A combination of high dose rate (10X FFF/2400 MU/min/10 MV X-rays) and total low dose (0.5 Gy) induces a higher rate of apoptosis in melanoma cells in vitro and superior preservation of normal melanocytes

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The aim of this study was to determine the apoptotic effects, toxicity, and radiosensitization of total low dose irradiation delivered at a high dose rate in vitro to melanoma cells, normal human epidermal melanocytes (HEM), or normal human dermal fibroblasts (HDF) and to study the effect of mitochondrial inhibition in combination with radiation to enhance apoptosis in melanoma cells. Cells irradiated using 10X flattening filter-free (FFF) 10 MV X-rays at a dose rate of 400 or 2400 MU/min and a total dose of 0.25–8 Gy were analyzed by cell/colony counting, MitoTracker, MTT, and DNA-damage assays, as well as by quantitative real-time reverse transcriptase PCR in the presence or absence of mitochondrial respiration inhibitors. A dose rate of 2400 MU/min killed on average five-fold more melanoma cells than a dose rate 400 MU/min at a total dose of 0.5 Gy and preserved 80% survival of HEM and 90% survival of HDF. Increased apoptosis at the 2400 MU/min dose rate is mediated by greater DNA damage, reduced cell proliferation, upregulation of apoptotic genes, and downregulation of cell cycle genes. HEM and HDF were relatively unharmed at 2400 MU/min. Radiation induced upregulation of mitochondrial respiration in both normal and cancer cells, and blocking the respiration with inhibitors enhanced apoptosis only in melanoma cells. A high dose rate with a low total dose (2400 MU/min, 0.5 Gy/10X FFF 10 MV X-rays) enhances radiosensitivity of melanoma cells while reducing radiotoxicity toward HEM and HDF. Selective cytotoxicity of melanoma cells is increased by blocking mitochondrial respiration.

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Introduction
Risk factors for melanoma include dysplastic nevi syndrome, continuous solar ultraviolet radiation exposure, family history of melanoma, sunburns, BRAF gene mutation, and White ancestry [1]. Malignant melanoma is highly aggressive, chemoresistant, and poorly radioresponsive, and is responsible for as much as 80% of the mortality among all skin cancers; it has a 5-year survival rate of 14% [2]. Melanoma can arise from skin, eyes, mucosa, or the central nervous system [3]. Patients diagnosed with thin lesions (<1 mm) have an increased cure rate after surgery, but 5% develop metastatic melanoma, which limits 10-year survival [4]. Therapy for metastatic melanoma has improved with the understanding of melanoma signaling pathways and the identification of tumor cell targets in the cell. Identification of small molecules that interfere with key signaling pathways has helped the progress of new therapeutic approaches in melanoma [5].

Among these, radiotherapy treatments reduce the rate of recurrence, improve control of local disease, and limit metastasis to the bone or brain [6]. Melanoma metastasizes to the brain in 10–40% of cases [7]. Recent management protocols for melanoma incorporate chemotherapy, immunotherapy, and radiotherapy [1,8].

Mutation of the BRAF gene is a common risk factor for melanoma [9]. BRAF acts as a mitogen-activated protein kinase (MAPK) pathway activator.
kinase kinase kinase [10] in the ERK pathway network [11] and regulates cell growth, differentiation, and survival [12]. BRAF V600E is the most common mutation; it occurs in more than 50% of all melanoma cases and leads to hyperactive kinase [13–15]. Family atypical multiple mole melanoma syndrome is caused by a familial autosomal dominant gene [16] and is associated with a large number of atypical nevi typically presenting as cutaneous melanoma [17].

Radiotherapy can be an effective treatment for melanoma, but radioresistance of melanoma cells affects clinical outcomes [18]. In the past few years, modern linear accelerators operating in a flattening filter-free (FFF) mode and having increased dose rate capabilities have improved radiotherapy, with advantages over conventional radiotherapy including shortened dose delivery time, lower dose delivery outside the field, shorter treatment period, and lower rates of secondary malignancies [19]. In addition, improved image guidance, along with volumetric-modulated are therapy capabilities, has improved target conformity, while reducing exposure of normal tissue surrounding the lesion. The ability to deliver radiation in a concave isodose profile to minimize injury to normal surrounding tissue represents a significant advance in radiotherapy [20]. Maintaining a high survival rate among normal cells subsequent to radiation treatment is a crucial component of all radiotherapies, and various in-vitro conditions have been tested [21].

Aberrations in mitochondrial functions resulting in deregulation of cellular aerobic respiration, differentiation, and proliferation have been reported in multiple malignancies including breast, colon, lung, liver, and kidney cancers, and leukemia and lymphoma [22], as well as in many neurological disorders [23]. Inhibition of mitochondrial respiration or oxidative phosphorylation increases therapeutic efficiency in some in-vitro and in-vivo models [24], and it has been suggested that an increase in the tumoricidal efficacy of radiotherapy can be achieved by targeting the mitochondria [25].

In a direct in-vitro comparison between a conventional dose rate (400 MU/min) and an unconventional dose rate (2400 MU/min) coupled with a low total dose (0.5 Gy) of 10X FFF 10 MV X-rays, we found a significant improvement in the survival of normal cells and a concurrent increase in apoptosis in melanoma cells. Titrated doses of inhibitors to the mitochondrial respiratory chain increased the radiosensitivity of melanoma cells while maintaining normal melanocyte survival. Treatment of melanoma cells in vitro with the unconventional dose rate (FFF mode at 2400 MU/min) and low dose radiation protocol (0.5 Gy) has not been reported yet. Our radiation delivery protocol in the engineered mode of the intensity-modulated radiotherapy device and associated hardware/software can potentially translate to the clinical setting. Our results support the investigation of novel radiotherapeutic options and open doors to the untested field of radiotherapy research.

**Methods**

**Cell culture**

Melanoma cell lines (WC00046, WC00060, and WC00081; Fig. 1a) were purchased from Coriell Institute (Camden, New Jersey, USA). Cells were cultured in RPMI containing 10% fetal bovine serum and 1% penicillin/streptomycin (Invitrogen, Grand Island, New York, USA). All melanoma cell lines were positive for BRAF mutation and negative for NRAS mutation, and the WC00046 and WC00081 cell lines were positive for p53 (Fig. 6a). Primary human epidermal melanocytes (HEM) and culture media were purchased from ScienCell (Carlsbad, California, USA), and normal human dermal fibroblasts (HDF) were prepared as previously described [26–28]. Oligomycin and rotenone (50 nmol/l; Sigma Aldrich, St. Louis, Missouri, USA) were used to block mitochondrial respiration.

**Radiation**

Cells were seeded (5×10^5) in T-25 culture flasks (BD Falcon; BD Biosciences, Durham, North Carolina, USA), allowed to adhere overnight, and irradiated with 10 MV X-rays at dose rates of 400 or 2400 MU/min using TrueBeam (Varian Medical Systems, Palo Alto, California, USA) with 10X FFF. The total dose range of 10 MV X-rays was 0.25–8 Gy (100–1000 Gy data not shown) for multiple experiments.

**Colony formation assays**

One day after irradiation, HEM and melanoma cells were treated with trypsin, resuspended, counted using a Beckman Coulter Counter (Beckman Coulter, Brea, California, USA), and serially diluted (1 : 100, 1 : 1000, and 1 : 10 000) in complete medium for seeding in culture dishes (BD Falcon, Corning, New York, USA). Colonized cells were stained with hematoxylin for 30 min, fixed with 100% ethanol for 30 min, washed in water for clearing the background, dried overnight, and counted [29,30].

**RNA isolation and qRT-PCR**

RNA was extracted using TRIzol (Invitrogen), and selected genes (Figs 1d and e, 2d and e and 4b were amplified by SYBR green (Qiagen, Germantown, Maryland, USA) using the comparative threshold cycle (Ct) method (2−ΔΔCt) for calculating fold changes and SDs [32].

**Assays**

**Migration**

A collagen-based cell migration assay (QCM TM 24-well kit; Millipore, Billerica, Massachusetts, USA) was used as described by the manufacturer. Cells (5×10^5 cells/well)
(a) Description of cell lines, including pathology, mutation, and staging. (b) Migration potential of cell lines WC00046, WC00060, and WC00081. Migration assay was conducted using the QCM TM 24-well migration assay kit in melanoma cell lines and normalized against melanocytes (HEM) to validate aggressiveness and metastatic potential. The standard error bars were generated from duplicates of two separate assays. (c) Cells were irradiated with dose rates of 400 or 2400 Mu/min and total doses of 0.25, 0.5, 0.75, 1, 2, 4, or 8 Gy. Cell numbers were determined 7 days after radiation. Black arrows denote the 0.5 Gy dose at both dose rates. The experiment was conducted individually four times. One representative experiment is shown and standard error bars are shown for triplicate assays. Significance of differences between 400 and 2400 MU/min were determined using Student’s t-test; P < 0.0005 for WC00046, P < 0.002 for WC00060, P < 0.001 for WC00081, and P < 0.005 for HEM. Expression of (d) apoptosis genes and (e) ER-stress genes was measured by qRT-PCR in duplicate for cells irradiated under the condition described in (c). Fold changes were calculated by normalization against nonradiated cells corresponding to each cell type. Data representing WC00046/control (solid black), WC00060/400 (solid white), WC00081/2400 (solid grey), HEM/control (large grid), HEM/400 (black dotted), and HEM/2400 (light horizontal) are represented by bars in fold change. ER, endoplasmic reticular; HEM, human epidermal melanocytes; qRT-PCR, quantitative real-time reverse transcriptase PCR.
(a) DNA damage of irradiated cells 7 days after irradiation at a total dose of 0.5 Gy for dose rates of 2400 MU/min (solid grey) and 400 MU/min (solid white) normalized against nonirradiated cells (solid black) for each corresponding cell type. Data represent the average of four independent experiments; error bars are shown, and the statistical difference between the two dose rates for WC00046 (*) is $P<0.002$. (b) Cell proliferation of irradiated cells from (a) quantified using the MTT assay; standard error bars are shown, and the statistical difference between 400 and 2400 MU/min for WC00046 was $P<0.003$. (c) Images of WC00046 and HEM cells under condition (a) were taken by phase contrast microscopy. The WC00060 and WC00081 cells lines showed similar morphologies (data not shown). Expression of (d) DNA repair genes and (e) cell cycle genes by irradiated cells from (a) was quantified by qRT-PCR. Average fold changes from the four experiments are shown with error bars after normalizing against corresponding nonirradiated control cells. Data representing WC00046/control (solid black), WC00046/400 (solid white), WC00046/2400 (solid grey), HEM/control (large grid), HEM/400 (black dotted), and HEM/2400 (light horizontal) are represented by bars in fold change. HDF, human dermal fibroblasts; HEM, human epidermal melanocytes; qRT-PCR, quantitative real-time reverse transcriptase PCR.
These primer sets were used to generate Figs 1d and e, 2d and e, and 4b. All sets of primers were validated for generating one single band of expected size (150 bp) on agarose gel and the template cDNAs were from normal HEM and

1. NOXA f: gctggaaggctcgtagct  
   Casp 3 f: gacttgtgacgcgtqaga  
   NOXA r: ccacACTGGTGACTCTTCA  
   Casp 3 r: tcaacctgctggctacatct  
   Mcl-1 f: tggctgagagagcttgctg  
   Casp 8 f: ggcaggaaggaggaacacac  
   Mcl-1 r: gcagtgagctgcttcttttg  
   Casp 8 r: gccatagaggcctctgttg  
   Bcl-2 f: gttccaggtcatcatcttct  
   Casp 9 f: aqggcccatagacacggaa  
   Bcl-2 r: tgttccaccaacagcaggg  
   Casp 9 r: agggcccatagacacggaa  
   Bbc-3 f: gcagccataccacagcaggg  
   AIF f: cctgccgacccagcaacatct  
   Bbc-3 r: caacccataagacagggaa  
   AIF r: gaccagcaacaggaagggaa  
   ATF 6 f: tcttacagctcggtgacttt  
   FAST f: aaaggtccctgctccaggg  
   ATF 6 r: ctcaccctcttcacacag  
   FAST r: tctgcctccttcacagagct  
   Brafl: cttccacacagcagtgata  
   MDM4 f: tctgcctccttcacagagct  
   Brafl r: gttgatccttctctctct  
   MDM4 r: gaccacctttgacacccaga  
   NDUF5 f: tggcagacagacctcttt  
   PARP 1 f: gccctcagaggtgtctacaa  
   NDUF5 r: caagttgaagttgccgtcaga  
   PARP 1 r: gccctcagaggtgtctacaa  
   SDHC v2 f: ggggagatgttacagcccagata  
   SOD2 f: gggcctaagcgccatttta  
   SDHC v2 r: ggggagatgttacagcccagata  
   SOD2 r: gggcctaagcgccatttta  
   UCRC f: tgtccagaggtcagtctgagg  
   TP53 f: gcaccagggaggaagagag  
   UCRC r: cgggtgcacagattctcgc  
   TP53 r: cgggtgcacagattctcgc  
   COX412 f: ggttgatcctccatcaccac  
   Braf f: ctcctgatgatctcggcttct  
   COX412 r: ccagagaaggaagacacatg  
   Braf r: ggcagacaaggggtttaac  
   NDUFS4 f: gactggaaggctcgtagct  
   Bcl-2 f: ctcagggactctgcattttg  
   NDUFS4 r: ctcctgatgatctcggcttct  
   PTEN f: gcacctcaagccatccaacat  
   Mcl-1 f: gctaggttgctagggtgcaca  
   PTEN r: cgacactggtgtgtctcctg  
   Mcl-1 r: gctaggttgctagggtgcaca  
   NOXA f: gctcaggaacctgactgcat  
   NOXA r: gctcaggaacctgactgcat  

All sets of primers were validated for generating one single band of expected size (150 bp) on agarose gel and the template cDNAs were from normal HEM and melanoma cells. Only validated primer sets were used for qRT-PCR analyses. These primer sets were used to generate Figs 1d and e, 2d and e, and 4b.

were seeded and allowed to migrate for 24 h. Cells from the bottom of the insert chamber were collected by trypsin treatment and counted on a Beckman Coulter.

**Cell proliferation**

An MTS assay (Promega, Madison, Wisconsin, USA) was used to measure proliferation of irradiated cells (BioTek Synergy HT, Winooski, Vermont, USA) as described by the manufacturer.

**Mitochondrial respiration**

Cells were treated with mitotracker Red CMXRs (Invitrogen) and mitochondrial activity was analyzed under a Zeiss Fluorescent microscope (Zeiss, Thornwood, New York, USA) before and after irradiation. Fluorescence was quantified by using ImageJ software.

**DNA-damage assay**

An EpiQuik in-situ kit (Epigentek, Farmingdale, New York, USA) was used and the cells were grown after irradiation and fixed and permeabilized according to the manufacturer's protocol and previously published literature [33].

### Western blotting

Western blotting experiments were carried out [34] using lysates prepared from cell lines (Pierce IP lysis buffer cat# 87788; Invitrogen). SDS-PAGE gels (12%, Criterion TGX Prestac Gels) were used to fractionate cell lysates.

Whole-cell extracts were fractionated by SDS-PAGE and transferred onto a polyvinylidene difluoride membrane using a Bio-Rad transfer apparatus (Hercules, California, USA). The membrane was blocked using 5% nonfat dry milk in TBST (10 mmol/l Tris, pH 8.0, 150 mmol/l NaCl, 0.5% Tween 20) for 60 min, it was then washed and incubated with primary antibodies against Bel-2 (1 : 1000, #7973; Abcam, Cambridge, Massachusetts, USA), caspase-3 (1 : 2000, H-277), PARP 1 (1 : 2000, #SC-7148, SC- 8007; Santa Cruz Biotechnology Inc., Santa Cruz, California, USA) and Actin (1 : 10 000, AB-6276) at 4°C overnight. The membranes were then washed and incubated with a 1 : 5000 dilution of horseradish peroxidase-conjugated donkey anti-mouse IgGs. The blots were washed and developed using the ECL system.

### Flow cytometry

Analysis of the expression of cyclin D1 and cyclin D2 (sc-20044 PE, sc-53637 PE; Santa Cruz Biotechnology Inc.) in melanoma cell lines was carried out using Flow cytometry (Gallios; Beckman Coulter) [35,36]. The Per Ficn kit (Cat #B3116: Beckman Coulter) was used for fixing, permeabilizing, and preparing the cells for the assay.

### Statistical analysis

All experiments were performed under a minimum of three times, and the data represent the results of assays performed in triplicate or quadruplicate. Error bars represent 95% confidence intervals. All statistics were based on continuous variables and were obtained using STAT View software (Stat View, Cary, North Carolina, USA). P-values less than 0.05 were considered statistically significant. Student’s t-test was used for comparisons between two groups.

### Results

At a total dose of 0.5 Gy, a dose rate of 2400 MU/min killed on average five-fold more melanoma cells than a dose rate of 400 MU/min and preserved 80% survival of normal melanocytes. Three melanoma cell lines (WC00046, WC00060, and WC00081) were chosen on the basis of tumor stage, pathology, and metastatic status (Fig. 1a). The in-vitro migration potential of each cell line was verified as corresponding to the original reported tumor (Fig. 1b). On the basis of cell counts from 7 days after radiation exposure, in-vitro radiation with low total doses (0.25, 0.50, 0.75, and 1 Gy) at a dose rate of 2400 MU/min induced significantly higher apoptosis in melanoma cell lines than did a dose rate of 400 MU/min (P<0.005; Fig. 1c). As the total dose increased from 2 to 8 Gy, the difference in cell counts between the two dose rates was reduced significantly for WC00046 and
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WC00081 cell lines but not for WC00060 cell line. At 7 days after radiation exposure, the maximum apoptotic differential between 400 and 2400 MU/min occurred at a total dose of 0.5 Gy (Fig. 1c, arrows). Under these conditions, cell killing was 2.1-fold greater for WC00046, three-fold greater for WC00060, and 2.4 fold greater for WC00081 (Fig. 1c). Up to 90% of normal melanocytes survived both radiation dose rates (Fig. 1c). qRT-PCR analysis of apoptotic genes (Casp 3, Casp 9, Casp8, AIF, FAS, FASL, and PTEN) indicated that Fas-mediated extrinsic cell death signaling was most active in irradiated cells. A dose rate of 2400 MU/min induced an average of 10-fold more apoptosis compared with the control and three-fold more apoptosis compared with the 400 MU/min dose rate (Fig. 1d). Endoplasmic reticular (ER)-stress genes (BBC-3, NOXA, PERK) were upregulated in all cells tested (Fig. 1c). The expression of a radioprotection gene (SOD2) [37] was significantly upregulated in the 2400 MU/min group compared with nonirradiated controls among both melanoma and normal cells. Similar to HEM, normal human fibroblasts maintained higher survival when treated at 2400 MU/min. Cells showed complete recovery from the radiation treatment and continued to proliferate 7 days after irradiation, suggesting that a total dose of 0.5 Gy administered at 2400 MU/min was relatively harmless to HEM and HDF.

A dose rate of 2400 MU/min induced greater DNA damage and reduced cell proliferation compared with a dose rate of 400 MU/min at a total dose 0.5 Gy, but HEM and HDF were relatively unharmed. Quantification of DNA damage in WC00046 cells showed that, at a total dose of 0.5 Gy, the dose rate 2400 MU/min caused seven-fold more DNA damage than in nonirradiated controls and nearly two-fold more DNA damage than a 400 MU/min dose rate (P < 0.002; Fig. 2a). WC00060 and WC00081 cell lines showed similar sensitivities (data not shown), suggesting a direct correlation between the dose rate and DNA damage. HEM showed no significant DNA damage and HDF showed slightly higher DNA damage only at the 400 MU/min dose rate (Fig. 2a). When cell proliferation was analyzed at 7 days after radiation, melanoma cells (only WC00046 data shown) irradiated at a rate of 2400 MU/min showed a 2.2-fold reduction in proliferation compared with nonirradiated controls and a 1.7-fold reduction compared with cells irradiated at the 400 MU/min dose rate (Fig. 2b). DNA repair genes (MSH-2, MDM2, MDM4, PARP 1, PARP2) were upregulated approximately three-fold in the WC00046 cell line treated at 2400 MU/min, which was correlated with DNA damage; however, these genes were upregulated more than 10-fold in HEM compared with controls (Fig. 2c), indicating very active DNA repair genes CCND1 and CCND2 were downregulated in melanoma cells (only WC00046 data shown; WC00060 and WC00081 showed similar results), but both genes were upregulated six-fold in HEM compared with controls (Fig. 2c). Neither radiation dose rate significantly affected proliferation of HEM (Fig. 2d) or HDF, and the cells continued to maintain normal physiological morphologies. These cells exhibited complete recovery from the radiation treatment and continued to proliferate 7 days after irradiation, suggesting that a total dose of 0.5 Gy administered at 2400 MU/min was relatively harmless to HEM and HDF.

Radiation induced upregulation of mitochondrial respiration by a post-transcriptional mechanism in both normal and cancer cells. Previous reports have indicated that mitochondrial respiration activities were altered after irradiation [38]. To investigate respiration, irradiated melanoma cells were stained with the Mitotracker dye 7 days after irradiation, and fluorescence was qualitatively analyzed (Fig. 3a). Irradiated WC00046 cells showed markedly more fluorescence than nonirradiated controls, and the intensity of staining among cells irradiated at 2400 MU/min was visibly higher than that among cells irradiated at 400 MU/min, suggesting that the radiation directly triggered upregulation of mitochondrial respiration. WC00060 and WC00081 cells gave results similar to WC00046 cells (data not shown). Semiquantitative analysis of the relative fluorescent intensity showed a 1.3-fold increase in cells treated at 400 MU/min and a 2.3-fold increase in cells treated at 2400 MU/min compared with controls, indicating that the increase in fluorescence was directly associated with the radiation dose rate (Fig. 3b). Normal HEM did not show significant upregulation of respiration at either dose rate but HDF showed upregulation. In this setting, images of WC00046 cells that were irradiated and treated with inhibitors showed no significant change in morphology compared with controls (Fig. 3c).

Radiation and mitochondrial respiration inhibitors synergize to induce greater apoptosis in melanoma cells. To investigate whether targeting mitochondrial respiration increased apoptosis in a synergistic manner with radiation, a minimum lethal dose of oligomycin or rotenone was used to pretreat the cells before irradiation. Cell counts 7 days after irradiation showed that apoptosis increased in the presence of the inhibitors for all melanoma cells at both dose rates (Fig. 4a). On average, 76% cell death was observed among cells treated at 2400 MU/min compared with 59% among cells treated at a 400 MU/min dose rate, and cell death among cells treated at 2400 MU/min was 3.6-fold that among nonirradiated controls. In melanocytes, however, the dose of inhibitor used caused apoptosis in less than 20% of cells.

In this setting, the expression of major mitochondrial respiratory genes (NDUFS4, SDHC, UQCR10, ATP6, COX4I2, and ATPAF2) was generally upregulated (Fig. 4b), suggesting that elevated respiratory activity subsequent to radiation treatment was partly a post-transcriptional event. When cell proliferation was
(a) WC00046 melanoma cells and normal HEM were pretreated with oligomycin or rotenone for 1 h and subsequently irradiated with 0.5 Gy at a dose rate of 400 or 2400 MU/min. At 7 days after radiation, the treated cells were stained with Mitotracker red fluorescent dyes to detect mitochondrial respiration, and fluorescence microscopy was used for imaging (20 x magnification; scale bars indicate 100 µm). Nonirradiated control cells (insets) are shown for the individual radiation setting for each cell type. Each panel shows a representative fluorescent field from four separate experiments. (b) Average fluorescence intensity from five random fields for each experimental setting as described in (a) normalized against the average intensity of corresponding nonirradiated cells (black bars). Fold changes for 400 MU/min rate (white bars) and 2400 MU/min rate (grey bars), shown with standard error bars. (c) Cells as in (a) were stained with nuclear red and methylene blue, and morphology was visualized by bright field microscopy. HEM, human epidermal melanocytes.
(a) Cells were pretreated with oligomycin [(+)O, 50 nmol/l] or rotenone [(+)R, 50 nmol/l] for 1 h and subsequently irradiated with 0.5 Gy at either 400 MU/min (solid grey bars) or 2400 MU/min (solid white bars) compared with nonirradiated controls (solid black bars). At 7 days after irradiation, the number of surviving cells was counted and the percent survival was plotted after normalizing against corresponding control cells (means no radiation and no inhibitors = 100% survival, data not included in graph). The statistical differences between 400 and 2400 MU/min were $P<0.008$ for WC00046 (*), $P<0.001$ for WC00080 (**), and $P<0.005$ for WC00081 (***) for (+)O and $P<0.004$ for WC00046 (*), $P<0.008$ for WC00081 (**), and $P<0.005$ for WC00081 (***) for (+)R. (b) Gene expression was analyzed for mitochondrial respiration in irradiated cells by qRT-PCR. Gene expression data from WC00046/control, WC00046/400, WC00046/2400, HEM/control, HEM/400, and HEM/2400 are represented by solid black, solid white, solid grey, large grid, black-dotted, and light horizontal bars, respectively. (c) Proliferation potential was quantified using the MTT assay for WC00046 cells and HEM from (a) in the absence (control, solid grey bars) or presence of oligomycin [(+)O] or rotenone [(+)R] after irradiation with 0.5 Gy at 400 or 2400 MU/min. Statistical differences between the two dose rates were $P<0.007$ for (+)O (*) and $P<0.013$ for (+)R (**). All experiments were performed four times; standard error bars are shown. HEM, human epidermal melanocytes; qRT-PCR, quantitative real-time reverse transcriptase PCR.
quantified, irradiated WC00046 cells that were pretreated with inhibitors showed significant differences [11% for (+)O and 15% for (+)-R] between the two dose rates; however, HEM cells did not show differences (Fig. 4c). Neither inhibitor significantly affected HEM survival, indicating that blocking mitochondrial respiration selectively enhances apoptosis of melanoma cells.

Colony survival of melanoma cells following irradiation at 2400 MU/min is significantly less than that after irradiation at 400 MU/min; however, HEM survival is maintained at 80%. To investigate the differences between cell-count data and end-point colony formation, irradiated cells were serially diluted and allowed to form colonies (Fig. 5a). The colony assay has been widely used in radiation biology to assess cytotoxicity and the effects of ionizing radiation on cells, as well as to study radiosensitizers [39,40]. Decreases in survival (%) of melanoma cells were observed from cell (Fig. 1c) and colony counts (Fig. 5b), suggesting that the apoptotic effect of ionizing radiation continued past 7 days after irradiation. In contrast to cancer cells, the colony and cell counts of HEM did not show significant differences, indicating that the normal cells recovered and proliferated immediately after radiation treatment. This was consistent with the reduction in or the absence of DNA damage after irradiation (Fig. 2). The colony formation assay indicated that cell killing efficiency following irradiation was three-fold greater for WC00046 cells, seven-fold greater for WC00060 cells, and two-fold greater for WC00081 cells at 2400 MU/min compared with 400 MU/min (Fig. 5b). HEM colonies maintained greater than 80% survival at both dose rates (Fig. 5b). Pretreatment with oligomycin and rotenone before radiation treatment further reduced cell survival of melanoma cells (average 21% and average 17%, respectively; Fig. 5c).

Protein expression analyses were carried out using anti-Bcl-2, anti-caspase-3 (cleaved), and anti-PARP 1 (cleaved) on untreated and irradiated melanoma cells for antiapoptotic and apoptotic signals, respectively. Expression of Bcl-2 was downregulated in the irradiated melanoma cell lines (24 Gy/min), whereas untreated cells maintained their base level expressions (Fig. 6b). However, no significant changes were observed in the expression levels of caspase-3 between control and irradiated (24 Gy/min) cells (Fig. 6b). PARP 1 protein levels in irradiated melanoma cells were minimally downregulated when compared with non-irradiated controls. Flow cytometric analyses of cyclin D1 and cyclin D2 in melanoma cell lines 24 h after irradiation showed a minimal decrease in the expression of the cyclins (Fig. 6c).

Discussion

Melanoma is an aggressive skin cancer that kills more than 9000 people in the USA annually, and it was estimated that more than 76000 new cases would be diagnosed in 2014 [41]. Melanoma is frequently radiosensitive, and radiation protocols are effective only as palliative therapy. However, recent studies using external beam radiation therapy both in vitro and in vivo have demonstrated radioresponsiveness and a heterogeneous range of radiation sensitivities of melanoma [42–45]. Radiation therapy is infrequently used for treating primary tumors, but recent randomized data generated from high-risk patients suggest the importance of adjuvant radiotherapy [46]. Development of the FFF mode has improved radiotherapy for various cancers, including metastasized melanoma, with respect to both local control and palliation in patients [47,48]. To achieve better disease control and prevent progression of melanoma, we investigated the use of the FFF mode of irradiation to accelerate cell death in metastatic and malignant melanoma cell lines in an in-vitro setting. Our data demonstrated that the combination of an unconventional high dose rate (2400 MU/min) with a low total dose (0.5 Gy) in the FFF mode produced greater induction of apoptosis in melanoma cells than that obtained with a conventional clinical dose rate (400 MU/min). This protocol produced an average of five-fold more cell death in the in-vitro setting, implying that a similar clinical protocol could be derived that would minimize long-term toxicities resulting from high radiation doses [49]. Minimizing toxicities is a major goal of anticancer therapy. With our protocol using a low overall dose but a high dose rate, survival of HEM and HDF were preserved above 80% (Figs 1 and 5). Recently, intensity-modulated radiotherapy for mucosal melanoma yielded a 3-year survival rate and mild toxicity for 75% of patients [50], implying that our unconventional radiation protocol has translational potential to the clinical setting.

High-dose radiation causes extensive damage to normal tissue surrounding the tumor, thereby inducing lesions and prolonging toxic side effects [51]. Unfortunately, the adverse untargeted effects of radiotherapy include alterations to the microenvironment of the target tissue, induction of metastasis, and worsening of clinical outcome [52]. There is an unmet clinical need for delivering low-dose radiation and maintaining a low total radiotherapeutic dose. In our experimental setting, delivery of 0.5 Gy in combination with a high dose rate of 2400 MU/min had minimal cellular radiotoxicity in HEM and HDF while accelerating the killing of melanoma cells. Significant upregulation of apoptotic genes in melanoma cells confirmed these findings. Radiation-mediated DNA damage and cell death of melanoma cells were evident immediately, but the data also indicate that the toxic effect continued, as cell survival determined from colony counts was significantly less than that predicted from the cell count at 7 days after irradiation. In contrast, HEM and HDF showed nonsignificant radioxicity. Our data indicate that this radioprotection may be a consequence of overexpression of DNA repair genes.
(a) Colony assays were performed for each radiation treatment. Cells were serially diluted in six-well plates in duplicate. Stained colonies of WC00046 cells under the dose rates 400 and 2400 MU/min with 0.5 Gy total dose are shown next to nonradiated controls. WC00060 and WC00081 colonies showed similar staining (data not shown). (b) Percent cell survival of irradiated cells that received 0.25, 0.5, 0.75, 1, 2, 4, or 8 Gy at 400 MU/min (solid black line with diamond) or 2400 MU/min (solid gray line with square) was plotted by counting colonies. Arrows indicate a 0.5 Gy total dose for both dose rates. (c) Percent cell survival of irradiated cells from (b) that received a 0.5 Gy total dose plotted after normalizing against corresponding untreated controls (100% cell survival means no radiation, no inhibitors; data not shown). Percent cell survivals are shown in the absence (solid black bars) and presence (solid grey bars for 400 MU/min and solid white bars for 2400 MU/min) of the mitochondrial respiration inhibitors oligomycin [(+)O] and rotenone [(+)R]. All experiments were performed four times separately; standard error bars are shown.
and minimal DNA damage (Fig. 2). In addition, the cell proliferation potential of HEM and HDF was not altered by radiation; instead, the cells showed significant upregulation of cyclins to promote cell division for recovery after 7 days. Moreover, the levels of the proteins cyclin D1 and cyclin D2 in melanoma cells 1 day after...
irradiation (24 Gy/min) were minimally decreased compared with that in nonradiated controls, indicating that the process of apoptosis had begun soon after irradiation, consistent with downregulation of Bcl-2 in the irradiated (24 Gy/min) melanoma samples. These in-vitro data provide evidence that use of the FFF mode, a dose rate of 2400 MU/min, and a low total dose of 0.5 Gy can potentially fulfill clinical needs and enhance clinical outcomes.

Mitochondrial function is directly related to cancer progression [53,54]. Our data showed that radiation caused melanoma cells to upregulate mitochondrial respiration, and this active energy production may be associated with a radioprotective mechanism (Fig. 3). Furthermore, proteinalysis of caspase-3 (cleaved) and PARP 1 (cleaved) showed no significant difference in melanoma cells in both nonradiated and irradiated (24 Gy/min) samples (Fig. 6b). Respiratory activity was directly correlated with dose rate in cancer cells up to 7 days after irradiation; however, this was not observed in HEM and HDF, suggesting apoptotic pressure on cancer cells but not on primary normal cells. Radiation-mediated mitochondrial respiratory activities in melanoma cells can be efficiently blocked by oligomycin or rotenone in dose windows that are minimally toxic to primary skin cells (Fig. 3), demonstrating potential efficacy for managing melanoma in combination with selected radiotherapy protocols.
Previous studies have shown that sensitization of mitochondrial pathways in melanoma induces responses to chemotherapeutics [55]. Furthermore, the metabolic pathways of normal cells depend on oxidative phosphorylation, but cancer cells rely on aerobic glycolysis, which depends on mitochondrial respiration [56]. The results of this in-vitro study give a new perspective to melanoma therapy – that is, the combinatorial effect of high dose rate and low total dose has higher apoptotic potential in melanoma cells but minimal deleterious effects on surrounding HEM. Moreover, the addition of mitochondrial inhibitors further enhances apoptosis in melanoma while retaining high survival percentages of HEM, indicating a beneficial role of mitochondrial inhibitors in adjuvant therapy for metastatic and malignant melanomas. Innovative technology developments help deliver the required doses to the tumor and minimize damage to the surrounding tissue [57]. In this study, mitochondrial inhibitors were shown to have a significant influence on melanoma radiation therapy, reducing survival of metastatic melanoma cells to 25% in colony assays and 44% in cell-count assays, and maintaining 80% survival of HEM. Our results demonstrate that radiation at a dose rate of 2400 MU/min enhances apoptosis in melanoma cells through a Fas-mediated apoptotic pathway (Fig. 1d). The activation of Fas and a cascade of several apoptotic genes triggers apoptosis in melanoma cells. Fas-mediated apoptotic signaling in melanoma cells has been documented previously [58]. The underlying mechanism for the activation Fas signaling by a high dose rate of radiation is not known, and further study is required. Downregulation of antiapoptotic genes and upregulation of apoptotic and stress genes in ER and cell-death pathways support the high cell-kill efficiency of the 2400 MU/min dose rate compared with the conventional clinical dose rate of 400 MU/min. The absence of differential expression of these genes in primary skin cells suggests that the total dose of 0.5 Gy under both dose rates was relatively harmless.

In summary, this study demonstrates a potential anti-melanoma therapy by using a combination of high dose rate and low total dose (2400 MU/min/0.5 Gy) to enhance the radiosensitivity and apoptotic rates in melanoma cells while preserving the survival of primary skin cells. The radiosensitivity can be further increased by inhibiting the activities of mitochondrial respiration chains. Melanoma cells upregulate mitochondrial respiration to partly overcome the damage caused by radiation treatment. The combinatorial use of a dose rate 2400 MU/min, a low dose of 0.5 Gy, and blockers of mitochondrial respiration activity can potentially introduce innovative anti-melanoma therapeutic options in the clinical setting.

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Conflicts of interest
There are no conflicts of interest.

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