The Clinical Epidemiology and 30-Day Outcomes of Emergency Department Patients With Acute Kidney Injury

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Abstract

Background: Acute kidney injury (AKI) is associated with increased mortality and dialysis in hospitalized patients but has been little explored in the emergency department (ED) setting.

Objective: The objective of this study was to describe the risk factors, prevalence, management, and outcomes in the ED population, and to identify the proportion of AKI patients who were discharged home with no renal-specific follow-up.

Design: This is a retrospective cohort study using administrative and laboratory databases.

Setting: Two urban EDs in Vancouver, British Columbia, Canada.

Patients: We included all unique ED patients over a 1-week period.

Methods: All patients had their described demographics, comorbidities, medications, laboratory values, and ED treatments collected. AKI was defined pragmatically, based upon accepted guidelines. The cohort was then probabilistically linked to the provincial renal database to ascertain renal replacement (transplant or dialysis) and the provincial vital statistics database to obtain mortality. The primary outcome was the prevalence of AKI; secondary outcomes included (1) the proportion of AKI patients who were discharged home with no renal-specific follow-up and (2) the combined 30-day rate of death or renal replacement among AKI patients.

Results: There were 1651 ED unique patients, and 840 had at least one serum creatinine (SCr) obtained. Overall, 90 patients had AKI (10.7% of ED patients with at least one SCr, 95% confidence interval [CI], 8.7%-13.1%; 5.5% of all ED patients, 95% CI, 4.4%-6.7%) with a median age of 74 and 70% male. Of the 31 (34.4%) AKI patients discharged home, 4 (12.9%) had renal-specific follow-up arranged in the ED. Among the 90 AKI patients, 11 died and none required renal replacement at 30 days, for a combined outcome of 12.2% (95% CI, 6.5%-21.2%).

Limitations: Sample sizes may be small. Nearly half of ED patients did not obtain an SCr. Many patients did not have sequential SCr testing, and a modified definition of AKI was used.

Abrégé

Mise en contexte: L’insuffisance rénale aiguë (IRA) est associée à une mortalité accrue et à un recours plus fréquent à l’hémodialyse chez les patients hospitalisés. Toutefois, l’IRA a très peu été étudiée dans le cadre du service des urgences.

Objectif de l’étude: Dresser le portrait des facteurs de risque, de la prévalence, de la prise en charge et des conséquences de l’IRA au sein d’une population de patients admis aux urgences. Établir la proportion de patients atteints d’IRA qui ont par la suite été renvoyés à la maison sans aucun suivi en néphrologie.

Modèle d’étude: Il s’agit d’une étude de cohorte rétrospective menée à partir des bases de données administratives et de laboratoire des hôpitaux concernés.

Cadre de l’étude: L’étude s’est tenue dans deux services d’urgence de Vancouver (CB) au Canada.

Participants: Nous avons inclus tous les patients ayant été admis aux urgences au cours d’une période d’une semaine.

Méthodologie: Les données démographiques, les comorbidités, la liste des médicaments prescrits, les résultats de laboratoire et les traitements administrés lors du séjour aux urgences ont été colligés pour chacun des participants. L’IRA a été définie avec pragmatisme, conformément aux lignes directrices acceptées. La cohorte a ensuite été couplée de façon probabiliste à la base de données provinciale sur l’insuffisance rénale afin d’évaluer l’incidence de thérapies de remplacement rénal (dialyse ou greffe) et la base de données statistique provinciale pour obtenir le taux de mortalité. Le critère de jugement principal était la prévalence de l’IRA ; les critères de jugement secondaires incluaient la proportion de patients atteints d’IRA...
retournés à la maison sans prescription de suivi en santé rénale ainsi que le taux combiné de mortalité ou d’établissement d’une thérapie de remplacement rénal à l’intérieur de 30 jours chez ces mêmes patients.

**Résultats:** Au total, 1 651 patients se sont présentés aux urgences au cours de la période étudiée. Au moins une mesure de la créatinine sérique (SCr) avait été effectuée pour 840 d’entre eux. Dans l’ensemble, 90 patients souffraient effectivement d’IRA, (10,7% des patients avec au moins une mesure de SCr [IC à 95%: 8,7 à 13,1%] ; 5,5% de tous les patients [IC à 95%: 4,4 à 6,7%]). Il s’agissait de patients majoritairement de sexe masculin (70%) et leur âge médian était de 74 ans. Des 31 patients souffrant d’IRA (34,4%) retournés à la maison, on a prévu un suivi en santé rénale pour seulement quatre (12,9%) d’entre eux pendant leur séjour aux urgences. Parmi les 90 patients souffrant d’IRA, 11 sont décédés et aucun n’a eu besoin d’une thérapie de remplacement de la fonction rénale dans les 30 jours suivant la visite aux urgences, ce qui représente un résultat combiné de 12,2% (IC à 95%: 6,5 à 21,2%).

**Limites de l’étude:** Le faible échantillonnage et le fait qu’aucune mesure de la SCr n’ait été effectuée pour près de la moitié des patients ayant séjourné aux urgences. De plus, plusieurs patients pour qui on avait procédé à une mesure de la SCr n’ont pas eu de mesure séquentielle, et une définition modifiée de l’insuffisance rénale a été utilisée pour réaliser l’étude.

**Keywords**
cr du texte pour les mots clés

**What was known before**
There is a scarcity of data on the prevalence, management, and outcomes of emergency department patients with acute kidney injury.

**What this adds**
Overall, 5.5% of all emergency department patients had acute kidney injury. One-third of acute kidney injury patients were discharged home, the majority with no renal-specific follow-up.

**Background**
Acute kidney injury (AKI) is a reduction in kidney function that is characterized by increased serum creatinine (SCr) concentration or reduced urine output. AKI is typically associated with a number of acute medical conditions such as dehydration, infection, heart failure, or nephrotoxic medication exposure, typically superimposed upon risk factors such as age, diabetes, high blood pressure, cardiovascular disease, or chronic kidney disease (CKD). In the last 2 decades, the incidence of AKI has increased from 322 to 522 per 100 000 person-years. AKI patients who survive their initial insult are at substantially elevated risk of progression to CKD, and as evidence-based care can ameliorate such sequelae, appropriate identification and treatment of AKI patients is paramount. The prevalence, risk factors, and outcomes of AKI have been characterized in a number of acute care populations, and it is estimated that one-third of all AKI episodes acquired in the community may be identified in the emergency departments (EDs). In ED patients who undergo contrast-enhanced computed tomography (CT), the risk of AKI may be up to 11%. However, AKI has been little studied in a general ED population. The prevalence, demographics, risk factors, and ED management are unknown in this population. Given that there are 130 million annual ED visits in the United States, even a low proportion of ED patients with AKI could represent a substantial opportunity to study and potentially improve overall renal care. The goals of this study were to (1) identify the proportion of ED patients with AKI, (2) characterize the comorbidities of the group, and (3) describe the ED management, including follow-up.

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Methods

Study Design and Setting

This was a retrospective cohort study at 2 Canadian university–affiliated teaching EDs that share a common database. St Paul’s Hospital is an inner-city referral center with 78,000 annual ED visits during the study period; it is a provincial renal center with transplant and dialysis capabilities. The nephrology service is typically on-call for dialysis-related emergencies, and patients with stable renal issues are referred to the internal medicine service. Although the site receives penetrating trauma, patients with blunt trauma are generally not transported by ambulance to this site. Mount Saint Joseph Hospital is a community hospital with 27,000 yearly visits and has a general internal medicine ward but no dialysis; a nephrologist is available by telephone consultation. Both hospitals see primarily adult patients, and sick children are typically referred to the local specialty pediatric hospital. Patients were managed at the discretion of the emergency physician, including all investigations, therapies, and consultations. At both institutions, SCr is measured by the Roche Hitachi 917 enzymatic assay (Roche Diagnostics, Laval, Quebec, Canada). The ethics review board of Providence Health Care and the University of British Columbia approved this study.

Patient Selection

From January 1 to 7, 2014, all consecutive residents of British Columbia who attended either ED were identified by their unique personal health number and included. To satisfy the assumption of independence, only the first visit was analyzed. Since 1999, the 2 sites have shared a database, which records demographics, chief complaints, and a digital order system (Sunrise Clinical Manager, 4.0, Eclipsys Solutions/Allscripts, Chicago, Illinois). This records all diagnostic, therapeutic, and consultation orders, all laboratory investigations and results, and all hospital records.

Medical Record Review

We followed accepted criteria for medical record review on patients with and without an ED SCr. Three trained staff emergency medicine reviewers and one senior medical student, who were aware of study purpose but blinded to 30-day outcomes, independently abstracted charts onto standardized electronic spreadsheets (Microsoft Excel 2011; Microsoft Corporation, Redmond, Washington) to document initial vital signs, comorbidities, and investigations. Furthermore, prior laboratory results, outpatient clinic notes, and ED and hospital discharge summaries were scrutinized. ED management was recorded, including administration of oral or intravenous fluids, and nephrotoxic agents such as contrast media, nonsteroidal anti-inflammatory medications, aminoglycosides, lithium, rifampin, statins, diuretics, allopurinol, and phenytoin. The nursing record provided all vital signs, as well as fluid and medication orders.

The key comorbidity of CKD, which can be difficult to ascertain in the ED, especially in early stages, was defined as having (1) a prior notation of CKD and proteinuria, albuminuria, or urinary casts, and an estimated glomerular filtration rate (eGFR) less than 90 mL/min/1.73 m², or (2) having a prior eGFR less than 60 mL/min/1.73 m² that did not appear to be related to a previous AKI episode. (This would have been documented during a prior admission.) Although this method is imperfect and may underestimate stage 1 and 2 CKD, it was applied consistently across the entire cohort. For patients who were not admitted to hospital, the electronic discharge summary was scrutinized for any further outpatient recommendations including medication changes, and follow-up investigations or consultations.

Reviewers were trained on the first 50 charts and submitted data at regular intervals, which were examined for errors such as single-digit SCr values. Furthermore, the primary investigator reviewed charts of all patients suspected of an AKI episode, including follow-up instructions for discharged patients. Missing or discrepant data were reconciled at regularly scheduled meetings. A second reviewer independently assessed 10% of the first reviewers’ charts, and interobserver reliability was calculated for all variables.

Outcomes

All outcomes were determined a priori. The primary outcome was the prevalence of AKI; this was obtained by dividing the number of AKI patients by the overall number of ED patients. As the Kidney Disease: Improving Global Outcomes (KDIGO) guidelines typically define AKI via sequential SCr tests, and many ED patients only obtained a single test, we relied upon an ED-specific algorithm to ascertain AKI. Briefly, we first considered the duration of the episode, and symptoms were required to start up to a week prior to ED presentation. Second, we ascertained ED SCr values and compared them with baseline levels obtained in the past year (where available) or values projected by Bellomo if those were not available.

To reduce the possibility of a CKD misclassified as an AKI episode, we reviewed all patients in whom a second SCr was obtained within 48 hours, and if the change between the 2 SCr values was at least 26.5 µmol/L, the patient was considered to have an AKI episode (see Box 1). If no second SCr was obtained in 48 hours, then the following decision tree was used: (1) If there was no prior SCr, the patient was considered to have AKI and (2) if there was a prior SCr, and the difference was greater than 26.5 µmol/L, the patient was considered to have AKI. All controversial cases were referred to 2 independent adjudicators (a nephrologist and an emergency physician) who were blinded to study hypothesis and outcomes. All AKI patients were staged: Stage 1 entailed SCr of 150% to 200% of baseline, stage 2 was 200% to 300% of baseline, and stage 3 was greater than 300% of baseline.
We anticipated that a subset of AKI patients might be candidates for safe discharge. Specific KDIGO AKI guidelines\textsuperscript{12} may be beyond the scope of the ED, but recommendation 2.3.4 advises that AKI patients have 3-month follow-up to ascertain occult CKD development, and we felt that either would be appropriate: (1) arranging follow-up with a primary care physician, internist, nephrologist, or urologist or (2) recommending a repeat SCr. The secondary outcome was thus the proportion of AKI patients discharged home that had appropriate documented follow-up instructions.

As renal replacement therapy (RRT; new dialysis or kidney transplant) and death are 2 relevant AKI outcomes,\textsuperscript{3} the tertiary outcome was the combined rate of such events at 30 days. To ascertain ED revisits, the cohort of discharged patients was linked to the Six-hospital Vancouver Coastal Health (VCH) regional ED database; to obtain new dialysis or renal transplant, the full cohort was linked to the British Columbia renal database; to determine mortality, the entire cohort was linked to the provincial vital statistics database.

### Sample Size

To provide an initial estimate of ED AKI rates and study risk factors and basic epidemiology, we wished to obtain approximately 100 AKI patients. While the rate of AKI varies substantially among the population studied,\textsuperscript{13,32} the rate among general medical populations appears to be 25%.\textsuperscript{31,32} Given that the historical admission rate from the 2 study EDs is approximately 20%, we estimated that 5% of ED patients would have AKI. To obtain 100 AKI patients, we would require 2000 consecutive ED patients, and given that the 2 sites have a combined 105 000 annual patients, obtaining a single week’s worth of data would be sufficient.

### Primary Data Analysis

Microsoft Excel 2011 was used for analysis. Variables were presented as means (and standard deviation) if normally distributed, and medians (with interquartile ranges) if nonnormally distributed.

### Results

#### Study Flow

Figure 1 shows that in the 1-week study period, the 2 EDs had 1794 visits from 1651 unique patients, and 840 (50.9%) had at least one SCr in the ED. Appendix A shows baseline characteristics and 30-day outcomes for patients who had an SCr versus those who did not, along with missing values and kappa values for all variables. Patients who obtained an SCr were substantially different in almost every respect from those who did not have one. Baseline characteristics for ED patients who had at

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**Box 1. Ascertaining of Acute Kidney Injury.**

As a definition of AKI is a 50% increase in baseline SCr within 7 days, we required that potential ED AKI patients have their symptoms start within 7 days of presenting to the ED. (Therefore a patient with a 1-month history of weakness and an elevated SCr was not considered to have AKI; conversely, a patient with 2 days of vomiting and diarrhea with an elevated SCr was a potential AKI candidate.) Extending the above definition, all patients with symptoms less than 7 days and an ED SCr greater than 50% of their baseline were provisionally considered to have AKI. However, as very few patients would have had an SCr within 7 days prior to the ED visit, we relied upon estimates of the baseline developed by Bellomo (41 and below) and described in the KDIGO guidelines,\textsuperscript{12} providing approximate values based upon age, sex, and ethnicity. (Please note that this had the potential to exclude some elderly patients with chronically low SCr.)

However, as there is overlap between slowly worsening CKD and an acute AKI, especially if both are subtle, we anticipated that some of these potential AKI patients would have prior CKD or a baseline different from that described by Bellomo.\textsuperscript{11} This was handled depending upon the presence of a second SCr: (1) All patients who received a second SCr within 48 hours (including all admitted patients) and whose subsequent SCr demonstrated a minimum 26.5 µmol/L change were considered to have AKI. (2) For patients who were discharged home from the ED and thus did not receive a follow-up SCr, all prior serum SCr dating to 1999 were reviewed, with results obtained in the past year taking precedence. Of the 840 patients with an SCr obtained at the index visit, 731 (87.0%) had an SCr since 1999, and 588 (70.3%) had an SCr in the past year. This value was then taken as the baseline. For patients who had ED SCr that was at least 50% greater than an SCr obtained within 1 year, AKI was considered to have occurred. Of the 105 patients with potential AKI, 94 (89.5%) had an SCr overall, and 89 (84.8%) had an SCr in the past year. Realizing that CKD is generally a slowly progressive illness,\textsuperscript{12} a nephrologist—blinded to study purpose, hypothesis, and outcomes—reviewed all patients who had an SCr more than a year ago to ascertain AKI status.

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**Table 1. Ascertainment of Acute Kidney Injury.**

| Age group | Males, µmol/L (mg/dL) | Females, µmol/L (mg/dL) |
|-----------|-----------------------|-------------------------|
| 20-24     | 115 (1.3)             | 88 (1.0)                |
| 25-29     | 106 (1.2)             | 80 (0.9)                |
| 30-39     | 97 (1.1)              | 71 (0.8)                |
| 40-54     | 88 (1.0)              | 71 (0.8)                |

**Source:** Adapted from Kidney Disease: Improving Global Outcomes (KDIGO).\textsuperscript{12}
Figure 1. Study flow diagram.

Note. ED = emergency department; SCr = serum creatinine; AKI = acute kidney injury; CKD = chronic kidney disease.

*aIf the emergency department SCr was 100 - 150% of prior SCr, no AKI episode was considered to have taken place.

*bFor older SCr, nephrologists relied on prior records (including CKD) and SCr.
least one SCr are shown in Table 1. Five patients required adjudication, and 4 were considered to have AKI.

**Main ED-Based Results**

Overall, 90 patients had an AKI, for a prevalence of 5.5% (95% confidence interval [CI], 4.4%-6.7%). (The prevalence among the 840 patients who had obtained at least one SCr was 10.7% [95% CI, 8.7%-13.1%].) AKI patients had a median age of 74, versus 51 for non-AKI patients; initial vitals and triage complaints were similar. AKI patients appeared to have a significantly higher proportion of hypertension, coronary artery disease, prior stroke or transient ischemic attack (TIA), heart failure, CKD, and dementia. Of the AKI patients, 52 (57.8%) were stage 1, 29 (32.2%) were stage 2, and the remaining 9 (10.0%) were stage 3.

ED management was as follows: 86 patients received crystalloid, and 6 received colloids. No patients received nephrotoxic antibiotics, and none underwent CT with contrast agents. Seven patient received aspirin, and 8 received loop diuretics for presumed heart failure. To illustrate the ED epidemiology of AKI, ED diagnoses are provided in Table 2.

For the 31 (34.5%) AKI patients who were discharged home, 20 (67.7%) were male and the median age was 68; 29 (93.5%) had stage 1 AKI. One patient had an SCr level rechecked in the ED. One patient was advised to recheck their SCr in the following week, 2 patients were advised to see their family doctor with no time frame given, and one patient was referred to a urologist; therefore, 4 patients (12.9%) were discharged home with appropriate follow-up. In the following 30 days, 6 patients (19.4%) revisited a regional ED with one patient being admitted to hospital. To further assist in visualizing this cohort, Appendix B details each AKI patient—clinical presentation, medical history, ED treatment and diagnosis, and follow-up—who was discharged home, including requirement for nephrologist adjudication.

**Thirty-Day Outcomes**

For the 811 patients who did not have an SCr measured, 2 patients were admitted at the index ED visit, while none died or required RRT at 30 days. Patients who had an SCr measured, but did not have AKI, had a 34.5% (259 of 750) admission rate. Twenty-five patients died and none had RRT, for a 30-day outcome of 3.3%. Overall, patients who did not have AKI had a mortality rate of 1.6%.

Of the 90 AKI patients, 59 (65.5%) were admitted to hospital. At 30 days, 11 died (none of whom were discharged at the index ED visit) and none required RRT, for a composite outcome of 12.2% (95% CI, 6.6%-21.2%).

**Discussion**

In this review of 1651 unique consecutive patients presenting to 2 urban EDs, the prevalence of AKI was 5.5%. Approximately one-third of AKI patients were discharged home, but emergency physicians provided the recommended renal-specific follow-up instructions to only 12.9% of discharged patients. In our cohort, although no patients required RRT, the 30-day mortality rate of AKI patients was 12.2%, a sevenfold increase over patients who did not have AKI.

AKI patients were a median 23 years older than non-AKI patients, more likely to be male, and more likely to arrive by ambulance. Unsurprisingly, comorbidities associated with AKI included hypertension, coronary artery disease, heart failure, prior stroke or TIA, CKD, and dementia.

These findings assist clinicians by demonstrating that (1) approximately 5.5% of an undifferentiated ED population may have AKI; (2) older ED patients and those with cardiovascular or chronic kidney disease appear to be at higher risk of AKI; and (3) although some AKI patients may be suitable for discharge home, emergency physicians typically do not provide kidney-specific follow-up instructions. The prevalence of AKI was similar at both hospitals, perhaps indicating that this illness may occur at a similar rate in various settings.

AKI has been characterized in many inpatient populations, including trauma,13-15 sepsis,16,24 burns,25,26 and post-cardiac-27-29 and noncardiac30-32 surgery. In these cohorts, AKI is associated with higher inpatient and 30-day mortality, as well as increased dialysis rates and longer hospitalizations; even subtle SCr changes are associated with increased risk of subsequent CKD.42,43

Jones and coworkers described an 11% incidence of AKI in a cohort of ED patients who underwent contrast-enhanced CT, and the 1-year risk-adjusted incidence of adverse cardiovascular events doubled in the AKI group.34 However, AKI has not been described in an unselected ED population, and the prevalence, demographics, risk factors, and outcomes are unknown in this cohort. In 2010, there were 130 million ED visits in the United States,35 and even at the lower confidence boundary of our prevalence, 5.7 million annual AKI episodes can be estimated. Even if the vast majority of these patients quickly regain full renal function, this still leaves a large cohort of patients who may be vulnerable to major adverse events including progression to CKD.

Although no specific ED-based AKI guidelines exist, emergency physicians should at least be aware of recommendations based upon the KDIGO standards.12 First, AKI requires ED recognition and evaluation of cause.44 Resuscitation should be undertaken with crystalloids but not colloids,45 although fluid overload can be deleterious.46 Physicians must realize that AKI is associated with sepsis47 and that all electrolyte or acid-base derangements should be promptly corrected.48 Finally, nephrotoxic agents such as aminoglycoside antibiotics or contrast media should be avoided.

Currently, automatic hospitalization of AKI patients is not recommended, and many patients can likely be discharged
Table 1. Characteristics of Emergency Department Patients With at Least One Serum Creatinine, Stratified by Presence or Absence of AKI Episode (n = 840).

| Variable                                      | AKI (n = 90) | No AKI (n = 750) | Difference (95% CI)\(^a\) |
|-----------------------------------------------|--------------|------------------|--------------------------|
| **Demographics**                              |              |                  |                          |
| Age, median (IQR)                             | 74 (64-83)   | 51 (38-65)       | 23 (16 to 30)            |
| Male gender, n (%)                            | 63 (70.0)    | 398 (53.1)       | 16.9 (5.6 to 26.6)       |
| EMS arrival, n (%)                            | 53 (58.9)    | 343 (45.7)       | 13.2 (1.7 to 23.4)       |
| **Initial vital signs, ED arrival, median (IQR)** |              |                  |                          |
| Heart rate, beats/min                         | 90 (70-109)  | 87 (76-103)      | 3 (~5 to 9)              |
| Systolic blood pressure, mm Hg                | 122 (108-143)| 129 (116-144)    | –7 (~13 to 0)            |
| Diastolic blood pressure, mm Hg               | 72 (63-80)   | 74 (67-83)       | –2 (~6 to 3)             |
| Respiratory rate, breaths/min                 | 18 (16-20)   | 18 (16-20)       | 0 (~1 to 1)              |
| Oxygen level, % on room air                   | 96 (94-98)   | 98 (96-99)       | –2 (~3 to 0)             |
| Temperature, °C                               | 36.8 (36.5-37.2)| 36.7 (36.5-36.9)| 0.1 (~0.1 to 0.3)        |
| **Number of patients with deranged initial vital signs, n (%)** |              |                  |                          |
| Heart rate >100 beats per minute              | 30 (33.3)    | 223 (29.7)       | 3.6 (~6.4 to 14.9)       |
| Systolic blood pressure <100 mm Hg           | 10 (11.1)    | 67 (8.9)         | 2.1 (~3.6 to 11.2)       |
| Diastolic blood pressure <60 mm Hg           | 14 (15.6)    | 104 (13.9)       | 1.7 (~5.3 to 11.5)       |
| Respiratory rate >24 breaths/min              | 18 (20.0)    | 67 (8.9)         | 11.1 (3.3 to 21.3)       |
| Oxygen level <92% on room air                 | 10 (11.1)    | 44 (5.9)         | 5.8 (~0.5 to 14.2)       |
| Temperature >37.5°C                           | 6 (6.7)      | 43 (5.7)         | 1.0 (~3.5 to 8.9)        |
| **CTAS level, n (%)**                         |              |                  |                          |
| 1                                             | 2 (2.2)      | 9 (1.2)          | 1.0 (~1.2 to 7.4)        |
| 2                                             | 22 (24.4)    | 141 (18.8)       | 5.6 (~3.1 to 16.4)       |
| 3                                             | 59 (65.6)    | 449 (59.9)       | 5.7 (~5.7 to 15.9)       |
| 4                                             | 7 (7.8)      | 141 (18.8)       | −11.0 (~16.3 to −2.5)    |
| 5                                             | 0 (0.0)      | 0 (0.0)          | ~6.4 (~5.1)              |
| **Chief complaint, n (%)**                    |              |                  |                          |
| Gastrointestinal                              | 18 (20.0)    | 176 (23.5)       | −3.5 (~11.5 to 7.0)      |
| Cardiovascular                                | 30 (33.3)    | 149 (19.9)       | 13.4 (~3.6 to 24.6)      |
| Substance misuse                              | 1 (1.1)      | 39 (5.2)         | −4.1 (~6.3 to 1.9)       |
| Mental health                                 | 1 (1.1)      | 62 (8.3)         | −7.2 (~9.7 to −1.1)      |
| Neurologic                                    | 9 (10.0)     | 60 (8.0)         | 2.0 (~3.5 to 10.8)       |
| Respiratory                                   | 16 (17.8)    | 82 (10.9)        | 6.8 (~0.6 to 16.9)       |
| Other                                         | 15 (16.7)    | 119 (15.9)       | 0.8 (~6.5 to 10.8)       |
| **Risk factors, n (%)**                       |              |                  |                          |
| Hypertension                                  | 67 (74.4)    | 226 (30.1)       | 44.3 (~33.3 to 53.3)     |
| Diabetes                                      | 23 (25.6)    | 176 (23.5)       | 2.1 (~6.9 to 13.0)       |
| Acute coronary syndrome                       | 21 (23.3)    | 72 (9.6)         | 13.7 (~5.4 to 24.2)      |
| Stroke or TIA                                 | 12 (13.3)    | 32 (4.3)         | 9.0 (~2.8 to 18.3)       |
| Heart failure                                 | 14 (15.6)    | 44 (5.9)         | 9.7 (~2.9 to 19.3)       |
| HIV                                           | 1 (1.1)      | 39 (5.2)         | −4.1 (~6.3 to 1.9)       |
| Hepatitis                                     | 4 (4.4)      | 58 (7.7)         | −3.3 (~7.0 to 4.1)       |
| Liver cirrhosis                               | 1 (1.1)      | 3 (0.4)          | 0.7 (~6.5 to 6.5)        |
| COPD                                          | 14 (15.6)    | 101 (13.5)       | 2.1 (~4.9 to 11.9)       |
| Malignancy                                    | 10 (11.1)    | 60 (8.0)         | 3.1 (~2.7 to 12.1)       |
| Active injection drug user                    | 5 (5.6)      | 49 (6.5)         | −0.9 (~6.7 to 5.0)       |
| Chronic kidney disease                        | 23 (25.5)    | 55 (7.3)         | 18.2 (~9.6 to 28.8)      |
| Mental health                                 | 27 (30.0)    | 206 (27.5)       | 2.5 (~7.1 to 13.7)       |
| Mood disorder                                 | 9 (10.0)     | 105 (14.0)       | −4.0 (~9.8 to 4.9)       |
| Thought disorder                              | 1 (1.1)      | 57 (7.6)         | −6.5 (~8.9 to −0.4)      |
| Dementia                                      | 17 (18.9)    | 44 (5.9)         | 13.0 (~5.6 to 23.1)      |

Note. AKI = acute kidney injury; CI = confidence interval; IQR = interquartile range; EMS = emergency medical services (ambulance); ED = emergency department; CTAS = Canadian Triage and Acuity Scale, a validated, reliable 5-point triage score where “1” is a resuscitation and “5” is nonurgent; TIA = transient ischemic attack; hepatitis = documented hepatitis B or C; COPD = chronic obstructive pulmonary disease; active injection drug user = has used injection drugs in the last 30 days; mood disorder = documented depression or bipolar illness; thought disorder = documented schizophrenia, schizoaffective, or psychosis not otherwise specified.

\(^a\)Difference is (AKI) minus (no AKI). Wilson’s continuity correction used.
The goal of this study was to ascertain prevalence of AKI in ED patients, and this was derived in a retrospective cohort at 2 urban Canadian centers that do not typically receive blunt trauma; patient distribution, admission rates, recognition and risk tolerance for AKI, and discharge instructions may vary in other settings. Ideally, this study would be repeated using a larger and more comprehensive ED sample, and over a longer time period, including seasonal variations. Physician decisions to order investigations (including SCr), provide management, or consult specialists were individualized, and uncollected variables may have influenced this. Given that there were less than 100 AKI patients, conclusions regarding epidemiology, ED management, and follow-up must be regarded as exploratory. Approximately half of our patients did not have an SCr obtained, and such patients may have had occult AKI episodes that went uncounted, but given their young age and lack of comorbidities, this number is likely very low.

Current AKI definitions were developed for hospitalized patients receiving sequential renal investigations—not ED patients—and require a change in SCr >26.5 µmol/L (>0.3 mg/dL) over a 48-hour period, or else monitoring of urine output over 6 to 24 hours, and these methods may be more sensitive at ascertaining AKI. Unfortunately, many patients, typically those discharged home, received only a single SCr, and above definitions could not be strictly used; thus, ascertaining AKI, especially subtle episodes, may be difficult. In particular, patients with a baseline SCr lower than predicted by Bellomo might be misclassified as a non-AKI episode, when in fact they had AKI. However, only few potential AKI patients lacked baseline SCr and 5 cases required adjudication. We feel that our strategy to identify AKI, although varying from recommendations and having potential for misclassification, is clinically sensible given the inherent limitations of ED data. In addition, we have provided explanations of all discharged AKI patients (Appendix B). Because very few ED patients underwent urine dipstick testing, the prevalence of subtle early CKD may have been underestimated.

The outcome of “kidney-specific follow-up within 3 months” is a nongraded KDIGO recommendation but is both clinically relevant and easy to apply in the ED. Some physicians may have given detailed verbal advice, but providing written instructions is the accepted standard of arranging follow-up. Outcomes such as death and RRT are often dependent on many non-ED factors; considering our goal was to merely provide a point estimate of AKI prevalence and 30-day outcomes in ED patients, results were unadjusted. Finally, although we describe clinical epidemiology of ED AKI, study design does not provide insight into individual patient care.

**Conclusion**

The prevalence of AKI among ED patients was 5.5%. Although one-third of AKI patients were discharged home, most did not have kidney-specific follow-up.
## Appendix A

Characteristics of All ED Patients, Stratified by Whether an SCr Was Obtained.

| Variable                                      | Had SCr (n = 840) | No SCr (n = 811) | Difference (95% CI) | Missing values | Kappa value (95% CI) |
|-----------------------------------------------|-------------------|------------------|---------------------|----------------|---------------------|
| Demographics                                  |                   |                  |                     |                |                     |
| Age, median (IQR)                             | 53.0 (37.9-69.0)  | 38.0 (26.0-50.0) | 15.0 (11.0 to 19.0) | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Male gender, n (%)                            | 461 (54.9%)       | 448 (55.2%)      | -0.3 (-5.2 to 4.3)  | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| EMS arrival, n (%)                            | 396 (47.1%)       | 94 (11.6%)       | 35.5 (31.4 to 39.6) | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Initial vital signs, ED arrival, median (IQR) |                   |                  |                     |                |                     |
| Heart rate, beats/min                         | 87.0 (76.0-103.0) | 82.0 (73.0-97.0) | -5.0 (-9.0 to -1)   | 80.0 (0.5)    | 0.85 (0.81-0.89)    |
| Systolic blood pressure, mm Hg                | 128.0 (115.0-144.0) | 129.0 (118.0-150.0) | -1.0 (-3.0 to 1.0) | 104.0          | 0.90 (0.86 to 0.94) |
| Diastolic blood pressure, mm Hg               | 73.0 (66.0-82.0)  | 75.0 (69.0-88.0) | -2.0 (-4.0 to 0.0)  | 104.0          | 0.87 (0.83 to 0.91) |
| Respiratory rate, breaths/min                 | 18.0 (16.0-20.0)  | 16.0 (16.0-18.0) | -2.0 (-3.0 to 0.0)  | 67.0           | 0.92 (0.88 to 0.96) |
| Oxygen level, % on room air                   | 98.0 (96.9-99.0)  | 98.0 (98.0-100.0) | 0.0 (0.0 to 0.0)    | 84.0           | 0.95 (0.91 to 0.99) |
| Temperature, °C                               | 36.7 (36.5-37.0)  | 36.8 (36.6-37.1) | -0.1 (-0.2 to 0.0)  | 117.0          | 0.90 (0.87 to 0.93) |
| Number of patients with deranged initial vital signs, n (%) | 253 (30.1%) | 100 (12.3%) | 17.8 (13.8 to 21.7) | 0.0 (0.0) | 1.0 (0.96 to 1.0) |
| CTAS level, n (%)                             | 253 (30.1%)       | 100 (12.3%)      | 17.8 (13.8 to 21.7) | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Chief complaint, n (%)                        |                   |                  |                     |                |                     |
| Gastrointestinal                              | 194 (23.1%)       | 46 (5.7%)        | 17.4 (14.1 to 20.8) | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Cardiovascular                                | 179 (21.3%)       | 22 (2.7%)        | 18.6 (15.5 to 21.7) | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Substance misuse                              | 40 (4.7%)         | 28 (3.5%)        | 1.3 (-0.7 to 3.4)   | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Mental health                                 | 63 (7.5%)         | 22 (2.7%)        | 4.8 (2.6 to 7.1)    | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Neurologic                                    | 69 (8.2%)         | 59 (7.3%)        | 0.9 (-1.8 to 3.6)   | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Respiratory                                   | 98 (11.7%)        | 51 (6.3%)        | 5.4 (2.5 to 8.2)    | 0.0 (0.0)     | 1.0 (0.96 to 1.0)   |
| Orthopedic                                    | 44 (5.2%)         | 219 (27.0%)      | -21.8 (-25.3 to 18.3) | 0.0 (0.0) | 1.0 (0.96 to 1.0) |
| Dermatologic                                  | 24 (2.9%)         | 139 (17.4%)      | -14.3 (-17.3 to 11.4) | 0.0 (0.0) | 1.0 (0.96 to 1.0) |
| Other                                         | 134 (15.9%)       | 225 (27.7%)      | -11.9 (-15.9 to -7.9) | 0.0 (0.0) | 1.0 (0.96 to 1.0) |

(continued)
Appendix A. (continued)

| Variable                  | Had SCr (n = 840) | No SCr (n = 811) | Difference (95% CI) | Missing values<sup>a</sup> | Kappa value (95% CI)<sup>b</sup> |
|---------------------------|-------------------|------------------|--------------------|-----------------------------|---------------------------------|
| Mental health             | 233 (27.7)        | 64 (7.9)         | 19.9 (16.2 to 23.5) | Derived value               |                                 |
| Mood disorder             | 114 (13.6)        | 33 (4.1)         | 81 (6.7 to 12.3)   | 0.83 (0.79 to 0.87)         |                                 |
| Thought disorder          | 58 (6.9)          | 28 (3.5)         | 30 (1.2 to 5.7)    | 0.80 (0.76 to 0.84)         |                                 |
| Dementia                  | 61 (7.3)          | 3 (0.4)          | 58 (5.1 to 8.9)    | 0.79 (0.75 to 0.83)         |                                 |
| Outcomes at 30 days       |                   |                  |                    |                             |                                 |
| Admitted at index visit   | 318 (37.9)        | 2 (0.3)          | 316 (34.3 to 41.1) | 0 (0.0)                     |                                 |
| Death                     | 36 (4.3)          | 0 (0.0)          | 36 (2.9 to 5.9)    | 0 (0.0)                     |                                 |
| New dialysis              | 0 (0.0)           | 0 (0.0)          | 0 (−0.6 to 0.6)    | 0 (0.0)                     |                                 |

Note. Missing values and interrater reliability (calculated for 165 charts) are included. Overall N = 1651. Difference is (Had SCr) minus (No SCr) with Wilson’s continuity correction. ED = emergency department; SCr = serum creatinine; CI = confidence interval; IQR = interquartile range; EMS = emergency medical services (ambulance); CTAS = Canadian Triage and Acuity Scale, a validated, reliable 5-point triage score where “1” is a resuscitation and “5” is nonurgent; TIA = transient ischemic attack; hepatitis = documented hepatitis B or C; COPD = chronic obstructive pulmonary disease; active injection drug user = has used injection drugs in the last 30 days; eGFR = estimated glomerular filtration rate in mL/min/1.73 m²; mood disorder = documented depression or bipolar illness; thought disorder = documented schizophrenia, schizoaffective, or psychosis not otherwise specified.

<sup>a</sup>Note that missing values cannot be reliably obtained for comorbidities because it is unclear whether the comorbidity was truly absent or just not documented.

<sup>b</sup>Kappa values: For yes/no variables (eg, “hypertension”), the reviewers had to agree on the presence or absence of the variable. For categorical variables (eg, “trigeminal neuralgia”), the reviewers had to agree on the complaint. For continuous variables, the reviewers had to agree on the value itself. No weighted kappa scores were used. If the variable was the sum of other variables, or was a proportion of the main variable (eg, the proportion of patients with a deranged vital sign), then kappa values were not obtained.

<sup>c</sup>Note that only 157 of 811 patients who did not have an SCr had a prior SCr in the ED within the past year. Of those, 14 had an eGFR less than 60. As patients with chronic kidney disease are recommended to obtain an SCr yearly, one can assume that the majority of patients with preexisting CKD would have had a prior SCr. Furthermore, it is the usual practice of emergency physicians to obtain kidney function tests in patients with known CKD.

Appendix B

**Demographics, Presentation, Laboratory Results, and Management of All Emergency Department Patients With Acute Kidney Injury Who Were Discharged Home**

1. An 80-year-old male presented with 2 days of rectal bleeding. His emergency department (ED) serum creatinine (SCr) was 134 µmol/L, and his SCr 2 months earlier was 88 µmol/L. He was given intravenous fluids and discharged home with no renal-specific follow-up instructions.

2. A 58-year-old male with high blood pressure and remote gastric cancer presented with a 1-week history of generalized weakness. His ED SCr was 143, and his SCr 2 weeks ago was 69. He was diagnosed with nonspecific anemia and transfused 3 units of packed red cells. He was discharged home with no renal-specific follow-up instructions.

3. A 97-year-old male presented with 1 week of generalized weakness. His ED SCr was 212 with no prior SCr available. He was given 4 L of normal saline and discharged to his care home with a diagnosis of nonspecific weakness, but no follow-up instructions.

4. A 49-year-old healthy male presented with 6 hours of flank pain. His ED SCr was 137 with no prior SCr available. He was diagnosed with renal colic, given 2 L of intravenous fluids, and discharged with no follow-up instructions after his pain subsided.

5. A 72-year-old male with hypertension, diabetes, and a prior acute coronary syndrome presented with a day of chest discomfort. His SCr was 141 and an SCr obtained 4 months earlier was 77. He was diagnosed with nonspecific chest discomfort and discharged home with no follow-up instructions.

6. A 70-year-old male with hypertension presented with 2 hours of chest discomfort. His ED SCr was 169 and an SCr obtained 3 months earlier was 98. Aspirin was provided, and he was diagnosed with nonspecific chest discomfort and discharged home with no follow-up instructions.

7. A healthy 48-year-old male with 1 day of profuse vomiting and diarrhea had an ED SCr of 121; a prior SCr from 7 months ago was 76. He was rehydrated with 3 L of saline and discharged home with no follow-up instructions.

8. A 50-year-old male with a history of depression and presented with vomiting for 2 days. He had an ED SCr of 116; the SCr from a year ago was 69. He was rehydrated with 4 L of saline and discharged home with no follow-up instructions.

9. A 66-year-old male with a history of hypertension, diabetes, and stage 3 chronic kidney disease presented with 6 hours of acute chest pain. His ED SCr was 245; the SCr 3 months ago was 119. He was given 1.5 L of fluid over the next 6 hours and discharged home with no follow-up instructions. This case was referred to a nephrologist for adjudication and felt to be stage 2 AKI.

10. A 56-year-old female with a history of depression presented with several hours of vomiting and diarrhea. The ED SCr was 126; no prior SCr was...
11. A healthy 61-year-old female presented with a day of vomiting and diarrhea. The ED SCr was 124 with no prior SCr available. She was rehydrated and discharged home with no follow-up instructions.

12. A 67-year-old male with a history of COPD presented with 2 days of chest pain. His ED SCr was 138 and the SCr from 3 months ago was 70; she was assessed by the psychiatrist and discharged to police custody with no additional follow-up.

13. A 91-year-old female with a history of hypertension and dementia was referred from her care home with a few hours of vomiting. Her SCr was 103, while an SCr from 2 years ago was 59. She was rehydrated and discharged with no renal-specific follow-up. This case was referred to the nephrologist for adjudication.

14. An 81-year-old male with hypertension presented to the ED with several days of increasing shortness of breath and leg swelling. His ED SCr was 161 with no prior SCr available. He was diagnosed with acute heart failure, and gently rehydrated and diuresed in the ED observation unit. He improved clinically, had a repeat ED SCr of 107, and was discharged home with instructions to follow-up with his family physician.

15. A 70-year-old male with hypertension, acute coronary syndrome, and chronic obstructive pulmonary disease (COPD) presented with 2 days of chest pain. His ED SCr was 136, and an SCr obtained 3 weeks prior was 85. He was discharged home with a diagnosis of nonspecific chest pain but was not rehydrated or given renal-specific follow-up.

16. A 67-year-old male with a history of COPD presented with 2 days of new cough and shortness of breath similar to his prior COPD exacerbations. His ED SCr was 286, and an SCr from a similar presentation 5 months ago was 123. He was given 2 L of intravenous hydration over the next 6 hours, and after he clinically improved, discharged home with an appointment to see his respirologist.

17. A 63-year-old male with hypertension, diabetes, and prior acute coronary syndrome presented with 1 day of increasing dyspnea. His ED SCr was 84, and numerous prior SCr ranging from 1 month to 1 year had ranged from 49 to 54. He was diagnosed with mild heart failure after running out of his furosemide. He was diuresed, and after clinical improvement, he was discharged with a new prescription for furosemide and a recommendation to see his family physician to investigate his renal function.

18. A 62-year-old previously healthy male presented with 1 day of lower abdominal pain and decreased ability to pass urine. His SCr was 138 with no prior SCr available. After successful bladder irrigation, he was diagnosed with nonspecific hematuria and discharged home with outpatient urologic referral.

19. An 89-year-old lady with a history of hypertension and transient ischemic attack presented with 2-day history of headache and vomiting. Her ED SCr was 123; an SCr from 2 years ago was 60. She was given fluids and antiemetics; after clinical improvement, she was diagnosed with a nonspecific headache and discharged with no renal-specific follow-up. This case required nephrologist adjudication.

20. A 63-year-old male with hypertension and stage 4 chronic kidney disease presented with 3 days of weakness. His ED SCr was 332; a prior SCr from 2 months ago was 159. He was diagnosed with mild hyponatremia, given 3 L of saline, and discharged to his care home once he was able to ambulate.

21. A 29-year-old female with a history of hypertension and congenital heart disease presented with 1 day of palpitations, dyspnea, and leg swelling. Her ED SCr was 147, while an SCr from 1 month ago was 72. The cardiology team assessed the patient and recommended that diuretics be increased. No intravenous fluids were provided, and the patient was discharged home with cardiology follow-up and a requisition to recheck renal function.

22. A healthy 64-year-old male presented with a day of abdominal pain and vomiting. His ED SCr was 136; no prior SCr was available. He was diagnosed with nonspecific abdominal pain, given 2 L of saline, and discharged without clearly defined follow-up.

23. A 60-year-old male with hypertension presented with a day of nontraumatic leg pain. His ED SCr was 119 and a prior SCr from 18 months ago was 72. He was diagnosed with nonspecific limb pain and discharged without renal-specific follow-up. This case required nephrologist adjudication.

24. A 40-year-old healthy female presented with palpitations after a weekend of alcohol and cocaine use. Her ED SCr was 125 with no prior SCr available. After rehydration with 2 L of saline, she was discharged home without follow-up.

25. A 92-year-old male with hypertension and a prior acute coronary syndrome presented with 3 days of coughing and a mild fever. His ED SCr was 138 with no prior SCr available. He was diagnosed with pneumonia, given a liter of intravenous fluids, and discharged to his care home with no renal-specific follow-up.

26. A 76-year-old female with hypertension and liver cirrhosis presented with a day of back pain with the inability to ambulate, and consequentially unable to eat or drink. The ED SCr was 129, while an SCr from 2 years ago was 70. She was rehydrated in the ED and was discharged home after symptom control. No renal-specific follow-up was provided. This case required nephrologist adjudication.
27. A 70-year-old male with a history of alcohol misuse and a remote acute coronary syndrome presented with acute alcohol intoxication and vomiting. His ED SCr was 155, while an SCr from the previous week was 91. He was rehydrated in the ED, discharged once ambulatory and tolerating oral fluids, but no renal-specific follow-up was provided.

28. A 71-year-old male with hypertension, diabetes, acute coronary syndrome, and chronic heart failure presented with 2 days of intermittent worsening epistaxis. His ED SCr was 159, and an SCr from 6 months ago was 75. He was anemic and transfused 2 units of packed red cells. He was evaluated by the ear, nose, and throat specialists but discharged from the ED without renal-specific follow-up.

29. An 83-year-old lady with hypertension, prior acute coronary syndrome, chronic heart failure, and COPD presented with a day of abdominal pain and vomiting. Her ED SCr was 135 while an SCr from 2 years ago was 45. She was rehydrated, diagnosed with nonspecific abdominal pain, and discharged with no renal-specific follow-up. This case required nephrologist adjudication.

30. A 60-year-old male with hypertension presented with a several hours of flank pain and vomiting. His ED SCr was 138 and no prior SCr was available. He was diagnosed with renal colic, given 3 L of intravenous fluids, and discharged without renal-specific follow-up after appearing to pass the stone in the ED.

31. A 71-year-old female with hypertension and diabetes presented with 1 day of vomiting and diarrhea. Her ED SCr was 131 with no prior SCr available. She was diagnosed with gastroenteritis, rehydrated with 2 L of fluids, and discharged without follow-up.

**Ethics Approval and Consent to Participate**

This study was approved by the Research Ethics Board of Providence Health Care and a waiver of consent was accepted.

**Consent for Publication**

All of the authors have read and provide consent for the publication of this work.

**Availability of Data and Materials**

Anonymized raw data is available from the corresponding author upon request.

**Author Contributions**

FS conceived and designed the study, with AL providing substantial input. EG obtained the patient database. FS, JC, BG, and AB conducted the chart review, with AL and EG providing blinded adjudication. FS performed statistical analysis. FS drafted the manuscript, and all authors contributed to its revision, especially AL. FS takes responsibility for the manuscript.

**Declaration of Conflicting Interests**

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