**Lucifer yellow – an angel rather than the devil**

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**Abstract**

The fluorescent dye Lucifer yellow (LY) was introduced in 1978, and has been extremely useful in studying cell structure and communications. This dye has been used mostly for labelling cells by intracellular injection from microelectrodes. This review describes the numerous applications of LY, with emphasis on the enteric nervous system and interstitial cells of Cajal. Of particular importance is the dye coupling method, which enables the detection of cell coupling by gap junctions.

**Keywords:** intracellular labelling • gap junctions • dye coupling • Lucifer yellow • enteric neurons • interstitial cells of Cajal

**Introduction**

Progress in biomedical research depends on the introduction of ever newer methods and tools. For example, in the field of light microscopy we are now witnessing a constant introduction of innovative methods: confocal microscopy, three-dimensional reconstruction, multi-photon microscopy, total internal reflection fluorescence (TIRF), near-field optics, spatially modulated illumination microscopy, etc. In addition to these modern hardware and software there are numerous novel cell labelling methods, and better chromophores and other devices (e.g. quantum dots) for labelling antibodies and for studying cell morphology and projections (for reviews, see Refs. [1] and [2]). Therefore it is surprising that some methods keep being used with no major changes for several decades. Among those few tools that prove to be immune to obsolescence are the use of the enzyme horseradish peroxidase (HRP) for nerve tracing and protein detection and the fluorescent tracer LY for cell labelling and for detecting intercellular coupling by gap junctions. LY was introduced in 1978 and is still one the most widely used tracer molecules, despite of the subsequent introduction of numerous other tracers. This review will highlight the main uses of LY, with emphasis on enteric neurons and interstitial cells of Cajal (ICC), which are two cell types that play crucial roles in regulating gastrointestinal functions [3, 4]. As these cells are embedded in muscle, visualizing them, particularly in live tissue, has been a considerable challenge. Work with LY has greatly helped in labelling these cells and understanding their functions.

**A very brief history of intracellular labelling techniques**

Electrical recording from single cells such as neurons and ICC with glass micropipettes (intracellular sharp electrodes and patch...
pipettes) is an extremely useful method to characterize the electrical properties of cells. A disadvantage of this method is that in most cases the morphology (and hence in many cases, the identity) of the recorded cell is not certain. A way to solve this problem is to inject a tracer molecule from the recording electrode into the cell, but this proved to be rather difficult because of the absence of suitable molecules. There are several requirements for a good tracer molecule, which are as follows:

1. **Solubility in water**, to enable dissolution of the tracer in the microelectrode solution and in the spread within the cell. This property is associated with the need for hydrophilic molecule, to prevent leakage from the injected cell.

2. **A net electrical charge**, to facilitate injection by electrical current. This requirement is not crucial as it appears that electrical current drives water into the cell, and the tracer may flow into the cell with the water (solvent drag). Pressure ejection is possible, but is rarely used for this purpose.

3. **Non-toxicity** to avoid damage to the injected cell.

4. **Detectability** is probably the most important property of a tracer, and refers to the amount of the tracer that has to be injected to allow cell visualization. A good non-fluorescent tracer must have high absorbance, whereas a good fluorescent tracer should have both high absorption efficiency and high emission efficiency (quantum yield). This is crucial for detecting fine cellular appendages, such as thin processes of neurons.

5. **Fixability**, that is, the ability of the tracer to remain bound to cell constituents and not be lost during tissue processing. For further discussion of this topic, see Refs. [5–9].

The first molecules that were used for cell identification by intracellular injection were non-fluorescent dyes. A notable example of the use of such dyes is the work of Werblin and Dowling [10], who made the first systematic correlation between cell identity and electrophysiology in the vertebrate retina. They injected the dye Niagara blue into physiologically identified retinal cells. For visualization, it was necessary to inject large amounts of the dye, requiring extreme measures, such as applying a very high voltage (400 V) to the electrodes. As Niagara blue did not label cell processes it did not provide information on cell morphology, but only indicated cell location. However, due to the layered structure of the retina, this method provided reliable correlation between function and cell identity.

As microscopy based on fluorescence is much more sensitive than light absorption of dyes, there was an intense search for fluorescent molecules for intracellular injection. Stretton and Kravitz [11] described the first injection of the fluorescent dye Procion Yellow M4RS into neurons in lobster ganglia. An advantage of this dye was that it was stable upon fixation, apparently due to the formation of covalent bonds with cell constituents. Procion yellow proved to be useful in correlating structure function of neurons, but its low quantum yield was a serious drawback, because a large amount had to be injected to allow cell observation. Stewart [5, 12] revolutionized this field by introducing the dye LY CH (Fig. 1), which is fixable and highly fluorescent. (‘Lucifer’, written in capital L (12), is one of the names of Satan; but the reason for this choice has not been explained.) LY has been used in thousands of studies and contributed to the research of numerous cell types. Researchers found ways to use LY not only for intracellular staining, but for a host of other methods.

An important use of LY, and in particular for glia, smooth muscle and ICC is for detecting cell-to-cell coupling by gap junctions (dye coupling). Before the advent of LY, investigators used fluorescein and its derivatives for this purpose [13, 14], and it was reported that fluorescein passes only through gap junctions and does not permeate plasma membranes. However, a later study [15] showed that fluorescein crosses plasma membrane, whereas LY does not. Therefore, LY is much preferred for dye coupling experiments, and indeed it has replaced fluorescein for this type of work.

### Methods for loading cells with LY

#### Intracellular injection

As LY has two negative charges, it can be injected into cells by passing negative electric current [5]. The amount of actual current that can be used depends on the resistance of the electrode. With high-resistance electrodes (>100 MΩ), the current that can be passed is limited, and there is a tendency for electrode blockade. Currents of 1–2 nA are sufficient in most cases. Practice has shown that pulses work better than DC currents; for example 100 msec. long pulses at 5 Hz [16]. As mentioned, positive currents will also inject this dye, due to solvent drag. When using patch pipettes, which have low resistance (typically 3–5 MΩ), diffusion of the dye into the cell will suffice to stain it. One minor drawback of LY is the low solubility of its potassium salt. This restricts the concentration of LY that can be dissolved in KCl-containing electrodes, which are the most common ones. To overcome this problem LY is dissolved in aqueous solution of LiCl [5]. Usually LY is dissolved at concentration of 2–5% in 0.5–1M LiCl. LY will not...
precipitate in KCl when its concentration is about 0.5% or lower. Such concentration may not provide ideal staining, but will be adequate for cell identification. The duration of the injection to achieve good staining is about 3 min. \([5,16]\), and longer injections offer no advantage. Numerous studies using the injection method yielded excellent images of cells, and also important information on their electrical properties and synaptic connectivity. Examples of cells stained by this method are shown in Figure 2.

A major advantage in injecting fluorescent tracers over non-fluorescent tracers, such as neurobiotin and HRP, is the ability to observe the injected cell in real time, using epifluorescent optics. This allows the direct identification of the injected cells, which is crucial when several cells are injected in the neighbourhood, or when dye coupling takes place. Direct observation also informs the investigator when the cell is filled sufficiently. In experiments aimed to correlate between morphology and electrophysiology, LY may not be ideal because the electrodes tend to clog and their resistance increases, making the recordings less reliable (see section ‘Electrophysiological studies using LY-filled electrodes’).

The discussion earlier dealt with live tissues where cell impalement with the electrode is indicated by the presence of resting potential. It has been found that LY can be injected with microelectrodes into cells in fixed tissues. This is useful when fresh tissue cannot be obtained, for example for human specimens obtained from post-mortem material \([17]\). The injection of LY allows a detailed characterization of the morphology of immuno-labelled cells \([18]\).

**Scrape loading**

Intracellular dye injection is not a simple technique and requires specialized equipment and some expertise. Also, cells are injected individually, which limits the number of cells that can be studied. A technique that circumvents these problems is termed ‘scrape loading’ \([19–22]\). Cells are usually in tissue culture and form layer on the bottom of a dish. The dye is dissolved in the bathing solution and a straight cut is made with a sharp blade in the cell layer. The injured cells take up the dye and become labelled. This method is particularly useful for dye coupling work. Its disadvantage is that it is largely suitable for cell culture.

**Electroporation**

By application of strong electric fields cells can acquire pores that allow the passage of large and/or hydrophilic molecules. This method has been introduced for labelling cells with LY \([23]\). Electric fields of about 500 V/cm are required. It has been reported that removal of the electrodes can dislodge cultured cells and special electrodes were devise to overcome this problem \([24]\).

**Ballistic loading**

This method is based on injection by pressure of small particles (gold or tungsten with diameter of about 1 \(\mu\)m), coated with the
molecule of interest [25]. This method has been used largely for gene transfer (DNA gun), but it has been employed for loading cells with LY [26].

**Uptake of LY into cells by endocytosis?**

There is evidence that in spite of LY being hydrophilic it can be taken up by cells. Sarthy et al. [27] found that LY was taken up into retinal bipolar cells of several species, this took place only in medium with low Ca$^{2+}$ concentration and did not depend on synaptic activity. Other dyes, such as Procion yellow were less effective. The mechanisms underlying this selective uptake are not known, but this property can serve as a useful tool for studying a specific cell population. An example of a selective uptake of a fluorescent dye is the rather specific labelling of a subtype of retinal amacrine cells by the nuclear marker DAPI [28]. It was suggested that this uptake occurred by endocytosis and was related to the greater activity of the cells. Zimmerman [29] has used a similar method to label neurons and glial cells with LY in the retina and spinal cord. Smith et al. [30] described a method for studying cell pathology using endocytic uptake of LY.

In the developing retina, LY labelled horizontal cells rather than bipolar cells [31], which indicates that several factors are involved in the uptake process. With the recent introduction of various staining techniques, this method of cell staining did not find wide use. Still, a detailed study of the underlying mechanisms is worthwhile. Indeed, the use of LY for detecting membrane channels (section ‘LY uptake by hemichannels, pannexins and P2X7 receptors’) proved that LY can pinpoint specific uptake mechanisms. It is conceivable that the mechanisms operating in the articles mentioned above involved the contribution of such channels.

**Potential methods for loading LY into cells**

There are several ways to introduce molecules into cells that have not been explored yet for LY. For example, a common method is using hydrophobic derivatives, which easily enter into cells and are then broken down into the desired hydrophilic molecules. An important group of these substances are the acetomethoxy (AM) esters of various molecules, which are broken by intracellular esterases into hydrophilic products. AM esters are being used extensively for introducing ion indicators into cells and proved to be very powerful for measuring changes in Ca, Na and Cl ions. The disadvantage is that all cells in the tissue become labelled.

Caged tracers are weakly- or non-fluorescent when key functional groups of fluorophores are masked by photolabile protecting groups (cages). Photoactivation, performed by intense focused illumination, removes the protecting group (uncaging) and abruptly switches on the fluorescence of parent dyes. The caged chromophores are introduced into cells as AM esters. This allows the investigator to fill cells with the tracer at exact location and timing. This method has not been yet employed with LY.

**Electrophysiological studies using LY-filled electrodes**

Stewart [5, 12] has emphasized the utility of LY in intracellular electrical recordings for correlating between structure and function. There is no alternative to direct visualization of cells during the recordings. Indeed, numerous investigators used this approach; for example to record from retinal bipolar cells [32], hypothalamic neurons [33] and myenteric neurons [34]. One disadvantage of LY is that fine-tipped electrodes filled with LY solution that are required for recording from small cells, tend to clog, which greatly increases their resistance. This reduces the amount of dye that can be injected and causes problems in the electrical recordings (adding noise and limiting the amount of injected current). Still, with careful technique, excellent function-structure correlation is feasible, even with retinal bipolar cells, which are less than 10 μm in diameter [32]. Since the introduction of LY, several alternative tracers have been developed, including fluorescent ones (e.g. carboxylfluorescein and Alexa dyes). A remedy for the problems mentioned earlier was to use non-fluorescent dyes such as biocytin and neurobiotin. Microelectrodes filled with these tracers do not tend to clog, and are clearly superior for recordings than those filled with LY. The morphological results obtained with biocytin and neurobiotin are excellent, with the disadvantages that several processing steps are needed and that unlike the fluorescent tracers, these tracers cannot be visualized during the recordings, which may leave a certain doubt about cell identification. A way to solve this problem is to add a small amount (0.3% or less) of LY into the electrode containing these tracers [35].

Tasker et al. [7] compared LY, the fluorescent dye ethidium bromide and biocytin for intracellular recordings and staining in hypothalamic neurons. They concluded, that overall, the electrical recordings with biocytin were the best. For morphology both biocytin and LY gave good results, but biocytin was superior for combined morphology and immunohistochemistry.

It has been found [7, 36] that the lithium ions, which must be used with LY (at 0.5–1M in the electrode solution), are detrimental to neurons, leading to depolarization of membrane potential by 2–23 mV, and increasing input chord conductance by 552–796% [36]. These extreme values were observed after many minutes of injection, and therefore the problem can be largely avoided by recording the electrical properties of the neurons shortly after impaling the neurons, and only then injecting the dye. It should be added that biocytin, too, has been found to have adverse effects on the electrical properties of neurons [37], and thus the perfect tracer has still to be found. The account above was on intracellular recordings with sharp electrodes. In experiments where patch electrodes have been used, the problem with lithium is largely avoided because the small concentration of LY that is being used (0.02%) [38]. Under these conditions K$^+$ or other cations are at high concentrations (around 100 mM), whereas if the Li$^+$ salt of LY is used, the Li$^+$ concentration will be around 5 mM, and its
leakage into the cell will be minimal. Moreover, at such low LY concentration, its $K^+$ salt rather than $Li^+$ one can be used. Indeed, no changes in electrophysiological properties have been reported in patch clamp experiments where LY was used.

Another potential problem in electrophysiological experiments where LY is used is the photodynamic damage to cells due to the bright illumination needed to visualize the dye (see section ‘Using LY for selective ablation of cells’). This problem can be largely avoided by using the very sensitive charge coupled device cameras that are now available.

### Studying cell morphology with LY

Early work has shown that injecting single cells with LY provides a picture of the cells with extraordinary detail. The image by Stewart [13] of an LY-injected leech neuron on the cover of Nature is very memorable. Apparently LY can diffuse into very fine processes, providing highly detailed picture of cell morphology, which resembles Golgi staining. However, in contrast with the Golgi method, which is highly variable and unpredictable, LY injection is quite predictable. This is in addition to the ability to learn about the physiology of the injected cell. With the advent of confocal microscopy and three-dimensional reconstruction, LY labelling yields extremely fine detail of cell morphology, for example Refs. [39–41]. Labelling with LY in combination with immunohistochemistry has a great added value. Examples of intracellular labelling of neurons and an ICC are shown in Figure 2. Confocal images of LY-labelled satellite glial cells in dorsal root ganglion are shown in Figure 3.

The advantages of using LY for studying cell morphology are evident in studies on astrocytes. The common immunolabelling of astrocyte for specific proteins (e.g. glial fibrillary acidic protein, or S100) provides an incomplete picture of the cells. Injecting astrocytes with LY or other intracellular tracers, reveals that these cells are extremely branched and have a bushy appearance, which is largely missing with immunolabelling [42, 43].

### Using LY to study intercellular communication

#### The dye coupling method for gap junction detection and characterization

Gap junctions (or electrical synapses) are almost a ubiquitous means for cell communications; these are channels connecting adjacent cells, and consist of proteins called connexins. They allow the passage of ions and molecules of molecular weight of up to about 1000 Da. As the molecular weight of LY is 457.3 Da (including two $Li^+$ ions), it can easily pass through gap junctions [8, 44, 45]. This ability (termed ‘dye coupling’) has been exploited in the early studies on LY [5, 16], and since then has been used in hundreds of studies.

The gold standard for identifying gap junctions is electron microscopy (EM; transmission or freeze fracture). However, in certain cases gap junctions are missed by EM [46, 47]. In these cases, dye coupling studies helped to confirm their presence [47, 48]. A plausible explanation for this discrepancy is that the individual gap junctions are not organized into nexuses (plaques), and therefore are not visible with the EM. Another example where there was no ultrastructural evidence for gap junctions, but dye coupling between neurons was present, was obtained in sensory ganglia after peripheral inflammation [49]. Conversely, there are cases where there is clear evidence for electrical coupling between cells by gap junctions, but not for dye coupling [50]. The reasons for this failure could be an insufficient passage of the dye, or lower sensitivity of the detection system.

Dye coupling experiments with LY have been carried out on numerous cell types and tissues, including liver [51], heart [51, 52], neurons [51, 53], astrocytes [54], enteric glia [55, 56], epithelial cells [57], glands [58], smooth muscles [47, 48] and ICC [35, 59–62]. In most studies, intracellular injection was used, but other methods of application have also been employed, particularly scrape loading [21]. Examples of dye coupling using LY are shown in Figures 3–5.

In some cases, other tracers revealed coupling where the use of LY failed to demonstrate them; for example Neurobiotin or biocytin, which are smaller molecules [63]. This may be due to the lower permeability of specific connexin types to LY [64]. In other cases, there was no advantage to using these tracers. Moreover, Neurobiotin and biocytin require additional processing and are not visible in live tissues. It should be added that there is not always a strict correlation between molecular size and permeability through gap junctions [65]. Still, it will be very beneficial to develop fluorescent molecules with lower molecular weight than LY for better characterization of cell coupling.

#### LY uptake by hemichannels, pannexins and P2X7 receptors

Normally LY will not enter cells from the outside solution because of its hydrophilic nature, but when channels that are large enough to allow it to enter the cell are present in the plasma membrane (and are open), this dye will label the cell. The high fluorescence and low molecular weight of LY make it very suitable for detecting such channels. LY has been useful for detecting channels such as pannexins, hemichannels and P2X7 purinergic receptors [45, 66, 67]. Identification of the channel is performed by using blockers; for example carbenoxolone for pannexins and gap junctions [45], and brilliant blue green for P2X7 [68]. Immunohistochemistry and other methods can provide further details on the molecular identity of the channels.
Fluorescence recovery after photobleaching (FRAP)

The dye coupling method is not always amenable to quantitation and usually the only parameter that is measured is the number of cells coupled to the injected one. The scrape loading method is easy to quantitate, but is rather crude. Another approach is FRAP, which is based on labelling coupled cells with a fluorescent molecule and then bleaching a small area of the cells with bright light. If the cells are coupled, the dye will diffuse via gap junctions from the non-bleached into the bleached cells, and the increase in the fluorescence in these cells can be measured as the function of time. LY has been used extensively in these studies [69]. This method is used mostly in cell cultures.

Retrograde labelling with LY

Stewart [12] showed that LY can be introduced into neurons not only by intracellular injection, but also by uptake. This method is useful for tracing the projections of neurons, and is known as ‘back filling’ or ‘retrograde labelling’. Stewart placed the cut end of a snail axon in an LY solution, and to assist the diffusion of the dye to the cell body, an electric current was passed between the cut end and the soma. This resulted in labelling of the soma. It should be added that LY is not widely used for retrograde labelling, probably because it is a polar molecule and is not readily taken up by intact cells. Other molecules, having more lipophilic nature are usually employed for this purpose, for example fast blue, fluorogold and Dil [70–72]. Proteins such as HRP attached to wheat germ agglutinin are also useful for retrograde labelling [73].

Photoconversion of LY

A disadvantage of fluorescent dyes is that they tend to fade under the intense illumination used to visualize them, and also in the...
dark over time. Maranto [74] suggested a method to convert LY in cells into a stable product that is visible under bright field illumination. This was achieved by illuminating the LY-labelled cells with blue light used for its detection, in the presence of diaminobenzidine (DAB). This converts the LY into brown precipitate. Apparently illumination produces reactive compounds such as free radicals that oxidize DAB, converting it into insoluble product. An important benefit of this method is that the reaction product is visible under EM. This technique has been used for neurons [74, 75], and for other cell types such as ICC [76] (Fig. 6). This method has been also combined with immunohistochemistry [77].

**Combination of LY labelling with other methods**

As LY is fixable, it is easy to use cells labelled with this dye for other applications. It has been shown that LY-labelled cells could be fixed and then labelled with antibodies against various relevant molecules [78]. This approach can answer important question on whether certain cells contain molecules such as neurotransmitters or receptors, and enables the localization of these molecules—in neuronal dendrites, axons, near the cell membrane, etc. With confocal microscopy this information can be quantified to provide the density of the labelling. For example we mapped acetylcholine receptors in LY-labelled neurons in the enteric nervous system [79]. Confocal microscopy allowed the three-dimensional reconstruction of the neurons, and labelling acetylcholine receptors with fluorescent molecules enabled their precise localization on the cells’ surface and also calculation of the percentage of each of the cells compartments (dendrites, etc.) occupied by the receptors. Using LY injections, electrophysiology and immunohistochemistry, the physiology, morphology and content of neurotransmit-

**Antibodies against LY**

Labelling with LY can sometimes be weak. To help visualize the details of the labelled cells, antibodies against LY have been prepared to greatly enhance the labelling intensity [7]. When peroxidase is used for detecting the secondary antibody, the LY-labelled cell can be viewed with the electron microscope [83]. A drawback of this method is the formation of a dense reaction product in the LY-filled neuron that obscures ultrastructural details. Branchereau et al. [84] showed that using immunogold instead of HRP greatly improved the visualization of cellular organelles in cells labelled with LY.

**Using LY for selective ablation of cells**

Intense illumination of fluorescently-labelled cells can cause cell death, via the formation of free radicals. This has been exploited...
for selective ablation of cells. Single cells were loaded with LY and then illuminated with intense blue light, which caused selective death of the labelled cell [85]. This enabled the study of the function of the neuronal network after deleting a specific cell. A further refinement of this method was the ablation of single dendrites in the leech nervous system [86]. The authors recorded synaptic potentials before and after the ablation, and obtained precise information on synaptic inputs to identified cells.

**Conclusion**

The account above is by no means comprehensive, but it is hoped that it provided a broad picture how a rather basic tool such as a fluorescent molecule can contribute to research in diverse fields of biomedicine. The examples presented demonstrated how using LY benefited research on enteric neurons and ICC.

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