Synchronous X-ray/Optical QPOs from the Black Hole LMXB MAXI J1820+070

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ABSTRACT

We present high-speed optical photometry from SAAO and SALT on the black hole LMXB MAXI J1820+070 (ASSASN-18ey), some of it simultaneous with NICER, Swift and Insight-HXMT X-ray coverage. We detect optical Quasi-Periodic Oscillations (QPOs) that move to higher frequencies as the outburst progresses, tracking both the frequency and evolution of similar X-ray QPOs previously reported. Correlated X-ray/optical data reveal a complex pattern of lags, including an anti-correlation and a sub-second lag that evolve over the first few weeks of outburst. They also show correlated components separated by a lag equal to the QPO period roughly centered on zero lag, implying that the inter-band variability is strongly and consistently affected by these QPOs at a constant phase lag of roughly ±π. The synchronisation of X-ray and optical QPOs indicates that they must be produced in regions physically very close to each other; we thus propose that they can be explained by a precessing jet model, based on analogies with V404 Cyg and MAXI J1348-630.

Key words: black hole physics —Low Mass X-ray Binaries — accretion — accretion discs — stars: individual (MAXIJ1820+070)

1 INTRODUCTION

A prominent feature of Black Hole X-ray Binaries (BHXBs) in outburst is the presence of quasi-periodic oscillations (QPOs), short time-scale modulations exhibited in the X-ray light-curves. Though the QPOs in BHXB transients have been studied extensively, their origin, evolution and physical nature remain controversial.

Both X-ray and optical QPOs have been seen in the bright BHXB MAXI J1820+070 (ASASSN-18ey) (hereafter J1820), discovered in March 2018 in X-rays by Kawamuro et al. (2018) and then as an optical transient by Denisenko (2018). X-ray QPOs from J1820 have been found by INTEGRAL, who detected a low frequency, 0.04±0.01 Hz QPO with the JEM-X monitor in late March 2018 (Mereminskiy et al. 2018), and AstroSat confirmed an X-ray QPO of 0.0477 Hz (Mudambi et al. 2020). Also, a QPO at ~0.06 Hz was reported in April from Swift X-ray power spectra (Yu et al. 2018).

The X-ray QPO properties of J1820 from NICER observations have been presented in detail by Stiele & Kong (2020), showing how their frequencies evolve smoothly from ~0.03 Hz on day 10 to ~10 Hz at the time of the hard to soft state transition. For convenience we adopt the same time reference as used by Stiele & Kong (2020) (i.e. day 0 is 2018 Mar 11 0:00 UT = MJD 58188), just before the first triggering of X-rays from J1820 (Kawamuro et al. 2018). Insight-HXMT has detected 1–200 keV X-ray QPOs with frequency gradually evolving from 0.02 Hz to 0.65 Hz in the hard and intermediate states (Ma et al. 2021). X-ray QPOs from NuSTAR observations were also reported (Buisson et al. 2019). Furthermore, a QPO of 0.0495 Hz was reported from optical photometry with the Lijiang 2.4m telescope of Yunnan observatories by Yu et al. (2018) on March 30, 2018. The INAF-Astronomical Observatory of Padova also detected a 0.128 Hz
optical QPO with IFI+Iquey and Aquey on April 18 and 19, and two more QPO-like features (0.268 Hz and 0.151 Hz) were detected on June 9–10, using the same instruments (Zampieri et al. 2019).

The number of QPOs detected and their characteristic frequency range depends on the system properties. QPO frequencies <1Hz have been seen in Cyg X-1 (Pottschmidt et al. 2003) and low frequency QPO-like features in the range ~0.03Hz – 0.05 Hz from hard state observations of XTE J1752-223 (Muñoz-Darias et al. 2010). Similar QPOs were also detected from GX 339-4 in 2004 (Motta et al. 2011).

We find low frequency optical QPOs in our J1820 hard state data, which we discuss in Section 3.1 and show in Section 3.2 that they closely track the previously reported X-ray QPOs. We used SALT and the SAAO 1 m to obtain high-speed photometry at various times in the outburst of J1820. These data were cross-correlated (section 3.3) with simultaneous X-ray observations from NICER, Swift and Insight-HXMT. Our discussion and conclusions are presented in Section 4. For further background information on J1820 together with our long-term variability study see Thomas et al. (2021) (hereafter Paper I).

2 OBSERVATIONS

The optical observations of J1820 used here were carried out with the Southern African Large Telescope (SALT) and the South African Astronomical Observatory (SAAO) 1 m telescope. There are extensive X-ray observations of J1820 throughout the entire outburst with NICER, Swift and Insight-HXMT, some of which have already appeared in the literature, and which we use here to compare with our optical results.

2.1 SAAO/SHOC

The high speed photometry of J1820 was performed with the SAAO 1 m for 20 nights, from 25 March to 29 September 2018. The Sutherland High Speed Optical Camera (SHOC, Coppejans et al. 2013), using a frame-transfer EM-CCD (Andor iXon888), mounted on the 1 m, was used with a clear filter and exposure times of 200 ms. The light curves derived from the images were produced from differential aperture photometry using the SHOC data reduction pipeline1. We used GSC 00444-02282 from SIMBAD as a comparison star.

2.2 SALT-RSS/SALTICAM

Photometry of J1820 was also performed with SALT during 5 days in June and July 2018. Observations on 13 June and 7 July used SALT’s imaging spectrograph (the Robert Stobie Spectrograph, RSS), whereas those on 2 May, 8 July and 10 July employed SALTI-CAM, which acts as both an acquisition camera and fast science imager.

2.3 NICER and Insight-HXMT

We analysed all X-ray observations of J1820 collected by NICER between March and September 2018. NICER data were obtained from the HEASARC data archive and processed via calibration release xrt20200722, screening out any “hot” or problematic detectors.

The Insight-HXMT X-ray light-curve data collected from the Insight-HXMT archive data centre are used here in our optical/X-ray cross-correlations. The small field-of-view detectors of three payloads (LE: 1–15 keV, 384 cm²; ME: 5–30 keV, 952 cm²; HE: 20–250 keV, 5100 cm²) onboard Insight-HXMT were used to generate the light curves in good time intervals (GTIs).

3 SIMULTANEOUS X-RAY/OPTICAL HIGH SPEED PHOTOMETRY

The study of simultaneous, fast X-ray and optical variability allows us to probe the emitting regions close to the central black hole in LMXBs. In particular, we focus on the presence of QPOs in J1820 that were detected in both X-ray and optical data.

3.1 QPOs

We used the Lomb-Scargle (LS) Periodogram from gatspy.periodic2, to perform the period analysis of our optical and X-ray light-curves.

LS power spectra of our SAAO and SALT slotmode data reveal the presence of fast variability and QPOs. We collect together all the QPOs from our SHOC and SALT data in the frequency range ~0.04 Hz to 0.3 Hz in Figure 1, plotted in log-log space to better show the QPOs and for comparison with the X-ray behaviour.

In Figure 1, the SHOC LS power spectra for days 27, 28, 89, and 93 have QPO peaks shown in red, black, green and cyan, respectively, and the blue spectrum is from SALT-RSS on day 95. The optical QPOs observed on days 27, 28, 89, 93, and 95 are at 0.072 Hz, 0.08 Hz, 0.278 Hz, 0.26 Hz, and 0.27 Hz, respectively, with a 1-sigma uncertainty of 0.01 Hz.

3.2 Synchronous Optical and X-ray QPOs

The optical QPOs from our SHOC and SALT observations track the X-ray QPO frequencies from Stiele & Kong (2020) almost perfectly, as shown by the bars marking the X-ray QPO frequencies in Figure 1. This immediately indicates that there must be a fundamental connection between their X-ray and optical emitting processes.

The optical and X-ray QPOs from the simultaneous SAAO and Insight-HXMT observations on day 27 were also analysed with LS power spectra. There too we found that the SHOC optical QPO tracks the X-ray QPOs observed from Insight-HXMT, giving the same daily average of 0.072 Hz in both optical and X-rays. In Figure 2, we show the resulting Insight-HXMT and SHOC power spectra when the data of day 27 are restricted to intervals of exact simultaneity (day 27 in Figure 1 is the average power spectra for the day). This reveals that the optical and X-ray QPO features are more closely aligned (at a frequency of 0.0758 Hz) when removing any potential QPO drift between intervals.

The collection in Figure 3 of all the X-ray and optical QPO values demonstrates how well they track each other in frequency throughout the outburst.

3.3 Simultaneous optical/X-ray cross-correlations

Optical-X-ray cross-correlations have been carried out for other bright X-ray transients (e.g. Gandhi et al. 2017 for V404 Cyg) and has already been performed on J1820 by Paice et al. (2019, 2021). These

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1 https://shoc.saao.ac.za/Pipeline/SHOCpipeline.pdf
2 Gatspy, created by Jake VanderPlas, is a collection of tools for analyzing astronomical time series data in Python (VanderPlas & Ivezić 2015).
allow us to probe the emitting regions close to the central black hole by finding how different wavelengths lag one another within each system.

Our fast SAAO photometry was undertaken simultaneously in X-rays with NICER and Insight-HXMT, which resulted in the Cross-Correlation Functions (CCFs) presented in Figure 4. These were produced by splitting the light-curves into segments of equal length (30 s), which were then ‘pre-whitened’ (i.e. had the linear trend removed), and a CCF produced from each using the methodology of Venables & Ripley (2002). The mean of the CCFs was then determined, and the standard error on each bin calculated.

SAAO observations were simultaneous with NICER on days 15 and 16, and with Insight-HXMT (LE, ME, HE bands combined) on day 27. For days 15, 16, and 27, we used 45, 22, and 47 segments (totalling 1350, 660, and 1410 s) respectively.

4 DISCUSSION

4.1 CCF Results

The CCFs presented in Fig. 4 show some key features also seen in other BHXBs. For example, a sub-second optical lag has also been seen in XTE J1118+480 (Kanbach et al. 2001), GX 339-4 (Gandhi et al. 2008, 2010), and V404 Cyg (Gandhi et al. 2017). Additionally, a dramatic anti-correlation at negative lags has been seen in several sources, most significantly in Swift J1753.5-0127 (Durant et al. 2008) and, to a lesser extent, BWCir (Pahari et al. 2017) and XTE J1118+480.

There are multiple ways to physically interpret these features, and they have been variously ascribed to such phenomena as a jet (Malzac et al. 2018) and a hot inner accretion flow (Veledina et al. 2011; Veledina et al. 2013a). It is currently unclear as to which phenomena are the most significant in J1820, and what its geometry is – see, for example, discussions on a changing coronal height (Kara et al. 2019), a moving inner disc radius (Buisson et al. 2019; Zdziarski et al. 2021a; De Marco et al. 2021), the presence and strength of a jet (Bright et al. 2020; Tetarenko et al. 2021), and some combination of jet and hot flow components (Veledina et al. 2019; Paice et al. 2021).

There has also been a suggestion (Poutanen et al. 2021) that the BH spin and orbital plane are mis-aligned by at least 40°.

What do our CCFs show? One change between days 15 and 27...
just over effect, of the QPO being visible in the CCF with the positive peak correlation peak at -5 s and the positive correlation peak at +7 s. This aperiod of 13.3 s, which is roughly the distance between the negative can be seen clearly in the CCF on day 27. Also note the sub-second peak at positive lags, which changes in shape over time.

Another key feature is the QPO mentioned in Section 3.1, which can be seen clearly in the CCF on day 27. At this point in the outburst, the QPO has a frequency of around 0.075 Hz, which corresponds to a period of 13.3 s, which is roughly the distance between the negative correlation peak at -5 s and the positive correlation peak at +7 s. This effect, of the QPO being visible in the CCF with the positive peak just over π radians away, was also seen by Paice et al. (2021) who showed that it continued much later into the outburst (from day 37 up to at least day 88); the same work also showed the QPO to be strongly coherent. It is possible that the broad anti-correlation at positive lags could be at least partly due to the QPO, a possibility backed up by the QPO becoming more significant between our first and last CCFs (days 15 and 27; see Fig. 3, as well as Stiele & Kong 2020, Fig. 8).

4.2 Optical and X-ray QPOs

X-ray QPOs in the mHz frequency range have been previously detected from J1820 and it is exceptional to observe type-C QPOs below 1 Hz for large parts of a BHXB outburst (Stiele & Kong 2020).

What is more remarkable in J1820 is that our optical photometry not only confirms the presence of optical QPOs in the frequency range of ~0.04 Hz to 0.3 Hz from the beginning of outburst to the time of the state transition, but it also shows how well the optical and X-ray QPOs track each other throughout this time (Figure 3). We therefore have the following key properties that must be explained by any physical model for J1820:

- almost perfect tracking of the optical and X-ray QPOs throughout the hard state, across five orders of magnitude in photon energy, right up to the state transition itself,
- optical QPO exhibits no detectable harmonics, whereas the X-ray QPO does, suggesting the optical emission mechanism is more sinusoidal compared to the X-ray,
- optical QPO fractional rms (~3%) is smaller than that in X-rays (~10%),
- apart from the QPOs, the power spectra of both bands can be adequately fitted with two Lorentzians,
- Paice et al. (2019) have already shown with their Hipercam-NICER campaign on J1820 that there is a ~165 ms delay between the X-ray and optical variations, together with a second, broader anti-correlated component on timescales of a few seconds. This is what we also observe.
- the restricted optical/Insight-HXMT power spectrum analysis shows that the optical is as “sharp” a feature as the X-ray.

Taken together, these properties indicate that the X-ray and optical QPO-emitting regions must be very close (within ~0.1 lt-sec), so there is no possibility of reprocessing at the outer disc or donor star driving the optical QPO. The data are consistent with the presence of two components dominating the variability.

We note that the already known X-ray/optical delay in J1820 is actually very similar to that seen in V404 Cyg (Gandhi et al. 2017), and so we should consider the scenario shown in their Figure 3. To this we can add the production of both X-ray and optical QPOs by making the jet precess at the QPO frequency, as proposed by Ma et al. (2021). In their model, the jet precession can well explain the soft phase lag and the energy-related behaviour of the J1820 X-ray QPO from 1–250 keV. Furthermore, an optical QPO with a centroid frequency similar to that seen in X-rays is also expected. This has been suggested by García et al. (2021) in accounting for the X-ray spectral timing properties of the QPOs in MAXI J1348-630, and is based on the MHD simulations of relativistic, precessing jets by Liška et al. (2018), as shown in their Figure 2.

Additionally, if the X-ray base was more compact, then the precession would produce a more “square” wave, whereas the optical emitting region, higher in the jet, might be more smoothed out, explaining the different harmonic structure that we observe. Moreover, if the top of the jet is less curved, the fractional rms of the optical QPO should be smaller than the X-ray QPO, as the velocity modulation seen by the observer is relatively weak. Based on the model of Ma et al. (2021), the optical QPO rms of 3% would then suggest that the optical jet is faster than 0.8 c (see Figure 5) - if we use the opening angles from the radio jet (Zdziarski et al. 2021a; Tetarenko et al. 2021), and considering that the jet contributes about half the X-ray and optical variations, together with a second, broader anti-correlated component on timescales of a few seconds. This is what we also observe.

The internal shock model of Malzac et al. (2018) can reproduce the ~150 ms optical lag, as well as the anti-correlated variability through variations in Doppler-boosted jet emission. The properties of the precessing jet are driven by processes in the inner disc, and, as this moves inwards as the transition approaches, it must increase the QPO frequency. Furthermore, it will raise the X-ray base (De Marco et al. 2021), providing the raised X-ray emitting region required
Figure 5. Relation between QPO rms and $\beta$ ($= v_{\text{jet}}/c$) for opening angles of $\phi = 1.5^\circ$ (green, Zdziarski et al. (2021a)) and $\phi = 0.45^\circ$ (blue, Tetarenko et al. (2021)). The lower horizontal dashed line indicates the original QPO rms of 3%, while the upper line indicates the QPO rms of 6% from the jet when considering the contribution of the disk emission to the optical flux (Shidatsu et al. 2018).

to explain the optical “superhump” (Paper 1) from the outer disc regions.

While the above is a plausible self-consistent description, it does not rule out contributions from other mechanisms. In particular, the hot flow precession model of Veledina et al. (2013b) predicts optical and X-ray variations that are out-of-phase with each other at inclination angles of about 60° (similar to J1820). But the hot flow model cannot, by itself, produce the sharp 150 ms optical lag. So a combination of a central hot flow producing the QPOs and an inner jet producing the ~ 150 ms lag also appears to be viable.

DATA AVAILABILITY

The optical and X-ray data underlying this article are available from the following archives:

- SALT/SAAO – http://cloudcape.saao.ac.za/index.php/f/1009821
- NICER – https://heasarc.gsfc.nasa.gov/docs/archive.html
- Swift – https://www.swift.ac.uk/archive/
- Insight-HXMT – http://hxmtweb.ihep.ac.cn/

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