Replacement Time of Custom Ocular Prosthesis in Children: A Review Article

Saurabh Jain¹, Khalil Ibrahim A Idris², Neda Essa M Al Omar³, Aeshah YM Atiah⁴, Afnan YM Atiah⁵, Aparna Aggarwal⁶

ABSTRACT
The aim and objective of this article is to analyze the published literature on the replacement time of ocular prostheses in children. A systematic search of indexed English literature up to November 31, 2020, was conducted. Data from PubMed, Scopus, and Cochrane library were searched for relevant manuscripts. Predefined inclusion and exclusion criteria were used by assessors, who inspected 910 manuscripts and selected 7 manuscripts, after analyzing their full texts. Because of the constant growth of the orbital socket in children, the ocular prosthesis has to be replaced till the growth of the orbit is complete. Custom ocular prosthesis requires recurrent relining or replacement, in growing children. The rate of relining or replacement of the prosthesis varies according to the growth of the orbit. Children with ocular prostheses should be appointed biannually or quarterly for routine examination. Yearly replacement or relining of the prosthesis should be conducted. Various factors, like patient comfort, age, signs, and clinical assessment, should be evaluated before relining or replacing the old prosthesis.

Keywords: Custom ocular prosthesis, Eye prosthesis for children, Maxillofacial prosthodontics, Ocular prosthesis, Stock ocular prosthesis.

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INTRODUCTION
Loss of any vital organ of the body is a traumatic experience. In pediatric patients, loss of an eye is very common. Some of the most common reasons for the loss of an eye in pediatric patients are malignancy, trauma, congenital disorders, and infections.¹

This loss of an eye, not only makes a child physically handicapped but also has an everlasting psychological effect on him. Because of the constant growth of orbital sockets in a pediatric patient, it is necessary to replace this missing eye with an artificial prosthetic eye at an early stage. The shape and volume of the enucleated orbital socket should be preserved as any delay in the replacement prosthesis can cause asymmetrical growth of the enucleated side. This can cause major esthetic problems in the adult stage of life.

Various articles relate the growth of the orbital socket with the age. Literature available also suggests that as the child grows, the ocular prosthesis has to be replaced regularly with a new larger ocular prosthesis, till the growth is complete. This is necessary to prevent shrinkage of orbit and for adequate development of soft tissue and eyelids.² There are no clear criteria that can guide the maxillofacial prosthodontist, regarding when and how frequently this prosthesis should be replaced in growing pediatric patients. This manuscript presents an overview of literature related to the growth of orbital bone and the need for replacing ocular prostheses in pediatric patients.

MATERIALS AND METHODS
A systematic search of indexed English literature up to November 30, 2020, was conducted. Data from PubMed, Scopus, and Cochrane library were searched for studies on replacement time of ocular prosthesis in children. Various word combinations like custom ocular prosthesis, ocular prosthesis, eye prosthesis for children, and stock ocular prosthesis were searched. Predefined inclusion and exclusion criteria were used by assessors, who inspected 910 manuscripts (Table 1). Duplicate articles were removed. Titles and abstracts were screened and full-text articles of shortlisted articles were thoroughly read. In the end, seven manuscripts were selected for this study.

Orbital Growth Related to Age
Table 2 shows the studies based on orbital growth relate to age. Scott⁴ did a study on the growth of the human face and concluded that there is a rapid increase in orbital volume until 3 years of age. By the age of 12 years, near-adult volume is achieved. Results of

Table 1: Inclusion and exclusion criteria

| Inclusion criteria | Exclusion criteria |
|--------------------|-------------------|
| English language literature | Literature in a language other than English |
| Human clinical studies | Animal studies |
| In vitro studies | Studies describing only techniques of fabrication of ocular prosthesis |
| Studies on pediatric patients | Letters to editors and unpublished abstracts and reports |
| Studies highlighting need to replace the ocular prosthesis in pediatric patients | |

¹Department of Prosthetic Dental Sciences, College of Dentistry, Jazan University, Jazan, Kingdom of Saudi Arabia
²³Private Practice, Jazan, Kingdom of Saudi Arabia
⁴Vitaldent Dental Clinic, Faridabad, Haryana, India
Corresponding Author: Saurabh Jain, Department of Prosthetic Dental Sciences, College of Dentistry, Jazan University, Jazan, Kingdom of Saudi Arabia, Phone: +966-550049588, e-mail: drsaurabhjain79@gmail.com
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the study done by Bartlett and Moore\(^4\) were also in agreement with those of Scott that the orbital socket development completes at 12 years of age. Furuta\(^5\) used reconstructed X-ray computed tomography (CT) images to measure orbital volume in 109 subjects and studied its changes with age. He concluded that rapid growth of the orbit comes to an end by 15 years of age in boys and by 11 years in girls. He also reported that >95% of the growth of the adult orbit is completed by the first half of the teenage.

Yago and Furuta\(^6\) did a clinical study on orbital growth after unilateral enucleation in five patients using X-ray computed tomographic images and concluded that orbital heights attained at age of 3, 7, and 10 years were 79, 94, and 97% of adult size, respectively. Bentley et al.\(^7\) studied normal changes in orbital volume during childhood in 67 patients using magnetic resonance images and found that orbital volume increases till 15 years of age in both males and females. He also concluded that 77% of the total orbital volume is achieved by age of 5 years.

Chau et al.\(^8\) did a clinical study on orbital development by measuring orbital volume in 81 patients using magnetic resonance images and concluded that orbit grows till about 16 years of age.

Ji et al.\(^9\) (2015) Analyze bony orbital maldevelopment after enucleation

| Author | Study objective | Analysis method | Sample size | Outcome(s) |
|--------|-----------------|-----------------|-------------|------------|
| Scott\(^1\) (1953) | To study the growth of the human face | X-rays | – | Rapide increase in orbital volume till 3 years of age. Near adult, orbital volume achieved till 12 years of age. |
| Bartlett and Moore\(^4\) (1973) | Studied orbital growth | Opinions and assertions | – | Orbital socket development completes at 12 years of age. |
| Furuta\(^5\) (2001) | Measured orbital volume | Reconstructed X-ray computed tomography (CT) images | 109 | The rapid growth of the orbit comes to an end by 15 years of age in boys and by 11 years in girls. Greater than 95% of the growth of the adult orbit has already been completed by the first half of the teens. |
| Yago and Furuta\(^6\) (2001) | To study orbital growth after unilateral enucleation | X-ray computed tomography images | 5 | Orbital heights attained at age of 3, 7, and 10 years were 79, 94, and 97% of adult size, respectively. |
| Bentley et al.\(^7\) (2004) | To study normal changes in orbital volume during childhood | Magnetic resonance images | 67 | Orbital volume increases till 15 years of age in both males and females. |
| Chau et al.\(^8\) (2004) | To study orbital development by measuring orbital volume | Magnetic resonance images | 81 | 77% of the total orbital volume is achieved by age of 5 years. |
| Ji et al.\(^9\) | Analyze bony orbital maldevelopment after enucleation | Computer tomography scans | 87 | Orbital volume is more in males as compared to females. |

Replacement Time of Ocular Prosthesis in Children

Table 3 shows the studies based on replacement time of ocular prosthesis in children. All the studies stressed the fact that in growing children, the ocular prosthesis should be changed periodically over the growth years.

Zekman et al.\(^10\) stated that periodic enlargement of a custom ocular prosthesis is required in a growing child. A gradual increase in the size of the prosthesis is required over the period of time to assist in the normal development of eyelids and soft tissues lining the orbital bone margins. They also stated that the presence of a prosthesis is not necessary for normal bone growth. Bartlett and Moore\(^1\) also stressed that to keep pace with the child’s growth, the ocular prosthesis should be refabricated at regular intervals.

Lorenzana et al.\(^11\) gave a guideline for refitting the ocular prosthesis in pediatric patients. They stated that, for pediatric patients, the ocular prosthesis should be refitted every year, and recall appointments should be scheduled every three months.

Mattos et al.\(^12\) surveyed 124 child patients who need ocular prosthesis and stated that periodic change by increasing the size of ocular prosthesis is required to cope up with the expansion of the anophthalmic cavity.

Raizada et al.\(^13\) did a retrospective review evaluating the replacement schedule of the custom ocular prosthesis in children. They concluded that ocular prosthesis in 41% of the children requires a change between 18 months and 26 months after placement. They also found that replacement needs and schedule varies with age with 47% of children with ≤3 years of age required change in the ocular prosthesis in a mean duration of 18 months. Forty-three
percent of children in the 3 to 12-year age group required change in the ocular prosthesis in a mean duration of 21 months. While only 29% of children in the 12 to 16-year age group required change in the ocular prosthesis in a mean duration of 26 months.

Shaikh et al.\textsuperscript{14} stated that custom ocular prosthesis needs to be changed till the age of 12 years based on the clinical evaluation and presence of symptoms in coordination with the facial growth. Pascale\textsuperscript{15} stated that ocular prosthesis should be checked every 6 months for fit, size, and comfort till the child is 8 years old.

Based on the review of the literature, we can state that these patients should be recalled regularly and clinical evaluation should be related to the presence of symptoms in coordination with the facial growth. Some of the common indications for change in the ocular prosthesis in pediatric patients are loose fit, prosthesis rotation within the socket, decentration of the cornea, enophthalmic prosthesis, cosmetically significant Ptosis, discoloration of the prosthesis.\textsuperscript{13}

All the studies stressed the fact that in growing children, the ocular prosthesis should be changed periodically over the period of years. But there are very few studies that can guide the formulation of protocols and plans for changing ocular prosthesis, relating to growth. This change in the prosthesis is necessary for congruent facial development and to reduce growth discrepancy in enucleated orbit.

**CONCLUSION**

Because of the constant growth of the orbital socket in children, the ocular prosthesis has to be replaced till the growth of the orbit is complete. Custom ocular prosthesis requires recurrent relining or replacement, in growing children. The rate of relining or replacement of the prosthesis varies according to the growth of the orbit. Children with ocular prostheses should be appointed biannually or quarterly for routine examination. Yearly replacement or relining of the prosthesis should be conducted. Various factors, like patient comfort, age, signs, symptoms, and clinical assessment, should be evaluated before relining or replacing the old ocular prosthesis.

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