Phase-dependent exciton transport and energy harvesting from thermal environments

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Non-Markovian effects in the evolution of open quantum systems have recently attracted widespread interest, particularly in the context of assessing the efficiency of energy and charge transfer in nanoscale biomolecular networks and quantum technologies. With the aid of many-body simulation methods, we uncover and analyze an ultrafast environmental process that causes energy relaxation in the reduced system to depend explicitly on the phase relation of the initial state preparation. Remarkably, for particular phases and system parameters, the net energy flow is uphill, transiently violating the principle of detailed balance, and implying that energy is spontaneously taken up from the environment. A theoretical analysis reveals that non-secular contributions, significant only within the environmental correlation time, underlie this effect. This suggests that environmental energy harvesting will be observable across a wide range of coupled quantum systems.

In recent years, new trends have emerged in the field of open quantum system dynamics, particularly in the general area of ultrafast, non-Markovian dynamics [1] for which the primary steps of natural photosynthesis provide a fascinating testing ground. In this area the observation of surprisingly long-lasting coherence in a broad range of photosynthetic pigment-protein complexes (PPCs) [2-7] as well as other coherence effects [8,9] has generated tremendous interest in understanding whether quantum effects may underpin the near-unit efficiency of the processes of exciton transport and charge separation (see [10] for a recent review). Early studies of PPCs, such as the Fenna-Matthews-Olson (FMO) complex [11-17], have already established that a dynamical interplay of coherent and dissipative dynamics optimizes targeted exciton transfer. Subsequent work has developed further the theme that dissipative quantum dynamics may promote the efficiency of tasks in photosynthetic and other organic light-harvesting materials, with a particular focus on the complex, structured environments often found in supramolecular systems [18-26]. Motivated by the pressing need to simulate accurately system-environment dynamics beyond the Markovian regime, a range of advanced open-system techniques have been developed [18-21,27-29]. Of these, the TEDOPA (Time Evolving Density with Orthogonal Polynomial Algorithm) method has emerged as one of the most powerful for the characterization of transient dynamics [18,28] with rigorous error bounds [30]. Due to its unique ability to track the many-body entangled state of both the system and its macroscopic environment, TEDOPA has shed new light into the mechanics of non-equilibrium open dynamics in a range of molecular PPCs, solid state and abstract dissipative systems [18,51,52].

Here we study a biologically motivated model system, namely, a molecular dimer dominating the lowest energy exciton in the FMO aggregate, and use finite-temperature TEDOPA to explore the dynamics within the correlation (memory) time $\tau_c$ of the environment, a regime in which simple master equation approaches tend to fail [33,34]. Most strikingly, we find that the rate and even direction of energy transfer becomes dependent on the phase of the initial superposition of exciton states, allowing certain preparations to extract energy during the non-equilibrium evolution of the environment. With the aid of a time local master equation (ME), we pinpoint the physical origin of this effect to non-secular contributions of the non-Markovian dynamics of the excitonic system due to the quantum interference of dephasing (transversal) and relaxation (longitudinal) fluctuations. In many situations, these effects will average out over very short time scales. However, the dipolar coupling between the highly absorbing pigments in a densely packed PCC realises an excitonic landscape whose energy splittings are typically such that the secular time of the excitonic system can become comparable to the environmental correlation time. As a result non-secular terms are no longer negligible. Our analysis not only allows us to rationalise the trends seen in the TEDOPA data across the parameter space but in addition demonstrates how the energy harvesting process can occur in a much broader range of open quantum systems. Non-secular contributions have been recently shown to increase the degree of non-Markovianity [35] and have been studied in the context of single driven systems, where an enhanced secular time emerges as a result of dressing by the external field [56]. Finally, we suggest how this effect could be observed in biomolecular or artificial devices.

The model - Let us begin by describing a model dimer system as composed by two pseudo-spin-1/2 particles (pigment sites $a$ and $b$ with transition frequency $\omega_{a,b}$ (see Fig. 1)) coupled via an exchange interaction of strength $J$. The system Hamiltonian reads $\mathcal{H}_s = \omega_a \sigma_z^a + \omega_b \sigma_z^b + J(\sigma_x^a \sigma_x^b + \sigma_y^a \sigma_y^b)$, where $\sigma_j$ ($j = x,y,z$) are the standard Pauli matrices. Each site is subject to the action of a dephasing (transversal) environment that produces phase randomization but leaves site populations unaffected. We model this local interaction by coupling the system to a continuum of harmonic oscillators $\mathcal{H}_b = \sum_k \int_0^{\infty} dk \hbar \omega(k)b_k^\dagger(k)b_k(k)$, where the independent bosonic operators obey $[b_k^\dagger, b_l]$ = $\delta_{kl} \delta_{i,j}$ via the Hamiltonian $\mathcal{H}_c = \frac{1}{2} \sum_k (\sigma_x^a + 1) / 2 \int_0^{\infty} dk \hbar \omega(k)b_k(k) + b_k^\dagger(k)$. Without loss of generality we will assume the same dispersion relation $\hbar(k)$ and coupling strength $g(k)$ for each site.

The coherent electronic coupling $J$ leads to the formation of the environment...
of delocalised eigenstates (excitons). We restrict the excitonic manifold to the diagonalization of the single-excitation sector of $\mathcal{H}_e$, spanned by $|e_a g_b\rangle = |e_a\rangle \otimes |g_b\rangle$, $|g_a e_b\rangle = |g_a\rangle \otimes |e_b\rangle$, on the basis of biomolecules usually being subject to weak external illumination and/or by doubly excited states typically being strongly suppressed \[37\]. The exciton energies are then $E_{1,2} = \pm \sqrt{\frac{\omega_0}{2}}$ with $\omega_0 = \sqrt{4 J^2 + \Delta^2}$, corresponding to excitonic eigenvectors

$$
\left( \begin{array}{c} |1\rangle \\ |2\rangle \end{array} \right) = \left( \begin{array}{c} \cos \frac{\theta}{2} \\ -\sin \frac{\theta}{2} \end{array} \right) \left( \begin{array}{c} |e_a g_b\rangle \\ |g_a e_b\rangle \end{array} \right),
$$

(1)

where $\Delta = \omega_a - \omega_b$ ($\omega_a > \omega_b$), and $\theta$ denotes the mixing angle, defined through the relation $\tan \theta = 2J/\Delta$ with $0 \leq \theta \leq \pi/2$.

![Figure 1. Schematic representation of a dimeric model system subject to local dephasing $\gamma_d$. Coherent inter-site electronic coupling $J$ yields the formation of excitonic eigenstates (states $|1\rangle$ and $|2\rangle$). For $J = 52 \text{ cm}^{-1}$ and optical frequencies $\omega_a$ and $\omega_b$, the excitonic splitting $\omega_0$ falls in the far infrared. Exciton dynamics is dictated by transverse (dephasing) and longitudinal (relaxation, marked with a red double arrow), environmental processes, whose relative strength is governed by the exciton delocalization over sites. In the ultrafast regime, these two types of fluctuation may interact, which leads to long lasting non-secular effects.](image)

Using TEDOPA we study the (exact) time evolution of an excitonic superposition state of the form $|\psi\rangle = \frac{1}{\sqrt{2}} (|e\rangle \otimes |1\rangle + |2\rangle)$, with a controllable phase $\xi$. For concreteness, we choose a parameter regime as defined by the model system provided by sites 3 and 4 in the seven-site FMO Hamiltonian of *C. Tepidum* as taken from \[16,38\], yielding a mixing angle $\theta \approx \pi/4$. The local environment is characterised by the smooth part of the experimentally fitted super-ohmic spectral function of Adolphs and Renger (AR) \[16\] for the FMO complex. The reorganisation energy is $35 \text{ cm}^{-1}$ and the background modes are assumed to be initially in thermal equilibrium at temperature $T$. Typical values for the spectral width yield $\tau_\omega \sim 600 \text{ fs}$ while the system’s secular time is $\omega_0^{-1} \sim 200 \text{ fs}$. The time scale over which non-secular effects manifest can therefore be greatly enlarged as compared to isolated pigments.

![Figure 2. (Exact) Time evolution of excitonic populations as calculated by TEDOPA for a dimer system with $\omega_a - \omega_b = 135 \text{ cm}^{-1}$ and $J = 52 \text{ cm}^{-1}$ for representative $\xi = 0, \pi/2, \pi, 3\pi/2$ phases at $T = 277 \text{ K}$ in (A) and for temperatures $0 - 300\text{K}$ following the initial state preparation with $\xi = \pi$ in (B). In both cases the system is subject to the super-ohmic dephasing background characterized by the AR spectral density.](image)
under a dynamical semigroup (commonly referred as a Lindblad ME), applied to a non-degenerated system, decouples the evolution of coherences and populations in the eigenbasis of the Hamiltonian \[ H \]. Therefore it will not capture any initial phase effect on the exciton population dynamics. Moreover, in a Lindblad ME (or a secular Redfield ME) for a two level system, the excitonic populations obey a Pauli ME \[ \Gamma \], implying monotonicity in the evolution at all times, thence forbidding a population inversion as observed in Figs. 2(a) and (b). Both statements imply that to gain physical insight about the population inversion witnessed by TEDOPA we need to consider a more general microscopic approach. Here, we work in the Born approximation through the Redfield equation \[ \text{Eq. (41, 42)} \] to analyse bath-mediated couplings between populations and coherences. In the exciton basis, we obtain a time-local ME leading to a coupled set of differential equations for the evolution of excitonic populations and coherences of the form

\[
\dot{\rho}_{11} = -\Gamma_{rel} (t) \sin^2 \theta \rho_{11} + \Gamma_{ex} (t) \sin^2 \theta \rho_{22} - \frac{1}{2} \sin(2\theta) \left[ \Gamma_{ns} (t) \left( \rho_{12} + \rho_{21} \right) - i \Delta_{ns} (t) \left( \rho_{12} - \rho_{21} \right) \right]
\]

\[
\dot{\rho}_{12} = -i \left( E_1 - E_2 \right) \rho_{12} - 2 \Gamma_d (t) \cos^2 \theta \rho_{12} + 2 \Gamma_{nr} (t) \sin^2 \theta \rho_{21} - \frac{1}{2} \sin^2 \theta \left( \Gamma_{rel} (t) \rho_{12} + \Gamma_{ex} (t) \rho_{12} \right) - \frac{1}{2} \sin(2\theta) \left[ \Gamma_{ns} (t) \left( \rho_{11} - \rho_{22} \right) + i \Delta_{ns} (t) \left( \rho_{11} - \rho_{22} \right) \right]
\]

with \( \rho_{22} = -\rho_{11}, \rho_{21} = \rho_{12}^* \) and \( \theta \) as in eq. (1). Details of the derivation as well as explicit expressions for the coefficients are given in the appendix. (Small) Lamb-shifts have been omitted. This system of equations contains the standard terms found in its secular approximation, namely, population relaxation, \( \Gamma_{rel} \), and thermal excitation, \( \Gamma_{ex} \), which are related by a detailed balance condition, \( \Gamma_{ex} (t) = e^{-\Delta \Theta} \Gamma_{rel} (t) \), and a pure dephasing term with rate \( \left( \Gamma_d \right) \). We have retained the time-dependence of all rates, as we are interested in the early time dynamics. In addition to these contributions, the full Redfield ME contains additional terms that couple coherences to populations, and coherences to their complex conjugates. We denote these as non-secular (\( \Gamma_{ns} \)) and counter-rotating (\( \Gamma_{nr} \)) (or rapidly varying (\[ \text{Eq. (42)} \]) components, respectively. By counter-rotating we understand those \( \Gamma \)’s having a time-dependence which oscillates at twice the frequency \( \omega_0 \) of the excitonic system (these terms would average to zero in a coarse-grained or rotating-wave approximation) \[ \text{Eq. (33)} \]. Non-secular terms have a time-dependence the contains both rotating (slow) and counter-rotating (fast) components.

For the initial state \( |\psi\rangle = \frac{1}{\sqrt{2}} \left( e^{i\xi} |1\rangle + |2\rangle \right) \), the requirement \( \rho_{11} (0) > 0 \) and a Taylor expansion of the decay rates around \( t = 0; \Gamma (t) = \Gamma (0) + O (0) t^2 \) leads to the condition

\[
- \sqrt{2} \sin(2\theta) \sin(\xi + \pi/4) > \sin^2 \theta \frac{\Gamma_{rel} (0)}{\Gamma_{ns} (0)} \left( 1 - e^{-\Delta \Theta} \right)
\]

for population inversion to occur. In the absence of non-secular terms, \( \rho_{11} (0) < 0 \) and population inversion cannot occur. The positivity of the right hand side of eq. (3) imposes an initial phase \( \xi \in [3\pi/4, 7\pi/4] \) for population inversion to occur, thereby explaining the results of the TEDOPA simulations. Defining the rate of change of energy in the excitonic subsystem as \( \Delta E (t) = \omega_0 \rho_{11} (t) \), we observe that the population inversion requires an initial positive \( \Delta E (0) \); consequently there is a net increase of the energy in the system that is being provided by the non-equilibrium environment. Due to the detailed balance condition on the RHS of Eq. (3), the increase of the maximum population inversion with temperature, seen in Fig. 2(b), is neatly rationalised by the ME analysis. Finally, we see from Eq. (3) that the counter-rotating terms do not play a role in generating the population inversion, and we will not discuss these terms any further.

The quantitative agreement of the analysis above with the main trends seen in the TEDOPA results suggests that a microscopic understanding can be gained by analyzing the structure of the non-secular terms in Eq. (2). In the excitonic basis, all dynamics arise from the environment interactions, described through \( H_{\text{eff}} = (g \cos \Theta \sigma_x - g \sin \Theta \sigma_y) \otimes (b_k + b_k^\dagger) \), where \( b_k \) denote environmental operators.

The excitonic coupling to the environment therefore includes a longitudinal (relaxation) component in addition to the transversal (dephasing) noise that lead to interference effects and the dynamical coupling of populations and coherences. Non-secular terms in the time evolution can no longer be neglected, as the resulting quantum interference will be crucial to understand the dynamics in the ultrafast time scale.

Heuristically, the physical origin of the phase-dependence of excitonic transport can be understood by considering the transition amplitudes between the initial state \( |\psi\rangle = \frac{1}{\sqrt{2}} \left( e^{i\xi} |1\rangle + |2\rangle \right) \) and the eigenstates \( |1\rangle, |2\rangle \). A direct calculation yields \( \langle 1| H_{\text{eff}} |\psi\rangle = \frac{1}{\sqrt{2}} \left[ \sin(\theta) - e^{i\xi} \cos(\theta) \right] X_{f0l} \) and \( \langle 2| H_{\text{eff}} |\psi\rangle = \frac{1}{\sqrt{2}} \left[ \sin(\theta) + e^{i\xi} \cos(\theta) \right] X_{f0l} \), where the environment matrix element is between initial and final bath configurations. These amplitudes can be understood simply as arising from two interfering pathways: the amplitude for a flip \( |1\rangle \leftrightarrow |2\rangle \) being proportional to \( \sin(\theta) \) and the amplitude for the populations to remain unchanged, \( |1\rangle \rightarrow |1\rangle \), which is proportional to \( \cos(\theta) e^{i\xi} \). The key observation is that \( \xi \) controls whether the interference is constructive or destructive for a given transition (conservation of probability ensures that the other transition is suppressed or enhanced, accordingly). Moreover, by virtue of the \( \sin(2\theta) \) proportionality of the non-secular terms the mixing angle \( \theta = \pi/4 \) maximises the population inversion, corresponding to a maximum interference between the longitudinal and transversal components of the environment while completely delocalised (\( \theta = \pi/2 \)) or localised (\( \theta = 0 \)) states lead to no inversion in the population evolution. The interference between population preserving and inverting pathways is described in the ME approach by the non-secular terms. Those terms are characterised for not conserving the energy in the system. The physical framework is thus that of an electronic transition in the system being compensated for by the creation/anihilation of a virtual phonon in the environment. This is a process that drives the environment
out of equilibrium, and consequently must vanish in the longer time-scales, thereby setting the transient nature of the population inversion and ensuring always the relaxation towards a thermal state.

Our ME analysis demonstrates that the phase-dependent transport uncovered by the TEDOPA numerics is not a peculiarity of a specific set of parameters but a rather general feature of composite open quantum systems, with the magnitude of the population inversion being sensitive to the environment spectral function and the mixing angle as determined by the coherent coupling between sites. Indeed, we can reproduce the qualitative features of the effect observed by TEDOPA employing the Redfield ME. These results, presented in the S.I. also show that any violation of positivity (a known problem of equations beyond the Born-Markov approximation \[33, 43\]) of the reduced density matrix is several orders of magnitude smaller in magnitude than the observed population inversion and this together with the fact that TEDOPA generates, by construction, a manifestly positive and numerically exact many-body density matrix, indicate that this effect is real and observable in principle.

Returning to the example of PPCs, most realistic spectral functions contain, in addition to the smooth background, a number of sharp features, usually associated with under-damped intramolecular vibrational modes \[18, 22, 38, 44, 45\]. We tackle this more complicated problem with TEDOPA, and examine the influence of two such modes (one of them resonant with the excitonic gap) in the phase-dependent population inversion. Fig. 3 shows that the maximum inversion is significantly enhanced (up to 20 % for \(T = 277\) K and \(\xi = \pi\) as compared to Fig. 2a) by the presence of discrete modes. The situation is easily understood via an exact quantum mechanical analysis of the system and the environment in the limit \(t \rightarrow 0\). With factorised initial conditions, the second derivative of the high-energy exciton population at time zero is given by:

\[
\dot{\rho}_{11}(0) = -\sin(2\theta)\Re \left\{ \rho_{c_1c_2}(0) \right\} \int_0^\infty S_0(\omega)(2n(\omega) + 1) d\omega + \sum_i g_i^2(2n(\omega_i) + 1),
\]

(4)

where \(n(\omega)\) is the Planck distribution, \(S_0(k)\) is the continuum part of the spectral function \(S(\omega)\) and \(i\) represent an arbitrary finite number of intramolecular modes that couple to the system with amplitude \(g_i\). As it can also be shown that \(\dot{\rho}_{11}(0) = 0\) (see SI), Eq. 4 shows that discrete modes will always increase the initial rate of energy flow, explaining the enhancement of the population inversion seen in Fig. 3. Interestingly, the analysis shows that the initial enhancement due to discrete modes does not depend on the frequency of the modes, i.e. exact resonance is not required (frequency only appears through the temperature dependence).

**Conclusions** - By combining powerful numerical techniques with theoretical model analysis, we have demonstrated that electronic coherence in a dimeric system can not only quantitatively influence the flow of energy transfer over the correlation time of the environment, it may even revert the direction of the flow and permit transient energy harvesting from the surroundings. By virtue of the Redfield equation analysis, we were able to predict the electronic and environmental properties that maximise this effect, and also showed that - in principle - such effects could be found in a wide range of natural dimeric systems. As just one possible example, the experimental preparation of different excited state coherences might be achievable in molecular systems via polarisation control or quantum control techniques in 2D Fourier Transform spectroscopies. These methods have already been shown to be capable of following dynamics within the typical bath correlation times we have consider here (\(\approx 50 - 100 fs\) \[2, 3, 6, 46, 47\]). Finally, we remark that the fundamental processes we describe strongly motivate the design of thermal energy harvesting in quantum devices. As it is known from classical systems, these transient effects need to rectified in order to be used, which presents a rather interesting theoretical problem in the context of multi-component, non-equilibrium quantum dynamics.

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TEDOPA simulations were carried out for a dimer system with local disorder $\omega_a - \omega_b = 135 \text{ cm}^{-1}$ and coherent coupling $J = 52 \text{ cm}^{-1}$, yielding a mixing angle of $\theta = \pi/4$. These parameter choice is motivated by an actual natural system as they correspond to the two lowest sites energies of the FMO photosynthetic complex and their electrostatic coupling [16]. This model system has been previously considered in the discussion of long lived excitonic coherence [38].

The spectral function used to characterise the system—environment interaction in TEDOPA simulations is given by

$$S(\omega) = \lambda \left[ \frac{1000 \omega^5 e^{-\sqrt{\pi \omega}}}{9!} + 4.3 \omega^5 e^{-\sqrt{\pi \omega}} \right] + \sum_{i=1}^{2} g_i \omega_i^2 \delta(\omega - \omega_i).$$

The parameters for the continuum part are $\lambda = 35 \text{ cm}^{-1}$, $\omega_1 = 0.57 \text{ cm}^{-1}$ and $\omega_2 = 1.9 \text{ cm}^{-1}$ as taken from the experimental fitting provided in [16]. This smooth background differs from the standard Drude-Lorentz function in being super-Ohmic, with the high frequency part of the spectrum responsible for fast thermalization, as required for efficient energy transfer.

The considered discrete modes have frequencies $\omega_1 = 180 \text{ cm}^{-1}$ and $\omega_2 = 37 \text{ cm}^{-1}$ and couplings $g_1 = 0.12$, $g_2 = 0.22$, as reported in [16, 48].

Master equation derivation

Our theoretical model is provided by an excitonically coupled dimer (sites a and b) with Hamiltonian

$$\mathcal{H}_S = \frac{\omega_a}{2} \sigma_a^a + \frac{\omega_b}{2} \sigma_b^b + J \left( \sigma_a^a \sigma_b^b + \sigma_a^b \sigma_b^a \right).$$

(6)

Each site is coupled to a vibrational environment modelled as an infinite bath of harmonic oscillators, whose Hamiltonian is

$$\mathcal{H}_B = \sum_{i} \int_{0}^{\infty} dk g_i(k) b_i^\dagger(k) b_i(k).$$

The interaction Hamiltonian describing the electron-phonon coupling is considered to be of the form

$$\mathcal{H}_I = \sum_i \left( \sigma_i^z I \right) \int_{0}^{\infty} dk h_i(k) \left( b_i(k) + b_i^\dagger(k) \right).$$

(7)

We are interested in the time evolution of the diagonal states of $\mathcal{H}_S$, known as exciton states. Moreover, we will ignore excitonic states that correspond to either no excitation on each site ($|a_g b_h\rangle$), or to both sites excited ($|a_v e_h\rangle$), where the former are irrelevant to our discussion and the later are typically strongly suppressed in the systems of interest [37]. Hence, working on the one excitation sector, spanned by the (localized) states $|a_g b_h\rangle$ and $|a_v e_h\rangle$, the excitonic states can be expressed a coherent superposition of the form

$$\left( \begin{array}{c} 1 \\ 2 \end{array} \right) = \frac{\cos \frac{\theta}{2}}{\sin \frac{\theta}{2}} \left( \begin{array}{c} \cos \frac{\theta}{2} \\ -\sin \frac{\theta}{2} \end{array} \right) \left( \begin{array}{c} a_g b_h \\ a_v e_h \end{array} \right).$$

(8)

with energies $E_{1,2} = \pm \frac{1}{2} \sqrt{4J^2 + \Delta^2} = \pm \frac{\Delta}{2}$, where $\Delta = \omega_a - \omega_b$ ($\omega_a > \omega_b$) and $\tan \theta = 2J/\Delta$ is the so called mixing angle, a measure of the degree of delocalization resulting from the coherent coupling $J$. The excitonic splitting is then given by $\omega_0$. At this point it is convenient to redefine the environmental bosonic operators as $b_{p,m} = \frac{1}{\sqrt{2}} (b_p \pm b_m)$, which when we impose the restriction of one excitation sector, will remove the contribution from the $b_p$ operators, thus leaving just one set of harmonic oscillators. The complete Hamiltonian for the effective global system (excitonic + vibrational degrees of freedom) is then $\mathcal{H}_S + \mathcal{H}_B + \mathcal{H}_I$, where

$$\mathcal{H}_S = \frac{1}{2} \omega_0 \sigma_z,$$

$$\mathcal{H}_B = \int_{0}^{\infty} dk h(k) b^\dagger(k) b(k)$$

$$\mathcal{H}_I = \left( \cos \theta \sigma_z + \sin \theta \sigma_x \right) \int_{0}^{\infty} dk g(k) \left( b(k) + b^\dagger(k) \right).$$

(9)

For simplicity we have assumed that both sites are subject to the same type of environment.

In order to obtain the Master Equation for the evolution of the excitonic system, we move to an interaction picture with respect to the Hamiltonian $\mathcal{H} = \mathcal{H}_S + \mathcal{H}_B$, in which,

$$A^I(t) = \exp (i\mathcal{H}t) A \exp (-i\mathcal{H}t).$$

(10)

From now on we omit the superscript “I” on the interaction picture operators. Assuming a factorized initial state of the form $\rho(t) = \rho_S(t) \otimes \rho_B$ and working in the Born-Markov approximation, the von-Neumann equation for the evolution of the density matrix reads

$$\dot{\rho}(t) = -\int_{0}^{\infty} dt_1 Tr_B \left[ [\mathcal{H}_I(t_1), [\mathcal{H}_I(t_1), \rho_S(t) \otimes \rho_B]] \right]$$

(11)

which is a time local Master Equation, also known as the Redfield equation [23]. The coupling Hamiltonian $\mathcal{H}_I(t)$ in the interaction representation is given by

$$\mathcal{H}_I = \left[ \cos \theta \sigma_z + \sin \theta \left( \cos \omega_0 t \sigma_x - \sin \omega_0 t \sigma_y \right) \right] \otimes \int_{0}^{\infty} dk \left( b(k) e^{-i\omega t} + b(k) \dagger e^{i\omega t} \right),$$

(12)

where we have redefined the bath operators as the product $g b(k)$ and assumed the coupling $g$ to be $k$-independent. The presence of crossed terms involving distinct Pauli operators will lead to non-secular contributions in the resulting excitonic master equation. To perform the derivation, the follow-
with the spectral density $S$ as well as a positivity test of the resulting (non-secular) density is illustrated in Fig. 4, where we show the time evolution of the distribution in frequency space of the environment of harmonic modes coupled to each site of the dimer. In the delocalised exciton basis the coupling system-environment gets redefined as $H = \sum_{i=1,2} E_n |n \rangle \langle n | + \sum_{i,k} \omega_k c_{i,k}^\dagger c_{i,k} + \sum_{n,m} Q_{nm} |n \rangle \langle m |$. Here we have assumed a finite number $k$ of independent bath modes coupled to each site of the dimer. In the delocalised exciton basis the coupling system-environment gets redefined through the new couplings $Q_{nm} = \sum_{i,k} g_{i,k}^C c_{i,k}^\dagger c_{n,m} + c_{i,k}^\dagger$, where the coefficients $C$ can be taken as real, so $Q_{nm} = Q_{mn}$. These coefficients can be re-expressed in terms of the mixing angle of the dimer system to obtain explicit expressions for

$$\sigma_j = \begin{pmatrix} \delta_{jz} & \delta_{jx} - i \delta_{jy} \\ \delta_{jx} + i \delta_{jy} & \delta_{jz} \end{pmatrix}$$

$$[\sigma_i, \sigma_j] = 2i \epsilon_{i,j,k} \sigma_k$$

$$[\sigma_i, \sigma_j] = 2 \delta_{i,j} I$$

$$\sigma_x = \sigma_- + \sigma_+ \quad \sigma_y = i(\sigma_- - \sigma_+)$$

Disregarding Lamb shifts, which are unimportant in our context, the time-local Master Equation for the excitonic dynamics can be written as follows

$$\frac{d}{dt} \rho(t) = -\Gamma_d(t) \cos^2 \theta (\rho(t) - \sigma_- \rho(t) \sigma_+) + \sin^2 \theta (\Gamma_{nr}^- (t) \sigma_+ \rho(t) \sigma_+ + \Gamma_{nr}^+ (t) \sigma_- \rho(t) \sigma_-) + \Gamma_{rel}(t) \sin^2 \theta \left( \sigma_- \rho(t) \sigma_+ - \frac{1}{2} \{\sigma_+ \sigma_- \rho(t)\} \right) + \Gamma_{ex}(t) \sin^2 \theta \left( \sigma_+ \rho(t) \sigma_- - \frac{1}{2} \{\sigma_- \sigma_+ \rho(t)\} \right) - \frac{1}{2} \sin(2\theta) \left( \Gamma_{nr}^- (t) (\sigma_+ \rho(t) \sigma_+ + \sigma_- \rho(t) \sigma_-) - \Gamma_{nr}^+ (t) (\sigma_+ \rho(t) \sigma_+ + \sigma_- \rho(t) \sigma_-) \right),$$

where the expressions for the different rates are given by

\begin{align*}
\Gamma_d(t) &= 2 \int_0^t dt_1 Q(t - t_1), \\
\Gamma_{nr}^+(t) &= 2 \int_0^t dt_1 e^{i \omega_0 (t + t_1)} Q(t - t_1), \\
\Gamma_{nr}^-(t) &= 2 \int_0^t dt_1 e^{-i \omega_0 (t + t_1)} Q(t - t_1), \\
\Gamma_{rel}(t) &= 4 \int_0^t dt_1 \cos (\omega_0 (t - t_1)) Q(t - t_1), \\
\Gamma_{ex}(t) &= 4 \int_0^t dt_1 \cos (\omega_0 (t - t_1)) e^{-i \omega_0 t} Q(t - t_1), \\
\Gamma_{nr}^+(t) &= 2 \int_0^t dt_1 \cos \left( \frac{\omega_0 (t - t_1)}{2} \right) \cos \left( \frac{\omega_0 (t + t_1)}{2} \right) Q(t - t_1), \\
\Gamma_{nr}^-(t) &= 2 \int_0^t dt_1 \sin \left( \frac{\omega_0 (t - t_1)}{2} \right) \sin \left( \frac{\omega_0 (t + t_1)}{2} \right) Q(t - t_1). \end{align*}

The function $Q(t - t_1)$ gathers the effect of the environment as

$$Q(t - t_1) = \int_0^\infty d\omega \, S(\omega) \coth \left( \frac{\beta \omega}{2} \right) \cos (\omega (t - t_1)),$$

with the spectral density $S(\omega)$ describing the weighted distribution in frequency space of the environment of harmonic oscillators.

The dynamics resulting from the considered ME approach is illustrated in Fig. 4, where we show the time evolution of the excitonic populations and the rate of change of energy, as well as a positivity test of the resulting (non-secular) density matrix. In these results we introduced heuristically a decay for the non-rotational and non-secular rates via the time dependent exponential $\exp \left( -\omega_0 t \right)$, while for simplicity leaving the rest of the rates equal and constant.

**Exact derivation with discrete modes**

Let us analyse the effect of the presence of intramolecular vibrational modes by performing an exact quantum mechanical calculation, which is possible at $t = 0$ when assuming a factorized initial condition. Using the excitonic basis for the dimeric system, we can write

$$\mathcal{H} = \sum_{j=1,2} E_n |n \rangle \langle n | + \sum_{i,k} \omega_k c_{i,k}^\dagger c_{i,k} + \sum_{n,m} Q_{nm} |n \rangle \langle m |.$$
Following the analysis performed on the main text, we want to know the influence that a phase of a superposition of excitons has on the direction of the energy flow. The rate of change of energy is $\Delta(t) = \omega_0 \rho_{11}(t)$, so the sign of $\rho_{11}(t)$ at $t = 0$ tells in which direction the energy flows after a sharp excitation. Thus, taking the second derivative of the high energy exciton population evolution equation and inserting the expression above for the rate of change of coherences we obtain

$$
\dot{\rho}_{11}(t) = -i Q_{12}(t) (\rho_{12}(t) - \rho_{21}(t))
$$

$$
\dot{\rho}_{12}(t) = -i (E_{12} + Q_{11}(t) - Q_{22}(t)) \rho_{12}(t) - i Q_{12}(t) (\rho_{22}(t) - \rho_{11}(t)),
$$

Following the analysis performed on the main text, we want to know the influence that a phase of a superposition of excitons has on the direction of the energy flow. The rate of change of energy is $\Delta(t) = \omega_0 \rho_{11}(t)$, so the sign of $\rho_{11}(t)$ at $t = 0$ tells in which direction the energy flows after a sharp excitation. Thus, taking the second derivative of the high energy exciton population evolution equation and inserting the expression above for the rate of change of coherences we obtain

$$
\dot{\rho}_{11}(t) = Q_{12}(t) (E_{12} + Q_{11}(t) - Q_{22}(t)) \Re \{ \rho_{12}(t) \}.
$$

Assuming separability into electronic and thermal environment density matrices, the expectation of the second derivative of the population with respect to the latter is

$$
\dot{\langle \rho_{11}(t) \rangle} = 2 \langle Q_{12}(0) (Q_{11}(0) - Q_{22}(0)) \Re \{ \rho_{12}(0) \} \rangle
$$

where the thermal expectation value of the environment operators is

$$
\langle Q_{12}(0) (Q_{11}(0) - Q_{22}(0)) \rangle = -\frac{1}{2} \sin(2\theta) \sum_k g_k^2 (2n(\omega_k) + 1),
$$

with $n(\omega)$ being the thermal Planck distribution. $\langle Q_{11}(t) \rangle$ vanishes for a thermal state (explaining why the first derivative
Figure 5. TEDOPA numerical results for the time evolution of exciton eigenstate populations on a dimer with $\omega_a - \omega_b = 135 \text{ cm}^{-1}$ and $J = 52 \text{ cm}^{-1}$ in the presence of two vibrational modes of frequencies $180 \text{ cm}^{-1}$ and $37 \text{ cm}^{-1}$ for temperatures 0–300 K following the initial state with $\xi = \pi$ in the AR background.

of the populations vanishes as $t \to 0$). We can now combine those two last equations to obtain

$$\frac{d^2 \rho_{11}}{dt^2} \big|_{t=0} = -\sin(2\theta) \Re \{\rho_{12}(0)\} \sum_k g_k^2(2n(\omega_k) + 1).$$

(24)

Introducing now the definition for the spectral function of the environment as $S(\omega) = \sum_i g_i^2 \delta(\omega - \omega_i)$ allows us to write:

$$\sum_k g_k^2(2n(\omega_k) + 1) = \int_0^\infty S(\omega)(2n(\omega) + 1) d\omega. \tag{25}$$

And if we now choose the spectral density to contain discrete vibrational modes as $S(\omega) = S_0(\omega) + \sum_i g_i^2 \delta(\omega - \omega_i)$, with $S_0(\omega)$ a smooth function representing the background fluctuations and $i$ discrete modes of frequency $\omega_i$ and coupling strength $g_i$, we obtain

$$\sum_k g_k^2(2n(\omega_k) + 1) = \int_0^\infty S(\omega)(2n(\omega) + 1) d\omega = \int_0^\infty S_0(\omega)(2n(\omega) + 1) d\omega + \sum_i g_i^2(2n(\omega_i) + 1). \tag{26}$$

Putting together this result and the equation for the second derivative of the exciton population Eq. (24) we observe that the presence of discrete modes will always enhance the initial rate of energy flow, whichever its direction.

We recover here the result that the phase sensitivity is introduced in the system via a correlation of transversal and longitudinal components of the environment $(\langle Q_{12}(0) Q_{11}(0) - Q_{22}(0) \rangle)$ in Eq. (24) in complete agreement with the ME approach presented above, where it is also obtained that the optimal mixing angle $\theta = \pi/4$ maximises the effect (overlap) of these cross correlations. In addition, the quantum mechanical analysis, although valid only at $t = 0$ (afterwards no longer can there be factorisation), shows that the populations grow quadratically at early times, as obtained with TEDOPA.