Development and validation of a spectrophotometric assay for measuring the activity of NADH: cytochrome b5 reductase in human tumour cells

HM Barham¹, R Inglis¹, EC Chinje¹,² and IJ Stratford¹,²

¹MRC Radiobiology Unit, Chilton, Didcot, Oxon OX11 ORD, UK; ²Pharmacy Department, University of Manchester, Oxford Road, Manchester M13 9PL, UK.

Summary As part of an 'enzyme-directed' approach to bioreductive drug development, we have measured the activity of NADH:cytochrome b5 reductase (BSR) in human cancer cell lines in order to assess the role of this enzyme in activating bioreductive drugs, and thus in influencing the cytotoxicity of these compounds. At present, there is no validated assay in the literature for measuring the activity of BSR in cancer cells, and current measurements have assumed that the enzyme activity can be measured either as the NADH-dependent reduction of cytochrome c or as the non-dicoumarol-inhibitable activity in the DT-diaphorase assay. Using p-hydroxymercurobenzoate (pHMB) as an inhibitor of BSR, we have quantified the contribution of BSR to the NADH-dependent reduction of cytochrome c and to the overall reduction of cytochrome c in the DT-diaphorase assay. In the former we found that residual uninhibited activity remained in the presence of pHMB, in some cases accounting for up to 60% of the total reduction of cytochrome c. Thus, simply measuring the NADH-dependent reduction of cytochrome c consistently overestimated BSR activity. We also found that the non-dicoumarol-inhibitable activity in the DT-diaphorase assay underestimated BSR activity, especially in cell lines with high DT-diaphorase activity. Therefore, we developed a spectrophotometric assay for measuring BSR activity as the pHMB-inhibitable NADH-dependent reduction of cytochrome c. This has been used to measure the BSR activity of a panel of 22 human tumour cell lines, in which we found 7-fold and 3-fold variations in activity expressed per cell or per mg protein respectively.

Keywords bioreductive drug; hypoxia; DT-diaphorase; reductive activation; N-oxide

Cytochrome b₅ reductase (NADH:cytochrome b₅ reductase; EC 1.6.2.2) is FAD-containing flavoprotein. The enzyme is usually bound to the endoplasmic reticulum, but has also been found bound to outer mitochondrial membranes in the liver (Sottocasa et al., 1967) and plasma membranes in erythrocytes (Chourey et al., 1981). In addition, an immunologically related soluble form of the enzyme has been purified from erythrocyte cytosol (Passon et al., 1972; Leroux et al., 1977) and from rabbit liver cytosol (Lostanlen et al., 1987). Cytochrome b₅ reductase transfers reducing equivalents from NADH to cytochrome b₅ in the endoplasmic reticulum, which, in turn, donates electrons to a variety of electron acceptors, which include fatty acid desaturases, elongase, cytochrome P₄₅₀, methaemoglobin and metmyoglobin (Ghesquier et al., 1985; Güray and Arinc, 1991).

Cytochrome b₅ reductase is potentially an important enzyme required for the reductive activation of bioreductive drugs that can be used in the treatment of solid tumours. These drugs are targeted specifically at the radiation-insensitive population of cells residing in hypoxic regions of tumours, where they are activated by cellular reductases generally only under conditions of low oxygen tension. In vitro studies have indicated that purified cytochrome b₅ reductase is able to activate mitomycin C (Hodnick and Sartorelli, 1993), although its role in the whole cell is unclear. We have recently shown that microsomal cytochrome b₅ reductase is intimately involved in the activation of the fused pyrazaine mono-N-oxide bioreductive drug, RB90740 (Barham and Stratford, 1996). We, therefore, wanted to extend this study by characterising the expression and activity of this enzyme in a large panel of human cancer cell lines. This would enable the suitability of RB90740 as a candidate for the 'enzyme-directed' approach to bioreductive drug development (Workman and Walton, 1989; Workman and Stratford, 1993) to be assessed. This requires knowledge not only of the enzymology of drug activation, but also of the level of activity of appropriate enzymes in different tumour types. Thus, in theory a bioreductive drug can be targeted at a particular tumour type according to its enzyme profile.

Cytochrome b₅ reductase has not been widely studied as a bioreductive enzyme, and there is no simple assay for measuring its activity in tumour cells. The activity of the purified enzyme is usually measured using cytochrome b₅ as substrate (Tamura et al., 1988; Güray and Arinc, 1991). However, cytochrome b₅ is not available commercially, and, therefore, must be purified from liver. The activities of other reductase enzymes such as NADPH:cytochrome P₄₅₀ reductase or DT-diaphorase, both of which are important for the activation of bioreductive drugs, can be measured spectrophotometrically as the reduction of the artificial electron acceptor cytochrome c. DT-diaphorase activity is determined spectrophotometrically as the dicoumarol-inhibitable, NADH-dependent reduction of cytochrome c in the presence of menadione (Robertson et al., 1994). The basis of the DT-diaphorase assay is depicted in Figure 1. DT-diaphorase does not reduce cytochrome c directly. Menadione is a substrate of DT-diaphorase, which reduces it to the hydroquinone, and this product subsequently reduces cytochrome c non-enzymatically. The reduction of menadione is the rate-limiting step in this reaction. Hence, by measuring the rate of reduction of cytochrome c, a measure of DT-diaphorase activity is obtained. However, other enzymes, including cytochrome b₅ reductase, are able to reduce cytochrome c directly. Thus, using this method, the total reduction of cytochrome c measured spectrophotometrically comprises both the indirect reduction by DT-diaphorase and the direct reduction by cytochrome b₅ reductase (and possibly by other reductase enzymes). The contribution of DT-diaphorase to the overall reduction of cytochrome c is quantified by adding dicoumarol, an inhibitor of this enzyme. To date, it has been assumed that either the non-dicoumarol-inhibitable reduction of cytochrome c (i.e. the residual activity observed in the presence of dicoumarol) (Segura-Aguilar et al., 1990) or the NADH-dependent reduction of cytochrome c (i.e. in the absence of menadione) (Plumb et al., 1994) are equivalent to cytochrome b₅ reductase activity. However, neither of these
Figure 1 A schematic representation of the DT-diaphorase assay. DT-diaphorase cannot reduce cytochrome c directly, but reduces menadione to a hydroquinone, which in turn chemically reduces the cytochrome c. In addition, cytochrome c is reduced directly by cytochrome b5 reductase, and possible by other enzymes, depicted by ‘?’. In order to quantify the contribution of DT-diaphorase to the total reduction of cytochrome c, dicoumarol is added, which is a selective inhibitor of this enzyme. Thus, the DT-diaphorase activity can be measured as either the dicoumarol-inhibitable or the menadione-dependent activity, and the remaining activity as the menadione independent or dicoumarol non-inhibitable. In order to distinguish cytochrome b5 reductase from other reductases, pHMB is added, a reportedly selective inhibitor of this enzyme. Thus, DT-diaphorase activity may also be measured as pHMB non-inhibitable, and cytochrome b5 reductase activity as pHMB inhibitable. The actual equivalence of these methods is shown in Figure 2 and discussed in the Results section.

Methods and culture

Tissue culture media were obtained from ICRF (Clair Hall Laboratories, UK). Fetal calf serum (FCS), NADH (β-NADH, disodium salt), cytochrome c (from horse heart) pHMB (p-hydroxymercuribenzoic acid, sodium salt) dicoumarol (3,3′-methylene-bis(4-hydroxy-coumarin) and menadione were purchased from Sigma Chemical Co. (Poole, UK). All other reagents were of analytical grade and were purchased from BDH Ltd (Poole, UK).

Preparation of cell lysates

Lysates were prepared from the pooled contents of two 25 cm² flasks. Cells in exponential growth phase were washed once with phosphate-buffered saline (PBS) and harvested by the addition of 5 ml trypsin to each flask. The contents of the two flasks were then pooled and centrifuged at 800 r.p.m. for 8 min. The cell pellet was washed in ice-cold PBS (pH 7.1) and then resuspended in 2 ml Nuclear buffer A (10 mM HEPES/potassium hydroxide, pH 7.4, 1.5 mM magnesium chloride, 10 mM potassium chloride, 0.05 mM DTT) and allowed to stand at 4°C for 10 min. Haemocytometer counts of cell numbers were performed during this interval. The suspensions were then sonicated using an MSE Soniprep 150 for 3 × 5 s at a nominal frequency of 23 kHz and an oscillation amplitude of between 5 and 10 µm. Samples were placed on ice between each sonication. The suspensions were then allowed to stand on ice for a further 10 min, and then centrifuged at 12 000 r.p.m. (7800 g) for 15 min at 4°C. The resulting lystate was removed and stored in liquid nitrogen until required. The protein concentration of the lysates was determined using the Pierce protein assay (Smith et al., 1985) using BSA as the standard.

Cytochrome b5 reductase assay

The cytochrome b5 reductase activity of the tumour cell lysates was determined spectrophotometrically as the pHMB-inhibitable, NADH-dependent reduction of cytochrome c. Development of the assay, and rationale for this method are described in the Results section. The final assay protocol is described here.

Lysates were thawed rapidly at 37°C immediately before use and maintained on ice. An assay mixture comprising 900 µM NADH and 70 µM cytochrome c in assay buffer (0.05 M phosphate buffer, pH 6.8, prepared by mixing 0.05 M solutions of potassium hydrogen phosphate and potassium dihydrogen phosphate to achieve pH 6.8) was prepared immediately before use by adding 2 ml of a 10 mM stock solution of NADH and 2.8 ml of a 1 mM stock solution of cytochrome c to 35.2 ml of assay buffer. The mixture was wrapped in aluminium foil to prevent light degradation and kept at 37°C. The pHMB was prepared as an 8 mM stock solution in assay buffer containing 20 µl sodium hydroxide (2 M) per ml buffer. The addition of 25 µl of this solution to the 1 ml incubation volume achieved a final concentration of 0.2 mM pHMB.

To measure the cytochrome b5 reductase activity of each lystate, paired samples were prepared which contained 1 ml of the assay mixture, 25 µl of either pHMB or assay buffer and 20 µl of lystate. The change of absorbance at 550 nm was followed for 1 min. If the rate of change of absorbance was outside the range 0.05 to 0.15 ΔA min⁻¹, the incubation was repeated, modifying the volume of lystate added to the incubation accordingly. In each case it was ensured that the rate of change of absorbance was proportional to the amount of protein added. Initial rates of reaction were calculated based on an extinction coefficient of 2.1 mm⁻¹ cm⁻¹ (Williams and Kamin, 1962) and expressed as either nmol cytochrome c reduced per minute per mg of protein or per 10⁶ cells. The pHMB-inhibitable activity was calculated as the difference between the activity of the two cuvettes. The cytochrome b5 reductase activity of each lystate was measured in triplicate. Three lysates from each cell line were assayed.

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Cells and culture

SK-MES, LDAN, CALU-3 and H69 cell lines were gifts from Dr Jane Plumb (CRC Beattie Laboratories, Glasgow, UK). All other cell lines were from MRC stocks (Houlbrook et al., 1994). All cell lines were maintained in exponential growth phase in RPMI medium supplemented with 0.8% (w/v) glutamine (final concentration 2 mM) and 10% (v/v) FCS. Exceptions were SkBr3 and MCF-7 (Lp) cells, which were maintained in Dulbecco’s modified Eagle medium (DMEM) E4 medium, and SK-MES, LDAN and CALU-3 cells, which were maintained in a 50:50 mixture of DMEM E4 and Ham’s F10.

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Results

Optimisation of assay conditions

Initial experiments to optimise the assay conditions were performed using mouse liver microsomes, which contain only membrane-bound enzymes, and therefore do not include DT-diaphorase, which is a cytosolic enzyme. Initially, we measured cytochrome b₅ reductase as the NADH-dependent reduction of cytochrome c. We have measured this activity in a number of buffers with differing pHs and phosphate concentrations, since it has been shown that the activities of different reductase enzymes have differing optima with respect to both buffer phosphate concentrations and pH. For example, NADPH-P₄₅₀ reductase activity is measured at a phosphate concentration of 0.2 mM and pH 7.6 (Patterson et al., 1995), whereas DT-diaphorase activity is often measured in PBS (0.01 M phosphate, pH 7.4) (Robertson et al., 1994), although Ernster et al. (1962) found the phosphate concentration to be optimal at 0.05 M. Figure 2 shows that the NADH-dependent reduction of cytochrome c was slower at low and high phosphate concentrations, and was optimal at 0.05 mM phosphate, at all pHs tested.

The activity of cytochrome b₅ reductase has been reported to be dependent on pH. Thus, the ability of purified cytochrome b₅ reductase to reduce mitomycin C is greater at pH 6.6 than at pH 7.6 (Hodnick and Sartorelli, 1993). Similarly, cytochrome b₅ reductase was found to reduce doxorubicin at pH 6.6, but was unable to catalyse this reduction at pH 7.6 (Hodnick and Sartorelli, 1994). From Figure 2 it can be seen that the pH dependence of the reduction of cytochrome c by cytochrome b₅ reductase was fairly broad and was optimal at pH 6.8. This is in agreement with Guray and Arinc (1991) who showed that the activity of the enzyme purified from sheep lung, measured as the reduction of ferricyanide or partially purified cytochrome b₅ as the electron acceptor, was optimal at pH 6.8.

The rate of NADH-dependent reduction of cytochrome c was found to be proportional to cytochrome c concentration in the range of 3–8 μM (data not shown). Thus, the concentration of 70 μM used in the assay routinely (taken from the DT-diaphorase assay) was considerably in excess. We confirmed that this substrate concentration was not rate limiting, and nor did it have an inhibitory effect on the enzyme activity. Similarly, the 900 μM NADH concentration from the DT-diaphorase assay was also shown to be neither rate limiting nor inhibitory.

The NADPH-P₄₅₀ reductase assay, measured spectrophotometrically as the NADH-dependent reduction of cytochrome c requires the presence of KCN (10 μM) to inhibit any possible reduction of cytochrome c by mitochondrial electron transfer enzymes (Phillips and Langdon, 1962). We found that this concentration of KCN only slightly inhibited the NADH-dependent reduction of cytochrome c in mouse liver microsomes, and did not inhibit this activity in cell lysates. Therefore, we did not include KCN in our cytochrome b₅ reductase assay. Furthermore, KCN was found to prevent the inhibition of this enzyme by pHMB (data not shown).

Defining the best measure of cytochrome b₅ reductase activity

The equivalence of the three possible methods for measuring cytochrome b₅ reductase activity [i.e. NADH-dependent (menadione-independent), dicoumarol non-inhibitable, and the pHMB-inhibitable reduction of cytochrome c] was assessed in three different human tumour cell lines with high, intermediate and low DT-diaphorase activities: H460, T47D and ZR75 lines, respectively, and is shown in Figure 3. Considering DT-diaphorase activity first (Figure 3a), it can be seen that in each of the cell lines the dicoumarol-inhibitable and menadione-dependent activities are virtually identical. However, the pHMB non-inhibitable activity consistently underestimated the DT-diaphorase activity. This phenomenon appears to be more marked in the cell lines with the higher DT-diaphorase activity. The most likely explanation for this apparent underestimation of DT-diaphorase activity is that pHMB also inhibits DT-diaphorase. This is confirmed by the fact that a 200 μM concentration of pHMB inhibits purified human DT-diaphorase by approximately 35% (data not shown). However, this apparent lack of selectivity of pHMB is not a problem in the cytochrome b₅ reductase assay described here because the assay does not incorporate menadione, so that DT-diaphorase makes no contribution to the overall rate of cytochrome c reduction. However, it does mean that different assays are needed for
determining the activities of the two enzymes, and that these values cannot be derived simultaneously from a single assay. With respect to the measurement of cytochrome b_reductase activity, Figure 3b shows the results of the three methods in the three cell lines. In the T47D cell line, which has low DT-diaphorase activity, the three methods give equivalent measures of cytochrome b_reductase activity. However, in the two high DT-diaphorase activity cell lines, the dicumarol non-inhibitable activity is a considerable underestimate of cytochrome b_reductase activity when compared with the other two methods. In each case, the menadione-independent activity, i.e. the NADH-dependent reduction of cytochrome c, is higher than the pHMB-inhibitable activity. This indicates that the former overestimates cytochrome b_reductase activity, possibly owing to the presence of other reductase enzymes that can also reduce cytochrome c directly. The maximum inhibitory concentration of pHMB was 0.2 mM in all three cell lines. Increasing the concentration of pHMB above this did not inhibit cytochrome c reduction any further. However, the proportion of cytochrome c reduction that was inhibited varied between the cell lines. For example, 90% of the cytochrome c reduction could be inhibited in the T47D cell line, whereas only 60% of activity could be inhibited in the ZR75 cell line. Thus, the contribution of enzymes other than cytochrome b_reductase to the overall reduction of cytochrome c varies between the lines. For this reason, pHMB-inhibitable activity was considered to be the more accurate measure of cytochrome b_reductase activity.

Assay reproducibility

The inter- and intra-assay variation was measured in two cell lines, ZR75 and H460. The cytochrome b_reductase activity was measured six times for each cell line giving the following values: ZR75, 109.0±2.4; H460, 38.0±3.1 nmol cytochrome c reduced min⁻¹ mg⁻¹ protein, mean ± s.d. This is equivalent to coefficients of variation of 2.2% and 8.2%, respectively, for intra-assay variation. Enzyme activities were also measured on three separate occasions, giving values of 106.1±4.6 (ZR75) and 43.6±2.6 (H460) nmol cytochrome c reduced min⁻¹ mg⁻¹ protein. Thus, the coefficients of variation for interassay variation were 4.3% and 6% respectively. The lower limit of detection of the assay was equivalent to a rate of change of absorbance of 0.005 DA min⁻¹.

Cytochrome b_reductase activity in a panel of human tumour cell lines

The cytochrome b_reductase activities of lysates prepared from the panel of human tumour cell lines are shown in Table 1. Values have been expressed both per mg of lyase protein and per million cells. The values expressed per mg of protein vary from 35.94±4.58 (LDAN) to 108.81±10.75

![Figure 4](https://example.com/fig4.png)

**Figure 4** The relative proportions of pHMB-inhibitable and non-inhibitable reduction of cytochrome c in the panel of human tumour cell lines. pHMB-inhibitable activity is the cytochrome b_reductase activity.

| Table 1 Values of cytochrome b_reductase (pHMB inhibitable) and pHMB non-inhibitable activities in a panel of human tumour cell lines |
|---|---|---|---|---|---|
| **Cell line** | **Tissue of origin** | **Cytochrome b_reductase activity (nmol cyt c reduced min⁻¹ mg⁻¹ protein)** | **pHMB non-inhibitable activity (nmol cyt c reduced min⁻¹ mg⁻¹ protein)** | **Cytochrome b_reductase activity (nmol cyt c reduced min⁻¹ 10⁶ cells)** | **pHMB non-inhibitable activity (nmol cyt c reduced min⁻¹ 10⁶ cells)** |
| HBL-100 | Breast | 101.78±10.24 | 12.44±6.21 | 16.35±3.56 | 1.95±1.00 |
| MCF-7 (Nc) | Breast | 54.92±1.55 | 27.91±29.92 | 10.39±2.34 | 4.39±3.67 |
| MCF-7 (LP) | Breast | 61.32±3.56 | 6.57±5.56 | 12.56±1.23 | 1.36±1.13 |
| MDA-231 | Breast | 49.80±3.04 | 3.82±3.86 | 8.07±1.61 | 0.65±0.66 |
| MDA-468 | Breast | 38.91±8.33 | 12.59±7.61 | 6.70±1.74 | 2.16±1.32 |
| SKBR 3 | Breast | 57.40±7.27 | 16.64±12.74 | 13.15±0.81 | 3.80±0.30 |
| T47D | Breast | 50.17±6.46 | 5.92±0.20 | 6.20±1.20 | 0.43±0.05 |
| ZR75 | Breast | 108.81±10.75 | 59.44±72.30 | 14.09±1.55 | 7.47±8.88 |
| H226 | NSCLC | 81.14±7.99 | 10.74±2.73 | 13.14±4.40 | 1.83±1.02 |
| A549 | NSCLC | 51.46±3.38 | 16.64±5.91 | 8.05±2.97 | 2.42±0.45 |
| H322 | NSCLC | 60.74±24.16 | 17.19±4.15 | 9.05±2.79 | 2.64±0.84 |
| H335 | NSCLC | 39.00±7.20 | 7.72±6.47 | 7.46±1.74 | 1.44±1.12 |
| H460 | NSCLC | 38.74±6.48 | 15.55±6.46 | 6.52±2.01 | 2.45±0.72 |
| H522 | NSCLC | 78.43±1.55 | 10.50±6.97 | 10.22±1.71 | 1.43±1.14 |
| H647 | NSCLC | 49.70±5.04 | 18.17±4.48 | 8.41±1.59 | 3.17±1.43 |
| LDAN | NSCLC | 35.94±4.58 | 10.05±2.93 | 6.88±0.75 | 1.96±0.68 |
| SKMES | NSCLC | 37.05±12.02 | 16.25±5.80 | 7.01±1.87 | 3.18±3.15 |
| CALU-3 | NSCLC | 83.02±7.57 | 5.11±4.79 | 27.19±5.53 | 1.61±1.39 |
| H249 | Fibrosarcoma | 92.23±15.93 | 12.33±3.21 | 8.37±1.44 | 1.13±0.34 |
| H841 | Fibrosarcoma | 71.34±2.67 | 12.16±7.56 | 11.13±1.35 | 2.00±0.99 |
| H69 | Fibrosarcoma | 60.95±3.88 | 12.60±4.49 | 3.91±3.20 | 0.74±0.61 |
| HT-1080 | Fibrosarcoma | 60.61±7.85 | 8.87±5.64 | 15.95±4.14 | 2.18±1.25 |

Values are mean ± s.d. of determinations from three lysates of each cell line. Values are expressed both per mg protein and per 10⁶ cells.
The method of Segura-Aguilar et al. (1990) also assumes that dicoumarol is a selective inhibitor of DT-diaphorase. We found that dicoumarol did not inhibit the NADH-dependent reduction of cytochrome c catalysed by mouse liver microsomes (data not shown). However, Hodnick and Sartorelli (1993) have shown that dicoumarol inhibits the reduction of mitomycin C by purified cytochrome b5 reductase by 24% and 57% at concentrations of 100 μM and 300 μM respectively. The concentration of dicoumarol used in the DT-diaphorase assay is 100 μM. Our data support this latter finding. From Figure 3b it can be seen that the dicoumarol non-inhibitable reduction of cytochrome c is an underestimation of cytochrome b5 reductase activity, suggesting that dicoumarol is inhibiting cytochrome b5 reductase to some extent.

Thus, our data show that the method used by Segura-Aguilar et al. (1990) will largely underestimate cytochrome b5 reductase activity, especially in cells with high DT-diaphorase levels, whereas the method used by Plumb et al. (1994) will overestimate b5 reductase activity to varying degrees. Therefore, neither of these protocols can be considered to give accurate assessments of enzyme activity. An alternative assay involves using cytochrome b5 as the electron acceptor in place of cytochrome c (Tamura et al., 1988; Güray and Arinc, 1991). Teleologically speaking, this might be considered to be a more suitable assay, since cytochrome b5 is the natural substrate for the reductase enzyme. However, cytochrome b5 is not available commercially and therefore would have to be purified. This makes it far from ideal for a routine assay, especially as it would be difficult to regulate the quality of the purified cytochrome b5. Cytochrome c is available commercially, is already used in a variety of reductase assays, and is therefore an ideal alternative substrate.

The assay described here employing pHMB has been used to measure the cytochrome b5 reductase activity of a panel of human tumour cell lines in use in our laboratory for drug evaluation and development. The enzyme activity varied 3-fold when expressed per mg of protein, and 7-fold when expressed per million cells. The latter takes into account the fact that the cells differ in size, especially when small-cell lung cancer cells are included in the panel, and therefore may be considered to be a more accurate reflection of variability between the lines than data expressed per mg of protein, especially when making comparisons with estimates of the cytotoxicity of a drug which are derived on a per cell basis. NADPH: P450 reductase activity has been shown to vary approximately 6-fold in the same panel of cell lines when expressed per mg protein (Chinje et al., unpublished data), whereas levels of DT-diaphorase (Robertson et al., 1994). Plumb et al. (1994) have also reported values of cytochrome b5 reductase activity in a panel of human cell lines. Their data show an approximately 12-fold range in activity, but with higher activities than reported here. However, the assay they used was essentially the DT-diaphorase assay, omitting menadione. Their assay incorporated BSA, which stimulates DT-diaphorase activity (Ernst et al., 1962) and used Tris buffer rather than phosphate buffer. We have found cytochrome b5 reductase activity is similar in the two types of buffer and does not appear to be stimulated by BSA (0.14%), at least in phosphate buffer (data not shown). However, the enzyme activities measured by Plumb et al. (1994) were the NADH-dependent reduction of cytochrome c. We have shown here that this method overestimates cytochrome b5 reductase activity, in some cases by as much as 100%, due to the contribution of other reductase enzymes. On this basis we feel that our method is more fully validated, and gives a more accurate reflection of intracellular cytochrome b5 reductase activities.

Spectrophotometric assays are used widely to measure the activity of reductase enzymes. Ideally, the assay for cytochrome b5 reductase described here should be validated more fully using an immunological method. For example, selective antibodies to cytochrome b5 reductase could be used to inhibit the enzyme, and this level of inhibition compared

Discussion

The 'enzyme-directed' approach to bioreductive drug development (Workman and Walton, 1989; Workman and Stratford, 1993) is based on variation in the ability of different tumour types to respond to bioreductive compounds combined with knowledge of the levels of various reductase enzymes in these cell lines/tumours. It involves both the rational design of compounds as targets for activation by specific enzymes and enzyme profiling of both tumour tissue and surrounding healthy tissue in order to define likely targets for drug activation. For example, the levels of DT-diaphorase have been shown to vary 10 000-fold in a panel of 23 tumour cell lines (Robertson et al., 1994) and also to be elevated in tumour tissue compared with surrounding non-cancerous tissue (Riley and Workman, 1992). The aerobic toxicity of the indoalkynolione E09 correlates highly with intracellular DT-diaphorase activity (Plumb et al., 1994; Robertson et al., 1994). Therefore, E09 should be targeted at tumours with high levels of DT-diaphorase, and would be expected to be of little or no therapeutic benefit when used as a single agent to treat tumours with low DT-diaphorase levels. Knowledge of the substrate structure requirements of DT-diaphorase should enable the rational design of analogues of E09 for targeting at DT-diaphorase-rich tumours. Another example of the 'enzyme-directed' approach is activation of the di-N-oxide bioreductive drug, tirapazamine (SR 4233), in a panel of human breast cancer cell lines (Patterson et al., 1995). Under hypoxic conditions both the cytotoxicity of the drug and its conversion to a detergent reactive product correlate with NADPH: cytochrome P450 reductase activity.

The metabolic activation of the aromatic mono-N-oxide bioreductive drug, RB90740, has been shown to be mediated, at least in part, by cytochrome b5 reductase (Barham and Stratford, 1996). However, in order to investigate the overall importance of this enzyme in determining the cytotoxicity of RB90740, it was necessary to develop an assay for quantifying the level of enzyme in cell lines and tumours. Methods reported in the literature do not appear to have been validated, i.e. the non-dicoumarol-inhibitable reduction of cytochrome c (Segura-Aguilar et al., 1990) or the NADH-dependent reduction of cytochrome c (Plumb et al., 1994), and assume that cytochrome b5 reductase is the only enzyme responsible for the NADH-dependent reduction of cytochrome c. This third enzyme is known to be responsible for the NADH-dependent reduction of cytochrome c in some cell lines, as assessed using pHMB as a selective inhibitor. Moreover, in some cell lines, for example ZR75, the cytochrome b5 reductase activity accounts for only 60% of the total reduction of cytochrome c. This suggests that the method of Plumb et al. (1994) consistently overestimates cytochrome b5 reductase activity, possibly by as much as 100%.
with that achieved by pHMB. However, such antibodies are not currently available. Also, it must be considered that antibodies are not always entirely selective, and, therefore, may not give an accurate measure. An alternative approach might be to compare the levels of cytochrome b\textsubscript{5} reductase protein, measured using Western blotting, with the reductase activity measured using the cytochrome c assay. Unfortunately, this method also requires antibodies to the enzyme, and also assumes that all the protein is active. In the absence of appropriate antibodies, the assay that we have described here, measuring cytochrome b\textsubscript{5} reductase activity as the pHMB-inhibitable reduction of cytochrome c, is suitable for comparing levels of cytochrome b\textsubscript{5} reductase in different tumour cell lines, and is certainly more accurate than either the dicoumarol non-inhibitable (Segurn-Aguilar et al., 1990) or the NADH-dependent (Plumb et al., 1994) reduction of cytochrome c.

We have used the assay described here to measure a 7-fold range in activity of cytochrome b\textsubscript{5} reductase in a panel of 22 human tumour cell lines. This variation is far less than has been demonstrated for the reductase DT-diaphorase. However, Patterson et al. (1995) have recently shown that the activity of NADPH: cytochrome P450 reductase varies 6-fold among a panel of human breast tumour cell lines, with enzyme activity clearly correlating with both toxicity and metabolism of the bioreductive drug, tirapazamine. Such an analogy suggests that the variation in cytochrome b\textsubscript{5} reductase activity between cell lines may be a highly exploitable difference. This would be particularly so, if measurements of tumour reductase activity were combined with estimates of the level of hypoxia in the tumours.

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