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Short communication

Quantitative RT Real Time PCR and indirect immunofluorescence for the detection of human parainfluenza virus 1, 2, 3

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A B S T R A C T

Human parainfluenza viruses (HPIVs) are distributed worldwide and are involved mainly in the pathogenesis of respiratory tract infections. The development and optimization of three quantitative reverse transcription real time polymerase chain reactions (RT Real Time Q-PCRs) and an indirect immunofluorescence (IFA) for the detection and quantitation of HPIV-1, -2 and -3 in clinical samples are described. Efficiency, sensitivity, specificity, inter- and intra-assay variability and turnaround time of the two methods were compared. These assays have been validated on 131 bronchoalveolar lavage specimens. Based on the results obtained, the molecular methods represent a valid and rapid tool for clinical management and should be included in diagnostic panels aimed to evaluate suspected respiratory tract infections.

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Human parainfluenza viruses (HPIVs) are non-segmented RNA viruses which belong to Paramyxoviridae family (Pringle, 1997) and are distributed widely with a seroprevalence of 50–90% in children and young adults. HPIV-1, -2, -3 are an important cause of upper and lower respiratory tract diseases in both adults and children (Hall, 2001; Henrickson, 2003). HPIVs cause severe clinical manifestations in immunocompromised hosts, such as HPIV-2–related giant cell pneumonia and HPIV-3–associated interstitial pneumonitis (Chanock et al., 2001; Sable and Hayden, 1995). The availability of HPIV-specific diagnostic assays allows differentiation from other respiratory pathogens since clinical patterns are overlapping. HPIV infection can be confirmed by viral isolation (time required, 7–10 days), direct/indirect rapid detection of viral antigens in cell culture (LLC-MK2, Hep-2, Vero, HEF) (time required, 2–5 days), and molecular tests (Nieters, 2002; Sable and Hayden, 1995; Vernet, 2004). Currently, IFA is the “gold standard” for virological diagnosis, however molecular methods result in more sensitive, specific and rapid detection of respiratory viruses (van Elden et al., 2002).

In this study, three quantitative RT Real Time PCR assays (RT Real Time Q-PCRs) and an indirect immunofluorescence assay (IFA) for HPIV-1, -2, -3 detection were developed and validated on bronchoalveolar lavage specimens. The two diagnostic approaches were compared in terms of sensitivity, specificity, turnaround time, and applicability.

Prototype virus strains of HPIV-1 (strain C-35), HPIV-2 (strain Greer), HPIV-3 (strain C-243) were obtained from American Type Culture Collection (ATCC, Manassas, VA) (VR-94, VR-92, VR-93, respectively). One-hundred thirty-one bronchoalveolar lavage specimens, thawed and liquefied with 1:1 N-acetylcisteine, obtained from 118 patients (male/female, 73/45; median age 51.63 ± 16.12) from different clinical settings were examined. Informed consent was obtained from all the patients or the nearest relatives and the study was approved by the Ethics Committee of the University Hospital San Giovanni Battista of Turin. Human laryngeal epidermoid carcinoma (Hep-2) cells and African green monkey kidney epithelial (Vero) cells were used for primary viral isolation and propagation. Cell lines were obtained from the Zoonoprofittlatic Institute of Lombardy and Emilia Romagna (BS TCL 23 and BS CL 86, respectively). Hep-2 and Vero cells were maintained at 37 °C and 5% CO2 with supplemented MEM (PAA Laboratories GmbH, Pasching, Austria) containing 1% filtered glutamine. 0.15% antibiotic agent (PenStrep, Sigma–Alrich, Saint Louis, MO), 0.2% antimycotic agent (Fungizone, Bristol-Myers Squibb, Sermoneta, Italy), and 10% fetal calf serum (FCS; PAA Laboratories GmbH). Infection was carried out at 50–60% confluence. Each infected flask (T25, Falcon, Becton Dickinson, Milano, Italy) was inoculated with a solution containing 20 μl of each viral stock and 1.2 ml of MEM with 2% FCS. The medium for HPIV-1 infection contained no FCS and was supplemented with 1 μg/ml of trypsin (GIBCO, Invitrogen, Carlsbad, CA). The flasks which were not inoculated with virus were used as controls. Cells were maintained for 1 h at 37 °C and 5% CO2 to assist viral adsorption. Subsequently, the inoculum was removed and MEM with 2% FCS was added. The cell monolayers were observed daily.
for cytopathic effect (CPE). For virus recovering, the cellular media were centrifuged for 7 min at 210 × g and the supernatants were kept on ice. The cell monolayers were scrapped and a thermal treatment was performed to extract viral particles from cells consisting in rapid freezing on liquid nitrogen followed by defrosting for 5 min at 37°C for three times. The recovered viral particles were stored at −80°C. Ninety-six-well plates at 50–60% confluence Hep-2 and Vero were inoculated with 100 μl of 10-fold diluted virus or medium (i.e. negative control) for TCID50 assay. The plates were observed daily for CPE.

For evaluating IFA sensitivity, 10-fold dilutions (ranging from 10^{−2} to 10^{−2} TCID50/200 μl) of titrated virus were obtained and different variables, such as days of incubation (2–4 days) and primary monoclonal antibody dilutions (MAbs; 1:40–1:80–1:160 in albumin supplemented with PBS 1%), were examined. Two hundred microliters of TCID50 dilution were inoculated into shell vials. The inoculum adsorption was enhanced by centrifugation at 210 × g for 45 min. One millilitre of supplement medium was added and the shell vials were kept in a 

| Virus/cells/MAb concentration | Day of observation | TCID50 | No. positive IF assay (%) intra- and inter-test | Reproducibility |
|-----------------------------|-------------------|--------|-----------------------------------------------|-----------------|
| HPIV-1/Hep-2/1:80           | 3                 | 10^{-1} | 5/5 (100%)                                    | 100%            |
|                             |                   | 10^{-2} | 5/5 (100%)                                    | 100%            |
|                             |                   | 10^{-3} | 0/5 (0%)                                      | 100%            |
| HPIV-2/Vero/1:40            | 4                 | 10^{-1} | 5/5 (100%)                                    | 100%            |
|                             |                   | 10^{-2} | 5/5 (100%)                                    | 100%            |
|                             |                   | 10^{-3} | 3/5 (60%)                                     | 60%             |
| HPIV-3/Vero/1:40            | 4                 | 10^{0}  | 5/5 (100%)                                    | 100%            |
|                             |                   | 10^{-1} | 5/5 (100%)                                    | 100%            |
|                             |                   | 10^{-2} | 4/5 (80%)                                     | 80%             |

Test reproducibility. Optimal IFA conditions and correspondent reproducibility. IFA sensitivity value is underlined.

Table 2

Probes and primers for plasmid construction and for RT Real Time Qt-PCR.

| Virus              | Primer and probe sequences | Region | NCBI sequence |
|--------------------|----------------------------|--------|---------------|
| Parainfluenza virus 1 | Plasmid construction and RT Real Time Qt-PCR* | Gene HN | 7794 nt - 8007 nt NC_003461 (Washington/1964) |
| PIV1FQ (0.9 mM)     | 5′- AARGGAAARACAAATCTCMWGC 3′ | Gene HN | 213 bp |
| PIV1RQ (0.9 mM)     | 5′- GAGCATCTGTCARACAMTYGT 3′ | Gene HN | 7379–7780 nt AF533012 (GREER) |
| PIV 1 probe (0.25 mM) | 5′- FAM-TAGCACACTCGCTCCAG-MGB 3′ | Gene HN | 401 bp |
| Parainfluenza virus 2 | Plasmid construction* | Gene HN | 7447–7722 nt AF533012 (GREER) |
| PIV2 F CLON         | 5′- TGGGACATGGCCTCATTTC 3′ | Gene HN | 7447–7722 nt AF533012 (GREER) |
| PIV2 R CLON         | 5′- GGAGGGACTTCCCTTTATGAGA 3′ | Gene HN | 275 bp |
| Parainfluenza virus 3 | Plasmid construction and RT Real Time Qt-PCR* | Gene HN | 7602–7798 nt U51116 (cp-45) |
| PIV3FQ (1 mM)       | 5′- ATCACTGTTGTCRACTCCHAARG 3′ | Gene HN | 196 bp |
| PIV3RQ (0.9 mM)     | 5′- TTGCTCTTTRATATATCTCCTGT 3′ | Gene HN | 512 bp |
| PIV 3 probe (0.25 mM) | 5′- FAM-TGAYGAAAGATCAGATTG-MGB 3′ | Gene HN | 173 |
| GAPDH (internal control) | RT Real Time Qt-PCR* | Gene HN | 100% |
| GAPDHF (0.06 mM)    | 5′- GAGGTAGAACATCATCATCTC-3′ | Exon 6 | 512 bp |
| GAPDHR (0.06 mM)    | 5′- GCCGCCCATTCTACATCTC-3′ | Exon 8 | 100% |
| GAPDH probe (0.09 mM) | 5′- VIC-TGCTATCTGGAAGGA-MGB 3′ | Exon 6 | 100% |

* Sequences from Primer Express 3.0 software (Applied Biosystem).

b Sequences from OligoPerfect™ Designer (Invitrogen).
Fig. 1. Sensitivity of HPIV-1, -2 and -3 on optimal cell model. (A) HPIV-1 on Hep-2 cells at day 3 post-infection (1:80 MAb dilution). (B) HPIV-2 on Vero cells at day 4 post-infection (1:40 MAb dilution). (C) HPIV-3 on Vero cells at day 4 post-infection (1:40 MAb dilution).

For the production of plasmid standard, cDNA fragment of virus-specific HN sequences was cloned into the TA vector and propagated in competent Escherichia coli TOP10 cells. Plasmids were created using the Topo TA PCR cloning kit (Invitrogen), according to the

extraction and to prevent false negative results, the housekeeping gene glycerin-aldehyde-3-phosphate-dehydrogenase (GAPDH) was co-amplified and used as internal control (VIC® probes, Applied Biosystems) (Table 2).
manufacturer’s specifications. The concentration of the plasmid DNA was quantified by using a high-resolution spectrophotometer.

For optimizing the three RT Real Time Qt-PCRs, two different concentrations of target primers and probe were evaluated: 0.9 mM/0.25 mM and 0.2 mM/0.1 mM for HPIV-1 and HPIV-2; 1 mM/0.25 mM and 0.2 mM/0.1 mM for HPIV-3. Two microliters of cDNA were added to 18 μl of the reaction mix, giving a final reaction volume of 20 μl. Uracil–DNA glycosylase was used to eliminate PCR ‘carry over’ contamination from previous PCRs (Quint et al., 1995; Tetzner et al., 2007). The amplification profile was optimized on the 7300 Real Time PCR System (Applied Biosystems) as follows: one cycle of decontamination at 50 °C for 2 min, one cycle of denaturation at 95 °C for 10 min followed by 45 cycles of amplification at 95 °C for 15 s and 60 °C for 60 s. For each run a standard curve was generated in a 4-log range by 10-fold serial dilutions of the plasmid standard.

The linearity range was evaluated using 10-fold dilutions (from 10^10 to 10^6 copies/reaction) of each plasmid. The intra- and inter-assay coefficients of variability (CV) were evaluated using different concentrations of plasmid standard (ranging from 10^5 to 10^2 copies/reaction) within a single run (n = 10) or different run experiments (n = 10).

Different concentrations of TCID_{50} (ranged from 10^2 to 10^{-5}/reaction) were amplified by the RT Real Time Qt-PCRs in order to compare sensitivity and specificity of the two diagnostic approaches.

The generic anti-HPIVs MAb was tested for potential cross-reactivity with unrelated viruses and bacteria (influenza virus A H1N1, ATCC VR-98; A H3N2, ATCC VR-544; influenza virus B, ATCC VR-296; adenovirus, ATCC VR-5; RSV, ATCC VR-1580; CMV, ATCC VR-538; HSV 1-2, ATCC VR-2021; human rhinoviruses, ATCC VR-283/VR-330/VR-486; human coxsackievirus type B1, ATCC VR-28; echovirus types 1, ATCC VR-31; 6, ATCC VR-36; enterovirus type 68, ATCC VR-561; human coronavirus types 229E, ATCC VR-740 and OC43, ATCC VR-1558; Streptococcus pneumoniae, ATCC 6301; Legionella pneumophila, ATCC 33152; Mycoplasma pneumoniae, ATCC 15377; Chlamydia pneumoniae, ATCC 53592). Similarly, primers and probes were tested using the above strains and human sequences based on the data available at the BLAST alignment software (http://blast.ncbi.nlm.nih.gov/Blast.cgi). No significant homology to any other sequences was found.

Viral CPE consisted of cell rounding and focal destruction of the monolayer with syncytial formation. Vero and Hep-2 cells showed a different susceptibility to HPIVs infection: for HPIV-1, TCID_{50}/ml 6 × 10^3 on Hep-2 (Vero cells were unable to support growth in the presence of trypsin) at day 8; for HPIV-2, 10^6 and 3 × 10^6 on Vero and Hep-2, respectively, on day 5; for HPIV-3, 3 × 10^5 and 2.1 × 10^{10} on Vero and Hep-2, respectively, at day 5. HPIV-1-IFA sensitivity was 10^{-2 TCID_{50}} at day 3 (Fig. 1A). No significant difference was observed on day 4. Single positive cells showing a granular cytoplasmic fluorescence were seen at lower TCID_{50} (e.g. 10^{-1} to 10^{-2}), while at higher TCID_{50} (e.g. 10^2 to 10^3) rare syncytial formations were appreciable. There was no difference between 1:40 and 1:80 MAb dilutions in terms of fluorescence intensity, while a decrement using 1:160 dilution was evident (data not shown). On day 4, HPIV-2-IFA sensitivity on Vero and Hep-2 cells was 10^{-2 TCID_{50}} and 10^{-1 TCID_{50}}, respectively (Fig. 1B). A granular cytoplasmic fluorescence in infected cellular foci with a “spread” infection pattern at lower

Fig. 2. Dynamic range of HPIV-1, -2 and -3 genome quantification with the three RT Real Time PCR assays. Number of cycle threshold (Ct) is plotted versus copy number. (A) HPIV-1 RT Real Time PCR assay, from 10^3 to 10^6 copies. (B–C) HPIV-2 and 3 RT Real Time PCR from 10^2 to 10^3 copies, respectively.
TCID50 (e.g. 10^{-1} to 10^{-2}) was observed; while at higher TCID50 (e.g. 10^2 to 10^4), the fluorescence involved the nucleus. With Vero cells, the stain intensity resulted dependent on MAb dilution and reduced constantly with the increase of MAb dilution from 1:40 to 1:160; while no significant difference was observed on Hep-2 cells. On day 4, HPIV-3-IFA sensitivity on Vero and Hep-2 cells was 10^{-1} TCID50 and 10^4 TCID50, respectively (Fig. 1C). A lower intensity of fluorescence was seen with high MAb dilutions, such as 1:80 and 1:160, in comparison to 1:40. Since Hep-2 cells had a very low sensitivity on day 4 post-infection, cell culture was prolonged until day 7; however, this resulted in only 1-log increment of sensitivity. A widespread and homogeneous cytoplasmic fluorescence pattern in both cellular models at lower TCID50 (e.g. 10^{-1} to 10^{-2}) was observed; while at higher TCID50 (e.g. 10^2 to 10^4), syncytial formation was seen. Interestingly, HPIV-3 infection pattern was “all or nothing”, as the first dilution higher than that of sensitivity threshold (spread staining) appeared completely negative. In Table 1 the reproducibility and sensitivity (i.e. the lowest TCID50 concentration detectable at a frequency of 100%) of IFA are reported.

For the RT Real Time Qt-PCRs, the optimal parameters in obtaining the lowest detection limit with a high specificity resulted in the following concentrations: both primers 0.9 mM and probe 0.25 mM for HPIV-1 and HPIV-2; forward primer 1 mM and reverse 0.9 mM, and probe 0.25 mM for HPIV-3 amplification.

The dynamic range of the three RT Real Time Qt-PCR assays was assessed by carrying out serial dilutions of the plasmid standard (from 10^{10} to 10^{0} copies/reaction) and was as follows: 10^{8} to 10^{0} copies/reaction (Fig. 2A) for HPIV-1; 10^{7} to 10^{0} (Fig. 2B) for HPIV-2; 10^{7} to 10^{1} (Fig. 2C) for HPIV-3. The sensitivity of the RT Real Time Qt-PCRs (defined as the lowest concentration of target quantified at a frequency of 100%) was found to be 1 copy/reaction (for HPIV-1 and HPIV-2) and 10^{-3} for HPIV-3 (data not shown). The RT Real Time Qt-PCR sensitivity was found to be 10^{-4} TCID50/reaction for HPIV-1 and HPIV-2 and 10^{-3} for HPIV-3 (data not shown). The inclusion of an internal control, GAPDH target, did not induce loss of primary target sensitivity during amplification (data not shown). The results of intra- and inter-assay reproducibility are summarized in Table 3.

For RT Real Time Qt-PCR quantitation, the following formula was used: lower limit of virus-specific dynamic range × 220 (correction factor derived from analytic procedure). The inferior limit was 220 GEq/ml of bronchoalveolar lavage for HPIV-1 and 2200 GEq/ml for HPIV-2 and HPIV-3.

In the case of bronchoalveolar lavage specimens, 3/131 (2.3%) were positive by IFA versus 18/131 (13.7%) by RT Real Time Qt-PCRs; 2 (1.5%) for HPIV-1, 6 (4.6%) for HPIV-2, and 13 (9.9%) for HPIV-3 (three specimens with co-infections: one HPIV-1 + 2 and two HPIV-2 + 3). Viral loads were as follows: both specimens <220 for HPIV-1, ranging from <2200 to 54,560 GEq/ml for HPIV-2 (mean 21,413; median 7480), and from <2200 to 293,700 (mean 30,180; median 2200) for HPIV-3.

The development and standardisation of three “in-house” RT Real Time Qt-PCRs and an IFA for the detection of HPIV-1, -2 and -3 in clinical samples are described. Different IFA conditions were evaluated, such as cellular models, days post-infection, and MAB concentrations. According to the features of the replication cycle of HPIV (Vainionpaa and Hyypia, 1994), a cytoplasmic staining of infected cells was observed, although it became nuclear (HPIV-2 infection) or syncytial (HPIV-3 infection) on day 3–4 post-infection. The two cellular models showed different susceptibility to HPIVs infection. In the case of HPIV-1, Hep-2 had a sensitivity of 10^{-2} TCID50 on day 3 post-infection using a MAB concentration of 1:80 (similar to that obtained by others (Aguilar et al., 2000) on NCI-H292 cells), while TCID50 calculation on Vero cells was not attained because of their inefficient growth in the presence of trypsin, necessary for attachment of HPIV-1. Vero cells were more suitable for

| Table 3 |
| Standard dilution (plasmid copies/reaction) | Intra-test (%) | Inter-test (%) |
|--------------------------------------------|---------------|---------------|
| 10^2                                       | 0.29          | 0.06          |
| 10^3                                       | 0.06          | 0.05          |
| 10^4                                       | 0.05          | 0.05          |
| 10^5                                       | 0.05          | 0.05          |
| 10^6                                       | 0.05          | 0.05          |

In the case of HPIV-2, the sensitivity of the RT Real Time Qt-PCRs is 10^{-1} TCID50 at 1:40 dilution, while no significant difference was observed on Hep-2 cells. On day 4, HPIV-3-IFA sensitivity on Vero and Hep-2 cells was 10^{-1} TCID50 and 10^4 TCID50, respectively (Fig. 1C). A lower intensity of fluorescence was seen with high MAb dilutions, such as 1:80 and 1:160, in comparison to 1:40. Since Hep-2 cells had a very low sensitivity on day 4 post-infection, cell culture was prolonged until day 7; however, this resulted in only 1-log increment of sensitivity. A widespread and homogeneous cytoplasmic fluorescence pattern in both cellular models at lower TCID50 (e.g. 10^{-1} to 10^{-2}) was observed; while at higher TCID50 (e.g. 10^2 to 10^4), syncytial formation was seen. Interestingly, HPIV-3 infection pattern was “all or nothing”, as the first dilution higher than that of sensitivity threshold (spread staining) appeared completely negative. In Table 1 the reproducibility and sensitivity (i.e. the lowest TCID50 concentration detectable at a frequency of 100%) of IFA are reported.

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3 by RT Real Time Qt-PCR versus 10 frequently. HPIV-3 had a sensitivity of 10 in infection strategy, in which contiguous cells are infected subse-
detection of HPIV-2 and -3. HPIV-2 sensitivity was 10 including HPIVs (Osiowy, 1998; Aguilar et al., 2000; Templeton et
the detection limit of IFA was higher in comparison to that of the
3), while the results of the RT Real Time Qt-PCRs were obtained
within 5 h, according to previous studies (Kuypers et al., 2006 ).
3), while the results of the RT Real Time Qt-PCRs were obtained
3), while the results of the RT Real Time Qt-PCRs were obtained
considering the three RT Real Time Qt-PCR assays, the identical
thermal profile was used, thus permitting to amplify the targets in
the same work session. The assays have been optimized by identi-
ifying an improved primer/probe concentration in order to obtain
the highest amplification efficiency and by evaluating the dynamic
range, sensitivity, and reproducibility of each virus.

The sensitivity of the two diagnostic approaches were com-
pared in terms of amplification of fixed TCID50 concentrations
and was as follows: 10-4 for HPIV-1 and -2 and 10-3 for HPIV-
3 by RT Real Time Qt-PCR versus 10-2 for HPIV-1/2 and 10-1 for
HPIV-3 by IFA. The sensitivity data obtained by the RT Real Time
Qt-PCRs were superior to those obtained by other investigators
that employed multiplex RT-PCR or RT Real Time PCR protocols,
including HPIVs (Osiowy, 1998; Aguilar et al., 2000; Templeton et
al., 2004; Hamano-Hasegawa et al., 2008; Cordey et al., 2009). As
regards multiplexing, these differences could be due to the decrease
of sensitivity attributed to the simultaneous amplification of differ-
ent targets.

As shown by the evaluation of clinical specimens, the sensitiv-
ity of the RT Real Time Qt-PCR, expressed in TCID50, was higher
than IFA (data not shown); this is likely to be due to the fact that
the detection limit of IFA was higher in comparison to that of the
molecular methods.

Another factor to be considered in large volume laboratories
and for a prompt clinical decision is the turnaround time. In this
study, IFA required from 3 (for HPIV-1) to 4 days (for HPIV-2/-
3), while the results of the RT Real Time Qt-PCRs were obtained
within 5 h, according to previous studies (Kuypers et al., 2006).
These molecular methods should be included in the diagnostic
workup able to detect a wide range of respiratory viruses for the
clinical management of patients with suspected airway infections
(Tivjelung-Lindell et al., 2009). Another relevant advantage is the automation of molecular protocols (from nucleic acid extraction to
quantification of fluorescence signal), thus limiting the drawbacks
derived from a labour intensive, time-consuming, and operator-
dependent method, such as IFA.

In conclusion, molecular methods resulted in a significant
improvement over IFA for HPIV-1–3 in terms of sensitivity, applica-
ibility, and turnaround time and represent a valid tool for clinical
management of patients with suspected respiratory tract infec-
tions.

Acknowledgments

This study was supported by “Compagnia di San Paolo”. We
thank Paolo Solidoro and Daniela Libertucci, Division of Pneumol-
y, Azienda Ospedaliero-Universitàtaria S. Giovanni Battista of Turin
for biological samples.

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