Next-generation sequencing to solve complex inherited retinal dystrophy: A case series of multiple genes contributing to disease in extended families

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Purpose: With recent availability of next-generation sequencing (NGS), it is becoming more common to pursue disease-targeted panel testing rather than traditional sequential gene-by-gene dideoxy sequencing. In this report, we describe using NGS to identify multiple disease-causing mutations that contribute concurrently or independently to retinal dystrophy in three relatively small families.

Methods: Family members underwent comprehensive visual function evaluations, and genetic counseling including a detailed family history. A preliminary genetic inheritance pattern was assigned and updated as additional family members were tested. Family 1 (FAM1) and Family 2 (FAM2) were clinically diagnosed with retinitis pigmentosa (RP) and had a suspected autosomal dominant pedigree with non-penetrance (n.p.). Family 3 (FAM3) consisted of a large family with a diagnosis of RP and an overall dominant pedigree, but the proband had phenotypically cone-rod dystrophy. Initial genetic analysis was performed on one family member with traditional Sanger single gene sequencing and/or panel-based testing, and ultimately, retinal gene–targeted NGS was required to identify the underlying cause of disease for individuals within the three families. Results obtained in these families necessitated further genetic and clinical testing of additional family members to determine the complex genetic and phenotypic etiology of each family.

Results: Genetic testing of FAM1 (n = 4 affected; 1 n.p.) identified a dominant mutation in RP1 (p.Arg677Ter) that was present for two of the four affected individuals but absent in the proband and the presumed non-penetrant individual. Retinal gene–targeted NGS in the fourth affected family member revealed compound heterozygous mutations in USH2A (p.Cys419Phe, p.Glu767Serfs*21). Genetic testing of FAM2 (n = 3 affected; 1 n.p.) identified three retinal dystrophy genes (PRPH2, PRPF8, and USH2A) with disease-causing mutations in varying combinations among the affected family members. Genetic testing of FAM3 (n = 7 affected) identified a mutation in PRPH2 (p.Pro216Leu) tracking with disease in six of the seven affected individuals. Additional retinal gene–targeted NGS testing determined that the proband also harbored a multiple exon deletion in the CRX gene likely accounting for her cone-rod phenotype; her son harbored only the mutation in CRX, not the familial mutation in PRPH2.

Conclusions: Multiple genes contributing to the retinal dystrophy genotypes within a family were discovered using retinal gene–targeted NGS. Families with noted examples of phenotypic variation or apparent non-penetrant individuals may offer a clue to suspect complex inheritance. Furthermore, this finding underscores that caution should be taken when attributing a single gene disease-causing mutation (or inheritance pattern) to a family as a whole. Identification of a disease-causing mutation in a proband, even with a clear inheritance pattern in hand, may not be sufficient for targeted, known mutation analysis in other family members.

Retinal dystrophies are a genetically and phenotypically heterogeneous collection of eye diseases disturbing the function of photoreceptor cells and subsequently leading to loss of vision. To date, 256 genes listed in RetNet have been associated with syndromic and non-syndromic retinal dystrophies, which can be inherited as an autosomal-recessive, autosomal-dominant, or X-linked trait (RetNet). Retinitis pigmentosa (RP) is the most common form of hereditary retinal degeneration with a worldwide prevalence of about 1 in 3,500–5,000 and affects more than 1.5 million individuals worldwide [1-5]. RP can be divided into two groups: non-syndromic where RP manifests only in the eyes and syndromic RP where other non-ocular diseases are concomitant. The most common form of syndromic RP is Usher syndrome, which involves RP with
sensory-neural hearing impairment and frequently, vestibular dysfunction [6].

Current evidence suggests that the majority of inherited retinal dystrophies are monogenic (single gene) in an individual, and a reasonable assumption is that the same gene is involved in affected members of a single family, following standard Mendelian inheritance, i.e., autosomal dominant, autosomal recessive, or X-linked. However, rare digenic, triallelic, and mitochondrial forms have been observed [7-10], and multiple, independent mutations are possible in large families. Correctly identifying the disease-causing gene within a family is vital to providing guidance to the onset, progression, and severity of disease and for enrolling patients in clinical trials. Genotype data are also used to infer phenotype and to calculate inheritance risk to offspring [11].

Genetic testing in retinal diseases historically began with the proband as proxy for the family and targeted genes analyzed in a known disease-causing sequential manner until a probable disease-causing variant was identified. With the emerging availability of next-generation sequencing (NGS), it is becoming routine to parallel gene testing for large panels of genes rather than sequential gene-by-gene testing [12-16]. Few would disagree that NGS is a powerful, cost-effective, and efficient genetic testing tool, but comprehensive testing can also yield incidental and unexpected findings. In this report, we describe the identification of multiple gene mutations associated with retinal dystrophy occurring independently or concurrently in three relatively small families.

METHODS

The study was performed in accordance with the Declaration of Helsinki, and informed consent was obtained from all participants. The research was approved by the Committee for Protection of Human Subjects, University of Texas Southwestern Medical Center and at the University of Texas Health Science Center.

Members from three families with an initial diagnosis of RP from referring ophthalmologists underwent comprehensive visual function evaluations as part of the Retina Foundation of the Southwest’s ongoing research into the etiology and pathophysiology of inherited retinal disease. Clinical examinations included Electronic Early Treatment of Diabetic Retinopathy Study (E-ETDRS) visual acuity, dark-adapted visual thresholds (Goldmann-Weekers adaptometer; Haag-Streit, Bern, Switzerland), kinetic and static visual field perimetry (Octopus; Haag-Streit, Koeniz, Switzerland), and in most cases, spectral domain optical coherence tomography (SD-OCT; Heidelberg Spectralis, Heidelberg, Germany) and full-field electroretinography (fTERG; Espion E3, Diagnosys, Lowell, MA).

Pedigrees were constructed based on patient interviews, and a preliminary genetic inheritance pattern was assigned and updated as additional family members were willing to participate. Comprehensive visual function exams and genetic testing were offered to immediate and extended family members to ascertain affection status of all available individuals. If family members were unable to attend an in-person testing appointment, a biologic sample was sought for genetic testing along with a brief phone interview to collect vision and family history information, as well as obtain informed consent.

Blood or saliva samples were obtained from each individual. Genomic DNA was extracted from whole blood as reported previously [17]. Saliva was collected with Oragene collection kits (DNA Genotek, Inc., Kanata, Canada) and extracted according to the manufacturer’s recommended protocol.

Genetic analysis was initially performed on one family member with traditional Sanger sequencing via sequential analysis of an autosomal dominant retinitis pigmentosa (adRP) gene panel to identify the underlying cause of disease in that family. Additional family members were clinically and genetically tested to refine the emerging complex genetic and phenotypic etiology. Retinal gene–targeted NGS analysis was used to resolve disparate genetic testing findings.

Sanger single gene and adRP panel–based sequencing was performed in the Clinical Laboratory Improvement Amendments (CLIA)–certified DNA diagnostic Laboratory for Molecular Diagnosis of Inherited Eye Diseases (LMDIED) at the University of Texas-Houston. Retinal gene–targeted NGS was performed in the University of Texas-Houston Health Science Center laboratory or in the Department of Molecular and Human Genetics, Baylor College of Medicine, Houston [18,19]. All likely pathogenic mutations identified using retinal gene–targeted NGS were confirmed using Sanger sequencing.

Pathogenicity analyses included variant assessment (PolyPhen-2; SIFT; Mutation Taster), sequencing of multiple family members, and segregation analysis. The observed genotype was compared to the reported diagnosis and ophthalmic characterization for each individual and subsequently assessed for consistency with reported literature. Additional Sanger single gene sequencing and further rounds of retinal gene–targeted NGS were performed as needed until the genetic cause of disease was determined for each available family member.
RESULTS

Pedigrees for the three families are shown in Figure 1. Family 1 (FAM1) and Family 2 (FAM2) were clinically diagnosed initially with RP with suspected dominant inheritance with non-penetrance (n.p.). Family 3 (FAM3) comprised a dominant pedigree with multiple generations diagnosed with RP, but the proband was phenotypically consistent with a cone-rod dystrophy phenotype.

**FAM1:** The proband of FAM1 (#2334) was diagnosed with RP at age 33 years. She reported bilateral, sensorineural mild-to-moderate hearing loss from age 10 that was thought to be due to childhood measles. The family history revealed other cases of RP but no hearing loss. At age 46 years, her phenotype was consistent with a typical adult onset, rod-driven case of RP. Her visual acuity was reduced to 20/50 oculus dexter (OD) and 20/60 oculus sinister (OS); rod ERG responses (Figure 2) were non-detectable, while cone ERG responses were minimally reduced from normal although her central visual field was reduced to less than 10 degrees. Her final dark-adapted threshold was elevated by 3.9 log units with an 11 degree test centrally fixated. The OCT scans for the proband showed limited retention of the photoreceptor layer in the fovea OS and only discontinuous remnants in the fovea OD (Figure 3). Fundus photography (Figure 3) showed notable bone spicule-like pigmentation, vessel attenuation, and disc pallor in the proband. Full-field ERG responses

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Figure 1. Pedigrees of families clinically diagnosed with autosomal dominant retinitis pigmentosa (adRP) with suspected non-penetrance (FAM1, FAM2) and dominant pedigree (FAM3). Filled symbols indicate diagnosis of RP. Individuals for whom DNA samples were available are indicated with identification (ID) numbers; probands are marked with arrows. '-' indicates the presence of a mutation, and '+' indicates the presence of a wild-type allele, detailed in Table 1.
for the proband’s unaffected mother (#5908) are shown for comparison (Figure 2).

Initial sequential Sanger analysis of the FAM1 proband did not identify a disease-causing mutation in an autosomal dominant panel of RP genes. However, testing of additional known affected family members identified a previously reported dominant mutation in \textit{RP1} (Gene ID: 19888, OMIM: 603937) p.Arg677Ter \cite{20, 21} that was confirmed in two (#10295 and #10347; vision data not available) of the four affected individuals but absent in the proband and the unaffected, suspected non-penetrant individual (#5908). The fourth affected family member was unavailable for testing. Subsequent retinal gene–targeted NGS testing revealed the proband was a compound heterozygote for two previously reported mutations in \textit{USH2A} (Gene ID: 19888, OMIM: 608400), p.Cys419Phe and p.Glu767Serfs*21 \cite{13, 14, 22, 23}, and her mother, who was believed to be non-penetrant, was a heterozygous carrier of the mutation in \textit{USH2A} p.Cys419Phe. Segregation of the identified mutations is detailed in Table 1.

\textbf{FAM2}: Patient #8438 was diagnosed with RP at age 20 years and denied any known or suspected hearing loss. Family history detailed other cases of RP but no hearing loss. Visual function testing of patient #8438 at age 23 years revealed visual acuity of 20/25 in each eye with reduced-to-minimal rod and cone ERG function (Figure 2). Visual field diameter was reduced to less than 15 degrees. Her final dark-adapted threshold was elevated by 1.9 log units with an 11 degree test centrally fixated. The OCT scans showed retention of the photoreceptor layer in the fovea and midperiphery, although midperiphery granularity was notable (Figure 3). Fundus...
photography (Figure 3) showed a relatively preserved fundus appearance with sparse bone spicule-like pigment deposits limited to the far periphery. Two additional family members presented with signs consistent with a diagnosis of RP. The proband’s aunt, patient #10524, at age 53 years of age showed symptoms consistent with an advanced stage of RP, including non-detectable ffERG responses (Figure 2). OCT images showed thinning of the retina with only remnants of the photoreceptor layer remaining, and fundus photography showed dense mid-periphery bone spicule-like pigment and thinning of the retina (Figure 3). Her daughter, patient #10228, at age 24 years exhibited severe symptoms of RP, including markedly reduced ffERG rod and cone responses, OCT images indicated the photoreceptor layer limited to the fovea and parafovea, and moderate mid-periphery bone spicule-like pigment could be seen on fundus photography.

Initial sequential Sanger sequencing analysis for patient #8438 did not detect a disease-causing mutation in a panel of autosomal dominant RP genes. Subsequent retinal gene–targeted NGS was initiated in patient #10228 due to sample availability. This testing revealed likely disease-causing mutations in three retinal dystrophy genes (PRPH2-Gene ID: 5961 OMIM: 179605, PRPF8- Gene ID: 10594 OMIM: 607300, and USH2A) within this family. Affected FAM2 individuals each were determined to have a different genotype responsible for their retinal disease.

Patient #10228 was determined to harbor a novel mutation in PRPF8 and a novel autosomal dominant mutation in PRPH2, and additionally carried a heterozygous known mutation in USH2A (p.Glu767Serfs*21). Targeted Sanger sequencing analysis for each of the identified gene mutations was undertaken in the available family members to determine segregation of the mutations. The novel PRPF8 missense mutation (c.5792C>T, p.Thr1931Met) results in an amino acid substitution that has not been reported in patients or normal control databases. Computational analysis predicts this variant to be pathogenic (PolyPhen = 1.0, SIFT = 0.0, MutationTaster = 0.99, disease causing plus possible splicing

Figure 3. Fundus and SD-OCT images from individuals in three families diagnosed with inherited retinal disease. Representative central views of the left eye and the corresponding spectral domain optical coherence tomography (SD-OCT) image are shown.
### Table 1. Clinical Characteristics and Genotypes of 3 families with multi-allelic inherited retinal dystrophy.

| Subject ID | Age | Sex | Acuity         | Gene   | mRNA ID, Protein ID | Allele 1                | Allele 2                        | Phenotype                                      |
|------------|-----|-----|----------------|--------|---------------------|--------------------------|----------------------------------|-----------------------------------------------|
| FAM1–2334  | 33  | F   | 20/50 OD, 20/60 OS | USH2A  | NM_206933.2, NP_996816.2, NM_006269.1, NP_006260.1 | c.2029C>T, p.Cys419Phe Wild-type | c.2299delG, p.Glu767Serfs*21 Wild-type | RP with sensorineural hearing loss             |
| FAM1–5908  | 68  | F   | 20/20 OU        | USH2A  | NM_206933.2, NP_996816.2, NM_006269.1, NP_006260.1 | c.2029C>T, p.Cys419Phe Wild-type | Wild-type                          | Unaffected                                    |
| FAM1–10295 | 80  | M   | NA             | USH2A  | NM_206933.2, NP_996816.2, NM_006269.1, NP_006260.1 | Wild-type c.2029C>T, p.Arg677Ter Wild-type | Wild-type | RP |
| FAM1–10347 | 54  | M   | NA             | USH2A  | NM_206933.2, NP_996816.2, NM_006269.1, NP_006260.1 | Wild-type c.2029C>T, p.Arg677Ter Wild-type | Wild-type | RP |
| FAM2–8438  | 23  | F   | 20/25 OU        | PRPH2  | NM_000322.4, NP_00313.2, NM_006445.3, NP_006436.3, NM_206933.2, NP_996816.2 | Wild-type Wild-type | c.2299delG, p.Glu767Serfs*21 Wild-type | Wild-type, c.10342G>A, p.Glu3448Lys         |
| FAM2–10228 | 24  | F   | 20/32 OD, 20/40 OS | PRPH2  | NM_000322.4, NP_00313.2, NM_006445.3, NP_006436.3, NM_206933.2, NP_996816.2 | c.610T>C, p.Tyr204His c.5792C>T, p.Thr1931Met c.2299delG, p.Glu767Serfs*21 | Wild-type Wild-type Wild-type | RP |
| FAM2–10524 | 53  | F   | 20/200 OD, 20/400 OS | PRPH2  | NM_000322.4, NP_00313.2, NM_006445.3, NP_006436.3, NM_206933.2, NP_996816.2 | Wild-type c.5792C>T, p.Thr1931Met c.2299delG, p.Glu767Serfs*21 | Wild-type Wild-type | RP |
| FAM2–9959  | 48  | F   | 20/20 OD, 20/25 OS | PRPH2  | NM_000322.4, NP_00313.2, NM_006445.3, NP_006436.3, NM_206933.2, NP_996816.2 | Wild-type Wild-type c.2299delG, p.Glu767Serfs*21 | Wild-type | Unaffected |
| Subject ID | Age | Sex | Acuity | Gene | mRNA ID, Protein ID | Allele 1 | Allele 2 | Phenotype |
|------------|-----|-----|--------|------|--------------------|----------|----------|-----------|
| FAM3–5250  | 32  | F   | 20/500 OU | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu del exons 3–4 | Wild-type | Wild-type | Cone-rod dystrophy |
| FAM3–11704 | 4   | F   | 20/20 OD 20/20 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu | Wild-type | Wild-type | Asymptomatic at ophthalmic exam |
| FAM3–10396 | 8   | M   | 20/60 OD 20/25 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | Wild-type del exons 3–4 | Wild-type | Wild-type | Cone-rod dystrophy |
| FAM3–10397 | 3   | F   | 20/32 OD 20/32 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu del exons 3–4 | Wild-type | Wild-type | Cone-rod dystrophy |
| FAM3–10398 | 6   | F   | NA     | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | Wild-type del exons 3–4 | Wild-type | Wild-type | No vision evaluation |
| FAM3–6275  | 54  | M   | 20/20 OU | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu | Wild-type | Wild-type | RP |
| FAM3–9566  | 59  | F   | 20/32 OD 20/50 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu | Wild-type | Wild-type | RP |
| FAM3–6121  | 76  | M   | 20/25 OD 20/40 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu | Wild-type | Wild-type | RP |
| FAM3–6173  | 50  | M   | 20/20 OD 20/20 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu | Wild-type | Wild-type | RP |
| FAM3–6248  | 53  | F   | 20/20 OD 20/32 OS | PRPH2 | NM_000322.4, NP_00313.2, NM_000554.5, NP_000545.1 | c.647C>T, p.Pro216Leu | Wild-type | Wild-type | RP |

RP, retinitis pigmentosa; OD, right eye; OS, left eye; OU, both eyes.
defect) based on its location in a highly conserved functional domain and the prediction that the nucleotide substitution may alter the donor splice site. The novel missense mutation in PRPH2 (c.610T>C, p.Tyr204His) results in an amino acid change that has not been reported in a patient or normal control databases; this mutation was identified once in the LMDIED laboratory in a patient with dominant retinal disease. The mutation is located at a highly conserved residue in an established functional domain. Computation analysis predicts this to be a pathogenic mutation (PolyPhen = 0.99, SIFT = 0.01, MutationTaster = 0.99, disease-causing). Her affected mother, patient #10524, was found to harbor the novel, autosomal dominant mutation in PRPF8. The family denied that the father of #10228 has any symptoms of retinal disease, but to date, he has been unavailable for clinical or genetic testing due to an occupation outside the United States.

Patient #8438 was negative for the identified autosomal dominant RP mutations in PRPH2 and PRPF8 but was found to harbor the identified p.Glu767Serfs*21 mutation in USH2A. A subsequent round of retinal gene–targeted NGS confirmed that patient #8438 was a compound heterozygote for previously reported pathogenic mutations in USH2A, p.Glu767Serfs*21 and p.Glu3448Lys [14,22,24,25]. Segregation analysis of the identified mutations in USH2A among the three additional family members tested showed that each individual was a heterozygous carrier for one of the mutations in USH2A, including patient #8438’s mother (#9959) who was formerly believed to be non-penetrant for adRP. Segregation of the identified mutations is detailed in Table 1 and Figure 1. FAM3: The proband (#5250; Figure 1) was diagnosed with cone-rod dystrophy at age 18 years with a family history of RP spanning multiple generations consistent with dominant inheritance. Patient #5250, her son, and two additional family members diagnosed with RP exhibited varying levels of rod and cone ERG dysfunction (Figure 2). Unlike the proband’s RP diagnosed family members who demonstrated primarily loss of peripheral rod function followed by cone degeneration as disease progressed, the proband exhibited early onset, primary loss of cone photoreceptors followed by loss of rod function that was widespread across the entire retina. At age 33, patient #5250 had visual acuity of 20/500 OU, and her final dark-adapted threshold was elevated by 5.4 log units with an 11 degree test centrally fixated. OCT scans showed sparse remnants of the photoreceptor layer in the fovea and midperiphery with infrared imaging highlighting an atrophic macular lesion (Figure 3). Fundus photography (Figure 3) illustrated a pronounced macular lesion, granular appearance, and sparse bone spicule-like pigment deposits. RP-affected family members had imaging typically associated with peripheral retinopathy due to RP. The proband’s son (#10396) presented at age 8 years with suspected reduced acuity and visual fields constricted to less than 10 degrees with reduced macular sensitivity, and a multifocal ERG from his referring ophthalmologist noted marked deficits in central retina responses that were consistent with a cone-rod dystrophy phenotype.

Traditional sequential single gene sequencing identified a previously reported heterozygous mutation in PRPH2 (p.Pro216Leu) [26] tracking with disease in six of the seven affected individuals who were genetically tested. The proband’s son, patient #10396, was notably mutation negative for the mutation in PRPH2. Subsequent retinal gene–targeted NGS analysis for the FAM3 proband and her son determined that she harbored a novel, heterozygous partial deletion in the CRX gene (Gene ID: 1406 OMIM: 602225) that includes at least exons 3 and 4 along with the dominant PRPH2 mutation, whereas her son harbored only the deletion in the CRX gene. The CRX deletion was confirmed independently by a commercial laboratory. Although this exact deletion has not been previously reported in literature, multiple missense and nonsense mutations in the CRX gene have been reported in the Human Gene Mutation Database as associated with cone-rod dystrophy [27], and a single gross deletion in the CRX gene has been previously published in association with Leber congenital amaurosis [28]. The proband’s other three children (#10397, #10,398, and #11,704) were genetically and clinically tested as available (#10398 was unable to undergo clinical testing due to illness), and each child was found to harbor one or both of the identified mutations. Segregation of the identified mutations is detailed in Table 1 and Figure 1. DISCUSSION

Using targeted capture NGS, we are discovering multiple genes contributing to the retinal dystrophy genotypes within a family [19,29,30]. Individuals from FAM1, FAM2, and FAM3 each had the initial provisional diagnosis of RP associated with a likely autosomal dominant pattern of inheritance. Two of the three families contained a potential non-penetrant individual, and the third family had documented phenotypic variability. Traditional Sanger-based sequential, single gene testing of the index case failed to reveal the underlying cause of retinal disease for these families. For FAM1, two different genes accounted for retinal disease in a non-overlapping manner in this relatively small family. The proband in FAM1 presented with typical RP symptoms, including night blindness, reduced visual fields, and bone spicule-like pigmented deposits, all of which are plausibly consistent with previously
reported phenotypes caused by mutations in RP1 in dominant RP with and without reduced penetrance [20,31]. The proband’s phenotype, which included sensorineural hearing loss from an initially uncertain cause, was ultimately explained, through the use of targeted capture NGS, by mutations in the USH2A gene which is associated with syndromic and non-syndromic RP [32-34].

FAM2 and FAM3 presented a far more complex genetic puzzle with disease-causing mutations identified in multiple genes that in some individuals likely contributed concurrently to their retinal dystrophy phenotype. It is not entirely clear what impact having two autosomal dominant gene mutations may have on phenotypic severity or the progression of disease. In FAM2, we observed dominant mutations in PRPH2 and PRPF8 in a single individual. The PRPH2 and PRPF8 genes have been widely reported to result in intrafamilial phenotype variability, including incomplete penetrance [35-40]. FAM3 was found to have two individuals with dominant mutations in PRPH2 and CRX. The identification of only the dominant PRPH2 gene was initially determined to be the cause of RP for the family because mutations in the PRPH2 gene can result in a broad spectrum of phenotypes ranging from RP to adult vitelliform macular dystrophy and even cone-rod dystrophy [35,41].

Inherited retinal diseases are exceptionally heterogeneous with more than 3,500 mutations in more than 80 genes known to cause various forms of non-syndromic retinitis pigmentosa [5]. Autosomal dominant retinitis pigmentosa alone can be caused by mutations in at least 27 genes (https://sph.uth.edu/retnet/). Precise clinical diagnosis and detailed pedigree information are the first keys to correct identification of disease-causing mutations. Even with meticulous characterization of the phenotype, considerable variability and overlap of disease presentation in patients with inherited retinal disease can lead to challenges in correctly identifying the disease-causing mutation in individuals. The implementation of NGS platforms in the field of inherited retinal diseases has led to the identification of cases with inconsistencies between initial clinical findings and actual genetic result that required a revision of diagnosis for individuals [41-45]. Intrafamilial variability is not uncommon in families with inherited retinal disease. Even family members with the same causative mutation can show different phenotypes, which can further complicate molecular diagnosis.

In practice, evaluation of a patient or family with an inherited retinal disease can be divided into three overlapping stages: clinical characterization of the patient and available family members, family history including pedigree, and molecular testing. Because of the complexity of inherited retinal diseases, it is often necessary to reconcile the clinical diagnosis, family diagnosis, and molecular diagnosis. This can best be done in a team approach, ideally in centers that include retinal specialists, genetic counselors, molecular biologists, and other experts.

Families with considerable phenotypic variation or apparent non-penetrant individuals raise the possibility of complex inheritance. Furthermore, these findings underscore that caution should be taken when attributing a single gene disease-causing mutation (or inheritance pattern) to a family as a whole and has implications for directing appropriate genetic testing and genetic counseling. Multiple family members should always undergo independent genetic testing whenever possible. Targeted single gene genetic testing may not be a sufficient prescreening for gene-directed therapies. Until we have a much better understanding of the complexity of RP and related diseases, diagnosis and treatment must be approached with caution and an open mind.

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