Comparision of modified and conventional delta-shaped gastroduodenostomy in totally laparoscopic surgery

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RESULTS: DSG procedures were successfully completed in all of the patients with histologically complete (R0) resections, and none of these patients required conversion to open surgery. The clinicopathological characteristics of the two groups were similar. There were no significant differences between the groups in the operative time, intraoperative blood loss, extension of the lymph node (LN) dissection and number of dissected LNs (150.8 ± 21.6 min vs 143.4 ± 23.4 min, P = 0.225 for the operative time; 26.8 ± 11.3 min vs 30.6 ± 14.8 mL, P = 0.157 for the intraoperative blood loss; 4/18 vs 3/38, P = 0.375 for the extension of the LN dissection; and 43.9 ± 13.4 vs 39.5 ± 11.5 per case, P = 0.151 for the number of dissected LNs). The anastomosis time, however, was significantly shorter in the Mod-Group than in the Con-Group (13.9 ± 2.8 min vs 23.9 ± 5.6 min, P = 0.000). The postoperative outcomes, including the times to out-of-bed activities, first flatus, resumption of soft diet and postoperative hospital stay, as well as the anastomosis size, did not differ significantly (1.9 ± 0.6 d vs 2.3 ± 1.5 d, P = 0.228 for the time to out-of-bed activities; 3.2 ± 0.9 d vs 3.5 ± 1.3 d, P = 0.295 for the first flatus time; 7.5 ± 0.8 d vs 8.1 ± 4.3 d, P = 0.489 for the resumption of a soft diet time; 14.3 ± 10.6 d vs 11.5 ± 4.9 d, P = 0.148 for the postoperative hospital stay; and 30.5 ± 3.6 mm vs 30.1 ± 4.0 mm, P = 0.730 for the anastomosis size). One patient with minor anastomotic leakage in the Con-Group was managed conservatively; no other patients experienced any complications around the anastomosis. The operative complication rates were similar in the Con- and Mod-Groups (9.1% vs 7.3%, P = 1.000).

CONCLUSION: The modified DSG, an alternative reconstruction in TLDG for GC, is technically safe and feasible, with a simpler process that reduces the anastomosis time.

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Key words: Stomach neoplasms; Totally laparoscopic gastrectomy
surgery; Digestive tract reconstruction; Modified anastomosis; Treatment outcome

Core tip: A modified delta-shaped gastroduodenostomy (DSG) technique was introduced to reduce surgical trauma in patients undergoing totally laparoscopic distal gastrectomy (TLDG) for gastric cancer (GC). The clinicopathological characteristics, surgical outcomes, anastomosis times and complications of the patients undergoing conventional and modified DSG (Con-Group, n = 22 vs Mod-Group, n = 41) were retrospectively compared using a prospectively maintained comprehensive database to evaluate the safety and feasibility of the procedure. The results of the study confirmed that the modified DSG was technically safe and feasible, with a simpler process that reduced the anastomosis time. The modified DSG may be an alternative reconstruction in TLDG for GC.

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INTRODUCTION

During the past 20 years, laparoscopic surgery has become more widely accepted as a surgical treatment for gastric cancer (GC) because of its minimally invasive approach and its similar short-term results and long-term survival outcomes in comparison to open gastrectomy. Although reconstruction of the digestive tract is important during laparoscopic surgery for GC, it is technically difficult, with the Billroth-I (B-I) anastomosis after totally laparoscopic distal gastrectomy (TLDG) considered to be especially complex. A method for intracorporeal B-I anastomosis, called delta-shaped gastroduodenostomy (DSG) and using only endoscopic linear staplers, was first reported in 2002. This method has been accepted and performed in some Asian countries, such as Japan and South Korea, due to its simplicity and satisfactory results, and it has been performed at our institution since November 2012. During the implementation process, we simplified the operation procedure and proposed a modified DSG. Here, we introduce this modified DSG and evaluate its safety, feasibility and clinical results in patients undergoing TLDG for GC.

MATERIALS AND METHODS

Patients

Between January 2013 and June 2013, 63 patients with primary distal GC underwent a DSG (B-I anastomosis) combined with a TLDG with a D1+/D2 lymphadenectomy in the Department of Gastric Surgery, Fujian Medical University Union Hospital. Twenty-two patients underwent conventional DSG (Con-Group), whereas the other 41 patients underwent a modified version of the DSG (Mod-Group). Distal GC was preoperatively confirmed by the analysis of endoscopic biopsy specimens. The pretreatment tumor site, depth of invasion, extent of lymph node (LN) metastasis and metastatic disease were evaluated by endoscopy, computed tomography (CT), ultrasonography of the abdomen and/or chest radiography. Patients with distant metastasis were excluded. A retrospective analysis was performed, using a prospectively maintained comprehensive database, to evaluate the safety and feasibility of the technique. The surgical procedure, including its advantages and risks, was explained to all patients before the surgery. The study protocol was approved by the ethics committee of Fujian Medical Union hospital. Written consent was obtained from the patients for their information to be stored in the hospital database and used for research.

Surgical procedures

All of the patients voluntarily elected laparoscopic surgery and provided written informed consent prior to the surgery. The LN dissections were based on the guidelines of the Japanese Classification of Gastric Carcinoma (JCGC). The gastroduodenostomies were reconstructed using an endoscopic linear stapler (Tri-Staple™ Technology, Covidien, United States). Under general anesthesia, the patient was placed in the reverse Trendelenburg position with the legs apart and the head elevated approximately 10 to 20 degrees. A 10-mm trocar for the laparoscope was inserted 1 cm below the umbilicus; a 12-mm trocar was inserted into the left preaxillary line 2 cm below the costal margin as a major hand port; a 5-mm trocar was inserted into the left midclavicular line 2 cm above the umbilicus as an accessory port; a second

Figure 1 Trocar placements for totally laparoscopic distal gastrectomy.
5-mm trocar was placed at the contralateral site; and a third 5-mm trocar was inserted into the right preaxillary line 2 cm below the costal margin for exposure. The surgeon stood on the patient’s left side, and the assistant stood on the patient’s right side. The camera assistant was placed between the patient’s legs (Figure 1). The mobilization of the stomach and LN dissection were performed as described \[11,12\].

Conventional DSG

Conventional DSG has been described in detail previously \[5\]. In our institution, we used the 60-mm endoscopic linear stapler rather than the 45-mm endoscopic linear stapler, which differed from Kanaya \textit{et al}\[5\]. After the stomach and duodenum were transected in the predetermined positions using three endoscopic linear staplers, the specimen was placed into a plastic specimen bag intracorporeally. Small incisions were made on the greater curvature of the remnant stomach and the posterior side of the duodenum. A 60-mm endoscopic linear stapler was inserted through the major hand port, with one limb in each incision. Following the approximation of the posterior walls of the gastric remnant and duodenum, the forks of the stapler were closed and fired, creating a V-shaped anastomosis on the posterior wall. Three sutures were added to each end of the common stab incision and to the cutting edges of the stomach and duodenum to obtain a better involution and pull. Finally, the common stab incision was closed with the stapler, resulting in the reconstruction of the intracorporeal digestive tract (Figure 2). A total of five staplers were used.

Modified DSG

All procedures prior to the V-shaped anastomosis were the same as described above. After checking the V-shaped anastomosis \textit{via} the common stab incision, the lower end of the common stab incision was pulled by the surgeon’s left forceps, and the other end was pulled by the assistant’s left forceps. At the same time, the surgeon, using his right hand, inserted the endoscopic linear stapler to close around the common stab incision and provide an involution. The other end of the duodenal cutting edge was pulled up into the stapler by the assistant’s right forceps. Therefore, the intersection of the duodenal cutting edge and the common closed edge was resected at the same time to lessen the anastomotic weak point when the common stab incision was closed with the stapler. The cutting line of closing the common stab incision should be maintained perpendicular to the cutting edge of the remnant stomach, and as little tissue should be removed as possible on the premise of completely resecting the duodenal cutting edge. The anastomosis appeared as an inverted T-shape (Figure 3). A total of five staplers were used.

Evaluation parameters

The patients’ clinicopathological characteristics (including age, gender, body mass index (BMI), tumor site, tumor size, proximal and distal margins and pathological tumor-node-metastasis (TNM) stage), intraoperative outcomes (including operative time, anastomosis time, intraoperative blood loss, extent of the LN dissection and the number of dissected LNs), postoperative outcomes (including the...
times to out-of-bed activities, first flatus, earlier resumption of liquid and soft diet, postoperative hospital stay and the anastomosis size) and postoperative complications were compared in the two groups. The clinical and pathological staging were performed in accordance with the American Joint Committee on Cancer (AJCC) seventh edition of Gastric Cancer TNM Staging.\(^1\)\(^3\). The anastomosis time was defined as the time from transecting the duodenum to closing the common stab incision. The anastomosis was checked for leakage on postoperative days 7-9 by performing upper gastrointestinal radiography using diatrizoate meglumine as the contrast medium. The anastomosis size was defined as the inner diameter of the anastomosis, measured on upper gastrointestinal radiography films in which the anastomotic site was fully filled with contrast medium (Figure 4). The anastomoses were evaluated at 3 mo by gastroscopy (Figure 5).

**Statistical analysis**

All statistical analyses were performed using the Statistical Package for the Social Sciences (SPSS), version 18.0 for Windows (SPSS Inc, Chicago, United States). The data are expressed as mean ± SD. The categorical variables were analyzed by the \(\chi^2\) test or Fisher’s exact test, while the continuous variables were analyzed by Student’s \(t\) test. \(P\) values < 0.05 were considered statistically significant.
RESULTS

Clinicopathological characteristics of the patients

The 63 patients included 42 males (66.7%) and 21 females (33.3%) with a mean age of 57.7 ± 11.7 years (range 33 to 81 years) and a mean BMI of 21.96 ± 2.95 kg/m² (range 16.2 to 29.3 kg/m²). All patients underwent histologically complete (R0) resections. The mean tumor size was 32.7 ± 18.7 mm (range 8.0 to 85.0 mm). The pathological TNM stages included ⅠA (n = 22), ⅠB (n = 14), ⅡA (n = 11), ⅡB (n = 8), ⅢA (n = 5), and ⅢB (n = 3). There were no significant differences between the groups in the age, gender, BMI, tumor site, tumor size, proximal and distal margins or AJCC pathological TNM stage (Table 1).

Intraoperative outcomes

DSG was successfully completed in all of the patients, in combination with TLDG with D1+/D2 lymphadenectomy, with none of these patients requiring conversion to open surgery. The details of the intraoperative outcomes are shown in Table 2. The Con- and Mod-Groups had similar operative time, intraoperative blood loss, extent of the LN dissection and number of dissected LNs.

Postoperative outcomes

The overall postoperative outcomes are presented in Table 2. The postoperative outcomes, including the times to out-of-bed activities, first flatus, resumption of a soft diet and postoperative hospital stay, as well as the anastomosis size, did not differ significantly (P > 0.05).

Postoperative complications

One patient in the Con-Group experienced a minor anastomotic leakage after surgery (4.5%, 1/22); this leakage occurred on the anterior wall of the anastomosis at the site of the common closed edge and was cured after conservative treatment for 57 d. None of the other patients in either group experienced any anastomosis-related complications, such as anastomotic leakage, anastomotic stricture and anastomotic hemorrhage. The overall postoperative complications are shown in Table 3. Two patients in the Con-Group (9.1%) experienced postoperative complications, one with lymphorrhagia and celiac infection, and the other, the patient with the
Table 2  Comparison of the perioperative outcomes between the conventional delta-shaped gastroduodenostomy group and modified delta-shaped gastroduodenostomy group

| Item                              | Con-group (n = 22) | Mod-group (n = 41) | P value |
|-----------------------------------|-------------------|-------------------|---------|
| Intraoperative outcomes           |                   |                   |         |
| Conversion to open surgery (n)    | 0                 | 0                 | -       |
| Operative time (min)              | 150.8 ± 21.6      | 143.4 ± 23.4      | 0.225   |
| Intraoperative blood loss (mL)    | 26.8 ± 11.3       | 30.6 ± 14.8       | 0.157   |
| Extent of LN dissection (n)       |                   |                   | 0.375   |
| D1+/D2                           | 4/18              | 3/38              |         |
| Number of dissected LNs (per case)| 43.9 ± 13.4       | 39.5 ± 11.5       | 0.151   |
| Postoperative outcomes            |                   |                   |         |
| Time to out-of-bed activities (d) | 1.9 ± 0.6         | 2.3 ± 1.5         | 0.228   |
| First flatus time (d)             | 3.2 ± 0.9         | 3.5 ± 1.3         | 0.295   |
| Time to resume liquid diet (d)    | 5.5 ± 0.6         | 5.1 ± 1.2         | 0.137   |
| Time to resume soft diet (d)      | 7.5 ± 0.8         | 8.1 ± 4.3         | 0.489   |
| Postoperative hospital stay (d)   | 14.3 ± 10.6       | 11.5 ± 4.9        | 0.148   |
| Anastomosis size (mm)             | 30.5 ± 3.6        | 30.1 ± 4.0        | 0.730   |

The data are mean ± SD or the number of patients. LN: Lymph node; Con-Group: Conventional delta-shaped gastroduodenostomy group; Mod-Group: Modified version of the delta-shaped gastroduodenostomy group.

minor anastomotic leakage, also experienced a respiratory infection at the same time. Three patients in the Mod-Group (7.3%) experienced postoperative complications, one with a urinary tract infection, one with an inflammatory intestinal obstruction and respiratory infection, and one with gastric atony. The postoperative morbidity rates were similar in the two groups. All of these postoperative complications were successfully treated by conservative methods. There were no deaths in either group.

**DISCUSSION**

Surgical resection is the primary treatment for GC. Operation methods are sought that reduce surgical trauma and optimize the patient’s quality of life. Since the introduction of laparoscopy-assisted distal gastrectomy (LADG) for GC in 1994,[14] laparoscopic surgery has become widely used in patients with GC. The B-I anastomosis is preferred for reconstruction after LADG because of its relative simplicity and physiological advantages, which include allowing food to pass through the duodenum and reducing the postoperative incidence of cholecystitis and choledolithiasis.[15,17] However, anastomosis during totally laparoscopic surgery is technically difficult. DSG, a method of B-I anastomosis after TLDG using only endoscopic linear staplers,[19] has been utilized in several Asian countries, including Japan and Korea, due to its simplicity.[20,21] TLDG with DSG has been shown to be superior to open gastrectomy,[18,19] especially in obese patients,[18,19,24] and it is regarded as safe and feasible[6,9,18-28].

The laparoscopic suturing used in the conventional DSG procedure to obtain an involution of the common stab incision was found to require a relatively long period of time. Moreover, this method contained a duodenal blind side and two intersections of the cutting edge of the remnant stomach with the duodenum and common closed edge, which may cause poor blood supply to the duodenal stump and yield two weak points on the anastomosis that increase the risk of anastomosis-related complications. Furthermore, the postoperative morbidity rates of anastomosis-related complications after DSG ranged from 1.0% to 12.7%.[6,19-21] Therefore, we modified the conventional DSG procedure to reduce the anastomosis time and lessen the surgical trauma, based on our surgical experience. First, we omitted the step of the laparoscopic suturing used in conventional DSG to produce an involution of the common stab. Instead, the modified DSG required only the instruments of the surgeon and assistant to directly grasp the tissue and accomplish the involution of the common stab incision. Thus, it simplified the operation procedure and shortened the anastomosis time. Additionally, the mean anastomosis time was significantly shorter in the Mod- than in the Con-Group. Furthermore, the anastomotic line tending to run parallel to the direction of the transection of the duodenum was in less danger of the vascular deterioration of the duodenum close to the anastomosis. The complete resection of the duodenal cutting edge also avoided a poor blood supply to the duodenal stump. Meanwhile, reducing the anastomotic weak point resulted in a more sturdily constructed anastomosis, with less risk of anastomosis-related complications. No patient in the Mod-Group experienced any anastomosis-related complications.

Before the DSG, under the premise of R0 resection for the tumor, a sufficiently long duodenal stump and a suitably sized remnant stomach would be retained. Fur-
thermore, when the common stab incision was closed and the duodenal cutting edge was completely resected, we selected a direction that was perpendicular to the cutting edge of the remnant stomach and removed as little of the tissue as possible. Therefore, the complete resection of duodenal cutting edge would not increase the anastomotic tension. In addition, the perpendicular cutting line may also prevent a decrease in the anastomosis size and anastomotic strictures in the modified technique. Our results also showed that the mean anastomosis size in the Mod-Group was similar to that in the Con-Group.

The clinicopathological characteristics of the patients in the Con- and Mod-Groups were comparable, with no significant between-group differences in the operative time, intraoperative blood loss, number of dissected LNs or postoperative outcomes. All patients successfully completed the TLDG with the DSG without conversion to laparotomy. These results indicated that the modified DSG procedure was as safe and feasible as the conventional DSG, with similar clinical results.

During the modified procedure, the endoscopic linear stapler should first be closed around the common stab incision when obtaining an involution, after which the assistant should pull up the other end of the duodenal cutting edge into the stapler, with the two hands coordinating with each other. The common stab incision should be closed vertically to the gastric cutting edge using the stapler, yielding the widest possible anastomosis and avoiding anastomotic strictures. After the anastomotic tension and quality are checked, a secure suture should be added to reinforce the anastomosis if anastomotic oozing occurs, especially at the intersection of the gastric cutting edge and the common closed edge. Because the DSG requires a sufficiently long duodenal stump and suitably sized remnant stomach to reduce the anastomotic tension, an anastomosis may be more suitable in early GC. Early tumors, however, are often difficult to identify during total laparoscopy. Thus, intraoperative gastroscopy could be used for accurate positioning to ensure an R0 tumor resection. Moreover, preoperative gastroscopic biopsy and intraoperative endoscopic ultrasound are recommended to determine the cutting line, whereas endoscopic ink marking may be advantageous at its location.

In conclusion, the modified DSG was technically safe and feasible in patients with GC undergoing TLDG. It may be an alternative reconstruction in TLDG for GC, with a simpler process that reduces the anastomosis time and acceptable surgical outcomes. Longer follow-ups are needed in the future to confirm these results. To be accepted as a treatment of choice in TLDG for GC, a well-designed prospective randomized controlled trial comparing short-term and long-term outcomes in a larger number of patients is necessary.

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### COMMENTS

#### Background

Laparoscopic surgery has become more widely accepted as a surgical treatment for gastric cancer (GC). Although reconstruction of the digestive tract is important during laparoscopic surgery for GC, it is technically difficult, with the Billroth-I (B-I) anastomosis after totally laparoscopic distal gastric resection (TLDG) considered to be especially complex. The delta-shaped gastroduodenostomy (DSG), a method of B-I anastomosis after TLDG using only endoscopic linear staplers, has been utilized in several Asian countries, including Japan and Korea, due to its simplicity and satisfactory results, and it has been performed at our institution since November 2012. During the implementation process, we simplified the operation procedure and proposed a modified DSG.

#### Research frontiers

Anastomosis during totally laparoscopic surgery is technically difficult, with the B-I anastomosis after TLDG considered especially complex.

#### Innovations and breakthroughs

The authors modified the conventional DSG procedure to lessen the anastomosis time and reduce surgical trauma. The modified procedure required only the instruments of the surgeon and assistant to complete the involution of the common stab incision, rather than the laparoscopic suturing, and to completely resect the duodenal cutting edge. Thus, the modified procedure simplified the operation procedure, shortened the anastomosis time, avoided poor blood supply to the duodenal stump and reduced the anastomatic weak point. The mean anastomosis time was significantly shorter in the modified DSG group (Mod-Group) than in the conventional DSG group (Con-Group). No patient in the Mod-Group experienced any anastomosis-related complications.

#### Applications

The study results suggest that the modified DSG is technically safe and feasible in patients with GC undergoing TLDG. It may be an alternative reconstruction in TLDG for GC, with a simpler process that lessens the anastomosis time and acceptable surgical outcomes.

#### Peer review

The present study provides an insightful and well-illustrated review of the safety and feasibility of a modified DSG in TLDG. Based on the experience with 63 gastric cancer patients undergoing TLDG with DSG, the conclusion is that modified DSG is technically safe and feasible, with acceptable surgical outcomes. This is a well-written and quite instructive work.

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### Table 3: Postoperative complications of the patients in the conventional delta-shaped gastroduodenostomy group and modified delta-shaped gastroduodenostomy group

| Item                        | Con-Group | Mod-Group | P value |
|-----------------------------|-----------|-----------|---------|
| Anastomosis-related         |           |           |         |
| complications               |           |           |         |
| Anastomotic leakage         | 1 (9.1)   | 0 (0)     | 0.349<sup>2</sup> |
| Anastomotic stricture       | 0 (0)     | 0 (0)     | -       |
| Anastomotic hemorrhage      | 0 (0)     | 0 (0)     | -       |
| Other complications         |           |           |         |
| Lymphorrhagia               | 1 (9.1)   | 0 (0)     | 0.349<sup>2</sup> |
| Postoperative celiac infection | 1 (9.1) | 0 (0)     | 0.349<sup>2</sup> |
| Respiratory infection       | 1 (9.1)   | 1 (1.00)<sup>3</sup> |         |
| Urinary tract infection     | 0 (0)     | 1 (1.00)<sup>3</sup> |         |
| Inflammatory intestinal    | 1 (9.1)   | 1 (1.00)<sup>3</sup> |         |
| obstruction                 | 0 (0)     | 0 (0)     | -       |
| Gastric atony               |           |           |         |
| Overall postoperative      | 2 (9.1)   | 3 (7.3)   | 1.000   |
| complications<sup>2</sup>  |           |           |         |
| Postoperative mortality     | 0 (0)     | 0 (0)     | -       |

<sup>1</sup>Fisher’s exact test; <sup>2</sup>Repeated cases were not included. Con-Group: Conventional delta-shaped gastroduodenostomy group; Mod-Group: Modified version of the delta-shaped gastroduodenostomy group.

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