Multi-generation massive star-formation in NGC 3576

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ABSTRACT

Context. Recent 1.2-mm continuum observations have shown the giant H II region NGC 3576 to be embedded in the centre of an extended filamentary dust-cloud. The bulk of the filament away from the H II region contains a number of clumps seen only at (sub-)millimetre wavelengths. Infrared and radio observations of the central star cluster have uncovered evidence of sequential star-formation leading us to believe that the adjacent clumps may host massive protostellar objects at a very early stage of evolution.

Aims. We have investigated the physical and chemical conditions in the dusty clumps with the goal of characterising their star-forming content.

Methods. We have used the Australia Telescope Compact Array (ATCA) to image the cloud for the NH3 (1,1), (2,2) and (4,4) transitions, 22 GHz H2O masers, and 23 GHz continuum emission. The 70-m Tidbinbilla dish was used to estimate the total integrated intensity of NH3. We also utilised the 22-m Mopra antenna to map the region for the molecular lines 13CO (1–0), C18O (1–0), HCO+ (1−0), H13CO+ (1−0), CS (1−0) and N2H+ (1−0).

Results. Emission from dense molecular gas follows the morphology of the 1.2-mm dust emission, except towards the central ionised region. The H II region is observed to be expanding into the molecular cloud, sweeping up a clumpy shell of gas, while the central star cluster is dispersing the molecular gas away from the filament. Analysis of the NH3 data indicates that temperature and linewidth gradients exist in the western arm of the filament. Temperatures are highest adjacent to the central H II region, indicating that the embedded cluster of young stars there is heating the gas. Six new H2O masers were detected in the arms of the filament, all associated with NH3 emission peaks, confirming that star-formation has begun within these cores. Core masses range from 5 to 516 M⊙ and most appear to be gravitationally bound. Complementary results by André et al. (2008) imply that seven cores will go on to form massive stars between 15 and 50 M⊙. The large scale velocity structure of the filament is smooth, but at least one clump shows the signature of inward gas motions via asymmetries in the NH3 (1,1) line profiles. The same clump exhibits an enhanced abundance of N2H+, which coupled with an absence of CO indicates depletion onto the dust grain surface.

Conclusions. The HII region at the heart of NGC 3576 is potentially triggering the formation of massive stars in the bulk of the associated cloud.

Key words. ISM: molecules – stars: formation – HII regions – radio lines: ISM – ISM: abundances – stars: pre-main-sequence

1. Introduction

1.1. Triggered star-formation

A necessary precursor to massive star formation is the existence of dense clumps of self-gravitating gas. Elmegreen (1998) developed the first coherent picture of sequential star formation, in which the formation and collapse of these clumps within giant molecular clouds is triggered by an external event. Three distinct triggering mechanism are considered:

1. globule squeezing: compression of pre-existing clumps, e.g. due to a propagating shock-wave from a supernova;
2. cloud-cloud collisions: two molecular clouds collide resulting in gravitational instabilities;
3. collect and collapse: accumulation of gas into a shell or ridge, and subsequent fragmentation and collapse.

Examples of the third mechanism are observed to occur on the edges of H II regions. Created by the far-UV radiation from a young OB-cluster, the hot ionised gas expands rapidly, sweeping up a shell of dense molecular material before it. A photon dominated region (PDR) is created at the interface between the H II region and the molecular cloud (see Hollenbach & Tielens 1999 for a review of PDRs). If the PDR is over-pressured...
compared to the bulk of the molecular gas, shocks are driven into the dense neutral medium of the cloud, potentially leading to its fragmentation into clumps (e.g., Urquhart et al. 2006 and references therein). Subsequent disturbances may then trigger collapse and hence star formation. Material swept into a clump shields the column of molecular material behind it, forming giant pillars, the best known example of which are the “elephant trunks” in the Eagle Nebula (White et al. 1999; Allen et al. 1999). Some observed examples of swept-up shells around H II regions include Sh2-212 (Deharveng et al. 2008), RCW120 (Deharveng et al. 2009), W5 (Karr & Martin 2003), RCW 49 (Whitney et al. 2004), and RCW 79 (Zavagno et al. 2006).

It is important to note that energy injected into molecular clouds by newly formed stars may instead quench the star formation process. Supersonic particle-winds from massive stars account for ~0.1–1.0 per cent of the stellar luminosity and act to disperse molecular material and dust (e.g., Genzel 1991). The two most important feedback mechanisms, photo-ionisation and cluster winds, compete with each other to disrupt the cloud. On the scale of giant molecular clouds, feedback from newly formed stars is responsible for regulating the star-formation rate and hence the evolution of Galactic structure.

In this paper we present new multi-wavelength observations of the giant H II region NGC 3576, which is thought to be undergoing sequential star formation (see Sect. 1.2). We examine the evidence for star formation in the nearby molecular environment.

1.2. Prior observations of NGC 3576

The environment of the giant H II region NGC 3576 (also known as RCW 57, G291.3−0.7 and IRAS 11097−6102) has been extensively studied at infrared and radio wavelengths. Figure 1a presents the 5.8 µm SPITZER IRAC image of the whole...
adjacent to the main radio peak (Caswell 2004), while Norris water masers, commonly found in outflows, have been found in stars and their mass loss (Hanson & Conti 1993). Bright 22 GHz in the east may also indicate the presence of a population of older stars and south. Frogel & Persson (1974) discovered five near- and mid-infrared sources towards the ionised gas (plotted as circles in Fig. 1), with the brightest source (IRS 1) located adjacent to the main peak of the radio emission. Further high resolution photometric observations by Persi et al. (1994) have revealed the presence of a very young, deeply embedded cluster with 130 members in the same region. Spectra of these sources exhibit deep 9.7 μm silicate absorption features (Moorwood & Salinari 1981), leading to their interpretation as pre-main-sequence objects.

There is controversial evidence for sequential star formation in NGC 3576. Persi et al. (1994) showed that a steep near-IR colour gradient exists in the embedded cluster, with the reddest, most deeply embedded sources in the west. This implies that star-formation began in the east, gradually moving to the location of the strong radio peak in the west. Such an interpretation is supported by the existence of an electron temperature gradient in the ionised gas (de Pree et al. 1999) indicating that the youngest and hottest stars are located near the sharp western edge of the H II region (Hjellming 1966). High helium abundance in the east may also indicate the presence of a population of older stars and their mass loss (Hanson & Conti 1993). Bright 22 GHz water masers, commonly found in outflows, have been found adjacent to the main radio peak (Caswell 2004), while Norris et al. (1993) also detected two 6.67 GHz methanol maser sites near IRS 1 and IRS 3. Shocked molecular hydrogen emission was measured peaking towards IRS 1 by Oliva & Moorwood (1986), also pointing to the existence of outflows. IRS 1 was later resolved into three components by Moneti (1992) and Barbosa et al. (2003), one of which is seen through scattered light from a cavity or a dusty disk (Moneti 1992). None of the detected infrared sources contributes significantly to the ionisation of the H II region. (Barbosa et al. 2003), however, recent Chandra observations (Townsley 2006) have revealed multiple deeply embedded hard X-ray sources, which may provide the extra ionisation needed.

The H II region was mapped at 1-mm wavelengths for continuum emission, with a resolution of 1′, by Cheung et al. (1980), who found that the flux density ratio compared to 40–350 μm was consistent with optically thin thermal dust emission. More recently, Hill et al. (2005) used the ATCA to simultaneously map the NH3 (1,1) and 23 GHz continuum. The correlator configuration was identical to that used to obtain the NH3 (1,1) data. The primary beam of the ATCA at 23 GHz has a full width half maximum (FWHM) of 2.5′. In order to cover the extent of the 1.2 mm continuum emission we observed five overlapping fields, marked by dashed circles in Fig. 1b. The data were processed in a correlator, which was configured to deliver a bandwidth of ~101 km s^{-1} split into ~0.2 km s^{-1} wide channels. NH3 (2,2) was observed simultaneously with NH3 (1,1) on the H75 array in July 2005. Due to technical constraints only 128 channels were available on the correlator, yielding a spectral resolution of ~0.8 km s^{-1} over the 101 km s^{-1} bandwidth. In August 2003 the region was also mapped for 23 GHz continuum and water masers using the EW367 array. In July 2004, the 750D array was used to simultaneously map the NH3 (4,4) transition and 23 GHz continuum. The correlator configuration was identical to that used to obtain the NH3 (1,1) data.

2. Observations and data reduction

Data from three telescopes, the Australia Telescope Compact Array (ATCA), the 22-m Mopra telescope and the 70-m Tidbinbilla telescope, were combined to assemble a picture of NGC 3576. The ATCA was used to obtain high resolution NH3 maps as a probe of the density and temperature structure of the clumps within the filament. We simultaneously searched for UCH II regions via their 23 GHz free-free continuum emission. We used the Tidbinbilla telescope to map the extended NH3 emission, providing a measure of the total column of NH3 in the filament and an estimation of the “missing flux” in the interferometer images. We utilised the Mopra telescope to map the complex in the 3-mm lines 13CO (1−0), C18O (1−0), HCO\(^+\) (1−0), H2CO (1−0), NH3 (1−0) and CS (2−1), with the goal of probing the physical and chemical conditions in each of the dusty clumps. Line rest frequencies and electronic constants for each transition are noted in Table A.1 in the Appendix.

2.1. ATCA observations

Observations were made with the ATCA in three blocks during the years 2003–2005. Table 1 summarises details of the dates, array-configurations and frequencies used. NH3 (1,1) data was obtained using the EW367 and H75 array configurations in August 2003 and July 2005, respectively. Two orthogonal linear polarisations were observed at each frequency. The raw data were processed in a correlator, which was configured to deliver a bandwidth of ~101 km s^{-1} split into ~0.2 km s^{-1} wide channels. NH3 (2,2) was observed simultaneously with NH3 (1,1) on the H75 array in July 2005. Due to technical constraints only 128 channels were available on the correlator, yielding a spectral resolution of ~0.8 km s^{-1} over the 101 km s^{-1} bandwidth. In August 2003 the region was also mapped for 23 GHz continuum and 22 GHz water masers using the EW367 array. In July 2004, the 750D array was used to simultaneously map the NH3 (4,4) transition and 23 GHz continuum. The correlator configuration was identical to that used to obtain the NH3 (1,1) data.

The primary beam of the ATCA at 23 GHz has a full width half maximum (FWHM) of 2.5′. In order to cover the extent of the 1.2 mm continuum emission we observed five overlapping fields, marked by dashed circles in Fig. 1d. The data were processed in a correlator, which was configured to deliver a bandwidth of ~101 km s^{-1} split into ~0.2 km s^{-1} wide channels. NH3 (2,2) was observed simultaneously with NH3 (1,1) on the H75 array in July 2005. Due to technical constraints only 128 channels were available on the correlator, yielding a spectral resolution of ~0.8 km s^{-1} over the 101 km s^{-1} bandwidth. In August 2003 the region was also mapped for 23 GHz continuum and 22 GHz water masers using the EW367 array. In July 2004, the 750D array was used to simultaneously map the NH3 (4,4) transition and 23 GHz continuum. The correlator configuration was identical to that used to obtain the NH3 (1,1) data.

The primary beam of the ATCA at 23 GHz has a full width half maximum (FWHM) of 2.5′. In order to cover the extent of the 1.2 mm continuum emission we observed five overlapping fields, marked by dashed circles in Fig. 1d and centred approximately on the coordinates of the dusty SIMBA clumps. Table 2 lists the coordinates of the pointing centres. Each of the five fields was observed for 10 min in turn, over the course of one hour and this pattern was repeated for 10 h, giving a total of 1.7 h on each position. In order to correct for fluctuations in the phase and amplitude caused by atmospheric and instrumental effects, a
NH₃ data were converted to a brightness temperature scale in the task selfcal. Present, several iterations of the algorithm were applied. The pointing accuracy was checked using a nearby SiO maser before observing each field and was estimated to be better than 8″. Calibration to the T_A^* scale was achieved by measuring the emission from a single hot load placed in front of the receiver every 20 min (see Ladd et al. 2005 and Kutner & Ulich 1981). The maps were further calibrated onto the main-beam brightness temperature scale (T_Mb) by dividing the T_A^* pixel values by the main beam efficiency _η_ _mb_.

Table 2. Centre coordinates of the ATCA fields corresponding approximately to the peak 1.2-mm emission.

| Field | RA (J2000) | Dec (J2000) |
|-------|------------|-------------|
| S1    | 11h12m17.00s | –61°17′40.0″ |
| S2    | 11h12m04.90s | –61°18′20.0″ |
| S3    | 11h11m51.50s | –61°18′52.0″ |
| S4    | 11h11m38.33s | –61°19′53.9″ |
| S5    | 11h11m33.86s | –61°21′20.9″ |

Table 2. Centre coordinates of the ATCA fields corresponding approximately to the peak 1.2-mm emission.

| UT date | Array config. | Beam size (″) | Transitions | Frequency (GHz) | Bandwidth (MHz) | No. channels | K(Jy/bm) |
|---------|---------------|---------------|-------------|----------------|----------------|--------------|---------|
| 2003 Aug. 28 | EW367 | 7.6 × 6.2 | NH₃ (1,1) | 23.694480 | 8 | 512 | 46.02d |
| 2004 Jul. 02 | 750D | 6.6 × 2.4 | NH₃ (1,1) | 24.139417 | 8 | 512 | 134.47 |
| 2005 Jul. 17 | H75 | 26.8 × 20.9 | NH₃ (1,1) | 23.694840 | 8 | 512 | 3.89 |
|           |              |              | NH₂ (2,2) | 23.722830 | 8 | 128 | 3.88 |

_d_ Beam size excluding the 3 km+ baselines to Antenna 6; _d_ Jy to K conversion factor for the combined EW367 and H75 data is 17.58 K(Jy/bm).

strong phase calibrator was observed for two minutes before and after changing fields. The instrumental contribution to the bandpass shape was measured by integrating on a strong continuum source (e.g., 0420–014) and was subsequently subtracted from all spectra. A primary flux calibrator (1934–638 or Uranus) was observed once per observation period, to allow the absolute calibration of the flux scale.

The data were reduced using the miriad package (Sault et al. 1995) following standard procedures. During the data reduction the sources were assumed to be unpolarised and both polarisations were averaged together. Continuum emission was subtracted from the spectral line data by using the task _uvlin_ to fit a polynomial to the line-free channels. An image of the continuum emission was produced by combining the line-free channels in the NH₃ data with the dedicated wide-band 22 and 23 GHz continuum observations. Images were made using the invert task and natural weighting was used to minimise the noise in the image-plane. At this stage the ~3 km baselines to antenna CA06 were discarded as the phases were found to be decorrelated, degrading the image quality. All images were deconvolved using the standard clean algorithm and, if a sufficiently bright source was present, several iterations of the selfcal task were applied. The above procedure was performed on all fields, before using the task _linmos_ to mosaic the data into a single map. Finally the NH₃ data were converted to a brightness temperature scale in Kelvin, using the Jy/K scaling factors noted in Table 1.

2.2. Mopra observations

The Mopra observations were conducted in “on the fly” (OTF) mapping mode, between the months June–September, during 2004 and 2005. An image was built up by combining overlapping scan rows, each containing 30–40 spectra. Scan rows were offset by half of the beam- _FWHM_ and the scanning speed was slow enough to ensure Nyquist sampling in the scan direction.

NGC 3576 was divided into an overlapping mosaic of three or more 5′ × 5′ fields, positioned to cover the 1.2-mm continuum emission. The pointing centres of individual fields varied, depending on where molecular emission was detected, and the final maps were assembled by co-adding individual fields together. Each field took ~80 min to complete, plus a further ~10 min for pointing checks and calibration measurements.

The signal from the receiver was processed in a digital autocorrelator, configured to have a bandwidth of 64 MHz divided into 1024 channels, which provided a velocity resolution of ~0.2 km s⁻¹ over a usable bandwidth of ~120 km s⁻¹. The central frequency was chosen so that channel 512 was centred on the systemic velocity of NGC 3576 at ~24 km s⁻¹. Observations were made in dual orthogonal linear polarisation mode and the polarisations were averaged together during the reduction procedure. The pointing accuracy was checked using a nearby SiO maser before observing each field and was estimated to be better than 8″. Calibration to the T_A^* scale was achieved by measuring the emission from a single hot load placed in front of the receiver every 20 min (see Ladd et al. 2005 and Kutner & Ulich 1981). The maps were further calibrated onto the main-beam brightness temperature scale (T_Mb) by dividing the T_A^* pixel values by the main beam efficiency _η_ _mb_ at the observing frequency (see Table 4 of Ladd et al. 2005). The data were reduced using the livedata and gridzilla packages, available from the ATNF. Livedata performed bandpass calibration by subtracting the preceding _OFF_ spectrum from the _SCAN_ spectra in each row. A low-order polynomial was then fit to line-free channels and subtracted, resulting in a smooth baseline at zero Kelvin. The spectra were assigned individual position stamps and regridded to the LSR-K reference frame, before being written to disk. The gridzilla package was then used to resample the maps to a regular pixel scale, weighted according to the system temperature (T_sys). To grid the data we used a pixel-size of 6 × 6 arcseconds and a Gaussian smoothing kernel with a _FWHM_ of 18″, truncated at an angular offset of 36″. The final data cubes were smoothed to an angular resolution of ~40″.

2.3. Tidbinbilla observations

The 70-m antenna located at the NASA Tidbinbilla Deep Space Communications Complex near Canberra has a limited time devoted to radio astronomy. When Mars is above the horizon the 70-m telescope is almost entirely utilised supporting the various NASA missions to that planet and as such has been little used by the radio astronomy community. In 2005 we performed the first frequency-switched spectral line mapping observations using the 23 GHz _K_-band receiver. Fast frequency switching also provides better cancellation of atmospheric emission fluctuations, however, the response of the receiver may vary considerably with frequency, resulting in poor spectroscopic baselines.

http://www.atnf.csiro.au/computing/software/
We targeted the same five fields in NGC 3576 as were observed with the ATCA. The OTF method had not yet been implemented on the 70-m antenna so we observed each field as a square grid of $5 \times 5$ positions, spaced by half the $45''$ beam-FWHM. Each position was observed for 10 min and the pointing accuracy was checked by observing an unresolved planet (Jupiter) every hour. Pointing errors were usually below $10''$ or $1/4$ beam. Individual maps took 5–6 h to complete, including 15 min to measure the atmospheric opacity using the “skydip” method. During the observations the data were calibrated against an ambient load (a noise diode) and the zenith system temperature at 23 GHz was typically 40–50 K during the observations. We estimate the $T_A^*$ flux scale is uncertain by $\pm 10$ per cent. The peak aperture efficiency was measured as $0.48 \pm 5\%$ at 22.2 GHz by Greenhill et al. (2003) and we adopt that value here to correct the data onto the main beam brightness temperature flux scale ($T_{MB}$). To convert to units of Jy/beam the data were multiplied by $0.951$ (Jy/beam)/K.

The $K$-band receiver on the 70-m antenna measured only the left circular polarisation. The bandpass was centred mid-way between the NH$_3$ (1,1) and (2,2) transitions and the correlator was configured to have a 64 MHz wide bandpass divided into 2048 channels. Both the NH$_3$(1,1) and (2,2) spectra, including satellite lines, fell well inside the 850 km s$^{-1}$ usable range and were observed at a velocity resolution of $\sim 0.4$ km s$^{-1}$.

The data were reduced in an ad-hoc pipeline built using the SPC, GILDAS and MIRIAD packages. SPC was used initially to quotient and resample the spectra to a common $V_{LSR}$ rest-frame.

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**Fig. 2.** (a) Integrated intensity map of the NH$_3$ (1,1) emission (thin black and white contours, and greyscale) made using the combined ATCA H75 and EW367 data. Contours are at 1.6, 7.9, 13.8, 20.0, 25.7, 31.5, 37.4, 43.6 and 50.1 K. The extent of the 23 GHz continuum emission from the central HII region is marked by the thick black contour. The 1.2-mm dust emission is outlined by a single white contour ($\sim 3$ Jy/beam, from Hill et al. 2005) and matches the NH$_3$ emission closely, except in the central clump. Crosses (+) mark the positions of 22 GHz water masers while “×” symbols mark the 6.67 GHz methanol maser sites. IRS sources are marked by circles; (b) integrated intensity map of the NH$_3$ (2,2) emission made using data from the ATCA H75 array; (c) sample NH$_3$ (1,1) spectra measured from the positions labelled S1a – S5b. Spectra have been offset from zero baseline for clarity. The brightness temperature ratios between the main and satellite lines indicate that the clumps have low to moderate optical depths; (d) sample NH$_3$ (2,2) spectra measured from the same positions.
The spectra were inverted and frequency-shifted in the CLASS package. As the spectral baselines were poor, a polynomial of order 5–9 (in extreme cases) was fit to the line-free channels before spectra from individual integrations were averaged together. The data were then assembled into a 3D data-cube using the cube command in the greg package and resampled onto a finer spatial pixel grid using the fill_cube command. Finally, the data were output as fits cubes and miriad was used to restore missing header information, such as the beam-size and data-unit.

3. Results

Molecular emission was detected from all of the clumps identified in the SIMBA map. The following subsections describe the results from the ATCA, Tidbinbilla and Mopra telescopes separately.

3.1. ATCA results

We detected NH$_3$ (1,1), and NH$_3$ (2,2) across the whole filament. NH$_3$ (4,4) was not detected down to a sensitivity limit of \(-8\) mJy/beam (1.0 K) when the data were smoothed to a velocity resolution of 1 km/s. The J,K = (4,4) level is excited by gas above 200 K (see Fig. 1 in Ho & Townes 1983), hence no substantial reservoirs of hot gas are present in NGC 3576. Figures 2a and b present the NH$_3$ (1,1) and (2,2) integrated intensity maps of the region. The NH$_3$ (1,1) map utilises data from both the H75 and EW367 array configurations and has a resolution of \(\sim 11''\). Only H75 data exist for the NH$_3$ (2,2) transition and the resulting map has a resolution of \(\sim 23''\). For reference, the 5 per cent contour (0.3 Jy/beam) of the SIMBA 1.2-mm continuum emission is plotted in white. The thick black line is the 3 per cent contour (0.11 Jy/beam) of the 23-GHz continuum emission from the central H II region. We see the NH$_3$ emission has approximately the same morphology in both transitions and closely follows the structure of the 1.2-mm dust emission, except immediately to the east of the central H II region (SIMBA clumps S2 & S3). The 1.2-mm emission in these clumps is over 50 percent contaminated by free-free emission (see André et al. 2008). Sample NH$_3$ (1,1) and (2,2) spectra from peak positions on the integrated intensity maps (labelled S1a–S5b) are presented in Figs 2c and d. Both of the NH$_3$ transitions exhibit the classic “five-finger” profiles at all positions. Some asymmetries between the NH$_3$ (1,1) satellite lines are evident towards all positions, however, for the most part the spectra appear optically thin, exhibiting optical depths between \(\tau = 0.1\) and \(\tau = 2.0\). Linewidths vary between 1 and 2.5 km/s, and peak brightness temperatures range between 4.4 and 8 K for the NH$_3$ (1,1) line and between 1.2 and 2.6 K for the NH$_3$ (2,2) lines. Individual line profiles in the western arm of the filament show clear evidence of blending and multiple components, especially towards positions S3b, S3c, S4b and S5a.

23 GHz continuum was observed simultaneously with each of the NH$_3$ lines. To make the final map we combined data from the EW367, H75 and 750D arrays, including the continuum visibilities from the line-free channels in the narrow-band spectral line windows. No 23 GHz continuum emission was detected outside of the central H II region. Figure 3 presents the image of the H II region at 23 GHz. “+” and “x” symbols mark the positions of known 6.67 GHz methanol masers and 22 GHz water masers, respectively (Norris et al. 1993; Caswell 2004). The contours are similar to the central part of the 3.4-cm map made by de Pree et al. (1999) (see Fig. 1b), with a single strong peak at 11°11′51.08″, −61°18′50.0″ (J2000) and diffuse emission extending eastward into SIMBA clump S2. The 23 GHz flux density at the peak is 3.6 Jy/beam and we measure a total integrated intensity of approximately 42.6 Jy. By comparison, the total flux at 3.4-cm is measured to be 71 Jy. Our observations sample the uv-plane less well than de Pree et al. (1999) and we likely filter out a significant fraction of the extended emission. Our values are consistent with free-free emission from optically-thin ionised gas (\(S_v \propto v^{-0.1}\)) if we are missing \(\sim 34\) percent of the flux detected at 3.4-cm.

We also searched for 22 GHz water maser emission across the filament. New masers were detected at six positions, as well as at the three previously known sites adjacent to IRS 1, IRS 3 and IRS 4. Figure 4 presents a cumulative spectrum from a single baseline showing the majority of the maser lines detected. Two groupings of lines are observed, the first centred at approximately \(-115\) km s$^{-1}$ (with two components at \(-130\) and \(-100\) km/s) and the second centred at \(-30\) km s$^{-1}$. The intense lines at \(-130\) and \(-100\) km s$^{-1}$ have peak amplitudes of \(\sim 70\) and \(\sim 900\) Jy/beam, respectively, and derive from maser sites towards the central H II region. Maser sites scattered across the 1.2-mm continuum filament contribute to the group of lines between \(-60\) and \(-10\) km s$^{-1}$. Figure 5 presents the maser spectra and illustrates the positions of individual maser sites superimposed on the NH$_3$ (1,1) zeroth-moment image. Precise coordinates, intensities and velocities are noted in Table 3.

3.2. Tidbinbilla results

NH$_3$ (1,1) and (2,2) integrated intensity maps made using the Tidbinbilla 70-m telescope are presented in Fig. 6. Individual maps are centred on the same position as the ATCA fields, however, technical difficulties meant that we were unable to finish...
Fig. 4. Cumulative H$_2$O maser spectrum from a single baseline showing lines from across the filament. The two broad maser lines at $-130$ km s$^{-1}$ and $-102$ km s$^{-1}$ derive from positions M9 and M5, respectively, towards the central H II region (see Table 3). The bulk of the maser lines concentrated near the systemic velocity at $-24$ km s$^{-1}$ are scattered across the filament. The units of amplitude are arbitrary.

Fig. 5. Positions and spectra for the 22 GHz H$_2$O masers detected in our ATCA EW367 array data. Six masers (M1, M2, M3, M6, M7 and M8) are new detections. Greyscale and black contours are the NH$_3$ (1,1) integrated intensity map. The white line is the $\sim 3$ Jy/beam contour from of the 1.2-mm continuum map. Individual spectra are sampled from the peak maser pixel in the cleaned images of five ATCA fields.

Table 3. 22 GHz H$_2$O masers in NGC 3576.

| Maser | RA (J2000) | Dec (J2000) | Velocity range (km s$^{-1}$) | Peak $V_{LSR}$ (km s$^{-1}$) | Peak (Jy/beam) | Reference |
|-------|------------|-------------|------------------------------|------------------------------|----------------|-----------|
| M1    | 11$^h$12$^m$16.72$^s$ | $-61^d$17$^m$47.0$^s$ | 27 to $-19$ | $-24.5$ | 5.1 | New |
| M2    | 11$^h$12$^m$13.95$^s$ | $-61^d$17$^m$30.0$^s$ | 22 to $-18$ | $-20.7$ | 3.3 | New |
| M3    | 11$^h$12$^m$00.76$^s$ | $-61^d$18$^m$31.0$^s$ | 41 to $+15$ | $-25.5$ | 6.5 | New |
| M4    | 11$^h$11$^m$53.40$^s$ | $-61^d$18$^m$24.0$^s$ | 51 to $+17$ | $-31.4$ | 46.5 | Caswell 2004 |
| M5    | 11$^h$11$^m$50.07$^s$ | $-61^d$18$^m$51.0$^s$ | 110 to $+12$ | $-101.5$ | 69.3 | Caswell 2004 |
| M6    | 11$^h$11$^m$39.80$^s$ | $-61^d$19$^m$41.0$^s$ | 27 to $-20$ | $-20.9$ | 7.8 | New |
| M7    | 11$^h$11$^m$39.52$^s$ | $-61^d$20$^m$17.0$^s$ | 25 to $-17$ | $-18.4$ | 1.3 | New |
| M8    | 11$^h$11$^m$34.52$^s$ | $-61^d$21$^m$16.0$^s$ | 31 to $-3$ | $-27.7$ | 24.8 | New |
| M9    | 11$^h$11$^m$56.64$^s$ | $< -134$ to $-121$ | $-129.9$ | 670.5 | Caswell 2004 |
conversion factor of 0.951.

The NH$_3$ (1,1) map illustrates the spectra which contributed to the map of the S5 field. The single thick black contour shows the extent of the 1.2 mm continuum emission (Hill et al. 2005). The grid inset into the NH$_3$ (1,1) map illustrates the spectra which contributed to the map of the S5 field.

**Fig. 6.** NH$_3$ (1,1) and (2,2) integrated intensity maps made using the 70-m Tidbinbilla telescope (greyscale and contours). Contours levels are at 10 percent intervals. The single thick black contour shows the extent of the 1.2 mm continuum emission (Hill et al. 2005). The grid inset into the NH$_3$ (1,1) map illustrates the spectra which contributed to the map of the S5 field.

Table 4. ATCA NH$_3$ percentage flux detected.

| Field | Percentage flux detected |
|-------|--------------------------|
| S1    | 94                       |
| S2    | 78                       |
| S3    | 80                       |
| S4    | 91                       |
| S5    | 70                       |

one column of field S3, covering the H II region. It is immediately evident that the morphology of the emission is similar to that seen in the the ATCA NH$_3$ (1,1) data.

We initially intended to use data from the 70-m antenna to “fill in” the missing short-spacings in our ATCA data. For the merging to be successful, the emission in the single-dish dataset must be imaged out to its extremes. Unfortunately, there is still considerable flux at the edge of all fields and, due to time constraints and the experimental nature of the observations, we were unable to enlarge the maps. Instead, the Tidbinbilla data is used to estimate the fraction of missing flux due to extended emission in each of the ATCA fields. To do this we smoothed the final ATCA maps to the same resolution and pixel scale as the Tidbinbilla maps and compared the integrated intensities measured under the same aperture. The percentage ATCA/Tidbinbilla integrated intensity ratios are presented in Table 4. Calibration error on the Tidbinbilla data is approximately 30 percent and the measurements are consistent with less than 10 percent missing flux in the ATCA fields.

The estimates assume a beam-efficiency of 48 per cent for the 70-m telescope (Greenhill et al. 2003) and a (Jy/Beam)/K conversion factor of 0.951.

3.3. Mopra results

Figure 7 presents integrated intensity maps and sample spectra for all six molecules detected by Mopra towards NGC 3576. The data have been smoothed to a velocity resolution of 0.4 km s$^{-1}$ and have a spatial resolution of 40″. Sample spectra presented alongside each map were extracted from the data-cubes at the peak positions of the SIMBA clumps (labelled S1–S5) identified in the 1.2-mm continuum map and marked by filled circles in Fig. 7.

As with NH$_3$, the distribution of the other molecular lines closely follow the 1.2-mm emission except to the east of the central H II region. $^{13}$CO (1–0) and HCO$^+$ (1–0) trace more extended gas than the other lines, and their spectra appear moderately optically thick compared to their isotopologues, C$^{18}$O (1–0) and H$^{13}$CO$^+$ (1–0). N$_2$H$^+$ and CS both trace dense gas, however N$_2$H$^+$ exhibits optically thin line profiles ($< 0.1$) at all positions while CS appears optically thick in places. The relative intensity of the emission between species varies significantly over the extent of the cloud, likely due to differences in the chemistry of the clumps. We discuss this possibility further in Sect. 5.3.

At position S2 the spectra of all species display three line components, offset in velocity by $\sim$4 km s$^{-1}$. Spectra sampled at the other positions appear as a single line profile. These lines are not well fit by single Gaussians except at position S5 and are possibly composed of several blended features. Taking the optically thin N$_2$H$^+$ as an example, the peak $V_{lsr}$ of the emission in the western arm (SIMBA clumps S3–S5) has a mean velocity of $-24.1 \pm 0.5$ km s$^{-1}$, while the eastern arm (SIMBA clumps S1 and S2) has a mean velocity of $-25.0 \pm 0.9$ km s$^{-1}$. No large velocity gradients are apparent, but the two arms are offset in velocity by $\sim$1 km s$^{-1}$. The full-width half-maximum N$_2$H$^+$ linewidths ranges between approximately 1 and 3 km s$^{-1}$ across the filament, with the highest values occurring adjacent to the H II region.

4. Derived properties

In this section we derive physical properties, such as temperature and density, from the molecular line data. The detailed methodology used in the calculations is presented in the appendix. We discuss the results in Sect. 5 where we analyse the morphology, kinematics, relative chemical abundances and star-forming content in detail.

4.1. Physical properties from NH$_3$

The rotation-inversion transitions of NH$_3$ have been used extensively in the literature to derive the kinetic temperature and column densities of molecular clouds (e.g., Ungerechts et al. 1986;
Fig. 7. Integrated intensity (zeroth-moment) maps of NGC 3576 in the six molecular transitions observed with the Mopra telescope (left panels). Sample spectra, extracted from the data cube at the positions S1–S5, are presented to the right of each map. $^{13}$CO is generally optically thick and is a good tracer of the extended molecular envelope. HCO$^+$ and H$^{13}$CO$^+$ trace similar gas densities to CO, while CS and N$_2$H$^+$ trace denser gas.

Cesaroni et al. 1992; Bourke et al. 1995). Due to its quantum mechanical properties, the NH$_3$ inversion spectrum is split into multiple hyperfine components from whose brightness ratios the optical depth may be derived directly, hence removing a major assumption from the calculation of rotational temperatures.

4.1.1. Kinetic temperature

The modified rotational diagram method used to calculate rotational temperature ($T_{\text{rot}}$) from NH$_3$ has been described in detail by Ho et al. (1977), Ungerechts et al. (1980) and Townes et al. (1983). We provide a brief summary of the procedure in the appendix, specifically for the NH$_3$ (1,1) and (2,2) transitions. The molecular constants used in the calculations are collected in Table A.1.

Figure 8a presents a kinetic temperature map of NGC 3576 made using the NH$_3$ (1,1) and (2,2) data from the ATCA H75 array observations only. At a resolution of $\sim$23$''$, the map reflects the beam averaged temperature of gas above a density of $n \approx 2 \times 10^4$ cm$^{-3}$ (Swade 1989). Higher resolution observations would doubtless reveal regions with hotter or cooler temperatures than average. An obvious temperature gradient exists across parts of the filament. Figure 8b plots kinetic temperature as a function of angular offset from the peak of the ionised emission. The data were sampled at 12 positions, corresponding roughly to the peaks of the NH$_3$ clumps in Fig. 2. The median precision on the kinetic temperature values is approximately 2.4 K and stems from the uncertainties in the Gaussian fits. We find that the kinetic temperature is higher towards regions adjacent to the H$^\alpha$ region. In the outlying positions the kinetic temperature is $\sim$12 K, increasing to $\geq$30 K towards the centre. Some hot spots with temperatures above 40 K exist to the east of the H$^\alpha$ region (between RAs of 11h12m00s and 11h12m15s), but the signal-to-noise ratio in this part of the map is poor, hence the derived temperatures are more uncertain ($\sim$8 K). Derived temperatures above $\sim$30 K have a large associated uncertainty because of assumptions made during the calculations (see Appendix A.1). However, below 20 K Tafalla et al. (2004) find that kinetic temperatures calculated under the same assumptions are accurate to better than 5 percent.

4.1.2. NH$_3$ column density and core mass

Assuming local thermal equilibrium (LTE), the total column density of NH$_3$ may be found directly from the integrated intensity of the $J, K = (1, 1)$ line via Eq. (A.5) in the appendix. An
estimate of the total mass of gas may then be determined from the column density assuming a constant relative abundance to H$_2$.

In the $\sim11''$ resolution NH$_3$ (1,1) map we begin to resolve substructure within the 1.2-mm clumps imaged by SIMBA. We have attempted to decompose the emission using the FELLWALKER$^3$ routine. FELLWALKER attempts to divide regions of emission into cores by searching for positive gradients in the datacube. The algorithm considers each pixel in turn above a lower brightness cutoff and “walks uphill”, following the steepest ascent until an isolated local peak is reached. All pixels visited are assigned to the same core, which may already exist. Finally, cellular automata fill any holes in the cores and clean up the remaining masses.

Twenty-five believable cores were found, whose positions are plotted in Fig. 9a. The mass of NH$_3$ in each core was calculated from the sum of the integrated intensities of the individual pixels in the core. We assumed excitation temperatures constant, $\tau = \Delta V/\kappa$, and $\Delta V$ the FWHM linewidth, and $\kappa$ an empirical constant depending on the assumed density distribution $\rho(r)$. For $\rho(r) = 1/r^{1/2}$, $\tau = 120$ and for $\rho(r) = \text{constant, } k = 210$, Enhanced linewidths (e.g., due to optical depth effects or blending) will cause us to overestimate the virial mass and the values quoted here should be considered upper limits. We note that $\rho$ varies between 0.1 and 2.0, so line broadening due to optical depth effects is negligible. Columns 12 and 13 of Table 5 present the virial masses derived assuming constant and $1/r^2$ density profiles, respectively.

4.2. Physical properties from other molecules

The molecules observed with Mopra towards NGC 3576 were chosen specifically to probe the physical conditions in different parts of the cloud. $^{13}$CO ($n_{\text{crit}} \approx 6 \times 10^5 \text{ cm}^{-3}$, see Table A.1) and $^{13}$CO emission traces the gas in the envelope surrounding the dense filament. HCO$^+$ and H$^{15}$CO$^+$ have higher critical densities ($n_{\text{crit}} \approx 3 \times 10^5 \text{ cm}^{-3}$) and so probe conditions at greater depths, but are also proven tracers of outflows and bulk gas motions (e.g., Rawlings et al. 2004). CS and N$_2$H$^+$ ($n_{\text{crit}} \approx 2 \times 10^5 \text{ cm}^{-3}$) have comparable critical densities but in practise have been shown to trace dense gas (e.g., Pirogov et al. 2003; Evans 1999 and references therein). N$_2$H$^+$ especially, is considered to be useful indicator of the coldest ($\leq 10$ K) and most dense regions, where it is predicted to be the most abundant gas-phase ion (Caselli et al. 1995). This is due to the depletion of its main destruction partner, CO, onto the dust grains.

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$^3$ The FELLWALKER routine is part of the STARLINK package maintained at http://starlink.jach.hawaii.edu/
Fig. 9. a) The spatial distribution of cores detected in the NH$_3$ (1,1) data cube using the FELLWALKER routine overplotted on the integrated intensity image. Circles mark the positions of the cores and the radii are scaled to the core mass, as reported in Table 5; b) histogram showing the distribution of core masses assuming a single value of [NH$_3$]/[H$_2$] = 3 × 10$^{-8}$; c) histogram showing the distribution of core masses corrected for the variable abundances calculated in Sect. 5.2.

Table 5. Properties of the NH$_3$ (1,1) cores found using the FELLWALKER routine in the ATCA data.

| ID  | RA  | Dec  | ΔRA  | ΔDec | $\Delta V$ | $T_{MB}$ | $\sum T_{MB} \, dv$ | $N_{NH_3}$ | $M_{LTE,1}$ | $M_{LTE,2}$ | $M_{vir,1}$ | $M_{vir,2}$ | $T_{kin}$ | $\tau$ |
|-----|-----|-----|------|------|-----------|----------|------------------|----------|------------|------------|------------|------------|----------|-------|
| 1   | 11:12:21.30 | -61:17:11.5 | 12.4 | 4.9  | 1.3       | 20.4     | 2803.6           | 20.8    | 82         | 79         | 18          | 11         | 15       | 1.5   |
| 2   | 11:12:16.70 | -61:17:39.0 | 10.0 | 8.9  | 1.9       | 23.0     | 4989.6           | 36.7    | 144        | 166        | 41          | 25         | 20       | 0.7   |
| 3   | 11:12:14.18 | -61:17:21.2 | 6.4  | 8.4  | 2.4       | 18.5     | 2427.1           | 18.5    | 73         | 168        | 53          | 32         | 22       | 0.7   |
| 4   | 11:12:08.91 | -61:18:02.9 | 6.8  | 6.1  | 1.2       | 6.1      | 485.6            | 3.9     | 15         | 15         | 11          | 7          | 33       | 0.1   |
| 5   | 11:12:05.25 | -61:18:49.3 | 18.0 | 8.8  | 1.7       | 5.6      | 1538.2           | 11.3    | 44         | 44         | 48          | 29         | 19       | 0.1   |
| 6   | 11:12:04.76 | -61:18:24.8 | 7.1  | 1.6  | 0.8       | 8.5      | 131.7            | 1.2     | 5          | 5          | 3           | 2          | 47       | 0.1   |
| 7   | 11:12:01.53 | -61:18:58.7 | 5.8  | 4.0  | 1.0       | 6.0      | 232.1            | 1.8     | 7          | 7          | 6           | 3          | 25       | 0.1   |
| 8   | 11:11:52.45 | -61:18:30.2 | 4.2  | 4.7  | 1.0       | 10.0     | 323.1            | 1.8     | 7          | 7          | 6           | 3          | 25       | 0.1   |

$^a$ Deconvolved full-width half-maximum (FWHM) core size assuming an average beam FWHM of 11.2″; $^b$ LTE-mass derived from the integrated intensity of NH$_3$ (1,1) assuming a relative abundance [NH$_3$]/[H$_2$] = 3 × 10$^{-8}$. $^c$ Corrected LTE-mass, derived using the [NH$_3$]/[H$_2$] abundance ratios calculated in Sect. 5.2 via a comparison between NH$_3$ and 450 μm p-ArTéMiS data; $^d$ $M_{vir}$ derived assuming a constant density profile; $^\dagger$ $M_{vir}$ derived assuming a 1/r$^2$ density profile.

Assuming LTE conditions, we independently solved for the optical depth, excitation temperature and total column density of CO and HCO$^+$ via the procedure detailed in the Appendix A.3. Figure 10 presents the final column density maps towards NGC 3576. The $^{13}$CO peak optical depth ranges from 0.1 to 4.4 and the excitation temperature from 6.4 to 36 K. Peak HCO$^+$ optical depth ranges from 1.9 to 13.1 and excitation temperatures from 4.2 to 13 K. We were unable to independently estimate the excitation temperatures of the CS and N$_2$H$^+$ transitions and so adopted temperatures derived from the NH$_3$ data. This is a reasonable assumption for N$_2$H$^+$ as we expect both nitrogen bearing compounds to be intermixed in the gas phase. We were forced to assume that CS was optically thin, which may not be valid as some of the line profiles appear saturated.
We calculated the total mass of the molecular cloud by assuming the following abundance ratios to H$_2$: $^{12}$CO/[H$_2$] = 6.0 × 10$^{-6}$ (Goldsmith et al. 1997, assuming an abundance ratio of $^{12}$CO/[H$_2$] = 45 at a galactocentric radius of 8 kpc—see Langer & Penzias 1990), [HCO$^+$]/[H$_2$] = 2.0 × 10$^{-9}$ (Zhu et al. 2007), [CS]/[H$_2$] = 1.1 × 10$^{-3}$ (Pirogov et al. 2007), and [N$_2$H$^+$]/[H$_2$] = 5.0 × 10$^{-10}$ (Pirogov et al. 2007). The values for total cloud mass derived from the CO, HCO$^+$ and N$_2$H$^+$ observations are all approximately 8300 M$_\odot$. The mass derived from CS is 12 700 M$_\odot$. These values assume calibration onto the Mopra “extended beam” temperature scale, which includes power received from the first sidelobe and is appropriate for data more extended than 0.08" (see Sect. 2.1 of Ladd et al. 2005).

5. Analysis and discussion

5.1. H$_2$O masers

The three well-known water maser sites within the central H II region (labelled M4, M5 and M9 in Fig. 5) have been investigated by Caswell (2004), who summarises their properties. At the M4 site (G291.274−0.709) the H$_2$O maser coexists with 6.67 GHz CH$_3$OH and 1.67 GHz OH masers. In the H$_2$O maser spectrum we detect bright maser features ranging from ~37 km s$^{-1}$ to 23 km s$^{-1}$, in agreement with Caswell, however, we also detect weak (<5 Jy) lines out to velocities of ~51 km s$^{-1}$ and ~20 km s$^{-1}$. The M5 site (G291.270−0.719) hosts a weak CH$_3$OH maser at ~26 km s$^{-1}$ and a bright H$_2$O maser at a velocity of ~102 km s$^{-1}$. First reported by Caswell et al. (1989), we find this H$_2$O maser has an unusually broad linewidth (2.9 km s$^{-1}$) and a peak flux density of 69 Jy, consistent with the original observations. The V$_{LSR}$ of this spectral feature is reported to have become increasingly negative since its discovery in 1989 when it had a velocity of ~88 km s$^{-1}$. This has been interpreted as being due to acceleration of the emitting gas, perhaps in a high velocity outflow (Caswell 2004; Caswell & Phillips 2008). Alternatively, we suggest that the ~102 km s$^{-1}$ line may be a new maser feature not associated with the component seen at ~88 km s$^{-1}$, which may have been quenched in the intervening time. The final known site, M9 (G291.284-0.716), exhibits a single intense maser at a velocity of ~130 km s$^{-1}$ and with a linewidth of 4.8 km s$^{-1}$. We measure an intensity of 670 Jy in contrast to the earlier value of 945 Jy (Caswell et al. 1989), perhaps reflecting a real decrease in the intensity over the intervening time. We note that this maser feature falls on the edge of our bandpass, which may make the flux density measurement unreliable.

The six new maser sites reported here (M1, M2, M3, M6, M7 and M8) are located in the “arms” of the filament. As can be seen from Fig. 5 all sites are within a few arc-seconds of NH$_3$ emission peaks. With the exception of M8, it is notable that the spectra of these new masers exhibit, at most, two bright features. These features have velocities close to the systemic velocity and intensities below 10 Jy. In contrast, the maser spectrum of M8 has four strong peaks spread over ~35 km s$^{-1}$, the brightest of which has an intensity of 25 Jy. The mid-infrared image of the host SIMBA clump (S5) also exhibits some nebulous emission, on the south-west edge (see Fig. 1a), while the dense molecular gas tracers (see Sects. 3.1, 3.2 and 3.3) show a “notch” in the emission at the same site. We interpret these features as evidence of a deeply embedded young stellar cluster evaporating an open-ended cavity.

5.2. Core masses

Core masses derived from NH$_3$ rely on the assumption of a constant [NH$_3$]/[H$_2$] abundance ratio, whose value may vary across the cloud. Independent estimates of the gas + dust mass in NGC 3576 have been made by André et al. (2008), who mapped the 450 μm thermal emission using the P-ARTÉMIS bolometer camera on APEX. With a beam size of 10" the 450 μm map has a comparable resolution to our NH$_3$ (1,1) observations and the morphology of the 450 μm emission corresponds almost exactly to the integrated molecular emission.

We expanded the analysis of André et al. (2008) by decomposing the 2-D 450 μm emission into cores using FELLWALKER and deriving their individual masses via the relation:

$$M = \frac{S_{450} \mu m D^2}{K_{450} B(T_d)(d)}$$

(2)

where $S_{450}$ is the measured flux density, $K_{450}$ is the dust opacity per unit (gas + dust) mass column density at 450 μm, $B(T_d)$ is the Planck function $B(T)$ at a dust temperature $T_d$ and $D$ is the distance to the source. We set $K_{450} = 0.04 cm^{-2}g^{-1}$, a value generally adopted in sub-mm studies of pre-stellar cores (e.g. Motte et al. 1998, Ward-Thompson et al. 1999) and appropriate in regions of moderately high gas densities (around $10^5$ cm$^{-3}$ — cf. Henning et al. 1995). For consistency, we set $T_d$ to the kinetic temperatures derived from our NH$_3$ data. A direct comparison between the masses derived from 450 μm and NH$_3$ emission integrated over the same apertures results in estimates of the average [NH$_3$]/[H$_2$] abundance ratio in each core, assuming no depletion.

Eight equivalent cores were detected in the 450 μm P-ARTÉMIS and ATCA NH$_3$ (1,1) integrated intensity maps, whose positions and masses are presented in Table 6. Mass values from 450 μm data range from ~89 M$_\odot$ to ~712 M$_\odot$. Some 450 μm cores encompass two or more NH$_3$(1,1) cores and in such cases we summed the masses of the components quoted in Col. 10 of Table 5. Relative [NH$_3$]/[H$_2$] abundance values range from 0.4×10$^{-8}$ to 7.1 ×10$^{-8}$ and are distinctly different in adjacent cores. We note that the error on the abundance values is approximately a factor of 3, including the calibration uncertainty of the P-ARTÉMIS data, assumptions about the dust emissivity and opacity, dust-to-gas ratio, temperature and relative angular size. The abundance differences may also be attributed to environmental factors. Cores S3-a and -b exhibit the lowest abundance values, but lie adjacent to the H II region. Here they may be exposed to the ultraviolet-radiation field from the central cluster, leading to enhanced destruction of large molecules, Core S4-a, and to a much lesser extent S4-b, have elevated abundances of NH$_3$. Interestingly, this SIMBA clump also has an enhanced abundance of N$_2$H$^+$, possibly due to depletion of CO onto the dust grain surface (see Sect. 5.3, below). In light of the varying abundance values we have attempted to correct the masses derived for the cores found in the 3-D NH$_3$ data-cube. Where an equivalent 450 μm core does not exist we revert to the canonical value of 3.0 ×10$^{-8}$ (Wang et al. 2008). These “corrected” values are presented in Col. 11 of Table 5.

Figure 11 compares the corrected LTE and virial masses for the NH$_3$ cores in Table 5. The factor $f = M_{corrected}/M_{virial}$ measures the ratio of gravitational to kinetic energy. Values less than

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4 See http://irfu.cea.fr/Sap/en/Phocea/Vie_des_labos/Ast/ast_technique.php?id_ast=2295

5 Atacama Pathfinder Experiment http://www.apex-telescope.org/
Fig. 10. Column density maps of the four species targeted by the Mopra telescope. Contours are set at 10 per cent intervals, beginning at 10 per cent, except in the HCO$^+$ column density map, where they start at 30 per cent of the peak value.

Table 6. Comparison of masses derived from p-AtréMiS 450 $\mu$m and ATCA NH$_3$ (1,1) emission.

| Clump ID | RA (J2000) | Dec (J2000) | Mass 450 $\mu$m ($M_\odot$) | Mass NH$_3$, LTE ($M_\odot$) | [NH$_3$]/[H$_2$] Abundance | Average $T_{dust}$ (K) | Aliases |
|----------|------------|------------|---------------------------|----------------------------|---------------------------|--------------------------|---------|
| S1-a     | 11:12:21.09 | −61:17:50  | 89                        | 91                         | $3.1 \times 10^{-8}$     | 15                      | S1-M1 |
| S1-b     | 11:12:17.21 | −61:17:50  | 161                       | 140                        | $2.6 \times 10^{-8}$     | 21                      | S1-M2 |
| S1-c     | 11:12:14.43 | −61:17:50  | 193                       | 82                         | $1.3 \times 10^{-8}$     | 23                      | S1-M2 |
| S3-a     | 11:11:53.05 | −61:18:31.37 | 357                   | 51                        | $0.4 \times 10^{-8}$     | 40                      | S3-M4 |
| S3-b     | 11:11:45.54 | −61:18:45.27 | 682                   | 211                        | $0.9 \times 10^{-8}$     | 38                      | S3-C3 |
| S4-a     | 11:11:39.69 | −61:19:43.18 | 161                   | 383                        | $1.4 \times 10^{-8}$     | 24                      | S4-M6 |
| S4-b     | 11:11:36.91 | −61:20:03.13 | 247                   | 279                        | $3.4 \times 10^{-8}$     | 19                      | S4-M6 |
| S5       | 11:11:34.66 | −61:21:11.09 | 712                    | 339                        | $1.4 \times 10^{-8}$     | 15                      | S5-M8 |

$^a$ Relative abundance of NH$_3$ to H$_2$ via a direct comparison of clump masses derived from NH$_3$ and 450 $\mu$m emission.

The magnetic field strength necessary to support each core may be calculated after Bot et al. (2007) via

$$B^2 - B_0^2 = \frac{9}{10} \left( 1 - \frac{10}{9 f} \right) \frac{G M^2 \mu_0}{R^4 \pi},$$

where $B_0 = 0.3$ nT is the ambient magnetic field strength in the Milky Way (Han et al. 2006), $R$ is the core radius in metres and $M$ is the core mass in kilograms. $G$ and $\mu_0$ take their usual values in SI units. We calculate that field strengths ranging from $\sim 1$ mG to $\sim 40$ mG, with a median of $\sim 4$ mG, are required to balance self-gravity in addition to the turbulent pressure. By comparison, Curran & Chrysostomou (2007) conducted polarimetry measurements of the magnetic field strengths in fourteen massive star forming regions and found values from $< 0.1$ mG to $\sim 6$ mG. Our values are higher on average, suggesting that some of our NH$_3$ cores may indeed be collapsing. In Sect. 5.4 below we present evidence of collapse in the SIMBA clump S4.
Fig. 11. Distributions of \( M_{\text{corrected}}/M_{\text{vir}} \) for the 25 cores found in the NH3 data. The \( M_{\text{corrected}} \) values have been derived from the M\(_{\mathrm{LIR}}\) masses scaled to the 450 \( \mu \)m core masses. \( M_{\text{vir}} \) was calculated assuming a assuming a \( r^{-2} \) density profile. For a constant density profile virial masses would be 1.7 times larger. All cores have ratios \( M_{\text{corrected}}/M_{\text{vir}} \geq 1 \) and are at least consistent with being gravitationally bound. Cores with ratios much greater than one are likely to be gravitationally unstable and may be undergoing collapse unless supported by magnetic fields on the order of milli-Gauss.

André et al. (2008) estimated the envelope mass of the dominant protostellar object in each 450 \( \mu \)m core by scaling the mass corresponding to the peak flux density to a uniform diameter of 6000 AU, assuming a density profile \( \rho(r) \propto r^{-2} \). The values range from 21 to 45 \( M_\odot \). They also estimated the bolometric luminosities by fitting the SIMBA, P-ARTEMIS, and MSX\(^6\) data with a grid of spectral energy distribution models computed by Robitaille et al. (2006, 2007). When plotted on a \( M_{\text{env}} \) versus \( L_{\text{bol}} \) diagram (see Fig. 4 of André et al. 2008) the objects are bracketed by evolutionary tracks corresponding to final stellar masses of 15 to 50 \( M_\odot \), implying that the cores are undergoing high-mass star-formation. The relative positions of the cores on the diagram also indicates their relative evolutionary ages. Interestingly, the cores furthest from the H II region, at positions S1-b, S1-c, S4-a, and S5, are significantly less evolved than the adjacent cores at S3-a and S3-b. This evolutionary gradient is consistent with the hypothesis that the central H II region has triggered sequential star-formation in the filament.

5.3. Chemistry

Once the physical conditions of temperature, density and optical-depth have been determined, we can begin to examine the chemistry in NGC 3576. Ratios of column density provide beam-averaged measures of the relative abundances between two species. For key molecules this ratio is tied directly to the physical conditions and hence to the embedded star formation activity.

Figure 12 presents maps of the relative abundance of \([\text{N}_2\text{H}^+]/[\text{CO}]\) and \([\text{N}_2\text{H}^+]/[\text{CS}]\) made by taking the ratios of the column density maps. The abundance ratios are beam-averaged and assumes all of the gas is above the critical density for each species. Immediately clump S4 stands out in the \([\text{N}_2\text{H}^+]/[\text{CO}]\) map, as it has an over-abundance of \( \text{N}_2\text{H}^+ \) compared to the other SIMBA clumps. The difference is not as pronounced in the \([\text{N}_2\text{H}^+]/[\text{CS}]\) map, however, we note the optical depth of CS is not known and hence there are significant uncertainties in the column density across the map. A comparison between the \( \text{N}_2\text{H}^+ \) and HCO\(^+\) column densities also reveals the same enhancement in clump S4, which we believe to be a real chemical difference. Because of the low signal-to-noise we do not show this map.

The abundance of \( \text{N}_2\text{H}^+ \) is predicted to be enhanced in cold (\( \leq 10 \) K) or dense clumps. This is because its parent molecule \( \text{N}_2 \) is one of the least affected by the condensation process and \( \text{N}_2\text{H}^+ \) survives in the gas phase, at least for densities in the range \( 10^2–10^3 \) cm\(^{-3} \). In such environments its main destruction partner CO depletes onto the grains and the abundance of \( \text{N}_2\text{H}^+ \) consequently increases (Bergin et al. 2002). Interestingly, \( ^{13}\text{CO} \) and \( ^{12}\text{CO} \) emission are noticeably absent from clump S4, providing further confidence in this interpretation. Conditions such as these are found in starless cores, but particularly in cold collapsing clumps evolving towards forming stars. Clump S4 has an average kinetic temperature of \( \sim 25 \) K according to our analysis of NH3 data. This seems high for an infrared dark cloud (see Fig. 1a) undergoing collapse, however, CO depletion may still occur at these temperatures if the density is high enough (Aikawa et al. 2001). In the following sub-section we will examine the evidence for inflowing gas motions in this clump.

5.4. Morphology and kinematics

We have examined the molecular emission for evidence of velocity gradients indicating bulk gas motions, expansion or contraction. Figure 13 presents position-velocity (PV) diagrams made using the \( ^{13}\text{CO} \) Mopra data and annotated on the inset integrated intensity map. Panel 1 was made using the \textit{kshell} tool\(^7\) and shows the azimuthly averaged intensity as a function of velocity and angular offset from position \( 11^h11^m58.0^s - 61^d18^m35.0^s \) J2000. The ‘C’ shaped profile is a classic indicator of an expanding shell of gas, in this case centred approximately on the H II region. Towards the central position (zero offset) the spatial pixels sample gas moving directly towards and away from the observer, hence the average spectrum peaks at the systemic velocity \( \pm \) the shell expansion velocity. At offsets approaching the shell radius the pixels sample gas moving perpendicular to the observer, hence the emission peaks at the systemic velocity \( \sim 24 \) km s\(^{-1} \). The clumpy shell seen here in \( ^{13}\text{CO} \) is approximately 1 arcminute in diameter and encompasses the free-free emission from the H II region. We see exactly the same C-shape in C\(^18\)O, although the plot is noisier.

Panels 2–4 present the PV-slices indicated on the inset \( ^{12}\text{CO} \) moment map (top-left). The first cut, (centred at \( 11^h11^m09.90^s - 61^d15^m45.6^s \) J2000 and at a position angle \( \Theta = 244.5^\circ \)) is a longitudinal slice through the eastern arm of the filament and reveals a forked cross-section: two tenuous tentacles of emission merge into the eastern-most SIMBA clump (S1). PV-slices through the dense gas tracers (NH3 and CS) show the same structure, meaning that this morphology is not due to optical depth or chemical effects. Ionised gas from the H II region overlays this part of the eastern arm, likely inter-penetrating the molecular emission. Combined with the existence of an expanding shell and a temperature gradient, we conclude that the H II region is expanding eastwards, and has played a significant role in sculpting these features.

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\(^6\) Midcourse Space Experiment (MSX) 
http://irsa.ipac.caltech.edu/applications/MSX/

\(^7\) \textit{kshell} is part of the KARMA suite of analysis software available from the ATNF at http://www.atnf.csiro.au/computing/software/
Fig. 12. Maps of the relative abundance of \([\text{N}_2\text{H}^+]/[\text{CO}]\) (left) and \([\text{N}_2\text{H}^+]/[\text{CS}]\) (right) made from individual column density maps. Greyscale and contours are set at 10 per cent intervals, starting at 30 per cent of peak. The \(\text{N}_2\text{H}^+\) abundance is significantly enhanced towards clump S4. This difference is especially pronounced in the \([\text{N}_2\text{H}^+]/[\text{CO}]\) map but is not as clear when comparing \(\text{N}_2\text{H}^+\) and CS. We note that the column density of CS is the least well known of the three species.

Fig. 13. Position-velocity cuts through the \(^{13}\text{CO}\) data-cube. The top-left panel is an integrated intensity map of \(^{13}\text{CO}\) showing the orientations and positions of the PV-slices presented in panels 1–4. Centre positions of the slices are marked with black and white filled circles. Panel 1 shows the azimuthly averaged intensity as a function of velocity and angular offset from position 11h11m58.0s –61d18m35.0s J2000. The “C” shaped profile is indicative of an expanding shell of emitting gas. Panels 2, 3 and 4 present PV-slices along the axes of emission and in cross-section through the western arm, respectively. Several distinct filamentary structures are evident, merging into the bright emission adjacent to the H II region.

The second cut (11h11m48.60s, –61d20m57.6s J2000, \(\Theta = 174^\circ\)) follows the line of emission evident in Fig. 13 at \(-20 \text{ km s}^{-1}\). It is clear from the PV-diagram that two velocity components exist, separated by \(\sim 4 \text{ km s}^{-1}\). Both appear to merge into the strong emission immediately west of the H II region. These two velocity features are clearly visible in the third cut (11h11m39.50s, –61d21m46.9s J2000, \(\Theta = 268^\circ\)), which presents the velocity structure of the western arm in cross-section. The bulk of the emission in this arm derives from the component at \(-24 \text{ km s}^{-1}\), while the component at \(-20 \text{ km s}^{-1}\) is not seen in
Asymmetries on the order of $\sim 3\sigma$ between the outer satellites are indicative of selective radiative trapping and non-LTE excitation (Stutzki & Winnewisser 1985). The amount by which both effects skew the profiles increases with optical depth. Figure 14a presents a map showing the difference between the blue minus red peak intensities of the inner satellite NH$_3$(1,1) lines, for SIMBA clump S4. Only pixels with absolute differences greater than 0.2 K ($\sim 3\sigma$) above the spectral noise) have been plotted. Asymmetries on the order of $\sim 10\%$ are observed over distinct regions within the SIMBA clump. We note that there are few pixels with significant red-skewed spectra (values less than $-0.2$ K in Fig. 14a) and the map is dominated by regions of blue-skewed spectra which cover angular areas greater than the beam. Sample spectra from the three largest regions are presented in Fig. 14b. The optical depth of NH$_3$(1,1) in this clump ranges between 0.4 $\leq \tau \leq$ 1.0 and we do not expect large asymmetries under these conditions, hence, we believe the differences are significant and tentatively imply inward gas motions.

5.5. H II region – cloud interaction

It is clear from the temperature map presented in Fig. 8 that the central star-forming complex is heating the gas in its immediate surroundings. The heating is gradual on the western side of the filament and the temperature decreases linearly towards the extremes. The gradient in temperature strongly suggests that the HII region is embedded within the filament and is not merely a line of sight effect. The temperature fluctuations between $\sim$15 and $\sim$30 K in the S2 clump, immediately east of the H II region’s peak. Diffuse free-free emission is observed to extend into this region and the molecular gas has a clumpy distribution and is less evenly heated. It is interesting to note that there is a weak linewidth gradient in the western arm also, as plotted in Fig. 8c. This may reflect the turbulent energy injected into the cloud via shocks driven by the expanding ionised gas in the H II region. Clear evidence for this continuing expansion is seen in the 13CO data as an expanding shell of molecular gas surrounding the free-free emission.

5.6. Infrared excess stars

Previous studies have focused on the infrared properties of embedded stars in NGC 3576. Emission in the K (2.2 $\mu$m) and L (3.6 $\mu$m) bands, which cannot be accounted for by interstellar reddening, has been interpreted as the signature of thermal emission from a dusty disk. Maercker et al. (2006) imaged the region in J (1.3 $\mu$m), H (1.7 $\mu$m), K and L, and found 113 stars with infrared excess. Their distribution is plotted in Fig. 15 over the 13CO (1–0) integrated intensity map. Foreground stars have been filtered from the list. A dense cluster of IR-excess stars is centered on the Giant HII region, as reported in work by Persi et al. (1994) using Las Campanas Observatory. It is clear that the distribution of IR-excess stars is anti-correlated with the molecular gas in the dense arms of the filament. The high extinction in this area likely makes it impossible to detect even bright IR-excess sources behind or embedded in the filament. This suggests that the clumps are not associated with star-formation at an advanced stage of development. If young stars are present in the filament,
they are probably at such a young age that they are still deeply embedded and not yet visible in the near-infrared.

5.7. Triggered star formation in NGC 3576?

Our observations provide an interesting glimpse into star formation activity within NGC 3576. It is clear that the H II region is embedded and not yet visible in the near-infrared. Our observations provide an interesting glimpse into star formation activity within NGC 3576. It is clear that the H II region is embedded and not yet visible in the near-infrared.

By comparing the morphology of the H II region (traced by the 23 GHz continuum emission) to the dense molecular gas (traced by NH3, CS and N2H+) and thermal dust emission (traced by 1.2-mm and 450 μm continuum), we see that the young star cluster at the heart of the complex has destroyed or dispersed much of the gas in the central clump. There is also clear evidence for an expanding shell in the 13CO and C18O data, centred on the H II region.

To the east of the H II region, molecular gas is sparse and does not follow the morphology of the dust, while at 3.4-cm wavelengths the ionised gas is observed to extend throughout most of field S2 (see Fig. 1c). In contrast, the western edge of the free-free continuum emission is observed to have a well-defined boundary. We find from our molecular-line observations that this edge coincides with a dense molecular clump, implying that the H II region is pressure-confined on this side. At the same time, the H II region appears to be heating the arms of the filament and the western arm exhibits a clear temperature gradient, peaking adjacent to the H II region. In the eastern arm, the clumpy nature of the gas gives rise to “hot spots” with higher temperatures, consistent with our “dispersal” interpretation. The gradients in temperature strongly suggest that the H II region is embedded within the filament. Some of the structures visible in the eastern arm are reminiscent of the “elephant’s trunks” pillars in the Eagle Nebula (White et al. 1999).

Besides the heating evidence, there is also evidence for kinematical interaction between the H II region and the ambient molecular cloud. We do see evidence that the H II region is expanding into the eastern arm, sweeping up a clumpy shell of gas. Such an expansion is expected in the collect and collapse scenario for triggered star formation (see Sect. 1). Multiple velocity components have been identified within the arms of the filament (see Fig. 13). Velocity gradients and dislocations may be the archaeological remains of cloud-cloud collisions or quickly collapsing elongated clumps (cf. Peretto et al. 2006). However, when considering only the dense gas we see that the velocity structure of the gas is smooth, confined to a narrow range and does not support either interpretation, at least at the 40′′ scale of the Mopra data.

Different diagnostics have been employed to identify signatures of early phases of star formation in the filaments and gas clumps. Water masers have always been associated with star formation (see Beuther et al. 2002 for a summary). That we detect water-maser emission towards the arms of the filament confirms the presence of shocks and hence that stars are forming within the molecular gas. However, unlike 6.67 GHz CH3OH masers, 22 GHz water masers are not a clear confirmation of high-mass star formation since they are also formed towards sites where intermediate mass (4–8 Ms) stars are forming. Water masers are thought to originate in the shocked gas associated with outflows and are collisionally pumped (e.g., Kylafis & Pavlakis 1992). Core masses derived from NH3 range from 5 Ms to ∼516 Ms, with a median value of ∼45 Ms. Seven cores have masses greater than 100 Ms and for a typical star formation efficiency of 0.3 (c.f. Lada & Lada 2003) are likely to form stars with masses greater than 8 Ms. We have confirmed that protostellar objects are likely forming in the arms of the filament and that the H II region is clearly influencing the conditions in the bulk of the cloud, as evidenced by the temperature gradients and gas morphology. Whether the formation of the new stars is triggered by the expansion of the H II region is difficult to prove categorically, but to be consistent requires evidence of an “age gradient”, as argued by Persi et al. (1994). Recent 450-μm continuum observations (André et al. 2008) partially resolved the 1.2-mm continuum SIMBA clumps and detected continuum emission counterparts to the NH3 cores. Based on a “protostellar mass envelope vs. bolometric luminosity diagram” (hereafter Menv–Lbol diagram), André et al. (2008) estimated the evolutionary stage of these candidate massive protostars and positioned them on evolutionary tracks for high mass star formation. Interestingly, S3-a and S3-b, the closest candidate protostars to the H II region, appear to be the most evolved objects on the Menv–Lbol diagram. In contrast, the other candidate protostars, those in the arms, appear to be less evolved on the diagram and are possibly class 0-type protostars. The non detection of ionised gas toward these protostars confirms their very early evolutionary stage. All detected protostars will evolve into stars of masses between 15 and 50 Ms according to the evolutionary tracks on the Menv–Lbol diagram.

Another signature of early phases of star formation is the evidence for collapsing cores. On examination of the relative molecular abundances, SIMBA clump S4 stands out as having an over-abundance of N2H+ and an under-abundance of CO. Such a chemical signature is typical of dense and cold regions, which is often found towards collapsing cores. We searched for signatures of inflowing motions in the NH3 line profiles. Asymmetries on the order of ~10 per cent are observed between the inner satellites for discrete regions in clump S4.

High-mass star formation is clearly underway in the dusty arms of the NGC 3576 filament. Evidence for interaction through temperature gradients as well as an evolutionary sequence for the embedded protostars from the H II region to the arms, is consistent with the hypothesis that the H II region is
triggering star formation in NGC 3576. The geometry of the H II region and associated clumps does not resemble the typical collect and collapse scenario, hence the observations are also in agreement with spontaneous star formation, at least in the clumps further away from the ionisation front. However, it is also possible that the H II region is responsible for initiating star formation in these clumps via shock driven globule squeezing. Further investigation is necessary to distinguish between these two cases.

6. Summary and conclusions

We have mapped the molecular environment of the giant H II region NGC 3576 in lines of NH3, CO, HCO+, CS and N2H+. In addition, we have searched for UCH II regions via 23 GHz free-free emission and for 22 GHz water masers. Figure 16 summarises our observational results as a schematic, overlaid on an amateur H-α image (Schedler, 2009) which illustrates the large scale structure of the ISM in the region. Our main conclusions are as follows:

1. We have detected molecular emission from all clumps identified in the 1.2-mm SIMBA map (Hill et al. 2005). Dense gas tracers (NH3, N2H+ and CS) follow the morphology of the thermal dust emission, except within the H II region, where the 1.2-mm emission is highly contaminated by free-free continuum emission. Molecules with low and intermediate critical densities or with high abundances (CO, HCO+) trace the extended envelope well.

2. We searched for UCH II regions in the arms of the filament via their 23 GHz emission, but found none down to a detection limit of 0.5 mJy/beam. The central H II region was mapped and exhibited a similar morphology to the earlier 3.4-cm image by de Pree et al. (1999).

3. Six new sites of 22 GHz water maser emission were detected, all of which lie adjacent to discrete NH3 cores in the arms of the filament. Most of the new masers have flux densities less than ten Janskys, compared to the three known sites in the H II region, which have flux densities between 40–640 Jy. Of all the new masers, the site in clump S5 has the greatest range of velocities and warrants further investigation.

4. NH3 (1,1) was used to derive the kinetic temperature of the dense gas. We find a temperature gradient exists in the western arm, with temperatures ranging from ~11 K at the extremes to ~30 K adjacent to the H II region. Clearly, the H II region is responsible for the heating.

5. There is clear evidence in 13CO and C18O for an expanding swept-up shell of diameter ~1′ completely encompassing the H II region.

6. The ~1″ resolution NH3 (1,1) emission was decomposed into twenty-five individual cores, ranging in mass from 5 M⊙ to 516 M⊙, when scaled to the 2-D clump masses derived from the 450 μm P-AtTeMiS map.

7. Mcore/Mvir ≥ 1 for all NH3 cores, implying they are at least gravitationally bound. Seventeen cores have Mcore/Mvir ≥ 3 and to avoid collapsing under self-gravity require support from internal magnetic fields with strengths between ~1 mG and ~40 mG. These values are on average higher than measured in recent observations of massive star-formation regions and suggest that some of the cores may be collapsing.

8. Clump S4 in Fig. 1 is over-abundant in N2H+ and shows evidence for depletion of CO, consistent with the expected chemistry in a cold, dense clump. We examined...
our NH$_3$ data for line-profile asymmetries indicating bulk gas motions and found distinct regions with blue profiles, tentatively indicating inflowing gas.

9. The filament displays a complex velocity structure, with two main components in each arm seen in the $^{13}$CO data. Molecules tracing high density gas show that a single component at $v_{\text{LSR}} = -24$ km s$^{-1}$ dominates the cloud.

10. The positions of stars with infrared-excess, indicative of circumstellar disks, are anti-correlated with the dense molecular gas, implying star formation has not yet advanced far enough to be visible in the near-infrared. Alternatively, there is likely sufficient extinction to hide such stars embedded within the molecular cloud.

From the above evidence it is clear that star formation is underway across the whole of the NGC 3576 filament and that the H II region is influencing the physical conditions in the bulk of the molecular gas. Very young massive protostellar objects, some equivalent to low-mass class-0 protostars, are forming within the arms of the filament. Masses and luminosities of cores with 1.2-mm, 450 $\mu$m and infrared data have been characterised by André et al. (2008). Objects adjacent to the H II region appear to be more evolved, implying an evolutionary gradient. The H II region is expanding into the cloud, dissipating the gas on its eastern edge and is possibly the trigger for star-formation in the nearest clumps. However, the observational data is also consistent with spontaneous star formation, at least in the outlying regions.

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Appendix A: Physical properties from molecular lines

This work makes heavy use of standard methods to derive physical properties from molecular line data. Here we summarise the methodology used and gather the equations and constants in one place. All calculations were performed in SI units.

A.1. Kinetic temperature from NH$_3$

Firstly, we calculate the optical depth of the NH$_3$ (1,1) transition via a comparison of brightness temperature $T_B$ in the main and satellite lines:

$$\tau_{2,2} = 1 - \frac{T_{B_{2,2}}}{T_{B_{1,1}}} = 1 - e^{-\tau_{2,2}} T_{B_{1,1}}.$$  \hspace{1cm} (A.1)

The subscripts “m” and “s” indicate the main and satellite groups, respectively, and “$a$” is the theoretical $T_{B_{s}}/T_{B_{m}}$ ratio under optically thin conditions. For NH$_3$(1,1), the fractional intensity in the main group is 0.502 and in individual inner and outer satellite lines is 0.139 and 0.111, respectively. In practice we used the hyperfine fitting utility of the CLASS software package to simultaneously fit the five groups. It is often difficult to measure the optical depth directly from the NH$_3$(2,2) line profile as the signal-to-noise on the satellites is usually poor. Instead, $\tau_{2,2}$ may be calculated from the brightness temperatures of the (2,2) and (1,1) main groups:

$$\tau_{2,2} = \frac{1}{f_{2,2}} \ln \left[ 1 - \frac{T_{B_{2,2}}}{T_{B_{1,1}} \left( 1 - e^{-\tau_{2,2} f_{1,1}} \right)} \right].$$  \hspace{1cm} (A.2)

where $f_{1,1} = 0.502$ and $f_{2,2} = 0.796$ are the fractional intensities in the (1,1) and (2,2) main groups, respectively, compared to their satellites. The rotational temperature is found from the optical depth ratio $\tau_{2,2}/\tau_{1,1}$ via:

$$T_{\text{rot}} = -\frac{41}{9} K \ln \left( \frac{9 \tau_{2,2} \Delta \nu_{2,2}}{20 \tau_{1,1} \Delta \nu_{1,1}} \right).$$  \hspace{1cm} (A.3)

where $\tau_{j,k}$ and $\Delta \nu_{j,k}$ are the total optical depth and the full-width half-maximum (FWHM) linewidth of the NH$_3$ $(J, K)$ transition. Finally, the rotational temperature may be converted directly to a kinetic temperature $T_{\text{kin}}$ via:

$$T_{\text{kin}} = \frac{T_{\text{rot}}}{1 + (T_{\text{kin}}/41 K) \ln[1 + (C_{23}/C_{21})]}.$$  \hspace{1cm} (A.4)

Danby et al. (1988) have used large velocity gradient (LVG) models to calculate the collisional coefficients $C_{23}$ and $C_{21}$, for kinetic temperatures ranging from 5–300 K. To derive Eq. (A.4) we assume that only the $(J, K) = (1,1), (2,1)$ and $(2,2)$ transitions are involved. At low temperatures this assumption is valid, however, above $T_{\text{rot}} \sim 30$ K the excitation of NH$_3$ to higher energy levels becomes non-negligible. This means that the above $T_{\text{rot}} \sim 30$ K the kinetic temperature found via comparison of the NH$_3$(1,1) and (2,2) lines becomes unreliable. Tafalla et al. (2004) have investigated the accuracy of this method and find that kinetic temperatures derived are accurate to better than 5 percent below 20 K.

A.2. Column density and core mass

If the optical depth and excitation temperature in any $(J, K)$ transition are known, the total column density of emitting molecules may be calculated assuming local thermal equilibrium (LTE) via the equation

$$N_{j,k} = \frac{8k \pi v_{j,k}}{A_{\text{rot}} h c^3} \int_{-\infty}^{\infty} T_B \, d\nu \left( \frac{\tau}{1 - e^{-\tau}} \right) g_{j,k} Q(T_{\text{rot}}).$$  \hspace{1cm} (A.5)

where $Q(T_{\text{rot}})$ is the partition function. The exact partition function is the sum over all the levels however, this can be approximated by an exponential fit to the discrete values in the Pickett, et al. (1998) spectral line catalogue. For NH$_3$ this is:

$$Q(T) = 0.1266 \, T^{1.48}.$$  \hspace{1cm} (A.6)

A.3. CO and HCO$^+$

Physical conditions were calculated on a pixel-by-pixel basis in the Mopra data. Using the regrid task in MIRIAD, the CO data cubes were first resampled to the same pixel-scale in RA, Dec
Optical depths ranged from 0 used in our calculations and should be considered a lower limit. The expected \([^{13}\text{CO}]\) abundance ratio that did not result in negative optical depths was assumed to be constant. During the calculation pixels with insignificant emission were blanked, resulting in a map of \(^{13}\text{CO}\) optical depth with real values wherever \(^{13}\text{CO}\) emission was detected. The expected \([^{13}\text{CO}]\) ratio in giant molecular clouds is \(\sim 11.5\) (see Goldsmith et al. 1997 and references therein), however, we found that this value resulted in negative optical depths in some parts of the map. The lowest abundance ratio that did not result in negative optical depths was \(\sim 16\). This value was used in our calculations and should be considered a lower limit. Optical depths ranged from 0.1 to 4.4. Using the \(^{13}\text{CO}\) optical depth and peak brightness temperature maps as input, we then constructed an excitation temperature map via:

\[
T_{\text{ex}} = \frac{h
u_{\nu}}{k} \left[ \ln \left( 1 + \frac{h
u_{\nu}}{T_{\text{ex}}/C_T + J_1(T_{\text{ex}})} \right) \right]^{-1},
\]

where \(C_T = (1 - e^{-\tau})\). At this stage we blanked pixels with spuriously excitation temperatures \((T_{\text{ex}} < 4 \text{ K} \text{ and } T_{\text{ex}} > 40 \text{ K})\) due to noisy \(^{13}\text{CO}\) data which had passed our initial signal-to-noise cutoff. Assuming a thermalised population with \(T_{\text{kin}} = T_{\text{ex}}\), a column density map was then produced via Eq. (A.5). The partition function \(Q(T)\) for \(^{13}\text{CO}\) has been measured exactly at discrete values by Pickett, et al. (1998) spectral line catalogue. Intermediate values were determined via an exponential fit, which for CO is:

\[
Q(T_{\text{kin}}) = 0.3968 T_{\text{kin}}.
\]

The CO column density map is presented in Fig. 10a. We calculated the column-density of HCO\(^+\) using the same procedure, and a partition function of the form:

\[
Q(T_{\text{kin}}) = 0.4798 T_{\text{kin}}.
\]

The [HCO\(^+\)]/[H\(^{13}\text{CO}\)^+] was set to 40 for these calculations.

### Table A.1. Molecular constants

| Species     | Transition  | Frequency (GHz) | \(E_u/k\) (K) | \(A_{ul}\) (s\(^{-1}\)) | \(n_{\text{crit}}\) (cm\(^{-3}\)) |
|-------------|-------------|-----------------|---------------|-----------------|-----------------|
| HCO\(^+\)   | 1 \(\rightarrow\) 0 | 89.188526       | 4.280         | 3.020 \times 10^{-5} | 3.0 \times 10^{15} |
| \(^{13}\text{CO}\)^+ | 1 \(\rightarrow\) 0 | 86.754330       | 4.160         | 2.800\times 10^{-5} | 3.0 \times 10^{15} |
| \(^{12}\text{CO}\) | 1 \(\rightarrow\) 0 | 110.210353      | 5.288         | 6.389 \times 10^{8} | 6.5 \times 10^{18} |
| \(^{12}\text{CO}\) | 1 \(\rightarrow\) 0 | 109.782173      | 5.267         | 4.961\times 10^{-7} | 2.0 \times 10^{5} |
| CS          | 2 \(\rightarrow\) 1 | 97.980950       | 7.052         | 1.703 \times 10^{-5} | 2.0 \times 10^{5} |
| \(^{2}\text{H}\(_{2}\)) \(\rightarrow\) 0  | 1 \(\rightarrow\) 0 | 93.171880       | 4.471         | 3.654 \times 10^{-5} | 2.0 \times 10^{4} |
| \(^{2}\text{H}\(_{2}\)) \(\rightarrow\) 0  | 1 \(\rightarrow\) 0 | 93.175700       | –             | –                | –                |
| \(^{2}\text{H}\(_{2}\)) \(\rightarrow\) 0  | 1 \(\rightarrow\) 0 | 93.176130       | –             | –                | –                |
| \(^{12}\text{CO}\) | 1 \(\rightarrow\) 0 | 23.694480       | 17.215        | 1.67 \times 10^{-7} | 2.0 \times 10^{4} |
| \(^{12}\text{CO}\) | 2 \(\rightarrow\) 2  | 23.722630       | 63.866        | 2.29 \times 10^{-7} | –                |

\(\alpha\) Unless otherwise noted, all values quoted here are sourced from the NASA Jet Propulsion Lab (JPL) spectral line database (Pickett, et al. 1998); \(\beta\) Critical density values marked with a \(\dagger\) are calculated from the formula \(n_{\text{crit}} = A_{ul}/Y_{\gamma_0}\), where \(Y_{\gamma_0}\) is the “standard” collisional rate coefficient for \(^{2}\text{H}_{2}\), assumed equal to \(10^{10} \text{ cm}^{-3} \text{s}^{-1} \text{H}_{2}\)-molecules\(^{-1}\). Other values are referenced as follows: \(\dagger\) Ungerechts et al. (1997), \(\dagger\) Swade (1989).

### A.4. \(^{2}\text{H}\(_{2}\)) and CS

A slightly different approach was taken for the \(^{2}\text{H}\(_{2}\)) data. In a similar manner to \(^{12}\text{H}\(_{2}\)), the hyperfine structure in the spectrum of \(^{2}\text{H}\(_{2}\)) \((1\rightarrow0)\) allows the direct determination of optical depth. We fit all spectra in the \(^{2}\text{H}\(_{2}\)) data-cube using the HFS method in CLASS and found that the \(^{2}\text{H}\(_{2}\)) emission was consistent with it being optically thin \((\tau \ll 0.1)\) over the entire cloud. Hence, no independent estimate could be made of the excitation temperature. \(^{2}\text{H}\(_{2}\)) and \(^{12}\text{H}\(_{2}\)) have similar critical densities and, being nitrogen bearing molecules, are often detected under similar conditions. We calculated the column density of \(^{2}\text{H}\(_{2}\)) assuming excitation temperatures equal to the \(^{12}\text{H}\(_{2}\)) rotational temperatures. In practise, we smoothed the \(T_{\text{rot}}\)(\(^{12}\text{H}\(_{2}\)) map to the same resolution as the Mopra \(^{2}\text{H}\(_{2}\)) data. We then produced a column density map by combining this \(T_{\text{rot}}\) map with the \(^{2}\text{H}\(_{2}\)) integrated map via Eq. (A.5) in the limit that \(\tau \ll 0.0\). The partition function for \(^{2}\text{H}\(_{2}\)) was again interpolated from the values in the Pickett, et al. (1998) catalogue:

\[
Q(T_{\text{kin}}) = 4.198 T_{\text{kin}}. \tag{A.11}
\]

A column density map of CS was prepared in a similar manner, although we note that our assumption of optically thin emission may not be valid. Judging by the non-Gaussian shapes of some line profiles, regions with strong emission may have significant optical depths.

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