Diastolic-systolic velocity ratio to detect coronary stenoses under physiological resting conditions: a mechanistic study

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ABSTRACT

Objective Diastolic-systolic velocity ratio (DSVR) is a resting index to assess stenoses in the left anterior descending artery (LAD). DSVR can be measured by echocardiographic or intracoronary Doppler flow velocity. The objective of this cohort study was to elucidate the fundamental rationale underlying the decreased DSVR in coronary stenoses.

Methods In cohort 1, simultaneous measurements of intracoronary Doppler flow velocity and pressure were acquired in the LAD of 228 stable patients. Phasic stenosis resistance, microvascular resistance and total vascular resistance (defined as stenosis and microvascular resistance combined) were studied during physiological resting conditions. Stenoses were classified according to severity by strata of 0.10 fractional flow reserve (FFR) units.

Results DSVR was decreased in stenoses with lower FFR. Stenosis resistance was equal in systole and diastole for every FFR stratum. Microvascular resistance was consistently higher during systole than diastole. In lower FFR strata, stenosis resistance as a percentage of the total vascular resistance increases both during systole and diastole. The difference between the stenosis resistance as a percentage of total vascular resistance during systole and diastole increases for lower FFR strata, with an accompanying rise in diastolic-systolic resistance ratio. A significant inverse correlation was observed between DSVR and the diastolic-systolic resistance ratio (r=0.91, p<0.001). In cohort 2 (n=23), DSVR was measured both invasively and non-invasively by transthoracic echocardiography, yielding a good correlation (r=0.82, p<0.001).

Conclusions The rationale by which DSVR is decreased distal to coronary stenoses is dependent on a comparatively higher influence of the increased stenosis resistance on total vascular resistance during diastole than systole.

INTRODUCTION

The physiological process of coronary autoregulation ensures that coronary blood flow is kept constant across a wide range of coronary perfusion pressures by compensatory vasodilation of the coronary microcirculation.1, 2 Through coronary autoregulation, the presence of a coronary stenosis does not alter coronary blood flow unless the stenosis totally or subtotally obstructs the coronary lumen. Typically, a pharmacological vasodilatory agent is required to unmask functionally significant coronary artery disease by flow or perfusion-based methods. Despite coronary autoregulation, the ratio between diastolic and systolic coronary flow velocity (DSVR) measured under physiological resting conditions is actually decreased in the presence of obstructive coronary artery disease.3–11 DSVR is an index that can either be measured...
invasively with a Doppler flow velocity guidewire or non-invasively in the left anterior descending artery (LAD) with echocardiography. DSVR assessed by echocardiography could potentially represent an inexpensive, quick and broadly available application to detect LAD stenoses without exposing patients to i onic radiation, contrast medium or pharmacological stress agents in specific clinical settings. However, the fundamental rationale to explain the apparent paradox between coronary autoregulation maintaining flow at a stable level and the ratio between diastolic and systolic flow falling distal to a coronary stenosis is presently unknown. Moreover, DSVR has only been investigated in smaller studies, and has not been tested against invasive measurements of functional stenosis severity such as the guideline-recommended fractional flow reserve (FFR) measurement.12

In this study, we examined DSVR using the multi-centre Iberian-Dutch-English (IDEAL) collaborators registry. The IDEAL registry comprises a large collection of combined invasively measured coronary pressure and Doppler flow velocity measurements. This registry provides an opportunity to study the physiological mechanism underlying DSVR since coronary resistance measurements were available (cohort 1). Additionally, we report the diagnostic performance of invasive DSVR compared with the FFR. Furthermore, we studied a separate cohort of patients in whom both invasive and non-invasive measurements of DSVR were acquired (cohort 2), in order to explore whether our findings translate to DSVR assessed non-invasively by transthoracic echocardiography.

**METHODS**

Cohort 1 used the IDEAL collaborators registry, which involves 301 patients undergoing elective coronary angiography for suspected symptomatic coronary artery disease in four European academic hospitals.1 The exclusion criteria for IDEAL were significant valvular disease, previous coronary artery bypass surgery, acute heart failure, acute myocardial infarction within 48 hours of the procedure and prior anterior wall myocardial infarction. Measurements were not acquired in vessels with angiographically identifiable myocardial bridging or collateral arteries. Cohort 2 represents a separate cohort of patients with chest pain and positive functional test scheduled for elective coronary angiography, enrolled in a previous study.13 The exclusion criteria for this study were known ischaemic heart disease, valvular pathology, evidence of regional wall motion abnormalities and renal impairment (creatinine >120 μmol/L). In cohort 2, both invasive and non-invasive Doppler measurements of coronary flow velocity were obtained. For both cohorts, only measurements in the LAD were used since the LAD is the only coronary artery in which echocardiographic DSVR can be reliably assessed.10 In cohort 1, 228 patients were included since measurements were taken in the LAD in 228 of 301 patients (76%) in the IDEAL registry.

**Invasive flow velocity measurements**

Coronary angiography was performed according to standard procedures. After angiography, a 0.014-inch guidewire equipped with both a distal pressure sensor and Doppler crystal (ComboWire XT, Philips Volcano, San Diego, USA) was inserted into the LAD. In the coronary ostium, the pressure sensor was equalised with the pressure of the aortic guiding catheter. Then, the wire was advanced beyond the stenosis, or beyond the proximal segment of the LAD if there was no stenosis. Doppler flow velocity, distal coronary pressure and aortic pressure were measured under true resting conditions. In cohort 1, 200–300 μg of intraaortic nitrates were administered prior to the resting measurements and the measurements were repeated during pharmacological hyperaemia, induced either by intraaortic injection of adenosine (60–150 μg) or intravenous adenosine administration (140 μg/kg/min). In cohort 2 vasodilator drugs were not administered.13 Pressure drift was assessed at the end of the procedure, and if pressure drift was identified (>2 mm Hg) measurements were repeated or corrected for during offline analysis.

**Non-invasive echocardiography measurements**

In cohort 2, transthoracic echocardiography was performed as described in an earlier study.13 In brief, a Philips ie33 (Amsterdam, The Netherlands) or Esaote MyLab Twice (Genova, Italy) device was used for echocardiography. Starting in the parasternal long axis view, the probe was rotated clockwise and moved laterally across the chest wall until the LAD was clearly in view with an angulation of <20° to the probe. Pulse-wave Doppler was applied with a sampling width of 7.5–10 mm to record coronary flow velocity signals. Data were exported as high-resolution images and digitalised for data analysis using a MATLAB algorithm (MathWorks, Natick, Massachusetts, USA) with smoothing by a Savitzky-Golay filter.

**Data analysis**

For cohort 1, quantitative coronary angiography (using either CAAS II, Pie Medical, Maastricht, The Netherlands; or McKesson, San Francisco, USA) was performed in angiographic stenoses to quantify diameter stenosis percentage, minimal and reference lumen diameter, area stenosis, minimal and reference lumen area, and stenosis length. For both cohorts, data were analysed using an automated MATLAB script (MathWorks) as previously described.14 Phasic analysis yielded average values of aortic pressure, distal coronary pressure and average peak Doppler flow velocity for the whole cardiac cycle, systole specifically and mid-to-late diastole specifically. Systole was identified starting at the R peak on the ECG and ending at the dicrotic notch on the aortic pressure trace. Mid-to-late diastole corresponded with the wave-free period, which starts at 25% of diastole, as marked by the aortic dicrotic notch, and ends 5 ms before systole.14 15 Both invasively and non-invasively measured DSVRs were calculated as the ratio between time-averaged mid-to-late...
Figure 1 Examples of two patients included in the study. Shown are the Doppler flow velocity measurements during resting conditions (Panel A), the coronary angiogram (Panel B) and the pressure tracing during hyperaemic conditions after injection of 150 μg of adenosine (Panel C). DSVR, diastolic-systolic velocity ratio; FFR, fractional flow reserve; LAD, left anterior descending artery.

Stenosis resistance, microvascular resistance and total vascular resistance were examined during both diastole and systole specifically. FFR was used as reference standards to test the diagnostic accuracy of DSVR, using the FFR threshold of 0.75, which corresponds best with myocardial ischaemia.16 17 For cohort 1 both pressure and Doppler flow velocity data were analysed, thereby also yielding resistance data. For cohort 2, only Doppler flow velocity data were available, precluding calculation of resistance values.

Statistical analysis
Categorical data are presented as numbers and percentages. Continuous data are presented as mean±SD or median with IQR according to normality of the data. To analyse the diagnostic performance of DSVR, receiver operating characteristic analysis was performed. The optimal DSVR cut-off value was defined as the value with the highest combined specificity and sensitivity. Analysis of variance was used to test for differences across multiple groups. Bonferroni correction was applied for comparison across multiple groups. Linear regression was performed to test the association between two continuous variables. Log transformation was applied to independent and dependent variables in order to achieve linearity of the relationship as required for linear regression analysis. Intraclass correlation coefficients were calculated using a two-way mixed model. A two-sided p value of <0.05 was
considered statistically significant. Statistical analyses were performed using SPSS V.22.0.

RESULTS
Study population
In this study, two cohorts were used, and for both cohorts patient characteristics are shown in table 1. Cohort 1 consisted of 228 patients with a mean age of 60.3±9.7 years and of whom 163 were male (71%) and 65 were female (29%). For the invasive cohort, vessel and stenosis characteristics are shown in table 2. One hundred and fifty-three (67%) measurements were taken in a vessel with an angiographic stenosis and 75 (33%) in unobstructed reference vessels. In cohort 2, consisting of patients in whom both invasive and non-invasive measurements of DSVR were obtained, 24 subjects were included. Of these 24 subjects, 1 had to be excluded because of poor echocardiographic Doppler flow envelopes precluding DSVR calculation, leaving 23 for final analysis. The mean age of these 23 patients was 61.0±11.0 years, of whom 16 were male (70%) and 7 were female (30%).

Cohort 1: invasive DSVR according to stenosis severity
Figure 2 shows invasive DSVR classified according to FFR values as 0.10 unit groups. In LAD branches with FFR >0.95, a DSVR of 2.10±0.42 is observed that gradually decreases to 1.55±0.25 with FFR <0.65 (p trend <0.001). Online supplementary figure 1 shows the correlation between FFR and DSVR. Similar observations are made when DSVR is classified according to the instantaneous wave-free ratio and to the hyperaemic stenosis resistance index instead of FFR (online supplementary figures 2 and 3, respectively). Figure 3 shows the receiver operating characteristic curve for invasive DSVR to predict FFR at its ischaemic threshold with a C-statistic of 0.76 (95% CI 0.69 to 0.82). The optimal cut-off value for DSVR was 1.74, yielding a sensitivity of 65% and specificity of 80%

Cohort 1: phasic coronary resistance
Figure 4 shows the relationship between resting flow velocity and total vascular resistance for diastole (figure 4A) and systole (figure 4B). Strong inverse relationships between flow velocity and vascular resistance are observed for both phases (r=0.95, p<0.001 for diastole, and r=0.93, p<0.001 for systole). Figure 4C shows the relationship between DSVR and the diastolic-systolic resistance ratio. In line with the inverse relationships between the diastolic and systolic components of these ratios, a strong inverse relationship between DSVR and the diastolic-systolic resistance ratio is also observed: r=0.91, p<0.001. Because of the strong correlation between DSVR and the diastolic-systolic resistance ratio, we used resistance data to further explore the potential mechanism driving the lower DSVR in functionally significant stenoses. Figure 5 shows the resting vascular resistance for both the microvascular and stenosis components stratified according to FFR values. Figure 5A shows that microvascular resistance

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### Table 1 Patient characteristics

| Variable             | Cohort 1 228 patients | Cohort 2 23 patients |
|----------------------|------------------------|----------------------|
| Age (years)          | 60.3±9.7               | 61.0±11.0            |
| Male gender          | 163 (71)               | 16 (70)              |
| Female gender        | 65 (29)                | 7 (30)               |
| Hypertension         | 117 (51)               | 10 (43)              |
| Hypercholesterolaemia| 131 (58)               | 12 (52)              |
| Smoking history      | 88 (39)                | 1 (4)                |
| Diabetes mellitus    | 49 (22)                | 1 (4)                |
| Previous myocardial infarction | 18 (8) | 0 (0) |
| Aspirin              | 133 (58)               | 14 (61)              |
| Beta-blocker         | 102 (45)               | 3 (13)               |
| Statin               | 110 (48)               | 14 (61)              |
| Angiotensin-converting enzyme or angiotensin-II inhibitor | 33 (15) | 6 (26) |
| Calcium channel blocker | 38 (17) | 3 (13) |

Values are number (percentages) or mean±SD.

### Table 2 Vessel characteristics of cohort 1

| Variable                             | Value                      |
|--------------------------------------|----------------------------|
| Intracoronary adenosine              | 121 (53%)                  |
| Intravenous adenosine                | 107 (47%)                  |
| Unobstructed vessels                 | 75 (33%)                   |
| FFR                                  | 0.94 (IQR 0.90–0.98)       |
| DSVR                                 | 2.08±0.47                  |
| Resting APV (cm/s)                   | 16.1 (IQR 12.3–22.1)       |
| Diastolic APV (cm/s)                 | 21.1 (IQR 16.3–29.5)       |
| Systolic APV (cm/s)                  | 10.7 (IQR 7.8–15.6)        |
| Coronary flow reserve                | 2.80±0.86                  |

Values are number (percentages), median (IQR) or mean±SD.

APV, average peak velocity; DSVR, diastolic-systolic velocity ratio; FFR, fractional flow reserve.
Coronary artery disease

Figure 2 Invasive diastolic-systolic velocity ratio according to fractional flow reserve classification in cohort 1. Bars represent mean and error bars represent SEM.

is consistently significantly lower during diastole than systole for each FFR group ($p<0.001$ for all). In contrast, Figure 3 shows that stenosis resistance is generally not significantly different between diastole and systole ($p>0.05$ for all, apart from the FFR 0.85–0.95 group with $p<0.05$). Figure 5 integrates the previous panels to show the contribution of microvascular and stenosis resistance to overall vascular resistance for diastole and systole in each FFR group. Figure 5 depicts the stenosis resistance as a percentage of total resistance classified according to FFR value for both diastole and systole. It can be observed that stenosis resistance represents a higher percentage of total vascular resistance during diastole than during systole for all FFR groups ($p<0.001$ for all except the FFR >0.95 group). Figure 5 shows that the difference between diastolic and systolic stenosis resistance as a percentage of total vascular resistance according to FFR. A gradual increase in the difference between diastolic and systolic stenosis resistance as a percentage of total vascular resistance is observed as FFR worsens ($p_{\text{trend}}<0.001$). Finally, Figure 5 shows that a gradual increase of the diastolic-systolic resistance ratio occurs with worsening of FFR group ($p_{\text{trend}}<0.001$). Together, Figure 5 shows that with increasing functional stenosis severity, the stenosis resistance has greater impact on total vascular resistance during diastole than systole. Because DSVR is inversely related to the diastolic-systolic vascular resistance ratio, this observation likely extends to DSVR and explains why DSVR is decreased in more severe stenoses (figure 6).

Cohort 2: correlation between invasive and non-invasive DSVR

In this paragraph, the results are described for the patients in cohort 2 with paired invasive and non-invasive echocardiographic measurements. Table 3 describes haemodynamic data for both the invasive and non-invasive echocardiographic measurements. A reasonable correlation was observed between invasive and non-invasive DSVR: $r=0.82$, $p<0.001$, with a good intraclass correlation coefficient of 0.80 (95% CI 0.59 to 0.91), and a small mean difference of 0.11±0.24 DSVR units (figure 7).

**DISCUSSION**

In this study, we investigated the theoretical rationale of DSVR and sought to determine the concordance between invasively and non-invasively measured DSVR. The following are our findings: (1) Invasive DSVR has reasonable diagnostic properties to detect functionally significant stenoses in the LAD compared with FFR. (2) The rationale to explain why DSVR in the LAD corresponds to functional stenosis severity is related to a progressively higher impact of stenosis resistance on diastole than on systole with worsening of functional stenosis severity. (3) Invasively and non-invasively measured DSVRs correlate well with one another. The interpretation, potential clinical implications and limitations of our work are discussed below.

**Diagnostic accuracy of DSVR**

Several smaller previous studies investigating DSVR, measured invasively or by echocardiography, documented acceptable diagnostic accuracy when compared with thallium scintigraphy, coronary angiography and echocardiographic coronary flow velocity reserve. Our study adds to the existing body of evidence that invasively measured DSVR in the LAD provides reasonable diagnostic accuracy when compared with FFR at its ischaemic threshold.

**Rationale underlying DSVR**

Although the diagnostic performance of DSVR was already explored in previous studies, the rationale behind...
DSVR remained hypothetical as tangible evidence was lacking. It may seem counterintuitive that the functional significance of a stenosis can be assessed from resting coronary blood flow, since coronary autoregulation keeps resting mean flow at a stable plateau despite pressure losses incurred by the stenosis. Nevertheless, our results confirm that invasive DSVR decreases gradually alongside worsening of functional stenosis significance. Because phasic distal coronary flow velocity data as well as proximal and distal coronary pressure data are available in the IDEAL registry, stenosis resistance and microvascular resistance could be distinguished for both diastole and systole. Therefore, we were able to establish the theoretical rationale by which DSVR informs on functional stenosis significance in the LAD. The finding that DSVR is inversely related to the diastolic-systolic vascular

**Figure 4** Relationship between invasive phasic flow and resistance in cohort 1. Panel A shows a strong inverse relationship between diastolic flow velocity and diastolic vascular resistance. Panel B shows similar results for systole. Panel C demonstrates a strong inverse relationship between DSVR and the ratio between diastolic and systolic vascular resistance. DSVR, diastolic-systolic velocity ratio.

**Figure 5** Invasive resistance distribution according to functional stenosis severity in cohort 1. Panel A shows the distribution of microvascular resistance stratified according to diastole (open bars) and systole (marked bars) classified by FFR. Panel B shows the distribution of stenosis resistance stratified according to diastole (open bars) and systole (marked bars) classified by FFR. Panel C shows the total resistance per FFR group stratified according to systole and diastole by integrating microvascular (red bars) and stenosis resistance (blue bars). Panel D shows the stenosis resistance as a percentage of the total vascular resistance composed of both stenosis and microvascular resistance for both diastole (open bars) and systole (marked bars). Panel E shows the difference between the diastolic and systolic percentage stenosis resistance of total resistance. As FFR group worsens, the stenosis resistance constitutes a comparatively greater portion of total resistance for diastole than for systole. Finally, panel F shows that the ratio between diastolic and systolic vascular resistance increases as FFR worsens. Bars represent mean and error bars represent SEM. *Indicates p is significant after Bonferroni correction, **indicates p<0.001 and NS indicates p is non-significant after Bonferroni correction. FFR, fractional flow reserve.
Figure 6  Summary of the DSVR rationale. This figure illustrates the shift in resting resistance distributions during diastole and systole averaged for the group of unobstructed LAD branches with FFR >0.95 and DSVR of 2.1 (A) and averaged for the group with obstructed LAD branches with FFR <0.65 and DSVR of 1.5 (B). Because stenosis resistance (blue area in the pie charts) is negligible in unobstructed LAD branches, its contribution to total vascular resistance is low during both diastole and systole (both 1%). In LAD branches with stenosis, the stenosis resistance represents 47% of total vascular resistance during diastole when the microvasculature is open and microvascular resistance is low (red area in the pie charts). During systole, however, the microvasculature is compressed by the contracting myocardium resulting in high microvascular resistance. Because stenosis resistance does not appreciably differ during diastole and systole, the stenosis resistance has a much smaller impact during systole and only represents 23% of total vascular resistance. As such, in stenosis the diastolic-systolic resistance ratio is increased compared with unobstructed vessels. DSVR, diastolic-systolic velocity ratio; FFR, fractional flow reserve; LAD, left anterior descending artery.
de Waard GA, et al. Open Heart 2019; 6: e000968. doi:10.1136/openhrt-2018-000968

Clinical implications
In line with earlier studies,5 7 9 10 we report that invasive DSVR can be used to identify LAD stenoses responsible for inducible myocardial ischaemia with an optimal cut-off value of 1.74. These observations could warrant consideration for clinical use of DSVR, specifically for non-invasively measured DSVR. Non-invasively measured DSVR could be useful in certain clinical scenarios to assess the presence of a functionally significant LAD stenosis. For instance, DSVR could be an easily accessible information during routine echocardiography. A second potential application is to use DSVR for patients with previous LAD revascularisation if instent restenosis is suspected. Third, non-invasive measurement of DSVR is also possible in left internal mammary artery bypass grafts. In this context, DSVR could inform on whether or not competitive flow from the LAD occurs.18

Limitations
The present study has a number of limitations. First, despite invasive assessment of coronary Doppler flow velocity, signal quality was not always optimal and 13% of patients had to be excluded from the original IDEAL registry for this reason.1 Although similar concerns exist for echocardiography-derived DSVR, earlier studies have reported success rates of echocardiography-derived DSVR of around 85% in the LAD.6 10 The most frequent reason for failure of DSVR measurement in these studies was total or subtotal obstruction of the LAD, meaning that the immeasurable DSVR in fact correctly identified the absence of coronary flow patterns. Second, we calculated DSVR using time-averaged peak values of Doppler flow velocity, whereas other studies have used single peak values.6 9 10 Although using single peak values could be more convenient for clinical practice, it could also be more susceptible to measurement artefacts such as spikes. This hypothesis was confirmed by Daimon et al,7 who showed that echocardiographic DSVR calculated using mean values compared with peak values had superior test characteristics to detect thallium scintigraphy-defined myocardial ischaemia. Third, altered myocardial contractility may influence DSVR, but we could not study this issue since pressure and flow assessments were not made in patients with anterior or septal regional wall motion abnormalities. Fourth, although invasively and non-invasively measured DSVR correlated reasonably well, the agreement was not perfect. Possibly, haemodynamic fluctuations in heart rate, blood pressure and myocardial contractibility precluded better agreement. Also, small artefacts in the Doppler flow velocity tracings for both methods of flow velocity assessment could have contributed to the imperfect agreement. Fifth, our study did not address the correlation between DSVR measured by echocardiography and the FFR. Finally, coronary venous pressure, wedge pressure and left ventricular end-diastolic pressure were not available for resistance calculations. However, comorbidities with expected alterations of these pressures such as acute heart failure, angiographically visible collaterals and severe aortic valvular disease were exclusion criteria. Therefore, we assumed that the effects of venous, wedge and left ventricular end-diastolic pressure on coronary pressure and resistance were negligible.

CONCLUSION
The findings of this study show that the fundamental rationale by which DSVR is able to detect the presence
of LAD stenoses is because the stenosis resistance has a comparatively greater influence on total vascular resistance during diastole, when microvascular resistance is low, than during systole, when microvascular resistance is high. Because invasively measured DSVR correlates reasonably well with non-invasive DSVR, our findings using invasively measured coronary haemodynamics should hypothetically also apply to non-invasive DSVR.

Contributors GdW, CB, RP, SSN, TPvdH, ME-P, SS, MM, PK, JE, JJP, NvR and JD were involved in data collection. GdW designed the study, performed data and statistical analysis, and drafted the manuscript. NvR and JD supervised the project. All authors made critical revisions to key intellectual content of the manuscript.

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Competing interests JD is codavigator of intellectual property, which is licensed to Philips Volcano by Imperial College London. He receives consultancy and research funding from Philips Volcano. CC, RP, SSN, JP, TPvdH, NvR and JE report receiving fees for speaking at educational events organised by Philips Volcano. The other authors report no conflict of interest.

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