FORMING AN O STAR VIA DISK ACCRETION?

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ABSTRACT

We present a study of outflow, infall, and rotation in a \( \sim10^5 L_{\odot} \) star-forming region, IRAS 18360-0537, with Submillimeter Array and IRAM 30 m observations. The 1.3 mm continuum map shows a 0.5 pc dust ridge, of which the central compact part has a mass of \( \sim80 M_{\odot} \) and harbors two condensations, MM1 and MM2. The CO (2–1) and SiO (5–4) maps reveal a biconical outflow centered at MM1, which is a hot molecular core (HMC) with a gas temperature of 320±50 K and a mass of \( \sim13 M_{\odot} \). The outflow has a gas mass of 54 \( M_{\odot} \) and a dynamical timescale of 8×10^3 yr. The kinematics of the HMC are probed by high-excitation \( \text{CH}_3\text{OH} \) and \( \text{CH}_3\text{CN} \) lines, which are detected at subarcsecond resolution and unveil a velocity gradient perpendicular to the outflow axis, suggesting a disk-like rotation of the HMC. An infalling envelope around the HMC is evidenced by CN lines exhibiting a profound inverse P Cygni profile, and the estimated mass infall rate, 1.5×10^{-3} M_{\odot} yr^{-1}, is well comparable to that inferred from the mass outflow rate. A more detailed investigation of the kinematics of the dense gas around the HMC is obtained from the \(^{13}\text{CO}\) and \( \text{C}^{18}\text{O} \) (2–1) lines; the position–velocity diagrams of the two lines are consistent with the model of a free-falling and Keplerian-like rotating envelope. The observations suggest that the protostar of a current mass \( \sim10 M_{\odot} \) embedded within MM1 will develop into an O star via disk accretion and envelope infall.

Key words: ISM: jets and outflows – ISM: kinematics and dynamics – stars: early-type – stars: formation

Online-only material: color figures

1. INTRODUCTION

The formation process of high-mass stars (>8 \( M_{\odot} \)) is poorly understood (Zinnecker & Yorke 2007). One key question in the field is whether high-mass stars form as a scaled-up version of low-mass star formation (e.g., Keto & Zhang 2010; Johnston et al. 2011). In a standard paradigm of low-mass star formation, a protostar accretes from a circumstellar disk embedded within an infalling envelope (Shu et al. 1987). Since accretion disks and collimated outflows are physically connected, the detection of well-collimated outflows in an increasing number of high-mass star-forming regions supports an accretion-based scenario for massive star formation (e.g., Beuther et al. 2002; Zhang et al. 2007a, 2007b; Qiu et al. 2007, 2011a; Qiu & Zhang 2009; Zapata et al. 2011). In the meantime, great efforts have been made in searching for direct evidence for an infalling envelope and a rotating disk in association with massive star formation. Nevertheless, only a very few massive star-forming cores have been found to show signatures of both infall and rotation. Beltrán (2011) enlists a sample of six such sources from the literature, G10.62-0.38, G19.61-0.23, G24.78+0.08 A1, G31.41+0.31, W51 e2, and W51 North. But some more cases exist (e.g., NGC 7538 IRS 1, Qiu et al. 2011b; Beuther et al. 2012). In these studies, a rotation is inferred from a velocity gradient seen in high-density tracing molecular lines and an infall is probed by molecular lines with redshifted absorption against a bright continuum source. Even this small sample should be taken with caution. For example, the orientations of the velocity gradients may change by tens of degrees, depending on the lines being analyzed (e.g., W51 e2, Zhang & Ho 1997; Zhang et al. 1998; Keto & Klaassen 2008; Klaassen et al. 2009). Meanwhile, if a velocity gradient arises from a rotating disk it is expected to be perpendicular to a bipolar outflow, but for most sources in the sample such an association between a putative disk and an outflow is yet to be confirmed (e.g., G31.41+0.31, Cesaroni et al. 2011, and references therein). Therefore, identifying and characterizing clear-cut examples showing self-consistent outflow, infall, and rotation motions remain of great interest to our understanding of massive star formation. Here we present such a study toward IRAS 18360-0537, using Submillimeter Array (SMA) 0.5′–1.5′ resolution observations in the 1.3 mm waveband.

IRAS 18360-0537 has a kinematic distance of 6.3 kpc and a far-IR luminosity of 1.2×10^5 L_{\odot} (Molinari et al. 1996). In earlier single-dish surveys, the region was found to be associated with water maser emission (Palla et al. 1991; Brand et al. 1994) and thermal NH3 (Molinari et al. 1996) and CS (Bronfman et al. 1996) emission. There is so far no report on high-angular-resolution observations of the region in (sub)millimeter or centimeter wavelengths.

2. OBSERVATIONS

The SMA observations were undertaken in two frequency setups, each with two array configurations. The observing campaign was designed to cover CO, \(^{13}\text{CO}\), \( \text{C}^{18}\text{O} \) (2–1), and several \( \text{CH}_3\text{OH} \) and \( \text{CH}_3\text{CN} \) lines in one frequency setup and to cover CN (\( N = 2 \rightarrow 1 \)) and SiO (5–4) lines in the other setup. The CO and SiO lines are typical outflow tracers, while the CN lines may reveal potential infall signatures in high-mass star-forming...
cores (Zapata et al. 2008; Wu et al. 2009). The kinematics of the innermost dense gas can be inferred from high-excitation CH$_3$OH and CH$_3$CN lines. The details of the observations are presented in Table 1.

The data were calibrated using the IDL MIR package, and imaged with the MIRIAD software. A continuum data set was constructed from line-free channels using the MIRIAD task UVLIN. We performed self-calibration on the continuum, and applied the solutions to both continuum and line data sets. For molecular line maps within each frequency setup, the calibrated visibilities from the two array configurations were jointly imaged. The angular resolution (the synthesized beam, $\theta_{\text{syn}}$) and its position angle, P.A., and rms noise level, $\sigma$, of a map vary with the visibility weighting algorithm. Most maps were made with a compromise between resolution and sensitivity (e.g., varying the ROBUST parameter), resulting in $\theta_{\text{syn}} \sim 2''7 \times 1''4$ at P.A. $\sim 62^\circ$, $\sigma \sim 50$ mJy beam$^{-1}$ per 1.5 km s$^{-1}$ in CO lines, $\theta_{\text{syn}} \sim 2'0 \times 1'4$ at P.A. $\sim 64^\circ$, $\sigma \sim 30$ mJy beam$^{-1}$ per 1.5 km s$^{-1}$ in SiO (5–4), and $\theta_{\text{syn}} \sim 1'4 \times 1'3$ at P.A. $\sim 57^\circ$, $\sigma \sim 35$ mJy beam$^{-1}$ per 0.6 km s$^{-1}$ in CN lines. To achieve the highest possible angular resolution, which is desirable in searching for disk-like structures, the CH$_3$OH and CH$_3$CN lines were made with a uniform weighting, leading to $\theta_{\text{syn}} \sim 0'8 \times 0'6$ at P.A. $\sim 20^\circ$, $\sigma \sim 65$ mJy beam$^{-1}$ per 0.6 km s$^{-1}$. For the 1.3 mm continuum emission, we made a map combining visibilities from all four array configurations (Figure 1(a)), with $\theta_{\text{syn}} \sim 1'6 \times 1'2$ at P.A. $\sim 68^\circ$, $\sigma \sim 1.5$ mJy beam$^{-1}$, and a map combining the EXT and VEX data (Figure 1(b)), with $\theta_{\text{syn}} \sim 0'6 \times 0'5$ at P.A. $\sim 18^\circ$, $\sigma \sim 2.7$ mJy beam$^{-1}$.

The IRAM$^7$ 30 m telescope was used to fill the zero spacing of the SMA maps in CO and $^{13}$CO (2–1). The observations were conducted on 2007 November 1. A $2' \times 2'$ region centered at (R.A., decl.)$^{\text{J2000}} = (18^h38^m40.3s, -5^\circ35'6''0'')$ was mapped in the on-the-fly mode. Scans were made in both right ascension and declination directions in an effort to prevent systematic scanning effects from appearing in the data. The receiver was tuned to 230.538 GHz and 220.399 GHz for the CO and $^{13}$CO (2–1) lines, respectively, and the spectra have a 0.4 km s$^{-1}$ resolution. The spectra were processed using CLASS in the GILDAS software package. The CO spectra have an rms noise level of 1.1 K and the $^{13}$CO spectra have an rms of 0.5 K in $T_{\text{mb}}$. The combination of the SMA and single-dish data was performed in MIRIAD following a procedure outlined in Zhang et al. (1995).

3. RESULTS

3.1. Dust Condensations

Figure 1(a) shows the 1.3 mm continuum map made from observations conducted with the four array configurations. The emission reveals a northwest–southeast (NW–SE) ridge with a bright and compact part at the center. In Figure 1(b), relatively extended emission is filtered out in the map made with the EXT and VEX data, and the central part is resolved into two condensations, MM1 and MM2. This work focuses on the brightest dust condensation, MM1. It shows very faint free–free emission ($\sim 0.5$ mJy at 1–3 cm) in our Very Large

\begin{table}[h]
\centering
\caption{Summary of SMA Observations}
\begin{tabular}{lcccccccc}
\hline
Obs. Date & Array Conf. & Freq. Cove. (GHz) & Spec. Res. & Bandpass Cal. & Gain Cal. & Flux Cal. & $T_{225\text{GHz}}$
\hline
2007 May 17 & VEX (6) & 219.3–221.3 & 229.3–231.3 & 406.25 & 3C273 & J1743-038, J1911-201 & Vesta & 0.1
2007 Jul 8 & Comp. (8) & 219.3–221.3 & 229.3–231.3 & 406.25 & 3C273 & J1743-038, J1911-201 & Vesta & 0.07
2008 May 21 & Comp. (8) & 215.4–217.4 & 225.4–227.4 & 812.5 & 3C273 & J1743-038, J1911-201 & Callisto & 0.15
2008 Jul 19 & EXT (6) & 215.4–217.4 & 225.4–227.4 & 406.25 & 3C273, 3C454.3 & J1743-038, J1911-201 & Uranus & 0.07
\hline
\end{tabular}
\end{table}

Notes. Column 1: observing dates. Column 2: array configurations, with the very extended, compact, and extended configurations abbreviated to VEX, Comp., and EXT, respectively; the figure in parentheses denotes the number of antennas used for each observation. Columns 3 and 4: approximate ranges of rest frequencies covered in the lower sideband (LSB) and upper sideband (USB). Column 5: spectral resolutions. Columns 6–8: bandpass, time-dependent gain, and absolute flux calibrators. Column 9: the averaged 225 GHz opacity.
Taking into account the optical depth effect, the VEX data. 8 The relatively low-excitation \( K = 0, 1 \) components are resolved out in the VEX data.

MM1 shows rich emission lines in complex organic molecules, e.g., CH\(_3\)OH, CH\(_3\)CN, C\(_2\)H\(_5\)CN, and C\(_2\)H\(_3\)CN. The CH\(_3\)CN (12–11) \( K \)-ladder is a good thermometer of dense gas in high-mass star-forming regions. Following Qiu & Zhang (2009) and Qiu et al. (2011b), we simultaneously fit the \( K = 2–8 \) components, taking into account the optical depth effect. The systemic velocity, 103.5 km s\(^{-1}\), is determined from Gaussian fits to the \( K = 7, 8 \) components, which are of the highest excitation and not heavily blended with other lines. This determination is confirmed by the CH\(_2\)CN (25,2–24,2) and CH\(_3\)CN (12,2–11,2) lines (see Figure 2), to which Gaussian fits give velocities of 102.9 and 103.5 km s\(^{-1}\), respectively. In Figure 2, the best-fit model reasonably matches the observation, and yields a gas temperature of 320 ± 50 K, where the uncertainty accounts for the 1σ noise level. The fit assumes that all the \( K \) components are tracing the same gas under local thermodynamic equilibrium conditions. Given potential density and temperature gradients for an internally heated protostellar core, the best-fit model may represent a characteristic estimate.

Assuming thermal equilibrium between the dust and dense gas, the derived gas temperature in MM1 approximates the dust temperature. To constrain the dust opacity index, \( \beta \), we make use of the 880 μm continuum data obtained from recent SMA observations. By comparing the 1.3 mm and 880 μm continuum maps constructed with the same (\( u, v \)) range, we deduce \( \beta = 0.82 \) toward MM1 and \( \beta = 0.50 \) toward MM2, corresponding to dust opacities of 2.5 and 4.3 cm\(^2\) g\(^{-1}\), respectively, at 1.3 mm (Hildebrand 1983). The gas mass of MM1 is then estimated from its 1.3 mm dust continuum flux, 0.76 Jy, to be 13 \( M_\odot \), by adopting a canonical gas-to-dust mass ratio of 100. The mass of MM2 is less clear given its unknown gas or dust temperature. Adopting a temperature of 30 K deduced from prior NH\(_3\) observations (Molinari et al. 1996), one obtains a mass of 25 \( M_\odot \) from the continuum flux of 0.2 Jy.

### 3.2. Bipolar Outflow

Figure 3 shows the velocity-integrated CO (2–1) and SiO (5–4) emission observed with the SMA. Both CO and SiO emission seem to be dominated by a northeast–southwest (NE–SW) bipolar outflow centered at MM1. The outflow has a biconical shape with a opening angle of ~65°. Such an outflow is often thought to form from ambient gas being swept up or entrained by a wide-angle wind (e.g., Shepherd et al. 1998; Qiu et al. 2009). A blueshifted clump to the south of MM1 and a redshifted clump to the north, which are more prominent

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**Figure 2.** Spectra toward MM1, covering the \( K = 2–8 \) ladder of CH\(_3\)CN (12–11), with the observations shown as black histograms and the best-fit LTE model as dashed lines. The CH\(_3\)CN (12–11) \( K = 2–8 \) components are labeled with solid bars, and the CH\(_3^1\)CN (12–11) \( K = 0–6 \) components with dotted bars. Some other lines covered in the frequency range are also labeled. (A color version of this figure is available in the online journal.)

**Figure 3.** (a) CO (2–1) emission observed with the SMA, and integrated from 69 to 99 km s\(^{-1}\) for the blueshifted lobe and from 106.5 to 139.5 km s\(^{-1}\) for the redshifted lobe, shown in blue and red contours, respectively. The starting and spacing contour levels are 10% of the peak emission, which is 56.4 Jy beam\(^{-1}\) km s\(^{-1}\) for the blueshifted lobe and 71.3 Jy beam\(^{-1}\) km s\(^{-1}\) for the redshifted lobe. The gray curves outline a biconical outflow, and the two arrows indicate the orientation of the outflow axis. A dotted line marks the direction of a velocity gradient seen in MM1 (see Figure 8). (b) The same as (a), but for SiO (5–4). The blueshifted lobe is integrated from 88.5 to 102 km s\(^{-1}\), and the redshifted lobe from 105 to 118.5 km s\(^{-1}\). The starting and spacing contour levels are 10% of the peak emission, which is 6.7 Jy beam\(^{-1}\) km s\(^{-1}\) for the blueshifted lobe and 7.3 Jy beam\(^{-1}\) km s\(^{-1}\) for the redshifted lobe. (A color version of this figure is available in the online journal.)
in the CO map, could be part of the biconical outflow if the wide-angle wind is slightly inclined to the plane of the sky and impinges into an environment with an inhomogeneous density structure. However, the possibility that the two clumps form another outflow cannot be ruled out.

Figure 4 shows the velocity channel maps of the CO emission observed with the SMA; at low velocities (96–112.5 km s$^{-1}$), the maps made with the combined SMA and IRAM 30 m (SMA+30 m) data are also presented. It is clear that the combined data effectively recover extended emission around the cloud velocity. Emission arising from outflow structures appears predominant in channels of $\leq$100.5 km s$^{-1}$ and $\geq$106.5 km s$^{-1}$. In particular, the cone-shaped structure of the SW lobe is most noticeable in the 106.5 km s$^{-1}$ channel map. The emission at 111.0 and 112.5 km s$^{-1}$ is mostly filtered out in the SMA maps and appears to be dominated by diffuse gas in the combined maps. This is most likely due to the self-absorption effect caused by a foreground cloud. Figure 5 shows the SiO (5–4) channel maps. SiO is believed to be produced in the gas phase through shock-driven sputtering of Si-bearing species on dust grains (Schilke et al. 1997). Therefore, the SiO emission is not contaminated by emission from quiescent ambient gas. As seen in the integrated map, the SiO outflow is in general consistent with the outflow seen in the CO emission.

Figure 6 shows the SMA $^{13}$CO (2–1) channel maps as well as the SMA+30m maps at low velocities. The $^{13}$CO emission arising from the NE–SW outflow is less extended than that in CO (2–1), but is still appreciable in the channels of 94.5–108.0 km s$^{-1}$ (except the 103.5 km s$^{-1}$ channel). In the close vicinity of MM1, the $^{13}$CO emission peaks to the NW of MM1 at blueshifted velocities and to the SE at redshifted velocities; the offset between the $^{13}$CO peak and dust continuum peak decreases with velocity so that the $^{13}$CO emission approximately coincides with MM1 at the highest velocities. On the other hand, the CO (2–1) emission peak is clearly offset from MM1 even at the highest velocities, and
shifts from the NE to SW. Such a difference is highlighted in Figure 7. While the relatively extended emission in $^{13}$CO traces the outflow, the compact and bright emission closely around MM1 arises predominantly from a dense envelope.

3.3. Velocity Gradients in High-excitation CH$_3$OH and CH$_3$CN Lines

The $^{13}$CO (2–1) observations provide hints for the rotation of dense gas around MM1 (Figure 7). However, the $^{13}$CO (2–1) line is affected by the outflow and, with a critical density, $n_{\text{cr}}$, of order $10^4$ cm$^{-3}$ and an upper level energy, $E_{\text{up}}$, around 16 K above the ground, cannot effectively probe the hot and dense gas within MM1. To search for a potential disk-like structure, which is supposed to lie in the innermost part of a molecular core, we inspected high-excitation lines from less abundant molecular species. A NW–SE velocity gradient across MM1 is consistently seen. Figure 8 shows the zeroth moment (velocity-integrated emission) and first moment (intensity-weighted velocity) maps, and position–velocity (P–V) diagrams of the CH$_3$OH (15$_{4,11}$–10$_{3,13}$)E, CH$_3$CN (12$_7$–11$_7$), and vibrational CH$_3$CN (12$_{12}$–11$_{12}$) lines. These lines are chosen for the following reasons. First, they are highly excited ($E_{\text{up}} > 350$ K) and, as evidenced by the zeroth moment maps, probe the innermost dense gas in MM1. Second, they are not significantly blended with other lines; CH$_3$CN (12$_7$–11$_7$) is slightly blended with CH$_3$CN (12$_5$–11$_5$), but the two lines are $\sim 9.5$ km s$^{-1}$ apart and the former is three times brighter than the latter, so it is feasible to ignore the contribution from CH$_3$CN (12$_5$–11$_5$) in interpreting CH$_3$CN (12$_7$–11$_7$). Finally, these lines are detected with sufficient signal-to-noise ratios in the VEX observations so that the velocity gradient is discernible at a 0$''$4 resolution; some other lines with a higher $E_{\text{up}}$, e.g., CH$_3$CN (12$_8$–11$_8$), or with a lower optical depth, e.g., CH$_3$CN (12$_2$–11$_2$), are subject to limited signal-to-noise ratios and barely show the NW–SE velocity gradient.

From the first moment maps of CH$_3$OH (15$_{4,11}$–16$_{3,13}$)E and CH$_3$CN (12$_7$–11$_7$), the velocity gradient is approximately along a P.A. of 140$^\circ$, which is adopted for the cut of the P–V diagrams. The vibrational CH$_3$CN (12$_7$–11$_7$) line has the highest excitation and lowest signal-to-noise ratio among the three lines shown here. The direction of the velocity gradient in its first-moment map is less clear, but an overall NW–SE gradient is still discernible and the P–V pattern is consistent with those of the other two lines. Compared to the orientation of the biconical NE–SW outflow, the CH$_3$OH and CH$_3$CN velocity gradient is approximately perpendicular to the outflow axis, and apparently arises from a disk-like rotation. However, neither the dust continuum nor the molecular line maps of the MM1 condensation show a flattened morphology. This is very likely due to the insufficient angular resolutions ($\gtrsim 0$'5) of the observations.

3.4. Infall Signatures Seen in CN ($N = 2$–1)

Several CN (N = 2–1) hyperfine lines are detected toward MM1. The brightest three, i.e., the $J = 5/2$–3/2, $F = 5/2$–3/2 ($v_0 = 226.87417$ GHz), $J = 5/2$–3/2, $F = 7/2$–5/2 (226.87474 GHz), and $J = 5/2$–3/2, $F = 3/2$–1/2 (226.87590 GHz) lines, are heavily blended and form a triplet. Besides the triplet, the $J = 3/2$–1/2, $F = 5/2$–3/2 (226.65956 GHz) and $J = 3/2$–1/2, $F = 3/2$–1/2 (226.67931 GHz) lines are also detected; these two lines do not suffer from line blending and the brighter one, CN (N = 2–1, $J = 3/2$–1/2, $F = 5/2$–3/2), is shown in Figure 9. The CN (N = 2–1) transitions have $E_{\text{up}} \sim 16$ K and $n_{\text{cr}}$ of order $10^3$ cm$^{-3}$, probing relatively cold gas in a dense envelope around

![Figure 5. SMA SiO (5–4) velocity channel maps. Solid and dotted contours show the positive and negative emission, respectively, with the same absolute levels starting from and increasing in steps of 0.12 Jy beam$^{-1}$.](image-url)
Figure 6. SMA $^{13}$CO (2–1) velocity channel maps. For channels of 96–112.5 km s$^{-1}$, the maps made with the combined SMA and IRAM 30 m data are shown at the bottom. The contour levels start from and increase in steps of 0.3 Jy beam$^{-1}$.

(A color version of this figure is available in the online journal.)

Figure 7. (a) A close-up view of the SMA CO (2–1) velocity-integrated map. Blue and red contours show emission integrated from 69 to 100.5 km s$^{-1}$ and from 106.5 to 139.5 km s$^{-1}$, respectively. The contour levels start from 20% and increase in steps of 10% of the peak emission, which is 59.1 and 71.3 Jy beam$^{-1}$ km s$^{-1}$ for the blue and red lobes, respectively. (b) The same as (a), but for $^{13}$CO (2–1), showing emission integrated from 85 to 102 km s$^{-1}$ and from 105 to 120 km s$^{-1}$. The peak emission is 37.7 and 26.2 Jy beam$^{-1}$ km s$^{-1}$ for the blue and red lobes, respectively.

(A color version of this figure is available in the online journal.)
MM1. All the detected CN lines show emission at blueshifted velocities and absorption at redshifted velocities, i.e., an inverse P Cygni profile. Such a profile is often interpreted to indicate an infall of matter, whereas the absorption mostly comes from the gas on the near side of a central source and the emission is attributed to the gas on the far side (e.g., Zapata et al. 2008; Wu et al. 2009; Qiu et al. 2011b). Therefore, the CN lines probe an infalling envelope around MM1. In Figure 9, the peak velocities of the emission and absorption are slightly asymmetric with respect to the systemic velocity. This could in part be due to the uncertainty in determining the systemic velocity, which is estimated to be 103.5 km s$^{-1}$ in our data but was suggested to be 102.3 km s$^{-1}$ based on single-dish NH$_3$ observations (Molinari et al. 1996).

4. DISCUSSION

4.1. An Accreting Star of $\sim$10 $M_\odot$

MM1 has a gas temperature of 320 K and molecular chemistry characteristic of a hot molecular core (HMC). At least one high-mass protostar has formed in MM1. On the other hand, only very faint and spatially unresolved radio continuum emission is detected. The emission may arise from an ionized jet or wind, or from a hypercompact H II region. In the latter case, the central ionizing star has an equivalent spectral type of B0.5, corresponding to a stellar mass, $M_*$, of 12 $M_\odot$ (Schaller et al. 1992). The mass of the outflowing gas can also shed light on the stellar mass of the protostar. Assuming that the molecular outflow is momentum driven by an underlying wind,
the accumulated mass ejected to the wind is $M_{\text{out}}v_{\text{out}}/v_w$, where $M_{\text{out}}$ is the outflow mass, $v_{\text{out}}$ the outflow velocity, and $v_w$ the wind speed. The mass-loss rate to the wind is a fraction, $f$, of the mass infall rate; thus the mass of the forming star can be expressed as $(M_{\text{out}}v_{\text{out}}/v_w)(1 - f)/f$ (see also Lada & Fich 1996). The outflow mass is calculated from the CO line wings ($\lesssim 100.5 \text{ km s}^{-1}$ and $\gtrsim 106.5 \text{ km s}^{-1}$), assuming an excitation temperature of 30 K and a CO abundance of $10^{-4}$. To correct for the optical depth effect, we compare the CO and $^{13}$CO (2–1) fluxes and adopt a C-to-$^{13}$C abundance ratio of 37 (Wilson & Rood 1994). A more detailed description of the calculation procedure can be found in Qiu et al. (2009). We derive an outflow mass of $54 \, M_\odot$ with the combined SMA and IRAM 30 m data. The maximum velocity of the outflow observed in CO (2–1) is about 36 km s$^{-1}$. Adopting a wind speed of 500 km s$^{-1}$ (e.g., Marta et al. 1998) and $f = 1/3$ (Tomisaka 1998; Shu et al. 2000), the accumulated stellar mass is about $8 \, M_\odot$, in agreement with the above estimate.

The stellar luminosity of a $\sim 10 \, M_\odot$ star at the zero-age main sequence (ZAMS) is $\sim 10^4 \, L_\odot$, only a small fraction of the total luminosity observed in IRAS 18360-0537 ($\sim 10^5 \, L_\odot$). The majority of the observed luminosity presumably comes from accretion shocks. The accretion luminosity can be estimated from $GM_*/M/R_*$, where $M$ is the mass flux of the accretion onto the star and $R_*$ the radius of the star. Again, under the assumption of momentum conservation between the molecular outflow and the underlying wind, $M$ can be inferred from the mass outflow rate. Without correcting for an unknown inclination angle, the dynamical timescale of the outflow, i.e., a half of the outflow extension ($\sim 0.3$ pc) divided by the terminal velocity, is about $8 \times 10^3$ yr. The mass outflow rate is then $7 \times 10^{-3} \, M_\odot$ yr$^{-1}$, leading to a mass infall rate of $1.5 \times 10^{-3} \, M_\odot$ yr$^{-1}$ and $M \sim 1.0 \times 10^{-3} \, M_\odot$ yr$^{-1}$. If we adopt a radius of $4R_\odot$ for a 10 $M_\odot$ star at the ZAMS (Panagia 1973; Schaller et al. 1992), the accretion luminosity amounts to $8 \times 10^3 \, L_\odot$, which does appear to dominate the total luminosity.

Alternatively, according to the model of Hosokawa et al. (2010), massive protostars with disk accretion rates of $10^{-3} \, M_\odot$ yr$^{-1}$ attain a total luminosity of $\sim 10^5 \, L_\odot$ as $M_*$ increases to $\sim 15 \, M_\odot$, and reach the ZAMS for $M_* \simeq 30 \, M_\odot$. In this model, the stellar radius swells to tens of $R_\odot$ as $M_*$ reaches $\sim 10 \, M_\odot$, so the accretion luminosity is only of order $10^4 \, L_\odot$, while the stellar radiation, which comes from the release of the gravitational energy, dominates the total luminosity. The large radius of the protostar also reduces the effective temperature and the UV luminosity; thus the faint radio continuum emission is expected to arise from an ionized jet or wind.

Nevertheless, the protostar embedded in MM1 appears to have a current mass of $\sim 10 \, M_\odot$ and is in an active accretion phase.

### 4.2. Rotation and Infall

Is the accretion onto the central high-mass protostar mediated by a rotating disk? The observed CO and SiO outflow supports a positive answer since a biconical outflow is expected to originate from an accretion disk in low-mass star formation (see Qiu et al. (2009) for a detailed comparison between wide-angle outflows in low-mass and high-mass star formation). The high-excitation CH$_3$OH and CH$_3$CN lines observed at subarcsecond resolution provide direct evidence for the rotation of the HMC. There seem to be hints of a Keplerian-like motion in the $P-V$ diagrams of the high-excitation lines. For example, in the upper right quadrant of Figure 8(e), the maximum velocity increases with decreasing offset; in the lower left quadrant of Figure 8(d), a secondary peak around 98.5 km s$^{-1}$ could also be attributed to a Keplerian-like motion.

A more detailed investigation of the rotation curve of the HMC awaits future observations with greatly improved resolution and sensitivity. Here we look into the lines from more abundant molecular species, i.e., C$^{18}$O and $^{13}$CO, which may help to deliver a more complete view of the velocity field for a dense gas on a larger scale (e.g., Cesaroni et al. 2011). $^{13}$CO (2–1) can be contaminated by the outflow but, from Figure 7, the emission in the close vicinity of MM1 is dominated by the dense envelope. In Figure 10(a) we plot the $^{13}$CO and C$^{18}$O $P-V$ diagrams, cut along the P.A. of 140°. We note that the $^{13}$CO and C$^{18}$O emission arises from a region encompassing both MM1 and MM2. However, from the $P-V$ diagrams the velocity field cannot be
ascribed to the orbiting motion of a binary. In particular, the high-excitation lines shown in Figure 8 are not detected toward MM2; these lines show a clear velocity gradient across MM1. In Figure 10, the CH$_3$CN, C$^{18}$O, and $^{13}$CO emission seems to arise from different layers of a coherent structure centered at MM1, whereas MM2 is likely a fragment of this structure. Despite the missing flux closely around the cloud velocity, the $^{13}$CO $P$–$V$ diagram shows a concave outer edge and is slightly skewed in a sense consistent with the velocity gradient seen in CH$_3$OH and CH$_3$CN. A similar pattern is discernible in the C$^{18}$O $P$–$V$ diagram, though the emission has a lower velocity dispersion and a smaller spatial extent compared to the $^{13}$CO emission. Such a $P$–$V$ pattern may characterize a combination of infall and rotation (Cesaroni et al. 2011; Tobin et al. 2012). To corroborate this interpretation, we overlay in Figure 10 a free-falling and Keplerian-like rotation model which is described by Cesaroni et al. (2011). Since the C$^{18}$O and $^{13}$CO emission mostly traces outer layers around the HMC, we set a central dynamical mass of 25 $M_{\odot}$, which is approximately the combined mass of the HMC and the embedded high-mass protostar, and an inner truncation radius of 0'25 (0.008 pc), which is approximately the deconvolved radius of the CH$_3$OH and CH$_3$CN emission; the outer radius is set to be 3'5 (0.1 pc), roughly the radius of the C$^{18}$O and $^{13}$CO emission. The model constructed (solid curve) fits the C$^{18}$O and $^{13}$CO $P$–$V$ diagrams reasonably except for the high-velocity tail close to the zero offset seen in $^{13}$CO. That high-velocity tail can be partly ascribed to the inner rotating and infalling gas, as illustrated by a scaled-down model (dashed curve in Figure 10) with a central mass of 10 $M_{\odot}$ and outer and inner radii of 0'25 and 0'032 (200 AU), respectively, but it may also arise from the outflowing gas. Overall the bulk $^{13}$CO and C$^{18}$O emission delineates an infalling and rotating envelope around the HMC.

To assess the envelope mass, we performed a two-component Gaussian fit to the central compact part of the dust ridge with the MIRIAD task IMFIT, and derived a flux of 0.96 Jy for the component encompassing MM1. Subtracting the HMC contribution (0.76 Jy, see Section 3.1), the dust continuum flux from the cool envelope amounts to 0.2 Jy, resulting in a gas mass of 42 $M_{\odot}$ for $\beta = 0.82$ and an adopted temperature of 30 K (Molinari et al. 1996). From the fit, the MM2 component has a flux of 0.2 Jy, consistent with the measurement based on Figure 1(b) (Section 3.1). Hence, the total mass of the central compact part of the dust ridge reaches 80 $M_{\odot}$, whereas the mass of the envelope traced by the $^{13}$CO and C$^{18}$O emission amounts to 67 $M_{\odot}$. Such a massive envelope is presumably gravitationally unstable. Indeed, MM2 is likely the consequence of the fragmentation of the envelope. However, the HMC itself has a gas mass (13 $M_{\odot}$) comparable to the mass of the accreting protostar (10 $M_{\odot}$); thus the latter can have an appreciable stabilizing effect on the former. Cesaroni et al. (2007) suggest that a rotational structure of a mass comparable to that of the central protostar, which is in turn less than 20 $M_{\odot}$, resembles an accretion disk rather than a transient toroid. In this sense, we may expect that as the central protostar continues to accrete and increase its mass, the rotating HMC serves as an accretion disk, and finally dissipates by enhanced UV radiation (e.g., by photoevaporation; Hollenbach et al. 1994) rather than by gravitational fragmentation.

The infall motion of the envelope around the HMC is not only appreciable in the C$^{18}$O and $^{13}$CO $P$–$V$ diagrams, but also more unambiguously evidenced by the CN hyperfine lines with a profound inverse P Cygni profile. The mass infall rate can be estimated from $4\pi r^2\rho V_{in}$, where the infall velocity $V_{in}$ is about 1.5 km s$^{-1}$ according to the CN ($N = 2–1$) profiles (e.g., Figure 9), $r$ is the radius of the envelope, and $\rho$ is the mass density. Considering that the CN lines were imaged with a synthesized beam (1'4 $\times$ 1'3) similar to that of the dust continuum map in Figure 1(a) (1'6 $\times$ 1'2), we estimate the radius and density based on the two-component Gaussian fit above. For the component encompassing MM1, $r \approx 0''9$ (5700 AU) from the fit, and the averaged number density is $8 \times 10^6$ cm$^{-3}$ for a gas mass of 42 $M_{\odot}$. The mass infall rate is then found to be about $1.5 \times 10^{-3} M_{\odot}$ yr$^{-1}$. From the model shown in Figure 10, the free-fall velocity reaches 3 km s$^{-1}$ at $r \approx 0''9$, a factor of two higher that inferred from the CN profiles. Such a discrepancy can be ascribed to the deviation of the infall motion from the modeled free-fall, the uncertainty of the systemic velocity (see Section 3.4), or an underestimate of the radius from the two-component fit. Nevertheless, since the (free-falling plus Keplerian-like rotation) model parameters are not stringent constrained and the CN profiles provide an averaged estimate, the discrepancy is not significant. On the other hand, as discussed above, the mass outflow rate implies a mass infall rate of $1.5 \times 10^{-3} M_{\odot}$ yr$^{-1}$. Though both are subject to large uncertainties, the two independent estimates of the mass infall rate appear to agree with each other, suggesting that the envelope infall is feeding the accretion onto one protostar, i.e., the ~10 $M_{\odot}$ star embedded in MM1. Given its high accretion rate and the massive gas reservoir available from the envelope, it is reasonable to expect that the star would significantly increase its mass and develop into an O star.

5. SUMMARY

We have presented high-angular-resolution dust continuum and molecular line observations toward IRAS 18360-0537, a ~10$^5$ $L_{\odot}$ star-forming region. The region shows a 0.5 pc dust ridge, harboring two massive condensations, MM1 and MM2, in the central part. MM1, an HMC with a gas temperature of 320 K and a mass of 13 $M_{\odot}$, is embedded within an infalling envelope, and appears to be rotating about the axis of a bipolar outflow.

The outflow is seen in CO (2–1) and SiO (5–4) and shows a biconical shape centered at MM1. The gas mass of the outflow is estimated to be 54 $M_{\odot}$, and the dynamical timescale is 8 $\times$ 10$^5$ yr. The rotation of the HMC is inferred from subarcsecond observations of high-excitation CH$_3$OH and CH$_3$CN lines, which show a velocity gradient approximately perpendicular to the outflow axis. On the other hand, the infall motion of the envelope around the HMC is probed by CN ($N = 2–1$) hyperfine lines, which exhibit a profound inverse P Cygni profile. The estimated mass infall rate is $1.5 \times 10^{-3} M_{\odot}$ yr$^{-1}$, comparable to that inferred from the mass outflow rate. Further information on the kinematics of the gas around the HMC is obtained from the C$^{18}$O and $^{13}$CO (2–1) lines, whose $P$–$V$ diagrams can be described with a model of a free-falling and Keplerian-like rotating envelope. With these observations, we speculate that a protostar in MM1, which we suggest to have a current mass of ~10 $M_{\odot}$, will grow into an O star via disk accretion and envelope infall, i.e., through a process similar to the standard paradigm for low-mass star formation.

REFERENCES

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