COMPACT EMBEDDING IN THE SPACE
OF PIECEWISE $H^1$ FUNCTIONS

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ABSTRACT. We prove a compact embedding theorem in a class of spaces of piecewise $H^1$ functions subordinated to a class of shape regular, but not necessarily quasi-uniform triangulations of a polygonal domain. This result generalizes the Rellich–Kondrachov theorem. It is used to prove generalizations to piecewise functions of nonstandard Poincaré–Friedrichs inequalities. It can be used to prove Korn inequalities for piecewise functions associated with elastic shells.

KEY WORDS. Piecewise $H^1$ functions, compact embedding, Rellich–Kondrachov, Poincaré–Friedrichs inequality.

SUBJECT CLASSIFICATION. 65N30, 46E35, 74S05.

1. Introduction

Let $\Omega$ be a bounded polygonal domain in $\mathbb{R}^2$. Let $\mathcal{T}_h$ be a shape regular, but not necessarily quasi-uniform, triangulation on $\Omega$. We also use $\mathcal{T}_h$ to denote the set of all (open) triangular elements of the partition. Let $H^1_h$ be the space of piecewise $H^1$ functions subordinated to the triangulation $\mathcal{T}_h$. A function in $H^1_h$ is independently defined on every element $\tau \in \mathcal{T}_h$ on which it belongs to $H^1(\tau)$. This kind of space of piecewise functions arises in analysis of discontinuous finite element methods. It is desirable to generalize the Sobolev space theory to such spaces. Poincaré–Friedrichs type inequalities have been proposed and proved in several forms in the literature [2, 4, 8]. In this paper, we prove a compact embedding theorem that generalizes the Rellich–Kondrachov theorem. Such compact embedding theorem can be used, together with a modified compactness argument, to prove the aforementioned Poincaré–Friedrichs type inequality for piecewise functions in a general form, including those in nonstandard forms [7]. It seems necessary to generalizing Korn’s inequalities on curved surfaces [9] to spaces of piecewise functions, which is useful in analyzing discontinuous Galerkin finite element methods for models of elastic shells.

Shape regularity of triangulations is a crucial notion in this paper. It is worthwhile to recall its definition here. Considering a triangle, we let $r$ and $R$ be the radii of its largest inscribed circle and smallest circumscribed circle, respectively. Then the ratio $R/r$ is called its shape regularity constant, or simply shape regularity. For a triangulation, the maximum
of shape regularity constants of all its triangles is called its shape regularity constant \( K \), denoted by \( K \). We will need to consider a (infinite) family of triangulations. For a family, the shape regularity constant \( K \) is the supreme of all the shape regularity constants of its triangulations. For a given triangulation \( T_h \), we use \( \Omega_h \) to denote the union of all the open triangular elements, and use \( E^0_h \) denote the set of all interior (open) edges and \( E^\partial_h \) all boundary edges. A function \( u \) in \( H^1_h \) is certainly in \( L^2(\Omega) \) (in which the function value on \( E^0_h \) has no significance). On an edge \( e \in E^0_h \), a function \( u \) has two different traces from the two elements sharing \( e \). We use \([u]\) to denoted the difference of the two traces, which is the jump of \( u \) over \( e \). We furnish the space \( H^1_h \) with the norm

\[
\|u\|_{H^1_h} := \left[ \|u\|^2_{L^2(\Omega)} + \int_{\Omega_h} |\nabla u|^2 + \sum_{e \in E^0_h} \frac{1}{|e|} \int_e [u]^2 \right]^{1/2}.
\]

Here \( |e| \) is the length of the edge \( e \). The integrals are taken with respect to Lebesgue measures of the integration domains. Let \( \{T_h\} \) be a family of triangulations with a certain regularity constant \( K \). Let \( u_i \in H^1_h \) be uniformly bounded sequence of piecewise \( H^1 \) functions, i.e., there is a constant \( C \) such that \( \|u_i\|_{H^1_h} \leq C \) for all \( i \). Then there is a subsequence \( \{u_{i_k}\} \) that is convergent in \( L^2(\Omega) \). It is this compact embedding theorem on families of spaces that is needed to prove, for example, a Poincaré–Friedrichs inequality that there is a constant \( C \) that is dependent on \( \Omega \) and dependent on the triangulation \( T_h \) only through its shape regularity but otherwise independent of \( T_h \) such that

\[
\|u\|_{L^2(\Omega)} \leq C \left[ \int_{\Omega_h} |\nabla u|^2 + \sum_{e \in E^0_h} \frac{1}{|e|} \int_e [u]^2 + \int_{E^\partial_h} u^2 \right]^{1/2} \quad \forall \ u \in H^1_h(\Omega).
\]

Such constant independence of triangulations is fundamental in numerical analysis.

The remaining of the paper is organized as follows. In Section 2, we present a trace theorem for piecewise \( H^1 \) functions. This result will be used several times. In Section 3, we prove the compact embedding theorem. In the last section, we provide a new proof for Poincaré–Friedrichs type inequalities for piecewise functions. Throughout the paper, \( C \) will be a generic constant that may depend on the domain \( \Omega \) and shape regularity \( K \) of a triangle, or of a triangulation, or of a family of triangulations. But otherwise, the constant is independent of triangulations.

2. A TRACE THEOREM

We first prove a trace theorem for piecewise \( H^1 \) functions. This result itself is a generalization of a trace theorem of Sobolev space theory. It will be used in proving the compact embedding theorem, and in proving a Poincaré–Friedrichs inequality by using the compact embedding theorem. We will need the following trace theorem on an element [2].
Lemma 2.1. Let \( \tau \) be a triangle, and \( e \) one of its edges. Then there is a constant \( C \) depending on the shape regularity of \( \tau \) such that

\[
\int_e u^2 \leq C \left( |e|^{-1} \int_{\tau} u^2 + |e| \int_{\tau} |\nabla u|^2 \right) \quad \forall \ u \in H^1(\tau).
\]

(2.1)

Theorem 2.2. Let \( T_h \) be a shape regular, but not necessarily quasi-uniform triangulation of \( \Omega \). There exists a constant \( C \) dependent on \( \Omega \) and the shape regularity constant of \( T_h \), but otherwise independent of the triangulation such that

\[
\|u\|_{L^2(\partial \Omega)} \leq C \|u\|_{H^1_h} \quad \forall \ u \in H^1_h.
\]

(2.2)

Proof. Let \( \phi \) be a piecewise smooth vector field on \( \Omega \) whose normal component is continuous across any straight line segment, and such that \( \phi \cdot n = 1 \) on \( \partial \Omega \). (The piecewise smoothness of \( \phi \) is not associated with the triangulation \( T_h \). A construction of such vector field is given below.) On each element \( \tau \in T_h \), we have

\[
\int_{\partial \tau} u^2 \phi \cdot n = \int_{\tau} \text{div}(u^2 \phi) = \int_{\tau} (2u \nabla u \cdot \phi + u^2 \text{div} \phi).
\]

Summing up over all elements of \( T_h \), we get

\[
\int_{\partial \Omega} u^2 = - \sum_{e \in T_h} \int_e [u^2 \phi] + \int_{\Omega_h} (2u \nabla u \cdot \phi + u^2 \text{div} \phi).
\]

If \( e \) is the border between the elements \( \tau_1 \) and \( \tau_2 \) with outward normals \( n_1 \) and \( n_2 \), then \([u^2 \phi] = u_1^2 \phi_1 \cdot n_1 + u_2^2 \phi_2 \cdot n_2\), where \( u_1 \) and \( u_2 \) are restrictions of \( u \) on \( \tau_1 \) and \( \tau_2 \), respectively. It is noted that although \( \phi \) may be discontinuous across \( e \), it normal component is continuous, i.e., \( \phi_1 \cdot n_1 + \phi_2 \cdot n_2 = 0 \). On the edge \( e \), we have \([u^2 \phi] \leq [u^2]\|\phi\|_{0, \infty, \Omega}. \) Here, \([u^2]\) = \(|u_1^2 - u_2^2|\). It is noted that \([u^2]\) = 2\(|u| \{u\})\), with \( \{u\} = (u_1 + u_2)/2 \) being the average. We have

\[
\int_e [u^2 \phi] \leq 2|\phi|_{0, \infty, \Omega} \left[ |e|^{-1} \int_e [u]^2 \right]^{1/2} \left[ |e| \int_{\{u\}} 1 \right]^{1/2}
\]

\[
\leq C|\phi|_{0, \infty, \Omega} \left[ |e|^{-1} \int_e [u]^2 \right]^{1/2} \left[ \int_{\delta e} u^2 + |e|^2 \int_{\delta e} |\nabla u|^2 \right]^{1/2}.
\]

(2.3)

Here, \( C \) only depends on the shape regularity of \( \tau_1 \) and \( \tau_2 \). We used \( \delta e = \tau_1 \cup \tau_2 \) to denote the “co-boundary” of edge \( e \), and we used the trace estimate (2.1). It then follows from the Cauchy–Schwarz inequality that

\[
\|u\|_{L^2(\partial \Omega)}^2 \leq C(|\phi|_{0, \infty, \Omega} + |\text{div} \phi|_{0, \infty, \Omega}) \left[ \|u\|_{L^2(\Omega)}^2 + \int_{\Omega_h} |\nabla u|^2 + \sum_{e \in T_h} \frac{1}{|e|} \int_e |u|^2 \right]^{1/2}.
\]

Here the constant \( C \) only depends on the shape regularity of \( T_h \). The dependence on \( \Omega \) of the \( C \) in (2.2) is hidden in the \( \phi \) in the above inequality. \( \square \)
We describe a construction of the vector field $\phi$ used in the proof. On the $xy$-plane, we consider a triangle $OAB$ with the origin being its vertex $O$. Let the distance from $O$ to the side $AB$ be $H$. Then the field $\psi(x, y) = \langle x, y \rangle / H$ has the property that $\psi \cdot n = 1$ on $AB$ and $\psi \cdot n = 0$ on $OA$ and $OB$. Also $|\psi|_{0, \infty} = \max\{|OA|, |OB|\}/H$ and $\text{div} \psi = 2/H$. For each straight segment of $\partial \Omega$, we define a triangle with the straight segment being a side whose opposite vertex is in $\Omega$, then we define a vector field on this triangle as on the triangle $OAB$ with $AB$ being the straight side. We need to assure that all such triangles do not overlap. We then piece together all these vector fields and fill up the remaining part of the domain by a zero vector field. This defines the desired vector field used in the proof.

3. Compact embedding in the space of piecewise $H^1$ functions

We again assume that $\mathcal{T}_h$ is an arbitrary triangulation with shape regularity $K$. For $\delta > 0$, we define a boundary strip $\Omega_\delta$ of width $\Theta(\delta)$. We let $\Omega^0_\delta = \Omega \setminus \overline{\Omega_\delta}$ be the interior domain. The interior domain $\Omega^0_\delta$ has the property that if a point is in $\Omega^0_\delta$, then the disk centered at the point with radius $\delta$ entirely lies in $\Omega$. We first show that when the strip is thin, the $L^2(\Omega_\delta)$ norm of the restriction on $\Omega_\delta$ of a function in $H^1_h$ must be small.

**Lemma 3.1.** There is a constant $C$ depending on $\Omega$ and the shape regularity $K$ of $\mathcal{T}_h$, but otherwise independent of $\mathcal{T}_h$, such that

$$\int_{\Omega_\delta} u^2(x) \leq C \delta \|u\|_{H^1_h}^2 \quad \forall u \in H^1_h.$$  

Here $\Omega_\delta$ is a boundary strip of width $\delta$ attached to $\partial \Omega$.

**Proof.** We choose a piecewise smooth a vector field $\phi$ whose normal component is continuous across any curve such that $\phi = 0$ on the inner boundary of $\Omega_\delta$, and $\text{div} \phi = 1$ and $|\phi| \leq C \delta$ on $\Omega_\delta$. (A construction of such $\phi$ is given below.) We then extend $\phi$ by zero onto the entire domain $\Omega$. The extended, still denoted by $\phi$, is a piecewise smooth vector field whose normal components is continuous over any curve in $\Omega$. We thus have

$$\int_{\Omega_\delta} u^2 = \int_{\Omega} u^2 \text{div} \phi = \sum_{\tau \in \mathcal{T}_h} \int_{\tau} u^2 \text{div} \phi = - \sum_{\tau \in \mathcal{T}_h} \int_{\partial \tau} 2 u \nabla u \cdot \phi + \sum_{\tau \in \mathcal{T}_h} \int_{\partial \tau} u^2 \phi \cdot n.$$

The last term can be written as

$$\sum_{\tau \in \mathcal{T}_h} \int_{\partial \tau} u^2 \phi \cdot n = \int_{\partial \Omega} u^2 \phi \cdot n + \sum_{e \in \mathcal{E}^0_h} \int_e [u^2 \phi].$$

Since the normal components of $\phi$ is continuous on edges in $\mathcal{E}^0_h$, we use the same argument as in the proof of Theorem 2.2, cf., (2.3), to get

$$\sum_{e \in \mathcal{E}^0_h} \int_e [u^2 \phi] \leq C |\phi|_{0, \infty, \Omega} \left[ \|u\|_{L^2(\Omega)}^2 + \sum_{\tau \in \mathcal{T}_h} \int_{\tau} h^2 |\nabla u|^2 + \sum_{e \in \mathcal{E}^0_h} \|e\| \int_e [u]^2 \right].$$
It then follows from Theorem 2.2 that

\[ \int_{\Omega_{\delta}} u^2 \leq C|\phi|_{0,\infty,\Omega} \left[ \|u\|_{L^2(\Omega)}^2 + \int_{\Omega_h} |\nabla u|^2 + \sum_{e \in E_0^h} \frac{1}{|e|} \int_e |u|^2 \right]. \]

The proof is complete since $|\phi|_{0,\infty,\Omega} \leq C\delta$. The constant $C$ depends on $\Omega$ in terms of its interior angles and exterior angles at convex and concave vertexes, respectively. \[\square\]

We describe a way to choose the boundary strip and construct the vector field $\phi$ that was used in the proof. This field can be constructed by piecing together several special vector fields. We need some vector fields on rectangles, wedges, and circular disks. On the $xy$-plane, we consider the vertical rectangular strip $R = (0, \delta) \times (0, l)$. On this strip, we consider $\psi_R = \langle x, 0 \rangle$. This vector field satisfies the condition that $\text{div } \psi_R = 1$, $\psi_R \cdot n = 0$ on the left side, $\psi_R \cdot n = 0$ on the top and bottom sides and the maximum of $|\psi_R|$ is $\delta$ that is attained on the right side. On a wedge $W$ with its vertex at the origin, we consider the vector field $\psi_W = \langle x, y \rangle / \rho$. This $\psi_W$ satisfies the conditions that $\text{div } \psi_W = 1$, $\psi_W \cdot n = 0$ on the two sides of $W$, and $|\psi_W| = \rho / 2$ at a point in $W$ whose distant from the origin is $\rho$. On a circular disk $C$ centered at the origin and of radius $\rho$, we consider the vector field $\psi_C = (1 - \rho^2/r^2) \langle x, y \rangle / 2$. Here $r = (x^2 + y^2)^{1/2}$. This vector field satisfies the condition that $\text{div } \psi_C = 1$ on the disk except at the center where it is singular. It points toward the center every where. And it is zero on the boundary. We use this field on a sector of the circle $C$, on the two radial sides of which we have $\psi_C \cdot n = 0$. With these special vector fields, we can then assemble the $\phi$ on a boundary strip $\Omega_{\delta}$. Along the interior side of each straight segment of $\partial \Omega$ we choose a uniform strip of thickness $\delta$. These strips overlap near vertexes. If $\Omega$ is convex at a vertex, we introduce a wedge whose vertex is at the intersection of the interior boundary of the uniform strips, and whose sides are orthogonal to the meeting straight segments, see the left figure of Figure 1. If $\Omega$ is concave at a vertex, we resolve it by using a circular sector, centered near the vertex and outside of $\Omega$. The radius of the circle is slightly bigger than $\delta$ such that the arc is continuously connected to the interior edges of the meeting strips, and the two radial sides are orthogonal to the meeting boundary segments,
see the right figure in Figure 1. With such treatment of the vertexes, the boundary strip $\Omega_\delta$ is composed of rectangular strips attaching to major portions of straight segments of $\partial \Omega$, portion of wedges at convex vertexes, and portion of circular sectors at concave vertexes. See the shaded region in Figure 1. We then transform $\psi_R$, $\psi_W$, and $\psi_C$ to various parts of $\Omega_\delta$ and assemble a $\phi$ on $\Omega_\delta$. The vector field $\phi$ thus constructed is zero on the interior boundary of $\Omega_\delta$. Its normal components are continuous across any curve, and $\text{div} \phi = 1$ on $\Omega_\delta$. The thickness of $\Omega_\delta$ is the constant $\delta$ for the rectangular part. It is maximized to $\delta/\sin \frac{\theta}{2}$ at a convex vertex. It is minimized to $\alpha \delta$ at the concave vertex, with $0 < \alpha < 1$, a value can be chosen as, for example, $1/2$. The norm $|\phi|$ has a maximum $\delta/\sin \frac{\theta}{2}$ at a convex vertex with $\theta$ being the interior angle. Thus when $\theta$ is small, $|\phi|$ is big, and the estimate (3.2) deteriorates. The norm $|\phi|$ also has a local maximum near a concave vertex. It is bounded as

$$|\phi| \leq \frac{\delta - 1 - \alpha \sin \frac{\theta}{2}}{(1 - \alpha) \sin \frac{\theta}{2}}.$$  

When the exterior angle is small this maximum is big. Also, one needs to choose $\alpha$ away from 1 and 0, to maintain a moderate thickness of the strip and a reasonable bound for $|\phi|$ which affect the estimate (3.2).

We then prove that functions in $H^1_h$ are “shift-continuous” in $L^2$, as stated in the following lemma. We extend a function $u \in H^1_h$ to a function $\tilde{u}$ on the whole $\mathbb{R}^2$ by zero.

**Lemma 3.2.** There is a constant $C$ depending on $\Omega$ and shape regularity $K$ of $T_h$, but otherwise independent of $T_h$ such that

$$\int_{\mathbb{R}^2} [\tilde{u}(x + \rho) - \tilde{u}(x)]^2 \chi \leq C\rho \|u\|^2_{H^1_h}, \quad \forall u \in H^1_h.$$  

**Proof.** Because for an element $\tau \in T_h$, smooth functions are dense in $H^1(\tau)$, we only need to prove (3.3) for functions that are smooth on each element of $T_h$. Let $u$ be such a piecewise smooth function. Let $\rho$ be an arbitrary short vector. We take $\delta = |\rho|$ and choose a boundary strip $\Omega_\delta$. The interior part $\Omega^0_\delta$ of the domain has the property that if $x \in \Omega^0_\delta$ then the line segment $[x, x + \rho] \subset \Omega$. We have

$$\int_{\mathbb{R}^2} [\tilde{u}(x + \rho) - \tilde{u}(x)]^2 \chi = \int_{\Omega^0_\delta} [u(x + \rho) - u(x)]^2 \chi + \int_{\mathbb{R}^2\setminus\Omega^0_\delta} [\tilde{u}(x + \rho) - \tilde{u}(x)]^2 \chi.$$  

Using Lemma 3.1 we bound the second term as

$$\int_{\mathbb{R}^2\setminus\Omega^0_\delta} [\tilde{u}(x + \rho) - \tilde{u}(x)]^2 \chi \leq \int_{\Omega_{2\delta}} u^2(x) \chi \leq C|\rho|\|u\|^2_{H^1_h}.$$  

We then focus on the first term. This integral can be taken on an equal measure subset of $\Omega^0_\delta$. This subset is obtained by removing a zero measure subset that is composed of such point $x$: $x$ or $x + \rho$ is on an open edge $e \in E^0_h$, or the closed line segment $[x, x + \rho]$ contains
any vertex of $T_h$, or $[x, x + \rho]$ overlaps some edges of $\mathcal{E}_h^0$. By such exclusion, for any $x$ in the remaining set, both the ends of $[x, x + \rho]$ are in the interior of some open triangular elements, and $[x, x + \rho]$ contains no vertex. The restriction of $u$ on $[x, x + \rho]$ is a piecewise smooth one dimensional function, which may have a finite number of jumping points in $(x, x + \rho)$. By the fundamental theorem of calculus, we have

$$u(x + \rho) - u(x) = \int_0^1 \nabla u(x + t\rho) \cdot \rho dt + \sum_{p \in [x,x+\rho]\cap \mathcal{E}_h^0} [u]_p.$$

Note that the integrand in the integral may make no sense at $t$, if $x + t\rho \in \mathcal{E}_h^0$, where $u$ may jump. These points are excluded from the integration, where the jumping effect is resolved in the second term. On the segment $[x, x + \rho]$, $u$ may have a jump at $p \in [x, x + \rho] \cap \mathcal{E}_h^0$, which is denoted by $[u]_p$ that is the value of $u$ from the $x$ side minus that from the $x + \rho$ side. We thus have

$$[u(x + \rho) - u(x)]^2 \leq |\rho|^2 \int_0^1 |\nabla u(x + t\rho)|^2 dt + \left[ \sum_{p \in [x,x+\rho]\cap \mathcal{E}_h^0} [u]_p \right]^2.$$

When we take integral on $\Omega_\delta^0$ (minus the aforementioned zero-measure subset), the first term is bounded as follows.

$$\int_{\Omega_\delta^0} |\rho|^2 \int_0^1 |\nabla u(x + t\rho)|^2 dt x = |\rho|^2 \int_0^1 \int_{\Omega_\delta^0} |\nabla u(x + t\rho)|^2 dt x \leq |\rho|^2 \int_{\Omega_h} |\nabla u|^2 x.$$

To estimate the jumping related second term, we write $[u]_p = |e|^{1/2}[u]_p$ if $p \in [x, x + \rho] \cap \mathcal{E}_h^0$ is on the edge $e$, and use the Cauchy-Schwarz inequality to reach the following estimate.

$$\left[ \sum_{p \in [x, x + \rho]\cap \mathcal{E}_h^0} [u]_p \right]^2 \leq \left[ \sum_{e \cap [x,x+\rho] \neq \emptyset} |e|^{-1}[u]_{e \cap [x,x+\rho]}^2 \right] \left[ \sum_{e \cap [x,x+\rho] \neq \emptyset} |e| \right].$$

We show below that there is a $C$, depending on the domain $\Omega$ and the shape regularity $K$ of $T_h$, such that

$$(3.5) \quad \sum_{e \cap [x,x+\rho] \neq \emptyset} |e| \leq C.$$

We then have

$$\int_{\Omega_\delta^0} \left[ \sum_{p \in [x, x + \rho]\cap \mathcal{E}_h^0} [u]_p \right]^2 \leq C \int_{\Omega_\delta^0} \sum_{e \cap [x,x+\rho] \neq \emptyset} |e|^{-1}[u]_{e \cap [x,x+\rho]}^2 x.$$

Every term in the right hand side is associated with a particular edge $e \in \mathcal{E}_h^0$. Each edge $e \in \mathcal{E}_h^0$ is relevant to at most the points in the parallelogram $\Omega_e$ in the Figure 2. Thus, by
changing the order of sum and integral, we have
\[
\int_{\Omega} \delta\left[ u(x + \rho) - u(x) \right]^2 dx \leq \sum_{e \in \mathcal{E}_h^0} |e|^{-1} \sin \langle \rho, e \rangle |\rho| \int_{e} \left[ u \right]^2 dx \leq C |\rho| \|u\|_{H^1_h} \quad \forall u \in H^1_h.
\]
Note that the second term may carry the smaller coefficient $|\rho| \max\{h, |\rho|\}$ such that the two terms are closer in the order. But we do not need such refined estimates. We thus proved
\[
\int_{\Omega} \delta\left[ u(x + \rho) - u(x) \right]^2 dx \leq C |\rho| \|u\|_{H^1_h} \quad \forall u \in H^1_h.
\]
The shift continuity \textbf{(3.3)} then follows from \textbf{(3.6)} and \textbf{(3.4)}. We have shown that the set of zero extended functions is shift continuous in $L^2(\mathbb{R}^2)$. \hfill \Box

We give a proof for the estimate \textbf{(3.3)}. Let $l$ be a straight line cutting through $\Omega$. Let $\mathcal{T}_h$ be a shape regular triangulation with regularity constant $\mathcal{K}$. Then the sum of lengths of mesh line segments intersecting $l$ is bounded independent of the triangulation. More specifically, we prove that there is a constant $C$, depending on the shape regularity $\mathcal{K}$, but otherwise independent of the triangulation $\mathcal{T}_h$ such that
\[
\sum_{e \in \mathcal{E}_h \text{ and } e \cap l \neq \emptyset} |e| \leq C.
\]
We shall use some facts that follow from the shape regularity assumption. There is a minimum angle $\theta_K$ among all angles of triangles of $T_h$. The number of edges sharing a vertex is bounded by a constant $C$ that only depends on $K$. Let $e_1$ and $e_2$ be two edges sharing a vertex. There are constants $C_1$ and $C_2$ depending on $K$ such that $|e_1| \leq C_1|e_2|$ and $|e_2| \leq C_2|e_1|$. Without loss of generality, we assume $l$ is horizontal. To simplify the argument, we also assume that $l$ does not pass any vertex. (This restriction can be removed by a slight modification of the following argument.) We first trim the set of intersecting edges $\{ e \in E_h \text{ and } e \cap l \neq \emptyset \}$. Consider the left most edge intersecting $l$, of which $A$ is the end vertex shared by some other edges intersecting $l$. If $A$ is above $l$, we examine all the edges intersecting $l$ and sharing $A$ in the counterclockwise order. We discard all such edges but the last one that is $AB$ in Figure 3. (The next edge sharing $A$, as $AC$, does not intersect $l$.) The edge $BC$ must intersect $l$. There could be other edges intersecting $l$ and sharing the vertex $B$. We examine all the edges sharing $B$ and intersecting $l$ in the clockwise order. We discard all but the last one. (It is $BC$ in the figure.) Now the vertex $C$ is in the same situation as $A$, and we can determine the edge $CD$ using the same rule as for $AB$. Then we determine $DE$, $EF$, and so forth. We do the trimming all the way to the right end of $l$. This procedure touches all the edges intersecting $l$, by either trimming an edge off or keeping it. The remaining edges constitute a continuous piecewise straight path as represented by the thick line in the figure. We denote this set by $E^l_h$. It follows from the aforementioned facts about the shape regular triangulation that there is a constant $C$, depending on $K$ only, such that

$$\sum_{e \in E_h \text{ and } e \cap l \neq \emptyset} |e| \leq C \sum_{e \in E^l_h} |e|.$$ 

We consider a typical triangle bounded by $l$ and $E^l_h$, as the shaded one in the figure, whose sides are $a$, $b$, and $c$. Let the angle $\angle DEF$ be denoted by $\theta$. We have $\theta \geq \theta_K$. Note that $c^2 = a^2 + b^2 - 2ab \cos \theta$. If $\theta$ is obtuse, then $a + b \leq \sqrt{2}c$. Otherwise, we have $c^2 = (a^2 + b^2)(1 - \cos \theta) + (a - b)^2 \cos \theta \leq (a^2 + b^2)(1 - \cos \theta)$. Thus $a + b \leq \sqrt{\frac{2}{1 - \cos \theta}}c$. In
any case, we have \( a + b \leq \sqrt{\frac{2}{1 - \cos \theta_K}} c \). We thus proved
\[
\sum_{e \in \mathcal{E}_h^1 \cap \mathcal{E}_h^0} |e| \leq \sqrt{\frac{2}{1 - \cos \theta_K}} |l \cap \Omega|.
\]
From this, (3.7) follows. We can now prove the following compact embedding theorem.

**Theorem 3.3.** Let \( T_{h_i} \) be a (infinite) family of shape regular but not necessarily quasi-
uniform triangulations of the polygonal domain \( \Omega \), with a shape regularity constant \( K \). For
each \( i \), let \( H^1_{h_i} \) be the space of piecewise \( H^1 \) functions, subordinated to the triangulation \( T_{h_i} \),
equipped with the norm (1.1). Let \( \{u_i\} \) be a bounded sequence such that \( u_i \in H^1_{h_i} \) for each \( i \).
I.e., there is a constant \( C \), such that \( \|u_i\|_{H^1_{h_i}} \leq C \) for all \( i \). Then, the sequence \( \{u_i\} \) has a
convergent subsequence in \( L^2(\Omega) \).

**Proof.** It follows from (3.3) that the sequence \( \{u_i\} \) is a shift-continuous subset of \( L^2(\Omega) \). The
result then follows from the well-known condition for a subset of \( L^2(\Omega) \) to be compact, see
Theorem 2.12 in [1], for example. \( \square \)

4. **Poincaré–Friedrichs type inequalities for piecewise \( H^1 \) functions**

Poincaré–Friedrichs type inequalities have been generalized to spaces of piecewise \( H^1 \) functions.
Several variants and proof methods of such inequalities can be found, for example, in [2, 4, 8]. We provide an alternative proof for this kind of inequalities by using the compactness result of the previous section, to demonstrate how to use the compact embedding theorem to obtain estimates that are uniformly valid with respect to triangulations. This method is a modification of the classical methods of proving some of the Poincaré–Friedrichs inequality based on compactness argument.

**Theorem 4.1.** Let \( T_h \) be a shape regular, but not necessarily quasi-uniform triangulation of
the polygon \( \Omega \). Let \( f \) be a semi-norm defined on the space \( H^1_h \) that satisfies two conditions.

1) There is a constant \( C \) that only depends on \( \Omega \) and the shape regularity of \( T_h \), otherwise
it is independent of \( T_h \), such that
\[
(4.1) \quad f(u) \leq C\|u\|_{H^1_h} \quad \forall \ u \in H^1_h.
\]

2) For any constant \( c \), \( f(c) = 0 \) if and only if \( c = 0 \).

Then, there exists a constant \( C \) depending only on the domain \( \Omega \) and the shape regularity
constant of \( T_h \), but otherwise independent of \( T_h \), such that
\[
(4.2) \quad \|u\|_{L^2(\Omega)}^2 \leq C \left[ \int_{\Omega_h} |\nabla u|^2 + \sum_{e \in \mathcal{E}_h^0} \frac{1}{|e|} \int_e [u]^2 + f^2(u) \right] \quad \forall \ u \in H^1_h.
\]
A major point here is that the constant $C$ only depends on the shape regularity of $T_h$. Had one only considered a particular triangulation, such inequality would easily follow from the Rellich–Kondrachov compact embedding theorem [10] and Peetre’s lemma (Theorem 2.1, page 18 in [9]). But this argument can not establish the independence of the $C$ on the triangulation. To establish the independence of $C$ of the triangulation, we need to consider the entire family of all triangulations that has a finite shape regularity constant as a family. We need to modify the arguments of proving the Peetre’s lemma to handle the family of spaces.

Proof of Theorem 4.1. The inequality (4.2) is equivalent to

$$(4.3) \quad \| u \|^2_{H^1_h} \leq C \left[ \int_{\Omega_h} |\nabla u|^2 + \sum_{e \in \mathcal{E}_h^0} \frac{1}{|e|} \int_e \|u\|^2 + f^2(u) \right] \quad \forall u \in H^1_h.$$ 

If there is not a constant only depending on the shape regularity of $T_h$, such that this inequality holds, then there is a sequence of shape regular triangulations $T_{h_i}$ with a common shape regularity constant, and a sequence of functions $u_i \in H^1_{h_i}$ such that

$$(4.4) \quad \| u_i \|^2_{H^1_{h_i}} = 1$$

and

$$(4.5) \quad \int_{\Omega_{h_i}} |\nabla u_i|^2 + \sum_{e \in \mathcal{E}_{h_i}^0} \frac{1}{|e|} \int_e \|u_i\|^2 + f^2(u_i) \to 0 \quad (i \to \infty).$$

According to Theorem 3.3, this sequence of functions has a convergent subsequence, still denoted by $u_i$, in $L^2(\Omega)$. We let the limit be $u_0 \in L^2(\Omega)$. We claim that this $u_0$ is a constant, and the constant is zero. We show this by verifying that the weak derivatives of $u_0$ is zero. For a compactly supported smooth function $\phi$, we have

$$\int_{\Omega} u_0 \partial_1 \phi = \lim_{i \to \infty} \int_{\Omega_{h_i}} u_i \partial_1 \phi.$$ 

For an $i$, by using integration by parts on each triangle, we write the above right hand side as

$$\int_{\Omega_{h_i}} u_i \partial_1 \phi = - \sum_{\tau \in \mathcal{F}_{h_i}} \int_{\tau} \partial_1 u_i \phi + \sum_{e \in \mathcal{E}_{h_i}^0} \int_{[u_i]} n_1 \phi.$$ 

Here, on an edge $e$, $[u]_n = u_{+}n_+ + u_{-}n_-$ if $e$ is shared by $\tau_+$ and $\tau_-$ and $n_1$ is the first component of the unit outward normal of $\tau_+$. Using Lemma 2.1 to $\phi$, it follows that

$$\left| \int_{\Omega_{h_i}} u_i \partial_1 \phi \right| \leq C \left[ \int_{\Omega_{h_i}} |\nabla u_i|^2 + \sum_{e \in \mathcal{E}_{h_i}^0} \frac{1}{|e|} \int_e \|u_i\|^2 \right]^{1/2} \|\phi\|_{H^1(\Omega)}.$$
In view of (4.5), we see that the weak derivative $\partial_1 u_0$ is zero. For the same reason, $\partial_2 u_0 = 0$. Thus $u_0$ is a constant. We see from (4.5) that $\| u_i - u_0 \|_{H^1_\Omega} \to 0$. Thus, by the condition (4.1) $f(u_0 - u_i) \leq C \| u_0 - u_i \|_{H^1_\Omega} \to 0$ as $i \to \infty$. It follows from $f(u_0) \leq f(u_i) + f(u_0 - u_i) \forall i$ that $f(u_0) = 0$. Therefore, $u_0 = 0$. Thus, $\| u_i \|_{H^1_\Omega} \to 0$ when $i \to \infty$. It follows from $f(u_0) \leq f(u_i) + f(u_0 - u_i) \forall i$ that $f(u_0) = 0$. Therefore, $u_0 = 0$. Thus, $\| u_i \|_{H^1_\Omega} \to 0$ when $i \to \infty$. This is contradict to (4.4).

□

In the classical Poincaré–Friedrichs inequalities, typical forms of the semi-norm $f(u)$ are

$$f_1(u) = \left[ \int_{\Gamma} u^2 \right]^{1/2}, \quad f_2(u) = \int_{\Gamma} u, \quad \text{or} \quad f_3(u) = \left| \int_{\omega} u \right|.$$ 

Here $\Gamma$ is, or a portion of, the boundary $\partial \Omega$, (which could be a segment with positive length of any curve in $\Omega$,) and $\omega$ is, or a sub-domain of, $\Omega$. Every one of these can be put in the position of the $f$ in Theorem 4.1 to obtain Poincaré–Friedrichs inequalities for piecewise $H^1$ functions [2] [4]. To see the validity of the inequality (4.2) for each of these semi-norms, one needs to verify the uniform boundedness condition (4.1), in which the constant $C$ is only allowed to depend on the shape regularity of $T_h$ and $\Omega$, and show that for any constant $c$, $f(c) = 0$ if and only if $c = 0$. This latter condition is obviously met by all of them. For $f_1$, the uniform boundedness condition follows from the trace theorem, see [2,2]. For $f_2$, the condition follows from the Hölder inequality on $\Gamma$ and the condition for $f_1$. For $f_3$, it follows from the Hölder inequality that $f_3(u) \leq |\omega|^{1/2} \| u \|_{L^2(\omega)} \leq |\Omega|^{1/2} \| u \|_{H^1_\Omega}$.

By using a similar modification of the compactness argument, one can generalize the Korn inequality for shells (see [3]) to the space of piecewise functions, which seems useful for the analysis of discontinuous finite element methods for shells.

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