Surgical outcomes after multiple segmentectomy: a cohort study

Seshiru Nakazawa1^, Kimihiro Shimizu2, Natsuko Kawatani1, Kai Obayashi1, Yoichi Ohtaki1, Takayuki Kosaka3, Toshiki Yajima4, Ken Shirabe1

1Department of General Surgical Science, Gunma University Graduate School of Medicine, Maebashi, Japan; 2Division of General Thoracic Surgery, Department of Surgery, Shinshu University School of Medicine, Matsumoto, Japan; 3Department of Thoracic Surgery, National Hospital Organization Takasaki General Medical Center, Takasaki, Japan; 4Department of Innovative Cancer Immunotherapy, Gunma University Graduate School of Medicine, Maebashi, Japan

Contributions: (I) Conception and design: S Nakazawa, K Shimizu, T Yajima; (II) Administrative support: S Nakazawa, K Shirabe; (III) Provision of study materials or patients: S Nakazawa, K Shimizu, N Kawatani, K Obayashi, Y Ohtaki, T Yajima; (IV) Collection and assembly of data: S Nakazawa, K Shimizu, N Kawatani, K Obayashi, Y Ohtaki, T Kosaka, T Yajima; (V) Data analysis and interpretation: All authors; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Toshiki Yajima, MD. Department of Innovative Cancer Immunotherapy, Gunma University Graduate School of Medicine, Maebashi 371-8511, Japan. Email: yajimato@gunma-u.ac.jp.

Background: Segmentectomy is now a common treatment option for both lung cancer and metastatic lung tumors with increasing data and evidence. However, data on multiple segmentectomy of different lobes are scarce. Our objective was to clarify the clinicopathological features of multiple segmentectomy.

Methods: We reviewed patients who underwent segmentectomy between January 2010 and December 2019 at Gunma University Hospital. Multiple segmentectomy was defined as segmentectomy of different lobes during the same operation, in contrast to single segmentectomy, which was defined as segmentectomy of a single lobe. Clinicopathologic, operative, and postoperative results were compared between multiple segmentectomy and single segmentectomy.

Results: There were 324 patients who underwent single segmentectomy and 11 patients (12 cases) who underwent multiple segmentectomy. Multiple segmentectomy was mostly performed for treatment of metastatic lesions rather than lung cancer. The median number of resected segments was 1 (range, 1–5) in the single segmentectomy group and 3 (range, 2–4) in the multiple segmentectomy group. The median number of resected lung lesions was 3.5 in the multiple segmentectomy group. Multiple segmentectomy was associated with longer operative time, more bleeding, and longer drainage period and postoperative stay than the single segmentectomy group. There were no significant differences in severe complications as well as 30- and 90-day mortality.

Conclusions: Multiple segmentectomy is a lung-preserving procedure that can be considered for patients with multiple lung lesions and has feasible postoperative outcomes.

Keywords: Segmentectomy; simultaneous; lung cancer; metastatic lung lesion

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^ ORCID: 0000-0001-6218-9396.
Introduction

Segmentectomy is now increasingly performed for lung cancer and metastatic lung tumors (1). Surgical and oncological data are being accumulated, and the feasibility of segmentectomy is being acknowledged (2-6). The non-inferiority of segmentectomy compared to lobectomy for the treatment of selected patients with lung cancer has recently been confirmed by the JCOG0802/WJOG4607L trial (6). Segmentectomy has also become an option for the resection of metastatic lung tumors (7). Much literature has focused on segmentectomy of a single lobe (single segmentectomy), further classified into typical/atypical, simple/complex, or common/uncommon segmentectomy, according to the segmental plane shape or familiarity among surgeons (1,4,5,8). Although confusing, the term typical/simple/common and atypical/complex/uncommon usually refers to the same segments. That is, right or left S\(_1\), left upper division, and left lingular segment resection are all typical/simple/common segmentectomies. However, there is a discrepancy regarding basal segmentectomy (right S\(_7-10\) and left S\(_8-10\)), which is classified as a typical/common segmentectomy, yet a complex segmentectomy (1,4,5,8).

In parallel with the generalization of segmentectomy, we have seen an increase in patients presenting with multiple ground-glass nodules or with oligometastatic lung lesions from other cancers. Accordingly, more complicated procedures such as multiple segmentectomy will be required for resection of multiple lung lesions affecting different lobes. So far, the literature on features and outcomes of multiple segmentectomy is extremely scarce. Herein, we aimed to clarify the clinicopathological features and surgical outcomes of patients who underwent multiple segmentectomy and aimed to provide data for a safer popularization.

We present the following article in accordance with the STROBE reporting checklist (available at https://jtd.amegroups.com/article/view/10.21037/jtd-21-1545/rc).

Methods

Study population and variables

We retrospectively analyzed patients who underwent segmentectomy between January 2010 and September 2019 at Gunma University. Multiple segmentectomy was defined as multiple segmental resections of different lobes in the same operation, in contrast to single segmentectomy which was defined as a single segmental resection of a single lobe. Patients who had additional wedge resection were also included in each group (i.e., single segmentectomy with wedge resection was classified into the single segmentectomy group; multiple segmentectomy with wedge resection into the multiple segmentectomy group). The number of cases in our institute during the study period determined the sample size. In effort to decrease bias, we included consecutive cases of the same period for both groups. We compared clinicopathological factors between patients who underwent single segmentectomy and multiple segmentectomy. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by Institutional Review Board of Gunma University Hospital (No. HS2019-279) and individual consent for this retrospective analysis was waived. Charts were reviewed for age, sex, comorbidities, past medical history, smoking history, respiratory function, computed tomography (CT) images, number of lung lesions, pathological diagnosis, and surgical outcomes. These surgical outcomes included surgical approach (thoracotomy or thoracoscopic), operative time, bleeding, duration of chest tube placement, postoperative hospital stay, complications, and 30- and 90-day mortality. Complications were subdivided and classified using the Clavien-Dindo classification. Major complications were defined as grade IIIa or greater complications (9,10). Pulmonary fistula was defined as air leak lasting for more than 7 days or requiring adhesion therapy. Late-onset pulmonary fistula was defined as re-emergence of an air leak that required re-drainage. Resected specimens were examined histopathologically, and lung cancer was classified according to the World Health Organization classification scheme.

Selection criteria for sublobar resection

Intentional sublobar resection was performed for patients considered to have non-invasive lung cancer, metastatic lung lesions, or lung lesions without a definite preoperative diagnosis. Non-invasive lung cancer was defined as a lung lesion ≤2.0 cm with a consolidation/tumor ratio of ≤0.5 (11). Compromised sublobar resection was performed for patients who could not undergo standard lobectomy because of limited cardiopulmonary reserve, as proposed by the Japanese Association for Chest Surgery guidelines (12). Segmentectomy or wedge resection was chosen depending on the location and radiologic features of the lung nodule, that is, segmentectomy was performed for non-palpable
nodules or for nodules located deep in the lung parenchyma or close to the hilum; wedge resection was performed for a palpable nodule for which sufficient surgical margin could be achieved.

**Surgical procedure of segmentectomy**

The basic technique for segmentectomy at our institute was previously described (1). Segmentectomy was planned according to the targeted segment. 3D-CT images, if available, were used for preoperative planning and intraoperative guidance (13). We used intersegmental veins to delineate the central part of the intersegmental plane. The peripheral part of the intersegmental plane was identified using the inflation-deflation line created by selective jet ventilation of the targeted segmental bronchus. After September 2018, we also used intravenous injection of indocyanine green after resection of the targeted pulmonary arteries to detect the intersegmental plane. The intersegmental plane was dissected by either electrocautery or stapling. Stapling was selected for patients with emphysematous lung or interstitial lung disease, or when the demarcation line of the intersegmental plane was unclear.

**Statistical analysis**

Summarized data are shown as median with interquartile range (IQR) for continuous variables, and as number and percentage for categorical variables. The Chi-square test was used to evaluate the relationship between categorical variables, whereas one-way analysis of variance, Kruskal-Wallis test, and Mann-Whitney test were used for continuous variables. All reported P values were two-sided, with significance set at <0.05. Statistical analysis was performed using SPSS version 24 (IBM, Armonk, NY, USA).

**Results**

**Patient and tumor characteristics**

A total of 334 patients and 335 segmentectomies were included (Figure 1). There were also 16 cases of multiple lobectomy + segmentectomy cases during the same period, which were initially excluded as lobectomy cases. Among the 335 cases of segmentectomies, there were 323 cases of single segmentectomies (96%) and 12 cases of multiple segmentectomies (4%). Of the 12 cases of multiple segmentectomy, one patient had undergone multiple segmentectomy on both sides. Patient characteristics was analyzed based on 11 patients and surgical characteristics were based on the 12 cases. The number of segmentectomy cases increased, especially during the latter part of the study period (Figure S1). Among single segmentectomies, 153 were typical segmentectomies (47%) and 170 were atypical segmentectomies (53%). As detailed in Tables 1,2, there were no significant differences in age, sex, chronic obstructive pulmonary disease (COPD), pulmonary function, smoking, and laterality. The only difference was
### Table 1  Patient characteristics

| Characteristics          | Single segmentectomy (n=323) | Multiple segmentectomy (n=11) | P value |
|--------------------------|-----------------------------|------------------------------|---------|
| Age                      |                             |                              | 0.409   |
| Median (IQR)             | 69 (62–75)                  | 73 (67–78)                   |         |
| Sex                      |                             |                              | 0.762   |
| Women                    | 142 (44%)                   | 4 (36%)                      |         |
| Men                      | 181 (56%)                   | 7 (67%)                      |         |
| Comorbidities            |                             |                              |         |
| COPD                     | 35 (11%)                    | 1 (9%)                       | 1.00    |
| Interstitial pneumonia   | 5 (1.5%)                    | 0 (0%)                       | 1.00    |
| Diabetes mellitus        | 48 (15%)                    | 3 (27%)                      | 0.384   |
| Cardiac disorder         | 6 (2%)                      | 0 (0%)                       | 1.00    |
| Renal dysfunction        | 5 (2%)                      | 1 (9%)                       | 0.183   |
| Pulmonary function       |                             |                              |         |
| FEV1.0 (L)               |                             |                              | 0.643   |
| Median (IQR)             | 2.32 (1.78–2.90)            | 2.27 (1.87–2.77)             |         |
| FEV1.0% (%)              |                             |                              | 0.779   |
| Median (IQR)             | 76.7 (70.8–82.5)            | 75.3 (69.4–84.7)             |         |
| Smoking                  |                             |                              | 0.219   |
| Yes                      | 185 (57%)                   | 4 (36%)                      |         |
| No                       | 138 (43%)                   | 7 (64%)                      |         |
| Brinkman index           |                             |                              | 0.744   |
| Median (IQR)             | 772.5 (380–1,080)           | 1,030 (200–1,575)            |         |

IQR, interquartile range; COPD, chronic obstructive pulmonary disease; FEV, forced expiratory volume.

### Table 2  Tumor characteristics

| Characteristics          | Single segmentectomy (n=323) | Multiple segmentectomy (n=12) | P value |
|--------------------------|-----------------------------|------------------------------|---------|
| Laterality               |                             |                              | 1.00    |
| Right                    | 133 (41%)                   | 5 (42%)                      |         |
| Left                     | 190 (59%)                   | 7 (58%)                      |         |
| Pathological diagnosis   |                             |                              | 0.017   |
| Lung cancer              | 198 (61%)                   | 3 (25%)                      |         |
| Metastatic lung tumor    | 101 (31%)                   | 9 (75%)                      |         |
| Non-malignant            | 23 (7%)                     | 0 (0%)                       |         |
| Others                   | 1 (0.3%)                    | 0 (0%)                       |         |
| Preoperative tumor diameter (mm) | 1.6 (1.2–2.2)             | 2.0 (1.1–3.3)                | 0.569   |

IQR, interquartile range.
the pathological diagnosis of tumors. About 60% of patients undergoing single segmentectomy had the diagnosis of lung cancer, whereas only 25% of patients in the multiple segmentectomy group had lung cancer but rather a high ratio of metastatic lung tumor.

**Surgical features of multiple segmentectomy**

Figure 2 and Table 3 show an overview of segments resected in the multiple segmentectomy group. Most patients in the multiple segmentectomy group were treated for multiple lesions (10/12 cases, 83%) and metastatic lung tumors (75%). However, two patients underwent multiple segmentectomy for resection of a single lesion invading the interlobar fissure (upper division + S6 segmentectomy).

Of the 201 cases of lung cancer, 66% (n=133) had lymph node evaluation of N1 station, 24% (n=49) had evaluation up to N2 station, and 10% (n=19) did not have lymph node evaluation.
node evaluation. The median number of dissected lymph nodes was 2 (IQR, 1–5) for the N1 station group, and 4 (IQR, 2–12) for the N2 station group. The most frequent type of multiple segmentectomies was a combination of atypical segmentectomies (n=5, 41%), followed by the combination of typical and atypical segmentectomies (n=4, 33%), and finally a combination of typical segmentectomies (n=3, 25%). Also, one patient underwent multiple atypical segmentectomies on both sides (right S4 + S6 segmentectomy and left S3 + S8 segmentectomy). A representative case of a recently performed multiple segmentectomy is shown in Figure 3 and Video 1.

**Surgical outcome and complications**

As shown in Table 4, patients in the multiple segmentectomy group, when compared to the single segmentectomy group, had a higher ratio of open approach (42% vs. 8%), longer operative time (300 vs. 210 min), and more blood loss (91 vs. 20 mL), as well as longer length of drainage (median: 4 vs. 2 days) and postoperative hospital stay (median: 9 vs. 6 days). There were 2 cases of conversion to thoracotomy in the single segmentectomy group (one due to bleeding and one for lymph node adhesion) and 1 case of conversion in the multiple segmentectomy group (due to severe adhesion). The conversion rate to thoracotomy was 0.7% (2 out of 299 cases) in the single segmentectomy group and 13% (1 out of 8 cases) in the multiple segmentectomy group. Postoperative complications are summarized in Tables 4, 5. There were no significant differences in terms of overall complications, major complications, and in 30- or 90-day mortality. We experienced 1 case of postoperative bleeding after left upper division + S6 segmentectomy, for which the patient was treated conservatively. There were 3 cases (0.9%) of re-operation for late-onset pulmonary fistula in the single segmentectomy group but no cases of re-operation.
in the multiple segmentectomy group. Also, no patient initially scheduled for multiple segmentectomy required intraoperative conversion to lobectomy due to oncological or surgical reasons, such as insufficient surgical margin or complications. We achieved complete resection for all cases in the multiple segmentectomy group, and there were 5 cases of incomplete resection in the single segmentectomy group (3 patients who underwent resection of lung cancer and 2 patients for resection of metastatic lung lesion).

## Discussion

In the present study, we clarified the clinicopathological features and surgical outcomes of patients who underwent multiple segmentectomy in comparison to single segmentectomy. The key findings are as follows. Firstly, although patients who underwent multiple segmentectomy had a higher rate of thoracotomy, longer operative time, more blood loss, and longer drainage and hospital stay, there were no significant differences in major complications and mortality. Secondly, multiple segmentectomy was frequently chosen for treatment of metastatic lung tumors, rather than lung cancer. Thirdly, the most frequent type of multiple segmentectomy was a combination of atypical segmentectomies of different lobes.

The trend in perioperative outcomes of multiple segmentectomies were partly similar to those of previously reported atypical or complex segmentectomies, that is, longer operative time but similar rates in overall complications or mortality compared to their counterpart. For example, in an analysis of 128 atypical segmentectomies, operative time was longer, but there was no difference in drainage duration, postoperative hospital stay, and postoperative complications compared to typical segmentectomies (4). Similarly, another study on 117 complex segmentectomies also reported longer operative

### Table 4 Perioperative characteristics

| Characteristics                  | Single segmentectomy (n=323) | Multiple segmentectomy (n=12) | P value |
|----------------------------------|------------------------------|------------------------------|---------|
| Approach                         |                              |                              | 0.002   |
| Thoracoscopic                    | 297 (92%)                    | 7 (58%)                      |         |
| Thoracotomy                      | 26 (8%)                      | 5 (42%)                      |         |
| Conversion cases                 | 2 (0.7%)                     | 1 (13%)                      |         |
| Operative outcomes               |                              |                              | <0.001  |
| Operative time (min)             |                              |                              |         |
| Median (IQR)                     | 210 (175–248)                | 300 (283–320)                |         |
| Blood loss (mL)                  |                              |                              | 0.007   |
| Median (IQR)                     | 20 (5–72)                    | 91 (54–204)                  |         |
| Postoperative outcomes           |                              |                              | <0.001  |
| Length of drainage (days)        |                              |                              |         |
| Median (IQR)                     | 2 (2–3)                      | 4 (3–6)                      |         |
| Length of stay (days)            |                              |                              | 0.024   |
| Median (IQR)                     | 6 (5–8)                      | 9 (7–9)                      |         |
| Mortality (30-day)               | 0 (0%)                       | 0 (0%)                       | NA      |
| Mortality (90-day)               | 1 (0.3%)                     | 0 (0%)                       | 1.00    |
| Complications                    |                              |                              |         |
| Overall                          | 69 (21%)                     | 3 (25%)                      | 0.726   |
| Major (> grade IIIa)             | 17 (5%)                      | 2 (17%)                      | 0.143   |

IQR, interquartile range; NA, not applicable.
time but no differences in 30-day mortality and overall complications compared to simple segmentectomies (5). Interestingly, some studies on complex or uncommon segmentectomies even showed no difference in operative time either. A study on 111 complex segmentectomies showed similar rates of 30-day mortality, morbidity, drainage length, and overall complications, but also no difference in operative time compared to simple segmentectomies (14). Furthermore, a study on 23 cases of uniportal uncommon segmentectomies also showed no differences in operation time, drainage length, hospitalization period, and postoperative complications compared with common segmentectomies (8). On the contrary, a post-hoc analysis of the segmentectomy arm in the JCOG0802/WJOG4607L study reported that complex segmentectomy was related to higher incidence of early postoperative complications (6). This randomized trial comparing segmentectomy and lobectomy included 300 cases of complex segmentectomies and 229 cases of simple segmentectomies. In our study, the higher blood loss, longer drainage period, and longer hospitalization in the multiple segmentectomy group might also be related to the higher rate of thoracotomy.

Regarding the surgical time, our results might be longer than other institutes for several reasons. Firstly, we use electrocautery for dissecting the intersegmental plane in about two-thirds of cases (one-third electrocautery alone, one-third electrocautery and stapler combined, and one third by stapler only, data not shown). This takes more time for both dissection and hemostasis. However, we believe that use of electrocautery is useful to achieve better expansion of the remaining lung. Secondly, we currently combine both selective jet ventilation and ICG injection to achieve better recognition of the intersegmental plane. This also takes more time for cannulation of the bronchus and marking of the lung surface.

Several limitations of this study should be considered. Firstly, this was a retrospective analysis with a small sample size for the multiple segmentectomy group with possible selection bias in surgical candidates and procedures. In effort to reduce bias, we included all consecutive cases of segmentectomy performed during the study period and compared multiple segmentectomy with single segmentectomy. More large-scale studies focusing on multiple segmentectomy are necessary to further clarify the features and feasibility of this procedure. Secondly, we analyzed only short-term outcomes; the long-term outcomes of multiple segmentectomy remains unclear. From a long-term oncological viewpoint, lung cancer cases lack data regarding proportion of ground-glass opacity in cases performed prior to the 8th TNM classification.

| Table 5 Details of complications |
|----------------------------------|
| Characteristics                  | Single segmentectomy (n=323) | Multiple segmentectomy (n=12) | P value |
| Pulmonary complications          |                             |                            |         |
| Pulmonary fistula                | 22 (7%)                     | 2 (17%)                    | 0.213   |
| Late-onset pulmonary fistula     | 17 (5%)                     | 0 (0%)                     | 1.000   |
| Pneumonia                        | 9 (2.8%)                    | 0 (0%)                     | 1.000   |
| Chylothorax                      | 0 (0%)                      | 0 (0%)                     | NA      |
| Empyema                          | 0 (0%)                      | 0 (0%)                     | NA      |
| Acute exacerbation of IP         | 0 (0%)                      | 0 (0%)                     | NA      |
| Other types of complications     |                             |                            |         |
| Brain infarction                 | 1 (0.3%)                    | 0 (0%)                     | 1.000   |
| Recurrent nerve paralysis        | 0 (0%)                      | 0 (0%)                     | NA      |
| Elevated liver enzymes           | 2 (0.6%)                    | 0 (0%)                     | 1.000   |
| Arrhythmia                       | 0 (0%)                      | 0 (0%)                     | NA      |
| Postoperative bleeding           | 0 (0%)                      | 1 (8%)                     | 0.036   |

IP, interstitial pneumonia; N/A, not applicable.
Conclusions

In conclusion, multiple segmentectomy is a procedure that allows for the resection of multiple tumors of different ipsilateral lobes or of a single tumor invading more than two lobes. As expected, multiple segmentectomy is a procedure with longer operative time and higher blood loss, and it is also associated with longer drainage periods and hospitalization. However, it is of note that the rates of major complications and mortality did not differ compared to those with single segmentectomies. So far, the literature on multiple segmentectomy is extremely scarce. We predict that in parallel with the great increase of patients undergoing segmentectomy the need for simultaneous segmentectomies will also grow in the near future. We conclude that multiple segmentectomy is a feasible lung-preserving procedure that will benefit adequately selected patients.

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