Abstract

Clutch size and number of clutches per reproductive cycle are important life history traits that can be influenced by anatomical, physiological, evolutionary, and ecological factors. This report on the clutch size and number of clutches of an endemic Mexican whiptail lizard, *Aspidoscelis costatus costatus* (Cope, 1878), is based on a study of a population at an unusually high elevation for a member of this genus. The study site is located in Ixtapan de la Sal, southeastern Estado de México, Central Mexico, at 2090 m a.s.l. Lizards were sampled in June 2006, and from May to July 2007, where females of *Aspidoscelis costatus costatus* were collected by hand along a drift fence. Female reproductive condition was evaluated based on abdominal palpation for presence of developing eggs; clutch size was determined by actual counts of either vitellogenic follicles or oviductal eggs. The smallest reproductive female was 77 mm snout-vent length; females produced a minimum of two clutches during the breeding season, the mean clutch size of 6.5 eggs (n = 33) was one of the largest reported for the genus. However, both length and width of its eggs, and the relative clutch mass have not been diminished by development of a large clutch. Additionally, comparisons of clutch size were undertaken within the polytypic *A. costatus* complex, within the genus *Aspidoscelis*, and between certain genera of whiptail lizards. This apparently represents the first study of whiptail lizards (genus *Aspidoscelis*), assessing the aforementioned reproductive characteristics, in a population above 2000 m.

Key Words

Balsas Basin Whiptail, Central Mexico, clutch size, female size, Estado de México, relative clutch mass

Introduction

Knowledge of the reproductive potential of a population is fundamental to understanding its life history (Stearns 1989) and ecological status. Thus, determination of clutch size and number of clutches per activity cycle are the primary steps in assessing reproductive output. Several factors may act as potential sources of variation in clutch size including ecological (Horváthová et al. 2013), evolutionary (Suárez-Rodríguez et al. 2018; Taylor et al. 2006), anatomical (Suárez-Varón et al. 2019; Taylor et al. 2006), and physiological factors (Méndez-de la Cruz et al. 1993). In general, *Aspidoscelis* lizards are considered to be wide foragers in search of their prey (Paulissen 1987; Utsumi et al. 2020). Due to their active foraging strategy, body shape, and escape strategies, species in the genus *Aspidoscelis*
tend to show a relatively small clutch size, proportional to their body mass (Vitt and Breitenbach 1993). Previous studies have shown that both clutch size and number of clutches per cycle may vary in a species based on latitude or elevation (McCoY and Hoddenbach 1966; Dixon et al. 1971; Taylor et al. 1992); however, this does not apply to all Squamata species (Fitch 1985; Meiri et al. 2013).

Although Western Mexican Whiptail [Aspidoscelis costatus (Cope, 1878)] is currently treated as a polytypic species (Reeder et al. 2002) with eight subspecies, it is generally understood that it is actually a non-monophyletic species complex of several species including Aspidoscelis costatus costatus (Cope, 1878) = Balsas Basin Whiptail [Reeder et al. 2002 (diversity in the genus); Tucker et al. 2016 (nomenclature based on proof of masculine rather than feminine gender of the generic name); Barley et al. 2019 (diversity in the sexlineatus species group in México)]. Based on Tucker et al. (2016) the name A. costatus costatus replaces A. costata costata (sensu Reeder et al. 2002). This species inhabits various ecological habitats and elevations in the states of Mexico, Guerrero, Morelos, Puebla, Tlaxcala, and Oaxaca (Maslin and Secoy 1986; Gómez-Benitez et al. 2016; Méndez de la Cruz et al. 2018; Barley et al. 2019). Despite the ecological and evolutionary constraints (i.e., body shape, SVL, foraging mode, predator escape tactics) on clutch size within the genus Aspidoscelis (Vitt and Price 1982; Taylor et al. 2006), and although several congeners grow to a much larger SVL [i.e., Aspidoscelis stictogrammus (Burger, 1950), Aspidoscelis sacki (Wiegmann, 1834) and Aspidoscelis costatus occidentalis (Gadow, 1906)], A. costatus costatus shows the largest clutch size reported to date (7.7 eggs, range 4–14; López-Moreno et al. 2016). Our study reports the clutch size and number of clutches in a different unique high-elevation population (> 2000 m) of Balsas Basin Whiptail (Fig. 1), which is also among the largest clutch sizes in a population of the genus Aspidoscelis.

**Methods**

The study site is located at Ixtapan de la Sal, southeastern Estado de México, north of the Río Balsas Basin, in Central Mexico (18°50’30”N, 99°39’0”W), at an altitude of 2090 m a.s.l. (Fig. 2), which is considered an unusually high elevation for teiid lizards (Vitt and Breitenbach 1993). Vegetation at the locality consisted of coniferous forest interspersed with tropical deciduous forest and grassland (Fig. 3). The climate is semi-humid and semi-warm with summer rains which typically occur from mid-June through mid-September with annual variation (Hernández-Gallegos and Domínguez-Vega 2012).

Females of A. costatus costatus were captured by hand along a drift fence during their activity period (09:00–17:00 h) in June 2006, and from May to July 2007. The reproductive condition of each adult female was evaluated based on an abdominal palpation and a visual assessment, where the vitellogenic/gravid females showed an expanded contour in the abdomen region (Suárez-Varón et al. 2019). Snout-vent length (SVL) and mass were recorded to the nearest 1 mm and 0.1 g, respectively. Only vitellogenic and gravid females were euthanized via an intraperitoneal injection of sodium pentobarbital, and ovaries and oviducts were removed and placed in 10% neutral buffered formalin. Clutch size was estimated by counting vitellogenic follicles (≥ 3 mm, precision 0.01 mm, López-Moreno et al. 2016) or shelled oviductal eggs when present. We also calculated the relative clutch mass (RCM, based

![Figure 1](herpetozoa.pensoft.net)
only on oviductal eggs) by dividing clutch mass (precision 0.0001 g) by female’s total mass (including clutch weight; Tinkle 1972). All measurements were carried out following appropriate guidelines for Scientific Animal Use, unnecessary stress was avoided, and individuals were humanely sacrificed. Females were deposited in the Laboratorio de Herpetología, Facultad de Ciencias, Universidad Autónoma del Estado de México, México (voucher numbers pending). All lizards were collected under the Scientific Collector Permit, FAUT 0186 SEMARNAT (Secretaría de Medio Ambiente y Recursos Naturales).

We estimated clutch size by number of vitellogenic follicles (mean = 6.3 ± 1.7, range 4–10, n = 24) and oviductal eggs (mean = 7.0 ± 2.1, range 4–10, n = 9) together, because the slopes (\( b = 0.160 \pm 0.022 \), \( b = 0.189 \pm 0.091 \), respectively) and intercepts (\( a = -8.054 \pm 2.023 \), \( a = -11.009 \pm 8.746 \), respectively) of regression against SVL did not differ significantly (\( p = 0.6799 \), \( p = 0.6212 \), respectively). The mean mass of females \( A.\) costatus costatus (including both vitellogenic and gravid) was 21.4 ± 1.1 g (median 21.2, range 10–35, n = 33). The mean SVL was 91.2 ± 1.5 mm (median 92 mm, range 77–111, n = 33) and the mean clutch size was 6.5 ± 1.8 eggs (median 6 eggs, range 4–10, n = 33), and both traits were positively correlated (Pearson’s correlation, \( R^2 = 0.7725 \), \( p < 0.0001 \), Fig. 4). The clutch size of \( A.\) costatus costatus is larger than the mean clutch size in the genus Aspidoscelis (ca. 3.2 eggs, \( t_{67} = 9.46 \), \( p < 0.0001 \); see Meiri 2018 for the clutch size in the genus). The mean RCM

Results

The smallest reproductive female was 77 mm SVL, a larger size at first clutch production than recorded for several subspecies of \( A.\) costatus (Walker et al. 2003; Walker 2008a, b, 2010). Females of \( A.\) costatus costatus produce at least two clutches during the breeding season as some females (44.4%) with oviductal eggs also possessed vitellogenic ovarian follicles. All variables were normally distributed (since the fit tests show \( p > 0.05 \)). We estimated clutch size by number of vitellogenic follicles (mean = 6.3 ± 1.7, range 4–10, n = 24) and oviductal eggs (mean = 7.0 ± 2.1, range 4–10, n = 9) together, because the slopes (\( b = 0.160 \pm 0.022 \), \( b = 0.189 \pm 0.091 \), respectively) and intercepts (\( a = -8.054 \pm 2.023 \), \( a = -11.009 \pm 8.746 \), respectively) of regression against SVL did not differ significantly (\( p = 0.6799 \), \( p = 0.6212 \), respectively). The mean mass of females \( A.\) costatus costatus (including both vitellogenic and gravid) was 21.4 ± 1.1 g (median 21.2, range 10–35, n = 33). The mean SVL was 91.2 ± 1.5 mm (median 92 mm, range 77–111, n = 33) and the mean clutch size was 6.5 ± 1.8 eggs (median 6 eggs, range 4–10, n = 33), and both traits were positively correlated (Pearson’s correlation, \( R^2 = 0.7725 \), \( p < 0.0001 \), Fig. 4). The clutch size of \( A.\) costatus costatus is larger than the mean clutch size in the genus Aspidoscelis (ca. 3.2 eggs, \( t_{67} = 9.46 \), \( p < 0.0001 \); see Meiri 2018 for the clutch size in the genus). The mean RCM
was 0.17 ± 0.02 (range 0.14–0.19, n = 9), and did not differ ($t_{9} = -0.71, p = 0.4868$) from RCM in the genus *Aspidoscelis* (0.18; see Mesquita et al. 2016 for the RCM in the genus). The shelled oviductal eggs had a mean width of 8.5 ± 0.88 mm (range 6.8–9.9, n = 63), mean length of 14.1 ± 1.8 mm (range 10.9–17.2, n = 63), and mean mass of 0.62 ± 0.14 g (range 0.39–0.78, n = 51). Both mean width (8.4 mm) and mean length (14.8 mm) of eggs in the genus *Aspidoscelis* (Table 1) are not significantly different from *A. costatus costatus* ($t_{77} = -0.51, p = 0.6126, t_{77} = 1.81, p = 0.0744$, respectively).

### Discussion

*Aspidoscelis* is the most speciose genus (43 species; Uetz and Hösek 2020) within the family Teiidae. This genus is divided into five clades (Reeder et al. 2002) and shows a low diversity (Vitt and Breitenbach 1993) and general absence from high elevations (> 2000 m; Vitt and Pianka 2004). However, two species in Central Mexico also occur at unusually high elevations: *Aspidoscelis gularis* (Baird & Girard, 1852), up to 2358 m a.s.l. at Sierra de Santa Catalina, México, D. F. (Hernández-Gallegos et al. 2009), and *A. costatus costatus*, up to 2750 m a.s.l. at La Malinche National Park, Tlaxcala (Méndez de la Cruz et al. 2018). To our knowledge, our study represents the first record, within the genus *Aspidoscelis*, including detailed reproductive traits (i.e., clutch size and clutches per cycle) from above 2000 m.

![Image](Figure 4. Relationship between clutch size and snout-vent length (SVL) in Balsas Basin Whiptail, *Aspidoscelis costatus costatus*, from Ixtapan de la Sal, Estado de México, México.)

There have been numerous studies of reproductive characteristics in populations currently allocated to *A. costatus*. Larger clutch means and maximum clutch sizes characterize the two samples of *A. costatus costatus* from the southerly latitudes and higher elevations in Estado de Mexico (this study, Lopez-Moreno et al. 2016), compared to smaller clutch means and smaller maximum clutch sizes for samples of *Aspidoscelis costatus barrancarum* (Zweifel, 1959) (mean 3.92, range 2–7 eggs, SVL 70–107 mm), *Aspidoscelis costatus huico* (Zweifel, 1959) (4.4 ± 0.23, 2–8 eggs, SVL 65–105 mm), *Aspidoscelis costatus nigrigularis* (Zweifel, 1959) (4.4 ± 0.26, 1–7 eggs, SVL 62–105 mm), and *Aspidoscelis costatus grisoecephalus* (Zweifel, 1959) (3.8 ± 0.37, 2–6 eggs, SVL 61–96 mm) from more northerly latitudes and lower elevations (Walker et al. 2003; Walker 2008a, b, 2010). However, egg sizes for these forms do not differ significantly (Table 1). Clutch sizes are larger in cold regions (Meiri et al. 2013), however, whether these clutch differences are reflective of different ecologies or indicators of species divergence is a pending question. It is well to remember that populations presently treated as *A. costatus* may include two or more closely related species (Reeder et al. 2002; Barley et al. 2019), though no instances of syntopy between these putative species are believed to occur.

Both ecological and evolutionary factors may adjust the reproductive output in lizards (Suárez-Rodríguez et al. 2018; Suárez-Varón et al. 2019). In general, lizards have clutch sizes that vary with the female’s size, foraging mode or predator escape tactics (Vitt and Price 1982). In species of the genus *Aspidoscelis*, small clutch size is a general tendency (Dunham and Miles 1985; Vitt and Breitenbach 1993; Hernández-Gallegos 2004; Meiri 2018). However, the mean of 6.5 eggs found in *A. costatus costatus*: (1) is larger than the mean clutch size in the genus *Aspidoscelis*, and (2) represents one of the largest clutch sizes reported for this genus (including both gonochoristic and parthenogenetic lineages; Meiri 2018). It is noteworthy that females of *A. costatus costatus* have a similar mean clutch size (6.5) and a smaller mean SVL (91.2 mm) compared with the southern Mexican congener *A. communis* (Cope, 1878) (mean clutch size 6.6 eggs, mean SVL 96.5, Walker 1982), and a larger clutch size than the largest females in the genus, *A. sacki* (mean clutch size 5.9 eggs, mean SVL 112 mm, Walker 1981; Hernández-Gallegos et al. 2011). Furthermore, similar to the site of Tonatico (López-Moreno et al. 2016), based on a linear model (assuming absence of phylogenetic effects), females from Ixtapan de la Sal with an average of 91.2 mm SVL are predicted to have a clutch size of only 4.8 eggs (Hernández-Gallegos 2004) rather than 6.5
eggs. However, the clutch size of *A. costatus costatus* at Ixtapan de la Sal is smaller than that of *A. costatus costatus* from Tonatico, Estado de México (1500–1600 m a.s.l; López-Moreno et al. 2016). Interestingly, the predicted clutch size for Estado de México aligns with clutch sizes reported for of *A. costatus barrancarum*, *A. costatus hui-
co*, *A. costatus nigrigularis*, and *A. costatus grisecephalus* (see Walker et al. 2003; Walker 2008a, b, 2010). An additional difference between populations is the number of clutches per cycle, multiple in Ixtapan de la Sal (as in *A. costatus barrancarum*, Walker et al. 2003) against a single clutch per reproductive season in Tonatico (López-Moreno et al. 2016). As in other lizards including *Aspidoscelis* and *Sceloporus* (McCoy and Hoddenbach 1966; Dixon et al. 1971; Taylor et al. 1992; Lemos-Espinal et al. 1998; Ramírez-Bautista et al. 2011), this intra-
specific variation in clutch size and number of clutches, could be explained for the difference in elevation, rain-
fall, temperature, and vegetation (Muñoz-Manzano 2010; López-Moreno et al. 2016), although this is not true for all species or populations (Fitch 1985; Meiri et al. 2013).

The elongated body shape (typical of *Aspidoscelis* lizards) is one constraint on clutch size in the genus, but there may also be an added phylogenetic constraint in certain species (see Taylor et al. 2006; Barley et al. 2019). However, also to be considered are the costs associated with carrying a large clutch in active foragers. This could restrain clutch size in a gravid female of *Aspidoscelis* through natural selection, since the ability of a lizard to carry “extra” mass would directly affect both the proba-
bility of escape from a predator (Vitt and Congdon 1978; Huey and Pianka 1981) and success in foraging. In this sense, as previously recorded in *A. costatus costatus* from Tonatico (López-Moreno et al. 2016), an increase of clutch size in *A. costatus costatus* at Ixtapan de la Sal, has not affected the size of its eggs (Table 1), or its RCM which did not differ from the RCM average within the genus *Aspidoscelis* (Mesquita et al. 2016) and is near to *A. costatus costatus* from Tonatico (0.19; López-Moreno et al. 2016).

The anatomical appellation “whiptail lizards” not only refers to individuals of the genus *Aspidoscelis*, distributed in North and Central America, but also to lizards of the tei-
id genera *Ameiva*, *Aurivela*, *Cnemidophorus*, *Contomas-
tix*, and *Glaucostax* (Goicoechea et al. 2016); *Cnemi-
dophorus* is distributed in Central and South America and the other four genera are restricted to South America. Al-
though details of reproduction differ among whiptail spe-
cies of these genera, this variation is within the evolution-
ary and ecological limits provided by oviparity (i. e., all
species), lack of parental care (i. e., all species), and clutch frequencies controlled by seasonality (i. e., *A. costatus costatus*, this study) or not (i. e., *Cnemidophorus murinus* = *C. ruthveni*, Burt, 1935; Dearing and Schall 1994) as re-
lated to latitude and/or altitude. Variation in clutch sizes is both dependent (i. e., *A. costatus costatus*) and independent of body size (i. e, *C. murinus* = *C. ruthveni*, Dearing and Schall 1994). The species of this study, *A. costatus costatus* from Ixtapan de la Sal, Estado de México, México, is an example of a whiptail representative of its genus which occurs in the subtropics at a highest known altitude for a reproductive study in the genus. Its reproductive cycle is expressed within seasonal constraints, females are of mod-
erate large reproductive size of 77–111 mm SVL, they produce a relatively large mean clutch of 6.5 ± 1.8 eggs which is correlated with SVL. Compared with a whiptail species of another teiid genus in a coastal area of the state of Ceará, Brazil, namely *Ameiva ocellifera* (Spix, 1825) (Harvey et al. 2012), Zanchi-Silva et al. (2014) found that adult females produce multiple clutches extending throughout the year, but peaking at the end of the rainy season, has a mean clutch size of only 1.98 ± 0.56 eggs that is positively associated with female body size. However, Sales and Ferire (2016) reported no correlation between clutch size and SVL in *A. ocellifera*, a difference that re-
quires clarification as to whether it represents accidents of sampling, geographic variation, or a taxonomic causation.

Described as having peculiar reproduction, the whiptail lizard of Bonaire Island, Netherland Antilles, South America, was referenced as *C. murinus* by Dearing and Schall (1994). It is here considered to be the most divergent example of reproduction compared with a form such as *A. costatus costatus*. However, Ugueto and Harvey (2010) elevat-
ed this insular population to species status using an extant subspecific name, with newly recognized *C. ruthveni* now considered to be restricted to Bonaire and Klein Bonaire islands and *Cnemidophorus murinus* (Laurenti, 1768) be-
ing restricted to Curacao and Klein Curacao islands. Un-
like most whiptail lizard species which mainly consume arthropods, as is true of *A. costatus costatus* (Muñoz-Manzano 2010), both *C. ruthveni* and *C. murinus* are not only herbivorous, they exist in very dense populations on their respective islands. Dearing and Schall (1994) reported that females of the Bonaire Island whiptail species (maximum SVL of 116 mm), *C. ruthveni* sensu Ugueto and Harvey (2010), “…typically [produce a clutch of] one very large egg, but some females may produce two eggs.” Also, that some insular lizards may produce smaller clutches which produce larger hatchings (than closely related mainland species of similar size) is a very well-known phenomenon called the island syndrome (Novosolov et al. 2013).

Although data collected suggest a high reproductive output in *A. costatus costatus* at Ixtapan de la Sal, there are multiple variables that should still be investigated such as dorsal coloration, interlimb distance, and coelomic volume. These future studies will provide a holistic view of reproduction to see if the females in our population have adopted atypical strategies (i. e., seasonal dorsal coloration and widening of the abdominal area), which help to maintain a high-reproductive output as in *A. costatus costatus* from Tonatico (López-Moreno et al. 2016). Finally, further studies on other populations are needed to clarify the idea that probably a large clutch size is characteristic of Balsas Basin Whiptail (*A. costatus costatus*), which may represent a local adaptation to high predation regimes on their eggs and/or to low survivorship rates (López-Moreno et al. 2016).
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