Fast optical cooling of a nanomechanical cantilever by a dynamical Stark-shift gate

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The efficient cooling of nanomechanical resonators is essential to exploration of quantum properties of the macroscopic or mesoscopic systems. We propose such a laser-cooling scheme for a nanomechanical cantilever, which works even for the low-frequency mechanical mode and under weak cooling lasers. The cantilever is coupled by a diamond nitrogen-vacancy center under a strong magnetic field gradient and the cooling is assisted by a dynamical Stark-shift gate. Our scheme can effectively enhance the desired cooling efficiency by avoiding the off-resonant and undesired carrier transitions, and thereby cool the cantilever down to the vicinity of the vibrational ground state in a fast fashion.

Over the past years, nano-mechanical resonators (NRs) have attracted considerable attention both theoretically and experimentally and presented potential applications based on the quantum properties, for example, optomechanical induced transparency1, photon blockade2,3, optical Kerr effect4, entanglement between microscopic objects5,6, quantum state measurement7,8, biological sensing detection9,10 and hybrid coupling to cold atoms11.

However, quantum properties regarding the NRs are always hidden by the thermal phonons involved. To suppress the thermal phonons, many schemes have been proposed so far to try to cool the NRs down to the vicinity of their vibrational ground states, such as the sideband cooling12,13, the backaction sideband cooling14–19, the hot-thermal-light-assisted cooling20, the time-dependent control cooling21,22, the quadratic-coupling-based cooling23, the measurement cooling24 and the electromagnetically induced transparency (EIT) cooling25–29.

The EIT cooling works based on quantum interference, which enhances the first-order red-sideband transition for cooling, but eliminates the carrier transition and suppresses the first-order blue-sideband transition for heating25–29. In particular, it works efficiently even in the non-resolved sideband regime in the laboratory representation, i.e., with a large spontaneous emission rate. The EIT cooling was first proposed and experimentally implemented in the trapped-ion system30,31, and then extended to other systems, including the quantum dot25,27,28, the superconducting flux qubit26 and the diamond nitrogen-vacancy (NV) center29. However, for the Rabi frequency comparable to the vibrational frequency of the NR, the prerequisite of the fast cooling, the existing cooling scheme could not work efficiently29. Therefore, developing an alternative scheme available for the NR cooling, which is faster and more efficient than the EIT cooling, is highly desirable32. On the other hand, a NV center coupled to a nanomechanical cantilever can be used to cool the cantilever vibration down to a quantum regime29,33, where the coupling is from a magnetic field gradient (MFG). The extension of such a coupling is applicable to future scalable quantum information processors33,34. To this end, achievement of high-quality NRs and cooling low-frequency NRs are highly expected, but experimentally demanding.

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The present work focuses on the ground-state cooling of a NR with the assistance from a Stark-shift gate in the non-resolved sideband regime in the laboratory representation. Such a cooling scheme can cool a low-frequency (≤ 1 MHz) NR more efficiently than the conventional sideband cooling due to elimination of the involved carrier transitions which contribute for heating, as confirmed in32 for cooling the trapped ion. However, compared to the trapped ion, the NR (i.e., the cantilever) under consideration is of a much bigger mass, which decreases the mechanical effect of light on the NV-cantilever to nearly zero. To generate a strong enough coupling between the NV center and the cantilever, we introduce a strong MFG, as discussed in 29. Moreover, since the cantilever is more sensitive to the environmental noise than the trapped ion, we have to seriously consider the influence from the non-zero temperature thermal noise of the environment in our calculation.

The key point in the present work is the introduction of an effective classical field to couple the sublevels of the electronic ground state of the NV center, which creates a dynamical Stark shift under the strong MFG and accelerates the cooling of the cantilever by suppressing the undesired transitions. We show the possibility to cool the cantilever with the same cooling rate as in the trapped-ion system 32. Moreover, since the cantilever is more sensitive to the environmental noise than the trapped ion, we have to seriously consider the influence from the non-zero temperature thermal noise of the environment in our calculation.

More specifically, we show below that the addition of the Stark-shift gate makes the cooling more powerful than the optics-based EIT cooling in a previous scheme 29, and is particularly useful for the cantilever of lower vibrational frequency under weaker laser irradiation. This is much different from the strong coupling condition required in previous EIT-like schemes using cavities35,36. Since the cooling of the low-frequency cantilevers down to the ground state is still challenging with current technology, and the requirement of weak laser irradiation can reduce the experimental difficulty, our scheme is of practical application in exploring quantum properties of the nanomechanical cantilevers.

**Results**

**The cooling of a NV-cantilever system by a Stark-shift gate.** Our system is modeled as in Fig. 1(a), where a negatively charged NV center is attached at the end of a nanomechanical cantilever under a strong MFG. The ground state of the NV center is a spin triplet with a zero-field splitting $2\pi \times 2.87 $ GHz between $m_s = 0$ and $m_s = \pm 1$, where $m_s$ is the projection of the total electron spin $S = 1$ along the z-axis. The sublevels $m_s = \pm 1$ are employed for qubit encoding in our cooling scheme, with $m_s = -1$ as $|0\rangle$ and $m_s = +1$ as $|1\rangle$. According to the selection rule of the transitions37-39, the state $|0\rangle$ ($|1\rangle$) may be coupled to the excited state $|A_2\rangle$ by a polarized laser37-39. $|A_2\rangle$ is an entangled state involving the components $|0\rangle$, $|1\rangle$ and the orbital states, and keeps separate enough from neighboring levels38. The state $|0\rangle$
can be coupled to $|1\rangle$ by an effective classical field due to two-photon Raman process (Adopted in the present work; see Methods for details) or by a stress applied perpendicularly to the axial direction of the NV center $^{48}$. In Fig. 1(b), the $\sigma_{x}^{+}$ (or $\sigma_{y}^{+}$) polarized laser owns the frequency $\omega_{0}$ ($\omega_{1}$) and the Rabi frequency $\Omega_{0}$ ($\Omega_{1}$). The effective classical field is with the frequency $\omega_{L}$ and the Rabi frequency $\Omega_{L}$.

It should be noted that there are leakages from the excited state $|A_{j}\rangle$ down to the metastable state $|A_{i}\rangle$ (not shown in Fig. 1(b)), which would stop the cooling process. To solve this problem, we have to employ $m_{z}=0$ and other auxiliary states to recycle the cooling process, as discussed in $^{29}$ but not reiterated in the present paper. Furthermore, different from the trapped-ion system, in which the coupling between the internal and the vibrational degrees of freedom is caused by the mechanical effect of light $^{41}$, our model employs the MFG to provide the coupling between the NV center and the vibration of the cantilever. The MFG consists of a coil wrapping a permanent magnet core, controlled by the external electric current.

The Hamiltonian of the system in units of $\hbar=1$ is given by

$$H = \omega_{k}a^+a + \omega_{k}|A_{2}\rangle\langle A_{2}| + g_{e}\mu_{B}B(0)(|1\rangle\langle 1| - |0\rangle\langle 0|) + \frac{\Omega}{2}(|A_{2}\rangle\langle 1|e^{-i\omega_{L}t} + |A_{2}\rangle\langle 0|e^{i\omega_{L}t} + h.c.) + \frac{\Omega_{L}}{2}(|0\rangle\langle 1|e^{i\omega_{L}t} + h.c.) + \lambda(|1\rangle\langle 1| - |0\rangle\langle 0|)(a^+ + a),$$  \hspace{1cm} (1)

where $a^+$ ($a$) is the creation (annihilation) operator of the cantilever vibration with frequency $\omega_{k}$; $\omega_{k}$ is regarding $|A_{2}\rangle$, $B(0)$ is the constant magnetic field strength, $g_{e}$ is the $g$-factor and $\mu_{B}$ is the Bohr magneton. $\Omega(=\Omega_{0}=\Omega_{1})$ and $\Omega_{L}$ are the Rabi frequencies regarding irradiation from the laser and the effective classical field. $\lambda=g_{e}\mu_{B}B(0)x_{0}$ is the coupling due to the MFG $B(0)$ with $x_{0}=1/\sqrt{2M\omega_{k}}$ and a cantilever mass $M^{33,34,42}$. Although the NV center is sensitive to the strain, we suppose a low strain condition throughout this work, which ensures that the employed excited state $|A_{2}\rangle$ robustly owns stable symmetry properties $^{38}$.

To understand the cooling physical picture and simplify the calculation, we make a unitary transformation on equation (1). In the rotating frame, we have $|\psi(t)\rangle = e^{-i\delta t}|\psi(t)\rangle$ and $H_{\text{rot}} = e^{-i\delta t}H(t)e^{i\delta t} + R$ with $R = \omega_{L}|1\rangle\langle 1| + \omega_{0}|0\rangle\langle 0|$. Under the near-resonance condition $\omega_{L} \approx \omega_{0} - \omega_{1}$, equation (1) can be rewritten in a time-independent form as $H_{\text{tot}} = H_{0} + V$, with

$$H_{0} = \omega_{k}a^+a - \Delta|A_{2}\rangle\langle A_{2}| + \frac{\sqrt{2}}{2}\Omega(|A_{2}\rangle\langle b| + h.c.) + \frac{\Omega_{L}}{2}(|b\rangle\langle b| - |d\rangle\langle d|),$$  \hspace{1cm} (2)

and

$$V = \lambda(|b\rangle\langle d| + |d\rangle\langle b|)(a^+ + a),$$  \hspace{1cm} (3)

where $|b\rangle = \frac{1}{\sqrt{2}}(|1\rangle + |0\rangle)$ and $|d\rangle = \frac{1}{\sqrt{2}}(|1\rangle - |0\rangle)$ are the corresponding bright and dark states, respectively, and the detunings satisfy $\Delta \equiv \Delta_{g} = \Delta_{1}$ with $\Delta_{g} = \omega_{0} - \omega_{L} - g_{e}\mu_{B}B(0)$ and $\Delta_{1} = \omega_{1} - \omega_{L} + g_{e}\mu_{B}B(0)$. Moreover, the last term in equation (2) describes the energy difference between the bright and dark states caused by the effective classical field for the Stark shift, by which a Stark-shift gate will be performed below for the cooling of the cantilever vibration. Besides, the coupling between the cantilever and the NV center is created by a strong MFG, which makes the first-order red-sideband transition dominate in the cooling process based on quantum interference. With assistance of the effective classical field, the energy difference between the dark and bright states is equal to the frequency of the cantilever vibration. As a result, the phonon is dissipated by the coupling due to the MFG with the assistance of external fields.

**The cooling mechanics based on the Stark-shift gate.** The cooling in our scheme is based on the Stark-shift gate. According to refs $^{32,42,43}$, the Stark-shift gate in the total Hamiltonian $H_{0} + V$ is described by

$$H_{ss} = \omega_{k}a^+a + \frac{1}{2}\Omega_{L}(|b\rangle\langle b| - |d\rangle\langle d|) + V.$$  \hspace{1cm} (4)

In the interaction picture, after the rotating wave approximation is applied, the Hamiltonian in (4) can be rewritten as

$$H_{I} = \lambda(|b\rangle\langle d|a + |d\rangle\langle b|a^+),$$  \hspace{1cm} (5)

with $\delta = \Omega_{L} - \omega_{k}$. When our model is operated at the work point of the Stark-shift gate ($\Omega_{L} = \omega_{k}$), the above Hamiltonian reduces to

$$H_{I} = \lambda(|b\rangle\langle d|a + |d\rangle\langle b|a^+),$$  \hspace{1cm} (6)
which is a typical Jaynes-Cummings interaction for the first-order red-sideband transition between the dark and bright states, leading to the phonon number change in the cantilever vibration.

The cooling process in our scheme is described in Fig. 2. In terms of equation (6), if the system is initially in the state $|d, n\rangle$, the only possible transition is from $|d, n\rangle$ to $|b, n\rangle$, which is caused by the Stark-shift gate. It results from the fact that the blue-sideband transition and the carrier transition relevant to the dark state $|d\rangle$ are suppressed by quantum interference. In the laboratory frame, the transition $|b, n\rangle \leftrightarrow |A_2\rangle, n\rangle$ is actually driven by two lasers with the same Rabi frequencies and detunings. As it is plotted in Fig. 2, the spin state is first excited to $|A_2\rangle, n\rangle$, and then decays to the bright state $|b, n\rangle$ or the dark state $|d, n\rangle$. If the decay is to the dark state $|d, n\rangle$, one phonon is lost from the cantilever vibration due to HI and the cooling goes to the next step. But if the decay is to the bright state $|b, n\rangle$, the state will be pumped to the excited state $|A_2\rangle, n\rangle$ again, and this cycle of the laser cooling will be repeated until the decay is to the dark state.

A clearer picture for above cooling process with the phonon dissipation governed by the transition $|d, n\rangle \leftrightarrow |b, n\rangle$ can be found in Supplementary Information by numerically calculating the fluctuation spectra. We may find that the carrier transition $|d, n\rangle \rightarrow |A_2, n\rangle$ is totally suppressed by the destructive interference, and the blue-sideband transition $|d, n\rangle \rightarrow |b, n+1\rangle$ is largely suppressed. As a result, repeating the laser cooling cycles, we will finally cool the cantilever down to the vibration ground state.

Before going further to the numerical calculation, we simply compare the Stark-shift-gate cooling with the EIT cooling in ref. 29. From the schematic illustrations, both of them share the similar quantum interference process and steady state, which can effectively suppress the blue-sideband transition and the carrier transition. Besides, the Stark-shift-gate cooling goes beyond the EIT cooling by an additional coupling, which drives the transition between the dark and bright states, constituting a Jaynes-Cummings interaction by the first-order red-sideband transition at the work point $\Omega_L = \omega_k$. As a result, different from the EIT cooling, the Stark-shift-gate cooling works with the efficiency independent from the cooling laser strength, but mainly relevant to the work point.

**The analytical and numerical treatments for the cooling.** By utilizing the perturbation theory and the non-equilibrium fluctuation-dissipation relation, the Hamiltonian $H^{\text{rot}}$ (equation (2) plus equation (3)) yields the heating (cooling) coefficient $A_+ (A_-)$ caused by the external fields as below:

$$A_\pm = \frac{2\Gamma \lambda^2 \Omega^2}{\left(\Omega^2 + \mp \omega_k - \Omega_L \right) \left(\pm 2\omega_k - 2\Delta + \Omega_L \right)^2 + \Gamma^2 \left(\mp \omega_k - \Omega_L \right)^2},$$

(7)

whose deduction in details can be found in Methods and Supplementary Information. $\Gamma$ is the total decay rate regarding $|A_2\rangle$. The heating (cooling) coefficient in equation (7) is different from the one obtained previously, but can be reduced to the result in 29 when $\Omega_L = \omega_k$. This is due to the fact that both 32 and our scheme share the same work point for the Stark-shift gate, related to the Rabi
from the above analytical expressions. 

$$\Delta < 0$$

while 

$$\pi_2 k k k f$$

$$\Gamma MHz = (\Gamma + \Delta + - \Delta) / (\Delta)$$

A proper analysis of the phonon dissipation must consider the non-zero temperature environmental noise, since compared to the trapped-ion system the cantilever with much larger volume and mass is more sensitive to the environment. Using the techniques developed previously, we obtain the following analytical expression of the time-dependent average phonon number,

$$\langle n(t) \rangle = \langle n \rangle_{ss} + e^{-(W + \Gamma_s)t} \left[ \langle n(0) \rangle - \langle n \rangle_{ss} \right],$$

where the cooling rate $W = A_+ - A_-$ originates from the interaction between the NV center and the external fields. The final average phonon number is

$$\langle n \rangle_{ss} = [A_+ + K(\omega_k)](W + \Gamma_k),$$

where $\Gamma_k \equiv \omega_k/\omega$ is the vibrational decay rate with the quality factor $\omega$ of the cantilever, and $K(\omega_k) = 1 / (e^{\hbar \omega_k/k_BT} - 1)$ is the thermal occupation for the cantilever vibrational degrees of freedom with the Boltzmann constant $k_B$ and the environmental temperature $T$, respectively. As plotted in Fig. 3, our scheme works even for the NR with a low frequency (e.g., $\omega_k / 2\pi = 2 MHz$). Compared with the previous scheme, our scheme can achieve a good cooling under very weak cooling laser radiation ($\Omega / 2\pi = 2 MHz$). With the same environmental temperature $T$, our scheme works for a smaller decay rate $\Gamma_k$. More specific discussion on this point can be found later.

For a deeper understanding of our cooling scheme, we may focus on the work point $\Omega_k = \omega_k$ of the Stark-shift gate, which simplifies the heating and cooling coefficients in equation (7) to be

$$A_+ = \frac{2\Gamma \lambda^2 \Omega^2}{4\Gamma^2 \omega_k^2 + (\Omega^2 - 6\omega_k^2 + 4\Delta \omega_k)^2}, \quad A_- = \frac{2\Gamma \lambda^2}{\Omega^2}.$$

As plotted in Fig. 4, $A_+$ (A-) increases (decreases) with $\Omega$. To make sure an efficient cooling, we should have $A_+$ to be larger than $A_-$, implying an upper limit $\Omega^2 \leq M_s = \omega_k^2 (T^2 + 4\Delta^2 + 9\omega_k^2 - 12\Delta \omega_k)/(3\omega_k^2 - 2\Delta \omega_k)$ from the above analytical expressions. Moreover, both the left and right panels of Fig. 4 show that the faster cooling and the minimal final phonon number prefer smaller laser Rabi frequency. The extreme case happens at $\Omega = 0$, in which we have $W = A_+$ due to negligible $A_-$, and thereby $\langle n \rangle_{ss}$ tends to minimum. However, this is a non-physical condition since $\Omega = 0$ means no laser irradiation. In our case, if the cooling works, $\Omega^2 > M_s = \max [\Gamma \lambda, \omega_k \lambda, \Delta \lambda]$ (meaning the internal dynamics faster than the external dynamics, e.g., $\sqrt{M_s / 2\pi} = 1.3 MHz$ in Fig. 4) should be satisfied. As such, we reach a trade-off regime for the laser irradiation $M_s < \Omega^2 \leq M_s$. On the other hand, the laser detuning $\Delta$ involved in $A_+$ also has influence on the cooling. To have a larger cooling rate, a larger blue detuning (i.e., $\Delta > 0$) is required for the condition $\Omega^2 - 6\omega_k^2 > 0$, while a larger red detuning ($\Delta < 0$) is necessary when $\Omega^2 - 6\omega_k^2 \leq 0$ is satisfied.

The analytical results above (i.e., equations (7) and (10)) are obtained under the perturbation and the adiabatic condition. This implies that the real cooling effect should be justified by the small values of $\Omega$, for which the adiabatic condition is not fully satisfied. To this end, we have numerically calculated the cooling rate $W$ with respect to $\Omega$ at the work point of the Stark-shift gate. We may find from Fig. 5 that the discrepancy between the analytical and numerical results appears within the regime $\Omega / 2\pi < 3 MHz$ where the adiabatic condition is no longer valid. If we check this regime more carefully, we find that the discrepancy is bigger for the lower frequency of the cantilever, which is due to the fact that the lower
frequency cantilever owning a larger \( \lambda \) (\( \lambda \) is a function inversely proportional to \( \omega_k \)) makes the rotating wave approximation less valid in obtaining the work point of the Stark-shift gate.

The physical reason for the cooling rates plotted in Fig. 5 can be understood by the decay and the pumping in the cooling process. Since the transition between the bright and dark states is dipolar forbidden, we excite the system from the bright state \( b \) to the excited state \( A_2 \), and then it decays down to the dark state \( d \). With a stronger pump light, the effective decay from the bright state to the dark state would be bigger, which yields a larger cooling rate. However, a much stronger light would shift the bright state and thereby weaken the red-sideband transition. As a result, with increasing \( \Omega \), the cooling rate increases at first, and then decreases, as examined by numerics in Fig. 5. However, the analytical solutions in equation (10) could not exactly describe the above cooling process if \( \Omega /2\pi < 3 \text{ MHz} \).

Both the analytical and numerical results imply that our cooling scheme is more powerful than previously proposed ones\(^{25,29} \), particularly in the case of the lower vibrational frequency (\( \omega_k /2\pi < 1 \text{ MHz} \)) and the weaker laser field (\( \Omega /2\pi < 3 \text{ MHz} \)). Considering the numerical results in Figs 5 and 6, we observe
that the maximal cooling rate \( W_{\text{max}} \) in our case can be more than 0.5\( \lambda \) once \( \omega / 2\pi \geq 2 \text{ MHz} \), implying a much better cooling than in the resolved sideband regime in the laboratory representation \( ^{3} \). Moreover, compared with \( ^{29} \), our scheme reaches the maximal cooling rate \( W_{\text{max}} > 0.5\lambda \) by a weaker cooling laser, e.g., approximately \( \Omega / 2\pi = 2 \text{ MHz} \), for the lower frequency vibrational mode, e.g., \( \omega / 2\pi = 2 \text{ MHz} \). In contrast, reaching such a cooling rate \( W \) in \( ^{29} \) requires \( \omega / 2\pi = 10 \text{ MHz} \) and \( \Omega / 2\pi = 80 \text{ MHz} \), where the Rabi frequency \( \Omega \) is linearly proportional to the vibrational frequency \( \omega \). So our scheme can release the demanding experimental requirement of strong laser beams compared with the previous scheme. In addition, the figures also present that cooling the cantilever with \( \omega / 2\pi < 1 \text{ MHz} \) is less efficient compared with \( \omega / 2\pi = 2 \) or 3\( \text{ MHz} \), but still working. For example, from Figs 5 and 6, we know that our scheme can cool the cantilever down to \( \langle n \rangle_s \approx 0.2 \) with the cooling rate \( W_{\text{max}} \approx 0.1816\lambda \) in the case of \( \omega / 2\pi = 0.5 \text{ MHz} \) and \( \Omega / 2\pi = 2 \text{ MHz} \). In contrast, the schemes in \( ^{29,33} \) can work only in the case of \( \omega / 2\pi \geq 1 \text{ MHz} \) and a larger Rabi frequency (e.g., \( \Omega / 2\pi = 5 \text{ MHz} ^{29} \)).

**Discussion**

In terms of the experimental parameters reported \( ^{34,45,46} \), we may choose following parameter values for our scheme. The NR with a frequency \( \omega_k \approx 2\pi \times 2 \text{ MHz} \) takes a decay rate \( \gamma = 100 \text{ Hz} \). The laser with wavelength \( \lambda_{\text{laser}} \equiv 2\pi c / \omega_{\lambda_1} \approx 637 \text{ nm} \) and power \( P < 100 \text{ \mu W} \) can induce the Rabi frequency \( \Omega = 2\pi \times 2 \text{ MHz} \). Then, under the action of the external MFG \( (\sim 10^7 \text{T/m} ^{34,46} ) \), the NR can be cooled down to its ground state with a mean phonon number \( \langle n \rangle_s < 0.1 \) and a NV-cantilever coupling \( \lambda \approx 2\pi \times 0.115 \text{ MHz} \) at the temperature \( T = 20 \text{ mK} \).

To check how well our scheme works in a realistic system, we consider below the variation of the cooling effect with respect to the deviation from the work point \( \Omega = \omega_k \) of the Stark-shift gate. Figure 7 presents that the average phonon number \( \langle n \rangle_s \) changes slightly with \( \omega_k \), but this change becomes less evident for a larger \( \omega_k \). Since the work point only maximizes \( A_- \), the fact that \( \langle n \rangle_s \) is determined by both \( A_- \) and \( A_+ \) leads to the onset of the minimal average phonon number deviated from the work point. For a given decay rate \( \Gamma_k \), the larger \( \omega_k \) is more beneficial for cooling at the work point, and less sensitive to the deviation from the work point. In summary, our proposed cooling is robust against the experimental imperfection.

We should also assess the influence from the nuclear spin bath in the NV center, which might seriously affect the final average phonon number \( \langle n \rangle_s \) and the cooling time \( t \). To this end, we have considered some concrete values of the parameters, such as \( \langle n \rangle_{\text{initial}} = 5, \omega/2\pi = 2 \text{ MHz}, \lambda/2\pi = 0.115 \text{ MHz}, \Gamma/2\pi = 15 \text{ MHz}, T = 20 \text{ mK}, \Omega/2\pi = 2 \text{ MHz}, \Omega = \omega_k, \Delta = 0 \) and \( \Gamma_j/2\pi = 10 \text{ Hz} \). Provided the nuclear spin bath taking the random energy \( \delta_{\text{e}}/2\pi \leq 0.1 \text{ MHz} (0.5 \text{ MHz} ) \), the final average phonon number increases from \( \langle n \rangle_s = 0.0399 \) to 0.0436 (0.1729) and the corresponding cooling takes time from \( t = 39.7 \mu s \) to 42.2 \( \mu s \) (97.5 \( \mu s \)). Therefore, suppressing the influence from the nuclear spin bath is very important in order to achieve our cooling scheme. Possible approaches include the dynamic nuclear polarization.
technology\textsuperscript{47} and the isotopic purification of NV center\textsuperscript{48}, which have been widely adopted in the field of spintronics.

In summary, we have studied an efficient cooling of the cantilever vibration by a dynamic Stark-shift gate, in which the carrier transition and the blue-sideband transition can be effectively suppressed when the operation is made around the work point of the Stark-shift gate. We have shown the possibility to cool the low-frequency cantilever down to the vicinity of the ground state using weak cooling lasers. Most of the parameter values are taken from experimental reports. Particularly, our scheme is less stringent experimentally compared to previous schemes, such as with weak laser radiation (i.e., smaller laser power), working for lower-frequency cantilevers (i.e., usually employed cantilevers) and with a feasible MFG \( \sim 10^7 \) T/m\textsuperscript{3}\textsuperscript{3,46} (without special requirement for the magnetic field strength). As such our scheme is experimentally relevant and feasible.

Compared to the previous proposal for the trapped ion\textsuperscript{32}, our scheme has major differences at following two points. The essential difference is the much larger mass of the cantilever compared to the trapped ion. As a result, in our case the coupling of the motional degrees of freedom of the cantilever to the spin degrees of freedom of the NV center is provided by a strong magnetic field gradient. In contrast, a laser radiation simply achieves this coupling\textsuperscript{32}. The second difference lies in different technical requirements. For example, the effective coupling strength \( \Omega_L \) is achieved by using a Raman transition in our case. In a word, the dynamical Stark-shift in our case is from the classical-field-assisted MFG, rather than the laser field as in\textsuperscript{32}.

Finally, we have to mention that the analytical results we obtained, although not always accurate, have presented a clear relationship of the final average phonon number with the vibrational decay rate and the bath temperature. Moreover, we have also analyzed the limitation of the maximal cooling rate. We argue that our scheme is experimentally timely and would be useful for achieving an efficient cooling of the cantilever vibration using currently available techniques.

**Methods**

**Two-photon Raman process.** The ground state sublevels \(|0\rangle\) and \(|1\rangle\) cannot be coupled directly unless the external magnetic field applied is not exactly in parallel with the NV crystal axis. Unfortunately, our model requires the external magnetic field to be applied exactly along the axis of the NV crystal. To solve this problem, we consider an effective coupling between \(|0\rangle\) and \(|1\rangle\) created by a two-photon Raman process, where two additional lasers with large detunings from the \( |A_2\rangle \) are employed to couple, respectively, \(|0\rangle\) (\(|1\rangle\)) to the exited state \( |A_2\rangle \) with frequency \( \omega_0' (\omega_1') \) and Rabi frequency \( \Omega_0' (\Omega_1') \). Under the large detuning \( \Delta' (|\Delta'| > |\Delta|, |\Delta'|) \) where \( \Delta' = \omega_1' - \omega_0' = \omega_0 - \omega_0' \), the additional lasers can induce an effective coupling between \(|0\rangle\) and \(|1\rangle\) with the coupling intensity \( \Omega_{eff} = -\Omega_0'^2/\Delta' \). Therefore, the two-photon Raman process can realize the effect of an effective classical field with \( \Omega_L = \Omega_{eff} \) (See Supplementary Information for details).

**The cooling and heating rates.** In what follows, we derive the cooling and heating rates by the non-equilibrium fluctuation-dissipation relation. Using \( X = x_0(a^\dagger + a) \), we rewrite the interaction
Hamiltonian in equation (3) as \( V = \frac{\omega}{2} X \langle b \rangle \langle d \rangle + \langle d \rangle \langle b \rangle \). As a result, the Heisenberg operator \( F(t) \) is given by \( F(t) = -\frac{1}{\hbar} \frac{d}{dt} X \), where we have defined \( \sigma_{x,n}^m = |m\rangle\langle n| + |n\rangle\langle m| \) with \( m, n = A, b, d \). The steady state \( \rho_{ss} \) for the NV center can be solved as \( \rho_{ss} = |d\rangle\langle d| \) by the Bloch equations of \( H^{mol} \) (see Supplementary Information). When the NV center is in the dark state, the fluctuation spectrum is written as

\[
S(\omega) = \eta^2 \omega^2 \int_0^\infty dt e^{i\omega t} \langle \sigma_x^{bd}(t) \sigma_x^{bd}(0) \rangle_{ss}
\]

\[
= -\frac{\eta^2 \omega^2}{\gamma^2} \left[ \Gamma + i \left( \Omega_L - 2\omega - 2\Delta \right) \right]
\]

The corresponding heating (cooling) coefficient can be obtained by \( A_\pm = 2 \Re \{ S(\mp \omega) \} \).

The numerical simulation. To check the analytical results, we simulate the dynamical process by the master equation of the density matrix \( \rho \). The master equation for the density matrix \( \rho \) in the Lindblad form\(^{26,29} \) is given by

\[
\frac{d}{dt} \rho = -i [H^{mol}, \rho] + [K (\omega_k) + 1] \mathcal{D} (\Gamma_k, a) + \mathcal{D} (\Gamma_k, a^\dagger) + \mathcal{D} (\Gamma_d, |d\rangle \langle d|)
\]

where \( \mathcal{D} (\gamma, A) \rho = \frac{\gamma}{2} (A \rho A^\dagger - \rho A^\dagger A - A^\dagger A \rho) + \Gamma_k = \omega_k / q \) and \( K (\omega_k) = [e^{\hbar \omega_k / k_B T} - 1]^{-1} \) with the cantilever quality \( q \) and the environmental temperature \( T \).

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Author Contributions

L.L.Y. contributed to numerical and prepared the first version of the manuscript, J.Q.Z. and S.Z. designed this work, J.Q.Z. and M.F. gave physical analysis. L.L.Y., J.Q.Z. and M.F. wrote the manuscript.

Additional Information

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