Increased Carotid Siphon Tortuosity Is a Risk Factor for Paraclinoid Aneurysms

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Background: Geometrical factors associated with the surrounding vasculature can affect the risk of aneurysm formation. The aim of this study was to determine the association between carotid siphon curvature and the formation and development of paraclinoid aneurysms of the internal carotid artery.

Methods: Digital subtraction angiography (DSA) data from 42 patients with paraclinoid aneurysms (31 with non-aneurysmal contralateral sides) and 42 age- and gender-matched healthy controls were analyzed, retrospectively. Morphological characteristics of the carotid siphon [the posterior angle (α), anterior angle (β), and Clinoid@Ophthalmic angle (γ)] were explored via three-dimensional rotational angiography (3D RA) multiplanar reconstruction. The association between carotid siphon morphology and the formation of paraclinoid aneurysms was assessed through univariate analysis. After this, logistic regression analysis was performed to identify independent risk factors for aneurysms.

Results: Significantly smaller α, β, and γ angles were reported in the aneurysmal carotid siphon group when compared with the non-aneurysmal contralateral healthy controls. The β angle was best for discriminating between aneurysmal and non-aneurysmal carotid siphons, with an optimal threshold of 18.25°. By adjusting for hypertension, smoking habit, hyperlipidemia, and diabetes mellitus, logistic regression analysis demonstrated an independent association between the carotid siphons angles α [odds ratio (OR) 0.953; P < 0.05], β (OR 0.690; P < 0.001), and γ (OR 0.958; P < 0.01) with the risk of paraclinoid aneurysms.

Conclusions: The present findings provide evidence for the importance of morphological carotid siphon variations and the likelihood of paraclinoid aneurysms. These practical morphological parameters specific to paraclinoid aneurysms are easy to assess and may aid in risk assessment in these patients.

Keywords: morphology, internal carotid artery, carotid siphon, paraclinoid aneurysm, risk factor
INTRODUCTION

The mechanism of intracranial aneurysm formation may be the result of congenital defects of the arterial wall and a variety of other acquired factors (1). Experimental and clinical evidence suggests a role for hemodynamics in aneurysm initiation, growth, and eventual rupture (2). The morphology of blood vessels represents a major determinant of hemodynamic patterns and can present a more practical model for understanding complex hemodynamics (3). Most studies have focused on complicated three-dimensional morphological features of the aneurysmal sacs and parent vessels, such as undulation indices, inflow angles, and non-sphericity indices (4–6). Arterial bifurcations and high-vascular curvature indicate a higher risk for aneurysm formation (7) and the carotid siphon is the primary flexible part of the carotid artery and is one of the sites highly susceptible to vascular lesions (8). In this study, the morphology of the carotid siphon will be discussed, and its importance is highlighted as a natural tortuous vessel segment with sharp bends, giving rise to the anterior brain circulation (9).

The internal carotid artery (ICA) is a segment of the artery where aneurysms commonly initiate and accounts for nearly 30% of all intracranial aneurysms (10). Paraclinoid aneurysms are defined as those arising from the segment of the ICA between the roof of the cavernous sinus and the origin of the posterior communicating artery (PcoA) and account for approximately 5–14% of all intracranial aneurysms (11, 12). Because of the complex anatomical relationship between neurovascular, dural, and bony structures, the presence of paraclinoid aneurysms associated with the morphology of the ICA carotid siphon warrants further investigation when comparing other intracranial aneurysms (13). Correlations between vascular geometry and the occurrence of paraclinoid aneurysms have been reported, but, as with hemodynamic studies, the morphologic results have not always been consistent (10, 14–18). Given, the clinical practicality and the controversial findings seen with complicated morphometric measurements, we selected basic geometrical parameters of carotid siphon as independent variables.

The aims of this study, therefore, were to evaluate the morphological characteristics of the carotid siphon associated with and without an aneurysm. And to look for a potential link between carotid artery tortuosity and spontaneous paraclinoid aneurysm formation, development, and incidence.

METHODS

Patient Selection and Data Acquisition

Imaging data and medical records were retrospectively reviewed from 55 patients with paraclinoid aneurysms who were admitted to the First affiliated hospital of Anhui Medical University and Bozhou City Peoples Hospital, between September 2018 and June 2021. This study was approved by our Institutional Review Board and the requirement for informed consent was waived by the committee due to the retrospective nature of the study. Inclusion criteria were: aneurysms arising from the ICA between the roof of the cavernous sinus and the origin of the posterior communicating artery. Exclusion criteria were: (a) non-saccular aneurysms, including fusiform, traumatic, dissecting, and infectious; (b) two or more intracranial aneurysms; (c) insufficient quality of the 3D DSA data to enable analysis. Inclusion and exclusion criteria are reported in Figure 1. A total of 42 patients with 42 paraclinoid aneurysms were included in the study, 31 of whom had unilateral paraclinoid aneurysms with imaging data for the unaffected contralateral side. Therefore, a matched case-control analysis was included.

In total, 42 patients with paraclinoid aneurysms were divided into two subgroups according to different anatomical locations of the internal carotid artery (19) as follows: 17 located on the C5 (clinoid segment) and 25 located on the C6 (ophthalmic segment).

Furthermore, 42 age- and sex-matched healthy patients with no aneurysms selected from the database served as controls. Therefore, the aneurysm and control groups were matched by the demographic criteria only. Each patient underwent digital subtraction angiography (DSA) and three-dimensional (3D) reconstructions (Philips Medical Systems, Best, The Netherlands) to characterize the anatomy of the parent artery and aneurysm. All the aneurysm geometries were measured by DSA and demographic information and clinical data, including patient age, sex, tobacco use, hypertension, hyperlipidemia, and diabetes mellitus were retrieved from the medical records.

Analysis of Morphological Parameters

The 3D models of the parent vessels and aneurysms were tumbled freely and measured via our workplace system. The carotid siphons were morphologically classified into four types: “Y” shaped, “U” shaped, “C” shaped, and “S” shaped as described by Zhang et al. (20) (Figure 2). Rotational angiography data sets were obtained from the post-processing workstation to reconstruct the 3D vessel, the carotid siphon surface, and the carotid siphon skeleton (centerline). The local vessel centerline guided multiplanar reconstruction into the volume at the site of the carotid siphon, ensuring that the plane was close to the center of the vessels. Carotid siphon angles were measured at the intersection of the two lines serving as midpoints of the arterial diameters of the segments under question (Figure 3) (21, 22). Angles were measured in the direction of flow to represent the deviation from the distal segment with respect to the reference proximal segment (angle deviation). The acquired measurements included: angle of the posterior knees of the carotid siphon (α), angle of the anterior knees of the carotid siphon (β), the angle between the clinoid segment and ophthalmic segment (γ). A total of two experienced neuroradiologists, assisted by a dedicated Philips engineer, independently analyzed 3D DSA images and made measurements for all patients. Intraclass correlation was used to assess the inter-rater reliability for morphology measurement, and it was found to be in good agreement between the two neuroradiologists (ICC = 0.874 95% 0.833–0.916) (23).

Statistical Analyses

A total of three categories of carotid siphon angles were analyzed: (i) carotid siphon angles on the side of the carotid
siphon aneurysm; (ii) unaffected contralateral side carotid siphon angles; (iii) control from patients with no aneurysm. Normally distributed data were expressed as mean ± SD. A Kolmogorov–Smirnov test was applied to determine the normality of the data and its distribution. Data were normally distributed and analyzed by t-test. Non-normal distributed data were analyzed by the Mann–Whitney U test and presented as the median and interquartile range (IQR). Qualitative parameters were compared by the chi-square test (χ²) and the Student’s t-test was employed to examine the statistical differences between carotid siphon angles. We also assessed the angle of the aneurysm side and the contralateral side. An independent sample t-test was applied to analyze and compare data between patients with aneurysms and controls. A separate paired analysis was performed to compare the corresponding angle differences when data were available on both aneurysmal and normal contralateral carotid siphon angles, from the same patient. Comparison of carotid siphon angle parameters for the aneurysms at different segment locations was achieved by Student’s t-test. Independent risk factors for paraclinoid aneurysms were analyzed using binary logistic regression. The area under the curve (AUC) and the optimal cut-off values for α, β, and γ angles were assessed by receiver operator characteristics (ROCs) curves. All the analyses were performed using SPSS statistics 24.0 (SPSS, version 24.0) and P-values < 0.05 denoted statistical significance.

RESULTS
Patient Demographics
A total of 42 patients were diagnosed with symptomatic paraclinoid aneurysms with the control group comprising 42 healthy patients with no intracranial aneurysm. Data on both aneurysmal and normal contralateral carotid siphons were obtained from a subset of 31 patients. All the patients in the paraclinoid aneurysm group had a unilateral aneurysm (18 and 24 on the right and left, respectively). Patients with paraclinoid
aneurysms had increased “U”-shaped and “V”-shaped carotid siphons and Table 1 summarizes the aneurysmal morphological parameters. The paraclinoid aneurysm group comprised 12 males and 30 females, aged 58.2 ± 10.1 (range 44–77) years. The control group comprised 12 males and 30 females, aged 56.1 ± 13.0 (range 37–79) years. The analysis demonstrated no significant differences between the two groups regarding parameters such as age, gender, hypertension, smoking habit, hyperlipidemia, and diabetes mellitus.

Univariate Statistical Analysis

The α, β, and γ angles were found to be significantly smaller in the aneurysmal carotid siphon when compared with the carotid siphon with no aneurysm involvement (Figure 4). Patients with paraclinoid aneurysms exhibited a significantly smaller posterior angle [median (IQR), 85.55° (67.85–102.90°)] when compared with the unaffected contralateral group [median (IQR), 97.50° (90.70–105.50°), P < 0.05] and control patients with no aneurysm [median (IQR), 103.55° (92.55–116.50°), P < 0.001] (Table 2). Similarly, the non-aneurysmal contralateral group exhibited a significantly smaller posterior angle when compared with control patients with no aneurysms (P < 0.01).

A comparison of the anterior angle between groups revealed significantly smaller β angle in patients with paraclinoid aneurysms [median (IQR), 16.95° (15.63–18.20°)] when compared to patients with unaffected sides [median (IQR), 19.30° (16.90–20.60°), P < 0.01] and control patients with no aneurysms [median (IQR), 21.35° (18.48–23.98°), P < 0.001]. In addition, the smaller β angle in the unaffected contralateral group was statistically significant when compared to that of healthy subjects (P < 0.001).

By comparing the Clinoid@Ophthalmic angle, we found that the γ angle was significantly smaller in patients with paraclinoid aneurysms [median (IQR), 81.30° (75.83–98.30°)] when compared with subjects with unaffected sides [median (IQR), 95.40° (85.00–111.00°), P < 0.01] and control patients with no aneurysms [median (IQR), 115.35° (96.08–131.78°), P < 0.001]. Finally, the γ angle in the unaffected contralateral group was significantly smaller when compared to that of healthy subjects (P < 0.001).

The mean aneurysm sizes and the mean neck sizes were 3.97 ± 1.12 mm, and 3.21 ± 1.63 mm, respectively. No correlation between α, β, and γ angles and aneurysm size of aneurysm neck size was reported. Notably, the inclination carotid siphon angles were not statistically significant for aneurysm morphology.

Optimal Cutoff Thresholds

Analysis of ROCs revealed optimal cutoff thresholds for the carotid siphon angles and distinguished between patients with paraclinoid aneurysms and healthy controls (Figure 5). Results showed that the anterior angle (β) was the best identifier in discriminating between aneurysmal and non-aneurysmal carotid siphons, with an optimal β threshold of 18.25° (AUC, 0.861), a sensitivity of 78.6%, and a specificity of 83.3%. The optimal posterior angle (α) threshold was 98.55° (AUC, 0.753), with a sensitivity and specificity of 69.0 and 73.8%, respectively. The optimal Clinoid@Ophthalmic angle (γ) threshold was 85.3° (AUC, 0.816), with a sensitivity and specificity of 61.9% and 90.5%, respectively.

Matched Pair Analysis

Bilateral DSA images were available for 31 patients with unilateral paraclinoid aneurysms. Aneurysmal carotid siphon
FIGURE 3 | Angle measurement in a patient with unilateral carotid siphon aneurysms. (A) ①, Passes through the centerline of the vertical cavernous segment vessel. ②, Passes through the centerline of the horizontal cavernous segment vessel. ③, Passes through the centerline of the clinoid segment vessel. ④, Passes through the centerline of the ophthalmic segment vessel. α, Carotid siphon posterior bend angle. β, Carotid siphon anterior bend angle. γ, Carotid siphon Clinoid@Ophthalmic bend angle. Images (B–E) from the same patient. (B,C) Volume rendering image of bilateral three-dimensional rotational angiography data of a patient with unilateral paraclinoid aneurysm. (C) The aneurysmal side (yellow arrow). (D) DSA of the unaffected contralateral side. (E) DSA of the aneurysmal side (yellow arrow). 3D-DSA: three-dimensional digital subtraction angiography.
Sex-matched control group.

Table 4 Comparison of patients with paraclinoid aneurysms with the age- and sex-matched control group.

|                  | Patients (n = 42) | Controls (n = 42) | P-value |
|------------------|------------------|------------------|---------|
| Age (Y)          | 58.2 ± 10.1      | 56.1 ± 13.0      | 0.538   |
| Gender           |                  |                  |         |
| Male             | 12               | 12               | 1.0 ns  |
| Female           | 30               | 30               |         |
| Hypertension     | 16               | 14               | 0.649 ns|
| Smoking          | 15               | 12               | 0.483 ns|
| Hyperlipidaemia  | 9                | 12               | 0.450 ns|
| Diabetes mellitus| 11               | 8                | 0.434 ns|
| Siphon type, n (%)|                  |                  |         |
| “U”              | 16 (38.1%)       | 17 (40.5%)       |         |
| “V”              | 15 (35.7%)       | 13 (31.0%)       |         |
| “C”              | 5 (11.9%)        | 8 (19.0%)        |         |
| “S”              | 6 (14.3%)        | 4 (9.5%)         |         |
| Aneurysm dome size (mm, mean ± SD) | 3.97 ± 1.12 |         |         |
| Aneurysm neck size (mm, mean ± SD)  | 3.21 ± 1.63 |         |         |

SD, standard deviation.

Aneurysm dome size (mm, mean ± SD) = 3.97 ± 1.12
Aneurysm neck size (mm, mean ± SD) = 3.21 ± 1.63

Multivariate Analysis

After adjusting for confounding factors such as hypertension, smoking, hyperlipidemia, and diabetes mellitus, our analysis showed that the posterior angle (α) (OR = 0.953, 95% CI: 0.914–0.993, P < 0.05), anterior angle (β) (OR = 0.690, 95% CI: 0.549–0.867, P < 0.001), and Clinoid@Ophthalmic angle (γ) (OR = 0.958, 95% CI: 0.926–0.991, P < 0.01) were independently associated with the presence of paraclinoid aneurysms (Table 5).

Discussion

Previous studies have investigated a possible correlation between adjacent vessels and the presence of aneurysms at the internal carotid artery (10, 24, 25). Adel et al. (10) evaluated the mean and peak curvatures of the intracranial ICA and showed that the presence of sidewall aneurysms was highly correlated with curvature in all the genders. Non-aneurysmal ICAs were more curved in women than men, which could explain the increased predisposition to aneurysm formation in women. Similarly, Hu et al. (24) reported that the correlation between the angles at C7 and C6, the ICA, and the presence of symptomatic PcoA; with smaller angles being significantly associated with increased frequency of PcoA. Finally, Rosato et al. (25) showed that ICA angulation at the PcoA origin is significantly higher in vessels harboring PcoA aneurysms when compared with non-aneurysmal ICAs. Furthermore, the carotid siphon constitutes an exceptional zone because of the conjunction of a tortuous vessel segment and high blood flow. Evidence from previous studies has indicated that the two distinct bends of the carotid siphon are defined as anterior angle and posterior angle, connected by a horizontal section (26, 27). Lin et al. (27), using 3D images from 83 patients with intracranial ICA aneurysms, proposed a classification for the carotid siphon based on measurements of the anterior and posterior angle geometry, and used this for interventional treatment therapy in preoperative decision making.

Unlike earlier reports, here we incorporated not only data derived from the carotid siphon of the posterior and anterior angles but also measured the angle of C5 and C6 (Clinoid@Ophthalmic) to describe the carotid siphon. The Clinoid@Ophthalmic angle not only represents the turning point of the internal carotid artery but also the opening of the ophthalmic artery. The findings of Liu et al. (18) who analyzed morphological parameters from a group with ruptured or unruptured paraclinoid aneurysms, suggesting that the association of irregular shape, larger energy loss, and concentrated inflow jet are associated with aneurysm rupture.

In this study, due to clinical practicality, we used a simple and reproducible method and selected only three basic geometrical parameters as independent variables, while other complicated geometrical and three-dimensional parameters, such as non-sphericity index, inflow angle, and undulation index, were excluded. We focused only on carotid siphon angles to eliminate variables with parent arteries, associated with a refined statistical analysis to identify independent variables caused by angle variation. Our results showed significant differences in the carotid siphon angle between patients who were aneurysmal...
Univariate statistical analysis of angles $\alpha$, $\beta$, $\gamma$. 

|                | Aneurysmal (A) | Contralateral (C) | Healthy (H) |
|----------------|---------------|-------------------|-------------|
| Posterior angle ($\alpha$) | 85.55° (67.85–102.90°) | 97.50° (90.70–105.50°) | 103.55° (92.55–116.50°) |
|                | A vs C $P < 0.05$ | C vs H $P < 0.01$ | A vs H $P < 0.001$ |
| Anterior angle ($\beta$) | 16.95° (15.63–18.20°) | 19.30° (16.90–20.60°) | 21.35° (18.48–23.98°) |
|                | A vs C $P < 0.01$ | C vs H $P < 0.001$ | A vs H $P < 0.001$ |
| Clinoid@Ophthalmic angle ($\gamma$) | 81.30° (75.83–98.30°) | 95.40° (85.00–111.00°) | 115.35° (96.08–131.78°) |
|                | A vs C $P < 0.01$ | C vs H $P < 0.001$ | A vs H $P < 0.001$ |

Shown are the median and interquartile range for patients with paraclinoid aneurysms, unaffected contralateral groups, and healthy control groups.
blood flow to deviation and impact on the blood vessel wall, leading to changes in WSS.

Evidence from compelling neuroimaging results suggests a relationship between increased carotid siphon tortuosity and
paracclinoid aneurysms. Sugiyama et al. (28) compared the carotid siphon to a meandering river in the natural world and reported that meandering rivers experience less erosion on the side with the lesser curve when compared with the side with the greater curve. Also, the riverbed is more easily formed on the side with the lesser curve and it experiences a lower flow velocity. Anatomically, vessels with more curvature are associated with lower WSS and higher wall shear oscillations. The flow of blood into the tortuous part of the blood vessel changes the pattern of blood flow from laminar to turbulent flow, producing areas of locally lower WSS on the inner wall of the bend and areas of higher WSS at the outer wall of the bend (29, 30). According to the high-flow theory, the abnormal increase in WSS stretches collagen and elastic fibers causing focal endothelial injury and structural changes. These events cause a gradual dilatation and enlargement of the intracranial aneurysm wall. However, the low-WSS theory states that the blood flow in the lumen of the artery slows down, and thus recruits inflammatory cells such as macrophages, lymphocytes, neutrophils, and platelets. Further investigation has revealed that the release of pro-inflammatory mediators and oxidative stress promotes vascular injury and endothelial dysfunction. An injury to endothelial cells inflicted by different stressors induces matrix protein degradation, the production of vasoconstrictive agents and oxidants, leukocyte rolling and adhesion, integrin-mediated firm adhesion, and diapedesis, all resulting in arterial wall remodeling (31). Thus, assessment of tortuosity with such deviant morphology could potentially enable follow-up for assessment of longitudinal risk evaluation of aneurysm initiation. Further validation and in-depth exploration of this hypothesis require computational fluid dynamic studies, which will be the focus of future research. Future prospective studies are needed to elucidate potential causal vs. associative relationships.

This study has established evidence and suggests a correlation between aneurysm occurrence and vessel angulation but does not demonstrate causality. It is expected that the presence of an aneurysm could have changed the morphology of the vessel and increased the bending of the carotid siphon at the ICA. However, our analysis showed no association between carotid siphon angles and aneurysm sizes. It is notable that unaffected contralateral groups had significantly smaller carotid siphon angles when compared to healthy controls, demonstrating that increased vessel tortuosity may precede aneurysm formation. This is consistent with the results of previous studies (14, 32). Tutino et al. used rabbit models to show that increased vascular tortuosity preceded the establishment of aneurysms after bilateral carotid ligation (29). Kornelia et al. also compared ICA tortuosity to age and gender-matched healthy controls, as well as objectively assessing ICA tortuosity using five mathematical parameters based on angle and length. They discovered that aneurysm and SAH patients had increased tortuosity and a smaller mean ICA diameter than healthy controls, and concluded that the presence of aneurysms did not significantly affect the tortuosity of their supplying arteries (14).

**Limitations**

There were some limitations to this study. First, we focused uniquely on anatomical factors but other factors, such as clinical history and genetic factors, are also considered to have a vital role in the natural history of aneurysms and it will be necessary to add these risk factors to future studies. Second, as a two-center and retrospective study, potential regional and selection biases may have existed in the patient population and therefore, a more prospective multi-center, large sample study is warranted. Third, this study was based on cross-sectional data, and as such, future longitudinal studies analyzing larger sample sizes are needed to verify the reproducibility of the results. Fifth, owing to the aforementioned limitations, it remains poorly understood whether the presence of aneurysms affects the geometry of the parent vessels and prospective studies would be needed to further address this issue.

**CONCLUSIONS**

The morphology of the carotid siphon at the site of paracclinoid aneurysms is characterized by a significantly sharper bend in patients with paracclinoid aneurysms when compared with the contralateral or healthy carotid siphons. An optimal anterior angle threshold of 18.25° (78.6% specificity and 83.3% sensitivity) was established for the discrimination of patients with aneurysms from healthy controls. In addition, our data indicated that the posterior, anterior, and Clinoid@Ophthalmic angles of the carotid siphons might play an important role in the formation of paracclinoid aneurysms. These practical morphological parameters specific to paracclinoid aneurysms are easy to assess and may aid in risk assessment in these patients.

**DATA AVAILABILITY STATEMENT**

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding authors.

**ETHICS STATEMENT**

The studies involving human participants were reviewed and approved by the Ethics Committee of the Fourth Affiliated Hospital of Anhui Medical University. Written informed consent
for participation was not required for this study in accordance with the national legislation and the institutional requirements.

**AUTHOR CONTRIBUTIONS**

SL analyzed the data, framed it, and wrote the manuscript. YJ analyzed data and edited manuscripts. XZ and XW collected the imaging data. YZ, LJ, and GL collected the clinical data. TJ and XZ designed and supervised the paper and finalized the manuscript. All the authors reviewed the manuscript and made a significant contributions to this manuscript. All authors contributed to the article and approved the submitted version.

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The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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