The rational map ansatz for light nuclei in the Skyrme model is shown to imply the existence of an $\eta^{-4}\text{He}$ bound state, with a binding energy of $\sim 30$ KeV.

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The Skyrme model has the conceptual advantage over more phenomenological approaches to the coupling of $\eta$ mesons and nuclei in that the same Lagrangian density with one set of parameter values applies to several nuclear systems. The model itself represents an effective representation of the large $N_C$ limit of QCD [17].

To describe the coupling between the $\eta$ meson and baryonic matter we employ Pari’s version of the Skyrme model [18]:

$$L = -\frac{f_\pi^2}{4} tr\{L_\mu L^\mu\} + \frac{x}{32e^2} tr\{[L_\mu, L_\nu]^2\} + \frac{1 - x}{16e^2} \left[ (tr\{L_\mu L_\nu\})^2 - (tr\{L_\mu L_\mu\})^2 \right] + L_{SB} \quad (1)$$

Here $L_\mu \equiv U^\dagger \partial_\mu U$, where $U$ is the $SU(3)$ extension of the skyrmion field, $f_\pi$ is the pion decay constant and $e$ is the inverse strength parameter of the quartic stabilizing term. The term $L_{SB}$ accounts for the chiral symmetry breaking terms responsible for the different pseudoscalar meson masses and decay constants. Its explicit form can be found in e.g. ref.[19]. The parameter $x$ determines the strength of the coupling $1 - x$ of the $\eta$ to baryonic matter. This may be determined by the empirical value of the real part of the $\eta$–nucleon scattering length $a_{\eta N} = 0.717 \pm 0.030$ [20] (this value is close to that in ref.[21]).

The effective Lagrangian for the $\eta$–skyrmion system can be obtained using the usual ansatz:

$$U = U_\pi e^{i\lambda_n \eta / f_\pi}, \quad (2)$$

where $U_\pi$ represents the $SU(2)$ skyrmion field and $\eta$ the field of the $\eta$–meson. For $U_\pi$ we shall employ the rational map ansatz of ref.[4], which provides a satisfactory description of the minimum energy configurations of baryons with $B > 1$. Thus

$$U_\pi = e^{i\tilde{\pi}_n F(r)}, \quad (3)$$

where $F(r)$ is the chiral angle, which depends on the distance to the center of the skyrmion, and $\tilde{\pi}$ is defined as the vector field

$$\tilde{\pi}_n = \frac{1}{1 + |R_n(z)|^2} \left( 2 Re[R_n(z)] , 2 Im[R_n(z)] , 1 - |R_n(z)|^2 \right). \quad (4)$$

Here $R_n(z)$ is the rational map for winding (baryon) number $B = n$, and the variable $z$ is defined terms of the usual spherical coordinates $\theta, \varphi$ as $z \equiv tan(\theta/2)exp(i\varphi)$. For $n = 1$, $R(z) = z$ and (3) reduces to Skyrme’s hedgehog ansatz. The explicit forms of the rational maps for various values of $n$ are given in ref.[4]. In the case of the $\alpha$–particle, for which $n = 4$, the rational map takes the form

$$R_4(z) = \frac{z^4 + 2\sqrt{3}iz^2 + 1}{z^4 - 2\sqrt{3}iz^2 + 1}. \quad (5)$$

Insertion of the ansatz (3),(4) into the Lagrangian density of the model yields, upon expansion of (2) to second order in the $\eta$ field, the following wave equation for the $\eta$–meson in the skyrmion field:

$$\left[ \frac{1}{r^2} \frac{\partial}{\partial r} \left( r^2 \beta \frac{\partial}{\partial r} \right) + \alpha \omega_\eta^2 - \gamma^2 \right] \eta(r) = 0. \quad (6)$$
where the $\eta$ meson has been assumed to be in an $S$-state and the auxiliary functions $\alpha, \beta, \gamma$ have been defined as

$$\alpha = 1 + \frac{1 - x}{e^2 f_\eta^2} \left[ F'_{\eta}^2 + 2n \frac{\sin^2 F}{r^2} \right], \quad (7)$$

$$\beta = 1 + 2n \frac{1 - x \sin^2 F}{e^2 f_\eta^2 r^2}, \quad (8)$$

$$\gamma^2 = \frac{4 f_K^2}{3 f_\eta^2} m_K^2 - \frac{m_\eta^2 f_\pi^2}{3 f_\eta^2} (2 - \cos F). \quad (9)$$

Here, $\omega_\eta$ is the energy of the $\eta$-meson. The differential equation (5) admits numerical solution for any $n$, once the chiral angle $F(r)$ has been obtained by minimizing the corresponding multiskyrmion mass.

In our numerical calculations the following 3 sets of parameter values will be used: (1) $f_\pi = 64.5$ MeV, $e = 5.45$, $m_\pi = 0$, (2) $f_\pi = 54$ MeV, $e = 4.84$, $m_\pi = 138$, (3) $f_\pi = 93$ MeV, $e = 4.25$, $m_\pi = 138$. The parameter sets (1) and (2) reproduce the empirical values of the nucleon and $\Delta(1232)$ masses \[6\], whereas set (3), which uses the empirical value for the pion decay constant $f_\pi$, reproduces the empirical $N\Delta(1232)$ mass splitting, but overpredicts their absolute masses. The kaon mass is taken at its empirical value $m_K = 495$ MeV and the $\eta$ decay constant $f_\eta$ is determined so that $f_\eta/f_\pi = 1.28$, which ratio is consistent with the empirical ratio 1.22 between the kaon and pion decay constants \[22\].

The parameter $x$, which determines the strength of the $\eta$–skyrmion coupling $1 - x$ is determined so that the continuum solution of (5) for $n = 1$ yields the empirical value for the real part of the $\eta - N$ scattering length. With the parameter sets (1), (2) and (3) above this value is obtained with $x = 0.92$, 0.96 and 0.89 respectively. Given the value for $x$ the wave equation (5) may be solved for increasing baryon number $n = A$ to test for the existence of $\eta$–nucleus bound states.

In Table 1 we show the predicted binding energies for $A = 3 - 5$. While no bound state is formed by $\eta$–mesons and deuterons (in conformity with experiment), all parameter sets lead to the existence of weakly bound states of the $\eta$–mesons and $\alpha$–particles, with binding energies that vary from 30 KeV to 1.3 MeV. With the parameter set (3) a bound state is also obtained for $^3$He, but as the nucleon and $\Delta(1232)$ masses are overestimated by several hundred MeV with that parameter set, unless quantum corrections are taken into account, this prediction appears as less reliable. Consequently the binding energy estimate of 30 KeV for the $\eta - \alpha$–particle state also appears more realistic than the value 1.3 MeV obtained with parameter set 3. In any case, the conclusion that there will be a bound state in the case of the $\alpha$–particle seems to be robust in view of the fact that it appears for a wide range of parameter values.

One may speculate whether the $\eta$–meson coupling to baryonic matter is strong enough to produce a bound Borromean system of $\eta$–mesons and the otherwise unbound $^5$He. A direct application of the present method of calculation would lead to a binding energy of the $\eta$–meson to the 5-nucleon system of about 1 MeV (see Table 1).

The main conclusion is then that the $\eta$–meson should form a bound state with the $\alpha$–particle, with a binding energy of about 30 KeV. This prediction conforms with recent experimental information on the $\eta$–nuclear interaction \[11, 12, 20\]. Precision experiments...
at cooler ring facilities are expected to settle the issue in the near future.

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Table 1. The predicted binding energies $B_A$ for nuclei with $A=3,4$ and 5 as obtained for the 3 sets of parameters described in the text.

| Set | $B_3$ MeV | $B_4$ MeV | $B_5$ MeV |
|-----|-----------|-----------|-----------|
| 1   | –         | 0.03      | 1.1       |
| 2   | –         | 0.03      | 0.5       |
| 3   | 0.02      | 1.3       | 3.2       |