Matrix stiffness drives epithelial–mesenchymal transition and tumour metastasis through a TWIST1–G3BP2 mechanotransduction pathway

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Matrix stiffness potently regulates cellular behaviour in various biological contexts. In breast tumours, the presence of dense clusters of collagen fibrils indicates increased matrix stiffness and correlates with poor survival. It is unclear how mechanical inputs are transduced into transcriptional outputs to drive tumour progression. Here we report that TWIST1 is an essential mechanomediator that promotes epithelial–mesenchymal transition (EMT) in response to increasing matrix stiffness. High matrix stiffness promotes nuclear translocation of TWIST1 by releasing TWIST1 from its cytoplasmic binding partner G3BP2. Loss of G3BP2 leads to constitutive TWIST1 nuclear localization and synergizes with increasing matrix stiffness to induce EMT and promote tumour invasion and metastasis. In human breast tumours, collagen fibre alignment, a marker of increasing matrix stiffness, and reduced expression of G3BP2 together predict poor survival. Our findings reveal a TWIST1–G3BP2 mechanotransduction pathway that responds to biomechanical signals from the tumour microenvironment to drive EMT, invasion and metastasis.

Breast tumours are often detected by manual palpation, as they are more rigid than their surrounding normal tissue. This increase in tissue rigidity, or matrix stiffness, plays a significant role during tumour progression1–5. Organized collagen fibre alignment, which is a surrogate marker for increasing matrix stiffness in the tumour microenvironment, is associated with breast tumour progression6–8. The importance of mechanical forces in regulating cellular behaviours is also evident during embryogenesis9–11. For example, mesenchymal stem cells undergo lineage selection into either neurons or muscle and bone in response to distinct matrix elasticities12. The transcription co-activator YAP accumulates in the nucleus in stiffer matrices to allow osteogenic differentiation of mesenchymal stem cells13. How changes in the mechanical properties of extracellular matrix are converted into biochemical and transcriptional responses to direct tumour cell behaviour remains unknown.

Studies have shown that human mammary epithelial cells form normal ductal acini on compliant matrices that recapitulate the stiffness of normal mammary glands. On matrices with increased rigidity similar to breast tumours, however, cells lose apical–basal polarity, form weaker junctions and invade through the basement membrane1,2. These cellular changes in response to increasing stiffness resemble many morphological features associated with EMT, a developmental program also critical for tumour cell dissemination and metastasis14,15. During EMT, cells lose their epithelial characteristics, including cell junctions and polarity, and acquire a mesenchymal morphology and the ability to invade. The EMT program is orchestrated through a network of transcription factors, including TWIST1, TWIST2 (refs 16,17), SNAI1, SNAI2 (refs 18–20), ZEB1 and ZEB2 (refs 21,22). Therefore, we set out to understand how matrix stiffness regulates the EMT molecular pathway to promote tumour invasion and metastasis.

RESULTS

TWIST1 is essential for matrix-stiffness-induced EMT and invasion

The basic helix–loop–helix (bHLH) transcription factor, TWIST1, is essential for the ability of tumour cells to metastasize through activation of EMT and extracellular matrix degradation16,23. Mechanical

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forces induce Twist expression during Drosophila larval development\(^2\); therefore, we investigated whether increasing matrix stiffness regulates mammalian TWIST1 to promote EMT and tumour invasion. We employed a collagen-coated polyacrylamide hydrogel system with calibrated elastic moduli ranging from the calibrated elastic moduli ranging from 150 Pa to 5,700 Pa. Using this system, we investigated whether TWIST1 is required for matrix-stiffness-induced EMT and invasion. (a) Eph4Ras cells after 5 days growth in 3D culture on polyacrylamide hydrogels with the indicated rigidities imaged by bright-field (top) or stained (bottom) for E-cadherin (green), fibronectin (red) and nuclei (blue; scale bars, 50 μm). (b) Cell lysates from Eph4Ras cells expressing control and Twist1 shRNAs were analysed by SDS–PAGE and probed for Twist1 and β-actin. Unprocessed original scans of the blots are shown in Supplementary Fig. 1A. As loss of basement membrane integrity is a critical event during the metastatic cascade, we used this pronounced matrix-stiness-induced malignant phenotype described previously\(^3\). Notably, the intact basement membrane observed at low stiness was destabilized at high matrix stiness, consistent with previous observations that increasing matrix stiffness induces cellular invasion\(^3\). (c) Eph4Ras cells expressing control or Twist1 knockdown shRNAs after 5 days growth in 3D culture on polyacrylamide hydrogels with the indicated rigidities (scale bars, 50 μm). (d) Quantification of invasive acini in 3D culture described in c from 3 independent experiments (\(**, P<0.001\), unpaired two-tailed \(t\)-test with Welch’s correction, \(n=50\) acini per experiment, 3 independent experiments, error bars represent s.d.).

Figure 1 TWIST1 is essential for matrix-stiffness-induced EMT and invasion. (a) Eph4Ras cells after 5 days growth in 3D culture on polyacrylamide hydrogels with the indicated rigidities stained for laminin V (red), E-cadherin (green) and nuclei (blue; scale bars, 25 μm). (b–d) Eph4Ras cells expressing control or Twist1 shRNAs were cultured in 3D culture with the indicated rigidities in the absence (f) or presence of 5 ng ml\(^{-1}\) TGF-β (g) for 8 days and stained for E-cadherin (green), fibronectin (red) and nuclei (blue; scale bars, 25 μm). (h–l) qPCR analysis of TWIST1, Snail1, Snail2, Zeb1 and Zeb2 mRNA expression in Eph4Ras cells expressing control or Twist1 shRNAs cultured under the indicated matrix rigidities in the absence or presence of 5 ng ml\(^{-1}\) TGF-β (\(*, P<0.05\); \(**, P<0.01\); unpaired two-tailed \(t\)-test with Welch’s correction, \(n=3\) independent experiments, statistics source data can be found in Supplementary Table 1; error bars represent s.d.).

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Using this system, we investigated whether TWIST1 is required for induction of EMT and invasion in response to high matrix stiffness. We generated Eph4Ras and MCF10A cells expressing short hairpin
RNAs (shRNAs) against TWIST1 and tested their mechanosensing competence (Fig. 1b and Supplementary Fig. 1B–D). Knockdown of TWIST1 prevented the invasive phenotype at 5,700 Pa; instead, these cells formed basally polarized acini with strong junctional E-cadherin on rigid matrices (Fig. 1c–f and Supplementary Fig. 1E). Importantly, knockdown of Twist1 prevented stiffness-induced basement membrane destabilization, as shown by basal laminin V staining (Fig. 1e), demonstrating that matrix-stiffness-induced invasion is Twist1-dependent. As high stiffness alone was not sufficient to induce a complete EMT (Fig. 1f), we investigated whether TWIST1 is also required for the induction of a full EMT by mechanical signals in concert with the EMT-inducing biochemical signal TGF-β (ref. 33). Consistent with published data34, although TGF-β was not sufficient to induce EMT on soft matrix, rigid matrix together with TGF-β triggered a complete EMT, evidenced by both immunostaining and quantitative PCR (qPCR) analysis of EMT markers (Fig. 1g and Supplementary Fig. 1F,G). Importantly, knockdown of Twist1 completely blocked induction of EMT by TGF-β at high matrix stiffness and rescued acinar development (Fig. 1g). Together, these data indicate an essential role for TWIST1 in mediating matrix-stiffness-induced EMT and invasion.

As the EMT program is orchestrated synergistically by a number of EMT-inducing transcription factors, we next aimed to understand how the EMT transcription program is regulated by matrix stiffness and TGF-β. The messenger RNA levels of EMT-inducing transcription factors, Twist1, Snai1, Snai2, Zeb1 and Zeb2 did not change significantly in response to changes in matrix stiffness alone (Fig. 1h–l). On TGF-β treatment, only Snai1 mRNA is markedly induced in a Twist1-independent manner (Fig. 1i), as reported previously31. However, without Twist1, TGF-β-induced Snai1 expression alone could not induce even a partial EMT or any invasive phenotype on soft or hard matrices (Fig. 1g). The mRNA expression levels of Snai2, Zeb1 and Zeb2 were significantly dampened on Twist1 knockdown (Fig. 1j–l), further supporting a key role of TWIST1 in regulating EMT gene response. These data suggest that TWIST1-dependent mechanotransduction, together with induction of Snai1 by TGF-β, is required to induce a complete EMT at high matrix stiffness.

Matrix stiffness regulates TWIST1 nuclear localization

We next aimed to understand how TWIST1 is regulated by matrix stiffness to mediate EMT and invasion. As Drosophila Twist mRNA expression is induced by mechanical forces24, we examined TWIST1 mRNA and protein expression under various matrix rigidities and found no differences (Fig. 2a,b). Surprisingly, immunostaining showed that TWIST1 was largely cytoplasmic on the compliant matrix of 150 Pa and translocated into the nucleus on the rigid matrix of 6,700 Pa.
Figure 3 TWIST1 and YAP nuclear localization are regulated by distinct mechanotransduction pathways. (a) MCF10A cells were cultured in 3D culture on polyacrylamide hydrogels with the indicated rigidities in the presence of a control IgG or a β1-integrin-blocking antibody (AIIB2) for 5 days and stained for TWIST1 (green), YAP (red) and nuclei (blue; scale bars, 25 μm). (b,c) Bright-field images (scale bars, 50 μm; b) and confocal images of MCF10A cells cultured on micropatterned glass coverslips for 6 h stained for TWIST1 (green), YAP (red), F-actin (greyscale) and nuclei (blue; scale bars, 25 μm; c). (d) Quantification of relative cytoplasmic localized TWIST1 and YAP. (#, not significant; *, P < 0.01, unpaired two-tailed t-test with Welch’s correction, n=25 cells per experiment, 3 independent experiments, error bars represent s.d.). (e) MCF10A cells were cultured in 3D culture on polyacrylamide hydrogels with the indicated rigidities in the absence or presence of leptomycin B and stained for TWIST1 (green), YAP (red) and nuclei (blue; scale bars, 25 μm).
High-stiffness-induced nuclear translocation of TWIST1 was observed in human MCF10A and mouse Eph4Ras cells (Fig. 2c), suggesting that nuclear translocation of TWIST1 is a conserved response to increasing matrix stiffness. These results suggest that matrix stiffness could directly impinge on the EMT program by controlling TWIST1 nuclear translocation.

**Figure 4** Matrix stiffness regulates the interaction between TWIST1 and G3BP2 to control TWIST1 subcellular localization. (a) Endogenous TWIST1 from MCF10A cell lysates was immunoprecipitated, analysed by SDS–PAGE and probed for G3BP2 and Myc. (b) Population plot of the putative G3BP2-binding domain motif. (c) Alignment of the putative G3BP2-binding domain in TWIST1 homologues. (d) Exogenously expressed wild-type (WT) and Gln105-Thr112 deletion (ΔQT) Myc-tagged Twist1 from 293T cell lysates were immunoprecipitated, analysed by SDS–PAGE and probed for G3BP2 and Myc. (e) Eph4Ras cells in 3D culture for 20h at the indicated rigidities were analysed for Twist1 and G3bp2 interaction by in situ PLA assay, PLA signal (green) and DAPI (blue; scale bars, 50 μm). (f) Eph4Ras cells in 3D culture for 6 days at the indicated rigidities were analysed for Twist1 and G3bp2 interaction by in situ PLA assay, PLA signal (green) and DAPI (blue; scale bars, 25 μm). (g) Quantification of PLA signal normalized to cell number in 3D cultures described in f (**, P < 0.001, unpaired two-tailed t-test with Welch’s correction, n = 50 acini, 3 independent experiments, error bars represent s.d.). (h) Eph4Ras cells in 3D culture for 20h at the indicated rigidities were analysed for Twist1 and G3bp2 interaction by in situ PLA assay, PLA signal (green) and DAPI (blue; scale bars, 15 μm). (i) Quantification of PLA signal normalized to cell number in 3D cultures described in h (**, P < 0.001, unpaired two-tailed t-test with Welch’s correction, n = 25 acini, 3 independent experiments, error bars represent s.d.). (j) Exogenously expressed wild-type (WT), Y107F and Y107E Myc-tagged Twist1 from 293T cell lysates were immunoprecipitated and analysed by SDS–PAGE, and probed for G3BP2 and Myc. Unprocessed original scans of the blots are shown in Supplementary Fig. 7.

**TWIST1 subcellular localization is regulated by a distinct mechanotransduction pathway independent of YAP**

We next investigated whether integrin activation is necessary for TWIST1 nuclear localization at high matrix stiffness because mechanosensing responses to matrix stiffness are mediated in part through clustering and activation of integrins1,15. Treatment with a β1-integrin-blocking antibody (AIIB2) prevented nuclear translocation of TWIST1 and blocked the invasive phenotype induced by high matrix stiffness1,12 (Fig. 3a), further supporting a critical role for TWIST1 in mediating matrix-stiffness-induced EMT and invasion. Notably, blockade of β1-integrin activation also prevented nuclear localization of YAP, which was recently identified as one of the few known mechanoresponsive transcription regulators13. Therefore, integrin activation is critical to the mechanoregulation of both TWIST1 and YAP.

Next we examined whether TWIST1 and YAP are regulated by similar mechanoregulatory machineries. As matrix stiffness also affects
Figure 5 Loss of G3BP2 cooperates with increasing matrix stiffness to promote TWIST1 nuclear localization and EMT. (a) Cell lysates from Eph4Ras cells expressing control or G3bp2 shRNAs were analysed by SDS–PAGE and probed for G3BP2 and β-actin. Unprocessed original scans of the blots are shown in Supplementary Fig. 7. (b) Eph4Ras cells expressing control or G3bp2 shRNAs were cultured in 3D culture with the indicated rigidities for 5 days and stained for Twist1 (green) and nuclei (blue; scale bars, 50 μm). (c) Eph4Ras cells expressing control or G3bp2 shRNAs were cultured in 3D culture with varying rigidities for 5 days and stained for E-cadherin (green), laminin V (red) and nuclei (blue; scale bars, 50 μm). (d) Quantification of invasive acini in 3D culture described in c from 3 independent experiments (***, P < 0.001, unpaired two-tailed t-test with Welch’s correction, n = 50 acini per experiment, 3 independent experiments, error bars represent s.d.). (e–h) qPCR analysis of G3bp2 (e), Snai2 (f), Cdh1 (g) and Vim (h) in Eph4Ras cells expressing control or G3bp2 shRNAs 3D cultured under the indicated matrix rigidities for 5 days (*, P < 0.05; **, P < 0.01; ***, P < 0.001, unpaired two-tailed t-test with Welch’s correction, n = 4 independent experiments, Supplementary Table 1, error bars represent s.d.). (i) Quantification of invasive acini of Eph4Ras cells expressing control (Ctrl shRNA1) or G3bp2 shRNAs, together with control (Ctrl shRNA2) or Twist1 shRNA (Twist1 shRNA5), 3D cultured under the indicated matrix rigidities for 5 days, from 3 independent experiments (*, P < 0.05; **, P < 0.01, unpaired two-tailed t-test with Welch’s correction, n = 50 acini per experiment, 3 independent experiments; double knockdown compared with the respective single knockdown, error bars represent s.d.).
Figure 6 Loss of G3BP2 induces tumour invasion in vivo. (a) Cell lysates from MCF10DCIS cells expressing control or G3BP2 shRNAs were analysed by SDS–PAGE and probed for G3BP2 and GAPDH. Unprocessed original scans of the blots are shown in Supplementary Fig. 7. (b) Quantification of invasive acini formed by MCF10DCIS cells expressing control or G3BP2 shRNAs cultured in 3D culture with varying rigidities for 5 days (*, P < 0.05; **, P < 0.01; ***, P < 0.001, unpaired two-tailed t-test with Welch’s correction, n = 50 acini per experiment, 3 independent experiments; error bars denote s.e.m.). (c) Tumour weight of MCF10DCIS xenograft tumours expressing control or G3BP2 shRNAs (#, not statistically significant, unpaired two-tailed t-test with Welch’s correction, n = 20 tumours from 10 mice per group, 3 independent experiments, error bars represent s.d.). (d) Tissue sections of control and G3BP2 shRNA MCF10DCIS xenografts stained for G3BP2 (green), αSMA (red) and nuclei (blue) and imaged by confocal microscopy (scale bars, 50 μm). (e) Fluorescent and bright-field images of GFP (green)-labelled MCF10DCIS xenograft tumours in situ (scale bars, 5 mm). (f) Quantification of local (MG-invasive) and regional (Peritoneum-invasive) invasion of MCF10DCIS xenograft tumours. (g, h) Fluorescent images (scale bars, 100 μm; g) and quantification (h) of lung metastases (green, indicated by arrows) from MCF10DCIS xenograft tumours (*, P < 0.01, unpaired two-tailed t-test with Welch’s correction, n = 10 mice per experiment, 3 independent experiments).
Figure 7 Downregulation of G3BP2 and increasing collagen organization synergistically predict poor outcome in breast cancer patients. (a) Confocal microscopy of normal human breast terminal ductal lobular units (TDLU) and ducts stained for G3BP2 (red) and nuclei (blue; scale bars, 100 μm). (b) Representative images of stage-3 human breast tumours analysed for collagen organization by SHG (red), and stained for G3BP2 (green) and TO-PRO-3 for nuclei (blue) respectively (scale bars, 100 μm). (c) Kaplan–Meier curve of recurrence-free survival for stage-3 breast cancer patients, stratified by collagen organization (SHG) and G3BP2 expression (*, Disorganized collagen/G3BP2high tumours versus Organized collagen/G3BP2low, log-rank P value = 0.0135, n = 152 breast tumours; Disorganized collagen/G3BP2high n = 19 breast tumours; Disorganized collagen/G3BP2low n = 65 breast tumours; Organized collagen/G3BP2high n = 6 breast tumours; Disorganized collagen/G3BP2low n = 62 breast tumours).

cell shape, we sought to distinguish their impacts on TWIST1 nuclear localization. First, we used micropatterning to selectively alter cell shapes without changing underlying matrix rigidity. Restrictive patterns with areas of 225 μm² and 400 μm² prevented any cell spreading; in contrast, MCF10A cells on unpatterned regions were able to spread effectively (Fig. 3b). TWIST1 nuclear localization was not affected by changes in cell shape in either MCF10A or Eph4Ras cells (Fig. 3b–d and Supplementary Fig. 2). To confirm that micropatterning restriction of cell spreading was effective, we also examined the localization of YAP. In contrast to TWIST1, YAP subcellular localization was responsive to changes in cell shape (Fig. 3c,d), consistent with previous reports that YAP localization is sensitive to any changes in actin cytoskeleton.13,36 This difference suggests the existence of distinct mechanoregulatory mechanisms for TWIST1 and YAP. These data also suggest that matrix stiffness directly regulates TWIST1 subcellular localization independently of changes in cell shape.

As TWIST1 protein subcellular localization could be regulated by nuclear transport, we explored whether TWIST1 nuclear import and export might be regulated by matrix stiffness. Treatment of MCF10A cells with leptomycin B, a nuclear export inhibitor,37 did not promote nuclear accumulation of TWIST1 on compliant matrices (Fig. 3e, upper panel). In contrast, YAP accumulated into the nucleus on inhibition of nuclear export (Fig. 3e, lower panel). Therefore, similar to the micropatterning experiment, inhibition of nuclear export differentially affected matrix stiffness regulation of TWIST1 and YAP, supporting the existence of distinct Twist1 and YAP mechanotransduction pathways. Furthermore, as TWIST1 contains two functional nuclear localization sequences,38 these results suggest that TWIST1 is likely to be actively anchored in the cytoplasm on compliant matrices, therefore preventing nuclear translocation.

Matrix stiffness regulates the interaction between TWIST1 and G3BP2 to control TWIST1 subcellular localization

To understand the molecular mechanism underlying TWIST1 cytoplasmic retention, we used mass spectrometry analysis to identify TWIST1-binding proteins that anchor TWIST1 in the cytoplasm.
Loss of G3BP2 cooperates with increasing matrix stiffness to promote TWIST1 nuclear localization and EMT

We next investigated whether G3BP2 is functionally required for TWIST1 cytoplasmic retention in compliant matrices. We used shRNAs to knock down G3BP2 expression and determined the impact on TWIST1 localization (Fig. 5a,e, and Supplementary Fig. 4A). For both MCF10A and Eph4Ras cells on compliant matrices, knockdown of G3BP2 resulted in nuclear accumulation of TWIST1, suggesting that G3BP2 is necessary for cytoplasmic sequestration of TWIST1 in response to low matrix stiffness (Fig. 5b and Supplementary Fig. 4B). TWIST1 nuclear localization at high matrix stiffness was not affected by knockdown of G3BP2, consistent with our model in which G3BP2 and TWIST1 dissociate at high matrix stiffness. In further support of distinct mechanoregulation of TWIST1 and YAP, knockdown of G3BP2 did not affect YAP localization (Supplementary Fig. 4D). These data strongly support a critical role for G3BP2 in regulating TWIST1 subcellular localization in response to matrix stiffness.

To determine the impact of G3BP2 loss on EMT and invasion, we cultured Eph4Ras cells on a gradient of polyacrylamide hydrogels with elasticities ranging from 150 Pa to 5,700 Pa in 3D culture. G3bp2 knockdown and the resulting constitutive Twist1 nuclear localization significantly increased the percentage of invasive acini at matrix rigidities ranging from 150 Pa to 670 Pa. Importantly, loss of G3hp2 and increasing matrix stiffness synergistically resulted in destabilization of basement membrane, an EMT phenotype and invasion of cells into the surrounding ECM (Fig. 5c,d). The EMT phenotype was characterized by downregulation of E-cadherin and disruption of basement membrane as shown by laminin V staining (Fig. 5c). Furthermore, G3bp2 knockdown repressed expression of E-cadherin and induced expression of vimentin (Fig. 5g,h). To determine whether the EMT phenotype resulting from G3bp2 knockdown is dependent on Twist1, we knocked down both Twist1 and G3hp2 and found that the EMT and invasive phenotype were significantly suppressed compared with cells that were depleted of only G3hp2 (Fig. 5i). Snai2, a direct transcription target of TWIST1 (ref. 42), was induced following G3hp2 knockdown; in contrast, double knockdown of G3hp2 and Twist1 blocked Snai2 induction, suggesting that the effects of G3hp2 knockdown are dependent on Twist1 (Fig. 5f and Supplementary Fig. 4C). These data indicate that G3BP2 directly impacts EMT and invasion in response to matrix stiffness and provide a mechanism by which the TWIST1–G3BP2 mechanotransduction pathway can facilitate tumour invasion. Furthermore, they suggest that downregulation of G3BP2 expression in tumour cells could cooperate with increasing matrix stiffness in the tumour microenvironment to facilitate tumour invasion and metastasis.

Loss of G3BP2 promotes tumour invasion and metastasis in vivo

To investigate the role of G3BP2 in tumour progression in vivo, we employed a human xenograft tumour model of comedo ductal carcinoma in situ, the MCF10DCIS cell line41, which is a derivative of MCF10A cells expressing oncogenic Ras. This xenograft model
recapitulates the development of ductal carcinoma in situ (DCIS) in human breast cancer. Concordant with our results in Eph4Ras and MCF10A mammary epithelial cells, knockdown of G3BP2 in conjunction with increasing matrix stiffness promoted TWIST1 nuclear localization and an invasive phenotype in MCF10DCIS cells in 3D culture, indicating that the TWIST1-G3BP2 mechanotransduction pathway is intact in this model (Fig. 6a,b, and Supplementary Fig. 5).

We injected these cells into the mammary fat pads of NOD/SCID mice and allowed tumour formation for 7 weeks. There was no significant difference in the weight of control and G3BP2 shRNA primary mammary tumours (Fig. 6c). Immunostaining confirmed significantly lower levels of G3BP2 in tumours with G3BP2 knockdown (Fig. 6d).

Interestingly, in control tumours, αSMA-positive mesenchymal cells were largely present at the edge of the tumour; in contrast, these cells were more diffusely distributed throughout the tumour, in agreement with other reports. Importantly, tumours expressing G3BP2 shRNAs consistently presented with a striking increase in the number of dense metastases in the lungs compared with tumours expressing a control shRNA. (mean increase: 15- and 65-fold for G3BP2 shRNA6 and shRNA8 versus control, respectively; Fig. 6g,h). Together, these results strongly support a key role for G3BP2 in suppressing tumour invasion and metastasis in vivo.

**Downregulation of G3BP2 and increasing collagen organization synergistically predict poor outcome in breast cancer patients**

We next investigated whether the TWIST1-G3BP2 mechanotransduction pathway has a significant role in human cancer progression. We first analysed The Cancer Genome Atlas (TCGA) breast cancer (TCGA_BRCA_G4502A_07_3) data set and observed a decrease in overall survival in patients with tumours with low G3BP2 expression (Supplementary Fig. 6A,B). Furthermore, consistent with a role in preventing EMT and invasion, we observed that G3BP2 protein expression was restricted to the luminal epithelial cells in normal human breast and colon tissues (Fig. 7a and Supplementary Fig. 6D). We next analysed G3BP2 expression and collagen organization in a cohort of 152 stage-3 breast tumours from the NCI Cancer Diagnosis Program (Fig. 7b). We analysed collagen fibre alignment by second harmonic generation imaging (SHG) and used it as a surrogate marker for tissue rigidity. In agreement with previous publications,8,44,45 stage-3 patients presenting stiffer tumours (organized collagen structures) had a median recurrence-free survival time of 31 months compared with 49 months in patients with more compliant tumours (disorganized collagen; P = 0.0014; Supplementary Fig. 6C). Importantly, the level of G3BP2 expression, together with matrix stiffness, could further stratify these patients to predict outcome (Fig. 7c).

Patients with disorganized collagen/G3BP2-high tumours had markedly improved outcomes with a 10-year recurrence-free survival rate of 46.4% compared with 10.1% of patients with organized collagen/G3BP2-low tumours. Patients whose tumours presented either low G3BP2 or organized collagen fibres had intermediate survival outcomes (31.18% and 33.33% 10-year recurrence-free survival, P = 0.0284), reflective of the cooperative effect of G3BP2 loss and increasing matrix stiffness on tumour progression. The association between downregulation of G3BP2 and poor prognosis was independent of tumour grade or oestrogen receptor status (Supplementary Fig. 6E,F). Concordant with data from 3D culture and animal tumour models, these results demonstrate that increasing rigidity in the tumour microenvironment, in concert with downregulation of G3BP2, promotes human breast tumour progression.

**DISCUSSION**

In summary, we demonstrate that increasing matrix stiffness in the tumour microenvironment directly activates EMT, tumour invasion, and metastasis through the EMT-inducing transcription factor TWIST1. This mechanotransduction pathway may have important implications in breast tumours, as G3BP2 loss and tissue rigidity act synergistically to promote tumour progression. Given that matrix stiffening and ECM reorganization has been observed in many human tumour types,10 the Twist1-G3BP2 mechanotransduction pathway warrants further investigation as a key mode of EMT activation as well as for therapeutic applications.

Mechanistically, our study reveals a molecular pathway directly linking mechanical forces with transcriptional regulation of the EMT program. Our findings suggest a model in which increasing matrix stiffness induces integrin-dependent phosphorylation events and release of TWIST1 from its cytoplasmic anchor G3BP2 to enter the nucleus and drive transcriptional events of EMT and invasion. Notably, to our knowledge, low stiffness and integrin disengagement are the only conditions in which cytoplasmic retention of TWIST1 is observed, thus providing a unique mode of EMT regulation.46 Interestingly, our analyses showed that matrix stiffness regulates TWIST1 and YAP/TAZ through distinct molecular mechanisms, suggesting that multiple mechanotransduction pathways exist. We found that the TWIST1-G3BP2 signalling axis is responsive only to matrix stiffness and is independent of cell shape, cell polarity and adherens junction; in contrast, YAP/TAZ are sensitive to all of these factors. At present, the complete molecular pathways that transmit the mechanical signals from extracellular matrix to either the YAP/TAZ or TWIST1 signalling axis remain to be elucidated. Understanding the similarities and differences between the YAP/TAZ versus TWIST1 mechanotransduction pathways will provide further insight into how different mechanical cues are interpreted into unique biological responses. Given the importance of mechanoregulation in embryonic morphogenesis, such information would have broad implications not only in tumour progression, but also in development.

**METHODS**

Methods and any associated references are available in the online version of the paper.

Note: Supplementary Information is available in the online version of the paper.

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AUTHOR CONTRIBUTIONS

S.C.W. and J.Y. conceived the project and wrote the manuscript. S.C.W. and L.F. advised on experimental design. L.F. and J.Y. revised the manuscript.

COMPETING FINANCIAL INTERESTS

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METHODS

Cell culture. MCF10A cells were grown in DMEM/F12 media supplemented with 5% horse serum, 20 ng/ml human EGF, 10 μg/ml insulin, 0.5 μg/ml hydrocortisone, penicillin, streptomycin and 100 ng/ml cholera toxin (Sigma-Aldrich). Epha4Ras cells were cultured on a substratum described in MEGM (Lonza) mixed 1:1 with DMEM/F12 media supplemented with 10 ng/ml human EGF, 10 μg/ml insulin, 0.5 μg/ml hydrocortisone, penicillin and streptomycin. Bt-549 cells were grown in RPMI 1640 supplemented with L-glutamine, penicillin, streptomycin, 10% fetal bovine serum and 1 μg/ml insulin. All cell lines were tested for mycoplasma contamination.

Generation of stable knockdown cell lines. Stable gene knockdown cell lines were generated using lentiviral plasmid vectors. Briefly, shRNA target constructs were introduced by infection with lentiviruses. Concentrated viral supernatants were applied to target cells with 6 μg/ml proteamine sulphate. Infected cells were then selected for with 2 μg/ml puromycin or blasticidin.

Polyacrylamide hydrogel preparation. Hydrogels were prepared as previously described on No. 1 12 mm and 25 mm coverslips. Briefly, No. 1 glass coverslips were etched using 0.1 N NaOH, functionalized using 3-aminopropyltriethoxysilane (Sigma-Aldrich), rinsed with dH2O, incubated in 0.5% glutaraldehyde in PBS, dried, and then acrylamide/bis-acrylamide mixtures polymerized between the functionalized coverslip and a glass slide coated with dichlorodimethylsiloxane (Sigma-Aldrich). Polyacrylamide-coated coverslips were then washed twice with dH2O, incubated with 1 mM Sulpho-SANPAH (Thermo Scientific Pierce) in HEPES buffer under 365 nm ultraviolet light for 10 min, rinsed twice with 50 mM HEPES dH2O (Sigma-Aldrich). Polyacrylamide-coated coverslips were then washed twice with 50 mM HEPES dH2O, rinsed twice with 50 mM HEPES dH2O, incubated with 1 mM Sulpho-SANPAH (Thermo Scientific Pierce) in HEPES buffer under 365 nm ultraviolet light for 10 min, rinsed twice with 50 mM HEPES dH2O, incubated at 37 °C overnight with rat tail Collagen I (Millipore) in 50 mM HEPES pH 8.5 buffer, rinsed twice in 50 mM HEPES pH 8.5 buffer, and sterilized.

Three-dimensional (3D) cell culture. MCF10A and Epha4Ras cells were grown in 3D cell culture as previously described. Briefly, Epha4Ras cells were seeded on hydrogels in 2% Matrigel (BD Biosciences) MEGM mixed 1:1 with DMEM/F12 and MCF10A cells seeded similarly in 2% Matrigel MEFDM12 media supplemented with 2% horse serum, 5 μg/ml human EGF, 10 μg/ml insulin, 0.5 μg/ml hydrocortisone, penicillin, streptomycin and 100 ng/ml cholera toxin.

Proximity ligation assay (PLA). We used a protocol adapted from the method described in ref. 28. In brief, cells were fixed with 2% paraformaldehyde (PFA) for 20 min at room temperature, permeabilized with PBS-0.5% Triton X-100, quenched with 100 mM PBS–glycine, and then blocked with 20% goat serum–immunofluorescence (IF) buffer (130 mM NaCl, 7.7 mM Na2HPO4, 0.1% BSA, 0.2% Triton X-100, 0.03% Tween-20, PBS). Samples were incubated with primary antibodies overnight in 20% goat serum–IF buffer, washed 3 times with IF buffer, incubated with secondary antibodies for 1 h, washed 3 times with IF buffer, counterstained for nuclear for 15 min (5 μg/ml DAPI or TO-PRO-3), washed once with PBS, and mounted with Slow Fade Gold (Invitrogen). Confocal images were acquired using an Olympus FV1000 with 405, 488, 555, and 647 laser lines. Images were linearly analysed and pseudo-coloured using ImageJ analysis software.

Invasive acini quantification. Invasive acini were quantified using bright-field images with a minimum of 5 random low-magnification fields being analysed per condition per experiment. Acini were scored as either normally developed acini or as acini that were invaded by tumour cells data for ER status and tumour grade were included in the annotated data set provided by the NCI CDP.

Antibodies. Primary antibodies include anti-β-actin (Abcam, ab13822, 1:3,000), anti-E-cadherin (BD, 61102, 1:200 for invasion scoring and 1:1,000 for western blotting), anti-E-cadherin (Abcam, ab15152, Decama-1, 1:200), anti-G3BP2 (Sigma-Aldrich, HP018425, 1:200, 1:1,000), anti-fibroactinin (Sigma-Aldrich, F3648, 1:200), anti-integrin α6 (Millipore, MAB1378, NKI-GoH3, 1:200), anti-human laminin V (Chemicon, D4B5, 1:200), anti-mouse laminin V (kind gift from M. Aumailley, University of Cologne, Germany, 1:1,000), anti-Twist1 (Santa Cruz, ab50887, Twist2C1a, 1:100, 1:1,000), rabbit anti-Twist1 (Sigma-Aldrich, T6451, 1:1,000), 5b7 mouse anti-Twist1 hybridoma cell line (1:1,000), anti-YAP1 (Santa Cruz, H-125, 1:1,000). AllIR2 hybridoma supernatant was used for β1-integrin -blocking experiments (Developmental Studies Hybridoma Bank, 1:1,000). Secondary fluorescent antibodies used included anti-mouse, anti-rabbit and anti-rabbit conjugated with Alexa Fluor 488, 546 and 647 (Life Technologies). Secondary horseradish peroxidase (HRP)-conjugated antibodies used include anti-mouse, anti-rabbit and anti-chicken (Jackson ImmunoResearch).

Immunoprecipitation. Cells were lysed using a 2-step protocol adapted from ref. 48. Cells were directly lysed with lysis buffer (20 mM Tris-HCl, 1% Triton X-100, 10 mM MgCl2, 10 mM KCl, 2 mM EDTA, 1 mM NaF, 1mM sodium orthovanadate, 2.5 mM β-glycerophosphate, 10% glycerol, pH 7.5) scraped off the culture dish, sonicated, supplemented to 400 mM NaCl, sonicated and diluted to 200 mM NaCl. Antibodies were conjugated to protein G beads (Invitrogen), crosslinked using disuccinimidyl suberate (Thermo Scientific Pierce) as per the manufacturer’s protocol, incubated with lysates overnight at 4 °C, washed eight times with IP lysis buffer supplemented with 200 mM NaCl, and eluted using 50 mM DTT LDS sample buffer at 95 °C for 15 min. SB7 mouse hybridoma concentrated supernatant was used. For immunoprecipitation of exogenously transfected Myc–Twist1, 293T cell lysates were collected 48 h after transfection and subjected to the 2-step lysis protocol. Immunoprecipitation was performed using anti-Myc antibody (9E10) crosslinked to protein A agarose beads (Invitrogen).

Mass spectrometry. The gel bands were excised and cut into 1 x 1-mm pieces. In gel digestion and extraction were done as previously described. The peptides were separated on a reversed-phase HPLC analytical column (360 μm O.D. x 50 μm I.D., ODS-AQ 5 μm, 10 cm) with an integrated tip (1–2 μm) with a gradient of 0–40% B for 30 min, 40–100% B for 5 min, 100%–0% B for 2 min, and 0% B for 15 min using an Agilent 1100 quaternary pump and eluted into an LTQ Orbitrap. The LTQ Orbitrap was operated in a data-dependent mode. MS spectra were acquired in the Orbitrap with a resolution of 15,000 and MS/MS spectra were acquired in the LTQ. Tandem mass spectra were searched against the IPI mouse database using BioWorks with the following modification: differential Methionine 15.9949. For peptides an xcorr cutoff filter of 1.5 for +1, 2.0 for +2 and 2.5 for +3 was applied, and identified peptides were confirmed by manually inspecting the MS/MS spectra.

Micropatterning. Micropatterned coverslips were designed with and produced by CYTOO (http://www.cytoo.com). Square micropatterns were produced in blocks with a 90 μm pitch between each pattern with a block period of 1,300 μm. Each pattern block was produced in duplicate on each coverslip. Activated coverslips were coated with 20 μg/ml rat tail collagen I for 2 h at room temperature. Cells were then seeded for 6 h and then fixed for analysis by confocal microscopy. At least 25 random single cells from 5 random fields were analysed per condition.

Motif sequence alignment. Sequences were aligned using ExPaSy SIB bioinformatics portal.

Proximity ligation assay. Cells were 3D cultured on polycrylamide gels for 20 h or 6 days and fixed and processed as described for immunofluorescence before performing Duolink PLA (Sigma-Aldrich) as per the manufacturer’s protocol. Briefly, mouse anti-Twist1 (Abcam, ab50887, Twist2C1a, 1:150) and rabbit anti-G3BP2 (Sigma-Aldrich, HP018425, 1:600) primary antibodies were used to detect endogenous proteins and subsequently recognized using species-specific plus minus PLA oligonucleotide-conjugated probes at 37 °C for 60 min. Interacting probes were then ligated at 37 °C for 30 min and detected by polymerase-mediated amplification at 37 °C for 100 min and subsequently analysed by fluorescent confocal microscopy. For analysis of formed day 6 acini a minimum of 50 cells from 5 random fields were quantified per condition. For analysis of single cells seeded for 20 h a minimum of 50 cells from 5 random fields were confirmed per condition. To quantify the PLA signal, confocal images were thresholded using ImageJ analysis software. The area with positive PLA signals was then quantified and divided by the number of cells examined.
Xenograft tumour assay. All animal care and experiments were approved by the Institutional Animal Care and Use Committee of the University of California, San Diego. MCF10DCIS cells (1.0 × 10^6) suspended in 15 μl Matrigel (BD Biosciences) were injected bilaterally into the inguinal mammary fat pads of 8-week-old female SCID-beige mice. No statistical method was used to predetermine sample size and the experiments were not randomized. Mice were euthanized and tumour burden was analysed at 7 weeks post tumour implantation. Mice were dissected and tumour invasion was assessed in situ using a fluorescent dissection scope (Leica Microsystems). The investigators were not blinded to allocation during experiments and outcome assessment. All work with animals was performed in accordance with UC San Diego IACUC and AAALAC guidelines.

TCGA data set analysis. The TCGA breast cancer gene expression data set (TCGA BRCA G4502A_07_3) was downloaded from the UCSC Cancer Genome Browser (https://genome-cancer.ucsc.edu). Samples were stratified by BRCA G4502A_07_3) was Downloaded from the UCSC Cancer Genome Browser (https://genome-cancer.ucsc.edu). Samples were stratified by BRCA G4502A_07_3) was Downloaded from the UCSC Cancer Genome Browser (https://genome-cancer.ucsc.edu). Samples were stratified by BRCA G4502A_07_3) was Downloaded from the UCSC Cancer Genome Browser (https://genome-cancer.ucsc.edu). Samples were stratified by UC San Diego. MCF10DCIS cells (1.0 × 10^6) suspended in 15 μl Matrigel (BD Biosciences) were injected bilaterally into the inguinal mammary fat pads of 8-week-old female SCID-beige mice. No statistical method was used to predetermine sample size and the experiments were not randomized. Mice were euthanized and tumour burden was analysed at 7 weeks post tumour implantation. Mice were dissected and tumour invasion was assessed in situ using a fluorescent dissection scope (Leica Microsystems). The investigators were not blinded to allocation during experiments and outcome assessment. All work with animals was performed in accordance with UC San Diego IACUC and AAALAC guidelines.

Statistical analysis. All P values were derived from Student’s t-test using unpaired two-tailed analysis with Welch’s correction, unless otherwise noted. Kaplan–Meier survival curves were analysed using Cox–Mantel Log-rank analysis. Contingency tables were analysed using Fisher’s exact analysis. Statistical significance was defined as P < 0.05, with regard to the null hypothesis. All qualitative data shown using representative data were repeated in at least 3 independent experiments.

Real-time PCR. RNA was extracted from cells using the RNeasy Mini and Micro Kit (Qiagen). cDNA was generated using random hexamer primers and a cDNA Reverse Transcription Kit (Applied Biosystems). Expression values were generated using ddCt values normalized to GAPDH. Experiments were performed in biological and technical triplicate using 7500 Fast (Applied Biosystems) and CFX Connect (Bio-Rad) real-time PCR detection systems. For data analysis in each comparison (one shRNA versus the control shRNA), unpaired two-tailed Student’s t-tests with Welch’s correction were used to determine statistical significance.
Supplementary Figure 1 TWIST1 is required for matrix stiffness-induced EMT. 

(A) Confocal microscopy of MCF10A cells grown in 3D culture for 5 days on varying matrix rigidities stained for Laminin V (green) and DAPI (blue) (scale bar, 50 µm). 

(B-C) Brightfield images of MCF10A (B) and Eph4Ras (C) cells expressing control and shTwist1 shRNAs (scale bar, 75 µm). 

(D) Lysates of control and shTwist expressing MCF10A cells analyzed by SDS-PAGE and probed for TWIST1 and β-Actin. 

(E) Quantification of invasive acini of MCF10A shTwist1 cells in 3D culture (***, P<0.001, unpaired two-tailed T-test with Welch’s correction, n=50 acini/experiment, 3 independent experiments, error bars represent s.d.). 

(F) qPCR analysis of E-cadherin (CDH1) mRNA expression in MCF10A cells in 3D culture on PA hydrogels treated or not with 5 ng/ml TGF-β for 5 days (P<0.05, unpaired two-tailed T-test with Welch’s correction, n=4 independent experiments, statistics source data can be found in Supplementary Table 1, error bars represent s.d.). 

(G) qPCR analysis of the mRNA expression of mesenchymal markers, Fibronectin (FN1) and Vimentin (VIM), in MCF10A cells in 3D culture on PA hydrogels treated or not with 5 ng/ml TGF-β for 5 days (P<0.05, unpaired two-tailed T-test with Welch’s correction, n=4 independent experiments, statistics source data can be found in Supplementary Table 1, error bars represent s.d.).
Supplementary Figure 2  Mechanoregulation of Twist1 nuclear localization in Eph4Ras cells. Brightfield images (A) and confocal images (scale bar, 50 μm) (B) of Eph4Ras cells cultured on micropatterned glass coverslips for 6 hours stained for Twist1 (green) and DAPI (blue) (scale bar, 20 μm).

(C) Quantification of nuclear localized Twist1 in percentage of the total cell number (#, not significant, unpaired two-tailed T-test with Welch’s correction, n=25 cells/experiment, 3 independent experiments, error bars represent s.d.).
Supplementary Figure 3 G3BP2 is a TWIST1 binding protein that localizes in the cytoplasm. (A) Immunoprecipitation of endogenous TWIST1 from MCF10A cell lysates resolved by SDS-PAGE and silver stained. Unique bands were identified, excised, and analyzed by mass spectrometry. (B) Confocal images of MCF10A and Bt-549 cells grown in 3D culture stained for endogenously expressed G3BP2 (red) and DAPI (blue) (scale bar, 50 µm). (C) Exogenously expressed Twist1 from 293T cell lysates was immunoprecipitated and analyzed by SDS-PAGE, and probed for G3BP2 and Twist1.
**Supplementary Figure 4**  G3BP2 mediates mechanoregulation of TWIST1 and EMT. (A) Brightfield images of Eph4Ras (left panel) and MCF10A (right panel) cells expressing control and G3BP2 shRNAs (scale bar, 75 µm). (B) Confocal images of MCF10A cells expressing shRNAs against G3BP2 grown in 3D culture for 5 days on varying matrix rigidities and stained for endogenously expressed TWIST1 (green) and DAPI (blue) (scale bar, 25 µm). (C) qPCR analysis of G3bp2, Twist1 and Snai2 in Eph4Ras cells expressing control (shCtrl#1) or G3bp2 shRNAs, together with control (shCtrl#2) or Twist1 shRNA (shTwist1#5), 3D cultured under indicated matrix rigidities for 5 days (*, P<0.05; **, P<0.01; ***, P<0.001, unpaired two-tailed T-test with Welch’s correction, n=3 independent experiments, statistics source data can be found in Supplementary Table 1; double knockdown compared to the respective single knockdown, error bars represent s.d.). (D) Confocal images of MCF10A cells expressing shRNAs against G3BP2 grown in 3D culture for 5 days on varying matrix rigidities and stained for YAP1 (red) and DAPI (blue) (scale bar, 50 µm).
Supplementary Figure 5 G3BP2 is required for mechanosensing in MCF10DCIS cells. (A) Brightfield images of MCF10DCIS cells expressing control and G3BP2 shRNAs (scale bar, 25 µm). (B) Brightfield images of MCF10DCIS cells expressing control and G3BP2 shRNAs cultured in 3D at indicated matrix rigidities for 5 days (scale bar, 150 µm). (C) Confocal images of MCF10DCIS cells expressing shRNAs against G3BP2 grown in 3D culture for 5 days on varying matrix rigidities and stained for endogenously expressed TWIST1 (green) and DAPI (blue) (scale bar, 25 µm).
Supplementary Figure 6 G3BP2 expression profile in normal and cancer human tissues. (A) Kaplan-Meier survival curve of patients stratified by G3BP2 expression in the TCGA breast cancer dataset (TCGA_BRCA_G4502A_D7_3) (P=0.2435, Log-Rank). (B) Statistics of overall survival of patients stratified by G3BP2 expression in the TCGA breast cancer dataset (TCGA_BRCA_G4502A_D7_3). (C) Kaplan-Meier curve of recurrence free survival in stage 3 breast cancer patients based on SHG imaging (**, P=0.0047, Log-Rank, n=197 breast tumors). (D) Confocal microscopy of normal human colon luminal epithelial cells stained for G3BP2 (red) and nuclei (blue) (scale bar, 50 µm). (E, F) Correlation between G3BP2 expression and ER positivity (E) or tumor grade (F) in stage 3 breast cancer patient samples analyzed in (C) (#, not significant, Fisher’s Exact, n=197 breast tumors, error bars represent s.d.).
Supplementary Figure 7 Uncropped Western blots images.