INTRODUCTION

Wetlands constitute around 6% of the total land on earth and harbor many biodiversity. They are also important for the world as they act as a carbon sink which absorbs the carbon content from the atmosphere (Meng et al., 2016) [3]. Amongst the many wetlands in Bhutan, the Gangtey-Phobjikha wetland is one of the most diverse wetlands which harbor as many as 300 threatened and vulnerable species including the black-necked crane (Grus nigricollis). (Ramsar.org, 2012) [5]. Wetlands also have the ability to retain the optimum parameters like water and soil to a certain extent (Zedler, et al 2005) [9]. However, threats and risks are usually imposed on the wetlands by varying factors. The changes in the wetlands are often attributed to climatic conditions but human intervention and developmental activities have also contributed to the degrading ecosystem of the wetland and its organisms (Lhendup, P and Webb, E.L., 2011) [2]. Thus, it becomes essential to conduct more research on the root causes and current situation of any degradation in the plant diversity. This study, thus was carried out to identify the various plant species in two areas; human settlement areas with prevalence of houses, roads and agriculture farms and the undisturbed core area where human disturbance is comparatively less. The primary objective of the study is to analyse the human settlement impact on the plant diversity in the conservation site of the wetlands of Phobji and Gangtey. The research thus, specifically aims to assess and compare the plant diversity in areas in human settled area and undisturbed core wetland area. The research also aims to compare and analyse the soil and water parameters between the human settled areas and comparatively undisturbed core wetland area.

METHODOLOGY

Study Site

The wetlands in Gangtey-Phobji is one of the largest wetlands in the country and also the wintering grounds for one of the migratory black necked crane which has been listed as vulnerable by the International Union for the Conservation of Nature (IUCN). This wetland was also identified as wetland of...
international importance listed under RAMSAR convention. The study site covered an approximate distance of 1000 meters along the Gangtey and Phobji wetlands. Phobji and Gangtey fall in the category of cool temperate zone. Lying at an elevation of 2900 meters above the sea level, the average temperature, recorded for 10 years till 2017 was found to be 8.2 degree Celsius and the average maximum temperature was recorded to be 14.7 degree Celsius. The average lowest temperature recorded was 0.2 degree Celsius (Climate book of Bhutan, 2018) [1]. The average maximum rainfall, for the past twenty years till 2015, was recorded in July.

Vegetation Survey

For the purpose of vegetation survey, the study site was classified as ‘human settled area’ and ‘undisturbed core area’, whereby the human settled area consisted of built infrastructures like houses, farmlands, roads and, the undisturbed area covered the core reserved area which serves as the main roosting area of the black necked crane. Survey and sampling was done in ten plots of which, the two classified areas comprised of five plots each. The vegetation survey was done in accordance to the standard procedures followed by Wangda et al., (2006) [7]. A ground layer level of vegetation survey was conducted. A belt transect system was exercised while surveying the vegetation of the plot which was divided into 10 quadrats (1 x 1 m) to ensure maximum identification of species. In each of the quadrat, all identifiable plant species was listed with the help of the two plant experts and flora books of Bhutan. The height (cm) of the tallest plant belonging to each species was measured till the top of the foliage and also estimated for the percent coverage in each quadrat. As for the unidentifiable plants, a herbarium was prepared for further identification at the National Biodiversity Center, Thimphu, Bhutan. Plant diversity was calculated using the Shannon Weiner Index (1) and the dominant analysis was conducted using formula (2) from (Ohsawa, 1984) [4].

$$H' = \sum_{i=1}^{n} -\left( P_i \times \ln P_i \right) \quad P_i = \frac{n_i}{N} \quad (1)$$

where, $H'$ = Shannon Weiner index
$n_i$ = Num of $i$ = Number of individuals of species
$N$ = Total number of individuals of all species,
$P_i$ = Relative abundance of species
$S'$ = Total number of species

$$d = \frac{1}{N} \left( \sum \left( x_i - \bar{x} \right)^2 + \sum x_i^2 \right)$$

$$i \in T \quad j \in U \quad (2)$$

Where $\bar{x}$ = the actual percent share (relative basal area) of the top species ($T$). In a one dominated model, there is only one ‘$T$’ and in a two dominated model, ‘$T$’ is two and so on.

$\chi$ = the ideal percent share
$\chi$ = the percent share of the remaining species ($U$)
$N$ = Total number of species

Soil and Water Parameter

A total of ten soil and water samples, five each from human settled area and undisturbed core area was collected and taken for analysis in the lab. For soil, parameters like pH, NPK content, total nitrogen and carbon were tested. For water, parameters like pH. Electric conductivity, Calcium (mg/l) and magnesium (mg/l) were tested. All the tests followed the protocol of SPAL (Soil and plant analytical lab) in Simtokha, Bhutan.

RESULTS

Floristic Composition in Human Settled Area and Undisturbed Core Area

A total 136 species under 39 families was found in the ground level vegetation analysis. In the human settled area, 79 species were found belonging to 16 families whereas in the undisturbed area, 106 species were found belonging to 35 families. These counts showed that more number of species belonged to the comparatively less disturbed core wetland area.

Plant Diversity and Richness

The results from the Shannon Weiner’s diversity index showed a high diversity index in HS4 of the human settlement area with an index of 3.12 (Figure 1). This plot was located below the roadside which could be a reason for growth of invasive or alien plants, ultimately leading to the increased diversity. In a similar study, Zangmo (2014) [8] also found that diversity along the roadside had the highest diversity index. Overall, average diversity index of the undisturbed area was 2.54 whereas the average diversity index of the human settled areas was 2.46. Although the overall diversity index of the undisturbed area was a bit higher than the human settled area, there was only a slight difference in the indices. (Figure 1)

In terms of species richness, the highest richness was recorded in UD1 of the undisturbed area with 55 species identified. Overall, the species richness was found to be higher in the undisturbed area corresponding to the diversity index. Even in the case of the plot with the high diversity index, the species richness was comparatively higher than the rest of the plots in human settlement areas (Figure 1).

Dominant Analysis

Dominant Analysis found a total of 13 species in the undisturbed areas whereas in the human settled area, there were a total of 19 dominant species (Table 1). Among the ten plots, the highest number of dominant species was found in human settled area. In the human settled area, the common dominant species was Trifolium repens. Studies have shown that Trifolium repens was introduced in Bhutan in order to use as a fodder for the livestock but now, it has spread to a lot of places which is negatively influencing the native plants (Roder, 2007) [6]. This might be the reason why Trifolium repens was found as one of the dominant species in human settlement area. In terms of the
The soil of the study area did not reveal much of a difference in the chemical parameters. In terms of total nitrogen, the undisturbed area had a percentage of 2.04% as compared to the human settlement area with a percentage of 1.52%. Similarly, in terms of carbon content, undisturbed area showed 11.83% as compared to human settlement area with over 9.62%. The average pH was found to be 5.43 in human settled area and 5.38 in undisturbed area. Even in terms of available phosphorus and potassium, the variations was very little. Phosphorus content was 1.76 and 0.70 (mg/kg) in undisturbed area and human settled area respectively. In terms of potassium, the tests recorded 68.93 and 79.32 (mg/kg) in undisturbed and human settled areas respectively.

The result showed that the water sample analysis like electric conductivity, pH, calcium and magnesium, did not show much of a difference in the study areas. The study showed a constant direct electric conductivity (EC) of 0.10. However, the average pH was recorded 6.39 in human settled area followed by 6.20 in the undisturbed area indicating a slightly acidic water in Gangtey and Phobji. The Magnesium content showed a similar value (1.5-1.6 mg/l) in the study area. However, the calcium content of 21.31 mg/l in the human settled area is found relatively higher than the undisturbed area with only 14.75 mg/l. This can indicate that calcium is retained in the water, from the fertilizers applied in agriculture field.

CONCLUSION AND RECOMMENDATIONS

The wetlands of Phobji and Gangtey is undeniably homing a lot of diverse plant species. However, one of the major risks imposed on these diversity is human settlements. Over the years, Gangtey and Phobji has seen a rise in population and with that, a lot of other accommodations and infrastructures has started to rise in number as well. The effect of these interventions are starting to show in the plant diversity as seen in the result and discussion section. The diversity pattern showed slight variations, especially in terms of species richness.

The wetland in Phobji and Gangtey were mostly dominated by plant species such as Trifolium repens, Anaphalis nepalensis, Primula denticulata, Eleocharis congesta and Rumex nepalensis. Some of these species are alien and invasive in nature which increases the risk it poses on the overall plant diversity. In terms of soil parameters and water parameters, the variations in the

Table 1: Dominant species in undisturbed and human settlement area

| Species             | Undisturbed area | Human settlement area |
|---------------------|------------------|-----------------------|
|                     | UD1 UD2 UD3 UD4 UD5 | HS1 HS2 HS3 HS4 HS5 |
| Trifolium repens    | 9.87             | 30.81                 |
| Primula denticulata | 26.5             | 32.15                 |
| Rumex nepalensis    | 8.37             | 6.14                  |

Figure 1: Species richness and Shannon Weiner index of the study area
parameters tested were not drastic. Only some parameter like potassium content in soil and calcium content in water had a huge variation. Overall, currently, the soil and water parameters indicated that there is only a little negative impact of human settlement on soil and water in the wetlands. However, the slight variations also indicate the starting trend of these negative issues. Thus, a strict policy needs to be made in order to reduce the impact of these human settlement. Proper waste management system needs to be introduced in the area. Additionally, frequent research and monitoring needs to be done in order to closely monitor the situation of plant diversity and other variables in the wetlands. More detailed study needs to be done in soil and water parameters in order to find any traces of eutrophication. The findings from this study can be used as a baseline for future studies in order to find any sort of significant changes in the variables of the ecosystem.

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