Aperiodic variability of low-mass X-ray binaries at very low frequencies

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Abstract. We have obtained discrete Fourier power spectra of a sample of persistent low-mass neutron-star X-ray binaries using long-term light curves from the All Sky Monitor on board the Rossi X-ray Timing Explorer. Our aim is to investigate their aperiodic variability at frequencies in the range \(1 \times 10^{-7} - 5 \times 10^{-6}\) Hz and compare their properties with those of the black-hole source Cyg X–1. We find that the classification scheme that divides LMXBs into Z and atoll sources blurs at very low frequencies. Based on the long-term (\(\sim\) years) pattern of variability and the results of power-law fits (\(P(\nu) \propto \nu^{-\alpha}\)) to the \(1 \times 10^{-7} - 5 \times 10^{-6}\) Hz power density spectra, low-mass neutron-star binaries fall into three categories. Type I includes all Z sources, except Cyg X–2, and the atoll sources GX9+1 and GX13+1. They show relatively flat power spectra (\(\alpha < \sim 0.9\)) and low variability (\(\text{rms} < \sim 20\%\)). Type II systems comprise 4U 1636–53, 4U 1735–44 and GX3+1. They are more variable (20\% \(< \text{rms} < \sim 30\%\)) and display steeper power spectra (0.9 < \(\alpha < \sim 1.2\)) than Type I sources. Type III systems are the most variable (\(\text{rms} > 30\%\)) and exhibit the steepest power spectra (\(\alpha > 1.2\)). The sources 4U 1705–44, GX354–0 and 4U 1820–30 belong to this group. GX9+9 and Cyg X–2 appear as intermediate systems in between Type I and II and Type II and III sources, respectively. We speculate that the differences in these systems may be caused by the presence of different types of mass-donor companions. Other factors, like the size of the accretion disc and/or the presence of weak magnetic fields, are also expected to affect their low-frequency X-ray aperiodic variability.

Key words. stars: neutron – binaries: close – X-rays: binaries – accretion: accretion discs

1. Introduction

A low-mass X-ray binary (LMXB) contains a neutron star which is accreting material via Roche lobe overflow from a companion star of spectral type later than A. Due to the high angular momentum of the accretion flow an accretion disc is formed around the compact object (see e.g. White 1989). Unlike high-mass X-ray binaries, whose optical spectrum is dominated by the emission from the massive companion, in LMXBs the mass-losing star is usually not seen owing to the contribution of the accretion disc (Cowly et al. 1991, Shahbaz et al. 1996). Lewin \& van Paradijs (1985) proposed that the different classes of LMXBs might reflect the type of companion, with the brighter systems (usually those located in the galactic bulge) containing an evolved star and the fainter systems a main-sequence star. Based on infrared spectroscopic observations, Bandyopadhyay et al. (1999) suggested that not only the luminosity class but also the spectral type may be different.

Various schemes have been proposed to categorise the LMXBs: X-ray spectral behaviour as a function of intensity (Parsignault \& Grindlay 1978), cluster analysis of a large number of source characteristics (Ponman 1982), detailed X-ray spectral fits (White \& Mason 1985), X-ray hardness-intensity and colour-colour diagrams (Schulz et al. 1988), age and location in the Galaxy (Naylor \& Podsidiowksi 1993). In general, a bimodal distribution of sources and a correlation with luminosity is found.

More relevant for the purpose of this paper is the classification scheme in terms of the rapid aperiodic variability and the patterns that these sources display in X-ray colour-colour diagrams (Hasinger \& van der Klis 1989). In this scheme LMXBs are divided into two different subclasses, known as Z and atoll sources. In the frequency range \(10^{-2} - 10^{3}\) Hz the power spectra of atoll and Z sources are represented by a power law with index 1–1.5 (atoll sources) and 1.5–2 (Z sources), which describes
We have analysed the light curves obtained by the All Sky Monitor (ASM) on board the Rossi X-ray Timing Explorer (RXTE) of all persistent neutron-star systems showing an average count rate above 5 c/s (Table 1). The data were retrieved from the Definitive Products Database. The time span by the observations is about 5.7 years, from February 1996 to October 2001 (JD 2,450,130–2,452,200). The ASM consists of three wide-angle (6° × 90°) shadow cameras (SSC1–3) equipped with position-sensitive Xenon proportional counters with a total collecting area of 90 cm². The ASM scans ~80% of the sky every ~90 minutes in a series of dwells of about 90 s each. Any given X-ray source is observed in about 5–10 dwells every day. The ASM is sensitive to X-rays in the energy band 1.3–12.2 keV. For more information on the ASM see Levine et al. (1996).

In order to estimate the power density spectrum (PDS) of each source, we used 1-day binned light curves. Gaps due to detector failure or lack of data were filled by linear interpolation, adding appropriate random noise. In order to avoid having a strong dependence on interpolation, which might introduce undesired features in the power spectrum, data interpolation was done only when the number of consecutive missing points was smaller than 2% of the total number of points in the light curve. These

### Table 1. List of sources

| Source number | Source name | Alternative name | Class^a | $L_X \times 10^{34}$ erg s$^{-1}$ | $\Delta I$ | $\alpha^b$ | $\chi^2$/dof^c | $r_{\text{rms}}^d$ | $P_{\text{orb}}^e$ hr |
|---------------|-------------|------------------|---------|----------------------------------|-----------|----------|----------------|----------------|-----------------|
| 1             | 4U 1617–15  | Sco X–1         | Z,–,I,2,B | 0.72  | 2.1                     | 0.67±0.06 | 23/24 | 14.4±0.2 | 18.9 |
| 2             | 4U 1642–45  | GX 340+0        | Z,–,II,–,B | 2.2  | 2.0                     | 0.63±0.05 | 43/24 | 13.8±0.2 |
| 3             | 4U 1702–36  | GX 349+2        | Z,Sp,1,2,B | 0.7  | 2.0                     | 0.35±0.06 | 21/24 | 15.6±0.3 | 21.8–22.5 |
| 4             | 4U 1758–25  | GX 5–1          | Z,Sp,1,–,B | 4.0  | 1.6                     | 0.73±0.05 | 48/23 | 12.9±0.2 |
| 5             | 4U 1758–20  | GX 9+1          | A,Sp,1,2,B | 1.2  | 1.7                     | 0.58±0.10 | 35/23 | 10.5±0.2 |
| 6             | 4U 1811–17  | GX 13+1         | A,Sp,1,–,B | 0.8  | 2.0                     | 0.63±0.06 | 57/23 | 11.6±0.2 | 592.8 |
| 7             | 4U 1813–14  | GX 17+2         | Z,Sp,1,2,B | 2.3  | 1.4                     | 0.51±0.06 | 31/24 | 11.7±0.2 |
| 8             | 4U 1728–16  | GX 9+9          | A,Sp,1,–,B | 0.3  | 1.5                     | 0.85±0.11 | 35/23 | 10.3±0.2 | 4.2 |
| 9             | 4U 1636–53  | A,Sp,II,1,D     | 0.2     | 14    | 4.0                     | 0.97±0.07 | 35/24 | 25.9±0.5 | 3.8 |
| 10            | 4U 1735–44  | A,Sp,II,–,D     | 0.4     | 12    | 2.4                     | 0.85±0.07 | 51/24 | 22.4±0.4 | 4.65 |
| 11            | 4U 1744–26  | GX 3+1          | A,Sp,1,–,B | 0.3  | 2.0                     | 1.13±0.10 | 21/23 | 22.8±0.5 |
| 12            | 4U 2142+38  | Cyg X–2         | Z,–,I,–,B | 1.4  | 3.7                     | 1.17±0.07 | 67/25 | 24.1±0.4 | 236 |
| 13            | 4U 1705–44  | A,Sp,–,2,D      | 0.13    | 13    | 30                     | 1.22±0.12 | 76/24 | 67.5±1.2 |
| 14            | 4U 1728–33  | GX 354–0        | A,Sp,II,1,D | 0.1^e | 6    | 7.5                    | 1.79±0.11 | 55/24 | 41.7±0.8 |
| 15            | 4U 1820–30  | A,Sp,–,–        | 0.6     | 19    | 6.0                     | 1.59±0.11 | 34/24 | 32.4±0.6 | 0.19 |

Type I

| Source number | Source name | Alternative name | Class^a | $L_X \times 10^{34}$ erg s$^{-1}$ | $\Delta I$ | $\alpha^b$ | $\chi^2$/dof^c | $r_{\text{rms}}^d$ | $P_{\text{orb}}^e$ hr |
|---------------|-------------|------------------|---------|----------------------------------|-----------|----------|----------------|----------------|-----------------|
| 16            | 4U 1956+35  | Cyg X–1         | BH      | 0.7^f  | 30    | 1.04±0.11 | 129/25 | 54.0±0.9 | 134.4 |

Type II

Other sources

*a Classification of the system in the various schemes (see text): Z, A=atoll, Sp=supercritical, Su=subcritical

b From Christian & Swank (1997) in the energy range 0.5–20 keV
c From Narita et al. (2001) in the 1–10 keV bandwidth
d From Belloni et al. (1996) in the 1–30 keV bandwidth
e Mean ASM count rate above 5 c/s (Table 1).
f $\Delta I=I_{\text{max}}-I_{\text{min}}$
g Best-fit power-law index of the power spectra. Errors are the 1σ confidence interval
$h \chi^2$ value and number of degrees of freedom of the fits to the power density spectra
$i$ Fractional (%) $r_{\text{rms}}$ amplitude obtained from the light curves as the ratio of the variance over the mean

j From Liu et al. (2001)

the spectrum at low frequencies (below ~ 1 Hz) and a power law plus exponential cut off with index 0–0.8 (atoll sources), ~ 0 (Z sources) and $\nu_{\text{cut}}=0.3–25$ Hz (atoll sources), $\nu_{\text{cut}}=30–100$ Hz (Z sources) at higher frequencies (van der Klis 1995 and references therein). The strength of these two components correlates with the position of the source in the colour-colour diagram. On top of this continuum several types of quasi-periodic oscillations are seen (van der Klis 1994a, 1994b; Wijnands & van der Klis 1999; Belloni et al. 2002). On long time scales (> few tens of days) the studies on LMXB have concentrated on the search for periodicitics (Smale & Lochner 1992, Kong et al. 1998). In this work we investigate the long-term aperiodic variability of 9 atoll and 6 Z persistent LMXBs by comparing the characteristics of their power density spectra in the frequency range $1 \times 10^{-7}–5 \times 10^{-6}$ Hz and the patterns of variability of their light curves.

### 2. Data analysis

We have analysed the light curves obtained by the All Sky Monitor (ASM) on board the Rossi X-ray Timing Explorer (RXTE) of all persistent neutron-star systems showing an average count rate above 5 c/s (Table 1). The data were retrieved from the Definitive Products Database. The time span by the observations is about 5.7 years, from February 1996 to October 2001 (JD 2,450,130–2,452,200). The ASM consists of three wide-angle (6° × 90°) shadow cameras (SSC1–3) equipped with position-sensitive Xenon proportional counters with a total collecting area of 90 cm². The ASM scans ~80% of the sky every ~90 minutes in a series of dwells of about 90 s each. Any given X-ray source is observed in about 5–10 dwells every day. The ASM is sensitive to X-rays in the energy band 1.3–12.2 keV. For more information on the ASM see Levine et al. (1996).

In order to estimate the power density spectrum (PDS) of each source, we used 1-day binned light curves. Gaps due to detector failure or lack of data were filled by linear interpolation, adding appropriate random noise. In order to avoid having a strong dependence on interpolation, which might introduce undesired features in the power spectrum, data interpolation was done only when the number of consecutive missing points was smaller than 2% of the total number of points in the light curve. These
short gaps are randomly distributed over the whole light curve. The average number of missing points per gap was typically 2.5 for the 1-day rebinned light curves.

The long gaps in the light curves, i.e. those occurring when no data points exist during an interval of time longer than 2% of the total length of the observation, divide the light curve into segments of different duration. In order to extract the maximum amount of information from the light curves we used the discrete (slow) Fourier transform on each observational segment of data. Since the data segments had different lengths, the resulting power density spectra covered different frequency ranges. The PDS of the individual segments were merged together, sorted in order of increasing frequency, and rebinned in frequency to have at least 40 points per bin. The PDS were white noise subtracted and normalized such that their integral to have at least 40 points per bin. The PDS were white noise subtracted and normalized such that their integral over a frequency range \( \nu_1 - \nu_2 \) gives the squared fractional \( \text{rms} \) variability of the light curves due to variations on time scales from \( \nu_2^{-1} \) to \( \nu_1^{-1} \) (Belloni & Hasinger 1990, Miyamoto et al. 1991).

### 3. Results

Figure 1 shows the power density spectra (PDS) of all the sources studied in this work, together with the best-fit power-law model and residuals. The residuals represent the number of \( \sigma \) that the observations deviate from the model. For the sake of comparison we have also analysed the ASM light curve of the black-hole source Cyg X–1 in the same way (for details on the aperiodic variability of Cyg X–1 at very low frequencies see Reig et al. 2002). All sources show a red-noise dominated power density spectrum (PDS). No flattening at low frequencies is seen in any of the PDS. Although a single power law did not give acceptable fits in some cases, it provides a convenient way to compare the variability of the spectral parameters among the different types of systems. Characterising the LMXBs in terms of the shape of the power density spectrum alone may give rise to ambiguities since intrinsically different time series can produce similar power density spectra (e.g. Press 1978). That is to say, two sources may display the same PDS even though their variability mechanism may not be the same. Therefore we have also examined the X-ray variability of the sources in the time domain by obtaining the root mean square (\( \text{rms} \)) and the intensity distribution function (IDF). The \( \text{rms} \) amplitude gives a measure of the variability of the source and was computed from the light curve as \( \text{rms} = \sigma \sqrt{\frac{\bar{x}}{\sigma_{\text{exp}}}} \), where \( \bar{x} \) is the mean count rate and \( \sigma^2 = \sigma^2_{\text{obs}} - \sigma^2_{\text{exp}} \) is the difference between the observed variance, \( \sigma^2_{\text{obs}} = \sum (x_i - \bar{x})^2/N \), and the expected variance, \( \sigma^2_{\text{exp}} = \sum \sigma_i^2/N \) (\( \sigma_i \) are the experimental errors, and \( N \) is the total number of points). Figure 2 shows the light curves of the sources analysed here. The IDF's (Fig. 3) show how often a given (normalised) intensity occurs. The abscissa represents the intensity of the source normalised to its mean value in steps of 0.1, whereas the ordinates gives the number of times (i.e. the frequency) that certain values of the normalised intensity occur. The IDF plots also give a measure of the source variability amplitude. Narrow IDF's indicate that the source is roughly stable, showing low-amplitude variations, whereas highly variable sources will show many populated bins in their IDF plots, hence resulting in wide IDF's or narrow IDF's with extended tails.

Figure 4 shows the \( \text{rms} \) of the light curves and the best-fit PDS power-law indices. By comparing these power spectral and timing parameters LMXBs can be divided into three groups. The first group includes all Z sources, excluding Cyg X–2, plus the atoll sources GX13+1, GX9+1 and GX9+9. These are bright sources showing low-amplitude and fast variations (on time scales of \( \sim 1-2 \) days). As a result, their \( \text{rms} \) values are small, their PDSs are flat and their IDF's appear to be narrow and tend to display positive tails. The second group comprises the atoll sources 4U 1636–53, 4U 1735–44 and GX3+1 and the Z source Cyg X–2. These sources show similar ASM light curves as the previous group (i.e. low-amplitude variations on time scales of \( \sim 1-2 \) days) but with an extra long-term modulation. This modulation produces more power at low frequencies giving rise to steeper power spectra and increasing their \( \text{rms} \) variability. Their IDF's are also broader when compared to the IDF's of the sources in the previous group and tend to exhibit negative tails. The third group contains those systems that cannot be placed in neither of the two previous groups, namely 4U 1705–44, 4U 1820–30 and GX354. Although they do not form as homogeneous a group as Type I and II sources they display the highest amplitude variations, the steepest power spectra, and the broadest IDF's. Quasi-periodic oscillations seem to be a characterising feature of this group. For the purpose of discussion we will refer to these groups as Type I, Type II and Type III, respectively.

For comparison, all figures include data of the black-hole source Cyg X–1. Its PDS slope agrees with that of Type II objects, although it is also consistent with that of the Type III source 4U 1705–44. Its light curve and IDF are, however, rather peculiar (note the long tail above \( I/I_{\text{mean}} = 1.5 \)).

Since sources belonging to the same group show very similar characteristics we have obtained a mean power density spectrum for each group by averaging the PDS of the individual sources pertaining to that group (Fig. 4). The PDS of Cyg X–1 has also been plotted (filled circles). Each group can then be distinguished on the basis of the slope of the PDS and the amplitude of variability. The power-law index \( \alpha \) and the fractional amplitude of variability \( \text{rms} \) calculated by integrating over the power-law model in the frequency range \( 1 \times 10^{-7} - 5 \times 10^{-6} \) Hz of the mean PDS for each group of systems are: \( \alpha = 0.62 \pm 0.03, \text{rms}=11.5 \pm 0.3\% \) for Type I sources; \( \alpha = 1.09 \pm 0.05, \text{rms}=15.0 \pm 0.4\% \) for Type II sources and \( \alpha = 1.61 \pm 0.08, \text{rms}=29.5 \pm 0.6\% \) for Type III sources.

Type I and Type II systems exhibit similar PDS, except for the fact that Type II sources contain less (more) power at higher (lower) frequencies than the Type I systems, which agrees with the characteristic shape of the
Fig. 1. Power density spectra of the sources studied in this work and the best-fit power law. The residuals represent the difference between the observational points and the model, expressed as number of $\sigma$.

light curves, i.e. fast variations in Type I LMXB and long-term trends in Type II LMXB. Type III power spectra show the largest amplitude variations at all frequencies (except at the highest ones). This again is in agreement with the flaring like appearance of their light curves.

Finally, we find a correlation between source luminosity, $L_X$, and $rms$, in the sense that more luminous systems tend to be less variable. In Fig. 5 we plot the $rms$ vs source luminosity. An anticorrelation between these two quantities is apparent in this figure. This result is verified when we used the Kendall’s $\tau$ nonparametric statistic (Press et al. 1992) in order to investigate, quantitatively, whether the apparent anti-correlation between the two quantities is significant or not. We find $\tau = -0.56$; the probability that we would get this value by chance if $L_X$ and $rms$ were uncorrelated is $\sim 3.6 \times 10^{-3}$. We fitted a straight line to the $\log(L_X) - \log(rms)$ plot using the least-squares bisector line method (Isobe et al. 1990). The results show that $rms \propto L_X^{-\beta}$, with $\beta = 0.6 \pm 0.1$.

4. Discussion

We have investigated the aperiodic X-ray variability of all persistent neutron-star systems showing an average count rate above ASM RXTE 5 c/s over a period spanning about 5.7 years. A new scheme is proposed in which LMXBs can be separated into three groups according to the shape of their power density spectra at very low frequencies and the pattern of the long-term X-ray variability of their light curves. As classifying parameters we have taken i) the fractional amplitude of variability $rms$ from the light curves, ii) the slope $\alpha$ of the best-fit power law from the power spectra and, in a more qualitative way, iii) the shape of the intensity distribution functions.

Type I sources show lower $rms$ and flatter power spectra ($rms < 20\%, \alpha < 0.9$) than Type II sources ($20\% < rms < 30\%, 0.9 \lesssim \alpha \lesssim 1.2$), and these in turn, have lower $rms$ and flatter power spectra than Type III ($rms > 30\%, \alpha > 1.2$). The intensity distribution func-
tions of Type I sources tend to show positive tails and are narrower than those of Type II sources, which tend to show negative tails. In Type III systems the intensity distribution functions are even wider.

Several schemes have been put forward for the classification of LMXBs: Parsignault & Grindlay (1978) separated LMXBs into class I and II depending on whether or not a direct correlation between the source temperature (obtained by fitting an exponential to the energy spectrum) and the source intensity exists. Ponman (1982) distinguished between subcritical and supercritical LMXBs depending on whether or not the X-ray luminosity of the system is below or above a certain critical luminosity, approximately half the Eddington limit. White & Mason (1985) classified LMXBs according to the number of components needed to fit their energy spectra, hence distinguishing between one-component (a single power law with an exponential cutoff) and two-component (also including a blackbody function) systems. Based on the age, the location in the Galaxy and whether or not a low-energy blackbody component was required to fit the energy spectra Naylor & Podsiadlowski (1993) divided the LMXBs into bulge and disc sources. According to the pattern that the source traces out in the colour-colour X-ray diagram

It should be noted that the use of just one of these parameters does not generally suffice to characterise unequivocally a system. It is the combination of the spectral and timing parameters together with the extra support from the characteristic shape of the intensity distribution function which allows a more robust way of characterising LMXBs. For example, the slope of the PDS in GX9+9 is similar to those found in Type II sources. However, the $\text{rms}$ is about 10 sigmas smaller, more in accordance with Type I sources as its IDF is. The light curve exhibits a long-term modulation similar to but lower in amplitude than those of Type II systems. Likewise, the power-law index of Cyg X–2 is consistent with the Type III source 4U 1705–44 but its $\text{rms}$ amplitude and shape of the IDF resemble those of Type II sources.

Fig. 2. ASM light curves of the sources studied in this work. Each point represents 1 day.
Fig. 3. Distribution of the ASM intensity (normalised to the mean value) of the sources studied in this work.

and the type of noise components in the $10^{-2}$ – $10^2$ Hz power density spectra, Hasinger & van der Klis (1989) categorised LMXBs into Z and atoll sources. Note that the resulting number of different types is always two.

In general, the agreement between these classification schemes is good (see Col. 4 in Table 1). One group would contain Parsignault & Grindlay’s class I, Ponman’s supercritical, White & Mason’s two-component spectra, Naylor & Podsiadlowski’s bulge and Hasinger & van der Klis’ Z sources. The other group would include class II, subcritical, one-component, disc, atoll sources. Nevertheless, each scheme has some controversial sources that detach from the norm. For example, GX349+2 (Kuulkers & van der Klis 1998) and GX13+1 (Homan et al. 1998) exhibit both Z and atoll characteristics. GX9+9 has a much shorter orbital period than the rest of its group (bulge sources in the Naylor & Podsiadlowski’s scheme) making it very unlikely that this system contains a subgiant secondary as has been proposed for the bulge sources (Bandyopadhyay et al. 1999). GX340+0 did not easily fit in Ponman’s scheme (Ponman 1982), showing characteristics of both, subcritical and supercritical sources.

When the properties of the long-term variability are taken into account the classification of LMXBs based on the properties of the aperiodic variability at higher frequencies is mixed up. For example, Cyg X–2, which is considered as the prototype of Z sources, shows a much steeper power spectral continuum ($\alpha = 1.2$) and higher amplitude of variability ($rms=24\%$) than the rest of the Z sources, whose power-law index and $rms$ distribute around values 0.7 and 13%, respectively. Likewise, atoll sources do not seem to form an homogeneous group either. Among the atoll sources the power-law index and $rms$ variability vary over a wide range from 0.6 to 1.6 and 10–60%, respectively. Some atoll sources such as GX13+1 or GX9+1 are more similar to Z sources than to other members of the atoll group.

It might very well be that the classification of LMXBs in terms of a discrete number of groups is an oversimplification and that LMXBs constitute an homogeneous group.
of sources in which some unknown parameters change continuously to give rise to their differences.

One of these parameters could be the mass accretion rate. The increase of the X–ray luminosity from Type III to Type I objects may be interpreted as an increase in the accretion rate, probably due to the different nature of the secondary. It was already pointed out by Hasinger & van der Klis (1989) that the differences between Z and atoll sources may be due to the different luminosity class of the mass-donating stars, with Z sources having evolved secondaries and atoll sources main-sequence stars. Infrared spectroscopic measurements (Bandyopadhyay et al. 1999) show evidence indicating that not only the luminosity class but also the spectral type might be different so that Z sources would contain evolved and earlier than G5 stars and atoll sources late-type (K or M), either evolved or main-sequence, stars. Since the mass-loss rate scales with luminosity and radius (Reimers 1975), it is natural to expect that the mass accretion rate will be higher in systems which have an evolved star as an optical companion (like the Type I systems).

If the X-ray variations are caused by variations of the accretion rate which propagate toward the inner regions of the accretion disc, then in Type I systems, the accretion disc should be able to transfer even the fastest of these variations (faster even than the diffusion time-scale at the outer part of the disc). This can be achieved if the accretion disc is very small in size (perhaps the inner part is missing due to the presence of a relatively strong magnetosphere), or if it is geometrically thick (e.g. Churazov et al. 2001).

As the accretion rate decreases, the disc becomes geometrically thin, allowing only the slowest (and probably largest amplitude) mass-rate variations to propagate toward the inner part. This could explain the very slow modulation in the light curves of Type II objects. Type III objects could simply be those Type II objects which have: a) the closest companion (note that the only value of the orbital period known for a Type III system is much shorter than any other system, see Table II) and b) the weakest magnetic field. In this case, if the accretion disc is indeed smaller in size (due to the proximity of the companion), then higher frequency oscillations could also propagate from the outer boundary toward the inner parts of the disc. At the same time, the larger amplitude mass accretion rate variations could penetrate the weak magnetosphere and extend all the way to the surface of the neutron star, giving rise to the flaring appearance of their light curves.

This scenario could also explain the dependence of $rms$ on X–ray luminosity that we observe (Fig. 3). Suppose that the observed variations are indeed caused by variations of the mass accretion rate. These variations could be thought of as "flares", which originate at the outermost part of the disc and propagate toward the innermost regions. Suppose now that the shape and size of the flares are fixed in all systems, and that only the number of flares per unit time, say $N$, differ among the various systems. In this case, assuming there is not a significant constant, underlying component, $L_X \propto N$, while $rms \propto N/L_X^{2}$, and so $rms \propto L_X^{-1}$, inconsistent with the observed relation $rms \propto L_X^{-0.6}$. Therefore, both $N$ and the typical flare size scale (i.e. duration) should change with luminosity. If, as we move from Type I to Type II and Type III objects, only the longest amplitude variations propagate in the disc (i.e. $N$ decreases) and these variations last longer (i.e. the flare size scale increases), then a relationship between $rms$ and $L_X$, similar to the one shown in Fig. 4 could be expected.

It is worth making a comparison between Cyg X–1 and neutron-star systems. The power spectra of Type I sources are significantly different from that of Cyg X–1 both in slope and variability. Type II sources, although they exhibit similar noise shape, are less variable than Cyg X–1. In Type III sources the $rms$ is comparable to that of Cyg X–1 but have a steeper slope in the PDS. The differences between the properties of Cyg X–1 and some of the LMXB such as 4U 1705–44 (whose power-law index and $rms$ amplitude are similar to those of Cyg X–1) are smaller than between some LMXBs themselves. We conclude that the physical processes that cause the low-frequency X-ray variations in X-ray binaries are determined by the conditions of matter in the surroundings of the compact object rather than by its nature (neutron star or black hole).
**Fig. 5.** Comparison of the power spectra of low-mass X-ray binaries with that of Cyg X–1. The power spectra are averaged spectra of the individual sources that belong to each group. Errors are absorbed by the size of the points. Symbols are as in Fig. 4.

**Fig. 6.** Fractional amplitude of variability (rms) as a function of X-ray luminosity in the energy range 0.5-20 keV, except for the points marked with an arrow, GX354 and Cyg X–1, for which 1-10 keV and 1–30 keV bandwidths apply, respectively. The dashed line represents the best fit to the data using the least-squares bisector line method. Symbols are as in Fig. 4.

**5. Conclusions**

Based on the properties of the long-term aperiodic variability we have divided low-mass X-ray binaries into three categories. Systems in each group distinguish themselves by the shape and amplitude of variability of their power density spectra, light curves and intensity distribution functions. It seems plausible that Type I systems harbour evolved and possibly early type companions, whereas Type II and III systems contain later type main-sequence stars. The mass loss of the companions increases from Type III to Type II to Type I systems, hence the corresponding increase in luminosity. Differences in the accretion disc structure (thin vs thick) could explain the lack of fast variations in Type II systems. Type III systems could also be affected by the weak magnetic field, and perhaps the small size of the disc. Our results imply that, after all, it is not just the accretion physics that dictates the observed characteristics of the systems. Other factors, like the size of the disc and/or the presence of weak magnetic fields, probably affect the low frequency X-ray variations in these systems. Although the separation of LMXBs into these three groups is useful for the purpose of investigating their general aperiodic properties, it is likely that LMXBs constitute an homogeneous group of sources, whose properties vary in a continuous, rather than a discrete, way. Whether the differences in the aperiodic variability between Cyg X–1 and LMXBs are due to the different nature of the primary star – a B supergiant in opposition to late G-K type stars – or intrinsic variations in the vicinity of the compact star is unknown. It would be interesting to investigate the long-term variability of black-hole systems with late-type companions. However, owing to the transient nature of these systems such studies are very difficult to perform.

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