Research Article

Medical Imaging Diagnosis of Anterior Cruciate Ligament Injury Based on Intelligent Finite-Element Algorithm

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A medical imaging method based on an intelligent finite-element algorithm was proposed to diagnose anterior cruciate ligament injury modeling better. CT three-dimensional finite-element modeling was used to predict the fixation points of the anterior cruciate ligament (ACL) femoral tunnel. In this study, 19 subjects were selected, including 11 males and 8 females. There were seven cases of the left knee and 12 cases of the right knee; all patients had sports injuries. The anatomical structure of a patient’s knee was transformed into a three-dimensional model using finite-element analysis software for segmentation. The models of the tibial plateau and lateral femoral condyle were retained. The results showed that the Lysholm score difference ($D$) between 6 months after surgery and 1 day before surgery was used as the dependent variable in the three-dimensional finite-element model of knee joint established by the software. Pearson’s correlation analysis was performed, and the difference ($P < 0.05$) was statistically significant. The original image of the Dicom format obtained through CT scan is preprocessed in Mimics without any format conversion, which avoids the loss of information, saves more time, and reduces the workload. The definition of “threshold” is used to complete the extraction of bone contour and realize automation. The speed and accuracy of modeling are improved.

1. Introduction

A knee joint is one of the most critical and easily injured joints in the human body. Among all kinds of injuries of the knee joint, ligament injury accounts for a large proportion. The anterior cruciate ligament (anterior cruciate ligament, ACL) has the highest incidence of injury in the clinic. After ACL injury, improper treatment will seriously affect the stability of the patient’s knee joint and cause knee joint dysfunction or even disability. At present, arthroscopic ACL reconstruction surgery has become the most widely used treatment of ACL, which guarantees the functional recovery of the knee joint in patients with an ACL injury. However, traditional ACL reconstruction surgery still has a high failure rate and revision rate after surgery, which is mainly caused by inaccurate positioning of the ACL reconstruction tunnel during the surgery. Recent studies have shown that accurately positioning the ACL reconstruction tunnel at the original physiological, anatomical attachment point can make the length and position of the ACL closer to normal, achieve the best reconstruction effect, and maximize the stability and recovery of the knee joint. In recent years, the clinical application of computer-assisted ACL reconstruction technology has improved the accuracy of the tibial and femoral tunnel in ACL reconstruction, bringing hope to improve the arthroscopic ACL reconstruction and reduce the rate of surgical failure and revision [1].

Knee joint degeneration and cartilage damage are some of the most common complications after ACL reconstruction. The reason may be that the stability and biomechanical properties of the partially reconstructed knee joint have not been well restored, resulting in knee cartilage and half a month. The stress of the board is greater than the normal range, causing premature transformation damage and even a series of complications. The key to successful ACL reconstruction is to restore and maintain the normal biomechanical properties of knee cartilage, meniscus, and other structures in a normal range to avoid common complications after ACL surgery. Therefore, it is essential to explore the biomechanical properties of knee cartilage after different
ACL reconstructions. It can provide an essential theoretical basis for improving ACL reconstruction and reducing the incidence of joint degeneration after ACL reconstruction. Many conditions limit traditional biomechanical research methods of knee joints. Most of them are based on cadavers. It is challenging to study the biomechanical properties of knee joint cartilage after ACL reconstruction, and it is difficult to obtain relevant experimental data. By establishing a three-dimensional finite-element model of the knee joint, this study effectively analyzed the biomechanical properties of articular cartilage and meniscus in normal people and after ACL reconstruction. It compared the biomechanical test data and related information of the knee joint ACL, cartilage, and meniscus after different ACL reconstructions and discussed the advantages of computer-assisted ACL reconstruction technology to help determine the best method for ACL reconstruction. At the same time, the mechanism of knee anterior cruciate ligament injury under different motion and stress states is analyzed and studied, and biomechanical information related to ligament injury is obtained, which provides the experimental basis for further research on the finite-element model of the knee joint in the future.

ACL injuries can lead to long-term sequelae, such as meniscus damage, cartilage damage, and an increased risk of early osteoarthritis. Although ACL reconstruction is a routine treatment for young or active patients, studies have shown that ACL reconstruction does not reduce the risk of early radiographic osteoarthritis. Wang et al. reported that 78% of 205 male football players had imaging changes 14 years after an ACL injury, regardless of whether they received treatment or not [2]. Similarly, Liu et al. reported that 82% of female football players had imaging changes 12 years after ACL injury [3]. The initial factors causing the early knee OA of the ACL include the accompanying meniscus injury, articular cartilage injury, and subchondral bone injury. Elevated inflammatory cytokines in the injured knee joint may lead to degenerative changes. In addition, continued ligament relaxation can lead to abnormal neuromuscular feedback and knee kinematics, leading to abnormal contact stress and increased meniscus and articular cartilage damage. All of these factors can contribute to the development of early osteoarthritis. In a prospective study of 42 patients with anterior cruciate ligament injury of the knee, Wang, et al. indicated that all patients had MRI detectable cartilage damage at the time of injury [4]. The risk of cartilage loss in the lateral compartment of the knee and the medial condyle of the femur doubled after 1 year, and the risk of cartilage loss in the patella tripled. Marcian et al. examined the histological changes of these injuries on MRI.

Chondrocyte degeneration will lead to loss of proteoglycan, necrosis of subchondral bone cells, and formation of microcracks. These microcracks can cause endochondral ossification. When the knee is under pressure during movement, it can cause further degenerative changes. Most bone bruises dissipate within 6 months of injury, and about one-third of knees develop new bone marrow damage within 2 years of injury. These new bone marrow lesions may lead to repeated stress concentration in the non-weight-bearing area leading to microinjury. They may also cause biochemical changes in the synovial fluid and reduce their ability to protect the joint surface.

The presence of meniscus injury with anterior cruciate ligament injury has long been reported. The incidence of anterior cruciate ligament injury associated with a medial meniscus injury is 25% to 45% and that associated with a lateral meniscus injury is 31% to 65%. Xue et al. prospectively evaluated the incidence of knee osteoarthritis 10 to 15 years after surgery in patients with anterior cruciate ligament injury alone and meniscus injury group [5]. The incidence of joint space stenosis was 62% and 80% in the meniscus and injury groups, respectively. Zhao et al. followed up 482 patients after ACL reconstruction for an average of 7.6 years [6]. Only 3% of patients with normal meniscus and cartilage had abnormal imaging findings. In a 17-year follow-up study of more than 100 patients following ACL reconstruction, 52% had normal knee radiography, and 28% had early or confirmed osteoarthritis. In recent years, many scholars have put forward different biomechanical models of knee joints and made particular progress in research. However, due to the complexity of the anatomical structure of the knee joint, the properties of the component materials, the movement forms, and the load distribution of each component, it is impossible to accurately describe the various properties and behaviors of the knee joint.

This paper proposes a medical imaging method based on an intelligent finite-element algorithm based on current research. CT three-dimensional finite-element modeling was used to predict the fixation point of the femoral tunnel of the anterior cruciate ligament before surgery. The original image of the Dicom format obtained through CT scan is preprocessed in Mimos without any format conversion, which avoids the loss of information, saves much time, and reduces the workload. The definition of “threshold” is used to complete the extraction of bone contour and realize automation. The speed and accuracy of modeling are improved.

2. Clinical Data

2.1. General Information. Patients with ACL injuries were admitted to the hospital on June 13, 2019. Among the 19 people who were ultimately eligible for inclusion in the study, 11 men were about 29, and eight females were about 27. There were 7 cases of the left knee and 12 cases of the right knee, as shown in Table 1. All the patients had sports injuries and knee instability on the affected side (soft leg). Physical examination showed a positive Lachman sign, positive front drawer test, and positive axial shift test. MRI showed direct signs of complete ACL fracture in 18 cases and indirect signs of complete fracture in 1 case. Relevant, informed consent has been signed for this study. It has passed the ethical review of the Ethics Committee of the First Affiliated Hospital of the University of Chinese Medicine.
Table 1: Specific information of patients with ACL injury.

| Gender | Number | Age |
|--------|--------|-----|
| Male   | 11     | 29  |
| Female | 8      | 27  |

2.2. Inclusion Criteria. (1) Unilateral anterior cruciate ligament injury of the knee and (2) positive anterior drawer test, positive Lachman test, and positive axial shift test of the affected knee joint were confirmed by MRI.

2.3. Exclusion Criteria. (1) PCL injury of the affected knee joint is combined with traumatic arthritis of the cartilaginous surface of the lateral femoral condyle, severe degenerative changes, fracture of the lateral femoral condyle, osteonecrosis, bone tumour or other forms of severe bone defect or destruction, knee infection, and tuberculosis of the knee joint. (2) RCRL injury of the healthy knee joint is accompanied by traumatic arthritis and severe degeneration of the cartilaginous surface of the lateral femoral condyle, fracture of the lateral femoral condyle, osteonecrosis, bone tumour or other forms of severe bone defect or destruction, knee infection, and tuberculosis of the knee joint. (3) ACL reconstruction or other surgical procedures affecting the anatomical position of bone and soft tissue were performed on the healthy knee. (4) The flexion and extension range of the healthy knee joint cannot reach 90°−0° due to joint stiffness, limited movement, and fusion caused by various reasons. (5) Due to the internal fixation device or external fixation device, the knee on the right side needs to maintain plaster fixation and maintain skin traction or bone traction. Maintaining wearing an external fixator causes flexion and extension motions to fail to reach 90°−0°. (6) CT examination cannot be performed due to pregnancy and other reasons. (7) Patients do not agree or cooperate with researchers [7–9].

2.4. Data Collection. Spiral CT was used to obtain horizontal images of the subjects' right knee, including the middle and lower femur and the middle and upper tibia and fibula, by continuous CT scan in the straight position. In the supine position, the volunteers were asked to place their knees in the centre of the scanning field of vision, keep the longitudinal axis still, and keep the scanning section perpendicular to the body's long axis. Scanning conditions: bone tissue window was selected, with a spacing of 2 mm, 113 layers in total. Scan data were directly stored in the Dicom 3.0 standard. After processing, the redundant data were removed, and the three-dimensional geometric model of the human knee joint was established by 3D calculation. In the FEA module of Mimics, the generated 3D solid model was mesh-divided and smoothed. Shell and triangle reductions were respectively used to eliminate small inclusions, reduce the number of mesh elements, improve the quality of triangles, and conduct a triangle self-intersection test for nonintersecting triangles and wrong sides. This method can realize more accurate reconstruction of three-dimensional solid model of human knee joint [10].

3. Four Methods

3.1. Establishment of 3D Finite-Element Model. To carry out three-dimensional visualization processing of the acquired CT data, medical image processing software Mimics is used to read the data in Dicom format directly, extract the gray value of the bone in the image, and adjust the range of gray value in thresholding to separate the bone from the surrounding tissues [11]. Automatically mark gray values in the selected range of images and generate each layer of bone tissue contour. Referring to the physical morphology of human specimens, the graphs of different structures of the knee joints were manually described according to the image data of different sequences. Set up anterior cruciate ligament (ACL) and posterior cruciate ligament (Posterior Cruciate Ligament), respectively [12]. Two-dimensional images of PCL, medial collateral ligament (MCL), lateral collateral ligament (LCL) were extracted. After region growth, different regions were segmented. Each image layer was processed by edge segmentation, selective editing, and hole filling to remove redundant data. A three-dimensional geometric model of the human knee joint was established by 3D calculation. In the FEA module of Mimics, the generated 3D solid model was mesh-divided and smoothed. Shell and triangle reductions were respectively used to eliminate small inclusions, reduce the number of mesh elements, improve the quality of triangles, and conduct a triangle self-intersection test for nonintersecting triangles and bad sides. To achieve a more accurate reconstruction of the three-dimensional solid model of the human knee joint.

The FEA module of Mimics stores and outputs grid files with the suffix. Lis. The surface mesh model was transformed into the body mesh model in ANSYS, and the three-dimensional finite-element model of the human knee joint was established (Figure 1). This model includes the middle and lower femur segments, the middle and upper segments of the tibia and fibula, ACL, PCL, MCL, and LCL. The model is composed of 31,800 units and 15,914 nodes. The volume of the whole model is 591,394 mm³, and the surface area is 57,005 mm².

The operation was performed at the central point of the internal opening of the tunnel of the lateral femoral condyle. The same senior physician performed the operation, and the preoperative surveying physician acted as the positioning consultant with the table. Four semitendinosus (folded in half) and gracilis tendon reconstructions were performed for ACL injury, and the ACL stump was preserved as far as possible. The positioning of the centre point (a point I) of the mouth of the femur tunnel is as follows: knee flexion 90°, on the side of the patellar tendon, lateral and tibia platform under the joint line from inside to outside the needle inserted into the 3.5 mm on ACL, the lateral femoral condyle adhesion area, according to preoperative measurements, on a scale probe measurement point I proximal to the lateral femoral condyle cartilage edge, rear cartilage edge distance, precise point, I will guide the needle from I point to the knee joint through the above; the tibial tunnel was established in the same way as the conventional way. The four semitendinosus and gracilis tendons were braided and fixed with
the ACL TightRope loops. The graft was pulled from the tibial tunnel to the femoral tunnel, turning over the ACL TightRope plate at the outer opening of the femoral tunnel, bending the knee 90° to tighten the graft. After repeated flexion and extension of the knee about 20 times, the tibial fixed wing was inserted from the opening of the tibial tunnel downward to the articular cavity, and an absorbable interface screw was inserted, and a portal nail was inserted about 5 mm below the opening of the tibial tunnel. The remaining Ejaxion tendon thread was tied and fixed on the portal nail to fix the graft [13–15].

CT plain scan and 3D reconstruction of the affected knee joint were re-examined on the second day after surgery to determine the actual intraoperative central point of the inner opening of the tunnel of the lateral femoral condyle. The straight-line distance \( L \) from the preoperative central point \( I \) of the tunnel entrance was measured (see Figures 2–4). Six months after surgery, the anterior knee drawer test, Lachman sign, and axial shift test were examined in the out-patient visit. Lysholm score and IKDC score were performed again.

4. Validation of the Results and the Validity of the Finite-Element Model

SPSS13.0 software was used for statistical data analysis. The linear distance \( L \) between the central point \( R \) of the inner opening of the tunnel lateral femoral condyle in actual operation and the central point \( I \) of the inner opening of the tunnel in preoperative position in each case was set as the independent variable. The dependent variable was Lysholm score difference between 6 months after surgery and 1 day before surgery \( d \), and Pearson’s correlation analysis was conducted, \( P < 0.05 \). The difference was statistically significant. Then \( L \) was set as the independent variable. The difference between IKDC score 6 months after surgery and 1 day before surgery \( D \) was the dependent variable. Pearson’s correlation analysis was conducted, and \( P < 0.05 \) was statistically significant.

Postoperative CT re-examination of the affected side of the 19 patients who met the research criteria was performed. The linear distance between the actual central point of the tunnel entrance of the lateral femoral condyle and the preoperative position of the tunnel entrance centre was \( L \). The difference of Lysholm score \( D \) is analyzed by Pearson’s correlation 6 months after surgery and 1 day before surgery. The results show that \( L \) is equal to \( d \), significantly negatively correlated with statistical significance \( (P = 0.018 < 0.05) \).

Postoperative CT re-examination of the affected side of the 19 patients who met the research criteria was performed. The linear distance between the actual central point of the inner opening of the tunnel of the lateral femoral condyle and the preoperative position of the central point of the inner opening of the tunnel was \( L \). The difference in IKDC score \( D \) between 6 months after surgery and 1 day before surgery was analyzed by Pearson’s correlation. The results showed that \( L \) was negatively correlated with \( D \), and the correlation was statistically significant \((P = 0.009 < 0.01)\).
More and more scholars are applying a three-dimensional finite-element model of the knee joint to analyze the biomechanical characteristics of the knee joint. However, the research on the stress distribution of knee joints mainly focuses on ACL and femoral joint, primarily focusing on the stress analysis of normal knee joints under single or combined load or the analysis of the stress distribution of knee joint with ACL defect. There are few reports on the influence of different ACL reconstruction methods on the stress characteristics of postoperative ACL grafts and the stress distribution of meniscus and articular cartilage. This study aimed to investigate the causes of joint degeneration and other complications in the late stage of ACL reconstruction and to compare and analyze the computer-assisted ACL reconstruction. Traditional ACL reconstruction, comparing the changes of ACL, articular cartilage, and meniscus stress with the biomechanical characteristics of normal knee joint structure, provides clues to reveal the causes of complications, such as joint degeneration in the late stage of ACL reconstruction, and provides clues for further improvement and optimization of ACL reconstruction and provides theoretical basis. In this study, software was used to assist the establishment of three-dimensional finite-element models of knee joints of healthy volunteers and two types of ACL reconstruction. The digital model has an intuitive structure and realistic shape [16–18].

As a new research method, establishing and analyzing a three-dimensional finite-element model of the knee joint is inevitably lacking. First of all, a lot of manual adjustment work is needed to establish the finite-element model, which may cause some errors in the model. Secondly, the process of finite-element division of the model is also manually manipulated, and the finite-element solution is only an approximate solution. As the finite-element method needs to set the material properties of each part of the component model, the domestic research on the material properties of various structures in the knee joint is still relatively few, mainly relying on some foreign research results to analyze. This study did not consider the effects of the patella, quadriceps femur, and other structures on the knee joint. In the future, this model can be further improved by developing knee joint biomechanics research theory to make it more suitable for knee joint biomechanics research. Moreover, with the further development of materials science, finite-element analysis theory, and computer science, a three-dimensional finite-element model of the knee joint will become the primary method of biomechanical analysis of the knee joint.

5. Conclusion

This paper presents a medical imaging method based on an intelligent finite-element algorithm. CT three-dimensional finite-element modeling was used to predict the fixation points of the anterior cruciate ligament (ACL) femoral tunnel. In this study, 19 subjects were selected, including 11 males and 8 females. There were seven cases of the left knee and 12 cases of the right knee; all patients had sports injuries. Anatomical structure of the patient’s knee was transformed into a three-dimensional model using finite-element analysis software for segmentation. The models of the tibial plateau and lateral femoral condyle were retained. The results showed that the Lysholm score difference (D) between 6 months after surgery and 1 day before surgery was used as the dependent variable in the three-dimensional finite-element model of knee joint established by the software.

Pearson’s correlation analysis was performed, and the difference \( (P < 0.05) \) was statistically significant. An intelligent finite-element model was used to simulate anatomic and transtibial single-band anterior cruciate ligament reconstruction. The results showed that both anatomic and transtibial anterior cruciate ligament reconstruction did not fully restore the biomechanics of the knee at all angles. The femoral graft was located at the centre of the insertion area of the anterior cruciate ligament. The tibial graft was placed in three positions: anterior internal ligament, the midpoint, and the posterior external ligament according to the normal tibial ACL insertion. The results showed that the tibial graft position had little effect on the anterior stability and rotational stability after anterior cruciate ligament reconstruction. However, it did affect the tension of the graft and the contact stress of the medial and lateral cartilaginous cartilage.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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