Effects of lead pollution on Ammonia parkinsoniana (foraminifera): ultrastructural and microanalytical approaches

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Abstract

The responses of Ammonia parkinsoniana (Foraminifera) exposed to different concentrations of lead (Pb) were evaluated at the cytological level. Foraminifera-bearing sediments were placed in mesocosms that were housed in aquaria each with seawater of a different lead concentration. On the basis of transmission electron microscopy and environmental scanning electron microscopy coupled with energy dispersive spectrometer analyses, it was possible to recognize numerous morphological differences between untreated (i.e., control) and treated (i.e., lead enrichment) specimens. In particular, higher concentrations of this pollutant led to numerical increase of lipid droplets, a thickening of organic lining and test geochemistry, test morphology, test physiology, reproductive capability, test morphology, and Na+ uptake. Lead can be accumulated in individual organisms, but also throughout food webs (bioaccumulation).

Living organisms have been commonly applied as biological indicators (bioindicators) of pollution to evaluate the overall health of ecosystems and their component parts (i.e., sediment and water). It was estimated that over 40% of the bioindicator research papers published between 1970-2005 have dealt with metal pollution. Among bioindicators benthic foraminifera, single-celled eukaryotes, have been shown to be suitable and reliable proxies of pollution impacts in marine and transitional marine environments.11,12 The response of benthic foraminifera to adverse ecological conditions including pollution may be investigated in terms of diversity and density, assemblage composition, reproductive capability, test morphology, abnormality, test geochemistry, test size (dwarfism), prolocular morphology, cellular ultrastructure, and pyritization.13,15 Although major advances have been achieved over 50-60 years, we are still far from fully understanding the benthic foraminiferal response to pollution. Moreover, little is known about the cytological changes induced in foraminifera by exposure to sublethal heavy metal concentrations.16,17 In particular, living specimens of Ammonia tepida were cultured and exposed to different concentrations of oil fuel spilled during the oil tanker Erika accident in 1999.18 They documented a compact and homogeneous inner organic layer (IOL) in the control culture and a thickening of it due to infilling of fibrous material and a proliferation of residual bodies in the oil-contaminated cultures. The IOL represents the insoluble organic matrix found between the test and the cytoplasm and is mainly composed of protein and polysaccharides, bound together in a complex macromolecular structure.19 It was inferred that the thickening of the IOL might have acted as a defense mechanism against penetration of xenobiotic components (pollutants) in the cell whereas the enhanced occurrence of residual bodies might have resulted from a metabolic perturbation.20 The morphological and cytological responses of two Ammonia species exposed to different Cu-concentrations were analyzed by Le Cadre and Debenay.19 They documented an increase in test abnormalities and a delay in chamber production and reproduction, as well as marked cytological modifications in deformed specimens. These changes include thickening of IOL, fibrillar and large lipidic vesicle proliferation, and increased number of residual bodies. They were also able to detect sulfur in deformed...
Materials and Methods

Sediment sampling and laboratory lead treatment

Sediment samples were collected at 14-m water depth off the Monte Conero area (Italy, Adriatic Sea). The collection site is a coastal area located close to the National Park of Monte Conero, a protected natural area characterized by low influence of human activity, largely diversified benthic foraminiferal assemblages and oligo-mesotrophic conditions. At the collection site, temperature, pH, salinity, Eh and dissolved oxygen of seawater were measured in vertical profile using a multiparametric CTD (Conductivity, Temperature and Depth) probe. Sediment was sampled by Van Veen grab sampler that collects sediment over a surface area of about 400 cm² and only the first 2 cm was retained. On board, the sediment was homogenized and sieved over a 500-µm screen. The >500 µm fraction was discarded to remove potentially disturbing effects of bioturbators (i.e., macrofauna and meiofauna). The <500 µm fraction, which bears foraminifera, was placed in an insulated box covered by ambient seawater, and kept near ambient temperature until arrival at our shore-based laboratory.

Artificial Sea Water (ASW) was prepared following the methods of Ciacci et al., stored in the dark, aerated and mixed under in situ temperature. A total of seven different Pb-ASW mixture concentrations plus control (<4 ppb) were prepared. Inorganic salt of Pb as lead chloride (PbCl₂) 98% pure was used for the experiments (CAS Number 7758-95-4; Sigma-Aldrich, St. Louis, MO, USA). The final pollutant concentrations for experimental media were obtained by adding appropriate volumes of stock solutions to ASW. The selected concentrations were 10 ppb, 100 ppb, 200 ppb, 500 ppb, 1 ppm, 5 ppm, and 10 ppm. Approximately 20 l of Pb-ASW mixture was introduced into each tank (aquarium) (60 cm x 40 cm x 20 cm). A total of twelve mesocosms (15 cm x 8 cm x 3 cm) containing 1 cm-thick sediment were placed inside each tank. Multi-channel pumps were used to circulate and to oxygenate water through silicone rubber tubing anchored between the tanks’ bottom and plastic grids. Tanks were placed in a controlled environment with air temperatures of 14.6°C that were uniformly maintained throughout the experiment. The dissolved oxygen (DO), salinity (S), conductivity, temperature (T), ORP and pH of the seawater were routinely monitored by a set of HQ40d portable multi-parameter probes.

Mesocosm experiment

Sampling of the experimental mesocosms involved a number of steps that were followed at each time point of the experiment. One mesocosm was processed as described below at pre-established time intervals: one week (W1), three weeks (W3) and eight weeks (W8) from both the control (c) and three selected concentrations of Pb-pollutants (1 ppb, 1 ppm, and 10 ppm). Each sample was labeled with the contaminant identification (Pb), followed by nominative concentrations and time of sampling (W1, W3, W8) whereas the original samples were labeled as W0. The 120-µm² sediments from each mesocosm were wet-sieved with ASW through a 125-µm net to remove finer materials. At least 30 A. parkinsoniana specimens were hand-picked with a fine brush from each sample. Ammonia parkinsoniana was selected for its great abundance and hyaline nature of its test that eases the recognition of cytoplasm-bearing specimens. The presence of cytoplasm in any chamber but the last one was chosen as the criterion for evaluating the viability of the specimens. The selected Ammonia specimens had a yellowish cytoplasm visible by transparency through the test. Different methodologies for the recognition of living specimens of benthic foraminifera have been proposed and can be divided in terminal and non-terminal methods. The choice of methods depends on the study aim and non-terminal methods would be more appropriate for isolating specimens for laboratory experiments. These methods include natural coloration, apertural bolus, negative geotaxis, positive phototaxis, cyttoplasmic streaming, reticulopodial networks, and fluorogenic probes. The natural coloration is due to the presence of cytoplasm, endosymbionts, sequestered chloroplasts and food and was selected for this investigation to discriminate living from dead foraminifera. Although quick and inexpensive, the application of this methodology might result in the misinterpretation of living foraminifera. Ultrastructure observations in terms of appearance, abundance, and organization of organelles provide useful information on the specimen viability. As mitochondria are among the first organelles to degrade, their presence with intact conditions confidently suggests specimens’ viability but the rupture of mitochondria or degraded organelles does not necessarily imply dead specimens. For this reason, it was decided to refer to cytoplasm-containing specimens rather than living ones.

Microscopic analyses

Transmission Electron Microscopy (TEM)

Picked specimens were fixed with 2.5% glutaraldehyde (TAAB Laboratories Equipment Ltd., Wilts, Berkshire, UK) in ASW for 3 h at 4°C. After 5 washings with ASW, foraminiferal specimens were post-fixed with 1% osmium tetroxide (OsO₄, EMS, Hatfield, PA, USA) in ASW for 2 h at room temperature. Following 5 washings, specimens were dehydrated in a graded series of ethanol baths, from 50% to 100% and immersed in propylene oxide (EMS) for 2 times, 10 min each. Subsequently, they were embedded in epoxy resin by increasing concentration of resin (Durcupan Araldite, Sigma-Aldrich). Foraminifera were ultimately sectioned using an ultramicrotome (LKB, 2088 Ultrotome®V). Thick sections of 1 µm were stained with 1% toluidine blue in distilled water at 60°C to provide an overall specimen observation at the light-microscope level. Thin sections (100 nm), collected on 300-mesh nickel grids, were stained with uranyl acetate and lead citrate and finally observed with a Philips CM10 electron microscope at 80 KV.

Environmental Scanning Electron Microscopy (ESEM) and Energy Dispersive Spectrometer (EDS)

Embedded specimens of W8-10 ppm were observed with an environmental scanning electron microscope (FEI ESEM, Quanta 200) to qualitatively characterize the occurrence of trace element nanoparticles or foreign elements within the foraminifera. The ESEM, coupled with an energy dispersive spectrometer (EDS), was used to assess the chemical composition of particles within the foraminiferal test. The EDS is a technique employed to collect and determine the energy and the number of X-rays that are given off by atoms in a material. The observation was carried out in low vacuum (0.2-1.2 Torr) conditions, secondary and backscattered electron mode with energy varying from 12 to 25 kV, at 10 mm working distance. live counting time of 100 s with spots from 3 to 5.
Results

Transmission Electron Microscopy

After 60 days of culture, we did not note any cytological differences between specimens from the natural environment and those of W8-c. In fact, at the ultrastructural level, in the cultured specimens the cytoplasmic distribution of organelles as well as their morphology appeared to be comparable to those that lived in the sea (natural environment). Analyzing the specimens at TEM (Figure 1 A,B), the general cell organization displayed the presence of lipid droplets, residual bodies, mitochondria, vacuoles, and Golgi apparatus. The densities of organelles seemed to be the same in both conditions. At higher magnification, it was possible to evaluate the specific features of each organelle and these data might reveal information regarding the foraminiferal health. In particular, we focused on some of the typical organelles that play a key role in the foraminiferal life, such as mitochondria, Golgi apparatus, and residual bodies. The presence of the latter has been revealed in both groups and their ultrastructure appeared comparable (Figure 1 C,D). Mitochondria of both conditions, frequently distributed in small groups near the pores, showed outer and inner membranes as well as the typical tubular cristae in the matrix (Figure 1 E,F), and similarly, the Golgi apparatus (Figure 1 G,H) appeared to be undamaged, with a regular arrangement of cisternae. No differences in the morphology of the inner organic lining (IOL) and pores were noted between groups (Figure 1 I,L).

On the other hand, numerous morphological differences were observed between control and lead-treated samples. These differences are particularly evident when W8-c and W8-10 ppm are compared. Foraminifera from lead treatments revealed more cytoplasmic degradation in the younger chambers compared to the control group and, at low magnification, the cytoplasm of the Pb-treated foraminifera appeared to display an increased number of lipid droplets (Figure 2 A,B). These bodies were surrounded by a distinct membrane that seemed to be thicker in the Pb-treated group in comparison to the control. In addition, the lipid droplets of the Pb-treated group revealed an electron-dense core that was not, however, visible in the control specimens (Figure 2 C,D). At higher magnification, other ultrastructural differences could be highlighted between Pb-treated and untreated specimens. In particular, while mitochondria of the control group displayed typical distributions and morphology, characterized by a double external membrane and tubular cristae, the Pb-treated specimens showed regular and typical organelles in the older chambers, but in the younger, these
appear quite degraded, losing the continuity of double membrane as well as the cristae integrity, the amount of which was reduced (Figure 3 A,B). The thickness of the IOL was variable among the chambers but specimens of the W8-10ppm group displayed a general thickening of the IOL in comparison to W8-c although this structure did not appear morphologically different in the two conditions (Figure 3 C,D). An increased number of residual bodies and membrane-like organelles, tentatively interpreted as putative lipofuscin, were revealed in the W8-10 ppm specimens. Residual bodies of different sizes were observed, delimited by a prominent membrane that enclosed different indigestible materials and degraded organelles (Figure 4A), while putative lipofuscins displayed a variable number of lipid-containing residues that might appear at different state of degradation (Figure 4B). In the Pb-treated conditions, a higher number of organelles interpreted as autophagosomes (Figure 4C) and small electron-dense accumulations (Figure 4D) were detected.

Analyzing the younger chambers of W8-10 ppm specimens exhibiting degraded organelles, framboidal aggregations were noted (Figure 5A). These aggregates were characterized by the presence of numerous electron-dense crystallites, each of which appeared to be contained within its own membrane (Figure 5B).

Environmental Scanning Electron Microscopy and Energy Dispersive Spectrometer

On the basis of ESEM observation, it was possible to reveal the presence of several masses within the same foraminiferal chamber; masses were characterized by different diameters (from 2 to 30 µm) and variable crystal sizes (from 0.2 to 2 µm). Moreover, the shape of each single granule appeared like a crystal with a regular form (Figure 5C). The EDS-microanalysis shows the qualitative elemental composition of these structures that are constituted of Fe and S. These structures are equidimensional pyrite, iron sulfide (FeS₂) microcrystals (Figure 5D), organized in framboidal aggregates.

Discussion

Does the laboratory-controlled environment induce cytological modification in Ammonia parkinsoniana?

The cytoplasmic distribution of organelles, as well as their morphology, of A. parkinsoniana specimens preserved directly from the original sediment (W0) immediately after sampling and those maintained in mesocosm for 60 days, did not display any appreciable differences. The analyzed organelles, including residual bodies, mitochondria, vacuoles and Golgi apparatus, and other structures like the IOL not only seemed to be unaffected from a morphological perspective, but even their abundance appeared to be consistent when natural and cultured specimens were compared. According to our results, we can confidently suggest that the cultivation of this species in a laboratory-controlled setting (mesocosms) where conditions were maintained as similar to in situ conditions as possible, did not induce any detectable cytological modifications.

Does Pb-pollution induce cytological and/or ultrastructure alteration on Ammonia parkinsoniana?

The response of benthic foraminifera to pollution is commonly analyzed at the assemblage level and only a limited number of studies have focused on the response at the species level by evaluating the modification of organelle morphology and their distribution. Moreover, most of these studies have been conducted on selected species removed from their natural environments (sediment) and cultured/incubated in microfiltered seawater in Petri dishes. Our study was conversely based on the direct exposure of sediments containing living populations of benthic foraminiferal species as those found in natural environments. Heavy metals including Pb could penetrate the foraminiferal test, potentially resulting in cytological modifications. Accordingly, in our study here we show several cytological and ultrastructure differences were evident when control and treated samples were compared.

The Pb-treated specimens exhibited a higher number of lipid droplets surrounded by a membrane that appeared to be thicker than in the control specimens. The occurrence of the lipid droplets (vesicles) have been interpreted as a perturbation in the regulation metabolism of foraminiferal specimens contaminated by copper. In addition, the lipid droplets of the treated group revealed a more electron-dense core, which was not visible in the control spec-

Figure 3. High magnification of intact (A, control) and degraded (B, treated) mitochondria. Organic lining in control (C) appears thinner if compared to the treated group (D). Scale bars: A, B) 100 nm; C, D) 500 nm.
imensions. It might be hypothesized that the more electron-dense core of lipid droplets might serve for storing pollutants. Lipids and proteins of very electron-dense membranes have been inferred to sequester excess intracellular cations in the cyanobacterium *Plectonema boryanum* exposed to different trace elements (*i.e.*, Co, Zn, Cd, Ni or Cu).28 These structures were suggested to indicate a detoxification mechanism where the toxic free cations could have been neutralized or immobilized and therefore rendered non-toxic.4

Interestingly, these accumulations were reported as surrounded by a membrane similar to our observations. It was also suggested that the lysosomal system and residual bodies might act as storing heavy metals not only in foraminifera but in other groups of organisms including mussels, oysters, marine dinoflagellates.29 On the basis of the proliferation of residual bodies in foraminifera exposed to high concentration of CuCl2, these authors postulated either a detoxification mechanism or metabolic perturbations. Lysosomes are responsible for the degradation of redundant or damaged organelles and proteins as part of autophagy as well as in sequestering and accumulating pollutants.25,26 It has also been suggested that the organic lining might have a protective role against harmful agents;27 according to our observations, treated specimens exhibited a general thickening when compared to control specimens even though there was variable IOL thickness among different chambers of Pb-treated specimens. The same IOL modification was noted in cultured specimens of *Ammonia tepida* exposed to oil fuel and in two species of *Ammonia* (*A. tepida* and *A. beccarii*) exposed to copper.25,29 They document a fibrous texture of the thickened organic lining whereas we observed no change in IOL texture. A thickened and laminated organic lining was also documented in *Cassidulina neocarinata* from bathyal hydrocarbon seeps of Green Canyon (Gulf of Mexico) as a form of protection to hydrocarbon seep activity.30 According to all these prior observations, a protective role of the thickened organic lining against the penetration of Pb might be inferred.

![Figure 4](image)

**Figure 4.** Residual body (A), lipofuscin (B), autophagic vacuole (C) and electron-dense accumulations (D, a) are observed in treated specimens. Scale bars: A) 125 nm; B-D) 250 nm.

Loss of continuity of double membrane and cristae integrity in mitochondria is among the relevant morphological modifications observed in Pb-treated specimens. Disintegration of cristae and/or mitochondrial degradation has been reported in other organisms like ciliates exposed to pollutants.31 Heavy metals might induce the formation of reactive oxygen species (ROS) that can induce oxidative damage to DNA, proteins and lipids up to cellular death.32,33 Some authors have suggested that mitochondria might be among the cellular organelles most affected by ROS.34,35 Abeliovich and Klionsky suggested that autophagy is a major pathway for mitochondrial breakdown.40 Therefore, autophagy may be the mechanism for degrading mitochondria altered by ROS production. It is worth noting, that Pb among other pollutants (Cd, Cr, anthracene and pyrene) were reported to promote oxidative stress and induce lysosomal membrane disruption in the free-living marine ciliate *Euplotes crassus*.36

A higher number of some membrane-like organelles, tentatively interpreted as lipofuscin, have been recognized within treated specimens. The interpretation of these membrane-like organelles as putative lipofuscin was morphological and not chemical nor via pigmentational occurrence. These organelles displayed a variable number of lipid residues likely from lysosomal digestion. Lipofuscin-like structures have been reported as the product of the oxidation of unsaturated fatty acids, and are commonly associated with membrane, mitochondria and lysosome damage.41 They might also contain metals.42 Lipofuscin, basically composed of non-oxidative lipids, represent one of the main cellular products accumulating in lysosomes as a result of the oxidative stress caused by pollutants.42,43 Moreover, they are inferred to contribute to metal detoxification, being either enclosed within residual bodies or extruded into the extracellular space.44 These organelles have been also recorded in a fresh water flagellated protist (*Euglena gracilis*), a mussel (*Mytilus galloprovincialis*), and a sea urchin.45,46 Another significant cytological alteration is represented by the increased numbers of autophagosomes. The formation of autophagosomes has been related either to a specific mechanism induced by starvation or nutritional stress or to programmed cell death.47,48 Autophagosomes are therefore responsible for the intracellular degradation of cytoplasmic contents including altered intracellular proteins, excess or damaged organelles. It might be speculated that benthic foraminifera like other eukaryotes under stress conditions might use autophagic mechanisms for degrading ROS-affected mitochondria induced by heavy metal pollution. Dense occurrence of peroxisomes, particularly in the
younger chambers and at the periphery of vacuoles, was inferred as one biochemical filter, facilitating the breakdown of environmental ROS (i.e., H$_2$O$_2$), and therefore protecting the endoplasm from ROS. All the ultrastructural modifications induced by Pb share similarities to several ciliate species and might be linked to active cell death (apoptosis) that is associated with intense autophagic activity.4

The cytoplasm observation of treated specimens revealed the presence of more electron-dense globular small accumulations that might be tentatively interpreted as putative Pb granules. Electron-dense irregular deposits related to metallic accumulation were noted in three ciliate species (Colpoda steinii, Cyrtolophosis elongata and Drepanomonas revolute). In addition, these deposits were also recognized in another ciliate species, *Tetrahymena*, when exposed to Pb.3 They have also been observed in certain microalgae (Dunaliella biculata) after treatment with Cd.4 Interestingly, some aggregates of inorganic material were observed during TEM analysis that were ultimately determined to be composed of iron and sulphur in the ESEM-EDS microanalysis and interpreted as framboidal aggregates of pyrite. Specimens containing these aggregates are deemed to be recently dead. Framboidal texture (basically a spherically packed aggregate of microcrystals) is one of the principal occurrences of pyrite in sedimentary environments.5 The main reason for sulphidization of foraminiferal tests has not yet been established though has been reported in several natural environments like Santa Gilla lagoon.15 It has, however, been associated to the metabolism of organic matter, under anaerobic conditions, by sulphate-reducing bacteria, the diffusion of sulphate into sediments, the concentration and reactivity of the iron minerals, and the production of elementary sulphur.16 The pyritization of foraminiferal tests in oxygenated sediments may also occur in response to trace element.14,15 Pb The presence of sulphur in deformed foraminifera was also observed by Le Cadre and Debenay, who suggested that foraminifera could have a detoxification mechanism with metallothionein.19 This suggestion has been recently supported by the increase in the concentration of metallothionein-like proteins in *Amphistegina lessonii* exposed to zinc.20 Metallothionein is a family of cysteine-rich, low molecular weight proteins which have the capacity to bind trace elements through the thiol (-SH) group of its cysteine residues and thus decrease the toxic effect of trace elements.14,15 It can also act as a scavenger of free radicals and reactive oxygen metabolites.64,65 The pyritization of foraminiferal tests might also have resulted from microbial activity during degradation of foraminiferal cytoplasm.

**Conclusions**

The responses of one benthic foraminiferal species (*Ammonia parkinsoniana*) exposed to different concentrations of Pb were evaluated at cytological levels. On the basis of TEM and ESEM-EDS analyses, it was possible to recognize numerous morphological differences between control and lead-treated specimens. The highest Pb-concentration led to an increase in the number of lipid droplets also marked by a more electron-dense core, a proliferation of residual bodies, a thickening of the organic lining, a loss of continuity of double membrane and cristae integrity on mitochondria, a proliferation of autophagosomes and the occurrence of inorganic aggregates. All these cytological modifications might be related to the pollutant-induced stress and some of them such as the thickening of the organic lining might suggest a potential mechanism of protection adopted by foraminifera to metal exposure.

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**Figure 5.** TEM analysis of framboidal aggregates (A) of pyrite granule (g) (B) are observed within chambers of treated specimens. ESEM analysis displays numerous aggregate within the same chamber (C) and the EDS-microanalysis (D) reveals the nature of this accumulation. Scale bars: A) 500 nm; B) 125 nm; C) 2.5 µm.
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