Phonon-assisted tunneling between singlet states in two-electron quantum dot molecules

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We study phonon-assisted electron tunneling in semiconductor quantum dot molecules. In particular, singlet-singlet relaxation in a two-electron doped structure is considered. The influence of Coulomb interaction is discussed via comparison with a single electron system. We find that the relaxation rate reaches similar values in the two cases but the Coulomb interaction shifts the maximum rates towards larger separations between the dots. The difference in electron-phonon interaction between deformation potential and piezoelectric coupling is investigated. We show that the phonon-induced tunneling between two-electron singlet states is a fast process, taking place on the time scales of the order of a few tens of picoseconds.

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I. INTRODUCTION

Coupled quantum dots (QDs), often referred to as quantum dot molecules (QDMs), have recently attracted much attention due to their potential application in various implementations of quantum computation schemes. Specifically, there have been many proposals for employing two-electron spin states in QDMs, benefiting from long decoherence times of the spins. For instance, it was suggested to use singlet and triplet states as logical qubit states and to perform quantum computations and Bell-states measurements. Initialization, control and read-out of the state of two confined electrons in a QDM have already been experimentally demonstrated. Moreover, such structures are proposed for coherent optical manipulation of two-electron states.

Semiconductor QDMs are embedded in a solid state environment, which leads to electron interaction with the phonon reservoir. The presence of phonon-mediated coupling between energy eigenstates of a QDM leads to new effects in the physics of these structures, as compared to individual QDs. In particular, if the lowest states correspond to electron localization in two different dots, the relaxation between these states has the character of phonon-assisted tunneling, consisting in the transfer of an electron from one dot to the other. Such a process results from an interplay between the carrier-phonon coupling and tunneling coupling between the dots, which is a desirable element of many proposals of QDM-based quantum computing. Phonon-assisted tunneling has been thoroughly studied in the case of QDMs doped with a single electron. Also phonon-induced triplet-singlet relaxation (via spin-orbit coupling) has been analyzed. However, to our knowledge, spin-conserving relaxation between singlet states of a two-electron system has not been discussed.

In this paper, we analyze phonon-assisted tunneling in a quantum dot molecule consisting of two laterally coupled semiconductor quantum dots. A system doped with two electrons is considered. We study singlet-singlet relaxation, that is, relaxation between the two lowest states of two electrons in a QDM corresponding to the singlet spin configuration. For a specific GaAs QDM system, phonon-assisted relaxation rates are calculated. As we will show, in the parameter areas where the relaxation is efficient, it involves charge transfer between the dots. Thus, it represents a phonon-assisted tunneling process. We study how the Coulomb interaction in the two-electron system influences the relaxation of electrons in comparison with the case of a QDM doped with a single electron. It is demonstrated that the presence of one electron strongly affects the tunneling of the other. As a result, the rates of the phonon-assisted electron tunneling for the two doping cases (with one or two electrons) differ considerably, which is especially apparent in their dependence on the distance between the constituent QDs. We consider electrons interacting with acoustic phonon modes via deformation potential and piezoelectric couplings and show their distinguished impact on tunneling in QDMs. It is shown that the piezoelectric mechanism resulting from the considerable change of charge distribution is of great importance in the considered system and for some ranges of QDM parameters it is even the dominant contribution to relaxation. We show that the phonon-assisted tunneling is strong in coupled quantum dots and one should be aware of its influence when designing quantum computation schemes in QDMs.

The paper is organized as follows. In Sec. II we introduce the model describing a quantum dot molecule with the Coulomb interaction and coupling to the phonon environment. Section III contains the results on phonon-assisted tunneling rates for the two systems under consideration. In Sec. IV we conclude the paper with final remarks. In the Appendix, we summarize the theory of single-electron phonon-assisted tunneling.
FIG. 1: (a) Schematic plot of a laterally coupled double quantum dot. (b) Lateral confinement potential describing the double QD structure.

II. MODEL

A. Electron states

We consider a quantum dot molecule which consists of two laterally (in x direction) coupled quantum dots [see Fig. II(a)]. The structure doped with two electrons is studied. The Hamiltonian of the electron subsystem is given by

$$H_e = \frac{\hbar^2}{2m^*} \left( \nabla_x^2 + \nabla_y^2 \right) + U(r_a) + U(r_b) + V(r_a, r_b),$$

where $m^* = 0.07m_0$ is the effective mass of an electron in GaAs. $U(r_a/b)$ is the confinement potential for two electrons referred to as ‘a’ and ‘b’, respectively, and

$$V(r_a, r_b) = \frac{e^2}{4\pi\varepsilon_0\varepsilon_r |r_a - r_b|}$$

is the Coulomb interaction between the electrons. Here, $e$ denotes electron charge, $\varepsilon_0$ is the vacuum dielectric constant, and $\varepsilon_r$ is the static relative dielectric constant.

We assume a separable confinement potential

$$U(r) = U(z) + U(y) + U(x)$$

where $U(z)$ is the potential in the growth direction and $U(y)$ is the lateral confinement potential. The potential describing the double quantum dot structure is $U(x)$ and has two minima, defining the two QDs. We choose it in the form:

$$U(x) = -U_0 \exp \left[ -\frac{1}{2} \left( \frac{x - d/2}{a} \right)^2 \right]$$

and

$$-(U_0 + \Delta U) \exp \left[ -\frac{1}{2} \left( \frac{x + d/2}{a} \right)^2 \right].$$

This model potential has the advantage that it is smooth and allows one to independently control the distance between the dots $d$ and the depths of both potential wells, $U_0$ and $U_0 + \Delta U$. The difference between the depths of the two constituent dots, $\Delta U$, is referred to as the offset.

The dynamics in the growth and lateral $y$ directions is restricted to the respective ground states, which are described by Gaussian wave functions

$$\phi(z) = \frac{1}{\sqrt{\hbar\sqrt{\pi}}} \exp \left( -\frac{z^2}{2\hbar^2} \right),$$

$$\varphi(y) = \frac{1}{\sqrt{l\sqrt{\pi}}} \exp \left( -\frac{y^2}{2l^2} \right).$$

Here, $\hbar$ denotes the electron wave function width in the growth direction $z$, while $l$ is the width in the lateral direction $y$. The restriction to the ground states is a reasonable assumption in the considered confinement conditions, since the energy separation from the next eigenstates has typical values larger than 10 meV so that these states do not contribute to the studied dynamics. The complete wave function of a single electron can be written in a product form

$$\Phi_n(r) = \psi_n(x) \varphi(y) \phi(z),$$

where $\psi_n(x)$ is the $n$th lowest state of electron in a QDM obtained together with its eigenenergies from the numerical solution of Schrödinger equation. The two lowest single particle eigenstates are described by the wave functions $\Phi_0(r)$ and $\Phi_1(r)$ with the corresponding energies $\epsilon_0$ and $\epsilon_1$.

In order to analyze the relaxation mechanisms for a system doped with two electrons, we construct two-particle spin-singlet states

$$|RL\rangle = \frac{1}{\sqrt{2}} \left( a_0^\dagger a_1^\dagger + a_1^\dagger a_0^\dagger \right) |\text{vac}\rangle,$$

$$|RR\rangle = a_0^\dagger a_0^\dagger |\text{vac}\rangle.\quad (8)$$

Here, $a_{0/1}^{\dagger}(1)$ creates an electron in the 0th (1st) lowest single-particle state with spin up (spin down), and $|\text{vac}\rangle$ denotes an empty quantum dot system. The corresponding spatially symmetric wave functions are

$$\Psi_{RL}(r_a, r_b) = \frac{\Phi_0(r_a)\Phi_1(r_b) + \Phi_1(r_a)\Phi_0(r_b)}{\sqrt{2}},$$

$$\Psi_{RR}(r_a, r_b) = \Phi_0(r_a)\Phi_0(r_b).\quad (10)$$

For the considered two-electron system, we include the Coulomb interaction between electrons and solve the secular equation in the subspace spanned by the states $|\text{RL}\rangle$ and $|\text{RR}\rangle$, with the projected Hamiltonian

$$\tilde{H} = \begin{pmatrix} \epsilon_0 + \epsilon_1 + v_{00} + v_{01} & v_{01} + v_{11} \\ v_{01} + v_{11} & 2\epsilon_0 + v_{11} \end{pmatrix},$$

where the Coulomb matrix elements are

$$v_{00} = V_0 \int d^3k \, \frac{a}{k^2} \left\{ \text{Re}[F_{00}^*(k)F_{11}(k)] + |F_{01}(k)|^2 \right\},$$

$$v_{01} = \sqrt{2}V_0 \int d^3k \, \frac{a}{k^2} \text{Re}[F_{00}^*(k)F_{01}(k)],$$

$$v_{11} = V_0 \int d^3k \, \frac{a}{k^2} |F_{00}(k)|^2.$$

(11)
with
\[ V_0 = \frac{\epsilon^2}{8\pi^3\varepsilon_0\varepsilon a}. \]
The single-particle form factors are defined as
\[ F_{nm}(k) = \int d^3r \, \Phi_{n}^*(r)e^{ikr}\Phi_{m}(r) \] (13)
and for our choice of Gaussian wave functions in the \( y \) and \( z \) directions are
\[ F_{nm}(k) = \exp \left( -\frac{k_x^2}{4} - \frac{k_y^2}{4} \right) \times \int dx \, \psi_n^*(x)e^{ikx}\psi_m(x). \] (14)

The resulting eigenstates of the interacting system are labeled as \( |0\rangle \) and \( |1\rangle \) and the corresponding wave functions can be written in the form
\[ \Psi_0 = \cos \frac{\alpha}{2}\Psi_{RL} + \sin \frac{\alpha}{2}\Psi_{RR}, \]
\[ \Psi_1 = -\sin \frac{\alpha}{2}\Psi_{RL} + \cos \frac{\alpha}{2}\Psi_{RR}, \]
where
\[ \alpha = \arctan \left( \frac{v_{01}}{\epsilon_0 - \epsilon_1 + v_{11} - v_{00}} \right), \]
and the energies are \( E_0 \) and \( E_1 \), respectively. The splitting between the two-electron energies is
\[ \Delta E = |E_1 - E_0| = \sqrt{(\epsilon_0 - \epsilon_1 + v_{11} - v_{00})^2 + 4v_{01}^2}. \]

B. Carrier-phonon coupling

In the considered QDM system, carriers not only interact with each other, but are also coupled to phonons. The free phonon Hamiltonian is
\[ H_{ph} = \sum_{s,k} \hbar \omega_{s,k}b_{s,k}^\dagger b_{s,k}, \]
where \( b_{s,k}^\dagger \) and \( b_{s,k} \) denote phonon creation and annihilation operators, respectively. The corresponding frequencies are \( \omega_{s,k} \), where \( s \) labels different phonon branches and \( k \) is the phonon wave vector.

The interaction of the electrons with the phonon reservoir is described by the Hamiltonian
\[ H_{int} = \sum_{nm,\sigma} a_{n,\sigma}^\dagger a_{m,\sigma} \sum_{s,k} F_{s,nm}(k) \left( b_{s,k} + b_{s,-k}^\dagger \right), \] (15)
where \( F_{s,nm}(k) \) are the single-particle coupling constants [see Eqs. (A.1) and (A.2) in the Appendix], which have the symmetry \( F_{s,nn^\prime}(k) = F_{s,nn^\prime}(-k) \), and \( \sigma \) denotes the spin orientation.

We consider the electron relaxation in the double-QD structure, which is a real transition on a picosecond time scale, therefore it can be treated within the Fermi golden rule approach. The coupling between the two considered singlet states in a two-electron configuration, resulting from the carrier-phonon interaction Hamiltonian (15) is
\[ H_{int} = |0\rangle\langle 1| \sum_{s,k} G_s(k) \left( b_{s,k} + b_{s,-k}^\dagger \right) + H.c., \]
where \( G_s(k) \) are the two-electron coupling constants (given below).

The energy difference between the electron states is considerably smaller than the energy of longitudinal optical phonons (LO), which is 36 meV in GaAs, thus will not contribute to the relaxation mechanisms. Therefore, we consider interaction only with the relevant acoustic phonons via the deformation potential and the piezoelectric coupling.

Using the carrier-phonon coupling constant for the deformation potential interaction [Eq. (A.1)], one finds the effective coupling between the two-electron states
\[ G_{1}^{DP}(k) = \sqrt{\frac{\hbar k}{2\rho V_c}} D_0 G(k), \]
where \( \rho \) is the crystal density, \( V \) is the normalization volume of the phonon modes, \( c_1 \) is the longitudinal speed of sound, and \( D_0 \) is the deformation potential constant for electrons. The geometrical properties of the wave functions are reflected in the form factor \( G(k) \), which has the form
\[ G(k) = \left| F_{00}(k) \right| \left| F_{11}(k) \right| + \sqrt{2} \cos \alpha \left| F_{01}(k) \right| \]
\[ \times \left( e^{ikx} + e^{-ikx} \right) \Psi_1(r_a, r_b). \]

It can be written by means of the single-particle form factors defined by Eq. (13) as
\[ G(k) = \frac{1}{2} \sin \alpha \left| F_{00}(k) \right| \left| F_{11}(k) \right| + \sqrt{2} \cos \alpha \left| F_{01}(k) \right| \]
\[ \times \exp \left( -\frac{k_x^2}{4} - \frac{k_y^2}{4} \right) G(k_z). \] (17)

The two-particle coupling elements for the piezoelectric interaction are
\[ G_{s}^{PE}(k) = -i \sqrt{\frac{\hbar}{2\rho V_c k\varepsilon_0\varepsilon_r}} d_{PF} M_s(\hat{k}) G(k), \] (18)
where \( c_4 \) is the speed of sound (longitudinal \( c_1 \) or transverse \( c_t \), depending on the phonon branch) and \( d_{PF} \) is the piezoelectric constant. The function \( M_s(\hat{k}) \) does not depend on the value of the phonon wave vector, but only on its orientation. For a zinc-blende structure, it reads
\[ M_s(\hat{k}) = \hat{k}_x (\hat{e}_{s,k})_y \hat{k}_z + (\hat{e}_{s,k})_z \hat{k}_y \]
\[ + \hat{k}_y [(\hat{e}_{s,k})_x \hat{k}_z + (\hat{e}_{s,k})_z \hat{k}_x] \]
\[ + \hat{k}_z [(\hat{e}_{s,k})_x \hat{k}_y + (\hat{e}_{s,k})_y \hat{k}_x], \] (19)
where $\hat{e}_{s,k}$ is the unit polarization vector for the phonon wave vector $k$ and polarization $s$, and $\hat{k} = k/k$. We choose the following phonon polarization vectors

$$
\hat{e}_{1,k} \equiv \hat{k} = (\cos \theta, \sin \theta \cos \varphi, \sin \theta \sin \varphi),
$$

$$
\hat{e}_{11,k} = (0, \sin \varphi, -\cos \varphi),
$$

$$
\hat{e}_{12,k} = (-\sin \theta, \cos \theta \cos \varphi, \cos \theta \sin \varphi),
$$

for which the functions $M_s(\hat{k})$ read

$$
M_1(\hat{k}) = \frac{3}{2} \sin \theta \sin(2\theta) \sin(2\varphi),
$$

$$
M_{11}(\hat{k}) = -\sin(2\theta) \cos(2\varphi),
$$

$$
M_{12}(\hat{k}) = \sin \theta \left(3 \cos^2 \theta - 1\right) \sin(2\varphi).
$$

The properties of the phonon environment are represented by phonon spectral density

$$
R(\omega) = \frac{1}{\hbar^2} |n(\omega) + 1| \sum_{s,k} |G_s(\hat{k})|^2 
\times \left[ \delta(\omega - \omega_{s,k}) + \delta(\omega + \omega_{s,k}) \right],
$$

where $n(\omega)$ is the Bose distribution function. The deformation-potential contribution is

$$
R^{DP}(\omega) = R_{0,DP} \omega^3 |n(\omega) + 1| 
\times \int_0^{2\pi} d\varphi \int_0^\pi \sin \theta \sin(2\varphi) \sin(2\varphi) 
\times \exp \left[-\frac{\omega^2}{2c_1^2} \sin^2 \theta \left(\ell^2 \cos^2 \varphi + \hbar^2 \sin^2 \varphi\right)\right],
$$

where

$$
R_{0,DP} = \frac{D_2^2}{16\pi^2 \hbar \rho \epsilon_1}.
$$

The piezoelectric term is

$$
R^{PE}_s(\omega) = R_{0,s} \omega |n(\omega) + 1| \int_0^{2\pi} d\varphi \int_0^\pi \sin \theta \sin \theta 
\times |M_s(\hat{k}(\varphi, \theta))|^2 |\tilde{G}(\omega \cos \theta/c_s)|^2 
\times \exp \left[-\frac{\omega^2}{2c_s^2} \sin^2 \theta \left(\ell^2 \cos^2 \varphi + \hbar^2 \sin^2 \varphi\right)\right],
$$

where

$$
R_{0,s} = \frac{2c_s^2}{16\pi^2 \hbar \rho \epsilon_3 \tilde{c}_s^2 \tilde{c}_r^2}.
$$

Note that the coupling constants for deformation potential and piezoelectric channels have different parity (as functions of $k$) so that these two transition channels do not interfere.

In order to study phonon-assisted relaxation, we employ the Fermi golden rule and obtain the relaxation rate

$$
w = 2\pi R \left(\frac{\Delta E}{\hbar}\right),
$$

which is proportional to the phonon spectral density at the frequency corresponding to the splitting energy $\Delta E$.

The material parameters (corresponding to GaAs quantum dots) and parameters of the QDM system are given in Table I. Moreover, details concerning relaxation in a single electron QDM system, which will be used for comparison, are presented in the Appendix.

### III. RESULTS: TUNNELING RATES

In this section, the results for phonon-assisted transitions in a double quantum dot are presented. We consider a QDM doped with two electrons and the singlet–singlet relaxation channel. In order to investigate how the Coulomb interaction influences the relaxation processes, the results are compared with those for a single electron case, calculated in a way similar to Refs. 13,14,15,16 (see Appendix). The quantitative results are obtained at temperature $T = 0$ K for GaAs quantum dots with the sizes $h = 4$ nm and $l = a = 10$ nm in growth and lateral directions, respectively.

The probability of phonon-assisted electron transitions [Eq. (24)] is proportional to the spectral density of the phonon reservoir at the frequency corresponding to the energy splitting $\Delta E$. Therefore, the transition rate will be high when this energy lies in the frequency range of maximal values of the phonon spectral density. In order to see which parameter range is favorable for relaxation, we first study the energy splittings and phonon spectral densities for the two considered doping cases.

In Fig. 2(a), we plotted the energy splitting for a single electron in a QDM as a function of the confinement depth offset $\Delta U$ for $U_0 = 30$ meV and a few values of the distance $d$ between the QDs. The minimum value occurs always when the QDs are the same and, in general, is smaller for larger distances between dots, where they do not influence each other. In the case of two electrons in a QDM [Fig. 2(b)], the splitting energies have a slightly more complicated behavior. Now, the minimum value is shifted due to interplay between the on-site (single-
One can expect high rates for energy splittings from $d$ of the phonon density, which will result in lower transitions.

It is clear that for closely spaced QDs, the energy splitting is smaller, but also the amplitude of the spectral density is smaller. The interplay of phonon density and splitting energies will be reflected in nontrivial dependence of relaxation rates on the distance between the QDs.

For a two-electron QDM, the phonon spectral density has, in general, smaller values [Fig. 3(b)], since the overlap between corresponding two-electron wave functions is smaller. In this case, the cut-off energy ($\omega \approx 3$ meV) as well as the energy splitting is larger. One can see that phonon-assisted transitions in both systems will be large for energy splittings smaller than 3 meV and will strongly depend on the distance $d$.

The electron-phonon interaction via both deformation potential as well as piezoelectric coupling is considered next. In order to see which interaction has a stronger influence, in Figs. 4(a) and 4(b) we present the total spectral density of the phonon environment together with the contributions resulting from deformation potential and piezoelectric couplings for one electron in a QDM for $\Delta U = 0$ meV and $d = 38$ nm. (b) As in (a) but for two electrons and $\Delta U = 11$ meV.

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Since the wave functions obviously depend on the confinement offset $\Delta U$, do the coupling constants and, in consequence, the phonon spectral densities. In order to gain some information on their general shape, we study the spectral densities for the values of the offset which correspond to the minimal values of energy splitting. In Fig. 3(a), the phonon spectral density for a single electron [see Eqs. (A.3) and (A.4) in the Appendix] is plotted for the offset $\Delta U = 0$ meV. In general, the values of phonon spectral densities depend on the overlap between the wave functions and thus are large for small distances $d$ between the QDs. The function has its maximum for $\omega \approx 0.4$ meV and a cut-off at $\omega \approx 2.5$ meV. One can expect high rates for energy splittings from 0.1 to 1 meV, especially for small distances $d$. From Fig. 2(a) it is clear that for closely spaced QDs, the energy splitting is larger than 2 meV and lies almost beyond the cut-off of the phonon density, which will result in lower transition rates. For larger distances the splitting is smaller, but also the amplitude of the spectral density is smaller. The interplay of phonon density and splitting energies will be reflected in nontrivial dependence of relaxation rates on the distance between the QDs.

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when the energy splittings are comparable to the phonon energies. The transition rate reaches its maximum value of 30 ns$^{-1}$ for $d \approx 32$ nm. Here, the relaxation conditions are most favorable, since the distance between the QDs is large enough for the splitting energy to coincide with the maximum value of the phonon spectral density. For large distances, $d \gtrsim 38$ nm, the rate vanishes in spite of small splitting energies, since the overlap between the electron wave functions tends to zero and, in consequence, the spectral density vanishes. The transition rates are also small for large offsets, $|\Delta U| \gtrsim 3$ meV, since it leads to large energy gap between the levels.

For a two-electron QDM [Fig. 5(b)], the maximum of the relaxation rate shifts with growing distance towards larger confinement offsets, which was already visible in the splitting energies. Larger distances $d$ between the QDs are needed for efficient relaxation, which is an evidence of the Coulomb interaction between two electrons, leading to an increase of the splitting energies. In general, the maximum magnitude of the relaxation rates is comparable with that for a single electron but the parameter range in which their values are maximal is shifted due to the electron-electron interaction.

In the case of piezoelectric coupling [Figs. 6(a) and 6(b)], the relaxation rate has relatively large values in a smaller range of QD offsets. This is a result of a different form of corresponding spectral density, which, in general, is narrower than for the deformation potential. Therefore, smaller splitting energies are more favorable. For the same reason, it is shifted towards larger distances $d$. The relaxation rate reaches the values of 30 ns$^{-1}$, which is as large as that for deformation potential. This maximum appears at the distance $d \approx 36$ nm for a single electron and $d \approx 39$ nm for a double electron QDM.

The total phonon-induced relaxation rate, including both deformation potential as well as piezoelectric contributions, is shown in Figs. 7(a) and 7(b) as a function of QD offset $\Delta U$ and separation $d$. For a single electron system, the rate is high for offsets between $\Delta U = -3$ and $\Delta U = 3$ meV and for distances from $d = 28$ to $d = 42$ nm, and reaches its maximal value of 35 ns$^{-1}$ for identical QDs separated by the distance of $d \approx 34$ nm. In case of the QDM doped with two electrons, the relaxation mechanism is strong for offsets between $\Delta U \approx 9$ and $\Delta U \approx 13$ meV and distances from $d \approx 30$ to $d \approx 44$ nm. Its maximum value also reaches 35 ns$^{-1}$ for $\Delta U \approx 11.5$ meV and $d \approx 36$ nm.

To understand the nature of the relaxation process in the two-electron case, in Fig. 8 we plot the difference between the average number of electrons in the left quantum dot in the two-electron singlet states. One can see that in the area of efficient relaxation (cf. Fig. 7, the av-
average electron number changes in most cases almost by one. This shows that the relaxation in the two-electron case is associated with a considerable charge transfer and, therefore, can be interpreted as a phonon-assisted tunneling process.

For a single electron, the energy eigenstates follow a universal model of level anticrossing, with the energy splitting \( \Delta E = \sqrt{(\Delta U)^2 + 4t^2} \), where \( t \) is the “tunneling matrix element”, corresponding to half of the minimum energy splitting in Fig. 2. This element affects the phonon-assisted tunneling rate in a twofold way. First, it determines the splitting of the energy levels and its position with respect to the area of large phonon spectral density. Second, it affects the degree of mixing of the wave functions, thus directly changing the spectral density. It should be noted, however, that the relaxation rate cannot be fully characterized by this single parameter, since the phonon spectral density depends on the actual geometry of the system, and therefore the spatial separation between the dots is itself of direct importance. In the two-electron system, the situation is even more complicated, since the energies and wave functions are affected by the interplay between the single-particle “tunnel coupling” and the Coulomb interaction between the electrons. This is manifested in the increased resonance width and loss of symmetry in Fig. 2. As a result, the relaxation rates are also asymmetric with respect to \( \Delta U \) [see Figs. 7(a) and 7(b)].

To have a better insight into particular phonon contributions, in Figs. 8(a) and 8(b) we present the total relaxation rate along with the contributions from both the coupling mechanisms for a two-electron QDM for \( d = 35 \) nm and \( d = 38 \) nm, respectively. For relaxation rates of comparable values, the dominant phonon coupling can be different. For instance, for \( d = 35 \) nm, the deformation potential coupling is crucial and the piezoelectric effect is a few times smaller, while for \( d = 38 \) nm the situation is reverse.

\[\text{FIG. 8: The difference between the average number of electrons in the left quantum dot in the two-electron singlet states.}\]

\[\text{FIG. 9: (a) Total phonon-assisted relaxation rate with two contributions in a two-electron QDM for } d = 35 \text{ nm. (b) As in (a) but for } d = 38 \text{ nm.}\]

**IV. CONCLUSION**

In the present paper, we have studied phonon-assisted relaxation and tunneling in a quantum dot molecule. Structures doped with two electrons have been considered and compared with the case of a single electron. By comparison of these two systems, it was shown that the Coulomb interaction influences the tunneling rates and leads to energy renormalization and shift of the range of efficient relaxation. We studied in detail carrier-phonon interactions via both deformation potential and piezoelectric coupling and showed the difference in their behavior and impact on relaxation. We have shown that the relaxation in the two-electron case is accompanied by a charge transfer between the dots and, therefore, can be regarded as a phonon-assisted tunneling process.

It should be noted that the values of phonon-assisted tunneling rates in a QDM system are comparable with relaxation times in a single QD. Moreover, in comparison with the spin coherence times being up to milliseconds, the phonon-assisted relaxation times are up to several orders of magnitude faster. This shows that while designing the quantum computer implementations on electron states in double quantum dots, one has to take into account the coupling of the carriers to the phonon degrees of freedom. Finally, it should be noted that the calculations were performed for zero temperature, which gives a lower bound for tunneling rates.

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APPENDIX: SINGLE ELECTRON TUNNELING

In this Appendix, the formalism for the tunneling in a single electron QDM system is presented. In this case, the electron Hamiltonian [Eq. (A.1)] is reduced to a simpler form,

\[ H_e = \frac{\hbar^2}{2m^*} \nabla^2 + U(r), \]

and the electrons are described by a single particle wave functions given by Eq. (6). We label the two lowest single electron states as \( |0\rangle \) and \( |1\rangle \).

The relevant part of the carrier-phonon interaction Hamiltonian describing electron transitions between the constituent QDs is

\[ H_{\text{int}} = |0\rangle \langle 1| \sum_{s,k} F_{s,01}(k) \left( b_{s,k} + b^\dagger_{s,-k} \right) + \text{H.c.}, \]

where the single-particle coupling constant for the deformation potential is

\[ F_{1,01}^{\text{DP}}(k) = \sqrt{\frac{\hbar k}{2\rho V c_1}} F_{01}(k), \quad (A.1) \]

with the form factors given by Eq. (13). The coupling element for piezoelectric interactions reads

\[ F_{s,01}^{\text{PE}}(k) = -i \sqrt{\frac{\hbar}{2\rho V c_s k}} \frac{d_{pe}}{\varepsilon_0 \varepsilon_r} M_s(k) F_{01}(k), \quad (A.2) \]

where the functions \( M_s(k) \) are given by Eq. (21).

The corresponding phonon spectral densities for a single electron in a QDM are

\[ R_{e}^{\text{DP}}(\omega) = R_{0}^{\text{DP}}(\omega |n(\omega) + 1| \int_0^{2\pi} d\varphi \int_0^{\pi} \sin \theta \, d\theta \, l |\tilde{F}_{01}(\omega \cos \theta / c_1)|^2 \right. \]

\[ \times \exp \left[ -\frac{\omega^2}{2c_1^2} \sin^2 \theta \left( l^2 \cos^2 \varphi + h^2 \sin^2 \varphi \right) \right] \]

and

\[ R_{e,s}^{\text{PE}}(\omega) = R_{0,s}^{\text{PE}}(\omega |n(\omega) + 1| \int_0^{2\pi} d\varphi \int_0^{\pi} \sin \theta \, d\theta \, l |M_s(k(\varphi, \theta))|^2 |\tilde{F}_{01}(\omega \cos \theta / c_s)|^2 \right. \]

\[ \times \exp \left[ -\frac{\omega^2}{2c_s^2} \sin^2 \theta \left( l^2 \cos^2 \varphi + h^2 \sin^2 \varphi \right) \right], \]

where

\[ \tilde{F}_{01}(k_x) = \int dx \psi_0(x) e^{ik_x x} \psi_1(x). \]

The Fermi golden rule relaxation rate is then calculated from Eq. (24), using the total spectral density including both relaxation channels.

\[ \langle \dot{\hat{S}} \rangle = \int d\omega R(\omega) \frac{\omega^2}{2} \]

with the elastic phonon spectral density

\[ R(\omega) = n(\omega) \sum_{s,k} \left( |\tilde{F}_{01}(\omega \cos \theta / c_s)|^2 \right. \]

\[ \times \left. \exp \left[ -\frac{\omega^2}{2c_s^2} \sin^2 \theta \left( l^2 \cos^2 \varphi + h^2 \sin^2 \varphi \right) \right] \right), \]

and the inelastic phonon spectral density

\[ R_{\text{in}}(\omega) = \int d\omega' \frac{\omega' n(\omega')}{} \sum_{s,k} \left( |\tilde{F}_{01}(\omega' \cos \theta / c_s)|^2 \right. \]

\[ \times \left. \exp \left[ -\frac{\omega'^2}{2c_s^2} \sin^2 \theta \left( l^2 \cos^2 \varphi + h^2 \sin^2 \varphi \right) \right] \right). \]

The corresponding relaxation rates \( \tau_{\text{rel}}(\omega) \) are given by

\[ \tau_{\text{rel}}(\omega) = \int d\omega' R(\omega') \frac{1}{\omega' \tau(\omega')} \]

where the relaxation rate \( \tau(\omega) \) is given by Eq. (25).