Functionalized D-form self-assembling peptide hydrogels for bone regeneration

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Abstract: Bone defects are very common in orthopedics, and there is great need to develop suitable bone grafts for transplantation in vivo. However, current bone grafts still encounter some limitations, including limited availability, immune rejection, poor osteoinduction and osteoconductivity, poor biocompatibility and degradation properties, etc. Self-assembling peptide nanofiber scaffolds have emerged as an important substrate for cell culture and bone regeneration. We report on the structural features (eg, Congo red staining, circular dichroism spectroscopy, transmission electron microscopy, and rheometry assays) and osteogenic ability of D-RADA16-RGD peptide hydrogels (with or without basic fibroblast growth factor) due to the better stability of peptide bonds formed by these peptides compared with those formed by L-form peptides, and use them to fill the femoral condyle defect of Sprague Dawley rat model. The bone morphology change, two-dimensional reconstructions using microcomputed tomography, quantification of the microcomputed tomography analyses as well as histological analyses have demonstrated that RGD-modified D-form peptide scaffolds are able to enhance extensive bone regeneration.

Keywords: bone defect, functionalized D-form self-assembling peptide, D-RADA16-RGD, peptide hydrogel, bone regeneration

Introduction

Trauma, infection, and tumor resection are regarded as the three main factors causing bone defects,¹⁻³ and especially the large bone defects and load-bearing bone defects have a high risk of nonunions and seriously affect the quality of life of patients. Although bone tissues have some regenerative ability, the healing of the large bone defects and load-bearing bone defects require bone grafts to provide mechanical support and induce bone induction as well as conduction.⁴⁻５ It is widely accepted that with good osteogenic, osteoinductive, and osteoconductive ability, autologous grafts (eg, iliac crest autologous graft) remain the gold standard for bone transplantation.⁶ However, they have some limitations, including the limited availability, pain, donor site morbidity, and the mismatch between harvested bone grafts as well as defect sites.⁷⁻⁸ Allogeneic bone grafts (eg, demineralized bone matrix [DBM]) serve as an alternative to repair bone defects and are limited by the suboptimal osteoactivity when compared with autologous grafts, the risk of disease transmission, and immune rejection.¹ As to synthetic bone repair material scaffolds, they are mainly divided into polymers, bioceramics, metal materials, bioglass, and composite materials.⁹⁻¹⁰ However, there are still some drawbacks (eg, low osteoinductivity and osteoconductivity, the difficulty in degradation or even nondegradation) for their application in bone regeneration.¹¹⁻¹²

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Many previous studies have demonstrated that ionic self-complementary peptide-formed nanofiber scaffolds hold some promise in repairing damaged tissues or organs, including bone, cartilage, nerve, heart, etc., as well as in wound healing. The principle of molecular self-assembly guides the ionic self-complementary peptides to self-assemble into three-dimensional (3D) entangled nanofiber hydrogel scaffolds, which are analogous to those found in natural extracellular matrix (ECM). They contain extremely high water content, more than 99% in water (5–10 mg/mL, w/v), and their microenvironment significantly facilitates cell infiltration and retention, the delivery of oxygen and soluble signal molecules, as well as waste product removal.

More recently, D-form peptide hydrogel scaffolds have been found to form stable 3D structures and perform some role in hemostasis, cell culture, and wound healing. To investigate the potential of D-form peptide nanofibers in bone regeneration, we designed and developed D-RADA16-RGD peptides to repair the bone defects of the femoral condyle of Sprague Dawley (SD) rats. Previous studies have reported that RGD and IKVAV were used to modify peptide-based biomaterial scaffolds. Especially, the tripeptide sequence RGD found in fibronectin and other ECM proteins was capable of enhancing cell differentiation and migration through binding to α5β1 integrin receptor. For instance, low RGD concentrations were found to promote the maintenance of chondrocyte number and phenotype, and the generation of ECM contents. With the increased similarity to functional structures of fibronectin, peptide PHSRN6RGD consisting of peptide RGD and PHSRN can significantly induce better cell binding.

In addition, RADA16-I peptide scaffolds are capable of controlled release of various functional proteins, including basic fibroblast growth factor (bFGF), vascular endothelial growth factor, brain-derived neurotrophic factor, lysozyme, trypsin inhibitor, bovine serum albumin, and immunoglobulin G. Further studies demonstrated that through the secondary and tertiary structure analyses and biological assays, these released functional proteins can maintain their original protein conformation and functionality. bFGF is well known as an important angiogenic factor with favorable influence on migration, proliferation, and differentiation of various cells, including vascular cells and osteoblasts. This angiogenic growth factor significantly stimulates neovascularization at early stages of wound healing and further allows for mesenchymal stem cells transport as well as the supply of oxygen and nutrients, thus holding great promise in promoting the healing of bone defects. One study demonstrated that the released bFGF from peptide hydrogels resulted in remarkable angiogenesis in the subcutaneous tissue of mice.

In this work, the functional motif RGD was applied to modify peptide d-RADA16 for designing and fabricating peptide d-RADA16-RGD. The secondary structure, microstructural feature, rheology, etc, of peptide d-RADA16-RGD was performed. Also, to explore its potential of releasing growth factors, angiogenic growth factor bFGF is incorporated into these peptide hydrogel scaffolds. Furthermore, self-assembling peptide d-RADA16-RGD hydrogels (with or without bFGF) are applied to repair the bone defects of SD rat femoral condyle, with the aim of evaluating the osteogenic ability of d-RADA16-RGD hydrogels.

Materials and methods
Peptides synthesis and purification
The peptide d-RADA16-RGD sequence containing all D-amino acids is Ac-(Arg-Ala-Asp-Ala-Arg-Ala-Asp-Ala)_2-Gly-Gly-Arg-Gly-Asp-Ser-CONH_2. These peptides were commercially custom synthesized by solid-phase peptide synthesis (Shanghai Biotech Bioscience and Technology Co., Ltd, Shanghai, People’s Republic of China). The peptides were acetylated and amidated at the N-terminus and C-terminus, respectively. These were then purified by high-performance liquid chromatography and characterized by mass spectroscopy. The purity of the d-RADA16-RGD was 98.58%.

Peptide membrane preparations
The peptide membrane structures were prepared as follows: 5–10 μL of the stock solution of peptide d-RADA16-RGD (5 mg/mL) was added to 1.0 mL of phosphate-buffered saline (PBS, pH 7.4) with 0.0005% Congo red on a glass slide.

Circular dichroism spectroscopy
The peptide samples consisting of 1.0 mg/mL peptide aqueous stock were dissolved and adjusted to 100 μM using 20 mM CaCl_2. Measurements were carried out on a circular dichroism (CD) spectrometer (J-810, JASCO Corporation, Tokyo, Japan) at different temperatures, 25°C, 37°C, and 60°C. The analysis was done using a CD cuvette with a 5 mm path length and measured in the 190–290 nm range.

Transmission electron microscopy
Transmission electron microscopy (TEM) peptide solution samples (5 mg/mL) were prepared at 25°C by dissolving lyophilized peptide powder in PBS (pH 7.4). After 48 hours, a micropipette was used to load 5 mL of this peptide solution to a carbon-coated copper grid. The excess solution was
removed with a piece of filter paper. This peptide solution sample was dyed with 10 mL uranyl acetate for 30 seconds and dried overnight in a desiccator, and then bright-field images were taken with TEM (Philips Tecnai G2 F20, FEI Company, Hillsboro, OR, USA) operating at 200 kV.

**Rheology assays**

Rheology experiments were performed on a 20 mm diameter 1° stainless steel cone-controlled rheometer (Haake MARS, Thermo Fischer Scientific, Karlsruhe, Germany). Samples were dissolved in 20 mM CaCl₂ or NaCl at a concentration of 10.0 mg/mL, combining the d-RADA16-RGD peptide solution with 20 mM CaCl₂ or NaCl at a volume ratio 1:1. These were stored at 4°C in a refrigerator overnight, and 150–200 μL samples were used for analysis at 25°C.

**Scaffold assembly for the in vivo study**

Stock solutions and scaffolds were freshly prepared prior to surgeries. A 10 mg/mL (w/v) peptide stock solution was prepared by dissolving lyophilized peptide powder in sterile water. There were three groups for the in vivo study; details are as follows: Group 1: 10 mg/mL (w/v) d-RADA16-RGD + PBS (pH 7.4) (1:1), Group 2: 10 mg/mL (w/v) d-RADA16-RGD + 50 μg/mL (w/v) bFGF (1:1), and Group 3: PBS (pH 7.4). In Group 1, 10 mg/mL (w/v) d-RADA16-RGD solution was combined with PBS (pH 7.4) at a volume ratio of 1:1, and the d-RADA16-RGD solution, after the stimulation with ionic PBS solution for 24 hours, self-assembled to form d-RADA16-RGD hydrogel scaffold for in vivo implantation.

In Group 2, bFGF powder was dissolved in PBS (pH 7.4) to reach a concentration of 50 μg/mL (w/v). Then, 10 mg/mL (w/v) d-RADA16-RGD solution was mixed with 50 μg/mL (w/v) bFGF at a volume ratio of 1:1. After 24 hours, bFGF-incorporated d-RADA16-RGD hydrogel scaffold self-assembled and was used for in vivo implantation.

**Animal surgeries**

This experimental protocol was approved by the Institutional Animal Care and Use Committee of Chongqing Medical University of China, and Chinese national guidelines for the care and use of laboratory animals were applied. Female SD rats (weight ranging from 195 to 250 g) were purchased from Laboratory Animal Center, Chongqing Medical University. The anesthesia for all the animals was induced by an intravenous administration of chloral hydrate (10%, 5.0–7.5 mL/kg). After exposure of the distal femoral condyle, a bone defect 2.5 mm in diameter and 3 mm in depth was created. The surgery was performed in both legs of the rats, and one defect was created in each femoral condyle.

The defects in the three groups were filled with the respective sample hydrogel material in a randomized manner (n=9). After completely filling the femoral condyle defects, the superfluous gel was removed and soft tissues were closed layer by layer. Intramuscular injection of penicillin was used to prevent infection. After 8 and 12 weeks of implantation, three experimental groups (for 8 weeks) and six experimental groups (for 12 weeks) of SD rats were sacrificed using an overdose of anesthesia, and then the femoral condyles were harvested for microcomputed tomography (micro-CT) analysis and histological evaluation.

**Micro-CT analysis**

Three experimental groups were euthanized 8 weeks postoperation. After harvesting of the femoral condyles and removal of the surrounding soft tissues, the bone specimens were imaged in air using micro-CT (Viva CT40, Scanco Medical AG, Bassersdorf, Switzerland). The volume of new bone was derived from the CT images by delineating the areas of the contrast-enhanced regions of interest in the X, Y, and Z planes. Images were obtained by adjusting the micro-CT data window display to enhance the edge delineation of the new bone mass. The 2D images of the grafts were reconstructed using a middle-frequency kernel. The quantitative measurements of the new bone tissues were used to calculate bone volume per tissue volume (BV/TV), bone mean density (BMD), and trabecular thickness (Tb Th).

**Histology**

The harvested bone specimens were fixed in 4% paraformaldehyde solution for 2 days, subjected to decalcification, dehydrated in graded alcohol solutions, and embedded in paraffin. Samples were then sectioned (thickness =5 μm) and stained with hematoxylin and eosin (H&E).

**Statistics and data analysis**

All data were presented as the mean ± standard deviation. For new bone formation measurement from micro-CT analysis, differences between groups were determined using an unpaired Student’s t-test. The differences were considered significant if P<0.05.

**Results**

**d-RADA16-RGD peptide**

In this work, d-RADA16-RGD peptide powder was dissolved in deionized water till it reached a concentration of 10 mg/mL. After 24 hours, d-RADA16-RGD peptide solution formed stable hydrogel (Figure 1A). d-RADA16-RGD peptide membrane was stained by Congo red dye, which has
a preference for staining the β-sheet structures. Its transparent membrane structures were seen under phase-contrast microscope at 25°C, and it can be seen even with the naked eyes. These results indicate that d-RADA16-RGD peptides are capable of producing stable membrane structures, providing the possibility to fabricate peptide scaffolds using RGD-modified d-form self-assembling peptides (Figure 1B). The molecular model of d-RADA16-RGD peptide had the peptide sequence Ac-(Arg-Ala-Asp-Ala-Arg-Ala-Asp-Ala)₂-Gly-Gly-Arg-Gly-Asp-Ser-CONH₂ (Figure 1C).

Secondary structural properties of peptide d-RADA16-RGD
The CD spectrum of peptide d-RADA16-RGD showed a maximum ellipticity at 218 nm and a minimum ellipticity at 198.5 nm at 25°C, and the CD spectrum of peptide d-RADA16-RGD has a maximum and increased ellipticity at 218.5 nm and a minimum ellipticity at 199 nm at 37°C. When raising the temperature to 60°C, its CD spectrum showed a maximum but relatively reduced ellipticity at 218.5 nm and a minimum ellipticity at 200 nm. Taken together, the peptide d-RADA16-RGD was able to form stable β-sheet secondary structure when the temperature ranged from 37°C to 60°C (Figure 2).

Microstructures of d-RADA16-RGD peptide nanofibers
TEM measurements show that the peptide d-RADA16-RGD was able to self-assemble into nanofibers at 25°C, and these nanofibers could be interwoven into a network structure (Figure 3). The peptide d-RADA16-RGD nanofibers were approximately 145–650 nm in length and 5–30 nm in width, and the interwoven pore size ranged from 30 to 250 nm.

Rheological tests of peptide d-RADA16-RGD
Typical ionic 20 mM CaCl₂ and NaCl solutions were selected to stimulate the self-assembly of peptide d-RADA16-RGD at 25°C. Rheological experiments measure a storage modulus (G') and a loss modulus (G'') by evaluating the material’s elastic response (rigidity) and material’s viscous response, respectively, through varying frequencies of applied oscillatory stress. The storage modulus of peptide d-RADA16-RGD
Bone morphology change
After 8 and 12 weeks of implantation, three experimental groups (for 8 weeks) and six experimental groups (for 12 weeks) of SD rats were sacrificed by an overdose of anesthesia and the femoral condyles were harvested for analysis. At 8 weeks, two experimental groups using d-RADA16-RGD hydrogel (Figure 5A) and bFGF-incorporated d-RADA16-RGD hydrogel (Figure 5B) demonstrated significantly reduced areas of bone defects compared to PBS treatment (Figure 5C).

Osteogenesis of various peptide hydrogels
Figure 6 shows representative 2D reconstructions of the femoral condyles as created using micro-CT analysis of the explants at 8 weeks. d-RADA16-RGD hydrogel (Figure 6A) and bFGF-incorporated d-RADA16-RGD hydrogel (Figure 6B) treatments demonstrated obvious bone regeneration within the defect sites, with significantly reduced bone defects compared to PBS treatment (Figure 6C), in which dark-colored defect areas corresponding to reduced hard tissue are observed.

Quantification of the micro-CT analyses showed the BV/TV, BMD, and Tb Th of each group (Figure 7A–C). As can be seen in Figure 7A, the two experimental groups revealed significantly higher volumes of newly formed bone within the defect sites compared to the PBS treatment group (P<0.05). When analyzing BV/TV of newly formed bone, no significant difference was found between d-RADA16-RGD hydrogel and bFGF-incorporated d-RADA16-RGD hydrogel treatment (P>0.05). As shown in Figure 7B, d-RADA16-RGD hydrogel and bFGF-incorporated d-RADA16-RGD hydrogel treatment were able to produce substantially higher BMD of newly formed bone within the defect area than PBS treatment (P<0.05). When analyzing BMD of newly formed bone, there was also no significant difference between d-RADA16-RGD hydrogel and bFGF-incorporated d-RADA16-RGD hydrogel treatment (P>0.05). As seen in Figure 7C, only d-RADA16-RGD hydrogel treatment demonstrated significantly increased Tb Th of newly formed bone within the defect compared to PBS treatment (P<0.05).

Histological analyses
A qualitative histological assessment confirmed the results from micro-CT measurements. At 8 weeks, there were obvious newly formed bone tissues within the defect area when using d-RADA16-RGD hydrogel (Figure 8A) and bFGF-incorporated d-RADA16-RGD hydrogel (Figure 8B) when compared to PBS treatment (Figure 8C). In addition, newly formed bone within the defect area was significantly increased after 12 weeks, and the bone defects were almost completely filled with newly formed bone when treated with d-RADA16-RGD hydrogel (Figure 8D) and bFGF-incorporated d-RADA16-RGD hydrogel (Figure 8E). However, large bone defects remained after PBS treatment at 12 weeks (Figure 8F).

Discussion
Amino acids can be divided into D- and L-forms, but molecular evolution in nature has a preference for the L-form amino acids. However, peptide bonds formed by D-amino acids have higher stability than that of L-amino acids, as evidenced by the proteases being able to degrade L-form peptide bonds but unable to degrade D-form peptide bonds. Indeed, many L-form self-assembling peptide hydrogel scaffolds have been found to hold significant promise in cell culture and tissue regeneration. For instance, RAD16-I peptide-formed hydrogel scaffolds substantially promote neurite outgrowth, the repair of optical neurons, wound healing, and cardiac repair, while KL12 peptide hydrogel scaffolds contribute favorably to chondrocyte culture and cartilage regeneration.
Previous studies have reported that d-EAK16 peptides could form stable hydrogel structures, which benefits hemostasis and cell culture.\textsuperscript{39} It will be very interesting and meaningful to investigate whether D-form and functionalized D-form self-assembling peptides can form stable 3D material structures and have the capability of promoting bone healing. Thus, our work focuses on the structural features and the osteogenic capability of D-RADA16-RGD peptide hydrogels with or without bFGF. To our knowledge, this is the first study to use RGD-modified D-form peptide hydrogel scaffolds to enhance bone regeneration.

D-RADA16-RGD peptide solution can form stable hydrogel structure even in deionized water. Previous studies have shown that the stimulus of ionic solution (eg, Ca\textsuperscript{2}\textsuperscript{+} and Na\textsuperscript{+}) can accelerate the rate of generation of hydrogels.\textsuperscript{12} Congo red staining demonstrated that the D-RADA16-RGD peptide solution was able to spontaneously assemble into durable hydrogel membranes at 25\textdegree C (Figure 1). They could also give rise to stable \(\beta\)-sheet secondary structure, as evidenced by CD spectra analysis. The increase in temperature (ranging from 25\textdegree C to 60\textdegree C) also had no obvious influence on the secondary structure of D-RADA16-RGD peptide (Figure 2).

TEM measurements demonstrated that the length and width of D-RADA16-RGD nanofibers were at the nanoscale level, especially the pore size of interwoven networks that range from 30 to 250 nm, which have favorable influence on cell infiltration and dwelling (Figure 3).

In our unpublished data, the frequency \(G'\) of peptide D-RADA16 in 20 mM NaCl was found to be higher than that in 20 mM CaCl\textsubscript{2}. The frequency \(G'\) of peptide D-RADA16 was more than 60 Pa at the frequency of 10 rad/s in 20 mM NaCl, while the frequency \(G'\) of peptide D-RADA16 was reduced to 13.4 Pa at the frequency of 10 rad/s in 20 mM CaCl\textsubscript{2} (submitted data). When comparing the rheological property of peptide D-RADA16 (5 mg/mL) and D-RADA16-RGD (5 mg/mL) self-assembly in 20 mM CaCl\textsubscript{2} and NaCl, the frequency \(G'\) of D-RADA16 hydrogel was greater than that of D-RADA16-RGD hydrogel at the frequency of 10 rad/s. These results revealed that the structural stability of 3D networks of peptide D-RADA16 was better than that of...
Figure 7 Osteogenic observation of various peptide hydrogels 8 weeks after implantation.

Notes: Morphometric analysis of (A) BV/TV, (B) BMD, and (C) Tb Th. Group 1: d-RADA16-rgD hydrogel + PBS (pH 7.4), Group 2: d-RADA16-rgD hydrogel + bFGF, and Group 3: PBS (pH 7.4). There was a significant difference between groups (*P < 0.05).

Abbreviations: PBS, phosphate-buffered saline; bFGF, basic fibroblast growth factor; BV/TV, bone volume per tissue volume; BMD, bone mean density; Tb Th, trabecular thickness.

Figure 8 Histological analyses of the explants 8 weeks (A–C) and 12 weeks (D–F) after implantation.

Notes: Histological sections of the rat femoral condyle defects and stained by H&E. (A, D) d-RADA16-rgD hydrogel, (B, E) bFGF-incorporated d-RADA16-rgD hydrogel, and (C, F) PBS (pH 7.4). Scale bar: 200 μm, magnification: 100×.

Abbreviations: bFGF, basic fibroblast growth factor; H&E, hematoxylin and eosin; PBS, phosphate-buffered saline.
peptide d-RADA16-RGD due to the addition of RGD, possibly because the addition of RGD had a negative influence on peptide self-assembly and formed physical hindrances (Figure 4). Furthermore, d-RADA16-RGD hydrogel and d-RADA16 hydrogel were both found to have reduced structural stability of 3D networks with increasing ionic strength ranging from 20 mM NaCl to 20 mM CaCl$_2$, possibly because there was some dissolution of peptide hydrogels.

Current studies mainly focus on l-form peptide nanofibers for bone healing. For instance, mesenchymal stem cells were cultured on RADA16-I self-assembling peptide hydrogels, resulting in good osteogenic differentiation and mineralized ECMs.$^{40,41}$ RADA16-I nanofiber scaffolds were found to promote the formation of bony bridges and mature bone tissue with cortical bone medullary cavities when repairing the calvaria bone defects of the mouse model.$^{42}$ In addition, after being implanted into the periosteum of the bilateral ilia in the athymic mice model, self-assembly peptide/DBM composite scaffolds were found to significantly increase the volume of newly formed bone tissues compared to DBM treatment.$^{43}$ These composite material scaffolds were also able to notably promote the bone healing of femur defects in a goat model when compared to DBM treatment.$^{44}$

To test the osteogenic capacity of d-form self-assembly peptide with RGD functionalization, d-RADA16-RGD hydrogel and bFGF-incorporated d-RADA16-RGD hydrogel were used to fill the bone defect of the SD rat femoral condyle. Bone morphology change in harvested femoral condyles, and BV/TV, BMD, and Tb Th analysis of newly formed bone tissues as well as their H&E staining have revealed that d-RADA16-RGD hydrogel scaffolds have a significantly favorable influence on the healing of bone defects in the SD rat model (Figures 5–8). However, no significant difference was found in the promotion of bone healing between d-RADA16-RGD hydrogel and bFGF-incorporated d-RADA16-RGD hydrogel treatments because d-RADA16-RGD hydrogel has relatively weak structural stability of 3D networks for controlled release of bFGF (Figure 3). Therefore, it is necessary to combine d-RADA16-RGD hydrogel with other materials with good mechanical stability to fabricate composite scaffolds for the storage and release of growth factors. As one of the heparin-binding proteins, bFGF mainly accounts for the cell proliferation and differentiation through binding to its corresponding receptors. It is believed that modifying peptide-based scaffold materials with heparan sulfate proteoglycans can substantially increase the local concentration of bFGF for bone healing through their electrostatic interactions.$^{45}$ Furthermore, d-RADA16-RGD hydrogel and bFGF-incorporated d-RADA16-RGD hydrogel treatments have revealed its significant potential in bone repair, but the detailed mechanism is not clear. More experiments are needed to clarify the related mechanism.

In addition, there is an emerging agreement that designer biomaterial scaffolds aim at developing an ideal microenvironment for stimulating the body’s innate powers of organization and self-repair, rather than directly reconstructing tissue or organs ex vivo for replacing damaged tissues.$^{46}$ The design and fabrication of biomaterial scaffolds for biomedical applications should be intended to mimic the microstructure of natural ECMs and induce the self-repair and regulatory mechanisms of damaged tissues. During these complex self-repair processes, it is very important to optimize the symbiosis of material scaffolds, cells, and signal molecules.$^{12}$

**Conclusion**

D-RADA16-RGD peptide solution can not only form stable hydrogel structures, but also have an important potential in promoting bone repair of condyle defects of female SD rats. On the basis of the bone morphology change, 2D reconstructions of micro-CT, quantification of the micro-CT analyses (ie, BV/TV, BMD, and Tb Th), as well as histological analyses, d-RADA16-RGD peptide hydrogels were found to obviously promote bone regeneration. However, these hydrogel scaffolds may not allow the effective and slow release of growth factors for bone healing due to their relatively weak structural stability of 3D networks. It is believed that combining d-RADA16-RGD hydrogel with other materials with good mechanical force can play an increasingly significant role in the fabrication of composite scaffolds for the slow release of signal molecules, especially for the regeneration of large bone defects and load-bearing bone defects.

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**Disclosure**

The authors report no conflicts of interest in this work.

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