Is the isoscalar monopole resonance of the $\alpha$-particle a collective mode?

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Abstract. In this contribution we review and clarify the arguments which might allow the interpretation of the isoscalar monopole resonance of $^4$He as a collective breathing mode.

1 Introduction

The observable of interest in this contribution is the spectrum of $^4$He when it responds to isoscalar monopole excitations. Such a spectrum can be measured by perturbative isoscalar probes, like for example a beam of $\alpha$-particles.

At the end of the 60’s inclusive electron scattering experiments [1, 2] put in evidence the existence of a narrow peak in the spectrum of $^4$He. This was ascribed just to an isoscalar monopole resonant excitation (0$^+$ resonance) and the transition form factor to this resonant state was measured for different momentum transferred $q$ up to 2 fm$^{-1}$. No measurement of the whole isoscalar monopole spectrum, however, is available for $^4$He.

In the case of larger systems, such spectra have been the object of considerable activity, both from the experimental and theoretical points of view. The isoscalar monopole spectra of these nuclei exhibit visible ”bumps”, called isoscalar giant monopole resonance (GMR). The interest in these GMR’s lies in the attempt to get an extrapolated value for the nuclear matter compressibility, a quantity of great astrophysical interest.

One has to notice that GMR’s are visible in experiments at low momentum transfer and that the low energy part of the spectrum gives the main contribution to the compressibility. Of course, since for low $q$ the wavelength that probes the target is large the spectrum will show mainly features that involve all constituents and therefore can reveal collective behaviors. Therefore the GMR’s have been interpreted as signatures of ”breathing modes”.

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In an attempt to bridge few- and many-body physics we think it is interesting to ask the question whether also the measured $0^+$ excited state in $^4$He might be interpreted as a "collective" state. A similar question arose in Ref. [3], when the calculated dipole photonuclear cross section of $^6$He surprisingly exhibited two prominent peaks. That result suggested a possible collective interpretation: the higher energy peak could have been ascribed to the displacement of the proton sphere against the neutron one (Gamow-Teller mode), that at lower energy to the displacement of the halo neutrons against a possible $\alpha$-core.

The $\alpha$-particle is a very compact system, with a similar binding energy per particle as heavier nuclei, and it is often considered the nucleus where few- and many-body methods can be benchmarked. Therefore in order to answer the question of the title, we apply to $^4$He the same criteria as those, present in the many-body literature, used to judge the collectivity of "bumps" in the spectra. They consist in studying both the moments of the spectrum (sum rules) and the transition densities.

For an isoscalar monopole spectrum $S_M(q, \omega)$ the moments and relative sum rules are

$$m_k(q) = \int d\omega \omega^k S_M(q, \omega) = \langle 0| M(q) H^k M(q)|0 \rangle, \quad (1)$$

where

$$M(q) = \frac{1}{2} \left( \sum_i j_0(qr_i) - \langle 0| \sum_i j_0(qr_i)|0 \rangle \right). \quad (2)$$

For $k \geq 0$ these quantities can in principle be calculated avoiding the knowledge of scattering states for energies in the continuum.

Transition densities to specific states $|n\rangle$ are defined as

$$\rho_n(\vec{r}) = \langle n| \hat{\rho}(\vec{r})|0 \rangle. \quad (3)$$

If the $0^+$ state in $^4$He were an excitation of extremely collective character the strength would have a $\delta$-function character. Therefore the strength of the resonance would exhaust all $m_k$. If this excitation were collective only to some degree, the ratio between the strength of the resonance and $m_0$ would give a measure of the degree of collectivity. Other sum rules for higher $k$ would not be fit for the purpose, since they emphasize too much the spreading of the background strength to higher energy. Moreover, if the $0^+$ state in $^4$He were an excitation of extremely collective character, described as a breathing mode, the transition density would be zero at a value of $r$ equal to the radius of the system.

\begin{figure}[h]
\centering
\includegraphics[width=0.5\textwidth]{figure1.png}
\caption{The inelastic isoscalar monopole strength of $^4$He as a function of the excitation energy relative to threshold, for momentum transfer $q = 0.25$ fm$^{-1}$.}
\end{figure}
In [4] the transition form factor to the $0^+$ excitation had been studied using the Lorentz Integral Transform (LIT) method [5, 6] using the Effective Interaction Hyperspherical Harmonics (EIH) expansion [7]. In [8] we have focused on the isoscalar monopole strength distributions $S_M(q, \omega)$ for several fixed momentum transfers. There it has been shown that especially at low momentum transfer (e.g. $q=0.25$ fm$^{-1}$) the isoscalar monopole spectrum is indeed dominated by a single resonant "bump" close to threshold, as it is evident in Fig. 1. Since the LIT method has allowed to separate the resonance contribution from the background (see Ref. [4] for details) we show them separately here in Fig. 2. One can notice how far in energy the background extends, even if it remains very small. Figures 1 and 2 have been obtained with the chiral effective potential of Ref. [9], including both 2-body (at N3LO) and 3-body (at N2LO) contributions.

According to what was stated above, one can measure "the degree of collectivity" of the resonance state, by taking the ratio of the resonance area to the moment $m_0$. In this case one obtains 0.53. Values exceeding 50% are generally considered an indication of a rather strong collectivity (see e.g. [10]). Because of the extension of the background contribution at higher energy the ratio to $m_1$ is much smaller (34%), and a conclusion about the concentration of strength in the resonance, would be misleading if compared to $S_M(q, \omega)$ as in Fig. 1, which shows a single prominent narrow peak in the spectrum.

In Fig. 3 one can see the behavior of the transition density as a function of $r$. If one considers that the potential used in these calculations gives a root mean square radius of 1.46 fm one notices that this does indeed correspond almost to the point where the transition cross section crosses the zero axis, a typical signature of some kind of breathing mode. The results shown in Figs. 1-3 seem to point out that the two criteria that are generally accepted as indications of a collective behavior are fulfilled in the case of the isoscalar monopole excitation of $^4$He. On the other hand it is clear that if one observes this system with such a large wavelength one is likely to observe the dynamics of all nucleons together. In this case it looks as if the resonance state $|R\rangle$ is obtained by a scaling transformation

$$|R\rangle = e^{i\alpha \sum_i p_i r_i} |0\rangle = e^{iA[T,M_{LLW}]}|0\rangle$$

(4)
Figure 3. The transition form factor to the resonant state $0^+$. The arrow indicates the position of the root mean square radius.

where $M^{LW} = \sum_i r_i^2 - \langle 0 | \sum_i r_i^2 | 0 \rangle$ is proportional to the low-$q$ (long wavelength) limit of $M$. The transformation in the previous equation acts scaling the positions $r_i$ of all particles into $\alpha r_i$, and therefore also of the hyperradius, namely one of the six collective coordinates defined by the group $GL^+(3, R)$ [11, 12] (breathing). In order to further prove that this is the case one could evaluate $m_{-1}$ (connected to the compressibility) in terms of the moment $m_3$, in a similar case as it was done in Ref. [13], and compare it to the value obtained integrating the inverse energy weighted strength of Fig. 1. Work in this direction is in progress.

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