THE ROLE OF ORTHOGRAPHY AND PHONEME INVENTORY IN DUTCH STUDENTS’ SPEECH PERCEPTION IN THE EFL CLASSROOM

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1. INTRODUCTION

Learning a second or foreign language in school is often a laborious task. It comprises many aspects such as productive skills (speaking and writing), perceptive skills (listening and reading comprehension) and learning vocabulary and grammar rules. These language skills are related. Arguably the hardest to master are listening and speaking skills, because sounding native-like is strongly correlated with Age of Learning and these skills are online with little time for the learners to monitor their response (Flege et al. 1995). An adult language learner does not learn a foreign
language in school by auditory input only, but also by orthographic input. This visual orthographic input can help or hinder the perception and production of L2 sounds. For example, Dutch does not have English /θ/ and /ð/ in its phoneme inventory, nor does it have the ‘th’ in its orthography and language learners will quickly realise that the English ‘th’ represents a new sound. In this instance, orthography may help the language learner. On the other hand, orthography can confuse the language learner. For example, the English written ‘-ough’ is pronounced differently in ‘tough’ /tʌf/, ‘though’ /ðəʊ/ and ‘through’ /θruː/. Some languages have a high degree of grapheme-phoneme correspondence, making the orthography of these languages transparent. A study that looked at the role of orthography on the perceptual accuracy of speech sounds found that a language with transparent orthography has a facilitating effect on speech perception (Erdener and Burnham 2005). In the case of English /æ/-/ɛ/ (‘man’- ‘men’), Escudero et al. (2008) showed a facilitating effect of orthography of this English minimal pair for Dutch listeners. Many studies, however, found that orthography can hamper the “establishment of second language phonological categories” (Rafat 2011: iii, see also Bassetti et al. 2015 and Ziegler & Ferrand 1998). Silveira (2007), for instance, found a negative effect of English orthography on English pronunciation by ten Brazilian speakers. An opaque orthography or an “inconsistent spelling-to-sound mapping” in a language negatively influences word perception of that language (Ziegler & Ferrand 1998: 683). Aside from a few exceptions (such as /æ/-/ɛ/), English has an opaque orthography which causes English children learning to read to lag behind in phoneme awareness compared to, for example, German or Dutch children as the latter languages have more transparent orthographies (Goswami et al. 2005). Orthography does not only influence phoneme awareness, but it is reciprocal: phoneme awareness also influences orthography (Patel et al. 2004). Because Dutch L1 speakers cannot readily apply their phoneme awareness to the opaque English orthography, it is expected that Dutch listeners are distracted by inconsistent sound-to-spelling mappings in English speech perception. This is the first question we will try to answer: does orthography play a negative role in L2 auditory speech perception?

Besides the role of orthography on L2 speech perception, we will look at the role of the L1 phoneme inventory on L2 speech perception. In order to do so, this paper evaluates predictions made by the Perceptual Assimilation Model (PAM). This speech perception model was proposed by Best (1995) and claims that naïve listeners perceive sound contrasts in different ways. The model has been adapted for adult L2 learners, PAM-L2 (Best & Tyler 2007). It postulates that the L1 filters how L2 sounds are perceived. When a non-native sound contrast is perceived as an existing sound contrast in the native phoneme inventory, native listeners discriminate this non-native contrast well (two-category assimilation). When a non-native sound contrast is perceived as belonging to only one sound in the native phoneme inventory, native listeners struggle to perceive this non-native contrast well. There are two ways that a non-native contrast is assimilated to a single phoneme: both sounds of a non-native sound contrast are perceived as good or poor exemplars of a single native phoneme (single-category assimilation), or one non-native sound is considered a better exemplar of the native

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2 When referring to the DRESS vowel in this paper, RP symbol /ɛ/ is used as opposed to GA /ɛ/ (Wells, 1982).
phoneme than the other (category goodness difference). In terms of perception, the
two-category (TC) assimilation is perceived best by L2 listeners, followed by the category
goodness (CG) and the single-category (SC) assimilation is most poorly perceived (TC >
CG > SC) (Best 1995).

Applying PAM-L2 to this study, the model predicts that ‘new’ English sounds
are poorer perceived by Dutch listeners than sounds that already exist in the Dutch
phoneme inventory (Best & Tyler 2007). Two-category assimilation (for example L2
English /ʃ/-/ʃ/) is perceived as L1 Dutch /ʃ/-/ʃ/) is best perceived by L2 listeners, followed
by one category assimilation (for example L2 English /æ/-/æ/ are both perceived as L1
Dutch /æ/). In this paper, we do not distinguish between CG and SC and consider both
categories as ‘new’ sounds and the TC as ‘same’ sounds because linguistic contexts in
which phonemes are embedded can change vowel realisation to such extent that the
listener may perceive it as either CG or SC (Strange et al. 2001). The second question we
will try to answer is: do Dutch students perceive English ‘same’ sounds better than ‘new’
sounds?

2. PILOT PERCEPTION TASK TO EVALUATE PAM-L2

In a previous study (Hommel 2017), an auditory speech perception pilot was
conducted to see which English phonemes are difficult for Dutch students to perceive.
Out of an identification task with 109 different phonemes and phoneme clusters, thirty-
eight speech sounds that were poorly perceived by Dutch listeners were identified (see
Table 1 below). A new test was created based on the results of the pilot, which consisted
solely of these 38 constituents. This test involved not only auditory words but also
written words (whereas the pilot only involved written letters representing sounds).
Students would hear a word, e.g. ‘push’ and saw four options written on a screen:
‘cook’, ‘cope’, ‘cow’ and ‘coup’. Students had to choose what sound they had heard in
the auditory target by clicking on the word with underlining in the same position as the
corresponding target sound, which could be in any position (onset, nucleus or coda).
The correct answer in this example was ‘cook’ because both ‘push’ and ‘cook’ have the
/ʃ/-sound in the underlined position. Had the response options been heard instead of
written, it would have asked too much of the auditory working memory of the student.
In addition, the test was deemed too easy if the auditory word would be the same as
the written target answer (e.g. if ‘push’ was heard and ‘push’ would be the written
answer).
Table 1. Difficult English sounds by phonological position

| Onset | Nucleus | Coda |
|-------|---------|------|
| /j/   | /ɔ/     | /θ/  |
| /v/   | /ɔ/     | /g/  |
| /z/   | /ɔz/    | /t/  |
| /d/   | /ʌ/     | /dʒ/ |
| /l/   | /l/     | /z/  |
| /g/   | /c/     | /s/  |
| /i/   | /ɪ/     | /ʃ/  |
| /dʒ/  | /i/     | /tʃ/ |
| /s/   | /ɛ/     | /k/  |
| /θ/   | /θ/     | /v/  |
| /r/   | /æ/     | /d/  |
| /b/   |         | /ʒ/  |
|       |         | /ð/  |

We looked at students’ average score per speech sound in this task to compare ‘new’ with ‘old’ sounds. However, it is debatable which English sound is considered ‘new’ for Dutch listeners. PAM uses the International Phonetic Alphabet (IPA) as a basis for determining a ‘new’ or ‘same’ sound, which can be unreliable (Rochet 1995). Therefore, in addition to using IPA to decide whether an English sound is ‘new’ or not for Dutch native listeners, we also consulted English and Dutch vowel and consonant charts as phoneme realisations can differ despite sharing the same IPA symbol (see e.g. Levy & Law 2010). These charts represent the acoustic realisations of phonemes. Vowel charts show that Dutch /ɛ/ differs from English /ɛ/ (Gussenhoven 1999: 76 for the Dutch chart and Roach 2004: 242 for the BrE chart). They also show that Dutch /ʒ/ has a very different realisation than the English /ʒ/ which is why this nucleus is also considered ‘new’ to Dutch L1 speakers. Concerning consonants, /ʒ/ is an uncommon sound in Dutch (e.g. in the French loan word baggage [baˈʃaɡe] ‘luggage’). However, /ʒ/ in coda position is rare in English too and occurs, similar to Dutch, in French loan words (e.g. beige [ˈbeɪʒ]). When comparing the Dutch and English IPA charts and adding English /ʒ/, eleven of the 29 constituents have no direct Dutch counterpart, namely consonant (clusters) /ʃt/, /ʃd/, /ʃθ/ and /ʃv/ and nuclei /o/ /ʌ/, /ɔ/, /ɔː/, /æ/, /ɛ/ and /æ;/ (Mees & Collins 2003). Linguistic contexts in which phonemes are embedded can change vowel realisation to such extent that the listener will perceive it as either CG or SC (Strange et al. 2001).
It should be noted that “neither very abstract phonological descriptions of phoneme inventories nor acoustic comparisons of specific realizations of phoneme categories will be adequate in predicting cross-language perceptual similarities”; whether an L2 sound is perceived as ‘same’ or ‘new’ changes depending on the context that the sound is in (ibid: 1703). The pilot contained no orthography, making it easier to determine whether a sound is perceived as ‘same’ or ‘new’.

3. METHOD

For evaluating PAM-L2, students’ perception scores on the pilot perception task were used. Out of the 38 difficult sounds (see Table 1), nine sounds occur in both onset and coda position, leaving 29 different constituents. In order to establish whether Dutch listeners perceive ‘new’ sounds (/ɪʃ/, /ʌʃ/, /ʊ/ and nuclei /ʊ/, /ʊ/, /ʌ/, /æ/, /ɛ/ and /ɔ/) more poorly than ‘same’ sounds (/n/, /s/, /z/, /l/, /r/, /l/, /l/, /s/, /l/, /r/, /l/, /l/, /l/, /l/, /k/, /g/, /u/ and nuclei /ɪ/, /ɨ/, /ʊ/, /æ/, and nuclei /ɪ/, /ɨ/, /ʊ/, /æ/ and /u/), perception scores of ‘new’ sounds in the pilot were compared to ‘same’ sounds using an independent t-test. Students’ perception scores from the pilot were used (N = 50, M = 19 years, SD = 2.1 years), see Appendix A for mean scores per constituent.

For evaluating whether English orthography plays a negative role in L2 auditory speech perception, another speech perception task was conducted. We call this the main test as the number of participants was much higher (N = 125) than the pilot described in section two (N = 50). Students’ average perception scores on sounds with a difficult orthography were compared to test scores on sounds with an easy orthography. Words were considered to have a difficult or opaque orthography where the orthography of the spoken word differed from that of the written word being the correct response. For example, target nucleus /ʊ/ was seen as difficult because the /ʊ/ in ‘push’ differed in orthography from the correct answer ‘cook’ (see Table 2). Next, words were considered to have a difficult or opaque orthography where the target answer was similar to a distractor. For example, target nucleus /ʌ/ was seen as difficult because the /ʌ/ in correct ‘but’ is similar in orthography to the incorrect foil ‘pull’ (see table 3). Independent t-tests were performed to see whether orthography influences listeners’ speech perception. Students’ perception scores on the main test were used (N = 125, M = 19 years, SD = 1.3 year).

The main test was not used for evaluating PAM-L2 as many of the new sounds also contained target sounds with different orthography (namely /ʌʃ/, /ʊ/ and /ɔ/, see table 2) or good distractors with similar orthography (namely /ʊ/, /ʊ/, /ʌ/ and /æ/, see table 3), which is a confounding factor. If new sounds were to score significantly lower than familiar/same sounds, then this could be due to orthography rather than new vs. same sounds. The pilot contains little to no orthography, making it more suitable to evaluate PAM-L2. The ‘new’ sound coda /ɔ/ did not occur in the pilot.
4. RESULTS

4.1 ORTHOGRAPHY

In the main test, six out of thirty-eight target words contained a different orthography to the spoken word (see Table 2). These six words ($M = 45\%, SD = 28.4\%$) scored significantly lower compared to the target sounds with similar orthography ($N = 32, M = 71\%, SD = 24.6\%$), $t(36) = -2.31, p = .03$. The effect size ($d = 0.97$) signifies a large difference (Becker 2000). These six target sounds that contained a different orthography were excluded. Next, we looked at foils that contained similar orthography to the spoken words (i.e., good distractors) and they were compared to average perception scores on the remaining sounds (see table 3). Results show that foils with similar orthography confused the listeners more ($N = 11, M = 56\%, SD = 28.6\%$) than others ($N = 21, M = 78\%, SD = 18.8\%$), $t(30) = -2.62, p = .01$. The effect size ($d = .91$) signifies a large difference (Becker 2000).

Because the result suggests that orthography hampers perception and there is little to no orthography in the pilot, one would expect the scores in the pilot to be higher than the scores in the main test. However, this is not the case. Average scores in perception seem very comparable ($71\%$ in the pilot vs. $74\%$ in the main test in onsets, $62\%$ vs. $57\%$ in nuclei and $68\%$ vs. $67\%$ in codas respectively).

| Target sound | Auditory word | Written target |
|--------------|---------------|----------------|
| /ɒ/          | Push          | Cook           |
| /ɪː/         | Thought       | Paw            |
| /iː/         | Deal          | Keep           |
| /-dʒɪ/       | Age           | Judge          |
| /dʒiː/       | Gym           | Duke           |
| /-s/         | Face          | Mess           |

Table 2. English auditory words with target answers with a different orthography
| Target sound | Written target | Foil |
|--------------|----------------|------|
| /-θ/         | Oath           | Clothe |
| /ɔʊ/         | Poke           | Pot   |
| /ʌ/          | But            | Pull  |
| /ɪ/          | Bit            | Bite  |
| /-z/         | His            | Kiss  |
| /ɛɪ/         | Cape           | Scalp |
| /uː/         | Boot           | Book  |
| /æ/          | Cap            | Cape  |
| /oʊ/-/       | Though         | Thief |
| /oʊ/-/       | Theme          | These |
| /-ð/         | Sunbathe       | Beneath |

**Table 3.** English written target answers with good distractors

### 4.2 NEW VS. SAME SOUNDS

In order to establish whether Dutch listeners perceive ‘new’ sounds more poorly than ‘same’ sounds, perception scores on the pilot were compared. Results show that ‘new’ sounds (N = 12, M = 56%, SD = 22.6%) were harder to perceive than ‘same’ sounds (N = 22, M = 74%, SD = 18.7%), t(32) = -2.54, p = .02. The effect size (d = .87) signifies a large difference (Becker 2000).

### 5. DISCUSSION AND CONCLUSION

In this paper we looked at two hypotheses: (1) that opaque orthography impedes perception and (2) that, in accordance with many other studies (e.g. Kartushina et al. 2015; Levy & Law 2010 and Tyler et al, 2014), ‘new’ sounds are more difficult to perceive than ‘same’ sounds, and that this still holds for a classroom setting. Both hypotheses were confirmed. Results suggest that orthography impedes perception but that linguistic context (i.e. using stimuli in words instead of isolated stimuli) may facilitate perception. Listening to L2 phonemes embedded in a linguistic context (in the main test this context was a high frequency word) helps the language learner in forming new phoneme categories (Strange et al. 2001). Phonemes are pronounced differently depending on the context due to co-articulation, and the context is one of the factors
that determine how difficult the sound is to perceive for a language learner (ibid). Therefore, the ecological validity of the task (i.e. using high-frequency words) seems to justify the use of phonemes in a linguistic context as opposed to a task where these phonemes only occur in isolation.

When a sound is absent in the Dutch phoneme inventory (a ‘new’ sound), it is difficult for Dutch listeners to perceive this sound well. When looking at the perception score of each individual phoneme, however, not all ‘new’ sounds were hard to perceive. For example, the ‘new’ sounds /æ/ and /ʃ/ were not poorly perceived and the ‘new’ sound /ʌ/ was not perceived worse than ‘same’ (but still differing acoustically) sound /uː/. It is possible that speech perception is influenced by statistical learning, where new L2 sounds which are more frequent are learned earlier and/or better as they are more salient in the L2 (Mines et al. 1978). Because certain contrasts are more frequent than others, it is especially important for language learners to correctly discern the most common contrasts. For example, English /æ/-/e/ is more frequent than the minimal pair /ʌ/-/uː/, making the former contrast more salient. Not surprisingly, Dutch students correctly identified both /æ/ and /e/ better than /ʌ/ and /uː/. Similarly, Dutch students perceived both /ʌ/ and /uː/ better than less common /ø/ and /oː/, perhaps due to salience or statistical learning. Phoneme /ø/ is more frequent and less marked than voiced /ʃ/ which could explain why /ø/ was perceived better in both onset (/ø/ 62% vs. /ʃ/ 27%) and coda position (/ø/ 65% vs. /ʃ/ 6%).

Results found here are tentative. To have more robust evidence that orthography influences listeners’ speech perception, the same stimuli should be tested with auditory stimuli that both differ in and share the same orthography with the written target answer, not with either or. In addition, another confounding factor is that ‘new’ sounds are perceptually more difficult than ‘same’ sounds. Future research looking at the role of orthography in L2 speech perception should take into account the factor of ‘new’ and ‘same’ sounds.

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SUMMARY

THE ROLE OF ORTHOGRAPHY AND PHONEME INVENTORY IN DUTCH STUDENTS’ SPEECH PERCEPTION IN THE EFL CLASSROOM

The goal of this paper is twofold: to determine whether orthography hampers students’ L2 speech perception and whether, as PAM-L2 predicts, the L1 phoneme inventory influences L2 speech perception of Dutch secondary school students. First, a pilot perception test was administered to see if ‘new’ sounds that do not exist in the Dutch phoneme inventory are harder to perceive than ‘same’ sounds. Next, another perception test was created to look at whether orthography hampers Dutch students’ perception of -for Dutch listeners- difficult English phonemes or phoneme clusters. In that perception test, all phoneme (cluster)s were embedded in common English words as spoken stimuli, and the written target words were sometimes words with an orthography that corresponded with the auditorily perceived word and sometimes with an orthography that differed from the auditorily perceived word. Results indicate that orthography impedes perception. Furthermore, in line with the predictions of PAM-L2, ‘new’ L2 sounds are harder to perceive than ‘same’ sounds.

KEYWORDS: perceptual learning, large phoneme inventory, Dutch, English, orthography.
APPENDIX

Appendix A: English constituents correctly perceived on the pilot P and main test T1 respectively.

| Onset P | Nucleus P | Coda P | Onset T1 | Nucleus T1 | Coda T1 |
|---------|-----------|--------|----------|------------|--------|
| /j/     | /ʊ/       | /θ/    | 56%      | 34%        | 76%    |
| /v/     | /ʊ/       | /θ/    | 66%      | 90%        | 72%    |
| /z/     | /œ/       | /t/    | 90%      | 44%        | 70%    |
| /d/     | /ʌ/       | /d/    | 82%      | 36%        | 44%    |
| /l/     | /i/       | /z/    | 90%      | 82%        | 46%    |
| /g/     | /e/       | /g/    | 78%      | 78%        | 72%    |
| /ɪ/     | /ɛ/       | /ɪ/    | 56%      | 50%        | 46%    |
| /ʌ/     | /i:/      | /i:/   | 90%      | 25%        | 64%    |
| /s/     | /æ/       | /k/    | 82%      | 93%        | 88%    |
| /ð/     | /u:/      | /v/    | 24%      | 27%        | 52%    |
| /r/     | /æ/       | /d/    | 74%      | 95%        | 86%    |
| /θ/     | /ɵ/       | /l/    | 36%      | 62%        | 94%    |
| /b/     | /æ/       | /β/    | 98%      | 94%        | 68%    |
| 71%     | 74%       | 68%    | 67%      |            |        |