Conformational Changes in the Endosomal Sorting Complex Required for the Transport III Subunit Ist1 Lead to Distinct Modes of ATPase Vps4 Regulation*

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Intraluminal vesicle formation of the multivesicular body is a critical step in the delivery of endocytic cargoes to the lysosome for degradation. Endosomal sorting complex required for transport III (ESCRT-III) subunits polymerize on endosomal membranes to facilitate membrane budding away from the cytoplasm to generate these intraluminal vesicles. The ATPase Vps4 remodels and disassembles ESCRT-III, but the manner in which Vps4 activity is coordinated with ESCRT-III function remains uncertain. Ist1 is structurally homologous to ESCRT-III subunits and has been reported to inhibit Vps4 function despite the presence of a microtubule-interacting and trafficking domain-interacting motif (MIM) capable of stimulating Vps4 in the context of other ESCRT-III subunits. Here we report that Ist1 inhibition of Vps4 ATPase activity involves two elements in Ist1: the MIM itself and a surface containing a conserved ELYC sequence. In contrast, the MIM interaction, in concert with a more open conformation of the Ist1 core, resulted in stimulation of Vps4. Addition of the ESCRT-III subunit binding partner of Ist1, Did2, also converted Ist1 from an inhibitor to a stimulator of Vps4 ATPase activity. Finally, distinct regulation of Vps4 by Ist1 corresponded with altered ESCRT-III disassembly in vitro. Together, these data support a model in which Ist1-Did2 interactions during ESCRT-III polymerization coordinate Vps4 activity with the timing of ESCRT-III disassembly.

The endosomal sorting complexes required for transport (ESCRTs) mediate the sorting of ubiquitinated cargoes into multivesicular bodies (MVBs) (Refs. 1, 2 and reviewed in Ref. 3), the budding of enveloped viruses (4–7), and abscission of the cellular bridge during cytokinesis (4, 5, 8–11). Common to these cellular activities is the requirement for membrane remodeling, which is mediated by ESCRT-III (reviewed in Ref. 12). During this process, monomeric ESCRT-III subunits in the cytoplasm undergo dynamic polymerization into a spiral-like filament on membranes to induce membrane budding and/or scission (13–19). Physiological ESCRT-III polymerization is a highly ordered process involving the sequential recruitment of the seven ESCRT-III subunits: the core subunits Vps20/CHMP6, Snf7/CHMP4, Vps24/CHMP3, and Vps2/CHMP2 as well as the accessory subunits Did2/Fti1/CHMP1, Ist1/hIst1, and Vps60/CHMP5 (17, 20–27). Subsequently, the AAA-ATPase Vps4 interacts with the ESCRT-III polymer to remodel and ultimately disassemble the ESCRT-III polymer using energy derived from ATP hydrolysis, thereby recycling individual ESCRT-III subunits to their cytoplasmic pool (17, 24, 28–31). In this manner, Vps4-mediated disassembly of ESCRT-III is the only ATP-dependent step in the ESCRT pathway and is essential for all ESCRT-dependent cellular processes.

Although Vps4 regulates ESCRT-III function, ESCRT-III subunits themselves also regulate Vps4 activity, suggesting direct coordination between these activities. The Vps4 microtubule-interacting and trafficking (MIT) domain binds to MIT-interacting motifs (MIMs) present in the C termini of some ESCRT-III subunits, including Vps2, Did2, and Ist1 (Refs. 9, 32–36 and reviewed in Ref. 37). This interaction serves to recruit Vps4 to the site of ESCRT action as well as to stimulate Vps4 ATPase activity through an unknown mechanism (20, 24, 38, 39). Vps4 stimulation also occurs through additional interactions between acidic residues in ESCRT-III subunits and the Vps4 linker region (38, 39) and the Vps4 pore (38, 40), which is formed upon Vps4 oligomerization into the functional AAA-ATPase ring structure (41–44). The presumption is that these ESCRT-III MIM-dependent and MIM-independent Vps4 regulatory activities are revealed as ESCRT-III subunits polymerize on membranes and undergo conformational changes from closed to open states (45–49). Stimulation of Vps4 ATPase activity, either directly by ESCRT-III or via the co-factor Vta1 (20, 50–53), subsequently promotes disassembly of ESCRT-III (17, 30, 31). Disassembly occurs as ESCRT-III subunits are fed through the Vps4 pore (38, 40, 43, 54), similar to other AAA-ATPases such as ClpX (Refs. 55–57 and reviewed in Refs. 58, 59). How Vps4 activity is held in check to permit ESCRT-III assembly and function prior to disassembly by Vps4 is unresolved.

The ESCRT-III subunit Ist1 may play a special role in coordinating Vps4 and ESCRT-III functions by exerting both posi-
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tive and negative regulation of Vps4 activity. Similar to Did2 and Vps2, Ist1 has been implicated as a positive regulator of Vps4. Ist1 is essential for cytokinesis in mammalian cells (8, 9), synthetic genetic defects in MVB sorting are observed in ist1Δ vta1Δ and ist1Δ vps60Δ yeast strains (23, 26), and a C-terminal fragment of Ist1 containing its MIM element stimulates Vps4 ATPase activity in vitro (23). By contrast, overexpression of Ist1 disrupts MVB sorting in yeast, and full-length Ist1 inhibits Vps4 ATPase activity in vitro (23), indicating that Ist1 can also negatively regulate ESCRT function. These dual activities, inhibition and stimulation of Vps4, make Ist1 unique among the ESCRT-III subunits. However, the mechanism that mediates switching between Ist1 positive and negative regulation of Vps4 are unclear.

To examine the relationships between Ist1 conformation and Vps4 regulation, a structure-function study of Ist1 was conducted. Here we report that alterations in the conformation of the Ist1 core domain altered regulation of Vps4 function. Both negative and positive regulation of Vps4 by Ist1 required MIM-MIT interactions, whereas a highly conserved ELYC region located in the Ist1 core region was required for negative regulation. These structure-function studies suggested that Ist1 MIM-Vps4 MIT domain interactions represent the primary mode of interaction between Vps4 and Ist1, whereas secondary interactions dependent upon changes in ESCRT-III core conformation modulate Vps4 function. Conversion of Ist1 from an inhibitor to a stimulator of Vps4 ATPase activity in vitro has also been observed upon addition of Did2, the ESCRT-III subunit to which Ist1 binds specifically (20, 23, 26, 45, 60). We propose that Ist1 binding to Did2 during ESCRT-III polymerization induces conformational changes in Ist1 that alter regulation of Vps4 to coordinate Vps4 and ESCRT-III functions.

Experimental Procedures

Plasmids and Strains—Yeast IST1 was amplified from Saccharomyces cerevisiae genomic DNA with the 5’ oligomeric primer designed to remove the intron of Ist1 and cloned into the BamHI and XhoI sites of pET28b (Novagen), generating pET28-Ist1. Mutagenesis of Ist1 was performed using the Gene Tailor site-directed mutagenesis system (Invitrogen) with a PBS-Ist1 template. The pET28a Ist1(L168A,Y172A) construct was supplied by Dr. Zhaohui Xu (University of Michigan) (60). All cloned PCR products and mutant plasmids were sequenced to exclude unexpected mutations. The Ist1 promoter was amplified from yeast genomic DNA and subcloned into the NotI and BamHI sites of pRS415 (61), yielding the pRS415 Promoter(Ist1). The Ist1 coding sequences for the WT and mutants were subcloned from pET28b bacterial expression vectors into pRS415 Promoter(Ist1) via the BamHI and Sall sites. Alternatively, the BamHI and XhoI sites were used for pET28a Ist1(L168A,Y172A). The yeast strains used in this study included SEY6210 (62); TVY1, MATa ura3–52 leu2–3,112 his3–200 trp1–Δ901 lys2–801 sucl2–A9 pep4Δ:LEU2 (63); JPY193, pep4Δ:LEU2 ist1Δ::HIS3 (this study); JPY275, pep4Δ:LEU2 vta1Δ::HIS3 (this study); JPY194, pep4Δ:LEU2 ist1Δ::HIS3 vta1Δ::HIS3 (this study); and JPY283, pep4Δ:LEU2 vps4Δ::TRP1 (this study). GST-Vps4 (pMB54, Ref. 20) and GST-Vps4Δ31–87 (pMB40, Ref. 30) were supplied by Dr. Marcus Babst (University of Utah).

Ist1 Antibody Generation—Purified full-length Ist1 (pET28-Ist1) lacking the His6 tag was used for antiserum production (Covance). A New Zealand rabbit was immunized with Ist1, and test bleeds were obtained. Bleeds were tested for detection of Ist1 in WT (SEY6210) and ist1Δ yeast strains and recombinantly expressed and purified Ist1. This polyclonal antibody detected purified WT Ist1 and Ist1 MIM mutants equivalently (data not shown).

Protein Expression and Purification—Protein expression for GST, GST-Vps4, Did2-His6, and His6-Ist1 was performed in the BL21-DE3 bacterial strain at 16 °C for 16 h with 0.5 mM isopropyl 1-thio-β-d-galactopyranoside. His6 fusion proteins were purified by Ni2+-affinity chromatography (5 ml HiTrap chelating FF column; GE Healthcare Life Sciences), treated with thrombin to remove the His6 tag from Ist1, incubated with ATP to dissociate chaperones, and subjected to size exclusion chromatography (SEC) (Superdex200 16/60 HiLoad for Ist1 or Superdex75 16/60 HiLoad for Did2, GE Healthcare Life Sciences) in 25 mM HEPEs, 200 mM KCl (pH 7.5). Purification of Ist1 and Did2 included treatment with ATP to minimize contaminating ATPase activities, and the final purified Ist1 and Did2 proteins were analyzed to confirm the absence of significant contaminating ATPase activity (Fig. 2 C and data not shown). Purified Ist1 was run on SDS-PAGE with Benchmark Ladder (GE Healthcare Life Sciences) to confirm sample purity (Figs. 2C, 4D, 5A, 7A, and 8B). GST-Vps4 fusion protein was purified as described previously (30).

ATPase Assay—Measurement of Vps4 ATPase activity was performed as described previously (20, 30, 31, 53), but reactions were initiated by addition of 6 mM ATP (compared with 1 or 2 mM ATP) to remain within a linear range of ATP hydrolysis for Vps4 hyperstimulated by Ist1 mutants. ATPase activities from three independent experiments are shown as mean ± S.D. The significance of difference in rates was assessed by t tests using Prism5 (GraphPad). An example of this analysis, including images of TLC plates and determination of rates, is presented in Ref 53. 500 nm Vps4 was used in all ATPase assays because this concentration of Vps4 exhibits submaximal specific activity (41–50 ADP molecules/Vps4/min), making it amenable for observing stimulation or inhibition of Vps4 ATPase activity. Maximal inhibition or stimulation of 500 nm Vps4 by WT Ist1 or Ist1 mutants was achieved at [Ist1] ≤ 8 μM, as ascertained from titrations from 0.5–12 μM Ist1 in the presence of Vps4 (Fig. 2, A and B, and data not shown). Vps4 activity with 8 μM Ist1 mutants is therefore presented for comparison (Figs. 2C, 4D, 5B, 7C, and 8A).

Limited Proteolysis—Ist1 was diluted from >100 μM stocks in Ist1 purification buffer (25 mM HEPEs and 200 mM KCl (pH 7.5)) to ~13 μM in ATPase buffer (20 mM HEPEs, 100 mM KOAc, and 5 mM MgOAc (pH 7.5)), incubated at 30 °C for 30 min prior to addition of trypsin (Sigma-Aldrich, catalog no. T8658) at a final ratio of 1:1000 (w/w) trypsin:Ist1. 10-μl samples were taken at the indicated time points (e.g. 5 min, 1 h, 2 h, and 4 h) and quenched by adding 12 μl of 5× Laemmli sample buffer (64) and heating at 100 °C for 10 min. The samples and protein ladder (Benchmark protein ladder or Benchmark
prestained protein ladder, Invitrogen) were resolved by SDS-PAGE and stained with Coomassie Blue (Bio-Rad) (Figs. 3, A and B; 4E; 5E, 6D, and 7D). Alternatively, 10-μL samples were quenched by adding 12 μL of 2% trifluoroacetic acid, separated by HPLC (Agilent 1200 system, Agilent Zorbax SB C18 column), and analyzed by positive-mode electron spray ionization mass spectrometry (Agilent 6224 TOF system). These data were correlated to Ist1 amino acid sequences with an accuracy of 10 ppm using Agilent Mass Hunter Qualitative Analysis/BioConfirm software (version B.05.00).

**SEC—Analytical SEC was performed with Superdex200 GL 10/300 (GE Healthcare Life Sciences) in 25 mM HEPES, 200 mM KCl (pH 7.5). This buffer was used because SEC performed with ATPase buffer resulted in reduced recovery of Ist1 and an extended lagging shoulder (data not shown).** Ist1 stocks were normalized to 200 μM in 25 mM HEPES, 200 mM KCl (pH 7.5), and 172 μg of sample was resolved (0.75 ml/min flow rate at 4 °C). The UV traces shown are representative of at least two runs. Fractions from SEC runs were collected, subjected to SDS-PAGE analysis, and visualized by Coomassie staining (data not shown). Indicated apparent molecular weights were deduced from gel filtration standards (Bio-Rad) (dashed black lines in Figs. 2, D and E; 4, A–C; 5, C and D; 7A; and 8B).

**Protein-Protein Interaction—GST or GST-Vps4 was pre-bound to glutathione-Sepharose 4B (GE Healthcare Life Sciences) in PBS + 0.05% Tween 20, incubated at 4 °C for 1 h, washed with PBS + 0.05% Tween 20, and equilibrated with ATPase buffer + 0.05% Tween 20. Purified Ist1 proteins (2 μg) were added to GST or GST-Vps4 in the presence of 0.1 mg/ml BSA. Following extensive washing with ATPase buffer + 0.05% Tween 20, bound material was eluted with 20 mM Tris, 100 mM KOAc, 5 mM MgOAc, and 200 mM sorbitol with protease inhibitors) at 50 A280 equivalents/ml. Reactions with various amounts of purified Vps4 and Ist1 were performed with 0.5 A280 equivalent membranes and an ATP regeneration system (1 mM ATP) at 30 °C for 10 min. Membranes were repelled via a 10-min spin at 13,000 × g, and Western blotting was performed to assess levels of Snf7 in the pellet and soluble fractions. The UVP Autochemi system and ImageQuant software package were used to quantify Snf7 levels. Disassembly assay data represent two or three independent experiments with reactions performed in duplicate or triplicate within experiments and are graphed as the mean ± S.E. (representative Western blots are shown).

**Results**

**Ist1 Core Folding Is a Critical Determinant of Vps4 Regulation—**ESCRT-III subunits contain six characteristic α helices and share a common “ESCRT-III fold” that is characterized by a cleft formed by α5 binding to the α1/2 hairpin, forming the α1/2/5 groove, and packing of the α3/4 bundle against the opposite face of the α1/2 hairpin (Fig. 1) (21, 45–47, 60). Monomeric ESCRT-III subunits in the cytoplasm are autoinhibited by intramolecular binding of their C termini (α6) to the α1/2/5 groove (Fig. 1B, closed conformation), whereas recruitment into ESCRT-III polymers on membranes leads to displacement of α6 from the α1/2/5 groove (Fig. 1B, semi-open conformation) and additional conformational changes within the Ist1 core (α1–5) (Fig. 1B, open conformation) (45–49, 60). MIM elements are located in the α6 helices of Vps2, Did2, and Ist1 (Figs. 1 and 5A). Therefore, we predicted that Ist1 intramolecular interactions between the MIM-containing α6 and α1/2/5 groove in a closed conformation may contribute to Vps4 inhibition, whereas a more open Ist1 conformation resulting in displacement of α6 or additional conformational changes in the Ist1 core (α1-α5) may generate Vps4 stimulation in a MIM-dependent manner. To explore this model, site-directed mutagenesis of Ist1 was implemented with the goal of generating forms with altered Vps4 regulation and Ist1 conformation.

Consistent with previous observations (23), titration of WT Ist1 (500 nm–12 μM) resulted in concentration-dependent inhibition of Vps4 ATPase activity (Fig. 2, A and C). In striking contrast, two mutant forms of Ist1 hyperstimulated Vps4 ATPase activities (i.e. greater stimulation than observed in other ESCRT-III subunits (20)): Ist1(L168A,Y172A) (Fig. 2, B and C) and Ist1(K135A) (Fig. 2C). Ist1(L168A,Y172A) is altered in the α1/2/5 groove (Fig. 1A) and is defective for binding to the Did2 MIM (60), suggesting that L168A,Y172A may destabilize the closed conformation of full-length Ist1. By contrast, Lys135 is located in α4 and may contribute to packing against the opposite end of the α1/2 hairpin (Fig. 1A). Together, these mutants suggest that changes in Ist1 conformation contribute to Vps4 hyperstimulation.

To assess Ist1 conformation, SEC and limited proteolysis were performed. SEC analysis of WT Ist1 (35 kDa) revealed an
apparent molecular mass of 94 kDa (Fig. 2, D and E), consistent with previous analyses indicating that Ist1 behaves as an elongated monomer (23). In addition, Ist1(L168A,Y172A) and Ist1(K135A) eluted with apparent masses of 104 and 94 kDa, respectively (Fig. 2, D and E). This similarity to WT Ist1 in the open conformation, the a/5 groove is dissolved as a/5 is displaced from the closed end of the a/1/2 hairpin. Further conformational changes in the Ist1 core domain may occur, including unstacking of the a/3/4 bundle from the open end of the a/1/2 hairpin. Mutations are indicated in distinct Ist1 conformations: MIM residues, M (a/6); MIM-binding motif, L (a/5); K135, K (a/4); ELYC region, E (a/2); and K52, K (a/2).

FIGURE 1. Putative Vps4 regulatory elements in Ist1. A, site-directed mutagenesis of Ist1. Residues mutated in these studies are indicated in the Ist1 NTD-Did2 MIM1 co-crystal structure (PDB code 3GGZ (67)), including the Did2-MIM1 element (cyan), the Ist1 MIM element (blue, Leu285, Arg289, Phe290, Leu293, and Arg297), the Did2-MIM1-binding motif (light green, Leu168 and Tyr172), a highly conserved lysine of unknown function (dark green, Lys135), the ELYC region (pink, Glu74 and Ala78), and a highly conserved lysine corresponding to hIST1 (Arg51) that was defective for Ist1 homopolymerization in vitro (45) (red, Lys52). The Ist1 a/6 and adjacent linker region are drawn as a schematic in a theoretical semi-open Ist1 conformation. B, model for Ist1 conformational changes. In the closed conformation, a/6 is buried within the a/1/2/5 groove. In the semi-open conformation, a/6 is displaced from the a/1/2/5 binding groove. In the open conformation, the a/1,2,5 groove is dissolved as a/5 is displaced from the closed end of the a/1/2 hairpin. Further conformational changes in the Ist1 core domain may occur, including unstacking of the a/3/4 bundle from the open end of the a/1/2 hairpin. Mutations are indicated in distinct Ist1 conformations: MIM residues, M (a/6); MIM-binding motif, L (a/5); K135, K (a/4); ELYC region, E (a/2); and K52, K (a/2).

FIGURE 2. Ist1(L168A,Y172A) and Ist1(K135A) hyperstimulate Vps4 ATPase activity. A and B, ATPase activities for titrations of 500 nM-12 μM WT Ist1 (A) or Ist1(L168A,Y172A) (B) in the presence of 500 nM Vps4. Vps4-specific activity is expressed as ADP generated per Vps4 molecule per minute. Raw data of TLC plates for a single time point (16) are shown, which were used to calculate Vps4-specific activities. C, ATPase activities of Ist1(L168A,Y172A) and Ist1(K135A) alone or in the presence of 500 nM Vps4. Results are presented as mean ± S.D. of triplicate experiments, with statistical differences from 500 nM Vps4 alone indicated (***, p < 0.001). The purity of recombinant Ist1 proteins as assessed by SDS-PAGE analysis and Coomassie staining is shown in the right panel (lane 1, WT Ist1; lane 2, Ist1(L168A,Y172A); lane 3, Ist1(K135A)). D and E, UV traces for SEC analyses of Ist1. D, WT Ist1 (black) and Ist1(L168A,Y172A) (green). E, WT Ist1 (black) versus Ist1(K135A) (dashed green). A.U., absorption units. Apparent molecular weights are indicated by dashed lines.
The Ist1 MIM Element Is Essential for Inhibition and Hyperstimulation of Vps4 Activity—Previous studies have highlighted interactions between other ESCRT-III MIM elements and the Vps4 MIT domain as being critical for ESCRT function (9, 20, 32–36). To determine the role of the Ist1 MIM element in positive and negative Vps4 regulation, mutant forms of Ist1 were generated in which the MIM-containing residues were deleted (residues 1–287, Ist1(MIMΔ)) or altered by site-directed mutagenesis (Ist1(L288A, R291A, L295A, R296A) or Ist1(MIMa) and Ist1(L288D, L295D) or Ist1(MIMb)). These data suggest that Ist1, suggesting that the closed conformation adopted by Ist1(K52D) did not prevent negative Vps4 regulation.

and D) and sites unique to these mutants (Lys17, Arg22, Lys52, Arg83, Lys98, Lys130, and Lys178); red residues in Fig. 3, C and D). These data suggest that Ist1(L168A,Y172A) and Ist1(K135A) adopt more open conformations than WT Ist1 via unfolding of their core domains.

A third mutation (K52D), which is located near the tip of the α1,2 hairpin (Fig. 1A), resulted in a form of Ist1 that eluted later in SEC analyses (Fig. 4A). This elution profile is suggestive of a more closed Ist1 conformation. The K52D mutation converted Ist1(L168A,Y172A) and Ist1(K135A) to a more closed conformation, as revealed by the increased elution volumes of Ist1(L168A,Y172A) and Ist1(K135A), respectively (Fig. 4, B and C). Similarly, the A fragments of Ist1(L168A,Y172A,K52D) and Ist1(K135A,K52D) were less sensitive to trypsin, although to a lesser extent in Ist1(K135A,K52D) (Fig. 4E). Therefore, the effect of the K52D mutation to stabilize a more closed Ist1 conformation was dominant to the L168A,Y172A and K135A mutations. Importantly, these behaviors corresponded to a loss of Vps4 hyperstimulation by Ist1(L168A,Y172A,K52D) and Ist1(K135A,K52D), further highlighting a requirement for an open Ist1 conformation to maximally stimulate Vps4 (Fig. 4D). By contrast, Ist1(K52D) inhibited Vps4 to a level similar as WT Ist1, suggesting that the closed conformation adopted by Ist1(K52D) did not prevent negative Vps4 regulation.

The Ist1 MIM Element Is Essential for Inhibition and Hyperstimulation of Vps4 Activity—Previous studies have highlighted interactions between other ESCRT-III MIM elements and the Vps4 MIT domain as being critical for ESCRT function (9, 20, 32–36). To determine the role of the Ist1 MIM element in positive and negative Vps4 regulation, mutant forms of Ist1 were generated in which the MIM-containing α6 was deleted (residues 1–287, Ist1(MIMΔ)) or altered by site-directed mutagenesis (Ist1(L288A, R291A, L295A, R296A) or Ist1(MIMa) and Ist1(L288D, L295D) or Ist1(MIMb)) (Fig. 5A) and tested for their effects on Vps4 ATPase activity (Fig. 5B). In contrast to our initial predictions, Ist1(MIMa), Ist1(MIMb), and Ist1(MIMΔ) were unable to inhibit Vps4, suggesting that accessibility of α6 in a semi-open conformation was required for negative regulation of Vps4 (Fig. 1B). In addition, all Ist1 MIM mutants exhibited a low level of Vps4 stimulation, suggesting a MIM-MIT-independent mode of Vps4 stimulation. Combining the MIM mutants with L168A,Y172A or K135A resulted in a loss of Vps4 hyperstimulation, and a form of Vps4 lacking the MIT domain (Vps4(ΔN)) was defective for both inhibition by WT Ist1 as well as hyperstimulation by Ist1(L168A,Y172A). In
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SEC, combining Ist1(MIMb) with L168A,Y172A or K135A resulted in an earlier elution volume, suggesting that aspects of their conformation were more open (Fig. 5, C and D; apparent molecular weight, 110 kDa). In addition, the A fragments of Ist1(L168A,Y172A,MIMb) and Ist1(K135A,MIMb) were not stabilized relative to Ist1(L168A,Y172A) and Ist1(K135A), respectively (Fig. 5E). Therefore, in contrast to Ist1(L168A,Y172A,K52D) and Ist1(K135A,K52D), defects in Vps4 hyperstimulation by Ist1(L168A,Y172A,MIMb) and Ist1(K135A,MIMb) were not related to rescue of a more closed conformation. Instead, loss of Vps4 regulation in the context of the Ist1 MIM mutants was related to reduced Vps4 binding, as revealed by Ist1(L168A,Y172A,Did2-MIM1). This molecule eluted earlier in SEC analyses relative to Ist1(Did2-MIM1), and its A fragment was more sensitive to trypsin, suggesting displacement of the Did2-MIM1 as well as unfolding of the Ist1(L168A,Y172A,Did2-MIM1) core domain in the open conformation (Fig. 1B). These findings suggest that MIM-MIT interactions are required for robust binding between Ist1 and Vps4 to permit both positive and negative regulation.

Next we sought to test whether a form of Ist1 with its α6 bound more strongly to the α1,2,5 groove would reduce Vps4 inhibition or stimulation (Fig. 1B, closed conformation). The Did2-MIM1 element binds with high affinity to the Ist1 α1,2,5 groove (60). Therefore, we replaced the Ist1 MIM element with the Did2 MIM1 element to yield the Ist1(Did2-MIM1) chimera (Fig. 5A) and tested its biochemical activities (Fig. 7). Compared with WT Ist1, Ist1(Did2-MIM1) eluted later in SEC analyses (Fig. 7A, apparent molecular mass of 69 kDa), whereas the A fragment was equally susceptible to proteolysis (Fig. 7B). These observations are consistent with Ist1(Did2-MIM1) adopting a more closed conformation and further support that cleavage at Arg241 to generate the A fragment can occur in the closed conformation. Ist1(Did2-MIM1) failed to bind or inhibit Vps4 activity (Fig. 7C), consistent with inaccessibility of the Did2-MIM1 for interactions with the Vps4 MIT domain.

To displace the Did2-MIM1 element from the Ist1 α1,2,5 groove, we introduced the L168A,Y172A double mutation (60), resulting in Ist1(L168A,Y172A,Did2-MIM1). This molecule eluted earlier in SEC analyses relative to Ist1(Did2-MIM1), and its A fragment was more sensitive to trypsin, suggesting displacement of the Did2-MIM1 as well as unfolding of the Ist1(L168A,Y172A,Did2-MIM1) core domain in the open conformation (Fig. 1B). However, Ist1(L168A,Y172A,Did2-MIM1) exhibited reduced binding to Vps4 and was unable to maximally stimulate Vps4 (Figs. 6 and 7C). Therefore, the Did2-MIM1 element cannot substitute the Ist1 MIM to mediate Vps4 hyperstimulation, apparently because of an inability to equivalently interact with the Vps4 MIT domain.

The Ist1 ELYC Region Is Essential for Inhibition of Vps4 Activity—Ist1 contains a highly conserved ELYC sequence located in α2 of the Ist1 core that has been suggested previously to play a role in Vps4 inhibition (Fig. 1A) (23). Several additional highly conserved, surface-exposed residues are located in this region, including alanine 82 (ELYCELLLAA82). To test the role of this ELYC region in Vps4 regulation, we generated Ist1(E74A) and Ist1(A82D). Ist1(E74A) and Ist1(A82D) were unable to inhibit Vps4 activity but, instead, stimulated Vps4 to greater levels than Ist1 MIM mutants (Fig. 8A). Combining the E74A and MIMA mutations led to Vps4 stimulation similar to
E74A alone, suggesting that additional Vps4 stimulation was MIM-MIT-independent. Ist1(E74A) eluted later in SEC analyses, suggesting a more closed conformation (Fig. 8B). However, the MIM element was still accessible, as indicated by robust binding of Ist1(E74A) to Vps4 (Fig. 6). In limited proteolysis experiments, sensitivity of the A fragment of Ist1(E74A) was not increased relative to WT Ist1, indicating that folding of the core domain was not altered (Fig. 8C). Taken together, these data suggested that the Ist1 ELYC region is involved in a secondary, weaker affinity interaction in conjunction with

**FIGURE 5. Disrupting the Ist1 MIM-Vps4 MIT interaction results in loss of Vps4 inhibition and hyperstimulation.** A, sequence alignment of α6 of yeast (Sc) Ist1, human (h) Ist1, and Sc Did2. MIM1 residues are boxed, and MIM3 residues are bold. Some residues contribute to both MIM1 and MIM3 modes of interaction (33). Residues mutated in the Ist1 MIM mutants used in this study are highlighted in red. The purity of recombinant Ist1 proteins as assessed by SDS-PAGE analysis and Coomassie staining is shown in the right panel. Lane 1, Ist1(MIMa); lane 2, Ist1(MIMb); lane 3, Ist1(MIMΔ); lane 4, Ist1(L168A,Y172A,MIMb); lane 5, Ist1(K135A,MIMb). L, ladder. B, ATPase activity of 500 nM Vps4 or Vps4(N) in the presence of 8 μM Ist1 MIM mutants. Results are presented as mean ± S.D. of triplicate experiments, with statistical differences from 500 nM Vps4 alone indicated (*, p < 0.05; ***, p < 0.001) of Vps4(N) alone (‡, <0.001). C and D, UV traces for SEC analyses of Ist1: C, WT Ist1 (black) and Ist1(MIMb) (blue); D, Ist1(L168A,Y172A,MIMb) (black) and Isg1(K135A,MIMb) (green, dashed). A.U., absorption units.

**FIGURE 6. Ist1 MIM mutants are defective for binding to Vps4.** GST pull-downs using GST alone or GST-Vps4 and purified Ist1 and Ist1 mutants. Isolated Ist1 was detected by Western blotting.

**FIGURE 7. The Did2-MIM1 element cannot functionally replace the Ist1 MIM element.** A, UV traces for SEC analyses of Ist1(Did2-MIM1) (cyan), Ist1(L168A,Y172A) (green), and Ist1(L168A,Y172A,Did2-MIM1) (green, dashed). The purity of recombinant Ist1 proteins as assessed by SDS-PAGE analysis and Coomassie staining is shown in the right panel. Lane 1, Ist1(Did2-MIM1); lane 2, Ist1(L168A,Y172A,Did2-MIM1). A.U., absorption units. B, limited proteolysis of Ist1 with trypsin. Aliquots were removed at various time points for SDS-PAGE analysis and Coomassie staining. Full-length (FL) Ist1 and the A fragments are indicated. C, ATPase activities of 500 nM Vps4 in the presence of 8 μM Ist1 Did2-MIM1 chimeras with or without L168A,Y172A. Results are presented as mean ± S.D. of triplicate experiments, with statistical differences from 500 nM Vps4 alone indicated (***, p < 0.001).
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Did2 Converts Ist1 from an Inhibitor to a Stimulator of Vps4 ATPase Activity—Binding of Did2 to Ist1 has been suggested to alter the conformation of the Ist1 core as Ist1 incorporates into ESCRT-III polymers (45, 60). To test whether Did2 binding altered Ist1 regulation of Vps4, the effect of Ist1 on Vps4 ATPase activity in the presence of Did2 was assessed (Fig. 9). Addition of 2 or 4 μM Did2 alone stimulated Vps4, consistent with previous observations (20, 39). Although WT Ist1 alone inhibited Vps4 ATPase activity, mixing WT Ist1 and Did2 led to Vps4 stimulation that was greater than that observed by addition of Did2 alone. This suggests that Did2 binding to Ist1 induces a more open Ist1 conformation, thereby switching Ist1 from an inhibitor to a stimulator of Vps4 activity.

Ist1 Conformation Affects Vps4 Function—Vps4 disassembly of ESCRT-III is critical for ESCRT function (17, 24, 28–31). Therefore, the effects of altered Ist1 conformation on Vps4 function were examined in two contexts: subcellular fractionation of ESCRT-III subunits in vivo and ESCRT-III disassembly in vitro.

Although loss of Ist1 alone does not affect MVB sorting, synthetic genetics defects have been observed in an ist1Δ vta1Δ background (23, 26, 60). Consistent with these studies, we observed a defect in Snf7 recycling in the ist1Δ vta1Δ genetic background (Fig. 10, A and B). This sensitized genetic background was utilized to assess mutant Ist1 function by their re-expression from the endogenous promoter. Ist1 mutants with defective MIM function (Ist1(MIMa), Ist1(MIMb), and Ist1(ΔDid2-MIM1)) displayed decreased protein levels in vivo (Fig. 10C), thereby precluding interpretations pertaining to complementation of Snf7 disassembly (Fig. 10, D and F). Relative to WT Ist1, Ist1(MIMa) and Ist1(MIMb) were more membrane-associated, whereas Ist1(ΔDid2-MIM1) was less membrane-associated (Fig. 10, D and E). These effects correlate with the more open and closed Ist1 conformations observed via SEC analyses, respectively (Figs. 5C and 7A), and are consistent with previous reports showing that displacement of C-terminal portions of other ESCRT-III subunits (α5 and/or α6) promotes membrane association in vivo (9, 45, 48, 49).

In contrast to the Ist1 MIM mutants, the protein levels of Ist1(L168A,Y172A), Ist1(K135A), Ist1(K52D), and Ist1(E74A) were similar to WT Ist1 (Fig. 10C). Ist1(L168A,Y172A) exhibited decreased membrane association (Fig. 8, G and H) and decreased Snf7 recycling (Fig. 8, G and I). This is consistent with a previous report showing that defects in Ist1 binding to Did2 correlate with defects in MVB sorting (60). Ist1(K52D) and Ist1(E74A) exhibited decreased membrane association (Fig. 10, G and I). Ist1(K135A) exhibited levels and membrane association equivalent to WT Ist1, and these behaviors corresponded to comparable Snf7 recycling. Therefore, altered Ist1 conformation in vitro correlated with Ist1 subcellular localization in vivo, presumably contributing to altered Snf7 disassembly.

To circumvent differences in Ist1 protein levels observed in vivo, a previously established in vitro ESCRT-III disassembly assay was performed in the presence of equal amounts of purified Ist1 (Fig. 11). ESCRT-III-containing membranes were isolated from pep4Δ vta1Δ ist1Δ yeast and examined for Vps4-dependent release of Snf7. ESCRT-III substrate from pep4Δ vta1Δ ist1Δ yeast was less responsive to disassembly by Vps4 than ESCRT-III substrate from pep4Δ vps4Δ (Fig. 11A), consistent with reduced recycling of Snf7 to the soluble pool in subcellular fractionation experiments (Fig. 10, A and B). Intriguingly, titra-

FIGURE 8. Mutations in the Ist1 ELYC region result in loss of Vps4 inhibition. A, ATPase activities of 500 nM Vps4 in the presence of 8 μM Ist1 ELYC regions with or without MIM mutants. Results are presented as mean ± S.D. of triplicate experiments, with statistical differences from 500 nM Vps4 alone indicated (***, p < 0.001; N.S., not significant). B, UV traces for SEC analyses of WT Ist1 (black), Ist1(E74A) (pink), and Ist1(K52D) (red, dashed). AU, absorption units. The purity of recombinant Ist1 proteins as assessed by SDS-PAGE analysis and Coomassie staining is shown in the right panel. Lane 1, Ist1(E74A); lane 2, Ist1(ΔDid2), ladder, C, limited proteolysis of Ist1 with trypsin. Aliquots were removed at various time points for SDS-PAGE analysis and Coomassie staining. Full-length (FL) Ist1 and the A fragments are indicated.

FIGURE 9. Did2 converts WT Ist1 from an inhibitor to a stimulator of Vps4. Shown is ATPase activity of 500 nM Vps4 in the presence of Did2His6 (2 or 4 μM) with or without 4 μM WT Ist1. Results are presented as mean ± S.D. of triplicate experiments, with statistical differences from 500 nM Vps4 alone indicated (**, p < 0.01; *** p < 0.001; N.S., not significant).
tion of WT Ist1 (10 nm–2 μM) with 100 nm Vps4 generated a biphasic response (Fig. 10B). Low concentrations of Ist1 (10–150 nM) stimulated Vps4-mediated Snf7 release, whereas higher concentrations (200 nM–2 μM) inhibited Vps4-mediated Snf7 release. These behaviors are consistent with the ability of Ist1 to both positively or negatively affect ESCRT function in vitro and in vivo (Figs. 2–7 and Refs. 23, 26, 60). Subsequently, the effects of Ist1 mutants on Vps4-mediated ESCRT-III disassembly were examined at 100 nM or 2 μM Ist1 to address both modes of regulation.

Positive regulation of ESCRT-III disassembly by Ist1 in the presence of 100 nM Vps4 was examined first (Fig. 11C). Relative to WT Ist1, ESCRT-III disassembly was enhanced further by the hyperstimulatory Ist1(L168A, Y172A) mutant \( p < 0.05 \), revealing that the increased ATPase activity observed correlates with increased Vps4 function. Two mutants (Ist1(K135A) and Ist1(E74A)) that were both defective for inhibition of Vps4 ATPase activity and retained functional MIM elements exhibited a similar enhancement of Snf7 disassembly compared with WT Ist1. In contrast, mutants that were defective for binding to the Vps4 MIT domain (Ist1(MIMA), Ist1(MIMb), and Ist1(Did2MIM)) and/or possessed a more folded Ist1 core domain (Ist1(K52D)) exhibited partial inhibition of disassembly activity. These results further highlight the importance of the MIM element in Ist1 as well as the conformational state of the Ist1 core region to permit positive regulation of ESCRT function.

Negative regulation of ESCRT-III disassembly was subsequently examined with 500 nM Vps4 and excess Ist1 (2 μM) (Fig. 11D). Addition of WT Ist1 and Ist1(K52D) inhibited Snf7 disassembly, consistent with their abilities to inhibit Vps4 ATPase activity (Fig. 4D). By contrast, all of the other mutants examined (which either adopted a more open core conformation or contained mutations in the Ist1 ELYC region or MIM element) exhibited partial or complete deficits in inhibiting Vps4-mediated ESCRT-III disassembly. Therefore, Ist1 mutants that were

**FIGURE 10.** Ist1 conformation leads to altered membrane association in vivo. A, subcellular fractionation of the ESCRT-III subunits Ist1 and Snf7 in pepΔ, pepΔ ist1Δ, pepΔ vta1Δ, pepΔ ist1Δ vta1Δ and pepΔ vps4Δ yeast strains. Blots are representative of experiments performed four times. Phosphoglycerate kinase and Pep12 served as markers for the 13,000 × g soluble (S) and pellet (P) fractions. Subcellular fractionation of the ATPase Vps4 is also shown. Nonspecific species detected by Ist1 and Vps4 antibodies are indicated (asterisks). B, quantitation of soluble Snf7 in the four experiments is indicated. Error bars indicate mean ± S.D. C, whole cell lysates showing total Ist1 protein levels in pepΔ ist1Δ vta1Δ, with phosphoglycerate kinase (PGK) shown as a loading control. D and G, subcellular fractionation of ESCRT-III subunits Ist1 and Snf7 in ist1Δ vta1Δ pepΔ yeast with plasmids expressing WT Ist1 and Ist1 mutants. Blots are representative of experiments performed three times. Phosphoglycerate kinase and PEP12 served as markers for the 13,000 × g soluble and pellet fractions. A nonspecific species detected by Ist1 antibody is indicated (asterisks). E—I, quantitation of three experiments. E and H, relative amount of Ist1 in soluble fraction. F and I, relative amount of Snf7 in soluble fraction. Error bars indicate mean ± S.D.
defective for inhibition of Vps4 ATPase activity were similarly unable to inhibit Vps4-mediated ESCRT-III disassembly.

**Discussion**

In recent years, considerable progress has been made toward elucidating distinct modes of Vps4 regulation by ESCRT-III subunits (20, 23, 24, 38, 39, 65). The studies presented here provide additional insights into the bimodal regulation of Vps4 by Ist1 and its effects on ESCRT function via conformational changes in Ist1.

Negative regulation of Vps4 by Ist1 results from the combination of Ist1 MIM and ELYC interactions with Vps4. How does the Ist1 MIM element contribute to inhibition of Vps4 activity whereas the MIM1 elements of Did2 and Vps2 stimulate Vps4 (20)? The Ist1 MIM element itself is functionally distinct from the Did2 MIM1 because the Did2 MIM1 could not replace the Ist1 MIM element in Vps4 binding and/or regulation (Figs. 6 and 7). Although the effect on Ist1 conformation may have contributed to these effects, the Ist1 MIM has also been demonstrated to bind to MIT domains in unique ways. hIst1 interacts with the Vps4A MIT domain in a manner similar to Vps2 and Did2 MIM1 elements (9, 32), hIst1 residues upstream of the MIM1 element bind to a distinct surface of the Vps4A MIT domain in a MIM2 mode (9, 33), and hIst1 residues upstream of the MIM1 element bind to a different orientation, referred to as the MIM3 mode (32). These MIM2 and MIM3 modes of association may enhance the strength of Ist1-Vps4 interactions or alter presentation of the Ist1 core in a manner that permits ELYC interaction to inhibit Vps4. The ELYC motif is not found in other ESCRT-III subunits, potentially explaining why Vps4 inhibi-
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**A**

*Model for bimodal regulation of Vps4 and ESCRT function by Ist1.* A, model of Ist1 conformations and their effects on Vps4 regulation. In the semi-open Ist1 conformation, the Ist1 MIM element (M, blue box) and ELYC region (E, pink box) interact with Vps4 to inhibit ATPase activity. Unfolding of the Ist1 core domain in a more open conformation permits Vps4 hyperstimulation in a MIM-dependent manner. Did2 induces the conversion between Ist1 inhibitory and stimulatory activities, presumably through generating the open conformation of Ist1. B, effects of Ist1 concentration on Vps4 regulation. Ist1 incorporates into ESCRT-III via Did2, leading to an open Ist1 conformation (circle) and stimulation of Vps4-mediated ESCRT-III disassembly (green arrow). Saturation of ESCRT-III with Ist1 leads to the accumulation of soluble Ist1 in a closed conformation (square), resulting in inhibition of Vps4-mediated ESCRT-III disassembly (red line).

**B**

*Model of Ist1 conformations and their effects on Vps4 regulation.* In the closed Ist1 conformation, the Ist1 MIM element (M, blue box) and ELYC region (E, pink box) interact with Vps4 to inhibit ATPase activity. Unfolding of the Ist1 core domain in a semi-open conformation permits Vps4 hyperstimulation, whereas saturation of this association and/or pore regions to stimulate ATPase activity in other ESCRT-III subunits (38–40). We speculate that the Ist1 conformational changes associated with hyperstimulation of Vps4 resemble changes that occur with Ist1 binding to Did2 (Fig. 12A). This model is supported by the result that addition of Did2 converted Ist1 from an inhibitor to a stimulator of Vps4 ATPase activity.

These studies also highlight a physiological link between Ist1 regulation of Vps4 ATPase activity and ESCRT-III disassembly through interactions with Did2. Addition of low concentrations of Ist1 stimulated ESCRT-III disassembly from membranes in vitro, whereas high concentrations of Ist1 resulted in potent inhibition of ESCRT-III disassembly (Fig. 11). This pattern is consistent with the model in which Ist1 association with Did2 within ESCRT-III polymers reveals positive regulation of ESCRT function, whereas saturation of this association and subsequent accumulation of soluble Ist1 leads to negative regulation of Vps4 function (Fig. 12B). This behavior may explain how reduced Ist1 protein levels in vivo, which occurs during starvation (66), promotes MVB sorting by lowering the ratio of Ist1:Did2 to minimize the soluble, inhibitory pool of Ist1.

Bimodal regulation of ESCRT function by Ist1 may be important for other cellular processes, including cytokinesis in mammalian cells (8, 9). Intriguingly, hIst1 and CHMP1/hDid2 bind specifically to another MIT domain-containing AAA-ATPase, Spastin. Spastin alters microtubule-severing activities during cytokinesis and has also been implicated in mitotic spindle disassembly, nuclear envelope sealing, and/or neuron function (Refs. 67–71 and reviewed in Ref. 72). It is tempting to speculate that hIst1 may regulate Spastin ATPase activity in a manner analogous to Ist1 regulation of Vps4 in these studies, thereby positioning hIst1 as a coordinator of membrane trafficking and cytoskeletal dynamics. In both contexts, we predict that ATPase regulation by Ist1 is altered in response to binding to Did2 or ESCRT-III polymerization, which, in turn, would be dependent on physiological cues such as receptor signaling.
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proteins degradation, nutrient composition, and cellular proliferation.

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