We show that the fraction of time a thermodynamic current spends above its average value follows the arcsine law, a prominent result obtained by Lévy for Brownian motion. Stochastic currents with long streaks above or below their average are much more likely than those that spend similar fractions of time above and below their average. Our result is confirmed with experimental data from a Brownian Carnot engine. We also conjecture that two other random times associated with currents obey the arcsine law: the time a current reaches its maximum value and the last time a current crosses its average value. These results apply to, inter alia, molecular motors, quantum dots and colloidal systems.

In 1939, Paul Lévy calculated the distribution of the fraction of time \( T \) that a trajectory of Brownian motion stays above zero [1]. Lévy proved that this fraction of time is distributed according to

\[
P(T) = \frac{1}{\pi} \frac{1}{\sqrt{T(1-T)}}. \tag{1}
\]

This result and related extensions are often referred to as the “arcsine law” [2–5]. The name stems from the fact that the cumulative distribution of \( T \) reads \( F(T) = \int_0^T P(T')dT' = \frac{2}{\pi} \arcsin(\sqrt{T}) \). A counterintuitive aspect of the U-shaped distribution (1) is that its average value \( \langle T \rangle = \frac{1}{2} \) corresponds to the minimum of the distribution, i.e., the less probable outcome, whereas values close to the extrema \( T = 0 \) and \( T = 1 \) are much more likely. Brownian trajectories with a long "winning" (positive) or "losing" (negative) streak are quite likely.

Several phenomena in physics and biology have been shown to be described by the arcsine law and related distributions. Examples include conductance in disordered materials [6, 7], chaotic dynamical systems [8], partial melting of polymers [9], quantum chaotic scattering [10] and generalized fractional Brownian processes [11]. Notably, the arcsine law (1) has also been explored in finance [12], where investment strategies can lead to a much smaller alternance of periods of gain and loss than one would expect based on naive arguments.

Recent theory and experiments extended thermodynamics to mesoscopic systems that are driven away from equilibrium [13–19]. Mesoscopic systems operate at energies comparable with the thermal energy \( k_B T \), where \( k_B \) is the Boltzmann constant and \( T \) is the temperature. At these energy scales, observables such as work, heat, entropy production, and other thermodynamic currents are not deterministic as in macroscopic thermodynamics, but rather stochastic quantities [20].

While the concept of a fluctuating entropy was already suggested by the forefathers of thermodynamics and statistical physics [21], the universal statistical properties of thermodynamic currents discovered in the last two decades have extended thermodynamics, providing novel insights that also apply to the nanoscale. Prominent examples are fluctuation relations [22–28], which generalize the second law of thermodynamics. More recently, several other universal results have been obtained. They include a relation between precision and dissipation known as thermodynamic uncertainty relation [29–31], stopping-time and extreme-value distributions of entropy production (and related observables) [32–35], and
efficiency statistics for mesoscopic machines [36–39].

In this Letter, we find a new universal result about the statistics of thermodynamic currents. We demonstrate that the fraction of time \( T_1 \) that a generic thermodynamic current stays above its average value (see Fig. 1) is distributed according to Eq. (1). This result is valid for mesoscopic systems in a nonequilibrium steady state and also for periodically-driven mesoscopic systems. The proof of the arcsine law for \( T_1 \) is based on a theorem for Markov processes that has hitherto remained unexplored in physics [40]. Our results are verified with experimental data from a Brownian Carnot engine [39]. Based on numerical evidence, we also conjecture that two other random variables related to thermodynamic currents are distributed according to (1): the last time a fluctuating current crosses its average \( T_2 \) and the time elapsed until a current reaches its maximal deviation from the average \( T_3 \).

**Arcsine law for \( T_1 \).** We consider small nonequilibrium physical systems in contact with one or several thermal and/or particle reservoirs at thermal equilibrium. For instance, a single enzyme (the system) immersed in a solution (the reservoir) that contains both substrate and product molecules. The system is in a nonequilibrium steady state if the concentrations of substrate and product in the large reservoir and the rate at which the enzyme consumes the substrate are approximately constant. In this example, the chemical potential difference between substrate and product is the thermodynamic force that drives the system out of equilibrium.

A vast class of these systems in physics and biochemistry can be described by Markov processes within the framework of stochastic thermodynamics [14]. In this framework, thermodynamic currents take the form of integrated probability currents. At steady state, their average rate is constant, leading to a linear increase (or decrease) with time of the average thermodynamic currents. The fraction of time that a stochastic thermodynamic current \( X(t) \) spends above its average value \( \langle X(t) \rangle \) during an observation time \( t_f > 0 \) is defined as

\[
T_1 \equiv \frac{1}{t_f} \int_0^{t_f} \theta (X(t) - \langle X(t) \rangle) dt, \tag{2}
\]

where \( \theta(x) \) is the Heaviside function. This random variable \( T_1 \) is illustrated in Fig. 1.

Our main result is that for any thermodynamic current in a small system at steady state that is described by a Markov process, the probability density of \( T_1 \), for large \( t_f \), is given by Eq. (1). Hence, stochastic trajectories for which currents such as heat, work, and entropy production stay all the time above or below their average value are the most likely. The striking universality of this result is illustrated in Fig. 2, where we show numerical simulations of three models of different physical systems: a double quantum dot [42], a molecular motor [43], and a driven colloidal particle [34]. The mathematical proof of this result requires the use of a theorem for Markov chains that establishes an arcsine law for a random variable different from a current [40], and a suitable mapping between two Markov chains [41]. Interestingly, the proof also extends to time-symmetric observables such as activity (or frenesy [44]) (see [41] for details).

Small thermodynamic engines and several other systems of physical and technological interest are driven by an external periodic protocol [18, 45]. Such periodically-driven are described by Markov process with time-periodic transition rates. Nevertheless, in the long time limit, it is possible to describe periodically-driven systems as steady states of Markov processes with time-independent transition rates [46, 47]. Hence, the arcsine law for \( T_1 \) is also valid for periodically-driven systems, in the limit at which the observation time \( t_f \) is much larger than the period of the protocol. We have illustrated this result with numerical simulations of two models: a colloidal particle in a time-periodic potential and a theoretical model for a Brownian Carnot engine [41].
Numerical simulations of the models shown in Fig. 3a-c with a finite observation time $t_f$, where $t_f$ is small enough such that we can accurately determine the third cumulant associated with the current, which is non-zero for all models (see [41]). Our simulations then probe large non-Gaussian fluctuations and, therefore, they test arcsine laws for Markov processes, beyond Brownian motion.

As shown in Fig. 3d, we have performed a finite-size scaling analysis of the K-S statistic for $T_1$, $T_2$, and $T_3$, with respect to the arcsine distribution (1), as a function of $t_f$. All random variables show the same behavior: for large times, the K-S statistic goes to zero as the power law $t_f^{-1/2}$. We then conjecture that $T_2$ and $T_3$ are also distributed according to (1).

Experimental results. Heat engines are paradigmatic examples of periodically-driven systems [48]. We test the arcsine law for $T_1$ using experimental data of a Brownian Carnot engine [39]. The working substance of the engine is a single optically-trapped colloidal particle of radius $R = 500\text{nm}$ immersed in water. The particle is trapped in a time-periodic harmonic potential $U(x, t) = \kappa(t)x^2(t)/2$, whose stiffness $\kappa(t)$ is externally-controlled along a period $\tau$ between the minimum value $\kappa_0 = \kappa(0) = (2.0 \pm 0.2)N\mu\text{m}^{-1}$ and the maximum value $\kappa_{\text{MM}} = \kappa(\tau/2) = (20.0 \pm 0.2)N\mu\text{m}^{-1}$. In addition, the kinetic temperature of the particle is switched periodically between a cold $T_c = 300\text{K}$ and a hot temperature $T_h = 526\text{K}$. The temperature is controlled with an external noisy electrostatic field using the whitenoise technique [49]. The fine and simultaneous electronic control of the trap strength and the temperature of the particle allows us to implement protocols of different cycle times $\tau$ without loss of resolution, which range from $\tau = 10\text{ms}$ to $\tau = 200\text{ms}$. The total experimental time is $50\text{s}$ for all the values of $\tau$ [41].

A key thermodynamic current that characterizes the performance of the Brownian Carnot engine is the stochastic work $W(t)$, where we adopt the convention that negative $W(t)$ means extracted work. The stochastic work is the change of $U(x(t))$ due to the external control exerted on the particle that leads to a time-varying stiffness $\kappa(t)$ (see Eq. (21) in [41]). We measure the work from experimental traces of the particle position $x(t)$ due to the external control exerted on the particle that leads to a time-varying stiffness $\kappa(t)$ (see Eq. (21) in [41]). We measure the work from experimental traces of the particle position $x(t)$ due to the external control exerted on the particle that leads to a time-varying stiffness $\kappa(t)$ (see Eq. (21) in [41]). We measure the work from experimental traces of the particle position $x(t)$ due to the external control exerted on the particle that leads to a time-varying stiffness $\kappa(t)$ (see Eq. (21) in [41]). 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when increasing the observation time $t_f$. We quantify the discrepancies between the experimental data and numerical data generated with Eq. (1) using the two-sample Kolmogorov-Smirnov (K-S) statistic [51, 52]. A finite-size-scaling analysis of the K-S statistic as a function of $t_f$ reveals that the experimental distributions of $T_1$ converge to the arcsine distribution. Notably, similar results are obtained for different values of the period $\tau$ (see [41]).

**Conclusion.** We have shown with theory, simulations and experiments that the fraction of time $T_1$ a stochastic current elapses above (or below) its average value is distributed according to Levy’s arcsine law (1). This result is valid for both systems in nonequilibrium steady states and for periodically-driven systems such as mesoscopic engines. Based on numerical evidence, we have also conjectured that there are arcsine laws for the last time $T_2$ at which a current crosses its average value and for the time $T_3$ when a current reaches its maximal deviation from its average.

We have investigated fluctuations of mesoscopic systems described by Markovian dynamics. It is an open question whether similar results also hold for non-Markovian stochastic processes used in the description of active matter [53, 54] and open quantum systems [55]. It will be interesting to investigate whether the arcsine laws for thermodynamic currents can be used to design efficient control at the nanoscale.

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SUPPLEMENTAL MATERIAL

This document provides additional information for the manuscript “Aresine Laws in Stochastic Thermodynamics”. It is organized as follows. Section S1 contains the derivation of the arcsine law for $T_1$. Section S2 provides additional details on the stochastic models of molecular motor, quantum dot and colloidal particle used in Fig. 1 in the Main Text. Section S3 discusses the evaluation of the third cumulant for the currents in Fig. 5 in the Main Text. Section S4 reports numerical simulations for periodically-driven systems. Section S5 provides further details of the experimental data.

S1. PROOF OF THE FIRST ARCSINE LAW

In this section, we demonstrate the arcsine law for $T_1$ using an arcsine law for Markov chains from [40] together with a suitable mapping. Let us consider an ergodic Markov chain defined by the discrete-time master equation

$$\Delta P_i = \sum_j (P_j T_{ji} - P_{ij} T_{ij}), \quad (5)$$

where $i, j = 1 \ldots \Omega$ are the states, $T_{ij}$ are the transition probabilities from state $i$ to state $j$, $\Delta t$ is a discrete timestep, $P_i \equiv P_i(n \Delta t)$ are the probabilities to be in state $i$ at time $n \Delta t$, and $\Delta P_i \equiv P_i((n+1) \Delta t) - P_i(n \Delta t)$.

An integrated fluctuating current is a functional of the stochastic trajectory $\{i_0, i_1 \ldots i_N\}$, where $N$ is the number of time steps, given by

$$X_N = \sum_{i,j} d_{ij} N_{ij}, \quad (6)$$

where

$$N_{ij} = \sum_{n=1}^N \delta_{i,n-1} \delta_{j,n} \quad (7)$$

counts the number of jumps from $i$ to $j$ in $\{i_0, i_1 \ldots i_N\}$. The increments $d_{ij}$ are anti-symmetric, i.e., $d_{ij} = -d_{ji}$.

At steady state, the average time-integrated current is given by

$$\langle X_N \rangle = NJ \equiv N \sum_{i,j} d_{ij} P_{ij}^\text{st} T_{ij}, \quad (8)$$

where $P_{ij}^\text{st}$ is the stationary probability of state $i$. A physical interpretation of $X_N$ as a thermodynamic current depends on the generalized detailed balance relation [14].

We now introduce an auxiliary Markov chain in the following way. Each non-zero transition rate from state $i$ to state $j$ in the original process is associated with a state $z_{ij}$ in the auxiliary Markov process, so that the number of states in the auxiliary process is $Z \leq \Omega^2$. The master equation for this auxiliary process reads

$$\Delta P(z_{ij}) = T_{ij} \sum_k P(z_{ki}) - P(z_{ij}) \sum_k T_{jk}, \quad (9)$$

where $P(z_{ki})$ is the probability for the auxiliary process to be in state $z_{ij}$ at time $n \Delta t$. There is a bijective relation between trajectories $\{i_0, i_1 \ldots i_N\}$ of the original process and trajectories $\{z_{i_0i_1}, z_{i_1i_2}, \ldots, z_{i_{N-1}i_N}\}$ of the auxiliary process. In particular, the number of transitions $N_{ij}$ in Eq. (7) for the original process becomes the number of time steps that a state $z_{ij}$ is visited in the auxiliary process, i.e.,

$$N_{ij} = \sum_{n=1}^N \delta_{z_{ij}, z_{i_{n-1}i_n}} \quad (10)$$

Therefore, the current (8) can be written as

$$X_N = \sum_{z_{ij}} f(z_{ij}) N_{ij}, \quad (11)$$

where $f(z_{ij}) \equiv d_{ij}$ is a real function on the space of states. Its steady-state average (8) then becomes

$$\langle X_N \rangle = N \sum_{z_{ij}} f(z_{ij}) P_{ij}^\text{st}(z_{ij}). \quad (12)$$

Comparing the average over all trajectories of $N_{ij}$ for the auxiliary process (10) with the same average for the original process (7) we find

$$P(z_{ij}) = P_i T_{ij}. \quad (13)$$

Note that Eq. (5) can be obtained from Eq. (9) by means of the relation $P_i = \sum_k P(z_{ki})$.

We now prove our main result with the auxiliary process. We define a functional $\theta_n$, which indicates whether $X_n > \langle X_n \rangle$, with the help of the sum over a trajectory

$$S_N = \sum_{z_{ij}} \sum_{n=1}^N f(z_{ij}) N_{ij} - \sum_{n=1}^N \langle X_n \rangle$$

$$= \sum_{n=1}^N \left( f(z_{i_{n-1}i_n}) - \langle X_n \rangle \right), \quad (14)$$

as follows

$$\theta_n = \begin{cases} 0 & \text{if } S_n \leq 0, \\ 1 & \text{if } S_n > 1. \end{cases} \quad (15)$$

The random variable

$$\hat{T}_N \equiv N^{-1} \sum_{n=1}^N \theta_n \quad (16)$$
counts the fraction of the $N$ time steps for which $X_n > \langle X_n \rangle$. From Theorem 1 of [40], the probability density associated with $\bar{T}_N$ in the limit $N \to \infty$ is given by Eq. (1).

Two key assumptions for this theorem are $\langle S_N \rangle = 0$ and $\lim_{N \to \infty} \text{Prob}(S_N > 0) = 1/2$, which are a consequence of central limit theorem for Markov chains [56].

In the above demonstration there is no need to assume an antisymmetric $d_{ij}$. For instance, the arcsine law is also valid for quantities like activity (or frenesy [44]) that count number of transitions between states, which corresponds to a symmetric $d_{ij}$.

The arcsine law should also hold for Langevin equations and for periodically-driven systems due to the following arguments. First, overdamped Langevin equations can be obtained as a limit of a master equation with a large number of states, hence the arcsine law should also hold. Second, periodically-driven systems with stochastic protocols can be analyzed within the steady state of a bipartite Markov process [46, 47]. Since the proof above is also valid for such bipartite Markov processes, and, in the long time limit, a deterministic protocol can be obtained as limit of a stochastic protocol with many jumps, we have a justification for the arcsine law for periodically-driven systems.

The models we used in our numerical simulations are continuous-time models. In this case, $\Delta t \to 0$, which leads to transition rates $w_{ij} = \lim_{\Delta t \to 0} T_{ij}/\Delta t$, and observation time $t_f = N\Delta t$. For models with a discrete state space, the large time limit for which the arcsine law holds corresponds to an observation time $t_f$ much larger than the maximum inverse escape rate in the system. For periodically-driven systems, $t_f$ must be much larger than the period $\tau$.

**S2. STOCHASTIC MODELS OF DOUBLE QUANTUM DOT, MOLECULAR MOTOR AND DRIVEN COLLOIDAL PARTICLE**

In this section we describe the models used in the numerical simulations shown in Fig. 2 of the Main Text. The models for a molecular motor and a double quantum dot are described by a continuous-time master equation.

The basic physics of the double quantum dot model [42] is the following. We consider two quantum dots that can be either occupied by an extra electron or empty, leading to four states $(n_s, n_d)$, with $n_s, n_d = \{0, 1\}$. Electrons can tunnel between each dot and the external reservoir. The first quantum dot $s$ is connected to two reservoirs at an inverse temperature $\beta_s$. The voltages of reservoirs 1 and 2 are $V_1$ and $V_2$, respectively. The second quantum dot $d$, which is capacitively coupled to the dot $s$, is connected to a third reservoir at an inverse temperature $\beta_d \leq \beta_s$ and a voltage $V_3$. The energy of an occupied dot reads $E_n = E_0 + nE_{\text{int}}$, where $n = 0$ ($n = 1$) if the other dot is empty (occupied) and $E_{\text{int}}$ is an interaction energy. The interaction between the two dots generates correlations that can lead to thermoelectric transport through dot $s$ against the voltage difference $V_2 - V_1$. We consider a regime named “optimal configuration” in [42]. In this regime there is tight coupling between the heat flux and the electron flux.

The transition rates $\Gamma_{ij}^{\alpha n}$ for this model are illustrated in Fig. 6. The first subscript in the tunnelling rates $\alpha = 1, 2, 3$ refers to the reservoir and the second subscript $n = 0, 1$ refers to whether the other dot is empty or occupied, respectively. The superscript $(-)(+)$ denotes an electron tunnel into (out of) the dot. The tunneling rates are $\Gamma_{\alpha n} = f(\beta_\alpha (E_n - V_\alpha))$ and $\Gamma_{\alpha n} = 1 - f(\beta_\alpha (E_n - V_\alpha))$, where $f(x) = (1 + e^x)^{-1}$ is the Fermi function. We consider as a thermodynamic current the number of transitions from state $(0, 0)$ to state $(1, 0)$ minus the number of transitions from from state $(1, 0)$ to state $(0, 0)$. This current is proportional to both the heat and electron flux. For the results shown in Fig. 2 the parameters are $\beta_h = 1$, $\beta_c = 4.63$, $E_0 = 0.05$, $E_{\text{int}} = 1$, $V_1 = 0.525$, $V_2 = -0.1375$, and $V_3 = 0$.

We next consider a model of a chemically-driven molecular motor in the presence of an external force [43]. Part of the chemical work obtained from ATP hydrolysis drives the motor against the mechanical force. The state of the motor is specified by its position $\ell$ and its conformational state that can be either 1 or 2. The energy difference between the conformational states is $\Delta E$,
where the inverse temperature is set to $\beta = 1$. The free energy of one ATP hydrolysis is $\Delta \mu$, the mechanical force is $F$ and the motor stepsize is $d$. The transition rates are represented in Fig. 6. Rates of conformational change that involve ATP hydrolysis are $w_{12} = w e^{(\Delta \mu - \Delta E)/2}$ and $w_{21} = w e^{-(\Delta \mu - \Delta E)/2}$. The transition rates for a forward step $\ell \to \ell + d$ are $w_{12} = k_1 e^{-\Delta E/2 - Fd}$ and $w_{21} = k_2 e^{\Delta E/2 - Fd}$. Finally, the transition rates for a backward step $\ell \to \ell - d$ are $w_{12} = k_2 e^{-\Delta E/2}$ and $w_{21} = k_1 e^{\Delta E/2}$. The current we choose is the position of the motor. Whenever a jump associated with a transition rate with the superscript $+ (-)$ occurs, this current increases (decreases) by one. For the results shown in Fig. 2, the parameters are $\Delta E = 2$, $\Delta \mu = 20$, $F d = 1$, $w = 10$, $k_1 = 1$, and $k_2 = 1/2$.

The model for a colloidal particle in a periodic potential is described by the overdamped Langevin equation

$$\frac{dx(t)}{dt} = \mu [f - \partial_x U(x(t))] + \sqrt{2D} \xi(t)$$  \hspace{1cm} (17)

where $\mu$ is the mobility, $f$ is a constant external force, $U(x)$ a periodic energy potential, $D$ the diffusion coefficient and $\xi(t)$ a delta-correlated noise source with $\langle \xi(t) \rangle = 0$ and $\langle \xi(t) \xi(t') \rangle = \delta(t - t')$. We consider the periodic potential $U(x) = x/x^*$ for $x \leq x^*$ modulo 1 and $U(x) = (1 - x)/(1 - x^*)$ for $x > x^*$ modulo 1, with $x^* = 1/3$. The other parameters that we used in Fig. 2 in the Main Text are $\mu = D = 1$ and $f = 2$.

### S3. EVALUATION OF THIRD CUMULANT FOR FIG. 5

We have evaluated with numerical simulations the third cumulant associated with the currents $X$ indicated in Fig. 5 in the Main Text. Since, this quantity is extensive with the observation time $t_f$, we have calculated

$$C_3 \equiv \langle (X_f - \langle X_f \rangle)^3 \rangle / t_f,$$  \hspace{1cm} (18)
Cumulative distribution
Probability density

$0.2$
$0.4$
$0.6$
$0.8$
$1$

$t$

$100$

$10$

$100$

Arcsine law
Probability density

a more complex model which describes our experimental setup

We first consider a colloidal particle confined in a harmonic trap $U(x,t) = (1/2)\kappa(t)x^2$ with periodically varying stiffness $\kappa(t) = \kappa_0[2 + \sin(2\pi \nu t)]$ described by the overdamped Langevin equation

$$\frac{dx(t)}{dt} = -\mu k(t)x(t) + \sqrt{2D}\xi(t), \quad (19)$$

where $\xi(t)$ is a delta-correlated Gaussian white noise of zero mean and amplitude one. The Langevin equation (19) is numerically integrated (using Euler’s numerical integration scheme). After a periodic steady-state has been reached, the statistics of $T_1$, associated with the work exerted to the particle defined in the caption of Fig. 8, are computed over different observation times $t_f$ for the work $W(t) = \int_0^t (\partial U/\partial \kappa) d\kappa(t')$ to be above its average value for different values of $t_f$ (see legend). Notice the convergence to the arcsine law (orange line) as $t_f$ is increased.

FIG. 8. Numerical verification of the arcsine law for $T_1$ for a periodically-driven Langevin system. The dynamics of the system is given by Eq. (19), with $\mu = \kappa_0 = \nu = 1$. Different curves show the distribution of $T_1$ for the work $W(t)$ to be above its average value for different values of $t_f$ (see legend). Notice the convergence to the arcsine law (orange line) as $t_f$ is increased.

FIG. 9. Numerical verification of the arcsine law for $T_1$ for a periodically-driven Brownian Carnot engine. Empirical cumulative distribution of the time $T_1$ that the stochastic work elapses above its average obtained from numerical simulations of the Brownian Carnot engine described by Eqs. (20-22). Distributions for the fraction of time $T_1$ over a total observation time $t_f$ corresponding to 1, 2, 4 and 8 cycles of the engine are compared with the theoretical arcsine cumulative distribution (see legend). Inset: Value of the mean value of $T_1$ as a function of the observation time. The orange horizontal line is set at the theoretical value $\langle T_1 \rangle = 1/2$ corresponding to the mean value of Eq. (1). Parameters of the simulations: mass $m = 0$, friction coefficient $\gamma = 8.4 \text{ pNms}/\mu\text{m}$, simulation time step $\Delta t = 1\mu\text{s}$, sampling frequency $f = 2\text{ kHz}$, period $\tau = 100\text{ ms}$ and total time $t_{\text{sim}} = 100\text{ s}$.

We next consider a minimal model for the Brownian Carnot engine [50] for which we report experimental data. The model is given by the following Langevin equation

$$m\ddot{x}(t) = -\gamma \dot{x}(t) - \kappa(t)x(t) + \sqrt{2k_B T(t)}\gamma \xi(t), \quad (20)$$

which models the dynamics of a Brownian particle with mass $m$, immersed in a thermal bath with friction $\gamma$. The particle is traped with a harmonic potential of time-periodic strength $\kappa(t)$ and immersed in a thermal bath of time-periodic temperature $T(t)$ [39, 50]. The trap stiffness is modulated in time following a time-symmetric discrete protocol of period $\tau$

$$\kappa(t) = \begin{cases} \kappa_0 + \alpha t^2 & \text{for } t \in [0,\tau/2] \\ \kappa_0 + \alpha (t - \tau)^2 & \text{for } t \in [\tau/2, \tau] \end{cases}, \quad (21)$$

where $\kappa_0 = 2 \text{ pN}/\mu\text{m}$ is the initial trap stiffness and $\alpha = 4(\kappa_2 - \kappa_0)/\tau^2$, with $\kappa_2 = 20 \text{ pN}/\mu\text{m}$. The temperature follows a time-asymmetric protocol of period $\tau$ given by

$$T(t) = \begin{cases} T_c & \text{for } t \in [0,\tau/4] \\ T_c \sqrt{\frac{\kappa_0 + \alpha t^2}{\kappa_1}} & \text{for } t \in [\tau/4, \tau/2] \\ T_h \sqrt{\frac{\kappa_0 + \alpha (t - \tau)^2}{\kappa_0}} & \text{for } t \in [\tau/2, \tau^\star] \end{cases}, \quad (22)$$

where $T_c = 300 \text{ K}$, $T_h = T_c \sqrt{\kappa_2/\kappa_0} = 526.3 \text{ K}$, and $\tau^\star \simeq 0.76\tau$. The first step in (22) corresponds to a cold isothermal compression, the second step to a microadiabatic [50] compression, the third step corresponds to a hot isothermal expansion and the fourth step to a microadiabatic expansion.

We perform numerical simulations of Eq. (20) under the periodic driving of both trap strength (21) and...
temperature modulation (22). In our simulations, we measure the fraction of time $T_i = \frac{1}{t_f} \int_0^{t_f} dt \theta(W(t) - \langle W(t) \rangle)$ that the work exerted on the particle $W(t) = \int_0^t (\partial U/\partial t')dt'$ is above its average value $\langle W(t) \rangle$. Our numerical results show that the cumulative distribution of $T_i$ tends to the cumulative distribution $F(T_i) = (2/\pi) \arcsin(\sqrt{T_i})$ (see Fig. 9), when increasing the observation time $t_f$, in agreement with the arcsine law for $T_i$. The inset of Fig. 9 shows that the mean value of $T_i$ converges to 1/2, in agreement with the average of the distribution given by Eq. (1) in the Main Text.

S5. EXPERIMENTAL DATA

Figure 10 illustrates the experimental setup used to test the arcsine law for $T_i$ which was previously described [39]. The setup is based on a horizontal self-built inverted microscope, where the sample is illuminated by a white lamp while the image is captured by a CCD camera. An infrared diode laser (wavelength $\lambda = 980$ nm) is highly focused by a high numerical aperture (NA) immersion oil objective to create the optical trap. A laser controller (Arroyo Instruments 4210) controls the optical power, and therefore the trap strength $\kappa$, at a maximum rate of 250 kHz using an external voltage $V_e$.

Polystyrene beads (G. Kisker-Products for Biotechnology, PPs-1.0, diameter $d = (1.00 \pm 0.05) \mu$m) are diluted in Milli-Q water to a final concentration of a few microspheres per mL. The solution is injected into a custom-made electrophoretic chamber. Two aluminium electrodes are placed at the two ends of the chamber to apply a controllable voltage to the sample. The applied voltage is a computer-generated Gaussian white noise signal of amplitude $V_T$ [49]. Both $V_e$ and $V_T$ are controlled by the same signal generator (Tabor electronics, WW5062) run by a custom-made LabView software. In the case of $V_T$, the output signal of the signal generator is amplified 1000 times with a high-voltage power amplifier (TREK, 623B).

The particle is tracked using an additional green laser (wavelength $\lambda = 532$ nm) collimated by a microscope objective ($\times$10, NA 0.10) and sent through the trapping objective O1. The light scattered by the trapped object is collected by the objective O2 (Olympus, 40×, NA 0.75) and projected into a quadrant photo detector (QPD, Newfocus 2911), which has maximum acquisition frequency of 200 kHz. The signal is transferred through an analog-to-digital conversion card (National Instruments PCI-6120).

The nano-detection system is calibrated using the statistics of the thermal fluctuations of the bead trapped with a static trap at room temperature [57]. The input voltage controls the noise intensity and can be related to the effective temperature of the particle $T = \kappa(x^2)/k_B$ as $T = T_{\text{water}} + S_T V_T^2$, where $S_T(K/V^2)$ is the calibration factor and $T_{\text{water}} = 300$ K the temperature of the water.

Using the fine simultaneous control of $V_e$ and $V_T$ we implement thermodynamic cycles of periods ranging from $\tau = 20$ ms to $\tau = 200$ ms during a total experimental time $t_{\text{exp}} = 50$ s following the time-dependent protocols for the trap stiffness $\kappa(t)$ and bead temperature $T(t)$ given by Eqs. (21) and (22), respectively. Traces of the bead position $x(t)$ with sampling frequency $f_{\text{acq}} = 2$ kHz are obtained using the aforementioned calibration methods and used to calculate the statistics of the work done on the bead.

Using the time traces of the stochastic work $W(t)$ we determine the empirical average $\left\langle W(t) \right\rangle = N_{\text{cycle}}^{-1} \sum_{i=1}^{N_{\text{cycle}}} W_i(t)$ with $N_{\text{cycle}} = t_f/\tau$ given by the total number of cycles of period $\tau$. We use the empirical value of $\left\langle W(t) \right\rangle$ to measure the fraction of time $T_i$ that the work stays above its average value. This procedure is done for different values of the total observation time $t_f$ under different experimental conditions. Figure 11 shows that the cumulative distribution of $T_i$ tends to the arcsine distribution $F(T_i) = (2/\pi) \arcsin(\sqrt{T_i})$ for large observation time $t_f$ for several values of $\tau$.

FIG. 10. Sketch of the experimental setup. A single microscopic colloid (grey sphere) is trapped with an optical-tweezer setup constructed with an infrared trapping laser (red). The position of the particle is tracked with an additional detection laser (green). An external noisy electrostatic field controls the amplitude of the fluctuations of the particle following the whitenoise technique [49].
FIG. 11. Experimental test of the arcsine law for $T_1$ in the Brownian Carnot engine for different values of the cycle period $\tau$. Cumulative distribution of the fraction of time $T_1$ the stochastic work elapses above its average value calculated for different values of the observation time $t_f$ (blue, red, green, purple, see legend) compared to the theoretical prediction from the arcsine law $F(T_1) = (2/\pi) \arcsin(\sqrt{T_1})$ (orange line). Inset: Finite-size scaling for the two-sample Kolmogorov-Smirnov statistic that measures the distance between the empirical cumulative distributions of $T_\infty$ and samples of $T$ drawn from a reference arcsine distribution. Here the black lines are a guide to the eye.