Down-Regulation of lncRNA-AK001085 and its Influences on the Diagnosis of Ankylosing Spondylitis

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Background: Long non-coding RNAs (lncRNAs) have been confirmed to play an important role in the development and progression of diseases. Ankylosing spondylitis (AS) is a chronic inflammatory systemic disease and it is hard to be found in early time. The purpose of this study was to investigate the role of lncRNA-AK001085 in the diagnosis of AS.

Material/Methods: The expression of lncRNA-AK001085 was detected by quantitative real-time polymerase chain reaction (qRT-PCR) analysis. The relationship between its expression and clinicopathologic characteristics was also analyzed. Meanwhile the correlation between lncRNA-AK001085 expression and diseases activity indexes was estimated. In addition, the value of it in the diagnosis of AS was explored through establishing receiver operating characteristic (ROC) curve.

Results: Serum lncRNA-AK001085 expression was decreased in patients with AS compared with healthy individuals. And its expression was proved to be influenced by ever cigarette smoker, exercise level and occupational activity level. Besides, the correlation of the expression of lncRNA-AK001085 and disease activity indexes (BASDI, ASDAS, ESR, CRP) were all negative, which suggested that the lncRNA-AK001085 was significantly lower in patients with a high disease activity score. It might showed that the expression of lncRNA-AK001085 affected the activity of AS.

Conclusions: LncRNA-AK001085 was down-regulated in AS patients and it could be an independent diagnostic indicator.

MeSH Keywords: Diagnosis • Spondylitis • Spondylitis, Ankylosing

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Background

Ankylosing spondylitis (AS) is a chronic inflammatory systemic disease that seriously influences human skeletal system [1]. It mainly affects the sacroiliac joints and the vertebral column, leading to syndesmophyte formation and impaired back mobility [2,3]. AS is usually seen in young adults and may causes significant disability [4]. Pain arising from an inflamed sacroiliac joint and HLA-B27 positive are typical in AS [5,6], but they can’t be independent markers for the diagnosis and prognosis of AS. Therefore, the finding of diagnostic and prognostic markers for AS is meaningful for the therapy.

LncRNAs are a kind of jumped-up non-coding RNA with a length of longer than 200 nucleotides without function of being translated into a protein which is significantly different from miRNAs and siRNAs [7]. Since the first lncRNAs (H19 and X-inactive specific transcript) were discovered with traditional gene mapping approaches, more and more lncRNAs had been found to take effect on diverse biological processes including brain development, embryonic development, histological differentiation and organogenesis, cell proliferation and metastasis cell growth, and differentiation etc [8–12]. Accumulated studies have confirmed that lncRNAs play an important role in the development of diseases and can serve as a potential carcinogenic or anti-carcinogenic RNA as its role in cell transformation [13]. However, the role of lncRNAs was rarely reported in AS.

In our study, we selected lncRNA-AK001085 as our object. To investigate the function of lncRNA-AK001085, we detected the expression of lncRNA-AK001085 in patients with AS and healthy people via qRT-PCR analysis. The value of lncRNA-AK001085 in the diagnosis of AS was evaluated by establishing ROC curve. In addition, the correlation between disease activity indexes and the expression of lncRNA-AK001085 was analyzed via Pearson test.

Material and Methods

Patients data

The study was approved by the council of ethics of The General Hospital of Chinese PLA. Written informed consent was signed by each participant in advance.

117 patients who were diagnosed as AS in The General Hospital of Chinese PLA during 2011–2014 were collected. In addition, 76 healthy people were taken as healthy controls. All patients hadn’t received any form of treatment and were accord with the modified New York criteria of 1984 [14]. Individuals with autoimmune, inflammatory, severe liver and kidney disease, cardiovascular disease, hematological diseases and malignancy were all needed to be excluded from our study. The patients with AS were ranked according to ankylosing spondylitis disease activity score (ASDAS) established by the International Association of Ankylosing Spondylitis (ASAS) [15].

Sampling

Serum of patients including 117 patients with AS as well as 76 healthy individuals were collected and put into blood collection tube of EDTA immediately, respectively. Then the serum samples were stored at −80°C for RNA extraction. The clinical factors such as age, gender, hip osteoarthritis, pain degree, hip joint function, kidney heart and pulmonary amyloidosis, immune globulin, erythrocyte sedimentation rate and fingers/toes inflammation were recorded in database.

RNA extraction and qRT-PCR

TRIzol® reagent (Invitrogen Life Technologies, Carlsbad, CA, USA) was used to isolated the total RNA from the serum of patients with AS and healthy controls. Reverse transcriptase synthesized the first chain of cDNA with SuperScript™ III (Invitrogen Life Technologies). Then RT-PCR reaction was performed in the Applied Biosystems 7900 Fast Real-Time PCR system (Applied Biosystems, Foster City, California, USA) with a internal control of β-actin. Comparative cycle threshold (CT) method was utilized for calculating the relative expression of lncRNA-AK001085.

Statistical analysis

SPSS version 13.0 for Windows (SPSS Inc, IL, USA) was utilized for data statistics. The difference between two groups was analyzed by students’ t test. The relationship between clinical factors and the expression of lncRNA-AK001085 was analyzed by chi-square test. The diagnostic value of lncRNA-AK001085 was estimated through ROC curve analysis. The correlation analysis between BASDI, ASDAS, inflammatory markers and the expression of lncRNA-AK001085 in the serum of patients with AS were conducted using Pearson correlation test. The difference was considered to be significant difference when P<0.05.

Results

The expression of lncRNA-AK001085 in AS patients and healthy controls

To investigate the expression level of lncRNA-AK001085 in patients with AS and healthy controls, qRT-PCR analysis was performed. The result demonstrated that lncRNA-AK001085 was obviously lower in patients with AS than that in healthy controls (Figure 1, P<0.05).
The relationship between lncRNA-AK001085 expression and clinicopathologic characteristics of patients with AS

To explore whether lncRNA-AK001085 was involved in the development of AS, we analyzed its relationship with clinicopathologic characteristics of patients. As shown in Table 1, ever cigarette smoker ($P=0.000$), exercise level ($P=0.002$) and occupational activity level ($P=0.000$) were proved to be related to the expression of lncRNA-AK001085 obviously. Meanwhile, there was no distinctively correlation between lncRNA-AK001085 expression and age, gender, hip osteoarthritis, iritis, and area first symptomatic.

The diagnostic value of lncRNA-AK001085 in AS

ROC curve was established to estimate the diagnostic value of lncRNA-AK001085 in AS. As shown in Figure 2, a curve with an AUC of 0.868 corresponding with a sensitivity of 62.9% and a specificity of 93.6% was obtained and the ideal cutoff value was 0.186. This indicated that lncRNA-AK001085 could be an independent diagnostic marker in AS.

Correlation between BASDI, ASDAS, inflammatory markers and the expression of lncRNA-AK001085 in the serum of patients with AS

The correlation between BASDI, ASDAS, inflammatory markers and the expression of lncRNA-AK001085 in the serum of patients with AS was analyzed. BASDI was accepted by most experts and used widely until ASDAS was provided at 2008 by ASAS. In our study, we used both two indexes. It indicated that the expression of lncRNA-AK001085 had a negative correlation with BASDI, ASDAS, ESR and CRP. However, the BASDI, ASDAS and ESR, CRP presented a positive correlation (Table 2).

Discussion

In present study, lncRNA-AK001085 was considered to be down-regulated in AS. So we speculated that lncRNA-AK001085 might be a suppressor for AS. And the detailed roles it played and the mechanism still need further to be studied.

To investigate whether lncRNA-AK001085 was involved in the development of AS, we analyzed the relationship between its expression and clinicopathologic characteristics. According to chi-square test, ever cigarette smoker, exercise level and occupational activity level were considered to be vital influence factors for the expression of lncRNA-AK001085. This result might suggest that lncRNA-AK001085 participated in the progression of AS, but the detailed functions were still unclear.

The state of illness in advance time is irreversible and has no specificity treatments. The diagnose and treat in early time is the key for curing AS. Advanced magnetic resonance imaging (MRI) techniques, such as diffusion weighted imaging (DWI) and whole-body MRI (WB-MRI), have been utilized in the evaluation of patients with suspected early AS [16–18]. Other than these methods, there is no direct test to diagnose AS [19]. Nevertheless, the diagnosis time is often late that from symptom onset to diagnosis ranging from 5 to 8 years [20]. In patients with AS, the proper and accurate markers are still absent. HLA-B27-positive rate reached to 70% in patients with AS, but HLA-B27 was not considered to be a diagnostic marker of AS [21]. The rising of inflammatory markers including CRP and ESR are also helpful for the early diagnosis of AS. However, there was still no a gold standard of diagnostic. So diagnostic markers are important for this disease. In current

![Figure 1. The expression of lncRNA-AK001085 in patients with AS and healthy controls. LncRNA-AK001085 expression was significantly decreased in AS patients compared to in healthy controls ($P<0.05$).](image1)

![Figure 2. ROC curve for analyzing the diagnostic value of lncRNA-AK001085 in patients with AS.](image2)
Table 1. The relationship between clinicopathological characteristics of patients with AS and lncRNA-AK001085 expression.

| Clinicopathological characteristics | n  | IncRNA-AK001085 expression | P   |
|------------------------------------|----|--------------------------|-----|
|                                    |    | High | Low |     |
| **Age**                            |    |      |     |     |
| 10–20                              | 25 | 16   | 9   | 0.357 |
| 21–30                              | 53 | 25   | 28  |     |
| 31–40                              | 39 | 18   | 21  |     |
| **Gender**                         |    |      |     |     |
| Male                               | 91 | 47   | 44  | 0.401 |
| Female                             | 26 | 12   | 14  |     |
| **Hip osteoarthritis**             |    |      |     |     |
| Absent                             | 65 | 31   | 34  | 0.408 |
| Present                            | 52 | 28   | 24  |     |
| **Iritis**                         |    |      |     |     |
| Absent                             | 68 | 31   | 37  | 0.164 |
| Present                            | 49 | 28   | 21  |     |
| **Ever cigarette smoker**          |    |      |     |     |
| No                                 | 77 | 50   | 27  | 0.000 |
| Yes                                | 40 | 9    | 31  |     |
| **Area first symptomatic**         |    |      |     |     |
| Low back                           | 65 | 38   | 27  | 0.118 |
| Hip/groin                          | 27 | 9    | 18  |     |
| Knee/ankle                         | 25 | 12   | 13  |     |
| **Exercise level**                 |    |      |     |     |
| None                               | 11 | 2    | 9   | 0.002 |
| <2 h/week                          | 38 | 13   | 25  |     |
| 2–4 h/week                         | 39 | 22   | 17  |     |
| 5–9 h/week                         | 25 | 20   | 5   |     |
| >10 h/week                         | 4  | 2    | 2   |     |
| **Occupational activity level**    |    |      |     |     |
| Active                             | 24 | 22   | 2   | 0.000 |
| Sedentary                          | 44 | 17   | 27  |     |
| Manua                              | 49 | 19   | 30  |     |
study, we verified that lncRNA-AK001085 could be an independent marker in the diagnosis of AS via the establishment of ROC curve which has a high AUC of 0.868 combining with a sensitivity of 62.9% and a specificity of 93.6%. And lncRNA-AK001085 may be meaningful for the diagnosis of AS in future.

The disease activity reflects the inflammatory and its level. The evaluation of it is complicated and contain many aspects [22]. The common indexes in clinical are relative systematic index (BASDI [23], ASDAS, etc.), single indicator (e.g., ESR, CRP [24] and so on) and radiological imaging indexes. AS disease activity index (BASDI) was the original standard for the evaluation of this disease. However, it can not reflect the disease activity on the whole as it is only the subjective evaluation from patients. Ankylosing spondylitis disease activity score (ASDAS) was provided and confirmed by the Assessment Of SpondyloArthritis international Society and Van der et al. [15,25]. In our study, we analyzed the correlation not only BASDI, ASDAS but also inflammatory markers ESR, CRP and the expression of lncRNA-AK001085. The results demonstrated that the expression of lncRNA-AK001085 had a negative correlation with BASDI, ASDAS, ESR and CRP. However, the BASDI, ASDAS and ESR, CRP presented a positive correlation. These data suggested that the lncRNA-AK001085 was significantly lower in patients with a high disease activity score.

Conclusions

In conclusion, lncRNA-AK001085 is decreased in patients with AS compared with healthy controls. The ROC curve revealed that lncRNA-AK001085 may be an independent marker in the diagnosis of AS. The disease activity is influenced by the expression of lncRNA-AK001085, too. However, as the number of the samples are limited and other unfavorable factors, some further studies are still need to be done in future.

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