Coronary Artery–Left Ventricular Fistula with Giant Right Coronary Aneurysm: A Case Report and Literature Review

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ABSTRACT

Right coronary artery–left ventricular (RCA–LV) fistula with associated giant right coronary artery aneurysm (CAA) is an extremely rare cardiac condition. This case study presents a patient with a large left ventricle (LV) and a giant right CAA with a maximal inner diameter of approximately 56.6 mm and an inner diameter of approximately 22 mm at its communication with the left ventricle. The patient underwent surgical management, involving suturing of the proximal end of the CAA and coronary artery bypass grafting (CABG). RCA–LV fistula with a giant right CAA may involve serious complications, such as thrombosis, rupture, and heart failure. Therefore, it is necessary to establish effective management strategies for this condition. Although this case is not unique, it serves as an illustrative example of the implementation of a classic surgical treatment method.

INTRODUCTION

Both congenital coronary artery fistulae (CAF) and giant CAAs are exceedingly uncommon anatomical abnormalities [Vavuranakis 1995], with CAAs having a prevalence of 0.02% [Gottesfeld 2004]. RCA–LV fistula with a giant right CAA is rarely observed in clinical practice. This study reported a patient whose right coronary artery (RCA) was wholly dilated, and who underwent surgical management with good prognosis. Fifteen previously reported cases of giant right CAA associated with coronary fistulae also were reviewed [Shizukuda 1989; Nakamura 1998; Li 2005; Wei 2011; Zheng 2012; Jiang 2014; Sarasa 2015; Li 2015; Detorakis 2015; Zhu 2016; Li 2017; Uzuka 2018; Sun 2019].

CASE REPORT

A 48-year-old male was admitted to the hospital with a one-year history of heart palpitations and chest tightness. The patient’s past medical history included hypertension, and his physical examination revealed a continuous murmur on aortic valve auscultation. Electrocardiogram (ECG) showed premature atrial and ventricular contractions, chest X-ray showed a significant expansion on the right-heart and left-heart border,
while transthoracic echocardiogram and three-dimensional computed tomography (CT) demonstrated a giant right CAA with a maximal inner diameter of about 56.6 mm, with its terminal communication with the left ventricle measuring approximately 22 mm in diameter (Figure 1).

The patient underwent surgical management with cardiopulmonary bypass, with an arterial cannula inserted into the femoral artery and an intravenous cannula inserted into the femoral vein. The arrested heart then underwent direct perfusion through the coronary artery sinus and retrograde perfusion through the coronary venous sinus. Intraoperatively, the heart was found to be hypertrophic, and the RCA was wholly dilated and locally calcified with an opening measuring approximately 4.0 cm. The diameter and length of the right CAA was approximately 5.5 cm and 20 cm, respectively.

Regarding the left heart, the diameter of the LV fistula was about 22 mm and the left coronary artery was slightly thicker (Figure 2A, B). The aortic valve was probed, and no regurgitation was found. A continuous 5-0 polypropylene line was used to suture the LV septum and RCA opening. The left saphenous vein bypassed between the formed distal aneurysm and the ascending aorta, and a right coronary aneurysmoplasty was performed by making a tunnel between the right CAA residual cavity and the right atrium (Figure 2C). The operative time was approximately five hours, and the intraoperative blood loss was around 400 ml.

The patient recovered well and was discharged on the 14th postoperative day without complications.

**DISCUSSION**

Most coronary artery fistulae are congenital and usually involve the right heart, left heart, and pulmonary artery. The causes of CAA included coronary atherosclerosis, Kawasaki disease, congenital coronary dysplasia, trauma, and arterial dilatation after interventional therapy [Kamiya 2002]. Giant CAA in adults is defined as having a diameter greater than 20 mm. RCA–LV fistulae with giant right CAAs are rare. A literature search on the PubMed database for case reports between 1989 and 2017 yielded the following results:

| Authors       | Year | Age/sex | Symptoms            | CAA to fistula | Size mm | Fistula mm | Concomitant lesion | Operation               |
|---------------|------|---------|---------------------|----------------|---------|------------|-------------------|-------------------------|
| Shizukuda Y et al. | 1989 | 36/F    | Palpitation, SB     | RCA-LV         | 35      | 20         | NA                | CARC, closure          |
| Nakamura Y et al.  | 1998 | 57/M    | Chest oppression    | RCA-LV         | 80      | 15         | NA                | CARC, closure          |
| Li et al.       | 2005 | -       | Palpitation, fatigue| RCA-LV         | 138*121*110 | 22       | Al                | CABG*2, AVR, closure    |
| Li et al.       | 2005 | -       | Palpitation, SB, syncope| RCA-LV         | 56      | >10        | Operation 24 years previously | AP, Embolectomy, closure |
| Wei et al.      | 2011 | 26/M    | Asymptomatic        | RCA-LV         | 56*54*52 | NA         | Aortic dilation, AI, thrombus | CARC, AVR, AP, closure |
| Zheng et al.    | 2012 | 47/M    | Chest distress, body weakness | RCA-LV         | 70      | 20         | Thrombus          | CABG*1, closure         |
| Jiang et al.    | 2014 | 59/NA   | Chest distress, angina, fatigue | RCA-LV         | 60*53   | NA         | NVCM              | Closure                 |
| Harada et al.   | 2015 | 75/F    | Dyspnea             | RCA-LV         | 33      | NA         | MI                | MVP, ligation           |
| Li et al.       | 2015 | 51/M    | Cough, white sputum | RCA-LV         | 120*110 | 18         | NA                | CABG, closure           |
| Detorakis et al.| 2015 | 42/M    | Asymptomatic        | RCA-LV         | 56      | NA         | NA                | CABG, closure           |
| Zhu et al.      | 2016 | 45/M    | Chest congestion    | RCA-LV         | 100*61  | 8          | RVH               | CABG, closure           |
| Li et al.       | 2017 | 38/M    | Chest distress, palpitations | RCA-LV         | 21      | NA         | NA                | Closure                 |
| Uzuka et al.    | 2018 | 64/F    | Palpitations        | RCA-LV         | 60      | 4          | Thrombus          | CABG*1, Embolectomy, closure |
| Sun et al.      | 2019 | 55/M    | Chest pressure      | RCA-LV         | 50      | NA         | NA                | CARC, closure           |
| Ours            | 2020 | 48/M    | Chest distress, palpitations | RCA-LV         | 77*55   | 22         | NA                | CABG*1, closure         |

CAA, coronary artery aneurysm; RCA, right coronary artery; LV, left ventricle; CARC, coronary artery reconstruction; AI, aortic valve insufficiency; *: Mean 30-56 years; CABG, coronary artery bypass grafting; AVR, aortic valve replacement; SB, shortness of breath; AP, aortoplasty; MI, mitral regurgitation; MVP, mitral valvuloplasty; NVCM, noncompaction of the ventricular myocardium; RVH, right ventricular hypoplasia.
1989 and 2020, using the keyword “giant right coronary artery aneurysm, left ventricular fistula,” yielded 15 cases (Table 1). Of the 16 total RCA-LV cases (including this report), three were female, nine were male, and four cases did not disclose sex. The diameter of the CAAs ranged from 21 mm to 110 mm. Most patients had no obvious symptoms in the early stages; however, as the disease progressed, the most commonly observed signs and symptoms were angina, myocardial infarction, arrhythmia and palpitation, shortness of breath, fatigue, chest tightness, and cough. The size of the fistulae ranged from 4 mm to 22 mm, and fistulae most commonly were located in the posterior and inferior walls of the left ventricle; the fistula in our case was located in the posterior wall of the left ventricle. Due to the slow blood flow in aneurysms, CAAs may be associated with thrombosis; accordingly, thrombosis was reported in four cases [Li 2005; Zheng 2012; Uzuka 2018]. Huge aneurysm can compress the heart and cause dysplasia, and this was observed with one case of right ventricular hypoplasia (RVH) [Zhu 2016], one case of noncompaction of the ventricular myocardium (NVCM) [Jiang 2014], and other various cardiac changes, including aortic dilatation, aortic valve insufficiency [Li 2005], and mitral regurgitation [Sarasa 2015]. In our case study, large amounts of blood flowed from the RCA into the LV, causing LV hypertrophy and dysfunction; however, the clinical manifestations may vary across patients, due to the size of the CAA and location of the fistula.

Coronary angiography is typically the best choice for assessing CAA; however, multi-slice spiral CT coronary angiography may provide additional information regarding the number, size, and shape of CAAs [Schmid 2006]. In addition, it could reveal the extraluminal components, such as thrombosis and aneurysm shape, which cannot be assessed by coronary angiography. Echocardiography and magnetic resonance imaging also have diagnostic value [Li 2019].

Giant CAAs have many fatal complications, including thrombosis, rupture, myocardial ischemia, and LV dysfunction [Sugiyama 2017; Ahmed 1982]. Therefore, surgical management should occur as soon as possible after diagnosis [Matsumoto 2018].

A femoral artery cannula was used during surgery, due to the aneurysm’s size and location, which precluded the use of an ascending aorta cannula. The heart was operated on by direct perfusion through the coronary artery sinus and retrograde perfusion through the coronary venous sinus. Using the preoperative findings, the fistula could accurately be located and was repaired using a horizontal mattress suture. After exploring the aortic valve, no regurgitation was encountered. A continuous 5-0 polypropylene line was then used to suture the LV septum and RCA opening. The left saphenous vein bypassed the formed distal aneurysm and the ascending aorta. A tunnel between the right CAA residual cavity and right atrium was made to shunt the residual blood. The ECG confirmed that no myocardial ischemia occurred during or after the operation. The patient recovered well postoperatively, and there were no complications during the 5-year follow up.

Given the limited experience clinicians may have with the treatment of RCA-LV fistula with giant right CAA and the seriousness of its related complications, we completed this report to further inform the comprehensive diagnosis and treatment of this conditions.

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