Efficacy of acidified phytase supplemented cottonseed meal based diets on growth performance and proximate composition of *Labeo rohita* fingerlings

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**Original Article**

**Abstract**

The growth of aquaculture sector is strongly dependent upon the continuous supply of inexpensive fish feed with balanced nutritional profile. However, fish meal (FM) is unable to satisfy this demand due to its scarce supply and high cost. In order to test the potential of cottonseed meal (CSM) as a fish meal replacer, a feeding trial of 12 weeks was conducted to check growth performance and proximate composition of *Labeo rohita* fingerlings. The protein ration of the test feed was satisfied by replacing FM with CSM at 0, 25, 50 and 75%. Sixteen test diets viz., TD1 (control), TD2, TD3, TD4, TD5, TD6, TD7, TD8, TD9, TD10, TD11, TD12, TD13, TD14, TD15 and TD16 were supplemented with citric acid (CA; 0 and 2.5%) and phytase (PHY; 0 and 750 FTU/kg) in a completely randomized design with 3×3 factorial arrangement. The highest weight gain (11.03g), weight gain% (249.21%), specific growth rate (1.39) and best feed conversion ratio (1.20) were recorded by fish fed with TD12. Furthermore, the same level increased the crude protein (59.26%) and fat (16.04%) being significantly different (p<0.05) than that of control. Conclusively, the addition of acidified phytase (CA; 2.5%, PHY; 750 FTU/kg) in TD12 (CSM=50%) led to the improved growth and proximate composition of *L. rohita* fingerlings.

**Keywords:** plant by-products, aquaculture, fish meal, cost-effective feed, body composition.

**1. Introduction**

The expansion of aquaculture sector depends upon the growth of aquafeed products (Al-Zayat, 2019). Human population is increasing at an exponential rate worldwide which necessitates the continuous supply of food for human life. This sector is aiming to provide protein rich food to the protein starving world. Feed cost covers approximately 70% of the total farming budget (Dossou et al., 2018). Protein source in the form of fish meal is considered as an important ingredient for feed formulation while its cost and scarce availability limited its use in fish nutrition (Goswami et al., 2018).
2. Materials and Methods

2.1. Fish and experimental conditions

This study was conducted in the Fish Nutrient Laboratory, Department of Zoology, Government College University, Faisalabad, Pakistan (Latitude 31.4166°N and Longitude 73.0707°E). L. rohita fingerlings of average 4.51g initial weight were purchased from Government Seed Hatchery, Satiana road, Faisalabad and kept in V-shaped tanks for acclimation to laboratory conditions. Initially, fingerlings were fed with basal diet @5% body weight once daily to the apparent satiation (Allan and Rowland, 1992). Before the start of feeding trial, fingerlings were given a dip prophylactically in NaCl solution (5g/L), so to get rid of fungal and bacterial pathogens (Rowland and Ingram, 1991). Parameters such as temperature, pH and dissolved oxygen were checked daily that should be between 25.9-29.5 °C, 7.3-8.5 and 5.4-7.5mg/L, respectively.

2.2. Experimental design

Fish rearing system was comprised of 48 V-shaped tanks representing 16 groups; in triplicate fashion. These tanks were supplied with fresh water and air supply, so to maintain dissolved oxygen level. A total of 720 fingerlings of initial weight (4.51 g) were stocked in each tank with 15 fish stocking density. Sixteen test diets (TD1–TD15) were prepared in three replicates as shown in Table 1. Feed components were grinded to 2/8 mm size. Fish oil was poured in extruder. Phytase was later on sprayed on test diets as by pelleting machine (Model SYSLG30-5 experimental extruder). After drying, pellets were pass through 0.5 mm sieve size. Fish oil was poured in mixture and mixed for 5 minutes. To prepare suitable dough, 10-15% distilled water was added (Lovell, 1989). To get feed pellets, previously made dough was processed by pelleting machine (Model SYSLG30-5 experimental extruder). Phytase was later on sprayed on test diets as defined by Robinson et al. (2002). After drying, pellets diameter was adjusted according to fish size and stored at 4 °C to keep it oxidation-free. The actual feeding trial prolonged for 12 weeks (90 days). Fish were hand fed at the rate of the 5%/day of their total biomass. The total amount of feed was divided into two halves and offered to the fish in morning (8:00 am) and afternoon (12:00 pm).
The unconsumed diet was siphoned out from every tank, dried and weighed for determination of daily feed intake.

### 2.4. Growth study

To determine growth performance of fish, weight measurement was undertaken every fortnightly. Fish from each tank was caught up smoothly and then dried using tissue. Finally, its length and weight were noted down. Standard formulae (NRC, 1993) were used to determine growth performance (Equations 1, 2 and 3).

\[
\text{Weight Gain } \% = \frac{\text{Final Weight (g) - Initial Weight(g)}}{\text{Initial Weight}} \times 100
\]  
(1)

\[
\text{FCR} = \frac{\text{Total dry feed intake (g)}}{\text{Wet weight gain (g)}}
\]  
(2)

\[
\text{SGR} = \frac{\text{Final Weight (g) - Initial Weight(g)}}{\text{No of trial days}} \times 100
\]  
(3)

### 2.5. Determination of whole-body composition

After 90 days of feeding experiment, 5 unstressed fish of *L. rohita* were taken from each tank and sacrificed for determination of proximate composition following standard procedures of AOAC (2005). Then fish whole body samples were air dried and analyzed for determination of body composition (Korhonen et al., 1990). By a mortar and pestle, whole fish body was homogenized and examined by standard techniques; crude fat by petroleum ether extraction through Soxhlet system, ash by ignition at 650°C for 12 hours in an electric furnace to constant weight, crude protein \((N \times 6.25)\) contents by micro Kjeldahl apparatus, moisture by oven-drying at 105°C for 12h; crude fiber as loss on ignition of desiccated residues that are lipid free after breakdown with 1.25% \(\text{NaOH}\) and 1.25% \(\text{H}_2\text{SO}_4\). Total carbohydrates were calculated by following formula i.e., 
\[
\text{Total carbohydrates (\\%)} = 100 - (\text{EE } \% + \text{ CP } \% + \text{ Ash } \% + \text{ CF} \%).
\]

### 2.6. Statistical analysis

Data of growth performance and proximate composition was subjected to three-way Analysis of Variance (Steel et al., 1996). By Tukey’s Honesty Significant Difference Test, the differences among treatments were compared and determined significant at \(p<0.05\) (Snedecor and Cochran, 1991). For statistical analysis, the Co-Stat computer software (Version 6.303, PMB 320, Monterey, CA, 93940 USA) was used.

### 3. Results

#### 3.1. Growth performance

Table 2 shows the growth performance of *L. rohita* fingerlings fed on acidified phytase supplemented CSM based diets. The results demonstrated that growth

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**Table 1. Ingredients composition (%) of test diets.**

| Test diets | Fishmeal protein replacement level | Fishmeal | Cottonseed meal | PHY (FTU/kg) | CA (%) | Rice polish | Wheat flour | Fish oil | Mineral premix | Chromic oxide | Vitamin premix |
|------------|----------------------------------|----------|----------------|--------------|--------|-------------|-------------|----------|----------------|--------------|----------------|
| TD_1       | 0%                               | 48       | 18             | 0            | 0      | 3           | 22          | 6        | 1              | 1            | 1              |
| TD_2       | 48                               | 18       | 2.5            | 3            | 19.5   | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_3       | 48                               | 18       | 750            | 0            | 3      | 22          | 6           | 1        | 1              | 1            | 1              |
| TD_4       | 48                               | 18       | 2.5            | 3            | 19.5   | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_5       | 25%                              | 36       | 35             | 0            | 0      | 3           | 17          | 6        | 1              | 1            | 1              |
| TD_6       | 36                               | 35       | 2.5            | 3            | 14.5   | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_7       | 36                               | 35       | 750            | 0            | 3      | 17          | 6           | 1        | 1              | 1            | 1              |
| TD_8       | 50%                              | 24       | 53             | 0            | 0      | 3           | 11          | 6        | 1              | 1            | 1              |
| TD_9       | 24                               | 53       | 2.5            | 3            | 8.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_10      | 24                               | 53       | 750            | 0            | 3      | 11          | 6           | 1        | 1              | 1            | 1              |
| TD_11      | 24                               | 53       | 2.5            | 3            | 8.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_12      | 75%                              | 12       | 71             | 0            | 0      | 3           | 5           | 6        | 1              | 1            | 1              |
| TD_13      | 12                               | 71       | 2.5            | 3            | 2.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_14      | 12                               | 71       | 750            | 0            | 3      | 5           | 6           | 1        | 1              | 1            | 1              |
| TD_15      | 24                               | 53       | 2.5            | 3            | 2.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_16      | 12                               | 71       | 2.5            | 3            | 2.5    | 6           | 1           | 1        | 1              | 1            | 1              |

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**Table 2. Ingredients composition (%) of test diets.**

| Test diets | Fishmeal protein replacement level | Fishmeal | Cottonseed meal | PHY (FTU/kg) | CA (%) | Rice polish | Wheat flour | Fish oil | Mineral premix | Chromic oxide | Vitamin premix |
|------------|----------------------------------|----------|----------------|--------------|--------|-------------|-------------|----------|----------------|--------------|----------------|
| TD_1       | 0%                               | 48       | 18             | 0            | 0      | 3           | 22          | 6        | 1              | 1            | 1              |
| TD_2       | 48                               | 18       | 2.5            | 3            | 19.5   | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_3       | 48                               | 18       | 750            | 0            | 3      | 22          | 6           | 1        | 1              | 1            | 1              |
| TD_4       | 48                               | 18       | 2.5            | 3            | 19.5   | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_5       | 25%                              | 36       | 35             | 0            | 0      | 3           | 17          | 6        | 1              | 1            | 1              |
| TD_6       | 36                               | 35       | 2.5            | 3            | 14.5   | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_7       | 36                               | 35       | 750            | 0            | 3      | 17          | 6           | 1        | 1              | 1            | 1              |
| TD_8       | 50%                              | 24       | 53             | 0            | 0      | 3           | 11          | 6        | 1              | 1            | 1              |
| TD_9       | 24                               | 53       | 2.5            | 3            | 8.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_10      | 24                               | 53       | 750            | 0            | 3      | 11          | 6           | 1        | 1              | 1            | 1              |
| TD_11      | 24                               | 53       | 2.5            | 3            | 8.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_12      | 75%                              | 12       | 71             | 0            | 0      | 3           | 5           | 6        | 1              | 1            | 1              |
| TD_13      | 12                               | 71       | 2.5            | 3            | 2.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_14      | 12                               | 71       | 750            | 0            | 3      | 5           | 6           | 1        | 1              | 1            | 1              |
| TD_15      | 24                               | 53       | 2.5            | 3            | 2.5    | 6           | 1           | 1        | 1              | 1            | 1              |
| TD_16      | 12                               | 71       | 2.5            | 3            | 2.5    | 6           | 1           | 1        | 1              | 1            | 1              |
parameters were improved by supplementation of PHY and CA and their additive response brought maximum growth of fish. Dietary inclusion of both CA and PHY reduced gut pH as the concentration of dose was increased. Optimal fish growth (p<0.05) was obtained by using TD 12 having acidified phytase (2.5% CA, 750 FTU/kg) and FM+CSM (50+50%) as compared to those fed on control diet and other test diets. Figure 1 and 2 showed the highest values of WG (11.03g), WG% (249.21%), FCR (1.20) and SGR (1.39) at this level followed by TD 8 (10.83g, 218.5%, 1.48, 1.29) having only CA (2.5%). Possibly, CA alone reduced intestinal pH to the level responsible for release of chelated nutrients which may led to improved fish growth. On the other hand, lowest WG (6.30g), WG% (140.82%) and SGR (0.98) were noted in fingerlings fed on TD 1 (no supplementation) having more inclusion of FM. High FCR value (2.16) also predicted that least amount of nutrients were made part of fish body. Conclusively, the growth of L. rohita was improved with the increase in CSM protein up to 50% and subsequent decrease in FM, along with supplementation of CA (2.5%) and PHY (750 FTU/kg) and started decrease with any further inclusion of CSM.

3.2. Proximate composition

The effect of acidified phytase supplemented CSM based diet on proximate composition of L. rohita fingerlings is illustrated in Table 3 and Figure 3. Our results made it clear that nutrient composition of fish was optimally improved by feeding TD 12 having acidified phytase (750 FTU/kg, 2.5% CA) CSM (50%) based diet as compared to those fed on control diet. Significant differences in terms of crude protein (59.26%) and crude fat (16.04%) were prevalent in fish body when fed at TD 12. It confirms the idea that phytate complex was degraded maximally at this level and released

| Test diets | Fishmeal protein replacement level | PHY (FTU/kg) | CA (%) | IW (g) | FW (g) | WG (g) | SGR |
|------------|-----------------------------------|-------------|--------|--------|--------|--------|-----|
| TD 1       | 0%                                | 0           | 0      | 4.48   | 10.77  | 6.30   | 0.98|
| TD 2       | 2.5                               | 4.57        | 11.24  | 6.67   | 1.00   |
| TD 3       | 0%                                | 4.24        | 10.94  | 6.70   | 1.05   |
| TD 4       | 2.5                               | 4.30        | 12.26  | 7.96   | 1.16   |
| TD 5       | 25%                               | 0           | 4.46   | 11.79  | 7.15   | 1.04 |
| TD 6       | 0%                                | 4.43        | 13.27  | 8.33   | 1.22   |
| TD 7       | 750                               | 4.26        | 13.02  | 8.77   | 1.24   |
| TD 8       | 2.5                               | 4.43        | 15.46  | 11.03  | 1.39   |
| TD 9       | 50%                               | 0           | 4.47   | 12.13  | 7.66   | 1.11 |
| TD 10      | 2.5                               | 4.33        | 11.79  | 7.46   | 1.11   |
| TD 11      | 750                               | 0           | 4.37   | 12.46  | 8.09   | 1.16 |
| TD 12      | 25%                               | 4.46        | 12.90  | 8.44   | 1.18   |

Pool Standard Error (PSE) 0.05 0.12 0.12 0.01

Means within columns having different superscripts are significantly different at p < 0.05. Data are means of three replicates.

Figure 1. Graph showing weight gain (%) of L. rohita fingerlings fed on acidified phytase CSM based diets.

Figure 2. Graph showing FCR of L. rohita fingerlings fed on acidified phytase CSM based diets.
Impact of phytase acidification on growth performance and body composition of *Labeo rohita*

Phosphorus to be a part of fish body. Second best values (58.54%, 15.89%) were obtained by using TD8 having FM protein replaced by CSM up to 25% supplemented with CA and PHY at their highest concentration i.e., 2.5% and 750 FTU/kg, respectively. However, lowest values of protein (49.30%) and fat (8.73%) were observed in those fed on TD1. The highest values of moisture (7.25%), crude fiber (2.46%), crude ash (13.25%) and carbohydrates (19%) were also recorded on the same level.

### Table 3. Proximate composition (%) of *L. rohita* fed with acidified phytase supplemented CSM based diets.

| Test diets | Fishmeal protein replacement level | PHY (FTU/kg) | CA (%) | Moisture (%) | Crude fiber (%) | Ash (%) | Carbohydrates (%) |
|------------|-----------------------------------|--------------|--------|--------------|----------------|---------|-------------------|
| TD1        | 0%                                | 0            | 0      | 7.25a        | 2.46a          | 13.25a  | 19.00a            |
| TD2        | 2.5                               | 7.19b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD3        | 750                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD4        | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD5        | 25%                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD6        | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD7        | 750                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD8        | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD9        | 50%                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD10       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD11       | 750                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD12       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD13       | 750                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD14       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD15       | 50%                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD16       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD17       | 750                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD18       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD19       | 75%                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD20       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| TD21       | 750                               | 0            | 0      | 7.02a        | 2.31b          | 11.45b  | 18.02b            |
| TD22       | 2.5                               | 6.93b        | 0      | 6.95b        | 1.94b          | 8.70b   | 16.12b            |
| Pool Standard Error (PSE) | 0.16 | 0.03 | 0.14 | 0.10 |

Means within columns having different superscripts are significantly different at p<0.05. Data are means of three replicates.

### Figure 3. Body composition of *L. rohita* fingerlings fed acidified phytase CSM based diets.

4. Discussion

In present study, *L. rohita* fingerlings fed on CSM based diet supplemented with CA (2.5%) and PHY (750 FTU/kg) led to improved body parameters like WG% (249.21%) and FCR (1.20). Similarly, Khaled (2019) reported a significant effect of 1000 FTU/kg phytase in improving WG (%), specific growth rate and FCR of Nile tilapia. In line with our studies, Baruah et al. (2007) and Bano and Afzal (2018) in *L. rohita* and Wang et al. (2009) in Oncorhynchus mykiss found growth promoting results. They proved that supplementation of acidified phytase trigger the phytate hydrolysis by reducing stomach pH and improved growth was resulted. Luckstadt, (2008) found that citric acid inclusion to phytase deposit H+ ions in stomach and enhance nutrient bioavailability. A number of researchers came to the point that supplementation of exogenous enzymes in plant meal based diets helps to mitigate the effects of anti-nutritional factors (Hlophe-Ginindza et al., 2016) and maximum quantity of amino acids become part of fish body (Hussain et al., 2015b). Supporting our results, Singh et al. (2020) found that citric acid (1.5%) and phytase (1200FTU/kg) positively affected the growth parameters of O. mykiss. Meanwhile, improved growth performance in many fish species by addition of phytase in citric acid was observed such as tilapia (Tahoun et al., 2009).
catfish (Hung et al., 2015) and grass carp (Liu et al., 2014). Hussain et al. (2015a) found positive results in L. rohita fingerlings fed on CSM based diet supplemented with 750 FTU/kg level; just similar to our values and reported best growth performance. On the other hand, Lim and Lee (2009) and Wang et al. (2009) did not find any significant effect of phytase supplemented plant based diets on fingerlings’ growth performance. The possible reason can be the thermal inactivation of phytase enzymes during feed formulation, diet composition, storage conditions of feed, plant meal replacement level and fish species (Hassaan et al., 2019).

Supplementation of 750 FTU/kg phytase with 2.5% CA resulted in an interaction and enhanced the whole body composition like crude protein (59.26%) and crude fat (16.04%). Similar results were proposed by other researchers following the dietary addition of CA (Hossain et al., 2007; Khajepour and Hosseini, 2012). Recent studies have shown that poor fish carcass composition is due to phytate complex, which usually bounds important nutrients such as CP, EE and gross energy making them unavailable to fish (Cao et al., 2007). Thus, in present research, the acidified phytase supplemented diet enhanced the proximate composition of whole body by acting on chelated complex and increased the availability of nutrients to fingerlings. Similarly, Khajepour and Hosseini (2012) noticed increased crude protein contents in muscles of Huso huso while adding CA (30g/kg) in the diet. Whereas, Liu et al. (2014) and Cao et al. (2008) reported that acidified phytase supplementation decreased body lipids of grass carp and Nile tilapia, respectively.

5. Conclusions

Based upon the obtained results, it can be concluded that TD_{12} having CSM protein up to 50% supplemented with 2.5% CA and 750 FTU/kg PHY proved to be the most efficient diet in improving growth performance of L. rohita fingerlings. Furthermore, the proximate composition of fish body was also improved by the synergistic effect of CA and PHY. Hence, it assisted in the formulation of cost-effective and eco-friendly feed for L. rohita.

Acknowledgements

The authors would like to acknowledge HEC Pakistan for providing funds for NRPU Projects # 20-4892/NRPU/R&D/HEC/14/1145 and 5649/Punjab/NRPU/R&D/HEC/2016 to conduct this research work.

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