Preservation of the Immunogenicity of Dry-powder Influenza H5N1 Whole Inactivated Virus Vaccine at Elevated Storage Temperatures

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Abstract. Stockpiling of pre-pandemic influenza vaccines guarantees immediate vaccine availability to counteract an emerging pandemic. Generally, influenza vaccines need to be stored and handled refrigerated to prevent thermal degradation of the antigenic component. Requirement of a cold-chain, however, complicates stockpiling and the logistics of vaccine distribution. We, therefore, investigated the effect of elevated storage temperatures on the immunogenicity of a pre-pandemic influenza A H5N1 whole inactivated virus vaccine. Either suspended in liquid or kept as a freeze-dried powder, vaccines could be stored for 1 year at ambient temperature (20°C) with minimal loss of immunogenicity in mice. Elevation of the storage temperature to 40°C, however, resulted in a significant loss of immunogenic potency within 3 months if vaccines were stored in liquid suspension. In sharp contrast, freeze-dried powder formulations were stable at 40°C for at least 3 months. The presence of inulin or trehalose sugar excipients during freeze-drying of the vaccine proved to be critical to maintain its immunogenic potency during storage, and to preserve the characteristic Th1-type response to whole inactivated virus vaccine. These results indicate that whole inactivated virus vaccines may be stored and handled at room temperature in moderate climate zones for over a year with minimal decline and, if converted to dry-powder, even in hot climate zones for at least 3 months. The increased stability of dry-powder vaccine at 40°C may also point to an extended shelf-life when stored at 4°C. Use of the more stable dry-powder formulation could simplify stockpiling and thereby facilitating successful pandemic intervention.

KEY WORDS: freeze-drying; inulin; pandemic influenza; vaccine stockpiling; whole inactivated influenza vaccine (H5N1).

INTRODUCTION

Animal influenza A viruses that cross the species barrier to humans pose a potential pandemic threat (1). Generally, these virus subtypes are antigenically different from the circulating human viruses and thus may spread rapidly in the immunologically naïve population, if human-to-human transmission is sustained. Recently, a novel H1N1 influenza virus of combined swine, avian, and human origin became pandemic within 2 months after its emergence in humans in April 2009 (2,3). In terms of virulence, this virus is comparable to the H2N2 virus that caused the relatively mild pandemic of 1957 (4–7). However, a similar pandemic scenario with a more virulent virus subtype like the highly pathogenic avian influenza (HPAI) H5N1 virus would be potentially catastrophic (8,9). With a lethality rate of approximately 60% in reported laboratory-confirmed human H5N1 cases (10), maximum preparedness is warranted in case sustained human-to-human transmission were to evolve.

Vaccines and antivirals are critical assets in intervention strategies against pandemic influenza (11,12). They represent the only countermeasures that are clearly efficacious in preventing infection and treating illness (13) and their availability plays a central role in pandemic preparedness planning. Prophylactic use of antivirals could provide short-term protection and may be helpful for early containment of an emerging pandemic (14,15). However, the control of infection in a pandemic will ultimately depend on protection provided by vaccination.

For the H5N1 virus, effective pre-pandemic vaccines have recently been developed, including whole inactivated virus (WIV) vaccine and split-virus vaccine combined with the oil-in-water emulsion adjuvants AS-03 or MF59 (16–19). Because the eventual pandemic virus may be an antigenic drift variant of the strain used to produce such pre-pandemic vaccines, a complete match with the pandemic strain cannot be guaranteed. However, the above vaccines have been
shown to induce substantial cross-reactive immune responses to viruses of different H5N1 clades (16–18,20–23). Moreover, even at suboptimal efficacy, pre-pandemic vaccines may reduce attack rates if deployed in an early stage of the pandemic (24,25) or may serve as priming dose for the true pandemic vaccine, thus saving time and resources (26). Stockpiling of pre-pandemic H5N1 vaccines is therefore considered an effective tool for containment and mitigation of an emerging pandemic (15), and stockpiles have already been established by multiple countries (27).

Current inactivated influenza vaccine formulations need to be stored refrigerated because the major antigenic component, the viral hemagglutinin (HA), is prone to degradation at higher temperatures (28). However, cold-chain requirements may seriously complicate the logistics of storage and deployment of pre-pandemic and pandemic vaccines, with a risk of vaccines escaping refrigeration. In general, cold-chain failure and thermal instability is a major cause of vaccine loss in developing countries (29), and has been linked to serious disease outbreaks (30). Development of temperature-stable vaccines for pandemic vaccine, thus saving time and resources (26). Freeze-drying of WIV was performed as described previously (38). Briefly, glass vials containing a mixture of 200 µl of a 16% w/v sugar (either trehalose or inulin) solution in HBS (2 mM Hepes, 0.15 M NaCl, pH 7.4), or HBS without sugar, and 200 µl WIV (66 µg HA) in HBS (approximated sugar:HA ratio of 500:1 (w/w)) were frozen in liquid nitrogen for 10 min and subsequently lyophilized in a Christ Alpha 1-4 freeze-dryer (Salm en Kipp, Breukelen, The Netherlands). The setting of the freeze-dryer was −35°C for the shelf temperature, −55°C for the condenser temperature, and 0.220 mbar pressure. After 24 h, the pressure was reduced to 0.060 mbar and the shelf temperature was gradually raised to 20°C. This status was maintained for another 24 h. The dried samples were either directly rehydrated for experiments or stored in a silica gel containing desiccator at 20°C or 40°C. The humidity in the desiccator was maintained at the level of 10±2% RH. As shown by Hinrichs et al. at 10% RH, trehalose and inulin glasses are equally hygroscopic (39). After, storage vaccines were rehydrated shortly before immunization.

**Hemagglutination of Erythrocytes**

To determine the particle titer of the vaccines a standard hemagglutination assay was used. Vaccines were serially diluted twofold in PBS in duplicate, starting with a 10 times dilution in the first well of a microtiter plate, so that the end volume per well was 50 µl. An equal volume of a 1% suspension of fresh guinea pig erythrocytes in PBS was added and the plates were incubated at room temperature for 2 h. The titer was determined as the reciprocal of the highest dilution that yielded complete hemagglutination.

**Hemolysis of Erythrocytes**

The hemolysis assay was performed as described previously (40). In short, WIV vaccine (1 µg HA) in 50 µl HNE buffer (5 mM Hepes, 0.15 M NaCl, 0.1 mM EDTA, pH 7.4) was added to 4×10⁶ human erythrocytes in 800 µl HNE. Fifty microliters of fusion buffer (pH 5.5) was added to initiate viral membrane fusion. The total mixture was incubated 0.5 h at 37°C, and subsequently centrifuged at 350×g for 10 min. Absorbance of the supernatant was red at 540 nm, representing the hemoglobin liberated from the lysed erythrocytes. The absorbance was corrected for autohemolysis in absence of WIV vaccine. The amount of hemolysis was then given as a percentage of the maximal hemolysis, which was determined by lysing erythrocytes in water.

**Immunization**

For immunization experiments, 8–10-week-old female Balb/c mice were purchased from Harlan Netherlands B.V. (Zeist, The Netherlands). All experiments were conducted with approval of the local Institutional Animal Care and Use Committee. Mice were intramuscularly injected in both their calf muscles with a total of 50 µl WIV vaccine (5 µg HA) in HBS, equally divided over both injection sites. Mouse numbers per immunization group were as follows: liquid WIV, n=5–6, freeze-dried WIV with or without sugar; n=6–8,
liquid WIV after 1 year at 20°C; n=3. Twenty-eight days after immunization, sera were collected for evaluation.

**ELISA**

ELISA assays were performed as described previously (41). Briefly, microtiter plates (Greiner, Alphen a/d Rijn, The Netherlands) coated with 0.2 μg influenza H5N1 (NIBRG-14) subunit vaccine per well were blocked with a 2% milk solution. Two-fold serial dilutions of serum samples in 0.05% Tween 20/PBS (PBS/T) were added to the wells in duplicate and incubated for 1.5 h. Bound H5N1-specific IgG, IgG1 or IgG2a antibodies were detected with a horseradish peroxidase-conjugated goat anti-mouse IgG-isotype antibody (Southern Biotech, Birmingham, AL). All incubations were performed at 37°C. The staining was performed with o-phenylene-diamine (OPD) (Eastman Kodak Company) and absorbance at 492 nm was measured by an ELISA reader (Bio-tek Instruments, Inc.). The antibody titer was calculated by extrapolating the serum dilution corresponding to an OD of 0.2 using linear regression.

**Hemagglutination Inhibition Assay**

The hemagglutination inhibition (HI) assay was performed as described previously (42). In short, 50 μl kaolin absorbed, heat-inactivated mouse serum in PBS (1:4) was serially diluted twofold in a microtiter plate in duplicate. Next, 50 μl of four hemagglutination units (HAU) of H5N1 (NIBRG-14) virus in PBS was added and incubated for 40 min at RT. Finally, 50 μl of 1% guinea pig erythrocytes (Harlan) in PBS was added to each well and HI titers were determined after 2 h incubation at RT. HI titers are given as the reciprocal of the highest serum dilution producing complete inhibition of hemagglutination.

**Statistical Analysis**

Statistical analysis on antibody titers was performed using the unpaired Student’s t test. p values of p<0.05 and p<0.01 were considered statistically significant and highly significant, respectively.

**RESULTS**

**Effect of Freeze-drying and Reconstitution on Vaccine Immunogenicity**

WIV vaccines were freeze-dried with or without sugar and samples were stored, with WIV vaccine kept in suspension (liquid WIV). Immediately after drying, samples of each vaccine were reconstituted in water and tested alongside liquid WIV, to assess the effect of the actual freeze-drying process on the vaccines, and to obtain reference values for the storage experiments. Evaluation involved assessment of the hemagglutination or hemolytic activities of the vaccines as a measure for the structure and function of the viral particles. Any effect of inulin or trehalose on the hemagglutination and hemolysis assay was excluded, by testing a similar concentration of the freeze-dried sugar without viral particles. The results shown in Table 1 demonstrate that freeze-drying of WIV with or without trehalose or inulin did not have adverse effects on its hemagglutination or hemolytic activities. Preservation of these activities indicates that the sialic-acid-binding capacity and the membrane fusion activity of the HA proteins were retained.

To determine whether the preservation of *in vitro* vaccine activity after freeze-drying was accompanied by preservation of *in vivo* vaccine potency, mice were intramuscularly injected with vaccine doses of 5 μg HA. Four weeks after immunization, the antibody responses induced by the freeze-dried vaccines were compared to those induced by liquid WIV. WIV freeze-dried without sugar (FD) induced slightly lower IgG titers (p=0.001) than liquid WIV, while HI titers were not significantly diminished (p=0.08; Fig. 1a, b; 0 day). WIV freeze-dried with trehalose (FDT) was equally immunogenic as liquid WIV, while WIV freeze-dried with inulin (FDI) induced slightly lower IgG titers (p=0.02) but similar HI titers. In conclusion, freeze-drying with or without sugar did not affect the immunogenic potency of H5N1 WIV vaccine substantially.

**Effect of Storage at Ambient Temperature on Vaccine Immunogenicity**

The freeze-dried vaccines and liquid WIV were subsequently stored at 20°C. Three months and 1 year later, samples were tested for their capacity to induce antibody responses in mice. After 3 months of storage, no significant differences in serum IgG and HI titers induced by liquid WIV, FDT, or FDI vaccines were observed compared to liquid WIV conventionally stored at 4°C (Fig. 1a, b; 3 months). In contrast, FD vaccine induced substantially lower mean IgG and HI titers compared to liquid WIV at 4°C (22.4-fold (p=0.03) and 3.5-fold (p=0.04), respectively (Fig. 1a, b; 3 months). Consequently, FD vaccine was excluded from further evaluation.

After 1 year of storage at 20°C, liquid WIV and both FDT and FDI still induced considerable H5N1-specific antibody responses. The mean IgG titer induced by liquid WIV stored at 20°C was only slightly, but not significantly (p=0.07), lower than that induced by liquid WIV stored at 4°C (Fig. 1a, b; 1 year), and also the mean HI titer was not significantly altered (Fig. 1a, b; 1 year). IgG titers induced by FDI were moderately lower (2.2-fold, p=0.005) with only a marginal decrease in HI titers. FDT showed a more substantial decrease in both mean IgG and HI titers (p=0.003 and p=0.03, respectively).

| Vaccine  | Hemagglutination titer (10^3 log) | Hemolysis (% of max) |
|----------|----------------------------------|----------------------|
| Temperature | 40°C | 0 Day | 3 Months | 40°C | 3 Months |
| Liquid     | 11   | 5     | 67.9     | 0     |
| FD         | ≥12  | 7     | 90.6     | 4.3   |
| FDT        | 11   | 8     | 81.5     | 35.3  |
| FDI        | 11   | 8     | 83.3     | 15.1  |

Immunization groups: liquid liquid WIV, FD freeze-dried WIV without sugar, FDT freeze-dried WIV with trehalose, FDI freeze-dried WIV with inulin.
Because ELISA and HI results obtained at different time points may be subject to inter-assay variation, (pooled) sera from all immunization experiments were tested in a single assay, in order to compare the immunogenicity of the vaccines over time (Fig. 2). Clearly, at 20°C, the effect of storage duration on the immunogenic potency of the vaccine was minimal for liquid WIV and FDT and FDI vaccine. IgG titers dropped maximally by a factor of 1.9 (liquid WIV), and the maximum effect on HI titers was a twofold reduction (FDT and FDI), after 1 year of storage (Fig. 2a/b). More than twofold reductions in IgG or HI titers were only seen for FD vaccine after 3 months storage. In conclusion, liquid WIV and sugar-stabilized freeze-dried WIV revealed only minor reductions in the immunogenicity after 1 year of storage at 20°C. At this condition, substantial deterioration of immunogenicity of WIV vaccine was seen only for WIV freeze-dried in absence of sugar excipient.

**Effect of High Storage Temperature on Vaccine Immunogenicity**

To simulate more challenging conditions vaccines may encounter during storage and transportation, the vaccines were put on shelf at 40°C for 3 months. These conditions negatively affected the hemagglutination and hemolysis activity of all vaccines, but strongest for liquid WIV and FD vaccine (Table I). Subsequent immunization of mice revealed a strong decrease in IgG and HI titers induced by liquid WIV stored at 40°C, compared to WIV freshly prepared from a frozen virus stock (Fig. 3a, b). The immunogenic potency of vaccines freeze-dried with sugars was much better preserved under these challenging conditions. For FDT, vaccine a slight decrease in mean IgG titer (1.4-fold, \( p = 0.08 \)) together with a more substantial decrease in HI titer (2.3-fold, \( p = 0.01 \)) was found. Responses to FDI vaccine were not significantly different from those to freshly prepared vaccine (Fig. 3a, b). In contrast, freeze-drying without additional measures to stabilize the vaccine resulted in strongly reduced IgG and HI titers after storage at 40°C. Compared to liquid WIV stored at 40°C, both FDT and FDI stored at 40°C induced significantly higher IgG titers (\( p = 0.002 \) and \( p = 0.00001 \), respectively), and HI titers (\( p = 0.002 \) and \( p = 0.02 \), respectively), which was not the case for FD vaccine (Fig. 3a, b).

The effect of high storage temperature relative to ambient storage temperature on vaccine immunogenicity is summarized in Fig. 4. Serum pools of the different immunization groups were run in a single assay, and the IgG and HI titers were plotted including those induced by liquid WIV stored at 4°C as a reference. The deteriorating effect of
increasing temperature was most explicit for liquid WIV and FD vaccine. In case of FD formulation, maximum deterioration was already observed at moderate temperatures. If stored as FDT or FDI formulation, however, vaccines remained stable independent of the storage temperature.

Preservation of the Quality of the Immune Response to WIV

The ratio of IgG2a and IgG1 subtype antibodies induced by the vaccine is important for protective efficacy. Relatively high IgG2a titers are representative of the Th1-type response characteristically induced by whole virus particles (42,43) and are associated with better protection against a challenge with homologous virus in mice (44). We, therefore, evaluated the effect of freeze-drying and storage of the vaccine on the phenotype of the induced antibody response. When WIV was stored in buffer solution, the IgG2a-dominated antibody response was preserved at all storage temperatures and storage durations tested (Table II). Freeze-drying in absence of a stabilizing sugar excipient reduced the IgG2a/IgG1 ratio to the level of a mixed IgG2a/IgG1 phenotype. Subsequent storage of the FD vaccine further lowered the IgG2a/IgG1 ratio resulting in a shift to a IgG1-dominated antibody response within 3 months, independent of the storage temperature. In contrast, FDT and FDI vaccine induced an IgG2a-dominated antibody response after storage independent of storage duration and temperature.

DISCUSSION

The immunogenicity of WIV vaccine depends on the presence and integrity of the HA proteins and an intact viral particle structure (42,45). The HA antigens provide the B-cell epitopes and define the specificity of the antibody response, while the viral particle acts as a vehicle for the vaccines primary immunopotentiating agent, the viral single-stranded RNA (ssRNA). Its immunopotentiating activity is exerted through binding to Toll-like receptor 7 (TLR7) in the endosomes of recipient host cells, and triggering of the innate immune system (41,46,47). To a large extent, this mechanism accounts for the superior immunogenicity of WIV compared to split-virus formulations or subunit vaccines, which do not contain intact viral RNA (41). TLR7 signaling also determines the response type, being characteristically of a Th1 type.
type for WIV, with a high amount of IgG2a/c antibodies in mice.

In liquid WIV vaccine, the antigenic properties of HA and the immunopotentiating activity provided by the ssRNA appear to be remarkably stable. Our results show that the immunogenicity of WIV vaccine stored in buffer solution at 20°C remained well preserved with minimal loss of activity over a period of at least 12 months. In contrast, seasonal subunit vaccine (H3N2) stored in buffer solution at ambient (25°C) temperature was reported to lose potency already over a period of 12 to 20 weeks (28). Compared to subunit vaccine, WIV, therefore, appears to be more stable. Yet, it should be noted that the comparability of the two studies is limited since they differ in the virus strains used for vaccine production and the method by which vaccine stability was assessed (in vivo immunogenicity versus SRID (31)). At high storage temperature (40°C), the immunogenicity of liquid WIV rapidly deteriorated. Progressive degradation of HA antigens and/or loss of intact viral particles, as reflected in the strongly reduced hemagglutination and hemolytic activity of the vaccine, may likely be the cause. Yet, the antibody response remained Th1 skewed, which may indicate that a small amount of viral particles escaped degradation, as it was shown previously that even a very low dose of viral particles is sufficient for Th1 skewing of the response to WIV vaccine (44).

At high storage temperature, dry-powder formulations were superior to liquid WIV, as reported by others (29,48). With the use of sugar stabilization no substantial loss of immunogenicity was observed after storage of freeze-dried WIV for 3 months at 40°C. Furthermore, sugar stabilization played a critical role in preserving the Th1-skewing capacity of the vaccine during freeze-drying and subsequent storage. Freeze-drying in absence of sugar led to a mixed Th1/Th2 antibody response, which further shifted during storage at elevated temperature to an overt Th2 type response, while the characteristic Th1 phenotype of the WIV response was retained when sugars were used during freeze-drying. Sugar molecules obviously play a role in preserving effective TLR7 signaling by the ssRNA, probably by stabilizing the viral particle structure and protecting the viral ssRNA from degradation. Sugars are known to stabilize enveloped viruses during freeze-drying (49,50), and trehalose and inulin have the capacity to stabilize lipid bilayers (35,36,51). In freeze-drying experiments with ‘empty’ viral envelopes (virosmes), use of inulin was found to preserve the vesicular structure, while absence of sugar stabilization resulted in complete disintegration after rehydration (38). The mode of action of trehalose and inulin is presumably by replacement of the water molecules situated in between the hydrophilic heads of the lipids. Hereby, a detrimental phase transition of the viral membrane upon rehydration is prevented and the vaccine particles are preserved (35).

By assessing immunogenicity in vivo we discovered an important role for sugar compounds in preserving not only the quantity but also the quality of the immune response to WIV after freeze-drying and storage. Previous storage studies that showed improved stability of freeze-dried WIV used the hemagglutination assay to determine vaccine stability, which provides a quantitative measure only (29,33). The shift from a Th1 response to WIV before freeze-drying to a Th2 response to WIV after freeze-drying in absence of sugar-stabilization could not have been predicted from hemagglutination results.

### Table II. Dominance of IgG Subtypes in the Antibody Response to Vaccination

Vaccination Groups are Labeled as in Table I

| Vaccine | 0 months | 3 months | 12 months |
|---------|----------|----------|-----------|
| Liquid  | 4°C      | IgG2a    | IgG2a     | IgG2a     |
|         | 20°C     | IgG2a    | IgG2a     | IgG2a     |
|         | 40°C     | nd       | nd        | nd        |
| FD      | 20°C     | IgG1/IgG2a | IgG1   | nd        |
|         | 40°C     | nd       | nd        | nd        |
| FDT     | 20°C     | IgG2a    | IgG2a     | IgG2a     |
|         | 40°C     | nd       | nd        | nd        |
| FDI     | 20°C     | IgG2a    | IgG2a     | IgG2a     |
|         | 40°C     | nd       | nd        | nd        |

*nd* not done

*1* IgG2a or IgG1 were defined dominant if the IgG2a/IgG1 ratio was ≥1.5 or ≤0.5, respectively

*2* For ratios between 0.5 and 1.5, the response was defined as mixed
Stable Dry-powder H5N1 Vaccine

nor by other in vitro tests that assess the integrity of the HA component, like the SRID. In vitro HA stability tests alone are therefore insufficient to obtain a complete representation of WIV vaccine stability.

The efficacy of influenza vaccines is determined by the induction of an effective antibody response. The serum HI titer, which is a measure for the magnitude of the antibody response, is the principle correlate of protection used to evaluate the efficacy of current human seasonal and pre-pandemic influenza vaccines. For seasonal vaccines an HI titer of >40 is considered to be protective (52–55). For the mouse model, no protective titer has been defined. Due to the intrinsic low immunogenicity of H5N1 virus and the single-dose immunization scheme the maximal titer reached in our experiments was 32. It has to be noted that immunogenicity in terms of HI and IgG titers does not necessarily correlate with protective efficacy. In the mouse model, the relative amounts of IgG1 and IgG2a (or IgG2c), expressed in the IgG2a/IgG1 ratio, appear to be decisive for protection (40,56,57). IgG2a-dominated responses are clearly more effective than IgG1-dominated responses. Yet, in the absence of significant differences in HI and IgG titers and similar IgG subtype dominance, as observed, for example, for liquid WIV, FDI, and FDT during storage at ambient temperatures, protective efficacy is likely to be comparable.

The preservability of WIV vaccine is strongly increased by sugar stabilization and freeze-drying. Similarly, other formulations like subunit, split-virus, and virosome (31) vaccines have been successfully freeze-dried and stabilized with sugars (summarized in (31)). Yet, a combination of increased stability together with specific features of WIV which promote vaccine availability, like strong immunogenicity, dose sparing quality and manufacturing simplicity (46), may make dry-powder WIV an apt candidate formulation for pre-pandemic stockpiling. Based on the results of storage at 40°C it may also be predicted that dry-powder WIV will have a shelf-life exceeding that of liquid WIV, when kept under optimal refrigerated conditions (52,58). An extended vaccine shelf-life could delay costly replacement of stocks when vaccines reach their expiry date. In case of a pandemic emergency, deployment of dry-powder vaccine stocks may be exerted without refrigeration unless the temperatures are extremely high. This could speed up pandemic intervention and reduce losses due to cold-chain failures.

CONCLUSION

The lack of suitable vaccines during the initial emergence of the New Influenza A (H1N1)swl pandemic virus in 2009, and its rapidly global spread underscores the importance of effective pre-pandemic vaccine stockpiles. Although this virus was of an unforeseen subtype, it remains important that stockpiles of vaccines against identified potentially dangerous virus strains like the H5N1 virus are prepared and kept in place. Our results suggest that for stockpiling liquid H5N1 WIV vaccine refrigeration may not be an absolute requirement to preserve the vaccines immunogenicity, as long as the temperature remains below 20°C. Furthermore, conversion from liquid to dry-powder formulation increases the versatility of WIV vaccine by allowing storage outside the fridge at higher temperatures, up to 40°C for at least 3 months. Because of its improved stability, use of sugar-stabilized freeze-dried H5N1 WIV vaccine could increase the efficacy of pre-pandemic stockpiling and subsequent vaccine deployment.

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