Quantum-gravity effects on a Higgs-Yukawa model

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A phenomenologically viable theory of quantum gravity must accommodate all observed matter degrees of freedom and their properties. Here, we explore whether a toy model of the Higgs-Yukawa sector of the Standard Model is compatible with asymptotically safe quantum gravity. We discuss the phenomenological implications of our result in the context of the Standard Model.

We analyze the quantum scaling dimension of the system, and find an irrelevant Yukawa coupling at a joint gravity-matter fixed point. Further, we explore the impact of gravity-induced couplings between scalars and fermions, which are non-vanishing in asymptotically safe gravity.

I. INTRODUCTION

Asymptotic safety [1] provides a framework in which a local quantum field theory of the metric - or related gravitational degrees of freedom, such as, e.g., the vielbein - could be established. Compelling hints for the viability of the asymptotic-safety scenario have been uncovered in pure gravity [2–44], for reviews see [45–51]; similar ideas have been explored in other quantum field theories, see, e.g., [52–54]. These results suggest that quantum fluctuations of gravity could induce an interacting Renormalization Group (RG) fixed point, generalizing the success-story of asymptotic freedom to a quantum gravitational setting. Yet, a fundamental model of spacetime that is viable in our universe must be compatible with the existence and properties of the observed matter degrees of freedom. First results suggest that asymptotic safety in gravity persists if the matter fields of the Standard Model and some of its extensions are coupled minimally to gravity [55–58]. Here, we focus on the converse question, namely the effect of quantum gravity on matter fields and their interactions in the ultraviolet (UV). The Standard Model is a low-energy effective field theory, which presumably features perturbative Landau poles and a triviality problem beyond perturbation theory in the Higgs sector and the U(1) hypercharge sector. Within the asymptotic-safety scenario local quantum field theory remains a valid framework up to arbitrarily high momentum scales, requiring a quantum-gravity induced Renormalization Group fixed point for matter. First hints for its existence have been found in [59–69].

In this work, we focus on a toy model of the Yukawa sector of the Standard Model, a matter system with a massless Dirac fermion and a real scalar interacting via a Yukawa term with coupling $y$, in the presence of quantum gravity. Within canonical power counting, the Yukawa coupling $y$ corresponds to a marginally irrelevant coupling. If the coupled matter-gravity system is asymptotically safe and the Yukawa coupling remains irrelevant, this results in a prediction for the low-energy limit: The value of the latter is dominated by the UV-relevant couplings in the vicinity of the UV-fixed point, which determine the RG-trajectory from the UV-regime to the low energy regime. In turn, UV-irrelevant couplings correspond to a UV-repulsive direction of a fixed point, and their value governs the approach to the critical surface at low energies. Thus, in this scenario most values of $y$ in the infrared (IR) are incompatible with asymptotic safety. A relevant Yukawa coupling most likely implies that its observed low-energy value can be accommodated within an asymptotically safe UV completion. On the other hand, an irrelevant Yukawa coupling makes the model more predictive, and can only accommodate one particular value of the Yukawa coupling. If this does not match the observed value, this particular UV completion is ruled out. The arguably most interesting case is realized if the Yukawa coupling is irrelevant, and the predicted low-energy value agrees with observations. This scenario would showcase how an interacting fixed point can have an enhanced predictive power over a perturbative setting, where the Yukawa couplings are free parameters.

In this spirit it has been conjectured that the Higgs mass could be predicted within asymptotic safety [70,71]. Two conditions need to be satisfied for this scenario to work in the Standard Model: Firstly, the Higgs self-interaction must become irrelevant at the fixed point. Secondly, the top-Yukawa coupling needs to be relevant, if the corresponding fixed point lies at a vanishing value of the coupling. Otherwise, the UV-repulsive fixed point at $y = 0$ is difficult to reconcile with the value of the top-Yukawa coupling at the Planck scale, which is significantly larger than zero in the Standard Model [72].

The main goals of this paper are the following two: Firstly, we study the quantum gravitational correction to the critical exponent of the Yukawa coupling at its fixed point to determine whether the low-energy value of the Yukawa coupling could be predicted in a matter-gravity model in Section [II]. Secondly, we take a more detailed look at the properties of a joint matter-gravity fixed point. In particular, we focus on quantum-gravity induced interactions, and the shift of a possible matter fixed point to an asymptotically safe one instead of an asymptotically free one in Section [IV].
II. YUKAWA THEORY COUPLED TO QUANTUM GRAVITY

A. Effective action

We will analyze the momentum-scale running of the effective action $\Gamma_k$ of a Yukawa theory coupled to gravity in the presence of an infrared cutoff scale $k$. More specifically, we will monitor the scale-dependence of matter couplings in the vicinity of the asymptotically safe UV fixed point of the theory. The theory consists of a Dirac fermion $\psi$ and a real scalar $\phi$ coupled to a fluctuating metric. The flowing action $\Gamma_k$ of the model is parameterized as

$$\Gamma_k[\bar{g}, \Phi] = \frac{Z_\phi}{2} \int d^4x \sqrt{\bar{g}} \left( g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + m_\phi^2 \phi^2 \right) + iZ_\psi \int d^4x \sqrt{\bar{g}} \slashed{\partial} \bar{\psi} \psi$$

$$+ iZ_\psi Z_\phi^{1/2} y \int d^4x \sqrt{\bar{g}} \phi \bar{\psi} \psi + \Gamma_{k,\text{grav}}[\bar{g}, \Phi], \quad (1)$$

with scale-dependent couplings $y(k)$ and $m_\phi^2(k)$ and wave-function renormalizations $Z_\phi(k)$, $Z_\psi(k)$. The Dirac term contains the spin connection, see App. E. The effective action depends on an auxiliary background metric $g_{\mu\nu}$ and the fluctuating quantum fields $\Phi$ with

$$\Phi = (h_{\mu\nu}, c_\mu, \bar{c}_\mu, \psi, \bar{\psi}, \phi) .$$

In (2) the field $h$ carries the metric fluctuations and the corresponding pure-gravity dynamics is contained in $\Gamma_{k,\text{grav}}$. The full metric $g_{\mu\nu} = g_{\mu\nu}(\bar{g}, h)$ in the first three lines of (1) is chosen to be

$$g_{\mu\nu} = Z_{\bar{g}}^{1/2} g_{\mu\nu} + \sqrt{G} Z_h^{1/2} h_{\mu\nu}, \quad (3)$$

with Newton coupling $G$. The wave function renormalizations $Z_{\bar{g}}$ and $Z_h$ carry the cutoff-scale dependence of the respective kinetic terms similar to those of the scalar and fermion. The parameterization (1) with (3) leaves us with RG-invariant but scale-dependent couplings $y$ and $G$, while the RG-scaling of the vertices is carried entirely by the corresponding $Z$-factors. The factor $\sqrt{G}$ leaves the fluctuation field $h$ with the canonical dimension of a bosonic field such that powers of $G$ occur in all matter-gravity and pure-gravity vertices.

The presence of the background metric is required for two reasons: Firstly, the use of an RG-approach in gravity requires to set a scale in order to distinguish the “high-momentum modes” of the model. This is possible with the help of the background-covariant Laplacian. Secondly, our approach requires the specification of a propagator for the metric, which, as in any gauge theory, requires the introduction of a gauge-fixing term.

Here, we will use a family of gauge fixing functionals with respect to the background metric.

In the present setting classical diffeomorphism invariance is encoded in Slavnov-Taylor identities. They imply that the quantum effective action cannot be expanded in diffeomorphism-invariant terms. This entails that the first three lines in (1) are accompanied by higher order terms $\Gamma_{k,\text{ho}}$ dictated by the Slavnov-Taylor identities. These terms are neglected in the present work. A more detailed discussion of background independence is given in App. A.

The propagator of metric fluctuations is obtained from the Einstein-Hilbert action with general covariant gauges and the same linear metric split, cf. (3). The classical action reads

$$S_{\text{EH}} = \frac{1}{16\pi G} \int d^4x \sqrt{g} \left( 2\Lambda - R \right) + S_{\text{gl}} + S_{\text{gh}} . \quad (4)$$

and we employ the linear gauge fixing condition

$$F_\mu = \left( \delta_\mu^\nu D^\sigma - \frac{1 + \beta}{4} \bar{\psi} \Gamma_\mu \psi \right) h_{\rho\sigma} , \quad (5)$$

where $D$ is the covariant derivative w.r.t. the background metric $g_{\mu\nu}$. This results in a gauge-fixing term,

$$S_{\text{gl}} = \frac{1}{32\pi G \alpha} \int d^4x \sqrt{g} g^{\mu\nu} F_\mu F_\nu , \quad (6)$$

accompanied by the standard Faddeev-Popov-ghost term. We thus have a two-parameter family of gauges labelled by $(\alpha, \beta)$. Given an expansion in powers of the fluctuating graviton $h$, we obtain the quadratic part of the pure-gravity effective action from which we construct the scale-dependent full metric propagator, for details see App. C. In the present work we will not evaluate the gravitational RG flow explicitly, but instead utilize results for pure quantum gravity, and quantum gravity coupled to free matter. Thus gravitational couplings such as $G$ and the graviton-mass parameter $\mu_h$ (defined in (C1)) constitute free parameters of our equations.

We close this Section with a discussion of the global symmetries of the model in (1). The kinetic terms of the scalar and fermion feature a separate $Z_2$ symmetry under which $\phi \rightarrow -\phi$, and a chiral symmetry in the fermion sector under which $\psi \rightarrow e^{i\gamma_5 \vartheta} \psi$ and $\bar{\psi} \rightarrow \bar{\psi} e^{i\gamma_5 \vartheta}$. The Yukawa coupling reduces these separate symmetries to a combined discrete chiral symmetry under which the scalar and the fermions transform simultaneously and $\vartheta = \pi/2$. It has the same effect a global chiral symmetry would have in the Standard Model, forbidding a fermionic mass term. Further, it restricts the type of self-interactions that can be induced by quantum gravity. All induced interactions respect the global symmetries of the matter sector; in particular the separate symmetries of the fermionic and scalar kinetic terms, as these provide the vertices that source the induced interactions. Note that it would be interesting to understand whether the general argument, that black-hole configurations in the
quantum gravitational path integral lead to the breaking of global symmetries \[1\] also applies in asymptotic safety and if the preservation of global symmetries that we observe is an artifact of the truncation or our choice of background and/or signature.

B. Functional renormalization group approach

To explore the scale-dependence of our matter-gravity theory we employ the non-perturbative functional Renormalization Group (FRG) approach, for reviews see \[2\]–\[4\].

In this approach the theory is regularized in the infrared below a momentum scale \( k \). This is achieved with an infrared regulator term in the classical action that underlies the generating functional,

\[
S_{cl} \rightarrow S_{cl} + \frac{1}{2} \int_x \sqrt{g} \Phi_1 R_{k,1I} \Phi_I, \tag{7}
\]

where \( I, J \) comprise internal indices and species of fields. For example, for the metric fluctuation \( \Phi_1 = h \) we have \( I = 1, \mu \nu \). The regulator term in (7) has to be quadratic in the fluctuation field in order for the FRG flow equation to be of a particularly simple one-loop structure. Hence, the regulator contains a background field dependence with \( \sqrt{g} \). Moreover, it is chosen such that it suppresses low-momentum fluctuations in the path-integral, while high-momentum ones are integrated out. In gravity this again necessitates the specification of a metric, and hence also \( R_k \) depends on the background metric, e.g., via the covariant background Laplacian \( \Delta_g \). The explicit form of the regulators \( R_{k,1I} \) used in the present work is given in App. D.

Within this framework \( \Gamma_k \) interpolates between the microscopic action for \( k \rightarrow \infty \) and the full quantum effective action for \( k \rightarrow 0 \). The effective action \( \Gamma_k[\bar{g}_{\mu \nu}, \Phi] \) obeys a one-loop flow equation, the Wetterich equation \[8\],

\[
\partial_t \Gamma_k := \kappa \partial_k \Gamma_k = \frac{1}{2} \text{Tr} \frac{1}{\Gamma_k^{(2)}[\bar{g}_{\mu \nu}, \Phi]} + R_k \partial_k. \tag{8}
\]

see also \[9\]–\[10\]. In (8), the trace \( \text{Tr} \) includes a sum over internal indices and species of fields, including a negative sign for fermions, as well as a momentum-integration. \( \Gamma_k^{(2)} = \delta^2 \Gamma_k / \delta \Phi^2 \) denotes the second functional derivatives of the effective action with respect to \( \Phi \). This flow equation can be depicted as a 1-loop diagrammatic equation, as \( 1/(\Gamma_k^{(2)} + R_k) \) corresponds to the full, field-dependent propagator of the theory. The corresponding diagrams are not perturbative diagrams but rather fully non-perturbative depictions of derivatives of the above flow equation \[8\].

Quantum fluctuations generate all interactions which are compatible with the symmetries of the model. For practical purposes, it is necessary to truncate the space of all action functionals to a (typically) finite dimensional space. As our truncation, we choose \[1\]. In the first part of this work, see Sec. III we consider a truncation containing the first three lines in (1) and neglect all additional terms. In a canonical counting, all scalar-fermion interaction terms beyond this truncation are irrelevant. While residual interactions at an asymptotically safe fixed point alter the scaling properties of operators, the canonical dimensionality can still remain a useful ordering principle. In particular, if quantum fluctuations shift the critical exponents by anomalous contributions of \( O(1) \), then only a small number of couplings can be relevant. This reasoning has been demonstrated to hold in pure gravity within a truncation based on higher powers of the scalar curvature, \[29\]. Here, we adopt this principle to motivate our truncation in the matter sector. More formally, our truncation can be understood as the leading order in a combined vertex- and derivative expansion, cf. App. E.

In the second part, cf. Sec. IV, we ask which of the higher-order couplings contained in \( \Gamma_k[\bar{g}, \Phi] \) in (1) are induced by gravity. Specifically, these are the leading-order terms in a canonical counting, for which the only possible fixed point must be interacting. The vertices in the diagrams underlying their beta functions arise from the kinetic terms for scalars and fermions, and must respect the separate \( \mathbb{Z}_2 \) symmetry in the scalar and chiral symmetry in the fermion kinetic terms (cf. last paragraph in Sec. II A). The canonically most relevant induced structures are quartic in the fields, i.e., two-fermion–two-scalar interactions, of order \( p^3 \). A complete basis of the induced operators reads

\[
\Gamma_k[\bar{g}, \Phi] = \Gamma_k^{\text{induced}} = i Z_\phi Z_{\bar{\psi}} X_1 - \int_x \sqrt{g} \left[ \left( \bar{\psi}_\gamma \gamma^\mu \nabla_\nu \psi - (\nabla_\nu \bar{\psi}_\gamma) \gamma^\mu \psi \right) \partial_\mu \phi \partial^\nu \phi \right]
+ i Z_\phi Z_{\bar{\psi}} X_2 - \int_x \sqrt{g} \left[ \left( \bar{\psi}_\gamma \gamma^\mu \nabla_\nu \psi - (\nabla_\nu \bar{\psi}_\gamma) \gamma^\mu \psi \right) \partial_\mu \phi \partial^\nu \phi \right].
\tag{9}
\]

In App. E we give a more detailed discussion of our expansion in the matter and gravity sector. This also helps to understand the technical details as well as the systematics underlying the derivation of the \( \beta \)-functions of the matter couplings that are used for our analysis in Sec. III and Sec. IV.

III. FIXED POINTS FOR THE YUKAWA COUPLING

In this section we analyze the UV-stability of the present Yukawa-gravity system, which serves as a toy model for the top-Yukawa sector of the Standard Model. It is a first step towards answering the question, whether asymptotically safe quantum gravity is compatible with a sizeable top-Yukawa coupling at the Planck scale \( M_{Pl} \). This is required within the Standard Model without additional degrees of freedom up to \( M_{Pl} \). Then, a pertur-
The full result for the gravity-induced part is lengthy and thus presented in App. E. We recover the standard pure-gravity contribution to the background-approximation for the graviton mass parameter \( \mu \). The latter are available in App. C. Note that we use that term in a loose way for the propagation of metric fluctuations. The latter are restricted to small fluctuations around the perturbative notion of a graviton propagator.

To compare to previous results, we note that if we fix the gauge parameters to \( \alpha = 0 \) and \( \beta = 1 \), set the graviton mass parameter and all anomalous dimensions to zero such as to compare to \([59]\) and \([63]\), we come to agreement with the results obtained in \([63]\).

\[
\beta_y = \frac{y^3(2 + \mu_\phi)}{16\pi^2(1 + \mu_\phi)^2} + g y \left( \frac{29 - 2\mu_\phi + 5\mu_\phi^2}{20\pi(1 + \mu_\phi)^2} \right),
\]

(11)

Note that in their notation \( \mu_\phi = 2\lambda_2 \). As the term \( y \tilde{\psi} \psi \phi \) is only symmetric under a combined \( Z_2 \) transformation of the scalar, \( \phi \to -\phi \) and discrete chiral transformation of the fermions, while all other terms in the truncation are invariant under these transformations separately, the RG flow of \( y \) must be proportional to \( y \). Thus there is always a Gaussian fixed point \( y = 0 \). Therefore the asymptotically safe fixed point that has first been discovered in pure gravity in [2] [5] and has been shown to extend to a gravity-matter fixed point in minimally coupled truncations [55–58] trivially extends to the case with a Yukawa coupling. In particular, we can combine the Yukawa coupling with any truncation in the gravity-matter sector that already features a fixed point, and will find a trivial generalization of that fixed point. For definiteness, let us quote the results obtained in a vertex expansion for gravity and matter, first analyzed in [57] in the gauge \( \alpha = 0, \beta = 1 \), with

\[
\begin{aligned}
g_\ast &= 0.55, \mu_{h, \ast} \approx -0.58, \eta_{h, \ast} \approx 0.42, \eta_{c, \ast} \approx -1.58, \eta_\ast = 0, \\
\eta_{\phi, \ast} &= 0, \mu_{\phi, \ast} = \eta_{\phi, \ast} = 0, \eta_{\psi, \ast} \approx 0.07, \eta_{\phi, \ast} \approx 0.72,
\end{aligned}
\]

(12)

with a UV-irrelevant Yukawa coupling. We distinguish the anomalous dimensions from the definition of the vertex, \( \eta_{\phi, \ast} \), from those arising from loop integrals, since our vertices are evaluated at vanishing momentum [57]. Note that corrections from Yukawa-diagrams to the matter anomalous dimensions \( \eta_{\phi, \ast} \) vanish at a fixed point with \( y = 0 \). Therefore the system in [57] does not change under the inclusion of a Gaussian Yukawa-coupling. Hence, by combining the results, we obtain the critical exponent of the Yukawa coupling,

\[
\theta_y = - \frac{\partial \beta_y}{\partial y} \bigg|_{y=0,g=g=\ldots} \approx -2.33.
\]

(13)

We compare this to the result that can be obtained in a hybrid background calculation, where the graviton anomalous dimension is distinguished from that of the background Newton coupling, but the graviton mass parameter is equated to the background cosmological constant. [55]. In that case, we obtain \( \theta_y = -0.06 \). While the sign is in agreement with [13], the absolute value differs significantly. We can trace that difference back to the background-approximation for the graviton mass parameter. In fact, using the fixed-point value for the Newton coupling and the anomalous dimensions from [55] and combining them with the mass parameter from [57], yields a critical exponent of \( \theta_y = -4.88 \).
FIG. 2. We plot the critical exponent $\theta_y$ for the fixed-point values given in (12) which were obtained with $\alpha = 0$, $\beta = 1$. We extrapolate to other values of $\alpha$ and $\beta$ without adjusting the fixed-point values in the gravitational sector.

FIG. 3. We plot $-\theta_y$ as a function of $\alpha$ for the fixed-point values in (12). The blue thick curve is for positive $\alpha$, while the green dotted one is for negative $\alpha$. At large values, both reach the asymptotic limit $\theta_y = -\frac{18}{25} - \frac{206838269}{40924800} \pi$ which is independent of $\beta$. The value of $\theta_y$ at $\alpha = 0$ depends on $\beta$, but is negative for all $\beta$ for the values in (12).

B. Gauge dependence

Next, we analyze the gauge-dependence of our result by varying the two gauge parameters $\alpha$ and $\beta$. Note that in a consistent treatment we would substitute $\alpha \rightarrow Z_{\alpha} \alpha$, $\beta \rightarrow Z_{\beta} \beta$ in the gauge fixing term (15), see App C. Here, we approximate $Z_{\alpha} = 1 = Z_{\beta}$.

First, we focus on the specific gravitational fixed-point values quoted in (12), in Figs. 2 and 3 which were obtained with $\alpha = 0$, $\beta = 1$, but which we extrapolate to other values of the gauge parameters. We observe poles at specific values of $\alpha, \beta$, which are induced by an incomplete gauge-fixing. Extrapolating the fixed-point values for the gravitational couplings that were obtained for the choice $\alpha = 0$, $\beta = 1$ into that region is inconsistent. We expect that in a complete study, in which the gravitational couplings, all anomalous dimensions and $\theta_y$ are evaluated in a gauge-dependent way, these pole-structures disappear. It is reassuring to note that all values of $\alpha$ and $\beta$ excepting the poles lead to the same sign for the critical exponent, $\theta_y < 0$, cf. Fig. 3. Within the flow equation, positive and negative values of $\alpha$ seem admissible, as both result in an invertible two-point function. On the other hand, choosing $\alpha < 0$ flips the sign of the contribution of the vector mode to $\beta_y$. Within the path-integral, only $\alpha \geq 0$ naively corresponds to an implementation of the gauge-condition. For our choice of gravitational couplings, both signs of $\alpha$ lead to a negative critical exponent for the Yukawa coupling, cf. Fig. 4. We observe a similar behavior if we use the fixed-point values from [55], combined with the fixed-point value $\mu_\ast \approx -0.58$ from [57], cf. Fig. 4. Resolving the background-approximation for the graviton mass parameter has a significant impact on the results, see upper left panel in Fig. 5. If the fixed-point value for the background cosmological constant is used for the graviton mass parameter, the sign of the critical exponent is not stable with respect to variations of the gauge. Note that in Fig. 5 we use fixed-point values obtained for the gauge $\beta = 1 = \alpha$ away from that point. A more consistent study of the gauge dependence of our result should also include gauge-dependent gravitational fixed-point values. Nevertheless the strong gauge dependence could be interpreted as a hint that a resolution of the background-approximation is of particular importance for the graviton mass parameter, at least when matter fields are present.

For vanishing masses and anomalous dimensions the gravitational contribution to the beta function for the
We emphasize that large positive values of \(\mu_h\) can lead to a change of the sign of the critical exponent, which we tentatively consider an artifact.

C. Stability & predictive power

In the last Section we have utilized results for the Newton coupling and the graviton mass parameter from [53, 57] for matter-gravity systems. These results were obtained in an approximation in which matter has no self-interactions at the UV fixed point.

Next, we consider effects beyond our truncation which will change the flow in the gravitational sector and the anomalous dimensions, but which do not couple directly into \(\beta_y\). Some of these will change the fixed-point values of, e.g., \(g\) or \(\eta_y\). Thus we test how strongly any of the parameters \(g, \mu_h, \mu_\phi, \eta_y, \eta_\phi, \eta_\psi\) have to deviate from the results in (12) for the Yukawa coupling to become relevant.

We then focus on the preferred choice of gauge \(\alpha = 0\), which corresponds to an RG fixed point [58]. The latter holds, as the gauge-fixing condition is strictly imposed, which cannot be changed by the -finite- flow. Further, we choose \(\beta = \alpha\), while noting that the choice \(\beta = 1\), \(\alpha = 0\) does not lead to any qualitative differences in our results, cf. Sec. III. We observe that a large positive mass-parameter of the graviton – corresponding to a negative cosmological constant in a single-metric truncation or a negative level-2-cosmological constant in a “bi-metric” truncation – can change the sign of the critical exponent, cf. Fig. [5], as can negative anomalous dimensions for matter. For instance, setting \(\mu_\phi = 0\) leads to

\[
\theta_y := \left. \frac{\partial \beta_y}{\partial y} \right|_{y=0} = -\frac{1}{2} (\eta_\phi,0 + 2\eta_\psi,0) + g \frac{231 - 41\eta_\psi}{280\pi (3 + 2\mu_h)} - \frac{g}{6720\pi} \left( \frac{2800 (6 - \eta_h)}{(1 + \mu_h)^2} - \frac{6888 + 869\eta_h}{(3 + 2\mu_h)^2} \right).
\]

At large enough \(\mu_h\) and/or large negative \(\eta_{\phi/\psi}\), the last line in (15) is suppressed, and the positive contribution dominates. In that case, two further fixed-point solutions are pulled from the complex plane onto the real axis. The non-Gaussian fixed-point values are given by

\[
y_* = \pm \sqrt{\frac{\pi}{14(-6\eta_\psi - 5\eta_\phi + 60)}} \sqrt{g \left( \frac{24 (231 - 41\eta_\psi)}{3 + 2\mu_h} + \frac{3 (6888 - 869\eta_h)}{(3 + 2\mu_h)^2} - \frac{2800 (6 - \eta_h)}{(1 + \mu_h)^2} \right) - 3360 \pi (2\eta_\psi,0 + \eta_\phi,0)}.
\]

We emphasize that large positive values of \(\mu_h\) are far from being accessible in state-of-the-art truncations in
In the present simple truncation the Yukawa coupling exhibits a Gaussian fixed point with irrelevant UV-behavior. We also observe that our calculations of the gravitational parameters, they couple back into the flow of the anomalous dimensions could present negative (positive) contributions are absent. Thus, our conclusions on the critical exponent of the Yukawa coupling do not rely on specific assumption for the approximation in the gravitational sector, but hold using fixed-point values from various studies in the literature.

The irrelevance of this coupling signals that its low-energy value can be predicted. This could open the door to an observational test of asymptotically safe quantum gravity, as the low-energy values of the Yukawa couplings in the Standard Model are known experimentally. Neglecting the curvature of the critical surface, the fixed point cannot be reached in the UV, unless the low-energy value of the coupling already equals the fixed-point value. We would thus conclude that at the Planck scale, where the joint matter-gravity RG flow sets in, the Yukawa coupling would already have to vanish in order for the RG trajectory to reach the fixed point. While this is close to the right value for the Yukawa couplings of the Higgs to the bottom and all lighter quarks and leptons, we know that the top-Yukawa coupling in the Standard Model is of the order $y = 0.4/\sqrt{2}$ at the Planck scale. This might suggest that the fixed point that we have analyzed here is not one which is compatible with the properties of the Standard Model at low energies. Note however, that statements about quantum gravity effects on the running couplings of the Standard Model are also generically scheme-dependent, see, e.g., [31, 63, 87–91]. As couplings do not directly correspond to observable quantities, non-universality is not a problem. Still, it implies that only results obtained in the same scheme can be compared. Finally, here we only consider a toy model of the Yukawa sector, and have neglected additional matter fields of the Standard Model, which have to be included, e.g., along the lines of [92]. In summary, such a comparison requires further work in order to be dependable.

Moreover extensions of the truncation are clearly indicated: A reliable evaluation of the anomalous dimensions for the matter fields is critical to settle these questions. As has already been pointed out for scalar fields and fermions [66, 67], quantum gravity fluctuations induce further momentum-dependent interactions at the fixed point. These couple directly into the flow of the anomalous dimension, and are thus of critical importance for our study. This will entice us to consider in more detail, whether the above truncation already captures all important effects of quantum gravity on the Yukawa sector. As we will show in the next sections, it does not.
FIG. 7. Mixed quartic diagrams generated by covariant kinetic terms in the flow equation. These diagrams are nonzero, even if all matter self-interactions are set to zero initially. They prevent the corresponding 2-scalar-2-fermion couplings from being able to reach asymptotic freedom.

IV. GRAVITY-INDUCED MATTER INTERACTIONS

As has been pointed out for scalar and fermionic systems separately, asymptotically safe quantum gravity induces non-vanishing matter self-interactions at the fixed point, cf. Fig. 7. Thus the only possible fixed points that exist for the joint matter-gravity system are necessarily non-Gaussian in some of the matter couplings. Clearly, the Yukawa coupling is not one of those couplings, as all couplings with an odd number of matter fields can vanish. This scenario is as close as possible to a fixed point that is Gaussian in the matter sector. Then, the first, genuinely gravity-induced couplings are the matter four-point vertices. Here we investigate the two-fermion–two-scalar couplings. The four-fermi, and four-scalar couplings have been discussed separately in gravity-fermion systems, and gravity-scalar systems. Both of them couple nontrivially into the flow of two-fermion–two-scalar couplings. Here, we make a first step in the exploration of this system by focusing on the mixed interactions, only.

In that system, there are two main questions:

- Is there a fixed point in the matter-gravity system?
- Are canonically irrelevant couplings shifted into relevance at the joint fixed point?

Note that the first is a vital question since it is a necessary condition for the realization of asymptotic safety in a quantum theory of gravity combined with matter fields.

A. Synopsis

In this section, we show that certain momentum-dependent scalar-fermion interactions cannot have a Gaussian fixed point in the presence of asymptotically safe gravity. In particular we show that the Gaussian matter fixed point for vanishing gravitational coupling $g$ is shifted to an interacting one at finite $g$, called the shifted Gaussian fixed point (sGFP). Thus, asymptotically safe quantum gravity cannot be coupled to a fully asymptotically free matter system. At least a subset of the matter couplings must become asymptotically safe. This entails that the scaling dimensions of these couplings depart from canonical scaling. In fact, we observe that some of the canonically irrelevant scalar-fermion couplings will be pushed towards relevance.

Moreover, we find that for large enough gravitational coupling, the sGFP moves off into the complex plane, i.e., quantum-gravity effects can lead to fixed-point annihilations in the matter sector. Then, the only remaining viable fixed points are fully interacting and exhibit a larger number of relevant directions. These fixed-point annihilations require the effective strength of gravitational interactions to exceed a critical value which is well beyond that reached in results in the literature, see, e.g.,.

Our main results are summarized in Fig. 10, where light grey dots mark a region where the shifted Gaussian fixed point does not exist. The fixed-point values obtained in lie within the green region, where the shifted Gaussian fixed point exists.

B. Induced two-fermion–two-scalar interactions

From here on, we work in the gauge $\alpha = 0$ and $\beta = 1$. Including the covariant matter kinetic terms in the action automatically generates vertices with two matter fields and an arbitrary number of gravitons, i.e.,

$$S_{\psi,\text{kin}} = i \int d^4 x \sqrt{g} \left( \bar{\psi} \gamma^\mu \nabla^\mu \psi \right)$$

$$S_{\phi,\text{kin}} = \frac{1}{2} \int d^4 x \sqrt{g} \left( g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right)$$

These vertices give rise to diagrams that induce higher order $2s$-point, $2f$-point and $2s+2f$-point functions, where $2s$ and $2f$ is the number of external scalar and fermion fields respectively. Couplings with an odd number of external fermions or scalars are not purely gravity-induced from the kinetic terms. We follow canonical power counting, and focus on the leading-order terms in the corresponding expansion in the remainder of this section, which has $s = f = 2$. The fixed-point properties of the corresponding couplings are encoded in the four types of diagrams shown in Fig. 7. These diagrams are non-vanishing, even if all matter self-interactions are set to zero. Thus, if we switch off all matter self-interactions, but keep a finite gravitational coupling, the beta-functions of these quartic scalar-fermion couplings will be nonzero. Accordingly, there are scalar-fermion couplings which cannot vanish at a matter-gravity fixed point. This leads us to the canonically most relevant induced structures. These are quartic in the fields and of order $p^3$. A complete basis of these operators manifestly obeying reflection positivity of the Osterwalder-Schrader theorems is built from the
reflection positive combinations

\[ \bar{\psi}\gamma^\mu \partial^\nu \psi + (\partial^\nu \bar{\psi}) \gamma^\mu \psi , \]
\[ i\bar{\psi}\gamma^\mu \partial^\nu \psi - i(\partial^\nu \bar{\psi}) \gamma^\mu \psi , \]  
(19)

traced either into \( \delta_{\mu \rho} \partial^\rho \phi \partial^\nu \phi \) or into \( \partial^\mu \phi \partial^\nu \phi \). The first reflection positive combination in (19) corresponds to imaginary flows in Euclidean space. However, these operators are neither created by gravity nor by the other reflection positive operators. Therefore these imaginary couplings are completely decoupled from the system and remain zero. An intuitive reasoning for this can be given since all other operators in the initial effective action are reflection positive and real in Euclidean space and the flow preserves these properties. A detailed discussion of this issue can be found in App. G. The reflection positive combination in (19) corresponds to a destabilizing effect on the pure matter system. Finally, away from the origin, cf. Fig. 8. Simultaneously, the non-Gaussian gravitational contributions, i.e., the second and third term in Eq. (23), are potentially destabilizing. This is best understood starting from the gravity-free case: At \( g = 0 \), the system features a single Gaussian fixed point, cf. (23). As a function of \( g \), this fixed point moves away from the origin, cf. Fig. 8. Simultaneously, the non-Gaussian fixed point moves towards the origin, such that both fixed points approach one another, i.e., gravity has a destabilizing effect on the pure matter system. Finally, at a critical gravitational coupling strength \( g_{\text{crit}} \approx 6 \) the two fixed points have been driven to a collision by metric fluctuations and no real fixed point remains.

It is thus crucial to understand the system of induced

\[ \mathcal{X}' = \tilde{X}' k^4. \]
(20)

Inserting the definition (20) leads us to a complete basis of induced structures

\[ \frac{\Gamma_{\text{induced}}}{Z_0 Z_\psi k^4} = \]
\[ = i \mathcal{X}_1 - \int d^4 x \sqrt{g} \left[ (\bar{\psi}\gamma^\mu \nabla_\nu \psi - (\nabla_\nu \bar{\psi}) \gamma^\mu \psi ) (\partial_\nu \phi \partial^\rho \phi) \right] \]
\[ + i \mathcal{X}_2 - \int d^4 x \sqrt{g} \left[ (\bar{\psi}\gamma^\mu \nabla_\mu \psi - (\nabla_\mu \bar{\psi}) \gamma^\mu \psi ) (\partial_\rho \phi \partial^\rho \phi) \right] , \]
(21)

where the flow of the left hand side can be easily projected on the couplings \( \mathcal{X}_i \), see App. [C].

C. Fixed-point shifts and annihilations in a simplified system

1. Beta functions

First we analyze the two distinct interactions in (21) grouped together in a single coupling

\[ \mathcal{X} = \frac{1}{2} (\mathcal{X}_{1-} + \mathcal{X}_{2-}) \]  
(22)

Therefore we combine the flows obtained with the projection rules specified in (G6) & (G7) according to the above relation and employ \( \mathcal{X}_{1-} = \mathcal{X}_{2-} = \mathcal{X} \). This yields a \( \beta \)-function for the combined coupling. The intriguing properties that we will observe in this simplified system persist within a more extended analysis, see Sec. [IVD]. For the sake of simplicity we have set the metric mass parameter and all anomalous dimensions to zero. The \( \beta \)-function for the joint coupling \( \mathcal{X} \) then reads

\[ \beta \mathcal{X} = 4 \mathcal{X} + 7 \frac{g^2}{2} - \frac{99}{160 \pi} g \mathcal{X} + \frac{143}{896 \pi^2} \mathcal{X}^2 , \]
(23)

The key effect of gravity is encoded in the term \( 7/2 g^2 \) in Eqs. (23), which implies that no Gaussian fixed point in \( \mathcal{X} \) can exist at finite \( g \). Thus, a major result of ours is that as soon as metric fluctuations are switched on, the Gaussian fixed point is shifted to become interacting (cf. Fig. 8). Accordingly, its scaling exponent deviates from the canonical value \(-4\), and becomes less irrelevant. At finite \( g \), this fixed point is distinct from other possible interacting fixed points as its scaling exponent still reflects the canonical irrelevance of the coupling.

2. Fixed-point annihilations and excluded regions

At finite gravitational couplings \( g, \mu_h \), the system shows an intriguing fixed-point behavior, because the non-Gaussian gravitational contributions, i.e., the second and third term in Eq. (23), are potentially destabilizing. This is best understood starting from the gravity-free case: At \( g = 0 \), the system features a single Gaussian fixed point, cf. (23). As a function of \( g \), this fixed point moves away from the origin, cf. Fig. 8. Simultaneously, the non-Gaussian fixed point moves towards the origin, such that both fixed points approach one another, i.e., gravity has a destabilizing effect on the pure matter system. Finally, at a critical gravitational coupling strength \( g_{\text{crit}} \approx 6 \) the two fixed points have been driven to a collision by metric fluctuations and no real fixed point remains.
interactions in more detail, to clarify whether asymptotically safe gravity is compatible with the existence of a Yukawa sector in Nature. In this spirit, we provide a first step by analyzing the full system in the next section.

D. Induced fixed-point interactions: the full system

1. Shifted Gaußian fixed point and fixed-point annihilations

After the instructive, simplified analysis in the reduced system in the previous Section, we now take into account both induced two-fermion–two-scalar interactions as put down in [21]. To disentangle all tensor structures in the $\mathcal{X}$-sector we now use a projection on the two couplings separately, cf. Eqs. (G6), (G7), (G8) and (G12). After projecting out the terms with three momenta, we choose a fully symmetric momentum configuration, cf. App. [G] The resulting beta-functions are presented in App. [H].

For vanishing Newton coupling, $g = 0$, the two-dimensional matter system of non-vanishing couplings exhibits four fixed points. In addition to the Gaußian fixed point three interacting fixed points are purely real and thus potentially physical. Values of all real fixed points and critical exponents for specific choices of gravitational couplings can be found in Tab. [I]

| $g$ | $\alpha_1^*$ | $\alpha_2^*$ | $\beta_1$ | $\beta_2$ | 
|-----|-------------|-------------|-----------|-----------|
| 0   | -217.9      | -157.7      | 4         | -3.55     | NGFP1     |
| -145.9 | -469.4     | 4.59        | 4         | NGFP2     |
| 159.7 | -660.2      | 4           | -5.38     | NGFP3     |
| -1.274 | 3.08      | -2.69       | -3.84     | sGFP      |
| -157.7 | 46.9       | 2.68        | -3.49     | NGFP1     |
| -118.5 | -464.8     | 4.10 - 0.49 i | 4.10 - 0.49 i | NGFP2 |
| 178.6 | -658.4      | 3.92        | -5.25     | NGFP3     |
| -16.8 | -469.7      | 3.67 - 0.95 i | -3.67 + 0.95 i | NGFP2 |
| 183.8 | -647.0      | 3.78        | -4.64     | NGFP3     |

TABLE I. Fixed-point values and critical exponents in the $\mathcal{X}_1$-$\mathcal{X}_2$-truncation for $g = 0$, $g = 2$ and $g = 4$, for vanishing graviton mass parameter and vanishing anomalous dimensions.

In a first step, we keep $\mu_h = \eta_h = \eta_\phi = \eta_\psi = 0$ and only vary the gravitational interactions with $g$. In this process gravity shifts all four real fixed points (sGFP, NGFP1/2/3) of the pure matter system, cf. Fig. [9] and Tab. [I]

The shifted Gaußian fixed point (sGFP) remains UV repulsive in both directions but becomes non-Gaußian when gravity is switched on, cf. Fig. [9]. The gravitational contribution to the scaling dimensionality of $\mathcal{X}_{1/2}$-is positive for both of these couplings. Accordingly, they are shifted towards relevance. At $g \approx 3.2$, the shifted Gaußian fixed point collides with one of the other interacting fixed points, and moves off into the complex plane. As expected, this fixed-point collision is accompanied by a change in sign in one of the critical exponents, cf. Fig. [9] right panel. Thus gravity might not only deform the universality class of an asymptotically free matter fixed point, but might even completely destroy it. In a partial range of values for $g$ where the shifted Gaußian fixed point does not exist, two other interacting fixed points remain at real coordinates. These provide possible universality classes for the matter system coupled to gravity. As the presence of additional interacting fixed points is a difference to the simpler truncation analyzed in Sec. [IVC] it is not clear whether these are truncation artifacts.

At $g \approx 7.3$ also the other two interacting fixed points collide and for effective metric fluctuation-strengths stronger than that no fixed point can be found at all. It is unclear whether the vanishing of all possible fixed points is a truncation artifact but if this persists in higher-order truncations it implies that the strength of quantum-gravity interactions must not exceed a critical value, as otherwise the existence of a Yukawa sector for matter is excluded.

Our results further exemplify, that the regime of very strong gravitational coupling could correspond to a setting, where the UV completion for the Standard Model coupled to gravity might be one which is fully non-Gaußian, and which is actually not a quantum-gravity deformation of an asymptotically free fixed point.

2. Allowed gravitational parameter space

The effective gravitational interaction strength is related to the combination $g/(1+\mu_h)$, and thus grows with increasing $g \geq 0$ and decreasing $\mu_h \geq -1$. Thus at a very large mass parameter, the shifted Gaußian fixed point is nearly Gaußian. As a function of decreasing mass parameter, it then undergoes the same type of collisions as it does as a function of increasing $g$. We thus conclude that the shifted Gaußian fixed point does not exist in all regions of the $g$-$\mu_h$-plane within our truncation, cf. Fig. [10]. If we assume that a phenomenologically viable fixed point has to be the shifted Gaußian one, in order to smoothly connect to the perturbative behavior of the Standard Model in the vicinity of the Planck scale, the gray region in Fig. [10] is excluded from the viable gravitational parameter space in our truncation.

Comparing these results to the simpler truncation in Section [IVC] we observe that the region in which the shifted Gaußian fixed point is complex remains quantitatively similar and persists. Whether this trend also persists under further extensions of the truncation is an important question for future studies.

Matter anomalous dimensions shift the areas of existence of the shifted GFP as they shift the critical exponents and therefore also the locations where these cross zero. Interestingly, the fixed point values of the non-interacting matter-gravity sector [57] fall into a regime of gravitational strength where the shifted GFP of the
Note that these values will be modified in a combination of the study in [57] with our truncation, as the shifted Gaussian fixed point disappears. It is therefore crucial to quantify shifts in the matter anomalous dimensions due to the induced matter interactions. If such large shifts are indeed observed, truncations should include these interactions, even though they are of higher order according to our ordering principle of canonical dimensionality.

Combining the two aspects of the Yukawa sector that we have analyzed, we observe that the $\chi$-interactions alter the matter anomalous dimensions. As in Sec. III, large negative matter anomalous dimensions can qualitatively alter our results. If, e.g., $\eta_\psi + \eta_\phi \lesssim -2.5$ the shifted Gaussian fixed point disappears. It is therefore crucial to quantify shifts in the matter anomalous dimensions due to the induced matter interactions. If such large shifts are indeed observed, truncations should include these interactions, even though they are of higher order according to our ordering principle of canonical dimensionality.

Combining the two aspects of the Yukawa sector that we have analyzed, we observe that the $\chi$-couplings cannot couple directly into the flow of the Yukawa coupling, due to their derivative structure. Thus, a truncation including $y, \chi_{1-}$ and $\chi_{2-}$ still features the Gaussian fixed point for $y$. This fixed point can be combined with any of the fixed points in the $\chi$-sector, which remain unaltered by the inclusion of $y$. On the other hand, a more extended truncation, including momentum-dependent Yukawa couplings, as well as two-fermion–two-scalar couplings with a lower power of momenta could feature contributions of these new couplings to both $\beta_y$ as well as $\beta_{\chi_{1-2-}}$.

V. CONCLUSIONS AND OUTLOOK

As a step towards a unification of the Standard Model with quantum gravity within the paradigm of asymptotic safety, we have performed an extensive analysis of a Yukawa system. Our model consists of a Dirac fermion and a scalar, coupled to asymptotically safe quantum gravity. The fixed-point structure of our model is determined by two major quantum-gravity effects on the matter sector:

1. Quantum-gravity fluctuations generate a correction to the quantum scaling of matter operators.

2. Quantum-gravity fluctuations induce non-zero matter self interactions, triggering a departure from asymptotic freedom in the matter sector.

The first property is of particular interest in a scenario where no additional matter degrees of freedom exist up to the Planck scale. There, a direct connection can be established between low-energy values of the Standard Model couplings, and the properties of a joint matter-gravity fixed point. In particular, the low-energy values of irrelevant couplings can be predicted, thus potentially enabling observational tests of the quantum-gravity regime.

Our studies suggest that the Yukawa coupling could be used to bridge the gap between experimentally accessible scales and the Planck scale: In the UV, the Yukawa coupling in our toy model features a UV-repulsive fixed point at zero for most of the gravitational parameter space. This implies that it must already be very close to zero at the Planck scale. This condition is actually realized in Nature for the Yukawa couplings of the lighter leptons of...
the Standard Model. However the top Yukawa coupling is sizable at the Planck scale, which would probably prevent it from reaching a fixed point at zero in the far UV.

Within our toy model, there is a small region of parameter space for which the Yukawa coupling becomes relevant. Simultaneously, an interacting fixed point at which it is irrelevant is generated. If extended truncations feature a similar fixed point, a scenario is conceivable, in which the observed value of the top-Yukawa coupling is in fact a consequence of asymptotic safety.

For the Yukawa sector, the second major quantum-gravity effect is manifest in newly generated, momentum-dependent interactions. The lowest order gravity-induced interactions between fermions and scalars are two-fermion–two-scalar interactions with couplings \( \chi_i \). At vanishing gravitational coupling, the system features a non-interacting, Gaussian fixed point. Then, switching on quantum gravity fluctuations, the Gaussian matter fixed point is shifted, becoming an interacting fixed point which we call shifted Gaussian fixed point. In an extended truncation, we thus find only interacting fixed points for the \( \chi_i \), while the Yukawa coupling \( y \) is zero at that fixed point. Thus, the only viable matter-gravity fixed point appears to be one which is asymptotically safe, rather than asymptotically free, at least for a subsector of matter self-interactions. Unlike other interacting fixed points of the matter system, the shifted Gaussian fixed point shows scaling exponents similar to the canonical ones, at least in the weak-gravity regime.

We have demonstrated that the model is dominated by an intriguing interplay of several fixed points at large values of the gravitational coupling. At a critical value of the gravitational coupling strength, one of these interacting fixed points collides with the shifted Gaussian fixed point. Subsequently, they disappear into the complex plane. Thus, the shifted Gaussian fixed point ceases to exist for larger values of the effective gravitational coupling. In fact, gravitational fixed-point values from recent studies lie within the regime allowing a shifted Gaussian fixed point, cf. Fig. 10 which summarizes our main results. Crucially, extending our truncation leads to quantitatively similar results on the allowed gravitational parameter space, cf. Fig. 10.

Our results highlight that even though the canonical dimensionality of the momentum-dependent matter interactions is irrelevant, they might nevertheless play a pivotal role in the dynamics of an asymptotically safe matter-gravity system. We conclude that quantum gravity could have a significant impact on the properties of the matter sector in the UV, and might even require a UV completion that deviates considerably from a shifted Gaussian fixed point and the associated near-canonical power counting. In order for this scenario to be realized, gravitational couplings must exceed a critical strength, which lies beyond that observed in the literature, see, e.g., 35, 55, 69. Thus, truncations that neglect gravity-induced matter self interactions, and therefore discover a free fixed point in the matter sector might potentially not capture the properties of a matter-gravity fixed point at a qualitative level: If the joint matter-gravity fixed point is not the shifted Gaussian one, then the scaling exponents in the matter sector will be rather different from those at a Gaussian matter fixed point.

As one of our main results, we find that a shifted Gaussian fixed point with irrelevant fermion-scalar interactions and an irrelevant Yukawa coupling exists at gravitational fixed-point values from recent studies.

A. Outlook

Our study also clearly indicates the need for extended truncations in the matter sector. In the future, we will extend our current study to include further matter interaction terms that have an impact on the scaling dimension of the Yukawa coupling and on the induced matter-interactions. A major missing piece of this puzzle are four-fermion interactions, which have been shown to feature only interacting fixed points under the effect of asymptotically safe quantum gravity 66, 69. They feed back into the beta-functions in our system. Further, momentum-dependent self-interactions of scalars and fermion-scalar interactions will alter the value of the matter anomalous dimensions. As has been discussed in Section IV, including dynamical anomalous dimensions is a critical step towards a quantitative control of the system.

It should be stressed that within asymptotically safe quantum gravity, the Einstein-Hilbert action is not the complete fixed-point action for gravity. Just as quantum fluctuations induce further matter interactions, higher-order terms, such as, e.g., curvature-squared terms, are also present. In particular, a subset of these corresponds
to relevant couplings at a pure-gravity fixed point. Testing the impact of these terms on the matter sector is an important bit of the puzzle that we hope to come back to in the future.

On the phenomenological side, the quantum-gravity-generated fermion-scalar interactions could be of interest in the context of Higgs portals to fermionic dark matter, see, e.g., [96]. Asymptotically safe quantum gravity, according to our studies, contains a generic mechanism to couple dark sectors, e.g., additional scalars and fermions, to a scalar such as the Higgs. This coupling might therefore provide a basis for a possible connection of asymptotic safety to dark matter phenomenology.

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Appendix A: Background independence

The classical action of the present matter-gravity theory is given by the first three lines in (1) with \( Z_\Phi = 1 \), and the Einstein-Hilbert action, (4). This action is a function of a single metric field \( g \) and consequently, does not depend on the choice of the background metric \( \bar{g} \). This statement generalizes to expectation values of diffeomorphism invariant operators for any quantized matter-gravity theory, based on a microscopic action that depends on a single metric. In turn, for diffeomorphism-invariant correlation functions such as those of the metric fluctuations \( h \), diffeomorphism invariance and background independence translate into non-trivial Slavnov-Taylor identities (STIs) and Nielsen identities (or split Ward identities), that depend on the background metric. This leads to the counter-intuitive situation, that any diffeomorphism-invariant and background-independent approximation to the fluctuation dynamics breaks the underlying diffeomorphism invariance and background independence of the theory. For further discussions see [30, 42, 57].

In the present setting with an additional regulator term (cf. App. 3 for a discussion of the employed regulators), the STIs turn into mSTIs and modified Nielsen identities (split Ward identities), see, e.g., [9, 16, 19, 20, 29, 44, 45, 78, 80, 100, 103]. Importantly, regulator modifications scale with the cutoff \( k \) and are hence potentially dominant, in particular for the UV-relevant parameters. This makes the distinction between background and fluctuation quantities crucial. The flow of both, background and fluctuation correlations is generated by closed flow equations of the fluctuation propagator and vertices. In turn, only the background field effective action \( \Gamma_{k=0}[g; \Phi = \Phi = (0,0,0,\psi,\bar{\psi},\phi)] \) is diffeomorphism invariant, background-independent and relates directly to S-matrix elements of the theory. By this reasoning—in order to compute diffeomorphism invariant and background-independent observables—we first have to solve the dynamical, closed system of fluctuation correlation functions \( \Gamma^{(n)} \) and use the latter in the flow of \( \Gamma_{k=0}[g; \Phi] \).

Appendix B: Expansion scheme

The vertex expansion reads

\[
\Gamma_k[\bar{g}, \Phi] = \sum_n \frac{1}{n!} \Gamma^{(n)}[\bar{g}, 0] \Phi^n,
\]

and requires the choice of a specific metric and matter background \((\bar{g}, \Phi)\) as an expansion point. We choose \( \Phi = 0 \), which is a saddle point or minimum of the matter part of the effective action. A good physical choice for the metric background is a solution of the gravity equation of motion, which however complicates the computations considerably. Instead we choose a flat background,

\[
\bar{g}_{\mu\nu} = \delta_{\mu\nu}
\]

with a flat Euclidean metric. We emphasize that it is not necessary to choose a solution of the equations of motion, \( \bar{g}_{\text{EoM}}, \Phi_{\text{EoM}} \) as the expansion point. It is expected, though, that such a choice \( \bar{g}_{\text{EoM}}, \Phi_{\text{EoM}} \) leads to a more rapid convergence of the vertex expansion.

In the present work we use the lowest order of the vertex expansion in the matter sector to access low-order n-point functions. The related effective matter-gravity action underlying our results in Sec. III is summarized in the first three lines of (11) and amounts to \( \Gamma_{k,\text{ho}} = 0 \). This approximation also features an additional derivative expansion, as no higher momentum-dependences and additional tensor structures are considered. In its lowest order this leaves us with the scale-dependent Yukawa coupling \( y \). Additionally, wave-function renormalizations \( Z_{\bar{g}/\psi} \) are included. At the next order in our expansion scheme, these would be upgraded to field-dependent wave-function renormalizations. In this work, we neglect additional terms in the purely scalar sector which are canonically relevant/marginal, as they do not directly impact \( \theta_y \), which is the main physics question we focus on.

In Sec. IV we consider two-fermion–two-scalar interactions, induced by gravity. These interactions give rise to additional terms in the effective action, \( \Gamma_{k,\text{induced}} \) that are part of the higher order terms in \( \Gamma_{k,\text{ho}} \). From the class of all gravity-induced interactions, these are the
lowest-order terms in a combined derivative- and vertex expansion, i.e., they are those with the least irrelevant canonical dimensionality. Following a canonical counting, lower-order scalar-fermion interactions exist; however, these are not induced by gravity fluctuations directly. On the other hand, once gravity fluctuations switch on the $X_i$ interactions, these can induce further matter interactions, e.g., through tadpole diagrams. This backcoupling of quantum-gravity induced interactions will be the subject of a future work.

Finally, by using a metric split, cf.\cite{3}, in the matter part of the effective action (cf. \cite{1}) we have identified all matter couplings to gravity with a single Newton coupling $\sqrt{G}$. Typically, such a universality holds for the first two non-vanishing perturbative coefficients of the $\beta$-function of a dimensionless coupling in a mass-independent renormalization scheme. None of the above hold in the current case. Instead, it is expected that all the gravity couplings run differently due to the missing universality as well as due to the regulator-induced modifications of the mSTIs. The respective modifications are either of higher order in the gravity fluctuation $h$, as well as higher order in derivatives.

Our computations rely on automated algebraic manipulation tools. For setting up the truncation as well as deriving the vertices and diagrams we use the Mathematica package TARDIS \cite{99}. When calculating the traces of these diagrams we rely on the FormTracer package \cite{97, 98}.

Appendix C: Gravity expansion

The above Section\cite{3} summarizes our expansion scheme in the matter sector of the theory. For the fixed point analysis we also need the metric propagator as well as the Newton coupling in a flat background. Given the expansion in powers of the fluctuating graviton $h$, this is naturally augmented with results in the same expansion scheme for the gravity correlations put forward in \cite{24, 36, 42, 57, 69}, or with mixed approaches \cite{28, 55, 58}. Equivalently, the same information can be encoded in an approach featuring the background metric as well as the full metric. \cite{16, 19, 20, 35}. Note that our results for the matter sector can be combined with different approximation schemes in the gravity sector, as they simply use the gravitational couplings $g$, $\mu_h$, and $\eta_h$ as input parameters.

We adopt the linear split (cf. \cite{3}) in the Einstein-Hilbert action (cf. \cite{1}) in the spirit of the present combined vertex and derivative expansion, and drop higher order terms. Full consistency of the present expansion scheme as a derivative expansion then also requires $\alpha \rightarrow Z_{\alpha} \alpha$, $\beta \rightarrow Z_{\beta} \beta$ in the gauge fixing term \cite{3}. With these cutoff dependences the quadratic part of the pure gravity effective action reads
\[
\Gamma_{k,grav}^{(h,h)}h_{\mu\nu}h_{\rho\sigma} = \frac{Z_h}{64\pi} \int \frac{d^4p}{(2\pi)^4} h_{\mu\nu}(p)h_{\rho\sigma}(-p)
\times \left[ \left( \mu_h k^2 + p^2 \right) g^{\mu\nu} g^{\rho\sigma} - \left( \mu_h k^2 + 2p^2 \right) g^{\mu\rho} g^{\nu\sigma} \right.
\left. + 2 \left( g^{\mu\nu} p^\rho p^\sigma + g^{\rho\sigma} p^\mu p^\nu \right) - g^{\mu\rho} p^\nu p^{\rho\sigma} - g^{\nu\sigma} p^\mu p^{\mu\rho} \right]
\times \left[ \frac{1}{Z_\alpha} \left( 1 + \frac{Z_{\beta} \beta}{\alpha} \right) \left( g^{\mu\nu} p^\rho p^\sigma + g^{\rho\sigma} p^\mu p^\nu \right) \right. \\
\left. + \frac{1}{\alpha} \left( g^{\mu\rho} p^\nu p^{\rho\sigma} - g^{\nu\sigma} p^\mu p^{\mu\rho} \right) + \frac{(1 + Z_{\beta} \beta)^2}{4 \alpha} p^\rho g^{\mu\nu} g^{\rho\sigma} \right].
\]
(C1)

The present approximation is based on a common approximation on the mSTI in gauge theories, leading to a diffeomorphism-invariant representation with multiplicative wave function and coupling renormalizations. In this work it is induced by the truncation in (cf. \cite{1}) with linear split (cf. \cite{3}) and by using diffeomorphism-invariant terms in the effective action before substituting \cite{3}. This leads to a uniform wave function renormalization $Z_h$ for all York decomposed components of the graviton propagator (cf. line 2 & 3 in \cite{C1}), except for the gauge fixing terms (cf. last two lines in \cite{C1}). The York decomposition reads
\[
h_{\mu\nu} = h_{\mu\nu}^{TT} + 2D_{(\mu}v_{\nu)} + \left( 2D_{(\mu}D_{\nu)} - \frac{1}{2} g_{\mu\nu} D^2 - \frac{1}{4} g_{\mu\nu} h \right)
\]
(C2)

with $D_{\mu}h^{TT}_{\mu\nu} = 0$, $h^{TT}_{\mu\nu} = 0$, $h^\mu_{\nu} = h$ and $D^\nu v_{\nu} = 0$. In the gravity results used here $Z_h$ is obtained from the traceless transverse part of the inverse propagator, $Z_h = Z_h^{TT}$.

Moreover, the related approximation of the mSTI leads to
\[
Z_\alpha = Z_h, \quad Z_\beta = 1,
\]
(C3)
for the longitudinal directions singled out by the gauge condition in \cite{3}. For the sake of simplicity we have used the additional approximation $Z_\alpha = 1$ for the results shown in this work. We have checked that the results do not differ significantly from the consistent choice (\cite{C3}).

The respective results for gravity in the literature are mostly obtained in very few gauge choices, singled out by conceptual or technical reasons. For instance, the harmonic gauges, $\beta = 1$, or the Feynman gauge, $\alpha = \beta = 1$, lead to considerable technical simplifications. However, none of these gauges persists during the flow for $\alpha \neq 0$ beyond the current, classical, approximation to the mSTIs. In turn, $\alpha = 0$ is a fixed point of the FRG flow, as the flow of $1/\alpha$ is finite, see \cite{80}. In terms of convergence of the current expansion in the
The choice of $\beta$ also rotates the physical mode in the scalar sector from pure trace-mode ($\beta \to 0$) into pure $\sigma$-mode (see Eq. (21) in [40]). Inverting the scalar projection of the 2-point function onto the scalar York-sector $\Gamma^{(2)}_{k,\text{grav.},(\sigma h)}[\Phi]$, the corresponding part of the metric propagator is given by

$$\Gamma^{(2)-1}_{k,\text{grav.},(\sigma h)} = \frac{64\pi G}{4\alpha \mu_h^2 + 2p^2 (2\alpha - \beta^2 + 3) \mu_h + (\beta - 3)^2 p^4} \times \left( \frac{p^2 (\alpha - 3) - 2\alpha \mu_h}{\sqrt{3} p^2 (\alpha - \beta)} \frac{\sqrt{3} p^2 (\alpha - \beta)}{3\alpha - \beta^2} p^2 + 2\alpha \mu_h \right).$$

This equation already shows that for $\beta = 3$ the gauge-fixing is incomplete. In terms of RG-flows also the gauge-parameters should in fact be regarded as running quantities (directions in theory space). This viewpoint favors $\alpha^* = 0$ (Landau-limit) as a UV-fixed point of the RG-flow [86].

Finally concerning the gauge-dependence of flows in the matter sector, e.g., the Yukawa coupling, it is interesting to observe that they only enter via the metric propagator or its regularized version

$$\left( \Gamma^{(2)}_k [\bar{g}_{\mu\nu}, \Phi] + R_k \right)^{-1} \partial_t R_k \left( \Gamma^{(2)}_k [\bar{g}_{\mu\nu}, \Phi] + R_k \right)^{-1} = \frac{1}{((\beta - 3)^2 + 2\mu_h (2\alpha - \beta^2 + 2\alpha \mu_h + 3))^2} \times \frac{1}{(\mu_h + 1)^2 (\alpha \mu_h + 1)^2} \times \text{analytic.}$$

Since in all diagrams in Fig. 1 there is precisely one -possibly regulated- metric propagator, the gauge-pole structure of the Yukawa $\beta$-function is at most given by the above regulated propagator poles.

Indeed all gauge poles as well as poles in $\mu_h$ are lifted when dividing (E1) by the pole structure given in (C5).

**Appendix D: Optimized regulators**

For the explicit computations in the flat background we employ the Litim or flat cutoff [104, 105] in momentum space for the matter degrees of freedom,

$$R_{k,\phi}(p) = Z_\phi p^2 r_\phi(x), \quad R_{k,\psi}(p) = Z_\psi p r_\psi(x)$$

with $x = p^2/k^2$. The shape functions for bosons and fermions take the form

$$r_\phi(x) = (x - 1)\theta(1 - x), \quad r_\psi(x) = (\sqrt{x} - 1)\theta(1 - x).$$

The graviton propagator that enters the diagrams for the matter wave function renormalizations and the Yukawa coupling is represented in the York decomposition. The regulator used for all modes in the York decomposition (cf. (C2)) is the bosonic one in (D1), where $Z_\phi p^2$ is substituted by the full kinetic factor that can be read-off from (C1). A comparison of different, also smooth, regulators for pure gravity computations in a flat background has been put forward in [24]. The regulator dependences of the results have been found to be small.

We close this section with a remark on the use of flat regulators in a derivative expansion. The flat regulator has been singled out by optimization theory as the the optimal one within the lowest order of the derivative expansion, see [78, 104]. To higher orders in the derivative expansion this does not hold because of the non-analyticity of the regulator. Note however, that smooth, analytic versions of the flat regulator satisfy the optimization criterion for higher order of the derivative expansion, see [78]. The latter property is potentially important for the convergence of our approximation, when we take higher order gravitational induced terms into account, see Sec. [IV]. It turns out that in our projection scheme all derivatives with respect to external momentum hit the momentum-dependencies of the vertices. In other words, in terms of optimization we are still in the same situation as for the lowest order of the derivative expansion, and the regulators satisfy the optimization criteria in [78, 104].

**Appendix E: Gauge-parameter dependence of the Yukawa $\beta$-function**

Here we present the full gauge-dependent $\beta_\phi$-function for $\mu_\phi = 0$. All other parameters are kept free.
\[
\beta_y = \frac{y}{2} \left( \eta_{\phi,0} + \eta_{\phi,1} \right) + \frac{y^3}{80\pi^2} (5 - \eta_{\phi}) + \frac{y^3}{96\pi^2} (6 - \eta_{\phi})
\]
\[
+ y^3 \frac{(\eta_{\phi,0} - 6)(\beta - 2\alpha\mu_h - 3)}{5\pi (6\beta - 2\mu_h) (2\alpha (\mu_h + 1) + 3) + \beta^2 (2\mu_h - 1) - 9}
\]
\[
- \frac{12(\eta_{\phi,1} - 7)((\beta - 3)^3 - 4\alpha(2\alpha - \beta^2 + \beta)\mu_h^2 - 4\alpha(\beta - 3)^2\mu_h)}{35\pi (-6\beta + 2\mu_h) (2\alpha (\mu_h + 1) + 3) + \beta^2 (1 - 2\mu_h) + 9)^2}
\]
\[
- \frac{(\eta_{\phi,1} - 8)}{64\pi ((\alpha\mu_h + 1)^2 (-6\beta + 2\mu_h) (2\alpha (\mu_h + 1) + 3) + \beta^2 (1 - 2\mu_h) + 9)^2}
\]
\[
\times \left[ (96\alpha^4 (\mu_h + 1)^2 \mu_h^4 - 4\alpha^3 (\mu_h + 1) \mu_h^2 (2\mu_h^2 + 18\mu_h^2 - 15\mu_h - 1) + 6\beta (4\mu_h^3 + 15\mu_h + 1) - 3(6\mu_h^3 + 62\mu_h^2 + 73\mu_h + 7))
\right.
\]
\[
+ \alpha^2 (\mu_h (3\beta^2 (6\mu_h^2 - 8\mu_h + 1) + 12\beta^2 (\mu_h^2 + 12\mu_h - 4) + \beta^2 (-64\mu_h^2 - 41\mu_h^2 - 240\mu_h^2 + 410\mu_h + 32))
\]
\[
+ \alpha (-12\beta (31\mu_h^3 + 148\mu_h^2 + 148\mu_h + 16) + 3 (64\mu_h^3 + 64\mu_h^2 + 1272\mu_h^2 + 833\mu_h + 96))
\]
\[
+ \alpha (3\beta^3 (4\mu_h^2 + 16\mu_h^2 - 19\mu_h + 1) + 12\beta^3 (8\mu_h^2 + 33\mu_h - 8\mu_h - 3) - 2\beta^2 (40\mu_h^3 + 280\mu_h^2 + 177\mu_h^2 - 416\mu_h + 83))
\]
\[
+ \alpha (-12\beta (32\mu_h^3 + 173\mu_h^2 + 200\mu_h + 29) + 3 (44\mu_h^3 + 480\mu_h^2 + 1081\mu_h^2 + 768\mu_h + 93))
\]
\[
+ 3(\beta^2 (6\mu_h^2 - 8\mu_h + 1) + 4\beta^2 (\mu_h^2 + 12\mu_h - 4) + \beta^2 (-44\mu_h^2 - 48\mu_h + 86) - 12\beta (7\mu_h^2 + 12\mu_h + 16) + 3(26\mu_h^2 + 72\mu_h + 51)) \right]
\]
\[
+ \frac{2(\eta_{\phi,1} - 6)\mu_h (\alpha (2\mu_h + 1) + 3)}{3\pi (\mu_h + 1)^2 (-6\beta + 4\alpha\mu_h^2 + (4\alpha + 6)\mu_h + \beta^2 (1 - 2\mu_h) + 9)}
\]
\[
- \frac{12(\eta_{\phi,1} - 7)\mu_h (\beta - 2\alpha\mu_h - 3)}{35\pi (\mu_h + 1)^2 (6\beta - 2\mu_h) (2\alpha (\mu_h + 1) + 3) + \beta^2 (2\mu_h - 1) - 9)}
\]
\[
+ \frac{2(\eta_{\phi,1} - 6)\mu_h ((3 - \alpha)(\beta - 3)^2 + 4\alpha(3\alpha - \beta^2)\mu_h^2 + 4\alpha(\beta - 3)^2\mu_h)}{3\pi (\mu_h + 1) (6\beta - 2\mu_h) (2\alpha (\mu_h + 1) + 3) + \beta^2 (2\mu_h - 1) - 9)^2}
\]
\[
+ \frac{12(\eta_{\phi,1} - 7)\mu_h ((\beta - 3)^3 - 4\alpha(2\alpha - \beta^2 + \beta)\mu_h^2 - 4\alpha(\beta - 3)^2\mu_h)}{35\pi (\mu_h + 1) (6\beta - 2\mu_h) (2\alpha (\mu_h + 1) + 3) + \beta^2 (2\mu_h - 1) - 9)^2}
\]

**Appendix F: Explicit form of matter-metric vertices from covariant kinetic terms**

To explain the derivative structure of the quartic interactions we present the matter vertices as obtained when taking appropriate variations of the covariant kinetic terms. Note that for fermions also the variations of the spin-connection

\[
\delta\Gamma_{\mu} = -\frac{1}{8} D_{\alpha} \delta g_{\beta\mu} [\gamma^\alpha, \gamma^\beta]
\]  
and the gamma-matrices

\[
\delta\gamma^\mu = \frac{1}{2} \delta g^{\mu\nu} \gamma^\nu
\] 
are taken into account. For the description of spinors in gravity we use the spin-covariant derivative \(\gamma^\nu (\partial_{\mu} + \Gamma_{\mu})\), where \(\Gamma^\mu\) denotes the spin connection, defined using the spin-base invariant formalism introduced in [106][107]. Note that the results for the variations from the spin-base invariant formalism agree with those obtained in the standard vielbein formalism within a sym-
metric O(4) gauge \[108\]. This allows us to rewrite vielbein fluctuations in terms of metric fluctuations.

\[
\begin{align*}
\left[ \frac{\delta}{\delta \psi(p_{\psi_1})} \frac{\delta}{\delta \psi(p_{\psi_2})} \frac{\delta}{\delta h_{\mu\nu}(p_{h_1})} \frac{\delta}{\delta h_{\mu\nu}(p_{h_2})} \Gamma_k \right]_{\Phi = 0} \\
= \frac{1}{8} \left[ -2g^{\mu\nu} (\psi_{\psi_1} + \psi_{\psi_2}) \\
+ \gamma^\mu p_{\psi_1} + \gamma^\nu p_{\psi_2} + 2\gamma^\mu p_{\psi_2} \right] \\
\end{align*}
\]

\[F3\]

\[
\begin{align*}
\left[ \frac{\delta}{\delta \phi(p_{\phi_1})} \frac{\delta}{\delta \phi(p_{\phi_2})} \frac{\delta}{\delta h_{\mu\nu}(p_{h_1})} \frac{\delta}{\delta h_{\mu\nu}(p_{h_2})} \Gamma_k \right]_{\Phi = 0} \\
= \frac{1}{4} \left[ -p_{\psi_1}^\rho p_{\psi_1}^\sigma g_{\mu\nu} - p_{\psi_2}^\rho p_{\psi_2}^\sigma g_{\mu\nu} - p_{\phi_1}^\rho p_{\phi_2}^\sigma g_{\mu\nu} \\
+ p_{\phi_2}^\rho p_{\phi_1}^\sigma g_{\mu\nu} - p_{\phi_2}^\rho p_{\phi_2}^\sigma g_{\mu\nu} + p_{\phi_1}^\rho p_{\phi_2}^\sigma g_{\mu\nu} \\
+ g^{\mu\sigma} g^\nu p_{\psi_1} \cdot p_{\psi_2} \\
+ g^{\rho\sigma} (-g^{\mu\nu} p_{\phi_1} \cdot p_{\phi_2} + p_{\phi_1}^\rho p_{\phi_2}^\mu + p_{\phi_1}^\rho p_{\phi_2}^\mu) \\
- g^{\rho\sigma} (-g^{\mu\nu} p_{\phi_1} \cdot p_{\phi_2} + p_{\phi_1}^\rho p_{\phi_2}^\mu + p_{\phi_1}^\rho p_{\phi_2}^\mu) \right] \\
\end{align*}
\]

\[F6\]

Appendix G: Specifying projections in the $\chi$ sector

The quartic tensor structures the flow generated by the diagrams in Fig. \[7\] are restricted by the following requirements:

- All diagrams contain at least three external momenta. This is the case as the momentum of every external scalar must appear at the vertex, accounting for two of the external momenta. The third is required, as the chiral symmetry for the fermions requires the existence of a $\gamma$ matrix in the generated interaction. To construct a Lorentz scalar, a third momentum is then necessary to saturate the open index of the $\gamma$ matrix.

- All resulting tensor structures come with momentum-dependent scalar legs because of the structure of the $(h)ho\phi$-vertex \[F6\], in which no term exists with constant scalar legs.

- As the kinetic terms are reflection positive and Euclidean-space real operators we observe that the generated diagrams are reflection positive and Euclidean-space real as well.

- Further momentum structures of $O(p^5)$ and higher are generated but will not be considered in this truncation as operators with more derivatives (therefore couplings with higher canonical dimension) are expected to remain less relevant at a possible fixed point.

Of the four independent reflection positive combinations built from the terms in Eq. \[109\], i.e.,

\[
O_{1+} := \left( \bar{\psi} \gamma^\mu \nabla_\mu \psi + (\nabla_\nu \bar{\psi}) \gamma^\mu \psi \right) (\partial_\nu \phi \partial^\nu \phi) \\
O_{1-} := \left( i\bar{\psi} \gamma^\mu \nabla_\mu \psi - i(\nabla_\nu \bar{\psi}) \gamma^\mu \psi \right) (\partial_\nu \phi \partial^\nu \phi) \\
O_{2+} := \left( \bar{\psi} \gamma^\mu \nabla_\mu \psi + (\nabla_\nu \bar{\psi}) \gamma^\mu \psi \right) (\partial_\nu \phi \partial^\nu \phi) \\
O_{2-} := \left( i\bar{\psi} \gamma^\mu \nabla_\mu \psi - i(\nabla_\nu \bar{\psi}) \gamma^\mu \psi \right) (\partial_\nu \phi \partial^\nu \phi)
\]

\[G1\] to \[G4\]
only the two "−"-combinations correspond to Euclidean-space real operators. A complete basis of the induced flows is therefore given by those two operators only. Thus, while a complete basis of $\Gamma_k X$ contains all four independent tensor structures, the induced action $\Gamma_k \text{induced}$, cf. Eq. (21) of quantum-gravity induced scalar-fermion interactions to lowest order in a canonical power counting is Euclidean-space real and therefore only contains two independent couplings. That the flow only induces the $X_{1/2}$-,combinations can be seen from the $\psi h$- and $\bar{\psi} hh$-vertices in Eq. (F3) and (F4). They both only depend on the fermionic momenta in the combination corresponding to the "−" prescription. To show that this holds in all diagrams we used projection prescriptions on all four tensor structures and checked that $X_{1/2} \to 0$ as $X_{1/2} \to 0$. Then the "+" sector decouples and imaginary flows are avoided.

To project onto the couplings $X_1, X_1, X_2$, and $X_2$, we apply functional derivatives with respect to the fields and switch to momentum space ($\partial_{\mu} \phi(x) \to i p_{\mu} \phi(p)$). For fermions we use the convention $\partial_{\mu} \psi(x) \to i p_{\mu} \psi(p)$ and $\partial_{\mu} \bar{\psi}(x) \to -i p_{\mu} \bar{\psi}(p)$ connected to conventions for the Fourier transformations fixed, e.g., in [110]. To account for the $\gamma$-matrix we additionally project with an external $\gamma_{\mu} p^\mu_{\text{ext}}$ such that the Dirac trace does not evaluate to zero. Then we make use of the identity $\text{Tr}(\gamma_{\mu} p^{\mu}_{\text{ext}}) = 4 p_{\alpha} \cdot p_{\beta}$ to obtain

$$\frac{1}{4} \text{Tr} \left( \frac{\delta}{\delta \phi(p_1)} \frac{\delta}{\delta \phi(p_2)} \frac{\delta}{\delta \psi(p_3)} \frac{\delta}{\delta \psi(p_1 + p_2 + p_3)} \Gamma_k \gamma_{\mu} p^\mu_{\text{ext}} \right) \bigg|_{O(p^4)}$$

$$= \chi_1 \left[ p_1 \cdot p_{\text{ext}} \cdot (p_1 + p_2 + p_3) \right] + p_2 \cdot p_{\text{ext}} \cdot (p_1 + p_2 + p_3)$$

$$= \chi_1 \left[ p_1 \cdot p_{\text{ext}} \cdot (p_1 + p_2 + p_3) + 2 \chi_2 \cdot (p_1 \cdot p_{\text{ext}} \cdot (p_1 + p_2) + p_2 \cdot p_{\text{ext}} \cdot p_1 \cdot (p_1 + p_2) \right]$$

$$- 2 \chi_2 \cdot (p_1 \cdot p_2 \cdot p_{\text{ext}} \cdot (p_1 + p_2)) \right]. \quad (G5)$$

Projections onto $X_{1}$- and $X_{2}$- can be determined purely by means of momentum derivatives and choice of external momentum, i.e.,

$$X_{1-} = \frac{-9}{16\sqrt{2}} \left[ \partial_{p_1} \partial_{p_2} \partial_{p_3} \partial_{p_{\text{ext}}} \left( \text{Tr} \left[ \frac{\delta}{\delta \phi(p_1)} \frac{\delta}{\delta \phi(p_2)} \frac{\delta}{\delta \psi(p_3)} \frac{\delta}{\delta \psi(p_1 + p_2 + p_3)} \Gamma_k \gamma_{\mu} p^\mu_{\text{ext}} \right] \right) \right]_{p_{\alpha} = 0, \partial_{\alpha} = 0, \partial_{\beta} = 0} \quad (G6)$$

$$X_{2-} = \frac{-9}{8\sqrt{2}} \left[ \partial_{p_1} \partial_{p_2} \partial_{p_3} \partial_{p_{\text{ext}}} \left( \text{Tr} \left[ \frac{\delta}{\delta \phi(p_1)} \frac{\delta}{\delta \phi(p_2)} \frac{\delta}{\delta \psi(p_3)} \frac{\delta}{\delta \psi(p_1 + p_2 + p_3)} \Gamma_k \gamma_{\mu} p^\mu_{\text{ext}} \right] \right) \right]_{p_{\alpha} = 0, \partial_{\alpha} = 0, \partial_{\beta} = 0} \quad (G7)$$

$$X_{1+} = \frac{9i}{20} \left[ \partial_{p_1} \partial_{p_2} \left( -\frac{2}{3} \partial_{p_1} + \partial_{p_2} + \partial_{p_3} \right) \partial_{p_{\text{ext}}} \left( \text{Tr} \left[ \frac{\delta}{\delta \phi(p_1)} \frac{\delta}{\delta \phi(p_2)} \frac{\delta}{\delta \psi(p_3)} \frac{\delta}{\delta \psi(p_1 + p_2 + p_3)} \Gamma_k \gamma_{\mu} p^\mu_{\text{ext}} \right] \right) \right]_{p_{\alpha} = 0, \partial_{\alpha} = 0, \partial_{\beta} = 0} \quad (G8)$$

For concreteness we give an explicit parametrization of such a momentum configuration

$$p_1 = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}, \quad p_2 = \begin{pmatrix} 2 \sqrt{2}/3 \\ 0 \\ 0 \end{pmatrix}, \quad p_3 = \begin{pmatrix} -1/3 \\ -\sqrt{2}/3 \\ -\sqrt{3}/2 \end{pmatrix}. \quad (G9)$$

The explicit external momentum choices corresponding to the above explicit parametrization (cf. (G9)) and the projections (G6) - (G8) are

$$p_{\text{ext}, X_{1-}} = \begin{pmatrix} \sqrt{2}/3 \\ 2/3 \\ -1/\sqrt{3} \\ 0 \end{pmatrix}, \quad p_{\text{ext}, X_{2-}} = \begin{pmatrix} 0 \\ 0 \\ -1/\sqrt{3} \\ \sqrt{2}/3 \end{pmatrix},$$

$$p_{\text{ext}, X_{1+}} = \begin{pmatrix} 1/2 \\ 3/(4\sqrt{2}) \\ -5/4\sqrt{6} \\ -\sqrt{5}/24 \end{pmatrix}. \quad (G10)$$

Assuming the same fully symmetric momentum configuration and allowing for the most general derivative projection, i.e., $(A \partial_{p_1} + B \partial_{p_2} + \partial_{p_3}) \partial_{p_1} \partial_{p_2} \partial_{p_{\text{ext}}}$, the generated system of equations does not allow for a solution defining a clean $X_{2}$-projection. Therefore we resort to a $X_{2}$-projection corresponding to a non-symmetric momentum configuration. The according momenta read

$$p_1^\mu = p_1 \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}, \quad p_2^\mu = p_2 \begin{pmatrix} -1/3 \\ 2\sqrt{2}/3 \\ 0 \\ 0 \end{pmatrix},$$

$$p_3^\mu = p_3 \begin{pmatrix} -1/3 \\ -7/\sqrt{2} \\ 5\sqrt{7}/24 \\ 0 \end{pmatrix}, \quad p_{\text{ext}, X_{2+}} = p_{\text{ext}} \begin{pmatrix} -1/3 \\ 5\sqrt{7}/24 \\ \sqrt{13}/24 \\ 0 \end{pmatrix}. \quad (G11)$$

with a projection prescription
\[ X_{2r} = i \left[ \partial_{p_1} \partial_{p_2} \left( \frac{5}{16} \partial_{p_1} + \frac{7}{16} \partial_{p_2} - \frac{9}{2(-9 + \sqrt{65})} \partial_{p_3} \right) \partial_{p_{ext}} \left( \text{Tr} \left[ \frac{\delta}{\delta \phi(p_1)} \frac{\delta}{\delta \phi(p_2)} \frac{\delta}{\delta \psi(p_3)} \frac{\delta}{\delta \psi(p_1 + p_2 + p_3)} \Gamma_k \partial_{p_{ext}}^\rho \right] \right) \right]. \] 

\text{(G12)}

\section*{Appendix H: Analytic \( \beta \)-functions in the \( \chi \)-sector}

Here we present the full \( \beta \)-functions in the \( \chi \)-sector, as obtained with the above projections, cf. App. G, evaluated at \( X_{1/2r} \to 0 \).

\[ \dot{X}_{1r} \bigg|_{X_{1/2r} \to 0} = (4 + 2\eta_{\psi,0} + \eta_{\phi,0})X_{1r} - \frac{2(\eta_{h} - 7)\eta_{n}^2}{7(\mu_{h} + 1)^3} - \frac{10(\eta_{h} - 6)\eta_{n}^2}{9(\mu_{h} + 1)^3} + \frac{g_n(\eta_{\psi} - 6)}{9(\mu_{h} + 1)^2} + \frac{5(\eta_{h} - 8)g_n X_{1r}}{384\pi (\mu_{h} + 1)^2} + \frac{g_n(\eta_{\phi} - 7)X_{1r}}{84\pi (\mu_{h} + 1)} \]

\[ + \frac{(\eta_{h} - 7)g_n (11X_{1r} - 52X_{2r})}{840\pi (\mu_{h} + 1)^2} + \frac{(\eta_{h} - 6)g_n (17X_{1r} + 8X_{2r})}{96\pi (\mu_{h} + 1)^2} + \frac{g_n(\eta_{\phi} - 6)(9X_{1r} - 8X_{2r})}{360\pi (\mu_{h} + 1)} \]

\[ + \frac{(\eta_{\psi} - 8)(-5X_{1r}^2 + 8X_{1r}X_{2r} + 4X_{2r}^2)}{1792\pi^2} - \frac{(\eta_{\phi} - 9)(121X_{1r}^2 + 64X_{1r}X_{2r} + 4X_{2r}^2)}{6048\pi^2} \] 

\text{(H1)}

\[ \dot{X}_{2r} \bigg|_{X_{1/2r} \to 0} = (4 + 2\eta_{\psi,0} + \eta_{\phi,0})X_{2r} - \frac{(\eta_{h} - 7)\eta_{n}^2}{14(\mu_{h} + 1)^3} - \frac{5(\eta_{h} - 6)\eta_{n}^2}{18(\mu_{h} + 1)^3} + \frac{g_n(\eta_{\psi} - 6)}{36(\mu_{h} + 1)^2} \]

\[ - \frac{(\eta_{h} - 7)g_n (7X_{1r} + 33X_{2r})}{384\pi (\mu_{h} + 1)^2} - \frac{(\eta_{h} - 6)g_n (2X_{1r} - 7X_{2r})}{120\pi (\mu_{h} + 1)^2} + \frac{g_n(\eta_{\phi} - 6)(4X_{1r} - 13X_{2r})}{96\pi (\mu_{h} + 1)^2} \]

\[ - \frac{g_n(\eta_{\phi} - 7)(7X_{1r} + 24X_{2r})}{336\pi (\mu_{h} + 1)} - \frac{g_n(\eta_{\psi} - 6)(9X_{1r} - 44X_{2r})}{2880\pi (\mu_{h} + 1)} + \frac{g_n(\eta_{\phi} - 6)(44X_{2r} - 9X_{1r})}{2880\pi (\mu_{h} + 1)} \]

\[ + \frac{(\eta_{\phi} - 9)(59X_{1r}^2 - 52X_{1r}X_{2r} - 76X_{2r}^2)}{12096\pi^2} - \frac{(\eta_{\psi} - 8)(X_{1r}^2 - 2X_{2r})(X_{1r} - X_{2r})}{896\pi^2} \] 

\text{(H2)}

\[ \dot{X}_{1r} \bigg|_{X_{1/2r} \to 0} = 0 \] 

\text{(H3)}

\[ \dot{X}_{2r} \bigg|_{X_{1/2r} \to 0} = 0 \] 

\text{(H4)}

The vanishing flows \( \dot{X}_{1/2r} \equiv 0 \) guarantee that the \( \text{\textquotedblright+\textquotedblright} \)-sector fully decouples and remains zero at throughout the flow.

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