HYPERBOLIC TIMES: FREQUENCY VS. INTEGRABILITY

JOSÉ F. ALVES AND VÍTOR ARAÚJO

ABSTRACT. We consider dynamical systems on compact manifolds, which are local diffeomorphisms outside an exceptional set (a compact submanifold). We are interested in analyzing the relation between the integrability (with respect to Lebesgue measure) of the first hyperbolic time map and the existence of positive frequency of hyperbolic times. We show that some (strong) integrability of the first hyperbolic time map implies positive frequency of hyperbolic times. We also present an example of a map with positive frequency of hyperbolic times at Lebesgue almost every point but whose first hyperbolic time map is not integrable with respect to the Lebesgue measure.

CONTENTS

1. Introduction 1
2. Positive frequency of hyperbolic times 5
3. Integrability of first hyperbolic time map 7
4. Strong integrability implies positive frequency 10
5. An example with non-integrable first hyperbolic time map 15
References 18

1. INTRODUCTION

In the last decades many dynamicists have dedicated their attention to the understanding of the dynamical features of systems exhibiting some non-uniformly hyperbolic behavior. In this direction we mention [7, 9, 12] for quadratic maps, [8, 10, 16, 18, 20] for Hénon-like diffeomorphisms, and [1, 5, 19] for a generalized higher dimensional version of the quadratic and Hénon-like maps. The dynamics of all these systems is characterized by the existence of regions of the phase space where the system displays some hyperbolicity, together with critical regions where some strong non-hyperbolic behavior appears. The strategy for dealing with the loss of hyperbolicity on the quadratic and Hénon-like maps is based on the existence of well-defined recovering periods during which the non-hyperbolic effect of the critical region is compensated for.

Date: March 29, 2022.
1991 Mathematics Subject Classification. 37A05, 37C40.
Key words and phrases. Hyperbolic times, positive frequency, absolutely continuous invariant measures. Work partially supported by ESF through PRODYN programme, and FCT through CMUP.
The recovering period argument is no longer possible to be used in the class of endomorphisms introduced in [19] due to the fact that positive iterates of the critical region have unavoidable intersections with this region. Instead, the mechanism that enables one to obtain the non-uniformly expanding behavior in that case is of a statistical type and comes from a delicate analysis on the derivative of the map along full orbits.

A new and powerful tool in this setting has been introduced in [1] through the notion of hyperbolic times. These have become a very useful ingredient in the study of non-hyperbolic dynamical systems, playing an important role in the proof of several results about the existence of absolutely continuous invariant measures and their statistical properties; see [1, 2, 3, 4, 5, 6]. Ideas of hyperbolic times were implicitly contained in Pesin’s theory and in the work of Pliss and Mañé. Also, recently hyperbolic times have been used to study stochastic flows in [11].

The applications of hyperbolic times have been twofold: on the one hand, some of these works deal with the integrability with respect to the Lebesgue measure of the first hyperbolic time map, while on the other hand, the usefulness of hyperbolic times appears through their positive frequency along typical orbits.

Our aim in this work is to clarify the relations among the integrability of the first hyperbolic time map, the frequency of hyperbolic times and the existence of absolutely continuous invariant measures.

**Statement of results.** We start by introducing the most relevant concepts and definitions. Let \( f : M \to M \) be a continuous map defined on a compact Riemannian manifold \( M \) with the induced distance that we denote by \( \text{dist} \), and fix a normalized Riemannian volume form \( m \) on \( M \) that we call Lebesgue measure.

Throughout this work we will assume that \( f \) is a local diffeomorphism in all of \( M \) but an exceptional set \( S \subset M \), where \( S \) is a compact submanifold of \( M \) with \( \dim(S) < \dim(M) \) (thus \( m(S) = 0 \)) satisfying some non-degeneracy conditions. Examples of systems satisfying Definition 1 include one-dimensional quadratic maps and Viana maps [19].

**Definition 1.** We say that \( S \subset M \) is a non-degenerate exceptional set for \( f \) if the following conditions hold. The first one essentially says that \( f \) behaves like a power of the distance to \( S \): there are constants \( B > 1 \) and \( \beta > 0 \) such that for every \( x \in M \setminus S \)

\[
(s_1) \quad \frac{1}{B} \text{dist}(x, S)^\beta \leq \frac{\|Df(x)v\|}{\|v\|} \leq B \text{dist}(x, S)^{-\beta} \quad \text{for all} \quad v \in T_xM.
\]

Moreover, we assume that the functions \( \log |\det Df(x)| \) and \( \log \|Df(x)^{-1}\| \) are locally Lipschitz at points \( x \in M \setminus S \) with Lipschitz constant depending on \( \text{dist}(x, S) \): for every \( x, y \in M \setminus S \) with \( \text{dist}(x, y) < \text{dist}(x, S)/2 \) we have

\[
(s_2) \quad |\log \|Df(x)^{-1}\| - \log \|Df(y)^{-1}\|| \leq \frac{B}{\text{dist}(x, S)^\beta} \text{dist}(x, y);
\]

\[
(s_3) \quad |\log |\det Df(x)|| - \log |\det Df(y)|| \leq \frac{B}{\text{dist}(x, S)^\beta} \text{dist}(x, y).
\]

The set \( S \) may be taken as some set of critical points of \( f \) or a set where \( f \) fails to be differentiable. The case where \( S \) is equal to the empty set may also be considered. For
the next definition it will be useful to introduce $\text{dist}_\delta(x, \mathcal{S})$, the $\delta$-truncated distance from $x$ to $\mathcal{S}$, defined as $\text{dist}_\delta(x, \mathcal{S}) = \text{dist}(x, \mathcal{S})$ if $\text{dist}(x, \mathcal{S}) \leq \delta$, and $\text{dist}_\delta(x, \mathcal{S}) = 1$ otherwise.

**Definition 2.** Let $\beta > 0$ be as in Definition 1, and fix $b > 0$ such that $b < \min\{1/2, 1/(4\beta)\}$. Given $0 < \sigma < 1$ and $\delta > 0$, we say that $n$ is a $(\sigma, \delta)$-**hyperbolic time**\(^1\) for a point $x \in M$ if for all $1 \leq k \leq n$,

$$\prod_{j=n-k}^{n-1} \|Df(f^j(x))^{-1}\| \leq \sigma^k \quad \text{and} \quad \text{dist}_\delta(f^{n-k}(x), \mathcal{S}) \geq \sigma^{b/n}.$$  

(1)

We say that the *frequency of $(\sigma, \delta)$-hyperbolic times* for $x \in M$ is greater than $\theta > 0$ if, for large $n$, there are $n_1 < n_2 \cdots < n_\ell \leq n$ which are $(\sigma, \delta)$-hyperbolic times for $x$ and $\ell \geq \theta n$.

We point out that condition (1) implies the dynamically meaningful property

$$\|(Df^k(f^{n-k}(x)))^{-1}\| \leq \sigma^k,$$

for $1 \leq k \leq n,$

which says that at any intermediate moment of time between 0 and $n$ we get exponential stretching by iteration under $f$. The work of Viana [19] provides interesting higher dimensional examples of maps with many hyperbolic times for most points. The significance of hyperbolic times may be attested by the following result whose proof is essentially contained in [3].

**Theorem A.** Let $f : M \to M$ be a $C^2$ local diffeomorphism outside a non-degenerate exceptional set $\mathcal{S} \subset M$. If there are $0 < \sigma < 1$, $\delta > 0$, and $H \subset M$ with $m(H) > 0$ such that the frequency of $(\sigma, \delta)$-hyperbolic times is bigger than $\theta > 0$ for every $x \in H$, then $f$ has some absolutely continuous invariant probability measure.

The existence of $(\sigma, \delta)$-hyperbolic times for Lebesgue almost all points in $M$ allows us to introduce a map $h : M \to \mathbb{Z}^+$ defined Lebesgue almost everywhere and assigning to each $x \in M$ its first $(\sigma, \delta)$-hyperbolic time. The integrability properties of this first hyperbolic time map play an important role in the study of some statistical properties of several classes of dynamical systems, such as stochastic stability and decay of correlations; see [2, 4, 5, 9]. The same conclusion of Theorem A can be obtained under the assumption of integrability with respect to Lebesgue measure of the first hyperbolic time map.

**Theorem B.** Let $f : M \to M$ be a $C^2$ local diffeomorphism outside a non-degenerate exceptional set $\mathcal{S} \subset M$. If for some $0 < \sigma < 1$ and $\delta > 0$, the first $(\sigma, \delta)$-hyperbolic time map $h : M \to \mathbb{Z}^+$ is Lebesgue integrable, then $f$ has an absolutely continuous invariant probability measure $\mu$.

Having in mind Theorem A and Theorem B, one is naturally interested in understanding the relation between the existence of a positive Lebesgue measure subset of points in $M$ with positive frequency of $(\sigma, \delta)$-hyperbolic times and the integrability with respect to the Lebesgue measure of the first $(\sigma, \delta)$-hyperbolic time map.

---

\(^1\)In the case $\mathcal{S} = \emptyset$ the definition of $(\sigma, \delta)$-hyperbolic time reduces to the first condition in (1), and we simply call it $\sigma$-hyperbolic time.
Theorem C. Let \( f: M \to M \) be a \( C^2 \) local diffeomorphism outside a non-degenerate critical set \( S \subset M \). If for \( 0 < \sigma < 1 \) and \( \delta > 0 \) the first \((\sigma,\delta)\)-hyperbolic time map \( h: M \to \mathbb{Z}^+ \) belongs to \( L^p(m) \) for some \( p > 4 \), then there are \( \hat{\sigma} > 0 \) and \( \theta > 0 \) such that Lebesgue almost every \( x \in M \) has frequency of \((\hat{\sigma},\delta)\)-hyperbolic times bigger than \( \theta \).

We do not know if the need for stronger integrability in this last theorem is due to the methods we have used to prove it or some kind of stronger integrability is really necessary. It remains an interesting open question to know the smallest value of \( p \geq 1 \) for which the first condition in Theorem C still implies the desired conclusion. As a by-product of the proof of Theorem C we will see that the answer to this question is optimal when \( S = \emptyset \).

Theorem D. Let \( f: M \to M \) be a \( C^2 \) local diffeomorphism. If for some \( \sigma \in (0,1) \) the first \( \sigma \)-hyperbolic time map is Lebesgue integrable, then there are \( \hat{\sigma} > 0 \) and \( \theta > 0 \) such that Lebesgue almost every \( x \in M \) has frequency of \( \hat{\sigma} \)-hyperbolic times bigger than \( \theta \).

In the opposite direction, one could ask whether the positive frequency of hyperbolic times is enough for assuring the integrability of the first hyperbolic time map. There is no hope of such a result. In Section 5 we present an example of a map of the circle (with nonempty exceptional set) having positive frequency of hyperbolic times for Lebesgue almost every point, but whose first hyperbolic time map is not integrable with respect to the Lebesgue measure.

Another interesting open question is whether a \( C^2 \) local diffeomorphism (with no exceptional set) on a compact manifold, admitting positive frequency of hyperbolic times for Lebesgue almost every point, necessarily has a first hyperbolic time map that is Lebesgue integrable.

Hyperbolic times appear naturally when \( f \) is assumed to be non-uniformly expanding in some set \( H \subset M \): there is some \( c > 0 \) such that for every \( x \in H \) one has

\[
\limsup_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} \log \| Df(f^j(x))^{-1} \| < -c, \tag{2}
\]

and points in \( H \) satisfy some slow recurrence to the exceptional set: given any \( \varepsilon > 0 \) there exists \( \delta > 0 \) such that for every \( x \in H \)

\[
\limsup_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} - \log \text{dist}_\delta(f^j(x), S) \leq \varepsilon. \tag{3}
\]

The next result has been proved in [3] (see Theorem C and Lemma 5.4 therein) and will be used in the proof of our results.

Theorem E. Let \( f: M \to M \) be a \( C^2 \) local diffeomorphism outside a non-degenerate exceptional set \( S \subset M \). If there is some set \( H \subset M \) with \( m(H) > 0 \) such that (2) and (3) hold for all \( x \in H \), then there are \( 0 < \sigma < 1, \delta > 0 \) and \( \theta > 0 \) such that the frequency of \((\sigma,\delta)\)-hyperbolic times for the points in \( H \) is bigger than \( \theta \).

This work is organized as follows. In Section 2 we establish the basic properties of hyperbolic times and sketch the proof of Theorem A using some of the results in [3]. In
In Section 3 we prove Theorem B, and in Section 4 we prove Theorem C and Theorem D. In Section 5 we present an example of a map of the circle which is a $C^2$ local diffeomorphism everywhere but in an exceptional set with two points, having positive frequency of hyperbolic times, and whose first hyperbolic time map is non-integrable with respect to the Lebesgue measure.

Acknowledgments. We are indebted to Henk Bruin, who suggested us the example of Section 5 in conversations during the workshop Concepts and Techniques in Smooth Ergodic Theory held at the Imperial College, London, July 2001. We also thank Xavier Bressaud and Sandro Vaienti for helpful conversations at the Institut de Mathématiques de Luminy, Marseille, June 2002.

2. Positive frequency of hyperbolic times

One of the main features of hyperbolic times is that the corresponding iterates locally behave as those of an expanding map, namely with uniform expansion and uniformly bounded distortion. This is precisely stated in the next result.

Lemma 2.1. There are $\delta_1 > 0$ and $C_1 > 0$ such that if $n$ is a $(\sigma, \delta)$-hyperbolic time for $x$, then there is a neighborhood $V_x$ of $x$ in $M$ for which

1. $f^n$ maps $V_x$ diffeomorphically onto the ball of radius $\delta_1$ around $f^n(x)$;
2. for $1 \leq k < n$ and $y, z \in V_x$, $\text{dist}(f^{n-k}(y), f^{n-k}(z)) \leq \sigma^{k/2} \text{dist}(f^n(y), f^n(z))$;
3. $f^n|_{V_x}$ has distortion bounded by $C_1$: if $y, z \in V_x$, then
   \[ \frac{1}{C_1} \leq \frac{|\det Df^n(y)|}{|\det Df^n(z)|} \leq C_1. \]

Proof. See [3, Lemma 5.2] and [3, Corollary 5.3].

Let us now give a brief idea on the way we obtain Theorem A from the results in [3]. Assume that there are $0 < \sigma < 1$, $0 < \delta$, and $H \subset M$ with $m(H) > 0$ such that for every $x \in H$ the frequency of $(\sigma, \delta)$-hyperbolic times is bigger than $\theta > 0$. Given an integer $n \geq 1$ we define

\[ H_n = \{ x \in H : n \text{ is a } (\sigma, \delta)\text{-hyperbolic time for } x \}. \]

Proposition 2.2. Take $\delta_1$ as in Lemma 2.1. There exists a constant $\tau > 0$ such that for any $n$ there exists a finite subset $\mathcal{H}_n$ of $H_n$ for which the balls of radius $\delta_1/4$ around the points $x \in f^n(\mathcal{H}_n)$ are pairwise disjoint, and their union $\Delta_n$ satisfies

\[ f^n_m(\Delta_n \cap H) \geq f^n_m(\Delta_n \cap f^n(H_n)) \geq \tau m(H_n) \]

Proof. See [3, Proposition 3.3].

From Proposition 2.2 we may find for each $j \geq 1$ a finite set of points $x_1^j, \ldots, x_N^j$ (in principle with $N$ depending on $j$) admitting $j$ as a $(\sigma, \delta)$-hyperbolic time, such that:

1. $V_{x_1^j}, \ldots, V_{x_N^j}$ are pairwise disjoint;
the Lebesgue measure of $W_j = V_{x^1_j} \cup \ldots \cup V_{x^N_j}$ is larger than the Lebesgue measure of $H_j$, up to a uniform multiplicative constant $\tau > 0$.

We let $(\mu_n)_n$ be the sequence of the averages of the positive iterates of Lebesgue measure on $M$,

$$\mu_n = \frac{1}{n} \sum_{j=0}^{n-1} f^j_* m,$$

and $\nu_n$ be the part of $\mu_n$ carried on disks of radius $\delta_1$ around points $f^j(x^1_k)$ such that $1 \leq j \leq n$ is a $(\sigma, \delta)$-hyperbolic time for $x$,

$$\nu_n = \frac{1}{n} \sum_{j=0}^{n-1} f^j_* (m | W_j).$$

By Proposition 2.2 we have

$$\nu_n(H) \geq \frac{\tau}{n} \sum_{i=0}^{n-1} m(H_i).$$

So, it suffices to prove that this last expression is larger than some positive constant, for $n$ large. Let $\xi_n$ be the measure in $\{1, \ldots, n\}$ defined by $\xi_n(B) = \#B/n$, for each subset $B$. Then, using Fubini’s theorem

$$\frac{1}{n} \sum_{i=0}^{n-1} m(H_n) = \int \left( \int \chi(x, i) \, dm(x) \right) \, d\xi_n(i) = \int \left( \int \chi(x, i) \, d\xi_n(i) \right) \, dm(x),$$

where $\chi(x, i) = 1$ if $x \in H_i$ and $\chi(x, i) = 0$ otherwise. Now, since we are assuming positive frequency of hyperbolic times for points in $H$, this means that the integral with respect to $d\xi_n$ is larger than $\theta > 0$ for large $n$. So, the expression on the right hand side is bounded from below by $\theta m(M)$. This implies that each $\nu_n$ has total mass uniformly bounded away from zero. Moreover, as a consequence of the bounded distortion given by Lemma 2.1, every $f^j_* (m | W_j)$ is absolutely continuous with respect to Lebesgue measure, with density uniformly bounded from above, and so the same is true for every $\nu_n$.

Since we are working with a continuous map in the compact space $M$, we know that sequences of probability measures in $M$ have weak* accumulation points. Take $n_k \to \infty$ such that both $\mu_{n_k}$ and $\nu_{n_k}$ converge in the weak* sense to measures $\mu$ and $\nu$, respectively. Then $\mu$ is an invariant probability measure, $\mu = \nu + \eta$ for some measure $\eta$, $\nu$ is absolutely continuous with respect to Lebesgue measure, and $\nu(H) > 0$. Now, if $\eta = \eta_{ac} + \eta_s$ denotes the Lebesgue decomposition of $\eta$ (as the sum of an absolutely continuous and a completely singular measure, with respect to Lebesgue measure), then $\mu_{ac} = \nu + \eta_{ac}$ gives the absolutely continuous component in the corresponding decomposition of $\mu$. By uniqueness of the Lebesgue decomposition, and the fact that the push-forward under $f$ preserves the class of absolutely continuous measures, we may conclude that $\mu_{ac}$ is an
invariant measure. Clearly, \( \mu_{ac}(H) \geq \nu(H) > 0 \). Normalizing \( \mu_{ac} \) we obtain an absolutely continuous \( f \)-invariant probability measure.

The next lemma will be useful in Section \( \text{5} \).

**Lemma 2.3.** Take \( \delta_1 \) as in Lemma \( \text{2.1} \). If \( H \subset M \) is a positively invariant set with \( m(H) > 0 \) for which \( \text{2} \) and \( \text{3} \) hold, then there exists some disk \( \Delta \) with radius \( \delta_1/4 \) such that \( m(\Delta \setminus H) = 0 \).

**Proof.** See \( \text{3, Lemma 5.6} \). \( \square \)

Using this lemma it is shown in \( \text{3, Section 5} \) that \( f \) has a finite number of absolutely continuous invariant probability measures which are ergodic.

### 3. Integrability of first hyperbolic time map

Here we prove Theorem \( \text{B} \). As in Section \( \text{2} \) the strategy is to consider \( (\mu_n)_n \) the sequence of averages of forward iterates of Lebesgue measure on \( M \)

\[
\mu_n = \frac{1}{n} \sum_{j=0}^{n-1} f^j_* m.
\]

Since we are dealing with a continuous map of a compact manifold, we know that the sequence \( (\mu_n)_n \) has accumulation points – which belong to the space of \( f \)-invariant probability measures. Now the idea is to show that such accumulation points are absolutely continuous with respect to the Lebesgue measure.

**Proposition 3.1.** There is a constant \( C_2 > 0 \) (depending on \( \delta_1 \) and \( C_1 \) from Lemma \( \text{2.1} \)) such that for every \( n \geq 0 \)

\[
\frac{d}{dm} f^n_* \left( m \mid H_n \right) \leq C_2.
\]

**Proof.** Take \( \delta_1 > 0 \) given by Lemma \( \text{2.1} \). It suffices to show that there is some uniform constant \( C > 0 \) such that if \( A \subset M \) is a Borel set with diameter smaller than \( \delta_1/2 \), then

\[
m(f^{-n}(A) \cap H_n) \leq C m(A).
\]

Let \( A \) be a Borel set in \( M \) with diameter smaller than \( \delta_1/2 \) and \( B \) an open ball of radius \( \delta_1/2 \) containing \( A \). Taking the connected components of \( f^{-n}(B) \) we may write

\[
f^{-n}(B) = \bigcup_{k \geq 1} B_k,
\]

where \( (B_k)_{k \geq 1} \) is a (possibly finite) family of pairwise disjoint open sets in \( M \). Taking into account only those \( B_k \) that intersect \( H_n \), we choose, for each \( k \geq 1 \), a point \( x_k \in H_n \cap B_k \). For each \( k \geq 1 \) let \( V_{x_k} \) be the neighborhood of \( x_k \) given by Lemma \( \text{2.1} \). Since \( B \) is contained in \( B(f^{n}(x_k), \delta_1) \), the ball of radius \( \delta_1 \) around \( f^{n}(x_k) \), and \( f^n \) is a diffeomorphism from \( V_{x_k} \) onto \( B(f^{n}(x_k), \delta_1) \), we must have \( B_k \subset V_{x_{nk}} \) (recall that by the choice of \( B_k \) we have
As a consequence of this and Lemma 2.1 we have that \( f^n | B_k : B_k \to B \) is a diffeomorphism with uniform bounded distortion for all \( n \geq 1 \) and \( k \geq 1 \):

\[
\frac{1}{C_1} \leq \frac{|\det D f^n(y)|}{|\det D f^n(z)|} \leq C_1 \quad \text{for all } y, z \in B_k.
\]

This finally gives

\[
m(f^{-n}(A) \cap H_n) \leq \sum_{k \geq 1} m(f^{-n}(A \cap B) \cap B_k)
\leq \sum_{k \geq 1} C_1 \frac{m(A \cap B)}{m(B)} m(B_k)
\leq C_2 m(A),
\]

for some constant \( C_2 > 0 \) only depending on \( C_1 > 0 \) and on the volume of the ball \( B \) of radius \( \delta_1/2 \).

Defining, for each \( n \geq 1 \),

\[
H^*_n = \{ x \in M : \text{ n is the first } (\sigma, \delta)\text{-hyperbolic time for } x \},
\]

we immediately have

\[
\int_M h dm = \sum_{k=1}^{\infty} km(H^*_k). \quad (4)
\]

It will be useful to define, for each \( n, k \geq 1 \),

\[
R_{n,k} = \{ x \in H_n : f^n(x) \in H^*_k \}.
\]

Observe that \( R_{n,k} \) is precisely the set of points \( x \in M \) for which \( n \) is a \( (\sigma, \delta) \)-hyperbolic time and \( n + k \) is the next \( (\sigma, \delta) \)-hyperbolic time for \( x \) after \( n \). Defining the measures

\[
\nu_n = f^*_n(m | H_n) \quad (5)
\]

and

\[
\eta_n = \sum_{k=2}^{\infty} \sum_{j=1}^{k-1} f^{n+j}_*(m | R_{n,k}), \quad (6)
\]

we may write

\[
\mu_n \leq \frac{1}{n} \sum_{j=0}^{n-1} (\nu_j + \eta_j).
\]

It follows from Propositions 3.4 that

\[
\frac{d\nu_n}{dm} \leq C_2 \quad (7)
\]

for every \( n \geq 0 \), with \( C_2 \) not depending on \( n \). Our goal now is to control the densities of the measures \( \eta_n \).
Proposition 3.2. Given $\varepsilon > 0$, there is $C_3(\varepsilon) > 0$ such that for every $n \geq 1$ we may bound $\eta_n$ by the sum of two non-negative measures, $\eta_n \leq \omega + \rho$, with
\[
\frac{d\omega}{dm} \leq C_3(\varepsilon) \quad \text{and} \quad \rho(M) < \varepsilon.
\]

Proof. Let $A$ be some Borel set in $M$. For each $n \geq 0$ we have
\[
\eta_n(A) = \sum_{k=2}^{\infty} \sum_{j=1}^{k-1} m(f^{-n-j}(A) \cap R_{n,k})
\]
\[
\leq \sum_{k=2}^{\infty} \sum_{j=1}^{k-1} m(f^{-n}(f^{-j}(A) \cap H^*_k) \cap H_n)
\]
\[
\leq \sum_{k=2}^{\infty} \sum_{j=1}^{k-1} C_2 m(f^{-j}(A) \cap H^*_k).
\]
(in this last inequality we have used the bound (7) above). Let now $\varepsilon > 0$ be some fixed small number. By the integrability of $h$ and since (4) holds, we may choose some integer $\ell = \ell(\varepsilon)$ for which
\[
\sum_{j=\ell}^{\infty} k m(H^*_k) < \frac{\varepsilon}{C_2}.
\]
We take
\[
\omega = C_2 \sum_{k=2}^{\ell-1} \sum_{j=1}^{k-1} f_j^*(m \mid H_k^*)
\]
and
\[
\rho = C_2 \sum_{k=\ell}^{\infty} \sum_{j=1}^{k-1} f_j^*(m \mid H_k^*).
\]
This last measure satisfies
\[
\rho(M) = C_2 \sum_{k=\ell}^{\infty} \sum_{j=1}^{k-1} m(H_k^*) \leq C_2 \sum_{k=\ell}^{\infty} k m(H_k^*) < \varepsilon.
\]
On the other hand, we have
\[
\omega \leq C_2 \sum_{k=2}^{\ell-1} \sum_{j=1}^{k-1} f_j^* m,
\]
and this last measure has density bounded by some constant by the non-degeneracy conditions of $f$, since we are taking a finite number of push-forwards of Lebesgue measure. □

It follows from this last proposition and (7) that weak* accumulation points of $(\mu_n)_n$ cannot have singular part, thus being absolutely continuous with respect to the Lebesgue measure. Since such weak* accumulation points are invariant with respect to $f$, we have proved Theorem [B]
Remark 3.3. This argument proves that every weak* accumulation point of \((\mu_n)_n\) is absolutely continuous with respect to Lebesgue measure, whenever the first hyperbolic time function is integrable. This is not known if we only assume positive frequency of hyperbolic times.

4. Strong integrability implies positive frequency

Assume that \(f : M \to M\) is a \(C^2\) local diffeomorphism outside a non-degenerate exceptional set \(S \subset M\). We start the proof of Theorem \(\mathcal{C}\) by obtaining a simple useful result.

**Proposition 4.1.** If \(S\) is a compact submanifold of \(M\) with \(\dim(S) < \dim(M)\), then the function \(\log \text{dist}(x,S)\) belongs to \(L^p(m)\) for every \(1 \leq p < \infty\).

**Proof.** We may assume without loss of generality that \(S\) is connected. Let \(\dim(S) = k < n = \dim(M)\). We may cover \(S\) with finitely many images of charts \(\psi_i(U_i)\) \((i = 1, \ldots, p)\) such that \(U_i \subset \mathbb{R}^n\) is a bounded open set and \(\psi_i^{-1}(S) \subset U_i \cap (\mathbb{R}^k \times 0^{n-k})\). Denoting by \(\lambda\) the usual \(n\)-dimensional volume on \(\mathbb{R}^n\) and by \(d\) the standard Euclidean distance on \(\mathbb{R}^n\), then there are constants \(C, K > 0\) such that for all \(i = 1, \ldots, p\)

\[
\frac{1}{C} \leq \frac{d(\psi_i^{-1})_m}{d\lambda} \leq C,
\]

and for all \(w, z \in U_i\)

\[
\frac{1}{K} d(w, z) \leq \text{dist}(\psi_i(w), \psi_i(z)) \leq K d(w, z).
\]

Hence, for showing that \(\log \text{dist}(x, S)\) is integrable with respect to \(m\), it is enough to show that \(\log d(x, U \cap (\mathbb{R}^k \times 0^{n-k}))\) is integrable with respect to \(\lambda\) for any open and bounded neighborhood \(U\) of the origin in \(\mathbb{R}^n\). We may assume without loss of generality that \(U\) is sufficiently small in order to \(U \subset B_k \times B_{n-k}\), where \(B_k\) and \(B_{n-k}\) are the unit balls around the origin in \(\mathbb{R}^k\) and \(\mathbb{R}^{n-k}\) respectively. For \(z = (z_1, \ldots, z_n) \in \mathbb{R}^n\) we have

\[
d(z, \mathbb{R}^k \times 0^{n-k}) = (z_{k+1}^2 + \cdots + z_n^2)^{1/2}.
\]

Hence, we have for \(1 \leq p < \infty\)

\[
\int_U \left| \log d(z, \mathbb{R}^k \times 0^{n-k}) \right|^p d\lambda \leq \frac{1}{2^p} \int_{B_k} \left( \int_{B_{n-k}} |\log(z_{k+1}^2 + \cdots + z_n^2)|^p dz_{k+1} \cdots dz_n \right) dz_1 \cdots dz_k.
\]

Now it is enough to show that the inner integral in the last expression is finite. Actually, denoting by \(S^i_{\rho} \mathbb{S}\) the \((n-k-1)\)-sphere with radius \(\rho\) around the origin in \(\mathbb{R}^{n-k}\), \(dA\) its area element and \(a\) the total area of \(S^i_{\rho} \mathbb{S}\), we have

\[
\int_{B_{n-k}} |\log(z_{k+1}^2 + \cdots + z_n^2)|^p dz_{k+1} \cdots dz_n = \int_0^1 \left( \int_{S^i_{\rho} \mathbb{S}} |2 \log \rho|^p dA \right) d\rho = a \int_0^1 \rho^{n-k-1} |\log \rho|^p d\rho.
\]
Since this last integral is finite, we have completed the proof of the result.

Assume now that \( h \) is integrable with respect to the Lebesgue measure. By Theorem \( \text{[B]} \) we know that there exists an absolutely continuous invariant probability measure \( \mu \) for \( f \).

**Corollary 4.2.** If the density \( d\mu/dm \) belongs to \( L^q(m) \) for some \( q > 1 \), then \( \log \text{dist}(x, S) \) is \( \mu \)-integrable.

**Proof.** This is an immediate application of Hölder inequality. Actually, since

\[
\int \log \text{dist}(x, S) d\mu = \int \log \text{dist}(x, S) \frac{d\mu}{dm} dm,
\]

and we have \( d\mu/dm \) in \( L^q(m) \) for some \( q > 1 \) and \( \log \text{dist}(x, S) \) in \( L^p(m) \) for every \( p \), then taking \( p \) equal to the conjugate of \( q \), that is \( p^{-1} + q^{-1} = 1 \), then Hölder inequality gives that the integral above is finite.

We are also interested in obtaining the same conclusion of the previous corollary under the hypothesis that \( h \in L^p(m) \) for some \( p > 4 \). Observe that the absolutely continuous \( f \)-invariant measure \( \mu \) may be obtained as a weak* accumulation point of the sequence \( (\mu_n)_n \) of averages of push-forwards of Lebesgue measure. As shown in Section \( \text{[B]} \) we may write

\[
\mu_n \leq \frac{1}{n} \sum_{j=0}^{n-1} (\nu_j + \eta_j),
\]

where \( \nu_j \) and \( \eta_j \) are given by \( \text{[5]} \) and \( \text{[6]} \).

**Lemma 4.3.** If the first \((\sigma, \delta)\)-hyperbolic time map \( h : M \to \mathbb{Z}^+ \) belongs to \( L^p(m) \) for some \( p > 4 \), then \( \log \text{dist}(x, S) \) is \( \mu \)-integrable.

**Proof.** We take any \( \varepsilon > 0 \) and use Proposition \( \text{[3.2]} \) to ensure the existence of two non-negative measures \( \omega \) and \( \rho \) bounding \( \eta_n \), where \( \omega \) has density bounded by some constant and \( \rho \) has total mass bounded by \( \varepsilon \). Recall that \( \rho \) was defined in \( \text{[8]} \) by

\[
\rho = C_2 \sum_{k=1}^{\infty} \sum_{j=1}^{k-1} f_j^i(m \mid H_k^i),
\]

where \( \ell \) is some large integer.

Let us compute now the weight \( \rho \) gives to some special family of neighborhoods of \( S \). For \( i \geq 1 \) let \( d_i = \sigma^{b_i} \) where \( 0 < \sigma < 1 \) comes from the definition of \((\sigma, \delta)\)-hyperbolic time. Define for \( i \geq 1 \)

\[
B_i = \{ x \in M : \text{dist}(x, S) \leq d_i \}.
\]
If \( n \) is a \((\sigma, \delta)\)-hyperbolic time for \( x \in M \), then \( f^j(x) \in M \setminus B_i \) for all \( j \in \{n-i, \ldots, n-1\} \). This implies that
\[
\rho(B_i) = C_2 \sum_{k=\ell}^{\infty} \sum_{j=1}^{k-1} m(H_k^* \cap f^{-j}(B_i))
\]
\[
= C_2 \sum_{k=\ell}^{\infty} \sum_{j=1}^{k-i} m(H_k^* \cap f^{-j}(B_i))
\]
\[
\leq C_2 \sum_{k=\max\{\ell, i\}}^{\infty} \sum_{j=1}^{k-i} m(H_k^* \cap f^{-j}(B_i))
\]
\[
\leq C_2 \sum_{k=i}^{\infty} k m(H_k^*),
\]
for all \( i \geq 1 \). Now by Proposition 3.1 and Proposition 3.2 we know that
\[
\mu_n \leq \frac{1}{n} \sum_{j=0}^{n-1} \nu_j + \omega + \rho \leq \nu + \rho
\]
where \( \nu \) is a measure with uniformly bounded density. Hence any weak* accumulation point \( \mu \) of the sequence \((\mu_n)_n\) is bounded by \( \nu + \rho \). Since we are assuming that \( S \) is a submanifold of \( M \), then \( \log \text{dist}(x, S) \) is integrable with respect to \( \nu \) by Proposition 4.1.

On the other hand,
\[
\int_M -\log \text{dist}_\delta(x, S) \, d\rho \leq \sum_{i=1}^{\infty} -\rho(B_i) \log d_{i+1} \leq -b \log \sigma \sum_{i=1}^{\infty} (i+1) \sum_{k=i}^{\infty} k m(H_k^*).
\]
We have \( h \in L^p(m) \) by assumption, which is equivalent to \( \sum_{k=1}^{\infty} k^p m(H_k^*) < \infty \). This implies that there is some constant \( C > 0 \) such that \( m(H_k^*) \leq C k^{-p} \) for all \( k \geq 1 \). Thus we have for \( i \geq 2 \)
\[
\sum_{k=i}^{\infty} k m(H_k^*) \leq \sum_{k=i}^{\infty} \frac{C}{k^{p-1}} \leq \int_{i-1}^{\infty} \frac{C}{x^{p-1}} \, dx = \frac{C}{(p-2)(i-1)^{p-2}},
\]
and so
\[
\sum_{i=2}^{\infty} (i+1) \sum_{k=i}^{\infty} k m(H_k^*) \leq \frac{C}{p-2} \sum_{i=2}^{\infty} \frac{1}{(i-1)^{p-2}}.
\]
This last quantity is finite whenever \( p > 4 \). Hence \( \log \text{dist}(x, S) \) is integrable with respect to \( \mu \) for all \( p > 4 \). \( \square \)

As a consequence of the last results and the assumption that \( f \) behaves like a power of the distance near the exceptional set \( S \), we obtain the result below.

**Corollary 4.4.** If the first \((\sigma, \delta)\)-hyperbolic time map \( h \) belongs to \( L^p(m) \) for some \( p > 4 \), then \( \log \|Df(x)^{-1}\| \) is \( \mu \)-integrable.
**Proof.** It is an easy consequence of condition \((s_1)\) in the definition of non-degenerate exceptional set that for some \(\zeta > \beta\) we have

\[
| \log \|Df(x)^{-1}\| \| \leq \zeta | \log \text{dist}(x, S) |
\]

for all \(x\) in a small open neighborhood \(V\) of \(S\). Hence

\[
\int_V | \log \|Df(x)^{-1}\| | d\mu \leq \zeta \int_V -\log \text{dist}(x, S) d\mu < \infty,
\]

and since \(\log \|Df(x)^{-1}\|\) is bounded on the compact set \(M \setminus V\), this function is necessarily integrable with respect to \(\mu\) on \(M\).

Now we are ready to conclude the proof of Theorem C and Theorem D. Assuming that the first \((\sigma, \delta)\)-hyperbolic time map \(h\) belongs to \(L^p(m)\) for some \(p > 4\), it follows from Lemma 4.3 and Corollary 4.4 that both:

1. \(\log \text{dist}(x, S)\) is integrable with respect to \(\mu\);
2. \(\log \|Df(x)^{-1}\|\) is integrable with respect to \(\mu\).

Observe that by definition of \((\sigma, \delta)\)-hyperbolic time, if \(n\) is a \((\sigma, \delta)\)-hyperbolic time for \(x\) and if \(k\) is a \((\sigma, \delta)\)-hyperbolic time for \(f^n(x)\), then \(n + k\) is a \((\sigma, \delta)\)-hyperbolic time for \(x\). Moreover, since \(h\) is well defined Lebesgue almost everywhere and \(f\) preserves sets of Lebesgue measure zero, then Lebesgue almost all points must have infinitely many hyperbolic times. Thus we have

\[
\liminf_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} \log \|Df(f^j(x))^{-1}\| \leq \log \sigma < 0 \tag{9}
\]

for Lebesgue almost every \(x \in M\), and hence for \(\mu\) almost every \(x \in M\). The \(\mu\)-integrability of \(\log \|Df(x)^{-1}\|\) and Birkhoff’s ergodic theorem then ensure that

\[
\lim_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} \log \|Df(f^j(x))^{-1}\| \leq \log \sigma < 0 \tag{10}
\]

for \(\mu\) almost every \(x \in M\).

**Remark 4.5.** If \(S\) is equal to empty set, then \(\log \|Df(x)^{-1}\|\) is immediately integrable with respect to \(\mu\) because it is a bounded function. Hence \([10]\) is enough for obtaining Theorem D by applying Theorem E.

The strong integrability condition on \(h\) ensures that there exists an absolutely continuous invariant measure \(\mu\) and that \(\log \text{dist}(x, S)\) is \(\mu\)-integrable after Lemma 4.4. Then we are in the setting of the following result.

**Lemma 4.6.** If \(\mu\) is an \(f\)-invariant probability measure and \(\log \text{dist}(x, S)\) is \(\mu\)-integrable, then for every \(0 < \eta < 1\) there is a set \(R\) with \(\mu(R) > 1 - \eta\) such that points in \(R\) have slow recurrence to \(S\).
Proof. We start by fixing a small $\eta > 0$ and choosing $\alpha > 0$ such that
\[ \prod_{n \geq 1} (1 - e^{-\alpha n}) \geq 1 - \eta. \]

The integrability of $\log \text{dist}(x, S)$ with respect to $\mu$ and the definition of the $\delta$-truncated distance $\text{dist}_\delta$ ensure that for each $k \in \mathbb{N}$ we may find $\delta_k > 0$ for which
\[ \int_M - \log \text{dist}_\delta(x, S) \, d\mu \leq \frac{1}{k^{2k+1}}. \]

We define for each $k \in \mathbb{N}$
\[ \varphi_k(x) = \lim_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} - \log \text{dist}_\delta(f^j(x), S). \]

This $\varphi_k$ is well-defined $\mu$ almost everywhere in $M$ by Birkhoff’s ergodic theorem. Moreover
\[ \int_M \varphi_k \, d\mu = \int_M - \log \text{dist}_\delta(x, S) \, d\mu \leq \frac{1}{k^{2k+1}}. \]

Let
\[ E_k = \left\{ x \in M : \varphi_k(x) > \frac{1}{k} \right\}. \]

Since $\varphi_k \geq 0$ we have
\[ \frac{\mu(E_k)}{k} \leq \int_{E_k} \varphi_k \, d\mu \leq \int_M \varphi_k \, d\mu \leq \frac{1}{k^{2k+1}}, \]

which implies that $\mu(E_k) \leq 2^{-(k+1)}$. Hence we may find a big enough $k_1 \in \mathbb{N}$ such that $\mu(M \setminus E_{k_1}) \geq 1 - e^{-\alpha} > 0$. This is the first step in the following construction by induction on $n$. Assuming that we have chosen $k_1 < k_2 < \cdots < k_n$ satisfying
\[ \mu(M \setminus (E_{k_1} \cup \cdots \cup E_{k_{j-1}})) \geq (1 - e^{-\alpha j}) \mu(M \setminus (E_{k_1} \cup \cdots \cup E_{k_{j-1}})) > 0 \]

for all $j = 2, \ldots, n$, then we may find a big enough $k_{n+1} > k_n$ such that
\[ \mu(M \setminus (E_{k_1} \cup \cdots \cup E_{k_n} \cup E_{k_{n+1}})) \geq (1 - e^{-\alpha(n+1)}) \mu(M \setminus (E_{k_1} \cup \cdots \cup E_{k_n})) > 0. \]

Now, taking $R = M \setminus \cup_{k \geq 1} E_k$, we have
\[ \mu(R) \geq \prod_{n \geq 1} (1 - e^{-\alpha n}) \geq 1 - \eta. \]

Let us now show that points in $R$ have slow approximation to $S$. Given $\varepsilon > 0$ we choose $n \in \mathbb{N}$ for which $\varepsilon > 1/k_n$. If $x \in R$, then in particular $x \notin E_{k_n}$, and this implies
\[ \lim_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} - \log \text{dist}_{\delta_{k_n}}(f^j(x), S) = \varphi_{k_n}(x) \leq \frac{1}{k_n} < \varepsilon. \]

This concludes the proof of the result. $\square$
Since $\mu$ is absolutely continuous with respect to $m$, we deduce from \([10]\) and Lemma \([4.6]\) that there is a set with positive Lebesgue measure on which $f$ is non-uniformly expanding and whose points have slow recurrence to $S$. Actually these conditions must hold for Lebesgue almost every $x \in M$. Indeed, let $H$ be the set of points for which both \([2]\) and \([3]\) hold, and take $B = M \setminus H$. Observe that $B$ is invariant by $f$ and $h \in L^p(m|B)$ with $p > 4$. If $m(B) > 0$, then by the previous arguments we would prove the existence of some $A \subset B$ with $m(A) > 0$ where $f$ is non-uniformly expanding and points have slow recurrence to $S$. This would naturally give a contradiction.

Thus we have proved that $f$ is non-uniformly expanding and points have slow recurrence to $S$ Lebesgue almost everywhere. Applying Theorem \([9]\) we prove Theorem \([C]\).

**Remark 4.7.** The hypothesis of $h$ belonging to $L^p(m)$ for some $p > 4$ can be replaced by $d\mu/dm \in L^q(m)$ for some $q > 1$. In fact, the integrability of $h$ has only been used to prove that $\log \text{dist}(x, S)$ is integrable with respect to $\mu$ — which implies that $\log \|Df(x)^{-1}\|$ is also integrable with respect to $\mu$ by Remark \([4.4]\). As stated in Corollary \([4.2]\) this is a consequence of $d\mu/dm \in L^q(m)$ for some $q > 1$.

5. **An example with non-integrable first hyperbolic time map**

In this section we exhibit a map of the circle, differentiable everywhere except at a single point, having a positive frequency of hyperbolic times at Lebesgue almost every point, but whose first hyperbolic time map is not integrable with respect to the Lebesgue measure. This example is an adaptation of the "intermittent" Manneville map into a local homeomorphism of the circle; see [15]. Consider $I = [-1, 1]$ and the map $\hat{f} : I \to I$ (see figure 1) given by

$$x \mapsto \begin{cases} 2\sqrt{x} - 1 & \text{if } x \geq 0, \\ 1 - 2\sqrt{|x|} & \text{otherwise.} \end{cases}$$

This map induces a continuous local homeomorphism $f : S^1 \to S^1$ through the identification $S^1 = I/\sim$, where $-1 \sim 1$, not differentiable at the point 0.

**Topological mixing.** We will show that given any open interval $J \subset S^1$ there is some $N \in \mathbb{N}$ such that $f^N(J) = S^1$. Note that $f$ has two inverse branches $g_1 : (-1, 1) \to (0, 1)$ and $g_2 : (-1, 1) \to (-1, 0)$, given by

$$g_1(x) = \left(\frac{1+x}{2}\right)^2 \quad \text{and} \quad g_2(x) = -\left(\frac{1-x}{2}\right)^2.$$

Let $X = \{g_1^n(0), g_2^n(0) : n \geq 0\}$ be a set of points in the pre-orbit of 1 $\in S^1$ and let $\emptyset \neq J \subset S^1$ be an open interval. Observe that if $X \cap J \neq \emptyset$, then there is $n \geq 1$ such that $1 \in f^n(J)$, thus the interval $f^n(J)$ would contain a neighborhood of 1 in $S^1$. We easily see that this implies $f^{n+k}(J) = S^1$ for some $k \in \mathbb{N}$. Hence to prove topological mixing for $f$ it is enough to show that given any open interval $J \subset S^1$ there is $j \in \mathbb{N}$ such that $f^j(J) \cap X \neq \emptyset$. 
Figure 1. A map with non-integrable first hyperbolic time map.

Let us take an interval $J \subset S^1$ such that $J \cap X = \emptyset$. Hence $0 \notin J$. Assume for definiteness that $J \subset (-1, 0)$. Thus there is $n \in \mathbb{N}$ such that $f^n|_J$ is a diffeomorphism and $f^n(J) \subset (0, 1)$. It is clear that there is $\sigma > 1$ independent of $n$ such that $m(f^{n+1}(J)) \geq \sigma m(J)$. Now let $J_1 = f^{n+1}(J) \subset (0, 1)$. If $J_1 \cap X \neq \emptyset$, then we are done. Otherwise, by the symmetry of $f$, we repeat the argument obtaining an iterate $J_2 \subset (-1, 0)$ of $J$ with $m(J_2) \geq \sigma^2 m(J)$. Since $(\sigma^k)_{k \geq 1}$ is unbounded, after a finite number of iterates the image of $J$ will eventually hit $X$.

Invariance of Lebesgue measure. Now we show that Lebesgue measure is invariant by $f$. Note that $f'(x) = |x|^{-1/2}$ for $x \in S^1 \setminus \{0\}$. It is straightforward to check that for all $x \in S^1 \setminus \{0\}$

$$\frac{1}{f'(g_1(x))} + \frac{1}{f'(g_2(x))} = \sqrt{\left(\frac{1 + x}{2}\right)^2 + \sqrt{\left(\frac{1 - x}{2}\right)^2}} = 1,$$

where $g_1 : (-1, 1) \rightarrow (0, 1)$ and $g_2 : (-1, 1) \rightarrow (-1, 0)$ are the inverse branches of $f$. Hence, the transfer operator

$$T_f : L^1(m) \rightarrow L^1(m)$$

given by

$$T_f(\varphi)(x) = \sum_{f(z) = x} \frac{\varphi(z)}{|f'(z)|} = \frac{\varphi(g_1(x))}{|f'(g_1(x))|} + \frac{\varphi(g_2(x))}{|f'(g_2(x))|}$$

fixes the constant densities. This means that Lebesgue measure is $f$-invariant.
**Positive frequency of hyperbolic times.** Observe that $\log |(f'(x))^{-1}| = \log \sqrt{|x|}$ is Lebesgue integrable on $S^1$ and that
\[
\int_{S^1} \log |(f'(x))^{-1}| \, dm = \int_{-1}^{1} \frac{1}{2} \log |x| \left( \frac{1}{2} \, dx \right) = \frac{1}{2} \int_{0}^{1} \log x \, dx = -\frac{1}{2}
\]
(recall that we are taking the Lebesgue measure $m$ normalized on $S^1$). Thus, the invariance of Lebesgue measure and Birkhoff’s Ergodic Theorem ensure that
\[
G = \left\{ x \in S^1 : \lim_{n \to +\infty} \frac{1}{n} \sum_{j=0}^{n-1} \log |(f'(f^{j}(x)))^{-1}| \leq -\frac{1}{10} \right\}
\]
has positive Lebesgue measure. On the other hand, taking $\mathcal{S} = \{0, \pm 1\}$ (the set of points where $f$ fails to be a $C^2$ local diffeomorphism), we have
\[
\int_{S^1} - \log \text{dist}(x, \mathcal{S}) \, dm(x) = 2 \int_{0}^{1/2} - \log x \, dx,
\]
and so $\log \text{dist}(x, \mathcal{S})$ is integrable with respect to $m$ on $S^1$. Since $m$ is $f$-invariant, Lemma 4.6 ensures that there exists a set of points $R$ with slow recurrence to $\mathcal{S}$ whose complement has arbitrarily small Lebesgue measure. We obtain a positively invariant subset $H = G \cap R$ with $m(H) > 0$ whose points satisfy conditions (2) and (3). Then, by Lemma 2.3 we have that there is an interval $J \subset H$, up to a null Lebesgue measure subset. Due to the topological mixing property and the regularity of $f$ (preserves null Lebesgue measure sets) this implies that conditions (2) and (3) hold Lebesgue almost everywhere on $S^1$. Hence, using Theorem E one concludes that $f$ has positive frequency of hyperbolic times on Lebesgue almost every point.

**Non-integrability of the first hyperbolic time map.** We now show that given $0 < \sigma < 1$ and $\delta > 0$ the map $h : S^1 \to \mathbb{Z}_+$ assigning to each $x \in S^1$ the first $(\sigma, \delta)$-hyperbolic time of $x$ cannot be Lebesgue integrable in $S^1$. We observe that for $n$ being a $(\sigma, \delta)$-hyperbolic time for $x$ it must satisfy
\[
|f'(f^{n-1}(x))| \geq \sigma^{-1} > 1.
\]
Hence the first $(\sigma, \delta)$-hyperbolic time for a given $x \in S^1 \setminus \mathcal{S}$ is at least the number of iterates $x$ needs to hit a fixed neighborhood of $0$.

If we consider the inverse branch $g_1$ of $f$ and iterate a point $x_1 \in (0, 1)$ under $g_1$, we obtain a sequence $(x_n)_{n \geq 1}$ in $(0, 1)$ satisfying
\[
x_{n+1} = \frac{(1 + x_n)^2}{4}, \quad n \geq 1.
\]
(12)
According to the observation above, we must have
\[
\int_{S^1} h \, dm \gtrsim \sum_{n \geq 1} n(x_{n+1} - x_n).
\]
The non-integrability of $h$ is then a consequence of the following result.

**Lemma 5.1.** $\sum_{n \geq 1} n(x_{n+1} - x_n) = +\infty$. 

Proof. We first prove (by induction) that
\[ 0 \leq x_n \leq 1 - \frac{1}{2n} \quad \text{for every } n \geq 1. \tag{13} \]
This obviously holds for \( n = 1 \) since we have chosen \( x_1 \in (0, 1/2) \). Assuming that (13) holds for \( n \geq 1 \) we then have
\[ 0 \leq x_{n+1} = \frac{(1 + x_n)^2}{4} \leq \frac{(2 - 1/(2n))^2}{4} = 1 - \frac{1}{2n} + \frac{1}{16n^2} = 1 - \frac{1}{2n + 2} \left( \frac{n + 1}{n} - \frac{n + 1}{8n^2} \right). \]
It is enough to observe that
\[ \frac{n + 1}{n} - \frac{n + 1}{8n^2} = \frac{8n^2 + 7n - 1}{8n^2} > 1, \quad \text{for all } n \geq 1. \]
Using the recurrence relation (12), a simple calculation now shows that
\[ x_{n+1} - x_n = \frac{(1 - x_n)^2}{4}, \]
which together with (13) leads to
\[ x_{n+1} - x_n \geq \frac{1}{16n^2}. \]
This is enough for concluding the proof of the result. \( \Box \)

References

[1] J. F. Alves, SRB measures for non-hyperbolic systems with multidimensional expansion, Ann. Scient. Éc. Norm. Sup., 4\textsuperscript{e} série, 33 (2000), 1-32.
[2] J. F. Alves, V. Araújo, Random perturbations of non-uniformly expanding maps, Astérisque 286 (2003), 25-62.
[3] J. F. Alves, C. Bonatti, M. Viana, SRB measures for partially hyperbolic systems with mostly expanding central direction, Invent. Math. 140 (2000), 351-398.
[4] J. F. Alves, S. Luzzatto, V. Pinheiro, Markov structures and decay of correlations for non-uniformly expanding dynamical systems, preprint CMUP 2002.
[5] J. F. Alves, M. Viana, Statistical stability for robust classes of maps with nonuniform expansion, Ergod. Th. & Dynam. Sys. 22 (2002), 1-32.
[6] V. Baladi, M. Benedicks, V. Maume-Deschamps, Almost sure rates of mixing for i.i.d. unimodal maps, Ann. Scient. Éc. Norm. Sup., 4\textsupersérie, 35 (2002), 77-126.
[7] M. Benedicks, L. Carleson, On iterations of \( 1 - ax^2 \) on \((-1, 1)\), Ann. Math. 122 (1985), 1-25.
[8] M. Benedicks, L. Carleson, The dynamics of the Hénon map, Ann. Math. 133 (1991), 73-169.
[9] M. Benedicks, L.-S. Young, Absolutely continuous invariant measures and random perturbations for certain one-dimensional maps, Erg. Th. & Dyn. Sys. 12 (1992), 13-37.
[10] M. Benedicks, L.-S. Young, *SRB-measures for certain Hénon maps*, Invent. Math. 112 (1993), 541-576.

[11] D. Dolgopyat, V. Kaloshin, L. Koralov, *Hausdorff dimension in stochastic dispersion*, J. Statyst. Phys. 108, No. 5-6 (2002) 943-971.

[12] M. Jakobson, *Absolutely continuous invariant measures for one-parameter families of one-dimensional maps*, Comm. Math. Phys. 81 (1981), 39-88.

[13] A. Katok, B. Hasselblatt, *Introduction to the modern theory of dynamical systems*, Cambridge Univ. Press, New York, 1995.

[14] R. Mañé. *Ergodic theory and differentiable dynamics*. Springer Verlag, 1987.

[15] P. Manneville, *Intermittency, self-similarity and 1/f spectrum in dissipative dynamical systems*, J. Physique 41 (1980), 1235-1243.

[16] L. Mora, M. Viana, *Abundance of strange attractors*, Acta Math. 171 (1993), 1-71.

[17] V. Pliss, *On a conjecture due to Smale*, Diff. Uravnenija, 8 (1972), 262-268.

[18] M. Viana, *Strange attractors in higher dimensions*, Bull. Braz. Math. Soc. 24 (1993), 13-62.

[19] M. Viana, *Multidimensional non-hyperbolic attractors*, Publ. Math. IHES 85 (1997), 63-96.

[20] Q. Wang, L.-S. Young, *Strange attractors with one direction of instability*, Commun. Math. Phys. 218, No.1 (2001) 1-97.

Centro de Matemática da Universidade do Porto
Rua do Campo Alegre 687, 4169-007 Porto, Portugal

E-mail address: jfalves@fc.up.pt

URL: www.fc.up.pt/cmup/jfalves

Centro de Matemática da Universidade do Porto
Rua do Campo Alegre 687, 4169-007 Porto, Portugal

E-mail address: vdarauesto@fc.up.pt

URL: www.fc.up.pt/cmup/vdarauesto