Removal of Aquatic Cadmium Ions Using Thiourea Modified Poplar Biochar

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Abstract: Removal of aquatic cadmium ions using biochar is a low-cost method, but the results are usually not satisfactory. Modified biochar, which can be a low-cost and efficient material, is urgently required for Cd-polluted water and soil remediation. Herein, poplar bark (SB) and poplar sawdust (MB) were used as raw materials to prepare modified biochar, which is rich in N- and S-containing groups, i.e., TSBC-600 and TMBC-600, using a co-pyrolysis method with thiourea. The adsorption characteristics of Cd\(^{2+}\) in simulated wastewater were explored. The results indicated that the modification optimized the surface structure of biochar, Cd\(^{2+}\) adsorption process by both TSBC-600 and TMBC-600 was mainly influenced by the initial pH, biochar dosage, and contact time, sthe TSBC-600 showed a higher adsorption capacity compared to TMBC-600 under different conditions. The Langmuir adsorption isotherm model and pseudo-second-order kinetic model were more consistent with the adsorption behavior of TSBC-600 and TMBC-600 to Cd\(^{2+}\), the maximum adsorption capacity of TSBC-600 and TMBC-600 calculated by the Langmuir adsorption isotherm model was 19.998 mg/g and 9.631 mg/g, respectively. The modification method for introducing N and S into biochar by the co-pyrolysis of biomass and thiourea enhanced the removal rate of aquatic cadmium ions by biochar.

Keywords: biochar; thiourea; cadmium pollution; adsorption characteristics; water treatment

1. Introduction

Cadmium (Cd) has extreme biological toxicity, long half-life, and low elimination efficiency [1]. It is one of the “ten chemicals of major public health concern” listed by the World Health Organization [2]. Cd can readily cause damage to the internal organs and systems of the human body, and is the most toxic transition metal element that poses global human health risks [3]. In 2014, the fraction of points that exceeded the standard quantity of Cd in cultivated land in China was 7% [4], and the area of farmland polluted by Cd reached 20 million hectares, which was mainly caused by irrigation due to industrial wastewater [5]. With the improvement in food safety standards and environmental awareness of the public, the prevention of Cd contamination of the food chain has become a common concern [6].

Irrigation using wastewater is the main source of Cd pollution in farmland soil [7]. Therefore, eliminating Cd from wastewater is the most effective remediation method [8]. Currently, the methods for the removal of Cd\(^{2+}\) in wastewater are mainly chemical precipitation, ion exchange, membrane separation, coagulation, and adsorption [9]. Among them, the adsorption method is widely used due to the low energy consumption, high removal rate, and simple operation. Biochar is a type of carbon-rich porous material [10], which is accessible by high-temperature conversion of biomass.
in anoxic or anaerobic environments. It has been widely used in sewage treatment. Li et al. used vinegar-residue biochar to adsorb Cd$^{2+}$ in water, while the maximum adsorption capacity for Cd$^{2+}$ was only 2.91 mg/g [11]. Yakkala et al. prepared Buffal weed biochar to adsorb Cd$^{2+}$ and Pb$^{2+}$ in water, and the adsorption capacity was 11.63 mg/g and 333.33 mg/g, respectively [12]. Jing et al. prepared biochar to adsorb Cd$^{2+}$ in soil, and the adsorption capacity was 5.00 mg/g [13]. Although biochar can adsorb cadmium ion to some extent, it is limited by the surface pore structure and functional groups, and the single biochar adsorption capacity is very limited [14]. To maximize the adsorption of biochar, modification by doping becomes an important method to optimize the pore structure of biochar and increase the functional groups and specific adsorption sites. Currently, the main methods include chemical modification of the surface, co-pyrolysis, and catalytic esterification [15–17]. Previous studies have shown that the type of modifier, as well as the modification method can affect the quality of the modified biochar [18–20]. Ma et al. synthesized modified biochar rich in -NH$_2$ by cross-linking using polyethyleneimine as the modifier, and the maximum adsorption capacity of the modified biochar to Cr$^{6+}$ was 435 mg/g, much higher than the 23.09 mg/g before modification [21]. Park et al. prepared sulfur-modified biochar by the co-pyrolysis of sulfur and wood chips at 600 °C; after impregnation, the maximum adsorption capacity of the modified biochar for mercury was 107.5 mg/g, which was higher than that of the raw materials by 86%. This modification method enables sulfur to be doped into the biochar structure in the form of groups and enhanced the specific adsorption capacity of biochar [22]. At present, sulfur and nitrogen-modified biochar are the most common technologies, which have several disadvantages such as low practicability, low utilization of modifiers, and one modifier that can only be completed via modification [23].

Therefore, the specific objectives of this study are: (1) to prepare biochar with stable performance, rich functions, strong adsorption capacity, and multiple modifications as one step pyrolysis; (2) to compare the microstructure and physical characteristics of raw biochar and modified biochar by multiple techniques; (3) to evaluate the adsorption characteristics of thiourea-modified biochar on cadmium ions under different conditions, and experimental data were investigated with isotherm model and kinetic sorption model. The main aims of this study include understanding the role of the modified biochar produced from co-pyrolysed thiourea in the removal of Cd$^{2+}$, and providing technical support for its application in environmental remediation.

2. Materials and Methods

2.1. Preparation of Thiourea Modified Biochar

The collected sawdust and bark (from Wenchang Campus of China University of Mining and Technology, Xuzhou, Jiangsu, China) were thoroughly washed with deionized water and dried in an oven at 60 °C for 24 h. The biomass raw material and thiourea were weighed at a mass ratio of 1:1, respectively, and placed in a tubular furnace under an argon atmosphere after even mixing. The furnace was heated up to 300 to 700 °C at a heating rate of 5 °C/min and kept at the same temperature for 2 h to prepare thiourea-modified biochar (denoted as TSBC-600 and TMBC-600, where T stands for the pyrolysis temperature). The samples were crushed, passed through a 60-mesh sieve, and stored for future use (preparation is shown in Figure S1).

For comparison, unmodified biochar materials (MBC-600, SBC-600) were prepared by heating to 600 °C at 5 °C/min in an argon atmosphere without adding thiourea.

2.2. Physicochemical Properties and Structural Characterization of Biochar

Deionized water and biochar were mixed at a mass ratio of 20:1, and the pH value of the aqueous solution was measured with a pH meter to determine the acidity and basicity of the biochar. The ash content was measured by the combustion method [24]. The specific surface area and pore size distribution of biochar were investigated using N$_2$-isothermal adsorption and desorption experiments. The specific surface area of the material was calculated using the Brauner-Emmett-Teller (BET) equation,
and the pore size distribution of the materials was determined by using the Density functional theory (DFT) model.

Field emission scanning electron microscope/energy-dispersive X-ray spectroscopy (SEM-EDX) (FEI QuantaTM 250, FEI, Boston, MA, USA) was used to observe the surface morphology; Fourier transform infrared spectroscopy (FTIR) (VERTEX 80V, Bruker, Karlsruhe, Germany) was used to characterize the surface properties of biochar. Typically, approximately 0.02 g of the dry sample was thoroughly mixed with KBr and pressed into semi-transparent pellets using a manual hydraulic press, and all spectra were acquired with a resolution of 2 cm\(^{-1}\) for 28 scans, over a wavenumber range between 400 and 4000 cm\(^{-1}\). X-ray photoelectron spectroscopy (XPS) (ESCALAB 250Xi, Thermo Fisher, Boston, MA, USA) was used to characterize the chemical state of the biomass carbon material, and the binding energy values were all calibrated based on the hydrocarbon contamination using the C 1s peak at 284.8 eV.

2.3. Batch Adsorption Experiment

2.3.1. Determining the Relationship between Pyrolysis Temperature and Biochar Adsorption Performance

An amount of 0.02 g of the modified biochar prepared at five different temperatures was placed into a centrifuge tube, 20 mL of 10 mg/L Cd\(^{2+}\) solution was added and then shaken well. The mixture was oscillated at 25 °C for 24 h. Finally, the optimal pyrolysis temperature of biochar was determined.

2.3.2. Determining the Relationship between pH and the Amount of Cd\(^{2+}\) Adsorbed by Biochar

Amounts of 0.01 mol/L HCl and 0.01 mol/L NaOH were used to modulate the pH of 20 mL of 10 mg/L Cd\(^{2+}\) solution to 2, 3, 4, 5, 6, and 7 for minimizing the effect of Cd-chloride hydrolysis, then were replaced one hour and there was no observed precipitation by the transillumination test, and then 0.02 g modified biochar were added. The mixture was mixed well and oscillated at 25 °C for 24 h.

2.3.3. Determination of the Relationship between the Dosage and the Capacity of Cd\(^{2+}\) Adsorbed by Biochar

The concentration of modified biochar was controlled to be 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 g/L, respectively. The pH of the TMBC solution and TSBC solution was modulated to be 7, respectively. The initial concentration of Cd\(^{2+}\) in each solution was 10 mg/L. Finally, the optimal dose of biochar was determined.

2.3.4. Adsorption Kinetics

0.10 g of TMBC-600 was added into a 50 mL centrifuge tube, and subsequently, 20 mL of 100 mg/L Cd\(^{2+}\) solution was added. The pH was adjusted to be 7, and the samples were taken after oscillation for 5, 10, 30, 60, 120, 240, 360, 720, and 1440 min, respectively. For TSBC-600, the mass was 0.08 g, and the other procedures were the same as those of TMBC-600.

The adsorption kinetic equation can reflect the change in the adsorption capacity of the adsorbent to the solute as a function of time, i.e., the speed of the adsorption rate [25]. In this study, the more commonly used pseudo-first-order and pseudo-second-order kinetic model equations were used to fit the adsorption data.

Adsoption capacity:

\[
q_e = \frac{(C_0 - C_e) \times V}{m} \tag{1}
\]

\[
q_t = \frac{(C_0 - C_t) \times V}{m} \tag{2}
\]
pseudo-first-order kinetic model equation:

\[ \ln \left(1 - \frac{q_t}{q_e}\right) = -k_1 t \]  

pseudo-second-order kinetic model equation:

\[ \frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{t}{q_e} \]  

where \( t \) is the adsorption time (min); \( C_0 \) is the initial concentration of Cd\(^{2+}\) in the solution (mg/L); \( C_e \) is concentration of Cd\(^{2+}\) in the solution when the adsorption reaches equilibrium (mg/L); \( C_t \) is the concentration of Cd\(^{2+}\) in the solution at \( t \) (mg/L); \( V \) is the volume of the solution participation in the adsorption reaction (L); \( m \) is the mass of the added biochar (g); \( q_e \) is the equilibrium adsorption capacity for biochar when the adsorption reaches equilibrium (mg/g); \( q_t \) is the adsorption capacity for biochar at \( t \) (mg/g); \( k_1 \) is the rate constant of the pseudo-first-order kinetic equation (min\(^{-1}\)); \( k_2 \) is the rate constant of the pseudo-first-order kinetic equation (g/mg/min).

2.3.5. Isothermal Adsorption

An amount of 0.10 g of TMBC-600 was added into a 50 mL centrifuge tube, and then 20 mL of 5, 10, 30, 100, 250, and 500 mg/L Cd\(^{2+}\) solution was added, respectively. The pH was adjusted to be 7 and subsequently oscillated for 24 h at room temperature. For TSBC, the mass was 0.08 g, and the other procedures were the same as those of TMBC-600.

In this study, Langmuir and Freundlich isothermal adsorption models were used to analyze the adsorption of the two modified biochars. For the Langmuir model, it is assumed that the surface of the adsorbent has the same adsorption active sites and that the adsorption occurs in the monolayer [26].

Langmuir equation:

\[ Q_e = \frac{Q_m \times K_L \times C_e}{1 + K_L C_e} \]  

Freundlich equation:

\[ Q_e = K_f C_e^{1/n} \]  

where \( Q_m \) is the maximum adsorption capacity (mg/g); \( K_L \) (L/g) is the affinity constant of the interaction between the adsorbate and the adsorbent; \( C_e \) is the concentration of the adsorbate when the adsorption reaches equilibrium (mg/L); \( K_f \) is the Freundlich adsorption capacity parameter; \( n \) is the empirical parameter of the adsorption strength (determined by the heterogeneity of the material).

3. Results

3.1. Effects of Modification on the Physicochemical Properties of Biochar

The physicochemical properties of biochar before and after modification are shown in Table 1. It can be seen from Table 1 that the biochar is alkaline due to the release of alkaline salts during the pyrolysis, and the pH of the biochar is increased after modification. This indicates that the change in pH and the ash content are positively correlated, as the ash of biochar contains K, Ca, Na, Mg, S, and other elements. These elements are attached to the surface of the biochar in the form of oxides and carbonates, and are alkaline in solution [27]. In addition, these inorganic components can co-precipitate with cadmium ions to remove [28]. The N\(_2\) adsorption was carried out for the TMBC-600 and TSBC-600 (Figure S2). TMBC-600 and TSBC-600 exhibit reversible type I isotherm, a microporous filling at low \( P/P_0 \) and a H4 typed hysteresis loop within intermediate and high \( P/P_0 \), indicating the coexistence of both micropores and meso-/macropores in TMBC-600 and TSBC-600 [29]. From the DFT pore width distribution, TMBC-600 demonstrates low micropores and abundant mesopores, and TSBC-600 shows more micropores. Compared with the samples before modification, the BET specific surface area of
TMBC-600 and TSBC-600 increased by 3.08 m²/g and 2.93 m²/g, respectively, and the internal pore diameter increased by 0.17% and 1.48%, indicating that the surface and pore structure of the modified biochar has changed significantly. This is because, during the slow pyrolysis process, the steam generated by the modifier at high temperature penetrates the internal structure of the raw biochar, dredging the pores in it. This is consistent with the research results reported by O'Connor et al. [16].

Table 1. Physicochemical properties of MBC-600, SBC-600, TMBC-600, and TSBC-600. BET, Brauner-Emmett-Teller.

| Samples     | Yield (%) | Ash (%) | pH  | BET Surface Area (m²/g) | Average Pore Diameter (nm) |
|-------------|-----------|---------|-----|-------------------------|---------------------------|
| MBC-600     | 24.26     | 46.75   | 7.07| 2.46                    | 4.66                      |
| SBC-600     | 31.42     | 41.68   | 9.92| 2.77                    | 1.94                      |
| TMBC-600    | —         | 57.46   | 8.94| 5.54                    | 4.83                      |
| TSBC-600    | —         | 47.71   |10.85| 5.70                    | 3.42                      |

Notes: MBC-600, poplar sawdust biochar; SBC-600, poplar bark biochar; TMBC-600, thiourea modified poplar sawdust biochar; TSBC-600, thiourea modified Poplar bark biochar.

3.2. Effect of Modification on Morphology and Structure of Biochar

Figure 1 shows the SEM-EDS images of two materials before and after modification. From Figure 1, it is observed that before the modification, both SBC-600 and MBC-600 have a lamellar structure, which is more regularly arranged. The internal and external structures are well-formed and the surface is rough. The lamellar stack structure is obvious with an obvious pore structure. As proposed by Wu et al. [30] also, after modification, the granular and block structure of TSBC-600 and TMBC-600 increased, presumably due to the introduction of sulfur-containing groups that increased the number of biochar particles and the surface became smooth. Part of the pore structure was blocked, the impurities on the biochar surface reduced, and the outline of the structure was clear. EDS analysis indicated that the nitrogen content of the TSBC-600 increased from 3.57% to 15.43%, and the sulfur content increased from 0.30% to 3.68%; the nitrogen content of the TMBC-600 increased from 3.30% to 13.61%, and the sulfur content increased from 0.17% to 2.89%, which fully confirmed that N and S were successfully doped into the biochar during the modification process.

Figure 1. SEM image (a,c,e,g) and EDS spectrum (b,d,f,h) of MBC-600, SBC-600, TMBC-600 and TSBC-600.

3.3. Effects of Modification on Functional Groups on the Biochar Surface

The FTIR spectra of the two biochars (TMBC-600 and TSBC-600) before and after modification and before and after adsorption are shown in Figure 2. From Figure 2, the absorption peak at approximately
3300 cm\(^{-1}\) is assigned to the stretching vibration of \(-\text{OH}\) [31], and the strong absorption peaks appearing near 2988 cm\(^{-1}\) at TMBC-600 and TSBC-600 are the stretching vibration of \(-\text{NH}_2\) [32], indicating that the nitrogen in thiourea participated in the amination of the surface of the biochar during the modification process. The absorption peak at 2901 cm\(^{-1}\) was assigned to the stretching vibration of \(-\text{CH}_2\) or \(-\text{CH}\) [33]. The characteristic peak appearing at 2358 cm\(^{-1}\) after modification may be caused by the stretching vibration of the \(-\text{C}=\text{N}\) triple bond, and the two strong absorption peaks, i.e., 1066 cm\(^{-1}\) and 1244 cm\(^{-1}\) appearing in the frequency band of 1050–1250 cm\(^{-1}\) are the stretching vibration absorption peaks of C-S and C=S [30], respectively, indicating the presence of sulfuration during the modification of biochar. The characteristic absorption peak at 1439 cm\(^{-1}\) is attributed to the stretching vibration of C-N [34], and the absorption peak at 1585 cm\(^{-1}\) may be the absorption characteristic peak of C=\text{N} or C=\text{O} [14]. Generally, C-H stretching vibrational absorption peaks of methyl and methylene appear in the vicinity of 2960 cm\(^{-1}\), and the adsorption frequency of methylene will shift to the low-frequency region and the absorption intensity will become weaker after the introduction of the S atoms [35]. The peak at 2901 cm\(^{-1}\) evidences this and confirms that the S-containing groups were involved in the modification. The absorption peak in the 1400–1600 cm\(^{-1}\) band shifted after the reaction and the peak intensity weakened, indicating that Cd\(^{2+}\) and the functional group on the surface of the biochar were bound to the adsorption site by complexation [36]. The characteristic peaks of \(-\text{NH}_2\) and sulfur-containing groups weakened after the adsorption reaction, indicating that the newly introduced functional groups participated in the adsorption of Cd\(^{2+}\).

![Figure 2. FTIR spectra of MBC-600, TMBC-600 and FMBC-600 (after Cd\(^{2+}\) adsorption) (a), and SBC-600, TSBC-600 and FSBC-600 (after Cd\(^{2+}\) adsorption) (b), (F stands for adsorption reaction).](image)

3.4. XPS Analysis of Biochar before and after Modification

To further verify whether this modification method successfully doped N and S into the biochar carbon lattice, X-ray photoelectron spectroscopy analysis was used to analyze the change in the binding energy of C, N, and S in the biochar before and after modification. Figure 3a shows the XPS survey spectrum of MBC-600 and TMBC-600, in which the nitrogen content increased by 1.43% and the sulfur content increased by 2.03%. Figure 3b shows the XPS survey spectrum of SBC-600 and TSBC-600, in which the nitrogen content increased by 1.43% and the sulfur content increased by 2.03%. After modification, the extent of doping with N and S has improved significantly. The change in the mass fraction of the surface element is closely related to the functional group type and quantity of biochar before and after modification, which indicates that the modified material has better electrochemical performance [37]. Figure S3 (A1) and (A2) show the C 1s spectra of the two materials before and after modification, in which the carbon was present in three forms, i.e., C-C (284.7 eV), C-O/C-N/C-S (286.2 eV), and C=O (288.6 eV) [38]. It can be seen from (A1) that, after the modification, the content of the three types of carbon in TMBC-600 changed significantly, while TSBC-600 in (A2) has not changed much. The changes in C-N and C-S indicate that N and S substitute C and become part of the carbon
skeleton in the form of structural nitrogen and structural sulfur [39]. Figure S3 (B1) and (B2) show the N 1s spectra of the materials before and after modification. The nitrogen is mainly present in four forms, i.e., N-6 (pyridine nitrogen, 398.5 eV), N-5 (pyrrole nitrogen, 399.5 eV), and N-Q (graphite nitrogen, 400.7 eV) and NOx (nitrogen oxide, 402.2 eV) [40,41]. The N 1s spectra of MBC-600 and SBC-600 in (A1) and (A2) show that the nitrogen content of unmodified biochar is very small. Compared with MBC-600 and SBC-600, the number of different forms of nitrogen in TMBC-600 and TSBC-600 increased significantly and mainly existed in the form of pyridine nitrogen and graphite nitrogen, indicating that the nitrogen atom was successfully introduced into the carbon lattice and formed a bond with the carbon atom. The number of pyridine nitrogen was higher than that of graphite nitrogen, which has been confirmed in studies with thiourea as an additional doped nitrogen source [15]. Pyridine nitrogen can promote the coordination of metal ions, and thus, is more favorable for the removal of metal ions [42]. Figure S3 (C1) is the S 2p spectrum of MBC-600 and TMBC-600. It can be seen from the figure that the sulfur content of MBC-600 is small, while that in TMBC-600 is significantly increased, existing mainly in three forms, i.e., C=S (163.9 eV), C-S (165.1 eV), and S(=O)2 (168.3 eV). Figure S3 (C2) is the S 2p spectrum of SBC-600 and TSBC-600. Compared with SBC-600, the sulfur content of TSBC-600 is significantly increased, and the sulfur exists in five main forms, i.e., C=S (163.9 eV), C-S (165.1 eV), S(=O)2 (168.3 eV), Sul S (sulfide sulfur, 161.8 eV), and S(-II) (160.6 eV) [35,43]. This confirms that the sulfur was successfully doped into the biochar carbon skeleton structure after modification. The doping of N and S elements has given biochar materials some specific properties, such as easier electrochemical reaction and adsorption.

![Figure 3. XPS spectra of MBC-600, SBC-600, TMBC-600 and TSBC-600 (a,b).](figure3.png)

3.5. Adsorption Experiment Results

3.5.1. Effect of Pyrolysis Temperature on Cd\(^{2+}\) Adsorption by Modified Biochar

Cd\(^{2+}\) was removed by modified biochar at different pyrolysis temperatures and the results are shown in Figure 4. It can be seen from Figure 4 that when the dosage of biochar is 1 g/L and the initial pH of the solution is 7, the removal rate of Cd\(^{2+}\) by TSBC increases as the pyrolysis temperature increases. The removal rate of Cd\(^{2+}\) by TMBC in the range of 300–600 °C showed an upward trend, and the removal rate decreased above 600 °C. The removal rate of Cd\(^{2+}\) by TSBC was higher than that of TMBC. The removal rate of TMBC-600 and TSBC-600 were the highest at 43.83% and 87.29%, respectively. The removal rate associated with TMBC-600 increased by 36.53% compared with TMBC-300, and that of TSBC-600 increased by 81.07% compared with TSBC-300. Considering the energy consumption and raw material utilization in the process of preparing biochar, biochar was prepared at a pyrolysis temperature of 600 °C in this study.
3.5.2. Effect of Initial pH on Cd\textsuperscript{2+} Adsorption by Biochar

As shown in Figure 5, when the dosage of modified biochar was 1 g/L and the initial concentration of Cd\textsuperscript{2+} is 10 mg/L, as the pH increases, the removal rate of Cd\textsuperscript{2+} by both the biochars increase. Under strongly acidic conditions, the removal rate of Cd\textsuperscript{2+} by TSBC-600 is higher and that of TMBC-600 is lower. When the pH is in the range of 4–7 and 6–7, respectively, the adsorption of TSBC-600 and TMBC-600 is better, and the adsorption efficiency of TSBC-600 was higher than that of TMBC-600. When the pH was 4–7, the removal rate of Cd\textsuperscript{2+} in the solution can reach 93%; when pH = 7, the removal rate of Cd\textsuperscript{2+} by TSBC-600 became the highest, which was 96.05%. For TMBC-600, when the pH was at 2–6, the removal rate of Cd\textsuperscript{2+} increased slowly. When pH = 7, TMBC-600 had the highest removal rate of Cd\textsuperscript{2+}, which was 58.41%. Due to the difference in biomass materials, the alkalinity of the two modified biochars differed significantly. From Figure 6, it can be seen that the equilibrium pH of the biochar solution has increased to varying degrees after Cd\textsuperscript{2+} adsorption. The equilibrium pH of TSBC-600 was higher than TMBC-600, indicating that the basicity of TSBC-600 is greater, which is consistent with the pH measurement results in 2.1.
The adsorption capacity of Cd\(^{2+}\) by biochar as a function of time is shown in Figure 7. As shown in Figure 7, the adsorption capacity of TSBC-600, SBC-600, TMBC-600, and MBC-600 all increase with the increase of the adsorption time, and eventually reach equilibrium. TSBC-600, SBC-600, TMBC-600, and MBC-600 reached adsorption equilibrium at 240, 960, 360, and 960 min, respectively. In the initial stage of adsorption, the adsorption efficiency of each biochar is high and it gradually decreases with the increase in adsorption time. This is because there are more sites on the biochar surface that can bind to Cd\(^{2+}\) at the beginning of adsorption, and Cd\(^{2+}\) can be quickly adsorbed by the biochar. At this time, there is no competitive adsorption. As the adsorption time increases, the effective adsorption sites on the surface of the biochar gradually decrease, and Cd\(^{2+}\) needs to diffuse into the inside of porous medium. At this time, the mass transfer rate becomes slower, and the competitive adsorption becomes more and more obvious [44]. TSBC-600 showed a higher adsorption rate in the initial stages of adsorption, indicating that the surface of TSBC-600 has more binding sites.

Figure 6. Effect of different dosage on adsorption of Cd\(^{2+}\) by TMBC-600 and TSBC-600.

Experiments have shown that TSBC-600 has good acid resistance. In the set pH range, TSBC-600 showed a strong removal rate of Cd\(^{2+}\), which might be related to the role of the nitrogen-sulfur functional groups and cadmium ions. This has important implications for the research on the removal of cadmium in typical acidic wastewater such as mining wastewater.

3.5.3. Effect of Dosage of Biochar on Cd\(^{2+}\) Adsorption

It can be seen from Figure 6 that as the initial pH of the solution was 7, and the initial c (Cd\(^{2+}\)) of the solution was 10 mg/L, the removal rate of Cd\(^{2+}\) increased with the increase in the two kinds of biochar. When the dosage of TMBC-600 and TSBC-600 was 5 g/L and 4 g/L, the adsorption of Cd\(^{2+}\) by biochar reached saturation, and the removal rate reached 92.50% and 98.15%, respectively. As the dosage was increased continuously, the removal rate of Cd\(^{2+}\) did not vary much. This is possibly because the binding of cadmium ions to the limited adsorption sites on the surface of biochar reaches saturation when the dosage is small. With the increase in the dosage, the remaining cadmium ions in the solution bind to the new adsorption sites. Finally, the adsorption reached equilibrium, and further increase in dosage had little effect on the removal rate.

3.5.4. Analysis of Adsorption Kinetics

The adsorption capacity of Cd\(^{2+}\) by biochar as a function of time is shown in Figure 7. As shown in Figure 7, the adsorption capacity of TSBC-600, SBC-600, TMBC-600, and MBC-600 all increase with the increase of the adsorption time, and eventually reach equilibrium. TSBC-600, SBC-600, TMBC-600, and MBC-600 reached adsorption equilibrium at 240, 960, 360, and 960 min, respectively. In the initial stage of adsorption, the adsorption efficiency of each biochar is high and it gradually decreases with the increase in adsorption time. This is because there are more sites on the biochar surface that can bind to Cd\(^{2+}\) at the beginning of adsorption, and Cd\(^{2+}\) can be quickly adsorbed by the biochar. At this time, there is no competitive adsorption. As the adsorption time increases, the effective adsorption sites on the surface of the biochar gradually decrease, and Cd\(^{2+}\) needs to diffuse into the inside of porous medium. At this time, the mass transfer rate becomes slower, and the competitive adsorption becomes more and more obvious [44]. TSBC-600 showed a higher adsorption rate in the initial stages of adsorption, indicating that the surface of TSBC-600 has more binding sites.
When the initial concentration of Cd$^{2+}$ increases, the adsorption capacity of TSBC-600, SBC-600, TMBC-600, and MBC-600 all increased with the initial concentration of Cd$^{2+}$. The reason for the lower growth may be that the introduction of sulfur and nitrogen enhances the ability of primary biochar to adsorb Cd$^{2+}$ [47]. The reason for the lower growth may be that the introduction of sulfur and nitrogen enhances the ability of primary biochar to adsorb Cd$^{2+}$ [47]. The reason for the lower growth may be that the introduction of sulfur and nitrogen enhances the ability of primary biochar to adsorb Cd$^{2+}$ [47].

### 3.5.5. Analysis of Isothermal Adsorption

The adsorption isotherm can reflect the affinity of the adsorbate for the adsorbent and can be used to describe the interaction between the adsorbate and the adsorbent [45]. Theadsorption isotherms of Cd$^{2+}$ solutions after adding biochar with different initial concentrations are shown in Figure 8. The adsorption capacity of TSBC-600, SBC-600, TMBC-600, and MBC-600 all increased with the initial concentration of Cd$^{2+}$ and eventually reached equilibrium. At low concentrations of Cd$^{2+}$, biochar showed a higher adsorption rate, and then gradually flattened as the concentration increased. It can be seen from Figure 8 that the adsorption capacity of the four types of biochar is TSBC-600 > SBC-600 > TMBC-600 > MBC-600, among which TSBC-600 has the strongest adsorption capacity.

![Figure 8](image)

**Figure 8.** Fitting curves of isothermal adsorption of TMBC-600 and MBC-600 (a) and TSBC-600 and SBC-600 (b) (pH = 7, dosage$^{TMBC-600}$ = 5 g/L and dosage$^{TSBC-600}$ = 4 g/L, 25 °C).

### 4. Discussion

#### 4.1. Effects of Pyrolysis Temperature, Dosage, and Initial pH on Cd$^{2+}$ Removal

Biomass pyrolysis is a fairly complex thermochemical reaction process, in which temperature is a key factor that determines the performance of biochar [46]. The effect of modified biochar prepared at different pyrolysis temperatures on the removal rate of Cd$^{2+}$ in aqueous solution is shown in Figure 4. When the initial concentration of Cd$^{2+}$ in the solution was 10 mg/L, TMBC and TSBC had a high removal rate of Cd$^{2+}$ at 600 °C. This is because, as the temperature increases, the moisture and volatile matter of the biomass is gradually released, and a large number of pore structures are formed on the biochar surface, the specific surface area increases, and the number of adsorption sites on the surface increases [47]. The reason for the lower growth may be that the introduction of sulfur and nitrogen enhances the ability of primary biochar to adsorb Cd$^{2+}$. At the same pyrolysis temperature,
the difference in adsorption capacity between TMBC-600 and TSBC is remarkable. This may be because MB has volatile components up to 81.1% volatile components and its structure is loose. When the temperature is relatively low, organic solids in MB did not fully decompose and generate abundant biomass oil [48]. When the temperature was relatively high, the high temperature destroyed the pore structure of the biochar, which caused the TMBC pore structure to collapse, and the adsorption sites on the biochar surface decreased [49].

The dosage of adsorbent added is one of the important parameters that determine the adsorption capacity of the adsorbent for Cd$.^2+$$. The removal rate of TMBC-600 and TSBC-600 for Cd$.^2+$ in aqueous solution is shown in Figure 6. When the initial Cd$.^2+$ concentration of the solution was 10 mg/L, the dosage of TMBC-600 and TSBC-600 increased from 1 g/L to 10 g/L, and the removal rates of Cd$.^2+$ by TMBC and TSBC increased from 70.1% to 94.1% and from 87.8% to 99.0%, respectively. When the dosage increased to 4 g/L, the increase in removal rate did not vary much, similar results also appeared during the adsorption of transition metal element by sugarcane biochar and sulfurized biochar [22,50,51].

The initial pH of the solution is an important factor that affects the adsorption process. Cd-chloride hydrolysis have resulted in sacrificial dissolution of adsorbent and cannot be ignored, therefore, the neutralization method was used to minimize the effect of Cd-chloride hydrolysis on adsorption, so as to ensure that the adsorption of Cd$.^2+$ only affected by the initial pH of solution. Changes in pH can affect the surface charge of the adsorbent and the degree of ionization of the adsorbed cadmium ions [52]. The effect of initial pH on the adsorption of Cd$.^2+$ by modified biochar is shown in Figure 5. When the initial Cd$.^2+$ concentration is 20 mg/L and the amount of modified biochar is 1 g/L, TSBC-600 can still remove 93% of the Cd$.^2+$ in the solution at low pH, and TMBC-600 can obtain a removal rate of approximately 60%. In the same situation, Tang et al. found that the removal rate of Cd$.^2+$ by single amino-modified biochar was only 28%, and the removal rate of Cd$.^2+$ by single thiol-modified biochar was 48% [34]. Li et al. reported that when the dosage of nitrogen-added biochar was 8 g/L, the removal rate of Cd$.^2+$ could reach 98% at pH 4.0 [53]. Compared with single sulfur modification and nitrogen modification, the thiourea-modified biochar materials examined in this study have a higher tolerance to pH. The modified biochar mainly achieves the removal of Cd$.^2+$ through the specific binding of nitrogen and sulfur groups with Cd$.^2+$ and the non-specific complexation or ion exchange of oxygen-containing functional groups such as hydroxyl and carboxyl groups on the surface of biochar with Cd$.^2+$. When the content of H$^+$ in the solution increases, a large amount of H$^+$ will dissociate the functional groups that are beneficial to the adsorption of Cd$.^2+$ [54,55], thereby reducing the removal rate of Cd$.^2+$. Meanwhile, H$^+$ preferentially occupies the adsorption sites when competing with Cd$.^2+$, causing a decrease in the number of sites bound to Cd$.^2+$. In addition, the lower the pH of the solution, the higher the density of positive charges on the surface of biochar, and the stronger the mutual electrostatic repulsion between the positively charged metal cations and the surface of biochar [56–58], which will reduce the removal rate of Cd$.^2+$.  

4.2. Adsorption Kinetics of Cd$.^2+$ Adsorbed by Biochar before and after Modification

The pseudo-first-order kinetic equation and pseudo-second-order kinetic equation were used to fit the biochar adsorption kinetic data, and the fitting parameters are shown in Table 2. It can be seen from Table 2 that the R$^2$ values fitted by the pseudo-second-order kinetic equation are greater than those fitted by the pseudo-first-order kinetic equation, indicating that the adsorption rate of biochar are mainly controlled by the chemisorption mechanism, and Cd$.^2+$ adsorbed on the surface of biochar via the interaction with biochar, such as that shared by the electron-electron pairs, ion exchange, and surface complexation [59]. The adsorption process mainly includes external liquid film diffusion, surface adsorption, and intra-particle diffusion. The relationship between the equilibrium adsorption capacity of biochar for Cd$.^2+$ is TSBC-600 > SBC-600 > TMBC-600 > MBC-600. The adsorption of modified biochar was enhanced, indicating the important role of N- and S- containing groups on the adsorption of Cd$.^2+$. Comparing the adsorption rate constant k$^2$ of the four biochars, 0.0184 (TSBC-600)
> 0.0049 (TMBC-600) > 0.0042 (MBC-600) > 0.0013 (SBC-600), indicating that the adsorption rate of TSBC-600 is faster, which is consistent with the analysis of \(k_1\) in the pseudo-first order kinetic equation. This demonstrates that the affinity of SB to thiourea is greater than that of MB. In summary, thiourea-modified biochar can effectively increase the adsorption rate of Cd\(^{2+}\) by biochar.

### Table 2. Adsorption kinetic parameters of MBC-600, SBC-600, TMBC-600, and TSBC-600 (\(C_0 = 100\) mg/L, pH = 7, doage\(_{TMBC-600} = 5\) g/L and doage\(_{TSBC-600} = 4\) g/L, 25 \(^\circ\)C).

| Samples   | Pseudo First Order | Pseudo Second Order |
|-----------|--------------------|--------------------|
|           | \(Q_e\) (mg/g)     | \(k_1\) (1/min)    | \(R^2\) | \(Q_e\) (mg/g) | \(k_2\) (g/mg/min) | \(R^2\) |
| TSBC-600  | 11.65              | 0.1391             | 0.88    | 12.19          | 0.0184              | 0.92     |
| SBC-600   | 5.93               | 0.0062             | 0.94    | 6.63           | 0.0013              | 0.97     |
| TMBC-600  | 4.76               | 0.0189             | 0.94    | 5.20           | 0.0049              | 0.98     |
| MBC-600   | 3.72               | 0.0124             | 0.90    | 4.09           | 0.0042              | 0.96     |

Note: \(Q_m\) is the maximum adsorption capacity; \(k_1\) is the rate constant of the pseudo-first-order kinetic equation; \(k_2\) is the rate constant of the pseudo-first-order kinetic equation.

### 4.3. Isothermal Adsorption Curves before and after Biochar Modification

According to the shape of the isotherms, the isotherms of the four types of biochar can be designated as type I isotherms as per the BDDT (Brunauer Deming Deming Teller) classification [60]. Therefore, the commonly used Langmuir and Freundlich equations are used for fitting. The detailed fitting parameters and correlation coefficients are listed in Table 3. By comparing the \(R^2\) fit using the two models, it is found that the Langmuir equation is more suitable than the Freundlich equation. This indicates that the adsorption of Cd\(^{2+}\) by the four biochars is monolayer adsorption. The functional groups on the absorbent surface are the main adsorption sites during the adsorption process, and the process takes place under the electrostatic attraction and hydrogen bonding [61]. There was no interaction between the homogeneity of the adsorbent surface and adsorption sites. The maximum adsorption capacity \(Q_m\) calculated by the Langmuir equation is not significantly different from the actual adsorption amount \(q_e\). The maximum adsorption capacity of each biochar is TSBC-600 (19.998 mg/g) > SBC-600 (9.880 mg/g) > TMBC-600 (9.631 mg/g) > MBC-600 (5.898 mg/g). The adsorption capacity of thiourea modified TSBC-600 and TMBC-600 increased by 2.02 and 1.63 times, respectively. The adsorption capacities reported by other different adsorbents varied greatly among previous studies (Table S1). The adsorption capacity of TSBC-600 and TMBC-600 is nearly five times than biochar through pyrolysis with thiourea impregnation [15], the reason for this differentiation may be different activation of raw biochar in one-step co-pyrolysis. Moreover, the different feedstock and modifier made the variation of different surface characteristics, minerals, and functional groups of biochar.

### Table 3. The fitting parameters for isothermal adsorption of MBC-600, SBC-600, TMBC-600, and TSBC-600 (pH = 7, doage\(_{TMBC-600} = 5\) g/L and doage\(_{TSBC-600} = 4\) g/L, 25 \(^\circ\)C).

| Samples   | Langmuir Model | Freundlich Model |
|-----------|----------------|-----------------|
|           | \(Q_m\) (mg/g) | \(K_L\) (L/mg) | \(R^2\) | \(K_F\) (L/g) | \(1/n\) | \(R^2\) |
| TSBC-600  | 19.998         | 0.026           | 0.91    | 4.230         | 0.233   | 0.70     |
| SBC-600   | 9.880          | 0.050           | 0.83    | 3.506         | 0.158   | 0.55     |
| TMBC-600  | 9.631          | 0.028           | 0.99    | 0.652         | 0.385   | 0.90     |
| MBC-600   | 5.898          | 0.009           | 0.91    | 0.417         | 0.380   | 0.78     |

Notes: \(Q_m\) is the maximum adsorption capacity; \(K_L\) is the affinity constant of the interaction between the adsorbate and the adsorbent; \(K_F\) is the Freundlich adsorption capacity parameter; \(n\) is the empirical parameter of the adsorption strength.
For the separation factor \( R_L \) (\( R_L = 1/(1 + R_L C_0) \)), when \( R_L < 1 \), the adsorption is unfavorable; when \( R_L > 1 \), the adsorption is favorable; when \( R_L = 1 \), the adsorption is linear [62]. In the Langmuir model, the \( R_L \) of biochar for Cd\(^{2+}\) is between zero and one, indicating that the adsorption behavior of biochar to Cd\(^{2+}\) is favorable. Similarly, the value of \( n \) in the Freundlich model can also confirm this viewpoint. The value of \( n \) is related to the properties of the adsorption material and the adsorption system. The larger the value of \( n \), the better the adsorption performance of the material. When \( 0.1 < 1/n < 0.5 \), it means that the adsorption is easier to perform; when \( 1/n > 2 \), it means that the adsorption is difficult to carry out [53]. The \( 1/n \) values of the four biochars are all in the range of 0.1–0.5, which indicates that the N and S groups on the surface of the biochar have a higher modification efficiency. This demonstrates that the full adsorption process is preferential adsorption. The adsorption performance is relatively good, and the adsorption process is non-linear isothermal adsorption. The adsorption of Cd\(^{2+}\) by the four biochars is completed by a variety of mechanisms [14,50,63].

5. Conclusions

In this study, an N, S modified biochar was prepared by the co-pyrolysis of thiourea and poplar bark (SB) or poplar sawdust (MB), and used for the removal of aquatic cadmium ions. The results showed that the performance of thiourea-modified biochar was stable. The introduction of S and N optimized the surface structure of biochar, which was beneficial for enhancing the adsorption efficiency of biochar for Cd\(^{2+}\). The optimal modification temperature of TSBC and TMBC was 600 °C, and the optimal reaction dosage of TSBC-600 and TMBC-600 was 4 g/L and 5 g/L, respectively. The optimal reaction pH was 7. Langmuir model and the pseudo-second-order kinetic model can explain the adsorption behavior of TSBC-600 and TMBC-600 with regard to Cd\(^{2+}\). The adsorption behavior of TSBC-600 and TMBC-600 to Cd\(^{2+}\) was mainly chemical adsorption, which can be attributed to the surface functional groups. The maximum adsorption capacity of TSBC-600 and TMBC-600 calculated by the Langmuir model was 19.998 mg/g and 9.631 mg/g, respectively. These results indicated that the thiourea-modified biochar has strong adsorption capacity and good acid resistance, which is promising in the remediation of Cd-polluted water.

Supplementary Materials: The following are available online at http://www.mdpi.com/2073-4441/12/4/1117/s1: Figure S1: Schematic of the preparation of modified biochar, Figure S2: \( N_2 \) adsorption/desorption isotherms and pore size distribution of TSBC-600 (a) and TMBC-600 (b), Figure S3: High-resolution spectrum of C 1s (A1,A2), N 1s (B1,B2), S 2p (C1,C2) for MBC-600, SBC-600, TMBC-600 and TSBC-600, Table S1: Comparison of metal ion sorption capacity (mg/g) of different adsorbents.

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