Holographic Gravity and the Surface term in the Einstein-Hilbert Action

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Certain peculiar features of Einstein-Hilbert (EH) action provide clues towards a holographic approach to gravity which is independent of the detailed microstructure of spacetime. These features of the EH action include: (a) the existence of second derivatives of dynamical variables; (b) a nontrivial relation between the surface term and the bulk term; (c) the fact that surface term is nonanalytic in the coupling constant, when gravity is treated as a spin-2 perturbation around flat spacetime and (d) the form of the variation of the surface term under infinitesimal coordinate transformations. The surface term can be derived directly from very general considerations and using (d) one can obtain Einstein’s equations just from the surface term of the action. Further one can relate the bulk term to the surface term and derive the full EH action based on purely thermodynamic considerations. The features (a), (b) and (c) above emerge in a natural fashion in this approach. It is shown that action $A_{grav}$, splits into two terms $-S + \beta E$ in a natural manner in any stationary spacetime with horizon, where $E$ is essentially an integral over ADM energy density and $S$ arises from the integral of the surface gravity over the horizon. This analysis shows that the true degrees of freedom of gravity reside in the surface term of the action, making gravity intrinsically holographic. It also provides a close connection between gravity and gauge theories, and highlights the subtle role of the singular coordinate transformations.

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I. INTRODUCTION

If we treat the macroscopic spacetime as analogous to a continuum solid and the unknown microscopic structure of spacetime as analogous to the atomic structure \( \Phi \), then it is possible to gain some important insights into the possible nature of quantum gravity. First of all, we note that the macroscopic description of a solid uses concepts like density, stress and strain, bulk velocity etc., none of which can even be usefully defined in the microscopic description. Similarly, variables like metric tensor etc. may not have any relevance in quantum gravity. Second, the quantum theory of a spin-2 field ("graviton") will be as irrelevant in quantum gravity, as the theory of phonons in providing any insight into the electronic structure of atoms. Third, the symmetries of the continuum description (e.g., translation, rotation etc.) will be invalid or will get strongly modified in the microscopic description. A naive insistence of diffeomorphism invariance in the quantum gravity, based on the classical symmetries, will be as misleading as insisting on infinitesimal rotational invariance of, say, an atomic crystal lattice. In short, the variables and the description will change in an (as yet unknown) manner. It is worth remembering that the Planck scale ($10^{19}$ GeV) is much farther away from the highest energy scale we have in the lab ($10^2$ GeV) than the atomic scale ($10^{-8}$ cm) was from the scales of continuum physics (1 cm).

It is therefore worthwhile to investigate general features of quantum microstructure which could be reasonably independent of the detailed theory of quantum spacetime — whatever it may be. I will call this a thermodynamic approach to spacetime dynamics, to be distinguished from the statistical mechanics of microscopic spacetimes \( \Phi \). To do this, I will exploit the well known connection between thermodynamics and the physics of horizons \( \Phi \) but will turn it on its head to derive the Einstein’s equations and the Einstein-Hilbert action from thermodynamic considerations \( \Phi \). This procedure will throw light on several peculiar features of gravity (which have no explanation in the conventional approach) and will provide a new insight in interpreting general coordinate transformations.

II. OBSERVERS AND THEIR HORIZONS

Principle of Equivalence, combined with special relativity, implies that gravity will affect the trajectories of light rays and hence the causal relationship between events in spacetime. In particular, there will exist families of observers (congruence of timelike curves) in any spacetime who will have access to only part of the spacetime. Let a timelike curve $X^\alpha(t)$, parametrized by the proper time $t$ of the clock moving along that curve, be the trajectory of an observer in such a congruence and let $\mathcal{C}(t)$ be the past light cone for the event $P[X^\alpha(t)]$ on this trajectory. The union $U$ of all these past light cones \( \{\mathcal{C}(t), -\infty \leq t \leq \infty\} \) determines whether an observer on the trajectory $X^\alpha(t)$ can receive information from all events in the spacetime or not. If $U$ has a nontrivial boundary, there will be regions in the spacetime from which this observer cannot receive signals. The boundary of the union of causal pasts of all the observers in

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the congruence — which is essentially the boundary of the union of backward light cones — will define a causal horizon for this congruence. (In the literature, there exist different definitions for horizons appropriate for different contexts; see e.g., we will use the above definition.) This horizon is dependent on the family of observers that is chosen, but is coordinate independent.

A general class of metrics with such a static horizon can be described by the line element

$$ds^2 = -N^2(x^\alpha)dt^2 + \gamma_{\alpha\beta}(x^\alpha)dx^\alpha dx^\beta$$  (1)

with the conditions that: (i) \( g_{00}(x) \equiv -N^2(x) \) vanishes on some 2-surface \( \mathcal{H} \); (ii) \( \partial_\alpha N \) is finite and non-zero on \( \mathcal{H} \) and (iii) all other metric components and curvature remain finite and regular on \( \mathcal{H} \). The natural congruence of observers with \( x = \) constant will perceive \( \mathcal{H} \) as a horizon. The four-velocity \( u^a = -N\delta^a_0 \) of these observers has a corresponding four acceleration \( a^a = u^b\nabla_b u^a = (0,a) \) with \( a_\alpha = (\partial_\alpha N)/N \). If \( n_a \) is the unit normal to the \( N = \) constant surface, then the ‘redshifted’ normal component of the acceleration \( N(a^a n_\alpha) = (9^a\delta^b_\alpha \nabla_f N \delta^f_2) / 2 = Na(x) \) (where the last equation defines the function \( a \)) has a finite limit on the horizon. On the horizon \( N = 0 \), we take \( Na \to \kappa \) where \( \kappa \) is called the surface gravity of the horizon (see e.g., ). (The results extend to stationary spacetimes but we will not discuss them here.)

These static spacetimes have a more natural coordinate system defined locally in terms of the level surfaces of \( N \). That is, we transform from the original space coordinates \( x^\mu \) in Eq.(1) to the set \((N, y^A, A = 2, 3) \) (where \( y^A \) are transverse coordinates on the \( N = \) constant surface) by treating \( N \) as one of the spatial coordinates. The metric can now be transformed to the form

$$ds^2 = -N^2 dt^2 + \frac{dN^2}{(Na)^2} + dL^2_\perp$$  (2)

where \( dL^2_\perp \) is the metric on the transverse plane which is relatively unimportant for our discussion. Near the \( N \to 0 \) surface, \( Na \to \kappa \) and the metric reduces to the (Rindler) form:

$$ds^2 \simeq -N^2 dt^2 + \frac{dN^2}{\kappa^2} + dL^2_\perp = -\kappa^2 x^2 dt^2 + dx^2 + dL^2_\perp$$  (3)

with \( x = N/\kappa \). This (Rindler) metric is a good approximation to a large class of static metrics with \( g_{00} \) vanishing on a surface which we have set at \( N = 0 \).

In classical theory, the horizon at \( N = 0 \) acts as a one-way membrane and shields the observers at \( N > 0 \) from the processes that take place on the ‘other side’ of the horizon \( N < 0 \). However, this is no longer true in quantum theory since entanglement and tunneling across the horizon can lead to nontrivial effects. This is obvious in the study of quantum field theory in a spacetime partitioned by a horizon. The two point function in quantum theory is non zero for events separated by spacelike intervals leading to non-zero correlations. Or, rather, quantum field theory can only be formulated in the Euclidean sector of the spacetime (or with an \( i\epsilon \) prescription, which is the same thing) and the Euclidean sector contains information from across the horizon. Hence the causal partitioning of spacetime by a horizon — which is impenetrable in classical theory — becomes porous in quantum theory.

Nevertheless, it seems reasonable to postulate that any class of observers have a right to describe physical phenomena entirely in terms of the variables defined in the regions accessible to them. Mathematically, this will require using a coordinate system in an effective Euclidean manifold in which the inaccessible region is removed. Near any static horizon one can set up the Rindler coordinates in Eq.(3) which has the Euclidean extension (with \( \tau = it \)):

$$ds^2_E \approx N^2 d\tau^2 + dN^2/\kappa^2 + dL^2_\perp$$  (4)

This covers the region outside the horizon \((N > 0)\) with the horizon mapping to the origin; removing the region inside the horizon is equivalent to removing the origin from the \( \tau - N \) plane. Any nontrivial quantum effect due to horizon should still have a natural interpretation in this effective manifold and indeed it does. The effective Euclidean manifold acquires a nontrivial topology and the standard results (like the thermal effects) of quantum field theory in curved spacetime arises from this nontrivial topology .

### III. A HOLOGRAPHIC DERIVATION OF EINSTEIN’S EQUATIONS

In the present work, we are more interested in exploring the consequences for gravity itself which we shall now describe. Since horizon has forced us to remove a region from the manifold, we are also forced to deal with manifolds with non trivial boundaries, both in the Euclidean and Lorentzian sectors. (In the Lorentzian sector we shall approach the horizon as a limit of a sequence of timelike surfaces e.g., we take \( r = 2M + \epsilon \) with \( \epsilon \to +0 \) in the Schwarzschild spacetime). The action functional describing gravity will now depend on variables defined on the boundary of this region. Since the horizon (and associated boundaries) may exist for some observers (e.g., uniformly accelerated observers in flat spacetime, \( r = \) constant > \( 2M \) observers in the Schwarzschild spacetime ...) but not for others (e.g., inertial observers in flat spacetime, freely falling observers inside the event horizon, \( r < 2M \), in the Schwarzschild spacetime ), this brings up a new level of observer dependence in the theory. It must, however, be stressed that this view point is completely in concordance with what we do in other branches of physics, while defining action functionals. The action describing QED at 10 MeV, say, does not use degrees of freedom relevant at \( 10^{19} \) GeV which we have no access to. Similarly, if an observer has no access to part of spacetime, (s)he should be able to use an action principle using
the variables (s)he can access, which is essentially the philosophy of renormalisation group theory translated into real space from momentum space \[\square]. This brings about the boundary dependence in the presence of horizons.

Further, since we would like the action to be an integral over a local density, the surface term must arise from integrating a four-divergence term in the Lagrangian and the gravitational action functional (in the Euclidean sector, which we shall consider first) will have a generic form:

\[ A_{\text{grav}} = \int_V d^4x \sqrt{g} \left( L_{\text{bulk}} + \nabla_i U^i \right) = A_{\text{bulk}} + A_{\text{sur}} \quad (5) \]

The vector \( U^a \) has to be built out of the normal \( u^i \) to the boundary \( \partial \mathcal{V} \) of \( \mathcal{V} \), metric \( g_{ab} \) and the covariant derivative operator \( \nabla_j \) acting at most once. The last restriction arises because the equations of motion should be of no order higher than two. (The normal \( u^i \) is defined only on the boundary \( \partial \mathcal{V} \) but we can extend it to the bulk \( \mathcal{V} \), forming a vector field, in any manner we like since the action only depends on its value on the boundary.)

Given these conditions, there are only four possible choices for \( U^i \), viz., \((u^i u_j u^i, u^i u_j u^i, u^i u_j u^i, u^i u_j u^i)\). Of these four, the first one identically vanishes since \( u^i \) has unit norm; the second one — which is the acceleration \( a^i = u^i \nabla_j u^i \) vanishes on integration since the boundary term is \( u_i U^i = a^i u_i = 0 \). Hence the most general vector \( U^i \) we need to consider is the linear combination of \( u^i \) and \( K u^i \) where \( K \equiv \Delta \nabla i u^i \) is the trace of the extrinsic curvature of the boundary. Of these two, \( U^i = u^i \) will lead to the volume of the bounding surface which we will ignore. (It can be, in general, divergent and hence is not an acceptable candidate. In any case, retaining it does not alter any of our conclusions below.) Thus the surface term (arising from \( K u^i \)) must have the form

\[ A_{\text{sur}} \propto \int_V d^3x \sqrt{g} \nabla_i(K u^i) = \frac{1}{8\pi G} \int_{\partial \mathcal{V}} d^3x \sqrt{\kappa} \nabla K \quad (6) \]

where \( G \) is a constant to be determined (which has the dimensions of area in natural units with \( c = \hbar = 1 \)) and \( 8\pi \) factor is introduced with some hindsight.

What does the surface term contribute on the horizon? Consider a surface \( N = \epsilon, 0 < \tau < 2\pi/\kappa \) and the full range for the transverse coordinates; this surface is infinitesimally away from the horizon in the Euclidean spacetime described by Eq.4 and has the unit normal \( u^a = \kappa (0, 1, 0, 0) \). Its contribution to the action is the integral of \( K = -\nabla_a u^a = -(\kappa/\epsilon) \) over the surface:

\[ A_{\text{sur}} = -\frac{1}{8\pi G} \int d^2x_\perp \int_0^{2\pi/\kappa} d\tau \epsilon \left( \frac{\kappa}{\epsilon} \right) = -\frac{1}{4} A_\perp / G \quad (7) \]

which is (minus) one quarter of the transverse area \( A_\perp \) of the horizon, in units of \( G \) (which is still an undetermined constant). This contribution is universal and of course independent of \( \epsilon \) so that the limit \( \epsilon \to 0 \) is trivial. (Also note that the term we ignored earlier, the integral over the four-volume of \( \nabla_a u^a \), will not contribute on a horizon where \( \epsilon \to 0 \)). Since the surface contribution is due to removing the inaccessible region, it makes sense to identify \(-A_{\text{sur}}\) with an entropy. The sign in Eq.6 is correct with \( G > 0 \) since we expect — in the Euclidean sector — the relation \( \exp(-A_{\text{Euclid}}) = \exp S \) to hold, where \( S \) is the entropy.

Analytically continuing to the Lorentzian sector it is possible to show that (see Appendix A of ref.\[2\]) the surface term gives the contribution

\[ A_{\text{sur}} = -\frac{1}{16\pi G} \int_V d^4x \partial_\alpha P^a \quad (8) \]

where

\[ P^a = -\frac{1}{\sqrt{-g}} \partial_h (g_{ab} u^b) = \sqrt{-g} (g^{ak} \Gamma_{km} - g^{jk} \Gamma_{ik}) \quad (9) \]

It is clear that, while \( L_{\text{bulk}}(g, \partial g) \) in Eq.5 can be made to vanish at any given event by going to the local inertial frame (in which \( g = \eta, \partial g = 0 \), one cannot make \( \partial_\alpha P^a \) vanish in a local inertial frame. In such a frame, we have \( \partial_\alpha P^a = -\partial_\alpha \partial_h g_{ab} \). This suggests that the true dynamical degrees of freedom of gravity reside in the surface term rather than in the bulk term, making gravity intrinsically holographic. Obviously, the really important term in the Hilbert action is the often neglected surface term! To understand this term which leads to the entropy of the horizon, let us explore it in a few simple contexts.

To begin with, consider spacetime metrics of the form \( g_{ab} = \eta_{ab} + h_{ab} \) with \( h_{ab} \) treated as a first order perturbation. In this case, \( P^a = \partial_b (\eta^{ab} h_i^i - h^{ab}) \) and the surface term

\[ A_{\text{sur}} = -\frac{1}{16\pi G} \int_V d^4x \partial_\alpha \partial_b (\eta^{ab} h_i^i - h^{ab}) \quad (10) \]

is gauge invariant under the transformations \( h_{ab} \to h_{ab} + \partial_a \xi_b + \partial_b \xi_a \). (Sometimes it is claimed in the literature that a term which is invariant under such infinitesimal gauge transformations will be generally covariant under finite transformations. This is clearly not true and \( A_{\text{sur}} \) is an instructive counter example.) In the Newtonian limit with \( g_{00} = -(1 + 2\phi) \), this leads to \( P = 2\nabla \phi = -2g \) which is proportional to the gravitational acceleration. The contribution from any surface is then clearly the normal component of the acceleration, i.e., surface gravity, even in the Newtonian limit. [As an aside, let me mention that this is rather intriguing. It is known that thermal effects of horizons have a classical analogue (see e.g.,\[1\]) and that statistical mechanics of systems with Newtonian gravity has several peculiar features (see e.g.,\[14\]); but one rarely studies matter interacting by Newtonian gravity from a (limit of the) action functional. It is not clear whether this result is of any deep significance.]

Let us next consider how the surface contribution varies when one goes from a local inertial frame to an accelerated frame by an infinitesimal transformation \( x^a \to x^a + \xi^a \) in flat spacetime. It is easy to show that,
in this case, $P^a = -\partial_i (\partial^i \xi^a - \partial^i \xi^a)$. (While the variation in the metric depends on the symmetric combination $\delta g^{ab} = \partial^a \xi^b + \partial^b \xi^a$, the contribution to $P^a$ arises from the antisymmetric combination.) For regular (non-distributional) functions, $\partial_a P^a$ vanishes showing that the contribution from any given surface $P^a \nu_a$ is a constant. We are interested in the infinitesimal version of the transformation from inertial to Rindler coordinates, which corresponds to $\xi^t = -\kappa x, \xi^r = -(1/2) \kappa t^2$. The surface term now picks up the contribution $2\kappa$ on each surface. Thus the surface term has a purely local interpretation and is directly connected with the acceleration measured by local Rindler observers. (When $P^a$ is a constant $\partial_a P^a$ will vanish but one can still work out the constant contribution $n_a P^a$ from a surface with normal $n_a$ and interpret its value. The contribution we computed in Eq. 6 is indeed from the Rindler frame contribution but evaluated on a surface.)

Since $(-A_{sur})$ represents the entropy, its variation has direct thermodynamic significance. To obtain gravity by a thermodynamic route, we will take the total action $A_{tot}$ for matter plus gravity to be the sum of $(-A_{sur})$ and the standard matter action $A_{matter}[\phi, g]$ in a spacetime with metric $g_{ab}$. The $\phi_i$ denotes some matter degrees of freedom, the exact form of which does not concern us; varying $\phi_i$ will lead to standard equations of motion for matter in a background metric and these equations will also ensure that the energy momentum tensor of matter $T^a_{bc}$ satisfies $\nabla_a T^a_{bc} = 0$.

We will now prove the key result of this section: Einstein’s equations arise from the demand that $A_{tot} = -A_{sur} + A_{matter}$ should be invariant under virtual displacements of the horizon normal to itself.

Let $\mathcal{V}$ be a region of spacetime such that part of the boundary of the spacetime $\partial \mathcal{V}$ is made up of the horizon $\mathcal{H}$. [For example, in the Schwarzschild metric we can take $\mathcal{V}$ to be bounded by the surfaces $t = t_1, t = t_2, r = 2M, r = R > 2M$.] Consider an infinitesimal coordinate transformation $x^a \to \tilde{x}^a = x^a + \xi^a$, where $\xi^a$ is nonzero only on the horizon and is in the direction of the normal to the horizon — which makes it a null vector. Clearly, one can think of this transformation as making a virtual displacement of horizon normal to itself. Under $x^a \to \tilde{x}^a = x^a + \xi^a$, the metric changes by $\delta g^{ab} = \nabla^a \xi^b + \nabla^b \xi^a$ and the matter action changes by $(\delta A_{matter}/\delta g^{ab}) = -(1/2) \sqrt{-g} T_{ab}$. Using $\nabla_a T^a_{bc} = 0$, this can be written as:

$$\delta A_{matter} = -\int_{\mathcal{V}} d^3x \sqrt{-g} \nabla_a (T^a_{bc} \xi^c)$$

(11)

Next, to find the explicit form of $(\delta A_{sur}/\delta g^{ab})$ under infinitesimal coordinate transformations, we can either work explicitly with Eq. 5 or use the fact that the variation of the surface term arises from the integration over $g^{ab}\delta R_{ab}$ in the action. This gives

$$\delta (-A_{sur}) = \frac{1}{8\pi G} \int_{\mathcal{V}} d^3x \sqrt{-g} \nabla_a (R^a_{bc} \xi^c)$$

(12)

The integration of the divergences in Eqs. (11), (12) lead to surface terms which contribute only on the horizon, since $\xi^a$ is nonzero only on the horizon. Further, since $\xi^a$ is in the direction of the normal, the demand $\delta A_{tot} = 0$ leads to the result $(R^a_{bc} - 8\pi G T^a_{bc}) \xi^c = 0$. Since $\xi^a$ is arbitrary except for the fact that it is null, this requires $R^a_{bc} - 8\pi G T^a_{bc} = F(g) \delta^a_{bc}$, where $F$ is an arbitrary function of the metric. But since $\nabla_a T^a_{bc} = 0$ identically, $R^a_{bc} - F(g) \delta^a_{bc}$ must have zero divergence; it follows that $F$ must have the form $F = (1/2) \kappa + \Lambda$ where $\kappa$ is the scalar curvature and $\Lambda$ is an undetermined ( alas!) cosmological constant. The resulting equation is

$$R^a_{bc} - (1/2) \kappa \delta^a_{bc} + \Lambda \delta^a_{bc} = 8\pi G T^a_{bc}$$

(13)

which is identical to Einstein’s equation. *Nowhere did we need the bulk term in Einstein’s action!*

We believe this derivation brings us closer to understanding the true nature of gravity. Since $(-A_{sur})$ is the entropy, its variation, when the horizon is infinitesimally moved, is equivalent to the change in the entropy $dS$ due to virtual work. The variation of the matter term contributes the $PdV$ and $de$ terms and the entire variational principle is equivalent to the thermodynamic identity $TdS = de + PdV$ applied to the changes when a horizon undergoes a virtual displacement. In the case of spherically symmetric spacetimes, for example, this can explicitly worked out. Thus *Einstein’s equations can be interpreted as the thermodynamic limit of microscopic, statistical mechanics of ‘atoms of spacetime’* the structure of which we do not know (This approach has a long history but our result gives it a different, precise and elegant characterisation).

This approach is also logically coherent: Principle of Equivalence implies gravity affects light rays and thus affects causal structure; this leads to existence of observers who has access only to part of spacetime; this, in turn, forces us to having boundary terms in action the form of which can be determined by general considerations. When the causal horizon of the observers is interpreted in the ‘membrane paradigm’, one is led to consider the virtual work done by its displacements. This relation, which is in the form of $TdS = de + PdV$, is identical to Einstein’s equations.

This approach suggests that the relevant degrees of freedom of gravity for a volume $V$ reside in its boundary $\partial V$, making gravity intrinsically holographic. (This result is also borne out by a study of Hilbert action in the Riemann normal coordinates; the $\Gamma^2$ part vanishes and the full contribution arises from the total divergence term). There are obvious implications for quantum gravity and path integral formulation which require further study.

Incidentally, Eq. (12) shows that $\delta A_{sur} = 0 (i)$ in all vacuum spacetimes with $R^a_{bc} = 0$, generalizing the previous result that $\partial_a P^a = 0$ in flat spacetime, or (ii) when $\xi^a = 0$ on $\partial V$ which is the usual textbook case. (This is why $\delta A_{bulk} = 0$ gives covariant field equations even though $A_{bulk}$ is not generally covariant.)
IV. DERIVATION OF EINSTEIN-HILBERT ACTION

The total Lagrangian for gravity in Eq. (5) is now \[ L_{\text{bulk}} \sqrt{-g} \Psi_{ab}^2 / 16\pi G \] which depends on the second derivatives of the metric through the \( \Psi_{ab} \) term. Such lagrangians, having second derivatives (which does not affect the equation of motion), have a natural interpretation in terms of the momentum space representation. To see this, recall that the quantum amplitude for for the dynamical variables to change from \( q_1 \) (at \( t_1 \)) to \( q_2 \) (at \( t_2 \)) is given by

\[
K(q_2, t_2; q_1, t_1) = \sum_{\text{paths}} \exp \left[ \frac{i}{\hbar} \int dt L(q, \dot{q}) \right],
\]

where the sum is over all paths connecting \((q_1, t_1)\) and \((q_2, t_2)\), and the Lagrangian \( L(q, \dot{q}) \) depends only on \((q, \dot{q})\). When we study the same system in momentum space, we need to determine the corresponding amplitude for the system to have a momentum \( p_1 \) at \( t_1 \) and \( p_2 \) at \( t_2 \), which is given by the Fourier transform of \( K(q_2, t_2; q_1, t_1) \) on \( q_1, q_2 \). The path integral representation of this momentum space amplitude is:

\[
\mathcal{G}(p_2, t_2; p_1, t_1) = \sum_{\text{paths}} \int dq_1 dq_2 \exp \left[ \frac{i}{\hbar} \left\{ \int dt L(q, \dot{q}) - (p_2 q_2 - p_1 q_1) \right\} \right] \]

\[ = \sum_{\text{paths}} \int dq_1 dq_2 \exp \left[ \frac{i}{\hbar} \left\{ \int dt L(q, \dot{q}) - \frac{d}{dt} (pq) \right\} \right] \]

\[ = \sum_{\text{paths}} \exp \left[ \frac{i}{\hbar} \int dp L(p, \dot{p}) \right]. \]

In arriving at the last line of Eq. (15), we have redefined the sum over paths to include integration over \( q_1 \) and \( q_2 \). This result shows that, given any Lagrangian \( L(q, \partial q) \) involving only up to the first derivatives of the dynamical variables, it is always possible to construct another Lagrangian \( L_p(q, \partial q, \partial^2 q) \) involving up to second derivatives, by Eq. (15) such that it describes the same dynamics but with different boundary conditions. While using \( L_p \) one keeps the momenta fixed at the endpoints rather than the coordinates.

Thus, in the case of gravity, the same equations of motion can be obtained from \( L_{\text{bulk}} \) or from another action:

\[
A_{\text{grav}} = \int d^4x \sqrt{-g} L_{\text{bulk}} - \int d^4x \partial_t \left[ g_{ab} \partial \sqrt{-g} L_{\text{bulk}} / \partial (\partial_t g_{ab}) \right].
\]

We can now identify the second term in Eq. (17) with the \( A_{\text{sur}} \) in Eq. (5) thereby obtaining an equation that determines \( L_{\text{bulk}} \):

\[ \left( \frac{\partial \sqrt{-g} L_{\text{bulk}}}{\partial g_{ab,c}} g_{ab} \right) = P^c = -\frac{1}{16\pi G} \frac{1}{\sqrt{-g}} \partial_b (gg^{bc}) \] (18)

It is straightforward to show that this equation is satisfied by the Lagrangian

\[ \sqrt{-g} L_{\text{bulk}} = \frac{\sqrt{-g} g_{ik}^{\ell m}}{16\pi G} (\Gamma_{ik}^{\ell} \Gamma_{km} - \Gamma_{ik}^{\ell} \Gamma_{em}). \] (19)

This Lagrangian is precisely the first order Dirac-Schrödinger Lagrangian for gravity (usually called the \( L^2 \) Lagrangian). Given the two pieces \( \sqrt{-g} L_{\text{bulk}} \) and \( -\partial_a P^a \), the final second order Lagrangian is, of course, just the sum, which turns out to be the standard Einstein-Hilbert Lagrangian:

\[ \sqrt{-g} L_{\text{grav}} = \sqrt{-g} L_{\text{bulk}} - \partial_a P^a = \left( \frac{R \sqrt{-g}}{16\pi G} \right). \] (20)

Since Eq. (18) involves only \( \partial L_{\text{bulk}} / \partial (\partial_t g_{bc}) \), one can add a constant to \( L_{\text{bulk}} \) without affecting anything. Observations suggest that our universe has a cosmological constant (or something which acts very similar to it [15]) and — unfortunately — our argument does not throw any light on this vital issue. We shall comment on this aspect towards the end.

V. STRUCTURE OF HILBERT ACTION

The first striking feature of Hilbert action is that it contains the second derivatives of the dynamical variables and hence a surface term. This feature had no explanation in conventional approaches, while it arises most naturally in the derivation given above.

Second, and probably the most vital point, is that the bulk and surface terms of the Hilbert action are related to each other by a very definite relation, viz., Eq. (17). Not only that this relation has no explanation in conventional approaches, it has not even been noticed or discussed in standard text books [10]. In the current approach, this relation again arises naturally and is central to determining the bulk term from the surface term.

Closely related to this is the third fact that neither \( L_{\text{bulk}} \) nor \( L_{\text{sur}} \) is geometrical. This is obvious in the Euclidean sector, in which we allowed for an extra vector field (the normal to the boundary) in the action, in addition to the metric tensor. It is central to our philosophy that the terms in the action can be (and indeed will be) different for different families of observers, since they will have access to different regions of spacetime. In fact, existence of a horizon is always dependent on the family of observers we consider. Even in Schwarzschild spacetime, in which a purely geometrical definition can be given to event horizon, the observers who are freely falling into the black hole will have access to more information than the observers who are stationary on the outside. Thus
we expect the action to be foliation dependent though generally covariant.

The difference between foliation dependence and general covariance is worth emphasizing: One would have considered a component of a tensor, say, $T_{00}$ as not generally covariant. But a quantity $\rho = T_{ab}u^au^b$ is a generally covariant scalar which will reduce to $T_{00}$ in a local frame in which $u^a = (1, 0, 0, 0)$. It is appropriate to say that $\rho$ is generally covariant but foliation dependent. In fact, any term which is not generally covariant can be recast in a generally covariant form by introducing a foliation dependence. The surface term and the bulk term we have obtained are foliation dependent and will be different for different observers. But the full action is, of course, foliation independent (We will see below that the full action can be interpreted as the thermodynamic free energy of spacetime). Incidentally, the content of Einstein’s equations can be stated entirely in terms of foliation dependent scalar quantities as follows: The scalar projection of $R_{abcd}$ orthogonal to the vector field $u^a$ is $16\pi G \rho$ for all congruences. The projection is $R_{abcd}u^au^b = 2G_{ac}u^au^c$ where $h_{ac} = (g_{ac} + u^au^c)$ and the rest follows trivially; this is a far simpler statement than the one found in some text books [21].

A. Action is the Free Energy of Spacetime

I will now turn to the form of the Einstein-Hilbert action for stationary spacetimes and show that, in this case it has a natural decomposition of the action into energy and entropy terms, the latter being a surface integral. Such spacetimes have a timelike Killing vector $\xi^a$ in (at least) part of the region. While the discussion below can be done in a manifestly covariant manner, it is clearer to work in a frame in which $\xi^a = (1, 0, 0, 0)$. In any stationary spacetime, the $R_{00}$ components, in particular $R_{00}$, can be expressed as a divergence term

$$R_{00} = \frac{1}{\sqrt{-g}}\partial_a(\sqrt{-g}g^{0k}\Gamma^0_{0k})$$

(21)

This is most easily seen from the identity for the Killing vector

$$R^{a}_{j} \xi^{j} = R^{a}_{0} = \nabla_{a} \nabla^{a} \xi^{b} = \frac{1}{\sqrt{-g}}\partial_b(\sqrt{-g}g^{a0}\xi^b)$$

(22)

where the last relation follows from the fact that $\nabla^a \xi^b$ is an antisymmetric tensor. Eq. (22) now follows directly on noticing that all quantities are time-independent. (For an index-gymnastics proof of the same relation, see section 105). On the other hand, in any spacetime, one has the result: $-2G_{00} = -16\pi H_{ADM} = 16\pi \rho$ where the last relation holds on the mass shell. We can now express the Einstein-Hilbert action as an integral over $R = (R_{00} - G_{00})$. Since the spacetime is stationary, the integrand is independent of time and we need to limit the time integration to a finite range $(0, \beta)$ to get a finite result. Converting the volume integral of $R_{00}$ over $3$-space to a surface integral over the $2$-dimensional boundary, we can write the Einstein-Hilbert action in any stationary spacetime as

$$A_{EH} = \beta \int N \sqrt{h}d^3x \rho + \frac{\beta}{8\pi} \int d^2x \sqrt{\sigma} N n_\alpha (g^{0k}\Gamma^0_{0k})$$

$$= \beta E - S$$

(23)

where $N = \sqrt{-g_{00}}$ is the lapse function, $h$ is the determinant of the spatial metric and $\sigma$ is the determinant of the $2$-metric on the surface. In a class of stationary metrics with a horizon and associated temperature the time interval has natural periodicity in $\beta$, which can be identified with the inverse temperature. Also note that the $\beta N$ factor in Eq. (23) is again exactly what is needed to give the local Tolman temperature $T_{loc} = \beta_{loc}^{-1} = \beta^{-1} = T/\sqrt{-g_{00}}$ so one is actually integrating $\beta_{loc} \rho$ over all space, as one should, in defining $E$. When the $2$-surface is a horizon, the integral over $R_{00}$ gives the standard expression for entropy obtained earlier. This allows identification of the two terms with energy and entropy; together the Einstein action can be interpreted as giving the free energy of space time.

It is possible to obtain the above decomposition more formally. The curvature tensor $R_{ab}$ has a natural decomposition in terms of $3$ spatial tensors (see sec. 92 of [22]) corresponding to $S_{0}^{\alpha} = R_{0\alpha} \beta \epsilon_{\beta}^{\alpha} = \frac{1}{4}(\epsilon_{\beta}^{\alpha} R_{\mu\nu} R^{\mu\nu})$ (and $B_{0}^{\alpha} = \epsilon_{\beta}^{\alpha} R_{\mu\nu}^{0 b}$ which we will not need). In any spacetime, the trace of these tensors have a simple physical meanings: $2S_{0}^{\alpha} = -2G_{00} = 16\pi \rho$ is essentially the numerical value of ADM Hamiltonian density while $S = S_{0} = R_{00}$. Since the scalar curvature is $R = 2(S + \mathcal{E})$ we can make the decomposition:

$$A_{\text{grav}} = \frac{\beta}{8\pi} \int N \sqrt{h}d^3x \left[ S + \mathcal{E} \right] = -S + \beta E$$

(24)

in any stationary spacetime. This shows that $S$ and $\mathcal{E}$ are true scalars in $3$-dimensional subspace and the decomposition has a geometric significance.

In fact, one can go further and provide a $4$-dimensional covariant (but foliation dependent) description of the entropy and energy of spacetime. Given a foliation based on a timelike congruence of observers (with $u^a$ denoting the four velocity) one can write: $S_{\beta}^{\alpha} = R_{b\alpha}^{00} u^b u^j; \mathcal{E}_{\beta}^{\alpha} = *R_{c\beta}^{00} u^c u^j$ where $*R_{c\beta}^{00}$ is the dual of the curvature tensor: $*R_{cd} = (1/4)\epsilon_{mn}^{\alpha} R_{mn}^{\beta} \epsilon_{cd}^{\alpha} r^r$. It is easy to see that the contraction of $S_{\beta}^{\alpha} \epsilon_{\beta}^{\alpha}$ with $u^a$ on any of the indices vanishes, so that they are essentially “spatial” tensors; clearly, they reduce to the previous definitions when $u_0 = (1, 0, 0, 0)$. The action can now be written with a covariant separation of the two terms:

$$A_{\text{grav}} = \frac{1}{8\pi} \int \sqrt{-g}d^4x \text{Tr} \left[ R_{b\beta}^{00} + *R_{b\beta}^{00} u_i u^j \right]$$

(25)

where the trace is over the remaining indices. Given a family of observers with four velocities $u^a$ this equation
identifies an energy and entropy perceived by them. This approach has a direct geometrical significance, since the representation of the curvature as differential form \( R^{ab} = d\omega^{ab} + \omega^{ac} \wedge \omega_c^b \) (see sec 14.5, ex. 14.14 of [24]) uses a matrix representation with \( S^a_\beta, \Omega^a_\beta \) as the block diagonal terms and with the action becoming the trace.

As an explicit example, consider the class of stationary metrics, parametrized by a vector field \( \mathbf{v}(x) \) is given by

\[
d s^2 = -dt^2 + (d\mathbf{x} - \mathbf{v} dt)^2
\]

(26)

Consider first the spherically symmetric case where \( \mathbf{v} = v(r) \hat{\mathbf{r}} \) with \( v^2 \equiv -2\phi \). In this case, \( 2S = -2\nabla^2 \phi, 2E = -(4/r^2)(\partial_\phi v) \). Let us compute the contribution of the action on the horizon at \( r = a \), where \( v^2 = 1, -\partial_\phi v = \kappa \). Evaluating the integral over \( R = 2(S + \mathcal{E}) \), we get the contribution:

\[
A_{ grav} = -\pi a^2 + \beta a^2 \frac{1}{2} = -S + \beta E
\]

(27)

The first term (one quarter of horizon area, which arises from \( 2S \)) is the entropy and we can interpret the second term (which arises from \( 2\mathcal{E} \)) as \( \beta E \). This becomes \( \beta M \) in the case of Schwarzschild metric \( 14 \). Hence the full action has the interpretation of \( \beta F \) where \( F \) is the free energy. (See [17, 21] for more details.) Thus the extremisation of the action corresponds to extremising the free energy, thereby providing a fully thermodynamic interpretation. (Incidentally, for the Schwarzschild metric \( S = 4\pi M^2, \beta E = 8\pi M^2 \) making \( S - \beta E = -4\pi M^2 = -S \) ! The temptation to interpret the full action as entropy should be resisted, since this is a peculiar feature special to Schwarzschild.)

Similar results arise for all metrics in Eq. (20). These metrics [21] have the following properties: (i) The spatial \((dt = 0)\) sections are flat with \( ^3R = 0 \). (ii) The metric has unit determinant in Cartesian spatial coordinates. (iii) The acceleration field \( a^i = \omega^j v^i \) vanishes. (iv) There is a horizon on the surface \( v^2 = 1 \). (iv) The extrinsic curvature is \( K_{ab} = (1/2)(\partial_\nu v^b + \partial_\beta v^a) \). (v) For this spacetime, \( 2\mathcal{E} \) again gives the energy density; the entropy term is: \( 2S = -\nabla^2 \phi + (\mathbf{v} \cdot \nabla) \mathbf{v} \). The integral now gives the normal component of \( \mathbf{a} = -\nabla \phi + (\mathbf{v} \cdot \nabla) \mathbf{v} \) which has two contributions to the acceleration: the \( -\nabla \phi \) (with \( v^2 = -2\phi \)) is the standard force term while \( (\mathbf{v} \cdot \nabla) \mathbf{v} \) is the "fluid" acceleration \( dv/dt \) when \( \partial \mathbf{v}/\partial t = 0 \). So the interpretation of surface gravity leading to entropy holds true in a natural manner.

If \( \mathbf{v} \) is irrotational, then the two terms are equal and we get \( 2S = -2\nabla^2 \phi \) leading to an entropy which is one-quarter of the area of the horizon. Thus the result for spherically symmetric case holds for all metrics of the form in Eq. (20) with \( \nabla \times \mathbf{v} = 0 \).

**B. There is more to gravity than gravitons**

Another striking feature of Einstein-Hilbert action — again, not emphasized in the literature — is that it is non-analytic in the coupling constant when perturbed around flat spacetime. To see this, consider the expansion of the action in terms of a “graviton field” \( h_{ab} \), by \( g_{ab} = \eta_{ab} + \lambda h_{ab} \) where \( \lambda = \sqrt{16\pi G} \) has the dimension of length and \( h_{ab} \) has the correct dimension of \( (\text{length})^{-1} \) in natural units with \( h = c = 1 \). Since the scalar curvature has the structure \( R \sim (\partial g)^2 + \partial^2 g \), substitution of \( g_{ab} = \eta_{ab} + \lambda h_{ab} \) gives to the lowest order:

\[
L_{EH} \propto \frac{1}{\lambda^2} R \simeq (\partial h)^2 + \frac{1}{\lambda} \partial^2 h
\]

(28)

Thus the full Einstein-Hilbert Lagrangian is non-analytic in \( \lambda \) because the surface term is non-analytic in \( \lambda \)! It is sometimes claimed in literature that one can obtain Einstein-Hilbert action for gravity by starting with a massless spin-2 field \( h_{ab} \) coupled to the energy momentum tensor \( T_{ab} \) of other matter sources to the lowest order, introducing self-coupling of \( h_{ab} \) to its own energy momentum tensor at the next order and iterating the process. It will be preposterous if, starting from the Lagrangian for the spin-2 field, \( (\partial h)^2 \), and doing a honest iteration on \( \lambda \), one can obtain a piece which is non-analytic in \( \lambda \) (for a detailed discussion of this and related issues, see [24]). At best, one can hope to get the quadratic part of \( L_{EH} \) which gives rise to the \( \Gamma^2 \) action \( A_{bulk} \) but not the four-divergence term involving \( \partial^2 g \). The non-analytic nature of the surface term is vital for it to give a finite contribution on the horizon and the horizon entropy cannot be interpreted in terms of gravitons propagating around Minkowski spacetime. Clearly, there is lot more to gravity than gravitons.

This result has implications for the \( G \to 0 \) limit of the entropy term \( S = (1/4)(A_L/G) \) we have obtained. If the transverse area \( A_L \) scales as \( (GE)^2 \) where \( E \) is an energy scale in the problem (as in Schwarzschild geometry), then \( S \to 0 \) when \( G \to 0 \). On the other hand if \( A_L \) is independent of \( G \) as in the case of e.g., De Sitter universe with \( A_L = 3\pi/\Lambda \), where \( \Lambda \) is an independent cosmological constant in the theory, unrelated to \( G \) (or even in the case of Rindler spacetime) then the entropy diverges as \( G \to 0 \). (In all cases, the entropy diverges as \( h \to 0 \).) This non analytic behaviour for a term in action, especially in the case of flat spacetime in nontrivial coordinates, is reminiscent of the \( \theta \) vacua in gauge theory. We shall explore this feature more closely in the next section.

**VI. SINGULAR COORDINATE TRANSFORMATIONS AND NON TRIVIAL TOPOLOGY**

The Euclidean structure of a wide class of spacetimes with horizon is correctly represented by the Euclidean Rindler metric in Eq. (4). This is obvious from the fact that the horizon is mapped to the origin of the \( N - \tau \) plane which is well localized in the Euclidean sector, making the approximation by a Rindler metric rigorously valid.
It is therefore important to understand how non trivial effects can arise "just because" of a coordinate transformation from the inertial to Rindler coordinates. After all, in the inertial coordinates in flat spacetime $\Gamma^\mu_{\nu\rho} = 0$ making both $L_{bulk}$ and $P^a$ individually zero while in the Rindler coordinates $P^a \neq 0$ leading to Eq. (4). We shall provide some insights into this issue.

We begin by recalling some formal analogy between gravity and non-Abelian gauge theories. If the connection coefficients $\Gamma^a_{\mu\nu}$ are represented as the elements of matrices $\Gamma^a_i$ (analogous to the the gauge potential $A_a$), then the curvature tensor can be represented as

$$R_{ab} = \partial_a \Gamma_b - \partial_b \Gamma_a + \Gamma_a \Gamma_b - \Gamma_b \Gamma_a$$ (29)

(with two matrix indices suppressed) in a form analogous to the gauge field $F_{ab}$. Consider now an infinitesimal coordinate transformation $x^a \rightarrow x^a + \xi^a$ from a local inertial frame to an accelerated frame. The curvature changes by

$$\delta R_{ab} = \partial_a \delta \Gamma_b - \partial_b \delta \Gamma_a$$ (30)

since $\delta \Gamma$ term vanishes in the local inertial frame. For a coordinate transformation in flat spacetime, we will expect $\delta \Gamma_{\mu}$ to be pure gauge in the form $\delta \Gamma_{\mu} = \partial_{\mu} \Omega$, so that $\delta R_{ab} = 0$. For $x^a \rightarrow x^a + \xi^a$, we have $\delta \Gamma_{\mu} = \partial_{\mu} \xi^a$ where $\Omega$ is a matrix with elements $\Omega^a_i = -\partial_i \xi^a$ so it would seem that $\delta R_{ab} = 0$. However, there is subtlety here.

Recall that, in standard flat spacetime electrodynamics one can have vector potential $A_i = \partial_i q(x^i)$ which appears to be a pure gauge connection but can have non-zero field strengths. If we take $x^a = (t, r, \theta, \phi)$ and $q(x^a) = \phi$, then the vector potential $A_i = \partial_i \phi$ is not pure gauge and will correspond to a magnetic flux confined to an Aharanov-Bohm type solenoid at the origin. This is easily verified from noting that the line integral of $A_i dx^i$ around the origin will lead to a non-zero result, showing $\nabla \times A$ is non zero at the origin corresponding to $x^2 + y^2 = 0$ in the Cartesian coordinates. In this case $q(x^a) = \phi$ is a periodic coordinate which is the reason for the nontrivial result.

The same effect arises in the case of a transformation from inertial to Rindler coordinates near any horizon in the Euclidean sector in which $\tau$ is periodic. In this case, $\xi^a = (-\kappa t x, -(1/2)\kappa t^2, 0, 0)$ and the matrix $\Omega^a_i = -\partial_i \xi^a$ has the nonzero components $\Omega^0_0 = \kappa x, \Omega^0_1 = \kappa t$ so it would seem that $\delta R_{ab} = 0$. But the family of observers with a horizon, will indeed be using a comoving co-ordinate system in which $N \rightarrow 0$ on the horizon. Clearly we need a new physical principle to handle quantum field theory as seen by this family of observers.

One possible way is to regularize $g_{00}$ and treat the Rindler type metric as a limit of a sequence of metrics parameterized by a regulator $\epsilon$. The nature of the regulator can be obtained by noting that the Euclidean rotation is equivalent to the $i\epsilon$ prescription in which one uses the transformation $t \rightarrow t(1 + i\epsilon)$ which, in turn, translates to $N \rightarrow N(1 + i\epsilon)$. Expanding this out, we get $N \rightarrow N + i\epsilon \text{sign}(N)$, which can be combined into the form $N^2 \rightarrow N^2 + \epsilon^2$. To see the effect of this regulator, let us consider $12$ a class of metrics of the form

$$ds^2 = -f(x)dt^2 + dx^2 + dy^2 + dz^2$$ (32)

where (i)$f$ is an even function of $x$, (ii)$f > 0$ for all $x$ and (iii)the metric is asymptotically Rindler: $f(x^2) \rightarrow \kappa^2 x^2$ as $x^2 \rightarrow \infty$. The Einstein Hilbert action for these metrics is

$$A = -2 \left( \frac{A_i}{4G} \right) \frac{\kappa \beta}{2\pi}$$ (33)

Since $R$ is independent of $t$ and the transverse coordinates, we have to restrict the integration over these to
a finite range with $0 \leq t \leq \beta$ and $A_\perp$ being the transverse area. We see that the result is completely independent of the detailed behaviour of $f(x)$ at finite $x$. Let us now consider the class of two parameter metrics with $f(x) = x^2 + \kappa^2 x^2$. When $\kappa = 0$ this metric represents flat spacetime in standard Minkowski coordinates and the action in Eq. (33) vanishes; the metric also represents flat spacetime for $\epsilon = 0$ but now in the Rindler coordinates. Since the result in Eq. (33) holds independent of $\epsilon$, it will continue to hold even when we take the limit of $\epsilon$ tending to zero. But when $\epsilon$ goes to zero, the metric reduces to standard Rindler metric and one would have expected the scalar curvature to vanish identically, making $A$ vanish identically! Our result in (33) shows that the action is finite even for a Rindler spacetime if we interpret it as arising from the limit of this class of metrics. It is obvious that, treated in this limiting fashion, as $\epsilon$ goes to zero $R$ should become a distribution in $x^2$ such that it is zero almost everywhere except at the origin and has a finite integral. For finite values of $\epsilon, \kappa$ the spacetime is curved with only nontrivial component:

$$R = -\frac{2\epsilon^2 \kappa^2}{(\epsilon^2 + \kappa^2 x^2)^2} = -\frac{1}{2} R^i_{\text{tx}}$$

There is no horizon when $\epsilon \neq 0$. When $\epsilon \neq 0, \kappa \to 0$ limit is taken, we obtain the flat spacetime in Minkowski coordinates without ever producing a horizon. But the limit $\kappa \neq 0, \epsilon \to 0$ leads to a different result: when $\epsilon \to 0$, a horizon appears at $x = 0$ and, in fact, the scalar curvature $R$ in Eq. (33) becomes the distribution

$$\lim_{\epsilon \to 0} R = -2\delta(x^2)$$

showing that the curvature is concentrated on the surface $x^2 = 0$ giving a finite value to the action even though the metric is almost everywhere flat in the limit of $\epsilon \to 0$. The entire analysis goes through even in the Euclidean sector, showing that the curvature is concentrated on $x^2 = X^2 + T_\perp^2 = 0$ which agrees with the result obtained earlier in Eq. (31).

VII. ELASTICITY OF THE SPACETIME SOLID

The analysis so far indicates a perspective towards gravity with the following key ingredients.

(i) The horizon perceived by a congruence of observers dictates the form of the action functional to be used by these observers. This action has a surface term which can be interpreted as an entropy.

(ii) The active version of the coordinate transformation $x^a \to x^a + \xi^a$ acquires a dynamical content through our discussion in section III. Interpreting the virtual displacement of the horizon in terms of a thermodynamic relation, one can obtain the equations of gravity purely from the surface term.

(iii) The metric components become singular on the horizon in the coordinate system used by the congruence of observers who perceive the horizon. The transformation from this coordinate system to a non singular coordinate system (like the locally inertial coordinate system) near the horizon will require the use of a coordinate transformation which itself is singular. In the Euclidean sector, such transformations lead to non trivial effects.

Given these results, it is interesting to pursue the analogy between spacetime and an elastic solid further and see where it leads to. In particular, such an approach will treat variables like $g_{ab}, T_{ab}$, etc. as given functions which are not dynamic. We should be able to obtain a variational principle in terms of some other quantities but still obtain Einstein’s equations. I will now describe one such approach.

Let us begin by noting that, in the study of elastic deformation in continuum mechanics, one begins with the deformation field $u^a(x) = x^a - x^a(x)$ which indicates how each point in a solid moves under a deformation. The deformation contributes to the thermodynamical functionals like free energy, entropy etc. In the absence of external fields, a constant $u^a$ cannot make a contribution because of translational invariance. Hence, to the lowest order, the thermodynamical functionals will be quadratic in the scalars constructed from the derivatives of the deformation field. The derivative $\partial_\alpha u_\alpha$ can be decomposed into an anti symmetric part, symmetric traceless part and the trace corresponding to deformations which are rotations, shear and expansion. Since the overall rotation of the solid will not change the thermodynamical variables, only the other two components, $S_{\mu\nu} = \partial_\mu u_\nu + \partial_\nu u_\mu - (1/3)\delta_{\mu\nu}\partial_\alpha u^\alpha$ and $\partial_\alpha u^\alpha$, contribute. The extremisation of the relevant functional (entropy, free energy ....) allows one to determine the equations which govern the elastic deformations.

The analogue of elastic deformations in the case of spacetime manifold will be the coordinate transformation $x^a \to \bar{x}^a = x^a + \xi^a(x)$. Our paradigm requires us to take this transformation to be of fundamental importance rather than as “mere coordinate relabelling”. In analogy with the elastic solid, we will attribute a thermodynamic functional — which we shall take to be the entropy — with a given spacetime deformation. This will be a quadratic functional of $Q_{ab} \equiv \nabla_a \xi_b$ in the absence of matter. The presence of matter will, however, break the translational invariance and hence there could be a contribution which is quadratic in $\xi_a$ as well. We, therefore, take the form of the entropy functional to be

$$S = \frac{1}{8\pi G} \int d^4x \sqrt{-g} \left[ M^{abcd} \nabla_a \xi_b \nabla_c \xi_d + N_{ab} \xi^a \xi^b \right]$$

where the tensors, $M^{abcd}$ and $N_{ab}$ are yet to be determined. They can depend on other coarse grained macroscopic variables like the matter stress tensor $T_{ab}$, metric $g_{ab}$, etc. (The overall constant factor is again introduced with hindsight.) Extremising $S$ with respect to the deformation field $\xi^a$ will lead to the equation

$$\nabla_a (M^{abcd} \nabla_c) \xi_d = N^{abcd} \xi_d$$
In the case of elasticity, one would have used such an equation to determine the deformation field \( \xi^a(x) \). But the situation is quite different in the case of spacetime. Here, in the coarse grained limit of continuum spacetime physics, one requires any deformation \( \xi^a(x) \) to be allowed in the spacetime provided the background spacetime satisfies Einstein’s equations. Hence, if our ideas are correct, we should be able to choose \( M^{abcd} \) and \( N_{ab} \) in such a way that Eq. (37) leads to Einstein’s equation when we demand that it should hold for any \( \xi^a(x) \).

Incredibly enough, this requirement is enough to uniquely determine the form of \( M^{abcd} \) and \( N_{ab} \) to be:

\[
M^{abcd} = g^{ad}g^{bc} - g^{ab}g^{cd}; N_{ab} = 8\pi G (T_{ab} - \frac{1}{2}g_{ab}T) \tag{38}
\]

where \( T_{ab} \) is the macroscopic stress-tensor of matter. In this case, the entropy functional becomes

\[
S \propto \int \! d^4x \sqrt{-g} \left[ (\nabla_a \xi^b)(\nabla_b \xi^a) - (\nabla_b \xi^b)^2 + N_{ab} \xi^a \xi^b \right] \tag{39}
\]

\[
= \frac{1}{8\pi G} \int \! d^4x \sqrt{-g} \times \left[ \text{Tr} (Q^2) - (\text{Tr} Q)^2 + 8\pi G \left(T_{ab} - \frac{1}{2}g_{ab}T\right) \xi^a \xi^b \right]
\]

where \( Q_{ab} \equiv \nabla_a \xi_b \). The variation with respect to \( \xi^a \) leads to the Eq. (37) which, on using Eq. (38), gives:

\[
(\nabla_a \nabla_b - \nabla_b \nabla_a)\xi^a = 8\pi G \left(T_{ab} - \frac{1}{2}g_{ab}T\right) \xi^b \tag{40}
\]

The left hand side is \( R_{ab}\xi^a \) due to the standard identity for commuting the covariant derivatives. Hence the equation can hold for arbitrary \( \xi^a \) only if

\[
R_{ab} = 8\pi G \left(T_{ab} - \frac{1}{2}g_{ab}T\right) \tag{41}
\]

which is the same as Einstein’s equations. This result is worth examining in detail:

To begin with, note that we did not vary the metric tensor to obtain Eq. (41). In this approach, \( g_{ab} \) and \( T_{ab} \) are derived macroscopic quantities and are not fundamental variables. Einstein’s equations arise as a consistency condition, reminiscent of the way it is derived in some string theory models due to the vanishing of beta function. While the idea of spacetime being an “elastic solid” has a long history (starting from Sakharov’s work in 1), all the previous approaches try to obtain a low energy effective action in terms of \( g_{ab} \) and then vary \( g_{ab} \) to get Einstein’s equations. Our approach is very different and is a simple consequence of taking our paradigm seriously.

Second, this result offers a new perspective on general coordinate transformations which are treated as akin to deformations in solids. General covariance now arises as a macroscopic symmetry in the long wavelength limit, when the spacetime satisfies the Einstein’s equations. In this limit, the deformation should not change the thermodynamical functionals. This is indeed true; the expression for the entropy in Eq. (37) reduces to a four-divergence when Einstein’s equations are satisfied ("on shell") making \( S \) a surface term:

\[
S = \frac{1}{8\pi G} \int \! d^3x \sqrt{-g} \nabla_i (\xi^b \nabla_b \xi^a - \xi^a \nabla_b \xi^b) \tag{42}
\]

The entropy of a bulk region \( \mathcal{V} \) of spacetime resides in its boundary \( \partial \mathcal{V} \) when Einstein’s equations are satisfied. In varying Eq. (37) to obtain Eq. (38), we keep this surface contribution to be a constant.

This result has an important consequence. If the spacetime has microscopic degrees of freedom, then any bulk region will have an entropy and it has always been a surprise why the entropy scales as the area rather than volume. Our analysis shows that, in the semiclassical limit, when Einstein’s equations hold to the lowest order, the entropy is contributed only by the boundary term and the system is holographic.

This result can be connected with our earlier one in Eq. (17) by noticing that, in the case of spacetime, there is one kind of “deformation” which is rather special — the inevitable translation forward in time: \( t \rightarrow t + \epsilon \). More formally, one can consider this as arising from \( x^a \rightarrow x^a + \xi^a \) where \( \xi^a = u^a \) is the unit normal to a spacelike hypersurface. Then \( \xi^a \xi_a = 0 \), making the second term in Eq. (40) vanish; the first term will lead to the integral over the surface gravity; in the Rindler limit it will give Eq. (17). While the results agree, the interpretation is quite different. The deformation field corresponding to time evolution hits a singularity on the horizon, which is analogous to a topological defect in a solid. The entropy is the price we pay for this defect. Alternatively, in the Euclidean sector, the vector \( u_i = \partial_t \) goes over to \( \partial_i \theta \) where \( \theta \) is a periodic coordinate. The time translation becomes rotation around the singularity in the origin 01 plane.

Finally, let us consider the implications of our result for the cosmological constant for which \( T_{ab} = \rho g_{ab} \) with a constant \( \rho \). Then, \( T_{ab} - \frac{1}{2}g_{ab}T = -\rho g_{ab} \) and the coupling term \( N_{ab} \xi^a \xi^b \) for matter is proportional to \( \xi^2 \). If we vary Eq. (38) but restrict ourselves to vectors of constant norm, then the vector field does not couple to the cosmological constant! In this case, one can show that the variation leads to the equation:

\[
R_{ab} - \frac{1}{4}g_{ab}R = 8\pi G (T_{ab} - \frac{1}{4}g_{ab}T) \tag{43}
\]

in which both sides are trace free. Bianchi identity can now be used to show that \( \partial_i (R + 8\pi GT) = 0 \), requiring \( (R + 8\pi GT) = \text{constant} \). Thus cosmological constant arises as an (undetermined) integration constant in such models, and could be interpreted as a Lagrange multiplier that maintains the condition \( \xi^2 = \text{constant} \).
suggests that the effect of vacuum energy density is to rescale the length of $\xi$. The quantum micro structure of spacetime at Planck scale is capable of readjusting itself, soaking up any vacuum energy density which is introduced. Since this process is inherently quantum gravitational, it is subject to quantum fluctuations at Planck scale. The quantum microstructure of spacetime at Planck scale is capable of readjusting itself, soaking up any vacuum energy density which is introduced. Since this process is inherently quantum gravitational, it is subject to quantum fluctuations at Planck scale.

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[15] I have not seen this expression in standard textbooks. One can obtain this directly, but tediously, from the textbook expressions for $g^{ab}\delta R_{ab}$, or, more cleverly, using the result that the local variation $\delta(Q\sqrt{-g}) = -\sqrt{-g}\nabla_a(Q^{1/2})$ for any scalar $Q$. Simple manipulation with $Q = R$ gives the result.

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[19] As far as I know, this relation was first discussed in an unpublished work by D.Lynden-Bell and I in 1994 and is given as an exercise in my book Cosmology and astrophysics - through problems (Cambridge university press, 1996) p. 170; p. 325. Later I exploited it to obtain gravity in ref. 2. It is surprising such a relation went unnoticed for nearly eight decades!
This is essentially a special case of an exercise in sec.95 of [22] but has been discussed extensively in literature. See e.g. M. Visser [gr-qc/9712010], A.J.S. Hamilton and J.P. Lisle [gr-qc/0411060] and references therein. In the case of Schwarzschild metric with $v = (2M/r)^{1/2} \hat{r}$, this is called Painleve-Gullstrand coordinates, which have been (re)discovered several times.

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