Thompson Sampling for Linear-Quadratic Control Problems

Marc Abeille
Inria Lille - Nord Europe, Team SequeL

Alessandro Lazaric

Abstract

We consider the exploration-exploitation tradeoff in linear quadratic (LQ) control problems, where the state dynamics is linear and the cost function is quadratic in states and controls. We analyze the regret of Thompson sampling (TS) (a.k.a. posterior-sampling for reinforcement learning) in the frequentist setting, i.e., when the parameters characterizing the LQ dynamics are fixed. Despite the empirical and theoretical success in a wide range of problems from multi-armed bandit to linear bandit, we show that when studying the frequentist regret TS in control problems, we need to trade-off the frequency of sampling optimistic parameters and the frequency of switches in the control policy. This results in an overall regret of $O(T^{2/3})$, which is significantly worse than the regret $O(\sqrt{T})$ achieved by the optimism-in-face-of-uncertainty algorithm in LQ control problems.

1 Introduction

One of the most challenging problems in reinforcement learning (RL) is how to effectively trade off exploration and exploitation in an unknown environment. A number of learning methods has been proposed in finite Markov decision processes (MDPs) and they have been analyzed in the PAC-MDP (see e.g., [13]) and the regret framework (see e.g., [8]). The two most popular approaches to address the exploration-exploitation tradeoff are the optimism-in-face-of-uncertainty (OFU) principle, where optimistic policies are selected according to upper-confidence bounds on the true MDP parameters, and the Thompson sampling (TS) strategy[1] where random MDP parameters are selected from a posterior distribution and the corresponding optimal policy is executed. Despite their success in finite MDPs, extensions of these methods and their analyses to continuous state-action spaces are still rather limited. Osband et al. [11] study how to randomize the parameters of a linear function approximator to induce exploration and prove regret guarantees in the finite MDP case. Osband and Van Roy [10] develops a specific TS method applied to the more complex case of neural architectures with significant empirical improvements over alternative exploration strategies, although with no theoretical guarantees. In this paper, we focus on a specific family of continuous state-action MDPs, the linear quadratic (LQ) control problems, where the state transition is linear and the cost function is quadratic in the state and the control. Despite their specific structure, LQ models are very flexible and widely used in practice (e.g., to track a reference trajectory). If the parameter $\theta$ defining dynamics and cost is known, the optimal control can be computed explicitly as a linear function of the state with an appropriate gain. On the other hand, when $\theta$ is unknown, an exploration-exploitation trade-off needs to be solved. Bittanti and Campi [6] and Campi and Kumar [7], first proposed an optimistic approach to this problem, showing that the performance of an adaptive control strategy asymptotically converges to the optimal control. Building on this approach and the OFU principle, Abbasi-Yadkori and Szepesvári [1] proposed a learning algorithm (OFU-LQ) with $O(\sqrt{T})$ cumulative regret. Abbasi-Yadkori and Szepesvári [2] further studied how the TS strategy, could be adapted to work in the LQ control problem. Under the assumption that the true parameters of the model are drawn from a known prior, they show that the so-called Bayesian regret matches the $O(\sqrt{T})$ bound of OFU-LQ.

In this paper, we analyze the regret of TS in LQ problems in the more challenging frequentist case, where $\theta$ is a fixed parameter, with no prior assumption of its value. The analysis of OFU-LQ relies on three main ingredients: 1) optimistic parameters, 2) lazy updates (the control policy is updated only a logarithmic number of times) and 3) concentration inequalities for
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regularized least-squares used to estimate the unknown parameter \( \theta \). While we build on previous results for the least-squares estimates of the parameters, points 1) and 2) should be adapted for TS. Unfortunately, the Bayesian regret analysis of TS in [2] does not apply in this case, since no prior is available on \( \theta \). Furthermore, we show that existing frequentist regret analysis for TS in linear bandit [5] cannot be generalized to the LQ case. This requires deriving a novel line of proof in which we first prove that TS has a constant probability to sample an optimistic parameter (i.e., an LQ system whose optimal expected average cost is smaller than the true one) and then we exploit the LQ structure to show how being optimistic allows to directly link the regret to the controls operated by TS over time and eventually bound them. Nonetheless, this analysis reveals a critical trade-off between the frequency with which new parameters are sampled (and thus the chance of being optimistic) and the regret cumulated every time the control policy changes. In OFU-LQ this trade-off is easily solved by construction: the lazy update guarantees that the control policy changes very rarely and whenever a new policy is computed, it is guaranteed to be optimistic. On the other hand, TS relies on the random sampling process to obtain optimistic models and if this is not done frequently enough, the regret can grow unbounded. This forces TS to favor short episodes and we prove that this leads to an overall regret of order \( O(T^{2/3}) \) in the one-dimensional case (i.e., both states and controls are scalars), which is significantly worse than the \( O(\sqrt{T}) \) regret of OFU-LQ.

2 Preliminaries

The control problem. We consider the discrete-time infinite-horizon linear quadratic (LQ) control problem. Let \( x_t \in \mathbb{R}^n \) be the state of the system and \( u_t \in \mathbb{R}^d \) be the control at time \( t \); an LQ problem is characterized by linear dynamics and a quadratic cost function

\[
\begin{align*}
    x_{t+1} &= A_s x_t + B_s u_t + \epsilon_{t+1}, \\
    c(x_t, u_t) &= x_t^T Q x_t + u_t^T R u_t,
\end{align*}
\]

where \( A_s \) and \( B_s \) are unknown matrices and \( Q \) and \( R \) are known positive definite matrices of appropriate dimension. We summarize the unknown parameters in \( \theta^T = (A_s, B_s) \). The noise process \( \epsilon_{t+1} \) is zero-mean and it satisfies the following assumption.

Assumption 1. \( \{\epsilon_t\} \) is a \( \mathcal{F}_t \)-martingale difference sequence, where \( \mathcal{F}_t \) is the filtration which represents the information knowledge up to time \( t \).

In LQ, the objective is to design a closed-loop control policy \( \pi: \mathbb{R}^n \to \mathbb{R}^d \) mapping states to controls that minimizes the average expected cost

\[
J_{\pi}(\theta_s) = \lim_{T \to \infty} \sup_{T} \frac{1}{T} \mathbb{E} \left[ \sum_{t=0}^{T} c(x_t, u_t) \right],
\]

with \( x_0 = 0 \) and \( u_t = \pi(x_t) \). Standard theory for LQ control guarantees that the optimal policy is linear in the state and that the corresponding average expected cost is the solution of a Riccati equation.

Proposition 1 (Thm.16.6.4 in [9]). Under Asm. 2 and for any LQ system with parameters \( \theta^T = (A, B) \) such that \( (A, B) \) is stabilizable\(^2\) and p.d. cost matrices \( Q \) and \( R \), the optimal solution of Eq. 2 is given by

\[
\begin{align*}
    \pi(\theta) &= K(\theta) x_t, \\
    J(\theta) &= Tr(P(\theta)), \\
    K(\theta) &= -(R + B^T P(\theta) B)^{-1} B^T P(\theta) A, \quad (3) \\
    P(\theta) &= Q + A^T P(\theta) A + A^T P(\theta) B K(\theta)
\end{align*}
\]

where \( \pi(\theta) \) is the optimal policy, \( J(\theta) \) is the corresponding average expected cost, \( K(\theta) \) is the optimal gain, and \( P(\theta) \) is the unique solution to the Riccati equation associated with the control problem. Finally, we also have that \( A + BK(\theta) \) is asymptotically stable.

For notational convenience, we use \( H(\theta) = (I K(\theta)^T)^T \), so that the closed loop dynamics \( A + BK(\theta) \) can be equivalently written as \( \theta^T H(\theta) \). We introduce further assumptions about the LQ systems we consider.

Assumption 2. We assume that the LQ problem is characterized by parameters \( A_s, B_s, Q, R \) such that the cost matrices \( Q \) and \( R \) are symmetric p.d., and \( \theta_s \in S \) where \( S = \{ \theta \in \mathbb{R}^{(n+d) \times n} \text{ s.t. } Tr(P(\theta)) \leq D \text{ and } Tr(\theta^T \theta) \leq S^2 \} \).

While Asm. 1 basically guarantees that the linear model in Eq. 1 is correct, Asm. 2 restricts the control parameters to the admissible set \( S \). This is used later in the learning process and it replaces Asm. A2-4 in [1] in a synthetic way, as shown in the following proposition.

Proposition 2. Given an admissible set \( S \) as defined in Asm. 3, we have 1) \( S \subset \{ \theta^T = (A, B) \text{ s.t. } (A, B) \text{ is stabilizable} \} \), 2) \( S \) is compact, and 3) there exists \( \rho < 1 \) and \( C < \infty \) positive constants such that \( \rho = \sup_{\theta \in S} ||A + BK(A, B)||_2 \) and \( C = \sup_{\theta \in S} ||K(\theta)||_2 \).

As an immediate result, any system with \( \theta \in S \) is stabilizable, and therefore, Asm. 2 implies that Prop. 1 holds. Finally, we derive a result about the regularity of the Riccati solution, which we later use to relate the regret to the controls performed by TS.

Lemma 1. Under Asm. 2 and for any LQ with parameters \( \theta^T = (A, B) \) and cost matrices \( Q \) and \( R \) satisfying Asm. 3, let \( J(\theta) = Tr(P(\theta)) \) be the optimal solution of \( J(\theta) = Tr(P(\theta)) \).

\(^2\)\((A, B)\) is stabilizable if there exists a control gain matrix \( K \) s.t. \( A + BK \) is stable (i.e., all eigenvalues are in \((-1, 1))\).

\(^3\)Even if \( P(\theta) \) is not defined for every \( \theta \), we extend its domain of definition by setting \( P(\theta) = +\infty \).

We use \( || \cdot \|| \) and \( || \cdot ||_2 \) to denote the Frobenius and the 2-norm respectively.
Eq. 2. Then, the mapping $\theta \in \mathcal{S} \rightarrow \text{Tr}(P(\theta))$ is continuously differentiable. Furthermore, let $A_c(\theta) = \theta^T H(\theta)$ be the closed-loop matrix, then the directional derivative of $J(\theta)$ in a direction $\delta \theta$, denoted as $\nabla J(\theta) \delta \theta$, where $\nabla J(\theta) \in \mathbb{R}^{n \times d \times n}$ is the gradient of $J$, is the solution of the Lyapunov equation

$$\nabla J(\theta)^T \delta \theta = A_c(\theta)^T \nabla J(\theta)^T \delta \theta A_c(\theta) + C(\theta, \delta \theta) + C(\theta, \delta \theta)^T,$$

where $C(\theta, \delta \theta) = A_c(\theta)^T P(\theta) \delta \theta H(\theta)$.

The learning problem. At each time $t$, the learner chooses a policy $\pi_t$, it executes the induced control $u_t = \pi_t(x_t)$ and suffers a cost $c_t = c(x_t, u_t)$. The performance is measured by the cumulative regret up to time $T$ as $R_T = \sum_{t=0}^{T} c^*(t) - J_c(\theta^*)$, where at each step the difference between the cost of the controller $c^*$ and the expected average cost $J_c(\theta)$ of the optimal controller $\pi^*$ is measured. Let $(u_0, \ldots, u_t)$ be a sequence of controls and $(x_0, x_1, \ldots, x_{t+1})$ be the corresponding states, then $\theta^*$ can be estimated by regularized least-squares (RLS). Let $z_t = (x_t, u_t)^T$, for any regularization parameter $\lambda \in \mathbb{R}^+_*$, the design matrix and the RLS estimate are defined as

$$V_t = \lambda I + \sum_{s=0}^{t-1} z_s z_s^T, \quad \hat{\theta}_t = V_t^{-1} \sum_{s=0}^{t-1} z_s x_{t+1}^T.$$

For notational convenience, we use $W_t = V_t^{-1/2}$. We recall a concentration inequality for RLS estimates.

**Proposition 3** (Thm. 2 in \cite{aabeille2021}). We assume that $\epsilon_t$ are conditionally and component-wise sub-Gaussian of parameter $L$ and that $\mathbb{E}(\epsilon_{t+1}^T F_t) = I$. Then for any $\delta \in (0, 1)$ and any $\mathcal{F}_t$-adapted sequence $(z_0, \ldots, z_t)$, the RLS estimator $\hat{\theta}_t$ is such that

$$\text{Tr} \left( (\hat{\theta}_t - \theta^* )^T V_t (\hat{\theta}_t - \theta^*) \right) \leq \beta_t(\delta)^2,$$

w.p. $1 - \delta$ (w.r.t. the noise $\{\epsilon_t\}_t$ and any randomization in the choice of the control), where

$$\beta_t(\delta) = n L \sqrt{2 \log \left( \frac{\det(V_t)^{1/2}}{\det(\lambda I)^{1/2}} \right) + \lambda^{1/2} S}.$$

Further, when $\|z_t\| \leq Z$,

$$\frac{\det(V_t)}{\det(\lambda I)} \leq (n + d) \log \left( 1 + T Z^2 / (\lambda (n + d)) \right).$$

At any step $t$, we define the ellipsoid $\mathcal{E}^{\text{RLS}}_t = \{ \theta \in \mathbb{R}^d \ | \ ||\theta - \hat{\theta}_t||_{V_t} \leq \beta_t(\delta') \}$ centered at $\hat{\theta}_t$ with orientation $V_t$ and radius $\beta_t(\delta')$, with $\delta' = \delta/ (4T)$. Finally, we report a standard result of RLS that, together with Prop. 3, shows that the prediction error on the points $z_t$ used to construct the estimator $\hat{\theta}_t$ is cumulatively small.

**Proposition 4** (Lem. 10 in \cite{aabeille2021}). Let $\lambda \geq 1$, for any arbitrary $\mathcal{F}_t$-adapted sequence $(z_0, z_1, \ldots, z_t)$, let $V_{t+1}$ be the corresponding design matrix, then

$$\sum_{s=0}^{t} \min \left( \|z_s\|_{V_t^{-1}}, 1 \right) \leq 2 \log \left( \frac{\det(V_{t+1})}{\det(\lambda I)} \right).$$

Moreover, when $\|z_t\| \leq Z$ for all $t \geq 0$, then

$$\sum_{s=0}^{t} \|z_s\|^2_{V_t^{-1}} \leq 2 Z^2 \left( 1 + \frac{(t + 1) Z^2}{\lambda (n + d)} \right).$$

### 3 Thompson Sampling for LQR

We introduce a specific instance of TS for learning in LQ problems obtained as a modification of the algorithm proposed in \cite{aabeille2021}, where we replace the Bayesian structure and the Gaussian prior assumption with a generic randomized process and we modify the update rule. The algorithm is summarized in Alg. 1. At any step $t$, given the RLS-estimate $\hat{\theta}_t$ and the design matrix $V_t$, TS samples a perturbed parameter $\tilde{\theta}_t$. In order to ensure that the sampling parameter is indeed admissible, we re-sample it until a valid $\tilde{\theta}_t \in \mathcal{S}$ is obtained. Denoting as $R_S$ the rejection sampling operator associated with the admissible set $\mathcal{S}$, we define $\tilde{\theta}_t$ as

$$\tilde{\theta}_t = R_S(\hat{\theta}_t + \beta_t(\delta') W_t \eta_t),$$

where $W_t = V_t^{-1/2}$ and every coordinate of the matrix $\eta_t \in \mathbb{R}^{(n + d) \times (n + d)}$ is a random sample drawn i.i.d. from $\mathcal{N}(0, 1)$. We refer to this distribution as $\mathcal{D}^{TS}$. Notice that such sampling does not need to be associated with an actual posterior over $\theta^*$ but it just need to randomize parameters coherently with the RLS estimate and the uncertainty captured in $V_t$. Let $\gamma_t(\delta) = \beta_t(\delta') n \sqrt{2(n + d) \log \left( 2n(n + d)/\delta \right)}$. 

Figure 1: Thompson sampling algorithm.
then the high-probability TS ellipsoid $E_i^{TS} = \{ \theta \in \mathbb{R}^d \mid \| \theta - \bar{\theta}_i \|_{V_i} \leq \gamma(\delta') \}$ is defined so that any parameter $\theta_i$ belongs to it with $1 - \delta/8$ probability.

Given the parameter $\bar{\theta}_i$, the gain matrix $K(\bar{\theta}_i)$ is computed and the corresponding optimal control $u_t = K(\bar{\theta}_i)x_t$ is applied. As a result, the learner observes the cost $c(x_t, u_t)$ and the next state $x_{t+1}$, and $V_t$ and $\bar{\theta}_i$ are updated accordingly. Similar to most of RL strategies, the updates are not performed at each step and the same estimated optimal policy $K(\bar{\theta}_i)$ is kept constant throughout an episode. Let $V_0$ be the design matrix at the beginning of an episode, then the episode is terminated upon two possible conditions: 1) the determinant condition of the design matrix is doubled (i.e., $\det(V_t) \geq 2\det(V_0)$) or 2) a maximum length condition is reached. While the first condition is common to all RL strategies, here we need to force the algorithm to interrupt episodes as soon as their length exceeds $\tau$ steps. The need for this additional termination condition is intrinsically related to the TS nature and it is discussed in detail in the next section.

4 Theoretical analysis

We prove the first frequentist regret bound for TS in LQ systems of dimension 2 ($n = 1, d = 1$). In order to isolate the steps which explicitly rely on this restriction, whenever possible we derive the proof in the general $n + d$-dimensional case.

Theorem 1. Consider the LQ system in Eq. 4 of dimension $n = 1$ and $d = 1$. Under Asm. 1 and 2 for any $0 < \delta < 1$, the cumulative regret of TS over $T$ steps is bounded w.p. at least $1 - \delta$ as $\tilde{O}(T^{2/3} \cdot \sqrt{\log(1/\delta)})$.

This result is in striking contrast with previous results in multi-armed and linear bandit where the frequentist regret of TS is $O(\sqrt{T})$ and the Bayesian analysis of TS in control problems where the regret is also $O(\sqrt{T})$. As discussed in the introduction, the frequentist regret analysis in control problems introduces a critical trade-off between the frequency of selecting optimistic models, which guarantees small regret in bandit problems, and the reduction of the number of policy switches, which leads to small regret in control problems. Unfortunately, this trade-off cannot be easily balanced and this leads to a final regret of $O(T^{2/3})$. Sect. 4.2 provides a more detailed discussion on the challenges of bounding the frequentist regret of TS in LQ problems.

4.1 Setting the Stage

Concentration events. We introduce the following high probability events.

Definition 1. Let $\delta \in (0, 1)$ and $\delta' = \delta/(8T)$ and $t \in [0, T]$. We define the event (RLS estimate concentration) $\bar{E}_t = \{ \forall s \leq t, \| \theta_s - \theta^* \|_{V_s} \leq \beta_s(\delta') \}$ and the event (parameter $\bar{\theta}_s$ concentrates around $\theta_s$) $\tilde{E}_t = \{ \forall s \leq t, \| \theta_s - \bar{\theta}_s \|_{V_s} \leq \gamma_s(\delta') \}$.

We also introduce a high probability event on which the states $x_t$ are bounded almost surely.

Definition 2. Let $\delta \in (0, 1)$, $X, X'$ be two problem dependent positive constants and $t \in [0, T]$. We define the event (bounded states) $\hat{E}_t = \{ \forall s \leq t, \| x_s \| \leq X \log X' \delta/\delta \}$.

Then we have that $\bar{E} := \bar{E}_T \subset \ldots \subset \bar{E}_1, \tilde{E} := \tilde{E}_T \subset \ldots \subset \tilde{E}_1$ and $E := E_T \subset \ldots \subset E_1$. We show that these events do hold with high probability.

Lemma 2. $\mathbb{P}(\bar{E} \cap \tilde{E}) \geq 1 - \delta/4$.

Corollary 1. On $\bar{E} \cap \tilde{E}$, $\mathbb{P} (\bar{E}) \geq 1 - \delta/2$. Furthermore, Corollary 1 ensures that the states remain bounded w.h.p. on the events $\bar{E} \cap \tilde{E}$.

Lem. 2 leverages Prop. 3 and the sampling distribution $D^{TS}$ to ensure that $\bar{E} \cap \tilde{E}$ holds w.h.p. As a result, the proof can be derived considering that both parameters concentrate and that states are bounded, which we summarize in the sequence of events $E_t = \bar{E}_t \cap \tilde{E}_t$, which holds with probability at least $1 - \delta/2$ for all $t \in [0, T]$.

Regret decomposition. Conditioned on the filtration $\mathcal{F}_t$ and event $E_t$, we have $\theta^* \in \mathcal{C}_t^{RLS}$, $\bar{\theta}_i \in E_i^{TS}$ and $\| x_t \| \leq X$. We directly decompose the regret and bound it on this event as $\mathbb{I} [\mathcal{E}_t]$ Sect. 4.2

$$ R(T) = \sum_{t=0}^{T} \mathbb{I} [\mathcal{E}_t] \left( \frac{R_1^{RLS} + R_2^{RLS} + R_3^{RLS}}{R^{RLS}} \right) $$

where $R^{RLS}$ is decomposed into the three components

$$ R_1^{RLS} = \sum_{t=0}^{T} \mathbb{E} [ x_{t+1}^T P(\bar{\theta}_{t+1}) x_{t+1} | \mathcal{F}_t ] - x_t^T P(\bar{\theta}_t) x_t, $$

$$ R_2^{RLS} = \sum_{t=0}^{T} \mathbb{E} [ x_{t+1}^T (P(\bar{\theta}_t) - P(\bar{\theta}_{t+1})) x_{t+1} | \mathcal{F}_t ], $$

$$ R_3^{RLS} = \sum_{t=0}^{T} \left( z_t^T \bar{\theta}_t P(\bar{\theta}_t) z_t - z_t^T \theta_t P(\bar{\theta}_t) \bar{\theta}_t z_t \right). $$

Before entering into the details of how to bound each of these components, in the next section we discuss what are the main challenges in bounding the regret.

Further details can be recovered from the proof.
4.2 Related Work and Challenges

Since the RLS estimator is the same in both TS and OFU, the regret terms $R^{RLS}_1$ and $R^{RLS}_3$ can be bounded as in [1]. In fact, $R^{RLS}_1$ is a martingale by construction and it can be bounded by Azuma inequality. The term $R^{RLS}_3$ is related to the difference between the true next expected state $\theta^*_t z_t$ and the predicted next expected state $\hat{\theta}^T_t z_t$. A direct application of RLS properties makes this difference small by construction, thus bounding $R^{RLS}_3$. Finally, the $R^{RLS}_2$ term is directly affected by the changes in model from any two time instants (i.e., $\theta_t$ and $\theta_{t+1}$), while $R^{TS}$ measures the difference in optimal average expected cost between the true model $\theta_t$ and the sampled model $\hat{\theta}_t$. In the following, we denote by $R^{RLS}_{2,t}$ and $R^{TS}_t$ the elements at time $t$ of these two regret terms and we refer to them as consistency regret and optimality regret respectively.

**Optimistic approach.** OFU-LQ explicitly bounds both regret terms directly by construction. In fact, the lazy update of the control policy allows to set to zero the consistency regret $R^{RLS}_{2,t}$ in all steps but when the policy changes between two episodes. Since in OFU-LQ an episode terminates only when the determinant of the design matrix is doubled, it is easy to see that the number of episodes is bounded by $O(\log(T))$, which bounds $R^{RLS}_2$ as well (with a constant depending on the bounding of the state $X$ and other parameters specific of the LQ system). At the same time, at the beginning of each episode an optimistic parameter $\hat{\theta}_t$ is chosen, i.e., $J(\hat{\theta}_t) \leq J(\theta_*)$, which directly ensures that $R^{TS}_t$ is upper bounded by 0 at each time step.

**Bayesian regret.** The lazy PSRL algorithm in [2] has the same lazy update as OFUL and thus it directly controls $R^{RLS}_2$ by a small number of episodes. On the other hand, the random choice of $\theta_t$ does not guarantee optimism at each step anymore. Nonetheless, the regret is analyzed in the Bayesian setting, where $\theta_t$ is drawn from a known prior and the regret is evaluated in expectation w.r.t. the prior. Since $\theta_t$ is drawn from a posterior constructed from the same prior as $\theta_*$, in expectation its associated $J(\theta_t)$ is the same as $J(\theta_*)$, thus ensuring that $E[R^{TS}_t] = 0$.

**Frequentist regret.** When moving from Bayesian to frequentist regret, this argument does not hold anymore and the (positive) deviations of $J(\hat{\theta}_t)$ w.r.t. $J(\theta_*)$ has to be bounded in high probability. Abbasi-Yadkori and Szepesvári [1] exploits the linear structure of LQ problems to reuse arguments originally developed in the linear bandit setting. Similarly, we could leverage on the analysis of TS for linear bandit by Agrawal and Goyal [5] to derive a frequentist regret bound. Agrawal and Goyal [3] partition the (potentially infinite) arms into saturated and unsaturated arms depending on their estimated value and their associated uncertainty (i.e., an arm is saturated when the uncertainty of its estimate is smaller than its performance gap w.r.t. the optimal arm). In particular, the uncertainty is measured using confidence intervals derived from a concentration inequality similar to Prop. 3. This suggests to use a similar argument and classify policies as saturated and unsaturated depending on their value. Unfortunately, this proof direction cannot be applied in the case of LQR. In fact, in an LQ system $\theta$ the performance of a policy $\pi$ is evaluated by the function $J_\pi(\theta)$ and the policy uncertainty should be measured by a confidence interval constructed as $J_\pi(\theta_\ast) − J_\pi(\hat{\theta}_t)$. Despite the concentration inequality in Prop. 3 we notice that neither $J_\pi(\theta_\ast)$ nor $J_\pi(\hat{\theta}_t)$ may be finite, since $\pi$ may not stabilize the system $\theta_\ast$ (or $\hat{\theta}_t$) and thus incur an infinite cost. As a result, it is not possible to introduce the notion of saturated and unsaturated policies in this setting and another line of proof is required. Another key element in the proof of [5] for TS in linear bandit is to show that TS has a constant probability $p$ to select optimistic actions and that this contributes to reduce the regret of any non-optimistic step. In our case, this translates to requiring that TS selects a system $\theta_t$ whose corresponding optimal policy is such that $J(\theta_t) \leq J(\theta_*)$. Lem. 3 shows that this happens with a constant probability $p$. Furthermore, we can show that optimistic steps reduce the regret of non-optimistic steps, thus effectively bounding the optimality regret $R^{TS}$. Nonetheless, this is not compatible with a small consistency regret. In fact, we need optimistic parameters $\theta_t$ to be sampled often enough. On the other hand, bounding the consistency regret $R^{RLS}_2$ requires to reduce the switches between policies as much as possible (i.e., number of episodes). If we keep the same number of episodes as with the lazy update of OFUL (i.e., about $\log(T)$ episodes), then the number of sampled points is as small as $T/(T − \log(T))$. While OFU-LQ guarantees that any policy update is optimistic by construction, with TS, only a fraction $T/(\rho(T − \log(T))$ of steps would be optimistic on average. Unfortunately, such small number of optimistic steps is no longer enough to derive a bound on the optimality regret $R^{TS}$. Summarizing, in order to derive a frequentist regret bound for TS in LQ systems, we need the following ingredient 1) constant probability of optimism, 2) connection between optimism and $R^{TS}$ without using the saturated and unsaturated argument, 3) a suitable trade-off between lazy updates to bound the consistency regret and frequent updates to guarantee small optimality regret.
4.3 Bounding the Optimality Regret $R^{TS}$

**$R^{TS}$ decomposition.** We define the “extended” filtration $F^*_t = (F_{t-1}, x_t)$. Let $K$ be the (random) number of episodes up to time $T$, $\{k\}_{k=1}^K$ be the steps when the policy is updated, i.e., when a new parameter $\tilde{\theta}$ is sampled, and let $T_k$ be the associated length of each episode, then we can further decompose $R^{TS}$ as

$$R^{TS} = \sum_{k=0}^K T_k \left[ J(\tilde{\theta}_k) - E[J(\tilde{\theta}_k)] | F^*_{k-1} \right] 1_{E_{k-1}^t}$$

$$+ \sum_{k=0}^K T_k \left[ E[J(\tilde{\theta}_k)] | F^*_{k-1} \right] - J(\theta_1) 1_{E_{k-1}^t}.$$  

We focus on the second regret term that we redefine $R^{TS}_{k,t} = \Delta_t$, for any $t = t_k$ for notational convenience.

**Optimism and expectation.** Let $\Theta_{opt} = \{ \theta : J(\theta) \leq J(\theta_1) \}$ be the set of optimistic parameters (i.e., LQ systems whose optimal average expected cost is lower than the true one). Then, for any $\tilde{\theta} \in \Theta_{opt}$, the per-step regret $\Delta_t$ is bounded by:

$$\Delta_t \leq \left[ J(\tilde{\theta}) - E[J(\tilde{\theta})] | F^*_{k-1} \right] 1_{E_{k-1}^t},$$

which implies that

$$\Delta_t \leq E \left[ J(\tilde{\theta}) - E[J(\tilde{\theta})] | F^*_{k-1} \right] 1_{E_{k-1}^t},$$

where we use first the definition of the optimistic parameter set, then bounding the resulting quantity by its absolute value, and finally switch to the expectation over the optimistic set, since the inequality is true for any $\tilde{\theta} \in \Theta_{opt}$. While this inequality is true for any sampling distribution, it is convenient to select it equivalent to the sampling distribution of TS. Thus, we set $\tilde{\theta} = R_S(\tilde{\theta} + \beta_t(\delta') W_t \eta)$ with $\eta$ is component wise Gaussian $\mathcal{N}(0, 1)$ and obtain

$$\Delta_t \leq E \left[ J(\tilde{\theta}) - E[J(\tilde{\theta})] | F^*_{k-1} \right] 1_{E_{k-1}^t},$$

where

$$\Delta_t \leq E \left[ J(\tilde{\theta}) - E[J(\tilde{\theta})] | F^*_{k-1} \right] 1_{E_{k-1}^t},$$

At this point we need to show that the probability of sampling an optimistic parameter $\tilde{\theta}_t$ is constant at any step $t$. This result is proved in the following lemma.

**Lemma 3.** Let $\Theta_{opt} := \{ \theta \in \mathbb{R}^d : J(\theta) \leq J(\theta_1) \}$ be the set of optimistic parameters and $\tilde{\theta}_t = R_S(\tilde{\theta}_t + \beta_t(\delta') W_t \eta)$ with $\eta$ be component-wise normal $\mathcal{N}(0, 1)$, then in the one-dimensional case ($n=1$ and $d=1$)

$$\forall t \geq 0, P(\tilde{\theta}_t \in \Theta_{opt} \mid F^*_{k-1}, E_{k-1}) \geq p,$$

where $p$ is a strictly positive constant.

Integrating this result into the previous expression gives

$$\Delta_t \leq \frac{1}{p} E \left[ \left| J(\tilde{\theta}_t) - E[J(\tilde{\theta}_t)] | F^*_{k-1}, E_{k-1} \right| \right].$$  

The most interesting aspect of this result is that the constant probability of being optimistic allows us to bound the worst-case non-stochastic quantity $E[J(\tilde{\theta}_t) | F^*_{k-1}]$ depending on $J(\tilde{\theta}_t)$ by an expectation $E \left[ J(\tilde{\theta}_t) - E[J(\tilde{\theta}_t)] | F^*_{k-1} \right]$ up to a multiplicative constant (we drop the events $E$ for notational convenience). The last term is the conditional absolute deviation of the performance $J$ w.r.t. the TS distribution. This connection provides a major insight about the functioning of TS, since it shows that TS does not need to have an accurate estimate of $\theta$, but it should rather reduce the estimation errors of $\theta$ on the directions that may translate in larger errors in estimating the objective function $J$. In fact, we show later that at each step TS chooses a sampling distribution that tends to minimize the expected absolute deviations of $J$, thus contributing to reduce the deviations in $R^{TS}_t$.

**Variance and gradient.** Let $d' = \sqrt{n(n + d)}$, we introduce the mapping $f_t$ from the ball $B(0, d')$ to $\mathbb{R}^+$ defined as

$$f_t(\eta) = J(\tilde{\theta}_t + \beta_t(\delta') W_t \eta) - E[J(\tilde{\theta}_t)] | F^*_{k-1}, E_{k-1},$$

where the restriction on the ball is here to meet the $E^{TS}$ confidence ellipsoid of the sampling. Since the perturbation $\eta \sim D^{TS}$ is independent of the past, we can rewrite Eq. (10) as

$$\Delta_t \leq E_{\eta \sim D^{TS}} \left[ ||f_t(\eta)|| \in B(0, d'), \tilde{\theta}_t + \beta_t(\delta') W_t \eta \in S \right].$$

We now need to show that this formulation of the regret is strictly related to the policy executed by TS. We prove the following result (proof in the supplement).

**Lemma 4.** Let $\Omega \subset \mathbb{R}^d$ be a convex set with finite diameter $\text{diam}(\Omega)$. Let $p$ be a non-negative log-concave function on $\Omega$ with continuous derivative up to the second order. Then, for all $u \in W^{1,1}(\Omega)$ such that

$$\int_{\Omega} u(z)p(z)dz = 0$$

one has

$$\int_{\Omega} ||f(z)||p(z)dz \leq 2 \text{diam} \int_{\Omega} ||\nabla f(z)||p(z)dz.$$

Before using the previous result, we relate the gradient of $f_L$ to the gradient of $J$. Since for any $\eta$ and any $\theta = \tilde{\theta}_t + \beta_t(\delta') W_t \eta$, we have

$$\nabla f_t(\eta) = \beta_t(\delta') W_t \nabla J(\theta)$$

To obtain a bound on the norm of $\nabla f_t$, we apply Prop. [5] (derived from Lem. [1]) to get a bound on $||\nabla J(\theta)||_{W^2}$:

$$||\nabla J(\theta)||_{W^2} \leq ||A_1(\theta)||_{L_2}^2 ||\nabla J(\theta)||_{W^2}$$

where $p$ is a strictly positive constant. 

$W^{1,1}(\Omega)$ is the Sobolev space of order 1 in $L^1(\Omega)$. 

Thompson Sampling for Linear-Quadratic Control Problems
We remove the expectation by adding and subtracting where \( \hat{\gamma} \), which leads to
\[
\|\nabla J(\theta)\|_{W_2}^2 \leq \rho^2 \|\nabla J(\theta)\|_{W_2}^2 + 2D\rho \|H(\theta)\|_{W_2}^2,
\]
which leads to
\[
\|\nabla J(\theta)\|_{W_2}^2 \leq 2D\rho/(1 - \rho^2) \|H(\theta)\|_{W_2}^2.
\]

We are now ready to use the weighted Poincaré inequality of Lem. 4 to link the expectation of \(|f_t|\) to the expectation of its gradient. From Lem. 4 we have \( f_t \in W^{1,1}(\Omega) \) and its expectation is zero by construction.

On the other hand, the rejection sampling procedure impose that we conditioned the expectation with \( \tilde{\theta}_t + \beta_t(\delta') \tilde{W}_t \tilde{\eta} \in \mathcal{S} \) which is unfortunately not convex. However, we can still apply Lem. 4 considering the function \( \tilde{f}_t(\eta) = f_t(\eta) \mathds{1}(\tilde{\theta}_t + \beta_t(\delta') \tilde{W}_t \tilde{\eta} \in \mathcal{S}) \) and diameter \( \text{diam} = d' \). As a result, we finally obtain
\[
\Delta_t \leq \gamma E\left[ \|H(\tilde{\theta}_t)\|_{W_2}^2 \|F_t^x\| \right],
\]
where \( \gamma = 8\sqrt{n(n + d)\beta_T(\delta')D\rho/(p(1 - \rho^2))}. \)

From gradient to actions. Recalling the definition of \( H(\theta) = (I - K(\theta)Q)^T \) we notice that the previous expression bound the regret \( \Delta_t \) with a term involving the gain \( K(\theta) \) of the optimal policy for the sampled parameter \( \theta \). This shows that the \( R^{TS} \) regret is directly related to the policies chosen by TS. To make such relationship more apparent, we now elaborate the previous expression to reveal the sequence of state-control pairs \( z_t \) induced by the policy with gain \( K(\tilde{\theta}_t) \). We first plug the bound on \( \Delta_t \) back into Eq. 9 as
\[
R^{TS} \leq \sum_{k=1}^{K} T_k \left( R^{TS,1}_{t_k} + \gamma E\left[ \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}} \|F_{t_k}^x\| \right] \right) \mathds{1}_{E_{t_k}}.
\]

We remove the expectation by adding and subtracting the actual realizations of \( \tilde{\theta}_{t_k} \) as
\[
R^{TS,3}_{t_k} = E\left[ \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}} \|F_{t_k}^x\| - \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}} \right].
\]

Thus, one obtains
\[
R^{TS} \leq \sum_{k=1}^{K} T_k \left( R^{TS,1}_{t_k} + R^{TS,3}_{t_k} + \gamma \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}} \right) \mathds{1}_{E_{t_k}}.
\]

Now we want to relate the cumulative sum of the last regret term to \( \sum_{t=1}^{T} \|z_t\|_{V^{-1}_{t}} \). This quantity represents the prediction error of the RLS, and we know from Prop. 3 that it is bounded w.h.p. We now focus on the one-dimensional case, where \( x_t \) is just a scalar value. Noticing that \( \|z_t\|_{V^{-1}_{t}} = |x_t| \|H(\theta_t)\|_{V^{-1}_{t}} \), one has:
\[
\sum_{t=0}^{T} \|z_t\|_{V^{-1}_{t}} = \sum_{k=1}^{K} \left( \sum_{t=t_k}^{t_k+1} |x_t| \right) \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}}.
\]

Intuitively, it means that over each episode, the more states are excited (e.g., the larger \( \sum_{t=t_k}^{t_k+1} |x_t| \)), the more \( V_{t_k}^{-1} \) reduces in the direction \( H(\tilde{\theta}_{t_k}) \). As a result, to ensure that the term \( \sum_{k=1}^{K} T_k \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}} \) in \( R^{TS} \) is small, it would be sufficient to show that \( \sum_{t=t_k}^{t_k+1} |x_t| \sim T_k \), i.e., that the states provides enough information to learn the system in each chosen direction \( H(\tilde{\theta}_{t_k}) \).

More formally, let assume that there exists a constant \( \alpha \) such that \( \sum_{t=t_k}^{t_k+1} |x_t| = \alpha T_k \) for all \( k \leq K \). Then,
\[
\sum_{k=1}^{K} T_k \|H(\tilde{\theta}_{t_k})\|_{V^{-1}_{t_k}} \leq \alpha \sum_{t=0}^{T} \|z_t\|_{V^{-1}_{t}} \leq 2\alpha \sum_{t=0}^{T} \|z_t\|_{V^{-1}_{t}},
\]
we use that \( \det(V_t) \leq 2 \det(V_{t_k}) \) as guaranteed by the termination condition. Unfortunately, the intrinsic randomness of \( x_t \) (triggered by the noise \( \xi_t \)) is such that the assumption above is violated w.p. 1. However, in the one-dimensional case, the regret over the episode \( k \) can be conveniently written as
\[
R_k(T) = \left( \sum_{t=t_k}^{t_k+1} |x_t|^2 \right) (Q + K(\theta_{t_k})^2 R) - T_k J(\theta_{t_k}).
\]
As a result, if we set
\[
\alpha := X Q + R C^2 \quad \text{and} \quad \beta_T := X Q + R K(\theta_{t_k})^2 - T_k J(\theta_{t_k}),
\]
whenever \( \sum_{t=t_k}^{t_k+1} |x_t| \leq \frac{1}{4} T_k \) then we can directly conclude that \( R_k(T) \) is zero. On the other hand, in the opposite case, we have \( T_k \leq \alpha \sum_{t=t_k}^{t_k+1} |x_t| \) and thus we can upper bound the last term in \( R^{TS} \) as
\[
R^{TS} \leq \sum_{k=1}^{K} T_k \left( R^{TS,1}_{t_k} + R^{TS,3}_{t_k} \right) \mathds{1}_{E_{t_k}} + 2 \alpha \gamma \sum_{t=0}^{T} \|z_t\|_{V^{-1}_{t}}.
\]

4.4 Final bound

Bounding \( R_1^{RLS} \) and \( R_3^{RLS} \). These two terms can be bounded following similar steps as in \([1]\). We report the detailed derivation in the supplement while here we simply report the final bounds
\[
R_1^{RLS} \leq 2DX^2 \sqrt{2 \log(4/\delta)} \sqrt{T},
\]
and
\[
R_3^{RLS} \leq 4SD \sqrt{(1 + C^2)X^2 \mu_T(\delta')} \sum_{t=0}^{T} \|z_t\|_{V^{-1}_{t}} \mathds{1}_{E_t},
\]
where \( \mu_T(\delta') = \beta_T(\delta') + \gamma T(\delta') \).

Bounding \( R_2^{RLS} \). Since the policy is updated from time to time, the difference of the optimal values
where $K$ is the (random) number of episodes. By definition of TS, the updates are triggered either when the determinant condition is only logarithmic. On the other hand the remaining term $\sum_{k=1}^{K} \alpha_k$ is now a proper martingale and, together with the boundedness of $\alpha_k$ on event $E$, Azuma inequality directly holds. We obtain

$$R(T) \leq C_1 \frac{T}{\tau} + C_2 \tau^{1/3},$$

w.p. $1 - \delta/2$. Grouping all higher-order terms w.r.t. to $T$ and applying Cor. 2 to bound $K$, we finally have

The first term can be bounded using Lem. 6 which implies that the number of episodes triggered by the determinant condition is only logarithmic. On the other hand the remaining term $\sum_{k=1}^{K} \alpha_k$ is now a proper martingale and, together with the boundedness of $\alpha_k$ on event $E$, Azuma inequality directly holds. We obtain

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5 Discussion

We derived the first frequentist regret for TS in LQ control systems. Despite the existing results in LQ for optimistic approaches (OFU-LQ), the Bayesian analysis of TS in LQ, and its frequentist analysis in linear bandit, we showed that controlling the frequentist regret induced by the randomness of the sampling process in LQ systems is considerably more difficult and it requires developing a new line of proof that directly relates the regret of TS and the controls executed over time. Furthermore, we show that TS has to solve a trade-off between frequently updating the policy to guarantee enough optimistic samples and reducing the number of policy switches to limit the regret incurred at each change. This gives rise to a final bound of $O(T^{2/3})$. This opens a number of questions. 1) The current analysis is derived in the general $n/d$-dimensional case except for Lem. 9 and the steps leading to the introduction of the state in Sect. 4.3, where we set $n = d = 1$. We believe that these steps can be extended to the general case without affecting the final result. 2) The final regret bound is in striking contrast with previous results for TS. While we provide a rather intuitive reason on the source of this extra regret, it is an open question whether a different TS or analysis could allow to improve the regret to $O(\sqrt{T})$ or whether this result reveals an intrinsic limitation of the randomized approach of TS.

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A Control theory

A.1 Proof of Prop. 2

1. When $\theta^T = (A, B)$ is not stabilizable, there exists no linear control $K$ such that the controlled process $x_{t+1} = Ax_t + BKx_t + \epsilon_{t+1}$ is stationary. Thus, the positiveness of $Q$ and $R$ implies $J(\theta) = \text{Tr}(P(\theta)) = +\infty$. As a consequence, $\theta^T \notin \mathcal{S}$.

2. The mapping $\theta \rightarrow \text{Tr}(P(\theta))$ is continuous (see Lem. 1). Thus, $\mathcal{S}$ is compact as the intersection between a closed and a compact set.

3. The continuity of the mapping $\theta \rightarrow K(\theta)$ together with the compactness of $\mathcal{S}$ justifies the finite positive constants $\rho$ and $C$. Moreover, since every $\theta \in \mathcal{S}$ are stabilizable pairs, $\rho < 1$.

A.2 Proof of Lem. 1

Let $\theta^T = (A, B)$ where $A$ and $B$ are matrices of size $n \times n$ and $n \times d$ respectively. Let $\mathcal{R} : \mathbb{R}^{n+d,n} \times \mathbb{R}^{n,n} \rightarrow \mathbb{R}^{n,n}$ be the Riccati operator defined by:
\[
\mathcal{R}(\theta, P) := Q - P + A^TPA - A^TPB(R + B^TPB)^{-1}B^TPA,
\]  
where $Q, R$ are positive definite matrices. Then, the solution $P(\theta)$ of the Riccati equation of Thm. 1 is the solution of $\mathcal{R}(\theta, P) = 0$. While Prop. 2 guarantees that there exists a unique admissible solution as soon as $\theta \in \mathcal{S}$, addressing the regularity of the function $\theta \rightarrow P(\theta)$ requires the use of the implicit function theorem.

**Theorem 2** (Implicit function theorem). Let $E$ and $F$ be two banach spaces, let $\Omega \subset E \times F$ be an open subset. Let $f : \Omega \rightarrow F$ be a $C^1$-map and let $(x_0, y_0)$ be a point of $\Omega$ such that $f(x_0, y_0) = 0$. We denote as $d_y f(x_0, y_0) : F \rightarrow F$ the differential of the function $f$ with respect to the second argument at point $(x_0, y_0)$. Assume that this linear transformation is bounded and invertible. Then, there exists

1. two open subsets $U$ and $V$ such that $(x_0, y_0) \in U \times V \subset \Omega$,

2. a function $g : U \rightarrow V$ such that $g(x) = y$ for all $(x, y) \in U \times V$.

Moreover, $g$ is $C^1$ and $dg(x) = -d_y f(x, g(x))^{-1}d_x f(x, g(x))$ for all $(x, y) \in U \times V$.

Since $R$ is positive definite, the Riccati operator is clearly a $C^1$-map. Moreover, thanks to Thm. 1 to any $\theta \in \mathcal{S}$, there exists an admissible $P$ such that $\mathcal{R}(\theta, P) = 0$. Thanks to Thm. 2 a sufficient condition for $\theta \rightarrow P(\theta)$ to be $C^1$ on $\mathcal{S}$ is that the linear map $d\theta \mathcal{R}(\theta, P(\theta)) : \mathbb{R}^{n,n} \rightarrow \mathbb{R}^{n,n}$ is a bounded invertible transformation i.e.

- **Bounded.** There exists $M$ such that, for any $P \in \mathbb{R}^{n,n}$, $\|d\theta \mathcal{R}(\theta, P(\theta))(P)\| \leq M\|P\|$.
- **Invertible.** There exists a bounded linear operator $S : \mathbb{R}^{n,n} \rightarrow \mathbb{R}^{n,n}$ such that $SP = I_{n,n}$ and $PS = I_{n,n}$.

**Lemma 5.** Let $\theta^T = (A, B)$ and $\mathcal{R}$ be the Riccati operator defined in equation (12). Then, the differential of $\mathcal{R}$ w.r.t $P$ taken in $(\theta, P(\theta))$ denoted as $d\theta \mathcal{R}(\theta, P(\theta))$ is defined by:
\[
d\theta \mathcal{R}(\theta, P(\theta))(\delta P) := A_c^T \delta P A_c - \delta P, \quad \text{for any } \delta P \in \mathbb{R}^{n,n},
\]  
where $A_c = A - B(R + B^TPB)^{-1}B^TP(\theta)A$.

**Proof.** The proof is straightforward using the standard composition/multiplication/inverse operations for the differential operator together with an appropriate rearranging. \hfill \square

Clearly, $d\theta \mathcal{R}(\theta, P(\theta))$ is a bounded linear map. Moreover, thanks to the Lyapunov theory, for any stable matrix $\|A_c\|_2 < 1$ and for any matrix $Q$, the Lyapunov equation $A_c^T X A_c - X = Q$ admits a unique solution. From Thm. 1 the optimal matrix $P(\theta)$ is such that the corresponding $A_c$ is stable. This implies that $d\theta \mathcal{R}(\theta, P(\theta))$ is an invertible operator, and $\theta \rightarrow P(\theta)$ is $C^1$ on $\mathcal{S}$.
Then, for all $\theta \in \mathcal{S}$ and direction $\delta \theta \in \mathbb{R}^{(n+d)\times n}$:
\[
\frac{dJ(\theta)}{d\theta} = \text{Tr}(dP(\theta)(\delta \theta)) = \text{Tr}(\nabla J(\theta)^T \delta \theta),
\]
where $\nabla J(\theta) \in \mathbb{R}^{(n+d)\times n}$ is the jacobian matrix of $J$ in $\theta$. For any $\delta \theta \in \mathbb{R}^{(n+d)\times n}$, one has:
\[
\nabla J(\theta)^T \delta \theta = A_c(\theta)^T \nabla J(\theta)^T \delta \theta + C(\theta, \delta \theta) + C(\theta, \delta \theta)^T,
\]
where $C(\theta, \delta \theta) = A_c(\theta)^T P(\theta) \delta \theta^T H(\theta)$. (13)

**Proposition 5.** For any $\theta \in \mathcal{S}$ and any positive definite matrix $V$, one has the following inequality for the weighted norm of the gradient of $J$:
\[
\|\nabla J(\theta)\|_V \leq \|A_c(\theta)\|_2^2 \|\nabla J(\theta)\|_V + 2\|P(\theta)\| H(\theta) \|2\|H(\theta)\|_V.
\]

**Proof.** For any $\theta \in \mathcal{S}$ and any positive definite matrix $V \in \mathbb{R}^{(n+d)\times(n+d)}$. Applying (13) to $\delta \theta = V \nabla J(\theta)$ leads to:
\[
\nabla J(\theta)^T V \nabla J(\theta) = A_c(\theta)^T \nabla J(\theta)^T V \nabla J(\theta) A_c(\theta) + C(\theta, V \nabla J(\theta)) + C(\theta, V \nabla J(\theta))^T,
\]
where $C(\theta, V \nabla J(\theta))^T = (V^{1/2} H(\theta))^T V^{1/2} \nabla J(\theta) P(\theta) A_c(\theta)$. Let $\langle A, B \rangle = \text{Tr} A^T B$ be the Frobenius inner product, then taking the trace of the above equality, one gets:
\[
\|\nabla J(\theta)\|_V^2 = \|\nabla J(\theta) A_c(\theta)\|_V^2 + 2\langle V^{1/2} H(\theta), V^{1/2} \nabla J(\theta) P(\theta) A_c(\theta) \rangle.
\]
Using the Cauchy-Schwarz inequality and that the Frobenius norm is sub-multiplicative together with $\text{Tr}(M_1 M_2) \leq \|M_1\| \|M_2\|$ for any $M_1, M_2$ symmetric positive definite matrices, one obtains:
\[
\|\nabla J(\theta)\|_V^2 \leq \|A_c(\theta)\|_2^2 \|\nabla J(\theta)\|_V^2 + 2\|H(\theta)\|_V \|P(\theta)\| \|A_c(\theta)\|_2 \|\nabla J(\theta)\|_V.
\]
Finally, dividing by $\|\nabla J(\theta)\|_V$ provides the desired result. □

**B Material**

**Theorem 3** (Azuma’s inequality). Let $\{M_s\}_{s \geq 0}$ be a super-martingale such that $|M_s - M_{s-1}| \leq c_s$ almost surely. Then, for all $t > 0$ and all $\epsilon > 0$,
\[
P(\|M_t - M_0\| \geq \epsilon) \leq 2 \exp \left( \frac{-\epsilon^2}{2 \sum_{s=1}^\infty c_s^2} \right).
\]

**Lemma 6** (Lemma. 8 from Abbasi-Yadkori and Szepesvári [1]). Let $K_{\text{det}}$ be the number of changes in the policy of Algorithm 1 due to the determinant trigger $\det(V_t) \geq \det(V_0)$. Then, on $E$, $K_{\text{det}}$ is at most
\[
K_{\text{det}} \leq (n + d) \log_2(1 + TX^2(1 + C^2)/\lambda).
\]

**Corollary 2.** Let $K$ be the number of policy changes of Algorithm 1, $K_{\text{det}}$ be defined as in Lem. 6, and $K_{\text{len}} = K - K_{\text{det}}$ be the number of policy changes due to the length trigger $t \geq t_0 + \tau$. Then, on $E$, $K$ is at most
\[
K \leq K_{\text{det}} + K_{\text{len}} \leq (n + d) \log_2(1 + TX^2(1 + C^2)/\lambda) + T/\tau.
\]
Moreover, assuming that $T \geq \frac{\lambda}{X^2(1 + C^2)}$, one gets $K \leq (n + d) \log_2(1 + TX^2(1 + C^2)/\lambda)T/\tau$.

**Lemma 7** (Chernoff bound for Gaussian r.v.). Let $X \sim \mathcal{N}(0,1)$. For any $0 < \delta < 1$, for any $t \geq 0$, then,
\[
P(|X| \geq t) \leq 2 \exp \left( -\frac{t^2}{2} \right).
\]

**Proof of Lem. 2** Let $\delta' = \delta/8T$. 

We prove here that, on the optimal value function and the geometry of the problem w.r.t. the probability of being optimistic. Finally, a union bound argument ensures that since the only difference is that, on steps.

\[ E \cap \tilde{E} = \mathbb{P} \left( \cap_{t=0}^{T} \left( \| \tilde{\theta}_t - \theta \| V_i \leq \beta_t(\delta') \right) \right) = 1 - \mathbb{P} \left( \cup_{t=0}^{T} \left( \| \tilde{\theta}_t - \theta \| V_i \geq \beta_t(\delta') \right) \right) \geq 1 - T \delta' \geq 1 - \delta / 8.

2. From Lem. 3, let \( \eta \sim \mathcal{D}^{TS} \) then, for any \( \epsilon > 0 \), making use of the fact that \( \| \eta \| \leq n\sqrt{n + d} \max_{i,j} |\eta_{i,j}| \),
\[
\mathbb{P}(\| \eta \| \leq \epsilon) \geq \mathbb{P}(n\sqrt{n + d} \max_{i,j} |\eta_{i,j}| \leq \epsilon) \geq 1 - \prod_{i,j} \mathbb{P}(\| \eta_{i,j} \| \geq \frac{\epsilon}{n\sqrt{n + d}}) \geq 1 - n(n + d) \mathbb{P}_{X \sim N(0,1)}(\| X \| \geq \frac{\epsilon}{n\sqrt{n + d}}).
\]

Hence,
\[
\mathbb{P}(E) = \mathbb{P} \left( \cap_{t=0}^{T} \left( \| \tilde{\theta}_t - \theta \| V_i \leq \gamma_t(\delta') \right) \right) = 1 - \mathbb{P} \left( \cup_{t=0}^{T} \left( \| \tilde{\theta}_t - \theta \| V_i \geq \gamma_t(\delta') \right) \right) \geq 1 - T \delta' \geq 1 - \delta / 8.
\]

3. Finally, a union bound argument ensures that \( \mathbb{P}(E \cap \tilde{E}) \geq 1 - \delta / 4 \).

**Proof of Cor. 1**. This result comes directly from Sec. 4.1. and App. D of Abbasi-Yadkori and Szepesvári. The proof relies on the fact that, on \( E \), because \( \tilde{\theta}_t \) is chosen within the confidence ellipsoid \( \mathcal{E}^{HLS}_{t} \), the number of time steps the true closed loop matrix \( A + B K(\tilde{\theta}_t) \) is unstable is small. Intuitively, the reason is that as soon as the true closed loop matrix is unstable, the state process explodes and the confidence ellipsoid is drastically changed. As the ellipsoid can only shrink over time, the state is well controlled expect for a small number of time steps.

Since the only difference is that, on \( E \cap \tilde{E} \), \( \tilde{\theta}_t \in \mathcal{E}^{TS}_{t} \), the same argument applies and the same bound holds replacing \( \beta_t \) with \( \gamma_t \). Therefore, there exists appropriate problem dependent constants \( X, X' \) such that \( \mathbb{P}(E|E \cap \tilde{E}) \geq 1 - \delta / 4 \).

Finally, a union bound argument ensures that \( \mathbb{P}(E \cap \tilde{E} \cap \tilde{E}) \geq 1 - \delta / 2 \).

**C Proof of Lem. 3**

We prove here that, on \( E \), the sampling \( \tilde{\theta} \sim \mathcal{R}_s(\tilde{\theta}_t + \beta_t(\delta')V_t^{1/2}) \) guarantees a fixed probability of sampling an optimistic parameter, i.e. which belongs to \( \Theta^\text{opt} := \{ \theta \in \mathbb{R}^d \mid J(\theta) \leq J(\theta^*) \} \). However, our result only holds for the 1-dimensional case as we deeply leverage on the geometry of the problem. Figure 2 synthesizes the properties of the optimal value function and the geometry of the problem w.r.t. the probability of being optimistic.

1. First, we introduce a simpler subset of optimistic parameters which involves hyperplanes rather than complicated \( J \) level sets. Without loss of generality we assume that \( A + B K_s = \rho_s \geq 0 \) and introduce \( H_s = \begin{pmatrix} 1 \\ K_s \end{pmatrix} \in \mathbb{R}^2 \) so that \( A + B K_s = \tilde{\theta} H_s \). Let \( \Theta^\text{lin,opt} = \{ \theta \in \mathbb{R}^d \mid \| \tilde{\theta} H_s \| \leq \rho_s \} \). Intuitively, \( \Theta^\text{lin,opt} \) consists in the set of systems \( \theta \) which are more stable under control \( K_s \). The following proposition ensures those systems to be optimistic.
Figure 2: **Optimism and worst case configuration.** 1) In 1-D, the Riccati solution is well-defined except for \([(A, B) \in ] -\infty, -1] \cup [1, \infty] \times \{0\}\). The rejection sampling procedure into \(S\) ensures \(P(\bar{\theta}_t)\) to be well-defined. Moreover, \(S^c\) does not overlap with \(\Theta^{opt}\). 2) The introduction of the subset \(\Theta^{lin,opt}\) prevents using the actual - yet complicated - optimistic set \(\Theta^{opt}\) to lower bound the probability of being optimistic. 3) Even if the event \(E_{RLS}\) holds, there exists an ellipsoid configuration which does not contain any optimistic point. This justifies the over-sampling to guarantee a fixed probability of being optimistic.

Proposition 6. \(\Theta^{lin,opt} \subset \Theta^{opt}\).

**Proof.** Leveraging on the expression of \(J\), one has when \(n = d = 1\),

\[
J(\theta) = \text{Tr}(P(\theta)) = P(\theta) = \lim_{T \to \infty} \sum_{t=0}^{T} x_t^2(Q + K(\theta)^2 R) = (Q + K(\theta)^2 R) V(x_t),
\]

where \(V(x_t) = (1 - |\theta^T H(\theta)|^2)^{-1}\) is the steady-state variance of the stationary first order autoregressive process \(x_{t+1} = \theta^T H(\theta)x_t + \epsilon_{t+1}\) where \(\epsilon_t\) is zero mean noise of variance 1 and \(H(\theta) = \begin{pmatrix} 1 \\ K(\theta) \end{pmatrix}\). Thus,

\[
J(\theta) = (Q + K(\theta)^2 R) (1 - |\theta^T H(\theta)|^2)^{-1}.
\]

Hence, for any \(\theta \in \Theta^{lin,opt}\), \((1 - |\theta^T H_s|^2)^{-1} \leq (1 - |\theta^T H_s|^2)^{-1}\) which implies that

\[
(Q + K_s^2 R)(1 - |\theta^T H_s|^2)^{-1} \leq (Q + K_s^2 R)(1 - |\theta^T H_s|^2)^{-1} = J(\theta_s).
\]

However, since \(K(\theta)\) is the optimal control associated with \(\theta\),

\[
J(\theta) = (Q + K(\theta)^2 R)(1 - |\theta^T H(\theta)|^2)^{-1}
= \min_K (Q + K^2 R)(1 - |(1 \ K) \theta|^2)^{-1}
\leq (Q + K_s^2 R)(1 - |\theta^T H_s|^2)^{-1}
\leq J(\theta_s)
\]

As a result, \(P(\bar{\theta}_t \in \Theta^{opt} | F_t, \hat{E}_t) \geq P(\bar{\theta}_t \in \Theta^{lin,opt} | F_t, \hat{E}_t)\) and we can focus on \(\Theta^{lin,opt}\).
To ensure the sampling parameter to be admissible, we perform a rejection sampling until $\tilde{\theta}_t \in S$. Noticing that $\Theta(\tilde{\theta}_t) \subset S$ by construction, the rejection sampling is always favorable in terms of probability of being optimistic. Since we seek for a lower bound, we can get rid of it and consider $\tilde{\theta}_t = \tilde{\theta}_t + \beta_t(\delta^t) V_{t-1}^{-1/2} \eta$ where $\eta \sim N(0, I_2)$.

On $\tilde{E}_t$, $\theta_* \in E_t^{RLS}$, where $E_t^{RLS}$ is the confidence RLS ellipsoid centered in $\tilde{\theta}_t$. Since $\theta_*$ is fixed (by definition), we lower bound the probability by considering the worst possible $\tilde{\theta}_t$ such that $\tilde{E}_t$ holds. Intuitively, we consider the worst possible center for the RLS ellipsoid such that $\theta_*$ still belong in $E_t^{RLS}$ and that the probability of being optimistic is minimal. Formally,

$$\mathbb{P}(\tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x, \tilde{E}_t) = \mathbb{P}_{\tilde{\theta}_t \sim N(\tilde{\theta}_t, \beta_t^2(\delta^t) V_{t-1}^x)} \left( \tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x, \tilde{E}_t \right) \geq \min_{\tilde{\theta}_t \in \tilde{\theta}_t, \tilde{\theta}_t \in \Theta(\tilde{\theta}_t) \subset S} \mathbb{P}_{\tilde{\theta}_t \sim N(\tilde{\theta}_t, \beta_t^2(\delta^t) V_{t-1}^x)} \left( \tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x \right)$$

Moreover, by Cauchy-Schwarz inequality, for any $\tilde{\theta}_t$,

$$\left( (\tilde{\theta} - \theta_*)^T H_* \right) \leq \| (\tilde{\theta} - \theta_*) \|_{V_t} \| H_* \|_{V_{t-1}} \leq \beta_t(\delta^t) \| H_* \|_{V_{t-1}}$$

thus,

$$\mathbb{P}(\tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x, \tilde{E}_t) \geq \min_{\tilde{\theta}_t \in \tilde{\theta}_t, \tilde{\theta}_t \in \Theta(\tilde{\theta}_t) \subset S} \mathbb{P}_{\tilde{\theta}_t \sim N(\tilde{\theta}_t, \beta_t^2(\delta^t) V_{t-1}^x)} \left( \tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x \right)$$

Introducing the vector $u_t = \beta_t(\delta^t) V_{t-1}^{-1/2} H_*$, one can simplify

$$| \rho_* + \beta_t(\delta^t) \| H_* \|_{V_{t-1}} \leq \rho_* \iff - \rho_* \leq u_t \leq \rho_* \iff - \frac{\rho_*}{\| u_t \|} \leq -1 \leq \eta^T \frac{u_t}{\| u_t \|} \leq -1.$$

Since $\eta \sim N(0, I_2)$ is rotationally invariant, $\mathbb{P}(\tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x, \tilde{E}_t) \geq \mathbb{P}_{\tilde{\theta}_t \sim N(0, I_2)} \left( \tilde{\theta}_t^T H_* + \beta_t(\delta^t) \eta^T V_{t-1}^{-1/2} H_* \leq \rho_* \right)$$

Introducing the vector $u_t = \beta_t(\delta^t) V_{t-1}^{-1/2} H_*$, one can simplify

$$\mathbb{P}(\tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x, \tilde{E}_t) \geq \mathbb{P}_{\tilde{\theta}_t \sim N(0, I_2)} \left( \rho_* + \beta_t(\delta^t) \| H_* \|_{V_{t-1}} + \beta_t(\delta^t) \eta^T V_{t-1}^{-1/2} H_* \leq \rho_* \right)$$

Finally, for all $t \leq T$, $u_t$ is almost surely bounded: $\| u_t \| \leq \beta_T(\delta^t) \sqrt{(1 + C^2) / \lambda}$. Therefore,

$$\mathbb{P}(\tilde{\theta}_t \in \Theta^{\text{lin}, \text{opt}} | F_t^x, \tilde{E}_t) \geq \mathbb{P}_{\tilde{\theta}_t \sim N(0, I_2)} \left( \rho_* + \beta_T(\delta^t) \sqrt{(1 + C^2) / \lambda} \right) := p$$

**Corollary 3.** For any $\rho, \sigma_x > 0$, for any $\alpha, \beta \geq 0$, arg\(\min_{x:|x|} \leq \beta \mathbb{P}_{x \sim N(x, \sigma_x^2)} (|x| \leq \rho) = \alpha + \beta.\)

This corollary is a direct consequence of the properties of standard gaussian r.v.

**Lemma 8.** Let $x$ be a real random variable. For any $\rho, \sigma_x > 0$ Let $f : \mathbb{R} \to [0, 1]$ be the continuous mapping defined by $f(\bar{x}) = \mathbb{P}_{x \sim N(x, \sigma_x^2)} (|x| \leq \rho)$. Then, $f$ is increasing on $\mathbb{R}_-$ and decreasing on $\mathbb{R}_+$.\footnote{In the 1-dimensional case, $\eta$ is just a 2d standard gaussian r.v.}
Proof. Without loss of generality, one can assume that \( \sigma_x = 1/\sqrt{2} \) (otherwise, modify \( \rho \)), and that \( \bar{x} \geq 0 \) (by symmetry). Denoting as \( \Phi \) and \( \text{erf} \) the standard gaussian cdf and the error function, one has:

\[
\begin{align*}
  f(\bar{x}) &= \mathbb{P}_{x \sim N(\bar{x}, \sigma^2_x)}(-\rho \leq x \leq \rho) - \mathbb{P}_{x \sim N(\bar{x}, \sigma^2_x)}(x \leq -\rho), \\
  &= \mathbb{P}_{x \sim N(\bar{x}, \sigma^2_x)}(x - \bar{x})/\sigma_x \leq (-\rho - \bar{x})/\sigma_x - \mathbb{P}_{x \sim N(\bar{x}, \sigma^2_x)}((x - \bar{x})/\sigma_x \leq (-\rho - \bar{x})/\sigma_x), \\
  &= \Phi((-\rho - \bar{x})/\sigma_x) - \Phi(-(\rho + \bar{x})/\sigma_x), \\
  &= \frac{1}{2} + \frac{1}{2} \text{erf}((\rho - \bar{x})/\sqrt{2}\sigma_x) - \frac{1}{2} - \frac{1}{2} \text{erf}(-(\rho + \bar{x})/\sqrt{2}\sigma_x), \\
  &= \frac{1}{2} (\text{erf}(\rho - \bar{x}) - \text{erf}(-\rho + \bar{x})).
\end{align*}
\]

Since \( \text{erf} \) is odd, one obtains \( f(\bar{x}) = \frac{1}{2}(\text{erf}(\rho - \bar{x}) + \text{erf}(\rho + \bar{x})) \). The error function is differentiable with \( \text{erf}'(z) = \frac{2}{\pi} e^{-z^2} \), thus

\[
\begin{align*}
f'(\bar{x}) &= \frac{1}{\pi} \left( \exp(- (\rho + \bar{x})^2) - \exp(-(\rho - \bar{x})^2) \right) \\
  &= -\frac{2}{\pi} \sinh((\rho - \bar{x})^2) \leq 0.
\end{align*}
\]

Hence, \( f \) is decreasing on \( \mathbb{R}_+ \) and by symmetry, is increasing on \( \mathbb{R}_- \). \( \square \)

D Weighted L1 Poincaré inequality (proof of Lem. 4)

This result is build upon the following theorem which links the function to its gradient in \( L^1 \) norm:

Theorem 4 (see Acosta and Durán [4]). Let \( W^{1,1}(\Omega) \) be the Sobolev space on \( \Omega \subset \mathbb{R}^d \). Let \( \Omega \) be a convex domain bounded with diameter \( D \) and \( f \in W^{1,1}(\Omega) \) of zero average on \( \Omega \) then

\[
\int_{\Omega} |f(x)| dx \leq \frac{D}{2} \int_{\Omega} ||\nabla f(x)|| dx \tag{15}
\]

Lem. 4 is an extension of Thm. 1. In pratice, we show that their proof still holds for log-concave weight.

Theorem 5. Let \( L > 0 \) and \( \rho \) any non negative and log-concave function on \( [0, L] \). Then for any \( f \in W^{1,1}(0, L) \) such that

\[
\int_0^L f(x) \rho(x)dx = 0
\]

one has:

\[
\int_0^L |f(x)|\rho(x)dx \leq 2L \int_0^L |f'(x)|\rho(x)dx \tag{16}
\]

The proof is based on the following inequality for log-concave function.

Lemma 9. Let \( \rho \) be any non negative log-concave function on \( [0, 1] \) such that \( \int_0^1 \rho(x) = 1 \) then

\[
\forall x \in (0, 1), \quad H(\rho, x) := \frac{1}{\rho(x)} \int_0^x \rho(t)dt \int_x^1 \rho(t)dt \leq 1 \tag{17}
\]

Proof. Since any non-negative log-concave function on \( [0, 1] \) can be rewritten as \( \rho(x) = e^{\nu(x)} \) where \( \nu \) is a concave function on \( [0, 1] \) and since \( x \rightarrow e^x \) is increasing, the monotonicity of \( \nu \) is preserved and as for concave function, \( \rho \) can be either increasing, decreasing or increasing then decreasing on \( [0, 1] \). Hence, \( \forall x \in (0, 1) \), either

1. \( \rho(t) \leq \rho(x) \) for all \( t \in [0, x] \),
2. \( \rho(t) \leq \rho(x) \) for all \( t \in [x, 1] \).
Assume that $\rho(t) \leq \rho(x)$ for all $t \in [0, x]$ without loss of generality. Then,

$$\forall x \in (0, 1), \quad H(\rho, x) := \frac{1}{\rho(x)} \int_0^x \rho(t) dt \int_x^1 \rho(t) dt$$

$$= \int_0^x \frac{\rho(t)}{\rho(x)} \int_x^1 \rho(t) dt$$

$$\leq \int_0^x dt \int_x^1 \rho(t) dt$$

$$\leq x \int_0^1 \rho(t) dt \leq x \leq 1$$

Proof of theorem 5. This proof is exactly the same as [4] where we use lemma 9 instead of a concave inequality. We provide it for sake of completeness.

A scaling argument ensures that it is enough to prove it for $L = 1$. Moreover, dividing both side of (16) by $\int_0^1 \rho(x) dx$, we can assume without loss of generality that $\int_0^1 \rho(x) dx = 1$.

Since $\int_0^1 f(x) \rho(x) dx = 0$ by integration part by part one has:

$$f(y) = \int_0^y f'(x) \int_0^x \rho(t) dt - \int_y^1 f'(x) \int_x^1 \rho(t) dt$$

$$|f(y)| \leq \int_0^y |f'(x)| \int_0^x \rho(t) dt + \int_y^1 |f'(x)| \int_x^1 \rho(t) dt$$

Multiplying by $\rho(y)$, integrating on $y$ and applying Fubini’s theorem leads to

$$\int_0^1 |f(y)| \rho(y) dy \leq 2 \int_0^1 |f'(x)| \int_0^x \rho(t) dt \int_x^1 \rho(t) dt$$

and applying (17) of lemma 9 ends the proof.

While theorem 5 provides a 1 dimensional weighted Poincaré inequality, we actually seek for one in $\mathbb{R}^d$. The idea of [12] is to use arguments of [12] to reduce the $d$–dimensional problem to a $1 – d$ problem by splitting any convex set $\Omega$ into subspaces $\Omega_i$ thin in all but one direction and such that an average property is preserved. We just provide their result.

Lemma 10. Let $\Omega \subset \mathbb{R}^d$ be a convex domain with finite diameter $D$ and $u \in L^1(\Omega)$ such that $\int_\Omega u = 0$. Then, for any $\delta > 0$, there exists a decomposition of $\Omega$ into a finite number of convex domains $\Omega_i$ satisfying

$$\Omega_i \cap \Omega_j = \emptyset \text{ for } i \neq j, \quad \overline{\Omega} = \bigcup_{\Omega_i}, \quad \int_{\Omega_i} u = 0$$

and each $\Omega_i$ is thin in all but one direction i.e. in an appropriate rectangular coordinate system $(x, y) = (x, y_1, \ldots, y_{d-1})$ the set $\Omega_i$ is contained in

$$\{(x, y) : \ 0 \leq x \leq D, \ 0 \leq y_i \leq \delta \text{ for } i = 1, \ldots, d-1\}$$

This decomposition together with theorem 5 allow us to prove the $d$–dimensional weighted Poincaré inequality.

Proof of Lem. 10. By density, we can assume that $u \in C^\infty(\overline{\Omega})$. Hence, $up \in C^\infty(\overline{\Omega})$. Let $M$ be a bound for $up$ and all its derivative up to the second order.

Given $\delta > 0$ decompose the set $\Omega$ into $\Omega_i$ as in lemma 10 and express $z \in \Omega_i$ into the appropriate rectangular basis $z = (x, y)$, where $x \in [0, d_i]$, $y \in [0, \delta]$. Define as $\rho(x_i)$ the $d – 1$ volume of the intersection between $\Omega_i$ and the hyperplan $\{x = x_0\}$. Since $\Omega_i$ is convex, $\rho$ is concave and from the smoothness of $up$ one has:
Those equation allows us to switch from $d$–dimensional integral to 1–dimensional integral for which we can apply theorem 5 at the condition that $\int_0^{d_i} u(x,0) p(x,0) \rho(x) dx = 0$ (which is not satisfied here). On the other hand, we can apply theorem 5 to

$$g(x) = u(x,0) - \int_0^{d_i} u(x,0) p(x,0) \rho(x) dx / \int_0^{d_i} p(x,0) \rho(x) dx$$

with weight function $x \to p(x,0) \rho(x)$. Indeed, $x \to p(x,0)$ is log-concave - as restriction along one direction of log-concave function, $x \to \rho(x)$ is log-concave - as a concave function, and so is $x \to p(x,0) \rho(x)$ - as product of log-concave function. Moreover, $g \in W^{1,1}(0,d_i)$ and $\int_0^{d_i} g(x) p(x,0) \rho(x) dx = 0$ by construction. Therefore, applying theorem 5 one gets:

$$\int_0^{d_i} |g(x)| p(x,0) \rho(x) dx \leq 2d_i \int_0^{d_i} |g'(x)| p(x,0) \rho(x) dx$$

$$\int_0^{d_i} |u(x,0)| p(x,0) \rho(x) dx \leq 2d_i \int_0^{d_i} |\partial u / \partial x(x,0)| p(x,0) \rho(x) dx - \int_0^{d_i} u(x,0) p(x,0) \rho(x) dx$$

$$\int_0^{d_i} |u(x,0)| p(x,0) \rho(x) dx \leq 2d_i \int_0^{d_i} |\partial u / \partial x(x,0)| p(x,0) \rho(x) dx + (d - 1) M |\Omega_i| \delta$$

where we use equation (20) together with $\int_{\Omega_i} u(z) p(z) dz = 0$ to obtain the last inequality.

Finally, from (18)

$$\int_{\Omega_i} |u(x,y)| p(x,y) dx dy \leq \int_0^{d_i} |u(x,0)| p(x,0) \rho(x) dx + (d - 1) M |\Omega_i| \delta$$

from (21)

$$\int_{\Omega_i} |u(x,y)| p(x,y) dx dy \leq 2d_i \int_{\Omega_i} |\partial u / \partial x(x,0)| p(x,0) \rho(x) dx + (d - 1) M |\Omega_i| \delta (1 + 2d_i)$$

from (19)

$$\int_{\Omega_i} |u(x,y)| p(x,y) dx dy \leq 2d_i \int_{\Omega_i} |\partial u / \partial x(x,y)| p(x,y) dx dy + (d - 1) M |\Omega_i| \delta (1 + 4d_i)$$

$$\int_{\Omega_i} |u(x,y)| p(x,y) dx dy \leq 2d_i \int_{\Omega_i} |\nabla u(x,y)| p(x,y) dx dy + (d - 1) M |\Omega_i| \delta (1 + 4d_i)$$

Summing up on $\Omega_i$ leads to

$$\int_{\Omega_i} |u(z)| p(z) dz \leq 2D \int_{\Omega_i} |\nabla u(z)| p(z) dz + (d - 1) M |\Omega| \delta (1 + 4D)$$

and since $\delta$ is arbitrary one gets the desired result.
E Regret proofs

Bounding $R_1^{R_L S}$. On $E$, $\|x_t\| \leq X$ for all $t \in [0, T]$. Moreover, since $\tilde{\theta}_t \in S$ for all $t \in [0, T]$ due to the rejection sampling, $\text{Tr}(P(\tilde{\theta}_t)) \leq D$. From the definition of the matrix 2-norm, $\sup_{\|x\| \leq X} x^T P(\tilde{\theta}_t) x \leq X^2 \|P(\tilde{\theta}_t)^{1/2}\|^2$. Since for any $A \in \mathbb{R}^{m \times n}$, $\|A\|_2 \leq \|A\|_1$, one has $\|P(\tilde{\theta}_t)^{1/2}\|^2 \leq \|P(\tilde{\theta}_t)^{1/2}\|^2 = \text{Tr}(P(\tilde{\theta}_t))$. As a consequence, for any $t \in [0, T]$, $\sup_{\|x\| \leq X} x^T P(\tilde{\theta}_t) x \leq X^2 D$ and the martingale increments are bounded almost surely on $E$ by $2DX^2$.

Applying Thm. 3 to $R_1^{R_L S}$ with $\epsilon = 2DX^2 \sqrt{2T \log(4/\delta)}$ one obtains that

$$R_1^{R_L S} = \sum_{t=0}^{T} \left\{ \mathbb{E}(x_{t+1}^T P(\tilde{\theta}_{t+1}) x_{t+1} | F_t) - x_t^T P(\tilde{\theta}_t) x_t \right\} 1\{E_t\} \leq 2DX^2 \sqrt{2T \log(4/\delta)}$$

with probability at least $1 - \delta/2$.

Bounding $R_3^{R_L S}$. The derivation of this bound is directly collected from Abbasi-Yadkori and Szepesvári [1]. Since our framework slightly differs, we provide it for the sake of completeness. The whole derivation is performed conditioned on the event $E$.

$$R_3^{R_L S} = \sum_{t=0}^{T} \left\{ z_t^T \theta_t P(\tilde{\theta}_t) \tilde{\theta}_t^T z_t - z_t^T \theta_* P(\tilde{\theta}_t) \tilde{\theta}_*^T z_t \right\} = \sum_{t=0}^{T} \left\{ \|\tilde{\theta}_t^T z_t\|^2_{P(\tilde{\theta}_t)} - \|\theta_*^T z_t\|^2_{P(\tilde{\theta}_t)} \right\},$$

$$= \sum_{t=0}^{T} \left( \|\tilde{\theta}_t^T z_t\|_{P(\tilde{\theta}_t)} - \|\theta_*^T z_t\|_{P(\tilde{\theta}_t)} \right) \left( \|\tilde{\theta}_t^T z_t\|_{P(\tilde{\theta}_t)} + \|\theta_*^T z_t\|_{P(\tilde{\theta}_t)} \right)$$

By the triangular inequality, $\|\tilde{\theta}_t^T z_t\|_{P(\tilde{\theta}_t)} - \|\theta_*^T z_t\|_{P(\tilde{\theta}_t)} \leq \|P(\tilde{\theta}_t)^{1/2} (\tilde{\theta}_t^T z_t - \theta_*^T z_t)\| \leq \|P(\tilde{\theta}_t)^{1/2} \| (\|\tilde{\theta}_t - \theta_*\|_{z_t})$.

Making use of the fact that $\tilde{\theta}_t \in S$ by construction of the rejection sampling, $\theta_* \in S$ by Asm. 2 and that $\sup_{t \in [0, T]} \|z_t\| \leq \sqrt{(1+C^2)X^2}$ thanks to the conditioning on $E$ and Prop. 2 one gets:

$$R_3^{R_L S} \leq \sum_{t=0}^{T} \left( \sqrt{D} \left( \|\tilde{\theta}_t - \theta_*\|_{z_t} \right) \right) \left( 2S \sqrt{D} \sqrt{(1+C^2)X^2} \right) \leq 2SD \sqrt{(1+C^2)X^2} \sum_{t=0}^{T} \left( \|\tilde{\theta}_t - \theta_*\|_{z_t} \right)$$

and one just has to bound $\sum_{t=0}^{T} \|\tilde{\theta}_t - \theta_*\|_{z_t}$ Let $\tau(t) \leq t$ be the last time step before $t$ when the parameter was updated. Using Cauchy-Schwarz inequality, one has:

$$\sum_{t=0}^{T} \left( \|\tilde{\theta}_t - \theta_*\|_{z_t} \right) = \sum_{t=0}^{T} \left( (V_{\tau(t)}^{1/2} (t)) (\tilde{\theta}_{\tau(t)} - \theta_*)^T V_{\tau(t)}^{-1/2} z_t \right) \leq \sum_{t=0}^{T} \left( \tilde{\theta}_{\tau(t)} - \theta_* \right) \|V_{\tau(t)}\|_{z_t} \|V_{\tau(t)}^{-1}\|$$

However, on $E$, $\|\tilde{\theta}_{\tau(t)} - \theta_*\|_{V_{\tau(t)}} \leq \|\tilde{\theta}_{\tau(t)} - \tilde{\theta}_{\tau(t)}\|_{V_{\tau(t)}} + \|\tilde{\theta}_{\tau(t)} - \tilde{\theta}_{\tau(t)}\|_{V_{\tau(t)}} \leq \beta_{\tau(t)}(\delta') + \gamma_{\tau(t)}(\delta') \leq \beta_{\tau(t)}(\delta') + \gamma_{\tau(t)}(\delta')$ and, thanks to the lazy update rule $\|z_t\|_{V_{\tau(t)}^{-1}} \leq \|\tilde{\theta}_{\tau(t)} - \theta_*\|_{V_{\tau(t)}^{-1}} \|\tilde{\theta}_{\tau(t)} - \theta_*\|_{V_{\tau(t)}}$ we have $\|z_t\|_{V_{\tau(t)}^{-1}} \leq 2 \|z_t\|_{V_{\tau(t)}}$. Therefore,

$$R_3^{R_L S} \leq 4SD \sqrt{(1+C^2)X^2} (\beta\tau(\delta') + \gamma\tau(\delta')) \sum_{t=0}^{T} \|z_t\|_{V_{\tau(t)}^{-1}}.$$ 

Bounding $\sum_{k=1}^{K} T_k^* \alpha_k$. From section 4.4

$$\sum_{k=1}^{K} T_k^* \alpha_k \leq 2\tau \sum_{k \in \mathcal{K}_{den}} \|\alpha_k\| + \tau \sum_{k=1}^{K} \alpha_k.$$

First, it is clear from

$$\alpha_k = (R_{k,1}^{TS,1} + R_{k,3}^{TS,3}) \{E_k\}$$

$$= \left( J(\tilde{\theta}_k) - \mathbb{E}[J(\tilde{\theta}_k)|F_{t_k}^{e}, E_k]\right) \{E_k\},$$

that the sequence $\{\alpha_k\}_{k=1}^{K}$ is a martingale difference sequence with respect to $F_{t_k}^{e}$. Moreover, since $\tilde{\theta}_k \in S$ for all $k \in [1, K]$, $\|\alpha_k\| \leq 2D + 2 \sqrt{(1+C^2)/\lambda}$. Therefore,
1. $\sum_{k \in K^{\text{den}}} \|\alpha_k\| \leq (2D + 2\sqrt{(1 + C^2)})|K^{\text{den}}|$, 

2. with probability at least $1 - \delta/2$, Azuma’s inequality ensures that $\sum_{k=1}^{K} \alpha_k \leq (2D + 2\sqrt{(1 + C^2)})\sqrt{2|K|\log(4/\delta)}$.

From Lem. 6 and Cor. 2 $|K^{\text{det}}| \leq (n + d) \log_2(1 + TX^2(1 + C^2)/\lambda)$ and $|K| \leq (n + d) \log_2(1 + TX^2(1 + C^2)/\lambda)T/\tau$. Finally, one obtains:

$$\sum_{k=1}^{K} T_k \alpha_k \leq 4(2D + 2\sqrt{(1 + C^2)})(n + d) \log_2(1 + TX^2(1 + C^2)/\lambda)\sqrt{\log(4/\delta)T/\tau}$$

Bounding $\sum_{t=0}^{T} \|z_t\|_{V_i^{-1}}$. On $E$, for all $t \in [0, T]$, $\|z_t\|^2 \leq (1 + C^2)X^2$. Thus, from Cauchy-Schwarz inequality and Prop. 4,

$$\sum_{t=0}^{T} \|z_t\|_{V_i^{-1}} \leq \sqrt{T} \left( \sum_{t=0}^{T} \|z_t\|^2_{V_i^{-1}} \right)^{1/2} \leq \sqrt{T} \sqrt{2(n + d)(1 + C^2)X^2/\lambda\log(1/\delta)} \left( 1 + \frac{T(1 + C^2)X^2}{\lambda(n + d)} \right).$$