ABSTRACT

Objective: This study focused on the extraction of bioactive constituents in Iraqi cultivated Artemisia dracunculus L dried aerial parts and phytochemical screening with qualitative estimation of three important flavonols (kaempferol, quercetin and rutin). The study also included evaluating the antitumor effects (skin cancer) of methanolic extract for this plant.

Methods: Extraction of bioactive constituents was carried out according to standard protocols using 85% methanol. The phytochemical screening has been done using chemical tests and GC/MS with qualitative estimation of three flavonols (kaempferol, quercetin and rutin) utilized preparative high-performance liquid chromatography (PHPLC). Skin cancer in mice was induced by using 7, 12-dimethylbenz(a)anthracene (a) anthrace to evaluate the antitumor effect of methanolic extract of Artemisia dracunculus when administered orally via intragastric feeding tube. Body weight, tumor volume, tumor burden, percent of tumor incidence and histopathological examination were measured in all tested animals.

Results: Phytochemical screening revealed the presence of glycosides, volatile oils, alkaloids, tannin, terpenoids, phenolic compounds and flavonoids. The preparative high-performance liquid chromatography (PHPLC) analysis indicated that rutin had the highest concentration followed by quercetin while kaempferol had the lowest concentration. The methanolic extract of the Artemisia dracunculus significantly reduced the percent of tumor incidence, tumor volume and tumor burden of skin cancer in mice (p<0.05).

Conclusion: Dried aerial parts of Iraqi Artemisia dracunculus contain many bioactive constituents including three flavonoid compounds (quercetin, kaempferol and rutin) that may be responsible for chemopreventive effect exerting by methanolic extract of Artemisia dracunculus against 7, 12-dimethylbenzenanthracene-induced skin cancer in mice.

Keywords: Artemisia dracunculus L, Quercetin, Kaempferol, Rutin, Skin cancer

INTRODUCTION

Man ever since his first appearance on earth, has used plant throughout his historical development as a source of medicine which was the primary source for new medicines discoveries [1]. Artemisia dracunculus L. (tarragon) is a perennial herb which belongs to Asteraceae family.

It has a long history of use in culinary traditions. It also possesses a wide range of health benefits and has therefore been widely used as an herbal medicine [2]. Additionally, a wider range of secondary metabolites (flavonoids, phenyl-propanoids, coumarins, tannins, essential oil) are reported, determining Artemisia dracunculus (A. dracunculus) biological activities and its potential use as a source of plant-derived pharmaceutical chemical entities and complex extracts [3].

In traditional medicine tarragon is commonly used to improve a malfunctioning digestive system by increasing appetite, to flush toxins from the body, and as a digestive stimulant, especially in cultures with a high consumption of red meat [4].

Arabic cultures have used A. dracunculus to treat insomnia and to dull the taste of medicines. Additionally, it has also been used as an anaesthetic for aching teeth, sores, and cuts and has been used widely in central Asia and Russia for the treatment of skin wounds, irritations, allergic rashes, and dermatitis [5]. In the traditional medicine of Azerbaijan tarragon was used as an antiepileptic, laxative, antispasmodic, and carminative remedy (an infusion made from a teaspoon of its twigs was consumed an hour before meals) [6].

Extracts of A. dracunculus are stated to possess a wide range of pharmacological properties including antibacterial, antifungal, anti-inflammatory, anti-diabetic [7, 8], hepatoprotective, anticonvulsant, gastro protective [2], and tumor and cytotoxic activities [9, 10].

Plants are an important source of potentially useful compounds for the development of new chemotherapeutic agents. In vitro evaluation of plants for the antimicrobial property is the first step towards achieving the aim for developing eco-friendly management of infectious diseases of humans by searching for new biomolecules of plant origin [11].

Hence, the present research was carried out to evaluate the phytochemical compounds of A. dracunculus by chemical tests and Gas Chromatography-Mass Spectrometry analysis (GC-MS) and to identify the presence of some flavon (kaempferol, rutin and quercetin) by PHPLC. In addition to that, the study investigated the chemopreventive effect of A. dracunculus extract in vivo against 7, 12-dimethylbenzenanthracene (7,12-DMBA)-induced skin cancer in mice by measuring tumor incidence, tumor volume, tumor burden and examination the pathological changes in skin specimen of tested mice.

MATERIALS AND METHODS

Plants collection

The aerial parts of the A. dracunculus were collected from Sulaymaniyyah, a city in the north of Iraq, 400 kilometres north of Baghdad. The plant was authenticated at the department of pharmacognosy, college of pharmacy, University of Baghdad.
Preparation of plant extract of *Artemisia dracunculus*

The whole aerial parts of *A. dracunculus* were washed to be free of extraneous material, dried in the shade for one week at room temperature until dryness. After dryness, the parts have been grinding to the powder by using an electrical blender and then weighed for the extraction procedure. 100 g of dried powder of aerial parts of *A. dracunculus* were extracted by using soxhlet apparatus in which powdered plant was packed in a thimble of it and extracted with methanol 85% for 24 h to extract all possible constituents then filter by using Whatman no.1 filter paper and then cool, and allow to evaporate the solvent using rotary evaporator (Buchi, Germany) at temperature not exceeding 40 °C. The residue dried extract was weighed and subjected for different phytochemical screening [12, 13].

Phytochemical screening of methanolic extracts of *Artemisia dracunculus* (MEAD)

**Phytochemical screening by chemical tests**

The presence of volatile oils, glycosides, alkaloids, terpenoids, tannin, saponins, phenolic compounds and flavonoids had been identified by doing the general test as a preliminary phytochemical screening of *A. dracunculus* dried aerial parts extract [14-16].

**GC-MS analysis**

**Preparation of sample for GC-MS:** 0.25 g of the MEAD was dissolved in 85% methanol. The extract was filtered through micro-filter 0.45 µm, and then 2 µl of this solution was employed for GC/MS screening [17, 18].

**GC-MS screening:** GC-MS screening was carried out on a Shimadzu GCMS-QP 2010 Ultra system comprising a gas chromatograph interfaced to a mass spectrometer (GC-MS) instrument employing the following conditions: column VF-5MS fused silica capillary column (30.0 m x 0.25 mm x 0.25 µm, coated of 5% phenyl/95% dimethyl polysiloxane), operating in electron impact mode at 70 ev; helium (99.999%) was used as carrier gas at a constant flow of 1 ml/min and an injection volume of 0.5 µl were employed (split ratio of 1:1) injector temperature 240 °C ion source temperature 200 °C. The oven temperature was programmed from 100 °C (isothermal for 3 min) with an increase of 10 °C/min, to 240 °C ending with a 9 min isothermal at 270 °C. Mass spectra were taken at 70 ev; a scan interval of 0.5 s and fragments from 40 to 440 Da. Total GC running time is 30 min [17, 18].

**Phytochemical screening of some flavonoids by preparative high-performance liquid chromatography (PHPLC)**

One of the most important groups of biologically active secondary metabolites in *A. dracunculus* are flavonoids, which act as (antimicrobial, anti-allergic, anti-inflammatory, antioxidant and anticancer). Among different classes of flavonoid, flavonol class is the most important and widely spread flavonoid, in which quercetin, kaempferol, and Rutin are the best examples and the most potent flavonol class [19, 20]. So that we analyzed the MEAD for the determination (qualitative assay) of them by using SHIMADZU LC-QP 2010 AHT preparative high-performance liquid chromatography at which identical chromatographic condition, identification was done by comparison the retention time of plant extract and authenticated flavonol standard [21].

| **HPLC parameters** | **HPLC conditions** |
|---------------------|---------------------|
| Mobile phase        | acetonitrile:water:acetic acid (60:40:0.5) |
| Column              | Phenomenex C<sub>18</sub> 250 X 4.6 mm, 5 µm particle size |
| Temperature         | Room temperature |
| Flow rate           | 10 ml/min |
| Injection volume    | 2 ml |
| Detection           | UV-Visible detector at λ=254 nm |

**Effect of MEAD on prevention of 7, 12-dimethyl benzanthracene induced skin cancer in mice**

**Drugs and chemicals**

7, 12-dimethylbenzanthracene (DMBA) was purchased from Sigma-Aldrich. Acetone, Formalin and methanol were purchased from Sigma-Aldrich. While other chemicals available commercially. The solution of DMBA was prepared by dissolving 25 µg of DMBA in 1 ml which represent the dose for each mouse [22].

**Preparation of oral dose**

The dry extracts of *A. dracunculus* were triturated in mortar and pestle and suspended in purified water and make it in the concentration of 10 mg of extract/1 ml. The dose that has been given to the mice was 500 mg/kg/d [23].

**Animals**

Eighteen balb/c adult male mice were purchased from the High institute for infertility Diagnosis and assisted Reproductive Technology, Baghdad, Iraq. They were maintained in the animal house at the college of veterinary medicine-University of Baghdad.

All mice were randomly assigned into 3 groups (six mice/group) in isolated plastic cages and allowed to feed on pellet diet and water *ad libitum* under a standard condition of 12 h light and 12 h dark at 25 °C. The experiment described here was approved by the Institutional Review Board (IRB)/Ethical committee (EC) of College of pharmacy/ University of Baghdad, Iraq (Proposal No. 372: dated. 25-01-2016).

**Experimental design**

A total of six mice were randomly allocated into each of three groups (Group A, B and C). According to the Azuine and Bhide procedure, skin cancer was developed in mice [24]. Group A (positive control group) and Group B (Artemisia extract treated group) were treated with topical DMBA (25 µg/ml) dissolved in acetone twice weekly (on dorsal shaved region) for 8 w as an inducer for skin cancer. Group B was also orally treated with Artemisia extract in a dose (200 mg/kg) 3 times weekly by gastric lavage starting one week before application of DMBA and continue through the experiment for 13 w. Group C (negative control group) received only acetone topically for 8 w on dorsal shaved region twice weekly. At the end of the experiment mice were sacrificed by cervical dislocation followed by the skin histo-
pathological analysis. The body weight of each mouse was measured weekly during the experimental period.

The tumor number was counted and volume for each one (per each mouse) was measured by an external caliper that used to measure the length, width and height of the tumor and put it in the following equation.

\[ V = \frac{4}{3} \pi \left( \frac{D_1}{2} \right) \left( \frac{D_2}{2} \right) \left( \frac{D_3}{2} \right) \]

D1, D2 and D3 represent tumors diameter in millimetre (mm). The tumor burden has been calculated also, by multiplying tumor volume and number of tumors/mice.

**Histopathology examination**

After its removal, the skin specimen is placed in a container with 10% formalin to preserve it and put labelled on each container indicate the group name. Next, samples sent to the pathological lab. To be examined by a pathologist. The pathological diagnosis included cross-examination (calculation the number of tumors in each specimen) and measurement the three dimensions of each tumor. After that, microscopically examinations were done by selecting a large tumor sample and putting in a series of alcohol blocks and embedding in paraffin wax. Then slides were prepared by cutting 5-μm-thick sections, stained with hematoxylin and eosin, and looked by the pathologist under a light microscope [25].

**Statistical analysis**

The data collected about body weight, tumor incidence, tumor volume and tumor burden were analyzed using available computer facilities of SPSS-17 and Microsoft Excel 2007.

The following measurement and tests were used: 1. Mean and standard deviation (SD). 2. ANOVA (analysis of variance) test (one-way test) was used to test the significance of differences among the result of more than two groups.

An association or difference was considered statistically significant if the probability value (P-value) was less or equal to 0.05 and highly significant if the probability value (P-value) was less or equal to 0.01.

**RESULTS**

Methanolic extract was obtained from the experimental work, in which the methanolic extract has extracted by Soxhlet apparatus for 24 h.

**Phytochemical screening by chemical tests**

Results of preliminary chemical screening tests shown in table 3 indicate the presence of glycosides, volatile oils, saponins, alkaloids, terpenoids, tannin, phenolic compounds and flavonoids in methanolic extract of Iraqi *A. dracunculus* dried aerial parts.

| Table 2: The preliminary result of chemical screening tests for *Artemisia dracunculus* |
|--------------------------------------|---------------|
| **Phytochemicals**                  | **Results**   |
| Alkaloids                           | Present       |
| Flavonoids                          | Present       |
| Tannins and phenolic compounds      | Present       |
| Volatile oils                       | Present       |
| Terpenoids                          | Present       |
| Saponins                           | Present       |
| Glycosides                          | Present       |

**Phytochemical screening by GC-MS**

*A. dracunculus* dried aerial parts extract showed the presence of medicinal active constituents (table 3). In the GC-MS analysis, 93 bioactive phytochemical compounds were identified in the methanolic extract of *A. dracunculus*. Identification of phytochemical compounds is based on peak area, molecular weight and molecular formula. Some of the GC-MS peaks remained unidentified, because of the absence of authentic samples and library data of corresponding compounds.

| Table 3: Identification of some components in the methanolic extracts of the *Artemisia dracunculus* with their molecular formula, molecular weight, nature and biological activity |
|---------------------------------|------------------|-----------------|-----------------|------------------|
| **Compound name**              | **RT min**       | **Peak area%**  | **Molecular formula** | **Molecular weight** | **Nature and biological activity** |
| Thiophene-2-acetic, dodec-9-ynyl ester | 11.958           | 0.47            | C_{21}H_{20}O_{2}S | 306               | Thiophene, has very strong anti-fungal activity |
| Phytol                          | 18.713           | 0.68            | C_{22}H_{44}O      | 296               | Phytol can be used as a precursor for the synthesis of vitamin E and vitamin K1, Piperidine alkaloids, anti-inflammatory, anti-oxidant |
| Thiophene-2-acetic, dodec-9-ynyl ester | 11.958           | 0.47            | C_{21}H_{20}O_{2}S | 306               | Piperidine alkaloids, anti-inflammatory, anti-oxidant |
| 1,2,4-Oxadiazole, 5-methyl-3-(1-piperidylmethyl) | 16.683           | 0.14            | C_{5}H_{12}N_{3}O | 181               | Piperidine alkaloids, anti-inflammatory, anti-oxidant |
| Benzoic acid, hydroxy-3-(4-methoxy-2-methyl-4-oxobutanylo)-6-methyl- methyl ester | 20.575           | 1.12            | C_{13}H_{16}O_{6} | 294               | Phenolic compound, very strong anti-oxidant, anti-bacterial agent |
| 1-(2-Ethyl-[1,3]dithian-2-yl)-3-methylbutan-1-ol | 21.067           | 0.05            | C_{14}H_{12}O_{2}S | 234               | Thiophene, Very strong anti-fungal |
| Bicyclo [3.3.1]non-2-en-9-ol      | 22.017           | 0.3             | C_{9}H_{14}O       | 138               | Bicyclic-alcohol volatile oil, anti-septic, carminative agent |
| 6-Methoxy-2-aminopyridinamide    | 23.117           | 0.07            | C_{7}H_{14}N_{2}O | 124               | Piperidine alkaloids, anti-inflammatory, anti-oxidant |
| Hexadecanoic acid, methyl ester  | 19.151           | 21.32           | C_{18}H_{36}O_{2}  | 270               | Fatty acid, Hexadecanoic acid is used to produce soaps, cosmetics, also as a long-acting release carrier for drug delivery. |
Fig. 2: GC-MS Chromatogram of *Artemisia d.* dried aerial parts

Fig. 3: GC-MS spectrum of thiophene-2-acetic acid, dodec-9-ynyl ester

Fig. 4: GC-MS spectrum of phytol

Fig. 5: GC-MS spectrum of 1,2,4-Oxadiazole, 5-methyl-3-(1-piperidylmethyl)

Fig. 6: GC-MS spectrum of1-(2-Ethyl-[1,3]dithian-2-yl)-3-methyl-butan-1-ol
Phytochemical screening of some flavonoids by PHPLC

The result reveals that PHPLC method was efficient for qualitative estimation of some flavonoids (quercetin, kampferol, rutin) in Iraqi *A. dracunculus* dried aerial parts extract, in which both of flavonol standards and methanolic extract retention time were identical as shown in fig. 10, 11,12,13 and illustrated in table 4.

Table 4: Retention time of quercetin, kampferol, rutin and their standards in sample extract using PHPLC

| Flavonols    | R<sub>t</sub> value of standard (min.) | R<sub>t</sub> value of flavonol in methanolic extract |
|--------------|--------------------------------------|-----------------------------------------------------|
| Quercetin    | 5.525                                | 5.500                                               |
| Kampferol    | 5.825                                | 5.983                                               |
| Rutin        | 3.300                                | 3.142                                               |
Effect of methanolic extract of *Artemisia dracunculus* on prevention of 7, 12-dimethyl benzanthracene induced skin cancer in mice

The preventive effect of methanolic extract of *Artemisia* against skin tumor has performed in this study using animal model for induction of skin cancer by DMBA carcinogens.

**Body weight**

All of the mice were weighed at the first of the experiment, then the body weight for each mouse in each group was measured weekly and the average weight was calculated and analyzed statistically. The statistical analysis demonstrated no changes in the initial average body weight between the 3 groups (p>0.05) with a gradual increase in the mean body weight during the experiment, as shown in table (6). However, at the end of the research, the mean body weight of the positive control group was reduced with significant differences from negative control and *Artemisia* extract treating group (p<0.05).

**Tumor incidence**

Percentage of tumor incidence was calculated as the ratio of a number of tumor-bearing mice in a group/number of mice in a group × 100. Fig. (15) Demonstrates that there is a highly significant
difference in the percent of tumor incidence between 3 groups. The percent of tumor incidence in the positive control group was 100% because all the mice developed tumors after 8 weeks (fig. 14 A). While in Artemisia treated group, only one mouse developed a tumor (16.7%) and not seen in other mice (fig. 14 B). Treatment the mice in group B with Artemisia extract that significantly reduced tumor expansion (volume) and tumor burden when compared with those mice in group A that exposed to DMBA only (table 5).

Treatment with metformin inhibits polyph formation
To investigate the effect of metformin in polyph formation, we treated mice with metformin for 32 weeks (from 7 to 39 weeks of age). Treatment with metformin significantly inhibited polyph formation (number) and polyph expansion (size) in mice (table 2). Larger polyps, particularly those > 3 mm in diameter, were not found among the metformin-treated mice (fig. 3).

All the animals survived the experimental period and remained in good health, with no clinical signs of nutritional deficiency. At the end of the experiment, the average body weight of the animals did not differ statistically between the experimental groups (fig. 2B).

Table 5: Effect of methanolic extract of Artemisia on the body weight, tumor volume and tumor burden in DMBA treated mice

| Groups                     | Body weight (g) | Tumor volume (mm) | Tumor burden |
|----------------------------|-----------------|-------------------|--------------|
|                            | Initial         | Final             |              |
| Group A (DMBA treated group)| 17.91±2.28*     | 28.16±2.48*       | 40.85±8.22.24*| 4.00±2.366*  |
| Group B (Artemisia extract+DMBA treating group) | 17.25±2.13* | 34.66±1.53* | 6.285±7.53.9* | 0.166±0.408* |
| Group C (Negative control group) | 16.66±2.69* | 34.50±2.82* | 0.000±0.000* | 0.000±0.000* |

Data are presented as mean±SD (n=6). Statistical comparison: Positive control groups (DMBA alone) versus Artemisia extract treating group and negative control group. The superscript "a" and "b" denotes statistical significance. For example, if groups A, B and C have "a" it means there is no statistical significance between them at p<0.05. While, if the group A has "a" and either group B or C has denoted "b" it means there is statistical significance between them at p<0.05.

Fig. 14: Representative images for an animal from positive control group (A) and Artemisia extract administered group (B) and Negative control group (C), taken at the end of the experiment.
Fig. 15: Percent of tumor incidence in the three experimental animal groups. Values are expressed as mean±SD (n=6). The comparison is made as a positive control group (DMBA alone) versus Artemisia extract treating group (Artemisia extract+DMBA) and Negative control group. Statistical significance: ** P<0.001

Histopathology

Histopathological results demonstrated that skin tissue specimen for positive control group exhibited squamous cell carcinoma with severe hyperplasia, thickening and proliferation of epidermis (hyperkeratosis) and clear morphological alteration in skin tissue comparing to normal epithelium, epidermis and hair follicles seen in negative control group (fig. 16 A and C). The mild proliferation of epidermis with normal epithelium and hair follicles has seen in Artemisia extract treating group. (fig. 16 B)

The experiment shows a significant reduction in skin tumor volume caused by those groups of mice treated by the methanolic extract of Artemisia, comparing with positive control and negative control group.

DISCUSSION

Artemisia dracunculus has been widely used in traditional medicine, and a large number of researchers confirm this species’ has a beneficial pharmacological activity like hepatoprotective effect, anti-inflammatory activity, anti-hyperglycemic action, anti-hyperlipidemia action, antibacterial, antifungal, antioxidant activity, neurotrophic activity, anticancer activity and in the treatment of sickle cell anemia [26-30].

Results of this study show that the methanolic extract of Iraqi Artemisia dracunculus dried aerial parts contains glycosides, volatile oils, saponin, alkaloids, terpenoids, tannin, phenolic compounds and flavonoids. Several pieces of evidence from many studies documented that the flavonoid compounds (rutin, quercetin and kaempferol) that have been screened in this study has a potential chemo preventive effect against carcinogen-induced skin cancer in mice. Rutin has showed chemo preventive effects against DMBA and croton oil-induced skin cancer in mice as a result of its antioxidant property [31]. In addition to that, Kamepferol showed potential activity in suppression UV radiation-induced skin cancer by targeting certain family of protein kinase which responsible for down regulation the MAPK cascade that activated by solar light. [32]. Quercetin also plays a role in inhibition the growth of papilloma induced by specific initiator and promoter on skin mice tissue by exerting strong anti-oxidant effects [33].

CONCLUSION

Dried aerial parts of Iraqi Artemisia dracunculus contain many bioactive constituents like glycosides, volatile oils, saponin, alkaloids, terpenoids, tannin, phenolic compounds and flavonoids. Quercetin, kamperfol, and rutin are the main flavonoids present in the Artemisia dracunculus that cultivated in the north of Iraq. In addition to that, the research demonstrates that the methanolic extract of dried parts of Iraqi Artemisia dracunculus has a chemo-preventive effect against 7, 12-dimethylbenzanthracine-induced skin cancer. This anti-cancer effect may be attributed to those three flavonoid compounds.

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CONFLICT OF INTERESTS

Declared none

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42