ORBITAL AND SPIN PARAMETER VARIATIONS OF PARTIAL ECLIPSING LOW MASS X-RAY BINARY X 1822-371

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ABSTRACT

We report our measurements for the orbital and spin parameters of X 1822-371 using its X-ray partial eclipsing profile and pulsar timing from data collected by the Rossi X-ray Timing Explorer (RXTE). Four more X-ray eclipse times obtained by the RXTE 2011 observations were combined with historical records to trace the evolution of the orbital period. We found that a cubic ephemeris likely better describes the evolution of the X-ray eclipse times during a time span of about 34 years with a marginal second order derivative of $P_{orb} = (-1.05 \pm 0.59) \times 10^{-19} \text{s}^{-1}$. Using the pulse arrival time delay technique, the orbital and spin parameters were obtained from RXTE observations from 1998 to 2011. The detected pulse periods show that the neutron star in X 1822-371 is continuously spun-up with a rate of $P = (-2.6288 \pm 0.0095) \times 10^{-12} \text{s}^{-1}$. Although the evolution of the epoch of the mean longitude $l = \pi/2$ (i.e., $T_{\pi/2}$) gives an orbital period derivative value consistent with that obtained from the quadratic ephemeris evaluated from the X-ray eclipse, the detected $T_{\pi/2}$ values are significantly and systematically earlier than the corresponding expected X-ray eclipse times by $90 \pm 11 \text{s}$. This deviation is probably caused by asymmetric X-ray emissions. We also attempted to constrain the mass and radius of the neutron star using the spin period change rate and concluded that the intrinsic luminosity of X 1822-371 is likely more than $10^{36} \text{erg s}^{-1}$.

Key words: accretion, accretion disks – binaries: close – binaries: eclipsing – pulsars: individual (X 1822-371) – stars: neutron – X-rays: binaries

1. INTRODUCTION

X 1822-371 is a typical partial eclipsing low mass X-ray binary (LMXB) with a high inclination angle of $i = 82\degree.5 \pm 1\degree.5$ (Heinz & Nowak 2001). Its low X-ray to optical luminosity ratio, $L_x/L_{opt} \sim 20$ (Griffiths et al. 1978), compared to that of a typical LMXB of $\sim 500$ (van Paradijs & McClintock 1995), and partial eclipse imply that there is an accretion disk corona (ADC; White & Holt 1982) around the center of the compact object and accretion disk. Its isotropic X-ray luminosity is $\sim 10^{36} \text{erg s}^{-1}$ for an assumed distance of 2.5 kpc (Mason & Cordova 1982b), but the intrinsic X-ray luminosity is probably as high as $\sim 10^{39} \text{erg s}^{-1}$ or even likely close to its Eddington limit (White & Holt 1982; Bayless et al. 2010; Burderi et al. 2010) because of the obscuration. Because of the high inclination angle, the observable X-rays are scattered from the ADC and the X-ray emission region is extended. The radius of the ADC is about half of the accretion disk radius ($2.3 \times 10^{10} \text{cm}$; White & Holt 1982; Hellier & Mason 1989). Such a large ADC results in the companion blocking only part of the X-ray emission region during an eclipse.

Its orbital modulation period of 5.57 hr can be observed in the X-ray (White et al. 1981), ultraviolet (Mason & Cordova 1982b), optical (Seitzer et al. 1979), and infrared (Mason & Cordova 1982a) bands. The orbital variation in the X-ray band consists of a partial eclipse profile plus a smooth broad feature with a minimum of about 0.15 cycles prior to the eclipse time (White et al. 1981). This smooth modulation is believed to be caused by the obscuration of the ADC by a thick accretion disk rim (White & Holt 1982). Using X-ray eclipse times, i.e., taking the minimum intensity in a partial eclipse profile as the fiducial point, the orbital period, and its evolution, of X 1822-371 has been monitored since the early 1980s. Hellier et al. (1990) first reported a significant orbital period derivative of $P_{orb} = (2.19 \pm 0.58) \times 10^{-10} \text{s}^{-1}$ from X-ray eclipses. The quadratic ephemeris of X 1822-371 was further updated using more X-ray observations (Hellier & Smale 1994; Parmar et al. 2000; Burderi et al. 2010; Iaria et al. 2011), and the latest reported orbital period derivative is $P_{orb} = (1.514 \pm 0.080) \times 10^{-10} \text{s}^{-1}$ (Iaria et al. 2011). Moreover, Seitzer et al. (1979) discovered a 5.57 hr orbital modulation in the optical counterpart of X 1822-371. The optical light curve shows a broad partial eclipse profile, indicating that the system has a large accretion disk with a radius of $r_d/a = 0.58$ (Hellier & Mason 1989), where $r_d$ is the disk radius and $a$ is the binary separation. Using the minimum intensity of the light curve as the fiducial point, the optical/UV ephemeris has been kept updated since Charles et al. (1980) reported the first linear ephemeris. The orbital period derivative derived from the eclipse times of optical/UV light curves was first detected by Baptista et al. (2002) and the quadratic ephemeris was further refined by Bayless et al. (2010) and Iaria et al. (2011). Basically, the quadratic ephemerides derived from the X-ray and optical/UV bands are consistent with each other, except that the optical eclipse times systematically lag the X-ray eclipse times by about 2–3 minutes. This phenomenon was first noted by White et al. (1981) and then further confirmed and more precisely evaluated in later observations (Hellier & Mason 1989; Hellier et al. 1990; Iaria et al. 2011). The time lag is likely caused by the different regions of optical and X-ray emissions in the system. The X-rays are from the ADC whereas the optical emissions are from an asymmetric accretion disk (Hellier & Mason 1989). However, the orbital period derivatives derived from both X-ray and optical/UV observations are more than 1000 times larger than those evaluated using the mass transfer driven by gravitational radiation and magnetic braking with the assumption of total mass conservation in the binary system (Burderi et al. 2010). It is possible that more than 70% of mass loss from the companion is
expelled from the system (Burderi et al. 2010). In contrast, it also could be caused by short-term departures from long-term evolutionary trends, such as the magnetic cycles of the companion changing its quadrupole moment and resulting in the orbital period variation (Hellier et al. 1990).

The accretor of X 1822-371 was identified to be a neutron star when Jonker & van der Klis (2001) discovered its 0.59 s pulsation from a Rossi X-ray Timing Explorer (RXTE) observation made in 1998. Some of the orbital parameters were revealed by pulsar timing, including a projected semimajor axis $a_i \sin i = 1.006(5)$ lt-s for the neutron star and a circular orbit with eccentricity less than 0.03. Combined with the pulsation period detected from another RXTE observation in 1996, they found a spin-up rate of $(−8.25 ± 0.04) \times 10^{-12}$ s$^{-1}$. The magnetic field derived from the X-ray spectrum is $\sim(1−5) \times 10^{12}$ G, implying an intrinsic X-ray luminosity of $\sim(2−4) \times 10^{37}$ erg s$^{-1}$ (Jonker & van der Klis 2001). The spin period change rate was further traced by Jain et al. (2010), Sasano et al. (2014), and Iaria et al. (2015). In addition, Sasano et al. (2014) and Iaria et al. (2015) both claimed a discovery of cyclotron resonant scattering features but with very different center energies. Sasano et al. (2014) detected a significant cyclotron resonant scattering feature at $33 \pm 2$ keV from a Suzaku observation in 2006, implying that the magnetic field of the neutron star is $(2.8 \pm 0.2) \times 10^{13}$ G and the luminosity is $\sim3 \times 10^{37}$ erg s$^{-1}$. However, Iaria et al. (2015) observed a cyclotron resonant scattering feature at 0.7 keV from an XMM-Newton observation in 2001, and no similar feature can be seen around 33 keV from all available INTEGRAL observations. This 0.7 keV resonant feature indicates that the magnetic field on the neutron star is only $(8.8 \pm 0.3) \times 10^{12}$ G and the intrinsic luminosity is as high as $\sim10^{38}$ erg s$^{-1}$, close to its Eddington limit. Iaria et al. (2015) also argued that the magnetic field proposed by Sasano et al. (2014) is too high to allow accretion because the magnetospheric radius would be larger than the corotation radius.

In this paper, we present our analysis results for measuring the orbital and spin parameters of X 1822-371 using archival RXTE data (Section 3). Combined with historical records, a cubic ephemeris was established to better describe the X-ray eclipse times of X 1822-371 for a time span of ~34 years (Section 3.1). In addition to the spin period, the orbital parameters, including orbital period, projected semimajor axis ($a_i \sin i$), and epochs of mean longitude $l = \pi/2 (T_{\pi/2})$, were evaluated for individual RXTE observations from 1998 to 2011 using pulsar timing (Section 3.2). The detected $T_{\pi/2}$ values are systematically earlier than the corresponding X-ray eclipse times by ~90 s. The analysis results, including orbital period evolution, the possible implications of the difference between X-ray eclipse time and $T_{\pi/2}$, and using the detected spin-up rate to constrain the mass and radius of neutron star, are discussed in Section 4.

2. OBSERVATIONS

The RXTE observations for X 1822-371 were made in 1996 (Obs ID:10115), 1998 (Obs ID:30060), 2001 (Obs ID:50048 and 60042), 2002–2003 (Obs ID:70037), and 2011 (Obs ID:96344 and 96377). The data used in this study were collected by the RXTE Proportional Counter Array (PCA; Jahoda et al. 1996), consisting of five proportional counter units with a total photon collecting area of 6500 cm$^2$ sensitive to photons in the energy range of 2–60 keV. The X-ray light curves for measuring the X-ray eclipse times were directly obtained from the RXTE standard products, collected in Standard 2 mode with a time resolution of 16 s. The PCA data used for analyzing pulsar timing were recorded either in the GoodXenon mode with a time resolution of 1 μs or in the Generic Event mode with a time resolutions of 16 μs or 125 μs.

3. DATA ANALYSIS AND RESULTS

3.1. Orbital Ephemeris from X-Ray Eclipse Times

A complete journal of X-ray eclipse times for X 1822-371 prior to this work has been listed in Table 2 of Iaria et al. (2011). In this paper, we further added more X-ray eclipse times detected by the RXTE 2011 observations to improve the orbital ephemeris. The X-ray light curves were directly retrieved from the standard data products (SdProds) of archival RXTE data. The 2–9 keV, background-subtracted light curves collected by the PCA with a time resolution of 16 s were selected for analysis. The time column “BARYTIME,” whose values have been corrected to the barycenter of the solar system, was used in the light curves. There are four eclipse minima, i.e., the fiducial points that allow us to determine X-ray eclipse times, that can be clearly seen in the whole RXTE 2011 observations. A typical 2–9 keV light curve with eclipse profile detected by the RXTE/PCA is shown in Figure 1.

To extract the X-ray eclipse times and the corresponding uncertainties, we adopted a method analogous to that used in Parmar et al. (2000). The light curve around the eclipse profile was fitted with three models, i.e., a Gaussian plus a constant, a linear function, and a quadratic function. The X-ray eclipse time was determined by averaging the Gaussian centroid values from these three models and the uncertainty was evaluated as half of the maximum range span of these three centroid values, similar to the method used in Burderi et al. (2010). The X-ray eclipse times detected by the RXTE 2011 observations are listed in Table 1.

Combined with historical records of the eclipse times listed in Table 2 of Iaria et al. (2011), we adopted the observed-minus-calculated (O-C) method to fit the time delays between the observed X-ray eclipse times and a linear ephemeris proposed by Hellier & Smale (1994) with a quadratic function of cycle counts under the assumption that the orbital period derivative is a
constant during the entire time span of \(\sim34\) years, from 1977 to 2011. The evolution of the time delays and the best-fit quadratic curve are shown in Figure 2, and the corresponding parameters are listed in Table 2. Because the reduced \(\chi^2\) value is significantly larger than 1, to conservatively estimate the uncertainties, all errors of the parameters were scaled by a factor of \(\sqrt{\chi^2_{\text{red}}}\). We therefore obtained a period derivative of \(P_{\text{orb}} = (1.464 \pm 0.041) \times 10^{-10} \text{ s}^{-1}\), which is consistent with, but a little smaller than, the value reported by Iaria et al. (2011), and the updated quadratic ephemeris is

\[
T_N = 45614.80949(17) \text{ MJD/TDB} + 0.232108983(91)N + (1.700 \pm 0.048) \times 10^{-11}N^2,
\]

where \(N\) is the cycle count number.

However, from the reported orbital period derivatives of X 1822-371 evaluated using the X-ray eclipses listed in Table 3, we found that the period derivatives decrease with increasing observed time span, even though these values are consistent with each other. This implies that there is a negative second order orbital period derivative \(P_{\text{orb}}\) of about \(-1.4 \times 10^{-10} \text{ s}^{-1}\), evaluated from the reported \(P_{\text{orb}}\).3 We therefore fitted the time delays with a cubic function of cycle counts. The best-fit cubic curve is shown in Figure 2, and the parameters are listed in Table 2. Comparing the quadratic and cubic models, the F-test gave an \(F\)-value of 3.18, indicating the cubic model improves the fitting with a confidence level of 91.47%. Similar to the quadratic fitting, we multiplied all the errors from the fitting with a factor of \(\sqrt{\chi^2_{\text{red}}}\) and obtained a marginal second order orbital derivative of \(P_{\text{orb}} = (-1.05 \pm 0.59) \times 10^{-10} \text{ s}^{-1}\), consistent with that estimated from reported \(P_{\text{orb}}\) values. Thus, we established a cubic ephemeris that likely better describes the X-ray eclipse time evolution in this 34 year time span as

\[
T_N = 45614.80964(18) \text{ MJD/TDB} + 0.232108780(54)N + (2.25 \pm 0.31) \times 10^{-11}N^2 - (8.2 \pm 4.6) \times 10^{-17}N^3.
\]

### 3.2. Orbital and Spin Parameters from Pulsar Timing

Besides X-ray eclipse times, orbital and spin parameters can also be precisely determined using the pulse arrival time delay technique. The PCA science event files described in Section 2 were adopted in the following analysis. All X-ray photon arrival times were first corrected to the barycenter of the solar system. Following Jonker & van der Klis (2001), we selected the events within the energy range of 9.4–22.7 keV and divided them into data segments of \(\sim1500\) s. We derived the power spectra of all data segments using the Z\(\hat{t}\) test (Buccheri et al. 1983) and chose only those with significant pulsation detection (more than 95% confidence level) for further analysis. Because of orbital motion, the orbital Doppler effect can be clearly seen in the variations of the detected spin frequencies from the power spectra. Furthermore, because the time span of the whole data set is about 15 years, significant linear frequency drift caused by spin frequency derivatives can also be observed. Using the unweighted fitting with the circular orbit model plus a linear function for the detected spin frequencies, we obtained preliminary orbital and spin parameters, including orbital period \(P_{\text{orb}} = 20054.3460113(78)\) s, projected semimajor axis \(a_s \sin i = 1.003 \pm 0.033\) lt-s, and spin period derivative \(P_s = (-2.598 \pm 0.031) \times 10^{-12} \text{ s}^{-1}\), which are close to the values reported by Jonker & van der Klis (2001), Jain et al. (2010), Sasano et al. (2014) and Iaria et al. (2015).

More precise orbital and spin parameters can be obtained using the pulse arrival time delay technique. The event arrival

### Table 1

| Eclipse Time (MJD/TDB) | Error (days) | Cycle Count |
|------------------------|--------------|-------------|
| 55881.01759            | 0.00029      | 44230       |
| 55881.71752            | 0.00034      | 44233       |
| 55884.73103            | 0.00049      | 44246       |
| 55888.44553            | 0.00035      | 44262       |

### Table 2

| Parametera | Quadratic Modelb | Cubic Modelc |
|------------|------------------|--------------|
| \(a\) (days) | \((7.3 \pm 17.2) \times 10^{-4}\) | \((2.1 \pm 1.8) \times 10^{-4}\) |
| \(b\) (days) | \((-1.48 \pm 0.21) \times 10^{-5}\) | \((-2.37 \pm 0.54) \times 10^{-8}\) |
| \(c\) (days) | \((1.700 \pm 0.048) \times 10^{-11}\) | \((2.25 \pm 0.31) \times 10^{-11}\) |
| \(T_{\text{orb}}\) (MJD/TDB) | \(45614.80949(17)\) | \(45614.80964(18)\) |
| \(P_{\text{orb}}\) (days) | 0.232108983(91) | 0.232108780(54) |
| \(P_s\) (days) | \((1.464 \pm 0.041) \times 10^{-10}\) | \((1.94 \pm 0.27) \times 10^{-10}\) |
| \(\chi^2/\text{dof}\) | 53.72/30 | 48.42/29 |

Notes.

a All the errors of the parameters have been scaled by a factor of \(\sqrt{\chi^2_{\text{red}}}\).
b \(\Delta t = a + bN + cN^2\), where \(\Delta t\) is the time delay of the observed eclipse times in comparison to the linear ephemeris proposed by Hellier & Smale (1994) and \(N\) is the cycle count.
c \(\Delta t = a + bN + cN^2 + dN^3\).
times \(t_i\) of each data segment were folded with a time-variable frequency caused by the orbital Doppler effect of the circular orbit to obtain the event phase \(\phi_i\) as

\[
\phi_i = \frac{1}{P_{\text{orb}}} \int_{t_0}^{t_i} \left\{ \nu_0 + \nu_0 \frac{2\pi a_\nu \sin i}{c} f_{\text{orb}} \sin \frac{2\pi f_{\text{orb}} (t - T_{\pi/2})}{c} \right\} \, dt \\
= \frac{1}{P_{\text{orb}}} \left\{ \nu_0 (t_i - T_0) - \nu_0 \frac{a_\nu \sin i}{c} \cos \frac{2\pi f_{\text{orb}} (t_i - T_{\pi/2})}{c} \right\} + \nu_0 \frac{a_\nu \sin i}{c} \cos \frac{2\pi f_{\text{orb}} (T_0 - T_{\pi/2})}{c},
\]

where \(f_{\text{orb}} = 1/P_{\text{orb}}\), \(a_\nu \sin i\), \(T_{\pi/2}\), \(\nu_0\) and \(T_0\) are the orbital frequency of the binary system, projected semimajor axis, epoch of 90° mean longitude, spin frequency of the neutron star, and epoch of phase zero of pulsation, respectively. It is equivalent to correcting the event times to the barycenter of the binary system and then folding with a constant frequency. The pulse profile of each data segment was made by binning the event phases. Figure 3 shows the typical pulse profile of a data segment. The profile was fitted with a multiple sinusoidal function, by continuously adding higher order harmonic term to the model until the F-test indicates that adding higher order harmonics has no significant improvement on the fitting (with confidence level less than 90%). The peak of the best-fit profile was selected as the fiducial point in the following analysis. The uncertainty of the pulse phase was evaluated by 10⁴ runs of a Monte Carlo simulation.

If the orbital and spin parameters in Equation (3) were exactly the true orbital and spin parameters of the binary system, the pulse phases should have been aligned on phase zero. In contrast, if the guess parameters slightly deviate from the true ones, the pulse phase drift can be expressed (in first-order approximation) as

\[
\delta \phi(t) = \left\{ (t - T_{\pi/2}^{(0)}) \right\} + \frac{A^0}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
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= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0 \\
= \left\{ \frac{\nu_0^2}{2\pi f_{\text{orb}}} \cos \frac{2\pi f_{\text{orb}} (t - T_{\pi/2}^{(0)})}{c} \right\} \delta \nu_0.
\]

where \(A \equiv a_\nu \sin i/c\), the parameters with a superscripts (0) represent the guess parameters, and the parameters with \(\delta\) are the differences between the true and guess parameters. The parameter corrections can be obtained by fitting the phase drift with time using Equation (4). This correction process can be iterated until the corrected values are much smaller than the corresponding errors.

To trace the evolution of the orbital and spin parameters, we divided the selected data segments into nine data sets according to their observation times with no data set having a time span longer than \(\sim 15\) days and less than seven data segments for each data set to resolve the spin and orbital parameters. Data segments not satisfying the conditions were excluded from constraining the orbital and spin parameters because of insufficient degrees of freedom. Different initial guess parameters were applied to the data sets to fold the event times using Equation (3) and made the pulse profiles for the data segments. The initial guess values of the spin frequency were evaluated using the ephemeris proposed by Jain et al. (2010); the projected semimajor axis obtained by Jonker & van der Klis (2001) was adopted as the initial guess value for all the data sets, and the initial guess values for \(T_{\pi/2}\) was calculated using the cubic ephemeris obtained from partial eclipses (Equation (2)). The ephemeris obtained from partial eclipses can give a very precise estimation of the orbital period because

| Detected Orbital Period Derivative \((x10^{-10} \text{s}^{-1})\) | Start Time \((\text{MJD/TDB})\) | Stop Time \((\text{MJD/TDB})\) | Time Span \((\text{days})\) | Reference |
|------------------|-----------------|-----------------|----------------|------------------|
| 2.19 ± 0.58      | 43413.02720     | 47759.72900     | 4346.70180     | Pallister et al. (1990) |
| 2.04 ± 0.48      | 48692.34396     | 5279.31676      | 7287.99150     | Parma et al. (2000)  |
| 1.78 ± 0.20      | 5070.01870      | 11194.16827     | 11196.72170    | Jaria et al. (2011)  |
| 1.499 ± 0.071    | 54607.19592     | 11194.16827     | 12475.41787    | This work          |
| 1.514 ± 0.080    | 54690.74890     | 11196.72170     | 12475.41787    | This work          |
| 1.464 ± 0.041    | 55888.44507     | 12475.41787     | 12475.41787    | This work          |

**Figure 3.** Typical pulse profile of a data segment observed on 2001 July 4. The solid curve is the multiple sinusoidal fitting result of the pulse profile.
of the long time span; therefore, the orbital frequencies were evaluated using the cubic ephemeris and kept as constants for parameter corrections (i.e., \( \delta_{orab} = 0 \) in Equation (4)).

The parameter correction process described above was applied to each data set. Table 4 lists the best-fit parameters for individual data sets. To improve the fitting significantly, an additional spin frequency derivative term (i.e., \( 1/2\sigma_t (t_t - T_0)^2 \)) was required by some data sets, applied by F-test with confidence levels larger than 95%. We also added a small eccentricity to our orbital model and found no significant eccentricity can be detected with a 2\( \sigma \) upper limit of 0.04.

As can be seen from the projected semimajor axis values listed in Table 4, there is no significant change from 1998 to 2011 with a weight average value of 1.0021(30) lt-s, consistent with the value proposed by Jancker & van der Klis (2001). Moreover, the measured \( T_{p/2} \) values can provide an independent approach besides eclipse to probe the orbital period evolution. We therefore applied a similar O-C method used for X-ray eclipse times to the \( T_{p/2} \) values listed in Table 4, and found that a quadratic function can well describe the evolution of the \( T_{p/2} \) values with orbital derivative of \( (1.72 \pm 0.45) \times 10^{-10} \) s s\(^{-1} \) (Figure 4), consistent with the value obtained from the quadratic ephemeris of eclipses. No higher order orbital derivatives can be detected, probably because of the relatively small time span compared with the eclipses. Therefore, we establish the quadratic ephemeris for \( T_{p/2} \) as

\[
T_N = 45614.8117(60) \text{MJD/TDB} + 0.2321089(16)N \\
+ (2.00 \pm 0.53) \times 10^{-11}N^2.
\]  

(5)

All errors of the parameters have been scaled by a factor of \( \sqrt{\chi^2} \), as we did for establishing the ephemeris of X-ray eclipse times in Section 3.1.

However, a significant difference between the expected X-ray eclipse times and \( T_{p/2} \) can be seen in Figure 4. Figure 5 shows the time differences between the measured \( T_{p/2} \) values and the eclipse times predicted by the cubic ephemeris (Equation (2)). The measured \( T_{p/2} \) values are significantly and systematically earlier than the expected X-ray eclipse time by 90 \pm 11 s (weight average). To further confirm this difference, we adopted an analysis method analogous to that used in Iaria et al. (2011) for evaluating the time difference between the eclipse times measured from the X-ray and optical/UV bands. That is, we fixed the linear and quadratic terms as the quadratic ephemeris measured by the eclipses (Equation (1)) to fit both eclipse times and the measured \( T_{p/2} \) values. We found that the phase zero epoch from eclipses is 45614.80949(12) MJD/TDB whereas it is 45614.80853(18) MJD/TDB from \( T_{p/2} \), giving rise to a difference of 82 \pm 19 s. We also did the same analysis but used the cubic ephemeris from eclipses (Equation (2)) and obtained the phase zero epoch of 45614.80964(14) MJD/TDB from eclipses and 45614.80860(19) MJD/TDB from \( T_{p/2} \), yielding a difference of 90 \pm 20 s. The above results indicate that \( T_{p/2} \) is significant earlier than X-ray eclipse times by \( \sim 90 \) s (~0.0045 cycles). More discussions about this phenomenon are presented in Section 4.2.

The measured spin periods listed in Table 4 allow us to trace the evolution of the neutron star spin period. To increase the statistics, the data sets that were excluded in the evaluation of the orbital and spin parameters because of insufficient number of data segments (i.e., less than seven segments per data set) were retrieved to evaluate the spin parameters. Unfortunately, there was only one retrieved data set observed on 2002 June 7 with a sufficient number of data segments (larger than two) to fit the spin parameters. We applied the same analysis method as we did for other data sets but with fixed orbital parameters for it. The orbital period was derived from the cubic ephemeris of X-ray eclipse times (Equation (2)); the \( T_{p/2} \) value was estimated using the quadratic ephemeris (Equation (5)). We obtained a spin period of 0.5928144(26) s with phase zero epoch of \( T_0 = 52435.67791044(15) \) MJD/TDB for this data set. Combined with the spin periods listed in Table 4 and the previous results from observations of RXTE in 1996 (Jancker & van der Klis 2001), XMM-Newton in 2001 (Iaria et al. 2015), and Suzaku in 2006 (Sasano et al. 2014), we found the neutron star is spun-up with a rate of \( \dot{P}_s = -(2.6288 \pm 0.0095) \times 10^{-12} \) s s\(^{-1} \) (Figure 6), which is consistent with the value obtained by Doppler effect analysis and close to those proposed by Jancker & van der Klis (2001), Jain et al. (2010), Sasano et al. (2014), and Iaria et al. (2015). The evolution of the spin period can be
X-ray eclipse times evaluated using the cubic ephemeris. The measured quadratic model (proposed by Hellier & Smale 1994) and the corresponding best fits of the quadratic model (solid line). For comparison, the dashed line represents the best cubic model of the X-ray eclipse times.

![Figure 4](image1.png)

Figure 4. Evolution of the time delay of $T_{\pi/2}$ relative to the linear ephemeris proposed by Hellier & Smale (1994) and the corresponding best fits of the quadratic model (solid line). For comparison, the dashed line represents the best cubic model of the X-ray eclipse times.

The measured $T_{\pi/2}$ values are significantly earlier than the expected X-ray eclipse time by about 90 s.

described by

$$P_2(t) = 0.5933359(41) s - 2.6288(95) \times 10^{-12} \times (t - \text{MJD 50000}) \times 86,400,$$

where the time $t$ is in units of MJD. All of the errors have been scaled by a factor of $\sqrt{A_0^2}$ for conservatively estimating the uncertainties.

4. DISCUSSION

We updated the spin and orbital parameters for the partial eclipsing LMXB X 1822-371 using X-ray eclipse times and pulsar timing. Combined with the X-ray eclipse times detected from RXTE 2011 observations and previously reported values with a time span of 34 years, we found that the evaluated orbital period derivatives decrease as the time span of the data increases, and the eclipse time is better described by a cubic ephemeris with a second order orbital period derivative of $P_2 = (-1.05 \pm 0.59) \times 10^{-19}$ s$^{-1}$. Pulsar timing gives an alternative way to measure the orbital and spin parameters of this system. The evolution of $T_{\pi/2}$ values detected from 1998 to 2011 gives an orbital period derivative of $(1.72 \pm 0.45) \times 10^{-10}$ s$^{-1}$, consistent with that obtained from the quadratic ephemeris of eclipse times, but they are significantly earlier than the expected X-ray eclipse times by $\sim 90$ s. Finally, we updated the spin-up rate to $P = (-2.6288 \pm 0.0095) \times 10^{-12}$ s$^{-1}$.

4.1. Orbital Period Derivative

Although we found that the orbital period derivative of X 1822-371 is decaying with a rate of $P_2 = (-1.05 \pm 0.59) \times 10^{-19}$ s$^{-1}$, the detected value from the quadratic model for the 34 year time span shows that the orbital period derivative of $P_2 = (1.464 \pm 0.041) \times 10^{-10}$ s$^{-1}$ is still too large to be explained by conventional orbital angular momentum loss mechanisms caused by gravitational radiation and magnetic braking as proposed by Burderi et al. (2010). Such a large orbital period change rate is very likely driven by a significant amount of mass lost from the binary system even if the accretion rate is close to the Eddington limit (Bayless et al. 2010; Burderi et al. 2010). A detected orbital period derivative significantly exceeding the theoretical prediction has been observed in some LMXBs. In addition to X 1822-371, large orbital period change rates for some LMXBs are also probably caused by mass outflow. For the ultra-compact LMXB X 1916-053, Hu et al. (2008) reported an orbital derivative of $P_2 = (1.54 \pm 0.32) \times 10^{-11}$ s$^{-1}$, about 200 times larger than that induced by gravitational radiation. Hu et al. (2008) estimated that about 60%–90% of the mass lost from the companion is ejected from the binary system. It is probably caused by irradiation of the companion and accretion disk (Tavani 1991). Moreover, for the accreting millisecond X-ray pulsar SAX J1808.4-3658, di Salvo et al. (2008) found an unexpected large orbital period derivative of $P_2 = (3.40 \pm 0.18) \times 10^{-12}$ s$^{-1}$, a factor of 10 larger than that driven by gravitational radiation through a conservative binary mass transfer. Di Salvo et al. (2008) proposed a mechanism similar to that of a black widow pulsar in that the mass outflow, even in a quiescence state, is induced by the pulsar wind.

The radiation-driven mass transfer proposed by Tavani (1991) may explain the high orbital period derivative of X 1822-371. Although the observed X-ray luminosity is only $\sim 10^{37}$ erg s$^{-1}$, the intrinsic X-ray luminosity may be as high as $10^{37}$–$10^{38}$ erg s$^{-1}$ for this ADC source and hence the expected mass loss from the companion can be in the range of $\sim 10^{-8}$–$10^{-7} M_\odot$ yr$^{-1}$ (Tavani 1991). If orbital angular
momentum loss is caused by gravitational radiation, magnetic braking, and mass outflow, then Equation (3) in di Salvo et al. (2008) can be rewritten as

$$\frac{P_{\text{orb}}}{P_{\text{orb}}} = 3 \left\{ \frac{J_{\text{orb}}}{J_{\text{orb}}} + \left( \frac{J_{\text{orb}}}{J_{\text{orb}}} \right)_{\text{GR}} - \frac{M_2}{M_2} \left[ 1 - \beta q - \left( 1 - \beta \right) \left( \frac{\alpha + q/3}{1 + q} \right) \right] \right\},$$

(7)

where $\beta$ is the ratio of mass accreting onto the neutron star, $M_1 = -\beta M_2$, $\alpha$ is the fraction of the specific angular momentum loss from the companion star (see di Salvo et al. 2008), mass ratio $q = M_2/M_1$, and $(J_{\text{orb}}/J_{\text{orb}})_{\text{GR}}$ and $(J_{\text{orb}}/J_{\text{orb}})_{\text{MB}}$ are orbital angular losses driven by gravitational radiation and magnetic braking, respectively. If the intrinsic X-ray luminosity can be written as $L_x = GM_1 M_2 l_n$, where $l_n$ is the radius of the neutron star, using the definitions of $\beta$ and mass ratio, Equation (7) can be written as

$$\frac{P_{\text{orb}}}{P_{\text{orb}}} = 3 \left\{ \frac{J_{\text{orb}}}{J_{\text{orb}}} + \left( \frac{J_{\text{orb}}}{J_{\text{orb}}} \right)_{\text{GR}} + \frac{L_x R_1}{GM_2^2 q/3} \left[ 1 - \beta q - \left( 1 - \beta \right) \left( \frac{\alpha + q/3}{1 + q} \right) \right] \right\},$$

(8)

The orbital angular momentum loss driven by gravitational radiation is given by $(J_{\text{orb}}/J_{\text{orb}})_{\text{GR}} = -32G^2 M_1 M_2 (M_1 + M_2)/(5c^3 a^2)$, where $c$ is the speed of light and $a$ is the binary separation evaluated using Kepler’s third law, $a = [G(1 + q)]^2/4\pi^2]^{1/3} P_{\text{orb}}^2/3$. Taking the neutron star mass $M_1 = 1.69 M_\odot$, as suggested by Iaria et al. (2015), and mass ratio $q = 0.25$ based on $0.24 < q < 0.27$, proposed by Muñoz-Darias et al. (2005), we found $(J_{\text{orb}}/J_{\text{orb}})_{\text{GR}} = -4.40 \times 10^{-11} \text{yr}^{-1}$. Moreover, the orbital angular momentum loss driven by magnetic braking can be estimated using Equation (4) in Verbunt & Zwaan (1981), $J = -0.5 \times 10^{-28} \text{erg}^{-1} \text{cm}^{-3} \times k^2 R_2^2 \Omega_{\text{orb}}$, where $\Omega_{\text{orb}}$ is the angular velocity of orbital motion and $R_2$ is the radius of the companion, approximately equal to the radius of the Roche lobe, i.e., $R_2 \approx R_1 = 1/3^{1/2}/(1 + q)^{1/3}/a$ (Paczynski 1971). Taking $k^2 = 0.1$ as suggested by Verbunt & Zwaan (1981) and $f = 0.73$ according to Skumanich (1972), we obtained $(J_{\text{orb}}/J_{\text{orb}})_{\text{MB}} = -2.62 \times 10^{-9} \text{yr}^{-1}$. Combining the observed orbital period derivative $P_{\text{orb}}/P_{\text{orb}} = 2.30 \times 10^{-7} \text{yr}^{-1}$ from the quadratic ephemeris and $R_1 = 10^6 \text{cm}$, then substituting these numerical values into Equation (8), we obtained the mass outflow ratio (i.e., $1 - \beta$) as a function of $\alpha$ for a given intrinsic luminosity $L_x$, as shown in Figure 7. Therefore, at least $\sim 60\%$ of the mass lost from the companion has to be ejected from the binary system. If the accretion rate is close to the Eddington limit, the mass loss rate from the companion is $M_2 = 3.86 \times 10^{-8} M_\odot \text{yr}^{-1}$ for $\alpha = 0$ ($\beta = 0.39$) and $M_2 = 1.81 \times 10^{-7} M_\odot \text{yr}^{-1}$ for $\alpha = 1$ ($\beta = 0.03$), which agree with the range of $10^{-8}$ to $10^{-7} M_\odot \text{yr}^{-1}$ for the radiation-driven mass transfer mechanism (Tavani 1991).

On the other hand, Hellier et al. (1990) proposed that the large, positive orbital period derivative may be caused by short-term effects departing from the long-term evolutionary trend. One of the possible short-term effects is that magnetic, solar-type cycles of the companion affect its mass distribution, and hence the orbital period changes are the result of variations in the quadrupole moment (Hellier et al. 1990). This model has been applied to explain the orbital period glitches observed in EXO 0748-676, a total eclipsing LMXB consisting of a neutron star and a 0.45 $M_\odot$ low mass main-sequence companion (Parmar et al. 1986), with an orbital period of 3.82 hr. Wolff et al. (2009) analyzed 433 full X-ray eclipses and found that the orbital period has been experiencing abrupt changes with a timescale of several milliseconds three times during a data time span of 23 years. Combined with the possible detection of magnetic loop structures of the companion (Wolff et al. 2007), Wolff et al. (2009) proposed that the magnetic activity cycles, as suggested by Hertz et al. (1997) are likely to be responsible for the orbital glitches. Because the mid-eclipse times of this total eclipse system can be determined within high accuracy, the evolution of the orbital period can also be precisely traced. In contrast, the uncertainty of the phase of the fiducial point for a partial eclipsing system such as X 1822-371 is too large ($\sim 10^{-3}$ cycles) compared with that measured using total eclipse ($\sim 10^{-5}$ cycles; see Table 1 in Wolff et al. 2009), and such a small amount of orbital period change is hard to directly observe in X 1822-37 (Wolff et al. 2002). However, Wolff et al. (2009) reported a net orbital period change of $+9.16$ ms during the 23 year time span (from MID 46110 to 54647). The average orbital derivative ($\Delta P_{\text{orb}}/\Delta t$) is $1.24 \times 10^{-11} \text{yr}^{-1}$, an order of magnitude smaller than that of X 1822-37 obtained from the quadratic ephemeris ($1.464 \times 10^{-10} \text{yr}^{-1}$). That is, if the large, positive orbital period derivative of X 1822-371 was mainly caused by magnetic activity cycles of the companion, the activity would be either 10 times more frequent or 10 times stronger than those in the companion of EXO 0748-676. We therefore conclude that this model is insufficient to explain the orbital derivative of X 1822-371.

However, we found that the cubic ephemeris probably better describes the evolution of the eclipse times of X 1822-371 than the quadratic ephemeris. If the detection is true, from the detected second order orbital period derivative $P_{\text{orb}} = -1.05 \times 10^{-19} \text{yr}^{-1}$, the change in orbital period derivative during the $\sim 34$ year data time span is $\Delta(P_{\text{orb}}/P_{\text{orb}}) = 1.78 \times 10^{-7} \text{yr}^{-1}$, decreasing by $\sim 60\%$ compared with the orbital period derivative at the beginning of the data (MJD43413.0272) evaluated from the cubic ephemeris. Such a large orbital derivative change is not
likely driven by gravitational radiation and magnetic braking because their contributions to the orbital period derivative are only $3\left[\frac{J_{\text{orb}}}{J_{\text{orb,MB}}} + \frac{J_{\text{orb}}}{J_{\text{orb,GR}}}\right] = -7.99 \times 10^{-9}$ yr$^{-1}$ (see Equation (7)). Thus, the orbital period derivative change can only be driven by the mass loss/outflow variation (the third term on the right-hand side of Equations (7) or (8)). If the mass loss of the companion is mainly driven by radiation, a lower intrinsic X-ray luminosity may reduce the mass loss/outflow rate, even though the relation between the outflow ratio (or $\beta$ value) and intrinsic X-ray luminosity is complicated (Tavani 1991). Supporting evidence for decreasing intrinsic X-ray luminosity can be observed in the X-ray light curve of X 1822-371 collected by the All-Sky Monitor on board RXTE. It shows that the detected count rate in the 2–12 keV band was declining with time (see Figure 8), although the time span for the light curve is only $\sim$14 years instead of $\sim$34 years for the measured eclipse times and the energy range for the light curve is only 2–12 keV. This implies that the accretion rate is likely decreasing, resulting in a negative second order orbital period derivative. However, to further verify if the accretion rate was declining over $\sim$34 years, a light curve for the bolometric flux variation is required.

4.2. Deviation between $T_{\pi/2}$ and X-Ray Eclipse Time

The evolution of $T_{\pi/2}$ derived from pulsar timing in Section 3.2 gives an independent measurement of the orbital period derivative of X 1822-371, which is consistent with that derived from the quadratic ephemeris of the X-ray eclipse times except for a significant $\sim$90 s deviation between them. A similar deviation can also be seen between the eclipse times in the X-ray and optical/UV bands. White et al. (1981) first reported that X-ray eclipse time lags the optical minimum by about 0.04 cycles ($\sim$13 minutes) but this value was corrected to $3.0 \pm 3.4$ minutes (Hellier & Mason 1989) and then further refined to $180 \pm 50$ s (Hellier et al. 1990), $100 \pm 65$ s (Bayless et al. 2010), and $127 \pm 52$ s (Iaria et al. 2011), although the delay may not be constant (Iaria et al. 2011). This deviation is very likely caused by the different emission regions of the X-ray and optical/UV photons. The X-rays are emitted from the ADC around the neutron star, whereas the optical/UV photons are mainly from the asymmetric accretion disk (Hellier & Mason 1989).

We discovered the X-ray eclipse time lags $T_{\pi/2}$ by $90 \pm 11$ s. This deviation is probably caused by asymmetric X-ray emissions to the observers. The observed X-rays are scattered from the ADC and partially obscured by the outer rim of the accretion disk (White & Holt 1982; Hellier & Mason 1989). The asymmetry may be caused by asymmetric absorption of the disk rim or X-ray emissions from the ADC; hence the centroid of light is offset from the line connecting the centers of mass of the primary and secondary stars in the binary system, resulting in the deviation between X-ray eclipse time and $T_{\pi/2}$ for a circular orbit. Jonker et al. (2003) measured the radial velocity for the companion of X 1822-371 using the He I absorption lines at 4026.357 and 5879.966 Å and found the minimum of radial velocity occurs earlier than the expected one evaluated using the ephemeris from pulsar timing by 0.08 $\pm$ 0.01 cycles ($\sim$1600 s), likely a result of asymmetric heating of the companion star. However, Casares et al. (2003) detected the radial velocity using the Doppler imaging of the fluorescent N III $\lambda$4640 emission line and found that the radial velocity curve agrees well with that anticipated from pulsar timing with no evidence for asymmetric irradiation of the companion. The deviation reported by Jonker et al. (2003) is caused by the He I absorber located at the leading side of the companion’s Roche lobe or over the gas stream (Casares et al. 2003). Our discovery of the deviation between the eclipse time and $T_{\pi/2}$ suggests that the X-ray emissions are asymmetric but the degree of asymmetry is much smaller than that proposed by Jonker et al. (2003). This small deviation is probably below the sensitivity of the measurement method used in Casares et al. (2003).

On the other hand, it is also possible that the deviation between the eclipse time and $T_{\pi/2}$ is caused (or partly caused) by a small eccentricity of the binary orbit. From Equation (3) in Appendix II of van der Klis & Bonnet-Bidaud (1984), the relation between $T_{\pi/2}$ and the time of superior conjunction, $T_{\text{conj}}$, for a small orbital eccentricity $e$, can be written as

$$T_{\pi/2} = T_{\text{conj}} + \frac{e_{\text{orb}}}{\pi} \cos \omega,$$

where $\omega$ is the periastron angle. If we assume the X-ray emissions from the primary is symmetric, using Equation (4) in Appendix II of van der Klis & Bonnet-Bidaud (1984), the relation between eclipse time $T_{\text{ecl}}$ and $T_{\text{conj}}$ is

$$T_{\text{ecl}} = T_{\text{conj}} - \frac{e_{\text{orb}}}{\pi} \cos \omega \frac{(\sin i - \beta)(1 - \beta \sin i)}{\beta \sin^2 i},$$

where $\beta \equiv [1 - (R/a)^2(1 - e^2)^{1/2}]/\sin i$, $i$ is inclination angle, $R$ is the radius of companion, and $a$ is the binary separation. Combining Equations (9) and (10), the relation between $T_{\pi/2}$ and $T_{\text{ecl}}$ can be written as

$$T_{\text{ecl}} - T_{\pi/2} = \frac{e_{\text{orb}}}{\pi} \cos \omega \left[1 - \frac{(\sin i - \beta)(1 - \beta \sin i)}{\beta \sin^2 i}\right],$$

For X 1822-371, we adopted $i = 82^\circ5$ (Heinz & Nowak 2001), $R/a = 2/3^{1/2}q/(1 + q)$ (Paczynski 1971), the mass ratio $q = 0.25$ (see Section 4.1), and $\beta \approx [1 - (R/a)^2]^{1/2}$ (to first order in $e$). The value of

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**Figure 8.** 2–12 keV X-ray light curve collected by the All-Sky Monitor on board RXTE from 1996 to 2009 with a data bin size of 100 days. A clear declining trend can be observed. The dashed line shows the linear declining trend of the light curve with a mean decline rate of $-0.0418 \pm 0.0044$ cts s$^{-1}$ per year.
(\sin i - \beta)(1 - \beta \sin i)/(\beta \sin^2 i) in Equation (11) is only $1.7 \times 10^{-4}$ and thus we find

$$e \cos \omega \approx \frac{\pi (T_{\text{rot}} - T_{\text{ecl}}/2)}{P_{\text{orb}}} = 0.014,$$

(12)

which is smaller than the upper limit of the eccentricity of X 1822-371 (0.031, Jonker & van der Klis 2001). We therefore cannot exclude the possibility that the deviation between the eclipse time and $T_{\pi}/2$ is caused by the small eccentricity of the binary orbit.

4.3. Constraints on Mass and Radius of the Neutron Star in X 1822-371

Ghosh & Lamb (1979) have discussed the relation between the spin-up timescale $T_s$ and magnetic dipole moment $\mu$. For a specific source with a spin period $P_s$, X-ray luminosity $L_x$, and a certain neutron star model, they pointed out that the expected $T_s$ is only a function of $\mu$, and that $T_s(\mu)$ decreases as $\mu$ increases and then rises after passing a minimum value (see, for example, Figure 12 in Ghosh & Lamb 1979). Compared with the observed timescale $T_s$, there are two solutions, a slow rotator solution with a smaller fastness parameter $w_s = \Omega_s/\Omega_k(r_{\text{in}})$, where $\Omega_s$ is the spin angular frequency and $\Omega_k(r_{\text{in}})$ is the Keplerian angular frequency of the inner radius of the accretion disk, and a fast rotator solution with a larger $\omega_s$.

Because $T_s(\mu)$ has a minimum value, it implies that the expected spin-up rate $(-\dot{P}_s(\mu))$ has a maximum value $(-\dot{P}_s)_{\text{max}}$ for a specific source. The observed spin-up rate $(-\dot{P}_s)_{\text{obs}}$ must be smaller than this maximum value, that is, $(-\dot{P}_s)_{\text{obs}} \leq (-\dot{P}_s)_{\text{max}}$. This allows us to constrain the mass and radius of the neutron star in X 1822-371 for a given luminosity and moment of inertia as functions of the mass and radius of the neutron star, independent of the magnetic moment of the neutron star. Equation (15) in Ghosh & Lamb (1979) can be rewritten as

$$-\dot{P}_s = 1.6 \times 10^{-12} \mu^{7/2} n(\omega_s) S_9 (L_3/37)^2 \text{ s}^{-1},$$

(13)

where $S_9 = R_6^6/M_{19} I_{45}^{-1}$, $\mu_{30}$ is the magnetic moment in units of G cm$^3$, $P_s$ is the spin period of the neutron star in units of seconds, $L_3$ is the luminosity in units of $10^{37}$ erg s$^{-1}$, $R_6$ is the radius of the neutron star in units of $10^6$ cm, $M_1$ is the mass of the neutron star, and $I_{45}$ is the moment of inertia of the neutron star in units of $10^{45}$ g cm$^2$. We applied the approximate value of the dimensionless accretion torque from Equation (10) in Ghosh & Lamb (1979), $n(\omega_s) \approx 1.391 - \omega_s[0.03(1 - \omega_s) - 0.878(1 - \omega_s)^{-1}]$, which is accurate to 5% for $0 \leq \omega_s \leq 0.9$, and the fastness
parameter from Equations (16) and (18) in Ghosh & Lamb (1979), \( \omega_e \approx 1.35 \mu_\text{MO}^{2/7} R_9^{-3/7} (M_t/M_0)^{-2/7} (P_L^{-2/7})^{-1} \). The moment of inertia was adopted from Equation (12) in Lattimer & Schutz (2005), which is good for \( M_t \geq 1 M_{\odot} \).

Figure 9 shows the spin-up rate of the neutron star in X 1822-371 as a function of the neutron star magnetic field for various masses with the radius fixed as well as for various radii with the mass fixed, under the assumption that the intrinsic luminosity is the Eddington luminosity. Compared with the observed spin-up rate, it can give the upper limits of the mass and radius of the neutron star. Figure 10 shows the upper limit curves of the mass and radius of the neutron star in X 1822-371 for the case where the intrinsic luminosity equals to Eddington luminosity and various fixed luminosities. This figure also implies that the intrinsic luminosity of X 1822-371 is likely \( \gtrsim 10^{38} \text{erg s}^{-1} \) for \( P_s = -2.6288 \times 10^{-12} \text{ s}^{-1} \); otherwise it would give an unreasonable upper limit for the mass and radius of the neutron star. This is consistent with the fact that the intrinsic luminosity of X 1822-371 could be close to its Eddington luminosity as suggested by White & Holt (1982), Burderi et al. (2010), and Bayless et al. (2010) based on its unusually large orbital period derivative.

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