Emergent Cosmos in Einstein-Cartan Theory

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Based on the Padmanabhan’s proposal, the accelerated expansion of the universe can be driven by the difference between the surface and bulk degrees of freedom in a region of space, described by the relation $\Delta V/\Delta t = N_{\text{sur}} - N_{\text{bulk}}$ where $N_{\text{sur}}$ and $N_{\text{bulk}}$ are the degrees of freedom assigned to the surface area and the matter-energy content inside the bulk such that the indexes “em” and “de” represent energy-momentum and dark energy, respectively. In the present work, the dynamical effect of the Weyssenhoff perfect fluid with intrinsic spin and its corresponding spin degrees of freedom in the framework of Einstein-Cartan (EC) theory are investigated. Based on the modification of Friedmann equations due to the spin-spin interactions, a correction term for the Padmanabhan’s original relation $\Delta V/\Delta t = N_{\text{sur}} - N_{\text{em}} - N_{\text{de}}$ including the number of degrees of freedom related to this spin interactions is obtained through the modification in $N_{\text{bulk}}$ term as $N_{\text{bulk}} = -N_{\text{em}} + N_{\text{spin}} + N_{\text{de}}$ leading to $\Delta V/\Delta t = N_{\text{sur}} - N_{\text{em}} - N_{\text{spin}} - N_{\text{de}}$ in which $N_{\text{spin}}$ is the corresponding degrees of freedom related to the intrinsic spin of the matter content of the universe. Moreover, the validity of the unified first law and the generalized second law of thermodynamics for the Einstein-Cartan cosmos are investigated. Finally, by considering the covariant entropy conjecture and the bound resulting from the emergent scenario, a total entropy bound is obtained. Using this bound, it is shown that the for the universe as an expanding thermodynamical system, the total effective Komar energy never exceeds the square of the expansion rate with a factor of $\frac{1}{\Delta t}$.

Keywords: Padmanabhan’s proposal, spin-spin interaction, Einstein-Cartan theory, covariant entropy conjecture.

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I. INTRODUCTION

According to the current researches, one can obtain the gravitational field equations in the same way that the equations of an emergent phenomena like fluid mechanics or elasticity are derived [1, 3]. In the framework of the emergent gravity model, the Einstein gravitational field equations can be derived from the thermodynamics principles with some extra assumptions [1, 3]. Therefore, Einstein field equations can be understood as spacetime equations of state [3]. By assuming the existence of a spacetime manifold, its metric and curvature, Padmanabhan has treated the Einstein field equations as an emergent phenomenon [3]. It has been proposed that in a cosmological context, the accelerated expansion of the universe [4] can be obtained from the difference between the surface and bulk degrees of freedom denoted by the relation $\Delta V/\Delta t = N_{\text{sur}} - N_{\text{bulk}}$ where $N_{\text{sur}}$ and $N_{\text{bulk}}$ are the corresponding degrees of freedom related to the surface area, matter-energy content (or dark matter (DM) and dark energy (DE)) inside the bulk space, respectively [5]. Different cosmological models have been proposed to explain the late time accelerated expansion of the universe [4]. One of these cosmological models is known as the dark energy model where the universe is supposed to be dominated by a dark fluid possessing a negative pressure [8–10] (for a review, see [11]). Violation of the strong energy condition is a feature of this dark fluid, i.e $\rho + 3p > 0$. On the other hand, the modified gravity theories, such as $f(R)$ gravity [12], $f(T)$ gravity [13], Weyl gravity [14], Gauss-Bonnet gravity [13], Lovelock gravity [16], Hořava-Lifshitz gravity [17], massive gravity [18], heterotic string theory [19], and braneworld scenarios [20], are another approaches for explaining the late time accelerated expansion of the universe. In these modified models, the additional terms in the gravitational Lagrangian play the role of an effective dark energy component with a geometric origin rather than an ad hoc introduction of the dark energy sector with unusual physical features. These cosmological models explaining the current accelerated expansion phase possess a series of conditions and constraints arising from various laws of physics such as thermodynamics laws [21] or astrophysical data. In this way, four laws of black hole mechanics driven from the classical Einstein field equations are implemented to explain the structure of spacetime and its relation with thermodynamical behaviour of system [22, 23]. In the significant pioneering research, Jacobson proved that the classical general
Cartan geometry is usually denoted by $Q$, torsion as independent quantities [51]. This Riemann-geometry possesses torsion as well as curvature by considering Cartan, the structure of spacetime is generalized to the electron. In the second approach, as introduced by Goudsmit and Uhlenbeck in 1925. The classical spin can be introduced in this way is similar to the intrinsic angular momentum as the spin into quantum theory by the classical spin fluid or even a massless or massive spinor fields as the matter source.

In 1923, Élie Cartan introduced a modification of the Einstein general theory of relativity (GR) which nowadays is known as Einstein-Cartan (EC) theory [48, 49]. In this framework, a relation between the intrinsic angular momentum of matter source and the spacetime torsion is introduced before introducing this intrinsic angular momentum as the spin into quantum theory. Similar to the other alternative theories of gravity, the cosmological solutions of the EC theory possessing the spin matter source and their influence on the structure and dynamics of the universe are extensively investigated. These studies include the effects of torsion and spinning matter in a cosmological setup and its possible role to solve the singularity problems, pre-Friedmann stages of evolution, inflationary expansion, the late time accelerated expansion of the Universe, rotation of the Universe and gravitational collapse and so on.

In this paper, we investigate the emergent universe scenario and its thermodynamical aspects in the framework of EC theory. By considering the modifications to Friedmann equations of the EC theory, we discuss on Padmanabhan’s relation and thermodynamical features of the model. This paper is organized as follows. In section II, we review the EC theory. In section III, we study the issue of emergence of spacetime in the context of this model. In section IV, thermodynamics of the Einstein-Cartan universe is investigated. In section V, we discuss on the Covariant Entropy Conjecture and Emergent Universe scenario in Einstein-Cartan theory. Finally, in the last section, our concluding remarks are represented. Also, we consider the units of c = 1 with metric signature (+, −, −, −) of spacetime. Also, we use the signs [ ] and () for denoting antisymmetric and symmetric parts, respectively.

II. THE EINSTEIN-CARTAN MODEL

The Einstein-Cartan theory can be driven using the following action

$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} \tilde{R} + \int d^4x \sqrt{-g} L_M,$$  \hspace{1cm} (1)

where $\tilde{R}$ and $L_M$ are the Ricci scalar associated to the asymmetric connection $\tilde{\Gamma}$ and the Lagrangian density of matter fields coupled to the gravity, respectively.

The asymmetric connection $\tilde{\Gamma}^{\mu}_{\alpha\beta}$ can be written in terms of the Levi-Civita connection $\Gamma^{\mu}_{\alpha\beta}$ as

$$\tilde{\Gamma}^{\mu}_{\alpha\beta} = \Gamma^{\mu}_{\alpha\beta} + K^{\mu}_{\alpha\beta},$$  \hspace{1cm} (2)

where $K^{\mu}_{\alpha\beta}$, known as the “contorsion tensor”, which is related to the torsion ($Q_{\alpha\beta}^{\mu} := \tilde{\Gamma}_{[\alpha\beta]}^{\mu}$).
where $u^{\alpha}$ is the four-velocity of the fluid element and $S_{\mu \nu} = -S_{\nu \mu}$ is a second-rank antisymmetric tensor which is defined as the spin density tensor. The spatial components of this tensor include the 3-vector $(S_{23}, S_{13}, S_{12})$ which coincides in the rest frame with the spatial spin density of an element of the matter fluid. The remaining spacetime components, i.e., $(S_{01}, S_{02}, S_{03})$ are assumed to be zero in the rest frame of the fluid element. Such an assumption can be covariantly formulated as the constraint given in the second part of (9). This constraint on the spin density tensor is usually called the Frenkel condition which requires the intrinsic spin of matter to be spacelike in the rest frame of the fluid. More precisely, this condition leads to an algebraic relation between the spin density and torsion tensor as

$$T_{\nu} = T^{\nu}_{\mu \nu} = < u^{\alpha} S_{\nu \mu} >,$$

which can also be recovered directly from the formalism proposed in [53]. Therefore, the Frenkel condition implies that the only remaining degrees of freedom of the spacetime torsion are its traceless components. The spinning fluid (fluid that possesses an internal angular momentum density) introduced in this way is called the “Weyssenhoff fluid”, which generalizes the perfect fluid of general relativity to the case of non-vanishing spin. The Weyssenhoff fluid is a continuous medium that the elements of which are characterized (together with the energy and momentum) by the intrinsic angular momentum (spin) of its constituent particles, see also [50] and [60].

The energy-momentum tensor can be decomposed as

$$T^{\mu \nu} = T^{\mu \nu}_{P} + T^{\mu \nu}_{S},$$

where $T^{\mu \nu}_{P}$ and $T^{\mu \nu}_{S}$ are the usual perfect fluid and the intrinsic-spin fluid part as

$$T^{\mu \nu}_{P} = (\rho + p)u^{\mu}u^{\nu} - pg^{\mu \nu},$$
$$T^{\mu \nu}_{S} = u^{(\mu} S^{\nu)}u^{\alpha}u_{\alpha \beta} + \nabla_{\alpha}(u^{(\mu} S^{\nu)}\alpha)$$
$$+ Q^{(\mu}_{\alpha \beta} u^{\nu)\alpha} + u^{(\mu} S^{\nu)}\alpha \omega_{\alpha \beta}^{\alpha} - \omega^{(\alpha}_{\nu} S^{\nu)}\alpha + u^{(\mu} S^{\nu)}\alpha \omega_{\alpha \beta}^{\alpha},$$

where $u^{\alpha}$ is the four-velocity of the fluid element and $S_{\mu \nu} = -S_{\nu \mu}$ is a second-rank antisymmetric tensor which is defined as the spin density tensor. The spatial components of this tensor include the 3-vector $(S_{23}, S_{13}, S_{12})$ which coincides in the rest frame with the spatial spin density of an element of the matter fluid. The remaining spacetime components, i.e., $(S_{01}, S_{02}, S_{03})$ are assumed to be zero in the rest frame of the fluid element. Such an assumption can be covariantly formulated as the constraint given in the second part of (9). This constraint on the spin density tensor is usually called the Frenkel condition which requires the intrinsic spin of matter to be spacelike in the rest frame of the fluid. More precisely, this condition leads to an algebraic relation between the spin density and torsion tensor as

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$$T_{\nu} = T^{\nu}_{\mu \nu} = < u^{\alpha} S_{\nu \mu} >,$$
the classical macroscopic limit \[52, 61\]. A suitable averaging process then gives (see the Appendix A)

\[
<\tau^{\mu\nu}> = 4\pi G\sigma^2 u^\mu u^\nu + 2\pi G\sigma^2 g^{\mu\nu}, \\
<\mathcal{T}_S^{\mu\nu}> = -8\pi G\sigma^2 u^\mu u^\nu. 
\] (13)

Indeed, since the right hand side of (7) includes the \(\tau^{\mu\nu}\) contribution with a quantum origin, the quantities in the right hand of (8) must be replaced by their expectation values. For more detail on the conditions under which the expectation value of the energy-momentum tensor can act as the source for a semiclassical gravitational field, see the works in [62]. Therefore, the Einstein field equations (4) read as

\[ G^{\mu\nu} = 8\pi G\Theta^{\mu\nu}, \] (14)

where \(\Theta^{\mu\nu}\) represents the effective macroscopic limit of matter fields defined as

\[
\Theta^{\mu\nu} := <T^{\mu\nu}> + <\tau^{\mu\nu}>
= (\rho + p - p_s) u^\mu u^\nu - (p - p_s) g^{\mu\nu}
= (\rho + 4\pi G\sigma^2) u^\mu u^\nu - (p - 2\pi G\sigma^2) g^{\mu\nu}. \] (15)

Then, one may consider the following forms for the total energy density and pressure which support the field equations

\[
\rho_{\text{tot}} = \rho - \rho_s, \quad p_{\text{tot}} = p - p_s, \] (16)

where \(\rho_s = p_s = 2\pi G\sigma^2\). From this, it is seen that \(p_s/\rho_s = 1\) and consequently the spin matter behaves as a fictitious fluid with an equation like that of the Zeldovich stiff matter. Beside the works which assume a classical form of the spin fluid as the source of torsion, it is worth mentioning that a full quantum treatment has been recently done in [63].

III. Emergence of Spacetime in Einstein-Cartan Theory

We consider a homogeneous and isotropic universe described by the FLRW metric

\[
ds^2 = dt^2 - a(t)^2 \left( \frac{dr^2}{1 - kr^2} + r^2 (d\theta^2 + \sin^2\theta d\phi^2) \right). \] (17)

where \(k = 0, \pm 1\) represents spatial curvature of the universe (in the following we will focus on the flat universe). Then, using equations (14) and (15), Friedmann equations will be

\[
H^2 = \frac{8\pi G}{3} (\rho - 2\pi G\sigma^2) = \frac{8\pi}{3} \rho_{\text{tot}}, \] (18)

\[
\dot{H} + H^2 = -\frac{4\pi G}{3} (\rho + 3p - 8\pi \sigma^2) = -\frac{4\pi G}{3} (\rho + 3p)_{\text{tot}}. \] (19)

We note that, \(\rho_{\text{total}} = \rho - \rho_s\) is assumed to be positive. In this respect, from one hand, the spin squared term is proportional to \(a^{-6}\) and from the other its coupling constant is proportional to the square of gravitational coupling constant which makes the spin effects to be crucial only at extremely high matter densities, e.g. at the late stages of collapse scenario or in the early times of the evolution of the universe. Such effects could provide non-singular cosmological [54, 64] as well as astrophysical settings [65]. However, during such extreme regimes, though the weak (or null) energy condition may be violated due to the negative pressure contribution due to the spin contribution, the total energy density as given in equation (18) remains positive; the matter density \(\rho\) could be proportional to \(a^{-6}\) for a stiff fluid and in competition to the spin density, these two terms at the right hand side of equation (18) could be at most equal leading to a vanishing Hubble parameter. For more discussion on the negative contribution of spin fluid, see the Appendix B. On the other hand, the combination of equations (18) and (19) gives the following generalization of the covariant energy conservation law including the spin term

\[
\frac{d}{dt}(\rho - 2\pi G\sigma^2) = -3H(\rho + p - 4\pi G\sigma^2), \] (20)

where we can consider the filling matter field as an unpolarized fermionic perfect fluid with the barotropic equation of state \(p = \omega \rho\). By decomposition of the matter source in equation (4), we can treat the above conservation law for two non-interacting fluids. Therefore, it gives

\[
\rho = \rho_0 a^{-3(1+\omega)}, \] (21)

where \(\rho_0\) is energy density at present time. Eq. (20) could be rearranged in the following form

\[
\frac{d}{dt}(\rho + 3H(\rho + p)) = 2\pi G\frac{d}{dt}\sigma^2 + 6H\sigma^2 \]

\[
= 2\pi G\frac{d}{dt}\ln(\sigma^2a^6). \] (22)

By implementing Eq. (21), the LHS equals to zero. By reusing Eq. (21), one could reach

\[
\sigma^2 = \frac{\hbar}{8} \left( \frac{\rho_0}{A_\omega} \right)^{1+\frac{6}{\omega}} a^{-6} = \frac{\hbar}{8} \left( \frac{\rho}{A_\omega} \right)^{1+\frac{6}{\omega}}, \] (23)

and

\[
\rho_s = 2\pi G\sigma^2 = \rho_{0s} a^{-6}, \] (24)

in which \(A_\omega\) is a dimensional constant depending on \(\omega\) and \(\rho_{0s} = \frac{\hbar}{8} A_\omega^{-\frac{6}{\omega}} \rho_0^{-\frac{6}{\omega}} [60]. \)
Multiplying equation (19) by $-4\pi H^{-4}$, we get

$$-4\pi \frac{\dot{H}}{H^4} = \frac{4\pi}{H^2} + \frac{16\pi^2 G (\rho + 3p)_{tot}}{3H^4}.$$  \hfill (25)

Assuming $V = 4\pi H^{-3}/3$ as the spherical volume with the Hubble radius $H^{-1}$, namely the Hubble volume, we have

$$\frac{dV}{dt} = -4\pi \frac{\dot{H}}{H^4} = \frac{4\pi}{H^2} + \frac{16\pi^2 G (\rho + 3p)_{tot}}{3H^4}.$$  \hfill (26)

On the other hand, according to Padmanabhan’s idea, the number of degrees of freedom on the spherical surface of the Hubble radius $H^{-1}$ is given by [7]

$$N_{sur} = \frac{A}{L_p^2} = \frac{4\pi}{L_p^2 H^2},$$  \hfill (27)

where $L_p$ is the Planck length and $A = 4\pi H^{-2}$ represents the area of the Hubble horizon\(^1\). Also, the bulk degrees of freedom obey the equipartition law of energy

$$N_{bulk} = \frac{2|E_{tot}|}{k_B T},$$  \hfill (28)

where $E_{tot}$, $k_B$ and $T$ are the total energy inside of the bulk, the Boltzmann constant and the temperature of the bulk space, respectively. In the following of the paper, we use natural unit ($k_B = c = G = L_p = 1$) for the sake of simplicity. We also consider the temperature associated with the Hubble horizon as the Hawking temperature $T = H/2\pi$, and the energy contained inside the Hubble volume in Planck units $V = 4\pi/3H^3$ as the Komar energy

$$E_{Komar} = |(\rho + 3p)_{tot}|V.$$  \hfill (29)

Based on the novel idea of Padmanabhan, the cosmic expansion which is conceptually equivalent to the emergence of space is related to the difference between the number of degrees of freedom in the holographic surface and the ones in the corresponding emerged bulk [7]. Equations (28) and (29), with Hawking temperature will give the bulk degrees of freedom as

$$N_{bulk} = -\epsilon \frac{2(\rho + 3p)_{tot} V}{k_B T}.$$  \hfill (30)

where $\epsilon = +1$ denotes $(\rho + 3p)_{tot} < 0$ and $\epsilon = -1$ if $(\rho + 3p)_{tot} > 0$. Based on Padmanabhan’s assumption the universe can be divided as matter component, respecting the strong energy condition $(\rho + 3p)_{tot} > 0$, and dark energy component, violating the strong energy condition $(\rho + 3p)_{tot} < 0$. Hence, the bulk degrees of freedom reads as

$$N_{bulk} = N_{de} - N_m,$$  \hfill (31)

where the indexes “$m$” and “$de$” represent matter and dark energy, respectively. So, we have

$$N_{de} - N_m = -\epsilon \frac{16\pi^2 (\rho + 3p)_{tot}}{3H^4}.$$  \hfill (32)

Then, using the equation (26), the Padmanabhan’s equation can be written as follows

$$\frac{dV}{dt} = N_{sur} - N_{bulk} = N_{sur} + N_m - N_{de},$$  \hfill (33)

where $N_{sur}$ and $N_m$ and $N_{de}$ are given by the equations (27) and (28). On the other hand, because spin is the degrees of freedom of the matter field filling the universe, regarding the equations (10), (13) and (19), it would be natural to write the total contribution of matter as $N_m = N_{em} - N_{spin}$, where “$em$” stands for “energy – momentum”. In this regard, one can rewrite the equation (33) as

$$\frac{dV}{dt} = N_{sur} + N_{em} - N_{spin} - N_{de},$$  \hfill (34)

where the degrees of freedom related to the spin of matter content are given by

$$N_{spin} = \frac{16\pi V \sigma^2}{T}.$$  \hfill (35)

The equation (34) indicates that there are four modes of degrees of freedom for a cosmos filled by the dark energy fluid and the matter content possessing spin-spin interactions. For such a universe, other than the surface degrees of freedom, the energy-momentum degrees of freedom and the ones related to the dark energy, there are additional degrees of freedom which lie in its spin sector. In this line, both of the spin and dark energy sectors contribute a “negative number of degrees of freedom”. Moreover, using equations (35) and (24), the spin degrees of freedom will be

$$N_{spin} = \frac{8\rho_0 V}{T} a^{-6}.$$  \hfill (36)

This relation shows that the spin degrees of freedom is vanishing at late time. This is because of that the spin density and consequently its contribution to Eq. (33) is very weak at low energy limits, i.e at the late times of the Universe, in contrast

\(^1\) Note that the area law $S = A/4L_p^2$ as the saturation of the Bekenstein limit [62] is completely justified solely in the context of general relativity and is not correct in general in modified theories, see [68]. However, one may argue that true gravitational degrees of freedom are that of GR only, and the effect of torsion is to modify the right hand side and effectively acts as an additional energy-momentum tensor, restoring the $A/4L_p^2$ law.
to the high energy limits in the very early universe where the evolution of universe can be considerably affected by it. On the other hand, although the Universe is not pure de Sitter, however it evolves toward an asymptotically de Sitter phase. Then, in order to reach the holographic equipartition, we demand \( \frac{dV}{dt} \to 0 \) in the equation \( 33 \) which requires \( N_{\text{sur}} = N_{\text{bulk}} \). To understand the feature of \( N_{\text{spin}} \), it is better to look at equation \( 33 \) without this term. Following the discussion of Padmanabhan, one can consider that \( N_{\text{bulk}} \) includes two parts. The first one is related to the normal matter sector respecting the strong energy condition and the second one related to the dark energy sector violating the strong energy condition \( 7 \). This provides the possibility of dividing the degrees of freedom of the bulk into two parts, one arising from the degrees of freedom of dark energy leading to deceleration and the other one arising from the degrees of freedom of normal matter leading to deceleration. Then, equation \( 33 \), without \( N_{\text{spin}} \) term, takes the form of \( \frac{dV}{dt} = N_{\text{sur}} + N_{\text{em}} - N_{\text{dc}} \). Therefore, there is no hope for reaching the holographic equipartition for a universe without a dark energy sector \( 4 \). In reference \( 69 \), the Padmanabhan’s emergent scenario is investigated in a general braneworld setup. It is found that the Padmanabhan’s relation takes the form \( \frac{dV}{dt} = N_{\text{sur}} - N_{\text{bulk}} - N_{\text{extr}} \) where \( N_{\text{extr}} \) is referred to the degrees of freedom related to the extrinsic geometry of a four dimensional brane embedded in a higher dimensional ambient space, while \( N_{\text{sur}} \) and \( N_{\text{bulk}} \) are exactly the same as before. Moreover, it is shown that one can avoid of the term \( N_{\text{dc}} \) denoting dark energy which has been previously proposed by Padmanabhan. This is because, the geometrical component \( N_{\text{extr}} \) arising from the brane extrinsic geometry, representing a geometrical dark energy \( 71 \), can play the role of \( N_{\text{dc}} \). However, in the framework of EC theory, the spin term cannot completely play the role of dark energy or cosmological constant leading to the satisfaction of holographic equipartition law, because the corresponding degrees of freedom in equation \( 33 \) are vanishing at late time, see equation \( 39 \), leading to \( \frac{dV}{dt} > 0 \) in the absence of dark energy. Then, unlike in \( 69 \), although the spin sector in EC framework plays an important role in the early stages of universe with a repulsive gravitational effect, at late times the cosmological constant or dark energy term proposed by Padmanabhan is required again to achieve the holographic equipartition in this model. This fact is in agreement with the result obtained in \( 71 \) where the luminosity distance is implemented to test the models using the supernovae type Ia observations. There, the authors showed that although a cosmological model with a spin fluid is admissible but the cosmological constant is still required to explain the accelerating expansion of the universe. Consequently, the spin fluid can not be considered as an alternative to the cosmological constant description of the dark energy.

IV. THERMODYNAMICS OF AN EINSTEIN-CARTAN COSMOLOGY

In recent years, the connection between gravitation and thermodynamics have received much attention, see for example \( 1 \) and \( 3, 72, 73 \), where the first and second laws of thermodynamics are vastly investigated. Through this section, first we obtain the unified first law of thermodynamics based on the \((0,0)\) component of the Einstein field equations introduced by Hayward, see \( 76, 77 \) and \( 78 \). Then, we investigate the generalized second law of thermodynamics for the Einstein-Cartan cosmos.

A. Unified First Law of Thermodynamics

The Hubble horizon \( H^{-1} \) can be understood as an apparent horizon of the flat FLRW universe\(^2\) \( 79 \). By calculating the derivative of \( \frac{1}{r_H} = H \) with respect to the cosmic time, we easily have \( -\frac{1}{r_H^3} \frac{dr_H}{dt} = \frac{d}{dt} (\rho - 2\pi\sigma^2) = \frac{4\pi}{3} \rho_{\text{tot}}. \) \( (37) \)

One can simplify this equation using the generalized conservation law in Eq.\((20)\) as follows

\[
\frac{1}{2\pi r_A^3} dS = d\tilde{r}_A = 4\pi r_A^3 H (\rho_t + p_t) dt.
\] \( (38) \)

On the other hand, the temperature can be obtained as \( 3 \)

\[
T_H = \frac{1}{2\pi r_A} \left( 1 - \frac{\tilde{r}_A}{2H r_A} \right).
\] \( (40) \)

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\(^2\) The dynamical apparent horizon, i.e. \( \tilde{r}_A = a(t) r \), can be obtained from the equation \( h^{\alpha\beta} \partial_\alpha \tilde{r}_A \partial_\beta \tilde{r} = 0 \) where \( h^{\alpha\beta} \) is the non-spherical part of the FLRW metric.

\(^3\) The Apparent horizon temperature can be calculated by \( T_H = \frac{\kappa}{2\sqrt{\rho}} \) where \( \kappa = \sqrt{\frac{2}{3}H} \rho_0 (\sqrt{-g} h^{\alpha\beta} \partial_\beta \tilde{r}) = -\frac{\tilde{r}_A}{r_A} \left( 1 - \frac{\tilde{r}_A}{2H r_A} \right) = \frac{\tilde{r}_A}{2H r_A} (2H^2 + H) \) and \( h \) is the determinant of the non-spherical part of FLRW metric. In contrast of Jacobson’s approach which temperature connects to local Rindler observers. Here, temperature could be mea-
Then, combining the equations (39) and (40) leads to 
\[ T_H dS = 4\pi \dot{r}_A^2 H (\rho_t + p_t) dt - 2\pi \dot{r}_A^2 (\rho_t + p_t) d\tilde{r}_A. \] (41)

We also have the total intrinsic energy as
\[ dE = -4\pi \dot{r}_A^2 H (\rho_t + p_t) dt + 4\pi \dot{r}_A^2 \rho_t d\tilde{r}_A, \] (42)
as well as the work density [76–78] as follows
\[ W \equiv -\frac{1}{2} T^{\alpha\beta} h_{\alpha\beta} = \frac{1}{2} (\rho_t - p_t), \] (43)
where \( T^{\alpha\beta} \) is the effective energy-momentum tensor of the EC cosmos. Therefore, the unified first law of thermodynamics can be obtained in a straightforward manner by combining the equations (11), (12) and (43) as
\[ dE = -T_H dS + W dV. \] (44)

In addition, from the equation (39), we have
\[ \dot{S} = -2\pi \left( \frac{H}{H^3} \right), \] (45)
for the surface entropy. Therefore, from the equations (39) and (44), it is seen that if the null energy condition holds, i.e., \( \rho_t + p_t \geq 0 \), the surface entropy always increases in the expanding universe and we have \( H \leq 0 \).

### B. Generalized Second Law of Thermodynamics (GSL)

In order to studying the generalized second law of thermodynamics, we consider the Gibbs equation
\[ T_H dS_b = d (\rho_t V) + p_t dV = V d\rho_t + (\rho_t + p_t) dV, \] (46)
for the total matter content inside the bulk where we used the subscript “\( b \)” to denote the entropy of inside of the bulk [81].

By combining the definition of the Hubble volume and equations (18) and (19), we obtain
\[ T_H dS_b = \frac{H}{H^3} (\dot{H} + H^2). \] (47)

Then, the total entropy can be divided into two parts, the total entropy inside the bulk \( S_b \) and the part related to the surface \( S \) as \( S_t \equiv S + S_b \). By combining the modified Friedmann equations (18) and (19) and (45), we have
\[ T_H \frac{dS_b}{dt} = \frac{H^2}{2H^4}. \] (48)

Consequently, for an accelerating expanding universe with \( H > 0 \), the generalized second law of thermodynamics always holds in the framework of the Einstein-Cartan cosmology.

### V. Covariant Entropy Conjecture and Emergent Universe Scenario

**IN EINSTEIN-CARTAN THEORY**

In this section, we follow the approach of [84]. We have the following condition on the Padmanabhan’s formula for an expanding Universe
\[ \frac{dV}{dt} \geq 0, \] (49)
which requires
\[ N_{\text{sur}} - N_{\text{bulk}} \geq 0. \] (50)

where \( N_{\text{sur}} \) and \( N_{\text{bulk}} \) are given by the equations (??) and (28). So, one can rewrite the equation (50) as follows
\[ N_{\text{spin}} + N_{\text{de}} - N_{\text{em}} \leq N_{\text{sur}}, \] (51)
where using the \( N_{\text{sur}} \) given by the equation (27), we have
\[ \frac{1}{4} (N_{\text{spin}} + N_{\text{de}} - N_{\text{em}}) \leq S. \] (52)

This relation represents the existence of a lower bound for the entropy of a cosmological system in the framework of the emergent scenario. On the other hand, the covariant entropy conjecture imposes an upper bound for the entropy of any thermodynamical system as [85]
\[ S \leq \frac{A}{4}, \] (53)
where \( A \) is the area of the smallest sphere circumscribing the system. Here, one may argue that it is not clear at all that how [85] applies to the Einstein-Cartan theory, since the original derivation was for general relativity. We refer the reader to the Appendix C, where we discussed on the validity of [85] in the context of the Einstein-Cartan theory. Then, for the Universe enclosed by the Hubble horizon \( \tilde{r}_H \), we have \( 0 \leq \frac{1}{4} (N_{\text{spin}} + N_{\text{de}} - N_{\text{em}}) \leq S \leq \pi \tilde{r}_H^2 \). So, regarding the inequalities (52) and (53), we find
\[ \frac{1}{4} (N_{\text{spin}} + N_{\text{de}} - N_{\text{em}}) \leq S \leq \pi \tilde{r}_H^2, \] (54)
which gives a total restriction for the entropy of a cosmological system in the framework of the emergent scenario. In the absence of the dark energy component, the lower bound of the entropy may be taken negative value for the late times, due to the vanishing behavior of the spin component. This is not physically acceptable and consequently the demand for the existence of the dark energy component is also seen here. One can also rewrite the inequality as

$$\frac{4\pi V\sigma^2}{T} + \frac{|\rho + 3p|_{de}V}{2T} - \frac{(\rho + 3p)_{em}V}{2T} \leq S \leq \pi \tilde{r}_H^2. \tag{55}$$

Then, using the Hawking temperature $T = \frac{H}{2\pi}$, the horizon radius $\tilde{r}_H = \frac{1}{H}$ and the Hubble volume $V = \frac{4}{3}\pi \tilde{r}_H^3$, we arrive at the following inequality regarding the upper bound

$$8\pi\sigma^2 + |\rho + 3p|_{de} - (\rho + 3p)_{em} \leq \frac{3}{4\pi} H^2, \tag{56}$$

representing that for such an expanding thermodynamical system, the total effective Komar energy never exceeds the square of the expansion rate with a factor of $\frac{3}{4\pi}$. Then, considering both of the covariant entropy bound and the bound resulted from the emergent scenario the evolution of the density and pressure profiles in the Universe will be restricted as in [50]. The equality case occurs for the static state $H = 0$, as for the pure de Sitter universe, and consequently we arrive at $8\pi\sigma^2 + |\rho + 3p|_{de} - (\rho + 3p)_{em} = 0$ indicating the balance between the effective repulsive and attractive effects.

VI. CONCLUSION

According to the Padmanabhan’s emergent proposal, the accelerated expansion of the Universe can be driven by the difference between the surface degrees of freedom and the bulk degrees of freedom in a region of space. The dynamical emergent equation is represented by the relation $dV/dt = N_{sur} - N_{bulk}$ where $N_{sur}$ and $N_{bulk} = N_{em} - N_{de}$ are the degrees of freedom assigned to the surface area and the matter-energy content inside the bulk, respectively such that the indexes “$em$” and “$de$” represent energy-momentum and dark energy, respectively. In the present work, spin degrees of freedom in the framework of Einstein-Cartan (EC) theory are investigated. In this regard, based on the modification of Friedmann equations due to the spin-spin interactions, a correction term for the Padmanabhan’s relation including the number of degrees of freedom related to this spin interaction is obtained as $\Delta V/\Delta t = N_{sur} - N_{bulk}$ where $N_{bulk} = N_{em} - N_{spin} - N_{de}$ in which $N_{spin}$ is the corresponding degrees of freedom related to the intrinsic spin of the matter content of the Universe. It is seen that both of the spin and dark energy sectors contribute a negative number of degrees freedom. Also, it is shown that although the spin degrees of freedom can play an important role in the early stages of universe, but for the late times the cosmological constant or dark energy term proposed by Padmanabhan is also required here to achieve the holographic equipartition in this model. Moreover, the unified first law of thermodynamics for the Einstein-Cartan cosmos is obtained. It is shown that for an accelerating expanding universe, the generalized second law of thermodynamics always holds in the framework of this cosmological model. Finally, by considering the covariant entropy conjecture and the bound resulted from the emergent scenario, a total entropy bound is obtained. Using this bound, it is shown that for the universe as an expanding thermodynamical system, the total effective Komar energy never exceeds the square of the expansion rate with a factor of $\frac{3}{4\pi}$.

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Appendix A

For the expectation value of the $\tau^{\mu\nu}$ tensor given by the equation [5], we start with

$$\tau^{\mu\nu} = 8\pi G\{-4\tau_{\mu[\alpha}^{\nu\beta]\alpha} - 2\tau_{\mu\alpha\beta}\tau^{\nu\alpha\beta} + \tau_{\alpha\beta\mu}^{\alpha\beta}\nu\}
+ \frac{1}{2} g^{\mu\nu} \left(4\tau_{\lambda\alpha\beta}^{\alpha\beta\lambda} + \tau_{\alpha\beta\lambda}^{\alpha\beta\lambda}\right), \tag{57}$$

in which regarding the definitions in [29] and antisymmetric properties with respect to $\alpha$ and $\beta$ indices, it reads as

$$<\tau^{\mu\nu}> = 2\pi G\{-4u^\mu u^\nu - S^{\alpha[\beta} S^{\beta\alpha]}\}
+ 2u^\mu u^\nu - S^{\alpha\beta} S_{\alpha\beta} >
+ u^\mu <S^{\beta\alpha} S_{\alpha\beta} >
+ \frac{1}{2} g^{\mu\nu} \left(4u^\lambda u^\lambda <S^{\alpha[\beta} S^{\beta\alpha]} >\right)
+ \frac{1}{2} g^{\mu\nu} u^\lambda u^\lambda <S^{\alpha\beta} S_{\alpha\beta} >, \tag{58}$$
which leads to
\[
< τ^{\mu\nu} > = 2πG \{-2u^\mu u^\nu < (S^\alpha_\beta S^\beta_\alpha - S^\alpha_\alpha S^\beta_\beta) > 
- 2u^\mu u^\nu < S^\alpha_\beta S^\alpha_\beta > 
+ u^\mu u^\nu < S^\alpha_\beta S^\beta_\alpha > 
+ \frac{1}{2}g^{\mu\nu} < 2(S^\alpha_\beta S^\beta_\alpha - S^\alpha_\alpha S^\beta_\beta) > 
+ \frac{1}{2}g^{\mu\nu} u^\lambda u^\lambda < S^\alpha_\beta S^\beta_\alpha > \}. \tag{59}
\]

Regarding that \( S^{\mu\nu} \) is an antisymmetric tensor, then its trace vanishes and consequently the second terms in the first and forth rows vanish. Then, again due to anti-symmetry property of \( S^{\mu\nu} \) and \( \langle S_{\mu\nu}S^{\mu\nu} \rangle = 2σ^2 \), we arrive at
\[
< τ^{\mu\nu} > = 4πσ^2u^\mu u^\nu + 2πGσ^2g^{\mu\nu}. \tag{60}
\]
One can use the same approach to find \( < T^\mu_\alpha T^\nu_\beta > = -8πGσ^2u^\mu u^\nu \) in \( \|3\| \).

**Appendix B**

One may argue about the negative contribution of the spin density in total energy density \( \|10\| \) and violation of the energy conditions by the spin fluid. One can find justification for this argument by looking at the Raychaudhuri equation. Indeed, a similar effect happens in the Raychaudhuri equation by the vorticity. This can be verified by the Raychaudhuri equation in the Einstein-Cartan universes obtained in \( \|86\| \) as
\[
\tilde{Θ}' = \frac{1}{3} \tilde{σ}^2 - \frac{1}{2}κ(ρ + 3p) - 2(\tilde{σ}^2 - \tilde{ω}^2) 
+ \frac{1}{2}κ^2S^2 + ..., \tag{61}
\]
where \( \tilde{σ} \) and \( \tilde{ω} \) indicate purely Riemannian environments and \( \tilde{σ}^2, \tilde{ω}^2 \) and \( S^2 \) are the magnitudes of the shear, vorticity and spin tensors. This relation shows that the vorticity and spin/torsion degrees of freedom have a rather similar nature acting against the attraction of gravity. Both of the vorticity and spin/torsion arise with an opposite sign relative to the ordinary matter energy density in the Raychaudhuri equation.

Also, one may argue about the absence of a real solution for \( Ḥ \) through the relation \( \|18\| \) at early time if the spin fluid dominates to the usual perfect fluid. This issue is resolved in the context of the non-singular cosmological models such as bouncing \( \|87\| \) or emergent cosmologies \( \|89\| \). For these cosmologies at the bounce point, we have \( Ḥ = 0 \) meaning that the attracting effect of usual prefect fluid is balanced by the repulsion effect of the spin/torsion fluid leading to a bouncing solution for \( Ḥ \). In this context, the time derivative of the Hubble parameter satisfies the condition \( Ḥ > 0 \) at the bouncing point, so that the universe possesses the ability for transition from a contracting phase to an expanding one \( \|87\| \|89\| \). In such a scenario \( \|88\| \), as the universe contracts the total density \( ρ_\text{tot} \) increases like \( 1/t^2 \), as usual, but then torsion kicks in and the maximal density is reached. Then, as the universe continues to contract further, the density decreases, due to the negative contribution of spin fluid, until it reaches zero and a bounce occurs at the corresponding non-zero scale factor \( a_0 \). After the bounce, the density at first starts to increase with expansion, until the same maximum total energy density, i.e \( ρ_\text{tot}^\text{max} \), is reached again. Then, it begins to decrease with the expansion according to the usual behaviour as \( ρ_\text{tot} \propto 1/t^2 \). Here, torsion induces a phantom period around the bouncing point such that the total equation of state parameter, i.e \( ω_\text{tot} \), becomes infinitely negative at the bounce, because \( ρ_\text{tot} < 0 \) is finite while \( ρ_\text{tot} = 0 \). After that, when torsion becomes sub-dominant, \( ω_\text{tot} \) goes to zero, as in usual cosmological history of the Universe.

**Appendix C**

Here we discuss on the validity of \( \|53\| \) in Einstein-Cartan theory incorporating torsion field, regarding that the original derivation was for Einstein’s GR.

The original derivation of the relation \( S ≤ A/4 \) by Bousso was for the general relativity. However, one may check the validity of this relation by checking its basic requirements given in \( \|85\| \). In this Ref, we find the question ”Given a two-dimensional surface B of area A, on which hypersurface H should we evaluate the entropy S?” According to the Bousso’s answer to this question, we also find the statement “In order to construct a selection rule, let us briefly return to the limit in which Bekenstein’s bound applies. For a spherical surface around a Bekenstein system, the enclosed entropy cannot be larger than the area. But the same surface is also a boundary of the infinite region on its outside. The entropy outside could clearly be anything. From this we learn that it is important to consider the entropy only on hypersurfaces which are not outside the boundary”. The terminology “outside” is defined by Bousso as “We start at B, and follow one of the four families of orthogonal light-rays, as long as the cross-sectional area is decreasing or constant. When it becomes increasing, we must stop. This can be formulated technically by demanding that the expansion of the orthogonal null congruence must be non-positive, in the direction away from the surface B”. Therefore, here we just need to check that can we find such a null surface in the context of Einstein-Cartan theory or not? To answer this question, we refer to the
Raychaudhuri equation in the Einstein-Cartan universes as obtained in the last section of [86]. Following the authors of [86], the effect of spin fluid can be highlighted further if we momentarily consider the familiar general-relativistic scenario of purely gravitational forces acting on an irrotational and shear-free perfect fluid with spin. Then, the equation (61) reduces to

\begin{equation}
\dot{\Theta} = -\frac{1}{3} \Theta^2 - \frac{1}{2} \kappa (\rho + 3p) + \frac{1}{2} \kappa^2 S^2 + \Lambda. \quad (62)
\end{equation}

Then, as discussed by the authors, the spin term on the right-hand side of the above equation plays the role of an effective (positive) cosmological constant (when \( s = \text{constant} \)), or that of a quintessence field (when \( s = s(t) \)). Thus, the spin effect in the Raychaudhuri equation of the Einstein-Cartan universe by the Weyssenhoff fluid appears as a shift in the cosmological constant of the Einstein general relativity theory. Then, the whole behaviour of congruences of geodesic in Einstein-Cartan theory is the same as in GR, except for a shift in the cosmological constant. Consequently, if we can find the appropriate boundary surface in GR, then we are also able to define such a surface in Einstein-Cartan theory. Therefore, the application of entropy bound introduced by Bousso is also allowed in Einstein-Cartan theory.
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