Many rural areas along Spain do not have access to the Internet. Despite the huge spread of technology that has taken place during recent years, some rural districts and isolated villages have a lack of proper communication infrastructures. Moreover, these areas and the connected regions are notably experiencing a technological gap. As a consequence of this, the implementation of technological health solutions becomes impracticable in these zones where demographic conditions are especially particular. Thus, inhabitants over 65 suppose a large portion of such population, and many elderly people live alone at their homes. These circumstances also impact on local businesses which are widely related to the agricultural and livestock industry. Taking into account this situation, this paper proposes a solution based on an opportunistic network algorithm which enables the deployment of technological communication solutions for both elderly healthcare and livestock industrial activities in rural areas. This way, two applications are proposed: a presence detection platform for elderly people who live alone and an analytic performance measurement system for livestock. The algorithm is evaluated considering several simulations under multiple conditions, comparing the delivery probability, latency, and overhead outcomes with other well-known opportunistic routing algorithms. As a result, the proposed solution quadruples the delivery probability of Prophet, which presents the best results among the benchmark solutions and greatly reduces the overhead regarding other solutions such as Epidemic or Prophet. This way, the proposed approach provides a reliable mechanism for the data transmission in these scenarios.
solutions to enhance the lives of elders in this challenging context. Loneliness is one of the main features in elderly people since a meaningful portion of them live alone in their homes. These circumstances can become a severe problem for health, especially in elderly people who are under clinical treatments. As a consequence of the lack of Internet infrastructures, technological solutions to help elderly people in their day-to-day routines cannot be applied, since monitoring systems and telemedicine platforms, which actively depend on the Internet, cannot be deployed. This way, these situations impact on the life of elderly people in rural areas.

On the other hand, technological constraints affect not only the elderly people but the local businesses too. Rural areas are filled with business activities like livestock or agriculture, and they are especially impacted by the conditions of the zone. Technological solutions for industry performance have become disruptive tools in production improvement. These systems provide mechanisms for monitoring and analyzing production processes, being implemented consistently in daily operation. Many of these systems provide a set of tools for production monitoring. In this manner, data processing becomes a relevant feature which requires specific communication infrastructures. In remote rural areas, where there is no Internet access, these procedures cannot be easily deployed.

Taking this context into account, rural areas that lack communication infrastructures face difficult challenges. The specific needs and the technological isolation motivate the spreading of alternative technologies which explore mechanisms for information transmission and system communication. Based on this idea, this paper proposes a DTN-based communication system for healthcare monitoring and livestock data transmission. The proposed platform brings a solution for elderly monitoring without an Internet connection. Thus, presence information about the elderly is transmitted to detect possible dangerous situations derived from the physical inactivity. As a consequence, mortality rates in elderly people who live alone may decrease, taking into account that emergency detection becomes a crucial factor in healthcare. Moreover, since the platform provides a communication mechanism for isolated areas, local livestock businesses can transmit performance and production data. As a result, the technological gap is addressed while the system provides a healthcare solution for elderly people. The proposed approach exploits the use of SACAR OCVN [2], a routing algorithm based on the cooperation among nodes with different interests. In particular, this algorithm provides the mechanism to forward the information by adapting it depending on the type of data and on the interests of the receiver.

This article proposes the solution structuring the content as follows: firstly, Section 2 consists of a brief study of technological approaches to the communication challenges and rural areas. Section 3 describes our proposal, as well as the system model with the elements composing it. Section 4 shows the experimental results and the algorithm performance, by comparing the obtained results with the outcomes of other well-known opportunistic routing algorithms. Finally, Section 5 draws some conclusions and the next steps in this research line.

2. Related Work

During the last years, the research community has been actively working on solutions for communication in isolated areas. These ideas propose an alternative behaviour regarding the classical network operation, using the close proximity between devices and the movement between places. The most popular network technologies based on this idea are Delay Tolerant Networks (DTN). DTN technology is a communication paradigm based on the physical proximity of devices to reach information transmission [3]. This way, low energy interfaces are used to provide communication and broadcast information between the network components or gateways.

DTN are notably deployed in isolated and concrete areas where the Internet connection is not possible. However, the possibilities of DTN are numerous. Hostile-communication contexts like subaquatic communications, spatial transmission, or intermittent connections are some of these opportunities. Moreover, some communication applications do not require a constant information flow like wildlife tracking [4] or low-priority information traffic [5]. This way, DTN provides a suitable option for the deployment of applications and data exchange. Nevertheless, one of the most relevant applications of DTN is the reaction and deployment in natural disaster scenarios. Since the communication architecture is usually critically damaged, DTN provides a useful solution for simple data transmission. The application of DTN in isolated rural areas has led to multiple works in this field. In the early 2000s, many proposals based on DTN brought the connection to remote areas. Projects like Zhang et al. [6] or Pentland et al. [7] are good examples of technology applied in these isolated areas.

In Zhang et al. [6], the authors propose a communication system based on DTN which allows the population at Swedish Lapland to be connected to the Internet. This project addresses the requirement of providing a solution which adapts to the nomadic living conditions of the inhabitants. Following the same line, Pentland et al. [7] brought a low-cost communication infrastructure to remote areas using wireless communications and public transport mobility. Besides, the article includes the successful results of the deployment in isolated parts of India and Cambodia. Both
proposals are mainly oriented to provide inhabitants with communication services like email or access to documents.

As DTN is improving, recent works explore new prospects. Some projects like Berrocal et al. [8] bring new paradigms like the hybrid model conformed by SDN [9] and DTN, using the movement of the cars and intermediate nodes to relay information to gateways. Other ideas like Galán-Jiménez et al. [10] focus on providing Internet coverage to rural and low-income areas based on 5G architectures, using Unmanned Aerial Vehicles (UAVs) in remote zones, and exploring optimal energy consumption [11].

Of course, the purpose of these systems is significantly varied. Technological healthcare is especially relevant in rural areas but is arduous to match with the possibilities of DTN. Usually, the healthcare system requires constant communication and Internet connection, factors which are hard to provide using DTN. However, several projects already proposed eHealth solutions using this network paradigm. Works like Galán-Jiménez et al. [12] proposes the use of the DTN model to monitor patients. This specific scheme provides opportunistic communication between the patient and the doctor, using body sensors and smartphones. Moreover, Galán-Jiménez et al. [13] keeps a similar behaviour but benefiting from intermittent connections. As a result, this architecture brings viable ideas which propose a solution for isolation and healthcare in rural areas.

The work presented in this paper is different from the ones introduced above in the sense that technological healthcare is addressed through the integration of SACAR OCVN [2], an opportunistic routing algorithm based on the interests of the nodes and that it is applied in rural areas to provide health monitoring and communication infrastructure for local businesses. Therefore, the proposed model forwards two kinds of information: health info from the ageing inhabitants and production data from smart livestock. Thus, the solution faces the problem of healthcare monitoring through the presence detection of the elderly at home and provides a mechanism to deal with the technological gap in rural industries. In the next section, the behaviour of our proposed algorithm is explained.

3. OPPNets and Rural Areas

As previously introduced, this work proposes a solution for healthcare monitoring and data transmission in rural isolated areas. The possibilities of DTN enable the deployment of schemes which allow communication in places where the Internet is not available. Therefore, the provided network scheme benefits from vehicular traffic and physical encounters to transmit two kinds of information: presence data from elderly people’s homes and sensor records from livestock. These two types of variables are quite relevant in the proposed scenario.

Presence detection in homes of the elderly is critically relevant. A large number of elderly people live alone at home in isolated rural areas, which becomes a severe health issue in the case of an emergency. This way, the detection of a dangerous situation becomes arduous without human supervision. Nevertheless, there are some relevant clues for possible health risks like interaction within the home environment. Taking this into account, the proposed scheme is based on obtaining data from sensors distributed around the house. These devices provide information about actions like door opening or lights operation. Hence, this presence information is transmitted through the network.

On the other hand, the gateways receive additional information: livestock analytic reports. The usual isolation of many areas of agricultural exploitation and many livestock farms becomes a significant technological gap compared with those businesses which can access the Internet. These industry holdings are especially suitable for the deployment of sensors and production analytics. Nevertheless, the lack of communication infrastructures affects these technological approaches. Thus, using the communication capability of the proposed network, reports from sensors are transmitted into the platform to end gateways.

The network behaviour follows the scheme provided in Figure 2, which identifies several components: (i) sender nodes, (ii) intermediate nodes, and (iii) gateways.

(i) Sender nodes refer to the homes of the elderly people and the smart livestock. These elements generate and transmit new information toward gateway nodes which are connected to the Internet. Thus, the messages are sent into the network in specified intervals of time. This way, the nodes send the messages to reachable intermediate nodes, which serve as data mules

(ii) Intermediate nodes are in charge of forwarding messages to the gateway. Therefore, cars and pedestrians receive, carry, and deliver the information as they move through the streets and roads. These nodes decide the information which they prefer to obtain and broadcast: presence info or livestock performance data. Additionally, there is another fundamental element in the scenario: throwboxes. These devices are placed on the main points of the road path and can store messages from any other intermediate node. Thus, throwboxes work as a “meeting point” for data and distribute it to other interested reachable nodes

(iii) Gateways are the destination elements of the messages generated by the sender nodes. They are connected to the Internet and are in charge of processing and transmitting information to the Cloud. As a result, the collected data can be externally processed, enabling the detection of anomalous patterns in the elderly activity and recognizing a possibly dangerous situation. In the same way, the performance information about livestock can be processed when it is finally delivered.

The opportunistic behaviour of the network is mainly based on the routing algorithm we propose to perform distributed communication among the aforementioned elements. In this paper, the idea behind the SACAR OCVN algorithm defined in [2] is applied to the rural scenario in
order to relay on cooperating nodes to successfully deliver the information from elders and livestock. The behaviour of the nodes in the scenario is based on the preferences of the nodes, following the Situational-Context model [14]. This paradigm proposes an automatic communication scheme for devices, using a virtual profile which defines the node’s capabilities and preferences.

SACAR OCVN [2] applies the Situational-Context scheme as a means to automatise the nodes’ encounter process. Thus, the nodes in the scenario have a virtual profile which identifies them as sender nodes, intermediate nodes, or gateways. The different roles available on the virtual profile are Goals and Skills: the first one defines the information preferences, while the Skills indicate the actions the node is able to perform. This model, once it is adapted to the scenario, is used to distinguish between sender elements (represented in Figure 3), carrying nodes (depicted in Figure 4), and end gateways (Figure 5).

The communication takes place when two nodes encounter each other. This way, by using low-energy technologies, the information is exchanged within the corresponding range. Thus, the communication process follows three main steps: (1) devices encounter each other, (2) virtual profiles are gathered, and (3) information is exchanged. All these steps are shown in Figure 6. The proposed scenario raises an opportunistic context where communication provides an improvement in the day-to-day routines of local inhabitants. The idea has been executed as a simulation which has tested the algorithm under different situations, trying to define the most appropriate context for interactions. The next section details the simulation process and the parameters that have been tuned.
4. Experimental Results

The result section is organized as follows: firstly, the selected scenario is described. Then, the results are analyzed focusing on two aspects: (i) performance analysis of SACAR OCVN algorithm on the scenario and (ii) comparison with other relevant opportunistic routing solutions.

4.1. Simulated Scenario. Simulations have been carried out using The ONE simulator [15]. This tool provides a development environment for DTNs, allowing the specification of a detailed scenario, movements, and protocols. Thus, the performance of the routing algorithm can be obtained through execution reports. In this work, the simulated scenario recreates a rural area with low connectivity, which reflects a village community and the surrounding roads. Figure 7 represents the simulation map.

The simulation process follows an execution scheme which varies the context inputs and node behaviour. Table 1 summarizes the input configuration. The number of total nodes is \( N = 146 \), where \( N_i = 3 \) is the number of destination nodes, \( N_j = 66 \) is the number of intermediate nodes, and \( N_g = 80 \) are referred to sender nodes. Destination locations have been established far away from the rural village in order to analyze the effectiveness of the communication. Intermediate nodes are distributed along paths in an area of \( A = 81000 \text{ m}^2 \) with different movements patterns, \( P \), which specify how the nodes move. The type of interest settings is composed of the Skill set, \( S \), and the Goal set, \( G \). The first group keeps the capabilities of the nodes, in this case, store-and-carry presence information or performance data. Also, the Skill of transmitting messages to the Internet is possible. On the other hand, the Goal set defines, in this case, the kind of information the node generates. The maximum number of Goals in the nodes is \( g_n = 2 \) and \( s_n = 2 \) in the case of Skills. Simulation duration is set to \( T = 28000 \text{ s} \).

Message generation interval, \( \omega \), is in charge of establishing the waiting time before the sender nodes generate new information. It is a key parameter in the simulations since the number of created messages depends actively on it. In this scenario, three times are considered: \( \omega = \{900, 1800, 3600\} \text{ s} \). These intervals adapt the message generation to real values since presence data requires a fluent transmission. In the next section, simulation results are analysed, as well as compared with other well-known opportunistic routing algorithms under different contexts.

4.2. Parameter Setting. Four main outcomes are analyzed after running the simulations: (1) delivery probability \( (d_{\text{prob}}) \), (2) overhead ratio \( (\theta) \), (3) average latency \( (\tau) \), and (4) average number of hops \( (\gamma) \): (i) \( d_{\text{prob}} \) is the percentage of messages which reached the destination node. This way, it is a critical value which reflects the success of communication and forwarding. This value is calculated as the relation between the number of messages originally sent, \( d_{\text{sent}} \), and the number of messages received at destinations, \( d_{\text{received}} \); (ii) \( \theta \) is the relation between duplicated messages and received messages. It reflects the use of the network; (iii) \( \tau \) reflects the average time needed to receive a message once it is sent; (iv) \( \gamma \) represents the average number of intermediate nodes needed to reach the destination.

These results are obtained when the simulation process is finished. This way, the scenario receives two main inputs which vary the final results. These two variables are interval message generation \( (\omega) \) and interest distribution at intermediate nodes.

(1) Interval message generation, \( \omega \), specifies the waiting time before new messages are created. Thus, it defines a variable which plays an important role in simulation. The considered times are 900, 1800, and 3600 seconds.

(2) Since SACAR OCVN is based on node interests, three different distributions of interests are considered: (i) the percentage of nodes only interested in carrying elderly presence information \( (I_{\text{elderly}}) \), (ii) nodes only interested in carrying industrial production information \( (I_{\text{industry}}) \), and (iii) nodes interested in carrying both types of information \( (I_{\text{hybrid}}) \). Moreover, there are also nodes which are not interested in carrying any type of information \( (I_{\text{empty}}) \). Table 2 shows the selected values for the three considered scenarios.
5. SACAR OCVN Performance Analysis

The proposed algorithm is executed on each scenario distribution, varying the message generation interval, \( \omega \). As Figure 8 reflects, the delivery probability \( d_{\text{prob}} \) obtained by SACAR OCVN is very relevant. Since it is a critical value which captures the success at message transmission, a high percentage is needed. This way, the algorithm experiences the lowest rates when the message generation interval is low. On the other hand, the best results are obtained when...
the value is increased, reaching \(d_{\text{prob}} = 0.945\) when \(\omega = 3600\) s. This is essentially due to low interval values which involve a larger number of messages to be transmitted.

The overhead ratio results are included in Figure 9. This value is a suitable parameter to know the practical usage of the bandwidth in the network. SACAR OCVN experiences an overhead increase when the predominant interest is the information from elderly people. On the other hand, when industry interest is predominant, the value of \(\theta\) decreases. As a result, the algorithm experiences an average result when the scenario is mixed.

Since the transmitted information is elderly-care related, the average latency \(\tau\) is critical to minimize the needed time to reach the destination. As Figure 10 shows, SACAR OCVN presents very similar results in each scenario with an average latency of around \(\tau = 2500\) s.

Finally, the average number of hops, \(\gamma\), is the median number of intermediate nodes needed by the messages to reach the destination. The latency value is usually related to the hop rate since the encounters and information transmission at hops improve possibilities of delivery. This way, as Figure 11 shows, SACAR OCVN average hop outcomes follow an inversely proportional trend w.r.t. latency values.

As a conclusion, SACAR OCVN results are positive. The delivery probability in \(\omega = 3600\) s is \(d_{\text{prob}} = 0.945\), guaranteeing a high rate at message broadcasting. Besides, the message generation interval which provides a better performance is \(\omega = 3600\) s. This successful result means that the algorithm
provides a good communication mechanism for the exposed scenario. As a consequence, the data of presence from the elderly’s homes is fluently transmitted through the network. Thus, the system allows the remote detection of possible dangerous situations, derivated from the inactivity of the elderly. Besides, the local industries can transmit performance data from the exploitation.

Once SACAR OCVN best results are obtained, they are compared under the same context conditions with the rest of the DTN algorithms included in The ONE. Furthermore, this second stage of result analysis is addressed.

### 6. Comparison with Other Opportunistic Routing Solutions

SACAR OCVN experiences better results when the message generation interval is \( \omega = 3600 \) s. This way, using the same scenario conditions, in this section, we compare these values with the ones obtained when running other well-known opportunistic routing algorithms in The ONE. Note that the analysis uses the same set of parameters described in the previous section. Next, benchmark algorithms are briefly described. DirectDeliveryRouter [16] works based on straight delivery between the sender and the receiver node. Thus, intermediate elements are ignored. EpidemicRouter [17], on the other hand, belongs to the flood algorithm family. Thus, the behavior is based on duplicating the messages with every encountered node. MaxPropRouter [18] uses the previous node encounters to define the most appropriate path to the destination. ProphetRouter [19] works based on a probabilistic scheme while SprayAndWaitRouter [20] replies to messages by creating copies which can be specified by the user.

The executions take place with \( \omega = 3600 \) s for the different interest distributions over the same scenario described in Figure 7. Delivery probability is the most significant parameter in performance comparison. As Figure 12 shows, the best delivery probability is \( d_{\text{prob}} = 0.95 \) and belongs to the SACAR OCVN execution. The other algorithms provide a low delivery rate in the three scenarios.

Overhead ratio results are reflected in Figure 13. DirectDeliveryRouter is based on communicating sender nodes and destination, without using intermediate elements. Thus, message traffic is low. Besides, the lowest values belong to SprayAndWaitRouter, which provides the communication process with better use of the bandwidth than EpidemicRouter and ProphetRouter. SACAR OCVN, in turn, keeps close values to SprayAndWait.

Figure 14 shows the average latency in executions. SACAR OCVN is the algorithm which has the highest latency value, mainly because of the largely supported message traffic, as well as the low hop rates. On the other hand, EpidemicRouter and ProphetRouter keep the results below these numbers. Besides, SprayAndWaitRouter provides the lowest rate.

The average number of hops in each of the algorithms is presented in Figure 15. DirectDeliveryRouter bases its behavior on senders delivering messages straight to the destination; thus, it is always one hop. On the other hand, SACAR OCVN keeps an average hop number quite low regarding EpidemicRouter and ProphetRouter results, which represent the highest in the hybrid interest scenario. Again, SprayAndWaitRouter provides a good performance and draws on few hops to reach the destination.

The comparison process clearly shows the performance of SACAR OCVN compared with the opportunistic routing algorithms included in The ONE. The high delivery probability value guarantees the applicability of the solution in the described scenario, becoming a powerful tool in the implementation of the project. It is important to remark that SprayAndWaitRouter keeps good results at \( \theta, \tau, \text{and} \gamma \), but \( d_{\text{prob}} \) is too low to provide a reliable communication. The possibilities of the router are relevant and follow a promising work line.

### 7. Discussion

Rural areas represent a big percentage of the population over 65. Only in Spain, around 30% of inhabitants in small villages are older adults. These demographic conditions become a challenge for health, since issues like personal assistance, solitude, and isolation play a big role in the daily routines of seniors. Technology has become a very significant ally for healthcare, providing mechanisms and tools such as eHealth, remote monitoring, and smart systems which ease communication and quick emergency detection. However, many of these rural spaces lack Internet connection, where no infrastructures to deploy eHealth solutions can be exploited.

In this paper, a response to this context is provided. Making use of alternative communication mechanisms like opportunistic networks, a reliable system for remote areas is introduced. Thus, the proposal supplies villages with an architecture for message transmission which allows the detection of possible emergencies of seniors who live alone.
while local exploitations are also able to transmit performance reports.

On the one hand, information about the presence habits of seniors who live alone is transmitted. This way, several sensors are installed along the houses, recording the presence of the elderly and sending such information toward the opportunistic network. The possibility of determining the presence patterns of elderly people allows the detection of potentially risky situations that can happen in the solitude of the home. As a result, mortality risks in the elderly who live alone are reduced by exploiting the detection of anomalous behaviour.

On the other hand, the local exploitations in isolated rural areas face the challenge of the lack of Internet infrastructure. The technological gap reduces the competitive advantages compared to the connected industries, and therefore, their maximum performance capabilities cannot be reached. In order to tackle this problem, the proposed solution exploits the use of sensors at the exploitation place like livestocks or hives, playing roles like weight measurement, animal tracking, or food consumption.

The data collected by sensors is broadcasted toward the destination making use of BLE technology and intermediate nodes. These nodes, which serve as mules, can be different types of devices like cars, smartphones, smartwatches, or throwboxes. These lasts are devices installed on the roads, fed by solar panels, which store and forward the information to the devices in their range.

As a result, the proposed solution in this paper is aimed at improving the quality of life in remote areas.
opportunistic routing solutions, outperforming them. Therefore, the proposed scheme brings a solution to the technological gap in isolated rural areas, enabling the monitoring of elders’ activity and providing a reliable communication system to improve the performance of livestock industries.

The authors are working on providing the proposed algorithm with a smart behaviour through a machine learning model. Moreover, trajectory prediction in nodes’ movement presents other key aspects to be explored.

Data Availability

Data are available on request. Research results are available on request. Thus, in order to be provided with the data report, please, write to Manuel Jesús-Azabal (manuel@unex.es).

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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