The role of nonlinear self-interaction in the dynamics of planetary-scale atmospheric fluctuations

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Abstract
A central role in the general circulation of the atmosphere is played by planetary-scale inertial fluctuations with zonal wavenumber in the range \( k = 1 \rightarrow 4 \). Geopotential variance in this range is markedly non-gaussian and a great fraction of it is non-propagating, in contrast with the normal distribution of amplitudes and the basically propagating character of fluctuations in the baroclinic range \( 3 < k < 15 \). While a wave dispersion relationship can be identified in the baroclinic range, no clear relationship between time and space scales emerges in the ultra-long regime \( k < 5 \), period \( > 10 \) days. We investigate the hypothesis that nonlinear self-interaction of planetary waves influences the mobility (and, therefore, the dispersion) of ultra-long planetary fluctuations. By means of a perturbation expansion of the barotropic vorticity equation we derive a minimal analytic description of the impact of self-nonlinearity on mobility and we show that this is responsible for a correction term to phase speed, with the prevalent effect of slowing down the propagation of waves. The intensity of nonlinear self-interaction is shown to increase with the complexity of the flow, depending on both its zonal and meridional modulations. Reanalysis data of geopotential height and zonal wind are analysed in order to test the effect of self-nonlinearity on observed planetary flows.

Keywords: Rossby waves, potential vorticity, stationary waves, nonlinear processes, multiple-scale analysis, barotropic vorticity equation
1. Introduction: the dispersion relation of atmospheric global scale fluctuations and the role of planetary waves self-nonlinearity

Intermittence and persistence are substantial components of atmospheric phenomenology: observations show the occasional appearance, in both the extra-tropical and tropical atmospheric circulation, of long-lasting features associated with specific and recurrent flow patterns—like blocking highs in middle latitudes and monsoons in the tropics—that are characterized, from a dynamical point of view, by enhanced stability with respect to ordinary flows. The idea that such persistent features may be more predictable found an explicit formulation in the 1979 work by Charney and DeVore [1] (hereafter referred to as CDV) in connection with blocking, and in Charney and Shukla [2] in connection with monsoons, raising great interest in view of the development of extended range forecast. Intensive research work following the seminal CDV paper highlighted a number of properties of the atmospheric low frequency variability (LFV) in the range 10–40 days: the non-normal, possibly bimodal [3, 4], statistical behavior of mid-latitudinal geopotential fluctuations, as opposed to the unambiguously normal behavior of fluctuations in the short range (3–5 days) that, as well known, are essentially associated with the classical jet cycle (baroclinic instability-barotropic convergence), and the problematic behavior of average zonal wind (mean westerly momentum) which is subject to normally distributed fluctuations confined to a very restricted range [3, 5].

Additional information concerning atmospheric LFV comes from space–time analysis of planetary scale fluctuations: since Blackmon it is known that systematic connections exist among space and time scales and the mobility of patterns of middle-latitude atmospheric circulation [6, 7]. In fact, simple low pass filtering at 10 days allows one to separate of non-traveling global scale features from shorter-scale traveling fluctuations. All the above phenomenological knowledge finds a synthetic quantitative representation in Fourier space—time Hayashi analysis [8, 9] in the form of spectra revealing the existence in the ultra-long spectral range (zonal wavenumber $k < 5$, period $>10$ days) of a quite robust non-traveling flow component [10]. Use of Hayashi spectra as global metrics in order to measure the ability of global models in representing the internal dynamical processes of atmospheric circulation shows that the dynamical nature of LFV still has to be fully understood in order to adequately model atmospheric circulation [11].

It is evident from the analysis of Hayashi spectra that a wave dispersion relation—although complicated by baroclinic instability and other processes (in particular barotropic convergence)—holds at medium-small scales ($k > 4$, corresponding at 50° of latitude to 8000 km), while no distinct dispersion relation can be identified in the ultra-long regime ($k < 4$) where Rossby wave dynamics should be operating. It is well known that a number of relevant linear dynamical processes are operating in the ultra-long range which can account for the presence of a conspicuous fraction of non-propagating variance: flow modulation by mountains [12], heat sources [13], and, in particular, the presence around $k = 3$ of a zero phase speed of the Rossby wave dispersion relation (the linear resonance of planetary waves). However, the effect of such processes does not seem to fully explain the observed phenomenology, in particular for what concerns the evolution of large amplitude waves. The point of view we propose in this work is that a key role in determining the observed phenomenology in the ultra-long spectral range is played by self-nonlinearity, i.e., the nonlinear interaction of planetary waves with themselves occurring when the amplitude of fluctuations is large. This process, local in wavenumber, can be seen as a possible alternative to the energy cascade process, i.e., the interaction of long waves with much shorter ones,
initially proposed by Green [14] and further investigated by, e.g., Shutts [15] and Malguzzi [16], to explain the maintenance of blocking episodes. In order to explain the limited range of variations of zonal wind statistics and the intermittent behaviour of planetary waves, self-
onlinearity was already introduced in many theoretical studies as a possible mechanism capable of producing multiple equilibration of stationary Rossby waves in the presence of orographic relieves for a specified meridional profile of the zonal wind [17–20]. In this work, this approach is generalized to traveling planetary disturbances, confined in the extra-tropical atmosphere by the gradient of mean potential vorticity.

The paper is organized as follows. In section 2 we introduce free Rossby wave self-interaction by means of a weakly nonlinear expansion in terms of wave amplitude of the barotropic vorticity equation. In sections 3 and 4 we look for the observational signature of planetary scale fluctuations self-interaction by analysing the ECMWF ERA-Interim reanalysis [21], considering the extended winter seasons October–April from 1979 to 2015. The self-interaction coefficient defined by the theory is computed from the geopotential height of the northern hemisphere extra-tropics and, as suggested by theoretical treatment, a statistical correlation with the observed planetary wave phase speed is sought for. In section 5 conclusions are drawn.

2. Self-interaction of atmospheric planetary waves: a weakly nonlinear theory

Based on past analyses of weakly nonlinear interaction of Rossby waves through self-advection [17–20], we assume that part of tropospheric LFV can be associated with self-interaction of planetary fluctuations. This assumption is tested by computing the intensity of the nonlinear self-interaction of Rossby waves in the context of a barotropic framework. This kind of problem has been widely explored both for the atmosphere and the ocean: see, for example, the recent papers [22] and [23] and literature therein. Our objective is to derive from theory a quantitative formulation of the nonlinear self-interaction of planetary scale atmospheric fluctuations that is suitable for observational analysis. Mirroring the approach of several previous works, the adopted procedure is that of multiple-scale analysis. We do not restrict our study to the stationary case, thus considering any zonally propagating wave that is confined in the meridional domain (i.e., not crossing the equator). We derive an analytic relationship linking zonal phase speed to wave amplitude that can be possibly tested by looking for a statistical correlation in long time series of geopotential height from reanalysis data.

In order to model the mobility of planetary geopotential fluctuations and the effect of their self-interaction we need to effectively represent the advection of potential vorticity, which is the basic propagation mechanism of vertically coherent disturbances (as most of the planetary scale variance) in the troposphere. To this aim, we adopt the barotropic vorticity equation

\[ \partial_t \nabla^2 \Psi + J(\Psi, \nabla^2 \Psi + f) = 0. \]

Its solution is sought in the form

\[ \Psi(\lambda, \phi, t) = -a \int_{\phi_0}^{\phi} u(\phi') d\phi' + \Psi(\lambda, \phi, t) \]

thus separating the symmetric component (corresponding to the zonal wind profile) from zonally asymmetric fluctuations. The expressions above are both dimensionless and the
classic quasi-geostrophic scaling is assumed: the reference quantities are horizontal length, time scale and horizontal velocity taken equal to $10^6$ m, $10^5$ s, and $10$ ms$^{-1}$, respectively.

Spherical coordinates are employed, with $\lambda$ and $\phi$ indicating longitude and latitude. The Laplace operator is defined as $\nabla^2 = \frac{\partial^2}{a^2 \cos^2 \phi}$, the jacobian $J(A, B) = \frac{\partial \partial A B - \partial \partial A B}{a^2 \cos \phi}$, the Coriolis parameter $f = 2\Omega \sin \phi$, the rescaled Earth radius $a = 6.37$, and the dimensionless Earth rotation rate $\Omega = 2\pi/0.864$.

The solution of the barotropic vorticity equation is not to be sought analytically, being preferable to construct a uniformly valid approximation of $\Psi(\lambda, \phi, t)$ through multiple-scale analysis. As highlighted, for example, by Bender and Orszag [24] this is a particularly useful technique for the estimation of solutions of perturbation problems. The perturbation solution is obtained by expanding the streamfunction as a power series of $\varepsilon$ in the form

$$
\Psi = \sum_{n=0}^{\infty} \varepsilon^n \psi_n = -a \int_{\phi_0}^{\phi} u(\phi') d\phi' + \sum_{n=1}^{\infty} \varepsilon^n \psi_n.
$$

(3)

Consistently with classical Rossby scaling hypothesis, the zonal wind component corresponds to the zero order and the nonsymmetric part to higher order terms. The assumption that the latter component is small compared to the former directly entails that the order of magnitude of the perturbation parameter is given by the ratio of the amplitudes of the eddy and symmetric velocities, i.e.

$$
\varepsilon = O\left(\frac{|\partial \psi / \partial \phi|}{|au|}\right).
$$

(4)

In the adopted approach, the latitudinal wind profile $u(\phi)$ is considered constant in time, clearly in contrast with its observed variability. Fixing the value of the time derivative of zonal wind as zero has the advantage of leading to a great simplification of the problem in discussion. In computing self-nonlinearity, the input zonal wind profile will be defined through a proper average in time. This choice is supported by the classical interpretation of the general circulation theory, revolving around the idea that turbulent fluxes have the effect of maintaining an ‘equilibrium circulation’, i.e., a time-mean circulation remarkably different from the true stationary solutions. Many dynamical theories in last decades have been founded on the hypothesis of a correspondence between time-mean and stationary configurations, although the naive application of averaging procedures might be misleading. These notions were discussed by [25, 26]. The consistency of the classical theoretical framework was tested in [25] by analysing a model atmosphere on the basis of an ‘equilibrium’ circulation as approximated by the average zonal flow. A linear stability analysis of the modeled circulation proved it to be unstable. The conclusion was that several statistically independent processes contribute to the definition of a most probable state for circulation which carries no particular dynamical meaning.

In the past, however, LFV was also described as a consequence of the eddy-instability of a basic state constructed by perturbing the climatological mean flow with stochastic fluctuations, as discussed in [27]. Other authors such as [28] adopted in their work a forcing capable of keeping the climatological steady state in the absence of any disturbance and not acting on disturbances themselves. Likewise, we assimilate the input zonal wind to its time mean average, thus implicitly assuming the existence of a forcing allowing the zonal component of the solution to keep its steady state and not acting on the higher order asymmetric terms.

An approximate solution $\Psi(\lambda, \phi, t)$ is found through multiple-scale analysis, which is applied to the present problem by introducing a new set of slow time variables $\{\tau_n\}$ with
\( n = 1, 2, \ldots \) such that \( \tau_n = \epsilon^n t \). Even though the physical solution will be a function of time alone, in the employed formal procedure we will treat the new variables \( t \) and \( \{ \varepsilon_n \} \) as independent. We assume a perturbation expansion of the form

\[
\Psi(\lambda, \phi, t, \{ \tau_n \}) = -a \int_{\tau_0}^{\infty} u(\phi') d\phi' + \varepsilon \psi_1(\lambda, \phi, t, \{ \tau_n \}) + \varepsilon^2 \psi_2(\lambda, \phi, t, \{ \tau_n \}) + \ldots
\]  

(5)

in which the zero order zonal component is supposed to be constant in time. Inserting expression (2) in the barotropic vorticity equation (1) gives

\[
\partial_t \nabla^2 \psi + u' \partial_{\lambda} \nabla^2 \psi + \sigma(\phi) \partial_{\lambda} \psi + J(\psi, \nabla^2 \psi) = 0,
\]

(6)

where \( u' = u/(a \cos \phi) \) and

\[
\sigma(\phi) = \frac{1}{a^2}[2\Omega - \partial_{\phi\phi} u' + 3 \tan \phi \partial_{\phi} u' + 2u'].
\]

(7)

The multiple-scale time derivative \( \partial_{\lambda} \nabla^2 \) is computed recurring to the chain rule for partial differentiation:

\[
\partial_{\lambda} \nabla^2 = \partial \partial_{\lambda} + \frac{\partial \tau_1}{\partial t} \partial_{\tau_1} + \frac{\partial \tau_2}{\partial t} \partial_{\tau_2} + \ldots = \partial \partial + \varepsilon \frac{\partial}{\partial \tau_1} + \varepsilon^2 \frac{\partial}{\partial \tau_2} + \ldots
\]

(8)

so that, inserting the perturbation series (5) into (6) and collecting like powers of \( \varepsilon \), we obtain the following set of equations:

\[
\varepsilon^0: \partial_{\lambda} \nabla^2 \int u(\phi') d\phi' = 0,
\]

(9a)

\[
\varepsilon^1: \partial_{\lambda} \nabla^2 \psi_1 + u' \partial_{\lambda} \nabla^2 \psi_1 + \sigma(\phi) \partial_{\lambda} \psi_1 = 0,
\]

(9b)

\[
\varepsilon^2: \partial_{\lambda} \nabla^2 \psi_2 + u' \partial_{\lambda} \nabla^2 \psi_2 + \sigma(\phi) \partial_{\lambda} \psi_2 = -J(\psi_1, \nabla^2 \psi_1) - \partial_{\tau_1} \nabla^2 \psi_1,
\]

(9c)

\[
\varepsilon^3: \partial_{\lambda} \nabla^2 \psi_3 + u' \partial_{\lambda} \nabla^2 \psi_3 + \sigma(\phi) \partial_{\lambda} \psi_3 = -J(\psi_1, \nabla^2 \psi_1) - \partial_{\tau_1} \nabla^2 \psi_2
\]

\[
- J(\psi_2, \nabla^2 \psi_1) - \partial_{\tau_2} \nabla^2 \psi_1.
\]

(9d)

We can write the general solution of the first order equation (9b) in the form:

\[
\psi_1(\lambda, \phi, t, \{ \tau_n \}) = A(\{ \tau_n \}) g(\phi) e^{i(k \lambda - \alpha t)} + \text{c.c.}
\]

(10)

with the functional form of the slow time modulation of the amplitude \( A \) to be determined afterwards. Denoting by

\[
L(g, k) \equiv \frac{-k^2 g + \cos \phi \partial_{\phi} [\cos \phi \partial_{\phi} g]}{a^2 \cos^2 \phi}
\]

(11)

the meridional profile of the Laplace operator, we obtain:

\[
(u' - c)L(g, k) + \sigma(\phi)g = 0.
\]

(12)

By solving the eigenvalue problem (12), it is possible to compute the eigenfunctions \( g(\phi) \) and their corresponding eigenvalues as a dispersion relation of the form \( c = c(k) \). In order to numerically satisfy the observational condition of hemispheric wave confinement (planetary waves never cross the equator), we deal with the above problem in the restricted latitudinal domain \((\phi_0, \phi_1) = (25.5^\circ N, 90^\circ N)\). The two relations necessary for the univocal determination of the solution \( g(\phi) \) are then given by the boundary conditions \( g(\phi_0) = g(\phi_1) = 0 \).
In the second order equation (9c), the term \( J(\psi_1, \nabla^2 \psi_1) \) projects onto \( e^{i \lambda (\lambda - c t)} \) with \( n = 0, 2 \). The term projecting on the symmetric part \( (n = 0) \) identically vanishes and, to preclude the appearance of secularity related to the term \( \partial_{\tau_1} \nabla^2 \psi_1 \), we also impose that the \( \tau_1 \) derivative be zero, so that \( A = A(\tau_2) \). Hence, the solution of (9c) assumes the form:

\[
\psi_2(\lambda, \phi, t, \tau_2) = A^2(\tau_2) p(\phi) e^{2i \lambda (\lambda - c t)} + \text{c.c.},
\]

where \( p(\phi) \) satisfies the following differential equation:

\[
(u' - c) L(p, 2k) + \sigma(\phi)p = \frac{g^2}{2a^2 \cos \phi} \partial_{\phi} \left[ \frac{\sigma(\phi)}{u' - c} \right].
\]

The necessary and sufficient condition for the solvability of the third order equation (9d) is that the projection of the rhs on the solutions of the adjoint of (9b) be zero. Assuming the standard definition of scalar product in spherical coordinates with \( \cos \phi \) as area element, the operator \( L \) is self-adjoint and the adjoint of equation (12) becomes \( L(u' - c)g^2, k) + \sigma g^2 = 0 \), whose eigenfunctions are \( g^2 = g/(u' - c) \). Therefore, the condition to avoid secularity becomes:

\[
\frac{a^2}{2\pi} \int_0^{2\pi} d\lambda \int_{\phi_0}^{\phi_1} (J(\psi_1, \nabla^2 \psi_2) + J(\psi_2, \nabla^2 \psi_1) + \partial_{\tau_2} \nabla^2 \psi_1) \frac{g \cos \phi}{u' - c} e^{-i k (\lambda - c t)} d\phi = 0.
\]

The above integral can be rewritten in the compact form

\[
\partial_{\tau_2} A + ik\chi A^2 A^* = 0
\]

with the coefficient \( \chi \) (hereafter referred to as self-interaction coefficient) given by

\[
\chi = \int_{\phi_0}^{\phi_1} \frac{g^2}{u' - c} \left[ p + \frac{g^2 \partial_{u'}}{2a^2 \cos \phi(u' - c)^2} \right] \frac{\sigma(\phi)}{u' - c} d\phi
\]

\[
\int_{\phi_0}^{\phi_1} \frac{\sigma(\phi)}{(u' - c)^2} a^2 g^2 \cos \phi d\phi
\]

and \( A^* \) indicating the complex conjugate of \( A \). In the derivation of equation (17) from (15), only those terms proportional to \( e^{i \lambda (\lambda - c t)} \) need to be retained. Terms proportional to the Laplacian operator have been simplified by means of (11) and (14) so that, after several integrations by parts, the final result (17) is consistent with equation (24) of Malguzzi et al [20], which was obtained in the case of stationary Rossby waves forced by orography. The solution of (16) can be written in the form:

\[
A = A_0 e^{-ik \chi \tau_2}.
\]

Since the simultaneous presence of the (arbitrary) coefficient \( \varepsilon \) and of the (arbitrary) amplitude \( A_0 \) in the perturbative solution becomes obviously redundant, we can set \( A_0 = 1 \) without losing generality. Therefore, \( \varepsilon \) assumes the role of the dimensionless wave amplitude. Expression (18) is a correction term for the phase speed \( c \). The solution for \( \psi_1 \) can be rewritten as:

\[
\psi_1(\lambda, \phi, t, \tau_2) = g(\phi) e^{i k (\lambda - c \tau_2)} + \text{c.c.}
\]

with an analogous expression for \( \psi_2 \). The explicit form of the general solution up to the second order in \( \varepsilon \) of the reduced barotropic vorticity equation on the sphere is then:
\[ \Psi(\lambda, \phi, t) = -a \int_{\phi_0}^{\phi} u(\phi')d\phi' + \varepsilon g(\phi)e^{ik[\lambda-(\varepsilon + i\chi + O(\varepsilon^2))]t} + \text{c.c.} \\
+ \varepsilon^2 p(\phi)e^{2ik[\lambda-(\varepsilon + i\chi + O(\varepsilon^2))]t} + \text{c.c.} + O(\varepsilon^3). \]  

In the above expression of \( \Psi(\lambda, \phi, t) \) a second order correction to the phase speed is introduced which is directly proportional to the self-nonlinearity coefficient \( \chi \) that, in turn, is an implicit function of the zonal wavenumber.

### 3. Numerical implementation

We estimate the strength of nonlinear self-interaction working on 6-hourly data from ECMWF ERA-Interim reanalysis [21] in the extended winter season October, November, December, January, February, March, April (ONDJFM) in the period 1979–2015. A centered running mean over 3 time steps (corresponding to 18 h) is first applied to the 500 hPa zonal wind in the domain \((\phi_0, \phi_f) = (25.5^\circ N, 90^\circ N)\). The zonal average of the zonal wind field \( u(\phi, t) \) is computed and the index \( \Delta u(t_{06}) \) representing the variation of zonal wind between 12 and 00 UTC is introduced:

\[ \Delta u(t_{06}) = \frac{1}{\phi_1 - \phi_0} \int_{\phi_0}^{\phi_1} |u(\phi, t_{12}) - u(\phi, t_{06})| \cos(\phi)d\phi \]  

with \( t_{06}, t_{12} \) indicating each triplet of successive time steps at 00, 06 and 12 UTC. As our theoretical estimation of the strength of nonlinear self-coupling relies on the assumption of a zonal wind constant in time, we choose to compute \( \chi \) at 06 UTC only from those time steps characterized by a small value of \( \Delta u(t_{06}) \). All 06 UTC time steps satisfying to this criterion are fed into the eigenvalue problem (12). A numerical solution of (12) is sought by reducing it to a matrix form and employing a finite difference scheme, which allows to compute the eigenvectors \( \{g(\phi)\} \) and the associated eigenvalues \( \{c\} \). We restrict our analysis to the first two eigenvectors, hereafter named modes A and B, as they are physically more relevant. Mode A is characterized by zero nodes, while mode B has zero or one node. All eigenvectors are taken with maximum amplitude equal to ±1. Singular solutions are excluded a posteriori by identifying those cases where \( u' - c = 0 \) changes sign (no critical level is considered here).

The eigenvalues associated to modes A and B are real and correspond to realistic values of phase speed for propagating waves, although in many cases the eigenvalue problem tends to overestimate negative phase speeds (this is thought to be a consequence of barotropicity). However, in a small number of cases, among the solutions of (12), couples of complex eigenvalues were found. It was observed that the number of such solutions decreases as the input zonal wind profile becomes smoother and increases as its strength grows. This class of solutions, interpretable as related to barotropic instability, were not considered being outside the scope of this study.

The meridional structure \( g(\phi) \) of the second order solution is obtained by solving the differential equation (14) with a finite difference scheme. The nonlinear self-interaction coefficient \( \chi \) is finally computed by numerical integration of (17).

Individual wavenumber components are obtained through Fourier analysis by calculating the complex functions

\[ \gamma^k(\phi) = \frac{1}{2\pi} \int_{0}^{2\pi} Z(\lambda, \phi) e^{-ik\lambda} d\lambda \]  

(22)
so that

\[ Z(\lambda, \phi) = \sum_{k=0}^{\infty} Z^k(\lambda, \phi) = \gamma^0(\phi) + 2 \sum_{k=1}^{\infty} |\gamma^k(\phi)| \cos(k\lambda + \angle(\gamma^k)) \]  

(23)

with \(Z(\lambda, \phi)\) representing the dimensionless reanalysis geopotential height, \(Z^k(\lambda, \phi)\) its projection on wave number \(k\), and the symbol \(\angle(\gamma^k)\) the phase of the complex-valued \(\gamma^k(\phi)\). Knowing nothing about the properties of orthogonality of the class of eigenfunctions \(\{g^k_m\}\), a simple projection on each mode is obtained by choosing a weighting function equal to 1. The projection of the \(k\)th wave number component \(Z^k(\lambda, \phi)\) on the latitudinal mode \(g^k_m\) is then computed as

\[ Z^k_m(\lambda, \phi) = \frac{\int_{\phi_0}^{\phi_1} Z^k(\lambda, \phi) g^k_m(\phi) d\phi}{\int_{\phi_0}^{\phi_1} g^2_m(\phi) d\phi}. \]  

(24)

Here \(g^k_m\) represents the solution of the eigenvalue problem (11) for wavenumber \(k\) and \(m = A, B\).

The phase speed of the \(k\)th Fourier component, denoted by \(c^k\), is then derived at 06 UTC by cross-correlating the fields (24) computed at 00 and 12 UTC and estimating the 12 h lag. The perturbative parameter is defined as the dimensionless amplitude of the first order solution and is thus computed as

\[ \varepsilon = \frac{\int_{\phi_0}^{\phi_1} 2 |\gamma^k(\phi)| g^k_m(\phi) d\phi}{\int_{\phi_0}^{\phi_1} g^2_m(\phi) d\phi}. \]  

(25)

4. The signature of nonlinear self-interaction

In this section our objective is twofold: on one side, we want to present results for all possible wind profiles observed in the real atmosphere in order to give an idea of the sensitivity of the expected self-interaction coefficient to variations of such a basic quantity. On the other side, looking in reanalysis data, we seek observational support of possible correlations between the estimated self-interaction coefficient and the propagation properties of planetary scale waves.

In order to account for the condition of stationarity of the dimensionless zonal wind introduced in the multi-scale analysis of the barotropic vorticity equation, the strength of nonlinear self-interaction was estimated at 06 UTC only for time steps with \(\Delta u(t_{06}) < 0.055\) with \(\Delta u(t_{06})\) given by (21). In figures 1(a) and (b) we report the distributions of the nonlinear self-interaction coefficients computed in the extended winter season ONDJFMA in the period 1979–2015 for \(k = 1, 2, 3, \) and modes A and B, respectively. With the aim of assessing the normality of the two distributions, a non-parametric Kolmogorov–Smirnov (K–S) test [29] was performed. In both cases, the K–S test rejected with a 95% confidence level the hypothesis of normality for any interval of \(\chi\) taken into account. The distributions, peaked around non self-interacting waves, are asymmetric with both negative and positive values for modes A and B, corresponding to westward and eastward corrections to phase speed, respectively. The average values of the self-nonlinear coefficient for modes A and B are equal to 1.00 and −2.45, respectively. The two distributions are characterized by positive and

4 The choice of this value did not influence the following results in a significant way.
negative values of skewness ($S = 2.83$ for mode A and $S = -3.07$ for mode B) and high values of kurtosis ($K = 23.11$ for mode A and $K = 21.24$ for mode B), with very long tails indicating the seldom occurrence of strong self-interacting waves. The mean negative value of self-interaction for mode B is consistent with the fact that meridional dipoles of opposite vorticity tend to self-advect westward. These results show that the computation of the self-interaction coefficient is quite sensitive to the details of the zonal mean wind.
We tested the stability of the values of phase speed $c$ and $\chi$ with respect to the extension of the latitudinal domain. To this aim, $\phi_1 = 90^\circ$N was kept constant and $\phi_0$ was varied in the range $15^\circ$N–$35^\circ$N for $k = 1$–3 and for all meridional modes. Not unexpectedly, variations of the latitudinal domain extension proved to affect the estimate of the eigenvalues $c$. Recalling the classical expression for the phase speed of free-propagating barotropic Rossby waves, it appears plausible that the values of $c$ decrease along with the extension of the latitudinal domain. As the domain narrows, the meridional wave number increases and the phase speed tends to approach zero. It is also worth noting that, as the meridional structure of the asymmetric field becomes more complex, its phase speed decreases.

According to the theoretical predictions of the adopted multiple-scale analysis approach, the general solution of the reduced barotropic equation at the second order in the perturbative parameter $\varepsilon$ is given by (20) and is characterized by the presence of a correction to phase speed given by $\varepsilon^2 \chi$. The signature of self-nonlinearity on the propagation of planetary scale waves was sought in ERA-Interim data by looking for a positive correlation between measured wave phase speeds and the values of $\varepsilon^2 \chi$ obtained from theory, with $\varepsilon$ given by (25). However, it can be hardly expected to find statistical evidence of such a correlation in reanalysis of data, since eigenvalues and eigenfunctions depend on the details of the zonal wind profile, which change from day to day. In the scatter plots of the measured phase speed $c^*$ versus computed nonlinear corrections $\varepsilon^2 \chi$, a peculiar feature is observed: as manifest in figure 2, large (positive and negative) values of the nonlinear corrections to the phase speed tend to occur in concomitance with very small or zero $c^*$ for modes A and B. Also evident is the accumulation of fast traveling waves on the axis of zero self-interaction. This result supports the hypothesis that self-nonlinearity preferentially acts with the effect of slowing down wave propagation, and that its role is fundamental especially in the dynamics of stationary (or nearly stationary) waves.

5. Conclusions

A multiple-scale analysis of the solution for the barotropic vorticity equation was performed in absence of any external forcing or topography, deriving a nonlinear self-interaction second order correction to phase speed proportional to the square of wave amplitude.

The above formulation was used for analysing zonal wind data and geopotential fields at the 500 hPa pressure level from ECMWF ERA-Interim reanalysis in the latitudinal domain 25.5°N–90°N. The analysis focused on months ranging from October to April in the period 1979–2015, as during these months ultra-long fluctuations activity is prominent in the Northern Hemisphere. The estimated statistics of nonlinear self-interaction shows that its strength tends to increase with the complexity of the structure of the fluctuations, depending on their wavenumber and meridional profile. Although the estimated corrections to phase speed are often small or negligible, results show that higher values of self-interaction are found for stationary or quasi-stationary fluctuations, supporting the hypothesis that this nonlinear process plays an important role in the dynamics of the standing part of the Hayashi spectra.

The use of the barotropic vorticity equation, although traditionally justified by the equivalent barotropic nature of large-scale waves, is a limitation especially for what concerns the correct estimation of the theoretical phase speed of Rossby waves. Moreover, it is well known that the energetics of planetary waves is dominated by baroclinic conversion [30], i.e., the conversion from zonal to eddy available potential energy associated with a small vertical tilt of the planetary waves. The incorporation of these features in the theory is possible and
can be tackled by extending the perturbative approach to the framework of a baroclinic atmosphere.

A final, important aspect implicit in this study is the problem of the meridional confinement of planetary waves, which is a physical requirement at the basis of the theory presented here. Time fluctuations of the zonal wind (here neglected) have the statistical effect of confining the propagation of Rossby waves [31], and constitute an important feature to be taken into account in future generalizations of the self-interaction theory.

Figure 2. Observed phase speed $c^*$ versus nonlinear phase speed correction computed for modes A (a) and B (b). Results for wavenumbers $k = 1, 2, 3$ are shown together. Units are dimensionless (one unit corresponds to 10 ms$^{-1}$).
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