Review Article

Conformationally active integrin endocytosis and traffic: why, where, when and how?

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Spatiotemporal control of integrin-mediated cell adhesion to the extracellular matrix (ECM) is critical for physiological and pathological events in multicellular organisms, such as embryonic development, angiogenesis, platelet aggregation, leukocytes extravasation, and cancer cell metastatic dissemination. Regulation of integrin adhesive function and signaling relies on the modulation of both conformation and traffic. Indeed, integrins exist in a dynamic equilibrium between a bent/closed (inactive) and an extended/open (active) conformation, respectively endowed with low and high affinity for ECM ligands. Increasing evidence proves that, differently to what hypothesized in the past, detachment from the ECM and conformational inactivation are not mandatory for integrin to get endocytosed and trafficked. Specific transmembrane and cytosolic proteins involved in the control of ECM proteolytic fragment-bound active integrin internalization and recycling exist. In the complex masterplan that governs cell behavior, active integrin traffic is key to the turnover of ECM polymers and adhesion sites, the polarized secretion of endogenous ECM proteins and modifying enzymes, the propagation of motility and survival endosomal signals, and the control of cell metabolism.

Introduction

Metazoan cells attach to extracellular matrix (ECM) proteins via integrin αβ heterodimers that, through a series of cytosolic adaptor proteins, physically connect to the actin cytoskeleton and modulate the enzymatic activity of kinases, phosphatases, and small GTPases [1–3]. Overall, the complex protein network associated with integrin-based adhesion sites is known as the adhesome [2,3]. Twenty-four integrin heterodimers exist which promiscuously allow the interaction with hundreds of ECM proteins in different tissues and organs [4]. On the cellular surface, integrin receptors are in an allosteric equilibrium between a bent/inactive and an extended/active conformation that respectively interact at a low and high affinity with ligands [1]. The percentage of surface integrins adopting the extended/active conformation vary significantly depending on the adhesion and spreading degree of cell types, being for example ~0.2% in poorly adherent K562 leukemia cells [5] or 10% in widely spread endothelial cells (ECs) [6]. Active integrin conformers are stabilized by the four-point-one, ezrin, radixin, moesin (FERM) domain of talin [7,8] and kindlin [8,9] adaptor proteins with a membrane proximal and distal Asn-Pro-X-Tyr (NPXY) motif in the cytodomain of integrin β subunits, respectively. Both talins and kindlins are required for integrin conformational activation, to which they seem to contribute differently by allowing the vinculin-mediated perception of mechanical forces (talins) and triggering biochemical signaling pathways (kindlins) [8], e.g. through paxillin and focal adhesion kinase (FAK) [10–12]. It has long been thought that the appearance of integrins and associated proteins allowed the evolutionary transition from unicellular to multicellular organisms [13]. Yet, over the last decade, independent studies proved that genes encoding for integrins [14,15] and most adhesome proteins, such as talins [15], but not kindlins [16], were already present in unicellular
The dynamic control of integrin conformational activation is central in different physiological and pathological settings, such as tissue and organ development, platelet aggregation, leukocyte extravasation, autoimmune diseases, fibrosis, and cancer [1,17–19]. In these contexts, the small GTPase Rap1 is a main driver of integrin conformational activation. Indeed, talin exists in an autoinhibited state that is relieved by its direct [20–24] or indirect (e.g. through Rap1-interacting adapter molecule — RIAM) [25] binding to Rap1-GTP, allowing the FERM domain of talin to bind and promote integrin activation. Both the fulfillment of complex morphogenetic programs [26,27] as well as the normal functioning of platelets and leukocytes [1,25,28] rely on a fine spatiotemporal modulation of integrin activation by Rap1 and talin. In this scenario, chemoattractant ligands, e.g. C-X-C motif chemokine 12 (CXCL12) [29] or vascular endothelial growth factor-A (VEGF-A) [30], promote Rap1 activation via G protein coupled receptors (GPCRs) or tyrosine kinase receptors (TKRs) coupled to downstream Rap1 guanine nucleotide exchange factors (GEFs) [31]. Conversely, chemorepulsive ligands such as semaphorins (SEMs) signal through the cytosolic GTPase activating protein (GAP) of Plexin receptors to inhibit Rap1 GTP loading [32–34] and integrin activation [17,18]. The evidence that both talin autoinhibition [27] and Plexin-mediated SEMA inhibition of Rap1 [17,34,35] are required for morphogenesis, in diverse experimental systems, supports the concept that conformational integrin inactivation is as crucial as activation for the accomplishment of complex shaping programs in animal tissues, organs and systems [17,36–39].

In addition to integrin conformational activation, cell-to-ECM adhesion contact dynamics critically relies on integrin traffic [19,40–43]. While it has long been thought that detachment from ECM ligands [44,45] and conformational inactivation [46] were necessary to allow integrin internalization, in the last decade, thanks to the availability of monoclonal antibodies detecting activation dependent epitopes [47], different laboratories showed that conformationally active integrins can also be endocytosed and trafficked under the control of molecular machineries and signaling pathways distinct from those regulating inactive integrin traffic. Here, we will review our current understanding of the rationale and the mechanisms by which cells traffic conformationally active integrins in both normal and cancer cells.

**Active integrin traffic controls ECM adhesion site turnover and cell metabolism**

Integrin binding to soluble monomeric ECM proteins, such as fibronectin (FN), results in traction force-dependent unmasking the otherwise cryptic protein–protein interaction sites that promote ECM polymerization in insoluble protein networks [48,49]. Polymerized FN act as a scaffold on which collagen I molecules are deposited to form fibrils and fibers via repeated cycles of integrin-mediated contraction and relaxation [50]. Subsequently, matrix metalloproteinases (MMPs) cleave ECM fibrils into fragments that get endocytosed and degraded, thus requiring the replenishment with freshly synthesized ECM molecules (Figure 1). Thus, ECM meshworks are unstable objects whose dynamic remodeling is crucial for tissue morphogenesis and healing as well as cancer cell invasion and dissemination [51]. Additionally, it was found, in keratinocytes, that microtubules anchored by cytoplasmic linker associated proteins (CLASPs) in proximity of ECM adhesions allow the targeted transport of secretory vesicles, which locally deliver membrane-type 1 MMP (MT1-MMP) [52] to degrade the ECM [53]. Moreover, it has been shown, in fibroblasts, that, upon MT1-MMP dependent cleavage [54], FN fragments bound to active α5β1 get endocytosed, trafficked and degraded into lysosomes [55]. As a result, in the absence of such constant FN synthesis, secretion and polymerization, FN fibrils disappear, being degraded [56]. Integrins have been reported to mediate the internalization and turnover of other ECM proteins, e.g. type I collagen [57] in fibroblasts, vitronectin [58] and laminin 111 [59] in cancer cells. Therefore, active integrins participate to the control of ECM turnover on the cell surface by mediating the endocytosis of MMP-cleaved ECM fragments in different cell types.

In agreement with the fact that active integrins act as receptors for ECM internalization, several key regulators of endocytosis were found to localize at adhesion sites and regulate the rate at which their molecular components are renewed both *in vitro* and *in vivo*. The small GTPase Rab5 concentrates at myotendinous junctions (MTJs) of *Drosophila* embryos, where it promotes β position-specific (βPS) integrin turnover allowing MTJ remodeling in developing skeletal muscles [60]. Of note, internalization rather than lateral diffusion in the plasma membrane is the main mechanism responsible of βPS integrin dynamics in *Drosophila* MTJs [60].
adhesion sites, integrins withstand retrograde actin flow-driven traction [61], exist in stationary ECM-bound subpopulations [62], and active integrins form tightly ordered nanoclusters [63]. MMP-assisted endocytosis may hence represent an efficient strategy to allow the turnover of ECM-bound active integrins at adhesion sites. The Rab5 GEF Ras and Rab interactor 2 (RIN2) [64] and the Rab5 GAP USP6NL (also known as RN-Tre) [65,66] respectively localize in nascent adhesions and focal adhesions to promote or inhibit active β1 integrin endocytosis and motility of ECs and fibroblasts (Figure 2). In migrating cells, small, round, and peripheral nascent adhesions initially form at leading edge lamellipodium and later either disassemble or, due to actomyosin contractility, mature into elongated and stable focal adhesions [67]. It is tempting to speculate that, by exerting opposite effects on Rab5 GTP-loading and active β1 integrin internalization, RIN2 [64] and RN-Tre [65,66] may co-operate in funneling the conversion of nascent adhesions into focal adhesions in migrating cells. In fibroblasts, FN-bound α5β1 integrin slides outside focal adhesions and translocates along stress fibers giving rise to elongated fibrillar adhesions and FN fibrils [67] that are not influenced by Rab5 activity [65]. At least in ECs [6], active α5β1 integrin endocytosis at fibrillar adhesions and FN fibril turnover are promoted...
instead by Rab21, which localizes to adhesion sites [68,69] and was previously reported to stimulate integrin internalization [68,70,71] (Figure 2).

Differently from ECs [6], Arf4, rather than Rab21, was implicated in the endocytosis of FN-bound active $\alpha_5\beta_1$ integrin from FN fibrils specifically localized in the subnuclear of area of A2780 ovarian cancer cells over-expressing Rab25 (A2780-Rab25) [72] (Figure 1), which was previously found to co-operate with chloride intracellular channel protein 3 (CLIC3) to allow the recycling from late endosomes/lysosomes of endocytosed FN-bound active $\alpha_5\beta_1$ integrin in this cell line [73]. Interestingly, in A2780-Rab25 ovarian cancer cells, upon endocytosis of FN-bound active $\alpha_5\beta_1$ integrin and its delivery to late endosomes/lysosomes, likely due to the increased lysosomal concentration of amino acids caused by FN degradation, the master regulator of cell metabolism and growth mechanistic target of rapamycin complex 1 (mTORC1) gets activated [72] (Figure 1). Similarly, in starving conditions, mammary epithelial cells up-regulate $\alpha_6\beta_4$ integrin-mediated laminin endocytosis and lysosomal degradation thus resulting in mTORC1 activation [74]. In addition, pancreatic ductal adenocarcinoma cells internalize and degrade type I and type IV collagens as source of proline that fuels tricarboxylic acid cycle metabolism under nutrient limited conditions [75]. Finally, the metabolic sensor adenosine monophosphate activated protein kinase (AMPK), which is activated when AMP level raises during energy stresses, was discovered to inhibit the transcription of the $\alpha_5\beta_1$ integrin-specific adaptors and activators tensin1 and 3, thus impairing $\alpha_5\beta_1$ integrin activation and FN fibrillogenesis [76].

In sum, the turnover of the different types of cell adhesion structures relies on distinct pro-endocytic small GTPases and regulatory proteins that differentially modulate in space and time the internalization of ECM-bound active integrins. Furthermore, a direct link between ECM-bound active integrin traffic and nutrient signaling exists. To support their proliferation rate, cancer cells exploit active integrin-mediated ECM endocytosis as an effective strategy to directly acquire nutrients from the extracellular environment.

**Active integrin traffic role in establishing cell polarity**

Polarized epithelial cells, neurons, vascular ECs, and directional migrating cells are characterized by spatially and functionally distinct plasma membrane areas defined by PAR proteins, the CRB complex, and phosphatidylinositol-phosphates (PIPs) [77]. $\beta_1$ integrin-mediated adhesion to the ECM elicits biochemical signals aimed at establishing and maintaining apico-basal polarity both in epithelial cells [78] and ECs [79]. Specifically, $\beta_1$ integrin functions upstream of PAR polarity proteins in the signaling cascade that defines EC apico-basal axis, driving vascular morphogenesis and lumen formation [79] in response to FN [80,81]. On the contrary, basement membrane proteins, such as laminin, are alternative $\beta_1$ integrin ligands that inhibit vascular morphogenesis, while maintaining the stability of mature blood vessels [80,81]. During blood vessel formation, once apico-basal axis is defined, FN-bound active $\alpha_5\beta_1$ integrin signals to keep directing the secretion of

![Figure 2. Working model for Rab5/Rab21 small GTPase interplay in active $\alpha_5\beta_1$ integrin endocytosis in non-cancer cells.](image-url)
freshly synthesized endogenous FN towards the abluminal basolateral plasma membrane of ECs [82], giving rise to a self-sustaining polarity signaling cascade.

In ECs, apart from its ability to extracellularly interact with SEMA3A or VEGF-A [83], the transmembrane glycoprotein neuropilin 1 (NRP1) localizes at adhesion sites [66,69,84–86], where it promotes FN-bound active \( \alpha_5 \beta_1 \) integrin endocytosis [84] (Figure 1). The binding of extracellular NRP1 b1 domain to the C-terminal basic motif of SEMA3A [34,83] or C-end rule (CendR) peptides [87] fosters the internalization of NRP1 [88] and associated membrane receptor cargos, such as active \( \alpha_5 \beta_1 \) integrin [34,84]. NRP1-dependent endocytosis largely relies on its short cytodomain [84,88] that, via its C-terminal Ser-Glu-Ala (SEA) motif, binds the PSD95-DLG1-ZO1 (PDZ) domain of the endocytic adaptor GAIP interacting protein C terminus, member 1 (GIPC1, also known as synectin) that associates to myosin VI (MYO6) motor to allow the transport of early endosomes through the cortical actin network [89]. Arterial branching morphogenesis is substantially impaired in knock-in mice lacking NRP1 cytodomain [90] and, albeit at lower extent, in GIPC1 [91] and MYO6 [92] knock-out animals. In contrast, knock-in mice expressing a b1 domain NRP1 mutant unable to bind VEGF-A only do not display any vascular defect [93]. Altogether, these findings support a model in which, VEGF-A-independent NRP1/GIPC1/MYO6-driven internalization of transmembrane cargos, such as integrins, promote FN-dependent branching [94] and vascular [95] morphogenesis.

Along with the fact that, upon NRP1-driven internalization, active \( \alpha_5 \beta_1 \) integrins are returned back to the EC surface [84], the observation that, via its cytodomain, NRP1 also promotes endothelial FN fibrillogenesis [84] suggests that these integrins may, either by signaling or by direct binding or both, favor the exocytosis of newly synthesized FN from perinuclear trans-Golgi network (TGN) to replace MMP-cleaved FN fibrils. This hypothesis is also in agreement with the observation that endocytosed active \( \alpha_5 \) [6] and \( \beta_1 \) [96] integrins are recycled, likely from vesicular compartments laid closer to the nucleus and farther from the plasma membrane [97], with considerably slower kinetics compared with their inactive counterparts in different cell types. Indeed, in ECs, Rab21, which may interact with NRP1 via adaptor protein containing a PH domain, PTB domain, and basic motif of SEMA3A [34,84] or C-end rule (CendR) peptides [87] fosters the internalization of NRP1 [88]

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More recently, it has been reported that the other TGN-associated clathrin adaptor protein, known to participate together with AP-1 [102] in the secretory pathway, namely Golgi-localized gamma ear-containing Arf-binding protein 2 (GGA2) [102], is also involved in active β1 integrin recycling in human MDA-MB-231 breast cancer cells [103]. The association of GGA2 with active β1 integrin is stabilized by the small GTPase RAB13, which also supports the return of internalized active β1 integrin to the cell surface. Moreover, both GGA2 and RAB13 are required for efficient cancer cell migration and invasion [103]. Of note, along with RAB13, proximity biotinylation analyses also identified PTPRF as a GGA2 interactor [103]. In addition, since PTPRF was previously reported to drive active α5β1 integrin recycling in ECs [6,104], it may hence function as a multipurpose docking receptor that, localizing at ECM adhesion sites [105], allows the polarized and targeted recycling of active β1 integrins via different TGN-connected trafficking pathways. Indeed, GGAs and AP-1 TGN-associated clathrin adaptors may have overlapping [102], as well as distinct functions, GGAs, but not AP-1, transporting ubiquitinated protein cargos [106,107]

Internalized active integrins elicit endosomal signaling pathways

Rac1-stimulated actin branched polymerization drives the formation of plasma membrane extensions, known as lamellipodia, which need to be confined at the leading edge of migrating cells to effectively allow directional motility [108]. In this context, integrin-ECM engagement at the cell front triggers a self-sustaining Rac1-activating positive feedback loop that supports lamellipodium-driven cell motility [109]. In addition, Rac1 endocytosis, from and recycling to, the plasma membrane represents a strategy to selectively restrain and polarize, in space and time, the signaling of this small GTPase [110]. Early endosomes have been identified as further subcellular sites for Rac1 activation in addition to the plasma membrane [110]. Indeed, the major Rac1 GEF T-lymphoma invasion and metastasis-inducing protein 1 (TIAM1) was found to reside on early endosomes of HeLa cancer cells [110], likely because, via its pleckstrin homology (PH) domain [111], TIAM1 binds PI3P [112], a phospholipid produced by the key Rab5 effector PI3KC3, also known as VPS34 [113] (Figure 1). The small GTPase R-Ras, one of the master regulators of integrin function [114], is highly expressed in vascular ECs [64], localizes in lamellipodia-associated nascent ECM-adhesions, where it recruits RIN2 as a result of the interaction with its Ras association (RA) domain [64]. In ECs, the binding to R-Ras converts RIN2 from a Rab5 GEF to an adaptor that first interacts at high affinity with Rab5-GTP to selectively promote ECM-bound/active β1 integrin endocytosis and next causes R-Ras repositioning on early endosomes [64]. After the active β1 integrin/Rab5/RIN2-dependent transfer on early endosomes, R-Ras contacts the RA domain of TIAM1, thus promoting the GTP loading of Rac1 [64] (Figure 1) followed by its polarized relocation to the plasma membrane, likely via the small GTPase Arf6 [110,115]. In sum, it appears that, at the leading edge of migrating ECs, the endocytosis of active β1 integrins co-ordinates the RIN2-dependent translocation of R-Ras on early endosomes, where it triggers, via TIAM1, a self-sustaining Rac1-activating positive feedback loop that drives directed cell motility. Along this line, it was previously reported that in cancer cells Rab5 gets activated upon integrin-mediated cell spreading on FN [116] that, indeed, depends on a focal adhesion kinase (FAK)-Rab5-Rac1 signaling pathway that critically acts downstream of the mechanosensing protein vinculin [117]. More recently, it has been proposed that FAK may favor Rab5 GTP loading by binding and inhibiting the Rab GAP activity [118] of the p85α subunit of PI3K [119]. Furthermore, upon GTP loading, Rac1 elicits additional phosphorylation of FAK that in turn promotes further Rac1 activation, giving rise to a positive feedback mechanism [117]. Altogether these data support a model in which active integrin endocytosis is key in promoting the GTP loading of Rac1 to enable cell spreading.

FAK activation at the plasma membrane regulates cell proliferation, survival, migration, and invasion [120]. However, it has been proposed that endosomal FAK signaling may also support the resistance of normal cells to anoikis as well as breast cancer cell anchorage independent growth and metastatic dissemination [121]. In the cytoplasm, FAK exists in an autoinhibited conformation and the binding of its FERM domain to PI(4,5)P2, which at the plasma membrane is generated in close proximity to ECM-bound integrins, elicits FAK conformational activation [120]. Consistently, the FERM domain is sufficient to recruit FAK to active integrin containing endosomes through still unknown mechanisms [121] (Figure 1). While conformational activation is not required for vesicular targeting, FAK endosomal signaling strictly depends on its tyrosine kinase activity. Similarly to what observed at the plasma membrane [122], FAK, once activated, may promote talin recruitment and tension-independent activation on endosomes. Mechanistically, it has been proposed that FAK phosphorylates...
and activates type I phosphatidylinositol phosphate kinase (PIPKIγ2), generating PI(4,5)P2 promoting talin recruitment [123]. The presence of talin on endosomes may facilitate the maintenance of integrin active conformation during its recycling to the plasma membrane, even in the absence of ligands [123].

**Perspective**
- Differently from what previously hypothesized, integrins do not need to be conformationally inactivated to be endocytosed. Dedicated transmembrane and cytosolic proteins contribute to ECM-bound active integrin internalization and recycling to the cell surface, along with the secretion of newly synthesized ECM.
- Active integrin endocytosis and traffic control ECM and adhesion site turnover, metabolism, polarity, and endosomal signaling supporting motility and survival both of normal and cancer cells.
- It will be crucial to identify and thoroughly dissect the molecular mechanisms responsible for those signaling aspects of active integrin traffic still poorly understood, such as those involved in the control of ECM-containing PGCs from the TGN or in the targeting of FAK on endosomes.

**Competing Interests**
The authors declare that there are no competing interests associated with the manuscript.

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**Abbreviations**
AMPK, adenosine monophosphate activated protein kinase; AP-1A, adaptor protein complex-1A; CLASPs, cytoplasmic linker associated proteins; CLIC3, chloride intracellular channel protein 3; CXCL12, C-X-C motif chemokine 12; ECM, extracellular matrix; ECs, endothelial cells; FAK, focal adhesion kinase; FERM, four-point-one, ezrin, radixin, moesin; FN, fibronectin; GAP, GTPase activating protein; GEFs, guanine nucleotide exchange factors; GGA2, Golgi-localized gamma ear-containing Arf-binding protein 2; MMPs, matrix metalloproteinases; MT1-MMP, membrane-type 1 MMP; MTJs, myotendinous junctions; MYO6, myosin VI; NRP1, neuropilin 1; PGC, post-Golgi carrier; PI4KB, phosphatidylinositol 4-kinase, catalytic, beta; PPFIA1, PTPRF interacting protein a1; RA, Ras association; TGN, trans-Golgi network; TIAM1, T-lymphoma invasion and metastasis-inducing protein 1; VEGF-A, vascular endothelial growth factor-A; βPS, β position-specific.

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