Real-time diagrammatic approach to current-induced forces: Application to quantum-dot based nanomotors

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During the last years there has been an increasing excitement in nanomotors and particularly in current-driven nanomotors. Despite the broad variety of stimulating results found, the regime of strong Coulomb interactions has not been fully explored for this application. Here we consider nanoelectromechanical devices composed by a set of coupled quantum dots interacting with mechanical degrees of freedom taken in the adiabatic limit and weakly coupled to electronic reservoirs. We use a real-time diagrammatic approach to derive general expressions for the current-induced forces, friction coefficients, and zero-frequency force noise in the Coulomb blockade regime of transport. We prove our expressions accomplish with Onsager’s reciprocity relations and the fluctuation-dissipation theorem for the energy dissipation of the mechanical modes. The obtained results are illustrated in a nanomotor consisting of a double quantum dot capacitively coupled to some rotating charges. We analyze the dynamics and performance of the motor as function of the applied voltage and loading force for trajectories encircling different triple points in the charge stability diagram.

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I. INTRODUCTION

Not so long ago the scientific community wondered if current-induced forces (CIFs) in nanoscale devices could be used for something else other than heating and damaging the conductors.1–2 Few years later, the interest rapidly evolved towards the design and control of efficient nanomotors powered by direct currents3–11. This last was also fueled by recent seminal experiments.12–15 The fast development of the topic is surely a consequence of the great interest it arouses. This is understandable considering that macroscopic engines have played a major role in the development of modern civilization and that biological nanomotors make complex life possible as we know it.16–20 These facts naturally awake the imagination towards the uncountable applications where the research could lead us one day. However, the development of efficient and reliable current-induced nanomotors is still an open challenge in current nanoscience and nanotechnology.

Recent theoretical works on the topic have shed light into the intrinsic mechanisms of the CIFs and its application to the development of current-driven nanomotors. For example, the origin of the nonconservative part of the CIF23 and its sharp activation with bias voltages24. In general nonequilibrium conditions, it was shown that the CIF does not only contain a frictional term, but also a Lorentz-like term associated with a Berry-phase contribution.25 In molecular junctions, the CIF can induce a renormalization of the vibrational modes coupled to the molecule, thus affecting the structure and stability of the electronic device.26 The application of CIFs in nanomotors allowed for the establishment of a fundamental relation with the concept of adiabatic quantum pumping.27 Indeed, this relation leads to the term “adiabatic quantum motor,” and applies when the mechanical degrees of freedom are slow compared to the electronic time scales and can be treated as classical. In such devices, efforts were made in understanding the role of decoherence,28 together with the interplay between conservative forces, nonconservative ones, and dissipation in the motor dynamics.29 Moreover, it was predicted that for non-linear stochastic dynamics, the force fluctuations tend to enhance the pumping mechanism under resonant conditions.23 In the context of ac-driven quantum systems, a generalized thermoelectric framework was derived to connect different response coefficients through Onsager’s reciprocity relations.30 Applied to adiabatic quantum motors, for example, this allows one to relate the work done by the CIF with charge and heat pumped currents. Similar Onsager’s relations were used to derive mutual electron-phonon drag effects through coherent molecular conductors and to relate them with both quantum pumping and CIFs.23

Most of the above mentioned works deal with systems where the electron-electron interaction can be either neglected or treated on a mean-field level. However, research on CIFs is not restricted to this parameter range. Some related works are based on the Coulomb blockade regime of transport, characterized by a dominant electronic repulsion and a weak coupling to the electrodes. Examples are molecular rotary motors driven by electron tunneling,28–29 where the force is exerted by an electrostatic field subtended between the leads; and quantum shuttles,30–32 where a movable island transfers the electronic charges between source and drain leads. Nonequilibrium Green’s function methods, for example, can be used to include electron-electron interactions, though this is usually done perturbatively and its application can be cumbersome.33 Other techniques usually rely on the self-consistent time integration of an effective rate equation including both electronic and mechanical degrees of freedom. However, the separation between their time-scales is either not exploited or taken into account through ad-hoc assumptions.

In view of this, it results desirable to explore adiabatic quantum motors through appropriate formalisms to include the strong Coulomb interaction exactly and, on the same time, able to exploit the separation between different time-scales. To give a complete understanding of the interplay between
these degrees of freedom, it would be also important to include current-induced dissipation of the mechanical energy as well as current-induced noise in the forces.

In this work, we use a real-time diagrammatic approach\cite{30,35} to derive general expressions for the CIFs, friction coefficients, and random fluctuations of forces in many-body systems consisting of coupled quantum dots interacting locally with slow classical degrees of freedom (see Fig. 1). Taking advantage of the different time scales of the processes involved, the expressions derived here do not require the full integration of the time-dependent Liouville-von Neumann equations for the reduced density matrix of the local system, as transient effects can be disregarded. Instead, they are naturally obtained from a perturbative treatment in the oscillation frequency of the mechanical modes. The diagrammatic theory employed here provides a rigorous formal tool, derived from first principles, that allows one to clearly control the level of approximation in both the tunnel coupling and the modulation frequency.\cite{36} Although we restrict ourselves to leading order in the weak coupling to the leads and assume an adiabatic approximation for the classical mechanical degrees of freedom, the found expressions can be formally extended to higher orders in the adiabatic expansion and/or in the tunnel coupling.\cite{37,38} It should be mentioned that there is a precedent of the application of the real-time diagrammatic approach to CIFs, done in Ref.\cite{39} There, the authors numerically evaluated the work per cycle done by the CIFs and its connection with the pumped charge within the linear bias regime. This was done particularly in a potential nanomotor (or quantum pump) based on a double quantum dot and motivated by recent experiments on a carbon nanotube based mechanical resonator.\cite{40} In the present work, we extend those formulas to general quantum dot systems and include dissipation and force noise. In addition, we formally prove the Onsager’s reciprocity relations connecting the CIFs to the tunnel currents as well as the fluctuation dissipation theorem for the force. We also explicitly treat the dynamical problem of the mechanical modes as well as the performance of the nanomotors in terms of the thermodynamic efficiency and the output power.

The paper is organized as follows. In section II we present the general model that describes the type of system treated in this work. In section III, we briefly overview the real-time diagrammatic approach and then we give the general expressions for the CIFs and current-induced friction coefficients. In this section we also derive within this formalism the Onsager’s reciprocity relation for the charge currents and the CIFs and then we prove the fluctuation-dissipation relation between the force correlation function and the current-induced friction. In section IV we illustrate the role of these expressions in a double quantum dot based nanomotor, where each one of the dots interact with a charged rotor. We analyze its dynamics and performance in terms of the applied bias, loading force, and other parameters of the system. Finally, in section V we summarize the main results.

II. MODEL AND FORMALISM

A. General model

Hamiltonian - We consider quantum dot systems (from hereon the local system) in which both electronic and mechanical degrees of freedom are present and coupled to each other. Such a local system is represented through the Hamiltonian

$$\hat{H}_{\text{sys}} = \hat{H}_d(\hat{X}) + \frac{\hat{P}^2}{2m} + U(\hat{X}, t),$$

(1)

where $\hat{X} = (\hat{X}_1, ..., \hat{X}_N)$ is the vector of mechanical coordinates and $\hat{P} = (\hat{P}_1, ..., \hat{P}_N)$ collects their associated momenta. $m$ is the effective mass related to $\hat{X}$ and $U$ represents some external potential which might be present. The time dependence on $U$ emphasizes the fact that some external agent can exert work on the system. The Hamiltonian $\hat{H}_d$ includes both the electronic degrees of freedom and its coupling to the mechanical ones through

$$\hat{H}_d(\hat{X}) = \sum_\alpha E_\alpha(\hat{X}) |\alpha\rangle \langle \alpha|,$$

(2)

where the sum runs over all possible electronic many-body $\alpha$-eigenstates. In App. A we show that any explicit $X$-dependence on $|\alpha\rangle$ can be disregarded on the level of approximation we are going to take throughout this work. As schematically shown in Fig. 1, the local system is weakly coupled to left ($L$) and right ($R$) leads and the full Hamiltonian reads $\hat{H} = \hat{H}_{\text{sys}} + \hat{H}_{\text{res}} + \hat{H}_{\text{lead}}$. The leads are described as reservoirs of noninteracting electrons through the Hamiltonian

$$\hat{H}_{\text{res}} = \sum_r \hat{H}_r = \sum_{r k \sigma} \hat{c}_{r k \sigma}^\dagger \hat{c}_{r k \sigma},$$

(3)

where $\hat{c}_{r k \sigma}^\dagger$ ($\hat{c}_{r k \sigma}$) creates (annihilates) an electron in the lead $r = L, R$ with spin $\sigma = \uparrow, \downarrow$ and state index $k$. As usual, the reservoirs are assumed to be at thermal equilibrium, characterized by a temperature $T$ and electrochemical potentials.
The tunnel coupling between the local system and the leads is determined by the tunnel Hamiltonian

\[ \hat{H}_{\text{tunnel}} = \sum_{r \neq \sigma} (t_{\text{rf}} \hat{d}^\dagger_{\text{fr}} \hat{c}_{\text{r\sigma}} + \text{H.c.}) . \]  

(4)

Here \( t_{\text{rf}} \) are the tunnel amplitudes which, for simplicity, we assume to be \( k \) and \( \sigma \) independent. The fermion operator \( \hat{d}^\dagger_{\text{fr}} \) (\( \hat{d}_{\text{fr}} \)) creates (annihilates) one electron in the single-particle state \( \ell \) of the local system with spin \( \sigma \). The tunnel-coupling strengths \( \Gamma_{\text{rf}} = 2\pi \nu_{\text{ef}} |t_{\text{rf}}|^2 \) characterize the rate at which the tunnel processes take place. Here \( \nu_{\text{ef}} \) is the density of states in the \( r \)-lead, which is assumed to be energy-independent and with a band cutoff \( D \), the largest energy scale. Note that \( \hat{H}_{\text{el}} \) was defined in the eigenstate basis while \( \hat{H}_{\text{tunnel}} \) is referred to the single-particle energy levels. Thus, the tunnel matrix elements accounting for transitions between different eigenstates are obtained as linear superpositions of the above tunnel amplitudes.29

**Langevin dynamics** - As a first step in the derivation of the dynamics of the mechanical system we start from the Heisenberg equation of motion for \( \hat{P} \)

\[ m \ddot{X} + \nabla U(X,t) = -\nabla H_{\text{el}}(X) . \]  

(5)

The measured value of the involved operators can be taken as its mean value plus some fluctuation around it, i.e. \( A = \langle \hat{A} \rangle + \xi_A \). We will work under the nonequilibrium Born-Oppenheimer approximation,33 SM1,11,12,29 (or Ehrenfest approximation,12,41,42) where the dynamics of the electronic and mechanical degrees of freedom are well separated and the latter can be treated classically. This allows us to neglect fluctuations in the left hand side of Eq. (5) and then to obtain the following Langevin equation for the mechanical degrees of freedom:

\[ m \ddot{X} + \nabla U + F_{\text{load}} = \langle \hat{F} \rangle + \xi , \]  

(6)

where \( \langle \hat{F} \rangle = -\langle \nabla H_{\text{el}} \rangle = i \langle [\hat{H}_{\text{el}}(X), \hat{P}] \rangle \) and \( \xi \) accord for the mean value and the fluctuation of the CIF, respectively. Notice we have split the external force [the force arising from the external potential in Eq. (1)] into conservative \( (-\nabla U) \) and nonconservative \( (F_{\text{load}}) \) terms. This last plays the role of an eventual loading force, typically opposed to the mechanical motion (for this reason we use a minus sign in \( F_{\text{load}} \)). The main task therefore relies on the calculation of the expectation value of the CIF, which will be derived in Sec. III. Once this force is obtained, we can use Eq. (6) to integrate the classical equations of motion and obtain \( X(t) \). Finally, notice we are describing the motion of the mechanical degrees of freedom only through the mean value of \( X \), which is reasonable for large or massive objects. For smaller mechanical systems such as molecules or ions, however, some form of semiclassical approximation may be needed, see e.g. Ref.44

**Observables** - The time evolution of the expectation value of an arbitrary operator \( \hat{R} \) is formally obtained by

\[ R(t) = \langle \hat{R}(t) \rangle = \text{tr} \hat{R} \hat{\rho}(t) , \]  

(7)

where \( \hat{\rho}(t) \) is the full system’s density operator and the trace involves all electronic degrees of freedom. In this work, we focus on two observables: The charge tunnel current \( I_r(t) = \langle \hat{I}_r(t) \rangle \) entering the \( r \)-lead, and the current-induced force \( F(t) = \langle \hat{F}(t) \rangle \) exerted on the mechanical degrees of freedom. Since in the decoupled system \( (\hat{H}_{\text{sys}} + \hat{H}_{\text{res}}) \) the number of particles is conserved, the operator related to the charge current is given by

\[ \hat{I}_r = i[\hat{H}_{\text{tunnel}}, \hat{N}_r] , \]  

(8)

where \( \hat{N}_r \) is the number operator for the electrons in the reservoir \( r \) and we use the sign convention that the particle current is positive when it flows towards the local system. On the force side, the local coupling to the mechanical degrees of freedom enters through the eigenenergies of \( \hat{H}_{\text{el}} \). Thus, the CIF only involves fermionic operators of the local system, such that its related observable can be obtained by tracing out the system’s degrees of freedom:

\[ F(t) = \text{tr}_{\text{sys}} \hat{F} \hat{\rho}(t) , \]  

(9)

where \( \hat{\rho}(t) = \text{tr}_{\text{res}} \hat{\rho}(t) \) is the reduced density operator of the local system. In the next section, we will use the real-time diagrammatic approach of Ref.30 to calculate \( \hat{\rho}(t) \) and derive the explicit expressions for both the (local) force and the tunnel current expectation values.

### III. REAL-TIME DIAGRAMMATIC APPROACH

The relevant part of the system’s reduced density matrix, namely, its diagonal elements, can be obtained after tracing out the degrees of freedom of the leads. The time evolution of the occupation probabilities, represented by the vector \( p(t) \), is governed by the generalized master equation.30

\[ \frac{d}{dt} p(t) = \int_{t'}^\tau dt' W(t, t') p(t') . \]  

(10)

The change in the occupation probabilities, due to electron tunnel processes between the local system and the leads, is described by the evolution kernel \( W(t, t') \). This kernel collects all irreducible diagrams in the Keldysh double contour and its matrix elements \( W_{\alpha\beta}(t, t') \) describe the transition from a state \( |\beta\rangle \) at time \( t' \) to a state \( |\alpha\rangle \) at time \( t \). At the level of approximation we work here, the transport properties are completely determined by the diagonal elements [see Eq. (2)] of the reduced density operator. The off-diagonal elements, related to coherent superpositions of different eigenstates, are decoupled from the diagonal ones due to charge and spin conservation in the tunnel event and/or a marked difference in their dynamical time scales. Therefore, they do not affect the observables of interest (i.e. charge tunnel current and CIF). A charge current flow, due to a possibly fixed bias voltage, induces a periodic motion of the mechanical system. In particular, we will focus on systems where the mechanical freedom is able to reach a stationary regime characterized by a cyclic motion with period \( \tau = 2\pi/\Omega \). This mechanical motion, in
turn, produces a modulation in the system’s energies which leads to an additional pumping current. In this sense, the adiabatic expansion used in Refs. [30, 31] and [35] to describe the pumping mechanism can be equally used here. To this end, we will work in the adiabatic regime where the period $\tau$ of the mechanical modulation is larger than the typical time spent by the electrons inside the local system. Strictly speaking, the frequency $\Omega$ and energy amplitude $\delta$ associated with the mechanical motion are limited by the adiabaticity condition $\Omega/\Gamma \ll k_B T / \delta$. It is important to note that, unlike typical adiabatic pumping schemes where the modulation frequency can be controlled at leisure, the frequency of the mechanical motion is not well established from the ground up, and it depends on the system’s parameters. Therefore, one should be careful in defining appropriate regimes where such a condition is fulfilled. When this is the case, the occupation probabilities can be expanded in powers of $\Omega$ as $p(t) = p^{(i)} + p^{(a)}$. The first term (zeroth-order in $\Omega$) represents the instantaneous occupations and describes the steady state solution when the mechanical coordinates are frozen at time $t$. The instantaneous occupations are obtained from the time-dependent kinetic equation in the steady-state limit [32] which to linear order in $\Omega$ reads

$$0 = W p^{(i)}.$$  

(11)

In this equation we introduced the zero-frequency Laplace transform of the instantaneous kernel $W = \int_{-\infty}^{t} dt' W^{(i)}(t - t')$. The delayed response of the electronic degrees of freedom against the mechanical motion is collected by the next-to-leading term (linear in $\Omega$), $p^{(a)}$, and obeys the following adiabatic correction

$$\frac{d}{dt} p^{(a)} = W p^{(a)}.$$  

(12)

The occupation probabilities are then obtained by solving Eqs. (11) and (12) together with the normalization conditions $e^T p^{(i)} = 1$ and $e^T p^{(a)} = 0$. Here, $e = (1, \ldots, 1)^T$ is a representation of the local system’s trace operator. From Eq. (12), the adiabatic corrections to the occupation probabilities can be written in terms of the instantaneous contributions by

$$p^{(a)} = \bar{W}^{-1} \frac{d}{dt} p^{(i)},$$  

(13)

where the (invertible) matrix $\bar{W} = W_{ij} - W_{ii}$ includes the normalization condition $e^T p^{(a)} = 0$. Since the evolution kernel is linear in $\Gamma$ while the instantaneous occupations are $O(T)$, the leading order adiabatic occupations are $O(\Gamma^{-1})$. This, however, does not yield to any divergence as we always assume $\Omega/\Gamma < 1$.

The observables in Eq. (7) need to be equally expanded in both the frequency $\Omega$ and the tunnel-coupling strength $\Gamma$. Their results are then split into instantaneous and adiabatic parts

$$R^{(i/a)} = \langle R \rangle^{(i/a)} = e^T W^{R} p^{(i/a)}.$$  

(14)

where $W^{R}$ is the instantaneous kernel of the corresponding observable $R$. For the charge current this kernel is linear in $\Gamma$ and writes $W^{R}_{ijkl} = -(n_a - n_g)W^{R}_{ijkl}$, with $n_a$ the number of particles in state $|\alpha\rangle$ and $W^{R}$ the $r$-lead evolution kernel such that $W = \sum_r W^{R}$. We describe $R^{(a)}$ by a scalar product with the time-derivative of the local system’s occupations

$$R^{(a)} = e^T W^{R} \bar{W}^{-1} \frac{d}{dt} p^{(i)} = \sum_a \varphi_a d p_a^{(i)},$$  

(15)

with the sum running over the system eigenstates. Applied to the charge current, this equation expresses the response to a time-dependent variation in the instantaneous occupations induced by the mechanical modulation. The response coefficient $\varphi_a$ determines the ratio at which the current $I$ flows into the $r$-lead due to a variation in the occupation of the state $\alpha$.

A. Current-induced forces in interacting systems

Due to the local parameter assumption that yields Eq. (9), the “kernel” matrix associated with the $\nu$-component of the force is zeroth order in $\Gamma$ and its diagonal block simply writes as [see Eq. (18) in App. C]

$$W^{F}_{\nu} = -\frac{\partial E_{\nu}}{\partial X_\nu} \delta_{\nu \nu} \equiv F_{\nu} \delta_{\nu \nu}.$$  

(16)

While in other formalisms the distinction between local and nonlocal observables can be somewhat arbitrary (see, e.g., Ref. [5]), for the tunnel coupling perturbation theory we use here this becomes crucial. In particular, the kernels associated with nonlocal forces might be quite different from the local ones, and for example the simple form of Eq. (9) is no longer valid.

As we mentioned before, we consider a Born-Oppenheimer regime where the mechanical coordinate enters as a classical variable. The CIF can now be expanded in terms of the velocity of the mechanical coordinates ($X \propto \Omega$) in the same manner as in Eq. (15), provided the mechanical velocity fulfills the adiabaticity condition. Hence, for the $\nu$-component one obtains

$$\langle \dot{F}_\nu \rangle = F^{(i)}_\nu + F^{(a)}_\nu = F^{(i)}_\nu - \sum_\gamma \gamma_{\nu \gamma} \dot{X}_\gamma,$$  

(17)

where

$$F^{(i)}_\nu = e^T W^{F} p^{(i)}, \quad \gamma_{\nu \gamma} = -e^T W^{F} \frac{\partial p^{(a)}}{\partial X_\gamma}.$$  

(18)

represent the instantaneous contribution to the force and the scalar elements of the friction tensor $\gamma$, respectively. To fully characterize the CIF, later on we give a general expression for the force fluctuation in terms of the force correlation function. Here we used the $(i)$ and $(a)$ superscripts to denote that such quantities are instantaneous or adiabatic in the frequency expansion, respectively. In this sense, the electronic delay against the mechanical motion, entering through $F^{(a)}$, can be thought as a frictional force that dissipates the amount of energy delivered by the bias current. Importantly, these simple forms for the force terms come from the assumption of a local
parameter modulation, given that the mechanical degrees of freedom are only present in the local system. Other modulation schemes including, e.g., the tunnel barriers ($\bar{H}_{\text{tun}}$) or the electrochemical potentials ($\bar{H}_{\text{eq}}$), would involve the calculation of more involved force-related kernels which are beyond the scope of this work.

Performing a line integral on Eq. (19) over a closed trajectory in the mechanical parameters yields

$$\oint (m \dot{\mathbf{X}} + \nabla U + F_{\text{load}}) \cdot d\mathbf{X} = \oint (\dot{\mathbf{F}}) \cdot d\mathbf{X},$$

where we assume an average process over trajectories, such that only the mean values survive. Recalling that in the left hand side of the equation only $F_{\text{load}}$ is non-conservative, we obtain the following stationary limit relation

$$W_{\text{load}} = \sum_i \oint \left( F^{(i)} - \sum_{j} \gamma_{ij} \dot{X}_j \right) dX_i = W_F - E_{\text{dis}},$$

which implies that, after one driving cycle, the loading work that the motor can perform consists of the difference between the instantaneous, current-induced work ($W_F$) and the dissipated energy per period ($E_{\text{dis}}$).

### B. Onsager’s reciprocity relations

In addition to the adiabatic expansion taken on the above observables, we could also think of a linear regime for the bias voltage or, more generally, the electrochemical potentials. In this case we can expand both the current and the force up to linear order in $\mu$, around the equilibrium where all reservoirs’ temperatures and electrochemical potentials are set at the same level, i.e. $T_r = T$ and $\mu_r = \mu$:

$$I_r = I_{\text{eq}}^{(0)} + \sum_{\alpha} \frac{\partial I_{\text{eq}}^{(0)}}{\partial \mu^\alpha} \delta \mu^\alpha + \sum_{\alpha} \frac{\partial I_{\text{eq}}^{(0)}}{\partial X^\alpha} \dot{X}^\alpha,$$

where $\delta \mu_r = \mu_r - \mu$ the deviation from the equilibrium. In this expansion, the equilibrium instantaneous currents $I_{\text{eq}}^{(0)}$ are always zero, while the equilibrium instantaneous force $F_{\text{eq}}^{(0)}$ can be finite but conservative. Since the occupation $p_{\text{eq}}$ is given by the Boltzmann factor $\exp(-E_{\text{eq}}/k_B T)/z$, with $z$ the local system’s partition function, it is easy to see that

$$F_{\text{eq}}^{(0)} = -\nabla \psi, \quad \psi = -k_B T \ln(z),$$

where $\psi$ is the local system Helmholtz’s free energy.

In general terms, we can think of $-\mu_r$ and $\dot{X}_r$ as generalized forces ($x_i$) while $I_r$ and $F_r$ their associated fluxes ($\phi_i$). The above expansion thus writes:

$$\phi_i = \phi_{\text{eq}} + \sum_j L_{ij} \dot{x}_j, \quad L_{ij} = \left. \frac{\partial \phi_i}{\partial x_j} \right|_{\text{eq}},$$

where the coefficients $L_{ij}$ are connected via Onsager’s reciprocity relations, such that in the absence of magnetic fields they obey $L_{ij} = \pm L_{ji}$, and the sign depends on the adopted convention for the generalized forces and fluxes.\footnote{We here prove that all these relations hold to lowest order in $\Gamma$ as far as the $L$-coefficients admit the following form}

$$L_{ij} = \text{constant} \times \sum_{\alpha \beta} W_{\alpha \beta}^{(i)} \left( \phi_{\beta,\text{eq}}^{(i)} - \bar{\phi}_{\beta,\text{eq}}^{(i)} \right) p_{\beta,\text{eq}}^{(i)}$$

where the average $R$-response coefficient. If this is the case, as happens for $I_r$ and $F_r$, then we can use the following symmetry relation

$$\sum_{\alpha \beta} W_{\alpha \beta}^{(i)} \left( \phi_{\beta,\text{eq}}^{(i)} - \bar{\phi}_{\beta,\text{eq}}^{(i)} \right) p_{\beta,\text{eq}}^{(i)} = \sum_{\alpha \beta} W_{\beta \alpha}^{(i)} \left( \phi_{\alpha,\text{eq}}^{(i)} - \bar{\phi}_{\alpha,\text{eq}}^{(i)} \right) p_{\alpha,\text{eq}}^{(i)}$$

As we show in App. B this general relation relies on the detailed balance property of the instantaneous occupations at equilibrium: $W_{\alpha \beta}^{(i)} p_{\beta,\text{eq}}^{(i)} = W_{\beta \alpha}^{(i)} p_{\alpha,\text{eq}}^{(i)}$. In addition to Eq. (26), we notice the following two important identities for the occupation derivatives in terms of the current and force response coefficients:

$$\frac{\partial p_{\alpha,\text{eq}}^{(i)}}{\partial \mu_r} = \frac{1}{k_B T} \left( \phi_{\alpha,\text{eq}}^{(i)} - \bar{\phi}_{\alpha,\text{eq}}^{(i)} \right) p_{\alpha,\text{eq}}^{(i)},$$

$$\frac{\partial p_{\alpha,\text{eq}}^{(i)}}{\partial X_r} = \frac{1}{k_B T} \left( \phi_{\alpha,\text{eq}}^{(i)} - \bar{\phi}_{\alpha,\text{eq}}^{(i)} \right) p_{\alpha,\text{eq}}^{(i)}.$$

With these relations in mind, we now proceed with the crossed terms in the instantaneous current:

$$\frac{\partial I_{\alpha,\text{eq}}^{(0)}}{\partial \mu_{\beta}} = \frac{\partial \phi_{\alpha,\text{eq}}^{(i)}}{\partial \mu_r} = \frac{\partial \phi_{\alpha,\text{eq}}^{(i)}}{\partial X_r},$$

where obviously $r \neq \beta$, otherwise the identity becomes trivial. For a symmetric bias this equation yields ($\partial (I_{\beta}^{(0)} + I_{\alpha}^{(0)})/\partial V_{\text{eq}} = 0$, in agreement with the instantaneous charge continuity equation.\footnote{By replacing Eq. (14) for the instantaneous current and noticing that $W^r$ is independent of $\mu_r$., the left term above writes}

$$\sum_{\alpha \beta} W_{\alpha \beta}^{(0)} \frac{\partial p_{\beta}^{(i)}}{\partial \mu_r} = \frac{1}{k_B T} \sum_{\alpha \beta} W_{\alpha \beta}^{(0)} \left( \phi_{\beta,\text{eq}}^{(i)} - \bar{\phi}_{\beta,\text{eq}}^{(i)} \right) p_{\beta,\text{eq}}^{(i)},$$

where we have used Eq. (27) for the occupation derivative. Now, from the general relation of Eq. (26), we can interchange the observables, i.e. $I_r \leftrightarrow I_\beta$ and arrive to the right hand side of Eq. (29). Continuing with the crossed terms, the adiabatic charge current should be related to the instantaneous components of the force via the following reciprocity relations:

$$\frac{\partial F_{\alpha}^{(i)}}{\partial \mu_{\beta}} = \frac{\partial \phi_{\alpha,\text{eq}}^{(i)}}{\partial X_r},$$

The force term in the left hand side can be easily written through its definition given in Eq. (14)
where we used the fact that the force kernel is a local system operator \([\text{see Eq. (16)}]\), thus independent of \(\mu_r\) and, as before, Eq. (27) for the occupation derivative. Again, we can use Eq. (26) to interchange the observables, i.e. \(F_r \leftrightarrow I_r\), and through Eq. (28) we arrive to the right hand side of Eq. (31). Interestingly, we have obtained an equilibrium relation between terms coming from different orders in the frequency expansion. In the context of adiabatic pumping, it could be sometimes useful to keep in mind such a relationship to calculate the adiabatic pumped flux in terms of an instantaneous object. Performing a line integral of the instantaneous CIF over a closed trajectory \(\delta \Sigma\), one obtains the useful work delivered by the bias current, i.e.

\[
\mathcal{W}_F = \oint_{\delta \Sigma} F(i) \cdot dX = \int_{\Sigma} \nabla \times F(i) \cdot dS, \tag{33}
\]

where in the last equation we used Stokes’ theorem. The work done by the bias current can then be represented either as the line integral of a pseudovector potential \(\mathcal{A}^F = F(i)\) or, alternatively, as the surface integral of a pseudomagnetic field \(B^F = \nabla \times F(i)\). Such a representation of integral quantities in terms of auxiliary vector fields was also used in the context of adiabatic pumping and exploits here the geometric character of adiabatic quantum motors. In Refs. [32–35] and [51], these vector fields were mathematical constructions from the line integral over the parameter trajectory defining pumped currents like charge, spin, heat, etc. In particular, the charge pumped after one driving cycle can be written as the line integral of \(\mathcal{A}^U = \delta \mu(i)/\delta X\) or, alternatively, as the surface integral of a pseudomagnetic field \(B^U = \nabla \times \delta \mu(i)/\delta X\). In the linear bias regime, we can relate the force and the charge current vector fields through the above Onsager’s reciprocity relation. From the \(\mu_r\)-expansion of Eq. (22) in the instantaneous force, we notice that its related pseudovector potential can be written as:

\[
\mathcal{A}^F = -\nabla \psi - \sum_r \mathcal{A}_{eq}^r \delta \mu_r, \tag{34}
\]

where we used Eq. (31) and the fact that the equilibrium force is the gradient of the Helmholtz’s free energy. Note that the pseudovector potential \(\mathcal{A}_{eq}^r\) can be interpreted as the charge emissivity. Taking the curl at both sides we can relate the nonconservative part of the CIF to the pseudomagnetic field associated with the pumped charge, i.e.

\[
B^F = -\sum_r B_{eq}^r \delta \mu_r, \tag{35}
\]

such that when integrated over the surface \(\Sigma\) enclosed by the trajectory defined by the mechanical coordinates one arrives to

\[
\mathcal{W}_F = -\sum_r \mathcal{Q}_{l,eq}^r \delta \mu_r = -\mathcal{Q}_{l,eq}^{(a)} V, \tag{36}
\]

where in the last term we defined \(I_l = (I_L - I_R)/2\) due to the symmetric choice \(\mu_L = -\mu_R = \mu / 2\) and that no net charge is accumulated in the system after one period, i.e. \(\sum_r \mathcal{Q}_{l,eq}^r = 0\).

This simple relation between the work performed by the quantum motor and the pumped charge, already found in noninteracting systems described through the scattering matrix approach, also holds in systems with strong Coulomb interaction and weakly coupled to the leads. The obvious reason is that these two quantities are connected via the Onsager reciprocity relation of Eq. (31). In Fig. 2 we show the charge current pseudomagnetic field \(B_{eq}^l\) for the double quantum dot system we discuss in Sec. IV. As stated by Eqs. (35) and (36), in the linear bias regime the trajectories that yield a nonzero \(\mathcal{W}_F\) are those which enclose finite values of \(B_{eq}^l\). In the figure these regions are close to the triple points where three charge states are degenerate. This motivates our later choice for the trajectories of the mechanical device such that the amount of work is maximized. Obviously, the above relations between

\[
\frac{\partial F_{eq}^{(a)}}{\partial X_r} = \frac{\partial F_{r,eq}^{(a)}}{\partial X_r}, \tag{37}
\]

FIG. 2. (Color online) Normalized pseudomagnetic field \(B^l / B_{eq}^l\) in energy domain [relative to the symmetry point \(\epsilon_0 = k_B T \ln(2) - U/2\)]. In Sec. IV we analyze two simple trajectories (marked as A and B in the figure) describing the motion of \(\epsilon_L(\theta)\) and \(\epsilon_R(\theta)\), where \(\theta\) is the coordinate of the mechanical device [see Eq. (46)]. The amount of pumped charge per cycle can be calculated through the surface integral of \(B^l\) along the area encircled by the trajectories. The charge regions \((n_L, n_R)\) are shown as reference in the \(t_e = 0\) limit and are delimited by dashed lines. The full (open) circles along the trajectories denote the minimum (maximum) potential associated with the rotor, see Eq. (31). The used parameters are: \(V = 0, U = 20 k_B T, t_e = 5 k_B T, \Gamma_L = \Gamma_R = \Gamma / 2 = 0.25 k_B T\), while for the trajectories we used: A) \(\delta \epsilon_L = \delta \epsilon_R = -6 k_B T + \delta \epsilon / \sqrt{2}\), B) \(\delta \epsilon_L = \delta \epsilon_R = 2 \delta \epsilon_0 + 6 k_B T - \delta \epsilon / \sqrt{2}\), with \(\delta \epsilon = 30 k_B T\).

the force and charge current vector fields, together with \(\mathcal{W}_F\) and \(\mathcal{Q}_{l,eq}^r\), hold in the linear bias regime \(V \leq k_B T\). For larger bias voltages, although such relations are no longer valid, one can still calculate all these quantities from the general definition given in Eq. (14).

The remaining reciprocity relations are

\[
\frac{\partial F_{eq}^{(a)}}{\partial X_r} = \frac{\partial F_{r,eq}^{(a)}}{\partial X_r}, \tag{37}
\]
C. Fluctuation-dissipation theorem

To complete the analysis of the force properties in equilibrium, we now derive the fluctuation-dissipation theorem between the force correlation function and the dissipation coefficients. In order to evaluate the force correlation we proceed in the same way as it was done in Refs. [34 and 52] for the zero-frequency current noise. The time-dependent force correlation $D_{\nu\nu}(t)$ (or zero-frequency force noise), in our case, is defined as the time-integral of the two-time correlation function $D_{\nu\nu}(t,t')$ by

$$D_{\nu\nu}(t) = \int_{-\infty}^{\infty} dt' D_{\nu\nu}(t,t'), \tag{38}$$

where $D_{\nu\nu}(t,t') = \langle \{\hat{\xi}_{\nu}(t), \hat{\xi}_{\nu}(t')\} \rangle$ and $\{\cdot, \cdot\}$ denotes anticommutation. The force fluctuation operators $\hat{\xi}_{\nu}(t) = \hat{F}_{\nu}(t) - \langle \hat{F}_{\nu}(t) \rangle$ are written in the Heisenberg representation. In analogy with the zero-frequency current noise [34-52], this expression can be expanded in terms of $\Gamma$ and $\Omega$. Since in Eq. (6) we are considering the instantaneous fluctuations to lowest order in $\Gamma$, we show in App. [C] that the corresponding correlation term can be written as

$$D^{(i)}_{\nu\nu} = e^{T}W_{\nu\nu}^{F}, \bar{\Pi}W_{\nu\nu}^{F}, p^{(i)} + e^{T}W_{\nu\nu}^{F}, \bar{\Pi}W_{\nu\nu}^{F}, p^{(i)}, \tag{39}$$

$$\bar{\Pi} = W^{-1}(p^{(i)} \otimes e^{T} - 1).$$

In our case where the force is a local system operator, their associated kernels are zeroth-order in $\Gamma$, while $\bar{\Pi}$ is of order $\Gamma^{-1}$ [39]. In the time domain, this inverse dependence on the tunnel-coupling strength indicates that the local correlations persist for longer times as the coupling to the leads goes to zero. Since $\Gamma$ is a perturbation parameter, one might think that the inverse dependence is compensated by a term $\Gamma^{-1}$ accounting for the time-step of the numerical simulation.

As discussed above, the friction tensor $\gamma$ in Eq. (18) is related to the adiabatic contribution to the force. Their elements can also be computed as

$$\gamma_{\nu\nu} = -e^{T}W_{\nu\nu}^{F}, \bar{\Pi}^{-1}\frac{\partial p_{eq}^{(i)}}{\partial X_{\nu\nu}}, \tag{40}$$

where we use Eq. (15) for the adiabatic occupations and write $p_{eq}^{(i)} = \sum_{\nu}(\partial p_{\nu}^{(i)}/\partial X_{\nu\nu})X_{\nu\nu}$. For the derivatives of the occupations we use that in equilibrium these are Boltzmann factors and hence we can write

$$\frac{\partial p_{eq}^{(i)}}{\partial X_{\nu\nu}} = -\frac{1}{k_{B}T} \left( p_{eq}^{(i)} \otimes e^{T} - 1 \right) W_{\nu\nu}^{F}, p_{eq}^{(i)}, \tag{41}$$

such that

$$\gamma_{\nu\nu} = \frac{1}{k_{B}T} e^{T}W_{\nu\nu}^{F}, \bar{\Pi}W_{\nu\nu}^{F}, p_{eq}^{(i)} \tag{42}$$

According to Eq. (37), the friction tensor is symmetric in equilibrium, meaning that the above expression is invariant under exchange of $\nu$ and $\nu'$ components. This allows us to compare with Eq. (39) and obtain

$$D = 2k_{B}T\gamma, \tag{43}$$

which indeed corresponds to the fluctuation-dissipation theorem for the force in lowest order in tunneling.

IV. ADIABATIC QUANTUM MOTOR BASED ON A DOUBLE QUANTUM DOT

In this section we apply the above general results to a concrete example: An adiabatic quantum motor based on a double quantum dot (DQD) with strong Coulomb interaction. Such a device is described through the following Hamiltonian:

$$\hat{H}_{cl} = \sum_{\nu} \epsilon_{\nu} \hat{n}_{\nu} + U_{\nu} \hat{n}_{\nu} \hat{n}_{\nu} + \frac{U'}{2} \sum_{\nu} \hat{n}_{\nu}(\hat{n}_{\nu} - 1) - t_{c} \sum_{\sigma} \langle d_{\nu \sigma}^{\dagger}d_{\nu \sigma} \rangle + H.c., \tag{44}$$

where $\hat{n}_{\nu} = \sum_{\sigma} \hat{d}_{\nu \sigma}^{\dagger} \hat{d}_{\nu \sigma}$ is the $\ell$-dot particle number operator, with $\ell = L,R$. Here, the coupling with the mechanical degrees of freedom enters through the local energies $\epsilon_{\nu}$ of the dots. For simplicity we assume a linear dependence $\epsilon_{\nu} = \epsilon_{L} + \Delta \nu$, where $\Delta \nu$ sets the strength of the coupling between both mechanical and electronic degrees of freedom. $U$ and $U'$ are, respectively, the interdot and intradot charging energies. To simplify this analysis, we take the limit $U' \to \infty$, which forbids double occupation in a single dot. The last term accounts for the coupling between the two dots, and its strength is given by the hopping amplitude $t_{c}$. The eigenstates of this Hamiltonian can be obtained after diagonalization of the single-particle block, which yields bonding $|\nu\sigma\rangle = \tilde{d}_{\nu \sigma}^{\dagger} |0\rangle$ and antibonding $|\nu\sigma\rangle = \tilde{d}_{\nu \sigma}^{\dagger} |0\rangle$ states with eigenenergies

$$E_{b/a} = \frac{\epsilon_{L} + \epsilon_{R}}{2} \pm \frac{1}{2} \sqrt{(\epsilon_{L} - \epsilon_{R})^{2} + (t_{c})^{2}}. \tag{45}$$

Two important remarks need to be noticed in what follows: First, the double-dot eigenbasis actually depends on the mechanical coordinates $X_{\ell}$. Second, coherent superpositions of $|\nu\sigma\rangle$ and $|\nu\sigma\rangle$ states entering through off-diagonal elements of $\hat{\Pi}(t)$ could in principle play a role. We assume, however, a strong interdot coupling regime $t_{c} \gg \Gamma$, such that these two related effects can be disregarded to lowest order in the tunnel coupling. In App. [A] we discuss this in more detail. The many-body eigenstates can thus be constructed by adding electrons in the bonding or antibonding states and the DQD reduced density matrix writes (in vector form) as $p = \langle p_{00}, p_{01}, p_{10}, p_{11}, p_{10}^{\dagger}, p_{11}^{\dagger}, p_{11}^{\dagger}, p_{11}^{\dagger} \rangle^{T}$. The vector components thus represent the probabilities for the DQD either empty ($p_{00}$), singly occupied with an electron with spin $\sigma$ in the bonding ($p_{0\sigma}$) or antibonding state ($p_{1\sigma}$) or doubly occupied ($p_{\sigma\sigma}$), where $\sigma$ and $\sigma'$ label the spin of the electrons in the left and the right dots, respectively.
A. Physical model and trajectory

As illustrated in Fig. 1, a possible example for a mechanical device in this type of systems would be that of an ideal electric rotor: A dipolar configuration of electric charges, which can perform a rigid rotation around its center. Given the proximity between the electronic and mechanical subsystems, an electron that flows through the DQD in response to a bias voltage gives part of its impulse to the rotor. Such impulse produces a rotation of the mechanical system which, in turn, modifies the energies of the dots as it would be done by local gates. To describe the motion of the rotor, we can take as mechanical coordinate the angle $\theta$ describing its orientation. The exact dependence of the dots’ eigenenergies on $\theta$ will be given by the precise positioning of the rotor with respect to the dots. For simplicity let us assume the following dependence:

$$
\epsilon_L(\theta) = \tilde{\epsilon}_L + \delta \epsilon \cos \theta, \\
\epsilon_R(\theta) = \tilde{\epsilon}_R + \delta \epsilon \sin \theta.
$$

(46)

In the energy domain, the above equations define a circular trajectory of radius $\delta \epsilon$ centered at the working point $(\tilde{\epsilon}_L, \tilde{\epsilon}_R)$ as shown in Fig. 2. The mean energies $\tilde{\epsilon}_L$ can be thought independent of the mechanical coordinate and, therefore, able to be controlled by external gate voltages. Then, one can ask for a convenient choice for the working point and $\delta \epsilon$. In our case, we are interested in maximizing the amount of useful work delivered by the bias current. From Eq. (35) we know that, in the linear bias regime, this quantity increases with the amount of adiabatic pumped charge. Therefore, we can first calculate the pseudomagnetic field $B^l$ associated with the adiabatic charge current to exploit its geometric form and, with it, maximize the amount of work in one cycle of the parameters’ trajectory.

In Fig. 2 we show the normalized $B^l$ at zero bias together with the considered trajectories in the energy domain. This field coincides with that calculated in Ref. 35 and is only nonzero around the triple degeneracy points. We will focus on trajectory A, which involves transitions between the empty and single particle states; and trajectory B, involving transitions between single and double particle states. In both cases, the amount of pumped charge per cycle is close to one electron charge in magnitude, and its sign depends on the direction of rotation of the mechanical system. Interestingly, the sign difference in the peaks of $B^l$ (also present in $B^f$) implies that, for a fixed bias, the motor working in trajectory A rotates in the opposite direction as it would do in trajectory B.

B. Angular Langevin equation

To describe the dynamics of the system, we start by projecting the Langevin equation [Eq. (6)] on the circular trajectory defined in the space of parameters. In this situation, the only relevant direction is the tangential one, given by the unit vector $\hat{\theta}$, since all radial forces are assumed to be compensated each other. In other words, the rotor radius is assumed to be time-independent. Working with polar coordinates, we obtain an effective Langevin equation for the angular coordinate of the rotor in terms of rotational forces, i.e.,

$$
\dot{\theta} = \frac{1}{I} \left[ F^{(i)}_\theta - \frac{\partial U}{\partial \theta} - F_{load} - \gamma_\theta \dot{\theta} + \xi_\theta \right],
$$

(47)

where $I$ is the moment of inertia associated with the mechanical system, $F_{load} = F_{load} \cdot \hat{\theta}$ and

$$
F^{(i)}_\theta = - \sum_{\alpha \beta} \frac{\partial E_{\alpha}}{\partial \theta} \tilde{p}^{(i)}_{\alpha \beta} - \frac{\partial E_{\beta}}{\partial \theta} \tilde{p}^{(i)}_{\beta \alpha},
$$

(48)

are the current-induced torque and its associated friction term, respectively. In general, the fluctuation terms in the force $\xi_\theta$ are obtained from the elements $D_{\alpha\beta}$ of the force correlation matrix. Since in this case we project on the tangential direction, we can deduce from Eq. (39) the correlation in the torque in terms of the angular variable through

$$
D_\theta = - \sum_{\alpha \beta} \frac{\partial E_{\alpha}}{\partial \theta} \left[ F^{(i)}_\theta + \frac{\partial E_{\beta}}{\partial \theta} \tilde{W}^{-1}_{\alpha \beta} \tilde{p}^{(i)}_{\beta} \right],
$$

(49)

and with this quantity we can obtain the fluctuation term $\xi_\theta$. Since this last will be represented as a stochastic variable, we will use along this work the following expression

$$
\xi_\theta(s) = g(s) \sqrt{\frac{D_\theta}{\Delta t}},
$$

(50)

where $g(s)$ represents a random value extracted from a standard normal distribution. The term $\Delta t$ is the discrete time step employed in the evolution algorithm and it accounts for the fluctuation averaging process in time. The idea behind this parameter is the following: If we take $\Delta t$ small, then the stochastic processes cannot be averaged enough and the randomness in $\xi_\theta$ becomes large; if $\Delta t$ is large, between two steps of the algorithm these stochastic processes are self-averaged, yielding a small $\xi_\theta$ contribution. As for the numerical integration of Eq. (47) we assume force correlations which are local in time, i.e. $D_\theta(t, t') = D_\theta(t' - t)$, the time step needs to be larger than the typical relaxation of the local correlation function obtained in Eq. (39). This implies that $\Delta t > 1/I$. The fact that $\Delta t$ enters in the squared root ensures that the influence of the fluctuation on $\theta$ and $\dot{\theta}$ becomes independent of the time step.

To focus on the CIF part of Eq. (47) and to give a simple description of the operation of the motor, we will neglect in what follows the role of the external conservative force $-\partial U$ as it does not contribute to the overall work per cycle and it depends on the detailed interaction of the rotor with its surroundings. Additionally, we want a simple expression for $W_{load}$ and therefore we limit to the case in which $W_{load}$ is constant and independent of $\theta$. This can be associated with processes such as formation of chemical bonds as in the case of biological nanomotors. For simplicity we will consider only a constant loading force along the tangential direction, i.e. $F_{load} = F_{load} \cdot \hat{\theta}$. In this way, the associated loading work simply results $W_{load} = 2\pi F_{load}$, where $F_{load}$ is indeed a torque.
as the rest of the forces in Eq. (47). Other models for \( \mathcal{W}_{\text{load}} \) involving, for example, a mechanical dissipation, are also possible within this frame and, in such a case, might enter as a renormalization of the friction coefficient \( \gamma_0 \).

C. Operational regime of the motor

To gain some intuition on the dynamical behavior of the motor, in Fig. 3(a) we show the effective work

\[
\mathcal{W}_{\text{eff}}(\theta) = \int_0^\theta (\mathcal{F}_{\text{load}} - \mathcal{F}_{\text{eff}}^{(\ell)}) \, d\theta',
\]

(51)
together with an estimation of the amount of dissipated energy along one cycle of trajectories A (left) and B (right). Here we neglect force fluctuations to simplify the following qualitative analysis, though they will be later included in Sec. IV D when describing the motor’s dynamics. We use a negative sign in \( \mathcal{W}_{\text{eff}}(\theta) \) to mimic the above integral as a potential energy term. For trajectory A, this function renders a double well potential in \( \theta \), with the wells located at \( \theta = \pi \) and \( 3\pi/2 \) [see full circles in Fig. 2(a)], respectively, and an internal barrier in \( \theta = 5\pi/4 \), whose height indeed depends inversely on \( t_c \).

The shape of \( \mathcal{W}_{\text{eff}}(\theta) \) suggests that if the rotor is initially located around the first plateau (\( \theta = \pi/4 \)) and it slowly rotates in the anticlockwise direction then, eventually, it will arrive to a depletion region where its angular velocity suddenly increases. This occurs when the DQD picks up an electron from the left lead. The gained kinetic energy then allows the rotor to cross the barrier between the two wells, meaning that the electron located in the left dot tunnels into the right dot. If the bias voltage is strong enough, then the rotor arrives to a second plateau (\( \theta = \pi/4 + 2\pi \)) where the electron leaves the DQD towards the right lead. In this case, the rotor’s final angular velocity is larger than the initial one. In fact, the energy difference \( \Delta \mathcal{W}_{\text{eff}} \) between two successive plateaux is proportional to the bias voltage [see Eq. (36)] and yields the motion of the motor (represented by a black dot in the figure). With this simple analysis, we established, at least qualitatively, the connection between the work done by the motor and the amount of pumped electrons per cycle. Indeed, the latter only depends on the occupation sequence performed along the cycle. As for trajectory B and \( V > 0 \), \( \mathcal{W}_{\text{eff}} \) shows a single well much deeper than those of trajectory A. This is attributed to the fact that there is always one or two electrons occupying the DQD during the cycle, and the CIF (in this model) is proportional to the occupation number in the local system. As in this case the motor rotates in the clockwise direction, the occupation sequence is (0, 1) → (1, 1) → (1, 0) → (0, 0), so again we obtain the same amount (and sign) of pumped particles per cycle.

The rotor also dissipates part of its energy at different points of the cycle, characterized by transitions between different charge regions \((n_L, n_R)\) (see dashed lines in Fig. 2). This means that the rotor can move freely within these regions and each time a tunnel event occurs, a certain amount of kinetic energy is lost through dissipation, as shown by the blue curve [32] in Fig. 3(a). Consequently, after a certain number of cycles the rotor arrives to a stationary regime where the difference in \( \theta \) between two successive plateaux becomes negligible. This regime, nevertheless, is not always guaranteed if the dissipation is strong enough as to prevent the rotor to reach the second plateau. In this case the rotor gets stuck in the depletion region and can no longer complete the cycle. When this occurs, the final trajectory in parameter space is just some arc.
of the full circle and no area is enclosed, such that the motor can no longer perform useful work.

To determine in which of these two regimes will the rotor end up, we start from Eq. (20) where we related the work per cycle performed by the CIF with the amount of dissipated energy and a possible extra loading work. The total work is therefore \( W_{\text{tot}} = W_{F} - W_{\text{dis}} - W_{\text{load}} \). Taking into account the above rotational forces, this can be expressed as

\[
W_{\text{tot}} = \int_{0}^{2\pi} \left[ F_{\theta}^{(i)} - F_{\theta}^{*} - \gamma_{0} \theta \right] d\theta.
\]  

(52)

As we already mentioned, once the stationary regime is reached these quantities equate and yield \( W_{\text{tot}} = 0 \). To arrive to this situation, however, this quantity needs to be always positive. This determines the operation condition of the motor, i.e. \( W_{F} - W_{\text{load}} \geq E_{\text{dis}} \), as the motor reaches the stationary regime. We notice that the dissipation term depends on the angular velocity \( \theta \) which, in principle, is not known. In App. [D] we derive a recursive formula to solve \( \theta \) as function of \( \theta \). To first order in the recursion, this yields the following condition

\[
W_{F} - W_{\text{load}}^{*} = \int_{0}^{2\pi} \gamma_{0} \sqrt{F_{\theta}^{*} - F_{\theta}^{(i)}} d\theta, 
\]  

(53)

where \( W_{\text{load}}^{*} = 2\pi F_{\theta}^{*} \) is the maximum allowed loading work such that the motor can move indefinitely towards the stationary regime. So, for a given value of the bias voltage, we can calculate both \( F_{\theta}^{(i)} \) and \( \gamma_{0} \) along one period and then use the above equation to obtain \( W_{\text{load}}^{*} \). In Fig. 3(b) we show the allowed values of \( V \) and \( W_{\text{load}}^{*} \) for which the motor reaches the stationary regime in red and blue shaded regions for trajectories A and B, respectively. These regions were obtained by evaluating the operation condition through the numerical solution of Eq. (47) in time domain. In dashed red (blue) we show the estimation given by Eq. (53) for trajectory A (B), and is accurate up to \( V \approx 9 k_{B} T \) (\( V \approx 15 k_{B} T \)). For larger bias values this line no longer fits the crossover and one needs to consider higher orders in the recursive solution, as the solid red (blue) curve corresponding to the fourth (fifth) order solution (see App. [D]).

Importantly, the adiabatic expansion discussed in Sec. [III] needs to be consistent with the type of solution obtained from Eq. (47). This implies that the adiabatic condition \( \Omega/\Gamma < k_{B} T \delta \epsilon \) needs to be fulfilled once the stationary regime is reached. In shaded green we show the nonadiabatic regions obtained from the numerical solution of Eq. (47). This case can be interpreted as follows: Just a small fraction of the amount of energy delivered by the bias current is dissipated per cycle and cannot prevent the rotor to move in a time scale which is comparable with that of the electrons flowing through the DQD. To have a simple test without recurring to the numerical time-evolution of \( \theta \), we can consider Eq. (52) in the stationary regime where \( W_{\text{tot}} = 0 \) and take \( \theta = \Omega \) constant along the whole period. This is a rough approach since there is some obvious variation of \( \theta \) we are neglecting as the rotor completes one cycle, as suggests Fig. 3(a). Nevertheless, this approach is accurate enough for our purposes as we only want to compare the rate at which the rotor moves with \( \Gamma \). Under this approach, we thus obtain

\[
\Omega = \frac{W_{F} - W_{\text{load}}}{2\pi \gamma}, \quad \gamma = \int_{0}^{2\pi} \frac{d\theta}{\theta}.
\]  

(54)

In Fig. 3(b) we show such a crossing where \( \Omega/\Gamma < k_{B} T \delta \epsilon \) is no longer fulfilled (dashed dotted lines), and hence the adiabatic expansion, up to first order in frequency, can no longer describe the motion of the rotor properly. As can be seen, in trajectory A this estimation fits very well with the numerical crossover between the two shaded regions, while in trajectory B some deviation appears in the large bias regime.

All in all, by increasing the bias voltage we ensure the operation of the device in the sense that the rotor reaches a stationary regime where it moves indefinitely. To ensure the validity of the adiabatic approximation, however, it may be necessary to “slow down” the rotor by including a loading force term. Interestingly, in the large bias regime this is not always necessary, as we can see from Fig. 3(b), where for \( V \gtrsim 12 k_{B} T \) (trajectory A) and \( V \gtrsim 18 k_{B} T \) (trajectory B) the adiabatic condition is fulfilled even for \( W_{\text{load}} \approx 0 \). We also observe in this regime that the maximum allowed loading work (solid line) decreases with \( V \). This is due to deviations in the linear dependence of the current induced work with bias. In fact, \( W_{F} \) decreases with \( V \) due to strong deformations of \( \beta^{\prime} \). In any case, as we discuss in the next section, the efficiency and the output power of the motor are strongly suppressed at large biases since almost all the work is lost through dissipation.

D. Dynamics of the motor

In order to study the dynamics of the system we need to solve Eq. (47). To this end, we set as starting point an initial position such that \( W_{\text{eff}} \) is maximum (or, equivalently, \( F_{\theta}^{(i)} = F_{\text{load}} \)) and then we consider a small initial velocity to slightly move the motor from the unstable equilibrium position. In each time step the values of \( F_{\theta}^{(i)} \), \( \gamma_{0} \) and \( D_{\theta} \) may be obtained by interpolation to reduce the computing time. Once the variables \( \theta(t) \) and \( \dot{\theta}(t) \) are obtained, we proceed with the evaluation of other quantities like \( W_{F}, E_{\text{dis}}, \text{etc.} \). In Fig. 3(a) we show an example of the time evolution of the rotor’s angular velocity for two different bias voltages in trajectory A. To avoid cluttering we show, in each cycle, the minimum and maximum values of \( \dot{\theta} \), which allows us to visualize the interval range of velocities over time. These ranges are represented by shaded regions and we take as reference (in gray) the cases where the fluctuations are neglected. We can observe how the system reaches the stationary regime when these ranges become constant. The time spent for the rotor to arrive to this regime (stabilization time) is proportional to the moment of inertia \( I \), as suggested by Eq. (47). Larger values of \( I \) imply a more pronounced separation between electronic and mechanical time-scales, which translates in a slower variation of \( \dot{\theta} \) between two successive cycles. In consequence, when increasing \( I \) it takes to the rotor more time or, equivalently, a larger number of cycles to reach the stationary regime. An-
other effect of increasing $I$ is that it reduces the velocity fluctuation of the rotor as it becomes evident from Eq. (47). This is shown in the inset of Fig. 4(a) for three different values of $I$.

As can be inferred from Eq. (54), considering $W_F \approx -Q^{(a)}V$ and a small dependence of $\gamma$ on $V$, the final velocity grows almost linearly with respect to the bias voltage. Importantly, in the cases shown in Fig. 4(a) the final angular velocities fulfill the adiabaticity condition $\Omega/n = k_{\theta}T/\delta\epsilon$, such that the expansion up to first order in $\Omega$ is adequate in these examples.

Fig. 4(b) shows the average value of the instantaneous rotational force (including fluctuations) as function of $\theta$ over $N = 4000$ realizations of the time evolution. For the averaging process, we first wait until the rotor arrives to the stationary regime and record the torque within one cycle, i.e. $2\pi n \leq \theta \leq 2\pi(n+1)$. Obviously, as in each realization the values of $\theta(t)$ are arbitrarily located within this range, to sum the torques obtained from different realizations we group them in a discrete grid of $M = 600$ intervals, i.e. $\theta(t) - 2\pi n \to \theta_k = 2\pi k/M$. If $f$ labels the different realizations, then we have

$$\langle F^{(i)}_{\theta(t)} + \xi_{\theta(t)} \rangle_N = \frac{1}{N_k} \sum_{j=1}^{N_k} \langle F^{(i)}_{\theta_k,j} + \xi_{\theta_k,j} \rangle,$$  \hspace{1cm} (55)$$

where $N_k$ counts the number of times $\theta(t) - 2\pi n$ fell in the $k$-interval. The figure also shows the standard deviation of the CIF as function of $\theta$, marked as a blue shaded region, which indeed results to be proportional to $\sqrt{2\Delta\theta}$. It is interesting to note the abrupt profile of $T_{\theta}$ and the strong dependence of $\Delta\theta$ on $\theta$. While the instantaneous force clearly follows from the double well shape observed in Fig. 3(a) for trajectory A, the force correlation (and to some extent the current-induced dissipation, due to the fluctuation-dissipation theorem) is zero except in certain narrow regions, associated with transitions between different charge sectors $(n_L, n_R)$.

A fundamental concept when investigating devices which perform some effective mechanical work is that of efficiency. Given that the equation of motion of the motor is classical, its meaning will be identical to the thermodynamical concept used in conventional motors. In this sense, we define the efficiency of this device as the rate $\eta = P_{\text{out}}/P_{\text{in}}$ between output and input powers. The input power is given by the amount of energy delivered by the electrons flowing through the DQD per period, i.e. $P_{\text{in}} = V(Q^{(i)} + Q^{(a)})/\tau$. On the other hand, as we mentioned before, the amount of useful energy delivered by the motor is $W_F - \mathcal{E}_{\text{dis}}$, which, in the stationary regime, coincides with $W_{\text{load}}$. Therefore, the efficiency of the motor can be obtained as

$$\eta = \frac{W_{F} - \mathcal{E}_{\text{dis}}}{V(Q^{(i)} + Q^{(a)})}. \hspace{1cm} (56)$$

In the denominator, the instantaneous contribution $Q^{(i)}$ is related to the induced bias current which, for the considered trajectories, depends on $V$. The adiabatic contribution $Q^{(a)}$, on the other hand, is a constant which only depends on the shape of the trajectory. Notice that in this definition we are not including the force fluctuation, which in general tends to
diminish the efficiency, as it increases the average dissipated energy. However, under appropriate conditions, force fluctuations could also enhance \( \eta \), as it happens in Brownian motors.\(^5\) The role of the force fluctuations in \( \eta \) surely deserves further exploration in the regime of transport we are considering here.

In Fig. 5(a) we show the motor efficiency as function of \( W_{\text{load}} \) for different bias voltages in the range 1–15 in units of \( k_B T \) for trajectory A. In all cases we see that when the loading force is zero, the motor efficiency is simply zero since in the stationary regime all the work done by the motor is dissipated, i.e. \( W_F = E_{\text{diss}} \). For sufficiently small loading forces, \( \eta \) grows linearly with a slope which is inversely proportional to \( V \), as suggested by Eq. (56). While increasing \( F_{\text{load}} \), however, we need to be careful to avoid crossing the operation condition of the motor (orange dots in the figure) since otherwise the motor gets stuck. This can be done by increasing the bias voltage: As \( W_F \) is proportional to \( V \) and \( E_{\text{diss}} \) depends little on \( V \), the maximum allowed \( W_{\text{load}} \) depends linearly on \( V \), see Eq. (53) and Fig. 3(b). In trajectory A this is true for bias voltages up to \( V \approx 10 k_B T \). From this value, the linear dependence of \( W_F \) on \( V \), as given by Eq. (56), for the linear response regime, no longer holds for the chosen trajectory. In fact, for \( V \approx 16 k_B T \) the bias deforms the force pseudomagnetic field so strongly that \( W_F \) drops even when increasing \( V \). As a consequence of this departure from the linear regime, for large bias voltages the maximum allowed loading work \( W_{\text{load}} \) decreases, as can be seen in Fig. 3(b). All this behavior for \( W_{\text{load}} \) can be easily tracked through the orange dots in Fig. 5(a). Another point to take into account is that, for a fixed bias, the efficiency grows with \( W_{\text{load}} \) up to a certain maximum value. This maximum is related to the fact that when increasing \( F_{\text{load}} \) the rotor slows down [see Eq. (54)], thus increasing the time employed to complete one cycle and, with it, the amount of instantaneous charge \( Q^{(i)} \) flowing through the DQD. As the adiabatic charge \( Q^{(i)} \) remains independent of \( \Omega \) (i.e. is a geometric quantity), the denominator in Eq. (50) grows fast as one approaches to the critical point \( W_{\text{load}}^{*} \), meaning that \( \mathcal{P}_{\text{out}} \) is much smaller than \( \mathcal{P}_{\text{in}} \), the latter dominated by the instantaneous current.

In Fig. 5(b) we show the output power \( \mathcal{P}_{\text{out}} = W_{\text{load}}/T \) for the same cases shown in panel a, up to the bias \( V = 8 k_B T \), where the curves \( \mathcal{P}_{\text{out}}(W_{\text{load}}) \) start decreasing. All the curves present a parabolic shape whose maxima locate more or less in the middle of their respective allowed ranges for \( W_{\text{load}} \). Interestingly, these maxima do not necessarily coincide with those of \( \eta \). Thus, for a given bias value, one can tune \( F_{\text{load}} \) in order to maximize either the efficiency or the output power of the device, but not both.

In Fig. 5(c) we plot in solid red and dashed blue the maximum efficiencies (upper panel) and output powers (lower panel) as function of the bias voltage, for trajectories A and B, respectively. We can see that the efficiencies are zero up to a finite bias voltage, which marks the transition point from which the energy delivered by the current becomes larger than the amount of energy dissipated by the device, thus ensuring its operation condition. From this critical bias, \( \eta_{\text{max}} \) suddenly grows up to a plateau, which is sustained up to \( V \approx 6 k_B T \) (A) and \( V \approx 10 k_B T \) (B). From these values, the maximum efficiency slowly falls to zero. On the other hand, the maximum output power (in both trajectories) does not seem to show these marked regimes as it grows slowly from the critical bias. Rather than a plateau, it shows a peak around \( V \approx 8 k_B T \) (A) and \( V \approx 12 k_B T \) (B) whose value is \( \approx 0.1 k_B T \) (A) and \( \approx 0.2 k_B T \) (B) per period. Comparing both trajectories, we notice that even in this case where the working points are displayed symmetrically with respect to the symmetry point \( \epsilon_0 = k_B T \ln(2) - U/2 \) (see Fig. 2), some differences appear in both \( \eta_{\text{max}} \) and \( \mathcal{P}_{\text{max}} \). For instance, the maximum efficiency in B starts from a critical bias larger than that of trajectory A, while the maximum output power in B doubles the one obtained in A. As we mentioned before when describing \( W_{\text{eff}} \), these differences can be attributed to a stronger conservative part of the CIF along trajectory B, due to a larger average number of particles in the DQD during the cycle. Although the efficiency in all cases does not exceed the value 0.75, we do not discard greater values in other regimes of the parame-
The expressions were derived assuming quite general conditions: Slow mechanical modes treated classically, perturbative tunnel couplings to the leads, and a local interaction between the electrons and the mechanical degrees of freedom. Therefore, they can be applied to a wide variety of physical problems including, but not exclusively, different forms of nanoelectromechanical devices such as adiabatic quantum motors. 

At equilibrium conditions, we showed how the Onsager’s reciprocity relations and the fluctuation-dissipation theorem arise from a real-time diagrammatic treatment. Both proofs emphasize the internal consistency of the obtained expressions for the CIFs and also served to connect them with detail balance ideas. This can be useful to find new ways to break either reciprocity or fluctuation-dissipation relations, and to study their consequences. Additionally, they provide a physical interpretation for nonconservative CIFs (linked to the pumped current) in terms of auxiliary vector fields and emissivities, thereby opening new perspectives to the study of CIFs in the context of geometric phases. We should also mention that the proven Onsager’s relations rely on a general scheme that could be used in other quantities (e.g., heat and spin currents) as far as their linear response coefficients admit the form given by Eq. (25).

To illustrate the obtained general expressions for the CIFs, we considered a double quantum dot based motor. Here, we analyzed its operation conditions as function of several parameters including the bias voltage, the moment of inertia, and to study their consequences. The expressions were derived assuming quite general conditions: Slow mechanical modes treated classically, perturbative tunnel couplings to the leads, and a local interaction between the electrons and the mechanical degrees of freedom. Therefore, they can be applied to a wide variety of physical problems including, but not exclusively, different forms of nanoelectromechanical devices such as adiabatic quantum motors.

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Clearly, the contribution from the $X$-dependence in the eigenstates only appears through the off-diagonal elements $p_{ab}$ of the reduced density operator. However, when $|E_a - E_b| \gg \Gamma$ or the involved states in $p_{ab}$ differ in charge or spin, the dynamics of the off-diagonal elements decouple from those of the diagonal ones to lowest order in $\Gamma$, meaning that coherent effects due to $p_{ab}$ can be disregarded on this level of approximation.

Notice that in the example discussed in Sec. [V] the coherences $\langle b| \rho |a\rangle$ and $\langle a| \rho |b\rangle$ could in principle be coupled with the occupations since their involved states belong to the same charge and spin sectors. In fact, these need to be taken into account in the weak interdot coupling regime where $t_c \ll \Gamma$, and are responsible for level renormalizations in both the instantaneous and adiabatic charge currents.[21][23]

In our case, however, we consider a strong interdot coupling regime where such effects can be disregarded to lowest order in $\Gamma$.

**Appendix B: Auxiliary formulas for reciprocity relations**

In this appendix we derive the general expressions proposed in Eqs. (26), (27) and (28) which allow us to prove all the reciprocity relations discussed in Sec. [III B] between the current induced force and the charge tunnel current in equilibrium.

**Symmetry relation** - Let us begin with the demonstration of Eq. (28) for two arbitrary observables $A$ and $B$. For an arbitrary observable $B$, with associated kernel $W^ B$ and response coefficients

$$\varphi_a^ B = \sum_\beta W^ B_{\beta \gamma} W^{-1}_{\gamma a}, \quad (B1)$$

we want to prove that the following expression

$$J_{AB} \equiv \sum_{q, \lambda} W^ A_{q \lambda} (\varphi^ B_\lambda - \tilde{\varphi}^ B_\lambda) P_\lambda^{(i)}$$

$$= \sum_{\alpha \beta} \sum_\gamma \gamma_2 \sum_\kappa (\tilde{W}^{-1}_{\gamma_2 \alpha} - \tilde{W}^{-1}_{\gamma_2 \beta}) P_\alpha^{(i)} P_\beta^{(i)} \quad (B2)$$

is invariant under interchange of $A$ and $B$ observables when evaluated in equilibrium, i.e. $J_{AB, eq} = J_{BA, eq}$. This implies that the following relation must hold in equilibrium:

$$\sum_\kappa (\tilde{W}^{-1}_{\alpha \kappa} - \tilde{W}^{-1}_{\alpha \kappa}) P_\alpha^{(i)} P_\kappa^{(i)} = \sum_\kappa (\tilde{W}^{-1}_{\beta \kappa} - \tilde{W}^{-1}_{\beta \kappa}) P_\beta^{(i)} P_\kappa^{(i)} \quad (B3)$$

In order to prove the above relation, we use the detailed balance property of the evolution kernel in equilibrium, which reads $W_{\alpha \beta} P^{(i)}_\beta = W_{\beta \alpha} P^{(i)}_\alpha$. Provided that $W_{\alpha \beta} P^{(i)} = 0$, this relation can be extended to the (invertible) kernel as

$$\sum_\kappa (\tilde{W}_{\alpha \kappa} - \tilde{W}_{\alpha \kappa}) P_\alpha^{(i)} P_\kappa^{(i)} = \sum_\kappa (\tilde{W}_{\beta \kappa} - \tilde{W}_{\beta \kappa}) P_\beta^{(i)} P_\kappa^{(i)} \quad (B4)$$

The similarity between Eqs. (B3) and (B4) suggests that this relation holds for any power of the kernels. Therefore, we now test the above relation for $W^n$, with $n = 1, 2, \ldots$. Let us define

$$J^{(n)}_1 = \sum_\kappa (\tilde{W}^n_{\alpha \kappa} - \tilde{W}^n_{\alpha \kappa}) P_\alpha^{(i)} P_\kappa^{(i)} \quad (B5)$$

$$J^{(n)}_2 = \sum_\kappa (\tilde{W}^n_{\beta \kappa} - \tilde{W}^n_{\beta \kappa}) P_\beta^{(i)} P_\kappa^{(i)} \quad (B6)$$

By induction, if we now suppose that $J^{(n)}_1 = J^{(n)}_2$, then for $n + 1$ we have

$$J^{(n+1)}_1 = \sum_{\gamma, \gamma_2} \sum_\kappa (\tilde{W}^n_{\gamma_2 \alpha} - \tilde{W}^n_{\gamma_2 \beta}) P_\alpha^{(i)} P_\kappa^{(i)} \quad (B7)$$

$$J^{(n+1)}_2 = \sum_{\gamma, \gamma_2} \sum_\kappa (\tilde{W}^n_{\gamma_2 \beta} - \tilde{W}^n_{\gamma_2 \alpha}) P_\beta^{(i)} P_\kappa^{(i)} \quad (B8)$$

and since the indices $\kappa$ and $\gamma$ run over all possible eigenstates of the local system, we obtain that $J^{(n+1)}_1 = J^{(n+1)}_2$. Noticing that the pseudoinverse kernel can be written as $W^{-1} = \sum_\alpha c_\alpha W^\alpha$, we prove Eq. (B3).

**Occupation derivatives** - We now begin with the $\mu_\gamma$-derivative of the instantaneous occupations in the local system. Our starting point is the instantaneous kinetic equation Eq. (11), which after derivation with respect to $\mu_\gamma$ reads:

$$\frac{\partial p^{(i)}_{\beta \gamma}}{\partial \mu_\gamma} = - \frac{\partial W}{\partial \mu_\gamma} p^{(i)}_{\beta \gamma}. \quad (B9)$$

Taking matrix elements with respect to the diagonal basis, we obtain

$$\sum_\beta W_{\beta \gamma} \frac{\partial p^{(i)}_{\beta \gamma}}{\partial \mu_\gamma} = - \sum_\beta \frac{\partial W_{\beta \gamma}}{\partial \mu_\gamma} p^{(i)}_{\beta \gamma} \quad (B10)$$

The next step is to separate the evolution kernel in diagonal and off-diagonal parts, i.e. $W = W^d + W^o$, such that the above reads

$$\sum_\beta W_{\beta \gamma} \frac{\partial p^{(i)}_{\beta \gamma}}{\partial \mu_\gamma} = - \sum_\beta \left( \frac{\partial W^d_{\beta \gamma}}{\partial \mu_\gamma} + \frac{\partial W^o_{\beta \gamma}}{\partial \mu_\gamma} \right) p^{(i)}_{\beta \gamma}$$

$$= - \sum_\beta \left( \frac{\partial W^o_{\beta \gamma}}{\partial \mu_\gamma} p^{(i)}_{\beta \gamma} + \frac{\partial W^o_{\gamma \beta}}{\partial \mu_\gamma} p^{(i)}_{\gamma \beta} \right)$$

$$= - \frac{1}{k_B T} \sum_\beta f^o_{\beta \gamma} f^{\dagger o}_{\beta \gamma} \left( \eta_{\beta \gamma} \Gamma_{\beta \gamma} p^{(i)}_{\beta \gamma} - \eta_{\gamma \beta} \Gamma_{\gamma \beta} p^{(i)}_{\gamma \beta} \right).$$

In the above steps, we used that for the instantaneous kernel $W_{\alpha \beta} = W_{\alpha \beta}^o \delta_{\alpha \beta} = - \sum_\gamma W^o_{\gamma \beta} \delta_{\alpha \beta}$ and the explicit form $W^o_{\alpha \beta} = \sum_\gamma \Gamma^o_{\alpha \beta} \delta_{\alpha \beta}$, where

$$f^o_{\alpha \beta} = \frac{1}{1 + \exp \left( (E_{\alpha} - E_{\beta} - \eta_{\alpha} \mu_\gamma) / k_B T \right)} \quad (B11)$$

and $\eta_{\alpha} = n_{\alpha} - n_{\beta} = - \eta_{\beta \alpha}$ indicates whether the local system gains or loses one electron after the tunnel event. The derivative of the kernel matrix element therefore reads

$$\frac{\partial W_{\alpha \beta}}{\partial \mu_\gamma} = \frac{1}{k_B T} \Gamma^o_{\alpha \beta} \eta_{\alpha} f^o_{\alpha \beta} f^{\dagger o}_{\beta \gamma}. \quad (B12)$$
We now consider the equilibrium condition $\mu_L = \mu_R = \mu$ for the reservoirs. We here simplify this condition by setting $\mu$ as the reference origin for the addition energies, i.e. $\mu = 0$. Therefore, in equilibrium one obtains

$$f_{\alpha\beta} \rightarrow f_{\alpha\beta} = \frac{1}{1 + \exp \left( E_{\alpha} - E_{\beta} / k_B T \right)}.$$  \hfill (B13)

The following assumption relies on the symmetry property for the tunnel processes, i.e. $\Gamma_{\alpha\beta}^r = \Gamma_{\beta\alpha}^r$, and hence we have

$$\sum_{\beta} W_{\alpha\beta} \frac{\partial p_{\beta}^{(i)}}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\beta} \Gamma_{\alpha\beta}^r \eta_{\alpha\beta} f_{\alpha\beta} (p_{\alpha}^{(i)} + p_{\beta}^{(i)}).$$  \hfill (B14)

Additionally, since we are now in equilibrium, the occupations are described through Boltzmann factors, i.e.

$$p_{\alpha}^{(i)} = \frac{\exp (-E_{\alpha} / k_B T)}{\sum_{\beta} \exp (-E_{\beta} / k_B T)},$$  \hfill (B15)

and hence

$$\sum_{\beta} W_{\alpha\beta} \frac{\partial p_{\beta}^{(i)}}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\beta} \Gamma_{\alpha\beta}^r \eta_{\alpha\beta} f_{\alpha\beta} p_{\beta}^{(i)} \frac{\partial}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\beta} \Gamma_{\alpha\beta}^r \eta_{\alpha\beta} f_{\alpha\beta} p_{\beta}^{(i)}.$$  \hfill (B16)

where we used that $f_{\alpha\beta} p_{\beta}^{(i)} = f_{\beta\alpha} p_{\alpha}^{(i)}$. We now use the following property for the charge current kernel to lowest order, i.e. $W_{\alpha\beta}^{(i)} = - \eta_{\alpha\beta} W_{\alpha\beta}^{(i)}$, such that the above equations can be written as

$$\sum_{\beta} W_{\alpha\beta} \frac{\partial p_{\beta}^{(i)}}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\beta} W_{\alpha\beta}^{(i)} p_{\beta}^{(i)} \frac{\partial}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\beta} W_{\alpha\beta}^{(i)} p_{\beta}^{(i)}.$$  \hfill (B18)

The above allows us to write the derivative of the occupations vector as

$$\frac{\partial p_{\alpha}^{(i)}}{\partial \mu_r} = \frac{1}{k_B T} W_{\alpha\beta}^{(i)} p_{\beta}^{(i)},$$  \hfill (B20)

so that

$$\frac{\partial p_{\alpha}^{(i)}}{\partial \mu_r} = \frac{1}{k_B T} \sum_{\gamma \gamma_1 \gamma_2} W_{\alpha\beta}^{(i)} W_{\gamma_1 \gamma_2} p_{\gamma}^{(i)}.$$  \hfill (B21)

and using Eqs. (B18) and (B19) we obtain

$$\frac{\partial p_{\alpha}^{(i)}}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\gamma \gamma_1 \gamma_2} W_{\gamma_1 \gamma_2}^{(i)} W_{\gamma_1 \gamma_2} p_{\gamma}^{(i)} \frac{\partial}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\gamma \gamma_1 \gamma_2} W_{\gamma_1 \gamma_2}^{(i)} \sum_{\beta} (W_{\gamma_1 \gamma_2}^{(i)} - W_{\alpha\beta}^{(i)}) p_{\beta}^{(i)} p_{\gamma}^{(i)}.$$

where we used $\sum_{\beta} p_{\beta}^{(i)} = 1$ and that the instantaneous current in equilibrium is zero, i.e. $I_{\gamma}^{(i)} = \sum_{\gamma \gamma_1 \gamma_2} W_{\gamma_1 \gamma_2}^{(i)} p_{\gamma_1}^{(i)} = 0$, and thus the second term in the above equation is simply zero. Using Eq. (B3) allows us to interchange the subindices and obtain the proposed expression for the occupation derivatives in Eq. (27), which explicitly reads as

$$\frac{\partial p_{\alpha}^{(i)}}{\partial \mu_r} = - \frac{1}{k_B T} \sum_{\gamma \gamma_1 \gamma_2} W_{\gamma_1 \gamma_2}^{(i)} \sum_{\beta} (W_{\gamma_1 \gamma_2}^{(i)} - W_{\alpha\beta}^{(i)}) p_{\beta}^{(i)} p_{\gamma}^{(i)}.$$  \hfill (B22)

We now continue with Eq. (28) for the $X_r$-derivative of the adiabatic occupations in equilibrium. From Eq. (13) we have

$$\frac{\partial p_{\alpha}^{(a)}}{\partial X_r} = \sum_{\beta} W_{\alpha \beta}^{(a)} p_{\beta}^{(a)} = \sum_{\beta} W_{\alpha \beta}^{(a)} \left( f_{\alpha\beta} - f_{\beta\alpha} \right) p_{\beta}^{(a)},$$  \hfill (B23)

and using Eq. (B15), we obtain

$$\frac{\partial p_{\alpha}^{(a)}}{\partial X_r} = \frac{1}{k_B T} \sum_{\beta} W_{\alpha \beta}^{(a)} \left( f_{\alpha\beta} - f_{\beta\alpha} \right) p_{\beta}^{(a)}.$$  \hfill (B24)

where $F_{\alpha\beta} = - \partial E_{\alpha\beta} / \partial X_r$ is the $\beta$-element of the $\nu$-component of the force operator and $F_{\alpha\beta}^{(a)} = \sum_{\beta} F_{\alpha\beta} p_{\beta}^{(a)}$ is the instantaneous force. The proposed expression in Eq. (28) is:

$$\frac{\partial p_{\alpha}^{(a)}}{\partial X_r} = \frac{1}{k_B T} \left( f_{\alpha\beta} - f_{\beta\alpha} \right) p_{\beta}^{(a)}.$$  \hfill (B25)

So now we should arrive to Eq. (B24) from Eq. (B25). To do so, we use the definition of the force response coefficients in terms of the pseudoinverse kernel, which yields

$$\frac{\partial p_{\alpha}^{(a)}}{\partial X_r} = \frac{1}{k_B T} \sum_{\beta} F_{\alpha\beta} \sum_{\gamma} \left( W_{\alpha\beta}^{(a)} - W_{\gamma\beta}^{(a)} \right) p_{\gamma}^{(a)}.$$  \hfill (B26)

By using Eq. (B3) we can rewrite the second sum and obtain

$$\frac{\partial p_{\alpha}^{(a)}}{\partial X_r} = \frac{1}{k_B T} \sum_{\beta} F_{\alpha\beta} \sum_{\gamma} \left( W_{\alpha\beta}^{(a)} - W_{\gamma\beta}^{(a)} \right) p_{\gamma}^{(a)} p_{\beta}^{(a)}.$$  \hfill (B27)

such that combining the two sums we arrive to Eq. (B24).

**Appendix C: Local system's correlation function**

In this section we derive, along the lines of the real-time diagrammatic approach discussed in Refs. [54-52] and [60], the time-dependent correlation function for the fluctuation of two local observables $A$ and $B$, namely

$$D_{AB}(t) = \int_{-\infty}^{0} dt' D_{AB}(t, t'),$$  \hfill (C1)

$$= \frac{1}{2} \int_{-\infty}^{0} dt' \left[ \langle \hat{X}_A(t) \hat{X}_B(t') \rangle + \langle \hat{X}_B(t) \hat{X}_A(t') \rangle \right],$$  \hfill (C2)

where $\hat{X}_A(t) = \hat{A}(t) - \langle \hat{A}(t) \rangle$ is the $A$-fluctuation operator in the Heisenberg picture, such that $\hat{A}(t) = \hat{U}(t, 0)\hat{A}(t, 0)\hat{U}(t, 0)^{-1}$, with $\hat{U}(t, 0) = \mathcal{T} \exp \left[ -i \int_{0}^{t} \hat{H}(\tau) d\tau \right]$ the full system’s propagator
and \( \hat{A} \), the local operator written in the Schrödinger picture, which parametrically depends on time through the mechanical coordinate \( X(t) \). The two-time correlation function \( D_{AB}(t, t') \) then takes the form:

\[
D_{AB}(t, t') = \frac{1}{2} \langle (\hat{A}(t), \hat{B}(t')) \rangle - \langle \hat{A}(t) \rangle \langle \hat{B}(t') \rangle,
\]

(C3)

with \( [\cdot, \cdot] \) the anticommutator. Let us begin with the term carrying the anticommutator, i.e. \( C_{AB} = \langle (\hat{A}(t), \hat{B}(t')) \rangle \), that can be written as:

\[
C_{AB} = \frac{1}{2} \text{tr} \{ \hat{A}(t), [\hat{B}(t'), \hat{\rho}_0] \},
\]

(C4)

where the trace involves all electronic degrees of freedom, including both the local system and the reservoirs. The full density matrix \( \hat{\rho} \) is evaluated at the initial time \( t_0 \), from which the local system and the reservoirs are assumed to be coupled adiabatically. Under this assumption, the density matrix at \( t_0 \) can be factorized as \( \hat{\rho}_0 = \hat{\rho}_{\text{res}} \hat{\rho}_0 \), where \( \hat{\rho}_{\text{res}} \) is the density operator of the reservoirs (assumed to be always in equilibrium) and \( \hat{\rho}_0 \) is the density operator of the local system. By defining the superoperator \( L^A(t) \bullet = [\hat{A}(t), \bullet] \), we obtain

\[
C_{AB} = \frac{1}{2} \text{tr} L^A(t) L^B(t') \hat{\rho}_0.
\]

(C5)

We now write the above superoperators in the Schrödinger picture, i.e. \( L^A(t) = \pi(t_0, t) L^A_{\text{sys}}(t, t_0) \), where \( \pi(t, t_0) = \mathcal{T} \text{exp} \left[ -i \int_{t_0}^{t} L(t) dt \right] \) represents the (superoperator) propagator of the full system. Here \( L(t) \bullet = [\hat{L}(t), \bullet] \), with \( [\bullet, \bullet] \) denoting commutation, is the full system’s Liouvillian superoperator. Replacing these expressions we arrive to

\[
C_{AB} = \frac{1}{2} \text{tr} L^A_{\text{sys}}(t, t') L^B_{\text{sys}}(t', t_0) \hat{\rho}_0,
\]

(C6)

where we use that the leftmost propagator, \( \pi(t_0, t) \), can only act as the identity due to the invariance of the trace under cyclic permutations. Importantly, as the time integral in Eq. (C1) involves the cases \( t' < t \) and \( t' > t \), we can rearrange the above superoperators in chronological order as follows

\[
C_{AB} = \frac{1}{2} \text{tr} \left\{ L^A_{\text{sys}}(t', t) L^B_{\text{sys}}(t, t_0) \hat{\rho}_0, \quad t' < t \right\} - \frac{1}{2} \text{tr} \left\{ L^A_{\text{sys}}(t, t') L^B_{\text{sys}}(t', t_0) \hat{\rho}_0, \quad t' > t \right\}
\]

(C7)

Indeed, this equation is a general expression for the two-time correlation function in the sense that nothing was said yet about the local nature of the involved observables \( A \) and \( B \). In fact, the same expression was used as a starting point for the current noise\(^{20}\) provided the above local superoperators are replaced by non-local ones, related to the charge current flowing from/into the leads. The main difference in our case is that the force operator consists of local system’s field operators only, while the current operator is bilinear in the local system and reservoirs, similar to the tunnel Hamiltonian. This radical difference implies a different diagrammatic treatment as compared to the current noise, in the sense that, here, the superoperators \( L^A \) and \( L^B \) cannot be considered on the same level than the tunnel Liouvillian. Technically speaking, the local superoperators are not external vertices to be contracted.

In order to treat Eq. (C7) diagrammatically, we consider the Dyson equation for the full propagator

\[
\pi(t, t') = \pi_0(t, t') + (i \int_{t_0}^{t} dt_1 \pi_0(t, t_1) L_{\text{res}}(t_1, t_1) \pi(t_1, t')
\]

(C8)

where \( \pi_0(t, t') = \mathcal{T} \text{exp} \left[ -i \int_{t_0}^{t} L_0(t) dt \right] \) is the propagator of the decoupled system, defined by \( L_0(t) \bullet = [\hat{H}_{\text{sys}}(t) + \hat{H}_{\text{res}}, \bullet] \). Since the local superoperators in Eq. (C7) do not contain reservoir’s field operators, and given that there is a trace over the reservoir’s degrees of freedom, the total number of tunnel Liouvillians needs to be always even. With this in mind, and the expansion of the above Dyson equation, we can construct different diagrams contributing to \( C_{AB} \). In Fig. 6 we show two examples of diagrams for the case \( t' < t \). Here, the black dots (vertices) represent tunnel Liouvillians evaluated at different times, while the crossed circles denote the local superoperators. The tunnel Liouvillians are connected through contraction lines involving the trace over the reservoir’s degrees of freedom and the horizontal lines correspond to a free propagation in the local system, i.e. \( \pi_{\text{sys}}(t, t') = \mathcal{T} \text{exp} \left[ -i \int_{t_0}^{t} L_{\text{sys}}(t) dt \right] \).

A diagram contributing to \( C_{AB} \) thus consists of a series of irreducible blocks connected by a free propagation. By irreducible block we mean those regions where any vertical cut defines a block we mean those regions where any vertical cut defines a block.

1) When all irreducible blocks do not contain a local superoperator [see Fig. 6(a)]. In this case we have that the sum of all possible diagrams yields the following contribution to \( C_{AB} \)

\[
\frac{1}{2} e^{\mathcal{T}} \begin{cases} L^A_{\text{sys}}(t', t) L^B_{\text{sys}}(t, t_0) \hat{\rho}_0, \quad t' < t \\ L^B_{\text{sys}}(t', t) L^A_{\text{sys}}(t, t_0) \hat{\rho}_0, \quad t' > t \end{cases}
\]

(C9)

where \( \Pi(t, t') = \text{tr}_{\text{res}} \pi(t, t') \hat{\rho}_0 \) is the local system’s reduced propagator and \( e^{\mathcal{T}} \) represents the trace over the local system degrees of freedom.

2) When one of the local superoperators is contained within an irreducible block [see Fig. 6(b)]. Notice that since the local superoperators do not act as contraction vertices, only the earliest superoperator can follow this rule. By identifying this
irreducible block as an operator-related kernel we obtain that all diagrams of this type add up to yield the following contribution:

\[ K_t^{A(2k)}(t_f, t_i) = \sum_{\text{irr. contr. perm}} \sum_{n=0}^{\infty} \frac{(-1)^n}{n!} \left( \frac{\partial}{\partial t} \right)_n L_{\text{res}}(t_f) \pi_0(t_f, t_{2k-1}) \cdots L_{\text{res}}(t_n) \pi_0(t_n, t) L_t^A \pi_0(t, t_{n-1}) \cdots L_{\text{res}}(t_2) \pi_0(t_2, t) \right) L_{\text{res}}(t_1), \tag{C11} \]

where the sums mean that only irreducible contractions and all possible positions for the local superoperator \( L_t^A \) (provided is surrounded by two tunnel Liouvillians) need to be taken into account. The time-integral symbol is a shortcut for the time ordered integrals:

\[ \int_t^{t'} dt \to \int_t^{t_1} dt_{2k-1} \int_{t_1}^{t_2-1} dt_{2k-2} \cdots \int_{t_k}^{t_1} dt_1 \int_{t_1}^{t_0} dt_0. \tag{C12} \]

For \( K_t^K \) we can simply replace in Eq. (C11) the local superoperator \( L_t^A \) by \( L_t^K \). Notice that the lowest order kernel is necessarily linear in \( \Gamma \), such that in a lowest order calculation these type of contributions can be disregarded against those appearing in case 1.

The remaining term in Eq. (C5) corresponds to the mean values of the local observables \( A \) and \( B \) at times \( t \) and \( t' \), respectively. They can be simply written as:

\[ \langle \hat{A}(t) \rangle \langle \hat{B}(t') \rangle = \frac{1}{4} \sum_{\alpha} \langle \hat{A} \rangle^\alpha L_t^A \Pi(t, t_0) \hat{B} \Pi(t', t_0) \hat{B} \rangle, \tag{13} \]

such that the lowest order contribution to the two-time correlation function can be written as

\[ D_{AB}(t, t') = \frac{1}{4} e^T \left\{ L_t^A \tilde{\Pi}(t, t') L_t^K \hat{B}(t') \right\}, \quad t' < t \]

\[ + \frac{1}{4} e^T \left\{ L_t^A \tilde{\Pi}(t', t) L_t^K \hat{B}(t) \right\}, \quad t' > t \tag{C14} \]

with \( \tilde{\Pi}(t_1, t_2) = \Pi(t_1, t_2) - \hat{B}(t_1) \otimes e^T \). With this result for \( D_{AB}(t, t') \) we can now integrate over \( t' \) and write the correlation function as

\[ D_{AB}(t) = \frac{1}{4} \int_{-\infty}^{t} dt' e^T L_t^A \tilde{\Pi}(t, t') L_t^K \hat{B}(t') \]

\[ + \frac{1}{4} \int_{-\infty}^{t} dt' e^T L_t^A \tilde{\Pi}(t', t) L_t^K \hat{B}(t) \tag{C15} \]

Since we are interested in the instantaneous (i.e. zeroth order in \( \Theta \)) and lowest order in \( \Gamma \) contributions, the two local superoperators can be evaluated at time \( t \) while \( \tilde{\Pi}(t, t') \rightarrow \tilde{\Pi}_t(t-t') \).

As we already mentioned, the subindex \( t \) indicates a parametric dependence on \( t \) due to the mechanical coordinate \( X(t) \). The integral over \( t' \) can thus be taken as the zero frequency Laplace transform and we obtain

\[ D_{AB}(t) = e^T L_t^A \tilde{\Pi}_t^{-1} L_t^K \hat{B}_t \] (\( A \leftrightarrow B \)), \tag{C16} \]

with \( \tilde{\Pi}_t^{(i-1)} = [\tilde{\Pi}_t^{(i,1)}]^{-1} \hat{B}_t^{(0)} \otimes e^T \) and \( \tilde{\Pi}_t^{(i,1)} \) is the pseudo invertible kernel defined after Eq. (13). We refer to Refs. [34] and [60] for more details on the calculation of the different orders of \( \tilde{\Pi} \). The symbol \( A \leftrightarrow B \) means that the second term (due to \( t' < t \)) writes as the first one but with \( A \) and \( B \) exchanged.

Now that we have the general expression for the correlation function of two local observables, we can replace them by the different components of the current induced force. In doing so, we can formally define a local kernel in time-domain as

\[ W_t^A(t, t') = \frac{1}{2} L_t^A \Pi(t, t') \delta(t - t'), \tag{C17} \]

such that its zero-frequency Laplace transform simply reads as \( W_t^A \bullet = \{ \hat{A}, \bullet \}/2 \). The matrix elements of this superoperator are given by

\[ [W_t^A]_{a, a} = \frac{1}{2} \left( \langle a_\ast \hat{A} | a_\ast \rangle - \langle a_\ast \hat{A} | a_\ast \rangle \right). \tag{C18} \]

As we discussed in Sec. [11] on the level of approximation taken this work the relevant elements of the reduced density matrix are the diagonal ones, referred to the eigenbasis of \( H_{\text{sys}} \). This restricts the Liouville space described here to the case where \( a_\ast = a_- \) and \( b_\ast = b_+ \) and therefore \( [W_t^A]_{a, a} = \lambda_{\text{load}} \delta_{a, a} \).

Employing the same notation as in the main text (i.e. representing the reduced density matrix as a vector) we obtain:

\[ D_{ij}^{(i)} = e^T W_F' \tilde{\Pi} F_F' \hat{p}^{(i)} \tag{C19} \]

\[ \tilde{\Pi} = W^{-1} (\hat{p}^{(i)} \otimes e^T - 1), \]

where care must be taken in not confusing \( W_F' \) with the nonlocal \( K \)-kernels defined in Eq. (C11).

Appendix D: Recursive relation for the angular velocity

In this appendix we give a recursive method to obtain the rotor’s angular velocity. Starting from the angular Langevin equation Eq. (47), we multiply both sides of the equation by \( d\theta \) and integrate in the range \( \theta_i \leq \theta \leq \theta_f \):

\[ \frac{\dot{\theta}_f^2 - \dot{\theta}_i^2}{2} = \frac{1}{T} \int_{\theta_i}^{\theta_f} \left( \dot{\gamma} - \dot{\gamma} \right) d\theta, \tag{D1} \]
where we used that $\dot{\theta} d\theta = \dot{\theta} d\theta$ under the integral. We now consider as initial condition the unstable equilibrium point where $\mathcal{W}_{\text{eff}}$ is maximum and take this angle as the origin, i.e. $\theta_0 = 0$. If the initial angular velocity is zero and we take $\theta_1 = \theta$, then the above equation can be written as

$$\dot{\theta}^2 = \frac{2}{I} \int_0^\theta \left( \mathcal{F}_{\theta}^{(0)} - \mathcal{F}_{\text{load}} - \gamma_\theta \dot{\theta}(\theta') \right) d\theta'. \quad (D2)$$

The occurrence of $\dot{\theta}$ at both sides of the equation suggests the following functional recursion formula:

$$\dot{\theta}_{n+1}(\theta) = \sqrt{\frac{2}{I} \int_0^\theta \left( \mathcal{F}_{\theta}^{(0)} - \mathcal{F}_{\text{load}} - \gamma_\theta \dot{\theta}_n(\theta') \right) d\theta'}. \quad (D3)$$

By choosing $\dot{\theta}_0(\theta) = 0$ as the initial case, we obtain the following first order approximation to $\dot{\theta}(\theta)$:

$$\dot{\theta}_1(\theta) = \sqrt{\frac{2}{I} \int_0^\theta \left( \mathcal{F}_{\theta}^{(0)} - \mathcal{F}_{\text{load}} \right) d\theta'}. \quad (D4)$$

As discussed in Sec. [IV.C], the operation condition for the motor is $\mathcal{W}_F - \mathcal{W}_{\text{load}} \geq \mathcal{E}_{\text{div}}$. The maximum allowed loading work $\mathcal{W}_{\text{load}}^{\ast}$ is the one from which the above inequality can no longer be fulfilled, and hence $\mathcal{W}_F - \mathcal{W}_{\text{load}}^{\ast} = \mathcal{E}_{\text{div}}$. If we now approximate this condition through the $n$-order solution in the above recursive formula, we have

$$\mathcal{W}_F - \mathcal{W}_{\text{load}}^{\ast} = \int_0^{2\pi} \gamma_\theta \dot{\theta}_n(\theta) d\theta. \quad (D5)$$

For $n = 0$ we obtain the trivial condition $\mathcal{W}_{\text{load}}^{\ast} = \mathcal{W}_F$, meaning that the work done by the loading force needs to be smaller than that delivered by the motor, otherwise it gets stuck. This condition, however, does not take into account the dissipation. For $n = 1$ we arrive to

$$\mathcal{W}_F - \mathcal{W}_{\text{load}}^{\ast} = \int_0^{2\pi} \gamma_\theta \sqrt{\frac{2}{I} \int_0^\theta \left( \mathcal{F}_{\theta}^{(0)} - \mathcal{F}_{\text{load}}^{\ast} \right) d\theta'} d\theta, \quad (D6)$$

which coincides with Eq. (53) and it is shown in dashed line in Fig. 3(b). Obviously, as $\mathcal{F}_{\theta}^{(0)}$ and $\gamma_\theta$ are in principle general functions of $\theta$, the above equation for $\mathcal{W}_{\text{load}}^{\ast}$ needs to be solved numerically. Such a solution fits well the crossover between the “operational” and “non-operational” regimes for low biases. In the high bias regime, we need to take $n = 4$ and 5 in Eq. (D5) to reach convergence in trajectories A and B, respectively, as shown by the solid lines in Fig. 3(b).

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This limit for the electronic time scale should not be confused with the above discussed mechanical stationary regime, the latter characterized by much longer times than those of the electronic degrees of freedom.

For the lowest order approximation in $\Gamma$ we take here, all kernels are instantaneous, and we therefore omit the $i$-superscript to simplify the notation.

The minus sign in $\mu_i$ comes from sign convention used for the charge current.

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Another example would be that of a carbon nanotube based quantum dot [23] where the mechanical parameter $X_\alpha$ measures the distance between the $\alpha$-dot to the gate contact. In this case, the nanotube needs to be coupled to two independent vibrational modes in order to have nonzero adiabatic pumped charge per cycle and useful work.

The dissipated energy in the figure was obtained through a first-order recursion formula for $\dot{\theta}$, see App. D.

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