## Narrative Review Checklist

| Section/Topic     | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|-------------------|---------|----------------------------------------------------------------------|------------------------------------|-----------------------------|
| **TITLE**         |         |                                                                      |                                    |                             |
| Title             | 1       | Identify the report as a Narrative Review of …                      | page 1, line 2                     | Title                       |
| **ABSTRACT**      |         |                                                                      |                                    |                             |
| Unstructured summary | 2     | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 3, Line 33-53                | Abstract                     |
| **INTRODUCTION**  |         |                                                                      |                                    |                             |
| Rationale/background | 3     | Describe the rationale for the review in the context of what is already known. | Page 6, Line 88 to 95             | Background, Paragraph 2     |
| Objectives        | 4       | Specify the key question(s) identified for the review topic.         | Page 6, Line 92 to 95              | Background, Paragraph 2     |
| **METHODS**       |         |                                                                      |                                    |                             |
| Research selection | 5      | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 6, Line 97 to 102            | Methods, paragraph 1         |
| **DISCUSSION/SUMMARY** |       |                                                                      |                                    |                             |
| Narrative         | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 8, Line 136 to 139 | 1) Page 8, Line 136 to 139  |
|                   |         |                                                                      | Pg 17, Line 330 to 333            | 2) Pg 17, Line 330 to 333  |
|                   |         |                                                                      | Pg 17, Line 130 to 131            | 3) Pg 17, Line 130 to 131  |
| Summary           | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 17, Line 330 to 340           | Conclusion, Paragraph 1     |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*