The Coronary Artery Running Pattern is One of the Causes of Individual Differences in the Progression of Coronary Atherosclerosis in WHHLMI Rabbits, an Animal Model for Coronary Atherosclerosis

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Aims: The relationship between the coronary artery running pattern and development of coronary lesions was re-examined herein using WHHLMI rabbits, an animal model of spontaneous coronary atherosclerosis.

Methods: The coronary artery running pattern was analyzed using an X-ray computed tomography (CT) apparatus after perfusion. Pathological sections were prepared (Victoria blue-HE staining) at 100 µm intervals from the origin of the left circumflex artery (LCX). The severity of coronary lesions was evaluated based on cross-sectional narrowing (lesion area/inner area of the internal elastic lamina).

Results: In the CT analysis, the angle of the main curvature of the LCX negatively correlated with the percentage of sections with lesions and cross-sectional narrowing. The percentage of sections with lesions was significantly higher in acute angle-type LCX than in obtuse angle-type LCX. Cross-sectional narrowing was also significantly greater in acute angle-type LCX than in obtuse angle-type LCX. The percentage of fibrous lesions was high at the proximal region of LCX, whereas that of lipid-rich lesions was high at the curvature. In 24 months age group, the percentage of sections with calcification in acute angle-type LCX was about twice that in obtuse angle-type LCX.

Conclusions: Individual differences were observed in the angle of the main curvature of the LCX, which affected the occurrence and extension of atherosclerotic lesions.

Key words: Coronary lesion, Coronary artery running pattern, Angle of curvature of left circumflex artery, WHHLMI rabbit

Introduction

Coronary atherosclerotic lesions develop diffusely and serial cross-sectional narrowing is frequently observed in humans. These coronary lesions progress silently until the onset of coronary events. Many studies have reported that coronary lesions are responsible for cardiac events. Clinical studies using computed tomography (CT) angiography, quantitative coronary angiography, and intravascular ultrasound have frequently detected atherosclerotic lesions at the bifurcation or curvature of coronary arteries. Blood flow was found to be disturbed in these areas, and arterial wall shear stress was low and oscillated. Seneviratne et al. reviewed the relationship between changes in arterial wall shear stress and plaque development and destabilization. As described above, prevalent sites of coronary lesions have been analyzed in detail. The findings obtained suggest that the coronary artery running pattern is important in the development of coronary lesions; however, limited information is available on this relationship.

We previously reported that other factors than serum cholesterol levels may be related to the progression and composition of coronary lesions in WHHLMI rabbits. The WHHLMI rabbit is an animal model...
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In measurement of angle of LCX curvature (panels B and C), a CT reconstructed image with the apex at the bottom and the LAD at the left end was used. Tangent lines (white lines) were drawn along the straight part at the proximal and distal regions of the curvature, and the angle of the intersection point (yellow curve lines) of the tangent lines was measured. LAD, left anterior descending artery; LCX, left circumflex artery

for human familial hypercholesterolemia\textsuperscript{10} and develops diffuse coronary lesions\textsuperscript{9,11} even with normal chow feeding. The factors responsible for individual differences in the development of coronary lesions have yet to be identified. Furthermore, individual differences in coronary artery running patterns have not been examined, and it currently remains unclear whether these individual differences affect the severity of coronary lesions. Therefore, we herein investigated whether the coronary artery running pattern on the surface of the left ventricular wall is related to the progression and composition of atherosclerotic lesions.

Materials and Methods

Animals

Five WHHLMI rabbits (3 females and 2 males) aged approximately 6 months (5–7 months old), 8 WHHLMI rabbits (7 females and 1 male) aged approximately 12 months (12–13 months old), and 6 WHHLMI rabbits (3 females and 3 males) aged approximately 24 months (23–25 months old) were used in the present study. WHHLMI rabbits were bred at the Institute for Experimental Animals, Kobe University Graduate School of Medicine. Rabbits were housed individually in metal cages (550 × 600 × 450 mm; in width, depth, and height, respectively) with a flat metal floor and fed standard rabbit chow (LRC4, Oriental Yeast Co., Ltd., Tokyo, Japan) at 120 g/day and water\textit{ ad libitum}. Animals were maintained under SPF conditions at a constant temperature (22 ± 2°C), relative humidity (50%–60%), ventilation rate (15 cycles/hour), air supply (through the HEPA filter), and lighting cycle (12 hours light/dark). This study was approved by the Kobe University Animal Care and Use Committee (approval numbers: P140406 and P140801), and all animal experiments were conducted in accordance with the Regulations for Animal Experimentation of Kobe University, the Act on Welfare and Management of Animals (Law No. 105, 1973, revised in 2006), Standards Relating to the Care and Management of Laboratory Animals and Relief of Pain (Notification No. 88, 2006), and Fundamental Guidelines for the Proper Conduct of Animal experiments and Related Activities in Academic Research Institutions under the Jurisdiction of the Ministry of Education, Culture, Sports, Science and Technology (Notice No. 71, 2006).

Analyses of the Running Pattern of the Left Circumflex Artery (LCX) with an X-ray Micro CT Imager

Hearts were excised from rabbits euthanized with an intravenous injection of pentobarbital. Hearts were then perfused with saline followed by 10% buffered neutral formalin solution. Coronary arteries were injected with the contrast medium, Microfil silicone rubber injection compound (Flow Tech Inc., South Windsor, CT, USA). Coronary artery running patterns were evaluated with the 3 dimensional X-ray micro CT imagers, R_mCT2 (Rigaku Co., Tokyo, Japan), and images

Fig. 1. Reconstructed CT images of the heart of a WHHLMI rabbits (A) and method of measuring the angle of the LCX curved portion of acute angle-type LCX (B) and obtuse angle-type LCX (C).
Distribution of atherosclerotic lesions in left circumflex artery (LCX) of WHHLMI rabbits aged 6, 12, or 24 months. (Fig. 2). Figures demonstrate a representative rabbit in each age group with lesions developed at both bifurcation and non-bifurcation sites. Asterisks indicate non-bifurcation site with lesions. Arrowheads indicate bifurcation site with lesions. Arrows indicate the bifurcation site without lesions. (B) Summary of the site where the lesion occurred. The number of lesions were counted as the peak on cross-sectional narrowing. Data are represented as the mean ± SD.

Preparation of Coronary Sections

After the evaluation of coronary artery running patterns, coronary sections were prepared as reported previously. Each LCX segment was sliced at 100 µm intervals and ten 4 µm thick serial sections were prepared from the proximal to midpoint between the basis cordis and apex. Coronary sections were prepared from 138 ± 22 (mean ± the standard deviation) segments from rabbits in the 6 months old group, 169 ± 12 segments from rabbits in the 12 months old group, and 193 ± 31 segments from rabbits in the 24 months old group. Sections were stained immunohistochemically with monoclonal antibodies: RAM-11 (Dako A/S, Glostrup, Denmark), specific for macrophages/macrophage-derived foam cells, and 1A4 (Dako A/S), specific for the alpha-actin of smooth muscle cells (SMC), in addition to Victoria blue-HE staining. The severity of coronary lesions was evaluated as cross-sectional narrowing calculated by dividing lesion area with the area of lesions and lumen. The location of the coronary sections in the heart was determined by comparing the position of branches on
We also observed coronary artery calcification using sections stained by Victoria blue-HE stating and Dahl staining.

### Other Assays

After more than 12 hours of fasting, total cholesterol and triglyceride levels in serum were assayed with dry chemistry using Fuji Dri-Chem 3500SV (Fuji Film Co. Ltd., Tokyo, Japan).^{16}

### Statistical Analyses

Data are represented as the mean ± standard deviation (SD). Statistical analyses were performed on mean values using the Mann–Whitney U-test or Student’s t-test. Multiple comparison tests were performed using Steel-Dwass test. Correlation analyses were performed with Pearson’s correlation analysis. P-values less than 0.05 were considered to be significant.

### Classification of Coronary Lesions

In the present study, coronary lesions were classified to fibrous lesion, combined lesion, macrophage-rich lesion, and plaque with necrotic core. We classified lesions as follows: 1) lesions in which SMC, collagen fibers, and elastic fibers occupy 80% or more of the intimal lesion was defined as fibrous lesions; 2) lesions in which fibrous component and lipids/macrophages were layered were classified as combined lesions; 3) lesions in which RAM-11-positive cells (macrophages or macrophage-derived foam cells) occupied 1/3 or more of plaque area was classified as macrophage-rich lesions; 4) lesions with necrotic or lipid core were classified as plaque with lipid core; 5) macrophage-rich lesions and plaques with lipid cores were collectively classified as lipid-rich lesion. In addition, we also observed coronary artery calcification using sections stained by Victoria blue-HE stating and Dahl staining.

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**Fig. 3.** Relationship between angle at LCX curvature and coronary lesions in WHHLMI rabbits.

(A) Correlation analyses between the angle of the curvature of the LCX and the percentage of sections with lesion. (B) Correlation analyses between the angle of the curvature of the LCX and cross-sectional narrowing. The correlation coefficient was calculated by Pearson's method.
Diversity in LCX Running Pattern Visualized with CT Images

LCX running patterns were very diverse (Fig. 1), and the angle of curvature was negatively associated with the percentage of sections with lesions ($r=-0.976, P=0.005$ in 6 months old group; $r=-0.783, P=0.022$ in 12 months old group; and $r=-0.768, P=0.074$ in 24 months old group (Fig. 3A), and average of cross-sectional narrowing ($r=-0.824, P=0.086$ in 6 months old group; $r=-0.830, P=0.001$ in 12 months old group; $r=-0.795, P=0.001$ in 24 months old group (Fig. 3B)). The angle at curvature of the LCX ranged between 100 to 152 degrees [129 ± 13 degrees ($n=19$)]. The first quartile was 118, the second quartile was 128, and the third quartile was 140. No significant gender differences were observed in the curvature angle of the LCX. LCX curvature angle 130 degrees was chosen for classification of obtuse and acute angle-type LCX, because the mean value for this angle was 129 degrees. The percentage of sections with lesions was 18%–29% higher in acute angle-type LCX than in obtuse angle-type LCX in each age group (Supplemental Fig. 1).

Results

Background Data of WHHLMI Rabbits

Supplemental Table 1 shows background data of WHHLMI rabbits used in this study. Each rabbit had hypercholesterolemia. The severity (cross-sectional narrowing) and percentage of coronary sections with lesions increased with aging. We used both genders in this study. Serum total cholesterol levels were higher in males, whereas there were no gender differences in the severity of coronary lesions except rabbits in 6 months old group.

Distribution of Atherosclerotic Lesions in the LCX

Fig. 2 shows cross-sectional narrowing of the LCX from the origin to the midpoint between the basis cordis and apex. The number of lesions was counted as the number of peaks on cross-sectional narrowing. A large number of lesions were observed at the bifurcation (arrowheads) and some lesions developed at non-branching sites (asterisks). However, some branching sites did not have lesions (arrows).
the most prevalent at the proximal region, followed by the curvature and distal region. The percentage of sections with lesions was higher in acute angle-type LCX than in obtuse angle-type LCX (Fig. 4B). Compared to the obtuse angle-type LCX, the percentage at the curvature of acute angle-type LCX was remarkably high at the 6 months old [77 ± 0% (n = 2) vs. 49 ± 21% (n = 3), P = 0.025] and the percentage at the distal region of 12 months old groups [66 ± 19% (n = 5) vs. 19 ± 16% (n = 3), P = 0.025]. Cross-sectional narrowing was significantly greater in acute angle-type LCX than obtuse angle-type LCX [29 ± 9% (n = 5) vs. 4 ± 4% (n = 3), P = 0.025, in the distal region of 12 months old group; 85 ± 1% (n = 3) vs. 65 ± 25% (n = 3), P = 0.049, in the proximal region of 24 months old; and 83 ± 7% (n = 3) vs. 16 ± 22% (n = 3), P = 0.049, in the distal region of

Atherosclerotic Lesions at Proximal, Curved, and Distal Regions of the LCX

For the LCX curved part (5,000 to 8,000 µm) and the adjacent proximal and distal regions of the same length, coronary lesions were examined using histopathological sections (Fig. 4A). The LCX curved part in the histopathological sections was specified by the location of branches and the shape of coronary artery, comparing with the CT images. Coronary lesions were

although there was no statistical significance. The average of cross-sectional narrowing of LCX was significantly higher in acute angle-type LCX than in obtuse angle-type LCX in 12 months old [54 ± 5 (n = 5) vs. 36 ± 7 (n = 3), P = 0.025] and 24 months old [86 ± 4 (n = 3) vs. 68 ± 8 (n = 3), P = 0.049] (Supplemental Fig. 1).

Fig. 5. Photomicrographs of coronary lesions and percentage of sections showing each type of lesions. (A) Photomicrographs of coronary lesions in WHHLMI rabbits. (B) Percentage of sections with fibrous lesions at the proximal, curvature and distal regions of LCX. (C) Percentage of sections with lipid-rich lesions (macrophage-rich lesions + plaques with lipid cores) at the proximal, curvature and distal regions of LCX. Number of rabbits was 5 in 6 months-old group, 8 in 12 months-old group, and 6 in 24 months-old group. Data are represented as the mean ± SD. Statistical analyses were performed by Steel-Dwass test.
The percentage of sections with lipid-rich lesions was significantly higher at the curvature than at the proximal region (57 ± 34% vs. 6 ± 7%, P = 0.015, in 12 months old group (n = 8); 96 ± 10% vs. 52 ± 18%, P = 0.008, in 24 months old group (n = 6)). In analysis using all rabbits (Supplemental Table 2), the percentage of sections with lipid-rich lesions was 44 ± 20% in obtuse angle-type LCX (n = 9) and 27 ± 15% in acute angle-type LCX (n = 10), whereas the percentage of sections with lipid-rich lesions was 32 ± 31% in obtuse angle-type LCX (n = 9) and 42 ± 26% in acute angle-type LCX (n = 10). Coronary artery calcification in LCX was observed not only in the deep area of coronary lesions but the plaque surface (Fig. 6A). The frequency of rabbits with coronary calcification was 20% (1/5) in the 6 months old group, 12.5% (1/8) in 24 months old] (Fig. 4C).

**Relationship between Lesion Type and Lesion Site**

Fig. 5 shows relationship between lesion type and lesion site in the LCX of WHHLMI rabbits. Fibrous lesions, combined lesions, macrophage-rich lesions, and plaques with lipid cores were observed in the LCX of WHHLMI rabbits (Fig. 5A). Fibrous lesions were observed frequently at the proximal region of LCX (Fig. 5B). The percentage of sections with fibrous lesions was significantly higher at the proximal region than at the curvature [70 ± 27% vs. 4 ± 10%, P = 0.002 in 12 months old group (n = 8); 33 ± 20% vs. 2 ± 4%, P = 0.008, in 24 months old group (n = 6)]. In contrast, lipid-rich lesions (macrophage-rich lesion + plaques with lipid cores) were observed frequently at the curvature of LCX (Fig. 5C). The percentage of sections with lipid-rich lesions was significantly higher at the curvature than at the proximal region [57 ± 34% vs. 6 ± 7%, P = 0.015, in 12 months old group (n = 8); 96 ± 10% vs. 52 ± 18%, P = 0.008, in 24 months old group (n = 6).
Differences in the Development of Atherosclerotic Lesion between Inside and Outside the Curved Area of LCX Sections

Since the LCX was curved on the cardiac surface as shown in Fig. 1, the cross-sections of the LCX consist of inside (slow blood flow) and outside (fast blood flow) at the curvature. In addition, the ventricle side of the lumen in cross-sections is inside, whereas the epicardial side is outside because coronary arteries are located on the curved surface of cardiac wall. Fig. 7 shows differences in the development of coronary lesions between inside and outside LCX cross-sections. The percentage of sections with lesions was statistically higher inside than outside the curved part [30 ± 12% vs. 7 ±...
3%, $P=0.009$ at 6 months old group ($n=5$), 32±12% vs. 12±8%, $P=0.002$ at 12 months old group ($n=8$), and 59±16% vs. 7±9%, $P=0.049$ at 24 months old group ($n=3$). (Fig. 7B). The percentage of sections with fibrous lesions was 25±25% inside the curved part ($n=17$) and 54±41% outside the curved part ($n=15$), whereas the percentage of sections with lipid-rich lesions (Fig. 7C) was significantly higher inside the curved part than on the outside [39±34% vs. 8±18%, $P=0.005$].

**Discussion**

The present study using WHHLMI rabbits demonstrated that the running pattern of LCX showed large individual differences, and coronary lesions progressed in acute angle-type LCX. Previous studies did not investigate whether differences in coronary artery running patterns are responsible for the development and progress of coronary lesions. Therefore, the present results provided novel insights into the development and progression of coronary lesions.

The progression of coronary lesions was more prominent in acute angle-type LCX than in obtuse angle-type LCX. Arterial wall shear stress is known to be low at the curvature and branching site, and atherosclerotic lesions are more likely to develop in these area\cite{17,21}. The present results are consistent with previous findings. Furthermore, lipid-rich lesions were more prevalent inside than outside curved vessels. These results appear to support coronary lesions being more prominent in acute angle-type LCX than in obtuse angle-type LCX.

The frequency of sections with lipid-rich lesions also increased at the curvature. Similar results have been reported in humans\cite{22}. In low shear stress area, arterial endothelial cells exhibit greater susceptibility to atherogenesis due to the oxidation of lipids and their accumulation in the intima\cite{23,24}. In addition, the recruitment of monocytes to the arterial intima is induced due to an increase in expression of monocyte adhesion molecule in arterial endothelial cells\cite{23}. These findings support acute angle-type coronary arteries being more atherogenic than obtuse angle-type one. In the present study, coronary calcification was observed in all rabbits in 24 months old group, and was observed in LCX from proximal to distal area. Thilo et al.\cite{25} reported that calcification was observed in a wide range of human coronary arteries by CT analysis. Since calcification was observed in sections showing 60% or more cross-sectional narrowing, and most of them were observed in sections showing 90% or more cross-sectional narrowing, progression of coronary lesion may relate to formation of calcified core. The present results are similar to the report of CT calcium scoring on human coronary artery lesion\cite{25}. In the previous studies, the coronary artery calcium score was useful for clinical applications in Japanese individuals\cite{26}, and coronary artery calcium score is an independent predictor of cardiac event\cite{27}. These studies suggest strongly that calcification of coronary lesions is important in destabilization of coronary plaques and occurrence of cardiac events. Galaska et al.\cite{28} reported that the third quartile of coronary calcium score of heterozygous familial hypercholesterolemia (FH) was markedly high compared to non-FH patients with hypercholesterolemia. The authors speculated that FH genotype affects atherogenesis in coronary arteries. The information of coronary calcification of WHHLMI rabbits may be helpful for future studies.

In this examination, we used a small number of rabbits. Since there is a possibility that sufficient detection power may not be obtained because the number of samples is small, it is necessary to consider further increasing the number of samples.

In conclusion, the present study using WHHLMI rabbits revealed large individual differences in the angle of the main curvature of the LCX, and coronary lesions were more prevalent in acute angle-type LCX than in obtuse-type LCX. Furthermore, lipid-rich lesions were prevalent at the curvature of LCX. Therefore, running pattern of coronary arteries is an important factor in the development of coronary lesions.

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**Conflict of Interest**

The authors declared they do not have anything to disclose regarding conflict of interest with respect to this manuscript.

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### Supplemental Table 1. Characteristics of WHHLMI rabbits used in this study.

|                                | 6 months old group | 12 months old group | 24 months old group |
|--------------------------------|---------------------|----------------------|---------------------|
|                                | Female | Male | Female | Male | Female | Male | Female | Male |
| Number of rabbits used in this study | 3 | 2 | 7 | 1 | 3 | 3 |
| Serum lipid levels (mmol/l) at 2 months old | | | | | | | | |
| Total cholesterol              | 24 ± 0.8 | 24 ± 0.8 | 21 ± 1.6 | 26 | 23 ± 0.7 | 25 ± 2.9 |
| Triglycerides                  | 4.1 ± 1.3 | 3.4 ± 1.0 | 4.1 ± 1.1 | 5.4 | 2.7 ± 0.7 | 3.1 ± 0.5 |
| Serum lipid levels (mmol/l) at 6 months old | | | | | | | | |
| Total cholesterol              | 23 ± 3.7 | 26 | 28 ± 3.3 | 32 | 25 ± 0.3 | 31 ± 2.8 |
| Triglycerides                  | 2.1 ± 0.7 | 3.28 | 2.8 ± 0.5 | 2.7 | 2.0 ± 0.5 | 2.0 ± 1.0 |
| Serum lipid levels (mmol/l) at 12 months old | | | | | | | | |
| Total cholesterol              | 23 ± 2.2 | 24 ± 3.7 | 25 ± 1.3 | 2.5 ± 0.2 | 2.9 ± 0.8 |
| Triglycerides                  | 3.6 ± 0.7 | | | | | |
| Serum lipid levels (mmol/l) at 18 months old | | | | | | | | |
| Total cholesterol              | 21 ± 3.2 | 21 ± 3.2 | | | | |
| Triglycerides                  | 2.4 ± 0.8 | 1.7 ± 0.3 | | | | |
| Serum lipid levels (mmol/l) at 24 months old | | | | | | | | |
| Total cholesterol              | 29 | 22 ± 3.9 | | | | |
| Triglycerides                  | 2.4 | 2.3 ± 0.1 | | | | |
| Body weight at sacrifice (kg)  | 2.8 ± 0.2 | 2.6 ± 0.3 | 3.4 ± 0.3 | 2.8 | 3.4 ± 0.5 | 2.9 ± 0.3 |
| Coronary lesions               | | | | | | |
| Maximum stenosis (%)*          | 78 ± 18 | 50 ± 28 | 76 ± 5 | 80 | 88 ± 8 | 90 ± 9 |
| Average stenosis (%)           | 31 ± 9 | 23 ± 12 | 47 ± 12 | 44 | 76 ± 7 | 78 ± 17 |
| Sections with lesions (%)      | 58 ± 12 | 46 ± 4 | 67 ± 23 | 60 | 86 ± 14 | 86 ± 14 |

Data are represented as the mean ± SD. Values in parentheses represent number of rabbits analyzed.

*Maximum stenosis was calculated using the section showing the most severe coronary cross-sectional narrowing for each rabbit.
Supplemental Fig. 1. (A) Frequency of sections with lesions of acute angle-type LCX and obtuse angle-type LCX at the main curvature. (B) Cross-sectional narrowing of acute angle-type LCX and obtuse angle-type LCX at the main curvature. In 6 months age group, number of rabbits was 3 in obtuse angle type and 2 in acute angle type. In 12 months old group, it was 5 in obtuse angle-type LCX and 3 in acute angle-type LCX. In 24 months old group, it was 3 in both obtuse angle-type LCX and acute angle-type LCX. Data were represented as the mean ± SD. Statistical analyses were performed by Mann-Whitney U-test.

Supplemental Table 2. Comparison of rabbits with obtuse angle LCX and acute angle LCX

|                      | Obtuse angle-type LCX | LCX Acute angle-type LCX | P-value |
|----------------------|-----------------------|--------------------------|---------|
| Number of rabbits    | 9                     | 10                       |         |
| Percentage of sections with lesions (%) | 55 ± 19               | 81 ± 18                  | 0.008   |
| Average cross-sectional narrowing (%) | 26 ± 21               | 51 ± 26                  | 0.022   |
| Percentage of sections with fibrous lesion (%) | 44 ± 20               | 27 ± 15                  | 0.191   |
| Percentage of sections with lipid-rich lesions (%) | 32 ± 31               | 42 ± 26                  | 0.305   |
| Serum lipid levels at 6 months-old (n=8) |                       |                          |         |
| Total cholesterol (mmol/L) | 28 ± 3               | 27 ± 5                   | 0.563   |
| Triglyceride (mmol/L) | 2.6 ± 0.7             | 2.3 ± 0.7                | 0.290   |
| Serum lipid levels at 12 months-old (n=10) |                       |                          |         |
| Total cholesterol (mmol/L) | (n=5)                | 24 ± 2                   | 0.674   |
| Triglyceride (mmol/L) | 3.4 ± 1.0             | 2.9 ± 0.6                | 0.287   |

Data are represented as the mean ± SD. Statistical analyses were performed by Mann-Whitney U-test for atherosclerotic lesions and by Student t-test for serum lipid levels. Serum lipid levels were analyzed using 8 rabbits with obtuse angle LCX and 10 rabbits with acute angle LCX at 6 months old, and 5 rabbits with obtuse angle LCX and 7 rabbits with acute angle-LCX at 12 months old.