Development of an Iron-Based Fischer–Tropsch Catalyst with High Attrition Resistance and Stability for Industrial Application

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Abstract: In order to develop an iron-based catalyst with high attrition resistance and stability for Fischer–Tropsch synthesis (FTS), a series of experiments were carried out to investigate the effects of SiO\textsubscript{2} and its hydroxyl content and a boron promoter on the attrition resistance and catalytic behavior of spray-dried precipitated Fe/Cu/K/SiO\textsubscript{2} catalysts. The catalysts were characterized by means of N\textsubscript{2} physisorption, nuclear magnetic resonance (NMR), X-ray diffraction (XRD), Raman spectrum, X-ray photoelectron spectroscopy (XPS), H\textsubscript{2}-thermogravimetric analysis (H\textsubscript{2}-TGA), temperature-programmed reduction and hydrogenation (TPR and TPH), and scanning and transmission electron microscopy (SEM and TEM). The FTS performance of the catalysts was tested in a slurry-phase continuously stirred tank reactor (CSTR), while the attrition resistance study included a physical test with the standard method and a chemical attrition test under simulated reaction conditions. The results indicated that the increase in SiO\textsubscript{2} content enhances catalysts’ attrition resistance and FTS stability, but decreases activity due to the suppression of further reduction of the catalysts. Moreover, the attrition resistance of the catalysts with the same silica content was greatly improved with an increase in hydroxyl number within silica sources, as well as the FTS activity and stability to some degree. Furthermore, the boron element was found to show remarkable promotion of FTS stability, and the promotion mechanism was discussed with regard to probable interactions between Fe and B, K and B, and SiO\textsubscript{2} and B, etc. An optimized catalyst based on the results of this study was finalized, scaled up, and successfully applied in a megaton industrial slurry bubble FTS unit, exhibiting excellent FTS performance.

Keywords: Fischer–Tropsch synthesis; silica; boron; attrition; stability; industrial application

1. Introduction

Fischer–Tropsch synthesis (FTS) is the major route for converting syngas (CO+H\textsubscript{2}) made from coal or natural gas into a wide variety of hydrocarbons. The products are further processed to obtain fuel and chemicals. Increasingly stringent environmental regulations are pushing the drive for clean fuels (low-sulfur, low-aromatics), and concerns about the huge consumption of liquid fuel make FTS an environmentally friendly and promising route for coal- or gas-rich regions.

The industrial catalysts for FTS are mainly iron- and cobalt-based catalysts [1]. Iron-based catalysts are relatively inexpensive, possess reasonable activity for FTS, and have lower sensitivity towards poisons and excellent water gas shift (WGS) activity compared with cobalt catalysts, which makes iron-based catalysts the preferred catalysts for hydrocarbon production via FTS using coal-derived syngas [1–4]. Iron-based catalysts can be divided into precipitated iron catalysts for low-temperature FTS and molten iron catalysts...
for high-temperature FTS, according to different synthetic routes. Precipitated catalysts can be utilized at 230–280 °C, which is suitable for producing diesel oil and wax, and molten catalysts can be used to produce low-carbon olefins and gasoline at 320–340 °C [1]. The application of a slurry bubble column reactor (SBCR) for liquid-phase FTS using a precipitated iron-based catalyst is advantageous because of the excellent control of the highly exothermic reaction heat in large-scale industrial operation. Nevertheless, the use of iron catalysts in the most economical SBCR has been limited by their high rate of attrition to ultrafine particles leading to catalyst loss, difficulty in wax/catalyst separation, and product contamination, resulting in mass transfer limitations and downstream processing unit shutdown [5,6]. Several literature works have reported that operational difficulties, caused by catalyst breakup (attrition), were encountered during an F–T demonstration run in an SBCR at LaPorte Texas. The filtering system was plugged after one day of operation, and the external catalyst/wax separation in a settling tank was inefficient, resulting in gradual loss of the catalyst from the reactor, using a precipitated iron catalyst [7–9]. The problems were attributed to breakup of the original catalyst particles into fine particles. Also, researchers at Sasol in South Africa reported that an Fe F–T catalyst, used in fixed-bed reactors at Sasol, may be structurally too weak for use in the SBCR and that solid/wax separation was a major developmental challenge in the commissioning of a semi-commercial-scale SBCR (2500 barrels of liquid product per day) [10,11]. It is believed that the attrition process of iron catalysts for F–T synthesis includes both fracture (the fragmentation of particles) and abrasion/erosion (the process by which particle surface layers or corners are removed) [12,13]. Particle erosion is particularly serious as it generates more fine particles because the catalysts undergo various stresses during the F–T reaction, such as collision, friction, pressure, and thermal and chemical stresses. Therefore, the attrition property of the F–T catalyst must be improved before its industrial application. In order to overcome this obstacle, numerous researchers have launched studies on catalyst optimization through fundamental structure design and novel preparation technology, etc.

SiO₂ was used as a binder to improve the strength of iron-based coprecipitated catalyst for a slurry bed and to protect iron grains from sintering during F–T reaction [1,14]. Many researchers have researched the effect of SiO₂ on the attrition resistance of catalysts [15]. Goodwin et al. investigated the adding process and the amount of added SiO₂ and found that the attrition resistance of the catalyst prepared by adding binder SiO₂ after precipitation was better than that prepared by adding precipitated SiO₂ during precipitation [16]. In addition, the authors also found that the higher the particle density, the better the attrition resistance property [17]. Therefore, the attrition resistance got worse with higher content of SiO₂, as it lowers the particle density of the catalyst. However, precipitated SiO₂ can be used in the preparation of attrition-resistant spray-dried iron catalysts when present in a suitable amount less than 12 wt%, as long as appropriate precipitation and spray drying techniques are employed. Bukur et al. [18] investigated the effect of precipitated SiO₂ and binder SiO₂ on the attrition resistance, and also the effect of different SiO₂ sources (silica sol, ethyl orthosilicate, potassium silicate). The increase in the fraction of particles smaller than 10 µm for the three catalysts after ~300 h of FTS reaction was 0.7%, −3.4%, and −0.3%, respectively. The CO+H₂ conversion after 150 h of FTS reaction was 72%, 74–78%, and 72%, while the CH₄ selectivity was 3.4%, 2.6%, and 2.0–2.4%, respectively. The results showed that the catalyst prepared from silica sol had the best attrition resistance, but the worst activity and selectivity. Hou et al. [19] observed the morphologies of catalysts with different SiO₂ contents before and after reaction by SEM, and found that the attrition resistance of the catalysts improved as SiO₂ content was increased from 100Fe/5Cu/4.2K/15SiO₂ to 100Fe/5Cu/4.2K/40SiO₂, while the reduction and carbonization of the fresh catalysts were inhibited. For 100Fe/5Cu/4.2K/15SiO₂, the CO conversion at 300 h and 500 h are 48.41% and 47.82%, respectively, while for 100Fe/5Cu/4.2K/40SiO₂, the CO conversion at 300 h and 500 h are 31.68% and 32.55%, respectively. Chang Hai et al. [20] studied the effect of SiO₂ addition parameters (temperature, pH value, and aging time) on the structure and performance of an Fe/Cu/K/SiO₂ catalyst prepared by a coprecipitation method.
This work shows that 55 °C is the best addition temperature for the lowest deactivation rate as well as the best selectivity, and it is beneficial to improve attrition resistance by prolonging the aging time within 150 min. With the decrease in pH, the attrition resistance is strengthened whereas the reduction of the catalyst becomes more difficult.

Researchers have mainly studied the effects of SiO₂ addition method, content, source type, and process conditions on the attrition resistance of precipitated iron catalysts and its activity and selectivity. However, the relationship between attrition resistance and catalyst reaction stability have been rarely reported yet.

In addition to the attrition resistance property, the FTS reaction stability of the precipitated iron catalyst is also key to the stable operation of the industrial plant. Generally, the deactivation of Fischer–Tropsch catalysts is attributed to poisoning [21], oxidation [22], sintering [23], and coking [24]. The deactivation from S poisoning is mainly due to the insufficient purity of syngas and can be solved by purification [1]. For the other types of deactivation, many researchers avoid iron grain sintering and oxidation by adjusting the interaction between Fe and Si or by adding Mn, Zn, and Zr additives [25–29]. However, in view of catalyst deactivation from coking, although some research results have shown that the coke is formed on the catalyst surface due to a Boudard reaction, and the addition of K promoter will make the coking more obvious [30–32], there is few work reported about the effect of promoters on anti-coking during FTS reaction as well to make further improvement of catalyst stability based on it.

It is suggested that a suitable iron catalyst for SBCR application requires excellent resistance to not only physical fracture/abrasion but also chemical erosion which occurs with coking, causing deactivation under reaction conditions. An integrated study on catalyst physical attrition resistance and reaction stability is presented herein. In this paper, the effects of SiO₂ content and silanol content within the silica sources on the attrition resistance, FTS stability, and performance of an as-prepared iron catalyst were investigated. Based on the proposition that the CO adsorption and dissociation can be controlled and the Boudard reaction can be restrained by adjusting the electron density on the catalyst surface, a novel catalyst design with a novel promoter was developed to restrain coking, and it demonstrated excellent FTS stability for industrial application.

2. Results and Discussion

2.1. Effect of Silica Content on Attrition Resistance and Stability of Catalyst

Based on the conclusions of previous research works, an increase in silica content in the catalyst improves the attrition resistance and stability of the catalyst [19]. As a primary comparison of this present research, a group of model precipitated iron catalysts were prepared (see Table 1) with the traditional formula 100Fe₂O₃: 4.4CuO: 3.5K₂O: 17.5SiO₂, and various SiO₂ contents at the fixing ratio of Fe/Cu/K. The correlation between the silica content and the attrition index, stability, and reaction performance was investigated. As can be seen from Figure 1, the attrition index of the catalyst decreases with the increase in silica content, indicating the attrition resistance is improved. Moreover, the FTS deactivation rate of the catalyst decreases with the increase in silica content, i.e., the FTS stability is enhanced. Furthermore, the FTS reaction performance data (Table 2) showed that the CO conversion rate of the catalyst decreased with the increase in silica content, while the methane selectivity increased, which was consistent with the law obtained by Cheng-Hua Zhang et al. [33].

For a further understanding, H₂-TG tests were carried out for the above catalysts with different SiO₂ contents. The results (Table 3) demonstrated that the reduction process under H₂ atmosphere is basically divided into two stages: the first stage is from Fe₂O₃ reduced to Fe₃O₄, and the second stage is from Fe₃O₄ to FeO or Fe. The results show the reduction degree during the first stage differs insignificantly for all samples, from 30% to 35%. However, it is significant for the second stage. The reduction degree of the whole process was found to be lowered with the increase in silica content in the catalyst. It can be explained that the increase in silica content results in more Fe-O-Si within the catalyst,
hence strengthening the interaction between Fe and Si, leading to the difficulty of catalyst reduction and easiness of activation. For example, the catalyst SFT-4 with 20% SiO$_2$ content has a reduction degree of 66.66% under H$_2$ reduction process from 120 °C to 1200 °C, and as a result, it led to a lower activity. Therefore, although the catalytic stability is improved by increasing the SiO$_2$ content, the negative effect is to sacrifice the FTS activity related to the lowered reduction degree. It is suggested to find a suitable SiO$_2$ content for the optimized catalyst through synthetically balancing FTS performance, stability, and attrition resistance.

Table 1. Attrition index and physical properties of the prepared catalysts.

| Sample | Si Content 1 (%) | Attrition Index (wt%/h) | BET Surface (m$^2$/g) | Pore Volume (cm$^3$/g) | Average Pore Size (nm) |
|--------|------------------|-------------------------|-----------------------|------------------------|------------------------|
| SFT-1  | 12.5             | 9.8                     | 179.0                 | 0.54                   | 12.0                   |
| SFT-2  | 15.0             | 7.2                     | 171.4                 | 0.47                   | 11.1                   |
| SFT-3  | 17.5             | 6.2                     | 180.2                 | 0.56                   | 11.6                   |
| SFT-4  | 21.0             | 5.2                     | 175.6                 | 0.57                   | 13.0                   |

1 Si content is calculated as SiO$_2$ content per 100 parts of Fe$_2$O$_3$.

Figure 1. Correlation between the silica content and the attrition index and stability.

Table 2. Fischer–Tropsch synthesis performances of the prepared catalysts 1.

| Sample | Si Content 2 (%) | CO Conversion (%) | CO$_2$ Selectivity (%) | CH$_4$ Selectivity (%) | Deactivation Rate 3 (‰/h) |
|--------|------------------|-------------------|------------------------|------------------------|---------------------------|
|        |                  | 200 h             | 300 h                  | 200 h                  | 300 h                     |
| SFT-1  | 12.5             | 64.7              | 59.2                   | 19.8                   | 22.0                      | 2.1                       | 0.55                     |
| SFT-2  | 15.0             | 63.6              | 59.4                   | 17.5                   | 19.0                      | 1.9                       | 2.3                       | 0.42                     |
| SFT-3  | 17.5             | 56.1              | 53.7                   | 16.4                   | 17.5                      | 2.2                       | 2.5                       | 0.24                     |
| SFT-4  | 21.0             | 45.8              | 44.5                   | 14.6                   | 14.8                      | 3.0                       | 3.1                       | 0.13                     |

1 All samples were tested at 265 °C, 2.3 MPa H$_2$/CO = 3 syngas, GHSV = 20,000 mL/(g-cat·h). 2 Si content is calculated as SiO$_2$ content per 100 parts of Fe$_2$O$_3$. 3 Deactivation rate = (CO conversion at the initial stage of reaction (t = 200 h) – CO conversion at the end of reaction)/(Overall reaction time: 200 h).

Table 3. H$_2$-TG results of the prepared catalysts.

| Sample | Si Content (%) | Fe$_3$O$_4$ → Fe$_2$O$_4$ | Reduction Degree (%) | Fe$_2$O$_4$ → Fe | Reduction Degree (%) | Total Reduction Degree (%) |
|--------|----------------|---------------------------|----------------------|-----------------|----------------------|----------------------------|
|        |                | Peak Temp. (°C) | Weight Loss (%) | Fe$_3$O$_4$ → Fe$_2$O$_4$ | Peak Temp. (°C) | Weight Loss (%) | Fe$_2$O$_4$ → Fe | Reduction Degree (%) |                       |
| SFT-1  | 12.5           | 259.2                   | 8.7                  | 35.5             | 769.6                | 15.1                   | 61.6                   | 97.1                   |
| SFT-2  | 15.0           | 267.0                   | 8.3                  | 33.9             | 715.0                | 14.4                   | 58.6                   | 92.6                   |
| SFT-3  | 17.5           | 267.8                   | 7.4                  | 30.1             | 682.8                | 12.6                   | 51.6                   | 81.7                   |
| SFT-4  | 21.0           | 275.4                   | 7.8                  | 31.7             | 654.0                | 8.6                    | 35.0                   | 66.7                   |

Among the above catalysts (Table 1), SFT-3 with silica content of 17.5% shows the best performance in view of integrated FTS. However, the deactivation rate of 0.24‰/h predicts...
that the CO conversion is 24% lower after 1000 h of reaction, and the significant activity loss is far away from the requirements of industrial application. As a comparison, an attrition index test was launched over the SFT-3 sample under simulated FTS reaction conditions in a CSTR with extra high stir speed. The results (Table 4 and Figure 2) indicate that the SFT-3 sample with an attrition index of 6.15 wt% / h is still very fragile in the simulated reaction attrition test.

Table 4. Fe content in liquid products of SFT-3.

| Sample | Fe Content in Liquid Products (ppm) | After 30 min Deposit | After 60 min Deposit |
|--------|-----------------------------------|----------------------|----------------------|
| SFT-3  |                                   | 627                  | 367                  |

![Figure 2. SEM image of SFT-3 after attrition test in slurry bed reactor.](image-url)

2.2. Effect of Silanol Content on Attrition Resistance and Stability of Catalyst

As revealed from the above results, the increase in silica content in the catalyst improved its physical attrition resistance and FTS stability. By proposing that the attrition resistance and stability are mainly attributed to the silica content in the catalyst, the content of silanol groups that interact with Fe increases with silica content, and so does the Fe–Si interaction. A catalyst with high attrition resistance and stability can be obtained by increasing the silanol content within the silica source without changing the silica content in the catalyst. A series of experiments were launched from the preparation of model catalysts with the traditional formula 100Fe₂O₃ : 4.4CuO : 3.5K₂O : 17.5SiO₂, using five types of silica source with different silanol contents. The silanol content of different silica sources was calculated by ²⁹Si NMR tests (Figure 3 and Table 5). The physical attrition index was tested by the standard method, and the FTS performance of the catalysts was investigated.

The five peaks from left to right of each spectral line in Figure 3 represent the peaks of Si with four hydroxyl groups, three hydroxyl groups, two hydroxyl groups, a single hydroxyl group, and no hydroxyl groups, denoted as Q₄, Q₃, Q₂, Q₁, and Q₀, respectively [34]. The content of hydroxyl groups in these silica sources obtained by fitting is shown in Table 5. After the calculation based on analysis data, the molar number of hydroxyl per 100 mol Si in the five kinds of silica sources is 142, 117, 111, 103, and 44, respectively.

Tables 6 and 7 show the FTS performance and structural parameters of the catalysts prepared with different SiO₂ sources. Figure 4 shows the attrition index and deactivation rate of the as-prepared catalysts. It was noted that the attrition index decreased as the content of silanol groups used in the preparation was increased, indicating that an increment in the content of silanol groups was beneficial to enhance attrition resistance. In comparison with the SFT-3 prepared from KSi-5 with the least silanol groups, the deactivation rate of the catalyst prepared from KSi-1 to KSi-4 remained stable at a lower attrition index. It
was found to contradict the above results shown in Figure 1, indicating that there was no significant correlation between attrition index and reaction stability once the attrition index was lower than a certain value, although enhancement of attrition resistance is expected to improve the reaction stability (Figure 1).

Figure 3. $^{29}$Si NMR of 5 types of silica source with different silanol contents.

Table 5. $^{29}$Si-NMR results and calculated silanol contents of different Si sources.

| Si Source | Q₀ (%) | Q₁ (%) | Q₂ (%) | Q₃ (%) | Q₄ (%) | Silanol Content (mol/100 mol Si) |
|-----------|--------|--------|--------|--------|--------|--------------------------------|
| KSi-1     | 1.29   | 7.79   | 31.58  | 50.54  | 8.81   | 142                            |
| KSi-2     | 0.68   | 3.15   | 24.39  | 56.10  | 15.68  | 117                            |
| KSi-3     | 0.02   | 2.37   | 24.99  | 53.62  | 19.00  | 111                            |
| KSi-4     | 0.92   | 3.30   | 20.30  | 48.42  | 27.06  | 103                            |
| KSi-5     | 0.46   | 0.28   | 5.75   | 29.37  | 64.15  | 44                             |

Table 6. Attrition index and physical properties of catalysts prepared with different silica sources.

| Sample | Si Source | Attrition Index (wt%/h) | BET Surface (m²/g) | Pore Volume (cm³/g) | Average Pore Size (nm) |
|--------|-----------|-------------------------|--------------------|---------------------|-----------------------|
| Cat-1  | KSi-1     | 2.7                     | 171.3              | 0.49                | 11.7                  |
| Cat-2  | KSi-2     | 3.3                     | 169.5              | 0.45                | 13.4                  |
| Cat-3  | KSi-3     | 3.4                     | 170.0              | 0.47                | 11.5                  |
| Cat-4  | KSi-4     | 4.0                     | 167.5              | 0.48                | 11.9                  |
| SFT-3  | KSi-5     | 6.1                     | 180.2              | 0.56                | 11.6                  |

Table 7. Fischer–Tropsch synthesis performances of catalysts with different silica sources.

| Sample 1 | Si Source | CO Conversion (%) | CO₂ Selectivity (%) | CH₄ Selectivity (%) | Deactivation Rate ² (%/h) |
|----------|-----------|-------------------|---------------------|---------------------|--------------------------|
| Cat-1    | KSi-1     | 64.9              | 17.6                | 2.2                 | 0.15                     |
| Cat-2    | KSi-2     | 64.1              | 15.8                | 2.2                 | 0.15                     |
| Cat-3    | KSi-3     | 64.5              | 17.4                | 2.2                 | 0.16                     |
| Cat-4    | KSi-4     | 66.2              | 19.5                | 2.4                 | 0.15                     |
| SFT-3    | KSi-5     | 56.1              | 16.4                | 2.2                 | 0.24                     |

¹ All samples were tested at 265 ºC, 2.3 MPa H₂/CO = 3 syngas, GHSV = 20,000 mL/(g-cat·h). ² Deactivation rate = (CO conversion at the initial stage of reaction (t = 200 h) − CO conversion at the end of reaction)/(Overall reaction time: 200 h).
The textural properties of the catalysts shown in Table 6 reveal that the difference in silanol content causes less change in the catalyst texture. The XRD spectra of these five catalysts prepared from five different silica sources are shown in Figure 5. It can be seen that the peaks of these spectra are relatively diffuse, indicating fine crystal grains of the samples. The characterization by means of TEM for Cat-1 and SFT-3 catalysts prepared from KSi-1 and KSi-5 is shown in Figure 6. It can be seen that the catalyst prepared with KSi-1 has smaller grain size and uniform distribution, while the catalyst prepared with KSi-5 shows larger mean grain size and wider distribution. According to the Oswald ripening rule, better uniformity of catalyst grains is conducive to inhibiting metal particle sintering and improving the stability of catalysts [35].

The results indicated that a silica source with more silanol groups was helpful to forming more Fe-O-Si bonds and building a stronger skeleton, hence improving the attrition resistance of the catalyst. The enhancement of the Fe–Si interaction promotes the uniform distribution of iron oxide particles in the silica matrix and the good dispersion of Fe grains, further improving the stability of the catalyst [33].

Cat-1 possessed high attrition resistance and FTS stability, and its performance was further tested under FTS conditions in a high-speed stirred CSTR. The results (Table 8 and Figure 7) show that the catalyst still maintained perfect morphology after 200 h of testing, and the content of fine powder caused by catalyst attrition in liquid phase was significantly reduced from 627 ppm to 22 ppm in comparison with SFT-3 (see Table 4).
Figure 6. TEM images and size distributions of (a,b) Cat-1 and (c,d) SFT-3.

Table 8. Fe content in liquid products of Cat-1.

| Sample  | Fe Content in Liquid Products (ppm) | After 30 min Deposit | After 60 min Deposit |
|---------|-------------------------------------|-----------------------|----------------------|
| Cat-1   | 22                                  | 22                    | 20                   |

Figure 7. SEM image of Cat-1 after attrition test in slurry bed reactor.

Figure 8 shows the FTS reaction performance with reaction time for the five prepared catalysts. The trends indicate that there was a gradual deactivation for around 500–600 h reaction time. CO conversion decreased to lower than 60% and CO$_2$, while CH$_4$ selectivities increased to above 20% and 3.5%, respectively.
2.3. Anti-Carbon Deposition Formula Design

Raman spectroscopy was performed on the catalyst Cat-1 after running in a slurry bed for 200 h and 500 h, as shown in Figure 9. The scattering peaks of 1360 cm\(^{-1}\) and 1580 cm\(^{-1}\) in the figure indicate a certain amount of carbon deposition on the catalyst. It is believed that carbon deposition tends to cover the active sites on the catalyst surface, resulting in a deactivation of the catalyst; meanwhile, the growth of carbon deposition weakens the interaction of catalyst grains. For exothermic reactions such as FTS, due to the poor thermal conductivity of deposited carbon, the thermal inhomogeneity of the catalyst particles increases and results in thermal stress and poor stability of the catalyst. Generally, it is believed that carbon deposition on Fischer–Tropsch synthesis catalysts is formed through CO Boudard reaction. The existence of K will intensify the trend of carbon deposition; this is because the potassium will provide electrons to iron, which will make the iron more conducive to the chemical adsorption of CO and weak H\(_2\) dissociation adsorption on catalyst surface; CO is easier to dissociate and adsorb, which makes carbon deposition easier to form [30–32].

To relieve the carbon deposition on the catalyst, there is a method of adding electronegativity-strong, non-metallic elements that effectively adjust the electron density of active phases. On the other hand, the said interaction between non-metallic oxides and SiO\(_2\) in the catalyst can be adjusted to indirectly affect the electron-donating capacity of K. It is recognized as a novel way to improve the anti-carbon deposition capability of the catalyst.
An XPS test was carried out on the prepared catalysts. Figure 10a shows that the binding energy of B 1s in Cat-1B is around 191.8 eV, which belongs to the peak of B$^{3+}$ in B$_2$O$_3$ [36]. Figure 10b compares the binding energies of Cat-1 and catalyst Cat-1B in Si 2p, in which the peak of 103.5 eV corresponds to the binding energy of Si in Si-O-Si, and 101.9 eV is the binding energy of Si affected by Fe$^{3+}$ ions. It can be seen that the proportion of peak at 101.9 eV decreases obviously after adding B, indicating that B$_2$O$_3$ combines with SiO$_2$, and the electron-absorbing ability of B increases the binding energy of SiO$_2$, while the overall Si 2p peak position also shifts towards the direction of high binding energy after adding B [37,38]. The peak at 711.2 eV corresponds to the Fe$^{3+}$ binding energy of Fe 2p$_{3/2}$, and the peak at 724.4 eV corresponds to the Fe$^{3+}$ binding energy of Fe 2p$_{1/2}$. The two peaks of Fe 2p in Cat-1B are shifted towards higher binding energy than those in Cat-1. This indicates that there is a certain interaction between B$_2$O$_3$ and Fe, and the electron absorption of B leads to the stronger binding energy of Fe$^{3+}$ in the 2p orbital [36].

In Figure 10c, the peaks of 293.1 eV and 295.9 eV correspond to the peak positions of K 2p$_{3/2}$ and K 2p$_{1/2}$, respectively. The K 2p peak of Cat-1B showed in Figure 10d shifts to the direction of high binding energy relative to that of Cat-1, indicating that B$_2$O$_3$ has an electron-absorbing effect on K [39].

An in situ XRD test was carried out to investigate the crystal-phase changes in the catalysts at 265 °C and syngas as reducing atmosphere with H$_2$/CO = 20/1, collecting data per hour for 9 h. It can be seen from Figure 11 that reduction/carbonization bands appeared in the range of 2θ 39–47° for the two catalysts during the initial 1 h of reduction,
while the majority of the sample is still iron oxide hydrate. After 3 h of reduction, obvious iron carbide crystal forms appeared. Comparing with the standard card (PDF 89-2544), it was revealed that the generated iron carbide is mainly Fe$_5$C$_2$. By calculating the crystal face peak at 40.8° (–112), the grain size at different reduction periods was obtained, as shown in Table 9. It can be seen that the grain size of Fe$_5$C$_2$ in Cat-1 is larger than Cat-1B from the 4 h. After 5 h, the grain size of the catalyst basically varied less until the reduction after 9 h. The grain sizes of Cat-1 and Cat-1B are 21.7 nm and 15.5 nm, respectively, indicating that a complete reduction/carbonization was obtained within 5 h under the above conditions. The grain size variation of the experimental catalysts during the reduction process (Table 9) indicated there is an interaction between promoter B and Fe, which is in accordance with the former results based on XPS analysis. Thus, it is expected to form smaller iron carbide grains.

| Time (h) | 3   | 4   | 5   | 6   | 7   | 8   | 9   |
|---------|-----|-----|-----|-----|-----|-----|-----|
| Cat-1 grain size (nm) | 12.8 | 18.2 | 20.4 | 19.1 | 21.6 | 20.4 | 21.7 |
| Cat-1B grain size (nm) | 12.2 | 14.9 | 15.9 | 16.2 | 15.9 | 15.2 | 15.5 |

For the sake of further verification, an H$_2$-TPR test was carried out on Cat-1 and Cat-1B and is illustrated in Figure 12. The characteristic peaks of CuO reduced to Cu and iron oxide hydrate reduced to Fe$_3$O$_4$ that usually occur at 290 °C partially overlap with the temperature corresponding to Fe$_3$O$_4$→FeO reduction peak, which formed the peak pattern with the characteristics of forward extension. The obvious reduction peak in the range of 320–450 °C corresponds to the Fe$_3$O$_4$→FeO reduction process. It was found that the reduction peak can be divided into two parts at higher temperatures above 450 °C. The reduction peak at 450–750 °C is attributed to FeO→α-Fe, while the reduction of Fe$^{3+}$/Fe$^{2+}$ oxide interacting with SiO$_2$ occurs at 750 °C. The whole H$_2$ reduction process of the catalyst is consistent with previously reported studies [19,40]. For a comparison between Cat-1 and Cat-1B, the reduction temperature of the catalyst after B addition shifted to a higher temperature. It was demonstrated that Fe interacts with B, which has been shown in XPS and in situ XRD previously.
Temperature-programmed reduction (TPR) was carried out over used Cat-1 and Cat-1B catalysts in order to compare the anti-carbon deposition performance. The fitted TPR curves are shown in Figure 13. The peak at 270–390 °C is the α-carbon release peak. The peak at 420–455 °C is the hydrogenation peak of β carbon. These two carbon species can be considered as reactive carbon species on the catalyst surface. The peak at 480–688 °C is γ carbon, which is the hydrogenation peak of carbon in iron carbide. The peak at 600–750 °C is δ carbon, which is the hydrogenation peak of deposited carbon on the surface of the catalyst [41]. The calculated contents of different carbon species are shown in Table 10. It can be seen that Cat-1B has less δ carbon and more active carbon species than Cat-1, which also indicates that Cat-1B has better reaction performance.

The textural properties of the two catalysts are shown in Table 11, and the reaction performance of Cat-1 and Cat-1B in CSTR is shown in Figure 14 and Table 12. From the results in Table 11, the addition of B does not have a significant impact on the attrition resistance of the catalyst, but the specific surface area decreases, the average pore size...
increases, and the stability of the catalyst is significantly improved, with the deactivation rate reduced to 0.012‰ /h. The stability improvement of Cat-1 B comes from the addition of B. XPS data show that the interaction of B and Fe reduces the electron density of Fe active phase. TPH results show that the carbon deposition of the catalyst after the reaction is less than that of the catalyst without B, which indicates that B can improve the anti-carbon deposition ability of the catalyst by regulating the electron density of the active phase of Fe. In situ XRD results show that B is beneficial to stabilize smaller grains of iron carbide. All these effects are beneficial to the improvement of the stability of the catalyst. B reduces the specific surface area and increases the average pore size, which is because the B–SiO₂ interaction modifies the properties of SiO₂ and then changes the texture characteristics of the catalyst, although B has no significant effect on the attrition resistance of the catalyst.

Table 11. Attrition index and physical properties of Cat-1 and Cat-1B.

| Sample | Si Source | Attrition Index (wt%/h) | BET Surface (m²/g) | Pore Volume (cm³/g) | Average Pore Size (nm) |
|--------|-----------|------------------------|-------------------|-------------------|-----------------------|
| Cat-1  | KSi-1     | 2.7                    | 171.2             | 0.49              | 11.7                  |
| Cat-1B | KSi-1     | 2.4                    | 143.2             | 0.47              | 13.3                  |

Figure 14. Reaction performance of Cat-1 and Cat-1B in slurry bed.

Table 12. Fischer–Tropsch synthesis performances of Cat-1 and Cat-1B.

| Sample | Si Source | CO Conversion (%) | CO₂ Selectivity (%) | CH₄ Selectivity (%) | Deactivation Rate ¹ (%/h) |
|--------|-----------|-------------------|---------------------|---------------------|---------------------------|
| Cat-1  | KSi-1     | 64.9              | 17.6                | 2.2                 | 0.15                      |
| Cat-1B | KSi-1     | 62.4              | 16.0                | 2.5                 | 0.012                     |

¹ Deactivation rate = (CO conversion at the initial stage of reaction (t = 200 h) – CO conversion at the end of reaction)/(Overall reaction time: 200 h).

2.4. Industrial Application of Catalyst with Highly Attrition Resistant and Stability

Based on sample Cat-1B, a number of steps were executed, including formula and preparation process optimization scaling up, and long-term stability test. The finalized iron-based FTS catalyst (reported as CNFT-1) was successfully manufactured (Figure 15) and evaluated at industrial trial scale. The ton-scale products have a uniform particle size distribution and ideal morphology, while the FTS reaction performance was in accordance with the laboratory catalyst.

Subsequently, the CNFT-1 catalyst was applied in a megaton FTS synthesis plant. The excellent attrition resistance was verified in the industrial unit, illustrated by the lower iron content of the wax product, and much cleaner oil products and wax products (Figure 16). The FTS plant data confirmed that the CNFT-1 catalyst has excellent industrial application.
performance (see Table 13) with high attrition resistance and activity, low CH$_4$ selectivity, and high wax-to-oil ratio.

![SEM images of industrial CNFT-1 catalyst at (a) low magnification and (b) high magnification.](image1)

**Figure 15.** SEM images of industrial CNFT-1 catalyst at (a) low magnification and (b) high magnification.

![FTS products acquired at a million-ton FTS plant using the CNFT-1 catalyst. From left to right are the stable wax, heavy oil, light oil, and synthetic water, respectively.](image2)

**Figure 16.** FTS products acquired at a million-ton FTS plant using the CNFT-1 catalyst. From left to right are the stable wax, heavy oil, light oil, and synthetic water, respectively.

**Table 13.** Industrial application performance of CNFT-1.

| Item                             | Value  |
|---------------------------------|--------|
| Total CO conversion (mol%)      | 97.4   |
| CO$_2$ selectivity (mol%)       | 2.0    |
| CH$_4$ selectivity (mol%)       | 18.8   |
| Syngas consumption per ton oil (Nm$^3$/t) | 5631   |
| Wax/oil ratio (t/t)             | 1.4    |

3. Materials and Methods

3.1. Materials

H$_2$ (99.9%) and CO (99.9%) were purchased from Beijing AP BAIF gases industry Co., Ltd., and were desulfurized (up to <0.05 µg/g), deoxidized, and dehydrated before use. Fe(NO$_3$)$_3$·9H$_2$O, Cu(NO$_3$)$_2$·3H$_2$O, K$_2$CO$_3$, H$_3$BO$_3$, and Na$_2$CO$_3$ were purchased from Sinopharm Chemical Reagent Co. Ltd. All chemicals were used as received.
3.2. Catalyst Preparation

Catalysts were prepared by a patented method (CN101602000). In brief, the solution of Fe(NO$_3$)$_3$·9H$_2$O and Cu(NO$_3$)$_2$·3H$_2$O at appropriate Fe/Cu ratio was co-precipitated with sodium carbonate solution at pH = 7 and T = 70 °C. The precipitation was centrifuged and fully washed. After the slurry was slurried, an appropriate amount of K$_2$SiO$_3$ was added into the slurry and the pH value was adjusted. After centrifugation, the cake was re-slurried with desired K$_2$CO$_3$ and de-ionized water, and the mixture was spray-dried at 200 °C. Finally, the catalyst was dried at 100 °C overnight and calcinated at 500 °C for 6 h.

The catalysts prepared with potassium silicate (KSi-5) were named SFT-1/2/3/4, corresponding to SiO$_2$/Fe$_2$O$_3$ mass ratios of 12.5/100, 15/100, 17.5/100, and 20/100. The ratio of Fe$_2$O$_3$/CuO/K$_2$O in catalysts is in accordance with the mass ratio of 100:4.4:3.5:17.5. The catalysts prepared with different amounts of potassium silicate (KSi-1/2/3/4/5) were successively named as Cat-1/2/3/4/5. The ratio of Fe$_2$O$_3$/CuO/K$_2$O/SiO$_2$ in catalysts is in accordance with the mass ratio of 100:4.4:3.5:17.5. Preparation and formulation of Cat-1B were the same as for Cat-1, except that H$_3$BO$_3$ was added during the re-slurrying process at a B$_2$O$_3$/Fe$_2$O$_3$ ratio of 4.8/100.

3.3. Catalyst Characterization

3.3.1. Nitrogen Adsorption/Desorption

BET surface area, pore volume, and average pore diameter measurements were determined by nitrogen isothermal physisorption at liquid nitrogen temperature using a Micromeritics ASAP 3020. Before the adsorption measurements, samples were degassed under vacuum at 90 °C for 1 h and 350 °C for 3 h.

3.3.2. Nuclear Magnetic Resonance (NMR)

$^{29}$Si NMR of liquid K$_2$SiO$_3$ samples placed in 10 mm PTFE tubes was conducted with an Si-free probe on an Advance III 400 MHz spectrometer (Bruker, Karlsruhe, Germany).

3.3.3. X-ray Diffraction

Powder X-ray diffraction (XRD) was carried out on a Bruker D8 ADVANCE X-ray diffractometer (Bruker, Karlsruhe, Germany) with Cu Kα radiation source ($\lambda = 0.154$ nm, operating at 40 kV, 40 mA). The scan range was 10–80°.

In situ XRD was carried out on a Rigaku D/max-2600/PC apparatus (Rigaku, Tokyo, Japan) equipped with a D/teX ultra-high-speed detector and scintillation counter. The X-ray generator consisted of a Cu rotating anode target with a maximum power of 9 kW. All the tests were operated at 40 mA and 40 kV. In situ XRD patterns were recorded in an Anton Paar XRK-900 cell equipped with a H$_2$/CO = 20 gas system.

3.3.4. Scanning and Transmission Electron Microscopy

The scanning electron microscopy (SEM) images were collected on a Nova NanoSEM 450 scanning electron microscope (FEI, Hillsboro, OR, USA). The transmission electron microscopy (TEM) images were collected on an ARM200F electron microscope (JEOL, Tokyo, Japan) operated at 200 kV.

3.3.5. X-ray Photoelectron Spectroscopy (XPS)

XPS measurements were recorded using a Thermo Escalab 250Xi (Thermo Scientific, Waltham, MA, USA) system at base pressure of $1 \times 10^{-9}$ mbar. Samples were excited with monochromatized Al Kα radiation ($h\nu = 1486.6$ eV). The analyzer was operating in a constant pass energy mode (20 eV). The C 1s peak of adventitious carbon (284.8 eV) was used as a reference for estimating the binding energy.

3.3.6. Raman Spectrum

The Raman spectrum was obtained on HR-800 laser confocal spectrometer (Horiba, Kyoto, Japan).
3.3.7. Temperature-Programmed Reduction (TPR)

H₂-TPR experiments were conducted using a Micromeritics Autochem II 2920 auto adsorption apparatus (Micromeritics, Norcross, GA, USA). First, 100 mg of sample was degassed and reduced in 10 vol% H₂/Ar with a flow rate of 50 mL/min. The temperature was ramped linearly from 50 °C to 900 °C at 10 °C/min. The H₂ consumption was detected by a thermal conductivity detector (TCD) during the run.

3.3.8. Temperature-Programmed Hydrogenation (TPH)

TPH was conducted in a quartz tube reactor equipped with a mass spectrometer. Typically, 50 mg of the sample was in situ reduced and carburized before the TPH experiment. During the TPH, the temperature was increased from room temperature to 820 °C at a rate of 10 °C/min in 20 vol% H₂/Ar flow (50 mL/min in total).

3.3.9. H₂-Thermogravimetric Analysis (H₂-TGA)

A NETZSCH STA449C Thermal Analyzer was used for gravimetric measurement. The catalyst powders (approximately 10 mg) were put into an alumina crucible, Ar was introduced at RT into the Thermal Analyzer, and temperature was increased to 120 °C at a temperature ramp of 5 °C/min, purging for 1 h, and then H₂/Ar (H₂:Ar = 5:95) gaseous mixture was introduced and temperature was increased to 1200 °C, keeping a temperature ramp of 5 °C/min.

3.3.10. Attrition Index

The attrition index was measured on an air jet cup attrition index tester. The calcined catalysts were sieved with standard sieves of 53 and 120 µm before attrition index testing. The sieving process was applied until particles no longer passed through. The attrition index of the iron-based catalysts was tested using an ASTM D5757-95 method in a 3-hole attrition index tester. In the jet cup test, 50 g of each sample was used with an air jet having a flow rate of 10 L/min (with a relative humidity of 60 ± 5%) at room temperature for 5 h. The fines were collected with a thimble filter at the outlet of the jet cup chamber. The weight of the fines collected was divided by the weight of the total sample recovered to calculate the weight percentage of fines lost, then divided by 5 to obtain the weight loss hourly.

3.3.11. Attrition Test under Reactive FTS Conditions

Catalyst attrition strength was tested in a 1 L vigorously stirred tank reactor under reactive FTS conditions. In each run, 10 g catalyst and 500 mL liquid paraffin were added into the reactor. The syngas used was mixed from pure H₂ and CO; the H₂/CO ratio was adjusted by multiple mass flow meters. Before FTS tests, the catalyst was reduced with H₂/CO = 5:1 syngas under 260 °C, 2.3 MPa, 5000 mL/(g-cat·h) GHSV for 24 h. After reduction, the temperature of the reactor was adjusted to 265 °C, the H₂/CO was set to 3.0, the GHSV was raised to 20,000 mL/(g-cat·h), and the agitation speed was adjusted from 800 rpm to 2000 rpm. The liquid products were collected with a cold trap and a hot trap. The tail gas flow was vented. After 200 h of reaction, the reactor was depressurized to normal pressure and purged with nitrogen to cool down to 130 °C, then the stirring was stopped and the sample started settling at 130 °C. After settling for 30 min and 60 min, 10 g of upper liquid phase sample was taken respectively to test the solid content in slurry.

3.4. Fischer–Tropsch Synthesis Performance Test

The Fischer–Tropsch synthesis (FTS) performance of the catalyst was tested in a 1 L stirred-tank reactor. In each run, 10 g catalyst and 500 mL liquid paraffin were added into the reactor. The syngas used was mixed from pure H₂ and CO; the H₂/CO ratio was adjusted by multiple mass flow meters. Before FTS tests, the catalyst was reduced with H₂/CO = 5:1 syngas under 260 °C, 2.3 MPa, 5000 mL/(g-cat·h) GHSV for 24 h. After reduction, the temperature of the reactor was adjusted to 265 °C, the H₂/CO was set to 3.0, and the GHSV was raised to 20,000 mL/(g-cat·h). The liquid products were collected with
a cold trap and a hot trap. The tail gas flow was measured with a wet gas meter before being vented. The CO conversion and the selectivity of the gaseous products were acquired by 7890A gas chromatograph (Agilent, Santa Clara, CA, USA). H₂ and CO were separated on a Porapak N (2 m) column with Ar as the carrier gas, and were quantified by a TCD detector. CO₂ and CH₄ were separated by CHX after 13X (2 m) column, with Ar as the carrier gas, and were detected by the subsequent TCD detector. C₁-C₅ hydrocarbons were analyzed using an Al₂O₃ elastic quartz capillary column (50 m × 0.53 mm), with N₂ as the carrier gas and FID as the detector. The amounts of oil, wax, and aqueous products were also measured by weighting.

4. Conclusions

The present work provides a demonstration of commercial iron FTS catalyst development. Firstly a systematic research on physical attrition resistance and reaction stability has been carried out, then a novel catalyst with highly attrition resistance and stability based on binder and promoter optimization has been developed and verified by industrial-scale performance.

It was revealed that the contents of silica and related hydroxyls have a significant influence on the attrition resistance of the catalysts. With the increase in silica, the attrition resistance and reactive stability of the catalysts are enhanced, while the activity falls because the higher the silica content, the lower the reduction degree. Attrition resistance is further raised by increasing the content of silanol within the silica source, without activity loss. There is a suitable range for a linear relationship between reactive stability and attrition resistance.

The boron promoter is found to be greatly beneficial to the FTS stability. Through a series of characterization tests, it was revealed that the boron promoter reduces carbon deposition on the catalyst surface and improves the FTS stability. In the present work, an iron catalyst was designed and was successfully applied in an industrial FTS plant in China.

Future studies are required to optimize the stability of FTS over 1000 h and intensively focus on selectivity through more research routes, including in situ characterization, severe conditions testing, and fundamental simulations of promotion, etc.

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