residential care. The use of bibliotherapy to encourage psychological discourse among men in late life will be discussed.

INTEGRATING LIFE-REVIEW AND DRAMA THERAPY FOR COMMUNITY-DWELLING OLDER ADULTS: AN EVIDENCE-BASED MODEL
Shoshi Keisari, University of Haifa, Department of Gerontology, Faculty of Social Welfare and Health sciences, Mount Carmel, HaZafon, Israel

Drama therapy is a widely acknowledged way to explore life-stories in late life. This presentation will describe a new model for creative interventions, based on the results of four studies that provide multiple perspectives on the integration of life-review and drama therapy for community dwelling older adults. The results of two quantitative studies (n=53, aged 62-93; n=78, aged 63-96) suggest that the drama therapy interventions have robust therapeutic potential to enhance mental health while aging. The findings of two qualitative studies with therapists (n=8), participants (n=27; aged 63-96) and staff (n=13) provide a better understanding of the process, and support the mechanisms that lead to positive effects on mental health. Combining the results yielded a multidimensional model which points to three potential transformative routes: the evolution of the life-story, the evolution of improvised dramatic expression, and the expansion of social engagement.

ONLINE DIGNITY THERAPY AND PHOTO COLLAGES: THE NARRATIVES OF ISRAELI AND ITALIAN OLDER ADULTS IN THE COVID-19 ERA
Shoshi Keisari,1 Talia Elkarif,2 Giada Mola,3 Ines Testoni,4 and Silvia Piol,3 1. University of Haifa, Department of Gerontology, Faculty of Social Welfare and Health sciences, Mount Carmel, HaZafon, Israel, 2. University of Haifa, School of Creative Arts Therapies, Faculty of Social Welfare and Health Sciences, Mount Carmel, HaZafon, Israel, 3. Università degli studi di padova, DPSS Department, padova, Veneto, Italy, 4. Università degli studi di padova, FISPPA Department, Section of Applied Psychology, Padova, Veneto, Italy, 5. Università degli Studi di Padova, Padova, Veneto, Italy

The social isolation imposed by the Covid-19 pandemic has significantly affected older adults, and has impacted both their physical and mental health. The pandemic has led to an increase in ageism associated with poorer mental health and a lower sense of dignity, self-esteem and contribution to society. This cross-cultural study involved 24 participants from Italy and Israel aged 79 to 92. The aim was to develop a brief art-based online intervention to enhance the participants’ sense of dignity and sense of meaning in life during this time of crisis. The process focused on the creation of digital photo-collages that captured the participants’ values through three perspectives: their past experiences, legacy, and future perspectives. It employed an arts-based research methodology to explore the participants’ experiences by analysing their relationship with the artistic expression, the photo collage, and its creative process.

AN INTERGENERATIONAL ZOOM MUSIC THERAPY GROUP DURING COVID-19
Rachel Lital Gvili, Bar-Ilan University, Bar-Ilan, University, Ramat Gan, HaMerKaz, Israel

The COVID-19 pandemic has led to an increase in ageist attitudes and psychological distress and loneliness among older people. The social isolation exacerbated the intergenerational segregation between young and older adults, and has also been expressed within families, since grandparents could not meet their grandchildren in person. The present study involved an intergenerational music intervention, as a vehicle to bridge the gap between grandparents and grandchildren at the COVID-19 pandemic. 41 grandparents aged 56-80, and 45 grandchildren aged 9.9-11.8 took part. Of these, 21 pairs of grandparents and grandchildren participated in a weekly online intergenerational zoom music therapy group for eight weeks, and the rest constituted a waitlist-controlled group. All participants completed the same questionnaires during the same time periods before and after the intervention. The results point to the effectiveness of participation in the sessions in improving intergenerational connections and psychological well-being, and in reducing ageist attitudes and loneliness.

Session 4535 (Symposium)

EMERGING TELEHEALTH ADVANCES FOR MENTAL AND COGNITIVE HEALTH IN LATE LIFE
Chair: Cindy Woolverton
Co-Chair: Patricia Bamonti
Discussant: Lauren Moo

Over the last year, mental health services offered virtually have increased significantly in response to COVID-19. The rapid adoption of telehealth practices has raised many questions about how to develop and deliver effective interventions for older adults targeting their mental and cognitive health. In this symposium, we present on the feasibility of mental and cognitive health interventions for older adults using telehealth tools with particular focus on how adoption of these telehealth tools have been impacted by the current pandemic. Dr. Touchett and colleagues will present data on the telehealth utilization disparities among older veterans with comorbid disabilities and discuss ethical considerations when providing care for older adults. Dr. Kornblith and colleagues will present pilot data on the feasibility of GOALS, a video telehealth cognitive remediation group intervention for older adults with cognitive and emotional dysfunction related to traumatic brain injuries. Dr. Gould and colleagues will present pilot data on the feasibility and preliminary efficacy of a brief video-delivered self-management intervention BREATHE for older veterans with anxiety disorders. Dr. Weiskittle and colleagues will present their work on the development and dissemination of a brief 8-week telephone group intervention for homebound older adults targeting social isolation. Dr. Jacobs and colleagues will share their findings of a telephone delivered mindfulness intervention for caregivers and persons with dementia. Finally, the discussant, Lauren Moo, MD, an expert in assessing utilization disparities among older veterans with comorbid disabilities will share their findings of a telephone delivered mindfulness intervention for caregivers and persons with dementia. Finally, the discussant, Lauren Moo, MD, an expert in assessing the efficacy of telehealth interventions will tie findings together and provide directions for future research and innovation.

TELEHEALTH DELIVERY OF GROUP FORMAT COGNITIVE REHABILITATION TO OLDER VETERANS WITH TBI
Erica Kornblith,1 Sara Schweizer,2 Kristine Yaffe,3 and Tatjana Novakovic-Agopain,1 1. SFVA/UCSF, San Francisco,