Calvarial Fracture Patterns on CT Imaging Predict Risk of a Delayed Epidural Hematoma following Decompressive Craniectomy for Traumatic Brain Injury

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ABSTRACT

BACKGROUND AND PURPOSE: The development of a delayed epidural hematoma as a result of decompressive craniectomy represents an urgent and potentially lethal complication in traumatic brain injury. The goal of this study was to determine the incidence of delayed epidural hematoma and whether patterns of skull fractures on the preoperative CT scan could predict risk of a delayed epidural hematoma.

MATERIALS AND METHODS: We retrospectively evaluated medical records and imaging studies for patients with acute traumatic brain injury who underwent a decompressive craniectomy during a 9-year period. We compared patterns of skull fractures contralateral to the side of the craniectomy with the occurrence of a postoperative delayed epidural hematoma.

RESULTS: In a series of 203 patients undergoing decompressive craniectomy for acute traumatic brain injury, the incidence of a delayed epidural hematoma complication was 6% (12 of 203). All 12 patients who developed a delayed epidural hematoma had a contralateral calvarial fracture on preoperative CT at the site where the delayed epidural hematoma subsequently formed. A contralateral calvarial fracture has perfect sensitivity (100%) for subsequent development of delayed epidural hematoma in our study population. Moreover, a contralateral calvarial fracture involving 2 or more bone plates had an especially high diagnostic odds ratio of 41 for delayed epidural hematoma.

CONCLUSIONS: Recognition of skull fracture patterns associated with delayed epidural hematoma following decompressive craniectomy may reduce morbidity and mortality by prompting early postoperative intervention in high-risk situations.

ABBREVIATIONS: DC = decompressive craniectomy; DEDH = delayed epidural hematoma; GOS = Glasgow Outcome Scale; ICP = intracranial pressure; TBI = traumatic brain injury

Decompressive craniectomy (DC) has been used with increasing frequency over the past few years to control raised intracranial pressure (ICP) that accompanies severe traumatic brain injury, malignant middle cerebral infarction, and other central nervous system conditions.1-4 While DC is a potentially life-saving operation, the procedure is associated with a number of complications.5-7 One potential devastating complication following DC is the development of an epidural hematoma remote to the craniectomy.6,8-13 This hematoma has been termed a delayed epidural hematoma (DEDH), as it is often first detected on the postoperative CT imaging studies. However, the hematoma may evolve during the decompression and present intraoperatively with external cerebral herniation through the craniectomy defect.8,11-13 Although initially considered rare, the DEDH has become more common in the last decade with the resurgence of DC as a means to control raised ICP following traumatic brain injury (TBI). Clinical findings associated with DEDH include intraoperative brain swelling,8 pupillary abnormalities,14 increased ICP measurements, and acute neurologic deterioration.5,15 The DEDH represents a potentially fatal complication and often requires a second surgical decompression.10,15

A frequent radiographic abnormality found in association with a DEDH is the presence of a calvarial skull fracture, contralateral to the craniectomy (Figs 1–3).8-13,16 In the case series of Su et al,8 contralateral calvarial fractures were present on the preoperative CT in 10 of 12 patients who developed a DEDH.8 In the remaining 2 patients, a radiographically occult fracture was identified intraoperatively during DEDH evacuation. Despite the po-
The present study retrospectively evaluated a cohort of 203 patients undergoing DC for acute TBI over a 9-year period. We characterized contralateral calvarial skull fractures in all patients undergoing DC. We compared fracture patterns in patients who did versus those who did not develop DEDH. The goal of this study was to determine the incidence of DEDH after DC and whether skull fracture patterns on the preoperative CT scan can predict risk of a DEDH.

MATERIALS AND METHODS

The study was approved by the Committee on Human Subjects Research and was Health Insurance Portability and Accountability Act compliant. Patients who presented to our Level 1 trauma center with acute TBI and who underwent DC were retrospectively identified from our radiologic database of imaging reports using the search terms “craniectomy” and “hemicraniectomy.” The search spanned a 9-year period between 2001 and 2010. Patients undergoing DC for nontraumatic indications or for penetrating trauma, including gunshot wounds, were excluded. Bi-frontal decompressive craniectomies were also excluded. There were no age limitations. The study cohort included all patients undergoing DC who met inclusion criteria. The DC surgical procedure entailed removal of a large portion of frontal-temporal-parietal-occipital skull bone that measured approximately 12 by 15 cm. The underlying dura was opened in a stellate fashion to the bone edges, and the scalp flap was closed over the decompressed brain without a duroplasty.

CT studies consisting of thin section (0.625 to 1.25 mm) multidetector-row CT (Lightspeed VCT and CTi; GE Healthcare, Milwaukee, Wisconsin) images with soft tissue and bone algorithm reconstructions were available for analysis on a PACS viewing station. CT imaging studies of the brain and calvaria were analyzed by 3 neuroradiologists with 4, 8, and over 20 years of experience. Review of the preoperative CT images was performed without knowledge of whether the patient developed a DEDH. The number and distribution of calvarial bone fractures on both sides of the skull were tabulated before review of the postoperative CT. Calvarial fractures were defined as those involving the parietal bone, squamosal temporal bone, calvarial sphenoid, calvarial occipital, and frontal bones. Skull base, nonsquamosal temporal bone, central sphenoid, and facial bone fractures were excluded from analysis. Preoperative CT images were scrutinized for epidural hematomas underlying calvarial skull fractures. In addition, the presence or absence of an acute subdural hematoma, signs of midline shift, and status of the basal cisterns were also recorded from the preoperative CT images. Cisterns were classified as open, effaced, or absent.\(^17\) Postoperative CT images were examined for evidence of a DEDH, contralateral or remote to the craniectomy skull defect, after review of the preoperative CT images was complete. Whether the DC had been performed on the coup versus contre coup side of injury was noted. The relationship between DEDHs and calvarial skull fractures was noted. The DEDH volume, maximum diameter, and midline shift on the postoperative CT were recorded. Volume calculations for DEDHs were based on the Petersen and Espersen equation (one-half \(\times\) anteroposterior diameter \(\times\) transverse diameter \(\times\) cranio-caudal diameter in cm).\(^18,19\) Calvarial fracture patterns contralateral to the side of DC were compared between patients who developed versus those who did not develop a DEDH.

Clinical records for the subgroup of patients with complications of a DEDH were reviewed in detail. Patient and injury characteristics, including the preoperative Glasgow Coma Scale, indications for postoperative CT scanning, and time interval from close of surgery to the postoperative CT were collected. Indications for a postoperative CT scan were classified as routine, ele-
exact tests were used to determine whether there were significantly different rates of DEDH for different calvarial fracture patterns. A P-value < .05 was considered statistically significant. Statistical analyses were performed using SPSS version 18 statistical software (IBM, Armonk, New York).

RESULTS

Among 203 patients who underwent DC for acute nonpenetrating TBI, 12 patients (5.9%) developed a de novo DEDH remote to the craniectomy site. In all cases, the preoperative CT scan was devoid of any signs of a pre-existing epidural hematoma in the location where the DEDH later developed. Patient characteristics, injury mechanism, hospital course, and outcome results are summarized in Online Table 1. This patient subgroup is predominantly composed of men (10 of 12, 83%) with a mean age of 32.3 ± 13.5 years (range 15–57 years). Two-thirds (8 of 12, 67%) of the patients with a DEDH met criteria for a severe TBI (preoperative Glasgow Coma Scale ≤ 8) with a mean preoperative Glasgow Coma Scale score of 7.0 ± 3.3. Mechanisms of injury involved high impact injuries without head protection in 10 of 12 (83%) patients. Assaults, mediated by generally lower energy contact forces, were observed in only 2 (17%) patients.

Preoperative CT imaging findings are summarized in Online Table 2. The coup site was identified in 9 patients (75%), and the decompressive craniectomy was noted to have been performed on the contra-coup side in these 9 patients. Subgaleal scalp swelling was bilateral in 3 (25%) of 12 patients, obscuring assignment of the craniectomy to the coup versus contra coup side. Acute subdural hematomas ipsilateral to the side of the decompressive craniectomy were present in all 12 patients who developed a DEDH. These acute subdural hematomas measured an average thickness of 5.8 ± 2.6 mm with midline shift of 6.4 ± 3.8 mm. In 9 of 12 (75%) patients, the subdural hematoma was categorized as “complex,” as evidenced by signs of mass effect in proportion to the thickness of the subdural hematoma. Basal cisterns were compressed in 4 of 12 (33%) patients and completely obliterated in 7 of 12 (58%) patients undergoing DC. Together, signs of raised ICP as judged by midline shift greater than 5 mm and/or obliterated status of the basal cisterns were present in 11 of 12 (92%) patients.

The time interval from completion of the decompressive surgery to the postoperative CT imaging averaged 12.8 ± 17.1 hours. Indications for obtaining a follow-up CT after DC included elevated ICP (n = 5), new pupillary deficit (n = 3), and routine postoperative surveillance (n = 4). Imaging characteristics of the
DEDHs are summarized in On-line Table 2. Postoperative DEDHs were remarkable for their large size (mean volume = 86.0 ± 67.2 mL; mean thickness 24.8 ± 9.8 mm) and the degree of associated midline shift (mean 9.5 ± 7.0 mm). The location of DEDHs was contralateral to the side of craniectomy in 10 of 12 (83%) of patients. In 2 patients, DEDHs were bilateral, underlying vertex fractures that crossed the midline.

The locations and patterns of skull fractures for all patients undergoing DC are summarized in On-line Table 3. Preoperative CT imaging identified a calvarial fracture contralateral to the planned craniectomy in 55 of 203 patients with DC (27%). In all 12 patients who developed a DEDH, a calvarial fracture(s) was present at the site where the DEDH formed. Fractures contralateral to the DC were confined to a single calvarial bone in 60% (33) of patients. Sensitivity, specificity, and diagnostic odds ratio values for the different fracture patterns in relation to occurrence of DEDHs are summarized in the Table. Even though all 12 patients with DEDH had a skull fracture (sensitivity 100%) contralateral to the side of DC, only 3 of these fractures (25%) were limited to a single bone plate. In contrast, the sensitivity of fractures that spanned 2 or more bone plates was 75%. Statistical analysis demonstrated a highly significant association (P = .005; Fisher exact test) between development of a DEDH and contralateral fractures involving 2 or more calvarial bones.

Reoperation was performed in 8 of the 12 (67%) patients who developed a DEDH. In 7 of these 8 patients, DEDHs exceeded the guidelines for surgical evacuation of epidural hematomas in closed TBI (volume over 30 mL with greater than 5 mm of midline shift).22 Mean Glasgow Coma Scale in the reoperated group of patients was 7.3 ± 3.6 and mean time to acquisition of the postoperative CT was 7.0 ± 7.0 hours. In the reoperated group of 8 patients, the mean DEDH volume was 105.3 ± 65.3 mL, diameter thickness 27.9 ± 9.3 mm, and midline shift 11.4 ± 7.2 mm. One patient had a small DEDH without midline shift; however, intraparenchymal swelling with development of a dilated, fixed pupil on the side of the DEDH prompted a decompressive craniectomy together with evacuation of the small DEDH. This patient ultimately had a persistent vegetative outcome. Five patients underwent reoperation for DEDHs larger than 100 mL (mean volume 148.2 ± 31.6 mL, thickness 33 ± 5.9 mm, and midline shift 15 ± 4.9 mm). In the group of 12 patients with DEDH, 4 patients did not undergo reoperation. In 3 of these 4 patients, the volume of the DEDH was less than 30 mL. One patient, not reoperated upon, had a large DEDH (137 mL) with 13 mm midline shift, but the patient’s neurologic condition was deemed nonsurvivable.

Outcome was analyzed for all 12 patients with a DEDH, managed operatively and nonoperatively. The mean hospital length of stay in this group was 45.6 ± 52.9 days. Two patients died within 48 hours of admission. At the time of hospital discharge, outcome was favorable (GOS 4 or 5) in 4 of 12 (33%), and unfavorable (GOS 1–3) in 8 of 12 (67%) patients. In the 8 patients undergoing reoperation for their DEDH, 5 survived (63%) and favorable outcome was achieved in 2 (2 of 8, 25%). Reoperation for the 5 patients with large DEDH over 100 mL yielded 2 survivors (2 of 5, 40%), with Glasgow Coma Scale outcomes of 4 and 3 at time of hospital discharge.
DISCUSSION
As randomized studies strive to define the role of DC in the management of acute TBI, complications directly related to this procedure have become increasingly important.2-5,7,11,23-27 Complications of a DEDH arise from relief of the tamponade effect and hemorrhagic expansion of an injured meningeal artery, dural vein, or fractured diploe, upon opening of the skull. We observed a 6% incidence of DEDH following DC for acute TBI. This is comparable with the 4.5% incidence of DEDH reported by Matsuno et al.10 Wen et al13 recently published the largest cohort to date of 15 patients with TBI developing delayed extra-axial hematoma contralateral to decompressive craniectomy, with a reported incidence of 6.8%, very similar to our incidence results. In our analysis of 203 preoperative CT scans, the finding of any contralateral calvarial skull fracture had a positive predictive value of 22% and perfect sensitivity (100%) for later development of a DEDH. Furthermore, the number of bone plates involved by the skull fracture was important. Specifically, if 2 or more calvarial bones are fractured on the side contralateral to craniectomy, the diagnostic odds ratio for developing DEDH is 41.

Our study of 12 patients with DEDH complications revealed a number of clinically significant observations. First, after removal of a large portion of the skull, the brain can accommodate large DEDHs with significant degrees of midline shift, without progression to brain death. In our study, only 2 of 12 patients with DEDH met clinical criteria for brain death. Second, patients can harbor DEDH of considerable size without clinical signs. In 2 patients, a DEDH measuring over 100 mL was first detected postoperatively by routine surveillance CT imaging. Third and most importantly, survival and good outcomes may be achieved by reoperation for evacuation of DEDHs. In our study, survival and outcomes following reoperation of even large DEDHs over 100 mL exceeded expectation given the large size and midline shift of these lesions. Confirmation of this trend with larger patient cohorts is warranted. Takeuchi et al28 observed that CT scans can identify most new postoperative lesions even when performed within 1 hour after surgery for TBI. Thus, recognition of calvarial fracture patterns highly associated with DEDH may allow selection of patients for early postoperative CT scanning to reduce morbidity and mortality associated with DEDH complications after DC.

Our study has several limitations, including its retrospective study design. Over the 9-year span of the study, radiologic imaging protocols and patterns and standards of patient care may well have varied and are sources of potential bias and error. In addition, the small sample of only 12 DEDH lesions limited more detailed statistical analysis of this patient subgroup. Our study is also limited by the lack of long-term patient follow-up and outcome data.

CONCLUSIONS
The presence of a calvarial fracture contralateral to the anticipated side of craniectomy should alert the radiologist and neurosurgeon to the risk of a DEDH complication. This prepares the neurosurgeon for the possibility of intraoperative brain swelling through the craniectomy defect, and identifies high-risk patients in whom an early postoperative surveillance CT scan may be warranted to circumvent devastating neurologic injury from DEDH. Calvarial fractures involving 2 or more bone plates are particularly highly predictive of DEDH. Recognition of skull fracture patterns associated with DEDH may help to identify patients at risk and prompt closer imaging monitoring to detect DEDH earlier.

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