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Quadrature coherence scale driven fast decoherence of bosonic quantum field states

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We introduce, for each state of a bosonic quantum field, its quadrature coherence scale (QCS), a measure of the range of its quadrature coherences. Under coupling to a thermal bath, the purity and QCS are shown to decrease on a time scale inversely proportional to the QCS squared. The states most fragile to decoherence are therefore those with quadrature coherences far from the diagonal. We further show a large QCS is difficult to measure since it induces small scale variations in the state’s Wigner function. These two observations imply a large QCS constitutes a mark of “macroscopic coherence”. Finally, we link the QCS to optical classicality: optical classical states have a small QCS and a large QCS implies strong optical nonclassicality.

I. INTRODUCTION

Both in order to obtain an ever better understanding of quantum physics and to solve problems in quantum information theory, there is continued interest in the exploration of the classical-quantum boundary and the identification of those quantum states exhibiting specifically quantum features, meaning features such as coherence and interference that give rise to phenomena that cannot be explained with classical mechanics and/or classical probability theory. It has been shown on example states in model systems\textsuperscript{11} that fast decoherence results from the interaction of the system with its environment when the system is suitably “macroscopic”. It is therefore much harder to generate, maintain and detect coherence on a macroscopic scale than on a microscopic one. These results contribute to clarifying why the observation of coherent superpositions is not part of our every day experience and why building large scale quantum computers is a major challenge.

To render the previous observations quantitative and general, several different characterizations have been proposed of the “coherence”\textsuperscript{7,8}, “large-scale quantum coherence”\textsuperscript{9,11}, “macroscopic coherence”\textsuperscript{10,12}, “quantum macroscopicity”\textsuperscript{10,13,14}, “macroscopic quantumness”\textsuperscript{10,15–18} and “macroscopic distinctness”\textsuperscript{13,18,19} of quantum states. Resource theories for those closely related properties of states have also been developed\textsuperscript{7,8,10,12,20}. An important and to the best of our knowledge largely unaddressed question concerning each of these quantities would be to evaluate the rate at which they decrease when the system is coupled to its environment: in other words, to evaluate quantitatively their sensitivity to environmental decoherence.

We will address the latter question for the states of a bosonic quantum field for which we introduce the quadrature coherence scale (QCS), defined as a measure of the scale on which the coherences of its quadratures are appreciable (see \textsuperscript{5}). As we will show, a small QCS means the coherences for all quadratures are small far from the diagonal. We call such states quadrature quasi-incoherent. A large QCS means on the contrary that, given any pair of conjugate quadratures, at least one has appreciable coherences far from the diagonal.

We show the QCS of a state, if initially large, decreases fast when the system is coupled to an environment. The corresponding characteristic time scale is inversely proportional to the (square of the) QCS itself. Purity loss takes place on a similar time scale. Therefore, the states very sensitive to environmental decoherence are precisely those with a large QCS. This result generalizes known results on the decoherence of optical cat states\textsuperscript{2–6} to all mixed or pure states of the field mode. We further establish that states with a large QCS are hard to observe since their Wigner functions have small scale structures. The QCS thus furnishes a physical parameter that measures the “coherence size” of the state and that is directly related to the decoherence rate. Finally, we quantitatively link the QCS of a state to its optical (non)classicality.

II. COHERENCE, INTERFERENCE AND COHERENCE SCALE

We first succinctly state what we mean by coherence and coherence scale and their role in the emergence of interference as a typical quantum (or nonclassical) property of states. To reveal the quantum nature of a state \( \rho \), one may proceed as follows. Consider two noncommuting observables \( A \) and \( B \) that we suppose for simplicity to have associated orthonormal eigenbases \( |a_i \rangle \), \( |b_m \rangle \). Let \( p_A(a_i) = \langle a_i | \rho | a_i \rangle \) and \( p_B(b_m) = \langle b_m | \rho | b_m \rangle \). Then

\[
p_B(b_m) = p_B^{\text{diag}}(b_m) + \sum_{i \neq j} \langle b_m | a_i \rangle \langle a_j | b_m \rangle \langle a_i | \rho | a_j \rangle.
\] (1)
Here $p^\text{diag}_P(b_m) = \sum_i |\langle b_m | a_i \rangle|^2 p_A(a_i)$ is of “classical” nature in the sense that it is the term expected from an application of classical probability theory. The second term – the interference term – is of typical quantum nature. It is absent when $\rho$ has no off-diagonal matrix elements $\langle a_i | \rho | a_j \rangle$, the so-called “coherences.” If $\rho$ is diagonal in the $A$ basis ($\rho$ is then said to be $A$-incoherent) or if its coherences in this basis are small, the quantum nature of $\rho$ is not revealed in this manner and one can then say that, in this restricted sense, the state “behaves classically”. The state’s quantum nature may however still be revealed by another choice of observables. In this view, there is no such thing as the nonclassical nature of a state, but rather the degree to which various measurements can reveal its quantum nature, notably through interference terms. The relation of this analysis to the independent notion of (non)classicality of the states of a bosonic quantum field mode will be discussed below.

To evaluate how far from the diagonal the coherences occur, we write $P = \text{Tr} \rho^2$ for the purity, and consider the probability density on the $(a, a')$-plane:

$$
\mu(a, a') = P^{-1} \sum_{i,j} |\langle a_i | \rho | a_j \rangle|^2 \delta(a - a_i) \delta(a' - a_j).
$$

It describes the spatial repartition of the matrix elements of $\rho$ and in particular of its coherences. We define the $A$-coherence scale $C_A(\rho)$ of $\rho$ via

$$
C_A^2(\rho) = P^{-1} \sum_{i,j} (a_i - a_j)^2 |\langle a_i | \rho | a_j \rangle|^2 = \int \int (a - a')^2 \mu(a, a') \, dada',
$$

which is the variance of the eigenvalue spacings of $A$ so that, when $C_A(\rho)$ is large, there are coherences far from the diagonal: $C_A(\rho)$ determines the scale on which the coherences of $\rho$ live. It is easy to check that for pure states $C_A^2(\rho) = 2(\Delta A)^2$. A simple calculation shows furthermore $C_A^2(\rho) = P^{-1} \text{Tr}[\rho, A]\langle A, \rho \rangle$, an expression valid also when $A$ has continuous spectrum. We stress that $C_A$ is not a measure of the $A$-coherence of the state; it does not establish “how much” coherence there is, but “where” it is. For an overview of measures and monotones of coherence, we refer to [3], and references therein.

### III. QUADRATURE COHERENCE SCALE - QUADRATURE QUASI-COHERENCE

We consider a state $\rho$ of a single-mode field, characterized by an annihilation-creation operator pair $a, a^\dagger$ and define, in analogy with what precedes, its quadrature coherence scale (QCS) $C(\rho)$ through

$$
C^2(\rho) = \frac{1}{2P} \left( \text{Tr}[\rho, X][X, \rho] + \text{Tr}[\rho, P][P, \rho] \right),
$$

where $X = \frac{a^\dagger + a}{\sqrt{2}}$, $P = \frac{i(a^\dagger - a)}{\sqrt{2}}$. With $X_\theta = \cos \theta X + \sin \theta P$, $P_\theta = -\sin \theta X + \cos \theta P$, one has also

$$
C^2(\rho) = \frac{1}{2P} \left( \text{Tr}[\rho, X_\theta][X_\theta, \rho] + \text{Tr}[\rho, P_\theta][P_\theta, \rho] \right),
$$

so that $C^2(\rho)$ is the average coherence scale (squared) of any pair of conjugate quadratures. Equation (3) implies

$$
C^2(\rho) = \frac{1}{2P} \left( \int \int (x - x')^2 \rho(x, x')^2 \, dx \, dx' + \int \int (p - p')^2 \rho(p, p')^2 \, dp \, dp' \right).
$$

Here $\rho(x, x')$ (respectively $\rho(p, p')$) is the operator kernel of $\rho$ in the $X$-representation (respectively $P$-representation). It follows from [4, 5] that a large $C(\rho)$ implies that for every pair $(X_\theta, P_\theta)$ of conjugate quadratures, at least one has a large coherence scale. Conversely, a small $C(\rho)$ implies that the off-diagonal coherences $\rho(x, x')$ in the $X$-representation (respectively $\rho(p, p')$ in the $P$ representation) must be small for $|x - x'| \gg C(\rho)$ (respectively $|p - p'| \gg C(\rho)$). In view of [4], the same result holds for the off-diagonals elements of $\rho$ with respect to any of the quadratures. We stress that no state $\rho$ can be $A$-incoherent in the sense that $\rho$ cannot be diagonal in the $X$ representation. Indeed, it would mean that $C_X^2(\rho) = P^{-1} \int \int (x - x')^2 \rho(x, x') \, dx \, dx' = 0$ which implies $\rho(x, x') = \sigma(x) \delta(x - x')$. Hence, in the $X$-representation, $\rho$ is a multiplication operator: $\langle x | \rho | \psi \rangle = \sigma(x) \langle x | \psi \rangle$. Such an operator cannot have an orthonormal basis of eigenfunctions with corresponding eigenvalues $0 \leq p_i \leq 1$, $\sum_{i=1}^\infty p_i = 1$. So $C_X(\rho) > 0 \, \forall \rho$. The same is true for any of the quadratures $X_\theta$ or $P_\theta$. Mixed states can nevertheless have an arbitrarily small QCS, as we will see below. For pure states, [3] implies $C^2(\rho) = (\Delta X)^2 + (\Delta P)^2$, the so-called total noise of $\rho$ [21]. It follows that, for pure states, the QCS is larger than 1, the value it reaches on the coherent states $\langle \alpha \rangle = D(\alpha) |0 \rangle$, where $|0 \rangle$ is
the vacuum state and \( D(\alpha) = \exp(\alpha a^\dagger - a^* a) \). For optical cat states \(|\psi_\alpha\rangle \sim (|\alpha\rangle + | - \alpha\rangle)\), a simple computation (see Appendix C) yields \( C_\alpha = |\alpha| \) (\(|\alpha| \gg 1\)): “large” cats have a large QCS in agreement with the observation that \( \rho_{\alpha}(x, x') = \langle x|\psi_\alpha\rangle \langle \psi_\alpha|x'\rangle \) has large off-diagonal elements in the neighbourhood of \( x = -x' = \pm \alpha \) if \( \alpha \) is real. We will refer to states for which \( C(\rho) \leq 1 \) as quadrature quasi-incoherent states. The coherent states are therefore the only pure states that are quadrature quasi-incoherent.

It follows from [22, 23] that the right hand side of (4) can be expressed in terms of the Wigner function \( W(\alpha) \) or the characteristic function \( \chi(\xi) \) [24, 25] as follows:

\[
C^2(\rho) = \frac{\|\xi|\chi\|^2_2}{\|\chi\|^2_2} = \frac{1}{4} \left\| \nabla W \right\|^2_2, \tag{6}
\]

Here, with \( \xi, \alpha \in \mathbb{C} \),

\[
\chi(\xi) = \text{Tr} \rho D(\xi), \quad W(\alpha) = \frac{1}{\pi^2} \int \chi(\xi) \exp(\xi^* \alpha - \xi a^* a) d^2 \xi;
\]

\(| \cdot \|_2\) stands for the \( L^2\)-norm, meaning for example \( \|W\|^2_2 := \int \|W\|^2(\alpha)d^2 \alpha \).

For a centered Gaussian state \( \rho_G \) with covariance matrix \( V = \begin{pmatrix} 2\text{Tr} \rho X^2 & \text{Tr}(XP+PX) \\ \text{Tr}(XP+PX) & 2\text{Tr} \rho P^2 \end{pmatrix} \), one finds (see Appendix B):

\[
C^2_G = C^2(\rho_G) = ((\Delta X)^2 + (\Delta P)^2)P^2 = \frac{1}{2} \text{Tr} V^{-1}. \tag{8}
\]

It follows that Gaussian mixed states can have an arbitrarily small QCS. This can happen even if the total noise is very large. One notes for example in Fig. 1 that the coherences of the thermal state with mean photon number \( \pi = 5 \) are concentrated along the diagonal. This reflects the fact that for thermal states \( C(\rho_{\text{th}}) = (1 + 2\pi)^{-1/2} \), which follows from (8). We note that, for Gaussian states, \( 4C^2_G \) coincides with the sum of the quantum Fisher information of two conjugate quadratures (see Appendix B), which is known to provide a useful lower bound for proposed measures and monotones of quantum macroscopicity [10] and/or of nonclassicality [26]. Note however that on non-Gaussian states the two quantities can differ greatly. An example is given in [23].

As an example of non-Gaussian states we consider the family of even states, with \( M \) a positive integer:

\[
\rho_M = \frac{1}{M} \sum_{k=1}^{M} |2k\rangle \langle 2k|.
\]

One has \( C(\rho_M) = \sqrt{2M + 1} \) [23] and Fig. 1 shows that, indeed, the coherences have a large off-diagonal branch that can be checked to grow as \( \sqrt{2M} \), as expected. Since \( P_M = M^{-1} \), this shows that very strongly mixed states can have a very large QCS. Other examples of this phenomenon are the strongly squeezed thermal states for which a very small purity can be compensated by a very large total noise (see [8] and Appendix B).
IV. ENVIRONMENT INDUCED QUADRATURE COHERENCE SCALE LOSS

We consider a field weakly coupled to a thermal bath through the standard master equation in Lindblad form [1, 3, 27, 28]

\[
\frac{d}{dt} \rho(t) = -i\omega[a^\dagger a, \rho(t)] + \frac{1}{2} \gamma \left\{ [a \rho(t), a^\dagger] + [a^\dagger \rho(t), a] \right\} + \frac{1}{2} \delta \left\{ [a^\dagger \rho(t), a] + [a^\dagger, \rho(t)a] \right\},
\]

where \( \gamma > \delta \geq 0 \). This dynamics converges to a thermal state with mean photon number \( \bar{n}_{\infty} = \delta t_R \), where \( t_R = (\gamma - \delta)^{-1} \) is the relaxation time. Purity evolution is determined by \( \mathcal{P}(t) = \frac{1}{t_R} \left[ 1 - (2\pi\infty + 1)C^2(t) \right] \mathcal{P}(t) \). Using the affine approximation to \( \mathcal{P}(t) \) at small \( t \) shows the purity half time \( \tau_P \approx \left[ (2\pi\infty + 1)C^2_0 - 1 \right]^{-1} t_R / 2 \), provided \( C^2_0 = C^2(0) > 1 \): the purity half-life decreases as \( C_0^2 \) when the QCS is large. This approximation gives the right order of magnitude (see Appendix A) and reduces to the known result for pure states [2, 3, 5]. Simultaneously with the purity loss, there is QCS loss. Indeed, the time evolution of the QCS, and in particular its sharp initial drop (Fig. 2), can be explained by analyzing the differential equation for \( \mathcal{C}(t) \) (see Appendix A):

\[
\dot{\mathcal{C}}(t) = \frac{1}{2t_R} \left[ 1 - \kappa(t)(2\pi\infty + 1)C^2(t) \right] \mathcal{C}(t).
\]

Here, with \( \langle \langle \xi^{2k} \rangle \rangle = \int |\xi|^{2k} |x(\xi)|^2 d\xi \),

\[
\kappa(t) = \left( \frac{\langle \langle \xi^4 \rangle \rangle_t}{\langle \langle \xi^2 \rangle \rangle_t^2} - 1 \right).
\]

Hence, the half-life \( \tau_C \) of the QCS is given approximately by (Fig. 2)

\[
\tau_C \approx -\frac{1}{2} \frac{C(0)}{\kappa(0)} = \frac{1}{\kappa_0(2\pi\infty + 1)C^2_0 - 1} t_R.
\]

For Gaussian states, more precise estimates can be obtained from a more detailed computation (see Appendix B):

\[
\tau_{P,G} \approx \frac{2^\kappa - 1}{(2\pi\infty + 1)C^2_0 - 2^\kappa} t_R, \quad \text{and} \quad \tau_{C,G} \approx \frac{3}{\kappa_0(2\pi\infty + 1)C^2_0 - 4} t_R.
\]

Comparing (13) to (14), one sees that for the same value of \( C_0 \gg 1 \) and \( \kappa_0 \), a Gaussian state is less sensitive to decoherence than the non-Gaussian states considered above. A further calculation (see Appendix B) permits to determine the time \( \tau_{1,G} \) at which the state becomes quasi-incoherent, i.e. \( C(\tau_{1,G}) = 1 \). It is, remarkably, to leading order in \( C_0^{-2} \), independent of the QCS:

\[
\tau_{1,G} \approx \left( \ln \left( \frac{\kappa_0(2\pi\infty + 1)}{\kappa_0(2\pi\infty + 1) - 1} \right) - \frac{1}{C^2_0\kappa_0(2\pi\infty + 1)} \right) t_R.
\]

These results show in all generality that the purity loss and the destruction of the large scale quadrature coherences of any initial state are determined by the temperature of the environment and by two parameters characteristic of the initial state: the QCS \( C_0 \) and \( \kappa_0 \). They generalize the known results for optical cat states [2–5] to all pure and mixed states.

V. EFFECTS OF A LARGE QCS

The expressions in (1) show that a large value of the QCS corresponds to a large spread of the characteristic function and to the existence of small scale structures in the Wigner function [22, 23]. Indeed, \( \| \xi \|_2^2 / ||x||_2^2 \) is the mean of \( |\xi|^2 \) with respect to the probability density \( |x(\xi)|^2 / ||x||_2^2 \). Hence, a large value of the QCS corresponds to a characteristic function with a wide spread in at least some directions in the \( \xi \)-plane, a manifestation of the well known link between the characteristic function and the coherences [29]:

\[
\chi(-\frac{1}{\sqrt{2}} \mu \sin \theta, \frac{1}{\sqrt{2}} \mu \cos \theta) = \text{Tr} \exp(i \mu X_\theta) = \int \rho(p_\theta, p_\theta + \mu) dp_\theta.
\]
A number of equivalent expressions, the primary one being
\[ S_{\alpha}(\rho) = \frac{1}{4} \frac{\| \nabla W \|^2}{\| W \|^2}, \]
and its approximation obtained by Eq. (13) for the first three columns and Eq. (14) for the Gaussian state.

On the other hand, a large QCS implies the gradient of \( W \) is of order \( C \); Gaussian states, this phenomenon manifests itself in that the variance of the probability distribution of one of the quadratures is of order \( C \). That it is generally difficult to measure optical cat states and analogous states in other systems, when their quantum tomography therefore requires great accuracy when \( C \gg 1 \). States with a large QCS are therefore hard to observe. That is generally difficult to measure optical cat states and analogous states in other systems, when their components have a “macroscopic” separation, was proven in [19]. We have here established the same result for all mixed or pure states of a bosonic quantum field with a large QCS.

VI. QUADRATURE COHERENCE SCALE AND OPTICAL (NON)CLASSICALITY

We write \( C_{\text{cl}} \) for the set of all optical classical states, \( i.e. \) all mixtures of coherent states [30]. A number of witnesses, measures and monotones of optical nonclassicality have been designed [23, 26, 30, 53] with the goal to identify non optical classical states and to quantify the degree of non optical classicality of any state. Those quantities are often hard to compute, to measure, or to give a clear physical meaning. It is in particular not evident how they relate to standard manifestations of specifically quantum behaviour such as coherence and interference, nor how they evolve when the system is coupled to a thermal bath. We show here a quantitative link between optical (non)classicality, the presence of coherences, and (fast) decoherence. Our analysis is based on the optical nonclassicality distance \( d(\rho, C_{\text{cl}}) \) defined in [23] using a quantity denoted \( S_o(\rho) \), which measures the sensitivity of the state to operator ordering. It has a number of equivalent expressions, the primary one being
\[ S_o(\rho) = \frac{1}{4} \frac{\| \nabla W \|^2}{\| W \|^2}. \]
In view of [6], this means \( C^2(\rho) = S_o(\rho) \).
In other words, the QCS provides a new physical interpretation of the ordering sensitivity in terms of quadrature coherences, and the associated physical phenomena described above. In view of the bound

\[ C(\rho) - 1 \leq d(\rho, C_{cl}) \leq C(\rho) \]  

(17)

proven in [23], \( C(\rho) \) is a good estimate of the distance between \( \rho \) and the optical classical states when \( C(\rho) \gg 1 \). Hence the states far from the optical classical states are those with quadrature coherences far from the diagonal and hence, in view of what precedes, those that are most fragile to decoherence. Conversely, when \( \rho \in C_{cl} \), \( d(\rho, C_{cl}) = 0 \) and it follows from (17) that \( C(\rho) \leq 1 \): optical classical states are quadrature quasi-incoherent. Finally, the smaller the QCS of \( \rho \), the closer it is to the optical classical states.

VII. CONCLUSION

We have introduced, for any state of a bosonic quantum field mode, its quadrature coherence scale (QCS), a measure of how far from the diagonal its quadrature coherences lie. We have established that the states with a large QCS are strongly optically nonclassical, hard to observe, and very sensitive to environmental decoherence. These results generalize the known fast decoherence of “large” optical cat states [2–6] to all pure or mixed states with a large QCS.

One may thus legitimately argue that the QCS provides a measure of “quantum macroscopicity”. Indeed, when the QCS is large, the state is “strongly nonclassical” in the sense that it is far from the optical classical states and its far off-diagonal coherences can be understood as a form of “macroscopicity”. Also, when the QCS is small, the states are close to the optical classical states and in this sense have a low degree of “quanticity”. Our results thus strongly support a suggestion in [26], were it is surmised that there may be a link between optical nonclassicality and macroscopic quantum effects.

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Appendix A: Effective differential equations for \( \mathcal{P}(t) \) and \( \mathcal{C}(t) \)

In our analysis we consider the field is weakly coupled to a thermal bath through the standard master equation in Lindblad form [11, 3, 6, 27, 28]

\[
\frac{d}{dt} \rho(t) = -i\omega[a^\dagger a, \rho(t)] + \frac{1}{2} \gamma \left\{ [a \rho(t), a^\dagger] + [a, \rho(t)a^\dagger] \right\} + \frac{1}{2} \delta \left\{ [a^\dagger \rho(t), a] + [a^\dagger, \rho(t)a] \right\}
\]  

(A1)

where \( \gamma > \delta \geq 0 \). This model is exactly solvable in the Heisenberg picture. Indeed, one can show (see [28]) that the Weyl operator \( D(\xi) = e^{i\xi}e^{-\xi^*a^\dagger} \) evolves in time as \( D(\xi; t) = e^{-\frac{i}{2} \omega t} D(\xi) \) with \( \xi = e^{i\omega t - \frac{\omega}{2} t^2 / \gamma} \) where
we use the notation $D(\xi;0) \equiv D(\xi)$ and defined $t_R = (\gamma - \delta)^{-1}$, the relaxation time and $\bar{n}_\infty = \delta t_R$, the mean photon number at infinity. Hence, $\chi(\xi;t) = \text{Tr}\rho(t)D(\xi) = \text{Tr}D(\xi;t)$. It follows that

$$
||\chi(\xi;t)||_2^2 = \int |\chi(\xi;t)|^2 d\xi = \int e^{t/R - (2\bar{n}_\infty + 1)e^{t/R} - 1}|y|^2 |\chi(y)|^2 dy,
$$

(A2)

$$
||\xi|\chi(\xi;t)||_2^2 = \int |\xi|^2 |\chi(\xi;t)|^2 d\xi = \int e^{2t/R - (2\bar{n}_\infty + 1)e^{t/R} - 1}|y|^2 |\chi(y)|^2 dy,
$$

(A3)

where $|\xi|^2 = |\xi_1|^2 + |\xi_2|^2$ and $d\xi = d\xi_1 d\xi_2$ (and similarly for $y$). Hence, the evolution of the quadrature coherence scale (QCS) is given by

$$
C^2(\rho(t)) = \frac{||\xi|\chi(\xi;t)||_2^2}{||\xi|\chi(\xi;t)||_2^2}
$$

(A4)

Given the initial state with characteristic function $\chi(\xi)$, (A4) can be computed numerically using (A2)-(A3). This is the way the graph of Fig. (2) is produced.

Similarly, the purity $P(t) = P(\rho(t)) = \text{Tr}\rho(t)^2$ can be computed in terms of the characteristic function as $P(t) = \frac{1}{\tau} ||\chi(\xi;t)||_2^2$ and its evolution is determined by

$$
\dot{P}(t) = \frac{1}{t_R} \left[ 1 - (2\pi_\infty + 1)C^2(t) \right] P(t).
$$

(A5)

Figure 4 shows this evolution for three families of non-Gaussian states and one family of Gaussian states. With a linear approximation for small $t$, the purity half time $\tau_P$ is given by

$$
\tau_P \approx -\frac{1}{2} \frac{P(0)}{P(0) - \frac{1}{2} (2\pi_\infty + 1)C^2(0) - 1} t_R,
$$

(A6)

provided $C^2_0 = C^2(0) > 1$. It is inversely proportional to the square of the QCS and to the temperature of the bath (proportional to $\pi_\infty$). This reduces to the known result for pure states [2, 3, 5] for which $C^2(0)$ coincides with the total noise of the initial state. As shown in the table of Fig. 4, this approximation is not very accurate but gives the right order of magnitude. For Gaussian states, a better approximation can be obtained (see Eq. (B14)).

The analytical expression of $C(t) = C(\rho(t))$ obtained in (A2)-(A4) is not very informative. It does in particular not provide a simple expression for the time scale for coherence loss in term of the parameters of the model and of the initial condition. To remedy this situation, we establish the differential equation for $C(t)$. First, we define moments of $\xi_t$ as

$$
\langle \langle \xi^k \rangle \rangle_t = \int |\xi|^k |\chi(\xi;t)|^2 d\xi\quad \text{and} \quad \kappa(t) = \kappa(\rho(t)) = \left( \frac{\langle \langle \xi^4 \rangle \rangle_t}{\langle \langle \xi^2 \rangle \rangle_t^2} \right)^{-1} - 1.
$$

(A7)

Note that $\langle \langle \xi^0 \rangle \rangle_t = ||\chi(\xi;t)||_2^2$ and $\langle \langle \xi^2 \rangle \rangle_t = C^2(t)$. The derivative of $C(t)$ is then given by

$$
\frac{d}{dt} C(t) = \frac{1}{t_R} C^2(t) + \frac{2\pi_\infty + 1}{2t_R} C^2(t) - \kappa(t)(2\pi_\infty + 1)C^2(t) - \frac{1}{t_R} (1 - \kappa(t)(2\pi_\infty + 1)C^2(t)) C^2(t)
$$

$$
\Leftrightarrow \frac{d}{dt} C(t) = \frac{1}{2t_R} \left( 1 - \kappa(t)(2\pi_\infty + 1)C^2(t) \right) C(t).
$$

(A8)
This is Eq. (11).

Appendix B: Gaussian states

**Definition.** We consider a Gaussian state $\rho_G$ (centered on 0). It is described by a covariance matrix

$$V = 2 \begin{pmatrix} \sigma_x^2 & \sigma_{xp} \\ \sigma_{xp} & \sigma_p^2 \end{pmatrix} = \begin{pmatrix} 2\text{Tr}\rho X^2 & \text{Tr}(XP + PX) \\ \text{Tr}(XP + PX) & 2\text{Tr}\rho P^2 \end{pmatrix}. \tag{B1}$$

Note that $\sigma_x^2 = (\Delta X)^2$ and $\sigma_p^2 = (\Delta P)^2$. For the state to be physical we need $\text{det} V \geq 1$ ($\hbar = 1$). The characteristic function of the Gaussian state is given by [54]

$$\chi_G(\xi) = e^{-\frac{1}{2} \xi^T \Omega \xi} = \exp \left\{ - (\sigma^2_p \xi_1^2 + \sigma_x^2 x_1^2 + 2\sigma_{xp} \xi_1 x_1) \right\}, \quad \Omega = \begin{pmatrix} 0 & 1 \\ -1 & 0 \end{pmatrix} \tag{B2}$$

and its purity is $P_G = \text{Tr}(\rho_G^2) = \frac{1}{\pi} \|\chi_G(\xi)\|^2 = \frac{1}{\sqrt{\text{det} V}}$.

**QCS of a Gaussian state.** The QCS of any Gaussian state can be computed with Eqs. (A2)-(A4):

$$C_G^2 = C^2(\rho_G) = \frac{\sigma^2_x + \sigma^2_p}{\text{det} V} = (\sigma^2_x + \sigma^2_p)p^2 = \frac{1}{2} \text{Tr} V^{-1}. \tag{B3}$$

Since $C(\rho)$ is invariant under phase-space translations, this expression is valid for all Gaussian states not necessarily centered at the origin. $C_G$ is also invariant under rotation.

One can diagonalize $V$ with a rotation of angle $\theta_*$, so that $\sigma_{x_\theta, p_\theta} = 0$. There exist two such angles, but we chose it such that $\sigma^2_{x_\theta} \leq \sigma^2_{p_\theta}$. We have from Eq. (B3) that $C_G^2 = \frac{1}{4} \left( \frac{1}{\sigma^2_{x_\theta}} + \frac{1}{\sigma^2_{p_\theta}} \right)$. Hence,

$$\frac{1}{2\sigma_{p_\theta}^2} = \frac{1}{2} \min \left\{ \frac{1}{\sigma^2_{x_\theta}}, \frac{1}{\sigma^2_{p_\theta}} \right\} \leq C_G^2 \leq \frac{1}{2} \max \left\{ \frac{1}{\sigma^2_{x_\theta}}, \frac{1}{\sigma^2_{p_\theta}} \right\} = \frac{1}{2\sigma^2_{x_\theta}}. \tag{B4}$$

In particular, if $C_G^2 \gg 1$, then $\sigma_{x_\theta}$ is small so that the density of the quadrature $X_\theta$ is sharply peaked. This shows that Gaussian states with a large $C_G$ are hard to measure. By the uncertainty principle $\sigma^2_{x_\theta} \sigma^2_{p_\theta} \geq \frac{1}{4}$ [55, 56]; the density of $P_\theta$ must then be very broad. In fact,

$$\frac{1}{4\sigma^2_{p_\theta}} \leq \sigma^2_{x_\theta} \leq \frac{1}{2\sigma^2_G}, \tag{B5}$$

from which we deduce in particular that $\frac{C^2_G}{2} \leq \sigma^2_{p_\theta}$. Thus, if $C_G^2 \geq 1$, then $\sigma^2_{x_\theta} \leq \frac{1}{C^2_G} \leq \frac{C^2_G}{2} \leq \sigma^2_{p_\theta}$. Then $C_G \simeq (2\sigma_{x_\theta})^{-1}$. The link with the support of the coherences can be made explicitly as follows. The characteristic function is linked to the coherences through [29]:

$$\chi(-\frac{1}{\sqrt{2}} \mu \sin \theta, \frac{1}{\sqrt{2}} \mu \cos \theta) = \text{Tr} \exp(i\mu X_\theta) = \int \rho(p_\theta, p_\theta + \mu) dp_\theta. \tag{B6}$$

Since the left-hand side of (B6) behaves as $\exp(-\frac{1}{4} \mu^2 \sigma^2_{x_\theta})$, its spread is wide, of order $\sigma_{x_\theta}^{-1}$. This implies the $\rho(p_{\theta_*}, p_{\theta_*} + \mu)$ coherences in the right-hand side have a support in $\mu$ of the same order. The coherences $\rho(x_{\theta_*}, x_{\theta_*} + \mu)$, on the other hand, live on the small scale $\sigma_{p_{\theta_*}}^{-1}$.

We can also easily compute from (A7)

$$\kappa_G = \kappa(\rho_G) = 2 - \frac{\text{det} V}{(\sigma^2_x + \sigma^2_p)^2}. \tag{B7}$$

Note that $1 \leq \kappa_G \leq 2$ and in particular, $\kappa_G = 1$ for all thermal state while it tends to 2 when the squeezing becomes large. Table I lists the values of the QCS, the purity and $\kappa_G$ for some specific examples of Gaussian states.
Evolution of the QCS. Since a Gaussian state remains Gaussian during the time evolution, both $C_G(t)$ and $\kappa_G(t)$ can be evaluated using the covariance matrix at time $t$ given by

$$V(t) = e^{-t/T_R} \left( \begin{array}{cc} \cos \omega t & \sin \omega t \\ -\sin \omega t & \cos \omega t \end{array} \right) V \left( \begin{array}{cc} \cos \omega t & -\sin \omega t \\ \sin \omega t & \cos \omega t \end{array} \right) + (2\bar{n}_\infty + 1) \left( 1 - e^{-t/T_R} \right) \mathbf{1}$$

(B8)

and Eqs. (B3)–(B7). The exact expression of the QCS obtained in this manner is however not easy to interpret. It turns out that for Gaussian states $\kappa_G(t)$ evolves slowly, a fact that can be anticipated by the observation that $1 \leq \kappa_G(t) \leq 2$ for all $t$ and that can also be confirmed numerically. Now, assuming $\kappa_G(t) \simeq \kappa_G(0)$ the solution of Eq. (A8) is easily computed:

$$C_G^2(t) = \frac{C_0^2}{e^{-t/T_R} + C_0^2 \kappa_0(2\bar{n}_\infty + 1)(1 - e^{-t/T_R})},$$

(B9)

where $C_G^2(0) \equiv C_0$ and $\kappa_G(0) \equiv \kappa_0$. From it, we deduce the QCS half life, that is the time $\tau_{C,G}$ when $C_G(\tau_{C,G}) = C_0/2$ (provided $C_0^2 \kappa_0(2\pi \infty + 1) > 4$) and the time $\tau_{1,G}$ at which the state becomes quasi-incoherent, that is when $C(\tau_{1,G}) = 1$ (provided $C_0^2 > 1$):

$$\tau_{C,G} = \ln \left( 1 + \frac{3}{C_0^2 \kappa_0(2\bar{n}_\infty + 1) - 4} \right) T_R, \quad \tau_{1,G} = \ln \left( 1 + \frac{1 - 1/C_0^2}{\kappa_0(2\bar{n}_\infty + 1) - 1} \right) T_R.$$

(B10)

If $\bar{n}_\infty$ is fixed and $C_0$ is large (high QCS), then

$$\tau_{C,G} \approx \frac{3}{C_0^2 \kappa_0(2\bar{n}_\infty + 1) - 4} T_R \quad \text{and} \quad \tau_{1,G} \approx \left( \ln \left( \frac{\kappa_0(2\bar{n}_\infty + 1)}{\kappa_0(2\bar{n}_\infty + 1) - 1} \right) - \frac{1}{C_0^2 \kappa_0(2\bar{n}_\infty + 1)} \right) T_R.$$

(B11)

Both times are inversely proportional to the square of the QCS, $\kappa_0$ and to the temperature of the bath (proportional to $\bar{n}_\infty$).

Figure 5 shows the evolution of $C_G(t)$ for different Gaussian states (we only consider squeezed thermal states which have diagonal covariance matrix as $C_G$ is invariant under rotations). Plain lines show the exact evolution while the approximation obtained with Eq. (B9) is shown by the dashed lines. As we can see Eq. (B9) provides a very good estimation of $C_G(t)$, especially for short times.

Evolution of the purity. Knowing the evolution of the QCS for a Gaussian state, it is possible to compute the evolution of its purity $P_G(t)$ by solving Eq. (A5) where one replaces $\mathcal{C}$ by $C_G$ given in Eq. (B9). The solution is given by

$$P_G(t) = P(0) e^{t/T_R} \left( 1 + C_0^2 \kappa_0(2\bar{n}_\infty + 1)(e^{t/T_R} - 1) \right)^{-1/\kappa_0}.$$

(B12)

The half life time $\tau_{P,G}$ can then be obtained by solving

$$1 + z = 2^{\kappa_0} \left( 1 + \frac{z}{L} \right)^{\kappa_0} \quad \text{where} \quad z = L(e^{\tau_{P,G}/T_R} - 1), \quad L = C_0^2 \kappa_0(2\pi \infty + 1).$$

(B13)
| \( \beta \) | \( r \) | \( C_G(0) \) |
|---|---|---|
| 0.9 | 2.2 | 4.58 |
| 0.9 | 1.8 | 3.32 |
| 0.5 | 0.9 | 1.76 |
| 2 | 1 | 0.96 |

For high QCS, \( z/L \) is small. Assuming \((1 + \frac{z}{L})^{\kappa_0} \approx 1 + \kappa_0 \frac{z}{L} + \frac{\kappa_0(\kappa_0 - 1)}{2} \left( \frac{z}{L} \right)^2 \) we find

\[
\tau_{P,G} \approx \ln \left( 1 + \frac{2^{\kappa_0} - 1}{(2\pi)^2 + 1} \right) \frac{t_{R}}{\kappa_0} \approx \frac{2^{\kappa_0} - 1}{(2\pi)^2 + 1} \frac{t_{R}}{\kappa_0} \tag{B14}
\]

provided that \((2\pi)^2 + 1)C_0^2 > 2^{\kappa_0} \). One observes furthermore that for \( \kappa_0 \gg 1 \), \( \tau_{P,G} \approx \frac{3}{\kappa_0 - 1} \tau_{C,G} \) which then implies \( \tau_{P,G} \leq \tau_{C,G} \leq 3\tau_{P,G} \): the purity loss is always slightly faster than the coherence scale loss.

**Quantum Fisher information.** The Quantum Fisher Information (QFI) \( F(\rho,A) \) of the state \( \rho \) for the observable \( A \) is defined as \[ F(\rho,A) = 4\partial_\rho^2 D_B^2(\rho,\exp(-ixA)\rho\exp(ixA)|_{x=0}, \) where \( D_B^2(\rho,\sigma) = 2(1 - F(\rho,\sigma)) \) is the Bures distance and \( F(\rho,\sigma) = \text{Tr} \sqrt{\rho\sigma} \sqrt{\rho}\sigma \) the fidelity between \( \rho \) and \( \sigma \). It was proven in \[26\] that for Gaussian states

\[
\frac{1}{4} \left( F(\rho,Q) + F(\rho,P) \right) = \frac{1}{2} \text{Tr} V^{-1}. \tag{B15}
\]

Following Eq. (B3), this is equal to the QCS squared of a Gaussian state i.e. \( C_G^2 \).

**Appendix C: Computation of the QCS for some pure states**

**Fock State** \(|n\rangle \). As a pure state, its QCS is given by \( C_n = \mathcal{C}(|n\rangle\langle n|) = \sqrt{(\Delta X)^2 + (\Delta P)^2} = \sqrt{2n + 1} \). Its characteristic function is \( \chi_n(\xi) = e^{-\frac{\xi^2}{2}} L_n(|\xi|^2) \) where \( L_n \) are the Laguerre polynomials. Using Eq. (A7), one can compute \( \kappa_n \) of a Fock state:

\[
\kappa_n = \frac{2n^2 + 2n + 1}{4n^2 + 4n + 1} \quad \text{with} \quad \frac{1}{2} \leq \kappa_n \leq 1. \tag{C1}
\]

The integrals involved in the calculations can be computed analytically by using radial coordinates and Eq. 7.414(12) on p. 809 in \[58\].

**Cat state.** The QCS of a cat state \(|\psi_\alpha\rangle = \frac{1}{\sqrt{2}} (|\alpha\rangle + | - \alpha\rangle) \) where \(|\alpha\rangle \) is a coherent state and \( \mathcal{N} = 2(1 + e^{-2|\alpha|^2}) \) is given by \( C_\alpha = \mathcal{C}(|\psi_\alpha\rangle\langle \psi_\alpha|) = \sqrt{(\Delta X)^2 + (\Delta P)^2} = \sqrt{1 + 2|\alpha|^2 \text{tanh} |\alpha|^2} \). Its characteristic function is

\[
\chi_\alpha(\xi) = \frac{1}{\mathcal{N}} \left( e^{-|\xi|^2/2} (e^{\xi\alpha - \xi^*\alpha} + e^{-(\xi\alpha - \xi^*\alpha)} + e^{-|2\alpha + \xi|^2/2} + e^{-|2\alpha - \xi|^2/2}) \right). \tag{C2}
\]

Using Eq. (A7), one can easily compute

\[
\kappa_\alpha = 1 + \frac{4|\alpha|^4}{\cosh |\alpha|^2 + 2|\alpha|^2 \sinh |\alpha|^2} \quad \text{with} \quad 1 \leq \kappa_\alpha \leq 2. \tag{C3}
\]

**FIG. 5.** Evolution of the QCS of squeezed thermal (Gaussian) states with covariance matrix \( V = \beta \begin{pmatrix} e^{-2r} & 0 \\ 0 & e^{2r} \end{pmatrix} \). Values of \( \beta \) and \( r \) are given in the table in decreasing order of initial QCS. Plain lines show the exact evolution (obtained from (B3), (B7) and (B8)) and dashed lines its approximation (B9).
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