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Elaboration versus Suppression of Cued Memories: Influence of Memory Recall Instruction and Success on Parietal Lobe, Default Network, and Hippocampal Activity

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Abstract

Functional imaging studies of episodic memory retrieval consistently report task-evoked and memory-related activity in the medial temporal lobe, default network and parietal lobe subregions. Associated components of memory retrieval, such as attention-shifts, search, retrieval success, and post-retrieval processing also influence regional activity, but these influences remain ill-defined. To better understand how top-down control affects the neural bases of memory retrieval, we examined how regional activity responses were modulated by task goals during recall success or failure. Specifically, activity was examined during memory suppression, recall, and elaborative recall of paired-associates. Parietal lobe was subdivided into dorsal (BA 7), posterior ventral (BA 39), and anterior ventral (BA 40) regions, which were investigated separately to examine hypothesized distinctions in sub-regional functional responses related to differential attention-to-memory and memory strength. Top-down suppression of recall abolished memory strength effects in BA 39, which showed a task-negative response, and BA 40, which showed a task-positive response. The task-negative response in default network showed greater negatively-deflected signal for forgotten pairs when task goals required recall. Hippocampal activity was task-positive and was influenced by memory strength only when task goals required recall. As in previous studies, we show a memory strength effect in parietal lobe and hippocampus, but we show that this effect is top-down controlled and sensitive to whether the subject is trying to suppress or retrieve a memory. These regions are all implicated in memory recall, but their individual activity patterns show distinct memory-strength-related responses when task goals are varied. In parietal lobe, default network, and hippocampus, top-down control can override the commonly identified effects of memory strength.

Introduction

The retrieval of episodic memories is elemental to nearly all aspects of everyday life, yet little is known about how the brain performs and integrates the component processes of memory retrieval. Some brain functions might be called upon specifically for episodic memory retrieval, while other functions, also perhaps critical for memory retrieval, are broadly involved in a range of cognitive processes. Imaging and electrophysiological studies have sought to link regional brain activity to episodic memory function and have demonstrated that activity in the human hippocampus is modulated during both encoding and retrieval of memories [1]. Further, these studies have provided evidence supporting top-down modulation of hippocampal activity during memory retrieval and suppression. The role of the parietal lobe in episodic memory retrieval is controversial, and interpretation is complicated by the fact that this region includes several subregions with distinct functions, functional responses, and connectivity [2]. Electrophysiological studies suggest that regions of the parietal lobe are engaged prior to recall of a memory [3], supporting that these regions are driven by direction of attention toward memory [4–6]. The present study examines how task goals modulate regional activity during memory recall and additionally modulate memory strength effects. Given what is already known about regional contributions to these tasks, the analysis will focus on subregions of the parietal lobe, medial temporal lobe, and default network regions. By identifying how recall-related brain activity is influenced by task goals, or top-down processes, this work is a step toward understanding how task instruction and recall success modulate activity in human medial temporal lobe, parietal lobe and default network regions.

The parietal lobe has been implicated in a wide variety of tasks, and studies of memory retrieval have reported relatively increased blood oxygen level dependent (BOLD) activity in this region for successful retrieval versus comparison trials [4,5,7–11]. In general, strong memories tend to show relatively greater activity in the precuneus, lateral parietal cortex/intraparietal sulcus, retrosplenial cortex, and posterior cingulate than weak memories [6–9,11,12]. Modulation of parietal subregional activity during memory
Elaboration versus Suppression of Cued Memories

In the present study, effects of task instruction were explored to identify how top-down processes and retrieval success modulate activity in commonly identified retrieval activations in parietal lobe, default network, and hippocampus. Subjects viewed 60 pairs of color images in a pre-scan study session. During scanning, subjects saw an item from a studied pair along with one of the following instructions: 1) suppress its pair, 2) recall its pair, or 3) recall the pair and answer a question about the recalled item (Figure 1). In a post-scan test, subjects were again shown one item from each pair and asked to verbally identify the image with which it had been paired. Using the post-scan test results, pairs were classified as being remembered (during the post-scan test) or forgotten (during the post-scan test) for further exploration and analysis. This post-scan test was used as a gauge of memory recall for the stimulus cue and its missing pair shown during the scanned task without inserting potentially contaminating meta-memory judgments while recording brain activity. By examining suppression, recall, and elaborative recall of remembered and forgotten associative memories we sought to disentangle the differential influences of task difficulty, memory strength, and introspection on activations linked to memory in the parietal lobe, default network, and hippocampus.

Based on the literature described above, hypotheses to inform the ongoing debate about regional brain involvement in episodic memory retrieval were generated. Separate hypotheses were tested for anatomically and functionally delineated brain regions: 1) If dorsal parietal regions are influenced by top-down attention to memory, then instruction to recall an item’s pair should result in greater dorsal parietal activation than instruction to suppress an item’s pair. Further, instruction to recall and elaborate on the memory (by performing a classification of the recalled object) should result in still greater dorsal parietal activity, but only in trials where recall is successful. In trials where recall fails, elaborative recall and simple recall should elicit qualitatively similar activity, given that such trials should lead only to search processes, whereas success is required prior to rumination on the products of retrieval or post-retrieval elaboration of the memory.

Figure 1. Study design. Each subject participated in the pre-scan study session outside of the scanner. Subjects were asked to memorize 60 pairs of images that were learned to 100% criterion. During scanning, subjects performed the event-related task in which they were asked to either ‘suppress,’ ‘recall,’ or ‘elaboratively recall’ the pair of the image presented. Trials were interleaved with a jittered fixation cross baseline.
Instruction to suppress an item’s pair should yield no activity differences across remembered and forgotten pairs, given that top-down attention to memory (and search) should be absent and therefore balanced. If such a pattern is noted in the dorsal parietal lobe, this would support the attention-to-memory hypothesis of dorsal parietal lobe function. 2) If ventral parietal regions are influenced by bottom-up processes, then instruction to suppress, recall, or recall with elaboration should have minimal influence on brain activity. The primary influence on brain activity in these regions should be the success or failure of recall under instructions to retrieve, and, perhaps, absence of recall under instruction to suppress. If such a pattern is noted in the ventral parietal lobe, it would support the dual-process hypothesis of parietal function. 3) Default network is expected to be most influenced by task difficulty; thus, it should be maximally suppressed during elaborative recall and during failure of recall under instructions to retrieve. 4) If hippocampal activity can be modulated in a top-down fashion as prior studies suggest, then successful recall under instruction to recall should result in increased hippocampal activity relative to conditions without instruction to recall.

Materials and Methods

Subjects

Twelve healthy, right-handed subjects were recruited from the University of California, San Diego community and the surrounding area (mean age $= 27 \pm 3$ years, 8 male). Subjects had normal or corrected-to-normal vision and no history of neurological or psychiatric disorders.

Ethics Statement

Each subject gave written informed consent and was paid $40 for participation. The study procedures and the written consent were approved by the Institutional Review Board of the Human Research Protections Program at the University of California, San Diego.

Stimuli

Stimuli were 120 color drawings of common objects selected from Rossion and Pourtois color Snodgrass images [32] randomly paired into 60 pairs.

Experimental Design

In a pre-scan study session, subjects were exposed to each of the 60 pairs until the pairs were learned to criterion. Subjects studied all 60 pairs, and then were tested on each pair. Unlearned pairs were shown again until each pair could be correctly identified during testing. During scanning, subjects were presented with two adjacent noise-mask-filled boxes on the viewing screen, one outlined in black and one outlined in either red, blue, or green (Figure 1). After 1 second, an image from the studied pairs appeared in the black box for 0.5 seconds. Subjects were asked to view the item and to either (1) suppress the item that had been paired with the viewed item (suppress, red box), (2) recall the pair of the viewed item (recall, blue box), or (3) recall the pair of the viewed item and answer a presented ‘yes/no’ question about the recalled item (elaborative recall, green box). The question that appeared with the elaborative recall trial was varied to predict the direction of the question. Trials were jittered with 0, 1.5, 3, or 4.5 seconds of fixation baseline to optimize the study design [33]. Each subject underwent a single scan session that included five 428 second scans. Each run included one presentation of each pair, for a total of five presentations of each pair throughout the study. Instructions stayed consistent for each presentation of the same pair (a single pair was always suppressed, recalled, or recalled with elaboration). Assignment of pairs to trial types was counterbalanced across subjects. Since verbal responses of recollection could not be collected during scanning and the use of meta-memory judgments was avoided, a post-scan test was given in which subjects saw one item from each pair of images and verbally recollected the item paired with the presented item. Pairs correctly recalled were used in subsequent analyses as ‘remembered’ and pairs not correctly recalled were deemed ‘forgotten.’ Though uncertainty remains that pairs forgotten in the post-scan test were also forgotten during the scan, this post-scan surrogate for task performance and memory strength judgments was selected to avoid contaminating the scan session with unwanted cognitive processing and the associated influences of metamemory judgments on brain activity, given temporal linkage to the retrieval event. Subject report after the scan session confirmed that they were indeed performing the recall and suppress tasks as instructed.

Functional MRI Parameters

Imaging was conducted in a 3T GE scanner at the Keck Center for Functional MRI at the University of California, San Diego. Functional images were acquired using a gradient echo echoplanar, T2*-weighted pulse sequence (repetition time $= 1.5$ s, one shot per repetition, echo time $= 30$, flip angle $= 90^\circ$, bandwidth $= 31.25$ MHz). Twenty-two slices covering the entire brain were acquired perpendicular to the long axis of the hippocampus with $4 \times 4 \times 7$ mm voxels, allowing greater summation of activity along the hippocampal axial plane [34]. A T1-weighted high resolution ($1 \times 1 \times 1$ mm), three-dimensional fast spoiled gradient recalled anatomical dataset was collected. A structural scan was acquired in the same slice locations as the functional images for use in confirming alignment of functional data to the high-resolution anatomical scan.

Data Analysis

Data from each run were reconstructed and then field map corrected [35]. Slices were temporally aligned and co-registered with a 3D registration algorithm. Voxels outside the brain were removed using a threshold mask of the functional data. Functional runs were corrected for motion. A general linear model was constructed using multiple regression analysis and included six motion regressors from the registration process and regressors for ‘suppress,’ ‘recall,’ and ‘elaborative recall’ condition ‘remembered’ and ‘forgotten’ memory responses. A second general linear model was constructed using regressors for the presence and absence of an active task. Standard landmarks (anterior and posterior commissures) were defined manually on the anatomical scans, and then the anatomical and functional scans were transformed into Talairach space [36] using AFNI nearest neighbor interpolation [37].

In order to improve alignment of medial temporal lobe structures, the region of interest large deformation diffeomorphic metric mapping (ROI-LDDMM) alignment technique [38] was used. First, the hippocampus, entorhinal cortex, perihippocampal cortex, and parahippocampal cortex were hand drawn for each subject. Entorhinal and perirhinal cortices were defined according to the landmarks used by Insauti et al. [39]; the caudal border of the perihippocampal cortex was defined as $3$ mm caudal to the disappearance of the uncus, and the parahippocampal cortex was defined as the portion of parahippocampal gyrus caudal to the perihippocampal cortex and rostral to the splenium of the corpus callosum [39]. Anatomical regions of interest for each subject were normalized to a previously defined template using ROI-LDDMM [40] and the
A hemodynamic response function was estimated for the 15 seconds following the onset of the stimulus using signal deconvolution. Voxel-wise t-tests (two-tailed) were performed to compare average BOLD signal between conditions. After individual deconvolution analysis, single-subject parameter estimates were entered into group level analyses. Voxel-wise two-tailed t-tests (planned comparisons) and ANOVAs were performed within each region of interest to compare average area under the curve between conditions and between the presence and absence of a task. All reported results have been corrected for multiple comparisons, where appropriate. In the default network analysis (task vs. no task) and in the contrast that identified the hippocampus (remembered vs. forgotten), clusters were defined with a connectivity of 4 mm between voxel-centered and included at least 5 voxels for a whole brain significance of $p < .05$ and a voxel-wise significance of $p < .001$ when corrected for multiple comparisons (using alpha probability simulations calculated with the AFNI plugin, AlphaSim). These clusters were displayed using a statistical map overlaid onto an average structural image of all 12 subjects; the average hemodynamic response function (beta value) was then extracted for each cluster of interest. In the task vs. no task identification of the default network, 16 clusters were defined in 10 known default network regions. These clusters showed common activation patterns, and were thus averaged together for display purposes. In the parietal lobe analysis, Brodmann areas were defined anatomically based on the Talairach atlas, and BA 7, 39, and 40 were used to extract the average hemodynamic response function for parietal lobe subregions.

**Results**

**Behavioral Analysis**

In the ‘elaborative recall’ trials, subjects responded in 96% of trials (average reaction time: 1.94 ± 4.45 seconds). These results are similar to other studies using this task [3,41]. Of these trials, subjects made a correct classification in 75±1% of trials, an incorrect classification in 9±1% of trials, and were “unsure” in 16±1% of trials. Similarly, in the post-scan memory test, subjects correctly identified the pair of the presented image 75% of the time for pairs that had been recalled with elaboration, 74%±4% for pairs that had been recalled, and 71%±3% for pairs that had been suppressed. Since each pair was presented 5 times during testing, this means that on average, there were 71.6±3.4 trials in the suppress remembered bin, 28.4±3.4 trials in the suppress forgotten bin, 74.1±4.2 trials in the recall remembered bin, 23.9±2.4 trials in the recall forgotten bin, 75.3±2.9 trials in the elaborative remembered bin, and 24.7±2.9 trials in the elaborative recall forgotten bin. There was no difference in the percentage of pairs remembered for each condition in the post-scan test ($F_{(1,10)} = .288, p = .751$, MSE = .020).

**fMRI Analysis - Parietal Lobe Response**

Dorsal parietal cortex (BA7, Figure 2, pink) and anterior ventral parietal cortex (BA 40, Figure 2, cyan) showed task-positive activity (increased activity from baseline) during elaborative recall, recall, and suppress conditions. In contrast, posterior parietal cortex (BA 39) showed task-negative activity (decreased activity below baseline) during forgotten recall trials and during both remembered and forgotten elaborative recall trials (Figure 2, yellow).

All three regions showed a main effect of retrieval instruction (BA 7: $F_{(1,10)} = 7.993$, $p < .01$; BA 40: $F_{(1,10)} = 4.071$, $p < .05$; BA 39: $F_{(1,10)} = 17.782$, $p < .01$). While posterior parietal cortex showed this main effect of retrieval instruction, it was almost entirely driven by greater negative deflection for forgotten items when a recall attempt was made (Figure 2F,K). Additionally, there is a triple interaction between parietal subregion, trial type, and memory strength ($F_{(1,10)} = 9.231$, $p < .05$, MSE = .133).

In all regions targeted in this study, differential brain activity for remembered and forgotten pairs was seen only under retrieval conditions and not during suppress conditions (Table 1). In dorsal parietal cortex (BA 7), there was no difference between remembered pairs and forgotten pairs during recall ($t_{(11)} = 1.606; p = .137$, Figure 2B), elaborative recall ($t_{(11)} = 1.748; p = .108$, Figure 2C), or suppress recall ($t_{(11)} = .953; p = .361$, Figure 2A). Memory-strength-related activity was numerically greater for elaborative recall than for recall, with a trend toward significance ($F_{(1,10)} = 2.761; p = .078$, MSE = .025). In this region, there was an interaction of trial type and memory strength ($F_{(1,10)} = 4.685$; $p < .05$, MSE = .003).

In anterior ventral parietal cortex (BA 39), there was an overall difference in remembered trials between elaborative recall, recall, and suppress conditions ($F_{(1,10)} = 3.879; p < .05$, MSE = .009). In this region, activity for remembered trials was greater than for forgotten trials in the recall task ($t_{(11)} = 2.996; p < .05$, Figure 2F) and elaborative recall task ($t_{(11)} = 3.307; p < .01$, Figure 2G). Again, there was no memory-strength-related difference for suppress trials ($t_{(11)} = .488; p = .635$, Figure 2E). In this region, there was a significant interaction of trial type and memory strength ($F_{(1,10)} = 5.034; p < .05$, MSE = .004).

**fMRI Analysis - Default Network Response**

Sixteen clusters of activity in ten regions of the brain (superior frontal gyrus, medial frontal gyrus, insula, precentral gyrus, middle temporal gyrus, cingulate gyrus, precuneus, cuneus, inferior parietal gyrus, and superior temporal gyrus) were found to have less activity during the performance of a task than during fixation baseline (Figure 3). These regions, identified as part of the default network, commonly show a decrease in BOLD activity during an active task. Further analysis of the activity across this network of regions showed a greater decrease in activity for forgotten pair trials than for remembered pair trials in the recall ($t_{(11)} = 7.945; p < .001$) and recall-classify trials ($t_{(11)} = 3.943; p < .001$), but not in the suppress task ($t_{(11)} = .569; p = .381$). There was a main effect of memory strength in this set of regions ($F_{(1,10)} = 7.724$, $p < .05$, MSE = .003).
Figure 2. Activation during suppression, recall, and elaborative recall differs for subregions of the parietal lobe. Activation in Brodmann Areas 7 (magenta), 40 (yellow), and 39 (cyan). Impulse response curves for suppress (A, E, I), recall (B, F, J), and elaborative recall (C, G, K) remembered and forgotten trials and difference scores (D, H, L) representing the difference in activation for remembered trials versus forgotten trials plotted for suppress (red), recall (blue), and elaborative recall (green) trials. Impulse response curves and difference plots for the A–D) dorsal parietal (BA 7) E–H) anterior ventral parietal (BA 40), and I–L) posterior ventral parietal (BA 39) cortices. Brodmann Areas presented on a standard brain. Error bars represent standard error of the mean, *\( p < .05 \), **\( p < .01 \).

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| Memory effect  | Parietal BA 7 | Parietal BA 40 | Parietal BA 39 | Default Network | Hippocampus |
|----------------|--------------|----------------|----------------|-----------------|-------------|
| Memory effect – S1 | .953 | .606 | .488 | .569 | .207 |
| Memory effect – R2 | 1.604 | 3.497** | 3.004* | 5.921*** | 3.624** |
| Memory effect – ER3 | 1.750 | 2.437* | 3.306** | 5.921*** | 2.059 |

Direction of deflection

1S – Suppress,
2R – Recall,
3ER – Elaborative Recall,
4BA – Brodmann Area.
*\( p < .05 \),
**\( p < .01 \),
***\( p < .001 \).

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Under instruction to suppress retrieval, neither remembered nor forgotten trials elicited a task-positive impulse response (Figure 4C,D). Under instruction to suppress retrieval, neither remembered nor forgotten trials elicited a hippocampal response that differed from baseline (Figure 4B). As such, the hippocampus responded with an increase in activity only for trials in which subjects were instructed to recall and successfully did so, resulting in a trend toward an interaction of instruction and success ($F_{(1,10)} = 3.129, p = .082, \text{MSE} = .004$).

**Discussion**

This experiment used studied pairs presented under differing retrieval conditions to explore how parietal lobe subregions (Figure 2), default network (Figure 3), and posterior hippocampus (Figure 4) might be influenced by top-down processes directing attention to memory during retrieval success and failure. The findings suggest that the dorsal parietal region (BA 7) is minimally responsive to success and failure, but is greatly influenced by attention to memory. In contrast, ventral regions of the parietal lobe (BA 40 and 39) are highly sensitive to retrieval success, but only under conditions where retrieval is attempted. Directed suppression of retrieval abolishes any retrieval success effect in all three of the parietal regions. Default network was influenced by retrieval success, showing a larger decrease in activity for trials that were forgotten. Hippocampus was sensitive to retrieval success and attention to memory, suggesting that regional hippocampal activity can be influenced by top-down processes directing attention toward or away from retrieval.

**Top-down and bottom-up modulation of parietal lobe activity**

These findings inform discussion about the differential influences of top-down and bottom-up attentional processes on dorsal and ventral parietal subregions. Prior studies have suggested that ventral parietal activity is modulated by bottom-up capture of attention when a familiar stimulus is encountered, leading to a retrieval-success effect in the region [5]; however, the present findings demonstrate that this retrieval-success effect is abolished under conditions where subjects apply top-down suppression of retrieval. This would suggest that such top-down suppression affects a stage of stimulus processing that precedes bottom-up capture of attention. Though it is difficult to gauge the subjects’ approaches to carrying out suppression of retrieval, the subjects were instructed not to close their eyes or look away as a strategy. Additionally, the continued presence of an impulse response function during the suppress condition suggests that at least some low-level processing of the stimuli took place.

Dorsal parietal cortex may be responsive to top-down direction of attention to memory, and the present results are consistent with this hypothesis. This region was less sensitive to retrieval-success effects and enhanced activity was seen for the elaborative encoding approach to carrying out suppression of retrieval, the subject was instructed not to close their eyes or look away as a strategy. Additionally, the continued presence of an impulse response function during the suppress condition suggests that at least some low-level processing of the stimuli took place.

**Memory strength effects in the default network**

Default network regions have shown retrieval-success or memory strength effects in a number of studies [4,11,44] and, in fact, note has been made about the high degree of overlap between the “retrieval network” and the default network [45]. The present results also reveal robust retrieval-success or memory strength effects in the default network, but shed further light on the bases of such effects by revealing that the primary modulator of such activity is further suppression of activity associated with forgotten responses. That is, the average beta values from across the default network demonstrate minimal modulation of activity by remembered responses and a high degree of modulation for forgotten responses. A possible explanation is that these regions have been shown to be modulated by task difficulty, and it seems reasonable to assume that retrieval tasks are more difficult when the target is forgotten. This finding helps inform previous studies on default network modulation during tasks of memory retrieval. A simple subtraction of retrieved minus forgotten trials would have shown “activation” in the default network of regions. However, when the directionality of response is examined it appears that this
difference is due to greater amplitude of the task-negative response for forgotten trails and not due to task-positive activity for remembered trials.

This increased modulation of default network during forgotten responses compared to remembered responses could also be attributable to the process of episodic search. Forgotten pairs require more search than remembered pairs, leading to increasing retrieval effort with decreasing memory strength. Previous studies have shown the default network to be modulated by this increased retrieval effort [3, 31, 41] as well as episodic search [46], and, further, recent studies of episodic search processes during retrieval failures suggest that default network deactivations may be more directly linked to increased episodic search than to retrieval strength differences [47].

Hippocampus

The present study is the first to demonstrate the dependence of hippocampal retrieval-success effects on top-down direction of attention toward or away from memory retrieval. Given the tight linkages between primary sensory cortices and hippocampal input structures [48] it is surprising that top-down processes can abolish such apparently early-level retrieval-success effects. Taken in conjunction with the findings in ventral parietal lobe, such hippocampal effects suggest the ability of directed attention to affect mnemonic processes at their earliest stages.

Conclusion

By examining top-down influences on parietal and hippocampal brain activity linked to memory retrieval, this study highlights how attention-shifts, search, and post-retrieval processing are important drivers of such activity, in some cases even more than the retrieval event itself. This study found that top-down suppression affects early stimulus processing, possibly gating bottom-up capture of attention. Additionally, dorsal parietal cortex was found to be responsive to top-down attention to memory. This study adds to the body of literature suggesting functional heterogeneity of parietal lobe subregions during memory retrieval. Memory strength effects were found in the default network, and it was revealed that the primary modulator of these effects was further suppression of activity for forgotten responses. It was also found that hippocampal retrieval-success effects are dependent on the top-down direction of attention toward or away from memory retrieval. In this study, parietal lobe regions and hippocampus were defined anatomically. Finer-grained delineation within accepted anatomical regions could yield further functional dissociation even within a defined region [49–51]. Studying the interplay and dissociation of “ancillary” memory processes that include attention-shifts, search, and post-retrieval processing will provide a more complete explanation of the regional contributions to oft-described patterns of neuronal activity seen during memory retrieval.

Author Contributions

Conceived and designed the experiments: SIG JBB. Performed the experiments: SIG. Analyzed the data: SIG JBB. Contributed reagents/materials/analysis tools: SIG JBB. Wrote the paper: SIG JBB.

Figure 4. Hippocampal activity during ‘suppress,’ ‘recall,’ and ‘elaborative recall’ remembered and forgotten trials. A) A cluster map of remembered minus forgotten trials (p<.01) was overlaid on an average anatomical brain from all twelve subjects. B–D) BOLD activity was increased in the hippocampus for trials where the subject was instructed to recall the previously studied pair and successfully did so (C,D), but not when there was no instruction to recall (B). Right posterior hippocampal cluster centered at (30, -26, -4). Activity presented on an average anatomical brain of all 12 study participants. Error bars represent standard error of the mean. doi:10.1371/journal.pone.0089037.g004
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