Introduction

Focal liver lesions are a common finding in ultrasound and computed tomography (CT) examinations often presenting without clinical symptoms [1–3]. Whether a hepatic lesion requires treatment, follow-up imaging, or does not need further attention depends on the dignity (benign vs. malignant) and entity of the finding [4]. Furthermore, in oncology the liver is the most common site of metastasis from gastrointestinal tumors. Accurate assessment of tumor spread and treatment response are important for therapy planning [5].

Non-enhanced CT is very limited for the detection and characterization of focal hepatic lesions due to its low soft-tissue contrast. The use of iodine contrast agents greatly improves detectability of lesions; however, the characterization especially of subcentimetric findings remains challenging [6]. Also, in some patients iodine-based contrast media can cause anaphylactic reactions, acute renal failure, or hyperthyroidism [7–9]. Drug interactions with metformin, an oral antidiabetic agent, have been described [10]. The gold standard for the detection and characterization of focal hepatic lesions remains magnetic resonance imaging (MRI) with the application of diffusion weighted imaging (DWI) and liver-specific contrast agents [11,12]. Contraindications for MRI include cardiac pacemakers and patients suffering from claustrophobia. Additionally, long scanning times can be a limitation due to motion artifacts or limited patient tolerance, as well as the limited spatial resolution compared to CT.

Conventional multi-slice CT uses the attenuation of x-rays by photo-electric absorption and Compton scattering processes in the examined object as the sole source of contrast. Therefore, structures containing elements with high Z number, like calcium in bones, give high contrast whereas soft tissues such as muscle, parenchymatous organs and adipose tissue show rather low contrast. On the other hand, phase-contrast computed tomography (PCCT) exploits the physical effect of the phase shift x-rays experience when passing through an object.

Different phase-contrast methods have been developed over the last decades [13]. All these methods can be divided into three main groups: (1.) the direct methods measuring the phase shift (Bose-
The golden source and analyzer grating structures were introduced a phase-shift of 13%. The X-ray filtration consisted of the following components:

- Beryllium window and silicon wafers of the gratings are not chosen based on advanced simulations but are parts of the individual components of the set-up. The silicon disk has been introduced to further reduce low energy photons without relevant reduction of photon flux.
- The target material of the X-ray tube was Molybdenum and a tube voltage of 35 kVp has been applied in all tomography scans. The tube current has been set to 70 mA resulting in a total tube power of 2.45 kW. Altogether, without an object in the beam, an average count of 630 photons per second has been collected in each pixel of the detector. The actual size of the focal spot is 3×0.3 mm², the effective source size is only 0.3×0.3 mm² due to an inclination of the anode surface with respect to the optical axis of the beam.

The whole interferometer has been installed 60 cm away from the source, each sample was placed 70 mm in front of the phase grating and the detector 40 mm behind the analyzer grating, which gives a sample magnification of 1.72 and an effective pixel size of 0.1×0.1 mm².

Liver samples

All samples were acquired through the Institute of Pathology, Technische Universität München. They were initially resected for clinical reasons independently of this study. The patients provided their written consent to the use of tissue samples for educational and scientific purposes in general. The use of these specimens and the way how written consent was obtained has been fully approved by the ethics committee at the Faculty of Medicine of the Technische Universität München.

After excision a selected representative tissue sample was excised and put in a 50 ml plastic container in a 4% neutral-buffered formaldehyde solution. The following five different liver specimens with lesions have been chosen: 1.) a metastasis of a low-grade adenocarcinoma in a steatotic liver, 2.) a cholangiocellular carcinoma in a liver with macrosteatosis and pilosis, 3.) a hepatocellular carcinoma in a cirrhotic liver, 4.) a subcapsular hematoma and 5.) a metastasis of a mucinous adenocarcinoma of the colon. Histological sections of the specimens were prepared with a standard hematoxylin and eosion (H&E) staining. The slice thickness was 5 micrometers. Histology and PCCT slices were manually correlated using prominent features for the correct orientation.

Image acquisition

The liver samples were put into cylindrical plastic containers of 30 mm diameter that were scanned in air. 1200 projections over 360° were recorded per tomography scan. Every 20 projections 5 reference projections without the sample were recorded for background correction. Each projection was obtained by the phase stepping method [19] using eleven images with 5 seconds exposure time acquired over one period of the source grating. The total scan time was approximately 25 h.

Image reconstruction and post processing

The beam divergence is approximately 1.1° and allows to perform a standard parallel beam filtered back-projection using a Ram-Lak filter to reconstruct the absorption-contrast data and a Hilbert filter to reconstruct the phase-contrast data [21]. The reconstructed slice thickness of 100 μm is given by the effective pixel size of the detector, and the vertical number of detector pixels limits the number of slices to 195. Joined bilateral filtering as described in [28] was used as post processing in order to reduce the noise level. This method exploits the fact that the absorption and phase-contrast images are perfectly registered with respect to
Figure 1. Schematic and a photograph of the grating-based imaging setup. A) Schematic top view of the grating-based imaging setup. The X-ray tube is a rotating anode with a Molybdenum target working with max. 60 kVp and 80 mA. The grating-interferometer consists of a source grating (to increase the coherence), a phase grating, an analyzer grating and a detector. The specimen is rotated in this setup. B) Photograph of the grating-based PCCT setup using conventional X-ray sources consisting of three gratings arranged in a symmetrical setup: (a) source grating marked yellow, (b) phase grating marked purple and (c) analyzer grating marked red, (d) the specimen mounted to a hanging rotation stage and (e) the detector. A red arrow marks the X-ray beam path.

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Figure 2. Comparison of unfiltered and filtered tomographic slices of a metastasis of a low-grade adenocarcinoma in a steatotic liver. Axial slices of the conventional absorption-based (A, D) and the phase-contrast (B, E) tomography windowed using the same window level and window width. The histograms of both unfiltered (C) and filtered (F) tomographic datasets demonstrate the filtering result and the red dashed markers show the window level. The areas I (red, surrounding formalin) and II (blue, high-contrast tumor in (B) mark the regions of 30×30 pixels, which were averaged for CNR calculation.

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each other by performing edge-preserving filtering where edges are detected simultaneously in both images. This method overcomes at least partially the problem of standard edge-preserving filtering where edges with a contrast-to-noise-ratio (CNR) less than 1 are typically not detected as edges and are thus smoothed. Due to the simultaneous detection of edges in both images, edge detection becomes more reliable and thus, a mutual benefit is created. For the liver samples here, the noise levels, which are free parameters in the joined bilateral filter, were estimated as the local standard deviation of reconstructed image values in homogeneous regions. The filter was applied using a 13³ neighborhood. The contrast-to-noise ratios (CNR) of two different regions (30x30 pixels each) of one sample relative to the surrounding formalin were calculated in absorption and phase-contrast tomogram before and after the denoising. The regions used for the CNR calculation are marked in Figure 2B. The following equation was used to determine the CNRs:

\[
CNR = \frac{|S_a - S_b|}{\sigma_S}.
\]

where \(S_a\) and \(S_b\) represent the averaged measured signals in the region \(a\) and \(b\), respectively, and \(\sigma_S\) is the error of the averaged signal. Here we set \(\sigma_S = \sigma_a\), which is the standard deviation of the averaged signal \(S_a\) outside the specimen, to avoid higher noise values when averaging over inhomogeneous tissue. Please note that this implies the assumption that the noise is equally distributed over the whole image and the standard deviation \(\sigma_a\) of the homogenous region outside the specimen represents the noise level in the image.

**Results**

Figure 2 compares the unfiltered and the filtered tomographic slices of a metastasis of a low-grade adenocarcinoma in a steatotic

| absorption | absorption | phase-contrast | phase-contrast |
|------------|------------|----------------|----------------|
| unfiltered | 0.39       | 1.24           | 5.34           |
| filtered   | 1.24       | 8.63           |                |

For the calculation of the CNRs the areas I (red, surrounding formalin) and II (blue, high-contrast tumor) marked in Figure 2B were used, which correspond to 30x30 pixels.

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Figure 3. Filtered tomographic slices of a metastasis of a low-grade adenocarcinoma in a steatotic liver filtered with the 3D bilateral filter. Conventional absorption-based (A, D) and phase-contrast (B, E) CT images of the liver specimen in two different planes. H&E stain (C) corresponds to image A and B, respectively. (F) shows the histogram of the filtered absorption image (top) and the filtered phase-contrast image (bottom) with red dashed lines marking the window level in the shown slices.

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liver. For this comparison the same window level and window width was used for the slices of both contrasts, which is indicated by red dashed lines in the histograms of the unfiltered (C) and of the filtered slices (F). The unfiltered absorption images (A) show a very low soft-tissue contrast and a high noise level. The areas with steatotic liver tissue show low density compared to the surrounding formalin, while the infiltrating tumor tissue in the center has a higher density. In the phase-contrast images (B, E) the steatotic liver tissue has also a low signal, but the tumor tissue shows intermediate to high signal with more details compared to the absorption images. Both signals profit from the post-processing with the bilateral filter, but especially the absorption-contrast image contains many structural details inside the tumor after the filtering. For the remaining samples only the filtered images will be shown. To quantify the image-quality improvement the CNR of one region inside the tumor compared to the formalin was calculated for both signals. Note, that the two tomograms are intrinsically registered, thus, the marked regions-of-interest (ROIs) I (red, surrounding formalin) and II (blue, high-contrast tumor tissue) in Figure 2B correspond to 30×30 pixels and are exactly the same for the slices shown in Figures 2A, 2D, and 2E. These ROIs were averaged to determine the CNRs as described in the methods and materials section, where the signal $S_A$ was chosen from the ROI I and the signal $S_B$ from the ROI II. The resulting CNRs are given in Table 1.

In Figure 3 only the filtered tomographic slices of the same metastasis as shown in Figure 2 are depicted. The conventional absorption based (3A, 3D) and phase-contrast (3B, 3E) CT images of the liver specimen are shown in two different planes axial and frontal. The H&E stained histopathology image (3C) shows a corresponding region of the specimen like in 3A and 3B, respectively. The histograms (3F) of both filtered signals are presented to indicate the different windowing of the images, which is set to a visual optimum for each signal. The absorption images (3A, 3D) profit mostly from the post-processing in the higher-density area of the infiltrating tumor tissue in the center, while the areas with steatotic liver tissue with low density lead to an CNR improvement of this region in the phase-contrast image.

Figure 4 shows filtered tomographic slices of a cholangiocellular carcinoma in a liver with macrosteatosis and pilosis. (4A, 4D) present the conventional absorption-based and (4B, 4E) the phase-contrast CT slices of the liver specimen in two different planes. In (4C) the H&E stained slice corresponding to the regions of images 4A and 4B is shown. Even after the bilateral filtering the soft-tissue contrast in absorption images (4A and 4D) is low in comparison with the phase-contrast images (4B, 4E), which show low signal for the tumor tissue in the center of the slice with high signal in necrotic/hemorrhagic areas compared to the normal liver tissue in the upper left and lower right parts (4B) with intermediate signal. Here, the windowing is chosen to a visual optimum of each signal and is indicated in the histograms (4F).

The filtered tomographic slices of a hepatocellular carcinoma in a cirrhotic liver are shown in Figure 5. The patient had received a transcatheter arterial chemoembolisation (TACE) prior to excision. In the absorption images (5A, 5D) the HCC nodules (marked with red arrows in 5A) in the right center are visible due to the high density of the retained Lipiodol. Lipiodol is a composition of iodine with poppyseed oil, nowadays mainly used for chemoembolization procedures where a chemotherapeutic agent is mixed with the oily liquid. Chemoembolization interrupts the tumors.
blood supply and allows high local concentrations of the drug for a longer period of time. In the phase-contrast images (5B, 5D) the fibrous septa are visible as high signal bands whereas the liver tissue and the HCC nodules show intermediate signal. Some areas with increased Lipiodol retention show low signal. Again the windowing is set to the visual optimum of each signal, which is marked in the histograms (5F).

Figure 6 presents the tomographic slices of a subcapsular hematoma after bilateral filtering. The contrast between the liver tissue in the upper right part of the images and the subcapsular hematoma in the lower left part is considerably lower in the absorption images (6A and 6D) compared to the phase-contrast images (6B and 6E), where the hematoma shows a high signal. Again the windowing is set to the visual optimum of each signal, which is marked in the histograms (6F).

The last specimen was a metastasis of a mucinous adenocarcinoma of the colon. The corresponding filtered tomographic slices are shown in Figure 7. The phase-contrast images (7B, 7E) show a significantly higher soft-tissue contrast with low signal in the mucinous areas, intermediate signal in the liver tissue and higher signal for the tumor tissue and necrotic/hemorrhagic areas. In the absorption images (7A, 7C) only the mucinous parts of the metastasis are clearly visible as areas with low density. The other structures in the absorption images are barely visible since the contrast after filtering is in the same order of magnitude as the remaining low-frequency artifacts. Nevertheless, sharp edges are visible, which have been reliably detected in the phase-contrast image.

Discussion

Our results clearly demonstrate that the tumor boundary and the soft-tissue in general can be visualized with a lab-based imaging setup. The effective pixel sizes of 100 μm are one magnitude larger than the previously reported experimental results on human liver tissue [29] and on other tissue types gained at brilliant synchrotron sources [25,30]. This is not yet in the range of clinically relevant spatial resolution (i.e. 500 μm instead of 100 μm in our study) required to meet the stringent dose requirements for in-vivo applications [31], but it is the first experimental demonstration of the still present information gain when using PCCT in combination with polychromatic radiation and low spatial resolution for ex vivo human liver samples.

By the use of joined bilateral filtering, the CNR in both images was improved substantially. In the present study, most of the originally reconstructed phase-contrast images showed a much better CNR than the absorption-contrast images. Therefore, there was less mutual benefit but more a unidirectional one, viz. the absorption-contrast image gained much more than the phase-contrast image: Edges, which were completely invisible in the original FBP images were made visible thanks to their visibility in the phase-contrast image. However, we also found some high-contrast regions in the absorption-contrast image having a better CNR and in this region, the differential phase-contrast image profited from the joined processing. With regard to the different visible structures inside the liver specimens, especially the
combination of both information has the potential to improve the
diagnostics without any use of contrast agents in future.

The low-frequency noise (rings), which can be observed in the
attenuation images, is a combination of a beam-hardening effect
and remaining fringes in the background, which are not removed
by the normalization with a flat-field image. We did not apply any
corrections for these effects to our data.

Our system has some limitations, which need to be discussed in
more detail. One of the limitations of our study concerns the
formalin fixation of the specimens. Especially this fact might
change the contrast for different tissue types compared to in-vivo
imaging of the tissue surrounded by circulating blood. Further
studies are required to investigate the influence of formalin fixation
on the contrast compared to fresh tissue in both, absorption and
phase-contrast data.

The second important limitation is related to the fact that our
laboratory setup is still in an experimental state. This means that it
was not optimized for fast measurements, which makes it
comparable to MRI with a microscopy coil in terms of scanning
times, but allowing better spatial resolution. Optimization of other
parameters, which are important for the phase-contrast imaging
(as for example filtering of the spectrum or setup geometry) are
subject of ongoing studies, and are non-trivial in combination with
a polychromatic source of a limited flux. These parameters
strongly influence the quality of the interferometer and its
sensitivity, but at the same time can reduce the number of
photons, which downgrades the image quality. Thus, our
measurements do also not meet any dose requirements for in-
vivo applications.

The applied dose can be roughly estimated from the number of
the photons recorded by the detector. Approximately 600 photons
were collected per image, per second and detector pixel. Taking
into account the absorption of photons by the analyzer grating
(50%), the quantum efficiency of the Pilatus detector (8% @
35 keV and 25% @ 22 keV) and the effective source spectrum, we
can estimate that the total applied dose to the sample was in the
order of several Gy for a full tomography scan. Due to a non-
optimized setup only a small fraction of the total applied dose
really contributed to the signal formation and detection. Never-
theless, the comparison of the presented images of both signals
-absorption and phase-contrast - is fair, since both were obtained
simultaneously and at exact the same dose.

Various optimization steps applied to our system can bring the
applied dose per scan into the range of conventional micro CT
systems (e.g. small-animal micro CT systems), which have
comparably high spatial resolution and apply several hundreds
of mGy for a full tomography scan.

Optimization can be done from the detector side improving the
detection efficiency of X-rays in the used energy range. The
relatively low detector efficiency of our experimental system results
in low photon statistic, which especially becomes apparent in the
absorption images, where the image quality is worse than expected
from measurements with an applied dose of several Gy. Modern
detectors used in clinical systems can reach a quantum efficiency of
up to 60% [32], which brings us already into the ball park of
several hundreds mGy used in small animal scanning systems. A
doubling of the visibility allows a dose reduction to a quarter at
constant image quality [33]. Thus, raising visibility from currently

Figure 6. Filtered tomographic slices of a subcapsular hematoma. Conventional absorption- based (A, D) and phase-contrast (B, E) CT images
of the liver specimen in two different planes. H&E stain (C) corresponds to image A and B, respectively, and the histogram (F) of the absorption (top)
and the phase-contrast image (bottom) show the window level as red dashed lines. In the absorption images (A, D) the contrast between the liver
tissue in the upper right part of the image (A, D) and the subcapsular hematoma in the lower left part is considerably lower compared to the phase-
contrast image (B, E) where the hematoma shows a high signal.
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10% to 30% by optimization of gratings and setup geometry would reduce dose to 1/9 of the current value.

Advanced acquisition protocols can also reduce the acquisition time and the applied dose, which has been successfully demonstrated for grating-based imaging either theoretically or experimentally at synchrotron sources (low-dose grating-based phase-contrast imaging [34] and advanced stepping methods [35]). We also anticipate further possibilities to maintain the current CNRs at reduced dose and thus at reduced scan time by using iterative reconstruction techniques. In our experimental study the acquisition parameters like number of projections, number of phase steps, and acquisition time were arbitrarily chosen. Optimizing these parameters can significantly reduce the dose, e.g. utilizing a single-shot technique will allow a reduction of dose and acquisition time by a factor of 11 (as we have used 11 steps in the phase-stepping scan in our study) [36]. Furthermore, recently published results demonstrate that novel reconstruction methods can reduce dose and scanning time in phase-contrast CT of breast tissue by up to 74% [37].

The field-of-view of the grating-based imaging method is currently limited by the size of the available grating structures. Different efforts were made to overcome this limitation, by e.g. bending the wafer of large-area grating structures to account for the cone beam used for large field-of-views [38]. Recently, we could demonstrate that the grating-based method is able to work at high X-ray energies (up to 82 keV [39]), which brings it already in the range of clinically relevant X-ray energies. Further investigations are required to demonstrate the ability of the imaging method to image large objects in the range of the human body (20–40 cm diameter), which might lead to a degradation of image quality due to the non-negligible amount of scattering by large objects.

In conclusion, with our work we demonstrate the feasibility to assess the potential of phase-contrast imaging for different kind of liver diseases on ex vivo samples using laboratory-based X-ray generators. Our method provides a three-dimensional map of the attenuation coefficients and the electron density distribution of the specimen at the same time and the joined filtering combines the information to improve the image quality.

Author Contributions
Conceived and designed the experiments: JH MSW AAF PBN TK EJR FP. Performed the experiments: JH MSW AAF PBN. Analyzed the data: JH MSW AAF PBN TK. Contributed reagents/materials/analysis tools: MSW AAF PBN ED. Wrote the paper: JH.

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