Learning Points for this Article:
Proper imaging and surgical approach selection is important in managing pelvic impalement injuries

Abstract

Introduction: Impalement injuries of pelvis have been reported in children but are uncommon. Impalement could be associated with injuries to deep organs, wound contamination, crush injuries, and in certain instances, can even be fatal.

Case Report: We present a bizarre case of a 2-year-old female child who presented to us with a tapestry needle embedded in the true pelvic cavity after a history of fall on the buttock while playing at home. The impaled needle was eventually successfully extracted surgically using the modified Stoppa's approach and the post-operative period was uneventful. We also briefly review the literature surrounding such unusual injuries and discuss tips and tricks regarding the surgical technique in such cases.

Conclusions: In impalement injuries, adequate analgesia, tetanus prophylaxis, antibiotics, and immobilization must be given initially followed by meticulous pre-operative planning in the form of radiographs and computed tomography (CT) scans. Minimally invasive CT-guided extraction of needle can be attempted by an experienced interventional radiologist when there is no significant risk of damaging neighboring vital organs or neurovascular structures. The surgical approach if an open approach is decided must be chosen wisely; backup may be needed from an abdominal surgeon, urologist, or gynecologist in certain cases.

Keywords: Foreign body, Pelvis, Impalement injury, Modified Stoppa's approach.

Case Report

A 2-year-old female child was referred to our institute by a local hospital with an alleged history of fall on the buttocks while playing at home 12 days previously. She landed hard directly on a tapestry needle which was lying unattended on a cot, resulting in the needle penetrating the left buttock. At the local hospital, the child was given first aid care, tetanus prophylaxis, and broad-spectrum intravenous antibiotics after admission. The needle was apparently deeply embedded in the gluteal muscles, and the end of the needle was not visible or palpable. 1 week later, they attempted surgical retrieval of the needle using a posterior undefined approach through the left buttock. However, with fluoroscopic guidance.

References

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every attempt to grab the eye of the needle, the needle was inadvertently pushed further anteriorly, and the surgeon eventually abandoned the procedure. The child was referred to our institute 5 days later by the primary surgical team.

On presentation, the child complained of dull, aching pain in the left buttock region and the left groin region; tenderness could be elicited at the entry site of the needle. The pain was significant as the child avoided sitting or standing/walking due to the pain and preferred to lie still in the bed; hip range of motion was normal, and there was no distal neurovascular deficit. She had no history of fever, urinary, or bowel disturbances. An oblique scar, 4 cm in length, indicative of the previous surgery was seen in the left buttock region (Fig. 1).

Fresh radiographs of the pelvis including an antero-posterior view, Judet views, pelvis inlet, and outlet views were obtained to ascertain the current position of the needle. The needle was located well within the true pelvic cavity, lying just medial to the left obturator foramen (Fig. 2). Computerized tomogram images with three-dimensional reconstruction were obtained to accurately locate the needle position inside the true pelvis (Fig. 3).

We decided to operate and retrieve the needle from the pelvis due to 3 reasons. First, the needle was in close proximity to the urinary bladder and obturator neurovascular bundle, and chances of further migration of the needle could not be ruled out completely [4, 5]. For the same reason, minimally invasive computed tomography (CT)-guided removal of needle also was not considered safe by the radiologist. Second, the needle could act as a focus of infection leading to abscess formation and/or sepsis [6, 7]. Furthermore, the embedded needle could later present as a chronic source of pain and discomfort for the patient [8, 9, 10, 11, 12].

**Surgical technique**

We used the modified Stoppa's approach for the surgical retrieval of the impaled needle [13, 14]. A Foley’s catheter was inserted before surgery to improve the visualization. The patient was positioned supine on a radiolucent table. The entire left lower limb and the lower abdomen were aseptically draped for the surgery, and the left hip was flexed by placing a sandbag beneath the left knee to relax the iliopsoas and abdominal muscles and also the external iliac/femoral neurovascular bundle. A transverse, linear skin incision of around 8 cm was made 2 cm proximal to the pubic symphysis, just short of the external inguinal ring, and the incision was deepened to the abdominal fascia. The rectus fascia was incised transversely, and the exposed rectus abdominis muscle was split along the linea alba to approach the internal aspect of the pelvis. We then split the transversalis fascia to enter the potential space of Retzius (Fig. 4).

The needle was located under fluoroscopic guidance in antero-posterior, inlet, and outlet views (Fig. 5). It was found to be embedded within the substance of the obturator internus muscle, medial to the left obturator foramen with the sharp end of the needle lying around 2 cm lateral to the symphysis and around 1 cm inferior to the superior margin of the superior pubic ramus.

A small incision was given over the fascia of the obturator internus muscle over the needle; the needle was gripped firmly in the middle part using a needle holder forceps and not at its tip to prevent it from retreating back along the preformed tract (Fig. 6). The needle was gently extracted upward, and it came out without much difficulty. The tapestry needle was carefully examined to check if it was...

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Figure 1: Clinical photograph showing the oblique scar on the left buttock of the child representative of the approach used by the primary surgical team.

Figure 2: (a-c) Plain radiographs of pelvis taken 12 days after impalement injury in anteroposterior, inlet, and outlet views showing the tapestry needle lying adjacent to the left obturator foramen.
extracted in its entirety. It was noted that the needle was 3.6 cm in length and there was a significant amount of corrosion on it which theoretically increases the risk of anaerobic infections (Fig. 7). A thorough wash with 4L of normal saline was given, and the wound was closed in layers over a suction drain.

Post-operatively, the child was started on triple intravenous antibiotics (cefuroxime, amikacin, and clindamycin) for 5 days. No signs of wound infection were noted, and the sutures were removed 12 days after surgery. Rest of the post-operative period was uneventful.

**Discussion**

A careful search of the available medical literature did not reveal any similar case reported in the pediatric or adult population. Most of the impalement injuries of the pelvis in children are usually caused by larger objects. Habeltet al. [7] reported 2 young boys with perineal impalement injuries after a history of a fall on the buttocks. In both cases, wooden foreign bodies were lodged in the perineal areas leading to inflammation which necessitated surgical drainage. Ekenzeet al. [6] reported a 13-year-old child who suffered a perineal impalement injury with a writing pen which was incompletely extracted by a primary health-care practitioner; the child presented with signs of chronic urinary tract infection 4 months later. A radiopaque object was detected in the urinary bladder on pelvic radiograph and sonograph; on surgical exploration, a 7.5 cm encrusted fragment of the writing pen was extracted from the inflamed bladder cavity. The authors postulated that the retained foreign body in the bladder was most probably secondary to direct penetration of the bladder cavity, but the possibility of upward migration along the urinary tract could not be ruled out.

Baeza-Herreraet al. [15] reported on 2 children with traumatic inguinal impalement injuries with a metallic bar and a wooden stake without any distal neurovascular deficit or any visceral/testicular damage; both these foreign bodies, however, were subcutaneous in location and were surgically removed without any complications.

No traumatic needle impalement injury of the pelvis has been reported in adults or in children to the best of the authors’ knowledge. Plageret al. [8] reported on two boys with diabetes mellitus with retained metallic needles in the soft tissue of the buttck region which were part of a subcutaneous insulin delivery system and which apparently broke away from the rest of the infusion set during removal. The children were asymptomatic, and the needles were removed surgically under fluoroscopic guidance; however, unlike our case, the location of the metallic needles was quite superficial and well outside the pelvic cavity.

In our case, the initial management of the child after the injury in the referring hospital was improper and inadequate; this may reflect the lack of trained personnel that is present in many hospitals in developing countries like India. The child would have benefited from detailed and careful pre-operative planning, proper surgical approach, wound exploration, wound irrigation, and layered closure. She should have been promptly referred to a tertiary care center if the facilities or personnel at the treating hospital were inadequate.

**Conclusions**

Needle impalement injuries of pelvis are very rare and unusual. Being a relatively small object, it is more likely to completely penetrate into the soft tissue, and the ends of the needle may not be seen or palpated. When faced with such cases, it is imperative not to rush into surgery. Adequate analgesia, t etanus prophylaxis, antibiotics, a nd immobilization must be given initially followed by meticulous

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**Figure 3:** (a-d) Computed tomography images with three-dimensional reconstruction to accurately localize the position of the tapestry needle.

**Figure 4:** Intraoperative photograph showing the modified Stoppa’s approach being used.
pre-operative planning in the form of radiographs (in multiple views) and CT scans (including angiogram if needed). Minimally invasive CT-guided extraction of needle can be attempted by an experienced interventional radiologist when there is no significant risk of damaging neighboring vital organs or neurovascular structures. The surgical approach if an open approach is decided must be chosen wisely; backup may be needed from an abdominal surgeon, urologist, or gynecologist in certain cases. The needle should never be grasped from the tip as that will only push it further inside which might lead to catastrophic complications. It should be gripped in the middle and stabilized, and only then, an attempt must be made to pull it out.

Clinical Message
In needle impalement injuries, do not rush patient into operating theater without adequate planning and backup. Try minimally invasive CT-/ultrasonography-guided extraction of the object, if feasible. Choose surgical approach carefully. Do not try to grasp the needle from the tip.

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