Grids of stellar models with rotation

IV. Models from 1.7 to 120 \( M_{\odot} \) at a metallicity \( Z = 0.0004^* \)

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ABSTRACT

The effects of rotation on stellar evolution are particularly important at low metallicity, when mass loss by stellar winds diminishes and the surface enrichment due to rotational mixing becomes relatively more pronounced than at high metallicities. Here we investigate the impact of rotation and metallicity on stellar evolution. Using similar physics as in our previous large grids of models at \( Z = 0.002 \) and \( Z = 0.014 \), we compute stellar evolution models with the Geneva code for rotating and nonrotating stars with initial masses \( (M_{\text{ini}}) \) between 1.7 and 120 \( M_{\odot} \), and \( Z = 0.0004 \) (1/35 solar). This is comparable to the metallicities of the most metal poor galaxies observed so far, such as I Zw 18. Concerning massive stars, both rotating and nonrotating models spend most of their core-helium burning phase with an effective temperature higher than 8000 K. Stars become red supergiants only at the end of their lifetimes, and few red supergiants are expected. Our models predict very few to no classical Wolf-Rayet stars as a results of weak stellar winds at low metallicity. The most massive stars end their lifetimes as luminous blue supergiants or luminous blue variables, a feature that is not predicted by models with higher initial metallicities. Interestingly, due to the behavior of the intermediate convective zone, the mass domain of stars producing pair-instability supernovae is smaller at \( Z = 0.0004 \) than at \( Z = 0.002 \). We find that during the main sequence (MS) phase, the ratio between nitrogen and carbon abundances (N/C) remains unchanged for nonrotating models. However, N/C increases by factors of 10–20 in rotating models at the end of the MS. Cepheids coming from stars with \( M_{\text{ini}} > 4–6 M_{\odot} \) are beyond the core helium burning phase and spend little time in the instability strip. Since they would evolve towards cooler effective temperatures, these Cepheids should show an increase of the pulsation period as a function of age.

Key words. stars: evolution – stars: rotation – stars: massive – stars: fundamental parameters – stars: mass-loss – stars: abundances

1. Introduction

Stellar evolution at low metallicity has a significant impact in many topics of astrophysics, such as the photometric and chemical evolution of metal-poor galaxies at different redshifts (e.g., Tolstoy et al. 2009; Stark 2016), the observable properties of integrated stellar populations (e.g., Vazdekis et al. 2010; Eldridge et al. 2017), the nature of supernovae (SN) and gamma-ray burst progenitors (e.g., Modjaz et al. 2008; Japelj et al. 2016; Schulze et al. 2018), the amount of ionizing flux at high redshift (Levesque et al. 2012; Göttberg et al. 2017, 2018), nucleosynthesis (e.g., Chiappini et al. 2011), and the rates of gravitational-wave signals from merging black holes (BH; Abbott et al. 2016a,b,c,d, 2017a,b; Belczynski et al. 2016) and neutron star (NS) systems (Abbott et al. 2017c). Current observational facilities have obtained an increasing amount of observational data for low-metallicity environments, and future missions will provide an unprecedented view on those systems.

Investigating stellar evolution at metallicities similar to those of the most metal-poor nearby galaxies such as I Zw 18 (Zwicky 1966; Searle & Sargent 1972; Izotov et al. 1999) is of particular interest. These galaxies have metallicities as low as \( \sim 1/35 \) of the solar value (\( Z_{\odot} \)), offering a unique opportunity to probe the impact of a metal-poor environment on the evolution of stars and the properties of a recent starburst episode (Izotov & Thuan 2004). In addition, these blue-compact dwarf galaxies bridge the gap between nearby systems where individual stars can be observed and metal-poor, high-redshift galaxies for which only integrated light of stellar populations can be detected. Recent studies have presented surprising results showing that the ultraviolet emission from distant, low-metallicity stellar populations is often not reproduced by current models (e.g., Steidel et al. 2014, 2016; Stark et al. 2015). This highlights the challenges in understanding stellar evolution at low metallicities, and ultimately exposes the limitations of the current stellar evolution models that are nevertheless required for fully extracting physical information from the observations of stars and stellar populations.

There have been several recent efforts to produce grids of stellar models for stars with metallicities similar to those of local, metal-poor dwarf galaxies such as I Zw 18. These grids have different physical assumptions, in particular regarding the implementation of rotation and internal magnetic fields. Nonrotating models have been computed by the Padova group...
(Bressan et al. 2012), while Choi et al. (2016) presented an extensive grid of MESA stellar evolution models (Paxton et al. 2011, 2013, 2015) that include rotation but no internal magnetic fields. Szécsi et al. (2015) used the Bonn stellar evolution code and considered rotating models including the effects of an internal magnetic field amplified in differentially rotating radiative layers (Spruit 2002). Both Bonn and MESA models use a diffusive approach to treat the transport of angular momentum in the stellar interior.

In this paper we present a new grid of stellar evolution models computed with the Geneva code for the mass range of 1.7–120 $M_\odot$ and metallicity $Z = 0.0004$, with a similar set of physical ingredients as in our two previous grids of models for $Z = 0.014$ (Ekström et al. 2012) and $Z = 0.002$ (Georgy et al. 2013a). Our treatment of rotation is different from those of Szécsi et al. (2015) and Choi et al. (2016), offering an original view on the effects of rotation at low metallicity when the assumption of “shellular” rotations is adopted (Zahn 1992).

This paper is organized as follows. The physical ingredients of the numerical simulations and the electronic tables are described in Sect. 2. Section 3 discusses the main properties of the models. The effects of metallicity are discussed in Sect. 4, and the impact of the various angular momentum processes are presented in Sect. 5. We discuss the implications of our models for interpreting the galaxy 1 Zw 18 in Sect. 6, and present our conclusions and future perspectives in Sect. 7.

2. Stellar models: physical ingredients and electronic tables

The physical inputs of the models presented in this paper are the same as those from Ekström et al. (2012, hereafter Paper I), Georgy et al. (2012, hereafter Paper II), and Georgy et al. (2013a, hereafter Paper III). We refer the reader to those papers for a detailed description of the physical inputs, and we briefly outline the main ingredients. The initial abundances of H, He, and metals are set to $X = 0.7507$, $Y = 0.2489$, and $Z = 0.0004$. The mixture of heavy elements follows Papers I, downscaled to a metallicity of $Z = 0.0004$. The convective cores during the H- and He-burning phases are extended by including an overshooting parameter equal to 0.1 $H_p$, where $H_p$ is the pressure scale-height scale at the Schwarzschild convective boundary. The recipes for mass-loss rates ($\dot{M}$) and their metallicity dependence are taken as in Papers I and III. We scale the mass-loss rates with metallicity as $\dot{M}(Z) = (Z/Z_\odot)^\alpha M(Z_\odot)$. For the MS and blue supergiant phases, we assume $\alpha = 0.85$ or 0.50 when the Vink et al. (2001) or de Jager et al. (1988) recipes are used, respectively. For the Wolf–Rayet (WR) phase, we assume $\alpha = 0.66$, following Eldridge & Vink (2006). For other phases, such as when the effective temperature $T_\text{eff}$ is lower than $\log(T_{\text{eff}}/K) > 3.90$ for masses larger than 4 $M_\odot$ for rotating models (6 $M_\odot$ for nonrotating models).

As expected, for a star of a given initial mass, rotating tracks are slightly bluer and more luminous than the corresponding nonrotating tracks. This is caused by the lower opacities and larger cores at low metallicity compared to high-metallicity models.

For initial masses between 2.5 and 3–4 $M_\odot$ (depending on rotation), we find the presence of complete blue loops, that is, loops that start and finish at the location of the Hayashi track. The presence of blue loops has been discussed in detail by Walmswell et al. (2015), who propose that the excess He and its associated high mean-molecular weight above the H-burning shell is the main reason behind the blue loops.

For initial masses above 3.5 $M_\odot$ (depending on rotation), the Cepheid instability strip is crossed after the end of the core He-burning phase. This implies a short lifetime in the instability strip and an evolution towards lower effective temperatures, that is, towards an increase of the pulsation period as a function of age.

There is significant diversity in the end points of the evolution of the massive stars, comprising RSGs, blue supergiants (BSG), yellow supergiants (YSG), and luminous blue giants (LBG).

Similarly to Papers I and III, electronic tables of the evolutionary sequences are publicly available. For each model, the evolutionary track is described by 400 selected data points, with each one corresponding to a given evolutionary stage. Points of different evolutionary tracks with the same number correspond to similar stages to facilitate the interpolation of evolutionary tracks. The points are numbered as described in Ekström et al. (2012). The new grid can thus be used as input for computing interpolated tracks, isochrones, and population synthesis models using the publicly available Geneva tools. A detailed description of the online tools is presented in Georgy et al. (2014a).

3. Properties of the stellar models

In this section we describe the main features of the grid of stellar evolution models at $Z = 0.0004$. Table 1 presents the main properties of the models at the end of each core burning phase. We discuss some of the differences between our models compared to MESA (Choi et al. 2016) and Bonn models (Szécsi et al. 2015) in Sect. 5.

3.1. Evolution in the HR diagram

Figure 1 shows the evolutionary tracks for all the models. The most important feature are the following:

- The width of the MS band increases in the high mass range. This was found in Papers I and III, and is a feature that is even more pronounced at low metallicity and is a result of weaker mass-loss rates by stellar winds and larger cores (Meynet et al. 1994a).

- The vast majority of the core He-burning phase occurs as a blue supergiant, at relatively high effective temperatures for massive stars. Stars only become red supergiants (RSG) after core-He burning. For instance, the core He-burning phase occurs at $\log(T_{\text{eff}}/K) > 3.90$ for masses larger than 4 $M_\odot$ for rotating models (6 $M_\odot$ for nonrotating models).

- For initial masses between 2.5 and 3–4 $M_\odot$ (depending on rotation), we find the presence of complete blue loops, that is, loops that start and finish at the location of the Hayashi track. The presence of blue loops has been discussed in detail by Walmswell et al. (2015), who propose that the excess He and its associated high mean-molecular weight above the H-burning shell is the main reason behind the blue loops.

- For initial masses above 3–5 $M_\odot$ (depending on rotation), the Cepheid instability strip is crossed after the end of the core He-burning phase. This implies a short lifetime in the instability strip and an evolution towards lower effective temperatures, that is, towards an increase of the pulsation period as a function of age.

See https://obswww.unige.ch/Research/evol/tables_grids2011/ or the CDS database at http://vizier.u-strasbg.fr/viz-bin/VizieR-2.

1 https://www.unige.ch/sciences/astro EVOLUTION/en/database/
| Mass (M☉) | P_Ω | \( \rho_{\text{crit}} \) | \( \rho_{\text{surf}} \) | \( P_{\text{rot}} \) | \( V_{\text{eq}}/\rho_{\text{crit}} \) | End of He-burning | \( V_{\text{eq}}/\rho_{\text{surf}} \) | \( M_{\text{He(3)}} \) | \( M_{\text{N/C}} \) |
|---------|-----|----------------|-------------|-------------|----------------|----------------|----------------|-------------|-------------|
| 0.40   | 0.174 | 0.1175 | 0.069 | 20.000 | 0.183 | 0.115 | 0.137 | 0.038 | 0.190 |
| 0.50   | 0.236 | 0.1496 | 0.085 | 30.000 | 0.208 | 0.149 | 0.248 | 0.054 | 0.248 |
| 0.60   | 0.309 | 0.1788 | 0.095 | 40.000 | 0.248 | 0.193 | 0.543 | 0.063 | 0.245 |
| 0.70   | 0.383 | 0.2053 | 0.105 | 50.000 | 0.302 | 0.250 | 0.902 | 0.073 | 0.249 |
| 0.80   | 0.458 | 0.2311 | 0.115 | 60.000 | 0.368 | 0.311 | 1.375 | 0.083 | 0.255 |
| 0.90   | 0.534 | 0.2559 | 0.125 | 70.000 | 0.447 | 0.376 | 1.882 | 0.093 | 0.261 |
| 1.00   | 0.611 | 0.2797 | 0.135 | 80.000 | 0.534 | 0.447 | 2.430 | 0.103 | 0.267 |
| 1.10   | 0.688 | 0.3026 | 0.145 | 90.000 | 0.629 | 0.521 | 2.989 | 0.113 | 0.273 |
| 1.20   | 0.765 | 0.3245 | 0.155 | 100.000 | 0.724 | 0.595 | 3.564 | 0.123 | 0.279 |

Table 1: Properties of the Z = 0.0004 stellar models at the end of the H-, He-, and C-burning phases. Columns 1–4 give the initial mass of the model, the initial ratio between the rotational velocity at the equator and the critical rotational velocity, the initial rotational velocity at the equator, and the time-averaged equatorial surface velocity during the H-burning phase, respectively. Column 3-1 shows properties of the stellar models at the end of the core He-burning phase, while Column 3-2 shows properties of the stellar models at the end of the core C-burning phase. The columns labeled \( M_{\text{He(3)}} \), \( M_{\text{He(3)}} \), and \( N/C \) have the same meaning as the corresponding columns for the models at the end of the core hydrogen burning phase. The quantity \( \Omega \) is the ratio of the angular velocity of the core to that of the surface.

Notes: 1. \( V_{\text{eq}}/\rho_{\text{crit}} \) and \( V_{\text{eq}}/\rho_{\text{surf}} \) correspond to the duration of the core hydrogen burning phase and of the core He-burning phase, respectively. Columns 2-19 to 27 show properties of the models at the end of the core He-burning phase. Columns 2-19 to 27 show properties of the models at the end of the core C-burning phase, respectively. Columns 2-19 to 27 show properties of the models at the end of the core C-burning phase, respectively.
Fig. 1. Evolutionary tracks in the theoretical HR diagram for nonrotating (left panel) and rotating models (right panel). Each track is labeled with its initial mass. The beginning (when 0.003 in mass fraction of helium has been burnt at the center) and end of the core He-burning phase are indicated by open circles and crosses, respectively. The Cepheid instability strip is indicated by the light gray region (Tammann et al. 2003). The color scale indicates the surface number abundance of nitrogen on a logarithmic scale where the abundance of hydrogen is 12.

variables (LBVs; see the bottom left panel of Fig. 1). However, the models do not predict classical WR stars as the endpoints of the evolution.

3.2. Internal structure and lifetimes

The masses of the convective core during the core H-burning phase for rotating and nonrotating models of different initial masses at $Z = 0.0004$ are presented in Fig. 2. At the beginning, the convective cores in the rotating models are smaller than in the nonrotating ones. This comes from the effect of the centrifugal acceleration that supports part of the weight and thus makes the central temperature lower in the rotating models than in the nonrotating models. The shifts are larger in stars that are most easily deformed by the centrifugal force, that is, the most massive ones because they are less dense.

In general, the convective cores decrease smoothly in mass during the whole MS phase. There are however two exceptions: first in the case of the rotating 1.7 $M_\odot$ model at the very beginning of the core H-burning phase and, second, for the stars more massive than 20 $M_\odot$ at the end of the core H-burning phase. We discuss these two cases below.

At $Z = 0.0004$ in the nonrotating 1.7 $M_\odot$ model, the convective core decreases in mass as evolution proceeds during the MS phase (see the bottom black dotted curve in Fig. 2). When rotation is accounted for, a very different evolution is obtained (see the bottom black continuous curve in Fig. 2). First, the convective core increases in mass and then suddenly, at an age equal to about 120 Myr, drops to a value around 0.15–0.16 $M_\odot$ and remains around that value until the end of the MS phase.

Fig. 2. Evolution of the fractional mass of the convective cores during the MS as a function of the mass fraction of hydrogen at the center. The bottom black line is for the 1.7 $M_\odot$ model, and the top magenta line for the 120 $M_\odot$ model. The other intermediate lines show models with initial masses increasing from bottom to top. Solid (dotted) lines correspond to rotating (nonrotating) models.

This behavior in the rotating model results from the following phenomena:
1. The size of the convective core depends on the ratio between the nuclear energy produced by the proton-proton (pp) chains and the CNO cycle. When the CNO cycle dominates, larger convective cores appear. This comes from the well-known fact that the energy production rate for the CNO cycle shows a much stronger dependence on temperature ($\propto T^4$) than the pp chains ($\propto T^2$).

2. The typical temperatures at the center of the $1.7\ M_\odot$ model are in a range (around $22 \times 10^6\ K$) where both the pp chains and the CNO cycle contribute significantly to the nuclear energy production. Small variations of the central temperature therefore change the size of the convective core significantly.

3. Rotation induces two counteracting effects, one favoring the importance of the CNO cycle and the other one disfavoring it. On one side, rotational mixing allows carbon to diffuse from the envelope to the core fueling the CN cycle (we note that for this model, the ON cycle is negligible) thus favoring the CN cycle leading to large convective cores. On the other hand, rotation, by sustaining in part the weight of the stellar material through the centrifugal acceleration, tends to lower the central temperature, disfavoring the CN cycle and producing smaller convective cores.

At the beginning of the evolution, although the central temperature in the rotating model is smaller than in the nonrotating one, still the CN cycle dominates. However, after the stage when carbon has been depleted around the core, the timescale for fueling carbon into the core becomes too long for allowing the CN cycle to be maintained. At this point, the lower central temperature in the rotating model causes the energy to be produced mainly by the pp chains, and the size of the convective core drops. A similar effect was found in Georgy et al. (2013b).

We may wonder to what extent this feature would have been different if pre-MS evolution had been computed for this model. Indeed, during the pre-MS phase some CN burning occurs in the core, modifying the abundances of these elements in the central regions of the star. However, this would occur when the star is nearly on the ZAMS and thus accounting for this phase would have a very limited impact.

The increase of the core mass at the end of the MS phase for rotating stars with initial masses above about $20\ M_\odot$ results from the action of the effective diffusion coefficient, $D_{\text{eff}}$, that dominates the mixing just above the convective core (see Fig. 11). This coefficient attempts to capture the physics of the interaction between meridional currents and the strong horizontal turbulence responsible for the shellular rotation law (Chaboyer & Zahn 1992). The coefficient is higher for massive stars than for low-mass stars. For this reason, the more massive models have more mixing, which counteracts the usual decline of the mass of the convective core, and may even stop the decline temporarily (Fig. 2). We return to this point in Sect. 4.2, where we discuss how metallicity affects the internal structure of stars.

The effects of rotation on the duration of the evolutionary phases can be seen in Table 1. As found in Papers I, II and III, our models also show that an initial value of $v_{\text{rot}}/v_{\text{crit}} = 0.4$ increases stellar lifetimes by about 20% compared to nonrotating models.

### 3.3. Rotational velocities

The initial rotational velocities of our models and their time-averaged value during the MS phase are shown in Table 1. The increase of initial rotational velocity with mass is a result of adopting a fixed ratio for the initial $v_{\text{rot}}/v_{\text{crit}}$ for all masses, since $v_{\text{crit}}$ increases with initial mass.

The time-averaged value of $v_{\text{rot}}$ depends on three competing mechanisms: expansion of the envelope, meridional currents, and mass loss. In general, the time-averaged surface rotational velocity during the MS phase ($v_{\text{rot}}$) is lower than the initial surface rotational velocity. This occurs because the envelope expands during the MS, which decreases the surface velocity. The angular momentum transported by meridional currents is insufficient to counteract this effect. However, the more massive models ($M_{\text{ini}} > 85\ M_\odot$) show a higher value for the time-averaged $v_{\text{rot}}$ than the initial value of $v_{\text{rot}}$. In these models, the meridional currents that transport angular momentum from the inner to the outer regions are strong, and thus more than compensate for the decrease of the surface rotational velocity due to the envelope expansion. In general, mass loss increases during the MS for the massive models because of the increase in luminosity. Still, the absolute value of the mass-loss rate during the MS phase is very modest at these low metallicities, and thus removes only a very small amount of angular momentum from the surface.

Figure 3 presents the evolution of surface rotational velocities during the MS phase. For all the masses below about $20\ M_\odot$, the surface velocity remains constant during the MS phase. If there was local conservation of the angular momentum, the surface velocity should have decreased during that phase since the envelope expanded during the MS. The models indicate that angular momentum is transported from the core to the surface, compensating for the envelope expansion.

For the most massive stars, the surface velocity increases during the MS phase. This occurs because high-mass stars have less dense radiative envelopes and therefore stronger meridional currents that can transport angular momentum from the interior of the star to the surface. At a given point, the star reaches a surface velocity that is high enough for the centrifugal acceleration to compensate the gravity at the equator (Maeder & Meynet 2000). In this case, we assume that the layers that are overcritical are removed, as in Paper II. The three most massive models reach the critical limit during the second half of the MS and experience these mechanical mass losses. The stars are still hot O-type stars, and would be observationally associated with Oe stars if the disk became massive enough. In this case, emission-line components should be seen in the H lines.

An interesting consequence from our models is that the value of the surface velocity during the MS phase for stars with masses below $20\ M_\odot$ would give a reasonable estimate of their initial rotation. We note that the current models assume that the star initiates its evolution on the ZAMS rotating as a solid body. As was already discussed in previous studies (e.g., Haemmerlé et al. 2013), a rapid redistribution of the angular momentum through meridional currents occurs at the very beginning of the calculations, transporting angular momentum from the surface to the central region. As a result, the surface velocity shows a rapid drop at the beginning of the evolution. Because the initial internal rotation profile has weak effects on the further evolution of the star, starting with a nonsolid body rotation profile would produce similar results for the subsequent evolution provided that the total angular momentum is kept constant (Haemmerlé et al. 2013).

### 3.4. Surface abundances

To illustrate the evolution of surface abundances and the effects of rotational mixing, the evolutionary tracks shown in Fig. 1 are color-coded according to the surface abundance ratio of nitrogen to hydrogen in logarithm scale (by number and normalized to a number of hydrogen atoms equal to $10^{12}$). The evolution of
the surface abundances is mainly affected by two mechanisms, mixing (rotational or convective) and mass loss.

The nonrotating models predict no change in the surface abundances during the MS phase for all the mass domain explored here. Below 4 $M_\odot$, the surface nitrogen-to-hydrogen ratio changes by at most 0.4 dex as a result of the first dredge-up. Between 4 and 40 $M_\odot$, there are no changes in the surface abundance during core He-burning. Stars with masses between 9 and 15 $M_\odot$, become red supergiants after the end of the core He-burning phase, developing a convective envelope and showing CNO-processed products at their surfaces as a result of dredge up. Stars with masses between 20 and 40 $M_\odot$ do not change their surface composition during their lifetimes. These stars do not develop a deep convective layer, and therefore no dredge up occurs. Above 40 $M_\odot$, the ratio between N and H changes by more than 1.0 dex as a result of mass loss by stellar winds, which reveals the layers that have been enriched with CNO-processed material.

The rotating models show rapid changes in the N/H ratio during the MS phase due to rotational mixing. At any given evolutionary stage, these effects are more pronounced for higher masses due to the combined effects of mass loss and rotational mixing, which are both more effective at higher masses. We note that at the end of the 7 $M_\odot$ model, the N/H ratio increases by 0.5–0.6 dex, which causes the track to shift to slightly cooler effective temperatures. This occurs because this particular model has a deep convective envelope and also mixes C, N, and O from the core into the base of the convective envelope. More massive models do not show this effect because the convective envelope is not deep enough. Less massive models were stopped when the core became degenerate, and could still show increased CNO abundances in the envelope at later evolutionary phases.

In addition, our models show that Cepheids originating from nonrotating or slowly rotating stars are predicted to show no change of the N/H ratio at their surfaces, except in the lowest initial mass range crossing the instability strip after the first dredge-up occurred.

3.5. Massive star populations from single stars at very low metallicity

Our stellar evolution models allow an estimate of the content of stellar populations in very-low-metallicity environments. For consistency with Papers I and III, here we assume the calibrations between spectral types and surface properties as in Georgy et al. (2012), and broadly define that O-type stars have log($T_{\text{eff}}/K$) > 4.77 and a hydrogen mass fraction at the surface greater than 0.4, yellow-blue supergiants (YSG–BSG) have log($T_{\text{eff}}/K$) in the range 3.660 and 4.777, and RSGs have log($T_{\text{eff}}/K$) > 3.660. We also assume that the region of the stellar evolution tracks with log($T_{\text{eff}}/K$) > 4.777 and a hydrogen mass fraction at the surface lower than 0.4 correspond to WR stars. Coupled stellar evolution and atmospheric modeling would be needed to provide a full view on the stellar properties (Groh et al. 2014; Martins & Palacios 2017), but we defer these computations to future work. In particular, because of the presence of a strong stellar wind towards the end of the evolution, we expect that part of the stars that we classify here as YSG–BSGs based on $T_{\text{eff}}$ and abundances could instead show a spectrum more similar to those of LBV stars (Groh et al. 2013a,b).

Figure 4 compares the model predictions for the lifetimes of the different spectroscopic classes as a function of initial mass. The vast majority of the stellar lifetime is spent as an OB-type star, with very short RSG and LBV lifetimes. The rotating models have longer O-type and LBV phases than nonrotating models. The RSG lifetimes are very short for both families of models, with the rotating (nonrotating) models becoming RSGs only up to 12 (15) $M_\odot$.

3.6. Mass-loss history and the Eddington parameter

Figure 5 shows the evolution of the mass-loss rate and Eddington parameter for the 9, 15, 25, 40, 60, 85 and 120 $M_\odot$ models with rotation. Here, we consider only electron scattering opacity ($k_{es}$), with the Eddington parameter for electron scattering being

$$\Gamma_{es} = \frac{k_{es} L}{4\pi G c M}.$$  \hspace{1cm} (1)

where $L$ is the radiative luminosity, $M$ the stellar mass, and the constants have their usual meanings. Thus, the values of $\Gamma_{es}$ are lower limits for the Eddington parameter since other opacity sources may be relevant. The values of $M$ are modest during the majority of the core H-burning phase ($M \lesssim 3 \times 10^{-6} M_\odot \text{yr}^{-1}$), even for stars with initial masses of 120 $M_\odot$. The massive star models show a substantial increase in $M$ by about a factor of ten after the core H-burning phase, when their effective
temperatures decrease and the stars cross the first bi-stability limit around $T_{\text{eff}} = 21,000 - 25,000$ K (Vink et al. 2001). The most massive models cross the second bistability jump ($T_{\text{eff}} = 10,000 - 15,000$ K) towards the end of the core He-burning phase, causing $M$ to increase by roughly another factor of ten. Because the models above $40M_\odot$ have log($T_{\text{eff}}$/K) > 3.900, the code switches from the Vink et al. (2001) to the de Jager et al. (1988) recipe, which produces a short period of increased mass loss.

In the last 10,000 years before core collapse, the $\dot{M}$ values range from $10^{-7} M_\odot$ yr$^{-1}$ for the 15 $M_\odot$ model to a few times $10^{-2} M_\odot$ yr$^{-1}$ for the 85 $M_\odot$ model. Based on the mass-loss recipes adopted here, stars at very low metallicity such as $Z = 0.0004$ could show substantial mass loss before core collapse, which could affect both the chemical yields, explosion properties, and supernova appearance (Yusof et al. 2013; Hirschi 2017).

Our models indicate that massive stars can approach the Eddington limit at $Z = 0.0004$ (Fig. 5). Their values of $\Gamma_{\text{es}}$ range from 0.08 to 0.37 at the ZAMS for 9 and 120 $M_\odot$ models, respectively. As the star evolves, $\Gamma_{\text{es}}$ increases substantially for $M_{\text{ini}} \geq 25 M_\odot$, ranging from 0.3 to 0.8 for the 25 and 120 $M_\odot$ models, respectively, during the post core H-burning phase. These values remain high until core-collapse (Fig. 5), which may cause eruptive mass loss in the last $10^4$ yr of evolution and produce bright interacting supernovae.

### 3.7. Properties at advanced stages of the evolution

In this section we investigate the final mass, core mass, abundance structure, angular velocity structure, and surface properties at advanced stages of the evolution. Figure 6 shows the final masses of our rotating and nonrotating models. At $Z = 0.0004$, their initial-mass-to-final-mass ratios are close to 1:1, shown by the diagonal line shown in Fig. 6. This is caused by the weakness of the stellar winds at low metallicity. Figure 7 presents the chemical abundance, radius, and angular velocity profiles as a function of the Lagrangian mass coordinate for rotating models with initial masses of 120, 20, 7, and 2.5 $M_\odot$. They are representative of the different initial mass regimes, and we discuss selected properties below.

#### 3.7.1. The 120 $M_\odot$ model

The 120 $M_\odot$ clearly shows a production of primary nitrogen. This appears in the layers containing the products of H-burning.

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**Fig. 4.** Lifetimes during different evolutionary phases as a function of initial mass for nonrotating (left) and rotating models (right). The upper curve corresponds to the total lifetime and the dashed black curve to the MS lifetime, which is further divided in O-type and B-type stars. The blue regions beyond the MS phase correspond to yellow-blue supergiants, red to red supergiants, and blue to LBV stars.

**Fig. 5.** Mass-loss rates (left panel) and Eddington parameter $\Gamma_{\text{es}}$ (right panel) as a function of time to core collapse for selected rotating models (9, 15, 25, 40, 60, 85 and 120 $M_\odot$). The labels indicate the initial mass.
via the CNO-cycle (mass coordinates 64–70 $M_\odot$), where the nitrogen mass fraction reaches values up to 0.001. This is four times the sum of the initial mass fractions of CNO elements (-0.00025) indicating that rotation induces the production of primary nitrogen. The physics of this process is discussed in Meynet & Maeder (2002). At low Z, there is an efficient transport of $^{12}$C from the He-burning core to the H-burning shell, where the CNO cycle converts $^{12}$C to $^{14}$N. The other models shown in Fig. 7 present no significant primary N production, since no C is transported efficiently from the core to the H-burning shell.

Before core collapse, the 120 $M_\odot$ star has its mass relatively concentrated in the central regions. From the middle panel we can see that nearly 99.5% of the total mass is enclosed in 30 $R_\odot$. The remaining 0.5% of the mass extents over more than 1000 $R_\odot$. The H mass fraction at the surface is 0.2, but the relatively low effective temperature indicates that the star would be spectroscopically similar to an AF-type supergiant or LBV. The final fate of this star depends strongly on mass loss, which is extremely uncertain in this parameter range. We caution that the estimates of core rotation are upper limits due to pair instability before near critical rotation is reached. Also, the models do not include the effects of magnetic fields, and our results are upper limits concerning the magnitude of the core rotation.

### 3.7.2. The 20 $M_\odot$ model

The rotating 20 $M_\odot$ model ends its lifetime as a blue supergiant. We estimated the remnant mass based on the CO core mass following Georgy et al. (2012). We find that a neutron star is expected to be formed, probably accompanied by a SN II given the mass of the H envelope. The envelope is not substantially extended, favoring the appearance of a SN III.

We obtain that the core of this star contains a high amount of angular momentum. Assuming that all core angular momentum would remain locked in the neutron star, we find that the neutron star would spin with a period of $6 \times 10^6$ s. This value is about two orders of magnitude higher than the critical rotational period of a neutron star (between 4.4 and 6.50 x $10^8$ s; see Georgy et al. 2012 for more details on those estimates). At face value, this discrepancy would imply that either our models are missing a braking mechanism that would decrease the angular momentum of the core and make it compatible with a rapidly spinning neutron star, or that significant angular momentum loss occurs during the explosion and proto-neutron star formation, or both. In any case, the high angular momentum of the core could potentially have a significant impact on the core collapse and explosion properties. Similarly to the case of the 120 $M_\odot$ model, we caution that the estimates of core rotation are upper limits since we do not include magnetic fields.

### 3.7.3. The 7 $M_\odot$ model

The rotating 7 $M_\odot$ model shown in Fig. 7 has just reached the end of the core He-burning phase and is still in the blue. The core has an angular velocity that is nearly three orders of magnitude larger than that of the surface. If the radius of the region below the helium-burning shell contracts to a typical white dwarf radius, (-0.01 $R_\odot$) this would imply that the surface rotation of the white dwarf would be around half the critical angular velocity$^3$.

### 3.7.4. The 2.5 $M_\odot$ model

We computed the evolution of the rotating 2.5 $M_\odot$ star until the early AGB phase. The contrast between the angular velocity of the core and that of the envelope is more than 3 dex. In further evolutionary stages, the contraction of the core below the He-burning shell from 0.03 to 0.01 $R_\odot$ would make the ratio $\Omega/\Omega_{\text{crit}}$

$$\frac{(\Omega/\Omega_{\text{crit}})}{(\Omega_i/\Omega_{\text{crit}})} \approx \sqrt{f_i/f},$$

where the subscript $i$ is for initial, i.e., before the contraction, and $f$ is for final, after the contraction.
increase from 0.17 to 0.29. In contrast with the more massive stars, the core of the 2.5 $M_\odot$ star should not produce a compact remnant with a substantial amount of angular momentum. This is caused by two effects. First, the low-mass stars begin their evolution with a lower amount of angular momentum than the more massive stars, since we assumed a constant ratio of $\upsilon_{\text{rot}}/\upsilon_{\text{crit}}$ for
the full mass range discussed in this paper. Second, the processes that transport angular momentum from the core of the envelope act on much longer timescales in low-mass stars than in high-mass stars, which more than compensates for the lower efficiency of angular momentum transport in low-mass versus high-mass stars.

4. Effects of metallicity on stellar evolution

This paper extends the database of updated Geneva stellar evolution models down to a metallicity of 1/35 solar. Since the current models were computed with the same physical assumptions as for the $Z = 0.014$ (Paper I) and $Z = 0.002$ grids (Paper III), they form a homogeneous dataset to investigate the effects of metallicity on stellar evolution. In this section, we discuss the implications of our models in understanding how the HR diagram, rotational velocities, surface abundances, and advanced evolutionary stages are affected by metallicity.

4.1. Evolution in the HR diagram

Our models show that metallicity strongly affects the stellar tracks in the HR diagram, confirming previous results (e.g., Schaller et al. 1992; Meynet et al. 1994b; Bono et al. 2000; Chieffi et al. 2001; Demarque et al. 2004; Pietrinferni et al. 2004; Bressan et al. 2012; Brott et al. 2011; Chieffi & Limongi 2013; Choi et al. 2016; Yoon et al. 2017; Eldridge et al. 2017). Figure 8 shows the metallicity effects on stellar evolutionary tracks in the HR diagram for representative models ($1.7, 7, 15, 60\,M_{\odot}$). As is well known, decreasing the metallicity shifts the ZAMS bluewards, and the shift is stronger for stars with lower initial mass. This occurs because stars of high initial mass are more dominated by electron-scattering opacity, while stars with low initial mass are more dominated by bound-bound and bound-free opacities (see e.g., Mowlavi et al. 1998). The metallicity dependence of the bound–bound and bound-free opacities is much steeper than the electron-scattering opacities, explaining why low-mass stars are relatively much hotter and more luminous at low metallicity compared to high-mass stars.

More generally, this metallicity effect is seen not only in the ZAMS but throughout the evolution, and is more pronounced in cool regions of the HR diagram in which the opacity is highly dependent on metallicity. This is the case for the evolved phases when the star is a red giant, asymptotic giant branch, or red supergiant, as can be seen in the $1.7, 7$ and $15\,M_{\odot}$ models (Figs. 8b–d). However, the late evolution of the $60\,M_{\odot}$ model is predominantly governed by mass loss and not by changes in opacity as a function of metallicity. The metallicity effects on blue loops are apparent in the $7\,M_{\odot}$ model (Fig. 8c), which shows an extended blue loop at solar metallicity. The $Z = 0.0004$ model shows a more modest blue loop, starting at a much hotter effective temperature ($\log (T_{\text{eff}}/K) = 4.1$) than the solar metallicity model ($\log (T_{\text{eff}}/K) = 3.6$). This happens because the core of the $Z = 0.0004$ model has a higher central temperature than the $Z = 0.014$ model, implying that a smaller contraction is needed to reach the temperature for activating the $\alpha$ reactions. Thus, less energy is released by the core contraction at the end of core H burning, producing a less pronounced mirror effect in the envelope and causing a higher $T_{\text{eff}}$. Figure 9 illustrates this point in another way by plotting $T_{\text{eff}}$ as a function of the central He mass fraction for the $15$ and $7\,M_{\odot}$ at various metallicities. While at $Z = 0.0004$ nearly the entire core He-burning phase occurs at high effective temperatures ($T_{\text{eff}} > 8000\,K$), only a small fraction of this phase has $T_{\text{eff}} > 8000\,K$ at $Z = 0.014$.

As previously noted, a consequence of this effect is that $Z = 0.0004$ Cepheids with masses above $4–5\,M_{\odot}$ only form during the first crossing of the HR gap. Thus, secular evolution produces Cepheids in that mass range for which the pulsation period only increases with age.

4.2. Internal structure and lifetimes

Our models indicate that metallicity has a strong effect on the internal structure of stars, in particular when rotation is taken into account. Figure 10 shows the mass of the convective core for models of four representative initial masses. The mass of the convective core is higher in rotating models compared to those without rotation, and the relative increase in the core mass between rotating and nonrotating models increases with metallicity. This effect also increases with initial mass, since the shear diffusion coefficient scales with radiative diffusion, which in turn increases with initial mass. The differences in internal structure between rotating and nonrotating models also affects their
envelope properties, and ultimately changes the evolutionary tracks seen in the HR diagram (Fig. 8).

Why do we have larger increases of the convective core due to rotation at higher metallicities? Immediately above the convective core, shear mixing is strongly limited because of the inhibiting effects of the gradients of chemical composition. In this region, mixing is regulated by the net effect due to both meridional currents and a strong shear horizontal turbulence, which is encapsulated by the coefficient $D_{\text{eff}}$ in our models (Chaboyer & Zahn 1992, see also Fig. 11). Very schematically, $D_{\text{eff}}$ scales as $r U_r$, where $r$ is the distance to the center of the star and $U_r$ the radial component of the meridional current velocity. When the metallicity increases, stars become less compact and both $r$ and $U_r$ increase, since $U_r$ depends on the inverse of the density among other factors. This tends to make $D_{\text{eff}}$ larger in stars that are more metal rich (see Fig. 11).

Comparing the stellar lifetimes as a function of metallicity, rotating models have lifetimes increased by about 20% with respect to the nonrotating models for the initial value of rotational velocity used in this paper. This increase is roughly independent of metallicity in the range $Z = 0.0004-0.014$ (Fig. 12). The lifetimes of the $Z = 0.0004$ rotating models are about 80% the lifetimes of the corresponding models at $Z = 0.014$ in the entire metallicity range considered here (dotted blue line in Fig. 12).

Focusing specifically on rotating models, we identify different dependences of the stellar lifetimes with metallicity depending on the initial mass (Fig. 12). For initial masses lower than 8 $M_\odot$, the lifetime initially increases from $Z = 0.014$ to $Z = 0.002$, and then decreases from $Z = 0.002$ to $Z = 0.0004$. The magnitude of this nonmonotonic behavior is inversely proportional to the initial mass and depends on the complex interplay of opacity, rotation, and convection on stellar lifetimes in this mass regime. First, the opacities are strongly dependent on metallicity, making the star more luminous and with shorter lifetimes as metallicity decreases. Second, the effect of rotation on the hydrostatic structure tends to decrease the central temperature and thus...
increase the contribution of the pp chain to the total nuclear energy output, which tends to increase the lifetime. Third, rotation affects the evolution of the mass of the convective core. Since the diffusion coefficient $D_{eT}$ diminishes for low metallicities, this tends to make the convective core less permeable to arrival of fresh fuel from the radiative zone and thus decreases the enhancement of the lifetime due to rotation. The final outcome of these counteracting effects cannot be predicted without numerical computations.

For initial masses above about $10 \, M_\odot$, the lifetimes do not change substantially from $Z = 0.014$ to 0.002, and decrease by about 20% from $Z = 0.002$ to $Z = 0.0004$. In this initial mass regime, the dominant source of opacity is electron scattering, which is weakly affected by metallicity. However, we saw above that the extension of the convective core both due to overshoot and to rotation will be diminished in low-metallicity models. These factors tend to reduce the lifetimes at lower $Z$. The exact amount of decrease is difficult to obtain from simple principles since the lifetime will be an intricate interplay between the luminosity and the fuel available, and again numerical models such as those presented here are needed to properly estimate stellar lifetimes as a function of metallicity.

4.3. Surface rotation velocities

The impact of metallicity on surface rotational velocities is regulated by the effects of mass loss and angular momentum transport from the core to the surface. Here we investigate a model with an initial mass of $20 \, M_\odot$ at different metallicities, for which we present the evolution of the surface rotational velocity (Fig. 13, left panel) and the radial component of the meridional circulation velocity at the middle of the core H-burning phase (Fig. 13, right panel).

The initial surface rotational velocities were chosen as 40% of the critical velocity, making their absolute values higher as metallicity decreases because the stars are more compact. Initially, the models behave in a similar fashion and show a rapid decrease of $\nu_{\text{rot}}$ caused by the readjustment of the angular momentum structure, as the models were assumed to rotate as a solid body on the ZAMS. The surface velocity of the $Z = 0.014$ model decreases significantly as the star evolves while the models for $Z = 0.002$ and $Z = 0.0004$ show a roughly constant $\nu_{\text{rot}}$ until $X_\text{c} = 0.30$, and then a minor decrease until $X_\text{c} = 0.10$. This happens because of the impact of mass loss on angular momentum removal from surface layers, which is stronger at high $Z$.

Since the average densities are higher at low metallicity and $U_r$ varies with the inverse of the density in the outer layers, $U_r$ is lower at low metallicity, making the transport of angular momentum from the core to the surface less effective in metal-poor stars. However, because the removal of angular momentum at the surface is also less efficient at low metallicities, these two effects counterbalance each other during the majority of the core H-burning phase in the $Z = 0.002$ and $Z = 0.0004$ models. The transport of angular momentum to the surface dominates over the angular momentum loss at the surface due to mass loss only when $X_\text{c} < 0.10$ ($X_\text{c} < 0.05$) for the $Z = 0.0004$ ($Z = 0.002$) model. This leads to the spin up episode seen in these models at the end of core-H burning.

This interplay is responsible for the outcome seen in the evolution of the surface velocity on the left panel of Fig. 13. At $Z = 0.014$, the transport of angular momentum from the interior to the envelope, despite being stronger than at low metallicities, does not compensate for the losses of angular momentum at the surface and the increase in radial size of the star. At lower metallicities, the less efficient transport of angular momentum from the interior to the surface compensates for both the increase in radius and the weak losses of angular momentum by the stellar winds.

4.4. Surface abundances

Figure 14 shows the relative N enrichment at the surface of the rotating 3, 7, and $15 \, M_\odot$ models at various metallicities. The
relative N surface enrichment at the end of the MS phase, at a given mass, is larger at lower metallicities. The N enrichment is stronger at low metallicity because stars at low metallicity are more compact, with stars at $Z = 0.0004$ being about 20% smaller than at $Z = 0.0014$. Since the mixing timescale depends on $r^2/D$, where $D$ is the total diffusion coefficient, the smaller the radius $r$, the smaller the timescale. Moreover, $D$ is also slightly larger at low metallicity because the gradient of $\Omega$ is slightly larger in more compact stars.

The increase in the relative N enrichment due to rotational mixing is larger for lower masses, with the $Z = 0.0004$ models showing more enrichment than the $Z = 0.014$ models by 0.55, 0.42, and 0.22 dex for stars with 3, 7, and $15 M_\odot$, respectively. The relative N enrichment of a $Z = 0.0004$ $3 M_\odot$ at the end of the MS is larger than that of $15 M_\odot$ star at $Z = 0.014$. This occurs because meridional currents in the stars with higher initial masses and/or higher metallicities are stronger and therefore more efficient in smoothing the gradients of $\Omega$ between the core and the envelope that drives the chemical mixing.

An observational consequence of the above fact is that at $Z = 0.0004$, keeping constant the ratio between the initial rotation and the critical velocity, one expects surface enrichments due to rotation to be less dependent on the initial mass than at higher metallicity. For example, the surface nitrogen abundance in the $3 M_\odot$ at $Z = 0.0004$, at the end of the MS phase is about 4.5 times the initial value, while the $15 M_\odot$ model shows an enhancement factor of 6.0 (cf. at $Z = 0.014$, the N enhancements are 1.3 for the $3 M_\odot$ model and 4.0 for the $15 M_\odot$ model).

Comparing rotating and nonrotating models, we find that the N enhancement relative to its initial abundance is higher at low metallicity compared to high metallicity. The surface abundances reflect the efficiency of the diffusive transport in the radiative layer of a given element. Stronger surface N enrichment does not necessarily mean that globally the whole star is more mixed. Shear mixing is mainly responsible for mixing N in the radiative envelope. The stronger efficiency of shear mixing at low $Z$ explains the smaller relative enrichment of N at the surface compared to higher-Z models.

Conversely, the evolutionary tracks on the HR diagram are less affected by rotation at lower metallicity than at higher metallicity. The impact of rotation on the HR tracks depends on the change of the convective core mass, which in turn depends on the diffusion coefficient $D_{\text{eff}}$. The decrease of $D_{\text{eff}}$ at low $Z$ explains why the evolutionary tracks are relatively less affected by rotation compared to high metallicities.

It should be noted that the metallicity effects discussed in this subsection are strongly dependent on the prescription for the diffusion coefficients. Meynet et al. (2013) investigates the impact of the different combinations of the diffusion coefficients used in the shellular rotating models, finding that the surface N abundances may vary significantly. Therefore, a quantitative comparison of our results with previous studies (e.g., Szécsi et al. 2015; Choi et al. 2016) that employ different prescriptions for the diffusions coefficient is not straightforward. Still, we qualitatively compare our results to those studies in Sect. 5.

4.5. Final fate of massive stars: Luminous blue variables, pair-instability supernovae, and massive black holes

Figure 15 shows the final fates of massive stars with and without rotation for the grid of models with metallicities $Z = 0.0004, Z = 0.002$, and $Z = 0.014$. As expected, the final masses decrease as a function of metallicity because of higher mass loss from stellar winds at high metallicity (Vink et al. 2001).

Let us compare the mass ejected by winds and the stellar mass at the final stage of the evolution. At solar metallicity, above an initial mass of $\sim 50 M_\odot$ as much mass is ejected by stellar winds as in a possible SN explosion. Below an initial mass of $15 M_\odot$, the contributions of the stellar winds are very modest for all metallicities; they are important, though not dominant, between 15 and $50 M_\odot$. The limits depend slightly on rotation for the values explored here. For the range of metallicities studied in this paper, the wind contribution diminishes with decreasing $Z$ and never dominates at low $Z$. At $Z = 0.0004$, stellar winds either have a composition similar to the initial abundance value or show CNO-processed elements (e.g., for the more massive models at advanced stages). This is in contrast with the solar metallicity models, which in some cases even show He-burning products in their winds.

Figure 15 shows the amount of mass ejected by SNe across the mass range studied in this paper, assuming that successful explosions happen for the 9–120 $M_\odot$ range. To compute the ejecta mass, we follow the procedure described by Georgy et al. (2009), which we briefly reiterate here. First, we compute the baryonic mass of the remnant using the relationship between the CO core mass and the remnant baryonic mass from Maeder (1992). The gravitational mass of the remnant is obtained with the relationship from Hirschi et al. (2005). Then, the ejecta mass is computed assuming that all the mass from the edge of the remnant to the surface is ejected during the SN.

Since there is considerable debate on the mass ranges of stars that are able to produce a bright SN (e.g., O’Connor & Ott 2011; Ugiano et al. 2012; Sukhbold & Woosley 2014; Sukhbold et al. 2016, 2018; Pejcha & Thompson 2015; Ertl et al. 2016; Müller et al. 2016; Ebinger et al. 2019), we also consider the alternative scenario of failed explosions. Let us investigate the maximum black-hole mass that is formed at different metallicities for stars with initial mass in the range 9–120 $M_\odot$, assuming that all the mass is engulfed by the black hole, such that its mass would be equal to the final mass of the star. Under these assumptions, the maximum mass of the black hole that our models would produce at solar metallicity is $30 M_\odot$ for a nonrotating star with initial mass of $120 M_\odot$. At $Z = 0.002$, we find $M_{\text{BH,max}} = 60–65 M_\odot$, depending on rotation, while the $Z = 0.0004$ models yield even more massive black holes of up to $90 M_\odot$. These values are substantially higher than the masses
Fig. 15. Masses of the stellar remnants and under the form of SN and wind ejecta are shown as a function of the initial mass of stars for rotating and nonrotating models at three metallicities. The masses that remain locked into the BH or NS correspond to the solid black region. The labels at the top of each subpanel indicate the type of the core collapse progenitors. The yellow hatched zone in the lower right panel labeled PISN corresponds to the domain of masses that is predicted to produce PISNe. We also indicate the masses ejected at the time of the SNe (assuming a successful explosion for all masses) that are rich in carbon, oxygen, and other $\alpha$-elements (solid green regions labeled CO), or in H-burning processed material (solid pink regions), or with the same abundances as the initial one (solid blue regions). The hatched zones are the masses ejected by stellar winds, which are color coded in blue (H-rich), cyan (H-poor, labeled WN), and pink (H-free, labeled WC).

Surprisingly, the initial mass range of PISNe is reduced in $Z = 0.0004$ models with respect to those with $Z = 0.002$. This is a result of the large convective shells associated with the H-burning shell for the $Z = 0.0004$ models. Figure 16 shows the time evolution of the internal structure (Kippenhahn diagrams) for the 120 $M_\odot$ models at $Z = 0.0004$ and $Z = 0.002$. In the $Z = 0.0004$ model, a large convective shell develops during the core-He burning phase, and the H-burning shell remains at a nearly constant mass coordinate inside the star. Indeed, the burning front which is located at the base of this convective shell is continuously replenished with H by convection, remaining at an approximately constant mass coordinate. This prevents the He and thus the CO core from growing in mass in the $Z = 0.0004$ models as much as it does in the $Z = 0.002$ model. This explains why the CO cores in the $Z = 0.0004$ models are smaller than those at $Z = 0.002$ despite the fact that the stellar winds are weaker at $Z = 0.0004$ than at $Z = 0.002$. As a result, the range of initial masses that produce massive enough CO cores to fall into the PISN regime is smaller at $Z = 0.0004$ than at $Z = 0.002$. This process indicates that the treatment of convection, not only in the stellar core but in the burning shells, has a significant effect on the final fate of stars, as investigated in detail by Georgy et al. (2014b).

of the BHs that have been detected by the LIGO experiment (Abbott et al. 2016a,d).

Because most massive low-metallicity rotating models do not lose a significant amount of mass as they evolve, they produce a significant CO core at the end of their lives and are within the expected theoretical range for pair-instability (Heger & Woosley 2002; Langer et al. 2007) or pulsational pair-instability SNe (Chatzopoulos & Wheeler 2012; Woosley 2017). According to our models, at $Z = 0.002$, stars with initial masses larger than 85 $M_\odot$ would explode as PISNe, with their progenitors being WR stars of the WN subtype or LBVs. At $Z = 0.0004$, only the rotating 120 $M_\odot$ model explodes as a PISN, having as direct progenitor possibly an LBV with high mass-loss rates and close to the Eddington limit (Fig. 5). Since LBVs have been detected in dwarf galaxies with metallicities similar to those analyzed here (Izotov & Thuan 2009), our models would imply that they are in the immediate stage before core collapse. There is also a possibility of producing a superluminous SN because the SN ejecta may interact with a dense CSM created by the progenitor, converting kinetic energy into radiative energy and boosting the observed light curve (e.g., Smith et al. 2007; Chevalier & Irwin 2011).
5. Comparison with previous studies and effects of different angular momentum transports

In recent years, significant attention has been devoted to numerical stellar evolution models with metallicities similar to those presented in this paper (~1/35 Z⊙). In this section we compare our models with the most recent studies and discuss the qualitative differences.

Figure 17 shows the evolutionary tracks in the HR diagram and the N surface enrichments of rotating models computed by Szècsi et al. (2015) and Choi et al. (2016), as well as those presented in this paper. Effects due to a slightly different initial mass and metallicity should be negligible, with most of the differences arising from the different implementations of angular momentum transport. In the model from Szècsi et al. (2015), a very efficient angular momentum transport is included due to an internal magnetic field that has been amplified by a Tayler-Spruit dynamo (Spruit 2002). In the MESA models from Choi et al. (2016), a stronger angular momentum transport than that of our models is considered. The stronger transport results from a different approach for computing the effects of the meridional currents. These latter authors use a diffusive equation for describing the physics of angular momentum transport, while we compute this transport by solving an advective equation during the MS phase (Eggenberger et al. 2008). We note that an advective approach is in principle required since meridional transport is an advective – rather than diffusive – process by essence (Zahn 1992). It should be noted though that, at least for the 20 M⊙ models at Z = 0.014 and Z = 0.002, the meridional currents carry angular momentum from the inner to the outer regions, that is, in the same direction that a diffusive process would do (Fig. 13, right panel).

However, the situation is less clear at Z = 0.0004. In some cases, such as the 20 M⊙ model midway through the core H-burning phase (Fig. 13, right panel), the meridional currents carry angular momentum from the outer to the inner layers, i.e., in the opposite direction to that of a diffusive process. Therefore, it is particularly interesting to make a comparison at this metallicity. Another difference between our models and those from Choi et al. (2016) is the expressions that are used to describe Ur, with meridional currents appearing to be more efficient in the MESA than in the Geneva models.

The evolutionary tracks for the rotating 9 and 25–26 M⊙ models have some small differences, but all of them follow a similar qualitative evolution and finish as red supergiants. The case of the 60 M⊙ model is very different. While Szècsi et al. (2015) and Choi et al. (2016) predict a homogeneous evolution, we predict a more classical behavior. In models with internal magnetic fields, such as the one from Szècsi et al. (2015), there is almost solid-body rotation, and the meridional currents, which drive most of the chemical mixing, are very strong. In the model from Choi et al. (2016), we suspect that even in the absence of an internal magnetic field, meridional currents are stronger and therefore also drive more mixing than in our models. One may conclude that to produce homogeneous evolution, “shellular” rotating models need higher initial surface rotational velocities (or larger initial content of angular momentum) than models with internal magnetic fields. Given an initial distribution of rotational velocities, our models without internal magnetic fields would predict a much smaller fraction of stars following a homogeneous evolution than the two other models at Z = 0.0004.

The N surface enrichments predicted by the different groups for the 9 and 60 M⊙ models are shown in Fig. 17. The differences between them are very modest for the 9 M⊙ models. This is partially because the diffusion coefficient responsible for the
mixing of the elements has been calibrated in each family of models to reproduce the observed surface N enrichment of solar-metallicity MS B stars, in the mass range $9-50 M_\odot$, and with a surface rotational velocity around the peak of the observed velocity distribution. The different $9 M_\odot$ models still qualitatively agree at a lower metallicity of $Z = 0.0004$. Conversely, the behavior of the N surface enrichment for the $60 M_\odot$ models is quite different for the reasons described above, since the Szécsi et al. (2015) and Choi et al. (2016) models predict a homogeneous evolution and thus very strong N enrichment at the surface.

Our standard $60 M_\odot$ with rotation ($v_{rot}/v_{crit} = 0.40$, no internal magnetic fields) presents a surface equatorial velocity that increases significantly with time when evolution proceeds during the MS phase, while the Szécsi et al. (2015) and Choi et al. (2016) models evolve with a nearly constant surface rotational velocity. At a given point, our model reaches critical velocity and mechanical mass loss slows down the surface layers by substantial amounts compared to the other family of models.

We computed two additional $60 M_\odot$ models including an internal magnetic field and different initial values of $v_{rot}/v_{crit} (0.40$ and $0.66)$ to explore their behavior under different assumptions about the angular momentum transport. These additional models include a Tayler-Spruit dynamo in a similar way as in Song et al. (2016); we refer the reader to this latter publication for further details. Figure 18 shows that, until the middle of the core H-burning phase, both our models with internal magnetic fields produce a similar evolution in the HR diagram to those of Szécsi et al. (2015). From that point onwards, the model with internal magnetic field and $v_{rot}/v_{crit} = 0.40$ does not become as hot as the $v_{rot}/v_{crit} = 0.66$ model from Szécsi et al. (2015). This type of evolution was referred to as “transitional evolution” by Szécsi et al. (2015). To produce a similar evolution towards the hot side of the HR diagram, we need to increase the initial rotation to $v_{rot}/v_{crit} = 0.66$ with internal magnetic fields. This illustrates that rotational mixing is more efficient in the Szécsi et al. (2015) models than in our models.

Currently, it remains difficult to obtain strong constraints on the efficiency of angular momentum transport in massive stars. Asteroseismology is a promising approach, but it is challenging to apply it to massive stars. Some attempts have been made to constrain the ratio between the core and envelope angular velocities for slowly rotating stars with initial masses around $9 M_\odot$ (Aerts 2008). In two cases, the core is rotating two to three times faster than the envelope. There is one case that is compatible with solid-body rotation. These values are well in the range of the values predicted by the current Geneva models (see the discussion in Georgy et al. 2013b). However, asteroseismology of slowly rotating low-mass stars indicates that the internal transport of
angular momentum is more efficient than predicted by meridional currents and shear instability. This is particularly the case for subgiant and red giant stars (Eggenberger et al. 2012, 2017; Marques et al. 2013; Cantiello et al. 2014), but this is also suggested for low-mass MS stars (Kurtz et al. 2014; Saio et al. 2015). Upcoming facilities such as TESS (Ricker et al. 2015) and PLATO (Rauer et al. 2014) may allow us to obtain such observations for large samples of OB stars and to test the angular momentum transport theories in massive stars.

Another way of constraining the angular momentum transport is to study the evolution of the surface rotation for stars during the MS phase in a mass range where the mass-loss rates have a negligible impact on the angular momentum loss. In this respect, low-metallicity stars are ideal for this task as the line-driven winds become weak (see review by Puls et al. 2008). At solar metallicity, Huang & Gies (2006) showed that the Geneva models can provide a reasonable agreement with the evolution of the surface velocity of stars with initial masses in the range 9–12 M⊙.

The rotation rates of young pulsars are yet another possibility for constraining the evolution of the angular momentum transport in massive stars. Heger et al. (2005) showed that magnetic rotating models are in principle in better agreement with the rotation rate of young pulsars, since these models extract much more angular momentum from the core than those with differential rotation, and thus predict less angular momentum in the core at the pre-SN stage. Let us note that even the magnetic models do not seem to extract enough angular momentum from the core, since they fit only the lower values of the rotation period of young pulsars. In addition, it still remains to be seen if those objects suffer other instability processes at the time of the explosion and during the early phases of NS formation (e.g., magnetic braking), which may modify its angular momentum. All these additional complexities could make it harder to link the rotation of young pulsars and that of the pre-SN core of massive stars.

6. Implications for I Zw 18 and other metal-poor dwarf galaxies

The blue-compact dwarf galaxy I Zw 18 is an ideal testbed for stellar evolution models at low metallicity for a number of reasons. First, it is one of the most metal poor star-forming galaxies in the nearby Universe. Its oxygen abundance is estimated to be about 1/35–1/50 the solar value (see e.g., Izotov et al. 1999; Kehrig et al. 2016). This low level of oxygen enrichment indicates that for a long time the star-formation rate in this galaxy was quite low. Second, I Zw 18 shows regions of star formation in its north-western (NW) and south-eastern parts (SE). These strong starbursts, together with the very low metal content, make this galaxy similar to a primeval galaxy that would undergo its first important star-formation episode (Izotov & Thuan 2004). These authors did not find any evidence for the presence of stars from the red giant branch, while their observations were deep enough to have detected stars at the tip of the red giant branch if they were present. The most evolved stars have therefore an age inferior to 500 Myr.

Third, regions of this galaxy show evidence for strong sources of ionizing photons (Kehrig et al. 2015; Kehrig 2017). Some authors have proposed that such regions might contain Pop III stars that were formed recently from a relic pocket of material that would have retained the composition inherited from the Big Bang nucleosynthesis (Heap et al. 2015). This view is somewhat supported by the discovery that the chemical composition of the HII regions is different from that of the HI regions (Lebouteiller et al. 2013). On the other hand, X-ray binaries may also be important sources of ionizing photons (Lebouteiller et al. 2017). Fourth, I Zw 18 shows a very low content of dust (Herrera-Camus et al. 2012). This is in stark contrast with SBS 0335-052, another low-metallicity starburst galaxy (Hunt et al. 2014). Fifth, the N/O ratio in the interstellar medium of this galaxy is relatively high (Aloisi et al. 2003), and the galaxy contains Cepheids that have been used to estimate its distance (Contreras Ramos et al. 2011; Aloisi et al. 2007). Finally, the NW region of I Zw 18 shows broad spectral lines compatible with the presence of WR stars of the WN and WC subtypes Izotov et al. (1997) (see also Legrand et al. 1997; Brown et al. 2002). The relatively high number of WR stars is surprising, since WR stars are in general rare in metal-poor regions (Crowther & Hadfield 2006). According to Izotov et al. (1997), the ratio of the number of WR to that of O-type stars is around 0.02.

A quantitative comparison of predictions based on stellar evolution models and observations rely on population synthesis coupled with stellar atmosphere models, which we will defer to future work. Here we discuss the main impacts of our results on interpreting galaxies such as I Zw 18.

Concerning WR populations, our models do not predict the existence of a significant number of classical WR stars in I Zw 18 because of the expected weakness of stellar winds at low Z. According to our models, massive stars become relatively cool in the post-H-core burning phases, would likely appear as LBVs, and emit a small number of H and He ionizing photons. They would also have narrow lines in their spectrum, and it would be unlikely that they would be responsible for the broad WR features observed in I Zw 18. This would support the idea that the WR stars observed in I Zw 18 (Izotov et al. 1997) are not produced by wind mass loss from a single massive star with initial mass up to 120 M⊙, but from homogeneous evolution (Szőcsi et al. 2015) and/or binary mass transfer. We note that our models do not produce homogeneous evolution for the initial rotational velocities considered here and without considering internal magnetic fields. There is also the possibility that the WR stars in I Zw 18 could originate from very massive stars with initial mass greater than those considered here (120 M⊙). We note that Gräfener & Vink (2015) found that very massive MS stars could produce narrow He emission lines down to Z = 0.0001 and explain the strength of that emission line in high-redshift galaxies. However, very massive MS stars would in most likelihood not produce the classical WR signatures seen in I Zw 18.

In the context of binary models, Götberg et al. (2018) found that the mass stripping by Roche-lobe overflow becomes inefficient at low metallicities comparable to that of I Zw 18, and would not produce a typical WR spectrum for primary stars with M1 up to \( \sim 18 M_\odot \). More massive binaries seem to be required to produce WR stars similar to those seen in I Zw 18, with their nature and evolutionary histories still being an open question.

Finally, it is interesting to note that the high N/O from I Zw 18 may support the primary nitrogen production in massive stars. This is because a high N/O in a metal-poor galaxy would require N and O to be ejected into the interstellar medium at similar times during galaxy evolution (Matteucci 1986). Since O is produced mainly by massive stars, a high N/O would imply that N has a primary origin in massive stars as well. While our current models may produce some primary N, it remains to be seen whether it is enough to reproduce the observations. In addition, the N/O in the interstellar medium may result from previous populations at still lower metallicities than the current value for I Zw 18 which are more efficient producers of primary N.
In this case, the previous stellar generations would have had to pollute the interstellar medium via winds and faint SN events to enrich the gas in N but not much in Fe (Meynet et al. 2006; Choplin et al. 2017).

7. Concluding remarks and observable consequences

Here we present a grid of rotating and nonrotating stellar evolution models computed with the Geneva code, for the initial mass range 1.7–120 $M_\odot$ and metallicity $Z = 0.0004$. Below we summarize our main findings, which are applicable to stars evolving without strong interactions with a companion star, either because they are isolated or because the orbital separation is too large to strongly affect the evolution in the corresponding stages described below.

1. Stars show stronger relative surface enrichments in nitrogen at $Z = 0.0004$ than at $Z = 0.002$ and 0.014 (considering a fixed initial mass, a fixed initial rotation and a similar evolutionary stage).

2. On average, stars are rotating faster at lower metallicities due to the fact that they are more compact and due also to the weakening of line-driven stellar winds.

3. Stars with $M_{\text{ini}} > 5–6 M_\odot$ spend most of the core He-burning lifetime as blue supergiants. Therefore, one expects a large blue-to-red-supergiant ratio in cases where single star evolution dominates the populations.

4. Cepheids should be relatively rare since the instability strip is, in general, only crossed after the end of the core He-burning phase.

5. Cepheids always evolve in such a way that their pulsation period increases with age.

6. All the Cepheids originating from the present rotating models show surface He and N enrichments.

7. Very few red supergiants are expected at this low metallicity because they are isolated or because the orbital separation is too large to strongly affect the evolution in the corresponding stages described below.

8. Very few WR stars, if any, are predicted by our models. Faster rotation or higher initial masses than those considered here might produce more WR stars, although they could be rare.

9. At core collapse, massive stars are either red supergiants, yellow-blue supergiants, or luminous blue supergiants. Some of these stars possibly end their lives as LBVs and may produce a pair of instability SNe and/or a superluminous SN event.

10. The angular momentum in the core at the core collapse is typically at a level that may impact the SN explosion, or the production of an accretion disk around a black hole if the explosion is unsuccessful. However, we caution that the results discussed here do not include internal magnetic fields.

11. While some of the nitrogen produced is of primary origin (i.e., not from the initial CNO composition) because of rotational mixing, the secondary production of nitrogen becomes significant at $Z = 0.0004$ and for many masses dominates the total nitrogen production, even in rotating models. The metallicity of I Zw 18 thus corresponds to the transition from primary to secondary production as the dominant channel of nitrogen production in rotating stars.

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