Spatially controlled epitaxial growth of 2D heterostructures via defect engineering using a focused He ion beam

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The combination of two-dimensional (2D) materials into heterostructures enables the formation of atomically thin devices with designed properties. To achieve a high-density, bottom-up integration, the growth of these 2D heterostructures via van der Waals epitaxy (vdWE) is an attractive alternative to the currently mostly employed mechanical transfer, which is problematic in terms of scaling and reproducibility. Controlling the location of the nuclei formation remains a key challenge in vdWE. Here, a focused He ion beam is used to deterministically place defects in graphene substrates, which serve as preferential nucleation sites for the growth of insulating, 2D hexagonal boron nitride (h-BN). Therewith a mask-free, selective-area vdWE (SAvdWE) is demonstrated, in which nucleation yield and crystal quality of h-BN are controlled by the ion beam parameters used for defect formation. Moreover, h-BN grown via SAvdWE is shown to exhibit electron tunneling characteristics comparable to those of mechanically transferred layers, thereby lying the foundation for a reliable, high-density array fabrication of 2D heterostructures for device integration via defect engineering in 2D substrates.

ARTICLE

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INTRODUCTION

Through the combination of two-dimensional (2D) materials, novel van der Waals heterostructures with tailored properties can be designed for applications in atomically thin and transparent optoelectronic, electronic, and sensing devices1-4. However, the currently most employed integration via mechanical transfer remains challenging with regard to reliability as well as scalability for a future ultrasmall-size device fabrication. Therefore, the growth of 2D materials on top of each other via van der Waals epitaxy (vdWE) is an attractive alternative to form atomically thin heterostructures5,6.

Within 2D heterostructures, hexagonal boron nitride (h-BN) plays a central role in two ways: Electronically, its large band-gap enables efficient electronic confinement (as required in ultra-thin layers)5, while its chemical inertness (i.e. the lack of dangling bonds), together with its insulating nature and high mechanical strength, make it an ideal substrate or encapsulation layer for other 2D materials7. A detailed overview of various techniques used for the synthesis of h-BN can be found elsewhere8. Scalable fabrication techniques such as chemical vapor deposition or molecular beam epitaxy (MBE) were used for the growth of h-BN/graphene heterostructures9-12. The weak out-of-plane interactions between 2D materials lead to preferential nucleation at defects and morphological features in the 2D substrates in vdWE, giving rise to non-uniform growth12-15. Up to now there is no feasible way to control the exact location and orientation for the nucleation of 2D materials, making it one of the key challenges to achieve high-quality material for electronic applications16. Previous studies on the selective heteroepitaxy on vdW substrates concentrated on the growth of multiple 2D layers on mica or 3D nanostructures on graphene using photo- or electron beam lithography and plasma etching for processing a mask17-20. However, these processes have a limited resolution (particularly in the case of photolithography) and the masking process threatens to contaminate or damage the 2D substrates.

RESULTS AND DISCUSSION

Deterministic placement of defects in graphene via He FIB

The processing of EG on semi-insulating SiC substrates results in step edges on the surface with up to 20 nm height (visible in the spatially concentrated formation of nanoholes in graphite flakes and the selective growth of few-layer h-BN within, the lighter He ions are better suited to form atomic-scale defects in 2D substrates and therefore for the selective growth of atomically thin heterostructures21-24.

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Fig. 1  Defect-engineering in EG on SiC via He FIB. a–c Schematic representation of the SAvdWE process. a Pristine EG fabricated via Si sublimation from SiC substrates. b Deterministic placement of IIDs in EG via He FIB. c Growth of h-BN via PAMBE, where dangling bonds at the defects act as preferential nucleation sites. For simplicity the C-rich interface layer to the SiC was neglected in these images. d Darkfield micrograph from structured area showing the 4 × 3 matrix of the FIB pattern, each containing 19 × 19 IIDs, written in a square grid with varying distance to each other and different number of He ions as indicated by magenta and green annotations, respectively. The error bars represent one standard deviation. The spots in the pattern were aligned to marker structures on the SiC substrate, serving as a reference for an unstructured sample area within the pattern. In the two squares to the lower left more complex shapes for the IIDs were drawn with the He FIB. e Average ratio of the D and G Raman peak intensity for 36 spectra recorded in each area of the FIB pattern. The two different data sets are laterally offset for clarity. The gray dotted lines mark the position of the G and 2D peaks in pristine EG. Inset: Raman map of the D peak intensity marking the structured area containing 19 × 19 IIDs, each written with 40,000 He ions in a distance of 250 nm to each other, in between markers (indicated by black arrows). Scale bars, 10 μm in (d), 2 μm in the inset of (f).

dark-filed micrograph in Fig. 1d) and several μm wide terraces in between (see Supplementary Fig. 1), which are covered with single- (SLG) and bi-layer graphene (BLG). Using a He FIB with an energy of 30 keV and focal spot sizes below 1 nm, the IIDs were written in a pattern, which was aligned to marker structures on the SiC substrate (see method section as well as Supplementary Fig. 1). The He FIB patterns are located in between three cross-shaped markers in the upper left and lower right corners, encompassing a structured area of 40 × 40 μm², as visible in the darkfield micrograph in Fig. 1d. The 16 fields of 10 × 10 μm² are separated by additional, single cross-shaped markers written by He FIB. Each of the upper 12 fields contains 361 spot irradiations in a square grid of 19 × 19. The spot irradiations define the positions of the intended defect locations and are arranged with a grid spacing of either 250 or 500 nm with two repetitions to cover different areas on the EG (see annotations in Fig. 1d).

Based on molecular dynamics simulations the sputtering rate of C atoms from graphene upon He ion irradiation with an energy of 30 keV is expected to be very low. However, the defect formation in 2D materials is not only determined by the ion mass and its energy, but is also affected by the interactions with the substrate, e.g. by back-scattered ions or atoms sputtered from the substrate. Hence, despite the low sputtering rate, by using enough He ions the FIB could remove more than only one C atom per intended location of the IID. Therefore, the same square grids were written not only with varying distances, but also with varying ion numbers (10,000, 20,000, or 40,000) per intended location of the IID, to study the influence of the amount of He ions on the defect formation and the consequent growth of h-BN. The two 10 × 10 μm² fields in the lower right of the pattern remained blank without IIDs, serving as a reference for an unstructured sample area within the pattern. In the two squares to the lower left more complex shapes for the IIDs were drawn with the He FIB (not shown here).

Figure 1e compares the intensities of the D (~1375 cm⁻¹) and G (~1600 cm⁻¹) Raman peaks of graphene in the different areas, with the mean spectra for the denser pattern with varying number of ions used per IID shown in Fig. 1f (the mean spectra of the pattern with 500 nm spacing is shown in Supplementary Fig. 2). For higher ion numbers a small increase of the D/G peak intensity ratio can be observed, indicating a slightly higher defect density. Since the number of IID locations is constant in each pattern, this indicates the formation of more than one defect per intended defect location for higher amounts of He ions. For the G and 2D peak a shift to higher wavenumbers can be observed for the structured samples, which we attribute to charge transfer from adsorbates at the IIDs to the graphene after exposure to ambient conditions. Mapping the D peak intensity, we can distinguish the structured area of 19 × 19 defects in a dense pattern (with 40,000 ions per IID) from the surrounding pristine EG (inset of Fig. 1f).

Selective-area van der Waals epitaxy of h-BN on graphene

Following the IID preparation, the substrates were introduced to the MBE system for the SAvdWE of h-BN islands (see Method section). Figure 2a presents an atomic force microscopy (AFM) image of an area of 19 × 19 IIDs, each written with 20,000 ions, in a distance of 250 nm (areas with 500 nm distance can be seen in Supplementary Fig. 2). Areas with a rougher surface can be
distinguished from smoother areas close to the step edges, which we attribute to overgrown SLG and BLG, respectively, as shown in previous publications\textsuperscript{12,14}. In EG, SLG is known to have a different chemical reactivity than BLG, due to an atomic corrugation of the C-rich and partially sp\textsuperscript{3}-bonded interface layer to SiC, which is screened by an additional graphene layer in BLG, leading to the different growth behavior\textsuperscript{24,29}. As the focus of the current study lies on the SAvdWE of h-BN islands at IIDs, we will concentrate in the discussion on the growth of h-BN at IIDs on BLG, where the influence of the interface layer, which is specific for EG on SiC, is negligible. The corresponding conductive AFM (cAFM) image of the same area (Fig. 2b) shows a clear contrast between graphene and h-BN islands, which appear as insulating areas around the intended locations for the IIDs within the markers. Besides the nucleation at the IIDs, insulating h-BN can be also seen nucleating at the step edge and scarcely at natural defects, similar to what was observed in the previous studies\textsuperscript{14}. In the detailed AFM image shown in Fig. 2c, a mean diameter of 150 nm of the h-BN islands can be observed on the BLG areas. Their average height of 0.34 nm (see also profile along the blue dotted line in Fig. 2e) corresponds well to previously reported values for h-BN islands grown on graphene and graphite\textsuperscript{13,14}. The distance of ~250 nm between the islands and their square arrangement precisely follow the FIB pattern. For single-crystalline h-BN islands either a triangular or hexagonal shape would have been expected\textsuperscript{90}, but the islands here show a non-regular shape. Additional h-BN layers can be observed close to the center of the h-BN islands, together with ~2 nm high nanoparticles (NPs), similar to the formation reported from naturally occurring defects in EG\textsuperscript{15}. Fig. 2d shows the corresponding cAFM image of the same area, where a clear contrast is observed not only between graphene and h-BN islands, but also within the islands, where the central area with the additional layers and NPs shows no tunneling current at a bias of 100 mV.

The Raman spectra of these samples shown in Fig. 2f reveal a substantially increased intensity at ~1360 cm\textsuperscript{-1}, where the E\textsubscript{2g} peak of h-BN is expected\textsuperscript{31}. Similar to previous studies a shift of the G and 2D peak can also be observed, which can be attributed to a change in strain and doping of graphene\textsuperscript{12}. In aligned h-BN/graphene heterostructures fabricated via mechanical exfoliation a strained-induced broadening of the 2D peak (as we observe it here) was also reported\textsuperscript{32}. Comparing the mean spectra of the patterned areas with non-patterned areas, a slightly higher intensity of the h-BN related Raman peak can be observed, which we attribute to the denser nucleation of h-BN.

**Controlling selective nucleation and orientation**

In Fig. 3a, b we compare the cAFM images of the areas structured with 40,000 and 10,000 ions per IID (corresponding AFM images are shown in Supplementary Fig. 3). For the higher amount of He ions in every location of an IID on the terraces a h-BN island can be found, while for fewer ions only in 86% of the IIDs a h-BN island nucleated (with most islands missing on BLG, see also Supplementary Fig. 3). The h-BN islands nucleating at IIDs written with 40,000 ions per IID have a diameter of ~165 nm and a non-hexagonal shape (see Fig. 3c). Furthermore, the islands contain additional layers and a cluster of NPs in the center, indicating a similar formation as in the area studied before (see Fig. 2).

The morphology of the h-BN forming at IIDs written with 10,000 ions is shown in Fig. 3d. Several mono-layer thick h-BN islands on BLG present a hexagonal shape, with well-defined edges and without wrinkles. Their mean diameter amounts to ~135 nm and they have a common alignment among each other (indicated by green dashed arrows). Furthermore, considering the well-known epitaxial relationship between EG and SiC (EG[1010] // SiC[1120]) and the orientation of the surface step edges (see Fig. 1d), the results suggest that the edges of the h-BN islands parallel to the green arrows follow the [1120] crystalline direction in EG. Unlike the non-hexagonal islands (see cAFM image in Fig. 3e), these oriented islands exhibit a Moiré pattern in their conductivity (Fig. 3f). The detailed cAFM image of an exemplary island (Fig. 3g) and the profile along the orange dotted line (Fig. 3h) reveal a periodicity of the Moiré pattern of ~14 nm. This value is expected for a relative rotation angle of 0° between graphene and h-BN, and indicates epitaxiially aligned h-BN on graphene, with EG[1010]//h-BN[1010], which is considered thermally stable\textsuperscript{33,34}. A similar periodicity can be observed in all hexagonal-shaped islands. Hence, single-crystalline and epitaxially aligned h-BN islands can be grown via SAvdWE by defect engineering in the EG substrate.
between the IIDs. The AFM image in Fig. 4a depicts an overgrown rate of B and longer growth time to form a coalesced h-BN layer via SAvdWE was studied further by using an increased deposition. The vertical and lateral formation of the h-BN islands from the IIDs resulted in the removal of multiple C atoms per individual IID and we expect that using 20,000 or 40,000 He ions per defect location.

Further studies will elucidate the nature of the IIDs and develop protocols for their stabilization. The NPs on the well-aligned islands shown in Fig. 3d also got partially removed during the cAFM measurements (see Supplementary Fig. 4), indicating their relatively weak bonding to the h-BN as compared to the clustered NPs observed in the islands nucletating at IIDs written with 20,000 and 40,000 He ions. This demonstrates that the deterministic placement of defects in the 2D substrate does not only affect the growth of the first 2D layer, but also the formation of additional layers.

Lateral growth of h-BN layer from IIDs

The vertical and lateral formation of the h-BN islands from the IIDs via SAvdWE was studied further by using an increased deposition rate of B and longer growth time to form a coalesced h-BN layer between the IIDs. The AFM image in Fig. 4a depicts an overgrown surface area in BLG, which was patterned with 20,000 ions per defect location, in a distance of 250 nm to each other. Inside the patterned area a completely coalesced h-BN mono-layer formed due to the higher nucleation yield at the IIDs, while outside of the pattern BLG remains still largely uncovered (see Supplementary Fig. 5). The chemical bonds in this sample were further studied via X-ray photoemission spectroscopy (see Supplementary Fig. 6) with values for the B1s and N1s peaks in agreement with values for h-BN on EG.

Apart from ~8 nm high NPs some additional h-BN layers with diameters of up to 100 nm formed close to some IIDs, which have a relatively lower tunneling current, as shown in the cAFM image in Fig. 4b (some NPs got removed during the cAFM scan). Furthermore, between some differently oriented domains we observe lower tunneling currents at the grain boundaries, where the morphology shows a network of wrinkles. This suggests the formation of overlapping h-BN layers upon the coalescence of the different domains in these areas, similar to observations in h-BN grown via catalytic chemical vapor deposition on metal foils. In other areas we also observe the formation of atomically smooth grain boundaries (see Fig. 4c), where differently oriented grains merged seamlessly. No increased tunneling current could be detected from either of these grain boundaries, which is a key aspect if such h-BN layers are to be employed as tunneling barriers.

The h-BN grain on the right-hand side of the cAFM image in Fig. 4c presents a Moiré pattern with a periodicity of 14 nm, indicating the thermally stable relative rotation angle of 0° between graphene and h-BN (as also observed in Fig. 3g). A Moiré periodicity of 3 nm, as we observed it in the grain to the left-hand side of Fig. 4c, indicates a relative rotation angle of -5°, which is thermally unstable. We attribute the appearance of such unstable orientations in our sample to thermal expansion during cool down in combination with fixation of the h-BN domains at the IIDs.

In comparison to standard growth, another advantage of SAvdWE is the potential of controlling the grain boundary location by IID pattern design. Furthermore, neither the overlapping nor the seamless grain boundaries induced preferential formation of additional h-BN layers. Instead, additional layers can be found in the vicinity of the IIDs. This demonstrates that the artificially created defects can act as preferential nucleation points for the formation of additional h-BN layers on top of the first coalesced one. Thereby it appears plausible, that also other 2D materials could be connected to the IIDs upon completion of the first 2D
layer, allowing more complex 2D heterostructures to form via SAvdWE. For the future device integration of such heterostructures, the active region could then be designed such that it only incorporates the area in between the IIDs, where the heterostructures grow smoothly.

Figure 4d shows representative $I$–$V$ curves from different locations on the samples with varying numbers of h-BN layers (the measurement configuration is depicted in the inset). The tunnel conductance shown in Fig. 4e was extracted from the linear regime of these $I$–$V$ curves and the observed exponential decay with increasing layer number is expected for direct tunneling of electrons. A similar tunneling behavior was observed for h-BN flakes, exfoliated from high-quality h-BN bulk crystals, showing that the electronic quality of the h-BN grown via SAvdWE can compete with heterostructures fabricated via mechanical transfer.

In conclusion, we demonstrated a mask-free selective-area epitaxy of two-dimensional h-BN on graphene using a deterministic placement of defects via He FIB. The SAvdWE allowed an unprecedented control over the formation of epitaxially aligned and single-crystalline 2D heterostructures via a bottom-up approach. Additionally to the nucleation location, the lateral formation of h-BN on EG was controlled via the growth parameter during the growth process, resulting in a 2D h-BN layer with tunneling characteristics identical to exfoliated material. Therefore, the SAvdWE contributes to precise and scalable fabrication of 2D heterostructures by establishing a reliable processing route for the site-selective, epitaxial bottom-up manufacturing with the potential for a reproducible fabrication of nano-devices based on 2D materials.

METHODS

Substrate preparation

The markers for the alignment of the FIB pattern were prepared on the 1 × 1 cm$^2$ large 6H-SiC substrates with a miscut of ~0.2° using photolithography, followed by reactive ion etching using SF$_6$. After chemically cleaning, the SiC(0001) was etched for 15 min at 1450 °C in forming gas (5 at% H$_2$ in Ar) using a flux of 500 sccm at a pressure of 900 mбар. In a second step EG formed on the etched SiC via sublimation of Si for 30 min at 1650 °C in Ar at a pressure of 900 mbar. Further information on the etching and sublimation process can be found elsewhere. For the thermal coupling during the growth of h-BN via MBE the backside of the SiC substrate was coated with 1 μm of Ti via electron beam evaporation.

He FIB patterning

The samples were loaded to the FIB system one day in advance to the actual patterning to allow for desorption of adhering species during pumping over night. The background pressure during patterning was around 1 × 10$^{-7}$ mbar. After adjusting column and beam all stage moves and patterning tasks were carried out without imaging. Hence, unintended ion beam irradiation of the patterned regions could be avoided. The pattern was designed as described in the discussion of Fig. 1, with varying dwell times and distance between IIDs. Further information on the patterning and beam control can be found elsewhere. The IIDs were prepared using a 30 keV He ion beam at an ion current of 1.8 pA. With the settings for the FIB used in this study, the dwell times were varied between 4, 2, and 1 ms corresponding to approximately 40,000, 20,000 and 10,000 ions per intended defect location, respectively. The appropriate ion number for creating defects which initiate nucleation was determined on test samples, where the ion dose was varied over several orders of magnitude covering the range from one ion per IID up to 130,000 ions. A typical test pattern for this purpose contained 6 individual IIDs as well as IIDs written along 6 lines, each 1 μm long, to ensure sufficient statistics (see Supplementary Fig. 7).

PAMBE of h-BN

After loading the patterned EG samples into the MBE system, they were thermally cleaned in a preparation chamber for 30 min in UHV (1 × 10$^{-9}$ mbar) at 400 °C. Consecutively, the h-BN islands (coalesced h-BN layers) were grown for 300 min (480 min) at a substrate temperature of 850 °C using a high temperature effusion cell operated at ~1850 °C (1900 °C) as a B source, whereas N was supplied using an Addon RF450 RF plasma source operated at 350 W and a $N_2$ flux of 0.2 sccm. The temperature was monitored using an optical pyrometer, and the heating and cooling rates were ~20 °C/min. Further information on the growth behavior of h-BN on EG at similar conditions can be found elsewhere.

Micro-Raman spectroscopy

Raman measurements were conducted in back-scattering configuration using an excitation wavelength of 473 nm, with the laser focused on the...
sample using a x100 objective with a NA of 0.9, resulting in a spot size of ~1 μm. The reflected light was analyzed using a grating with 600 gr. mm⁻¹ and a liquid N₂ cooled Si CCD camera. Raman spectra were recorded for each pattern in a 5 x 5 μm² map containing 36 measurement spots (each with 2 x 60 s integration time) on the patterned sample with and without h-BN.

AFM and cAFM

The morphology of the samples was monitored using AFM in intermittent contact mode (tip diameter, 2 nm; spring constant, 0.4 N/m) with the cantilever deflection used as feedback. AFM scans were aligned with regard to the marker in the FIB pattern (e.g., see Fig. 1e and Supplementary Fig. 1). The cAFM measurements were conducted in contact mode at ambient conditions using Pt/Ir coated tips (tip diameter, 144 locations in each of the areas shown in Fig. 4a, b with millimeters in diameter.

X-ray photoemission spectroscopy

XPS measurements presented in Supplementary Fig. 6 were carried out with a Scienta Omicron Argus CU electron analyzer using a monochromated Al Kα X-ray source (Al Kα: 1486.6 eV), with a spot size of a few millimeters in diameter.

DATA AVAILABILITY

The data supporting the findings of this work are available from the corresponding authors upon reasonable request.

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AUTHOR CONTRIBUTIONS
M.H., K.H., and J.M.J.L. conceived and designed the experiments. M.H. and A.T. designed the mask for the photolithography used for marking the SiC substrates. A.T. supervised the photolithography processes. M.H. fabricated the EG samples on the marked SiC substrates. M.H., V.D., and K.H designed the mask for the FIB structuring. V.D. and K.H performed the FIB structuring of the defects and characterized the samples using HIM and SEM. M.H. performed the MBE growth of h-BN and characterized the samples using OM, AFM, TUNA, and Raman measurements. J.M.J.L. performed XPS measurements, supervised the project and advised on experiments and data analysis. M.H. wrote the manuscript. All authors discussed the results and commented on the manuscript.

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