Retrospective Cohort Study

Elevated fibrinogen plasma level is not an independent predictor of poor prognosis in a large cohort of Western patients undergoing surgery for colorectal cancer

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AIM
To evaluate the clinical significance of the preoperative fibrinogen plasma level as a prognostic marker after surgery for colorectal cancer.

METHODS
This retrospective study analysed 652 patients undergoing surgery for stage Ⅰ-Ⅳ colorectal cancer between January 2005 and December 2012, at the Division of General Surgery A, University of Verona Hospital Trust, in whom preoperative fibrinogen plasma values were assessed at baseline. Fibrinogen is involved in tumourigenesis as well as tumour

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progression in several malignancies. Correlations between preoperative plasma fibrinogen values and clinicopathological characteristics were investigated. Univariate and multivariate survival analyses were performed to identify factors associated with overall and tumour-related survival.

RESULTS
Among the 652 patients, the fibrinogen value was higher than the threshold of 400 mg/dL in 345 patients (53%). The preoperative mean ± SD of fibrinogen was 426.2 ± 23.2 mg/dL (median: 409 mg/dL; range: 143-1045 mg/dL). Preoperative fibrinogen values correlated with age (P = 0.003), completeness of tumour resection, potentially curative vs palliative (P < 0.001), presence of systemic metastasis (P < 0.001), depth of tumour invasion pT (P < 0.001), nodes involvement pN (P = 0.001) and CEA serum level (P < 0.001). The overall survival and tumour-related survival were significantly higher in patients with fibrinogen values ≤ 400 mg/dL (P < 0.001). However, hyperfibrinogenemia did not retain statistical significance regarding either overall (P = 0.313) or tumour-related survival (P = 0.355) after controlling for other risk factors in a multivariate analysis.

CONCLUSION
Preoperative fibrinogen levels correlate with cancer severity but do not help in predicting patient prognosis after colorectal cancer surgery.

Key words: Colorectal cancer; Fibrinogen; Tumour markers; Prognosis; Colorectal surgery

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Core tip: Fibrinogen is involved in tumourigenesis and in tumour progression in several malignancies. Many studies, particularly from East, have shown a correlation between hyperfibrinogenemia and poor prognosis in patients with colorectal cancer (CRC). This study involves a large cohort of 652 Western patients underwent surgery for CRC. The analysis of our data demonstrates that preoperative fibrinogen plasma levels correlate with leading prognostic factors in patients undergoing surgery for CRC. Although long-term survival and tumour-related survival are worse in patients with hyperfibrinogenemia, these findings are not confirmed in multivariate analysis or after stratification of patients according to completeness of tumour resection and TNM stage.
inclusion criteria and were enrolled in the study.

**Preoperative work-up and histopathological staging**

Before surgery, all elective patients underwent preoperative staging by means of colonoscopy, thoracoabdominal CT scan and tumour markers (CEA, CA 19-9). Abdominal US was performed in selected cases when a CT scan was deemed unnecessary, whilst additional imaging modalities (e.g., MRI, PET-CT, endoluminal US, etc.) were used when indicated (e.g., rectal cancer or liver metastases). The preoperative assessment of urgent cases varied depending on clinical necessities.

All patients underwent preoperative routine laboratory tests, including coagulation profiles with assessment of plasma fibrinogen levels within two weeks of surgery. The resected specimens were examined using routine histopathological analysis. Tumour staging was assessed according to the criteria established by the 7th Edition of the American Joint Committee on Cancer and the Union International Contre Le Cancer. Tumour differentiation; lymphatic, vascular and neural invasion; and inflammatory reactions were generally reported.

**Preoperative assessment of fibrinogen levels**

Blood samples were drawn by an expert phlebotomist in evacuated blood tubes containing 0.109 mol/L buffered sodium citrate (Terumo Europe NV, Leuven, Belgium). The blood tubes were left in an upright position at room temperature to allow complete blood stability and then centrifuged at 1500 × g for 15 min. A second centrifugation was performed to obtain platelet-poor plasma, which was stored in aliquots at -70 °C until measurement. At the time of measurement, the plasma aliquots were thawed in a water bath at 37 °C and then left at room temperature for 1 hour. Fibrinogen was measured on an ACL TOP instrument (Instrumentation Laboratory, Milan, Italy) with the Clauss method and using proprietary reagents (HemosIL® Fibrinogen-C, Instrumentation Laboratory). The reference range of fibrinogen was 200-400 mg/dL.

**Extent of surgery**

The main goal of the surgery was the complete removal of the tumour (R0 resection), although palliative surgery was carried out in select cases to treat tumour-related complications. The extent of surgery was assessed considering the patient's performance status, tumour location and stage. Standard colorectal resection (i.e., right hemicolecction, extended right hemicolecction, left hemicolecction, anterior resection, low anterior resection, or abdominoperineal resection) with ligation of vessels at their origin was usually carried out to obtain the optimal management of nodal disease,

**Follow-up and statistical analysis**

All clinical and pathological data were retrospectively collected and stored in a digital dataset. The analysed variables included demographic, clinical, surgical and pathological characteristics. Survival and follow-up data were obtained by collecting outpatient clinical records or by contacting the patient or the family physician.

In the preliminary analysis, preoperative fibrinogen levels were normally distributed in the patient cohort. Different cut-off levels were considered to study the potential correlation with clinicopathological factors and survival. The upper limit of the reference range (i.e., 400 mg/dL) was used as the predictive threshold.

To evaluate the significance of difference between cases with values above or below 400 mg/dL, a chi-square test or Fisher's exact test were used for categorical data and Student's t-test was used for continuous variables. Survival analysis was computed using the Kaplan-Meier method and compared by the log-rank test, with time of survival measured from the date of surgery to the date of death or most recent follow-up. Multivariate analysis was performed with the Cox regression model by taking into account the following risk factors: age (higher than median vs median or below), gender (male vs female), tumour location (rectum vs colon), type of surgery (urgent vs. elective), presence of residual tumour (R1, R2 vs R0), presence of systemic metastasis (M1a, M1b vs M0), pT category (pT2, pT3, pT4a, pT4b vs pT1), pN category (pN1, pN2 vs pN0), histological type (mucinous vs non-mucinous) and pre-operative fibrinogen plasma levels (fibrinogen value higher than 400 mg/dL vs fibrinogen value lower than this threshold). Statistical analysis was performed using SPSS software version 21.0 (IBM Corporation, Armonk, NY, United States), and the level of statistical significance was set at P < 0.05.

**RESULTS**

**Fibrinogen plasma levels and clinicopathological variables**

The preoperative mean ± SD of fibrinogen was 426.2 ± 23.2 mg/dL (median: 409 mg/dL; range: 143-1045 mg/dL). Among the 652 patients, the fibrinogen value was higher than the threshold of 400 mg/dL in 345 patients (53%).

Mean ± SD preoperative fibrinogen plasma levels for the 652 patients under study according to their clinicopathological variables are reported in Table 1. Fibrinogen value correlated with age (P = 0.003), type of resection (potentially curative vs palliative) (P < 0.001), presence of systemic metastasis (P < 0.001), CEA serum level (P < 0.001) as well as the pT (P < 0.001) and pN categories (P = 0.001).

Considering histological characteristics, patients with a mucinous histological type (n = 113) displayed
higher fibrinogen values compared to non-mucinous histological types (467.1 ± 135.9 vs 417.6 ± 118.7; P < 0.001). The mean ± SD was 395.6 ± 120.4 mg/dL in G1 tumours, 424.1 ± 121.4 mg/dL in G2 tumours and 453.4 ± 131.6 mg/dL in G3 tumours (P = 0.045). Conversely, vascular invasion (P = 0.204), lymphatic invasion (P = 0.940), neural invasion (P = 0.183) and presence of inflammatory reaction (P = 0.067) were not significantly associated with preoperative fibrinogen plasma levels.

**Fibrinogen cut-off value (400 mg/dL) and clinicopathological variables**

Considering the fibrinogen cut-off value of 400 mg/dL, a significant association was found with age (P = 0.001), type of resection (P < 0.001), depth of tumour invasion (P < 0.001), the presence of systemic metastases (P = 0.001), histological type (P = 0.001) and CEA serum level (P < 0.001). Interestingly, fibrinogen values were found to be > 400 mg/dL in 74.2% of patients with macroscopic residual tumours after resection (R2) compared to 49.5% of potentially curative resections (R0) (P < 0.001). Similarly, fibrinogen values were found to be > 400 mg/dL in 71.4% of M1b patients compared to 65.2% of M1a patients and 49.6% of M0 patients (P = 0.001). Regarding the depth of tumour invasion, fibrinogen values were > 400 mg/dL in 32.6% of pT1 patients, 37.7% of pT2 patients, 54.8% of pT3 patients and 61.1% of pT4 patients (P < 0.001). Conversely, the extent of nodal involvement did not correlate with fibrinogen value. Fibrinogen plasma levels were found to be > 400 mg/dL in 50.3% of pN0 patients, 51.8% of pN1 patients and 61.8% of pN2 patients (P = 0.017).

**Fibrinogen plasma levels and long-term survival**

The 5-year survival and 5-year tumour-related survival rates of the study population were 64.4% and 75.2%, respectively. Five-year survival and 5-year tumour-related survival rates according to preoperative fibrinogen plasma levels are shown in Figure 1A. The 5-year survival rate was 72.4% for patients with values ≤ 400 mg/dL and 58.1% for patients with values > 400 mg/dL (P < 0.001). When considering tumour-related mortality, the 5-year survival rate was 81.2% for patients with values ≤ 400 mg/dL and 69.6% for patients with values > 400 mg/dL (P < 0.001). Survival curves for patients undergoing potentially curative resection (R0) are shown in Figure 1B. Fibrinogen plasma levels were associated with overall survival (P = 0.010), whereas no significant difference was observed when tumour-related survival was considered (P = 0.604). In particular, 5-year tumour-related survival was 88.3% in patients with values ≤ 400 mg/dL and 88.7% for patients with values > 400 mg/dL.

**Fibrinogen plasma levels and multivariate analysis**

Table 2 shows the multivariate analysis (Cox regression model) adjusted for multiple factors. Age, the presence of systemic metastasis, the presence of residual tumour, pT category and pN category were confirmed as independent predictors of survival, whereas the fibrinogen plasma level was not an independent predictor (HR for fibrinogen value > 400 mg/dL compared to ≤ 400 mg/dL: 1.15 [95%CI: 0.86-1.54], P = 0.355). Similar results were found for tumour-related survival [HR for fibrinogen value > 400 mg/dL compared to ≤ 400 mg/dL: 0.82 (95%CI: 0.54-1.21), P = 0.313]. Table 3 shows 5-year survival and tumour-related survival rates for Stage I, Stage II, Stage III and Stage IV tumours treated by potentially curative resection (R0).

**DISCUSSION**

The main findings of this study are: (1) preoperative
It is now widely accepted that the outcome of cancer is mediated by an interaction between tumour-related factors and host factors, with chronic inflammation probably representing the main host-related factor. This explains why the correlation between inflammatory biomarkers and malignancies has been extensively studied\cite{18-20}. Fibrinogen is a protein synthesized by hepatocytes, playing a pivotal role in coagulation, thrombosis, wound healing, and platelet aggregation, as well as in inflammatory states\cite{21,22}.

Although an increased plasma fibrinogen level is largely not specific and may occur in many physiological conditions (e.g., pregnancy or intense physical activity) and some pathological conditions (e.g., cardiovascular diseases, trauma and inflammatory diseases), a number of studies have demonstrated the existence of a correlation between high plasma fibrinogen levels and the development and progression of several tumours, including lung, pancreatic, gastric, and colorectal cancer\cite{23-26}.

Several mechanisms have been put forward to explain the increase of fibrinogen plasma levels in patients with cancer. First, tumour cells may ectopically produce fibrinogen itself or other cytokines involved in inflammation, such as IL-6, which ultimately trigger the production of fibrinogen in the liver\cite{27}. Tumour growth is also frequently associated with hypercoagulability and hypoxia, with a subsequent increase in plasma fibrinogen levels\cite{28,29}. Finally, cancer-related tissue injury causes a systemic inflammatory response and, consequently, increases the level of plasma fibrinogen.

Several lines of evidence apparently demonstrate that fibrinogen participates in tumourigenesis, although the actual process is not yet completely understood. Fibrinogen may enhance tumour cell proliferation, migration and signalling through interaction with multiple integrin and non-integrin receptors. It may also promote tumour angiogenesis,
cooperating with growth factors such as vascular endothelial growth factor and fibroblast growth factor[30]. High levels of fibrinogen receptors, such as $\alpha_5\beta_1$ and $\alpha_v\beta_3$ integrins, also promote the stable adhesion of tumour cells to the endothelium of target organs and are largely expressed on malignant cells. Notably, a protective role for fibrinogen against natural killer (NK) cells seems to be involved in the haematogenous metastatic potential of tumour cells. Fibrinogen may hence suppress NK cell activity for cancer cell clearance, thus increasing the number of metastatic cells.

In previous studies, different cut-off values for preoperative plasma fibrinogen were used. Some patients with CRC when considering stage II and III separately[33]. Similar results were reported by Sun et al[35] in 255 patients with CRC and Tang et al[23] in 341 patients submitted to curative CRC surgery. In previous studies, different cut-off values for preoperative plasma fibrinogen were used. Some
studies identified the mean value as a prognostic threshold\(^{(23)}\), others the median value\(^{(16)}\) or the 25th percentile\(^{(23)}\). In our study, despite several threshold values being adopted (i.e., mean value, median value, 25th and 75th percentile) to evaluate significance of difference in survival analysis, hyperfibrinogenemia was not found to be an independent prognostic factor in multivariate analysis or after stratification of patients according to completeness of tumour resection and TNM stage (data not shown). In our series, the median preoperative plasma fibrinogen value was 409 mg/dL, which is very close to the upper limit of 400 mg/dL.

In conclusion, this study represents the first analysis of the value of preoperative fibrinogen plasma level in a Western country to the best of our knowledge. The analysis of our data demonstrates that preoperative fibrinogen plasma levels correlate with leading prognostic factors in patients undergoing surgery for CRC. Although long-term survival and tumour-related survival are worse in patients with hyperfibrinogenemia, these findings are not confirmed in multivariate analysis or after stratification of patients according to completeness of tumour resection and TNM stage. It seems reasonable to suggest that evaluation of the preoperative fibrinogen level is not helpful for predicting the prognosis of patients with appropriate TNM staging.

## COMMENTS

### Background

Fibrinogen is involved in tumorigenesis as well as tumour progression in several malignancies. Previous studies have shown hyperfibrinogenemia to be correlated with main clinicopathological characteristics and prognosis after colorectal cancer surgery. Nonetheless, the effective clinical significance of preoperative plasma fibrinogen levels as a prognostic marker after colorectal cancer surgery has not yet been determined.

### Research frontiers

This study represents the first analysis of the value of preoperative fibrinogen plasma level in a Western population and one of the largest cohort of patients.

### Innovations and breakthroughs

This study based on a large Western cohort did not confirm hyperfibrinogenemia to be an independent prognostic factor in colorectal cancer patients.

### Applications

Evaluation of fibrinogen plasma levels are routinely performed among preoperative blood tests. Its correlation with leading prognostic factors in patients undergoing surgery for colorectal cancer (CRC) is interesting and require further studies.

### Terminology

CRC is the third most common cancer worldwide. CRC is associated with a large range of fibrinolytic and procoagulant alterations and fibrinogen plasma levels could represent the expression of this relationship.

### Peer-review

This paper tried to elucidate role of fibrinogen plasma level in the prediction of CRC prognosis. The manuscript is well written and the data and table are clear.

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