Case report

Laparoscopic lymph node biopsy for lymphoma with a novel use of indocyanine green fluorescence in a 66-year-old male patient

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ABSTRACT

Introduction: Indocyanine green (ICG) near-infrared fluorescence is primarily employed in detecting intraoperative sentinel lymph node (SLN) mapping or to evaluate the extent of radical lymphadenectomy mainly in colo-rectal and gastric cancer. To date there are no reports indicating the use of this dye to detect pathologic lymphatic tissue when a lymph node biopsy for suspected lymphoproliferative disease is performed.

Presentation of case: A 66-year-old male patient was admitted to the hospital for severe pain of left renal colic type. A computed tomography (CT) scan and a positron emission tomography (PET) showed a left hydro-ureteronephrosis due to ureter compression by paraortic solid tissue of lymphomatous aspect with a standardized uptake value (SUV) of 15. Multiple lymphadenopathies on paracaval, para-aortic and common iliac sites were present as well.

Discussion: A laparoscopic lymph node biopsy (LLB) was planned for diagnostic purposes. After induction of anesthesia a ICG solution was injected Intradermally at both inguinal regions. At laparoscopy a complete visualization of the pathologic lymphnodes was achieved, enabling incisional biopsies of the lymphomatous mass. Histopathological examination showed an extranodal localization of an aggressive B-cell non-Hodgkin lymphoma.

Conclusion: ICG-fluorescence seems to offer a simple and safe method for pathologic lymph node detection. LLB in the suspicion of intra abdominal lymphoma can largely take advantage by this novel opportunity not yet tested to date. More studies with large case series are needed to confirm the efficacy of ICG-fluorescence for detecting pathologic lymph nodes.

1. Introduction

Near-infrared indocyanine green (ICG) fluorescence can be a very valuable tool for intraoperative decision-making in minimally invasive surgeries. Real-time visualization of lymph flow (lymphatic mapping) was proven as feasible, potentially helping the surgeon to more accurate staging. In addition, lymphatic mapping can help identify the pattern and status of lymph node basin implementing the concept of tailored lymphadenectomy.

ICG fluorescence for sentinel lymph node (SLN) detection has been previously described with promising results for breast, endometrial and cervical, gastric, colorectal and pancreatic carcinoma [1–3]. The effectiveness of ICG fluorescent imaging was affirmed by two systematic reviews, done by Van der Zaag et al. and Emile et al. [4,5].

When a lymphoproliferative disease is suspected, a surgical biopsy of the pathological lymph nodes is required to establish the diagnosis. When the inguinal, axillary, cervical lymph nodes are accessible this is easy to approach. If the lymphadenopathies are deeply located in the abdomen, a needle biopsy is often not possible due to proximity to large vessels and the risk of bleeding. In this setting a laparoscopic lymph node biopsy (LLB) is the correct option.

Until now, no records are reported in literature concerning the use of ICG for the diagnosis of lymphoproliferative diseases with involvement of the abdominal lymph node stations. In this case, we describe the

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laseroperoscopic biopsy of periaortic pathologic lymph nodes stained with ICG by means of a preoperative injection of an ICG solution into the inguinal regions.

2. Case report

A 66-year-old male patient was admitted to the hospital emergency room for severe pain of left renal colic type. No previous abdominal surgery or relevant past medical history were present. The only altered laboratory tests were serum creatinine 1.7 mg/dL, Beta 2 microglobulin 2.2 mg/L and PCR C-reactive protein 73 mg/L. The computed tomography (CT) scan showed a left hydroureteronephrosis due to ureter compression by paraortic solid tissue with a lymphomatous aspect. Multiple lymphadenopathies on paracaval, para-aortic and Common iliac sites were present as well. The next day a ureteral stent was placed to resolve the hydroureteronephrosis.

A fluorodeoxyglucose (FDG) positron emission tomography (PET) showed a pathological uptake with standardized uptake value (SUV) of 15 at the level of the paraaortic lymphomatous tissue while a lower uptake occurred for the lymphadenopathies located along the aorta and below the aforementioned tissue with extension to the aorto-bisiliac carrefour and to the proximal tract of the left common iliac artery (max SUV 5) (Fig. 1). Therefore, a LLB was planned for diagnostic purposes in the suspicion of a lymphoproliferative disease. The procedure was performed by MC, surgeon experienced in laparoscopic procedures.

2.1. Surgical technique

After induction of anesthesia, Indocyanine green (ICG) (Verdye, Diagnostic Green GmbH, Aschheim-Dornach, Germany) was administered to the patient placed in the lithotomy position. The concentration used was 2.5 mg/mL. A 25 mg vial with ICG powder was diluted in 10 cc of aqueous sterile water. Three milliliters of this ICG solution was injected Intradermally at both inguinal regions, at the level of the paraortic lymphomatous tissue. Multiple lymphadenopathies on paracaval, para-aortic and Common iliac sites were present as well. The next day a ureteral stent was placed to resolve the hydroureteronephrosis.

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Fig. 1. Fluorodeoxyglucose (FDG) positron emission tomography (PET) showing a pathological uptake with standardized uptake value (SUV) of 15 at the level of the paraaortic lymphomatous tissue.

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The pneumoperitoneum was achieved through the umbilicus via an open technique; a 10-mm trocar was inserted to accommodate a 30°-angle telescope. A 10-mm trocar was inserted in the right iliac fossa and a 5-mm trocar in the right hypocondrium. The surgeon and camera holder stood on the right side of the patient. A right tilt and mild Trendelenburg position were given to the table. Para-aortic lymphadenopathy was reached by an incision of the peritoneum covering the superior part of the right common iliac artery. This incision was prolonged along the left aspect of the aorta, just above the inferior mesenteric artery.

A Thunderbeat™ (Olympus Medical Systems Corp., Tokyo, Japan) device was used for dissection. A dedicated clinical endoscopic system (Visera Elite II, Olympus Medical Systems Corp., Tokyo, Japan) equipped with infra-red (IR) light source and IR UHD telescope was used to illuminate regional lymph nodes. To obtain a clear visualization of the surgical field due to the small bowel, one transabdominal stay suture was passed through the edge (margin) of the incised peritoneum for lifting it, achieving a better exposition (Fig. 2). Taking advantage of the lymphatic drainage that from the superficial inguinal lymph nodes drain first to the body’s external iliac lymph nodes, second to the pelvic lymph nodes, and finally to the paraaortic lymph nodes, twenty minutes after the injection, lymph nodes stained with ICG were observed in the sub-serosa, surrounding the left iliac artery (Fig. 3). Pathologic nodes came into contact with the known mass. An incisional biopsy of the same was made in two different points (Fig. 4). The operation was completed laparoscopically and an abdominal drainage was not necessary. The postoperative course was uneventful and the patient was discharged at postoperative day1. Histopathological examination showed an extra-nodal localization of an aggressive B-cell non-Hodgkin lymphoma. The work has been reported in line with the SCARE criteria [6].

3. Discussion

Reports on the use of ICG in medical practice have been described since the second half of the last century [7]. Particularly following recent developments in video endoscopy techniques, the use of ICG has expanded to include many different specialties and with different medical applications. The value of ICG-fluorescence guided surgery is now established in colo-rectal and gastric surgery as well as in breast surgery and in gynecological field. The real-time visualization of lymphatic flow (lymphatic mapping) has proven feasible, potentially aiding the surgeon to identify sentinel lymph nodes and to perform a better lymphadenectomy [8].

In the suspicion of lymphoproliferative disease and when isolated abdominal lymphadenopathy is poorly accessible to percutaneous biopsy, LLB is the key tool for making diagnosis [9-11]. Paraortic and pericaval lymph nodes are often affected by the onset of the disease, and when they are the only sites involved, diagnosis can be difficult. In fact, due to the proximity to the great vessels, an ultrasound or a CT-guided biopsy is not viable due to the high risk of bleeding. The option of a laparoscopic biopsy approach is safer in this setting. The technique is now standardized according to two situations: supramesocolic and submesocolic lymphadenopathy [12]. In case of supramesocolic lymphadenopathy (lymph nodes of the celiac axis, hepatic pedicle, splenic hilum) the access to these structures doesn’t represent a real obstacle. On the other hand, In case of submesocolic

Fig. 2. A transabdominal stay suture is passed through the margin of the incised peritoneum for lifting it.
lymphadenopathy (lymph nodes of the mesentery, periaortic, pericaval and periiiliac) the deep situation, the presence of surrounding fatty tissues and the small bowel can make the procedure technically demanding.

In our case, instead of adding one or more trocars, we succeeded to obtain a correct exposition of the surgical field by means of transabdominal sutures as described in the “puppeteering technique” [13]. In literature there are only sporadic reports on the use of fluorescence ICG in abdominal lymphomas but its use for diagnostic purposes is via intravenous infusion in the case of lymphoma originating from the intestinal wall [14,15].

Our report is the first to describe the use of ICG fluorescence in the search for pathological lymph nodes in the suspicion of lymphoproliferative disease originating from the abdominal lymph nodes.

In this setting, however, the issue of whether the dye is retained by the pathological lymph node as the healthy one is not known up to now. In colo-rectal or gastric cancer, after the peritumoral injection of ICG, the dye follows the lymphatic pathways and colors the lymph nodes it finds along the collectors. The presence of cancer cells within the metastatic lymph node does not seem to decrease the intensity of staining [16].

However, this statement is not univocal. Widespread lymph node metastases have been observed to induce an obstruction of lymphatic channels, and lymphatic drainage is bypassed to other (nonsentinel) lymph nodes [17]. In our case, the iliac lymph nodes visualized at PET as pathological, at laparoscopy turned out to be stained up close to the large lymphomatous lesion. The latter, however, did not stain with ICG. Histopathological examination showed that the tissue biopsied did not belong to a lymph node but it was extranodal tissue. Extranodal involvement can be seen with lymphoma in approximately 25–40% of cases and almost any organ can be involved [18]. This could explain the lack of vital staining as extra-nodal lymphomatous tissue is excluded from lymphatic drainage, as well as could limit the dye’s usefulness in detecting pathologic lymph nodes. However in our case, it was mandatory to perform a biopsy on the largest lesion since it had the highest SUV and therefore able to provide us with the best diagnostic indications [19].

Based upon our preliminary experience, ICG-enhanced fluorescence seems to provide several advantages in LLB, allowing both to better identify the surgical anatomy and to reduce the surgical time. The patients who could benefit most would be those in whom dissection could be dangerous due to proximity to the great vessels, or visualization of lymphadenopathies could be difficult because of their deep location. As for other applications of ICG, the characteristics of reproducibility and effectiveness of the method might be confirmed also for LLB, enabling the surgeon to act with greater safety. Our report, although encouraging, needs to be supported by more studies with large case series before considering this novel application of ICG-enhanced fluorescence in LLB as completely reliable.

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Ethical approval

The Ethical Committee of the IRCCS Ospedale Policlinico San Martino has exempted the work from ethical approval because it involves only negligible risk for the patient; furthermore, the patient data publicly recorded contain only non-identifiable data about him.

Consent

Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal on request.

Registration of research studies

NA.

Guarantor

Marco Casaccia.

Provenance and peer review

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CRediT authorship contribution statement

Marco Casaccia: study design, writing.
Marco Mora: acquisition of data, writing.
Gregorio Santori: review & editing.

Fig. 3. Lymph nodes stained with ICG in the subserosa, surrounding the left iliac artery.

Fig. 4. Incisional biopsy of the paraortic lymphomatous tissue.
Chiara Ghiggi: acquisition of data.
Emanuele Angelucci: Supervision and final approval of the version to be submitted.

Declaration of competing interest

None.

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