Temporal Phylogeny and Molecular Characterization of Echovirus 30 Associated With Aseptic Meningitis Outbreaks in China

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Research Article

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Abstract

Background

An outbreak of aseptic meningitis occurred from June to August 2016, in Inner Mongolia Autonomous Region, China.

Methods

To determine its epidemiological characteristics, etiologic agent, and possible origin, specimens were collected for virus isolation and identification, followed by molecular epidemiological analysis.

Results

Most cases (63.1%, n = 229) were identified between June 22nd and July 17th, with children aged 6 to 12 years constituting the highest percentage (68.9%, n = 250). All viral isolates from this study belonged to genotype C of echovirus 30 (E-30), which dominated transmission in China. To date, two E-30 transmission lineages have been identified in China, of which Lineage 2 was predominant. We observed fluctuant progress of E-30 genetic diversity, with Lineage 2 contributing to increased genetic diversity after 2002, whereas Lineage 1 was significant for the genetic diversity of E-30 before 2002.

Conclusions

We identified the epidemiological and etiological causes of an aseptic meningitis outbreak in Inner Mongolia in 2016, finding that Lineage 2 played an important role in recent outbreaks. Moreover, we found that Gansu province could play an important role in E-30 spread and might be a possible origin site. Furthermore, Fujian, Shandong, Taiwan, and Zhejiang provinces also demonstrated significant involvement in E-30 evolution and persistence over time in China.

Background

Aseptic encephalitis is a common infectious disease of the nervous system. A variety of viruses, such as Enteroviruses, Japanese encephalitis virus, mumps virus, adenovirus, and herpes simplex virus, can directly invade the brain parenchyma and cause aseptic encephalitis. Among these viruses, enteroviruses have become among the most common pathogens of viral encephalitis in China [1]. The clinical manifestations of aseptic encephalitis are mainly symptoms of brain parenchyma damage and intracranial hypertension, including fever, headache, and vomiting, as well as possible severe coma or convulsions. In some cases, enteroviruses cause large outbreaks with many severe and fatal cases [2, 3].

Echovirus 30 (E-30) is a member of genus Enterovirus, family Picornaviridae, and belongs to human enterovirus species B (EV-B) together with 62 other serotypes [4]. Globally, E-30 is among the most frequently identified enteroviruses and a major cause of aseptic meningitis (AM) [5–9]. In China, E-30 outbreaks have been reported in many provinces, including Zhejiang, Jiangsu, Shandong, Henan, Fujian, and Guangdong [7, 9–13]. Further, E-30 has a high isolation rate from patients with acute flaccid paralysis (AFP) and those with hand, foot, and mouth disease (HFMD), which is a new emerging concern that should promote extensive study on the inherent mechanisms involved [5–7, 12–14]. The AFP symptoms in immunosuppressed transplant recipients and outbreaks of acute myalgia and rhabdomyolysis in Brazil revealed severe non-neuropathic findings, expanding the variety of clinical symptoms caused by E-30, which should be noticed more [15, 16].

In this study, we reported an AM outbreak caused by E-30 in Tongliao City, Inner Mongolia, China, in 2016 and evaluated the epidemiological characteristics. We explored the genetic diversity and molecular characteristics of the isolates by sequence analysis of the VP1 coding region and the full-length genome. Additionally, we investigated the phylogenetic diffusion patterns and recombination events of E-30, which revealed the evolutionary features of E-30 in China. This study offers insight into the outbreak characteristics and evolutionary dynamics of E-30 in China.

Methods

Investigation of aseptic encephalitis outbreaks and sample collection

Based on the HFMD pathogen-surveillance system of the Inner Mongolia Provincial Center for Disease Control and Prevention, an epidemic of aseptic encephalitis in Tongliao city from June to August 2016 was recorded, and representative samples were collected for pathogen detection. The local Center for Disease Control and Prevention (CDC) staff collected the clinical samples from several local hospitals having patients with viral encephalitis. Use of their clinical samples was explained to the guardians of children, and written consent was provided by guardians of children to permit analysis of their clinical samples. Patients were classified as having a viral encephalitis infection if they presented neurological symptoms, such as encephalitis, seizures, unconsciousness, and autonomic nervous system dysregulation. In total, 363 cases were identified during this stage. Overall, 25 stool and cerebrospinal fluid (CSF) specimens were collected from children (age ≤ 15 years) at the peak and the end of the outbreak, which covered three counties of Inner Mongolia (Fig. 1a). The laboratory-confirmed evidence of aseptic encephalitis comprised infection with EV-A71, CV-A16, or other enteroviruses. Real-time reverse transcription polymerase chain reaction (RT-PCR) was the diagnostic method used for enterovirus detection, as described previously [17, 18].

Virus isolation and molecular typing

For further etiological study, virus isolation from positive samples was performed in human rhabdomyosarcoma (RD) cells and human epithelium larynx (HEp-2) cells. Infected cell cultures were harvested after complete EV-like cytopathic effect (CPE) was observed. All experimental protocols were performed in...
accordance with the guidelines approved by the World Health Organization, as reported previously [19–21]. We ultimately obtained 12 isolates with complete EV-like CPE. Molecular typing of enterovirus isolates was performed by one-step RT-PCR amplification of the VP1 region using E-30-specific primers described previously [13]. Unfortunately, we only harvested seven full-length VP1-coding-region sequences of E-30 due to RT-PCR failure. The primers used for full-length genome sequencing of one E-30 isolate were designed using a primer walking strategy.

**Bioinformatics analysis**

Seven genomic sequences sampled from different patients, including two full-length genomes, were incorporated into the molecular epidemiological analysis. A phylogenetic tree for E-30 genotyping was computed using the neighbor-joining method with 1000 bootstrap replicates in MEGA 7.0 software (https://www.megasoftware.net/), which implemented the same genotyping criteria described previously [9]. Genomic dataset mining for E-30 was performed and included genomic sequences from GenBank and this study. To better represent E-30 genetic diversity, we removed redundant E-30 sequences, resulting in 354 E-30 genomic sequences derived from various locations worldwide. Genome sequences were aligned using the MUSCLE method implemented in MEGA 7.0 software [22]. We constructed a maximum-likelihood phylogenetic tree using IQ-TREE software (http://www.iqtree.org/) with 1000 bootstrap replicates, and nucleotide acid-substitution models were inferred using ModelFinder with Bayesian information criteria [23, 24].

We implemented the Bayesian inference method in BEAST software (v.1.10.4) to investigate the phylodynamics of the genomes [25]. The maximum clade credibility (MCC) tree and coalescent-based Gaussian Markov random field (GMRF) skyride plots were explored using the SYM + G4 nucleotide-substitution model. We used the sampling times of genomic sequences to calibrate the molecular clock during each run. The time signals of datasets were assessed by the Bayesian evaluation of temporal signal (BETS) method and the root-to-tip method implemented in TempEst (v.1.5.3) [26, 27]. The results supported the sufficient temporal signals of the datasets in this study (See Supplementary Fig. S1, Additional File 1). We implemented 15 dataset runs combined with one genome substitution model, three different clock models, and five different coalescent tree priors. All genome sequences for Bayesian inference and acquired from different provinces of China were coded as discrete states. The asymmetric substitution model was used to infer the asymmetrical transmission rates between any pairwise region state, including the Bayesian stochastic search variable selection option [28, 29]. Path sampling and stepping stone sampling analyses in BEAST were used to choose the best parameters of Bayesian phylogenetic models [30]. We checked the convergence and effective sample size (> 200) of the parameters using Tracer software (v.1.7) [31]. We summarized the MCC tree using TreeAnnotator software (v.1.10.4), with a burn-in of the first 10% of the sampled trees. The demographic dynamics of E-30 in mainland of China were assessed using the GMRF method with a time-aware smoothing parameter [32]. The GMRF skyride plots were summarized and visualized using Tracer software (v.1.7.1), and ggtree (v.1.16.3) was used to manipulate the phylogenetic tree for the best performance [33, 34].

**Investigation of recombination signals**

The Recombinant Detection Program (v.4.46; RDP4) was used to screen recombination signals in our entire set of genomic sequences using seven methods (RDP4, GENECONV, MaxChi, Bootscan, Chimera, SiScan, and 3Seq) [35]. Briefly, the P2 and P3 coding-region sequences of the four strains were analyzed using the BLAST server (https://blast.ncbi.nlm.nih.gov/Blast.cgi) to compare their identity with sequences from GenBank. According to sequence similarities > 85%, these sequences were considered potential parents of the four strains and downloaded from GenBank. Phylogenetic incongruence between different regions with a p < 0.05 was considered strong evidence for recombination. We only considered recombination events that were identified by at least three methods. To confirm these putative recombination events, we utilized a smaller dataset that included the recombinant and parental strains for multiple screenings. The SimPlot program (v.3.5.1) was used for similarity plots and bootscanning analysis, with a 200-nucleotide window moving in 20-nucleotide steps [36].

**Results**

**Profile of the AM outbreak in Inner Mongolia, China**

From June to August 2016, hospitalization for AM increased markedly at Tongliao People's Hospital in Inner Mongolia, China, which attracted the attention of the local CDC staff. An epidemiological curve of AM based on surveillance data from this time period in Tongliao city, Inner Mongolia, was thus generated (Fig. 1a). A total of 363 patients were clinically diagnosed during this time, and the epidemic spread over three townships of Tongliao city (Kailu, Naimanqi, and Kequ), with the largest peak indicating that the maximum number of cases occurred between June 22nd and June 29th. Of the total number of cases, 63.1% (n = 229) were identified between June 22nd and July 17th, after which the cases gradually decreased, with certain turnovers during this progression. According to geographical distribution, Kailu and Naimanqi townships accounted for 58.4% (n = 222) and 32.8% (n = 119) of all cases, respectively, with children aged 0 to 5 years and 6 to 12 years constituting 15.7% (n = 57) and 68.9% (n = 250) of the cases, respectively (Fig. 1b). Children aged > 12 years accounted for only 4.1% (n = 15) of cases.

**Pathogen and genotype identification**

Twenty-five stool and CSF samples were inoculated into RD and HEp-2 cell lines for virus isolation, with complete EV-like CPE observed in 12 samples (48%). The full-length VP1 coding region of seven isolates was obtained and revealed ~ 98% nucleotide identity with E-30 genomes from GenBank (accession no. KP985773). To confirm the serotype of the isolates, we constructed a neighbor-joining phylogenetic tree based on the EV-B prototypes (See Supplementary Fig. S1, Additional File 1). The results showed that all isolates in this study clustered with the E-30 prototype, confirming the BLAST results. The VP1 coding region of isolates in this study shared 99% nucleotide similarity between themselves, revealing a single origin of the collective outbreak. All identified enterovirus isolates met the strain-identification criteria with the homologous serotypes, including at least 75% nucleotide or 85% amino acid homology between the enterovirus isolates and the prototype enterovirus strain [37]. The genotype of the isolates in this study was investigated based on the genotyping criteria for E-30 and previous reports [9, 38], with the results revealing that all isolates belonged to genotype C of E-30 (Fig. 2). Moreover, genotype C showed
Phylodynamics of E-30 in China

Two transmission lineages of E-30 had been previously identified in China according to a non-redundant genome dataset from China (See Supplementary Fig. S2, Additional File 1). The maximum-likelihood tree based on this dataset showed that Lineage 1 circulated from 1988 to 2010 in China and tended to have recently disappeared. Strains of Lineage 2 were detected from 2003 to the present time and dominated the spread and occurrence of the collective outbreaks. The AM outbreak in this study was caused by Lineage 2 of E-30, which showed a close phylogenetic relationship with the available strains isolated from Zhejiang, Jiangsu, Shandong, Sichuan, and Yunnan provinces of China (See Supplementary Fig. S2a, Additional File 1).

We implemented the Bayesian method to infer the phylogenetic relationships and transmission tendencies of E-30 in China, and the time signals of several datasets were checked using root-to-tip regression and BETS (See Supplementary Fig. S3, Additional File 1). All results supported the existence of time signals in the datasets, with R2 values of 0.86 and high Bayes factors (BFs). The MCC tree showed the turnovers of E-30 diffusion in China, revealing phylogenetic associations among different strains (Fig. 3). Consistent with the results of the maximum-likelihood tree, we observed two distant lineages in the MCC tree, which comprised a large number of genomes from outbreaks and surveillance reports [6, 11–13, 39]. The results showed that the branches of E-30 isolated from different provinces aggregated together, and that E-30 spread simultaneously in several provinces (Fig. 3b). For example, strains from Fujian province, China, were located in different clusters of Lineage 2, revealing the existence of multiple E-30 variants in that outbreak. Moreover, we observed the evolution of E-30 along a date clue, where strains from several provinces intersected, indicating the complicated diffusion dynamic of E-30. Several AM-related outbreaks caused by E-30 were recorded and annotated in the MCC tree, indicating that E-30 frequently induced AM outbreaks in China following its evolution and transmission and revealing the active status of E-30 in China.

We observed that outward migration from Sichuan and Gansu provinces was dominant, whereas inward migration was dominant in Fujian, Henan, Guangxi, and Inner Mongolia (Fig. 3a). The outward-migration events of Sichuan and Gansu were observed through high BF and posterior probability (PP) values (PP = 0.5 and BF > 3) (See Supplementary Table S1, Additional File 1). Further, the state counts were similar according to the outward and inward migrations in Shandong and Zhejiang, respectively. Other provinces of China showed more or less equal numbers of inward and outward migrations among different provinces. The Markov rewards values of Fujian, Shandong, Taiwan, and Zhejiang provinces were significantly higher than those of other provinces, indicating that these four provinces played a significant role in the evolution and persistence of E-30 over time in China (Fig. 4b). Notably, Guangdong, Yunnan, Inner Mongolia, and Henan showed relatively higher Markov rewards values compared with those of Gansu, Guangxi, Jiangsu, and Sichuan provinces.

The genetic diversity of E-30 showed a fluctuant progression during evolution following the date clue (Fig. 4a). We identified two top values of E-30 genetic diversity during transmission when all genomes were used (Fig. 4a, red line). The genetic diversity peaked in 2001 and 2008, whereas it showed dynamic fluctuation between 2010 and 2014, and weaker genetic diversity was observed in the most recent outbreaks. Comparison of genetic diversity between the two lineages and all genomes indicated that the relative genetic diversity of Lineage 1 peaked near 2001 and dramatically reduced after 2002. The variable tendency of Lineage 2 showed similar characteristics relative that of all of the genomes (Fig. 4a, blue line). Lineage 2 contributed to the enhanced genetic diversity of E-30 after 2002, whereas Lineage 1 played a significant role in the genetic diversity of E-30 before 2002. The corresponding increased tendency between the two lineages and all genomes reflected the fluctuant switches of E-30 genetic diversity.

Investigation of recombination

To estimate the full-length genomic characteristics of E-30, we obtained two full-length genomes. Similarity plots and bootscanning analyses revealed recombination events between the Inner Mongolia E-30 isolate and the EV-B prototype at the 2A–2B junction region, implying the existence of potential recombination (See Supplementary Fig. S4, Additional File 1). However, to locate the exact recombination activities between the two strains and the circulating enteroviruses, we scanned public databases to search for the recombination donor. Recombination analysis revealed overt evidence of inter-serotype recombination, as the recombination patterns of the two E-30 strains in this study were similar. For the strain TL12C-NM-CHN-2016-E30 genome, breakpoint positions were identified at 3126–6627, 4066–4725, 4728–4920, and 4810–6621 (Table 1). Several EV-B strains, such as E-18, CV-B4, E-1, and CV-A9, were identified as minor putative parents using the RDP4 package. For the strain TL7C-NM-CHN-2016-E30 genome, we observed similar minor putative parents and breakpoint positions. We then constructed maximum-likelihood phylogenetic trees of the strains in this study based on the P1, P2, and P3 coding region along with the potential recombination donors, which confirmed the recombination events between the strains of this study and the E-18 strain LJ/0601/2019 (MN337405.1) (See Supplementary Fig. S5, Additional File 1). Strain LJ/0601/2019 was isolated from the CSF of an adult with severe meningitis in 2019 in China. These results suggested that the role of recombination events in the evolutionary process of E-30 needs to be assessed further.
Furthermore, Gansu, Sichuan, and Inner Mongolia are neighbors in terms of their geographic distribution in China, suggesting local outbreaks and spread in Sichuan and Inner Mongolia based on the highest PP and BF support (See Supplementary Table S1, Additional File 1). Possibly possessed the same origin (See Supplementary Fig. S6 and Table S1, Additional File 1). Moreover, Gansu province could play an important role in E-30 migration events; however, we were unable to directly locate the accurate source of E-30 due to low PP and BF support for Inner Mongolia (data not shown). We identified 363 patients during this time period in Tongliao city, Inner Mongolia, belonging to three townships that were affected by this outbreak, with Kailu People’s Hospital, thereby surpassing the baseline of previous cases with AM in Tongliao city, Inner Mongolia. The outbreak in the present study was caused by Lineage 2, which showed a close phylogenetic relationship with the strains isolated from Zhejiang, Jiangsu, Shandong, Sichuan, and Yunnan provinces of China. Using the Bayesian method, we observed the turnover of E-30 diffusion in China, implying its complex diffusion dynamic. The branches of E-30 isolated from the different provinces aggregated together, and E-30 spread simultaneously in several provinces simultaneously. E-30 is widespread in China and has caused a large number of AM outbreaks. Moreover, we observed the evolution of E-30 along the date clue, indicating gradual break outs in different provinces. The active status of E-30 in China has facilitated its evolution and transmission, and the accumulation of genomic variants might play a significant role in local outbreaks of AM.

Outbreaks of aseptic meningitis caused by E-30 occur mostly in densely populated eastern coastal areas, such as Jiangsu, Zhejiang, Shandong, Fujian, and Guangdong [6, 7, 9, 10, 12, 13, 39]. The outbreak in the present work was caused by Lineage 2, which showed a close phylogenetic relationship with the strains isolated from Zhejiang, Jiangsu, Shandong, Sichuan, and Yunnan provinces of China. Using the Bayesian method, we observed the turnover of E-30 diffusion in China, implying its complex diffusion dynamic. The branches of E-30 isolated from the different provinces aggregated together, and E-30 spread simultaneously in several provinces simultaneously. E-30 is widespread in China and has caused a large number of AM outbreaks. Moreover, we observed the evolution of E-30 along the date clue, indicating gradual break outs in different provinces. The active status of E-30 in China has facilitated its evolution and transmission, and the accumulation of genomic variants might play a significant role in local outbreaks of AM.
events among different provinces of China. We also observed that Fujian, Shandong, Taiwan, and Zhejiang provinces showed higher Markov rewards values as compared with other provinces, indicating that they played significant roles in E-30 evolution and circulation over time in China. The eastern provinces of China were primary regions experiencing E-30 infection and played an important role for further nationwide diffusion.

We then assessed the relative genetic diversity following the date clue, which showed fluctuant progression. Thus, the genetic diversity peaked ~ 2001 and ~ 2008, and different lineages showed polymorphic characteristics. The relative genetic diversity of Lineage 1 showed a similar fluctuant progression with that of all genomes before 2002, whereas that of Lineage 2 showed a similar fluctuant progression with that of all genomes after 2002. Therefore, Lineage 2 contributed to the enhanced genetic diversity of E-30 after 2002, whereas Lineage 1 was important for the genetic diversity of E-30 before 2002. This explains the contribution of fluctuant genetic diversity through the switch between different lineages.

The nucleotide and amino acid sequences in the P2 and P3 regions are highly conserved within an enterovirus species, and the P2 and P3 sequences do not correlate with EV serotypes due to frequent recombination; however, these sequences clearly distinguish different EV species [46]. In the present study, we identified overt evidence of inter-serotype recombination events. After screening several recombination signals, strain MN37405.1_Echovirus_E18_LJ/0601/2019 was detected as the putative recombination donor. This strain provided the raw recombination materials in the P2 and P3 coding regions for other recombinants. Frequent recombination and mutations in enteroviruses are recognized as the main mechanisms associated with their evolution, enabling their rapid response and adaption to new environments [46]. Accumulation of inter-species and intra-species recombination events is regarded as a strong driver for emergence and disappearance of certain enterovirus serotypes. Some studies have confirmed the ease of intra-species recombination events, and that EV-B is more susceptible to recombination [47–49]. The recombination events identified in the present study (i.e., the recombination donor was isolated from the CSF of an adult with severe meningitis in 2019 in China) verifies this. The recombination signals imply a vital role for E-30 evolution and might be related to E-30 pathogenicity and transmission.

**Conclusion**

In this study, clinical specimens were collected from patients with aseptic encephalitis, and the pathogens causing viral encephalitis and meningitis were screened. This process and subsequent investigation of the phylodynamic characteristics of the pathogens enhanced our understanding of the etiology of this outbreak of encephalitis and meningitis syndromes in Inner Mongolia. Investigation of the epidemiological and genetic characteristics of the E-30 strains in Inner Mongolia provided a solid foundation for future detailed molecular epidemiological studies in China. Due to the recent increases in viral encephalitis outbreaks in China, it is necessary to establish a pathogen-surveillance system in China that targets enterovirus-related syndromes in order to control enterovirus transmission and outbreaks [50, 51].

**Abbreviations**

- AFP: acute flaccid paralysis
- AM: aseptic meningitis
- BETS: Bayesian evaluation of temporal signal
- BF: Bayes factor
- CDC: Center for Disease Control and Prevention
- CPE: cytopathic effect
- CSF: cerebrospinal fluid
- E-30: echovirus 30
- EV-B: enterovirus species B
- GMRF: Gaussian Markov random field
- HEp-2: human epithelium larynx cell line
- HFMD: hand, foot, and mouth disease
- MCC: maximum clade credibility
- PP: posterior probability
- RD: rhabdomyosarcoma cell line
- RDP4: Recombinant Detection Program
- RT-PCR: reverse transcription polymerase chain reaction

**Declarations**

**Ethics approval and consent to participate**

Written informed consent for the use of their clinical samples was obtained from all individuals included in the study or from their guardians. The study was approved by the Second Ethics Review Committee of the National Institute for Viral Disease Control and Prevention (IVDC), Chinese Center for Disease Control and Prevention; all experimental protocols were approved by the IVDC; and the methods were carried out in accordance with the approved guidelines.

**Consent to publication**

Not applicable.

**Availability of data and material**

The data generated in this study are available at GenBank (accession nos. MW080371–MW080377) and China Virus Identification Net (accession nos. CVIN_AA002571-CVIN_AA002577).

**Competing interests**

The authors declare that no competing interests exist.

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Authors’ contributions

YZ, HL, WW, and WX conceived and designed the experiments; XT and YH performed the experiments; XT, ZH, and YZ analyzed the data; ZH and YZ wrote the main manuscript and prepared all the tables and figures; and all authors reviewed the manuscript.

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Figure 1

Epidemiology information of an outbreak of aseptic meningitis in Tongliao City, Inner Mongolia, China. 

a, Cases of aseptic meningitis in townships of Tongliao city (Kailu, Naimanqi, and Kequ), Inner Mongolia, China, from June to August 2016. 
b, Age distribution of cases reported during this outbreak.
Figure 2

Generation of a phylogenetic tree. Tree based on the entire VP1 genome of 36 representative strains isolated from 1958 (Bastianni strain of the E-30 prototype) to 2016, with the E-21 strain used as an outgroup and constructed using the neighbor-joining method with 1000 bootstrap replicates. Numbers at each node indicate the bootstrap support, and the letters (right) represent the E-30 genotypes (A–C).
Figure 3

Temporal phylogenies and epidemic characteristics of E-30. a, Histogram of the average number of state counts based on different provinces. b, The MCC phylogenetic tree based on the entire VP1 coding region in China and colored according to different provinces.
Figure 4

Relative genetic diversity of E-30 genomes in China. a, The X-axis represents the years, and the Y-axis shows the measure of genetic diversity (logarithmic scale of Ne\(\tau\)). Orange shading represents 95% credibility internally; and red, green, and blue lines show the median values of the E-30 population size of three datasets (all data, Lineage1, and Lineage2), respectively. b, Box plot of Markov reward values. The Y-axis shows the density distribution of the total time spent in a particular location.

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