The magnetic obliquity of accreting T Tauri stars

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ABSTRACT

Classical T Tauri stars (CTTSs) accrete material from their discs through their magnetospheres. The geometry of the accretion flow strongly depends on the magnetic obliquity, i.e. the angle between the rotational and magnetic axes. We aim at deriving the distribution of magnetic obliquities in a sample of 10 CTTSs. For this, we monitored the radial velocity variations of the He I λ5876 Å line in these stars’ spectra along their rotational cycle. He I is produced in the accretion shock, close to the magnetic pole. When the magnetic and rotational axes are not aligned, the radial velocity of this line is modulated by stellar rotation. The amplitude of modulation is related to the star’s projected rotational velocity, $v \sin i$, and the latitude of the hotspot. By deriving $v \sin i$ and He I λ5876 radial velocity curves from our spectra, we thus obtain an estimate of the magnetic obliquities. We find an average obliquity in our sample of 11.4° with an rms dispersion of 5.4°. The magnetic axis thus seems nearly, but not exactly aligned with the rotational axis in these accreting T Tauri stars, somewhat in disagreement with studies of spectropolarimetry, which have found a significant misalignment (≥20°) for several CTTSs. This could simply be an effect of low number statistics, or it may be due to a selection bias of our sample. We discuss possible biases that our sample may be subject to. We also find tentative evidence that the magnetic obliquity may vary according to the stellar interior and that there may be a significant difference between fully convective and partly radiative stars.

Key words: accretion, accretion discs – techniques: spectroscopic – stars: magnetic field – stars: variables: T Tauri, Herbig Ae/Be.

1 INTRODUCTION

The accretion of circumstellar disc material on to young, low-mass stars known as T Tauri stars is believed to be strongly mediated by the stellar magnetic field. These actively accreting T Tauri stars are often referred to as classical T Tauri stars (CTTSs), as opposed to the non-accreting weak-line T Tauri stars (WTTSs). Magnetospheric accretion models predict that the stellar magnetosphere of a CTTS interacts with the inner accretion disc at a few stellar radii, truncating the inner disc (Shu et al. 1994; Romanova et al. 2002). At this region, circumstellar disc material is lifted above the disc mid-plane and falls on to the star following the magnetic field lines, forming what are known as accretion funnel flows or accretion columns (Bessolaz et al. 2008). When the material travelling at free-fall velocities collides with the stellar surface, accretion shocks are formed near the stellar surface. These shocks produce an excess continuum flux (Calvet & Gullbring 1998) and narrow components (NCs) in emission lines such as He I and the Ca II triplet (e.g. Dodin & Lamzin 2012), which are observed in T Tauri spectra (Joy 1945; Appenzeller, Jankovics & Jetter 1986; Hamann & Persson 1992). The excess emission flux often veils a T Tauri star’s spectrum, making the photospheric absorption lines appear shallower (Joy 1949; Rydgren, Strom & Strom 1976; Hartigan et al. 1989).

Magnetohydrodynamics (MHD) simulations have shown that both the strength of the large-scale stellar magnetic field and the magnetic obliquity, i.e. the tilt between the axis of the stellar magnetic field and the stellar rotation axis, affect the geometry of the accretion flow (see e.g. Kurosawa & Romanova 2013). The magnetic obliquity therefore influences the star–inner disc interaction and has implications on the formation of inner disc warps (Romanova et al. 2013), as well as on the formation and migration of planets in the inner disc region (few 0.1 au from the star). To better understand its role in the star–disc interaction, it is important to measure the magnetic obliquity of a number of CTTSs. However, to do this normally requires mapping stellar magnetic field geometries using spectropolarimetry and Zeeman Doppler Imaging (ZDI; Donati et al. 1997), a technique that is time-consuming and requires the use of large telescopes. It has therefore only been performed on a small number of CTTSs, making a statistical analysis impracticable.

If we are interested in studying only the magnetic obliquity, and not the strength or complexity of the stellar magnetic field, there is a more cost-effective way to do this without the need to derive full stellar magnetic field configurations. Several CTTSs show narrow He I λ5876 Å emission with redshifts of a few km s$^{-1}$, which is believed to originate from the post-shock region, where the gas has been considerably decelerated. This line often shows radial velocity variations that may be periodically modulated by the star’s rotation. In these cases, the amplitude of this variability $\Delta V_{\text{rad}}$(He I) is directly related to the cosine of the latitude $l$ of the accretion shock through the simple formula (Bouvier et al. 2007):

$$\Delta V_{\text{rad}}(\text{He I}) = 2 v \sin i \cos l,$$

where $v$ is the stellar surface rotation speed, $i$ is the angle between the magnetic and rotational axes, and $l$ is the latitude of the accretion shock.
where $v\sin i$ is the projected stellar rotational velocity, which can be measured directly in an observed spectrum. Observations of CTTS magnetic fields using spectropolarimetry have shown that these accretion shocks form within a few degrees of the magnetic poles (e.g. Donati et al. 2008, 2010b, 2011a). Therefore by measuring the latitude of these shocks in CTTSs, their magnetic obliquities can be inferred without the need of direct magnetic field measurements. Fig. 1 illustrates this scenario, where a hotspot at latitude $l$ on the surface of a star (observed at an inclination $i$) traces the magnetic obliquity (represented by the angle $\Theta$).

As many other emission lines associated with accretion on to a young star, the He I $\lambda$5876 line is often composed of more than one component. Beristain, Edwards & Kwan (2001) studied a number of He I profiles in CTTSs and found that they often present an NC and a broad component (BC). It is the NC that is believed to arise in the post-shock region, near the stellar surface, while the BC seems to have a composite origin. Beristain et al. (2001) found that the BC is sometimes observed blueshifted, in which case they attribute it to emission from a hot wind. When it is redshifted, they attribute it to emission from the accretion columns. Since all of these phenomena tend to be dynamic, these components will generally all be variable in their own way. Therefore in order to study one phenomenon or the other, it is important to either study systems that are dominated by one component, or to properly disentangle them. In this study, we attempt to do both.

We propose here to estimate the magnetic obliquity of a sample of well-known accreting T Tauri stars in the Taurus–Auriga star-forming region, using the radial velocity variations of the NC of the He I $\lambda$5876 line. We describe our observations in Section 2 and the method we use to derive hotspot latitudes in Section 3. The results obtained for each object are detailed in Section 4. We discuss our main findings in Section 5 and summarize our conclusions in Section 6.

## 2 OBSERVATIONS

Observations were carried out from 2011 November 18 to 28, at Observatoire de Haute-Provence using the SOPHIE spectrograph (Perruchot et al. 2008) in high-efficiency mode, which delivers a spectral resolution of $R \sim 40000$. The sample consists of 10 accreting T Tauri stars (CTTS) and a control sample of two non-accreting T Tauri stars (WTTS). A total of 162 spectra were obtained, comprising between 10 and 16 spectra for each source in the CTTS sample over eight nights (November 21–28), with up to 26 spectra for T Tauri itself over 11 nights (November 18–28), and 5–7 spectra for each of the two WTTS of the control sample over the same time frame. The Journal of Observations is given in Table 1. Depending on the source brightness, exposure times varied between 137 (e.g. T Tau) and 4410 s (e.g. IP Tau). The resulting signal-to-noise ratio ($S/N$) at the continuum level around 600 nm ranges from 15 to 50, with 2/3 of the spectra having $S/N \geq 30$.

The raw spectra were fully reduced at the telescope by the SOPHIE real-time pipeline (Bouchy et al. 2009). The data products include a resampled 1D spectrum with a constant wavelength step of 0.01 Å, corrected for barycentric radial velocity, an order-by-order estimate of the $S/N$ ratio, and a measurement of the source radial velocity, $V_{rad}$, and projected rotational velocity, $v\sin i$. These were derived from a cross-correlation analysis between the spectrum and a spectral mask template, either a G2 or a K5 mask, depending on the source’s spectral type (e.g. Melo, Pasquini & De Medeiros 2001; Boisse et al. 2010). We list the values of these parameters in Table 1 and use them for the subsequent analysis. The error quoted on $V_{rad}$ and $v\sin i$ in Table 1 is the standard deviation of individual measurements. While the latter are usually accurate to within a fraction of a km s$^{-1}$, the photospheric line profile variability induced by surface spots and/or the accretion flow in young stars yields much larger uncertainties (e.g. Petrov et al. 2001). The cross-correlation profiles themselves are presented in the online material and their night-to-night variations discussed there. All 1D spectra were normalized to a continuum level of unity in the spectral region of interest. This was done using an IDL routine that identifies the continuum of a portion of the spectrum and fits a polynomial (of fourth or fifth order, depending on the curvature of the spectrum) through it. The continuum is identified by first manually excluding regions with emission lines, then taking only the points with the 20 per cent highest intensities in order to exclude absorption lines. The portion of the spectrum of interest is then divided by the function that fits the continuum, resulting in normalized spectra. The final normalized spectra are shown in the online supplementary material.

## 3 SPECTRAL ANALYSIS: LINE PROFILE DOPPLER SHIFTS

We aim at measuring Doppler shifts on the He I $\lambda$5876 line as a function of rotational phase. The line profiles for our stellar sample are shown in Fig. 2. With the exception of V826 Tau, which has very weak He I emission that is only measurable in one observation, we see that the He I line is observed in emission on every night for every star in this sample. This may seem unexpected if this emission comes from a rotationally modulated hotspot, since we would expect the spot to be behind the star in at least some epochs. We do note, however, that several stars show a significant decrease in the He I line flux during certain epochs (this can be seen in Fig. 2). This could occur if the spot passes behind the star, but a small portion of it always remains visible, because of the system inclination and spot latitude. Studies of ZDI have shown that it is common for the hotspot to be found at high latitudes (e.g. Donati et al. 2008, 2010b, 2011a), which would indeed lead them to be observable during most of the rotational cycle.

To measure the Doppler shift on each night, we first define a reference profile for each star, to which the profiles from each night are compared. We initially used as reference the line profile with the best $S/N$ and performed the analysis described in this section to find the shifts between this and all other profiles obtained from the spectral series of that star. We then shifted each of these $N$ line profiles in velocity space so they would coincide as closely as possible with each other. We take the mean of these $N$ shifted profiles as the final reference. This is done so as to obtain a mean line profile without artificially broadening it by combining lines at slightly different radial velocities.
The line profile of each night is intensity scaled by a factor \( k \) and Doppler shifted by an amount of \( \delta \lambda \) in order to fit the reference profile (see Fig. 3). For each spectrum in the series, the best-fitting parameters, \( \nu, \delta \lambda \), are obtained by minimizing the quantity

\[
\chi^2(k, \delta \lambda) = \sum_{i=1}^{n} w_i \left[ \frac{k (I(\lambda_i + \delta \lambda) - (< I(\lambda_i) > - 1))^2}{(n - 2) \sigma_{\text{cont}}^2} \right],
\]

where \( n \) is the number of spectral pixels over the line profile, \( w_i \) is the weight applied to each pixel, \( k \) is a scaling factor that accounts for line intensity variations, \( I(\lambda) \) the intensity of the individual profile, \( \delta \lambda \) the Doppler shift, \(< I(\lambda) >= \) the intensity of the reference profile, and \( \sigma_{\text{cont}} \) is the rms noise of the spectrum at the continuum level next to the line. The summation runs over \( \pm 2.5 \sigma \) from the line centre, where \( \sigma \) is the standard deviation of a Gaussian fit to the average line profile.

A first guess to the scaling factor \( k \) is provided by the ratio between the maximum intensity of the average and individual profiles. The scaling parameter is allowed to vary within 20 per cent of their ratio in 30 incremental steps. Doppler shifts are explored over a range of \( \pm 25 \) km s\(^{-1}\), with a spectral pixel step of 0.01 Å, corresponding to \( \sim 0.5 \) km s\(^{-1}\). Weights, \( w_i \), which are chosen to scale as a Gaussian function (determined via a Gaussian fit to the reference profile), are applied to the \( \chi^2 \) calculation of each profile, in order to effectively increase the importance of the line core relative to the wings during the fitting procedure.\(^1\) For each profile, maps of \( \chi^2(k, \delta \lambda) \) are computed and the location of the deepest \( \chi^2 \) minimum is found. As the two model parameters are independent, the \( \chi^2 \) surface is a shallow valley, whose main axis lies along the \( k \) dimension (see Fig. 3). We therefore proceed to obtain a subpixel estimate of the location of the \( \chi^2 \) minimum in the \( (k, \delta \lambda) \) grid by extracting a cut of the \( \chi^2 \) surface perpendicular to the \( k \) direction around the deepest minimum. The \( \chi^2(\delta \lambda) \) curve thus obtained is resampled and a subpixel estimate of its centroid is derived to provide the final estimate on \( \delta V_{\text{rad}} \), the Doppler shift between the individual and average He I line profiles (see Fig. 3). Finally, the 1σ uncertainty on \( \delta V_{\text{rad}} \) is derived along the \( \chi^2(\delta \lambda) \) curve at the location where \( \chi^2 = \chi^2_{\min} + 1 \) (Press et al. 1992). The whole procedure is illustrated in Fig. 3.

Care must be taken when using this procedure on the stars whose He I 5876 line profiles show more than one component, which is the case for DE Tau, DF Tau, GM Aur, and T Tau. These components are believed to have different origins and therefore should present

\(^1\)For all objects considered here, the Doppler shifts derived using Gaussian or uniform weights differed by no more than 1 spectral pixel (\(\sim 0.5 \) km s\(^{-1}\)) with no systematics.
different variabilities (Beristain et al. 2001). The magnetic obliquity is related to the variability of the NC, which is believed to arise in accretion shocks close to the stellar surface. Therefore, in the cases where a BC is also present, we first fit the individual profiles from each night with two Gaussians in order to identify the two components, then analyse only the variability of the narrowest of the two components. However, the profiles that present only one component show that the NC is not symmetric. Thus, taking the centroid of the narrowest Gaussian component may introduce small uncertainties to the radial velocity measurements. On the other hand, a visual inspection of the profiles studied by Beristain et al. (2001), see their fig. 1a) shows that the BC often seems to be nearly symmetric and reasonably well reproduced by a Gaussian (this is not always the case, particularly for the strongest accretors, such as AS 353A, DG Tau, DR Tau, and RW Aur, all of which show more complex profiles, but it seems to be the case for the four stars in our sample). Therefore, to isolate the NC, we subtract the broadest Gaussian component from the composite profiles to remove the contribution of the BC. We then perform the cross-correlation analysis described above on the residual profile, which should contain only the contribution from the NC. We note that, in our sample, a typical NC has a full width at half-maximum (FWHM) of \( \sim 35 \) km s\(^{-1}\), while a typical BC has FWHM \( \sim 120 \) km s\(^{-1}\). Fig. 4 shows an example of the Gaussian fit and residual profile of each of these stars.

We find that the radial velocity measurements of the residual profiles agree, within the uncertainties, with the centroid velocities of the narrowest component of the Gaussian decomposition. In the case of DE Tau, DF Tau, and GM Aur, the results also agree with the ones obtained from the cross-correlation of the full He\(i\) line profile (without subtracting the BC), though the error bars are larger when the BC is not removed. We can see in Fig. 4 that the BC mostly affects the wings of these profiles, while the centre of the line is dominated by the NC. Therefore, by allowing the computation of \( \chi^2 \) to run over \( \pm 2.5 \sigma \) of a Gaussian approximation to the centre of the line, the broad wings are ignored and as a result the BC does not strongly interfere with the analysis. For the star T Tau, however, the He\(i\) line profile is clearly dominated by the BC. In this case, the cross-correlation analysis of the full profile yields very different results than when the contribution of the BC is removed. For this star, removing the contribution of the BC is essential to properly identify

\[ \chi^2 = \sum \left( \frac{y_i - y_{i,\text{model}}}{\sigma_i} \right)^2 \]

right-hand panel: A subpixel estimate of the velocity shift is obtained by computing the centroid of the core of the \( \chi^2(\delta V_{\text{rad}}) \) curve over four velocity ranges (coloured horizontal lines). The adopted velocity shift \( \delta V_{\text{rad}} \) is computed as the mean of the four centroid estimates and the 1\(\sigma\) limits on \( \delta V_{\text{rad}} \) are derived at the corresponding \( \chi^2 \) value.

Figure 3. Left-hand panel: The He\(i\) line profile of DN Tau obtained on Nov. 23 (lower solid line) is wavelength shifted and intensity scaled (upper solid line) to fit the average He\(i\) profile (thick red solid line) of the spectral series. The best-fitting (lowest \( \chi^2 \)) solution is shown here. Middle panel: The \( \chi^2(k, \delta V_{\text{rad}}) \) surface is a shallow valley with a much steeper curvature along the radial velocity shift (\( \delta V_{\text{rad}} \)) axis than along the intensity scaling axis (\( k \)). Right-hand panel: A cut in the \( \chi^2 \) surface around the \( \chi^2 \) minimum along the \( \delta V_{\text{rad}} \) axis is taken (black dots) and linearly resampled (red curve). A subpixel estimate of the velocity shift is obtained by computing the centroid of the core of the \( \chi^2(\delta V_{\text{rad}}) \) curve over four velocity ranges (coloured horizontal lines). The adopted velocity shift \( \delta V_{\text{rad}} \) is computed as the mean of the four centroid estimates and the 1\(\sigma\) limits on \( \delta V_{\text{rad}} \) are derived at the corresponding \( \chi^2 \) value.

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the latitude of the accretion shocks. The Gaussian decomposition of all observations of the star T Tau can be seen in the online material (with the exception of two observations, which have been excluded due to low S/N).

## 4 RESULTS

### 4.1 Variability of the He I line

We present in this section the results obtained for the radial velocity variations of the He I λ5876 line profile of a sample of accreting T Tauri stars. The hotspot latitudes derived from the radial velocity variations of each star and equation (1) are shown in Table 2. The variability of the NC of the He I line and the veiling variability (with respect to the mean spectrum) for each star in our sample can be verified in Figs A1 and A2 of the Appendix. Veiling was measured in a region near the He I line where several photospheric absorption lines are present. The spectrum of each night was compared with the mean spectrum of the same star, in order to find the amount of excess continuum emission that minimized $\chi^2$. The uncertainties (derived at the corresponding $\chi^2_{\text{min}} = \chi^2_{\text{min}} + 1$ value) are large, but some of the trends seen in veiling appear to be confirmed by the variability of the equivalent width (EW) of the Li I λ6708 line (Figs A3 and A4). The EW of this line (or any deep photospheric absorption line) gives an indirect measurement of veiling, since the excess emission causes the photospheric absorption lines to appear shallower in the normalized spectrum, reducing their EW.

Our analysis also partly rests upon the pattern of spectral variability observed in other lines, such as H $\alpha$ and H $\beta$ (whose profiles are also shown in Figs A1 and A2 and in more detail in the online material), as well as Li I λ6708 (whose radial velocity curves and EW variability can be seen in Figs A3 and A4, alongside the variability of $V_{\text{rad}}$ and EW of the He I line), and K2 light curves (shown in Fig. A5). The Li I line profiles can be seen in the online material. Due to the specific behaviour of line profile variability in each object, we discuss each sample source in turn.4

#### 4.1.1 DE Tau

This star’s spectrum presents veiling that is clearly variable in the time-scale of the observations. The veiling increases steadily to reach a maximum on November 26, then drops again, consistent with the rotation period of 7.6 d taken from the literature (Bouvier et al. 1993). The intensity of the He I line reaches its maximum 2 d before the veiling maximum, on November 24. The H $\alpha$ and H $\beta$ line profiles are more intense than average on both these nights, but show no clear trend with the 7.6 d period.

#### 4.1.2 DF Tau

The intensity of the He I line profile, as well as its radial velocity variability, appear to be modulated on a time-scale of around 6 d, though the time-sampling of our observations is not enough to determine an accurate rotation period. This value is different from the photometric periods given in the literature, of 8.5 (Bouvier et al. 1995) and 7.18 d (Artemenko, Grankin & Petrov 2012). However, neither of these two periods are found in this star’s K2 light curve (N. Roggero, private communication). The He I line shows the lowest intensities just before it is most blueshifted, which is consistent with an origin in a stellar spot modulated by rotation.

Since this component is associated with outflows intersecting our line of sight, this points to a spatial association between the accretion shocks and a wind. This could be a stellar wind or a non-axisymmetric disc wind that is launched close to the corotation radius, in order to show periodic behaviour on the same time-scale as the stellar rotation.

#### Table 2. Hotspot latitudes and magnetic obliquities.

| Star     | $\Delta V_{\text{rad}}$ (He I) (km s$^{-1}$) | $v_{\sin i}$ (km s$^{-1}$) | $\cos l$ | $l$ (°) | $\Theta$ (°) |
|----------|---------------------------------|----------------|--------|-------|-------------|
| DE Tau   | 1.8 ± 3.2                        | 8.4 ± 0.5      | 0.11 ± 0.19 | 84.36±11 | 6.11±6     |
| DF Tau   | 3.7 ± 2.2                        | 7.3 ± 1.8      | 0.25 ± 0.16 | 75 ± 10 | 15 ± 10     |
| DK Tau   | 7.8 ± 2.8                        | 12.7 ± 2.2     | 0.31 ± 0.12 | 72±8 | 18±5     |
| DN Tau   | 3.8 ± 3.0                        | 8.7 ± 0.3      | 0.22 ± 0.17 | 77±10 | 13±11    |
| GI Tau   | 3.8 ± 2.8                        | 9.2 ± 0.5      | 0.21 ± 0.15 | 78±9 | 12±9     |
| GK Tau   | 3.0 ± 4.6                        | 19.1 ± 3.4     | 0.08 ± 0.12 | 85±5 | 5±5     |
| GM Aur   | 5.9 ± 6.6                        | 12.6 ± 1.0     | 0.23 ± 0.26 | 77±13 | 13±16    |
| IP Tau   | 2.2 ± 3.9                        | 9.7 ± 0.9      | 0.11 ± 0.20 | 83±7 | 7±7     |
| IW Tau   | 1.9 ± 4.1                        | 8.5 ± 0.3      | 0.11 ± 0.24 | 84±16 | 6±14     |
| T Tau    | 18.4 ± 7.9                       | 23.5 ± 1.6     | 0.39 ± 0.17 | 67±10 | 23±10    |
| V836 Tau | 3.7 ± 4.3                        | 10.5 ± 0.8     | 0.17 ± 0.21 | 80±10 | 10±12    |

2. When more than one spectrum of a given star were taken on the same night, we averaged these profiles in order to obtain a better signal-to-noise ratio. Therefore, the plots shown in Figs A1, A2, A3 and A4 show only one measurement per night.

3. Because the spectra were compared with their own mean spectrum, rather than with the spectrum of a non-accreting star of the same spectral type (as is usually the case when determining veiling in a CTTS spectrum), both positive and negative values were found, representing the variation of veiling, rather than the value of veiling itself.

4. We do not discuss the star V826 Tau, because it is clear from Fig. 2 that this is a spectroscopic binary (SB2) which presents almost no He I emission.
4.1.3 DK Tau

The intensity and radial velocity of the He I line, as well as the veiling, show a variability that is modulated on the time-scale of the observations (the variability of veiling is just within the error bars, but the trend is confirmed by the EW of the Li I line in Fig. A4). As the He I line passes in our line of sight, its radial velocity going from blueshifted to redshifted with an amplitude of $\sim$10 km s$^{-1}$, the veiling and He I intensity increase to reach a maximum on November 25 and 27, before decreasing again. However, something occurs on November 26 which results in a less intense, more centred He I line, less veiling and much less intense H$\alpha$ and H$\beta$ line profiles. If not for this event, the behaviour of He I and veiling in this star would have been consistent with the rotational modulation of a hotspot on the stellar surface with the reported period of 8.18 d (Percy et al. 2010; Artemenko et al. 2012). It is possible that on this date, circumstellar material passed in front of the line of sight, partially obscuring the hotspot and resulting in the less intense emission lines and veiling. Its K2 light curve appears to be dominated by flux dips (see Fig. A5), which is consistent with circumstellar material obscuring the star from time to time. The H$\beta$ line shows an inverse P Cygni profile on November 24 and 25, just before this event. This type of profile, characterized by a redshifted absorption, occurs when the accretion funnel flows intersect our line of sight.

4.1.4 DN Tau

The intensity and radial velocity of the He I and Li I lines are modulated with a period that is consistent with the value of 6.32 d given in the literature for this star’s rotation period (Donati et al. 2013; Artemenko et al. 2012). The radial velocity variability of the Li I line appears to be mirrored with respect to the He I line (Fig. A3). This is consistent with rotational modulation of an accretion shock. While the He I emission originating in the hotspot will be more blueshifted as this spot comes into view and more redshifted as it recedes, photospheric absorption lines such as Li I appear more redshifted as a hot (or cold) spot comes into view and more blueshifted as it recedes, since the line is deformed due to the presence of spots on the stellar surface (see e.g. Gahm et al. 2013). The amplitude of the veiling variability is too small to draw any conclusions from it.

This star’s H$\alpha$ and H$\beta$ line profiles present a redshifted absorption component in some observations, which is clearest on November 27, when the He I line is strongest and more centred, meaning that the accretion shock is in full view. As this redshifted absorption originates in accretion funnel flows crossing our line of sight, this points to a spatial association between the accretion shocks and funnel flows.

4.1.5 GI Tau

The intensity of the main emission-line profiles (H$\alpha$, H$\beta$, He I) is modulated on the time-scale of the observations. The intensity of the residual line profiles steadily decreases from November 22–23 to reach a minimum around November 27, then increases again up to November 29, a behaviour which is consistent with the modulation of the line flux by a bright-spot rotating with a period of $\sim$7 or 8 d. This is in agreement with the past reported photometric period of 7.1 d (Percy et al. 2010; Artemenko et al. 2012). The veiling appears to decrease over a similar time period, however the variability amplitude is within the uncertainties and therefore cannot be confirmed.

4.1.6 GK Tau

The variability of the radial velocity of the He I line is consistent with a period of 4.6 d, found in the literature (Percy et al. 2010; Artemenko et al. 2012) and in this star’s K2 light curve (Rebull et al. 2020). There is no clear trend in veiling or in the H$\alpha$ and H$\beta$ line profiles with this period, even though the variability of the line profiles is very strong.

4.1.7 GM Aur

The intensity of the He I line is modulated on the time-scale of the observations, decreasing until November 24, then increasing again. The variability of this line’s radial velocity is consistent with rotational modulation of a hotspot with the period of 6 d given in the literature (Percy et al. 2010; Artemenko et al. 2012). The veiling variability is too small to draw any conclusions from it. As with DN Tau, the radial velocity variability of the Li I line is mirrored with respect to the He I line, in support of rotational modulation of a hotspot. There is no clear trend in the H$\alpha$ and H$\beta$ line profiles with this period.

4.1.8 IP Tau

The intensity and radial velocity of the He I and Li I lines, as well as the veiling, show a variability that is consistent with a period of 5.6 d. Veiling increases along with the intensity of He I, both reaching a maximum on November 25, while the He I line profile went from more blueshifted than average on November 23 and 24, to more redshifted on November 25–28, and the Li I line went from more redshifted to more blueshifted in this same time. This behaviour is consistent with the veiling and He I line being modulated by a hotspot rotating at this period, which is different from the photometric period of 3.25 d found by Bouvier et al. (1993). The light curve from that study was therefore likely dominated by something other than rotational modulation from spots on the stellar surface.

The H$\alpha$ and H$\beta$ line profiles show a redshifted absorption component on one night (November 29), corresponding to phase $\phi \sim 0.25$, when the He I line is more blueshifted and veiling is beginning to increase, meaning that the accretion shock is appearing in our line of sight. As was the case with DN Tau, this points to a spatial association between the accretion funnel flows and accretion shocks.

4.1.9 IW Tau

This star was one of the two WTTSSs (non-accreting T Tauri stars) in our control sample. It shows a relatively narrow H$\alpha$ line profile, with a width at 10 per cent of the maximum intensity of only 180 km s$^{-1}$, which is much lower than the threshold of 270 km s$^{-1}$ usually used to classify a T Tauri star as actively accreting (White & Basri 2003). Therefore, it would not be classified as a classical T Tauri star based on its H$\alpha$ line profile. However, this star does present a weak He I emission line with a redshift of 4.3 $\pm$ 0.8 km s$^{-1}$, which does not seem to be variable in our observations. Beristain et al. (2001) also observed weak He I 5876 emission in the spectra of three non-accreting T Tauri stars, however they were all on average centred at the stellar rest velocity, which led to the conclusion that they could be the result of very active chromospheres. The He I emission we observe in IW Tau is redshifted at above 3$\sigma$, which means it must originate in material falling on to the star.

It is possible that this star is still undergoing accretion at a very reduced rate. In order to test this possibility, we estimated a mass...
accretion rate for this star from several emission lines in its spectra, following the relations given by Alcalá et al. (2017). We find an average value for the logarithmic mass accretion rate of $\log M_{\text{acc}} = -9.5 (\pm 0.3) M_\odot \text{yr}^{-1}$ (corresponding to $M_{\text{acc}} = 3 \times 10^{-10} M_\odot \text{yr}^{-1}$), where the uncertainty in $\log M_{\text{acc}}$ represents the standard deviation across the 10 emission lines used to calculate accretion luminosity. It is worth noting that this likely represents an upper limit to this star’s mass accretion rate, since at these low levels of emission, these lines may be affected by chromospheric activity in a non-negligible way. At the same time, the strong agreement between the mass accretion rates derived from all these different lines (made clear by the relatively small dispersion in the values found) is a good indication of the reliability of this result. This star does not seem to be surrounded by a circumstellar disc (besides possibly a thin debris disc, typical of WTTSs in general; Beckwith et al. 1990; Wolk & Walter 1996; Furlan et al. 2005).

This star’s Li I line is modulated on a 5.5 d time-scale, which could be caused by the rotational modulation of cold spots on the stellar surface, or by a binary companion (since this star has been reported to be a binary system by Richichi et al. 1994). This star’s K2 light curve clearly shows a spot-like behaviour, with two distinct periods, one of which agrees with this period found in the Li I line (see Fig. A5 and Rebull et al. 2020). It is likely that one of these periods represents the star’s rotation while the other may be due to a companion.

### 4.1.10 T Tau

This is a multiple system, consisting of three stars (known as T Tau N, Sa, and Sb; Kořenek et al. 2000; Köhler, Kasper & Herbst 2000), although the secondary component T Tau S(a + b) is not detectable in optical wavelengths, likely because of strong extinction from circumstellar or circumplanetary material (Duchêne et al. 2005). Thus the spectra presented here are entirely dominated by the brightest component, T Tau N.

The radial velocity of this star’s He I NC is very well modulated with a period of $2.7 \pm 0.4$ d, while the radial velocity of the Li I line gives a similar period of 2.86 d. These periods coincide well with the photometric period of 2.81 d measured by Artemenko et al. (2012) and in its K2 light curve (Rebull et al. 2020). The top two panels of Fig. 5 show the Li I line and the NC of the He I line folded in phase with this period of $P = 2.8$ d. The variability amplitude of the veiling is small, and there are no clear trends in the Hα or Hβ lines with the stellar rotation period. We can see that the modulus of the EW of the He I line’s NC is largest when it is most redshifted (on November 25 and 28), which may be due to a favourable viewing geometry. We have found that the magnetic obliquity of this star is $\theta = (23 \pm 10)^\circ$, which agrees, within the uncertainties, with its system inclination $i = (28 \pm 1)^\circ$ (Manara et al. 2019). This means that when the accretion shock passes in front of us, we observe the flow of matter on to the star projected almost directly in our line of sight.

Another interesting aspect of this star’s He I line profile is that its BC also shows periodic radial velocity variability, but with a slightly longer period of 3.1 $\pm$ 0.3 d. The bottom two panels of Fig. 5 show the radial velocity variability of this component folded in phase with the period of the NC ($P = 2.8$ d) and with the longer period of $P = 3.1$ d. It is clear that this component folds much better in phase with the longer period. In order to confirm whether these two slightly different periods are real and not an artefact of the Gaussian decomposition, we performed a two-dimensional periodogram analysis on the full line (Fig. 6). From this figure it appears that the dominant period is the 3.1 d period of the BC, which is clear on the wings of the profile (especially the redshifted wing, between ~40 and 100 km s$^{-1}$), where the BC dominates. However, near the centre of the line (around 5–10 km s$^{-1}$, where the NC appears), the periodogram seems to split and shows a small peak at 2.7 d. If the full line originated in the hotspot, then this apparent quasi-periodicity could occur, for instance, if the hotspot were to move on the stellar surface, or to split into more than one spot. However, because the wings of the profile come from the BC, which is believed to have a different origin than the NC, it

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5 The Gaussian decomposition of each observation of this star can be verified in the online material.

6 Another peak can also be seen at approximately 1.5 d, but this is simply an artefact, equal to half of the 3.1 d period.
seems more likely that the two components of the He I line indeed have two slightly different periods. Since the period from the NC agrees well with the rotation period of 2.8 d found from photometry in the literature and also from the Li I line in this study, this likely represents the stellar rotation, while the slightly larger period of 3.1 d from the BC should be caused by a different phenomenon.

According to Beristain et al. (2001), the BC of the He I λ 5876 line may come from a hot wind or from the accretion funnel flows. Since in T Tau this component is redshifted on average, it must be coming mostly from the accretion funnel flows at polar angles less than 54.7° (see fig. 9 of Beristain et al. 2001). If this is indeed the case, then a slightly larger period measured from this component when compared to the stellar rotation period may be an indication that there is differential rotation throughout the accretion funnel flow. This could be expected if a star's magnetosphere were to truncate the inner disc at a radius larger than the corotation radius, resulting in the part of the accretion funnel flow that connects to the inner disc rotating more slowly than the stellar surface. The star would then accrete via the propeller regime, though this could be a temporary situation, not necessarily reflecting the steady state of the system. Its K2 light curve, for instance (which was observed in 2015 – 4 yr after the spectroscopic observations in this paper), is periodic, which seems to indicate that this star was in a stable accretion regime at the time of the K2 observations (see Fig. A5).

We cannot, however, conclude with certainty that there is differential rotation in the accretion columns of T Tau, since the two periods found in fact agree within their error bars. A more in-depth study, with more accurate periods, would be necessary to confirm this hypothesis. Additionally, current radiative transfer models are incapable of reproducing the main characteristics of the BC of the He I λ 5876 line with standard accretion models (see e.g. Kurowsa, Romanova & Harries 2011), so we cannot say for certain what is the origin of this broad emission.

4.1.11 V836 Tau

This star shows some variability in the radial velocity of its He I line, but no clear period can be distinguished in the 6-d observation, which is shorter than the period of 7.0 d given in the literature (Rydgren et al. 1984). The He I line intensity and veiling show little variability and no clear trend is seen in the H α or H β line profiles.

4.2 Velocity of the flow of matter traced by He I

We estimate the velocity (V_{flow}) of the accretion flow that is traced by the NC of the He I λ 5876 line for each star in our sample, by taking the median He I radial velocity of each star and de-projecting it from the line of sight. Therefore, \( V_{flow} = V_{rad, med}/\cos \alpha \), where \( \alpha \) is the angle between the line of sight and the direction of the flow of matter on to the star. This angle is related to the system inclination (\( i \) – given in Table 3) and the latitude of the accretion shock (\( l \) – given in Table 2) through the relation \( \alpha = |i - l| \) (see Fig. 1). Table 3 shows the derived flow velocities \( V_{flow} \), as well as the mean (<\( V_{rad} \>), median (\( V_{rad, med} \)), and standard deviation (\( \sigma \)) of the He I radial velocities measured in each star (with regard to the star's rest velocity), the mean error in \( V_{rad} \) measurements for each star, and the system inclinations \( i \).

5 DISCUSSION

5.1 Comparison with other observational studies

As can be seen in Table 2, the magnetic obliquities we find for the stars in our sample are between 5° and 23°, with most (80 per cent) below 15°. Therefore, in our sample the magnetic fields seem to be generally well aligned with the stellar rotation axis, which is somewhat in disagreement with what has been found from direct magnetic field measurements in T Tauri stars, many of which have a misalignment larger than 20° (see Table B2 and Johnstone et al. 2014). It is possible that our sample may be influenced by a selection bias. The stars in this sample were selected based mainly on two criteria: having shown periodic photometric behaviour in a previous study and presenting a He I λ 5876 line profile in emission that is dominated by the NC. The only exception to the latter criterion is T Tau, which was observed mainly because of its brightness and is the only star in our sample for which the He I line is dominated by the BC. It is also the star that shows the largest magnetic obliquity in this study, of 23°. It is possible that there may be a connection between the processes that originate the BC of the He I λ 5876 line and large magnetic obliquities. This would lead to an observational bias in our sample, whereby excluding stars that present very broad He I λ 5876 emission, we exclude the stars with large magnetic obliquities. In order to confirm this hypothesis, we would need to study a much larger sample of CTTSs with more diverse He I line profiles.

The other selection bias that our sample could possibly be subject to is with periodicity, since the stars in our sample all have a measured period in the literature. However, it is difficult to find an explanation in which this leads to a bias towards magnetic obliquities smaller than ~15°, since MHD models of Kurowsa & Romanova (2013) and Blinova, Romanova & Lovelace (2016) predict that larger magnetic obliquities should lead to stars accreting more often in a stable

Figure 6. Two-dimensional periodogram of the He I line of T Tau. The abscissa shows the velocity bins (centred at stellar rest velocity) for which periodograms were measured, the ordinate shows the range of periods spanned, and the colour gradient represents the periodograms’ intensities.
accretion regime, which is believed to produce periodic signatures in a star’s photometry. Therefore, based on these models, choosing a sample of stars with known periodicity should not lead us to exclude stars with large magnetic obliquities.

While studying the spectroscopic variability of the very active star EX Lupi, Sicilia-Aguilar et al. (2015) found a periodic signature in the radial velocity variation of different He I lines (at λ = 4713, 5876, and 6678 Å), as well as the He II λ4686 line, which were consistent with the rotational modulation of a hotspot on the stellar surface. They found, however, that the amplitudes of the radial velocity variations differ for the different lines, with lines having higher excitation potentials having larger amplitudes and a clearer modulation. In general, lines with different excitation potentials may originate in regions with different temperatures, which could be at different latitudes, longitudes (a spot may have the highest temperature at its core and be surrounded by regions of lower temperature), or height above the stellar surface (there may be a temperature structure along the accretion column, above the stellar surface, as has been detected by Dupree et al. 2012 and Sicilia-Aguilar et al. 2017). This could explain the different amplitudes found by Sicilia-Aguilar et al. (2015) for the different lines.

If there is a difference in the temperature structure on the stellar surface along latitude, then this may help to explain our apparently low magnetic obliquities. By choosing the He λ5876 line, which has a lower excitation potential than He λ4713 and He II λ4686, we may be tracing a region that is at a slightly higher latitude than the central part of the accretion shock, which may be nearer to the magnetic pole. If true, this effect would probably bias the estimates of magnetic obliquity using this line to lower values, which may explain not only our sample, but also the fact that the three other stars from the literature whose obliquities were derived using the same method as the one described in our paper also present such low values of Θ (EX Lup, RU Lup, and DR Tau, see Table B2 and Sicilia-Aguilar et al. 2015, Gahm et al. 2013, and Petrov et al. 2011). However, this does not seem to be the case. Petrov et al. (2001) found the same amplitude (within error bars) for the radial velocity variability of He I and He II lines for the star RW Aur. Also, several studies of spectropolarimetry have found misalignments between the main component of the magnetic field and the stellar rotation axis that are consistent with the He λ5876 variability amplitudes found in the same observations (e.g. BP Tau, AA Tau, LkCa15, and CI Tau; Donati et al. 2008, 2010b; Alencar et al. 2018; Donati et al. 2020). Tripathi et al. (2017, T17), and those marked with an asterisk having no direct measurement of the disc in the literature, so inclinations were estimated using the relation \( \sin i = \left( \frac{2}{R} \frac{v_{\mathrm{rad}}}{P_{\mathrm{rot}}} \sin i \right) \), where \( P_{\mathrm{rot}} \) and \( v_{\mathrm{rad}} \) are given in this paper, and \( R_\star \) was taken from Herczeg & Hillenbrand (2014).

### Table 3. Average radial velocities of the He I λ5876 line and resulting flow velocities.

| Star  | \(<v_{\mathrm{rad}}>(\text{km s}^{-1})\) | \(<v_{\mathrm{rad, med}}>(\text{km s}^{-1})\) | \(<\sigma v_{\mathrm{rad}}>(\text{km s}^{-1})\) | Inclination (°) | Ref | \(<v_{\mathrm{flow}}>(\text{km s}^{-1})\) |
|-------|--------------------------------------|---------------------------------------------|-----------------------------------------------|---------------|-----|--------------------------------------|
| DE Tau | 5.84                                 | 5.96                                        | 1.19                                          | 70 ± 7        | P14 | 14 + 38/−17 |
| DF Tau | 6.54                                 | 6.69                                        | 1.01                                          | 19 ± 8        | *   | 6.7 ± 1.0/−1.0 |
| DK Tau | 9.36                                 | 9.54                                        | 1.86                                          | 13 ± 3        | M19 | 9.6 ± 2.3/−1.9 |
| DN Tau | 6.68                                 | 7.36                                        | 0.99                                          | 35 ± 1        | L18 | 7.9 ± 2.1/−1.5 |
| GI Tau | 6.72                                 | 6.32                                        | 1.25                                          | 29 ± 9        | *   | 7.9 ± 2.8/−4.8 |
| GK Tau | 7.21                                 | 7.40                                        | 1.95                                          | 71 ± 5        | S17 | 18 ± 27.0/−9 |
| GM Aur | 7.10                                 | 7.90                                        | 2.72                                          | 55 ± 1        | T17 | 10.6 ± 10.0/−4.9 |
| IP Tau | 5.99                                 | 6.14                                        | 1.08                                          | 45 ± 1        | L18 | 7.8 ± 3.2/−2.2 |
| IW Tau | 4.33                                 | 4.14                                        | 0.77                                          | 33 ± 9        | *   | 4.6 ± 3.0/−1.3 |
| T Tau  | 4.20                                 | 2.00                                        | 5.19                                          | 28 ± 1        | M19 | 2.0 ± 5.2/−4.5 |
| V836 Tau | 6.01                                 | 6.22                                        | 1.30                                          | 61 ± 10       | T17 | 10 + 16.4/−8.4 |

**Average <\(v_{\mathrm{rad}}\)> (km s\(^{-1}\))** | **<\(\sigma v_{\mathrm{rad}}\)> (km s\(^{-1}\))** | **Average \(<v_{\mathrm{flow}}\)> (km s\(^{-1}\))** | **\(<\sigma v_{\mathrm{flow}}\)> (km s\(^{-1}\))** |
|-----------------------------------------------|-----------------------------------------------|-----------------------------------------------|
| 6.4                                           | 1.4                                           | 9.0                                           | 4.3       |

Notes: The second and third columns show the mean and median radial velocity of He I for each star, column 4 shows the mean error on the radial velocity measurements, columns 6 and 7 give the inclination to the system and its reference, and the final column shows the flow velocity derived for each star. References for inclinations are Piétu et al. (2014, P14), Manara et al. (2019, M19), Long et al. (2018, L18), Simon et al. (2017, S17), Tripathi et al. (2017, T17), and those marked with an asterisk have no direct measurement of the disc in the literature, so inclinations were estimated using the relation \( \sin i = \left( \frac{2}{R} \frac{v_{\mathrm{rad}}}{P_{\mathrm{rot}}} \sin i \right) \), where \( P_{\mathrm{rot}} \) and \( v_{\mathrm{rad}} \) are given in this paper, and \( R_\star \) was taken from Herczeg & Hillenbrand (2014).
stronger than the magnetic obliquity (\(\Theta\)). None the less, for stars with magnetospheres of similar size, they predict that an increase of the magnetic obliquity leads to a decrease of the amplitude of the light-curve oscillations that are associated with instabilities and an increase of the amplitude of the variability associated with the rotation of the star. According to Blinova et al. (2016), for small values of \(\Theta < 5°\) for \(R_{\infty} \sim 1 - 1.4R_{\odot}\), or up to \(\sim 10°\) for smaller magnetospheres, the main source of variability should be unstable ordered hotspots and the light curve should be very irregular, though the stellar rotation period may still be found in the light curve’s Fourier spectrum. For slightly larger values of \(\Theta \sim 15°\), the stellar rotation period should become more evident, but many short-scale oscillations from instabilities could still be seen in the light curve. When \(\Theta\) is around \(\sim 20° - 30°\), the oscillations from instabilities would have smaller amplitudes, leading to more regular light curves, but with the stellar rotation period becoming slightly less well defined in the Fourier spectrum.

Among the 11 stars in our sample with \(\text{He}\,\text{I}\) in emission, 6 were observed recently by the K2 mission (their light curves are shown in Fig. A5 and a more detailed analysis is explored in Rebull et al. 2020, and in Roggero et al., in preparation). Even with such a small number, this sample shows a large diversity of light-curve morphologies. IW Tau presents a very regular light curve, consistent with modulation by the rotation of stable spots on the stellar surface (as the spot-like light curves of Alencar et al. 2010), in combination with a second periodic event (possibly due to its binarity). T Tau shows a periodic but somewhat irregular behaviour (altering between what look like flux bursts and flux dips) reminiscent of the class of light curves attributed to stochastic accretion by Stauffer et al. (2016). The K2 light curve of DF Tau is not periodic and appears to be dominated by flux bursts (as those described in Stauffer et al. 2014). Finally, the remaining three light curves (those of DK Tau, GI Tau, and GK Tau) seem to be dominated by flux dips (as those described in McGinnis et al. 2015). However, it is important to note that GI Tau and GK Tau consist of a binary system with a separation of 13.2 arcsec (Akeson et al. 2019), so the light curve of GI Tau may be slightly contaminated by that of the primary, GK Tau (this is evident from the fact that a peak at 4.6 d, the rotation period of GK Tau), is detected in a periodogram analysis of GI Tau’s light curve.

We can compare our findings with the predictions of Blinova et al. (2016) regarding the relationship between the magnetic obliquity and the star’s light curve, stated above. The most regular light curve in our sample belongs to IW Tau. This star’s \(\text{He}\,\text{I}\) line did not show a detectable variation in radial velocity, therefore its magnetic obliquity must be small. This seems not to be in line with the theoretical prediction that with smaller magnetic obliquities, light curves are more irregular. However, this particular star has a very low mass accretion rate (if it is in fact accreting and the \(\text{He}\,\text{I}\) emission we observe does not come from a very active chromosphere), therefore it should have a large magnetosphere, which is also predicted to lead to stable configurations (so long as the magnetic radius \(R_{\infty}\) does not exceed the corotation radius \(R_{\text{co}}\)). Excluding IW Tau, the light curves of T Tau and GK Tau appear to have the least amount of irregular oscillations among the stars in this sample, with both showing a clear periodic signal. T Tau presents the largest magnetic obliquity in the sample, of \(23° \pm 10°\), consistent with the prediction that stars with a magnetic obliquity larger than \(\sim 20°\) would tend to have more regular light curves. However, the magnetic obliquity found for GK Tau is low, of only \(5° \pm 7°\), while the values found for DF Tau, DK Tau, and GI Tau (all of which present light curves that appear to be more irregular than GK Tau’s) are larger, between \(12°\) and \(18°\). It is clear that with this small sample we cannot distinguish any effects the magnetic obliquity may have on a star’s light-curve morphology.

\[\log L_{\text{bol}}/L_{\odot} = 0.5 \log M_{*}/M_{\odot} - 0.7 \log \sin i - 0.1 \log (\text{period}) + 2\]

\[\log \Theta = 0.1 \log \sin i + 0.5 \log M_{*}/M_{\odot} - 0.5 \log \text{period} + 0\]

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those that have developed at least a small radiative core. The average magnetic obliquity among the stars in the fully convective part of the HR diagram is $17^\circ$ (with an rms dispersion of $12^\circ$), while in the partly radiative part of the HR diagram it is slightly larger, $35^\circ$ (with an rms deviation of $22^\circ$). This could be complementary with other studies of magnetic fields in young stars that suggest that, as a radiative core develops, stellar magnetic fields tend to become more complex and less intense than in fully convective stars (Gregory et al. 2012; Folsom et al. 2016). If this is indeed the case, it may explain why our sample shows a tendency towards low magnetic obliquities, as most of our stars are fully convective.

The apparent evolution of the magnetic field configuration across the HR diagram (in terms of the strength of the field and its complexity, as demonstrated by Folsom et al. 2016; Villebrun et al. 2019, as well as in terms of the magnetic obliquity, as shown here) points to a dynamic origin of stellar magnetic fields, likely as the consequence of a dynamo effect. This study and previous ones such as Folsom et al. (2016) also seem to suggest that there are intrinsic differences between magnetic fields of stars that are fully convective and those that have begun to develop a radiative core.

6 SUMMARY AND CONCLUSIONS

We have analysed the variability of the He I $\lambda 5876$ emission line profile in a sample of 10 CTTs and 1 WTTS, measured with high-resolution spectroscopy over a period of up to 10 d. Most observations show a simple profile, dominated by an NC that is believed to originate in accretion shocks near the stellar surface. For four stars, the He I $\lambda 5876$ line profile is seen to be composed of a combination of NC and BC, the latter being believed to have multiple origins, likely formed in both hot winds and accretion columns (Beristain et al. 2001). For these four stars, each individual observation was fitted with a combination of two Gaussians, one broader than the other, in order to separately investigate the origin of the two components. Both appear to be variable in their own way on the time-scale spanned by our observations. With the resolution of our spectra, we can clearly see that the NC is not truly Gaussian, but this approximation does seem to be valid when analysing its radial velocity. This can be illustrated by the fact that, even though the star T Tau’s He I line profile is clearly dominated by the BC, its stellar rotation period of 2.8 d is recovered from the radial velocity measurements of the NC, while this period is not clear in a radial velocity analysis of the composite profile. This shows that an analysis of the NC of the He I line is still possible even for stars whose He I line profile is clearly dominated by the BC.

The NC of the He I $\lambda 5876$ emission line is shown to be redshifted by an average of 6.4 km s$^{-1}$ in our sample, with a standard deviation of 1.4 km s$^{-1}$. By taking the median redshifts for each star and de-projecting them from our line of sight, we find that the material responsible for this emission is travelling at an average of 9 km s$^{-1}$ in our sample (with a standard deviation of 4.3 km s$^{-1}$). This velocity is consistent with material tracing the post-shock region of accretion shocks, after considerable deceleration of the free-falling material has occurred.

By measuring the amplitude of the radial velocity variability ($\Delta V_{rad}$) of the NC of the He I $\lambda 5876$ emission line, along with the stars’ projected rotational velocities ($v \sin i$), we were able to estimate these stars’ magnetic obliquities ($\theta -$ the angle between the axis of their magnetic field and rotation axis). We find an average magnetic obliquity of $11.4^\circ$ in our sample, with an rms dispersion of $5.4^\circ$. The magnetic axis thus seems close to being aligned with the stellar rotation axis in our sample. This is not entirely in agreement with other studies of magnetic field configurations (e.g. Johnstone et al. 2014), which find several cases of misalignments larger than $20^\circ$. This difference may simply be due to an issue of low number statistics. However, there is also the possibility that our sample may be subject to a selection bias. With the exception of T Tau, the stars in this sample were chosen on the basis that their He I line profiles are dominated by the NC. The star T Tau, whose He I line profile is clearly dominated by the BC (see Fig. 2), is the star that presents the largest magnetic obliquity in our sample (of $23^\circ \pm 10^\circ$). If the mechanism that originates the BC of the He I $\lambda 5876$ line is somehow connected to larger magnetic obliquities, then this would result in a selection bias in our sample. However, to confirm this hypothesis, a larger study of magnetic obliquities, including stars with more diverse He I profiles, would be needed.

We find tentative evidence for a trend between the position of a star on the HR diagram and its magnetic obliquity. This result is based on a small sample and should be taken with care, but the possibility that a star’s inner structure can play a strong role in determining its magnetic obliquity would be consistent with other studies that show an apparent evolution of a star’s magnetic field as it evolves across the HR diagram (e.g. Gregory et al. 2012; Folsom et al. 2016; Villebrun et al. 2019). In particular, there may be a considerable difference between the magnetic field configurations of stars that are fully convective and those that are partially radiative, a possibility that merits further investigation as it is unfortunately still subject to low number statistics. If this is indeed the case, it supports the idea that magnetic fields in T Tauri stars are generated by a dynamo, rather than by fossil fields, and that the existence of a boundary between radiative and convective zones plays an important role in determining the geometry of that magnetic field. It could also be responsible for our sample’s bias towards low magnetic obliquities, since most of the stars in our sample are in the fully convective portion of the HR diagram.

Besides our main results, we also find some interesting aspects of individual sources. A joint analysis of the variability of the He I, H$\alpha$, and H$\beta$ lines show, in at least three sources (DK Tau, DN Tau, and IP Tau), evidence for a spatial association between the accretion shocks on the stellar surface and the accretion columns, which would be expected in a scenario in which disc-locking takes place. Meanwhile another source, DF Tau, shows evidence for a variable wind that seems to be spatially associated with the accretion shock. This could be a stellar wind that is launched very close to the accretion shock, or it could result from a non-uniform disc wind being launched from close to the truncation radius, in a part of the inner disc where an accretion column is forming. Since this variability seems to be consistent with having the same period as the stellar rotation, this would also be close to the corotation radius.

We find that the star IW Tau, previously reported as a non-accreting, WTTS, in fact presents redshifted He I emission, which means that this emission must come from matter falling on to the star. It seems therefore that this star is still weakly accreting. An analysis of the flux of several emission lines that are known to be linked with accretion leads us to estimate a mass accretion rate of $M_{\text{acc}} = 3 \times 10^{-10}$ $M_\odot$ yr$^{-1}$ for this star. We should note that this value is likely overestimated, since at such low limits of accretion, these lines are likely contaminated with a strong contribution from chromospheric activity.

Finally, we recover the stellar rotation period of 2.8 d for the star T Tau in both the radial velocity analysis of the NC of the He I line, as well as in a portion of a two-dimensional periodogram of this line. However, we find a slightly larger period, of 3.1 d, in the wings of this line and in the radial velocity analysis of its BC, which is redshifted. Since the BC in this case is believed to originate from the accretion
columns, while the NC originates at the accretion shock near the stellar surface, this may be an indication that there is differential rotation throughout the accretion columns of this system. Although, seeing as the two periods are very similar, this is not enough evidence to conclude this with certainty and further investigation would be needed to support this claim.

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DATA AVAILABILITY

The data underlying this article can be accessed through the SOPHIE archive at http://atlas.obs-hp.fr/sophie/.

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SUPPLEMENTARY INFORMATION

Supplementary data are available at MNRAS online.

Figure S1: Night-to-night cross-correlation (CCF) profiles are shown for the sample of 12 T Tauri stars investigated here, shown superimposed on each other to highlight their variability.

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Figure S2: Normalized spectra around the He I 5876 line for all stars in our sample.

Figure S3: Gaussian decomposition of the He I line profile for each individual observation of the star T Tau.

Figure S4: The Li I 6708 line profile of CTTS and WTTS observed in this study.

Figure S5: The H α line profile of CTTS and WTTS observed in this study.

Figure S6: The H β line profile of CTTS and WTTS observed in this study.

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APPENDIX A: ADDITIONAL FIGURES

The following pages present figures that are discussed in the text (Figs A1 through A5).

Figure A1. Variability of the radial velocity of the He I 5876 NC, veiling, the He I 5876 profile, the H α profile, and the H β profile for the stars in our sample that were observed for only one rotation cycle.
Figure A2. Variability of the radial velocity of the HeI $\lambda$5876 NC, veiling, the HeI $\lambda$5876 profile, the Hα profile, and the Hβ profile for the rest of the stars in our sample, shown in full (left-hand panels) and folded in phase using the period believed to be the stellar rotation period (right-hand panels). Different colours represent different rotation cycles. The initial dates for the phase calculation are shifted by the amount necessary for the hotspot to be in full view around phase \( \phi = 0.5 \). Thus, in a few cases, the phase plots show three colours even though the star was only observed over two rotation periods.
Figure A2. – continued
Figure A2. – continued
Figure A3. Plots showing the variability of the radial velocity of the \textit{Li} \ensuremath{\lambda}6708 line, the radial velocity of the \textit{He} \ensuremath{\lambda}5876 line, the EW of the \textit{Li} \ensuremath{\lambda}6708 line, and the EW of the \textit{He} \ensuremath{\lambda}5876 line. \textit{Right-hand panels} show the same plots as the \textit{left-hand panels}, but folded in phase with the stellar rotation period. Different colours represent different rotation cycles.

Figure A2. – continued
Figure A3. – continued
Figure A4. Same as Fig. A3, except that this time only one plot is shown for each star, since only one rotation period was measured.
APPENDIX B: ADDITIONAL TABLES

Table B1 shows the EWs of the He I, H α, and H β lines in this study. In order to demonstrate the variability of these emission lines, the average and standard deviation over all nights are given. Table B2 shows information on the magnetic obliquities of other T Tauri stars taken from the literature.

### Table B1. Equivalent widths of H α, H β, and HeI λ5876 for our sample.

| Star      | Hα <EW> | σ | Hβ <EW> | σ | HeI <EW> | σ |
|-----------|---------|---|---------|---|----------|---|
| DE Tau    | −65     | 7 | −30     | 4 | −1.0     | 0.2|
| DF Tau    | −64     | 11| −17     | 6 | −2.5     | 0.7|
| DK Tau    | −35     | 19| −9.5    | 4.7| −1.1     | 0.4|
| DN Tau    | −7.6    | 1.0| −3.3    | 0.5| −0.34    | 0.08|
| GI Tau    | −10.3   | 3.2| −5.0    | 2.6| −0.54    | 0.35|
| GK Tau    | −21     | 8 | −4.1    | 2.1| −0.44    | 0.10|
| GM Aur    | −106    | 5 | −16     | 2 | −1.1     | 0.4|
| IP Tau    | −16     | 6 | −7.9    | 3.1| −0.62    | 0.37|
| IW Tau    | −3.8    | 0.6| −1.7    | 0.3| −0.07    | 0.02|
| T Tau     | −98     | 13| −17     | 4 | −1.0     | 0.3|
| V826 Tau  | −1.5    | 0.2| −0.27   | 0.16| −0.07    | 0.01|
| V836 Tau  | −14.2   | 1.4| −3.4    | 0.4| −0.22    | 0.04|

**Notes.** We show the mean EW (<EW>) of each emission line over the several days observations, along with the standard deviation (σ), in order to illustrate the variability of these lines. All values are given in Å.
### Table B2. Magnetic obliquities of other CTTSs from the literature.

| Star         | Spectral type | Mass (M_⊙) | θ (°) | Source of θ | References                                      |
|--------------|---------------|------------|-------|-------------|------------------------------------------------|
| AA Tau      | M0.6          | 0.57       | 10    | ZDI         | (Johnstone et al. 2014; Donati et al. 2010b)   |
| BP Tau (Feb 2006) | M0.5          | 0.62       | 10    | ZDI         | (Johnstone et al. 2014; Donati et al. 2008)   |
| BP Tau (Dec 2006) | "            | "          | 30    | ZDI         | (Johnstone et al. 2014; Donati et al. 2008)   |
| CI Tau      | K5.5          | 0.90       | 20    | ZDI         | (Donati et al. 2020)                           |
| CR Cha      | K2            | 2.00       | 70    | ZDI         | (Johnstone et al. 2014; Hussain et al. 2009)   |
| CV Cha      | G8            | 1.05       | 60    | ZDI         | (Johnstone et al. 2014; Hussain et al. 2009)   |
| DN Tau (2010) | M0.3          | 0.55       | 30    | ZDI         | (Donati et al. 2013)                           |
| DN Tau (2012) | "            | "          | 15    | ZDI         | (Donati et al. 2013)                           |
| GQ Lup (2009) | K5.0          | 0.89       | 30    | ZDI         | (Johnstone et al. 2014; Donati et al. 2012)   |
| GQ Lup (2011) | "            | "          | 30    | ZDI         | (Johnstone et al. 2014; Donati et al. 2012)   |
| LkCa 15     | K5.5          | 0.89       | 20    | ZDI         | (Donati et al. 2019)                           |
| TW Hya (2008) | M0.5          | 0.69       | 40    | ZDI         | (Johnstone et al. 2014; Donati et al. 2011b)  |
| TW Hya (2010) | "            | "          | 10    | ZDI         | (Johnstone et al. 2014; Donati et al. 2011b)  |
| V2129 Oph (2005) | K6           | 1.35       | 20    | ZDI         | (Johnstone et al. 2014; Donati et al. 2007)   |
| V2129 Oph (2009) | "            | "          | 10    | ZDI         | (Johnstone et al. 2014; Donati et al. 2011a)  |
| V2247 Oph   | M1            | 0.36       | 40    | ZDI         | (Johnstone et al. 2014; Donati et al. 2010a)  |
| V4046 Sgr A | K5            | 0.95       | 60    | ZDI         | (Johnstone et al. 2014; Donati et al. 2011c)  |
| V4046 Sgr B | K5            | 0.85       | 80    | ZDI         | (Johnstone et al. 2014; Donati et al. 2011c)  |
| DR Tau      | K6            | 0.88       | 14    | ΔV_r(He I)  | (Petrov et al. 2011)                          |
| EX Lup      | M0            | 0.60       | 13    | ΔV_r(He I)  | (Sicilia Aguilar et al. 2015)                 |
| RU Lup      | K7            | 0.65       | 10    | ΔV_r(He I)  | (Gahm et al. 2013; Alcalá et al. 2017)        |
| RW Aur A    | K6.5          | 1.13       | 45    | "           | (Petrov et al. 2001)                          |

**Notes.**

- To maintain consistency with this work, for the star EX Lup we took the value of θ derived from the amplitude of the radial velocity variability of the He I λ5876 line. Masses and spectral types are from Herczeg & Hillenbrand (2014), where available. For the stars not included in that study, masses were rederived using the same mass tracks they used (the PISA tracks, Tognelli et al. 2011), in order to maintain consistency among the sample.

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