Abstract: As the additive manufacturing industry grows, it is compounding the global plastic waste problem. Distributed recycling and additive manufacturing (DRAM) offers an economic solution to this challenge, but it has been relegated to either small-volume 3D printers (limiting waste recycling throughput) or expensive industrial machines (limiting accessibility and lateral scaling). To overcome these challenges, this paper provides proof-of-concept for a novel, open-source hybrid 3D printer that combines a low-cost hanging printer design with a compression-screw-based end-effector that allows for the direct extrusion of recycled plastic waste in large expandable printing volumes. Mechanical testing of the resultant prints from 100% waste plastic, however, showed that combining the challenges of non-uniform feedstocks and a heavy printhead for a hangprinter reduced the strength of the parts compared to fused filament fabrication. The preliminary results are technologically promising, however, and provide opportunities to improve on the open-source design to help process the volumes of waste plastic needed for DRAM to address the negative environmental impacts of global plastic use.

Keywords: 3D printing; additive manufacturing; big area additive manufacturing; BAAM; hanging printer; hangprinter; plastic waste; recycling; sustainable manufacturing; wire robot

1. Introduction

The problem of plastic waste recycling [1] is compounded by the popularity of 3D printing, which stimulates experimental design and innovations, while increasing the number of defective parts and waste products [2]. Although the first self-replicating open-source 3D printer [3] created an explosion of innovation and reduced costs for additive manufacturing (AM), a significant and increasing amount of plastic waste produced by 3D printers is dumped in landfills around the world [4]. According to the economic forecasts, the global 3D printing market is going to reach USD 7.7 billion by 2024 [5].

To reach a circular economy for plastic in the additive manufacturing (AM) industry [6,7], a profitable and rapidly growing approach to increasing recycling rates is distributed recycling for additive manufacturing (DRAM) [8–10]. Producing consumers (or prosumers) have an economic incentive based on the savings made when recycling with DRAM, as opposed to the traditional recycling model where they do not [8]. Prosumers can use their waste as a raw material for 3D printing feedstocks, which has a relatively high value for plastic (e.g., USD 20/kg). In the most environmentally friendly version of DRAM [11,12], prosumers manufacture their own products from the 3D printing feedstocks [13] making a high return on investment [14]. Thus, as DRAM is globally applicable [15,16], it has the potential to radically impact global value chains [17].

The majority of previous research on DRAM focused on using some form of recyclebot (waste plastic extruder) [18,19] to provide raw materials for fused filament fabrication (FFF), used for low-cost RepRap-class 3D printers [20]. Recently, however, there has been rapid development in direct extrusion waste 3D printing via fused granular fabrication.
(FGF)/fused particle fabrication (FPF) [21–25]. Although FPF/FGF is possible on the desktop [26], it is particularly well-suited to large prints [27].

The rigid mechanical design of most 3D printers limits the size of the print, and the need to increase the volume of printed parts leads to expansions of the entire machine, which significantly increases capital costs. Today’s high-volume 3D printers are expensive, have rigid frames, and require a lot of assembly (Table 1) [28–37], with the one exception being the open-source hangprinter [37].

Table 1. Comparison of cost and print volume of existing large 3D printers.

| Name                                      | Price, USD | Printing Volume                  |
|-------------------------------------------|------------|----------------------------------|
| Gigabot XLT (re3d) [28]                   | 16,995     | $590 \times 760 \times 900$ mm  |
| Exabot (re3d) [29]                        | 85,000     | $762 \times 762 \times 1829$ mm |
| Terabot (re3d) [30]                       | 34,400     | $915 \times 915 \times 1000$ mm |
| THE BOX Large (BLB Industries) [31]       | 298,000    | $2000 \times 2000 \times 1500$ mm|
| T3500 (Tractus3D) [32]                    | 59,000     | $1000 \times 1000 \times 2100$ mm|
| 400 Series Workbench Extreme              | 50,000     | $1000 \times 1500 \times 700$ mm |
| (3D Platform) [33]                        |            |                                  |
| BIG-Meter (Modix) [34]                    | 11,500     | $1010 \times 1010 \times 1010$ mm|
| BigRep ONE v4 (BigRep) [35]               | 30,000     | $1005 \times 1005 \times 1005$ mm|
| F1000 (CreatBot) [36]                     | 30,000     | $1000 \times 1000 \times 1000$ mm|
| Hybrid Hangprinter (open source) [37]     | <1200      | Expandable over a wide dimensional range |

The hangprinter is an open-source, cable-driven 3D printer. The first version of the hangprinter was released by Ludvigen and Kracht in 2006, based on existing market limitations [37]. The hangprinter design belongs to the category of wire, or cable, robots, which are well understood [38–43]. Similar large-scale experimental printers include Arcus-3D-C1 [44], Sensorica’s SpiderRig [45], and Trikarus [46].

Using the hanging cable-based 3D printer approach, allows for the printing scale to be changed upon request with virtually no additional components. This study focuses on the concept of using recycled material for AM and big area additive manufacturing (BAAM) by implementing a low-cost, open-source, hybrid 3D printer design based on hangprinter and FPF/FGF print head. This approach has the potential to create a considerable advantage for DRAM by reducing design constraints and capital costs, while increasing recycling volumes. The developed hybrid printer relies entirely on cabled connections without a rigid frame and can be built into existing structures, such as interior and exterior parts of buildings, or suspended from any type of anchor point. The system is designed, prototyped and tested for both positional accuracy and the mechanical strength of parts fabricated from recycled plastic using the system. The results are presented and discussed in the context of DRAM.

2. Method

2.1. Hybrid Printer Design

Since the release of the first version of the hangprinter, the mechanical hardware and software have undergone several improvements [37]. Version 3 of the hangprinter [47] uses Nema 17 motors and a standard 3D printing extrusion kit controlled by a modified Marlin firmware [48] on an Arduino Mega board. The developed hybrid printer (Figure 1) uses more powerful Nema 23 stepper motors to carry the heavier end effector with the direct print FPF/FGF extruder.
The gears, spools, anchors, linear rollers, carriage holders, and motor mounting brackets included with the printer are 3D-printed. The ceiling unit and anchors are attached to plywood, while the room floor can be used as the printing surface. Motor gears and bracket mounts, carriage beam holders, level sliders, and the end effector case have been customized [49] to suit the existing load.

The electrical connection diagram is shown in Figure 2. This hybrid printer setup uses five (A, B, C, D, and E) Nema 23 stepper motors with TB6600 drivers and a 3D printing kit based on the RAMPS 1.4 controller [50]. The heating system of the screw extruder consists of four parallel 12 V/60 W heating elements, combined into two heating zones. The entire electrical system is powered by a 12 V power supply.

The assembled and mounted hybrid hangprinter is shown in Figure 3. A triangular frame, made up of three 40 cm aluminum channels, carries the waste plastic extruder. The braided string with a breaking strength of 22.7 kg is used as a wire for the assembly.
2.2. Firmware and Calibration

The hybrid printer is controlled by the modified Marlin firmware, where several G- and M-code commands were adapted to use ABCD coordinates instead of the traditional XYZ (Figure 4).

![Hybrid printer assembly](image1)

Figure 3. Hybrid printer assembly. (a) end effector (FPF/FGF extruder) and the printing bed with A, B, and C anchors, (b) ceiling unit with gears, motors, and line rollers.

![Calibration parameters](image2)

Figure 4. Calibration parameters and geometric constraints of the hybrid printer. (a) calibration parameters, (b) end effector movement constraints: $R_w$—radius of the printing (working) zone, $K$—distance between the anchor and the geometric center of the print surface, $h$—distance to the AC chord, $p$—distance to the mass center of the equilateral triangle (nozzle support structure), $L$—length of the AC chord, $m$—nozzle support structure side length, and $\pi/3$—half of the central angle.

Parallel wires prevent the end effector from rotating around its own axis while moving along a given G-code path. The firmware cuts the G-code trajectories into straight line segments, each of which is calculated according to Equation (1) [37]:

$$\begin{align*}
    l_A &= \sqrt{(P_X - A_X)^2 + (P_Y - A_Y)^2} \\
    l_B &= \sqrt{(P_X - B_X)^2 + (P_Y - B_Y)^2} \\
    l_C &= \sqrt{(P_X - C_X)^2 + (P_Y - C_Y)^2}
\end{align*}$$

(1)
where \(l_A, l_B, \) and \(l_C\)—are the line segments for the corresponding anchors, \((P_X, P_Y)\)—coordinates of the end effector, and \((A_X, A_Y, B_X, B_Y, C_X, C_Y)\)—coordinates of the anchors A, B, and C, respectively.

In the assembled system, the following parameters were added to the firmware, obtained by calibrating the printer geometry (Figure 4a):

- \(A_Y = -475\) mm;
- \(B_X = 395\) mm;
- \(B_Y = 163\) mm;
- \(C_X = -460\) mm;
- \(C_Y = 300\) mm;
- \(D_Z = 1900\) mm (distance from the printing surface to the line rollers on the ceiling unit).

The print area radius \(R_w\) (Figure 4b) can be calculated using Equation (2):

\[
R_w = h - p = R \cdot \cos \left( \frac{\pi}{3} \right) - \frac{m}{\sqrt{3}}
\]  

where \(R_w\) is the radius of the printing (working) zone, \(R\) is distance between the anchor and the geometric center of the print surface, \(h\) is distance to the AC chord, \(p\) is distance to the mass center of the equilateral triangle (nozzle support structure), \(L\) is the length of the AC chord, \(m\) is the nozzle support structure side length, and \(\pi/3\)—half of the central angle. In this example, we assume that the ABC anchors, just like the corners of the nozzle support structure, are the vertices of equilateral triangles, and the printing bed origin coincides with the center of the circle circumscribed regarding the ABC anchors.

2.3. Operation and Pre-Printing Tests

The hybrid printer is controlled by Pronterface software [51], which is installed on a computer. Slic3r open source software [52] converts 3D STL models into G-code toolpaths of the end effector.

After calibrating procedures, tests were carried out to determine the positioning accuracy, as well as the optimal temperature and speed modes. The positioning accuracy was determined by comparing the actual and defined coordinates, along with two circles within the working area at the level of the printing surface. The optimal temperature and speed parameters were found by conducting a line test, where a single line, equivalent to the nozzle diameter, was printed over a wide range of temperatures (170–200 °C) and printing speeds (5–30 mm/s).

Tensile tests were performed on pure 100% recycled PLA waste (Figure 5a). Before printing, the shredded granules were dried in a vacuum chamber for 16 h. It should be noted that various proportions of recycled and virgin plastic mixtures can also be used (Figure 5b). There are various examples in the literature of the use of combined pellet blends and detailed instructions for their creation [53–55]. The addition of virgin PLA granules makes it possible to create a softer texture in the manufactured parts, as well as to improve their mechanical strength, which decreases with each recycling round [56]. The optimal ratio of virgin and recycled pellets, however, may depend on different factors, including the quality of the source filament, the purity of the material before shredding, parameters and duration of heat and pressure treatment, and others [57]. Determining the exact mixture ratio under given conditions can provide a substantial basis for future work.
Figure 5. Recycled PLA waste. (a) 100% shredded PLA, (b) combination of recycled (70%) and virgin PLA pellets (30%).

A standard Type-I ASTM: D638 tensile bar STL file was used [58] to produce the test specimens. The dimensions of the test specimen are $165 \times 19 \times 3.2 \text{ mm}$, corresponding to four layers of $0.8 \text{ mm}$ thickness with 100% infill. Considering the slicer parameters, the raster angle of the first layer was 0 degrees (print lines are perpendicular to the longitudinal axis), while, for the remaining layers, this angle was 90 degrees (print lines are parallel to the longitudinal axis).

In the Slic3r software, the following settings were used to generate G-code:

- Filament diameter: 2.5 mm;
- Extrusion multiplier: 1;
- Temperature: $170 \, ^\circ\text{C}$;
- Nozzle diameter: 1.5 mm;
- Layer height: 0.7 mm;
- Perimeters: 1;
- Top solid layers: 1;
- Bottom solid layers: 1;
- Quality settings:
  - Extra perimeters if needed;
  - Avoid crossing perimeters;
  - Detect thin walls;
  - Detect bridging perimeters.
- Seam position: aligned;
- Infill density: 100%;
- Infill overlap: 0%;
- Infill pattern: rectilinear;
- Print speed: 20 mm/s;
- Travel speed: 40 mm/s;
- First layer speed: 20 mm/s.

Eight tensile bars were printed at the center (origin) of the printing bed. The printing location was then moved approximately 10 cm along the negative $X$ axis of the printing bed, where an additional five bars were printed. Additionally, five bars were printed 10 cm along the positive $X$ axis and five were printed 10 cm along the positive $Y$ axis. All the tensile bars were printed parallel to the $X$ axis.

3. Experimental Results

The positioning accuracy was determined by comparing the actual and defined coordinates, along with two circles within the working area at the level of the printing surface (Figure 6a). For the inner circle with a radius of 50 cm, the positioning error is $0.58 \pm 0.30 \text{ mm}$, and for the outer circle with a radius of 100 cm, the error is $1.01 \pm 0.90 \text{ mm}$. The results regarding the optimal temperature and speed parameters...
are shown in Figure 6b, which illustrates the absolute difference between the actual and theoretical mass of the printed specimens.

![Figure 6](image-url)

**Figure 6.** Positioning accuracy and mass accuracy of printed products. (a) absolute positioning error at the printing bed level (in millimeters), (b) absolute difference between the actual and theoretical weights of the test lines (in grams).

The results of preliminary tests show that positioning accuracy deteriorates as the nozzle moves away from the center of the coordinates (origin point). Based on the analyzed ranges, the optimal temperature and speed regimes lie within 170–175 °C and 25–30 mm/s, respectively.

The results of the tensile tests performed on pure recycled PLA waste is shown in Figure 7. The Young’s modulus for the samples printed at the origin, at the negative X, at the positive X, and the positive Y were 2.71 GPa, 2.27 GPa, 2.83 GPa and 2.66 GPa, respectively.

![Figure 7](image-url)

**Figure 7.** Young’s modulus and ultimate tensile strength of the printed specimens. (a) Young’s modulus (in GPa), (b) ultimate tensile strength (in MPa).

As previous studies have shown [59], the strength of plastic specimens varies greatly with changes in raster angle, moisture content, infill percentage, print direction, and other parameters. Brischetto and Torre [60] obtained a Young’s modulus in the range of
2.40–2.71 GPa for various families of ASTM D638 specimens, Pinto et al. [61] achieved 3.99 GPa for 80 × 21 × 0.43 mm ASTM D882 PLA samples, Raj et al. [62] obtained a 3.11 GPa mean Young’s modulus for five ASTM D638 type V tensile samples, Algarni [63] measured the modulus of elasticity in the range from 1.55 to 1.89 GPa for ASTM D638 tensile specimens with different raster angles, and Grasso et al. [64] obtained a maximum of ~2.9 GPa for 193 × 6 × 3 mm PLAX samples. Zhao et al. [65] performed a comprehensive analysis of ISO 527-2-2012 155 × 20 × 4 mm tensile samples, varying both printing angle and layer height. The obtained Young’s moduli differ from 1.83 to 2.86 GPa for various sample families [65]. While some of the results show a reduction in the Young’s modulus compared to the highest values shown in the literature, they are within most ranges of FFF and are comparable to each other. This indicates that the location of a print on the print bed does not have a great effect on the modulus, and hanging FFF is comparable to FFF/FDM.

The average value of the ultimate tensile strength (UTS) at the origin, negative X, positive X, and positive Y directions were 39.09 MPa, 29.61 MPa, 33.14 MPa, and 33.42 MPa, respectively. These results indicate that specimens printed at the center of the hangprinter see a less significant drop in tensile strength than specimens printed at other places along the printer bed, which is caused by the positioning error (Figure 6).

These strength parameters can be compared with the results of previous studies. Lauroto and Pearce [58] analyzed a large number of ASTM D638-14 types I and IV tensile geometries with various layer heights and print directions with maximum strength at ~60 MPa level. Alexandre et al. [26] conducted a comprehensive analysis of direct waste printing on an adapted desktop 3D printer. The results of tensile tests using ASTM D638 type IV samples showed that the shredded recycled material has comparable characteristics to the traditional FFF printing method, and the maximum strength can exceed 60 MPa. Hanon et al. [59] obtained an averaged strength range from 48.7 MPa to 58.4 MPa for ISO 527-2-2012 type IB 150 × 10 × 4 mm specimens with different raster angles, Raj et al. [62] obtained 48.66 MPa mean strength for five ASTM D638 type V 63.5 × 9.53 × 3 mm tensile samples, Brischetto and Torre [53] measured the ultimate tensile strength within the range of 58.2–63.9 MPa for various families of ASTM D638 180 × 19 × 5 mm specimens; Zhao et al. [65] obtained 19.16–49.66 MPa UTS for ISO 527-2-2012 155 × 20 × 4 mm PLA samples with different layer thicknesses and printing orientations. The results were more striking for reductions in tensile strength than those observed by Andreson (~10.9%) [66] and Sanchez et al. [67]. Thus, it can be argued that printing with a hangprinter leads to consistent results, but the overall strength of the samples is inferior to traditional FFF manufacturing due to the large nozzle diameter, thick printing layers, and positioning inaccuracies.

In addition to tensile testing, consumer segment parts were manufactured to confirm printing quality. Figure 8 shows a DIY greenhouse corner bracket [68] that could be used to make cold frames and agrivoltaic test rigs [69].
Given the diameter of the nozzle and the thickness of the print lines, the produced parts may require additional subtractive post-processing. This printer design potentially allows for the manufacturing of products of considerable sizes, such as furniture, large toys and play structures, customized storage containers, assistive technologies, carts, decorative architecture elements, buildings, and others [70]. As the size of the printed parts increases, the relative surface quality, and layer adhesion can be greatly improved with precise calibration, as can be seen in examples with traditional lightweight extruders [46,71].

4. Discussion and Future Work

This study successfully provided a proof-of-concept, waste-based direct extrusion hangprinter, but there are substantial areas for future work. First, the mechanical properties of the prints were weaker than with other methods, due to the non-uniform printing and high porosity that is resulted from the weaker deposition accuracy of a heavy hangprinter head combined with non-uniform feedstock. Future work could develop a new version of the direct waste hangprinter using a smaller recyclebot-based motor and low-cost, open-source custom screws [72] based on recyclebots rather than an FPF/FGF head. Second, the nature of the currently used hangprinter design has a volume and shape limitation, as the larger head can run into the cables. This problem can be overcome using a smaller form factor for the print head and suspending the hopper above the printer, to feed the print media with a flexible tube. A method to overcome the positioning error caused by calibration and quantify the calibration accuracy as a function of the size of the hangprinter is also needed. More research should be conducted regarding the use this type of hybrid FPF hangprinter with other polymer materials, as well as other materials and composites. Future work needs to find a way to auto-calibrate the hangprinter with machine vision, as well as use machine vision to auto-correct print errors [73]. Finally, there is a need to fully optimize printing parameters and fix issues that cause increasing errors when moving away from the center position.

5. Conclusions

This study has demonstrated the viability of an invention that uses the direct extrusion of waste plastic from a cable robot, with the potential to carry out DRAM in large quantities of waste and print large-scale objects. Mechanical testing of the resultant prints, however, showed that combining challenges of non-uniform feedstocks and a heavy printhead for a hangprinter reduced the strength of the parts, which provides ample opportunities for researchers in the future to improve on the open-source design and help process the volumes of waste plastic, which is needed to address the negative environmental impacts of global plastic use.

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