NOTES

**Giardia lamblia** Attachment Force Is Insensitive to Surface Treatments

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For many parasitic organisms, the ability to bind tightly to host tissue is necessary for pathogenicity and survival. One such organism is *Giardia lamblia* (synonymous with *G. intestinalis* and *G. duodenalis*), a protistan parasite of the mammalian small intestine, which attaches securely but reversibly to the microvillus brush border of the host intestinal epithelium. *Giardia* is the most frequently identified cause of human intestinal infection in the United States and worldwide (5, 15, 23).

The ventral disk, a structure unique to *Giardia*, is a 9-μm-diameter concave spiral of cross-linked microtubules and associated proteins across the anterior underside of the cell. Attachment mechanisms proposed usually indicate the ventral disk as the principal source of attachment force (3). Proposed mechanisms of attachment to hard surfaces can be grouped into two categories: (i) binding and (ii) suction mechanisms. Binding models require close contact between a portion of the cell (such as the ventral disk or the cell periphery) and the substrate in order to generate attachment force via molecular-level interactions. Possible binding-based mechanisms include nonspecific interactions (electrostatic and van der Waals), hydrophobic interactions, or ligand-mediated specific binding. In contrast, suction-based mechanisms are those requiring a pressure differential under the ventral disk for generation of attachment force.

Previous theoretical and experimental studies of *Giardia* attachment (reviewed in reference 3) have revealed many aspects of cell behavior at surfaces; however, inconsistencies in methods and a lack of quantitative data on attachment forces have allowed only limited conclusions to be drawn about the mechanism of attachment. It is known that *Giardia* cells attach easily and reversibly in vitro to a variety of surfaces, including glass and polystyrene, allowing us to ask two important questions that provide insight into the mechanism of attachment. How strongly do *Giardia* trophozoites attach to a model surface in vitro? How does attachment change with surface treatments?

We developed a centrifugation technique to measure the force of attachment of *Giardia* cell populations on plain glass and chemically modified substrates. The use of this simplified system allows separation of physical attachment from molecular interactions with host cells, enabling greater control of substrate surface properties, ease of modeling, and comparison to other eukaryotic cell-glass adhesion results. Additionally, centrifugation offers the advantage of being able to apply uniform normal forces to large populations of cells. The method is similar to that of other centrifugation studies (2, 7, 12, 16, 20, 21), except that our instrument was constructed specifically to be used in medium with *Giardia*, which can be exposed to only relatively low amounts of oxygen.

*Giardia lamblia* trophozoites of the WBC6 strain were cultured for 48 h at 37°C in supplemented growth media (11), detached from culture tubes by being chilled for 20 min at 4°C, transferred into custom-made sample holders capped with KOH-ethanol-cleaned circular glass slides, and incubated for 60 min at 37°C to allow cells to attach to the glass. Sample holders fit into a hanging bucket centrifuge rotor in which cells were spun for 5 min over a range of spin speeds from 500 to 13,000 rpm (4.0 pN to 2.7 nN normal force) at 37°C. Controls were prepared in the same manner as spun samples except that they were inverted to subject cells to gravity (1 x g) for 10 min in lieu of centrifugation.

Immediately after centrifugation, the glass slide was removed from the sample holder, and images of 8 to 12 areas of the slide were taken (*n* = 3,000 to 4,000 cells per image). Means of cell counts were calculated for each image and compared to noncentrifuged samples to determine the fraction of cells detached over a range of forces, where force is given by *F* = (*p* − *p*<sub>o</sub>) · *V*<sub>c</sub> · RCF, *p* is the density of the cell, *p*<sub>o</sub> is the density of the medium (taken to be 1,000 g/cm<sup>3</sup>), *V*<sub>c</sub> is the cell volume, and the RCF, or relative centrifugal force in units of g, depends on the spin speed and centrifuge radius, *r*. Following the method of Nieminski et al. (17), cell mass density was measured to be 1.064 g/cm<sup>3</sup>. To obtain cell volume, we multiplied the average cell area as determined by phase-contrast microscopy (133.2 μm<sup>2</sup> ± 17.9 μm<sup>2</sup>) by an overall cell thickness of 1.5 μm, estimated from published transmission electron micrographs (4).
attachment, we would expect to see an attachment difference in these two cases. However, we found that detachment forces of *Giardia* cells on poly-L-lysine-coated glass did not vary significantly from plain-glass detachment forces (Fig. 1A). Cell confluence levels were similar on both poly-L-lysine surfaces and plain glass. This result suggests that nonspecific electrostatic binding is unlikely to be the primary mechanism of attachment.

We next tested the influence of hydrophobicity and van der Waals dispersion forces on cell attachment, using a Teflon-like coating of (tridecafluoro-1,1,2,2-tetrahydrooctyl)trichlorosilane (Gelest, Inc.) on glass. This surface is highly hydrophobic, with a static water droplet contact angle of $95.2^\circ \pm 1.9^\circ (n = 12)$ compared to contact angles of $<3^\circ$ (smallest measurable angle) for plain glass, $33.9^\circ$ for poly-L-lysine-coated glass, and $37.7^\circ$ for pegylated glass. If cells attached primarily due to van der Waals forces, we would expect force to change in proportion to $(\varepsilon - 1)/(\varepsilon + 1)$, where $\varepsilon$ is the dielectric constant of the substrate (10). In our case, we would expect the magnitude of the attachment force to borosilicate glass ($\varepsilon = 4.75$) to be approximately twice as great as that of the attachment force to Teflon ($\varepsilon = 2.0$). Although previous studies of eukaryotic (22) and prokaryotic (18) cells have demonstrated markedly different adhesion levels between glass and Teflon surfaces, we again found no significant difference between *Giardia* detachment from plain glass and that from coated glass (Fig. 1A). This result indicates that van der Waals force is unlikely to be a chief component of attachment force, although it is undoubtedly present to a small extent in the overall interaction (13).

Finally, we tested cell detachment from glass surfaces coated with polyethylene glycol (M-SPA-5000; Nektar). Pegylation is known to inhibit adsorption of proteins and to screen surface charges from the glass (8). Proteins from the growth media adsorbed to the pegylated glass at extremely low levels compared to adsorption to plain glass and Teflon-coated glass when measured by fluorescence of fluorescein isothiocyanate-tagged bovine serum albumin or Coomassie staining. Despite the low adsorption rate, we found that *Giardia* cells attached well to pegylated glass (Fig. 1A), with normal confluence levels and negligible differences in detachment forces compared to those with plain glass. While it is likely that specific binding is important for parasite-host recognition or interactions in vivo (14), specific binding cannot explain *Giardia*’s robust attachment to treated glass surfaces.

We have presented detachment force measurements based on centrifugation indicating that *Giardia* can resist detachment forces of 1.5 nN on plain glass. Three significantly different surface coatings were applied to glass, and the measured cell attachment forces were unaffected. This method allows consistent measurement of effects on *Giardia* attachment with higher sensitivity than previous assays and may be adapted to study drug treatments and attachment to epithelial cells.

Our results challenge the idea that specific or nonspecific binding is essential for generating attachment force and are consistent with suction-based models, in which the cell would generate attachment force by lowering the pressure underneath its ventral disk. A suction-based attachment mechanism may explain how *Giardia* cells are able to attach to a wide variety of substrates in vitro and infect a diverse population of vertebrate hosts, including in some cases transmission between...
different host species (1). Additionally, use of suction by a single-celled organism would represent a unique mechanism of cellular attachment to surfaces.

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