Short-Chain Fatty Acid and FFAR2 Activation – A New Option for Treating Infections?

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The human innate immune system is equipped with multiple mechanisms to detect microbe-associated molecular patterns (MAMPs) to fight bacterial infections. The metabolite short-chain fatty acids (SCFAs) acetate, propionate and butyrate are released by multiple bacteria or are food ingredients. SCFA production, especially acetate production, is usually essential for bacteria, and knockout of pathways involved in acetate production strongly impairs bacterial fitness. Because host organisms use SCFAs as MAMPs and alter immune reactions in response to SCFAs, interventions that modulate SCFA levels can be a new strategy for infection control. The interaction between SCFAs and host cells has been primarily investigated in the intestinal lumen because of the high local levels of SCFAs released by bacterial microbiome members. However, members of not only the intestinal microbiome but also the skin microbiome produce SCFAs, which are known ligands of the seven-transmembrane G-protein-coupled receptor FFAR2. In addition to enterocytes, FFAR2 is expressed on other human cell types, including leukocytes, especially neutrophils. This finding is in line with other research that determined that targeted activation of FFAR2 diminishes susceptibility toward various types of infection by bacteria such as Klebsiella pneumonia, Citrobacter rodentium, and Staphylococcus aureus but also by viruses such as respiratory syncytial and influenza viruses. Thus, our immune system appears to be able to use FFAR2-dependent detection of SCFAs for perceiving and even averting severe infections. We summarize recent advances in understanding the role of SCFAs and FFAR2 in various infection types and propose the manipulation of this receptor as an additional therapeutic strategy to fight infections.

Keywords: short-chain fatty acids, GPR43/FFAR2, infectious diseases, antimicrobial resistance, therapeutic application, multidrug resistant infections
INTRODUCTION

The World Health Organization (WHO) proclaimed the emergence of multiresistant pathogens to be a major threat to human health, urging the development of alternative approaches to the use of antibiotics for the prevention and treatment of infectious diseases (https://www.who.int/news-room/fact-sheets/detail/antimicrobial-resistance). One such approach could be enhancing the antimicrobial capacity of leukocytes, leading to enhanced elimination of pathogens. As a hallmark of the presence of invading pathogens, the innate immune system uses a variety of pattern recognition receptors (PRRs) to detect conserved microbe-associated molecular pattern molecules (MAMPs). PRRs that belong to the group of Toll-like (TLRs), nucleotide-binding oligomerization domain-like (NLRs) and formyl-peptide (FPR) receptors are necessary for the recognition of various bacterial MAMPs, such as lipopeptides, lipopolysaccharides, cell wall fragments and formylated peptides (Coll and O’Neill, 2010; Bloes et al., 2015). However, bacteria-derived metabolites such as short-chain fatty acids (SCFAs) can also be regarded as MAMPs. The SCFAs acetate, propionate and butyrate have been identified as ligands of the seven-transmembrane G-protein-coupled receptors (GPCRs) FFAR2 (former GPR43) and FFAR3 (former GPR41) (Le Poul et al., 2003; Nohr et al., 2013). The interaction between SCFAs and host cells has been mainly analyzed in the intestinal lumen (Goncalves et al., 2018). However, we are now beginning to understand how SCFAs also modulate the function of innate immune cells such as neutrophils, monocytes or macrophages in other tissues and in the blood (Ang and Ding, 2016). Intriguingly, activation of FFAR2 by SCFA administration, especially acetate, diminishes the susceptibility toward various types of infections caused by bacteria and viruses (Galvao et al., 2018; Antunes et al., 2019; Sencio et al., 2020). A common feature of such SCFA-mediated processes appears to be the direct or indirect activation of leukocytes through FFAR2 stimulation. To highlight these new discoveries, this review will provide an outline of the current knowledge about FFAR2 activation and a perspective on how this knowledge could be used for the treatment of infectious diseases.

Production of SCFAs Under Aerobic and Anaerobic Conditions by Members of the Gut and Skin Microbiota

It has been known for a long time that bacterial metabolites from the intestinal microbiota can influence the human host locally as well as systemically, resulting in the modulation of inflammatory reactions (Goncalves et al., 2018). The best-studied intestinal bacterial metabolites that influence inflammation are SCFAs, which are organic carboxylic acids that contain aliphatic backbones with one to six carbon atoms (Tan et al., 2014). High concentrations of SCFAs can be detected in the human intestine, where they are the primary end-products of anaerobic fermentation by gut bacteria. The most frequent SCFAs found in the intestine are acetate (C2), followed by propionate (C3) and butyrate (C4), with an average ratio of approximately 60-20-20 (Cummings et al., 1987; Boets et al., 2017). Bacterial SCFA production can be the result of different fermentation pathways (Alexander et al., 2019). Under the anaerobic conditions of the gut, the glycolysis product pyruvate can be converted to acetyl-CoA and further hydrolyzed to acetate or (via butyric fermentation) hydrolyzed to butyryl-CoA followed by butyrate production. For pyruvate production, various other pathways in addition to glycolysis are used (Louis et al., 2014; Morrison and Preston, 2016). Additionally, under aerobic conditions, some bacteria, including Staphylococcus aureus, an important pathogen frequently involved in skin and wound infections, produce high concentrations of acetate via the Pyruvate-acetate pathway (Sadykov et al., 2013; Marshall et al., 2016; Won et al., 2021). This pathway is utilized for energy production under carbon overflow and subsequent citric acid cycle blockage. The produced SCFAs can be taken up by epithelial cells either passively or, more often, actively via monocarboxylate transporter 1 (MCT1) or sodium-coupled monocarboxylate transporter 1 (SMCT-1) (Figure 1) (Halestrap and Meredith, 2004). Transport of nonused SCFAs out of the human cell most likely occurs via further unknown pathways.

For nonintestinal microbiota, the abundance of major bacterial metabolites and their immunomodulatory functions are still largely unknown (Byrd et al., 2018). For the skin and nasal commensal Cutibacterium acnes (previously known as Propionibacterium acnes), the production of butyrate, valerate and propionate has been observed under hypoxic conditions. This process amplifies TLR responsiveness and enhances proinflammatory cytokine expression (Sanford et al., 2016; Sanford et al., 2019), but it has remained unclear whether it depends on FFAR2 or FFAR3. S. aureus and the skin nasal commensals Staphylococcus epidermidis and Staphylococcus hominis produce high amounts of SCFA acetate (Figure 1) (Lam et al., 2018). However, whether these SCFAs exacerbate or mitigate inflammation on skin or during invasive infection is still controversial in the field (Ang and Ding, 2016; Parada Venegas et al., 2019). In addition to microbiota metabolism, food intake and the liver represent potential sources of acetate. The liver produces acetate under certain conditions, such as starvation or diabetes (Tang and Offermanns, 2017).

Increase in SCFA Concentrations During Various Types of Infectious Diseases

Metabolic end-products that are produced from not only commensal but also invading bacteria can influence host cells, thereby potentially affecting the course of an infection. To grow and produce virulence factors, invading pathogens depend on host molecules for energy generation. Due to the consumption of O2 and nutrients by immune cells during immune reactions, infection sites such as abscesses are often hypoxic, and only limited amounts of the primary carbon source glucose are available (Eltzschig and Carmeliet, 2011; Kedia-Mehta and Finlay, 2019). This circumstance limits bacterial energy generation through glycolysis and the citric acid cycle (TCA), resulting in the utilization of secondary carbon sources such as amino acids (Morrison and Preston, 2016) and leading to SCFA
Production. Analysis of infection sites and abscesses revealed that they harbor considerably high concentrations of SCFAs, especially acetate (Ladas et al., 1979; Fanos et al., 2014; Brook, 2016; Lussu et al., 2017). This situation could be shown for abscesses, periodontitis, urinary tract infections or vaginosis caused by various different bacteria (Ladas et al., 1979; Tonetti et al., 1987; Chaudry et al., 2004; Lu et al., 2014; Aldunate et al., 2015; Lussu et al., 2017).

Additionally, generalized infections such as bacteremia often co-occur with increased serum acetate concentrations, which has been found in different septic animal models (Fanos et al., 2014; Balmer et al., 2016). Interestingly, treatment of some of these infections was associated with a drastic reduction in serum SCFA levels, which points to bacteria as the main source of SCFAs (Chaudry et al., 2004; Qiqiang et al., 2012; Lu et al., 2014; Jorth et al., 2014). This finding is supported by a recent study, which showed that the oral commensal Fusobacterium nucleatum, implicated in periodontal diseases, releases high amounts of SCFAs (Dahlstrand Rudin et al., 2021). However, as a consequence of catabolic and metabolic stress, increased SCFA release from host tissues has also been suspected (Balmer et al., 2016). Host cells such as hepatocytes are equipped with an acetyl-CoA hydrolase, converting acetyl-CoA into free acetate, which represents a rapid energy source for energy-starved tissues (Knowles et al., 1974; Buckley and Williamson, 1977). Independent of their origin, SCFAs appear to stimulate leukocytes, which could subsequently influence the course of an infection.

Interaction of SCFAs With Host Innate Immune Cells via FFAR2
SCFAs, released either by commensal or pathogenic bacteria, can contribute to the modulation of inflammatory responses (Ratajczak et al., 2019). Direct modulation can be mediated by SCFA-specific surface receptors, the so-called free fatty acid receptors (FFARs), which belong to FFAR3 and FFAR2 (Milligan et al., 2017). In 2003, two independent groups discovered SCFAs to be ligands for the seven-transmembrane GPCRs FFAR2 and FFAR3 (Brown et al., 2003; Le Poul et al., 2003). Their SCFA-binding affinity ranges from high micromolar to low millimolar concentrations, which makes them only moderately sensitive to SCFAs compared to other GPCR ligands. Low sensitivity might prevent hyperactivation of these receptors. Among the different SCFAs, acetate and propionate are the preferred ligands for FFAR2 (EC50 of 250-500 μM) (40), whereas FFAR3 preferably binds butyrate (Bolognini et al., 2016; Milligan et al., 2017). Under healthy conditions, acetate reaches a mean concentration of 25-100 μM in venous blood (Cummings et al., 1987; Hoving et al., 2018). Outside of the gut, only acetate can reach the high concentrations needed to activate FFAR2 under physiological or pathological conditions.

In humans, FFAR2 is highly expressed on the surface of leukocytes, especially neutrophils (Brown et al., 2003; Le Poul et al., 2003), but it is also found on dendritic cells, monocytes, enterocytes, pancreatic β-cells and adipocytes (Hong et al., 2005;
showed that the expression of the transcriptomic analysis of neutrophils from septic patients and can thus be considered to be part of an in level FFAR3 expression by peripheral blood mononuclear cells (Godini et al., 2018). FFAR2 appears to be able to initiate two proteins, at least in neutrophils. The G-proteins G

functions, such as the release of cytokines, is less clear. Additionally, controversial data were reported for FFAR2-dependent cytokine and antimicrobial peptide release, with either stimulatory or inhibitory effects (Ang and Ding, 2016). Therefore, it remains unclear whether FFAR2 activation has pro- or anti-inflammatory consequences.

SCFAs as Immune Modulators During Infection

Histone deacytelases (HDACs) influence the degree of acetylation of histones and nonhistone proteins and thereby influence overall transcription. Most receptor-independent effects of SCFAs, especially butyrate and propionate, were found to be anti-inflammatory and mediated by inhibition of HDACs. Since histone deacytelases are expressed in endothelial cells, butyrate and propionate reduce the expression of proinflammatory genes and prevent endothelial leakage (Paulus et al., 2011). Furthermore, SCFAs enhance the expression of epithelial barrier forming molecules and mucin production (Burger-van Paassen et al., 2009). This effect can positively influence inflammatory disorders, e.g., sepsis. It was assumed that the HDAC inhibitory activity of butyrate increases cellular infection with viruses, including influenza virus, reovirus, and HIV-1, because of the suppression of specific antiviral IFN-stimulated gene (ISG) products (Chemudupati et al., 2020). However, acetate has no inhibitory effect on HDACs but induces strong FFAR2-dependent signaling (Kendrick et al., 2010). Although increased concentrations of SCFAs, especially acetate, are observed in various types of infections, little is known about the role of SCFAs and FFAR2 during infectious diseases. In 2003, Le Poul proposed a role of FFAR2 in infection control (Le Poul et al., 2003). Chronic and acute alcohol abuse is characterized by an increased susceptibility to infections (Corberand et al., 1989; Shellito et al., 2001) and an impaired inflammatory response (Todorovic et al., 1994; Todorovic et al., 1999) as well as decreased neutrophilic bactericidal and chemotactic capacity (Laharrague et al., 1985; Bautista, 2002). Serum acetate levels can increase up to 1 to 2 mM after alcohol consumption due to conversion of ethanol to acetate by liver enzymes (Juutinen et al., 1985; Peng et al., 2007; Jiang et al., 2013). Le Poul hypothesized that some of these effects could be explained by FFAR2 desensitization as a consequence of high concentrations of acetate in the serum, which would subsequently impair the migration of neutrophils to the site of a bacterial infection (Le Poul et al., 2003).

More recently, some research groups have investigated the role of FFAR2 in infections in more detail using FFAR2 knockout mice or FFAR2 inhibitors. They showed that FFAR2-expressing dendritic cells (DCs), as well as epithelial cells, are involved in the antibody response against cholera toxin and Citrobacter rodentium (Table 1) (Kim et al., 2013; Yang et al., 2019; Yap et al., 2021). Furthermore, the combination of acetate and butyrate facilitated the induction of antigen-specific IgA and IgG responses after oral cholera toxin immunization. Thus, SCFAs were proposed to be useful as adjuvants (Yang et al., 2019). Consistently, due to a decrease in the antibody response, FFAR2 knockout mice showed a higher susceptibility to C. rodentium infection than wild-type mice (Yang et al., 2019). One year earlier, FFAR2 knockout mice were found to be more susceptible to lung infection by Klebsiella pneumoniae.
The expression of FFAR2 on neutrophils and alveolar macrophages proved to be important for the clearance of K. pneumonia from infected lungs. Increased acetate concentrations in drinking water ameliorated infection outcomes by increasing the phagocytic capacity of neutrophils and macrophages (Table 1) (Galvao et al., 2018). During Clostridium difficile infection, FFAR2 signaling was shown to accelerate neutrophil recruitment via enhanced production of CXCL1, to activate the inflammasome and to augment IL-1 receptor expression as well as IL-22 secretion by innate lymphocytes (Fachi et al., 2020).

In 2019, Antunes et al. found that acetate treatment of mice improves not only the outcome of bacterial infections but also the outcome of certain viral infections (Antunes et al., 2019). Nasal application of acetate reduced the viral load and pulmonary inflammation after respiratory syncytial viral infection in an FFAR2-dependent manner. A high-fiber diet could mimic this effect by enhancing SCFA production by gut microbes, an effect that was abolished by antibiotic treatment (Antunes et al., 2019). Treatment with acetate during infection by influenza A virus and by Streptococcus pneumoniae superinfection improved the survival rates of double-infected mice (Sencio et al., 2020). In addition, we recently showed that acetate primed neutrophils in a FFAR2-dependent fashion. This priming improved the capacity of human neutrophils to eliminate methicillin-resistant S. aureus (MRSA) and rescued wild-type but not FFAR2-deficient mice from severe S. aureus sepsis (Schlatterer et al., 2021).

In addition to these results, which are based on mouse studies, the first clinical observations propose an involvement of FFAR2 in human infectious diseases, as outlined in the next section (Carr et al., 2018). In summary, all of these different findings (Table 1) suggest a relevant role of changing SCFA concentrations and FFAR2 during human infectious diseases.

**FFAR2 as a Possible Pharmaceutical Target for Modulating Infectious Diseases**

A recent clinical study revealed that septic patients with an elevation in whole-blood FFAR2 receptor expression had a significantly increased 30-day survival (Carr et al., 2018). Therefore, FFAR2 modulation by synthetic or even natural ligands could be a beneficial therapeutic option for improved infection control. A change in dietary habits could increase SCFA levels in the human circulation and could positively influence an infection outcome. The microbiota composition also influences

### Table 1

| Infection model | Targeted cells/organs/effector | Treatment | Outcome |
|-----------------|--------------------------------|-----------|---------|
| **Pulmonary infection. WT and FFAR2−/− mice infected with respiratory syncytial virus (RSV)** | Activation of murine pulmonary epithelial cells via FFAR2 promoted antiviral effects through an IFN-β response. | Four-week high fiber diet prior and during RSV infection. Or SCFA- drinking water (200 mM) for 3 weeks prior RSV infection | Acetate treatment protects against RSV infection. |
| **Gut infection of mice with Clostridium difficile** | FFAR2 signaling in neutrophils and in ILC3s | Acetate (150 mM) administered in drinking water before infection | Microbiota-derived acetate coordinates action on neutrophils and ILC3s in response to C. difficile |
| **Pulmonary infection. WT and FFAR2−/− mice infected with Klebsiella pneumoniae** | FFAR2 expression, especially in neutrophils and alveolar macrophages, is important for bacterial phagocytosis and killing. | Acetate (150 mM) added to the drinking water of mice | Acetate treatment leads to reduced bacterial numbers in the airways |
| **Pulmonary infection. Infection with influenza A virus and S. pneumoniae superinfection.** | Reduced production of acetate affects the bactericidal activity of alveolar macrophages. | Acetate (200 mM) added to the drinking water five days before the S. pneumoniae challenge | FFAR2 activation during influenza reduces bacterial superinfection |
| **Gut infection. Infection with Citrobacter rodentium** | Acetate administration accelerated IL6, CXCL1/2 expression in epithelia cells and neutrophil/Th17 recruitment in the large cecum | Acetate (200 mM) added to the drinking water for 4 weeks | Acetate-fed WT mice suffered less than untreated mice from infection |
| **Gut infection. WT and FFAR2−/− mice infected with Citrobacter rodentium** | Upon acetate treatment, numbers of colonic IL-22 producing intraepithelial lymphocytes are increased. | Fed with high acetate diet ad libitum for 3 weeks prior and during infection High SCFA-producing diets affected infection in mice: less pathogens and altered gut microbiota composition | |
| **Gut infection Citrobacter rodentium infection of WT and FFAR2−/− mice** | Acetate and butyrate promote B-cell IgG production and plasma cell differentiation-related genes through interaction with FFAR2 on dendritic cells. Oral immunization with Ovalbumin and cholera toxin. A mixture of acetate/butyrate (300 mM) was added to drinking water containing antibiotics for 28 d. SCFA administration promoted intestinal antibody responses in WT mice | Oral immunization with Ovalbumin and cholera toxin. A mixture of acetate/butyrate (300 mM) was added to drinking water containing antibiotics for 28 d. SCFA administration promoted intestinal antibody responses in WT mice | |
| **Bacteremia, peritonitis Staphylococcus aureus infection of WT and FFAR2−/− mice** | Acetate primed neutrophils in a FFAR2-dependent fashion, leading to enhanced neutrophil oxidative burst and bacterial killing. i.p. injection of 500 mg/kg acetate prior (30 min) or post (6 h) sepsis induction or addition of (150 mM) acetate to drinking water for 5 days. | In WT mice, acetate administration reduced bacterial numbers in peripheral organs by several magnitudes | |

SCFAs, Short-chain fatty acids; RSV, respiratory syncytial virus; WT, wild-type; OVA, ovalbumin; ILC3s, type 3 innate lymphoid cells; i.p., intraperitoneal.
SCFA levels in the circulation, and different bacterial species are known to produce more SCFAs than others (Agus et al., 2016). Bacteria of the phylum Bacteroides are strong SCFA producers and could be beneficial during viral infections, since Bacteroidetes produce high levels of acetate and propionate, whereas Firmicutes produce more butyrate (Macfarlane and Macfarlane, 2003). However, in contrast to the rare propionate and butyrate production pathways (Louis et al., 2010), pathways for acetate production are widely distributed among bacterial groups and in many Firmicutes. Thus, probiotic alteration of the composition of the microbiome could influence infection susceptibility.

The idea of manipulating FFAR2 during an infectious disease is quite intriguing. However, we need to elucidate further the exact immunomodulatory effect of acetate; the reason is that while favorable during an infection, an increased immune reaction could worsen chronic inflammatory diseases such as inflammatory bowel diseases (IBDs). For the treatment of IBD ulcerative colitis, Galapagos tested a human FFAR2-specific antagonist called GLPG0974 in phase I and II clinical trials. However, the development of GLPG0974 was stopped since the expected clinical endpoints were not achieved. Nonetheless, GLPG0974 was able to reduce neutrophil activation and infiltration into inflamed tissue (Suckow and Briscoe, 2017), showing that FFAR2 manipulation of human leukocytes might have effects in human patients. Although a general activation of FFAR2 might be useful to fight infections, it could have multiple side effects due to the implication of FFAR2 in other physiological processes, including metabolic and brain functions (Milligan et al., 2017; Chambers et al., 2018; Dalile et al., 2019). Nevertheless, for life-threatening infections such as severe sepsis, transient FFAR2 manipulation could represent a novel therapeutic strategy for boosting immune reactions and improving the outcome of infectious diseases.

CONCLUSIONS

A common feature of many infectious diseases is a local or systemic increase in the amounts of SCFAs, especially acetate (Gorbach et al., 1976; Aldunate et al., 2015). In recent years, SCFAs were reported to interact with leukocytes via receptor-dependent and receptor-independent immune modulation. Especially for butyrate, FFAR2-independent inhibition of histone deacetylases (HDACs) has been described, which downregulates transcription and thereby also influences inflammation. In contrast to butyrate, no HDAC inhibition has been described for acetate (Waldecker et al., 2008; Sanford et al., 2016), which is the preferred ligand of FFAR2 (Milligan et al., 2017). Therefore, the use of different members of the SCFA family as well as different models might be the reason for the controversial findings that concern the effect of SCFAs on local inflammation (Nadeem et al., 2017; Krejner et al., 2018). Additionally, in contrast to classical PRRs such as FPRs, the consequences of downstream FFAR2 signaling are rather ambiguous. FFAR2 is coupled to two different Go subunits (Brown et al., 2003). The sole activation of Gqi-coupled receptors such as FPRs leads to directed migration of neutrophils. However, it is unclear whether activation of Gqi/ Goq-coupled FFAR2 leads directly or only indirectly, e.g., via chemokine induction or amplification of other signals, to neutrophil migration. We suspect that differential activation of the G-protein alpha-subunits could be a reason for the varying findings regarding inflammation and migration. In addition, the correlation of FFAR2 expression with the expression of PRRs, such as TLR2 or FPR1, indicates that FFAR2 expression could influence the activation of these receptors (Godini et al., 2018). All of these concerns might contribute to the fact that the exact mechanism as well as the outcome of SCFA-FFAR2 modulation is currently controversial.

Over the past few years, an increasing number of publications have shown a positive effect of direct or indirect acetate administration on infections. For example, a high-fiber diet leading to SCFA generation in the gut or oral administration of acetate influences the outcome of viral and bacterial infections (Table 1). Even manipulation of the gut microbiota has been shown to influence the amount of SCFAs released in the circulation. Therefore, the idea of targeted SCFA administration during infectious disease or the intake of a high-fiber diet to enhance microbiome SCFA production could be a strategy to treat and prevent such infections.

More studies with human leukocytes, human tissue and especially clinical studies are needed. An improved immune reaction for amended infection control could be a new antimicrobial and antiviral approach in times of emerging antibiotic resistance.

AUTHOR CONTRIBUTIONS

KS, AP and DK wrote and reviewed the manuscript. KS prepared the figure. DK and KS summarized the tables. All authors contributed to the article and approved the submitted version.

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