Positioning errors of dental implants and their associations with adjacent structures and anatomical variations: A CBCT-based study

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ABSTRACT

Purpose: The objective of the present study was to evaluate the prevalence of dental implants positioning errors and their associations with adjacent structures and anatomical variations by means of cone-beam computed tomography (CBCT).

Materials and Methods: CBCT images of 207 patients (584 dental implants) were evaluated by 2 oral radiologists. The distance between the implant and the adjacent teeth/implants was measured and classified as adequate (≥1.5 mm and ≥3 mm, respectively) or inadequate. The presence of thread exposure, cortical perforation, implant dehiscence, implant penetration into adjacent structures, and anatomical variations was also recorded. The incisor canal diameter and the depth of the concavity of the submandibular fossa were measured in order to evaluate their correlations with the frequency of implant penetration in these structures. Descriptive analyses, the Fisher exact test, and Spearman correlation analysis were performed (α = 0.05).

Results: The overall prevalence of positioning errors was 82.9%. The most common error was the inadequate distance between the implant and the adjacent teeth/implants. The presence of anatomical variations did not significantly influence the overall prevalence of errors (P > 0.05). There was a positive correlation between the diameter of the incisor canal and the frequency of implant penetration in this structure (r = 0.232, P < 0.05).

Conclusion: There was a high prevalence of dental implant positioning errors, and positioning errors were not associated with the presence of anatomical variations. Professionals should be aware of the space available for implant placement during the preoperative planning stage. (Imaging Sci Dent 2020; 50: 281-90)

KEY WORDS: Anatomic Variation; Cone-Beam Computed Tomography; Dental Implant

Introduction

Dental implants are an effective alternative to oral rehabilitation and contribute to patients’ quality of life. Nevertheless, the implant placement procedure is not exempt from technical errors, which may occur as a result of failures in either surgical planning or the precise identification of anatomical structures. Technical errors include an inadequate distance between the implant and adjacent structures, perforation of cortical plates, and penetration into anatomical landmarks. These errors can lead to clinical complications such as failed osseointegration, bone defects, bleeding, neurosensory disorders, and unnecessary additional surgical procedures. Consequently, implant failure (either early or late) has a high likelihood of occurrence.

Cone-beam computed tomography (CBCT) is the most widely recommended imaging modality for implant planning since it allows precise 3-dimensional measurements.
of the implant bone site and accurate identification of anatomical structures and their variations. For postoperative evaluations, however, the use of CBCT is limited by the production of beam-hardening artifacts and the relatively high radiation dose. Even so, CBCT is a useful method for evaluating implant positioning errors and is indicated when patients have clinical symptoms such as pain and implant mobility, as it provides additional information when compared to 2-dimensional images. It is also important to consider that technical errors may be related to complications that do not cause immediate symptoms. Thus, the evaluation of implants in CBCT exams acquired for other reasons could assist in the early detection of these errors in a pre-symptomatic stage.

Knowing the prevalence of different types of implant positioning errors and where they most often occur is essential to alert dental practitioners of the importance of proper surgical planning. To date, there are few studies on this subject using a representative sample of CBCT scans. Moreover, to the authors’ best knowledge, it has not been investigated whether the presence of anatomical variations increases the frequency of these errors. Therefore, the purpose of this study was to evaluate the prevalence of dental implant positioning errors and their associations with adjacent structures and anatomical variations by means of CBCT images.

Materials and Methods

Study sample

This study was carried out after receiving approval from the local Ethics Committee (protocol #66784617.9.0000.5208). The initial sample was composed of 851 consecutive patients referred to an oral radiology center by several professionals for CBCT imaging of the jaws (for a variety of clinical reasons). The inclusion criterion was exams of patients who had at least 1 dental implant. CBCT exams with low technical quality or with a partial image of the implant and adjacent anatomical structures were excluded. After applying the criteria, the final sample was composed of CBCT exams of 207 patients (127 women and 80 men aged from 21 to 85 years; mean, 58.1 ± 12.9 years), with a total of 584 dental implants (mean, 2.8 implants per patient).

All images were obtained using an i-CAT Next Generation CBCT unit (Imaging Sciences International, Hatfield, PA, USA). The acquisition parameters (kVp, mA, and field of view) were selected according to each patient’s characteristics and treatment needs, but the voxel size was set at 0.2 mm. Subsequently, the images were exported in Digital Imaging and Communications in Medicine format and evaluated using the OnDemand 3D software (Cybermed Inc., Seoul, Korea).

Image evaluation

Multiplanar reconstructions (axial, coronal, sagittal, and cross-sectional) were evaluated simultaneously by 2 examiners, an oral radiologist and a dental practitioner with at least 3 years of experience in evaluating CBCT images, by consensus. The evaluations were performed under low-light conditions using a 19-inch LCD monitor (Itautec, São Paulo, Brazil). Brightness, contrast, and zoom tools could be used at the discretion of the examiners.

Patients’ data and the region of insertion of each dental implant were recorded. The bilateral absence of teeth or implants adjacent to the evaluated implant was recorded as “absence of adjacent tooth/implant.” When adjacent teeth and/or implants were present, the smallest linear distance between them and the evaluated implant was measured. If there was <1.5 mm between the tooth and implant and/or <3 mm between 2 implants, this relationship was classified as inadequate. Cases of contact between the implant and the adjacent tooth/implant were recorded as “tooth/implant injury” (Fig. 1).

Thread exposure was evaluated by measuring the mesial, distal, buccal, and lingual bone levels related to the dental implants. The mean value was calculated (in millimeters), and a bone level of up to 2 mm between the implant shoulder and the alveolar bone crest, without exposure of the implant threads, was considered to be adequate. Cases with a bone loss greater than 2 mm and absence of bone walls around the entire implant were recorded as thread exposure (Fig. 2).

Perforation/fenestration of the cortical plates and implant dehiscence were considered present, respectively, when the apex of the implant crossed the cortical plate or when it was not possible to identify the bone surrounding part of the implant body in the cervical third (i.e., when 1 of the cortical plates was absent). For both implant complications, the involved cortical plate (buccal or lingual) was recorded (Fig. 3).

Cases of implant penetration (at least 1 mm) into the following anatomical structures were evaluated: incisive canal, nasal cavity, maxillary sinus, mental foramen, and mandibular canal. The presence of anatomical variations such as anterior extension of the maxillary sinus (anterior to premolars) and the anterior loop of the mandibular canal was also recorded. Canalis sinuosus, when identified,
was also recorded as an anatomical variation (Fig. 4). Additional evaluations were performed to identify correlations between the morphology of anatomical structures and the frequency of penetration of the implant into those structures. Thus, for implants located in the region of the maxillary central incisors, the diameter of the incisive canal was measured in its greatest mesiodistal dimension. Likewise, when evaluating implants located in the region of the mandibular molars, the depth of the concavity of the submandibular fossa was measured by tracing a perpendicular line from the deepest area of the submandibular fossa to a reference line tangent to the most prominent upper and lower points of the lingual concavity on cross-sectional CBCT images.

**Statistical analysis**

Statistical analyses were performed using SPSS version 23.0 (IBM Corp., Armonk, NY, USA). Data were grouped according to the region of implant insertion and a descriptive analysis with the distribution of absolute and relative frequencies was performed. The Fisher exact test was used to evaluate the association between the presence of anatomical variations and the prevalence of implant complications. The Spearman correlation test was used to assess the influence of the depth of concavity of the submandibular fossa and the incisive canal diameter on the frequency of implant perforation in these respective structures. The significance level was set to \( P < 0.05 \).

**Results**

The general prevalence of implant positioning errors and the distribution of individual and co-occurring errors according to the location of dental implants are shown in
There was a high general prevalence of errors in both the maxilla (85.7%) and the mandible (75.6%), resulting in an average error of 82.9% in the study sample. The highest and the lowest error rates were found in the regions of the maxillary central incisors (94.4%) and maxillary molars (69.2%), respectively. The most frequent errors that occurred individually were inadequate distance/injury for the maxillary teeth (21.9%) and thread exposure for the mandibular teeth (22%). Co-occurrence of 2 or more positioning errors was observed frequently, with rates ranging from 14.3% to 55.6% of cases depending on the region (Fig. 5). The most common combinations were inadequate distance/injury with implant dehiscence and inadequate distance/injury with penetration into anatomical structures; these combinations represented 27.4% (55) and 22.4% (45) of all cases of multiple positioning errors, respectively.

Table 2 details the variables of the study and the distribution of types of positioning errors according to the location of dental implants. For maxillary implants, inadequate distance to the adjacent tooth/implant was the most frequent error in all regions (59.7% to 68.1%), except for the molar region, where the most common error was penetration into the maxillary sinus (53.8%). In contrast, for mandibular implants, the most frequent errors were thread exposure and inadequate distance to the adjacent teeth/implant.
implants in the anterior region (each present in 66.7% of cases), implant dehiscence in the premolar region (40.4%, considering buccal and lingual cases) and thread exposure in the molar teeth (29.7%).

In general, the mean distance from implants to adjacent teeth/implants increased as the region of implant insertion became more posterior, in both the maxilla and the mandible (Table 2). Regarding the penetration into anatomical structures, there was a high prevalence of penetration into the maxillary sinus (34.2%, 81 of 237 implants), followed by implants reaching the incisive canal (12.5%, 9 of 72 implants), nasal cavity (6.4%, 27 of 420 implants), mandibular canal (5.6%, 8 of 143 implants) and mental foramen (4.1%, 3 of 73 implants). The presence of anatomical variations was also related to high penetration rates into the anterior extension of the maxillary sinus (17.7%, 3 of 17 cases), canalis sinuosus (12.3%, 13 of 106 cases), and the anterior loop of the mandibular canal (11.8%, 4 of 34 cases).

**Table 1.** General prevalence of implant positioning errors and the distribution of individual and co-occurring errors according to the location of dental implants (number and percentage)

| Implant region | No positioning errors | Inadequate distance/injury | Thread exposure | Cortical perforation | Implant dehiscence | Penetration into anatomical structures* | Co-occurrence of positioning errors** | Total |
|----------------|-----------------------|---------------------------|-----------------|---------------------|-------------------|----------------------------------------|-------------------------------------|-------|
| **Maxilla**    |                       |                           |                 |                     |                   |                                        |                                     |       |
| Central incisor (n = 72) | 4 (5.6)               | 15 (20.8)                 | 3 (4.2)         | 1 (1.4)             | 7 (9.7)           | 2 (2.8)                                | 40 (55.6)                          | 68 (94.4) |
| Lateral incisor (n = 64) | 4 (6.2)               | 18 (28.1)                 | 3 (4.7)         | 1 (1.6)             | 7 (10.9)          | 3 (4.7)                                | 28 (43.8)                          | 60 (93.8) |
| Canine (n = 47) | 9 (19.1)               | 6 (12.8)                  | 7 (14.9)        | 1 (2.1)             | 13 (27.7)         | 4 (8.5)                                | 7 (14.9)                           | 38 (80.9) |
| Premolar (n = 159) | 19 (11.9)              | 41 (25.8)                 | 5 (3.1)         | 3 (1.9)             | 15 (9.4)          | 8 (5.0)                                | 68 (42.8)                          | 140 (88.1) |
| Molar (n = 78) | 24 (30.8)               | 12 (15.3)                 | 3 (3.8)         | –                   | 4 (5.1)           | 11 (14.1)                              | 24 (30.8)                          | 54 (69.2) |
| Total (n = 420) | 60 (14.3)              | 92 (21.9)                 | 21 (5.0)        | 6 (1.4)             | 46 (11.0)         | 28 (6.7)                               | 167 (40.0)                         | 360 (85.7) |
| **Mandible**    |                       |                           |                 |                     |                   |                                        |                                     |       |
| Anterior teeth (n = 21) | 3 (14.3)              | –                         | 8 (38.1)        | –                   | 2 (9.5)           | –                                      | 8 (38.1)                           | 18 (85.7) |
| Premolars (n = 52) | 10 (19.2)              | 10 (19.2)                 | 8 (15.4)        | –                   | 11 (21.2)         | –                                      | 13 (25.0)                          | 42 (80.8) |
| Molars (n = 91) | 27 (29.7)               | 8 (8.8)                   | 20 (22.0)       | 4 (4.4)             | 17 (18.7)         | 2 (2.2)                                | 13 (14.3)                          | 64 (70.3) |
| Total (n = 164) | 40 (24.4)              | 18 (11.0)                 | 36 (22.0)       | 4 (2.4)             | 30 (18.3)         | 2 (1.2)                                | 34 (20.7)                          | 124 (75.6) |
| Total (n = 584) | 100 (17.1)             | 110 (18.8)                | 57 (9.8)        | 10 (1.7)            | 76 (13)           | 30 (5.1)                               | 201 (34.4)                         | 484 (82.9) |

*: penetration into at least 1 anatomical structure, **: co-occurrence of 2 or more positioning errors. Mandibular anterior teeth are grouped because there were few cases of implants located in these regions.
cases: 2 cases in the canine region and 32 cases in the premolar region) (Table 2).

According to the Fisher exact test, the presence of anatomical variations did not significantly influence the overall prevalence of implant positioning errors ($P > 0.05$). Spearman correlation analysis showed a positive and significant correlation between the incisive canal diameter and the frequency of implant penetration into this structure ($r = 0.232$, slight correlation; $P < 0.05$). On the other hand, the depth of the concavity of the submandibular fossa did not influence the frequency of implant perforation on the lingual cortical plate in the posterior region of the mandible ($P = 0.923$).

Discussion

The present study showed a high overall prevalence of dental implant positioning errors (82.9%), and an inadequate distance between implant and adjacent teeth/implants was the most common error. Although previous studies have also investigated this issue using CBCT, the presence of anatomical variations did not statistically influence the overall prevalence of implant positioning errors ($P > 0.05$) to the authors’ best knowledge, none have performed an analysis of the prevalence of all possible implant positioning errors and their combinations. Furthermore, no previous study has investigated whether the presence of anatomical variations at the implant site could increase the occurrence of errors. It is known that neglecting anatomical landmarks in the preoperative evaluation can cause harm to the patient. However, surprisingly, it was observed that the presence of anatomical variations did not significantly influence the findings of the present study.

The overall and specific prevalence rates of implant positioning errors observed here were much higher than those reported in the literature (6.89% to 37.5%)$^{2,5,7}$ and it is also noteworthy that multiple errors were present in many cases (34.4%). This discrepancy can be explained by the different criteria used in various studies for evaluating errors. While some studies considered only some types of positioning errors in their analyses,$^{2,5,7}$ others did not distribute error types according to different regions of implant insertion (instead making a percentage calculation over the total sample).$^2$ This may mask the actual prevalence of errors and cause misinterpretation of possible location-related complications.$^{12}$ In addition, possible differences in sample size, study population, and analysis methods should be considered. In the study conducted by Gaêta-Araujo et al.,$^5$ for example, the authors did not present the general prevalence of errors, but instead reported independent prevalence rates for perforations into anatomical structures (33.3%) and inadequate distance between the implant and the adjacent tooth/implant (18.2%). Furthermore, this last value may have been lower than that reported in the present study because those authors considered only cases with a distance $< 1$ mm as inadequate, whereas the cutoff used in the present study was $< 1.5$ mm.

In general, the average implant distance to the adjacent tooth/implant increased in more posterior regions. The average values were below the recommended distance$^6,13$ in the maxillary lateral incisor region (considering the implant-tooth relationship) and in the region of the central incisors to maxillary premolars (considering the implant-implant relationship). Such positioning errors can

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**Fig. 5.** Sagittal (A), axial (B), and cross-sectional (C) cone-beam computed tomographic images from a patient show multiple implant positioning errors: an inadequate distance between the implant and adjacent tooth (full arrow), penetration into an anatomical structure (the nasal cavity; empty arrow), and implant dehiscence (dotted arrow).
Table 2. Distribution of types of positioning errors according to the location of dental implants

| Variables                                   | Maxilla          | Mandible         |
|---------------------------------------------|------------------|------------------|
|                                             | Central incisor  | Lateral incisor  | Canine           | Premolar         | Molar           | Anterior teeth  | Premolar         | Molar           |
|                                             | (n = 72)         | (n = 64)         | (n = 47)         | (n = 159)        | (n = 78)        | (n = 21)        | (n = 52)         | (n = 91)        |
| Relationship with adjacent tooth/implant    |                  |                  |                  |                  |                |                  |                  |                |
| Mean distance to adjacent teeth             | 1.71 mm          | 1.43 mm          | 1.69 mm          | 1.9 mm           | 2.59 mm        | 1.8 mm          | 2.62 mm          | 4.2 mm          |
| Mean distance to adjacent implants          | 2.9 mm           | 2 mm             | 2.24 mm          | 2.32 mm          | 3.23 mm        | 3.14 mm         | 3.34 mm          | 4.05 mm         |
| Absence of adjacent tooth/implant           | 2 (2.8)          | 1 (1.6)          | 6 (12.8)         | 5 (3.1)          | 14 (18)        | 1 (4.8)         | 3 (5.8)          | 10 (11)         |
| Adequate distance to tooth/implant          | 24 (33.3)        | 19 (29.7)        | 9 (19.1)         | 51 (32.1)        | 43 (55.1)      | 6 (28.6)        | 32 (61.5)        | 64 (70.3)       |
| Inadequate distance to tooth/implant        | 43 (59.7)        | 41 (64.1)        | 32 (68.1)        | 100 (62.9)       | 20 (25.6)      | 14 (66.7)       | 16 (30.8)        | 17 (18.7)       |
| Injury to adjacent tooth/implant            | 3 (4.2)          | 3 (4.7)          | 0 (0)            | 3 (1.9)          | 1 (1.3)        | 0 (0)           | 1 (1.9)          | 0 (0)           |
| Thread exposure                             |                  |                  |                  |                  |                |                  |                  |                |
| Absent                                      | 64 (89.9)        | 59 (92.2)        | 36 (76.6)        | 141 (88.7)       | 58 (74.4)      | 7 (33.3)        | 41 (78.8)        | 64 (70.3)       |
| Present                                     | 8 (11.1)         | 5 (7.8)          | 11 (23.4)        | 18 (11.3)        | 20 (25.6)      | 14 (66.7)       | 11 (21.2)        | 27 (29.7)       |
| Mean bone loss (mm)                         | 4.0 ± 1.3        | 3.8 ± 1.1        | 3.7 ± 1.4        | 3.8 ± 1.5        | 3.5 ± 1.0      | 5.3 ± 2.6       | 4.1 ± 2.0        | 4.0 ± 1.5       |
| Perforation of the cortical plates          |                  |                  |                  |                  |                |                  |                  |                |
| Absent                                      | 68 (94.4)        | 58 (90.6)        | 46 (97.9)        | 145 (91.2)       | 78 (100)       | 21 (100)        | 52 (100)         | 85 (93.4)       |
| Present (buccal cortical)                   | 4 (5.6)          | 6 (9.4)          | 1 (2.1)          | 14 (8.8)         | 0 (0)          | 0 (0)           | 0 (0)            | 2 (2.2)         |
| Present (lingual cortical)                  | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)          | 0 (0)           | 0 (0)            | 4 (4.4)         |
| Implant dehiscence                          |                  |                  |                  |                  |                |                  |                  |                |
| Absent                                      | 39 (54.2)        | 39 (60.9)        | 30 (63.8)        | 116 (73.0)       | 71 (91.0)      | 17 (81.0)       | 31 (59.6)        | 69 (75.8)       |
| Present (buccal cortical)                   | 25 (34.7)        | 19 (29.7)        | 14 (29.8)        | 28 (17.6)        | 2 (2.6)        | 4 (19.0)        | 16 (30.8)        | 10 (11.0)       |
| Present (lingual cortical)                  | 8 (11.1)         | 6 (9.4)          | 3 (6.4)          | 15 (9.4)         | 5 (6.4)        | 0 (0)           | 5 (9.6)          | 12 (13.2)       |
| Penetration into anatomical structures       |                  |                  |                  |                  |                |                  |                  |                |
| Incisive canal                              | 9 (12.5)         | –                | –                | –                | –             | –                | –                | –              |
| Nasal cavity                                | 14 (19.4)        | 9 (14.1)         | 4 (8.5)          | 0 (0)            | 0 (0)          | –                | –                | –              |
| Canalis sinuosus*                           | 0 (0)            | 11 (18.3)        | 2 (4.4)          | –                | –             | –                | –                | –              |
| Anterior extension maxillary sinus*         | –                | –                | 3 (17.7)         | –                | –             | –                | –                | –              |
| Maxillary sinus                             | –                | –                | –                | 39 (24.5)        | 42 (53.8)      | –                | –                | –              |
| Mental foramen                              | –                | –                | –                | –                | 1 (4.7)        | 2 (3.9)          | –                | –              |
| Anterior loop of the mandibular canal*      | –                | –                | –                | –                | 1 (50.0)       | 3 (9.4)          | –                | –              |
| Mandibular canal                            | –                | –                | –                | –                | –             | 2 (3.9)          | 6 (6.6)          |                |

*: Percentages calculated based on the number of cases in which anatomical variations are present.
lead to hypersensitivity and discomfort while eating, as well as inducing implant thread exposure or horizontal bone loss, thereby influencing the aesthetic outcome of oral rehabilitation. In this context, platform-switching implants can be used as an alternative for rehabilitation if limited space is available for implant placement. This is because, when using platform-switching implants, the distance between the implant and the adjacent teeth could be as close as 1 mm without interfering negatively with the crestal bone level, which could reduce the incidence of inadequate distance errors. When in contact with an adjacent tooth, the implant may lead to its resorption. This was more frequent in the maxillary anterior region, especially when it involves the buccal cortical plate. In contrast, perforation is mainly worrisome when it occurs in the mandible lingual region due to the presence of the submandibular and sublingual arteries, which pose a risk for intraoral floor hemorrhage.

The depth of the concavity of the submandibular fossa did not influence the prevalence of lingual cortical perforation in the posterior region of the mandible. These findings contradict those of previous studies that evaluated fossa concavity and, through virtual implant placement planning, suggested that deep concavity of the fossa may be related to a higher risk of perforation.

Penetration into anatomical structures was also highly prevalent in the sample, especially in the maxilla. According to the Spearman test, the larger the diameter of the incisor canal, the greater the occurrence of perforation into it. Injuries to this structure may cause damage to the nasopalatine nerve and, consequently, sensory loss in the region. Evidence shows that penetration of implants into the maxillary sinus or nasal fossa can lead to mucosal inflammation and the development of postoperative rhinitis or sinusitis, although some authors have argued that there may be no major complications. In the mandible, the frequency of implant penetration into the mandibular canal and mental foramen was similar. In such cases, the possible presence of neurosensorial disorders should be considered.

Anatomical variations are usually unexpected. Therefore, the initial hypothesis in this study was that their presence would significantly increase the prevalence of implant positioning errors. This association was most likely not significant due to the large number of errors in the overall sample. In addition to the anatomical variations evaluated, the presence of mandibular canal bifurcations and accessory foramina was also taken into consideration. However, as only the dental implant regions were assessed, these variations were not found in the sample of this study.

According to guidelines for CBCT clinical use, this imaging modality should be used postoperatively only when there is evidence of implant complications. However, implants present in CBCT images performed for any reason should also be carefully evaluated. Furthermore, it is known that acquisition parameters may influence the diagnostic performance of CBCT. The smaller the voxel size, for example, the better the image quality and the lower the occurrence of the partial volume effect, but also the higher the radiation dose required. The parameters used in this study are consistent with those commonly used for full arch acquisitions. Moreover, even with inherent drawbacks such as the production of artifacts...
by implants, which can mask the visualization of neurovascular bundles and peri-implant bone defects. CBCT has shown clinically acceptable performance for this purpose.

Positioning errors cannot be considered as equivalent to implant failure. Failure occurs when there is implant loss or when implant replacement is required, thus, implant failure involves several clinical factors that were not available in the present study. According to the literature, failure occurs in about 2.9% to 7.2% of cases and may be influenced by factors such as patient age, the presence of a prosthesis, and the type of implant. Improper angulation of dental implants may also contribute to peri-implant bone loss, as well as leading to unwanted aesthetic results, which would result in implant failure. Given the absence of clinical data, this factor was likewise not evaluated in the present study. Therefore, future studies in other populations, correlating imaging findings with clinical data, may further contribute to knowledge in this field of research.

In conclusion, a high prevalence of dental implant positioning errors was found, and these errors were not associated with the presence of anatomical variations. Even so, any anatomical variation should be considered when planning dental implant surgery so that errors involving these structures can be avoided. Dental practitioners should also be aware of the space available for implant placement during preoperative planning, since inadequate distance between implants and adjacent teeth/implants was the most common error.

Conflicts of Interest: None

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