Fructose-1,6-bisphosphate prevents pregnancy loss by inducing decidual COX-2\(^+\) macrophage differentiation

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Decidualization is an intricate biological process in which extensive remodeling of the endometrium occurs to support the development of an implanting blastocyst. However, the immunometabolic mechanisms underlying this process are still largely unknown. We found that the decidualization process is accompanied by the accumulation of fructose-1,6-bisphosphate (FBP). The combination of FBP with pyruvate kinase M stimulated IL-27 secretion by endometrial stromal cells in an ERK/c-FOS–dependent manner. IL-27 induced decidual COX-2\(^+\) M2-like macrophage differentiation, which promotes decidualization, trophoblast invasion, and maternal-fetal tolerance. Transfer of Ptgs2\(^/-\)/COX-2\(^-\) macrophages prevented fetal loss in Il27ra\(^-\)-deleted pregnant mice. FBP levels were low in plasma and decidual tissues of patients with unexplained recurrent spontaneous abortion. In therapeutic studies, FBP supplementation significantly improved embryo loss by up-regulation of IL-27–induced COX-2\(^+\) macrophage differentiation in a mouse model of spontaneous abortion. These findings collectively provide a scientific basis for a potential therapeutic strategy to prevent pregnancy loss.

INTRODUCTION

Decidualization refers to the transformation that the stromal compartment of the endometrium must undergo a series of adaptations to accommodate a successful pregnancy (1). Deficiencies in decidualization are associated with pregnancy complications and reproductive diseases, including female infertility, spontaneous abortion, intrauterine growth restriction (IUGR), and preeclampsia (1–3). Decidualization occurs, both in vitro and in vivo, in response to ovarian steroid hormones (estradiol and progesterone) and embryo implantation, which is characterized by the transformation of endometrial stromal cells (ESCs) from fibroblast-like cells into large polygonal decidual stromal cells (DCs) that are rich in cytoplasmic glycogen and lipid droplets (1, 4). Unfortunately, the regulatory and functional mechanisms of decidualization still remain largely unknown. Reproductive failure, especially when recurrent, is a frustrating and challenging area for health care providers because of limited evidence-based treatments. Despite significant advances in preimplantation genetic tests, implantation failure and miscarriage cannot be effectively prevented. The in-depth understanding of decidualization provides an opportunity to open an avenue for the development of therapeutic targets and strategies.

Generalized decidualization also includes secretion from the endometrial glandular epithelium, remodeling of the uterine spiral artery, enrichment and redistribution of immune cells, and change of extracellular matrix components (5, 6). Decidual macrophages (dM\(^φ\))s, the second largest leukocyte population (approximately 20%) found in uterine mucosa (decidua) during pregnancy, are involved in multiple processes required for a successful pregnancy, including fetal-maternal tolerance, trophoblast invasion, as well as tissue and vascular remodeling (7). Specific depletion of macrophages results in implantation failure and increased rates of fetal loss in mice (8, 9). Macrophages are highly plastic and heterogeneous cells (10). During the different phases of gestation, macrophages undergo dynamic changes on the basis of environmental stimuli and mediators, differentiating to neither the classic M1 nor M2 subset (11, 12). Accumulating evidence has indicated that M2 macrophages are the predominant phenotype in the decidua of early pregnancy (9, 13). However, the molecular mechanisms underlying the activation and functions of dM\(^φ\)s are still largely unknown.

Recently, metabolic reprogramming has been reported to be directly involved in the differentiation and functional regulation of macrophages (14–16). Therefore, this study aimed to investigate the characteristics and regulatory mechanisms of hormone-metabolism-macrophage differentiation in decidualization, its pathogenic role in pregnancy loss, and potential intervention strategies both in vitro and in vivo.

RESULTS

Fructose-1,6-bisphosphate accumulation during decidualization

To observe the metabolite profiles of decidualization in Chinese individuals, 12 healthy control endometrium from the secretory
phase and 12 decidua tissues from normal pregnancy were recruited. Metabolomics results revealed 63 differential metabolites between primary cultured ESCs and DSCs, especially the metabolites of glycometabolism [i.e., the accumulation of fructose-1,6-bisphosphate (FBP)] (Fig. 1A). Expression of various enzymes involved in glycometabolism in the DSC group changed relative to that in the secretory ESCs (Fig. 1, B and C). In particular, increased levels of hexokinase 1 (HK1) and phosphofructokinase 1 (PFK1) and decreased levels of fructose-bisphosphatase 1 (FBP1) and phosphoglycerate kinase 1 (PGK1) were observed in DSCs compared to that in ESCs. FBP is an endogenous intermediate of the glycolytic pathway that is produced by PFK1 activity, through phosphorylation of fructose 6-phosphate (F6P), and removed by FBP1 activity (17). As shown in Fig. 1, with increased PFK1 and decreased FBP1 levels, the FBP level in DSCs was significantly increased compared to that in ESCs (Fig. 1, A to D). Compared to nonpregnant women, large amounts of FBP were found in the plasma and decidualized endometrium from women with normal pregnancy (Fig. 1E). Therefore, FBP accumulation could be associated with the change in PFK1/FBP1 levels during decidualization (Fig. 1F). Exposure to estrone plus progesterone, or the supernatant of primary trophoblast cells plus progesterone, or the supernatant of primary trophoblast cells significantly decreased FBP1 and elevated PFK1 in ESCs (Fig. 1, G and H), along with high levels of FBP and 3-phosphoglyceride (3-PGA) (fig. S1). In addition, the treatment with trophoblast supernatant led to the elevation of the levels of F6P and glyceraldehyde-3-phosphate (3-GAP) (fig. S1). These data indicate that endocrine environment and trophoblasts derived from the embryo likely play a role in the enrichment of FBP in DSCs during decidualization in early pregnancy.

Abnormal FBP–IL-27 regulatory axis in DSCs leads to pregnancy loss

To explore the possible relationship between FBP accumulation and normal pregnancy, pregnant mice were treated with or without 2-deoxy-o-glucose (2-DG), a glucose analog with dual activity of inhibiting glycolysis. Compared to the normal embryo group, FBP level was significantly decreased in the uterus of the embryo absorption group, especially in the 2-DG–treated pregnant mice (Fig. 2A). Constantly, expression of FBP1 was increased and that of PFK1 was decreased in the uteri of the embryo absorption group as compared to the control group (Fig. S2). Exposure to 2-DG significantly increased embryo loss rates in mice (Fig. 2, B and C) but did not influence embryo growth significantly (Fig. 2D). FBP supplementation prevented embryo loss induced by 2-DG in vivo (Fig. 2, B and C). The results suggest that the absence of FBP in decidua contributes to embryo loss.

To investigate the possible mechanism underlying the absence of FBP in DSCs leading to embryo loss, a proteomic microarray was performed to evaluate the differential proteins of supernatants between control ESCs and FBP-treated ESCs; the differential expression of cytokines (differential fold > 3) was presented in Fig. 3A. Further analysis showed that both FBP and progesterone elevated interleukin-27 (IL-27) expression (Fig. 3, B and C); however, FBP1 overexpression (FBP1over) decreased IL-27 expression in ESCs (Fig. 3C). We observed that the expression of IL-27 was significantly increased during decidualization, especially in DSCs (Fig. 3D). Consistent with the in vitro data, FBP administration significantly increased IL-27 levels in 2-DG–treated pregnant mice (Fig. S3).

IL-27 receptor (IL-27R) is a heterodimer composed of the orphan cytokine receptor IL-27RA and the signal-transducing chain glycoprotein 130 (gp130) (18). IL-27RA is unique to IL-27R, whereas the gp130 subunit is shared with receptors for IL-6 and IL-35. Notably, increased embryo loss and restricted growth of embryos were observed in the Il27ra knockout (Il27ra−/−) pregnant mice (Fig. 3, E to G). The levels of decidualization-related molecules, including bone morphogenetic protein 2 (Bmp2), Wnt4, Hoxa10, Cebpb, Dppr, insulin-like growth factor–binding protein 1 (Igfbp1), Ihh, Il11, prolactin receptor (Prlr), and leukemia inhibitory factor (Lif), were obviously decreased in the uterus of Il27ra−/− pregnant mice (Fig. 3H), along with the depth of trophoblast infiltration into the uterus (Fig. 3I). The data together suggest that the abnormal FBP–IL-27 regulatory axis of DSC increases the risk of pregnancy loss.

A PKM2/ERK1/2/c-FOS pathway is involved in the regulation of IL-27 in DSCs by FBP

FOST participates in the formation of transcription factor complex AP-1, which is an important regulator of IL27 (19). Further analysis showed that FBP significantly activated extracellular signal–regulated kinase 1/2 (ERK1/2) and c-FOS (Fig. 4, A and B), and the effects could be reversed by the inhibitor of ERK1/2 (fig. S4). In addition, the inhibitor of the ERK1/2 or c-FOS signaling suppressed IL-27 secretion in ESCs induced by FBP (Fig. 4C), suggesting that the stimulatory effect of FBP on IL-27 secretion in ESCs is dependent on the activation of ERK1/2 and c-fos signaling pathways.

To explore the possible mechanism of FBP on the ERK1/2/c-fos/IL-27 signaling, biotin-conjugated FBP (FBP-Biotin) and biotin-conjugated glucose-6-phosphate (G6P) (G6P-Biotin) were chemically synthesized, and the HuProt 20K protein array was performed to analyze the sense proteins of FBP in ESCs. As shown, 69 proteins were bound to FBP rather than to G6P (Fig. 4D). On the basis of the STRING database, we obtained the protein-protein interaction (PPI) network across the 69 proteins, FOS, mitogen-activated protein kinase 1 (MAPK1), and IL-27 (Fig. 4E). Among the related molecules in the PPI network, pyruvate kinase 2 (PKM2) was the core molecule for interaction with MAPK and FOS. As shown, activation of PKM2 by mitapivat up-regulated the phosphorylation of ERK1/2 and c-fos and the secretion of IL-27 in ESCs (Fig. 4, F to H). The addition of 2-DG led to the dephosphorylation of ERK1/2 and c-fos in vivo, and the decrease of IL-27 levels in the uterus of pregnant mice (Fig. 4, F to H). The results reveal that the PKM2/ERK1/2/c-fos signaling pathway plays an important role in FBP regulation of IL-27 expression in DSCs.

IL-27 maintains normal pregnancy by inducing decidual COX-2+ macrophage differentiation

To analyze the potential mechanisms of the FBP–IL-27 axis in the decidua during pregnancy, expressions of IL-27RA and gp130 at the maternal-fetal interface were explored. Compared to DSCs and trophoblast, decidual leukocytes (DLCs), especially dMφs, had higher levels of IL-27Rs (Fig. 5, A and B). Further analysis showed that either FBP-treated ESCs or IL-27overESC promoted the phosphorylation of signal transducer and activator of transcription 3 (STAT3) in dMφ in vitro (Fig. 5, C and D). Positive feedbacks between STAT3 and cyclooxygenase-2 (COX-2)/prostaglandin E2 (PGE2) have been reported in various cancer cells and noncancer cells (20, 21). COX-2 was also highly expressed in CD45+CD14+ dMφs (Fig. 5, E and F). FBP-pretreated ESCs significantly increased...
Fig. 1. FBP is enriched during decidualization. (A) Heatmap of differential metabolites in ESCs (n = 12) from healthy control endometrium of secretory phase and DSCs (n = 12) from normal early pregnant women by metabolomics analysis and list of differential metabolites in glycol metabolism. (B and C) Expression of metabolic enzymes of glycol metabolism between ESCs (n = 6) and DSCs (n = 6) was detected by Western blotting. (D) Expression of FBP1 and PFK1 between control endometrium (n = 6) and decidua tissues (n = 6) was detected by immunohistochemistry. (E) The FBP levels in blood plasma from women without (NP; n = 10) or with pregnancy (P; n = 10) and in endometrium (n = 15) or decidua tissues (n = 15) were detected with the FBP kits. (F) Summary of glycolysis characteristics during decidualization. (G and H) FBP1 and PFK1 levels in ESCs (n = 12) were detected by RT-PCR and Western blotting after pretreatment with 1‰ DMSO (Ctrl), adenosine 3′,5′-monophosphate (cAMP; 0.5 µM), and estrogen (E; 10⁻⁸ M) or plus progesterone (P; 10⁻⁶ M) or indirectly cocultured with primary trophoblast cells (Tro; ratio 1:1, 48 hours). Data were presented as means ± SEM and analyzed by t test or one-way ANOVA test. *P < 0.05, **P < 0.01, ***P < 0.001, and ****P < 0.0001.
COX-2 levels in dMφs (Fig. 5G), and coculture with ESCs, especially IL-27 over ESCs, resulted in an increase of COX-2 levels in dMφs, (Fig. 5H). However, COX-2 levels were low in the uterus of Il27ra−/− pregnant mice (Fig. 6A).

Macrophage polarization has been reported to play an important role in normal pregnancy (13, 22). Compared to COX-2− dMφs, COX-2+ dMφs exhibited higher levels of CD163, CD206, CD209, and indolamine 2,3-dioxygenase 1 (IDO1) and lower levels of interferon-γ (IFN-γ), IL-23, and interferon regulatory factor 4 (IRF4) (fig. S5A), suggesting that COX-2+ dMφs present an M2-like phenotype. In addition, FBP-pretreated ESCs and IL-27 over ESCs promoted M2-like differentiation of dMφs in the coculture system (fig. S5B). 2-DG decreased COX-2+ macrophage levels in the uterus of pregnant mice in vivo (Fig. 6B). Intraperitoneal injection of celecoxib (a COX-2–specific inhibitor) led to the decrease of M2-like macrophage in mouse uterus and an increase of pregnancy loss rates (fig. S6). Similarly, Ptgs2 knockout mice presented fewer M2-like macrophage in mouse uterus, with impairment of decidualization, abnormal placentation development, and size-reduced embryos; these female mice were further prone to embryo loss or IUGR (Fig. 6, C to F, and fig. S7). Overall, the results indicate that FBP–IL-27 triggers COX-2+ M2-like Mφ differentiation during decidualization and maintains normal pregnancy.

To further analyze the possible mechanism of IL-27RA dMφs and COX-2+ dMφs in the maintenance of normal pregnancy, differential proteins in the supernatants between IL-27RA+ dMφ and IL-27RA− cells were evaluated by a proteomic microarray (fig. S8A). Detailed analysis showed that 9 differential proteins were associated with decidualization, and 24 differential proteins were involved in trophoblast invasion (Fig. 6G and fig. S8B). The findings were further validated via adoptive transfer of macrophages, which could be detected in the uterus of pregnant mice (fig. S9). Contrary to that of COX-2− macrophages from Ptgs2−/− pregnant mice, adoptive transfer of macrophages from wild-type (WT) mice restored decidualization and the depth of trophoblast infiltration and decreased the risk of pregnancy loss (Fig. 6, H to J) in Il27ra−/− pregnant mice. The data suggest that COX-2+ dMφs prevent pregnancy loss induced by the absence of the IL-27/IL-27RA signal axis by promoting decidualization and trophoblast invasion.

FBP administration induces COX-2+ dMφ differentiation and further alleviates pregnancy loss
To determine the profile of the FBP–IL-27–COX-2+ dMφ axis in patients, both decidua and plasma were collected from patients experiencing unexplained recurrent spontaneous abortion (RSA).
Fig. 3. Abnormal FBP-IL-27 regulatory axis in DSCs leads to pregnancy loss. (A) Heatmap of the differential proteins (differential fold > 3) of supernatants between FBP (0.5 mM)–ESC (n = 3) and Ctrl-ESC (n = 3) by the proteomic microarray. (B) The IL-27 levels in ESCs (n = 9) treated with FBP were detected by FCM. (C) The IL-27 levels in supernatants of control ESCs (FBP1-NC, n = 9) or FBP1-overexpressing ESCs (FBP1over, n = 9) treated with DMSO (1%) or progesterone (P; 10^{-8} \mu M) were detected by ELISA. (D) Expression of IL-27 between control endometrium (n = 6) and decidua tissues (n = 6) was detected by immunohistochemistry. (E to G) Photograph (red arrow: absorption point) of uterus, absorption rates, or CRL of embryos from WT pregnant mice (mated with male Il27ra−/− mice, n = 8) or Il27ra−/− pregnant mice (mated with male WT mice, n = 8). (H) Transcription levels of decidualization-related genes in uterus from (E) were analyzed by RT-PCR. (I) Depth of CK7⁺ trophoblast infiltration into uterus from (E) was observed by hematoxylin and eosin staining or immunofluorescence assays. DAPI, 4′,6-diamidino-2-phenylindole. Data were presented as means ± SEM and analyzed by t test or one-way ANOVA test. *P < 0.05, **P < 0.01, ***P < 0.001, and ****P < 0.0001.
Fig. 4. FBP increases IL-27 expression in DSCs in a PKM2/ERK1/2/c-FOS–dependent manner. (A and B) Expression of p-c-fos, c-fos, p-ERK, or ERK in FBP (0.5 mM)–treated ESCs (n = 9) was analyzed by Western blotting. (C) The IL-27 levels in supernatants of FBP, FBP, and ERK1/2 inhibitor (U0126, 10 μM) or FBP and c-fos inhibitor (T-5224, 20 mM)–treated ESCs (24 hours, n = 6) were detected by ELISA. (D) Sense proteins of FBP and G6P in ESCs were analyzed by the HuProt 20K protein array. (E) PPI network based on the STRING database between 69 proteins from (D), FOS, MAPK1, and IL27. (F to H) The expression of p-c-fos, c-fos, p-ERK, or ERK and secretion levels of IL-27 in a PKM2 activator (mitapivat, 10 μM) or DMSO (Ctrl, 1‰)–treated ESCs (24 hours, n = 6) were analyzed by Western blotting and ELISA. (I to K) Expression of p-c-fos, c-fos, p-ERK, or ERK in uterus and IL-27 levels in USCs from pregnant mice (n = 8) treated with saline (1%) or 2-DG (50 mg/kg per day) were analyzed by Western blotting and ELISA. Data were presented as means ± SEM and analyzed by t test or one-way ANOVA test. *P < 0.05, **P < 0.01, and ***P < 0.001.
As shown, DSCs from patients with unexplained RSA exhibited a significant decrease of PFK1, along with an increase of FBP1 levels (Fig. 7, A to C). Low levels of FBP in plasma and decidua were observed in patients with RSA (Fig. 7D), and the differences were not observed between the plasma of nonpregnant patients and healthy pregnant women (Fig. 7D). Reverse transcription polymerase chain reaction (RT-PCR) and immunohistochemical analysis showed lower levels of IL-27 in DSCs from patients with RSA (Fig. 7, E to G), as well as a lower percentage of COX-2+ M2-like dMφs (Fig. 7, H and I). The results indicate that patients with unexplained RSA display insufficient FBP–IL-27 expression and COX-2+ Mφ in the decidua.

In CBA/J×DBA/2 matings [a spontaneous abortion-prone model (SA)], a significant absence of FBP was observed in the uterus compared to that in CBA/J×BALB/c matings (a mouse model of normal...
pregnancy) (Fig. 8A). Intraperitoneal injection of FBP led to the increase of FBP levels in both uterus and plasma of SA mice (Fig. 8, A and B). FBP also elevated IL-27 expression in uterine stromal cells (USCs) of SA mice (Fig. 8, C and D), along with a high percentage of COX-2+ M2-like macrophages, regulatory T cells, and T helper 2 (T\(_{H2}\)) bias (Fig. 8, E and F, and fig. S10). Supplementation with FBP promoted decidualization (Fig. 8G) and trophoblast invasion (Fig. 8H) and prevented pregnancy loss (Fig. 8, I and J) in SA mice. Together, the data suggest that supplementation with FBP decreases the risk of pregnancy loss due to insufficient FBP–IL-27 expression and COX-2+ dMφs.

**DISCUSSION**

Decidualization, a process where extensive remodeling of the endometrium occurs to create a receptive environment for embryonic development, is a key event in pregnancy in some mammals including mice and humans. Glucose is required for both embryonic development and decidualization of the endometrium (23). Glucose is metabolized via multiple pathways in the murine uterus to support decidualization and provide adenosine triphosphate (ATP) (24). Inhibition of glucose metabolism impairs decidualization in mice, resulting in smaller litters (25, 26). However, the features and effects of glucose metabolism during decidualization in humans are mostly unknown. With increased PFK1 and decreased FBP1 levels reported here, accumulation of FBP was realized in decidualized human stromal cells. In addition, exposure to progesterone plus estrogen, or trophoblast supernatant, led to the increase of PFK1 and decrease of FBP1 levels in vitro. The phosphatidylinositol 3-kinase (PI3K)/AKT-dependent PFK1 activation and glucose transporter type 1 (GLUT1) expression had previously been shown to promote...
the production of FBP and the Warburg effect (17), and progesterone was reported to activate hypoxia-inducible factor 1α and c-Myc in vitro, through PI3K/AKT signaling pathway to maintain aerobic glycolysis in decidualizing cells (24). The data suggest that decidualization induced by pregnancy-related hormones and trophoblast supernatant promotes the enrichment of FBP possibly by PI3K/AKT-dependent PFK1 activation and glucose uptake. As a high-energy endogenous intermediate of the glycolytic pathway, FBP is considered responsible for sustaining glycolysis and increasing ATP production, eventually accelerating the decidualization, and

Fig. 7. The FBP–IL-27–COX-2 regulatory axis in decidua is insufficient in patients with unexplained RSA. (A) The mRNA levels of FBP1 and PFK1 between DSCs from normal pregnant women (n = 10) or patients with unexplained RSA (n = 10) were detected by RT-PCR. (B) Expression of FBP1 and PFK1 between decidua tissues from normal pregnant women (n = 12) or patients with unexplained RSA (n = 12) were detected by immunohistochemistry. (D) The FBP levels in the blood plasma from nonpregnant (NP) or pregnant (P) normal women or patients with unexplained RSA (n = 10 per group) were detected. (E) The mRNA level of IL-27 between DSCs from normal pregnant women (n = 10) or patients with unexplained RSA (n = 10) was detected by RT-PCR. (F and G) Expression of IL-27 between decidua tissues from normal pregnant women (n = 20) or patients with unexplained RSA (n = 20) was detected by immunohistochemistry. (H and I) The levels of COX-2 (H), CD80, CD86, INF-γ, CD206, CD209, and IRF4 (I) in dMφs from normal pregnant women (n = 12) or patients with unexplained RSA (n = 12) were detected by FCM. Data were presented as means ± SEM and analyzed by t test or one-way ANOVA test. *P < 0.05, **P < 0.01, and ***P < 0.001.

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Fig. 8. FBP administration induces COX-2+ dMφ differentiation and alleviates pregnancy loss. (A and B) The FBP levels in uterine tissues and blood plasma of normal pregnant mice (Ctrl, \(n = 8\)), spontaneous abortion-prone mice (SA; \(n = 8\)), or SA mice intraperitoneally injected with FBP (500 mg/kg per day, SA + FBP, \(n = 8\)) were detected. (C and D) The IL-27 levels in USCs of pregnant mice from Ctrl (\(n = 8\)), SA (\(n = 8\)), or SA + FBP (\(n = 8\)) group were analyzed by FCM. (E and F) The COX-2 levels in uMφ of pregnant mice from Ctrl (\(n = 8\)), SA (\(n = 8\)), or SA + FBP (\(n = 8\)) group were analyzed by FCM. (G) The mRNA levels of decidualization-related genes in uterus of pregnant mice from Ctrl (\(n = 8\)), SA (\(n = 8\)), or SA + FBP (\(n = 8\)) group were detected by RT-PCR. (H) Depth of CK7+ trophoblast infiltration into uterus of pregnant mice from Ctrl (\(n = 8\)), SA (\(n = 8\)), or SA + FBP (\(n = 8\)) group was observed by hematoxylin and eosin staining or immunofluorescence staining. (I and J) Photograph (red arrow: absorption point) of uterus and absorption rates of pregnant mice from Ctrl (\(n = 8\)), SA (\(n = 8\)), or SA + FBP (\(n = 8\)) group. Data were presented as means ± SEM and analyzed by one-way ANOVA test. *\(P < 0.05\), **\(P < 0.01\), and ***\(P < 0.001\).
that the FBP–IL-27 axis–triggered COX-2+ M2-like macrophages in the decidua participate in the maintenance of maternal-fetal COX-2+ macrophages obviously prevented the impairment of Tr1 cells, and Tim-3 and PD-L1 expression in CD4+ and CD8+ cytokine family, IL-27 induces IL-10–secreting type 1 regulatory blasts to invade the uterus. As a heterodimeric member of the IL-12 IUGR due to poor decidualization and reduced capacity of trophoblast activation should be involved in these processes. PGE2 is an important metabolite, FBP, as an early-warning indicator of early pregnancy loss due to poor decidualization and reduced capacity of trophoblasts to invade the uterus. As a heterodimeric member of the IL-12 cytokine family, IL-27 induces IL-10–secreting type 1 regulatory (Tr1) cells, and Tim-3 and PD-L1 expression in CD4+ and CD8+ T cells (31, 32). IL-27RA and gp130 were highly expressed in the macrophages of human and mouse decidua. In addition, ESC/DSC-derived IL-27 promoted COX-2+ M2-like macrophage differentiation in decidua both in vitro and in vivo. Mechanistically, STAT3 activation should be involved in these processes. PKM2 is an important regulator for M2 or M2-like macrophages in multiple physiological and pathological processes (33, 34). Therefore, the FBP–IL-27 axis–triggered M2-like macrophage in decidua should be due to the interaction between STAT3 and COX-2/PGE2. However, the potential mechanism for this regulatory process at the maternal-fetal interface during early pregnancy needs further investigation.

We found Il27ra−/− pregnant mice to be prone to fetal loss or IUGR due to poor decidualization and reduced capacity of trophoblasts to invade the uterus. As a heterodimeric member of the IL-12 cytokine family, IL-27 induces IL-10–secreting type 1 regulatory (Tr1) cells, and Tim-3 and PD-L1 expression in CD4+ and CD8+ T cells (31, 32). IL-27RA and gp130 were highly expressed in the macrophages of human and mouse decidua. In addition, ESC/DSC-derived IL-27 promoted COX-2+ M2-like macrophage differentiation in decidua both in vitro and in vivo. Mechanistically, STAT3 activation should be involved in these processes. PKM2 is an important regulator for M2 or M2-like macrophages in multiple physiological and pathological processes (33, 34). Therefore, the FBP–IL-27 axis–triggered M2-like macrophage in decidua should be due to the interaction between STAT3 and COX-2/PGE2. However, the potential mechanism for this regulatory process at the maternal-fetal interface during early pregnancy needs further investigation.

Similar to Il27ra−/− pregnant mice, Ptgs2−/− females showed defective endometrial receptivity/decidualization and placentation, which was consistent with previous reports (35, 36). The process of decidualization is accompanied by the enrichment and redistribution of decidual immune cells. Disturbance of maternal-fetal immune regulation is associated with several complications of human pregnancy (e.g., miscarriage) (7, 37, 38). However, mechanisms underlying the metabolic reprogramming of immune cells during decidualization are almost unknown. Impaired M2-like macrophages were observed in the decidua of Ptgs2−/− pregnant mice. Transfer of COX-2+ macrophages obviously prevented the impairment of decidualization, trophoblast invasion, and M2 macrophage differentiation in the uterus of Il27ra−/− pregnant mice. The results indicate that the FBP–IL-27 axis–triggered COX-2+ M2-like macrophages in the decidua participate in the maintenance of maternal-fetal immune tolerance, decidualization, trophoblast invasion, and placentation development. However, whether COX-2–derived PGE2 is involved in this regulatory process remains to be further clarified.

Exogenous administration of FBP has been shown to exert protective effects in a variety of ischemic injury diseases, which are attributed to the ability of FBP to sustain glycolysis and increase ATP production by serving as a high-energy substrate under pathological conditions (39–42). Targeting glycolysis with 2-DG also eliminated FBP enrichment and its downstream effects in the decidua, and jointly induced embryo loss. Moreover, we observed decreased levels of FBP in the decidua and plasma of patients with RSA. To the best of our knowledge, this is the first report of a relationship between FBP and miscarriage. Detailed investigation showed that FBP supplementation–induced maternal-fetal immune tolerance promoted decidualization and placentation development through IL-27–triggered COX-2+ M2-like macrophage and prevented pregnancy loss.

In conclusion, pregnancy-associated hormones, accompanied by implantation of the during normal pregnancy, trigger ESCs to differentiate into DSCs and further induce the enrichment of FBP (fig. S11). While FBP accelerates decidualization in an ATP-dependent manner, the FBP–PKM2 complex promotes the secretion of IL-27 by activating ERK1/2–c-FOS signaling pathways. Subsequently, IL-27 drives COX-2+ M2-like dMφ differentiation through STAT3 signaling. After differentiation is induced, these dMφs create and maintain a maternal-fetal tolerant microenvironment, along with promoting decidualization, trophoblast invasion, and placentation development. Once an imbalance in the FBP–IL-27–COX-2+ M2-like dMφ axis disturbs the interaction between DSCs and dMφs, pregnancy loss occurs. Supplementation with FBP can prevent pregnancy loss by activating the FBP–IL-27–COX-2+ M2-like dMφ axis. Therefore, our study suggests the potential uses of a metabolite, FBP, as an early-warning indicator of early pregnancy loss and as a possible therapeutic agent for its prevention.

MATERIALS AND METHODS
Patients and sample collection
The protocol for this study was approved by the Human Research Ethics Committee of Obstetrics and Gynecology Hospital, Fudan University, and written informed consent was obtained from all participants. First-trimester human peripheral blood was obtained from 60 women with clinically normal pregnancies [age, 29.78 ± 7.45 years; gestational age, 48.25 ± 6.7 days (mean ± SEM)], which were eventually terminated for nonmedical reasons, and from 33 women with RSA [age, 31.05 ± 7.31 years; gestational age at sampling, 48.17 ± 7.7 days (mean ± SEM)]. Peripheral blood (n = 22) and normal endometrial samples (n = 65) in the secretory phase were collected from 65 patients (age range, 30 to 45 years) who had undergone diagnostic curettage or hysterectomy for benign reasons unrelated to endometrial dysfunction as healthy controls. Decidual tissues were obtained from 144 women with clinically normal pregnancies [age, 29.10 ± 5.95 years; gestational age, 48.87 ± 6.61 days (mean ± SEM)] (terminated for nonmedical reasons) and from 47 women with RSA [age, 32.13 ± 7.19 years; gestational age, 52.41 ± 6.32 days (mean ± SD)]. All cases were histologically confirmed according to the established criteria. All pregnant women were confirmed by ultrasound and blood tests, and women with spontaneous miscarriage due to endocrine, anatomical, and genetic abnormalities, or due to any infection, were excluded.

Mice
Ptgs2 heterozygous mice were obtained from The Jackson Laboratory; Ptgs2−/− and WT littermates were obtained by mating male and female heterozygous mice. Il27ra−/− mice were bred by Shanghai Model Organisms Center Inc. (Shanghai, China), and all mice were maintained in the Laboratory Animal Facility of Fudan University (Shanghai, China). A group of adult female C57BL/6 mice were purchased from the Laboratory Animal Facility of Fudan University and used for this study. Female CBA/J, male DBA/2, and male BALB/c mice were all purchased from Beijing Huafukang Biotechnology Co. Ltd.
(China). After adaptive feeding, female CBA/J mice were mated with male BALB/c mice or male DBA/2 mice (2:1) to construct mouse models of normal pregnancy or of spontaneous abortion. They were usually maintained for 2 weeks in the animal facility before use. The Animal Care and Use Committee of Fudan University approved all animal protocols. Pregnant C57BL/6 mice were either injected intraperitoneally with 2-DG (50 mg/kg per day, order no. HY-13966, MedChemExpress LLC., Shanghai, China) plus FBP trisodium salt [500 mg/kg per day; order no. A600468 CAS (81028-91-3), Sangon Biotech (Shanghai) Co. Ltd., China] or not, or vehicle [1% dimethyl sulfoxide (DMSO), Sigma-Aldrich], from days 0 to 7 of pregnancy. The day of detection of vaginal hydrant was considered day 0 of gestation.

**Immunostaining**

Immunohistochemical staining was performed as described previously (43). Human endometrium and decidua were labeled with rabbit anti-human FBP1, PFK1, IL-27, and PKM antibodies (Abs) (dilution 1:100; sc-271241, sc-377346, sc-390482, and sc-365684, Santa Cruz Biotechnology); uterine tissues of pregnant mice were labeled with rabbit anti-mouse CK7 Abs (10 μg/ml; ab9021, Abcam) by immunohistochemical staining.

**Metabolomics test (LC-MS analysis)**

Human ESCs and DSCs were subjected to metabolomics tests. The cells were homogenized and lysed by sonication (30,000 Hz) in pre-chilled phosphate-buffered saline (PBS) buffer. Proteins in the supernatant were harvested after repeated centrifugation (1000 g) with cold 85% acetone as metabolite-free proteome. Chromatography was performed using liquid chromatography–mass spectrometry (LC-MS) (Thermo Fisher Scientific, UltiMate 3000 LC, Orbitrap Elite). The separation was done on a Hypergod C18 column (100 mm by 4.6 mm, 3-μm particle size), with a flow rate of 0.3 ml/min, and then separated on an analytical column (Acclaim PepMap C18, 75 mm by 15 cm) with a linear gradient. The analytical column was heated to 40°C using an AgileSleeve column heater (Analytical Sales and Services), equilibrated with 98% mobile phase A (0.1% formic acid/3% acetonitrile) and 2% mobile phase B (0.1% formic acid/90% acetonitrile), and maintained at a constant column flow of 0.3 ml/min. Sample analysis was performed with SIEVE software (Thermo Fisher Scientific).

**Free metabolite detection for glycometabolism**

ESCs were pretreated with estrogen (10^-8 μM) plus progesterogen (10^-6 μM) or indirectly cocultured with JEG3 cells or with primary trophoblast cells (ratio 1:1) for 48 hours and harvested. Glyco-metabolism in ESCs was determined by LC-MS/MS, as described previously (44). The mass spectrometer used was the 4000 QTRAP System (AB Sciei, Framingham, MA) operated in multiple reaction monitoring mode.

**FBP detection**

FBP from cells, blood plasma, and tissues were detected using an FBP kit (#BC0920, Solarbio, China) according to the protocol. Cell pellet (ESCs and DSCs) was collected after centrifugation, and tissues (human endometrium and decidua or mouse uterus) were rinsed and weighed; 1 ml of extract solution was added to every 5 million cells or 0.1 g of tissue, and the cells were lysed by ultrasound (ice bath, power 20% or 200 W, ultrasound 3 s, interval 10 s, 30 repetitions), while tissues were ground into a homogenate on ice. The lysed homogenate was collected and centrifuged at 8000g at 4°C for 10 min, and the supernatant was kept on ice. Reaction reagents were added, and absorbance was measured with a spectrophotometer; the absorbance value was used to calculate the activity of FBP.

**Abs for flow cytometry**

To identify and evaluate the stromal cells in human endometrium and decidua, the cells were stained with Alexa Fluor 488–conjugated anti-human vimentin Ab (677809, BioLegend). DSCs, trophoblast cells (Tro), DLCs, and dMφs were stained with an Alexa Fluor 488–conjugated anti-human WXS-1/IIL-27RA Ab (191106, R&D Systems). Monocytes in peripheral blood, and macrophages in endometrium and decidua were stained with a fluorescein isothiocyanate (FITC)/phycocerythrin (PE)–conjugated anti-human/mouse COX-2 (#13596/#13314, Cell Signaling Technology (CST), USA), allopophycocyanin (APC)/Cy7–conjugated anti-human CD45 (368516, BioLegend), and Brilliant Violet 421 (BV421)–conjugated anti-human CD14 Ab (3067144, BioLegend), and dMφs were stained with BV510-conjugated anti-human CD80 (305234), peridinin chlorophyll protein (PerCP)/Cyanine5.5 (Cy5.5)–conjugated anti-human CD86 (374216), PE/Cy7–conjugated anti-human CD163 (333614), APC-conjugated anti-human CD206 (321110), BV421-conjugated anti-human CD209 (330118), PerCP/Cy5.5-conjugated anti-human IFN-γ (502526), PE/Cy7-conjugated anti-human transforming growth factor-β (TGF-β) (349610), Alexa Fluor 488–conjugated anti-human/mouse IRF4 (646405) (all from BioLegend). FITC-conjugated anti-human IDO (647003), PerCP/Cy7-conjugated anti-human CD45 (368516), BV421-conjugated anti-human CD14 Ab (3067144), Alexa Fluor 488–conjugated anti-human STAT3 phospho-(Tyr105) Ab (651005), and PE-conjugated anti-human CD45 (371804) (all from BioLegend). Mouse uterus macrophage cells (uMφs) were stained with APC/Cy7–conjugated anti-mouse CD45 (368516), BV421-conjugated anti-human CD14 Ab (3067144), Alexa Fluor 488–conjugated anti-human STAT3 phospho-(Tyr105) Ab (651005), APC-conjugated anti-mouse CD206 (141708), PE-conjugated anti-mouse CD209 (147801), Alexa Fluor 647–conjugated anti-mouse IOD (647003), PerCP/Cy5.5-conjugated anti-mouse IFN-γ (505822), Alexa Fluor 488–conjugated anti-human/mouse IRF4 (646405), and APC-conjugated anti-mouse IL-10 (505099) (all from BioLegend). Mouse uterus T cells (uT cells) were stained with APC/Cy7–conjugated anti-mouse CD45 (368516), BV421-conjugated anti-mouse F4/80, BV510-conjugated anti-mouse CD80 (104741), FITC/PE-conjugated anti-human/mouse COX-2 (#13596/#13314, CST, USA), PE/Cy5-conjugated anti-mouse CD86 (105016), APC-conjugated anti-mouse CD206 (141708), PE-conjugated anti-mouse CD209 (147801), Alexa Fluor 647–conjugated anti-mouse IOD (647003), PerCP/Cy5.5-conjugated anti-mouse IFN-γ (505822), Alexa Fluor 488–conjugated anti-human/mouse IRF4 (646405), and APC-Cy7–conjugated anti-mouse TNF-α (506323), APC-conjugated anti-mouse IL-10 (505099), PerCP/Cy5.5-conjugated anti-human/mouse GTAT3 (653811) (all from BioLegend), and PE-conjugated anti-mouse RO-γt (BD Biosciences, 562607). The mouse USCs were stained with an FITC-conjugated anti-mouse vimentin Ab (MBS70210, MyBioSource) and APC-conjugated anti-mouse IL-27p28 Ab (516906, BioLegend).

**Western blotting**

Western blotting was performed according to the standard procedure to analyze the expression of G6Pase (1:100; Santa Cruz Biotechnology,
trisodium salt (Sangon Biotech) in DMSO, Et3N and the above prepared disodium salt hydrate (V900924, Sigma-Aldrich, Germany) or FBP was subsequently lyophilized. To a solution of Array Assay Kit (Full Moon Biosystems, Sunnyvale, CA) were added G6P-Biotin and FBP-Biotin with the Antibody reder saline and Tween 20 (TBST) for 1 hour at room temperature. Human proteome microarrays (HuProt 20K) were blocked with block- 

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Isolation and culture of human ESCs, DSCs, and DLCs

Human ESCs were isolated from the endometrium of healthy control, and DSCs and DLCs were isolated from decidua of women with normal pregnancy according to previously described methods (45). This method provided more than 98% vimentin+ CK7− ESCs and DSCs and greater than 98% CD45+ DLCs, as confirmed by flow cytometry (FCM) analysis.

Purification of human PBMCs, dMφs, and mouse macrophages

Peripheral blood mononuclear cells (PBMCs) were isolated from the peripheral blood using lymphocyte separation medium (Dakewe, Shenzhen, China). Human dMφs were isolated from decidual immune cells using magnetic beads (Miltenyi Biotec, Bergisch Gladbach, Germany) for in vitro experiments. Mouse macrophages were isolated from the spleen of Ptgs2−/− mice or WT mice and further labeled with PKH67 (Sigma-Aldrich, USA) for in vivo experiments.

Construction of G6P-Biotin and FBP-Biotin and HuProt 20K protein array

D-Biotin was directly treated with SOCl2, and biotin acid chloride was obtained after removal of the excess SOCl2; the resulting residue was subsequently lyophilized. To a solution of d-glucose 6-phosphate disodium salt hydrate (V900924, Sigma-Aldrich, Germany) or FBP trisodium salt (Sangon Biotech) in DMSO, Et3N and the above prepared acid chloride (in DMSO) were added dropwise at room temperature. After the reaction reached completion, evaporation and purification yielded the desired product (G6P-Biotin and FBP-Biotin).

After treatment with biotin, FBP-Biotin, and F6P-Biotin, the ESCs were collected, and the sense proteins of FBP were detected by Wayen Biotechnologies Inc. (Shanghai, China) using the HuProt 20K protein array, according to the following procedure (46). The HuProt microarray (CDI Laboratories Inc.) comprises 20,240 human full-length proteins with N-terminal glutathione S-transferase (GST) tags. Human proteome microarrays (HuProt 20K) were blocked with blocking buffer [1% bovine serum albumin and 0.1% Tween 20 in tris-buffered saline and Tween 20 (TBST)] for 1 hour at room temperature with gentle agitation. G6P-Biotin and FBP-Biotin with the Antibody Array Assay Kit (Full Moon Biosystems, Sunnyvale, CA) were then diluted to 0.01 mg/ml in blocking buffer and incubated on the blocked proteome microarray at room temperature for 1 hour. The microarrays were washed thrice with TBST for 5 min each, incubated with streptavidin-Cy5 at a dilution of 1:1000 (Thermo Fisher Scientific) for 1 hour at room temperature, and subjected to three more 5-min washes. The microarrays were spun dry at 1500 rpm for 3 min and subjected to scanning with a GenePix 4000B (Axon Instruments, Sunnyvale, CA) to visualize and record the results. GenePix Pro 6.0 was used for data analysis. Proteins that may bind to FBP-Biotin are listed in table S1.

Proteomic microarray

After stimulation with FBP (0.5 mM) or without, the supernatants from Ctrl-ESC (secretory phase, n = 3) and FBP-ESC (secretory phase, n = 3) were collected and analyzed by the proteomic microarray RayBio L-Series Human Antibody Array 1000 (RayBiotech Inc., GA, USA) as described previously (47). The supernatants of IL-27RA+ and IL-27RA− dMφs were analyzed similarly.

Enzyme-linked immunosorbent assay

Cytokine concentrations (IL-27) were measured in the supernatants using enzyme-linked immunosorbent assay (ELISA) kits (R&D Systems, USA).

Animals and experimental design

We divided female C57BL/6 mice (8 weeks old, weight: 20 to 23 g) into three groups, using a random number table, by body weight, age, and family; the groups were Ctrl Il27ra−/− pregnant mouse group, Il27ra−/− pregnant mouse group with adoptive transfer of Ptgs2−/− Mφs, and Il27ra−/− pregnant mouse group with adoptive transfer of Ptgs2−/− Mφs. This was an unblinded trial.

The differentiation of uMφs and uCD4+T cells was analyzed by FCM at day 10 of gestation. The transcription levels of Bmp2, Wnt4, Hoxa10, Cebpβ, Dprp, Lgfbp1, Ihh, Il11, Prlr, and Lif in mouse uterus were analyzed by RT-PCR at day 10 of gestation. The primer sequences are described in table S2. The uterine tissues of pregnant mice were labeled with rabbit anti-mouse CK7 Abs for the depth detection of trophoblast invasion by immunofluorescence and immunohistochemical staining at day 10 of gestation. The level of fetal loss was checked at day 14 of gestation in pregnant mice. The day of appearance of a copulatory plug was arbitrarily designated as day 0 of gestation. The embryo absorption rate and implantation number were counted at day 14 of gestation. The percentage of fetal loss (the embryo absorption rate) was calculated as follows: percentage fetal loss = R/(R + V) × 100, where R represents the number of hemorrhagic implantation (sites of fetal loss) and V stands for the number of viable, surviving fetuses.

For adoptive transfer of macrophages in Il27ra−/− pregnant mice, macrophages from spleens of WT mice or Ptgs2−/− mice were isolated and purified by magnetic-activated cell sorting, labeled with PKH67, and transferred to Il27ra−/− pregnant mice at day 4 of gestation. The uterine tissues of pregnant mice were collected, and depth detection of trophoblast invasion was conducted by immunofluorescence and immunohistochemical staining at day 14 of gestation.

Statistics

Continuous variables are shown as means ± SEM. They were analyzed by Student’s t test in case of two groups and by one-way analysis of variance (ANOVA) using Tukey’s post hoc test in case of multiple
groups. The embryo resorption rate was analyzed using an adjusted t test. All analyses were conducted with SPSS 21.0 software; P < 0.05 was considered statistically significant.

SUPPLEMENTARY MATERIALS  
Supplementary material for this article is available at https://science.org/doi/10.1126/sciadv.ajb2488

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Fructose-1,6-bisphosphate prevents pregnancy loss by inducing decidual COX-2 macrophage differentiation

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