Predicting Lift-Off Time When Deep-Frying Potato Dough Snacks

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Abstract. When frying potato snacks, it is typically observed that the dough, which is submerged in hot oil, after some critical time increases its buoyancy and floats to the surface. The lift-off time is a useful metric in ensuring that the snacks are properly cooked. Here we propose a multiphase mathematical model for the frying of potato snacks, where water inside the dough is evaporated from both the top and bottom surfaces of the snack at two receding evaporation fronts. The vapour created at the top of the snack bubbles away to the surface, whereas the vapour released from the bottom surface forms a buoyant blanket layer. By asymptotic analysis, we show that the model simplifies to solving a one-dimensional Stefan problem in the snack coupled to a thin-film equation in the vapour blanket through a non-linear boundary condition. Using our mathematical model, we predict the change in the snack density as a function of time, and investigate how lift-off time depends on the different parameters of the problem.

Key words. multiphase, Stefan, asymptotic

AMS subject classifications. 80A22, 80A20, 35B40

1. Introduction. Frying is one of the oldest and most common forms of food cooking, and has multiple functions, including to sterilise, dehydrate and create product texture [1]. Generally there are two types of frying: shallow-fat frying and deep-fat frying. Here we focus on deep-fat frying in which the food product being cooked is fully immersed in the oil. During deep-fat frying, some food products undergo density changes that cause them to rise within the oil bath. This process can be exploited in food manufacturing, either as a way of determining the stage of cooking, or as a mechanism to collect the food from the hot oil. For example, in the production of potato snacks, uncooked snacks are submerged in hot oil by a conveyor belt and, as the dough cooks, they become buoyant and detach. Once the snack rises from the belt it interacts with a second submerged component. Knowing the lift off duration is key to understanding when and where the snack interacts with the second submerged component. This interaction has product quality and fryer performance implications. This must happen at precisely the right moment in order to maximise product quality and the productivity of the process. To ensure that the snacks robustly detach at the right time, a better quantitative understanding of the underlying mechanism is needed. In particular, there are two major contributions to buoyancy due to the generation of steam, which either escapes from the snack causing a reduction in density, or becomes trapped underneath the snack in a vapour blanket.

Several different mathematical modelling approaches can be found within the food frying literature. For a comprehensive summary of all relevant types of models, see

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Many of these emphasise transport mechanisms of gases and liquids in porous media [13, 14, 20, 6, 8]. A commonly used modelling approach is the crust-core model, in which there are two regions: a dry crust where the water has evaporated, and a wet core. In the crust-core approach, mass and energy equations are used to describe the heat and flow in each region, and a moving boundary tracks the evaporation front at the crust-core interface. One major concern in the deep-fat frying literature is oil uptake into the snack, and several experiments have been gathered regarding this issue [15, 21, 16, 5, 10]. However, most of these models focus on the oil absorption post-frying, since this is when most of the oil (approximately 80%) enters the snack [14, 20]. Another important objective of many of these studies is to predict quality changes (puffiness, shrinkage, etc) in the snacks as they fry [10, 13, 20]. Some models also account for the decrease in the temperature of the oil due to moisture loss from the chip [13, 6].

A dominant feature of the frying process is the evaporation of the water, which can be observed both from bubbles rising to the surface, and in a vapour layer surrounding the snack. Despite the formation of a vapour blanket being mentioned in several papers (see for instance [8] where it is stated that the bubbles impede oil inflow through the bottom boundary) this process has not been described in mathematical terms before within the deep-fat frying literature. In other contexts, film boiling has been studied and expressions for the vapour layer thickness have been derived, as well as bubble generation and release frequencies [7, 4]. However, none of the above studies address the density changes undergone due to the formation of the vapour blanket, and lift-off is not investigated at all. Furthermore, the effect of the vapour layer, which is a poor conductor, on the heat transfer in the snack is also not discussed.

In this study, we focus on predicting when a snack becomes buoyant, which happens within a few seconds of being introduced into the fryer. Thus, we do not consider structural changes, which occur later on in the frying process, nor do we consider oil-uptake, which primarily occurs post-frying. We follow the crust-core modelling approach, and we introduce the novel detail of the formation of a vapour layer under the snack. We show that the timescales associated with evaporation indicate that the formation of the vapour blanket is the dominant mechanism for lift-off. We model the growth of the vapour blanket by coupling a thin film equation to the moving-boundary problem in the snack. We show that the insulating features of the vapour blanket play an important role in the dynamics of the evaporation fronts. Whilst all of the models in the above literature are solved numerically by either finite differences or finite volumes, here we combine both numerical and analytical results and compare them together. In particular, we derive closed form solutions for the long-time behaviour of the evaporation fronts and the shape of the vapour blanket, which are useful for the manufacturing process. Furthermore, we show that lift-off times are crucially dependent on the heat transfer properties of the snack.

The remainder of this paper is organised as follows. In section 2 we introduce the non-dimensional mathematical model for the thermal and flow problems within the snack and vapour blanket. By exploiting the small size of some dimensionless groups, the problem simplifies to solving an energy conservation equation for each region and a thin-film equation for the vapour blanket. A formula that relates the density of the snack to the vapour blanket thickness and the position of the evaporation fronts is also given. We first solve our model numerically in section 3 using the enthalpy method, and we are able to identify several regimes in the frying process: a heating period, the formation of the vapour blanket, and a regime where the blanket volume is constant. Motivated by these numerical results, and considering that the Stefan number of the
2. A Multiphase model for snack frying. In Figure 1, we illustrate the scenario considered. We focus on the two-dimensional case, as shown in the diagram, but we keep the formulation of our mathematical model in three dimensions to be as general as possible. We propose that the snack is divided into four regions, containing different combinations of dough, water and water vapour. Initially, we assume the dough to be entirely composed of a liquid (water) and solid phase (potato), which is defined as region 2 in our diagram. When the snack is introduced into the fryer, the water heats up and begins to evaporate, starting from the exterior. This creates two outer layers containing water vapour and solid, which we denote regions 1 and 3. As the water evaporates from the upper evaporation front, it is bubbled away into the surrounding oil. By contrast, water evaporating from the lower front forms a vapour layer beneath the snack, which we denote region 4.

In this section, we present a non-dimensional mathematical model for the frying of a long thin snack, which consists of energy, mass and momentum conservation equations for each of the different regions of the snack. We simplify these equations by exploiting small parameters in the system. For predicting lift-off time, we introduce a relation between the density of the snack, the size of the vapour blanket and the position of the evaporation fronts.

2.1. Mathematical model. First, we present the governing equations for each of the regions in Figure 1. We keep all the equations in non-dimensional form for convenience, but later we provide further discussion on the derivation, including a list of how each non-dimensional parameter is defined. As illustrated in the diagram, the domain is long and thin with aspect ratio $\varepsilon = H/L \ll 1$ (where $H$ and $L$ are the height and length of the snack). We model regions 1 and 3 using an advection-diffusion equation for the temperature (due to energy conservation), and Darcy’s law.
for the fluid flow,

\[ \frac{1}{St} \frac{\partial T_i}{\partial t} + Pe \left( \frac{\partial T_i}{\partial z} + \varepsilon^2 \mathbf{u}_i \cdot \nabla_{xy} T_i \right) = \frac{\partial^2 T_i}{\partial z^2} + \varepsilon^2 \nabla_{xy}^2 T_i, \quad i = 1, 3, \]

\[ \mathbf{u}_i = -\nabla P_i, \quad i = 1, 3, \]

\[ 0 = \frac{\partial^2 P_i}{\partial z^2} + \varepsilon^2 \nabla_{xy}^2 P_i, \quad i = 1, 3, \]

where \( T_i(x_i, t) \) is the temperature, \( \mathbf{u}_i(x, t) = (u_i, v_i, w_i) \) is the velocity of the fluid, and \( P_i(x, t) \) is the pressure. Subscripts are used to denote the different regions and \( \nabla_{xy} = (\frac{\partial}{\partial x}, \frac{\partial}{\partial y}, 0) \) is the gradient in the \( x-y \) plane. Our dimensionless parameters are the Péclet number \( Pe \), and the Stefan number \( St \), and their definitions can be found in Table 1. We assume that the flow in the core region 2 of the snack is negligible, and so there is no need for any mass or momentum equations. The heat equation in this region is

\[ \frac{C}{St} \frac{\partial T_2}{\partial t} = K_2 \left( \frac{\partial^2 T_2}{\partial z^2} + \varepsilon^2 \nabla_{xy}^2 T_2 \right), \]

where \( K_2 \) and \( C \) are the ratios of thermal conductivities and volumetric heat capacities between regions 2 and 1. In region 4, we have an advection-diffusion equation for the temperature and the Navier-Stokes equations for the fluid flow,

\[ \frac{Pe}{K_4} \left( \frac{1}{\tau} \frac{\partial T_4}{\partial t} + \mathbf{u}_4 \cdot \nabla T_4 \right) = \frac{\partial^2 T_4}{\partial z^2} + \varepsilon^2 \nabla_{xy}^2 T_4, \]

\[ \text{Re} \left( \frac{1}{\tau} \frac{\partial \mathbf{u}_4}{\partial t} + \mathbf{u}_4 \cdot \nabla \mathbf{u}_4 \right) = -\beta \left[ \frac{\partial P_4}{\partial x}, \frac{\partial P_4}{\partial y}, \frac{1}{\varepsilon^2} \frac{\partial P_4}{\partial z} \right]^T + \frac{\partial^2 \mathbf{u}_4}{\partial z^2} + \varepsilon^2 \nabla_{xy}^2 \mathbf{u}_4 - \frac{\text{Re}}{\text{Fr}^2} \mathbf{h}, \]

\[ \nabla \cdot \mathbf{u}_4 = 0, \]

where \( K_4 \) is a ratio of thermal conductivities between regions 4 and 1, \( \tau \) is the ratio of the timescale of evaporation to the timescale of evolution of the vapour blanket \( z = -h \), \( \text{Re} \) is the Reynolds number, \( \text{Fr} \) is the Froude number, and \( \beta \) is a measure of the relative size of the hydrostatic pressure of the oil acting on the gas in region 4 compared to the pressure drop needed to maintain the Darcy gas flux in regions 1 and 3. On the boundaries at \( z = 1 \) and \( z = -h \), we have Newton’s law of heating

\[ \frac{1}{N} \frac{\partial T_1}{\partial z} = 1 - T_1, \quad z = 1, \]

\[ \frac{K_4}{N \sqrt{1 + \varepsilon^2 |\nabla_{xy} h|^2}} \left( \frac{\partial T_4}{\partial z} + \varepsilon^2 \nabla_{xy} h \cdot \nabla_{xy} T_4 \right) = T_4 - 1, \quad z = -h, \]

where \( N \) is the Nusselt number, measuring the ratio between heat transfer at the boundary and heat conduction in the snack. At the boundary, \( z = -h \), we have the kinematic and dynamic boundary conditions

\[ \frac{1}{\tau} \frac{\partial h}{\partial t} = w_4 - \mathbf{u}_4 \cdot \nabla_{xy} h, \quad z = -h, \]

\[ \mathbf{D} \cdot \mathbf{n} = \frac{\beta}{\varepsilon} \left( P_4 - h - \frac{\kappa}{\text{Bo}} \right) \mathbf{n}, \quad z = -h, \]
where Bo is the Bond number, $\kappa$ is the curvature, $D$ is the strain rate tensor, and $\mathbf{n}$ is the normal to the vapour blanket, given by

\begin{equation}
\kappa = \frac{\nabla^2 xy h}{(1 + \varepsilon^2|\nabla xy h|^2)^{3/2}},
\end{equation}

\begin{equation}
D = \begin{pmatrix}
\frac{2 \varepsilon^2 \frac{\partial u_1}{\partial y} + \frac{\partial u_1}{\partial x}}{\partial z} & \frac{\varepsilon^2 \left( \frac{\partial u_1}{\partial x} + \frac{\partial u_2}{\partial y} \right) + \frac{\partial u_2}{\partial z}}{\partial z} & \frac{\varepsilon^2 \left( \frac{\partial u_1}{\partial y} + \frac{\partial u_3}{\partial z} \right) + \frac{\partial u_3}{\partial z}}{\partial z} \\
\frac{\varepsilon^2 \left( \frac{\partial u_2}{\partial x} + \frac{\partial u_1}{\partial y} \right) + \frac{\partial u_3}{\partial z}}{\partial z} & \frac{2 \varepsilon^2 \frac{\partial u_2}{\partial y} + \frac{\partial u_2}{\partial z}}{\partial z} & \frac{\varepsilon^2 \left( \frac{\partial u_2}{\partial y} + \frac{\partial u_3}{\partial z} \right) + \frac{\partial u_3}{\partial z}}{\partial z} \\
\frac{\varepsilon^2 \left( \frac{\partial u_3}{\partial x} + \frac{\partial u_1}{\partial y} \right) + \frac{\partial u_3}{\partial z}}{\partial z} & \frac{\varepsilon^2 \left( \frac{\partial u_3}{\partial y} + \frac{\partial u_2}{\partial z} \right) + \frac{\partial u_2}{\partial z}}{\partial z} & \frac{2 \varepsilon^2 \frac{\partial u_3}{\partial y} + \frac{\partial u_3}{\partial z}}{\partial z}
\end{pmatrix},
\end{equation}

\begin{equation}
\mathbf{n} = \frac{1}{\sqrt{1 + \varepsilon^2 |\nabla xy h|^2}} \begin{pmatrix}
-\varepsilon \frac{\partial h}{\partial x} \\
-\varepsilon \frac{\partial h}{\partial y} \\
1
\end{pmatrix}.
\end{equation}

On the evaporation fronts, $z = s_i$ for $i = 1, 2$, we require that the temperature matches the evaporation temperature of water

\begin{equation}
T_1 = T_2 = 0, \quad z = s_1,
\end{equation}

\begin{equation}
T_2 = T_3 = 0, \quad z = s_2.
\end{equation}

We also have a Stefan condition describing the motion of the evaporation fronts. This condition can be derived by balancing the latent energy required to vaporise water with difference in heat flux on either side of the boundary. This gives us

\begin{equation}
\dot{s}_1 = K_2 \frac{\partial T_2}{\partial z} - \frac{\partial T_1}{\partial z} + \varepsilon^2 \nabla xy s_1 \cdot \nabla xy (T_1 - K_2 T_2), \quad z = s_1,
\end{equation}

\begin{equation}
\dot{s}_2 = K_2 \frac{\partial T_2}{\partial z} - \frac{\partial T_3}{\partial z} + \varepsilon^2 \nabla xy s_2 \cdot \nabla xy (T_3 - K_2 T_2), \quad z = s_2.
\end{equation}

The change in density undergone when the water vaporises creates a flow in regions 1 and 3. As discussed by [17], the equations that describe the flow generated by this volume change are

\begin{equation}
\left( 1 - \frac{1}{R} \right) \dot{s}_1 = -w_1 + \varepsilon^2 u_1 \cdot \nabla xy s_1, \quad z = s_1,
\end{equation}

\begin{equation}
\left( 1 - \frac{1}{R} \right) \dot{s}_2 = -w_1 + \varepsilon^2 u_3 \cdot \nabla xy s_2, \quad z = s_2,
\end{equation}

where $R$ is the ratio of the density of water to the density of steam. This signifies the volume change that happens when the water is vapourised, which drives the gas flow.

Finally, at the interface between the snack and the vapour blanket, we have continuity of temperature, mass, pressure, and heat flux,

\begin{equation}
T_3 = T_4, \quad P_3 = \varepsilon^2 \beta T_4, \quad K_4 \frac{\partial T_4}{\partial z} = \frac{\partial T_3}{\partial z}, \quad z = 0,
\end{equation}

\begin{equation}
\left[ \varepsilon^2 u_3, \varepsilon^2 v_3, w_3 \right] = \left[ u_4, v_4, w_4 \right], \quad z = 0,
\end{equation}

where $\Gamma$ is the non-dimensional permeability of the snack. The dimensionless initial conditions are given by

\begin{equation}
T_2(x, t) = T^*,
\end{equation}

\begin{equation}
s_1(x, y, 0) = 1,
\end{equation}

\begin{equation}
s_2(x, y, 0) = 0,
\end{equation}

\begin{equation}
h(x, y, 0) = 0.
\end{equation}
In Table 1 we list the dimensionless parameters of the system, their definitions in terms of dimensional parameters, and their approximate values. The dimensional parameters appearing in Table 1 are: \( L_v \), the latent heat of vaporisation of water; \( \phi \), the porosity of the snack; \( \chi \), the permeability of the snack; \( h_c \), the heat transfer coefficient; \( \gamma \), the interfacial tension between water and oil; \( g \), the acceleration due to gravity; \( H \), the height of the snack; \( L \), the length of the snack; \( \mu_v \), the viscosity of water vapour; \( T_o, T_i, T_a \), the temperature of the oil, the evaporation temperature of water, and the ambient air temperature of the snack before entry into the oil; and \( \rho_o, \rho_i, \rho_v \), the density of oil, water, and vapour, respectively. Finally, we have some compound parameters for regions 1, 2, and 3, each with a subscript denoting the relevant region. These are: \( \rho_j \), the compound density; \( k_j \) the compound thermal conductivity; and \( c_{p,j} \), the compound specific heat capacity, with \( j = 1 - 4 \). These compound parameters have been determined by taking a volume-weighted-average of the parameters for the individual phases (solid snack, water, vapour) in each region (see [11] for instance). For example, \( \rho_1 = \alpha_s \rho_s + \alpha_v \rho_v \), where each \( \alpha \) represents a mass fraction.

**2.2. Model simplifications.** Having calculated the non-dimensional parameters in Table 1, we are motivated to consider the asymptotic limit of

\[
(2.27) \quad \text{Pe}, \varepsilon, \text{Re}, \text{Bo}^{-1}, \text{Pe}/K_4, \text{Pe}/K_4 \tau, \text{Re}/\tau, \varepsilon^2 K_2, \text{Re}/\text{Fr}^2, 1/R \to 0.
\]

Note that although a few of these parameter groups associated with the vapour layer (\( \text{Re}, \text{Pe}/K_2 \)) are marginal in this scaling, we have also carried out a more complex scaling in which the thicknesses of regions 3 and 4 are scaled separately. This scaling confirms that all the dimensionless quantities listed above are small.

Under these limits, the only coupling between the flow and thermal problems is through the boundary conditions (2.10), (2.11), (2.19) and (2.20). The simplified
The governing equations for the heat problem are

\[ \frac{1}{St} \frac{\partial T_1}{\partial t} = \frac{\partial^2 T_1}{\partial z^2}, \quad s_1 \leq z \leq 1, \]  
\[ \frac{C}{St} \frac{\partial T_2}{\partial t} = K_2 \frac{\partial^2 T_2}{\partial z^2}, \quad s_2 \leq z \leq s_1, \]  
\[ \frac{1}{St} \frac{\partial T_3}{\partial t} = \frac{\partial^2 T_3}{\partial z^2}, \quad 0 \leq z \leq s_2. \]

The only dependence of the heat problem on the thickness of the vapour blanket \( h \) is through the lower boundary condition. Hence, the complete set of boundary conditions for the heat problem are

\[ \frac{1}{N} \frac{\partial T_1}{\partial z} = 1 - T_1, \quad z = 1, \]  
\[ T_1 = T_2 = 0, \quad z = s_1, \]  
\[ \dot{s}_1 = K_2 \frac{\partial T_2}{\partial z} - \frac{\partial T_1}{\partial z}, \quad z = s_1, \]  
\[ T_2 = T_3 = 0, \quad z = s_2, \]  
\[ \dot{s}_2 = K_2 \frac{\partial T_2}{\partial z} - \frac{\partial T_3}{\partial z}, \quad z = s_2, \]  
\[ \frac{1}{N} \frac{\partial T_3}{\partial z} \left( \frac{hN}{K_4} + 1 \right) = T_3 - 1, \quad z = 0, \]

where equation (2.36) is derived by solving for \( T_4 \) and inserting the solution into (2.21). Specifically, \( T_4 \) is given in terms of \( T_3 \) and \( h \) by

\[ T_4 = 1 + \frac{1}{N} \left( \frac{(z + h)N}{K_4} + 1 \right) \frac{\partial T_3}{\partial z} \bigg|_{z=0}. \]

In order to obtain an equation for \( h \), we need to follow a series of steps. Firstly, taking the third component of the simplified version of (2.6) together with the reduced form of (2.11) we obtain \( P_4 = h \) throughout region 4. Now, \( u_4 \) can be found simply by integrating the reduced form of the first two components of (2.6), as well as (2.7). Substituting this into the kinematic condition (2.10) gives

\[ \frac{1}{\tau} \frac{\partial h}{\partial t} = \frac{\beta}{3} \nabla_{xy} \cdot \left( h^3 \nabla_{xy} h \right) - w_4|_{z=0}. \]

Finally, by considering the fluid problem in region 3, and using the simplified version of (2.20), we see that \( w_4|_{z=0} = -\dot{s}_2 \). Thus, the governing thin-film equation for the vapour blanket becomes

\[ \frac{1}{\tau} \frac{\partial h}{\partial t} = \frac{\beta}{3} \nabla_{xy} \cdot \left( h^3 \nabla_{xy} h \right) + \dot{s}_2. \]

We would expect that at the edges of the snack, \( h \) would take some finite value and the pressure would be equivalent to the hydrostatic pressure of the oil. However, in our thin film equation (2.39) we cannot impose both these conditions, so we choose

\[ h = 0, \quad \text{at } \delta \Omega_0, \]

as the lateral boundary condition, where \( \Omega_0 \) is the cross-section of the snack at \( z = 0 \), and \( \delta \Omega_0 \) is the boundary of \( \Omega_0 \). We note that in choosing this boundary condition,
we will see that the \( h \) will have to have infinite slope at the edges in order to have a finite flux.

Note that whilst the vapour blanket thickness depends spatially on \( x \) and \( y \),
\[
h(x, y, t) = h(x, y, t)
\]
Hence, it is convenient to replace \( h \) in (2.36) by an average film thickness
\[
\overline{h} = \int_{\partial\Omega} h \, dx \, dy
\]
Making this substitution, the thermal problem is purely in terms of \( z \), and the vapour blanket problem is in terms of \( x \) and \( y \). We can simplify even further by assuming that the snack is uniform in the \( y \) direction, giving us a one-dimensional model for the thermal problem in \( z \), and a one-dimensional model for the vapour blanket problem in \( x \). This is the approach taken for the remainder of this study.

### 2.3. Density calculation and lift-off time.

A necessary condition for the snack to detach from the conveyor belt is that its density is less than that of the surrounding oil. The reduction of the density of the snack is due to two processes. Firstly there is loss of mass as water evaporates into steam and leaves the snack. Secondly the formation of the vapour blanket increases the volume of the snack.

The dimensionless density, \( \rho \), is scaled by the density of oil, \( \rho_o \), so that \( \rho = 1 \) when the snack is neutrally buoyant. The density is given by

\[
\rho(t) = \frac{1}{1 + \int_0^1 h \, dx} \left( \frac{\rho_v}{\rho_o} \int_0^1 h \, dx + \frac{\rho_l}{\rho_o} \alpha_l (s_1 - s_2) + \frac{\rho_v}{\rho_o} \alpha_v [1 - (s_1 - s_2)] + \frac{\rho_s}{\rho_o} \alpha_s \right).
\]
The denominator is the volume of the snack, including the volume of the bubble given by integrating over \( h \). The numerator is the mass of the snack broken into contributions from the gas in the bubble, liquid water in region 2, water vapour in regions 1 and 3 and the solid component of the snack. Therefore, the non-dimensional lift-off time, which we denote \( t^* \), is the first time \(^1\) for which

\[
\rho(t^*) < 1.
\]

### 3. Numerical Approach.

Our first approach is to solve the problem (2.28)-(2.30), (2.39) numerically using the enthalpy method \cite{3, 18}. The non-dimensional temperature, \( T \), is related to the non-dimensional enthalpy, \( \theta \), in the following way:

\[
T = \begin{cases} 
\frac{StK_2}{Cp} \theta : & \theta < 0, \\
0 : & 0 \leq \theta \leq 1, \\
St(\theta - 1) : & \theta > 1. 
\end{cases}
\]
The enthalpy method conveniently reduces the problem to solving the single partial differential equation

\[
\frac{\partial \theta}{\partial t} = \frac{\partial^2 T}{\partial z^2},
\]
within the entire domain \( 0 \leq z \leq 1 \), where \( \theta \) and \( T \) are related via (3.1). We solve (2.39) and (3.2) using the method of lines with a fourth order central finite

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\(^1\)Note that in reality, there may be some surface tension effects holding the snack down to the solid substrate, therefore delaying lift-off time. However, since these depend on the specific surface properties of the fryer substrate, we do not study such effects here.
(a, b, c, d) Numerical solution at $t = 0, 0.02, 0.1, 0.8$, showing a colour plot of the temperature in the snack, a corresponding line plot of the temperature, and the film thickness beneath the snack.

We plot the solution in Figures 2 and 3, illustrating the evolution of the temperature, the vapour blanket, and the resultant snack density. We identify several clear regimes in the frying process, which we indicate in the density plot in Figure 3a). Initially the snack is plunged into the oil at room temperature, and so the first regime consists of a heating period, bringing the temperature within the snack to the evaporation temperature. During this heat diffusion regime, the snack is entirely...
Fig. 3. (a) Numerical solution for the density evolution over time, indicating the critical density for lift-off $\rho = 1$. (b) Evolution of the evaporation fronts $s_1$ and $s_2$.

composed of liquid and solid (region 2). Once the temperature is near the boiling point everywhere, and equal to the boiling temperature at the edges of the snack, the latent heat begins to be removed. As the latent heat is removed from the edges of the snack, two evaporation fronts recede into the interior of the snack, bubbling away vapour through the top and bottom. This is the second regime of the process, during which the vapour blanket is formed, and inflates very rapidly, causing a sudden drop in density. Hence, this is denoted the bubble inflation regime. However, the vapour blanket quickly reaches a steady state, bringing us to the third and final regime of the process. During this regime, even though the blanket thickness is approximately constant, the evaporation fronts continue to move inwards, and so we denote this the quasi-steady regime. In particular, the fact that the blanket remains at near-constant volume can only be explained by a constant growth rate of the evaporation front $\dot{s}_2$ in (2.39), and this is in accordance with our numerical observations in Figure 3b). Furthermore, the temperature within each region is approximately linear with $z$, as can be seen in Figure 2d). This piecewise linear temperature profile, which is characteristic of the quasi-steady limit [3, 12, 2], is due to the large Stefan number in (2.28)-(2.30). Later in section 4 we will use our numerical observations from Figure 2d) to motivate an asymptotic treatment of the quasi-steady behaviour by taking the limit of large Stefan number. We also note that, as mentioned at the end of Section 2.2, the slope of the blanket at the edges of the snack is infinite, which is most visible...
in Figure 2d). Thus, we have used a refined spatial grid in the numerical solution.

The lift-off time of the snack is taken as the time at which the density falls below the oil density (2.42). For the parameters used here, this corresponds to a time of $t \approx 0.1$, or in dimensional terms, ~ 1 second, which is in agreement with observations in the frying industry. A key result from our model is that the lift-off time is largely controlled by the inflation of the vapour blanket. In fact, since the bubble inflation is so rapid and causes such a large relative change in volume, the time for lift-off is only marginally larger than the time needed for first evaporation (see Figure 3a)).

Hence, as a proxy for the lift-off time, one can simply solve the initial heat diffusion problem (first regime) and find the time at which the latent heat is first removed from the bottom boundary $z = 0$. Such an approach reduces the computational cost and technical complexity of the problem since it avoids having to resolve the growth of the vapour blanket. Following this proxy approach, the key parameter that determines the lift-off time is the Nusselt number $N$, which is a measure of the ratio between heat transfer at the boundary and heat conduction in the snack. We can further simplify this proxy problem in order to derive an analytic formula for $t^*$ as a function of $N$.

We do this by integrating the heat equation from the bottom to the top of the crisp, substituting in the Newton heating boundary conditions, then assuming the average temperature in the crisp and the temperature at the top and bottom of the crisp are all approximately equal. Doing this we recover an ODE for the temperature of the crisp, which we can solve to recover

$$t^*(N) = \frac{C}{2NStK_2} \log (1 - T^*)$$

In the literature the Nusselt number for snacks varies between 0.3 and 1.3. Therefore, in Figure 4 we plot the variation of approximate lift-off time with Nusselt number calculated using the analytic formula, the proxy approach, and the full numerical problem for $t^*$ such that $\rho(t^*) < 1$. The lift-off time is a monotone decreasing function of $N$, as expected. In dimensional terms lift-off occurs for times between 0.5 and 2.6 seconds.

As a further motivation for our vapour blanket model, suppose instead we were
to ignore the vapour blanket, and just solve the classic Stefan problem with Newton
heating boundary conditions (i.e. \( h = 0 \)). In this case, we skip the second regime
since there is no bubble inflation, and simply move from a heat diffusion regime to
a quasi-steady regime. From Figure 3a) we see that the density decay in the quasi-
steady regime is much slower than that caused by bubble inflation. This results in a
lift-off time closer to \( t = 1 \), which in dimensional terms corresponds to more than 10
seconds, and this is a factor of ten larger than experimental observations. Hence, this
serves as a good indication that our vapour blanket model is accurate, and provides
the essential ingredients to predict the lift-off time during frying.

Motivated by the above simulations, we now consider a further limiting case of
the mathematical model called the quasi-steady limit. In this limit, we can further
simplify the governing equations and find some analytical results that provide useful
insight to the problem.

4. Quasi-steady limit. The quasi-steady limit corresponds to when the thermal
problem (2.28)-(2.30) becomes independent of time except through the motion of the
evaporation fronts. This limit, which is typical in such phase change problems, is a
result of the fact that the Stefan number is large [3, 12, 2]. In our case, \( \text{St} = O(10) \),
which, though not large in the absolute sense, is large enough for the purposes of
our asymptotic analysis, as the numerical results suggest. It is often the case that
an asymptotic result valid when a certain parameter is large is also valid beyond this
range. To study this limit, we restrict our attention to the second and third regimes
of the above simulations. That is to say, we replace the initial conditions at room
temperature (2.23) that we used previously with initial conditions at the evaporation
temperature \( T(t = 0) = 0 \). As before, we restrict our attention to the case where the
evaporation fronts move uniformly, such that \( s_1, s_2 \) and \( T_1-T_3 \) are independent of \( x \)
and \( y \). Hence, the temperature in each region is given by

\[ T_i = A_i(t)z + B_i(t), \]

for some functions \( A_i, B_i \), for \( i = 1-4 \). The thermal profiles (4.1) are consistent with
our numerical observations in Figure 2d), where the temperature is approximately
linear within each region.

Applying the boundary conditions (2.31)-(2.36), we obtain

\[ T_1 = \frac{z - s_1}{1 + 1/N - s_1}, \]
\[ T_2 = 0, \]
\[ T_3 = \frac{s_2 - z}{1/N + \bar{h}/K_4 + s_2}, \]
\[ s_1 = \frac{-1}{1 + 1/N - s_1}, \]
\[ s_2 = \frac{1}{1/N + \bar{h}/K_4 + s_2}. \]

The last equation (4.6) contains the spatial average of the vapour blanket thickness,
\( \bar{h} = \int_0^1 h \, dx \), which is found by solving the thin-film equation

\[ \frac{1}{\tau} \frac{\partial h}{\partial t} = \frac{\beta}{3} \frac{\partial}{\partial x} \left( h^3 \frac{\partial h}{\partial x} \right) + \frac{1}{1/N + \bar{h}/K_4 + s_2}. \]
Fig. 5. Solution to the quasi-steady approximation. (a) Evolution of the thin film $h$ at various times. (b) Evolution of the lower evaporation front $s_2(t)$.

together with the boundary conditions $h = 0$ at $x = 0, 1$ from (2.40). We again note that we expect the slope of $h$ to be infinite at the edges to be consistent with the requirement for a finite non-zero flux. We can solve (4.5) immediately, finding

$$s_1 = \frac{1}{N} \left( 1 + N - \sqrt{1 + 2N^2t} \right).$$

The form of (4.8) reveals the classic $t^{1/2}$ similarity behaviour that is discussed for Stefan problems in the literature [19, 9]. The remaining unknowns $h$ and $s_2$ are found by solving the coupled system (4.6)-(4.7). In Figure 5 we display the numerical solution to this system, calculated using the method of lines, as before. We see a fast early-time growth of the evaporation front $s_2$, causing a rapid inflation of the bubble over a timescale of around $t = 0.01$. After this inflation period, the growth rate of $s_2$ is almost constant, and consequently the bubble shape reaches a steady state, which is consistent with Figures 2,3.

To understand the apparent steady state, let us consider the evolution equation for the lower evaporation front (4.6). It is not immediately obvious that (4.6) yields a constant growth rate solution. However, the non-dimensional conductivity ratio is very small $K_4 \approx 0.04$, and $s_2$ in Figure 5 is also very small, suggesting that perhaps the variables $s_2$ and $h$ ought to be rescaled by $K_4$ appropriately. Since, for the steady state solution, we expect $h$ to be independent of time but dependent on space, and we expect the evaporation front to move at a linear growth rate, we seek a rescaling of the form

$$s_2 = K_4^c (a + bt) + \mathcal{O}(K_4^{2c}),$$

$$h = K_4^d H(x) + \mathcal{O}(K_4^{2d}),$$

for some unknown coefficients $a, b, c, d > 0$. By inserting the above into (4.6)-(4.7), we can see that a steady state is only possible (to leading order) if we choose

$$d - 1 + c = 0,$$

$$4d = c,$$
which has solution $c = 4/5$ and $d = 1/5$. Taking the limit of small $K_4$, the resulting
system of equations is

\begin{align}
\frac{1}{3} (H^3 H_x)_x + \frac{1}{\beta \overline{H}} &= 0, \\
H = \left( \frac{6x(1-x)}{H \beta} \right)^{1/4},
\end{align}

where $\overline{H} = \int_0^1 H \, dx$ is the scaled average film thickness, which is a constant in the
steady state. We can solve (4.14) to give $H$ in terms of its average value

\begin{equation}
\overline{H} = \left[ \frac{\Gamma(5/4)}{\Gamma(3/4)} \left( \frac{8\pi^2}{27\beta} \right)^{1/4} \right]^{4/5},
\end{equation}

where $\Gamma$ is the Euler Gamma function. Note that the above is only valid for times
much smaller than $t \approx K_4^{-4/5} \approx 13$. However, the snack frying process all takes place
within $0 \leq t \leq 1$, so this is acceptable. Note also that the linear behaviour of $s_2$ with
respect to time is different from the square root behaviour of $s_1$ observed in (4.8).
Hence, the vapour blanket completely changes evaporation at the lower boundary.

In Figure 6 we display a comparison of the results from the quasi-steady limit,
including the steady state, to the original numerical solution from Figures 2,3. For
the comparison, we look at the long-time evolution of the film thickness, the density,
the evaporation fronts and the temperature within the snack. We see that in all
cases there is close agreement between the numerical solution to the full problem,
the quasi-steady solution and the steady state. There is a slight discrepancy ($\sim 5\%$)
for the steady state solution to the thin film, and this can be explained by the
asymptotic approximation (4.10) and the fact that the Stefan number is not very
large. Indeed, the correction to the leading-order approximation in $1/\text{St}$ is $O(1/\text{St})$,
which is comparable to the magnitude of the discrepancy we see between the numerical
solution to the full problem and the quasi-steady result. This discrepancy could be
mitigated by going to higher order terms in the asymptotic expansions.

There is also a slight disagreement ($\sim 1\%$) between the early-time density pre-
dictions of the numerical solution to the full problem and the quasi-steady solution.
This can be explained by the way in which we calculate the speed of the lower evap-
oration front $\dot{s}_2$, which largely controls the density at early times via the inflation of
the vapour blanket. In the quasi-steady approximation we calculate the evaporation
front $s_2$ using a numerical discretisation scheme in time to solve (4.6), with time step
$\delta t = 4 \times 10^{-8}$, providing very smooth results. On the other hand, in the numerical
solution to the full problem, since we calculate the temperature using the enthalpy
method, which does not require tracking the position of the fronts, the evaporation
front is calculated by finding the grid point that separates liquid and gas phases.
Since the grid spacing is finite, this leads to non-smooth step changes in $s_2$ and spikes
in the time-derivative of $s_2$, which we have attempted to smooth using a damping
method. Nevertheless, even with a time step $\delta t = 4 \times 10^{-8}$, this produces inevitable
Long time results from the quasi-steady approximation. (a) Evolution of the thin film $h$ at various times, compared to the analytical solution for the steady state. (b) Density $\rho(t)$ as a function of time, indicating the lift-off density $\rho = 1$. (c) Evolution of the lower Stefan boundary $s_2(t)$, compared to the analytical solution for the steady state $s_2 = \frac{K_4}{H}$. (d) Temperature profiles $T(z,t)$ at different times between $t = 0$ and $t = 1$, indicating liquid and vapour regions.

Closer agreement can be attained with an even smaller spatial discretisation, but due to the explicit discretisation method, this results in lengthy computation times. Hence, interestingly the quasi-steady solution, though it only applies to an asymptotic limit, is generally more accurate than the numerical solution to the full problem. Since the critical time of interest is the lift-off time, which still shows close agreement between these two approaches, we do not consider this discrepancy to be very important.

Finally, in Figure 6 d) we display a comparison of the predictions of the evaporation fronts and the temperature. On a macroscopic level, there is very close agreement, and in particular the steady state solution performs remarkably well. After a time of $t = 1$, or 10 seconds in dimensional terms, nearly half the liquid in the snack has evaporated and the density has dropped by a factor of around 2. The overall thickness of the vapour blanket is nearly equal to the total width of the snack, which is also consistent with experimental observations.
5. Conclusions. We considered a mathematical model of potato snack frying to estimate the time at which the snack becomes less dense than the surrounding oil and begins to float, also known as the lift-off time. To that end, we modelled the frying process as a Stefan problem with two propagating evaporation fronts at which the liquid in the dough evaporates, thereby decreasing the density of the snack. In addition, a key feature in our model is the presence of a vapour blanket that forms underneath the snack as liquid evaporates. The moving evaporation fronts and the vapour blanket were assumed to be the two main mechanisms for density reduction of the snack and, therefore, its eventual lift-off. Numerical results of the full system, using the enthalpy method, revealed that both of these mechanisms were indeed essential to predict a physically realistic lift-off time of the order of one second.

Two simplifications to the model were presented which gave useful insights into the frying process and reduced the computation time. Firstly, since the inflation of the vapour blanket causes a significant decrease in the snack density over a very short timescale, we demonstrated that the lift-off time could be well approximated by the time for first evaporation instead. This calculation is computationally cheaper and less technically complex since it avoids modelling the vapour blanket dynamics. Secondly, due to the large Stefan number we considered a simplified quasi-steady model to describe the late-time dynamics. Both numerical and analytical solutions to this simplified model were presented, showing close agreement with solutions to the full system. This quasi-steady approximation not only further reduces the computational cost, but also provides key insights, such as the steady-state shape of the vapour blanket at late times.

One of the key dimensionless parameters that emerged as part of our analysis was the Nusselt number \( N \), which is the ratio between heat transfer at the snack boundary and heat conduction in the snack interior. We investigated how changing this parameter affects the lift-off time of the snack, which is important for snack manufacturers since changing the dough, for example, can alter the Nusselt number via the material properties. Hence, knowledge of the dependence of the lift-off time on \( N \) is useful in determining optimal cooking strategies.

To further improve the prediction of lift-off time, other forces on the snack could be considered. These could include interfacial tension between the snack and its substrate (the conveyor belt) as well as the peeling energy required to overcome the dough elasticity. As a result, the orientation of the snack on the belt and indeed the belt design and material could have a further impact on the lift-off time of the snack.

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