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Simulated trampling by cattle negatively impacts invasive yellow-flag iris (Iris pseudacorus) when submerged

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Abstract
Yellow-flag iris (Iris pseudacorus L.) is a nonnative, invasive wetland plant that disrupts riparian ecosystem processes and is widely distributed across the United States and Canada. Due to its physiological and morphological characteristics, I. pseudacorus has the capacity to exclude native vegetation and form extensive monocultures in both lotic and lentic wetland systems. Methods commonly used to manage I. pseudacorus include manual (e.g., hand pulling, digging) and mechanical (e.g., mowing) treatments for small populations and herbicide applications for larger populations; however, herbicide applications near water may be prohibited due to label restrictions. The objective of this research was to evaluate cattle trampling as a nonchemical method to reduce I. pseudacorus in riparian habitats. A greenhouse study was conducted to investigate the effects of inundation and two different timings of simulated trampling on I. pseudacorus density, height, and soluble sugar concentrations in the rhizomes. A complementary field demonstration was established on a ranch in northwestern Nebraska to evaluate cattle trampling effects on I. pseudacorus density and height after two consecutive years. Simulated cattle trampling in the greenhouse had no effect on I. pseudacorus density or height of non-inundated samples. However, combining trampling with inundation reduced I. pseudacorus density from a median of 10 I. pseudacorus per pot to 0 I. pseudacorus per pot and median height from 0.35 m to 0 m by the conclusion of the study. Additionally, the field demonstration resulted in reductions of both density and height of I. pseudacorus after two consecutive years (72% and 67% reduction, respectively). Soluble sugar concentrations were not impacted by any treatment.

Introduction
Rangeland riparian and wetland systems play a critical role in supporting ecosystem functions in what are largely arid and semiarid landscapes. These areas rely heavily on the maintenance of appropriate hydrological and geomorphic characteristics required to support desirable flora and fauna (Goodwin et al. 1997; Silverman et al. 2019). While highly resilient, riparian and wetland systems are susceptible to disruption by stressors, such as invasive species (Zedler and Kercher 2004), which can displace native flora, form monotypic stands, and alter the morphological characteristics of infested waterways (Gervazoni et al. 2020; Morgan et al. 2018; Spaak 2016). Riparian and wetland invasive species may also impact agricultural operations by clogging irrigation infrastructure, altering the timing and dependability of water available for irrigation, and reducing the prevalence of desirable forage on the landscape (Gervazoni et al. 2020; Jacobs et al. 2011; USDA-APHIS 2013).

Yellow-flag iris (Iris pseudacorus L.) is a perennial, emergent riparian species that produces long, blade-like leaves, showy flowers, dense rhizomes, and extensive root systems (Stone 2009; Sutherland 1990; Tu 2003). The aesthetic appeal of the flowers has prompted I. pseudacorus to be planted as an ornamental outside its native range (Gervazoni et al. 2020; USDA-APHIS 2013). While other Iris species, such as German iris (Iris germanica L.), are often used in an ornamental setting with no adverse effect, I. pseudacorus can become an aggressive invader in natural (e.g., ponds, rivers, lakes, marshes) and agricultural settings (e.g., irrigation diversions, irrigated lands) when it escapes cultivation (Alpert et al. 2000; Tu 2003). Currently, I. pseudacorus is found in seven Canadian provinces and territories and 48 states in the United States. The species has been listed as a noxious weed in Montana and Washington; a designated weed...
quarantine species in Oregon; prohibited in Massachusetts and New Hampshire; and banned in Connecticut (King County DNRP 2007; PA DCNR n.d.; Simon 2008; Spaak 2016). It has been hypothesized that one aspect of the competitive advantage of *I. pseudacorus* in its introduced range may be the result of large quantities of storage carbohydrates (i.e., fructans) in the rhizomes that play a major role in tolerance of prolonged anoxic conditions, which primarily occur in early spring and summer (Hanhijärvi and Fagerstedt 1994, 1995; Lambers et al. 1990). Anionic conditions, which primarily occur in early spring and summer, can have adverse effects on cattle. Consumption of leaves can cause gastroenteritis, and consumption of rhizomes has led to acute diarrhea (Sutherland 1990). While ingestion of *I. pseudacorus* can cause irritation to livestock, there have been reported instances of seasonal cattle consumption of leaves down to the rhizomes (Jacobs et al. 2011).

Techniques employed to manage *I. pseudacorus* range from physical removal to herbicide treatments, with potential biological control agents being investigated (Minuti et al. 2021). Because *I. pseudacorus* infestations are often large by the time managers attempt to address the issue, chemical treatments are the predominant management strategy, with glyphosate and imazapyr being the most commonly used herbicides (Jacobs et al. 2011; King County DNRP 2007; PA DCNR n.d.; Simon 2008; Spaak 2016). Of the two, imazapyr, applied alone and in combination with glyphosate, has been shown to be more effective at reducing *I. pseudacorus* than glyphosate alone (DiTomaso and Kyser 2016; Simon 2008). It is important to note that while imazapyr is often considered the most effective herbicide for *I. pseudacorus* management, label restrictions limit its use near flowing water, such as irrigation infrastructure, due to the herbicide’s residual soil activity (Anonymous 2011). In either case the nonselective nature of imazapyr and glyphosate and restrictions around flowing water illustrate the importance of identifying alternative treatment options for managing *I. pseudacorus* in wetlands and riparian areas.

We conducted a greenhouse study and a field demonstration to evaluate the effectiveness of cattle trampling as a novel technique for *I. pseudacorus* management. Using cattle trampling as a management technique arose from the observation of *I. pseudacorus* mortality along walking paths. Subsequent research found that a onetime human trampling in June for 5 min reduced *I. pseudacorus* density and height by 75% and 58%, respectively (Spaak 2016). Additionally, its absence from locations with ample human and animal activity has previously been noted (Sutherland 1990). The objective of this research was to determine the impact that inundation and timing of simulated trampling would have on the density and height of *I. pseudacorus* and soluble sugar concentrations in rhizomes in a greenhouse setting. A field demonstration was also conducted to translate results from the greenhouse into a natural setting.

It has been hypothesized that one aspect of the competitive advantage of *I. pseudacorus* in its introduced range may be the result of large quantities of storage carbohydrates (i.e., fructans) in the rhizomes that play a major role in tolerance of prolonged anoxic conditions, which primarily occur in early spring and summer (Hanhijärvi and Fagerstedt 1994, 1995; Lambers et al. 2008; Schlüter and Crawford 2001; Tarasoff et al. 2016). Schlüter and Crawford (2001) found that rather than downregulating metabolic activities during prolonged periods of anoxic stress, *I. pseudacorus* continued to break down nonsoluble carbohydrates stored in the rhizomes, presumably to maintain above-ground biomass. Hydrolysis of these molecules provides an energy source when photosynthesis is slowed or stopped by maintaining and potentially increasing the concentration of photosynthetic by-products (i.e., soluble sugars such as sucrose, fructose, and glucose). The concentrations of these sugars are highly variable, both temporally and spatially throughout a plant, and are often adjusted in response to environmental cues, whole-plant carbon balance, and stress (Pozo et al. 2019). We hypothesize that injury to photosynthetically active tissue could lead to increased stress and hydrolysis of storage carbohydrates, which, in turn, would increase the soluble sugar concentration in rhizomes following the injury.

**Materials and Methods**

**Greenhouse Experiment**

**Collection and Growth of Experimental Plants**

*Mature Iris pseudacorus* plants were collected in late April 2018 at green-up from a working cattle ranch in Sioux County, NE, USA (42.25°N, 103.43°W), roughly 60 km north of Mitchell and just outside the eastern border of Agate Fossil Beds National...
Monument. The site has an elevation of 1,372 m, a mean annual precipitation of 37 cm, and a mean annual temperature of 7.7°C (PRISM Climate Group 2004). The vegetation was dominated by *Iris pseudacorus*; however, there were several patches of common spike rush (*Eleocharis palustris* (L.) Roem. & Schult) and sedge (*Carex L.*). The soils were primarily Bigwinder fine sandy loam (coarse-loamy, mixed, superactive, calcareous, mesic Aeric Fluvaquents) with several areas being classified as part of the Las Animas–Lisco complex (USDA-NRCS 2013). Due to the soil properties and the proximity to the Niobrara River, the area is prone to frequent flooding during the spring and early summer months and is covered in ice throughout the winter from roughly November through February (USDA-NRCS 2013). The Niobrara River at this location has an average flow of 0.4 m$^3$ s$^{-1}$ (1958 to 1991; the USGS stream gauge was reactivated in February 2014 [Spaak 2016]). The roughly 1.5-ha stand of *I. pseudacorus* is located in a roughly 58-ha subirrigated meadow and upland mixed pasture and is bounded by the Niobrara River to the south, an irrigation ditch used by the ranch to the north, a perimeter of trees to the east, and a fence line to the west.

Collection involved identifying groups of about 10 *I. pseudacorus* shoots; digging up the shoots, roots, rhizomes, and soil (i.e., plug); placing them in individual, 11-L pots; and transporting them to the Plant Growth Facilities at Colorado State University for planting. The size of each plug was approximately 28 cm in diameter, and final planted samples included rhizomes, soil from the study site, Pro-Mix BX potting soil (Pro-Mix, 200 Kelly Road Unit E-1, Quakertown, PA, USA), and about 10 *I. pseudacorus* shoots. Greenhouse conditions remained constant throughout the study, with temperatures between 21 and 24°C and 16-h light/8-h dark.

**Treatments**

To investigate the effects of timing of simulated cattle trampling and inundation, our study was designed to be a three by two factorial with a total of six treatment groups (trampling: early trampled, late trampled, non-trampled; inundation: inundated and non-inundated). Each treatment group consisted of nine replicate pots with about 10 *I. pseudacorus* shoots (subsamples) per pot. Pots were randomly assigned to one of the six possible treatments. The simulated trampling treatment consisted of applying roughly 176 kPa of pressure using the blunt end of a hammer to each individual shoot as close to the crown as possible to mimic trampling by cattle (Higgins et al. 2017). Simulated trampling events took place during the growing season at two different times before flowering to simulate an early trampling event as well as a late trampling event. Early simulated trampling occurred 1 wk after *I. pseudacorus* pots were placed in the greenhouse, when shoots were roughly 20-cm tall, and late simulated trampling occurred 4 wk later, when shoots were roughly 38-cm tall.

To maintain the inundation groups and adequate water levels for non-inundated treatments, pots were placed in 13-L buckets. The water levels of inundated groups were held constant at 2.5 cm below the bucket rim (roughly 5 to 7 cm above the crowns of *I. pseudacorus*). Water levels in the non-inundated groups were held at 10 cm from the bottom of the bucket (roughly 7 to 9 cm below the crowns), leaving the soil surface and crowns of the plants exposed to air but providing adequate moisture to maintain growth.

**Data Collection**

Density and height data were collected at the start of the study (May 2018), before each simulated trampling treatment, and at the conclusion of the study (August 2018). Density was recorded for each individual pot by identifying shoots and following leaves to their bases to ensure individual plants were counted rather than individual leaves. Height was measured by selecting a live, standing leaf that appeared to represent the average leaf height inside each pot. The selected leaf was then held straight up at full height and measured from the soil to the leaf tip.

### Data Collection: Soluble Sugars

Rhizome samples for soluble sugar quantification were collected at the beginning of the study for non-trampled *I. pseudacorus* (May 2018), immediately before all simulated trampling events (May 2018 for early trampled and June 2018 for late trampled), and at the conclusion of the study (August 2018). Following the rhizome harvest from each pot, samples were microwaved for 90 s to stop enzymatic activity and then placed in a drying oven at 55°C for 72 h. Samples were then ground to pass through a 40-mesh (425-micron) screen and placed in cold storage at ~3°C until sugar extraction and quantification (Landhäusser et al. 2018; O’Connor et al. 2019). The soluble sugar analysis was conducted using the methods described by Landhäusser et al. (2018). All plates were covered and incubated at room temperature for 60 min and absorbance values were read at 340 nm on a Model UV2600 (Shimadzu Scientific Instruments, 7102 Riverwood Drive, Columbia, MD, USA 21046) spectrophotometer.

### Data Analysis

Visual assessments of quantile-quantile plots and subsequent Shapiro-Wilk tests indicated that density and height data violated the assumption of normally distributed errors. Square-root and log transformations were performed, but neither resulted in meeting this assumption. As a result, these data were analyzed in R v. 4.0.4 (R Core Team 2020) using nonparametric Kruskal-Wallis tests to determine whether density and height of *I. pseudacorus* differed across the six treatments (combinations of timing of trampling and inundation). A post hoc Dunn’s test using a Holm adjustment for multiple comparisons (dunn.test package; Dinno 2017) was used to determine differences among treatment groups. Data for individual sugar fractions (e.g., glucose, fructose, and sucrose) also violated the assumption of normally distributed errors, so individual Kruskal-Wallis analyses for each were performed to determine whether treatments affected specific osmolytes. A Kruskal-Wallis analysis was also performed to determine differences in total soluble sugar concentrations among treatment groups. The density, height, and total sugars of pretreatment samples were not statistically different, confirming that treatment groups were initially similar, so analyses of posttreatment data were deemed appropriate to assess treatment effects. Before analysis, data points outside the interquartile range were assessed as potential outliers; Grubb’s test was used to verify outliers, which were then removed. All analyses were tested at a significance level of $\alpha = 0.05$.

### Field Demonstration

The field demonstration took place in the same 1.5-ha meadow where *I. pseudacorus* were collected for use in the greenhouse study. The demonstration consisted of non-trampled plots inside constructed exclosures and trampled plots outside the exclosures (Figure 1). Seven 7.5-m$^2$ circular exclosures were built and randomly located in the study area. Each exclosure consisted of two welded-wire cattle panels and five T-posts. Sample units in trampled plots were paired with sample units inside non-trampled exclosures to ensure initial plant compositions in trampled and non-trampled plots were similar (Figure 1). Sampling in trampled plots occurred between 1.5 and 4 m away from exclosures to...
In 2018, 140 cow–calf pairs were present in the pasture from early June until late July and for another 10 days in early September. To encourage cattle use in the study site, six salt blocks were placed in the meadow among the plots after water levels declined.

All data were collected from four 0.5-m² quadrats (subsamples) in each trampled and non-trampled plot (Figure 1). Initial density and height measurements for all plots were taken in June 2017 before cattle turnout. For both trampled and non-trampled plots, shoot density was recorded inside each of the 0.5-m² quadrats.

Results and Discussion

Greenhouse Experiment

Density and Height

*Iris pseudacorus* density and height were both affected by treatment ($P < 0.0001$). Interestingly, the effects of trampling were only evident in inundated treatments (Figure 2). *Iris pseudacorus* density and height in non-inundated treatments were similar regardless of trampling treatment ($P = 1.0$). In the inundated treatment groups, *Iris pseudacorus* density of the early and late trampled treatments were similar to one another ($P = 1.0$) but considerably lower than the non-trampled treatment ($P = 0.0057$ and $P = 0.0009$, respectively). Similarly, in the inundated treatments, *Iris pseudacorus* height for the early and late trampled treatments were similar to one another ($P = 1.0$) but much lower than the non-trampled treatment ($P = 0.00028$ and $P = 0.00046$, respectively).

The large variance in density recorded for the non-inundated/late trampled group is likely the result of a lag effect in recovery time. While the non-inundated/early trampled group had 2 mo post-trample to recover, the non-inundated/late trampled group only had 1 mo. Heights for the inundated/early trampled group and inundated/late trampled group were also significantly lower than all treatment groups that were non-inundated, apart from the non-inundated/late trampled group ($P = 0.18$; Figure 2). Again, this is likely due to a lag effect of recovery time.

While both the density and height of the early and late trampled plants under inundated conditions were statistically different from most other treatment groups, they were statistically similar to each other. Conversely, the density and height of early and late trampled plants under non-inundated conditions did not differ from either non-trampled control. These results indicate a significant interaction between trampling and inundation, but no impact of either trampling or inundation alone. Interestingly, time of trampling was not a critical factor under either inundated or non-inundated conditions ($P = 1$). This suggests inundation is a greater driver of the observed plant responses to simulated trampling than *I. pseudacorus* phenoology at the time of treatment.

Limitations on *I. pseudacorus* aboveground biomass vigor due to inundation have been reported in other studies. Thomas (1980) used elevation as a proxy for inundation length at a site adjacent to the Potomac River, assuming that locations at higher elevations would be inundated for a shorter period compared with locations at lower elevations. A positive relationship between biomass and elevation was observed, and elevation explained 47% of biomass variation. Of all factors investigated (e.g., light, vegetation structure, soil color as an indicator for oxidation, and presence of soil hardpan), length of inundation was found to be the most limiting factor for *I. pseudacorus* growth (Thomas 1980). Additionally, Tarasoff et al. (2016) report that cutting *I. pseudacorus* leaves while

Figure 1. Field demonstration plot layout with (A) photo showing the structure of exclosures used for non-trampled plots and (B) diagram detailing non-trampled plots inside exclosures (green circle) and paired trampled plots (blue circle). The sampled 0.5-m² quadrats are represented by the rectangles labeled A–D (subsamples).
plants were continuously inundated resulted in no aboveground biomass regrowth and rhizome decomposition 1-yr posttreatment; however, shorter periods of inundation did not significantly impact either variable 1-yr posttreatment. This is further supported by later research showing that *I. pseudacorus* regrowth and rhizome mortality were significantly impacted by completely inundated conditions, regardless of water depth, and that the duration of inundation was the driving factor in the relationship (Tarasoff and Gillies 2021). These results, combined with our findings, provide growing evidence to support removal of aboveground biomass during inundated conditions as a viable strategy for *I. pseudacorus* management.

**Soluble Sugars**

There were no statistical differences among total soluble sugar concentrations ($P = 0.1209$; Figure 3) or when comparing concentrations for individual sugar fractions ($0.067 \leq P \leq 0.5039$). Although not statistically significant, there are several apparent trends that may provide additional insight into the density and height results presented earlier. The inundated/early trampled group had the highest (numerical) concentration of soluble sugars, which could be a lag effect. Early trampled samples had 2 mo of recovery time posttreatment before rhizome harvest, while the late trampled samples had only 1 mo for recovery. Without the production of new leaf material, the rhizomes in the inundated/early trampled group would have remained in an anoxic state and continued with anaerobic respiration. While anoxic environments may lead to decreases in metabolic activity and often dormancy, there is evidence that *I. pseudacorus* does not downregulate its metabolic activity under anoxic stress and continues with glycolysis and ethanol fermentation (Hanhijärvi and Fagerstedt 1994; Schlüter and Crawford 2001). One individual pot was identified as an outlier and removed from this analysis. This one individual in the inundated/late trampled treatment group regrew following simulated trampling and had leaf height and (numerical) soluble sugar concentrations similar to non-inundated treatments. Interestingly, a leaf of this individual rested on the water surface following simulated trampling, leading to a reduction in length of inundation period, potentially allowing for continued gas exchange and aerobic respiration, which could explain its ability to regrow compared with other inundated samples.

It is unknown whether storage carbohydrate (i.e., fructan) levels in the rhizomes of inundated groups following treatment could be sufficient to support regrowth the following growing season; however, the continued presence of and often apparent increase in free sugars suggest there was at least enough stored carbon at the conclusion of the study for continued plant function. Stored carbon in the inundated/early trampled treatment group may have continued to be depleted over time and led to eventual cell death (Tarasoff et al. 2016). To obtain a more holistic picture of carbon starvation as a potential mechanism driving decreased growth capacity of *I. pseudacorus* under prolonged inundation, continued research into the concentrations of fructans and starch is required.

**Field Demonstration**

The effects of trampling on *Iris pseudacorus* densities sampled between 2017 and 2019 varied by year ($P = 0.0038$). *Iris pseudacorus* density increased steadily in non-trampled plots over the course of the demonstration (2017 to 2019). There was no effect of trampling on density 1 yr after treatment ($P = 0.7791$); however, in 2019, after 2 yr, trampling reduced *I. pseudacorus* density ($P = 0.0101$; Figure 4).

*Iris pseudacorus* plant heights sampled between 2017 and 2019 varied by year and trampling treatment, simultaneously ($P = 0.00093$). Plant height remained consistent throughout the demonstration in non-trampled plots and was not statistically different across years (Figure 4). Plant height in trampled plots...
steadily decreased with time, and by 2019, after 2 yr of trampling, leaf height was lower than at the start of the study in 2017 ($P = 0.0005$). Significant within-year differences between trampled and non-trampled plots were also observed following both the first ($P < 0.0001$) and second years of treatment ($P = 0.0001$). These data support the hypothesis that cattle trampling could reduce *I. pseudacorus* density and height. Despite the significant decrease observed in plant height following 1 and 2 yr of trampling, significant differences in density only occurred after the second year.

Physical management treatments, such as cutting or mowing, applied early in the growing season seem to have the greatest impact for this species (Simon 2008; Spaak 2016). This could be due to the limited time for plants to replenish root carbohydrates that are heavily utilized earlier in developmental stages (Whitehead 1971). While cattle were placed in the meadow in late June in 2017, it was not until mid- to late July (following placement of salt blocks) that most of the trampling impacts occurred. In 2018, cattle were placed in the meadow in early June, and the highest concentration of cattle occurred in early July. This slight change in timing of trampling could have contributed to the more pronounced decrease in density observed in 2019.

The difference in timing of trampling between 2017 and 2018 also resulted in differences in whether or not *I. pseudacorus* were inundated while being trampled by cattle. In 2017, when cattle were placed in the meadow later in the growing season, trampling occurred during dry conditions. In 2018, cattle were turned out earlier, and as a result, trampling partly occurred while the *I. pseudacorus* were still inundated. The impact to aboveground biomass from trampling while partly inundated could have reduced the ability for gas exchange and led to a reduction in available resources required to produce leaves of the same height and density in trampled plots following the 2018 treatment. This is supported by other research in which aboveground biomass injury (i.e., aggressive cutting of *I. pseudacorus*) during inundated conditions led to reductions in regrowth (Tarasoff et al. 2016).

Alternatively, the results from the field demonstration may speak to a need for multiyear trampling treatments. While the height of trampled *I. pseudacorus* decreased steadily throughout the course of the demonstration, the same is not true for *I. pseudacorus* density. The density data collected in 2018 could be capturing a potential compensatory growth response of *I. pseudacorus* to trampling and herbivory (Razzaz 1996; Schmid et al. 1988), and the observed decrease in density in 2019 may be dependent on the cumulative impact of 2 yr of trampling. These results suggest a potential need for a multiyear commitment were cattle trampling to be used as a treatment option for *I. pseudacorus*.

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**Figure 3.** *Iris pseudacorus* soluble sugar fractions as affected by simulated cattle trampling and inundation. Effects of treatment on glucose, fructose, and sucrose concentrations, as well as total soluble sugar concentrations, were compared across all six treatment combinations. Results are presented as box plots to show the data spread and reflect differences in medians (bold horizontal lines). No significant differences were observed (Kruskal-Wallis test; $\alpha = 0.05$; $n = 4$).
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