INTRODUCTION
The family of van der Waals 2D materials has provided extraordinary opportunities to explore fundamental physics in reduced dimensions and advance research in nanomaterials and nanoscale devices. A wide range of inorganic atomic 2D crystals with drastically different physical properties have been investigated, revealing intriguing emergent phenomena at the few-layer and monolayer limits. Interlayer interactions allow additional functionality control to be achieved by stacking and twisting of homo- and hetero-layers of 2D crystals. The search for molecular analogs of these 2D inorganic crystals, which provide precise chemical tunability, has attracted much attention in recent years. Discrete molecules provide a diverse range of functionalities that can be tuned through synthetic modifications. In particular, spin-active molecules have been explored extensively in recent years vis-à-vis their potential applications in spintronic devices and quantum information science. Such molecular materials are conventionally considered as 0D systems with weak intermolecular interactions. Self-assembled molecular monolayers are well established, but they assemble on specific substrates and typically exhibit molecular packing that differs from that of the bulk molecular crystals. Theoretical calculations of packing of discrete molecules is particularly desirable because it provides homogeneity in molecular orientation and physical properties, but the experimental realization of such packing in the case of non-planar molecules has been challenging.

Here, we report the fabrication and characterization of 2D crystals of [Fe(tBu2qsal)2] (FTBQS) spin-crossover (SCO) molecular assemblies down to the monolayer thickness. The molecular design of FTBQS is asymmetric, leading to a layered 2D molecular packing with strong π-π and σ-π van der Waals bonding for the in-plane direction and weak van der Waals interactions along the out-of-plane direction (Fig. 1a, b). Mechanical exfoliation is used to thin down the molecular layer number while preserving the same single-crystalline structure as that in the bulk crystals. With decreasing layer number, we observed an evident increase in the width of SCO transition thermal hysteresis from white light reflection contrast spectroscopy, implying the important roles of molecule-substrate interactions and dimensionality reduction.

RESULTS
Thin-film sample fabrication
The [Fe(tBu2qsal)2] (FTBQS) complex, where tBu2qsal− is a deprotonated form of 2,4-diterbutyl-6-(quinoline-8ylimino) methyl)phenol (tBu2qsalH), crystallizes as a solvent-free molecular material in the monoclinic space group P21/c (Fig. 1a). Molecular layers are formed parallel to the (100) plane (the x-y plane in Fig. 1b) due to efficient π-π and σ-π interactions between the quinoline fragments of the FTBQS molecules. In the out-of-plane direction (the z-axis in Fig. 1b) these layers are coupled by weak van der Waal interactions between the tBu group. The Fe(II) ions of this complex have been shown to exhibit spin bistability, undergoing SCO transition between the high-spin (HS, paramagnetic) and low-spin (LS, diamagnetic) states, as schematically shown in Fig. 4a. With decreasing temperature, the FTBQS bulk crystal undergoes the first-order HS → LS transition at 117 K and the reverse LS → HS transition at 129 K during the warmup process. These transitions are accompanied by abrupt changes in the unit cell size due to the large difference in the average metal-to-ligand bond lengths between the LS state (1.949(2) Å for Fe–N bonds and 1.945(1) Å for Fe–O bonds) and the HS state (2.167(2) Å and 1.997(1) Å, respectively).

Mechanical exfoliation of the FTBQS bulk crystals is performed with the well-established Scotch tape method conventionally used in 2D atomic crystals fabrication. The (100) plane of the bulk single crystal is attached to the tape and deposited onto either Si/SiO2 substrates or fused silica substrates. The exfoliated flakes are identified under an optical microscope through their white light...
color contrast and subsequently examined by atomic force microscopy (AFM) to determine the flake thickness and molecular layer numbers. The single-layer thickness is measured to be ~1.7 nm, in good agreement with the value of 1.8 nm estimated from the lattice constants (see Fig. S1 for multi-step layer height profile). As shown in Fig. 1d, we obtained exfoliated molecular layers down to the monolayer thickness (Fig. 1d). We note that the monolayer flake cannot be visually identified (on substrates of 280 nm SiO2/Si, fused silica and PDMS) under the white light microscope, which is likely due to the lack of optical contrast with the material’s dielectric function and the substrate interference. As shown in Fig. 1c, the lateral size of the exfoliated flakes ranges from a few microns to tens of microns, consistent with the sizes of the conventionally obtained 2D inorganic crystals. Thus, while the π-π and σ-π intermolecular interactions within the layer are non-covalent in nature, it is the higher strength of these interactions, as compared to the very weak van der Waals forces between the layers, that allows the exfoliation of the ultrathin crystalline flakes of these molecular solids. These exfoliated molecular flakes can be readily integrated with other 2D systems. Figure 1e shows an example heterostructure of few-layer FTBQS and a monolayer MoS2 built by dry transfer technique (see Method), which demonstrates the potential of building deterministic organic-inorganic hybrid heterostructures with van der Waals molecules.

To verify the material’s chemical stability at the few-layer limit, we measured the Raman spectroscopy as a function of the layer numbers. Figure 2a shows the Raman spectra of samples of different thicknesses under the same experimental conditions (see Methods). The spectra are shifted vertically for clarity and rescaled in intensity for comparison. The plotted high-frequency range (>1000 cm⁻¹) in Fig. 2a has the strongest Raman signals and corresponds to vibrations of the ligands, and the full frequency range Raman spectrum shows a good agreement with the calculated Raman response for this complex, as discussed in the Supplementary Information. Compared to the thick flakes (~30 L) that can be approximated as bulk crystals, the Raman spectrum from the monolayer sample shows peak linewidths’ broadening, relative intensity shift, and slight peak position shifts of up to 4 cm⁻¹. These Raman signal changes in the thin layer samples may be attributed to the sample degradation due to laser illumination or interactions between molecules and the substrate, which will require further theoretical investigation. The overall consistency in Raman features in samples of different thicknesses indicates that the molecular structure of these mechanically exfoliated flakes remains stable down to the monolayer limit. These exfoliated molecular layers also showed no significant degradation under ambient environment, as inferred from the Raman and AFM measurements (see Supplementary Note 2).

Layer-dependent spin-crossover transition
The layer dependence of the visible light absorption in these exfoliated samples was measured by white light reflection

Fig. 1  Molecular structure and identification of exfoliated [Fe(tBu2qsal)]2+ layers. a The crystal structure of [Fe(tBu2qsal)]2+ (FTBQS) molecule complex. The H atoms are omitted for clarity. b The single-crystalline structure of FTBQS. The x-y plane corresponds to the (100) plane of the crystal. The z-direction corresponds to the out-of-plane direction, and the unit cell thickness is measured to be ~1.7 nm. The color code follows the notations in a. c The white light microscope picture of single-crystalline FTBQS flakes of different layer numbers. The layer number is assigned from the AFM data. d The atomic force microscope (AFM) image of the monolayer FTBQS region on SiO2/Si substrate. The height profile, which shows a 1.7 nm monolayer step, is shown. e The microscope image of the assembled heterostructure assembled through dry transfer technique. The yellow and white dashed lines outline the crystal edges of ~10 L FTBQS and a monolayer MoS2.
contrast spectroscopy (see Methods). In the thin-film limit, the absorption is proportional to the white light reflection contrast spectrum through the Kramers-Kronig relations. Figure 2b shows the room-temperature reflection contrast spectra for samples on transparent fused silica substrates. The main absorption feature, located at ~2.3 eV, is assigned to a combination of the d-d transition at the Fe(II) site and the metal-to-ligand charge transfer (MLCT) transitions (Supplementary Figs. 5 and 6). We also observed weak PL, consistent with the optical absorption feature, as shown in Fig. S3. With decreasing layer number, the absorption amplitude decreased but with no obvious spectral change. This observation implies no significant layer dependence in the material’s electronic structure, consistent with our expectations for these weakly interacting molecular complexes.

To further probe the spin bistability of the FTBQS flakes of different thicknesses, we have investigated the temperature dependence of their optical absorption. The HS ↔ LS transition leads to abrupt changes in the lattice constants, giving rise to substantial differences in the absorption amplitudes of the characteristic d-d and MLCT optical absorption bands (see Supplementary Note 4), and such optical approach has been used to monitor spin transition in other SCO molecules. We first show the variation of bulk crystals’ visible range absorption spectra during the warmup process at the rate of 3 K/min (Fig. 3a). The observed spectral differences between the HS state (red) and LS state (blue) can be qualitatively reproduced from calculations of the material’s absorption coefficients (see Supplementary Note 4). Figure 3e is the corresponding absorption amplitude measured at 535 nm (~2.32 eV) in a thermal cycle, and we can infer the HS ↔ LS transition from the absorption amplitude change. The measured transition temperature and thermal hysteresis are consistent with previous XRD and magnetic susceptibility measurements in bulk crystals, confirming our assignment through optical spectroscopy. Here we use the absorption amplitude to trace the SCO transition to be consistent with the analysis in exfoliated thin flakes, where the spectral peak feature changes are harder to identify due to the weaker absorption signal and possible interlayer interactions (see the paragraph below). We note that the transition temperatures extracted here correspond to the cryostat thermal bath and can differ from the actual sample temperatures by a few Kelvins.

A strong dependence of the spin transition temperatures on the number of molecular layers has been observed in the exfoliated samples. Figure 3b–d shows the reflection contrast (proportional to absorption in this experimental condition) spectra for 13, 10, and 5 L samples taken at 0.3-0.5 K/min, and Fig. 3f–h are the corresponding absorption amplitudes at 535 nm. The measured temperature range is 85-300 K to avoid possible complications from light-induced SCO at lower temperatures. At ~85 K, the bulk spin transition temperature, the spectra from these few-layer samples showed an obvious increase in the absorption amplitude at 535 nm (~2.32 eV) and an additional optical feature near 2.8 eV, which are similar to the observed LS spectrum in the bulk sample and indicative of the transition to the LS state. However, the absorption spectra changes in the exfoliated samples were more subtle than those in the bulk, especially at regions around 1.8 eV, which can arise from modifications of interlayer interactions. In addition, the HS ↔ LS conversion during the cooldown was more gradual when compared to the bulk. These differences may result from the possible coexistence of HS and LS states in exfoliated samples, which has been reported in amorphous or polycrystalline SCO thin films grown by solution or vapor-phase deposition. In contrast, the reverse LS ↔ HS transition was much better defined by the abrupt absorption amplitude decrease during the warmup (see Fig. 3f–h grayed areas). The extracted LS ↔ HS transition temperatures, plotted as a function of layer numbers in Fig. 3j, showing a ~170 K increase from the bulk transition temperature when the bulk crystal is thinned down to a few layers. In particular, the transition in the 5 L sample is only achieved after an additional hour of wait time at room temperature. Data obtained from multiple thermal cycles are consistent and the thickness dependence of the warm up LS ↔ HS transition is summarized in Fig. 4b. We also varied the temperature change rate down to 0.1 K/min in several measurements and did not observe any obvious differences compared to the data presented in Figs. 3 and 4. Thus, our results reproducibly demonstrate a drastic increase in the TLS −→ HS and the remarkable broadening of thermal hysteresis in thin exfoliated samples.

DISCUSSION
To understand such layer dependence of the spin-switching properties, we consider the possible contributions from the external factors such as substrate interactions and the intrinsic mechanism due to the reduction in dimensionality. The HS ↔ LS transition is known to lead to substantial unit cell parameter changes. Because the exfoliated few-layer samples are conformal to the substrates, the system needs to overcome additional substrate strain during the spin state switching. Thinner samples have a higher surface-to-volume ratio, leading to stronger strain confinement from the substrate. We, therefore, expect an increase in the HS and LS transition energy barrier for
Fig. 3  Spin-crossover transitions measured by absorption and reflection contrast spectroscopies. a–d Absorption for the bulk sample and reflection contrast spectra for 13, 10, and 5 L samples, respectively, during the warmup process. The arrow in indicates the abrupt amplitude change that is attributed to the LS→HS transition. The abrupt change in c occurs after 0.2 h wait time at 220 K, and that in d occurs after 1 h wait time at room temperature. e–h The absorption/reflection contrast amplitudes were taken at 535 nm (as indicated by the dashed vertical lines in a–d) in a cooldown-warmup thermal cycle. The gray area indicates the extracted LS→HS transition temperature range. The error bars in f–h were obtained as the standard deviation from multiple measurements around the same sample position.

Fig. 4  Thickness-dependent spin-crossover transition temperature in exfoliated FTBQS samples. a Schematic illustration of the spin configuration of the Fe(II) ion for the high spin (HS) and low spin (LS) states. b The layer dependence of the measured LS→HS transition temperature from Fig. 3. The transition temperature is extracted as the abrupt changes in reflection contrast, as the grayed out area in Fig. 3 e–h.
samples with decreasing layer number, consistent with our observation. On the other hand, the dimensionality reduction can also modify this first-order phase transition. When considering the phase transition kinetics, the nucleation and growth of a new phase will be distinctly different for samples with stronger 2D confinement, where the phase domain walls will be 1D. The reduction in the available domain propagation phase space in 2D samples may also lead to significantly longer transition times and contribute to the observed large thermal hysteresis. While most SCO thin films have been reported to have reduced spin-switching cooperativity and smaller thermal hysteresis, we note that the single-crystalline nature of the investigated ultrathin samples ensures much lower densities of crystal imperfections compared to the conventionally studied amorphous and polycrystalline SCO films. As the SCO transitions are expected to preferentially nucleate at defect and surface sites, the exfoliated layers can still preserve cooperativity at the few-layer limit. A comprehensive picture will still require further theoretical investigation.

In conclusion, we obtained the single-crystalline, 2D FTBQS molecular layers at few-layer and monolayer thickness using the mechanical exfoliation method. The molecules remain intact, showing consistent Raman signals and absorption down to the monolayer. The SCO transition, on the other hand, shows a drastic thickness dependence as revealed by reflection-contrast spectroscopy: as the layer number decrease, the thermal hysteresis range increases more than 100 K. It demonstrates the efficient tuning of the molecules’ magnetic properties through layer number and substrate interactions and is of fundamental importance to understand the SCO processes in 2D. Our findings establish a paradigm for the preparation of molecular 2D materials, which can be readily integrated into 2D spintronic devices to incorporate such molecular properties as spin bistability. Through different molecular designs, additional functionalities are also possible with this type of van der Waals molecule-based materials to allow 2D integration of other magnetic molecules, such as arrays of single-molecule magnets or molecular spin qubits.

METHODS
Growth of FTBQS bulk crystal
The procedure to synthesize the single crystal of [Fe(tBu2qsal)$_2$]$_3$ used for mechanical exfoliation is similar to that described in the previous work.

Iron(II) perchlorate hexahydrate (98%), triethylamine (Et$_3$N) (99%), and formic acid (98%) were obtained from Millipore Sigma, 8-aminoquinoline (>97%) from Matrix Scientific, and 3,5-ditertbutylsalicylaldehyde (>98%) from TCI. All reagents were used as received. Methanol and acetonitrile (MeCN) were obtained as anhydrous HPLC grade solvents from Millipore Sigma. Anhydrous MeCN was further purified by passing through a system of double-drying columns packed with activated alumina and molecular sieves (Pure Process Technologies). Anhydrous acetone (Me$_2$CO) was obtained from Acros Organics. Elemental analysis was performed by Atlantic Microlab, Inc. (Norcross, GA, USA).

8-aminoquinoline (0.72 g, 5 mmol) and 3,5-ditertbutylsalicylaldehyde (1.17 g, 5 mmol) were placed in a round bottom flask. 29.5 mL of MeOH and 3 drops of formic acid were added, and the solution was stirred for 1 h under reflux. The orange solid that precipitated was isolated by filtration, washed with small amount of MeOH, and dried by suction. Yield = 0.82 g (45.6%).

The reaction was performed under nitrogen using standard Schlenk techniques. A solution of Fe(ClO$_4$)$_2$·6H$_2$O (272 mg, 0.75 mmol) in 15 mL of MeCN was added to a solution of tBu$_2$qsalH (540 mg, 1.5 mmol) and Et$_3$N (209 μL, 1.5 mmol) in 10 mL of Me$_2$CO, and the mixture was left undisturbed. Big plate-shaped dark-green crystals that formed after 1 day were recovered by filtration, washed with a small amount of acetone, and dried by suction. Yield = 452 mg (77.8 %). 

REFERENCES
1. Novoselov, K. S., Mishchenko, A., Carvalho, A. & Castro Neto, A. H. 2D materials and van der Waals heterostructures. Science 353, aac9439 (2016).
2. Geim, A. K. & Grigorieva, I. V. Van der Waals heterostructures. Nature 499, 419–425 (2013).
3. Gibertini, M., Koperski, M., Morpurgo, A. F. & Novoselov, K. S. Magnetic 2D materials and heterostructures. Nat. Nanotechnol. 14, 408–419 (2019).
4. Zhou, J. et al. A library of atomically thin metal chalcogenides. Nat. Materials 556, 355–359 (2018).
5. Manzeli, S., Ovchinnikov, D., Pasquier, D., Yaziev, O. V. & Kis, A. 2D transition metal dichalcogenides. Nat. Rev. Mater. 2, 17033 (2017).
6. Cao, Y. et al. Unconventional superconductivity in magic-angle graphene superlattices. Nature 556, 43 https://www.nature.com/articles/nature26160#supplementary-information (2018).
7. Lu, X. et al. Superconductors, orbital magnets and correlated states in magic-angle bilayer graphene. Nature 574, 653–657 (2019).
8. Liu, Y. et al. Van der Waals heterostructures and devices. Nat. Rev. Mater. 1, 16042 (2016).
17. Asymmetric design of spin-crossover complexes to increase the volatility for surface deposition. Inorg. Chem. 51, 9714–9722 (2012).

29. Phan, H. V. et al. Heteroleptic fei complexes of 2,2′-biimidazole and its alkylated derivatives: spin-crossover and photomagnetic behavior. Chem. Rev. 118, 15805–15815 (2012).

30. Chergui, M. & Collet, E. Photoinduced structural dynamics of molecular systems mapped by time-resolved X-ray methods. Chem. Rev. 117, 11025–11065 (2017).

31. Ohkoshi, S.-i., Imoto, K., Tsunobuchi, Y., Takano, S. & Tokoro, H. Light-induced spin-crossover magnet. Nat. Chem. 3, 564–569 (2011).

32. Kipgen, L., Bernien, M., Tuzcek, F. & Kuch, W. Spin-crossover molecules on surfaces: from isolated molecules to ultrathin films. Adv. Mater. 33, 2008141 (2021).

33. Dai, Z., Liu, L. & Zhang, Z. Strain engineering of 2D materials: issues and opportunities at the interface. Adv. Mater. 31, 1805417 (2019).

34. Li, W., Qian, X. & Li, J. Phase transitions in 2D materials. Nat. Rev. Mater. https://doi.org/10.1038/s41578-021-00304-0 (2021).

35. Onuki, A. Phase Transition Dynamics (Cambridge University Press, 2002).

ACKNOWLEDGEMENTS

This work was supported as part of the Center for Molecular Magnetic Quantum Materials, an Energy Frontier Research Center funded by the U.S. Department of Energy, Office of Science, Basic Energy Sciences under Award no. DESC0019330.

AUTHOR CONTRIBUTIONS

X.Z. and M.S. designed the study. J.K fabricated the 2D samples and heterostructures, and performed the measurement on 2D samples, assisted by X.Z. M.G. grew the FTBQS bulk crystals and performed characterization on bulk samples. J.X. assisted the AFM measurements of 2D samples. D.L. performed the theoretical analysis of optical absorption coefficient under the guidance of T.S.R. J.J. and R.Z. performed the theoretical calculation of Raman spectroscopy under the guidance of H-P.Z. All authors contributed to writing the manuscript and interpretation of the results.

COMPETING INTERESTS

The authors declare no competing interests.

ADDITIONAL INFORMATION

Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s41699-022-00335-3.

Correspondence and requests for materials should be addressed to Michael Shatruk or Xiao-Xiao Zhang.

Reprints and permission information is available at http://www.nature.com/reprints

Publisher’s note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article’s Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2022