All electromagnetic scattering bodies are matrix-valued oscillators

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Scattering theory is the basis of all linear optical and photonic devices, whose spectral response underpins wide-ranging applications from sensing to energy conversion. Unlike the Shannon theory for communication channels, or the Fano theory for electric circuits, understanding the limits of spectral wave scattering remains a notoriously challenging open problem. We introduce a mathematical scattering representation that inherently embeds fundamental principles of causality and passivity into its elemental degrees of freedom. We use this representation to reveal strong constraints in the mathematical structure of scattered fields, and to develop a general theory of the maximum radiative heat transfer in the near field, resolving a long-standing open question. Our approach can be seamlessly applied to high-interest applications across nanophotonics, and appears extensible to general classical and quantum scattering theory.

Probing and harnessing the frequency dependence of electromagnetic scattering underlies atomic spectroscopy, molecular sensing, information and energy technologies, and more4–8. A key pillar of electromagnetic scattering theory is the decomposition of scatterers into “resonators,” in which spectral response is determined by lifetimes and coupling coefficients (or suitable generalizations) of resonant modes5–8. These “physical oscillators” enable complex scenarios to often be well-described by a small number of parameters, and they offer high-accuracy descriptive modeling. However, there is typically no limit on the possible number, lifetimes, or couplings of the modes, such that little can be said about their extreme limits. Mathematically, the difficulty in finding extreme limits arises because the set of all possible resonator designs is nonconvex. Hence physical oscillators provide little prescriptive guidance: what lineshapes are physically possible, and what are the ultimate limits of coralling broadband radiation?

In lieu of resonator decompositions, passivity, and causality have long been recognized as key constraints on broadband response in linear physical systems without gain7–11. Causality is implied by passivity, so that one need not separately invoke it, and the foundations of linear system theory typically start with passivity12. Passivity-based approaches to spectral response have yielded fundamental limits for matching networks in circuit theory13,14, optical attenuation (e.g., in stellar grains15), material susceptibilities16,17, and more18. Yet passivity itself is not a panacea, and electromagnetic scattering theory is a domain where its application has been met with limited success. Special linear-amplitude, “optical-theorem”–like power quantities have bounds analogous to those for optical attenuation16,17,19,20. But the general scattering properties of arbitrary systems are described by scattering matrices $S$ that map input excitations at any number of “port” (power-carrying “channels” external to the scatterer) to their corresponding outputs, and scattering $S$ matrices have few (if any) practical spectral limitations. Their analytic properties and representation theorems have been extensively studied, from dispersion relations13,21 and Blaschke-product representations13 to existence theorems for poles, zeros, and their generalizations22, but known representations suffer from the same issue as their coupled-mode counterparts: their degrees of freedom reside in nonconvex (and often unbounded) sets. This makes it difficult or impossible to identify optimal response, or upper limits thereof, across the physical design spaces of scientists and engineers.

The potential value of spectral-response bounds is highlighted by a long-standing question in energy transport: what is the maximum rate at which two bodies can radiatively exchange heat in the near field? Going back many decades, it has been understood that radiative heat exchange in the near field can be substantially larger than its far-
field counterpart, due to the enormous number of accessible evanescent channels in addition to propagating ones, yet the maximum extent of this enhancement—with ramifications for applications such as thermophotovoltaics, photonic refrigeration, and heat-assisted magnetic recording—has been far less clear. Previous theoretical bounds have suggested strong material-electron-density dependencies, unbounded response for low-loss materials, and orders-of-magnitude gaps from known designs (>750X). The computational complexity of the problem has prohibited the application of large-scale inverse design techniques, leaving unresolved whether current designs are sub-optimal or the bounds are too loose.

In this article, we show that an alternative scattering matrix, the T matrix, can be represented by fictitious “mathematical oscillators” that are ideally suited for probing optimal spectral response. We show that passivity, in tandem with the specific interaction characteristics of materials with electromagnetic waves in low- and high-frequency limits, leads to T-matrix representations in terms of lossless Drude–Lorentz and Drude–Lorentz-like oscillators with matrix-valued (spatially nonlocal) coefficients. Crucially, the only degrees of freedom of these oscillators are their matrix-valued coefficients, which are constrained to a bounded, convex set. Such limitations must imply frequently high accuracy; we collate the incident fields they induce. For simplicity of notation and sense) the right-hand sides of Eqs. (4), (5). Hence, for a designable matrix, an impedance matrix, and an admittance matrix, each defined either in the volume or on a bounding surface. Yet only one of those six—the volume admittance matrix (essentially, the admittance matrix part—and the implications for applications) appears to be useful for wave-scattering bounds. While Eq. (3) reduces the degrees of freedom to the anti-Hermitian part of T, additional passivity considerations are needed to meaningfully constrain the possible scattering response.

The next constraints come directly from passivity. Passivity means that polarization fields do not net work. The work done by the incident fields on the polarization currents J is $\frac{1}{2} \text{Re} \{ E_{\text{inc}} \cdot J \} + \frac{1}{2} \text{Im} \{ E_{\text{inc}} \cdot \omega P \}$. Positivity of this expression implies that the anti-Hermitian part of $\omega^2 T(\omega)$ is positive semidefinite, which we write $\omega \text{Im} \{ T(\omega) \} \geq 0$. (This is equivalent to the condition that admittance matrices have a positive semidefinite Hermitian part.) This means that $\text{Re} \{ X(\omega) \} + \text{Im} \{ Y(\omega) \} \geq 0$ for any real-valued $\omega$. Using the symmetry relations for $X(\omega)$ and $Y(\omega)$ around $\omega = 0$, we have the constraints $\text{Re} \{ X(\omega) \} + \text{Im} \{ Y(\omega) \} \geq 0$ and $\text{Re} \{ Y(\omega) \} + \text{Im} \{ X(\omega) \} \geq 0$ at positive frequencies, which further imply $\text{Re} \{ X(\omega) \} \geq 0$. These constraints are convex (though still unbounded) in $X(\omega)$ and $Y(\omega)$.

The final key element is the identification of sum rules. Sum rules typically come from evaluation of KK relations in the limit $\omega \to 0$. At infinite frequency, the electrons of a material can be regarded as free, and material susceptibilities must scale as $\chi(\omega) \to -\omega^2 \chi_0 / \omega^2$, where $\chi_0$ is proportional to the total electron density of the material.

In this limit, the first Born approximation is asymptotically exact, and the polarization field is given by $P \approx \chi_{\text{inc}} \approx -\omega^2 \chi_0 E_{\text{inc}}$ (in units where the free-space permittivity is 1), implying that the T matrix asymptotically approaches $-\omega^2 \chi_0 / \omega^2 I$, where I is the identity matrix on the scatterer volume V. Inserting this limit into the KK relation derived before Eq. (2) yields the high-frequency sum rule,

$$\int_{0}^{\infty} \omega \text{Im} \{ T(\omega) \} d\omega = 2 \int_{0}^{\infty} \text{Re} \{ X(\omega) \} d\omega = \pi \omega_0^2 I_V.$$

This sum rule constrains the total contributions from $\text{Im} \{ T(\omega) \}$ over all frequencies, a spatially resolved scattering generalization of the f sum rule for material-susceptibility oscillator strengths. The nonreciprocal Y matrix makes no contribution to the integral due to its odd symmetry around $\omega = 0$. Similarly, the low-frequency asymptote is known: we can write $\chi(\omega) \approx \chi_{\text{inc}} \approx -\omega^2 \chi_0 E_{\text{inc}}$ (in units where the free-space permittivity is 1), implying that the T matrix approaches $-\omega^2 \chi_0 / \omega^2 I$, where I is the identity matrix on the scatterer volume V. Inserting this expression into the KK relation derived before Eq. (2) yields a low-frequency sum rule,

$$\int_{-\infty}^{0} \frac{\text{Re} \{ X(\omega) \} d\omega}{\omega} = \pi \omega_0^2 I_V.$$

For design problems, one considers many possible scatterer domains V, each of which has different matrices on the right-hand sides of the sum rules of Eqs. (4), (5). How, then, can one accommodate many possible designs? Here we can again make the critical choice of the Hermitian/anti-Hermitian split in the KK relation, which, as we prove in Methods, endows the sum rules with a monotonicity property; enlarging V can only increase (in a positive semidefinite sense) the right-hand sides of Eqs. (4), (5). Hence, for a designable...
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The only degrees of freedom in the scattering process are the matrices . Hence this representation encodes the constraints of in these matrix degrees of freedom and the constraints are bounded in (c), exhibiting seemingly random variations for a single plane wave incidence.

All eigenvalues of are positive at all frequencies, as a consequence of passivity.

For a rst demonstration of the mathematical structure implied by this representation, we consider broadband scattering from an elliptical dielectric cylinder. To clarify the origin of the oscillators, we use a material with \( \chi = \omega_0^2 / (\omega_0^2 - \gamma^2) \), with \( \omega_0 = 20, \omega_0 = 10, g = 0.01\omega_p \), which is nearly dispersionless with \( \gamma = 4 \) for \( \omega \) between 0 and 1 (all frequencies in unit of \( 2\pi / a \)) and consistent with the necessary high-frequency asymptotic response. The scattered electric fi eld at various points within the scatterer, computed by full-wave simulations (cf. Supplementary Note 6), is shown in Fig. 1b, but is hard to interpret due to its seemingly random undulations. Advances in quasinormal-mode (QNM) techniques suggest that one could accurately reproduce these fields with a modest number of QNMs, but that modeling capability does not imply an understanding of the extreme limits of what is possible. How many resonances can be excited? With what amplitudes, phases, and overlaps with power-carrying channels?

By contrast, consider the lineshapes of the Hermitian and anti-Hermitian parts of the \( T(\omega) \) matrix (computed on a discretization of more than 37,000 spatial degrees of freedom), as depicted in Fig. 1c for the same three spatial locations and their cross terms. The lineshapes of the \( T \)-matrix elements closely mimic the Drude-Lorentz-like behavior of electronic transitions, but they arise not from real material oscillators, but from complex wave-scattering behavior itself. The rst three traces of Fig. 1c clearly show positive imaginary parts of varying widths, and real parts that transition from minima to maxima between the peaks of the imaginary parts, then transitioning back to minima where the imaginary parts peak. Hence the peaks tend to coincide (with the real-part peak slightly preceding the imaginary-part peak), and the characteristic lineshapes might be described as minima-to-maxima-to-transition for the real parts and Lorentzian-like for the imaginary parts. The second set of three traces in Fig. 1c do not have exactly this pattern, because they see peaks in one part nearly coinciding with (but slightly preceding) peaks in the counterpart, as well as Lorentzian-like lineshapes in one part being paired with minima-to-maxima-to-transition lineshapes in the other. By contrast, no such structure arises in the scattered fields.

The collective representation of Eq. (6) is the foundational result of our paper: the \( T \) matrix of any linear scattering body must be decomposable into a set of lossless oscillators, with matrix-valued coef cients satisfying de niteness conditions and constrained in total strength. The only degrees of freedom in the scattering process are the matrices \( X(\omega_i) \) and \( Y(\omega_i) \), both of which have strong constraints on the bandwidth over which they can be nonzero. The \( T(\omega) \) matrix is linear in these matrix degrees of freedom and the constraints are bounded convex sets. Hence this representation encodes the constraints of passivity and sum rules for electromagnetic scatterers in a mathematical structure that is ideally suited for optimization and fundamental limits.

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of Fig. 1b, because they simply do not have a representation resembling Eq. (6).

Collectively, the lineshape widths of the $\mathbf{T}$-matrix elements are nonzero thanks to the underlying resonant physics, but every frequency can and should (for our purposes) be interpreted as having its own, lossless-oscillator amplitude, given by $\omega \text{Im} \mathbf{T}(\omega)$. The diagonal components have imaginary parts that must be positive. The off-diagonal components need not have positive imaginary parts, but they are constrained by the positive-definiteness requirements of the entire matrix, as verified in Fig. 1d, which shows the positivity of the eigenvalues of $\text{Im} \mathbf{T}(\omega)$. The final key component for meaningful constraints from such a representation is the sum rules, and their domain monotonicity property. Figure 1e shows the integrated response for three scattering bodies within the elliptical designable domain, showing both their convergence to the appropriate sum-rule matrix constant as the integral is taken to infinity (the numerical integral converges to $\sim 1.7\%$ error, as measured by the matrix Frobenius norm, using a 2000-point Gauss-Legendre quadrature for frequencies from 0 to $40(2\pi c/\lambda)$, as well as the satisfaction of domain monotonicity between the sum-rule matrices for the two sub-domains of the elliptical domain. As a whole, these combined elements offer an ideal representation for identifying fundamental limits to spectral control.

**Ultimate limits to NFRHT**

Next, we apply our formulation to the question of maximal NFRHT. NFRHT, as depicted in Fig. 2a, poses prohibitive computational challenges—spatially and temporally incoherent, broadband thermal sources, exciting rapidly decaying near fields over large macroscopic areas—which have limited previous design efforts primarily to high-symmetry structures such as planar bodies. Numerous approaches have identified particular constraints with corresponding theoretical bounds, but as we show in Fig. 2b, there are orders-of-magnitude differences between the best structures and the best bounds. We label the bounds by their distinguishing attributes: in ref. 22 (“analyticity bound”), complex-analyticity played a central role, while in ref. 34 (“channel bound”), a decomposition into power-carrying channels was the starting point. Recently, it was discovered that a set of unconventional plasmonic materials offer significant (10X) improvements over the previous best planar structures, but otherwise, the field has been at an impasse, without a meaningful approach to either improve the best designs or tighten the bounds.

The $\mathbf{T}$-matrix formulation resolves this impasse. The heat transfer coefficient (HTC) between two bodies is the net flux rate (per area and per degree $K$) of electromagnetic energy passing between bodies at temperatures $T_i$ and $T_j$ (when the integral of power flux $(1/2)\text{Re}(\mathbf{E} \cdot \mathbf{H} \cdot \mathbf{n})$ through a separating plane with normal vector $\mathbf{n}$). The incoherent sources in body $i$ with temperature $T_i$ and susceptibility $\chi_i(\omega)$, by the fluctuation-dissipation theorem, are given by $\delta J_i(x, \omega) = (4\pi\varepsilon_0\omega/\hbar)\delta(\omega - \omega)\delta(x - x')$ at frequency $\omega$, where $\delta(x - x') = (\delta(x - x')/\delta(x - x'))$ is the Planck spectrum, and $k_B$ is the Boltzmann constant. There are a variety of mathematical transformations that we make to this problem to make it more amenable to

![Diagram](https://example.com/diagram.png)
optimization, detailed in Methods, such as using reciprocity to move the sources out of the hotter body and onto the dividing surface, exploiting spatial symmetries of the bounding domains (two half-spaces, allowing for any patterning within), as well as a near-field generalization of the “optical theorem”\textsuperscript{14}. The key novelty, however, is our use of Eq. (6): once we have transformed the problem to an appropriate function of the two-body $T$ matrix, we insert the representation theorem of $T$ as a sum of positive-semidefinite matrix coefficients with Drude–Lorentz lineshapes. NFRHT at moderate or even high temperatures is dominated by low-frequency response, so we only impose the low-frequency sum rule. For a designable domain $D$ of half-spaces, \( T_{0,0} = a \), where $a$ is a scalar function of the material susceptibility that is bounded above by 2. Once we insert the $T$-matrix representation into the NFRHT expression, the resulting optimization problem provides the infinite set of matrix oscillator coefficients with an analytical upper bound. Straightforward algebraic manipulations (cf. Methods) lead to an ultimate limit to near-field radiative HTC given by

\[
\text{HTC} \leq \beta \frac{T}{d^2},
\]

where $d$ is the minimum separation between the bodies, $T$ the temperature of the cooler body, and $\beta = 0.11(a k_f^2 / \hbar) = 3.8 \times 10^3 \text{W mM}^2 / \text{m}^2 / \text{K}^2$, a numerical constant. This limit cannot be surpassed by any geometric patterning, nor can exotic optical properties of any material alter its value.

Figure 2b compares our theoretical limit with the current state-of-the-art, as well as the best known bounds. Whereas the gap between the optimal planar structures and the best previous bounds was at least 750X (and diverging to $\infty$ for some materials), the expression of Eq. (7) is only 5X larger than the best design. This bound has no material dependence, which resolves the problematic trend that if one orders the materials by their planar performance, as in Fig. 2b, the previous bounds tended to predict worse maximal performance from left to right. The resolution of this discrepancy is our use of the low-frequency sum rule, which encodes a constraint on the local density of states seen by thermal emitters that depends only on their gap separation, independent of material.

The $T$-matrix approach predicts an optimal NFRHT frequency of $\omega_{\text{max}} = 2.57 \frac{\text{Hz}}{d}$, determined by the overlap of the Planck function with the Drude–Lorentz lineshape. The predictions are matched almost exactly by computationally optimized planar Drude metals or 2D heterostructures, as shown in Fig. 2c, d. For 300 K temperature, the spectra shown in Fig. 2c peak at almost exactly the optimal oscillator frequency, and the match persists across all relevant temperatures, as shown in Fig. 2d.

Although it seemed plausible (even likely) that nano-structuring may lead to enhanced NFRHT through field-concentration effects, our sum rule explains why this is not the case: sharp tips can enhance the fields very close to a sharp tip, but not at the source location itself. The local density of states is proportional to the latter, and hence is not enhanced by lightning-rod effects. To illustrate why sharp-tip-based (or related) structures are inferior, we design a numerical experiment. In NFRHT, after using reciprocity, the incident field arises from point sources along a separating plane between the bodies. For a single given dipole, the relevant low-frequency sum rule constant is $\mathbf{E}_{\text{inc}} \cdot \mathbf{E}_{\text{scat}} = \mathbf{E}_{\text{scat}} \cdot \mathbf{p}$, i.e., the overlap between the (static) incident field and the (static) induced polarization. This is equivalent to the scattered field at the point source.

Figure 3a, b compares schematic depictions of sharp-tip versus planar-area structures, while Fig. 3c shows finite-element calculations for two-dimensional analogs, with dipole sources of both possible polarizations between conducting wedges of arbitrary inner angles $\beta$, with the sources a distance $d$ from either tip. The gray lines show the scattered fields near the tip (at distances 0.1d), which for the transverse polarization increase at smaller angles, i.e., sharper tips. This is the typical lightning-rod effect. Yet these amplified fields play no role in determining the total level of broadband energy transfer; the static constant controlling the sum rule is proportional to the scattered field back at the source, shown in red. This quantity increases with the wedge inner angle, a result that must be true by our domain monotonicity theorem. Hence planar bodies ($\beta = \pi$) must have the largest possible frequency-integrated response. The only remaining question is whether the frequency response can be tailored for maximum overlap with the Planck spectrum, but that question was answered above, affirmatively, by optimal material dispersion relations.

The closeness of the arbitrary-structure bound of Eq. (7) to the best planar structures arises despite quite different mathematical routes to these results. The translational symmetry of planar bodies implies conserved wavevectors and thus a set of evanescent plane-wave channels that are independent, with Landauer-like transmissivities\textsuperscript{41}. Such an approach cannot describe patterned structures. Instead, Eq. (7) culminates after using (generalized) reciprocity to move the sources from the hot body to the dividing surface, the sum rule to encapsulate the maximum densities of states seen by those sources, and the $T$-matrix representation to constrain the possible scattering lineshapes. The striking similarity of the two results suggests that even when confronted by spatial and temporal incoherence,
rapidly decaying fields, and large areas, the oscillator representation compactly captures the key physics of maximal response in the near field.

Discussion
In this article, we have introduced a framework for broadband electromagnetic scattering. The example of Fig. 1 showcases the joint consequences of passivity and sum rules on the structure of the electromagnetic T(ω) matrix. We propose a recipe for identifying fundamental limits: rewrite any objective of interest in terms of the T(ω) matrix, and then use the representation of Eq. (6) as the constraints. Our application of this framework to NFRHT offers clear guidance for the fundamental limits of radiative heat transfer and the physical mechanisms underlying them. The generality of our T matrix representation offers tantalizing prospects for wide-ranging applications across nanophotonics. Metasurfaces45,46, for example, offer a compact form factor for optics. A central question is the extent to which metasurfaces can control incoming waves47-49, across varying frequency and angular bandwidths, for applications from lenses to virtual and augmented reality. Similarly, techniques for imaging through opaque media have flourished with modern spatial light modulators50, with a key open question being ultimate limits to spectral control. In photovoltaics and photodetection, the quest for ever-thinner devices with a key open question being ultimate limits to spectral control. In this section, we derive theorems for the spatio-spectral limits of electromagnetic systems.

In this section, we derive theorems for the spatio-spectral limits of electromagnetic systems. One might wonder why we have utilized the T(ω) matrix, when the vast majority of photonics theory uses the scattering matrix S(ω)? There are two reasons. First, in many scattering systems, incoming and outgoing waves are spatially distributed (e.g., spherical waves), requiring exquisite care with S-matrix causality conditions, leading to (for example) phase shifts in the KK relations1. It becomes unclear which degrees of freedom (if any) are necessary, sufficient, and have convex passivity constraints. The second issue is that there is not, as far as we know, a useful S-matrix sum rule of a positive semidefinite quantity. Without such a sum rule, all response is unbounded. As discussed above, scatterer-volume T matrices appear to be the unique scattering/impedance/admittance matrix where KK relations, passivity, and sum rules can all be combined into a bounded, convex set of constraints.

More broadly, the insight at the foundation of our framework, about the mathematical properties of scattering T matrices, can be directly applied to any classical wave equation. These techniques should be readily extensible to linear scattering problems in acoustics, elasticity, fluid dynamics, and beyond. The mathematical structure of the wave equation is similar in each case, and the resulting T matrices should therefore have similar representations. An interesting twist may arise in acoustic scattering theory, where materials with higher-than-vacuum speeds of sound lead to "non-causal" scattering processes58 that have prevented the development of classical sum rules, and would appear to prohibit a corresponding T matrix representation. Yet the T matrix itself may offer a new route to complex-analytic response functions in exact such scenarios. The reason higher sound speeds lead to "non-causal" response is that the scattered field appears at a location within the scatterer earlier than the incident wave itself. Hence, locally, the process appears non-causal. Yet the nonlocal nature of the T matrix may be precisely what is needed to resolve this paradox. A T matrix isolates the response at any point x to the contributions from the wave incident at each point x' in the scatterer; each of which, individually, must be causal. Hence, not only should the T matrix be extensible to such scenarios; it may further resolve impediments that had previously stymied even simple sum rules in these fields. (Relatedly, wave scattering with any non-trivial/non-vacuum background has historically stymied sum rules, and this is another avenue of exploration with the T matrix.)

Finally, we speculate that the approach described here may even be extensible to quantum scattering. In the frequency domain, the key difference between quantum and classical scattering is the analytic structure of the governing equations. In classical wave equations, second derivatives in space are proportional to second derivatives in time, which lead to poles in the lower half of the complex-frequency plane and analyticity in the upper half. In quantum scattering, second derivatives in space are proportional to first derivatives in time, which leads to bounds states for negative real energies and branch cuts on the positive real axis. Our standard semicircular contours likely need to be replaced by "keyhole" contours5, with the open question of whether there are meaningful sum rules that can be derived (perhaps dependent on bound-state properties, as in Levinson's theorem59,60 for spherically symmetric potentials). If such sum rules could be derived, it is likely that an infinite-oscillator description could be used to identify fundamental limits for quantum scattering as well.

Methods
Domain monotonicity
In this section, we derive "domain monotonicity" theorems for the matrices on the right-hand sides of the sum rules of Eqs. (4), (5). Domain monotonicity is trivial for the high-frequency sum rule, as the right-hand side is directly proportional to the identity matrix on V. Consider a domain D that contains V. How can we compare the two identity matrices? We can embed the identity matrix on V in a larger matrix on D, with zero elements for any spatial degrees of freedom in D and not in V. Hence, by direct comparison, we will have

$$\|V\| \leq \|D\|,$$

proving that the high-frequency sum rule obeys domain monotonicity, implying that it can be converted to an inequality over any designable domain of interest.

Domain monotonicity for the low-frequency (static) sum rule is less obvious. Here, we generalize the arguments of ref.22 to prove domain monotonicity. We need to prove that quantities of the form x^T S_{0,1} x increase, for all x ≠ 0, when the domain V increases (i.e., contains all points of its original domain, and a nonzero volume of points outside of its original domain), for a positive-semidefinite static susceptibility. (Gyrotropic materials, with a nonreciprocal pole at zero, are materials that do not have such susceptibilities8.) We can interpret the multiplication of T with x as the polarization field induced by an "incident field" x, and then multiplication on the left by x takes the overlap of that incident field with the polarization that it induces. Hence we will label our arbitrary vectors as e_{inc} instead of x, for clarity in the mathematical relations to follow, though we impose no constraints on the "incident field" and indeed allow it to be an arbitrary
vector. In computing the response to such a vector, however, we can use a few important physical consequences of electromagnetism. In electrostatics, the fields (and \( T \) matrix) can be chosen to be real-valued, so that we can consider the objective as \( x^T T x \), without any conjugation.

We are interested in the quantity \( F = e_{\text{inc}}^T \cdot e_{\text{inc}} = e_{\text{inc}}^T p \), and how it changes when the domain changes. We will consider only continuous, increasing changes in susceptibility: \( \Delta \chi(x) \geq 0 \) everywhere. Hence a variation in \( F \) can be written

\[
\delta F = e_{\text{inc}}^T \delta \chi p.
\]

(9)

The polarization field is the solution of the volume (Lippmann–Schwinger) integral equation:

\[
(G_0 + \chi) p = - e_{\text{inc}},
\]

(10)

where \( G_0 \) is the background (vacuum) Green's function operator, \( \chi = - \chi^4 \), and \( e_{\text{inc}} \) is the incident field. The variation in \( p \) can be found by taking the variation of Eq. (10), which is:

\[
(\delta \chi)(G_0 + \chi) \delta p = 0.
\]

Solving for \( \delta p \):

\[
\delta p = -(G_0 + \chi)^{-1} \delta \chi p.
\]

(11)

Inserting this variation into the objective gives

\[
\delta F = - e_{\text{inc}}^T (G_0 + \chi)^{-1} \delta \chi p
\]

\[= p^T (\delta \chi) e.
\]

(12)

Finally, from the equation \( \chi = - \chi^4 \), we have \( \delta \chi = \chi^4 (\delta \chi) \chi^4 \), so that

\[
\delta F = e^T (\delta \chi) e,
\]

(13)

which is nonnegative for any positive semidefinite \( \delta \chi \). Hence we have shown that

\[
e_{\text{inc}}^T \delta p \cdot e_{\text{inc}} \geq 0
\]

(14)

for any increases in the domain size or shape; since this is true for any vector \( e_{\text{inc}} \), then variations in the electrostatic \( T \) matrix must themselves be monotonic. This means that given a scatterer \( \Omega_1 \) of any size and shape whose static \( T \) matrix is \( T^{(1)}(\omega = 0) \), any other scatterer \( \Omega_2 \) whose volume encloses that of \( \Omega_1 \) must have a \( T^{(2)}(\omega = 0) \) no smaller than \( T^{(1)}(\omega = 0) \), i.e.:

\[
T^{(2)}(\omega = 0) \geq T^{(1)}(\omega = 0),
\]

(15)

when the scatterer domain \( \Omega_2 \) entirely encloses the scatter domain \( \Omega_1 \).

**Derivation of the NFRHT bound**

To investigate radiative heat transfer from object 1 (bottom) to object 2 (top), we first break down the problem to power integrations at every frequency. The power flowing in the positive \( z \) direction across the middle separating plane (perpendicular to \( z \)) between the two objects is:

\[
S(\omega) = \frac{1}{2} \text{Re} \int dS \left[ \left( E^I_z(r) \right)^* T H^R_z(r) - \left( E^I_z(r) \right) T H^R_z(r) \right],
\]

(16)

where the superscripts denote the current sources in the bottom object, whose amplitudes are dictated by the fluctuation-dissipation theorem:

\[
\langle j_i(\omega, r_g) j_j(\omega, r_g) \rangle = Z(\omega, T) \delta(\omega - \omega') \delta(r_g - r_g') \delta_{ij},
\]

(17)

where \( Z(\omega, T) = \frac{4\pi \omega^2}{\epsilon_0 c^2} \text{Im} \chi(\omega) \), the susceptibility of the lower body is \( \chi(\omega) = \frac{\epsilon(\omega)}{\epsilon(\omega) - 1} \), and \( \Omega(\omega, T) \) is the Planck distribution, \( \Omega(\omega, T) = \frac{\hbar}{4\pi} \left( \frac{\epsilon_0 c^2}{\hbar \omega} \right) \). The subscripts in \( r_g \) indicate the position vector lies in the volume of the emitter. Then the field correlations in Eq. (16) can be expressed in terms of Green's functions \( G^{(1)}(r, r_p) \) and \( G^{(2)}(r, r_p) \) applied to the thermal source correlations in Eq. (17).

Our bound will not distinguish between the \( x \) and \( y \) directions (which are symmetric in the bounding domain, even though of course they are not for many allowable patterns), in which case the upper bounds on either of the two terms in power integration in Eq. (16) are identical: \( \text{Max} [\text{Re} \int dS \left( E^I_z(r) \right)^* \left( T H^R_z(r) \right)] = \text{Max} [\text{Re} \int dS \left( E^I_z(r) \right) \left( T H^R_z(r) \right)] \).

Hence the maximum flux \( S(\omega, T) \) equals the maximum of the function

\[
F^{\text{RHT}}(\omega, T) \equiv \text{Re} \int dS \left( E^I_z(r) \right)^* \left( T H^R_z(r) \right).
\]

(18)

We use reciprocity to transfer the flux evaluation of Eq. (18) on the surface \( S \) from sources in \( V \) to a field evaluation in \( V \) from sources on \( S \). The background Green's functions are reciprocal, i.e., \( G^{(1)}(r, r_p) = G^{(2)}(r_p, r) \), and \( G^{(2)}(r, r_p) = - G^{(1)}(r_p, r) \), so we can equate the fields at \( r \) produced by sources at \( r_p \) with fields at \( r_p \) produced by sources at \( r \). In light of the correlations for currents sources inside the volume, Eq. (17), we can define the correlations for reciprocal current sources on the middle plane flux as

\[
\langle j_i(\omega, r) \delta M_j(\omega, r') \rangle = \omega b(\omega - \omega') \delta(r - r').
\]

(19)

The amplitude \( \omega \) is chosen so that \( \left( E^I_{\text{inc}}(r_p) \right)^* \delta M_{\text{inc}}(r_p) \) is independent of frequency, which will be important later. Simple insertion of the Green's functions into Eq. (18) and the usage of reciprocity and Eq. (19) leads to a volume-field expression for \( F^{\text{RHT}} \):

\[
F^{\text{RHT}}(\omega, T) = \frac{Z(\omega, T)}{\omega} \text{Re} \int dV \left( E^I_z(r_p) \right)^* \delta M_{\text{inc}}(r_p)
\]

(20)

where \( V_3 \) is exclusively the source volume. Equation (20) represents the total flux from an infinite plane of sources between the infinite bodies. An upper bound on this flux is given by the upper bound of the flux generated by a single set of point sources at a given position on the separating plane, multiplied by the (infinite) area of the plane. This allows us to easily switch to the quantity of interest in large-area NFRHT: the per-area radiative heat transfer, which is bounded above by the maximum flux from a single set of sources at a single position on the separating plane. This also resolves a second possible difficulty: how to represent the \( T \) matrix for infinite, extended structures? For point sources in the near field, there is no issue: the fields decay sufficiently quickly that the response is guaranteed to be well-behaved. (Intuitively, one can imagine substituting large but finite-sized structures at this stage, and later taking the limit as size goes to infinity. The rapid field decay ensures that the subsequent integrals converge, even in the infinite-size limit.)

We switch to vector notation now, using the notation of lowercase letters without the subscript \( \nu \) to represent field vectors on the domain of both objects. For example, the volume integral over the lower body in Eq. (20) becomes \( e^I_{\text{inc}} \cdot \delta M_{\text{inc}} \), where \( \delta \) has ones on its diagonal in the lower (source) volume and zeros everywhere else. We can write this integral out in terms of the \( T \) matrix:

\[
\text{Re} \left[ e^I \cdot \delta M_{\text{inc}} \right] = \frac{1}{\epsilon_0 c^2} \text{Re} \left( e^I_{\text{inc}} \right)^T T \left( \delta M_{\text{inc}} \right) = \frac{1}{\epsilon_0 c^2} \text{Tr} \left( T e^I e_{\text{inc}} \right).
\]

(21)

Notice both \( T \) matrix and \( e_{\text{inc}} \) vectors are defined on the domain of both the top and bottom bodies. In Eq. (21) we defined the function
\[ E = \text{Re} \left( M_{\text{inc}}^* e_{\text{inc}} \right)^T \] which is a rank-2 matrix and can be decomposed into one positive eigenvalue term and one negative eigenvalue term:

\[ E = \lambda_1 q_1 q_1^T + \lambda_2 q_2 q_2^T, \tag{22} \]

with eigenvector \( q_{1,2} \) and eigenvalues \( \lambda_{1,2} \) given by

\[ q_{1,2} = \frac{e_{\text{inc}}}{\sqrt{2|e_{\text{inc}}|^2}} \pm \frac{e_{\text{inc}}^M}{\sqrt{2|e_{\text{inc}}|^2}}, \tag{23} \]

\[ \lambda_{1,2} = \pm \frac{|q_{1,2}| |e_{\text{inc}}|}{2} \pm \frac{1}{\varepsilon_0} \left( 3.45 \times 10^{16} \right) \left( d \times 10^9 \right)^2. \tag{24} \]

One can now see that our choice of source amplitudes in Eq. (19) leads to frequency-independent eigenvalues of \( E \).

To bound the expression of Eq. (21), we will relax it in a few ways. Interestingly, extensive numerical optimizations using manifold-optimization techniques\(^{36,37}\) directly on Eq. (21) lead to the same upper limits that we derive below, suggesting that these “relaxations” are minimal and do not loosen the analysis given the constraints that we use, such as sum rules. First, the \( E \) matrix defined by the two renormalized incident fields has one positive and one negative eigenvalue, per Eq. (22). Physically, we can interpret the negative sign of the second eigenvalue via the power expression of Eq. (21) containing \( E \), as the difference in powers absorbed for the two renormalized incident fields. This is of course bounded above by the absorption of only the first incident field, dropping the subtracted term, leaving only the contribution of the single positive eigenvalue of \( E \). Thus we have:

\[ \text{Tr} \left[ T^* O T E \right] \leq \text{Tr} \left[ T^* O T \lambda_1 q_1 q_1^T \right]. \tag{25} \]

Next, we note that \( O \) indicates absorption only in the lower body; of course this quantity is bounded above by the total absorption in both bodies. This is represented mathematically as the constraint that \( O \leq 1 \), which implies:

\[ \lambda_1 \left( q_1^T T^* O T \right) q_1 \leq \lambda_1 \left( q_1^T T^* \right) q_1. \tag{26} \]

Finally, the absorption in both bodies is less than the net extinction of the two bodies (their far-field scattered powers are positive, and essentially zero in the near-field case, so that this relaxation is negligible). We can use a generalized “optical theorem” constraint to bound this quadratic extinction-like quantity with a linear extinction-like quantity. The idea is that absorption must be smaller than extinction: \( P_{\text{abs}} \leq P_{\text{ext}} \). Absorption is given in terms of the \( T \)-matrix by

\[ P_{\text{abs}} = \frac{1}{2} \text{Im} \left( \mathbf{p} \right) = \frac{1}{2} \text{Im} \left( e_{\text{inc}} \mathbf{T}^* e_{\text{inc}}^* \right) \]

Similarly extinction is given by

\[ P_{\text{ext}} = \frac{1}{2} \text{Im} \left( e_{\text{inc}} \mathbf{T} \right) = \frac{1}{2} e_{\text{inc}} \text{Im} \left( \mathbf{T} \right) e_{\text{inc}}. \]

Thus “optical theorem” condition implies that for any \( \mathbf{T} \)-matrix,

\[ \frac{\text{Im} \mathbf{T}}{\varepsilon_0 |\mathbf{T}|^2} \leq \text{Im} \mathbf{T}. \tag{27} \]

Hence we can write

\[ \lambda_1 \left( q_1^T T^* \right) q_1 \leq \lambda_1 \left( \frac{\text{Im} \mathbf{T}}{\varepsilon_0 |\mathbf{T}|^2} \right) q_1, \tag{28} \]

without introducing much relaxation. We can now rewrite Eq. (20) as

\[ f_{\text{HTC}}(\omega, T) \leq \frac{Z(\omega, T)}{\omega} \frac{1}{\varepsilon_0 |\mathbf{T}|^2} \lambda_1 \left( \frac{\text{Im} \mathbf{T}}{\varepsilon_0 |\mathbf{T}|^2} \right) q_1(\text{Im} \mathbf{T}) q_1. \tag{29} \]

Surprisingly, the various transformations to this point have removed all explicit dependencies on material susceptibility \( x_{1,2}(\omega) \), with the only implicit dependence embedded in \( \text{Im} \mathbf{T} \). We will now focus on the upper bound for HTC, and the upper bound for RHT can be found by taking similar steps. To switch from the RHT to HTC bound computation, we just need to take the temperature derivative of the last expression to get

\[ f_{\text{HTC}}(\omega, T) \leq \frac{4\lambda_1}{\pi} \partial \Theta(\omega, T) q_1(\text{Im} \mathbf{T}) q_1. \tag{30} \]

In our oscillator representation, we know that \( \omega \text{Im} \mathbf{T} \) is exactly the real-symmetric positive-semidefinite matrix \( \mathbf{X}(\omega) \), which must satisfy the low-frequency sum rule \( \int_{0}^{\infty} \mathbf{X}(\omega) / \omega^2 \leq \lambda_1 \). (The nonreciprocal part of \( \omega \text{Im} \mathbf{T} \) cannot contribute, as the NF-RHT objective is symmetric around \( \omega = 0 \), so that it can be written as the linear combination of positive-frequency contributions and their negative-frequency counterparts. The positive- and negative-frequency contributions cancel for the nonreciprocal part due to its anti-symmetry in frequency.) We renormalize \( X \) to simplify the sum rule:

\[ \mathbf{X}(\omega) \to \mathbf{X}(|\omega| / 2 \omega) \mathbf{X}(\omega), \]

so that \( \int_{0}^{\infty} \mathbf{X}(\omega) \leq \lambda_1 \). In terms of \( \mathbf{X}(\omega) \), the total frequency-integral HTC is

\[ \text{HTC} \leq 2\varepsilon_0 \alpha_1 \text{Tr} \left[ \int_{0}^{\infty} \mathbf{X}(\omega) \left( \frac{\partial \Theta(\omega, T)}{\partial T} \right) \right]. \tag{32} \]

The optimization of Eq. (31), subject to the passivity constraint \( \mathbf{X}(\omega) \geq 0 \) and the sum-rule constraint \( \int_{0}^{\infty} \mathbf{X}(\omega) \omega \text{d} \omega \leq \lambda_1 \), is actually simple, thanks to the structure of the objective and representation. We form a basis \( Q \) whose first column is \( q_1 \), with all other columns orthogonal to \( q_1 \). If we write at every frequency \( \mathbf{X}(\omega) \to Q \mathbf{X}(\omega) Q^T \), then

\[ \text{Tr} \left[ q_1^T \mathbf{X}(\omega) q_1 \right] = q_1^T Q \mathbf{X}(\omega) Q^T q_1 \]

Hence only the \((1, 1)\) element of \( \mathbf{X}(\omega) \) contributes to the objective (due to the rank-one nature of the excitation). The positive semidefinite property as well as the sum rule for \( \mathbf{X}(\omega) \) are equivalent for \( \mathbf{X}(\omega) \) (as the transformation was unitary). Hence we can rewrite the HTC bound as:

\[ \text{HTC} \leq 2\varepsilon_0 \alpha_1 \left( \int_{0}^{\infty} \mathbf{X}(\omega) \left( \frac{\partial \Theta(\omega, T)}{\partial T} \right) \right), \tag{33} \]

subject to the constraints \( \mathbf{X}_{11}(\omega) \geq 0 \) and \( \int_{0}^{\infty} \mathbf{X}_{11}(\omega) \omega \text{d} \omega \leq \lambda_1 \). The maximization of an inner product subject to a “probability simplex”\(^{41}\) has a simple solution: concentrate all of the response into the single degree of freedom where the objective vector is maximized. In particular, in this case, the optimal \( X_{11} \) is a delta function with unit amplitude at the frequency where \( \omega \Theta(\omega, T) \) is maximized. A simple calculation shows that this occurs for

\[ \omega_{\text{opt}} = \frac{2.57 k_B T}{\hbar} = \frac{x_{\text{opt}} k_B T}{\hbar}, \tag{34} \]

which is exactly the near-field Wien frequency that we found from HTC optimization for planar, unpatterned geometries\(^{41}\). In terms of the dimensionless variable \( x_{\text{opt}} = 2.57 \), the HTC bound is:

\[ \text{HTC} \leq 2\varepsilon_0 \alpha_1 \left( \frac{x_{\text{opt}}}{\hbar} \frac{\partial \Theta(\omega_{\text{opt}}, T)}{\partial T} \right), \tag{35} \]

\[ = 2\varepsilon_0 \alpha_1 \left( \frac{k_B T}{\hbar} \frac{\chi_{\text{opt}} e^{\alpha_{\text{opt}}}}{e^{\alpha_{\text{opt}}} - 1} \right). \tag{36} \]
Inserting the numerical prefactors, we arrive at the final bound:
\[
\text{HTC} \leq 0.11a \frac{k^2}{h} \frac{T}{d^2} = \beta \frac{T}{d^2},
\]
where \( \beta = 3.8 \times 10^6 \text{W/m}^2\text{K}^4 \). For \( T = 300 \text{ K} \) and \( d = 10 \text{ nm} \), HTC \( \leq 1.1 \times 10^4 \text{W/m}^2\text{K} \), which is 5X the optimal planar performance. Hence this theoretical framework offers a close prediction to the best known designs, it predicts the optimal resonance frequency where the oscillator-strength should be concentrated, and it explains why previous material-dependent predictions were incorrect.

Data availability
The datasets generated in this study are available at [https://github.com/PhotonDesign/ScatteringOscillatorsResults](https://github.com/PhotonDesign/ScatteringOscillatorsResults).

Code availability
The simulation code used in this study is available at [https://github.com/PhotonDesign/ScatteringOscillatorsResults](https://github.com/PhotonDesign/ScatteringOscillatorsResults).

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Supplementary Materials:
All electromagnetic scattering bodies are matrix-valued oscillators

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Supplementary Note 1. INTEGRAL-OPERATOR DEFINITION OF THE T MATRIX

In the main text, we used linearity as a sufficient condition to argue that the polarization fields \( \mathbf{P}(\mathbf{x}) \) induced by an incident field \( \mathbf{E}_{\text{inc}}(\mathbf{x}) \) must be related through a linear operator that one can call “\( T \):”

\[
\mathbf{P}(\mathbf{x}) = \int_V \mathbf{T}(\mathbf{x}, \mathbf{x}') \mathbf{E}_{\text{inc}}(\mathbf{x}') \, d\mathbf{x}', \tag{1}
\]

or, in our vector notation,

\[
\mathbf{p} = T\mathbf{e}_{\text{inc}}. \tag{2}
\]

In this section, we discuss the (known [1]) construction of the \( T \) matrix from known integral-equation operators.

For any scattering problem, the volume (Lippmann–Schwinger) integral equation is [2]

\[
\int_V \mathcal{G}_0(\mathbf{x}, \mathbf{x}') \mathbf{P}(\mathbf{x}') \, d\mathbf{x}' - \frac{1}{\chi(\mathbf{x})} \mathbf{P}(\mathbf{x}) = -\mathbf{E}_{\text{inc}}(\mathbf{x}), \tag{3}
\]

where the first term is the scattered field and the second term is the negative of the total field. Or, in vector notation,

\[
[\mathcal{G}_0 - \chi^{-1}] \mathbf{p} = -\mathbf{e}_{\text{inc}}. \tag{4}
\]

The \( T \) matrix, then, is the negative inverse of the matrix in square brackets:

\[
T = -[\mathcal{G}_0 - \chi^{-1}]^{-1}. \tag{5}
\]

Hence the \( T \) matrix can be computed via standard methods [2].

Supplementary Note 2. COMPLEX-FREQUENCY SYMMETRIES OF THE T MATRIX

For an electric field or a polarization field, the usual symmetry relation is \( \mathbf{E}(-\omega^*) = \mathbf{E}^*(\omega) \) and \( \mathbf{P}(-\omega^*) = \mathbf{P}^*(\omega) \), which are consequences of the real-valued nature of the time-domain fields (proven by Fourier transform). By exactly the same reasoning for the \( T \) matrix, we have:

\[
T(-\omega^*) = T^*(\omega), \tag{6}
\]

where the matrix asterisk denotes entrywise conjugation. The entrywise nature of Eq. (6) inhibits direct symmetry relations for the Hermitian and anti-Hermitian parts of \( T \). The key, then, is to break the \( T \) matrix into its complex-symmetric and skew-symmetric parts, which we can refer to as its “reciprocal” and “nonreciprocal” (or, really, “anti-reciprocal”) parts:

\[
T = \mathbb{R} + \mathbb{N}, \tag{7}
\]

where \( \mathbb{R} = (T + T^T)/2 \), and \( \mathbb{N} = (T - T^T)/2 \). Then one immediately has the same symmetry relations for \( \mathbb{R} \) and \( \mathbb{N} \), i.e., \( \mathbb{R}(-\omega^*) = \mathbb{R}^*(\omega) \) and \( \mathbb{N}(-\omega^*) = -\mathbb{N}^*(\omega) \), but they can be directly converted to matrix symmetry relations:

\[
\mathbb{R}(-\omega^*) = \mathbb{R}^\dagger(\omega), \notag
\]

\[
\mathbb{N}(-\omega^*) = -\mathbb{N}^\dagger(\omega). \tag{8}
\]

From these, one can immediately read off the symmetry relations for the Hermitian and anti-Hermitian parts of \( \mathbb{R} \) and \( \mathbb{N} \): \( \text{Re} \mathbb{R}(-\omega^*) = \text{Re} \mathbb{R}^*(\omega) \), \( \text{Im} \mathbb{R}(-\omega^*) = -\text{Im} \mathbb{R}(\omega) \), \( \text{Re} \mathbb{N}(-\omega^*) = -\text{Re} \mathbb{N}(\omega) \), and \( \text{Im} \mathbb{N}(-\omega^*) = \text{Im} \mathbb{N}(\omega) \).

Hence neither \( \mathbb{R}(\omega) \) nor \( \mathbb{N}(\omega) \) have additional degrees of freedom at negative (real) frequencies; their positive-frequency components represent all of their independent degrees of freedom. We can use these symmetries to prove the positive-definiteness conditions on the reciprocal and nonreciprocal parts of the response. In the main text, we defined at real frequencies: \( \omega \text{Im} \mathbb{T}(\omega) = \chi(\omega) + \gamma(\omega) \), where \( \chi \) and \( \gamma \) are the reciprocal and nonreciprocal parts of \( \omega \text{Im} \mathbb{T}(\omega) \), which means that \( \chi(\omega) = \omega \text{Im} \mathbb{R}(\omega) \) and \( \gamma(\omega) = \omega \text{Im} \mathbb{N}(\omega) \). At nonnegative frequencies, the positive semidefinite property of \( \omega \text{Im} \mathbb{T}(\omega) \) directly implies that

\[
\chi(\omega) + \gamma(\omega) \geq 0. \tag{9}
\]
At negative frequencies ($-\omega$, for $\omega$ positive), we similarly have:

$$X(-\omega) + Y(-\omega) \geq 0.$$  \hspace{1cm} (10)

But we can use the symmetry relations above to simplify this expression to positive frequencies. From the relations for $R(\omega)$ and $N(\omega)$, it follows that for real-valued frequencies, $X(-\omega) = X(\omega)$ and $Y(-\omega) = -Y(\omega)$. Hence the negative-frequency positivity condition can be converted to:

$$X(\omega) - Y(\omega) \geq 0.$$  \hspace{1cm} (11)

Hence at every nonnegative frequency, $X + Y$ and $X - Y$ must be positive semidefinite; these two conditions also imply that $X$ itself must be positive semidefinite.

**Supplementary Note 3. OSCILLATOR REPRESENTATION VIA HERGLOTZ FUNCTIONS**

In this section we include (a) a survey of representations of passive linear systems, and (b) an alternative derivation of Eq. (3) of the main text, using a Herglotz–Nevanlinna representation.

**A. Background: passive linear systems**

There is a long history of identifying constraints associated with passive linear systems [3–10], with applications in fields ranging from circuit theory and control [11] to electrical interconnects [12] to elastic materials [13] to quantum field theory [14]. In this section, we review some of the classic results of what is known in passive linear systems. We will specialize to $N$-port systems, in which there is a finite number $N$ of orthogonal input/output channels that are normalized to each carry unit power into or out of the system. Particularly useful pedagogical introductions include Refs. [6, 8, 10, 12].

We can start with the “scattering” picture of a linear system. Linearity implies that input amplitudes, collated into an $N \times 1$ vector $a$, are scattered into an $N \times 1$ vector of output amplitudes $b$ that can be found via an $N \times N$ scattering matrix $S$:

$$b = Sa.$$  \hspace{1cm} (12)

Passivity is the condition that that the total outflow of power up to any time $t$ be smaller than the total inflow of power up to the same time:

$$\int_{-\infty}^{t} [a^T(\tau)a(\tau) - b^T(\tau)b(\tau)] \, d\tau \geq 0.$$  \hspace{1cm} (13)

This condition is sometimes referred to as strong passivity, and its weak passivity counterpart is defined only for the limit in which $t \to \infty$. The results below do not necessarily hold in weakly passive systems without separately invoking a causal scattering operator [8]. By contrast, strong passivity actually implies causality. Causality can be defined as the requirement that a zero input signal, $a(\tau) = 0$, up to some time $t$, implies zero output, $b(\tau) = 0$ up to the same time; this condition is an immediate consequence of Eq. (13).

Whereas the conventional engineering literature where much of passivity theory originated uses the Laplace domain, we will use the frequency domain to conform with typical modern scattering theory. The key consequence is that the right-half plane (RHP) is rotated to the upper-half plane (UHP), and some of the key results will refer to positive imaginary parts (suitably defined) in the UHP, instead of positive real parts in the RHP. We will overload the same variable names for time- and frequency-domain versions of a variable, with the argument denoting the context. For example, the time domain version of Eq. (12) is $b(t) = \int S(t - t')a(t') \, dt'$, and the frequency-domain version is $b(\omega) = S(\omega)a(\omega)$.

The first key result of passivity declares necessary and sufficient conditions of the scattering matrix $S$ of a passive linear system. In particular, $S(\omega)$ is the frequency-domain scattering matrix of a passive linear system if and only if:

1. $S(\omega)$ is analytic for $\text{Im} \omega > 0$,
2. $I - S^\dagger(\omega)S(\omega)$ is positive semidefinite for $\text{Im} \omega > 0$, and
3. $S^*(\omega) = S(-\omega^*)$, 
where $\mathbb{I}$ is the $N \times N$ identity matrix. These conditions define bounded-real functions [4, 12]. A simple physical interpretation of the conditions is that the first is a consequence of causality, the second a consequence of passivity (for inputs with both oscillating and growth/decay terms), and the third is a consequence of real-valued time-domain signals, though such an interpretation only implies that they are necessary, and not their sufficiency. The proofs in the literature tend to be rigorous but also quite formal. One issue with these conditions is that they require certain properties to be satisfied over the entire half-space of the UHP, which can be computationally expensive for applications such as real-time passivity verification [9]. There is an alternative characterization entirely using real-line values [6, 12]. It is not so important for our work, so we will not highlight it, but the characterization essentially boils down to three conditions: $S(\omega)$ satisfies Kramers–Kronig relations, $I - S(\omega)S(\omega)$ is positive semidefinite everywhere on the real line, and $S(\omega) = S^*(-\omega)$. Alternatively, and closer to our interests, is a representation theorem for scattering matrices. The scattering matrix of a passive linear system everywhere in the UHP can be written:

$$S(\omega = \omega_0 + i\gamma) = \frac{\gamma}{\pi} \int_{-\infty}^{\infty} \frac{S'(\omega')}{(\omega' - \omega_0)^2 + \gamma^2} d\omega'.$$

(14)

More rigorous derivations of Eq. (14) start with the function $S(\omega)$ defined only in the UHP, then proves Eq. (14) where $S(\omega')$ are boundary values of the function, suitably defined [8]. An alternative, slightly less rigorous approach, is to use the analyticity of $S(\omega)$ and take a contour integral of $S(\omega)/[(\omega - \omega_0)^2 + \gamma^2]$.

The conditions above represent the key conclusions of passivity in a scattering formalism (mapping inputs to outputs). They can be quite useful for validation [9], i.e., verifying that a scattering matrix represents a passive system, but they are less useful from a theoretical bound perspective. One issue is that it appears difficult to identify a sum rule for a positive-definite quantity from which $S(\omega)$ can be built. An even more significant issue is a subtle one: the simple definition of Eq. (12) can in fact be difficult to realize; one needs a basis of independent “channels” on which to define $a(t)$ and $b(t)$, but typical basis functions (e.g. vector spherical waves) are spatially distributed, which leads to more complex passivity and causality conditions. In particular, any definition of causality requires the introduction of phase shifts related to the properties of the physical scatterer [15]. This appears to render impossible any hope of a scattering-matrix-based framework for spectral bounds.

Of more utility for our purposes is the immittance formalism, in which the port variables are currents $i$ and voltages $v$. “Immittance” refers to the class of matrices representing either impedances or admittances, which have identical necessary and sufficient passivity conditions in many cases. Abstractly, the immittance variables can be derived from the scattering variables, as $v = 2(a - b)$ and $i = 2(a + b)$, or vice versa. The strong passivity condition of Eq. (13) is then, in the immittance variables,

$$\int_{-\infty}^{\infty} v^T(\tau)i(\tau) d\tau \geq 0.$$  

(15)

An immittance matrix $X$ (representing an impedance $Z$ or an admittance $Y$) represents an $N$-port linear system if and only if:

1. $X(\omega)$ is analytic for $\text{Im} \omega > 0$,
2. $\text{Re} X(\omega) = \frac{1}{2} \left[ X(\omega) + X^T(\omega) \right]$ is positive semidefinite for $\text{Im} \omega > 0$, and
3. $X^*(\omega) = X(-\omega^*)$.

These conditions define positive-real matrices. (Sometimes, though not always [4], they are only defined as such in the Laplace domain.) They are identical to the conditions for the scattering matrix, except that the passivity condition is now in the Hermitian part of the immittance matrix, whereas the relevant quantities for scattering matrices is $I - S(\omega)S(\omega)^*$. The analogous real-line-only conditions for the impedance matrix are less insightful than those for scattering matrices [6, 12], so we do not include them here. Alternatively, there is a quite useful representation theorem for immittance matrices, although for compatibility with our $T$-matrix discussions, we will first make a small pivot. A $T$ matrix relates a field to a dipole density, rather than a current, and hence a $T$ matrix is analogous to an immittance matrix multiplied by frequency and the imaginary unit $i$. Hence, a $T(\omega)$ matrix represents a passive $N$-port linear system if and only if:

1. $\omega T(\omega)$ is analytic for $\text{Im} \omega > 0$,
2. $\text{Im}[\omega T(\omega)]$ is positive semidefinite for $\text{Im} \omega > 0$, and
3. $\omega^* T^*(\omega) = -[\omega T(\omega)]_{\omega = -\omega^*}$,
where $\text{Im}[\omega T(\omega)]$ is the anti-Hermitian part of $\omega T(\omega)$. The first two of these conditions defines a matrix-valued Herglotz–Nevanlinna function. There is a well-known representation theorem for such functions \cite{16–18}:

$$\omega T(\omega) = C + D \omega + \int_{-\infty}^{\infty} \left[ \frac{1}{\lambda - \omega} - \frac{\lambda}{1 + \lambda^2} \right] d\Omega(\lambda),$$  \hspace{1cm} (16)

where $\omega$ is in the UHP, $C$ is Hermitian, $D$ is Hermitian positive semidefinite, and $d\Omega(\lambda)$ is a matrix-valued measure satisfying certain integrability conditions. (An analogous representation in the Laplace domain was recognized by Youla \cite{4}; Beltrami connected this work to earlier results by Herglotz and Cauer \cite{5, 19}.)

The values of $C$ and $D$ are specified by $T$: $C = \text{Re}[iT(i)]$ and $D = \lim_{y \to \infty} [T(iy)]$.

**B. Alternative derivation of the integral representation of the main text**

We saw in the previous section the general Herglotz representation

$$\omega T(\omega) = C + D \omega + \int_{-\infty}^{\infty} \left[ \frac{1}{\lambda - \omega} - \frac{\lambda}{1 + \lambda^2} \right] d\Omega(\lambda),$$  \hspace{1cm} (17)

where $C = \text{Re}[iT(i)]$ and $D = \lim_{y \to \infty} [T(iy)]$. The $T$ matrix decays as $1/\omega^2$, which enables significant simplification of the representation. From Remark 2.8.3 and Theorem 2.4.2 of Ref. \cite{18}, the growth condition

$$\int_{0}^{\infty} x^2 T(iw)x dw \leq \infty,$$  \hspace{1cm} (18)

implies a simplified representation. This growth condition is satisfied by the $T(\omega)$ matrix thanks to its quadratic decay at high frequencies. Then, the representation is \cite{18}

$$\omega T(\omega) = \int_{-\infty}^{\infty} \frac{d\Omega(\lambda)}{\lambda - \omega}.$$  \hspace{1cm} (19)

We can use the symmetry condition on $\omega T(\omega)$ (the third condition above Eq. (16)) to identify conditions on the matrix-valued measure $d\Omega$. Note that

$$\omega^* T(\omega^*) = \int_{-\infty}^{\infty} \frac{d\Omega^*(\lambda)}{\lambda - \omega^*},$$  \hspace{1cm} (20)

and

$$-[\omega T(\omega)]_{-\omega^*} = -\int_{-\infty}^{\infty} \frac{d\Omega(\lambda)}{\lambda + \omega^*} = -\int_{-\infty}^{\infty} \frac{d\Omega(-\lambda)}{\lambda - \omega^*}.$$  \hspace{1cm} (21)

For Eqs. (20,21) to be equal at all frequencies, then $d\Omega$ must satisfy

$$d\Omega(-\lambda) = -d\Omega^*(\lambda).$$  \hspace{1cm} (22)

We can use this condition to simplify the integral relation to positive frequencies only:

$$\omega T(\omega) = \int_{0}^{\infty} \frac{d\Omega(\lambda)}{\lambda - \omega} + \int_{-\infty}^{0} \frac{d\Omega(\lambda)}{\lambda - \omega} = \int_{0}^{\infty} \frac{d\Omega(\lambda)}{\lambda - \omega} + \int_{0}^{\infty} \frac{d\Omega(-\lambda)}{\lambda + \omega} = \int_{0}^{\infty} \left[ \frac{d\Omega(\lambda)}{\lambda - \omega} + \frac{d\Omega^*(\lambda)}{\lambda + \omega} \right].$$  \hspace{1cm} (23)

As a matrix-valued measure, $d\Omega$ is Hermitian. We can define its reciprocal and nonreciprocal parts as $dX$ and $dY$, respectively, both of which will also be Hermitian. Then we have $d\Omega^*(\lambda) = dX^*(\lambda) + dY^*(\lambda) = dX^T(\lambda) - dY^T(\lambda) = dX(\lambda) - dY(\lambda)$, and the integral relation becomes

$$\omega T(\omega) = \int_{0}^{\infty} \left[ \frac{dX(\lambda) + dY(\lambda)}{\lambda - \omega} - \frac{dX(\lambda) - dY(\lambda)}{\lambda + \omega} \right] = \int_{0}^{\infty} \left[ \frac{2\omega}{\lambda^2 - \omega^2} dX(\lambda) + \frac{2\lambda}{\lambda^2 - \omega^2} dY(\lambda) \right].$$  \hspace{1cm} (24)
We can divide both sides by \( \omega \) to isolate the \( T(\omega) \) matrix on the left-hand side, and subsume the factors of 2 on the right-hand side into the measures. Then we have

\[
T(\omega) = \int_0^\infty \left[ \frac{1}{\lambda^2 - \omega^2} dX(\lambda) + \frac{\lambda}{\omega(\lambda^2 - \omega^2)} dY(\lambda) \right].
\]  

(25)

Remember that this expression is for \( \omega \) in the upper-half plane. We can take the limit as \( \omega \) approaches the real line, but we must do so carefully: in any expression of the form \( 1/(\lambda - \omega) \), we cannot discard the imaginary part of the frequency, even as it goes to zero, as the imaginary part of the entire expression approaches that of a delta function (in a distributional sense). By contrast, in terms of the form \( 1/(\lambda + \omega) \) (for \( \lambda \geq 0 \)) or \( 1/\omega \), the imaginary part can be dropped in the limit that it goes to zero. If we define \( \gamma = 2 \text{Im} \omega \) and \( \omega = \text{Re} \omega \) (overloading notation), then we can write:

\[
T(\omega) = \lim_{\gamma \to 0} \int_0^\infty \frac{1}{\lambda^2 - \omega^2 - i\gamma \omega} \left[ dX(\lambda) + \frac{\lambda}{\omega} dY(\lambda) \right],
\]  

(26)

which is equivalent to Eq. (3) of the main text, with the replacements \( \lambda \to \omega_i \), \( dX(\lambda) \to X(\omega_i) d\omega_i \), and \( dY(\lambda) \to Y(\omega_i) d\omega_i \).

**Supplementary Note 4. PHYSICAL OSCILLATORS VS. MATHEMATICAL OSCILLATORS**

In the main text we contrasted our \( T \)-matrix “mathematical-oscillator” representation with the well-known “physical-oscillator” decompositions in use today. Here we detail the similarities and differences in these approaches. At the highest level, physical-oscillator approaches are meant to be efficient for simulation and modeling: for a given structure, can one identify a small number of parameters (e.g. normal- or quasinormal-mode coefficients, etc.) that accurately model the complete response of the system? Typically these models are highly nonlinear in the unknown parameters, but there are standard computational methods for finding them. Yet for problems of design, these representations are difficult or impossible to work with: there is not a single given structure, anymore, but instead a large class of structures. It is not known a priori how many resonances or modes may contribute; to be safe, very large numbers must be used. So one is left with large, highly nonlinear models to optimize over, without any beneficial mathematical structure. The “mathematical-oscillator” theory developed in the main text is well-suited to this scenario. The use of lossless (and hence narrow-linewidth) oscillators naturally also leads to a large numbers of parameters (matrix-valued oscillator coefficients), but these parameters have ideal properties from an optimization perspective: they are positive-definite, constrained in sum, and linear in the only degrees of freedom. In fact, this decomposition is quite ill-suited for modeling: one needs to invert a large, dense matrix at every frequency to get the corresponding coefficients, which is computationally prohibitive except for small structures. But for design, one never needs to do any matrix inversion, and the mathematical structure of the decomposition is far superior for optimization. Below, we provide the mathematical expressions supporting these qualitative assertions.

In electromagnetic scattering simulations, there are two primary classes of “physical-oscillator” approaches: coupled-mode theory (CMT) [20-24], and quasinormal-mode (QNM) theories [25-31]. It can be shown that the former can be derived from the latter in the limit of isolated, high-\( Q \) resonances with negligible non-resonant scattering contributions [32]. We will describe both of these constructions. We start with coupled-mode theory. In coupled-mode theory, there is a basis of resonant modes described by a matrix \( \Omega \), whose diagonal terms are complex-valued resonance frequencies of the modes, and whose off-diagonal terms describe coupling rates between each pair of modes. Each resonance has “overlap coefficients” with each outgoing-wave channel, the matrix containing these elements is often referred to as \( K \) (or \( D \), which is identical to \( K \) in reciprocal systems). Finally, there is typically a non-trivial background scattering matrix \( S_{bg} \) that contains non-resonant contributions to the scattering process. In full, in any general (reciprocal) coupled-mode theory, the scattering matrix is given by the expression [20, 32]

\[
S = S_{bg} - iK (\Omega - \omega)^{-1} K^T,
\]  

(27)

subject to reciprocity and unitarity conditions given by

\[
K^\dagger K = 2 \text{Im} \Omega,
\]  

(28)

\[
S_{bg} K^* = -K.
\]  

(29)

One can immediately see that a CMT model constructed from these three equations will be impossible to optimize over. The degrees of freedom are the matrices \( \Omega, S_{bg}, \) and \( K \), none of which are Hermitian (let alone positive definite).
Moreover, one cannot even presuppose any finite, constrained size of the matrices, as there is no sum rule constraining any norm of the entries.

One route towards using CMT models for understanding limits is to remove much of the complexity from Eqs. (27–29). If one assumes background scattering cannot occur (although note that even in Mie resonators it plays a quite important role [32]), then $S_{bg} = I$ and $K^* = -K$, such that one can rewrite the scattering matrix relation as

$$S = I + iK (\Omega - \omega)^{-1} K^\dagger,$$

(30)
a form of the $S$-matrix that also arises in nuclear scattering theory [33, 34]. Next, one can assume that none of the modes are coupled, such that $\Omega$ is a diagonal matrix. (This condition will typically conflict with the requirement that $K^\dagger K = 2 \text{Im} \Omega$, but we ignore that for simplicity.) Finally, special quantities such as absorption (given by $I - S^\dagger S$ [35]) can be written as:

$$A = I - S^\dagger S = -4K (\Omega - \omega)^{-1} \text{Im } \Omega (\Omega - \omega)^{-1} K^\dagger,$$

(31)
after repeated use of $K^\dagger K = 2 \text{Im} \Omega$ and the matrix identity $\text{Im } [X^\dagger Y X] = X^\dagger [\text{Im } Y] X$. From Eq. (31), one can integrate over all frequencies to simplify the interior matrix product involving frequencies (which is a diagonal matrix with Lorentzians along the diagonal) to a constant. Finally, one is left with an expression involving only the loss rates of each resonator and the number of resonances [36–38]. But what are these values? How large can they be? One is always left with more free unconstrained parameters. And the extreme limits of these models, where one wants to operate for fundamental limits, are precisely where the assumptions mentioned above (high-$Q$ resonances, uncoupled resonances, frequency-independent $K$ matrix, isolated resonances, no background processes, etc.) break down. By contrast, the utility of CMT for modeling complex electromagnetic structures has been a theoretical bounty for twenty years [20, 22–24, 39–44], and CMT is well-deserving of its popularity for such scenarios.

To move beyond the assumptions of CMT, expansions via quasinormal modes (QNM) have become more popular in recent years. There are various expansion techniques, many of which can be shown to be equivalent [26]. We will assume a Maxwell equation of the form

$$(M - \omega^2 \varepsilon)e = i\omega j,$$

(32)

where we assume a sufficiently high-resolution discretization of Maxwell’s equations, for matrix $M$ and diagonal matrix $\varepsilon$, unknown electric-field vector $e$, and free-current source vector $j$. The boundary conditions or PMLs are assumed to be encoded in the matrix $M$, as well as the curl–curl operator. The pair of matrices $M$ and $\varepsilon$ form generalized eigenproblem pairs according to $MU = \varepsilon U$, where $U$ are the eigenfields and $\Lambda$ the squared eigenfrequencies. We can assume reciprocity, in which case $U^{-1} = U^T$. Inserting this eigendecomposition into our Maxwell equation and solving for the electric field yields

$$e = i\omega U (\Lambda - \omega^2)^{-1} U^T \varepsilon^{-1} j.$$

(33)

One can interpret Eq. (33) intuitively: $U^T \varepsilon^{-1} j$ is a decomposition of normalized free currents into modal fields, $(\Lambda - \omega^2)^{-1}$ is the resonant enhancement associated with real frequencies close to the resonant frequencies, and the final $U$ on the left converts from the modal basis back to the original (real-space) basis. Superficially, Eq. (33) actually looks quite similar to the coupled-mode scattering-matrix equation of Eq. (27): a resonant amplification term inversely proportional to the differences between the complex-valued resonant frequencies and the real excitation frequencies, and frequency-independent matrices surrounding the resonant-amplification term. However, to connect to the “scattering channels” that bring energy into or out of such systems, one would need to pre- and post-multiply these matrices with Green’s-function matrices that are highly frequency-dependent. Then, again, one is left with a complex set of degrees of freedom: the number of resonances (the size of $\Lambda$ and number of columns of $U$), the locations of the resonant poles in the complex plane (the values of $\Lambda$), and the resonant field patterns (the values of the columns of $U$). There are almost no constraints on these degrees of freedom, except that the field patterns must be orthogonal in the unconjegated inner product, corresponding to $U^T U = I$. There is no meaningful way to convert this representation to upper bounds or fundamental limits. Again, however, this representation is quite useful for modeling, with a number of exemplary successes over the past decade [25–31, 45].

To summarize: Eqs. (27,33) are the key “physical-oscillator” descriptions of classical scattering processes. At a glance, they share similarities with each other and with the $T$-matrix representation of the main text: at a coarse level, each has a resonant-enhancement term and one or more matrices that can be described as a “coupling” matrix. With more granularity, however, there are crucial mathematical differences between the two expressions of Eqs. (27,33) with the $T$ matrix expression. In the CMT and QNM approaches, all of the degrees of freedom (the resonant pole locations and the coupling matrices) are complex-valued quantities without any Hermiticity or positive-definiteness
qualities. Moreover, the number of resonances can never be constrained for the arbitrarily patterned nanophotonic systems of interest. By contrast, in the $T$ matrix expansion, all of the “resonant poles” are approaching the real axis, there is an infinite set (one need not limit the number of “resonances”), the degrees of freedom (the scattering-oscillator strengths) are positive semidefinite, Hermitian matrices, and their sum is constrained, thanks to sum rules. Because their poles are not related to the normal- or quasinormal-mode eigenfrequencies, $T$ matrix expansions are computationally expensive for a given structure. But in optimizations over all possible geometries, their mathematical structure is unique, and pays significant dividends.

Supplementary Note 5. LOW-FREQUENCY NEAR-FIELD SUM RULE FOR THE $T$ MATRIX

In the NFRHT bound, we used the generalized polarizability for two half-spaces, $\alpha_{2hs} = 2$. To derive this result, we first consider a simple case of a single half-space interface parallel to the $xy$-plane, and the medium in $z < 0$ has permittivity $\varepsilon_1 = 1$ while the medium in $z > 0$ is our half-space scatterer that has permittivity $\varepsilon_2$. A general electrostatic source is located in the air side, and at $z = -d$ away from the interface. In electrostatics, far from the source and the interface, one can write $E = -\nabla \psi$ where $\nabla^2 \psi = 0$. At each $z$, $\psi$ can be expressed with a 2D Fourier integral:

$$\psi(x, y, z) = \int_{-\infty}^{+\infty} dk_x dk_y \tilde{\psi}(k_x, k_y, k_z) e^{ik_x x + ik_y y},$$

(34)

where $\tilde{\psi}$ is the 2D Fourier transform of $\psi$. Away from the source and the interface, one can solve the electrostatic Poisson’s equation and obtain the expressions for the electric field:

$$E(x, y, z) = \int_{-\infty}^{+\infty} dk_x dk_y (k_x, k_y, k_z) U(k_x, k_y) e^{ik_x x + ik_y y + ik_z z}$$

(35)

$$+ \int_{-\infty}^{+\infty} dk_x dk_y (k_x, k_y, -k_z) V(k_x, k_y) e^{ik_x x + ik_y y - ik_z z}$$

(36)

for $-d < z < 0$, and

$$E(x, y, z) = \int_{-\infty}^{+\infty} dk_x dk_y (k_x, k_y, k_z) W(k_x, k_y) e^{ik_x x + ik_y y + ik_z z}$$

(37)

for $z > 0$, where $U$, $V$, and $W$ are the plane-wave modal field amplitudes for the incoming, the reflected and the transmitted fields. Note that in electrostatics, not only $k_x$ and $k_y$ but also $k_z = i \sqrt{k_x^2 + k_y^2}$ are conserved across the interface.

To find $T(\omega = 0)$, we need to find the relation between the polarization current $P = \chi E$ and the incident field $E_{inc}$ in the region $z > 0$, which is essentially finding the Fresnel coefficients. What are the Fresnel coefficients in electrostatics? As pointed out in Ref. [46], Fresnel equations apply to statics, and for electrostatic sources:

$$r = \frac{V}{U} = \frac{\varepsilon_1 - \varepsilon_2}{\varepsilon_1 + \varepsilon_2}$$

(38)

$$t = \frac{W}{U} = \frac{2\varepsilon_1}{\varepsilon_1 + \varepsilon_2}$$

(39)

Importantly, note that the Fresnel coefficients are independent of $k_x$ and $k_y$, and therefore after the inverse Fourier transform, we have $E = t E_{inc}$, and $\alpha = \chi t$. Similarly, the arguments expressing the fields with Fourier basis apply when we consider two parallel half-spaces separated by $d_0$, but the transmission coefficient needs to be substituted by that of two interfaces

$$t_{2hs} = \frac{t (1 + re^{2ik_z d_0})}{1 - r^2 e^{2ik_z d_0}}$$

(40)

Using $\varepsilon_2 = 1 - \frac{\omega^2}{2\varepsilon_2}$ at $\omega \to 0$, one can obtain $t_{2hs}(\omega = 0) = \frac{2}{\varepsilon_2}$ and $\alpha_{2hs} = \chi t_{2hs} = 2$. Therefore the electrostatic $T$ matrix for the bounding volume of two half-spaces is $T(\omega = 0) = \alpha_{2hs}^2$ where $\alpha_{2hs} = 2$. 

Supplementary Note 6. SCATTERING SIMULATION PARAMETERS FOR FIG. 1

In this section we provide the detailed simulation data and techniques for Fig. 1 of the main text. The elliptical cylinder has susceptibility $\chi = 4$, width $D_x = 2.4a$, and height $D_y = 1.6a$, where $a$ is a scale factor for length normalization. To obtain accurate results using the simulation method we will introduce below, the sharp edge of the geometry need to be smoothed. In this example, the susceptibility distribution of the elliptical cylinder is expressed as

$$\chi(x, y) = \frac{\chi}{2} \left( 1 + \tanh \left[ c_1 \left( 1 - \sqrt{\frac{x^2}{D_x^2} + \frac{y^2}{D_y^2}} \right) \right] \right),$$  \hspace{1cm} (41)

where $c_1$ is inversely proportional to the width of the smoothed area along the circumference of the ellipse. For the full-wave simulation, we use our own direct solver utilizing a discrete dipole approximation (DDA) augmented by a Duan-Rokhlin quadrature \cite{duan1,duan2}. The simulation region is a square of side length $3.0a$. Discretization of the square region gives 192 grid points along both x and y direction. There are 501 frequency sampling points ranging from 0.02 to 1, in units of $2\pi c/a$. The $T$ matrix is obtained from Eq. (5), which is $T = -(G_0 + \xi I)^{-1}$, where $G_0$ is the vacuum Green’s function matrix and $\xi = -\frac{1}{\chi}$, both defined on the volume of scatterer. We use 6th-order Duan-Rokhlin correction for accurate computation of $G$, guaranteeing accuracy of less than 0.01% error in the computed extinguished power of the structure, at all frequencies of interest.

For plotting the $E_{\text{scat}}$ and $T$ matrix elements, we select 3 random points inside the scatterer: $x_1 = (-0.79, -0.36)a$, $x_2 = (0.74, -0.12)a$, and $x_3 = (0.93, 0.31)a$, using the center of the ellipse as the origin. The incident field is a plane wave propagating along the $y$ direction with the electric field polarized perpendicular to the plane.

Supplementary Note 7. OPTIMAL FREQUENCIES OF NFRHT FOR STATE-OF-THE-ART MATERIALS

In Ref. \cite{leopoldo} we study optimal bulk Drude materials, deriving a “near-field Wien’s law” and identifying peak spectral-HTC frequencies for such materials. The peak-HTC frequencies for the optimal bulk material (red asterisks in Fig. 2(d)) are $\omega_{\text{opt}} = 2.57 \frac{2\pi c}{h}$ according to the near-field Wien’s law, where $h$ is reduced Planck’s constant and $k_B$ is Boltzmann constant.

Next, we studied optimal 2D heterostructures. We optimize over 2D materials with different in-plane conductivities, each parametrized by a combination of resonance frequencies and material loss rates. Furthermore, multiple different layers of 2D materials directly stacked together constitute 2D heterostructures and we focus on optimizing those with 1, 2 and 3 different monolayers. We find optimal NFRHT efficiency is achieved with a single optimal layer of 2D material, and multiple stackings do not perform better. The spectral response of this structure as well as that of the optimal bulk Drude material are shown in Fig. 2(c). The exact data for optimal frequencies (red and blue asterisks in Fig. 2(d)) are listed below:

| Temperature (K) | Optimal bulk Drude (eV) | Optimal 2D heterostructure (eV) |
|----------------|-------------------------|--------------------------------|
| 100            | 0.0222                  | 0.0227                         |
| 200            | 0.0444                  | 0.0455                         |
| 300            | 0.0665                  | 0.0683                         |
| 400            | 0.0887                  | 0.0912                         |
| 500            | 0.1109                  | 0.1141                         |
| 600            | 0.1331                  | 0.1370                         |
| 700            | 0.1552                  | 0.1604                         |
| 800            | 0.1774                  | 0.1838                         |
| 900            | 0.1996                  | 0.2072                         |
| 1000           | 0.2218                  | 0.2291                         |
| 1100           | 0.2440                  | 0.2511                         |
| 1200           | 0.2661                  | 0.2730                         |

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