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Synergistic inhibition of *Haemonchus contortus* exsheathment by flavonoid monomers and condensed tannins

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This study investigated the separate and combined anthelmintic (AH) effects of different phenolic compounds, including condensed tannins and flavonoids, all of which are known to occur in willow leaves, a potentially valuable dry season feed. A range of contrasting model tannins, which span the whole range of willow tannins, were isolated from tilia flowers, goat willow leaves, black currant leaves and red currant leaves. All together, the tested compounds represented the major tannin types (procyanidins and prodelphinidins) and flavonoid types (flavonols, flavones and flavanones). The larval exsheathment inhibition assay (LEIA) was used to assess their in vitro effects on *Haemonchus contortus* third stage larvae. Arbutin, vanillic acid, and taxifolin proved to be ineffective whereas naringenin, quercetin and luteolin were highly effective at 250 μM concentrations. Procyanidin (PC) tannins tended to be less active than prodelphinidin tannins (PD). Experiments with combinations of tannins and quercetin or luteolin revealed for the first time the existence of synergistic AH effects between tannins and flavonoid monomers. They also provided evidence that synergistic effects appear to occur at slightly lower concentrations of PC than PD. This suggests that the AH activity of condensed tannins can be significantly enhanced by the addition of quercetin or luteolin. This information may prove useful for plant breeding or selection and for designing optimal feed mixtures.

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1. Introduction

Infection of small ruminants with gastrointestinal nematodes (GINs) remains a serious pathological problem across the world affecting animal health, welfare and production, as there is now a critically high level of drug resistance (Jackson et al., 2012). These GINs are able to develop resistance to new synthetic (anthelmintic, AH) drugs within a few years (Waller, 2006) and, therefore, sustainable livestock farming can no longer rely on deworming with AH drugs. New approaches for the sustainable control of GIN seek to lower parasite numbers to a manageable level or to modify their biological development and life cycle, rather than to eliminate them completely. Medicinal plants have been used since antiquity to treat worm infections (Hrckova and Velebny, 2013) and anti-parasitic properties of plants against GIN have been linked to the presence of proteinases (Stepek et al., 2004) and other secondary plant metabolites. Plant phenolics, flavonoids and condensed tannins have received considerable attention over the last few years (Barrau et al., 2005; Hoste et al., 2006, 2012) as plants that produce these compounds grow in all regions of the world. Condensed tannins (CT; syn. proanthocyanidins) can have direct and indirect AH effects (Min et al., 2003; Hoste et al., 2012), as well as having the potential to enhance the host’s innate immune response (Tibe et al., 2012). The hypothesis for direct effects of polyphenolic compounds has been substantiated by several *in vitro* assays against different life-cycle stages (Bahauad et al., 2006; Novobilsky et al., 2011).

Condensed tannins are oligomers or polymers of flavan-3-ol s and are classified into different subgroups. The two major CT types are procyanidins (PC), which have two OH-groups, and prodelphinidins (PD), which have three OH-groups in the B-ring (Fig. 1). The stereochemistry at the heterocyclic C-ring gives rise to
either 2–3 cis- or 2–3 trans-flavan-3-ols and the average polymer length of CT mixtures is described in terms of mean degree of polymerisation (mDP). It is important to note that most condensed tannin-containing forages tend to contain complex mixtures of PC and PD homo- and hetero-polymers that are difficult to separate. However, a few plants specialise in the synthesis of either PCs or PDs and can thus serve as valuable sources for the different tannin types and as research tools for probing structure–activity relationships.

Since tannins and other flavonoids co-occur in plants, it is pertinent to investigate their combined potencies. To this end, we selected polyphenols, which are known to occur in willow (Salix spp, Salicaceae), as this species represents a potentially valuable nutraceutical forage (Moore et al., 2003; Diaz Lira et al., 2008; Mupeyo et al., 2011). Moreover, breeding programmes are currently focussing on increasing the Salix wood production as a renewable source of energy (Karp et al., 2011) and, therefore, it is timely to explore, which phenolic compositions can contribute most to the AH properties of the leaf by-products. The phenolic composition of willow leaves has been studied already by several groups (Jarrett and Williams, 1967; Pohjamo et al., 2003; Enayat and Banerjee, 2009) and we recently reported that willow tannins cover a wide range of PC/PD ratios (from 15/85 to 98/2) and cis/trans flavan-3-ol ratios (from 2/98 to 81/19) (Falchero et al., 2011). We now describe the isolation of distinct PC and PD types from specialist CT plant sources in order to cover the full spectrum of Salix tannins and tested their AH effects in the presence of commercially available polyphenolic monomers that are known to be present in Salix leaves. This allowed us to test two hypotheses; the first stated that CT and other naturally occurring polyphenolic monomers exert synergistic inhibitory effects on the in vitro L3 exsheathment of Haemonchus contortus and the second that these AH interactions depend on CT types.

2. Materials and methods
2.1. Chemicals and plant materials

Arbutin, luteolin and taxifolin were purchased from Apin Chemicals Ltd (Abingdon, U.K.); vanillic acid and naringenin from Alfa Aesar (Blackpool, U.K.); gallocatechin and quercetin from Sigma-Aldrich (Gillingham, U.K.); phosphate buffered saline (PBS) from bioMerieux (Lyon, France), Milton solution, sodium hypochlorite 2% w/v and sodium chloride 16.5% w/v from Milton (Inibsa laboratorios, Barcelona, Spain). Goat willow (Salix caprea), black currant (Ribes nigrum) and red currant (Ribes rubrum) leaves were collected in July and August 2012. Tilia (Linden) flowers (Tilia × europaea) were purchased from Flos (Mokrsko, Poland). These plant samples were chosen as they allowed the testing of different tannin types, all of which are known to occur in willow.

2.2. Preparation of plant extracts and tannin fractions

Fig. 1. Structures of condensed tannins, flavonoids (flavan-3-ols, luteolin, quercetin, naringenin and taxifolin) and other polyphenols (arbutin and vanillic acid).
subunits and mean degree of polymerisation (mDP), which were calculated according to Gea et al. (2011).

2.3. Bioassays

2.3.1. Haemonchus contortus strains

Third-stage larvae (L3) were obtained from sheep or goats infected with two monospecific strains of H. contortus that were susceptible to AH drugs (Alonso-Díez et al., 2008). The Juan strain was obtained from donor sheep, which were kept indoors and infected monospecifically with H. contortus, and the larvae had been maintained in the laboratory for four months. This strain was used initially to investigate the effects of four F1- and four F2-tannin fractions and of several phenolic compounds. The INRA strain was obtained from monospecifically infected goats and the larvae had been maintained in the laboratory for 1 month before use. This strain was used to repeat experiments with the F2 tannin fractions, two of the flavonoids (quercetin and luteolin) and also with the tannin-flavonoid mixtures. The facilities hosting the animals and the trial was performed according to French ethical and welfare rules (agreement number C 31 555 27 of 19 August 2010).

2.3.2. Larval exsheathment inhibition assay (LEIA)

The LEIA was performed as described previously (Bahuaud et al., 2006). Briefly, third-stage larvae were incubated with the tannin or flavonoid test solutions at 23 °C for 3 h, washed with PBS and centrifuged 3 times. The pelleted larvae were suspended in 200 μl water (ca 360–420 nematode L3 larvae) and 40 μl were removed to count the proportion of exsheathed larvae at 0 min. The remaining larvae (160 μl) were then subjected to the artificial exsheathment process by adding 40 μl of a Milton solution (2% w/v sodium hypochlorite and 16.5% sodium chloride) diluted in PBS, where the Milton:PBS ratio varied from 1 in 250 to 1 in 330 (this ratio was tested at the start of each experiment per batch in order to ensure 100% exsheathment within 60 min in the negative control). The numbers of ensheathed and exsheathed larvae were counted under a microscope at 0, 20, 40 and 60 min after contact with the Milton solution to investigate the proportion of exsheathed larvae over time. The tannin fractions were prepared as final serial concentrations of 600, 300, 150, 75, 37.5 μg fractions/ml and all other phenolic compounds at 1000, 500, 250, 100, 60 μM in PBS (0.1 M phosphate, 0.05 M NaCl, pH 7.2). The experiments with tannin-flavonoid mixtures were conducted using mixed solutions containing the same final concentrations of F2 fractions (600, 300, 150, 75, 37.5 μg fractions/ml) and combined with a fixed flavonoid concentration (either 60 or 30 μM quercetin or luteolin) in PBS. Four replicates were performed for each test solution and the negative control, L3 in PBS, was run in parallel.

2.4. Statistical analysis

The 50% effective concentration (EC50-value) was calculated using PoloPlus® (version 1.0; LeOra Software Company, Petaluma, California, USA). These EC50-values are reported on the basis of tannin content in the F1 and F2 fractions (see Table 1). To assess possible synergistic effects of the tannin/flavonoid combinations, we used the observed inhibitory effects of the individual treatments to calculate the additive inhibitory effect that would be predicted to be achieved by the mixture under the assumption of independent action, using the definition of Bliss additivity (Bliss, 1939). The observed effect of the mixture was then compared to this predicted additive effect, with deviations from the predicted values indicating either synergy (greater effect) or antagonism (lower effect) (Williams et al., 2012).

3. Results

3.1. Condensed tannin analysis

The tannin fractions from the four plant species differed significantly in composition as shown in Table 1. The CT contents ranged from 43.4 to 99.8 g CT/100 g fraction; the mean degree of polymerisation (mDP) from 2.3 to 19.0; the tannin PC/PD ratios from 5.1/94.9 to 100/0 and the cis/trans flavan-3-ol ratios from 6.0/94.0 to 95.4/4.6. The fractions that eluted early from the Sephadex LH-20 column (F1 fractions) had lower CT contents (43.4–70.4 g CT/100 g fraction) and mDP-values (2.3–5.4) than the later eluting F2 fractions (CT-values were 88.9–99.8 g CT/100 g fraction and mDP values were 6.4–19.0). Goat willow leaf and tilia flower tannins were mostly PCs, but black and red currant leaf tannins were mostly PDs. Stereochemistry added an additional distinguishing feature: red currant and tilia tannins contained predominantly cis-flavan-3-ols, but black currant and goat willow tannins had mostly trans-flavan-3-ols.

3.2. In vitro larval exsheathment inhibition by condensed tannins and other phenolic compounds

All tannin samples were first screened with four-month old larvae (Juan H. contortus strain from sheep) in the in vitro larval exsheathment inhibition assay. This experiment was then repeated with one-month old larvae (INRA H. contortus strain maintained on goats) and focused only on the more potent F2 fractions. Results with the Juan strain gave 1.7–4.6-fold lower EC50-values than with the INRA strain (Table 2). Further experiments will be necessary to elucidate the underlying causes of this difference, such as larval age or origin, as older larvae from sheep were more sensitive to CTs (P < 0.05) than younger larvae from goats.

These initial studies with the Juan strain showed that the EC50-values were generally lower with the F2 tannins than the corresponding F1 fractions from each plant source (Table 2). The Table and Fig. 2 also show that the PDs from black and red (in the web version) currant leaves tended to be more active than the PCs from tilia flowers and goat willow leaves.

The phenolic monomers differed greatly in their ability to inhibit larval exsheathment: arbutin, vanillic acid and taxifolin had no activity, whereas gallatechin showed some activity at 1000 μM. However, naringenin, quercetin and luteolin were highly effective at 250 μM. Quercetin and luteolin were chosen (at 30 and 60 μM) for further investigation in combination with the different CTs.

3.3. In vitro larval exsheathment inhibition by condensed tannin-quercetin mixtures

Preliminary experiments using mixtures of serial CT concentrations with 200 or 100 μM quercetin completely inhibited exsheathment. Therefore, much lower quercetin concentrations (60 and 30 μM) were tested in the mixture experiments. The EC50-values of the mixture experiments with CTs and quercetin (30 and 60 μM) are shown in Table 2. The mixtures of PC fractions with the high quercetin concentration (60 μM) gave 3.8–5.7 fold lower EC50-values than these tannin fractions on their own; at the lower quercetin concentration (30 μM) the mixture gave a 2.3 fold lower EC50-value than the tilia tannin fraction. However, the mixtures of PD fractions with either quercetin concentration gave only 1.6–2.0 fold lower EC50-values than tannin fractions on their own.

The inhibition profiles generated by the mixtures revealed a dose—response relationship between H. contortus exsheathment and CT or quercetin concentrations as illustrated for the red currant.
PDs and quercetin (Supplementary Fig. 1). Mixed solutions containing low CT concentrations (37.5 and 75 μg of fractions/ml) combined with either quercetin concentration (30 or 60 μM) gave inhibition profiles that were similar to the quercetin solutions on their own (e.g. Supplementary Fig. 1A and B). However, mixed solutions with higher CT concentrations (300 and 600 μg of fractions/ml) and either quercetin concentration achieved >90% inhibition. Quercetin with 150 μg of CT fractions/ml gave intermediate profiles (e.g. Supplementary Fig. 1C). Fig. 2 depicts the separate effects of each of the PC and PD fractions (at 300 μg of fraction/ml) on exsheathment and two quercetin or luteolin concentrations (30 and 60 μM). It also shows the combined effects of the mixed CT + flavonoid solutions. Tilia and goat willow PCs gave very similar inhibition profiles (Fig. 2A and B) whether on their own or mixed with quercetin. Red currant PDs, however, were more potent on their own than the black currant PDs (Fig. 2C and D). Tilia PCs were less active than the black currant PDs on their own, but in the presence of flavonoids, all tilia PCs proved more active than the PD + flavonoid mixtures; this difference was significant (P < 0.05) for the luteolin combinations at 30 μM (see next section).

3.4. In vitro larval exsheathment inhibition by condensed tannin-luteolin mixtures

Experiments were also performed with CT + luteolin mixtures utilising the PC tannins from tilia flowers and PD tannins from black currant leaves. The EC50-values of these experiments are shown in Table 2. The mixture of tilia PC tannins with the higher luteolin concentration (60 μM) completely inhibited exsheathment so that the EC50-value could not be calculated. However, with the lower luteolin concentration (30 μM), the mixture gave a 4.7 fold lower EC50-value than the PC fraction on its own (75.9 vs 356 μg/ml). In comparison, the mixtures of black currant PDs with high (60 μM) and low (30 μM) luteolin concentrations were 8.9 and 1.6 fold more active than the PDs on their own (EC50-values of 31.2 and 155 μg/ml). The tilia and goat willow PC fractions (30 and 60 μM) completely inhibited exsheathment so that EC50-values of 31.2 and 170 vs 277 μg/ml). Fig. 2E depicts the separate effects of the tilia PCs and luteolin, and also the combined effects of the CT + luteolin mixtures. Luteolin at 30 μM produced a similar inhibition as the PCs on their own (300 μg fraction/ml), but luteolin at 60 μM was much more active. Mixed solutions of lower CT concentrations (37.5, 75 and 150 μg fraction/ml) with the low luteolin (30 μM) concentration gave inhibition profiles similar to luteolin alone (data not shown), whereas mixed solutions at higher CT concentrations (300 and 600 μg fraction/ml) achieved >95% inhibition (see Fig. 2E and F for the profiles at 30 μg fraction/ml). In contrast, combinations of all CT concentrations with luteolin at 60 μM gave generally greater than 95% inhibition (Fig. 2E and F give two examples). The tilia PC + luteolin and the black currant PD + luteolin mixtures (at 30 and 60 μM) gave similar inhibition patterns (Fig. 2E and F); however, there is some evidence that the mixtures with 60 μM luteolin and low PD concentrations (37.5, 75 and 150 μg fraction/ml) were not as effective as the corresponding PC mixtures (see also Fig. 4A and B).

| Table 1 | Composition of condensed tannins (CT) isolated from tilia flowers and leaves of goat willow, black currant and red currant. |
|---------|----------------------------------------------------------------------------------------------------------------------------------|
| Plant source | CT fraction | CT-content (g CT/100 g fraction) | mDP | PC % | PD % | cis % | trans % |
| Goat willow | F1 | 70.4 (±1.7) | 2.26 (0.0) | 96.2 (0.0) | 3.8 | 6.0 (0.0) | 71.5 (17.5) | 94.0 |
| Tilia | F2 | 97.3 (±2.9) | 6.35 (0.1) | 95.7 (0.0) | 4.3 | 8.9 (0.2) | 91.1 |
| Black currant | F1 | 52.5 (±1.5) | 2.89 (0.0) | 100 (0.0) | 0.0 | 88.6 (0.1) | 11.4 |
| F2 | 90.8 (±0.6) | 8.80 (0.0) | 100 (0.0) | 0.0 | 95.4 (0.1) | 4.6 |
| Red currant | F1 | 66.4 (±0.4) | 2.78 (0.0) | 7.1 (2.4) | 92.9 | 22.0 (0.2) | 78.0 |
| F2 | 99.8 (±2.4) | 9.67 (0.1) | 5.3 (0.0) | 94.7 | 17.8 (0.1) | 82.2 |
| | F1 | 43.4 (±3.8) | 5.41 (0.1) | 10.1 (0.0) | 89.9 | 62.5 (0.5) | 37.5 |
| | F2 | 88.9 (±11.9) | 19.0 (0.3) | 5.1 (0.0) | 94.9 | 74.6 (0.2) | 25.4 |

a mDP: mean degree of polymerisation.

b PC, PD: percentage of procyanidin or prodelphinidin tannins.

c cis, trans: percentage of cis- or trans-flavan-3-ols.
3.5. Synergistic effects between condensed tannins and quercetin

The CT-quercetin mixtures revealed synergistic effects with CTs. Fig. 3 shows that the observed inhibition was much greater than the predicted additive inhibition calculated from the separate CT and quercetin data points (i.e. predicted additive effect); synergy was demonstrated between quercetin and tilia PCs (Fig. 3A) at 150 and 300 μg fraction/ml after 60 min, and with goat willow PCs (Fig. 3C) at 300 μg fraction/ml. Synergy was also observed with black currant PDs at 300 μg fraction/ml (Fig. 3B) and red currant PDs at 150 and 300 μg fraction/ml (Fig. 3D). In addition, synergy could be detected at 40 min but at a slightly lower level (not shown).

3.6. Synergistic effects between condensed tannins and luteolin

Two of the slightly weaker AH tannins, tilia PCs and black currant PDs, were also evaluated for synergy at two luteolin concentrations. Fig. 4 shows the effects after 60 min. In the presence of 60 μM luteolin, tilia PCs exhibited clear synergy at all concentrations, but black currant PDs showed synergy only at 300 μg fraction/ml. At the lower luteolin concentration (30 μM), tilia PCs acted synergistically at 300 μg fraction/ml and black currant PDs at 150 and 300 μg fraction/ml.

Fig. 2. Larval exsheathment of Haemonchus contortus in the presence of different condensed tannin types (at 300 μg fraction/ml), which were isolated from tilia flowers, goat willow leaves, black currant leaves and red currant leaves, and quercetin or luteolin (30 and 60 μM) and their combinations (CT = condensed tannins; PC = procyanidin tannins; PD = prodelphinidin tannins).
4. Discussion

We chose the LEIA as it has advantages over other bioassays in that it is sensitive, reproducible and relevant to processes that occur in vivo (Alonso-Diaz et al., 2011; Azando et al., 2011). This assay was, therefore, chosen for evaluating the different CTs and flavonoids. The main aim was to investigate their combined effects as tannin-containing plants usually contain mixtures of CTs and other flavonoids.

PCs and PDs are the most common condensed tannins in forages and browse plants (Marais et al., 2000; Tibe et al., 2011) and tend to occur as complex combinations of homo- and hetero-polymers (Stringano et al., 2012) that are difficult to separate. However, well-defined tannin types are needed for unravelling the relationships between tannin structures and AH activities. A more straightforward approach, therefore, is to exploit plants that specialise in producing relatively pure but different tannin types (Williams et al., 2014a). The ultimate aim of this strategy is to provide plant breeders with targets for enhancing the nutraceutical properties of new animal feeds or varieties. Thus we isolated tannins as relatively pure homopolymers of 95.7−100% PCs and 89.9−94.7% PDs (Table 1) and also obtained two procyanidin sub-sets and two prodelpinidin sub-sets with low and high cis/trans flavan-3-ol ratios. Quercetin and luteolin are widely distributed in plants (Yang et al., 2008; López-Lázaro, 2009) and represent two important flavonoid subgroups, i.e. flavonols and flavones, respectively (Fig. 1), and were thus chosen for the combination experiments with CTs. Initial studies tested the AH effects of the four tannin types at several concentrations. Whilst the results confirmed that PDs tended to be better anthelmintics than PCs (Min and Hart, 2003; Brunet and Hoste, 2006; Novobilský et al., 2011), little is known about whether stereochemistry of the flavan-3-ol subunits has any effect. Our data provided an indication that the cis/trans stereochemistry of the flavan-3-ol subunits did not impact

![Graphs showing synergistic effects between condensed tannins (CT) and quercetin (60 and 30 μM) on the inhibition of Haemonchus contortus larval exsheathment after 60 min.](image)
on AH activities (Table 1) in agreement with a previous study (Williams et al., 2014a), although further work will be needed as the average polymer sizes also varied for the PD subset (mDP-values were 10 and 19).

The data showed that tannin concentrations, which ranged from 43.4 to 99.8 g CT/100 g fraction, were not correlated with EC50 values. This points to the possibility that ‘impurities’ in these fractions may have moderated tannin activities. Typical impurities in aqueous acetone extracts and partially purified tannin fractions tend to consist of low molecular weight phenolics and flavonoids (Tibe et al., 2011).

Given that we observed increased inhibition of exsheathment with a mixture of tannins and quercetin or luteolin, we next quantified whether this effect was additive or synergistic in nature. Synergy refers to phenomena where two or more agents together produce an effect greater than would be predicted from their individual contributions. There are various mathematical models available to assess synergy, all of which have advantages and disadvantages (Williamson, 2001). Using the Bliss model (Williams et al., 2012), we observed synergistic effects between all CTs and quercetin or luteolin in terms of AH activity during the exsheathment of 3rd stage *H. contortus* larvae (Figs. 3 and 4). These CTs were tested at serial concentrations of 37.5, 75, 150, 300, 600 µg fraction/ml, which are physiologically relevant as extractable tannins range from 350 to 900 µg/ml in the sheep gut (Terrill et al., 1994; Barrau et al., 2005). However, no such information was found for quercetin or luteolin. It would seem that the AH effects of tilia PCs were slightly more enhanced, especially at lower concentrations, by quercetin or luteolin than the AH effects of PDs. A likely explanation could be that PCs offer more scope for enhancement as they tend to have weaker AH activities than PDs (Brunet and Hoste, 2006; Novobiský et al., 2011).

The mechanism(s) of the observed synergistic actions are not yet known. Tannins have been shown to deform nematode surfaces (Hoste et al., 2006; Williams et al., 2014a, b). Interestingly, exposure to extracts from tannin-containing plants (which would also have contained flavonoids) caused degeneration of muscle cells, accumulation of electron-dense vesicles and marked intracellular disorganisation (Brunet et al., 2011). These authors speculated whether the lesions observed in the cuticle of ensheathed L3 larvae could have been due to accumulation of metabolic products, which in turn could have produced cellular toxicity by blocking the metabolic exchange with the environment. Quercetin is well known as an inhibitor of P-glycoproteins (P-gp), which play an important role in the transport of xenobiotics (Lespine et al., 2012). It is not known whether this activity also contributes to enhancing the anthelmintic effects of tannins.

To summarise, this study provided the first evidence of synergistic effects between condensed tannins and two common flavonoids, quercetin and luteolin, in terms of inhibiting the *in vitro* exsheathment of *H. contortus* L3 larvae. Some of the synergistic effects occurred at lower PC than PD concentrations, perhaps implying that the generally weaker AH activity of PCs can benefit more from the addition of quercetin. These findings suggest that opportunities should be investigated for increasing anthelmintic activity by mixing plant materials that contain condensed tannins and quercetin or luteolin flavonoids, or to select plants with enhanced tannin and quercetin or luteolin contents.

**Conflicts of interest**

The authors declared that there is no conflict of interest.

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Fig. 4. Synergistic effects between condensed tannins (CT) and luteolin (60 and 30 µM) on the inhibition of *Haemonchus contortus* larval exsheathment after 60 min.
