**p53 mutations and human papillomavirus DNA in oral squamous cell carcinoma: correlation with apoptosis**

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**Summary** Forty-two oral squamous cell carcinomas (SCCs) were analysed for p53 mutations and human papillomavirus (HPV) infection to examine the prevalence of these factors and correlation with apoptotic index (AI; number of apoptotic cells per 100 tumour cells) of the tumour tissue. In polymerase chain reaction (PCR)–Southern blot analysis, HPV DNAs were detected from 22 out of 42 SCCs (52%) with predominance of HPV-16 (68%). p53 mutations in exons 5–8, screened by nested PCR-single-strand conformation polymorphism (PCR-SSCP) analysis, were observed in 16 of 42 tumours (38%). The state of the p53 gene did not show any correlation with HPV infection. The terminal deoxynucleotidyl transferase (TdT)-mediated dUTP-biotin nick end labelling (TUNEL) method was used for detection of apoptotic cells. The mean AI was 2.35, ranging from 0.31 to 6.63. SCCs associated with p53 mutation had significantly lower AI than those without p53 mutation (P < 0.01), whereas no difference in AI was found between SCCs with and without HPV infection. The results of this study confirmed that HPV infection and/or p53 mutations are implicated, but are not mutually exclusive events, in carcinogenesis of oral SCC and also showed that decrease in apoptosis is more closely related to p53 mutation than HPV infection.

**Keywords:** p53; HPV; apoptosis; oral squamous cell carcinoma: polymerase chain reaction

Squamous cell carcinoma (SCC) is the most common malignant neoplasm of the oral mucosa, representing more than 90% of intraoral malignant tumours. Tobacco and alcohol use, viral infections, nutritional deficiency and dietary customs have all been implicated in the aetiology of head and neck cancer (Regezi et al. 1993). Whereas the epidemiology has been well described so far, the molecular steps involved in the pathogenesis of these common neoplasms are poorly understood. The role of human papillomavirus (HPV) in the development of anogenital cancers has been widely studied, and current evidence shows that HPV infection is necessary for the development of most cervical cancers (zur Hausen. 1994). Approximately 80–90% of cervical carcinomas contain HPV DNA, and the predominant or high-risk types appear to be HPV-16, -18 and -33 (Yoshikawa et al. 1991). HPV E6 and E7 proteins, consistently expressed in HPV-transformed and HPV-positive tumours, can exert their oncogenic potential by inactivating the products of the p53 tumour-suppressor gene (Levine. 1990: zur Hausen. 1994) and the retinoblastoma (Rb) gene (Dyson et al. 1989). In oral malignant lesions, the state of HPV infection has been reported to be as high as 76% (Snijders et al. 1994), although there are still conflicting results in infection rate and role of HPV in oral carcinogenesis.

p53 plays an important role in the maintenance of genomic integrity through the induction of cell growth arrest or apoptosis following DNA damage (Weinberg. 1991; Smith et al. 1995). The loss of a functional tumour-suppressor protein such as p53 has been implicated in the aetiology and progression of a variety of human tumours (Levine. 1990; Hollstein et al. 1991a). Indeed, p53 mutation is the most frequently detected genetic alteration in human cancers, particularly in tobacco-related tumours of the lung, oesophagus and oral cavity (Hollstein et al. 1991b). The loss of activity of the wild-type p53 protein can be achieved by two different mechanisms: either by a mutation of the p53 gene (Crook et al. 1991) or by binding to the HPV encoded E6 protein (Schaffner et al. 1990). In oral cancer, both mechanisms of inactivating p53 may play a role in carcinogenesis. Several studies, analysing the relationship between p53 mutations and HPV infection in malignant head and neck tumours, have shown high frequencies of p53 mutations in HPV-positive oral cancers (Brachman et al. 1992; Barten et al. 1995).

Apoptosis, or programmed cell death, is an essential mechanism that regulates cell loss in tissue modelling for vertebrate development, with apparent differences from necrosis. This process is a unique feature of multicellular organisms that enables continuous renewal of tissue by cell division while maintaining the steady-state level of the various histological compartments under tight control (Raff. 1992). Regulation of the process leading to a physiological cell death involves expression of several proto-oncogenes or tumour-suppressor genes, such as c-myc, bcl-2 and p53 (Clarke et al. 1993). Failure of tumour cells to undergo apoptosis can result in uncontrolled accumulation of cells (Kerr et al. 1994).

Morphologically, apoptosis is characterized by nuclear chromatin condensation and budding of the cell, with formation of...
Table 1 Detection of HPV DNA sequences with PCR–Southern blot analysis in oral squamous cell carcinomas

| HPV negative | HPV positive |
|--------------|-------------|
|              | 16  | 18  | 33  | 16 and 18 | 16 and 33 | Total |
| 20 (47.6%)   | 12  | 5   | 2   | 1         | 2         | 22 (52.4%) |

Table 2 Detection of p53 mutations with nested PCR–SSCP analysis in oral squamous cell carcinomas

| Wild-type p53 | Mutant p53 |
|---------------|------------|
| Exon 5        | Exon 6     | Exon 7 | Exon 8 | Exons 5 and 6 | Exons 6 and 8 | Total |
| 26 (61.9%)    | 4          | 2      | 4      | 3            | 2            | 1     | 16 (38.1%) |

Figure 1 Detection of the HPV DNA sequences in oral squamous-cell carcinomas by PCR–Southern blot analysis. A. B and C show the results for amplified HPV DNA type 16, 18 and 33 respectively. (-), Negative controls; (+), HPV-positive controls

membrane-enclosed apoptotic bodies containing well-preserved organelles, which are phagocytosed and digested by nearby resident cells (Kerr et al. 1972; Wyllie et al. 1984). Because of the short duration of morphological changes and seemingly low incidence, it is difficult to detect apoptosis in routine histological sections. Such difficulties can be overcome by using the terminal deoxynucleotidytransferase (TdT)-mediated dUTP-biotin nick end labelling (TUNEL) method, which detects apoptosis by in situ labelling of DNA breaks in individual nuclei in tissue sections processed through the routine procedures of histopathology.

Recently, there has been growing interest in apoptosis in relation to histopathological differentiation, tumour progression and its prognostic value (Kasagi et al. 1994; Törmänen et al. 1995). There is, however, no report available so far on the significance of apoptosis in oral cancer in relation to p53 mutation and/or HPV infection. Therefore, we evaluated the prevalence of HPV infection and p53 mutations in individuals with malignant oral lesions and examined the relationship of these factors with apoptotic index (AI) of the tumour tissue.

MATERIALS AND METHODS

Forty-two cases of oral SCC were collected from the 1989–1996 pathological files of Chonbuk National University Hospital and examined by light microscopy using sections stained routinely with haematoxylin and eosin (H&E). Tissue sections containing more than 20% tumour tissue were used; verrucous carcinoma was not included in this study.

Extraction of DNA from paraffin-embedded tissue

Several 10-μm-thick paraffin-embedded sections were collected into 1.5-ml microcentrifuge tubes. The instruments were sterilized with 5% sodium hypochlorite solution, and care was taken to avoid cross-contamination of the samples. After deparaffinization and hydration, samples were lysed in 1 ml of 10 mM Tris-HCl (pH 8.0), 0.1 mM NaCl, 10 mM EDTA, 0.5% sodium dodecyl sulphate (SDS) and 0.5 mg ml⁻¹ proteinase K at 37°C for 24 h. The DNA was extracted with phenol–chloroform–isoamyl alcohol (50:49:1), precipitated by ethanol, air dried and redissolved in 10 mM Tris-HCl, 1 mM EDTA (pH 8.0) at a concentration of 0.1 μg μl⁻¹.

Detection of HPV DNA by PCR–Southern blot

HPV DNA sequences were amplified by PCR to generate DNA fragments within the open reading frames of E6 using four primers specific for HPV-16, -18 and -33 as described by Shimada et al. (1990). The PCR reaction was carried out in 20 μl of a reaction mixture containing 200–400 ng of genomic DNA, 50 mM KCl, 10 mM Tris-HCl (pH 8.3), 1.5 mM MgCl₂, 0.01% (w/v) gelatin, 0.2 μM of each dNTPs, 20 pmol of each primer and 0.5 units of Taq DNA polymerase (Takara Shuzo Co., Japan). The reaction mixtures were subjected to 35 cycles of amplification under the following conditions: denaturation for 1 min at 95°C, annealing for 2 min at 55°C and extension for 2 min at 72°C. The cycling was preceded by 5 min at 95°C and finished by an additional extension for 10 min at 72°C. Known HPV-positive and/or negative controls from cervical carcinoma and ‘no template’ negative controls were utilized for all amplifications.
After amplification, 10 μl of the PCR products was subjected to electrophoresis through 2% agarose gel and transferred to nylon membrane (Hybond-N+, Amersham, UK) with an alkaline buffer (0.4 M NaOH). The membranes were hybridized at 42°C with oligonucleotide probes specific for E6 of HPV-16, -18 and -33, which were 5’ end-labelled with [α-32P]ATP (> 3000 Ci mmol⁻¹, Amersham) and T4 polynucleotide kinase (Takara Schuzo Co.). For visualization of the hybridization results, membranes were exposed to Agfa X-ray film with an intensifying screen at –70°C for 18–24 h.

**Analysis of p53 mutations by nested PCR-SSCP**

Exons 5–8 of the p53 gene were analysed for the presence of mutations using nested PCR amplification followed by SSCP analysis (Orita et al. 1989). The oligonucleotide primers for exons 5–6, 5, 6, 7, 8 (outer), and 8 (inner) were prepared according to the sequence published by Buchman et al (1988). In the present study, the nested PCR method was used to overcome a difficulty in amplification of DNA extracted from formalin-fixed, paraffin-embedded tissue. Briefly, an aliquot of 100–200 ng of genomic DNA was amplified in a volume of 10 μl containing 50 mM potassium chloride, 10 mM Tris-HCl (pH 8.3), 1.5 mM magnesium chloride, 0.1 mM of each dNTP, 10 pmol of each first set primer, 0.25 units of Taq DNA polymerase. The outer nested PCR amplification was performed for 30 cycles with denaturation for 1 min at 95°C, annealing for 1 min at each optimal temperature (55°C for exon 8 outer, 58°C for exons 5, 5–6, 7 and 8 inner, 60°C for exon 6) and extension for 1 min at 72°C. An aliquot of 0.5 μl of the product of this reaction was transferred to a second reaction mixture containing the same medium as before, but with the inner pair of nested primers labelled with [α-32P]ATP. A further 25 cycles were carried out under the same conditions as above. Positive controls from normal oral mucosa and blank negative controls were included in each reaction.

A 2-μl aliquot of PCR products was diluted 10-fold with buffer containing 95% formamide, 10 mM EDTA, 0.05% bromophenol blue and 0.05% xylene cyanol, then heat-denatured at 98°C for 5 min followed by cooling on ice. An aliquot of 2–4 μl of this

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**Table 3** Correlation of apoptotic index with HPV infection and p53 mutation

|           | Mean apoptotic index (± s.e.) |
|-----------|-------------------------------|
| HPV       |                               |
| Negative  | 2.48 (0.37)                   |
| Positive  | 2.23 (0.28)                   |
| p53*      |                               |
| Wild-type | 2.72 (0.28)                   |
| Mutant    | 1.73 (0.34)                   |
| Total     | 2.35 (0.23)                   |

*P < 0.01 (t-test for differences between tumours with wild-type and mutant p53).
mixture was loaded into a 6% non-denaturing polyacrylamide gel containing 5% glycerol and run at constant power of 20 W for 6–8 h under cooling with a fan at room temperature. Electrophoresis was performed by using a sequencing-type apparatus (Bio-Rad Laboratories, USA) using 0.5 × TBE as running buffer. Gels were dried on filter paper and exposed to Agfa X-ray film with an intensifying screen at −70°C for 12–24 h. All the samples were subjected to duplicated or triplicated reactions.

Detection of apoptosis by the TUNEL method

The TUNEL method was performed according to the description of Gavrieli et al (1992), with slight modification. Briefly, after deparaffinization and hydration, sections were digested with 20 μg ml−1 proteinase K at room temperature for 15 min and endogenous peroxidase was inactivated by covering with 2% hydrogen peroxide for 5 min. Tissue sections were immersed in terminal deoxynucleotidyl transferase (TdT) buffer (30 mM Tris-HCl pH 7.2, 140 mM sodium cacodylate, 1 mM cobalt chloride) at room temperature for 10 min. and then incubated with 0.3 units μl−1 TdT (Trevigen, Maryland, USA) and 0.01 nmol μl−1 biotin-11-dUTP in TdT buffer at 37°C for 60 min. After washing with PBS, streptavidin peroxidase was applied and finally the sections were visualized using diaminobenzidine (DAB) and counterstained with 1% methyl green. Normal lymph node tissues and reactions without TdT were used as positive and negative controls respectively.

AI

The slide was randomly moved and five fields were selected and photographed for each case (magnification x 400). All TUNEL signal positive nuclei from at least 1000 tumour cells were then counted. Apoptotic labelling indices were calculated as number of positive cells per 100 tumour cells.

Statistical analysis

Statistical analysis was performed using the unpaired Student’s t-test, except for the correlations between HPV infection and p53 mutations, which were calculated using the chi-square test. A P-value below 0.05 was considered significant. Data were presented as mean ± s.e.

RESULTS

All 42 samples were histopathologically diagnosed as SCCs at various grades of differentiation. The majority of them were well differentiated (69%), and the rest were moderately (21%) or poorly differentiated (10%). DNA samples that gave no amplification products for p53 were considered inadequate and excluded from this study.

HPV infection

HPV DNA types 16, 18 and 33 were detected in the tumour tissues from 22 out of 42 patients (52%) with PCR and subsequent Southern blotting. Of these 22 HPV-positive samples, 15 cases were infected with HPV type 16, six with HPV-18 and four with HPV-33. Two cases showed double infections with HPV-16 and HPV-33 and one with HPV-16 and HPV-18. HPV-16 was the most common virus type found in this group of patients and was present in 68% (15/22) of HPV-positive tissues (Table 1, Figure 1).

p53 mutations

p53 mutations in exons 5–8 were screened by nested PCR-SSCP analysis. Altered mobilities of the amplified DNA, which suggests the existence of mutation, were observed in 16 of 42 tumours.
(38%). These 16 tumours had mutations in each of the analysed exons as follows: exon 5 in six tumours, exon 6 in five tumours, exon 7 in four tumours and exon 8 in four tumours. Among them, two cases showed combined mutations in exon 5 and exon 6, one case in exon 6 and exon 8 (Table 2, Figure 2).

p53 mutations were present in 10 of 22 HPV-positive carcinomas (45%) and six of 20 HPV-negative tumours (30%). Fourteen carcinomas of 42 samples (33%) had neither HPV DNA nor p53 alterations. The state of the p53 gene did not show any correlation with HPV infection.

AI

Cells undergoing apoptosis showed condensation of nuclear chromatin, nuclear fragments (apoptotic bodies) and loss of cell–cell contacts in routine H&E sections. TUNEL signals were randomly distributed in tumour tissues. They were detected not only in tumour cells showing chromatin condensation but also in morphologically viable cells (non-pyknotic cells) at the start of apoptosis, as identified by distinct nuclear staining (Figure 3). Non-neoplastic epithelium was available adjacent to the tumour tissues from 27 of 42 samples. TUNEL-positive cells were rarely observed in the adjacent epithelium except in the most superficial layer, which showed not only nuclear but also cytoplasmic staining. It was difficult to determine whether these signals were specific or not.

In 42 oral SCCs, the AI was averaged to be $2.35 \pm 0.23$ (s.e.), ranging from 0.31 to 6.63. The mean AI was $2.72 \pm 0.28$ in 16 tumour samples with wild-type p53 and $1.73 \pm 0.34$ in those with p53 mutation. This difference was statistically significant ($P < 0.01$). There was, however, no difference in AIs between tumours with and without HPV infection (Table 3).

DISCUSSION

HPV DNAs have been found in various locations in the human body and there is some certainty that HPV's play an important role in carcinogenesis, especially in genital lesions (Herrington, 1995). As oral mucosa is covered by squamous epithelium that resembles cervical epithelium, it is important to investigate the relationship between HPV infection and oral cancers. Many studies have reported frequent association of the HPV in oral cancers, although the exact nature of its relationship to oral carcinogenesis remains obscure (Brachman et al, 1992; Barten et al, 1995).

We examined 42 oral SCCs for the presence of HPV DNA using PCR-Southern blot analysis with primers and probes specific for HPV-16, -18 and -33, which have been detected frequently in cervical carcinomas. HPV DNA sequences were identified in 22 of 42 samples (52%) with predominance of HPV-16 (15/22). This finding is consistent with previous reports that have used PCR-based methods to examine oral cancer tissues (Kiyabu et al, 1989; Shidoh et al, 1992). The results of the present study indicate that HPV infections are important but may not be sufficient for the progression to malignancies and that synergistic actions with other carcinogenic agents may be required. There is also an argument against a singular role for HPV in oral carcinomas as some authors reported high prevalence of HPV infection in a normal control population (Jenison et al, 1990; Jalal et al, 1992). The possibility cannot be excluded that HPV from adjacent normal or dysplastic epithelium may have contributed. As compared with the epithelium of the uterine cervix, the oral mucosa is continuously exposed to a number of environmental carcinogens, including tobacco and alcohol. These factors may act synergistically with HPV, leading to the development of carcinomas (Mao et al, 1996).

The p53 gene and its product have been studied extensively ever since it became clear that more than 50% of human cancers contain mutations in this gene, including carcinomas of the colon, lung and breast (Levine, 1990; Hollstein et al, 1991a). p53 proteins encoded by mutant alleles are often more stable than wild-type p53, resulting in a dramatic increase in p53 expression and inactivation of wild-type p53 by a dominant-negative mechanism (Levine, 1990; Weinberg, 1991). In addition to genetic change, an alternative mechanism for the functional inactivation of p53 is the formation of protein complexes with cellular proteins or viral oncoproteins. HPV E6 and E7 proteins are consistently expressed in HPV-transformed cells and in HPV-positive tumours, and the E6 protein forms a complex with the p53 protein, resulting in degradation of p53 (Scheffner et al, 1990; zur Hausen, 1994). This targeted degradation of p53 by the E6 proteins would account for the lowered levels of p53 protein found in HPV-immortalized squamous epithelial cell lines (Scheffner et al, 1991).

The state of the p53 gene was investigated by SSCP analysis of PCR products, which is a fast and sensitive method for detection of sequence changes including single-base substitutions (Orita et al, 1989). Mutational analysis of the p53 gene was restricted to exons 5–8, where over 90% of the p53 mutations have been found in other human malignancies (Hollstein et al, 1991a). In this study, p53 gene mutations were detected in 16 of the 42 oral SCCs (38%). This prevalence of mutations is similar to that reported in studies of invasive head and neck carcinomas: 24% (Chiba et al, 1996) and 42% (Mao et al, 1996).

An interesting observation in this study was the frequent p53 mutations in HPV-positive oral carcinomas (10/22), suggesting that HPV and p53 mutations may not be mutually exclusive events. This is in contrast to the situation in cervical carcinomas, in which mutations of the p53 gene appear to be rare in cases associated with HPV infection, but common in malignancies devoid of HPV infection (Crook et al, 1991; Park et al, 1994). As co-expression of high-risk E6 protein together with wild-type p53 protein can result in the same phenotypic effect as mutation of the p53 gene, inactivation of the p53 gene by both mutation and binding to the HPV oncoprotein E6 might seem unnecessary. But these two factors may act on the same cell and cooperate with each other. The presence of both HPV DNA and p53 mutations in the same tumours in the present study provides some evidence for such cooperation.

Apoptosis is a basic biological phenomenon of critical importance in the regulation of the cell population in situations as diverse as embryonic growth and modelling, hormone-induced organ involution and neoplasia (Kerr et al, 1972). We detected apoptotic cells in oral SCCs by using the TUNEL method. Intense TUNEL signals were frequently observed in nuclei of tumour cells showing chromatin condensation, and occasionally even in ordinary, non-pyknotic nuclei of tumour cells. Grasi-Kraupp et al (1995) reported that the TUNEL assay fails to distinguish apoptosis from necrosis and should not be considered as a specific method for detecting apoptosis. In the present study, the possibility was excluded by comparing the TUNEL-positive cells with histological findings, including inflammation in H&E-stained sections.

In the 42 oral SCCs, the mean AI (number of apoptotic cells per 100 tumour cells) was $2.35 \pm 0.23$ (s.e.), ranging from 0.31 to 6.63. This value is comparable with the AIs determined in cancer of
various locations, which ranged from 1.5 to 10.9 (Kasagi et al., 1994; Shoji et al., 1996; Tatebe et al., 1996). In relation to p53 status, SCCs associated with p53 mutation had significantly lower AI than those with wild-type p53 (Table 3). These results suggest that wild-type p53 may promote apoptosis and that mutant p53 might be involved in the inhibition of apoptosis in oral SCCs. No significant difference in AIs was found between tumours with and without HPV infection. But it could not rule out the possibility that HPV E6 protein may play a role in apoptosis as AIs between tumours with and without HPV infection were hampered by the frequent p53 mutations in our study. Investigation of the HPV-positive and -negative tumours without p53 mutation, in a large series, will be required to determine whether this notion is correct.

There is increasing evidence that apoptosis may also be involved in the progression of cancer, although conflicting results have been reported regarding AI and patient prognosis (Kasagi et al., 1994; Törnänen et al., 1995). Theoretically, an increase in apoptosis may result in tumour regression, but some authors have proposed that apoptosis may reflect not only cell loss but also the proliferative activity of the cancer (Tatebe et al., 1996). Additional studies will determine if detection of apoptosis can be used as a prognostic parameter for the oral cancer.

In conclusion, this study confirms that HPV infection and/or p53 mutations are implicated, but are not mutually exclusive events, in carcinogenesis of oral SCC. The results also show that decrease in apoptosis in oral cancer is more closely related to p53 mutation than HPV infection. Further study is necessary to define the exact role of apoptosis in differentiation and progression of carcinoma and prognostic value of AI in oral cancers.

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