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DOI: 10.5603/FM.a2020.0069

Article type: ORIGINAL ARTICLES

Submitted: 2020-01-10

Accepted: 2020-05-28

Published online: 2020-06-22

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Left brachiocephalic vein aberrations

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ABSTRACT

Background: Cardiac implantable electronic device (CIED) implantation procedures with transvenous lead placement afford an opportunity to observe vascular anatomic variations. The course of CIED implantation depends largely on morphometric and topographic characteristics of the relevant brachiocephalic vein (BCV), which is the left BCV in the case of lead insertion via the left clavipectoral triangle. This study aims to present left BCV anomalies arising from abnormal systemic vein embryogenesis and encountered during CIED implantation.

Materials and methods: Venograms obtained during CIED implantation procedures and illustrating left BCV topography/morphometry were analyzed retrospectively for two types of anomalies: anomalies of the left BCV itself (data from the period 2014–2018) and a combination of left BCV variations with a persistent left superior vena cava (PLSVC); since the latter instances are rare, the analyzed period was longer (2003–2018).

Results: Analysis of data from the first, 5-year-long, period included data from a group of 1,812 patients and revealed 5 cases (0.3%) of developmental left-BCV anomalies (3 double left BCV and 2 cases of a single subaortic left BCV). The 16-year long analyzed period included 6,110 CIED implantation procedures, which showed 12 cases of PLSVC (0.2%) including 4 cases (33%) of left BCV agenesis.
**Conclusions:** The analyzed venograms rarely showed isolated left-BCV aberrations (0.3%), with the combination of left-BCV agenesis and PLSVC being much more common (33%). The morphometry and/or topography of aberrant left-BCV may result in difficulties during cardiac lead insertion.

**Key words:** aberrant left brachiocephalic vein, persistent left superior vena cava, venography, lead implantation, CIED

**Introduction**

Procedures utilizing transvenous catheter insertion, including cardiac implantable electronic device (CIED) implantation, afford an opportunity to detect vascular anatomy variations, such as the natural physiological individual variations in the shape or course of vessels and vascular anomalies due to disturbances during embryogenesis [1, 2, 3, 4]. The normal course of said procedures depends on favorable morphometry and topography of the brachiocephalic vein (BCV), also known as the innominate vein, which is a systemic vein.

Disturbances in systemic vein embryogenesis result in vascular anomalies. In the case of left BCV such anomalies exhibit considerable anatomical variations in comparison with a normal left BCV. These anomalies may manifest as variations in the course of the vein through the anterior mediastinum and its spatial relationship to adjacent anatomical structures. Another result of disturbed venous embryogenesis can be the presence of an accessory vessel which is a doubled version of the left BCV [5, 6, 7, 8].

The rates of detected left-BCV anomalies depend on the evaluated population and the used imaging technique. Left-BCV anomalies are detected in approximately 1% of patients with congenital heart defects, such as tetralogy of Fallot, atrial septal defect, and ventricular septal defect. In the population without heart defects the estimated prevalence of left-BCV anomalies is below 0.4%. Developmental anomalies of the left BCV may occur in isolation or coexist with various variations of the persistent left superior vena cava (PLSVC). This type of systemic vein aberrations is found in 0.3–0.5% of individuals from the general population [9, 10, 11, 12, 13].

Unlike in the case of left BCVs with a typical topography, anatomical variations of this vessel (depending on their nature and extent), may facilitate inflicting inadvertent
damage to the vessel itself and to the adjacent structures during certain transvascular procedures [14, 15, 16, 17, 18]. This is particularly likely if the vascular variation had been asymptomatic prior to the procedure and is detected only during a CIED implantation procedure, as was the case in the examples presented below.

This paper presents our records on rare, and sometimes very rare, developmental anomalies of the left BCV observed over a number of years. The enclosed images illustrate the nature of the detected anomalies (i.e. they are a radiographic representation of vascular morphometry and topography).

Materials and methods

This study is a retrospective assessment of the imaging records from venography procedures performed during de-novo CIED implantation procedures involving cardiac lead insertion through the systemic veins via a venous access in the left clavipectoral triangle. The indication for contrast-enhanced venography had been intra-operative problems with lead advancement, which needed to be explained and solved.

The material presented below has been classified into two types of disturbed left BCV embryogenesis:

— developmental anomalies involving only the left BCV, detected over the period 2014–2018,

— developmental anomalies of the left BCV in combination with the presence of PLSVC, detected over the period of 2003–2018.

The images of left-BCV variations presented in this paper have been selected to best illustrate characteristic examples of the relevant vascular anatomical variants. During most of the procedures, venography involved selective contrast administration, directly via cephalic vein cutdown or axillary vein/subclavian vein puncture. This helped limit the volume of the contrast agent being administered while at the same time ensuring a more thorough filling of mediastinal vein lumina.

Our statistical analysis used numerical variables in the form of mean values, standard deviations. This study had been approved by the Institutional Review Board.

Results
Table I provides an overview of the types of left-BCV anomalies presented in this paper in terms of: patients’ age at the time of first CIED implantation, procedure date, electrocardiographic indications for CIED implantation and the CIED types.

Analysis of data from the first, 5-year-long (2014–2018), period included CIED implantation procedures performed in a total of 1,812 patients. Among those, there were 5 cases (0.3%) of developmental left-BCV anomalies.

Over the analyzed 5-year period, there were three cases of a double left BCV, two of which were detected during de-novo CIED implantation procedures (including that illustrated in Fig. 1A). The third case of a double left BCV was detected during a procedure involving the addition of another cardiac lead to a CIED that had been implanted years earlier. The venography in this case additionally showed the patency of the vein in whose lumen the previous cardiac lead resided (Fig. 1B).

In the detected cases of double left BCV, the main and duplicated vessel differed in their diameters, with only the main (‘upper’) vessel’s course and morphometry allowing cardiac leads to be threaded towards the heart.

Throughout the evaluated period, we detected two cases of a subaortic left BCV (Fig. 2 A, B). In one of those patients (Fig. 2A), who had undergone aortic valve replacement in the past, the altered venous lumen morphometry precluded threading a cardiac lead beyond the site of stenosis and, thus, it was impossible to implant the CIED via a left-sided approach.

In the years 2003–2018, PLSVC was detected in 12 cases (6 women and 6 men), which constituted 0.2% of the 6,110 CIED implantation procedures involving transvenous cardiac lead placement performed over this period.

In four PLSVC patients (3 women and 1 man [mean age 71 ± 9 years]) (<0.1%) there was concomitant left BCV agenesis (Fig. 3), with each of the two superior venae cavae having independent venous drainage.

The presence of a left BCV forming a bridge between the two superior venae cavae was detected in four cases (including 3 men and 1 woman [mean age 65 ± 20 years]) (one example is illustrated in Fig. 4).

In the remaining 4 cases (2 men and 2 women [mean age 62 ± 7 years]), we observed a single PLSVC providing right-side thoracic drainage via an arching left BCV located in the superior mediastinum (Fig. 5).
The aberrant anatomy of systemic vessels (shown in the cases presented above and due to abnormal systemic vessel embryogenesis) proved problematic during CIED implantation procedures and lengthened procedure duration; however, there were no intraoperative complications.

Discussion

In normally developing human embryos, the initially symmetrical venous system consists of paired anterior and posterior cardinal veins that drain the cephalic and caudal areas of the embryo, respectively. During further stages of physiological embryogenesis, the left and right pairs of cardinal veins anastomose inferiorly to form the left and right common cardinal veins (ducts of Cuvier). At 8 weeks of gestation, anastomoses between the left and right anterior cardinal veins lead to BCV formation. The physiological development of the systemic veins of the superior mediastinum ends with the left BCV being nearly 3 times longer than the right BCV. Each BCV, which is an anatomical continuation of the ipsilateral internal jugular vein and subclavian vein, drains blood from the ipsilateral side of the body.

The left-BCV is typically positioned superior to the aortic arch and anterior to the aortic arch branches (the brachiocephalic trunk, left common carotid artery, and left subclavian artery). Having crossed to the right side of the superior mediastinum, the left BCV merges with the right BCV to form the superior vena cava (SVC) [19, 20]. During CIED implantation procedures, cardiac leads are typically inserted via the veins of the left clavipectoral triangle. This is also the approach preferred at our center (utilized in approximately 97% of de novo CIED implantation procedures).

The presence of left BCV anomalies may pose a challenge in performing transvascular procedures employing this vessel and increase the risk of their complications [13, 17, 18]. Moreover, the left BCVs that are not anomalous themselves may sometimes have tributaries, whose configurations and confluence angles differ dramatically from those typically observed. This usually poses problems during anesthesiology procedures, such as central venous catheter (CVC) placement [14, 21].

An abnormal, supraaortic variant of the typically subaortic course of the left BCV in the superior mediastinum was first described by Takada et al. [22]. Other left-BCV variants due to the vessel’s abnormal embryogenesis have also been described: a double
left BCV, formed when a doubled branch of the left BCV courses inferoposteriorly to the ascending aorta before anastomosing with the right BCV or when the accessory vessel courses posteriorly to the trachea and esophagus and merges with the azygos vein before draining into the SVC [23, 24]. In our study, we encountered the following left-BCV variants: subaortic left BCV, double left BCV, and another, previously unreported, variant where both vessels (the upper and lower one) coursed parallel to each other above the aortic arch [25]. Our records over a five-year period showed left-BCV-only anomalies in 1.6% of the analyzed CIED implantation procedures involving contrast venography.

During normal embryogenesis, the mature form of the right anterior cardinal vein forms the right SVC, whereas the left-sided vessel undergoes involution up to the 20th week of gestation and, consequently, blood flow is redistributed to the right side. During abnormal embryogenesis the left anterior cardinal vein may not undergo involution, which leads to the presence of PLSVC. Over the last 16 years, during which CIED implantation procedures were conducted at our center, this type of systemic vein anomaly was detected in 12 cases (0.2%), slightly less commonly than reported in other, comparable populations [4, 26, 27].

Approximately 85% of adults diagnosed with PLSVC have two coexisting venous drainages. In our study, the PLSVC anomaly with two developed venous drainages (double SVC) was detected in 67% of cases. Out of these PLSVC cases, concomitant left-BCV agenesis with two independent SVC drainages due to a failure in the formation of the physiological bridge between the two anterior cardinal veins, was observed less commonly (50%) than reported by other authors [26, 27, 28, 29].

A double SVC with the two vessels bridged by the left BCV was found in 4 cases (33%), out of all 12 detected cases of PLSVC. However, we believe that this type of double SVC may be more common due to the fact that some cases remain undetected; for instance, those cases where the continuation of the left SV into the left BCV favors smooth advancement of a cardiac lead into the right SVC, cases where cardiac leads are introduced via the right SVC, or cases that lack any diagnostic imaging that would visualize the presence of a double SVC [10].

In 10–20% of PLSVC cases, abnormal development of the right cardinal vein leads to right SVC agenesis. In our study, this type of venous drainage from both sides of the
chest via a single PLSVC (naturally, via the left BCV) was observed in 4 (33%) out of all cases of detected PLSVC [30, 31].

Having knowledge on the prevalence of left BCV anomalies along with the morphometric and topographic characteristics helps predict potential problems during transvenous procedures, such as CVC and CIED, which employ systemic thoracic veins.

Limitations of the study

Our evaluation of the prevalence of presented left-BCV variations was confined to a selected group of patients, namely those undergoing CIED implantation procedures with an accompanying venography. This may have caused the proportion of detected venous anomalies to be lower than their actual prevalence, both in populations undergoing CIED implantation and in the general population.

Failure to detect some of the developmental anomalies of mediastinal veins may be associated with the fact that venography of the left BCV is less common than that of its tributaries coursing through the left clavipectoral triangle. Moreover, during some procedures, the leads are advanced via the right BCV.

Conclusions

The analysis of our study population of patients undergoing a CIED implantation procedure showed developmental anomalies of the left BCV alone to be rare, whereas left BCV agenesis in combination with PLSVC was more common. The asymptomatic character of left-BCV aberrations is usually the reason why they are detected only during certain transvenous procedures. Such aberrations in venous topography and morphometry may pose a challenge during CIED implantation procedures involving transvenous cardiac lead insertion.

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Table 1. Venous anomaly types

| Type of BCV anomaly | Sex | Age* | ECG - based indications | Procedure date | CIED type        |
|---------------------|-----|------|-------------------------|----------------|-----------------|
| Double BCV          | K   | 78   | VT                      | 2014           | ICD VR          |
|                     | M   | 74   | AF, AVB                 | 2015           | VVI             |
|                     | M   | 82   | SSS+ PAF                | 2017           | DDD             |
| Subaortal BCV       | M   | 87   | AF, AVB, EF17%          | 2017 (ineffective procedure) | Indications for ICD VR |
|                     | M   | 81   | SF, AVB                 | 2018           | VVI             |
| Left BCV+ Double SVC| M   | 41   | SSS                     | 2003           | AAI             |
|                     | F   | 90   | AF+CHB                  | 2004           | VVI             |
|                     | M   | 63   | SR+CHB                  | 2015           | DDD             |
|                     | M   | 67   | VT                      | 2016           | ICD VR          |
|                          | Gender | Age  | CIED Type     | Year | Pacemaker Type  |
|--------------------------|--------|------|---------------|------|-----------------|
| **Double SVC without BCV** | F      | 77   | TBS           | 2006 | DDD             |
|                          | F      | 80   | SR+CHB        | 2006 | VVI             |
|                          | M      | 61   | TBS           | 2007 | DDD             |
|                          | F      | 67.  | AF+CHB        | 2017 | VVI             |
| **Single persistent left SVC** | F      | 52   | SR+CHB        | 2009 | DDD             |
|                          | M      | 67   | SR+CHB        | 2013 | VVI             |
|                          | F      | 66   | VT+AF         | 2014 | ICD VR          |
|                          | M      | 63   | AF+CHB        | 2015 | VVI             |

*Patients’ age at the time of first CIED (cardiac implantable electronic device implantation) implantation; AAI – single-chamber atrial pacemaker; AF – atrial fibrillation; AVB – atrioventricular block (I°/II°); BCV - brachiocephalic vein; CHB – complete heart block; DDD – dual-chamber (atrioventricular) pacemaker; ICD VR – single-chamber implantable cardioverter-defibrillator; PAF - paroxysmal atrial fibrillation; SVC - superior vena cava; SR – sinus rhythm; SSS – sick sinus syndrome; TBS – tachycardia-bradycardia syndrome; VT – ventricular tachycardia; VVI – single-chamber ventricular pacemaker

**Figure 1 A, B.** Differences in the lumina of the double left brachiocephalic vein variants: the main vessel (with a larger diameter and greater venous blood flow) – black arrows; the vessel with a smaller diameter and blood flow – white arrows. A. The blood/contrast agent flowing through the lower vessel in a 82-year-old male (black arrows). The cardiac leads were later successfully threaded through the upper vessel (white arrows). B. Cardiac leads threaded through the upper vessel in a 74-year-old male (black arrows), with the lower vessel exhibiting unfavorable morphometry and topography for lead advancement (white arrows).

**Figure 2 A, B.** The general radiographic location of a subaortic left brachiocephalic vein (BCV) (white circles), including the location of the aortic arch (aortic cross-section marked with a black oval); the compressed subaortic left BCV segment (marked with arrows). A. Venous lumen compression by a dilated aorta in a 87-year-old male with a documented anatomical variation in aortic-arch arteries, involving both carotid arteries and the right subclavian artery branching off a common vessel (CT), status post aortic valve implantation, and an ascending aortic aneurysm. The oblique radiopaque stripe with a
notched margin is a measuring scale. B. A radiogram from the successful implantation of a VVI pacemaker in a 81-year-old male, illustrating the venous configuration.

**Figure 3 A, B.** Persistent left superior vena cava (PLSVC) with left brachiocephalic vein (BCV) agenesis in a 61-year-old male. Intraoperative bilateral venography illustrates a lack of contrast enhancement in the left BCV potentially connecting the two superior venae cavae. A. Right superior vena cava (RSVC) morphometry illustrated with a contrast agent shows a lack of the left BCV. The site where the left BCV can be typically visualized if the vessel forms during normal embryogenesis (white oval). Marking the exact topography and morphometry of the vessel would be difficult due to inter-individual anatomical variations. B. Contrast-enhanced PLSVC also shows a lack of contrast flow through a left BCV in a situation where a left BCV bridge could be potentially present.

**Figure 4 A, B.** Persistent left superior vena cava with a left brachiocephalic vein (LBCV) in a 90-year-old female. A. Venogram showing the course of the cardiac lead and demonstrating a typical course of the LBCV through the mediastinum (obliquely and inferiorly) and the presence of two superior venae cavae (fluoroscopic image obtained during intra-procedure venography); LSVC – left superior vena cava. B. LBCV patency can be verified when threading a new lead is required several years after the first procedure. Post-procedure chest X-ray film illustrating the location of both cardiac leads within the LBCV.

**Figure 5. A–C.** Single persistent left superior vena cava in a 66-year-old female. A. Right superior vena cava agenesis – documented by a lack of contrast enhancement in the vessel’s potential location (white oval). B. Persistent left superior vena cava (PLSVC) morphometry poorly visualized by a retrograde flow of contrast. C. The position of a guidewire, arching between the left and the right subclavian veins, unequivocally proves the presence of a patent left brachiocephalic vein (LBCV).
