Anti-amyloidogenic Activity of IgGs Contained in Normal Plasma

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Abstract

Introduction We have previously shown that a subpopulation of naturally occurring human IgGs has therapeutic potential for the amyloid-associated disorders. These molecules cross-react with conformational epitopes on amyloidogenic assemblies, including amyloid beta (Aβ) protein fibrils that are a pathological hallmark of Alzheimer’s disease.

Materials and Methods Using our europium-linked immunosorbant assay, we established that ∼95% of 260 screened donor plasma samples had amyloid fibril-reactive IgGs and Aβ conformer-reactive IgGs with minimal binding to Aβ monomers. Anti-amyloidogenic reactivity was diverse and attributed to Aβ targeting multiple fibril-related binding sites and/or variations in multidentate binding.

Results and Discussion There was no correlation between anti-fibril and anti-oligomer reactivity and donor age (19 to 60 years old) or gender. These findings demonstrate the inherent but diverse anti-amyloidogenic activity of natural IgGs contained in normal plasma.

Conclusion Our studies provide support for investigating the clinical significance and physiological function of this novel class of antibodies.

Keywords Natural · IgGs · amyloid · Aβ · IVIG

Introduction

A pathological hallmark of Alzheimer’s disease (AD) and more than 25 other incurable protein misfolding diseases, called the amyloidoses, is the extracellular deposition of amyloid fibrils from unrelated proteins or peptides [1]. The primary culprits for AD are prefibrillar amyloidogenic assemblies of amyloid beta (Aβ), a proteolyzed transmembrane 39–43 fragment of amyloid precursor protein [2–4]. However, fibril deposition may be the primary toxic event for several non-AD amyloidoses, including primary AL amyloidosis [5].

Currently, immunotherapy directed against amyloidogenic protein is the primary therapeutic approach for AD and is a recent strategy for other amyloid-associated disorders [6]. Active vaccination with Aβ or passive administration of anti-Aβ antibodies has shown promise in AD animal models and in some AD patients by inducing neuritic plaque clearance, neutralizing neurotoxic Aβ oligomers, and/or improving cognitive functioning [7–9]. Antibodies that specifically react with pathogenic amyloidogenic aggregates that do not bind to the normally secreted precursor protein are less likely to have adverse effects. Presumably, such natural IgG antibodies contained in intravenous immunoglobulin (IVIG) are at least partly responsible for its promising clinical effects [10, 11]. We have recently shown that these antibodies cross-react with conformational epitopes on amyloid fibrils and oligomers, including binding to cross-linked β-amyloid protein species (CAPS) [12]. These antibodies also inhibit in vitro amyloid fibril growth.
and expedite the clearance of patient-derived amyloid in mice [12, 13]. The results of our studies on a large number of plasma donor specimens provide new information on the extent and specificity of natural anti-amyloidogenic conformer-reactive IgGs, which are contained in presumably healthy individuals.

**Methods**

**Peptides, Proteins, and Antibodies** Human 40- and 42-mer Aβ peptides were purchased from Quality Controlled Biochemicals (Hopkinton, MA, USA); mass spectrometric analysis showed them to be >90% pure. Before using, the lyophilized Aβ40 peptide was disaggregated by sequential exposure to trifluoroacetic acid, hexafluorisopropanol (HFIP; Pierce, Rockford, IL, USA), and 2 mM NaOH, followed by 2× PBS (1× final). The ultracentrifuged sample yielded a final peptide concentration of ∼0.2 mg/mL [12]. The soluble 42-mer peptide was prepared at ∼0.04 mg/mL in PBS by pretreatment with HFIP/NaOH [12]. The peptide concentrations were determined at A215 nm by reverse-phase HPLC using an Aβ 40 standard curve or by the MicroBCA assay (Pierce).

Recombinant immunoglobulin light chain (LC) λδ variable domain, Jδ, was produced in an *Escherichia coli* expression system and purified using Amberlite XAD-7 (Sigma-Aldrich, St. Louis, MO, USA) [13]. The soluble LC was sterile-filtered using a 0.22-μm polyvinylidene fluoride 25-mm Millex-GV syringe-driven filter unit (Millipore, Bedford, MA, USA). SDS-PAGE analyses confirmed that the protein was >90% pure, and protein concentration was determined by the MicroBCA assay (Pierce).

Normal donor plasma, coagulation reference plasma, which consisted of pooled plasma from healthy donors aged 20 to 60, and IVIG (Gammagard liquid) were provided by Baxter BioScience (Vienna, Austria). The blocking agent, essentially fatty-acid-free bovine serum albumin, was purchased from Sigma. All other reagents were of analytical grade.

**Preparation of Peptide and Protein Aggregates** Soluble CAPS was prepared from the synthetic 40- or 42-mer Aβ peptides by incubation with 1.1 μM horseradish peroxidase and 250 μM H2O2 in PBS at 37°C for 3 h, and then purified using copper (CuSO4) precipitation [12]. CAPS was quantified using SDS PAGE (4–12% Bis Tris precast gels; Invitrogen, Carlsbad, CA, USA) and the MicroBCA assay. Electrospray ionization mass spectrometry (Applied Biosystems, Foster City, CA, USA) and dityrosine fluorescence (excitation at 320 nm and emission between 350 and 550 nm) confirmed that the aggregates consisted of low molecular weight (<38 kDa), cross-linked SDS stable species.

Aβ40 and LC fibrils were grown from the soluble precursor proteins in PBS containing 0.02% sodium azide (PBSA). The reaction was monitored by thioflavin T fluorescence [13]. Fibrils were harvested by centrifugation at 20,200×g for 30 min at room temperature, then sonicated (2×30-s bursts) with a probe sonicator disruptor (Teledyne Tekmar, Mason, OH, USA), aliquoted, and stored at −20°C.

**IgG Purification** IgGs from donor plasma pools were isolated using a Melon Gel IgG Purification Kit (Pierce). SDS-PAGE confirmed that the resultant samples were >95% pure. Antibody concentration was determined by absorbance at A280 nm with the use of a molar extinction coefficient of 210,000 M−1 cm−1.

**Antibody Binding Assay** Antibody reactivity with amyloid fibrils, CAPS, and monomeric Aβ40 was determined at 37°C using the plate-immobilized conformers in our europium-linked immunosorbant assay (EuLISA) [13]. All measurements were done in triplicate (error bars in the figures represent SD), and antibody concentrations that gave half-maximal binding (EC50 values) were determined from the sigmoidally fit binding curves (SigmaPlot 2000 ver. 6; Systat Software, Chicago, IL, USA).

The EuLISA was performed with a 1:20 or serial dilution of plasma or purified IgGs in assay buffer (1% BSA in PBSA containing 0.05% Tween 20) in activated high-binding microtiter plate wells (COSTAR, Corning, NY, USA) coated with 400 ng of target protein and blocked with 1% BSA (Sigma-Aldrich) in PBSA. A biotinylated goat anti-human IgG (γ-chain specific, Sigma-Aldrich) served as the secondary antibody. After the addition of a Eu^{3+} streptavidin conjugate, followed by the releasing enhancement solution, Eu^{3+} time-resolved fluorescence was measured using a Victor^{2} 1420 Multilabel Counter (Perkin Elmer, Waltham, MA, USA). The amount (fM) of lanthanide released was calculated from a standard curve using known concentrations of Eu^{3+}.

To establish whether antibody binding was affected by a putative inhibitory plasma molecule, binding studies were done after pretreating the preparation with acid (0.1 M glycine HCl, pH 3.5), followed by dialysis against PBS (Amicon Ultra-4 filter unit, 30,000 Da m.w. cutoff, from Millipore) to dissociate antigen–antibody complexes [14]. Assay signal was normalized for high-throughput plasma screening using a standard curve on each plate of coagulation reference plasma against the plate-immobilized amyloidogenic conformer.

**Assurances** Studies involving human specimens were in accordance with a protocol approved by the University of Tennessee Graduate School of Medicine’s Institutional Review Board.
Results

Anti-amyloidogenic Activity of Natural IgGs Contained in Normal Plasma

The construction of full antibody binding curves and a high-throughput screen of 260 plasma established the inherent anti-amyloidogenic conformer reactivity of natural IgGs contained in normal human plasma (Figs. 1 and 2). These molecules were detected in essentially all (∼95%) plasma. Surprisingly, the avidity of IgG binding to aggregated amyloidogenic conformers for each sample was similar, with EC$_{50}$ values of ∼100–800 nM. The relatively large EC$_{50}$ values reflected the small fraction, ∼0.2% of polyclonal IgGs in normal plasma that target A$_\beta$ [12, 13]. Diverse maximum binding signal amplitudes were obtained for individual and pooled plasma. These differences were not due to a putative inhibitory plasma molecule, such as endogenous A$_\beta$, that interfered with antibody binding [14]. The binding curve for an equimolar mix of high- and low-reactive plasma pools against A$_\beta$ fibrils or CAPS was essentially the same as that for the high-reactive preparations (Figs. 1d and 2d).

Similar with IVIG, natural antibodies contained in normal plasma had comparable reactivity with A$_\beta$ fibrils and CAPS (generated from the 40- and 42-mer A$_\beta$ peptides), but relatively weak interactions with the monomeric peptide (Figs. 1 and 2) [12]. This indicated that natural anti-amyloidogenic conformer IgGs display the same amyloid fibril and oligomer cross-reactivity, whether in plasma or as purified molecules [12]. These molecules also bound with similarly avidity to LC fibrils, with EC$_{50}$ value of ∼100–300 nM that was consistent with reactivity against conformational epitopes that are less reliant on the amyloidogenic protein’s primary sequence (Fig. 2) [13]. Nevertheless, the mean value for plasma IgG reactivity against A$_\beta$ fibrils, 24±19 Eu$^{3+}$ fmoles, was ∼2-fold greater than that against LC fibrils, 13.4±13 Eu$^{3+}$ fmoles ($P$<0.0001, paired t test). This indicated that although amyloidogenic conformers have common epitopes, their density can vary.

Our plasma screening results were confirmed by ∼5-fold larger maximum signal amplitude for binding curves for amyloid conformer-reactive IgGs from a pool of 20 plasma that were identified as “high” reactive samples compared with a mixture of “low” binders (Fig. 2b, c). The relatively small signal for the low-reactive plasma pool was not due to a proportion of antibody that was bound to naturally occurring amyloidogenic antigens since similar binding curves were obtained for the purified IgGs, with or without acid pretreatment to dissociate putative antibody–antigen complexes (14; Figs. 2d, e).

Age- and Gender-Related Anti-amyloidogenic Conformer Reactivity

There was no significant correlation between anti-A$_\beta$ fibril and anti-CAPS reactivity with donor age (∼19 to ∼60 years old; $P$=0.238 and 0.859 for fibril and CAPS reactivity, respectively; nonparametric Kruskal–Wallis test) or gender ($P$=0.161 and 0.058 for fibril and CAPS reactivity, respectively; nonparametric two-tailed Mann–Whitney t test; Fig. 3).

![Fig. 1 Aβ40 conformer binding by IgGs contained in normal plasma. Representative antibody binding curves for normal plasma IgGs (filled circle, unfilled circle, unfilled square, filled triangle, unfilled triangle) against Aβ fibrils (a), CAPS (b), and Aβ monomers (c). d Binding curves for high (filled circle) and low (unfilled circle) reactive plasma pools, and for an equimolar mix (unfilled triangle) against Aβ fibrils. Each plasma pool consisted of 15 plasma specimens. CAPS indicates dityrosine cross-linked \(\beta\)-amyloid protein species](image-url)
Discussion

Given the urgent need for novel therapeutics and diagnostics for amyloid-associated disorders, it is vital that we advance current limited understanding about the prevalence, clinical significance, and physiological function of naturally occurring anti-amyloidogenic conformer IgGs. Our findings demonstrate that these antibodies are inherently present in normal plasma, independent of donor age (~19–60 years old) or gender. The unique manner in which these IgGs bind to amyloid fibrils and oligomers is evident from their ability to maintain reactivity in the presence of endogenous plasma molecules, several of which bind to Aβ [15]. Notably, these antibodies are also present in the plasma of children and naïve mice (B. O’Nuallain, A. Solomon, unpublished data, 2009) [16]. This suggests that they may be part of the innate immune response for clearing endogenous/exogenous “misfolded proteins” by binding to amyloid fibril-like epitopes.

Previous studies have differed on the prevalence and age- and gender-related amyloidogenic conformer reactivity of natural plasma IgGs. [16–18]. These discrepancies presumably reflected the limits of detection by the different assays.

Fig. 2 EuLISA screen of LC fibril and Aβ conformer binding by IgGs contained in 260 donor plasma samples. a Comparison of amyloidogenic conformer IgG binding using a 1:20 dilution of plasma. Solid lines represent the median values, which with the exception of the median value for binding to LC fibrils compared with that for CAPS, significantly differed (P<0.0001 in a nonparametric Kruskal–Wallis test). To eliminate plate-to-plate variability, assay signals were normalized using a standard curve constructed from coagulation reference plasma. b–c Antibody binding curves for high (filled circle) and low (unfilled circle) reactive plasma pools and for an equimolar mix (unfilled triangle) against Aβ fibrils (b), and CAPS generated from the 40-mer Aβ peptide (c). Similar binding curves to those shown in (b) and (c) were also determined for the latter plasma pools against LC fibrils and CAPS generated from Aβ42 (data not shown). Each plasma pool consisted of 20 plasma specimens. d Antibody binding curves for purified plasma IgGs from the high (filled circle) and low (unfilled circle) reactive plasma pools and for an equimolar mix (unfilled triangle) against Aβ fibrils (b), and CAPS generated from the 40-mer Aβ peptide (c). Similar binding curves to those shown in (b) and (c) were also determined for the latter plasma pools against LC fibrils and CAPS generated from Aβ42 (data not shown). Each plasma pool consisted of 20 plasma specimens. d Antibody binding curves for essentially the same reagents described in (d), but each antibody sample was pretreated with acid and dialysis (m.w. cutoff of 30,000 Da), and then neutralized to remove any putative inhibitor of antibody–amyloidogenic conformer interactions. CAPS indicates dityrosine cross-linked β-amyloid protein species, LC human Ig light chain.
In some cases, these detection abilities were reduced when screening against disaggregated soluble Aβ with which natural antibodies are only weakly reactive as a result of a surface-induced amyloid-like epitope [12] (Fig. 1 and 2). These discrepancies were unlikely due to screening plasma against different aggregated Aβ conformers, because we have shown that natural IgGs cross-react with common conformational epitopes on all amyloid fibrils or oligomers tested [12, 13]. Although the current study showed no correlation between the age or gender of plasma donors and anti-amyloidogenic activity, it is possible that an association exists beyond the donor population age range of 19 to 60 years old [17, 18]. However, screening normal plasma from presumably healthy elderly individuals older than 60 years is problematic because these samples are likely to contain an additional population of amyloid-reactive antibodies that are not naturally occurring but generated against pathologic Aβ assemblies, which may be present decades before AD is diagnosed.

The molecular basis for natural antibody–amyloidogenic conformer interactions has not been well defined. The epitopes involved are not exposed on native proteins and presumably contain unique higher-ordered structure and/or novel clusters of amino acids. Given that these IgGs react

![Fig. 3 Donor age- and gender-related anti-amyloidogenic IgG activity.](image)

**A** The plots show donor age versus plasma IgG reactivity against Aβ40 fibrils (a) and CAPS (b). Each solid line represents the median value. The plots show that there was no significant correlation with donor age (P=0.238 and 0.859 for fibril and CAPS reactivity, respectively; nonparametric Kruskal–Wallis test). Data were obtained from a bulk screen of 260 normal plasma specimens as shown in Fig. 2.

**B** The plots show normal donor gender versus plasma IgG reactivity against Aβ fibrils (c) and CAPS (d). Each solid line represents the median value. The plots show that there was no significant correlation with donor gender (P=0.161 and 0.058 for fibril and CAPS reactivity, respectively; nonparametric two-tailed Mann–Whitney test). The data were obtained from a screen of 260 normal plasma specimens as shown in Fig. 2. CAPS indicates dityrosine cross-linked β-amyloid protein species.
with conformational epitopes on “misfolded” protein aggregates, their binding may not involve complementary determining regions that are typically involved in antibody–antigen interactions. Preliminary studies using antibody fragments [F(ab')2] indicate that the Fc portion and/or hinge region are critical for natural human IgG binding to aggregated Aβ (B. O’Nuallain, A. Solomon, unpublished data, 2009). Such interactions may involve a complementary surface that is exposed on a partially unfolded antibody or a superantigen-like binding by the native protein. Nevertheless, antibody reactivity is not due to insoluble antibody aggregates because the same IgG reactivity with Aβ fibrils was obtained whether plasma was centrifuged or untreated.

The similar EC50 values that were obtained for high- and low-reactive plasmas are intriguing and indicate that each sample contained a subpopulation of natural IgGs that had comparable avidity for amyloidogenic conformers (Figs. 1 and 2). However, these specimens had diverse maximum binding signal amplitudes, which indicate that each antibody subpopulation differed in its ability to bind to a variety of fibril-related conformational epitopes. Alternatively, this may have reflected the different propensities of the antibody subpopulations for multidentate binding to the same structural repeats.

Conclusions

We have established that natural IgGs contained in normal plasma produce inherent, but diverse, anti-amyloidogenic activity. Thus, the beneficial effect of IVIG in some AD patients [10, 11] may have been due to the enriched diversity of each patient’s Aβ-reactive IgG pool. This diversity could have improved cognition [10, 11] by the enhancement of neuritic plaque clearance [13, 19], inhibition of fibril growth [13, 20], neutralization of neurotoxic Aβ oligomers [20], and reduction of Aβ brain pool. Taken together, our studies support future investigations of the clinical significance and physiological function of naturally occurring amyloidogenic conformer-reactive antibodies.

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