To the Editor:

LINE-1 (long interspersed nuclear element-1) is a group of polymorphic DNA sequences in the human genome that mobilise via RNA binding proteins, reverse transcriptase and endonuclease to alter the host genome via mutational insertions, chromosomal rearrangements and reprogramming of gene expression (reviewed by Ramos et al. [1]). Full-length LINE-1 sequences encode two proteins: L1-ORF1p, a 40-kDa protein with nucleic acid binding activity; and L1-ORF2p, a 150-kDa protein with endonuclease and reverse transcriptase activities. The activity of LINE-1 is repressed in somatic tissues via DNA methylation and covalent protein modifications, and reactivated by displacement of retinoblastoma-associated proteins from the regulatory region [2]. Recent studies in our laboratory have implicated LINE-1 as a master regulator of human bronchial epithelial cell phenotypes in experimental in vitro and in vivo models [3].

Methylation profiles of LINE-1 have been linked to cancer and other chronic diseases related to smoking [4], and a previous report from the Normative Aging Study [5] found LINE-1 hypomethylation to be associated with faster decline of both forced expiratory volume in 1 s (FEV1) and forced vital capacity (FVC) among 301 adult participants, the majority of whom were former smokers. However, it is not yet known if the expression of proteins encoded by LINE-1 is upregulated in cases of impaired lung function or COPD. The aim of this study was to determine the association between circulating levels of L1-ORF1p, lung function and airflow limitation in the Tucson Epidemiological Study of Airway Obstructive Disease (TESAOD).

TESAOD is a population-based cohort study of non-Hispanic white households in Tucson, AZ, USA [6]. Briefly, at enrolment in 1972–1973, participants completed standardised respiratory questionnaires and spirometric lung function tests according to methods previously described [7]. For the present study, we used data from the enrolment survey on FEV1, FVC and FEV1/FVC. Percent predicted values for lung function indices were computed using reference equations generated from the same population by Knudson et al. [8]. Airflow limitation was defined both as a fixed cut-off of FEV1/FVC <70% and, to control for differences by sex and age, as FEV1/FVC below the lower limit of normal (LLN) [9].

Blood samples were collected at enrolment, processed into serum and cryopreserved at −80°C. For this study, we selected a subgroup of 427 participants who, at enrolment, were 35–70 years old, completed questionnaires and lung function tests, and had sufficient serum volumes. Serum concentrations of L1-ORF1p were measured using an ELISA. A custom polyclonal anti-human L1-ORF1p antibody was produced by New England Peptide LLC (Gardner, MA, USA). The antigen peptide MGKKQNRKTGNSKTQ used to generate a rabbit polyclonal does not match the murine ORF1p amino acid sequence. The specificity of the antibody was validated using several criteria including a single band of the expected molecular weight by Western blotting, specific knockdown of signal intensity using small interfering RNAs and high reproducibility. Biochemical validation of the anti-L1-ORF1p has been described previously [3]. The antibody was diluted one in 1000 for use in all experiments. Goat anti-rabbit whole-molecule immunoglobulin conjugated to horseradish peroxidase (Sigma-Aldrich, St Louis, MO, USA) was used as secondary antibody. Serum samples were analysed on six different runs using 96-well microplates.

In a population-based study, higher circulating levels of L1-ORF1p were associated with lower lung function levels and increased risk for airflow limitation among former smokers http://bit.ly/2ZEiJNv

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In statistical analyses, we tested the association of L1-ORF1p with lung function indices and with the presence of airflow limitation using L1-ORF1p levels both on a continuous scale (after standardisation so that estimates would represent effects by 1-SD increase) and as quartiles to evaluate nonlinear effects. Because plate effects explained up to 20% of the variability in L1-ORF1p levels, we used mixed-effects models with plate number fitted as a random effect to control for interplate variability. Random-effects models were used for analyses of FEV1, FVC and FEV1/FVC, and multilevel mixed-effects logistic regression models were used for analyses on airflow limitation. Models were adjusted for sex, age, body mass index (BMI), smoking status and pack-years because these factors may be related to both L1-ORF1p and lung function and, in turn, act as confounders.

The 427 participants had a mean age of 55 years and a mean BMI of 24.8 kg·m⁻². They were largely represented by females (284 out of 427, 67%) and smokers (249 out of 427, 58%), with a mean value of 30 pack-years among smokers. 35 participants (8%) reported physician-confirmed active asthma. The mean±SD L1-ORF1p serum concentration was 46±26 ng·mL⁻¹. L1-ORF1p levels were higher in males than females (51 versus 44 ng·mL⁻¹, p=0.01). Smokers had borderline higher L1-ORF1p levels than never-smokers (48 versus 44 ng·mL⁻¹, p=0.09), with former (50 ng·mL⁻¹) rather than current (46 ng·mL⁻¹) smokers having the highest levels. Although participants with active asthma tended to have higher levels than participants without active asthma (52 versus 46 ng·mL⁻¹, p=0.16), this association was not statistically significant. L1-ORF1p levels were not associated with age or BMI.

The reasons why, in our study, serum L1-ORF1p was associated with lung function impairment only among former smokers are unclear at this time, but these effects are unlikely to be due to previous pulmonary infections or conditions that may have led participants to quit smoking because we did not have information on these factors.

Table 1 summarises the results of analyses of lung function. In adjusted models of the total study population, we did not find significant associations between L1-ORF1p serum levels and any of the lung function indices, although a trend was observed for airflow limitation. When analyses were stratified by smoking status, however, we observed consistent associations among smokers, which were largely driven by the group of former smokers. In this group, each 1-SD increase in L1-ORF1p was associated with a reduction of 7.1% in FEV1 (p<0.001), 5.5% in FVC (p=0.001) and 2.3% in FEV1/FVC (p=0.009), and with a two-fold increased risk of airflow limitation (p=0.014 for FEV1/FVC <70% and p=0.003 for FEV1/FVC <LLN). In contrast, no consistent relations of L1-ORF1p to lung function and airflow limitation were observed among never-smokers. Interaction terms between L1-ORF1p and smoking status were significant for FEV1 (p=0.053) and FVC (p<0.001), and borderline for FEV1/FVC (p=0.09).

Among former smokers, we were able to confirm the associations of L1-ORF1p with FEV1, FVC and airflow limitation after further adjustment for active asthma and after restricting analyses to participants with no active asthma (data not shown). In addition, among former smokers, participants in the highest quartile of L1-ORF1p had mean FEV1 deficits of 18% (p=0.002), FVC deficits of 14% (p=0.009) and a 10-fold increased risk for FEV1/FVC <70% (p=0.053) as compared with participants in the lowest quartile.

TABLE 1 Estimates of the association of 1-SD increase in serum L1-ORF1p with lung function indices and airflow limitation

|                   | FEV1 % predicted | FVC % predicted | FEV1/FVC | Airflow limitation |
|-------------------|------------------|-----------------|----------|-------------------|
|                   | Adjusted coefficient (95% CI) | p-value | Adjusted coefficient (95% CI) | p-value | Adjusted coefficient (95% CI) | p-value | Adjusted OR (95% CI) | p-value | Adjusted OR (95% CI) | p-value |
| All subjects* (n=418) | 1.50 (−3.28, 0.29) | 0.100 | −0.58 (−2.25, 1.09) | 0.499 | −0.83 (−1.75, 0.08) | 0.074 | 1.26 (0.93, 1.73) | 0.124 | 1.36 (0.49, 1.96) | 0.014 |
| Never-smokers* (n=176) | 2.19 (−0.63, 5.00) | 0.127 | 2.66 (−0.18, 5.50) | 0.067 | −0.24 (−1.62, 1.13) | 0.727 | 1.02 (0.49, 2.11) | 0.589 | 1.20 (0.58, 2.47) | 0.046 |
| Ever-smokers* (n=242) | −3.36 (−5.65, −1.07) | 0.004 | −2.40 (−4.47, −0.33) | 0.023 | −1.33 (−2.49, −0.18) | 0.024 | 1.31 (0.93, 1.84) | 1.019 | 1.40 (1.01, 1.96) | 0.046 |
| Former smokers* (n=123) | −7.09 <0.001 | 1.000 | −5.50 <0.001 | 1.000 | −2.31 <0.001 | 1.000 | 1.91 (0.99, 2.12) | 1.000 | 2.12 <0.001 | 1.000 |
| Current smokers* (n=119) | 0.21 (−10.66, −3.51) | 0.880 | 0.92 (−8.87, −2.13) | 0.446 | −0.08 (−1.67, 1.51) | 0.919 | 1.00 (0.59, 1.70) | 1.000 | 1.15 (0.71, 1.85) | 1.000 |

Body mass index (BMI) information was missing for nine participants [two never, three former and four current smokers]. Airflow limitation was present among 67 and 56 participants when defined by forced expiratory volume in 1 s (FEV1)/forced vital capacity (FVC) <70% and below the lower limit of normal (LLN), respectively. *: models adjusted for sex, age, BMI, smoking status and pack-years; #: models adjusted for sex, age and BMI; †: models adjusted for sex, age, BMI and pack-years.

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observe differences in serum L1-ORF1p by history of pneumonia and/or chronic bronchitis either in the total population or among smokers (data not shown). Chemicals present in tobacco smoke, such as benzopyrene, reactivate LINE-1 [10] and persistent upregulation of L1-ORFs after smoking cessation may be an indicator of long-term susceptibility to cigarette smoking-induced genomic injury. Indeed, smoking cessation does not resolve airway and systemic inflammation in a proportion of former smokers who remain at increased risk of inception and progression of COPD for years after quitting [11, 12]. In this context, two observations are noteworthy. First, because the distribution by sex was strongly associated with smoking status in our study (the proportion of males was 35%, 57% and 16% among current, former and never-smokers, respectively), we cannot exclude that these effect modifications are related to sex instead of (or in addition to) smoking status itself. Second, in our study, L1-ORF1p effects in former smokers diverged mainly from those of never-smokers, and significant associations between L1-ORF1p and lung function were also present among ever-smokers (i.e. former and current smokers combined). Thus, larger studies will be required to determine conclusively the interrelationship between sex and smoking status in modifying L1-ORF1p effects on lung function and COPD. Because of the modest effect magnitude of some of the associations and the relatively small sample size of some subgroup analyses, replication studies are also warranted to test the generalisability of results. The value of measuring L1-ORF1p in serum versus other biospecimens in lung disease remains to be determined, as are the possible effects of time of collection, processing and storing of blood samples. Interestingly, we found stronger L1-ORF1p associations with FEV₁ than FVC, resulting in consistent effects on FEV₁/FVC and risk for airflow limitation, an observation that is in line with the stronger effects of cigarette smoking on airway obstruction than spirometric restriction [13].

In conclusion, we observed higher circulating levels of L1-ORF1p to be associated with lower lung function levels and increased risk for airflow limitation among former smokers. However, before stratification of our population sample by smoking status, we did not find an association between serum L1-ORF1p and COPD. Additional studies are required to evaluate the possible role of LINE-1 in smoking-related airflow limitation.

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