Slow heating in a quantum coupled kicked rotors system

Simone Notarnicola$^{1,2}$, Alessandro Silva$^3$, Rosario Fazio$^{4,5}$ and Angelo Russomanno$^{4,6}$

$^1$ Dipartimento di Fisica ed Astronomia ‘Galileo Galilei’, via Marzolo 8, I-35131, Padova, Italy
$^2$ INFN, Sezione di Padova, via Marzolo 8, I-35131, Padova, Italy
$^3$ SISSA, Via Bonomea 265, I-34136 Trieste, Italy
$^4$ Abdus Salam ICTP, Strada Costiera 11, I-34151 Trieste, Italy
$^5$ Dipartimento di Fisica, Università di Napoli ‘Federico II’, Monte S. Angelo, I-80126 Napoli, Italy
$^6$ Max-Planck-Institut für Physik Komplexer Systeme, Nöthnitzer Strasse 38, D-01187, Dresden, Germany

E-mail: simone.notarnicola@gmail.com

Received 27 June 2019
Accepted for publication 30 December 2019
Published 26 February 2020

Online at stacks.iop.org/JSTAT/2020/024008
https://doi.org/10.1088/1742-5468/ab6de4

Abstract. We consider a finite-size periodically driven quantum system of coupled kicked rotors which exhibits two distinct regimes in parameter space: a dynamically-localized one with kinetic-energy saturation in time and a chaotic one with unbounded energy absorption (dynamical delocalization). We provide numerical evidence that the kinetic energy grows subdiffusively in time in a parameter region close to the boundary of the chaotic dynamically-delocalized regime. We map the different regimes of the model via a spectral analysis of the Floquet operator and investigate the properties of the Floquet states in the subdiffusive regime. We observe an anomalous scaling of the average inverse participation ratio (IPR) analogous to the one observed at the critical point of the Anderson transition in a disordered system. We interpret the behavior of the IPR and the behavior of the asymptotic-time energy as a mark of the breaking of the eigenstate thermalization in the subdiffusive regime. Then we study the distribution of the kinetic-energy-operator off-diagonal matrix elements. We find that in presence of energy subdiffusion they are not Gaussian and we propose an anomalous random matrix model to describe them.

Keywords: quantum chaos, quantum thermalization, random matrix theory and extensions
1. Introduction

Chaos and energy absorption are intimately related. Efficient energy absorption occurs when the driving is resonant with some natural frequencies of the system and chaos develops around resonances [1, 2]. If the driving amplitude is large enough, all the phase space is chaotic and the energy diffusively increases up to the so-called infinite-temperature value. For smaller values of the amplitude, the KAM theorem states that only a part of the phase space is chaotic [3, 4]. Nevertheless, in the many-body case, this fact gives rise to a chaotic web uniformly spread in the phase space. Along this web, diffusion in phase space can occur giving rise to a slow energy increase up to the $T = \infty$ value, possibly after a prethermal behavior [2, 5–8].

In the quantum case, the route leading to chaos, energy absorption and $T = \infty$ thermalization is different. In this case a central role is played by the properties of the Floquet states, the eigenstates of the stroboscopic periodically-driven dynamics [9, 10]. There is thermalization when these states are strongly entangled and locally equivalent to the thermal $T = \infty$ density matrix. In this case the local observables asymptotically relax to the $T = \infty$ thermal ensemble with fluctuations vanishing in the thermodynamic limit [11–15]. This is a form of the so-called eigenstate thermalization [16–18], where thermal behavior appears because of the properties of the eigenstates of the dynamics. There is a chaotic and thermalizing behavior when the eigenstates of the dynamics behave as the eigenstates of a random matrix\(^6\) [19–21].

\(^6\) This is rigorously true in the case of a driven system. In the autonomous case, the eigenstates of the Hamiltonian behave as the eigenstates of a random \textit{banded} matrix [13], in order to ensure energy conservation.
Usually, there is correspondence between classical and quantum chaos. If the classical dynamics is chaotic and thermalizing, the quantum eigenstates obey eigenstate thermalization and the Hamiltonian (or the Floquet Hamiltonian in the driven case—see later) behaves as a random matrix in physical bases [16, 19, 21–28]. Despite these expectations, there are exceptions. The best known is the quantum kicked rotor [29–32]. This non-integrable model describes a free rotor perturbed by a time-periodic kick with strength $K$. In the classical case, when $K$ is below some threshold, the system is quasi-integrable according to the KAM theory; here there is no energy absorption. On the opposite, when $K$ is very large, the phase space is fully chaotic and the system absorbs energy which increases linearly and diffusively in time. The quantum behavior is completely different: quantum interference hinders energy absorption for all values of $K$ and the kinetic energy linearly increases until a saturation value is reached [33]. This phenomenon is called dynamical localization and the reason behind it is that the wave function of the rotor is localized in the angular momentum representation. This form of localization has been found [31] to be equivalent to the Anderson localization of a particle hopping in a static, one-dimensional disordered lattice [34].

This is a remarkable result and many efforts have been devoted to see if dynamical localization survives when many interacting rotors are considered. When many interacting classical rotors are considered, chaos has a stronger effect on energy absorption. As stated above, even a partly chaotic phase space is enough to have diffusion in phase space, and this fact translates in a diffusive long-term dynamics, possibly after a transient [5, 7, 35–37]. In the quantum case the behavior is different and dynamical localization can persist for a finite number of rotors [38–42]. Nevertheless, it disappears in the thermodynamic limit, when the number of rotors tends to infinity [38] (although it can persist in the thermodynamic limit in other systems [43, 44]).

Even in the absence of localization, quantum effects can alter the energy absorption dynamics. A way in which this can happen is the induction of a sub-diffusive energy increase, a regime where the kinetic energy does not increase linearly and diffusively but as a power law with exponent smaller than 1. This regime up to now has only been found in mean-field studies [38] and one might be tempted to think that it can appear only in the peculiar conditions where mean field is valid (thermodynamic limit, infinite-range interactions).

A hint that this might not be true comes from studies of localization in space. In Anderson models with mean-field interactions a breaking Anderson localization and consequent subdiffusion in space have been observed [45–48] even away from the mean-field limit. Indeed, subdiffusion in space for ergodic disordered models near the MBL transition has been theoretically predicted in [49] and experimentally observed in [50].

Motivated by the emergence of subdiffusive behaviors in disordered systems in the boundary region between localized and ergodic regimes, we want to study the case of a periodically-driven system exhibiting two separated regimes, a dynamically-localized one and an ergodic one. We focus on the case of $L = 3$ interacting quantum kicked rotors: indeed, this is the minimal case in which a transition from a dynamically-localized regime to a delocalized one can be observed [38]. As it appears in other periodically-driven [51–53] as well as time-independent, few-body models [54], we show that in our system subdiffusion occurs not in the space but in the momentum domain, manifesting itself in the energy absorption process. In particular, we observe a parameter region where
quantum effects determine a dynamics different from the classical one even in the absence of localization: indeed, a subdiffusive power-law heating is observed in contrast with the linear, diffusive classical one. We show that the subdiffusion manifests in a region of the parameters space with dynamical delocalization near the boundary with the localized region, in analogy with the results relative to systems undergoing the MBL transition.

An example of this subdiffusion is shown in figure 1 where we compare it with the corresponding classical dynamics. We see that after a transient, the quantum and the classical evolutions are completely different, the first being subdiffusive and the second diffusive (as appropriate for an essentially chaotic classical dynamics). Subdiffusion is a genuinely quantum phenomenon originating from interference, with no classical counterpart. It is therefore important to connect this subdiffusion to the quantum properties of the model, especially to its Floquet states which are the eigenstates of the stroboscopic dynamics.

We find that, in the subdiffusive regime, the kinetic-energy matrix elements in the Floquet basis show anomalous distributions, different from the pure Gaussians of the fully chaotic and thermalizing case. This behavior has already been observed in ergodic disordered systems, near the transition to many-body localization, where two-time correlators show a subdiffusive behavior in space. We can provide an interpretation of the anomalous distribution of the matrix elements. Indeed we see the same distributions if we consider a random-matrix model with fluctuations of the matrix elements decaying as a power law with the distance from the diagonal.

The paper is organized as follows. In section 2 we describe the model and the details of the numerical exact-diagonalization analysis we perform on it. In section 3 we show the power-law behavior in time of the kinetic energy. We map the different regimes we observe in figure 2: we find a dynamically-localized regime and a delocalized one where numerics suggests unbounded energy absorption. Subdiffusion occurs close to the boundary of the dynamically-delocalized region in parameter space. We focus on the subdiffusive regime and show that in this regime the eigenstate thermalization is broken. We can see this fact by studying the properties of the Floquet states: the inverse participation ratio (IPR) distributions show long tails and there are

Figure 1. Growth in stroboscopic time of the kinetic energy per rotor $E(n)$: it is linear in the classical system (light-colored line) and subdiffusive in the quantum one (dark-colored line). Other parameters: $K/k = 2.0$, $J/k = 0.3$, $L = 3$, $\bar{k} = 5.0$. 

https://doi.org/10.1088/1742-5468/ab6de4
The model we consider is described by the following Hamiltonian:

$$\hat{H}(t) = \hat{H}_0 + \sum_{n=-\infty}^{+\infty} \delta(t - nT)\hat{V}(\theta)$$

$$\hat{H}_0 = \sum_{j=1}^{L} \frac{\hat{p}_j^2}{2I_{j,m.e.}}, \quad \hat{V}(\theta) = \sum_{j=1}^{L} \left[ K \cos(\theta_j) + J \cos(\theta_j - \theta_{j+1}) \right],$$

where $K$ and $J$ are the kicking strengths; $K$ is the amplitude of a kick which acts on each rotor separately while $J$ couples nearest-neighboring rotors. $\hbar$ is the effective Planck constant. All these definitions are in equation (1) and in the discussion below. The dynamically localized and delocalized regimes respectively coincide with the regions in which the averaged level spacing ratio $\langle r \rangle$ assumes the Poisson value or the circular orthogonal ensemble one. The numerics suggests a limited growth of the kinetic energy and an unbounded heating in the dynamically-localized regime and in the delocalized one respectively. The horizontal lines represent the intervals in $K/\hbar$ where the subdiffusion of the kinetic energy has been observed for different values of $J/\hbar$. System size $L = 3$, effective Planck’s constant $\hbar = 5.0$.
with a time-independent kinetic term and an angle-dependent periodic perturbation; in particular, $K$ is the strength of the kick acting on each single rotor and $J$ is the amplitude of a nearest-neighbor coupling term. With a proper redefinition of the operators and the constants $K$ and $J$ in the Hamiltonian in equation (1) we set the time period $T$ and the inertia momentum $I_{m,i}$ to 1. We choose periodic boundary conditions such that $L + 1 \equiv 1$; we impose the canonical commutation relations to the angle and angular momentum operators, namely $[\hat{p}_j, \hat{p}_k] = [\hat{\theta}_j, \hat{\theta}_k] = 0$ and $[\hat{\theta}_j, \hat{p}_k] = i\hbar \delta_{jk}$, where $k = \hbar T/I_{m,i}$. The Hilbert space in which the system evolves is $\mathcal{H} = \bigotimes_{j=1}^{L} \mathcal{H}_j$ where $\mathcal{H}_j$ is the Hilbert space of a single rotor. The basis vectors in the angular momentum representation are indicated with $|p\rangle = |p_1, \ldots, p_L\rangle$, where $p_j$ is the angular momentum of the $j$th rotor. The spectrum of the operators $\hat{p}_j$ is unbounded; moreover, due to the $2\pi$-periodicity of the wave function with respect to each of the $\hat{\theta}_j$ operators, it is discrete with eigenvalues $p_j = km_j$ with $m_j \in \mathbb{Z}$.

In general, the stroboscopic dynamics of periodically-driven quantum systems is studied by introducing the Floquet operator $\hat{U}_F$, defined as the time propagator over one period. In our case, we have

$$\hat{U}_F = e^{-i\hat{H}_0/(2\hbar)}e^{-iV(\hat{\theta})/\hbar}e^{-i\hat{H}_0/(2\hbar)}$$

(2)

where we set the initial time in the middle of the free evolution in order to make the time inversion symmetry explicit. We can numerically diagonalize this unitary operator in the form

$$\hat{U}_F |\psi_\beta\rangle = e^{-i\mu_\beta} |\psi_\beta\rangle$$

(3)

where the eigenstates $|\psi_\beta\rangle$ are the so-called Floquet states and the eigenvalue phases $\mu_\beta$ the corresponding quasienergies [9, 10].

Our analysis is based on the full exact diagonalization of the Floquet operator, through which we infer its spectral properties and we compute the exact dynamics of the system. Since the local Hilbert space $\mathcal{H}_j$ relative to each site has infinite dimension, a local truncation is necessary in order to write the Floquet operator matrix: we fix a maximum value for the angular momentum on each site $m_{\text{max}} \in \mathbb{N}$ and consider only angular momentum eigenstates with eigenvalue $|p_j| \leq m_{\text{max}}$ so that the dimension of the whole Hilbert space is $M^L$, with $M = 2m_{\text{max}} + 1$. We restrict our analysis to the subspace invariant under the following symmetry transformations: spatial translation ($j' = j + 1$), spatial inversion ($j' = L - j$) and global momentum parity ($p'_j = -p_j \forall j$), so that the dimension of the Hilbert subspace we deal with is $D = M^L/(4L)$.

3. Subdiffusion and breaking of eigenstate thermalization

In this section we study the subdiffusion behavior of the energy (section 3.1) and relate it with the properties of the Floquet states and of the off-diagonal matrix elements of the kinetic energy operator in the Floquet basis. We discuss the last point in section 3.2. We see that the distributions are not Gaussian, exactly as occurs in cases of anomalous thermalization in many-body systems [55–57]. In section 3.3 we study the properties of
the Floquet levels and we see that subdiffusion is associated to an average level spacing ratio very near to the ergodic value. Nevertheless, the Floquet states do not obey the eigenstate thermalization, as we see in section 3.4 by studying the properties of the IPR distribution of the Floquet states. Moreover, for the local Hilbert space truncations $M$ we can reach, the system does not thermalize to $T = \infty$ when there is subdiffusion. This suggests that in our case subdiffusion appears in association with breaking of eigenstate thermalization. This is different from the known many-body cases, where subdiffusion is associated to thermalization in the thermodynamic limit $[55–57]$. Honestly, due to numerical limitations, we do not know if a thermalization behavior is attained in the limit $M \to \infty$ and if this would imply a breaking of subdiffusion in the long time.

3.1. Energy evolution

We start studying the kinetic-energy dynamics, showing examples of power-law increase in time of this quantity. The stroboscopic dynamics of a given initial state $|\psi_0\rangle$ is given by $|\psi(n)\rangle = (\hat{U}_F)^n|\psi_0\rangle$. The observable on which we focus is the kinetic energy of the system per rotor defined as $E(n) = \langle \psi(n)|\hat{H}_0|\psi(n)\rangle/L$, that can be re-written as

$$E(n) = \sum_{\beta,\gamma} \mathcal{H}_{\beta,\gamma}^0 e^{-in(\mu_\beta - \mu_\gamma)} \psi_\beta \psi_\gamma, \quad (4)$$

where $\mathcal{H}_{\beta,\gamma}^0 = \langle \psi_\beta|\hat{H}_0|\psi_\beta\rangle/L$ and $\psi_\beta = \langle \psi_\beta|\psi(0)\rangle$. We analyze the dynamics of the system focusing on the kinetic energy operator defined in equation (4). We choose as initial state the momentum eigenstate $|0\rangle$ in which all the rotors have zero angular momentum. Let us consider figure 3 in which we plot the growth of the kinetic energy for a choice of the values of $J/\bar{k}$ and $K/\bar{k}$ and different values of $M$. In this figure we can distinguish two regimes. The former occurs at intermediate times: the dynamics of the system is independent on the truncation, while its duration increases with $M$. The latter occurs at long times: the energy tends to an asymptotic value which depends on the truncation $M$. In the following we separately analyze these two regimes. We postpone the analysis of the long-time asymptotic regime to section 3.5 and here we focus on the intermediate-time dynamics.

In order to analyze this regime we measure the power-law exponent of the kinetic energy growth for different values of $J/\bar{k}$ and $K/\bar{k}$. We observe a region in the parameter space in which the heating process in the classical system is very different from the quantum one, as in the first case heating is linear, while in the second we find $E(n) \sim n^\alpha$ with $\alpha < 1$ (see figure 1). The power-law heating is not due to the local truncation, as we checked by computing the dynamics for several values of $M$, as it is shown in figure 3. Although we cannot exclude a priori that different regimes may arise at longer times, the available time scales and the truncation values are enough to claim the existence of a genuine quantum regime, different from the classical one, as it is evident from figure 1. We repeat the same procedure for a grid of values of $J/\bar{k}$ and $K/\bar{k}$ and we compute the power law coefficient. In figure 4 we plot $\alpha$ as a function of $K/\bar{k}$ for different values of $J/\bar{k}$; the lower boundary in the interval of $K/\bar{k}$ values is that of the dynamically-delocalized regime, while the upper one is determined by numerical limitations. Even though a clear dependence of $\alpha$ from the parameters $K$ and $J$ is missing we notice that $\alpha$ seems to increase as $J$ is increased.
3.2. Distribution of the off-diagonal matrix elements

Subdiffusion corresponds to the breaking of the perfect chaoticity of the dynamics. From one side this can be already seen from the fact that a perfectly chaotic classical dynamics leads to diffusion and not subdiffusion. From the quantum perspective this can be seen by observing the properties of the Floquet states and noticing that they

Figure 3. The increase in stroboscopic time of the kinetic energy per rotor is plotted for \( K/\bar{k} = 2.2 \) and \( J/\bar{k} = 0.3 \). The power law appears for all the values of the truncation we consider, from \( M = 39 \) (lighter curve) to \( M = 51 \) (darker curve). The time at which the growth stops depends on the saturation value of the energy, which increases with \( M \). It is evident that the larger is \( M \), the longer the time window where the power law persists, the better the fit. Other parameters: \( L = 3 \), \( \bar{k} = 5.0 \).

Figure 4. The power-law exponent \( \alpha \) is plotted for \( J/\bar{k} = 0.3, 0.5, 0.7 \) and some values of \( K/\bar{k} \). It appears that the exponent increases as \( J/\bar{k} \) is increased while a clear behavior is not clear in the interval of \( K/\bar{k} \) we can consider within the maximum truncation \( M \) we can achieve in our simulations. The error bars are obtained by measuring the exponents over different time intervals whose length is one order of magnitude and then evaluating their semi-dispersion. Other parameters: \( L = 3 \), \( \bar{k} = 5.0 \).
have properties different from perfect eigenstate thermalization. In order to do that, we start considering that the diffusion dynamics is given by the off-diagonal matrix elements of the energy operator $\hat{H}_0$ in the Floquet basis (see equation (4)). This suggests to inquire the behavior of the distribution of the off-diagonal elements $\mathcal{H}^0_{\beta\gamma}$ with $\gamma \neq \beta$, in order to interpret the power-law increase behavior of the energy (a similar analysis was performed to interpret an anomalous thermalization behavior in [55] possibly associated with subdiffusion behavior in space [56]). If we had a perfect chaotic behavior, the operators expressed in the basis of the Floquet states should behave as a perfect random matrix [58], therefore the matrix elements $\mathcal{H}^0_{\beta\gamma}$ should be distributed according to a Gaussian.

We plot the distribution of $\mathcal{H}^0_{\beta\gamma}/\Sigma$ (where $\Sigma$ is the variance of the distribution of the $\mathcal{H}^0_{\beta\gamma}$) for many subdiffusive cases in the upper panels of figure 5. We find indeed a significant deviation from a Gaussian behavior, as it should have been expected being the corresponding behavior of $E(n)$ different from the perfectly chaotic diffusion. (One of the distributions of figure 5—right panel corresponds to the subdiffusion depicted in figure 3.) In order to do a comparison, we plot in the lower panel of figure 5 the distribution for a case which is fully thermalizing without any subdiffusion (at least for the truncations we have access to). We see that it is an (almost) perfect Gaussian, in agreement with the expectations from random matrix theory. From this comparison we see that the behavior of the distribution of the off-diagonal elements and the time behavior of the energy are intimately connected.

### 3.3. Level-spacing ratio analysis and dynamical regimes

Here we consider the properties of the Floquet quasienergies. In particular, in order to understand if the dynamics is chaotic, we study the average level spacing ratio [59]. It is defined as

$$\langle r \rangle = \frac{1}{D - 2} \sum_{\beta=1}^{D-2} \min\{\lambda_\beta, \lambda_{\beta+1}\} \max\{\lambda_\beta, \lambda_{\beta+1}\},$$

where $\lambda_\beta = \mu_{\beta+1} - \mu_\beta$. If the dynamics is chaotic, the Hamiltonian should behave as a random matrix in the angular momentum basis: the level spacings $\lambda_\beta$ obey the circular orthogonal ensemble (COE) distribution and the average level spacing ratio is $\langle r \rangle \simeq 0.5269$ (the Floquet operator belongs to the circular orthogonal ensemble of symmetric unitary matrices [11, 21, 60]).

On the opposite, a regular non-thermalizing behavior generically corresponds to a Poisson distribution [61] of the $\lambda_\beta$; in this case the average level spacing ratio is $\langle r \rangle \simeq 0.386$. These considerations are important for the energy absorption. As we extensively analyzed in [38], a chaotic behavior corresponds to Floquet states delocalized in the angular momentum basis and to energy absorption. On the opposite, a regular behavior corresponds to localized Floquet states and then to dynamical localization.

In figure 6 we plot $\langle r \rangle$ as a function of $K/\bar{k}$ for different values of $J/\bar{k}$. In figure 2 we map the regimes we observe in our model into the parameter space. We recognize the light-blue region on the right where $\langle r \rangle$ acquires the COE value and the energy increases up to a value scaling with the truncation. This is the chaotic dynamically
delocalized region where the system heats up without a bound. This heating does not always correspond to full chaoticity and diffusive energy behavior: subdiffusion occurs in the delocalized regime, close to its boundary. This is strictly reminiscent of the subdiffusion in space domain occurring in the delocalized phase near the transition to MBL [49, 50]. Going on with our description of the diagram of figure 2, we find on the left a red region which we define ‘dynamically localized’ because we have numerically verified that the energy saturates after a transient to a value independent of the truncation (see an example in figure 9(b)). This fact marks the presence of dynamical localization. Here $\langle r \rangle$ takes the Poisson value and the dynamics is regular-like. In between the localized and the delocalized region there is an intermediate regime where $\langle r \rangle$ has a value in between Poisson and COE. Here it is not easy to characterize the energy dynamics and we postpone the analysis of this regime to a future publication.

3.4. Inverse participation ratio

In order to explore the eigenstate thermalization breaking related to subdiffusion we have to consider the localization properties of the Floquet states. This can be realized by looking at the average inverse participation ratio (IPR) [62, 63] in the angular momentum basis, defined as
\[ \langle IPR \rangle = \frac{1}{D} \sum_\beta \sum_m |\langle \psi_\beta | m \rangle|^{2q}, \tag{6} \]

where \( q = 2 \) is an exponent whose meaning will be clarified later. Given a state \( |\psi\rangle \) which is uniformly delocalized over all the states of the angular momentum basis, one finds that its IPR satisfies \( IPR_\psi \sim 1/D \).

Let us focus on the delocalized region of the parameter space (see figure 2). We remind that we are in the truncated Hilbert space whose dimension is \( D = M^L/(4L) \). If we suppose that there is eigenstate thermalization, then all the Floquet states are locally equivalent to the \( T = \infty \) density matrix. They behave as random states and are fully delocalized, we can therefore infer that they should satisfy \( \langle IPR \rangle \sim 1/D \) as well. We find, instead, \( \langle IPR \rangle \sim 1/D^\delta \) with \( \delta < 1 \). This fact occurs in a wide range of parameters inside the delocalized region, as we can see in figure 7. In figure 7(a) we show some example of the scaling of the IPR with \( M \) at a fixed value of \( J/k \) and some values of \( K/k \) chosen in the dynamically-delocalized regime, while in panel (b) the corresponding exponent \( \delta \) is plotted versus \( K/k \) (dark line). From a physical point of view this fact marks the breaking of eigenstate thermalization near the boundary of the delocalized region which we have already discussed from a different point of view in section 3.

Breaking of eigenstate thermalization implies that the Floquet states are not all equivalent, so we expect large fluctuations from one state to the other. In order to estimate the fluctuations in the IPR, we consider the scaling of the logarithmic average of the IPR, defined as

\[ IPR_{\log} = \exp \langle \ln IPR \rangle, \tag{7} \]

where \( \langle (\ldots) \rangle = \frac{1}{D^\delta} \sum_\beta (\ldots)_\beta \). We find a scaling of the form \( IPR_{\log} \sim 1/D^\eta \); we plot the scaling exponent \( \eta \) versus \( K/k \) in figure 7(b) (lighter curve). We see that the exponents \( \delta \) and \( \eta \) are similar and near 1 for high values of \( K/k \). Here all the Floquet states are similar (small fluctuations) and obey eigenstate thermalization (full delocalization).
For smaller $K/\bar{k}$, on the opposite, the exponents are different and smaller than 1. Here eigenstate thermalization is broken and large fluctuations in the IPRs of the Floquet states emerge. We would like to emphasize that the eigenstate thermalization breaking witnessed by $\delta, \eta < 1$ in figure 7 and the subdiffusion with $\alpha < 1$ occur in the same parameter range (see figure 4): further research will be devoted to investigate the relation between these two results.

In order to better understand the origin of the fluctuations of the Floquet IPRs, we have focused on their distributions. To this purpose we have considered a fixed value of $J/\bar{k}$ and computed the distributions for some values of $K/\bar{k}$, as shown in figure 8(a): the distributions exhibit a power-law tail for smaller values of $K/\bar{k}$ which tends to disappear as $K/\bar{k}$ is increased. This observation is in agreement with the behavior of the exponents $\delta$ and $\eta$ discussed above: a long tail means large fluctuations and then $\delta \neq \eta$. Moreover, a long tail means coexistence of more localized and more delocalized states with states not completely localized. A last remark regards the behavior of the

![Figure 7](https://doi.org/10.1088/1742-5468/ab6de4)
distributions with $M$, which is shown in figure 8(b). In the presence of fluctuations ($\delta \neq \eta$—left panel of figure 8(b)) a small fraction of localized states persists as $M$ is increased, as it emerges from the right extreme of the power law-tail. Differently, in absence of fluctuations and with $\delta = 1$, all the states are delocalized and the whole distribution shifts to lower values of the IPR as $M$ is increased (figure 8(b)).

It is worth noting that similar scaling properties of the IPRs have been found at the Anderson transition point of a three-dimensional disordered lattice [64–66] and across the MBL transition [67]: the eigenstates exhibit an anomalous scaling of the probability distribution momenta [68] and they are said to have a multifractal structure. In our analysis, we focused on the averaged second momentum, namely the $\langle \text{IPR} \rangle$. By computing the exponent $\delta$ for higher momenta ($q > 2$), a set of fractal dimensions can be obtained for characterizing a single state. Multifractal states are also characterized through their probability distribution correlation functions and their level spacing distributions. The mapping existing between this rotors model and a disordered $L$-dimensional lattice [38] suggests the existence of multifractal properties also in our case. This multifractal analysis, which may help understanding the intermediate region in figure 2, is left for future work.

3.5. Asymptotic behavior of the energy

The asymptotic behavior of the kinetic energy is governed by the diagonal matrix elements $\mathcal{H}_{\beta\beta}$: at long times, the system reaches the infinite-time averaged kinetic energy, defined as

$$
\text{E}_\alpha = \frac{1}{N} \sum_{\beta=1}^{N} \langle \mathcal{H}_{\beta\beta} \rangle,
$$

where $N$ is the number of particles. The exponent $\delta$ determines the scaling of the probability distribution $P(\text{IPR})$ and the level spacing distribution. In the presence of fluctuations, the system exhibits a non-trivial scaling behavior, while in the absence of fluctuations, the system is fully ergodic.

Figure 8. (a) Distributions of the IPR at a fixed value of $J/k$ and different values of $K/k$. The power law tails disappear as $K/k$ increases and the system becomes fully ergodic. (b) Distributions of the IPR$_\alpha$ at different values of $M$ in a case in which there are fluctuations (left, $K/k = 2.0$) and in a case in which there are not (right, $K/k = 4.0$). Numerical parameters: $J/k = 0.3$, $L = 3$, $k = 5.0$. 

https://doi.org/10.1088/1742-5468/ab6de4
\[
E_{n \to \infty} = \lim_{T \to \infty} \frac{1}{T} \sum_{n=0}^{T} E(n) = \sum_{\beta} |\psi_\beta|^2 H^0_{\beta\beta}.
\]

The value of \( E_{n \to \infty} \) is independent of \( M \) in the case of dynamical localization: the initial state evolves until it reaches an asymptotic state which is localized in the angular momentum space. On the other side, when the dynamics is ergodic the system is expected to reach the so called infinite-temperature state, defined as

\[
\rho_{T \to \infty} = \frac{1}{D} \sum_{\beta} |\psi_\beta\rangle\langle \psi_\beta|.
\]

This state is the equivalent, in the infinite-temperature case, of the equilibrium thermal state which is reached by time-independent ergodic systems at a given temperature \( T \). The corresponding expectation value of the energy, obtained by taking \( E(T = \infty) = \text{Tr}[H_0 \rho_{T \to \infty}]/L \), is:

\[
E(T = \infty) = \frac{k^2}{2LD} \sum_m |m|^2.
\]

In the case of delocalized dynamics the ratio \( I(M) \) defined as

\[
I(M) = \frac{E_{n \to \infty}}{E(T = \infty)}
\]

should be \( O(1) \) with respect to the truncation \( M \). Differently, in the dynamically-localized regime the averaged, infinite-time energy is constant with respect to \( M \), while \( E(T = \infty) \sim M^2 \), so we have \( I(M) \sim M^{-27} \). In figure 9 we plot the ratio \( I(M) \) at a fixed value of \( J/k \) for some choices of \( K/k \) in the dynamically-delocalized regime (a) and in the localized one (b). In the latter case we find the expected power-law behavior of \( I(M) \); in the former case we find that \( I(M) \) does not change significantly with \( M \) in the interval we can access with simulations. Notice that in case of ergodicity one would expect, in particular, \( I(M) = 1 \), and this occurs for the thermalizing case \( K/k = J/k = 10 \). In the other subdiffusive cases, we observe that \( I(M) \) increases towards 1 as \( K/k \) is increased in the range of accessible values of \( K/k \). Nevertheless, due to numerical limitations, we cannot distinguish whether \( I(M) \) tends to 1 for larger values of \( M \), independently of \( K/k \). The diffusion and thermalization occurring for large kick parameters may suggest that in the fully ergodic regime each rotor evolves as if it interacts with an external bath. Hence some of the phenomenology we observe may have connections with the results in \([69–71]\).

We remark the strong dependence of \( I(M) \) on \( K/k \), in opposition with the behavior of the subdiffusion exponent \( \alpha \) (see figure 4). Nevertheless, we see that \( I(M) \) is significantly smaller than 1 in the same interval where there is subdiffusion and no

---

\(^7\) This relation comes by observing that the infinite temperature energy of a single rotor can be re-written as \( \frac{k^2}{2LD} \sum_{m=-\text{max}}^{\text{max}} m^2 \).
4. Analysis of the random-matrix model

We have seen in the previous section that the operator $\hat{H}_0$ does not look like a random matrix in the Floquet basis, as the anomalous distributions of $\mathcal{H}_{0\beta\gamma}$ of figure 5 testify. Here we build a model which can reproduce these distributions. The rationale is the following. In the chaotic case, the operators look like random matrices in the Floquet state basis [58]. On the opposite, in the localized case the Hamiltonian ($\hat{H}_0$) looks like a banded random matrix [72, 73] and one can argue that the operators showing localization appear as banded random matrices in the Floquet basis (otherwise they would be delocalized). We construct a model interpolating between these two conditions. It is a random matrix where the elements are Gaussian distributed, but the variance of this distribution depends on the position inside the matrix and gets smaller as the distance
from the diagonal is increased. In particular, it depends as a power law on the distance from the diagonal, so we assume that $H_{\beta\gamma}$ for $\gamma \neq \beta$ is a Gaussian random variable with variance

$$\sigma_{\beta,\gamma} = \sigma_{|\beta-\gamma|} = \frac{1}{|\beta-\gamma|^b},$$

with $b$ some real non-negative number. In the limit $b = 0$ we recover the standard random-matrix behavior, while in the limit $b \to \infty$ we move towards a banded random matrix behavior.

In order to show the validity of our model, we can use it to fit the distributions of $H_{\beta\gamma}/\Sigma$ (figure 5) obtained through exact diagonalization. To do the fit, we adjust the parameter $b$ in order to numerically minimize the quantity

$$d_{\log}(b) = \int_{-\infty}^{\infty} dx \left| \log(P(x)) - \log(P_{\text{model}}^{(b)}(x)) \right|.$$

We perform some plots of $d_{\log}(b)$ versus $b$. For small values of $b$, our numerics gives us distributions restricted to a too narrow interval, that’s why we have a non-physical increase of $d_{\log}(b)$ (we do not show this interval of $b$ in figure 10). For larger values of $b$ we find a physical minimum. The minimum we find is very shallow and we cannot clearly determine it, being overwhelmed by fluctuations (figure 10). Nevertheless, we find values of $b$ for which the agreement between the distributions resulting from ED and those from this model is good (see figure 11). Notice the very clear fluctuations at large deviations, giving rise to the wigglings of $d_{\log}$. From our results, we see that $b$ is closer to 0 for large $K$. This is in agreement with the physical expectation that these cases are more chaotic and then closer to a pure random matrix condition.
5. Conclusions

In conclusion we have studied the energy subdiffusion in an interacting quantum kicked rotors model. We have noticed that this is a purely quantum phenomenon and, through a numerical analysis, we have mapped the different dynamical regimes in the parameter space. We have considered the subdiffusion and the asymptotic properties of the energy. About the latter, the absence of full thermalization in the truncated Hilbert space is strictly related to an anomalous behavior of the Floquet states, marking the

Figure 11. Comparison of the exact-diagonalization distributions of $H_{0 \gamma}/\Sigma$ and the ones of the effective random-matrix model of equation (12) with appropriate choice of $b$. Notice the quite good agreement. Numerical parameters: $J/k = 0.7$, $k = 5.0$, $L = 3$, $M_{\text{max}} = 41$. 

In conclusion we have studied the energy subdiffusion in an interacting quantum kicked rotors model. We have noticed that this is a purely quantum phenomenon and, through a numerical analysis, we have mapped the different dynamical regimes in the parameter space. We have considered the subdiffusion and the asymptotic properties of the energy. About the latter, the absence of full thermalization in the truncated Hilbert space is strictly related to an anomalous behavior of the Floquet states, marking the
breaking of eigenstate thermalization. Subdiffusion is associated to anomalous non-Gaussian distributions of the off-diagonal matrix elements of the energy in the Floquet basis. These distributions are well described by a model of anomalous random matrices.

Future directions of research include the application of the anomalous random matrix model to subdiffusion in ergodic systems near the MBL transition [49, 50, 55–57]. It would be also worth investigating the nature of the intermediate region: by exploiting the mapping between the rotors model and the disordered Anderson one, a possible way would be analyzing the possible multi-fractal structure of the Floquet states.

Acknowledgments

We acknowledge useful discussions with V Kravtsov and F Iemini. SN acknowledges SISSA and ICTP for supporting this work during his PhD; SN acknowledges partial support from the H2020 Project—QUANTUM FLAGSHIP—PASQUANS (2019–2022).

References

[1] Berry M V 1978 Regular and irregular motion Topics in Nonlinear Mechanics vol 46 ed S Jorna (New York: American Institute of Physics) pp 16–120
[2] Lichtenberg A J and Lieberman M A 1992 Regular and Chaotic Dynamics 2nd edn (Berlin: Springer)
[3] Salamon D 2004 The Kolmogorov–Arnold–Moser theorem Math. Phys. Electron. J 10 1–37
[4] Arnold V I and Avez A 1968 Ergodic Problems of Classical Dynamics (New York: W. A. Benjamin, Inc.)
[5] Konishi T and Kaneko K 1990 Diffusion in Hamiltonian chaos and its size dependence J. Phys. A: Math. Gen. 23 L715
[6] Chirikov B V and Vecheslavov V V 1993 Theory of fast Arnold diffusion in many-frequency systems J. Stat. Phys. 71 243
[7] Dalla Torre E and Rajak A 2019 Characterizations of prethermal states in periodically driven many-body systems with unbounded chaotic diffusion Phys. Rev. B 100 100302
[8] Howell O, Weinberg P, Sels D, Polkovnikov A and Bukov M 2019 Asymptotic pre-thermalization in periodically driven classical spin chains Phys. Rev. Lett. 122 010602
[9] Shirley J H 1965 Solution of Schrödinger equation with a Hamiltonian periodic in time Phys. Rev. 138 B979
[10] Sambe H 1973 Steady states and quasienergies of a quantum-mechanical system in an oscillating field Phys. Rev. A 7 2203
[11] D’Alessio L and Rigol M 2014 Long-time behavior of isolated periodically driven interacting lattice systems Phys. Rev. X 4 041048
[12] Ponte P, Chandran A, Papić Z and Abanin D A 2015 Periodically driven ergodic and many-body localized quantum systems Ann. Phys., NY 353 196
[13] Srednicki M 1999 The approach to thermal equilibrium in quantized chaotic systems J. Phys. A: Math. Gen. 32 1463
[14] Polkovnikov A 2013 Quantum ergodicity: fundamentals and applications, Available at: http://physics.bu.edu/~asp/teaching/PY_747.pdf
[15] Russomanno A, Fazio R and Santoro G E 2015 Thermalization in a periodically driven fully connected quantum ising ferromagnet Europhys. Lett. 110 37005
[16] Srednicki M 1994 Chaos and quantum thermalization Phys. Rev. E 50 888–901
[17] Deutsch J M 1991 Quantum statistical mechanics in a closed system Phys. Rev. A 43 2046–9
[18] Rigol M, Dunjko V and Olshanii M 2008 Thermalization and its mechanism for generic isolated quantum systems Nature 452 854–8
[19] Bohigas O, Giannoni M J and Schmit C 1984 Characterization of chaotic quantum spectra and universality of level fluctuation laws Phys. Rev. Lett. 52 1
[20] Berry M V 1983 Semiclassical mechanics of regular and irregular motion Les Houches, Session XXXVI, 1981—Chaotic Behaviour of Deterministic Systems ed R Stora et al (Amsterdam: North-Holland) pp 174–271

https://doi.org/10.1088/1742-5468/ab6de4
Slow heating in a quantum coupled kicked rotors system

[21] Haake F 2001 Quantum Signatures of Chaos 2nd edn (Berlin: Springer)
[22] Chirikov B V, Izrailev F M and Shepelyansky D L 1988 Quantum chaos: localization versus ergodicity Physica D 33 77–88
[23] Berry M V 1977 Regular and irregular semiclassical wavefunctions J. Phys. A: Math. Gen. 10 2083
[24] Pechukas P 1983 Distribution of energy eigenvalues in the irregular spectrum Phys. Rev. Lett. 51 943
[25] Feingold M and Peres A 1986 Distribution of matrix elements of chaotic systems Phys. Rev. A 34 591
[26] Prosen T 1994 Statistical properties of matrix elements of Hamiltonian systems between integrability and chaos Ann. Phys., NY 235 115
[27] Eckhardt B, Fishman S, Keating J, Agam O, Main J and Müller K 1995 Approach to ergodicity in quantum wave functions Phys. Rev. E 52 5893–903
[28] Srednicki M 1995 Thermal fluctuations in quantized chaotic systems J. Phys. A: Math. Gen. 29 L75–9
[29] Chirikov B V 1979 A universal instability of many-dimensional oscillator systems Phys. Rep. 52 263–379
[30] Casati G, Chirikov B V, Ford J and Izrailev F M 1979 Stochastic behaviour of classical and quantum Hamiltonian systems Lecture Notes in Physics (vol 93) (Berlin: Springer) p 334
[31] Fishman S, Grempe D R and Prange R E 1982 Chaos, quantum recurrences, and Anderson localization Phys. Rev. Lett. 49 509–12
[32] Grempe D R, Prange R E and Fishman S 1984 Quantum dynamics of a nonintegrable system Phys. Rev. A 29 1639
[33] Chirikov B V, Izrailev F M and Shepelyansky D L 1981 Dynamical stochasticity in classical and quantum mechanics Sov. Sci. Rev. 2C(209)
[34] Anderson P W 1958 Absence of diffusion in certain random lattices Phys. Rev. 109 1492–505
[35] Nechkrashev N N 1971 Behavior of Hamiltonian systems close to integrable Funct. Anal. Appl. 5 338–9
[36] Kaneko K and Konishi T 1989 Diffusion in Hamiltonian dynamical systems with many degrees of freedom Phys. Rev. A 40 6130
[37] Rajak A, Citro R and Dalla Torre E G 2018 Stability and pre-thermalization in chains of classical kicked rotors J. Phys. A: Math. Theor. 51 465001
[38] Notarnicola S, Iemini F, Rossini D, Fazio R, Silva A and Russomanno A 2018 From localization to anomalous diffusion in the dynamics of coupled kicked rotors Phys. Rev. E 97 022202
[39] Toloui B and Ballentine L E 2009 Quantum localization for two coupled kicked rotors (arXiv:0903.4632v2 [quant-ph])
[40] Matsui F, Yamada H S and Ikeda K S 2016 Relation between irreversibility and entanglement in classically chaotic quantum kicked rotors Europhys. Lett. 114 6
[41] Matsui F, Yamada H S and Ikeda K S 2015 Lifetime of the arrow of time inherent in chaotic eigenstates: case of coupled kicked rotors (arXiv:1510.00199 [cond-mat.stat-mech])
[42] Adachi S, Toda M and Ikeda K 1988 Potential for mixing in quantum chaos Phys. Rev. Lett. 61 650
[43] Rozenbaum E B and Galitski V 2017 Dynamical localization of coupled relativistic kicked rotors Phys. Rev. B 95 064303
[44] Rylands C, Rozenbaum E B, Galitski V and Konik R 2019 Many-body localization in a kicked Lieb-Liniger gas (arXiv:1904.09473)
[45] Shepelyansky D L 1993 Delocalization of quantum chaos by weak nonlinearity Phys. Rev. Lett. 70 1787
[46] Shepelyansky D L and Pikovsky A 2008 Destruction of Anderson localization by a weak nonlinearity Phys. Rev. Lett. 100 094101
[47] Laptýeva T V, Ivanchenko M V and Flach S 2014 Nonlinear lattice waves in heterogeneous media J. Phys. A: Math. Theor. 47 493001
[48] Ivanchenko M V, Laptýeva T V and Flach S 2014 Quantum chaotic subdiffusion in random potentials Phys. Rev. B 89 060301
[49] Žnidarič M, Scardicchio A and Varma V K 2016 Diffusive and subdiffusive spin transport in the ergodic phase of a many-body localizable system Phys. Rev. Lett. 117 040601
[50] Rispoli M, Lukin A, Schüttko R, Eric Tai M, Léonard J and Greiner M 2019 Quantum critical behavior at the many-body-localization transition Nature 573 385–9
[51] Quin P, Andreanov A, Park H C and Flach S 2017 Interacting ultracold atomic kicked rotors: loss of dynamical localization Sci. Rep. 51 41138
[52] Marino A, Torre G and Citro R 2019 Dynamical localization of interacting ultracold atomic kicked rotors Europhys. Lett. 127 50008
[53] Gligorić G, Bodyfelt J D and Flach S 2011 Interactions destroy dynamical localization with strong and weak chaos Europhys. Lett. 96 30004
[54] Yusipov I I, Laptýeva T V, Pirova A Y, Meyerov I B, Flach S and Ivanchenko M V 2017 Quantum subdiffusion with two- and three-body interactions Eur. Phys. J. B 90 66
[55] Luitz D J and Bar Lev Y 2016 Anomalous thermalization in ergodic systems Phys. Rev. Lett. 117 170404

https://doi.org/10.1088/1742-5468/ab6de4
Slow heating in a quantum coupled kicked rotors system

[56] Roy S, Lev Y B and Luitz D J 2018 Anomalous thermalization and transport in disordered interacting floquet systems Phys. Rev. B 98 060201
[57] Foini L and Kurchan J 2019 Eigenstate thermalization and rotational invariance in ergodic quantum systems Phys. Rev. Lett. 123 260601
[58] Peres A 1984 Ergodicity and mixing in quantum theory. I Phys. Rev. A 30 504
[59] Oganesyan V and Huse D A 2007 Localization of interacting fermions at high temperature Phys. Rev. B 75 155111
[60] Eynard B, Kimura T and Ribault S 2015 Random matrices (arXiv:1510.04430)
[61] Berry M V and Tabor M 1977 Level clustering in the regular spectrum Proc. R. Soc. A 356 375–94
[62] Wegner F 1980 Inverse participation ratio in $\mathbb{C}^2$ and dimensions Z. Phys. B 36 209–14
[63] Edwards J T and Thouless D J 1972 Numerical studies of localization in disordered systems J. Phys. C: Solid State Phys. 5 807
[64] Kravtsov V E and Muttalib K A 1997 New class of random matrix ensembles with multifractal eigenvectors Phys. Rev. Lett. 79 1913–6
[65] Castellani C, Di Castro C and Peliti L 1986 Multifractal wavefunction at the localisation threshold J. Phys. A: Math. Gen. 19 L429
[66] Rodriguez A, Vasquez L J, Slevin K and Römer R A 2011 Multifractal finite-size scaling and universality at the Anderson transition Phys. Rev. B 84 134209
[67] Serbyn M, Papić Z and Abanin D A 2017 Thouless energy and multifractality across the many-body localization transition Phys. Rev. B 96 104201
[68] Chalker J T, Kravtsov V E and Lerner I V 1996 Spectral rigidity and eigenfunction correlations at the Anderson transition J. Exp. Theor. Phys. Lett. 64 386–92
[69] Facchi P, Pascazio S, and Scardicchio A 1999 Measurement-induced quantum diffusion Phys. Rev. Lett. 84 61–4
[70] d’Arcy M, Godun R, Oberthaler M, Casettari D and Summy G 2001 Quantum enhancement of momentum diffusion in the delta-kicked rotor Phys. Rev. Lett. 87 074102
[71] Ammann H, Gray R, Shvarchuck I and Christensen N 1998 Quantum delta-kicked rotor: experimental observation of decoherence Phys. Rev. Lett. 80 4111–5
[72] Molinari L 1995 Band random matrices, kicked rotator and disordered systems Stochasticity and Quantum Chaos (Mathematics and Its Applications vol 317) ed Z Haba et al (Berlin: Springer)
[73] Feingold M 1997 Localization in strongly chaotic systems J. Phys. A: Math. Gen. 30 3603–12