Clinical Feasibility of Zero TE Skull MRI in Patients with Head Trauma in Comparison with CT: A Single-Center Study

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ABSTRACT

BACKGROUND AND PURPOSE: Conventional MR imaging techniques cannot produce optimal images of bone structures because bone has little water and a very short T2 life span. The aim of this study was to investigate the clinical feasibility of skull MR imaging using the zero TE sequence in patients with head trauma by assessing its diagnostic image quality and quantitative measurement compared with CT images.

MATERIALS AND METHODS: Thirteen enrolled patients with head trauma were assessed using brain CT and skull MR imaging. Image quality was graded on a 5-point Likert scale to compare the 2 modalities. To evaluate quantitative analyses between the 2 imaging modalities, we measured skull thickness and normalized bone tissue signal. Interobserver reliability was assessed using weighted kappa statistics and the intraclass correlation coefficient.

RESULTS: Both imaging techniques clearly depicted skull fractures in all 13 patients. The mean scores for skull MR imaging and CT were 4.65 ± 0.56 and 4.73 ± 0.45 (P = .157), respectively, with substantial interobserver agreement (κ = .05). The 2 imaging modalities showed no difference in skull thickness (P = .092) and had good correlation (r² = 0.997). The mean value of normalized bone tissue signal among the 3 layers of the skull was relatively consistent (P = .401) with high interobserver agreement (P = .001).

CONCLUSIONS: Zero TE skull MR imaging has diagnostic image quality comparable with that of CT images. It also provides consistent results on the quantitative measurement of cortical bone with CT images.

ABBREVIATION: ZTE = zero TE

MR imaging is a noninvasive technique that obtains excellent soft-tissue contrast and high resolution of anatomic detail in the body without radiation. However, it is unsuitable for depicting cortical bone structures because of low proton density (approximately 20% water) and a very short T2 relaxation time (approximately 390 µs at 3T). By contrast, CT is the most optimal technique for revealing bone structures in images with high spatial resolution, fast acquisition, and high availability; however, its capability in imaging soft tissue is poor, and radiation exposure is a major drawback. In clinical practice, MR imaging is an essential diagnostic technique because of its inherent advantage in establishing a diagnosis and treatment plan for various intracranial diseases. Therefore, MR imaging would be the most ideal diagnostic imaging technique if it could provide reliable clinical information about bone structures and soft tissues. There is an increasing clinical need to resolve the limitations of MR imaging with regard to bone structures. MR bone imaging is increasingly becoming a focus of interest in the field of musculoskeletal radiology, MR imaging–based attenuation correction in PET, MR imaging–based radiation therapy planning, and MR imaging–guided focused sonography.

Concerning the technical aspects of conventional MR imaging, optimal images of bone structures cannot be obtained because the minimum TE for the spin-echo and gradient-echo pulse sequences is too slow (approximately 8–10 and 1–2 ms, respectively) to detect a meaningful bone signal. Compared with conventional sequences, the ultrashort TE sequence with a center-out k-space acquisition can allow sufficiently fast data acquisition of the rapidly decaying bone signal. Long T2-suppression methods (eg, echo subtraction, saturation prepulses, or multiple sequences) are generally applied to separate bone from soft tissue, to

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achieve selective bone images using an ultrashort TE sequence.\(^1\)\(^2\) The sequence for MR bone imaging was recently developed to visualize very short T2 relaxation of the object, based on 3D radial zero TE (ZTE), and it can provide high-resolution isotropic images with fast and silent scanning.\(^1\)\(^3\)\(^-\)\(^1\)\(^5\) To date, MR bone imaging using ultrashort TE or ZTE sequences has been studied for PET/MR imaging attenuation correction from the perspective of the technical approach in the literature.\(^9\)\(^,\)\(^1\)\(^6\)\^-\)\(^2\)\(^0\)

Recently, ZTE bone MR imaging was applied to osseous shoulder imaging, which showed strong intermodality agreement between measurements and grades of the lesions from ZTE bone MR imaging and CT.\(^2\)\(^1\) However, to the best of our knowledge, there is no study of the clinical application of MR bone imaging of the skull for diagnostic use. Therefore, this study aimed to investigate the clinical feasibility of using ZTE skull MR imaging for evaluating skull lesions in patients with head trauma by assessing its diagnostic image quality and quantitative measurement compared with CT images.

**MATERIALS AND METHODS**

**Patient Characteristics**

A review of the data base at Gyeongsang National University Changwon Hospital identified patients with head trauma who were admitted to the emergency department and underwent routine brain CT for the evaluation of intracranial or skull abnormalities between June 2017 and May 2018. Using electronic medical records and a PACS, we selected 16 patients who also had undergone ZTE skull MR imaging as the follow-up imaging. We ultimately enrolled 13 of 16 patients. Three patients were excluded because of poor image quality from uncontrolled motion artifacts (CT: \(n = 2\); MR imaging: \(n = 1\)). The 13 patients who were included in this study comprised 4 women and 9 men with a mean age of 43.8 ± 12.7 years (range, 24–68 years). The average interval between the initial CT and ZTE skull MR imaging examinations was 10.1 ± 7.4 days (range, 1–23 days).

In the present study, all retrospective data collection and analyses were conducted in accordance with our local institutional review board guidelines, after obtaining its approval. The institutional review board determined that patient approval and informed consent were not required for retrospective review of images and electrical medical records. The patients’ records and information were anonymized and de-identified before analysis.

**ZTE Skull MR Imaging**

In general, ZTE uses a nonselective radiofrequency excitation pulse and a 3D radial center-out \(k\)-space trajectory. The readout gradients are ramped up before the radiofrequency excitation (Fig 1A). The pulse is grouped into segments, and each segment contains numerous spokes. These gradients are changed slightly and are not ramped down between spokes. The minimal gradient switching between repetitions minimizes eddy currents to a negligible level and reduces acoustic noise level.\(^2\)\(^2\) The imaging encoding starts immediately after the end of the radiofrequency excitation to fill the center of the \(k\)-space, which is the nominal ZTE. The radiofrequency duration must remain short (approximately 8–16 \(\mu\)s), and the flip angle is limited in ZTE to minimize the delay between the radiofrequency pulse and the transmit-to-receive switching time. In addition, to prevent disturbing the spin excitation substantially, the excitation bandwidth is limited. As a result, the contrast is a native proton-density contrast. After acquiring the proton-density image using ZTE, we applied a bias-correction algorithm to neaten the soft-tissue signal intensities and correct signal inhomogeneity owing to coil geometry and variable tissue cross-sections.\(^9\)\(^,\)\(^2\)\(^0\)\(^,\)\(^2\)\(^1\) The histogram distribution of the inverse log-scaled images was then used for the CT-like contrast images to remove the background noise while retaining bone and soft tissue (Fig 1B, C).\(^9\)\(^,\)\(^2\)\(^0\)\(^,\)\(^2\)\(^1\) The histogram of the proton-density image easily yields 2 groups: 1) soft tissues such as white matter, gray matter, CSF, muscle, and fat; and 2) background air. Then, the median of the tissue signals, which are magnified to the proper level, is used to determine the threshold values. The imaging value, which is higher than the bone threshold, is magnified and generates a CT-like contrast image.

**ZTE Skull MR Imaging Scan Parameters**

MR imaging was performed using a 3T system (Signa Architect; GE Healthcare, Milwaukee, Wisconsin) with a 48-channel head
coil. The ZTE proton-density image was acquired in the axial plane to cover the whole brain in 4 minutes 52 seconds using the following parameters: TE, 0.016 ms (nominal TE = 0); TR, 2.65 ms; FOV, 240 × 240 mm; slice thickness, 2 mm; flip angle, 1°; spokes per segment, 384; matrix size, 288 × 288; image voxel resolution, 0.8 × 0.8 × 1 mm³; receiver bandwidth, ±31.25 kHz; and total number of slices, 3.

**Brain CT Scan Parameters**

Skull CT images were obtained using the routine brain protocol on 2 different CT machines with the following acquisition parameters: 1) IQon Spectral CT (Philips Healthcare, Best, the Netherlands)—120 kV(peak); 200 mAs; collimation, 16 × 0.625 mm; pitch factor, 0.985; rotation time, 0.33 seconds; FOV, 250 mm; slice thickness, 3 mm; and slice increment, 0.4 mm; and 2) Aquilion ONE/VISION Edition CT (Toshiba Medical Systems, Tokyo, Japan)—120 kVp; 190 mAs; collimation, 80 × 0.5 mm; pitch factor, 0.985; rotation time, 0.75 seconds; FOV, 240 mm; slice thickness, 3 mm; and slice increment, 0.4 mm.

**Image Analyses**

All datasets were anonymized with randomization. Two readers reviewed all images using the PACS. Two attending neuroradiologists with 11 and 8 years of experience independently analyzed all ZTE skull MR images and CT scans to evaluate the image quality of skull MR imaging from a clinical feasibility perspective. They also evaluated whether a skull fracture was present in both image sets. In the review of all images, the window width and window level could be modified for evaluation. The 2 types of skull images were assessed separately to minimize bias because of the results of the other images. For the initial interpretation, each reader was provided the ZTE skull MR images, and they analyzed all images twice with an interval of 2 weeks between each analysis. After 2 weeks, the readers were provided the CT images of the enrolled patients. They analyzed all these images twice, using the same interval as in ZTE skull MR imaging interpretation. Image-quality measures for each image set were evaluated for following items: 1) the conspicuity and differentiation of 3 layers of skull structures (ie, outer table, diploic layer, and inner table), 2) clear visualization of the suture lines, 3) visualization and demarcation of the fracture line, and 4) the presence of artifacts. The readers then scored image quality on the following 5-point Likert scale: 1) non-diagnostic (ie, not acceptable for diagnostic use); 2) unacceptable (ie, not acceptable for diagnostic use); 3) sufficient (ie, acceptable for diagnostic use but with minor issues); 4) diagnostic (ie, acceptable for diagnostic use); and 5) excellent (ie, acceptable for diagnostic use).

To evaluate the geometric concordance of skull structures on the ZTE skull MR imaging and CT images, the readers measured skull thickness manually from the most inner cortex to the most outer cortex in 6 regions from each corresponding slice of the same patient on the MR imaging and CT images. For each patient, 3 slices were selected to measure skull thickness in both frontal, both parietal, both temporal, and both occipital bones.

The same readers also measured the signal intensities and Hounsfield units of the outer table, diploic layer, and inner table on the ZTE skull MR imaging and CT images. The readers defined the ROI as 15 mm³ symmetrically in the outer cortex, diploic space, and inner cortex from each corresponding slice of the same patient on the MR imaging and CT images. The same neuroradiologists manually drew 6 ROIs in both frontal, both parietal, and both occipital bones from each patient on 3 selected slices on the MR imaging and CT images. To normalize the signal intensity of ZTE skull MR imaging, we calculated the normalized signal intensity of each skull layer by dividing its signal intensity by that of the background region and then multiplied this value by 100. We calculated the ratio of bone signal intensity of ZTE skull MR imaging to the bone density of CT images and termed this value the “normalized bone tissue signal.” After the readers’ independent analyses, the same neuroradiologists conducted image analysis in consensus to make a reference standard for deciding the presence of skull fracture and its location.

**Statistical Analysis**

The data were tested for normal distribution using the Kolmogorov-Smirnov test. Continuous variables were expressed as mean ± SD. The image-quality assessments of ZTE skull MR imaging and CT were assigned numeric values. The mean values of the readers’ ratings were not directly statistically compared because these values were not strictly continuous variables. However, we decided to present a summary of the readers’ ratings for ZTE skull MR imaging and CT, which are expressed as mean ± SD. The scores of each image set from the 2 readers were averaged, and the Wilcoxon signed rank test was used to compare the scores of the ZTE skull MR imaging and CT images. Interobserver agreement between 2 readers was calculated by weighted κ statistics. On the basis of the description by Landis and Koch, the κ value was interpreted as follows: 0, no agreement; 0–0.19, poor agreement; 0.20–0.39, fair agreement; 0.40–0.59, moderate agreement; 0.60–0.79, substantial agreement; and 0.80–1.00, nearly perfect agreement. The skull thickness was compared and correlated between ZTE skull MR imaging and CT images using the Wilcoxon signed rank test and Spearman correlation coefficient analysis after the values of each image set from the 2 readers were averaged. The Kruskal-Wallis test was used to evaluate differences in the normalized bone tissue signal among the 3 layers of the skull. The interobserver agreement between the 2 readers was also assessed with the intraclass correlation coefficient. All statistical analyses were conducted using SPSS, Version 24.0 (IBM, Armonk, New York). A P value <.05 was statistically significant.

**RESULTS**

Skull images were successfully obtained from all patients using the ZTE technique. Skull structures were clearly depicted on the ZTE skull MR images and matched well with those depicted on the CT images. Two attending neuroradiologists independently reviewed all acquired ZTE skull MR imaging and CT images without difficulty in detecting the fracture sites. All 13 patients had a skull fracture (Figs 2 and 3). In addition, the skull suture lines were conspicuously demarcated on the ZTE skull MR imaging in all 13 patients.

Patient data and the scores of the overall image quality for ZTE skull MR imaging and CT images determined by the 2 readers are presented in the Table. The mean scores of ZTE skull MR imaging
and CT images were >4 points with acceptable image quality for diagnostic use. For both readers, the mean score of ZTE skull MR was slightly lower than that of CT images. However, the average mean scores for skull MR imaging and brain CT images by the readers were not statistically significant (4.65 ± 0.56 versus 4.73 ± 0.45, P = .157). Substantial interobserver agreement was observed for the overall image quality of skull MR imaging (κ = 0.829, P = .001) and brain CT (κ = 0.806, P = .003).

The skull thickness on ZTE skull MR imaging and CT images was not statistically different: 9.5 ± 4.3 and 9.5 ± 4.2 mm, respectively (P = .092). Skull thickness measured on the ZTE skull MR imaging and CT images also showed good correlation (r² = 0.997, P < .001). Based on the results of the intraclass correlation coefficient, interobserver agreement of the skull thickness was as follows: CT, 0.989 (95% CI, 0.984–0.992; P < .001) and MR imaging, 0.977 (95% CI, 0.967–0.985; P < .001). The mean value of the normalized bone tissue signal tended to be higher in the diploic space than in the outer and inner cortices (0.45 ± 0.13 versus 0.43 ± 0.11 versus 0.41 ± 0.01, respectively); however, there was no statistical difference among the 3 layers of the skull (P = .401) (Fig. 4). For interobserver agreement, the intraclass correlation coefficient for the normalized bone tissue signal was 0.885 (95% CI, 0.851–0.911; P < .001).

**DISCUSSION**

The findings of our study indicated that ZTE skull MR imaging was suitable for identifying bone structures in the skull. Its diagnostic image quality was comparable with that of CT images for evaluating traumatic skull lesions. In addition, this study provided a quantitative evaluation of ZTE skull MR images by a direct comparison with CT images and showed good correlation between the 2 skull images.

To date, MR bone imaging is challenging because the magnetization from hydrogen atoms in the cortical bone demonstrates much faster transversal relaxation than other body tissues, and the available magnetization is relatively low because of decreased proton density. This phenomenon is caused by the characteristics of bone tissue, which has little water and a very short T2 life span. With technical advances, MR bone imaging has proved technically feasible using ultrashort TE and ZTE sequences in previous studies. In contrast to ultrashort TE sequences, MR bone imaging using the ZTE sequence has a greater signal-to-noise ratio with scan time efficiencies and it provides isotropic high-resolution images with multiplanar reconstruction. To date, a few subsequent studies have focused on MR bone imaging in the field of PET. However, MR bone imaging has not been studied from a diagnostic perspective in the field of neuroradiology, though interest in this topic is increasing.
In the present study, we applied the ZTE sequence to obtain images of the skulls of patients with head trauma. Our findings showed results similar to those of previous studies from the perspective of its clinical feasibility in assessing the head. Our results for detecting bone abnormalities were similar to those of a recent study, which showed comparable agreement for evaluating osseous lesions in the shoulder between raters and modalities. In the present study, the CT-like image with positive contrast for the skull obtained by postprocessing allowed more intuitive interpretation for evaluating the skull, and it is also consistent with the previous study, despite differences in the applied anatomic sites.

We also assessed the overall imaging quality of skull MR imaging. For all 13 patients, ZTE skull MR imaging was successfully acquired, and skull suture lines with skull fractures were depicted as clearly on the ZTE skull MR imaging as on the CT images. Our results for detecting bone abnormalities were similar to those of a recent study, which showed comparable agreement for evaluating osseous lesions in the shoulder between raters and modalities. In the present study, the CT-like image with positive contrast for the skull obtained by postprocessing allowed more intuitive interpretation for evaluating the skull, and it is also consistent with the previous study, despite differences in the applied anatomic sites.

We were also able to identify subtle marginal irregularities on the only CT-like images of ZTE skull MR imaging (2/13 patients, 15.4%), though there were no demonstrable motion artifacts in the 2 patients. These artifacts had a thin, short segmental stepped appearance in the inner or outer cortex of both frontal and parietal bones (Fig 3C); however, these artifacts did not have a crucial impact for diagnosis by the 2 readers. The reason for this finding is unclear, but it may be related to the postprocessing of histogram-based intensity correction to separate bone tissue from other tissue. We expect that this issue of marginal stepped artifacts can be solved if the algorithm for the postprocessing of ZTE skull MR imaging is improved.

In the current study, the 2 imaging modalities showed no statistically significant differences in the skull thickness measurement, and they had good correlation in skull thickness measurements. We measured the normalized bone tissue signal and found that the normalized bone tissue signal from each skull layer was relatively consistent. In contrast to the finding of a previous study, we measured the normalized bone tissue signal and found that the normalized bone tissue signal from each skull layer was relatively consistent. In addition, the skull-thickness measurements showed no statistically significant differences in the skull thickness measurements, and they had good correlation in skull thickness measurements. We measured the normalized bone tissue signal and found that the normalized bone tissue signal from each skull layer was relatively consistent. In addition, the skull-thickness measurements showed no statistically significant differences in the skull thickness measurements, and they had good correlation in skull thickness measurements. We measured the normalized bone tissue signal and found that the normalized bone tissue signal from each skull layer was relatively consistent.
ments and the normalized bone tissue signal showed high interobserver agreement. The mean value of the normalized bone tissue signal was higher in the diploic space than in the other skull layers. This result could reflect the characteristics of the tissue in the diploic space, which has a fat component in the marrow cavity; this factor results in a short T1 relaxation time in MR imaging and a decreased number of Hounsfield units on the CT image. These quantitative comparison results of the 2 imaging modalities imply that ZTE skull MR imaging could reproduce images close to the skull itself and suggest that ZTE skull MR imaging could be a valid alternative to CT for skull imaging in a variety of clinical situations. Furthermore, these results also support the findings of previous studies\(^9\)\(^{,}\)\(^{25}\) that suggested possible technical applications to develop attenuation correction algorithms.

With regard to the technical aspect, hard pulse sequences such as ZTE require a higher readout bandwidth to allow shorter encoding times and less T2* blurring.\(^9\)\(^{,}\)\(^{25}\) The flip angle below the corresponding Ernst angle is also important to obtain native proton-density–weighted images and achieve appropriate tissue differentiation during the postprocessing.\(^9\) In a previous study,\(^9\) the authors performed ZTE skull MR imaging based on the default high-resolution protocols using different imaging bandwidths (\(\pm 31.25\) kHz, \(\pm 62.5\) kHz, and \(\pm 125\) kHz) and flip angles (0.6°, 1.2°, and 2.4°). They found that images with the highest bandwidth and lowest flip angle were sharpest and had the least blurring at the tissue interfaces, whereas the images with the lowest bandwidth and highest flip angle had the highest signal-to-noise ratio and soft-tissue contrast with partial T1 saturation. In the present study, we used \(\pm 31.25\) kHz of bandwidth and 1° of flip angle with fewer sophisticated postprocessing steps to acquire ZTE skull MR imaging; these images were different from those used in previous studies.\(^9\)\(^{,}\)\(^{20}\)\(^{,}\)\(^{21}\)\(^{,}\)\(^{26}\) We initially aimed to evaluate the clinical diagnostic feasibility of ZTE skull MR imaging for detecting skull fracture, compared with CT; therefore, we focused on obtaining sufficient image quality with an optimal signal-to-noise ratio and soft-tissue contrast with partial T1 saturation. In the current study, ZTE skull MR imaging generated a CT-like image with positive contrast for the skull by postprocessing, and it showed diagnostic image quality comparable with that of CT images for evaluating suture lines and traumatic skull lesions. It also showed a good correlation with CT images in skull-thickness measurement, and the normalized bone tissue signal was relatively consistent. Therefore, we believe that ZTE skull MR imaging may broaden the indications of MR imaging examinations, especially for radiosensitive patients with trauma such as pediatric patients or pregnant women because of its inherent benefit of not generating radiation. In addition, ZTE skull MR imaging may be helpful in MR imaging–dependent technologies such as PET/MR imaging reconstruction or MR imaging–guided radiation therapy and in procedures that provide useful information regarding attenuation correction or anatomic details.

**CONCLUSIONS**

In the current study, ZTE skull MR imaging generated a CT-like image with positive contrast for the skull by postprocessing, and it showed diagnostic image quality comparable with that of CT images for evaluating suture lines and traumatic skull lesions. It also showed a good correlation with CT images in skull-thickness measurement, and the normalized bone tissue signal was relatively consistent. Therefore, we believe that ZTE skull MR imaging may broaden the indications of MR imaging examinations, especially for radiosensitive patients with trauma such as pediatric patients or pregnant women because of its inherent benefit of not generating radiation. In addition, ZTE skull MR imaging may be helpful in MR imaging–dependent technologies such as PET/MR imaging reconstruction or MR imaging–guided radiation therapy and in procedures that provide useful information regarding attenuation correction or anatomic details.

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