Curcumin Inhibits Non-Small Cell Lung Cancer Cells Metastasis through the Adiponectin/NF-κb/MMPs Signaling Pathway

Jong-Rung Tsai1,2, Po-Len Liu1, Yung-Hsiang Chen3, Shah-Hwa Chou1,4, Yu-Jen Cheng5, Jhi-Jhu Hwang1,2, Inn-Wen Chong1*

1 Department of Respiratory Therapy, College of Medicine, Kaohsiung Medical University, Kaohsiung, Taiwan, 2 Department of Internal Medicine, Kaohsiung Medical University Hospital, Kaohsiung Medical University, Kaohsiung, Taiwan, 3 Graduate Institute of Integrated Medicine, China Medical University, Taichung, Taiwan, 4 Department of Surgery, Division of Chest Surgery, Kaohsiung Medical University Hospital, Kaohsiung Medical University, Kaohsiung, Taiwan, 5 Department of Health Management, Division of Thoracic Surgery, Department of Surgery, E-Da Hospital, I-Shou University, Kaohsiung, Taiwan

* chong@kmu.edu.tw

Abstract

Adipose tissue is now considered as an endocrine organ involved in metabolic and inflammatory reactions. Adiponectin, a 244-amino acid peptide hormone, is associated with insulin resistance and carcinogenesis. Curcumin (diferuloylmethane) is the principal curcuminoid of the popular Indian spice, turmeric. Curcumin possesses antitumor effects, including the inhibition of neovascularization and regulation of cell cycle and apoptosis. However, the effects of adiponectin and curcumin on non-small cell lung cancer (NSCLC) remain unclear. In this study, we evaluated the expression of adiponectin in paired tumors and normal lung tissues from 77 patients with NSCLC using real-time polymerase chain reaction, western blotting, and immunohistochemistry. Kaplan–Meier survival analysis showed that patients with low adiponectin expression ratio (<1) had significantly longer survival time than those with high expression ratio (>1) (p = 0.015). Curcumin inhibited the migratory and invasive ability of A549 cells via the inhibition of adiponectin expression by blocking the adiponectin receptor 1. Curcumin treatment also inhibited the in vivo tumor growth of A549 cells and adiponectin expression. These results suggest that adiponectin can be a prognostic indicator of NSCLC. The effect of curcumin in decreasing the migratory and invasive ability of A549 cells by inhibiting adiponectin expression is probably mediated through NF-κB/MMP pathways. Curcumin could be an important potential adjuvant therapeutic agent for lung cancer in the future.

Introduction

Lung cancer remains the leading cause of cancer-related mortality worldwide and in Taiwan. Despite great advances in the understanding of lung carcinogenesis and in novel treatments in the past few decades, the overall 5-year survival rate remains poor. Innovative research effort
must be redirected to investigate potential markers of prognosis, mechanisms of lung carcinogenesis, and adjuvant therapy.

Adipose tissue is presently considered as an endocrine organ that secretes several cytokines (adipokines) [1], including adiponectin and leptin. Adiponectin is a 244–amino acid polypeptide that modulates numerous metabolic processes such as glucose regulation and fatty acid catabolism [2]. It exerts significant effects on metabolism and lipogenesis, as well as on the regulation of human inflammatory responses [3]. In adults, adiponectin concentrations are inversely correlated with body fat percentage and insulin resistance [4]. Adiponectin has anti-diabetic, anti-atherogenic, anti-inflammatory, and anti-angiogenic properties [5].

The role of adiponectin in carcinogenesis is controversial [5]. In obesity-associated malignancies such as endometrial cancer, post-menopausal breast cancer, colon cancer, renal cancer, and hematologic malignancies, adiponectin expression is positively correlated with the risk of malignancy. Furthermore, low adiponectin concentrations have been reported in gastric and prostate cancer [6]. However, in non-obesity-associated cancers, such as lung cancer, serum adiponectin is not a major predictor of risk [7].

Adiponectin receptors 1 and 2 act directly on tumor cells by binding and activating adiponectin receptors and downstream signaling pathways [5]. Adiponectin possesses anti-angiogenesis and antitumor ability, which is effected through caspase-mediated endothelial cell apoptosis [8]. It can also inhibit liver tumor growth and metastasis by suppressing tumor angiogenesis and downregulating the ROCK/IP10/matrix metalloproteinase (MMP) -9 pathway [9].

However, adiponectin is a potential marker of prostate cancer progression [10]. In chondrosarcoma, it mediates the migration of human chondrosarcoma cells by the transcriptional upregulation of alpha2beta1 integrin and activation of AdipoR receptor, AMPK, p38, and NF-κB pathways [11]. Nevertheless, its role in lung cancer remains unclear [12,13]. Petridou et al. reported that circulating adiponectin levels are not correlated with lung cancer stages [14]. The expression of adiponectin receptor 1 is a favorable prognostic factor for lung cancer [15].

Curcumin (diferuloylmethane), a natural compound extracted from Curcuma longa, has been used since ancient times in the Orient as a healing agent for various illnesses. Curcumin has several pharmacological activities, including anti-inflammatory [16], antioxidant [16], antimicrobial [17], and anticancer effects [18–21]. Its anticancer effects are manifested during cell proliferation, invasion, metastasis, apoptosis, and angiogenesis [22]. For example, curcumin can induce cellular apoptosis in non-small cell lung cancer (NSCLC) [23,24]. The molecular basis of its anticarcinogenic effect is attributed to its effect on several targets, including transcription factors, growth regulators, adhesion molecules, apoptotic genes, angiogenesis regulators, and cellular signaling molecules [25]. Although curcumin inhibits lung cancer cell migration and invasion via Rac-1 or Wnt/B-catenin pathways, the regulatory mechanism of curcumin in lung cancer remains unknown.

Most lung cancers are diagnosed at an advanced stage when treatment is relatively ineffective. How to augment currently available chemotherapeutic treatments with adjunctive herbal medicines, which may decrease side effects and toxicity without compromising therapeutic efficacy, has become a popular approach in recent decades. Curcumin is one such potential candidate. This study explored the diagnostic and prognostic roles of adiponectin in NSCLC. Using in vitro A549 cell culture and an animal model, we demonstrated the potential role of curcumin for treating lung cancer. The exact molecular mechanism of curcumin in mediating adiponectin effect was also investigated. Consequently, the potential of curcumin as an adjuvant agent in lung cancer treatment will also be explored.
Results

Demographic data and adiponectin expression in NSCLC patients

Of the 77 NSCLC patients in this study, 58 (75%) had histologically confirmed adenocarcinoma and 19 (25%) had squamous cell carcinoma. Their average age was 61.6 ± 10.3 years (range, 36–78 years). Adiponectin expression was not correlated with tumor (T), lymph nodes (N), and stages. NSCLC patients with metastasis had significantly higher adiponectin expression ratio (Table 1). The Kaplan–Meier survival analysis showed that NSCLC patients with a low adiponectin expression ratio had a significantly longer survival time than those with a high adiponectin expression ratio (p = 0.015) (Fig 1). Multivariate-adjusted risk ratios were computed from Cox regression with the additional variables of sex (male vs. female), metastasis, tumor, lymph node involvement, and stages (Table 2). The high adiponectin expression group had a 2.40-fold higher mortality risk (p = 0.04) than the low expression group.

Expression levels of adiponectin, adiponectin receptors, and MMPs in NSCLC patients

The expression levels of adiponectin, adiponectin receptors, and MMPs of NSCLC patients were analyzed (Fig 2). Immunohistochemical staining and western blotting of lung cancer

Table 1. Relationship between adiponectin expression ratio and demographic characteristics of non-small cell lung cancer (NSCLC) patients.

|                          | Number | Mean±SD   | P    |
|--------------------------|--------|-----------|------|
| STAGE                    |        |           | 0.28 |
| 1 + 2                    | 37     | 0.90±1.07 |      |
| 3 + 4                    | 40     | 1.21±1.40 |      |
| Tumor (T)                |        |           | 0.35 |
| 1                        | 19     | 1.32±2.01 |      |
| 2                        | 39     | 0.96±0.83 |      |
| 3                        | 6      | 0.38±0.3  |      |
| 4                        | 13     | 1.3±1.12  |      |
| Node (N)                 |        |           | 0.24 |
| 0                        | 42     | 1.32±1.57 |      |
| 1                        | 15     | 0.63±0.36 |      |
| 2                        | 14     | 0.81±0.8  |      |
| 3                        | 6      | 0.8±0.57  |      |
| Metastasis (M)           |        |           | 0.01*|
| 0                        | 53     | 0.83±0.97 |      |
| 1                        | 24     | 1.63±1.64 |      |
| Pathology                |        |           | 0.06 |
| SQ                       | 19     | 1.72±2.28 |      |
| AD                       | 58     | 0.96±1.2  |      |
| Sex                      |        |           | 0.25 |
| Male                     | 47     | 1.20±1.4  |      |
| Female                   | 30     | 0.85±0.98 |      |
| Smoking                  |        |           | 0.07 |
| yes                      | 35     | 1.35±1.51 |      |
| no                       | 42     | 0.88±0.7  |      |

SQ: squamous cell carcinoma, AD: adenocarcinoma (*p < 0.05)

doi:10.1371/journal.pone.0144462.t001
Fig 1. Survival curve of non-small cell lung cancer patients with high and low expression of adiponectin assessed using Kaplan–Meier analysis.
doi:10.1371/journal.pone.0144462.g001

Table 2. Multivariate cox regression analysis of mortality.

| Term                        | Risk Ratio | Lower 95% | Upper 95% | \( p \) |
|-----------------------------|------------|-----------|-----------|--------|
| Adiponectin expression > 1  | 2.40       | 1.05      | 5.44      | 0.04*  |
| T                           |            |           |           |        |
| 2 vs. 1                     | 1.69       | 0.75      | 4.06      | 0.21   |
| 3 vs. 1                     | 2.99       | 0.73      | 12.22     | 0.13   |
| 4 vs. 1                     | 2.48       | 0.83      | 7.63      | 0.10   |
| N                           |            |           |           |        |
| 1 vs. 0                     | 1.99       | 0.81      | 4.78      | 0.13   |
| 2 vs. 0                     | 2.18       | 0.68      | 6.72      | 0.19   |
| 3 vs. 0                     | 2.46       | 0.62      | 8.79      | 0.19   |
| Metastasis                  |            |           |           |        |
| 1 vs. 0                     | 1.83       | 0.60      | 5.55      | 0.29   |
| Pathology                   | AD vs. SQ  | 1.08      | 0.53      | 2.33   | 0.84   |
| Smoking                     |            |           |           |        |
| 1 vs. 0                     | 1.87       | 0.92      | 3.78      | 0.09   |
| Stage                       | (3 + 4) vs. (1 + 2) | 0.49 | 2.10 | 2.03 | 0.12 |

*\( p < 0.05 \)
doi:10.1371/journal.pone.0144462.t002
tissue showed an increased expression of adiponectin and adiponectin receptor 1 in the lung cancer tissue than in normal lung tissue (Fig 2A–2C). All MMPs were also increased in the lung cancer tissue than in the normal lung tissue (Fig 2D–2F).

Cytotoxic effect of curcumin on the expression of adiponectin and adiponectin receptors in A549 cells

The A549 cells were treated with different concentrations of curcumin. The MTT assay revealed that curcumin had a cytotoxic effect on the A549 cell lines at concentrations >75 μM (Fig 3A). Western blotting also revealed that the expression of adiponectin in A549 cells decreased significantly at a curcumin concentration of >50 μM (Fig 3B). The protein expression of adiponectin receptor 1 and adiponectin receptor 2 did not change with curcumin treatment even at high concentrations. The transfection of A549 cells with adiponectin vector or small interfering RNA (siRNA) plasmid successfully increased or silenced the expression of adiponectin, as demonstrated by polymerase chain reaction (PCR) and western blotting (Fig 3C and 3D).
Effects of curcumin and adiponectin on the migratory and invasive ability of A549 cells

Cellular migration was analyzed by wound scratch assay, while invasiveness was determined by Matrigel-coated Boyden chamber assay. Compared to the control group, the migratory and invasive ability of A549 cells was significantly inhibited with curcumin treatment in a dose-dependent manner \( (p < 0.05) \) (Fig 4A and 4B). On the other hand, recombinant adiponectin increased the invasive and migratory ability of A549 cells in a dose-dependent manner \( (p < 0.05) \) (Fig 4C and 4D).

Regulatory roles of adiponectin receptor-1 and adiponectin receptor 2 in migration and invasiveness of A549 cells

The A549 cells were transfected with adiponectin siRNA, adiponectin receptor 1 siRNA, and adiponectin receptor 2 siRNA plasmid. Plasmid transfection significantly reduced the expression levels of adiponectin, adiponectin receptor 1, and adiponectin receptor 2 in A549 cells, as
Fig 4. Effects of curcumin and recombinant adiponectin on the invasiveness/migration of A549 cells. (A) Cellular migration was determined using scratch wound assay and analyzed using the Wimasis WimScratch software. The migratory ability of A549 cells was significantly inhibited by increasing curcumin dosage compared with the control group ($p < 0.05$). (B) Invasiveness was determined by Matrigel-coated Boyden chamber assay. Curcumin significantly decreased the invasive ability of A549 cells ($p < 0.05$) when the curcumin concentration was $>25$ uM. (C–D) The application of recombinant adiponectin (rADN) significantly increased the migratory and invasive ability of A549 cells ($p < 0.05$). The results of three independent experiments are shown; the assays were conducted in triplicate.

doi:10.1371/journal.pone.0144462.g004
confirmed by western blotting (Fig 5A–5C). Silencing the adiponectin expression did not affect the expression of both adiponectin receptor 1 and receptor 2, but silencing the expression of adiponectin receptor 1 blocked the effect of adiponectin, which enhanced the migratory and invasive ability of A549 cells. However, silencing the expression of adiponectin receptor 2 did not antagonize the effect of adiponectin on the migration and invasiveness of A549 cells (Fig 5D and 5E).

**Regulatory pathways of curcumin in adiponectin expression**

The A549 cells were treated with various types of inhibitors, including the inhibitors of PI3K/AKT and MAP kinase pathways {PI3K (LY294002; 10 μM), AKT (API-59; 3 μM), and MAPK inhibitors [PD98059 (10 μM), SB203580 (10 μM), and SP600125 (10 μM) for ERK, p38–MAPK, and JNK, respectively]}, for 1 h and later with curcumin (50 μM) for 24 h. The ERK and p38 pathway inhibitors blocked the inhibitory effect of curcumin on adiponectin expression (Fig 6A). Furthermore, recombinant adiponectin increased the expression of AKT (Fig 6B). Electrophoretic mobility shift assay (EMSA) showed that adiponectin regulated NF-κB expression through the AKT pathway (Fig 6C).

**Co-immuno-precipitation (Co-IP) assay**

This assay showed that adiponectin consisted of monomer, dimer, and multimer (Fig 7A). Curcumin and silencing adiponectin transfection successfully decreased the expression of adiponectin monomer and dimer. Curcumin also decreased the p65 expression, as shown by the Co-IP and EMSA assays (Fig 7B and 7C). Enhanced adiponectin expression by transfection with adiponectin also increased NF-κB expression. Adiponectin can translocate to nucleus to bind with nuclear p65.

**In vivo and in vitro effect of adiponectin on MMP expression**

Transfection with adiponectin successfully increased the expression levels of MMP-2, -9, -1, and -14 in A549 cells. However, the expression of MMP-3 and -13 did not change with enhanced or silenced adiponectin expression (Fig 8).

**In vivo effect of curcumin on tumor growth and expression of adiponectin and MMPs**

Curcumin treatment significantly decreased the in vivo tumor growth and adiponectin expression compared with the control group (DMSO) (p < 0.05) (Fig 9A and 9B), but the expression of both adiponectin receptor 1 and receptor 2 did not change (Fig 9C). Curcumin treatment also significantly decreased the levels of all MMPs, except MMP-1 that remained uninfluenced, as compared with the control group (Fig 9D–9F).

**Discussion**

Chemotherapy remains the primary treatment for advanced lung cancer[26], although targeted therapy is more popular. Serious side effects of chemotherapy usually limit their clinical application. Consequently, clinicians are becoming increasingly interested in herbal medicine since the past few decades because of its safety and effectiveness as an adjuvant therapy. Curcumin, a phenolic compound derived from the plant *Curcuma longa*, has been used for centuries for its anti-inflammatory, chemopreventive, and potential chemotherapeutic properties. Till date, current evidence shows that curcumin can block cancer cell proliferation, transformation, and invasion [27]. This study showed that curcumin can inhibit the migratory and invasive capacity.
Fig 5. Adiponectin receptor 1 mediated the adiponectin effect on the migratory and invasive ability of A549 cells. (A–C) The expression levels of adiponectin, adiponectin receptor 1, and adiponectin receptor 2 were analyzed by western blotting after transfection with adiponectin vector or silencing by siADN, siAdipoR1, and siAdipoR2. (D–E) The migratory and invasive ability of A549 cells was inhibited after silencing of the adiponectin receptor 1 expression by transfection with siAdipoR1.

doi:10.1371/journal.pone.0144462.g005
of A549 cells in vitro in a dose-dependent manner. Moreover, curcumin also significantly decreased the in vivo tumor growth.

Tumor invasion and metastasis is a complicated multistep process that involves adherence, degradation of the surrounding matrix, migration, proliferation, and angiogenesis [28]. Curcumin possesses high natural antimetastatic ability. It can decrease the invasion of B16F-10 melanoma cells by inhibiting the expression of MMP-2 and MMP-9 and enhance the expression of antimetastatic proteins (E-cadherin and tissue inhibitors of MMP-2) [29,30]. In a xenograft tumor model of prostate or breast cancer, curcumin also showed high antimetastatic effect by suppressing the expression of MMP-9, NF-κB, and cyclooxygenase-2 [31,32]. In this study, curcumin can inhibit the migration and invasion of A549 in a dose-dependent manner in vitro. In our xenograft model with A549, curcumin can significantly decrease tumor growth and has a similar suppressing effect of the expression of MMPs, except for MMP-1 and -13.

Adipose tissue is considered as an endocrine system that can secrete a lot of hormones and cytokines, which are known as adipocytokines [33]. Adiponectin represents the most abundant adipose tissue protein with insulin-sensitizing, anti-inflammatory, and anti-atherogenic properties [34,35]. In addition, adiponectin may play a role in the development and progression of various types of malignancies [35]. The serum adiponectin level is inversely associated with the risk of obesity-related malignancies, including breast, endometrial, and prostate cancers, but it is positively correlated with gastric cancer and leukemia [35].

However, the prognostic role of circulatory adiponectin in lung cancer remains controversial [12,14]. In this report, adiponectin expression does not correlate to lung cancer TN and stages. Lung cancer patients with low adiponectin expression ratio showed longer survival time.
than those with high expression. Thus, adiponectin expression may be a prognostic factor of NSCLC.

In this study, we also demonstrated that NSCLC patients with metastasis have significantly higher adiponectin expression ratio than those without metastasis. The overexpression of adiponectin by transfection can increase the invasive and metastatic ability of A549 cells, perhaps through the activation of MMPs (1, 9, 14). Adiponectin can inhibit colon [36,37] and liver [37] cancer cell migration but promotes prostatic and endometrial carcinoma growth. Therefore, the role of adiponectin in carcinogenesis is variable in different cancer cell types.

Thus far, three types of adiponectin receptors have been identified: the two main receptors AdipoR1 and AdipoR2 and one receptor similar to the cadherin family. AdipoR1 and AdipoR2 are seven trans-membrane proteins that can mediate fatty acid oxidation and glucose uptake via adiponectin binding. Functional adiponectin receptors are normally expressed in lung epithelial cells. Using immunohistochemical staining, Jamshid et al. demonstrated that the expression of AdipoR1 and AdipoR2 is lower in NSCLC tissue than in normal lung tissue. Here, we demonstrated an increased AdipoR1 protein expression and immunohistochemical staining in
NSCLC tissues. Silencing the AdipoR1 expression can block the effect of adiponectin on the migration and invasiveness of A549 cells. Blocking the AdipoR2 expression did not influence the migratory ability of A549 cells.

Curcumin has become an effective adjuvant agent in cancer therapy as it can modulate the activity of several transcription factors and their signaling pathways [38]. It can induce cellular apoptosis through the activation of the p38 pathway in lung cancer and ovarian tumor [39]. However, the regulatory role of curcumin in adiponectin expression remains unclear. We showed that curcumin inhibits adiponectin expression through the p38 and ERK pathways. Moreover, adiponectin can induce the activation of AKT pathway, which is also involved in the activation of NF-κB pathway in lung cancer.

In conclusion, adiponectin can be a novel potential prognostic marker of NSCLC. Except for classic chemotherapy, in vivo and in vitro results corroborate that curcumin may be used as an adjuvant agent in lung cancer therapy in the future. However, the poor absorption, metabolism, and bioavailability of curcumin may limit its clinical application. Several formulations have been prepared that include nanoparticles, liposomes, micelles, and phospholipid complexes, which could increase the bioavailability and promote longer circulation, better permeability, and resistance to metabolic processes of curcumin [40].
Materials and Methods

Tumor sample collection

The NSCLC and corresponding normal tissues were collected from 77 patients who underwent surgical resection between 2004 and 2011 at the Division of Thoracic Surgery, Department of...
Surgery, Kaohsiung Medical University Hospital. The tissue samples were immediately placed in liquid nitrogen for shipment to the laboratory and then stored in −80°C freezers until RNA isolation and protein extraction. Complete staging procedures, including chest radiography, bronchoscopy, computed tomography of the brain and thoracic cavity, sonography, and bone scintigraphy, were performed to precisely determine the tumor characteristics according to the TNM International Staging System for lung cancer [41]. All the patients were followed up until March 2012. Details of their demographic and survival data were updated.

Ethics statement

The koahsiung medical university hospital’s Institutional Review Board for Research approved the study protocol (KMUH-IRB-990357). All of the participants provided written informed consent.

RNA extraction and real-time PCR

Total RNA was isolated from frozen lung tumor tissues of NSCLC patients and corresponding normal adjacent lung tissues. RNA isolated from normal lung tissue, lung tumor tissue, and lung cancer cells was analyzed using real-time PCR, which was performed as described previously [42]. The following primers for real-time PCR were designed using the Primer Express software (RealQuant, Roche, Mannheim, Germany) using published sequences: human adiponectin sense primer: 5′-GTT GAT GGC AGA GAT GGC AC-3′ and adiponectin antisense primer: 5′- GCC TTG TCC TTC TTG AAG AG-3′ and human GAPDH sense primer: 5′-AGC CAC ATC GCT CAG ACA-3′ and GAPDH antisense primer: 5′-GCC CAA TAC GAC CAA ACA ATC C-3′.

Fluorescence data were acquired at the end of the extension. Melt analysis was performed for all products to determine the specificity of the amplification. In addition, the PCR products were electrophoresed on 1% agarose gels to confirm the presence of correct band sizes. The relative expression was calculated as a ratio of the expression in the lung cancer tissue compared to the expression in the normal adjacent tissue (tumor lesion/normal tissue >1, high expression, and <1, low expression) [42–44].

Immuno-histochemical staining

Tumor specimens were dissected from human lung tissue, fixed in 4% buffered formalin solution overnight, embedded in paraffin, and cut into 5-μm thickness sections. The paraffin sections were de-paraffinized with xylene and stained with anti-human adiponectin (GeneTex, Irvine, CA, USA), adiponectin receptor 1 (AdipoR1), and adiponectin receptor 2 (AdipoR2) (Santa Cruz, CA, USA). After washing with phosphate-buffered saline (PBS), the sections were incubated with horseradish peroxidase-conjugated secondary antibody for 1 h at room temperature. For color reactions, diaminobenzidine (DAB) was used and counterstained with hematoxylin. For negative controls, the antibody was replaced with control IgG.

Western blotting

Western blotting was performed as described previously [42], after which the membranes were treated with PBS containing 0.05% Tween 20 and 2% skimmed milk for 1 h at room temperature and incubated separately with mouse anti-human adiponectin (GeneTex, Irvine, CA, USA), AdipoR1, AdipoR2, p65, p50, MMPs (2, 9, 1, 3, 13, 14) (Santa Cruz, CA, USA), Histone H1, AKT/pAKT, P38/pP38 (Cell Signaling, Danvers, MA, USA), and β-actin (Abcam, Cambridge, MA, USA) for 1 h. After washing, the membranes were incubated with horseradish peroxidase-conjugated rabbit anti-goat or mouse IgG at room temperature. Immunodetection
was performed using chemiluminescence reagent plus NEN and exposure to Biomax MR Film (Kodak, Rochester, NY, USA).

**Culture of NSCLC cells**

Lung adenocarcinoma A549 cells (ATCC CCL-185) were cultured in flasks containing F12K growth medium supplemented with 5% fetal bovine serum (FBS), 100 U/mL penicillin, and 100 pg/mL streptomycin at 37°C in a humidified atmosphere of 95% air and 5% CO₂.

**Silencing the expression of adiponectin, adiponectin receptor 1, and adiponectin receptor 2 in A549 cells**

siRNA, a specific double-stranded 21-nucleotide RNA sequence homologous to the target gene, was used to silence the expression of AdipoR1, and AdipoR2. Human adiponectin siRNA sense primer: 5’-GUG UGG GAU UGG AGA CUU ATT-3’ and antisense primer: 5’- UAA GUC UCC AAU CCC ACA CTT-3’ (Santa Cruz, CA); human AdipoR1 siRNA sense primer: 5’-GGA CAA CGA CUA UCU GCA ACA-3’ and antisense primer: 5’-UCU AGC AGA UAG UCG UUG UCC-3’; and AdipoR2 siRNA sense primer: 5’-GGA GUU UCG UUU CAU GAU CGG-3’ and antisense primer: 5’-CCG AUC AUG AAA CGA AAC UCC-3’ were used (Sigma-Aldrich, Singapore).

The silencing effect of siRNA transfection was assessed by real-time PCR and immunoblotting. Briefly, the cells were grown in a six well plate and transiently transfected with 20 nM siRNA using 8μL siPORT Amine (Ambion, Austin, TX, USA) for a total transfection volume of 0.5 mL. After incubation at 37°C, under 5% CO₂ for 5 h, 1.5 mL of the normal growth medium was added, and the cells were incubated for 48 h.

**MTT assay for cell viability**

MTT assays were performed as described previously [42].

**In vitro migration/invasion analyses**

The migratory ability of the cells was assayed in a monolayer denudation assay, as described previously [42]. The confluent cells were wounded by scraping with a 100-μL pipette tip, which denuded a strip of the monolayer that was 300 μm in diameter. We washed the culture twice with PBS and added 5% FBS as a medium. After 24 hours, cells will migrated into the denuded area and were photographed. The areas were analyzed using the Wimasis WimScratch software, a new generation web-based image tool for cell migration analysis. Edge detection techniques can easily recognize the leading edge and the gap area. Users can upload the images and analysis will start automatically.

Cellular invasion was quantified using a modified Matrigel Boyden chamber assay. The BioCoat Matrigel invasion chamber (BD Biosciences, Bedford, MA) was used according to the manufacturer’s instructions. Cells (4 × 10⁴) in serum-free media were seeded onto Matrigel-coated filters. In the lower chambers, 5% FBS was added as a chemoattractant. After incubation for 24 h, the membrane was washed briefly with PBS and fixed with 4% paraformaldehyde. The upper side of the membrane was wiped gently with a cotton ball. The membrane was then stained using hematoxylin and removed. The magnitude of cell migration was evaluated by counting the migrated cells in 6 random clones under high power (×100) microscopic fields.

**Co-immunoprecipitation assay**

To determine the protein–protein interactions between adiponectin and p65 (NF-κB subunit), the cells were harvested using immunoprecipitation lysis buffer (GeneTex). Nuclear proteins
(800 μg) were cleared by incubating with protein A/G agarose beads (30 μL/tube), under rotating conditions, for 1 h at 4°C and then washed. The supernatants were collected and incubated with 2 μg of anti-adiponectin, anti-p65, or control rabbit IgG antibodies for 4 h. Protein A/G agarose beads (50 μL/tube) were then added to each tube, followed by overnight incubation at 4°C. The supernatants were removed by centrifuging at 12,000 ×g for 10 min and disrupted by boiling in 1% SDS. The immune complexes were analyzed by immunoblotting with anti-adiponectin and anti-p65 antibodies.

**Mouse model**

The animal use protocol was reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) of Kaohsiung Medical University (IACUC 99067). Eight-week-old BC-17 SCID mice were purchased from Lasco, Taiwan. The effect of curcumin in attenuating NSCLC cell (A549) growth was assessed using a subcutaneous (s.c.) xenograft tumor model. Mice were subcutaneously inoculated in the right flank with 5 × 10^7/ml cells, with one tumor site per rat. When the tumor growth reached 100 mm^3, the mice received intraperitoneal injection (IP) of curcumin (45 mg/kg) or vehicle (DMSO) five times each week.

After two weeks of treatment with the above-mentioned agents, the tumors were isolated and the proteins were harvested and stored at −80°C. Some tumor tissues were collected in a tube containing 4% paraformaldehyde/PBS and stored at 4°C for 12 h. After washing three times with PBS, the tissues were embedded in paraffin and cut into 5-μm sections. Hematoxylin and eosin (H&E) and immunohistochemical staining were performed to examine the morphology and expression of adiponectin and MMP proteins in tumor tissues.

**Drugs and inhibitors**

The PI3K/AKT and MAP kinase pathway inhibitors {PI3K (LY294002; 10 μM), AKT (API-59; 3 μM), MAPK inhibitors [PD98059 (10 μM), SB203580 (10 μM), and SP600125 (10 μM) for ERK, p38-MAPK, and JNK, respectively]}, and human adiponectin recombinant protein (Abcam, Cambridge, MA, USA) were used.

**Nuclear extract preparation and EMSA**

Nuclear protein extracts were prepared as previously described and analyzed using EMSA [42,45].

**Statistical analyses**

Statistical differences in the expression ratio of adiponectin and clinical parameters were tested using the student’s t-test or one-way analysis of variance (ANOVA). Survival curves were drawn using the Kaplan–Meier analysis. The results were expressed as mean ± SEM. Data were analyzed using the JMP software (SAS, JMP, Version 8.0, Cary, NC). The chi-square test was used for statistical analysis. One-way ANOVA was used to assess the differences among the groups. Statistical significance was set at p < 0.05.

**Acknowledgments**

This study was supported by the grants NSC 100–2320—B—037–012—MY2 from the National Science Council of R.O.C, Taiwan to Jong-Rung Tsai. The National Science Council of R.O.C, Taiwan is a government organization which is external to our university. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.
Author Contributions
Conceived and designed the experiments: JRT PLL IWC. Performed the experiments: JRT PLL YHC IWC. Analyzed the data: JRT PLL IWC. Contributed reagents/materials/analysis tools: JRT PLL YHC SHC YJC JJH IWC. Wrote the paper: JRT PLL IWC.

References
1. Koerner A, Kratzsch J, Klies W (2005) Adipocytokines: leptin—the classical, resistin—the controversial, adiponectin—the promising, and more to come. Best Pract Res Clin Endocrinol Metab 19: 525–546. PMID: 16311215
2. Diez JJ, Iglesias P (2003) The role of the novel adipocyte-derived hormone adiponectin in human disease. Eur J Endocrinol 148: 293–300. PMID: 12611609
3. Meier U, Gressner AM (2004) Endocrine regulation of energy metabolism: review of pathobiochemical and clinical aspects of leptin, ghrelin, adiponectin, and resistin. Clin Chem 50: 1511–1525. PMID: 15265818
4. Ukkola O, Santaniemi M (2002) Adiponectin: a link between excess adiposity and associated comorbidities? J Mol Med 80: 696–702. PMID: 12436346
5. Barb D, Pazzaitou-Parayiotou K, Mantzoros CS (2006) Adiponectin: a link between obesity and cancer. Expert Opin Investig Drugs 15: 917–931. PMID: 16859394
6. Dalamaga M, Diakopoulos KN, Mantzoros CS (2012) The role of adiponectin in cancer: a review of current evidence. Endocr Rev 33: 547–594. doi: 10.1210/er.2011-1015 PMID: 22547160
7. Petridou ET, Sergentanis TN, Antonopoulos CN, Dessypris N, Matsoukis IL, Aronis K, et al. (2011) Insulin resistance: an independent risk factor for lung cancer? Metabolism 60: 1100–1106. doi: 10.1016/j.metabol.2010.12.002 PMID: 21251684
8. Brakenhielm E, Veitonmaki N, Cao R, Kihara S, Matsuzawa Y, Zhivotovsky B, et al. (2004) Adiponectin-induced antiangiogenesis and antitumor activity involve caspase-mediated endothelial cell apoptosis. Proc Natl Acad Sci U S A 101: 2476–2481. PMID: 14983034
9. Man K, Ng KT, Xu A, Cheng Q, Lo CM, Xiao JW, et al. Suppression of liver tumor growth and metastasis by adiponectin in nude mice through inhibition of tumor angiogenesis and downregulation of Rho kinase/IFN-inducible protein 10/matrix metalloproteinase 9 signaling. Clin Cancer Res 16: 967–977. doi: 10.1158/1078-0432.CCR-09-1487 PMID: 20103676
10. Housa D, Vermerova Z, Heracek J, Prochazka B, Cechak P, Kuncova J, et al. (2008) Adiponectin as a potential marker of prostate cancer progression: studies in organ-confined and locally advanced prostate cancer. Physiol Res 57: 451–458. PMID: 17485703
11. Chiu YC, Shieh DC, Tong KM, Chen CP, Huang KC, Chen PC, et al. (2009) Involvement of AdipoR receptor in adiponectin-induced motility and alpha2beta1 integrin upregulation in human chondrosarcoma cells. Caniconogenesis 30: 1651–1659. doi: 10.1093/carcin/bgp156 PMID: 19549705
12. Karapanagiotou EM, Tschohatzis EA, Dilana KD, Tourkantonis I, Gratsias I, Syrigos KN (2008) The significance of leptin, adiponectin, and resistin serum levels in non-small cell lung cancer (NSCLC). Lung Cancer 61: 391–397. doi: 10.1016/j.lungcan.2008.01.018 PMID: 18542391
13. Kerenidi T, Lada M, Tsaroucha A, Georgoulas P, Mystridou P,ourgoulialis KI (2013) Clinical significance of serum adipokines levels in lung cancer. Med Oncol 30: 507. doi: 10.1007/s12032-013-0507-x PMID: 23430445
14. Petridou ET, Mitsiades N, Gialamas S, Angelopoulos M, Skalkidou A, Dysypris N, et al. (2007) Circulating adiponectin levels and expression of adiponectin receptors in relation to lung cancer: two case-control studies. Oncology 73: 261–269. doi: 10.1159/000127424 PMID: 18424891
15. Abdul-Ghafar J, Oh SS, Park SM, Wairagau P, Lee SN, Jeong Y, et al. (2013) Expression of adiponectin receptor 1 is indicative of favorable prognosis in non-small cell lung carcinoma. Tohoku J Exp Med 229: 153–162. PMID: 23358237
16. Satoskar RR, Shah SJ, Shenoy SG (1986) Evaluation of anti-inflammatory property of curcumin (diferuloyl methane) in patients with postoperative inflammation. Int J Clin Pharmacol Ther Toxicol 24: 4297–4300. PMID: 3546186
17. Negi PS, Jayaprakasha GK, Jagan Mohan Rao L, Sakariah KK (1999) Antibacterial activity of turmeric oil: a byproduct from curcumin manufacture. J Agric Food Chem 47: 4297–4300. PMID: 10352805
18. Lee YK, Park SY, Kim YM, Park OJ (2009) Regulatory effect of the AMPK-COX-2 signaling pathway in curcumin-induced apoptosis in HT-29 colon cancer cells. Ann N Y Acad Sci 1171: 489–494. doi: 10.1111/j.1749-6632.2009.04699.x PMID: 19723094
19. Kunnumakkara AB, Anand P, Aggarwal BB (2008) Curcumin inhibits proliferation, invasion, angiogenesis and metastasis of different cancers through interaction with multiple cell signaling proteins. Cancer Lett 269: 199–225. doi: 10.1016/j.canlet.2008.03.009 PMID: 18479807

20. Li Y, Zhang J, Ma D, Zhang L, Si M, Yin H, et al. (2012) Curcumin inhibits proliferation and invasion of osteosarcoma cells through inactivation of Notch-1 signaling. FEBS J 279: 2247–2259. doi: 10.1111/j.1742-4658.2012.08607.x PMID: 22521131

21. Chen HW, Lee JY, Huang JY, Wang CC, Chen WJ, Su SF, et al. (2008) Curcumin inhibits lung cancer cell invasion and metastasis through the tumor suppressor HLJ1. Cancer Res 68: 7428–7438. doi: 10.1158/0008-5472.CAN-07-6734 PMID: 18794131

22. Maheshwari RK, Singh AK, Gaddipati J, Srimal RC (2006) Multiple biological activities of curcumin: a short review. Life Sci 78: 2081–2087. PMID: 16413584

23. Chen QY, Lu GH, Wu YQ, Zheng Y, Xu K, Wu LJ, et al. (2010) Curcumin induces mitochondria pathway mediated cell apoptosis in A549 lung adenocarcinoma cells. Oncol Rep 23: 1285–1292. PMID: 20372842

24. Wu SH, Hang LW, Yang JS, Chen HY, Lin HY, Chiang JH, et al. (2010) Curcumin induces apoptosis in human non-small cell lung cancer NCI-H460 cells through ER stress and caspase cascade- and mitochondria-dependent pathways. Anticancer Res 30: 2125–2133. PMID: 20651361

25. Aggarwal BB, Kumar A, Bharti AC (2003) Anticancer potential of curcumin: preclinical and clinical studies. Anticancer Res 23: 363–398. PMID: 12680238

26. Gottschling S, Schnabel PA, Herth FJ, Herpel E (2012) Are we missing the target? Cancer stem cells and drug resistance in non-small cell lung cancer. Cancer Genomics Proteomics 9: 275–286. PMID: 22990107

27. Shishodia S, Chaturvedi MM, Aggarwal BB (2007) Role of curcumin in cancer therapy. Curr Probi Cancer 31: 243–305. PMID: 17645940

28. Mareel M, Madani I (2006) Tumour-associated host cells participating at invasion and metastasis: targets for therapy? Acta Chir Belg 106: 635–640. PMID: 17290685

29. Menon LG, Kuttan R, Kuttan G (1995) Inhibition of lung metastasis in mice induced by B16F10 melanoma cells by polyphenolic compounds. Cancer Lett 95: 221–225. PMID: 7566234

30. Menon LG, Kuttan R, Kuttan G (1999) Anti-metastatic activity of curcumin and catechin. Cancer Lett 141: 159–165. PMID: 10454257

31. Hong JH, Ahn KS, Bae E, Jeon SS, Choi HY (2006) The effects of curcumin on the invasiveness of prostate cancer in vitro and in vivo. Prostate Cancer Prostatic Dis 9: 147–152. PMID: 16389254

32. Aggarwal BB, Shishodia S, Takada Y, Banerjee S, Newman RA, Bueso-Ramos CE, et al. (2005) Curcumin suppresses the paclitaxel-induced nuclear factor-kappaB pathway in breast cancer cells and inhibits lung metastasis of human breast cancer in nude mice. Clin Cancer Res 11: 7490–7498. PMID: 16243823

33. MacDougald OA, Burant CF (2007) The rapidly expanding family of adipokines. Cell Metab 6: 159–161. PMID: 17767903

34. Ziemke F, Mantzoros CS (2010) Adiponectin in insulin resistance: lessons from translational research. Am J Clin Nutr 91: 2585S–261S. doi: 10.3945/ajcn.2009.28449C PMID: 19906806

35. Barb D, Williams CJ, Neuwirth AK, Mantzoros CS (2007) Adiponectin in relation to malignancies: a review of existing basic research and clinical evidence. Am J Clin Nutr 86: s858–s866. PMID: 18265479

36. Ishikawa M, Kitayama J, Yamauchi T, Kadowaki T, Maki T, Miyato H, et al. (2007) Adiponectin inhibits proliferation and peritoneal metastasis of gastric cancer through its specific membrane receptors AdipoR1 and AdipoR2. Cancer Sci 98: 1120–1127. PMID: 17459059

37. Man K, Ng KT, Xu A, Cheng Q, Lo CM, Xiao JW, et al. (2010) Suppression of liver tumor growth and metastasis by adiponectin in nude mice through inhibition of tumor angiogenesis and downregulation of Rho kinase/IFN-inducible protein 10/matrix metalloproteinase 9 signaling. Clin Cancer Res 16: 967–977. doi: 10.1158/1078-0432.CCR-09-1487 PMID: 20103676

38. Shehzad A, Lee YS (2013) Molecular mechanisms of curcumin action: signal transduction. Biofactors 39: 27–36. doi: 10.1002/biof.1065 PMID: 23303697

39. Watson JL, Greenshields A, Hill R, Hilchie A, Lee PW, Giacomantonio CA, et al. (2010) Curcumin-induced apoptosis in ovarian carcinoma cells is p53-independent and involves p38 mitogen-activated protein kinase activation and downregulation of Bcl-2 and survivin expression and Akt signaling. Mol Carcinog 49: 13–24. doi: 10.1002/mc.20571 PMID: 19676105

40. Prasad S, Tyagi AK, Aggarwal BB (2014) Recent developments in delivery, bioavailability, absorption and metabolism of curcumin: the golden pigment from golden spice. Cancer Res Treat 46: 2–18. doi: 10.4143/crt.2014.46.1.2 PMID: 24520218
41. Mountain CF (1997) Revisions in the International System for Staging Lung Cancer. Chest 111: 1710–1717. PMID: 9187198

42. Tsai JR, Liu PL, Chen YH, Chou SH, Yang MC, Cheng YJ, et al. (2014) Ginkgo biloba extract decreases non-small cell lung cancer cell migration by downregulating metastasis-associated factor heat-shock protein 27. PLoS One 9: e91331. doi: 10.1371/journal.pone.0091331 PMID: 24618684

43. Sarhadi VK, Wikman H, Salmenkivi K, Kuosma E, Sioris T, Salo J, et al. (2006) Increased expression of high mobility group A proteins in lung cancer. J Pathol 209: 206–212. PMID: 16521118

44. Wikman H, Kettunen E, Seppanen JK, Karjalainen A, Hollmen J, Anttila S, et al. (2002) Identification of differentially expressed genes in pulmonary adenocarcinoma by using cDNA array. Oncogene 21: 5804–5813. PMID: 12173052

45. Liu PL, Tsai JR, Charles AL, Hwang JJ, Chou SH, Ping YH, et al. (2010) Resveratrol inhibits human lung adenocarcinoma cell metastasis by suppressing heme oxygenase 1-mediated nuclear factor-kappaB pathway and subsequently downregulating expression of matrix metalloproteinases. Mol Nutr Food Res 54 Suppl 2: S196–204. doi: 10.1002/mnfr.200900550 PMID: 20461740