Zooming in on supermassive black holes: how resolving their gas cloud host renders their accretion episodic

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ABSTRACT

Born in rapidly evolving mini-haloes during the first billion years of the Universe, supermassive black holes (SMBHs) feed from gas flows spanning many orders of magnitude, from the cosmic web in which they are embedded to their event horizon. As such, accretion on to SMBHs constitutes a formidable challenge to tackle numerically, and currently requires the use of sub-grid models to handle the flow on small, unresolved scales. In this paper, we study the impact of resolution on the accretion pattern of SMBHs initially inserted at the heart of dense galactic gas clouds, using a custom super-Lagrangian refinement scheme to resolve the black hole (BH) gravitational zone of influence. We find that once the self-gravitating gas cloud host is sufficiently well resolved, accretion on to the BH is driven by the cloud internal structure, independently of the BH seed mass, provided dynamical friction is present during the early stages of cloud collapse. For a pristine gas mix of hydrogen and helium, a slim disc develops around the BH on sub-parsec scales, turning the otherwise chaotic BH accretion duty cycle into an episodic one, with potentially important consequences for BH feedback. In the presence of such a nuclear disc, BH mass growth predominantly occurs when infalling dense clumps trigger disc instabilities, fuelling intense albeit short-lived gas accretion episodes.

Key words: accretion, accretion discs - black hole physics - hydrodynamics - methods: numerical - galaxies: evolution - galaxies: high-redshift.

1 INTRODUCTION

First observed to power quasars at redshift $z \geq 6$ (Fan et al. 2006), supermassive black holes (SMBHs) formed during the first billion years of the Universe. This epoch saw not only the formation of SMBHs but also many other key components of the Universe: the first haloes collapsed, the first gas streamed in and the first stars ignited. Given the current paucity of observations from this era, we have to rely almost entirely on analytic considerations and simulations to understand the early evolution of SMBHs.

Three viable channels have been proposed to form the progenitors of SMBHs. Stellar remnants are expected to have masses in the range of $10^{5} - 500 \, M_{\odot}$, runaway cluster collapse black holes (BHs) are expected to form with masses in the range of $10^{5} - 10^{6} \, M_{\odot}$, and direct collapse BHs have seed masses in excess of $10^{9} \, M_{\odot}$ (see Volonteri 2010 for a review). Whatever seed mass the BH forms with, it needs to gain many orders of magnitude in mass to reach the observational estimates of $\sim 10^{9} \, M_{\odot}$ at $z = 6$ (Fan et al. 2006) and gas accretion in gas-rich mini haloes is expected to play a vital role particularly in the early mass growth of potential SMBH.

Understanding the early evolution of massive BHs therefore crucially depends on understanding the hydrodynamical evolution of gas in high-redshift mini-haloes housing SMBH progenitors. This highly non-linear problem can only be tackled using simulations, but numerical efforts are hampered by the vast range of scales involved. Including all relevant length scales to monitor the co-evolution of a single SMBH and its host galaxy, from the Mpc scales of cosmic filaments through the kpc and pc scales of the galaxy, down to the sub-pc scales on which the BH accretes gas, in a single simulation constitutes a tremendous computational challenge.

The problem does not lend itself well to idealized simulations because the evolution of a BH depends crucially on the evolution of its host galaxy, and the host galaxy itself is evolving rapidly. Cosmological zoom simulations, where a high-resolution region containing all the progenitors of a particular object is embedded in a lower resolution background, is one way to maximize the range of scales resolved in a single simulation. Zoom simulations have given crucial insight into galaxy evolution in the early Universe (Di Matteo et al. 2008; Dubois et al. 2012b; Ceverino, Glover & Klessen 2017), but even in the most resolved zoom simulations
available to date, the BH environment remains underresolved. BH physics, such as formation, accretion and feedback, therefore have to be included as sub-grid algorithms that include the impact of unresolved scales using analytic or empirical models.

Any sub-grid model necessarily makes assumptions how the input parameters relate to the accretion on to the BH. Arguably the most common way to describe unresolved accretion on to BHs is through the Bondi–Hoyle–Lyttleton (BHL) model (Hoyle & Lyttleton 1939; Bondi & Hoyle 1944; Bondi 1952), discussed in Section 2.4. In this model, the accretion rate is calculated from the local density and sound speed, as well as the relative velocity between gas and BH. In galaxy evolution simulations, the main difficulty with such sub-grid models lies in correctly estimating these local gas properties in the presence of limited resolution.

To compensate for unresolved cold, dense gas, some authors advocate using a boost factor in the accretion rate (Booth & Schaye 2009; Vogelsberger et al. 2013; DeGraf et al. 2017), while other authors prescribe scaling the accretion rate down to account for angular momentum (Krumholz, McKee & Klein 2004; Power, Nayakshin & King 2011; Dubois et al. 2012a; Rosas-Guevara et al. 2015; Curtis & Sijacki 2016). Negri & Volonteri (2017) study the accuracy of BHL accretion for a BH with feedback, and find that it can lead to both over- and underestimates of the BH mass, depending on the resolution and the way variables are calculated. Gaspari, Ruszkowski & Oh (2013) systematically break the assumptions of Bondi accretion by cooling, heating or stirring the gas, and find that the accretion rate is boosted several orders of magnitude above the Bondi value. MacLeod & Ramirez-Ruiz (2015) study accretion on to a point mass in the presence of a pressure gradient at infinity, and find the accretion rate on to the BH to be reduced by up to two orders of magnitude.

In light of these discrepancies, efforts have been made to develop alternative accretion algorithms, which use large-scale properties of the host galaxy to calculate the accretion rate on to the BH, and naturally account for the angular momentum of accreted gas. Angelés-Alcázar, Özel & Davé (2013), building on a model by Hopkins & Quataert (2011), compute the accretion rate on to the BH based on large scale gravitational torques in the galaxy. DeBuhr, Quataert & Ma (2010) calculate the accretion rate on to the BH from the mean surface density of the galaxy, the angular rotation frequency and a free viscosity parameter, and Hobbs et al. (2011) use a ‘ballistic’ accretion model based on the velocity dispersion of the gas in the bulge.

All these models estimate the mass accreted by the BH from information on scales much larger than the gravitational zone of influence of the BH itself. While this does represent an educated best estimate, and has led to many insights into the evolution of BHs, it can, on its own, only ever constitute an overly simplistic treatment of the problem. This is particularly true for the progenitors of SMBHs, as their host galaxies are only just assembling during the BH early mass evolution. Embedded in a rapidly changing environment and subject to strong feedback from the first generations of stars, galaxy-wide properties are difficult to define and measure for proto-galaxies, and local gas properties can vary rapidly. High-resolution simulations, which have to make fewer a priori assumptions about the state of galactic gas, are therefore the most viable tool to study the origin of potential SMBHs, judge the importance of gas accretion versus BH mergers in the formation of SMBHs, and assess the viability of the three proposed seed formation channels as SMBH progenitors.

With such a long-term goal in mind, this paper presents a study of BH accretion in collapsing clouds, using a new refinement algorithm for grid codes that allows the BH gravitational zone of influence to be resolved within the full context of its host galaxy at affordable computational cost. Embedded in a highly unsettled, gas-rich galaxy intended to mimic a high-redshift mini halo, the simulations in this paper present a pilot study of early accretion on to potential SMBH candidates in a galactic context with unprecedented spatial resolution. They demonstrate the lasting impact of resolving the internal structure of the gas cloud feeding the BH, and the vital role played by dynamical friction in allowing the seed BH to accrete efficiently during the early stages of cloud collapse.

Section 2 details the simulation set-up and Section 3 presents the novel BH refinement algorithm. Section 4 establishes the key role played by dynamical friction during cloud collapse, and why sub-grid models based on a local relative velocity measure are unreliable at high-resolution (see also Appendix A). Section 5 demonstrates the importance of resolving the internal structure of the gas cloud host at all times by presenting a comparative study of resolution impact on BH accretion histories, a discussion of which can be found in Section 6. Conclusions are summarized in Section 7.

2 THE SIMULATIONS

All simulations presented in this work use the adaptive mesh refine code RAMSES (Teyssier 2002). The Euler equations are solved using a second-order unsplit Godunov scheme, and an HLLC Riemann solver with a MinMod total variation diminishing scheme to reconstruct interpolated variables. The Courant safety factor is set to a value of 0.6.

A root grid of 64×64×64 cells is laid out on the entire simulation volume (a cube of size L_{\text{box}} on a side), which is then adaptively refined up to level l_{\text{grid}} outside the zoom region around the BH, and to l_{\text{zoom}} within this region (see Section 3.1 for details). The size of an individual cell at level l is equal to Δx_{l} = (l/l_{\text{grid}}) L_{\text{box}}. Refinement is determined using a quasi-Lagrangian criterion: a cell is split into eight when its total baryonic mass exceeds eight times the gas mass it initially contained. To minimize numerical fragmentation (Truelove et al. 1997), cells are also refined so the local thermal Jeans length exceeds the cell size at all times. Gravitational contributions of all baryonic matter, including stars and BH as well as gas, are computed using a multigrid Poisson solver (Guillet & Teyssier 2011), where the total density of matter is found by assigning particles to the grid using a cloud-in-cell interpolation algorithm.

2.1 Initial conditions

In order to test our refinement algorithm in a controlled environment, we set up an isolated cooling halo with a Navarro–Frenk–White (NFW) profile for the dark matter component, similar to the one presented in Dubois & Teyssier (2008). The dark matter potential of the halo is modelled as a fixed analytic potential, where

\[ \rho_{\text{NFW}}(r) = \frac{\rho_{s}}{(r/r_{s})(1+r/r_{s})^2}. \]

So the halo has a total integrated mass of

\[ M(<r) = 4πρ_{s}r_{s}^3 \left( \ln(1+r/r_{s}) - \frac{r/r_{s}}{1+r/r_{s}} \right), \]

where \( r_{s} \) and \( \rho_{s} \) are the halo characteristic radius and density, respectively. We take \( ρ_{s} = 200\rho_{c} \), where \( \rho_{c} = 3H_{0}^2/8\piG \) is the current critical density, assuming a Hubble parameter of \( H_{0} = 70 \text{ km s}^{-1}\text{Mpc}^{-1} \). To define the characteristic radius \( r_{s} \), we set the concentration parameter \( c = r_{s}/r_{200} = 3.5 \) in our simulation, and pick \( v_{200} = 85 \text{ km s}^{-1} \).
The halo is truncated at two virial radii, with densities outside set to a uniform value of $\rho_{\text{BGM}} = 3.27 \times 10^{-9} \text{H cm}^{-3}$, and embedded in a box of $L_{\text{box}} = 1.0 \text{Mpc}$. We impose a universal baryon fraction of $f_{\text{baryon}} = 15$ per cent within the halo, and distribute gas according to $\rho_{\text{gas}} = 0.15 f_{\text{baryon}}$, with the initial pressure profile set according to hydrostatic equilibrium. The total halo mass is $M_{\text{halo}} = 5.1 \times 10^{11} M_\odot$.

When adding rotation (Sections 4 and 5 only), we distribute angular momentum according to $j(r) = j_{\text{max}} \frac{M(r)}{M_{\text{halo}}}$, following Bullock et al. (2001), normalized to a spin parameter $\lambda = J/E^{1/2}/(GM_{\text{halo}}^{1/2}) = 0.04$, where $J$ and $E$ are the total angular momentum and energy, respectively.

### 2.2 Cooling and heating

Above $10^4 K$ the gaseous mix of H, He, and electrons is assumed to radiatively cool through collisions following the pristine cooling function tabulated by Sutherland & Dopita (1993). Below this temperature radiative cooling occurs via H$_2$ emission following Grassi et al. (2019), as it is intended to compensate for the unresolved boost factor in the Bondi accretion rate, as suggested in Booth & Schaye (2009), as it is intended to compensate for the unresolved gravitational attraction of the BH. Nor do we reduce the accretion rate as advocated by Curtis & Sijacki (2016) to account for the angular momentum of the accreted gas. We also do not limit accretion to the Eddington rate.

The BHL problem has two characteristic scale radii. For subsonic motion of the BH, where $M_{\text{BH}} > \frac{v}{c_s} < 1$, the Bondi radius

$$R^B = \frac{GM_{\text{BH}}}{c_s^2},$$

is the radius for which pressure forces balance the gravitational acceleration due to the hole. Gas flow outside this radius is subsonic and almost uniform in density, while within this radius, the gas evolves towards a free fall solution, rapidly becoming supersonic.

For supersonic relative motion, $M_{\text{BH}} \geq 1$, the accretion radius

$$R^A = \frac{2GM_{\text{BH}}}{v^2},$$

defines a sphere that contains all accreted streamlines. $R^A$ and $R^B$ can be understood as the scale radius of the BH gravitational potential at a given relative velocity with respect to the background medium, $v_{\infty}$.

The accretion rate on to the sink particle therefore depends on the properties of the gas from which it accretes. ‘At infinity’ is a concept that is difficult to define for a BH in a galactic context, but the properties of gas in the cells immediately surrounding the sink particle should provide a good approximation if the BH gravitational zone of influence is unresolved. To sample the local environment, RAMSES uses so-called ‘cloud particles’, which are distributed with constant spacing $\Delta x_{\text{min}}/2$ around the sink particle, filling a sphere with radius $r_{\text{cloud}} = 4\Delta x_{\text{min}}$, where $\Delta x_{\text{min}}$ is the size of the smallest cell in the simulation. Each cloud particle samples the gas properties of the cell that contains it.

Mass-weighted gas properties for use in equation (3), $\rho_*, c_s$, and $v_*$, are calculated by summing over the cloud particles, weighted using the cell mass and a Gaussian kernel $\omega \propto \exp(-r^2/r_K^2)$, where $r$ is the distance of the cloud particle to the sink. The same kernel is also used to weight the amount of mass removed per cell during accretion. $r_K$ is a scale radius, set according to

$$r_K = \begin{cases} \Delta x_{\text{min}}/4 & \text{if } r_{\text{BHL}} < \Delta x_{\text{min}}/4 \\ r_{\text{BHL}} & \text{if } \Delta x_{\text{min}}/4 \leq r_{\text{BHL}} \leq 2\Delta x_{\text{min}} \\ 2\Delta x_{\text{min}} & \text{otherwise} \end{cases}$$

depending on the size of the interpolated BHL radius

$$r_{\text{BHL}} = \frac{GM_{\text{BH}}}{c_{s,\text{cell}} + v_{\text{cell}}},$$

relative to the local resolution $\Delta x_{\text{min}}$. $r_{\text{BHL}}$ is calculated on the fly using the BH mass, $M_{\text{BH}}$, the sound speed and relative velocity of the gas in the cell containing the BH, $c_{s,\text{cell}}$, and $v_{\text{cell}}$. At each time-step, only up to 75 per cent of a given cell mass is allowed to be removed to avoid numerical issues arising from too important instantaneous gas removal. For more details on the sink particle algorithm, see Krumholz et al. (2004) and Dubois et al. (2010).

Contrary to many works on BH accretion, we do not employ a boost factor in the Bondi accretion rate, as suggested in Booth & Schaye (2009), as it is intended to compensate for the unresolved gravitational attraction of the BH. Nor do we reduce the accretion rate as advocated by Curtis & Sijacki (2016) to account for the angular momentum of the accreted gas. We also do not limit accretion to the Eddington rate,

$$M_{\text{Ed}} = \frac{4\pi GM_{\text{BH}} m_p}{\epsilon_{\gamma c}}.$$
and use a linear Taylor expansion

\[ I \]

problem given by Ostriker (1999): by the gaseous background. It follows the analytic solution of the

In Section 4, we explore the option of adding a sub-grid drag force to the BH to compensate for unresolved dynamical friction caused

Magnitude of the drag force on the sink particle due to dynamical friction, which depends on the Mach number \( M \). The dotted line denotes the sonic point. This figure is based on the analytic formula by Ostriker (1999).

\[ F^D = -I \frac{4\pi G^2 M_B \rho_\infty}{v_\infty^2} \dot{v}_\infty = F^D \dot{v}_\infty, \]

where \( \dot{v}_\infty \) is the unit vector of the relative velocity between gas ‘at infinity’ and the BH, and

\[ I = \begin{cases} \frac{1}{2} \ln \left( \frac{1 + M_\infty}{1 - M_\infty} \right) - M_\infty & \text{if } M_\infty < 1, \\ \frac{1}{2} \ln \left( 1 - \frac{M_\infty}{M_\infty} \right) + \ln(\Lambda) & \text{if } M_\infty > 1. \end{cases} \]

The magnitude of the drag force depends strongly on the Mach number, as can be seen in Fig. 1. The sub-grid algorithm in RAMSES evaluates the analytic formula in equations (10) using the same mass-weighted quantities also used in the BHL accretion rate \( \dot{\rho}_* \), \( \dot{v}_* \), and \( c_{s*} \), as proxies for the same quantities at infinity. \( \ln(\Lambda) = 4.0 \) is the Coulomb logarithm, with the value chosen based on work in Beckmann, Slyz & Devriendt (2018). To circumvent the discontinuity at \( I(M) = 1 \) and numerical instabilities as \( M \to 0 \), we extrapolate linearly between \( I(M = 0.99) \) and \( I(M^2 = 1.01) \), and use a linear Taylor expansion \( I \approx \frac{M^2}{2} \) for \( M < 0.01 \).

3 ZOOMING IN ON THE BH

3.1 Algorithm description

In order to reach high resolution in the vicinity of the BH, but keep the simulations numerically affordable, we developed a novel

Figure 1.

Figure 2. Schematic grid structure generated by the BH zoom refinement algorithm for the case with two extra refinement levels \( l_{zoom} = l_{glob} + 2 \) and \( n_{zoom} = 4 \). All cells at level \( l_{zoom} \) are highlighted in dark grey, cells at level \( l_{glob} \) are shown in white, and intermediate cells are highlighted in light grey. The BH is annotated as a filled black circle and solid black lines outline the grid structure. The zoom refinement radius, \( r_{zoom} \), is represented as a white circle.

BH zoom refinement algorithm, which is shown schematically in Fig. 2. This super-Lagrangian refinement scheme surrounds the sink particle with a spherical region at fixed, user-defined resolution \( \Delta x_{zoom} = L_{box}/2^{zoom} \), embedded in an adaptively refined galaxy at lower resolution, \( \Delta x_{glob} = L_{box}/2^{l_{glob}} \), where \( l \) describes a refinement level. For simulations in which the BH zoom is activated, \( \Delta x_{zoom} = \Delta x_{min} \). The highly refined spherical region around the BH has a radius of \( r_{zoom} = n_{zoom} \times \Delta x_{zoom} \), where \( n_{zoom} \) is a free parameter kept fixed throughout the simulation (see Section 3.2 for a convergence study). In order to minimize edge effects at grid boundaries, the high refinement region is surrounded by concentric shells of progressively lower refinement until \( \Delta x_{glob} \) is reached, as can be seen in Fig. 3. This ensures that neighbouring cells differ at most by a single refinement level. The refinement region is centred on the sink particle position at all times, tracking its movement through the simulation box, with cells (de-)refining as appropriate. As the time-step in RAMSES is limited in such a way that no particle can cross more than a single cell in any given time-step, the grid around the BH is refined and de-refined sufficiently frequently to always be quite accurately centred on the BH.

Once a BH particle has been created, the BH zoom algorithm is activated. To allow newly created cells to be distributed over several processors and to minimize numerical artefacts due to the number of levels being added, cells are only allowed to be refined by two extra levels per coarse time-step of the simulation. The simulation is load-balanced after each coarse time-step during the level triggering phase. Accretion on to the BH is only activated once the target level \( l_{zoom} \) has been reached to allow the structure of the gas flow to emerge and avoid contaminating the early accretion history. As explored in detail in Section 4, a maximum drag force is applied to the sink during the initial level triggering phase, i.e. we set the relative velocity between the sink particle and the gas \( v_* = 0 \) at each time-step.

The mass of newly created star particles depends on the gas mass contained by the cells in which they formed, so that at a given gas density smaller cells form lighter star particles. To avoid overwhelming the simulation with a large number of star particles

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that carry only a small amount of mass, star formation is prevented in any cell with $\Delta x < \Delta x_{\text{glob}}$. This has negligible influence on the total stellar mass of the galaxy (see Section 5).

RAMSES uses a cloud-in-cell method to calculate the total density distribution to solve the Poisson equation, where the mass of each particle is distributed over local grid cells according to

$$W(x - x_p) = \begin{cases} 1 - \frac{|x - x_p|/\Delta x}{|x - x_p|/\Delta x} & |x - x_p|/\Delta x \leq 1 \\ 0 & \text{otherwise.} \end{cases}$$

where $x$ and $x_p$ are the position of the cell centre and particle, and $\Delta x$ is the cell size. In simulations with a large range of refinement levels, this can lead to spurious local maxima in the density field if a massive particle is deposited into an extremely small cell. To avoid this issue with the BH zoom, we deposit the mass of star particles at a maximum level $l_{\text{glob}}$, and use the OctTree structure of RAMSES to distribute mass into child cells at higher refinement levels (constant density extrapolation). This is a commonly used technique to deal with massive dark matter particles in cosmological zoom simulations (e.g. Powell, Slyz & Devriendt 2011).

### 3.2 Convergence of BH zoom

To quantify the impact of varying $n_{\text{zoom}}$ in BH zoom simulations, a BH of mass $M_{\text{BH}} = 260 M_\odot$ is placed at the centre of a non-rotating version of the halo described in Section 2.1 and the gas is allowed to cool. Simulations with $2 \leq n_{\text{zoom}} \leq 16$ are compared to two fiducial simulations using only the standard quasi-Lagrangian refinement, called C_halo16 and C_halo20, respectively (see Table 1 for details). When not using the BH zoom, the BH host cell is forced to remain at $l_{\text{glob}}$ to avoid spurious local de-refinement. For simulations using BH zoom, $l_{\text{glob}} = 16$, and $l_{\text{zoom}} = 20$, leading to a resolution of $\Delta x_{\text{zoom}} = 0.99 \text{ pc}$ within the BH zoom region and a maximum of $\Delta x_{\text{glob}} = 15.8 \text{ pc}$ outside.

The initial density distribution is refined up to $l_{\text{glob}}$, so a higher $l_{\text{glob}}$ leads to a more peaked initial density profile. The BH is inserted at the centre of the simulation volume at $t = 0 \times t_{\text{ff}}/10^3$, where $t_{\text{ff}}$ is the free fall time of the halo. The BH zoom levels are added during the first coarse time-steps of the simulation until $\Delta x_{\text{min}} = \Delta x_{\text{zoom}}$, where $\Delta x_{\text{min}}$ is the size of the smallest cell in the simulation.

Fig. 4 shows that BH zoom refinement allows the gas in the vicinity of the BH to evolve from the initial conditions of a low-resolution simulation, C_halo16, to the solution of the high-resolution simulation, C_halo20. Convergence behaviour of mass-weighted density, $\rho_*$, and sound speed, $c_s$, is very good for $n_{\text{zoom}} \geq 4$. When $n_{\text{zoom}} < 4$, gas properties fail to converge as the maximum extent of the cloud particles, set at $r_{\text{cloud}} = 4 \Delta x_{\text{zoom}}$, is larger than the size of the smallest BH zoom grid, $r_{\text{zoom}} = n_{\text{zoom}} \Delta x_{\text{zoom}}$. When this happens, the outermost cloud particles probe regions outside $r_{\text{zoom}}$ where gas properties reflect the density profile a factor of 2 further away than if the cell were refined an extra level.

In conclusion, in the accretion only case, the BH zoom scheme is not sensitive to the choice of $n_{\text{zoom}}$ as long as $n_{\text{zoom}} \geq 4$, so that the highest refinement region is larger than the accretion region, i.e. $r_{\text{zoom}} \geq r_{\text{cloud}}$.

### 3.3 Supply-limited accretion

One notable feature of Fig. 4 is the discontinuity in the evolution of the gas near $t = 1.8 t_{\text{ff}}/10^3$. At this point, the amount of mass scheduled for accretion (calculated using equation 3), $M_{\text{BHL}} \times \Delta t = G^2 M_{\text{BH}}^2 \rho_*^2 \Delta t/(v_*^2 + c_s^2)^2/2$, exceeds the total gas mass available within the accretion region, $\rho_* V_* \Delta t$, where $V_*$ is the constant volume of the accretion region and $\Delta t$ is the time-step. Assuming BHL accretion, this occurs for a minimum BH mass of

$$M_{\text{SLA}} = \sqrt{\frac{V_*}{G \Delta t}} \frac{1}{2} \left( v_*^2 + c_s^2 \right)^{3/2}.$$  \hspace{1cm} (13)

As mass is conserved, $M_{\text{BH}} > M_{\text{SLA}}$ results in the maximum available mass being removed at each time-step, transitioning the accretion rate from being based on the BHL formula to being set by the mass flux into the accretion region, so-called supply-limited accretion (SLA). This occurs approximately when the BH accretion scale radius becomes equal to the resolution.

The BH remains in SLA as long as $M_{\text{BH}} > M_{\text{SLA}}$. At fixed $l_{\text{zoom}}$, $V_*$, and $\Delta t$ are approximately constant. In the spherically symmetric case studied here, $v_* \approx 0$, and Fig. 4 shows that $c_s$ varies by less than a factor of two over the course of these simulations. For all intents and purposes, the right-hand side of equation (13) can therefore be considered constant, and the BH remains in SLA.
in a single accretion step, so densest cells are emptied more slowly (the middle panel of Fig. 5). As evident in Fig. 4, the transition to SLA is therefore not an instantaneous process.

The transition mass $M_{\text{SLA}}$ does show an explicit resolution dependence. For BH zoom, the BH is always located in a cell at maximum resolution so $V_\perp = \Delta x_{\text{zoom}}$. We can approximate the minimum time-step of the simulation as the sound crossing time of the smallest cell, $\Delta t = \Delta x_{\text{zoom}}/c_s$. Equation (13) then shows that $M_{\text{SLA}}$ depends linearly on resolution, as $M_{\text{SLA}} \propto \sqrt[\Delta t]{V_{\perp}} = \sqrt[\Delta x_{\text{zoom}}/c_s] \propto \Delta x_{\text{zoom}}$. Simulations with smaller $\Delta x_{\text{zoom}}$ but otherwise identical set-up therefore transition earlier to SLA, as shown and discussed in more detail in Appendix A. However, for the simple test case of a spherically collapsing cloud, the delay in transition has no influence on the long-term mass evolution of the BH, which converges for simulations spanning over two orders of magnitude in $\Delta x_{\text{zoom}}$. As both the BH and the gas are bound at the bottom of the gravitational well, infalling gas not yet accreted by the BH simply collects in its vicinity to be accreted during the transition to SLA. In a more complex environment, the finite lifetime of the cloud feeding the BH could become a concern, as gas not yet accreted could become gravitationally unbound from the BH before the transition to SLA occurs.

In conclusion, for sufficiently high resolution, accretion on to the BH automatically transitions from being based on the analytic BHL model to being determined by the mass flux into the accretion region of the BH, i.e. to the so-called SLA mode.

### 4 BH ACCRETION IN COLLAPSING CLOUDS

As laid out in the introduction to this paper, three different formation channels have been proposed for SMBH progenitors, producing seed BHs in the range of $10^{-10^5} M_\odot$ (see Volonteri 2010 for a review). In literature, it is frequently reported that stellar mass seeds fail to grow in comparison to more massive seed masses, which has been taken as tentative evidence in favour of the direct collapse BH seed model (Pelupessy, Di Matteo & Ciardi 2007; Pacucci, Volonteri & Ferrara 2015). The failure of light seeds to grow is commonly attributed to their low masses that limit their ability to gravitationally capture gas, and to feedback blowing away their gas supply. In this section, we demonstrate that light seeds can fail to grow simply because their dynamics are underresolved in a given simulation. We then present an algorithm that produces a converged dynamical evolution history for a BH seeded at a given time in a
4.1 The impact of dynamical friction on early BH accretion

To study the formation and evolution of BHs in collapsing clouds in a galactic context, rotation is added to the halo described in Section 2.1 and it evolved for 100 Myr at a resolution of $\Delta x_{\text{glob}} = 0.99$ pc to allow the gas to cool and fragment. A collapsing cloud is identified using the PHSEW algorithm, and a sink particle of a given mass $M_{\text{seed}}$, which inherits the position and velocity of its parent cell, is inserted. Once the BH has been seeded, the BH zoom algorithm refines the BH environment to $\Delta x_{\text{zoom}} = 0.01$ pc, using $n_{\text{zoom}} = 8$. The parameters for simulations in this section are summarized in Table 2.

Fig. 6 shows that the evolution of a BH depends crucially on the choice of $M_{\text{seed}}$, even in the absence of feedback. The two simulations with the most massive seeds, D126_big and D126_huge, using $M_{\text{seed}} = 1 \times 10^5 M_\odot$ and $M_{\text{seed}} = 2.6 \times 10^5 M_\odot$, respectively, rapidly converge. For the remainder of the simulations, while not identical due to the chaotic nature of the problem, their accretion rates, density $\rho_A$, and relative velocity $v_A$ show the same trends (see central three panels of Fig. 6). After a delay of 0.6 Myr, and a prolonged growth phase, the mass of D126_medium also converges to the value reached by the two larger seed masses. By contrast BHs with smaller seed masses, D126_tiny and D126_small do not grow appreciably in mass.

The accretion histories of light and heavy seeds are driven by their diverging dynamics. As can be seen in Fig. 7, the cloud studied here has sufficient angular momentum to collapse to a disc. BHs with $M_{\text{BH}} \geq 10^5 M_\odot$ remain within the plane of the disc during collapse (the right columns of Fig. 7). Lighter BHs (the left columns of Fig. 7) oscillate perpendicularly to the disc, with a vertical amplitude that significantly exceeds the scale height of the disc. Therefore, massive seeds with $M_{\text{BH}} \geq 10^5 M_\odot$ remain attached to dense gas features and accrete efficiently, while lighter seeds spend the majority of their time in low-density regions (see the third panel of Fig. 6) above and below the disc and therefore accrete less. While it is possible that the choice of sub-grid accretion algorithm has some influence on the results, the stringent limitation clearly is the inability of the BH to remain attached to the cloud during the collapse phase.

Keeping sink particles attached to gas features is a common challenge in hydrodynamical simulations (Sijacki et al. 2007; Volonteri et al. 2016; Biernacki, Teyssier & Bleuler 2017). Physically, a BH has two mechanism to exchange momentum with the gas: (i) accretion, which transfers momentum from the gas to the BH and (ii) gravitational focusing of the gas into an overdense wake downstream of the BH, whose gravitational attraction acts as a drag force (see Just & Kegel 1990 for an analytic derivation). Resolving this wake on the grid requires the local resolution to be comparable to the gravitational scale radius of the BH, i.e. $R_A = 2 R_{\text{BH}} \sim \Delta x_{\text{zoom}}$ for a supersonically moving BH (as explored in detail in Beckmann et al. 2018), where $v_{\text{BH}}$ is the relative velocity between the BH and the bulk of the gas. Resolving the drag force therefore depends on the local cell size (identical for all D126 simulations) and the mass of the BH. Unfortunately, the drag force is not numerically self-correcting in the same way that accretion is. Indeed, if $R_A > \Delta x$ initially, the BH reduces its relative velocity, $v_{\text{BH}}$, by transferring momentum to the gas, increasing $R_A$ further. By contrast, if $R_A < \Delta x$ originally, the relative velocity remains high and $R_A$ remains unresolved.

The analytic work used to calculate $R_A$ assumes that gas on scales larger than $R_A$ is homogeneous, uniform, not self-gravitating, and not subject to a gravitational potential except that of the BH, none of which are reasonable assumptions in the context presented here. Despite these limitations, the final panel of Fig. 6 shows that the accretion radius $R_A^*$, evaluated using local mass-weighted quantities, remains a reliable test of drag force resolution. For the two heaviest seeds, D126_big and D126_huge, $R_A^* > 10 \Delta x_{\text{zoom}}$ at all times. The two smallest simulations, D126_small and D126_tiny,
by contrast have $R^1_A < \Delta x_{\text{zoom}}$. D_J26\text{medium} has an accretion radius $R^1_A$ that is marginally resolved. The brief intervals when $R^1_A > \Delta x_{\text{zoom}}$ produce sufficient drag on the BH for the oscillations around the disc plane to decay, allowing the BH to settle into the disc at $t = 100.7\,\text{Myr}$ where it accretes the disc dense core and converges to the same mass as D_J26\text{big} and D_J26\text{huge}.

Dynamical friction therefore clearly plays a decisive role in the early evolution of BH accretion in collapsing clouds. Underresolving this force by choosing too light a seed mass has a lasting impact on the BH dynamics and mass accretion history, making the choice of seed mass just as crucial as the choice of accretion or feedback algorithm. Too light, and the BH never grows. Too massive, and too much mass is removed on pre-collapse scales, smoothing out the internal structure of the cloud and polluting the early evolution of the BH mass, the very process to be investigated. Just right, and the BH mass evolution reflects the mass evolution of the cloud core (see the mass convergence in the top panel of Fig. 6). For the cloud studied in this section, at a resolution of $\Delta x_{\text{glob}} = 0.99\,\text{pc}$ and $\Delta x_{\text{zoom}} = 0.01\,\text{pc}$, this yields a seed mass range $5 \times 10^4 \,M_\odot < M_{\text{seed}} < 5 \times 10^5 \,M_\odot$, which is quite narrow. Choosing $M_{\text{seed}}$ therefore requires detailed prior knowledge about the cloud in question at the chosen resolution, and the seed mass will inevitably vary from cloud to cloud.

4.2 The choice of BH seed mass

As shown in the previous section, the mass accretion on to a BH embedded in a cloud collapsing under its own gravity is determined by the host cloud, not by the seed BH mass, if all relevant physical processes are included. A sub-grid model for dynamical friction therefore remains essential in order to reliably recover the converged mass accretion history for a given cloud. This section presents simulations with different drag force models in order to highlight problems with the common approach and also presents a model that reliably returns the converged mass accretion history. Parameters for all simulations used in this section can be found in Table 2, where the converged solution for massive seeds is represented by D_J26\text{big}. All simulations with a sub-grid drag force only apply the force while $R^1_A < 0.2\Delta x_{\text{loc}}$, as work presented in Beckmann et al. (2018) shows that applying an analytic force based on local quantities when the accretion radius is resolved can unphysically accelerate the BH. $\Delta x_{\text{loc}}$ is the size of the BH host cell at any given point in time.

Dynamical friction can be added as a sub-grid drag force on the BH, for example using the analytic model by Ostriker (1999) briefly introduced in Section 2.5. The simulation called O_J26 combines a seed mass of $M_{\text{seed}} = 260\,M_\odot$ with such a sub-grid model for dynamical friction. As can be seen in the top panel of Fig. 8, the model based on this linear analytic dynamical friction estimate is unable to solve the problem: the BH in O_J26 does not grow. Comparing the Mach number for O_J26 to the fiducial D_J26\text{big} shows that the drag force does not significantly influence the motion of the BH. Physically, the magnitude of the drag force due to the wake is strongly dependent on the Mach number (see Fig. 1), with a pronounced peak in force magnitude near $M = 1$, as increasing the relative velocity of the perturber decreases the opening angle of the gravitational wake, which reduces the wake mass and decreases its gravitational attraction. As discussed in detail in Appendix A, the measure of the relative velocity between the sink particle and the gas, $v$, becomes very unreliable in highly resolved collapsing clouds. This occurs because we are modelling a spherically symmetric gas flow using a Cartesian grid. As fluxes at the bottom of the potential well cancel imperfectly, an apparently significant residual velocity between the BH and the local gas is measured even when the global relative velocity between BH and host cloud is negligible. This is one striking example of the phenomenon that local measures of gas properties can become less reliable with increasing resolution, a topic discussed in more detail in Appendix A. As sub-grid models crucially depend on the quality of their input parameters, this seemingly benign numerical error turns out to have dramatic consequences.

In the example studied here, $M_{\text{accinit}} \approx 7$ even at the point when the BH is seeded (see O_J26 in the third panel of Fig. 8), as its relative velocity is measured using cloud particles spread across
Figure 7. Density projections face-on (first and third columns) and density slices edge-on (second and fourth columns) of the collapsing cloud in D\textsubscript{l26 small} (left columns) and D\textsubscript{l26 huge} (right columns) at five consecutive points in time. The BH location is marked by a black cross in each panel.
several cells, the measure inevitably picks up some of the local velocity dispersion. The magnitude of dynamical friction falls off rapidly for $M > 5$ (see Fig. 1), and its impact therefore remains very low throughout the simulation (see bottom panel), so the BH fails to settle in the disc. As clearly demonstrated by this example, any analytic sub-grid model is only as good as its input parameters, so that unreliable measures of the gas properties it requires can completely undermine its usefulness.

To circumvent the issue, we propose updating the BH velocity along with the evolving velocity of the gas in its host cell during cloud collapse, by simply subtracting the relative velocity (which is equivalent to applying the maximum possible drag force). As can be seen in Fig. 8 (see simulations F_{I26,a} - F_{I26,f}), forcing $v_\ast = 0$ at each fine time-step of the simulation allows BHs to remain attached to the host cloud core independently of seed mass. It produces converged mass evolutions for all seed masses tested, allowing even BHs with very small seed masses ($F_{I26,c}$ has $M_{\text{seed}} = 1 \text{M}_\odot$) to settle smoothly into the emerging gas disc (see the density slices of $F_{I26,c}$ in Fig. 9). Once a BH is sufficiently massive to accrete the cloud core and transition to SLA, all mass evolutions converge. At this point, $R_A^2 > 0.2 \Delta x_{\text{zoom}}$ and the sub-grid dynamical friction algorithm becomes inactive.

In the most extreme case, $F_{I26,a}$, with $M_{\text{seed}} = 10^{-2} \text{M}_\odot$, growth is delayed as the BH seed mass is initially well below the SLA transition mass (equation 13) in spite of the 0.01 pc resolution, and
so it initially grows via BHL accretion. While in the BHL regime, the drag force remains active (see the bottom panel in Fig. 8), and the BH remains attached to the cloud core (see the density slices in Fig. 10). Like in the spherical collapse case presented in Section A, gas and BH are gravitationally bound so the delay in accretion has no influence over the long-term evolution of the BH mass. However, this could change in the presence of feedback that could disrupt the cloud before the BH is sufficiently massive. If the accretion rate had been capped at the Eddington accretion rate (see equation 9), this period of low accretion before convergence with the larger seeds would have been much longer, yet stifling mass growth and delaying the point in time when the transition mass $M_{\text{SLA}}$ is reached.

As previously stated, the difficulty stems from the fact that applying any analytic drag force model inherently requires a measure of the relative velocity of the BH, which can be defined in several ways. As shown in Appendix A, $v_r$ is the better choice for a spherically symmetric collapse, where the relative velocity of the BH with respect to its host cell, $v_{cell}$, is even more overestimated than with respect to the bulk relative velocity. In non-spherically symmetric cases, like the ones discussed in this section, where the scale height of the disc is smaller than the radius of the accretion region and cloud particles probe both sides of the disc simultaneously, the local velocity dispersion will increase $v_r$ relative to $v_{cell}$. Setting $v_r = 0$ allows the BH to remain sufficiently attached to the cloud to continue accreting from its core until its dynamical friction is self-consistently resolved (compare right two columns of Figs 7–9) and an analytic drag force becomes irrelevant. This ‘maximum drag force’ prescription is more robust than an imprecise relative velocity estimate due to its self-correcting nature for a force linearly proportional to relative velocity. The reader is however cautioned that it does not necessarily guarantee that the BH remains perfectly attached to the cloud core at all times. In fact, to minimize the need for any drag force prescription, the seed mass should be chosen such that $R^* = \frac{G M}{c_s^2 v_{cell}^2} \approx \Delta x_{\text{zoom}}$, where $c_s$ is the sound speed of the host cell at formation, so that the accretion radius is marginally resolved at the end of cloud collapse. Applying a maximum drag force while dynamical friction is unresolved should only be considered as a way to ensure that the outcome of the simulation will not sensitively depend on this choice.

In summary, a small BH seed mass, in combination with forcing $v_r = 0$ until the dynamical friction of the gas on the BH is resolved, is a robust way of producing a BH mass evolution that reflects the emerging structure of the collapsing cloud from which it forms. The resulting accretion history becomes independent of the somewhat arbitrary BH seed mass choice if no feedback is included, as accretion on the BH is driven by the self-gravity of the host cloud rather than by the gravitational potential of the BH itself. In the absence of any kind of feedback process to alter the cloud collapse, the three competing BH formation mechanisms previously mentioned cannot be distinguished from one another: the BH initial mass is quickly washed out by efficient gas accretion. Bearing this caveat in mind, we investigate in the next section the impact on BH accretion of better resolving the internal structure of the cloud.

5 THE IMPACT OF RESOLUTION ON BH ACCRETION

If accretion on to the BH is driven by the internal structure of the host cloud, then resolving the cloud further may have a decisive impact on the BH mass evolution. To investigate this issue, three simulations with different $f_{\text{zoom}}$, R,J23, R,J26, and R,J28 are compared to one simulation without BH zoom, R,J20 (see Table 3 for details). The seed masses for all four simulations were chosen according to the criterion $R^* \approx \Delta x_{\text{zoom}}$ proposed at the end of Section 4.2. All four simulations have $f_{\text{glob}} = 20$ and $v_{\text{ejecta}} = 8$. The cooling halo and seed formation location are identical to the simulations presented in Section 4.

Improving resolution in the vicinity of the BH has an immediate and significant impact on its evolution, as can be seen in Fig. 11. While it may seem to only mildly affect the BH’s rapid initial mass growth (all four simulations produce a BH in the mass range of $3-6 \times 10^5 M_\odot$ in less than 0.1 Myr, despite starting from orders of magnitude different seed masses), the later accretion patterns and gas properties in the immediate vicinity of the BH differ so notably that the simulations never converge.

The similar magnitudes of BH masses after only 0.1 Myr of evolution, despite seed masses spanning over two orders of magnitude, strengthen the conclusion from Section 4.2 that the value of the BH seed mass is inconsequential, as long as it is below the mass acquired during the initial mass boost and above the SLA transition mass for a given resolution. Both conditions are met for all four simulations presented in this section.

Structures on pc scale and larger remain similar in all four simulations, as can be seen by looking at the density projections presented in Fig. 12. This is confirmed by the mass profiles plotted in Fig. 13, which show that $M_{\text{tot}}$ and $M_\star$ converge for all four simulations on scales above 4 pc, the size of the accretion region in R,J20. By contrast, on smaller scales, the BH in R,J20 accretes the entire dense core of the cloud (Fig. 12, middle column), emptying an irregularly shaped accretion region whose size is of the same order as in-falling clumps. Any cloud that subsequently falls into the centre is disrupted and accreted immediately by the BH, without re-forming a dense core. On the other hand, the accretion region of BHs in the BH zoom simulations, R,J23, R,J26 and R,J28, is significantly smaller than the physical extent of the core. Instead of being accreted, the core collapses into a nuclear gas disc whose rotationally supported structure is captured by the simulation.

5.1 The nuclear disc

The density projections in Fig. 12 show that the physical extent of the nuclear disc is the same in R,J26 and R,J28. With a factor of 4 higher resolution, R,J28 captures more of the internal structure of the core, in the form of spiral features, than R,J26 in which the core appears smoother (compare R,J26 and R,J28 in the right column of Fig. 12). Despite the internal structure, the gas density, temperature, and disc height profiles in Fig. 14 show that the Keplerian disc is self-similar, with single power-law profiles extending smoothly up to a radius of about 1 pc. In-between accretion events, the disc profiles vary little over the 5 Myr studied here, far longer than the dynamical time scale of the disc, which we estimate at $2\pi r/v_\theta \approx 0.1$ Myr for $r = 1$ pc. The nuclear disc has a maximum radius of $r = 1$ pc, where it self-gravitates and fragments. This can be seen visually in the density projections in Fig. 12, and is confirmed by the value of the Toomre parameter $Q = c_s \kappa/(\pi G \Sigma)$, which falls below one at $r = 1.1$ pc, when calculated using the power-law fits from Fig. 14.

The inner edge of the disc is determined by the extend of the BH inner edge, in the form of spiral features, rather than by the gravitational potential of the BH (see the top panel of Fig. 12). The disc is rotationally supported, as can be seen by the fact that it rotates at the Keplerian velocity of the potential, and the ratio of tangential velocity to sound speed, $v_\theta/c_s > 20$, at all radii.
Figure 10. Density slices of $F_{\text{L}26}$ at three points in time. The location of the BH is marked by a black cross, and the size of $r_{\text{zoom}}$ by a white circle.

Figure 11. Time evolution of BH and local gas properties at different resolutions (see Table 3 for details). The dashed line on the middle panel represents the Eddington accretion rate. All data are time averaged over 100 data points for clarity.

Table 3. Parameters for simulations in Section 5. All simulations have $l_{\text{glob}} = 20$ and the three zoom simulations have $n_{\text{zoom}} = 8$.

| Name  | $l_{\text{zoom}}$ | $\Delta x_{\text{min}}$ (pc) | $M_{\text{seed}}$ ($M_\odot$) | CPU hours$^a$ |
|-------|-------------------|-------------------------------|-------------------------------|--------------|
| R\text{L}20 | 20                | 0.992                         | $5 \times 10^3$               | 10           |
| R\text{L}23 | 23                | 0.124                         | 700                           | 62           |
| R\text{L}26 | 26                | 0.016                         | 40                            | 404          |
| R\text{L}28 | 28                | 0.004                         | 10                            | 2,122        |

$^a$Per Myr of evolution on 36 Intel X5650 (2.67 GHz) cores.

5.2 Consequences for BH accretion

The difference between accreting the entire core directly or embedding the BH at the centre of a resolved core results in a factor of 5 difference in BH mass after just 0.5 Myr of evolution and has a lasting influence on BH accretion.
Comparing the duty cycle of R\textsubscript{l20} to R\textsubscript{l23-28} in the second panel of Fig. 11 shows that resolving the nuclear disc around the BH markedly changes the accretion pattern. The BH in R\textsubscript{l20} grows chaotically, i.e. with an accretion rate that fluctuates by orders of magnitude over time periods of less than 0.1 Myr. By contrast, BHs in the three other simulations grow in an episodic fashion, where long periods of smooth accretion are interspersed with accretion bursts that can last up to 0.5 Myr.

While R\textsubscript{l26} and R\textsubscript{l23} show similar accretion patterns, the factor of 8 difference in resolution between these two runs affects the gas properties measured in the vicinity of the BH. First of all, the initial BH mass is smaller in R\textsubscript{l26} as the volume covered by the accretion region, and therefore the mass it contains when transitioning to SLA, is resolution dependent. Secondly, the BH is fed by gas that loses sufficient angular momentum to enter the accretion region at the centre of the nuclear disc. BHs in higher resolution simulations have smaller accretion regions, so the gas needs to lose more angular momentum before being accreted, which results in a lower accretion rate during the smooth accretion phases (compare R\textsubscript{l23} to R\textsubscript{l26} around $t = 103$ Myr in Fig. 11). Finally, as the gas is removed
Figure 13. Cumulative spherical mass profiles for four different $l_{glob}$, including gas mass, stellar mass, BH mass, and total mass. The vertical line marks the size of the accretion region in the lowest resolution simulation, $R_{l20}$. These profiles were produced at $t = 10^2$ Myr.

deep in the BH potential well, higher local densities than in $R_{l23}$ are reached.

Infalling gas clumps, such as during the event from $R_{l26}$ shown in Fig. 16, trigger episodes of increased accretion (see Fig. 17). In this example, two clumps reach the centre of the disc in rapid succession. The first, smaller clump, with a mass of $1.8 \times 10^5 M_\odot$, causes a small, short-lived accretion spike that leaves the nuclear disc mostly unaffected. During this episode, the BH grows by $1.1 \times 10^5 M_\odot$, i.e. slightly less than the clump mass. By contrast, the second, more massive clump, with a mass of $8.8 \times 10^5 M_\odot$, induces a violent disc instability that results in shrinking the nuclear disc outer radius from $r_{out} = 1.2$ pc down to $r_{out} = 0.4$ pc, as can be seen in Fig. 17, and from the density projections plotted in Fig. 16. The resulting redistribution of angular momentum allows gas to fall into the accretion region, boosting the accretion rate, before the disc resettles and the BH returns to smooth accretion. During this second infall event, the BH grows by a total mass of $1.3 \times 10^6 M_\odot$, which is equal to 1.5 times the clump mass. The extra mass is drained from the nuclear disc. These accretion bursts are the dominant accretion mechanism as soon as the nuclear gas disc is resolved. Note that such a growth by clump capture is also reported in Lupi et al. (2016), who perform numerical simulations of seed BHs in a galactic context at resolutions comparable to $R_{l23}$.

The differences in local gas properties and accretion duty cycles at higher resolution should have major consequences for BH feedback. Assuming $E_{BH} \propto M_{BH}$, $R_{l20}$ would produce ‘rapid fire’ feedback, consisting of fast bursts carrying over an order of magnitude more energy than that powered by the smoother accretion in $R_{l26}$ during the same amount of time. Conversely, $R_{l23}$, and particularly $R_{l26}$ and $R_{l28}$, would produce much more sustained weaker feedback, interspersed with a few episodes of strong feedback bursts that would interact with the dense gas of the nuclear disc. These different duty-cycles are, in turn, expected to significantly impact the effect of feedback on the BH host galaxy, particularly when combined with the effect reported in Negri & Volonteri (2017), i.e. that resolution impacts the ability of BHs to self-regulate as it affects the size of the gas reservoir into which feedback energy is deposited. Like accretion and dynamical friction, feedback sub-grid algorithms will have to be carefully re-examined for use in high-resolution environments of the kind presented here, and an investigation into the

Figure 14. Radial profiles of the nuclear disc at $t = 102$ Myr. From top to bottom: epicyclic frequency $\omega$ normalized to the BH Keplerian frequency $\omega_{K, *}$, number density $n$, temperature $T$, disc height $H$, ratio of tangential velocity to sound speed $v_{\theta}/c_s$, radial velocity $v_r$, radial mass flux $j_r$, and surface number density $\Sigma$. Each profile is plotted from the edge of each simulation accretion region at $4\Delta x_{\min}$ to a distance of 10 pc from the BH. Power-law fits, shown as dashed–dotted lines, are calculated for the Keplerian part of the disc only, i.e. at $r \leq 1.1$ pc (marked by the vertical line).
Secondly, adding a boost factor to the BHL formula is, the nuclear disc found in our simulations is therefore much larger than observed accretion disc (see Fig. 18). The nuclear disc found in our simulations is therefore much larger than observed accretion disc (see Fig. 18).

First, despite a lower gas density, \( R_{120} \) overaccretes in comparison to \( R_{\text{J26}} \). Secondly, adding a boost factor to the BHL formula is inconsequential once accretion has transitioned to SLA, as the mass accreted by the BH is no longer determined by the value calculated by the BHL accretion rate in equation (3), boosted or otherwise.

Work presented here showed the main limiting factor to accretion is the rotational support of the gas on pc and sub-pc scales. This favours accretion models that explicitly take the rotation of the gas into account. Krumholz et al. (2004) and Curtis & Sijacki (2016) suggest models in which the BHL accretion rate should be scaled down by a factor reflecting the vorticity of the gas. Alternatively, Anglés-Alcázar et al. (2015) propose to use gravitational torques on \( \sim 100 \) pc scales to calculate the accretion rate on to the BH, which seems an even more appropriate choice, as it is based on a global gas measure and independent of BH mass. However, we note that the strong rotational support of gas found here could be due to the coherent rotation added to the halo as part of the initial conditions. Based on current knowledge, there is no guarantee that high-redshift mini-haloes hosting early BHs also are rotation dominated, particularly once both stellar and BH feedback have been added. Anglés-Alcázar et al. (2017) find that when using the torque-based model in a galactic context, BHs do not accrete efficiently until the galactic bulge forms at \( z \sim 2 \). This could be tentative evidence that early SMBHs, observed at \( z > 6 \), accrete primarily through chaotic accretion rather than smooth accretion mediated by a galactic gas disc. To investigate this matter further, it will be necessary to conduct a high-resolution study of the kind presented in this work, but in an explicit cosmological context to capture the properties of the galactic gas flow during the first billion years of the Universe.

6.2 From nuclear disc to ISCO

Spanning a region between \( 10^{-2} \) and 1 pc, which corresponds to \( 10^{5} - 10^{7} R_{\text{SS}} \) for the \( \sim 10^{6} M_{\odot} \) BH in \( R_{\text{J28}} \), the nuclear disc found in our simulations presents an inner radius, \( r_{\text{in}} \), which still is very distant from the BH \( R_{\text{SS}} \), and an outer edge, \( r_{\text{out}} \), located much further than both observations, and theoretical considerations based on a thin disc model, suggest. Indeed, Shlosman & Begelman (1987) argue that Keplerian discs around massive BHs are expected to self-gravitate beyond \( 10^{4} R_{\text{SS}} \), which is corroborated by the more detailed analysis in Goodman & Tan (2004), who predict a self-gravity radius for the disc at \( 6 \times 10^{4} R_{\text{SS}} \) (see equation 27 in Goodman & Tan 2004). Observationally, SED fitting from Sirko & Goodman (2003) reveals an outer disc radius of \( 10^{5} R_{\text{SS}} \) for SMBHs, and the micro-lensing analysis from Morgan et al. (2010) places it at only \( 160 R_{\text{SS}} \) for a \( 10^{6} M_{\odot} \) BH (see equation 4 in Morgan et al. 2010). The nuclear disc found in our simulations is therefore much larger than observed accretion disc (see Fig. 18).

While we expect accretion discs composed of primordial gas to have a larger extent due to the significant reduction of radiative cooling channels available, forcing the disc to remain hotter and therefore better supported against fragmentation, the magnitude of the discrepancy between observations and our results strongly suggests that the disc resolved in our work is not the real accretion disc around the BH. As argued in the previous section, we expect that, as resolution increases, a nested disc structure would develop, with a thin disc eventually forming on scales below \( 10^{4} R_{\text{SS}} \), embedded within the slim nuclear disc (see Section 5.1 for details). Bearing in mind the difficulty to predict the behaviour of this unresolved accretion disc, the power-law extrapolation we provide in Fig. 18 suggests that the BH mass has not yet converged, even for our highest res-
Figure 16. Gas density projections of the BH environment during the accretion burst around $t = 101.8$ Myr in R_{J26}. The accretion spike is caused by the disruption of a gas clump. The BH is marked by the black cross and streamlines are shown in white.

Figure 17. A detailed view of the accretion rate (dashed line) around the merger event of clump 2 shown in Fig. 16, overlaid with time evolutions of the outer disc edge $r_{\text{out}}$ (solid line), defined to be the radius at which the Toomre parameter $Q$ falls below one, and the in-spiral of two clumps (clumps 1 and 2, shown by round markers and crosses, respectively). Grey shaded regions indicate the epoch during which the BH mass accretion from each clump is calculated.

Figure 18. Dependence of the BH mass at $t = 105$ Myr on the inner radius of the nuclear disc, $r_{\text{in}}$. Each simulation is shown as a round marker, and a power-law fit is shown as the dotted line. The innermost stable orbit, $r_{\text{ISCO}}$, for a range of BH spin parameters is shown as the shaded region. Also plotted is the observed extent of the accretion disc according to equation (4) in Morgan et al. (2010) (solid line) and equation (27) in Goodman & Tan (2004) (dashed line).

resolution simulation. If the current trend, $M_{\text{BH}} = 10^6.9 \left(\frac{r_{\text{in}}}{pc}\right)^{0.2} M_\odot$, continues then the BH mass in R_{J28} is overestimated by about an order of magnitude in comparison to the limit obtained when $r_{\text{in}} \to r_{\text{ISCO}}$.

This resolution dependence of the BH mass is a consequence of the two assumptions made by SLA: all gas entering the accretion region is accreted by the BH, and the time-scale between gas entering the accretion region and entering the event horizon of the BH is short. The former holds for the simulations presented here, particularly R_{J23–J28} where the BH dominates the gravitational potential at the edge of the accretion region. The question of accretion time-scale is more difficult, as comparing R_{J20} to R_{J23–J28} shows that in the presence of rotation, accretion can be significantly delayed on the scales resolved here. Therefore, even if all gas will eventually be accreted, one would expect a significant time delay, which could also have important consequences for BH feedback.
One solution to account for this delay could be to scale down the accretion rate on to the BH by a factor reflecting the vorticity of the gas in, or just around, the accretion region. This concept would be difficult to implement within the framework of the current accretion algorithm, as SLA is an emergent phenomenon, not an explicitly calculated accretion rate. Scaling it down to compensate for vorticity is therefore not guaranteed to produce the desired effect. Indeed, one of the main justifications for using the BH zoom technique is precisely that it is able to account for the vorticity of the gas self-consistently, rather than through yet another sub-grid scheme.

Exploring an alternative approach, an explicit flux-based scheme to calculate gas accretion on to sink particles was introduced in RAMSES by Bleuler & Teyssier (2014), based on previous work by Gong & Ostriker (2013). The idea is to compute accretion directly from hydrodynamics, using the Riemann fluxes at the boundaries of the cell where the BH resides. The authors compare this scheme to a standard BHL scheme and note that it performs better at high resolution, whereas the BHL scheme is more accurate at low resolution. Compared to the algorithm we presented here, the flux scheme of Bleuler & Teyssier (2014) has the advantage that it produces a smooth transition of the flow into the accretion region and thereby avoids artificially low densities within this region and the associated pressure forces at the accretion edge boundary. On the other hand, our scheme automatically transitions from BHL to SLA, without the need to introduce an explicit transition criterion that necessarily depends on the value of $R^2$ and can therefore be difficult to define in a galactic context, as discussed in Section 4.2.

As mentioned in Section 5.1, it is unlikely that the nuclear disc structure will continue to be self-similar as $\Delta x_{\min} \rightarrow r_{\text{isco}}$, as the gas is expected to become optically thick and radiatively efficient at cooling. However, the gas properties measured at the edge of the accretion region could provide input parameters for an accretion-disc based sub-grid model, like the ones presented in Power et al. (2011) and Dubois et al. (2012b), particularly as the size of the accretion region predicted by $R_{\text{288}}$ approaches the expected boundary of real SMBH accretion discs.1 In such models, gas is removed from the grid and added to a sub-grid ‘accretion disc’, from which the accretion rate on to the BH itself is calculated, taking the viscous time-scale on which angular momentum is transferred explicitly into account. This would also provide an opportunity to include physical processes not included in the original simulations, such as magnetic fields. How much more accurate such a scheme would be at capturing the accretion duty cycle of a BH on the relevant length scales remains an open question at this stage.

### 6.3 Other refinement schemes

The work presented in this paper is similar in spirit to that of Curtis & Sijacki (2015), who present a super-Lagrangian refinement algorithm for the BH vicinity implemented in the moving-mesh code AREPO. One significant difference between the two works is that Curtis & Sijacki (2015) define a maximum radius, set to the gravitational smoothing length associated with the BH, within which resolution is increased as one approaches the BH. In BH zoom, a minimum radius is defined instead, within which the maximum resolution is maintained. This high-resolution region is then surrounded by regions of progressively lower resolution until the resolution of cells adaptively refined using the standard quasi-Lagrangian refinement criterion is reached. Maintaining a fixed grid around the BH enforces that accretion on to it only proceeds from cells at the highest resolution. This is of key importance as convergence tests presented in Section 3.2 have shown that accretion from a region refined at mixed resolution can lead to divergent mass accretion histories (see Curtis & Sijacki, 2015, which has $r_{\text{refine}} < 2\Delta x_{\min}$ in Section 3.2).

Another important difference is that in Curtis & Sijacki (2015), the smallest cell is of the order of the BH Bondi radius, $R_\text{BH}$. In the simulations presented here, the Bondi radius is consistently well resolved for BHs of comparable seed mass. Accretion in Curtis & Sijacki (2015) therefore continues to rely on the BHL accretion rate and uses a resolution at which the BHL accretion rate based on local quantities can differ by as much as a factor of 5 from the analytic value at infinity. The authors combine BHL accretion with a non-isotropic accretion scheme, where gas is only accreted from cells with a temperature below a threshold temperature, $T_{\text{cool}}$, and when the fraction of cold gas within the softening length of the BH exceeds 25 percent. This is designed to mimic accretion via a cold, dense disc expected to dominate BH accretion in a galactic environment. We employ no such sub-grid model as the nuclear disc feeding the ‘true’ BH accretion disc can be resolved self-consistently using the BH zoom technique (see Section 5). However, contrary to the work presented here, Curtis & Sijacki (2015) include AGN feedback. Based on their results, it is possible that in the presence of such a feedback our simple accretion algorithm could be unsatisfying and that the size of the zoom region would have to be significantly larger to cope with the rapidly changing gas properties in the BH vicinity, making the simulations more computationally expensive.

The issue of keeping the BH attached to the local gas flow is addressed in Curtis & Sijacki (2015) by calculating separate dynamical and sub-grid masses for each BH. The former is used for calculations of the gravitational potential, whereas the latter is the ‘physical’ mass of the BH, equivalent to $M_\text{BH}$ in the work presented here. The advantage of such a dynamical mass model in comparison to the drag force model used in our work is that it does not rely on measuring local relative velocities and therefore avoids the associated difficulties. However, as stated in Curtis & Sijacki (2015), using the dynamical mass model for local gravity calculations introduces significant changes to the central potential, and has a lasting impact on local gas dynamics, when the BH mass exceeds the local cell masses. At the resolutions studied in this paper, the BH mass frequently exceeds the local cell mass even for simulations where dynamical friction is unresolved. The ratio $M_{\text{BH}}/M_{\text{cell}} \propto M_{\text{BH}}/(\rho_{\text{cell}}\Delta x_{\text{zoom}}^3)$ (important for the dynamical mass model) depends on the local density $\rho_{\text{cell}}$, whereas the ratio $R_\text{BH}/\Delta x_{\text{zoom}} \propto M_{\text{BH}}/(\Delta x_{\text{zoom}} v^2)$ (important for the drag force model) depends on the relative velocity between BH and gas, $v$, instead. A supersonically moving BH in a low-density environment can therefore dominate the local potential but still have underresolved dynamical friction. One such example is the BH in $D_{\text{286}}$ small in Section 4.1 that fails to settle in the disc despite its mass exceeding local cell masses by more than an order of magnitude.

Finally, we note that another super-Lagrangian refinement scheme for BHs in RAMSES has been proposed by Lupi, Haardt & Dotti (2015), in which the BH host cell is forced to always be at the highest resolution available in the simulation. Their scheme thus differs from the work presented here in that the BH environment is only resolved as well as the densest gas, not better, as with BH zoom. We independently implemented the refinement scheme of Lupi et al. (2015) in the fiducial runs without BH zoom to avoid lo-
of the BH largely independent of seed mass. As already shown in
Beckmann et al. (2018), sub-grid drag force prescriptions should
be switched off when $R_{\text{A}}^2 > 0.2 \Delta x_{\text{zoom}}$, as they can unphysically
accrete the BH once the gravitational wake becomes resolved.

As for the impact of resolving the BH environment on accretion,
work presented in this paper showed that, in the absence of any
kind of feedback, the mass accretion history of a BH is driven by
the internal structure of the clouds from which it forms and accretes.
Resolving the gravitational zone of influence of the BH is therefore
a necessary but not sufficient condition to capture a BH’s accretion
history.

Indeed, when we compared the evolution of BHs in simulations
with identical initial conditions, but where the BH local environment
was resolved at 0.99, 0.16, 0.01, and 0.002 pc, respectively, the
gas properties differed so notably that the mass of the BHs in the
simulations never converged, despite the fact that all had a well-
resolved Bondi radius, with $R_{\text{B}}^2 / \Delta x_{\text{min}} > 10^3$ at all times. In the least-
resolved simulation, the BH accretes continuously but chaotically,
as gas clumps are disrupted and accreted as soon as they fall into the
accretion region. At higher resolution, by contrast, the simulations
resolve more and more of a slim nuclear gas disc that smoothly
feeds the BH. These accretion episodes occur much more rarely but last much longer than the oscillations in the accretion rate measured in the lowest resolution simulation. Resolving the nuclear

7 CONCLUSIONS

The origin of SMBHs is a complex problem that involves gas flows
and gravitational torques over many orders of magnitude in length
scale, from the Mpc scales of the cosmic web to the au scales of the
event horizon. This paper studied the early evolution of BHs, fed
by collapsing gas clouds using a ‘BH zoom’ refinement algorithm,
a super-Lagrangian scheme for the AMR code RAMSES in which
the BH is surrounded by a spherical region consistently refined at
high resolution. Simulations presented in this paper used BH zoom
to improve the spatial resolution in the vicinity of the BH by two orders of magnitude.

Accurately capturing the BH orbit within the galaxy is of ut-
termost importance in the early evolution stages, when the accretion
history of the BH is set by the internal structure of the self-
gravitating gas cloud from which it formed. More specifically, we
showed that dynamical friction plays a crucial role in studies of
early BH accretion. For initially sufficiently massive BHs, dynamical
friction is self-consistently resolved. For lighter seeds, which
have $R_{\text{B}}^2 < \Delta x_{\text{zoom}}$, a sub-grid model is required to properly capture
the BH dynamical evolution. However, reliably measuring local gas
properties becomes increasingly difficult when resolution increases,
as small changes in the movement of the BH lead to large fluctua-
tions of local quantities. The relative velocity between the BH
and local gas is particularly vulnerable to being overestimated. As
a subgrid algorithm is only ever as reliable as its input paramet-
ers, we propose to use the simplest possible sub-grid recipes in
high-resolution environments, and caution the reader to carefully
question the assumptions that go into each one (see Appendix A for
details).

Nevertheless, we demonstrated that robust results for the BH
mass accretion history, largely independent of the (somewhat ar-
bitrary and resolution dependent) choice of BH seed mass can be
achieved using two simple sub-grid models that require a minimum
number of input parameters. First, we show that a BHL-based accretion
algorithm automatically transitions to SLA at sufficiently high
resolution. During SLA, the accretion rate on to the BH is deter-
mined by the mass flux into the accretion region, an inherently local
measure that will converge to the correct (Newtonian) solution as
the size of the accretion region approaches the size of the BH event
horizon. Secondly, a drag force model with constant maximum magni-
"
disc around the BH therefore changes the BH accretion duty cycle from chaotic to episodic. Using an admittedly simplified numerical experiment set-up, we established that the accretion behaviour of the BH is highly non-linear and dominated by small scale features in the immediate vicinity of the BH. Moreover, resolving the characteristic scale length of the BH gravitational zone of influence only provides an upper limit to gas accretion, as internal structure of the gas clouds feeding the BH and rotational support on sub-pc scales have long-term consequences on BH accretion histories. In particular, we have drawn attention on the potential existence and importance of a nuclear disc feeding the true BH accretion disc on yet smaller scales. We caution that this could be due to the lack of feedback in the simulations presented here, as well as the coherent rotation added to the DM halo as part of the initial conditions. Better understanding the early accretion history of SMBHs will require performing high-resolution simulations of the kind we presented in an explicit cosmological context, which include both stellar and BH feedback.

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APPENDIX A: MEASURING LOCAL GAS PROPERTIES IN COLLAPSING GAS CLOUDS

Even in the highest resolution simulations of galaxies currently available, the smallest resolution extends orders of magnitude beyond the physical size of the BH, whose event horizon is best measured in au. Explicit sub-grid schemes therefore remain indispensable to handle unresolved physics, as is demonstrated for dynamical friction in Section 4, even in sub-pc scale resolution simulations. However, these sub-grid schemes require input parameters, which in turn requires local or non-local gas properties to

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be measured. The spherically collapsing test case from Section 3.1 is used to demonstrate some of the pitfalls of measuring local gas properties, such as density, as well as less local measures, such as relative velocity, within a resolved collapsing gas cloud. In order to investigate the impact of resolution in the BH vicinity on gas properties as measured by the BH, this section presents a comparison of BH zoom simulations with a range of maximum refinement levels, i.e. $16 \leq l_{zoom} \leq 20$ (see Table 1 for details).

Fig. A1 shows that at all resolutions, the BH transitions to the SLA regime. As the accretion rate on to the BH thus becomes driven by the gas mass flux into the accretion region, which is approximately independent of radius for the free-falling gas studied here, BH accretion rates and BH masses converge for all resolutions probed. Simulations with higher $l_{zoom}$ transition earlier because dense gas increases the accretion rate during the initial BHL phase, allowing the BH to build up mass faster. Simulations with higher $l_{zoom}$ also have smaller accretion regions, which lead to smaller transition masses as $M_{SLA} \propto \sqrt{l_{zoom}}$.

Fig. A1 shows that the time-averaged value of the local gas density, $\rho_l$, is resolution dependent. This has two reasons: one physical and one numerical. Physically, higher resolution simulations resolve more of the central density peak of the collapsing cloud, thus embedding the BH in denser gas. Numerically, SLA removes exactly 75 per cent of the mass contained in a gas cell during accretion. The residual mass, $M_{res}$, left in the accretion region at the end of an accretion step, adjusts until the inflowing mass between accretion steps, $M_{inflow}$, becomes exactly equal to 75 per cent of the total mass from which the BH accretes, i.e. until $M_{inflow} = 3M_{res}$. The process is self-balancing, as surplus gas is deposited in, or removed from, $M_{res}$ until it holds. For the free-falling gas in this test case, $M_{inflow}$ is constant and independent of the radius through which it is measured, and therefore approximately resolution independent, but $M_{res}$ depends on the size of the accretion region. Therefore, to maintain $M_{res} = 1/3M_{inflow} = constant$, simulations with smaller accretion regions must achieve higher densities, as seen in Fig. A1.

From visual inspection, the BHs in the simulations presented in this section remain located at the bottom of the potential well, with no obvious movement relative to the box. Their relative velocity is therefore approximately zero compared to its host cloud. By contrast, as can be seen in Fig. A1, the local measured relative velocity, $v_*\cdot$, is non-negligible at all resolutions, with more resolved simulations exhibiting a higher relative velocity. In fact, a comparison to the local sound speed, $c_*$, would suggest that the BH is moving super-sonically relative to the local gas flow, a conclusion that is not supported by global gas flow patterns and BH movement. All simulations with $l_{zoom} \geq 20$ also develop an oscillatory behaviour that appears in the local density, $\rho_*$, the relative velocity, $v_*$, and to a lesser extent in the sound speed, $c_*$. Higher resolution simulations get unsettled earlier and oscillate with shorter periods.

To investigate the origin of these oscillations and the high $v_*$, the original simulation, $C_{120n8}$, where momentum is conserved during accretion and the BH moves under gravity, is compared to two simulations where the BH position is held fixed. In $C_{120n8}$ symmetric, the BH is located exactly at the cell centre, and the cloud particles are spaced using $\Delta x_{zoom} = \Delta x_{zoom}/2.02$ to avoid ambiguity in determining a cloud particle host cell. In $C_{120n8}$ offset, the BH is also fixed but its position is shifted in all three dimensions by $-0.01 \times \Delta x_{zoom}$ relative to the cell centre. In this simulation, the cloud particles remain spaced at $\Delta x_{zoom}/2.0$ and now preferentially probe cells to the bottom left of the BH in the frame of the box. In $C_{120n8}$ gravity, the BH is only accelerated by gravity, i.e. momentum is not conserved during accretion. For all simulations, the BH is seeded at the local minimum of the analytic gravitational potential.

Fig. A2 shows that, as expected, accretion rates as well as BH masses converge for all four simulations. As can be seen in Fig. A2, $v_*$ is significantly lower than the corresponding inflow velocity (crosses) and equal to or lower than the corresponding velocity of the BH host cell (squares) in all simulations, but higher than the velocity of the BH relative to the box $v_{BH}$. For both $C_{120n8}$ and the deliberately asymmetric simulation $C_{120n8}$ offset the density distribution at the edge of the accretion region is not symmetric (see the top panel of Fig. A3), and the central gas cell has a non-negligible velocity relative to the box (bottom panel). By contrast, the perfectly symmetric case, $C_{120n8}$ symmetric, has both a symmetric density distribution and a noticeably lower velocity in the host cell (0.01 km s$^{-1}$ compared to $\sim$40 km s$^{-1}$). The relative velocity as measured by the BH, $v_*$, therefore simply reflects the fact that fluxes at the bottom of the potential well cancel imperfectly.
The vector addition over the cloud particles successfully smooths out some of the local discretization in the gas, but a residual velocity remains. Higher resolution simulations have higher relative velocities because the gas is more strongly accelerated by the deeper potential well.

When the sink particle is moving only due to gravity, in C_J20m8_gravity, \( v_\star \) has the same magnitude as in the fixed C_J20m8_offset, but its direction flips as the BH traces out a small circle within the host cell (see bottom two panels of Fig. A2). As there is no momentum transferred during accretion and the BH initial position coincides with the bottom of the analytic potential, the BH must be accelerated by the gravitational force exerted by the local gas distribution. Fig. A4 shows that after the transition to SLA at \( t = 2 \text{t}_{\text{ff}}/10^3 \), the BH is surrounded by an irregular shell of leftover gas, which indeed imparts a small net gravitational pull on it.

If the BH is also accelerated by momentum conservation during accretion (C_J20m8), then even though the relative velocity at \( t = 1.9 \text{t}_{\text{ff}}/10^3 \) is comparatively small at \( v_\star = 2.3 \text{ km s}^{-1} \), the large amount of mass accreted (\( M_{\text{acc, tot}} > 10^5 \text{ M}_\odot \)) compared to the initial BH mass (\( M_{\text{BH, ini}} = 260 \text{ M}_\odot \)) means that accreted momentum dominates and the BH receives a velocity kick during the transition to SLA that dislodges it from its position at the cell centre (see the third and fifth panels of Fig. A2). When entering a new cell, gas is removed preferentially from a different set of cells, changing the symmetry of the local density distribution (see Fig. A4). The local symmetries in the density distribution flip, the BH reverses direction and passes back into the original cell, the symmetries flip again and the oscillations continue. Note that this issue is purely numerical and only involves cells within the accretion region, outside of which the gas properties remain as spherically symmetric as possible on a Cartesian grid.

This movement of the BH causes all local mass-weighted quantities to vary by several orders of magnitude on short time-scales, including the accretion rate, but the cumulative effect on the mass evolution of the BH is negligible as the accretion algorithm is self-balancing. Any mass not accreted at a given time-step remains on the grid until accreted. As can be seen in the top panel of Fig. A1, the mass of C_J24m8 is indistinguishable from the mass of stable simulations such as C_J18m8 after more than \( 2 \text{t}_{\text{ff}}/10^3 \). These types of numerical oscillatory features are expected to be less prominent for massive BH in a more realistic astrophysical context. Indeed, simulations involving turbulence, other compact objects and angular momentum are unlikely to produce anything close to a perfectly symmetric collapse for extended periods of time, and local asymmetries in the density distribution around the BH are thus more likely to be caused by the gas flow itself than by BH accretion.

We conclude that both the oscillations and the high relative velocities are numerical artefacts due to a local loss of spherical symmetry in and around the accretion region of the BH (see for example the right-hand panel of Fig. 5), caused by small motions of the BH with respect to the Cartesian grid. The local measures of gas properties, when conducted inside collapsing clouds, therefore become less reliable with increasing resolution. This is particularly true for non-local measures such as the relative velocity and is compounded by the fact that many sub-grid models take the local measure as a proxy for a global one. BHL accretion models, for example, assume quantities are measured far from the BH, not deep in its gravitational potential (see Beckmann et al. 2018 for details). A potential solution would be to measure gas properties on larger scales (e.g. in the torque-driven accretion model by Anglés-Alcázar et al. 2015). However, as discussed further in Section 6, these types of models make assumptions about gas dynamics on pc scales, which
Figure A3. Gas density and velocity magnitude slices in the accretion region of the BH for $C_{120n8}$ (left), $C_{120n8\_offset}$ (centre), and $C_{120n8\_symmetric}$ (right) show that only cells from which mass is removed during accretion are affected by the lack of symmetry. Streamlines are annotated in white, and the location of the BH is marked by a black cross. Cloud particle positions are shown as black dots.

Figure A4. Gas density and velocity magnitude slices in the accretion region of the BH at three points in time show the flipping symmetry as the BH passes across a cell boundary. Streamlines are annotated in white, and the location of the BH is marked by a black cross. Cloud particles are shown as black dots.

are unsupported by our current understanding of conditions in high-redshift mini-haloes. As the local structure around the object under investigation becomes better resolved, local gas properties should be treated with an increasing degree of caution and sub-grid models based on a minimum number of input parameters should be employed. SLA satisfies these requirements, as it only relies on the gas mass flux into the accretion region of the BH, an inherently local measure that will converge to the correct Newtonian solution as the size of the accretion region approaches the physical extent of the BH.

Note that the simplicity of the set-up studied in this section might contribute to the BH mass convergence. As both the gas and the BH are gravitationally bound at the bottom of the potential well, the point at which mass is transferred from the grid to the sink particle has no effect on the long-term evolution. In a more complex environment, the finite lifetime of the cloud feeding the BH could become a concern. From Fig. A1, the transition to SLA happens around $t \approx 1.7 t_{ff}/10^3$, but it is significantly delayed for $C_{J18n8}$ and $C_{\text{halo16}}$. In other words, should the cloud feeding the BH be disrupted at $t \approx 1.9 t_{ff}/10^3$, before the transition to SLA for $C_{J18n8}$ and $C_{\text{halo16}}$, the difference in BH mass at that point would have led to very different later evolution histories for these two simulations.