Preliminary accuracy of COVID-19 odor detection by canines and HS-SPME-GC-MS using exhaled breath samples

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The novel coronavirus SARS-CoV-2, since its initial outbreak in Wuhan, China has led to a worldwide pandemic and has shut down nations. As with any outbreak, there is a general strategy of detection, containment, treatment and/or cure. The authors would argue that rapid and efficient detection is critical and required to successful management of a disease. The current study explores and successfully demonstrates the use of canines to detect COVID-19 disease in exhaled breath. The intended use was to detect the odor of COVID-19 on contaminated surfaces inferring recent deposition of infectious material from a COVID-19 positive individual. Using masks obtained from hospitalized patients that tested positive for COVID-19 disease, four canines were trained and evaluated for their ability to detect the disease. All four canines obtained an accuracy >90% and positive predictive values ranging from ~73 to 93% after just one month of training.

1. Introduction

Originally epi-centered in Wuhan, the capital of the Hubei Province of the People’s Republic of China, COVID-19 disease (caused by the novel coronavirus SARS-CoV-2) was declared a global pandemic by the World Health Organization (WHO) on March 11, 2020 [1,2]. The disease has devastated world populations with the latest report, at the time of writing, from the Centers for Disease Control and Prevention (CDC) indicating over 93 million reported cases of the disease and over 2 million deaths worldwide [3]. In addition to the loss of human life, COVID-19 has ruined livelihoods, businesses and economies around the world, with a long road to recovery ahead. The World Bank projects a contraction of the global gross domestic product (GDP) of 5.2% as a result of COVID-19, the deepest global recession in decades [4]. A report by Statista (2021) [5] confirms this figure and projects the dollar loss as 3.5 trillion U.S. dollars for every 0.4% drop in economic growth.

Many governments worldwide were largely ill equipped to manage the spread or contain the damage by such a sudden and large-scale threat. Never before has it been clearer that multiple solutions and preferably rapidly deployable solutions are necessary to enable a better prognosis when the inevitable next threat arises. One of the major factors that allows an epidemic to become a pandemic is the large-scale trade and travel that exists today in an open global economy. The authors believe that rapid screening methods for disease at key entry points such as airports and shipping ports, as well as internally at large scale events, schools, etc. are currently lacking but essential to successful management of an infectious disease such as COVID-19. Naturally, one of the difficulties with a new disease or threat is that little is often known, and molecular techniques can take time to develop through research. A variety of techniques have been developed for the detection of COVID-19, these include immunoassays, molecular tests for viral detection using reverse transcription polymerase chain reactions (rtPCR) and hospital imaging techniques through chest computed tomography (CT) scans. These techniques have a range of accuracies from 30% to over 99.7% [6,7] the most accurate being rtPCR, commonly referred to as the Gold Standard in COVID-19 testing [8]. However, rtPCR is argued the most expensive and least adaptable of these detection techniques, requiring specific sampling protocols, expensive

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reagents (that were quickly in short supply), highly skilled personnel and sophisticated equipment and facilities that are often far removed from the persons or areas being infected. This has resulted in a high demand for an accurate, rapid and field deployable detection mechanism for COVID-19.

One rapid screening method that has been under investigation in recent times is the detection of unique volatile organic compound (VOC) markers from exhaled breath of diseased patients [9]. VOCs are metabolic products that enter the bloodstream and are released into the air via blood, urine, feces, skin and breath (Amann et al., 2014). The use of volatile organic compounds (VOCs) has been widely reported throughout literature as a means by which certain diseased states may be identified [10–19]. Analytical instruments have been tested and show promise for their use as effective screening tools [20]. However, for the detection of breath VOCs, sensitivity limitations still exist with these instruments reporting sensitivity levels in the parts per billion (ppb) range [20]. It has been reported that VOCs in human breath are released in concentrations of parts per billion to parts per trillion (ppt), in comparison to human blood and urine where VOCs are released in the parts per million (ppm) range [20]. One method to combat this limitation has been the use of trained scent detection dogs as research has shown odor detection capabilities in the ppt range [21,22].

Dogs (Canis familiaris) are one of the earliest domesticated animals, and their use as working animals date back to early foragers and hunters between 14,000–36,000 years ago [23]. Today, working dogs are used in a number of applications but most relevant to this discussion is odor detection and discrimination. Owing to their highly developed olfactory system, dogs have been extensively used for the real-time detection of target odors of interest by law enforcement, military, and private agencies [21]. Additionally, a dog’s mobility, independent thinking, ability to quickly learn new odors through operant conditioning and high selectivity present significant advantages over analytical instrumental methods. Traditional law enforcement and military targets for dogs range from drugs, money, explosives and missing persons [24]. The United States Department of Agriculture (USDA) and border control agencies globally use canines for the detection of illegal food product, plants [25] and pests [26–31], and more recently, canines have been used to combat wildlife trafficking. Less traditional uses of canines have been demonstrated with the detection of chronic diseases in humans such as cancer and diabetes [32–37] and pre-seizure detection of epileptic individuals [38]. Other studies have also demonstrated high rates of success in detection of plant pathogens causing laurel wilt disease in avocado trees [39,40]. Other researchers have demonstrated success with a citrus pathogen [41,42]. The current hypothesis assumes that, as with other diseased individuals, persons suffering from COVID-19 will exhibit a physiological change that manifests as a disease state related VOC profile, thereby allowing detection by a well-trained scent detection canine. Indeed, other research groups have also begun to consider canines as ideal candidates for COVID-19 screening with work on saliva [43] and sweat as targets [44]. This current study demonstrates the capabilities of canines for the detection and rapid screening of the odor of COVID-19 through the use of breath volatiles.

2. Materials and methods

2.1. Sample collection and sterilization

Florida International University (FIU) researchers collaborated with a Baptist Health South Florida team to obtain discarded masks previously worn by patients admitted to the hospital and diagnosed with COVID-19 and confirmed with PCR tests. These patients, while being monitored by medical staff, wore personal protective equipment (PPE) during treatment and afterwards, their PPE were discarded. Discarded masks were set aside and collected by the Baptist Health South Florida team for both analytical tests via GCMS and canine trials by FIU researchers. Masks were typically worn by patients for 30–45 min during doctor visits and then discarded. Masks were subsequently collected and sealed in a biohazard bag and then an aluminum barrier bag before being transported to FIU for further processing. The larger aluminum bag served to restrict VOC sample loss prior to use. In addition, masks from sick patients with similar symptoms but who tested negative for COVID-19 were also submitted as controls as well as clean, unworn masks to serve as blank training aids. The masks were carefully removed from their biohazard bags under a laboratory chamber/hood and made safe to handle by subjecting them to UV-C light (254 nm, germicidal light) for 10 min per side to sterilize and inactivate any viral particles [45], using a UV benchtop decontamination chamber (Dosage >500 mJ/cm²) (Air Science USA LLC, Fort Myers, FL). Additionally, samples were allowed to sit for 24–72 h before being presented to a canine, thus adding an additional layer of safety as it has been shown the virus viability rapidly declines within hours to days [46].

2.2. Chemical analyses of UV radiated samples

To ensure that UV radiation did not affect the VOCs, a prior analysis of pre- and post-UV treated samples, using headspace solid phase microextraction gas chromatography mass spectrometry (HS-SPME-GCMS), was conducted with a mixture of common human scent VOCs. A 50 μl aliquots of a compound mix was pipetted onto separate 1-inch x 1-inch pieces of masks (n=12), half of which were subjected to UV radiation. The HS-SPME-GCMS method parameters are described later in the chemical analysis section. The results (Fig. 3) showed that there was no significant effect of UV irradiation on the VOCs based on performing a Student’s T-test at 95% confidence to compare the pre and post UV results. The GCMS used was an Agilent 6890 GC coupled to an Agilent 5973 MSD (Agilent Technologies). The column used was a Sogel 30 M × 0.25 mm ID with a 0.25 μm phase thickness (SGE Analytical Science). Carrier gas was ultra-high purity helium from Airgas. Solid phase microextraction fibers were Divinylbenzene/Carboxen/Polydimethylsiloxane (DVB/CAR/PDMS), needle size 24 ga, for use with a manual holder (Sigma Aldrich). Headspace vials were 40 ml clear screw top vials (Sigma Aldrich). Samples were irradiated using a UV-Box benchtop decontamination chamber from Air Science USA LLC.

2.3. Chemical analysis of patient masks using HS-SPME-GCMS

An analysis of the VOCs from the PPE samples (masks previously worn by patients) was conducted utilizing headspace sampling with solid phase microextraction followed by analysis by gas chromatography mass spectrometry (HS-SPME-GCMS). After irradiating masks for 10 min, 1'' x 1'' portions were cut and fitted into 40 ml headspace vials. Samples were heated at 40 °C and extracted for 15 h utilizing a DVB/CAR/PDMS SPME fiber. After extraction, the fibers were then injected into the GCMS for analysis.

2.4. Data analysis

The identification of individual compounds present in the headspace of each sample was confirmed utilizing a mass spectral library from the National Institute of Standards and Technology (NIST) version 2017. These identified compounds were used for analysis to classify the samples as positive or negative for COVID-19, performed with the PLS-DA algorithm in the MetaboAnalyset software version 5.0 (https://www.metaboanalyst.ca). PLS is a supervised method that uses multivariate regression techniques to extract via linear combination of original variables (X), the information that can predict the class membership (Y). The raw peak area intensities were utilized, and all compounds were assigned numbers rather than names for the purposes of this analysis. The resulting graph demonstrated sufficient differences in peak intensities and compound presence to separate COVID-19 positive and negative patients (Fig. 4).
2.5. Canine training aid preparation

This study was conducted with IACUC approval, number: IACUC-20-046. All canines used for this study were imprinted on COVID-19 odor utilizing COVID-19 training aids, leveraging on an existing patented technology called Controlled Odor Mimic Permeation System (COMPS) [47]. COMPS utilize a permeable polymer in which a biological sample or chemical odor is housed and delivered at a measurable and reproducible rate. From the center of treated masks approximately 1” x 1” squares were cut and placed into 2” x 3” low-density polyethylene (LDPE) bags and heat sealed [48]. Each bag was then placed into a larger aluminum barrier bag and sealed until used by the canine team. Sub-samples from each mask were also placed into 40 ml glass vials for HS-SPME-GCMS analysis.

2.6. Canines

Four canines were used in this study (Fig. 1). Cobra (Belgian Malinois) and One Betta (Dutch Shepherd) are both proficient canines in scent work and were previously a part of the laurel wilt disease study mentioned above. Mac (Terrier mix) had limited detection experience and Hubble (Border Collie mix) was a green dog (no prior odor detection experience) at the beginning of this study. The canines were all first trained on the FIU patented Universal Detector Calibrant [49] (Innovative Detection Concepts Inc. Homestead, FL), which consists of a pure target VOC that is not found in the environment. Initial UDC training ensured that the canines had minimum olfaction capabilities and provided basis from which odor detection and recognition training could be performed.

2.7. Canine training

The study took place on the Modesto Maidique campus (MMC) at Florida International University (Miami, FL) in both classroom and office settings. Initially using the UDC, canines were acclimatized to searching containers, as well as moving through classrooms and office spaces. Utilizing a stainless-steel training wheel (Fig. 2), positive COVID-19 masks were placed in the same container as UDC to serve as the positive target, while in other containers negative patient masks were placed as negative targets.

This began the process of odor imprinting to allow the canines to detect the familiar scent of the UDC calibrant while also introducing the scent of COVID-19. This training took place for approximately 1 month with training three times per week. The next phase of training involved the removal of the UDC from the scent picture and allowing the canines to search the scent wheel. Positive alerts, indicated by the canine sitting or lying down, were recorded as well as false positives and false negative alerts. In all 156 training runs were completed, and the accuracy and positive predictive value of the canines was calculated. In addition, 40 double blind trials were conducted to evaluate canine performance training (Table 4). A summary of the training parameters and double-blind trials can be seen in Table 1. Canines were exposed to 24 different positive patient masks during the study and 10 COVID-19 negative, but sick patient masks. A total of four training aids were made from each mask and only one positive training aid was used for each training session and then discarded. A new training aid was utilized for each new session. Each dog and position on the wheel were given a number and utilizing a random number generator, the deployment order of the canines and placement of training aids on the wheel were randomized.

Once imprinting and training had been completed, the canines were deployed to search office spaces and areas to ascertain any COVID-19 contamination on surfaces. Canines Cobra and Hubble worked office spaces to demonstrate their ability to detect COVID-19 positive odors on surfaces. These searches were conducted where no prior knowledge to the handler/canine teams, or anyone present during the deployment, about any COVID-19 positive employees occupying the office building.

3. Results

3.1. Impact of UV-C radiation on volatiles

Headspace SPME-GCMS of a mix of volatiles analyzed pre and post UV-C radiation was a critical step to evaluate whether the method of sample preparation and making training aids safe for both handlers and canines was viable. A Student’s T-Test showed there was no significant difference in odor concentration pre and post UV-C (Fig. 3.)
3.2. Chemical analysis of COVID-19 positive patient masks and COVID-19 negative patient masks

Analysis to date have revealed the presence of several compounds in the headspace profile of these mask samples, many of which have been previously reported as human scent compounds [50]. Currently, further analysis is ongoing to identify the compound(s) that might be representative of a COVID-19 positive patient and in turn the compound(s) that allows the canine to detect COVID-19 as well as discriminate between COVID-19 positive and COVID-19 negative samples.

One of the ongoing tasks of the research is the identification of the chemical composition of COVID-19. Researchers attempted to determine, even with a small sample size (n=10) whether or not HS-SPME-GCMS could elucidate differences to classify positive and negative patient masks. Subsequently, compound peak area data were extracted and utilizing all peak areas detected, the supervised classification method PLS-DA was employed. The clustering indicated that indeed sufficient data exist, even without compound identification, to tell positive and negative patients apart (Fig. 4).

3.3. Canine training

Of the 221 training runs using COVID-19 samples, the first 96 training sessions (Table 2.) utilized negative controls or distractors from sick patients in the hospital that had a negative rPCR test for COVID-19 but had other illnesses. Overall, the accuracy obtained by the four canines using those negative controls was 85.2% while the positive predictive value was 64.0%, respectively. Specific accuracy and positive predictive responses for each canine from the first three weeks of the COVID-19 training were as follows: Mac 80% and 59%, Cobra 81% and 65%, One Betta 96% and 73% and Hubble 84% and 59% (Table 2).

In subsequent test scenarios with 121 runs, the COVID-19 positive targets were again presented to the canines, but unused clean blank
masks were used as negative targets. The average accuracy and positive predictive value for these sessions increased to 98.8% and 86.8%, respectively, with Mac 93.9% and 73.7%, Cobra 96.2% and 93.9%, One Betta 96.6% and 91.3% and Hubble 97.0% and 88.9% (Table 3).

### 3.4. Double blind trials

A total of 40 blind trials was completed to evaluate the canine’s performance post imprint training. Double blind trials were conducted with a mix of distractors ranging from empty containers, to blank unused, clean masks to healthy persons masks. The average accuracy and positive predictive value for these sessions were 97.5% and 91.5%, respectively, with Mac 96.2% and 88.6%, Cobra 99.4% and 97.6%, One Betta 98.1% and 93.0% and Hubble 96.3% and 87.0% (Table 4).

### 3.5. Deployment case study

**Case #1** - On Saturday, January 30, 2021 Canine Team Cobra and Hubble were screening a building with several previous COVID-19 outbreaks. When inspecting an office shared by 10 individuals, the study demonstrated an average accuracy (ACC) across four canines of 85.2% and a positive predictive value (PPV) of 64%. The rate of accuracies were between 80.2% and 95.8% while the PPV was between 58.9% and 93.7%. There was a marked increase in ACC and PPV when utilizing blank masks as a negative control, 98.8% and 86.8% respectively, with an observed range of 93.9%–97.0% (ACC) and 73.7%–93.9% (PPV). Jendry et al. demonstrated a PPV range of 68%–95% using eight dogs. Grandjean et al. reported success rates (number of correct identifications over number of trials) ranging from 83% to 100%. The rates observed in the current study are well within the expected ranges for detector dogs for both ACC and PPV and in line with or better than current analytical methods used to detect COVID-19 (Dong et al., 2020). In addition, post training double blind trials were also incorporated, where neither the handler nor the dog knew the location of the positive training aid. Forty such trials were completed using negative distractors from healthy individual masks as well as unused masks. The recorded ranges were 96.2%–99.4% (ACC) and 87%–97.6% (PPV).

![Table 3](https://example.com/table3.png)

| Canine name | Canine breed | Failure to alert (no.) | False alerts (no.) | ACC/PPV (%) |
|-------------|--------------|------------------------|--------------------|-------------|
| Hubble      | Border Collie Mix | 10                     | 13                 | 84.0/59.0   |
| One Betta   | Dutch Shepherd  | 4                      | 9                  | 95.8/72.8   |
| Cobra       | Belgian Malinois | 18                     | 13                 | 81.3/64.9   |
| Mac         | Terrier mix   | 18                     | 16                 | 80.2/58.9   |

*False alerts indicate when a canine sits on a negative target that does not hold a training aid.

### Table 4

Results of 40 double blind trials utilizing healthy individual masks and unused masks as distractors.

| Canine name | Canine breed | Failure to alert (no.) | False alerts (no.) | ACC/PPV (%) |
|-------------|--------------|------------------------|--------------------|-------------|
| Hubble      | Border Collie Mix | 15                     | 6                  | 96.3/87.0   |
| One Betta   | Dutch Shepherd  | 15                     | 3                  | 98.1/93.0   |
| Cobra       | Belgian Malinois | 20                     | 1                  | 99.4/97.6   |
| Mac         | Terrier mix   | 17                     | 5                  | 96.2/88.6   |

*False alerts indicate when a canine sits on a negative target that does not hold a training aid.

**4. Discussion**

This study is the first COVID-19 canine detection study focused on the volatiles in exhaled breath. Previous work on COVID-19 have utilized axillary sweat (44) and saliva or tracheobronchial secretions (43). Current GC-MS data revealed some differences in the headspace VOCs of masks of patients from these two populations, i.e., those positive for COVID-19 and those negative for COVID-19. This provided evidence that the masks worn by patients could be used as a potential training aid for canines. The current study involved training with two different negative controls [1]: masks from ill, hospitalized patients who tested negative for COVID-19 and [2] blank unused masks. Utilizing the former, the study demonstrated an average accuracy (ACC) across four canines of 85.2% and a positive predictive value (PPV) of 64%. The range of accuracies were between 80.2% and 95.8% while the PPV was between 58.9% and 72.8%. There was a marked increase in ACC and PPV when utilizing blank masks as a negative control, 98.8% and 86.8% respectively, with an observed range of 93.9%–97.0% (ACC) and 73.7%–93.9% (PPV). Jendry et al. demonstrated a PPV range of 68%–95% using eight dogs. Grandjean et al. reported success rates (number of correct identifications over number of trials) ranging from 83% to 100%. The rates observed in the current study are well within the expected ranges for detector dogs for both ACC and PPV and in line with or better than current analytical methods used to detect COVID-19 (Dong et al., 2020). In addition, post training double blind trials were also incorporated, where neither the handler nor the dog knew the location of the positive training aid. Forty such trials were completed using negative distractors from healthy individual masks as well as unused masks. The recorded ranges were 96.2%–99.4% (ACC) and 87%–97.6% (PPV).

**PPV is perhaps a stronger indicator of success as it takes into consideration the number of false positive alerts and is an indicator of how sure that one can be if a dog does alert when COVID-19 odor is, in**
fact, present, and the challenge when working with any biological samples has to be mentioned. In general, there are a number of potential confounding factors, primarily the fact that the disease system is in constant flux, or is dynamic, and at different points in the disease, metabolic changes are possible that may, in turn, alter the VOC profile being detected. With respect to human disease, there are a number of conditions, and health status questions that can be raised, one major question raised by the authors for future studies is how COVID-19 odors presents itself in asymptomatic patients versus those with symptoms. This study was unable to control for pre-existing conditions, age, gender, diet etc. as the masks were randomly acquired from positive and negative COVID-19 patients. Due to the urgency of the study and a lack of IRB approval to conduct research that would involve patient data, useful metrics such as patient symptom status, age, underlying health conditions etc., were not obtained and will be a consideration for future studies. One issue encountered with the study was the fact that initial training took place using PCR negative patient masks as non-targets. The lower ACC and PPV presented for this portion of the training could be attributed to: (a) the dogs were early in their training, (b) breath VOCs were very similar to COVID-19 as those patients presented at the hospital because they were ill, or (c) the patients had tested negative and were asymptomatic, but those data were not available for this study. These early results and those in other publications discussed are encouraging and demonstrate the usefulness of scent discriminating canines for the detection of COVID-19. It is important to note that experienced canines can be trained on new scents in a matter of weeks, and a well-established canine program can be employed to rapidly respond to novel threats and diseases. Lastly, the canine teams in this study have been successfully deployed to office spaces and classrooms, demonstrating that they can be deployed to enhance the safe repopulation of such places as college campuses and office spaces. For example, the canines in this study detected and alerted to items such as garbage bins, office desks, folders/ files, chairs and air filters in filtration units. A recent study by Harvey et al. reported 8.3% of surfaces swabbed and sampled, including garbage can lids, crosswalk buttons, and door handles, were positive for SARS-CoV-2 RNA [51]. While this is an ongoing study, these four canines do support other studies that have conducted COVID-19 environmental surveillances. It is important to highlight that while mask mandates are in place to reduce the potential for viral spread through breath droplets that masks are still removed for certain activities such as eating and drinking. In high turnover areas such as classrooms, auditoriums or offices, this method of spread may become more of an issue. Nonetheless, canine behavior or search patterns can be modified, and they can be trained for different scenarios. It is feasible to transition or include training to detect these odors from individuals rather than on surfaces. This current study has shown evidence that, in the areas or workspaces to which the canines alerted, the sites had been recently occupied by an employee that was later confirmed to have tested positive for COVID-19. It is recognized, however, that in the future additional biological and chemical profiles from those surfaces should be tested to verify whether or not the residual odor correlates to live virus and possible community transmission. Additional testing needs to be incorporated into the future studies in order to decipher how long a person has been in the vicinity of the canine(s) and demonstrate the usefulness of scent discriminating canines for the detection of COVID-19. It is of interest to analyze the breath samples from patients with ‘long haulers’ that continue to have persistent symptoms, including respiratory complications. In an Italian study that followed patients for 60 days after acute symptoms were recorded, 55.2% of the 143 patients in the study, reported having >3 persistent symptoms, 32.2% reported they were experiencing 1–2 symptoms while 12.6% felt no symptoms [52]. It is of interest to analyze the breath samples from these individuals to see what the odor ‘decay’ curve may indicate. If this is the case, then the areas to which the canines alerted may indicate that even though the person has tested negative after infection, the metabolism has not returned to pre-COVID-19 levels, and the canines are still able to recognize the disease-specific volatiles. And, one must keep in mind, canine olfactory capabilities have often been shown to be more sensitive than the lower level of instrumental detection [53]. While ongoing studies will help answer some of these questions, this study has shown that, with a high degree of accuracy, canines, trained to recognize COVID-19 odor profiles, can provide one more tool, one more layer of protection, that can be utilized in the fight to dampen and perhaps even extinguish the community transmission of SARS-CoV-2 within the working environment.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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