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Characteristics of Marine Recreational Fishing in the Çanakkale Strait (Turkey)

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Abstract

The economic and harvest impact of Marine Recreational Fishing (MRF) in the Çanakkale Strait were analysed along with fishing policy, sociology and habits of fishers. Data sources included field survey data carried out along the entire length of the Çanakkale Strait and policy information gathered from published sources. MRF policy is commendable, even in the fishing tourism sector, and is better developed than that in many other European countries. In Çanakkale, recreational fishers make up 9.9% of the population. Recreational fishers are typically men (90%), primarily those between the ages of 25 and 49 yrs. The occupation of the recreational fishers ranged from self-employed (28%), students (28%), retired persons (22%) and public employees (15%), to currently-unemployed persons (7%). An analysis of diel behaviour showed that most recreational fishers preferred fishing during the day (56.1%), while the evening was the next most preferred time for fishing (18%), followed by the nighttime (9.8%), while a substantial number of recreational fishers (16.1%) reported that they fished at any time of day. The most popular type of fishing was shore-based (68%), followed by boat-based (21%), and underwater fishing (11%). The mean daily fishing times were 6.07 h d⁻¹, 6.18 h d⁻¹ 4.75 d⁻¹ for boat-based, underwater and shore-based fishing, respectively. Summer and autumn were the preferred seasons for shore-based and underwater fishing, while autumn and winter were preferred for boat-based fishing. The highest Catch per Unit Effort (CPUE) was observed for boat-based fishing (2.77 kg h⁻¹), followed by underwater (0.97 kg h⁻¹) and shore-based fishing (0.81 kg h⁻¹). The catch composition included 51 species, though the catch composition of each fishing type was mostly comprised of only 3 or 4 species. The impact of the MRF harvest was high (30% of commercial fishing), particularly for bluefish (Pomatomus saltatrix) and picarel (Spicara smaris) species. The economic impact of MRF was highly negative. Several indicators, including the following, revealed a high percentage of catch trading (47%) being conducted under the guise of a recreational label: annual fishing intensity, total costs, target species, and sales. At present, it is evident that the highly developed recreational fishing policy in Turkey is not sufficient to ensure that recreational fishing is sustainable or to prevent fishing conflicts in Turkey. This study revealed the need for establishing monitoring, control and surveillance programs to ensure the sustainability of fish resources and fisheries including MRF.

Keywords: Recreational fishing; Fisheries management; Economic impact; CPUE; Çanakkale Strait; Dardanelles.
Introduction

Recreational fishing (RF) has several different definitions, and although the term is generally understood to indicate the harvesting of fish for personal use, fun, or for challenge (PAWSON et al., 2008), perceptions of RF vary greatly among countries due to cultural differences. The code of practice of recreational fishing (EIFAC, 2008) took the different views on RF into account and provided the following definition: ‘Fishing of aquatic animals that do not constitute the individual primary resource to meet nutritional needs and are not generally sold or otherwise traded on export, domestic or black markets’, where the difference between RF and subsistence fisheries may seem ambiguous. Subsistence fishing developed into recreational fishing as social and economic development evolved. Thus, in both fishing types, intermediate scenarios varying with the development level in the different regions are to be expected. An overview of RF in nine countries addressed topics such as the number of anglers, fishing frequency, expenditure, and fishing constraints, and provided both notable differences and similarities revealing the need to invest in RF research, monitoring and education (DITTON, 2008). Although the importance of RF has been demonstrated and studies have shown an increase in RF effort (McPHEE et al., 2002), RF policy, monitoring and management are largely overlooked at the national and international level. Unlike commercial fisheries, where data on catch and effort are regularly collected for assessment and management purposes, data on RF that would allow the estimation of recreational catches, the detection of trends and the evaluation of impacts are rare (GARTSIDE et al., 1999; RANGEL & ERZINI, 2007).

The results of several studies have revealed the deficiency, or even nonexistence, of Marine Recreational Fishing (MRF) policy in many European states (SFITUM, 2004; GAUDIN & DE YOUNG, 2007). In many of these states, a marine recreational fishing license is not required and long lines and other professional fishing gear are permitted in MRF (SFITUM, 2004). The need for a harmonised policy and comprehensive management strategy for MRF in Europe was one of the major issues addressed in the First Mediterranean Recreational Fishing Congress (KRAMER, 2006). In Mediterranean countries, marine recreational fishing is a long-standing tradition that is deeply rooted in local seaside communities, but there is a low degree of knowledge on this activity in the area. Studies on recreational fishing in other regions are abundant and diverse, ranging from its economic importance to its harvesting impacts (CANTRELL et al., 2004; COLEMAN et al., 2004; COLL et al., 2004; COOKE & COWX, 2004), clearly compiled recently (Ø YSTEIN, 2008).

The few studies carried out in the Mediterranean region revealed that recreational fishing catches appear to be far from negligible (MORALES-NIN et al., 2005; CARDONA et al., 2007), but these studies also suggest that the economic impact of RF is considerable, and in some regions greater than that of professional fishing (FRANQUESA et al., 2004). Moreover, signs of competition between recreational and professional fishing reveal the need for comprehensive management in Mediterranean coastal areas (LLORET et al., 2008a). If such comprehensive management is not realised, social and economic conflicts may arise and could be intensified by the reduction of fish resources. The condition of fish resources in the Mediterranean shows a steady decrease...
(LLEONART, 2005) and some resources are already overexploited (LLEONART & MAYNOU, 2003), scenarios which could trigger conflicts among different fishing sectors. Moreover MRF data should not be underestimated by managers and fishing administrations as this information can be used to describe and assess littoral fish communities, thus providing additional and complementary data (GORDOA, 2009).

The few studies on MRF in the Mediterranean come from the northwestern region, while in the Mediterranean basin there is a general lack of MRF studies. In Turkey, at the most eastern side of the basin, as a result of its increasing standard of living, MRF appears to be increasing. In addition, 55% of the Turkish population lives along the vast coastline (8 140 km), offering an optimal scenario for the development of MRF, including in the fishing tourism sector. Therefore, the fisheries management authority in Turkish waters (Fisheries Department of Ministry of Agriculture and Rural Affairs) has paid extensive attention to the regulations of MRF. Nevertheless, due to the difficulties in monitoring and enforcement, there are no specific policies or management plans for MRF in Turkey. Therefore, the objective of this study is to provide initial data and a general overview of MRF in Turkey through the analysis of three different subjects: legislative, extractive and socioeconomic. The results will be valuable for assessing the extent of MRF relative to impacts on coastal fishery resources as well as its interaction or competition with commercial fisheries and will contribute essential data for more comprehensive fisheries management plans.

Methodology

Study site

The survey was carried out along the Çanakkale Strait, 68 km in length, which connects the Marmara Sea and the Aegean Sea (Fig. 1). The strait’s width varies from

![Fig. 1: Study site and survey areas.](http://epublishing.ekt.gr)
1200 metres to 6000 metres with a depth of approximately 55 metres, though the depth can reach up to 80 metres at some points. This passageway is a migratory route for many fish species moving between the Aegean and Black Seas, and it is characterized by low salinity (< 30 psu), and a shallow surface water (< 40 m) current coming from the Black sea (ZERVAKIS et al., 2000). Çanakkale, with a population of 70,000 residents, is a well-known coastal city for both recreational and commercial fisheries where MRF is one of the main leisure activities, 9.9% of the population participating. The estimated number of total recreational fishers in Çanakkale in 2006 was 6,922 while the estimated number of commercial fishers was 5,987. The Ministry of Agriculture and Rural Affairs (MARA) is the main state administration for fisheries management, including the management of RF in Turkey. According to Fisheries Law (1380), MARA publishes an RF circular annually in order to update regulatory measures (ANON., 2008).

Data collection and analysis

Information on MRF policy was collected from published sources, specifically fishing circular, reports, and journal articles. Fishing data, including the traits of fishers and fishing activity, catch and costs were gathered from field surveys carried out from January 2007 to September 2007. Recreational fishers were selected randomly for face-to-face interviews along the shoreline of the Çanakkale Strait and jetties (Fig. 1) and were visited on weekdays and weekends. The content of the questionnaires was optimized in August 2006 using an exploratory survey in the field from which the unnecessary or unclear questions were removed. Exploratory survey protocols can improve fisher’s reactions and comprehension, allowing the survey response rate and quality to be optimized.

For each fishing type the number of fishing hours per day and the number of fishers was not estimated by averaging the declared daily fishing hours, because the mean would weight evenly both the very active fisher and the fisher. The daily fishing hours per fisher (DFHF) were estimated as:

\[
DFHF_i = \frac{\sum_i DHF_i}{\sum_i ADF_i}
\]

Where DHF and ADF are the fishing hours and days declared by each fisherman.

For each fishing type, the average annual effort per fisher, in fishing hours, was estimated in two steps to avoid any bias due to potential relationships between fishing hours per day and annual fishing days (e.g., the more active fisher could exhibit both longer fishing days and more fishing days per year). First, the total annual fishing hours per fisher (TAFHF) was estimated by the product of the declared daily hours (DHF) and the annual fishing days (ADF) of each fisher:
Second, the mean annual effort per fisher (MAEF) was estimated over the total number of fishing hours per fisher per year:

\[
MAEF = \frac{\sum_{i=1}^{n} TAFHF_i}{n}
\]

The mean catch per unit effort (MCPUE), expressed as catch (kg) per hour and fisher, was estimated for each fishing type. The estimation also prevented any bias due to a possible relationship between fishing intensity and fishing efficiency (e.g., active fishers could exhibit higher fishing rates). First, annual CPUE per fisher (ACPUE) was estimated by dividing the annual catch declared per fisher (ACF) by the total annual fishing hours per fisher (TAFHF):

\[
ACPUE_i = \frac{ACF_i}{TAFHF_i}
\]

Then, MCPUE was estimated as the mean over the total number of fishers, ACPUE:

\[
MCPUE = \frac{\sum_{i=1}^{n} ACPUE_i}{n}
\]

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The percentage of fishers per fishing type in the studied sample was considered to be representative of the fisher population. Thus, the total number of fishers per fishing type was estimated by applying those percentages to the total reported number of fishers reported by MARA. Once estimated, the number of fishers per type (NFM), MCPUE (kg/h fisher), MAEF (mean annual fishing hours per fisher) and the annual fishing effort in hours per type (AFE) were estimated by multiplying the NFM and the MAEF. The total catch per fishing type (TC) was estimated by multiplying the AFE and the MCPUE.

The declared catch per species was summed up for each fishing type separately and the catch composition was estimated as a percentage and extrapolated to the total catch (TC) to estimate the total annual catch per species (TCS). Finally, the total value of the catch was estimated by applying the market price to each species.

Results

MRF Policy

The Turkish MRF differentiates between Amateur and Sports activities; the latter refers to recreational fishing activity performed, individually or in teams, according to the rules of national or international sports federations. The MRF circular consists of seven sections including: objectives and definitions, performing amateur fishing, restrictions and bans for species, restrictions and bans for fishing gear and for areas, legislation and enforcement and general provisions. MRF infractions are also subject to specific penalties such as the seizing of illegal fishing gear, loss of catch or payment of fines.

There is no compulsory license system for MRF in Turkey. MRF policy considers specific rules for: non-Turkish residents, tourists, amateur fishing guides, and amateur fishing tourism. Non-Turkish residents are required to obtain a ‘certificate of visiting amateur fisher’ for 2 years. Foreign tourists can practise only two of the types of fishing: boat-based and shore-based. Boat-based fishing requires a fishing tourism certificate and a fishing stamp, while shore-based recreational marine fishing tourism
is free and permission is not required. MARA provides authorization for tourism-fishing for 2 years to tourist agencies, organizations or individual enterprises engaged in MRF.

The current MRF specific policy measures are focused on the prohibition of sale, daily bag limits, lengths or weights limits and gear type restriction. Although the only permitted types of gear are line fishing (angling) and spear fishing, specific gillnets (5 m in length, 1.5 m in height and 28 mm in mesh size) are permitted for bait fish. The catch of several species is strictly prohibited for both MRF and professional commercial fishing and certain species have specific minimum size and maximum catch limits as conservation measures. The fishing circular (ANON., 2008) covers full list of these species.

Characterization of recreational fishers

The total number of surveyed fishers was 190, which represents 2.7% of the estimated fisher population. Among MR fishers, males made up 90% of the total number of surveyed fishers. The education levels of survey respondents' ranged from non-educated to bachelor’s degrees and the percentage of recreational fishers who had a high school or bachelor degree was 63.6%. The occupational status of recreational fishers showed (Fig. 2a) that most were students or were self-employed, while a substantial number of the fishers were retired and the number of unemployed fishers was low. The age structure showed that approximately 60% of fishers were between 25 and 49 years old (Fig. 2b).

Although RF licenses are not mandatory, more than half (53%) of recreational fishers held one, though there were large differences between fishing types in this respect; the proportion of fishers with RF licenses was 21% for shore-based fishery, 46% for underwater fishery and 65% for boat-based fishery. In addition, approximately 23% of shore-based fishers, 14% of boat-based fishers and 4% of underwater fishers reported that they were not familiar with MRF policy. When asked about the suitability of MRF regulations, most of the fishers found them inadequate: 55% of shore-based fishers, 58% of divers, and 63% boat-based fishers, respectively. Questions regarding the degree to which control measures are used revealed differences among fishing types: 26% of shore-based fishers, 58% of underwater fishers, and 73% of boat-based fishers indicated that they had been inspected during the past year. However, among those interviewed, 98% of shore-based fishers, 88% of underwater fishers, and 78% of boat-based fishers had never been fined during the year of the study.

Fig. 2: a) Occupational status of recreational fishers (%). b) Age structure of fishers (%).
The boats used in MRF were generally open, and ranged from 4.0 to 16.5 m in length (average = 8.4 ± 3.6), similar to the traditional small-scale fishery boats. Almost half (44.8%) of the boat-based recreational fishers were boat owners with an average of two or three fishers per boat.

**Recreational Fishing Activity**

Investigations of diel behaviour in MRF showed a day-time (56.1%) preference, followed by evening (18%), and night-time preferences (9.8%). A substantial number of fishers (16.1%) indicated that they fished at any time of day.

The most popular fishing type was shore-based (68%), followed by boat-based (21%), and underwater fishing (11%). The distribution of fishing gear was as follows: fishing line (82%), underwater fishing (8%) and trolling (9%). Most of the shore- and boat-based fishers (64%) indicated that they bought their own bait, while 36% catch their own bait. Seasonal patterns of MRF varied among the different fishing types and seasons (Table 1). Summer and autumn were the preferred seasons for shore-based and underwater fishing, while autumn and winter were preferred for boat-based fishing.

**Fishing effort and CPUE**

The number of fishing hours per day and per fisher varied among the different fishing types. Boat-based and underwater fishing types had longer fishing days with average values of 6.07 and 6.18 hours/day, respectively. Shore-based fishers had shorter fishing days, with an average of 4.75 fishing hours per day. The average number of annual fishing days per fisher and type was: 75.5, 53.2 and 102.3 days for shore-based, underwater and boat-based fishing, respectively. The frequency distribution of the fishing days by fishing type clearly shows a high proportion of fishers with a number of annual fishing days that is incompatible with a standard working activity (Fig. 3). The annual average number of fishing hours per fisher and type were similar for shore-based (359.3 hours per year, Confidence Interval (CI) 0.95, 277.7 – 440.8) and underwater (329.1 hours per year, CI: 177.9 – 480.3) fishing types and both were far below the annual fishing intensity of boat fishers (621.8 hours per year, CI: 432.2 – 811.3).

Catch rate per hour, CPUE (kg/h), varied between fishing types (Table 2). Boat-based fishing was the most efficient fishing type with a fishing power 3 times above the other fishing types. Moreover, boat fishers displayed a high fishing effort, so in spite of the smaller number of boat fishers the total annual catch of boat fishing was the highest.

**Catch composition**

Based on the personal interviews, the catch composition of RF is represented

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**Table 1**

Seasonal distribution of fishing activity in percentages for each fishing type.

| RF types     | Winter | Spring | Summer | Autumn |
|--------------|--------|--------|--------|--------|
| Shore based  | 8.2    | 26.8   | 33.3   | 31.7   |
| Boat based   | 30.3   | 13.6   | 22.7   | 33.4   |
| Underwater   | 18.5   | 18.5   | 30.8   | 32.2   |

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by 51 species (Table 3) where Sparidae showed the highest species richness (25% of the total). Boat-based fishing was the fishing type with highest species richness (42 species), followed by shore-based fishing (31 species), and underwater fishing (27 species). Despite the high number of species, the catch composition of each fishing type was dominated by 3 or 4 species which represented more than 70% of the total catch (Table 3). The dominant species of boat-based catches were Pomatomus saltatrix and Scomber spp., while Spicara smaris, Pomatomus saltatrix and Pagellus acarne were dominant in shore-based catches. In underwater fishing, Rapana venosa, Mytilus galloprovincialis and Holothuridea dominated the catches and all fish caught were in the mugilids group. Four of the target MRF species (Pagrus pagrus, Anguilla anguilla, Epinephelus marginatus, and Squatina aculeata,) were endangered and were listed on the Red List of the IUCN.

Table 2

| Modality         | R. Fisherman | R. Fishermen Population |
|------------------|--------------|-------------------------|
|                  | h/day | CPUE (kg/h) | Annual n° h | n° fishers | Annual n° h | Annual catch (kg) |
| Shore-based      | 4.75  | 0.97      | 359         | 4 707     | 1 691 224  | 1 657 400         |
| Boat-based       | 6.07  | 2.77      | 621         | 1 523     | 946 942    | 2 623 028         |
| Underwater       | 6.18  | 0.81      | 329         | 692       | 227 833    | 184 545           |

Fig. 3: Annual fishing days frequency distribution declared per fishing type.
Table 3
Species contribution (%) to the total catch per fishing type.

| Family     | Species                  | Boat | Shore-based | Underwater |
|------------|--------------------------|------|-------------|------------|
| Anguillidae| *Anguilla anguilla*      | 0.02 |             |            |
| Atherinidae| *Atherina boyeri*        | 0.03 | 0.76        |            |
| Belonidae  | *Belone belone*          | 0.56 | 0.54        |            |
| Bivalvia   | *Mytilus galloprovincialis* | 0.05 |            | 20.52      |
| Bivalvia   | *Pecten spp.*            |      |             | 0.17       |
| Carangidae | *Trachurus spp.*         | 7.83 | 3.07        |            |
| Carangidae | *Lichia amia*            | 2.85 |             | 0.24       |
| Centracanthidae | *Spicara smaris*     | 4.23 | 31.87       |            |
| Clupeidae  | *Sardinella spp.*        | 1.32 | 0.03        |            |
| Congridae  | *Conger conger*          |      | 0.14        | 0.02       |
| Gastropoda | *Rapana venosa*          |      |             | 30.97      |
| Holothuridea| *Holothuridea*          |      |             | 20.06      |
| Labridae   | *Labrus spp.*            | 0.01 | 0.06        |            |
| Loliginidae| *Loligo vulgaris*        |      | 0.01        |            |
| Moronidae  | *Dicentrarchus labrax*   | 0.70 | 3.12        | 2.00       |
| Mugilidae  | *Magilidae*              | 0.42 | 0.87        | 10.02      |
| Mullidae   | *Mullus surmuletus*      |      | 0.01        | 0.07       |
| Octopodidae| *Octopus vulgaris*       | 2.15 | 0.06        | 0.64       |
| Pomatomidae| *Pomatomus saltatrix*    | 25.62| 20.00       | 0.14       |
| Rajidae    | *Raja spp.*              | 7.02 |             |            |
| Sciaenidae | *Argyrosomus regius*     | 0.01 |             |            |
| Scombridsae| *Sarda sarda*            | 2.79 | 0.77        |            |
| Scombridsae| *Scomber scombrus*       | 8.66 | 0.51        |            |
| Scombridsae| *Scomber japonicus*      | 8.33 | 0.27        |            |
| Scombridsae| *Thunnus thynnus*        | 0.41 |             |            |
| Scombridsae| *Auxis rochei*           | 3.73 |             |            |
| Scophthalmidae | *Scophthalmus maximus*  | 0.11 | 0.01        | 0.58       |
| Scophthalmidae | *Scophthalmus rhombus* |      |             | 0.02       |
| Scorpaenidae| *Scorpaenidae*          | 0.18 |             |            |
| Sepiidae   | *Sepia officinalis*      | 0.01 |             |            |
| Serranidae | *Epinephelus marginatus* | 0.80 | 0.66        |            |
| Soleidae   | *Solea solea*            |      |             | 0.03       |
| Sparidae   | *Sparus aurata*          | 2.30 | 7.58        | 0.19       |

(continued)
Catch Value and Fishing Costs

The total catch value by species and fishing type is shown in Table 4. The total value of the annual catch fished by type was approximately 9.2 million € for the boat-based fishery, 6.2 million for the shore-based fishery and 0.26 million for underwater fishing which targeted invertebrate species with a low commercial local value.

The annual distribution of cost by type is shown in Table 5. The annual mean expenditure per fisher varied with fishing type. Boat-based fishers incurred the highest costs (1,376 €, CI 0.95, 887.3-1864.6) followed by underwater (453 €, CI 0.95, 251.2-654.7) and shore-based fishers (213 €, CI 0.95, 122.4-303.5).

Assuming, that the recreational fisher population in Çanakkale uses the different fishing types in the same proportion estimated in this study (11% underwater fishing, 21% boat-based and 68% shore-based fishing), then the total annual costs of MRF fishing types would be: 1 million €, 2.09 million € and 0.31 million € for shore-based, boat-based and underwater fishing types, respectively. With the exception of the underwater fishing type, the catch value was much higher than the associated fishing costs (six times higher in shore-based fishing and nearly five times higher in boat-based fishing). It is worth noting that mooring price and boat acquisition costs were not considered in the sample design, so the costs of the boat-based fishers could have been twice that estimated in this study (but still low) if mooring associated costs observed in previous studies (SFITUM, 2004) were applied.
Table 4
Total catch by species estimated for fisher population by fishing type and their corresponding value in €.

| Species                    | Total catch (kg.) | Price € kg. | Catch value € |
|----------------------------|-------------------|-------------|---------------|
| **Anguilla anguilla**      | 280               | 3.60        | 1 008         |
| **Atherina boyeri**        | 909               | 1.80        | 1 637         |
| **Belone belone**          | 14 725            | 2.25        | 33 131        |
| **Mysilllas galloprovincialis** | 746              | 0.68        | 504           |
| **Pecten spp.**            | 314               | 2.03        |               |
| **Trachurus spp.**         | 205 413           | 2.25        | 462 178       |
| **Lichia amia**            | 74 707            | 4.05        | 302 565       |
| **Spicara smaris**         | 110 913           | 1.71        | 189 662       |
| **Sardinella spp.**        | 34 647            | 2.25        | 77 955        |
| **Conger conger**          | 2 332             | 0.45        | 1 049         |
| **Rapana venosa**          | 57 152            | 0.45        | 25 719        |
| **Holothuridea**           | 37 013            | 0.45        | 16 656        |
| **Labrus spp.**            | 93                | 2.93        | 273           |
| **Loilgor vulgaris**        | 93                | 4.05        | 378           |
| **Dicentrarchus labrax**   | 18 320            | 6.75        | 123 657       |
| **Mugilidae**              | 11 087            | 2.25        | 24 946        |
| **Mullus surmuleus**       | 93                | 5.85        | 546           |
| **Octopus vulgaris**       | 56 301            | 2.93        | 164 681       |
| **Pomatomus saltatrix**    | 671 933           | 5.18        | 3 477 252     |
| **Raja spp.**              | 184 062           | 1.35        | 248 483       |
| **Argyrosomus regius**     | 260               | 4.50        | 1 169         |
| **Sarda sarda**            | 73 062            | 2.25        | 164 389       |
| **Scomber scombrus**       | 227 024           | 3.15        | 715 124       |
| **Scomber japonicus**      | 218 622           | 2.03        | 442 709       |
| **Thunnus thynnus**        | 10 827            | 3.60        | 38 978        |
| **Auxis rochei**           | 97 877            | 1.80        | 176 179       |
| **Scophthalmus maximus**   | 2 815             | 10.13       | 28 502        |
| **Scophthalmus rhombus**   | 36                | 6.08        |               |
| **Scropaenidae**           | 4 807             | 2.48        | 11 898        |
| **Sepia officinalis**      | 390               | 2.25        | 877           |
| **Epinephelus marginatus** | 20 918            | 7.65        | 160 023       |

(continued)
The results of the present study indicate that the magnitude of MRF in Turkey should be of major concern. Turkish MRF policy is highly structured and commendable in contrast with many countries (GAUDIN & YOUNG, 2006), to the extent that fishing tourism is also regulated with a specific certificate mandatory for its practice. The development of the fishing tourism industry around the world has pro-

### Table 4 (Continued)

| Species                        | Total catch (kg.) | Price | Catch value € |
|-------------------------------|-------------------|-------|---------------|
|                               | Boat | Share | Underwater | € kg. | Boat | Shore | Underwater | | |
| Solea solea                   | 50   | 6.08  |           |       | 304  |
| Sparus aurata                 | 60.199 | 125.612 | 350 | 6.08 | 365.709 | 763.094 | 2.127 |
| Pagellus acarne               | 46.557 | 279.724 | 71  | 3.60 | 167.604 | 1.007.006 | 257 |
| Pagonius pagonius             | 48.939 | 32.511 | 5.40  | 264.269 | 175.559 |
| Diplodus vulgaris             | 24.296 | 128.644 | 5.551 | 5.40 | 131.199 | 694.678 | 29.975 |
| Diplodus sargus               | 25.422 | 35.356 | 2.943 | 6.30 | 160.159 | 222.744 | 18.543 |
| Diplodus puntazzo             | 29.883 | 12.874 | 3.008 | 5.40 | 161.368 | 69.518 | 16.241 |
| Spondyliosoma canthus         | 3.421 | 6.064 | 86  | 6.30 | 21.555 | 38.201 | 540  |
| Boops boops                   | 866  | 3.032 | 1.58  | 1.364 | 4.775 |
| Diplodus annularis            | 1.343 | 2.612 | 1.71  | 2.296 | 4.467 |
| Dentex dentex                 | 57.687 | 1.586 | 907 | 10.13 | 584.081 | 16.057 | 9.186 |
| Oblada melanura               | 12.126 | 50   | 3.83  | 46.383 | 191  |
| Sarpa salpa                   | 2.815 | 10.909 | 2.03 | 5.700 | 22.091 |
| Lithognathus mormyrus         | 1.529 | 3.83  |       | 5.848 |
| Squatina aculeata             | 23.820 |      | 1.80  | 42.876 |
| Mustelus spp.                 | 230.402 |      | 1.49  | 342.147 |
| Trigla spp.                   | 13.599 |      | 3.60  | 48.956 |
| Xiphias gladius               | 650  |      | 6.30  | 4.093 |
| Zeus faber                    | 1.083 |      | 4.50  | 4.872 |

### Table 5

**Distribution (%) of total expenditure in MRF.**

|                         | Equipment | Transport | Bait | Fuel | Maintenance |
|-------------------------|-----------|-----------|------|------|-------------|
| Underwater              | 49        | 51        | -    | -    | -           |
| Boat-based              | 15        | 6         | 12   | 35   | 32          |
| Shore-based             | 46        | 37        | 17   | -    | -           |

**Discussion**

The results of the present study indicate that the magnitude of MRF in Turkey should be of major concern. Turkish MRF policy is highly structured and commendable in contrast with many countries (GAUDIN & YOUNG, 2006), to the extent that fishing tourism is also regulated with a specific certificate mandatory for its practice. The development of the fishing tourism industry around the world has pro-
gressed from independent fishing tourism to “fishing packages”, depending on the physical access to fishing localities and on the legal framework of the region (BORCH, 2004), which is essential for the sustainable development of the fishing tourism sector. The weak point in MRF policy is the absence of a mandatory license for Turkish citizens, although many fishers obtain a volunteer certificate. The results showed that fishers that possessed a fishing certificate had an increased knowledge of marine policy compared to other fishers. Thus, recreational fishing licenses, still unimplemented in many countries, would not only allow the magnitude of the recreational fisher population to be gauged, but would also increase the level of compliance with fishing laws.

MRF fishing types in this study showed differences in CPUE, and the boat-based fishery was highly efficient compared to spear fishing and shore-based fishing. The estimated average catch rates of boat-based fishers were higher than those reported from the western Mediterranean regions (MORALES-NIN et al., 2005; LLORRET et al., 2008a), even considering the differences in the unit of fishing effort between studies (day, hook/h and hour). Shore-based catch rates were also higher than those estimated for recreational fishing in the northwestern Mediterranean (GORDOA, 2009). The higher catch rates could be indicative of a higher fish biomass and/or higher catchability due to the long and narrow structure of the Çanakkale Strait.

The social characterization of recreational fishers showed a relatively moderate education level, with a low proportion of unemployed fishers. These characteristics may cause MRF in Turkey to be very different from what is generally considered to be subsistence fishing. However, this result is in contradiction to the reported fishing intensity: the percentage of fishers declaring more than 100 fishing days per year was 34% for boat fishers and 20% for shore-based fishers. Moreover, more than half of recreational fishers declared that they sold their catch. Marketing recreational fishing products was 45% in shore-based (mostly by retired persons at 42% and the self-employed at 33%), 73% in underwater fishery (mostly by student at 47% and self-employed at 32%) and 75% in boat-based fishery (mostly by the self-employed at 51% and students at 24%). Although subsistence activities such as fishing provide much more than a marginal existence and can still provide a wholesome way of life (LYMAN, 2002), these results are indicative of a high percentage of fishing activity that is neither recreational nor subsistence.

The different seasonal patterns observed among fishing types showed that shore-based and underwater fishing are primarily conducted during the best climatic conditions (summer-autumn) but the boat-based fishery was also conducted in colder months (autumn-winter), indicative of a temporal fishing strategy that was closely linked to seasonal patterns of P. saltatrix (AKYOL & CEYHAN, 2007). MRF impact on bluefish was considerable, as indicated by the total catch in Çanakkale which represents 9.8% of total national commercial catch (8 399 tonnes). Additionally, this species is experiencing a decreasing trend, since the estimated commercial catch in 2002 (AKYOL & CEYHAN, 2007) was three times (25 000 tonnes) higher than that four years later. In Çanakkale, the MRF annual total catch was approximately 4 464 tonnes, representing 30% of commercial fishing in 2006 (19 000 tonnes, according to statistics from the municipality of Çanakkale). On the other hand, the estimated catch of picarel (Spicara smaris),
mostly harvested by the shore-based fishery (639 tonnes), represents more than 35% of the total national catch of this species (TUİK, 2007). The specific catches on targeted species and the total MRF catch is in agreement with the harvesting impact of this activity that has been highlighted in several studies (SUTINEN & JHONSTON, 2003; COLL et al., 2004; CROOK & COWX, 2004; LEWÍN et al., 2006; LLORET et al., 2008a,b). Furthermore, all of these RF activities have a negative impact on ecologically vulnerable species such as Pagrus pagrus, Anguilla anguilla, Epinephelus marginatus and Squatina aculeata, which are included in the IUCN Global Red List under the categories of endangered or critically endangered species. Most of these species were caught by boat-based MRF, while spear fishing impacts only on one endangered species (Epinephelus marginatus).

The economic impact of MRF has been estimated as being both positive and valuable in many regions (STEINBACK, 1999; FRANQUESA et al., 2004; COWX & ARLINGAUS, 2008) but in this case the impact was the opposite. The results showed, with the exception of the underwater fishing type, that the catch value of MRF was considerably higher than the associated fishing costs of this activity. Thus, the MRF economic impact was highly negative rather than positive in Çanakkale, and presumably has negative effects on local commercial fishing since competition for fish resources was particularly high for bluefish and picarel. It is necessary to highlight that, in spite of the magnitude of the MRF harvest shown in this study, MRF catch is still a totally black landing and is neither recorded nor accounted for in resource assessment or management practices. Moreover, although MRF-caught fish may not be traded, the present study showed that almost half of recreational fishers sold the bluefish they caught. So this activity directly interferes with the official market and presumably affects market prices. It should be noted here that almost half of the RF activity in Çanakkale is not recreational, but is commercial fishery that is performed under the title of recreational fishery.

MRF is not monitored with the same rigor as commercial fisheries (LLORET et al., 2008a), and in fact is rarely monitored at all. The study area and all other Turkish regions are never monitored. However, since conflicts between the MRF and small-scale fisheries have grown and are clearly justified by our results, MARA will have to pay more attention to this issue in the very near future. At present, it is evident that the current policy measures are not sufficient to ensure that fishing practices are sustainable or to minimize fishing conflicts in Turkey. Aside from the technical measures, monitoring, control and surveillance (MCS) are required to ensure sustainability in MRF. Furthermore, the need for a mandatory license system should be considered by MARA and, following Kramer’s recommendation (2006), its funds should support the monitoring, control and surveillance of MRF.

In summary, there is an urgent need to pay more attention to and collect further data on MRF, and to establish a consistent monitoring, control and enforcement system. Additional studies should be aimed at assisting science-based fisheries management in MRF. Once requirements are met, MRF could be integrated into fisheries management more easily.

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