The age-related changes of dietary phosphate responsiveness in plasma 1,25-dihydroxyvitamin D levels and renal Cyp27b1 and Cyp24a1 gene expression is associated with renal α-Klotho gene expression in mice

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In this study, we investigated the relationship between age-related changes in renal α-Klotho gene expression, vitamin D metabolism and the responsiveness of dietary phosphate in 1, 2 and 13 month-old mice fed a high phosphate (phosphate 1.2%) diet or low phosphate (phosphate 0.02%) diet for 5 days. We found that 1,25-dihydroxyvitamin D levels in plasma were significantly lower in the high phosphate group than the low phosphate group for 1 and 2 month-old mice, but not 13 month-old mice. In addition, the high phosphate group plasma 1,25-dihydroxyvitamin D levels were decreased in 2 month-old mice relative to 1 month-old mice, but 13 month-old mice had higher levels than 2 month-old mice. In fact, plasma 1,25-dihydroxyvitamin D levels showed a significant correlation with vitamin D metabolism gene Cyp27b1 and Cyp24a1 mRNA expression in the high phosphate group. Interestingly, renal α-Klotho mRNA and protein levels were significantly higher than those of 1 month-old mice. Furthermore, α-Klotho mRNA expression showed a significant negative correlation with plasma 1,25-dihydroxyvitamin D levels in the high phosphate group. Our results suggest that age-related alterations in renal α-Klotho expression could affect the responsiveness of dietary phosphate to vitamin D metabolism.

Key Words: α-Klotho, age-related change, vitamin D metabolism, inorganic phosphate, mice

Vitamin D can be obtained from the diet and synthesized from 7-dehydrocholesterol in the skin in response to sunlight.(1,2) The first step in the metabolic activation of vitamin D is synthesis of 25-dihydroxyvitamin D [25(OH)D] by 25-hydroxylase, which occurs primarily in the liver. The second step, the formation of 1,25-dihydroxyvitamin D [1,25(OH)2D] from 25(OH)D, is catalyzed by the mitochondrial cytochrome P450 enzyme 25-dihydroxyvitamin D 1α-hydroxylase (encoded by the Cyp27b1 gene) under physiological conditions, mainly in the kidney.(3,4) 1,25(OH)2D has physiological activity, and is involved in regulating calcium (Ca) homeostasis via transcriptional control of genes in the relevant organ mediated by binding to the vitamin D receptor (VDR).(4) In addition to conversion to 1,25(OH)2D by Cyp27b1 in the kidney, 25(OH)D can also be converted to 24,25-dihydroxyvitamin D [24,25(OH)2D] by the mitochondrial cytochrome P450 enzyme 25-dihydroxyvitamin D 24-hydroxylase encoded by the Cyp24a1 gene.(5) This enzyme can hydroxylate not only 25(OH)D but also 1,25(OH)2D and catabolizes these molecules into biologically inactive, water-soluble calcitroic acid.(1,6)

Phosphate (Pi) plays an important role in skeletal mineralization, mineral metabolism, and diverse cellular functions involving energy metabolism.(6,7) Pi homeostasis is maintained by regulation of dietary absorption, bone formation, and renal excretion.(8) The crucial regulated step in Pi homeostasis is the transport of Pi in the brush-border membrane (BBM) of the renal proximal tubule. Renal Pi transport is mediated by several sodium-dependent Pi co-transporters (Npts), which have been classified into three categories: type I (Npt1), type II (Npt2a and Npt2c) and type III (PiT1 and PiT2). Pi homeostasis is regulated by several endocrine factors such as 1,25(OH)2D and parathyroid hormone (PTH), which are also important regulators of Ca homeostasis.(1,9) In addition, recent studies have identified fibroblast growth factor (FGF) 23 as a new regulator of Pi metabolism.(10,11)

Aging is a progressive and unavoidable biological process involving malfunction of many tissue and organ. Aging is associated with modification of several organ functions and homeostatic adaptation, including vitamin D and Pi metabolism.(11,12) The α-Klotho (Klotho) gene was identified as an “anti-aging” gene when its disruption in mice was found to induce a phenotype that mimicked age-related symptoms, including atrophy of skin, thymus and muscles, osteoporosis, ectopic calcification, diminished hearing, pulmonary emphysema and pituitary gland abnormalities.(13) In contrast, mice that overexpress Klotho had increased life-spans.(14) The Klotho gene encodes a single pass transmembrane protein and is expressed in multiple tissues, but Klotho levels in the kidney are particularly high.(13,15) In addition to the membrane-bound form of Klotho, a secreted form of the Klotho protein is generated from the Klotho gene through alternative splicing. Secreted form of the Klotho is released directly into the extracellular domain and is present in body fluid. Another

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form of secreted Klotho in body fluid arises from the extracellular domain that is shed from the membrane form of Klotho expressed on cell surfaces by the protease a disintegrin and metalloproteinase 10/17 (ADAM 10/17). (16,17)

After the discovery of Klotho and FGF23, Klotho was found to form a complex with several FGFR receptors (FGFR) isoforms (FGFR1c, 3c and 4). Binding of FGF23 to the FGFR/Klotho complex is necessary in order to activate the FGF23 signaling pathway, which is referred to as the FGF23/Klotho system. (19) In addition, several lines of evidence indicate that the FGF23/Klotho system down-regulates 1,25(OH)D and Pi levels by suppressing expression of Cyp27b1, Npt2a and Npt2c, while promoting Cyp24a1 expression in the kidney when plasma Pi concentration is high. (19-21) Indeed, Klotho mutant mice (kl/kl mice) show hypercalcemia, vitamin D and hyperphosphatemia. (13) Interestingly, various aging-like symptoms seen in kl/kl mice could be ameliorated by dietary restriction of vitamin D, (22) genetic ablation of the Cyp27b1 or Vdr gene, (23,24) a Pi deficient diet (22) or Npt2a and Klotho double-knockout. (25) These reports suggest that vitamin D and Pi metabolism disorders are linked in these mice.

Klotho gene expression is affected by several factors and in various diseases, including dietary 1,25(OH)D, Pi, (22) oxidative stress, (26) senescence, (27) chronic kidney disease (CKD), (28) and diabetes. (30) However, whether changes in Klotho gene expression with age affect vitamin D metabolism is unclear. In this study, we investigated the relationship between various age-related changes, including renal Klotho gene expression and vitamin D metabolism, and the responsiveness of dietary Pi using 1, 2 and 13 month-old mice fed a high or low Pi diet.

Materials and Methods

Animals and diets. Male C57BL/6J mice were purchased from Japan SLC (Hamamatsu, Japan). All animals were kept on a 12 h:12 h light-dark cycle (lights on at 8 AM, lights off at 8 PM) with normal diet and water freely available. Mice were examined at 1, 2 and 13 months of age. In addition, 1 month-old mice were weaned at 3 weeks of age. In each age group, mice were divided into two groups as follows: High Pi diet (HP: 1.2% Pi, 0.6% Ca) group and Low Pi diet (LP: 0.02% Pi, 0.6% Ca) group. Following 2 days intake of the control Pi diet (CP: 0.6% Pi, 0.6% Ca), the mice were fed the HP diet or LP diet for 5 days and then sacrificed. All of the diets used in each experiment had a modified AIN-93G composition (Table 1).

Real-time RT-PCR analysis. Total RNA was isolated from kidneys using RNAiso plus reagent (Takara Bio, Shiga, Japan) and from femurs using ISOGEN reagent (Nippon Gene, Tokyo, Japan). Total RNA was treated with DNase I. First-strand cDNA was synthesized from 2.5 μg of total RNA, primed with oligo (dT) using the M-MLV-reverse transcriptase (Invitrogen, Carlsbad, CA). The first-strand cDNA was PCR amplified using SYBHER Select Master Mix (Applied Biosystems, Foster City, CA) in a 20 μl reaction volume, with 4 pmol of each primer (Table 2). Real-time PCR was performed with an Applied Biosystems Step one plus thermocycler (Applied Biosystems, Foster City, CA). The PCR products were quantified by fit point analysis and results were normalized to those for β-actin.

Western blot analysis. Kidney tissue was homogenized in lysis buffer (1% Triton X-100, 50 mM Tris-HCl, 150 mM NaCl, 5 mM EDTA), incubated on ice for 10 min, and centrifuged at 1,000 rpm for 10 min. Equal protein loading was verified by Bradford assay using the Bio-Rad Protein Assay (Bio-Rad, CA). The following primary antibodies were used: anti-human klotho (TransGenic, Japan) and mouse anti-actin monoclonal antibody (Sigma, USA). Secondary antibodies were goat anti-rat IgG (H+L) antibody conjugated to HRP (1:1,000 dilution) (Invitrogen, Carlsbad, CA). Membranes were blocked at room temperature with 5% non-fat dried milk in phosphate buffered saline (PBS) containing 0.05% Tween-20 (PBS-T). The following primary antibodies were used: anti-human klotho monoclonal antibody (TransGenic, Japan) and mouse anti-actin monoclonal antibody (Sigma, USA). Secondary antibodies were goat anti-rat IgG (H+L) antibody conjugated to HRP (1:1,000 dilution) (Invitrogen, Carlsbad, CA)

Table 1. Experimental diet compositions

| Ingredient (g) | 1.2% Pi (HP) | 0.02% Pi (LP) |
|---------------|-------------|--------------|
| Egg white     | 20.0        | 20.0         |
| l-Cysteine    | 0.3         | 0.3          |
| Cornstarch    | 39.7        | 39.7         |
| w-Cornstarch  | 13.2        | 13.2         |
| Sugar         | 5.16        | 10.44        |
| Soybean oil   | 7.0         | 7.0          |
| Cellulose     | 5.0         | 5.0          |
| Vitamin mix   | 1.0         | 1.0          |
| Choline bitartrate | 0.25 | 0.25 |
| tert-Butylhydroquinone | 0.0014 | 0.0014 |
| CaCO3        | 1.4894      | 1.4894       |
| KH2PO4       | 5.2731      | 0            |
| Mineral mix changed | 1.5645 | 1.5645 |

The mineral mix did not contain CaCO3 or KH2PO4.
Effects of dietary Pi on plasma and urine Pi and Ca levels in each age group mice. We measured plasma and urine Pi and Ca levels in 1, 2, and 13 month-old C57BL/6J mice that were fed either a HP or LP diet for 5 days (Table 3). Plasma Pi levels were significantly higher in the HP group than in the LP group at all ages. In particular, in the HP group the levels were significantly higher in the 1 month-old mice than the 2 and 13 month-old mice. In contrast, plasma Ca levels were significantly lower in the HP group than in 1 and 13 month-old LP group mice. Urinary Pi excretions were significantly higher in the HP group than in the LP group at all ages, and were significantly higher for 1 month-old HP mice than 2 and 13 month-old HP mice. In contrast, urinary Ca excretions were significantly lower in the HP group than in 1 and 2 month-old LP mice, and in the HP group the 1 month-old animals had significantly higher levels relative to 2 and 13 month-old mice.

Effects of dietary Pi on plasma 1,25(OH)₂D, PTH and FGF23 levels in each age group mice. We next measured plasma 1,25(OH)₂D, PTH and FGF23 levels in mice (Table 4). Plasma 1,25(OH)₂D levels were significantly lower in the HP group than in the LP group for 1 and 2 month-old mice, but there was no significant difference between the HP and LP groups at all ages. In particular, in the HP group the levels were significantly higher in the 1 month-old mice than the 2 and 13 month-old mice. In contrast, plasma Ca levels were significantly lower in the HP group than in 1 and 13 month-old LP group mice. Urinary Pi excretions were significantly higher in the HP group than in the LP group at all ages, and were significantly higher for 1 month-old HP mice than 2 and 13 month-old HP mice. In contrast, urinary Ca excretions were significantly lower in the HP group than in 1 and 2 month-old LP mice, and in the HP group the 1 month-old animals had significantly higher levels relative to 2 and 13 month-old mice.

Effects of dietary Pi on vitamin D metabolism-related gene expression in each age group mice. Given the age-related changes seen in plasma 1,25(OH)₂D levels, we next analyzed the mRNA expression levels of the vitamin D metabolizing enzymes Cyp27b1 and Cyp24a1 in mice kidney tissues (Fig. 1). For all age groups, renal Cyp27b1 mRNA expression levels were significantly lower in the HP group compared to the LP group (Fig. 1A). In addition, in the LP group the renal Cyp27b1 mRNA expression levels were significantly higher for 1 month-old mice compared to 13 month-old mice. Interestingly, in the HP group, Cyp27b1 mRNA expression levels in 2 month-old mice were decreased relative to 1 month-old mice, yet the 13 month-old mice had levels that were increased with respect to 2 month-old mice. On the other hand, renal Cyp24a1 mRNA expression levels were significantly higher in the HP group than in the LP group at all ages (Fig. 1B). Furthermore, in the HP group, Cyp24a1 mRNA expression levels were increased in 2 month-old mice compared to 1 month-old mice, whereas 2 month-old mice had higher levels than 13 month-old mice. Moreover, Cyp27b1 mRNA expression levels was positively correlated with plasma 1,25(OH)₂D levels (r = 0.660, p < 0.05) and Cyp24a1 mRNA expression was negatively correlated with plasma 1,25(OH)₂D levels (r = -0.722, p < 0.05) in the HP group (data not shown).

Effects of dietary Pi on FGF23/Klotho system-related gene expression in each age group mice. Since the FGF23/Klotho system is involved in regulating plasma 1,25(OH)₂D levels and vitamin D metabolic enzymes, and this system is subject to age-related changes, we measured renal Klotho mRNA and protein expression levels (Fig. 2). Renal Klotho mRNA expression levels tended to be lower in the HP group than in the LP group for 1 and 2 month-old mice (Fig. 2A). Interestingly, these levels were significantly increased in 2 month-old mice compared to 1 month-old mice, and 13 month-old mice had significantly decreased levels compared to 2 month-old mice in both the HP and LP group. Similar to renal Klotho mRNA levels, membrane-associated and secreted Klotho protein expression levels in renal tissues from both the HP and LP groups were markedly increased in 2 month-old mice compared to 1 month-old mice, and 13 month-old mice had lower levels than did 2 month-old mice (Fig. 2B). Meanwhile, mRNA expression levels of renal Fgfr1, which forms a complex with Klotho, were not significantly different among the groups (Fig. 3A). In contrast, in bone Fgf23 mRNA expression levels were significantly higher in the HP group than in the LP group at all ages and in the LP group levels decreased in the 2 month-old mice relative to 1 month-old mice, whereas the 13 month-old mice had higher levels than did 2 month-old mice (Fig. 3B).

Table 3. Effects of dietary Pi on plasma and urine Pi and Ca levels in each age group mice

|                | 1 month |          | 2 month |          | 13 month |          |
|----------------|---------|----------|---------|----------|----------|----------|
|                | HP      | LP       | HP      | LP       | HP       | LP       |
| Plasma         |         |          |         |          |          |          |
| Pi (mg/dl)     | 9.2 ± 0.4 | 4.0 ± 0.2* | 7.4 ± 0.3' | 5.3 ± 0.6* | 7.6 ± 0.4' | 3.8 ± 0.5* |
| Ca (mg/dl)     | 8.2 ± 0.4 | 10.5 ± 0.6* | 9.0 ± 0.2 | 9.8 ± 0.4 | 7.6 ± 0.4' | 9.9 ± 0.6* |
| Urine          |         |          |         |          |          |          |
| Pi/Creatinine  | 13.9 ± 1.6 | 0.08 ± 0.03* | 7.8 ± 1.1' | 0.1 ± 0.02* | 7.5 ± 1.4' | 0.0 ± 0.01* |
| Ca/Creatinine  | 0.7 ± 0.1 | 4.0 ± 0.4* | 0.3 ± 0.1' | 1.3 ± 0.2' | 0.2 ± 0.1' | 0.7 ± 0.1' |

1, 2 and 13 month-old C57BL/6J mice were fed either a HP or LP diet for 5 days. Data are expressed as means ± SEM (n = 4–10). *p < 0.05 vs same age group in the HP group, ′p < 0.05 vs 1 month-old group, †p < 0.05 vs 2 month-old group.

Table 4. Effects of dietary Pi on plasma 1,25(OH)₂D, PTH and FGF23 levels in each age group mice

|                | 1 month |          | 2 month |          | 13 month |          |
|----------------|---------|----------|---------|----------|----------|----------|
|                | HP      | LP       | HP      | LP       | HP       | LP       |
| 1,25(OH)₂D (pg/ml) | 187 ± 22 | 507 ± 18* | 138 ± 9' | 270 ± 25* | 314 ± 9' | 315 ± 31' |
| PTH (pg/ml)     | 17.8 ± 2.7 | 8.1 ± 1.2* | 22.0 ± 2.6 | 7.6 ± 1.2* | 21.4 ± 0.8 | 5.6 ± 1.4* |
| FGF23 (pg/ml)   | 310 ± 28 | 9 ± 2* | 280 ± 19 | 27 ± 8* | 247 ± 23 | 44 ± 10* |

†, 2 and 13 month-old C57BL/6J mice were fed either a HP or LP diet for 5 days. Data are expressed as means ± SEM (n = 3–10). *p < 0.05 vs same age group in the HP group, †p < 0.05 vs 1 month-old group, ††p < 0.05 vs 2 month-old group.

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Relationship between renal Klotho mRNA expression, plasma 1,25(OH)2D levels and vitamin D metabolism-related gene expression. We next analyzed the relationship between Klotho mRNA expression and levels of plasma 1,25(OH)2D and vitamin D metabolic enzyme mRNA expression for all age and diet groups. In the HP group, plasma 1,25(OH)2D levels showed a negative correlation with Klotho mRNA expression (Fig. 4A). In addition, Cyp27b1 mRNA expression was negatively correlated with Klotho mRNA expression (Fig. 4B) and Cyp24a1 mRNA expression was positively correlated with Klotho mRNA expression in HP mice (Fig. 4C). In contrast, there was no correlation in the LP diet group (Fig. 4D–F).

Discussion

In this study we investigated the relationship between age-related changes in renal Klotho gene expression, vitamin D metabolism and the responsiveness of dietary Pi in 1, 2 and 13 month-old mice fed a HP or LP diet for 5 days. Although defining “aging” in mice is difficult, for purposes of this study, we prepared the stage between 1 and 2 months as “growth”, and aging from 2 to 13 months was “maturation”. During this 12 month time period, we observed significant age-related changes in plasma 1,25(OH)2D levels and both Klotho mRNA and protein levels (Table 4, Fig. 2). FGF23 and PTH play critical roles in vitamin D and Pi homeostasis in the kidney, and respond to elevations in plasma Pi levels.(8,10,33) Although in this study plasma FGF23 and PTH levels were significantly higher in the HP group than in the LP group, the levels of these two proteins were not significantly affected by age (Table 4). On the other hand, plasma 1,25(OH)2D levels did significantly change with age. Several reports showed that FGF23 reduces plasma 1,25(OH)2D concentration.(34,35) Moreover, the FGF23/Klotho system is known to suppress Cyp27b1 gene transcription, and stimulates transcription of the Cyp24a1 gene through activating mitogen-activated protein kinase (MAPK) (ERK1/2) in cultured renal proximal tubular cells.(36) Therefore,
kl/kl mice and FGF23-deficient mice have hypervitaminosis D. Our data showed that with aging renal Klotho gene expression was significantly changed, but Fgf23 and Fgfr1 gene expression were essentially unchanged (Fig. 2 and 3). These results suggest that the cause of age-related changes in vitamin D metabolism could be attributed to changes in renal Klotho expression. In fact, renal Klotho mRNA expression had a significant negative correlation with Cyp27b1 mRNA expression levels and plasma 1,25(OH)\(_2\)D levels, and a positive correlation with Cyp24a1 mRNA expression in the HP group (Fig. 4A–C). In addition, plasma PTH levels didn’t have a significant correlation with plasma 1,25(OH)\(_2\)D levels in the HP group (data not shown), this result suggest that

Fig. 3. Effects of dietary Pi on renal Fgfr1 and bone Fgf23 gene expression in each age group mice. 1, 2 and 13 month-old C57BL/6J mice were fed either a HP (○) or LP (■) diet for 5 days. Mice kidney and bone total RNA was extracted and gene expression was measured by quantitative real-time RT-PCR analysis. (A) Renal Fgfr1 mRNA expression. (B) Bone Fgf23 mRNA expression levels. Data are expressed as means ± SEM (n = 4–9). *p<0.05 vs corresponding age in the HP group, †p<0.05 vs 1 month-old group, ††p<0.05 vs 2 month-old group.

Fig. 4. Correlation between renal α-Klotho mRNA expression and levels of plasma 1,25(OH)\(_2\)D and FGF23/α-Klotho system target gene expression. 1, 2 and 13 month-old C57BL/6J mice were fed either a HP (○) or LP (●) diet for 5 days. Correlation of renal α-Klotho mRNA levels with (A, D) plasma 1,25(OH)\(_2\)D levels and renal (B, E) Cyp27b1, (C, F) Cyp24a1 mRNA levels in each diet group (n = 10–14).
the FGF23/Klotho system might be more important than PTH on age-related changes in vitamin D metabolism.

Similar to results reported in previous studies, we observed a significant change in renal Klotho mRNA and protein levels with age (Fig. 2). The major inflammatory cytokine TNF-α was shown to reduce renal Klotho gene expression through a NFκB RelA-dependent mechanism. In this study, renal Tnf-α mRNA expression levels were significantly higher in 13 month-old mice relative to 2 month-old mice in both the HP and LP groups (data not shown). Increases in renal Tnf-α with maturation may be associated with decreased renal function. Our finding that Tnf-α mRNA levels were higher in older mice suggests that inflammation and reduced renal function can downregulate Klotho expression with maturation. On the other hand, our results showed that 2 month-old mice had higher Klotho gene expression levels than 1 month-old mice. In fact, renal Klotho expression is reported to be expressed at very low levels in newborn animals, suggesting that renal Klotho expression increases with growth. However, we observed reactivity of dietary Pi to plasma 1,25(OH)2D levels on the 1 month-old mice in spite of low levels of renal Klotho expression (Table 4). This result suggests that the renal Klotho expression levels in 1 month-old mice is sufficient in order to activate the FGF23 signaling pathway.

Recent studies have suggested that excess intake of Pi is a risk factor for the progression of CKD and cardiovascular disease (CVD). In addition, intake rates of Pi are increasing worldwide due to an increased consumption of processed foods. Notably, our data suggest that the FGF23/Klotho system in 13 month-old mice is malfunction state due to the low level of renal Klotho expression. In this study, renal Klotho expression in the HP diet group (Fig. 5). Abnormalities in FGF23/Klotho system function can induce normal vitamin D and Pi metabolism, as well as dietary Pi toxicity in response to excess dietary Pi. Higher levels of serum Pi within the normal range are associated with increased risk of ectopic calcification among individuals having a glomerular filtration rate of 60 ml/min/1.73 m2, but this is not associated with CKD. Therefore, many studies have focused on the relationship between serum Pi levels and the risk of death and other adverse clinical outcomes among individuals with normal renal function or with only moderate CKD. Normally, plasma 1,25(OH)2D levels are decreased in mice fed a HP diet. In the present study, plasma 1,25(OH)2D levels were significantly lower in the HP group relative to the LP group for 1 and 2 month-old mice, but there was no significant difference between the two groups for 13 month-old (Table 4). In addition, plasma 1,25(OH)2D levels and Cyp27b1 mRNA expression were negatively correlated with Klotho mRNA expression and Cyp24a1 mRNA expression was positively correlated with Klotho mRNA expression in the HP diet group, but there was no significant correlation between these factors in the LP diet group (Fig. 4). Increasing plasma 1,25(OH)2D levels induced by decreased levels of renal Klotho may lead to further hyperphosphatemia because 1,25(OH)2D increases plasma Pi concentrations. Further study will be needed to elucidate the association among Klotho gene expression, FGF23/Klotho system abnormality, vitamin D and Pi metabolism disorder and dietary Pi toxicity. Moreover, one of the limitations of this study is that we have not used the CP diet for comparison, so we cannot refer to the physiological changes in vitamin D metabolism and renal Klotho expression due to aging.

In summary, we observed significant changes in renal Klotho mRNA and protein expression with age. Furthermore, age-related changes in renal Klotho expression could affect gene expression of the vitamin D metabolizing enzymes Cyp27b1 and Cyp24a1, and in turn plasma 1,25(OH)2D levels. In addition, an abnormal response to a high Pi diet because of reduced or insufficient renal Klotho expression may induce vitamin D disorder and dietary Pi toxicity. Finally, our results suggest that renal Klotho plays an important role for vitamin D and Pi homeostatic adaptations in growth and maturation. Improved knowledge of the relationship between aging and changes in renal Klotho expression in the context of abnormal FGF23/Klotho system may reveal new possibilities for managing dietary Pi during various life stages.

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**Conflict of Interest**

No potential conflicts of interest were disclosed.
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