High Incidence of Chikungunya Virus and Frequency of Viremic Blood Donations during Epidemic, Puerto Rico, USA, 2014

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Chikungunya virus (CHIKV) caused large epidemics throughout the Caribbean in 2014. We conducted nucleic acid amplification testing (NAAT) for CHIKV RNA (n = 29,695) and serologic testing for IgG against CHIKV (n = 1,232) in archived blood donor samples collected during and after an epidemic in Puerto Rico in 2014. NAAT yields peaked in October with 2.1% of donations positive for CHIKV RNA. A total of 14% of NAAT-reactive donations posed a high risk for virus transmission by transfusion because of high virus RNA copy numbers (10⁴–10⁶ RNA copies/mL) and a lack of specific IgM and IgG responses. Testing of minipools of 16 donations would not have detected 62.5% of RNA-positive donations detectable by individual donor testing, including individual donations without IgM and IgG. Serosurveys before and after the epidemic demonstrated that nearly 25% of blood donors in Puerto Rico acquired CHIKV infections and seroconverted during the epidemic.

Chikungunya virus (CHIKV), a mosquito-borne, positive-sense RNA virus of the family Togaviridae, causes an acute febrile illness and severe polyarthritis that can persist for months or years in some patients (1–3). Serious outcomes and deaths are rarely observed. However, newborns and other vulnerable populations are at risk for severe complications (4).

In late 2013, cases of CHIKV infection were reported in the French Collectivity of Saint Martin, which is part of the French Antilles (5), constituting the first instance of autochthonous transmissions of CHIKV in the Americas in the past century (6). In an immunologically naïve population, CHIKV spread rapidly throughout the Caribbean region and beyond to most countries in the Western Hemisphere (7), including 11 autochthonous cases reported in Florida, USA, in September 2014 (8).

CHIKV has yet to be demonstrated to be transmissible by blood transfusion (9). However, this finding might result from difficulties in discriminating transfusion transmission from locally acquired mosquitoborne infection. Transfusion transmission is probable, given previous instances of laboratory-acquired infections and infection of healthcare workers by blood exposures (10). Asymptomatically infected persons can have viral loads >10⁶ PFU/mL (11,12) and are a substantial risk for transfusion transmission.

Estimates of asymptomatic CHIKV infection vary widely. A recent study in Puerto Rico (13) confirmed previous estimates that 10%–25% of total infections are subclinical (14–16). However, other studies with the Asian genotype suggest that a greater proportion of cases might be asymptomatic or have only mild and transient symptoms (17,18). CHIKV infection can result in viral loads >10⁶ PFU/mL (19). Thus, relatively high viral loads likely present in some presymptomatic donors might be a threat for transfusion transmission. Recently, a case of transfusion transmission of the related alphavirus Ross River virus, has been reported (20), stemming from transfusion of the erythrocyte component from a blood donor who reported symptoms of Ross River virus infection 2 days after donating blood.

To mitigate the theoretical risk for transmission, some blood collection organizations in regions with large CHIKV epidemics have suspended local blood collection, implemented nucleic acid amplification testing (NAAT) of erythrocyte and plasma donations for CHIKV RNA, and introduced pathogen-reduction technology for platelet components (21,22). To directly assess the threat that CHIKV poses to the blood supply, and given the absence of
We achieved detection by using single-stranded, fluorescent- and real-time detection in the presence of an internal control. We performed viral RNA testing by using a prototype real-time CHIKV/dengue virus (DENV) target-capture, transcription-mediated amplification (TC-TMA) assay (Hologic, Inc., San Diego, CA, USA). Plasma samples (0.5 mL) were collected during the epidemic (September–November 2014), and ≈1,000 samples were saved per month. IDS were irreversibly stripped of all identifying information and given a unique bar code that was linked only to month of collection.

In addition, 3,007 individual donor samples (IDS) were collected during the epidemic (September–November 2014), and ≈1,000 samples were saved per month. IDS were irreversibly stripped of all identifying information and given a unique bar code. Only basic demographic data (donor’s age, sex, county of residence, and week of collection) were retained in a secure database. Anonymous minipools and individual donor samples were retained, aliquoted, frozen, and stored at −70°C.

Finally, we retained 1,031 individual donation samples obtained during March 1–9, 2015, for a postepidemic serosurvey. Demographic data, including the donor’s age, sex, and zip code of residence, but not individual donor identifiers, were retained for these samples to enable analysis of serologic test results by using demographic strata.

We performed retrospective testing of anonymous blood donor samples and minipools. The study was approved by the University of California, San Francisco Committee for Human Research.

Specimens
Creative Testing Solutions (Tempe, AZ, USA) retained, aliquoted, and archived at −70°C residual plasma from EDTA-anticoagulated blood collected in Puerto Rico and supplied for routine blood donor screening during the second half of 2014 and for a brief period during March 2015. Current molecular testing procedures at Creative Testing Solutions require that plasma samples be pooled into a minipool of 16 donor samples. Minipools prepared from blood donations in Puerto Rico were frozen during June 20–December 31, 2014. The sample set consisted of 1,667 minipools representing 26,672 individual donation samples from donors in Puerto Rico. Minipools were irreversibly stripped of their original labels and given a unique bar code that was linked only to month of collection.

Estimated viral loads for CHIKV were calculated relative to the emergence time of the emitted fluorescence of a calibration curve generated by testing logarithmic dilutions of a CHIKV in vitro–synthesized transcript. ID-NAAT–reactive specimens were diluted 1:16 in defibri- nated, delipidated, pooled plasma (SeraCare, Gaithersburg, MD, USA) to mimic minipool testing and tested by TC-TMA assay to assess whether donation samples detected by ID-NAAT would have been detectable by minipool NAAT (MP-NAAT).

We determined limits of detection (LODs) by using an in vitro transcript corresponding to each analyte and calculation by using Enterprise Guide 5.1 Probit analysis and the Normal model (SAS Institute, Cary, NC, USA). For DENV-1–4, the 50% LOD was 1.7–2.1 copies/mL, and the 95% LOD was 7.1–13.0 copies/mL in the IDS format. For CHIKV, the 50% LOD was 4.6 copies/mL, and the 95% LOD was 19.7 copies/mL in the IDS format. In 16-member minipools for DENV-1–4, the 50% LOD was from 27.2–33.6 copies/mL, and the 95% LOD was 116.8–208.0 copies/mL. For CHIKV, the 50% LOD was 73.6 copies/mL, and the 95% LOD was 315.2 copies/mL in the MP format.

We performed viral RNA testing by using a prototype real-time CHIKV/dengue virus (DENV) target-capture, transcription-mediated amplification (TC-TMA) assay (Hologic, Inc., San Diego, CA, USA). Plasma samples (0.5 mL) were tested by using the fully automated Panther System (Hologic, Inc.), which performs target capture, amplification, and real-time detection in the presence of an internal control. We achieved detection by using single-stranded, fluorescent-labeled nucleic acid probes that were present during amplification of the target. The time for the fluorescent signal to reach a specified threshold was proportional to the starting CHIKV and DENV RNA concentrations. Target capture oligonucleotides, TMA primers, and detection probes hybridize with highly conserved regions of CHIKV or DENV RNA genomes and were designed to detect all 3 major CHIKV lineages and all 4 DENV types. We set the cutoff value for reactive specimens at 1,000 relative fluorescent units.

Serologic Analysis
Plasma samples were tested for CHIKV IgM or IgG by using 2 ELISAs (Euroimmun US, LLC, Morris Plains, NJ, USA). These CHIKV ELISAs had specificities of 82% and 95% and sensitivities of 85% and 88% for IgM and IgG, respectively, when compared with those for 2 established in-house assays (23). Samples were diluted 1:100 and tested in duplicate according to the manufacturer’s instructions. Sample-to-calibrator ratios were calculated. In validating the assay, we found that preepidemic samples (n = 201) yielded no strongly positive samples when the manufacturer’s cutoff value >1.1 sample-to-calibrator ratio was used. However, 5 samples showed borderline reactivity (sample-to-calibrator ratios 1.13–1.37).

These 5 samples did not show positive results by reflex IgM testing, plaque-reduction neutralization testing (PRNT), or Western blot analysis when cell culture–propagated virus (strain 99659) was used as antigen. Testing of randomly chosen highly and moderately IgG-reactive samples from March 2015 by PRNT showed strong neutralization in all instances. Thus, the assay...
does not appear to yield strongly reactive false-positive results, but might yield a small frequency (5/201, 2.5%) of low-level reactive false-positive results. Therefore, a new cutoff value was established by using mean sample-to-calibrator ratios of preepidemic samples plus 5 SDs (1.42). Testing of multiple IgG-negative samples from both sample sets by IgM ELISA (20 samples), PRNT (20 samples), and Western blot analysis (10 samples) did not yield any suspected false-negative results, which suggested that false-negative results were also not common.

### Estimation of Detection Periods for MP-NAAT and IDS-NAAT

On the basis of the estimate for incidence of infection during the 2014 epidemic derived from serosurveys and MP-NAAT–positive results for the study period, we derived an estimate for duration of viremia detectable by the CHIKV TMA NAAT applied to minipools by using the approach of Busch et al. (24). We estimated the number of NAAT-positive donations in each minipool from minipool-testing results by using a program developed at the Centers for Disease Control and Prevention (Atlanta, GA, USA) (25). If \( T_i \) is the proportion of NAAT-positive donations in month \( i \) and \( P \) is seroprevalence of CHIKV at the end of the epidemic, then the TMA detection interval of CHIKV virus RNA (W) is estimated as

\[
W = \frac{30 \sum T_i}{P}
\]

Confidence limits for W were estimated by using a delta method estimate of the variance of W. Estimates for length of the individual donor sample-positive detection periods preceding and following the MP-NAAT–detectable period were derived from results of screening 3,007 individual donor samples by using ratios of samples detectable only by ID-NAAT that lacked IgG or contained IgG relative to the number of samples detectable at a dilution of 1:16. Confidence limits for these detection periods were derived by bootstrapping the assay results ratios (2/21) and (33/21) to obtain their variances, and then combining those with the variance associated with the estimate for the minipool detection period to obtain the variance of each of the 2 window estimates.

### Results

Of 1,668 minipools tested, 1 was positive for DENV RNA, and 161 (9.7%) were positive for CHIKV RNA (Table 1). This finding indicates a minimum MP-NAAT–detectable infection rate of 0.6% (161 positive donations of 26,688 total donations), assuming only 1 of the 16 donations in each positive minipool was viremic. However, because the reactive minipool proportion peaked at 19.5% in September 2014 (Table 1), some pools would probably contain >1 viremic donation.

Individual donations comprising reactive minipools were not archived for further testing. Thus, we could not directly determine numbers of reactive IDS per reactive minipool. Therefore, we used a published algorithm (25) to estimate the proportion of donations that would contain CHIKV RNA at levels detectable by MP-NAAT (Table 1). This modification yielded an estimate for MP-NAAT detectable viremia of 0.65% for the overall season and an upper limit of 0.93%. The highest estimated proportion of MP-NAAT–detectable CHIKV RNA-positive donations was during September and October (1.34% and 1.31% of donations reactive for CHIKV RNA by MP-NAAT, respectively) (Table 1). This estimation represented a slightly delayed peak when compared with suspected and confirmed clinical cases reported in Puerto Rico (Figure 1).

Although not optimized to be quantitative, the TC-TMA assay provided approximate viral RNA copy numbers (Figure 2, panel A). Several minipools, particularly from early in the epidemic, had >10\(^7\) copies/mL, although they were tested as a minipool, and thus effectively diluted 1:16. Of 161 reactive minipools, 125 had quantifiable viral loads. Remaining minipools had viral loads less than an estimated value of 0.5 log copies/mL (according to the calibration curve). The median viral load of 161 reactive minipools was 550 copies/mL (range <3.16 copies/mL–2.3 × 10\(^7\) copies/mL). Donations from November and December had lower viral loads than donations from preceding months.

We also performed testing of archived IDS for CHIKV RNA for 3,007 donations collected in Puerto Rico during September–November 2014. We identified 56 confirmed positive donations, and ID-NAAT yields were 1.7%–2.1% for the 3 months tested (Table 2). When samples were

| Month   | No. reactive minipools/no. tested (%) | Infection rate\(^\ast\) (upper limit), % |
|---------|--------------------------------------|----------------------------------------|
| June    | 0/106 (0.0)                          | 0.0 (0.00)                             |
| July    | 8/193 (4.1)                          | 0.26 (0.50)                            |
| August  | 26/293 (8.9)                         | 0.58 (0.83)                            |
| September | 51/262 (19.5)                      | 1.34 (1.75)                            |
| October | 57/299 (19.1)                        | 1.31 (1.69)                            |
| November| 12/243 (4.9)                         | 0.32 (0.54)                            |
| December| 7/272 (2.6)                          | 0.16 (0.32)                            |
| Total   | 161/1,668 (9.7)                      | 0.65 (0.93)                            |

\(^\ast\)In individual donors on the basis of minipools of 16 samples.
diluted 1:16 to mimic minipools, proportions of RNA-positive samples detectable by MP-NAAT for September–November decreased to 0.4%–0.9%. Only 21 (37.5%) of 56 ID-NAAT–reactive specimens were reactive when tested for CHIKV RNA at a dilution of 1:16. Thus, 35 (62.5%) of 56 specimens would probably have been missed by routine MP-NAAT (Table 2). As expected, viral loads were low in donations reactive only by ID-NAAT. Only 8 of the ID-NAAT only–reactive samples had quantifiable viral loads (range 5.2–760 copies/mL) (Figure 2, panel B).

We performed assays to detect IgM and IgG in the 56 ID-NAAT–reactive specimens to characterize the relationship between development of IgG and IgM, viral load, and the ability of minipool testing to detect viremic donations (Table 2). Thirteen (23.2%) of 56 samples were seronegative; 2 were detectable only by ID-NAAT. These 2 samples are presumed to represent donors detected in the earliest stages of acute infection. The remaining 11 seronegative viremic donations had detectable viral loads (range $5 \times 10^5$–$1.3 \times 10^7$ copies/mL) (Figure 2, panel B), including 8 (14.3%) of 56 with viral loads >$10^4$ copies/mL. These samples were probably from donors who were near the peak of viremia, but still collected before seroconversion occurred.

Most CHIKV RNA-reactive samples were IgM positive (75%) and IgG positive (64%); 1 sample was IgM negative and IgG positive. Development of IgG titers is an inverse correlate of CHIKV RNA detection (28); of the IgG-reactive samples, only 4 (11.1%) of 36 were detectable by the less sensitive MP-NAAT. Viral loads of samples sorted on the basis of NAAT results (ID only vs MP-NAAT detectable) and serologic data demonstrate a typical profile of acute viral infection (Figure 2, panel B). The 43 viremic IgM-positive or IgG-positive donations had significantly lower viral loads (median <3.16 copies/mL) than 13 viremic seronegative donations (60,000 copies/mL; p<0.0001 by 2-tailed Mann-Whitney test). Although
similar proportions of ID-NAAT–positive samples were detected in November (1.7%) and September (1.8%), only 2 (11.8%) of 17 were seronegative in November compared with 6 (33.3%) of 18 in September, which suggested waning of the epidemic and a higher proportion of donations at the end of acute infection.

To estimate the incidence of CHIKV infection during the 2014 epidemic, we performed IgG serologic studies on blood donor specimens collected at the beginning of the epidemic (June 2014; preepidemic) and after the epidemic had subsided (March 2015; postepidemic). Collection was delayed until March to maximize detection of IgG seroconversion and to enable the maximum period for potential donors to recover from symptomatic infection, which would result in self-deferral, or deferral by the blood collection organization.

On the basis of IgG testing, we found that there were no unequivocally seroreactive samples in preepidemic samples (n = 201). In contrast, 241 (n = 1,031) postepidemic samples were strongly reactive (sample-to-calibrator ratio >2.5) (Figure 3). An additional indeterminate sample was positive by confirmatory testing with IgM ELISA, PRNT, and Western blot analysis. Thus, 242 (23.5%) of 1,031 samples were conservatively characterized as reactive (Figure 3).

Before we relabeled samples so that CHIKV testing was anonymous, basic demographic data were extracted for many of the specimens from March 2015 tested for seroactivity (Table 3). No differences were observed in seropositivity rates between men and women. Persons 16–19 years of age had the highest rate of CHIKV recent infection; 40 (43.0%) of 93 of these persons were seropositive. In contrast, only 30 (18.3%) of 164 persons 40–49 years of age were seropositive.

We combined results from MP-NAAT and ID-NAAT screening and the serosurvey to estimate lengths of time that CHIKV RNA is detectable in serial stages of viremia in asymptomatic donors by MP-NAAT and ID-NAAT used in this study (Figure 2, panel B). We estimated that the length of the MP-NAAT–detectable phase for acute CHIKV infection in asymptomatic persons who donated blood was 5.1 days (confidence limit 4.1–6.0 days). By applying the ratios of seronegative ID-NAAT–only donations (2/56), MP-NAAT–detectable donations (21/56), and ID-NAAT–only seropositive donations (33/56), we estimated that there is a transient stage of low viral load infection preceding viremia detectable by MP-NAAT (0.5 days; confidence limit 0–1.3 days), whereas there is a relatively long stage of persistent viremia after seroconversion (8 days; confidence limit 2.7–13.3 days).

### Discussion

Large epidemics of CHIKV infection occurred in the Caribbean Islands and in Central and South America over the past 2 years. Although >1.5 million confirmed and suspected cases have been reported (29), continued monitoring of CHIKV in these immunologically naive populations is needed for understanding population immunity and predicting dynamics of future epidemics. Using MP-NAAT, we estimated that 0.58% of individual blood donations were positive for CHIKV RNA during August 2014, a finding that is consistent with reported rates for Puerto Rico (12) and other Caribbean Islands (22).

As the 2014 epidemic in Puerto Rico continued, proportions of CHIKV viremia peaked in blood donors during September and October; >2% of donors were viremic, as indicated by individual donor NAAT results. During September and October, 1,440 chikungunya cases confirmed by real-time reverse transcription PCR were reported to the Puerto Rico Department of Health, which indicated sustained levels of CHIKV in the general population. However, reports of suspected chikungunya cases by month of illness onset received by the Puerto Rico Department of Health through passive surveillance peaked in August 2014 (Figure 1), which resulted in ≈14,000 suspected chikungunya cases in August, including 741 chikungunya cases confirmed by real-time reverse transcription PCR (Puerto Rico Department of Health, 2015, unpub. data).

Several factors probably affect the relative frequency of viremia and seroincidence of CHIKV in blood donors compared with clinical cases documented in the general population, including the focal nature of the epidemic in Puerto Rico during 2014 in relation to blood donor center

### Table 2. Individual blood donations tested for chikungunya virus by nucleic acid amplification testing and serologic analysis during a chikungunya epidemic, Puerto Rico, USA, 2014*

| Month   | No. samples | No. ID-NAAT reactive samples | ID-NAAT yield, % | No. reactive at 1:16 dilution (MP-NAAT) | IgM reactive Total | IgM+/ID-only reactive | IgG reactive Total | IgG+/ID-only reactive |
|---------|-------------|------------------------------|------------------|----------------------------------------|-------------------|-----------------------|-------------------|----------------------|
| September | 987          | 18                           | 1.8              | 8                                      | 11†               | 7†                    | 8                 | 7†                   |
| October  | 1,010        | 21                           | 2.1              | 9                                      | 15†               | 10                    | 14                | 10                   |
| November | 1,010        | 17                           | 1.7              | 4                                      | 16†               | 12                    | 14                | 12                   |
| Total    | 3,007        | 56                           | 1.9              | 21                                     | 42†               | 32†                   | 36                | 32†                  |

*ID, individual donor; NAAT, nucleic acid amplification testing; MP, minipool.
†Includes 1 IgM-positive/IgG-negative ID-only positive specimen.
‡Includes one IgM-negative/IgG-positive ID-only positive specimen.
locations. It is also likely that many cases went unreported and that as the epidemic progressed many infected persons might not have sought medical care (13). Our finding that >25% of blood donors had serologic evidence of CHIKV infection after the 2014 epidemic supports these suggestions. Given a population of >3.5 million, and assuming that blood donors are representative of the total population of Puerto Rico with respect to risk for arbovirus transmission, a seroincidence of 23.5% would suggest that >800,000 persons were infected in Puerto Rico during the 2014 epidemic.

Blood safety protocols in place during the study included a Puerto Rico Department of Health requirement for questioning of donors concerning symptoms in the month preceding donation and passive reporting of post-donation febrile illness. Thus, in the absence of specific NAAT screening, asymptomatic donors are likely to result in most viremic donations (30).

It is not clear whether asymptomatic infection is correlated with lower viremia levels, and thus would decrease the likelihood of transfusion transmission. However, similar to previous findings (12), many presumably asymptomatic donors in our study had viral loads comparable with those for symptomatic patients (11,19), including some viral loads >10^6 copies/mL. Most donations with low viral loads were IgM positive, which indicates recent acute infections. The proportion of these viremic specimens increased as the epidemic waned, and the percentage of ID-NAAT—only samples increased from 56% in September to 77% in November. Lower average viral copy numbers were also observed in November and December by testing of minipools. Furthermore, all RNA-positive donors in November were seropositive compared with only 78% of NAAT-reactive donors in September.

We estimate that the RNA-detectable window for MP-NAAT was 5.1 days. This value matches viremic periods observed for experimentally infected nonhuman primates (31) but is somewhat shorter than estimates for symptomatic patients of 1–2 days before disease onset and 8 days postonset (9,11,32,33). This finding is probably caused by a loss in the ability to detect viremia at the 1:16 dilution inherent in creating minipools, but might be a reflection that this study was limited to asymptomatic persons who donated blood. In addition, we calculated a relatively short ramp-up period before MP-NAAT—detectable viremia (0.5 days) and a longer low-level (MP-NAAT negative) viremia at the end of acute infection after seroconversion (8 days). Nevertheless, the 5-day MP-NAAT—detectable period for high-titer viremia is probably the most infectious period in terms of transfusion transmission and transmission to mosquitoes.

The overall threat CHIKV poses to the blood supply remains an open question that requires urgent attention, including in the continental United States, given the risk for travel-acquired and autochthonous transmission. In the absence of routine NAAT for CHIKV, and in regions where pathogen-reduction technology is not implemented, the largest threat is probably from donors with high viral loads who donated blood. In addition, we might be a reflection that this study was limited to as symptomatic patients of 1–2 days before disease onset and 8 days postonset (9,11,32,33). This finding is probably caused by a loss in the ability to detect viremia at the 1:16 dilution inherent in creating minipools, but might be a reflection that this study was limited to asymptomatic persons who donated blood. In addition, we calculated a relatively short ramp-up period before MP-NAAT—detectable viremia (0.5 days) and a longer low-level (MP-NAAT negative) viremia at the end of acute infection after seroconversion (8 days). Nevertheless, the 5-day MP-NAAT—detectable period for high-titer viremia is probably the most infectious period in terms of transfusion transmission and transmission to mosquitoes.

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loads who have not fully seroconverted because it can be assumed that donors with neutralizing IgG responses have a lower probability of transmitting an infectious dose to a recipient.

Although convalescent-phase serum is protective in animal studies (34), the ability of IgM and IgG in viremic donors to mitigate CHIKV transfusion transmission requires further study. Likewise, if viral RNA screening is introduced, studies will be needed to evaluate the relative usefulness of ID versus MP-NAAT. In screening of 3,007 individual donations, we identified 7 viremic donors with only IgM responses. However, only 1 of these donors had viremia detected only by ID-NAAT. We also identified 2 seronegative donors who showed reactivity by ID-NAAT, but not minipool testing. Whether blood components from these donations, together with specimens in the so-called eclipse phase between acquisition of infection and detectable ID-NAAT reactivity, are infectious remains unanswered.

In summary, our results indicated a sizable proportion of blood donors had detectable CHIKV RNA during the chikungunya epidemic in Puerto Rico in 2014. Several donations with high viremias were negative for IgM and IgG, which suggested that donors were in the peak phase of acute infection and highlights the risk for transfusion transmission. However, most viremic donations had low levels of viral RNA and were seropositive, which suggests recent subclinical infection and low risk for infectivity. However, these donors were healthy enough to donate blood. Finally, serosurveys before and after peak epidemic months showed that ≈25% of blood donors in Puerto Rico acquired CHIKV during the 2014 epidemic. On the basis of findings of this study, we are now conducting further investigations to determine the risk for transfusion transmission of CHIKV by virus RNA–positive transfusions and outcomes of infection in recipients.

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