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4D Geometric Shell Shaping with Applications to 400ZR

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Abstract: Geometric shell shaping is introduced and evaluated for reach increase and nonlinearity tolerance in terms of MI against PM-16QAM and PS-PM-16QAM in a 400ZR compatible transmission setup. © 2022 The Author(s)

1. Introduction
In recent years, geometric shaping (GS) has been widely investigated to cope with the exponentially growing demand for optical fiber capacity. Conventionally, geometrically shaped constellations are designed in the 2D (complex) plane under the additive white Gaussian noise (AWGN) channel assumption [1]. However, it has been shown that multidimensional constellation design is able to better reduce nonlinear interference noise (NLIN) with respect to 2D constellations in addition to providing shaping gain [2]. In this paper, a novel framework called 4D geometric shell shaping (GSS) is introduced for designing well-structured constellations which overcome the complexities of the unconstrained 4D constellation optimization for the nonlinear fiber channel. We then design constellations in the 4D GSS framework for a 400ZR compatible channel model with high NLIN.

2. 4D Geometric Shell Shaping
We consider a 4D constellation $C = \{x_i : i = 1, \ldots, M\}$ where $x_i = (x_{1i}, x_{2i}, x_{3i}, x_{4i}) \in \mathbb{R}^4$. Here, $M = 2^m = |C|$, and $x_{1i}, x_{2i}$ and $x_{3i}, x_{4i}$ represent the 2D coordinates of the x- and y-polarization, respectively. Polarization multiplexed 16-ary quadrature amplitude modulation (PM-16QAM) is an instance of this where $m = 8$ and $x_{1i}, x_{2i}, x_{3i}, x_{4i} \in \{\pm 1, \pm 3\}$. Each point in $C$ has four degrees of freedom (DOFs). Geometrically optimizing a 4D constellation in an unconstrained way results in 4 · $2^m$ DOFs, which quickly becomes challenging as $m$ increases. To introduce structure in the constellation, and hence, to reduce the number of DOFs, we propose to impose three constraints: the constellation has (i) orthant symmetry, and (ii) X-Y symmetry, and (iii) the constellation points are uniformly divided on a limited number of 4D shells. We call the optimization under these constraints 4D-GSS.

An orthant is a generalization in ND Euclidean space of what a quadrant is in the 2D plane, with $2^N$ orthants in total. The first orthant is the region $\mathbb{R}^N_+$ where each dimension has a positive value. (i) A constellation $C$ is orthant symmetric if every point is mirrored across all $N$ dimensions. The points in the first orthant are defined as $C_+ = \{x_j : j = 1, \ldots, 2^m-N\} \subset \mathbb{R}^N_+$. This reduces the amount of DOFs by a factor of $2^N$. In the context of optical communications, orthant symmetry was used and explained in [3, Sec. II-B]. (ii) $C$ is X-Y symmetric if whenever $(x_{1i}, x_{2i}, x_{3i}, x_{4i}) \in C$, then so is $(x_{3i}, x_{4i}, x_{1i}, x_{2i}) \in C$. This reduces the number of DOFs by a factor of 2. (iii) A constellation $C$ is said to be uniformly divided k-shell constrained if $|x_i| \in \{r_1, \ldots, r_k\}$ where $k = 2^p$ is the number of shells, with each shell having the same amount of points, $i = 1, \ldots, M$, and $p \in \mathbb{N}$. By forcing each point to be on a certain shell, we take away one additional DOF per constellation point, such that $N-1$ DOFs per constellation point remain. However, $k$ extra DOFs are added due to the number of shells. The total amount of DOFs is now $(N-1) \cdot 2^m + k$ (instead of $N \cdot 2^m$) by applying these three constraints.

The constraints above are applied to a 4D constellation targeting the same spectral efficiency as PM-16QAM ($m = 8$). After applying the first two constraints, the amount of DOFs is reduced by a factor of $2^N$. This constellation is denoted by $C_{\text{orth-y}}$. Shell constraints are applied to $C_{\text{orth-y}}$ using $k = 4$ shells, which results in the constellation called 4D-GSS-4. The remaining 8 points in this constellation can be expressed in $3 \cdot 2^{m-5} + k = 28$ DOFs.

3. System Setup and Optimization
We consider an unamplified 400ZR [4] system which results in a high-NLIN scenario. A dual-polarized, single channel waveform is transmitted over a single span of standard single mode fiber (SSMF). We simulate this setup via the split-step Fourier method (SSFM) for which the symbol rate is matched to the 400ZR specification at 59.84 Gbd. Since an unamplified link is used, noise sources due to transmitter and receiver impairments are emulated instead of simulating optical amplification. For this, worst-case design parameters from the 400ZR specification are used as a guideline. At the transmitter side, the 400ZR specification requires the optical signal-to-noise ratio (OSNR) to have a minimum value of 34 dB/0.1nm. At the receiver side, the concatenated forward error correction (FEC) scheme in the 400ZR standard is specified to operate error-free (post-FEC bit error rate (BER) $= 10^{-15}$) when a pre-FEC BER of $1.25 \cdot 10^{-2}$ or lower is achieved. The receiver sensitivity requires at least $-20$ dBm of power to be present at the input of the receiver. These previous two conditions combined with the minimum of 34 dB OSNR at the transmitter guarantee error-free operation.
In simulations, the transmitter is emulated by adding AWGN to the transmitted waveform such that the OSNR value is equal to this in-band OSNR limit. For the receiver, it is possible to calculate the necessary AWGN addition using \[5, \text{eq. (18)}\], which for 16QAM and a BER of 1.25 \times 10^{-2} provides a signal-to-noise ratio (SNR) of 13.5 dB. Assuming that an input power of $-20$ dBm at the receiver is obtained in a back-to-back scenario, the amount of noise power added in the receiver is equal to $-33.5$ dBm. This is added as AWGN after simulating the optical fiber. The full system can be seen in Fig. 1.

To find the optimal constellation $C^*$ under the given constraints, each point in $C^+_o$ is now represented in spherical coordinates $(r, \theta, \phi, \omega)$, where $i = 1, \ldots, k$ and $j = 1, \ldots, 2^{m-5}$. The optimization problem can now be defined as $\{r^*, \theta^*, \phi^*, \omega^*\} = \arg \max MI(r, \theta, \phi, \omega, P)$, with $r : 0 \leq r_i \leq 1$ and $\theta, \phi, \omega : 0 \leq \theta_i, \phi_j, \omega_k \leq \pi/2$, so that the optimization parameters are constrained such that $C^+_o \in \mathbb{R}^d_+$. Mutual information (MI) \[6\] is chosen as the performance metric and the launch power is denoted by $P$. The parameters are initialized to be halfway between the bounds, and optimization is performed over the proposed system using a patternsearch optimizer \[7\], which is a derivative-free multidimensional optimization algorithm.

4. Results

Conventional PM-16QAM, as used in the 400ZR standard, is considered as the baseline. Next to that, probabilistic shaping (PS) is applied on top of PM-16QAM by shaping each real dimension with an ideal amplitude shaper, where amplitudes are randomly drawn from a predefined distribution. The distribution is optimized for each $P$ and transmission distance combination and is not constrained to be a Maxwell–Boltzmann distribution. Lastly, an AWGN optimal 4D sphere packed constellation (w4-256) \[8\] is simulated.

Figure 2a shows MI results for a distance sweep where 4D-GSS-4 has 3% gain in distance and 2.5% gain in MI vs PM-16QAM around 160 km and is slightly outperformed by w4-256. Figure 2b shows that 4D-GSS-4 has the largest optimal launch power $P^*$ and hence, the highest nonlinear tolerance among the considered schemes. Moreover, due to the rapidly-vanishing MI of w4-256, 4D-GSS-4 outperforms w4-256 at very high powers ($P > 14$). However, for lower powers ($P < 14$), w4-256 achieves larger MI than 4D-GSS-4. Finally, we have numerically confirmed that 4D-GSS-4 achieves a 49% lower peak-to-average power ratio (PAPR) ratio on average vs PM-16QAM and 10% lower PAPR vs w4-256.

Even though w4-256 generally performs the best in terms of MI, we conjecture that the orthant symmetry in 4D-GSS-4 allows for very good (Gray) labeling, resulting in high GMI performance. Moreover, the $k$ number of shells allow for straightforward implementation of PS on the 4D shells, enabling rate-adaptation.

5. Conclusions

A novel framework is proposed for generating families of well-structured 4D geometrically-shaped constellations which are more nonlinearity-tolerant than conventional PM-16QAM. The newly proposed 4D-GSS-4 constellations outperform both PM-16QAM and PS-PM-16QAM in a 400ZR compatible transmission setup.

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