Emergent and evolving antimicrobial resistance cassettes in community-associated fusidic acid and meticillin-resistant *Staphylococcus aureus*

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Fusidic acid is a topical and systemic antimicrobial used for the treatment of staphylococcal infections in hospitals and the community. Sales of fusidic acid and resistance rates among meticillin-resistant *Staphylococcus aureus* (MRSA) doubled between 1990 and 2001. For the following decade, fusidic acid resistance rates among isolates from Addenbrooke’s Hospital (Cambridge, UK) were compared with national resistance rates from MRSA bacteraemia surveillance data and with antimicrobial sales data. Sales of fusidic acid remained relatively constant between 2002 and 2012, whilst fusidic acid resistance increased two- and four-fold in MRSA bacteraemias nationally and in MRSA isolates from Cambridge, respectively. A subgroup of MRSA resistant only to fusidic acid increased after 2006 by 5-fold amongst bacteraemias nationally and 17-fold (to 7.7% in 2012) amongst Cambridge MRSA isolates. All of the available local isolates from 2011 to 2012 (n = 23) were acquired in the community, were not related epidemiologically and belonged to multilocus sequence typing (MLST) groups ST1, 5, 8, 45 or 149 as revealed from analysis of whole-genome sequence data. All harboured the *fusC* gene on one of six distinct staphylococcal cassette chromosome (SCC) elements, four of which were dual-resistance chimeras that encoded β-lactam and fusidic acid resistance. In summary, fusidic acid-resistant MRSA increased in prevalence during the 2000s with notable rises after 2006. The development of chimeric cassettes that confer dual resistance to β-lactams and fusidic acid demonstrates that the genetics underpinning resistance in community-associated MRSA are evolving.

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1. Introduction

The emergence and dissemination of community-associated meticillin-resistant *Staphylococcus aureus* (CA-MRSA) lineages in the community [1] and hospital settings [2] pose a significant clinical problem due to the lack of response to first-line empirical antimicrobials (β-lactams). Alternative agents that can be easily administered in either setting are required, particularly in light of the fact that skin and soft-tissue infections (SSTIs) are now the predominant known cause of MRSA bacteraemia in England (R. Hope, personal communication). One option is fusidic acid, which is licensed in Western Europe, Canada, Australia, New Zealand and numerous countries in Asia (but not in the USA) [3] for the topical treatment of superficial staphylococcal infections affecting the skin and eye as well as for systemic administration for deep-seated infections including those of the bones and joints.

The utility of fusidic acid depends on the rate of resistance, which differs between countries [4,5]. For example, the rate of
resistance among S. aureus in 2007–2008 in the USA was only 0.3% compared with 7% in Canada and Australia and 11.8% in the UK [4,5]. Fusidic acid inhibits protein synthesis by preventing the turnover of elongation factor G (EF-G) from the ribosome, and resistance usually emerges through point mutation(s) in the chromosomal gene encoding EF-G (fusA), which typically confers high-level resistance [6]. More rarely, lower-level resistance can arise via the acquisition of factors that protect the translational machinery (encoded by plasmid-borne genes fusB or fusC) [5,7].

Fusidic acid resistance among MRSA causing bacteraemia in the UK increased from 1.8% in 1990 to 5.5% in 2001, which accompanied the increased use of this drug from 1.2 tonnes (t) to 3 t annually during the same period [8]. In this study, fusidic acid usage was compared with fusidic acid resistance rates in bacteraemia isolates in the decade from 2002 in England. Fusidic acid resistance in all MRSA (bacteraemia and non-bacteraemia) was investigated by examining data from patients admitted to Addenbrooke’s Hospital in Cambridge (UK). This was complemented with a detailed genomic investigation of the resistance mechanisms of MRSA isolates that were resistant to fusidic acid but susceptible to the panel of other drugs commonly tested. Specifically, the hypothesis that fusidic acid resistance had emerged and was disseminating via a mobile genetic element in one or more CA-MRSA lineages was examined.

2. Methods

2.1. Antimicrobial usage data, and local and national surveillance data

National antimicrobial prescription data collected by IMS Health (London, UK) between 2002 and 2012 were supplied and analysed for changes in the amounts and proportions of the drug that was sold. National surveillance data for MRSA bacteraemias submitted by National Health Service (NHS) trusts to Public Health England via the voluntary reporting system [9] between 2002 and 2013 was accessed. From 2002 to 2013, the overall percentage of MRSA reported with associated fusidic acid susceptibility data was 76% (median annual percentage 80.8%, range 71.8–89.0%), whilst the overall percentage with susceptibility data for fusidic acid, a β-lactam drug, erythromycin, ciprofloxacin, gentamicin and tetracycline was 38.1% (median annual percentage 51.9%, range 23.7–65.2%) (Supplementary Fig. S1). To examine local trends, the microbiology laboratory database at Cambridge University Hospitals NHS Foundation Trust (CUH) was accessed to identify all patients who were MRSA-positive between 2002 and 2013. This demonstrated that >90% of first isolates of MRSA had been tested for fusidic acid plus a β-lactam drug, erythromycin, ciprofloxacin, gentamicin and tetracycline between 2002 and 2013 (Supplementary Fig. S1). Data were collected on the first MRSA-positive sample from each case and included year of isolation, patient location at the time of sampling and sample type. Cases with an MRSA isolate that was resistant to fusidic acid but otherwise susceptible to other routinely tested drugs were identified and were expressed as a proportion of the MRSA tested for fusidic acid per year (see Supplementary Fig. S1).

2.2. Local clinical setting and microbiology

CUH is a 1000-bed secondary and tertiary referral hospital. The on-site Clinical Microbiology and Public Health Laboratory provides diagnostic microbiology services to CUH, two additional NHS trusts and three primary care trusts in the area. For CUH, ca. 600 000 clinical specimens are processed per year including screening samples for MRSA, which since 2009 have been taken for all emergency and elective admissions. Antimicrobial susceptibility testing was performed by the diagnostic laboratory at CUH for cefoxitin, erythromycin, ciprofloxacin, gentamicin, tetracycline, rifampicin, fusidic acid and mupirocin using the disk diffusion method as defined by the British Society for Antimicrobial Chemotherapy [10]. Additional testing was performed using a VITEK® 2 instrument (bioMérieux, Marcy-l’Étoile, France) to determine susceptibility to oxacillin, trimethoprim/sulfamethoxazole, linezolid and tigecycline as well as the minimum inhibitory concentration (MIC) to fusidic acid.

2.3. Bacterial genome sequencing and sequence analysis

DNA was extracted from S. aureus, sequencing libraries were prepared and whole-genome sequencing (WGS) was performed on an Illumina MiSeq instrument (Illumina Inc., San Diego, CA) as previously described [11]. The genome data have been deposited in the European Nucleotide Archive (see Supplementary Table S1). Multilocus sequence typing (MLST) types were assigned from the sequence data [11]. Having established the sequence type (ST), sequence reads were mapped to the relevant reference genome representing four STs (ST1, ST5, STB and ST45; accession nos. BX571857, BA000018, CP000255 and BX571856, respectively) using SMALT (https://www.sanger.ac.uk/resources/software/smal/)[12]. Single nucleotide polymorphisms (SNPs) were identified using a standard approach by removing SNPs with low quality scores and by filtering for SNPs that were present in >75% of the mapped reads [11]. Mobile genetic elements were excluded from the resulting whole-genome alignments [13]. Genes encoding antimicrobial resistance were detected by mapping a pseudomolecule that included the known acquired fusidic acid resistance genes in S. aureus (Supplementary Table S2) against de novo genome assemblies using SMALT. This allowed the same gene to map multiple times to the assembly using 90% nucleotide identity as the cut-off for detection as described previously [11]. Sequence reads were also mapped against the susceptible variant of the fusA gene (encoding the EF-G) to detect mutations conferring resistance towards fusidic acid. Staphylococcal cassette chromosome (SCC) regions were visualised (including sequence coverage and SNP variations) using Artemis [14] and were compared using the Artemis Comparison Tool. The fusC-encoding region in the STB isolate (MRSA18) was highly fragmented and was not analysed further. Maximum likelihood phylogenies of the SCCs were estimated using RAxML [13].

3. Results

3.1. Trends in fusidic acid sales and MRSA fusidic acid resistance

The amount of fusidic acid prescribed annually in the UK was relatively constant at ca. 3 t between 2002 and 2009, with a decrease to 2.5 t in 2012 (Fig. 1A). The majority (78–85%) of fusidic acid was prescribed in the community, of which between 82% and 90% was for topical use (Fig. 1A). By contrast, topical preparations accounted for 9–13% of fusidic acid sales in the hospital (data not shown). Contrary to the modest decline in overall sales of fusidic acid, the percentage of fusidic acid resistance amongst MRSA bacteraemia isolates in England approximately doubled over the same time period (Fig. 1B). Notably, MRSA bacteraemia isolates that were only resistant to fusidic acid but were otherwise susceptible were not detected in 2002 but steadily increased in number to reach 2.4% of MRSA bacteraemia isolates by 2012 and 3.9% in 2013 (Fig. 1B). These increases occurred in the context of a six-fold decrease in national MRSA bacteraemias, from a peak of 5522 cases in 2003 to 887 cases in 2013 (Fig. 1B).

To investigate whether these bacteraemia surveillance data were representative for MRSA isolated from other sample sites, the
were available of percentage number antimicrobials (MRSA) of the community, prescribed calculated 7% total line), of resistant in 5.4% and 2013, the number increased in 2013, all but 1 case (P8) was MRSA-positive within 48 h of admission, and the median age was low for MRSA carriage (30 years) (Table 1). From this, we concluded that these were sporadic cases and that MRSA colonisation was likely to have originated in the community.

Genetic investigation using WGS revealed that the 23 isolates (designated MRSA1 to MRSA23) from these patients were associated with six different STs from four clonal complexes (CCs) [CC1 (ST1); CC5 [ST15, 149 and 2942 (a single-locus variant of ST149)]; CC45 (ST45); and CC8 (ST8)] (Table 1), demonstrating that multiple lineages of fusidic acid-mono-resistant MRSA had arisen via independent genetic events. Of these STs, five have been reported previously to contain examples of CA-MRSA [16–19]. The relatedness of isolates belonging to the same ST was then investigated by mapping the genomes to a reference genome of the same MLST CC. The two most closely related isolates (MRSA15 and MRSA17, both ST149), isolated 8 weeks apart from paediatric urology and adult oncology patients, respectively, were distinguished by 14 SNPs distributed throughout the core genome (Supplementary Table S3). An estimate based on a similar mutation rate identified in S. aureus [20] suggests that these two isolates diverged from a common ancestor over ca. 16 months. These findings are indicative of sporadic MRSA carriage, with no evidence for direct transmission links.

3.3. Genetic basis for fusidic acid resistance

Despite being genetically disparate, all of the isolates were classified as having low-level resistance to fusidic acid (MICs of 2–64 mg/L), which is consistent with a transferable resistance mechanism [6,7]. This proved to be the case, since all isolates were positive for fusC and had wild-type fusA. The genetic regions around fusC showed that this gene resided within SCC elements, which are most widely known for harbouring the β-lactam resistance gene mecA. Visualisation of the gene content and order within the fusC-encoding cassettes revealed six different types of SCC that belonged to two distinct classes [21].

The first class contained two of the six fusC-encoding SCCs, which were adjacent to an SCCmecIV [22,23] element forming large composite islands (Fig. 2A). These two composite islands were each unique to a specific lineage (ST1 or ST149/ST2942) (Table 2) and differed in size (45 kb vs. 42 kb, respectively). Within each island, the SCC elements were each flanked by direct repeat sequences (DRscc) that demarcated the individual cassettes [23]. A phylogenetic analysis of the 10 isolates with these composite islands indicated that the fusC SCC elements were almost identical within a given ST (maximum difference of two SNPs) (Fig. 2B). A comparison was performed between these and previously described composite islands. The cassette in the ST1 isolates (with the exception of MRSA3, see below) was identical to the previously described SCC476 (Fig. 2B;
Table 1
Clinical characteristics of patients positive for meticillin-resistant Staphylococcus aureus (MRSA) at Addenbrooke’s Hospital (Cambridge, UK).

| Patient no./isolate no. | Age (years) | Specialty | Reason for presentation | History of skin disease | MRSA isolated within 48 h of admission | Hospital contact in previous 12 months | Isolate sequence type |
|-------------------------|-------------|-----------|-------------------------|-------------------------|----------------------------------------|----------------------------------------|----------------------|
| P1/MRSA1                | 4           | Paediatric ENT | Elective surgery         | +                       | −                                      | –                                     | ST149                |
| P2/MRSA2                | 22          | General surgery | Biliary colic            | –                       | +                                      | –                                     | ST1                  |
| P3/MRSA3                | 20          | Obstetrics     | Childbirth               | −                       | +                                      | –                                     | ST1                  |
| P4/MRSA4                | 70          | Cardiology     | Arrhythmia               | −                       | +                                      | –                                     | ST149                |
| P5/MRSA5                | 36          | ENT           | Elective surgery         | −                       | +                                      | ST2942                                |                      |
| P6/MRSA6                | 83          | Orthopaedics   | Elective surgery         | −                       | +                                      | –                                     | ST1                  |
| P7/MRSA7                | 44          | General medicine | Chest pain              | −                       | +                                      | ST5                                   |                      |
| P8/MRSA8                | 69          | Cardiology     | Chest pain               | +                       | −                                      | ST45                                  |                      |
| P9/MRSA9                | 19          | General surgery | Acute pain              | −                       | +                                      | ST45                                  |                      |
| P10/MRSA10              | 19          | A&E           | Deep vein thrombosis     | +                       | −                                      | ST5                                   |                      |
| P11/MRSA11              | 27          | ENT           | Elective surgery         | −                       | +                                      | ST45                                  |                      |
| P12/MRSA12              | 49          | Plastics       | Elective surgery         | −                       | +                                      | ST45                                  |                      |
| P13/MRSA13              | 21          | ENT           | Elective surgery         | −                       | +                                      | ST149                                 |                      |
| P14/MRSA14              | 41          | A&E           | Trauma                   | −                       | +                                      | ST1                                   |                      |
| P15/MRSA15              | 5           | Paediatric urology | Elective surgery     | −                       | +                                      | ST149                                 |                      |
| P16/MRSA16              | 47          | ENT           | Elective surgery         | −                       | +                                      | ST45                                  |                      |
| P17/MRSA17              | 54          | Oncology      | Day case                 | −                       | +                                      | ST149                                 |                      |
| P18/MRSA18              | 40          | Obstetrics     | Childbirth               | +                       | +                                      | ST8                                   |                      |
| P19/MRSA19              | 30          | Obstetrics     | Childbirth               | −                       | +                                      | ST45                                  |                      |
| P20/MRSA20              | 2           | Paediatric dermatology | Recurrent eczema       | +                       | −                                      | ST45                                  |                      |
| P21/MRSA21              | 73          | Oncology      | Day case                 | +                       | +                                      | ST45                                  |                      |
| P22/MRSA22              | 27          | Obstetrics     | Childbirth               | −                       | +                                      | ST1                                   |                      |
| P23/MRSA23              | 19          | A&E           | Trauma                   | −                       | +                                      | ST45                                  |                      |

ENT, ear, nose and throat; A&E, accident and emergency.

Table 2, whereas the cassette that encoded fusC in ST149 was novel compared with both of the previously described fusC-encoding SCC elements (SCC476 and SCCfusC) [24,25].

The second class contained the four remaining genetic elements, which consisted of a single fused, or chimeric, SCC element that contained both the meca and fusC resistance genes, rather than two adjacent SCC elements. These elements were 18–25 kb in size, were flanked by single DR_{ec} sequences at either end of the cassette and were designated SCCmec-fus I–IV (Fig. 3A). Phylogenetic analysis of these chimeric elements showed that ST45 and ST1 each carried a unique cassette but that isolates within the same ST carried the same element. By contrast, ST5 isolates carried two different cassettes (Fig. 3B; Table 2). The meca or fusC portions of the cassettes matched the corresponding parts of SCCmec IV and SCC476 in the public sequence database (GenBank, 2 September 2014), but we found no cassettes that encoded meca and fusC within the same compact and complete SCC region.

In the chimeric element from isolate MRSA3 (SCCmec-fus I), a 32-bp region that was present in both SCCmecIVa and SCC476 was identified (1) and (2) in Fig. 3A, but was in single copy in SCCmec-fus I. This region was flanked to the left by DNA that was identical to SCCmecIVa and to the right by DNA that was identical to SCC476. We propose that homologous recombination involving this region led to the junction (“1)/(2)” in Fig. 3A) and the resultant recombined element SCCmec-fus I. The other cassettes, SCCmec-fus II–IV, showed different homology patterns to the SCCmec-like and the SCC476 cassettes, indicating independent recombination events that have created new chimeric resistance cassettes in MRSA.

Table 2
Six genetic elements associated with meticillin and fusidic acid resistance.

| Cassette                  | Sequence type | Patient isolates | Closest published homologues |
|---------------------------|---------------|------------------|-----------------------------|
| Composite islands (two adjacent SCCs, encoding either fusC or meca) | ST1           | MRSA2, 6, 14, 22 | SCC476 [24] and SCCmecIVa [22] |
| SCC476 and SCCmecIVa      | ST1           | MRSA1, 4, 5, 13, 15, 17 | SCCmecIVa [22] and SCCfusC [25] |
| SCCmec-fus I              | ST1           | MRSA3            | N/A                         |
| SCCmec-fus II             | ST5           | MRSA7            | N/A                         |
| SCCmec-fus III            | ST5           | MRSA10           | N/A                         |
| SCCmec-fus IV             | ST45          | MRSA8, 9, 11, 12, 16, 19, 20, 21, 23 | N/A |

SCC, staphylococcal cassette chromosome; N/A, not applicable.
4. Discussion

More than 50 years since the first use of fusidic acid, we describe new trends in fusidic acid resistance. MRSA resistant only to fusidic acid increased in prevalence and number between 2002 and 2013. This coincided with the spread of fusC on various horizontally transferred chromosomal cassettes, including the newly described SCCmec-fusC chimeric cassettes, in genetically diverse CA-MRSA.

Current data suggest recent global spread of fusC MRSA, with an association with the epidemic ST239 clone in Taiwan [25], and the emergence of diverse fusC MRSA in New Zealand following increased usage of fusidic acid since 2000 [26]. Previous UK data have shown that between 1990 and 2001 annual sales of this drug more than doubled from 1.2 t to 3 t [8], whilst fusidic acid resistance in MRSA in the UK bacteraemia isolates increased from 1.8% to 5.5%. In this study, we examined the decade from 2002, during which the epidemiology of MRSA in the UK changed significantly. Efforts to control hospital-associated MRSA (HA-MRSA) and the subsequent reduction in MRSA bacteraemias since 2007 may have reduced the dissemination of HA-MRSA beyond healthcare settings but has been associated with an expansion of CA-MRSA in the community setting. Fusidic acid sales remained at ca. 3 t until 2009 and subsequently decreased, mostly due to decreased use in hospitals. Nevertheless, fusidic acid resistance amongst MRSA increased to ca. 20%. This is likely to result in more failures of fusidic acid treatment for superficial infections in the community [27,28]. Subsequent empirical systemic treatments (i.e. with β-lactams and prior to culture) will also likely fail and may then result in more severe and disseminated infection. This is of particular relevance given that SSTIs have become the leading source of bacteraemia in England since 2009 (R. Hope, personal communication). This association with SSTIs was consistent with data from CUH, where the majority (71%) of samples taken for clinical reasons (i.e. not including screening samples) were from skin or soft tissue. fusC accounted for all of the fusidic acid resistance detected amongst these emergent and genetically diverse MRSA, demonstrating that, regardless of other mechanisms, fusC is highly disseminated. fusC was found on six different genetic elements, including four elements that were chimeras of two SCCs, one encoding fusC and the other encoding β-lactam resistance (meca). These new SCCmec-fusC cassettes were compact dual-resistance cassettes that are defined by normal SCC borders and encoded the machinery necessary for mobilisation. This new mechanism for the accrual of drug resistances into a single compact element has the potential to efficiently transfer multiple resistance genes and could lead to further increases in multidrug resistance amongst S. aureus, effectively breathing new life into the evolution of MRSA. This bears a resemblance to the accumulation of drug resistance in Gram-negative bacteria. These genetic rearrangements would have been difficult, if not impossible, to dissect in detail using traditional technologies such as PCR and DNA–DNA hybridisation currently employed for routine molecular epidemiological surveillance. This highlights the importance of introducing routine WGS to complement and enhance existing surveillance schemes.

These findings have two important implications for antibiotic stewardship. First, they reinforce the hazards of using valuable systemic antimicrobials as topical agents widely in the community [29]. The convenience of topical therapy needs to be balanced...
against the risk of promoting resistance. We believe that it is sensible to restrict the use of topical fusidic acid to short courses and to avoid intermittent use [30] for patients outside hospital, together with close monitoring of local antibiotic susceptibility patterns for evidence of the further spread of fusidic acid-resistant MRSA. Second, traditional approaches to combat antimicrobial resistance, such as decreasing the use of a drug in order to reduce selective pressure, may not be effective based on the current findings. This strategy relies upon different resistance mechanisms being genetically independent of each other. By contrast, genetically linked resistances, such as those we describe, will be co-selected by multiple drugs and any strategies to switch or rotate antimicrobial usage must therefore take account of genetically linked resistances. Most treatment guidelines are based on phenotypic resistance rates alone and consider each antimicrobial class as a discrete unit, further underscoring the value associated with the routine use of WGS for surveillance purposes.

5. Conclusions

Fusidic acid resistance amongst MRSA underwent a rapid increase after 2008, more than 50 years after its first use. The heaviest use of fusidic acid occurred in the community, where diverse MRSA that were only resistant to fusidic acid were emerging rapidly, with both known and novel SCCs. The observation of four distinct SCCs that have evolved as chimeras of multiple
progenitor cassettes to create compact (<25 kb) dual antimicrobial resistance (SCCs) signals a new mechanism underpinning the development of MRSA and the accrual of multiple resistance genes in S. aureus. The cumulative evidence supports the premise that use of fusidic acid in the community is driving the selection of fusC-encoding cassettes, including composite SCCmec-fusC cassettes that can become introduced into hospitals, and highlights the need to control MRSA both in the hospital and community settings.

These findings illustrate the value of combining macro data (i.e. antimicrobial sales and national surveillance data) with local data and targeted molecular investigations that use WGS to dissect changes in MRSA epidemiology. The information we gain with these approaches will help to inform future control strategies for MRSA as it continues to change.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at http://dx.doi.org/10.1016/j.ijantimicag.2015.01.009.

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Competing interests

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Ethical approval

Ethical approval for this study was received from the Local NHS Research Ethics Committee. Research and Development (R&D) approval for whole-genome sequencing was granted by the R&D Department at Cambridge University Hospitals NHS Foundation Trust.

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