### Citation
Saung, May Tun et al. “A Size-Selective Intracellular Delivery Platform.” Small 12, 42 (September 2016): 5873–5881 © 2016 WILEY-VCH Verlag

### As Published
http://dx.doi.org/10.1002/smll.201601155

### Publisher
Wiley Blackwell

### Version
Author’s final manuscript

### Citable link
http://hdl.handle.net/1721.1/111674

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A Size-selective Intracellular Delivery Platform

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Abstract

Identifying and separating a subpopulation of cells from a heterogeneous mixture are essential elements of biological research. Current approaches require detailed knowledge of unique cell surface properties of the target cell population. We describe a method that exploits size differences of cells to facilitate selective intra-cellular delivery using a high throughput microfluidic device. Cells traversing a constriction within this device undergo a transient disruption of the cell membrane that allows for cytoplasmic delivery of cargo. Unique constriction widths allow for optimization of delivery to cells of different sizes. We found that, for example, a 4 µm wide constriction was effective for delivery of cargo to primary human T-cells that have an average diameter of 6.7 µm. In contrast, a 6 or 7 µm wide constriction was best for larger pancreatic cancer cell lines BxPc3 (10.8 µm) and PANC-1 (12.3 µm). These small differences in cell diameter were sufficient to allow for selective delivery of cargo to pancreatic cancer cells within a heterogeneous mixture containing T-cells. This platform is able to deliver cargo to diverse cell sizes and we show that a 4 µm difference in cell diameter is sufficient to confer unique constriction width preferences for optimum delivery. We demonstrate the application of this approach by selectively delivering dextran-conjugated fluorophores to circulating tumor cells in patient blood allowing for their subsequent isolation and genomic characterization.
Introduction

Human tissue largely consists of heterogeneous cell populations with varying properties. A major focus of biological research is to understand the contribution of specific cell populations in normal homeostasis and response to disease. Subpopulations of cells are commonly identified by immunological labeling or by genetic tagging with reporter proteins such as GFP.[1] Once identified, these cells are often purified by fluorescence activated cell sorting (FACS). However, such methods require prior knowledge of surface markers or genes specific to the targeted subpopulations of cells. In addition, the dependence on these specific factors may introduce an inherent bias when attempting to perform broad analysis of a cell type. For example, some techniques for circulating tumor cell (CTC) isolation depend on the epithelial marker EpCAM, but recent studies have also demonstrated the presence and biological significance of EpCAM-negative CTCs.[2,3] Indeed it is still largely unknown which subset of CTCs is responsible for metastasis or which surface markers best characterize such cells.

Methods have been developed to isolate cells based on their physical properties such as size, deformability and photoacoustic properties, thus bypassing the use of cell surface markers and genes.[4–7] Techniques based on physical properties have the potential to overcome biases inherent to marker or gene-based methods. While the selective tagging or manipulation of target cells within a mixture of cells is of great value for research, diagnostics and therapeutics, the physical properties of cells have yet to be used as differentiating factors for selective delivery of payload to cells.

Current methods for selective delivery largely rely on interactions at the surfaces of cells, such as ones dependent on electrostatic properties and hydrogen bonds, or cell
surface receptors and molecules, such as the cluster of differentiation molecules and proteoglycans.\cite{8,9} Moreover, these methods rely on endocytosis or pinocytosis for delivery, which can lead to subsequent undesired lysosomal degradation of all or significant portions of the delivered payload. The efficacy of these delivery methods can be enhanced by decreasing lysosomal degradation or avoiding lysosomal uptake, but perhaps the most effective way to reduce lysosomal degradation is to avoid the dependence on cell surface interactions altogether.\cite{10-12} Methods that transiently induce cell membrane disruption allow diffusion of payload into the cells. A commonly employed technique of plasma membrane disruption is by means of electrical forces, such as electroporation. However, these electrical methods are limited by their inability to deliver materials selectively among a heterogeneous mixture of cells and are often restricted to nucleic acids.

A method for cytosolic delivery that is independent of surface-expressed markers on cells has been demonstrated using a microfluidic device that disrupts the cell membrane using mechanical forces as cells traverse through tight constrictions.\cite{13-15} The delivery of a wide range of cargo sizes (3 kDa to 2 MDa) can be achieved with high efficiency and uniform distributions, suggesting that the size of holes resulting from the membrane disruption are homogeneous within that population of cells.\cite{15,16} While this transient disruption of the cell membrane allows for bi-directional movement of material across the membrane, cells remain viable and retain their proliferative capacity and biological activity. This membrane disruption is transient and has no apparent effects on cell viability or function.\cite{13,15,16,18} Here we demonstrate the use of a microfluidic system to confer selective cytosolic delivery within a mixture of cells based on cell size. We
further validated this approach by demonstrating size-selective delivery to the large circulating tumor cells found in the blood of pancreatic cancer patients, allowing for their identification and genomic analysis.

Results

Delivery approach

We previously described a microfluidic platform that allows intracellular delivery of macromolecules to cells based on membrane deformation.\textsuperscript{[15]} We hypothesized that by selecting the appropriate deformation parameters, one could selectively disrupt the membrane of target cells while leaving those of non-target cells intact. To this end, we employed microfluidic chips comprising 75 parallel channels etched onto a silicon chip sealed by a Pyrex layer.\textsuperscript{[15]} Each channel had a central constriction of a specific length and width. We posited that during transit through this constriction, the cell membranes would be disrupted by mechanical deformation and this temporary disruption would facilitate diffusion of small molecules into the cytoplasm of the cells. The degree of deformation is a function of the cell diameter relative to constriction width. Fig. 1 illustrates the effect encountered by cells of different sizes as they traverse through a constriction of specific width.

To evaluate the size-selectivity of the delivery platform, we employed cells with different average cell diameters: primary human T-cells (6.7 µm) and two pancreatic cancer cell lines BxPc3 (10.8 µm) and PANC-1 (12.3 µm) (Fig. 2A). A suspension of each cell type along with a fluorophore-conjugated macromolecule (cascade blue-conjugated 3 kDa dextran polymer) was delivered through devices with varying constrictions (4 to 9...
µm wide). Endocytic uptake and surface binding are not observed when cells are incubated with the fluorophore-conjugated dextran polymer (data not shown).[13,15] However, efficient intracellular delivery of the dextran polymer occurs after passage through the microfluidic device (Supplemental Fig. S1). The percentage of cells with intracellular dextran was determined using FACS based on the fluorescence of the labeled dextran. Constrictions that were several micrometers less than the average width of the cell allowed the maximum delivery of the dextran polymer (Fig. 2B). For example, an average of 85.5% T-cells received intracellular dextran when the constriction was 4 µm. As the constriction width increased, the average delivery progressively decreased to less than 12% when the constriction exceeded the average diameter of the T-cells (≥7 µm constriction widths compared to cell diameters of 6.7 µm, Fig. 2B). A similar trend was observed for BxPc3 and PANC-1 cells, with highest intracellular delivery observed with 6 µm constrictions and progressively lower levels of delivery as the width of the constriction approached the average cell diameter.

Interestingly, we also observed poor delivery of intracellular dextran in BxPc3 and PANC-1 cells when the constriction width was very narrow. To determine the mechanism of this effect, cell viability was measured using the viability dye propidium iodide (PI). These experiments demonstrated that the narrower constrictions lowered cell viability and, as a result, there was an optimal range of widths for the constriction for which maximum cell viability and dextran delivery were achieved for each cell type (Fig. 2B). As these experiments demonstrate, the constriction widths that maximize delivery and cell viability are not necessarily the same, and therefore one must balance these two objectives. To determine the optimal channel sizing we developed a metric called delivery
efficacy, a product of delivery (%) and viability (%). The highest delivery efficacy was achieved with a 4 µm-wide constriction for T-cells (Fig. 2D), with an average delivery of 85.3% and average viability of 73.5% when delivered at 50 psi (Supplemental Fig. S2), and average delivery of 85.5% and average viability of 51.0% when delivered at 100 psi (Fig. 2B). Since the BxPc3 and PANC-1 cells were close in cell diameter, their optimal constrictions were similar, 6 µm or 7 µm wide, depending on the delivery pressure (Fig. 2D). As noted in a previous study, the applied pressure also affected the delivery efficacy (Fig. 2C and 2D).\textsuperscript{15} We observed that higher pressure correlated with higher delivery but lower viability for a given constriction width (Supplemental Fig. S2). When the constriction width was narrower than its optimal value for a given cell size, the higher delivery pressure likely led to extensive membrane disruption that was beyond the ability of the cell to repair and reseal.

We then assessed the cell size selectivity of the microfluidic device in a heterogeneous cell population. In order to verify the size-selective delivery in a mixed population, these experiments required one cell population to express a marker that would readily allow for the differentiation of the two cell types by FACS. The PANC-1 cells employed here express GFP, and thus could be differentiated from the T-cells during FACS based on their green fluorescence. While BxPc3 cells were not analyzed in these experiments, BxPc3 and PANC-1 cells share a common effective constriction width and therefore we would expected these cells to exhibit a similar performance in these experiments. A suspended mixture of T-cells and PANC-1 cells along with the cascade blue-conjugated 3 kDa dextran fluorophore was passed through the device using chips with different constriction widths. PANC-1 cells employed in these studies expressed
GFP and thus could be differentiated from the T-cells during FACS based on their green fluorescence. As expected, the constriction width that allows for maximum fluorophore delivery for each cell type remained the same (Fig. 2E and 2F).

Interestingly, the delivery into T-cells was low when delivered together with PANC-1 cells as compared to when delivered alone, even at their optimal constriction width of 4 µm (39.0% versus 85.5% delivery at 100 psi, respectively). The reason is unknown, but since we noticed that the flow rate within the chip was reduced during delivery, we hypothesize that the flow characteristics within the chip may have been altered due to accumulation of debris from the PANC-1 cells that were destroyed while traversing through constriction widths that were too narrow for their cell diameter. Importantly, at their optimal constriction width, larger cells achieved fluorophore delivery at a significantly higher percentage than smaller cells; relative to T-cells, delivery into PANC-1 cells was 14-fold higher with 6 µm wide constrictions and 82-fold higher with 7 µm wide constrictions. Fig. 2E shows such an example where when a mixture of T-cells and PANC-1 was passed into a chip with a 6 µm constrictions widths, 72.8% of the viable PANC-1 cells (high FITC region) clustered in the high dextran blue region and only 6.8% of the viable T-cells (low FITC region) clustered in the high dextran blue region.

**Selective delivery to circulating tumor cells**

CTCs are the rare tumor cells found in the bloodstreams of cancer patients and believed to be responsible for metastasis. Numerous methods have been developed to detect or enrich CTCs based on size or surface-expressed markers, but none have demonstrated selective intracellular delivery to CTCs. Such an approach could have a
range of implications for research, diagnostics, and therapeutic development. Considering our ability to label specific cell types within a heterogeneous population, we explored whether we could selectively deliver material to CTCs directly.

To assess the potential performance of our approach for labeling tumor cells in clinical samples, healthy patient whole blood was spiked with various amounts of GFP-expressing PANC-1 cells. These samples were depleted of red blood cells by lysis, resulting in a cell suspension consisting primarily of leukocytes and PANC-1 cells. This cell suspension was mixed with a tetramethylrhodamine-conjugated 10 kDa dextran fluorescent dye and passed through a chip whose constrictions were 7 µm wide (Fig. 3A). Tetramethylrhodamine-conjugated dextran was chosen for these experiments for compatibility with downstream FACS analysis; while larger than the 3kDa cascade blue-conjugated dextran employed earlier, delivery efficiency is not affected by the molecular weight of dextran.[15,16] GFP expression in PANC-1 cells provided an independent signal to confirm successful labeling of tumor cells. To further enhance the selectivity of the method, cells were stained with an antibody specific to CD45 to exclude contaminating dextran-positive leukocytes during FACS sorting. Analysis of the treated samples by FACS indicated that most of the cells in the high dextran, low CD45 region also displayed high green fluorescence, indicating that we were able to deliver the tetramethylrhodamine dextran selectively into the GFP-expressing PANC-1 cells with high specificity. Experiments performed with blood spiked with varying concentrations of PANC-1 cells demonstrated highly specific delivery into PANC-1 cells, with 75% (Supplemental Fig. S2) and 92% (Fig. 3B) specificity observed with low (200 cells/ml) and high (2,000 cells/ml) concentrations of PANC-1 cells respectively.
We further validated that the sorted cells were indeed PANC-1 cells by performing targeted genomic sequencing. PANC-1 cells have a loss of heterozygosity in TP53 and a missense mutation at codon 273 (p.R273H), and a heterozygous mutation in KRAS codon 12 (p.G12D). Replicate populations of 50 recovered PANC-1 cells from FACS sorting were amplified by multiple displacement amplification (MDA) and sequenced for a panel of 20 oncogenes representative of mutations commonly observed across multiple cancer types. Bulk genomic DNA (gDNA) from the blood of the healthy donor and the PANC-1 cell line were also sequenced. Missense TP53 (p.R273H) and KRAS (p.G12D) somatic mutations were evident in the cells recovered by intracellular labeling in the spiking studies and the PANC-1 controls but not in the healthy donor blood (Supplemental Fig. S4). Preferential amplification of alleles in whole-genome amplification by MDA limits the ability to estimate the fraction of tumor cells relative to normal cells based purely on alternate and reference allele counts. Nonetheless, the identification of the KRAS and p53 variants found in PANC-1 cells within the cell population isolated based on intracellular tetramethylrhodamine dextran demonstrate the capability of the size-selective delivery method to sort CTCs based on high dextran, low CD45 gates.

CTCs in patients are extraordinarily rare, with generally less than 10 cells found per ml of blood. To illustrate the utility of this size-selective delivery method for targeting such rare cells, we processed blood from a patient with pancreatic duct adenocarcinomas (PDAC). A blood draw was obtained from a patient (HTB1760) prior to surgical resection of their tumor (Fig. 4A). After RBC lysis, the remaining cells were processed through our microfluidic platform along with the tetramethylrhodamine-conjugated 10 kDa dextran polymer. Cells were sorted and recovered with both low and high purity gates, indicative
of likely high and low leukocyte contamination by anti-CD45 antibody labeling respectively. Targeted sequencing of the recovered cells identified a missense mutation in TP53 (R209Q) in both high and low purity samples (Fig. 4B) that was absent in the bulk gDNA from the blood. The genetic alterations found in CTCs have been demonstrated to accurately reflect those of primary and metastatic tumors.\(^{23}\) Therefore, parallel sequencing of DNA isolated from laser capture microdissected cells from the primary tumor was performed to validate the nature of the size-selected cells. This analysis revealed the same TP53 mutation in the primary tumor, confirming that tumor cells were present among the recovered population.

**Discussion**

The work described here demonstrates the ability of a physical property such as cell size to facilitate selective cytosolic delivery of materials in heterogeneous cell populations - a potentially enabling method for selectively tagging and manipulating cells independently of surface markers. The use of physical properties to differentiate cells in a heterogeneous mixture would allow for the manipulation of a subpopulation of cells independent of surface molecules. We demonstrated the use of one such property, cell size, to facilitate selective cytosolic delivery of compounds in heterogeneous cell populations. The mechanism employed here (mechanical disruption) obviates the need to identify surface molecules a priori and can thus reduce the selection bias intrinsic to current techniques.

The microfluidic device has demonstrated applicability in delivering a variety of materials with a wide range of sizes that are retained by the cells, allowing for the
manipulation of their biological properties.\textsuperscript{[13,15,16,18,24]} Here, our use of \textit{in vitro} CTC models and clinical PDAC patient samples has demonstrated the additional utility of this platform to selectively deliver payload within a heterogeneous population of cells. Moreover, this method may be of particular benefit for delivering payloads that are sensitive to endocytic degradation as the direct delivery of payloads into the cytosol bypasses the endosomal uptake processes and thus expands one’s ability to manipulate cell function.\textsuperscript{[14]} The underlying intracellular delivery technique thus has the potential to facilitate co-delivery of intracellular probes and/or functional materials to enable \textit{in vitro} and \textit{ex vivo} cell manipulation.\textsuperscript{[13–15]}

Despite the aforementioned advantages of this delivery platform, it does have a few limitations. Recent studies have demonstrated that mechanical stresses imparted by passage through microfluidic channels can disrupt the nuclear membrane and induce DNA damage.\textsuperscript{[25,17]} Although not a focus of our prior analysis, we have not observed loss of nuclear integrity or cell function when cells are run on our platform.\textsuperscript{[13,15,18]} It is likely that the larger channels contained in our device do not have significant effects on the nuclear membrane. However, investigation of nuclear integrity may be necessary for studies in which long-term growth of cells is required. There may also be unique situations where analysis of select cellular pathways may be obscured shortly after cytoplasmic membrane disruption. The rapid and Ca\textsuperscript{+}-dependent restoration of cell membrane integrity after passage through the microfluidic device is consistent with active membrane repair.\textsuperscript{[16,17]} This mechanism Active membrane repair largely occurs by mechanisms involving vesicular transport,\textsuperscript{[26]} and while there does not appear to be any long-term biological consequences of these events, components of these pathways may
be diverted from their normal cellular functions shortly after delivery of payload.

In its current manifestation, if the difference in cell diameters between subpopulations is too small, the device cannot provide differentiating cytosolic delivery. Another apparent constraint is that only the larger cell population can receive cytosolic materials within a heterogeneous mixture. This constraint is because a chip sized to preferentially deliver to the smaller population would likely lyse the larger population, or potentially clog (Fig. 2B). Nevertheless, one can envision step-wise isolation and cytosolic delivery sequentially from larger to smaller cells within a heterogeneous cell population using consecutively smaller constriction widths with each treatment through the device. Finally, there may be other unexamined properties that could affect delivery efficacy. For example, cell stiffness and shape (e.g. spherical vs bi-concave), as well as chemical properties such as hygroscopic effects and electrostatic interactions may have significant impacts on delivery performance and these areas could be the subject of future studies.

**Conclusion**

The microfluidic device described here expands the scope of properties that can be exploited for identifying and manipulating cells. Size-selective cytosolic delivery is not only a unique approach, but also provides several potential advantages over current methods of delivery. There are inherent limitations to the technique, but the advantages offered over existing systems have some important implications. We demonstrated its ability to tag with high specificity in *in vitro* CTC models and *in vivo* patient samples. This size-dependent method decreases selection bias inherent to surface marker-dependent
methods and introduces a method of separating and manipulating cells when cell surface markers and genotype are not known a priori. By allowing one to combine immunological information with size-selective delivery, this approach could potentially enable novel approaches to diagnostics and drug discovery.

Experimental Section

Cell culture
The BxPc3 and GFP-expressing PANC-1 cell lines were cultured in DMEM (11965118, ThermoFisher Scientific) with 10% FBS (ThermoFisher Scientific) and 1% Penicillin-Streptomycin (15140122, ThermoFisher Scientific). To maintain the GFP-expressing population of PANC-1 cells, Geneticin (10131027, ThermoFisher Scientific) was also added to PANC-1 cell cultures to a final concentration of 200 µg/mL. For routine passage and preparation for delivery into the microfluidic device as described below in “Delivery,” sub-confluent cultures of PANC-1 and BxPc3 cells were dissociated from their culture flasks with trypsin-EDTA (25200056, ThermoFisher Scientific).

T-cell isolation
Primary T-cell populations were obtained from fresh healthy human whole blood (Research Blood Components) that was drawn the same day as delivery into the microfluidic device. The cells were depleted of RBC with the addition of ACK lysis buffer (0.15 M NH₄Cl, 10 mM KHCO₃, 0.1 mM Na₂EDTA, pH 7.2-7.4) at a 1:10 volume ratio of cell solution to ACK buffer. Chemicals to make ACK were obtained from Sigma Aldrich. After a 10 minute incubation, the cells were centrifuged at 350 RCF for 4 minutes and
washed twice in Human media (Advanced RPMI (12633012, ThermoFisher Scientific) with 10% Human Serum AB (100-318, Gemini Bio Products Inc.) and 1% Penicillin-Streptomycin). T-cells were then isolated by immunomagnetic negative selection with Protocol C in the EasyStep Human T-cell Enrichment Kit (19051, Stemcell Technologies).

**Delivery with microfluidic device**

Microfluidic chips and delivery reservoirs were obtained from SQZ Biotech, and assembled as per their instructions. Chips contained 75 parallel channels with each exhibiting a uniform height of 20 µm across their length. Each channel contained a single central constriction that was 10 µm long, and 4 to 9 µm wide. The cannal on either side of the constriction was 30 µm wide. The microfluidic chip and reservoir were stored in ethanol, so the assembled system was washed with PBS before use with cells. The two cell lines (BxPc3 and GFP-expressing PANC-1) were delivered at room temperature. T-cells were delivered with the reservoir and microfluidic chip sitting on ice, which allowed for improved intra-cellular delivery for these primary cells. The cells were first suspended in PBS at a concentration of 2x10^6 cells/mL for the two cell lines and 2x10^7 cells/mL for the T-cells. Cascade blue-conjugated 3 kDa dextran polymer (D7132, ThermoFisher Scientific) was added into the cell solution at a final concentration of 0.15 mg/mL. 100 µL of the cell-dye solution was loaded into the reservoir inlet, and pushed through the microfluidic chip at 50 or 100 psi pressure. After traversing through the chip, the cells were collected from the reservoir outlet, and cell lines were placed in room temperature and T-cells on ice. After a 5 minute incubation, 100 µL of the cell-appropriate media was added to the cells (i.e. DMEM-based media for the cell lines and Human media for T-
cells) to promote resealing of the pores that formed during transit through the constrictions. The cells were then centrifuged at 400 RCF for 4 minutes and washed with PBS. Cells were centrifuged again at 400 RCF for 4 minutes, and prepared for FACS as described below. Note, cells incubated with the dextran dye, but not processed through the microfluidic delivery platform, were used as negative controls to establish the basal levels of surface receptor-mediated binding and non-specific uptake of dye.

**CTC cell spike**

5 mL of healthy human whole blood (Research Blood Components) was spiked with GFP-expressing PANC-1 cells for a final concentration of 200 or 2000 cells per mL of blood. The spiked whole blood was depleted of RBC with the addition of RBC lysis buffer (00-4300-54, eBioscience) at a 1:10 volume ratio of cell solution to lysis buffer, and placed on a tube rotator for 10 minutes. The remaining cells (mostly leukocytes and PANC-1 cells) were centrifuged at 212 RCF for 5 minutes and resuspended in 1200 µL of PBS. The cells were centrifuged again at 846 RCF for 5 minutes, and resuspend in 500 uL of PBS. Tetramethylrhodamine-conjugated 10 kDa dextran fluorescent polymer (D1816, ThermoFisher Scientific) was added to the suspended cells to a final concentration of 0.4 µg/µL. 150 µL of the cell-dye solution was loaded into the reservoir inlet and passed through a microfluidic chip optimized for PANC-1 delivery at 50 psi on ice. The cells were collected from the reservoir outlet, and placed on ice. After a 5 minute incubation, 500 µL of DMEM with 10% FBS and 1% Penicillin-Streptomycin was added to the cells. The cells were centrifuged at 846 RCF for 5 minutes and resuspended in 200 µL of PBS containing 0.2 % bovine serum albumin (A9418, Sigma-Aldrich). 10 µL of Alexa Fluor®
647 anti-human CD45 Antibody (clone HI30, Biolegend) was added to the cell solution to stain the leukocytes, and cells were incubated on ice for 30 minutes. The cells were then centrifuged at 846 RCF for 5 minutes, washed with PBS, and centrifuged again at 846 RCF for 5 minutes and prepared for FACS as described below. Two negative controls were employed for these experiments: 1) RBC-depleted whole blood that was not spiked with PANC-1 cells was incubated with the dextran dye and processed through the microfluidic delivery platform to establish delivery of dye into leukocytes and 2) GFP-expressing PANC-1 cells incubated with the dextran dye, but not processed through the microfluidic delivery platform, to establish the basal levels of surface receptor-mediated binding and non-specific uptake of dye.

**Patient sample**

Whole blood was obtained from a patient (HTB1760) undergoing a Whipple resection of a moderately differentiated pancreatic ductal adenocarcinoma after obtaining informed consent in accordance with the Massachusetts General Hospital institutional review board. Blood was processed as described above in the "CTC cell spike" section. Cells from a formalin fixed paraffin embedded sample of the resected tumor were isolated by laser capture microdissection at the Advanced Tissue Resources Core at the Massachusetts General Hospital.

**FACS**

FACS buffer was prepared with 3% FBS and 1% F-68 Pluronics (P1300, Sigma-Aldrich) in PBS. 10 µL of 0.1 mg/mL concentration propidium iodide (P4864, Sigma Aldrich)
viability dye was added to 1 mL of FACS buffer. Cells were resuspended in the resulting solution of propidium iodide (PI) and FACS buffer and analyzed by FACS. Viable cells were gated in the low PI region. The cells with the intra-cellular cascade blue dextran polymer were gated in the high Pacific-Blue region. The cells with the intra-cellular rhodamine dextran polymer were gated in the high PE-TxRed region. Two flow cytometers were used for cell analysis, LSR HTS-2 and LSR Fortessa HTS, and one flow cytometer was used for cell sorting, Aria. All flow cytometers were from BD Biosciences.

Whole genome amplification
3 μL of lysis buffer (1.83M KOH and 0.42M DTT, Sigma Aldrich) was added to the wells of a 96-well PCR plate (Eppendorf) containing 30 μL of sorted cells. The plate was incubated for 10 min at 50°C and 3 μL of 2M HCl (Fluka Analytical) was added. Multiple displacement amplification was performed on a thermal cycler (Eppendorf) for 2 hours in 106 μL total volume, containing 36 μL of DNA post lysis, 2 μL RepliPHI (Epicentre), 2.5 μL of 10 mM random hexamers (IDT), 1 μL of 10 mg/mL BSA (NEB), 0.4 μL of 1M DTT (Sigma-Aldrich), 10 μL of 10x reaction buffer (Epicentre), 1.6 μL of 25mM dNTPs (Epicentre), and 52.5 μL of sterile water (Invitrogen) per reaction. DNA was cleaned up using AmpureXP beads (A63880, Beckman Coulter) by splitting each reaction into two 53 μL wells and adding 100 μL of Ampure XP to each reaction, incubating for 5 min on a magnetic plate, removing supernatant and replacing with fresh 100 μL of 70% ethanol twice, then air drying on the magnet for 10 min. The beads were resuspended in 50 μL of Tris-EDTA buffer, pH 8 (T0224, Teknova), incubated 5 min off of the magnet, then placed back on the magnet for another 5 min. The supernatant was removed for
quantification using the Quant-IT PicoGreen dsDNA assay (P11496, ThermoFisher Scientific).

**Targeted sequencing**

DNA was adjusted to 4 ng/μL and used in the GeneRead DNAseq Breast Cancer Gene Panel (NGHS-001X, Qiagen). Since a pancreatic cancer-specific panel was not available, we chose to use the breast cancer panel. Amplicons were generated via this method for a panel of 20 genes, and library preparation was performed using the NEBNext DNA Library Prep Master Mix Set for Illumina (E6040L, New England Biolabs). Libraries were quantitated using the Kapa Library Quantification Kit (Kapa Biosystems) and loaded onto the Illumina MiSeq for sequencing. Data analysis was performed using the GeneRead data analysis portal (Qiagen).

**Acknowledgements**

This work was supported by National Institutes of Health Grants R01GM101420-01A1 and P01CA117969, the Kathy and Curt Marble Cancer Research Fund, the Ragon Institute of Harvard/MIT/MBGH and the Koch Institute Support (core) Grant P30-CA14051 from the National Cancer Institute.

**Conflict of Interest**

AS, RL, KFJ, and JCL have financial interests in SQZ Biotechnologies, which holds a license to filed patents related to the microfluidic device.
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Fig. 1 Microfluidic Delivery Platform. Each microfluidic chip has 75 parallel channels, and each channel has a central constriction of 10 µm in length (labeled L above), and 4 to 9 µm in width (labeled W above). This illustration demonstrates the transit of cells through a single channel and its corresponding central constriction. As the cells pass through the constriction, there is temporary disruption of the cell membrane, and this allows for intracellular diffusion of materials (green cell). When a cell traverses a constriction whose width (W) is too narrow it results in cell death (purple cell). Conversely, when the constriction width is too large the mechanical deformation is insufficient to cause sufficient membrane disruption to enable delivery (brown cell).
**Fig. 2 Cell size specific delivery.**  (A) Diameters of the 3 different cell types (T-cells, BxPc3, PANC-1 cells). (B) Percentage delivery and viability of T-cell (left), BxPc3 (center) and PANC-1 (right) when passed through chips with different constriction widths at 100 psi. The average and standard deviation of 3 to 5 independent experiments are shown. (C) Delivery efficacy of PANC-1, where delivery efficacy is the product of percent viability and percent delivery at each condition (constriction width and pressure). (D) Heat map of delivery efficacy when a suspension of one cell type (x-axis) is passed through chips with different constriction widths (y-axis) at 50 and 100 psi. Darker colors indicate higher delivery efficacy and lighter colors indicates lower delivery efficacy. (E) Flow cytometry plot of a mixture of T-cells (low FITC region) and PANC-1 (high FITC region) cells incubated with the dextran blue dye (Pacific Blue), but not processed through the
microfluidic delivery platform (left panel) demonstrating negative controls to establish the basal levels of surface receptor-mediated binding and non-specific uptake of dye. Flow cytometry plot of a mixture of T-cell and PANC-1 cells passed through a chip with constrictions that were 6 µm wide (and 10 µm long) at 100 psi (right panel). (F) Percentage delivery of a mixture of T-cell and GFP-labeled PANC-1 cells when passed through chips with different constriction widths at 100 psi. Each condition represents the average and standard deviation of 3 independent experiments.
Selective labeling of blood spiked with tumor cells. (A) Schematic diagram for CTC isolation from whole blood. 1. GFP-expressing PANC-1 cells were spiked into whole blood and then depleted of red blood cells. 2. Red blood cell-depleted sample was delivered through device in the presence of tetramethylrhodamine dextran-labeled dye. 3. Cells were counterstained with an anti-CD45 antibody (APC) and GFP-positive CD45-negative cells were isolated by FACS. (B) FACS plot demonstrating high specificity in tagging PANC-1 cells when PANC-1 cells are spiked into whole blood at high concentration (2,000 cells/mL). GFP-expressing PANC-1 cells tagged with the rhodamine fluorophore were independently verified based on GFP fluorescence. The P4 gate [high rhodamine, low CD45 region] was used as a basis for sorting high candidate CTCs, and the P5 gate [high GFP, low CD45 region] was used to sort for GFP-expressing PANC-1 cells. The light blue dots within P5 are accurate hits (i.e. cells that are present within both P4 & P5 gates), such that those are GFP-expressing PANC-1 cells with intracellular rhodamine; 92% of the cells within P4 are accurate hits. False positive hits are red, and false negative hits are black. Within a mixture of about 1.2 million viable cells, we were able to isolate 227 GFP-expressing PANC-1 cells using the size-selective delivery platform.
Fig. 4  Isolation of patient's PDAC cells.  (A) Histopathology of the primary tumor (HTB1760) confirmed pancreatic ductal adenocarcinoma.  (B) Frequency of TP53 mutation (R209Q) identified in DNA from the tumor, high and low purity FACS purified Rhodamine-positive CTCs, and matched germline DNA.
**Fig. S1** Intracellular delivery of a dextran fluorophore. GFP-expressing PANC-1 cells spiked in whole blood were delivered rhodamine-conjugated dextran, and isolated by FACS. Representative images of FACS-purified cells are shown.
Fig. S2  The effect of pressure on intracellular delivery and cell viability. T-cells, BxPC3 and PANC-1 cells were delivered rhodamine-conjugated dextran with varying pressure (50 vs 100 psi) using platforms with different constriction widths. Percentage delivery (top panel) and cell viability (bottom panel) were determined. The average and standard deviation of at least 3 independent experiments are shown.
**Fig. S3** Specificity of capturing PANC-1 cells from whole blood. GFP-expressing PANC-1 cells spiked into whole blood at low concentration (200 cells/mL). PANC-1 cells tagged with the rhodamine fluorophore were independently verified based on GFP fluorescence. Representative FACS plot demonstrating 75% specificity in capturing PANC-1 cells. The P4 gate [high rhodamine, low CD45 region] was used as a basis for sorting high candidate CTCs, and P5 [high GFP, low CD45 region] was used to sort for GFP-expressing PANC-1 cells. The light blue dots within P5 are accurate hits (i.e. cells that are present within both P4 & P5 gates), such that those are GFP-expressing PANC-1 cells with intra-cellular rhodamine; 75% of the cells within P5 were accurate hits. False positive hits are red, and false negative hits are black. Within a mixture of about $8 \times 10^5$ viable cells, 12 GFP-expressing PANC-1 cells were isolated using the size-selective delivery platform.
**Fig. S4** Targeted sequencing results from PANC-1 spiking studies. Targeted sequencing results from cells sorted based on the Rhodamine⁺CD45⁻ gate from spiking studies with PANC-1 cells, including the respective controls. For two genes, TP53 and KRAS, the alternate allele frequency and total depth at each position is presented. *denotes low coverage.