Quantitation of Aflatoxins in Food Materials Using HPLC-FLD Method

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Abstract: In this study, a sensitive high performance liquid chromatography coupled to a fluorescence detector (HPLC-FLD) method after post-column derivatisation was applied for the presence of aflatoxins (AFs) in 45 samples (dried apricots, raisins, dried figs, nuts, peanuts, almonds, corn, redpepper, blackpepper, bread and moldy cheese). Samples were collected four seasons from several open market places in Karaman/Turkey and checked for AFs levels. At the same time bread samples were incubated for seven day outdoors. The purpose of this experiment is to determine the time required to reach the critical aflatoxin amounts in the bread that we consumed in our home. AFs were present in 75% of dried apricots (6/8), 100% of raisins (8/8), 100% of dried figs (8/8), 75% of nuts (6/8), 50% of peanuts (4/8), 50% of almonds (4/8), 100% of corn (8/8), 100% of blackpepper (8/8), 100% of redpepper (8/8), 78.5% of bread (11/14), 75% of moldy cheese (3/4) at total AF levels ranging. Eight redpepper samples were above the European maximum tolerable limit (MTL) of 8 µg kg\(^{-1}\) for AFB1, while total AFs concentration exceeded the MTL of 10 µg kg\(^{-1}\) in eight redpepper samples. The amount of aflatoxin in other samples is lower than the value of European MTL.

Keywords: Aflatoxins, HPLC-FLD, Food Material, Derivatization, Turkey

1. Introduction

Aflatoxins (AFs) consist of a group of approximately 20 related fungal metabolites, although only aflatoxins B1 (AFB1), B2 (AFB2), G1 (AFG1), G2 (AFG2) are normally found in foods. Aflatoxins B2 and G2 are the hydro derivatives of the parent compounds. They are major class of mycotoxins produced by at least three species of *Aspergillus*, *Aflatoxins flavus*, *Aflatoxins parasiticus* and *Aflatoxins nomius* and can occur in wide range of important raw food commodities, including cereals, nuts, spices, figs and dried fruit. The “B” and “G” refer to the blue and green fluorescent colours produced by these compounds under UV light on thin-layer chromatography plates, while the subscript numbers 1 and 2 indicate major and minor compounds, respectively [1]. *Aflatoxins flavus* is more adapted to the aerial parts of plants (leaves, flowers, and fruits) and produces only B AFs, while *Aflatoxins parasiticus* produces both B and G AFs is well adapted to a soil environment [2]. AFs have been associated with several toxic effects in animal and human health including carcinogenic, mutagenic, teratogenic and immunosuppressive activity [3]. AFB1 is the most potent genotoxic and carcinogenic AFs and among the most commonly found in agricultural products [1]. Furthermore, the International Agency for Research on Cancer (IARC) acknowledges that there is sufficient evidence in humans for the carcinogenicity of naturally occurring AFB1 and mixtures of AFs [4], with a role in the aetiology of liver cancer, notably among subjects who are carriers of hepatitis B virus surface antigens [5]. AFs are most likely to contaminate maize and maize products, cottonseed, spices, figs and other dried fruits, groundnuts and tree nuts such as Brazil nuts, pecans, pistachio nuts and walnuts.

The groundnut, which belongs to the family Fabaceae is also a very popular fruit throughout the world due to its high nutrition value and taste [6]. China is the largest producer of groundnut in the world with 16.1 million metric tonnes (about 44.7% of world production), followed by India (19.3%), Nigeria (8.2%) and United States (4.6%) [7]. Turkey is the leading producer of peanuts in Europe and associated countries.
with almost 80,000 metric tonnes. The peanuts are used not only as raw, roasted and salted but also for a variety of applications including peanuts oil, peanuts butter, peanuts flour as well as many other uses. Peanuts have also been reported to be sensitive to AFs contamination in the field conditions before harvest, during post-harvest drying and curing, and in storage and transportation. The European Union has set maximum levels for certain contaminants in foodstuffs according to Commission Regulation (EC) No 1881/2006 [8], which has been amended and replaced with new regulations to revise legal limits for aflatoxins in foodstuffs. The EU Commission established maximum tolerable limits (MTL) of 8 µg kg\(^{-1}\) for AFB1 and 10 µg kg\(^{-1}\) for the sum of AFB1, AFB2, AFG1 and AFG2 in almonds, pistachios and apricot kernels, intended for direct human consumption or use as ingredient in foodstuffs. However, the MTL of 2 and 4 µg kg\(^{-1}\) for AFB1 and total AFs, respectively for groundnuts and other oilseeds and processed products have been set by EU [9].

The aim of this study was to display dried apricots, raisins, dried figs, nuts, peanuts, almonds, corn, red pepper, blackpepper, bread and moldy cheese to collected from Karaman/Turkey for their AFs presence and to quantitate their respective levels using a sensitive HPLC-FLD method after post-column derivatisation.

2. Materials and Methods

2.1. Chemicals and Reagents

Sodium chloride, nitric acid and potassium bromide were provided from Merck (Merck Darmstadt Co.). Acetonitrile and methanol (both of HPLC grade) were supplied by Sigma Aldrich. All aqueous solutions were prepared with ultra pure distilled water obtained from a water purification system (Millipore Milli-Q Plus). The IACs AflaPrep were purchased from R-Biopharm Rhone. The mixed standards of AFB1, AFB2, AFG1 and AFG2 were supplied by R-Biopharm Rhone. The mixture in each bottle consists of 0.25 µg AFB1, 0.25 µg AFB2, 0.25 µg AFG1 and 0.25 µg AFG2 in one millilitre of methanol.

2.2. Apparatus

A Waring blender with a 1-L container, operating at high speed (Waring Products Co., Connecticut, USA) and a vacuum manifold (Agilent Technologies, Santa Clara, CA, USA), which is capable of processing 20 samples simultaneously were used. HPLC analysis was performed using an Agilent 1100 series HPLC system consisted of a G1310A isocratic pump, a G1379A degasser, a G1313A autosampler, a G1316A column oven and a fluorescence detector model G1321A (Agilent Technologies, Palo Alto, California). Chemstation 3D software was used to control the system and the process signals. Chromatographic separations of AFs were achieved with a silica 5 µm ACE 5 C18, 100 Å, 25 x 4.6 mm column supplied by Advanced Chromatography Technologies. Postcolumn derivatisation was carried out with electrochemically generated bromine in Cobra cell using a reaction tube of 340 x 0.5 mm i.d. PTFE to enhance the fluorescence intensity of AFB1 and AFG1.

2.3. Samples

A total of 45 samples were analysed for AFs. The samples (dried apricots, raisins, dried figs, nuts, peanuts, almonds, corn, red pepper, black pepper, bread and moldy cheese) were collected four seasons from Karaman/Turkey and checked for AFs levels. At the same time bread samples were incubated for seven day outdoors. Representative portion of a minimum of 100 g of sample was taken and transported to the laboratory in an insulated container. All samples were ground with waring blender to produce a homogeneous particle size and stored in a glass container in a refrigerator until analysis.

2.4. Standard Solution Preparation

Stock solution of aflatoxin standard mix was diluted with methanol to obtain concentration of 10 ng mL\(^{-1}\) for AFB1, AFB2, AFG1 and AFG2. From this intermediate solution, a series of working standards from 0.025, 0.0625, 0.125, 0.25 and 0.5 ng mL\(^{-1}\) for AFG1 and AFB1 and 0.1, 0.250, 0.5, 1. and 2.0 ng mL\(^{-1}\) for AFG1 and AFB1 were prepared freshly in LC mobile phase consisting of water-acetonitrile-methanol (560+180+260) (v+v+v).

2.5. Extraction and Clean-up

The AOAC Official Method 999.31 [10] was used to detect AFs in pistachio and groundnut samples. This method involves methanol-water extraction, IAC cleanup and liquid chromatography coupled with fluorescence detector after post column derivatisation. Briefly, 25 g of finely-ground subsample was blended with 125 mL methanol-water (70:30, v/v) and 5 g NaCl using a waring blender at high speed for 2 min, and filtered using a prefolded filter paper. A 15 ml aliquot of filtrate was diluted with 30 ml water, shaken vigorously and filtered through glass microfiber filter (Wicam). Then, a 15 mL of diluted filtrate was passed through an AflaPrep attached onto a vacuum manifold at a flow rate of about 1 ml per min. The column was washed twice with 10 mL of ultrapure water and dried with air. AFs bound to the specific antibody were eluted by passing 1 mL methanol through the column and collected in HPLC vials. The eluate was then diluted with 1 mL of ultrapure water and stored at 2-8°C until to the HPLC analysis.

2.6. Chromatographic Separations

A mixture of potassium bromide (120mg), nitric acid (350 µL) and water-acetonitrile-methanol (560+180+260)(v+v+v) was isocratically delivered at 1 ml min\(^{-1}\). The column temperature was maintained at 30°C. The injection volume into HPLC system for both Standard and sample was 100µL. The fluorescence detector was set to an excitation and emission wavelengths of 360 and 435 nm, respectively. The retention times were around 7, 8, 9 and 11 min for AFG2, AFG1, AFB2 and AFB1, respectively. Linearity, sensitivity, recovery and accuracy (precision and
trueness) were determined to evaluate the performance of analytical method used for AFs. To assess linearity, seven-point calibration curves were constructed over the concentration range of 0.1-5 ng ml$^{-1}$ for each AFs. Linear regression lines were plotted using the peak area versus the analyte concentration. The linearity was determined by linear regression analysis and expressed as coefficient of determination ($R^2$).

The limit of detection (LOD) and limit of quantification (LOQ) of the analytical method were calculated according to EURACHEM Guide based on data of recovery experiment [11]. Blank groundnut samples were spiked with 0.1 µg kg$^{-1}$ for each analyte and measured in 10 independent replicates. The LOD and LOQ were calculated using the following relations:

$$LOD = X + 3s, \quad LOQ = X + 10s$$

in which, “X” is the mean concentration of fortified sample blank values, and “s” is the sample standard deviation.

The recovery was calculated by the analysis of six representative samples spiked with AFB1, AFB2, AFG1 and AFG2 at two concentration levels of 0.5 and 3 µg kg$^{-1}$.

The observed signal was plotted against the actual concentration. The measured concentration was determined using the obtained calibration curves and the recovery value was calculated by the following equation:

$$\% \text{ recovery} = 100 \times \frac{\text{measured concentration for spiked sample}}{\text{spiked (added) concentration}}$$

### 3. Results and Discussion

#### 3.1. Method Performance

The analytical method was validated (in terms of linearity, sensitivity, recovery and precision and trueness) prior to the analysis of samples. Figure 1, Figure 2, Figure 3 and Figure 4 show an HPLC-FLD chromatogram of AFs in the examples (µgKg$^{-1}$). The linear range, linear regression equation and coefficient of determination ($R^2$) for each analyte are given in Table 1. The calibration curves revealed good linearity for all analytes in related concentration ranges, with coefficient of determination greater than 0.999. Method performance characteristics for aflatoxins in samples are given in Table 2.

### Table 1. Linearity data for aflatoxins.

| Aflatoxins | Linearity range (µgL$^{-1}$) | Linear regression equation | $R^2$ |
|------------|-----------------------------|-----------------------------|-------|
| AFB1       | 0.1-5                       | $y = 4.96x+0.11$            | 0.9998|
| AFB2       | 0.1-5                       | $y = 7.95x+0.14$            | 0.9997|
| AFG1       | 0.1-5                       | $y = 2.90x+0.18$            | 0.9993|
| AFG2       | 0.1-5                       | $y = 3.07x+0.13$            | 0.9996|

$R^2$: Coefficient of determination.

### Table 2. Method performance characteristics for aflatoxins in samples.

| Aflatoxins | Spiking level(µgkg$^{-1}$) | Mean recovery(%) | $^a$LOD(µgkg$^{-1}$) | $^b$LOQ(µgkg$^{-1}$) |
|------------|-----------------------------|------------------|-----------------------|-----------------------|
| AFB1       | 0.5                         | 88.14            | 0.10                  | 0.11                  |
|            | 3                           | 88.57            |                       |                       |
| AFB2       | 0.5                         | 92.23            | 0.10                  | 0.11                  |
|            | 3                           | 96.37            |                       |                       |
| AFG1       | 0.5                         | 88.29            | 0.11                  | 0.12                  |
|            | 3                           | 88.28            |                       |                       |
| AFG2       | 0.5                         | 96.52            | 0.11                  | 0.14                  |
|            | 3                           | 97.37            |                       |                       |

$^a$ LOD, limit of detection of the chromatographic method.

$^b$ LOQ, limit of quantification of the chromatographic method.

![Figure 1. AFs standard solution (0.7 µgL$^{-1}$ AFB1, 0.2 µgL$^{-1}$ AFB2, 0.7 µgL$^{-1}$ AFG1 and 0.2 µgL$^{-1}$ AFG2).](image-url)
Figure 2. Naturally contaminated redpepper with 9.20 µg kg⁻¹ AFB1 and 0.7 µg kg⁻¹ AFB2 (summer).

Figure 3. Naturally contaminated redpepper with 15.46 µg kg⁻¹ AFB1 and 1.78 µg kg⁻¹ AFB2 (spring).

Figure 4. Naturally contaminated redpepper with 9.35 µg kg⁻¹ AFB1 and 1.37 µg kg⁻¹ AFB2 (autumn).
3.2. Application to Real Samples

AFB1, AFB2, AFG1, AFG2 quantities was measured using Coring Cell derivatization device in 38 samples taken from the neighborhood market and in 7 samples taken from the market with the method of random sampling in solution prepared by the method of AOAC 991.31. The analysis results are shown in Table 3, 4, 5. They indicate that only redpepper quantities (13.44 µg AFB1, 1.451 µg AFB2, 0.103 µg AFG1) do not conform to the values of Europen MLT. The total amounts of aflatoxins according to the seasons are given in Table 6. The highest amount of total aflatoxins measured for raisins, driedfigs, nuts and almonds in spring season, for corn and dried apricots in summer season, redpepper and peanut in autumn season and for red paper in winter season. The average amounts of aflatoxins measured according to the waiting time in the bread and in moldy cheese are given Table 7. and Table 8. respectively. They are found to be below values of the European MLT. Total aflatoxins quantities and aflatoxins B1 in samples are shown in Table 9. The aflatoxins amounts of all samples except redpepper conform to Europen values of MLT [12].

Table 3. Amounts of aflatoxins in dried apricots, raisains and dried figs (µgkg⁻¹), (1, 2 winter season; 3, 4 springseason ; 5, 6 summer season; 7, 8 autumn season).

| SAMPLE   | DRIED APRICOTS | RAISINS | DRIED FIGS |
|----------|----------------|---------|-----------|
| Sample Number | B1 | B2 | G1 | G2 | B1 | B2 | G1 | G2 | B1 | B2 | G1 | G2 |
| 1        | --- | --- | --- | --- | 0.125 | --- | --- | 0.011 | --- | --- | --- | --- |
| 2        | --- | --- | --- | --- | 0.072 | --- | --- | 0.073 | --- | --- | --- | --- |
| 3        | 0.008 | 0.027 | 0.014 | 0.011 | --- | --- | 1.426 | --- | --- | 0.093 | --- |
| 4        | 0.012 | 0.004 | --- | --- | --- | --- | 1.073 | 0.001 | --- | 0.075 | --- |
| 5        | --- | 0.004 | --- | --- | --- | --- | 0.445 | --- | 0.003 | 0.111 | --- |
| 6        | --- | 0.006 | 0.006 | --- | --- | --- | 0.411 | --- | 0.003 | 0.018 | --- |
| 7        | --- | --- | 0.010 | --- | --- | --- | 0.792 | --- | --- | 0.300 | --- |
| 8        | --- | --- | 0.005 | --- | --- | --- | 1.029 | --- | --- | 0.037 | --- |
| Mean     | 0.010 | 0.010 | 0.010 | 0.009 | --- | --- | 0.672 | 0.001 | 0.003 | 0.044 | --- |
| SD       | 0.003 | 0.011 | 0.006 | 0.003 | --- | --- | 0.486 | --- | --- | 0.032 | --- |

SD: Standart Deviation.

Table 4. Amounts of aflatoxins in nuts, peanuts and almonds (µgkg⁻¹), (1, 2 winter season; 3, 4 spring season; 5, 6 summer season; 7, 8 autumn season).

| SAMPLE   | NUTS | PEANUT | ALMONDS |
|----------|------|--------|---------|
| Sample Number | B1 | B2 | G1 | G2 | B1 | B2 | G1 | G2 | B1 | B2 | G1 | G2 |
| 1        | --- | --- | --- | --- | 0.009 | --- | --- | 0.007 | --- | --- | --- | --- |
| 2        | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 3        | 0.011 | 0.046 | --- | --- | 0.008 | --- | --- | --- | 0.009 | 0.007 | 0.018 | --- |
| 4        | 0.004 | 0.020 | 0.016 | 0.024 | --- | --- | 0.010 | --- | 0.001 | --- | 0.008 | --- |
| 5        | --- | 0.003 | 0.007 | 0.009 | --- | 0.001 | 0.009 | 0.012 | 0.006 | 0.001 | 0.008 | --- |
| 6        | --- | 0.003 | 0.003 | 0.015 | --- | 0.006 | 0.005 | 0.008 | 0.004 | --- | --- | --- |
| 7        | 0.014 | 0.001 | 0.013 | 0.018 | --- | --- | 0.004 | 0.001 | --- | --- | --- | --- |
| 8        | --- | --- | --- | --- | 0.006 | 0.015 | --- | 0.006 | 0.011 | --- | 0.012 | --- |
| Mean     | 0.010 | 0.015 | 0.009 | 0.015 | --- | 0.004 | 0.006 | 0.008 | 0.005 | 0.007 | 0.011 | --- |
| SD       | 0.005 | 0.019 | 0.005 | 0.006 | --- | 0.004 | 0.002 | 0.004 | 0.003 | 0.006 | 0.006 | --- |

SD: Standart Deviation.

Table 5. Amounts of aflatoxins in corn, black pepper and red pepper (µgkg⁻¹), (1, 2 winter season; 3, 4 spring season ; 5, 6 summer season; 7, 8 autumn season).

| SAMPLE   | CORN | BLACK PEPPER | RED PEPPER |
|----------|------|--------------|------------|
| Sample Number | B1 | B2 | G1 | G2 | B1 | B2 | G1 | G2 | B1 | B2 | G1 | G2 |
| 1        | --- | 0.002 | --- | 0.01 | 0.011 | --- | 0.082 | 0.028 | 21.14 | 2.040 | 0.187 | --- |
| 2        | 0.001 | 0.002 | --- | 0.019 | 0.012 | --- | 0.105 | 0.016 | 14.35 | 1.490 | 0.137 | --- |
| 3        | 0.009 | 0.008 | 0.005 | 0.010 | --- | 0.008 | --- | 0.016 | 15.46 | 1.786 | 0.018 | --- |
| 4        | 0.008 | 0.008 | 0.004 | 0.007 | --- | 0.016 | --- | 0.078 | 0.016 | 9.208 | 0.701 | 0.100 | --- |
| 5        | 0.126 | 0.052 | --- | --- | --- | 0.078 | 0.016 | 9.208 | 0.701 | 0.100 | --- | --- |
| 6        | 0.128 | 0.053 | --- | --- | 0.040 | 0.010 | 9.598 | 0.715 | 0.089 | --- | --- |
| 7        | 2.754 | 0.135 | --- | --- | 0.049 | --- | 9.357 | 1.375 | 0.050 | --- | --- |
| 8        | 2.201 | 0.117 | --- | --- | 0.001 | 0.028 | 0.013 | 11.17 | 1.537 | 0.061 | --- | --- |
| Mean     | 0.747 | 0.047 | 0.005 | 0.012 | 0.008 | 0.012 | 0.064 | 0.017 | 13.44 | 1.451 | 0.103 | --- |
| SD       | 1.194 | 0.053 | 0.001 | 0.005 | 0.006 | 0.006 | 0.029 | 0.007 | 4.358 | 0.513 | 0.061 | --- |

SD: Standart Deviation.
Table 6. The total amounts of aflatoxins according to the seasons (μg kg⁻¹).

| SEASONS | AF TYPE | SAMPLER TYPE | DRIED APRICOTS | RAISINS | DRIED FIGS | NUTS | PEANUT | ALMONDS | CORN | BLACK PEPPER | RED PEPPER |
|---------|---------|--------------|----------------|---------|-----------|------|--------|---------|------|-------------|------------|
| WINTER  | G₁      | B₁           | ----           | ----    | 0.002     | ---- | ----   | ----    | ---- | ----        | 17.750     |
|         | G₂      | B₂           | ----           | 0.001   | 0.015     | ---- | ----   | ----    | ---- | ----        | 1.765      |
|         | B₃      |               | 0.002          | 0.012   | 0.018     | ---- | ----   | ----    | ---- | ----        | 0.994      |
|         |         |               | 0.000          | 0.027   | 0.127     | ---- | ----   | ----    | ---- | ----        | 16.162     |
|         |         |               | 0.000          | 0.000   | 0.009     | ---- | ----   | ----    | ---- | ----        | 19.680     |
|         |         |               | 0.000          | 0.000   | 0.009     | ---- | ----   | ----    | ---- | ----        | 16.330     |
| G₁      | B₁      |               | 0.001          | 0.002   | 0.018     | ---- | ----   | ----    | ---- | ----        | 18.310     |
| G₂      | B₂      |               | 0.002          | 0.005   | 0.127     | ---- | ----   | ----    | ---- | ----        | 9.403      |
| G₃      | B₃      |               | 0.000          | 0.000   | 0.053     | ---- | ----   | ----    | ---- | ----        | 1.877      |
|         |         |               | 0.000          | 0.000   | 0.099     | ---- | ----   | ----    | ---- | ----        | 0.099      |
| SUMMER  | G₁      | B₁           | 0.045          | 0.006   | 0.127     | ---- | ----   | ----    | ---- | ----        | 18.310     |
|         | G₂      | B₂           | 0.040          | 0.007   | 0.018     | ---- | ----   | ----    | ---- | ----        | 7.080      |
|         |         |               | 0.007          | 0.008   | 0.127     | ---- | ----   | ----    | ---- | ----        | 9.403      |
|         |         |               | 0.005          | 0.000   | 0.053     | ---- | ----   | ----    | ---- | ----        | 9.403      |
| FALL    | G₁      | B₁           | 0.008          | 0.008   | 0.004     | ---- | ----   | ----    | ---- | ----        | 1.765      |
|         | G₂      | B₂           | 0.008          | 0.008   | 0.004     | ---- | ----   | ----    | ---- | ----        | 1.765      |
|         |         |               | 0.008          | 0.008   | 0.004     | ---- | ----   | ----    | ---- | ----        | 1.765      |
|         |         |               | 0.008          | 0.008   | 0.004     | ---- | ----   | ----    | ---- | ----        | 1.765      |

Table 7. The mean amounts of aflatoxins according to the waiting time in the bread.

| DAYS    | BREAD | B₁  | B₂  | G₁  | G₂  |
|---------|-------|-----|-----|-----|-----|
| 1. DAY  | 0.003 | ----|     | 0.003| ----|
| 2. DAY  | 0.006 | 0.001|     | 0.014| ----|
| 3. DAY  | ----  | ----|     | ----| ----|
| 4. DAY  | ----  | ----|     | ----| ----|
| 5. DAY  | ----  | ----|     | ----| ----|
| 6. DAY  | ----  | ----|     | ----| ----|
| 7. DAY  | ----  | ----|     | ----| ----|
| Mean    | ----  | ----|     | ----| ----|
| SD      | 0.004 | ----|     | 0.005| ----|

SD: Standard Deviation.

Table 8. The mean amounts of aflatoxins in moldy cheese.

| MOLDY CHEESE | B₁  | B₂  | G₁  | G₂  |
|--------------|-----|-----|-----|-----|
| 1. Example   | ----| ----| 0.046| 0.306|
| 2. Example   | ----| ----| 0.005| ----|
| Mean         | ----| ----| 0.025| 0.306|
| SD           | ----| ----| 0.029| ----|

SD: Standard Deviation.

Table 9. Total aflatoxin quantities and aflatoxin B₁ in samples.

| SAMPLE TYPE | SAMPLE NUMBER | B₁  | TOTAL AFLATOXIN(B₁+B₂+G₁+G₂) |
|-------------|---------------|-----|-----------------------------|
| DRIED APRICOTS | 4   | 0.010        | 0.041                          |
| DRIED FIGS   | 4   | 0.001        | 0.045                          |
| PEANUT       | 4   | 0.004        | 0.040                          |
| ALMONDS      | 4   | 0.004        | 0.026                          |
| CORN         | 4   | 0.654        | 0.708                          |
| BLACK PEPPER | 4   | 0.006        | 0.066                          |
| RED PEPPER   | 4   | 13.440       | 14.990                         |
| BREAD        | 7   | 0.007        | 0.088                          |
| MOLDY CHEESE | 2   | ----         | 0.081                          |
According to experimental results, AFs were determined in 40 (88.9%) of 45 samples. It was not determined in 5 (11.1%) samples. %AFs in the examples are shown in Figure 5. Amounts of total AFs and AFB1 in dried apricots, raisins and dried figs (µg kg\(^{-1}\)) are 0.01 - 0.04, 0 - 0.062 and 0.001 – 0.045 µg kg\(^{-1}\) respectively (Figure 6). Amounts of total AFs and AFB1 in nuts, peanuts and almonds are found 0.004 - 0.04, 0 - 0.026 and 0 – 0.017 µg kg\(^{-1}\) respectively (Figure 7). Amounts of total AFs and AFB1 in corn, black pepper and red pepper are found 0.654 - 0.708, 0.006 - 0.066 and 13.44 – 14.99 µg kg\(^{-1}\) respectively (Figure 8). Amounts of total AFs and AFB1 in bread and boldy cheese are found 0.007 - 0.008 and 0 - 0.081 µg kg\(^{-1}\) respectively (Figure 9).

Figure 5. Amount of % AFs can not be determined and can be determined in the samples.

Figure 6. Amounts of total AFs and AFB1 in dried apricots, raisins and dried figs (µgkg\(^{-1}\)).

Figure 7. Amounts of total AFs and AFB1 in nuts, peanuts and almonds (µgkg\(^{-1}\)).

Figure 8. Amounts of total AFs and AFB1 in corn, black pepper and red pepper (µgkg\(^{-1}\)).

Figure 9. Amounts of total AFs and AFB1 in bread and boldy cheese (µgkg\(^{-1}\)).

Because of the health risks linked to AFs in food, it is an important issue to determine the AFs content and the quality of food. To comply with AFs standards in international trade improves the quality of national production and increases consumption of safe products in terms of AFs [13, 14]. According to the Turkish Food Codex [15, 16], the maximum values of AFB1 and total AFs are 8 and 15 µg kg\(^{-1}\) respectively for nuts, peanuts, pistachios, almonds and hard shell fruits (before processing) and are 5 and 10 µg kg\(^{-1}\) respectively for corn, black pepper and red pepper.

45 samples were used in experimental study and 90 measurements were carried out. According to the experimental results, amounts of AFB1 and total AFs is found to be below the maximum values of the Turkish Food Codex in 71.1% of the samples and are also found to be above them in 8 pieces of red pepper samples.

The maximum amount of AFB1 designed for foods in European countries and The United States is 5 µg kg\(^{-1}\) on all foods in countries such as the Netherlands, Belgium, Spain, Ireland, Greece, Denmark and is also 2 µg kg\(^{-1}\) in Germany. The maximum amount of total AFs 5 µg kg\(^{-1}\) on all foods in countries such as the Norway, Austria, Switzerland and Belgium is 4 µg kg\(^{-1}\) in Germany and is also 20 µg kg\(^{-1}\) in United States. According to the data given above, the maximum amount of AFB1 and total AFs is found to be below limit values in all samples excepted pepper [17].
4. Conclusion

This study was designed to detect presence and levels of AFs in dried apricots, raisins, dried figs, nuts, peanuts, almonds, corn, red pepper, black pepper, bread and moldy cheese for human consumption in Karaman/Turkey. AFs were present 75% in dried apricots (6/8), 100% in raisins (8/8), 100% in dried figs (8/8), 75% in nuts (6/8), 50% in peanuts (4/8), 50% in almonds (4/8), 100% in corn (8/8), 100% in black pepper (8/8), 100% in red pepper (8/8), 78.5% in bread (11/14), 75% in moldy cheese (3/4), at total AFs levels ranging. Eight red pepper samples were above the European maximum tolerable limit (MTL) of 8 µg kg$^{-1}$ for AFB1, while total AFs concentration exceeded the MTL of 10 µg kg$^{-1}$ in eight red pepper samples. The amount of aflatoxins in other samples is found to be below the values of European MTL [18, 19, 20].

The data reported in this survey could be used to carry out a preliminary risk assessment on AFs through red pepper consumption. Several codes of practice have been developed by Codex Alimentarius for the prevention and reduction of AFs in red pepper and other foods. The producers and processors should be considered the general principles given in the Code, taking into account Good Agricultural Practices (GAP), followed by the implementation of Good Manufacturing Practices (GMP) and Good Storage Practices (GMP) during the handling, processing, storage and distribution of red pepper for human consumption.

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