Urban areas as refuges for endemic fauna: description of the immature stages of *Catasticta flisa duna* (Eitschberger & T. Racheli, 1998) (Lepidoptera: Pieridae) and its ecological interactions

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**ABSTRACT**

We describe for the first time the immature stages of the Ecuadorian endemic urban butterfly, *Catasticta flisa duna* Eitschberger & Racheli, from Quito, Ecuador. A mistletoe species, *Phoradendron nervosum* Oliv. (Viscaceae), is identified as the host plant. *Phoradendron nervosum* is an aerial-stem hemiparasite in the order Santalales that is parasitic on *Prunus serotina* (Ehhr.), a common tree species in the gardens and parks of Quito. We report *Podisus* sp. (Pentatomidae), a predatory stink bug, as a predator of *C. f. duna* pupa. Additionally, parasitoid flies (Tachinidae) were obtained from some larvae. We compare the immature stages of *C. f. duna* and the subspecies *C. flisa isandra* Reissinger from Costa Rica, providing for the first time head chaetotaxy and setal maps for this diverse genus. Finally, we emphasize the importance of urban green spaces which provide habitat for many native species. Such urban oases should be considered as important resources for conservation, whose development and management benefit urban biodiversity and ecological networks, as well as enhancing the quality of life for the city’s human inhabitants.

**RESUMEN**

Describimos por primera vez los estados inmaduros de la mariposa endémica ecuatoriana *Catasticta flisa duna* de Quito Ecuador. Un muédago, *Phoradendron nervosum* Oliv. (Viscaceae), se identifica como la planta hospedera, esta es un hemiparásito aéreo en el orden de los Santalales, el cual es un parásita a *Prunus serotina* Ehhr, que es común encontrar en los jardines y parques de Quito. Se reporta a un chinche *Podisus* sp. (Pentatomidae) como depredador, encontrándose alimentándose de pupas y se obtienen moscas parasitoides (Tachinidae) de algunas larvas. Comparamos entre los estados inmaduros de *C. f. duna* y *C. flisa isandra* de Costa Rica, proveemos por primera vez dibujos de la quetotaxia de la cabeza y mapas setales para este género diverso. Finalmente, enfatizamos la importancia de las áreas verdes en las ciudades, las cuales brindan oportunidades de hábitat para especies nativas. Estos oasis urbanos serían considerados como recursos importantes para la conservación, estrategias podrían proporcionar beneficios para otros elementos de la fauna urbana, las redes ecológicas y para mejorar la calidad de vida de las personas.

**INTRODUCTION**

The genus *Catasticta* (Butler, 1870) is one of the most species-rich Andean butterfly radiations, with 97 described species [1,2]. It is distributed from Mexico to northern Bolivia, with its center of diversity in the middle elevation cloud forests of the tropical eastern Andes. Although the genus has been the subject of some research in the last few years [3–7], and several new species have been described [2,8], there is still little known about the biology of most species. Of the currently described 97 species, we have some information about the immature stages and host plant associations for fewer than 10 species [9–14]; life history information has been documented for seven of those species only from Central America [11].

Schultze-Rhonhof [9] was the first to describe the immature stages of a *Catasticta* species. For *Catasticta flisa*, he briefly noted the pupa, the habitat and the host plant (Loranthaceae) where the pupa was found at “Rio Ambato”, Tungurahua, Ecuador. Assuming the locality information is broadly correct, his notes should apply to the subspecies *C. f. dilutior* (Avinoff, 1926). Many years later, Bollino and Rodríguez [10] provided photographs of the pupa of another subspecies of *C. flisa*, *C. f. flisoides* (Eitschberger & T. Racheli, 1998), from Colombia. Braby and Nishida [11] provided the most comprehensive descriptions to date of *Catasticta* immature stages and host plants, contributing life history information for seven species. They reported the following host plants: *Dendrophthora costaricensis* Urb. (for *C. cerberus* Godman and Salvin, 1889), *Phoradendron velutinum* (DC.) Oliv. and *Dendrophthora costaricensis* Urb. (for *C. teutila flavomaculata* Lathy & Rosenberg, 1912), *Antidaphne viscoidea* (for *C. sisamnus sisamnus*...
(Fabricius, 1793), *C. hegemon* Godman & Salvin, 1889, *C. ctenene actinotis* Butler, 1872, and *Phoradendron undulatum* (for *C. flisa flisandra* Reissinger, 1972), all of them in the families Loranthaceae, Santalaceae and Viscaceae. This information was obtained from individuals reared in Costa Rica and Panama and from material examined in museums in Mexico. Subsequently, Montero and Ortíz [12] described the immature stages of a high elevation species, *C. semiramis semiramis* (Lucas, 1850), from Colombia, identifying the host plant as *Gaiadendron punctatum* (Ruiz & Pavón) (Loranthaceae). Additional information about the immature stages and host plant associations of the genus is mostly not clear or reliable, and therefore needs confirmation in future studies, as several records likely represent the tree on which the host plant mistletoe was growing, and not the actual host plant [13]. Nevertheless, Callaghan (2019) recently documented the immature stages of *Catasticta philothea* (Felder & Felder, 1865) in Colombia, identifying the host plant as *Gaiadendron punctatum* (Ruiz & Pavón) (Loranthaceae). Additional information about the immature stages and host plant associations of the genus is mostly not clear or reliable, and therefore needs confirmation in future studies, as several records likely represent the tree on which the host plant mistletoe was growing, and not the actual host plant [13].

Eitschberger and Racheli [16] described the subspecies *C. f. duna* (Figure 2) from Quito, Ecuador, and to date this taxon is still known only from that city and the surrounding dry inter-Andean valleys of Pichincha and Imbabura provinces, where it is largely restricted to the city of Quito and surrounding areas of Guayllabamba, Tingo, Tumbaco, Mitad del Mundo, Cayambe, Calderón La Kennedy and Volcán Pululahua (Figure 1).

*Eucatasticta f. duna* is frequently encountered flying within highly urbanized areas of Quito, visiting flowers, mating and even puddling in fountains (pers. obs.) (Figure 1). It is an easily identifiable taxon, and according to Eitschberger & T. Racheli [16] it is “characterised by the submarginal spots of both wings transformed in thin streaks, and the submarginal spots of the wings long and directed outwards. FWs upperside discal band reduced for the strong suction of black scales on the white spots. Premarginal spots elongated in whitish streaks. HWs. upperside: The discal band is also reduced in size and the premarginal spots elongated. On the underside of the HWs the white premarginal spots are elongated and confluent with the marginal yellow wedges. The females have same pattern of the males”.

Interestingly, this subspecies lives at unusually high elevations (2500–2800 m) in comparison with other subspecies of *C. flisa* (800–2400 m).

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**Figure 1.** (a) Map showing records of *C. f. duna* in Quito and surrounding areas, and the locality where immature stages were found (Parque la Carolina, green pin); (b) male dorsal view; (c) female dorsal view.
The peculiar distribution and rather different apparent habitat requirements of this taxon, in comparison with the more widespread taxa that inhabit wet cloud forest on the outer east and west Andean slopes in Ecuador, are therefore intriguing.

The main purpose of this paper is, therefore, to contribute to basic knowledge of *Catasticta* biology, by describing for the first time the immature stages of *C. flisa duna*. We here present information about the larval morphology, host plant, natural enemies, and notes on the general biology of *C. f. duna*, which may help to understand the peculiar distribution and unusual habitats occupied by this taxon.

**Figure 2.** Immature stages. (a) Cluster of eggs on a leaf; (b) Eggs, dorsal view; (c) Group of newly emerged larvae; (d) First instar dorsal and lateral view; (e) Second instar dorsal and lateral view; (f) Third instar dorsal and lateral view; (g) Fourth instar dorsal and lateral view; (h) Fifth instar dorsal and lateral view; (i) Pupa lateral view; (j) Pupa dorsal view.
Materials and methods

Study area

Eggs, larvae and pupae of C. f. duna were collected in a 62-hectare urban recreational park, Parque la Carolina, in the city of Quito (−0.185543 − 78.482836) at 2775 m (Figure 1). The climate in Quito during the time when larvae were found is characterized by usually sunny mornings and cloudy afternoons, often with showers, and average daily temperatures of 15° [17]. Immature stages were found by searching mistletoes at the border of Parque la Carolina and in the central median of an adjacent, busy street, Avenida de los Shyris, where adults were observed flying. Immature stages were collected and reared in individual containers. Each day, feces and old leaves were removed from the containers and fresh leaves of the host plant were supplied. Photographs were taken of the individual stages and morphological data were recorded.

Morphology

For description of the larval chaetotaxy and general morphology of immature stages, we followed the terminology of Stehr [18]. Photos were taken using a Canon 5D Mark III DSLR camera with Canon MP-E 65 mm f/2.8 1–5x Macro Photo Lens. For morphological measurements, a Fowler Sylvac Euro-Cal “Mark III” Digital Caliper was used. Illustrations were made using the preserved specimens and images with the help of a Bamboo Wacom and Inkscape software.

Results

Description of immature stages

Egg (n = 94)

Eggs were laid on the underside of leaves in clusters of 46–48 (n = 3). Eggs white when first laid and turning yellow before hatching, barrel-shaped with longitudinal ribs on sides. Duration from oviposition to hatching was 13–14 days (Figure 2a).

First instar larva (n = 48)

Head capsule length: 0.79 mm ± 0.02 mm; width: 0.64 mm ± 0.03 mm; length of body from head to A10: 5.77 mm ± 0.06 mm. Head black, with colorless primary setae arising from colorless chalazae, body yellow after hatching, changing to greenish-brown after consuming food, with a reddish-brown mid-dorsal line. Body with a pair of black dorsal setae and fine colorless primary setae arising from white and pale yellow chalazae that form intercalated colored stripes. Prothorax with a dark reddish-brown dorsal plate. After hatching, larvae first feed on chorion and then consume the surface of leaves. Larvae feed gregariously and produce some silk, when disturbed larvae move their heads in a sudden movement backwards. Duration 10–11 days (Figure 2d).

Second instar larva (n = 38)

Head capsule length: 1.36 mm ± 0.03 mm; width: 1.17 mm ± 0.02 mm; length of body from head to A10: 8.83 mm ± 0.11 mm. Similar to first instar, but body reddish-brown with more marked white and yellow chalazae from which arise colorless setae. Darker mid-dorsal line. Prothorax with a rectangular dark reddish-brown dorsal plate. Duration 10–11 days (Figure 2e).

Third instar larva (n = 25)

Head capsule length: 1.97 mm ± 0.04 mm; width: 1.89 mm ± 0.05 mm; length of body from head to A10: 17.71 mm ± 0.23 mm. Head with colorless setae arising from orange chalazae; body with yellow stripes, with wider yellow chalazae. Prothorax with a triangular black dorsal plate, with yellow spots on sides. Duration 8–10 days (Figure 2f).

Fourth instar larva (n = 25)

Head capsule length: 2.80 mm ± 0.04 mm; width: 2.50 mm ± 0.05 mm; length of body from head to A10: 21.34 mm ± 0.35 mm. Similar to third instar, but mid-dorsal line darker, almost black; head with more conspicuous orange chalazae from which arise colorless setae. Duration 10–12 days (Figure 2g).

Fifth instar larva (n = 18)

Head capsule length: 3.73 mm ± 0.04 mm; width: 3.21 mm ± 0.03 mm; length of body from head to A10: 21.9 mm ± 0.03 mm. Similar to fourth instar, but yellow stripes with yellow chalazae wider, almost covering the whole body, giving larvae a greenish-yellow color. Before pupation, larvae descend from host plant to bark and leaves of host tree where they pupate. Several were also found hanging from host plant to ground on a silk thread. Duration 7–11 days (Figures 2h and 3c).

Pupa (n = 40)

Pupa length: 22.4 mm ± 0.12 mm (excluding anterior projection); width: 6 mm ± 0.09 mm. Pupa pale green, with a few large black spots; head with a prominent yellow anterior projection, oriented upwards and bifurcated at apex and two smaller black projections posteriorly. Both prothorax and mesothorax have a longitudinal dorsal ridge, but at mesothorax, it is orange and more prominent. Abdominal segments A2 to A4 have long spine-like black dorsolateral projections with yellow at base; A2 to A8 have in each segment a spine-like black mid-dorsal projection (A2 and A8 present mid-dorsal projections smaller than remaining segments) (Figures 2 and 3). When agitated, pupae move abdominal segments in what may be defensive behaviour.
Host plant and ecological interactions

Larvae and pupae were found by PSP at noon on 26 April 2019, at the border of Parque La Carolina and in an adjacent median area of the busy Avenida de los Shyris (Figures 1 and 4), on a large group of mistletoes parasitizing a medium-sized tree of Prunus serotina (Ehrh. 1783) (Rosaceae). The host plant was identified as Phoradendron nervosum (Oliv. 1865) (Viscaceae), an aerial-stem hemiparasite in the order Santalales which is a common parasite of P. serotina [19], at the gardens and parks of Quito.

Biology

Adults of C. f. duna are commonly observed flying in Quito, during sunny periods in the morning and early afternoon. They also are frequently seen feeding on flowers of Taraxacum officinale (G. H. Weber ex Wigg) (Asteraceae), mating (Figure 5), and a male was observed puddling at a fountain in Plaza Foch (pers. obs.). Adults have been observed in a number of months throughout the year (February, April, May, June, August, September and November) (pers. obs.), which could indicate that the subspecies is multivoltine with several generations per year. Adults took between 2 and 3 hours after emergence before their wings were hardened and ready for flight.

Natural enemies and parasites

Several immature individuals of Podisus sp. (Hemiptera, Pentatomidae), a predatory stink bug, were found actively feeding on several pupae (Figure 6). This represents the first report of this bug preying Katasticta, although it has been recorded previously as a predator of other Lepidoptera immature stages, even being used in biological control of pest insects [20–22]. Additionally, five tachinid fly larvae emerged from individual last instar larvae and pupated.

Discussion

Catasticta is a highly diverse genus of Neotropical butterflies, with only fragmentary information...
available for the immature stages. Here, we provide detailed information on the morphology, larval host plant and general biology of the immature stages of *C. f. duna*, and head chaetotaxy and setal maps are provided for the first time for the genus. *Catasticta flisa duna and C. f. flisandra* have very similar immature stages, but the first taxon has orange chalazae with white setae on the head from the third instar, whereas *C. f. flisandra* has these orange chalazae only in the fifth instar [11]. In the pupal stage, there are more marked differences: on the abdominal segments, *C. f. flisandra* has long spine-like orange-red dorso-lateral and mid-dorsal projections with green at the base [11], whereas in *C. flisa duna* the same spine-like projections are black at the tip and yellow at the base.

The host plant was identified as *Phoradendron nervosum* (Oliv. 1865) (Viscaceae), which is a common parasite of *P. serotina* [19], but which has also been reported to infest other tree genera such as *Acacia* Martius, 1829, and *Casuarina* Linnaeus, 1759, which

Figure 4. Host plant of *Catasticta flisa duna*, the mistletoe *Phoradendron nervosum*, parasitizing *Prunus serotina* in Quito, (a) Parque la Carolina; (b) Clumps of mistletoe on Avenida los Shyris; (c) Pupa on the bark of the host tree in the median area of the busy Avenida de los Shyris.

Figure 5. *Catasticta flisa duna*. (a) Male feeding on flowers of *T. officinale* (Asteraceae), a common flower in Parque la Carolina, Quito; (b) A mating pair.
are also present in the Quito area [23]. The mistletoe ranges from Mexico to tropical South America, and can be found at elevations between 50 and 3000 m in the Andes [19]. The foliage is dichotomously branching with long leaves and abundant yellow inflorescences and fruits [24]. The genus *Phoradendron* is considered the most diverse of the mistletoes in the Americas and currently includes approximately 234 described species, mostly distributed in mountainous regions [19] (Figure 4). Interestingly, although the parasitized tree *P. serotina* is widely distributed in the Ecuadorian highlands, that species is not native to Ecuador; *P. serotina* is native to North America and was introduced in Ecuador [25], while *P. nervosum* is native to Central America and South America [19]. Therefore, the relationship between the parasite and host has recently become established, perhaps favoring the maintenance of *C. f. duna* in urban areas of Quito. A number of other species also make use of *P. nervosum* in the locality where the immature stages were found. For example, two bird species, Golden-rumped Euphonia *Euphonia cyanocephala* Vieillot, 1818, and Great Thrush *Turdus fuscater* (Lafresnaye & d’Orbigny, 1837), were seen feeding on the fruits of the mistletoe, and we assume may help disperse the seeds through their feces, which were observed attached to branches via an apparently sticky thread (pers. obs.).

Immatures of *Podisus* sp., a predatory bug, were recorded for the first time feeding on a pupa, and five parasitoid Tachinidae flies were obtained from larvae. Braby and Nishida [11] previously reported the presence of parasitoids of *Catasticta*, including Tachinidae and Ceratopogonidae flies, and wasps of the families Eurytomidae and Chalcididae. Tachinidae flies are known parasitoids of Pieridae in general [26,27] and of *Catasticta sisamnus* in particular [11].

Recent studies have shown that urban green areas provide important habitat opportunities for butterflies [28–31], and other pollinators, and should be incorporated into conservation strategies [30]. Municipal decision-makers and planners could use published information on the biology of species inhabiting urban areas to enhance green spaces for both biodiversity and the public [31]. For example, planting the host tree *P. serotina* in parks and boulevards in Quito could play a significant role in conserving the host plant mistletoe *P. nervosum*, provide a food supply for birds, and presumably benefit the urban populations of the endemic butterfly *C. f. duna*. Management of green spaces could potentially provide benefits for other elements of the urban fauna and flora, strengthen ecological networks and facilitate encounters with nature among the people that live in cities [32,33].

Finally, the discovery of the immature stages of the *C. f. duna* in the middle of the city of Quito demonstrates that urban settings are being actively used by some fauna, in this case, an endemic butterfly subspecies, which have adapted to disturbed and non-natural habitats. This discovery also highlights the need to look more carefully to understand the organisms that are literally a few steps from where we live; we only can imagine how little we know of the other fauna and flora that is not so close to home.

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