Communication

Thin-walled hollow fibers for flexible high energy density fiber-shaped supercapacitors

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Abstract

Fiber-shaped supercapacitors, which occupy minimal volume and possess remarkable flexibility, are particularly promising candidates for next-generation smart wearable devices. However, the state-of-the-art energy density and mechanical properties of fiber-shaped electrodes are far from satisfactory. Herein, hollow poly(3,4-ethylenedioxythiophene):polystyrene sulfonate thin-walled fibers (HPFs) are continuously prepared by coaxial wet-spinning. These HPFs combine a simple and high continuous preparation with high electrochemical performance and flexibility, owing to their hollow nature, small diameter (125 μm) and thin wall structure (8 μm). As a result, the HPFs display a specific areal capacitance of 115.2 mF cm⁻² at a current density of 0.3 mA cm⁻² with a high energy density of 9 μWh cm⁻² at a power density of 0.112 mW cm⁻². Furthermore, the HPFs maintain 81% of the initial capacitance after 10,000 cycles with ~100% Coulombic efficiency. More importantly, the specific capacitance is almost completely maintained after bending 3000 times at 180°.

Keywords: Fiber-shaped supercapacitors, PEDOT:PSS, energy density, flexible
INTRODUCTION

With the emergence of fifth-generation wireless technology, flexible electronic devices and smart textiles hold significant potential for the next technological revolution by providing flexible, integrated and diverse applications in areas such as emergency and health management, smart homes and surveillance\(^1\)\(^-\)\(^4\). Among the different components of wearable devices, energy storage devices, such as supercapacitors, are one of the vital components and they need to meet the flexibility, wearability and high electrochemical performance requirements for application in flexible electronic devices. Traditional energy storage devices, such as symmetrical capacitors and supercapacitors, play an important role in human daily life. However, they cannot meet the flexibility and wearability demands of flexible electronic devices, owing to their intrinsically stiff structure\(^5\)\(^-\)\(^6\).

Inspired by textile clothing fibers, fiber-shaped electrodes have become a hot topic because of their intrinsic flexibility, easy integration into textiles and facile preparation\(^7\)\(^-\)\(^10\). Conductive polymers, such as poly(3,4-ethylenedioxythiophene):polystyrene sulfonate (PEDOT:PSS), can simultaneously combine electrode materials with high conductivity. Furthermore, PEDOT:PSS polymers are also commercially available with outstanding aqueous distribution performance. More importantly, PEDOT:PSS electrodes, with the advantages of fast charge-discharge capability, one-dimensional intrinsic flexibility and superb rate performance\(^11\), represent ideal alternatives for preparing flexible supercapacitor devices. For example, Yuan prepared meter-long PEDOT:PSS fibers with good mechanical properties. The prepared PEDOT:PSS fibers could be easily woven, sewed, knotted and braided as a fiber-shaped yarn supercapacitor electrode with an areal energy density of 4.13 \(\mu\text{Wh cm}^{-2}\) and robust performance (strength strain of 85 MPa) under repeated bending tests\(^12\). Wang reported a highly crystalline “all-in-one” PEDOT:PSS fiber electrode with a high electrical conductivity of 1771.8 S cm\(^{-1}\) and a tensile strength of 112.7 MPa. The assembled eight series-connected supercapacitor groups displayed an energy density of 41.1 \(\mu\text{Wh cm}^{-2}\) at a power density of 3520 mW cm\(^{-2}\) and without significant capacitance degradation after stretching up to 400%\(^13\). These works highlight the potential of PEDOT:PSS fiber-shaped electrodes for flexible electronic devices.

Nevertheless, PEDOT:PSS fiber electrodes are known to be solid structures with relatively low capacitance and limited specific energy density, owing to their low effective specific surface area (E-SSA), which refers to the actual electrolyte contact area\(^14\). It is well known that the adsorption of electrolyte ions inside solid fibers is very limited, primarily due to the difficulty of ion diffusion along the radial direction of the fiber electrode\(^15\). Therefore, efficiently improving the E-SSA of a fiber electrode is one of the most urgent challenges for achieving high energy density. Qu et al.\(^16\) proposed a confined hydrothermal method that depends on the gas released during graphene oxide (GO) reduction to fabricate reduced graphene oxide (rGO)/PEDOT:PSS hollow composite fibers (HCFs). In addition, the areal capacitance of HCFs has a significant improvement of 60% compared to the solid composite fibers because of the hollow interior. However, this method cannot realize continuous preparation because of the limited length of capillary glass tubes. Furthermore, the uniformity of hollow structures requires precise control of the experimental conditions. Therefore, combining simple and high operability continuous wet-spinning with the hollow structure concept may be an effective strategy to improve the energy density and mechanical properties simultaneously.

In this work, thin-walled hollow PEDOT:PSS fiber electrodes with high flexibility and electrical conductivity are prepared by rational design via coaxial wet-spinning. The prepared fiber electrodes show good flexibility with a high tensile strength of 383 MPa at a large breaking strain of 25% and a high electrical conductivity of 362.8 S cm\(^{-1}\) (1514 S cm\(^{-1}\) calculated by excluding the hollow interior volume). In addition, the fiber electrodes can be rolled up and woven into textiles without any obvious electrochemical performance decay.
When used as electrode materials for gel electrolyte fiber-shaped supercapacitors (FSCs), they show a wide potential window of 0.0-1.5 V and a high energy density of up to 9 μWh cm\(^{-2}\) at a power density of 0.112 mW cm\(^{-2}\). Furthermore, the specific capacitance remains relatively unaffected after bending 3000 times and can maintain an initial specific capacitance of 81% after 10000 cycles. This excellent electrochemical performance can be attributed to the unique hollow structure, stable gel electrolyte and unique electrochemical characteristics of the PEDOT:PSS fibers. This work provides an alternative method for the design of flexible FSC systems with promising performance for applications in wearable and flexible electronics.

**EXPERIMENTAL**

**Materials**
Clevios PH1000 (PEDOT:PSS, 1.0-1.3 wt.%) was purchased from HC Starck, Inc. Lithium chloride (LiCl, AR), polyvinyl alcohol (PVA, AR) 1788 (Mw 75,000-78,000) and methanol (MeOH, AR) were provided by Aladdin. CaCl\(_2\) (AR) and concentrated H\(_2\)SO\(_4\) (≥ 98%) were purchased from Kelong Chemical Reagent Company.

**Synthesis of hollow and solid PEDOT:PSS fibers by wet-spinning**
The PEDOT:PSS was concentrated at 2.0 wt.% by evaporating water at 50 °C. Two microinjection pumps injected the coagulation solution and the concentrated PEDOT:PSS from different syringes into the coagulation solution with CaCl\(_2\) (2.5wt.%) which consists of a water:ethanol solution with a volume ratio of 1:3 at extruded velocities of 3.0 and 1.5 min/mL, respectively. The sizes of the coaxial needles used in the wet-spinning were 18G and 27G. The hollow PEDOT:PSS fibers (HPFs) were fully cross-linked in the coagulation bath for 30 min to maintain their morphology. They were then washed by deionized water and immersed in the MeOH solvent for 30 min to remove the long PSS chains from the surfaces of the fibers. Subsequently, the HPFs were dried on a polytetrafluoroethylene plate at 90 °C for 10 min. Finally, the HPFs were immersed in concentrated sulfuric acid within 30 min and sufficiently washed by deionized water to remove part of the insulated PSS. The HPFs were then dried in an oven at 120 °C for 10 min to remove the residual water. The preparation conditions for the solid PEDOT:PSS fibers (SPFs) were similar but without pumping of the coagulation bath.

**Preparation of gel electrolyte and assembly of gel electrolyte FSCs**
First, a 3.5 M LiCl solution was prepared and stirred by a magnetic stirrer until it was completely dissolved. Second, 3 g of PVA were dissolved in a 30 mL LiCl solution at 80 °C. Finally, it was continually stirred until the gel solution became clear. For the FSCs, two HPFs or SPFs were placed side by side in parallel and covered with the PVA-LiCl gel electrolyte on the surface. Both ends of the fibers were fixed to the glass slide using conductive tapes and silver adhesives.

**Characterization and electrochemical tests**
The surface morphologies of the HPFs and SPFs were measured by scanning electron microscopy (SEM, Ultra 55, Carl Zeiss SMT Pte Ltd.). The strain-stress curves of the HPFs and SPFs were measured by a microcomputer controlled electronic universal material testing machine (HY-0350, Shanghai Heng Wing Precision Instrument Co., Ltd.). The Fourier transform infrared spectra were measured at a scanning range from 4000 to 500 cm\(^{-1}\) [WQF-530, Beijing Beifen-Ruili Analytical Instrument (Group) Co., Ltd.]. X-ray diffraction (XRD) was measured by a Bruker D2 diffractometer using Cu Kα radiation at a wavelength of 1.5406 Å. Cyclic voltammetry (CV) with scan rates from 20 to 200 mV s\(^{-1}\) and electrochemical impedance spectroscopy (EIS) in a frequency range of 200 kHz to 100 mHz at 0 V bias with an AC amplitude of 10 mV were measured using a VSP-300 electrochemical workstation (Bio-Logic SAS, France). Furthermore, the conductivity of the fiber electrodes was obtained by linear scanning voltammetry (LSV) at a scan rate of 5
mV s⁻¹ in the range of 0-1 V using the VSP-300 electrochemical workstation. Galvanostatic charge-discharge (GCD) curves were recorded by an Arbin Instruments testing system (BT-2000, Arbin) at a current density of 2 mA cm⁻².

RESULTS AND DISCUSSION

In order to compare the morphological differences, different fibers with or without the hollow structure (HPFs and SPFs) were prepared using similar experimental conditions and characterized. Figure 1A illustrates the fabrication procedure, the microstructure of the hollow coaxial fibers and the charge distribution on the internal and external surfaces. In addition, a continuously hollow HPF with a length of ~0.7 m was prepared by wet-spinning, as shown in Supplementary Figure 1, which demonstrates that the method has the potential for continuous scale preparation. The microscopic morphologies of the HPFs and SPFs were characterized by SEM, as displayed in Figure 1B-E. It can be clearly observed in Figure 1B that the prepared fibers showed a thin-walled structure with a hollow and uniform structure in the fiber center. The diameter of the HPFs was ~125 μm and the wall thickness was only 8 μm, which depends on the different extruded velocities of the concentrated PEDOT:PSS solution and coagulation bath. Interestingly, the thin-walled hollow structure could be well maintained without structure collapse under solvent and high-temperature treatment, thereby demonstrating desirable structural stability.

In comparison, the cross-sectional structure of the SPFs can also be observed from Figure 1C, which demonstrates the solid structure of the prepared PEDOT:PSS fibers with a diameter of ~100 μm. The diameter of the SPFs was smaller than that of the HPFs. The phenomenon of smaller diameters of the SPFs could be ascribed to two reasons. First, without the internal coagulation bath, the external PEDOT:PSS may lead to self-healing during wet-spinning. Second, the interior solid structure makes a greater contribution to the volume shrinkage of the SPFs during evaporation. Furthermore, the side-view SEM images of the HPFs and SPFs are demonstrated in Figure 1D and E. The diameter of these conductive fibers was uniform, which illustrates the structural stability of the polymer fibers prepared from coaxial wet-spinning. The morphological differences between the SPFs and HPFs can also be clearly observed. With similar experimental conditions, the HPFs demonstrate relatively smooth surfaces compared to the SPFs, owing to an even multi-step solvent treatment and water evaporation process from the internal and external surfaces simultaneously.

To better understand their mechanical performance, the strain-stress curves of the HPFs and SPFs were characterized, as shown in Figure 2A. Interestingly, the tensile strength of the thin-walled HPFs showed a noticeable increase of 87% to 384 MPa compared with that of the SPFs (205 MPa) under the same strain of 25%. The increased tensile strength of the HPFs may be caused by the relatively complete treatment of H₂SO₄ and the stronger π-π interactions of PEDOT. Therefore, it can be anticipated that the prepared hollow one-dimensional fibrous structure benefits the improvement of the mechanical characteristics and specific capacitance per mass of the fiber electrodes. Figure 2B shows the LSV curves of the SPFs and HPFs at a scanning rate of 5 mV s⁻¹. The conductivity of the SPFs and HPFs could be calculated by equation (1):

\[
\sigma = \frac{L}{RS}
\]

where \(L\), \(R\) and \(S\) are the length, resistance and cross-section area of the fiber electrodes, respectively.
Figure 1. (A) Schematic illustration of preparation process, microstructure and surface charge distribution of HPFs. Cross-sectional SEM images of (B) HPFs and (C) SPFs. Side-view SEM images of (D) HPFs and (E) SPFs. HPF: Hollow poly(3,4-ethylenedioxythiophene):polystyrene sulfonate thin-walled fibers; SPF: solid PEDOT:PSS fibers; SEM: scanning electron microscopy.

The HPFs displayed an electrical conductivity of 1514 S cm\(^{-1}\) calculated by excluding the area of the hollow interior. In contrast, the conductivity of the SPFs was 421 S cm\(^{-1}\), which is ~25% that of the HPFs. Moreover, the electrochemical performance of the HPFs and SPFs were also measured by EIS, with the results shown in Figure 2C for a frequency range of 200 kHz to 100 mHz. In the high-frequency region, the X-intercept of the Nyquist plot represents the equivalent series resistance (ESR), corresponding to the electrolyte
resistance, internal resistance of the electrode and the contact resistance. The HPF electrode showed a smaller ESR of 54.4 $\Omega$ in the high-frequency range in comparison to the ESR of the SPFs (104 $\Omega$). This result may be due to the relative difficulty in removing part of the insulated PSS unit in the solid structure\textsuperscript{[17-20]}. Obviously, the Nyquist plot shows only one semicircle, corresponding to the charge transfer at the HPF or
SPF electrode/electrolyte interfaces. Compared with the HPFs, the SPFs displayed a larger semicircle, illustrating that SPFs had a larger charge transfer resistance. These results are in good agreement with the LSV results. In the low-frequency region, the vertical degree of the sloped line showed the corresponding characteristics of pure capacitive behavior. The HPFs showed a more vertical line than the SPFs at low frequency, thereby demonstrating faster ion diffusion.

To further investigate the influence of the hollow structure of the HPFs on their electrochemical properties, the CV and GCD characterization of the assembled FSCs based on HPFs or SPFs was carried out using a 3.5 M PVA-LiCl gel electrolyte in a potential window of 0.0–1.5 V, as shown in Figure 2D and E. The CV curves of the SPFs and HPFs are characterized in Figure 2D with a scanning rate of 20 mV s\(^{-1}\). It can be seen that the area of the rectangular curve for the HPFs was much larger than for the SPFs, demonstrating that the HPFs showed better charge storage capability. Comparing the specific mass capacity (\(C_m\)) of the HPFs and SPFs, the \(C_m\) of the HPFs (173.8 F g\(^{-1}\)) was \(\approx 5.4\) times higher than that of the SPFs. The specific areal capacitances of the HPFs and SPFs were calculated to be 112.7 and 67.5 mF cm\(^{-2}\), respectively. Compared to the SPFs, the HPFs exhibited a distinct capacitance increase of \(\approx 67\%\). Furthermore, the discharge times of the HPF and SPF electrodes were 288 and 170 s, respectively. Notably, the GCD curves of the HPF-based FSCs showed a symmetric shape up to 1.5 V with a small IR drop (0.008 V). However, the IR drop of the SPFs was 0.025 V, which was three times that of the HPFs, implying the low conductivity of the SPFs. Therefore, comparing the electrochemical and mechanical test results of the HPFs and SPFs, the HPFs showed higher specific capacitance and better mechanical performance.

This exceptional performance may be derived from the following processes. First, the HSO\(_4^-\) ions yielded by two H\(_2\)SO\(_4\) molecules can partially replace the negatively charged PSS, which is not coupled with PEDOT\(^+\) according to equation (2):

\[
\text{H}_2\text{SO}_4 + \text{PSS}^- \rightarrow \text{HSO}_4^- + \text{PSSH}
\]  

PEDOT:PSS is then rearranged under the \(\pi-\pi\) stacking to form dense PEDOT networks with significant morphological and crystalline structure change. Simultaneously, the thin-walled hollow structure of the HPFs facilitates, thorough the solvent treatment and dense conductive network, rapid ion transport and increases the interfacial area of the electrode and electrolytes, leading to increased specific capacitance. To verify this assumption, the attenuated total reflectance-Fourier transform infrared spectroscopy spectra were measured for the SPFs without H\(_2\)SO\(_4\) treatment, SPFs and HPFs, as demonstrated in Figure 2F. Several peaks located at 1267, 1373, 1531 and 1556 cm\(^{-1}\) could be attributed to the C-C or C=C stretching of the quinoidal structure and the ring stretching of the thiophene ring of PEDOT:PSS, respectively. The characteristic peaks of -SO\(_3\)H in PEDOT:PSS were located at 1060 cm\(^{-1}\) and the absorbance peaks located at 1000, 1030, 1120 and 1160 cm\(^{-1}\) corresponded to the asymmetric and symmetric stretching vibration of the -SO\(_3\) group of the PSS, respectively\(^{[23-25]}\). Furthermore, compared with that of the pristine SPFs, all of the intensities of these PSS characteristic peaks significantly decreased for the SPFs and HPFs after the sulfuric acid treatment, demonstrating the partial removal of the PSS after treatment.

To characterize the electrochemical properties of the HPFs, the FSCs were prepared by two HPFs placed in parallel using the 3.5 M PVA-LiCl gel electrolyte. Figure 3A shows the CV curves of the HPF electrode measured at different potential windows at a scan rate of 20 mV s\(^{-1}\). It can be observed that there was no obvious polarization when the potential reached 1.5 V. The CV curves maintained their quasi-rectangular shape at 1.5 V, which is consistent with the results of the potential window tested by GCD at a current
Figure 3. (A) CV and (B) GCD curves of HPFs tested at different potential windows from 0.0 to 1.2-1.8 V. (C) CV curves of HPFs at different scan rates. (D) GCD curves of HPFs at different current densities and (E) rate capabilities of HPFs and SPFs. (F) Ragone plots of HPFs compared with SPFs and other reported results. CV curves of one, two and three devices connected (G) in parallel and (H) in series at a scan rate of 20 mV s\(^{-1}\). (I) Cycling performance of FSCs based on HPFs measured at a current density of 0.3 mA cm\(^{-2}\).[Figure 3B]. For potentials of > 1.5 V, the potential polarization increased distinctly. Therefore, the potential window of 0.0-1.5 V was chosen for the subsequent tests of the FSCs. In addition, the CV curves also showed typical rectangular shapes and obviously increased current response values with the scan rate increased from 20 to 200 mV s\(^{-1}\), revealing the fast charge-discharge capability [Figure 3C].

Furthermore, the GCD curves of the HPFs showed outstanding symmetry, as shown in Figure 3D, further verifying the excellent capacitive characteristics. With increasing applied current density, the corresponding discharge time and specific capacitance gradually decreased [Figure 3E]. No obvious IR drop was observed at the beginning process of the constant current discharge, indicative of low internal resistance. Tested at a current density of 0.3 mA cm\(^{-2}\), the specific areal capacitance of the HPFs reached 115.2 mF cm\(^{-2}\), corresponding to a mass capacity of 173.8 F g\(^{-1}\) and a volumetric capacitance (C\(\text{v}\)) of 36.87 F cm\(^{-3}\), while the corresponding values of the SPFs were 68 mF cm\(^{-2}\), 25.9 F g\(^{-1}\) and 27.2 F cm\(^{-3}\), respectively. With the current densities further increased to 1.5 and 2.0 mA cm\(^{-2}\), the HPFs still maintained high areal capacitances of 110 and 108 mF cm\(^{-2}\) (35.2 and 34.6 F cm\(^{-3}\) for C\(\text{v}\), or 169 and 163 F g\(^{-1}\) for C\(\text{m}\)), respectively, demonstrating their excellent rate capability and high specific capacitance retention even at very high current densities.
To demonstrate their application in flexible electronics, the HPF-based FSCs with a length of ~4 cm were assembled in a heat shrink tube and filled with a LiCl/PVA gel electrolyte, as shown in Figure 4A. Figure 4B
Figure 4. Photographs of HPF-based FSCs of ~4 cm in length at the (A) straight and bent at (B) 90° and (C) 180° states. (D) CV curves of the FSCs bent at different angles at a scan rate of 20 mV s⁻¹. (E) CV curves of FSCs before and after bending at 180° for 3000 times. (F) Optical image of two individual FSCs based on HPF electrodes connected in series to light up a green LED. Fabricated textile devices integrated into the cloth with four HPFs connected in parallel to power an electronic timer at the (G) flat and (H) bending 180° states. (I) Demonstration of a flexible wearable device. HPF: Hollow poly(3,4-ethylenedioxythiophene):polystyrene sulfonate thin-walled fibers; FSC: fiber-shaped supercapacitor; CV: cyclic voltammetry.

The CV curves tested at various bending angles, which are well overlapped without a significant shape change, indicating good adaptability to bend at different angles. More importantly, the assembled device was bent at 180° for 3000 times and the corresponding CV characterized. It can be observed from the CV, as shown in Figure 4E, that the curves do not show a significant change after bending 3000 times, manifesting excellent electrode stability. Additionally, two individual devices connected in series after easily charging could power a green light-emitting diode with a minimum voltage requirement of 2 V for ~8 min [Figure 4F]. Benefiting from the superb mechanical properties of the HPFs, textile supercapacitors were assembled by weaving them into a fabric consisting of four FSCs connected in parallel with a length of 7 cm [Figure 4G], which can directly power a commercial electronic timer with a voltage demand of 1.5 V for 3 min. The demonstrated textile supercapacitor can normally provide the power even with bending at 180° for several times without an obvious performance decay, as shown in Figure 4H and I. The above results
give an encouraging demonstration of these textile supercapacitor devices applied in flexible electronic devices.

CONCLUSION
In summary, hollow thin-walled PEDOT:PSS fiber electrodes with high conductivity, excellent electrochemical performance and good flexibility were prepared by wet-spinning and used as flexible electrodes to assemble high energy density FSCs and textile supercapacitors. By combining the flexibility and specific hollow structure, the HPF-based FSCs showed superb rate capability, high specific capacitance, impressive long-term cycle stability and high capacitance retention after bending 3000 times. Additionally, this exceptional performance may be attributed to the synergistic effects of the unique hollow structure, efficient PEDOT conduction network, wide electrochemical windows and increased contact areas with the electrolyte. In brief, this work provides insights into the potential application of wearable textile supercapacitor devices in flexible electronic devices.

DECLARATIONS
Authors’ contributions
Wrote and reviewed the manuscript: He C, Cheng J, Liu Y, Zhang X, Wang B

Availability of data and materials
The linked data has been added in the manuscript. The raw/processed data required to reproduce these findings can be obtained from the request or the first author.

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Conflicts of interest
All authors declared that there are no conflicts of interest.

Ethical approval and consent to participate
Not applicable.

Consent for publication
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