## Supplement Table C. Changes in outcomes over time

| Parameter              | Baseline | 30 days (pre-randomization) | 90 days (post randomization) | Post delayed intervention (D105) |
|------------------------|----------|-----------------------------|------------------------------|---------------------------------|
|                        | ID1      | ID3                         | P value                      | ID1                            | ID3      | P value†                          |
| Anxiety-depression     | 11.72(3.2)| 10.81(3.6)                  | 0.21                         | 8.74(2.6)                      | 8.46(2.3) | 0.6                              | 4.58(1.7) | 6.32(2.36) | 0.00 | 1.14(1.32) | 0.00 |
| Anxiety                | 5.65(1.7) | 5.61(2.1)                   | 0.92                         | 4.09(1.6)                      | 4.24(1.5) | 0.7                              | 2.19(1.1) | 3.14(1.51) | 0.00 | 0.43(0.67) | 0.00 |
| Depression             | 6.07(1.9) | 5.2(2.2)                    | 0.05                         | 4.65(1.5)                      | 4.22(1.7) | 0.2                              | 2.4(1.1)  | 3.12(1.68) | 0.02 | 0.71(0.81) | 0.00 |
| PTSS                   | 11.81(4.7) | 9.85(4.3)                  | 0.05                         | 9.88(3.9)                      | 8.59(3.7) | 0.12                             | 5.07(2.7) | 6.32(3.17) | 0.05 | 1.26(1.53) | 0.00 |
| Intrusion              | 5.4(2.8)  | 4.8(2.2)                    | 0.03                         | 4.44(2.1)                      | 4.2(1.9)  | 0.57                             | 2.42(1.6) | 3.2(1.7)   | 0.03 | 0.76(1.03) | 0.00 |
| Avoidance              | 1.81(1.5) | 0.88(1.1)                   | 0.001                        | 1.56(1.3)                      | 1(1.3)    | 0.05                             | 0.77(1.0) | 0.73(1.0)  | 0.9  | 0.02(0.15) | 0.00 |
| Hyper arousal          | 4.58(4.2) | 4.17(2.0)                   | 0.35                         | 3.91(1.7)                      | 3.39(1.8) | 0.18                             | 1.88(1.1) | 2.38(1.74) | 0.1  | 0.48(0.71) | 0.00 |
| QOL                    | 0.38(0.23)| 0.36(0.20)                  | 0.53                         | 0.57(0.2)                      | 0.59(0.2) | 0.62                             | 0.84(1.5) | 0.8(0.15)  | 0.35 | 1.0(0.6)   | 0.01 |

†Comparison between D90 and D105 for ID3; all other comparisons are between ID1 and ID3 for that specific period;
N.B. The significance depicted here is different (intergroup comparison) from the results in Table 2, which compare the intragroup change in scores within the two groups.