Accurate differentiation of *Escherichia coli* and *Shigella* serogroups: challenges and strategies

N. K. Devanga Ragupathi, D. P. Muthuirulandi Sethuvel, F. Y. Inbanathan and B. Veeraraghavan

Department of Clinical Microbiology, Christian Medical College, Vellore, India

**Abstract**

*Shigella* spp. and *Escherichia coli* are closely related; both belong to the family *Enterobacteriaceae*. Phenotypically, *Shigella* spp. and *E. coli* share many common characteristics, yet they have separate entities in epidemiology and clinical disease, which poses a diagnostic challenge. We collated information for the best possible approach to differentiate clinically relevant *E. coli* from *Shigella* spp. We found that a molecular approach is required for confirmation. High discriminatory potential is seen with whole genome sequencing analysed for k-mers and single nucleotide polymorphism. Among these, identification using single nucleotide polymorphism is easy to perform and analyse, and it thus appears more promising. Among the nonmolecular methods, matrix-assisted desorption ionization–time of flight mass spectrometry may be applicable when data analysis is assisted with advanced analytic tools.

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**Introduction**

Diarrhoeal disease is not uncommon in both developing and developed countries. *Shigella* spp. are among the most important enteric pathogens causing bacillary dysentery worldwide, mainly in humans. Differentiation of *Shigella* spp. from *Escherichia coli* is challenging because of their close genetic relatedness. Brenner et al. [1] determined that the nucleotide similarity between *Shigella* and *E. coli* was 80% to 90%, whereas other *Escherichia* species are genetically distant [2]. *Shigella*eae are phylogenetically *E. coli* that were later classified as separate species on the bases of biochemical characteristics and clinical relevance [3,4].

Biochemical characteristics and serotyping are usually used to identify the species. However, many isolates cannot be distinguished as either *E. coli* or *Shigella* spp. Molecular methods such as 16S rRNA gene sequencing and protein signature–based matrix-assisted laser desorption/ionization–time of flight mass spectrometry (MALDI-TOF MS) are unable to differentiate *Shigella* spp. from *E. coli* [4]. Further, *Shigella*-like strains of *E. coli* (enteroinvasive *E. coli*, EIEC) causing invasive dysenteric diarrhoeal illness make clinical and laboratory diagnoses difficult. In addition, the change in antimicrobial resistance patterns with the change in the serogroup/serotype further highlights the need for accurate identification of *Shigella* spp. so that appropriate antimicrobial therapy may be administered [5].

We attempted to accurately identify *E. coli* and *Shigella* spp., and trace the evolution of facts contributing to the masking of discrimination between *E. coli* and *Shigella* spp. We discuss the challenges and the possible methods to differentiate *E. coli* and *Shigella* spp. using protein signature and molecular tools.

**Evolution of Shigella Species**

At present, *Shigella* and *Escherichia* genera are considered to be unique genomospecies. Unlike *E. coli*, *Shigella* strains are nonmotile as a result of deletion in the *flf* operon (flagellar...
coding region) or an IS1 insertion mutation in the flhD operon. Also, Shigella does not ferment lactose, as S. flexneri [1,3] and S. boydii [2,4] do not contain any of the lac genes (lacY, lacA and lacZ) required for fermentation. S. dysenteriae 1 was known to have only lacY and lacA. S. sonnei has all three genes but is unable to ferment as a result of lack of permease activity. These observations are one such example for the multiple origins of the Shigella phenotype by convergent evolution [6].

Earlier reports suggested that the arrival of a virulence plasmid into an E. coli strain gave rise to a monophyletic group from which all Shigella and E. coli groups descended. This led to the occurrence of highly diversified and pathogenic virotypes, which includes EIEC, Shiga toxin–producing E. coli (STEC; includes enterohemorrhagic E. coli, EHEC), enteropathogenic E. coli (EPEC), enteroaggregative E. coli (EAEC) and entero-toxigenic E. coli (ETEC) [7]. Interestingly, commensal E. coli strains may not become pathogenic Shigella on acquiring a virulence plasmid, as it does not seem to transmit horizontally among E. coli and Shigella strains [7].

STEC that is able to cause haemorrhagic colitis and haemolytic uremic syndrome is referred to as EHEC. This causes pancolitis due to toxigenic noninvasive (EHEC) infection, whereas EIEC causes proctocolitis via a nontoxigenic invasive mechanism similar to Shigella [8]. EIEC serotypes have been suggested as being ancestral to the different Shigella serogroups contributing to these differences [9]. However, supporting evidence for evolution of STEC is not clear. Similarly, limited information is available on the origins of other virotypes of E. coli.

In the midst of changing evolution, there is a need for accurate identification of E. coli and Shigella spp. for appropriate clinical management and accurate epidemiologic data. The accuracy of identification using molecular methods (duplex real-time PCR, 16S rRNA, multisocus sequence typing (MLST) and whole genome sequencing (WGS)) and nonmolecular methods (matrix-assisted desorption ionization–time of flight mass spectrometry, MALDI-TOF MS) will be discussed.

Currently Used Molecular Methods for Differentiation of E. coli and Shigella spp.

Duplex real-time PCR

A duplex real-time PCR for differentiation of EIEC and Shigella spp. was reported by Pavlovic et al. [10]; this PCR amplified the genes encoding β-glucuronidase (uidA) and lactose permease (lacY). The gene uidA is common for E. coli and Shigella, while the latter (lacY) is present only in E. coli. Ninety-six isolates including 11 EIEC isolates of different serotypes and at least three representatives of each Shigella species were identified correctly. Likewise, Lobersli et al. [11] established a duplex real-time PCR (ipol and lacY) to differentiate EIEC and Shigella spp., where lacY is specific to E. coli. This PCR target differentiated Shigella spp. and EIEC O121 and O124 groups, but not EIEC O164 group.

16S rRNA gene sequencing to differentiate E. coli from Shigella spp.

Molecular identification using 16S rRNA sequencing could not distinguish atypical E. coli and Shigella spp. [12,13]. The 16S rRNA sequence similarities between various pathogenic strains of E. coli, EPEC (KR476716), EHEC (CP018252), STEC (CP015229), EIEC (AB604198), E. coli ATCC 25922 (KC429776), S. boydii (JQ073777), S. sonnei (HQ591457), S. flexneri (NR026331), S. flexneri 2a (CP012137), S. flexneri 5a (NZCM001474) and S. dysenteriae (NR026332) were calculated using the available reference 16S rRNA sequences from the National Center for Biotechnology Information (NCBI) database (Table 1).

The differentiation of E. coli and Shigella spp. could not be achieved using 16S rRNA gene sequences as a result of the narrow (<1%) divergence between EHEC, EIEC and Shigella spp. Jenkins et al. [14] concur with this finding; their 16S rRNA gene comparison could not distinguish between E. coli and Shigella spp. as a result of >99% sequence identity. We

| E. coli ATCC 25922 | EPEC | EHEC | STEC | EIEC | S. dysenteriae | S. flexneri 2a | S. flexneri 5a | S. flexneri | S. boydii | S. sonnei |
|-------------------|------|------|------|------|----------------|----------------|----------------|-------------|------------|-----------|
| E. coli ATCC 25922 | 100  |      |      |      |                |                |                |             |            |           |
| EPEC              | 98.89| 100  |      |      |                |                |                |             |            |           |
| EHEC              | 99.04| 98.89| 100  |      |                |                |                |             |            |           |
| STEC              | 98.97| 98.55| 99.42| 100  |                |                |                |             |            |           |
| EIEC              | 99.63| 98   | 98.41| 98.47| 100            |                |                |             |            |           |
| S. dysenteriae    | 98.97| 98.2 | 98.92| 98.99| 98.72          | 100             |                |             |            |           |
| S. flexneri 2a    | 99.63| 98.06| 98.91| 98.97| 99.53          | 98.86           | 100             |             |            |           |
| S. flexneri 5a    | 99.63| 98   | 98.84| 99.03| 99.07          | 98.92           | 99.55           | 100         |            |           |
| S. flexneri       | 99.78| 98.2 | 98.99| 99.13| 99.6           | 99.13           | 99.73           | 99.8        | 100        |           |
| S. boydii         | 99.56| 98   | 98.8 | 98.87| 99.66          | 98.79           | 99.93           | 99.47       | 99.66      | 100       |
| S. sonnei         | 99.56| 97.93| 98.78| 98.97| 99.88          | 98.66           | 99.49           | 99.68       | 99.73      | 99.9      |

EHEC, enterohaemorrhagic E. coli; EIEC, enteroinvasive E. coli; EPEC, enteropathogenic E. coli; STEC, Shiga toxin–producing E. coli.
therefore deem this approach to be unacceptable to differentiate certain inter- and intraspecies identity.

**Exploration of MLST for differentiation of E. coli and Shigella spp.**

The Pasteur and Warwick MLST databases use highly conserved housekeeping genes that are the same for both *E. coli* and *Shigella* spp. Hence, sequence types are assigned irrespective of *E. coli* and *Shigella* spp. A study by Li et al. [15] involving MLST for clinical *S. flexneri* isolates found that different serotypes (1–5, X and Y) were clustered together in a group, while a single serotype formed a distinct group. Li et al. reported the inability of MLST method to differentiate the evolutionary relationship between virotypes of *E. coli* and *Shigella* spp. However, there have been reports focusing directly on sequence data from the housekeeping genes rather than the allelic profile for clonal diversification. The discrimination based on difference in one MLST housekeeping gene sequence from the founder genotype is termed single-locus variants, and diversification of two housekeeping genes is defined as double-locus variants (DLVs) [16–19]. Until now, these variants were used to categorize clonal complexes to relate the phylogeny. Taking a cue from this knowledge, we made an attempt to use the direct sequence data of housekeeping genes to differentiate *E. coli* from *Shigella* spp.

Interestingly, we could identify the variations among *Shigella* spp. and *E. coli* virotypes beyond their sequence types utilizing the DLV approach (Fig. 1). Accurate identification was achieved using *rpoB* and *mdh* genes. *rpoB*, a protein-encoding housekeeping gene, has several potential advantages over other molecular methods. The *rpoB* gene occurs as a single copy in all prokaryotes, it functions as a housekeeping gene, it is less susceptible to some lateral gene transfer and its genetic divergence provides enhanced resolution for species identification. 16S rRNA gene copy number, however, varies among species and shows heterogeneity among intragenomic gene copies. *rpoB* is therefore the better marker to distinguish interspecies relationships between and within *E. coli* and *Shigella* spp. than 16S rRNA sequences [20]. Similarly, housekeeping gene maltate–lactate dehydrogenase (*mdh*) was reported to provide good subtype discrimination between various subspecies [21], which reveals the evolutionary histories of *Salmonella* and *E. coli* chromosomes.

**WGS for differentiation of *E. coli* and *Shigella* spp.**

Differentiation of species based on WGS can be attained by two methods, k-mers and whole genome single nucleotide polymorphism (SNP). Chattaway et al. utilized k-mers (substrings of k nucleotides in DNA sequence data) to predict the species based on the number of co-occurring k-mers in two bacterial genomes as a measure of evolutionary relatedness. This accurately identified the strains to the species level [22–24]. Among 1297 isolates, 18 were misidentified by conventional biochemicals and serotyping. Of these, 15 were intragenomic misidentifications and three were intergenomic misidentifications. These 18 isolates were then correctly identified by the k-mer approach. The phylogenetic relation of the clonal complexes derived from MLST and a minimum spanning tree confirmed that the k-mer method was accurate in discriminating *Shigella* spp. from *E. coli*.

Recently the use of whole genome SNPs for drawing phylogenetic relationships has been gaining attention. Pettengill et al. [25] reported the ability of SNPs to accurately identify EIEC and *Shigella* spp. from WGS data. This method used 404

FIG. 1. Genotypic diversification of various *Escherichia coli* and *Shigella* spp. based on highly conserved housekeeping genes *mdh* (A) and *rpoB* (B). EHEC, EIEC, EPEC, STEC and ATCC 25922 *E. coli* form *E. coli* group; *S. dysenteriae*, *S. flexneri* 2a, *S. flexneri* 5a, *S. flexneri*, *S. boydii* and *S. sonnei* from *Shigella* group were used to construct double-locus variant–based phylogeny. EHEC, enterohaemorrhagic *E. coli*; EIEC, enteroinvasive *E. coli*; EPEC, enteropathogenic *E. coli*; STEC, Shiga toxin–producing *E. coli*.
SNP markers for differentiating Shigella and EIEC lineages. Further, Ashton et al. [26] proved classification of Shigella serotypes using SNPs with their evolutionary phylogenetic relationships. This seems to be an easier and more promising approach.

**Identification based on ribosomal protein signature**

MALDI-TOF MS is used for early species-level identification. However, the power of discrimination is still considered to be low for *Shigella* spp. [27]. In 2013, Khot and Fisher [4] reported that conventional MALDI-TOF MS failed to distinguish *Shigella* spp. from *E. coli*. However, they reported that MALDI-TOF MS with an automated data analysis approach could distinguish inactive and other non-lactose-fermenting *E. coli* from *Shigella* species [4]. This special approach included the use of ClinPro software’s database and analysis tool functions like data preparation, model generation and spectra classification. Classification of unknown spectra for identification was achieved by using the ‘Classify’ function in ClinProTools, in which, if two or more of three spectra per isolate were assigned to the same class, the identification was accepted [16].

Table 2 compares the ability of each molecular method to differentiate *E. coli* and *Shigella* serogroups.

**Conclusion**

Among the molecular methods, we deem 16S rRNA to be unacceptable, while duplex real-time PCR and DLV using sequence data of the conserved housekeeping genes *rpoB* and *mdh* may be used. A high discriminatory potential is evident with WGS that analyses k-mers and SNPs. Among these two WGS modalities, identification using SNPs is easy to perform and analyse, and we think it is more promising. Among the nonmolecular methods, MALDI-TOF MS may be applicable when data analysis is assisted with advanced analytic tools.

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**Conflict of Interest**

None declared.

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