Colonic tubular adenoma with incidental oxyntic gastric heterotopia

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Abstract
Oxyntic gastric heterotopia (GH) in the colon is not common. Its presence in a colon tubular adenoma is even rare. A 73-year-old woman with a history of resected colon carcinoma underwent periodical colonoscopies for the removal of tubular adenomas for 12 years. In the last colonoscopy, a sessile, non-ulcerated polyp, centrally depressed, with a smooth surface, measuring 20 mm, located at 50 cm from the anal verge was excised. A histological study identified a tubular adenoma with focal low-grade dysplasia and ectopic gastric oxyntic epithelium. The GH, composed of parietal and chief cells, and was found incidentally. Oxyntic GH in a tubular adenoma is extraordinarily rare. To the best of our knowledge, there is only one previously published case. The main possible difficulties and/or errors in the diagnosis include a tissue floater or a cross-contaminant. Precise diagnosis of oxyntic GH is basic for appropriate management. Diagnosis relies on histopathological examination. The immunohistochemical study for mucin 6 (MUC6) can confirm the nature of the epithelium. Oxyntic GH has the potential to produce serious complications including tumor development. However, GH is considered a benign disease and adenocarcinoma rarely occurs in the heterotopic mucosa. The optimal treatment of oxyntic GH associated with a tubular adenoma is endoscopic complete polypectomy.

Keywords: heterotopia, gastric heterotopia, tubular adenoma, heterotopic oxyntic mucosa, colon.

Introduction
Gastric heterotopia (GH) consists of the presence of mature gastric mucosa in an anatomical location where it is not normally found. Heterotopia must be differentiated from metaplasia. Metaplasia results in the conversion of one type of differentiated tissue into another. That process occurs in areas of tissue regeneration caused by mechanical damage, inflammation, toxicity, or abnormal hormonal stimulation [1]. GH can be observed throughout the alimentary canal from the nasopharynx and oral cavity to the anus [2, 3]. GH has also been described in the pancreatic-biliary tract [4–6]. The lesion has even been observed outside the digestive tract, such as the mediastinum [7], serotum [8], and spinal cord [9, 10]. GH has been reported in children and adults and presents a slight male predominance [2]. Most cases are observed in the esophagus (“the inlet patch”), duodenum, and Meckel’s diverticulum [3, 11–13]. The GH is usually solitary [2, 14] and rarely involves the colon, rectum, or anus (“the outlet patch”) [2, 15–17]. Thus, Terada, in a study of 3328 biopsies of the gastrointestinal (GI) tract, observed that the frequency of GH amounted to 8% in the esophagus, 11% in the duodenum, and 0% in the colorectum [12]. In a Chinese study, none of 3504 patients who underwent colonoscopy were diagnosed with GH [11]. Since the initial description by Ewell & Jackson [18], less than 50 cases of GH located in the large intestine have been published [19]. Most cases have been described in the rectum [2]. Histopathologically, GH may show oxyntic-type epithelium, or pyloric-type epithelium [20]. The pathogenesis of the lesion has been considered developmental or acquired depending on the type of epithelium observed [21].

GH is usually a benign condition. It may be asymptomatic or may present GI symptoms. Awareness of this lesion is clinically relevant as it may produce serious complications. On the other hand, this condition endoscopically can display a neoplastic appearance [3]. Furthermore, the lesion can be associated with a benign [22] or malignant neoplasm [2, 23].

GH is not common in the colonic mucosa but its presence in a colon tubular adenoma is even rare [24].

Aim
We describe herein the presence of a focus of oxyntic GH in a tubular adenoma of the colon. To the best of our knowledge, only a previous report has described this type of association [24]. The rarity and potentiality of the lesion justifies the documentation of a new case.

Case presentation
A 73-year-old woman was referred for colonoscopy to our Hospital in August 2020. There was a history of colon carcinoma resected in 2008, and polypectomy of three tubular adenomas with low-grade dysplasia in the transverse colon (55–65 cm from the anal verge) in 2014. In addition, two colonic tubular adenomas and a
The antibodies utilized. Automatic staining was accomplished using appropriate tissue control for each antibody. The IHC reaction was performed using appropriate tissue control for the antibodies utilized. Automatic staining was accomplished using the EnVision FLEX+ Visualization System (Dako, Agilent Technologies, SL, Las Rozas, Madrid, Spain). The IHC reaction was performed using appropriate tissue control for the antibodies utilized. Automatic staining was accomplished using the Dako Omnis stainer (Agilent Technologies, SL, Las Rozas, Madrid, Spain; IHC: Immunohistochemical staining). The antibodies used are detailed in Table 1.

| Antibody  | Source | Clone | Dilution | Retrieval solution pH (Dako) |
|-----------|--------|-------|----------|-----------------------------|
| MUC2      | Dako   | CCP58 | FLEX RTU | High                         |
| MUC6      | Gennova| CLH5  | 1:100    | High                         |
| Synaptophysin | Dako | SY38  | FLEX RTU | High                         |
| Chromogranin A | Dako | Polyclonal FLEX RTU | High | |

Dako (Agilent Technologies, SL, Las Rozas, Madrid, Spain); Gennova Scientific, SL, San José de La Rinconada, Sevilla, Spain; IHC: Immunohistochemical; MUC: Mucin; RTU: Ready-to-use.

Histological examination of this polyp identified a tubular adenoma with focal low-grade dysplasia and ectopic gastric oxyntic epithelium (Figure 2A). This epithelium showed all the elements present in normal orthotopic oxyntic mucosa sharply delimited from the surrounding tubules of the adenoma (Figure 2B). The highly specialized cells formed tightly packed glands including parietal and chief cells. Parietal cells were plump, round to oval shaped, pale red, slightly granular cytoplasm. Chief cells were columnar with denser, darker purple cytoplasm. Both types of cells showed small, eccentric, round, uniform nuclei (Figure 3A). H. pylori colonization was not observed. On immunohistochemistry, the oxyntic cells were stained for mucin (MUC6) and were nonreactive for MUC2. The MUC6 immunoreexpression was cytoplasmic (Figure 3B). Synaptophysin and chromogranin A revealed very scant neuroendocrine cells between parietal and chief cells. Epithelial dysplasia or malignancy was not detected in the specialized oxyntic mucosa. The GH measured 1 mm in maximum diameter.

The IHC study confirmed the nature of the epithelium observed with ordinary staining.

**Discussions**

GH has been reported at various locations of the GI tract including the esophagus [11, 12], small intestine [11, 12, 25], colon, rectum, anus [2, 3, 15–17, 21, 26], vermiform appendix [27], gallbladder [4], hilar bile duct [5], and ampulla of Vater [6]. We have planned the discussion in two parts: (A) and (B).

(A) GH in the colon

The colon is the least commonly affected portion of the digestive tube. Thus, less than 20 cases of GH have been reported in the colon [2, 17, 26, 28–39]. GH can be observed in all age groups. The median age is 54 years (range four months–73 years) [2]. It is a bit more common in males (M:F ratio, 1.5:1) [2]. Exceptionally, the lesion is multifocal and may be associated with intestinal and extraintestinal anomalies including vertebral and digital anomalies [26].

Two histological types of GH have been identified: oxyntic and pyloric [20]. Oxyntic (fundic) heterotopia is characterized by a complete mucosal thickness of specialized gastric glands consisting of chief and parietal cells, and a surface lined by gastric foveolar epithelium. Oxyntic heterotopia is believed to represent a developmental anomaly. Pyloric heterotopia is identified by the presence of only gastric foveolar epithelium with absence of specialized gastric glands. This type of heterotopia is believed to be acquired because of inflammation or infection [21]; it, therefore, meets the criteria for gastric metaplasia [12]. Most (85%) reported cases are of the oxyntic type [2].

GH can manifest as hematochezia, and non-specific abdominal symptoms, such as episodic diarrhea or abdominal pain, but most (55%) cases are asymptomatic [2]. Endoscopic appearance may include a prominent mucosal fold, an erythematous mucosa, a diverticulum, an ulcer, or a sessile or pedunculated polyp [3, 29, 40]. Endoscopically, the lesion can even be mistaken for a superficial neoplasm [3]. GH may cause important complications, such as colonic bleeding, iron deficiency anemia [3, 20], intestinal perforation [41], intussusception [42], stricture [20], presence of H. pylori organisms [2], and development of pyloric gland adenoma [2, 22] or colonic adenocarcinoma [2, 23]. The risk of malignant transformation of GH is currently not well established [2, 23]. GH is considered a benign disease and adenocarcinoma rarely occurs in the heterotopic mucosa. The malignant transformation could be preceded by progressive dysplasia [2]. The oxyntic GH has morphological and functional features similar to the normal fundic mucosa. In fact, some symptoms and complications are due to the corrosive effect of the acid secretion. Symptoms and complications are reasonably related to the size and location of the GH [20].
Figure 2 – Low-grade dysplasia tubular adenoma of the colon with oxyntic GH: (A) Low power image – the arrow points to a focus of GH; (B) Medium power image showing dysplastic tubules and oxyntic cells. HE staining: (A and B) ×200. GH: Gastric heterotopia; HE: Hematoxylin–Eosin.

Figure 3 – Oxyntic GH: (A) Parietal and chief cells are present between the tubules of the adenoma; (B) Oxyntic cells show positive cytoplasmic reactivity for MUC6. HE staining: (A) ×400. Anti-MUC6 antibody immunomarking: (B) ×400. GH: Gastric heterotopia; HE: Hematoxylin–Eosin; MUC6: Mucin 6.
The pathogenesis of GH is uncertain. The lesion has been considered congenital or acquired [2, 21, 23]. According to the literature, the mechanisms of GH pathogenesis probably are related to (i) inborn error during embryogenesis; (ii) abnormal regenerative process following mucosa injury due to infectious or inflammatory conditions; (iii) erroneous differentiation of pluripotent endodermal stem cells in the intestine. The congenital theory suggests that GH is the result of an inborn error during embryogenesis. Cases observed in young patients associated with congenital anomalies have suggested that the lesion is congenital [26, 28]. This process could be the result of dislocation of the specialized gastric epithelium during organogenesis in embryonic development. The acquired theory considers that GH is the result of an abnormal regenerative process following mucosa injury due to infectious or inflammatory conditions [23]. It would be due to a process of differentiation reprogramming of reserve cells in the colonic crypts with absence of specialized gastric mucosa. However, the scarcity of development GH following mucosal injury argues against that interpretation [2]. The stem cell hypothesis proposes that GH is a consequence of the erroneous differentiation of pluripotent endodermal stem cells in the intestine. The cells lining the primitive intestinal tube would be capable of differentiating into any of the types of epithelia normally present at any other level [21]. Caudal type homeobox 2 (CDX2) and other homeobox genes have been involved in the control of cell differentiation in the intestinal epithelium. A local injury could cause deregulation or reactivation of these genes resulting in gastric differentiation in the colorectal segment [23, 26, 43, 44]. This last hypothesis is considered the most reasonable theory.

(B) GH in colonic tubular adenoma

Oxyntic heterotopia in a tubular adenoma is extraordinarily rare. In fact, to our knowledge, there is only one previously published case [12]. The patient, a 64-year-old female was referred for colonoscopy because of fecal occult blood. Endoscopy revealed a 6 mm wide polyp with a smooth surface arising in the distal descending colon at 50 cm from the anal verge. HP study of the polyp revealed a tubulovillous adenoma with an area of ectopic oxyntic epithelium. One year later the patient was free of lesions.

In the previous report and the present case, polypectomy was both diagnostic and curative. Recently, Dabin et al. [45] reviewed the incidental morphological findings that can be found in colorectal adenomas. That study describes diverse features that may present diagnostic challenges and questions in clinical management. The morphological features include Paneth cell metaplasia, squamous metaplasia, clear cell metaplasia, osseous metaplasia, neuroendocrine differentiation, and signet-ring cell-like lesion. The spectrum of those incidental associated lesions is herein extended by describing a case of oxyntic (fundic) GH in a tubular adenoma of an elderly patient.

The main difficulties and/or errors in the diagnosis include the transfer of a tissue floater or tissue contaminant to the slide during tissue processing [46–48]. Recut of the paraffin block and observing deeper levels of the tissue usually solve the problem. However, if microscopy alone cannot distinguish contamination deoxyribonucleic acid (DNA)-based molecular identity testing (molecular DNA fingerprinting analysis) of the extraneous, tissue can be necessary [46, 48].

Conclusions

We report the second case of oxyntic GH arising from a colonic tubular adenoma. These two cases suggest that this association is not coincidental. Accurate diagnosis of oxyntic GH is necessary for appropriate management. A potential source for diagnostic error is a tissue floater or a cross-contaminant. The diagnosis rests on HP examination. Immunohistochemistry for MUC6 can confirm that the heterotopic mucosa is oxyntic. The lesion has the potential to produce serious complications including tumor development. Treatment of oxyntic GH associated with a tubular adenoma is endoscopic complete polypectomy.

Conflict of interests

The authors declare no conflict of interests.

Compliance with ethical standards

No Ethics Committee approval is required in our institution for a case report involving a single patient.

Consent

Written informed consent was obtained from the patient for publication of this case report and all accompanying images.

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