Labdane diterpenes protect against anoxia/reperfusion injury in cardiomyocytes: involvement of AKT activation

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Several labdane diterpenes exert anti-inflammatory and cytoprotective actions; therefore, we have investigated whether these molecules protect cardiomyocytes in an anoxia/reperfusion (A/R) model, establishing the molecular mechanisms involved in the process. The cardioprotective activity of three diterpenes (T1, T2 and T3) was studied in the H9c2 cell line and in isolated rat cardiomyocyte subjected to A/R injury. In both cases, treatment with diterpenes T1 and T2 protected from A/R-induced apoptosis, as deduced by a decrease in the percentage of apoptotic and caspase-3 active positive cells, a decrease in the Bcl-2/Bax ratio and an increase in the expression of antiapoptotic proteins. Analysis of cell survival signaling pathways showed that diterpenes T1 and T2 added after A/R increased phospho-AKT and phospho-ERK 1/2 levels. These cardioprotective effects were lost when AKT activity was pharmacologically inhibited. Moreover, the labdane-induced cardioprotection involves activation of AMPK, suggesting a role for energy homeostasis in their mechanism of action. Labdane diterpenes (T1 and T2) also exerted cardioprotective effects against A/R-induced injury in isolated cardiomyocytes and the mechanisms involved activation of specific survival signals (PI3K/AKT pathways, ERK1/2 and AMPK) and inhibition of apoptosis.

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Cardiac injury due to ischemia (anoxia)/reperfusion (I(A)/R) is caused by two main mechanisms, apoptosis and necrosis, the latter being accelerated by reperfusion.1–5 Knowledge of molecular mechanisms involved in A/R reveals that reperfusion is afforded by activation during reperfusion of the anti-apoptotic and prosurvival kinase signaling cascades PI3K-AKT and p42/p44 extracellular signal-regulated kinases (ERK1/2).6,7 Early activation of ERK1/2 inhibits procaspase processing and induces the expression of proteins of the anti-apoptotic Bcl-2 family (Bcl-2 and Bcl-xL). Thus, therapeutic strategies that target and attenuate reperfusion-induced injury may provide novel pharmacological agents, which can be used in current early reperfusion maneuvering, the established standard therapy for acute myocardial infarction. As no drugs to reduce reperfusion injury are currently available for clinical use,8 it is interesting to search for new interventions administered at the time of reperfusion.

Bioactive natural products can be considered as very promising molecules for the development of new therapeutic agents and terpenes, which constitute one of the groups with great therapeutic potential.9–12 In particular, diterpenes have shown a broad spectrum of biological activities (antibacterial, antiviral, anti-inflammatory, cytotoxic, antitumour, etc), regulating inflammation and the innate immune response.13–17 Our previous findings on the anti-inflammatory and cytoprotective effects of diterpenes9,10,14 prompted us to evaluate a possible therapeutic intervention for cardioprotection (to ameliorate A/R injury). In the present study, we have analyzed targets relevant to the reperfusion injury in an A/R model in cardiomyocytes in order to explore the mechanisms involved in the cardioprotective potential of three labdane diterpenes (Figure 1a). Our data show that two of these diterpenes (T1 and T2) exert significant cardioprotection against A/R injury through inhibition of apoptosis and activation of survival pathways.

Results

The labdane diterpenes T1 and T2 protected H9c2 cells from A/R-induced apoptosis. We first examined the viability of H9c2 cells after treatment with diterpenes (0–100 μM), using an MTT assay. As seen in Figure 2a, these diterpenes did not significantly affect cell viability at concentrations below 20 μM, and this dose was selected as the maximal concentration for the subsequent studies. Initial experiments using the experimental protocol shown in...
with T1 and T2 (Figure 3b). Moreover, addition of T1 and T2 after A/R also induced phosphorylation of AKT (both in S473 and T308), an effect suppressed by pretreatment with a PI3K inhibitor (LY294002) and/or AKT inhibitor (Figure 3c). Interestingly, inhibition of the PI3K pathway attenuated the effects of T1 on A/R-induced upregulation of Bax and on the active caspase-3 levels. Inhibition of AKT suppressed the protective effects exerted by T1 (Figure 3c). In addition, measurement of caspase-3 activity and cell viability confirmed the relevance of the AKT and to a lesser extent of the PI3K pathways in mediating the effects of T1 after A/R (Figure 3d). MAPKs have been reported to modulate apoptosis in the heart.18,19 We therefore examined the activation state of the distinct MAPK pathways to assess their potential involvement in the cardioprotective actions of the diterpenes. A significant basal phosphorylation of ERK1/2 was observed in H9c2 cells exposed to A/R. However, incubation of cells with T1 and T2 resulted in a marked activation of ERK phosphorylation after A/R, whereas the total protein expression of this kinase remained constant. In contrast, the levels of phospho-p38 were unaffected. As seen in Figure 3e, phospho-JNK was not modulated at the times of sampling. To point out, from an energetic aspect, phospho-AMPK levels were enhanced by diterpenes after A/R.

When other stimuli apart from A/R were used to induce apoptosis (H2O2, etoposide or staurosporine) the protective effects of diterpenes T1 and T2 were not observed (Figure 4). Minimal protection by T1 and T2 was found against H2O2, but not against etoposide and staurosporine, suggesting a specific protection against A/R injury by these diterpenes.

**T1 and T2 protected primary cultures of rat cardiomyocyte against A/R injury.** To confirm the cardioprotective effects of diterpenes T1 and T2 observed in H9c2 cells, we moved to primary cultures of rat cardiomyocytes subjected to A/R, following the same protocol as above. Addition of T1 and T2 significantly protected cardiomyocytes against A/R-induced injury, as deduced by the decrease in the release of LDH to the culture medium; again, T3 showed a weak activity (Figure 5a). Treatment with T1 and T2 also impaired pro-caspase-3 processing after A/R (Figure 5b). Expression of Bax following A/R was also attenuated in cells treated with diterpenes, whereas Bcl-2 and XIAP levels remained unaffected (Figure 5b).

The cardioprotective effects exerted by diterpenes in H9c2 cells involved an increase of phosphorylated AKT, ERK1/2 and AMPK levels that were confirmed in isolated cardiomyocytes (Figures 5c and d). Phospho-p38 levels were moderately increased after A/R regardless of the presence of the diterpenes and phospho-JNK remained dephosphorylated (Figure 5d).

**Discussion**

Protection of the heart from I(A)/R injury still represents a great challenge in the search for new pharmacological agents.20–22 Myocardial ischemia is due to blockage of the blood flow in the myocardium, leading to a significant change in the energy balance including depletion of ATP. A
Compensatory response emerges in the cardiomyocytes from the inhibition of fatty acid oxidation to an increase in the flux toward anaerobic glycolysis. Although the drop in ATP during ischemia inhibits several basic cell processes, including membrane sodium/potassium-ATPase, reperfusion of the myocardium triggers a rapid increase in intracellular calcium that promotes opening of the mitochondrial permeability transition pore leading to the release of proapoptotic mediators and reactive oxygen species that are key factors in cardiac dysfunction. In this scenario, we have evaluated the role of labdane diterpenes, members of the bicyclic diterpenoid group, that are potent anti-inflammatory molecules in immune cells and also exhibit cell-protective effects. In previous studies, we analyzed a series of labdane diterpenes, some of them showing potent anti-inflammatory activity by decreasing the release of inflammatory mediators.

**Figure 2** Labdane diterpenes protect H9c2 cells from A/R-induced injury. (a) Viability of H9c2 cells incubated for 24 h with diterpenes (0–100 μM), measured by the MTT assay. (b) Schematic diagram of the experimental protocol (T: diterpenes). (c) Time-dependent effect of reoxygenation on cell viability (MTT assay). (d) LDH release after A/R (4–6 h). Diterpenes were added prior reoxygenation. 100% LDH activity was achieved after addition of 0.5% Triton X-100 to the cell culture. **P < 0.01 treatments versus Triton X-100. (e) Dose-dependent effect of diterpenes on cell viability at 6 h after A/R. **P < 0.01 compared versus A/R in the absence of diterpene. (f) In situ evaluation of caspase-3 activation. The percentage of caspase-3 positive cells was determined by fluorescence microscopy using the CaspGlow staining kit. (g) TUNEL positive cells (left) and caspase active positive cells (right) expressed as percentage of total cells in diterpene-treated cells versus non-treated cells. **P < 0.01 compared versus A/R in the absence of diterpene. (h) In situ evaluation of caspase-3 activation. The percentage of caspase-3 positive cells was determined by fluorescence microscopy using the CaspGlow staining kit. (i) Caspase-3 activity and (j) protein levels of pro-caspase-3 and active caspase-3 were determined in cytosolic extracts from cells after A/R and treated with diterpenes T1 and T2. Lane charge was normalized with β-actin. Western blots were performed in triplicate. Results show the mean ± S.D. of three experiments. **P < 0.01 treatments versus A/R in the absence of diterpene.
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Figure 3  Diterpenes T1 and T2 promote AKT and ERK activation and favor the Bcl-2 family antiapoptotic proteins profile. (a) Levels of Hsp70, Bax, Bcl-2, xIAP and Bcl-xL were determined by western blot from cytosolic extracts from diterpene-treated cells. Protein loading was normalized with β-actin. The Bax/Bcl-2 ratio was determined at 6 h after reoxygenation. (b) Time-course of phosphorylation of AKT was determined under normoxic conditions and after A/R. Representative western blots were performed with cytosolic extracts from cells treated with T1 and T2. The samples were immunoblotted and probed with anti-phospho-T308-AKT and anti-phospho-S473-AKT antibodies or anti-AKT antibody as a loading control. (c) Levels of phospho-T308-AKT, Bax and caspase-3 were also determined in the presence or absence of AKT inhibitor, LY294002 and/or T1, using β-actin as a loading control. (d) Densitometry of caspase-3 activity levels in the presence or absence of AKT inhibitor, LY294002 and/or diterpene T1. (e) Regulation of MAPKs (ERK, p38, JNK) and AMPK. Results show representative blots and the mean ± S.D. out of three experiments. *P < 0.05; **P < 0.01 treatments versus A/R in the absence of diterpene

(NO, PGE2, cytokines) through inhibition of NF-κB activity.14 A selection of these diterpenes showing good chemical stability, low toxicity and potent (T2 and T3) or negligible (T3) anti-inflammatory activity have been evaluated in the present work. To our knowledge no other studies have examined the potential of labdane diterpenes for cardioprotection. There are a few that describe a protective role for natural products, such as antioxidant polyphenols,22,26,27 and by the triterpene saponins.28,29 In the present study, we have focused on the molecular mechanisms underlying the effects of labdanes to protect cardiomyocytes against A/R-induced injury. These diterpenes did not affect cell viability at concentrations lower than 20 μM, and T1 proved to be safe when used up to 50 μM for at least 48 h.

Cardiomyocyte loss after ischemia is mainly due to apoptosis, necrosis (when the cell is unable to support the apoptotic energetic demands), or commitment to autophagy in an attempt to rescue cell function21,23,30,31 all three cell-fates having an important role in the heart after I(A)/R-induced dysfunction. Indeed, prevention of the apoptosis induced by ischemia or anoxia minimizes cardiac injury. Our data on early apoptotic signaling after A/R shows that T1 and T2 protect against cytochrome c release from the mitochondria (not shown), impair Bax accumulation and upregulate the
levels of the antiapoptotic proteins xIAP, Bcl-2 and Bcl-xL. In agreement with these data the processing and activity of pro-caspase-3 was abrogated after A/R by T1 and T2, and an end-point of apoptosis, such as TUNEL assays confirmed the protective role of the diterpenes. Interestingly, the protection exerted by T1 and T2 persisted even when these labdanes were administered 1 hour after reoxygenation (less than 15% reduction in cell viability at 6 h) suggesting a significant degree of reversibility in cardiomyocyte injury, when they are added soon after A/R.

A large number of studies have shown that PI3K/AKT signaling pathways provide an important cell survival signal for cardiomyocytes. In our study, phospho-AKT levels were enhanced by T1 and T2 under basal normoxic conditions, and the phosphorylation in T308 and S473 persisted at least for 1 hour. Under A/R conditions, this phosphorylation was even enhanced and selective inhibition of PI3K or AKT prevented protection by T1 as deduced by the rise in Bax levels and caspase-3 processing and activation, leading to a drastic loss in cardiomyocyte viability. In addition to this, treatment with T1 and T2 also regulated MAPKs phosphorylation in cardiomyocytes exposed to A/R, as shown by increased levels of phospho-ERK1/2 (anti-apoptotic) in early reperfusion. However, the levels of p38 that are related to a more proapoptotic condition remained elevated versus the normoxic condition despite the presence of T1 and T2. Indeed, JNK activation appears to be an important stress kinase in the heart and when activated, can lead to detrimental effects via pro-inflammatory signaling and recruitment of immune cells. These results were confirmed in rat cardiomyocytes where diterpines T1 and T2 exerted similar cardioprotective effects through the mentioned survival pathways.

Finally, cardiomyocytes after I(A)/R are facing a metabolic failure and there is a growing body of evidence suggesting that AMPK activation has a relevant cardioprotective function. In agreement with these observations, transgenic mice expressing a kinase dead form of AMPK that were subjected to low-flow ischemia and reperfusion (I/R) showed significant impairment of glucose uptake, glycolysis and fatty acid oxidation. Taken together, our data describe an efficient protection of cardiomyocytes by T1 and T2 after A/R and provide new insights to understand the cardioprotective mechanism of labdane diterpenes. Moreover, ischemic heart preconditioning is one of the strategies to improve clinical outcomes in patients with coronary heart disease. The presence of molecules improving cell viability, such as the diterpenes described in this work, deserves additional focus. In this context, the low cytotoxicity of these compounds in cell culture and their effectiveness in a rat cardiomyocytes A/R model indicates that these labdane diterpenes have potential use in

**Figure 4** Effect of diterpenes on apoptosis induced by H$_2$O$_2$, etoposide and staurosporine. Cells were pre-incubated with diterpenes (20 μM) for 30 min and exposed for 18 h to different concentrations of H$_2$O$_2$, etoposide, staurosporine or vehicle. Cell viability was evaluated by the MTT assay. Results show the mean ± S.D. out of four experiments. *P < 0.05; **P < 0.01 treatments versus the vehicle condition.

**Figure 5** Diterpenes exert cardioprotective effects in isolated rat cardiomyocytes after A/R through inhibition of apoptosis and activation of survival pathways. (a) LDH release in the supernatants of diterpene-treated rat cardiomyocytes after A/R (mean ± S.D.; n = 4; *P < 0.05; **P < 0.01 treatments versus Triton X-100 as 100%). Representative western blot analysis (n = 3-4 experiments) showing the effects of diterpenes on (b) apoptosis-related proteins (cleaved caspase-3, Bax, Bcl-2 and xIAP), (c) levels of phosphorylated AKT and (d) MAPKs (ERK, p38 and JNK) and AMPK in total extracts obtained from rat cardiomyocytes exposed to A/R at 6 h after reoxygenation. Western blots were performed in triplicate.
the treatment of cardiovascular diseases, and provide useful tools for the development of chemopreventive and chemotherapeutic strategies.

Materials and Methods

Materials. Diterpenes T1 (dehydroisohispanolone), T2 (8,3-dehydroisohispanolone 15,16-lactol), and T3 (14,15,16-trisnor-13,9a-hispanolide) were obtained from hispanolane as previously described. 27-30

Dulbecco’s modified Eagle’s medium (DMEM) was purchased from ATCC (American Type Culture Collection). The rest of culture reagents were obtained from Invitrogen (Alcobendas, Spain). Western blot reagents were obtained (purchased) from GE Healthcare (Buckinghamshire, UK). Antibodies were obtained (purchased) from the following suppliers: anti-ERK, anti-pERK, anti-JNK, anti-pJNK, anti-p38, anti-p-p38, anti-akt, anti-pAKT (S-473), anti-pAKT (T-308), anti-AMPK, anti-pAMPK, anti-caspase-3 (Cell Signaling Technologies, Beverly, MA, USA); anti-Hsp70 (Gen Script, Piscataway, NJ, USA); anti-Bax, anti-xIAP (BD Biosciences, San Jose, CA, USA); anti-Bcl2, anti-Bcl-xl (Santa Cruz Biotech., Santa Cruz, CA, USA). The fluorescent kit for TUNEL was from Roche (Mannheim, Germany). The CaspGLOW fluorescent active caspase-3 staining kit was obtained (purchased) from BioVision Research (San Francisco, CA, USA) and the specific fluorogenic substrate for caspase-3 was obtained (purchased) from BD Biosciences. Type II collagenase was from Worthington (Lakewood, NJ, USA). H9c2 embryonic rat heart-derived cells were obtained from ATCC. H9c2 cells were washed twice with ice-cold Buffer A (10 mM Hepes, pH 7.9; 1 mM EDTA, 1 mM EGTA, 10 mM KCl, 1 mM DTT, 0.5 mM PMSF, 2 μg/ml aprotinin, 10 μg/ml leupeptin, 2 μg/ml TLCK (N-tosyl-L-lysine chloromethyl ketone hydrochloride), 5 mM NaF, 1 mM Na3VO4, 10 mM Na2MoO4 containing 120 mM NaCl and scraped off the plate. Cells were lysed at 4°C with 0.2 ml of buffer A supplemented with 0.5% Nonidet P-40 with continuous shaking. After centrifugation of the cell lysate the supernatant was stored at −80°C (cysotolic cell extract).

Native cardiomyocytes were homogenized using a hand-held blender in lysis buffer containing (in mM): 50 Tris, 320 sucrose and 1 DTT, pH 7.0, plus a complete protease and phosphatase inhibitors solution. The homogenate was spun at 13,000 g for 10 min at 4°C and supernatants (total cell extract) were frozen and stored at −80°C. Protein content in both cases was assayed with the Bio-Rad protein reagent (Bio-Rad, Alcobendas, Spain).

Western Blot equal amounts of cytosolic protein lysates were separated in 10–15% sodium dodecyl sulfate-polyacrylamide (SDS-PAGE) gel electrophoresis. The gels were blotted onto a Hybond-P membrane and incubated with the indicated antibodies. Blots were developed by ECL according to the manufacturer’s instructions. β-actin was used as a loading control.

Protein extraction and western blot. H9c2 cells were washed twice with ice-cold Buffer A (10 mM Hepes, pH 7.9; 1 mM EDTA, 1 mM EGTA, 10 mM KCl, 1 mM DTT, 0.5 mM PMSF, 2 μg/ml aprotinin, 10 μg/ml leupeptin, 2 μg/ml TLCK (N-tosyl-L-lysine chloromethyl ketone hydrochloride), 5 mM NaF, 1 mM Na3VO4, 10 mM Na2MoO4 containing 120 mM NaCl and scraped off the plate. Cells were lysed at 4°C with 0.2 ml of buffer A supplemented with 0.5% Nonidet P-40 with continuous shaking. After centrifugation of the cell lysate the supernatant was stored at −80°C (cysotolic cell extract).

Anoxia/reoxygenation (A/R) protocol. To mimic an I/R model (via anoxia in the medium), cells at 80% confluence were incubated with a glucose-free medium (previously bubbled with 95% N2 and 5% of CO2) for 3 h at 37°C in a hypoxic chamber (95% N2 and 5% CO2). For A/R studies, the medium was then replaced by maintenance medium (DMEM with 2% FBS) during the reoxygenation period. Diterpenes (20 μM unless otherwise indicated) were then added to the cells for 4 or 6 h.

Cell viability and apoptosis assays. Cell viability was determined by the 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide (MTT) assay following the method described by Mossman.27 Cells were seeded at a density of 3 × 106 cells/well in 96-well plates and were incubated with MTT (5 mg/ml) for 2 h at 37°C. After that, the medium was removed and DMSO (100 μl) was added into each well. The optical density (OD) was determined spectrophotometrically at 540 nm.

Lactate dehydrogenase activity (LDH) was determined in the cell culture medium by measuring the conversion of pyruvate to lactate. LDH activity was analyzed spectrophotometrically at 340 nm. The activity of the LDH in the supernatants was compared with the ‘total content’ in cells disrupted by treatment with 0.5% Triton X-100.

Caspase-3 activity was spectrophluorometrically determined in cytosolic protein extracts using a specific substrate (Ac-DEVD-AMC) for this caspase, according to the supplier’s instructions (BD Biosciences).

In vivo activation of caspase-3 in apoptotic cells was measured by fluorescence microscopy after labeling the cells with the caspase-3 inhibitor DEVD-FMK conjugated to FITC (FITC-DEVD-FMK) as a marker, following the instructions of the supplier of the CaspGLOW fluorescent active caspase-3 staining kit (BioVision Research).

For detection and quantification of apoptosis, the terminal deoxynucleotidyl transferase-mediated dUTP nick end-labeling (TUNEL) assay was performed according to the manufacturer’s instructions using a commercially available kit for death detection (Roche). H9c2 cells were seeded at a density of 104 cells/well into sterile 8-well Chamber Slides (Falcon, Brookings, SD, USA), exposed to A/R and treated with diterpenes. After reoxygenation (6 h) cells were fixed with 4% paraformaldehyde for 15 min. Cells were then permeabilized in ice-cold methanol and incubated with 3% bovine serum albumin (BSA) for 30 min. Coverslips were mounted in Prolong Gold antifade reagent (Invitrogen) and examined using an Espectral Leica TCS SP2 confocal microscope (Leica, Solms, Germany). Alexa fluorescence was excited by the 488 nm line of an Argon laser 11 and emission collected through a BP filter (505–530 nm). DAPI fluorescence was excited by the Hg lamp (BP 365/12) and emissions collected through a BP filter (480–520 nm). Values of intensity fluorescence quantification were performed using the Image J software (NIH, Bethesda, MD, USA).

Statistical analysis. All the values are expressed as mean ± S.D. The statistical significance of differences between the means were determined with the SPSS 19 software (SPSS, Chicago, IL, USA) for Windows using a one-way analysis of variance followed by Bonferroni post-hoc test or Student’s t-test, as appropriate. A P-value of less than 0.05 was considered to be significant.

Conflict of interest

The authors declare no conflict of interest.

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