Isolation and Enumeration of *Escherichia coli* from Soil and Water

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Majority of the population of Bangladesh depend on tap or surface water as their source of water supply. This study was carried out to examine the microbial quality of both water and soil collected from different places using the multiple tube fermentation technique to determine coliform count by the most probable number (MPN) method in brilliant green lactose broth (BGLB) media. Inoculum from positive tubes of the presumptive test were further transferred on eosin-methylene blue (EMB) and MacConkey agar. The organisms isolated were further characterized using biochemical tests. Out of 93 water samples, 30 (32.26%) indicated the presence of lactose fermenter and gas producer in all 3 tubes of dilution series using inoculum quantities of 1.0, 0.1 and 0.01 ml, whereas out of 85 soil samples, 45 (52.94%) showed acid and gas production in all 3 tubes of dilution series. Among 85 soil samples, 40 samples that contained at least one positive in each dilution series and among 93 water samples, 31 samples that contained at least one positive in each dilution series were further re-identified with biochemical tests. This study showed 30.59% soil isolates and 26.88% water isolates were *Escherichia coli* which highlighted the fact that both water and soil act as a major reservoir of *E. coli*, which indicates possible fecal contamination as well as presence of potentially pathogenic *E. coli*.

Key words: *Escherichia coli*, Fecal contamination.

**Introduction**

Water is one of the basic components for man’s continued existence¹. Water plays a central role in the regulation of nutrient transport, toxic waste removal, thermal regulation and digestion and digestion, organ functioning and metabolic activities. But fecally contaminated water is able to spread diseases in consumers to a great number of people². The World Health Organization estimated in 2000 that there are four billion cases of diarrhea each year in addition to millions to other cases of illness associated with the lack of access to clean water³. It is recommended that water supplies contaminated with human and animal excreta particularly feces can transmit infectious diseases⁴. Outbreaks of water-borne diseases continue to occur throughout the world but are especially serious in developing countries⁵-⁶. Another important component of environment is soil which is the region on earth’s crust where geology and biology meet the land surface that provides a home to plant, animal and microbial life⁷. Soil teems with microscopic life (bacteria, fungi, algae, protozoa and viruses as well as macroscopic life such as earthworms, nematodes, mites and insects and also the root systems of plants. The number and kinds of microorganisms present in soil depend on many environmental factors: amount and type of nutrients available, available moisture, degree of aeration, pH, temperature etc. Soil is generally a favourable habitat for the proliferation of microorganisms with micro colonies developing around soil particles. Number of microorganisms in soil habitats normally are much higher than those in fresh water or marine habitats⁸. *Escherichia coli* is a common bacteria found in the human intestine. Under certain conditions, *E. coli* can become pathogenic, i.e., it gains the ability to cause disease. It almost goes without saying that *E. coli* is an important model organism and has been for more than 120 years. For a long time *E. coli* has become a common resident of the environment. Moreover, as the environmental conditions are significantly different from what exists in the human intestine, *E. coli* fails to survive long outside of the human host. For these reasons, *E. coli* has been used as an indicator of recent fecal contamination and represents a threat to human and environmental health⁹. However, for rapid detection of indicator organisms in drinking water as well as in soil, the most probable number (MPN) method, which is not that common in usage, might be considered¹⁰-¹¹. It is actually a qualitative test rather than quantitative indicating only the presence of coliforms, not their numerical presentation.

Materials and Method

**Sample collection:** The soil samples were collected from different places of Bangladesh like Dhaka, Chandpur, Narsingdi, Barisal, Tangail, whereas the water samples include both tap and surface water in which tap water were collected from different locations of Dhaka City and surface water were collected from different ponds of Dhaka, Chandpur, Tangail and Mymensingh districts. Rivers include Buriganga and Dakatia. Soil samples were collected from 85 different locations in UV-treated plastic bags and 93 water samples were collected in UV treated plastic screw capped bottles and transported to the laboratory within one hour and immediately subjected to microbiological analysis.

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Presumptive identification of E. coli by MPN method: In Most Probable Number method a series of tubes containing selective BGLB media were inoculated with test portion of soil samples using inoculum quantities of 1.0, 0.1 and 0.01 g but in case of water samples BGLB media were inoculated with test portion of samples using inoculum quantities of 1.0, 0.1 and 0.01 ml and incubated at 37°C for 24 hours. Each tubes containing gas with yellow color was regarded as presumptive positive for coliform. Subsequent confirmatory test with selective eosin-methylene blue (EMB) and MacConkey agar media was performed.

Confirmative identification of E. coli on EMB and MacConkey agar media: A loopful of culture from positive BGLB medium from each dilution was streaked on EMB and MacConkey agar media for confirmative identification of the samples. The plates were incubated at 37°C for 24 hrs. Colonies with metallic green sheen on EMB and round, small, elevated colonies with pink pigmentation on MacConkey agar were thought to be *Escherichia coli* and picked as positive isolates for further identification.

Biochemical identification: The laboratory biochemical tests such as Kligler’s iron agar (KIA) test, indole production test, citrate utilization test, methylred test and Voges-Proskauer test were used to confirm the identification of the selected colony from EMB and MacConkey agar media. Specific biochemical reactions such as fermentative metabolism, utilization of glucose, lactose, production of gases helped to identify *Escherichia coli*.

Results and Discussion

In this study, 32.26% (n=93) water samples and 52.94% (n=85) of soil samples were presumptive for coliforms in BGLB media, whereas 30.59% soil isolates and 26.88% water isolates were confirmed to be *Escherichia coli*. Tables 1 and 2 show the most probable number (MPN) of samples that were inoculated in varying amounts in BGLB media.

Among 85 soil samples 40 samples that contained at least one positive in each dilution series and among 93 water samples 31 samples that contained at least one positive in each dilution series were further confirmed for the presence of *E. coli* through identification with biochemical tests. This study showed 30.59% soil isolates and 26.88% water isolates were *E. coli*, which conformed to expected biochemical reactions, formed round, small, elevated colonies with pink pigmentation on MacConkey agar media and round, small metallic green sheen pigmentation on EMB agar media.

The spread of diseases through fecal contamination of water sources particularly in developing and under developed countries are a common phenomenon that has been well reported12-13. Infectious diseases are more common in developing countries like Bangladesh due to poor quality of drinking water14-16. The present experiment was conducted for the determination of the both tap and surface water quality on the basis of the presence of indicator bacteria which indicates the chance of fecal contamination as well as health associated risks. This identification procedure was done by applying the MPN method which is rather a cheap and less time consuming method in the context of developing countries. Any water source used for cleaning or drinking purpose should not contain any organism of fecal origin17. Presence of enteric coliforms especially *E. coli* makes the water samples unsuitable for human consumption according to the guidelines set by WHO for the evaluation of bacteriological quality of drinking water12. In this study we have found the presence of *E. coli* both in tap and surface water which are used for drinking, bathing swimming and for many household purposes. Likewise we have isolated a considerable percentage

| Combination of positives | MPN index per g/ml | Number of samples showed this result | 95% confidence limits |
|-------------------------|--------------------|-------------------------------------|----------------------|
|                         |                    |                                     | Lower | Upper |
| 0-0-0                   | <0.3              | 32                                  | -     | 0.95  |
| 1-0-0                   | 0.36              | 10                                  | 0.017 | 1.8   |
| 2-0-0                   | 0.92              | 4                                   | 0.14  | 3.8   |
| 3-2-1                   | 15.3              | 4                                   | 3.7   | 42.4  |
| 3-1-0                   | 4.3               | 4                                   | 0.90  | 18.4  |
| 3-3-3                   | >110.3            | 30                                  | 42.0  | -     |
| 1-1-1                   | 1.14              | 2                                   | 0.36  | 3.8   |
| 2-1-0                   | 1.5               | 1                                   | 0.37  | 4.2   |
| 3-3-0                   | 24.3              | 2                                   | 4.2   | 100.4 |
| 3-0-0                   | 2.3               | 1                                   | 0.46  | 9.4   |
| 3-3-1                   | 46.3              | 2                                   | 9.0   | 200.4 |
| 3-2-0                   | 19.3              | 1                                   | 1.8   | 42.4  |
Table 2. MPN Index and 95% Confidence Limits for various Combinations of positive tubes in a 3 tube dilution series using inoculum quantities of 1, 0.1 and 0.01 g for soil sample analysis

| Combination of positives | MPN index per g(ml) | Number of samples showed this result | 95% confidence limits |
|--------------------------|---------------------|--------------------------------------|----------------------|
|                          |                     |                                      | Lower                |
| 3-3-2                    | 110.3               | 6                                    | 18.0                 |
| 1-3-0                    | 1.6                 | 1                                    | 0.45                 |
| 1-0-1                    | 0.72                | 1                                    | 0.13                 |
| 1-0-2                    | 1.1                 | 1                                    | 0.36                 |
| 3-1-0                    | 4.3                 | 2                                    | 0.90                 |
| 3-3-3                    | >110.3              | 45                                   | 42.0                 |
| 1-1-1                    | 1.14                | 1                                    | 0.36                 |
| 3-2-3                    | 29.3                | 3                                    | 9.0                  |
| 3-3-1                    | 46.3                | 3                                    | 9.0                  |
| 3-0-0                    | 2.3                 | 1                                    | 0.46                 |
| 3-3-1                    |                      | 2                                    | 9.0                  |
| 3-2-1                    | 15.3                | 19                                   | 3.7                 |

Figure 1: Result of 3 tubes dilution series of water samples using inoculum quantities of 1.0, 0.1 and 0.01 ml.

Figure 2: Result of 3 tubes dilution series of soil samples using inoculum quantities of 1.0, 0.1 and 0.01 g.

of E. coli from soil samples collected from different places of Bangladesh.

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