Role and mechanism of ferroptosis in neurological diseases

Mengmeng Ou¹, Ying Jiang¹, Yingying Ji, Qin Zhou, Zhiqiang Du, Haozhao Zhu¹, Zhenhe Zhou¹⁺⁺

ABSTRACT

Background: Ferroptosis, as a new form of cell death, is different from other cell deaths such as autophagy or senescence. Ferroptosis involves in the pathophysiological progress of several diseases, including cancers, cardiovascular diseases, nervous system diseases, and kidney damage. Since oxidative stress and iron deposition are the broad pathological features of neurological diseases, the role of ferroptosis in neurological diseases has been widely explored.

Scope of review: Ferroptosis is mainly characterized by changes in iron homeostasis, iron-dependent lipid peroxidation, and glutamate toxicity accumulation, of which can be specifically reversed by ferroptosis inducers or inhibitors. The ferroptosis is mainly regulated by the metabolism of iron, lipids and amino acids through System Xc⁻, voltage-dependent anion channels, p53, p62-Keap1-Nrf2, mevalonate and other pathways. This review also focus on the regulatory pathways of ferroptosis and its research progress in neurological diseases.

Major conclusions: The current researches of ferroptosis in neurological diseases mostly focus on the key pathways of ferroptosis. At the same time, ferroptosis was found playing a bidirectional regulation role in neurological diseases. Therefore, the specific regulatory mechanisms of ferroptosis in neurological diseases still need to be further explored to provide new perspectives for the application of ferroptosis in the treatment of neurological diseases.

Keywords Ferroptosis; Oxidative stress; Iron homeostasis; Neurological diseases; Cell death

1. INTRODUCTION

As one of the most important essential trace elements in the human body, iron is widely involved in a variety of metabolic processes. Ferroptosis was first proposed by Dixon et al. [1] as a unique iron-dependent form of cell death triggered by the erastin, which could not be blocked by specific inhibitors of apoptosis, autophagy, and other cell deaths [2]. However, it could be inhibited by specific inhibitors and lipophilic antioxidants, such as ferritin and iron chelator [3]. Ferroptosis is mainly caused by the imbalance between the production and degradation of lipid reactive oxygen species (ROS). In the process of iron-containing mitochondrial oxyphosphorylation, the oxidative stress caused by exceeded ROS will directly or indirectly damage macromolecular substances [4]. In morphology, ferroptosis is mainly manifested as cell membrane breakage and blistering, mitochondrial volume reduction, increased membrane density, decreased or even disappeared mitochondria cristae, other than the morphological characteristics of apoptosis, such as cell shrinkage, chromatin condensation, skeleton disintegration and formation of apoptosis body [5]. Ferroptosis is not sensitive to the inhibitors of apoptosis, pyrolysis, and autophagy, but is sensitive against the iron chelators and antioxidants. As the central link of ferroptosis, the accumulation of iron and ROS could reduce the uptake of cystine, consume glutathione (GSH) and release arachidonic acid to inhibit the activity of cysteine/glutamate antiporter system (System Xc⁻) and glutathione peroxidase 4 (GPX4) [3]. Besides, a variety of abnormal expression of genes could be observed, especially those related to iron metabolism, such as transferrin receptor (TFRC), divalent metal transporter 1 (divalent metal transporter 1, DMT1), ferritin heavy chain 1 (FTH1), nuclear receptor coactivator 4 (NCOA4), etc. [6]. This manuscript intends to systematically review the regulation and related pathways of ferroptosis, and mainly focus on its progress in neurological diseases, with the perspective of providing new insight of ferroptosis in neurological diseases.

2. MAIN CHARACTERISTICS OF FERROPTOSIS

2.1. Changes in iron homeostasis

The iron homeostasis has been proven as a key factor of ferroptosis [7,8]. Excess Fe²⁺ will lead to the overproduction of ROS through the fenton reaction [9]. The iron bind to the transferrin in the form of Fe³⁺ to transfer into the cell through TFRC [10], which will be reduced to Fe²⁺ by the STEAP3 in endosomes (six-transmembrane epithelial antigen of prostate 3) [11]. The reduced Fe²⁺ will react with ferritins...
rich in light or heavy chain [12,13], which will be transferred out of the cell by ferroportin (Fpn) [14]. In the duodenum, the basolateral ferrous oxidase (hephaestin, HEPH) or ceruloplasmin (CP) can act synergistically with transferrin to transfer Fe\(^{2+}\) out of the cell and transform the Fe\(^{2+}\) to Fe\(^{3+}\) to form the circulation [15]. Besides, The ApoTf and TFRC will be recycled back to the cell membrane to re-recognize the free iron and transferrin complexes [16,17].

At the transcription level, the expression level of hepcidin is closely related to the iron content, erythropoietin and cell environment. The binding of hepcidin to Fpn after translation will cause the degradation of Fpn to inhibit the output of iron [18]. In addition to transcriptional regulation, iron homeostasis can also be regulated at the translation level. Iron regulatory protein 2 (IRP2), an RNA binding protein, controls the translation of a group of mRNAs involved in iron homeostasis. In the untranslated regions (UTRs) of genes encoding a variety of iron regulatory molecules (including DMT1 and TFR1), the IRP1 and IRP2 bind to the iron response elements (IREs). In an iron-deficient state, the combination of IRP2 and IREs can maximize intracellular iron levels. When the iron content increases, the extracellular iron regulatory pathway (IRE/IRP system) will be activated to weaken the iron overload state [19–21]. Cooperman et al. [22] found that IRP2 expression could reduce iron absorption by reducing TFR expression, and increase free iron storage by inducing ferritin expression (Figure 1).

ZRT/IRT-like proteins (ZIP) 8/14 is essential for prion protein to reduce non-transferrin-bound iron and mediate the uptake of non-transferrin-bound iron [23,24]. In acidic endosomes, the STEAP family reductase can convert Fe\(^{3+}\) (released by transferrin) to Fe\(^{2+}\), which will be transported to the cytoplasm through DMT1. On the contrary, extracellular iron can be converted into Fe\(^{3+}\) through STEAP family reductase and enter the cell directly through ZIP14 transporter, which leads to the instability of the iron pool [25]. Poly-(rC)-binding protein (PCBP) and nuclear receptor co-activator 4 (NCOA4) are also responsible for the release of ferritin-bound iron. PCBP1 and PCBP2, as cytoplasmic iron partners, are responsible for the transportation of iron to ferritin for metabolism, storage, and transportation [26,27]. NCOA4 could mediate autophagy of ferritin, which is responsible for the delivery of ferritin to lysosomes [28,29].

Iron could be stored in mitochondria by ferritin, and the recombinant ferritin mitochondrial (FtMt) can significantly regulate the metabolism of cellular iron [30]. The ferroptosis model of drosophila cells induced by erastin was established to reveal that the protection of FtMt in ferroptosis is mainly rely on the inhibition of voltage-dependent anion channels 2 and 3 (VDAC2/3) and NOX2. Activation of NOX2, the main NADPH oxidase isomer produced by ROS, could significantly promote pathological oxidative stress in the central nervous system [31]. Ferritinophagy refers to the autophagy degradation process of ferritin and is closely related to ferroptosis [32,33]. Salinomycin can accumulate and sequester iron in the lysosome to trigger ferritinophagy, leading to excessive accumulation of iron and ferroptosis [34]. Inhibitors of lysosomal such as BaF A1 and Pep A-Me can inhibit the ferroptosis by attenuating ferritinophagy [35,36]. NCOA4 also participates in ferroptosis by regulating ferritinophagy [37]. Knockdown of NCOA4 can inhibit ferritinophagy, which in turn inhibits ferroptosis induced by erastin [38].

\[ \text{FtMt could regulate the content of Fe}^{2+} \text{ and ROS through VDAC2/3 and NOX2.} \]
formation of free radicals in the cytoplasm or generate ROS through fenton reaction to participate in ferroptosis [7].

Superoxide radical (O$_2^-$) is the initial active species produced in the redox reaction. The radical SOD can neutralize the O$_2^-$, then the product hydrogen peroxide can be metabolized by catalase into a non-toxic product, or combined with glutathione. Similarly, the ubiquitous thioredoxin system also plays an important role in maintaining the redox state of cells. Thioredoxin is a small protein with two adjacent cysteine residues that can undergo reversible oxidation to form disulfide bonds. The thioredoxin system can protect cells from oxidative stress with enough NADPH. However, when O$_2^-$ is not neutralized, it can form more active species, such as nitric oxide (NO) and chlorine (Cl$^-$), and cause further oxidative damage [39].

However, in the presence of Fe$^{2+}$, hydrogen peroxide can generate hydroxyl radicals (OH$^-$) through the fenton reaction, thereby promoting the oxidation of polyunsaturated fatty acid (PUFAs) on the cell membrane, resulting in the accumulation of deadly lipid peroxides and other hydroperoxides. PUFAs, as substrates of lipoxygenase, can be oxidized into lipid hydroperoxide, which in turn generates multiple aldehydes including 4-hydroxynonenal (4-HNE). PUFAs can be repaired by GPX4 through two GSH molecules as electron donors to reduce lipid hydroperoxide to protect the membrane function (Figure 2). Oxidation of PUFAs and free radical-mediated damage will eventually fragment PUFAs to various products, leading to the destruction of cell membrane [40–42]. Nevertheless, the precise mechanism through which lipid peroxidation leads to ferroptosis remains unclear. The accumulation of PL-OOH is proven as an important feature of ferroptosis, which mainly depends on the content of highly oxidized PUFAs that are esterified to phospholipids. Therefore, the molecular pathways responsible for the free diffusion of fatty acid transposase, fatty acid transporter or AA/AdA as well as activation and esterification into phospholipids will affect the sensitivity of cell membranes to phospholipid peroxidation [43,44].

Eran et al. [45] found that acyl-CoA synthetase long-chain family member 4 (ACSL4) and lysophosphatidylcholine Acyltransferase 3 (LPCAT3) were the key mediator of fatty acid metabolism and lipid remodeling in ferroptosis. ACSL4 incorporates PUFAs into the membrane, and LPCAT3 inserts the acyl group into the lysophospholipid to promotes ferroptosis. The fragmentation of PUFAs and membrane lipid damage may be sufficient to irreversibly permeate the plasma membrane. In addition, activated lipid intermediates produced by oxidation of PUFAs could promote cell death by covalently modifying and inactivating basic intracellular proteins.

2.3. Accumulation of glutamate toxicity

Under oxidative conditions, the uptake of cystine through the System Xc$^-$ will be combined with the release of glutamate [46,47]. High concentrations of glutamate may cause excitotoxicity both in vitro and in vivo, which plays key role in several neurodegenerative diseases, including amyotrophic lateral sclerosis, Alzheimer’s disease and Huntington’s disease. The interaction of several different activating factors leads to the “glutamatergic” excitatory input on neurons, resulting in ferroptosis [48]. Therefore, intervention of glutamate

![Figure 2: Regulation of lipid peroxidation in ferroptosis. In the presence of Fe$^{2+}$, hydrogen peroxide can generate hydroxyl radicals (OH$^-$) through the fenton reaction, thereby promoting the oxidation of PUFAs on the cell membrane. ACSL4 incorporates PUFAs into the membrane as PUFA-CoA, and LPCAT3 inserts the acyl group into the lysophospholipid as PUFA-PE, of which will lead to the accumulation of PE-PUFA-OOH and in turn generate multiple aldehydes including 4-HNE. PE-PUFA-OOH can be repaired by GPX4 to reduce lipid hydroperoxide to protect the membrane function, and FIN56 can reverse the process through inhibiting GPX4.

Figure 2: Regulation of lipid peroxidation in ferroptosis. In the presence of Fe$^{2+}$, hydrogen peroxide can generate hydroxyl radicals (OH$^-$) through the fenton reaction, thereby promoting the oxidation of PUFAs on the cell membrane. ACSL4 incorporates PUFAs into the membrane as PUFA-CoA, and LPCAT3 inserts the acyl group into the lysophospholipid as PUFA-PE, of which will lead to the accumulation of PE-PUFA-OOH and in turn generate multiple aldehydes including 4-HNE. PE-PUFA-OOH can be repaired by GPX4 to reduce lipid hydroperoxide to protect the membrane function, and FIN56 can reverse the process through inhibiting GPX4.
metabolism relating to ferroptosis has the potential in improving the progression of neurological diseases [49,50].

3. MOLECULAR MECHANISMS OF FERROPTOSIS

3.1. System Xc-/cysteine/GSH

The System Xc is a heterodimeric amino acid transporter composed of two subunits, recombinant solute carrier family 7 member 11 (SLC7A11) and recombinant solute carrier family 3 member 2 (SLC3A2). Under oxidative conditions, System Xc extracellular uptake of cystine to release glutamate, which is considered to be the most upstream event in the ferroptosis. Once cystine enters the cell, it is reduced to cysteine by GSH or thioredoxin reductase (TXNRD1). Cysteine is mainly applied for the synthesis of GSH, which is gradually produced by cysteine synthase (γ-GCS) and glutathione synthase (GSS) [51]. The GSH molecules of GPX4 are considered as electron donors to reduce phospholipid hydrogen peroxide (PL-OOH) to the corresponding alcohol. NADPH can also reduce GSSG (oxidized GSH) to GSH by glutathione reductase. GSH biosynthesis is critical to the functional activity of GPX4. GSH depletion induces GPX4 inactivation, which will increase intracellular lipid peroxidation and lead to ferroptosis (Figure 3) [52,53].

3.2. VDACs

VDACs contains 18 exons and 17 introns, including multiple subtypes such as VDAC1, VDAC2, and VDAC3. VDACs are a kind of porins widely present in eukaryotes, mainly located in the outer mitochondrial membrane, and participate in the transmission of substances and energy inside and outside the mitochondria and the process of programmed cell death mediated by mitochondria [54]. Yagoda et al. [55] found that VDAC2 and VDAC3 were the targets of ferroptosis inducer erastin on the mitochondria. Knockout of VDAC2/3 could lead to the decrease of the sensitivity of tumor cells against erastin. The interaction of erastin with VDACs can cause mitochondrial dysfunction and increase the production of ROS, leading to the ferroptosis.

3.3. p53 pathway

p53 is an important anti-cancer gene, which slows down or monitors cell division under normal conditions. Wild-type p53 can repair gene

Figure 3: The regulation mechanisms of System Xc- and p53 pathway in ferroptosis. The System Xc-is a heterodimeric amino acid transporter composed of two subunits (SLC7A11and SLC3A2). Under oxidative conditions, System Xc-extracellular uptake of cystine to release glutamate. The cellular cystine will be reduced to cysteine by GSH or TXNRD1. Cysteine is gradually produced by γ-GCS and GSS. The GSH molecules of GPX4 act as electron donors to reduce phospholipid hydrogen peroxide (PL-OOH) to the corresponding alcohol. NADPH can also reduce GSSG (oxidized GSH) to GSH by glutathione reductase. Up-regulating the p53 gene can reduce the mRNA and protein expression levels of SLC7A11. Several p53 target genes have been found with the ability of promoting cell ferroptosis, such as glutaminase 2 (GLS2), prostaglandin endoperoxide synthase 2 (PTGS2), spermidine/spermine N1-acetyltransferase 1 (SAT1) and so on. GLS2 can catalyze the hydrolysis of glutamine to glutamate and reduce the antioxidant capacity by reducing GSH levels to increase the sensitivity against ferroptosis. Activated p53 can directly bind to the GLS2 promoter region to promote the transcription of GLS2. The increase of PTGS2 expression is dependent on p53. SAT1 can promote the expression of arachidonic acid 15-LOX, resulting in lipid ROS.
defects and induce apoptosis to exert the tumor suppressor effect. Deletion of p53 gene involves in the occurrence of several tumors. The mutant p53 loses its regulatory effect on cell growth, apoptosis and DNA repair due to changes in its spatial conformation, and the p53 gene will be transformed from a tumor suppressor gene to an oncogene. Jiang et al. [58,59] first linked p53 to ferroptosis. They found that up-regulating the p53 gene in tumor cells can significantly reduce the mRNA and protein expression levels of SLC7A11, confirming SLC7A11 as the target of p53. They further constructed acetylation-deficient p533KR mutant cells, which lack the classic functions of inducing cell cycle arrest and apoptosis, but retain the ability of p53 to inhibit SLC7A11 transcription. When the ferroptosis inducer erastin was used to treat p533KR mutant and p53-deficient cells, it was found that the p533KR mutant cell death rate was greater than 90%, while the p53-deficient cell death rate was less than 10%. When SLC7A11 was overexpressed in p533KR mutant cells, it could significantly inhibit erastin-induced cell death. All above indicated that p53 can inhibit the expression of SLC7A11 through transcription to inhibit the uptake of cystine of System Xc, resulting in the decrease of the synthesis of GSH and the activity of GSH-dependent GPX4, as well as the reduction of cellular antioxidant capacity and accumulation of lipid peroxides.

In addition to SLC7A11, several p53 target genes have been found with the ability of promoting cell ferroptosis, such as GLS2, PTGS2, SAT1 and so on. GLS2 can catalyze the hydrolysis of glutamine to glutamate and the ability of promoting cell ferroptosis, such as GLS2, PTGS2, SAT1 and others. PTGS2 is a key enzyme in the biosynthesis of prostaglandins, which increases the sensitivity of cells against ferroptosis by regulating membrane phospholipids. Yang et al. [59] discovered that the expression of PTGS2 was up-regulated during ferroptosis, and the increase of PTGS2 expression was dependent on p53. SAT1, a direct target gene of p53, can promote the expression of arachidonic acid 15-lipoxygenase-1 (HO-1) and ferritin heavy chain 1 (FTH1) to participate in the antioxidant effect of ferroptosis.

3.4. p62-Keap1-Nrf2

Nuclear factor-erythroid 2-related factor 2 (Nrf2), a key regulator of the antioxidant response, will be ubiquitination degraded in the proteasome to maintain the inactive state by binding to Keap1. Under oxidative stress conditions, Nrf2 will be released from the conjugate with Keap1 and translocate to the nucleus. The Nrf2 heterodimer binds to the small Maf nucleoprotein and the antioxidant response element to activate cytoprotective genes to resist toxic damage. When exposed to erastin, p62 protein competitively binds to Keap1, and Nrf2 will be released to enhance the subsequent increase of Nrf2 into the nucleus, thereby activating quinone oxidoreductase 1 (NOQ1), heme oxygenase-1 (HO-1) and ferritin heavy chain 1 (FTH1) to participate in iron metabolism and lipid peroxidation [63,64]. Knocking out p62, NOQ1, HO-1, and FTH1 could promote the occurrence of ferroptosis in liver cancer [63], which demonstrated that the p62-Keap1-Nrf2 antioxidant signaling pathway is involved in the regulation of ferroptosis in liver cancer. Interestingly, other studies have shown that the Nrf2/keap1 pathway can promote the expression of System Xc− under oxidative stress, and SLC7A11 serves as the transcription target of Nrf2, which indicated that the SLC7A11 gene may be involved in the protection of Nrf2-mediated ferroptosis (Figure 4) [65]. SLC7A11 knockout mice was also established to prove that the expression of SLC7A11 can be regulated through ROS-Nrf2-ARE pathway [66]. Nrf2 acts as a key switch for cells to adapt and survive under oxidative stress. In folic acid–induced acute kidney injury mice, Nrf2 exerted its renal protective effect by inhibiting ferroptosis through regulating the downstream gene GPX4. The up-regulation of GPX4 in Nrf2−/− animals could cope with oxidative stress [67]. Nrf2 also participate in the pentose phosphate pathway to produce NADPH, which in turn affect the function of GSH and ferroptosis [68].

3.5. Mevalonate pathway

GPX4 has a selenocysteine activation site (Sec). Selenium can regulate ferroptosis by regulating the abundance and activity of GPX4. Inhibitors of the mevalonate pathway, such as statins, have been proven to interfere with the biosynthesis of Sec and GPX4 to inhibit ferroptosis, which indicated that the mevalonate pathway is involved in the regulation of ferroptosis [58]. FIN56 is a new type of ferroptosis-inducing factor, which could mediate ferroptosis through the mevalonate pathway. FIN56 reduces the enrichment of GPX4 and activates the downstream target protein squalene synthase (SQS) to induce ferroptosis. SQS is a squalene molecule connected by two famesyl pyrophosphate (FPP) molecules, while FPPs can reverse the cytotoxicity induced by FIN56 [69,70].

3.6. The transulfuration pathway

In addition to the extracellular uptake of cysteine, methionine can also act as a sulfur donor in mammalian cells to synthesize nascent cysteine from the homocysteine and cystathionine through the transulfuration pathway. While the uptake mechanism is inhibited, the transulfuration pathway is critical to cell survival. The transulfuration pathway has been proven involving in ferroptosis. The loss of cysteinyl-tRNA synthetase (CARS) activates the transulfuration pathway to induce the accumulation of cystathionine and upregulation of genes related to serine biosynthesis and transsulfuration, thereby inhibiting ferroptosis caused by cystine deprivation [71]. Telorack M et al. [72] further confirmed that the thioredoxin reductase system is involved in the antioxidant effect of ferroptosis.

3.7. FSP1

FSP1, formerly known as apoptosis-inducing factor mitochondrial-associated protein 2 (AIF-M2), is a pro-apoptotic gene. Bersuker et al. [73] performed genome-wide screening through CRISPR/Cas9 and found that when the FSP1 protein was knocked out, the ferroptosis induced by the GPX4 inhibitor RSL3 was greatly increased, proving that FSP1 can resist the occurrence of cell ferroptosis. In addition, by measuring FSP1 gene expression and drug resistance in more than 800 tumor cell lines, the authors found that the higher the FSP1 expression, the stronger the ferroptosis resistance existed. Doll et al. [74] found that GPX4 and FSP1 proteins overexpressed in ferroptosis-resistant cells, supplementing FSP1 after GPX4 deficiency can significantly inhibit the ferroptosis, which confirmed that FSP1 is a brand new ferroptosis inhibitor. FSP1, a NADH-dependent CoQ
oxidoreductase, can convert CoQ into lipophilic antioxidants RTA and idebenone. Further mechanism study revealed that FSP1 inhibited lipid oxidation and ferroptosis through its CoQ oxidoreductase activity (Figure 4). Therefore, FSP1 is a glutathione-independent ferroptosis inhibitor, which participates in the inhibition of cell ferroptosis in a parallel manner with the GPX4 protein.

4. FERROPTOSIS IN NEUROLOGICAL DISEASES

4.1. Acute central nervous system injury

4.1.1. Ischemic stroke

Stroke includes hemorrhagic stroke and ischemic stroke, both have been found in association with ferroptosis. Tuo et al. [75] found that ferroptosis was involved in ischemia-reperfusion injury. The 3-month-old tau knockout mice could resist ischemia-reperfusion injury since no iron deposition in the brain. The protective effects will be lost at the older mice due to the increased iron deposition. The ferroptosis inhibitors liproxstatin-1 and Fer-1 could recover the protective effects at the tau knockout mice, which indicated that tau-mediated iron transfer can inhibit the role of ferroptosis in acute cerebral infarction. Iron deposition occurs in the basal ganglia, thalamus, periventricular, and subcortical white matter areas during the brain injury caused by severe ischemia [76]. In mouse models of ischemic stroke, the GSH content and GPX4 activity decreased in the neuronal cell, and lipid peroxide production increased [77], indicating that ferroptosis is the main form of neuronal death after ischemic stroke. Subsequently, the regulatory mechanism related to ferroptosis in ischemic stroke was further revealed. Lu et al. [78] found that IncRNA PVT1 regulates ferroptosis through miR-214-mediated TFR1 and TPS3 expression in acute ischemic stroke. Chen et al. [79] found that MCAO modeling reduces ferritin expression, and overexpression of ferritin can regulate p53/SLC7A11-mediated ferroptosis to improve the learning and memory function of MCAO model, and reduce tau hyperphosphorylation, neuronal death and oxidative stress. Besides, inhibiting ferroptosis has been proven as a promising therapeutic approach against ischemic stroke. The ferroptosis inhibitors liproxstatin-1 and Fer-1 could prevent ischemia–reperfusion injury of mice [75]. Compounds disrupting the NCOA4-FTH1 interaction blocked ferroptosis to ameliorates the ischemic-refusion injury [80]. Compound 2-(1-(4-(4-methylpiperazin-1-yl)phenyl)ethyl)-10H-phenothiazine (51) could prevent ferroptosis of the erastin-induced HT1080 cell and the MCAO ischemic stroke model [81].

4.1.2. Spontaneous intracerebral hemorrhage

Spontaneous intracerebral hemorrhage (ICH) has high mortality and high morbidity, the accumulated blood compresses the surrounding brain tissue, leading to the tissue damage and neuronal death [82,83]. Evidence from preclinical and clinical studies indicated that released toxins may exacerbate ICH [84]. Hemoglobin (Hb), the most abundant protein, will be released from lysed red blood cells after ICH, which could be taken into microglia and metabolized to ferrous/ferric iron, thereby inducing lethal ROS [85]. The iron released by Hb is transported from microglia, but instead of stimulating the production of ROS in the cell, it forms highly toxic hydroxyl free radicals to attack DNA, protein and lipid membrane to destroy cell functions and neuronal death [86,87].

Many forms of cell death have been identified for ICH, including apoptosis [88–90], necrosis [91,92], and autophagy [93,94]. Hb, heme and iron play an important role in the production of ROS and lipid...
4.1.4. Traumatic brain injury
Ferroptosis is also associated with traumatic brain injury (TBI). In the rat cortex-impact model of TBI, elevated levels of oxidized PE lipids can be detected 1 h after injury, which is consistent with the loss of GPX4 function [116]. In the mouse cortex-impact model of TBI, the reduction of iron-positive cells can be observed at and near the injury site [117]. In addition, treatment with Fer-1 found that cell death and related behavioral changes were reduced. It has been revealed that the way of cell death in brain injury is related to the type of stress it endures [91]. Cerebral ventricular injection of Fer-1 could reduce the neuronal degeneration induced by ferroptosis to improve the motor and cognitive function [117]. Melatonin was also found as the ferroptosis inhibitor, which inhibit neuronal Ftn-mediated ferroptosis of TBI [118]. Although, the mechanism of ferroptosis in TBI need to be further explored, anti-ferroptosis provides a potential therapeutic target for TBI.

4.1.5. Spinal cord injury
Spinal cord injury (SCI) is a serious clinical traumatic disease, iron overload, ROS production, lipid peroxidation, and glutamate accumulation have been discovered during SCI, and both of those are the features of ferroptosis [119–121]. Chen et al. found that conditional ablation of GPX4 can induce degeneration and paralysis of motor neurons in model mice, while vitamin E can delay the above process, suggesting that the ferroptosis can aggravate the progress of SCI [122]. Yao et al. found that defer- oxamine can significantly improve the morphology of mitochondria in SCI rats, increase the expression of GPX4, xCT and glutathione, and increase the expression levels of ferroptosis-related genes acyl-CoA synthase family member 2 (ACSF2) and IREB2 to increase the survival rate of neurons and inhibit glial hyperplasia [123]. The ferroptosis inhibitor SRS16-86 also played a similar role in SCI [124]. Zhang et al. found that at the cellular level (primary neurons and SH-SY5Y cells), deferoxamine can also protect primary cortical neurons from ferroptosis induced by erastin [125].

4.2. Ferroptosis in neurodegenerative diseases

4.2.1. Alzheimer’s disease
Alzheimer’s disease (AD) is currently considered to be a complex neurodegenerative disease. The most typical histopathological features of AD are the deposition of extracellular amyloid protein (Aβ) and the formation of senile plaques (SPs), and intracellular neurofibrillary tangles (NETs) formed by hyperphosphorylated tau protein. Disorders of iron homeostasis and reduced endogenous antioxidant systems (including GPX) are closely related to the pathology of AD. Brain iron levels are positively correlated with AD progression and cognitive decline [126,127]. MRI scan of patients with AD showed that areas of the brain affected by AD, such as the severely damaged hippocampus, have elevated iron content [128]. Patients with mild cognitive impairment showed higher cortical iron with high Aβ plaque load, which increased the risk of AD [129–131]. Studies have proven that the imbalance of brain iron homeostasis is closely related to Aβ plaques and NETs. Aβ precursor protein (APP) is a type 1 transmembrane glycoprotein. APP mRNA encodes IREs in the 5’-untranslated region (5’-UTR mRNA), which is closely related to the iron content [132]. The increased concentration of iron could up-regulate the translation of APP by virtue of the mRNA IRE in the 5’-UT to increase the amount of APP protein and Aβ [133–135]. In addition, iron also directly binds to His6, His13, His14 and amino acid residues in β to enhance the neurotoxicity of Aβ [136,137]. Under physiological conditions, tau acts
as the microtubule-associated protein to support the microtubule structure of neurons to protect the axon transport, protein transport and cognitive functions [138,139]. However, hyperphosphorylation of tau protein aggregates into NFTs, which is the main pathological feature of AD. It is generally believed that brain iron homeostasis is closely related to the formation of NFTs and the progression of tau-mediated neurodegeneration. Iron can not only regulate the phosphorylation of tau protein, but also induce the aggregation of hyperphosphorylated tau protein [140,141]. Indeed, iron deposition and NFTs colocalize in specific areas of the brain associated with the progression of neurodegeneration [142]. Under normal physiological conditions, tau protein can transport iron to the cell surface by transporting APP [143], and the hyperphosphorylation and aggregation of tau protein disrupt the surface transport of APP, resulting in the accumulation of toxic neuronal iron and aggravation of NFTs to form the vicious circle [144]. Due to the high demand for dynamic energy metabolism and the low antioxidant defense, the brain is more susceptible to oxidative damage than other tissues [145]. The progressive loss of neurons is the direct cause of the clinical symptoms associated with AD, and oxidative stress is an important pathological mechanism of AD [146,147]. Iron is an essential cofactor for metabolic reactions, but iron can also generate ROS in the same microenvironment and cause oxidative stress. Iron-induced oxidative stress directly leads to damaging DNA, lipid and protein damage, resulting in cell death [135]. The lipid peroxidation and abnormal iron dynamics and accumulation in AD are the two basic conditions of ferroptosis [148].

GPX4, a unique anti-peroxidase, inhibits lipid peroxidation by directly reducing membrane lipid hydroperoxide to lipid alcohol [149], which acts as the central regulator of ferroptosis [150]. Studies have shown that lipid peroxidation and reduction in glutathione levels are the features of ferroptosis, as well as AD. The expression of GSH in the hippocampus and frontal cortex has the potential to become predictive biomarkers of AD and MCI [151]. Ablation of GPX4 can induce ferroptosis of spinal cord motor neurons, leading to the rapid occurrence and development of paralysis and death of adult mice. Further studies have shown that in the process of hippocampal neurodegeneration, ferroptosis triggers neuronal death in the hippocampus through the ablation of forebrain neuron GPX4, which is directly related to cognitive dysfunction. In vivo experiments have found that GPX4-deficient mice can show obvious cognitive impairment and hippocampal neuronal degeneration. The administration of vitamin E or ferroptosis inhibitor lipoxostatin-1 can significantly improve the degree of neurodegeneration. The characteristics of ferroptosis (abnormal iron regulation, lipid peroxidation, glutathione metabolism disorder, inflammation) are considered to be important preclinical signs of AD and cognitive impairment [152,153], and targeted ferroptosis therapy may lead to further excitotoxicity and energy deficiency [154]. In addition, alpha-lipoic acid (LA) can prevent tau-induced iron overload, lipid peroxidation and inflammation, which are all related to ferroptosis [155]. Iron not only aggravates the polymerization of toxic Aβ and hyperphosphorylated tau, but also directly leads to neuronal oxidative damage [156]. Considering the particularity and importance of iron in ferroptosis and the pathological mechanism of AD, ferroptosis may provide new insights into the molecular pathophysiology of the disease [157,158].

4.2.2. Parkinson’s disease
Parkinson’s disease (PD) is the second most common neurodegenerative disease of the nervous system. The main pathological feature of PD is the degeneration of dopaminergic neurons in the substantia nigra compacta area (SNpc) with rich iron [159], which is the important participant in tyrosine hydroxylase-dependent dopamine synthesis and other dopamine metabolism processes [160,161]. The GSH depletion, lipid peroxidation, and elevated levels of ROS are the common features of PD and ferroptosis [162–164]. In the main event of PD [165], the iron chelator DFP can reduce oxidative stress and increase dopamine activity to improve the existing motor nerve symptoms and reduce the deterioration of motor function, resulting in the neuroprotective effect in the early stage of PD [160]. The MPP³-induced SH-SY5Y (often used Parkinson’s disease model) cell line is not programmed cell death, but has some similarities with ferroptosis, involving in lipid peroxidation and suppressed by DIM and fer-1. Iron chelating agents not only inhibit ferroptosis, but also protect dopamine neurons from cell death [159]. In addition, GSH in the MPTP mouse model was reduced [166], and GSH depletion enhanced the MPP³ toxicity of substantia nigra dopaminergic neurons [167]. These studies indicate that ferroptosis is related to the degeneration of dopamine neurons in PD. Therefore, inhibiting the ferroptosis of dopamine neurons may become one of the strategies for the treatment of PD.

Ferroptosis is also involved in the PC12 cell line, which could be developed as PD model. The increased production of lipid ROS, the decreased ratio of GSH/GSSG, and the decreased expression of GPX4 were found at t-BHP-induced PC12 cells, which could be reversed by Fer-1, DFO and FAC, indicating that t-BHP-induced cell death was iron-dependent [168]. In the synucleinopathy model of PD, the incorporation of excessive α-synuclein oligomers into the membrane induced abnormal calcium signaling to further induce lipid peroxidation. Inhibition of lipid peroxidation could eliminate the above effects and prevent oligomer-induced neuronal toxicity, further confirming the role of ferroptosis in PD [169]. Ferroptosis was also observed in 6-hydroxydopamine (6-OHDA)-induced PD models (zebrafish and SH-SY5Y cells). The activation of p62-Keap1-Nrf2 pathway can prevent 6-OHDA-induced ferroptosis [170]. Tian et al. found that the expression of FTH1 in PD rats induced by 6-OHDA was significantly down-regulated to regulate ferritinophagy, microtubule-associated protein light chain 3 and NCOA4. While ferritinophagy inhibitors could inhibit the degradation of ferritin and ferroptosis induced by 6-OHDA [171]. When FAC was used to simulate the iron overload during PD progression, it was found that low concentrations of FAC could induce ferroptosis, and as the concentration increased, the main cell death mode tended to apoptosis, and ferroptosis inhibitors could rescue the above process rely on regulating the p53 signaling pathway, while the apoptosis inhibitor does not have the above functions [172].

4.2.3. Huntington’s disease
The key trigger and pathological feature of huntington’s disease (HD) is mutant Htt (mHtt). The N-terminus of mHtt is truncated and can be cleaved to generate monomers or small oligomeric fragments with abnormal conformations (such as β-sheet structures). These toxic fragments in the cytoplasm may damage the system that processes normal proteins in neurons, such as proteasomes, chaperones, and neuronal autophagy. Toxic macromolecules entering the nucleus of neurons can also interfere with the transcription of antioxidant genes [173]. Therefore, both cytoplasmic and nuclear localized toxic fragments can cause mitochondrial abnormalities, such as the decrease of ATP and the increase of ROS [174]. Although the pathological mechanism of HD is complicated, oxidative stress is the initial factor of its pathogenesis [175]. In transgenic HD mouse models and patients, no nucleus or cytoplasmic vesicles, apoptotic bodies, or DNA fragmentation could be observed, and indicating that new type of cell death is involved [176]. High levels of lipid peroxidation are the main feature of HD [177]. In the R6/2 HD mouse model, the increased lipid
peroxidation co-existed with mHtt inclusion bodies in striatal neurons [178]. Similarly, the increased lipid peroxidation can be detected in the cortical oral brain slices of the mN90Q73 HD mouse model [179], as well as the cerebrospinal fluid of HD [180]. The inhibition of lipid peroxidation by Fer-1 can significantly improve the neuropathology of the R6/2 HD mouse model. Low glutathione level is another characteristic of HD [181]. The plasma GSH content and GPX4 protein activity of HD patients are significantly lower than that at healthy people [141]. Kumar et al. consistently revealed that the reduction of GSH and GSH-Stransferase was detected in the striatum, cortex and hippocampus of HD mice induced by 3-nitropropionic acid (3-NP) [182], which could be reversed by supplementation of cysteine and cysteamine [183]. Excessive accumulation of iron is the main cause of neuronal hypoxic stress and another important triggering factor in HD [184]. Excessive iron deposition in the occipital cortex, globus pallidus, and putamen could be observed through MRI [185]. Quantitative susceptibility maps showed that the iron content increased in the putamen, core and globus pallidus [186]. Correspondingly, the content of ferritin iron in the striatum is also significantly increased [187], as well as iron-related proteins. In the R6/2 HD mouse model, the increase of ferritin in the striatum and cortex of HD, the decrease of IRP and TFR, and the increase of Fpn can be detected [188,189], as well as the changed expression of Fe–S enzymes in the HD striatum [190]. Iron supplementation further reduced the size of the striatum and worsened neurodegeneration in HD mice [191]. In contrast, intraventricular injection of iron chelator (DFO) improved the pathology and motor phenotype of the striatum in R6/2 HD mice [178]. The administration of ferroptosis inhibitor Fer-1 and iron chelator can significantly reduce the death of nerve cells in the isolated brain slices of HD rats [179]. Above, the correlation between ferroptosis and HD could be conducted.

4.2.4. Amyotrophic lateral sclerosis

Abnormal accumulation of iron could be found in spinal nerve cells of Amyotrophic lateral sclerosis (ALS) patients [192]. In addition, it was also found that the production of lipid peroxidation increased in ALS patients, which led to the excessive consumption of GSH and aggravated degeneration of motor neurons [193]. A large-scale phase III clinical trial (Mitotarget/TRO19622) studied that the levels of ferroptosis-related markers (4-HNE and FT, etc.) in ALS were related to clinical trial (Mitotarget/TRO19622) study found that the levels of ferroptosis-related markers (4-HNE and FT, etc.) in ALS were related to the correlation between ferroptosis and HD could be conducted.

4.2.5. Friedreich ataxia

Friedreich ataxia (FRDA) is caused by decreased expression and function loss of frataxin in spinal cord neurons. Frataxin is mainly located in mitochondria and participates in the synthesis of iron-sulfur clusters and hemoglobin. As an important iron-binding protein in mitochondria, frataxin participates in iron storage and transportation. Due to the dynamic mutation of the frataxin gene, the iron will be abnormally deposited with increased oxidative stress and ROS, and ultimately lead to the neuronal degeneration and necrosis [196]. DFO could induce the increase of iron content and ROS level in FRDA cell model [197,198], suggesting that ferroptosis may have a certain correlation with FRDA. FRDA cells are more sensitive to the ferroptosis inducer erastin. FAC and BSO can cause the decrease of glutathione-dependent peroxidase activity and increase of lipid peroxidase, while ferroptosis inhibitors can reverse the above process and cell death due to the knockdown of frataxin [199]. Knockdown of frataxin can enhance the cell ferroptosis by accelerating the accumulation of free iron and lipid peroxidation, while overexpression of frataxin can protect cells from ferroptosis [200]. In addition, Nrf2 is a key factor regulating ferroptosis in FRDA [201].

4.3. Ferroptosis in brain cancers

Ferroptosis is also involved in the occurrence of brain cancers. As the key factor in the metabolism of glutamate, cystine and glutathione, the glutamate exchanger xCT (SLC7a11) is closely related to the progression of brain cancers. Inhibition of xCT will destroy the neurodegeneration and microenvironmental toxicity of glioma [202,203]. The activating transcription factor-4 (ATF4) promotes the malignancy of primary brain cancers (grade III and IV gliomas) by shaping the vascular structure through transcription targeting System Xc−. The proliferation activity induced by ATF4 can be attenuated by System Xc− inhibitor, ferroptosis inducer (erastin) and GPX4 inhibitor (RSL3). siRNA-mediated knockout of ATF4 can also attenuate the malignant characteristics of gliomas. Therefore, not only ferroptosis is involved in the formation of brain cancers, but ATF4 has also become an effective target that affects tumor growth and vasculature function [204].

The Nrf2-Keap1 pathway, another key target of ferroptosis, was also found in the fourth ventricle of patients with glioma. Activation of Nrf2-Keap1 signal up-regulates System Xc− and enhances glutamate secretion to affect the tumor microenvironment, resist cell ferroptosis, and promote cell proliferation. Database analysis showed that Nrf2 was at relatively low levels in different brain regions. In primary brain cancers, the expression of Nrf2 was positively correlated with the malignancy and prognosis of the cancer. Compared with Nrf2 overexpressing cells, knockdown of Keap1 would increase the proliferation rate [205]. ACSL4 has also been found in gliomas. Overexpression of ACSL4 can reduce the expression of GPX4 and increase the levels of ferroptosis biomarkers (5-HETE, 12-HETE and 15-HETE), resulting in the increased LDH release and decreased cell viability [206]. Wang et al. found that Pseudolaric acid B triggers ferroptosis in glioma cells by activating NCOA4 to further inhibit the activity of the cystine/glutamate transporter on the cell membrane [207]. ATF4 reduced the sensitivity of glioblastoma to ferroptosis inducers by promoting the expression of cystine/glutamate transporter-related proteins. Silencing the expression of cystine/glutamate transporter related proteins in glioblastoma enhanced the sensitivity of glioma cells against temozolomide. The specific inducer of ferroptosis, erastin, inhibited the activity of the cystine/glutamate transporter, resulting in insufficient synthesis of reduced glutathione, thereby sensitizing the effect of temozolomide against glioma cells [204]. The necrosis of glioblastoma is also regulated by ferroptosis triggered by neutrophils. Neutrophils transferred granules containing myeloperoxidase to cancer cells and induced the iron-dependent accumulation of lipid peroxidation to form a positive feedback loop connecting ferroptosis and necrosis [208]. Dihydroartemisinin (DHA) can cause endoplasmic reticulum stress in glioma cells, up-regulating protein kinase R-like ER kinase (PERK) to activate ATF4 and induce HSPA5 expression, then the expression and activity of GPX4 were increased to neutralize the lipid peroxidation induced by DHA to protect the ferroptosis of glial cells [209]. Ametoflavone (AF) can trigger ferroptosis through triggering autophagy-dependent ferroptosis in glioma [210]. Ibutafenpro can down-regulate the expression of Nrf2, GPX4 and SLC7a11 in glioblastoma cells, and induce ferroptosis [211]. Gastrodin inhibits H2O2-induced ferroptosis through its antioxidative effect in glioma cells [212]. Disulfiram
4.4. Ferroptosis in other neurological diseases
Periventricular leukomalacia (PVL) is a kind of white matter brain damage, which is the basis of most neurological diseases encountered by many premature infants. Hypoxia during the perinatal period causes ischemia in the periventricular area of the child, resulting in the damage of neuron and oligodendrocytes (OLs), and the disorder of myelination. These features will cause the softening of the white matter around the ventricle, leading to bilateral spastic hemiplegia, quadriplegia, and intellectual disability [214]. At the cellular level, it is caused by the loss of oligodendrocytes. Analysis of patient samples showed that there are abundant lipid peroxidation products in the cerebrospinal fluid of children with white matter damage, such as 8-isoproterenol and malondialdehyde. The consumption of GSH in rat alcohol cultures can cause cell death. Combined Fer-1 or its analogues with vitamin E can reverse the process caused by GSH depletion, which provided the basis of the relationship between ferroptosis and PVL [205].

5. DISCUSSION AND CONCLUSION
With the deepening of research, ferroptosis has been found to play a key regulatory role in various diseases, which provides new ideas and treatment potential for related diseases. In addition, ferroptosis, as an independent cell death, has been found in a variety of diseases to promote the progress of the disease together with other types of cell death methods, which provides the possibility for the development of drug combination therapy in the future, as well as the novel treatment of such diseases. However, the current research on ferroptosis is still in the initial stage, and many obstructions remain to be resolved. For example, the underlying mechanism of the bidirectional regulation of p53 in ferroptosis is still unclear; the relationship between ferroptosis, apoptosis and autophagy need to be further explored. Iron has been proven as the key role of ferroptosis, which could catalyze lipid peroxidation through fenton reaction to mediate ferroptosis. However, other studies have also showed that other metal element, such as copper, can participate in the redox reaction and participate in ferroptosis. Therefore, are there other metal ions involved in regulating cell ferroptosis? Is iron necessary for ferroptosis, or can it be replaced by other elements? Currently known upstream genes involved in regulating iron metabolism, including FPN, TFR1 and DMT1, can affect the occurrence of ferroptosis, but what is the specific molecular mechanism downstream of iron metabolism? Ferroptosis is involved in the regulation of inflammatory response, but the specific mechanism of ferroptosis promoting inflammation is currently unclear. Besides, the specific biomarker for ferroptosis is urgent needed. In summary, as a new type of cell death, the in-depth research of ferroptosis will bring new directions for the treatment of neurological diseases. The regulatory mechanism of ferroptosis in neurological diseases and how to effectively regulate ferroptosis are urgently needed to be explored to provide the theoretical basis for the prevention and treatment of neurological diseases.

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Zhou. Z.H. conceived the study, Jiang. Y., Zhu. H.H., Ji. Y.Y., Zhou. Q., Ou. M.M., Du. Z. Q. performed literature searching and summary; Jiang. Y. and Zhu. H.H. wrote the manuscript; and Li. D. and Zhou. Z.H. edited the manuscript.

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CONFLICT OF INTEREST
The authors declare no conflict of interest.

ABBREVIATIONS

| ABBR | EXP | ABBR | EXP |
|------|-----|------|-----|
| 3-NP | 3-nitropropionic acid | 4-HNE | 4-hydroxynonenal |
| Aβ  | amyloid protein | ACSL4 | acyl-CoA synthetase long-chain family member 4 |
| AD   | alzheimer’s disease | AIF-M2 | apoptosis-inducing factor mitochondrial-associated protein 2 |
| ALS  | amyotrophic lateral sclerosis | ApoTf | apotransferrin |
| APP  | Aβ precursor protein | CARS | cysteinyI-tRNA synthetase |
| CP   | ceruloplasmin | DFO | deferoxamine |
| DMT1 | divalent metal transporter 1 | Fer-1 | ferrostatin-1 |
| FPP  | famesyl pyrophosphate | FRDA | friedreich ataxia |
| FTH1 | ferritin heavy chain 1 | FTL | ferritin light chain |
| FIMt | ferritin mitochondrial | Fpn | ferroportin |
| GCL  | glutamate cysteine ligase | γ-GCS | cysteine synthase |
| GLS2 | glutaminase 2 | GPX4 | glutathione peroxidase 4 |
| GSH  | glutathione | GSS | glutathione synthase |
| HD   | huntington’s disease |
HEPH  hephaestin
HO-1  heme oxygenase-1
IREs  iron response elements
IRP2  iron regulatory protein 2
LA  lipoic acid
LOX  lipoxigenase
LPCAT3  lysophosphatidylcholine acyltransferase 3
MCI  mild cognitive impairment
NCOR4  nuclear receptor coactivator 4
LOX  lipoxygenase
MTR  monooxygenase
MTRR  methionine synthase reductase
MTR  monooxygenase
NCOA4  nuclear receptor coactivator 4
NHEJ  non-homologous end joining
NTR2  nuclear factor-erythroid 2-related factor 2
NQO1  quinone oxidoreductase 1
NQO2  quinone oxidoreductase 2
OCT1  organic cation transporter 1
OCT2  organic cation transporter 2
PCBP  poly-(rC)-binding protein
PD  Parkinson’s disease
PTGS2  prostaglandin endoperoxide synthase 2
PFA  polyunsaturated fatty acid
PKC  protein kinase C
PLA2G4A  phospholipase A2, group IV A
PO  peroxisome
PR  prostate specific antigen
PTGS2  prostaglandin endoperoxide synthase 2
PSs  senile plaques
SADH  short-chain alcohol dehydrogenase
SGLT1  sodium-glucose cotransporter 1
SGLT2  sodium-glucose cotransporter 2
SOD  superoxide dismutase
SOS  squalene synthase
SQS  squalene synthase
TfR1  transferrin receptor 1
TfR2  transferrin receptor 2
TfRC  transferrin receptor
TBK1  TANK binding kinase 1
TBX23  T-box 23
TET1  ten-eleven translocation 1
TXNRD1  thioredoxin reductase 1
TXNIP  thioredoxin-interacting protein
UBR1  ubiquitin-conjugating enzyme E2 R1
VDAC  voltage-dependent anion channels
UTR  untranslated regions

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