Quantum scalar fields in de Sitter space from the nonperturbative renormalization group

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We investigate scalar field theories in de Sitter space by means of nonperturbative renormalization group techniques. We compute the functional flow equation for the effective potential of $O(N)$ theories in the local potential approximation and we study the onset of curvature-induced effects as quantum fluctuations are progressively integrated out from subhorizon to superhorizon scales. This results in a dimensional reduction of the original action to an effective zero-dimensional Euclidean theory. We show that the latter is equivalent both to the late-time equilibrium state of the stochastic approach of Starobinsky and Yokoyama and to the effective theory for the zero mode on Euclidean de Sitter space. We investigate the immediate consequences of this dimensional reduction: symmetry restoration and dynamical mass generation.

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I. INTRODUCTION

Space-time curvature can have important consequences on the dynamics of quantum fields. Prominent examples are the spontaneous Hawking-Unruh radiation from (analog) black holes [1-6] and the amplification of cosmological perturbations during the inflation era [7]. Other nontrivial effects include the possibility of gravitationally induced phase transitions in the early Universe [8-10], the decay of massive particles into themselves [10, 11], the generation of a nonvanishing photon mass [12, 13], or the phenomenon of symmetry restoration through gravitationally enhanced quantum fluctuations [12-15], just to name a few. More generally, the study of radiative corrections to quantum field dynamics in nontrivial gravitational backgrounds is the subject of intense investigations; see, e.g., [16-31].

De Sitter space-time plays a particular role in this context, first, because it is maximally symmetric and, second, because of its direct relevance to inflationary physics and to the recent acceleration of the Universe [32-39]. For free scalar fields with a small mass in units of the space-time curvature, the de Sitter kinematics results in large quantum fluctuations on superhorizon scales, with an almost scale invariant power spectrum. This is at the very origin of the success of inflationary cosmology in predicting the spectrum of primordial density fluctuations [34, 35]. However, this is also responsible for infrared and secular divergences in perturbative calculations of quantum (loop) corrections to scalar field dynamics in de Sitter space [36, 37]. In fact, gravitationally enhanced quantum fluctuations on superhorizon scales lead to genuine nonperturbative effects [28, 38].

Specific techniques beyond standard perturbation theory have been developed to capture the dynamics of the relevant modes. This ranges from the effective stochastic approach put forward in Ref. [39] to various quantum field theoretical methods suitably adapted to de Sitter space; see Refs. [40, 50] for a (non exhaustive) list of examples. In particular, such methods allow one to study how an interacting scalar theory cures its infrared and secular problems, e.g., with the dynamical generation of a nonzero mass.

Nonperturbative renormalization group (NPRG) methods are particularly adapted for dealing with nontrivial infrared physics in many instances, from critical phenomena in statistical physics to the long distance dynamics of non-Abelian gauge fields [51-54]. Such techniques have recently been formulated in de Sitter space-time in Refs. [55, 56], where they have been used to study the renormalization group (RG) flow of $O(N)$ scalar field theories at superhorizon scales. A remarkable observation is that, thanks to gravitationally enhanced infrared fluctuations, the RG flow gets effectively dimensionally reduced to that of a zero-dimensional Euclidean field theory [56]. This has various consequences, such as, e.g., the radiative restoration of spontaneously broken symmetries in any space-time dimension.

In the present work, we extend the NPRG study of

1 See also [57-59] for other recent applications in curved spaces.

2 The phenomenon of radiative symmetry restoration for $O(N)$ scalar theories in de Sitter space-time has been firmly established both for the case of a continuous Abelian symmetry $N = 2$ [12] and in the limit $N \to \infty$ [13, 15], where exact results can be obtained. It has been convincingly demonstrated for generic values of $N$ using the stochastic approach [60] and NPRG techniques [56]. It is to be mentioned that some studies [61, 64] find a possible (de Sitter invariant) broken symmetry phase for finite $N$. However, for continuous symmetries ($N \geq 2$), the Goldstone modes acquire a nonzero mass, which is rather unphysical. We believe these are artifacts of the various approximation schemes employed in these works. For instance, the Hartree approximation used in Refs. [61, 63] is known to produce similar spurious solutions in flat space-time at finite temperature [65].
Ref. [56] and investigate the flow of the effective potential of \( O(N) \) theories from the flat space-time (Minkowski) regime at subhorizon scales to the regime of superhorizon momenta, with fully developed curvature effects. Using the so-called local potential approximation (LPA), we study in detail the onset of gravitational effects at the horizon scale.

The phenomenon of effective dimensional reduction mentioned above allows us to establish a direct relation between the present NPRG approach and the stochastic effective theory of Starobinsky and Yokoyama [39]. In particular, we show that the effective zero-dimensional field theory which results from integrating out the superhorizon degrees of freedom is equivalent to the late-time equilibrium state of the stochastic description. We also discuss our approach in relation with recent studies on Euclidean de Sitter space [42, 43, 59]. We show that the dimensionally reduced theory in (Lorentzian) de Sitter space-time at superhorizon scales is equivalent to the effective theory for the zero mode on the compact Euclidean de Sitter space. This provides a direct link between Euclidean de Sitter calculations and the stochastic approach. This also adds to the quantum field theoretical foundations of the latter [36, 66–71].

Finally, we discuss the consequences of the dimensional reduction in the infrared by explicitly solving the functional RG flow equation for the effective potential in various situations of interest. We show that, in the cases of interest, where we can solve the full functional flow equation analytically in the infrared, we argue that the large-\( \kappa \) limit actually gives the correct qualitative picture for arbitrary \( N \) and, using the equivalent zero-dimensional field theory, we compute the effective mass and coupling parameters in the deep infrared. We recover and extend known results of the stochastic approach.

The paper is organized as follows. Section II briefly reviews the NPRG setup in de Sitter space-time and the derivation of the flow equation for the effective potential in the LPA. We discuss the various regimes of interest and the phenomenon of dimensional reduction in Sec. III, where we also establish the relations with the stochastic approach and with Euclidean de Sitter space respectively. Explicit solutions of the functional flow equation are discussed in the large-\( N \) limit and at finite \( N \) in Secs. IV and V. Some technical details are presented in the Appendices.

II. GENERAL SETUP

We consider a scalar field theory with \( O(N) \) symmetry on the expanding Poincaré patch of a de Sitter space-time with Lorentzian signature in \( D = d + 1 \) dimensions. In terms of the conformal time \( -\infty < \eta < 0 \) and of comoving spatial coordinates \( \mathbf{X} \), the line element reads

\[
ds^2 = a^2(\eta) \left( -d\eta^2 + d\mathbf{X}^2 \right) \quad \text{with} \quad a(\eta) = -1/\eta,
\]

in units where the expansion rate \( a'/a^2 = 1 \). The classical action reads

\[
S[\varphi] = -\int_x \left\{ \frac{1}{2} \partial_\mu \varphi_a \partial^\mu \varphi_a + V(\varphi) \right\},
\]

where \( \int_x = \int d^D x \sqrt{-g(x)} = \int d\eta a^D(\eta) \int d^4 \mathbf{X} \) is the invariant integration measure, with \( g(x) \) the determinant of the metric tensor, the potential \( V(\varphi) \) is a function of the \( O(N) \) invariant \( \varphi_a \varphi_a \), and a summation over repeated space-time or \( O(N) \) indices \( a = 1, \ldots, N \) is understood. Note that the potential \( V(\varphi) \) includes possible couplings to the (constant) space-time curvature.

Correlation functions for the scalar field can be computed by means of path integral techniques with weight \( \exp(iS) \). In order to keep the large contributions from long wavelength quantum fluctuations under control, one introduces the modified action \( S_\kappa = S + \Delta S_\kappa \), with

\[
\Delta S_\kappa[\varphi] = \frac{1}{2} \int_{x,x'} \varphi_a(x) R_\kappa(x,x') \varphi_a(x'),
\]

where the infrared regulator \( R_\kappa \) acts as a large mass term for (quantum) fluctuations on sizes larger than \( 1/\kappa \) and essentially vanishes for short wavelength modes, thereby suppressing the contribution from the former to the path integral.\(^3\) From the generating functional

\[
e^{iW_\kappa[J]} = \int \mathcal{D}\varphi \exp \left( iS_\kappa[\varphi] + i \int_x J_a \varphi_a \right),
\]

one defines the regulated effective action

\[
\Gamma_\kappa[\phi] = W_\kappa[J] - \int_x J_a \partial_a \varphi_a - \Delta S_\kappa[\phi],
\]

where \( J \) and \( \phi \) are related through \( \delta W_\kappa[J]/\delta J = \phi \). The functional \( \delta \) smoothly interpolates between the classical action at the ultraviolet scale\(^4\) \( \kappa = \Lambda \), that is, \( \Gamma_\Lambda[\phi] = S[\phi] \), and the standard effective action—the generating functional of one-particle-irreducible vertex functions—at the scale \( \kappa = 0 \), where all quantum fluctuations have been integrated out, namely, \( \Gamma_{\kappa=0}[\phi] = \Gamma[\phi] \).

It can roughly be seen as an effective action for the physics at a scale \( \kappa \). The dependence on \( \kappa \) is controlled by the Wetterich equation \(^7\)

\[
\dot{\Gamma}_\kappa = \frac{i}{2} \text{Tr} \left\{ \dot{R}_\kappa \left( \Gamma^{(2)}_\kappa + R_\kappa \right)^{-1} \right\},
\]

\(^3\) The distinction between long and short wavelength modes is ambiguous in spaces with Lorentzian signature. Here, we make this distinction on (Euclidean) constant-time hypersurfaces; see below.

\(^4\) The ultraviolet scale is implicitly assumed to be much larger than any other scale in the problem, e.g., \( \Lambda^2 \gg 1, V''(\varphi) \).
where the dot denotes a derivative with respect to the RG time $\ln \kappa$ and $\Gamma^{(2)}_{\kappa,\alpha\beta}(x, y) = [g(x)g(y)]^{-1/2} \delta^2 \Gamma_\kappa[\phi]/\delta \phi_\alpha(x)\delta \phi_\beta(y)$ is the covariant two-point vertex function. Here, the functional inversion, matrix product, and trace $\text{Tr}$ involve both space-time variables and $O(N)$ indices.\(^5\)

The functional partial differential equation (6) cannot be solved in a closed form in general. In the present work, we are interested in the flow of the effective potential $V_\kappa(\phi)$ defined as $\Gamma_\kappa[\phi = \text{const.}] = -\int_x V_\kappa(\phi)$. To this purpose, we evaluate Eq. (6) at constant field and employ the local potential ansatz (LPA)

$$
\Gamma^{\text{LPA}}_\kappa[\phi] = -\int_x \left\{ \frac{1}{2} \partial_\mu \phi_\alpha \partial^\mu \phi_\alpha + V_\kappa(\phi) \right\} \tag{7}
$$

to compute the right-hand side of the equation. This is motivated by the expectation that terms with higher powers of field derivatives should be suppressed in the physically relevant regime $\kappa \lesssim 1$. The LPA further neglects a possible field-dependent renormalization factor of the derivative term. It is the simplest nontrivial ansatz which incorporates the full field dependence of the effective potential. Notice that one has $V_\kappa(\phi) \equiv V(\phi)$ at the ultraviolet scale $\kappa = \Lambda$.

Following \[^5\]\[^6\] \[^5\]\[^0\], we choose an infrared regulator of the form

$$
R_\kappa(x, x') = -\frac{\delta(\eta - \eta')}{aD(\eta)} \int \frac{d^dK}{(2\pi)^d} e^{iK(x - x')} R_\kappa(-K\eta) = -\delta(t - t') \int \frac{d^dK}{(2\pi)^d} e^{ip(x - x')} R_\kappa(p), \tag{8}
$$

where, in the second line, we introduced the cosmological time $t = -\ln(-\eta)$ as well as the physical coordinates and momentum variables, $x = a(\eta)X$ and $p = K/a(\eta)$. When plugged in Eq. (3), one checks that this indeed leads to a momentum-dependent mass term. An important remark is that this only regulates spatial momenta and thus breaks the local Lorentz symmetry of de Sitter space-time. The difficulty of choosing a fully invariant regulator is related to the fact that the distinction between high and low momentum modes is ambiguous in a space with Lorentzian signature. We emphasize though that it is important to regulate physical momenta $p = -K\eta$ in order to keep as much as possible of de Sitter symmetries \[^5\]. In particular, this guarantees that the affine subgroup of the de Sitter group is left unbroken \[^7\] \[^8\] \[^9\] and this leads to a consistent\(^6\) truncation of both sides of the flow equation (6).

With these choices, the flow equation for the potential takes the following form, in the case $N = 1$ and keeping the field dependence implicit,

$$
\dot{V}_\kappa = \frac{1}{2} \int \frac{d^dp}{(2\pi)^d} R_\kappa(p) |u_\kappa(p)|^2 \frac{p}{p^2}, \quad \tag{9}
$$

where the mode function $u_\kappa(p)$ satisfies the evolution equation\(^7\)

$$
\left( \partial_p^2 + \frac{\nu_\kappa^2 - R_\kappa(p) - \frac{1}{4}}{p^2} \right) u_\kappa(p) = 0, \quad \tag{10}
$$

with appropriate initial conditions, where

$$
\nu_\kappa = \sqrt{\frac{d^2}{4} - V'_\kappa''}. \tag{11}
$$

For the simple Litim regulator \[^8\]

$$
R_\kappa(p) = (\kappa^2 - p^2)\delta(\kappa^2 - p^2) \tag{12}
$$

and demanding the Bunch-Davies \[^8\] vacuum conditions at large momentum (which reproduce the Minkowski vacuum for deep subhorizon modes), the solution reads

$$
\begin{align*}
\left. u_\kappa(p) = \sqrt{\frac{\pi p}{4}} e^{i\varphi_\kappa} \left[ c_\kappa^+ \left( \frac{p}{\kappa} \right)^{-\nu_\kappa} + c_\kappa^- \left( \frac{\kappa}{p} \right)^{\nu_\kappa} \right] \right|_{p \leq \kappa}, \\
\left. u_\kappa(p) = \sqrt{\frac{\pi p}{4}} e^{i\varphi_\kappa} H_{\nu_\kappa}(p) \right|_{p \geq \kappa}, \tag{13}
\end{align*}
$$

where $\varphi_\kappa = \frac{n}{2}(\nu_\kappa + 1/2)$, $\varphi_\kappa^2 = \nu_\kappa^2 - \kappa^2$, $H_\nu(p)$ is the Hankel function of the first kind, and where the coefficients

$$
c_\kappa^\pm = \frac{1}{2} \left[ H_{\nu_\kappa}(\kappa) \pm \frac{\kappa}{\nu_\kappa} H'_{\nu_\kappa}(\kappa) \right], \tag{14}
$$

ensure the continuity of $u_\kappa(p)$ and of its first derivative at $p = \kappa$. The momentum integral in Eq. (9) can be computed explicitly. We obtain the functional beta function for the potential as

$$
\dot{V}_\kappa \equiv \beta(V''_\kappa, \kappa) = \frac{C_d\kappa^{d+2}}{\kappa^2 + V'_\kappa} B_d(\nu_\kappa, \kappa), \tag{15}
$$

\[^5\] A technical comment is in order. The calculation of the correlation functions of interest here can be conveniently formulated as an initial-value problem, where initial conditions corresponding to the quantum state of interest are specified in the infinite past (see below). This is the typical setup of a nonequilibrium problem \[^8\]. In that case, standard functional techniques can be generalized by formulating the theory on Schwinger’s closed time contour $C$ \[^8\]. In the present context, this amounts to the replacement $\int d\eta \to \int d\eta$ and $\delta(\eta - \eta') \to \delta_C(\eta - \eta')$; see, e.g., Ref. \[^8\] for details. Discussions of NPRG methods for nonequilibrium systems can be found in Refs. \[^8\] \[^8\] \[^8\].

\[^6\] For instance, a regulator on comoving momenta leads to inconsistencies such as the fact that one cannot factor out the volume factor $\int d^4x$ on both sides of Eq. (6); see Ref. \[^8\].

\[^7\] In general cosmological space-times, the mode function depends separately on the comoving momentum $K$ and the conformal time $\eta$. The symmetries of the de Sitter space-time—in fact the affine subgroup \[^8\] \[^8\]—constrain these dependences to be tight together by the gravitational redshift. The mode function is a nontrivial function of the physical momentum $p = -K\eta$ only. The time-evolution equation can be traded for a (physical) momentum evolution equation; see Refs. \[^8\] \[^8\] \[^8\] for details.
III. FROM SUBHORIZON TO SUPERHORIZON SCALES: THE ONSET OF GRAVITATIONAL EFFECTS

We now discuss the beta function for the effective potential in various regimes and compare it to its flat space (Minkowski) counterpart in order to pinpoint the specific effects of the space-time curvature.

A. Minkowski regime

The first case of interest is the regime of subhorizon scales $\kappa \gg 1$, where all fluctuating modes are effectively heavy in units of the space-time curvature. One thus expects to recover the Minkowski limit of the flow equation. Indeed, using the asymptotic behavior $H_\nu(\kappa) \sim \sqrt{\frac{2}{\pi \kappa}} \exp\{i\kappa - i\frac{\nu}{2}(\nu + 1/2)\}$ of the Hankel functions in Eq. (16), one finds $B_d(\nu, \kappa) \approx 8 \kappa / \pi$. This leads to a beta function (15) identical to that obtained by deriving the flow equation directly in Minkowski space in the limit $\kappa^2 \gg V''_\kappa$, as shown in Appendix A.

Similarly, for field values where the curvature of the potential $V''_\kappa \gg 1$, one expects space-time curvature effects to be negligible for all $\kappa$. In this case, the index $\nu^2_\kappa \approx -V''_\kappa$ and we obtain, using the properties of the Hankel function for imaginary index, $B_d(\nu, \kappa) \approx 8 \nu^2_\kappa + V''_\kappa / \pi$. The beta function (15) thus reads

$$\beta(V''_\kappa, \kappa) \approx \frac{8C_d}{\pi} \frac{\kappa^{d+2}}{\sqrt{\kappa^2 + V''_\kappa}},$$

which is identical to the Minkowski beta function; see Appendix A. The right-hand side of (20) is plotted as a function of the RG scale $\kappa$ for various values of $V''_\kappa$ in the top panel of Fig. 2.

B. Infrared regime and dimensional reduction

The Minkowski beta function (20) receives sizable corrections at superhorizon scales $\kappa \lesssim 1$ when the curvature of the potential $V''_\kappa \lesssim d^2 / 4$. This corresponds to $\nu^2_\kappa$ increasing from (large) negative to positive values. For instance, for $V''_\kappa = d^2 / 4 (\nu_\kappa = 0)$, one has

$$B_d(0, \kappa) = \frac{4d^2}{\pi^2} \ln^2 \left( \frac{\kappa}{2} \right) - \frac{8d}{\pi^2} \ln \left( \frac{\kappa}{2} \right) + O(\kappa^0).$$

This shows a (double) logarithmic enhancement as compared to the Minkowski case in the corresponding regime. This effect gets more pronounced as $V''_\kappa$ is further decreased ($\nu_\kappa$ is further increased to positive values). For $\nu \in \mathbb{R}^+$ and $\kappa \lesssim 1$, the Hankel functions $H_\nu(\kappa) \sim \Gamma(\nu) / \pi (2/\kappa)^\nu$ and we obtain

$$B_d(\nu, \kappa) \approx d(d + 2\nu) \frac{\Gamma^2(\nu)}{\pi^2} \left( \frac{2}{\kappa} \right)^{2\nu} \left[ 1 + O(\kappa^2) \right].$$

where $C_d = \pi \Omega_d / [16d(2\pi)^d]$, with $\Omega_d = 2\pi^{d/2} / \Gamma(d/2)$, and where we have defined the function $^8$ (see Fig. 1)

$$B_d(\nu, \kappa) = e^{-\pi \text{Im} (\nu)} \left\{ (d^2 - 2\nu^2 + 2\kappa^2) |H_\nu(\kappa)|^2 + 2\kappa^2 |H'_\nu(\kappa)|^2 - 2d\kappa \text{Re}\left[ H'_\nu(\kappa)H''_\nu(\kappa) \right] \right\}. \quad (16)$$

The generalization to the case $N > 1$ is straightforward. Defining

$$V_\kappa(\phi) = NU_\kappa(\rho) \quad \text{with} \quad \rho = \frac{\phi_d \phi_n}{2N}, \quad (17)$$

we obtain the functional flow equation

$$N\dot{U}_\kappa = \beta \left( m^2_{t,\kappa,\kappa} + (N - 1) \beta \left( m^2_{t,n,\kappa,\kappa} \right) \right), \quad (18)$$

with the local curvatures in the longitudinal and transverse directions in field space

$$m^2_{t,\kappa,\kappa}(\rho) = U'_\kappa(\rho) + 2\rho U''_\kappa(\rho) \quad \text{and} \quad m^2_{t,n,\kappa,\kappa}(\rho) = U'_\kappa(\rho). \quad (19)$$

$^8$ A. Kaya has informed us that the beta function published in Ref. 55 contains two typos: $3 + 3n \to 3 + 2n$ and $9 + 6n - 2\alpha^2 \to 9 + 6n + 2\alpha^2$. Our results agree once these typos are corrected.
The logarithmic enhancement of Eq. [21] is turned into a power law $\kappa^{-2\nu}$, which reflects the strong gravitational amplification of infrared fluctuations. In the case of small potential curvature $|V''| \ll 1$, one has $\nu_\kappa \approx d/2$, and the beta function reads

$$\beta(V'', \kappa) \approx \frac{1}{\Omega_{D+1}} \frac{\kappa^2}{V'' + V'''}.$$  \hspace{1cm} \text{(23)}$$

where we used $\Omega_{D+1} = 4\pi^{d/2+1}/[d\Gamma(d/2)]$. The various regimes of the beta function in de Sitter space are illustrated in Fig. 2 together with their Minkowski counterparts.

Equation (23) reproduces the result of Ref. [56] obtained directly in the infrared limit. As pointed out there, the beta function [23] describes an effective Euclidean RG flow in zero space-time dimension. \hspace{1cm} \text{9}

For instance, in the regime $V'' \ll \kappa^2 \ll 1$, the flow function $\beta(V'', \kappa) \sim \kappa^0$, to be compared to the canonical scaling in $D$ dimensions $\sim \kappa^D$. Below we shall make this statement more precise by showing that the beta function [23] describes a RG flow on the $D$-dimensional sphere $S^D$, that is, the Euclidean de Sitter space. As a measure of

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**FIG. 2:** The beta function $\beta(V'', \kappa)$ of the effective potential as a function of $\ln \kappa$ for different values of the potential curvature $V''$ in Minkowski (top) and de Sitter (bottom) spacetimes in $D = 3 + 1$. The de Sitter beta function coincides with the Minkowski one for all values of $V''$ in the regime of subhorizon scales $\kappa \gg 1$ and for all values of $\kappa$ when $V'' \gg 1$. Curvature effects become sizable on superhorizon scales for $V'' \sim d^2/4$ [see Eq. (11)] and the de Sitter beta function is qualitatively different from the Minkowski one for small curvatures $V'' \ll d^2/4$. In particular, its slope is dramatically reduced and even turns to zero for $V'' \ll \kappa^2 \ll 1$ as a result of the gravitationally induced amplification of infrared fluctuations. This corresponds to the phenomenon of effective dimensional reduction described in the text. Also shown is the case of negative potential curvature, for which the beta function diverges as $\kappa^2 \rightarrow V''$. In such regions of field space, the potential undergoes a strong RG flow which lowers the absolute value of the negative curvature.

**FIG. 3:** The same as Fig. 2 but for $\kappa \partial_\kappa \ln \beta(V'', \kappa)$. This shows the various power law behaviors in the different regimes of interest for the Minkowski (top) and the de Sitter (bottom) beta functions. In the former case, one has $\beta \sim \kappa^D$ for $\kappa^2 \gg V''$ and $\beta \sim \kappa^{D+1}$ for $\kappa^2 \ll V''$. In the de Sitter case, there is an extra dimensionful parameter and the structure is more complex. The Minkowski scaling is reproduced either for $\kappa^2 \gg 1$ or for $V'' \gg 1$ but there are strong modifications in the infrared regime $\kappa \ll 1$ for $V'' \sim d^2/4$. The gravitationally induced logarithmic and power law enhancements (21) and (22) are clearly visible. The modified power law behavior in the infrared as compared to the flat spacetime case results in an effective dimensional reduction up to the zero-dimensional scaling for $V'' \ll 1$.

\hspace{1cm} \text{9} A similar dimensional reduction phenomenon has been observed for fermionic degrees of freedom in spaces with constant negative curvature [51, 52].
the effective dimensional reduction we show the logarithmic slope of the beta function in the various regimes of interest in Fig. 3.

This effective dimensional reduction signals the fact that the solution of the flow equation governed by the beta function (23) can be written as an effective zero-dimensional field theory. We introduce the following ordinary integral

$$e^{-\Omega_{D+1}W_\alpha(J)} = \int d^N\varphi e^{-\Omega_{D+1}\left[\text{V}_{\text{eff}}(\varphi) + J_\alpha\varphi_\alpha + \frac{\kappa^2}{2}\varphi_\alpha\varphi_\alpha\right]},$$

where $V_{\text{eff}}(\varphi)$ is a function to be specified below. Repeating the steps leading to the flow equation (6), it is easy to check that the Legendre transform

$$V_\alpha(\phi) = W_\alpha(J) - J_\alpha\phi_\alpha - \frac{\kappa^2}{2}\phi_\alpha\phi_\alpha,$$

with $\partial W_\alpha(J)/\partial J_\alpha = \phi_\alpha$, satisfies the flow equation (23). One can adjust the function $V_{\text{eff}}(\varphi)$ so as to produce the appropriate initial conditions\(^{10}\) for the infrared flow at a scale $K_0 \sim 1$. All solutions of the flow equation in the deep de Sitter regime can thus be written as Eq. (24). In particular, it is remarkable that, in this regime, the original $D$-dimensional Lorentzian theory, with complex weight $\exp(is)$ eventually flows to a zero-dimensional Euclidean-like integral, with real weight $\exp(-\Omega_{D+1}V_{\text{eff}})$.

C. Relation to the stochastic approach

The phenomenon of dimensional reduction described above is deeply related with the stochastic approach proposed by Starobinsky and Yokoyama in Ref. [39]. The latter is based on exploiting the specific aspects of the de Sitter kinematics to write down an effective theory for light fields on superhorizon scales. First, the large amplitude of quantum fluctuations on superhorizon scales implies that these behave as classical stochastic variables. Second, such fluctuations, of spatial size larger than the causal horizon are almost frozen in time and can essentially be described by a single degree of freedom\(^{11}\) $\varphi_\alpha(t)$ in each direction in field space, with $t$ the cosmological time. Finally, because of the stationary gravitational redshift, this stochastic variable is sourced by the short wavelength (subhorizon) modes. The effective dynamics of the long wavelength modes is then described by an effective Langevin equation with delta-correlated noise [39] [43]

$$\partial_t\varphi_\alpha(t) + \frac{1}{d}\partial\varphi_\alpha(t) = \xi_\alpha(t),$$

where $V_{\text{soft}}(\varphi)$ is the potential seen by the long wavelength modes (see below). Treating the short wavelength modes as noninteracting fields in the Bunch-Davies vacuum, one has, generalizing the calculation of [39] [43] to arbitrary $N$,

$$\langle\xi_\alpha(t)\xi_b(t')\rangle = \frac{\Gamma(d/2)}{2\pi^{d/2+1}}\delta_{\alpha b}\delta(t - t').$$

Using standard manipulations, Eq. (26) can be turned into the following Focker-Planck equation for the probability distribution $P(\varphi, t)$ of the stochastic process

$$\partial_t P = \frac{1}{d}\partial\varphi_\alpha\left\{\frac{\partial V_{\text{soft}}}{\partial\varphi_\alpha}P + \frac{1}{\Omega_{D+1}}\partial\varphi_\alpha\right\}.$$ (28)

The latter admits an $O(N)$-symmetric stationary attractor solution at late times (i.e., in the deep infrared), given by

$$P(\varphi) \propto \exp\left\{-\Omega_{D+1}V_{\text{soft}}(\varphi)\right\}.$$ (29)

Equal-time correlation functions on superhorizon scales can then be computed as moments of this distribution. This coincides with the outcome (24) of the above RG analysis in the limit $\kappa \to 0$ provided one identifies $V_{\text{soft}}(\varphi) = V_{\text{eff}}(\varphi) \approx V_{\kappa_0}(\varphi)$. For instance, one has

$$\langle\varphi_\alpha\varphi_\beta\rangle = \frac{\int d^N\varphi_\alpha\varphi_\beta P(\varphi)}{\int d^N\varphi P(\varphi)} = \frac{1}{\Omega_{D+1}}\partial^2 W_{\kappa=0}(J)\bigg|_{J=0}.$$ (30)

The relevant potential to be used in the stochastic approach is thus not the microscopic one (at the UV scale $\Lambda$) but the one evolved down to the horizon scale $K_0$, which makes perfect physical sense.

The present NPRG approach thus sheds a new light on the basic principles underlying the stochastic approach. Moreover, it clarifies the relation between the stochastic approach and the Euclidean de Sitter approach, as we now discuss.

D. Relation to Euclidean de Sitter space

Another interesting consequence of the dimensional reduction concerns the relation between Lorentzian and Euclidean de Sitter spaces, the latter being nothing but the $D$-dimensional sphere $S^D$. It has been pointed out in [43] that, for what concerns the calculation of static quantities (e.g., equal-time correlators) on superhorizon scales, the nonperturbative physics of the zero mode on the sphere reproduces the results of the stochastic approach. However, the origin of this result has remained unclear.
The present NPRG approach allows us to clarify this point. As we have discussed above, the stochastic approach emerges as the result of the effective dimensional reduction of the RG flow due to strong enhancement of infrared fluctuations in the Lorentzian case. A similar dimensional reduction takes place in the Euclidean case for more obvious reasons since the sphere is compact.\(^\text{12}\)

The spectrum of the theory is thus discrete and all heavy modes decouple for scales below the first excited level, leaving the zero mode as the only fluctuating degree of freedom.

The effective dimensional reduction for a scalar field theory \((N = 1)\) on the sphere has been studied in detail by means of NPRG techniques in Ref. \cite{56}. There the author finds, employing the LPA and a Litim regulator, that the beta function for the effective potential on length scales larger than the sphere radius exactly reproduces the one obtained in \cite{56} for the Lorentzian theory on superhorizon scales, Eq. (23). Below, we provide a short alternative description of the origin of the dimensional reduction on the sphere.

The generating functional for connected correlation functions is given by

\[
e^{-\tilde{W}_\kappa}[J] = \int \mathcal{D}\varphi \exp \left( -\tilde{S}[\varphi] - \Delta\tilde{S}_\kappa[\varphi] - \int J_a \varphi_a \right),
\]

where we denote Euclidean quantities by an overall bar and \(\int_{\Omega}\) is the invariant integration on the unit sphere \(\Omega\). One decomposes the fields on the discrete basis of eigenfunctions of the corresponding Laplacian operator

\[
\varphi_a(x) = \sum_{\tilde{L}} \varphi_{a,\tilde{L}} Y_{\tilde{L}}(x),
\]

where \(\tilde{L} = (L, L_{D-1}, \ldots, 1)\) is a vector of integer numbers with \(L \geq L_{D-1} \geq \ldots \geq |L_1|\) and where the spherical harmonics satisfy

\[
\square_{\Omega} Y_{\tilde{L}}(x) = -\lambda_L Y_{\tilde{L}}(x),
\]

with \(\lambda_L = L(L + D - 1)\), and are normalized as

\[
\int_{\Omega} Y_{\tilde{L}}^*(x) Y_{\tilde{L}'}(x) = \delta_{\tilde{L},\tilde{L}}.
\]

The zero mode is the constant \(Y_0 = 1/\sqrt{\Omega_{D+1}}\), with \(\Omega_{D+1}\) the volume of the unit sphere \(\Omega\). The infrared regulator in Eq. (31) can be written as

\[
\Delta\tilde{S}_\kappa[\varphi] = \frac{1}{2} \sum_{a,\tilde{L}} \tilde{\mathcal{R}}_\kappa(L) \left| \varphi_{a,\tilde{L}} \right|^2.
\]

where the function \(\tilde{\mathcal{R}}_\kappa(L)\) provides a large effective mass for modes such that \(\lambda_L \lesssim \kappa^2\). Because the spectrum is discrete, it is essentially constant for scales below the first nonzero mode \(\kappa^2 \lesssim D\). For a potential curvature lower than the first level, \(V'' \lesssim D\), and for scales \(\kappa^2 \lesssim D\), the nonzero modes effectively behave as heavy modes and decouple in the flow equation. The physics of the zero mode is nonperturbative and must be treated separately \cite{42, 43}.

For instance, employing the following regulator

\[
\tilde{\mathcal{R}}_\kappa(L) = \left( \kappa^2 - \lambda_L \right) \theta(\kappa^2 - \lambda_L),
\]

one has \(\tilde{\mathcal{R}}_\kappa(L) = \kappa^2 \delta_{L,\theta} \) for \(\kappa^2 < D\). Writing the field as

\[
\varphi_a(x) = \tilde{\varphi}_a + \hat{\phi}_a(x),
\]

with \(\tilde{\varphi}_a = \varphi_{a,0} Y_0 = \int_\Omega \varphi_a(x) / \Omega_{D+1}\), we define the generating function for the fluctuations of the zero mode as \(\tilde{W}_\kappa[J] = \text{const.} = \Omega_{D+1} W_\kappa(J)\), which reads

\[
e^{-\Omega_{D+1} W_\kappa(J)} = \int d^N \hat{\phi} e^{-\Omega_{D+1} [\hat{V}_{\text{eff}}(\hat{\phi}) + a^2 \hat{\phi} \tilde{\varphi}_a + J_a \hat{\phi}_a]}.\]

Equation (38) coincides with the Lorentzian result Eq. (24) and thus with the stochastic approach as discussed above—provided one identifies the respective effective potentials \(V_{\text{eff}}\) and \(V_{\text{eff}}\).

\section{IV. LARGE-\(N\) LIMIT}

We now discuss the actual RG flow from subhorizon to superhorizon scales. We first consider the limit of a large number of field components, \(N \to \infty\), for which the flow equation for the potential is exactly given by the LPA and can be solved analytically in the interesting infrared regime. Furthermore, as we shall see later, the large-\(N\) limit correctly captures the qualitative behavior of the finite \(N\) case.

For \(N \to \infty\), only the transverse modes contribute to the flow equation (18), which becomes

\[
\dot{U}_\kappa(\rho) = \beta(U'_\kappa(\rho), \kappa),
\]

with the beta function given by Eqs. (15) and (16). A standard trick \cite{55, 56} is to rewrite this equation in terms of the function \(\rho_\kappa(W)\) defined by the relation\(^\text{13}\)

\[
U'_\kappa(\rho_\kappa(W)) = W. \quad \text{One thus has } \dot{\rho}_\kappa(W) =
\]

\(^\text{12}\) Dimensional reduction is spaces with compact dimension has been studied in \cite{53}. The number of effective dimension is simply given by the number of noncompact dimensions.

\(^\text{13}\) This assumes that the function \(U'_\kappa(\rho)\) or, equivalently, \(\rho_\kappa(W)\),
This stems from the fact that, unlike the interpolating potential $U_\kappa'(\rho)$ as well as $U_\kappa''(\rho_\kappa(W))\rho_\kappa(W) = 1$ and the flow takes the following explicit expression

$$\dot{\rho}_\kappa(W) = -\partial_W \beta(W, \kappa).$$

An important property of this flow equation is that, because the $\kappa$-dependence of the right-hand side is explicit, the coefficients of the Taylor expansion of $\rho_\kappa(W)$ in $W$, e.g., around $W = 0$, all have independent RG flows.

A typical initial condition at the UV scale $\kappa = \Lambda$ is $U_\Lambda(\rho) = m_\Lambda^2 + \lambda_\Lambda \rho^2/2$, that is, $\rho_\kappa(W) = (W - m_\Lambda^2)/\lambda_\Lambda$. Here, the parameter $m_\Lambda^2$ can be of any sign and $\lambda_\Lambda \geq 0$.

The flow in the UV regime $\kappa \gtrsim 1$ is described by the Minkowski beta function \cite{20} and one gets

$$\rho_\kappa(W) = \rho_\Lambda - \frac{4C_d}{\pi} \int_\kappa^\Lambda \frac{k^{d+1}}{(k + W)^{3/2}}. \tag{42}$$

For theories deep in the symmetric phase, where $U'_\kappa(\rho) \gg 1 \forall \rho \geq 0$, the flow eventually freezes out in the Minkowski regime at a scale $\kappa^2 \sim U'_\kappa(0)$. More interesting are the cases of theories either close to criticality or deep in the broken phase, for which there exists a significant region in field space where $14$ $|U'_\kappa(\rho)| \lesssim 1$ down to scales $\kappa \sim 1$.

This is the case where we expect important gravitational effects. In the region $W \ll 1$, the Minkowski flow \cite{42} reads

$$\rho_\kappa(W) = \frac{W - m_\kappa^2}{\lambda_\kappa} + O(W^2), \tag{43}$$

where

$$m_\kappa^2 = \frac{m_\Lambda^2}{\lambda_\Lambda} + \frac{4C_d A^{D-2} - k^{D-2}}{\pi} \frac{D - 2}{D - 4},$$

$$\lambda_\kappa = \frac{1}{\lambda_\Lambda} + \frac{6C_d A^{D-4} - k^{D-4}}{\pi} \frac{D - 4}{D - 4}. \tag{44}$$

For infrared scales $\kappa \ll 1$, the flow of the part of the potential where $|U'_\kappa(\rho)| \ll 1$ is described by the dimensionally reduced beta function \cite{23} and one gets

$$\rho_\kappa(W) = \rho_{\kappa_0} + \frac{1}{2\Omega_{D+1}} \left\{ \frac{1}{\kappa_0^2 + W} - \frac{1}{\kappa^2 + W} \right\}, \tag{46}$$

is invertible. It is easy to check that $\dot{\rho}_\kappa(W)$ in Eq. \cite{41} is a decreasing function of $W$: $\rho_\kappa'(W) \leq 0$. Here, we shall consider cases where the initial condition at the scale $\kappa = \Lambda$ is a monotonous—thus invertible—function with $\rho_\kappa'(W) \geq 0 \forall W$. It follows that $\rho_\kappa(W) \geq 0 \forall W$ and hence the function $\rho_\kappa(W)$ is invertible for all $\kappa \leq \Lambda$.

This stems from the fact that, unlike the interpolating potential $U_\kappa'(\rho)$, the regulated potential $U_\kappa'(\rho) + R_\kappa(0)$ is a convex function of $\rho_\kappa \geq 0$. Indeed, it is the Legendre transform of the generating functional \cite{4} for constant sources $W[J = \text{const.}]$, which is a convex function of $J_\kappa$. Note that this assumes that the infrared regulator $R_\kappa(0)$ indeed completely regulates the theory at all scales $\kappa$. With the regulator \cite{12}, this implies that a possibly concave region is such that the negative curvature never exceeds the IR cutoff scale: $\kappa^2 + U'_\kappa(\rho) > 0$.

where $\kappa_0 \sim 1$ denotes the horizon scale. Using the approximate UV flow \cite{43} down to the scale $\kappa_0$, we have $U_{\kappa_0}(\rho) \approx m_{\kappa_0}^2 \rho + \lambda_{\kappa_0} \rho^2/2$ and Eq. \cite{46} can be rewritten as

$$(U'_\kappa + \kappa_0^2)(U'_\kappa + \kappa^2)(U'_\kappa - U'_{\kappa_0}) = \frac{\lambda_{\kappa_0}}{2\Omega_{D+1}} (\kappa_0^2 - \kappa^2). \tag{47}$$

Under the above assumptions, we have $U'_\kappa(\rho) \ll \kappa_0^2$ in the relevant region of the potential and Eq. \cite{17} becomes a second order polynomial equation for $U'_\kappa$. The latter can easily be solved and integrated in $\rho$. Introducing the function $\tilde{U}_\kappa(\rho) = U'_\kappa(\rho) + \kappa^2 \rho$, we obtain

$$\tilde{U}_\kappa(\rho) - \tilde{U}_\kappa(0) = \frac{M^2_\kappa(\rho) - M^2_\kappa(0)}{2\lambda_{\kappa_0}} + \frac{1}{2\Omega_{D+1}} \left( 1 - \frac{\kappa^2}{\kappa_0^2} \right) \ln \frac{M^2_\kappa(\rho)}{M^2_\kappa(0)}, \tag{48}$$

where the curvature term $M^2_\kappa(\rho) = \tilde{U}_\kappa'(\rho) + \kappa^2$ is given by\cite{15}

$$M^2_\kappa(\rho) = \frac{m_{\kappa_0}^2 + \lambda_{\kappa_0} \rho + \kappa^2}{2} + \sqrt{\left( \frac{m_{\kappa_0}^2 + \lambda_{\kappa_0} \rho + \kappa^2}{2} \right)^2 + \frac{\lambda_{\kappa_0}}{2\Omega_{D+1}} \left( 1 - \frac{\kappa^2}{\kappa_0^2} \right)} . \tag{49}$$

For $\kappa = 0$, this reproduces the result of Ref. \cite{15}, obtained by a direct calculation of the effective potential in the limit $N \to \infty$. We mention that the above result for the

\[ \text{FIG. 4: The effective potential } U_\kappa(\rho) \text{ in the limit } N \to \infty \text{ [see Eq. \cite{45} in } D = 3 + 1 \text{ as a function of the radial variable } \sqrt{2\rho} \text{ in field space for (from bottom to top) } \kappa = 1.0, 1.0, 0. \]
running potential in the infrared regime can equivalently be obtained by a direct calculation of the integral (24) using standard large-$N$ techniques.

A. Symmetry restoration

Let us discuss some consequences of the findings of the previous sections. As pointed out in Ref. [56], an important consequence of the effective dimensional reduction of the RG flow in the infrared regime is the fact that any spontaneously broken symmetry gets radiatively restored. This is easily understood from the fact that the generating function of the effective zero-dimensional field theory given by the ordinary integral Eq. (24) is analytic and cannot present a spontaneously broken phase. In the limit $N \to \infty$, this phenomenon of symmetry restoration along the flow in the infrared regime can be seen on the exact solution, Eqs. (48) and (49), as illustrated on Fig. 4.

The analysis of Ref. [56] was restricted to the deep infrared regime, where the flow is already dimensionally reduced. Here, we extend this discussion and we consider the complete flow from subhorizon to superhorizon scales. This allows us to study how a possible broken phase in the Minkowski regime gets restored once gravitational effects become important in the infrared regime. We follow the flow of the minimum $\bar{\rho}_N$ of the potential, defined as $U'_N(\bar{\rho}_N) = 0$ or, equivalently, as $\bar{\rho}_N = \rho_N(W = 0)$. As explained above, the RG flow of $\bar{\rho}_N$ is independent of that of other couplings. We have, from Eq. (41),

$$\dot{\bar{\rho}}_N = - \partial_W \beta(W, \kappa)|_{W=0},$$

(50)

The right-hand side can be evaluated in closed form for each dimension $d$. For instance, we get

$$\dot{\bar{\rho}}_N = \frac{1}{4\pi} \left\{ \frac{1}{\kappa^2} + 3 + 2g(2\kappa) - 4\kappa f(2\kappa) \right\}$$

(51)

$$\dot{\bar{\rho}}_N = \frac{1}{32} \left\{ (4 + 2\kappa^2) |H_1(\kappa)|^2 - \kappa^2 |H_0(\kappa)|^2 \right\}$$

(52)

$$\dot{\bar{\rho}}_N = \frac{1}{72\pi^2} \left\{ \frac{27}{\kappa^2} + 15 - \kappa^2 + 2(9 - 16\kappa^2)g(2\kappa) - 4\kappa(9 - 2\kappa^2)f(2\kappa) \right\},$$

(53)

where the real functions $g$ and $f$ are defined as

$$g(x) + if(x) = \int_0^\infty \frac{e^{iu}}{u + x} \text{ for } x > 0.$$ (54)

The functions (51)–(53) are plotted in Fig. 5 along with their equivalents in Minkowski space. As before, the subhorizon regime is governed by the Minkowski beta function (20), which yields

$$\dot{\bar{\rho}}_N \approx \frac{4C_d}{\pi} \kappa^{D-2} \text{ for } \kappa \gg 1.$$ (55)

One easily checks that the functions (51)–(53) are indeed given by the above formula in this regime. One sees in Fig. 5 that gravitational corrections become significant for $\kappa \sim 1$ and dramatically modify the flow for $\kappa \ll 1$, where the functions (51)–(53) acquire the same slope in all dimensions. This signals the effective dimensional reduction discussed above. Indeed, inserting the beta function (23) in Eq. (50), we obtain

$$\dot{\bar{\rho}}_N \approx \frac{1}{\Omega_{D+1}\kappa^2} \text{ for } \kappa \ll 1,$$ (56)

which reproduces the small $\kappa$ behavior of Eqs. (51)–(53).

In the Minkowski regime, the flow (55) integrates to

$$\bar{\rho}_N = \bar{\rho}_\Lambda - \frac{4C_d \Lambda^{D-2} - \kappa^{D-2}}{\pi D - 2} \text{ for } 1 \leqslant \kappa \leqslant \Lambda$$ (57)

and we recover the following known facts. First, in $D = 2$, the minimum of the potential would reach zero at a finite scale $\kappa = \Lambda \exp(-4\pi \bar{\rho}_\Lambda)$ for any initial condition and the Minkowski theory has no phase of spontaneously broken symmetry. In contrast, in $D > 2$, the Minkowski theory reaches a phase of broken symmetry in the limit $\kappa \to 0$ if $\bar{\rho}_\Lambda > \rho_c = 4C_d \Lambda^{D-2}/[(D - 2)]$. For $\bar{\rho}_\Lambda = \rho_c$, the Minkowski theory is critical.

These matters are drastically changed in de Sitter space for $\kappa \lesssim 1$. In that regime, the flow (56) integrates to

$$\bar{\rho}_N = \bar{\rho}_{\kappa_0} + \frac{1}{2\Omega_{D+1}} \left( \frac{1}{\kappa_0^2} - \frac{1}{\kappa^2} \right) \text{ for } \kappa \leqslant \kappa_0 \lesssim 1$$ (58)
and one sees that the minimum of the potential reaches zero at a finite scale so the theory always ends up in the symmetric phase at \( \kappa = 0 \). The flow of the minimum of the potential is shown in Fig. 6 in various dimensions for an initial condition which would result in a broken phase in Minkowski space in both \( D = 3 \) and \( D = 4 \). The plain curves are obtained by integrating the complete flow equations (51)–(53) and are compared to the corresponding flow in Minkowski space. We see that, even in the case \( D = 2 \), where the Minkowski flow would eventually reach the symmetric phase, gravitational effects make a qualitative difference and dramatically speed up symmetry restoration. Finally, we mention that the result of the numerical integration of Eqs. (51)–(53) in that case is quantitatively well described by Eqs. (57) and (58) with a matching point at \( \kappa_0 = 1 \).

B. Mass (re)generation

As we have seen previously, a theory with a large mass gap in units of the space-time curvature does not feel any de Sitter effects and is essentially described by the Minkowski flow all the way to the deep infrared. Space-time curvature plays a nontrivial role when there are light excitations \( m_{\kappa_0} \lesssim \kappa_0 \) at the horizon scale \( \kappa_0 \sim 1 \). This is the case for theories which are nearly critical (\( \bar{\rho}_\Lambda \approx \rho_c \)) or in the broken phase (\( \bar{\rho}_\Lambda \gtrsim \rho_c \)) at subhorizon scales.

We thus consider initial conditions at the UV scale \( \Lambda \) such that \( \bar{\rho}_\Lambda \gtrsim \rho_c \). The flow of the minimum of the potential has been described in the previous subsection. As long as it is nonzero, the mass of the transverse Goldstone modes vanish identically \( m_{\kappa}^2 = U'_\kappa(\tilde{\rho}_\kappa) = 0 \) whereas the mass of the longitudinal mode is given by \( m_{\kappa}^2 = 2\lambda_{\kappa}\bar{\rho}_\kappa \), where \( \lambda_{\kappa} = U''_{\kappa}(\tilde{\rho}_\kappa) \). Once the symmetry gets restored, the minimum of the potential stays at \( \tilde{\rho}_\kappa = 0 \) and the transverse and longitudinal masses become degenerate: \( m_{\kappa}^2 = m_{\kappa}^2 = U'_\kappa(0) \equiv m_c^2 \).

The flow of the coupling \( \lambda_{\kappa} \) in the UV regime is given by Eq. (45). In the infrared regime, it can be obtained
In particular, these converge to the final values for \( \kappa \to 0 \)

\[
m^2_{\kappa=0} = \frac{m^2_{\kappa_0}}{2} + \sqrt{\frac{m^4_{\kappa_0} + 4 \lambda_{\kappa_0}}{2 \Omega_{D+1}}} \tag{61}
\]

and

\[
\lambda_{\kappa=0} = \lambda_{\kappa_0} \left( 1 + \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1} m^4_{\kappa_0}} \right)^{-1} \tag{62}
\]

Equation (61) reproduces the result of Ref. [15]. The nonanalytic expression of the generated mass and coupling at the scale \( \kappa = 0 \) in terms of the coupling \( \lambda_{\kappa_0} \) is a signature of the nontrivial infrared physics at work here.

Two cases are of interest. The first one is that of a theory which would be close to critical in Minkowski space, i.e., \( \bar{\rho}_\Lambda \approx \rho_c \). In that case, the symmetry gets almost restored already at the horizon scale and the whole infrared flow takes place in the restored symmetry phase. The (dimensionless) effective coupling of the zero-dimensional theory is large, \( \lambda^{\text{eff}}_{\kappa_0} \equiv \lambda_{\kappa_0}/(2\Omega_{D+1} m^4_{\kappa_0}) \gg 1 \) and the infrared generated mass and coupling are given by

\[
m^2_{\kappa=0} \approx \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1}} \quad \text{and} \quad \lambda_{\kappa=0} \approx \frac{\lambda_{\kappa_0}}{2} \tag{63}
\]

This reproduces the result of the stochastic approach in the large-\( N \) limit for the so-called dynamical mass [87]. We note that the dimensionally reduced infrared theory is strongly coupled:

\[
\lambda^{\text{eff}}_{\kappa=0} = \frac{\lambda_{\kappa=0}}{2 \Omega_{D+1} m^4_{\kappa=0}} \approx \frac{1}{2} \tag{64}
\]

The other interesting limit is that of a theory which would be deeply in the broken phase in Minkowski space \((\bar{\rho}_\Lambda \gg \rho_c)\). In that case, part of the infrared de Sitter flow takes place in the broken phase and the symmetry gets restored in the deep infrared. There remains less RG time to build up a mass and the latter is thus smaller than in the previous critical case. Here, one has \( m^2_{\kappa_0} < 0 \) and, in the limit where \( \lambda^{\text{eff}}_{\kappa_0} \ll 1 \), we obtain, for the infrared mass and coupling,

\[
m^2_{\kappa=0} \approx \lambda^{\text{eff}}_{\kappa=0} |m^2_{\kappa_0}| \quad \text{and} \quad \lambda_{\kappa=0} \approx \lambda^{\text{eff}}_{\kappa_0} \lambda_{\kappa_0} \tag{65}
\]

We note that despite the fact that the effective coupling at the horizon scale \( \lambda^{\text{eff}}_{\kappa_0} \ll 1 \), the resulting zero-dimensional theory is, again, strongly coupled in the deep infrared:

\[
\lambda^{\text{eff}}_{\kappa=0} = \frac{\lambda_{\kappa=0}}{2 \Omega_{D+1} m^4_{\kappa=0}} \approx 1 \tag{66}
\]

We show in Fig. 7 the flow of the longitudinal and transverse masses as well as that of the coupling for the would-be critical theory in \( D = 3 + 1 \). The case of a theory in the would-be broken phase is shown in Fig. 8.

\[
m^2_{\kappa} = m^2_{\kappa_0} = \frac{m^2_{\kappa_0} - \kappa^2}{2} + \sqrt{\left( \frac{m^2_{\kappa_0} + \kappa^2}{2} \right)^2 + \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1}} \left( 1 - \frac{\kappa^2}{\kappa^2_0} \right)} \tag{60}
\]

\[
\lambda_{\kappa_0} \approx \lambda_{\kappa_0} \left( 1 + \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1} m^4_{\kappa_0}} \right)^{-1} \tag{62}
\]

Equation (61) reproduces the result of Ref. [15]. The nonanalytic expression of the generated mass and coupling at the scale \( \kappa = 0 \) in terms of the coupling \( \lambda_{\kappa_0} \) is a signature of the nontrivial infrared physics at work here.

Two cases are of interest. The first one is that of a theory which would be close to critical in Minkowski space, i.e., \( \bar{\rho}_\Lambda \approx \rho_c \). In that case, the symmetry gets almost restored already at the horizon scale and the whole infrared flow takes place in the restored symmetry phase. The (dimensionless) effective coupling of the zero-dimensional theory is large, \( \lambda^{\text{eff}}_{\kappa_0} \equiv \lambda_{\kappa_0}/(2\Omega_{D+1} m^4_{\kappa_0}) \gg 1 \) and the infrared generated mass and coupling are given by

\[
m^2_{\kappa=0} \approx \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1}} \quad \text{and} \quad \lambda_{\kappa=0} \approx \frac{\lambda_{\kappa_0}}{2} \tag{63}
\]

This reproduces the result of the stochastic approach in the large-\( N \) limit for the so-called dynamical mass [87]. We note that the dimensionally reduced infrared theory is strongly coupled:

\[
\lambda^{\text{eff}}_{\kappa=0} = \frac{\lambda_{\kappa=0}}{2 \Omega_{D+1} m^4_{\kappa=0}} \approx \frac{1}{2} \tag{64}
\]

The other interesting limit is that of a theory which would be deeply in the broken phase in Minkowski space \((\bar{\rho}_\Lambda \gg \rho_c)\). In that case, part of the infrared de Sitter flow takes place in the broken phase and the symmetry gets restored in the deep infrared. There remains less RG time to build up a mass and the latter is thus smaller than in the previous critical case. Here, one has \( m^2_{\kappa_0} < 0 \) and, in the limit where \( \lambda^{\text{eff}}_{\kappa_0} \ll 1 \), we obtain, for the infrared mass and coupling,

\[
m^2_{\kappa=0} \approx \lambda^{\text{eff}}_{\kappa=0} |m^2_{\kappa_0}| \quad \text{and} \quad \lambda_{\kappa=0} \approx \lambda^{\text{eff}}_{\kappa_0} \lambda_{\kappa_0} \tag{65}
\]

We note that despite the fact that the effective coupling at the horizon scale \( \lambda^{\text{eff}}_{\kappa_0} \ll 1 \), the resulting zero-dimensional theory is, again, strongly coupled in the deep infrared:

\[
\lambda^{\text{eff}}_{\kappa=0} = \frac{\lambda_{\kappa=0}}{2 \Omega_{D+1} m^4_{\kappa=0}} \approx 1 \tag{66}
\]

We show in Fig. 7 the flow of the longitudinal and transverse masses as well as that of the coupling for the would-be critical theory in \( D = 3 + 1 \). The case of a theory in the would-be broken phase is shown in Fig. 8.

\[
m^2_{\kappa} = m^2_{\kappa_0} = \frac{m^2_{\kappa_0} - \kappa^2}{2} + \sqrt{\left( \frac{m^2_{\kappa_0} + \kappa^2}{2} \right)^2 + \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1}} \left( 1 - \frac{\kappa^2}{\kappa^2_0} \right)} \tag{60}
\]

\[
\lambda_{\kappa_0} \approx \lambda_{\kappa_0} \left( 1 + \frac{\lambda_{\kappa_0}}{2 \Omega_{D+1} m^4_{\kappa_0}} \right)^{-1} \tag{62}
\]
A qualitative way to understand this convexification effect is to note that the beta function for the potential is positive and is the subsequent symmetry restoration (complete convexification) due to the effective dimensional reduction in the infrared regime.

We conclude that the qualitative discussion of the large-$N$ case goes over to finite $N$: for initial conditions corresponding to the would-be critical or broken phase cases, the flow enters the dimensionally reduced regime in the infrared. It follows that the symmetry gets restored at a finite RG scale and that a nonzero mass is generated. The latter can be exactly computed from the equivalent integral [24]; see Appendix [3]. As before, we parametrize the effective potential at the horizon scale as $U_{N_0}(\rho) = m_{N_0}^2 \rho + \lambda_{N_0} \rho^2 / 2$ and we define $\lambda_{N_0}^{\text{eff}} = \lambda_{N_0} / (2\Omega_{D+1} m_{N_0}^4)$. For the critical case ($m_{N_0}^2 \approx 0$ and $\lambda_{N_0}^{\text{eff}} \gg 1$), we get

$$m_{\kappa=0}^2 = A(N) \sqrt{\frac{\lambda_{N_0}^{\text{eff}}}{2\Omega_{D+1}}}$$

and

$$\lambda_{\kappa=0} = \frac{N A^2(N)}{\lambda_{N_0}^{\text{eff}}} \frac{2}{2} \left(1 - \frac{A^2(N)}{1 + 2/N}\right),$$

where we defined\(^{17}\)

$$A(N) = \sqrt{\frac{\Gamma\left(\frac{N}{2}\right)}{\Gamma\left(\frac{N+2}{2}\right)}}.$$  

In that case, the effective coupling of the dimensionally reduced theory in the infrared is

$$\lambda_{\kappa=0}^{\text{eff}} = \frac{N}{2} \left(1 - \frac{A^2(N)}{1 + 2/N}\right) > 0.135.$$

In the broken symmetry case ($m_{N_0}^2 < 0$ and $\lambda_{N_0}^{\text{eff}} \ll 1$), we obtain

$$m_{\kappa=0}^2 \approx \lambda_{N_0}^{\text{eff}} |m_{N_0}^2| \quad \text{and} \quad \lambda_{\kappa=0} \approx \frac{N}{N+2} \lambda_{N_0}^{\text{eff}} \lambda_{N_0}$$

and the effective coupling is

$$\lambda_{\kappa=0}^{\text{eff}} = \frac{N}{N+2} > \frac{1}{3}.$$

\(^{16}\) A qualitative way to understand this convexification effect is to note that the beta function for the potential is positive and is a decreasing function of the curvature $V''$. It follows that the overall potential decreases along the flow and that the smaller the curvature, the quicker the flow. The overall effect is to flatten regions of negative curvature. We mention though that, for some initial conditions, this effect is not strong enough and the flow reaches the singular point $\kappa^2 + V'' = 0$. This has also been observed in flat space and is a mere artifact of the infrared regulator [51]. This is usually avoided by using a more appropriate function $R_0(\rho)$.

\(^{17}\) The large-$N$ results of the previous section are recovered using $A(N) = 1 + 1/(2N) + O(N^{-2})$.  

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**V. FINITE $N$**

We now discuss the flow equation [18] for $N$ finite. The longitudinal mode plays an increasingly important role as $N$ decreases down to $N = 1$, where there are no transverse modes left. As already discussed, nontrivial gravitational effects occur when the local curvature of the potential at the horizon scale $\kappa_0 \sim 1$ is small, namely, $m_{\kappa_0}^2 (\rho) \lesssim \kappa_0^2$ and/or $m_{\kappa_0}^2 (\rho) \lesssim \kappa_0^2$. This is the case for theories which are close to critical or in the broken phase in the UV sense (i.e., theories which would flow toward a critical theory or a broken phase in Minkowski space).

For $N \geq 2$ the condition of small potential curvature in the broken phase is guaranteed by the presence of Goldstone modes, for which $m_{\kappa=0}^2 = U_{N_0}(\bar{\rho}) = 0$.

However, there is another mechanism which drives the system into the interesting infrared regime, namely the convexification of the potential along the flow [51,52]. This simply stems from the fact that, if the theory is properly regulated, one has $\kappa^2 + m_{\kappa=0}^2 (\rho) > 0$ and $\kappa^2 + m_{\kappa=0}^2 (\rho) > 0$ for all scales. In particular, starting the flow in the broken phase at a given ultraviolet scale, the inner region of negative potential curvature between the potential minima is brought to a nearly flat profile at the horizon scale, with a (negative) curvature at most of the order of $\kappa_0^2$. This is a sufficient condition for the flow at superhorizon scales to enter the dimensionally reduced regime mentioned above. For $N = 1$, this second, convexification mechanism is the only one at work. This is illustrated in Fig. [3] where we show the convexification of the potential along the flow in the UV regime and

\[^{17}\]
VI. CONCLUSION

We have studied the RG flow of $O(N)$ scalar theories in de Sitter space-time by means of NPRG techniques with particular emphasis on the onset of gravitational effects as one progressively integrates out degrees of freedom from subhorizon to superhorizon momentum scales. At the level of the effective potential, the gravitational enhancement of superhorizon fluctuations results in an effective dimensional reduction of the original $D$-dimensional Lorentzian action to an effective zero-dimensional Euclidean theory. The latter is equivalent to the late-time equilibrium state of the stochastic approach and to the nonperturbative description of the zero mode on the compact Euclidean de Sitter space. The phenomenon of dimensional reduction thus provides a unifying description of these two approaches and explains their identical results for what concerns the calculation of the effective potential.

The present NPRG approach offers a new perspective on the nonperturbative dynamics of light scalar fields on de Sitter space-time. The LPA can be systematically improved, e.g., by employing a derivative expansion or by means of more advanced approximation schemes such as that put forward in Ref. [86]. This might open a new way for practical calculations of correlation functions of interacting fields in de Sitter space-time. For instance, it is interesting to investigate the role of the field anomalous dimension on the RG flow and to make link with the recent calculation of field correlators at unequal space-time points of Ref. [85]. This is work in progress.

Other interesting extensions of the present work concern the application of the NPRG approach to other degrees of freedom, such as fermionic or gauge fields, as well as to other types of (e.g., derivative) interactions, for which a stochastic description is not always available [86, 66, 67]. An important example is the case of gravitational fluctuations. Finally, it is of interest to investigate the possible implications of the dimensional reduction discussed here for the phenomenology of inflationary cosmology or for models of dark energy.

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Appendix A: Flow in Minkowski space

We derive the LPA flow equation for the effective potential in Minkowski space-time using the regulator (on the closed time contour) given by Eqs. [8] and [12]. Following the procedure outlined in Sec. II, we get, for $N = 1$

$$
\dot{V}_\kappa = \frac{1}{2} \int \frac{d^Dp}{(2\pi)^D} \dot{\chi}_\kappa(p)|\chi_\kappa(p,t)|^2, \quad (A1)
$$

and leaving the field dependence implicit,

$$
\dot{V}_\kappa = \frac{1}{2} \int \frac{d^Dp}{(2\pi)^D} \dot{\chi}_\kappa(p)|\chi_\kappa(p,t)|^2, \quad (A1)
$$

where the mode function $\chi_\kappa$ is now defined by

$$
(\partial_\tau^2 + p^2 + R_\kappa(p) + V_\kappa)\chi_\kappa(p,t) = 0. \quad (A2)
$$

With the regulator [12] and selecting positive frequency solutions in the infinite past—corresponding to the Minkowski vacuum—we get

$$
\chi_\kappa(p,t) = \frac{e^{-i\omega_\kappa(p)t}}{\sqrt{2\omega_\kappa(p)}} \quad \text{for} \quad p \leq \kappa \quad (A3),
$$

$$
\chi_\kappa(p,t) = \frac{e^{-i\omega_\kappa(p)t}}{\sqrt{2\omega_\kappa(p)}} \quad \text{for} \quad p \geq \kappa, \quad (A4)
$$

with $\omega_\kappa(p) = \sqrt{p^2 + V_\kappa}$. Using $\dot{R}_\kappa(p) = 2\kappa^2\theta(\kappa^2 - p^2)$, the Minkowski flow equation thus reads

$$
\dot{V}_\kappa = \frac{\Omega_d}{2d(2\pi)^d} \kappa^{d+2} \sqrt{\kappa^2 + V_\kappa}, \quad (A5)
$$

which agrees with Eq. [20]. The generalization to $N \geq 1$ is straightforward; see Eqs. [18] and [19].

It is a simple exercise to show that the flow equation (A5) reproduces the standard one-loop results for the critical exponents of $O(N)$ models in $D = 4 - \epsilon$ dimensions. To this aim it is sufficient to consider the polynomial ansatz

$$
U_\kappa(p) = \frac{\lambda_\kappa}{2} (\rho - \bar{\rho}_\kappa)^2. \quad (A6)
$$

The parameters $\bar{\rho}_\kappa$ and $\lambda_\kappa$ are defined as

$$
U'_\kappa(\bar{\rho}_\kappa) = 0, \quad U''_\kappa(\bar{\rho}_\kappa) = \lambda_\kappa, \quad (A7)
$$

and satisfy the following flow equations

$$
\dot{\bar{\rho}}_\kappa = \frac{v_d}{2N} \kappa^{d+2} \left[ \frac{3}{(\kappa^2 + 2\lambda_\kappa\bar{\rho}_\kappa)^\frac{3}{2}} + \frac{N - 1}{\kappa^3} \right], \quad (A8)
$$

$$
\dot{\lambda}_\kappa = \frac{3v_d}{4N} \kappa^{d+2} \lambda_\kappa \left[ \frac{9}{(\kappa^2 + 2\lambda_\kappa\bar{\rho}_\kappa)^\frac{3}{2}} + \frac{N - 1}{\kappa^5} \right], \quad (A9)
$$

where $v_d = \Omega_d/[2d(2\pi)^d]$. 

Introducing the dimensionless parameters

$$
r_\kappa = \bar{\rho}_\kappa \kappa^{2-D} \quad \text{and} \quad \ell_\kappa = \lambda_\kappa \kappa^{D-4} \quad (A10)
$$

and expanding to first nontrivial order in $\ell_\kappa \sim O(\epsilon)$ close to the Wilson-Fisher fixed point, we have

$$
\dot{r}_\kappa = - \left( 2 - \epsilon + \frac{9v_d}{2N} \right) r_\kappa + \frac{v_d(N + 2)}{2N} + O(\epsilon^2) \quad (A11)
$$

$$
\dot{\ell}_\kappa = -\epsilon \ell_\kappa + \frac{3v_d(N + 8)}{4N} \ell_\kappa^2 + O(\epsilon^3). \quad (A12)
$$
The fixed point is located at

\[ r^* = \frac{v_d(N + 2)}{4N} \quad \text{and} \quad \epsilon^* = \frac{4N\epsilon}{3v_d(N + 8)}. \]  

(A13)

Critical exponents are obtained from the linearized flow around the fixed point. For instance, the correlation-length exponent \( \nu \) is obtained as minus the inverse of the smallest (negative) eigenvalue of the Jacobian matrix of the linearized flow \[ [52]. \] We get

\[ \nu = \frac{1}{2} + \frac{\epsilon N + 2}{4N + 8} + O(\epsilon^2), \]  

(A14)

which reproduces the well-known perturbative result \[ [88]. \]

Appendix B: Dimensionally reduced RG flow

In this section we show how the flow of the parameters describing the effective potential in the regime of dimensional reduction can be read off the equivalent zero-dimensional theory, Eq. (24). For the sake of the discussion we focus on the symmetric phase and we only consider the square mass and the quartic coupling, defined as

\[ m^2 = U'_\kappa(0) \quad \text{and} \quad \lambda_\kappa = U''_\kappa(0). \]  

(B1)

The discussion can easily be extended to any other coupling. At vanishing sources, the first nontrivial correlators have the following \( O(N) \) structures

\[ \langle \varphi_a \varphi_b \rangle = \delta_{ab} G_\kappa \]  

(B2)

and

\[ \langle \varphi_a \varphi_b \varphi_c \varphi_d \rangle = (\delta_{ab}\delta_{cd} + \delta_{ac}\delta_{bd} + \delta_{ad}\delta_{bc}) C^{(4)}_\kappa. \]  

(B3)

The two- and four-point functions \( G_\kappa \) and \( C^{(4)}_\kappa \) are related to the parameters of the effective potential \( U_\kappa(\rho) \) through the Legendre transform \[ [25] \] as

\[ G_\kappa = \frac{1}{\Omega_{D+1}(\kappa^2 + m^2_\kappa)} \]  

(B4)

and

\[ C^{(4)}_\kappa = \frac{\Omega_{D+1}\lambda_\kappa}{N} G^4_\kappa. \]  

(B5)

For a potential at the horizon scale of the form \( U_\kappa(\rho) \approx m^2_\kappa \rho + \lambda_\kappa \rho^2 / 2 \), the various correlators of the theory are obtained from the moments

\[ \langle \varphi_a \varphi_a \rangle^q = \int_0^\infty d\varphi \varphi^{N+2q-1} e^{-\alpha\varphi^2 - \beta\varphi^4}, \]  

(B6)

where we introduced \( \alpha = \Omega_{D+1}(\kappa^2 + m^2_\kappa) / 2 \) and \( \beta = \Omega_{D+1}\lambda_\kappa / (8N) \). For instance, one has \( G_\kappa = \langle \varphi_a \varphi_a \rangle / N \) and \( C^{(4)}_\kappa = \langle \varphi_a \varphi_a \rangle^2 / [N(N+2)] \). The moments \( (B6) \) can easily be computed. For instance, in the limit \( \beta / \alpha^2 \gg 1 \), which corresponds to the critical case discussed in the main text, one has

\[ \langle \varphi_a \varphi_a \rangle^q \approx (\frac{\alpha}{2\beta})^q. \]  

(B7)

Putting Eqs. \( (B4) \)–\( (B7) \) together, one obtains Eqs. \( (67) \)–\( (69) \). The other limit of interest is that of a would-be broken phase, corresponding to \( \alpha < 0 \) and \( \beta / \alpha^2 \ll 1 \). In that case, one gets

\[ \langle \varphi_a \varphi_a \rangle^q \approx \left( \frac{\alpha}{2\beta} \right)^q, \]  

(B8)

from which Eq. (71) follows.

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