Quantum signatures in quench from chaos to superradiance

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The driven-dissipative Dicke model features normal, superradiant, and lasing steady-states that may be regular or chaotic. We report quantum signatures of chaos in a quench protocol from the lasing states. Within the framework of a classical mean-field perspective, once quenched, the system relaxes either to the normal or to the superradiant state. Quench-from-chaos, unlike quench from a regular lasing state, exhibits erratic dependence on control parameters. In the quantum domain this sensitivity implies an effect that is similar to universal conductance fluctuations.

The essence of chaos is often presented as a butterfly effect: a small variation in a control parameter $h$ leads to a drastically different outcome, with seemingly erratic deterministic dependence. For example, a particle is launched into a chaotic cavity and is either transmitted ($Q=1$) or reflected ($Q=0$). The classical dependence $Q(h)$ looks uncorrelated on a scale that is larger than some exponentially small $\delta h_c$. Alternatively, one may consider a coin tossing experiment that involves a dissipative quench to the binary final outcome due to the proverbial coin-ground interaction.

In the present work, we consider a quench from chaos (QFC) to bistability for atoms in a lasing cavity. The control parameter $h$ is a pre-quench preparation time $t_{\text{prep}}$, and the post-quench outcome is either a normal state (NS) [$Q=0$] or a superradiant (SR) state [$Q\neq 0$]. The observable $Q$ is the number of photons in the cavity, namely, $Q = n(t_m)$ where $t_m$ is the time-to-measurement, i.e. the duration of the quench. Within the framework of a classical (Mean Field) perspective, for an appropriate tuning of the atom-field interaction, the dependence of $Q$ on $h$ is erratic, as illustrated in Fig.1. We seek for the signature of this dependence in the quantum regime.

The simplest quantum version of QFC is a semiclassical phase-space picture. The wavepacket spreads over the chaotic sea, and therefore the erratic dependence of $\text{Prob}(Q=1)$ on $h$ is smeared away: in the classical mean-field context this probability is either 0% or 100%, while in the semiclassical truncated Wigner approximation it equals a number $p$ that reflects the relative volume of the basin leading to the SR state. However, interference between semiclassical trajectories should result in irregular dependence on $h$ in the exact quantum many-body dynamics, see Fig.1.

Fluctuations due to QFC are analogous to universal conductance fluctuations (UCF) [1, 2] and chaos-assisted tunneling (CAT) [3]. In the UCF context $Q$ is the transmission (conductance) through a chaotic cavity, and $h$ is the magnetic field, while in the CAT context $Q$ is the tunneling rate, and $h$ is the scaled Planck constant. In all those cases (QFC, UCF, CAT) the systematic non-semiclassical fluctuations in the output signal constitute quantum signature of chaos. However, in QFC we have the extra complication due to dissipation, and one wonders whether any memory of chaos survives after the quench. The availability of both regular and chaotic lasing steady states in the driven-dissipative Dicke model [4–12] offers an opportunity to directly contrast the QFC with a quench from a quasi-periodic regular orbit and show how the $h$ dependence of the quench outcome indicates whether the prepared state was regular or chaotic.

Outline.— We first review the regime diagram of the dissipative Dicke model, highlighting NS, SR, as well as regular and chaotic lasing regions. Relaxation towards the NS-SR bistability is then considered as a measurement protocol. In the full QFC scheme, we choose the pre-quench preparation time ($t_{\text{prep}}$) as a control parameter. This QFC scenario is contrasted with the quench from dynamically regular motion. In particular we aim to clarify the significance of the quench duration ($t_m$).

The Dicke model.— The model describes $N$ two level atoms (excitation energy $\mathcal{E}$) that interact with a single cavity mode (frequency $\Omega$) [13, 14]. The Hamiltonian involves, respectively, the bosonic field operator $a$,
and the Pauli matrices \( \hat{\sigma}_i \), with the common subscripts \( i=x, y, z, \pm \). The couplings \( g \) and \( \bar{g} \) denote the strength of the co-rotating and counter-rotating terms of atom-photon interaction. Namely,

\[
\hat{H}_D = \Omega \hat{a}^\dagger \hat{a} + \frac{\bar{g}}{\sqrt{N}} \sum_{r=1}^N (\hat{\sigma}_r^+ \hat{a} + \hat{\sigma}_r^- \hat{a}^\dagger) + \frac{\bar{g}}{\sqrt{N}} \sum_{r=1}^N (\hat{\sigma}_r^- \hat{a} + \hat{\sigma}_r^+ \hat{a}^\dagger) \tag{1}
\]

We define the mode occupation operator \( \hat{n} = \hat{a}^\dagger \hat{a} \), and the collective excitation operators \( \hat{S}_\ell = (1/2) \sum_i \hat{\sigma}_i^\ell \), \( \ell = x, y, z \) that generate a spin algebra with angular momentum \( \ell \leq N/2 \).

It is well known [14–17] that the ground state of the Dicke model undergoes a quantum phase transition from a normal state (NS) with \( \langle n \rangle = 0 \) to a pair of superradiant (SR) states with \( \langle n \rangle \neq 0 \). Moreover, depending on \( (g, \bar{g}) \), the model exhibits an excited state quantum phase transition [18, 19].

**Dissipative dynamics.**— Several loss and incoherent processes are associated with the Dicke system [5–12]. The corresponding dissipative dynamics can be studied within the framework of a Lindblad master equation,

\[
\dot{\rho} = -i [\hat{H}_D, \rho] + \kappa \mathcal{L}[\hat{n}] + \sum_{r=1}^N (\gamma_4 \mathcal{L}[\hat{\sigma}_r^- \hat{\sigma}_r^+] + \gamma_7 \mathcal{L}[\hat{\sigma}_r^\dagger \hat{\sigma}_r^-]) + \frac{1}{N} \sum_{\ell} \left( \gamma_4^\ell \mathcal{L}[\hat{S}_\ell] + \gamma_7^\ell \mathcal{L}[\hat{S}_\ell^\dagger] \right) \tag{2}
\]

where \( \mathcal{L}[\hat{O}] = \hat{O} \rho \hat{O}^\dagger - \frac{1}{2} \left( \hat{O}^\dagger \hat{O} \rho + \rho \hat{O}^\dagger \hat{O} \right) \). The incoherent dynamics in Eq.(2) arises from the cavity-photon loss \( \mathcal{L}[\hat{a}] \) with a rate \( \kappa \), and from local incoherent decay and pumping transitions \( \mathcal{L}[\hat{\sigma}_r^- \hat{\sigma}_r^+] \) and \( \mathcal{L}[\hat{\sigma}_r^\dagger \hat{\sigma}_r^-] \) with rates \( \gamma_4 \) and \( \gamma_7 \), respectively. Apart from the local incoherent processes, there are also incoherent collective processes \( \mathcal{L}[\hat{S}_\ell] \) and \( \mathcal{L}[\hat{S}_\ell^\dagger] \), with rates \( \gamma_4^\ell \) and \( \gamma_7^\ell \), respectively. Below, we focus on collective incoherent transitions, and neglect local incoherent processes. The collective decay/pumping for the Dicke model is justified when the atoms are concentrated in a spatial region much smaller than the wavelength of the coupled cavity modes [5]. The total spin \( \ell \) then becomes a constant of motion. Per our preparation we focus on the \( \ell = N/2 \) multiplet. The reduced Hamiltonian can be written in terms of the \( S_i \) operators. For large \( N \) the classical approximation is ob-

**FIG. 2. Steady state phase diagram.** The vertical axis is the \( \bar{g}/g \) ratio that reflects coherent pumping. In panel (a) the horizontal axis is the normalized incoherent collective pumping. We assume \( \Omega=\mathcal{E}=1 \) and \( g=2 \), while \( \kappa=2 \) and \( \gamma_c=0.5 \). The label NS* indicates a stable all-atom-excited state. The labels LC and Chaos indicate a regular limit cycle and a chaotic lasing state, respectively. With vanishing dissipation, bistability appears for \( \bar{g}/g \leq 0.5 \), and the energy landscape has 3 attractors (NS and two SR fixed points), while with finite dissipation this range is shifted. Panel (b) shows the dependence of the bistability region on \( \kappa \), for \( g=2 \), while \( f_c=\gamma_c=0 \). The symbols are based on numerical analysis, while the lines are based on stability analysis (see SM).

**FIG. 3. Relaxation towards NS/SR attractors.** We start with all the atoms in the ground state, while \( n \sim 0 \). In the left panels \( \bar{g}/g = 0.75 \), and the relaxation is towards SR. In the right panels \( \bar{g}/g = 0.48 \), and the relaxation is towards NS-SR bistability. The other parameters are \( g=2 \), and \( \kappa=2 \), and \( \gamma_c=0.5 \) and \( f_c=0.04 \). In the quantum simulation we have \( N=16 \) atoms (meaning \( \mathcal{E}=8 \)), and use \( N_0=80 \) truncation for the bosonic mode. The semiclassical results of (a,b) and the quantum results of (c,d), are compared in (e,f). The waiting time up to the measurement is \( t = t_m = 20 \). Solid black line is the semiclassical distribution, while dashed red line is the quantum distribution. The classical SR fixed points are marked by horizontal dashed lines in (a-d) and by arrowheads in (e,f). Note the \( n=0 \) peak at (f).
FIG. 4. **The prepared state.** The system is prepared in a non-dissipative chaotic state with \( g = 1 \) and \( \tilde{g} = 0.48 \). This is done by launching a coherent state with \( s_x = s_z = 1/\sqrt{5} \), and \( s_y = 0 \), while \( n \approx 0 \), followed by a long waiting time \( 50 < t_{\text{prep}} < 1000 \). In the quantum simulation we have \( N = 16 \) atoms (meaning \( \mathcal{E} = 8 \)), and use \( N_b = 80 \) truncation for the bosonic mode. Panel (a) is the quantum Husimi distribution of the prepared state in the \([\text{Re}(a) - \text{Im}(a)]\) plane at \( t = t_{\text{prep}} = 50 \). On top we display the corresponding cloud of classical points. The latter are color-coded based on the post-quench outcome: blue for those that belong to the NS basin, and red/magenta for those of the SR basins. Panel (b) displays the associated \( s_x = 0 \) Poincare section (the \( s_y, a > 0 \) branch) projected on the \((n - s_z)\) plane, with added blue/red/magenta circles that indicate the attractors. For the quench we assumed \( g = 2 \), but kept the same \( \tilde{g}/g \), with dissipation parameters \( \kappa = 2 \) and \( \gamma_c = 0.5 \), and with incoherent pumping \( f_c = 0.04 \).

tained by treating them as classical coordinates. We define scaled variables \( s := \hat{S}_-/N \), and \( s_{x,y,z} := \hat{S}_{x,y,z}/N \), such that \( s_x^2 + s_y^2 + s_z^2 = 1/4 \). We also scale the bosonic coordinates as \( a := \tilde{a}/\sqrt{N} \). Consequently, the classical equations of motion are

\[
\begin{align*}
\dot{a} &= -(i\Omega + \kappa/2) a - i (gs + \tilde{g}s^*) \\
\dot{s} &= -(i\mathcal{E} + f_c s_z) s - 2i (ga + \tilde{g}a^*) s_z \\
\dot{s}_z &= f_c |s|^2 - i (gs^* - a^* s) + \tilde{g} (a^* s^* - as)
\end{align*}
\]

(3)

where the net incoherent pumping is \( f_c = \gamma_s^f - \gamma_s^c \), while the total incoherent rate of transition is \( \gamma_c = \gamma_s^f + \gamma_s^c \). In Fig.2 we present phase-diagrams obtained by stability analysis and numerical long-time propagation of Eq.(3). The phase-diagram includes NS, SR, as well as regular and chaotic lasing phases. Moreover, there is a bistable NS-SR phase that we are going to utilize for the measurement protocol.

**The NS-SR Bistability.**– An energy landscape \( E(n, s_z) \) for the cavity can be obtained by minimizing \( H_P \) for a given \((n, s_z)\) under the constraint \( s_x^2 + s_y^2 + s_z^2 = 1/4 \), see SM. For small \( g \) this landscape exhibits a stable NS minimum at \( n = 0 \) and \( s_z = -1/2 \) that becomes an attractor for \( \kappa > 0 \). For \( \tilde{g}/g > \sqrt{\Omega\mathcal{E}} \), the NS becomes an energetic saddle point rather than a local minimum, but if \( \tilde{g}/g < 1-\sqrt{\Omega\mathcal{E}}/g \) it maintains dynamical stability and remains an attractor. The transition of the NS to a saddle point is accompanied by the appearance of a pair of broken symmetry \( n \neq 0 \) SR minima. These two SR states remain attractors provided \( \kappa \) is not too large. For quantitative details, including a \((\kappa, \tilde{g}/g)\) regime diagram, see SM and Fig.2b.

**Relaxation towards bistability.**– In Fig.3 we inspect the distribution \( P(n) \) of the cavity mode’s occupation. In the quantum simulation we start with all the atoms in the ground state, while \( n \sim 0 \). In the semiclassical simulation we prepare an initial cloud centred near the south pole of the Bloch sphere \( s_z \sim -1/2 \), with photon number \( n \sim 0 \), and let the cloud relax. We compare the outcome of relaxation towards a SR steady state, to the relaxation in the bistable NS+SR phase. In the latter case \( P(n) \) exhibits two distinct peaks, that exhibit broadening in the quantum simulation. The quantum SR/NS peak ratio is tilted towards the NS with respect to the classical one due to the quantum spilling from the metastable SR state. It is important to realize that this broadening and peak-ratio tilting are not a signature of true quantum interference: similar broadening would have been captured semiclassically, if Langevin noise terms were included [20]. By contrast, the quantum-interference signature we seek can not be captured by means of stochastic semiclassical simulations.

**Quench from chaos (QFC).**– Having gathered all
the necessary ingredients, we turn to discuss the full scenario, including a preparation stage and a quench stage. The purpose of the measurement is to detect chaos in the preparation stage. The quench is to a bistable phase in order to amplify small fluctuations in the prepared state.

The preparation of the chaotic state is demonstrated in Fig. 4. Panel (a) demonstrates qualitatively the rather good correspondence that we have between the quantum distribution and the semiclassical cloud. The points are color-coded according to which basin they belong: upon quench the blue points will reach the NS fixed point, while the red/magenta points will reach the two SR fixed-points. The phase-space location of the basins is better resolved in the Poincare section of panel (b).

The quench is an abrupt change in the model parameters. Specifically we force the system to relax towards the fixed points that we have in Fig. 5, reflects the outcome of a realistic measurement protocol. It exhibits the fluctuations that were caricatured in Fig. 1. The inset shows the variance $\sigma_n$ of those fluctuations versus $t_m$. The partial correlation between $\langle n(t_m) \rangle$ and $\langle n \rangle$ is inspected in panel (b), where the data points (symbols) of panel (a) are connected by thin lines. The thick lines are based on a semiclassical procedure that is explained in the main text. The departure of the data points from the latter is due to relaxation.

For sufficiently large $t_m$, disregarding the quantum/noisy broadening effect, the measured quantity is a sum of a projector on the NS basin, and a projector on the SR basin, weighted by $n_{NS} = 0$ and $n_{SR} \neq 0$:

$$Q = \hat{n}(\infty) = \sum_{r \in NS} |r\rangle n_{NS} \langle r| + \sum_{r \in SR} |r\rangle n_{SR} \langle r|$$  \hspace{1cm} (4)

Fig. 5 contrasts the outcome of a QFC with the outcome of a quench from quasi-periodic regular dynamics. The time-to-measurement is intermediate ($t_m = 2$). We clearly see that chaos is reflected in the outcome of the QFC scenario, in accordance with the discussion of Fig. 1. In contrast, the fluctuation due to quench from a regular state, are non-erratic and merely reflect the spectral context of the quasi-regular dynamics.

Memory loss.— In a mesoscopic device the information is eventually blurred due to noisy hopping between the fixed points. The outcome of the measurement is presented in Fig. 6a for several choices of $t_m$. We observe memory loss gradually with increasing $t_m$. For short $t_m$ the systematic variation of $Q$ as a function of $t_{prep}$ is apparent. Furthermore, due to our choice of observable, the outcome is partially correlated with the $t_m=0$ measurement of $\langle n \rangle$. This is demonstrated in Fig. 6b. We would like to provide a semiclassical procedure for the analysis of this correlation.

In the semiclassical simulation, the ergodized cloud does not show any fluctuations, and therefore, the post-quench dynamics does not depend on the preparation time. However, we can mimic the quantum fluctuations by giving each “point” of the semiclassical cloud a weight $w_j \propto (1 + C n_j)$, where the proportionality constant is determined such that $\sum w_j = 1$. Using the semiclassical equations of motion we can determine the mapping $n_j \mapsto n_j(t_m)$. Then we can calculate

$$\langle Q \rangle = \langle n(t_m) \rangle_{sc} = \sum_j w_j n_j(t_m)$$  \hspace{1cm} (5)

For each $t_{prep}$ the parameter $C$ is adjusted such that $\langle n(0) \rangle_{sc} = \langle n \rangle_{qm}$. Then we can predict the outcome for finite $t_m$. The result of this phenomenological theory is incorporated in Fig. 6b. The departure of the symbols from the calculated lines (e.g. blue as opposed to red symbols) is the signature that fluctuations over the $Q$ of Eq. (4) do not reflect trivially fluctuations of $n$. On the other hand, the memory loss due to noisy hopping between the fixed-points is reflected by the “flattening” of the outcome (e.g. green symbols).

Discussion.— A realistic measurement, unlike an idealized projective measurement, involves a dissipative quench process. In a macroscopic reality a tossed-coin, or a ferromagnetic pointer, will always point “up” or “down” at the end of the quench. For a non-violent quench, a relatively large $t_m$ is required in order to reach the attractor, allowing differentiation between initially similar states. Thermal and quantum fluctuations can be ignored. But in a mesoscopic context, the time of the quench ($t_m$) should be optimized in order to keep the information about the measured (pre-quench) state (it should be “large” but not too large). Our emphasis was on QFC, looking for the quantum signature of chaos, and clarifying the physical significance of $t_m$. Per our construction the “large” $t_m$ measurement was strongly correlated with the $t_m=0$ measurement, but clearly this
is not a general feature. In general the “basins” of $Q$ are not correlated with a simple observable of the system. Either way, we have demonstrated the manifestation of irregular quantum fluctuations in the outcome, providing signature for chaos in the “measured” state. These fluctuations resemble CAT and UCF. They are completely diminished in the semiclassical picture, and come instead of the classical exponential sensitivity that one would expect if reality were not quantum-mechanical. But unlike UCF and CAT, they are endangered by memory loss due to relaxation.

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Quantum signatures in quench from chaos to superradiance
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(Supplementary Material)

We clarify how the regime diagram of the model is determined. The NS and SR steady state solutions of Eq.(3) correspond to the fixed-points $\dot{a} = \dot{s} = \dot{s}_z = 0$. The model parameter are $(g, \bar{g}, \kappa, f_c)$. Note that $\gamma_c$ implicitly restricts the range of $f_c$, but does not appear explicitly in the equations of motion. The borders of the NS and SR regions in the phase-diagram are based on a straightforward linear stability analysis of the fixed points that support them. Bistability means that there is a region where both the NS and the SR fixed-points are stable.

LINEAR STABILITY ANALYSIS

Let us denote such steady state (SS) solution by $a^{SS}$, and $s^{SS}$, and $s_z^{SS}$. We consider fluctuations around the SS, namely, $a = a^{SS} + \delta a$, $s = s^{SS} + \delta s$ and $s_z = s_z^{SS} + \delta s_z$. Having put them in Eq.(3) followed by expanding up to a linear order in $\delta a$, $\delta s$ and $\delta s_z$, we obtain the following set of equations:

$$
\begin{align*}
\delta a &= -(i\Omega + \kappa/2)\delta a - i(g\delta s + \bar{g}\delta s^*) \\
\delta s &= -(i\kappa + f_c s_z^{SS})\delta s + 2i(g^2 a + \bar{g}a^*) s_z^{SS} + 2i(ga^* + \bar{g}a)s^{SS}\delta s_z - f_c s^{SS}\delta s_z \\
\delta s_z &= f_c(s^{SS})\delta s^* + s^{SS}\delta s - i(g\delta a + \bar{g}\delta a^*) s^{SS} + i(g\delta a^* + \bar{g}\delta a)s^{SS} \\
&\quad - i(g\delta a^* - \bar{g}\delta a)a^{SS} + i(g\delta s - \bar{g}\delta s^*)a^{SS}
\end{align*}
$$

(S-1)

Schematically this set of equations can be written as $M\Psi = 0$, where $\Psi \equiv [\delta a, \delta a^*, \delta s, \delta s^*, \delta s_z]^T$ is a column vector, and $M$ is a matrix. The eigenvalues are determined from the equation det($M - \lambda I$) = 1. Stability of the SS is ensured if all the eigenvalues have negative real part.

NS STABILITY

At the NS the photon field is zero ($a^{SS} = 0$) and the spin polarization is $s_z^{SS} = \pm 1/2$. Thus the linearized equations in Eq.(S-1) decouple from the equation of $\delta s_z$, and hence, the matrix $M$ takes a simple form,

$$
M = \begin{pmatrix}
-i\Omega - \kappa/2 & 0 & -ig & -ig \\
0 & i\Omega - \kappa/2 & ig & ig \\
2is_z^{SS}g & 2is_z^{SS}\bar{g} & -i\kappa - f_c s_z^{SS} & 0 \\
-2is_z^{SS}\bar{g} & -2is_z^{SS}g & 0 & i\kappa - f_c s_z^{SS}
\end{pmatrix}
$$

(S-2)

Below we we define $g_{\pm} = (g \pm \bar{g})$ and $q = \bar{g}/g$. The characteristic eigenvalue equation for vanishing dissipation ($f_c = \gamma_c = 0$) is

$$
\lambda^4 + \kappa\lambda^3 + \left[2g_{+}g_{-} + \kappa^2 + \kappa^2/4\right]\lambda^2 + \left(g_{+}g_{-} + \kappa^2\right)\kappa = \left[4\left(\frac{\kappa^2}{g^2}\right)q^2 - 1\right]^2 = \kappa^2\Omega^2
$$

(S-3)

The boundary of the NS region is obtained by setting $\lambda = 0$ which yields,

$$
\left[4\left(\frac{\kappa}{g^2}\right)q^2 - 1\right]^2 = \frac{\kappa^2\Omega^2}{4g^2}
$$

(S-4)

In the limit $\kappa \to 0$, it reduces to

$$
q^4 - 2q^2\left[1 + \left(\frac{\kappa}{g^2}\right)\right] + 1 - \left(\frac{\kappa}{g^2}\right)^2 = 0
$$

(S-5)

Given $g$ we get that NS stability survives for

$$
q < 1 - \frac{\sqrt{\Omega}}{g}
$$

(S-6)

The non-zero range requirement implies that $g$ should exceed the critical value $\sqrt{\Omega}$ which is relevant for all our numerics.
SR STABILITY

The SR fixed-point is the $a^{SS} \neq 0$ fixed point of Eq. (3). After some algebra, assuming vanishing dissipation ($\gamma_c = 0$), one obtains the following equation for $s_z$,

$$s_z^2 + \frac{\Omega E (g_+^2 + g_-^2)}{2g_+^2 g_-^2} s_z + \frac{\mathcal{E}^2 (\Omega^2 + \kappa^2/4)}{4g_+^2 g_-^2} = 0 \quad (S-7)$$

The two solutions of the quadratic equation reads,

$$s_z = -\frac{1}{2} \left[ \frac{\Omega E}{2g_+^2 g_-^2} (g_+^2 + g_-^2) \right] \pm \frac{1}{2} \sqrt{\left( \frac{\Omega E}{2g_+^2 g_-^2} (g_+^2 + g_-^2) \right)^2 - \frac{\mathcal{E}^2}{g_+^2 g_-^2} \left( \Omega^2 + \kappa^2/4 \right)} \quad (S-8)$$

A physical solution of $s_z$ should be a real number which becomes imaginary at the SR instability. Therefore, vanishing of the term within square-root yields the boundary of the SR region,

$$4\Omega^2 q^2 - (1 - q^2)^2 \kappa^2 = 0 \quad (S-9)$$

Using the solution of $s_z$ in Eq.(S-8), the corresponding photon field can be obtained from

$$\text{Re}(a) = \pm \sqrt{\left( \frac{1/4 - s_z^2}{s_z^2} \right) \times \frac{\mathcal{E}^2/4}{g_+^2 + \kappa^2/4}} \quad (S-10)$$

$$\text{Im}(a) = \frac{g_+^2 \kappa s_z}{[\mathcal{E}(\Omega^2 + \kappa^2/4) + 2g_+^2 \Omega s_z]} \times \text{Re}(a) \quad (S-11)$$

The other two spin components can be obtained from

$$s_x = \frac{2g_+}{\mathcal{E}} \text{Re}(a) s_z \quad (S-12)$$

$$s_y = -\frac{2g_-}{\mathcal{E}} \text{Im}(a) s_z \quad (S-13)$$

It turns out that one of the solutions of Eq.(S-7) satisfies the stability criteria in the SR state. At the boundary of the SR region both solutions lose their stability.

BISTABILITY

The common approach to explain the NS-SR symmetry breaking is to look at the energy landscape. Using scaled variables as defined in the main text, and $a \equiv \sqrt{|e|} e^{i\varphi}$, the Hamiltonian (divided by $N$) is

$$H(n, \varphi; \vec{s}) = \Omega n + \mathcal{E} s_z + 2\sqrt{n} [g_+ \cos(\varphi) s_x - g_- \sin(\varphi) s_y] \quad (S-14)$$

FIG. S1. Demonstration of bistability. (a) Demonstration of the dynamics projected on the $(n, s_z)$ coordinates. Arrows indicate the propagation direction towards the attractors. The trajectories that approach the NS and the two SR fixed points are colored by blue, magenta and red respectively. The interaction is $g=2$ and we assume vanishing dissipation ($f_c = \gamma_c = 0$), while $\kappa=2$. (b) The steady state occupation $n$ versus $\bar{g}/g$ for weak (dashed lines) and strong (dotted lines) cavity losses. The SR and the NS steady state values are plotted as red and blue lines, respectively. Co-existing blue and red lines indicate bistability region.
Given $n$ and the constrain $s_x^2+s_y^2+s_z^2=1/4$, and assuming that $\tilde{g}<g$, the minimum is obtained at $\varphi=0$, and we find

$$E(n) = \text{minimum}\left\{H(n,\varphi;s_x,s_y,s_z)\right\} = \Omega n - \sqrt{\left(\frac{\varepsilon}{2}\right)^2 + g^2 n}$$  \hfill (S-15)$$

We see that the NS fixed-point ($n=0$) is no longer the minimum if $g_+ > \sqrt{\Omega \varepsilon}$. This is a necessary condition for bistability. The reason for having bistability is that the NS, while being a saddle in the energy landscape, is still a dynamically stable fixed-point, that becomes an attractor for finite $\kappa$.

We plot in Fig.2b the boundaries that we have found for the regions where the NS and the SR fixed points are stable. The two regions overlap. In the “SR+NS” overlap region we have bistability, as demonstrated in the simulation of Fig.S1. For vanishing dissipation ($\kappa \to 0$) and $g=2$ the bistability region is $0 < \tilde{g}/g < 0.5$. It shrinks with increasing value of $\kappa$, and finally the NS-boundary in Eq.(S-4) touches the SR-boundary in Eq.(S-9). Equating Eq.(S-4) and Eq.(S-9) at the critical $\kappa$ yields

$$\left(q^2 - 1\right) \left[4 \left(\frac{\varepsilon \Omega}{g^2}\right) q^2 - \left(q^2 + \left(\frac{\varepsilon \Omega}{g} - 1\right)^2\right) - 4 \left(\frac{\varepsilon \Omega}{g^2}\right)^2 q^2 = 0\right]$$

Solving for $q$ for a given $g$ yields 4 pairs of solution with ‘±’ counterparts. The lowest positive solution $q^*$ and the corresponding $\kappa^*$, obtained from Eq.(S-4) togetherly characterizes the maximum of the bistable region. As an example, for $g = 2$, as in Fig.2b, $(q^*,\kappa^*)$ turns out to be $(0.638, 4.3)$.

**OTHER REGIMES IN THE PHASE DIAGRAM**

Apart from the SR, NS and SR+NS bistable phases, the steady state regime diagram in Fig.2a contains both regular limit cycle (LC) and chaotic lasing state. Similar observation holds for local dissipation, as in Fig.S2, which we display for completeness.

Relaxation towards a lasing steady state is illustrated in Fig.S3. Depending on the pumping ratios, the system can relax to a chaotic steady state where the output signal from the cavity exhibits irregular oscillations in the photon number. Most textbooks focus on the LC regime, where the dissipation is counter balanced by the incoherent pumping. For details one is referred to standard textbooks, e.g. Ref.[s1], and Ref.[s2] for its experimental realization in the context of open Dicke model.

**FIG. S2. Steady state phase diagram.** The vertical axis is the $\tilde{g}/g$ ratio that reflects coherent pumping and the horizontal axis is the normalized incoherent local pumping. We assume $\Omega=\varepsilon=1$ and $g=2$, while $\kappa=1$ and $\gamma=0.05$. Also here we have NS, SR, LC and chaotic lasing phases. A region with bistability appears as well.
FIG. S3. **Relaxation towards a lasing state.** We plot the photon number $n(t)$ versus time $t$ in the left panel. The corresponding spin dynamics are displayed in the right panel. The initial conditions are $n \approx 0$ and $s_z \approx 1$. The dynamics in the top and bottom panels corresponds to the LC and Chaos phases in Fig.2a with coherent pumping ratio $\tilde{g}/g = 1.5(1.0)$ and incoherent pumping ratio $f_c/\gamma_c = 0.5$.

FIG. S4. **Preparation of pre-quench state.** Pre-quench classical spin dynamics are displayed on Bloch sphere with Poincaré section at $\text{Im}(a) = 0$ (left panel). The red dotted trajectories correspond to the pre-quench dynamics shown in Fig.5a,b. Their associated power spectrum obtained from $s_x(t)$ dynamics are shown in the right panel. The top (bottom) panel is prepared for $g = 0.1(1.0)$ with energy $E \approx 0.35(0.36)$. The other possible islands at the same energy are shown by the black dots.
Quench from Regular State

It is a common practice to characterize chaos either by the temporal aspect (which justifies the choice of $t_{\text{prep}}$ as a control parameter), or with respect to variation of some other control parameter (magnetic field in the UCF context).

In Fig.5 we contrasted quench from “chaos” with quench from “regular state”. We have selected a dissipation-free initial state ($f_{c} = \gamma_{c} = 0$). Strictly speaking such states do not reach a steady state. Namely, in the case of chaos, the semiclassical cloud approaches a quasi-ergodic distribution, while regular dynamics typically exhibits damped oscillations due to the broadening of the power spectrum by the nonlinearity. Still, in the latter case, residual beats are typically observed, and the two dynamical scenarios are readily discernible, as demonstrated in Fig.5a,b and Fig.S4.

For such dissipation-free initial states we were able to simplify the numerical effort enormously, because it was possible to choose $t_{\text{prep}}$ as a control parameter. In the presence of pre-quench dissipation, this choice is not appropriate, because the system always relaxes to a unique steady state that does not change with time (as implied by the term “steady state”). Still, in principle, the steady state (regular LC, or chaotic lasing state) can be modified by some other control parameters. Clearly, this opens a wide range of possibilities that can be further studied in the future using the approach that we have proposed in the present work.

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[1] J. Keeling, *Light-Matter Interactions and Quantum Optics* (CreateSpace Independent Publishing Platform, 2012).
[2] Z. Zhiqiang, C. H. Lee, R. Kumar, K. J. Arnold, S. J. Masson, A. S. Parkins and M. D. Barrett, *Nonequilibrium phase transition in a spin-1 Dicke model*, *Optica* 4, 424 (2017).