Improved Landsat-Based Water and Snow Indices for Extracting Lake and Snow Cover/Glacier in the Tibetan Plateau

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Abstract: Identifying water and snow cover/glaciers (SCG) accurately is of great importance for monitoring different water resources in the Tibetan Plateau. However, discriminating between water and SCG remains a difficult task because of their similar spectral characteristic according to the physical principles of remote sensing. To efficiently distinguish different kinds of water resources automatically, here we proposed two new indices including: (i) the normalized difference water index with no SCG information (NDWI_ns) to extract lake water and suppress SCG; and (ii) the normalized difference snow index with no water information (NDSI_nw) to extract SCG and suppress lake water. Both new water and snow indices were tested in the Tibetan Plateau using Landsat series, showing that the overall accuracies of NDWI_ns and NDSI_nw were in the range of 94.6–97.0% and 94.9–97.0% in mapping the lake water from SCG and mapping the SCG from lake water, respectively. Further comparisons suggest that these new two indices improved upon the previous normalized difference snow index/modified normalized difference water index (NDSI/MNDWI) in mapping the water body and SCG. While the present study only focuses on the validation over certain areas in Tibetan Plateau, the newly proposed NDWI_ns and NDSI_nw have the potential for better monitoring the lake water and snow/glacier areas over other cold regions around the globe.

Keywords: NDWI_ns; NDSI_nw; lake; snow cover and glacier; Tibetan Plateau

1. Introduction

As key components of the water cycle, lakes and snow cover/glaciers (SCG) are vital indicators of climate change [1]. Lakes and SCG also play an important role in the prevention of water scarcity and world sustainable development [2]. Therefore, understanding the changes in quantity and areal extent of lakes and glaciers is necessary to assess regional and global water resources [3].

With an average altitude over 4000 m, the Tibetan Plateau (TP), also known as the “Asian Water Tower” [4] and the “Third Pole” [5,6], is the headwater of more than ten large rivers in Asia. Because of the cold climate, there are 36,800 glaciers on the TP (Figure 1), covering an area of 49,873 km² (~2% of the total plateau’s area), distributed over the major mountain ranges [7]. Glaciers in the TP were found to be decreasing according to the reduction of glacier length and area since the 1970s [7] due mainly to the recent rapid temperature increase [6,8]. In addition, with more than one thousand lakes having...
a total free-water area of ca. 42,521 km² (Figure 1), the TP has the most inland lakes in number and area in China and boasts the greatest concentration of high-altitude inland lakes in the world [9,10]. Satellite observations have found that about 81% of the lakes in the TP experienced a trend to increase in area between the 1970s and 2010, and the glacier-fed lakes expanded faster than lakes without glacier supplement [11].

Figure 1. Geographical distribution of lakes and glaciers in the Tibetan Plateau.

The above mentioned changes in lakes and glaciers have been suggested to be partially caused by the significant warming in the past few decades [6,10]. The warming trend in the TP was found to be significantly higher than the other areas of the world in recent decades [8,12]. The changing climate also made the distribution of land surface water bodies more uneven [13–15], because the intensity and frequency of extreme disasters have increased. In this context, the TP is extremely vulnerable to geological disasters such as landslides, debris flows, glacial lake outbursts, and snow and ice disasters [16]. However, only a few observation stations have been established for lake monitoring in the entire TP [9,17]. With the rapid development of remote sensing technology, spatial and temporal distributions of water resources can be monitored from multiple satellites, which are particularly useful and important in remote and inaccessible cold regions with few gauging stations owing to their formidable natural conditions [18]. Therefore, accurately monitoring lakes and snow/glaciers using satellite data is important for not only understanding how the water resources in cold regions response to climate change but also for estimating water storage and changes related to disasters in the Asian Water Tower [6,19].

Numerous studies have been conducted to map water bodies [20] and SCG [21] using optical remote sensing data over the past three decades. Although manual methods and supervised classification usually achieve satisfactory results, both are too time consuming when they are used for long-time series at large scales. Index-based methods provide an alternative approach to achieve this goal more effectively. For example, the normalized difference water index (NDWI), which combines green and near-infrared (NIR) bands, and the snow grain size index (SGI), employing similar bands, are used for mapping water bodies and snow cover respectively [22,23]. Hall et al. (1995) developed the normalized difference snow index (NDSI) to map snow cover using Moderate Resolution Imaging Spectroradiometer (MODIS) data [24]. A decade later, the modified normalized difference water index (MNDWI) employing the same bands was introduced for urban water bodies mapping [25]. Before the normalized difference forest snow index (NDFSI) was proposed to map snow-covered forests as distinguished from snow-free forests [26], it had already been employed to estimate the NDWI for shoreline mapping [27]. Moreover, a combination of the green band and short-wave infrared 2 (SWIR2) band has been applied to map snow cover and water bodies, respectively [28,29]. Additionally, before
Rogers and Kearney (2004) suggested mapping water bodies using the red band and short-wave infrared 1 (SWIR1) band [30], it had been developed by Xiao et al. (2001) to detect and monitor SCG in Turkey [31]. Note that previous studies used similar methods to extract inland water bodies and SCG due to the similar reflectance distribution of SCG and water bodies [32], leading to more difficulty in discriminating between surface water bodies and SCG [1].

Several factors, e.g., mountains, snow, clouds, cloud shadows and turbidity are also stumbling blocks in extracting land surface water maps with satellite data [33]. Previous researches have devoted much effort to decrease the noise from cloud surfaces [34,35], vegetation [36], and evergreen coniferous forests [26] in snow cover mapping, and noise from vegetation [37], built-up land [25] and shadow [38] in water mapping. However, little attention has been paid to develop and calibrate water and snow indices in distinguishing water bodies and SCG. Therefore, it is essential to develop an effective new water index to extract water body data from the background that includes SCG, and a new snow index to obtain SCG information from the background that includes water bodies.

To solve the above problem, we aim to develop two new indices according to the minor difference in reflectance between lake water bodies and SCG. To further evaluate the performance of the newly developed water index in mapping lake water bodies from SCG and the snow index in mapping SCG from lake water bodies, a comparison was also made between these two new indices and the previous NDSI/MNDWI. The results presented here will provide a basis for accurately monitoring different kinds of water resources in the Tibetan Plateau.

2. Materials and Methods

2.1. Regional Setting

In this study, three regions with different land cover types were selected from the TP to test the performance and robustness of each method (Figure 2). Region I is located in the northeast of the TP and predominantly covered by snow cover and lake water bodies. The average altitude is 4134 m above sea level with flat topography and a total area of 1375 km². Located in the west of the TP, Region II is characterized by hilly topography, and covered by a glacier, lake water and bare land, with a mean altitude of 4354 m and a total area of 802 km². Region III is located in the south of the TP with altitudes ranging from 5100 m to 6320 m and a total area of 377 km². The land cover type in Region III is similar to that in Region II.

2.2. Data

The Landsat imagery captured from Operational Land Imager (OLI), Enhanced Thematic Mapper Plus (ETM+) and Thematic Mapper (TM) has been extensively used in numerous studies in the field of remote sensing over the past three decades (Table 1). It has been widely employed in inland water body and SCG mapping because of its high spatial resolution (http://earthexplorer.usgs.gov). The digital number value in the three Landsat images is corrected to reflectance by the Fast Line-of-Sight Atmospheric Analysis of Spectral Hypercubes (FLAASH) module, which is commonly used in atmospheric correction [29,38,39]. The corresponding high resolution of reference data was acquired from Google Earth.

2.3. Methods

The methodology mainly consists of six procedures: atmospheric correction, analysis of spectral signature, formulation of new indices, calculation of contrast value, image threshold segmentation and validation of classified image. The flowchart of the methodology based on Landsat data in this study is shown in Figure 3.
Table 1. Basic characteristics of Landsat Operational Land Imager (OLI), Enhanced Thematic Mapper Plus (ETM+) and Thematic Mapper (TM) data.

| Band Name | Wavelength Range (µm) | Band Name | Wavelength Range (µm) | Band Name | Wavelength Range (µm) |
|-----------|-----------------------|-----------|-----------------------|-----------|-----------------------|
| B1-Deep Blue | 0.433–0.453 | B2-Blue | 0.450–0.515 | B1-Blue | 0.450–0.515 |
| B3-Green | 0.525–0.600 | B2-Green | 0.525–0.605 | B2-Green | 0.52–0.60 |
| B4-Red | 0.630–0.680 | B3-Red | 0.630–0.690 | B3-Red | 0.63–0.69 |
| B5-NIR | 0.845–0.885 | B4-NIR | 0.775–0.900 | B4-NIR | 0.76–0.90 |
| B6-SWIR1 | 1.560–1.660 | B5-SWIR1 | 1.550–1.750 | B5-SWIR1 | 1.55–1.75 |
| B7-SWIR2 | 2.100–2.300 | B7-SWIR2 | 2.090–2.350 | B7-SWIR2 | 2.08–2.35 |

Figure 2. (a) the Tibetan Plateau; (b) Landsat-7 ETM+ image (RGB:321; Region II); (c) Landsat-5 TM image (RGB:321; Region III); (d) Landsat-8 OLI image (RGB:432; Region I).

2.3.1. Spectral Signature of Lake Water and SCG

The spectral reflectance distribution of the three land cover types was sampled in each study region based on Landsat multispectral images corrected by the FLAASH model (Figure 4). It is apparent that the reflectance of lake water bodies and SCG shows a declining trend, while the reflectance of bare land exhibits an increasing trend from the visible to infrared bands in general. Previous studies have used this characteristic as an asset to enhance water bodies or SCG information and suppress background information. To distinguish between lake water bodies and SCG, the minor differences in spectral reflectance between lake water bodies and SCG were investigated. It was found that one difference is that the reflectance of lake water bodies decreases from the green band to NIR band steadily, while the reflectance of SCG remains stable or fluctuates slightly from the green band to NIR band. The second difference is that the reflectance of SCG falls sharply, while the reflectance of lake water bodies remains steady or decreases slightly from the NIR band to SWIR1 band.
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2.3.2. The Contrast Values of Five Indices between Lake Water and SCG

To discover the optimal band combination in discrimination between lake water bodies and SCG, the contrast values of the extracted image of five common indices [22–25, 28–31] between lake water bodies and SCG were compared (Table 2). The higher the contrast value, the better the discrimination between lake water bodies and SCG. The contrast value [29] is calculated from the difference between lake water bodies and SCG in each index image in the three study regions using Equation (1).

\[ CV = M_f - M_b \]  

where CV is the contrast value between foreground and background, \( M_f \) is the mean value of foreground, and \( M_b \) is the mean value of background.

---

**Figure 3.** Flowchart of methodology.

**Figure 4.** Reflectance distribution of three land cover types in three study regions. (a–c) are the reflectance distribution of lake water in Region I, II and III; (d) is the reflectance distribution of snow cover in Region I; (e,f) are the reflectance distribution of glacier in Region II and III; (g–i) are the reflectance distribution of bare land in Region I, II and III.
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Table 2. Definition of each index (NDI is normalized difference index; \( \rho_{\text{band}x} \) is the reflectance of the \( x \)th band).

| Sensor      | Basic Formula of Each Index                                                                 |
|-------------|---------------------------------------------------------------------------------------------|
| OLI         | \( \text{NDI}_{b3} = (\rho_{\text{band}3} - \rho_{\text{band}5})/(\rho_{\text{band}3} + \rho_{\text{band}5}); \)  
\( \text{NDI}_{b4} = (\rho_{\text{band}4} - \rho_{\text{band}6})/(\rho_{\text{band}4} + \rho_{\text{band}6}); \)  
\( \text{NDI}_{b5} = (\rho_{\text{band}5} - \rho_{\text{band}7})/(\rho_{\text{band}5} + \rho_{\text{band}7}); \)  
\( \text{NDI}_{b6} = (\rho_{\text{band}6} - \rho_{\text{band}8})/(\rho_{\text{band}6} + \rho_{\text{band}8}); \)  
| TM/ETM+     | \( \text{NDI}_{g2} = (\rho_{\text{band}2} - \rho_{\text{band}4})/(\rho_{\text{band}2} + \rho_{\text{band}4}); \)  
\( \text{NDI}_{g3} = (\rho_{\text{band}3} - \rho_{\text{band}5})/(\rho_{\text{band}3} + \rho_{\text{band}5}); \)  
\( \text{NDI}_{g4} = (\rho_{\text{band}4} - \rho_{\text{band}6})/(\rho_{\text{band}4} + \rho_{\text{band}6}); \)  
\( \text{NDI}_{g5} = (\rho_{\text{band}5} - \rho_{\text{band}7})/(\rho_{\text{band}5} + \rho_{\text{band}7}); \)  

2.3.3. Formulation of Water Index and Snow Index

The formulation of our proposed normalized difference water index with no SCG information (NDWI\(_{nw}\)) is as follows. The normalized difference between the green band and NIR band remains at a high level in lake water areas, but at a low level in SCG areas (Figure 4). Furthermore, the contrast values between lake water bodies and SCG is great by normalizing the green band and NIR band difference. Considering the reflectance of lake water bodies is negligible and the reflectance of SCG is higher than 0.5 in the NIR band, subtracting double reflectance of the NIR band from the reflectance of the green band maintains the index value of lake water bodies at a high level and decreases the index value of SCG further. Thus, NDWI\(_{nw}\) is designed to extract water information with noise from SCG:

\[ \text{NDWI}_{nw} = (\rho_{\text{Green}} - a \times \rho_{\text{NIR}})/(\rho_{\text{Green}} + \rho_{\text{NIR}}) \]  

where \( \rho_{\text{Green}} \) is the reflectance of the green band, \( \rho_{\text{NIR}} \) is the reflectance of the NIR band. \( a \) is an empirical parameter that needs to be calibrated for different study sites. Here we used a value of 2.

The formulation of the normalized difference SCG index with no water information (NDSI\(_{nw}\)) is as follows. The difference between the NIR band and SWIR1 band remains high in SCG areas and low in lake water areas (Figure 4). Normalizing the NIR band and SWIR1 band difference maintains the index value at a high level in SCG areas and a low value in lake water areas. To further reduce lake water information, a positive value (0.05) is subtracted from the difference value between the NIR band and the SWIR1 band. Thus, the NDSI\(_{nw}\) is proposed to extract SCG and suppress noise from lake water bodies.

\[ \text{NDSI}_{nw} = (\rho_{\text{NIR}} - \rho_{\text{SWIR1}} - b)/(\rho_{\text{NIR}} + \rho_{\text{SWIR1}}) \]  

where \( \rho_{\text{NIR}} \) and \( \rho_{\text{SWIR1}} \) are the reflectance of the NIR band and the SWIR1 band. \( b \) is an empirical parameter that needs to be calibrated for different study sites. Here we used a value of 0.05.
2.3.4. NDSI and MNDWI

NDSI was proposed by Hall et al. (1995) by normalizing the green band and SWIR1 band difference based on the MODIS data [24]. After a decade, MNDWI [25] also used this band combination to extract different water bodies based on Landsat data. Although the NDSI and MNDWI have the same equation in terms of remote sensing technology, they are originally designed to map different land cover types. According to physical principles of remote sensing, the NDSI is based on the fact that snow reflects visible light more than it reflects middle-infrared light [24], while the MNDWI, designed to enhance open water bodies, takes advantage of the reflection characteristic that the reflectance of water bodies in the green band is greater than that in the middle infrared band. The physical principles of remote sensing of NDSI and MNDWI are similar, because of their similar spectral characteristic in the field of optical remote sensing. As the NDSI and MNDWI (NDSI/MNDWI) are the most popular methods in SCG and water bodies mapping, respectively, the performance of NDSI/MNDWI and new indices are tested and compared in this study.

\[
\text{NDSI/MNDWI} = \frac{\rho_{\text{Green}} - \rho_{\text{SWIR1}}}{\rho_{\text{Green}} + \rho_{\text{SWIR1}}} \tag{4}
\]

in which \(\rho_{\text{Green}}\) is the reflectance of the green band, and \(\rho_{\text{SWIR1}}\) is the reflectance of the SWIR1 band.

2.3.5. Image Threshold Segmentation

The threshold is an important factor affecting land cover extraction using the index-based method. Previous scholars have tended to use the default threshold to classify the MNDWI image and NDSI image [24,25]. However, the default threshold value can inhibit the index-based methods from achieving the best mapping result. Thus, the extracted images of the three indices in the three study regions were classified in binary images using the Otsu (1979) method [40], which is widely used in separating the foreground from the background [20,29,39]. The procedures of the Otsu threshold are shown as follows:

\[
A^2 = P_b \times (M_b - M)^2 + P_f \times (M_f - M)^2
\]

\[
M = P_b \times M_b + P_f \times M_f
\]

where \(A\) is the between-class variance of foreground and background, and \(M\) is the mean value of the index image. \(M_b\) is the mean value of background class, and \(M_f\) is the mean value of foreground class. \(P_b\) and \(P_f\) are the probability of background and foreground classes in each index image.

\[
T^* = \arg \max \{P_b \times (M_b - M)^2 + P_f \times (M_f - M)^2\}
\]

where \(T^*\) is the optimal threshold and is between the maximum and minimum values in each index image.

2.3.6. Validation of Classified Image

Obtaining reference data in the field is usually inapplicable, as the water bodies change rapidly over time [27]. It is acceptable to take advantage of other higher resolution images acquired simultaneously with the Landsat images [39]. For example, Google Earth imagery was used to validate mapping results of different kinds of water bodies in Switzerland, Ethiopia, South Africa and New Zealand [38]. The water index images were evaluated with the help of the 2.4-m resolution QuickBird data and OLI panchromatic images (15 m) [39]. Leica Airborne Digital Sensor imagery and Google Earth imagery were collected for the reference data in eastern Australia [41]. An independent dataset, ViVaN, with high spatial resolution was used to assess the accuracy of the proposed method [42].

The Google Earth image with high resolution in the corresponding time-frame was used to validate the accuracy of the classification results in this study. The validation results are subjected to the number and quality of reference data [43]. Thus, more than three thousand sampling points...
were selected in each region in the Google Earth imagery, consistent with the Landsat image in time and space. The sample points were selected randomly at the edge and the middle of each land cover type. The total number of sample points were 4470, 3908 and 3776 in Region I, Region II and Region III, respectively. Based on the confusion matrix method which has been widely used in numerous studies [29,38,39,42,44] (Table 3), the Commission error, Omission error, Overall accuracy (OA), and Kappa coefficient (KC) were calculated to evaluate the performance of the NDSI/MNDWI and NDWI<sub>ns</sub> in mapping lake water areas, and the NDSI/MNDWI and NDWI<sub>nw</sub> in mapping SCG areas (7–10).

\[
\text{Commission error} = 1 - \frac{N_{11}}{(N_{11}+N_{12})} 
\]

\[
\text{Omission error} = 1 - \frac{N_{11}}{(N_{11}+N_{21})} 
\]

\[
\text{Overall accuracy (OA)} = \frac{(N_{11} + N_{22})}{(N_{11} + N_{12} + N_{21} + N_{22})} 
\]

where \(N_{11}, N_{12}, N_{21}, N_{22}\) are the sample counts between classified binary image and reference point based on the confusion matrix (Table 3).

\[
\text{Kappa coefficient} = \frac{N \sum_{i=1}^{n} N_{ii} - \sum_{i=1}^{n} (N_{ix} \times N_{xi})}{N^2 - \sum_{i=1}^{n} (N_{ix} \times N_{xi})} 
\]

where \(N\) is the total number of the sample points, and \(N_{ii}\) is the number of points with correct classification, \(N_{ix}\) and \(N_{xi}\) are the number of sample points from classified binary data and reference data, respectively.

### Table 3. Confusion matrix of sample points \(N_{ij}\). Classified binary images are in rows and the corresponding reference points are in columns. \(N_{11}, N_{12}, N_{21}, N_{22}\) are the sample counts between classified binary image and reference point.

| Class    | SCG | Non-SCG | Non-SCG |
|----------|-----|---------|---------|
| SCG      | \(N_{11}\) | \(N_{12}\) | \(N_{1j}\) |
| Non-SCG  | \(N_{21}\) | \(N_{22}\) | \(N_{2j}\) |
| Total    | \(N_{i1}\) | \(N_{i2}\) | \(N\) |

### 3. Results

#### 3.1. The Optimal Band Combination in Identifying between Lake Water and SCG

The contrast values of five indices [22–25,28–31] between lake water and SCG in the three images were calculated (Table 4). The result suggests that the combination of Green band and NIR band is more suitable to identify lake water from SCG. Besides, normalizing the band difference between NIR and SWIR1 bands performs better in extracting SCG with noise derived from lake water, in comparison with other four indices. This is because the normalized difference of reflectance in lake water areas is far greater than that in SCG areas from the green band to NIR band, while the normalized difference of reflectance in SCG areas is far higher than that in lake water areas from the NIR band to SWIR1 band.
Table 4. The contrast values (CV) of five indices between lake water and snow cover/glaciers (SCG).

| Sensor | Mean Values or CV | NDI_{53} | NDI_{63} | NDI_{73} | NDI_{64} | NDI_{65} |
|--------|-----------------|----------|----------|----------|----------|----------|
| OLI    | Mean value of Lake Water | 0.844    | 0.922    | 0.928    | 0.737    | 0.354    |
|        | Mean value of Snow Cover | 0.006    | 0.832    | 0.826    | 0.837    | 0.831    |
|        | CV (Lake Water – Snow cover) | 0.838    | 0.090    | 0.102    | -0.100   | -0.477   |
|        | CV (Snow cover – Lake Water) | -0.838   | -0.090   | -0.102   | 0.100    | 0.477    |
| ETM+   | Mean value of Lake Water | 0.817    | 0.933    | 0.931    | 0.744    | 0.541    |
|        | Mean value of Glacier | -0.054   | 0.928    | 0.945    | -0.177   | -0.394   |
|        | CV (Lake Water – Glacier) | 0.871    | 0.005    | -0.014   | -0.177   | -0.394   |
|        | CV (Glacier – Lake water) | -0.871   | -0.005   | 0.014    | 0.177    | 0.394    |
| TM     | Mean value of Lake Water | 0.692    | 0.877    | 0.871    | 0.710    | 0.471    |
|        | Mean value of Glacier | 0.073    | 0.871    | 0.904    | 0.864    | 0.852    |
|        | CV (Lake Water – Glacier) | 0.619    | 0.006    | -0.033   | -0.154   | -0.381   |
|        | CV (Glacier – Lake water) | -0.619   | -0.006   | 0.033    | 0.154    | 0.381    |

3.2. Lake Water Mapping with Noise from SCG Using NDSI/MNDWI and NDWI<sub>ns</sub>

The performance of the NDSI/MNDWI and NDWI<sub>ns</sub> in mapping lake water bodies with noise from SCG was tested and compared based on Landsat data in three study regions. It can be seen that both lake water bodies and SCG present high positive values in the NDSI/MNDWI image in Region I, II and III (Figure 5). This is because the reflectance of lake water bodies and SCG shows a downward trend from the green band to the SWIR1 band. As a result, the overall accuracy of the classified NDSI/MNDWI image is mainly influenced by the commission error from SCG in lake water bodies mapping (Table 5). Consequently, the NDSI/MNDWI has an overall accuracy of 78.8–83.8% in lake water bodies mapping and, thus, is not suitable to identify lake water bodies with noise from SCG (Table 5). Fortunately, it is apparent that the NDWI<sub>ns</sub> enhances lake water with a positive value between 0.22–1.00 and suppresses the SCG information with negative values from −0.06 to −0.72 in Region I, II and III (Figure 5). This is because the reflectance of lake water bodies decreases steadily, while the reflectance of SCG remains stable in general or fluctuates slightly from the green band to NIR band (Figure 4). What is more, the NDWI<sub>ns</sub> image exhibits negative values which are less than −0.5 in bare land areas (Figure 5). Consequently, with overall accuracies of 94.6–97.0% in lake water mapping (Table 5), the classified NDWI<sub>ns</sub> image is capable of delineating lake water area bodies and suppressing SCG and bare land effectively (Figure 6). Therefore, the NDWI<sub>ns</sub> is competent to identify lake water bodies from the background, including SCG.

Table 5. The extraction accuracy of lake water from SCG.

| Method     | Region | Threshold | Commission Error (%) | Omission Error (%) | Overall Accuracy (%) | Kappa Coefficient |
|------------|--------|-----------|----------------------|-------------------|----------------------|-------------------|
| NDSI/MNDWI | I      | 0.38      | 27.36                | 0.27              | 82.7                 | 0.6607            |
|           | II     | 0.33      | 28.80                | 7.68              | 83.8                 | 0.6698            |
|           | III    | 0.31      | 30.40                | 13.75             | 78.8                 | 0.5782            |
| NDWI<sub>ns</sub> | I   | 0.09      | 0.25                 | 10.34             | 95.2                 | 0.9018            |
|           | II     | −0.01     | 1.06                 | 7.40              | 97.0                 | 0.9335            |
|           | III    | −0.02     | 0.74                 | 12.36             | 94.6                 | 0.8874            |
3.2. Lake Water Mapping with Noise from SCG using NDSI/MNDWI and NDWIns

The performance of the NDSI/MNDWI and NDWIns in mapping lake water bodies with noise from SCG was tested and compared based on Landsat data in three study regions. It can be seen that both lake water bodies and SCG present high positive values in the NDSI/MNDWI image in Region I, II and III (Figure 5). This is because the reflectance of lake water bodies and SCG shows a downward trend from the green band to the SWIR1 band. As a result, the overall accuracy of the classified NDSI/MNDWI image is mainly influenced by the commission error from SCG in lake water bodies mapping (Table 5). Consequently, the NDSI/MNDWI has an overall accuracy of 78.8 – 83.8% in lake water bodies mapping and, thus, is not suitable to identify lake water bodies with noise from SCG (Table 5). Fortunately, it is apparent that the NDWIns enhances lake water with a positive value between 0.22 – 1.00 and suppresses the SCG information with negative values from −0.06 to −0.72 in Region I, II and III (Figure 5). This is because the reflectance of lake water bodies decreases steadily, while the reflectance of SCG remains stable in general or fluctuates slightly from the green band to NIR band (Figure 4). What is more, the NDWIns image exhibits negative values which are less than −0.5 in bare land areas (Figure 5). Consequently, with overall accuracies of 94.6 – 97.0% in lake water mapping (Table 5), the classified NDWIns image is capable of delineating lake water area bodies and suppressing SCG and bare land effectively (Figure 6). Therefore, the NDWIns is competent to identify lake water bodies from the background, including SCG.

3.3. SCG Mapping with Noise from Lake Water Using NDSI/MNDWI and NDWIns

The performance of the NDSI/MNDWI and NDWIns in mapping SCG with noise from lake water bodies was also tested and compared in Region I, II and III. In the NDSI/MNDWI image, both SCG and lake water have high positive values (Figure 5) and display a white tone (Figure 6) because of their similar variation tendency of spectral distributions from the green band to the SWIR1 band. The NDSI/MNDWI image overestimates SCG largely due to the commission error from lake water bodies and, thus, is not suitable to discriminate between lake water bodies and SCG. Consequently, the accuracy assessment reveals that NDSI/MNDWI is less capable of suppressing lake water areas in extracting SCG with overall accuracies of 71.5–86.5% (Table 6). However, the NDWIns image achieves a high positive value between 0.55–0.89 in SCG areas and a low negative value from −1.00 to −0.88 in lake water areas (Figure 5). This is because the reflectance of SCG falls dramatically from the NIR band to SWIR1 band, while the reflectance of lake water bodies which is lower than 0.05 remains unchanged in general or decreases slightly from the NIR band to SWIR1 band (Figure 4). In addition, the NDWIns image extracts negative values in bare land areas (Figure 5). As a result, the classified NDWIns image
performs successfully in extracting SCG and suppressing lake water bodies and bare land with an overall accuracy of 94.9–97.0% (Figure 6; Table 6). Thus, the NDSI\textsubscript{nw} can be suggested to extract SCG from the background, including lake water bodies.

**Figure 6.** The index images and classified images. (a,c,e) are the NDSI/MNDWI image in region I, II and III; (b,d,f) are classified NDWI\textsubscript{ns} image in region I, II and III; (g,i,k) are the NDWI\textsubscript{ns} image in region I, II and III; (h,j,l) are classified NDWI\textsubscript{ns} image in region I, II and III; (m,o,q) are the NDSI\textsubscript{nw} image in region I, II and III; (n,p,r) are classified NDSI\textsubscript{nw} image in region I, II and III; (s) Landsat-8 OLI image in Region I (RGB:432); (t) Landsat-7 ETM+ image in Region II (RGB:321); (u) Landsat-5 TM image in Region III (RGB:321).

**Table 6.** The extraction accuracy of SCG from lake water bodies.

| Method     | Region | Threshold | Commission Error (%) | Omission Error (%) | Overall Accuracy (%) | Kappa Coefficient |
|------------|--------|-----------|----------------------|-------------------|----------------------|-------------------|
| NDSI/MNDWI | I      | 0.38      | 43.56                | 6.17              | 71.5                 | 0.4605            |
|            | II     | 0.33      | 38.43                | 11.40             | 86.5                 | 0.6405            |
|            | III    | 0.31      | 26.78                | 2.87              | 81.7                 | 0.6360            |
| NDSI\textsubscript{nw} | I      | 0.32      | 2.20                 | 6.72              | 96.8                 | 0.9301            |
|            | II     | 0.27      | 6.70                 | 11.66             | 94.9                 | 0.8724            |
|            | III    | 0.11      | 4.16                 | 2.04              | 97.0                 | 0.9396            |

It should be noted that the NDWI combining the green band and NIR band and the NDFSI normalizing the NIR band and SWIR2 band difference have the potential to identify lake water bodies from SCG and detect SCG from lake water bodies to some extent, respectively. This is because the difference of reflectance from the green band to NIR band in lake water areas is far greater than that in SCG areas, while the difference of reflectance between the NIR band and SWIR2 band in SCG areas is far higher than that in lake water areas (Figure 4).

Although the NDSI\textsubscript{nw} image forfeits some SCG information by subtracting a positive value (0.05) from the difference between the NIR band and SWIR1 band, these losses can be considered negligible, owing to the high difference of reflectance between the NIR band and the SWIR1 band in SCG areas for NDSI\textsubscript{nw}. Moreover, optimum thresholds which are supposed to be lower than the default threshold of NDSI can be found for NDSI\textsubscript{nw} in distinguishing SCG from water bodies. This is because the mean index value of NDSI\textsubscript{nw} is slightly lower than that of NDSI in SCG areas (Figure 5).
4. Discussion and Outlook

The accuracy of the index-based method in mapping the extents of lakes and SCG is primarily determined by the quality of the remote sensing data, e.g., clouds, terrain shadows and haze, which impact the spectral responses in the remote sensing imagery. To minimize the errors in water bodies detection, it is necessary to select satellite imagery with minimum contamination of cloud coverage and haze in the past [42], which limits the usage of most images to a great extent. Fortunately, several effective clouds and cloud-shadow mapping algorithms have been designed for the Landsat series [45–47]. It is promising to combine these methods with our new index-based methods to mitigate the negative effects inherited by satellite data.

In this study, only Landsat images were selected to demonstrate the performance of the new methods. Other similar optical sensors, such as the Sentinel-2, were not considered. However, as Sentinel-2 has similar spectral and spatial characteristics to Landsat OLI [48], their data have been combined to achieve a better temporal observation in the previous studies [47,49]. It is therefore worthwhile to test the sensitivity of other sensors for the reconstruction of time series of water resources product with high temporal resolution.

The combination of multispectral data and other kinds of remote sensing data provides new opportunities to detect temporal variations in land surface water bodies extent. For example, the Shuttle Radar Topography Missions Water Body Dataset and MODIS reflectance data were used to produce a new global land surface water map [50]. The Global Inland Water was produced using the Landsat reflectance data and elevation data [51]. Combining the land surface temperature and MODIS reflectance data, Pekel et al. (2014) mapped water bodies across Africa from 2004 to 2010 [52]. Lu et al. (2011) detected water bodies based on the Chinese HJ-1A/B satellites, slope information and the NIR band [53]. However, the main source of current products relies on the index-based methods from multispectral datasets to map the surface water bodies from the background [33]. In future, the combination of topography information, elevation data and land surface temperature with the newly developed water and snow indices in the present study is to be encouraged for better mapping of land surface water resources.

The threshold for land surface water bodies extraction is subjected to the user’s judgment according to different classification priorities [53]. Acceptable snow cover maps have been achieved with NDSI thresholds from 0.25 to 0.45 [24], while a default threshold of zero was suggested to separate water bodies from the background [25]. Thus, although the NDSI and MNDWI use the same equation, the suitable threshold of the NDSI/MNDWI is not a constant for snow cover mapping and land surface water bodies extraction. Besides, the determination of the threshold of the index-based method is largely dependent upon the study area. In regional water resources mapping, the Otsu’s threshold performs successfully to segment the foreground from the background. However, for large-scale regional land surface water bodies mapping, it is less capable of extracting all the water bodies from surrounding land features using one threshold [29]. Recently, Zhang et al. (2019) demonstrated that the NDSI threshold of 0.1 is more reasonable than the global NDSI threshold of 0.4 for monitoring snow cover using MODIS data in China [54]. Thus, a multi-threshold segmentation method is indispensable when the index-based methods are utilized in global water resource mapping.

Although the NDSI_{nw} method achieves high accuracy in open glaciers mapping in Regions II and III, it is difficult to extract information from glaciers covered by debris, which may influence the reflectance patterns of glaciers. In addition, the reflectance of water bodies is influenced by the concentration of sediment. The reflectance peak of water bodies moves to the longer wavelength with the increase of concentration of sediment. If the reflectance of water bodies in the NIR band was greater than that of the green band, the NDWI_{nw} will become invalid in this spectral reflection pattern. Thus, the NDWI_{nw} and NDSI_{nw} should be tested in other land covers and case study regions in future studies, and a and b in NDWI_{nw} and NDSI_{nw} should be adjusted in other special study sites to optimize their performance in extracting more accurate lake water bodies and SCG information.
By improving the existing water index and snow index, the NDWI\textsubscript{ns} and NDSI\textsubscript{nw} proposed in the present study open up new opportunities for evaluating the water quality and fractional snow cover, respectively. First, since the NDWI has been proven useful in evaluating water quality [22], it is therefore expected that NDWI\textsubscript{ns} may also have a good application prospect in assessing water quality, such as suspended sediments and chlorophyll-a within a water body. Second, NDSI\textsubscript{nw} opens up a new opportunity in calculating the percentage of snow cover in the pixel scale, as previous studies have already found a positive relationship between the old version snow index and fractional snow cover [28].

5. Conclusions

In this study, two new index-based methods were proposed based on the optimal band combination for improved discriminating between the lake water bodies and SCG in the Tibetan Plateau. Based on thorough evaluations using Landsat OLI, ETM+, and TM data, we show that NDWI\textsubscript{ns} is highly effective in extracting lake water bodies and suppressing SCG information, while NDSI\textsubscript{nw} demonstrates a proper capability of extracting SCG by ideally removing the contamination of water bodies. Overall, this study provides more appropriate methods for automatically distinguishing and extracting water bodies and SCG in an accurate manner over cold regions when compared with the traditional NDSI/MNDWI methods.

The main contribution of this study is to provide a new methodology for mapping different kinds of water resources, especially in discriminating between land surface water bodies and SCG. While the current validations focus only on certain areas in TP, it is believed that two new indices proposed in the present study will provide new chances for understanding the spatial and temporal patterns of different kinds of water resources. In particular, under the background of temperature rise and precipitation increase in the TP, the lakes and SCG in TP may be affected to a large extent. It is therefore expected to monitor changes in different kinds of water resources such as lake water bodies and SCG effectively over the entire TP with the help of the NDWI\textsubscript{ns} and NDSI\textsubscript{nw}, which improves understanding of the hydrological cycle and its responses to climate change in this region.

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