Characterization of Physiological and Biochemical Factors Associated with Postharvest Water Loss in Ripe Pepper Fruit during Storage

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Abstract. Fruit of pepper (Capsicum annuum L.) is hollow by nature, which limits its water reservoir capacity, and as such, small amounts of water loss result in loss of freshness and firmness, which reduce fruit quality, shelf life, and market value. In order to understand the basis for water loss from fruit, 10 pepper accessions with wide variation in water loss rate were used to study physiological and biochemical factors associated with postharvest water loss in ripe pepper fruit during storage. Postharvest water loss rate in ripe pepper fruit stored at 20 °C, and 85% relative humidity, was found to be associated with cell membrane ion leakage, lipoxygenase activity, and total cuticular wax amount. Total cuticular wax amounts were highest in the high-water-loss pepper fruit, and lowest in the low-water-loss fruit. However, total cuticle amount (isolated enzymatically and quantified gravimetrically), total cutin monomer amount, and the amount of individual cutin monomer and wax constituents (determined using gas chromatography mass spectrometry) indicated no direct association with postharvest water loss rates. Fruit fresh weight, pericarp weight, pericarp surface area, pericarp thickness, initial water content, and dry matter were highly associated with each other, but less so with water loss rate. Fruit of accessions displaying high fruit water loss rate matured and ripened earlier than fruit of accessions displaying low-water-loss rate. Cell membrane ion leakage and lipoxygenase activity were higher after storage than immediately after harvest. Pepper fruit total cuticle wax amount, lipoxygenase activity, and cell membrane ion leakage were directly related to postharvest water loss rate in pepper fruit during storage.

The postharvest loss of water by many horticultural products used for the fresh market, such as fruit, vegetables, and cut flowers, causes a loss in the product’s fresh, firm, and glossy state, and a shortening of shelf-life, resulting in loss of economic value and income. Excessive water loss from eggplant (Solanum melongena L.) fruit, for example, causes softening, shriveling, loss of peel gloss, and calyx browning due to dehydration (Diaz-Perez, 1998). Lownds et al., (1993) observed that the loss in relative water content of pepper fruit increased linearly with storage time, and differed for each cultivar examined. Pepper fruit water loss rate was shown to correlate positively with initial water content and ratio of surface area to volume, but was negatively correlated with surface area. A direct relationship also existed between pepper fruit softening and water loss, since softening followed a pattern similar to water loss at each storage temperature (Lownds et al., 1994). In another study, water loss from pepper fruit in New Mexico resulted in loss of quality and limited fruit export to distant markets (Watada et al., 1987).

The lipoidal cuticle layer (composed primarily of waxes and cutin) covering the fruit surface, is thought to provide a major hydrophobic barrier to fruit water loss (Goodwin and Jenks, 2005). In studies of over 60 plant species, the maximum barrier properties of plant cuticles far exceed that of synthetic polymeric films of equal thickness (Riederer and Schreiber, 2001). However, the water permeability of fruit cuticles has not been correlated to the thickness of the cuticle or to the total wax amount. For example, Vega et al. (1991) found no relationship between cuticle structural features and weight loss of blueberry (Vaccinium corymbosum L.) fruit during storage. Notwithstanding, other studies provide evidence that certain characteristics of cuticular lipids play a major role in regulating postharvest water loss (Banaras et al., 1988; El-Otmani and Coggins, 1985; Lownds et al., 1993; Maaleku et al., 2003) via their interactions with polar diffusion pathways in the cutin framework of the cuticle membrane, and via their role in forming impermeable crystalline regions that resist water flux through the cuticle (Baur et al., 1999; Goodwin and Jenks, 2005).

Coulpeled with the wilting and dehydration of horticultural produce during storage, deterioration of plant tissues is also of importance to food and horticultural scientists. Evidence gathered...
to date supports membrane damage as the key event leading to a cascade of biochemical reactions culminating in tissue deterioration and economic loss. Biophysical changes in membrane lipids and enzymatic and nonenzymatic lipid peroxidation led to altered membrane properties and resulted in ion leakage and cellular decompartmentation (Lacan and Baccou, 1996; Marangoni et al., 1996). Water stress has also been associated with increased cell membrane ion leakage from plant products (Leopold et al., 1981). Lipoxygenase, among other enzymes that change membrane composition, has been implicated in membrane degradation during fruit ripening and senescence (Luo, 1994; Rogiers-Suzy et al., 1998). Lipoxygenase activity has been found to increase in tomato (Lycopersicon esculentum Mill.) fruit during ripening and senescence (Ealing, 1994) resulting in a decrease in product quality and commercial value (Minguez-Mosquera et al., 1994).

Based on these reports, fruit cuticle, cuticular wax, membrane ion leakage, and lipoxygenase enzyme activity are likely major determinants of postharvest water loss. To the best of our knowledge, these four parameters have not been directly compared for possible relationships to postharvest water loss rate in pepper fruit during storage. The goal of this study was to characterize possible relationships to postharvest water loss. To the best of our knowledge, the least mean square values were used to estimate correlation coefficient values between the parameters studied. The least mean square values were used to estimate correlation coefficient values between the parameters of interest.

**Materials and Methods**

**Plant Materials.** Ten pepper cultivar types (Table 1), selected from germplasm representing over 26 countries, and including pungent and nonpungent, and different fruit size types, were obtained from the Hebrew Univ., Plant Breeding and Genetics Laboratory. These were grown in a protected net house in the Arava Valley (southern Israel) under cool climatic conditions. The soil condition was well drained and sandy, and drip irrigation was used to apply water to plants. Cultural practices applied, such as land preparation, planting, and plant protection for the crop were as is the standard in this area. Facilities met the requirements for export production. The experimental design used was the randomized complete-block design. Ten plants from each cultivar type were transplanted to a plot in two blocks. Data was collected from six fruit per cultivar type in each block and a total of three harvests made in the season. To simulate normal harvest and storage, fruit of 75% to 80% red coloration were selected as the standard time point to harvest fruit for subsequent treatment and analysis. Experimental procedures applied at each harvest were the same. All data were subjected to statistical analysis using JMP statistical analysis software (SAS Institute, Cary, N.C.) (Sall et al., 2001). The Fit Model was used to estimate variance and multiple regression used to estimate correlation coefficient between parameters studied. The least mean square values were used to estimate correlation coefficient values between the parameters of interest.

**Water Loss Rate Parameters.** Water loss was measured from red ripe fruit stored for up to 5 d at 20 °C and 80% to 85% relative humidity (RH). Fruit water loss rate (WLR) was determined as fruit absolute water loss (AWL) in milligrams per fruit pericarp surface area (PSA) in square centimeters over time (H) in hours expressed as follows: WLR = AWL / PSA / H. Fruit water loss rate parameters of interest were the same. All data were subjected to statistical analysis using the method of Knowles et al. (2001) with some modifications. Briefly, 10 disks (14 mm diameter) per cultivar were incubated in 25-mL double-distilled deionized water at 3-, 6-, 12-, 30-, and 60-min intervals and conductivity measured and expressed as a percentage of total electrolyte. Total electrolyte was determined by freezing samples overnight after taking all readings (from 3 to 60 min). Samples were then thawed, boiled for 15 min, and conductivity measured. A radiometer conductometer (El-Hama Instruments, El-Hama, Israel) was used to measure membrane ion leakage.

**Lipoxygenase Assay.** Lipoxygenase activity was determined as described by Minguez-Mosquera et al. (1993) with some modifications. Pepper pericarp tissue (15 g) was homogenized in 30-mL ice-cold phosphate buffer (0.05 M, pH 7.0) for 1 min using a Turrax homogenizer (Kinematica, Luzern, Switzerland). The homogenate was centrifuged at 10,000 g for 15 min at 4 °C and filtered. The substrate was prepared by solubilizing 0.5 g linoleic acid (Sigma, Rehovot, Israel) with 0.5 g Tween 20 in deionized and deoxygenated water and final volume brought to 25 mL. Turbidity was cleared with few drops of 2 N NaOH. The crude extract (40 μL) was reacted with the substrate (20 μL) in a spectrophotometer cuvette containing 3 mL phosphate buffer 0.2 M, at pH 6.5 and the absorbance measured at 234 nm at 6-s intervals for 1 min using a recording spectrophotometer. The rate of formation of conjugated diene reaction products, measured as an increase in A234nm, was used to calculate specific enzyme activity per unit of time, defined as unit of activity (or moles of products formed) per milligram protein in 1 min.

**Wax Extraction.** Total hexane soluble cuticular waxes and total cuticle [cuticle membrane plus waxes (desiccator-dried)] were extracted and quantified for each of the 10 selected cultivars. More detailed analysis

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**Table 1.** Means of water loss rate (WLR), membrane ion leakage (EL), lipoxygenase activity (LOX), total cuticle amount determined gravimetrically (CU), and total cuticular wax amount determined determined gravimetrically (CW), of the fruit of 10 selected pepper cultivars after 5 d storage at 20 °C and 85% relative humidity.

| Cultivar | WLR (mg·cm⁻²·h⁻¹) | (%) total electrolyte | LOX (U·mg⁻¹·min⁻¹) | CU (mg·cm⁻²) | CW (μg·cm⁻²) |
|----------|--------------------|----------------------|---------------------|--------------|--------------|
| il-57    | 0.78 b             | 7.28 c               | 0.77 ab             | 1.74 bcd     | 3.14 bc      |
| il-58    | 0.70 bc            | 7.33 c               | 0.56 bc             | 2.65 b       | 3.49 bc      |
| il-60    | 0.67 bcd           | 7.18 c               | 0.57 bc             | 1.36 cd      | 3.64 bc      |
| il-78    | 0.54 d             | 5.89 d               | 0.45 c              | 1.64 bcd     | 5.82 abc     |
| il-80    | 1.27 a             | 9.71 ab              | 0.80 ab             | 1.07 d       | 8.47 a       |
| il-93    | 0.64 bcd           | 6.8 cd               | 0.75 b              | 2.34 b       | 5.36 abc     |
| il-100   | 1.16 a             | 8.72 b               | 0.79 ab             | 4.70 a       | 4.80 abc     |
| il-107   | 1.24 a             | 8.46 b               | 0.92a               | 1.39 cd      | 6.84 ab      |
| il-152   | 0.61 cd            | 6.91 cd              | 0.35 c              | 1.93 bc      | 3.37 bc      |
| il-153   | 0.62 cd            | 6.73 cd              | 0.62 b              | 2.33 b       | 4.77 abc     |

P value 0.0001 0.0001 0.0001 0.001 0.001

Values in columns not connected by the same letter are significantly different. P ≤ 0.01, according to Tukey–Kramer honestly significant difference.
of total wax classes and individual constituents, and total cutin monomers, were performed for four cultivars representing the high-, medium-, and low-water-loss lines from among the 10 selected cultivars. The cuticular waxes were extracted by rinsing whole fruit in hexane (GC grade) for 45 s, evaporating the hexane, and then quantified both gravimetrically and with a gas chromatography–mass spectrometry (GC–MS), with internal standards and multilevel calibration according to methods of Jenks et al. (1995, 2001).

**Cuticle analysis**. The methods of Norris and Bucovac (1968) and Xiao et al. (2004) were modified and used for total cuticle extraction and cutin monomer analysis, respectively. Briefly, cuticle membrane was isolated with a mixed pectinase 2.0% (w/v) and cellulase 0.1% (w/v) (i.e., 0.2 M acetate buffer plus 1100 and 525 units of pectinase and cellulase respectively) solution buffered at pH 3.8, refluxed with chloroform/methanol to remove soluble waxes, and the remaining cutin depolymerized for analysis by GC–MS. All cutin monomers were identified from electron impact mass spectroscopy of the methyl ester trimethylsilylation derivatives on the basis of published spectra (Eglinton and Hunneman, 1968; Holloway, 1982), retention indexes (Holloway, 1984), and retention times of the authentic standards hexadecanoic acid hexadecane-1,16-dioic acid, 16-hydroxy hexadecanoic acid, and octadecanoic acid.

**Results**

**Analysis of water loss rate**. The 10 pepper cultivar types used in this study (Table 1) were chosen to represent a wide variation in water loss rates, with all subsequent analyses being made using fruit at the 75% to 80% red ripe stage as a representative harvest standard. Selections were based on daily weight loss of these red ripe fruit over a period of time, and expressed as water loss rate relative to fruit surface area. Commercial waxes were used to coat, in various combinations, the pericarp, stalk, and calyx surfaces to reveal that most water loss from pepper fruit occurred through the pericarp surface, with very little to insignificant amounts of water loss occurring from the stalk or calyx (data not shown).

Besides these significant cutinester differences in mean water loss rate, statistically significant differences were also observed for membrane ion leakage, lipoxynenase activity, fruit cuticle weight, cutin amount, wax amount, and the proportional amounts of individual cutin monomers and wax constituents (Tables 1, 3, 4, 5).

There were significant differences between harvests 1, 2, and 3 in red ripe fruit water loss rate 5 d after storage, however, the low- and high-water-loss cultivars retained their water loss relationships to one another. On average, fruit of harvest 1 lost more water (0.84 mg·cm⁻²·h⁻¹) than that of harvest 2 (0.82 mg·cm⁻²·h⁻¹) and harvest 3 (0.71 mg·cm⁻²·h⁻¹). Since differences between harvests were relatively minor, and cutin varieties generally remained the same, more detailed analyses are presented for total wax classes and constituents and cutin monomers of fruit from the first harvest only.

The fruit (75% to 80% red ripe) of ‘il-80’ and ‘il-107’ after 5 d storage had the highest water loss rate (1.27 and 1.24 mg·cm⁻²·h⁻¹), while ‘il-78’ and ‘il-152’ had the lowest water loss rates (0.54 and 0.61 mg·cm⁻²·h⁻¹) (Table 1). Analysis of variance indicated significant interaction effect on water loss rate between cutin types and harvest (P≤0.001). Interestingly, fruit from high-water-loss cultivars il-80 and il-107 ripened earlier than other cultivars by 3 weeks and 2 weeks respectively, while low-water-loss fruit from ‘il-78’ and ‘il-152’ were the last to reach the red ripe stage (up to 2 weeks later than other cultivars).

**Membrane integrity and water loss**. Membrane ion leakage results indicated significant differences among cultivars. Cultivars il-80, il-100, and il-107 recorded the highest ion leakage values (9.71%, 8.72%, and 8.46% of total electrolytes, respectively); while cultivars il-78, il-93, il-153, and il-152 recorded the lowest ion leakage (5.89%, 6.8%, 6.73%, and 6.91% of total electrolytes, respectively) (Table 1). There existed a strong association (0.95) between water loss rate and membrane ion leakage (Table 2).

**Trend of lipoxygenase activity**. Lipoxygenase activity followed a pattern similar to that of water loss rate and membrane ion leakage (Table 1). Cultivars il-107, il-80, il-100, and il-57 had high lipoxygenase activity (0.92, 0.80, 0.79, and 0.77 U·mg⁻¹·min⁻¹, respectively); while cultivars il-152, il-78, il-58, and il-60 showed low activity (0.35, 0.45, 0.56, and 0.57 U·mg⁻¹·min⁻¹, respectively). Lipoxygenase activity was positively associated with water loss rate (0.78) and cell membrane ion leakage (0.68) (Table 2). Cell membrane ion leakage and lipoxygenase activity measured immediately after harvest was much lower than after storage (data not shown).

**Cuticle properties and water loss rate relationship**. There were variations among pepper cultivars in fruit cuticle lipid (wax and cutin) amounts and composition (Tables 1, 3, 4, 5). Cutan, a nondecomposable component in the cuticle membranes of many species, was also present as a very minor component in pepper fruit cuticles (data not shown). Due to its low abundance, it was not examined further in this study. Cultivars il-80 and il-107 that had the highest water loss rates, had the lowest total cuticle amounts per area (1.1 and 1.4 mg·cm⁻², respectively), whereas cultivars il-78 and il-152 that had the lowest water loss rates, had much higher cuticle amounts (1.6 and 1.9 mg·cm⁻², respectively) (Table 1). The highest cuticle amounts were recorded for ‘il-100’ (4.7 mg·cm⁻²) and ‘il-58’ (2.7 mg·cm⁻²), two lines showing quite rapid water loss (Table 1). From these observations, we can conclude that pepper fruit cuticle amount was not associated with water loss rate (0.1) (Table 2). Neither was cuticle amount associated with cell membrane ion leakage (0.09) or lipoxygenase activity (0.09) during storage (Table 2).

Analysis of pepper fruit cutin monomer constituents in four representative cultivars (which covered the high-, medium-, and low-water-loss groups of the 10 lines) indicated that 9(10),16-dihydroxy hexadecanoic acid was the major monomer in pepper fruit. This component in ‘il-58’ cutin was nearly twice as high as the same component in ‘il-60’ fruit, the next most cutin-rich pepper genotype (Table 3). Interestingly, however, ‘il-58’ was classified as a medium-water-loss-rate line, and as such, neither the total amount of cutin monomers nor their relative proportions could be shown in this study to have an association with variations in pepper fruit water loss rates (Table 3).

| Table 2. Correlation coefficient values between water loss rate (WLR), cellular membrane ion (electrolyte) leakage (EL), total cuticular wax amount determined gravimetrically (CW), total cuticle amount determined gravimetrically (CU), and lipoxygenase activity (LOX) of fruit of 10 pepper cultivars after 5 d storage at 20 °C and 85% relative humidity. |
|---|---|---|---|
| EL | CW | CU | LOX |
| WLR | 0.95 | 0.63 | 0.10 | 0.78 |
| EL | 0.56 | 0.09 | 0.68 |
| CW | –0.29 | 0.50 |
| CU | 0.09 |

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monomers were comparable to deviations of the total cutin monomers (data not shown).

| Cutin constituents | Cultivar | Water-loss-rate classification | Cutin amount (µg·cm⁻²) | SD |
|--------------------|----------|--------------------------------|-------------------------|----|
| Methyl m-coumaric acid | il-60 | Low | 12.8 | 36.8 | 4.7 |
| Hexadecanoic acid | il-78 | Low | 0.7 | 1.7 | 0.6 |
| 16-hydroxy hexadecanoic acid | il-58 | Medium | 11.6 | 32.5 | 5.5 |
| 16-hydroxy-9(10)-oxy hexadecanoic acid | il-80 | High | 6.8 | 20.5 | 3.8 |
| 9(10), 16-dihydroxy hexadecanoic acid | il-60 | Low | 312.2 | 618.2 | 247.4 |
| Hexadecane-1, 16-dioic acid | il-78 | Medium | 3.7 | 7.0 | 1.5 |
| (7)-hydroxy hexadecane-1,16-dioic acid | il-58 | High | 10.2 | 13.3 | 9.0 |
| Octadecanoic acid | il-80 | Low | 0.6 | 2.0 | 0.3 |
| 18-hydroxy octadecanoic acid | il-60 | High | 6.7 | 18.1 | 5.5 |
| 9(10), 18-dihydroxy octadecanoic acid | il-78 | Low | 10.5 | 31.5 | 11.0 |
| 9-epoxy-18-hydroxy octadecanoic acid plus 9, 12,18-trihydroxy octadecanoic acid | il-58 | Medium | 34.1 | 56.1 | 36.5 |
| 9-epoxy-18-hydroxy octadecanoic acid | il-80 | High | 58.9 | 104.4 | 50.0 |
| 9,10,18-trihydroxy octadecanoic acid | il-60 | Low | 8.3 | 14.4 | 7.1 |
| Total | il-78 | Medium | 475.0 | 955.2 | 384.8 |

* Cultivars for detailed cuticular lipid analysis were selected to represent a broad range in water loss rate classification based on Table 1.

Table 3. Total amounts of each cutin monomer of the pepper cuticle from four representative cultivars (‘il-60’, ‘il-78’, ‘il-58’, and ‘il-80’) after 5 d storage at 20 °C and 85% relative humidity. Isomers are shown in parentheses.

Table 4. Total amounts of pepper fruit cuticular wax classes on four pepper cultivars (‘il-60’, ‘il-78’, ‘il-58’, and ‘il-80’) determined using GC-MS after 5 d storage at 20 °C and 85% relative humidity.

| Cultivar | Water-loss-rate classification | Wax amount (µg·cm⁻² ± SSD) |
|----------|--------------------------------|---------------------------|
| Acids | il-60 | Low | 0.18 ± 0.03 |
| iso-Alkanes | il-78 | Low | 0.19 ± 0.04 |
| n-Alkanes | il-58 | Medium | 0.87 ± 0.12 |
| Amyrins | il-80 | High | 0.24 ± 0.02 |
| Unknowns | il-60 | Low | 0.36 ± 0.06 |
| Totals | il-78 | Medium | 1.83 ± 0.24 |
| Total | il-58 | High | 2.38 ± 0.36 |
| Total | il-80 | Medium | 2.91 ± 0.35 |

* Cultivars for detailed cuticular lipid analysis were selected to represent a broad range in water loss rate classification based on Table 1.

Table 5. Total amount of cutin monomers from the pepper cuticle from four representative cultivars (‘il-60’, ‘il-78’, ‘il-58’, and ‘il-80’) after 5 d storage at 20 °C and 85% relative humidity. Isomers are shown in parentheses.

Table 6. Standard deviations for total amount of cutin monomers on ‘il-60’, ‘il-78’, ‘il-58’, and ‘il-80’ after 5 d storage at 20 °C and 85% relative humidity.

Discussion

Compared to most fruit, fruit of pepper are very susceptible to injury by postharvest water loss. This may be because pepper is a hollow fruit and has limited ability to store large volumes of water for long periods. Fruit water loss can cause severe desiccation, a condition that often results in a complete loss, such as when the produce is no longer saleable (Robinson et al., 1975). Maalekui et al. (2004) reported that the effect of weight loss in commercial pepper cultivars is damage to fruit appearance and subsequent loss of fruit market value. Similar to our results presented here, studies by Maalekui et al. (2004) showed strong correlations between weight (water) loss rates and both general fruit appearance (–0.69) and fruit firmness (0.93), and significant interactions among cultivar types and harvest dates on fruit water loss, firmness, and appearance. Besides more rapid loss of fruit quality, we observed that pepper fruit with high-water-loss rates generally ripened earlier than those with low water loss, another potentially unfavorable aspect of rapid water loss as it relates to fruit shelf life. Akkaravessapong et al. (1996) found that higher rates of postharvest water loss in...
Table 5. Total amounts of pepper fruit wax constituents from four pepper cultivars (‘il-60’, ‘il-78’, ‘il-58’, and ‘il-80’) determined using GC–MS after 5 d storage at 20 °C and 85% relative humidity.

| Cultivar | il-60 | il-78 | il-58 | il-80 |
|----------|-------|-------|-------|-------|
| Acids, CL | Total wax amount (μg·cm⁻²) | | | |
| 16 | 0.03 | 0.03 | 0.04 | 0.05 |
| 18 | 0.03 | 0.04 | 0.04 | 0.07 |
| 20 | 0.01 | 0.02 | 0.02 | 0.05 |
| 22 | 0.01 | 0.01 | 0.02 | 0.04 |
| 24 | 0.03 | 0.03 | 0.03 | 0.05 |
| 26 | 0.04 | 0.03 | 0.05 | 0.07 |
| 28 | 0.03 | 0.02 | 0.04 | 0.04 |

iso-Alkanes
- iso 27: 0.02, 0.03, 0.04, 0.06
- iso 29: 0.06, 0.06, 0.08, 0.07
- iso 31: 0.07, 0.06, 0.10, 0.10
- iso 33: 0.03, 0.04, 0.05, 0.06

n-Alkanes
- 23: 0.01, 0.02, 0.01, 0.02
- 24: 0.00, 0.00, 0.00, 0.00
- 26: 0.01, 0.02, 0.04, 0.06
- 27: 0.09, 0.10, 0.15, 0.13
- 28: 0.02, 0.02, 0.05, 0.08
- 29: 0.19, 0.25, 0.28, 0.24
- 30: 0.03, 0.03, 0.07, 0.08
- 31: 0.43, 0.30, 0.59, 0.45
- 32: 0.02, 0.03, 0.06, 0.08
- 33: 0.08, 0.06, 0.14, 0.12

Amyrins
- β: 0.10, 0.15, 0.11, 0.14
- α: 0.13, 0.18, 0.11, 0.10

Unknowns: 0.36, 0.81, 0.80, 1.29

Standard deviations for individual constituents (data not shown) were comparable to the associated wax class values from Table 4. CL is the carbon chain length in each wax constituent, except that C₂₇ iso-alkanes are 2-methyl C₂₆, C₂₈ iso-alkanes are 2-methyl C₂₇, C₃₀ iso-alkanes are 2-methyl C₂₉, and C₃₃ iso-alkanes are 2-methyl C₃₂ branched alkanes.

Table 6. Means of fruit fresh weight (FFW), pericarp weight (PW), pericarp surface area (PSA), fruit pericarp thickness (PT), initial water content (IWC), and dry matter content (DM) of 10 selected pepper cultivars after 5 d storage at 20 °C and 85% relative humidity.

| Cultivar | FFW (g) | PW (g) | PSA (cm²) | PT (cm) | IWC (g) | DM (% fresh disk wt) |
|----------|---------|--------|-----------|---------|---------|----------------------|
| il-57    | 164.49 b | 127.34 b | 0.78 b | 0.48 abc | 111.45 b | 12.4 cd |
| il-58    | 61.02 e  | 42.66 f  | 0.70 bc | 0.27 f  | 36.15 f  | 15.2 a  |
| il-60    | 173.69 c | 139.87 b | 0.67 bcd | 0.53 a  | 124.07 b  | 11.2 c  |
| il-78    | 37.45 f  | 24.56 g  | 0.54 d  | 0.25 f  | 21.72 g  | 11.4 e  |
| il-80    | 38.60 f  | 25.31 g  | 1.27 a  | 0.38 de | 21.87 g  | 13.5 b  |
| il-93    | 111.88 c | 88.07 b  | 0.64 bcd | 0.45 bc | 76.65 c  | 12.9 bc |
| il-100   | 79.53 d  | 50.80 e  | 1.16 a  | 0.43 cd | 43.17 e  | 15.0 a  |
| il-107   | 74.94 d  | 52.71 e  | 1.24 a  | 0.36 e  | 45.52 e  | 13.6 b  |
| il-152   | 242.33 a | 199.53 a | 0.61 cd | 0.51 ab | 176.27 a  | 11.5 de |
| il-153   | 83.17 d  | 62.48 d  | 0.62 cd | 0.35 e  | 53.92 d  | 13.6 b  |

P value: 0.0001, 0.0001, 0.0001, 0.0001, 0.0001, 0.0001

Table 7. Correlation coefficient values between water loss rate (WLR), fruit fresh weight (FFW), pericarp weight (PW), pericarp surface area (PSA), pericarp thickness (PT), initial water content (IWC), and dry matter content (DM) of 10 selected pepper cultivars after 5 d storage at 20 °C and 85% relative humidity.

| FFW | PW | PSA | PT | IWC | DM |
|-----|----|-----|----|-----|----|
| WLR | -0.41 | -0.41 | -0.52 | 0.01 | -0.41 | 0.51 |
| FFW | 0.99 | 0.97 | 0.82 | 0.99 | -0.55 |
| PW | 0.98 | 0.81 | 0.99 | -0.57 |
| PSA | 0.69 | 0.97 | -0.52 |
| PT | 0.81 | -0.39 |
| IWC | -0.58 |

avocado (Persea americana Mill.) fruit accelerated ripening, and altered the respiration rates in fruit. Selection and use of pepper cultivars (and other fruit) having naturally low fruit water loss rates, such as ‘il-78’ and ‘il-152’, could prolong shelf life.

The loss of cell membrane integrity is known to cause ion leakage and unrestricted movement of fluids within cellular compartments, and condition injurious to fruit. Gopalakrishna et al. (2001) found water stress caused more damage to sunflower (Helianthus annuus L.) leaf membranes than to groundnut (Arachis hypogaea L.) leaf membranes, and concluded that maintenance of membrane integrity under stress reflects broadly intrinsic tolerance. In a similar way, our results showed that membrane ion leakage varied within species, being high in pepper cultivars with high-water-loss rate (‘il-80’ and ‘il-107’ were 9.71% and 8.46%, respectively) and low in cultivars with low-water-loss rate (‘il-78’ and ‘il-152’ were 5.89% and 6.91%, respectively). These results suggest a strong association between membrane ion leakage and water loss rate in these pepper fruit, which is in agreement with the results of Walter et al. (1990) who found a relationship between increased weight loss and increased membrane ion leakage in cucumber (Cucumis sativus L.) fruit stored at 62% RH. Whether increased electrolyte leakage by stored fruit over time is due to the loss of membrane integrity associated with the breakdown of membrane structural components, such as the phospholipids, as suggested by studies of Ben-Yehoshua et al. (1983) and Lacan and Baccou (1996), requires further investigation.

Damage to cell membranes that increases ion leakage and water loss has been attributed, in part, to changes in lipoxygenase activity. Luo (1994) found that lipoxygenase activity in, and electrolyte leakage from, tomato fruit increased as ripening progressed. Gong-ChangRong et al. (2003) also reported a simultaneous increase in lipoxygenase activity and jasmonic acid content with increasing water loss in tobacco leaves. Similarly, we found high lipoxygenase activity in pepper cultivar il-107, ‘il-80’, and ‘il-100’, which exhibited high-water-loss rate, and low lipoxygenase activity in ‘il-78’ and ‘il-152’, which had low-water-loss rate. Furthermore, high positive correlation existed between water loss rate and both cell membrane ion leakage (0.95) and lipoxygenase activity (0.78) (Table 2), and also, cell membrane ion leakage correlated well with lipoxygenase activity (0.68). These findings reveal strong interrelationships among postharvest water loss, membrane ion leakage, and lipoxygenase activity in pepper fruit. Cell membrane changes leading to cell death are induced, in part, by both lipoxygenases and the reactive oxygen species that increase as fruit ripen (with the effectiveness of protective enzymes also being diminished as fruit age) (Panavas and Rubinstein, 1998; Rogiers-Suzy et al., 1998). Lipoxygenases themselves catalyze the oxygenation of polyunsaturated fatty acids.
acids bearing cis, cis-1,4 pentadiene structures, leading to the production of fatty acid hydroperoxides and free radicals that can damage membranes, proteins, and DNA (Siedow, 1991), and ultimately reduce fruit quality and commercial value during storage (Minguez-Mosquera, 1994). Lipoxynagenase disruption of cell membranes, which separate cell components, could also result in mixing of cell contents leading to further injury. As such, cultivars with short fruit shelf life, such as ‘il-80’ and ‘il-107’, may hasten their own deterioration during storage via more rapid elevation in lipoxynagenase activity following harvest.

The pepper cuticle is composed primarily of two kinds of lipid, wax and cutin, but also contains polysaccharides and other minor components. Although the cuticle is assumed to provide a hydrophobic barrier to water loss, the cultivar il-100 had a relatively high-water-loss rate (third highest) even though it had the highest total cuticle amount (Table 1). Moctezuma et al. (2003) reported that tomato fruit with antisense suppression of beta-galactosidase gene (TBG6) had a much thicker cuticle and was very prone to fruit surface cracking. Likewise, the ‘il-100’ fruit surface with a heavy cuticle was also prone to cracking, which in this case may explain its relatively high-water-loss rate. No visible cracks were observed in other cultivars examined. Besides this observation, our data indicated no association between whole cuticle amount and water loss rate, membrane ion leakage, or lipoxynagenase activity in pepper fruit (Table 2). Notwithstanding, previous reports are unclear about the role that variations in total cuticle amount and/or cuticle membrane thickness play in water loss by fruit. For example, Vega et al. (1991) found no relationship between cuticle structural features and weight loss by blueberry fruit during storage, whereas peach [Prunus persica (L.) Batsch.] fruit with thinner cuticles lost water more rapidly than fruit with thicker cuticles (Crisosto et al., 1994). When we examined the proportions of cutin monomers, their values for the representative cultivars il-60 and il-78 (low-water-loss rate), il-58 (medium-water-loss rate), and il-80 (high-water-loss rate) were similar, even though ‘il-58’ had a greater amount of all cutin monomers. The high cutin amount for ‘il-58’ likely explains, at least in part, the high total cuticle amounts recorded for ‘il-58’. However, since cutin monomers were examined for a limited number of pepper genotypes (four out of 10), it is possible that additional cutin studies on larger populations of genetically diverse peppers could yet reveal important relationships.

The higher wax amounts for the gravimetric than GC–MS based methods may be explained by the fact that the GC–MS technique only allows for the quantification of the most nonpolar constituents (Tables 1 and 4). The cuticular wax composition of pepper fruit resembled that of tomato fruit waxes (Vogg et al., 2004), with n-alkanes being the major aliphatic constituents, amyrins being the major aromatic, and the C18 alkane the predominant individual constituent. Significant deposits of methyl-branched alkanes were also present on pepper, similar as tomato fruit. Pepper cuticular wax amount determined gravimetrically in this report was associated with water loss rate (0.63), cell membrane ion leakage (0.56), and lipoxynagenase activity (0.50). Our results with pepper are in general agreement with Ristic and Jenks (2002), who indicated that a maize (Zeaa mays L.) line with the highest water loss rate also had the highest wax amounts. In contrast, our results are at variance with previous studies indicating that low postharvest water loss by various pepper fruit was associated with high wax amount (Banaras et al., 1988; Lownds et al., 1993; Maalekuu et al., 2003). Since most waxes are quite hydrophobic, and also assumed to function as a water barrier, it is still unclear why heavier wax loads are not always associated with lower water loss rates in fruit and other plant organs, such as was demonstrated by our study of pepper fruit.

Cultivar il-80 had 2.4-fold more total wax when quantified using gravimetric than GC-MS based methods. A possible explanation is that fruit of ‘il-80’ possessed greater amounts of non-GC quantifiable components in its waxes than other lines (like more polar compounds, too low or high volatility lipids, etc.). Increased polar constituents in ‘il-80’ fruit cuticles could provide one explanation for the higher water loss rates by ‘il-80’ fruit since previous studies have predicted that more polar constituents embedded in the cuticle could increase its permeability to water (Goodwin and Jenks, 2005). More detailed studies of the polar cuticle components in these pepper cultivars could shed additional light on this subject.

Even though our results for this pepper study reveal no clear association between specific wax or cutin constituents and pepper fruit water loss (except the counterintuitive observation that greater total wax amounts are associated with higher water loss rates), the role of cuticle lipids as a major influence on water loss from these fruit should not be disregarded. Instead, the exact wax and cutin characteristics described here may not be the critical factors controlling cuticle permeability. Other changes in the physico-chemical properties of the waxes found in the diffusion pathways of the cuticle membrane, in particular the molecular orientation of the waxes and their relative density of packing (Goodwin and Jenks, 2005; Riederer and Schreiber, 2001), could account for differences in water loss we observed. Further studies using combinations of more advanced physical methods like nuclear magnetic resonance spectroscopy, fourier transform infrared spectroscopy, and differential scanning calorimetry may be needed to elucidate the cuticle properties that determine cuticle permeability.

Fruit physical properties, such as fruit fresh weight, pericarp weight, pericarp surface area, pericarp thickness, initial water content, and dry matter content, were highly associated with each other, and varied significantly between pepper cultivars. All of these factors, except for pericarp thickness, were also associated with fruit water loss rate. Lownds et al. (1993, 1994) reported similar findings for these fruit parameters in other genotypes of pepper. As a comparison, Della-Justina et al. (1998) reported that the rate of water loss from the fruit of okra [Abelmoschus esculentus (L.) Moench.] was inversely proportional to fruit size. They noted that after 5 d storage, fresh weight loss was 75% greater in 6- to 9-cm-long fruit than in 12- to 15-cm-long fruit. These findings are in full agreement with our results for pepper.

In summary, postharvest water loss rate in red ripe pepper fruit in storage at 20 °C and 85% RH was closely associated with cultivar, cell membrane ion leakage, lipoxynagenase activity, and cuticular wax amount. Cultivars displaying a low-water-loss rate had low membrane ion leakage, lipoxynagenase activity, and matured and ripened later, than lines with a high-water-loss rate. In comparison, total cuticle amount, cutin monomer amount, and cutin monomer composition showed no association with water loss rate. Fruit fresh weight, pericarp weight, pericarp surface area, pericarp thickness, initial water content, and dry matter content were all highly associated with each other, and all but pericarp thickness showed moderate association with rates of fruit water loss. Our identification and description of specific factors associated with postharvest water loss in pepper fruit, such as cell membrane ion leakage, lipoxynagenase activity, and cuticular wax amount, provides new insight into factors control-
ling fruit water loss after harvest. This new understanding about fruit water loss lays important groundwork that will assist future research seeking to improve handling of commercial produce, specifically as it relates to the manipulation of factors affecting shelf life in pepper fruit.

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