Adsorption of divalent cadmium by calcified iron-embedded carbon beads†

Yalin Cheng,a Kaiqian Wang,b Biyang Tu,a Shan Xue,a Jiahui Denga and Haisheng Tao*a

A novel iron-embedded carbon bead was prepared by the calcination of a calcium alginate gel bead mixed with iron nanoparticles coated by polydopamine. The prepared iron-embedded carbon bead was characterized by infrared spectrum analysis, X-ray diffraction, Raman spectroscopy, vibrating sample magnetometry, X-ray photoelectron spectroscopy, scanning electron microscopy and transmission electron microscopy. It was discovered that the novel structure efficaciously prevented the agglomeration of iron nanoparticles. Additionally, the effects of dose, pH, exposure time, temperature and initial concentration on the adsorption of Cd(ll) were studied, and the reusability of the material was analyzed. Fe/SA-C showed high Cd(ll) removal capability (220.3, 225.7, 240.8 mg g⁻¹ at 288, 298, 308 K), easy recoverability and high stability. In addition, some slightly different interpretations of the adsorption mechanism are given. This study clearly revealed that Fe/SA-C has potential application in the removal of Cd(ll).

1 Introduction

Cadmium is considered to be one of the most common toxic metals in water, causing health problems and considerable environmental problems even in trace amounts because of its high toxicity, non-biodegradability and persistence.1,2 Therefore, numerous treatment techniques, such as chemical precipitation, ion exchange, reverse osmosis, nanofiltration, and adsorption are applied to mitigate cadmium pollution.3 Among these methods, adsorption is regarded as a promising technique and has been studied extensively for its economy, high efficiency, simplicity, and absence of secondary contamination compared with other techniques.4 Carbon is an attractive adsorption material with many advantages, such as low cost, easy processing, large specific surface area, excellent chemical stability and wide operating temperature range, and thus, numerous studies have reported the adsorption of pollutants by different carbon materials.5–9 However, a single carbon material cannot fully meet the needs of pollutant treatment because carbon material with uncontrollable properties is sometimes easily affected by adsorption conditions.10 So, loading appropriate metal particles or their oxides onto carbon material has attracted great attention; this method could increase the specific surface area and adsorption sites of the material. The metal-loaded carbon composite material not only has an excellent porous structure, thermodynamic stability and controllable chemical properties, but also a wider range of application than the single-carbon material.11 Aluminum, zirconium and other particles or their oxide particles are always considered to be appropriate materials for loading.12–14 For example, Al₂O₃/C composite, with an innovative and complicated preparation, was used to remove Pb(II) and Cd(II).15 Carbon nanotube-coated ZrO(OH)₂ showed better adsorption properties than the uncoated material.16 The same distinction could be seen between the aggregates of manganese oxide impregnated graphene oxide and the unimpregnated graphene oxide.17 At the same time, the loading of magnetic nanoparticles has received considerable attention for its large specific surface area, high dispersion, superparamagnetism in water, and efficient separation from solution.18 The loaded manganese oxide or iron oxide material proved to have an excellent removal rate and easy recyclability.19–21 However, migration and surface agglomeration of metal nanoparticles might occur during loading, so it is necessary to wrap single-metal nanoparticles with inert material to prevent the agglomeration of metal particles.22 Carbon shell is a common coating material that not only stabilizes the internal metal particles, but also facilitates the solute diffusion, due to its mesoporous structure.23 In addition, adsorption materials are always made into beads, especially gel balls, to remove pollutants, which are easy to recycle but hard to store for their friability.24,25

In this work, iron nanoparticles were coated by polydopamine (PDA) and subsequently mixed in calcium alginate gel to prepare gel
balls, which are then calcined into carbon beads. In this way, the iron-embedded carbon beads (Fe/SA-C) can efficaciously and simultaneously avoid the agglomeration of iron nanoparticles, facilitate recycling, and augment the stability of materials. The prepared material was characterized by Fourier transform infrared spectrum analysis (FTIR), X-ray diffraction (XRD), X-ray photoelectron spectroscopy (XPS), scanning electron microscope (SEM) and transmission electron microscope (TEM). The effects of dose, pH, exposure time, temperature and initial concentration on the adsorption of Cd(II) were studied. The reusability of Fe/SA-C was analyzed, and the adsorption mechanism was discussed preliminarily through characterization, kinetic models, and thermodynamic models. Fe/SA-C showed high removal efficiency, easy recoverability and high stability. The adsorption kinetics and isotherms of Cd(II) onto Fe/SA-C matched well with the pseudo-second-order kinetics model and the Langmuir model, respectively. Additionally, Cd(II) adsorption onto Fe/SA-C was endothermic and spontaneous. The results reveal that Fe/SA-C has potential application for the removal of Cd(II).

2 Materials and methods

2.1 Reagents

The chemicals used in the study included dopamine hydrochloride (McLean Biomedical Technology Co., Ltd.), calcium chloride (Xilong Chemical Co., Ltd.), sodium alginate, iron(III) nitrate nonahydrate (Aladdin), anhydrous methanol, anhydrous ethanol, nitric acid (Shanghai Lingfeng Chemical Reagent Co., Ltd.), ammonia water and sodium hydroxide (Sinopharm Group Chemical Reagent Co., Ltd.). All reagents were of analytical grade, and no further purification was required prior to use. The water used in the study was ultrapure water (Millipore, ≥18.2 MΩ cm, 25 °C).

2.2 Preparation of iron-embedded carbon bead (Fe/SA-C)

In a typical synthesis of Fe encapsulated in polydopamine nanoparticle (Fe/PDA), 112 mL deionized water, 28 mL methanol, and 0.8 mL ammonia water were mixed for 30 min to obtain a uniform transparent solution and subsequently stirred with 0.5 g dopamine hydrochloride (DA) and 0.88 mmol Fe(NO₃)₃·9H₂O, and the reaction mechanism was similar to the silica-like Stöber process.²⁶⁻²⁷ The suspension was centrifuged, and the precipitate was washed with methanol and ethanol several times. The deposit was dried for 12 h at 60 °C. Finally, Fe/PDA particles, after grinding, were used for the next step.

The prepared Fe/PDA was mixed in 100 mL of 2% alginate solution and subsequently stirred for 30 h with 0.1 mol L⁻¹ NaOH and HNO₃ in 50 mL of 50 mg L⁻¹ Cd(II) solution, and the dose of Fe/SA-C was 8 mg. The influence of concentration of Cd(II) was evaluated at different initial concentrations (20–180 mg L⁻¹). Kinetic study was conducted, and the suspensions were sampled at regular intervals (2, 5, 10, 15, 30, 45, 60, 120, 240, and 480 min). Adsorption thermodynamics was examined at different temperatures of 288 K, 298 K and 308 K. Desorption experiment was carried out by adding the Cd-adsorbed Fe/SA-C into a dilute solution of HNO₃ (10 vol%) for 30 min, and a regeneration experiment was repeatedly conducted 5 times on the recycled Fe/SA-C. All experiments were performed in 50 mL of 50 mg L⁻¹ Cd solution with 12 mg Fe/SA-C at 298 K unless otherwise specified, and all treatments were repeated 3 times independently. All adsorption experiments were performed via a shaker incubator, and the agitation velocity was 150 rpm.

2.4 Adsorption experiments

The effects of dosage, pH, and initial concentration were evaluated respectively by keeping the other factors in the optimal condition. 4, 8, 12, 16, 20, 24, 28, 32, 36, and 40 mg of Fe/SA-C were mixed in 50 mL of Cd solution with the concentration of 50 mg L⁻¹ at the designated temperature (298 K) and pH (6), respectively. The experiment with pH was controlled by adjusting the pH in the range of 3–10 with 0.1 mol L⁻¹ NaOH and HNO₃. Adsorption kinetics was analyzed, and the adsorption mechanism was discussed preliminarily through characterization, kinetic models, and thermodynamic models. Fe/SA-C showed high removal efficiency, easy recoverability and high stability. The adsorption kinetics and isotherms of Cd(II) onto Fe/SA-C matched well with the pseudo-second-order kinetics model and the Langmuir model, respectively. Additionally, Cd(II) adsorption onto Fe/SA-C was endothermic and spontaneous. The results reveal that Fe/SA-C has potential application for the removal of Cd(II).

2.5 Analysis

When the adsorption reached equilibrium, the adsorption amount q and the removal rate E of Fe/SA-C for Cd(II) in solution are described according to the following eqn (1) and (2):

\[ q = \left( C_0 - C_e \right) \times V/m \]  

\[ E = \left( C_0 - C_e \right)/C_0 \times 100\% \]  

where \( C_0 \) and \( C_e \) are the initial and equilibrium concentrations of Cd(II) in mg L⁻¹; V is the volume of Cd(II) solution in L; and m is the mass of Fe/SA-C in g.

The experimental results were fitted using the pseudo-first-order, pseudo-second-order and intra-particle diffusion models with the following equations, respectively:

\[ \ln \left( q_e - q \right) = \ln q_e - k_1 \times t \]  

\[ t/q = 1/(k_2 \times q^2) + t/q_e \]
$$Q_t = k_3 \times t^{1/2} + C,$$

where: $k_1$ (min$^{-1}$), $k_2$ (g (mg min$^{-1}$)) and $k_3$ (mg g$^{-1}$ min$^{-1/2}$) represent the adsorption rate coefficients of pseudo-first-order kinetics, pseudo-second-order kinetics and intra-particle diffusion equations, respectively; $Q_t$ and $Q_e$ are the adsorption capacity at time $t$ and equilibrium in mg g$^{-1}$; and $t$ is the adsorption time in min.

Cd(II) adsorption by Fe/SA-C was described by the Langmuir model (eqn (6)), the Freundlich model (eqn (7)) and the Temkin model (eqn (8));29,30

$$Q_e = Q_m \times C_e / (1 + k_1 \times C_e)$$

$$\ln Q_e = \ln K + (\ln C_e) / n$$

$$Q_e = R \times T \times b_1 \times \ln(a_1 \times C_e),$$

where: $Q_e$ is the equilibrium adsorption capacity; $Q_m$ is the single-layer saturated adsorption amount; $k_1$ is the Langmuir adsorption characteristic constant in L g$^{-1}$; and $C_e$ is the mass concentration of Cd(II) at equilibrium. $K$ is a constant representing the adsorption capacity in mg g$^{-1}$; $n$ is a constant related to the adsorption strength and the surface heterogeneity of the adsorbent. $R$ is the general gas constant; $T$ is absolute temperature in K; $b_1$ and $a_1$ represent isotherm constants, respectively.

Further, thermodynamic calculations were carried out by the Van’t Hoff equation:31

$$K_e = Q_e / C_e$$

$$\Delta G = -R \times T \times \ln K_e$$

$$\Delta S = (\Delta H - \Delta G) / T$$

In the equation, $Q_e$ (mg g$^{-1}$) and $C_e$ (mg L$^{-1}$) are the concentration of Cd(II) in the adsorbent and solution, respectively; $K_e$ is the equilibrium constant of adsorption; $\Delta G$ is the Gibbs standard free energy change variable in kJ mol$^{-1}$; $R$ is the gas constant; $T$ is the thermodynamic temperature in K; $\Delta H$ is the standard enthalpy of adsorption in kJ mol$^{-1}$; and $\Delta S$ is the standard entropy change of adsorption in J (mol K)$^{-1}$.

### 3 Results and discussion

#### 3.1 Characterization of SA-C

XRD was used to analyze the crystal structure of Fe/SA-C, and the results are shown in Fig. 1. The diffraction peaks of Fe/SA-C at 44.8° and 65.2° corresponded to the (1 1 0) and (2 0 0) facets of α-Fe, indicating the presence of metallic Fe (PDF# 87-0722, Fig. 1b). Some diffraction peaks of Fe/SA-C were consistent with the characteristic diffraction of Fe3C, such as the peaks at 39.8°, 43.8°, 44.6° and 56.0°, which corresponded to the (0 0 2), (2 1 1), (1 0 2) and (2 1 2) facets of Fe3C (PDF# 85-1317, Fig. 1b). The results demonstrated that there was a small quantity of Fe3C existing in the Fe/SA-C. The formation of Fe3C gave the credit to the regional dissolution of carbon atoms into the Fe crystal lattice.32 A small portion of Fe2O3 from the chelation of Fe$^{3+}$ with –OH groups during a pyrolysis process was also detected in XRD.33 The peaks at 14.9°, 24.6°, 49.1°, 50.4° and 62.8° could be well indexed to the (0 0 6), (0 1 7), (1 1 5), (1 2 7) and (2 2 0) characteristic diffractions of Fe2O3 (PDF# 40-1139). More remarkable, the sharp and well-defined reflection diffraction peaks of alkali-type calcium chloride could be found (PDF# 36-0983, Fig. 1a). The Raman spectrum of Fe/SA-C is shown in Fig. S1.† The D peak at 1356 cm$^{-1}$ contributed to the defects (disordered carbon with sp$^3$ bonding), and the G peak at 1602 cm$^{-1}$ contributed to E2g graphite mode (ordered graphitic structure with sp$^2$ hybridization).34 The damage is estimated from the measurements of the disorder parameter given by $I_D / I_G$, where $I_D$ and $I_G$ are the integrated intensities of the D and G peaks, respectively. The $I_D / I_G$ is calculated to be 1.13.

The morphology and structure of Fe/SA-C were well manifested by TEM and SEM. It can be seen that the as-prepared Fe/SA-C is spherical, with a particle size of about 2 mm (Fig. S2†). In Fig. 2a and b, highly dispersive Fe2O3/Fe/SA-C nanoparticles with a particle size of about 10 nm were embedded within the carbon entirely. In addition, atomic lattice fringes with spacing of 0.186 nm could be found, which corresponded to the interplanar spacing of [1 1 5] planes in Fe2O3 crystal, demonstrating that the Fe2O3/Fe/SA-C nanoparticles were embedded into the carbon bead. Element analysis of Fe/SA-C is displayed in Fig. 2e, clearly showing the O peak located at 0.52 keV, C peak located at 0.24 keV, Cl peak located at 2.61 keV, Ca peaks located at 3.71 and 3.99 keV, and Fe peaks located at 0.71 and 6.40 keV. The SEM images of the as-

![Fig. 1](image-url) (a) XRD patterns of Fe/SA-C samples and CaClO4; (b) XRD standard patterns of Fe2O3, Fe3C, Fe.
prepared and Cd-adsorbed Fe/SA-C are shown in Fig. 2c and d, respectively. It could be seen that Fe/SA-C has a porous structure (Fig. 2c), while some pores were blocked after adsorption (Fig. 2d). In addition, the surface of the as-prepared Fe/SA-C was rougher than that of Cd-adsorbed Fe/SA-C, which may contribute to the adsorption of Cd(II). This possibility was verified by EDS, where an additional obvious Cd peak at 3.13 keV was found in the post-adsorption characterization result (Fig. 2f).

The representative FT-IR spectra of Fe/SA-C and Cd-adsorbed Fe/SA-C are shown in Fig. 3. In the spectrum of Fe/SA-C, it could be seen that a broad band at 3433 cm\(^{-1}\) is attributed to hydroxyl. The stretching vibration peak of C=O appeared at 1646 cm\(^{-1}\), and the peak at 1425 cm\(^{-1}\) might be assigned to the carboxylic group. In addition, peaks at 517 cm\(^{-1}\) and 580 cm\(^{-1}\) could be observed from the spectra of Fe/SA-C, which are characteristic of the stretching absorption mode of Fe–O.\(^{35}\) This evidence indicated that a few iron nanoparticles were successfully embedded into the carbon bead. For Cd-adsorbed Fe/SA-C, the hydroxyl peak at 3433 cm\(^{-1}\) of Fe/SA-C shifted to 3457 cm\(^{-1}\), and the intensity weakened, while blue shift of the Fe–O peak was observed, revealing that the hydroxyl group was mostly consumed during the adsorption of Cd(II), and iron oxide nanoparticles might have been involved during the adsorption.

### 3.2 Adsorption performance studies

#### 3.2.1 Effect of Fe/SA-C dose

The effect of Fe/SA-C dose in solution on the removal rate and adsorption ratio of Cd(II) was analyzed, and the result is shown in Fig. 4. The removal rate increased continuously with the increasing Fe/SA-C dosage, and the ultimate removal rate was more than 99.9% when the adsorbent dosage was 16 mg. Meanwhile, the change of specific adsorption went through two stages; the trend of adsorption ratio increased greatly in the first stage, contributing to the increase of effective adsorption sites, and the decline in the later stage was due to the saturated surface active sites.\(^{36}\) The maximum adsorption capacity was 186.2 mg g\(^{-1}\) when the dosage was 12 mg.

#### 3.2.2 Effect of solution pH

pH is a significant controlling factor of any aqueous solution-based adsorption process.\(^{36}\) Cd(II) removal efficiency on Fe/SA-C was examined, and the

---

**Fig. 2** TEM images of (a and b) Fe/SA-C; SEM images of (c) as-prepared and (d) Cd-adsorbed Fe/SA-C; EDS of (e) as-prepared and (f) Cd-adsorbed Fe/SA-C.

**Fig. 3** FTIR images of Fe/SA-C and Cd-adsorbed Fe/SA-C.

**Fig. 4** Effect of Fe/SA-C dosage on removal and specific adsorption (\(C_0 = 50 \text{ mg L}^{-1}, T = 298 \text{ K}, \text{pH} = 6, \text{and} \ t = 240 \text{ min}\)).

**Fig. 5** Effect of pH on removal and specific adsorption (\(C_0 = 50 \text{ mg L}^{-1}, T = 298 \text{ K}, m_{\text{adsorbent}} = 12 \text{ mg, and} \ t = 240 \text{ min}\)).
results are displayed in Fig. 5. The Cd(II) specific-adsorption increased markedly with the rise of solution pH from 2 to 4, whereas it remained stable at pH 4 to 8, and subsequently jumped from 8 to 10. Adsorption was inhibited when pH was less than 4, especially at pH = 2, for the reason that a large number of H+ ions competed for the adsorption sites on the material with Cd2+, resulting in a significant decline in the removal capacity.37 The adsorption rate and adsorption ratio of Fe/SA-C to Cd(II) changed slightly, in which the adsorption ratio fluctuated around 200 mg g\(^{-1}\) C\(_0\) when the pH was within the range of 4 to 8, and the peak of adsorption ratio was 222.6 mg g\(^{-1}\) C\(_0\) at pH = 6. It was obvious that the adsorption process was less affected by the value of pH in this range. The removal rate of Cd(II) jumped significantly when the pH of the solution was greater than 8, which might be due to the precipitation of Cd(II).38 Therefore, the pH for Cd(II) adsorption was optimized at 6 and applied in subsequent experiments.

3.2.3 Kinetics analysis. The effect of contact time on the Cd(II) adsorption performance was researched, and Fe/SA-C was studied by fitting the curves of the pseudo-first-order, pseudo-second-order, and intra-particle diffusion models (Fig. 6), and the kinetic fitting parameters are listed in Table 1. It is obvious from Fig. 6a that the adsorption capacity increased rapidly in the pre-60 min, which contributed to the large numbers of active sites on the surface of Fe/SA-C, and subsequently reached the adsorption equilibrium in four hours after a slow growth phase. The correlation coefficient \((R^2)\) of the pseudo-first-order kinetic was 0.960, and the calculated equilibrium adsorption capacity \(Q_e\) was not consistent with the actual adsorption capacity, while the \(R^2\) of the pseudo-second-order was 0.999, and the calculated \(Q_e\) was well accorded with the actual adsorption capacity, suggesting that the pseudo-second-order model was appropriate to describe the adsorption process. Thus, it can be concluded that the adsorption process of Cd(II) on Fe/SA-C was mainly dominated by chemisorption, and it was mainly caused by the electron sharing or exchange between Cd(II) and the functional group in Fe/SA-C.39

In addition, the fitted curve of the intraparticle diffusion model is shown in Fig. 6d. The fitted curve shows three segmented lines with different slopes, indicating that the whole adsorption process went through three different stages. Cd(II) diffused to the surface of Fe/SA-C and occupied the active sites in the first stage, and then diffused to the pores slowly, and were subjected to internal diffusion. The third stage corresponded to the equilibrium period of reaction. There was no fitted curve passing through the origin, indicating that the factors controlling the reaction rate did not only include in-particle diffusion.32

3.2.4 Adsorption thermodynamics. The effect of initial concentration was examined at 288 K, 298 K, and 308 K, and the

| Model               | Parameters       | \(R^2\) |
|---------------------|------------------|---------|
| Pseudo-first-order  | \(k_1\) (min\(^{-1}\)) | \(Q_e\) (mg g\(^{-1}\)) | 0.960 |
|                     | 0.013            | 119.786 |
| Pseudo-second order | \(k_2\) (g (mg min\(^{-1}\))\(^{-1}\)) | \(Q_e\) (mg g\(^{-1}\)) | 0.999 |
|                     | 0.0003           | 230.947 |
| Intra-particle diff  | \(k_3\) (mg g\(^{-1}\) min\(^{-1/2}\)) | \(C'\) | 0.992 |
|                     | 13.466           | 72.049  |
|                     | 6.172            | 124.623 |
|                     | 1.196            | 202.578 |

Fig. 6 (a) Rates of adsorption of Cd(II) by Fe/SA-C; (b) pseudo-first-order model; (c) pseudo-second-order model and (d) intraparticle diffusion model (\(C_0 = 50\) mg L\(^{-1}\), \(T = 298\) K, \(m_{adsorbent} = 12\) mg, and pH = 6).
result is shown in Fig. 7. To better understand the mechanism of Cd(II) adsorption onto Fe/SA-C, the Langmuir, Freundlich, and Temkin isotherm models and thermodynamic quantities were used to analyze Cd(II) adsorption. It is clearly seen from Fig. 7 that the adsorption rate and the saturation adsorption amount on Fe/SA-C increased with the increment of temperature, indicating that the adsorption of Cd(II) by Fe/SA-C was a spontaneous endothermic reaction, and the adsorption rate was accelerated by the increased temperature. It might be inferred that there was an increase in the diffusion of Cd(II) toward the external surface and in the pores of Fe/SA-C, and a decrease in the metal transfer resistance with increasing temperature.40 The linear fits of the Langmuir, Freundlich and Temkin isotherm models are displayed in Fig. 7b and S3,† and the correlation parameters are given in Table 2. The Cd(II) adsorption onto Fe/SA-C could be better described by the Langmuir model compared to the Freundlich model and Temkin model, because $R^2$ values in the Langmuir model ($R^2 = 0.999, 0.997, 0.998$ at 288 K, 298 K, 308 K, respectively) were greater than those of the Freundlich model ($R^2 = 0.626, 0.656, 0.726$ at 288 K, 298 K, 308 K, respectively) and Temkin model ($R^2 = 0.662, 0.661, 0.733$ at 288 K, 298 K, 308 K, respectively). It could be concluded that the Cd(II) adsorption on Fe/SA-C was characterized by monolayer adsorption.41

Thermodynamic parameters of $\Delta H$, $\Delta S$, and $\Delta G$ for Cd(II) sorption onto Fe/SA-C were calculated from the van’t Hoff equation and the plot between $\ln K_c$ and $1/T$. The results are shown in Fig. S4† and Table 3. $\Delta G$ was the benchmark to determine whether a reaction was spontaneous, so the negative $\Delta G$ indicated that adsorption was spontaneous. The values of $\Delta H$ were positive, indicating that the adsorption process was endothermic. The values of $\Delta S$ were positive, suggesting the degree of freedom and randomness of adsorption process increased. For the spontaneous adsorption process, solvent molecules were replaced by adsorbate molecules, which caused the decrease of freedom and the increase of entropy.42

Adsorption capacity of Cd(II) by other adsorbents, along with that of the iron-embedded carbon bead, are listed in Table 4 for comparison. The adsorption capacities of different adsorbents were varied, and it is obvious that the maximum adsorption capacity of iron-embedded carbon bead was higher than most adsorbents.

3.2.5 Magnetism and reusability. Desorption experiments were also carried out in 50 mg L$^{-1}$ of Cd(II). The Cd(II) on Fe/SA-C was eluted with HNO$_3$ and separated by magnetic force. The collected Fe/SA-C was again subjected to the adsorption experiment at the optimum condition. Fig. S5† shows the adsorption capacity change curve when the cycle was repeated 5 times. It is obvious that the adsorption decreased significantly in the first two elutions, then gradually reached equilibrium; the final adsorption capacity was about 40 mg g$^{-1}$, which might be due to the destruction of the material by pickling. Fortunately, the adsorbent remained intact after four regenerations and could be still applied several times.

| Table 2 | Parameters of isotherms for Cd(II) sorption onto Fe/SA-C |
|---------|---------------------------------|---------------------------------|---------------------------------|
| $T$     | $Q_m$  | $k_L$  | $R^2$  | $K$  | $n$  | $R^2$  | $R/Tb_i$  | $a_i$  | $R^2$  |
|---------|-------|-------|-------|------|------|-------|-----------|-------|-------|
| 288     | 220.264 | 0.718 | 0.999 | 126.045 | 8.147 | 0.626 | 19.688 | 733.573 | 0.662 |
| 298     | 224.719 | 0.976 | 0.997 | 137.484 | 8.391 | 0.656 | 19.947 | 1374.228 | 0.661 |
| 308     | 239.808 | 1.020 | 0.998 | 144.402 | 8.132 | 0.726 | 21.372 | 1283.69 | 0.733 |
Fig. S6a† displays the ferromagnetic behavior of Fe/SA-C. The saturation magnetization ($M_s$) of Fe/SA-C is 5.98 emu g$^{-1}$, the residual magnetic force ($M_r$) is 1.26 emu g$^{-1}$, and the coercivity ($H_c$) is 592 Oe. In addition, it is obvious from Fig. S6b† that Fe/SA-C, evenly dispersed in water, was accumulated under the attraction of a magnet. Therefore, it can be concluded that the Fe/SA-C can be recycled easily.

### 3.3 Sorption mechanism

The sorption mechanism of Cd(II) on Fe/SA-C was demonstrated by FTIR, EDS and XPS. As shown in Fig. 3, the functional groups change significantly before and after adsorption, especially hydroxyl and carboxyl. For O–H, on the one hand, it was mostly consumed in the process of the adsorption of Cd(II) to form strong mono- or multidentate inner-sphere complexes (e.g., COO–Cd and Fe–O–Cd), leading to a shift of the characteristic O–H band; on the other hand, it participated in the precipitation to form the deposits of Cd(OH)$_2$ in the material surface, which could explain the change trend seen in the pH influence experiment. When pH was too acidic, the combination of H$^+$ and −OH inhibited the precipitation, resulting in the decrease of the adsorption capacity. The presence of carboxyl promoted the formation of hydrogels on the surface of Fe/SA-C. α-L-Guluronic acid (G) of alginate unchanged significantly after calcination, and the −COO$^-$ connected to G was converted into −COOH under acidic conditions, which resulted in the decrease of hydrophilicity and the contraction of molecular chains. When pH increased, −COOH dissociated, and the hydrophilicity

| Materials                                             | Adsorption capacity (mg g$^{-1}$) | pH  | Temperature (K) | Ref. |
|--------------------------------------------------------|-----------------------------------|-----|-----------------|------|
| Struvite attapulgite (MAP/APT)                         | 121.14                            | 5.45| 298             | 3    |
| Palm oil sludge biochar (POSB)                         | 46.2                              | 5.5 | 298             | 36   |
| Fe-montmorillonite                                     | 25.7                              | 5   | 298             | 43   |
| Ferromanganese binary oxide–BC composites (FMBC)      | 101.0                             | 6   | 308             | 44   |
| Alginate–chitosan hybrid gel beads                     | 6.63                              | 3.5 | 298             | 45   |
| Phosphate-embedded calcium alginate beads              | 82.64                             | 5.5 | 298             | 46   |
| Iron-embedded carbon beads                             | 222.6                             | 6   | 298             | Present study |

Fig. 8 (a) XPS spectra of Fe/SA-C before and after adsorption of Cd(II), (b) Cd 3d spectra of Fe/SA-C after adsorption, (c) Fe 2p spectra of Fe/SA-C before and after adsorption, (d) O 1s XPS spectra of Fe/SA-C before and after adsorption.
of the material increased; ion exchange occurred between Ca\(^{2+}\) in G and Cd\(^{2+}\), and G accumulated to form a cross-linked network structure, thus forming hydrogel, which fixed the Cd\((\text{II})\) in the solution. This also explains the increase of Cd content in the EDS spectrum after adsorption (Fig. 2f).

XPS analyses of the as-prepared and Cd-adsorbed Fe/SA-C are shown in Fig. 8. The total scans of XPS spectra showed that Fe/SA-C contained C, O, Cl, Ca and a small amount of Fe element, while the additional characteristic peak of Cd 3d in the Fe/SA-C presented after adsorbing Cd\((\text{II})\) (Fig. 8a). The result demonstrates that Cd\((\text{II})\) is adsorbed by Fe/SA-C. For the spectrum shown in Fig. 8c, the binding energies of 711.1 and 713.3 eV can be ascribed to Cd\((\text{II})\) species, such as Cd\(_2\)O\(_3\). It had no change after adsorption. However, the core-level binding energies of Fe decreased after adsorption of Cd\((\text{II})\), which indicated that the negative charge of Fe increased, and Fe also participated in the adsorption as a Lewis acid. In addition, a decrease of Fe 2p spectra intensity was observed after adsorption, indicating the occurrence of interactions between Cd\((\text{II})\) and Fe.

The three peaks in the O 1s spectra at 531.3, 532.1, and 533.5 eV (Fig. 8c) suggest the existence of various oxygen-containing compounds, such as organic oxygen and inorganic oxygen. In the O 1s region, the peaks at 531.3 and 532.1 eV can be ascribed to strongly bound inorganic oxygen in Fe\(_2\)O\(_3\), and the peak at 533.5 eV can be attributed to C–O/C=O–OH. A decrease in the core-level binding energies of O after Cd\((\text{II})\) adsorption indicates that O also participates in the adsorption as an electron-gaining Lewis acid.

As shown in Fig. 8b, the Cd\((\text{II})\) peaks located at 406.6 and 405.6 eV, which basically correspond to the peak value for Cd\(_2\)O\(_3\) in the literature, indicate that the chemical valence of Cd does not change during the adsorption process and no redox reaction occurs; that is, Cd\((\text{II})\) on the surface of Fe/SA-C is present in the form of Cd\(_3\)OH\(_2\) and CdO. Therefore, it can be concluded that the deposition and chelation of Cd\((\text{II})\) plays a significant role in the adsorption process.

4 Conclusions

In summary, iron-embedded carbon bead (Fe/SA-C) was synthesized successfully by high-temperature reduction. It was clear that the Fe/SA-C with well-dispersed Fe nanocrystals was easily prepared and separated from solution. Adsorption experiments showed that Cd\((\text{II})\) removal by Fe/SA-C was less affected by pH, and the Cd\((\text{II})\) adsorption kinetics and isotherms onto Fe/SA-C matched well with the pseudo-second-order kinetic model and the Langmuir model, respectively. Additionally, Cd\((\text{II})\) adsorption onto Fe/SA-C was endothermic and spontaneous. Moreover, Cd\((\text{II})\) removal by Fe/SA-C can be repeated multiple times. The results indicate that the proposed Fe/SA-C provides a novel low-cost candidate to treat sewage containing Cd\((\text{II})\).

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

This work was financially supported by Anhui Laboratory of Molecule-Based Materials (No. fzj19011).

Notes and references

1 C. Zhao, Q. Fu, W. Song, D. Zhang, J. Ahati, X. Pan, F. A. Al-Misned and M. G. Mortuza, Calcifying cyanobacterium (Nostoc calcicola) reactor as a promising way to remove cadmium from water, *Ecol. Eng.*, 2015, 81, 107–114.
2 S. Saraswat and J. P. N. Rai, Complexation and detoxification of Zn and Cd in metal accumulating plants, *Rev. Environ. Sci. Biotechnol.*, 2011, 10, 327–339.
3 H. Wang, X. Wang, J. Ma, P. Xia and J. Zhao, Removal of cadmium(II) from aqueous solution: a comparative study of raw attapulgite clay and a reusable waste-struvite/attapulgite obtained from nutrient-rich wastewater, *J. Hazard. Mater.*, 2017, 329, 66–76.
4 G. Gao, L. Nie, S. Yang, P. Jin, R. Chen, D. Ding, X. C. Wang, W. Wang, K. Wu and Q. Zhang, Well-defined strategy for development of adsorbent using metal organic frameworks (MOF) template for high performance removal of hexavalent chromium, *Appl. Surf. Sci.*, 2018, 457, 1208–1217.
5 J. Xia, F. Chen, J. Li and N. Tao, Measurement of the quantum capacitance of graphene, *Nat. Nanotechnol.*, 2009, 4, 505–509.
6 K. Wenelska and E. Mijowska, Facile synthesis and properties of iron oxide spheres coated with carbon, *Mater. Lett.*, 2018, 223, 235–238.
7 J. Jang, W. Miran, S. D. Divine, M. Nawaz, A. Shahzad, S. H. Woo and D. S. Lee, Rice straw-based biochar beads for the removal of radioactive strontium from aqueous solution, *Sci. Total Environ.*, 2018, 615, 698–707.
8 X. Lu, J. Jiang, K. Sun, G. Zhu and G. Lin, Enhancement of Pb\(^{2+}\) removal by activating carbon spheres/activated carbon composite material with H\(_2\)O vapor, *Colloids Surf., A*, 2016, 506, 637–645.
9 S. Zhang, H. Zhang, J. Cai, X. Zhang, J. Zhang and J. Shao, Evaluation and prediction of cadmium removal from aqueous solution by phosphate-modified activated bamboo biochar, *Energy Fuels*, 2018, 32, 4469–4477.
10 Q. Cheng, Q. Huang, S. Khan, Y. Liu, Z. Liao, G. Li and Y. S. Ok, Adsorption of Cd by peanut husks and peanut husk biochar from aqueous solutions, *Ecol. Eng.*, 2016, 87, 240–245.
11 Q. Zhou, B. Liao, L. Lin, W. Qiu and Z. Song, Adsorption of Cu(II) and Cd(II) from aqueous solutions by ferromanganese binary oxide-biochar composites, *Sci. Total Environ.*, 2018, 615, 115–122.
12 S. Tabesh, F. Davar and M. R. Loghman-Estarki, Preparation of gamma-Al\(_2\)O\(_3\) nanoparticles using modified sol-gel method and its use for the adsorption of lead and cadmium ions, *J. Alloys Compd.*, 2018, 730, 441–449.
13 V. K. Gupta, S. Agarwal and T. A. Saleh, Synthesis and characterization of alumina-coated carbon nanotubes and
their application for lead removal, *J. Hazard. Mater.*, 2011, 185, 17–23.

14 M. Kumar and R. Tamlarasan, Kinetics and equilibrium studies on the removal of victoria blue using prosopis juliflora-modified carbon/Zn/alginate polymer composite beads, *J. Chem. Eng. Data*, 2013, 58, 517–527.

15 H. Chen, J. Luo, X. Wang, X. Liang, Y. Zhao, C. Yang, M. I. Baikenov and X. Su, Synthesis of Al2O3/carbon composites from wastewater as superior adsorbents for Pb(II) and Cd(II) removal, *Microporous Mesoporous Mater.*, 2018, 255, 69–75.

16 D. Liu, S. Deng, A. Maimaiti, B. Wang, J. Huang, Y. Wang and G. Yu, As(III) and As(V) adsorption on nanocomposite of hydrated zirconium oxide coated carbon nanotubes, *J. Colloid Interface Sci.*, 2018, 511, 277–284.

17 S. Wan, W. Ding, Y. Wang, J. Wu, Y. Gu and F. He, Manganese oxide nanoparticles impregnated graphene oxide aggregates for cadmium and copper remediation, *Chem. Eng. J.*, 2018, 350, 1135–1143.

18 M. Bhaumik, A. Maity, V. V. Srinivasu and M. S. Onyango, Enhanced removal of Cr(VI) from aqueous solution using polypyrrole/Fe3O4 magnetic nanocomposite, *J. Hazard. Mater.*, 2011, 190, 381–390.

19 L. Wang, D. Hu, X. Kong, J. Liu, X. Li, K. Zhou, H. Zhao and C. Zhou, Anionic polypeptide poly(gamma-glutamic acid)-functionalized magnetic Fe3O4-GO-(MWNTs) hybrid nanocomposite for high-efficiency removal of Cd(II), Cu(II) and Ni(II) heavy metal ions, *Chem. Eng. J.*, 2018, 346, 38–49.

20 N. Kataria and V. K. Garg, Green synthesis of Fe3O4 nanoparticles loaded sawdust carbon for cadmium(II) removal from water: regeneration and mechanism, *Chemosphere*, 2018, 208, 818–828.

21 P. Ourednicek, B. Hudcova, L. Trakal, M. Pohorely and M. Komarek, Synthesis of modified amorphous manganese oxide using low-cost sugars and biochars: material characterization and metal (loid) sorption properties, *Sci. Total Environ.*, 2019, 670, 1159–1169.

22 N. Lu, Z. Wu, L. Lei, Z. Qin, H. Zhu, L. Luo, W. Fan and J. Wang, Catalytic combustion of lean methane over a core-shell structured Pd-Co3O4@SiO2 catalyst, *J. Fuel Chem. Technol.*, 2015, 43, 1120–1127.

23 L. Li, Y. Li, Y. Yao, L. Yao, W. Ji and Z. Qu, Progress and prospective in fabrication and application of core-shell structured nanomaterials in catalytic chemistry, *Prog. Chem.*, 2013, 25, 1681–1690.

24 A. I. Zouboulis and I. A. Katsoyiannis, Arsenic removal using iron oxide loaded alginate beads, *Ind. Eng. Chem. Res.*, 2002, 41, 6149–6155.

25 M. Jain, V. K. Garg, K. Kadirvelu and M. Sillanpaa, Combined effect of sunflower stem carbon calcium alginate beads for the removal and recovery of chromium from contaminated water in column mode, *Ind. Eng. Chem. Res.*, 2015, 54, 1419–1425.

26 F. Liu, X. He, J. Zhang, H. Chen, H. Zhang and Z. Wang, Controllable synthesis of polypyrrole nanoparticles in microemulsions with pH-activatable properties for cancer detection and treatment, *J. Mater. Chem. B*, 2015, 3, 6731–6739.

27 Y. Liu, K. Ai, J. Liu, M. Deng, Y. He and L. Lu, Dopamine-melanin colloidal nanospheres: an efficient near-infrared photothermal therapeutic agent for in vivo cancer therapy, *Adv. Mater.*, 2012, 25, 1535–1539.

28 L. Fan, C. Luo, X. Li, F. Lu, H. Qiu and M. Sun, Fabrication of novel magnetic chitosan grafted with graphene oxide to enhance adsorption properties for methyl blue, *J. Hazard. Mater.*, 2012, 215–216, 272–279.

29 X. Wang and Y. Qin, Equilibrium sorption isotherms for of Cu(II) on rice bran, *Process Biochem.*, 2005, 40, 677–680.

30 I. Langmuir, The constitution and fundamental properties of solids and liquids, *J. Am. Chem. Soc.*, 1917, 39, 1848–1906.

31 E. Demirbas and M. Z. Nas, Batch kinetic and equilibrium studies of adsorption of Reactive Blue 21 by fly ash and sepiolite, *Desalination*, 2009, 243, 8–21.

32 K. Zhu, C. Chen, M. Xu, K. Chen, X. Tan, M. Wakeel and N. S. Alharbi, *In situ* carbothermal reduction synthesis of Fe nanocrystals embedded into N-doped carbon nanoshells for highly efficient U(VI) adsorption and reduction, *Chem. Eng. J.*, 2018, 331, 395–405.

33 J. Kong, S. I. S. Shahabadi and X. Lu, Integration of inorganic nanostructures with polypyrrole-derived carbon: tunable morphologies and versatile applications, *Nanoscale*, 2016, 8, 1770–1788.

34 Z. Anfar, A. Amedlous, A. A. El Fakir, M. Zbair, H. Ait Ahsaine, A. Jada and N. El Alem, High extent mass recovery of alginate hydrogel beads network based on immobilized bio-sourced porous carbon@Fe3O4-NPs for organic pollutants uptake, *Chemosphere*, 2019, 236, 124351.

35 C. He, L. Shi, S. Lou, B. Liu, W. Zhang and L. Zhang, Synthesis of spherical magnetic calcium modified chitosan micro-particles with excellent adsorption performance for anionic-cationic dyes, *Int. J. Biol. Macromol.*, 2019, 128, 593–602.

36 C. L. Goh, S. Sethupathi, M. J. K. Bashir and W. Ahmed, Adsorptive behaviour of palm oil mill sludge biochar pyrolyzed at low temperature for copper and cadmium removal, *J. Environ. Manage.*, 2019, 237, 281–288.

37 M. Goswami, L. Borah, D. Mahanta and P. Phukan, Equilibrium modeling, kinetic and thermodynamic studies on the adsorption of Cr(VI) using activated carbon derived from matured tea leaves, *J. Porous Mater.*, 2014, 21, 1025–1034.

38 Q. Chen, J. Zheng, L. Zheng, Z. Dang and L. Zhang, Classical theory and electron-scale view of exceptional Cd(II) adsorption onto mesoporous cellulose biochar via experimental analysis coupled with DFT calculations, *Chem. Eng. J.*, 2018, 350, 1000–1009.

39 L. Ma, S. M. Islam, C. Xiao, J. Zhao, H. Liu, M. Yuan, G. Sun, H. Li, S. Ma and M. G. Kanatzidis, Rapid simultaneous removal of toxic anions HSeO3−, SeO32−, and SeO42−, and metals Hg2+, Cu2+, and Cd2+ by MoS2 intercalated layered double hydroxide, *J. Am. Chem. Soc.*, 2017, 139, 12745–12757.

40 A. O. Dada, F. A. Adegola and E. O. Odebunmi, Liquid phase scavenging of Cd(II) and Cu(II) ions onto novel nanoscale...
zerovalent manganese (nZVMn): equilibrium, kinetic and thermodynamic studies, Environmental Nanotechnology, Monitoring & Management, 2017, 8, 63–72.

41. O. Hamdaoui and E. Naaffrechoux, Modeling of adsorption isotherms of phenol and chlorophenols onto granular activated carbon: part I. Two-parameter models and equations allowing determination of thermodynamic parameters, J. Hazard. Mater., 2007, 147, 381–394.

42. H. Xin, G. Yun and M. Li, Thermodynamics and kinetics of cadmium adsorption onto oxidized granular activated carbon, J. Environ. Sci., 2007, 19, 1287–1292.

43. P. Wu, W. Wu, S. Li, N. Xing, N. Zhu, P. Li, J. Wu, C. Yang and Z. Dang, Removal of Cd$^{2+}$ from aqueous solution by adsorption using Fe-montmorillonite, J. Hazard. Mater., 2009, 169, 824–830.

44. Q. Zhou, B. Liao, L. Lin, W. Qiu and Z. Song, Adsorption of Cu(II) and Cd(II) from aqueous solutions by ferromanganese binary oxide-biochar composites, Sci. Total Environ., 2018, 615, 115–122.

45. T. Gotoh, K. Matsushima and K. Kikuchi, Preparation of alginate-chitosan hybrid gel beads and adsorption of divalent metal ions, Chemosphere, 2004, 55, 135–140.

46. Y. Wang, W. Yao, Q. Wang, Z. Yang, L. Liang and L. Chai, Synthesis of phosphate-embedded calcium alginate beads for Pb(II) and Cd(II) sorption and immobilization in aqueous solutions, Trans. Nonferrous Metals Soc. China, 2016, 26, 2230–2237.

47. C. Zhao, Q. Fu, W. Song, D. Zhang, J. Ahati, X. Pan, F. A. Al-Misned and M. G. Mortuza, Calcifying cyanobacterium (Nostoc calcicola) reactor as a promising way to remove cadmium from water, Ecol. Eng., 2015, 81, 107–114.