First Isolation of Rickettsia slovaca from a Patient, France

To the Editor: Rickettsia slovaca is a bacterium that infects Dermacentor marginatus ticks in central and western Europe. First detected in ticks, the bacterium was subsequently identified with genomic amplification by using polymerase chain reaction (PCR) followed by sequencing in a skin biopsy from a French patient (1). We describe the first isolation of the organism from a patient.

A 79-year-old woman from St. Etienne, France, found a tick on the parietal area of her scalp 6 days after she returned from a trip to rural southern Burgundy. The tick was removed and subsequently identified as an adult female D. marginatus tick. The patient saw a physician 1 day later for low-grade fever (38°C) and myalgia. She was given amoxicillin (3 g once a day), but the fever worsened. She was examined at University Hospital on September 24, 2001, 4 days later. At that time, the patient had a fever; the site of the tick bite showed a necrotic black lesion surrounded by an erythematous halo 4 cm in diameter. Right cervical lymphadenopathy and a papular rash consisting of 10 pink spots on the thorax and arms were observed. Routine blood tests were within normal ranges but asparate aminotransferase (53 IU; normal <45), creatine phosphokinases (140, normal <120), and lactate dehydrogenases (890, normal <620) were elevated. A skin biopsy from the patient’s scalp, serum, and the tick were sent to Marseille to test for possible rickettsial infection. The patient was treated with doxycycline (200 mg once a day, 15 d), and her condition improved. At a check-up 1 month later, she complained of fatigue and insomnia; 2 months later, she had recovered completely, although alopecia still appeared at the site of the tick bite.

R. slovaca was demonstrated in the tick and the biopsy by using PCR with primers derived from the citrate synthase and the rOmpA genes as previously reported (2). R. slovaca was found in human embryonic lung cells (2), 3 days after the cells were injected with the skin-biopsied material. Seroconversion, determined by indirect immunofluorescence, occurred with titers to both R. slovaca and R. conorii of <1/8 and 1/128 in acute- and convalescent-phase sera (sampled 2 months later), respectively.

R. slovaca, first identified in dermacentor ticks from Slovakia, has subsequently been found in both D. marginatus and D. reticulatus in France, Switzerland, Portugal, Spain, Armenia, and Germany (3). Since the first human infections with R. slovaca were reported, patients with similar clinical signs have been observed in France and Hungary (4). Some of these cases have been confirmed by PCR and others by serology (3), although serologic titers are frequently low and show cross-reactions with other Rickettsiae. We have described the isolation of R. slovaca from a patient, which provides the first definitive evidence that R. slovaca is a human pathogen. Clinical signs of infection consist of a skin lesion at the site of a tick bite on the scalp (often a dermacentor tick) and regional lymphadenopathy that may be painful. Fever and rash develop subsequently, and the acute disease can be followed by fatigue and residual alopecia at the site of the bite. The disease may be prevalent within the distribution range of D. marginatus and D. reticulatis in southern, western, and central Europe. This new spotted rickettsiosis should be added to the list of recognized rickettsial diseases, mainly those caused by R. africae (5), R. felis (6) and R. mongolotimonae (7,8).

C. Cazorla,* M. Enea,† F. Lucht,* and D. Raoult†

*Centre Hospitalier Universitaire de Saint Etienne, Saint Etienne, France; and †Université de la Méditerranée, Marseille, France

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Address for correspondence: Didier Raoult, Unité des Rickettisies, CNRS: UPR F 6020, Faculté de Médecine, Université de la Méditerranée, 27, Boulevard Jean Moulin, 13385 Marseille cedex 05, France; fax: 33-04-91-83-0390; e-mail: Didier.Raoult@medecine.univ-mrs.fr

Enteropathogenic Klebsiella pneumoniae HIV-Infected Adults, Africa

To the Editor: Although Klebsiella pneumoniae lives as a commensal in the intestine, this bacterium can occasionally cause diarrhea in HIV-negative persons (1–4). Some of these diarrheagenic strains encode thermostable or thermolabile toxins (2). One group of researchers showed that a
K. pneumoniae strain isolated from bloody diarrhea can bind to HeLa cells and cytoskeletal proteins, such as the actin that accumulates at the point of bacterium-host contact (3). However, this isolate did not contain any of the genes encoding virulence factors that have been ascribed to pathogenic Escherichia coli strains and are responsible for bloody diarrhea or dysenteric syndromes (3).

In Bangui, the rate of isolation of pure cultures of K. pneumoniae from the stools of immunocompromised HIV-infected adults with chronic diarrhea is increasing. This finding was observed during the routine biological analyses performed in the Pasteur Institute Medical Laboratory and is consistent of that made by Gassama et al. in Dakar (5). The role of K. pneumoniae in HIV-infected adults is not well documented. As no other known enteric pathogens were isolated from these samples, we conducted a case-control study in Bangui in 1999–2001 to determine the clinical significance of K. pneumoniae. The study population included 31 adults hospitalized with chronic diarrhea and 31 matched controls. (Because of civil unrest in Bangui due to military rebellions and the difficulties involved in recruiting controls, the study was performed on a small sample.) To be included in the study, the patients had to be HIV positive, be ≥18 years of age, have provided a stool sample containing K. pneumoniae on the day of recruitment, and have given informed consent. Inclusion criteria were the same for controls except that they did not have diarrhea on the day of recruitment or in the previous month. Controls were family members or neighbors of the patients, matched by age (within 5 years) and sex. Specimens from cases and controls were collected over the same 1-month period. Known enteric pathogens were identified by standard methods as described (6). Endoscopic examinations were used to diagnose pseudomembranous colitis in patients with bloody chronic diarrhea or watery chronic diarrhea. The median CD4+ cell count was 122 cells/mL in the patients and 436 cells/mL in the controls. AIDS-related symptoms were observed in all of the cases (Centers for Disease Control and Prevention [CDC] stage C2 or C3) and none of the controls (CDC stage A1). Of the 31 patients, 7 (22.6%) had bloody chronic diarrhea, 9 (29%) had watery chronic diarrhea, and 15 (48.4%) had mild chronic diarrhea. Pseudomembranous colitis was diagnosed in nine patients (six with bloody diarrhea, three with watery chronic diarrhea) who had been taking several antibiotics, including ampicillin, for a long period (>1 month). Five K. pneumoniae colonies were randomly picked up from each case sample and examined. Control colonies were chosen if their appearance suggested K. pneumoniae. The mean number of strains tested was 4.99 for patients and 4.64 for controls (not significant, p=0.969). All of the enteric bacteria isolated from the patients and grown on nonselective bromocresol purple medium were K. pneumoniae, whereas an average of 10% to 20% of the enteric bacteria isolated from the controls were K. pneumoniae. We used assays typically used to identify the virulence factors of diarrheagenic E. coli (7) to characterize the virulence properties of the K. pneumoniae isolates, their genotypes, and their phenotypes (their ability to bind to cultured HEp-2 cells and to promote cytoskeleton modifications [fluorescent actin staining test], to invade epithelial cells, to produce enterotoxins and cytotoxins, and to induce fluid accumulation in the intestines of newborn mice). The rabbit ligated ileal loops test was performed when the genetic or phenotypic (on Vero or Y1 cells) tests were positive for toxins. All isolates from 27 patients (7, 9, and 11 with bloody, watery, and mild chronic diarrhea, respectively) and two of the isolates from one control displayed an aggregative adherence phenotype on HEp-2 cells. This phenotype appeared to be significantly associated with chronic diarrhea (27/31 cases vs. 1/31 controls, χ²=40.7, p<10⁻⁶). All HEp-2–adherent K. pneumoniae isolates from six of the patients produced toxins. The culture supernatants of the HEp-2–adherent K. pneumoniae strains isolated from four of the patients with bloody chronic diarrhea and pseudomembranous colitis had cytotoxic effects on Vero and Y1 cells, as characterized by the rounding of cells after 24 h, followed by their detachment from the culture plate and death after 72 h. These effects were not neutralized by rabbit antisera raised against the Shiga toxin or the cholera toxin. The HEp-2–adherent K. pneumoniae strains isolated from two patients with watery chronic diarrhea were enterotoxigenic in ligated rabbit ileal loops. Only the HEp-2–adherent K. pneumoniae strains isolated from one patient with watery chronic diarrhea and pseudomembranous colitis (5 strains) and from four patients with mild chronic diarrhea (20 strains) carried sequences related to virulence genes from pathogenic enteropathogenic E. coli. These isolates were all positive for the astA gene, which encodes the EAST1 toxin, and for the genes that produce the AAF/1 fimbriae.

K. pneumoniae is normally resistant to β-lactams. Multidrug-resistant K. pneumoniae have been reported (1). All K. pneumoniae isolates in this study were resistant to several antibiotics including cotrimoxazole and ampicillin, which are largely used in Bangui according to the recommendations of the World Health Organization (8). In addition to the nonspecific measures used to correct and prevent fluid, electrolyte, and nutritional imbalances, all persons with bloody and watery chronic diarrhea (including those with pseudomembranous colitis) and 5 of the 15 patients with mild chronic diarrhea (10 were lost to follow-up) were treated with ofloxacin (800 mg/day) or ceftriaxone (2 g/day), based on the results of antimicrobial susceptibility testing. The state of all patients with pseudomembranous colitis and mild chronic diarrhea, and of
five of the patients with watery chronic diarrhea (one patient died), improved within 10 days of treatment.

In Dakar, during the study describing ordinary and opportunistic entero-pathogens associated with diarrhea in adults (5), stool samples were collected from five HIV-infected adults with watery chronic diarrhea. In all cases, heavy K. pneumoniae growth was observed on the primary culture media, and no other known pathogens were recovered. These K. pneumoniae strains were subjected to the same phenotypic and genotypic tests as the strains isolated in Bangui. HEp-2–adherent K. pneumoniae was identified in four of these five samples. The condition of all the patients rapidly improved with treatment with ofloxacin. In Bangui and Dakar, repeated stool cultures were negative for K. pneumoniae by the end of treatment, providing further evidence that these K. pneumoniae were of etiologic importance, especially the HEp-2–adherent K. pneumoniae strains.

Only seven patients (four with mild, two with watery, and one with bloody chronic diarrhea) had not taken antibiotics during the 2 weeks before stool collection. The stool specimens from these seven patients yielded pure primary cultures of HEp-2–adherent K. pneumoniae and no other bacterial enteric pathogens. None of these seven participants was diagnosed with pseudomembranous colitis. The HEp-2–adherent K. pneumoniae strains isolated from the two participants with watery chronic diarrhea induced the accumulation of fluid in ligated rabbit ileal loops, and the HEp-2–adherent strains isolated from three of the participants with mild chronic diarrhea carried the astA gene, which is associated with pathogenic EAEC. Among the five patients with pseudomembranous colitis, all of whom had received antibiotics before the onset of illness, we found that the four isolates from the patients with bloody chronic diarrhea were cytotoxic; the one isolate from the patient with watery chronic diarrhea had the pathogenic marker for entero-aggregative E. coli. These findings suggest that not only is K. pneumoniae associated with chronic diarrhea in HIV-infected persons but also that infection with particular HEp-2–adherent K. pneumoniae subtypes may be associated with specific clinical illness.

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[Contact information for correspondence]

**Granulomatous Lymphadenitis as a Manifestation of Q Fever**

To the Editor: Q fever is a worldwide zoonosis caused by the obligate intracellular pathogen Coxiella burnetii (1). Human infection is usually the result of exposure to infected cattle, sheep or goats. Acute Q fever may be asymptomatic or manifest as a self-limiting febrile illness, pneumonia, hepatitis, or meningoencephalitis. Most cases of acute Q fever will resolve without sequelae, but endocarditis, granulomatous lymphadenitis, osteomyelitis, and endovascular infections are well-documented manifestations of chronic C. burnetii infection (1). Recently, various atypical manifestations of acute (2), and chronic (3) Q fever have been reported as well as changing clinical presentation of Q fever endocarditis (4) and changing epidemiology of Q fever (5). Researchers have suggested that heightened awareness of Q fever among doctors, coupled with improved diagnostic methods, could increase the medical knowledge about this difficult-to-diagnose and difficult-to-treat infection (4). We report two cases of granulomatous lymphadenitis associated with C. burnetii infection.

A 70-year-old man was admitted to the hospital because of weight loss, night sweats, and a continuous high-