Insights into the electrochemical performance of metal fluoride cathodes for lithium batteries

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Abstract

In recent years, energy storage and conversion have become key areas of research to address social and environmental issues, as well as practical applications, such as increasing the storage capacity of portable electronic storage devices. However, current commercial lithium-ion batteries suffer from low specific energy and high cost and toxicity. Conversion-type cathode materials are promising candidates for next-generation Li metal and Li-ion batteries (LIBs). Metal fluoride materials have shown tremendous chemical tailorability and exhibit excellent energy density in LIBs. Batteries based on such electrodes can compete with other envisaged alternatives, such as Li-air and Li-S systems. However, conversion reactions are typically multiphase redox reactions with mass transport phenomena and nucleation and growth processes of new phases along with interfacial reactions. Therefore, these reactions involve nonequilibrium reaction pathways and significant overpotentials during the charge-discharge process. In this review, we summarize the key challenges facing metal fluoride cathode materials and general strategies to overcome them in cells. Different synthesis methods of metal fluorides are also presented and discussed in the context of their application as cathode materials in Li and LIBs. Finally, the current challenges...
and future opportunities of metal fluorides as electrode materials are emphasized. With continuous rapid improvements in the electrochemical performance of metal fluorides, it is believed that these materials will be used extensively for energy storage in Li batteries in the future.

**Keywords:** Metal fluorides, cathodes, Li-ion batteries, conversion reaction

**INTRODUCTION**

The story of Li batteries started in the 1950s when lithium metal was used as an anode material in non-aqueous primary cells\(^1\). The high energy densities and low chemical potential of Li/Li\(^+\) (-3.04 V vs. SHE) make Li batteries the most favorable devices for energy storage. Later, in 1977-1979, coin cells based on a TiS\(_2\) cathode, Li-alloy anode, and organic electrolyte (LiClO\(_4\)-dioxolane) were successfully commercialized by Exxon\(^4\), followed by comprehensive research on a series of Li-free cathode materials, including TaS\(_2\), MoS\(_2\), TiS\(_2\), VS\(_2\), NbS\(_2\), and CrS\(_2\). Unfortunately, secondary batteries with Li metal anode carry a risk of explosion due to the growth of lithium dendrites that can pierce the separator during cycling. To solve this problem, the Li-metal anode was replaced by a carbon anode to assemble powerful and safe Li-ion batteries (LIBs). Presently, the fast-growing market requires next-generation rechargeable Li and LIBs to charge faster, have higher energy density and be cheaper and safer. Battery materials with high capacity are therefore being largely developed and explored in advanced LIBs. Unfortunately, many of the cathode materials, like lithium cobalt oxide, lithium nickel oxide, and LiMn\(_2\)O\(_4\), used nowadays for traditional LIBs have limits in electrochemistry, such as low energy density, safety hazards, high price, and environmental issues. Recently, owing to the progress in solid electrolyte research, Li-metal batteries are expected to make a comeback\(^5\) as the anode material is based on metal Li, and it is therefore not essential for the cathode to contain Li.

Efforts to prepare Li-free cathodes have increased in recent years because of the perspective advantages of Li-free cathode materials, such as eco-friendliness, low cost, and high capacity. As one type of Li-free cathode material, conversion-type metal fluoride cathodes, which exhibit low cost and high theoretical capacity, have recently attracted substantial attention\(^6\). Mainly, Li-S battery systems have been widely considered, but S cathodes still face several issues, such as the dissolution of intermediate lithium polysulfides in the electrolyte and low volumetric energy density\(^7\). The high ionicity of the M-F bond favors a higher reaction voltage compared to their oxide and sulfide counterparts\(^8\). Therefore, metal fluoride-based cathodes (e.g., NiF\(_2\), FeF\(_3\), FeF\(_2\), and so on) hold significant promise for energy storage applications\(^8\).

**Figure 1A** shows the theoretical specific capacities and operational voltages for Li-free cathodes\(^9\). It is found that metal fluorides have the highest electromotive force due to the high electronegativity of F. Metal fluoride cathodes also show high gravimetric (> 1600 Wh kg\(^{-1}\)) and volumetric (> 6700 Wh L\(^{-1}\)) energy densities [**Figure 1B** and C] compared to LIBs cathodes, such as LiNi\(_{0.5}\)Mn\(_{1.5}\)O\(_4\) and sulfur. **Figure 1D** shows the cell energy densities of transition metal fluorides, with values of 1172 Wh kg\(^{-1}\) (2178 Wh L\(^{-1}\)) for CuF\(_2\) and 1125 Wh kg\(^{-1}\) (1782 Wh L\(^{-1}\)) for FeF\(_2\). It is noteworthy that the real energy densities will decrease because a higher percentage of carbon and solid-state electrolytes need to be mixed with the cathodes and anodes to improve the ionic and electron conductivity and achieve better battery performance. Nevertheless, it still remains much higher than that of current LIBs (150-300 Wh kg\(^{-1}\)).

Recently, Na- and K-ion batteries are becoming more promising for large scale energy-storage, which can alleviate the concerns regarding the scarcity of Li resources. Although the well-established LIB technology
can be exploited for them, their energy density is generally lower than that of LIBs. Therefore, developing high-performance electrode materials is also one of the research emphases for Na- and K-ion batteries. Metal fluorides (FeF$_2$, FeF$_3$, and CuF$_2$) exhibit promising electrochemical performance, which could be the solution for batteries in the future.

In this review, we summarize the key challenges facing metal fluoride cathode materials and general strategies to overcome them in cells. Different synthesis methods for these materials are described and their electrochemical applications as cathode materials in Li batteries and LIBs are discussed. Finally, the current challenges and future opportunities of metal fluorides as electrode materials are emphasized. We provide a conclusive review of the recent progress made for the rational design of metal fluoride cathode materials in electrochemistry for energy storage in Li batteries.

**CONVERSION REACTION MECHANISM IN METAL FLUORIDE CATHODES**

As one of the reaction pathways for batteries, conversion reactions involve the reduction of the active material into metallic nanoparticles and the formation of a Li compound, which is different from intercalation and alloying reactions. The generalized reaction formula can be expressed as:

$$M_nX_b + (b \cdot n)Li = aM + bLi_nX \ (M = \text{metal}; \ X = \text{O, S, F or P}) \quad (1)$$

It should be noticed that an alloying reaction can take place when M is electrochemically active with Li (e.g., Sn, Sb or Zn), but this is beyond the scope of this review. Conversion-type electrode materials can usually achieve high reversible capacity because the specific capacity can be increased by using metal compounds...
with high oxidation states. In addition, the working potential of these materials can be easily controlled by tuning the ionicity of the M-X bond.

In 1997, FeF$_3$ was first introduced as a prospective insertion-type LIB cathode material with a high theoretical energy density (237 mAh g$^{-1}$) based on a one-electron transfer and high discharge platform (average of 3 V). This opens up potential opportunities for next-generation LIBs$^{[18]}$. Three decades later, the physical proof and stability of the metal fluoride conversion electrode have been separately demonstrated$^{[19,20]}$. The past decade has witnessed tremendous advances in the preparation of metal fluoride electrode materials with improving electrochemical performance. The electrochemical performance, morphology, and particle size of some of the recent metal fluoride cathode nanomaterials are summarized in Table 1.

Among all the metal fluoride phases, FeF$_3$ cathodes with the multielectron transfer mechanism have received the most attention because of their high energy density and low cost. This material converts to nanocomposites of metal nanoparticles dispersed in a LiF matrix during the conversion reaction. Metallic iron may be nucleated to form nanosized Fe particles at the same initial atomic sites in the old phase, while newly formed LiF occupies the space around the metallic iron nanoparticles on the other side during lithiation. The diffusion coefficients of the anions and cations, the ionic and electronic conductivities of the new phase and the interfacial energies can be used to control the morphology of these cathode materials. Numerous studies have correlated the phase behavior in the insertion regime with reaction kinetics but with different mechanisms. The majority of studies indicate that the ReO$_3$ structure comprising corner-sharing FeF$_3$ groups transforms into the trirutile Li$_x$FeF$_3$ phase with an edge-sharing structure. There is a transformation that involves a considerable change in the Fe ordering and anion packing, albeit with different x values. Recently, Hua et al. revealed that FeF$_3$ lithiation is mainly a diffusion-controlled substitution mechanism. Furthermore, there is a clear topological relationship between the metal fluoride and F$^-$ sublattices to that of LiF$^{[20]}$, as shown in Figure 2. FeF$_3$ is formed on the particle surface during the initial lithiation of FeF$_3$. The A-LixFeF$_3$ phase (cation ordered and stacking disordered) is then formed along with FeF$_3$. This structure is related with α-/β-LiMn$^{2+}$Fe$^{3+}$F$_6$ and can topotactically transform to B- and then C-Li$_x$FeF$_3$, before forming LiF and Fe.

Iron fluoride (FeF$_3$) has also been widely studied as a model system for mechanistic studies. However, the lithiation of FeF$_3$ involves the formation of nanosized reaction products (LiF and Fe) and many possible intermediate phases. Karki et al. studied the conversion reactions in a single crystal of FeF$_3$. They reported a lithiation-driven topotactic transformation between the parent and converted phases by in situ visualization of the spatial and crystallographic correlation$^{[28]}$. Specifically, conversion in FeF$_3$ cathode involves the transport of both Fe$^{2+}$ and Li$^+$ ions within the F array and leads to the formation of nanosized Fe along specific crystallographic orientations of FeF$_3$, as shown in Figure 3. During the whole process, the retained F-anion framework creates a checkerboard-like structure, which can compensate the large volume change and thereby enable high cyclability in FeF$_3$.

Xiao et al. prepared single-crystalline, monodisperse FeF$_3$ nanorods through colloidal synthesis$^{[29]}$. The nanorods presented near a theoretical capacity of 570 mAh g$^{-1}$ and good cycling stability, solely through the use of an ionic liquid electrolyte (1 M LiFSI/Pyr1,3FSI). In this work, the conversion mechanism detailed reveals that the discharge and charge reactions are controlled by different mechanisms. As shown in Figure 4, the charge process is an interface-controlled reaction with the slow diffusion of Fe$^{2+}$ through a rock-salt lattice. This is one of the main causes of inherently sluggish of voltage. In contrast, the discharge process is a diffusion-controlled reaction with the fast diffusion of Fe$^0$ through open channels. The study
Table 1. Electrochemical performance of metal fluoride cathode materials for LIBs

| Electrode materials | Morphology | Particle size (nm) | Specific capacity (mAh g⁻¹) | Cycle number | Ref./Year |
|---------------------|------------|-------------------|-----------------------------|--------------|-----------|
| FeF₃                | layer hexagonal | -                  | 80                          | -            | [18] 1997 |
| TiF₃                | layer hexagonal | -                  | 80                          | -            |          |
| VF₃                 | layer hexagonal | -                  | 80                          | -            |          |
| MnF₃                | layer hexagonal | -                  | 80                          | -            |          |
| FeF₃                | Film        | 200-300            | 571.2                       | 30           | [21] 2006 |
| NiF₂                | Nanoparticles| 20-30              | 540                         | 35           | [22] 2008 |
| FeF₃·0.33H₂O        | sponge-like | 10                 | 712                         | 35           | [23] 2010 |
| Li₂FeF₆             | prismatic particles | 50                  | 100                         | -            | [24] 2010 |
| FeF₃·0.33H₂O        | hierarchy   | 11                 | 115                         | 50           | [25] 2011 |
| CuF₂                | Thin film   | 200                | 424                         | 45           | [26] 2011 |
| FeF₃                | Nanoparticles| < 5                | 712                         | 35           | [27] 2011 |
| CuF₂                |            | 5-12               | 424                         |              |          |
| FeF₃                | Nanoparticles| 9.1                | 600                         |              | [28] 2012 |
| FeF₃                | Nanoparticles| 5                  | -200                        | 80           | [30] 2012 |
| FeF₃                | Nanoparticles| 55                 | 140                         | 50           | [14] 2013 |
| FeF₃·0.5H₂O         | Nanoparticles| 10                 | 115                         | 100          | [31] 2013 |
| FeF₃                | Nanospheres | 70-100             | 222                         | 50           | [32] 2013 |
| FeF₃·0.33H₂O        | Nanoparticles| 10                 | 140                         | 100          | [33] 2013 |
| FeF₃                | Films       | 850                | 511                         | 10           | [34] 2014 |
| FeF₃·(OH)₀.₃₂(H₂O)₀.₃₂ | hexagonal-shaped particles | 750 | 110 | 40 | [35] 2014 |
| FeF₃·0.33H₂O        | Cylindrical | 1000-2000          | 137                         | 100          | [36] 2014 |
| FeF₃·0.33H₂O        | Nanopetal   | 123                | 50                          |              | [37] 2014 |
| FeF₃                | Particles   | > 200              | 50                          |              | [38] 2014 |
| FeF₃·4.75·0.95H₂O   | Nanorods    | 148                | 100                         |              | [39] 2014 |
| FeF₃                | Nanocrystals| 30                 | 200                         |              | [40] 2014 |
| CuF₂                |            |                    |                             |              |          |
| FeF₃                | Powders     | 230                | 60                          |              | [41] 2014 |
| LiF/FeF₃            | Nanoparticles| 260.1              |                             |              | [42] 2015 |
| FeF₃·0.33H₂O        | Nanopetals  | 15                 | 145                         | 30           | [43] 2015 |
| MoF₃                |            |                    |                             |              |          |
| FeF₃                | Powder      | 237                | 30                          |              | [44] 2015 |
| B-FeF₃·3H₂O         | Nanoparticles| 146.5              | 10                          |              | [45] 2015 |
| FeF₃                |            |                    |                             |              |          |
| FeF₃                | Nanoparticles| 423                |                             |              | [46] 2015 |
| MnF₂                | Nanoparticles| 50-200             | 489                         | 100          | [47] 2016 |
| HTB-FeF₃            | Nanoparticles| 200-450            |                             | 100          | [48] 2016 |
| FeF₃·0.33H₂O        | 250         |                    |                             |              | [49] 2016 |
| MnF₂                | Nanorods    | 420                | 2000                        |              | [50] 2016 |
| FeF₃                | fusiform structure | 137.3              | 100                         |              | [51] 2016 |
| FeF₃                | nanocrystals| 93.8               | 500                         |              | [52] 2016 |
| FeF₃·3H₂O           | Flower-like | 172.3              | 50                          |              | [53] 2016 |
| CuF₂                |            |                    |                             |              |          |
| FeF₃                | Nanocrystal | 5-20               | 155                         | 100          | [54] 2017 |
| CoF₃                | Nanopowder  | 390                | 14                          |              | [55] 2017 |
| CuF₂                | Nanostructures| 270               |                             |              | [56] 2017 |
| Li₂NiF₄             | Nanospheres | 548                | 40                          |              | [57] 2017 |
| FeF₃                | Nanosheets  |                    |                             |              | [58] 2017 |
| FeF₃·0.33H₂O        | Hierarchical|                    |                             |              | [59] 2017 |
suggests that voltage hysteresis is primarily a result of the reaction overpotential because the charge and discharge pathways are spatially and chemically symmetric. Based on the above results, we can mitigate the reaction hysteresis potentially through materials design. For example, a conductive bridge for electron transport can be made by doping or structural control to provide an enormous interface among nanosized products for the reversible conversion reaction. Regardless of the theoretical significant features of metal fluoride materials, many challenges still need to be resolved before these materials can achieve their desired performance characteristics. These challenges include low ionic and electron conductivities, voltage hysteresis, and unfavorable side reactions between active materials and electrolytes, all of which may lead to poor electrochemical performance and low Coulombic efficiency and energy efficiency.

### LIMITATIONS OF CONVERSION MATERIALS AND STRATEGIES TO OVERCOME THEM

#### Low conductivity

Metal fluoride (FeF$_3$ and FeF$_2$)-based cathode materials are particularly promising materials due to their high volumetric and gravimetric capacities. However, the strong ionic bond between M and F results in a large band gap, which makes metal fluoride materials poor electronic conductors. The large interfacial...
Figure 3. (A) Schematic illustration of structure of FeF$_2$ with Fe (red) and F (green). In the 3D view (left), the unit cell is outlined by thick blue lines. The thin black lines outline a 1 × 2 × 2 supercell. Alternative arrangement of Fe-F along the [001] direction in the unit cell is shown in the red and green planes. (B) Li (yellow) insertion along the [001] direction. (C) Expansion/contraction of Fe/LiF along different directions. (D) Perspective view of checkerboard arrangement of the converted Fe domains along the [001] FeF$_2$ direction. Reproduced from Ref. \cite{9} with permission. Copyright 2018 American Chemical Society.

Figure 4. Schematic illustration of full discharge-charge mechanism for FeF$_2$ electrode. (1) Forming disordered Fe and LiF at the surface. (2) Forming trirutile and rocksalt phases throughout the interior accompanied by formation of Fe and LiF particles with double-layered shell. (3) The shell limits the propagation of the reaction to the [001], creating a boundary between the converted (iron containing) and unconverted regions. (4) Fully discharged state with Fe nanoparticles nucleated on the fluoride matrix. (5) Charging proceeds with the consumption of these Fe nanoparticles. (6) This is followed by the reconversion of the double-layered shell and the re-formation of a pseudo-single-crystalline rutile nanorod. Reproduced from Ref. \cite{8} with permission. Copyright 2021 Springer Nature.

energy of Fe/LiF enhances the mass transport resistance, which hinders the development of large metals and LiF clusters during the cycling process. Furthermore, the harsh interactions between the electrolyte and metal fluoride cathode additionally improve the cell resistance and contribute to Fe degradation and dissolution, thus leading to rapid capacity fading upon cycling and irreversible structural changes along with low rate capability\cite{19}. In addition, the slow separation of the Fe and LiF phases during the cycling
process may lead to capacity fading and cell polarization growth\(^{[27]}\). To overcome some of these problems, the development of various metal fluoride-based nanocomposites has been significantly explored\(^{[39,79]}\). Various conductive carbons, including graphene, carbon blacks, carbon fibers, carbon nanotubes (CNTs), and micro- and mesoporous carbons, have been greatly explored in such hybrid composite cathode syntheses and exhibited noticeable improvements in battery performance\(^{[17,80-83]}\). The poor electronic conduction of the electrode can be improved by the introduction of highly conductive materials, e.g., carbon and metal/metal oxides, which is effective in overcoming this limitation and positively improving the reversible capacity and stability of metal fluoride electrodes. The conductive species with an electron transport chain introduced into the active core material can maintain good electronic contact and effectively improve the kinetic behavior. Furthermore, the coating or adhesion of the external moieties on the active material surface efficiently hinders the side reaction and overpowers the dissolution.

**Carbon-based metal fluoride nanocomposites**

To improve the electrochemical performance and cycle stability, carbon-based nanocomposites have been used successfully because of their unique properties, such as high structural stability, high electronic conduction, large pore volume, and high surface area. Consequently, carbon composites with nanocomposites as core materials exhibit excellent electrochemical performance. Time, \(t\), is proportional to the square of the diffusion length, \(L\), during Li-ion diffusion, as shown in Equation (2)\(^{[82-84]}\):

\[
t = \frac{L^2}{D}
\]

where \(D\) is the diffusion coefficient of Li ions.

The Badway group first reported carbon and metal fluoride nanocomposites (CMFNCs) as reversible cathodes to improve the electrochemical efficiency of metal fluorides\(^{[85]}\). They synthesized the CMFNCs via a ball-milling method, which showed a reversible specific capacity of \(\sim 600\ \text{mAh g}^{-1}\) with a discharge voltage from 4.5 to 1.5 V. This result arises from the fact that the surface of nanosized crystals contains a number of surface defects that contribute significantly to improve the ionic and electronic activity. Nearly a third of the discharge capacity progressed in a cathode reduction reaction of \(\text{Fe}^{3+}\) to \(\text{Fe}^{2+}\) between 3.5 and 2.8 V, while the remaining specific capacity was provided by a two-phase conversion reaction at \(\sim 2\) V, forming a finer Fe/LiF nanocomposite. Furthermore, the preliminary results of \(\text{CoF}_2\), \(\text{NiF}_2\), and \(\text{FeF}_2\) CMFNCs were also used for comparison in the discussion of the electrochemical performance of the metal fluoride-based conversion reaction.

Despite intensive efforts, the poor cycling stability and partial reaction irreversibility have largely hampered the application of metal fluoride cathodes\(^{[18,19,86-88]}\). Therefore, an alternative method for the synthesis of cathode materials is desirable. For this reason, the intercalation of metal fluorides into a carbon matrix might be an effective approach to increasing the cycling performance. In particular, metal oxide-encapsulated carbon electrode materials have demonstrated superior cycling performances in LIBs\(^{[89]}\). Based on these concepts, the incorporation of metal fluoride into carbon materials, such as graphene, carbon fibers, CNTs, and mesoporous carbon materials, may lead to enhanced electrochemical properties. Therefore, Prakash et al. demonstrated ferrocene-based carbon-iron and LiF nanocomposite by pyrolysis of a mixture of LiF and ferrocene at 700 °C under an Ar atmosphere\(^{[90]}\). The composite was comprised of onion-type graphite structures and multi-walled CNTs, in which the LiF is dispersed within the carbon matrix and Fe,C and Fe nanoparticles are incorporated in the carbon matrix [Figure 5A and B]. The nanocomposite presents a specific surface area of \(82\ \text{m}^2\ \text{g}^{-1}\) and consists of both meso- (0.14 cm\(^3\) g\(^{-1}\)) and micropores (0.025 cm\(^3\) g\(^{-1}\)). The as-prepared cathode reached a reversible specific capacity of \(\sim 300\ \text{mAh g}^{-1}\)
at a current density of 20.83 mA g\(^{-1}\) with a potential range from 0.5 to 4.3 V. It showed good capacity retention (83.5% over 200 cycles) and excellent rate capability [Figure 5C and D]. Hence, due to its moderate capacity, more work is desired to optimize its reversible capacity, such as producing a uniform particle size/distribution, removing/reducing Fe\(_3\)C, reducing the carbon content, obtaining more Fe-encapsulated CNTs, and so on. Similarly, another group fabricated FeF\(_3\) nanoflowers grown on CNT branch (FNCB)-based nanoarchitecture cathode materials by the functionalization of CNT surfaces\(^{[76]}\). The FNCBs exhibited improved electron transport and Li-ion storage when employed as cathode materials.

Graphene and reduced graphene oxide (RGO) stand out among carbon-based materials due to their outstanding mechanical properties and electrical conductivity\(^{[91-95]}\). Therefore, graphene sheets may be preferred conductive networks and building units to deliver facile electron pathways. A vapor-solid method was used for the first time to fabricate graphene-wrapped FeF\(_3\) nanocrystals (FeF\(_3\)/G) as cathode materials [Figure 6A]\(^{[96]}\). Compared to bare FeF\(_3\), the as-prepared FeF\(_3\)/G nanocrystals supply an improved capacity of 155 mAh g\(^{-1}\) at a current density of 104 mA g\(^{-1}\), as well as exhibiting superior rate capability and cyclic stability over 100 cycles, which could be attributed to the lower electrical resistance and buffering effect of the graphene layers [Figure 6B and C]. Liu et al. prepared an iron fluoride-reduced graphene nanocomposite cathode by a cost-effective low-temperature solution phase method\(^{[97]}\). Notably, the resulting iron fluoride-graphene nanocomposite cathode exhibited a high specific capacity of 210 mAh g\(^{-1}\) at 0.2C and demonstrated superior rate capability at high current densities (1, 2 and 5C).
Figure 6. (A) Schematic illustration of fabrication procedure of FeF$_3$/G nanocomposite. (B) Rate capability and (inset) voltage profiles of FeF$_3$/G and bare FeF$_3$. (C) Cycling performance and Coulombic efficiency of FeF$_3$/G nanocomposite. Reproduced from Ref.\cite{96} with permission. Copyright 2010 Royal Society of Chemistry.

Similarly, Qiu et al. reported the seeding of FeF$_3$·0.33H$_2$O nanoparticles on RGO via an in situ approach and achieved enhanced cycling stability and high particle loading, attributed to the chemical tuning of the interfacial bonding between rGO and FeF$_3$·0.33H$_2$O [Figure 7A and B]\cite{98}. Specifically, the FeF$_3$·0.33H$_2$O/rGO nanocomposites exhibit a higher discharge capacity of ~208.3 mAh g$^{-1}$ at a current density of 0.5C and excellent cycle stability (133.1 mAh g$^{-1}$ after 100 cycles at 100 mA g$^{-1}$) with 97% capacity retention [Figure 7C and D]. Later, highly uniform carbon-based nanocomposites with nanoconfined FeF$_2$ were successfully fabricated via a vacuum impregnation technique by the intercalation of a fluoride precursor with activated carbon powder\cite{15}. Carbon pore walls prevent the physical separation of fluoride particles, accommodate fluoride volume changes during lithiation/delithiation, and supply holes or electrons to the electrochemical reaction sites during cell operation. When metal fluoride nanoparticles are confined into carbon nanopores, the nanocomposite displays dramatically superior electrochemical performance and cyclic stability in LIBs.

Previous research studies concentrated on introducing FeF$_3$ particles to the surface of carbon matrices or infusing them inside the nanopores of RGO, CNTs, and mesoporous carbon\cite{30,97,99}. However, the synthesis of carbon matrices requires complex synthetic methods and is costly. Moreover, successfully creating the intimate contact between carbon matrices and FeF$_3$ nanoparticles is not easy, so avoiding the larger fraction of FeF$_3$ outside the inner pores is very challenging\cite{100}. Nevertheless, a FeF$_3$-carbon composite with intimate contact between the conductive carbon matrices and FeF$_3$ nanoparticles has been fabricated by modified carbonization and polymerization processes. This method can effectively enhance the intimate contact between carbon and FeF$_3$ by the homogeneous mixing of FeCl$_3$ (FeF$_3$ precursors) with organic precursors (which can be converted into conductive carbon) at the molecular level. Thus, composites of FeF$_3$ nanoparticles wrapped in graphitized carbon were prepared via a facile polymerization process using citric acid (C$_6$H$_8$O$_7$), FeCl$_3$, and ethylene glycol as a carbon source, iron precursor, and crosslinking agent, respectively\cite{101}. The as-synthesized graphitic carbon-coated FeF$_3$ composite displayed a capacity of
188 mA h g⁻¹ at initial discharge. After slow activation processes, the capacity finally reached 421 mA h g⁻¹ in the voltage range from 1.5 to 4.5 V, which is superior compared to bare FeF₃. The enhanced cycling and rate performance of this nanocomposite were mainly accredited to the controlled size of the FeF₃ particles and the conductive graphitic carbon coated on the surface of FeF₃ during prolonged cycles.

In comparison to inorganic materials, various organic compounds have also been considered electrode materials but have received less attention due to the development of conductive polymers (CPs) and the achievement of intercalation compounds (e.g., LiCoO₂) in the 1980s as cathode materials for LIBs. However, the intrinsic limits of intercalation compounds as cathodes for LIBs now desire innovation through the use of organic electrodes. Therefore, carbonyl compounds are generally superior to CPs as electrode materials and are remarkable candidates for building low-cost, sustainable and functional energy storage systems. For this reason, a hybrid FeF₃@Li₂C₆O₆/rGO nanocomposite was prepared by morphology control, intercalating RGO with spherical Li₂C₆O₆, followed by modification with a FeF₃ coating. The as-prepared FeF₃@Li₂C₆O₆/rGO hybrid cathode displayed a superior cycling performance (320 mA h g⁻¹ after 100 cycles), attributed to the coating of electrochemically active FeF₃ on the surface of Li₂C₆O₆, which successfully inhibited Li₂C₆O₆ dissolution in the electrolyte. This interface engineering approach and morphology control represent a feasible and scalable technique to effectively increase the rate performance and cycling properties of organic-based cathode materials. Recently, Reddy et al. synthesized carbon-FeF₃ nanocomposites by a facile one-step method at 250 °C, combining fluorinated carbon (CF₃) with iron pentacarbonyl -[Fe(CO)]₅. The resulting C-FeF₃ nanocomposites act as the cathode and achieve improved electrochemical properties. By reacting Fe(CO)₅ with four different CF₃ precursors, they synthesized four different C-FeF₃ nanocomposites, which were made of carbon black, petcoke, carbon fibers, and graphite. The excellent electrochemical performance was also evaluated at 25 °C and 40 °C for high energy density LIBs.
Fu et al. reported an effective and versatile strategy for the development of metal fluoride-carbon nanofiber nanocomposites as flexible, free-standing cathodes\[108\]. The as-synthesized assembled FeF$_2$-C/Li cells exhibit a higher discharge capacity of 550 mAh g$^{-1}$ at 100 mA g$^{-1}$ and demonstrated excellent stability (> 400 cycles with no structural degradation). These promising characteristics can be effectively attributed to the robustness of the electrically conductive carbon network, the nanoconfinement of FeF$_2$ nanoparticles, reducing the irreversible separation and aggregation, the ultrafast pathways for electron transport and ion diffusion, and the inhibition of undesirable reactions between the liquid electrolyte and active materials.

Another effective and common method to enhance the electrochemical properties is the composite design of active materials. The first choice is always carbon-based metal fluoride composite electrodes. For instance, FeF$_2$ nanoparticles confined into carbon nanofibers can suppress the side reactions between FeF$_2$ and the electrolyte, thereby affording an enhanced electronic conductivity in the electrode and cycle stability over 400 cycles\[108\]. According to previously reported studies on battery electrode materials, the composite architecture design is a very capable approach to avoiding interactions between the active materials and electrolytes and accomplish fast transport in the electrode\[109\]. However, thus far, it is still a challenge to encapsulate nanosized FeF$_2$, FeF$_3$, CoF$_2$, and CuF$_2$ into a three-dimensional (3D) carbon matrix for the self-protection of electrodes and achieving fast electron and Li-ion transport. Simultaneously, the 3D architecture design can offer cathodes a high-active mass loading, high-rate performance, and good cycling stability. Therefore, Wu et al. prepared a FeF$_2$@C composite with a 3D honeycomb architecture by a simple and facile method\[110\]. The isolated FeF$_2$ particles with sizes of 10-50 nm were uniformly distributed in the 3D carbon honeycomb carbon framework, where the honeycomb carbon walls and hexagonal-like channels (cells) deliver sufficient conduction pathways for achieving fast ion diffusion and electron transport in FeF$_2$ cathodes. According to the results of the report, the as-prepared 3D honeycomb architecture FeF$_2$@C composite cathodes with high areal FeF$_2$ loadings (2.2 to 5.3 mg cm$^{-2}$) demonstrated an unprecedented rate capability of up to 100C and remarkable cycle stability within 1000 cycles, with high capacity retentions (95%-100%) within 200 cycles at 2C. As a result, it demonstrated that the 3D architecture with a honeycomb morphology represents a powerful strategy of composite design for metal fluorides in order to obtain exceptional electrochemical performance in metal fluoride Li batteries.

Overall, the results reported up to now display excellent potential for optimizing the architecture and composition of carbon-based metal fluoride cathodes to enhance their rate performance and cycling stability. Nevertheless, improving the electrochemical performance of carbon-based metal fluoride cathodes to the level of commercial applications still requires additional developments in novel fabrication techniques capable of precisely controlling the overall morphology and the nanoscale features of the carbon matrix and active materials. Therefore, more efforts are required to remove these issues for their commercialization.

**Metal/metal oxide-based fluoride nanocomposites**

Recently, the use of doping has been explored widely for intercalation-type electrode materials\[111\]. For conversion-type electrode materials, doping may also deliver obvious benefits to improve the ionic and electronic conductivities of electrode materials by enhancing the cathode performance through the intercalation of heterogeneous/homogenous metals, vacancies, or ions. Furthermore, many scientists have highlighted the possibility of decreasing the cluster size of creating “true” conversion electrode materials upon the lithiation process, attributed to the reduction in the interfacial energy and modification of the ion mobility of the clusters. As a result, this may improve the energy efficiency and cyclic stability of such electrodes because the affinity of the slow and steady separation of the cluster size could be diminished and the voltage hysteresis for the charge/discharge could be mitigated by reducing the paths for mass transport. In several recent reports, doping with Si has significantly enhanced the electronic conductivities of the
Molybdenum bisulfide was ball milled with FeF$_3$ to improve its electrochemical properties. The orthorhombic structured FeF$_3$/MoS$_2$ with a uniform morphology showed excellent electrochemical performance as a cathode material in LIBs. The initial discharge capacity of the material was 170 mAh g$^{-1}$ at a 0.1C rate with a voltage range from 2.0 to 4.5 V, and it maintained a specific capacity of 83.1% after 30 cycles. FeF$_3$, with an orthorhombic structure was prepared by Wu et al. via a liquid phase method using HF, FeCl$_3$, and NaOH as precursors. The obtained product was further ball milled with conductive V$_2$O$_5$, powder to obtain a FeF$_3$/V$_2$O$_5$ nanocomposite. The electrochemical properties of the prepared material showed a significant improvement after the addition of V$_2$O$_5$. The FeF$_3$/V$_2$O$_5$ nanocomposite exhibited good rate and cycle performance. A discharge capacity of 209 mAh g$^{-1}$ was obtained at a retention rate of 0.1C and a voltage range of 2.0-4.5 V and was maintained after 30 cycles.

A TiO$_2$-coated FeF$_3$·0.33H$_2$O cathode material with a spherical morphology was prepared via a solvothermal method by Zhang et al. The nanosized FeF$_3$·0.33H$_2$O was coated with uniform TiO$_2$ with an average particle size of ~1.0 μm and good dispersion ability. The initial reversible capacity at the retention rate of 0.1C was 654 (discharging) and 522 (charging) mAh g$^{-1}$, respectively, with a voltage range of 1.5-4.5 V. After 200 cycles, a good stability of 264 mAh g$^{-1}$ was maintained by the nanomaterial cathode, which demonstrated that the TiO$_2$ layer on iron fluoride could be a promising cathode material for LIBs. A novel core-shell FeF$_3$@Fe$_2$O$_3$ nanocomposite (100-150 nm) and tunable iron oxide (Fe$_2$O$_3$) were prepared via a simple heat treatment using fine structured FeF$_3$ as a precursor. The as-synthesized FeF$_3$ and core-shell FeF$_3$@Fe$_2$O$_3$ nanocomposites were characterized and their electrochemical performance was studied. A comparison between the pristine FeF$_3$ and the FeF$_3$@Fe$_2$O$_3$ nanocomposite revealed a significant improvement in the electrochemical performance upon the in situ coating of Fe$_2$O$_3$, even when the coating amount was 0.6-5.2 wt.%. Metal doping has a positive effect on the charge/discharge capacity of metal fluoride cathode materials. The doped metal can increase the Li-ion diffusion coefficient and improve the electrochemical performance of the electrode materials. Recently, copper-doped FeF$_3$ nanomaterials have been synthesized via a liquid-phase method. The electrochemical reversibility of Fe$_{1-x}$Co$_x$F$_3$ (x = 0, 0.03, 0.05 or 0.07) materials was further enhanced by the addition of acetylene black via mechanical a ball-milling process to obtain Fe$_{1-x}$Co$_x$F$_3$/C nanocomposites. It showed a significant improvement in electrochemical performance with the introduction of cationic Co. The discharge capacities at retention rates of 1, 2, and 5C were 150, 140, and 125 mA h g$^{-1}$ and maintained the capacity after 100 cycles as high as 92.0%, 92.2%, and 91.7%, respectively. Metal fluoride cathode materials can suffer from particle fracture during lithiation/delithiation in LIBs. To improve the cathode nanoparticle stability and overcome this phenomenon, Co doping has been carried out for FeF$_3$ in LIBs by Zhang et al. In this study, calculations for Co doping onto the hexagonal tungsten bronze structure were carried out successfully to form Co$_x$Fe$_{1-x}$F$_3$ systems (x = 0.08, 0.17 or 0.25). The study showed a sharp decrease in the band after Co doping, which may be attributed to the presence of Co 3d impurity energy levels between the conduction and valence bands. A thermogravimetric analysis shows that the cathode nanomaterial was stable until 243 °C, with the crystal structure collapsing beyond this temperature due to water content elimination. The Co-doped cathode material showed a high discharge capacity (227 mAh g$^{-1}$) during cell cycling and retained a reversible capacity of 150 mAh g$^{-1}$ after 200 cycles.
A significant boost in the electrochemical performance of FeF$_3$ cathode materials was found after the addition of NiF$_2$ nanomaterials for LIBs by Huang et al.\cite{121}. The data obtained revealed the precise control of morphology and composition of the desired FeF$_3$-NiF$_2$ nanoparticles and undesirably enhanced capacity fading of the electrochemical cell. In another study, the substitution of Ni with Cu was carried out for binary NiF$_2$ nanomaterials and their electrochemical performance was studied for LIBs\cite{122}. From in situ TEM, the structure of different ternary metal fluorides with Cu substitution was observed and the results revealed that when the Cu substitution was from 1-25 wt.%, the areal expansion reduced during the first lithiation. Furthermore, due to the reversible reaction, the fluorine loss during the delithiation was also reduced, which proved Cu to be a better choice for substitution to improve the electrochemical performance. Recently, ternary metal fluorides, like AgCuF$_3$ and Cu$_x$Fe$_{1-x}$F$_3$, have been used as cathode materials in LIBs by Li et al.\cite{123}. Thin-film Cu-Fe-F (CFF) cathode materials were successfully grown in situ via a pulsed laser deposition method. The as-prepared CFF cathode material showed a high specific capacity of 420 mAh g$^{-1}$ and good cyclic stability even after 100 cycles, which may be attributed to reversible structural rearrangement after delithiation powered by high-resolution TEM, in situ XPS, and selected electron diffraction techniques.

**Voltage hysteresis**

Hysteresis is a common problem between the charge and discharge potentials in rechargeable batteries, which is related to thermodynamic and kinetic factors\cite{9,10,18}. It may reduce capacity utilization and leads to low energy efficiency. In addition, the charge and discharge window with a larger voltage hysteresis may introduce more side reactions between the active substance and electrolyte and possibly unstable SEI. Unfortunately, MF cathodes show undesirably large voltage hysteresis, which is typically related to the poor electronic conductivity of the materials, rapid degradation of the battery, and changes in surface/interfacial energies during the conversion reactions. Energy losses for compensating the activation energies of breaking chemical bonds are also another key reason for voltage hysteresis. The discharge process (lithiation) of MF cathodes involves breaking Fe-F bonds and forming lower free-energy compounds containing lithium. The products from discharge process, such as LiF (bonding energy of Li-F is 577 kJ mol$^{-1}$), are thermodynamically stable due to the large electronegativity difference between Li and F. The charge process (reverse reaction) is required to decompose LiF by breaking the stronger corresponding chemical bonds. This introduces a large activation energy barrier, which contributes to a large voltage hysteresis (overpotential). This large voltage hysteresis even leads to the misapprehension that cells based on conversion MF cathodes are only primary batteries, such as Li-CuF$_2$ battery systems\cite{56,57,60}.

Recently, Li et al.\cite{44} employed in situ analytical techniques to correlate the voltage profile with intermediate phases of FeF$_3$, which involved the evolution and spatial distribution of intermediate phases during the discharge-charge process. The results show that the phase evolution in the electrode is symmetric during cycling. However, the spatial evolution of the electrochemically active phase controlled by the reaction kinetics is different. They found that the kinetics of the FeF$_3$ electrode in nature is the reason for the voltage hysteresis. It originates from the Ohmic voltage drop, overpotential, and different spatial distributions of active phases, as shown in Figure 8. Therefore, the large hysteresis can be alleviated through the reasonable optimization of the material and electrode microstructure.

Elemental doping is a promising approach for conversion-type materials to overcome the problem of voltage hysteresis. The ionic and electronic conductivities of the electrode material are enhanced by the introduction of homogeneous/heterogeneous metallic (non-metallic) ions or vacancies. For example, FeF$_2$, doped with Cu and FeF$_3$, doped with Co showed lower voltage hysteresis. The partial substitution of F with O in FeF$_2$, greatly improves the reaction kinetics, reduces voltage hysteresis, and exhibits excellent cycle performance over 100 cycles (for this chemistry). Recently, Wang et al. proposed a novel strategy to make
full use of the Cu$^{2+}$/Cu$^0$ redox range for the first time in the application of copper-based fluorine rechargeable Li batteries$^{[122]}$. The prepared FeF$_2$ (tetragonal rutile) and CuF$_2$ (monoclinic distorted rutile) solid solutions gave Cu$_{1-x}$Fe$_x$F$_2$ a tetragonal rutile structure with high symmetry. It involves a two-stage lithiation process during the discharge process of the Cu$_{1-x}$Fe$_x$F$_2$ cathode. The first stage is at an upper plateau of ~2.9 V, which is related with a Cu-based conversion reaction, in a similar potential range as CuF$_2$. The second stage is at a higher potential of ~2.2 V, which is related with a Fe-based conversion reaction, as shown in Figure 9. Cu$_{0.5}$Fe$_{0.5}$F$_2$ displays a reversible capacity of 543 mAh g$^{-1}$ at the first discharge-charge process. As-prepared cathode materials show enhanced dynamic performance, which lies in a reduction of the voltage hysteresis and the elimination of the voltage drop observed in FeF$_2$. After first-half conversion, the lattice disorder in FeF$_2$ increases due to the down-sizing of FeF$_2$, which is responsible for the disappearance of voltage drop and higher discharge voltage during the initial second-half conversion. There is a small voltage hysteresis of Cu$^{2+}$/Cu$^0$ due to the low nucleation barrier for the formation/decomposition of the Cu-F bond.

Side reactions with electrolytes

The unfavorable side reactions between electrodes and electrolytes increase voltage hysteresis, reduce the Coulombic efficiency and stability of the cathode SEI and induce a safety hazard. There are multiple roles for the SEI, including limiting side reactions between the cathode (or anode) and the electrolyte. An ideal SEI layer has properties that include high cation conductance and electrical resistance, a thickness of a few nanometers, high mechanical toughness, and stability over a wide range of voltages. A stable SEI is an accepted prerequisite for safe battery performance, be it with a metal or an ion insertion anode. In theory, conversion-type cathodes should be advantageous in the thermodynamic stability of electrolytes because of their low electrochemical potentials (1.5-4.0 V vs. Li/Li$^+$). However, the oxidation stability of electrolytes can be changed by various salt anions, especially in concentrated electrolytes, and certain cathode chemicals. In addition, since the conversion cathode is usually discharged to a relatively low potential vs. Li/Li$^+$ (sometimes down to 1.2 V), the electrolyte may be reduced at the cathode surface. At moderate cathode potentials, the various substances formed by electrolyte reduction are more easily oxidized than the original electrolyte. Furthermore, some conversion cathode species may also catalyze the reduction reaction. For example, it has been found that the cyclic stability of MFs is worsened by the formation of a lithium carbonate species, which is susceptible to nanometal catalyzed reduction during the battery discharge to 1.2-2.0 V. The continuous large volume changes during cycling may prevent stabilization of the cathode SEI with poor elasticity in conversion-type cathodes. However, in contrast, the formation of a stable cathode SEI may also contribute to the stabilization of the conversion cathode, preventing adverse reactions between the cathode and electrolyte.
Figure 9. Illustration of potential reaction pathway of Cu$_{1-x}$Fe$_x$F$_2$ during discharge-charge. During discharge (stages I and II), Cu and Fe occur sequentially by the conversion reduction. During charge, the oxidation processes of Fe and Cu (stages III and IV) overlap to reform the disordered rutile-like Cu-Fe-F phase. Reproduced from Ref.\cite{122} with permission. Copyright 2015 The Author(s).

In the case of liquid electrolytes, modifications have been made to the composition of lithium salts, organic solvents, salt concentrations, and organic and inorganic electrolyte additives in an attempt to alleviate the limitations of cathodes based on the conversion reaction. For intercalated cathodes and graphite anodes, classic organic carbonate esters are commonly used solvents, such as ethyl carbonate, propylene carbonate, ethyl carbonate, and ethyl carbonate. However, for the partial conversion of the cathode, the carbonate solvents may cause some adverse reactions. To address this problem, an electrolyte with a high concentration of LiTFSI salt has recently been developed to inhibit the dissolution of cathode materials by in situ forming a protective layer penetration on the surface of the electrode. In contrast, an ultrathin artificial SEI layer was prepared by atomic layer deposition, and it was reported that the conformation of the layer covered with fluorine particles reduced the side reaction between fluorine and the electrolyte. For example, 3D Al$_2$O$_3$-coated FeF$_2$ nanoparticles were prepared on Ni support by Kim et al.\cite{83}. The results revealed that the electrochemical applications of the as-prepared electrode were significantly improved due to the ion transport pathway. The initial discharge capacity of the 3D FeF$_2$ electrode was 380 mAh g$^{-1}$ at 200 mA g$^{-1}$. The reaction kinetics and specific capacity improved due to the 3D support, which makes an effective platform for electron transfer and shortening the Li-ion diffusion pathway. Therefore, more attention should be paid to the SEI to significantly improve the cyclic stability of metal fluorides.

SYNTHESIS OF METAL FLUORIDES

The reported results show excellent potential for improving the battery performance of metal fluoride cathodes by optimizing the composition and architecture of the cathode. However, in order to control the size features and morphology of the conversion-type cathode materials, novel synthesis technologies should be further developed to optimize the performance of cathode chemistries to the level of commercial applications. Metal fluoride electrodes have been prepared via different chemical and physical methods. The electrochemical performance of the metal fluoride cathode materials has shown significant improvements based on the specific synthesis method involved in forming nanoscale architectures. The low ionic and electronic conductivities of the metal fluorides can be improved either with homogenous mixing with a
highly conductive material or by reducing the particle size. Because nanoparticles can shorten the Li-ion diffusion time and provide a high surface area for contact with the electrolytes. Furthermore, nanostructured electrode materials have the ability to resist/hinder stress and strain from volume changes. The specific nanoscale morphology has proven to have an enormous impact on the specific capacity and cyclic stability of the electrode materials. In this section, the strategies employed to synthesize electrode materials are introduced, including hydrothermal, solvothermal, microwave synthesis, vapor-solid, ion synthesis and sol-gel methods.

Hydrothermal methods

Hydrothermal methods have often been used in synthetic chemistry due to the advantages of the crystalline powder at high temperatures. The controlled reaction conditions of the hydrothermal process result in the desired morphology\(^{123-125}\). In this process, the product prepared has good dispersion, high purity, uniform morphology and controlled particle size. It can be used to synthesize monocrystalline materials, as well as 2D and 3D materials, with particle sizes ranging from microns to nanometers.

The low electronic conductivity of FeF\(_2\) cathode nanomaterials for LIBs was enhanced via the incorporation of ordered mesoporous carbon (CMK-3)\(^{126}\). The FeF\(_3\) precursor was synthesized with the hydrothermal treatment of CMK-3 and iron oxide, followed by a topochemical process. The FeF\(_3\) precursor was further annealed to obtain a hierarchical conductive FeF\(_2\)/CMK-3 nanoparticle network, as shown in Figure 10A. This type of hierarchical structure offers continuous electronic conduction within the network and porosity for the volume expansion of the prepared material. The prepared cathode material showed a stable cycle life of 1000 cycles with 0.3% capacity loss per cycle. After 100 cycles, high discharge capacities at current densities of 500, 2000, and 4000 mA g\(^{-1}\) were 500, 400, and 320 mAh g\(^{-1}\), respectively, as shown in Figure 10B.

Solvothermal methods

Solvothermal methods are actually developed based on hydrothermal methods, except that the reaction medium is organic solvent rather than water. In a solvothermal process, one or more precursors in the reaction are dissolved under critical circumstances. This process has numerous advantages, including short reaction times, fast reaction kinetics, uniform particle distribution and high crystallinity. The electrode materials obtained by solvothermal methods have shown enhanced electrochemical performance, including good rate performance and long cycle life\(^{127-129}\). Recently, anhydrous CuF\(_2\) nanomaterials from alkoxides Cu(OR)\(_2\) (R = Me or tBu) were synthesized in hydrofluoric acid and tetrahydrofuran as reaction media\(^{130}\). A schematic diagram of the process is shown in Figure 11. Depending on the reaction conditions, different sizes of 10 and 100 nm nanoparticles were obtained. The product was found to be very hygroscopic and formed various hydrated products, including Cu(OH)F, CuF\(_2\)·2H\(_2\)O, and Cu\(_2\)(OH)F\(_2\). The as-prepared nanomaterials showed high electrochemical performance at a potential ~2.7 V for Li-ion charge/discharge. Different specific capacities were obtained with different particle sizes, e.g., 468 and 353 mAh g\(^{-1}\) for ~8 and ~12 nm crystalline diameters, respectively, for CuF\(_2\). The high specific capacity of the nanomaterials faded after several cycles and the cell voltage decreased to 2.0 V, which was attributed to the irreversible nature of the reacting material involved in the electrochemical cell reaction.

In another study, Fe\(_{1-x}\)Co\(_x\)F\(_3\)/multi-walled carbon nanotube (MWCNT) nanocomposites were synthesized by a solvothermal method\(^{131}\). The iron fluoride nanomaterials doped with Co were wrapped with MWCNTs. The results of the prepared materials revealed the crystal structure adjustment, decreased the band gap, and enhanced the Li-ion diffusion capacity after Co doping. Moreover, the MWCNT wrapping increased the conductivity, which in turn enhanced the electrochemical performance of the Fe\(_{1-x}\)Co\(_x\)F\(_3\)/MWCNT nanocomposites. The high specific capacity of the nanocomposites at 2.0-4.5 V recorded was 217.0 mAh g\(^{-1}\) at a rate of 0.2 C. The electrochemical performance was higher compared to the FeF\(_2\).
Figure 10. (A) Schematic illustration of the synthesis of porous FeF$_2$-CMK-3 composite. (B) Electrochemical performance of FeF$_2$-CMK-3 cathodes: (a) charge-discharge profiles at 200 mAg$^{-1}$; (b) and (c) cycling performance. Reproduced from Ref.$^{126}$ with permission. Copyright 2015 Royal Society of Chemistry.

/MWCNT nanocomposite counterparts. After 50 cycles, the specific capacity of the two nanocomposites decreased to 187.9 and 160.7 mAh g$^{-1}$, respectively, which showed the cyclic stability of the prepared nanocomposites for Li storage in Li batteries.

Microwave-assisted methods

For the synthesis of metal fluoride nanomaterials, microwave-assisted approaches are promising routes compared to other synthetic methods. Since its first report in the field of synthetic chemistry and materials synthesis, this method has grown rapidly in this area of research$^{132}$. By this method, the reaction entirely depends on the rapid heating, which produces reagents and solvents and makes this different from other methods, e.g., hydrothermal and solvothermal methods. Furthermore, the fast heated reaction results in a high reaction rate and efficiency and lower energy consumption$^{133}$. In recent years, to obtain the tailorable morphologies, a combination of room-temperature ILs and a microwave heating process have been used$^{134}$. A microwave-assisted approach was followed for the successful synthesis of self-assembled iron fluorides (HMIIFs) with a hierarchical mesoporous structure$^{39}$. The detailed possible steps and mechanism are shown in Figure 12. The dual nature fluorides, consisting of FeF$_2$H$_2$O and Fe$_{1.9}$F$_{4.75}$·0.95H$_2$O, were built
from a large number of nanorods with more than a dozen nanometer size and their electrochemical performance in LIBs investigated. The as-prepared HMIFs exhibited a homogeneous morphology with a hierarchical mesoporous structure and partial internal hollow core and possessed a specific area of 94 m$^2$ g$^{-1}$. By employing any conducting agent, the nanomaterials showed a high reversible capacity of 200 mA h g$^{-1}$ and excellent cycle stability with a specific capacity of 148 mA h g$^{-1}$ at 0.1C after 100 cycles. Moreover, the specific charge capacity exceeded 100 mA h g$^{-1}$ at 5C, which showed the advancements of HMIF materials for high electrochemical performance applications in LIBs. This extraordinary performance was attributed to the formation of a unique structure that provided large storage sites for Li, as well as a large contact area for the electrode/electrolyte and hence a volume change during lithiation/delithiation and the facile mass transfer of electrons and Li ions during the electrochemical cell reaction.

Nanosized NaFeF$_3$ perovskite particles were synthesized from sodium ethoxide, ammonium fluoride and pre-synthesized FeF$_2$ rutile colloidal particles via a microwave-assisted method$^{[135]}$. A schematic diagram, powder X-ray diffraction phases, which confirmed the expected crystal structure of rutile and orthorhombic-type crystal, and the 3D structure models are shown in Figure 13. The as-prepared perovskite NaFeF$_3$ nanomaterials showed excellent electrochemical performance with low polarization for Na and Li storage in energy storage devices. This enhanced performance of excellent capacity retention is attributed to the stable corner-sharing cubic Li and Na perovskite with stable cycle and low volume change and thermodynamic cost, as supported by a polymorphism theoretical study.
Figure 12. Schematic diagram of formation mechanism of partially hollow HMIFs. From steps 1 to 5: mixing the reactants; combining the solvated ions; initial stage emerging of nanoparticles; Ostwald ripening process; final state of the products. Reproduced from Ref.\textsuperscript{[39]} with permission. Copyright 2014 Royal Society of Chemistry.

Sol-gel methods

Sol-gel methods are versatile routes in synthetic chemistry for designing complex nanostructures with controlled particle size, the arrangement of nanopores, and uniform particle distributions. The nanoporous behavior of the particle has the property of being functionalized during the gel formation even in a dry state by polymers or other active organic molecules. Upon careful heat treatment and utilization of the reaction precursor solution with temperature control, nanoparticles can be grown within the nanopores, which can be used in different applications with excellent performance\textsuperscript{[136]}. There are some unique advantages of the sol-gel method, which make this process special compared to other conventional methods used for nanomaterial preparation. The first is the formation of a viscous solution from the dispersion of the raw materials during the process. A homogeneous mixture is achieved in a short period and even after the gel is formed, a molecular level homogeneous solution of the reactants is obtained. The second is that during the reaction, it is easy to add other materials, so molecular-level homogeneous doping is possible. The third is that the reaction can be carried out even at low temperatures and easily compared to the reaction involving solid components. This is because, in the sol-gel method, the reactants diffuse in the nanometer range, while for solid particles, the diffusion is at the micro level, and as a result, low temperature is required for the nanoscale formation.

FeF$_3$ nanocrystals as electrodes for LIBs with a particle size of 30 nm were prepared by a sol-gel method\textsuperscript{[137]}. To enhance the electrochemical performance, the as-synthesized particles were fabricated with RGO, which shows a high specific retention of 150 mA h g\textsuperscript{-1} and stable cycle life for Li ions, even after 50 cycles. In another study, LiF- and FeF$_2$-based nanocomposites were prepared via a sol-gel method in ethanol for LIBs\textsuperscript{[138]}. The SEM and TEM characterization of the LiF/FeF$_3$ composite proved that ~10 nm nanosized LiF and FeF$_2$ crystals were obtained, as shown in Figure 14A, with EDX and XRD analysis and a large surface area of 119 m$^2$ g\textsuperscript{-1}. The large surface and adsorption-desorption hysteresis revealed the presence of
Figure 13. (A) Synthetic process of NaFeF₃ electrode material. (B) XRD patterns of as-prepared FeF₂ and NaFeF₃. (C) 3D structural models from XRD experiments. Reproduced from Ref. [135] with permission. Copyright 2019 Wiley VCH Verlag GmbH & Co. KGaA, Weinheim

mesopores, which might have a positive impact on the electrochemical performance. The initial discharge specific capacity of the reversible conversion reaction for the nanocomposites recorded was 225 mAh g⁻¹ at a current rate of 10 mA g⁻¹ with a stable life cycle, as shown in Figure 14B.

Ionothermal methods
Ionic liquids (ILs) have been discovered as alternatives to conventional solvents[139]. ILs are composed of cations and anions, in which one of them should be naturally organic and have a melting point below some arbitrary temperature[140]. This class of solvent is divided into two major groups based on their melting points, namely, room-temperature ILs, which melt at room temperature, and near room-temperature ILs, which have a melting point below 100 °C. Low vapor pressure is the distinguishing feature that makes them different from other solvents[141]. ILs were categorized as convenient alternatives to organic solvents much later, although they were recognized as solvents at the beginning of the 20th century. The main characteristics of ILs include good electric conductivity, fire resistance, high thermal stability, ability to dissolve many inorganic and organic compounds, nonvolatile, a wide range of temperatures, and recyclability[142,143]. These characteristics made ILs a good choice for energy storage devices. The in situ synthesis of FeF₃/GNS nanosheet hybrid nanomaterials was developed via an IL-assisted method[144]. The role of ILs was not only as green fluoride sources but also to provide uniform dispersion and tight surface modification of FeF₃·0.33H₂O on graphene nanosheets. The synthesis procedure of FeF₃·0.33H₂O/GNS and
the discharge profile at different currents are shown in Figure 15, where it can be seen that the as-synthesized FeF$_3$·0.33H$_2$O/GNS cathode nanomaterials showed an extensive enhancement in both specific capacity and rate performance due to the electron transfer path of the iron nanoparticles and GNS in LIBs. The cyclic stability proves the strong adhesion of iron fluoride nanoparticles, which have a significant electrochemical performance of 115 mAh g$^{-1}$ after 250 cycles, even at 10C, which is attributed to the strong structure of the hybrid and robust interaction between graphene and iron fluoride nanoparticles. In another study, mesoporous FeF$_3$·0.33H$_2$O cathode materials for LIBs were prepared at low temperatures via ILs as reaction media$^{23}$. The enhanced electrochemical performance in terms of high reversible capacity and reactive voltage of the carbon free FeF$_3$·0.33H$_2$O cathode materials in LIBs was expected due to the morphology and optimization of hydration of the water-induced microstructure at room temperature.

**Vapor-solid methods**

A vapor-solid method was used to thermally convert Fe$_3$O$_4$/graphene into FeF$_3$/G cathode materials for LIBs$^{145}$. This method has several advantages and has been used to prepare MF electrode materials for energy storage devices. This versatile method can be applied to prepare FeF$_3$ and metal oxide cathodes from Fe oxides/hydroxides and can be used to fabricate M$_x$F$_y$ or M$_x$F$_y$/G composites for LIBs. Furthermore, this process can resist the increase in particle size due to the electronegativity of Fe, whose particles grow rapidly after nucleation compared to other solution-based processes. The conversion rate of FeF$_3$ from Fe$_3$O$_4$/G is also high and the product yield is good. The fabrication of porous carbon materials was successfully achieved on FeF$_3$ to prepare FeF$_3$/C nanocomposites in a tailored autoclave via a vapor-solid method$^{99}$. The phase changes during the reaction between the HF solution and precursors in an Ar atmosphere were
Figure 15. (A) Synthetic process of FeF$_3$·0.33H$_2$O/GNS composite. (B) Discharge profiles and (C) cycling performance of FeF$_3$·0.33H$_2$O/GNS composite and FeF$_3$·0.33H$_2$O without GNS. Reproduced from Ref.\[144] with permission. Copyright 2013 American Chemical Society.

examined, and the results revealed that the autoclave had a vital role in driving the reaction to form FeF$_3$ nanomaterials. The charge capacity of the as-prepared FeF$_3$/C nanocomposites was 134.3, 103.2, and 71.0 mAh g$^{-1}$ at different current densities of 100, 500, and 1000 mA g$^{-1}$, which are superior compared to the bare FeF$_3$ materials and displayed stable cyclic performance with a charge capacity of 200 mAh g$^{-1}$.

CURRENT CHALLENGES AND FUTURE OPPORTUNITIES

Metal fluorides have been used as electrode materials and offer significant advantages to rechargeable Li batteries with improved safety and low costs. Metal fluoride cathode materials give up to a 50% higher volumetric energy density and double the cell-level specific energy compared to other intercalation cathodes. However, the industrial application of metal fluoride conversion cathode materials is still limited due to several scientific challenges. These limitations include irreversible structural changes, volume change during cycling, active material dissolution, unfavorable interactions with electrolytes, large voltage hysteresis, and low electronic conductivity.

Some disadvantages of metal fluoride electrodes make them incongruous for practical energy storage devices. Firstly, in LIBs, the LiF produced during conversion reactions is highly insulated, which causes many problems during cycling, such as large voltage hysteresis and low electronic conductivity. Secondly, the volume changes during lithiation/delithiation can induce obvious decomposition of the SEI film. There have been several approaches to mitigate the challenges of metal fluoride electrode materials and make them promising choices for energy storage devices.
The conversion reactions of metal fluorides typically involve the breaking of bonds with transition metals, highly insulated products (e.g., LiF), and complicated reaction pathways. These features are responsible for cycling problems and voltage hysteresis. Although some reports have provided insight into such problems, more detailed insights are expected from advanced characterization and simulation tools. It is difficult to obtain deeper information from routine tools (such as TEM, SEM and XRD) due to the poorly crystallized conversion products. Therefore, advanced tools, such as PDF, NMR, EELS, TXM, and XAS, should be explored for studying conversion processes, which are sensitive to light elements and the finer microstructural details of the local structure.

The SEI is always an important but often neglected factor for the battery performance with metal fluoride cathodes. The SEI layer can become thicker during cycling, which causes the loss of active species and larger Fe interparticle distances, resulting in the capacity fade of the electrode. The growth of SEI layers is not desired for batteries as it can retard ionic and electronic transport. Artificial SEI layers (e.g., surface coatings) and optimizing the composition of the electrolyte, such as using a high concentration LiTFSI salt, may be efficient methods to solve these problems faced by the in situ formation of a protection layer at the electrode surface. In any case, SEI issues should be given more attention to obtaining good cycling stability.

One of the greatest challenges for metal fluorides is to improve their conversion energy efficiency by reducing the reaction overpotential. The energy density of FeF$_3$ is up to 1341.7 and 1899.13 Wh kg$^{-1}$ during discharge and charge at 100 mA g$^{-1}$, respectively$^{[146]}$. The conversion energy efficiency is only 70.7%, which is lower than the values for transition metal oxides (95.8% for NMC and 93.9% for LiFePO$_4$), as shown in Figure 16. To solve this problem, more focus should be devoted to the design of external wiring networks and the topological structure in future research. The surface defect chemistry (metastable or framework phases) of metal fluorides should also be considered to further optimize the spatial distribution of pristine phases, conversion products, and conductive network components in electrodes. One of the key tools is the defect chemistry of the involved phases including stoichiometric variations and doping. A promising method of improving the kinetics would use liquid-solid conversion mechanisms instead of the solid-solid conversion path. Therefore, it is worth studying conversion reactions involving Fe and LiBF$_4$ rather than LiF or considering boron-based additives as F$^-$/ receptors to dissociate LiF. Exploring electrolytes additives, separators and binders are also necessary for metal fluoride materials to suppress cathode dissolution effects and anode dendrite growth in the future.

In summary, the strategies for enhancing fluoride cathodes include: (1) the optimization of nanostructures for the formation of new desirable material, which will minimize the paths for Li ion diffusion and result in high electrochemical performance. An appropriate synthesis method could have a vital role in synthesizing desired nanoscale structures to obtain an advanced architecture of active metal fluoride materials; (2) achieving faster mass charge transport by building block and defect chemical variation in structures and (3) development or optimization of the electrolytes involved and the formation of advanced cell component solutions. It is obvious that to advance these electrode materials and make them ideal, numerous approaches have been employed to enhance the electrochemical performance, but significant improvements are still required for the practical applications of metal fluoride electrode materials.
Figure 16. Energy efficiency and density of (A) FeF₃, (B) LiFePO₄ and (C) transition metal oxide (NMC) based on their discharge-charge curves. Reproduced from Ref.[146] with permission. Copyright 2018 The Author(s).

DECLARATIONS

Authors’ contributions
Preparing the manuscript draft, writing-review, editing, funding acquisition: Ma D
Writing-review: Zhang R, Chen Y
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Funding acquisition, supervision: Hu X, Hu G

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Conflicts of interest
All authors declared that there are no conflicts of interest.

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