Morphological Measurement of Supracondylar Femur Based on Digital Technology in Chinese Han Population

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Objective: Relatively few studies have reported on the morphology of the supracondylar femur, which is a fundamental factor affecting prosthetic reconstruction. The objectives of the present study were to measure the morphological parameters of the supracondylar femur, to classify the supracondylar femur, and to provide theoretical guidance for the development of distal femoral prostheses.

Methods: The study consisted of 82 patients of Han Chinese nationality in North China. There were 57 men and 25 women included in the study, with an average age of 50.9 years (range, 18–87 years). Effective CT data should include a range of more than 10 cm for the distal femur. CT data for the right distal supracondylar femurs was obtained from DICOM files. Results for the cancellous bone and marrow cavity were retained, and information for the cortical bone was erased to obtain information of the lumen. Measurements of the intracortical cavity have not been reported previously. Lumen models were reconstructed with Mimics 17.0 software. The surfaces of the lumen models were smoothed with Geomagic studio 12.0 software. Using the Solidworks 2014 software, we established a 3-D coordinate system, where variables of the lumen were examined. Correlations between the various measurements were calculated.

Results: The supracondylar region of the femur was divided into five levels, and the length, breadth, height, and angle values were measured at each level. There were strong correlations between the length indexes (transverse diameter [EF], medial anteroposterior diameter [AC], middle anteroposterior diameter [GH], and lateral anteroposterior diameter [BD]) and the volume index (V). There were also strong correlations among the length indicators (EF, AC, GH, and BD) in each layer. Angle γ was correlated with the lateral anteroposterior diameter (BD) at L2–L6 layers ($r = -0.383, -0.385, -0.296, -0.258, -0.24$; all $P < 0.05$) and with the height index (h) at L4–L6 layers ($r = -0.244, -0.385, -0.506$; all $P < 0.05$). The most representative parameters were the medial anteroposterior diameter ($AC_2R_2 = 0.865; AC_6R_2 = 0.932$), the coronal width ratio, and the sagittal width ratio with volume. The analysis found that the lumen shape of flower–top hat accounted for 81% at most.

Conclusions: The supracondylar femur has an asymmetrical structural area. The coronal plane is dominated by a flowerpot-like morphology, and the sagittal plane is narrowest in the lateral 1/3 and resembles a top-hat-like morphology. Our results provide theoretical guidance for developing distal femoral prostheses and for their clinical application.

Key words: Anatomy; Femur; Knee; Morphology; Prosthesis
Introduction

In a retrospective study, Unwin et al. (1996) found that the most common bones replaced with prostheses were the distal femur (39.0%), the proximal femur (21.5%), the proximal tibia (17.0%), and the proximal humerus (10.3%). The incidence of prosthetic failure is significantly higher in the distal femur.13

Many studies have pointed out that more than 40% of bone defects are due to a prosthetic failure in the distal femur.1–3. In a retrospective study of 1001 cemented prostheses used as replacements after surgery for bone tumors, Unwin et al. identified aseptic loosening as the principal mode of failure of massive distal femoral replacements. The probability of a patient surviving aseptic loosening of the distal femur was 67.4% for 10 years.1 In addition to the impact of bone defects, the uncemented prosthesis may utilize osteointegration to minimize aseptic loosening, but short- and long-term results differ. Therefore, in the distal femur, the key factors to reduce prosthetic failure are to reduce bone defects and improve the morphological match of the prosthesis with the bone. With the improvement of technology, the supracondylar femur becomes an important place for bone reserves after the removal of a knee with a tumor.

At present, aware of the hazards of bone defects, researchers have sought to reduce the prosthetic failure caused by wide resection through technical improvements.6–11. However, morphological studies of the femoral supracondylar intramedullary lumen are rare. Previous morphological studies have focused on extracortical or medullary cavities12–19, but the actual interface of distal femur intramedullary fixation lies in the inner lumen of cortex. We consider that the difference between the inner lumen of cortex and the traditional medullary cavities lies in the cancellous bone, which has a great influence on the bone prosthetic interface. Because of reports of both initial stability and biological growth effects, the gap between the prosthesis and the bone interface needs to be very small20,21. Morphological mismatch will increase the failure of the prosthesis in the distal femur. However, Chinese and Asian authors have reported significant differences in bone parameters between East Asian and Caucasian populations. At present, all the prostheses used in China lack data for application in Chinese people. These differences hinder the advantages of prostheses and can result in additional damage22–28.

The primary purpose of this study was to measure the morphological parameters of the femoral supracondylar intramedullary lumen, and to differentiate the “cortical lumen” from the medullary cavity of the femur shaft. Secondary aims were to classify the supracondylar femur and to provide theoretical guidance for the development of distal femoral prostheses and their clinical applications.

Patients and Methods

The Ethics Committee of Tianjin Hospital approved the study, and written informed consent was obtained from all enrolled.

The study population consisted of 82 patients of Han Chinese nationality in North China, including 57 men and 25 women with an average age of 50.9 years (range, 18–87 years). All CT data for healthy right knees were obtained during the contralateral limb trauma or examination. Effective CT data should include a range of more than 10 cm for the distal femur.

Inclusion Criteria

The inclusion criteria included: patients who received bilateral knee CT examination due to left limb trauma or physical examination; physical health and normal development, no tumor history; no history of trauma fracture of right femur and right knee; epiphyseal plate closure; no severe osteoporosis; no serious bone hyperplasia; the CT scan included more than 10 cm in length of the distal right femur.

Exclusion Criteria

The exclusion criteria included: tumor patients, history of right limb fractures, deformities, epiphyseal plate unclosed, severe bone hyperplasia, and severe osteoporosis.

CT Data

The CT data for the right distal supracondylar femurs were obtained from DICOM files using GE Medical Systems (Brightspeed, OPTIMA660). Scans (resolution, 512 × 512) were taken vertically to the long axis of the femur; we obtained 929–2140 continuous images <1 mm thick at the femoral epicondyle level and 10 cm above the knee joint.

The CT data were transferred to the computer from the mobile hard disk. Results for the cancellous bone and marrow cavity were retained, and information for the cortical bone was erased. Skeletal models were reconstructed with Mimics 17.0 software (Materialise, Haasrode, Belgium). The surfaces of the 3-D reconstructed models were smoothed with Geomagic studio 12.0 software (Geomagic, Rock Hill, SC, USA), which was the second step in data processing. The last step was to imitate resection using the Solidworks 2014 software (Dassault Systemes S.A., Concord, MA, USA), which established a 3-D coordinate system. The mechanical axis of the distal femoral shaft was defined as the Z-axis; the resection plane was vertical to the Z-axis.

Variables Examined

The variables examined were: the distance from layers to the front and back walls (γ), and the reconstructed volume (V) of the cortical lumen. In addition, indicators were selected to classify the shape of the cortical lumen (Fig. 1).
Measurement Details
The point O was defined as the posterior cruciate ligament in the proximal direction. The surgical epicondylar axis (STEA) was defined as the reference surface (L1), which was the most obvious at the region of the femoral epicondyle. The angle of the patellar trochlea was defined as \( \beta \), and it was measured to position the range of the distal femur above the joint. When \( \beta = 180 \), the bottom layer of the distal femur was named the second layer (L2). It is desirable to remove only the knee that contains the articular surface; the patella moving in the distal femur is in the trochanteric fovea, and the trochanteric fovea of the femur extends to the proximal of the supracondylar femur, which is the part that needs to be retained as much as possible. Beginning with L2, the interval between adjacent layers was 10 mm, and L3, L4, L5, and L6 were named in turn. From L2 to L6, each layer has the X-axis and the borderlines of the models intersected at E or F, located at the medial and lateral halves. The line connecting E and F was divided into four equal parts by three points. Through each point, a straight line was defined perpendicular to EF. The vertical line nearest E intersected the front model’s borderline at A and intersected the posterior model’s borderline at C. The vertical line nearest F intersected the front model’s borderline at B and intersected the posterior model’s borderline at D. The vertical line located at the midpoint of the EF line intersected the front wall at G and the posterior wall at H. After these points were identified, we measured the length of AB, GH, AC, and BD in each layer (i.e. L2–L6). The angle between BD and CD was defined as \( \gamma \). The distance between the reference surface and the layer of interest was defined as height \( h \) and recorded for each layer. The volume of the 3-D model of the cortical lumen containing L2–L6 was defined as V (Fig. 1), and V in each specimen-specific 3-D model was calculated using Geomagic Studio software in cubic centimeters.

Statistical Analysis
The comparisons between the measurement date on the same level were assessed using Student’s t-test. Comparisons between the measurements of the different levels were made using the paired t-test. The dimensions were summarized as mean \( \pm \) standard deviation. A \( P \)-value of <0.05 was considered significant. The bivariate correlations coefficient was represented as \( r \). Linear regression analysis was used to explore the correlations between V and the measured dimensions. All statistical analyses were performed with SPSS 20.0 (IBM, Armonk, NY, USA).

Results
Morphological Characteristics of Cortical Lumen of Supracondylar Femur
The means and standard deviations (SD) for AC, BD, EF, GH, \( \gamma \), and \( h \) in each layer and V are shown in Table 1.

Correlations between Morphological Characteristics in Cortical Lumen
Comparisons of Indexes at Each Level
At L2 (Table 2), there were strong correlations between V and EF2, GH2, AC2, and BD2 (\( r = 0.788, 0.818, 0.865, \) and \( 0.84 \), respectively; all \( P < 0.001 \)). All length indexes (EF2, GH2, AC2, and BD2) were strongly correlated with each other (\( r \) range, 0.619–0.872). \( h2 \) was negatively correlated with V and EF2 (\( r = -0.248 \) [\( P < 0.05 \)] and \( -0.631 \).
were negative correlations between indexes or pairs of length indexes remained very high. There

\[ P < 0.001 \]

and between BD2 and was not correlated with other indicators.

\[ \gamma, \text{the angle between the front and back walls; AC, the outside anteroposterior diameter; BD, the inside anteroposterior diameter; EF, the length of the transverse diameter; GH, the middle anteroposterior diameter; h, height of the supracondylar femur; L, layer (each layer is separated from the next by 10 mm); SD, standard deviation.} \]

\[
\begin{array}{lcccccc}
\text{Variable} & \text{L2} & \text{L3} & \text{L4} & \text{L5} & \text{L6} \\
\hline
\text{Valid, n (missing)} & 82 (0) & 82 (0) & 82 (0) & 82 (0) & 82 (0) \\
h, mm, mean (SD) & 36.4 (9.05) & 46.4 (9) & 56.4 (9) & 66.4 (9) & 76.4 (9) \\
EF, mm, mean (SD) & 40.88 (6.95) & 34.76 (5.82) & 30.64 (5.07) & 27.65 (4.32) & 25.53 (4.1) \\
GH, mm, mean (SD) & 26.44 (3.16) & 25.78 (3.57) & 25.13 (3.03) & 24.54 (3.06) & 23.69 (2.86) \\
AC, mm, mean (SD) & 29.65 (4.05) & 27.39 (3.38) & 26 (3.15) & 24.68 (3.12) & 23.47 (3.18) \\
BD, mm, mean (SD) & 22.98 (3.45) & 22.02 (2.97) & 21.17 (2.94) & 20.29 (3.18) & 19.77 (2.83) \\
\gamma_\gamma, \text{mean (SD)} & 18.4 (4.76) & 18.22 (4.91) & 17.81 (4.8) & 16.83 (5.8) & 15.81 (6.49) \\
\hline
\end{array}
\]

\[ \gamma_\gamma, \text{the angle between the front and back walls; AC, the outside anteroposterior diameter; BD, the inside anteroposterior diameter; EF, the length of the transverse diameter; GH, the middle anteroposterior diameter; h, height of the supracondylar femur; L, layer (each layer is separated from the next by 10 mm); SD, standard deviation.} \]

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\text{Variable} & \text{L2} & \text{L3} & \text{L4} & \text{L5} & \text{L6} \\
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\]

\[ \gamma_\gamma, \text{the angle between the front and back walls; AC, the outside anteroposterior diameter; BD, the inside anteroposterior diameter; EF, the length of the transverse diameter; GH, the middle anteroposterior diameter; h, height of the supracondylar femur; L, layer (each layer is separated from the next by 10 mm); SD, standard deviation.} \]
and BD6 were significantly correlated with γ6. The absolute r value ranged from 0.24 to 0.34.

There were strong correlations between the length indexes of each layer and there was an obvious correlation between V and length index (Fig. 2).

**Correlations between Indexes and V**
The correlation between AC and V was always the largest correlation. The different indexes between each layer were collinear, and AC was the most sensitive indicator of V in each layer.

Linear regression analysis was used to explore the correlations between V and AC2, AC3, AC4, AC5, and AC6. Using the stepwise method, AC6 and AC2 were finally chosen as indicators, and two derived equations were obtained:

Model A: \( R^2 = 0.869 \) (\( P < 0.001 \)). This model predicted 86.9% of the variation in V.

\[
V = 2.056AC_6 - 19.629
\]

Model B: \( R^2 = 0.922 \) (\( P < 0.001 \)). This model more accurately explained 92.2% of the change in V.

\[
V = 0.632AC_2 + 1.437AC_6 - 23.865
\]

**Fig. 2** Correlation between the volume of the supracondylar femur (V) and the outside anteroposterior diameter of the sixth layer (AC6). The point distribution pattern indicates that the AC6 and V had a good linear correlation.

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**Relevance of γ for anteroposterior diameter and height**

In layers 2, 3, and 4, γ correlated negatively with BD (\( r = -0.383, -0.385, \) and \( -0.296, \) respectively; all \( P < 0.001 \)). In layers 5 and 6, γ correlated negatively with BD (\( r = -0.258 \) and 0.24, respectively; all \( P < 0.05 \)). Thus, as BD increased, the absolute value of γ generally decreased (Fig. 3).

In accordance with layer order, h was not significantly correlated with γ in layers 1–3. In layer 4, a negative correlation appeared (\( r = -0.244, P < 0.05 \)). In layers 5 and 6, the correlation was negative (\( r = -0.385, P < 0.001 \)). Thus, angle γ was smaller as it became more proximal (Fig. 3).

**Description of Shape of Horizontal Section**

We used aspect ratios as horizontal indicators for shapes in the horizontal plane. The aspect ratio uses the anteroposterior dimension (AC, GH, BD) of each layer divided by the inner and outer diameters (EF). From the results, we observed that the ratio of AC/EF and GH/EF increases from layer 2 to layer 6 and the value approaches 1 in the order from section 2 to section 6; AC/EF and GH/EF are both approximately 0.9 in section 5, suggesting that AC, GH, and EF are similar, with a disc-like shape; BD/EF (0.57 <BD/EF <0.79), however, with the increase in the height of the cross-section, shows a growing trend, but is not as large as that of AC/EF or GH/EF. In addition, BD is the shortest anteroposterior distance in each section, and the narrowest point is reflected in the shape (Table 2).

**Description and Classification of Shape of Cortical Lumen**

We sought to explain the morphological characteristics of the cortical lumen of the supracondylar femur and to select relevant predictors of volume. This approach was similar to that used by Noble et al., who used length ratios of both sides to divide the proximal planar femoral medullary cavity into three types\(^{12}\). This method could be modeled two-dimensionally because the 3-D graphics could be converted into 2-D coronal and sagittal planes. In each plane, a similar ratio could illustrate the projection’s shape based on a normal distribution. Depending on the coefficient effect and the importance for prediction, EF6/EF2 and BD6/BD2 were selected as the lumen shrink indexes (LSI) at the coronal and sagittal planes and named LSIEF and LSIBD, respectively. The frequency description of the two LSI indexes for a normal distribution could be used to classify the distal femoral shape (Fig. 4).

According to the LSIEF distribution, the cortical lumen could be classified into 3 shapes: I-type (skirt, <5%), J-type (flowerpot, 5%–95%), and K-type (top hat, >95%). LSIEF\( \text{BD} \) (BD6/BD2) was adopted as the indicator for the coronal plane, and it could also be classified as J-type (flowerpot, <5%), K-type (top hat, 5%–95%), and L-type (stovepipe, >95%) (Fig. 5).

Combining the distribution of sagittal (EF) and coronal (BD) LSI values, a combination of stereo (sagittal and
coronal) and theoretical frequencies can be derived: IJ (0.25%), IK (4.5%), IL (0.25%), JJ (4.5%), JK (81%), JL (4.5%), KJ (0.25%), KK (4.5%), and KL (0.25%). According to the theoretical combination, the statistics of the actual combinations in this group are: 1.22%, 3.66%, 0%, 2.44%, 85.37%, 4.88%, 0%, 2.44%, 0%, which is in line with the theoretical frequency. According to the theoretical combination frequency, 81% of JK is the mainstream type, 18% of the sub-mainstream types include JK, JJ, IK, and KK types, and rare types account for 1% of IJ, IL, KJ, and KL combinations. We selected the main shape combination of the coronal plane and sagittal plane and determined the ratio of several key factors according to each plane index to draw a 3-D schematic diagram (Fig. 6). We used the following conditions: (i) $h = 5$ cm; (ii) $EF2: AC2: BD2: EF6: AC6: BD6 = 1: 0.9: 0.8: 0.6: 0.56: 0.7$; and (iii) smooth edge treatment.

**Discussion**

In this study, morphological measurements of the cortical luminal of the femoral supracondylar were performed. The difference between the cortical luminal and the outer...
cortical shape is the absence or presence of cortex. Where cortical bone is thickened, the difference between the two is obvious. As far as we know, for morphological study, there is no explicit method to measure the cortical lumen. In previous research, the adjacent femoral condyles were measured by the length and ratio of the outer cortical shape 33–36. Therefore, we use a similar method to divide the section by height and record the length and ratio in each section of the femoral supracondylar. In the results, the volume (V)-related parameters can be considered as a key point in the femoral supracondylar morphometric measurement. The following three results can be obtained. First, there were strong correlations between all of the length indexes in each layer and volume. Among all of length indexes, the inside anteroposterior diameter (AC) was the most sensitive indicator. Linear regression analysis was used to choose AC6 and AC2 as the key indicator of the volume. This indicator can be interpreted as the medial anteroposterior diameter in the horizontal cross-section at both ends, which affected the shape of the femoral supracondylar.

Furthermore, the cross-section shows a trend of a growing aseptic ratio with the increase of the height. The aseptic ratio BD/EF is not as large as AC/EF or GH/EF in the same cross-section. Therefore, the lateral anteroposterior diameter (BD) should be noted as the narrowest site. It is suggested that in the design of prosthesis the lateral semi-anteroposterior diameter represented by BD should be strictly controlled to avoid fracture when an oversized prosthesis is pressed into the cortical luminal.

Finally, by comparison, LSIEF is the minimum value of LSI, which reflects that the coronal plane is the most obviously change with the increase of height. In the results for the sagittal plane, LSIEF and LSIBD are the most closely related to volume, so they were selected as key factors in the coronal and sagittal planes of the lumen morphology. These two indicators express the general shape of the cortical luminal in the plane in which they are located. The ratio, which reflects the shrinkage and flaring degree of the shape, was used to describe the scale size of the lengths of both ends.

The results indicated that the morphology of the cortical lumen of the femoral supracondylar is asymmetrical and irregular. However, there is still clinical significance for the morphological description. We take references from others. Just as CFI was used to divide the proximal medullary cavity into three types, the intramedullary nail was classified 37. Based on the Notch shape index (NSI), the form of the intercondylar fossa has also been classified. NSI was adopted by Tillman et al. to compare intercondylar notch geometry between males and females. It was determined by dividing the width of the intercondylar notch by the height of the notch, which was classified into an inverted “U” and positive “A” shape 38. This classification offered a visual description of the notch between the femoral condyles, which is significant in reconstruction of local bone and the cruciate ligament. We proposed that the shape of the supracondylar cortical luminal could be divided into three categories in the sagittal plane (flowerpot, top hat, and stovepipe) and the coronal plane (skirt, flowerpot and top hat). We analyzed the possibility of various combinations in the results, and found that the 3-D shape type of the coronal flowerpot shape combined with the sagittal top hat shape is the most common in the cortical luminal of the femoral supracondylar, and this type can reach 81%. Other combinations occur at rates between 0.25% and 4.5%. Such division has a clinical significance in the design of the distal femoral prosthesis.

The morphology of the bone was important. The morphological matching degree of the prosthesis determines the stability in the implant–bone interface, which is also the main cause of prosthesis complications. McKellop and Oconnor compared the biological effects of two kinds of...
**Fig. 5** Classification of the cortical lumen of the supracondylar femur. The frequency distributions of the coronal width ratio in the coronal plane (LSIEF) (skirt, flowerpot, and top hat) and the sagittal width ratio in the sagittal plane (LSIBD) (flowerpot, top hat and stovepipe) divided into the three types.

**Fig. 6** Drawing of 3-D lumen of the supracondylar femur according to the ratio of each plane index (i) $h = 5$ cm; (ii) EF2: AC2: BD2: EF6: AC6: BD6 = 1: 0.9: 0.8: 0.6: 0.56: 0.7).
femoral prostheses. Through the analysis of clinical effects, it was found that the aseptic loosening rate of the prosthesis with mismatched morphology was higher\(^{39,40}\). To observe the initial stability of implant bone growth, Pilliar \textit{et al.} compared the effect of implants in two groups of experiments on dogs and found that the gap between the prosthesis and bone after matching was less than 14 micra in order to achieve the bone growth\(^{41}\). Noble researched more ideal joint prostheses by means of biomechanics to reduce the incidence of complications in the whole hip joint, and concluded that reliable initial stability could be obtained only when the gap between the prosthesis and bone was less than 1 mm\(^{42}\). All the above studies have confirmed the importance of morphological matching, which can not only increase the stability of the prosthesis but also reduce complications, as well as increase the effect of bone ingrowth. If stability of the femoral supracondylar prosthesis can be achieved by morphological matching, this can also improve the rationality of mechanical distribution of the prosthesis to increase femoral supracondylar support.

One of limitations of our study was that we did not compare groups according to age and sex and distinguished between left and right legs. The second limitation was that the measurement was performed on the \textit{in vivo} CT data, with differences in the physical measurements such as cadaver measurement. The third limitation was that a range of 5 cm of the femoral supracondylar prosthesis was selected for measurement, which was a relative range.

**Conclusions**

The supracondylar femur has an asymmetrical structural area. The most representative parameters were the medial femoral anteroposterior diameter (AC), the coronal width ratio (LSIEF), and the sagittal width ratio (LSIBD) with volume (V). Based on these parameters, the lumen shape of the supracondylar femur is gradually reduced as the height increases. The coronal plane is dominated by the flowerpot-like morphology, and the sagittal plane is the narrowest in the lateral 1/3 and mainly resembles a top hat-like morphology. Our results provide theoretical guidance for developing distal femoral prostheses and their clinical application.

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