We study the physics of two species of non-relativistic hard-core bosons with attractive or repulsive delta function interactions on a spacetime lattice using the worldline formulation. By tuning the chemical potential carefully we show that worm algorithms can efficiently sample the worldline configurations in any fixed particle-number sector. Since fermions can be treated as hard-core bosons up to a permutation sign, we also apply this approach to non-relativistic fermions. The fermion permutation sign is treated as an observable in this approach and can be used to extract energies for each particle-number sector. Since in one dimension non-relativistic fermions can only permute due to boundary effects, unlike the auxiliary field method, in many cases our approach does not suffer from sign problems. Using our method we discover limitations of the recently proposed complex Langevin calculations in one dimension.
1. Introduction

Effective field theories of strongly coupled particles with short-range contact interactions are ubiquitous. For example, in nuclear physics, pionless effective field theory \[1\] has been successfully used to describe low atomic number nuclei. In condensed matter physics, this has been applied to cold atoms to explain universal behavior of systems with large scattering lengths \[2\]. Such theories are also being explored to describe dark matter candidates such as axions \[3\] and to look at signatures of bound states of dark matter \[4, 5\]. In particle physics, EFTs with contact interactions have been used to describe the quarkonium spectra, e.g., exotics such as X(3872) \[6\].

Analytic computations for such EFTs are very limited in the non-perturbative regime. For few-nucleon physics in pionless EFT, for instance, one can do analytic calculations for two-body systems (such as deuteron) and even three-body systems (such as helium-3, triton) to some extent. However, the problem for anything more than three bodies quickly becomes intractable, except in cases with extra symmetries \[7, 8\]. Further, the renormalization group behavior is still being debated \[9\] and will be important for higher-order calculations. In the case of many body physics, the unitary Fermi gas offers an example of a non-perturbative system of great theoretical and experimental interest \[10\].

Lattice formulations offer a window into the non-perturbative features of such theories. The state of the art methods are typically based on auxiliary field Monte Carlo techniques (see recent reviews \[11, 12\] for lattice nuclear EFTs), which unfortunately suffer from sign problems in many cases of interest. This is even true for systems in one spatial dimension, which have recently become exciting due to the advent of experimental realizations with ultracold atoms in confining traps \[13\]. One spatial dimension is then a good testing ground for new approaches to solve sign problems, especially since exact solutions are available in several cases \[14, 15, 16\]. Ref. \[17\] recently used the complex Langevin (CL) approach to study two species of mass-imbalanced fermions in one spatial dimension with a delta-function interaction, given by the continuum Hamiltonian

\[
H = \int dx \left( -\sum_{\sigma=\uparrow, \downarrow} \frac{1}{2m_\sigma} \psi_\sigma^\dagger \psi_\sigma \partial_x^2 \psi_\sigma + g \psi_\uparrow^\dagger \psi_\uparrow \psi_\downarrow^\dagger \psi_\downarrow \right).
\]

In one spatial dimension, the sign problem is also absent in the worldline formulation \[18, 19\] under certain conditions. This is because fermions effectively become hard-core bosons up to boundary effects. Motivated by this, we construct a general worldline approach to study the physics of hard-core bosons, which we describe in the next section.

2. Model and Parameters

We work with the following discretization of the Hamiltonian (1.1) for hard-core bosons,

\[
H = -\sum_{i, \sigma} t_\sigma \left( c_{i, \sigma}^\dagger c_{i+1, \sigma} + c_{i+1, \sigma}^\dagger c_{i, \sigma} - 2 c_{i, \sigma}^\dagger c_{i, \sigma} \right) + \frac{U}{a} \sum_i N_{i, \uparrow} N_{i, \downarrow},
\]

where \(c_{i, \sigma}, c_{i, \sigma}^\dagger\) are bosonic creation and annihilation operators for the two species of particles, say spin up (\(\sigma = \uparrow\)) and spin down (\(\sigma = \downarrow\)), at the site \(i\) on a one-dimensional spatial lattice, \(a\) is the lattice spacing in a box of size \(L_X\), so that the physical box size is \(L = L_X a\). The hopping
parameter \( t_\sigma \) for the species \( \sigma \) is related to the mass \( m_\sigma \) of the \( \sigma \)-particles by \( t_\sigma = 1/(2m_\sigma a^2) \). The two particle species have an on-site interaction term written in terms of site occupation number operators \( N_{i,\sigma} = c_i^\dagger_\sigma c_{i,\sigma} \) and the bare coupling constant \( U \). In addition, we impose the hard-core boson constraint, which means that we do not allow states with more than one particle of a given type on each site; in other words, the site occupation numbers for each species can only take two values: \( N_{i,\sigma} \in \{0, 1\} \). Conveniently, there is no subtlety in taking the continuum limit in this case.

The lattice model (2.1) reproduces the continuum Hamiltonian (1.1) in the naive continuum limit \( a \to 0 \) with \( U = g \).

Let \( N_\sigma = \sum_i N_{i,\sigma} \) be the number of \( \sigma \)-particles, so that \( N = N_\uparrow + N_\downarrow \) is the total number of particles, and let \( n = N/L \) be the number density. We then parameterize the interaction strength by \( \gamma = U/n \). To discuss mass-imbalanced systems, we use the mass-imbalance parameter \( m = m_\uparrow - m_\downarrow \) and the average mass \( m = (m_\uparrow + m_\downarrow)/2 \). We report all energies in units of the Fermi gas energy \( E_{FG} = N\varepsilon_F/3 \), which is the ground-state energy of spin- and mass-balanced \( N \) free fermions in the continuum, with \( \varepsilon_F = \pi^2n^2/8m \) being the Fermi energy of this system. We also set average mass \( m = 1 \) and lattice spacing \( a = 1 \) throughout.

In this work, we shall focus on computing the ground-state energy \( E_{N_\uparrow,N_\downarrow} \) of the lattice model (2.1) for hard-core bosons in the \((N_\uparrow,N_\downarrow)\) particle-number sector in one spatial dimension. To develop a worldline approach for computing the ground-state energy, we define the partition function in a given particle-number subspace,

\[
Z_{N_\uparrow,N_\downarrow}^{N_\sigma} (\beta) = \text{Tr} \left( e^{-\beta H_\mu} \right) |_{N_\uparrow,N_\downarrow},
\]

where \( \beta \) is the inverse temperature, and we use the Hamiltonian defined in Eq. (2.1) with a chemical potential \( \mu_\sigma \) for the species \( \sigma \),

\[
H_\mu = H - \sum_{\sigma = \{\uparrow, \downarrow\}} \mu_\sigma N_\sigma.
\]

The average energy at a given \( \beta \) is then,

\[
\langle E \rangle_{N_\uparrow,N_\downarrow} = \frac{1}{Z_{N_\uparrow,N_\downarrow}^{N_\sigma} (\beta)} \text{Tr} \left( H_\mu e^{-\beta H_\mu} \right) \big|_{N_\uparrow,N_\downarrow}.
\]

Due to the restriction to a fixed particle-number subspace, the chemical potential drops out of this expression and we indeed get the ground-state energy of \( H \) in the \((N_\uparrow,N_\downarrow)\) sector for large \( \beta \),

\[
E_{N_\uparrow,N_\downarrow}^0 = \lim_{\beta \to \infty} \langle E \rangle_{N_\uparrow,N_\downarrow}.
\]

If we can construct an efficient method to sample from the partition function (2.2), then we can compute the ground-state energies easily. This can be achieved using worm algorithms in the worldline formulation with a careful tuning of the chemical potential.

### 3. Worldline Formulation and the Worm Algorithm

We write the Hamiltonian as \( H = H_h + H_d \), where \( H_d \) is diagonal in the occupation number basis, and \( H_h \) is the off-diagonal hopping term. Expanding the partition function as a Dyson series,
where evaluated in the occupation number basis, would still lead to a sum over the same worldline
which is the same as the average energy defined in Eq. (2.4) in the
The average energy is then

\[ \langle E \rangle = \frac{1}{Z} \sum_C E(C) \Omega(C). \tag{3.5} \]

which is the same as the average energy defined in Eq. (2.4) in the \( \epsilon \to 0 \) limit.

### 3.1 Fermions and the Sign Problem in 1+1D

Our model is defined with hard-core bosons. If we have fermions instead, the trace in Eq. (3.1),
when evaluated in the occupation number basis, would still lead to a sum over the same worldline
configurations but with an additional sign from the permutation of fermionic worldlines. That
motivates the definition of the fermionic partition function as \( Z_f = \sum_C S(C) \Omega(C) \), where \( S(C) \) is the
sign associated with the configuration \( C \). We can now see how the worldline approach leads to a
solution of the sign problem \[ \text{[18]. In one spatial dimension with only nearest neighbor hops, the}
particle worldlines cannot cross each other. So the sign can come only from a cyclic permutation,
as shown in Figure 2. For fermions in a box with periodic boundary conditions, the sign of a
configuration from such a cyclic permutation is

\[ S(C) = (-1)^{\sum_{\sigma} (N_{\sigma}(C) - 1) N_{w}^\sigma(C)}, \tag{3.6} \]

where \( N_{w}^\sigma \) is the number of times the \( \sigma \)-particle worldlines wind around the periodic box. In
particular, if \( N_{\sigma} \) and \( N_{i} \) are both odd, then \( S(C) = 1 \). Moreover, with open boundary conditions or
in a trapping potential, the fermions cannot wind around the box, so \( N_{w}^\sigma = 0 \) and again the sign
problem is solved. As promised, fermions become hard-core bosons in all these cases. However,
this argument does not work in higher dimensions since fermions can simply wind around each
other, and the sign problem returns.
4. Results for Fermions in One Spatial Dimension

As a check of our method, we compute the ground-state energy for the mass-balanced case, that is, $m = 0$. For fermions, this is the Hubbard model and can be exactly solved using the Bethe ansatz [16]. Figure 3a shows our results for the ground-state energy of $N_\uparrow = N_\downarrow = 5$ fermions with a varying repulsive interaction in a box of size $L_X = 40$. Our results are in excellent agreement with the exact results. We also compare with the CL results published in Ref. [17]. We find the CL results to be in disagreement with both the Bethe ansatz and the worm algorithm for moderately strong repulsive couplings.

We then consider the case of mass-imbalanced fermions with a repulsive interaction. Figure 3b shows our results for $N_\uparrow = N_\downarrow = 5$ fermions with a high mass-imbalance $m = 0.8$ in a box of size $L_X = 40$. In this range of coupling, we find excellent agreement with second-order perturbation theory. However, we find the CL results from Ref. [17] to again be in disagreement with our results. The authors of Ref. [17] note a ‘flattening’ of the ground-state energy for strong repulsive couplings, which we do not see with our method. However, they do point out that the observables in the CL approach have ‘fat-tailed distributions’ for repulsive couplings, which may be a hint that CL is converging to incorrect results in this regime. As we see in Fig. 3, this is indeed the case.

5. Conclusions

We developed a worldline approach to study the few-body physics of two species of hard-core bosons. In one spatial dimension, fermions become hard-core bosons in this approach and we can study fermions without a sign problem. We showed that we can efficiently compute ground-state energies in any given particle-number sector using the worm algorithm with a carefully tuned
Figure 3: Plots of the ground-state energy for $N_\uparrow = N_\downarrow = 5$ fermions, in a box of size $L_X = 40$, as a function of coupling strength $\gamma$ in the repulsive regime for the mass-balanced case $m = 0.0$ (left) and high mass imbalanced case $m = 0.8$ (right). For $m = 0.0$, we also show the exact results computed from the Bethe ansatz. The CL results from Ref. [17] begin to deviate from the exact results and the worm algorithm around $\gamma \gtrsim 2$. For the mass-imbalanced case (right), we find disagreement even in the regime where second-order perturbation theory works well.

chemical potential. We found that the CL method of Ref. [17] converges to the wrong results for repulsive interactions as the coupling strength grows, as suspected by the authors. We verified this using exact computations from the Bethe ansatz for the mass-balanced case, and second-order perturbation theory. Our results here pave the way for further studies of more general contact EFTs on the lattice in higher dimensions, and provide an important benchmark for other methods, such as complex Langevin, being used to circumvent the sign problem.

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