Spurious transcription factor binding: Non-functional or genetically redundant?

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Transcription factor binding sites (TFBSs) on the DNA are generally accepted as the key nodes of gene control. However, the multitudes of TFBSs identified in genome-wide studies, some of them seemingly unconstrained in evolution, have prompted the view that in many cases TF binding may serve no biological function. Yet, insights from transcriptional biochemistry, population genetics and functional genomics suggest that rather than segregating into functional or non-functional, TFBS inputs to their target genes may be generally cumulative, with varying degrees of potency and redundancy. As TFBS redundancy can be diminished by mutations and environmental stress, some of the apparently spurious sites may turn out to be important for maintaining adequate transcriptional regulation under these conditions. This has significant implications for interpreting the phenotypic effects of TFBS mutations, particularly in the context of genome-wide association studies for complex traits.

Keywords:
- functional genomics; genetic redundancy; regulatory variation; transcription factors; transcriptional regulation

Introduction

Sequence-specific transcription factors (TFs) are key regulators of gene expression in time and space, and their binding sites on the DNA (transcription factor binding sites [TFBSs]) are classically thought to represent highly specific functional elements. As expected from this understanding, many TFBSs are evolutionary conserved and their perturbation in a number of well-studied cases leads to strong changes in transcriptional activity in reporter assays conducted in vitro and in transgenic models [1, 2]. Genome-wide analyses of transcription factor binding by chromatin immunoprecipitation (ChIP) have however challenged this paradigm, revealing that TFs bind thousands of genomic locations in the vicinity of both active and inactive regions [3, 4]. A number of weakly bound sites detected this way failed to drive transgenic reporter expression [5]. Evolutionary analyses of TFBS consensus sequences at in vivo-bound sites have delivered an additional surprise, demonstrating that in some cases they are no more evolutionary conserved than the flanking sequence, even at transcriptionally active regions [6–9]. Finally, some regions in the genome (termed high occupancy TF or HOT regions) have been found to co-recruit dozens of TFs without a strong sequence consensus for many of them [10–13]. These findings have brought into question the concept of a uniformly 'functional' transcription factor recruitment that occurs only when and where necessary, leading to the notion of 'non-functional' or 'spurious' binding [3, 14, 15].

It can be argued however that rather than segregating TF-binding events into ‘functional’ and ‘non-functional’, it may be more appropriate to view them on a continuum defined by the potency of their regulatory outputs and the extent to which these outputs are redundant. As will be discussed in this essay, this view is in agreement with the current understanding of the mechanics of transcriptional activation as well as with evidence from genomics and population genetics. In particular, it offers an explanation as to why TFBSs with very similar properties may appear to be either functional or non-functional in different contexts. It also
cautions that some apparently ‘useless’ TFBSs may become instrumental in conditions that affect the degree of genetic redundancy, such as mutations and environmental stress.

This essay will focus on transcriptional activation as one of the key functional outcomes of TF binding. It goes without saying that TFs also play other fundamental roles, such as facilitating gene repression, setting chromatin boundaries and maintaining ‘primed’ transcriptional states [16–18]. Although not considered here, it is likely that a similar reasoning can be applied for interpreting multiple TF binding events in these contexts.

**The many recipes for transcriptional activation**

In the classic scenario, transcriptional activation by TFs starts by their binding to their respective recognition sites on the DNA. The majority of sequence-specific TFs possess no enzymatic activity of their own and their main function likely lies in recruiting core co-factors, including, among others, histone modifying enzymes, chromatin remodelling factors and the mediator complex. These co-factors, in turn, ‘open’ and remodel the chromatin and promote the recruitment of RNA polymerase II along with the general TFs (TFIIA to TFIIH) that together form the pre-initiation complex [19, 20]. The polymerase then either proceeds to active elongation or remains in the paused (serine-5-phosphorylated) form; this transition is also regulated by sequence-specific TFs and the chromatin structure [21]. Additionally, if transcriptional activation is initiated at remote regulatory modules (enhancers), as it often is, particularly at developmental genes, another necessary step is the establishment of DNA looping interactions between these remote regions and their target promoters [22]. Mechanisms underlying the formation of looping interactions are not fully understood, but are known to involve sequence-specific TFs and structural proteins, such as CTCF and cohesin [23]. Evidence from in vivo imaging also suggests that looping interactions may be stabilised at specific nuclear foci, termed ‘transcription factories’ that are enriched for proteins involved in transcriptional initiation [24, 25].

Understanding the mechanics of transcriptional activation is complicated by the startling diversity of core co-factors involved in this process. For example, the human genome contains four families of ATP-dependent chromatin remodelling complexes, at least four families of histone acetyltransferases, and a multitude of histone modifying enzymes such as methyltransferases and ubiquitin ligases that selectively modify specific histone amino acid residues [26]. The early ‘deterministic’ models of transcriptional activation that postulated the existence of a well-orchestrated sequence of events involving ready-to-use core holoenzymes [27] made it difficult to accommodate this diversity of components. Indeed, deterministic models would presume the presence of a near-infinite number of highly specialised holoenzyme complexes, each of which is selectively required for the activation of specific subsets of genes under specific conditions. This deterministic view has however been challenged by studies that directly monitored the sequence of events underlying transcriptional activation in mammalian systems using techniques such as time-course immunoprecipitation [28] and fluorescent recovery after photobleaching (FRAP) [29, 30]. These analyses revealed that the well-defined deterministic stages of this process (such as chromatin remodelling, pre-initiation complex assembly, and transcriptional initiation) are likely to each comprise a series of transient ‘hit-and-run’ interactions of multiple proteins with each other and the DNA. The exact identity of these interactions and their order of action is flexible and to a degree stochastic [28–32] (Fig. 1).

One implication of this ‘probabilistic’ model of transcriptional initiation is that the scenarios of transcriptional activation are likely to be diverse and flexible even for a single gene and condition. Therefore, functionally TFs and co-factors may exhibit a partial redundancy even when their exact biochemical activities and ranges of interaction partners do not completely overlap [33–37]. Further, this model suggests that transcriptional activation does not have to originate from a single TFBS or even a single regulatory module containing multiple TFBSs. Rather, multiple regions (containing one or more TFBSs) can each supply activating
inputs to a gene’s promoter [38, 39]. It is indeed frequently observed that a gene is regulated by multiple enhancers, each of which is independently capable of inducing a similar spatiotemporal pattern of expression in transgenic reporter assays. Such enhancers are sometimes referred to as ‘shadow enhancers’ (particularly if they were identified in addition to an earlier-characterised enhancer for the same gene) [38, 40]. Which of the ‘shadow enhancers’ associates with a target promoter at a given point of time may be down to random chance – as suggested, for example by the diversity of DNA looping interactions observed across single cells [41]. Further, the fact that transcription likely occurs in discrete ‘bursts’ [42] makes it possible that even a seemingly continuous level of a gene’s expression may in fact correspond to a series of ‘bursts’ initiated from multiple regulatory regions.

In conclusion, evidence reviewed above suggests that scenarios leading to transcriptional activation are likely to be flexible and to a degree stochastic, allowing for gene activation to be triggered from multiple regulatory regions, each containing one or more TFBSs. This model of probabilistic events combining into deterministic outcomes [43, 44] is consistent with our current understanding of other biological processes such as DNA repair and lineage specification [45–47].

The output of TF binding as a ‘dose of activation’

The flexibility of scenarios leading to transcriptional activation and the possibility of transcriptional initiation from multiple TFBSs suggest that there may not be a qualitative distinction between a ‘functional’ and a ‘spurious’ TFBS. Instead, each TFBS can be principally capable of contributing a ‘dose’ of activating signal to one or more promoters in its local chromosomal environment. Promoters, in turn, will respond to the total ‘dose’ transmitted to them by multiple TFBSs, including those located directly at promoter regions and those capable of coming into proximity with promoters through DNA looping interactions. This model does not imply that the contribution of each TFBS is useful in every case. Rather, it provides a framework for considering when and when not TFBS inputs are likely to be biologically meaningful. It also suggests that the total dose of activation may represent an evolutionary trait, as will be discussed later in this section.

Doses large and small

TFBSs are known to have different binding affinities (or ‘strengths’) that are determined by factors such as the goodness-of-fit to the respective TFs’ idealised sequence binding motif and the local chromatin accessibility [48, 49]. Considering a thermodynamic equilibrium between the TF-bound and unbound states, affinity can be seen as the probability that a TFBS is occupied by a TF at a given point of time. It is therefore reasonable to assume that higher ‘doses of activation’ would be generated by TFBSs that are embedded into accessible chromatin and whose sequences match the consensus motif, while poorly accessible TFBSs or those that have a poorer match to the sequence consensus would generate weaker ‘doses’. There is evidence suggesting that the probabilities of TF occupancy are non-zero for nearly every TFBS (or, in other words, that nearly all TFBSs are bound at least very weakly) [3, 4, 15, 50], and it is clear that some of these binding events are weak enough to consider them negligible in nearly any situation. Yet, since the joint contribution of multiple ‘doses’ is likely to determine transcriptional outcomes, it may be difficult to infer functionality of a given TFBS in isolation from others. A more informed prediction could be obtained in considering the ‘dose of activation’ that a TFBS generates relative to the total ‘dose’ received by a gene of interest. This perspective is in line with the ‘thermodynamic’ models of gene regulation that combine multiple transcriptional regulatory events such as TF binding into a single probabilistic framework [51, 52].

‘Dose of activation’ as an evolutionary trait

Verifying the ‘dose of activation’ model explicitly is challenging in most real-life cases, because of the large number of required perturbations. However, insights into this are offered by studies that compare TF binding and gene expression across multiple individuals of the same population [53–55]. With individuals accumulating appreciable numbers of germline mutations in each generation (for humans, for example this number is estimated to be ~74 [56]), each individual genome can be considered as a natural ‘perturbation’. Using this approach it was found, for example that the fraction of TFBSs in a gene’s proximity that shows variable binding across individuals serves as a strong predictor of whether or not the target gene’s expression itself is also variable [55]. It can be argued that if TFBSs primarily segregated into ‘functional’ and ‘non-functional’, mutations at a subset of specific TFBSs, rather than the overall number of mutated TFBSs, would determine the effect on gene expression. Consistent with this, it has been recently demonstrated that the effects of TF knockdowns on their target genes’ expression also correlate with the number of binding sites for a given TF in a gene’s vicinity [57].

Evolutionary analyses looking at the conservation of TFBS sequences and binding events also provide support to the ‘dose of activation’ model. The assumption of the generally cumulative TFBS outputs implies that evolutionary selection would primarily act to preserve the total ‘dose of activation’ transmitted to a promoter, rather than the identity of each TFBS per se. Consistent with this, TFBSs often undergo a rapid turnover in evolution, disappearing and reappearing in proximity of their target genes [58–60]. Although gene expression patterns are often evolutionarily conserved, regulatory regions that control them often have low base-to-base evolutionary conservation [6, 61–63], and the divergence of TF binding events across species does not necessarily result in variation in their target gene expression [64].

An important corollary of these findings is that ‘base-by-base’ evolutionary conservation across species (which is a very useful proxy for functionality in the analyses of protein-coding regions) needs to be interpreted with caution in the
case of regulatory sequence. For example highly conserved regulatory modules such as fly even skipped enhancers may appear neutral in such analyses [6]. At the same time, the directly detectable sequence conservation of some other regulatory modules may in fact be a ‘side effect’ of an unrelated evolutionary process [65], such as the progressive loss of unconstrained sequences in between TFBSs [66].

Do ‘doses’ add up at multi-TF enhancers?

The flexibility of sequence constraints at regulatory regions co-occupied by multiple TFs raises the possibility that even at these loci the output of each TF can be largely cumulative rather than synergistic. It should be noted however that this view is at odds with the classic ‘enhanceosome’ model whereby TFs are co-recruited as tightly organised complexes by means of precisely positioned consensus sequences for each TF, as has been extensively demonstrated for the β-interferon enhancer region [67]. Yet, subsequent analyses on a broader range of regulatory modules have suggested that this model is unlikely to be universal [68, 69]. While the ‘enhanceosome’ may represent a type of enhancer organisation that is best suited for a rapid response to an environmental trigger such as viral infection, other regulatory regions seem to have a more flexible organisation. At these other regions, and particularly at developmental enhancers, different TFs may act seemingly independently as separate ‘symbols’ on a ‘billboard’ [68]. Consistent with this, studies using thermodynamic modelling to predict the output of multi-TF enhancers have shown only a modest impact of activator-activator cooperativity [70, 71]. Although functional synergy in TF output (e.g. the exclusive ability of two or more TFs, but not any one of them, to recruit a specific co-factor) may exist at other regions, these results suggest that TF colocalisation at enhancer regions is not sufficient to assume cooperativity.

It is known however that many multi-TF regulatory regions do not contain recognisable sequence motifs for each of the TFs they recruit. This is the case, for example for the aforementioned HOT regions [12], many of which are known to act as early developmental enhancers [72]. Partially, this phenomenon can be explained by the inevitable limitations of models used for predicting the TFs’ DNA binding preferences [73, 74]. However, it is also possible that TF recruitment to these regions is facilitated or strengthened by protein-protein interactions [69, 75–77], as in the ‘TF collective’ model that we have recently proposed [69, 78]. Consistent with this, knocking out one TF recruited to multi-TF regulatory regions was shown to destabilise the binding of other TFs [79]. In addition, it is known that many TFs are unable to bind DNA through repressed chromatin and their recruitment is dependent on the so-called ‘pioneer TFs’ that possess this ability [80].

Scenarios whereby TFs depend on each other to secure their recruitment to DNA may create a paradoxical situation, whereby the clearly observable biochemical cooperativity between TFs does not preclude the generally independent functional outputs of each factor. For example, TF recruitment to HOT regions is likely to involve some synergy between TFs, as these regions often do not feature the full set of sequence motifs for each TF found at them [12]. However, the transcriptional outputs of HOT regions are still generally proportional to the number of co-bound TFs [81], suggesting the generally independent functional outputs of each bound TF. It is possible that similar mechanisms underlie some of the synergistic effects reported for a number of other multi-TF regulatory modules [82, 83].

In conclusion, considerations from transcriptional mechanics, as well as evidence from the global analyses of TF binding across individuals and species, point towards a largely cumulative view of TFBS functional outputs. Some deviations from the simple sum of individual TFBS activities can be expected, particularly at regulatory regions recruiting multiple TFs. However, the ‘dose of activation’ model is helpful for interpreting TFBS function and particularly the effects of TFBS aberrations that may otherwise seem unexpected, as will be discussed in the next section.

TFBS genetic redundancy: Why and so what?

Let us consider a hypothetical gene promoter that receives inputs from several TFBSs (Fig. 2A). If the total ‘dose of activation’ jointly transmitted to it narrowly reaches the biologically admissible threshold, each TFBS is likely to be deemed ‘functional’ in perturbation analyses, as its deletion will result in a ‘dose’ insufficient for achieving the minimally functional level of a gene’s expression (Fig. 2B). However, if their total contribution exceeds this threshold, at least under some conditions, the system becomes partially redundant, rendering the transcriptional output relatively insensitive to perturbations at individual TFBSs (Fig. 2C). Here, I will consider the likely causes and consequences of such redundancy.

TFBS redundancy is likely widespread

Several lines of evidence suggest that redundancy across TFBSs is likely to be widespread. For example although TFBS mutations underlie many genotype-disease associations [84, 85], they are known to be responsible for only a handful of Mendelian disorders [86]. Consistent with this, the majority of individual TFBS polymorphisms identified at the population level associate with little to no deviation in gene expression [54, 55]. However, as discussed above, the impact of these polymorphisms on gene expression increases proportionately with the number of affected TFBSs [55]. The tolerance of enhancer outputs to single-TFBS mutations has also been demonstrated in targeted perturbation experiments for some regions [9, 87]. Collectively, this evidence suggests that in contrast to many protein-coding mutations, TFBS mutations are often ‘buffered’ by the regulatory network, rendering many, if not most individual TFBS contributions partially redundant.

An adaptive trait or a side effect?

Although initially unexpected from the classic evolutionary theory, the broader phenomenon of the so-called genetic
redundancy has been extensively characterised at the level of homologous genes and network modules in various systems [88–90]. The well-known examples of genetic redundancy include genes generated by gene duplication, many of which will subsequently pseudogenise or diverge in evolution. However, the evolutionary retention of duplicate genes is also relatively common [91]. Perhaps even more common is the functional redundancy at the level of regulatory and metabolic networks [2, 90, 92, 93]. For instance, up to ~45% of metabolic reactions in *Escherichia coli* and yeast can be individually removed without significantly affecting the production of any biomass component under multiple nutritional conditions [92]. Likewise, redundancy is often observed between the inputs of multiple signalling pathways, presenting a significant obstacle in using individual signalling pathway inhibitors in the treatment of cancer and inflammatory conditions [94, 95].

While it is generally accepted that partial redundancy is an intrinsic property of complex networks [96, 97], it may also be an adaptive trait, serving, for example to downplay the effects of noise on transcriptional outputs [98]. In line with this, although the emergence of redundant groups of TFBSs regulating the same gene can theoretically offer a selective advantage, it can also represent a side effect of other factors. For example it has been predicted that multiple weaker sites (a scenario that predisposes to partial redundancy) may be easier to evolve compared to fewer strong ones [65]. At the same time, weaker sites can also be specifically advantageous at genes that require finely tuned regulation of expression levels [99].

**The cryptic consequences of TFBS redundancy**

Extending the concept of genetic redundancy to TFBSs has several important implications. First, it suggests that the degree of redundancy may be a key factor in determining a TFBS's observed functional constraint, even when detected by more precise proxies than cross-species conservation, such as within-species variability. In particular, it has been shown that TFBSs that are ‘backed-up’ by other TFBSs, located either in their direct proximity or at additional regulatory modules regulating the same gene, are less constrained than their less redundant counterparts [9, 54, 55, 100]. It is therefore possible that genes that receive inputs from multiple, possibly weak TFBSs are regulated more robustly than those controlled by a small number of stronger sites. This may have a significant impact on the phenotypic consequences of TFBS mutations, such as their chances to lead to disease phenotypes.

A second, potentially counterintuitive consequence of genetic redundancy is that groups of TFBSs may be in epistatic relationships with each other that are not observable under normal conditions. While classically described for redundant protein-coding genes [101, 102], this phenomenon likely also applies to regulatory sequences. In particular, variation at a TFBS that seems unconstrained (or ‘spurious’) in healthy individuals may turn out to determine whether mutations at other, perhaps ‘stronger’ TFBSs will lead to disease onset (Fig. 3A). One real-life example of this can be seen in the regulatory logic of the homeobox gene *cog-1* in *Caenorhabditis elegans*. This gene is controlled by a zinc-finger TF (CHE1) that is recruited to two TFBSs in the *cog-1* upstream region. It has been shown that the deletion of the
Redundancy between TFBSs may also be broken because of suboptimal environmental conditions that increase the ‘dose of activation’ required to achieve functional levels of gene expression (Fig. 3B). These ‘stress’ conditions may include changes in the extra-organismal environment, such as availability of specific nutrients [104] or varying temperature [105]. For instance, it has been shown that removing two enhancer regions of Drosophila svb gene produces no phenotype under normal conditions, but leads to embryonic defects under abnormally low and high temperatures [106].

No less importantly, the impact of apparently redundant TFBSs may also be unmasked by homeostatic changes within the organism itself. For example in nematodes ablation of gonadal signalling may or may not lead to abnormal vulva development depending on a TFBS polymorphism that is otherwise phenotypically neutral [107]. This buffering of cis-regulatory variation by inputs from signalling pathways is also potentially relevant in ageing, where both the ability of the cells to receive extracellular signals and the signalling potency of the cellular microenvironment are diminished [108, 109]. Consistent with this expectation, a number of expression quantitative trait loci (eQTLs) associated with complex diseases have recently been found to show selective effects during ageing [110]. Finally, TFBS variability can be revealed by targeted changes in cell homeostasis, such as by treatment with drugs that modulate specific signalling pathways [111–113]. Since fitness for both ageing and medical treatment is not subject to a strong evolutionary pressure, it is conceivable that fitness advantages in these situations will be provided by elements that are genuinely unconstrained in evolution, such as low-affinity TFBSs.

The phenomenon of ‘cryptic variability’ that is only uncovered by genetic or environmental perturbations has been described in other systems and is thought to be an important modifier of phenotypic response [114]. Consistent with this, epistatic relationships between multiple regulatory elements pose a major challenge in the interpretation of genome-wide association studies [115, 116]. Therefore, the question of whether an apparently unconstrained TFBS is ‘non-functional’ or forms part of a partially redundant regulatory unit is not esoteric. Rather, it has clear implications for the interpretation of non-coding mutations. While it may be tempting to adopt the conservative approach of ‘non-functional until proven otherwise’ to weak or poorly evolutionary constrained TF-binding events, they may turn out to be pivotal for determining whether or not the system will cope with environmental or genetic stress.

It would be useful to predict the degree of genetic redundancy between TFBSs from parameters other than their variability within or across species. Doing so would help reveal cryptic epistatic relationships, as well as potentially uncover TFBSs that are genuinely ‘spurious’. A crude way to estimate the redundancy of a given TFBS with respect to a given gene’s regulation would be to estimate how many other TFBSs form (or can form) looping interactions with its promoter in a given cell type and condition. Advances of functional genomics and particularly the high-throughput modifications of the chromosome conformation capture technique [117, 118] are now making it possible to directly

**Figure 3.** Genetic and environmental perturbations may uncover the cryptic impact of redundant transcription factor binding sites. **A:** Example of a hypothetical promoter receiving activating inputs from a low-affinity TFBS A (‘weak’, orange) and a high-affinity TFBS B (‘strong’, blue). **B:** Assuming that the strong TFBS B generates a sufficient ‘dose of activation’ to achieve the optimal level of gene expression. Under these conditions, input from the weak TFBS A is redundant and deleterious mutations at TFBS A are expected to produce little to no phenotypic effects. However, TFBS A may be able to at least partially buffer the effects of TFBS B mutation, ensuring that the total ‘dose of activation’ does not fall below the minimally tolerable level. **C:** The contribution of a weak TFBS A to the transcriptional output may also be revealed by changes in the environment (‘stress’) that result in an increase in the minimally tolerable ‘dose of activation’. In this scenario, TFBS A deletion may not have a phenotype under normal conditions, but show strong phenotypic effects under stress conditions.

weaker ‘distal’ TFBS does not affect the levels of cog-1 expression, at least in an in vitro reporter assay. However, when the stronger ‘proximal’ CHE1 TFBS is deleted, the ‘distal’ TFBS is able to maintain 50% of the normal cog-1 levels. The deletion of both ‘proximal’ and ‘distal’ TFBSs abolishes cog-1 expression altogether [103].
address this question in some situations. However, further studies are needed to understand the ‘logic’ of long-range interactions, and massively parallel analyses such as TRIP [19] are paving the way in this direction.

In conclusion, TFBSs are often at least partially redundant, which can be a side effect of network complexity, but potentially also an adaptive trait serving to increase system robustness. As a result, TFBS mutations may produce little to no phenotype not only when they genuinely have no impact on target promoters, but also because their inputs are efficiently ‘buffered’ by other TFBSs. Since the buffering capacity depends on other TFBSs being intact as well as on the environmental conditions, a significant fraction of TFBS variation may be phenotypically ‘cryptic’. This may have implications for interpreting TFBS function, particularly under suboptimal conditions such as old age and disease.

Conclusions

Collective evidence from the molecular mechanics of transcriptional regulation, functional genomics, evo-devo and population genetics discussed in this essay suggest that rather than considering multiple TF binding events in the proximity of a gene as either ‘functional’ or ‘spurious’, it is perhaps more appropriate to view them as jointly contributing incremental ‘doses’ of transcriptional activation to the total pool that can differ in potency from high to negligibly low. Redundancy emerges in this system when the total ‘dose’ exceeds the ‘threshold of activation’ required to generate an adequate level of a gene’s expression. Because of such redundancy, some TFBSs appear near neutral, both evolutionarily and functionally, under normal conditions. These same sites however may play pivotal roles when the system is pushed away from the optimum by either genetic or environmental abnormalities. With the majority of disease-associated SNPs mapping to non-coding, potentially regulatory regions [100], it is important to gain a better understanding of how multiple TF binding events integrate to regulate transcription in time and space. Accounting for the variable levels of TFBS redundancy under different conditions may improve our ability to interpret regulatory mutations.

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