Table 4* (online). Percentage exact agreement and intrarater reliability** for items and criteria:
Independent pairs of rating of 13 sites at 4 times for items 1-6 and for 95 patient records for items 7-17

| #  | Items (1-17) and criteria (a-e)                                                                 | Agreement | ICC/Kappa** |
|----|-----------------------------------------------------------------------------------------------|-----------|-------------|
| 1  | Policies Subscale items and criteria                                                            |           |             |
|    | Policy promoting physical fitness                                                              | 65 %      | .90         |
|    | a Coordinator for fitness activities                                                            | 87 %      | .68         |
|    | b Fitness coordinator negotiates gym                                                            | 84 %      | .88         |
|    | c Physical activities are made known                                                             | 90 %      | .75         |
|    | d Help to track physical activities                                                             | 94 %      | .74         |
| 2  | Practical help to physical activities                                                           | 81 %      | .88         |
|    | a Physical activity groups at least twice a week                                                | 96 %      | .88         |
|    | b Physical fitness room or help to use a gym                                                    | 92 %      | .57         |
|    | c Exercise options for various patient preferences                                              | 90 %      | .57         |
|    | d Exercise groups offered at suitable times                                                     | 98 %      | .88         |
| 3  | Policy supporting healthy diet                                                                   | 69 %      | .88         |
|    | a Policy and information on healthy diet                                                         | 85 %      | .68         |
|    | b No sugary beverages or junk food on premises                                                  | 94 %      | .74         |
|    | c Meals on premises are mainly nutritious                                                        | 100 %     | 1.00        |
|    | d Unit has collaboration with a dietician                                                        | 92 %      | .73         |
|    | e Unit provides access to cooking classes                                                        | 94 %      | .79         |
| 4  | Policy supporting smoking cessation                                                              | 62 %      | .89         |
|    | a Policy and information on no-smoking                                                           | 92 %      | .83         |
|    | b Smoking cessation regular topic in consultations                                               | 75 %      | .47         |
|    | c Unit offers support for smoking cessation                                                      | 87 %      | .65         |
|    | d Nicotine patches or gums are accessible                                                        | 93 %      | .77         |
| 5  | Policy supporting dental health                                                                  | 79 %      | .92         |
|    | a Policy and information on dental health                                                        | 88 %      | .75         |
|    | b Procedures for monitoring dental health                                                       | 94 %      | .88         |
|    | c Toothbrush, toothpaste and dental floss available                                               | 96 %      | .89         |
|    | d Assists appointment with dental hygienist or dentist                                            | 92 %      | .46         |
| 6  | Collaboration and communication with GP                                                          | 77 %      | .85         |
|    | a Policy of regular communication with GP and others involved                                    | 87 %      | .51         |
|    | b Policy on regular information exchanged with GP                                                | 83 %      | .65         |
|    | c Routine electronic transfer of information with GP and others                                  | 96 %      | .85         |
|    | d Collaboration with a specialists or unit in internal medicine                                  | 98 %      | .94         |
| 7  | Practices Subscale items and criteria                                                            |           |             |
|    | Support for regular physical activities                                                          | 96 %      | 0.80        |
|    | a Plan for physical activities documented in patient records                                     | 93 %      | .76         |
|    | b Exercise plan approved by a physician                                                         | 92 %      | .67         |
|    | c Patient has been offered to join a group for physical activities                               | 88 %      | .75         |
|    | d Methods to track physical activities discussed with patient                                    | 96 %      | .73         |
|    | e Review of exercises done by patient is documented                                              | 70 %      | .39         |
| 8  | Monitoring of physical health conditions                                                         | 93 %      | .85         |
|    | a Physical examinations documented in defined place records                                      | 93 %      | .85         |
|    | b Results of all laboratory or other tests easily accessible in                                 | 92 %      | .75         |
|    | c No more than 6 months since last documented physical                                           | 88 %      | .76         |
|    | d Follow up of physical health is planned, and it is followed up                                | 77 %      | .49         |
| 9  | Documented collaboration with GP                                                                 | 84 %      | .66         |
| Item | Description                                                                 | Percentage | Agreement |
|------|-----------------------------------------------------------------------------|------------|-----------|
| 1    | Average agreement and ICC for items 1-6 (Policies)                           | 72 %       | .89       |
| 2    | Average agreement and Kappa for items 6-17 (Practices)                        | 93 %       | .77       |
| 3    | Communication with GP is documented in patient record                        | 86 %       | .72       |
| 4    | Information from GP documented in a specified place in                       | 85 %       | .42       |
| 5    | List of current medications in a defined place and easily                   | 93 %       | .63       |
| 6    | Documented medication to GP after discharge or change                        | 93 %       | .85       |
| 7    | Documented who is responsible for medical follow up                          | 76 %       | .51       |
| 8    | Documented support for healthy diets                                         | 96 %       | .58       |
| 9    | Monitoring BMI and waist circumference                                       | 99 %       | .90       |
| 10   | Assessment and treatment of obesity or malnutrition                          | 89 %       | .64       |
| 11   | Assessment and regulation of blood sugar                                     | 89 %       | .79       |
| 12   | Assessment and treatment of hypertension                                     | 93 %       | .85       |
| 13   | Assessment and regulation of blood lipids                                    | 94 %       | .87       |
| 14   | Interventions for smoking cessation                                          | 93 %       | .66       |
| 15   | Monitoring of dental health                                                  | 98 %       | .85       |

Summary for items (like in Table 2):
Average agreement for all 17 items & 86 % \\

**Summaries for criteria:**

Average for criteria of Policies items & 91 % & .74 \\
Average for criteria of Practices items & 91 % & .67 \\
Average for criteria of the total fidelity scale & 91 % & .70 \\

| Distribution of ratings of criteria | Policies criteria | Prescriber Practices | Total fidelity scale |
|-------------------------------------|------------------|----------------------|----------------------|
| **Exact agreement**                |                  |                      |                      |
| 60-69 %                            | 0                | 0                    | 0                    |
| 70-79 %                            | 1                | 5                    | 6                    |
| 80-89 %                            | 7                | 12                   | 19                   |
| 90-100 %                           | 17               | 30                   | 47                   |

| **Cohen’s Kappa**                  | Policies criteria | Prescriber Practices | Total fidelity scale |
|-------------------------------------|------------------|----------------------|----------------------|
| Poor (< .21)                        | 9                | 1                    | 1                    |
| Fair (.21 - .40)                    | 9                | 4                    | 4                    |
| Moderate (.41 - .60)                | 5                | 8                    | 13                   |
| Substantial (.61 - .74)             | 7                | 14                   | 21                   |
| Excellent (.75 – 1.00)              | 13               | 20                   | 33                   |

*) Table 4 also contains the results for items reported in Table 2 in the paper, so that these here in Table 4 may be seen together with the results for the criteria.

**) ICC for items rated 1-5 and Cohen’s Kappa for patient records rated passed/failed and for criteria rated passed/failed.