 7.** Let $f \in NF_+^3$ and assume that one of the following conditions holds.

(a) For some $\beta > 4\ell_{\text{max}} - 3$,
\[
|Df^n(f(c))| \geq Cn^\beta \quad \text{for all } c \in \text{Crit} \text{ and } n \geq 1,
\] (5)
and $\mu$ is the acip.

(b) The potential $\varphi \in \mathcal{H}$ and $\mu$ is the equilibrium state for $\varphi$.

If $\sigma^2_\mu > 0$, then

$$\mu \left( x \in X : \frac{\log r_{Z_n(x)}(x) - nh_\mu}{\sigma_\mu \sqrt{n}} > u \right) \to 1 \sqrt{\frac{2}{2\pi}} \int_u^{\infty} e^{-\frac{x^2}{2}} dx.$$  

For condition (b), see Paccaut [Pa], where a similar result is proved for another class of equilibrium states.

This paper is organised as follows. In Section 2 we give the basic definitions for interval maps, and we discuss the Hofbauer tower and its lifting properties. Theorem 1 is proved in Section 3. In Section 4 we focus on the exponential return time statistics of acips and equilibrium states of potentials in $\mathcal{H}$. Next, in Section 5 we present our results on the polynomial Gibbs property. The fluctuation results for the Ornstein-Weiss formula (Theorem 7) is given in Section 6.

Throughout calculations, $C$ will be a constant depending only on the map $f$.

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2. Lifting Measures to the Hofbauer Tower

The Hofbauer tower (or canonical Markov extension) is defined as the quotient space

$$\hat{I} := \left( \bigsqcup_{n \geq 0} \bigsqcup_{Z_n \in \mathcal{P}_n} f^n(Z_n) \right) / \sim$$

where $f^n(Z_n) \sim f^k(Z_k)$ if $f^n(Z_n) = f^k(Z_k)$. We denote the domains of $\hat{I}$ by $D = D(Z_n)$ and the collection of all such domains by $\mathcal{D}$. Points in $\hat{I}$ are written as $\hat{x} = (x, D)$, where $D = D_\hat{x}$ is element of $\mathcal{D}$ containing $\hat{x}$.

We write $D \to D'$ for $D, D' \in \mathcal{D}$ if there exist $Z_n \in \mathcal{P}_n$ and $Z_{n+1} \in \mathcal{P}_{n+1}$ such that $Z_{n+1} \subset Z_n$, $D = D(Z_n)$ and $D' = D(Z_{n+1})$. This gives $\mathcal{D}$ a graph structure with domains $D$ as vertices. For each $D = D(Z_n) \in \mathcal{D}$ has at least one and at most $\# \mathcal{P}_1$ outgoing arrows. The map $\hat{f} : \hat{I} \to \hat{I}$ is defined as

$$\hat{f}(x, D) = (f(x), D'),$$

where $D' = f^{n+1}(Z_{n+1})$ for that particular element $Z_{n+1} \in \mathcal{P}_{n+1}$ such that $x \in f^n(Z_{n+1})$ and $D \to D'$. Again $\hat{f}(x, D)$ is uniquely defined for $x \notin f^n(\partial Z_{n+1})$; otherwise $\hat{f}$ is multivalued at $\hat{x} = (x, D)$. By definition we have the following property: The system $(\hat{I}, \hat{f})$ is a Markov map with Markov partition $\mathcal{D}$. The natural projection $\pi : \hat{I} \to I$ is the (countable to one) inclusion map from $\hat{I}$ to $I$, and

$$\pi \circ \hat{f} = f \circ \pi.$$
Let $i$ be the trivial bijection mapping (inclusion) $I$ to $\hat{I}_0$ (note that $i^{-1} = \pi |_{I_0}$) and let $\hat{\mu}_0 := \mu \circ i^{-1}$ and
\[
\hat{\mu}_n := \frac{1}{n} \sum_{k=0}^{n-1} \hat{\mu}_0 \circ \hat{f}^{-k}.
\] (6)

We wish to find some limit $\hat{\mu}$ of a subsequence of $\{\hat{\mu}_n\}_n$.

Note that, as $\hat{I}$ is generally noncompact, the sequence $\{\hat{\mu}_n\}$ may not have a convergent subsequence in the weak topology. Instead we use the vague topology (see e.g. [Bi]): Given a topological space, a sequence of measures $\sigma_n$ is said to converge to a measure $\sigma$ in the vague topology if for any function $\varphi \in C_0(\hat{I})$ (where $C_0(\hat{I})$ is the set of continuous functions with compact support in $\hat{I}$), we have $\lim_{n \to \infty} \sigma_n(\varphi) = \sigma(\varphi)$.

A measure $\mu$ on $I$ is liftable if a vague limit $\hat{\mu}$ obtained in (6) is not identically 0.

We define the Lyapunov exponent of $\mu$ to be $\int \log |Df| \, d\mu$. In the following theorem we provide assumptions which ensure $\hat{\mu} \not\equiv 0$.

**Theorem 8.** Any ergodic invariant measure with positive Lyapunov exponent for a $C^1$ interval map is liftable to a measure $\hat{\mu}$ where $\hat{\mu} \circ \pi^{-1} = \mu$.

**Proof.** For the proof of this see [K2], see also [BK]. $\square$

### 3. Return Statistics via the Hofbauer Tower

In [BSTV] it was shown that dynamical systems $(X, f, \mu)$ and first return maps $(Y, F, \mu_Y)$ to fixed subsets $Y \subset X$ have the same return time statistics. If $(Y, F)$ is hyperbolic, then it is commonly expected (and in many cases proved) that return time statistics will be exponential for balls, or at least for cylinder sets. However, typically no hyperbolic return maps can be found on sets with $\mu(Y) > 0$. The idea from [BV], which we will extend here, is that there frequently are sets $Y$ with induced (rather than first return) maps $F$ such that $Y$ can be lifted to a set $\hat{Y} \subset \pi^{-1}(Y)$ in the Hofbauer tower such that $F$ lifts to a first return map on $\hat{Y}$. As the set $Y$ decreases in size, $F$ will be closer to the true first return map, and hence we can approximate the return time statistics on the original system. That is, we prove Theorem 2.

We first explain the inducing schemes we consider. An inducing scheme $(Y, F, \tau)$ for $Y \subset I$ is a generalisation of a first return map. It consists of a collection $\{Y_i\}_i$ such that $F|_{Y_i} = f^{\tau_i}|_{Y_i} : Y_i \to Y$ is monotone onto for some $\tau_i \in \{1, 2, \ldots \}$. The function $\tau : \bigcup_i Y_i \to \mathbb{N}$ with $\tau(x) = \tau_i$ if $x \in Y_i$ is called the inducing time. It is well-known that if $\mu_F$ is an $F$-invariant measure, with
\[
\Lambda := \sum_i \tau_i \mu_F(Y_i) < \infty,
\]
then $\mu$ defined by
\[
\mu(A) = \frac{1}{\Lambda} \sum_i \sum_{k=0}^{\tau_i-1} \mu_F(f^{-k}(A) \cap Y_i)
\] (7)
is $f$-invariant.
We next explain the relation between a first extendible return map and a first return map on the Hofbauer tower. We fix $\delta > 0$ and let $z$ be a typical point of $\mu$. Let $J_n := Z_n(z)$ and $I_n$ be a $\delta$-neighbourhood of $J_n$. Let $U$ be any open interval such that $J_n \supset U \ni z$. Let $\hat{R}_U : \pi^{-1}(U) \to \pi^{-1}(U)$ be the first return map to $\pi^{-1}(U)$ by $\hat{f}$, and denote the return time function by $r_U$. Define $\hat{I}_n \subset \pi^{-1}(I_n)$ to be the maximal set such that $\hat{I}_n \cap D \neq \emptyset$ for $D \in \mathcal{D}$ implies that $\pi^{-1}(I_n) \cap D$ is compactly contained in $D$. Now let $\hat{J}_n := \pi^{-1}(J_n) \cap \hat{I}_n$ and denote the first return map by $\hat{f}$ to $\hat{J}_n$ by $\hat{r}_n$. Note that $\hat{r}_n$ is extendible to $\hat{I}_n$. Define $\tilde{F}_n(y) := \pi \circ \hat{r}_n \circ \pi|_{\hat{J}_n}^{-1}(y)$. [Br] implies that $\tilde{F}_n$ is well defined. As in the introduction, we consider $\tau_{J_n} = \tau_{J_n,\delta}$.

**Lemma 9.** For the first return time $r_{J_n}$ to $\hat{J}_n$ we have $\tau_{J_n} = \hat{r}_n \circ \pi|_{\hat{J}_n}^{-1}$.

This implies that $\tilde{F}_n$ is the same as $F_n$ defined by (2).

**Proof.** This was shown in [Br], Lemma 2.

We say that $r_U$ is $(n, \delta)$-extendible at $x$ if $r_U(x)$ can be extended homeomorphically locally around $x$ to $I_n$.

**Lemma 10.** For any $z$ as above we have

$$\lim_{n \to \infty} \sup_{x \in U \subset I_n} \mu_U(x) \to r_U(x) \text{ is not } (n, \delta)\text{-extendible at } x = 0,$$

where the supremum is taken over intervals $U$.

**Proof.** Let $\hat{U}_n := \pi^{-1}(U) \cap \hat{I}_n$. By Theorem [S] the construction of $\hat{R}_U$ and Lemma [S] we have

$$\mu(z \in U : r_U \text{ is not } (n, \delta)\text{-extendible}) = \hat{\mu} \left( \hat{R}_U^{-1}(\pi^{-1}(U) \cap \hat{U}_n) \right) = \hat{\mu}(\pi^{-1}(U) \setminus \hat{U}_n)$$

by the $\hat{R}_U$-invariance of $\hat{\mu}$. To prove our lemma we must estimate this quantity relative to $\mu(U)$.

Fix $0 < \varepsilon < 1$, and let $D \in \mathcal{D}$ be any domain in the Hofbauer tower. Let $\rho_D(z)$ be given by $\frac{d\rho_D}{d\mu}(z)$; obviously $\rho_D(z) = 0$ if $z \notin D$. Recalling from Theorem [S] that $\mu = \hat{\mu} \circ \pi^{-1}$, we have that $\sum_{D \in \mathcal{D}} \rho_D(z) = 1$ for $\mu$-a.e. $z$. Clearly, there exists some finite subcollection $\mathcal{D}'$ of $\mathcal{D}$ such that $\sum_{D \in \mathcal{D}'} \rho_D(z) \geq (1 - \varepsilon)$. For each $D$ we say that $(\ast)_D$ holds for $n$ if

1. $\pi^{-1}(I_n) \cap D \text{ compactly contained in } D$; and
2. for any $U \subset J_n$, $\frac{\hat{\mu}(\pi^{-1}(U) \cap D)}{\mu(U)} \geq (1 - \varepsilon)\rho_D(z)$.

The first condition trivially holds for any large $n$. We claim that the second condition holds for a.e. $z$, when $n$ is sufficiently large. To prove this claim, note that we have $0 \leq \rho_D \leq 1$. We divide $[0, 1]$ into pieces $\{\eta_i\}$ of size $\frac{1}{2}$. Choose $\beta_i := \rho_D^{-1}(\eta_i)$ so that $z$ is a density point of $\beta_i$. Note that for $y \in \beta_i$, $|\rho_D(y) - \rho_D(z)| \leq \frac{1}{2}$. Then we claim that for $U \ni z$ a small enough neighbourhood of $z$, we have

$$\frac{\hat{\mu} \circ \pi|_{\beta_i}^{-1}(U)}{\mu(U)} \geq (1 - \varepsilon)\rho_D(z).$$
To prove the claim, we have
\[ \frac{\hat{\mu} \circ \pi^{-1}_D(U)}{\mu(U)} = \frac{1}{\mu(U)} \int_U \rho_D \, d\mu = \frac{1}{\mu(U)} \left( \int_{U \cap \beta} \rho_D \, d\mu + \int_{U \setminus \beta} \rho_D \, d\mu \right) \]
\[ \geq \frac{\mu(U \cap \beta)}{\mu(U)} \left( 1 - \frac{\varepsilon}{2} \right) \rho_D(z) - \frac{\mu(U \setminus \beta)}{\mu(U)}. \]
Since \( z \) is a density point of \( \beta_i \), we have
\[ \frac{\mu(U \cap \beta_i)}{\mu(U)} \to 1 \quad \text{and} \quad \frac{\mu(U \setminus \beta_i)}{\mu(U)} \to 0 \]
as \( U \to z \). Thus for large enough \( n \), the second condition must hold for \( z \).

There exists \( N \) such that \((*)_D\) holds for all \( n \geq N \) and \( D \in \mathcal{D}' \). Therefore, if \( n \geq N \) then
\[ \frac{\hat{\mu}(\pi^{-1}(U) \cap \hat{U}_n)}{\mu(U)} = \sum_{D \in \mathcal{D}} \frac{\hat{\mu}(\pi^{-1}(U) \cap \hat{U}_n \cap D)}{\mu(U)} \]
\[ = \sum_{D \in \mathcal{D}'} \frac{\hat{\mu}(\pi^{-1}(U) \cap \hat{U}_n \cap D)}{\mu(U)} + \sum_{D \in \mathcal{D} \setminus \mathcal{D}'} \frac{\hat{\mu}(\pi^{-1}(U) \cap \hat{U}_n \cap D)}{\mu(U)} \]
\[ \geq (1 - \varepsilon) \sum_{D \in \mathcal{D}'} \rho_D(z) \geq (1 - \varepsilon)^2. \]
Therefore, for all \( n \geq N \),
\[ \frac{\hat{\mu}(\pi^{-1}(U) \setminus \hat{U}_n)}{\mu(U)} \leq 1 - (1 - \varepsilon)^2 < 2\varepsilon. \]
As \( \varepsilon > 0 \) can be taken arbitrarily small, the proof is complete. \( \square \)

**Proof of Theorem 2.** Let \( \alpha_n = \sup_{z \in U \subset J_n} \frac{\hat{\mu}(\hat{U}_n)}{\mu(U)} \). As we have seen in Lemma 10, \( \lim_{n \to \infty} \alpha_n = 1 \). Because \( f \circ \pi = \pi \circ \hat{f} \) we have
\[ \mu_U \left( y : r_U(y) > \frac{t}{\mu(U)} \right) = \hat{\mu}_{\pi^{-1}(U)} \left( \hat{y} : r_{\pi^{-1}(U)}(\hat{y}) > \frac{t}{\mu(U)} \right). \]
The right hand side is majorised by a sum of three terms:
\[ \text{r.h.s.} \leq \hat{\mu}_{\pi^{-1}(U)}(\pi^{-1}(U) \setminus \hat{U}_n) \]
\[ + \hat{\mu}_{\pi^{-1}(U)} \left( \hat{y} \in \hat{U}_n : r_{\hat{U}_n}(\hat{y}) > \frac{t}{\mu(U)} \right). \]
\[ + \hat{\mu}_{\pi^{-1}(U)} \left( \hat{y} \in \hat{U}_n : r_{\hat{U}_n}(\hat{y}) > r_{\pi^{-1}(U)}(\hat{y}) \right) \]
\[ = I + II + III. \]
We have the estimates
\[ I = \frac{\hat{\mu}(\pi^{-1}(U) \setminus \hat{U}_n)}{\hat{\mu}(\pi^{-1}(U))} = \frac{\hat{\mu}(\pi^{-1}(U) \setminus \hat{U}_n)}{\mu(U)} \leq 1 - \alpha_n \to 0. \]
Next
\[ II \leq \alpha_n \hat{\mu}_{\hat{U}_n} \left( \hat{y} : r_{\hat{U}_n}(\hat{y}) > \frac{t}{\mu(U)} \right) = \alpha_n \hat{\mu}_{\hat{U}_n} \left( \hat{y} : r_{\hat{U}_n}(\hat{y}) > \frac{\tilde{t}}{\mu(U)} \right) \]
Proof of Theorem 3. Theorem 1 says that the return time statistics of a first return map coincides with the return time statistics of the original system. In this case, it means that the system \((\hat{I}, \hat{f}, \hat{\mu})\) has the same return time statistics on \(\hat{U}_n\) as the induced system \((\hat{J}_n, \hat{F}_n, \hat{\mu}_{\hat{J}_n})\). By Lemma 10 tends to the same return time statistics as \((J_n, F_n, \mu_{F_n})\). Hence II tends to \(\alpha_nG(\hat{t})\) as \(\mu(U) \to 0\), and then, by continuity of \(G\), to \(G(t)\) as \(n \to \infty\). The third term
\[
III = \hat{\mu}_{\pi^{-1}(U)} \left[ \hat{R}_{\hat{U}}^{-1}(\pi^{-1}(U)) \setminus \hat{U}_n \right] 
\leq \hat{\mu}_{\pi^{-1}(U)}(\pi^{-1}(U) \setminus \hat{U}_n) = I \to 0,
\]
as \(n \to \infty\). This gives the required upper bound for \(\mu_U(\{y : r_U(y) > \frac{t}{\mu(U)}\})\). Now for the lower bound
\[
\text{r.h.s.} \geq \hat{\mu}_{\pi^{-1}(U)} \left( y \in \hat{U}_n : r_{\hat{U}_n}(\hat{y}) > \frac{t}{\mu(U)} \right) 
- \hat{\mu}_{\pi^{-1}(U)} \left( y \in \hat{U}_n : r_{\hat{U}_n}(\hat{y}) > r_{\pi^{-1}(U)}(\hat{y}) \right) 
= II - III.
\]
The above arguments show that this also tends to \(G(t)\) as \(\mu(U) \to 0\) and \(n \to \infty\). This finishes the proof. □

4. Exponential return time statistics

Definition 1 (Rychlik map). Let \(F : \cup_{i\in Y_i}Y_i \to Y\) be continuous on each \(Y_i\), with \(m(\cup_i Y_i) = m(Y) = 1\) for a given reference measure \(m\). We call \(F\) a Rychlik map, see [Ry], if:

1. there exists a neighbourhood \(Z \supset Y\) and for each \(i\) a neighbourhood \(Z_i \supset Y_i\) such that \(F|_{Y_i}\) can be extended to a homeomorphism between intervals: \(F : Z_i \overset{onto}{\longrightarrow} F(Z_i)\)
2. there exists a function \(\Phi : Y \to (-\infty, \infty)\), with \(\text{Var} \, \Phi < +\infty\), \(\Phi = -\infty\) on \(Y \setminus \cup_i Y_i\), such that the operator \(L : L^1(m) \to L^1(m)\) defined by
\[
L\psi(x) = \sum_{y \in F^{-1}(x)} e^{\Phi(y)} \psi(y)
\]

preserves \(m\). In other words, \(m(L\psi) = m(\psi)\) for each \(\psi \in L^1(m)\) (or equivalently: \(m\) is \(\Phi\)-conformal);
3. \(F\) is expanding: \(\sup_{x \in X} \Phi(x) < 0\).

The following is Theorem 3.2 of [BSTV]. It also applies to cylinders.

Theorem 11. Suppose \((Y, F)\) is a Rychlik map with conformal measure \(m\) and invariant mixing measure \(\mu \ll m\). Then \((Y, F)\) has exponential return time statistics to balls.

Proof of Theorem 11. Recall that \(F_n\) is the induced map associated to the first return map to the set \(\hat{J}_n\) in the Hofbauer tower. As in [BT1], \(F_n\) is a Rychlik map, with induced potential \(\Phi_n = -\delta \log |DF_n| - P(-\delta \log |DF_n|)\tau_{J_n}\). The conformal measure
$m_{\Phi_n}$ is constructed from the induced version of $m_\delta$. Note that the expansivity property (3) follows since for all large $n$, sup $|DF_n| > 1$, and also $P(-\delta \log |DF_n|) \geq 0$ for $\delta \in [0,1]$, as it is a decreasing function in $\delta$ and $P(-\log |DF_n|) \geq 0$, see for example [BT1]. We denote the equilibrium state for the inducing scheme by $\mu_{\delta,F_n}$. So by Theorem 11, each $(J_n, F_n, \mu_{\delta,F_n})$ has exponential return time statistics (i.e., $G(t) = e^{-t}$). Thus Theorem 2 implies that $(I, f, \mu_{\delta})$ also has exponential return time statistics.

Proof of Corollary 4. By Theorem 3, we only need to guarantee the existence of equilibrium and conformal measures. The existence of the acip was proved in [BRSS]. The existence of the equilibrium states for $\delta \neq 1$ was proved in [BT1]. In fact, in that paper we only proved the existence of the relevant conformal measures for inducing schemes. However, as can be seen in the proof of Theorem 3, that is all that is necessary to get exponential return time statistics.

Proof of Proposition 5. The existence of the equilibrium state for $(I, f, \phi)$ was proved in [K1, Theorem 3.4]. Moreover, it is shown that the Perron-Frobenius operator with respect to $\phi$-conformal measure $m_\phi$:

$$L : BV_{1,1/p} \to BV_{1,1/p}, \quad L\psi(x) = \sum_{y \in f^{-1}(x)} e^{\phi(y)} \psi(y)$$

is quasi-conformal on the space of functions with bounded $p$-variation. This space includes indicator functions on balls. By the proof of [BSTV, Theorem 3.2], which uses ideas of [HSV], these facts are sufficient to give exponential return time statistics to balls.

5. The Polynomial Gibbs Property

We prove Theorem 6 in two parts. The case of equilibrium states for potentials in $\mathcal{H}$ is treated in Proposition 12, and then the upper and lower bounds for the acip is separated into two lemmas.

Proposition 12 relies on the fact that the equilibrium states $\mu = \mu_\phi$ obtained in [BT2] have exponential tails for an induced system, and also that $\phi \in \mathcal{H}$ are bounded.

**Proposition 12.** There exists $\kappa \in (0, \infty)$ such that for $\mu$-a.e. $x$ there exists $n_0 = n_0(x) \in \mathbb{N}$ such that $n \geq n_0$ implies

$$\frac{1}{n^\kappa} \leq \mu(Z_n(x)) \leq n^\kappa$$

where $S_n\phi(x) := \phi \circ f^{n-1}(x) + \cdots + \phi(x)$.

This result can be compared with Lemmas 3.2 and 3.3 of [Pa].

**Proof.** Here we use results from [BT2], which are based on a slightly different type of inducing scheme to that in the rest of this paper. So let us briefly explain these inducing schemes. Let $\hat{Y}$ be an interval compactly contained in some domain $D \in \mathcal{D}$, and such that $Y := \pi(\hat{Y}) \in P_n$ for some $n$. Then for $x \in Y$, let $\tau(x)$ be the first return time of the point $\hat{x} := \pi^{-1}(x) \cap \hat{Y}$ to $\hat{Y}$. As explained in [BT2] (see also
the proof of [BT2, Theorem 3]), this gives an inducing scheme \((Y, F)\) with bounded distortion, where \(F = f^r\).

For \(x \in Y\) let \(\Phi(x) := S_\tau(x)\varphi(x) = \varphi \circ f^{\tau(x)-1}(x) + \cdots + \varphi(x)\), and \(S_n\Phi(x) := \Phi \circ F^{n-1}(x) + \cdots + \Phi(x)\). We denote the measure on the inducing scheme by \(\mu_\Phi\).

Let \(T_\varphi\) and \(T_\Phi\) denote the set of typical points of \(\mu_\varphi\) and \(\mu_\Phi\) respectively. Let \(f^{k_1}(x) = y_1\) be the first time that \(x\) maps into \(T_\Phi\), and let \(k_2 \in \mathbb{N}\) be minimal such that there exists \(y_2 \in T_\Phi\) with \(f^{k_2}(y_2) = x\). For \(n \geq \max\{k_1 + \tau(x), k_2 + \tau(y_2)\}\),

\[
\begin{align*}
\mu_\varphi(Z_n[x]) &\leq \mu_\varphi(f^{-k_1}(Z_{n-k_1}[y_1])) = \mu_\varphi(Z_{n-k_1}[y_1]), \\
\mu_\varphi(Z_n[x]) &\geq \mu_\varphi(f^{-k_2}(Z_{n}[x])) = \mu_\varphi(Z_{n-k_2}[y_2]).
\end{align*}
\]

Therefore, we may assume that \(x \in T_\Phi\).

By the Gibbs property for \((Y, F, \mu_\Phi)\), there exists \(K > 0\) such that

\[
\frac{1}{K} \leq \frac{\mu_\Phi(Z_{n}^{\tau}(x))}{e^{S_n\varphi(x)}} \leq K.
\]

We will use the fact that there exists \(\rho(x) \in (0, \infty)\) such that for a nested sequence of open sets \(\{U_n\}_n\) such that \(\cap_n U_n = \{x\}\) as \(n \to \infty\), we have \(\frac{\mu_\Phi(U_n(x))}{\mu_\varphi(U_n(x))} \to \rho(x)\). Thus, for large enough \(n\), the estimates we need for \(\mu_\varphi(Z_n[x])\) follow immediately from those for \(\mu_\Phi(Z_n[x])\).

For each large \(n\), there exists \(k\) such that \(\tau^{k-1}(x) < n \leq \tau^k(x)\). We get

\[
\frac{\mu_\Phi(Z_{n}^{\tau(k)}(x))}{e^{S_n\varphi(x)}} \leq \frac{\mu_\Phi(Z_n[x])}{e^{S_n\varphi(x)}} \leq \frac{\mu_\Phi(Z_{n}^{\tau(k-1)}(x))}{e^{S_n\varphi(x)}}.
\]

So the Gibbs property implies

\[
\frac{e^{S_n\varphi(f^n(x))}}{K} \leq \frac{\mu_\Phi(Z_n[x])}{e^{S_n\varphi(x)}} \leq K e^{-S_n\tau(k-\tau(x))(F^{k-1}(x))}.
\]

Since \(|S_n^{\tau(k-\tau)} \varphi(f^n(x))| \leq \sup_{x \in I} |\varphi(x)||\tau^k(x) - \tau^{k-1}(x)|\), it is sufficient for the lower bound to show that \(\tau(F^k(x)) \leq \kappa \log n\) for all large \(n\).

**Claim.** There exists \(\kappa \in (0, \infty)\) such that for \(\mu_\Phi\)-a.e. \(x \in Y\) there exists \(k_0 = k_0(x) \in \mathbb{N}\) such that \(k > k_0\) implies \(\tau(F^k(x)) \leq \kappa \log k\).

**Proof.** We use the fact that \((Y, F, \mu_\Phi)\) has exponential tails: in [BT2] it is shown that there exists \(\alpha > 0\) such that \(\mu_\Phi(\tau \geq k) \leq Ce^{-\alpha k}\). We fix \(\kappa > \frac{1}{\alpha}\). Let \(V_k := \{x \in Y : \tau(F^k(x)) > \kappa \log k\}\). Since \(\mu_\Phi\) is \(F\)-invariant and \(V_k = F^{-k}\{\tau \geq \kappa \log k\}\), we have \(\mu_\Phi(V_k) \leq Cn^{-\alpha}\). So by the Borel-Cantelli Lemma we know that for \(\mu_\Phi\)-a.e. \(x\) there exists \(k_0 = k_0(x)\) such that \(k > k_0\) implies \(x \not\in V_k\).

From this claim it follows that \(\tau(F^k(x)) \leq \kappa \log k\) for all large \(k\). Hence \(\tau(F^k(x)) \leq \kappa \log n\) for all large \(n\). The upper bound follows similarly.

We now show the polynomial Gibbs property for acips. For \(N \in \mathbb{N}, \ell > 1\) and \(K > 0\), let \(A(N, \ell, K)\) be the set of maps in \(N\mathbb{F}^3\) with \(#\text{Crit} = N\) and with each critical point \(c \in \text{Crit}\) having order \(\ell_c < \ell\) and satisfying

\[
|Df^n(f(c))| \geq K \text{ for all sufficiently large } n.
\]
Clearly, whenever \( \min_{c \in \mathcal{C}_{\text{crit}}} |Df^n(f(c))| \to \infty \) as \( n \to \infty \), \( f \) it must lie in \( \mathcal{A}(N, \ell, K) \) for some \( N, \ell \) and any \( K > 0 \).

We let \( m \) denote Lebesgue measure on the interval \( I \). The following is proved in [BRSS Proposition 4].

**Proposition 13.** Let \( \ell > 1 \) and \( N \in \mathbb{N} \). There exists \( K > 0 \) such that if \( f \in \mathcal{A}(N, \ell, K) \) then there is \( C > 0 \) such that for any Borel set \( A \) and any \( n \geq 0 \),
\[
m(f^{-n}(A)) \leq C m(f(A))^{1/2}.\]

We can construct the invariant measure \( \mu \) by taking a limit of the Cesàro means \( \frac{1}{n} \sum_{k=0}^{n-1} m \circ f^{-k} \). From Proposition 13 it is easy to see that for an \( m \)-measurable set \( A \), we have
\[
\mu(A) \leq C m(f(A))^{1/2} \leq C m(A)^{1/2}. \tag{8}
\]
In particular, \( \mu \ll m \).

We prove Theorem 6 for acips in two lemmas. First the upper and then the lower bound.

**Lemma 14 **(Upper bound). Fix \( \gamma' > 2 \). For \( \mu \)-a.e. \( x \) there is \( n_0 = n_0(x) \) such that for all \( n \geq n_0 \)
\[
\mu(Z_n[x]) |Df^n(x)| \leq n^{\gamma'}.
\]

**Proof.** Our proof follows [BV Lemma 5]. We will use the Borel-Cantelli Lemma applied to \( m \) repeatedly here. Let \( \gamma'' := \frac{\gamma'}{2} > 1 \). Let \( W_n := \{Z_n \in \mathcal{P}_n : \mu(Z_n) > n^{\gamma''} m(Z_n)\} \), and \( A_n := \bigcup_{Z_n \in W_n} Z_n \). Since \( \mu \) is a probability measure, we have
\[
1 \geq \mu(A_n) = \sum_{Z_n \in W_n} \mu(Z_n) \geq n^{\gamma''} \sum_{Z_n \in W_n} m(Z_n) = n^{\gamma''} m(A_n).
\]
Whence \( m(A_n) \leq n^{-\gamma''} \). The Borel-Cantelli Lemma implies that \( m \)-a.e. \( x \in I \) belongs to \( A_n \) for only finitely many \( n \).

Now for any \( Z_n \in \mathcal{P}_n \), let
\[
U(Z_n) = \left\{ x \in Z_n : |Df^n(x)| > \frac{n^{\gamma''}}{m(Z_n[x])} \right\}.
\]
Then for \( Z_n \in \mathcal{P}_n \),
\[
1 \geq m(f^n(Z_n)) \geq \int_{U(Z_n)} |Df^n(x)| dm \geq \frac{n^{\gamma''}}{m(Z_n)} m(U(Z_n)),
\]
so \( m(Z_n) \geq n^{-\gamma''} m(U(Z_n[x])) \). Letting \( B_n := \bigcup_{Z_n \in \mathcal{P}_n} U(Z_n) \), we have
\[
m(B_n) = \sum_{Z_n \in \mathcal{P}_n} m(U(Z_n)) \leq n^{-\gamma''} \sum_{Z_n \in \mathcal{P}_n} m(Z_n) \leq n^{-\gamma''}.
\]
So again the Borel-Cantelli Lemma implies that \( m \)-a.e. \( x \) belongs to \( B_n \) for only finitely many \( n \).
Therefore since $\mu \ll m$, for $\mu$-a.e. $x \in I$ there exists some $n_0 = n_0(x)$ such that $x \notin A_n \cup B_n$ for all $n \geq n_0$. Thus $n \geq n_0$ implies

$$\mu(Z_n[x]) |D f^n(x)| \leq n^{\gamma''} m(Z_n[x]) \left( \frac{n^{\gamma''}}{m(Z_n[x])} \right) = n^{\gamma'}$$

and we have the required upper bound. \[\square\]

Notice that, unlike the following lemma, the proof of the above lemma did not require Proposition 13.

**Lemma 15** (Lower bounds). For $\mu$-a.e. $x$ there is $n_0$ such that for all $n \geq n_0$, and $\mu$ an acip,

$$\frac{1}{n^{2\gamma}} \leq \frac{|f^n(Z_n[x])|}{n^{\gamma}} \leq \mu(Z_n[x]) |D f^n(x)|.$$  

**Proof.** Let

$$V_n := \{ x \in I : |f^n(x) - \partial f^n(Z_n[x])| < n^{-\gamma}|f^n(Z_n[x])| \}.$$  

For $x \in I$, denote the part of $f^n(Z_n[x])$ which lies within $n^{-\gamma}|f^n(Z_n[x])|$ of the boundary of $f^n(Z_n[x])$ by $E_n[x]$. We will estimate the Lebesgue measure of the pullback $f^{-n}(E_n[x])$. Note that this set consists of more than just the pair of connected components $Z_n[x] \cap V_n$.

Clearly, $m(E_n[x]) \leq 2n^{-\gamma}m(f^n(Z_n[x]))$. Hence from (6), which follows from Proposition 13, we have

$$m(V_n \cap f^{-n}(E_n[x])) \leq K_0(2n^{-\gamma}m(f^n(Z_n[x]))) \frac{1}{2^{\gamma_{\text{max}}}} \leq 2K_0n^{-\frac{\gamma}{2^{\gamma_{\text{max}}}}}.$$  

There are at most $2n \#\text{Crit domains } f^n(Z_n[x])$, hence

$$m(V_n) \leq Cn^{-1-\frac{\gamma}{2^{\gamma_{\text{max}}}}}.$$  

For $\gamma > 4\ell_{\text{max}}^2$ we have $\sum_n m(V_n) < \infty$. So by the Borel-Cantelli Lemma for $m$-a.e. $x$ there exists $n_0$ such that $x \notin V_n$ for $n \geq n_0$.

We fix $0 < \delta < 1$ and may assume that $n_0^{\gamma} < \delta$. Let $\tilde{Z}_n[x] \subset Z_n[x]$ be the maximal interval for which $d(f^n(\tilde{Z}_n[x]), \partial f^n(Z_n[x])) = \frac{\delta}{2}|f^n(Z_n[x])|$. Then for $x$ as above, by the Koebe Lemma we obtain for $n \geq n_0$,

$$|D f^n(x)| \geq \left( \frac{n^{-\gamma}}{1 + n^{-\gamma}} \right)^2 \frac{|f^n(\tilde{Z}_n[x])|}{|\tilde{Z}_n[x]|} \geq \left( \frac{1 - \delta}{2n^{\gamma}} \right) \frac{|f^n(Z_n[x])|}{|Z_n[x]|}.$$  

Letting $b := \inf_{x \in \text{supp}(\mu)} \frac{d\mu}{dm}(x)$, we have

$$\mu(Z_n[x]) |D f^n(x)| \geq b \left( \frac{1 - \delta}{2n^{\gamma}} \right) |f^n(Z_n[x])|$$

and the first part of the proof is finished if we can show that $b > 0$. Notice that since this works for $m$-a.e. $x$, it must also work for $\mu$-a.e. $x$. To understand why $b > 0$, first note that by the Folklore Theorem, see [MS], the invariant measure $\mu_F$ for the induced system $(Y, F)$ has $b' > 0$ so that $\frac{d\mu_F}{dm} > b'$ on $\text{supp}(\mu_F)$. Also, there
exists $N$ such that $\text{supp}(\mu) \subset \bigcup_{k=0}^{N} f^k(Y)$. Given $y \in \text{supp}(\mu)$ and a set $U \subset Y$ so that $y \in f^k(U)$ for $k \leq N$, we have
\[
\frac{\mu(f^k(U))}{m(f^k(U))} \geq \frac{\mu(f^k(U))}{\int_U |Df^k| \, dm} \geq \frac{\mu(U)}{m(U)(\sup |Df|)^k} \geq \frac{b'}{(\sup |Df|)^k}.
\]

Then shrinking $U$ we see that $\frac{\mu}{m}(y) > b$ where $b := \frac{b'}{(\sup |Df|)^N}$.

Let $W_n := \{x \in I : |f^n(Z_n[x])| \leq n^{-\gamma}\}$. For each domain $Z_n$ of $W_n$, we choose a point $x_k \in Z_n$, so that $W_n = \bigcup_{k=1}^{p_n} Z_n[x_k]$. We have
\[
m(W_n) = m \left( \bigcup_{k=1}^{p_n} Z_n[x_k] \right) \leq m \left( \bigcup_{k=1}^{p_n} f^{-n}[f^n(Z_n[x_k])] \right) \leq (2n\#\text{Crit})n^{-\gamma}. \]

Since $\gamma > 4\ell_{\max}^2$, the Borel-Cantelli Lemma implies that for $\mu$-a.e. $x \in I$ there is some $n_0 \geq 1$ such that $n \geq n_0$ implies $m(f^n(Z_n[x])) \geq n^{-\gamma}$. Combining this lower bound with the one above, we are finished. \hfill \Box

6. Entropy fluctuations

In this section we prove Theorem 7. This follows the same path as the proof of Theorem 3 in [BV]. In the case that $\mu$ is an acip, a sketch of the proof is as follows:

**Step 1:** The log-normal fluctuations in the Ornstein-Weiss Theorem follow (using [Sau]) from (i) exponential return time statistics to cylinders (which is true for our equilibrium states by Proposition 5, and for acips by Theorem 3 applied to cylinders); and (ii) log-normal fluctuations in the Shannon-McMillan-Breiman Theorem.

**Step 2:** Condition (ii) reduces to the usual Central Limit Theorem for the observable $\varphi = \log |Df| - \int \log |Df| \, d\mu$, provided there is $\alpha < \frac{1}{2}$ such that
\[
\frac{1}{n^{\alpha}} \leq \left| \log(\mu(Z_n[x])|Df^n(x)|) \right| \leq n^{\alpha}
\]
for $\mu$-a.e. $x$ and $n$ sufficiently large. Our polynomial Gibbs property clearly implies this.

**Step 3:** To prove the CLT for $\varphi$, we need Gordin’s Theorem (see [BV] Theorem 6), for which we need to verify that $\varphi \in L^2(\mu)$. Let us do that here.

**Lemma 16.** The potential $\varphi := \log |Df| - \int \log |Df| \, d\mu$ belongs to $L^2(\mu)$.

**Proof.** Clearly it is enough to show that $\log |Df| \in L^2(\mu)$. Clearly, there exists some $C > 0$ such that $\log |Df(x)| \leq C\ell_{\max} \log |x - \text{Crit}|$. Also by construction of $\mu$ and Proposition 13 we have $\mu(B_\varepsilon(c)) \leq C\varepsilon^{2\ell_{\max}}$ for any $c \in \text{Crit}$. For a given $c \in \text{Crit}$, let $U$ be a neighbourhood of $c$ which is away from any other element of $\text{Crit}$. We
have
\[
\int_U (\log |Df(x)|)^2 \, d\mu \leq 2 \sum_n \int_{(c+2^{-(n+1)},c+2^{-n})} (\log |Df|)^2 \, d\mu \\
\leq 2C \sum_n 2^{2\ell_{\max}} |C\ell_{\max}| \log 2^{-n}|2^n| \\
\leq 4C^3 \ell_{\max}^2 (\log 2)^2 \sum_n n^2 \frac{2}{2^{2\ell_{\max}}} < \infty.
\]

Since we can perform such a calculation at every critical point, the lemma is proved. \(\square\)

**Step 4:** Finally, to apply Gordin’s Theorem, we follow pages 91-93 of [BV] verbatim, except that neighbourhoods \(B(c, L^{-n})\) and \(B(c, n^{-5})\) of the critical point \(c\) need to be replaced by neighbourhoods \(B(\text{Crit}, L^{-n})\) and \(B(\text{Crit}, n^{-5})\) of \(\text{Crit}\). The argument in [BV, page 93] that \(\int_\Delta |P^n(\tilde{\varphi}\tilde{h})| \, d\tilde{m}\) decays sufficiently fast can be done in the multimodal case too, using [BLS] and finally using [BRSS] to remove the assumption from [BLS] that all critical points have the same order. (See the use of [BT1, Lemma 9] for an application of this method.)

For \(\mu\) an equilibrium state for a potential \(\varphi \in \mathcal{H}\), the proof is simplified. Step 1 is the same, so we only need to know that \(\mu\) satisfies the weak Gibbs property, coupled with the fact that \(\varphi\) satisfies the CLT for \((I,f,\mu)\). The first fact follows from Proposition [5] and the second follows from [K1, Theorem 3.3].

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