Helical Fasciculation of Bipolar and Horizontal Cell Neurites for Wiring With Photoreceptors in Macaque and Mouse Retinas

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PURPOSE. The three-dimensional configurations of rod and cone bipolar cell (BC) dendrites and horizontal cell (HC) processes outside rod and cone synaptic terminals have not been fully elucidated. We reveal how these neurites are mutually arranged to coordinate formation and maintenance of the postsynaptic complex of ribbon synapses in mouse and monkey retinas.

METHODS. Serial section transmission electron microscopy was utilized to reconstruct BC and HC neurites in macaque monkey and mouse, including metabotropic glutamate receptor 6 (mGluR6)-knockout mice.

RESULTS. Starting from sporadically distributed branching points, rod BC and HC neurites (B and H, respectively) took specific paths to rod spherules by gradually adjusting their mutual positions, which resulted in a closed alternating pattern of H–B–H–B neurites at the rod spherule aperture. This order corresponded to the array of elements constituting the postsynaptic complex of ribbon synapses. We identified novel helical coils of HC processes surrounding the rod BC dendrite in both mouse and macaque retinas, and these structures occurred more frequently in mGluR6-knockout than wild-type mouse retinas. Horizontal cell processes also formed hook-like protrusions that encircled cone BC and HC neurites below the cone pedicles in the macaque retina.

CONCLUSIONS. Bipolar and horizontal cell neurites take specific paths to adjust their mutual positions at the rod spherule aperture. Some HC processes are helically coiled around rod BC dendrites or form hook-like protrusions around cone BC dendrites and HC processes. Loss of mGluR6 signaling may be one factor promoting unbalanced neurite growth and compensatory neurite coiling.

Keywords: mGluR6, neural circuit, macaque monkey, rod bipolar cell, retinal horizontal cell, ribbon synapse, serial section electron microscopy
neuroepithelial cells by postnatal day 5 and retain a neighbor–neighbor relationship with HC processes. The HC processes first enter a spherule, followed by rod BC dendrites, leading to the formation of ribbon-associated postsynaptic complex by 2 weeks of age. In null-mutant HC processes first enter a spherule, followed by rod BC neurites sprout outside the rod spherules and into the outer nuclear layer, frequently leading to co-fasciculation and the formation of ectopic synapses. Similar events also occur in mammals after retinal detachment. These findings suggest the inherent capability of HC and rod BC neurites to execute flexible morphogenesis, including co-fasciculation, through mutually associated elongation of the neurites.

In this study, serial section transmission electron microscopy was used to clarify the structural features of BC and HC neurites invaginating photoreceptor terminals in adult retina. First, we observed the configurations and projection paths of wild-type mouse rod BC dendrites and HC processes before invagination into the spherule. Second, we revealed a helically encircling structure in mGluR6-knockout mice and compared the features and frequency of these helical coils between mGluR6-knockout and wild-type mice. Third, we identified helical structures of HC processes encircling rod BC dendrites in a macaque retina. We also examined nearby areas below cone pedicles and identified hook-like structures of HC processes surrounding cone BC dendrites. Finally, we summarize various modes of fasciculation and their potential significance for synaptic wiring in the OPL.

Materials and Methods

Animals

Retinas were obtained from a 7-year-old female macaque monkey (Macaca fuscata) and eight mice, including four wild-types and four mGluR6-knockouts. From the macaque, 817 radial sections were collected at 3 mm temporal to the foveal center. From mouse 1, a 9-week-old female wild-type (C57BL/6J), 366 radial sections were obtained at the central retina. From mouse 2, a 30-week-old male mGluR6-knockout (Grm6−/−, 129/SvJ × C57BL/6J), 300 radial sections were obtained at the central retina. A series of 100 tangential sections of the central retina was obtained from each of mice 3 to 5, one 12-week-old and two 90-week-old wild-types (Grm6+/−, 129/SvJ × C57BL/6J), and from each of mice 6 to 8, one 12-week-old and two 90-week-old mGluR6-knockouts (Grm6−/−, 129/SvJ × C57BL/6J). The monkey was donated by the Psychophysics Laboratory and the formation of ribbon-associated postsynaptic complex by 2 weeks of age. In null-mutant HC processes first enter a spherule, followed by rod BC neurites sprout outside the rod spherules and into the outer nuclear layer, frequently leading to co-fasciculation and the formation of ectopic synapses. Similar events also occur in mammals after retinal detachment.17 These findings suggest the inherent capability of HC and rod BC neurites to execute flexible morphogenesis,18 including co-fasciculation, through mutually associated elongation of the neurites.

Electron Microscopy

Electron micrographs of the serial sections were acquired at both 400× and 3000× magnifications using a JEM-1220 electron microscope (jeol Ltd., Tokyo, Japan) at the Joint-Use Research Facilities of the Hyogo College of Medicine. The lower-magnification images were enlarged 10-fold to 4000×, and the higher magnification images by fourfold to 12,000× for printed image analysis. We traced every neuronal process and marked the synapses and other features with color pens on transparent sheets. The digitized contour lines were processed using TRI/3D-SRF-R graphics software (Ratoc Systems International, Tokyo, Japan). Adobe Creative Suite 6 (Adobe Systems, San Jose, CA, USA) was used for graphic representation of digital images, and ImageJ (National Institutes of Health, Bethesda, MD, USA) was used for densitometry of the electron micrographs.

Statistical Analysis

Statistica 06j (Statsoft Japan, Tokyo, Japan) was used to perform a Student’s t-test and Mann–Whitney U test. *P < 0.05 was considered statistically significant.

Results

Fascicle Formation Outside the Rod Spherule

Cross-sections of neurites in the OPL of wild-type mouse retina revealed the typical spatial arrangement of two rod BC dendrites and two HC processes (Fig. 1A). The four processes are arranged linearly in the order H1–B1–H2–B2 from left to right, about 1 μm below the spherule aperture (270 in Fig. 1A; see also Figs. 1B, 1C). Closer to the spherule base, these four neurites are arrayed in a tetragon such that B1 borders both H1 and H2 from the left and B2 borders both H1 and H2 from the right (278 in Fig. 1A; see also Figs. 1B, 1C). Along the path approaching the spherule base, H1 traverses from left to right across B1 for insertion between B1 and B2 (274 in Fig. 1A; see also Fig. 1B). In other words, the H1 process projects toward the spherule as a partial right-handed helix that wraps around the B1 axis (Fig. 1C).

Figure 1D presents another example of a longitudinal section of neurites through the outside and inside of the spherule in wild-type mouse retina. The four processes are arranged in the linear order B2–H1–B1–H2 from left to right at approximately 1 μm from the spherule (Fig. 1E). Thus, at this level, H1 borders both B2 and B1, but H2 only borders B1. However, at the basal aperture of the rod spherule, these processes are again arranged in a tetragon, with H2 changing position from the right of B1 to the left of B1 so that B1 and B2 border both H1 and H2. That is, H2 transverses obliquely across B1 for insertion between B1 and B2 along the path; in other words, the H2 process in this case projects as a
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**Figure 1.** Morphological characteristics of 2B–2H-type neurite bundles below the rod spherule in wild-type mouse retina. (A) Electron micrographs of two rod BC dendrites and two HC processes in cross-section. All neurites eventually reach the entrance aperture of a rod spherule. (B) The transition from the H1–B1–H2–B2 linear array (γ) via the intermediate B1–H1–H2–B2 order (β) to the closed B1–H1–B2–H2 arrangement (α) as viewed from the top. (C) Illustration of B as viewed from the side. (D) Electron micrograph of two rod BC dendrites and two HC processes invaginating a rod spherule. (E) (α) The transition from the B2–H1–B1–H2 linear array below the aperture to the closed H2–B1–H1–B2 arrangement at the aperture; (β) illustration of B1 and B2 dendrites; (γ) illustration of H1 and H2 processes. (F) Electron micrograph of three H–B–H–B tetragonal arrangements at respective apertures.

Partial left-handed helix around the B1 axis (Fig. 1Eα). Inside the spherule, the ribbon-associated postsynaptic complex is comprised of B1 and B2 dendrites forming two parallel pillars and H1 and H2 processes forming flattened lobules. These neurites are regarded being arranged in a closed H–B–H–B array (Fig. 1E). Figure 1F shows three spherule apertures, at each of which a bundle of two rod BC dendrites and two HC processes forms a tetragonal pattern of H–B–H–B, where each rod BC dendrite borders both HC processes (H–B–H) and vice versa (B–H–B).

**Helical Coils in the mGluR6-Knockout Mouse Retina**

The helical coils of HC processes were first observed in mGluR6-knockout mouse retina, suggesting greater frequency in the absence of mGluR6 signaling. In some longitudinal sections of the rod BC dendrite (152 in Fig. 2A), transversely or obliquely cut tubular structures appeared to form a biserial array of slots flanking a slit (or a long narrow opening). In the next section (153 in Fig. 2A), these tubular segments resembled a ladder. Three-dimensional reconstruction of 15 images (Fig. 2B) showed that two HC processes encircled a common rod BC dendrite in a left-handed rotation, with each process making five turns. The helical coil shown in the figure was 2.3 μm long with 10 cycles and a mean pitch of 0.23 μm. These three neurites then projected together into a rod spherule. Although these HC helical structures were usually located outside spherules, they were also found occasionally within the spherules of mGluR6-knockout mouse retina (Figs. 2C–2E), and the shapes were more polymorphic inside than outside. One example exhibited a single turn encircling a rod BC dendritic tip (Fig. 2D), similar to the hook-like HC processes wrapping around rod BC dendrites found in rabbit rod spherules. Such a
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H B H BB H B B B B H1 H1 H2 H2 H2 B B B B H1 H1 H2 H2 H2 H2 B B

FIGURE 2. Configurations of HC processes surrounding rod BC dendrites in the mGluR6-knockout mouse retina. (A) Two adjacent HC processes surrounding a rod BC dendrite appear as biserial slots (open arrowheads) in slice 152 and with ladder-like profiles in slice 153. (B) A 3D model reconstructed from 15 serial micrographs of a 1B–2H type of fascicle. Note that two HC processes (H1, blue–green; H2, yellow–green) are helically coiled around a rod BC dendrite (B, red) in a left-handed rotation (2.3 μm long, 10 cycles). Green, spherule membrane; gray, ribbon synapse. (C) A 1B–2H type of fascicle invaginates a spherule. In slice 229, a longitudinal section through a rod BC dendrite is surrounded by the processes of two HCs. Slice 233 shows a cross-section of the rod BC dendritic tip encircled by an HC process. (D) A 3D model reconstructed from 14 serial micrographs of a ribbon synapse complex. (E) One rod BC and two HC neurites inside a spherule. Note the doughnut-like and ring-like shapes of the HC process. (F) Both H–B–H–B and H–B–H closed-loop arrangements are found at the apertures.

hook-like profile was not common inside the spherules of wild-type mice. The serial profiles of another example resembled ladders and slots surrounding a slit (Fig. 2E), similar to the helical structures observed outside spherules. This encirclement within spherules suggests the capability of the HC process to continue coiling around the rod BC dendrite. The cross-sections of rod BC and HC neurite bundles at the spherule aperture showed 1B–2H as well as 2B–2H patterns (Fig. 2F), with the 1B–2H pattern being much more frequent in mGluR6-knockout mice than the wild-type mice, as observed in a previous study (29% of all bundles).6

Differences in Fasciculation Between Wild-Type and mGluR6-Knockout Mice

The doughnut-like profiles of HC process helical coils manifesting on cross-sections from mGluR6-knockout mice were also found in wild-type mice, although less frequently (Figs. 3A, 3B). At high magnification, electron-dense material was found in the cytoplasm of HCs facing the rod BC dendrite in both genotypes (Figs. 3C, 3D). At higher magnification, membranes of the HC process and the rod BC dendrite were observed in opposition across the interstitial cleft, and electron-dense fibrous material was observed on the intracellular side of the HC process membrane (Figs. 3E, 3F). Thus, specific conformations of cytoskeletal molecules may underlie the helical structure in both wild-type and mGluR6-knockout retinas.

To examine mGluR6-associated and age-related differences in these fasciculation patterns, we measured the number and the length of helical coils (defined as at least one complete circle around a rod BC dendrite) in an area (14 by 19 μm) of three wild-type and three mGluR6-knockout mouse retinas at 12 and 90 weeks of age (Figs. 3G, 3J, 3K). When a single rod BC dendrite had two separate
**Figure 3.** Morphological comparison of coiled HC processes between wild-type (WT) and mGluR6-knockout (KO) mice. (A, B) Electron micrographs of HC processes in cross-section. The doughnut-shaped profiles are labeled by arrowheads at one site in the WT and eight sites in the KO retinal area. (C, D) An HC process is shown encircling a rod BC dendrite at higher magnification. (E, F) The H–B interfaces (arrowheads in C and D) were subjected to densitometry using ImageJ (the areas are indicated by dotted rectangles in E and F). A layer of dense material (arrow) was located on the intracellular side of the HC membrane. (G) Numbers of HC coils in the sampling area (14 × 19 μm) of WT and KO mouse retina at 12 weeks (one mouse) and 90 weeks (two mice). (H) Percentages of rod BC dendrites wrapped by HC coils. Comparisons between WT and KO mice (α) and between 12- and 90-week-old mice (β). (I) Percentages of rod BC dendrites wrapped by HC coils in the macaque retina (n = 7 rods BCs). (J) Histograms comparing coiled HC lengths between 12- and 90-week-old mice. (K) Histograms comparing coiled HC lengths between WT and KO mice. The length of a coil was measured by the number of cross-sections (0.09 μm thick) through which the coil passed.
segments with helical encirclement, we counted it as one case.

It was difficult to exactly count all the rod BC dendrites in our mouse samples, because rod BC dendrites, HC processes, and cone pedicle processes were piled up in the narrow interstitial space of five tiers of rod spherules. Therefore, we estimated the density of rod BC dendrites from the mean rod density and the mean divergence as described in Supplementary Table S1. Based on the numbers of rod BC dendrites in 266 μm², percentages of the rod BC dendrites encircled by HC coils were estimated to be 2.4% for wild-type and 23% for mGluR6-knockout mice (three mice for each genotype at mixed 12 and 90 weeks; unpaired, two-tailed Student’s t-test, *P = 0.002) (Fig. 3H). Thus, the HC coils around rod BC dendrites were approximately 10 times more frequent in mGluR6-knockout mice than wild-type mice (Fig. 3Hb). The HC coils occurred slightly more frequently at 90 weeks than at 12 weeks, but the t-test was not applicable due to the small sampling size (Fig. 3Hβ). The greatest length of the HC coiling portion was 2 μm in wild-type mice and 3.4 μm in mGluR6-knockout mice. The length distribution of HC coiling portions did not differ between ages (n = 44 per area at 12 weeks and n = 52 per area at 90 weeks; Mann–Whitney U test, P = 0.32) (Fig. 3J), but it did differ between

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**FIGURE 4.** Electron micrographs of helical coils in the macaque retina. (A) The typical contours of helical coils: (a) doughnut-like; (b) ladder-like; (c) biserial slots flanking a slit. (B) A representative area displaying HC helical coils in the OPL. (C) The two consecutive images show characteristic shapes (285, ladder-like; 286, biserial slots) indicative of a helical HC process coiled around a rod BC dendrite. (D) A 3D model reconstructed from 26 serial micrographs of an HC helical coil (7 μm long, 20 cycles) surrounding a rod BC dendrite. The 1B–1H type of fascicle circumvents pedicles, invaginates into a spherule, and forms ribbon synapses at two active zones. (E) In a corridor among two pedicles and a spherule, rod BC and HC neurites show intricate shapes representing portions of three helical coils. (F) 3D models reconstructed from 31 serial micrographs of coiling and invaginating dendrites (2.5 μm long). (a) Complete profile of a 2B–2H type of fascicle with left-handed helical coils. (β) The dendrite of one rod BC (blue) coiled around the other rod BC (red). (γ) Two HC processes (violet and yellow–green) helically encircling one straight rod BC dendrite (pale red). Serial numbers of the slices are shown at the upper and lower right-hand sides. Open arrowhead, doughnut-like portion of the HC process (H); arrow, rod BC dendrite (B). RS, rod spherule; CP, cone pedicle.
genotypes (n = 17 in three areas of wild-type mice vs. n = 131 in three areas of mGluR6-knockout mice; Mann–Whitney U test, *P = 0.005) (Fig. 3K).

**Helical Coils in the Macaque Retina**

There are two synaptic tiers in the OPL of the macaque retina. The innermost synaptic tier contains all cone pedicles and a small proportion of rod spherules, whereas the outer synaptic tiers contain the majority of rod spherules. Therefore, most rod BC dendrites and accompanying HC processes must pass through the innermost synaptic tier to reach target spherules in the outer synaptic tiers. Figure 4A shows three characteristic sectional profiles of helical coils in macaque retina: doughnut (a), ladder (b), and biserial slots flanking a slit (c). Figure 4B displays three consecutive slices (225–227) from an area of the OPL where all three characteristic profiles of helical encirclement are well developed.

A typical example of a ladder-like array is shown in slice 285 in Figure 4C and biserial slots flanking a slit in slice 286 in Figure 4C. The three-dimensional (3D) reconstruction from these two-dimensional cell contours revealed that the 1B–1H type of fascicle follows a relatively long path above the roof of a nearby pedicle before...
invaginating the target spherule (Figs. 4C, 4D). Another example area is shown in three consecutive slices (454–456) in Figure 4E. The 3D reconstruction shows that this 2B–2H type of fascicle projects between two pedicles to reach the target spherule (Fig. 4Fα). In this case, one rod BC dendrite (blue) encircles the other rod BC dendrite (red), with both dendrites entering the spherule and arriving close to the ribbon (gray) (Fig. 4Fγ). Two HC processes (yellow and violet) also encircle the rod BC dendrite (pale red), enter the spherule, and form terminal expansions to flank the rod BC dendrites (Fig. 4Fβ). These helical structures also have a left-handed rotation. The helical coils of HC processes encircling rod BC dendrites usually exhibited a left-handed rotation in both macaque and mouse retina; however, we observed several instances of right-handed helices in both species.

In the macaque retina, there were only two tiers of rod spherules compared to five tiers in the mouse retina; therefore, we were reliably able to identify almost all dendrites of each rod BC, as shown in Supplementary Table S2. The rod BC formed an average of 32 ± 2 invaginating dendrites (n = 7 cells), of which 9.1 ± 3.4 were encircled by HC helical coils. Thus, we estimated that 29% ± 10% of the dendrites were wrapped (Fig. 3D).

Hook-Like Protrusions Encircling Cone BC Dendrites

We did not observe any fascicles with helical coils below the cone pedicles in macaque retina but did detect hook-like encirclements by HC processes around cone BC dendrites and the other HC processes. We examined the areas below five pedicles for each group of medium- or long-wavelength-sensitive (M/L-) and short-wavelength-sensitive (S-) cones and found hook-like curved protrusions of HC processes encircling all (ON, OFF, midget, or diffuse) types of cone BC dendrites. The cases of an invaginating midget bipolar (IMB) cell and flat midget bipolar (FMB) cell are illustrated with 3D reconstructions in Figures 5A to 5D. The case of a blue bipolar cell is shown in Figure 5E. These HC processes and BC dendrites did not necessarily enter the same cone pedicle aperture; therefore, these hook-like protrusions did not form a tight bundle directed to a common target as seen in the rod–rod BC system. The HC protrusions also encircled the other nearby HC processes at their crossing points (Fig. 5F).

The HC hook-like protrusions were also quantitatively examined, as shown in Figures 5Fα–5Gβ. They were more numerous below M/L-cone pedicles (4 ± 1.9, n = 5) than S-cone pedicles (1 ± 1, n = 5); conversely, there were fewer HC hook-like protrusions around other HC processes below M/L-cone pedicles (2.2 ± 2.0, n = 5) than S-cone pedicles (7.8 ± 2.9, n = 5). It was difficult to determine the precise number of cone BC dendrites because they often branched intricately underneath the pedicles. Nonetheless, the numbers appeared to correlate slightly with the mean number of contacts with both M/L-cones (52 with ON-cone and 113 with OFF-cone BCs) and S-cones (42 with ON- and 53 OFF-cone BCs) reported in previous studies.19,22 Thus, the fewer HC helical coils surrounding BC dendrites below S-cone pedicles is partly explained by the scarcity of cone BC dendrites synapsing with S-cones.

Discussion

Horizontal and bipolar cell neurites are capable of bundling in various configurations inside and outside the photoreceptor terminals. Inside the terminals, BC dendrite and HC processes construct postsynaptic complexes of ribbon synapses. Outside the terminals, the BC and HC neurites show several morphological modes of fasciculation (Fig. 6). For example, the linear configuration of four neurites (H–B–H–B) changes to the tetragonal configuration at the spherule aperture by pathway crossings (Fig. 1). More prominently, the helical coils of neurites and the encirclements by HC hook-like protrusions demonstrate flexible fasciculation. These configuration dynamics may be
essential for the precise targeting and maintenance of HC and BC neurites with specific rod and cone populations.

The targeting of HC and BC neurites to spherules depends on multiple guidance cues.24,25 Mainly, netrin-G2 on the spherule and NGL-2 on the HC process have been shown to maintain the cell-autonomous rod–HC connections.24,25 In addition, HC neurite pathfinding depends on repulsive interactions mediated by semaphorin 6A (Sem6a) and Plexin-A126 and elimination of excess HC neurites mediated by C1q.27 Upon initial projection toward the rod spherule, the HC neurite is likely to arrive first at the aperture, with the rod BC dendrite arriving second.8,10 The rod BC and HC projections adjust their mutual positions to develop smooth paths for synaptic wiring from the outside via the aperture into the active zones (Fig. 6A).

It has been suggested that the invagination of rod BC dendrites into rod spherules depends on two parallel transsynaptic bridges of the extracellular leucine-rich repeat fibronectin containing 1 (ELFN1)–mGluR6 complex28,29 and BC dendrites into rod spherules depends on two parallel active zones (Fig. 6A).

We speculate that neurites targeting the same spherule may elongate to different degrees. In this case, coiling the longer neurites around shorter neurites would be an effective way to maintain a common bundle length for precise spherule invagination. When HC processes grow more readily than rod BC dendrites, it necessitates the helical coiling of HC processes around rod BC dendrites (Figs. 6B–6D). Similarly, a longer rod BC dendrite may coil around a shorter dendrite within the same bundle (Fig. 6E).

This coiling appears to be sustained with age, as we found no significant difference in the length distribution of HC coiling portions between 12- and 90-week-old mice (Fig. 3). On the other hand, rod BCs tend to sprout ectopic dendrites into the outer nuclear layer in an age-dependent manner.29

Our preliminary observations cannot exclude the possibility that HC processes elongate in an unbalanced manner with age, necessitating an increase in coiling, as our findings were obtained for only a few mice. Cone BC dendrites are greatly variable in direction and length depending on at least 11 different BC types. The reason for no HC helical coils below pedicles may be that BC and HC neurites have no common bundles with certain lengths for synaptic wiring. Nevertheless, HC processes have minute projections to hold nearby neurites, as we found HC hook-like protrusions below pedicles (Figs. 6F, 6G).

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