Nitrogen supply enhances the physiological resistance of Chinese fir plantlets under polyethylene glycol (PEG)-induced drought stress

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Water and nitrogen stresses are major constraints for agricultural and forest productivity. Although the effects of water scarcity or nitrogen stress on plant growth, physiology, and yield have been widely studied, few studies have assessed the combined effects of both stresses. In the present study, we investigated the effects of different nitrogen forms (NO$_3^-$-N, NH$_4^+$-N, and a combination of NO$_3^-$-N + NH$_4^+$-N) on antioxidant enzyme activity, osmotic regulatory substances, and nitrogen assimilation in Chinese fir (Cunninghamia lanceolata) plantlets under drought stress (induced by 10% polyethylene glycol). We found that different N ionic forms had different effects on drought-stressed plantlets. Nitrogen supply greatly increased the activities of superoxide dismutase (SOD), peroxidase (POD) and polyphenol oxidase (PPO) when plantlets were exposed to water stress. The malondialdehyde (MDA) contents significantly decreased under the NH$_4^+$-water stress treatment. The proline (Pr) contents significantly increased in both the NO$_3^-$-N and NH$_4^+$-water stress treatment. The nitrate reductase (NR) increased by 7.1% in the NO$_3^-$-water stress treatment, and the glutamine synthetase (GS), and the glutamate synthase (GOGAT) activity increased in all the nitrogen + water stress treatments. These results suggested that nitrogen supply could alleviate the adverse effects of drought stress on plants by enhancing antioxidant defense and improving nitrogen assimilation, while the effects on plant tolerance to drought stress varied with nitrogen ionic forms.

Drought is considered to be one of the most devastating threats to agriculture and forestry. As a result of economic development and climate change, many countries now face water scarcity and water pollution. Drought stress hampers plant growth and physiology, biochemical processes, and productivity. Plants respond to oxidative stress caused by water deficit by overproducing reactive oxygen species (ROS), which result in damage to biological molecules and cellular organelles. Plant tolerance to abiotic stress depends largely on their tolerance to oxidative stress, i.e., the strength of their antioxidant system (SOD, POD, PPO, CAT, etc.). For example, Zhang et al. reported that the antioxidant enzyme activity in the leaves of drought-hardened potato (Solanum tuberosum L. 'Atlantic') seedlings was markedly higher for 7 days compared to control seedlings, but then decreased over time (7–14 days). Besides the active oxygen scavenging system, another important mechanism to adapt to drought involves an increase in osmotic adjustment compounds, such as proline, soluble sugars, and abscisic acid content. Therefore, plants show a natural ability to reduce ROS accumulation and maintain the stability of the membrane system and thus alleviate the damage caused by drought stress.

Furthermore, nitrogen metabolism is crucial for drought tolerance, namely, ion uptake, nitrogen assimilation, amino acid, and protein synthesis. Nitrate (NO$_3^-$) assimilation involves the conversion of NO$_3^-$ into nitrite (NO$_2^-$) and then into ammonium (NH$_4^+$) through nitrate reductase (NR) in the cytosol and nitrite

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reductase (NiR) in the chloroplasts. A nitrate reductase is the first enzyme in nitrate assimilation and its activity levels have been shown to decrease in the leaves of many species under water stress. Ammonium derived from the primary nitrate reduction as well as other metabolic pathways, such as root uptake, photorespiration, and amino acid catabolism, is first converted to glutamine by glutamine synthetase (GS), and then to glutamate by glutamate synthase (GOGAT). The sequential reactions of GS and GOGAT constitute the principle pathway for assimilating ammonia (NH$_4^+$). The capacity for nitrogen metabolism, expressed by NR, GS, GOGAT etc., has been recognized as an indicator of drought tolerance in plants. However, the effects of nitrogen supply through different nitrogen forms on the N assimilation response under drought stress are not yet well understood.

Chinese fir [Cunninghamia lanceolata (Lamb.) Hook.] is one of the most important evergreen conifer species in southern China, with a planting area of over 11 million ha that occupy 15.8% of forest plantations in China and 6.5% globally. This species is distributed across 17 provinces and autonomous regions, with a large geographical range from 21°31' to 34°03' N, and from 101°30' to 121°53' E. Chinese fir has suffered the effects of drought caused by the spatial and seasonal inhomogeneity of precipitation occurring frequently due to global climate change, especially associated with the subtropical high pressure in the Pacific Ocean. Drought stress usually occurs in summer and autumn, when Chinese fir is in the fast-growing period; thus, the effects of drought on the growth and survival of Chinese fir species can be devastating. Lin reported that the survival rate, current annual increment of ground diameter, and current annual increment of tree height of 1-year-old Chinese fir plantations decreased by 11.5%, 54.3%, and 36.4%, respectively, under drought conditions compared to normal precipitation conditions in 2000–2002.

Nitrogen is the most limiting nutrient for tree growth and productivity; further, NH$_4^+$ and NO$_3^-$ are the main inorganic nitrogen forms that can be absorbed and utilized by plants. Currently, the declining timber yield and soil degradation of Chinese fir plantations are due to inappropriate silvicultural practices, such as monoculture, short rotations, clear cutting, etc. These practices have resulted in soil nutrient depletion; and nitrogen deficiency is an especially important factor that severely limits sustainable productivity of Chinese fir plantations. Until now, only a few studies have been conducted on the effects of either drought or nitrogen stress on Chinese fir antioxidant defense system or osmotic adjustment substances. For example, previous studies showed that free radicals or ROS, such as H$_2$O$_2$, O$_2^-$, and OH$,^-$, accumulated under drought stress, while CAT content increased and POD and SOD content decreased for Chinese fir species. Li et al. reported that exogenous Ca$_2^+$ and ascorbic acid could reduce MDA content and protect the plasma membrane system from damage by abiotic stress. They also found that exogenous Ca$_2^+$ and ascorbic acid could increase the content of osmotic-adjustment compounds like soluble sugars and soluble proteins for Chinese fir species. However, information on the response of nitrogen-metabolism regulation in Chinese fir under drought conditions is scarce. Nitrogen addition affects plant physiological features by reducing MDA, increasing foliar free proline, and influencing antioxidant enzymes. Ma et al. found that, as nitrogen stress increased, the NR activity and the light saturation point decreased among different Chinese fir clones. Although many studies have assessed the physiological features of Chinese fir to either drought or nitrogen stress, the effects of addition of different nitrogen forms on the response of physiological characteristics to drought stress have not been thoroughly investigated. Furthermore, the responses to drought stress through altered nitrogen metabolism (nitrate and ammonia assimilation) have been scarcely reported. Thus, the physiological mechanisms of coniferous tree species in response to the combined effects of drought stress and nitrogen supply have not yet been clarified.

In view of this, we hypothesized that nitrogen supply would (1) increase antioxidant enzyme activity and the content of osmotic-adjustment-substances, and (2) activate nitrogen assimilation enzymes to enhance drought tolerance. To verify these hypotheses, we measured the MDA content and activities of the plant antioxidant enzyme system (SOD, POD, PPO), osmotic adjustment substances (proline, soluble sugars), and nitrogen assimilation activity (NR, GS, GOGAT) in Chinese fir needles under the supply of various nitrogen forms, (three types: NO$_3^-$, NH$_4^+$, and a combination of both) and polyethylene glycol (PEG)-induced drought stress. The results of this study can provide scientific basis for drought tolerance evaluation and improvement of nutrient utilization efficiency (NUE) for Chinese fir species.

**Results**

**Effects of nitrogen forms and drought stress on antioxidant enzyme activity and lipid peroxidation.** Under non-limiting water conditions, the SOD activity was significantly higher in Chinese fir plantlets under different nitrogen treatment, while the SOD activity was significantly lower by 20.0% under drought stress than in the control. However, the SOD activity was significantly higher by 56.5%, 68.7% and 64.8% in NP, AP and ANP, respectively (Fig. 1a) than under the water stress conditions. Under common water conditions, the POD activity decreased by 4.6%, 12.4%, and 30.3% in the NO$_3^-$, NH$_4^+$, and NO$_3^-$+NH$_4^+$ combination conditions, respectively. The POD activity was also considerably lower under drought stress than in the control. However, the POD activity was slightly higher than that of the control treatment, by an average of 12.8%, under nitrogen treatment (Fig. 1b). The PPO activity increased by 17.1% in the NO$_3^-$ treatment, and decreased by 12.2% and 38.2% in the NO$_3^-$+NH$_4^+$ and the NO$_3^-$+NH$_4^+$ combination treatments, respectively. The PPO activity was also significantly lower, by 25.9%, under drought stress, while PPO activity significantly higher by 48.0%, 41.5% and 28.3%, respectively, under the NP, AP and ANP treatments (Fig. 1c).

Under non-limiting water conditions, MDA content was all higher in the NO$_3^-$ and NO$_3^-$+NH$_4^+$ combination treatment than in the control. Water stress led to a 22.4% higher MDA content in Chinese leaf under drought stress (Figs. 1d) and 36.6% and 32.9% higher content in AP and ANP treatments than in the control, while a noteworthy significant decrement was recorded at 44.0% under the AP treatment than under drought stress. Thus, different nitrogen applications increased the activities of SOD, POD, and PPO to different degrees, and decreased MDA content under NO$_3^-$+NH$_4^+$+ water stress with respect to that under drought stress.
Effects of nitrogen forms and drought stress on osmotic adjustment substances. Under normal water conditions, the leaf proline contents and the sugar contents were all higher following nitrogen applications than for non-nitrogen treatments (Fig. 2). Specifically, the leaf proline contents under the NO$_3^-$N, NH$_4^+$-N, and combination treatments increased by 39.4%, 43.8% and 70.6%, respectively (Fig. 2a). The leaf sugar contents were significantly higher by 57.3% and 75.4% respectively under the NO$_3^-$N and combination treatments than under CK (Fig. 2b). Similarly, the leaf proline contents and the sugar contents of drought-stressed seedlings were considerably higher, by 47.8% and 69.0%, respectively, than in non-stressed control plants. However, the proline contents were higher by 17.0%, 22.6%, and 26.5% in NP, AP, and ANP treatments, respectively, than that in drought-stressed seedlings, while the sugar contents were significantly lower by 17.9%, 25.8%, and 28.6%, respectively.

Effects of nitrogen forms and drought stress on nitrogen reduction and assimilation. Under normal water conditions, the NR activity was significantly higher in the NO$_3^-$N treatment and lower in NH$_4^+$-N treatment. Compared to that under CK, the NR activity was lower by 10.1% under water stress. However, NO$_3^-$N treatment led to a 7.1% higher NR activity under NP treatment than under water stress (Fig. 3a). The same trend was observed for the GS activity, which was significantly higher by 57.3% and 75.4% respectively under the NO$_3^-$N and combination treatments than under CK (Fig. 2b). Similarly, the leaf proline contents and the sugar contents of drought-stressed seedlings were considerably higher, by 47.8% and 69.0%, respectively, than in non-stressed control plants. However, the proline contents were higher by 17.0%, 22.6%, and 26.5% in NP, AP, and ANP treatments, respectively, than that in drought-stressed seedlings, while the sugar contents were significantly lower by 17.9%, 25.8%, and 28.6%, respectively.

Under normal water conditions, the NR activity was significantly higher in the NO$_3^-$N treatment and lower in NH$_4^+$-N treatment. Compared to that under CK, the NR activity was lower by 10.1% under water stress. However, NO$_3^-$N treatment led to a 7.1% higher NR activity under NP treatment than under water stress (Fig. 3a). The same trend was observed for the GS activity, which was significantly higher by 57.3% and 75.4% respectively under the NO$_3^-$N and combination treatments than under CK (Fig. 2b). Similarly, the leaf proline contents and the sugar contents of drought-stressed seedlings were considerably higher, by 47.8% and 69.0%, respectively, than in non-stressed control plants. However, the proline contents were higher by 17.0%, 22.6%, and 26.5% in NP, AP, and ANP treatments, respectively, than that in drought-stressed seedlings, while the sugar contents were significantly lower by 17.9%, 25.8%, and 28.6%, respectively.

**Figure 1.** Effects of different nitrogen ion forms and water stress on SOD (a), POD (b), PPO (c) and MDA (d). Treatments: CK, seedlings treated normal water and basic nutrient without nitrogen; N, seedlings treated with NO$_3^-$N only; A, seedlings treated with NO$_4^+$-N only; AN, seedlings treated with NO$_3^-$N and NO$_4^+$-N in combination; P, seedlings with 10% PEG; NP, seedlings with NO$_3^-$N + 10% PEG; AP, seedlings with NO$_4^+$-N + 10% PEG; ANP, seedlings treated with NO$_3^-$N and NO$_4^+$-N in combination + 10% PEG. Mean (± SD) was calculated for three replicates for each treatment. Vertical bars with different lowercase letters are significant at $P < 0.05$, determined by LSD test.
et al water potential gradient that drives water flow vertically (upwards) and horizontally. However, Villar-Salvador et al. observed that water stress, osmotic adjustment increased with increasing N supply level in *A. palustris*, thereby maintaining the amount of NO\textsubscript{3}~\textsuperscript{-}~N only; A, seedlings treated with NO\textsubscript{3}~\textsuperscript{-}~N only; AN, seedlings treated with NO\textsubscript{3}~\textsuperscript{-}~N and NO\textsubscript{4}~\textsuperscript{-}~N in combination; P, seedlings with 10% PEG; NP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N + 10% PEG; AP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N + 10% PEG; ANP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N and NO\textsubscript{4}~\textsuperscript{-}~N in combination +10% PEG. Mean (±SD) was calculated for three replicates for each treatment. Vertical bars with different lowercase letters are significant at P < 0.05, determined by LSD test.

Discussion
We confirmed our first hypothesis that nitrogen supply would enhance antioxidant enzyme activity and osmotic adjustment by inducing proline accumulation to alleviate the physiological damage caused by drought stress (Figs. 1a–c and 2a). However, the effects of nitrogen varied with the nitrogen ionic form supplied. Under drought stress, plants face the risk of ROS toxicity, which may result in lipid peroxidation and oxidative damage to DNA\textsuperscript{26}. Recently, it was proposed that plants have an effective ROS scavenging and signaling system, as suggested by a correlation between drought tolerance and antioxidant enzyme activities\textsuperscript{27}. We found that different nitrogen ionic forms had different effects on antioxidant enzyme activities. Needle SOD activity and PPO activity significantly improved under nitrogen + drought stress treatment, but the extent of the increase varied with the nitrogen ionic form supplied (Fig. 1a,c). Needle POD activity also showed higher values by supplying nitrogen under drought stress (Fig. 1b). While MDA content of Chinese fir needles decreased significantly by 44.0% under NH\textsubscript{4}~\textsuperscript{+}~N + drought stress (Fig. 1d). These findings indicate that nitrogen supply reduced oxidative damage to Chinese fir plantlets under drought stress; which are consistent with those of previous studies. For example, Gou et al.\textsuperscript{28} reported that foliar-applied urea could enhance SOD and POD activities and decrease MDA content of *Maize* (*Zea mays* L.) under drought conditions. Saneoka et al.\textsuperscript{29} demonstrated that high nitrogen fertilizer rates (100 and 200 kg/ha) prevented cell membrane damage and enhanced osmotic regulation in *Agrostis palustris* Huds. under water stress. Nutrients play important role in decreasing the adverse effects of drought in plants, through maintaining enzyme activity, charge balance and providing osmoticum. Wu et al.\textsuperscript{30} found the antioxidant activities such as SOD and catalase (CAT) were significantly enhanced, but MDA content was remarkably reduced by supplying zinc nutrient for cotton (*Gossypium Hirsutum*) under drought stress, which is consistent with our results.

Besides this oxygen scavenging system, the amount of osmotic adjustment compounds, such as proline, soluble sugars, and starch, may increase to improve plant tolerance to drought stress\textsuperscript{31}. Some studies have reported that proline and soluble sugar, synthesized during photosynthesis, play an important role in osmoregulation, and that they increase in response to water deficits\textsuperscript{32}. Furthermore, low molecular substances, such as soluble sugars, were superior to macromolecular starch in osmoregulation in response to drought stress\textsuperscript{33}. In this study, proline content significantly increased in the NO\textsubscript{3}~\textsuperscript{-}~N and NH\textsubscript{4}~\textsuperscript{+}~N + combination treatment under drought stress, while sugar content decreased in nitrogen + drought stress treatment, compared to the water stress treatments (Fig. 2a,b). Several studies have reported similar results on the effects of N supply on osmotic adjustment in response to water stress. For example, Premachandra et al.\textsuperscript{34} reported that solute concentrations (e.g., sugars and K\textsuperscript{+}) greatly influenced the osmotic potential at a higher nitrogen application rate (ammonium sulfate, 300 kg ha\textsuperscript{-1}) in soybean (*Glycine max* L.). Similarly, Saneoka et al.\textsuperscript{29} found that although osmotic potential may decrease under water stress, osmotic adjustment increased with increasing N supply level in *A. palustris*, thereby maintaining the water potential gradient that drives water flow vertically (upwards) and horizontally. However, Villar-Salvador et al.\textsuperscript{35} observed that high N fertilization decreased plasmalemma stability and favored higher water potential, while drought hardening increased plasmalemma stability and increased tissue non-structural carbohydrates and N concentration. They concluded that drought-hardening and N fertilization exert different effects on the physiological stress tolerance of *Pinus* seedlings, with drought hardening increasing stress tolerance by inducing osmotic adjustment and triggering the scavenging system, and N nutrition reducing the extent of the damaging effects by directly and indirectly promoting a wide array of biochemical processes.

The NR is the first enzyme to assimilate NO\textsubscript{3}~\textsuperscript{-} to NH\textsubscript{4}~\textsuperscript{+}. After NH\textsubscript{4}~\textsuperscript{+} or NO\textsubscript{3}~\textsuperscript{-}, or both, are absorbed by roots, a large amount of NO\textsubscript{3}~\textsuperscript{-} is assimilated\textsuperscript{36}. Thus, most NO\textsubscript{3}~\textsuperscript{-} is converted into NH\textsubscript{4}~\textsuperscript{+} by NR, and NH\textsubscript{4}~\textsuperscript{+} is locally assimilated. This process is known as the nitrogen assimilation pathway. It involves the transport of NO\textsubscript{3}~\textsuperscript{-} into the cell, its reduction to NH\textsubscript{4}~\textsuperscript{+} by NR, and the subsequent assimilation of NH\textsubscript{4}~\textsuperscript{+} into organic compounds such as amino acids and proteins.

**Figure 2.** Effects of different nitrogen ion forms and water stress on Pro content (a) and soluble sugar content (b). Treatments: CK, seedlings treated normal water and basic nutrient without nitrogen; N, seedlings treated with NO\textsubscript{3}~\textsuperscript{-}~N only; A, seedlings treated with NO\textsubscript{3}~\textsuperscript{-}~N only; AN, seedlings treated with NO\textsubscript{3}~\textsuperscript{-}~N and NO\textsubscript{4}~\textsuperscript{-}~N in combination; P, seedlings with 10% PEG; NP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N + 10% PEG; AP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N + 10% PEG; AP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N + 10% PEG; ANP, seedlings with NO\textsubscript{3}~\textsuperscript{-}~N and NO\textsubscript{4}~\textsuperscript{-}~N in combination +10% PEG. Mean (±SD) was calculated for three replicates for each treatment. Vertical bars with different lowercase letters are significant at P < 0.05, determined by LSD test.
were applied: CK (normal water + GOGAT activity). NH4⁺ plantations. Different nitrogen ion forms had differing effects on the enhancement of POD, SOD, PPO, GS and GOGAT activity. NH4⁺ led to significantly lower MDA content while NO3⁻ led to slightly higher NR activity than that in water-stressed plantlets. Proline content significantly increased under the NO3⁻ treatment. In summary, the addition of nitrogen greatly decreased the negative effects of drought stress and enhanced the drought tolerance of Chinese fir seedlings, but the enhancement effects of nitrogen varied with ion form. The enhancement observed in the order NO3⁻ > NH4⁺ > NO4⁻ in combination; P, seedlings with 10% PEG; NP, seedlings with NO3⁻ + 10% PEG; AP, seedlings with NO3⁻ + NH4⁺ + 10% PEG; ANP, seedlings with NO3⁻ and NO4⁻ in combination + 10% PEG. Mean (±SD) was calculated for three replicates for each treatment. Vertical bars with different lowercase letters are significant at P < 0.05, determined by LSD test.

**Conclusion**

Generally, plants that are adapted to low pH tend to take up nitrogen in the form of ammonium (NO3⁻) or amino acids, whereas plants that are adapted to high pH and highly aerobic soils prefer nitrate (NO3⁻) uptake. Soil nitrogen deficiency and water stress are both important factors that restrict the sustainable development of Chinese fir plantations. Different nitrogen ion forms had differing effects on the enhancement of POD, SOD, PPO, GS and GOGAT activity. NH4⁺ led to significantly lower MDA content while NO3⁻ led to slightly higher NR activity than that in water-stressed plantlets. Proline content significantly increased under the NO3⁻ and NH4⁺-N combination treatment. In summary, the addition of nitrogen greatly decreased the negative effects of drought stress and enhanced the drought tolerance of Chinese fir seedlings, but the enhancement effects of nitrogen varied with ion forms.

**Materials and methods**

**Plant materials and applied treatments.** The original plant materials were obtained from the seeds of the third-generation seed-orchard of Chinese fir species in Youxi National Farm, Fujian province. The seeds of each available genotype were planted in pots and the seedlings growth were evaluated. One superior Chinese fir clone (No. 7–14, propagated asexually) was chosen as the study material. Besides its growth rate, the No. 7–14 family has strong drought resistance and nitrogen absorption ability. The average seedling height was 38.5 cm. Plantlets were grown using a water cultivation method under controlled conditions (16:8 h light: dark regime, 120 μmol m⁻² s⁻¹ photon flux; at 25°C and 60% RH) in a growth chamber (LT-ACC400, China).

The basic nutrient solution was controlled using a modified Hoagland nutrient solution that contained K2SO4 (0.41 g L⁻¹), MgSO4·7H2O (0.49 g L⁻¹), KH2PO4 (0.136 g L⁻¹); H2BO3 (0.286 g L⁻¹), H3BO3 (0.0623 g L⁻¹), MnCl2·4H2O (0.181 g L⁻¹), CuSO4·SH2O (0.008 g L⁻¹), ZnSO4·7H2O (0.022 g L⁻¹); ferric salts, FeSO4·7H2O (0.278 g L⁻¹), and EDTA-Na2 (0.373 g L⁻¹). Three nitrogen sources were used to provide 4.571 mM: NO3⁻-N from Ca(NO3)2 at 0.3748 g L⁻¹, NH4⁺-N from (NH4)2SO4 at 0.3016 g L⁻¹, and the combination treatment using NO3⁻ and NH4⁺-N from Ca(NO3)2 at 0.1874 g L⁻¹ and (NH4)2SO4 at 0.1508 g L⁻¹. We then added nitrification inhibitor (0.01 mM Dicyandiamide, DCI) to each of these nutrient solutions. In total, eight treatments were applied: CK (normal water + basic nutrient solution without nitrogen), N (NO3⁻ only), A (NH4⁺-N only), AN (NO3⁻ + NH4⁺-N), P (10% PEG), NP (NO3⁻ + 10% PEG), AP (NH4⁺-N + 10% PEG), and ANP.
(NO₃⁻ N + NH₄⁺-N + 10% PEG). After acclimation, plantlets were divided into eight treatment groups; each with three replicates.

**Antioxidant enzyme activity and lipid peroxidation determination.** Enzyme liquid extraction: Fresh one-year needles (~0.2 g) were homogenized in liquid nitrogen in centrifuge tubes (5 mL) for 15 min, and then phosphate buffer (4 mL, pH = 7) was added. The homogenates were centrifuged at 10,000 g for 20 min at 4°C. The supernatants were used to determine the antioxidant enzyme activity as described below.

Superoxide dismutase activity (SOD; EC 1.15.1.1): SOD was determined by the inhibition of the photochemical reduction of nitroblue tetrazolium (NBT) according to Costa et al. The reaction mixture contained 0.1 mL of enzyme extract in 50 mM potassium phosphate buffer, (pH = 7.8), 0.1 mM EDTA, 50 mM methionine, 75 μM NBT, and 20 μM riboflavin. The reaction mixtures were placed under a high intensity lamp (4000 lx) for 15 min. They were then placed in the dark to stop the reaction, and the absorbance at 560 nm was recorded (Puxi Instrument, Beijing, China). One unit of SOD was defined as the amount of enzymes required to produce 50% inhibition of NBT reduction.

Peroxidase activity (POD; EC 1.11.1.7): the POD activity was determined according to Ekmekca and Terzioglu. The reaction mixture contained 2.9 mL of 50 mM potassium phosphate buffer (pH = 6.0), 1 mL of 50 mM guaiacol, 1 mL of 50 mM H₂O₂, and 0.1 mL of enzyme extract. Absorbance at 470 nm was recorded.

Polyphenol oxidase activity (PPO; EC 1.14.18.1): the PPO activity was determined at 420 nm in a spectrophotometer. The reaction mixture contained 1.5 mL of 0.02 M NaSO₄ solution, 5 mM substrate, and 1.5 mL of enzyme extract. After the reaction was completed, absorbance at 420 nm was recorded every 1 min. In total, five absorbance readings were recorded. One unit of enzyme activity was defined as the amount of enzymes required to cause a rate of change of 0.001 absorption units per min at 420 nm.

Lipid peroxidation determination: Lipid peroxidation was estimated by measurement of malondialdehyde (MDA, a product of lipid peroxidation) using thiobarbituric acid (TBA) according to Hasanuzzaman et al. The reaction mixture contained 0.1 mL of enzyme extract in 50 mM potassium phosphate buffer, (pH = 7.8), 0.1 mM EDTA, 50 mM methionine, 75 μM NBT, and 20 μM riboflavin. The reaction mixtures were placed under a high intensity lamp (4000 lx) for 15 min. One unit of enzyme activity was defined as the amount of enzymes required to produce 50% inhibition of NBT reduction.

**Osmotic adjustment substances.** Enzyme liquid extraction: Chinese fir needle samples (0.1 g) were ground in liquid nitrogen and dissolved in 0.9 mL phosphate buffer (pH = 7.2). The mixtures were centrifuged for 10 min at 10,000 g, and the supernatants used for determination of osmotic-adjustment substances.

Proline content: Proline was measured according to Bates et al. Briefly, the supernatant was mixed with acid ninhydrin with glacial acetic acid and phosphoric acid. This mixture was incubated in a boiling-water bath for 1 h. Cooling toluene was then added. After chromatophore containing toluene was produced, absorbance was read at 520 nm.

Soluble sugars: Soluble sugars were determined by the anthrone method. Reaction mixtures contained 1 mL extract, 1 mL distilled water, 0.5 mL mixed reagent (1 g anthrone + 50 mL ethyl acetate), and 5 mL H₂SO₄ (98%). The mixtures were heated in a boiling-water bath for 1 min. After cooling, absorbance was recorded at 630 nm.

**Nitrogen metabolism.** Nitrate reductase activity (EC 1.6.6.1): the NR activity was determined according to Silveira et al. Samples (0.2 g) of 7 mm length were placed in vials of ice – cold incubation medium, consisting of 100 mM K-phosphate buffer (pH 7.5), 50 mM KNO₃, and 1% (v/v) isopropanol. Tissues were vacuum-infiltrated with 200 mL 300 mM L-glutamine, 0.2 mL 3 m M KCl, 0.4 mL 20 mM L-glutamine, 0.05 mL 0.1 M 2-oxoglutarate, 0.1 mL 10 mM KCl, 0.2 mL 3 mM NADH, and 0.5 mL of enzyme extract. Absorbance was read at 340 nm.

**Statistical analysis.** One-way analysis of variance (ANOVA) was performed to determine significant treatment effects, followed by the least significant difference test (LSD) for separate the means. The data are means ± SE. Differences at P ≤ 0.05 were regarded as significant. The software SPSS Statistical Package (SPSS 12.0, SPSS Ins., IL, USA) was used to perform the statistical analysis.

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**Author contributions**

S.Z. Lin and S.B. Li designed and supervised the study process. M. Sun and S.P. Wu carried out the experiment. G.C. Ding analysed the data and prepared the figures. L.L. Zhou and S.D.A.D wrote and edited the manuscript. All authors commented on the draft and approved the final submission of the manuscript.

**Competing interests**

The authors declare no competing interests.

**Additional information**

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