Propulsion, deformation, and confinement response of hollow nanocellulose millimotors

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Abstract

Hypothesis:
Micromotor and nanomotor particles are typically made using dense solid particles that can sediment or be trapped in confined flow environments. Creation of much larger motors should be possible if a very low-density system is used with sufficient strength to carry liquid and still experience propulsive motion. Light, dense millimotors should also be able to deform more than dense solid ones in constrictions.

Experiments:
Millimotors are created from permeable capsules of bacterial cellulose that are coated with catalse-containing metal-organic frameworks, enabling reactive propulsion in aqueous hydrogen peroxide. The motion of the motors is quantified using particle tracking and the deformation is measured using microcapillary compression and flow through confined channels.
Findings:

Two different propulsion mechanisms are dominant depending on the motor surface chemistry: oxygen bubbles are expelled from hydrophilic millimotors, driving motion via reaction force and buoyancy. Hydrophobic millimotors remain attached to growing bubbles and move by buoyancy alone. Despite their large size, the low-density capsules compress to pass through contractions that would impede and be blocked by solid motors. The sparse structure but relatively large size of the motors enables them to transport significant volumes of liquid using minimal solid mass as a motor support structure.

Introduction

Microorganisms can propel themselves through liquid by different swimming mechanisms, and synthetic particle motors, termed “active matter”, have been created that mimic microbial motion by chemical, rather than mechanical, means. Particulate nanomotors and micromotors move by converting chemical fuel from their environment into kinetic energy, and can achieve remarkable speeds relative to their body length. Propulsion can be driven by self-generated solute gradients or electric fields or by formation of gas bubbles that cause buoyancy or ejection-induced recoil effects. Applications for the small motors are imagined in drug delivery, environmental remediation, and self-assembly while the particles’ unique motion is widely studied as well. Larger, millimeter-scale motors have recently been developed from clay/DNA membranes to act as synthetic protocells that move and carry out internal biochemical reactions. These larger-scale motors can broaden the possible applications of active matter, motivating us to develop a millimotor capsule that is easily functionalized but can also overcome difficulties most motors face with confined space navigation and sedimentation potential.

Our approach to develop these new millimotors takes inspiration from the biological cells that active matter seeks to mimic. Cells are partially permeable to water, minimizing den-
sity differences, while their softness enables them to deform and pass through narrow spaces and navigate confined environments. By contrast, most synthetic active particles are made using dense solid materials, like platinum or silica, whose large density differences with water promote sedimentation. Such particles are also too rigid to deform and escape environmental confinement. A recent review identified low density and robust deformability as important goals for future motor particles, and this work focuses on a new approach to meeting these challenges using unconventionally large motor capsules made from a mesh of bacterial cellulose fibers.

Hollow capsules are a promising way to minimise mass use and density issues in motor particles, and their low density makes them behave like much smaller particles in fluid. A recently developed bacterial cellulose capsule provides a unique minimalist scaffolding for millimotor particle development, and we explore their motion and response after coating them with two different MOF nanoparticles. The MOFs attach onto the capsule’s cellulose nanofibers and trap catalase enzyme in their structure, enabling conversion of aqueous hydrogen peroxide fuel into oxygen bubbles to drive motion. The MOF surface polarity determines the mode of millimotor propulsion by altering oxygen bubble affinity for the capsule surface. The velocity and motion of the driven capsules are measured by optical microscopy and shown to be quite efficient compared to solid micro- and nanomotors, despite being much larger and full of liquid. The low-density shells are efficient motor bases because of their structural integrity and minimal mass, but also provide unique benefits for bubble-driven flow. The flexible nanocellulose fiber struts allow significant deformation when passing through constrictions and the permeable capsules form a low-friction gas layer on the capsules that further enhances escape from confined spaces.
Methods and Materials

Cellulose microcapsule preparation: Cellulose microcapsules with diameters in the range of 50 – 1000 µm were synthesized by a biointerfacial polymerization process we previously developed\textsuperscript{[27]} In brief, bacterial cellulose microcapsules were grown using a water-in-oil emulsion of bacterial culture droplets as templates. The bacterial culture contains purified Acetobacter xylinum concentrated from Kombucha culture (Nourishme Organics, Australia) by gradient centrifugation, coconut water (Cocobella, Indonesia), and 10% w/v table sugar. Within 10 days, the encapsulated bacteria polymerize glucose molecules into cellulose nanofibers, with a diameter of 60 – 70 nm, that entangle to form a fiber mesh shell with a total thickness of 20 – 50 µm and a pore size of 0.5 µm\textsuperscript{[27]} at the oil-water interface. Subsequently, catalase-ZIFL and catalase-ZIF90 MOF crystals were grown \textit{in situ} on the nanofibers, producing hydrophobic and hydrophilic millimotors, respectively. Capsules ranged between 0.2-0.8 mm in size for both hydrophilic and hydrophobic particles.

Hydrophobic ZIFL coating: 5 g of catalase from bovine liver, Sigma Aldrich), 200 µL of 14.8 mM zinc nitrate (ZnNO\textsubscript{3}, Sigma Aldrich) aqueous solution and 2 mL of 714 mM 2-methylimidazole (Sigma Aldrich) aqueous solution were added to 1 mL of cellulose microcapsule dispersion. The mixture was mixed for 1 hr and then rinsed several times with deionized water.

Hydrophilic ZIF90 coating: 5 g of catalase, 2 mL of 40 mM zinc nitrate (ZnNO\textsubscript{3}, Sigma Aldrich) aqueous solution and 2 mL of 160 mM imidazolate-2-carboxyaldehyde (Sigma Aldrich) aqueous solution were added to 1 mL of cellulose microcapsule dispersion. The mixture was mixed for 1 h and rinsed with deionized water several times, Figure 1.

Enzyme labelling: 8.5 mg of Rhodamine B isothiocyanate (RhB, Sigma Aldrich Australia) was dissolved in 0.5 mL dimethyl sulphoxide (DMSO, Sigma Aldrich). In a glass vial, 40 mg of catalase was placed in 2 mL of sodium carbonate bicarbonate buffer (0.5 M, pH 9.5). Then, the RhB solution was added slowly into CAT solution. The CAT-RhB was then mixed for 2 h at room temperature in darkness. The unreacted enzymes were separated from
the labelled enzymes in an Illustra NAP-25 column (GE Healthcare). The first band eluted with Milli-Q water, which contains labeled enzymes, was collected for sample preparation.

**MOF and cellulose labelling:** Congo Red and FITC were used to stain cellulose fibers and MOF crystals, respectively, to enhance microscopy visualization by addition of 34 mg of 0.5 wt% aqueous Congo Red solution to 1 mL of cellulose microcapsule dispersion.

**Microscopy:** Confocal and light sheet microscopy imaging experiments were carried out on a Zeiss LSM 880 with Airy scan and Zeiss Lightsheet Z.1 (Germany) microscope. A 63x oil immersion objective, with numerical aperture NA = 1.4, 5x dry objective with NA = 0.16, and 20x water immersion objective with NA = 1 were used depending on the scale of observation desired. Low-magnification optical microscopy images were acquired via stereoscope (WILD M3C, Leica, Germany) with 6.4x objective to enable individual particle tracking in microcapsule dispersions at room temperature. ImageJ software was utilized to quantify the fluorescence intensity inside and outside of the microcapsule. Scanning electron microscope (SEM) images of the samples were taken on an FEI Nova Nano SEM 230 FE-SEM at an accelerating voltage of 5.0 kV.

**Fourier transform infrared spectroscopy (FTIR):** FTIR patterns were collected on Bruker IFS66/S High End FT-NIR/IR Spectrometer from 400 cm$^{-1}$ to 4000 cm$^{-1}$.

**Microcapsule deformation:** Micropipette manipulation was used to apply controlled deformation to individual capsules. A microcapillary with a right-angle bend held the microcapsule in place while a second blunt microcapillary with an outer diameter of 1 mm was moved toward the microcapsule at a constant speed using a syringe pump stepper motor (Aladdin, WPI). The process was imaged at 200 frames per second using an Opticam CMOS camera (Qimaging).

**Dissolved oxygen:** Dissolved measurements were performed using a dissolved oxygen meter (Oakton DO 6+) to quantify propulsion reaction kinetics for both hydrophobic (ZIFL) and hydrophilic (ZIF90) motors in the presence of 1% v/v H$_2$O$_2$. 


Results and discussion

Capsule characterization

Cellulose capsules are created using aqueous emulsion droplets of *Acetobacter* bacteria culture as templates. The bacteria produce an entangled shell of cellulose fibers with micron-scale length and nanometer-scale thickness, Figure 1. The overall capsule diameter is millimeter-sized like the emulsion droplet templates used to grow them. The use of the cellulose scaffolding provides a balance of structural integrity and flexibility with a significant cargo volume. For example, a 0.5 mm diameter capsule with a 20 µm shell thickness has a mass of only 200 ng because of its high porosity, but its internal volume holds 400,000 times more water mass. The capsules are modified to enable fuel-driven motion by attaching a large number of active MOF nanoparticles to the fibers that contain catalase enzyme in their structure. The MOF particles created here are a crystalline matrix of zinc ions connected by two different organic ligands that allow us to produce motors coated with hydrophilic ZIF90 MOFs, using imidazolate-2-carboxyaldehyde ligand, and a version coated with hydrophobic ZIFL MOFs, using 2-methylimidazole ligands, Figure 1. The 60 kDa catalase we used has a hydrodynamic diameter of ~ 7.4 nm and is encapsulated within the porous structure of the larger polycrystalline MOF nanoparticles that precipitate on the cellulose. The process of coating cellulose nanofibers with MOF particles is shown schematically in Figure 1. First, positively charged zinc ions are adsorbed on the cellulose hydroxyl surface group. After adding organic ligands, micron-scale MOF particles crystallize on the 60 nm cellulose fibers, altering the capsule porosity and mechanical properties. The two MOF structures used have the same zinc metal ion basis but are connected by two different hydrophilic and hydrophobic ligands to vary the particles’ surface chemistry and swimming behavior.

FTIR was used to assess the success of MOF and enzyme coating on the microcapsules by measuring the presence of the ligand and enzyme chemical groups, Figure 2. For ZIFL,
the characteristic peaks at 1585, 1147, ~750 (double bonds) and 423 cm$^{-1}$ correspond to the stretching vibration of C=N, bending vibration of CH, bending vibration of the imidazole ring and vibration peak of Zn-N, respectively. The presence of these peaks indicates the significant presence of the 2-methylimidazole ligands in the ZIFL. The absorbance spectrum of ZIF90, shown in Figure 2b), has a prominent mode centred at 1671 cm$^{-1}$, extending from 1751 to 1551 cm$^{-1}$, that is attributed to a C=O stretch in the imidazolate-2-carboxyaldehyde ligand structure. The position and intensity of this carbonyl band obscures the amide I and, partially, the amide II spectral features of the catalase. Figure 2(a) shows the amide II spectral region with two peaks centered at about 1540 and 1515 cm$^{-1}$. The position of these bands is consistent with the amide II components of free catalase, showing its successful encapsulation in the MOF particles on the cellulose fibers. Despite the lower sensitivity of amide II to protein secondary structure versus amide I, we conclude that the secondary structure of catalase-ZIF90 is comparable to catalase-ZIFL. Structural studies of the crystalline MOFs formed on the capsules showed identical diffraction patterns for both ZIFL and ZIF90 after enzyme encapsulation and attachment to the cellulose capsule, Figure S1.

Figure 2(b) shows an SEM image of native cellulose nanofibers in a capsule. The original cellulose fibers in the pristine capsules are quite strong and thin, but the deposition of metallic MOF nanoparticle networks onto these fibers will modify them in a number of ways, including their mechanical properties and the overall capsule permeability to the fluid environment. The patterns of deposition will also affect the mode of propulsion by catalysis, so we characterize their state by imaging. Figures 2(c-f) show crystals of ZIFL and ZIF90 deposits on the capsule fibers. The microcapsules were freeze-dried at $-65^\circ$C to avoid any collapse that might occur by capillary pressure during air drying. As shown in Figure 2, the fiber diameter is between 20-70 nm with a length of several microns for the unmodified cellulose microcapsule. After crystallization of MOF on the capsules, particles with an average size of 100 – 150 nm for ZIFL and 150 nm for ZIF90 attached to the surface of the
Figure 1: Fabrication of hydrophilic and hydrophobic cellulose millimotors. Schematic illustration of coating the bacterial cellulose microcapsule with MOFs that contain catalase and convert the capsules into millimotors. The MOFs exist in the form of crystalline nanoparticles with a cage-like structure made of metal ions connected in a network via organic ligands and each crystal can encapsulate one or multiple biomolecules by physical adsorption\textsuperscript{33–35}. The \textit{in situ} growth of MOF crystals on cellulose fibers occurs by adsorption of the positively charged metal ions onto the cellulose hydroxyl group through electrostatic interaction. Subsequent addition of organic ligands enables co-precipitation with the metal ions to form MOF crystals on the fibers\textsuperscript{36}.
cellulose fibers, Figure 2(c-d). The addition of the MOF particles to the capsule is expected to alter the mass and inertia of the system during subsequent propulsion studies. If we assume the MOF coating is a 99% dense single layer of 100 nm particles with a density of 2 g/cm$^3$, the particles add 150 ng mass to a 0.5 mm diameter cellulose capsule, at most doubling its weight while still being dominated by the mass of the liquid cargo in its capsule.

Differences can be seen in the coating morphology at higher magnifications, Figure 2(e-f), based on the polarity of the MOF particles produced. For example, the hydrophobic ZIFL particles form structures that partially span the gaps between fibers Figure 2(e), likely because the particles have less affinity for the hydrophilic cellulose. The hydrophilic ZIF90 coatings seem to follow the fiber structures more closely due to more intimate contact, Figure 2(f). Although different morphologies form on the capsules, MOF film growth on individual fibers will in either case increase the effective fiber size and reduce the pore size of the overall capsule. Previous measurements$^{27}$ indicated the pristine capsules have pore sizes on the order of 500 nm so the MOF crystals will rapidly reduce the overall capsule permeability as they grow.

Different microscopy techniques were used to visualize the pristine and modified cellulose microcapsule at larger length scales for a more holistic capsule characterization. Light sheet fluorescence microscopy (LSFM) allows us to visualize the full 3D structure of the millimotors. Cellulose, MOFs, and catalase were stained with Congo Red, FITC, and Rhodamine B, respectively, before fluorescent imaging. Figures 3(a-c) show 3D reconstructions of pristine and modified cellulose microcapsules coated by both MOF types, with the cellulose fibers shown in red. At this magnification, the pristine capsule in Figure 3(a) looks spherical and almost solid as the capsule pores are micron-scale$^{27}$. A capsule with the hydrophilic ZIF90 MOF coating is shown in Figure 3(b) and the impact of the MOF coating is clearest in the dark regions of the spherical capsule where larger MOF regions obscure the cellulose fibers. The coating is heterogeneous due to random variations in the solution during precipitation. More detail can be resolved at higher magnifications.
Figure 2: (a) FTIR spectra of pure catalase (CAT), both MOF types, pristine cellulose microcapsules, and cellulose microcapsules after MOF coating. IR peaks show successful combination of enzyme, MOF, and cellulose fibers. (b) SEM of pristine cellulose microcapsule surfaces, (c) hydrophilic ZIF90 MOF particles, (d) hydrophobic ZIFL MOF particles. (e and f) Higher magnification views of cellulose fibers coated with MOF particles, highlighting the reinforcement of the cellulose microcapsule fibers by the dense deposits as well as some reduction in pore size. The MOF particle coatings on cellulose fibers tend to form pore-spanning bridges for (e) hydrophobic ZIFL MOF while deposits tend to follow the fiber structure more for (f) hydrophilic ZIF90 MOF. All scale bars 5 µm.

Higher resolution imaging is performed using confocal microscopy to visualize the hollow and fibrous structure of the microcapsules, with and without a MOF coating, Figures 3(d-i). Figures 3(d-f) show a single mid-plane slice through the capsule, demonstrating that the capsules are largely hollow, and have a shell on the order of 20 µm in agreement with past work. The capsules with hydrophilic ZIF90 and hydrophobic ZIFL MOF coatings in Figures 3(e-f) have similar shell thicknesses to the pristine capsule in Figure 3(d), as the nanoscale MOF coatings coat individual fibers and don’t significantly change the overall capsule wall thickness. An even higher magnification view of the capsule shells highlights the degree of penetration of the fiber structures by the MOF particles being deposited, Figures 3(g-i). Here the MOF nanoparticles are shown as yellow and the cellulose fibers as red. The optical resolution of the confocal system used here is on the order of 200 nm so these images will not resolve the smallest deposits formed and only serve here to indicate the degree of individual fiber coating by the MOFs. As the MOF particles are the framework we use to encapsulate the catalase enzyme for propulsion, the distribution of both is of interest to
particle design and motor performance.

Enzyme distribution is a key parameter determining millimotor motion and orientation. The distribution of enzyme on the MOF-coated capsules is demonstrated in Figures 3(j-k) using a 3D reconstruction of the millimotor capsules with a color map indicating the intensity of the Rhodamine B dye labeling the catalase. We observe a heterogeneous but thorough distribution of the enzyme on the surface of the hydrophobic motor, Figure 3(j), but an asymmetric distribution along the top half of the surface of the hydrophilic millimotor, possibly because of a higher affinity of the enzyme for the hydrophobic MOFs, causing some segregation on the hydrophilic system. A bulk-scale measurement of enzyme availability, a Bradford assay, was also used to calculate the encapsulation efficiency of catalase as 98.2% for hydrophobic ZIFL and 85.9% in hydrophilic ZIF90 motors. The difference in spatial distribution of the enzyme on the capsules could potentially affect self-propulsion of the motors by inhomogeneous oxygen bubble production, but for buoyancy-dominated motion such an effect should be negligible. The MOF coatings on the capsules can also affect porosity of the capsules, so we now assess modified capsule exchange with the fluid environment.

**Porosity of motors**

Song et al. studied the permeability of pristine cellulose microcapsules and found a pore size on the order of 500 nm. After surface modification of the microcapsules by MOF deposition, we expect the pore size to change significantly so we study this by molecular tracer diffusion experiments. FITC-labeled dextran chains ranging from 4-40 kDa were used as tracers to determine the permeability of MOF-coated cellulose microcapsules based on size exclusion. After mixing microcapsules with 1 mg/ml of FITC-dextran and 24 hr incubation, confocal microscopy images of capsules were obtained to determine the ability of different sizes to penetrate the coated capsules. Figures show capsules that have been exposed to different size FITC-dextrans and the intensity of green tracer that was able to diffuse.
Figure 3: Lightsheet fluorescence microscopy shows 3D reconstructions of the (a) pristine cellulose microcapsule, (b) a microcapsule coated with hydrophilic ZIF90, and (c) hydrophobic ZIFL MOFs. A single mid-plane slice through the microcapsule (d) before and after coating with (e) hydrophilic and (f) hydrophobic MOF. (h-i) Higher magnification confocal images show MOF particles in yellow and cellulose fibers in red. 3D images of enzyme distribution on the (j) hydrophobic and (k) hydrophilic millimotor surface.
Figure 4: Measurement of permeability of (a-c) hydrophilic and (e-g) hydrophobic millimotors based on transport of three different FITC-dextran tracers with molecular weight ranging from 4-40 kDa. Figures (d) and (h) show capsules that contained 40 kDa dextran before being coated with MOFs to demonstrate their encapsulation ability. The FITC-dextran concentration varies from green regions of high concentrations to black where no FITC-dextran is resolved. Scale bars are 50 µm. The fluorescence intensity in (a-g) is summarized by plotting integrated normalized intensity of the images for the (i) hydrophilic ZIF90 and (j) hydrophobic millimotors.
inside of the capsules coated with hydrophilic ZIF90 provides a measure of the new capsule pore size. The 4 and 19 kDa tracers penetrate the hydrophilic ZIF90 microcapsules in Figures 4(a-b), indicating a pore size larger than 1.9 nm, while the 40 kDa remains outside of the capsule, Figure 4(c), blocked by the new pore size and indicating the hydrophilic capsule is impermeable to 4.3 nm species.

For hydrophobic ZIFL coated capsules, 4 kDa FITC-dextran shows a small amount of diffusion inside the capsule after 24 h. However, 19 and 40 kDa molecular weight FITC-dextran chains are totally excluded from the microcapsules. These capsule pores must then have an average diameter less than 1.9 nm. A second experiment was performed to confirm the upper limit of pore size of both capsule types: we immersed microcapsules in 40 kDa FITC-dextran and then coated them with hydrophilic and hydrophobic MOFs. After washing the capsules with deionized water multiple times, and holding for 24 h, we saw no release of FITC-dextran from either hydrophilic or hydrophobic capsules, Figures 4(d) and (h), respectively. Different reaction times and conditions could alter these effects, but the results in Figure 4 indicate a more than 100X variation in pore size is possible for MOF-coated cellulose capsules. For comparison, plant cells have a cellulose structure that is permeable to molecules with a diameter ranging from 3.5 – 5.2 nm. MOF coating of capsule fibers enables us to create motors with chemical propulsion that have tunable permeability and solute exchange.

Because the dextran is shown to be uniformly blocked by the coating, it indicates a fairly uniform coating, on average, by the crystals given the deposition occurs throughout the thickness of the capsule walls. So these particles remain permeable after coating, though much less so than their more permeable pristine form, meaning they can fill with fluid and carry that cargo during movement. It also means the coated capsule millimotors can still exchange contents with the environment via molecular diffusion, for example to perform delivery of a chemical cargo. The length scale of the pores can then be used to control the subsequent selectivity of the capsule in these applications.
Figure 5: (a) Oxygen gas increment measurements in an aqueous 1% hydrogen peroxide solution containing dispersed hydrophilic or hydrophobic millimotors. (b) Time-lapse images of hydrophobic ZIFL (first row) and hydrophilic ZIF90 (second row) motor trajectories in aqueous 0.25 wt% H₂O₂. For hydrophobic motors, bubble formation and growth lifts motors vertically via buoyancy. For hydrophilic motors, both bubble propulsion and buoyancy contribute to motions, initially driving motors in random directions then mostly vertically. (c) Multiple hydrophilic and hydrophobic motors have similar traits, moving vertically when buoyancy dominates and in multiple directions when both buoyancy and propulsive recoil contribute. (d) Schematic of the proposed mechanism for millmotor bubble formation and movement: hydrophobic motors remain attached to O₂ bubbles and their motion is dominated by buoyancy, while hydrophilic motors have elements of horizontal motion due to propulsion by bubble ejection as well as buoyancy.
Millimotor capsule propulsion

Oxygen gas production and bubble formation play an essential role in propulsion of both hydrophobic and hydrophilic millimotors. When exposed to an aqueous hydrogen peroxide solution, catalase enzyme immobilized in the MOFs catalyzes hydrogen peroxide decomposition into oxygen and water molecules, with the excess oxygen gas forming bubbles and driving motion. We first assess the rate of reactive oxygen generation in a bulk solution of 1% \( \text{v/v}\% \) \( \mathrm{H}_2\mathrm{O}_2 \) containing hydrophobic ZIFL and hydrophilic ZIF90 motors, Figure 5(a). Both systems rapidly produce oxygen, but the rate of \( \text{O}_2 \) production by hydrophilic ZIF90 motors was more than six times that by hydrophobic ZIFL motors, Figure 5(a), as a result of differences in enzyme activity. The catalase enzyme has a higher affinity for a hydrophobic surface, which can cause conformation changes that denature the protein, reducing its activity. Oxygen production rate is important to motor performance, as sufficiently high rates can lead to bubble ejection and propulsion by recoil forces, whereas slower growth tends to favor bubbles remaining attached to a motor so that motion is dominated by buoyancy. The mode of bubble-motor interaction, however, is also affected by the motor surface chemistry and the resultant affinity of hydrophobic bubbles for a motor.

We studied the performance of these motors by observation of an aqueous dispersion of individual or multiple enzyme-powered millimotors. The motors were placed in a transparent cuvette and allowed to sediment, then different concentrations of aqueous hydrogen peroxide solution ranging from 0.065 - 1% were added and allowed to diffuse to the motors at the bottom to initiate propulsion. Once peroxide decomposition began, cellulose millimotors became buoyant and migrated from a resting position at the bottom of the cuvette to the rest of the fluid volume. A high-speed camera was utilized to observe growth of single and multiple oxygen bubbles inside or outside of the motors in less than a minute after addition of hydrogen peroxide.

In all motion studies, we see a clear difference between the hydrophobic ZIFL motors, that initially move in all directions as a result of rapid bubble production and ejection,
and the hydrophilic ZIF90 motors that only move vertically, Figure 5(b). For example, the hydrophobic ZIFL motor in the top row of Figure 5(b) follows a completely vertical trajectory over several seconds until it reaches the top of the water volume and drifts slightly to the side. This is consistent with extensive work on mineral flotation, where hydrophobic particles are separated from suspensions using air bubbles that flow through the system.\textsuperscript{43,44} The hydrophilic ZIF90 motor in the bottom row of Figure 5(b), however, initially moves down as a result of ejecting a bubble upward, then makes a hard turn to our left and moving across the bottom of the cuvette. After these two major direction changes, the motor then moves up as buoyancy becomes dominant. Multiple millimotors in dispersion behave similarly, as shown in Figure 5(c) for a 0.05 wt% solution of hydrogen peroxide. The hydrophobic ZIFL motors all follow remarkably consistent vertical trajectories as their motion is dominated by buoyancy due to growth of strongly attached bubbles. The hydrophilic ZIF90 motors, however, show more complex motion that can lead to correlated trajectories, like the two motors in the bottom left corner of the image, but opposing directions are also possible as seen in the upper right region of the image. The enzymatic activity is maintained until the exhausted of the chemical fuel, so adjusting the concentration increases the initial rates of movement and extends the length of time that movement can be observed. The two motor surface chemistries thus enable different directions of movement. Bubbles can be generated wherever enzymes are located on the surface of the motors, so if the bubble is initially ejected the motor will move in the opposite direction by recoil. If bubbles remain attached, however, the motor will move up by buoyancy and its initial orientation is less significant to the subsequent motion. We summarize the mechanisms of motion by schematic in Figure 5(d).

The cellulose microcapsules used here vary in size from 200 – 600 µm, all much larger than commonly-studied micro- and nanomotors, but consistent with recently-developed protocell millimotors.\textsuperscript{18} We are curious about the performance of these motors versus their smaller counterparts, however, as their large size but low solid mass could provide additional
benefits. As noted earlier, the capsules are low-density and permeable, with the majority of their inertia due to water that permeates the interior. A useful benchmark is the motor velocity relative to its diameter, where impressive values of 4-200 diameters/second are known\(^4\). Here we see hydrophobic ZIFL millimotors regularly moving at average velocities of up to 4 mm/s, a relative velocity of more than 8 diameters/second, while hydrophilic ZIF90 millimotors can reach average velocities of 40 mm/s, a relative velocity of more than 80 diameters/second. The difference is the result of the recoil force exhibited by only the hydrophilic ZIF90 motors, as buoyancy is the only other mechanism possible for both systems. Given that these motors are orders of magnitude larger than micro- or nanomotors, it is encouraging to note their propulsion, even while containing a massive liquid cargo, is competitive with much smaller solid motors.

Figure 6: Deformation and recovery of hydrophobic (a1-a3) motors using microcapillary manipulation. The microcapsule was deformed by a capillary tip, and each column indicates the stage of initial, deformation, and recovery. The spherical shape of the hydrophobic motor is recovered after 75% of strain. (b1-b3) Successive images show the growth of an oxygen bubble on the surface of a hydrophobic ZIFL capsule over 5 millisecond intervals. The capsule deforms under the stress exerted by the bubble, indicating an ability to change shape during movement as the drawn lines document.
Figure 7: (a) Composite images of the hydrophilic motor passing through a constriction in an aqueous solution of 3% H$_2$O$_2$. (b) The slope of the vertical position and time plot shows the velocity of the hydrophilic motor, around 300 µm/s, during its motion through the confined channel. (c) Changing hydrophilic motor strain at different vertical positions in the constriction.
Motor deformation and confinement response

The cellulose motors have a unique porosity and response to mechanical stress because of their combined strength and flexibility. As a result, we are interested in how these particles affect capsule response to extensional stress. First, we need to evaluate the extent to which the modification of the motors by the formation of MOF crystals affects their mechanical properties. Song et al. found unmodified capsules deformed elastically under compression, recovering after deformations as large as 20% but remaining indented or buckled at higher strains. Adding crystalline MOF particles, however, is expected to stiffen the fibers and change the capsule response to deformation. Stress-strain curves for up to five individual millimotors were measured using an extensional flow in a microfluidic channel. We found that the elastic modulus, \( E = 100 \text{ Pa} \), of pristine cellulose microcapsules increased \( \sim 30X \) after coating with hydrophilic ZIF90 MOFs and \( \sim 140X \) after coating with hydrophobic ZIFL MOFs. The difference is likely a result of variations in coating uniformity and distribution, Figure 2.

Along with an increased elastic modulus, the capsules preserve significant ability to recover from deformation, as we demonstrate in Figure 6. Figure 6(a) shows the microscopic response of a hydrophobic ZIFL millimotor to deformation by a blunt microcapillary end. Both hydrophobic ZIFL and hydrophilic ZIF90 motors largely recover their original profile after being indented by external stress to a strain of \( \varepsilon = 74\% \) and higher, while pristine capsules do not fully recover from strains higher than \( \varepsilon = 20\% \). The addition of MOFs clearly increases the elasticity of the capsules while adding propulsive capability. This is consistent with above estimates of a significantly increased capsule modulus after MOF coating.

Figure 6(b) suggests an even more interesting dimension to the flexibility of these motors. A series of successive close-up images of a bubble evolving on a hydrophobic ZIFL motor surface in Figure 6(b) indicates that the motor structure actually flexes in response to the pressure of the bubble expansion itself. Here the bubble is likely generated inside of the capsule and then squeezes out of a pore to exert the pressure seen here. Such an
effect could also occur if the bubble formed on a capsule that was confined in some way. The result indicates the motors could actually be changing shape during motion, increasing their flexibility and responsiveness, and offering a mechanism for more complex movements in future work. As pointed out earlier, there is a need for motors to navigate confined environments while adapting and recovering to the different conditions they encounter. We now evaluate whether such deformation and response can occur when the millimotors encounter confinement during their propelled movement. We do this by studying the performance of the motors during propulsion in a constricted channel and note whether the combination of propulsion and flexibility enhance their mobility.

Figure 7(a) shows a series of images of a hydrophilic ZIF90 motor as it moves vertically through a gradually constricting capillary. The spherical millimotor initially has a diameter of 2.9 mm so can enter the capillary but must compress in order to exit, as the capillary internal diameter reduces from 3.5 mm, to 2.2 mm at its outlet. The motor has been artificially colored red in the image and the surrounding bubbles have been colored blue to enhance visibility. The motor is initially driven by buoyancy but slows in the second frame in response to the narrowed passage. The narrowing of the channel causes compression of the motor, increasing its strain to more than 25%, Figure 7(c). However, the motor continues to produce bubbles behind itself that grow as the reaction proceeds. A solid particle at this point would be unable to proceed and simply block the channel, but the flexible motor is able to deform much more in response to stress, Figure 6(a), and continues to move, albeit in a more cyclical way as seen in the plot of vertical position in Figure 7(b). Despite the small variations in velocity, the overall progress of the motor is relatively constant as a result of its flexibility and reactive propulsion. The growth of surface bubbles likely aids movement by reducing drag on the capsule. Figure 7(a) also shows the formation of a large bubble behind the motor that aids in pushing it through the constriction. Interestingly, the bubble driving the capsules through the capillary is pinned to the capillary wall, allowing it to push against the capsule. Such behavior is beneficial for this additional propulsion mechanism to act,
as a non-wetting capillary surface would reduce the ability of the bubble to push the motor. The results in Figure 7 show that the production of deformable responsive motors with the low-density cellulose capsules developed here enable use in confined environments that solid particle counterparts can not handle. A high level of deformation might be expected to cause erosion of the MOFs from the capsules surface; however, no detectable fragments were observed following the deformation experiments in Figure 6(a). In addition, the results in Figure 7 indicate propulsion is maintained even during quite robust deformation in confinement, further confirming the motors largely remain attached.

Conclusions

In this study, enzyme-powered millimotors have been made by crystallization of MOF particles encapsulating catalase enzymes onto soft cellulose microcapsules. The large size, but low mass of the motors makes them a unique addition to the range of existing particle motors as they are able to carry significant volumes of liquid cargo because of their capsule permeability. The large capsules are able to move using chemical fuel thanks to the numerous nanomotors attached to their surfaces, analogous to a large tanker ship driven by multiple tugboats.

Two mechanisms of propulsion result from enzyme-mediated production of oxygen gas bubbles in the presence of hydrogen peroxide. Bubbles grow on and remain attached to hydrophobic motors, driving vertical motion as buoyancy rapidly grows. For hydrophilic motors, bubbles are initially expelled from the structures, driving randomly-directed motion by recoil force, but as more bubbles grow motion becomes dominated by buoyancy and the motors rise similarly to the hydrophobic motors. Despite their large size, the millimotors move with surprising speeds, reaching levels of 80 motor diameters per second for the hydrophilic motors, when recoil force dominates movement, and 8 motor diameters per second when buoyancy dominates. The low density of the millimotors makes them highly efficient.
at movement, exhibiting similar or faster relative velocities than much smaller solid particle motors. The flexible response to mechanical stress of the millimotors enables them to squeeze through significant constrictions, making their mobility viable even in confined spaces and environments where solid motor particles would clog and jam. The millimotors can compress their diameter by as much as 30% in a constriction and their continuous generation of gas bubbles creates a low-slip surface layer and a back-pressure that enhances movement through tight spots. Such flexibility also offers a possible way to rapidly release the liquid cargo of the capsules and we plan to study this in future work.

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