Timing the Establishment of Kentucky Bluegrass : Perennial Ryegrass Mixtures for Football Fields

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Abstract. Sports field construction contracts in cool-season areas often stipulate a 9- to 12-month period between seeding and opening for play. Seed mixtures are usually dominated by slow-establishing Kentucky bluegrass (KBG; Poa pratensis L.) and contain lower proportions of perennial ryegrass (PRG; Lolium perenne L.) for quick cover. Our objective was to evaluate the effect of planting time on three KBG : PRG mixes, a 100% PRG blend, and their ability to sustain football-type traffic. Field plots were seeded in late summer, as a dormant planting in late fall, and in the following spring. Plots received simulated football traffic, split for one or four weekly games, from mid-August through mid-November of the year in which spring seeding occurred. The experimental design was a strip-split-plot, randomized block with four replications. All seedings dates provided acceptable turf quality regardless of seed type by September. However, summer seedings of KBG-based mixtures provided better turf quality than mixtures planted in the spring, whereas dormant-seeded mixtures provided the poorest turf quality. Turf seeded with 100% PRG was less sensitive to seeding date, with summer or spring seedings providing similar quality and dormant seedings superior to KBG-based dormant seedings. Summer seedings also resulted in the least amount of broadleaf weeds the next year with dormant seedings having the most weeds, particularly with plots seeded to 95% KBG. All KBG-based seed mixtures provided turf containing >50% KBG or more by September, although the amount of KBG remaining after traffic was significantly greater in plots seeded to 95% KBG and least in plots seeded with 70% KBG. Pure PRG swards provided acceptable turf quality throughout the traffic period but should be used cautiously as a result of winterkill potential and crown rust disease (Puccinia coronata Corda f. sp. agropyri Erikss.). Different amounts of traffic did not affect turf species proportions. The most consistently desirable results may be obtained with a mixture containing 70% to 80% KBG and 30% to 20% PRG, respectively. Mixtures dominated by KBG should be seeded in late summer for best results.

Sports fields are often constructed under short time lines. In the U.S. school system, football seasons last from mid-August to mid-November. Many consultants and contractors like to have 9 to 12 months between seeding a C₃ turfgrass-based field and when play begins to ensure sufficient turf development. In most cases, this timeline is not feasible nor is documentation available to show such a timeline is needed. Furthermore, the timeline needed for turf development from seeding before it can withstand sports traffic may vary with the grass species or mixes used, because perennial ryegrass (PRG) establishes dramatically faster than Kentucky bluegrass (KBG).

An equivalent amount of KBG and PRG is often desired in a sward with the intent to prevent significant damage whenever one species is susceptible to a particular biotic or abiotic stress. Previous research has indicated that anywhere from 50% to 95% KBG seed by weight was needed to obtain a 50:50 sward mixture with PRG as a result of slow germination of KBG (Brede and Duich, 1984a, 1984b; Larsen et al., 2004; Larsen and Bibby, 2005; Stier et al., 2005). In some cases, a 100% PRG seed mix may be necessary and practical depending on the time of year sown. To maximize growth and avoid either winterkill or high temperature (summer) stress of immature plants, recommendations are to plant C₃ turfgrasses in late summer, although dormant (late fall) or spring seedings are often used out of necessity or convenience (Stier, 2000). Our primary objective was to determine the relative effectiveness of summer, dormant, and spring seeding dates for KBG-based mixtures or PRG and their tolerance to autumn traffic.

Our secondary objective was to determine how the seed mixtures affected turf composition when subjected to traffic.

Materials and Methods

Field studies were conducted twice over 2 successive years in Madison, WI, to evaluate the effects of four seed types planted at three different times and subjected to two different levels of traffic. The soil type was a Batavia silt loam (fine-silty, mixed, superactive, mesic, Fluvaquentic Endoaquoll) with pH 7.4, 7.4 pure live seeds at 85 mg kg⁻¹, potash at 160 mg kg⁻¹, and 3.9% organic matter. The experimental design was a strip-split-plot, randomized block with four replications. Traffic was applied as a strip-plot treatment to mature turf from mid-August to mid-November. A Brinkman Traffic Simulator (1.2-m width) was used to simulate either one or four football games weekly for a total of either 14 or 56 games annually (Cockerham and Brinkman, 1989). Nontrafficked plots were not included because all football fields are intended to receive some level of play. Main plots (3.6 m × 10.9 m) were planting dates: late summer (30 Aug. 2004 and 1 Sept. 2005), a dormant seeding in late autumn (26 Nov. 2004 and 29 Nov. 2005), and early spring (28 Apr. 2005 and 27 Apr. 2006).

Seed types were subplots (1.4 × 3.6 m) and included a 100% PRG blend and mixtures of 95:5 KBG : PRG (w/w), 80:20, and 70:30. The seed blend and mixtures were prepared and donated by L.L. Olds Seed Co. (Madison, WI) by a certified seed technologist. Seed mixtures were based on information from a previous study and represent the range of mixtures commonly used for athletic fields in the upper Midwest (Stier et al., 2005). KBG cultivars used in the mixtures were ‘Touchdown’, ‘Odyssey’, and ‘Fairfax’, whereas the PRG cultivars were ‘Manhattan 4’, ‘SR4500’, and ‘Fiesta 3’. Cultivars within a species were blended in equal proportions. We seeded plots at rates needed to achieve two pure live seeds (PLS) per square centimeter. Seeding rates were determined by multiplying the germination percent by seed purity percent to determine PLS, then calculating the density of each seed species in a mixture using a 1000-seed sample, and adjusting the seed weight accordingly for the seeding of each treatment. Seeding rates were as follows: 9.8 g m⁻² for 95:5 mixture, 11.4 g m⁻² for 80:20, 12.2 g m⁻² for 70:30, and 38.4 g m⁻² for 100% PRG.

Starter fertilizer (13N–11.4P–10K) was applied at time of seeding to provide phosphorus at 2.2 g m⁻². Biodegradable Futerra covers (Profile Products LLC, Buffalo Grove, IL) were placed over new seedings to enhance germination and prevent erosion. Irrigation was supplied after seeding of summer and spring-planted plots daily until 2 to 3 weeks after germination occurred. Dormant-seeded plots received irrigation at the same time as spring-seeded plots. For summer-seeded plots, irrigation continued once weekly for an
additional 4 weeks before allowing turf to harden off for winter. The next year, all plots were irrigated once weekly until the third week in October. Irrigation was supplied during the growing season to replenish 100% of the weekly estimated evapotranspiration as determined using a weather station (Campbell Scientific, Logan, UT) and a modified Penman equation.

Mowing began when irrigation was reduced to once weekly (~3 weeks after germination). Turf was mowed at 3.8-cm height one to three times weekly during the growing season, depending on the growth rate, using a reel mower with clippings returned. We applied a broadleaf herbicide containing 2,4-D (2,4-dichlorophenoxyacetic acid, 30.6%), MCPP (2-methyl 1-4 chloro-phenoxy propionic acid, 8.2%), and triclopyr (3,6-dichloro-o-anisic acid, 2.8%) on 21 June 2005 and 29 June 2006 to control broadleaf weeds. Plots were fertilized with nitrogen at 4.9 g m⁻² using a 25N–0.9P–3.3K fertilizer each time in early Oct. 2004/2005, late May 2005/2006, early Sept. 2005/2006, and early Oct. 2005/2006.

We rated turf quality monthly during the growing season on 1 to 9 scale with 1 = bare soil/dead turf, 9 = ideal turf, and 6 = acceptable turf. Ground cover and composition were quantified using an optical point quadrat in Aug. and Oct. 2005 and monthly from August through November in 2006 (Nov. 2005 data collection was thwarted by snow cover). The quadrat measured 0.6 m x 1.2 m with 5 x 10-cm grids. Data were collected by determining the lack of type of plant (i.e., broadleaf weed or grass), and if a grass then tiller type (e.g., KBG, PRG, or Poa annua L.), directly underneath 100 intersections of the grid.

Analysis of variance was used to identify the effects of year, traffic, time of seeding, seed mixture, and potential interactions. Data collected before the start of traffic were analyzed with timing as a main plan and mixture as a subplot. After traffic was started, traffic and time of seeding were evaluated as horizontal and vertical factors, respectively, whereas seed mixture was treated as a subplot. Analysis of variance was used to identify the lack of type of plant (i.e., broadleaf weed or grass), and if a grass then tiller type (e.g., KBG, PRG, or Poa annua L.), directly underneath 100 intersections of the grid. Data collected before the start of traffic were analyzed with timing as a main plan and mixture as a subplot. After traffic was started, traffic and time of seeding were evaluated as horizontal and vertical factors, respectively, whereas seed mixture was treated as a subplot. Analysis of variance was used to identify the lack of type of plant (i.e., broadleaf weed or grass), and if a grass then tiller type (e.g., KBG, PRG, or Poa annua L.), directly underneath 100 intersections of the grid.

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Results and Discussion

Treatment effects on turf quality before traffic. Pretraffic turf quality was consistently affected by seed mix but with different results in each year (Fig. 1). In 2006, turf quality during July through August was two to four units (1–9 scale) below 2005 ratings. Air and soil temperatures during this time were similar between years (Fig. 2), whereas 50% more precipitation occurred during June through August in 2006 (31.6 cm) than 2005 (20.4 cm). Greater Poa annua populations during Summer 2006 reduced the turf quality as a result of prolific seedhead production followed by senescence (Table 1). Crown rust disease occurred in July 2006 and was particularly severe on plots seeded to 100% PRG but minor on KBG mixes as a result of the low amount (less than 30%) of PRG. On a scale of 1 to 9, with 1 equal to 100% diseased turf and 9 equal to no disease, plots seeded to 100% PRG rated 4.6, whereas mixtures containing 30%, 20%, and 5% PRG, respectively, rated 7.3, 7.5, and 8.1 with an LSD₀.₀₅ value of 0.4. Despite the relatively poor turf quality of KBG : PRG mixtures when traffic started in mid-August of 2006, quality improved dramatically to well above acceptable levels by mid-September before declining due to traffic (Fig. 1).

Planting times regularly affected the ability of a particular seed mix to provide a given level of turf quality, particularly before traffic treatments occurred. Dormant seedings had the worst turf quality of any seeding date until late summer, although PRG was much less affected than KBG-dominated mixtures (Table 2). Likewise, spring seedings of 100% PRG provided high-quality turf by June of each year, whereas KBG-dominated mixtures took 1 (2005) to 3 (2006) more months to provide acceptable-quality turf (6.0 or greater rating). Late summer seedings usually provided the best turf quality throughout the next growing season and were least affected by seed mix. PRG suffered partial winterkill, particularly in the low-lying fourth replication, during the winter of 2004 through 2005, but growth from surviving turf provided comparable quality to KBG : PRG mixtures by June 2005.

Broadleaf weed cover was affected by the planting time for a given seed type. Dormant seedings resulted in approximately two to four times more weeds compared with either summer or spring seedings with 100% PRG swards having the fewest weeds (Table 3). Otherwise, seed mixture had little effect on broadleaf weeds. Broadleaf weed cover was negligible in mid-May, covering less than 2% of the ground in summer seedings, less than 3% in spring seedings, and less than 10% or 17% in the dormant-seeded plots in 2005 and 2006, respectively (data not shown). By June, broadleaf weed populations ranged between
7.5% and 14.9% groundcover in 2005 and 5.5% to 26.9% in 2006. The main weeds were dandelion (Taraxacum officinale), black medic (Medicago lupulina), lambsquarters (Chenopodium album), smartweed (Polygonum pensylvanicum), and yellow woodsorrel (Oxalis stricta). Weeds were virtually eliminated within 4 weeks of herbicide application with the exception of some O. stricta, which is notoriously resistant to phenoxy herbicides (Marshall, 1987). The weeds did not seem to have any long-lasting impact on turf quality once they were removed.

Treatments effects on turf quality during traffic periods. Traffic generally affected all turf treatments similarly regardless of seed mixture or seeding date, because the effect of traffic intensity was affected by seed mix and timing on only one date each in 2005 (data not shown). Four weekly simulated games decreased turf quality in October and November of 2005 and September, October, and November of 2006 compared with one weekly game (P < 0.05). In 2005, turf quality decreased from 8.1 rating in September to 7.6 in October and 6.4 in November when subjected to four weekly simulated football games, whereas quality for each respective month was 7.9, 8.7, and 8.1 when only one weekly game was simulated. In 2006, turf quality decreased from 8.1 in September to 5.9 in October and 4.4 in November when subjected to four weekly simulated football games. Turf receiving only one weekly simulated game maintained quality of 8.6, 8.2, and 8.1 during September, October, and Nov. 2006, respectively. Freezing air temperatures slowed turf growth after mid-October in 2006 (Fig. 2), causing relatively poorer turf quality at the higher traffic level during October and November compared with 2005 (Fig. 1).

The time of seeding did not impact turf quality during the traffic period in either year. Seed mix continued to affect turf quality during the traffic period, although results differed between years. In 2005, the 100% PRG turf had poorer turf quality during September and October than the mixtures, whereas in 2006, the 100% PRG had significantly better quality than the mixture with 95% KBG (Fig. 1). However, all seed types provided acceptable turf quality during the traffic period except the 95% KBG mixture, which fell to less than 6.0 rating during Nov. 2006.

Seed mix had little effect on the amount of exposed soil during the traffic period. By Oct. 2005, the 100% PRG treatment had significantly more exposed soil than any mixture, but over 95% of the ground was still covered by vegetation so practical differences were negligible (Table 1). In 2006, there was no consistent effect of seed mixture on the amount of exposed soil, although the amount of exposed soil increased during the traffic period between ≈12% and 17% by mid-November. The amount of exposed soil in 2006 was greater than in 2005 as a result of freezing air temperatures beginning early October, which effectively stopped turf recovery although soil temperatures at a 5-cm depth remained at ≈5 to 8 °C (Fig. 2).

Seed mixture and planting time effects on sward composition during traffic periods. All three mixtures provided at least 50% KBG in the plant population, whereas PRG constituted no more than 30% of the sward from any mixture (Table 1). The 80 : 20 and 70 : 30 mixtures produced similar amounts of KBG and PRG plants, whereas the 95 : 5 mix had more KBG and less PRG than the other two mixtures (Table 1). P. annua comprised between ≈10% and 25% of the groundcover and was least in 100% PRG-seeded plots. A time of seeding by seed type interaction affected KBG percentage in the swards in 2005 but not 2006. In 2005, increased amounts of PRG in seed mixes decreased the amount of KBG in the sward when seeded in spring more than when seeded in late summer or as a dormant seeding in late fall (Table 4). When seeded in spring 2005, only mixtures containing 95% KBG seed (by volume) provided at least 50% KBG in the sward, whereas mixtures containing 70% and 80% KBG seed were dominated by PRG. The relatively large differences in the amount of KBG resulting from spring plantings were likely the result of spring weather conditions. Air and soil temperatures were ≈5 °C greater in 2006 compared with 2005 (Fig. 1.), which presumably initiated more rapid establishment of PRG. Although KBG has a lower base temperature requirement (2.6 °C) than PRG (3.6 °C), KBG has almost double the germination time (Larsen and Bibby, 2005). Precipitation data were similar between years, averaging 7.7 cm in May of both 2005 and 2006.

Brede and Duich (1984b) reported that an 80 : 20 KBG : PRG seed weight ratio provided a sward with equivalent KBG and PRG shoots. Our data suggest variability exists, sometimes as a function of seeding time. Our sward composition data were similar to data from mixtures containing elite KBG cultivars published in Stier et al. (2005), although one of the current KBG cultivars (‘Odyssey’) and all three of the PRG cultivars were different between the two projects. Several comparison trials containing one of the PRG cultivars (‘Manhattan 3’) in Stier et al. (2005) and the three used in the current study indicated all four had similar spring greenup, seedling establishment, winterkill, and autumn density (NTEP, 2003). Poa annua was a major
Table 1. Seed mixture effects on percent groundcovered by grasses and subjected to simulated football traffic from mid-August to mid-November, Madison, WI.

| Seed mixture* | 18 Aug. | 20 Oct. | 17 Aug. | 22 Sept. | 26 Oct. | 20 Nov. |
|---------------|---------|---------|---------|----------|--------|--------|
|                |         |         |         |          |        |        |
| Kentucky bluegrass (%) |
| 95:5          | 70.4    | 67.7    | 48.7    | 65.0     | 63.0   | 53.9   |
| 80:20         | 59.7    | 56.1    | 49.1    | 53.1     | 55.1   | 41.7   |
| 70:30         | 58.0    | 54.0    | 48.1    | 45.5     | 47.8   | 38.8   |
| 0:100         | 0.2     | 0.2     | 2.9     | 10.5     | 2.9    | 0.0    |
| LSD0.05       | 6.7     | 6.2     | 8.8     | 8.6      | 5.7    |        |
| Perennial ryegrass (%) |
| 95:5          | 13.5    | 9.6     | 11.3    | 16.9     | 12.0   | 14.0   |
| 80:20         | 24.5    | 16.5    | 17.5    | 17.2     | 21.7   | 26.9   |
| 70:30         | 30.4    | 20.8    | 20.9    | 15.2     | 25.9   | 28.8   |
| 0:100         | 85.0    | 76.5    | 77.0    | 66.4     | 74.3   | 72.0   |
| LSD0.05       | 7.8     | 4.8     | 7.4     | 15.3     | 8.2    | 4.0    |
| Poa annua (%) |
| 95:5          | 16.0    | 21.5    | 24.9    | 17.5     | 17.2   | 17.5   |
| 80:20         | 15.6    | 25.1    | 21.3    | 19.3     | 16.0   | 17.6   |
| 70:30         | 11.2    | 23.6    | 20.8    | 23.0     | 19.0   | 19.9   |
| 0:100         | 9.6     | 18.7    | 12.2    | 10.7     | 13.0   | 10.8   |
| LSD0.05       | 4.8     | NS      | 7.4     | 6.7      | 4.3    | 4.4    |

*Mixtures were ratios (by weight) of Kentucky bluegrass (Poa pratensis) : perennial ryegrass (Lolium perenne).

*Data from this month included broadleaf weed counts.

**Nonsignificant at P ≤ 0.05.

LSD = least significant difference.

Table 2. Turf quality affected by proportions of Kentucky bluegrass and perennial ryegrass as a function of planting time in Wisconsin.

| Mixture | Planting time | May | June | July | Aug. | Sept. | Nov. |
|---------|---------------|-----|------|------|------|-------|------|
| 95:5    | Summer        | 7.2 | 7.5  | 9.0  | 8.8  | NA    | 7.5  |
| 80:20   | Summer        | 7.1 | 7.6  | 8.9  | 8.9  | NA    | 7.5  |
| 70:30   | Summer        | 6.6 | 8.0  | 8.8  | 8.5  | NA    | 7.4  |
| 0:100   | Dormant       | 5.6 | 7.8  | 8.1  | 7.6  | NA    | 7.1  |
| 95:5    | Dormant       | 1.0 | 3.6  | 6.6  | 8.0  | NA    | 6.6  |
| 80:20   | Dormant       | 1.0 | 3.6  | 6.8  | 7.9  | NA    | 6.9  |
| 70:30   | Dormant       | 1.0 | 3.8  | 6.9  | 8.2  | NA    | 7.2  |
| 0:100   | Dormant       | 2.8 | 5.8  | 7.5  | 6.8  | NA    | 7.6  |
| 95:5    | Spring        | 1.0 | 3.9  | 7.0  | 7.9  | NA    | 7.1  |
| 80:20   | Spring        | 1.0 | 5.0  | 7.5  | 7.8  | NA    | 7.1  |
| 70:30   | Spring        | 1.1 | 5.2  | 7.1  | 7.6  | NA    | 7.5  |
| 0:100   | Spring        | 3.6 | 8.5  | 8.2  | 7.5  | NA    | 7.4  |
| P value |               | 0.0000 0.0000 0.0000 0.0187 0.1161 0.0024 |
| LSD0.05 between mixes within a planting time | 0.6 | 0.7  | 0.6  | 0.5  | NA    | 0.4  |
| LSD0.05 between planting times within a mixture | 1.1 | 1.0  | 1.6  | 0.6  | NA    | 0.5  |
| 95:5    | Summer        | 6.9 | 7.4  | 7.5  | 7.1  | 8.8  | NA    |
| 80:20   | Summer        | 7.8 | 7.6  | 7.6  | 7.4  | 8.8  | NA    |
| 70:30   | Summer        | 8.0 | 7.9  | 7.6  | 7.5  | 8.8  | NA    |
| 0:100   | Summer        | 9.0 | 8.8  | 6.0  | 7.5  | 8.7  | NA    |
| 95:5    | Dormant       | 1.0 | 1.5  | 3.8  | 2.5  | 7.5  | NA    |
| 80:20   | Dormant       | 2.0 | 3.2  | 4.5  | 2.9  | 7.8  | NA    |
| 70:30   | Dormant       | 2.0 | 3.6  | 4.5  | 3.4  | 7.8  | NA    |
| 0:100   | Dormant       | 4.6 | 6.4  | 6.4  | 6.0  | 8.6  | NA    |
| 95:5    | Spring        | 1.0 | 1.8  | 4.5  | 3.0  | 7.9  | NA    |
| 80:20   | Spring        | 1.6 | 4.2  | 5.8  | 3.9  | 8.4  | NA    |
| 70:30   | Spring        | 2.0 | 4.4  | 5.4  | 4.1  | 8.2  | NA    |
| 0:100   | Spring        | 5.6 | 8.9  | 6.8  | 6.8  | 8.8  | NA    |
| P value |               | 0.0000 0.0000 0.0000 0.0335 0.2048 |
| LSD0.05 between mixes within planting times | 0.4 | 0.6  | 0.7  | 0.7  | 0.5  | NA    |
| LSD0.05 between planting times within a mixture | 0.4 | 0.9  | 1.5  | 2.0  | 1.0  | NA    |

*Quality was rated on a 1 to 9 scale, with 1 = dead turf or bare soil, 6 = acceptable athletic field turf, and 9 = ideal turf quality. Ratings were collected midmonth.

*Data shown because interaction between seed mixture and planting time was nonsignificant at P ≤ 0.05. Data were also nonsignificant for October in both 2005 and 2006.

LSD = least significant difference.

Conclusions

KBG-based seed mixtures provide more consistent results for sports turf than 100% PRG but should be seeded the year (summer) before use to ensure acceptable turf quality at the beginning of the football playing season. KBG mixtures containing 70% to 80% KBG seed by weight will sometimes have better traffic tolerance than areas seeded to mixtures containing 95% KBG by weight. Different levels of traffic did not affect turf species composition, and high-quality athletic turf does not necessarily depend on having equivalent proportions of KBG and PRG in the sward.
Table 3. Interaction of seed mixture and planting season on broadleaf weed populations in Kentucky bluegrass and perennial ryegrass turf, Madison, WI.

| Ratio  | 20 June 2005 | 16 June 2006 |
|--------|--------------|--------------|
|        | Summer | Dormant | Spring | Summer | Dormant | Spring |
| 95:5   | 1.4     | 41.2    | 14.9   | 1.5    | 26.9    | 6.1    |
| 80:20  | 0.9     | 31.9    | 8.0    | 2.1    | 17.5    | 4.4    |
| 70:30  | 1.4     | 31.9    | 7.5    | 1.1    | 14.9    | 6.0    |
| 0:100  | 1.5     | 11.1    | 7.5    | 0.4    | 5.5     | 1.5    |

LSDB0.05 between mixtures 5.5 3.1
LSDB0.05 between seeding times 7.8 4.4

aSummer = 30 Aug./1 Sept.; dormant = late November, spring = late April.
bRatio shown reflects the seed mixture percentages (by weight) of Kentucky bluegrass and perennial ryegrass.
LSD = least significant difference.

Table 4. Seed mixtures have different effects on percentage of Kentucky bluegrass in a turf sward when seeded at different seasons, Verona, WI.

| Seed mixture | Late summer | Dormant | Spring |
|--------------|-------------|--------|--------|
| 95:5         | 69.8        | 79.2   | 62.2   |
| 80:20        | 62.5        | 73.8   | 42.8   |
| 70:30        | 61.5        | 72.8   | 39.8   |
| 0:100        | 0.2         | 0.2    | 0.2    |

LSDB0.05 between mixes within a planting time 11.6
LSDB0.05 between planting times within a mixture 11.4

18 Aug. 2005
20 Oct. 2005

LSD = least significant difference.

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