Adsorptive Removal of Arsenic by Synthetic Iron-loaded Goethite: Isotherms, Kinetics, and Mechanism

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Adsorptive removal of arsenic by synthetic iron-loaded goethite: isotherms, kinetics, and mechanism

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Abstract
Arsenic contamination in the groundwater is a worldwide concern. Therefore, this study was designed to use synthetic iron-loaded goethite to remove arsenic. Adsorption was significantly pH-dependent; hence, pH values between 5.0 and 7.0 resulted in the highest removal of arsenate and arsenite. Langmuir and Freundlich isotherms were almost perfectly matched in terms of strong positive coefficient of determination “R2” arsenate – 0.941 and 0.992 and arsenite – 0.945 and 0.993. The adsorption intensity “n” resulted as arsenate – 2.542 and arsenite – 2.707; besides separation factor “Rli” found as arsenate – 0.1 and arsenite – 0.5, respectively. However, both “n” and “Rli” leads to a favourable adsorption process. Temkin isotherm yielded in equal binding energies “bt” showing as 0.004 (J/μg) for both arsenate and arsenite. Jovanovic monolayers isotherm was dominated by the Langmuir isotherm. This resulting in maximum adsorption capacity “Qmax” of arsenate – 1369.877 and arsenite – 1276.742 (μg/g), which approaches to the saturated binding sites. Kinetic data revealed that adsorption equilibrium was achieved in 240 – arsenate and 360 – arsenite (minutes), respectively. Chemisorption was found effective with high “R2” values 0.981 – arsenate and 0.994 – arsenite, respectively, with the best fitting of pseudo-second order. Moreover, Brunauer Emmett Teller (BET), Scanning Electron Microscopy (SEM), X-ray diffraction (XRD), and Fourier Transform Infrared Spectroscopy (FTIR) were used to determine the morphological content, surface area, crystalline structure, and chemical characteristics of the adsorbent. It is anticipated that optimal arsenic removal was achieved by the porosity, chemical bindings, and surface binding sites of the adsorbent.

Keywords Arsenic; Adsorption; Goethite; Isotherm; Kinetics
Introduction

Arsenic is a well-known carcinogenic agent found in water bodies worldwide, which may cause severe human health complications (Choong et al. 2007; Jat Baloch et al. 2021; Shabani et al. 2019). Long-term arsenic exposure may result in various health problems, including cancer (kidney, skin, and lungs), skin discolouration, reproductive system failure, and high blood pressure (Siddiqui and Chaudhry 2017; Thanawatpoonta wee et al. 2016). World Health Organization (2011) has prescribed a 10 μg/L permissible limit of arsenic in the drinking water. Fendorf and Hoque reported that arsenic level in the groundwater in China, Bangladesh, America, Chile, Argentina, Mexico, and India varies from 1 to 73.6 mg/L. (Fendorf et al. 2010; Hoque et al. 2017; Jat Baloch et al. 2021). Groundwater pollution results through different modes of contaminants transportation to the aquifer systems. These modes include natural sources such as volcanic emissions, geochemical reactions, and weathering of rocks, respectively (Abbou et al. 2021; Baloch et al. 2020; Muehe and Kappler 2014; Postma et al. 2017). Thus, human activities, including petroleum refining, smelting, fertilisers, pesticides, and the glass industry, result in arsenic and other heavy metals (Anirudhan and Unnithan 2007; Muehe and Kappler 2014; Talpur et al. 2020).

Moreover, arsenic oxidation states –3, 0, +3, and +5 often detected in the groundwater are typically organic and inorganic speciation forms (Pokhrel and Viraraghavan 2006). Arsenate and arsenite are inorganic groundwater pollutants, and both are highly pH and redox-dependent. (Singh et al. 2015). However, pH plays a key role; between pH 3 and 9, arsenate species exist as H$_2$AsO$_4^-$ and HAsO$_2^-$, whereas arsenite exists as H$_3$AsO$_3$ in a neutral state (Nemade et al. 2009). Arsenate adsorption on solid surfaces is more frequent than the adsorption of arsenite (Ghurye et al. 2004; Leupin and Hug 2005). In a similar vein, this research is based on a selective and efficient treatment approach of adsorption technique for the removal of arsenate and arsenite in the interest of the human being.

Treatment of arsenic-contaminated groundwater is extremely important in order to provide safe drinking water. However, the available range of arsenic removal techniques such as adsorption, biological treatment, precipitation, coagulation, ion exchange, ozone oxidation, and membrane filtration (Alam et al. 2018; Asere et al. 2017; Choong et al. 2007; Ciğeroğlu 2021; Jacobson and Fan 2019; Lin et al. 2017; Liu et al. 2019; Ozola et al. 2019; Shafaghat et al. 2021). The adsorption technique is a convenient method among all other methods due to its low investment cost, high removal rate, and ease of operation for removing inorganic contaminants such as arsenic. (Ngo et al. 2015). Clay materials such as montmorillonite, illite, and kaolinite have also been used as adsorption agents, respectively (Abbasi et al. 2020; Goldberg 2002; Jemima et al. 2019; Zhao et al. 2021). Activated carbon can also remove arsenic, but its efficacy is insufficient to bring the water under the safe drinking level. Thus, activated alumina, granular ferric hydroxides, zirconium oxide, and bauxol have been used to remove arsenic in previous studies (Altundoğan et al. 2002; Mondal et al. 2013). In addition, magnetite, hematite, and siderite are naturally occurring iron-containing materials and have also been suggested as efficient adsorbents for heavy metal removal (Jönsson and Sherman 2008; Luther et al. 2012). Pham and Wu reported that iron-containing materials such as iron oxides and hydroxides found highly effective adsorbents for removing arsenic from the groundwater (Pham et al. 2020; Wu et al. 2011; Zhang et al. 2003).
According to the above literature, iron-containing materials responded with high arsenic removal efficacy from the contaminated groundwater. Thus, the objective of this research study was to use synthesised iron-loaded materials named “goethite” with prepared stock solutions to remove arsenate and arsenite. Additionally, isotherm and kinetic fitting were applied with different material characterisations to interpret the adsorption strength of goethite and arsenic removal efficiency.

Material and methods

Chemicals

Macklin China sodium hydroxide NaOH, wet ammonia (NH₃), and hydrochloric acid (HCl) used in this experiment. Additionally, Sigma-Aldrich China supplied the ferrous sulfate FeSO₄·7H₂O, ethanol C₂H₅OH and sodium arsenate Na₃AsO₄. Furthermore, the solutions were prepared using ultra-pure water (resistance > 18.3 MΩ cm) Millipore.

Adsorbent synthesis

The material synthesis was carried out as follows: 120 ml (12.5% wt ammonia solution was added to 250 ml clean water constant volume with concentrated ammonia water (mass fraction 25–28%). Then, 250 ml of 0.9 mol/L FeSO₄·7H₂O solution was made; about 300 ml of sterile water was heated for several minutes and chilled to deoxygenate, weighing 62.5523 g of (FeSO₄·7H₂O) that was dissolved in clean deoxygenated water to a volume of 250 ml. Then, 250 mL (0.9) mol/L (FeSO₄·H₂O) solution was added to the 500 mL beaker; shaking was used to convert 12.5 percent ammonia water into a ferrous sulphate solution until the slurry pH reached 8.0. Following that, the reactant was passed through 0.45 m filtration and rinsed three times with clean water; it was then placed in a beaker and poured into 100 ml ethanol for magnetic stirring and precipitation dispersal. The dispersed solution was centrifuged for 10 minutes at 5000 rpm in a 50 ml centrifuge tube. The discarded supernatant was then collected and precipitated into the beaker; it was then dried at 80 ℃ for 24 hours and sieved to get particles ranging in size from 30 to 100 μm.

Batch adsorption experiment

Adsorbent that has been pre-weighed 50 g/L was suspended in a 50 ml solution of arsenate and arsenite at starting concentrations of (50, 200, 500, 1000, and 2000) g/L, with influencing parameters including time 24 h, dose 50 mg, pH as prepared solution, agitation 180 rpm, and temperature 25 ℃, until equilibrium was achieved. Similarly, at (5, 10, 20, 30, 60, 120, 240, 360, 480, 960, and 1440) minutes, the impact of contact time was seen. Furthermore, the pH impact was determined at pH values of 3, 5, 7, 9, and 11, which were changed with HCl and NaOH using a pH metre. Finally, suspensions were centrifuged and filtered through 0.45 mm filter to determine adsorption rate using Atomic Fluorescence Spectrometry (AFS).

The amount of material adsorbed (Qₑ) was determined using (Equation 1), and the adsorption efficiency was computed using (Equation 2).

\[
Qₑ = \frac{(Qₒ-Cₑ).V}{m} \tag{1}
\]

\[
P = \frac{(Qₒ-Cₑ).100}{Cₒ} \tag{2}
\]
The equation parameters \((C_0\) and \(C_e\)) g/L denote the starting and equilibrium concentrations, respectively; hence, \(V\) (L) and \(W\) (g) denote the volume of solution and adsorbent weight, respectively. Langmuir, Freundlich, Temkin, and Jovanovic monolayer models were used to analyse the adsorption isotherms. Additionally, the Pseudo-first and Pseudo-second-order models yielded the kinetic parameters. Nonlinear regression was used to understand the isotherm and kinetic models, respectively.

**Material analysis**

Material morphology and microstructure were determined using scanning electron microscopy (HITACHI SU8010). In order to identify, the crystalline composition, surface area, chemical properties and functional groups of the adsorbent material were determined using X-ray Diffraction analyser – Bruke D8 Advance (XRD), Brunauer Emmet Teller – Micromeritics TriStar 3000 instrument USA (BET), and Fourier Transform Infrared Spectroscopy – Thermo Nicolet 6700 (FTIR).

**Results and Discussions**

**Adsorbent physicochemical characteristics**

The surface characteristics of the adsorbent were assessed by the Brauer Emmett Teller (BET) technique of nitrogen thermal adsorption-desorption. Physical characteristics resulted as surface area – 15.9 m²/g, pore volume – 0.0732 cm³/g, and pore size – 192.8 nm.

The pre and post adsorption XRD patterns are presented in (Figure 1); most of the peaks were steady and sharp, both before and after adsorption. However, it can be seen; the peaks at \(2θ = 16.3^\circ, 20^\circ\) and \(22.3^\circ\) were found only before adsorption, indicating that the adsorbate is effectively bound to the adsorbent. The diffraction profile of the nanostructured adsorbent reveals a solid crystallinity indexed as goethite with an orthorhombic structure (pbnm reference 01-081-0464).

Scanning Electron Microscopy (SEM) revealed the morphological setup of pre-post adsorption (Figure 2–a, b). The adsorbent particles are acicular, rod-shaped, and have dense pores and micropores on their surfaces. There was no discernible difference in the geometric forms of the particles before and after adsorption, respectively.

The Fourier Transformation Infrared Spectroscopy (FTIR) analysed the functional groups can be seen in (Figure 3). The broad-band at 3410 cm⁻¹ and 1,620, 1422 cm⁻¹ attributed to O–H stretching vibration in water complexed and free molecules, respectively (Mikhaylova et al. 2006). Besides, peaks at 1123, 1072, and 1005 cm⁻¹ were assigned to the surface hydroxyl groups (Zhang and Peak 2007; Zhang et al. 2005). Additionally, 794 and 890 cm⁻¹ bands correspond to the stretching frequencies of As–O bonds of H₂AsO₄⁻ and H₃AsO₃ groups (Lakshmipathiraj et al. 2006). A band at 613 cm⁻¹ indicates a previously documented symmetric stretching of Fe–O (Joshi et al. 2019). The spectrum data from iron-loaded goethite provide evidence of the formation of inner-sphere complexes, electrostatic surface complexation, and ion exchange. (Joshi et al. 2019; Pham et al. 2020).

**Isotherm study**

Isotherm models were applied to determine the adsorption controlling mechanism and maximal adsorption capacity(Qin et al. 2020). Therefore, batch adsorption isotherms were used to determine the equilibrium capacity
between the amount of adsorbate in solution and the quantity of adsorbate that adsorbed “Qe” (g/g), at the constant temperature, “Ce” (g/L). Significant differences were observed in removing arsenate and arsenite by goethite, as shown in (Figure 4–a). According to the experimental findings, lower starting concentrations (50, 200, and 500) μg/L were shown more efficient in the adsorption process. However, the adsorption potential decreased by increasing initial concentrations; following that, the competition for solid adsorption sites increased, and the adsorption process gradually decelerated (Roy et al. 2013). Finally, 500 μg/L – arsenate and 200 μg/L – arsenite were selected for the optimised values and maintained throughout the experiment.

The Langmuir isotherm (Equation 3) implies monolayer adsorption on a homogeneous surface with finite adsorption sites without intermolecular interaction.(Qin et al. 2020; Zhang et al. 2003).

\[ Q_e = \frac{Q_{max}. K_L. C_e}{1 + K_L. C_e} \]  

(3)

This model explains the adsorption equilibrium to arsenate and arsenite (Figure 4–b, c) on goethite with high R² values (Table 1). That implies the behaviour of adsorbate on adsorbent by showing maximum adsorption capacity “Qmax”, which resulted in 1369.877 (μg/g) for arsenate and 1276.742 (μg/g) for arsenite. This is comparable to the other materials removal capacities reported in previous studies and shown in (Table 2).

The separation factor “RL” of the Langmuir nonlinear isotherm is a dimensionless equilibrium parameter shown in (Equation 4) (Baraka et al. 2012). RL can be used to determine whether adsorption is irreversible – RL = 0, favorable – RL < 1, or unfavourable – RL > 1. This study showed RL values such as 0.1 for arsenate and 0.5 for arsenite, indicating the favourable adsorption process.

\[ R_L = \frac{1}{1 + K_L. C_0} \]  

(4)

The Freundlich isotherm (Equation 5) describes the adsorption process in which the adsorbed molecules in the multilayer distribution of the adsorbent interact with the heterogeneous adsorbent surface (Maji et al. 2008).

\[ Q_e = K_F. C_e^{1/n} \]  

(5)

The adsorption capacity is represented by the Freundlich constant “Kf” (μg/g), which is associated with temperature and physical and chemical properties. Thus, the exponent “n” denotes a change in the adsorption intensity; also, the value of “n” indicates whether a favourable – n > 1 or unfavourable – n < 1, adsorption process (Pham et al. 2020). (Table 1) and graphical depiction of (Figure 4–b, c) shows the isotherm parameters. The favourable adsorption has been observed and indicates significant positive coefficients of determination “R²” 0.942 for arsenate and 0.957 for arsenite. Besides, up to the mark adsorption intensity, “n” was also observed as 2.542 of arsenate and 2.707 of arsenite, respectively.

Temkin isotherm (Figure 4–b, c) is applied to calculate the heat of molecules during adsorption (Equation 6), which decreases due to the interaction of adsorbate and adsorbent.

\[ Q_e = \frac{RT}{b_t} ln K_T. C_e \]  

(6)

Whereas “Kf” (μg/g) denotes isotherm constant, which refers to the observed binding energy, “b,” indicates heat of the adsorption. Moreover, “T” is the temperature (°C), and “R” signifies the gas constant (Table 1).
The Jovanovic monolayer isotherm (Equation 7) is applied to compare the maximum adsorption efficiency of the monolayer. That formed by the adsorbate on the adsorbent’s homogeneous surface sets up with corresponding properties and fixed adsorption sites. Moreover, the respective parameters resulted as maximum adsorption capacity “Q_m” 1080.454 of arsenate and 837.394 of arsenite (μg/g), and K_J is the isotherm constant shown in (Table 1).

\[ Q_e = Q_m (1 - \exp(-K_J C_e)) \]  

(7)

Whereas results revealed that this isotherm is not approaching the maximum saturation sites (Figure 4–b, c). Besides, the Langmuir isotherm resulted in high “Q_{max}” values, showing strong adsorption by approaching the maximum binding sites of adsorbents.

**Kinetic study**

Adsorption kinetic provides information about the remove mechanism, pathways, and the rate of adsorption (Qin et al. 2020). The two-stage adsorption kinetics of arsenate and arsenite in fast and slow removal rate can be seen in (Figure 5–a). This demonstrates that arsenic adsorption by goethite followed a steep trend line, indicating a fast rate of adsorption. The equilibrium reached in 240 minutes (4 h) with 90% removal of arsenate and in 360 minutes (6 h) with 81% removal of arsenite removal. Additionally, the experiment was extended up to 24 hours, but no change was observed after reaching above mentioned equilibrium. Roy proposed that the surface of adsorbate and adsorbent repel each other during the first 120 to 240 minutes. This results in electrostatic repulsion of ions against the active binding sites, which progressively slowed down the adsorption process for arsenate and arsenite in the last 240 and 360 minutes (Roy et al. 2013).

The kinetic model helps in understanding the adsorption process, the determination of contact time for adsorption, and the estimate of reaction coefficients. Therefore, pseudo-first-order (Equation 8) and the pseudo-second-order (Equation 9) were applied to examine the physicochemical processes (Figure 5–b), respectively.

\[ \frac{dQ_t}{dt} = K_1 (Q_e - Q_t) \]  

(8)

\[ \frac{dQ_t}{dt} = K_2 (Q_e - Q_t)^2 \]  

(9)

Whereas Q_t and Q_e denote the equilibrium time (t-minutes) and adsorption capacity (μg/g), respectively. While K_1 (min^{-1}) and K_2 (g/μg.min) are reactions rate constant; moreover, kinetic parameters are resulted in (Table 3).

Furthermore, adsorption was strongly followed pseudo-second-order. This resulted in the high coefficient of determination “R^2” of arsenate and arsenite and showed most of the adsorption was achieved by the chemosorption.

**Factors affecting and the state of adsorption**

The batch experiment was performed in the pH range of 3 to 11; however, pH (5 and 7) resulted in maximum removal of arsenate and arsenite. This study shows that increasing the pH from acidic to neutral results in efficient adsorption. Whereas the basic pH was found ineffective, this might occur due to the change in the contaminant’s structure and surface charge of the adsorbent. Alam reported that the lower pH is more favourable for the adsorption of anionic speciation forms than higher pH due to more H^+ ions at lower pH and -OH ions at higher pH (Alam et al. 2018). Moreover, ions affinity and arsenic speciation could play an important role in the ion–exchange of arsenate and
arsenite for effective adsorption. However, typical reactions in the natural system can see in (Equation 10, 11, 12, 13, 14, and 15) (Rout et al. 2015).

**[Arsenate dissociation]**

\[
\begin{align*}
H_3\text{AsO}_4 & \rightarrow H_2\text{AsO}_4^- + H^+ \\
H_2\text{AsO}_4^- & \rightarrow H\text{AsO}_4^{2-} + H^+ \\
H\text{AsO}_4^{2-} & \rightarrow \text{AsO}_4^{3-} + H^+
\end{align*}
\] (10)

**[Arsenite dissociation]**

\[
\begin{align*}
H_3\text{AsO}_3 & \rightarrow H_2\text{AsO}_3^- + H^+ \\
H_2\text{AsO}_3^- & \rightarrow H\text{AsO}_3^{2-} + H^+ \\
H\text{AsO}_3^{2-} & \rightarrow \text{AsO}_3^{3-} + H^+
\end{align*}
\] (13)

The metal oxides coordinated with OH⁻ ion and water molecules. Therefore, the adsorption mechanism on the goethite surface can be presumed by ligands exchange (Equation 16, 17, 18, and 19).

\[
\begin{align*}
H_2\text{AsO}_4^- & \rightarrow H\text{AsO}_4^{2-} + H^+ \\
H_2\text{AsO}_4'^{(aq)} + \text{FeO(OH)}^{(s)} & \rightarrow \text{FeOH}_2\text{AsO}_4^{(s)} + \text{OH}^- \\
H_3\text{AsO}_3 & \rightarrow H_2\text{AsO}_3 + H^+ \\
H_2\text{AsO}_3'^{(aq)} + \text{FeO(OH)}^{(s)} & \rightarrow \text{FeOH}_2\text{AsO}_3^{(s)} + \text{H}_2\text{O}^{(aq)}
\end{align*}
\] (16)

Furthermore, the effect of adsorbent dosages ranging from 20 to 50 mg was examined to ensure maximum arsenic capture. A 50 mg dosage was shown to be adequate to induce effective adsorption and considered an optimal dose. Thus, arsenate and arsenite removal efficiency was improved by increasing adsorbent dosage. This occurred because of maximum binding sites and adsorption surface area (Alam et al. 2018).

Agitation factor was influenced by the increase of range from 120 to 180 revolutions per minute (rpm), and found an increase in adsorption rate. While increasing “rpm” value results in particles' thrust in the aquatic media. This leads to a decrease in boundary mass transfer, which increases the surface contact and results in efficient adsorption (Chammui et al. 2014). Moreover, the adsorption rate did not change beyond 180 rpm, which indicates an optimal rotational speed.

**Conclusion**

The iron-loaded goethite was used for the removal of arsenate and arsenite. Physicochemical characteristics of the adsorbent were analysed through Brunauer Emmett Teller (BET), Scanning Electron Microscopy (SEM), X-ray diffraction (XRD), and Fourier Transform Infrared Spectroscopy (FTIR). The adsorbent was found efficient in removing at pH=-5 for arsenate and pH=-7 for arsenite. The physicochemical properties of the adsorbents, including porosity, binding sites, and surface area, contributed a substantial role in arsenic removal. Therefore, Freundlich isotherm maximum adsorption capacity “Q_max” resulted in 1369.877 (\(\mu g/g\)) of arsenate and 1276.742 of arsenite. Additionally, Langmuir isotherm and separation factor “R_L” resulted in favourable adsorption. Moreover, adsorption kinetics specified that the removal rate was found speedy at the starting concentrations. Besides, the adsorption equilibrium was found in 240 minutes for arsenate and 360 minutes for arsenite with the best fitted pseudo-second-order model. This research study may serve as a good reference for iron-loaded adsorbents in removing arsenic and other heavy metals from polluted groundwater, surface water, and wastewater. The presented can be extrapolated.
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Conflict of Interest Authors have declared there is no conflict of interest.

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Figure 1

X-ray diffraction patterns: (a) before adsorption (b) after adsorption.
Figure 2

Scanning electron microscope images: (a) before adsorption (b) after adsorption.
Figure 3

FTIR spectral lines (a) before adsorption and (b) after adsorption.
Figure 4

Adsorption isotherm: (4–a) removal efficiency, and (4–b, c) isotherm models for arsenate and arsenite.
Figure 5

Adsorption kinetic: (5–a) removal efficiency and (5–b) kinetic models for arsenate and arsenite.