Disulfated Ophiuroid Type Steroids from the Far Eastern Starfish *Pteraster marsippus* and Their Cytotoxic Activity on the Models of 2D and 3D Cultures

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**Abstract:** New steroidal 3β,21-disulfates (2–4), steroidal 3β,22-disulfate (5), and the previously known related steroidal 3β,21-disulfate (1) were isolated from the ethanolic extract of the Far Eastern starfish *Pteraster marsippus*, collected off Urup Island in the Sea of Okhotsk. The structures of these compounds were determined by intensive NMR and HRESIMS techniques as well as by chemical transformations. Steroids 2 and 3 have an oxo-group in the tetracyclic nucleus at position C-7 and differ from each other by the presence of the 5(6)-double bond. The Δ24,22-sulfoxycholestanediol side chain of the steroid 5 has not been found previously in the starfish or ophiuroid steroids. The cytotoxic activities of 1, 4, 5, and the mixture of 2 and 3 were determined on the models of 2D and 3D cultures of human epithelial kidney cells (HEK293), melanoma cells (SK-MEL-28), small intestine carcinoma cells (HuTu80), and breast carcinoma cells (ZR-75-1). The mixture of 2 and 3 revealed a significant inhibitory effect on the cell viability of human breast carcinoma ZR-75-1 cells, but other tested compounds were less effective.

**Keywords:** disulfated steroids; NMR spectra; starfish; *Pteraster marsippus*; cytotoxic activity; 3D culture

1. Introduction

Marine sulfated steroids are often found in representatives of two classes of marine echinoderms, namely ophiuroids and particularly starfish (the phylum Echinodermata), and in sponges (the phylum Porifera) [1,2]. These compounds have been reported to exhibit various biological activities, including anticancer, antimicrobial, cardiovascular, and antifouling properties [3]. Steroidal monosulfates, encountered in different species of starfish, are represented by ster sulfates and polyhydroxysteroids, containing from four to nine hydroxy groups and a sulfate group at different positions of the tetracyclic core and side chains. In that position, the polyhydroxysteroids were found in both free and glycosylated forms with one to three monosaccharide units and also were found in sulfated form. Moreover, the most common steroidal oligoglycosides of starfish are known as classical asterosaponins and contain an oligosaccharide chain, attached to C-6 and including five or six monosaccharide residues and a sulfate group at C-3 [4–10]. On the other hand, characteristic secondary metabolites of ophiuroids are mainly steroidal disulfates that differ from other sulfated compounds of echinoderms in some structural peculiarities, namely in the presence of sulfoxyl groups at 3α and 21 positions in 5β-, or Δ5, and very rarely 5α-cholesterole cores. It is of interest, that similar steroidal disulfates, containing sulfoxyl groups at 3β (or 3α) and 21 positions in 5α-, or Δ3-cholestanediol nuclei were found in some species of the Pterasteridae family belonging to the Asteroidae class. From six species of starfish belonging to the Pterasteridae family, in particular *Euretaster insignis* [11], *Pteraster* sp. and *Pteraster tessellatus* [12,13],...
Diplopteraster multipes [14], Pteraster pulvillus [15], and Pteraster obscurus [16], nine new disulfated steroidal compounds and six compounds studied as desulfated derivatives, obtained after solvolytic desulfation have been structurally described. At the same time, the polyhydroxylated steroids and asterosaponins, common in starfish, were absent in the studied starfish species belonging to the family Pterasteridae. Based on the structural similarity of steroidal disulfates isolated from this family of starfish and from different ophiuroids, it was assumed that there is a closer phylogenetic relationship between the Asteroidea and Ophiuroidea classes than other classes of Echinodermata [13].

At the present time, structural studies on steroidal disulfates from starfish and ophiuroids are somewhat ahead of the investigation of their biological activities. Nevertheless, the steroidal metabolites of ophiuroids were reported to inhibit the protein tyrosine kinase (PTK) [17], to show antiviral activity against HIV-1 and HIV-2 [18], and to be potent antagonists of farnesoid-X-receptor (FXR), a ligand-regulated transcription factor involved in the supporting of the lipid and glucose homeostasis in mammals [19]. These compounds enhanced oxygen-dependent metabolism, increased adhesive and phagocytic properties, induced the expression of pro-inflammatory cytokines TNF-α and IL-8 in neutrophils, and enhanced the production of antibody-forming cells in the mouse spleen [20]. Biological activities of steroidal disulfates from Pterasteridae starfish were less studied, but hemolytic activity on mouse erythrocytes was reported [15]. Thereby, the investigation of the biological activities of steroidal disulfates of starfish and ophiuroids requires further continuation.

In the present article, we describe the results of our study on the fraction of sulfated steroids from the ethanolic extract of the Far Eastern starfish Pteraster marsippus Fisher, 1910 (order Velatida, family Pterasteridae) collected by trawling at a depth of 84–88 m in the Sea of Okhotsk near Urup Island. We have isolated and structurally elucidated four new disulfated steroids 2–5 along with one previously known related compound 1. Additionally, the cytotoxic activities of 1, 4, 5, and the mixture of 2 and 3 on the models of 2D and 3D cancer cell cultures have been determined.

2. Results

2.1. The Isolation and Structure Elucidation of Compounds 1–5 from P. marsippus

The ethanol extract of the starfish P. marsippus was separated by column chromatography on Polychrome 1, Si gel, and Florisil followed by reversed-phase HPLC on semi-preparative Discovery C18 and analytical YMC-Pack Pro C18 columns to give four new disulfated steroids 2–5 along with one previously known related compound 1 (Figure 1).

![Figure 1. Structures of compounds 1-5 isolated from P. marsippus.](image-url)
The molecular formula of steroid 1 was established to be C_{25}H_{44}Na_{2}O_{8}S_{2} from the [M − Na]− and [M − 2Na]^{2−} ion peaks at m/z 595.2388 and 286.1253 in the (−)-HRESIMS, respectively, and from the [M + Na]^{+} sodium adduct ion peak at m/z 641.2154 in the (+)-HRESIMS (Figure S1). The presence of sulfate groups in the 1 groups is confirmed by HRESIMS as well as by the presence of the (−)-HRESIMS/MS spectrum of [M−2Na]^{2−} ion of fragment ions at m/z 96.9610 [HSO_{4}]^{−}, 136.9917 [C_{3}H_{4}O_{2}S]^{−}, 391.1958 [M − Na − NaHSO_{4} − C_{6}H_{12}]^{−}, 459.2584 [M − Na − NaHSO_{4} − C_{4}H_{8}]^{−}, and 475.2898 [M − Na − NaHSO_{4}]^{−}. The 1H- and 13C-NMR spectroscopic data attributable to the tetracyclic nucleus of 1 revealed the proton and carbon chemical shifts of two angular methyl groups CH_3 (δ_H 0.75 s, δ_C 12.5) and CH_2-19 (δ_H 1.03 s, δ_C 19.7), an oxygenated methine CH-3 (δ_H 4.13 m, δ_C 79.9), and the 5(6) double bond (δ_H 5.38 m; δ_C 141.7, 123.2). The proton and carbon resonances of CH_3-18, CH_3-19, CH-3, C-5, CH-6 and the broad multiplet of H-3 (ΔW = 39.3 Hz) indicated a Δ⁵,3β-sulfoxo steroidal nucleus in 1 [11].

The proton and carbon signals belonging to the side chain of 1 showed the presence of two secondary methyls CH_3-26 [δ_H 1.02 d (J = 6.8); δ_C 22.4], and CH_3-27 [δ_H 1.03 d (J = 6.8); δ_C 22.5], an distinctive oxygenated methylene CH_2-21 [δ_H 4.21 dd (J = 9.8, 3.7), 3.94 dd (J = 9.8, 6.4); δ_C 69.3], and the 24(28) double bond [δ_H 4.71 br s, 4.68 br d (J = 1.3); δ_C 157.9, 106.9]. These data testified about the 609.2177 and 293.1148 in the (−)-HRESIMS, respectively, and from the [M + Na]^{+} sodium adduct ion peak at m/z 655.1943 in the (+)-HRESIMS (Figure S14). The presence of sulfate groups in 2 was confirmed by HRESIMS as well as by the presence in the (−)-HRESIMS/MS spectrum of [M−2Na]^{2−} ion of fragment ions at m/z 96.9612 [HSO_{4}]^{−}, 136.9917 [C_{3}H_{4}O_{2}S]^{−}, 405.1745 [M − Na − NaHSO_{4} − C_{6}H_{12}]^{−}, and 489.2682 [M − Na − NaHSO_{4}]^{−}. The molecular formula of steroid 3 was established to be C_{28}H_{44}Na_{2}O_{8}S_{2} from the [M − Na]^{−} and [M − 2Na]^{−} ion peaks at m/z 611.2299 and 294.1222 in the (−)-HRESIMS, respectively, and from the [M + Na]^{+} sodium adduct ion peak at m/z 657.2077 in the (+)-HRESIMS (Figure S14). The presence of sulfate groups in 3 is confirmed by HRESIMS as well as...
These values of chemical shifts allowed us to suppose a δ12.0), an oxygenated methine CH-3 (δ12.6), and a 7-oxo group (δC 78.0), and a 5(6) double bond [δH 4.25 m (J = 1.6); δC 68.3, 126.8], and a 7-oxo group (δC 204.4) attributable to the tetracyclic moiety of 2 were observed in the 1H- and 13C-NMR spectra. These values of chemical shifts allowed us to suppose a Δ5,7-7-oxo-3β-sulfoxo steroidal nucleus in 2. The COSY and HSQC experiments led to the identification of the proton sequences at C-1 to C-4, C-8 to C-12 through C-11, C-8 to C-17 through C-14, C-17 to C-21 through C-20, C-20 to C-23, and at C-25 to C-26 and C-27 (Figure 2). Since it is difficult to identify some proton signals in the 1H-NMR spectrum of a mixture of two compounds only using 2D NMR experiments, the irradiation of protons Hα-2, Hβ-4, H-6, and H-8 of 2 in the 1D TOCSY experiments was additionally performed, which gave enhancing signals of the neighboring protons H2-1, Hβ-2, H-3, and H2-4, H2-1, H2-2, H-3, and Hα-4; H-3 and H2-4; and H-9, H-11, H-14, and Hβ-15, respectively. The key HMBC correlations H-4/C-5, C-6; H-8/C-7, C-9; H-17/C-20, C-21, C-22; H3-18/C-12, C-13, C-14, C-17; H3-19/C-1, C-5, C-9, C-10; and H3-26/C-24, C-25, C-28; and the key ROESY correlations Hα-1/H-9; Hα-4/H-6; Hβ-12/H2-21; H-14/Hα-16; H3-18/H-8, Hβ-11, H-20, H2-21; H3-19/Hβ-1, Hβ-2, Hβ-4, H-8, Hβ-11; H-28/H2-22, H2-23; and H′-28/H-25, H3-26, H3-27 exhibited a 3β,21-disulfoxo-7-oxo pattern in the Δ5,24(28)-24-methylcholestane skeleton in 2 (Figures 2 and 3). Based on the above-mentioned data, the structure of 2 was defined as (20R)-7-oxo-24-methylcholesta-5,24(28)-diene-3β,21-diyil disulfate disodium salt.

Figure 2. COSY and key HMBC correlations of compounds 2–5.
Table 1. {\textsuperscript{1}}H-NMR (700.13 MHz) chemical shifts of compounds 1–5 in CD\textsubscript{3}OD, with \( \delta \) in ppm and \( J \) values in Hz\textsuperscript{a}.

| Position | 1 \( \beta \) | 2 | 3 | 4 | 5 |
|----------|----------|---|---|---|---|
| 1\( \alpha \) | 1.89 dt (13.8, 3.7) | 2.02 dt (13.9, 3.7) | 1.81 dt (13.9, 3.5) | 1.76 dt (13.8, 3.7) | 1.89 dt (13.5, 3.5) |
| \( \beta \) | 1.11 m | 1.26 td (13.9, 3.5) | 1.07 td (13.9, 3.7) | 0.98 td (13.8, 3.8) | 1.11 m |
| 2\( \alpha \) | 2.05 m | 2.15 m | 2.06 m | 2.02 m | 2.05 m |
| \( \beta \) | 1.63 m | 1.76 m | 1.60 m | 1.53 m | 1.62 m |
| 3 | 4.13 m (\( \Delta W = 39.3 \) Hz) | 4.26 m | 4.25 m | 4.24 m | 4.13 m |
| 4\( \alpha \) | 2.53 ddd (13.2, 4.8, 2.2) | 2.79 ddd (14.0, 5.0, 2.3) | 1.86 m | 1.81 m | 2.53 ddd (13.4, 4.8, 2.2) |
| \( \beta \) | 2.34 td (13.2, 2.0) | 2.54 ddd (14.0, 11.8, 1.9) | 1.57 m | 1.43 m | |
| 5 | – | – | 1.52 m | 1.22 m | – |
| 6\( \alpha \) | 5.38 m | 5.68 br d (1.6) | 2.46 t (12.3) | 1.94 dd (12.3, 3.2) | 1.33 t (12.8) |
| \( \beta \) | 1.97 m | – | – | 3.25 td (10.6, 5.2) | 1.96 m |
| 7 | 1.48 m | 2.31 dd (12.6, 10.7) | 2.47 m | 1.40 m | 1.47 m |
| 8 | 0.97 td (11.7, 4.6) | 1.53 m | 1.09 m | 0.71 m | 0.96 m |
| 9 | – | – | – | – | – |
| 10 | – | – | – | – | – |
| 11\( \alpha \) | 1.57 m | 1.62 m | 1.58 m | 1.54 m |
| \( \beta \) | 1.04 m | 1.55 m | 1.35 m | 1.05 m |
| 12\( \alpha \) | 1.25 td (13.0, 4.2) | 1.22 m | 1.16 m | 1.19 m | 1.23 td (12.8, 4.2) |
| 13 | – | – | – | – | – |
| 14 | 1.06 m | 1.35 m | 1.47 m | 1.19 m | 1.09 m |
| 15\( \alpha \) | 1.64 m | 2.40 m | 2.20 m | 1.90 m | 1.61 m |
| \( \beta \) | 1.13 m | 1.28 m | 1.02 m | 1.48 m | 1.09 m |
| 16\( \alpha \) | 1.87 m | 1.90 m | 1.88 m | 1.83 m | 2.22 m |
| \( \beta \) | 1.37 m | 1.39 m | 1.35 m | 1.34 m | 1.16 m |
| 17 | 1.48 m | 1.48 m | 1.48 m | 1.43 m | 1.63 m |
| 18 | 0.75 s | 0.75 s | 0.72 s | 0.73 s | 0.70 s |
| 19 | 1.03 s | 1.24 s | 1.12 s | 0.86 s | 1.02 s |
| 20 | 1.72 m | 1.69 m | 1.68 m | 1.58 m |
| 21 | 4.21 dd (9.8, 3.7) | 4.18 dd (9.6, 4.0) | 4.17 dd (9.6, 4.1) | 4.18 dd (9.7, 3.8) | 0.96 d (6.7) |
| | 3.94 dd (9.8, 6.4) | 3.99 dd (9.6, 5.7) | 3.96 dd (9.6, 5.7) | 3.94 dd (9.7, 6.2) | |
| 22 | 1.64 m | 1.64 m | 1.64 m | 1.64 m | 4.36 dd (10.6, 4.5) |
| | 1.48 m | 1.49 m | 1.49 m | 1.48 m | |
| 23 | 2.17 ddd (15.0, 11.1, 4.6) | 2.19 m | 2.19 m | 2.17 m | 2.66 m |
| | 2.04 m | 2.02 m | 2.02 m | 2.03 m | 2.34 m |
| 24 | – | – | – | – | 5.05 t (7.7) |
| 25 | 2.25 quin (6.7) | 2.25 m | 2.25 m | 2.25 quin |
| | – | – | – | – | – |
| 26 | 1.02 d (6.8) | 1.02 d (6.8) | 1.02 d (6.8) | 1.02 d (6.8) | 1.69 s |
| 27 | 1.03 d (6.8) | 1.03 d (6.8) | 1.03 d (6.8) | 1.03 d (6.8) | 1.65 s |
| 28 | 4.71 br s | 4.71 br d (1.2) | 4.71 br d (1.2) | 4.71 br s |
| | 4.68 br d (1.3) | 4.69 br d (1.2) | 4.69 br d (1.2) | 4.68 br d (1.5) |

\textsuperscript{a} Assignments from 700.13 MHz COSY, HSQC, HMBC (8 Hz), and ROESY (250 msec) data; s, singlet; d, doublet; t, triplet; m, multiplet; br s, broad singlet; br d, broad doublet; dd, doublet of doublets; ddd, doublet of doublet of doublets; dt, doublet of triplets; quin, quintet.
The $^1$H- and $^{13}$C-NMR spectroscopic data belonging to the steroidal nucleus of 3 displayed the proton and carbon resonances of two angular methyl groups CH$_3$-18 ($\delta_H$ 0.72 s, $\delta_C$ 12.6) and CH$_3$-19 ($\delta_H$ 1.12 s, $\delta_C$ 12.0), an oxygenated methine CH-3 ($\delta_H$ 4.25 m, $\delta_C$ 78.8), and a 7-oxo group ($\delta_C$ 214.3). These chemical resonances and the absence of a 5(6) double bond corresponded to a 7-oxo-$\beta$-sulfoxy tetracyclic pattern in 3 (Tables 1 and 2). The COSY and HSQC experiments revealed a spin coupling system of the protons at C-1 to C-6, C-8 to C-12 through C-11, C-8 to C-17 through C-14, C-17 to C-21 through C-20, C-20 to C-23, and at C-25 to C-26 and C-27 (Figure 2). In addition, the irradiation of protons H$_\beta$-1 and H$_\alpha$-6 of 3 in the 1D TOCSY experiments gave the chemical shifts of neighboring protons: H$_\alpha$-1, H$_\alpha$-2, H-3, H$_\alpha$-4, and H$_2$-6; H$_2$-1, H$_\alpha$-2, H-3, H$_\alpha$-4, and H$_\beta$-6, respectively. In the HMBC spectrum the correlations H-4/C-3, C-5; H-6/C-5, C-7, C-8, C-10; H-8/C-9, C-14; H$_3$-18/C-12, C-13, C-14, C-17; H$_3$-19/C-1, C-5, C-9, C-10; and H$_3$-26/C-24, C-25, C-28, and, in the ROESY spectrum, the cross-peaks H$_\beta$-12/H$_2$-21; H$_\beta$-17/H-20; H$_3$-18/H-8, H$_\beta$-11, H-20, H$_2$-21; H$_3$-19/H$_\beta$-1, H$_\beta$-2, H$_\beta$-4, H-8; H-28/H$_2$-22, H$_2$-23; and H$'$-28/H-25, H$_3$-26, H$_3$-27 indicated a 3$\beta$,21-disulfoxy-7-oxo substitution in the $\Delta^{24(28)}$-24-methyl-5$\alpha$-
cholestane skeleton in 3 (Figures 2 and 3). Thus, the structure of 3 was determined as (20R)-7-oxo-24-methyl-5α-cholest-24(28)-ene-3β,21-diyl disulfate disodium salt. Evaluation of the intensities of the CH₃-18 and CH₃-19 signals in the ¹H- and ¹³C-NMR spectra showed a ratio 2 and 3 in the mixture of approximately 1:1 for with a slight advantage of 2.

Figure 3. Key ROESY correlations for compounds 2–5. Colors reveal the atoms of hydrogen (blue), oxygen (red), sulfur (yellow), and carbon (grey) and their bonds.
Solvolyis of the mixture of 2 and 3 in dioxane/pyridine afforded the mixture of desulfated derivatives 2a and 3a, which were separated by HPLC on YMC-Pack-Pro C18 column to give individual compounds. The molecular formula of desulfated steroid 2a was established to be C_{28}H_{46}O_{3} from the [M − H]^{−} ion peak at m/z 427.3215 in the (−)HRESIMS and from the [M + Na]^{+} sodium adduct ion peak at m/z 451.3175 in the (+)HRESIMS, respectively (Figure S15). Along with mass spectra, the presence of the proton and carbon signals characteristic of two angular methyl groups CH_{3}-18 (δ_{H} 0.73 s, δ_{C} 12.7) and CH_{3}-19 (δ_{H} 1.23 s, δ_{C} 17.8), an oxygenated methine CH-3 (δ_{H} 3.54 m, δ_{C} 71.2), a 5(6) double bond [δ_{H} 5.65 m; δ_{C} 169.1, 126.3], a 7-oxo group (δ_{C} 204.6), an oxygenated methylene CH_{2}-21 [δ_{H} 3.69 dd (f = 10.7, 4.2), 3.54 dd (f = 10.7, 5.5); δ_{C} 63.2], and a 24(28) double bond [δ_{H} 4.73 br s, 4.69 br d (f = 1.4); δ_{C} 157.8, 106.9], two secondary methyls CH_{3}-26 [δ_{H} 1.03 d (f = 6.8); δ_{C} 22.5] and CH_{3}-27 [δ_{H} 1.03 d (f = 6.8); δ_{C} 22.3] in the 1H- and 13C-NMR spectra revealed the structure of 2a as (20R)-7-oxo-24-methylcholesta-5,24(28)-dieno-3β,21-diol. The molecular formula of desulfated steroid 3a was established to be C_{28}H_{46}O_{3} from the [M − H]^{−} ion peak at m/z 429.3376 in the (−)HRESIMS and from the [M + Na]^{+} sodium adduct ion peak at m/z 453.3333 in the (+)HRESIMS, respectively (Figure S16). The 1H- and 13C-NMR spectra of 3a contained signals for two angular methyl groups CH_{3}-18 (δ_{H} 0.70 s, δ_{C} 12.8) and CH_{3}-19 (δ_{H} 1.11 s, δ_{C} 12.1), an oxygenated methine CH-3 (δ_{H} 3.52 m, δ_{C} 71.3), a 7-oxo group (δ_{C} 214.4), an oxygenated methylene CH_{2}-21 [δ_{H} 3.68 dd (f = 10.9, 3.8), 3.53 dd (f = 10.9, 5.6); δ_{C} 63.2], and a 24(28) double bond [δ_{H} 4.72 br s, 4.68 br d (f = 1.4); δ_{C} 157.5, 106.9], two secondary methyls CH_{3}-26 [δ_{H} 1.03 d (f = 6.7); δ_{C} 22.5] and CH_{3}-27 [δ_{H} 1.03 d (f = 6.7); δ_{C} 22.3] that matched structure 3a as (20R)-7-oxo-24-methylcholesta-5,24(28)-ene-3β,21-diol. All the proton and carbon signals belonging to 2a and 3a were derived from COSY, HSQC, HMBC, and ROESY experiments (Table 3, Figures S17–S29). The isolation of individual desulfated derivatives 2a and 3a additionally confirmed the structures of steroids 2 and 3.

The molecular formula of steroid 4 was established to be C_{28}H_{46}Na_{2}O_{3}S_{2} from the [M − Na]^{−} and [M − 2Na]^{2−} ion peaks at m/z 613.2483 and m/z 295.1304 in the (−)HRESIMS, respectively, and from the [M + Na]^{+} sodium adduct ion peak at m/z 659.2243 in the (+)HRESIMS (Figure S30). The presence of sulfate groups in 4 is confirmed by HRESIMS as well as by the presence of fragment ions at m/z 96.9604 [HSO_{4}]^{−}, 136.9909 [C_{3}H_{5}O_{4}S]^{−}, 191.0380 [C_{7}H_{12}O_{5}S]^{−}, 409.2047 [M − Na − NaHSO_{4} − C_{6}H_{12}], and 493.2987 [M − Na − NaHSO_{4}]^{−}. The detailed comparison of the 1H- and 13C-NMR spectroscopic data of compounds 4 and 3 revealed that the proton and carbon resonances belonging to the steroidal A, C, and D rings and side chains of 4 are close to those of 3, indicating the 3β-hydroxy substitution in tetracyclic nucleus and Δ^{24(28)}-21-sulfoxy-24-methyl-cholesterole side chain in 4, while the proton and carbon signals of the steroid B ring of 4 substantially differed from those of 3 (Tables 1 and 2, Figures S31 and S32). The absence of a carbon signal of the oxo group in the 13C-NMR spectrum of 4 in comparison with the 13C-NMR spectrum of 3 and the appearance of a triplet of doublets at δ_{H} 3.25 (f = 10.6, 5.2) in the 1H-NMR spectrum of 4 in comparison with the 1H-NMR spectrum of 3 indicated the presence of a hydroxyl function in the ring B. The attachment of the hydroxyl group at C-7 was deduced from proton and carbon correlations in the COSY, HSQC, and HMBC spectra (Figure 2 and Figures S33–S35). The key ROESY cross-peaks Hα-1/H-3, H-5, H-9; H-7/H-9; Hβ-12/H_{2a-21}; H-16/H_{17}; H_{12}-18/H-8, H-11, Hα-15, H-20, H_{2a-21}; and H_{12}-19/Hβ-1, Hβ-2, Hβ-4, Hβ-6; broad signal of H-3 and coupling constant f = 10.6 Hz of the triplet of doublets of axial proton H-7 confirmed the 3β,7β relative configurations of the oxygenated carbons in the Δ^{24(28)}-24-methyl-5α-cholestane skeleton in 4 (Figure 3 and Figure S36). As a result, the structure of 4 was established as (20R)-24-methyl-7β-hydroxy-5α-cholesta-24(28)-ene-3β,21-diyli disulfate disodium salt.
Table 3. $^1$H-(700.13 MHz) and $^{13}$C-(176.04 MHz) NMR chemical shifts of compounds 2a and 3a in CD$_3$OD, with $\delta$ in ppm and $J$ values in Hz.$^a$.

| Position | 2a            | 3a            | 2a            | 3a            |
|----------|---------------|---------------|---------------|---------------|
|          | $\delta_H$    | $\delta_C$    | $\delta_H$    | $\delta_C$    |
| 1$\beta$ | 1.98 m        | 37.6          | 1.77 m        | 37.3          |
| $\alpha$ | 1.22 m        |               | 1.03 m        |               |
| 2$\alpha$| 1.89 m        | 31.9          | 1.80 m        | 31.8          |
| $\beta$  | 1.61 m        |               | 1.46 m        |               |
| 3        | 3.54 m        | 71.2          | 3.52 m        | 71.3          |
| 4$\alpha$| 2.48 ddd (13.5, 4.6, 2.1) | 42.8          | 1.56 m        | 48.4          |
| $\beta$  | 2.39 ddd (13.5, 11.5, 2.0) |               | 1.44 m        |               |
| 5        |               | 169.1         | 1.48 m        | 169.1         |
| 6        | 5.65 m        | 126.3         | 2.45 t (13.0) | 47.0          |
|          |               |               | 1.92 ddd (13.0, 3.2) |               |
| 7        |               | 204.6         | –             | 214.4         |
| 8        | 2.31 dd (12.8, 10.8) | 46.6          | 2.47 t (12.1) | 51.1          |
| 9        | 1.51 m        | 51.6          | 1.08 m        | 57.0          |
| 10       | –             | 39.7          | –             | 37.2          |
| 11       | 1.64 m        | 22.3          | 1.62 m        | 22.9          |
|          |               |               | 1.56 m        |               |
| 12$\beta$| 1.97 m        | 39.3          | 1.92 m        | 39.4          |
| $\alpha$ | 1.19 m        |               | 1.14 m        |               |
| 13       | –             | 44.2          | –             | 43.6          |
| 14       | 1.32 m        | 51.3          | 1.40 m        | 50.4          |
| 15$\alpha$| 2.39 m        | 27.3          | 2.19 m        | 25.9          |
| $\beta$  | 1.28 m        |               | 1.01 m        |               |
| 16$\alpha$| 1.87 m        | 28.4          | 1.86 m        | 28.4          |
| $\beta$  | 1.39 m        |               | 1.37 m        |               |
| 17       | 1.45 m        | 50.6          | 1.45 m        | 50.9          |
| 18       | 0.73 s        | 12.7          | 0.70 s        | 12.8          |
| 19       | 1.23 s        | 17.8          | 1.11 s        | 12.1          |
| 20       | 1.51 m        | 43.2          | 1.50 m        | 43.2          |
| 21       | 3.69 dd (10.7, 4.2) | 63.2          | 3.68 dd (10.9, 3.8) | 63.2          |
|          | 3.54 dd (10.7, 5.5) |               | 3.53 dd (10.9, 5.6) |               |
| 22       | 1.63 m        | 29.4          | 1.61 m        | 29.3          |
|          | 1.44 m        |               | 1.43 m        |               |
| 23       | 2.15 m        | 32.3          | 2.13 m        | 32.3          |
|          | 1.98 m        |               | 1.97 m        |               |
| 24       | –             | 157.8         | –             | 157.5         |
| 25       | 2.25 quin     | 34.9          | 2.25 quin     | 34.9          |
| 26       | 1.03 d (6.8)  | 22.5          | 1.03 d (6.7)  | 22.5          |
| 27       | 1.03 d (6.8)  | 22.3          | 1.03 d (6.7)  | 22.3          |
| 28       | 4.73 br s     | 106.9         | 4.72 br s     | 106.9         |
|          | 4.69 br d (1.4) |               | 4.68 br d (1.4) |               |

$^a$ Assignments from 700.13 MHz COSY, HSQC, HMBC (8 Hz), and ROESY (250 msec) data.

The molecular formula of steroid 5 was established to be C$_{27}$H$_{42}$Na$_2$O$_8$S$_2$ from the [M − Na]$^-$ and [M − 2Na]$^{2-}$ ion peaks at m/z 581.2216 and m/z 279.1171 in the
was earlier obtained by stereospecific synthesis and shown to have a cytotoxic effect on tumor progress. The three-dimensional (3D cell culture) model is represented by spheroids, organization to a natural tumor, which is used for screening the potential anticancer activity. However, the cell growth in a monolayer does not reflect the true picture of tumor growth and proved to be the most effective system that is as close as possible in properties and in a living organism by many parameters, where interactions not only between the cells of the tumor but also with the surrounding extracellular matrix are of great importance in its development.

2.2. In Vitro Anticancer Activity of Compounds

Compound 1 undergoes changes only in the steroidal side chain in comparison with cholesterol sulfate by oxidation at C-21 followed by sulfation and introduction of a methylene group by SAM-methyltransferase at C-24 with loss of a proton. The introduction of a hydroxyl group at C-7 of ring B of the steroidal nucleus of 1 gives an intermediate. Oxidation of the hydroxyl group at C-7 in the intermediate leads to the formation of steroid disulfate 2, and reduction of the 5(6)-double bond leads to the formation of 4. The end product, obviously, is the steroid disulfate 3, which can be obtained from both compounds 2 and 4 (by oxidation or reduction). In compound 5, as well as in 1, there are no changes in the steroid nucleus, and only the side chain is modified by oxidation with the following sulfation at the C-22 position. 

Previously reported feeding experiments labeled with deuterium precursors have shown that polyhydroxysteroids and related steroidal glycosides of starfish are biosynthesized from dietary cholesterol and cholesterol sulfate [28]. Obviously, the precursors of the biosynthesis of steroidal disulfates 1–5 are presumably cholesterol or cholesterol sulfate. The biosynthesis of these compounds takes place with the participation of enzymatic systems such as oxygenases, NAD and NADP-dependent dehydrogenases, SAM-methyltransferase, etc. The following hypothetical pathways for the biosynthesis of compounds 2–4 are proposed. Compound 1 undergoes changes only in the steroidal side chain in comparison with cholesterol sulfate by oxidation at C-21 followed by sulfation and introduction of a methylene group by SAM-methyltransferase at C-24 with loss of a proton. The introduction of a hydroxyl group at C-7 of ring B of the steroidal nucleus of 1 gives an intermediate. Oxidation of the hydroxyl group at C-7 in the intermediate leads to the formation of steroid disulfate 2, and reduction of the 5(6)-double bond leads to the formation of 4. The end product, obviously, is the steroid disulfate 3, which can be obtained from both compounds 2 and 4 (by oxidation or reduction). In compound 5, as well as in 1, there are no changes in the steroid nucleus, and only the side chain is modified by oxidation with the following sulfation at the C-22 position.

2.2. In Vitro Anticancer Activity of Compounds 1–5

Currently, the main cellular model of cell biology is a two-dimensional (2D) monolayer. However, the cell growth in a monolayer does not reflect the true picture of tumor growth in a living organism by many parameters, where interactions not only between the cells of the tumor but also with the surrounding extracellular matrix are of great importance in its progression. The three-dimensional (3D cell culture) model is represented by spheroids, and proved to be the most effective system that is as close as possible in properties and organization to a natural tumor, which is used for screening the potential anticancer...
drugs [29]. So, the cytotoxic activity of 1, 4, and 5 and the mixture of 2 and 3 was determined on the models of 2D and 3D cultures of human epithelial kidney cells (HEK293), melanoma cells (SK-MEL-28), small intestine carcinoma cells (HuTu80), and breast carcinoma cells (ZR-75-1) using the MTS method.

The investigated compounds 1–5 were determined to possess moderate cytotoxic activity against normal and cancer cells with the greater impact of the mixture of 2 and 3. It was found that this mixture inhibited the cell viability of 2D HEK293, SK-MEL-28, HuTu80, and ZR-75-1 by 28, 33, 34, and 55%, respectively, at a concentration of 100 µM after 24 h of treatment (Figure 4A–D). The concentration of the mixture of 2 and 3, which caused inhibition of 50% cell viability (IC₅₀) was established against more sensitive breast carcinoma cells ZR-75-1 as 90.4 µM (Figure 4D). The IC₅₀ of doxorubicin (Doxo), used as a positive control, was 35.7, 40.0, 11.2, and 19.2 µM against 2D HEK293, SK-MEL-28, HuTu80, and ZR-75-1, respectively (Figure 4A–D).

**Figure 4.** The cytotoxic effect of compounds 1–5 on the model of 2D (A) HEK293, (B) SK-MEL-28, (C) HuTu80, and (D) ZR-75-1 cells. Cells monolayer was treated with Doxo at concentrations of 5, 25, 50, and 100 µM or 1, 4, and 5 and the mixture of 2 and 3 at concentrations of 10, 50, and 100 µM and incubated for 24 h. Cell viability was assessed using the MTS test. Data are presented as means ± standard deviation, as determined in three experiments.

The investigated compounds insignificantly affect the size of the spheroids but inhibit their viability to varying degrees (Figure 5A–C). It was determined that the mixture of 2 and 3 inhibited viability of SK-MEL-28, HuTu80, and ZR-75-1 spheroids by 16, 36, and 51%, respectively, at 100 µM after 24 h of treatment. As in the case of 2D culture cells, ZR-75-1 spheroids were the most sensitive to the cytotoxic action of the mixture of 2 and 3. IC₅₀ of Doxo was 30.9 µM and 21.9 µM against HuTu80 and ZR-75-1, respectively.

It should be noted that 3D cell cultures were more resistant to the action of compounds than 2D cultures, which can be explained by dynamic cellular interactions between neighboring cells in spheroids. Moreover, the increased resistance of 3D spheroids may be associated with limited diffusion of the tested substances into the spheroid and hypoxia of cells within the spheroid, which leads to the activation of genes involved in cell survival and the formation of drug resistance [30].

In summary, the results of the present study described the significant inhibiting effect of the mixture of compounds 2 and 3 on the cell viability of human breast carcinoma cells ZR-75-1 in 2D and 3D cell culture models and may contribute to the development of effective chemotherapeutic methods for cancer treatment.
Figure 5. The cytotoxic effect of compounds 1–5 on the model of 3D (A) SK-MEL-28, (B) HuTu80, and (C) ZR-75-1 cells. Spheroids were treated with Doxo at concentrations of 5, 25, 50, and 100 µM or 1, 4, and 5 and the mixture of 2 and 3 at concentrations of 10, 50, and 100 µM and incubated for 24 h. Cell viability was assessed using the MTS test. Data are presented as means ± standard deviation, as determined in three experiments. Photographs (n = 6 for controls or cells treated with polysaccharides or derivatives, where n = number of photographs) of each spheroid were taken with the ZOE™ Fluorescent Cell Imager. Spheroids were analyzed using ImageJ software.

3. Materials and Methods

3.1. General Procedures

Optical rotations were determined on a Perkin-Elmer 343 polarimeter (PerkinElmer, Waltham, MA, USA). The 1H- and 13C-NMR spectra were recorded on a Bruker Avance III 700 spectrometer (Bruker BioSpin, Bremen, Germany) at 700.13 and 176.04 MHz, respectively. Chemical shifts (ppm) were internally referenced to the corresponding residual solvent signals at δH 3.30/δC 49.0 for CD3OD. HRESIMS mass spectra were recorded on a Bruker Impact II Q-TOF mass spectrometer (Bruker, Bremen, Germany); the samples were dissolved in MeOH (c 0.001 mg/mL). HPLC separations were carried out on an Agilent 1100 Series chromatograph (Agilent Technologies, Santa Clara, CA, USA), equipped with a differential refractometer; Discovery C18 (5 µm, 250 × 10 mm, Supelco, Bellefonte, PA, USA) and YMC-Pack Pro C18 (5 µm, 250 × 4.6 mm, YMC CO., LTD., Kyoto, Japan) columns were used. Low-pressure column liquid chromatography was performed using Polychrom 1 (powdered Teflon, 0.25–0.50 mm; Biolar, Olaine, Latvia) and silica gel KSK (50–160 µm, Sorbpolimer, Krasnodar, Russia). Sorbfil silica gel plates (4.5 × 6.0 cm, 5–17 µm, Sorbpolimer, Krasnodar, Russia) were used for thin-layer chromatography.

3.2. Animal Material

Specimens of *Pteraster marsippus* Fisher, 1910 (order Velatida, family Pterasteridae) were collected at a depth of 84–88 m using a small trawl off Urup Island in the Sea of Okhotsk (45.5280 N, 149.4230 E) during the research vessel *Akademik Oparin* 51th scientific cruise in May 2017. Species identification was carried out by Mr. B.B. Grebnev (G.B. Elyakov Pacific Institute of Bioorganic Chemistry of the FEB RAS, Vladivostok, Russia). A
voucher specimen [no. 051-039] is on deposit at the marine specimen collection of the G.B. Elyakov Pacific Institute of Bioorganic Chemistry of the FEB RAS, Vladivostok, Russia.

3.3. Extraction and Isolation

Freshly collected specimens of *P. marsippus* were frozen and stored at −21 °C until used. The frozen animals (2.1 kg) were cut into small pieces and extracted twice with EtOH at room temperature (2.0 L/kg). The extract was evaporated and the residue (150 g) was dissolved in H$_2$O (1.0 L). The H$_2$O-soluble fraction was passed through a Polychrom 1 column (8 × 62 cm) and eluted with distilled H$_2$O until a negative chloride ion reaction was obtained, followed by elution with 50% aq. EtOH. The combined aq. EtOH eluate was evaporated to give a brownish residue (6.0 g). This fraction was chromatographed over a Si gel column (6.5 × 15 cm) using CHCl$_3$/EtOH (stepwise gradient, 4:1 to 1:2, v/v), EtOH, and EtOH/H$_2$O (9:1, v/v) and rechromatographed over a Florisil column (7 × 15 cm) using CHCl$_3$/EtOH (stepwise gradient, 2:1 to 1:1, v/v) to yield eleven main fractions (1–11) that were analyzed by TLC on Si gel plates in the eluent systems toluene/EtOH (9:5, v/v) and n-BuOH/EtOH/H$_2$O (4:1:2, v/v/v). Fractions 5 and 7 contained the mixtures of sulfated steroids. HPLC separation of fraction 5 (194 mg) on a Discovery C18 column with 54% aq. EtOH (2.0 mL/min) as an eluent system followed by the further separation on the same column with 62% aq. MeOH (2.0 mL/min) as an eluent system yielded pure 1 (1.1 mg, $t_R$ 18.8 min). HPLC separation of fraction 7 (297 mg) on a Discovery C18 column with 60% aq. MeOH (2.0 mL/min) as an eluent system followed by the further separation on a YMC-Pack Pro C18 column with 60% aq. MeOH (0.6 mL/min) as an eluent system gave the mixture of 2 and 3 (16.1 mg, $t_R$ 12.8 min), pure 4 (2.3 mg, $t_R$ 8.5 min) and 5 (1.5 mg, $t_R$ 16.5 min).

3.4. Compound Characterization Data

(20R)-24-Methylcholesta-5,24(28)-dien-3β,21-diyi disulfate disodium salt (1): Colorless amorphous powder; [α]$_D^{25}$: −14.5 (c 0.11, MeOH); (−)HRESIMS m/z 595.2388 [M − Na]$^-$ (calcd for C$_{28}$H$_{41}$NaO$_8$S$_2$, 595.2381); (−)HRESIMS m/z 286.1253 [M − 2Na]$^-$ (calcd for C$_{28}$H$_{44}$O$_7$S$_2$, 286.1244); (+)HRESIMS m/z 641.2154 [M + Na]$^+$ (calcd for C$_{28}$H$_{44}$Na$_3$O$_8$S$_2$, 641.2165); HRESIMS/MS of the [M − 2Na]$^-$ ion at m/z 286.1253: 475.2898 [M − Na − NaHSO$_4$]$^-$, 459.2584 [M − Na − NaHSO$_4$ − CH$_4$]$^-$, 391.1958 [M − Na − NaHSO$_4$ − C$_6$H$_{12}$]$^-$, 136.9917 [C$_3$H$_5$O$_3$S]$^-$, 96.9610 [HSO$_4$]$^-$; $^1$H-NMR data (see Table 1); $^{13}$C-NMR data (see Table 2).

(20R)-7-Oxo-24-methylcholesta-5,24(28)-dien-3β,21-diyi disulfate disodium salt (2): Colorless amorphous powder; the mixture of 2 and 3 [α]$_D^{25}$: −28.8 (c 0.82, MeOH); (−)HRESIMS m/z 609.2177 [M − Na]$^-$ (calcd for C$_{28}$H$_{43}$NaO$_8$S$_2$, 609.2173); (−)HRESIMS m/z 293.1148 [M − 2Na]$^-$ (calcd for C$_{28}$H$_{43}$O$_7$S$_2$, 293.1141); (−)HRESIMS m/z 655.1943 [M + Na]$^+$ (calcd for C$_{28}$H$_{44}$Na$_3$O$_8$S$_2$, 655.1958); HRESIMS/MS of the [M − 2Na]$^-$ ion at m/z 293.1148: 489.2682 [M − Na − NaHSO$_4$]$^-$, 405.1745 [M − Na − NaHSO$_4$ − C$_6$H$_{12}$]$^-$, 136.9917 [C$_3$H$_5$O$_3$S]$^-$, 96.9612 [HSO$_4$]$^-$; $^1$H-NMR data (see Table 1); $^{13}$C-NMR data (see Table 2).

(20R)-7-Oxo-24-methyl-5α-cholesta-24(28)-ene-3β,21-diyi disulfate disodium salt (3): Colorless amorphous powder; the mixture of 2 and 3 [α]$_D^{25}$: −28.8 (c 0.82, MeOH); (−)HRESIMS m/z 611.2299 [M − Na]$^-$ (calcd for C$_{28}$H$_{44}$NaO$_8$S$_2$, 611.2303); (−)HRESIMS m/z 294.1222 [M − 2Na]$^-$ (calcd for C$_{28}$H$_{44}$O$_7$S$_2$, 294.1219); (−)HRESIMS m/z 657.2177 [M + Na]$^+$ (calcd for C$_{28}$H$_{44}$Na$_3$O$_8$S$_2$, 657.2114); HRESIMS/MS of the [M − 2Na]$^-$ ion at m/z 294.1222: 491.2825 [M − Na − NaHSO$_4$]$^-$, 407.1891 [M − Na − NaHSO$_4$ − C$_6$H$_{12}$]$^-$, 136.9917 [C$_3$H$_5$O$_3$S]$^-$, 96.9612 [HSO$_4$]$^-$; $^1$H-NMR data (see Table 1); $^{13}$C-NMR data (see Table 2).

(20R)-24-Methyl-7β-hydroxy-5α-cholesta-24(28)-ene-3β,21-diyi disulfate disodium salt (4): Colorless amorphous powder; [α]$_D^{25}$: +9.6 (c 0.23, MeOH); (−)HRESIMS m/z 613.2483 [M − Na]$^-$ (calcd for C$_{28}$H$_{46}$NaO$_8$S$_2$, 613.2486); (−)HRESIMS m/z 295.1304 [M − 2Na]$^-$ (calcd for C$_{28}$H$_{46}$O$_7$S$_2$, 295.1297); (−)HRESIMS m/z 569.3384 [M + Na]$^+$ (calcd for
C₂₈H₄₆Na₃O₈S₂, 659.2271); HRESIMS/MS of the [M – 2Na]²⁻ ion at m/z 295.1304: 493.2987 [M – Na – NaHSO₄]⁻, 409.2047 [M – Na – NaHSO₄ – C₆H₁₂], 191.0380 [C₇H₁₂O₃]⁻, 136.9909 [C₅H₇O₃S]⁻, 96.9604 [HSO₄]⁻. ¹H-NMR data (see Table 1); ¹³C-NMR data (see Table 2).

(20S)-Cholesta-5,24-diene-3β,22-diyl disulfate disodium salt (5); Colorless amorphous powder; [α]D 25°: −14.0 (c 0.15, MeOH); (−)HRESIMS m/z 581.2216 [M – Na]⁻ (calcd for C₂₇H₄₂NaO₈S₂, 581.2224); (−)HRESIMS m/z 279.1171 [M – 2Na]²⁻ (calcd for C₂₇H₄₂O₈S₂, 279.1166); (+)HRESIMS m/z 627.1993 [M + Na]⁺ (calcd for C₂₇H₄₂NaO₈S₂, 627.2009); HRESIMS/MS of the [M – 2Na]²⁻ ion at m/z 279.1171: 461.2722 [M – Na – NaHSO₄]⁻, 409.2041 [M – Na – NaHSO₄ – C₅H₇]⁻, 96.9601 [HSO₄]⁻. ¹H-NMR data (see Table 1); ¹³C-NMR data (see Table 2).

3.5. Solvolysis of the Mixture of 2 and 3

A solution of the mixture of 2 and 3 (5.0 mg) in 2 mL of dioxane/pyridine (1:1) was heated at 100 °C for 4 h. The reaction mixture was evaporated under reduced pressure and separated by HPLC on a YMC-Pack Pro C18 column with 80% aq. MeOH (0.7 mL/min) as an eluent system to give pure desulfated derivatives 2a (0.5 mg, tR 40.6 min) and 3a (0.4 mg, tR 39.6 min).

(20R)-7-Oxo-24-methylcholesta-5,24(28)-diene-3β,21-diol (2a); Colorless amorphous powder; [α]D 25°: −38.0 (c 0.05, MeOH); (−)HRESIMS m/z 427.3215 [M – H]⁻ (calcd for C₂₉H₄₃O₃, 427.3218); (+)HRESIMS m/z 451.3175 [M + Na]⁺ (calcd for C₂₉H₄₃NaO₃, 451.3183); ¹H- and ¹³C-NMR data (see Table 3).

(20R)-7-Oxo-24-methyl-5α-cholest-24(28)-ene-3β,21-diol (3a); Colorless amorphous powder; [α]D 25°: −5.0 (c 0.04, MeOH); (−)HRESIMS m/z 429.3376 [M – H]⁻ (calcd for C₂₉H₄₃O₃, 429.3374); (+)HRESIMS m/z 453.3333 [M + Na]⁺ (calcd for C₂₉H₄₆NaO₃, 453.3339); ¹H- and ¹³C-NMR data (see Table 3).

3.6. Bioactivity Assay

3.6.1. Cell Lines

American Type Culture Collection (Manassas, VA, USA) provided human epithelial kidney cells HEK293 (ATCC® no. CRL-1573™) and melanoma cells SK-MEL-28 (ATCC® no. HTB-72™). Human small intestine carcinoma cells HuTu80 and breast carcinoma cells ZR-75-1 were obtained from the Shared Research Facility’s Vertebrate cell culture collection (Saint-Petersburg, Russia).

3.6.2. Cell Culture Conditions

HEK293 and SK-MEL-28 cells were cultured in Dulbecco’s Modified Eagle Medium (DMEM), HuTu80 cells were maintained in Minimum Essential Medium (MEM), and ZR-75-1 cells were cultured in Roswell Park Memorial Institute Medium (RPMI-1640) in a humidified 5% CO₂ incubator. The culture medium was supplemented with 10% of fetal bovine albumin (FBS), 100 mg/mL streptomycin, and 100 U/mL penicillin. At 90% confluence, cells were rinsed with PBS, detached from the tissue culture flask by 0.25% trypsin/0.5 mM EDTA, and 10–20% of the harvested cells were transferred to a new flask containing fresh complete appropriate medium. The passage number was carefully controlled and the mycoplasma contamination was monitored on a regular basis.

3.6.3. Preparation of Compounds for the Determination of Cytotoxic Activity

Compounds 1, 4, and 5 and the mixture of 2 and 3 were dissolved in sterile dimethyl sulfoxide (DMSO) to prepare stock concentrations of 20 mM. Cells were treated with serially diluted 1–5 (10, 50, 100 µM) (culture medium used as diluent) (final concentration of DMSO was less than 0.5%).

Doxorubicin (Doxo) (Teva Pharmaceutical Industries, Ltd., Petah Tikva, Israel) was dissolved in sterile PBS to prepare stock concentrations of 10 mM. Cells were treated with serially diluted Doxo (5, 25, 50, 100 µM) (culture medium used as diluent).
The vehicle control is the cells treated with the equivalent volume of DMSO (final concentration was less than 0.5%) for all of the presented experiments.

3.6.4. Formation of 3D Spheroids by Liquid Overlay Technique (LOT)

SK-ME-28, HuTu80, and ZR-75-1 spheroids were formed by the liquid overlay technique (LOT) method with slight modifications. Briefly, to create non-adherent surfaces for the efficient spheroids’ formation, 50 µL of preheated (60 °C) agarose (1.5%) was overlaid the bottom of 96-well plates and left to solidify for 1 h at room temperature under sterile conditions.

SK-MEL-28 cells (5.0 × 10^3), HuTu80 (3.0 × 10^3), and ZR-75-1 (3.0 × 10^3) were inoculated in an agarose layer and cultured in 200 µL of a complete appropriate culture medium for 96 h at 37 °C in a 5% CO_2 incubator. An image of each spheroid was made with a ZOE™ Fluorescent Cell Imager (Bio Rad, Hercules, CA, USA). ImageJ software bundled with 64-bit Java 1.8.0_112 (NIH, Bethesda, MD, USA) was used to measure the spheroid integrity, diameter, and volume.

3.6.5. Cytotoxic Activity Assay (MTS)

2D Cell Culture (Monolayer)

HEK293 (0.8 × 10^3/200 µL), SK-MEL-28 (0.8 × 10^3/200 µL), HuTu80 (1.0 × 10^3/200 µL), and ZR-75-1 (1.2 × 10^3/200 µL) cells were seeded into 96-well plates (Jet Biofil, Guangzhou, China) for 24 h at 37 °C in a 5% CO_2 incubator. Then cell monolayer was treated either with DMSO (control), Doxo (positive control) (5, 25, 50, 100 µM) or various concentrations of compounds 1, 4, and 5 and the mixture of 2 and 3 (10, 50, 100 µM) in fresh appropriate culture medium for 24 h. Subsequently, the cells were incubated with 15 µL of 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium (MTS reagent) (Promega, Madison, WI, USA) for 3 h, and the absorbance of each well was measured at 490/630 nm using Power Wave XS microplate reader (BioTek, Wwynsuky, VT, USA). The concentration at which the compounds exert half of its maximal inhibitory effect on cell viability (IC_{50}) was calculated by the AAT-Bioquest® online calculator [31].

3D Cell Culture (Spheroids)

The spheroids were treated by replacing 100 µL of supernatant with a complete medium containing DMSO (control), Doxo (positive control) at 5, 25, 50, 100 µM or compounds 1, 4, and 5 and the mixture of 2 and 3 at 10, 50, 100 µM for 24 h. Then, 15 µL of 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium (MTS reagent) (Promega, Madison, WI, USA) was added to each well with spheroids and incubated for 3 h at 37 °C in a 5% CO_2 incubator. The absorbance of each well was measured at 490/630 nm using Power Wave XS microplate reader. A photo of the 3D spheroids (40 × 200 µm scale) was made with the aid of a microscope Motic AE 20 (XiangAn, Xiamen 361101, China) and the ImageJ software.

3.6.6. Statistical Analysis

All of the assays were performed in at least three independent experiments. Results are expressed as the mean ± standard deviation (SD). The Student’s t-test was used to evaluate the data with the following significance levels: * p < 0.05, ** p < 0.01, *** p < 0.001.

4. Conclusions

Three new 3β,21-disulfated steroids and one new 3β,22-disulfated steroid, along with a previously known related compound, were isolated from the Far Eastern starfish P. marsippus, and their chemical structures were established. Two steroids have an oxo-group at position C-7 in steroid nucleus; moreover, one of them additionally includes the conjugated 5,6-double bond. The Δ24-22-sulfoxycholestane side chain, indicated in another new steroid, has not been earlier found in starfish and ophiuroid steroidal compounds.
Thus, in one more species of starfish, *P. marsippus*, belonging to the Pterasteridae family, like the previously studied six species of starfish of the same family, disulfated steroids of «the ophiuroid type» were found. It should be noted that the polyhydroxylated compounds and asterosaponins common in starfish were absent in the *P. marsippus* as well as in the previously studied species of this family. This fact once again confirms the assumption about a closer phylogenetic relationship between Asteroidea and Ophiuroidea classes compared to other classes of Echinodermata. The mixture of two steroids, having an oxo-group at position C-7 in steroid nucleus, was found to possess the highest cytotoxic activity against 2D and 3D human breast carcinoma cells ZR-75-1 among other investigated by us compounds and can be a candidate for further examination of the molecular mechanism of its anticancer action.

### Supplementary Materials
The following are available online at [https://www.mdpi.com/article/10.3390/md20030164/s1](https://www.mdpi.com/article/10.3390/md20030164/s1), Copies HRESIMS (Figures S1, S14–S18, S31 and S38), 1H-NMR (Figures S2, S8, S19, S25, S32, and S39), 13C-NMR (Figures S3, S9, S20, S26, S33, and S40), COSY (Figures S4, S10, S21, S27, S34, and S41), HSQC (Figures S5, S11, S22, S28, S20, S35, and S42), HMBC (Figures S6, S12, S23, S29, S36, and S43), and ROESY (Figures S7, S13, S24, S30, S37, and S44) spectra of compounds 1, the mixture of 2 and 3, 2a, 3a, 4, and 5, respectively. COSY, key HMBC, and key ROESY correlations of compounds 2a and 3a (Figure S18).

### Author Contributions
Conceptualization, A.A.K. and O.S.M.; data curation, A.I.K. and R.S.P.; funding acquisition, V.A.S.; investigation, A.A.K., A.I.K., O.S.M. and R.S.P.; methodology, A.A.K., A.I.K., T.V.M., O.S.M., R.S.P. and N.V.I.; writing—original draft, A.A.K. and O.S.M.; writing—review and editing, T.V.M., S.P.E., V.A.S. and N.V.I. All authors have read and agreed to the published version of the manuscript.

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### Conflicts of Interest
The authors declare no conflict of interest.

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