Overflow metabolism refers to the seemingly wasteful strategy in which cells use fermentation instead of the more efficient respiration to generate energy, despite the availability of oxygen. Known as the Warburg effect in the context of cancer growth, this phenomenon occurs ubiquitously for fast-growing cells, including bacteria, fungi and mammalian cells, but its origin has remained unclear despite decades of research. Here we study metabolic overflow in *Escherichia coli*, and show that it is a global physiological response used to cope with changing proteomic demands of energy biogenesis and biomass synthesis under different growth conditions. A simple model of proteomic resource allocation can quantitatively account for all of the observed behaviours, and accurately predict responses to new perturbations. The key hypothesis of the model, that the proteome cost of energy biogenesis by respiration exceeds that by fermentation, is quantitatively confirmed by direct measurement of protein abundances via quantitative mass spectrometry.

Under anaerobic conditions, organisms ranging from bacteria to mammalian cells excrete large quantities of fermentation products such as acetate or lactate. Notably, the excretion of these fermentation products occurs widely even in the presence of oxygen in fast-growing bacteria and fungi, as well as mammalian cells including stem cells, immune cells and cancerous cells. This seemingly wasteful phenomenon, in which fermentation is used instead of the higher ATP-yielding respiration process for energy generation, is generally referred to as overflow metabolism (or the Warburg effect in the case of cancer). Various rationalizations of overflow metabolism as well as regulatory schemes have been proposed over the years. However, quantitative tests of the proposed hypotheses as well as systematic characterization of overflow metabolism are generally lacking.

In this study, we provide a quantitative, physiological study of overflow metabolism for the bacterium *E. coli*. We report an intriguing set of linear relations between the rates of acetate excretion and steady-state growth rates for *E. coli* in different nutrient environments and different degrees of induced stresses. These relations, together with the recently established concept of proteome partition, led us to a simple theory of resource allocation, which can quantitatively account for all of the observed behaviours, as well as accurately predict responses to new perturbations. Key parameters of the theory regarding the proteome costs of energy biogenesis by respiration and by fermentation were determined by quantitative mass spectrometry following a coarse-graining approach. These results suggest that overflow metabolism is a programmed global response used by cells to balance the conflicting proteomic demands of energy biogenesis and biomass synthesis for rapid growth.

**Threshold-linear response of acetate overflow**

Previous studies have established a strong positive correlation between the rate of acetate excretion and the dilution rate for various strains of *E. coli* grown in glucose-limited continuous culture (Extended Data Fig. 1a–e). Here, we measured acetate excretion and growth rates of a wild-type *E. coli* K-12 strain grown in minimal medium batch culture with a variety of glycolytic substrates as the sole carbon sources (black symbols in Fig. 1). Notably, the rate of acetate excretion per biomass, $I_{ac}$, exhibits a simple threshold-linear dependence on growth rate $\lambda$:

$$I_{ac} = \begin{cases} s_{ac} \cdot (\lambda - \lambda_{ac}) & \text{for } \lambda \geq \lambda_{ac} \\ 0 & \text{for } \lambda < \lambda_{ac} \end{cases}$$

with a linear dependence above a characteristic growth rate ($\lambda_{ac} \approx 0.76$ h$^{-1}$, or 55 min per doubling), below which acetate excretion disappears. We refer to this linear relation as the acetate line (red line in Fig. 1).

![Figure 1](image-url)
For strains with titratable carbon uptake systems (Extended Data Table 1), the same linear dependence is seen for acetate excretion (Fig. 1, purple circles and triangles). These results suggest that acetate overflow is an innate response that depends on the degree of carbon influx and not specifically on the nature of carbon sources. A vivid demonstration of this effect is seen by the behaviour of cells grown on glycerol: wild-type E. coli cells grow in glycerol minimal medium at a rate that is below \( \lambda_{ac} \) and do not excrete acetate (Fig. 1, black square), in accordance with equation (1). Three isogenic strains expressing different mutant forms of glycerol kinase \( \phi_{25} \) grew at rates faster than \( \lambda_{ac} \) and excreted acetate with rates dictated by their respective growth rates according to equation (1) (Fig. 1, purple squares). Instead of changing the carbon influx, reducing the metabolic demand of cells for carbon by supplementing minimal medium with non-degradable amino acids resulted in significantly enhanced growth rates and concomitantly increased acetate excretion as described by equation (1) (black diamonds in Fig. 1).

**Coarse-grained model of proteome allocation**

Linear growth rate dependences arose in previous physiological studies \(^{21,26–28}\) from the limited capacity of ribosomes to synthesize proteins and the obligatory need for increased ribosomal proteins at faster growth \(^{21,29}\). Here, we address the problem of acetate excretion with a phenomenological resource allocation model, balancing the demand for the proteome of biomass synthesis with the demand for energy biogenesis.

We focus on acetate excretion for growth on glycolytic substrates (Fig. 1); other substrates metabolized by alternative pathways exhibit similar trends although with quantitative differences (Extended Data Fig. 1f), probably arising from the same underlying principles as those described here. In our model (detailed in Supplementary Note 1A), acetate excretion is considered as a measure of the carbon flux directed towards energy biogenesis by (oxidative) fermentation, catalysed by glycolytic enzymes and completed by the oxidative phosphorylation system (for the conversion of NADH to ATP in an aerobic environment) (Extended Data Fig. 2a). Energy biogenesis by respiration is catalysed by enzymes of the glycolysis and tricarboxylic acid (TCA) pathways, and the oxidative phosphorylation system (Extended Data Fig. 2b). Both the fermentation and respiratory pathways draw carbon flux away from biomass synthesis, via the carbon fluxes \( J_{C,r} \) and \( J_{C,BM} \), respectively, and in turn produce the energy fluxes \( J_{E,r} \) and \( J_{E,BM} \) (Box 1). Let the abundance of the enzymes used for fermentation and respiration be given by the fraction \( \phi_{E} \) and \( \phi_{BM} \), respectively, of the total protein content of the cell. All other metabolic activities, including catabolism, anabolism and ribosome synthesis (referred to as biomass synthesis), are provided by the remaining part of the proteome. Previous studies have established the growth-rate dependence of the proteome fraction for biomass synthesis \(^{20,21,27,28}\), denoted here as \( \phi_{BM}(\lambda) \). It is coupled to energy biogenesis via the constraint

\[
\phi_{E} + \phi_{BM}(\lambda) = 1
\]

The total energy flux generated must satisfy the energy demand for cell growth (denoted by \( J_{E}(\lambda) \)), that is,

\[
J_{E,E} + J_{E,r} = J_{E}(\lambda)
\]

At the same time, not too much carbon should be diverted from the total influx \( J_{C,in} \) in order to meet the demand for biomass synthesis (flux denoted by \( J_{C,BM}(\lambda) \)), that is,

\[
J_{C,in}(\lambda) = J_{C,E} + J_{C,r} + J_{C,BM}(\lambda)
\]

To a large extent, this allocation depends on the efficiencies of the energy biogenesis pathways. There are two very different efficiencies. It is well known that respiration has a much lower carbon cost—the energy flux generated per carbon is larger for respiration than fermentation \(^{10}\), although this advantage of respiration is limited to the presence of oxygen (Extended Data Fig. 2). On the other hand, if respiration has a higher proteome cost, that is, if the energy flux generated per proteome fraction devoted to the respective pathway, \( \epsilon_{r} = J_{E,r}/\phi_{E} \), \( \epsilon_{BM} = J_{E,BM}/\phi_{BM}(\lambda) \), is lower for respiration than fermentation, \( \epsilon_{r} > \epsilon_{BM} \), as has been suggested previously \(^{14,19,20}\), then a scenario emerges that may qualitatively explain the observed disappearance of acetate flux at slow growth rates. As illustrated in Box 1, when the carbon uptake rate \( (I_{C,in}) \) is high and the cell has the potential to grow rapidly, it is advantageous, that is, growth rate can be maximized, to generate energy by the more proteome-efficient fermentation pathway, so that more of the proteome can be directed towards biosynthesis as required for rapid growth. Conversely, when carbon uptake is low (small \( I_{C,in} \), it is advantageous to generate energy by the more carbon-efficient respiration pathway, so that more carbon flux can be directed to biosynthesis and sustain growth. This proteome allocation model predicts the carbon flux for respiration to change in the opposite way from that found for fermentation. Just as the fermentation flux can be determined from acetate excretion, the respiration flux can be deduced by measuring the rate of CO\(_2\) evolution in a bioreactor (Supplementary Note 2). Indeed, this respiration flux exhibits a linear increase with decreasing growth rate as acetate excretion diminishes (Extended Data Fig. 3a).

**Testing the model by growth perturbations**

If acetate excretion is the result of the coordination of energy demand with carbon influx given constrained proteomic resources as assumed in the model, then the overexpression of useless proteins, which reduces the proteome fractions available for energy production and biomass synthesis \(^{21}\), should yield higher acetate excretion rates. In fact, previous studies reported acetate excretion at slow growth rates with protein overexpression \(^{31}\). To test this hypothesis systematically, we expressed large amounts of LacZ by growing strain NQ1389 (Extended Data Table 1) on several glycolytic carbon sources. Plotting acetate excretion against growth rate for varying degrees of LacZ overexpression leads to a simple proportionality relation between growth rate and acetate excretion rate for each carbon source tested (Fig. 2a). Moreover, plotting acetate excretion against the corresponding degree of LacZ expression (fraction \( \phi_{Z} \) of total cellular proteins), we find a similar linear decrease in acetate excretion rate (Extended Data Fig. 4). Finally, in a 3D plot of acetate excretion rates, LacZ abundance and growth rates (Fig. 2b), the different data points are found to lie on a single plane anchored by the acetate line (red) (see also Extended Data Fig. 4c). On this plane, acetate excretion increases linearly with LacZ overexpression at each fixed growth rate (black lines). However, for each fixed level of LacZ abundance, the plane produces a parallel shift of the standard acetate line (thin red lines). These lines are still described by equation (1), with an identical slope, but with a reduction of the threshold growth rate, \( \lambda_{ac} \), linear with increasing LacZ abundance (cyan line), that is,

\[
\lambda(\phi_{Z}) = \lambda_{ac} \cdot (1 - \phi_{Z}/\phi_{max})
\]

in which \( \phi_{max} \approx 47\% \) is the extrapolated limit of useless protein expression at which growth rate vanishes (alternatively determined from individual lines in Extended Data Fig. 4), in agreement with previous work \(^{21,27,28}\). More quantitatively, this result is displayed in Fig. 3a, in which interpolated acetate excretion rates for constant LacZ levels are presented.

The concepts represented by equations (2)–(4) are transformed into a quantitative model (as illustrated in Box 1 and detailed in Supplementary Note 1A) by implementing a simple set of relations. First, the proteome fraction \( \phi_{BM} \) responsible for biomass synthesis under carbon-limitation follows a linear growth-rate dependence, that is, \( \phi_{BM}(\lambda) = \phi_{B} + b\lambda \), as established by previous studies \(^{21,27,28}\).
Resource allocation model for energy biogenesis

Top left, efficiencies of energy production. Fermentation and respiration pathways for energy biogenesis are shown in the red and blue boxes, respectively. The model assumes that for the same energy flux generated (width of yellow arrows), fermentation needs to draw more carbon flux than respiration (compare the width of light grey arrows), but requires smaller amount of proteins (compare the number of red and blue proteins). Top, model summary. The model consists of three resource-balance equations. (1) Carbon flux \( J_{C,in} \) is used for energy production via fermentation or respiration \( (J_f, J_r) \), and to provide precursors for biomass production \( (\beta \lambda) \). (2) Fermentation and respiration pathways supply ATP flux \( (J_f, J_r) \) that satisfies the energy demand of the cell \( (\phi_f, \phi_r) \). (3) The proteome fraction required for biomass synthesis \( (\phi_0 + b \lambda) \) depends linearly on the growth rate, thereby constraining the proteome fraction available for energy biosynthesis \( (\phi_f, \phi_r) \). Bottom, model predictions. Under carbon limitation, the model predicts threshold-linear dependences of fermentation and respiration with changing growth rate. Respiration (blue line) gradually replaces fermentation (red line) as the growth rate decreases. Proteome limitation by expression of useless proteins results in a horizontal shift of the acetate line. Translational limitation by antibiotics results in an increased slope of the acetate line. But unlike proteome limitation, which ‘compresses’ both the fermentation and respiration sectors, these two sectors both increase with decreasing growth rate under energy dissipation (for fixed carbon uptake). The behaviours summarized in these plots are derived quantitatively in Supplementary Note 1 and validated in Figs 1–3.

Second, empirical evidence\(^{26} \) indicates linear relations between metabolic fluxes and the abundances of the corresponding proteome sectors, which we capture by the equations \( J_{C,in} = \kappa_f \phi_f \lambda, J_{C,a} = \kappa_r \phi_r \lambda, J_{E,f} = \varepsilon_f \phi_f \lambda, \) and \( J_{E,r} = \varepsilon_r \phi_r \lambda \). Finally, we introduce proportionalities of biomass and energy demand to the growth rate \( (J_{E,BM}(\lambda) = \beta \lambda, J_{E}(\lambda) = \sigma \lambda) \), relations that are demonstrated experimentally (see Supplementary Notes 1D2 and 1D4). (Maintenance energy is negligible over the growth-rate range studied\(^{22} \).) The detailed meaning of each parameter introduced here is given in Extended Data Table 2. Most important among them are \( \phi_f \) and \( \phi_r \), the proteome efficiencies of energy biogenesis by the fermentation and respiration pathways, respectively.

Equations (2)–(4), together with the linear relation between the proteome fractions and fluxes, describe all key features of the experimental data as detailed in Supplementary Notes 1B and 1C and illustrated in Box 1 (bottom): the model naturally gives rise to the observed threshold-linear form of acetate excretion equation (1),
with formulae for the threshold \( \lambda_{ac} \) and the slope \( s_{ac} \) given by equations (S15) and (S16) in Supplementary Information; the linear decrease in energy-related CO\(_2\) production upon increasing growth rate (Extended Data Fig. 3a) is captured by equation (S17), with the corresponding threshold \( \lambda_{CO_2} \) and slope \( s_{CO_2} \) given by equations (S18) and (S19). Furthermore, the parallel shifts of the acetate line for a constant level of protein overexpression (Fig. 3a, and thin red lines in Fig. 2b) are captured by equation (S30) in Supplementary Information, while the direct proportionality between acetate excretion rates and growth rate upon varying the degree of overexpression (thin solid lines in Fig. 2a) are captured by equation (S26).

Notably, the data imposes a set of quantitative constraints on the model parameters, in particular,

\[
\frac{\epsilon_f}{\epsilon_r} \geq \frac{\lambda_{CO_2}}{\lambda_{ac}} \approx 1.5,
\]

predicting that fermentation is at least 50% more efficient for energy biogenesis than respiration in terms of proteome cost (see equations (S20)–(S22) in Supplementary Information for a derivation).

To test quantitatively the proteome allocation model, we performed additional sets of experiments designed to perturb individual model parameters.
parameters. To see whether a decrease in acetate excretion is possible, we examined two independent mutants (ΔflhD and ΔflIA) in which motility proteins, ‘useless’ in well-shaken batch culture, are not expressed. These mutants exhibit reductions in acetate excretion (open symbols in Fig. 3b), in accordance with the prediction of the resource allocation model as more proteome becomes available for energy biogenesis. (The nonlinear dependence of acetate excretion arises in this case due to the growth-rate dependence of motility protein expression in wild-type cells, as shown in Extended Data Fig. 4f.) Translational limitation by sub-lethal doses of the antibiotic chloramphenicol inhibits peptide elongation and makes the cell respond by allocating a larger proteome fraction to ribosomes. In our model, this affects the parameter \( b \) in \( \phi_{\text{BML}}(\lambda) \), and therefore predicts an increased slope of the acetate line with an identical y-intercept (equation (S14)) in Supplementary Information, solid lines in Fig. 3c), which is in good agreement with the data (open symbols in Fig. 3c). We also investigated the effect of energy dissipation on acetate excretion by expressing a mutant lactose transporter LacY\(^{177V} \) (‘leaky LacY’) known to leak protons across the inner membrane (Extended Data Table 1). An energy leakage flux can be added to the right-hand side of equation (3), and the model predicts a parallel shift of the acetate line to higher excretion rates (equation (S32)) in Supplementary Information). This prediction was tested by titrating glucose uptake in a strain (NQ1313) expressing the leaky LacY mutant. As anticipated, a parallel shift to higher acetate excretion rates was obtained (purple triangles and line in Fig. 3d). Similar increases in acetate excretion were obtained with the addition of 2,4-dinitrophenol (DNP), which uncouples oxidative phosphorylation by carrying protons across the cell membrane (Extended Data Fig. 5). A summary of quantitative comparisons between predictions of the proteome allocation model with experimental findings is presented in Extended Data Table 3, showing that the model quantitatively captures the changes in acetate excretion patterns in response to the applied perturbations.

**Proteome cost of fermentation and respiration**

The theoretical predictions tested so far do not require the knowledge of the values of proteome cost parameters (for example, \( \varepsilon_r, \varepsilon_f \)). However, these parameters are of central importance for theories based on proteome allocation. We have thus developed a coarse-graining approach to characterize the proteome cost for fermentation and respiration directly. First, the absolute protein abundance of individual proteins was obtained using quantitative mass spectrometry together with absolute abundance calibration by ribosome profiling. Next, for each enzyme involved in glycolysis, TCA and oxidative phosphorylation, its abundance was partitioned among the three pathways, fermentation, respiration and biomass synthesis, in proportion to the three fluxes through the enzyme. Finally, the fractional enzyme amount partitioned into a pathway were summed up to obtain the total enzyme abundance devoted to the pathway (Fig. 4a; see Supplementary Note 3 for details). In Fig. 4b, the energy production fluxes of fermentation and respiration (Extended Data Fig. 3b) are plotted against their respective proteome fractions determined in this manner. The linearity of the results validates the linear dependences between \( J_{E,r}, J_{E,f} \) and \( \phi_r, \phi_f \), assumed in the model, while slopes of these lines directly yield the proteome efficiency of energy biogenesis for glycolytic carbon sources: \( \varepsilon_r \approx 750 \text{ mM ATP per A}_{420 \text{nm}} \text{ per hour} \), and \( \varepsilon_f \approx 390 \text{ mM ATP per A}_{420 \text{nm}} \text{ per hour} \). Indeed, the proteome cost of fermentation (1/\( \varepsilon_f \)) is approximately twofold lower than that of respiration (1/\( \varepsilon_r \)), quantitatively validating the key assumption of this work. Together with similar procedures used to determine the other model parameters (as described in detail in Supplementary Note 1D), we obtained a self-consistent set of parameters (Extended Data Table 2) that successfully recapitulates all our experimental data (Extended Data Fig. 3c, d).

The proteome allocation model is able to predict not only acetate excretion patterns but also the expression of dozens of genes in the glycolysis and TCA pathways under different perturbation, as detailed in Supplementary Note 1C and Extended Data Figs 6 and 7. While both proteome limitation and energy dissipation lead to parallel shifts of the acetate line (Fig. 3a and c, respectively), this response arises from an opposite response of the energy sectors \( \phi_r, \phi_f \) as predicted by the model and verified by mass spectrometry. Under LacZ overexpression, cells decreased the expression of enzymes for both fermentation and respiration (orange lines in Extended Data Figs 6 and 7, as predicted in equations (S26)–(S27) in Supplementary Information), while under energy dissipation, cells increased the expression of these enzymes (blue lines in Extended Data Figs 6 and 7, predicted by equations (S36)–(S37)).

**Discussion**

The notion that fermentation may be more proteome efficient than respiration was proposed previously by Molenaar et al., extended to the use of the Entner–Doudoroff pathway by Flamholz et al., and to the genome-scale by O’Brien et al.. Our study directly verifies this hypothesis (Fig. 4b), and establishes the pivotal role proteome efficiency has in determining the degree of overflow metabolism in E. coli (Fig. 3). Our findings in response to useless protein expression and energy dissipation are difficult to reconcile, even qualitatively, with alternative hypotheses such as the limitation of respiratory capacity, the need for recycling of cofactors, or constraints of the cytoplasmic membrane. Models with cell volume constraints are mathematically similar to protein cost models; however, cell volume varies widely between growth conditions with similar densities, suggesting that it is not a constraint.

Mechanistically, the re-uptake of acetate by acetyl-CoA synthase (ACS), upregulated by the cAMP receptor protein (CRP)–cAMP

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**Figure 4** Partition of proteome fractions into flux components. a. The total abundance of all proteins devoted to glycolysis, TCA and oxidative phosphorylation (OXPHOS) (defined in Supplementary Note 3), is represented as a fraction of total protein for various degrees of lactose uptake in strain NQ381. Different colours indicate the proportions of these proteins dedicated to biomass production, fermentation and respiration, estimated using the corresponding fraction of fluxes; see Supplementary Note 3. b. Energy fluxes through the fermentation and respiration pathways are plotted against their respective proteome fractions. The lines are linear regressions of the data, with the slopes being the proteome efficiencies (\( \phi_r \) and \( \phi_f \)). The steeper slope (for fermentation) indicates higher ATP production per protein devoted to the pathway (lower protein cost).
complex under carbon limitation27, is important for the decrease of acetate excretion under carbon limitation15,16. However, the linear growth-rate dependence of carbon overflow demands the tight global coordination of energy biogenesis pathways with biosynthesis, which cannot be accounted for by ACS activity alone, and requires the coordinated regulation of glycolytic and TCA enzymes. In particular, acetate excretion sharply increased under energy dissipation while the abundance of ACS proteins increased slightly as well (Extended Data Fig. 6). Moreover, the parallel increase of glycolytic and TCA enzymes, in combination with the increase in acetate excretion under energy dissipation, cannot be rationalized from the known actions of CRP regulation (Extended Data Figs 6 and 7), suggesting the role of additional regulator(s).

We have established how diverse patterns of acetate excretion can be understood as a part of a global physiological response used by E. coli to cope with changing proteome demands of energy biogenesis and biomass synthesis under different growth conditions25,26. Our findings can be used to guide approaches to minimizing overflow metabolism in synthetic biology applications24,38–41, in ways congruent with the fitness of the organism, for example, by reducing the expression of useless proteins (Fig. 3b). More broadly, a similar physiological rationale may underlie overflow metabolism in rapidly growing eukaryotes including tumour cells27,28, in which the synthesis of mitochondria for TCA reactions is an additional cost. Indeed, scatter plots of ethanol production and sugar uptake in various strains of Saccharomyces cerevisiae and other yeast species point to the existence of a universal response similar to that shown for E. coli49 (Fig. 1). The quantitative physiological approach developed in this work can be used as a model for characterizing metabolic efficiency and its biological implications in these systems and others.

Online Content Methods, along with any additional Extended Data display items and Source Data, are available in the online version of the paper; references unique to these sections appear only in the online paper.

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METHODS

No statistical methods were used to predetermine sample size.

Construction of LacY and LacY<sup>Δ</sup>777 strain (NQ1312 and NQ1313). The Ptet-lacY region of the pZE12 Ptet-lacY plasmid<sup>43</sup> was amplified with upstream and downstream primers including the digestion sites XhoI and BamHI, respectively, using the primers Ptet-F and lacY-R (see primers below). The resulting DNA fragment was used to replace the corresponding region of Ptet-gfp in the plasmid pZA31-gfp<sup>44</sup>, yielding the plasmid pZA31 Ptet-lacY. This plasmid was transformed into the Psep-lac strain NQ1243 to yield NQ1231. The subsequent growth was employed to generate the lacY<sup>Δ</sup>777 mutant (that is, C531T), but fusion PCR was used to introduce a point mutation Val177 into the lacY sequence<sup>31</sup>. For this, two overlapping parts of the Ptet-lacY region were PCR amplified with the primers Ptet-F, lacYusion-R and lacYusion-F, lacY-R (see primers below), in which the point substitution C531T led to the Val177 mutation from ref. 3. It was included in the primers lacYusion-F and lacYusion-R. These two overlapping DNA fragments were fused together by PCR using primers Ptet-F and lacY-R. The resulting Ptet-lacY fragment that carries the desired mutation was inserted into pZA31, yielding pZA31 lacY<sup>Δ</sup>777. The resulting plasmids were transformed into the titratable PtsG strain NQ1243 to yield NQ1313.

Construction of the flhD and fliA deletion strains (NQ1388 and NQ1539). The ΔflhD deletion allele in strain JW1881-1 (E. coli Genetic Stock Center, Yale University), in which a kanamycin-resistance gene is substituted for the flhD gene, was transferred to the titratable PtsG strain NQ1243 after deletion of kanamycin resistance by phage P1 vir-mediated transduction. Similarly, the ΔfliA allele from strain JW1907 (KEIO collection<sup>45</sup>), in which a kanamycin-resistance gene is substituted for the fliA gene, was transferred to the titratable PtsG strain NQ1243 after deletion of kanamycin resistance by phage P1 vir-mediated transduction.

Primers used in this study. The following primers for producing the new genetic construct were used: 5′-AACTTCTTTCTCTCCACATGCAGAT TG-3′, was used for forward amplification of the Pteh region and included an XhoI digestion site for construction of pZE1 Pteh-lacZ, pZA31 lacY, pZA31 lacY<sup>Δ</sup>777, lacY-R, 5′-TGGTGAATCTTAAACGACTTCTCTACCTG-3′, was used for reverse amplification of lacY, lacY<sup>Δ</sup>777 and included a BamHI digestion site for construction of pZA31 lacY, pZA31 lacY<sup>Δ</sup>777, lacY-R, 5′-CTCTGG CCTGTGTCATCTGCTCGGTTTCTTCTTTATCGAAAGG-3′, was used for forward amplification of a fragment of lac and lac together with the reverse primer lacY-R. This DNA fragment was later used for fusion PCR to construct pZA31 lacY<sup>Δ</sup>777, lacY-R, 5′-CCGTTTTGCGAAAAAGTAAAACGG CGAGGATGATGATACGACGAG-3′, was used for reverse amplification of a fragment of Ptet-lacY together with the forward primer Ptet-F. This DNA fragment later was used for fusion PCR to construct pZA31 lacY<sup>Δ</sup>777.

Bacterial culture media. Our growth media were based on the MOPS-buffered minimal medium used previously<sup>46</sup> with slight modifications. The base medium contains 40 mM MOPS and 4 mM tricine (adjusted to pH 7.4 with KOH), 0.1 M NaCl, 10 mM NH<sub>4</sub>Cl, 1.32 mM KH<sub>2</sub>PO<sub>4</sub>, 0.523 mM MgCl<sub>2</sub>, 0.276 mM Na<sub>2</sub>SO<sub>4</sub>, 0.1 mM FeSO<sub>4</sub>, and the trace micronutrients described previously<sup>47</sup>. For<sup>15</sup>N-labelled media, <sup>15</sup>NH<sub>4</sub>Cl was used in place of <sup>14</sup>NH<sub>4</sub>Cl. The concentrations of the carbon sources and various supplements used are indicated in the relevant tables.

Batch culture growth has been described in detail previously<sup>27</sup>.

Bacterial growth in the bioreactor. To measure CO<sub>2</sub> production from the bacterial growth, cells were grown in a Multifors bioreactor (Infors HT). Medium (400 mL) was used in a 750-mL vessel, which has an inlet for compressed air and out outlet for the exhaust gas. The vessel is otherwise closed except during brief period of sample collection. Samples of the cell culture (for reading A<sub>600nm</sub> assaying lactose and acetate, etc) can be taken by using a syringe connected to the vessel. The air flow rate to the inlet was controlled by a mass flow controller (Cole-Parmer, 32907- 67) and the concentration of CO<sub>2</sub> was monitored from a BlueInOne Cell sensor unit (BlueSens) for measuring CO<sub>2</sub> concentration. The stir rate in the growth vessel was set as 800 r.p.m. and temperature was maintained at 37 °C.

Glucose assay. Samples (100 μL) were taken for at least eight different times during exponential growth (typically at A<sub>600nm</sub> between 0.1 and 0.6) and immediately frozen. Before the assay, samples were thawed in water and immediately centrifuged at maximum speed (13,200g) for 2.5 min. Supernatant (100 μL) was used to measure glucose concentrations using the Glucose Assay Kit (GAHK-20, Sigma-Aldrich). The slope of the plot of glucose concentrations versus A<sub>600nm</sub> for all replicates (multiplied with the measured growth rate) was used to determine the glucose uptake rate.

Lactose assay. To assay lactose, ~10 μL of the collected supernatant was first digested by β-galactosidase (Sigma-Aldrich) in Z-buffer at 37 °C for 20 min. The released glucose was then assayed enzymatically by the kit commercially available (Glucose Assay Kit, GAHK-20; Sigma-Aldrich). As a control, the sample was treated in the same way without β-galactosidase. Little glucose was detected in the control.

Acetate assay. Samples (200 μL) were taken for at least three different times during exponential growth (typically at A<sub>600nm</sub> between 0.1 and 0.6) and immediately frozen. Before the assay, samples were thawed in water and immediately centrifuged at maximum speed (13,200g) for 2.5 min. Supernatant (100 μL) were used to measure acetate concentrations using the Acetate Assay Kit (10148261035, R-Biopharm). The slope of the plot of acetate concentrations versus A<sub>600nm</sub> for all replicates (multiplied with the measured growth rate) was used to determine the acetate excretion rate.

Protein mass spectrometry. Protein mass spectrometry samples were collected from the four bioreactor cultures, a water bath culture of equation (353) grown on glucose minimal medium, and two <sup>15</sup>N-labelled water bath cultures of NC3722 on lactose minimal medium and NQ381 with 200 μM 3-methylbenzyl alcohol. For each of the cultures, 1.8 ml of cell culture at A<sub>600nm</sub> ~ 0.4–0.5 during the exponential phase was collected by centrifugation. The cell pellet was re-suspended in 0.2 ml water and fast frozen on dry ice.

Sample preparation and mass spectrometry methods have been described previously<sup>28</sup>

Relative protein quantification. The raw mass spectrometry data files were converted to the mzML and .mgf formats using conversion tools provided by AB Sciex. The .mgf files were used to identify sequencing events against the Mascot database. Finally, results of the Mascot search were submitted with .mzML files to our in-house quantification software<sup>48</sup>. In brief, intensity is collected for each peptide over a box in retention time and m/z space that encloses the envelope for the light and heavy peaks. The data are collapsed in the retention time dimension and the light and heavy peaks are fit to a multinomial distribution (a function of the chemical formula of each peptide) using a least squares Fourier transform convolution routine<sup>49</sup>, which yields the relative intensity of the light and heavy species. The ratio of the non-labelled to labelled peaks was obtained for each peptide in each sample.

The relative protein quantitation data for each protein in each sample mixture was then obtained as a ratio by taking the median of the ratios of its peptides. No ratio (that is, no data) was obtained if there was only one peptide for the protein. The uncertainty for each ratio was defined as the two quartiles associated with the median. To filter out data with poor quality, the ratio was removed for the protein in that sample if at least one of its quartiles lay outside of 50% range of its median. Furthermore, ratios were removed for a protein in all the sample mixtures in a given mixture if at least one of the ratios has its quartiles lying outside of the 100% range of the median.

Absolute protein quantification using spectral counting data. The spectral counting data used for absolute quantitation were extracted from the Mascot search results. For our <sup>14</sup>N and <sup>15</sup>N mixture samples, only the <sup>14</sup>N spectra were counted. The absolute abundance of a protein was calculated by dividing the total number of <sup>14</sup>N spectra of all peptides for that protein by the total number of <sup>14</sup>N spectra in the sample.

Absolute quantification of LacZ protein using purified LacZ protein as standard, and determination of the converting factor between Miller Unit and protein concentration. For the condition of the LacZ overexpression strain (NQ1389) grown on glucose medium with zero chlorotetracycline level (see source data file of Fig. 2), <sup>15</sup>N sample was prepared, that is, NQ1389 grown on glucose minimal medium with <sup>15</sup>NH<sub>4</sub>Cl. The sample was mixed with a known amount of purified LacZ protein (Roche Diagnostics, 10745731001), the purity of which was verified both on a SDS–PAGE gel (where a single band was observed) and by checking the spectral counts of <sup>14</sup>N peptides in the sample (where ~99% of the <sup>14</sup>N peptides are LacZ peptides). With the highly accurate relative protein abundance between the purified <sup>14</sup>N LacZ and the <sup>15</sup>N LacZ in the sample, the proteome fraction of LacZ in the sample was determined to be 3.3% ± 0.3%. The average Miller Unit (MU) for the same condition was ~20,550 (see source data file of Fig. 2), leading to a converting factor of 1.6% of proteome fraction for 10,000 MU.

Uncertainty of individual measurements. Biological replicates show the following typical uncertainties in measured quantities: growth rate, ~5%; acetate excretion rates, ~15%; CO<sub>2</sub> evolution rate, ~5%. © 2015 Macmillan Publishers Limited. All rights reserved
Uncertainties of linear relations. The parameters and their associated standard errors for linear relations were obtained by carrying out linear regression. Following our approach, multiple measurements over wide ranges of conditions from robust data sets revealing underlying relations between variables. The uncertainties are reported in Extended Data Tables 2 and 3, and throughout the text.

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Extended Data Figure 1 | Acetate excretion data. a–f, The acetate excretion data is shown for *E. coli* cells grown in chemostat (a–e) and for cells growing on medium with non-glycolytic carbon sources (f). a, Glucose-limited chemostat data based on figure 1 from ref. 22. b, Glucose-limited and pyruvate–limited chemostat data from table 7 of ref. 57. c, Glucose-limited chemostat data based on figure 3 of ref. 23. Only data with dilution rates less than the apparent washout dilution rate are plotted here. d, Glucose-limited chemostat data from table 1 of ref. 15. e, Glucose-limited chemostat data based on figure 1 of ref. 16. f, *E. coli* K-12 NCM3722 was grown in minimal medium with one of five non-glycolytic carbon sources, including two gluconeogenic substrates (pyruvate and lactate), one substrate of the pentose phosphate pathway (gluconate), and two intermediates of the TCA pathway (succinate and fumarate). Deviation from the acetate line (the red line, as defined in Fig. 1 and equation (1) of the main text) is seen most notably for pyruvate, which excretes a very large amount of acetate, and to a lesser degree, also lactate and gluconate, which enter glycolysis as pyruvate. In the framework of our model, these deviations result from different proteome efficiencies of fermentation and respiration on these carbon sources. Note: acetate excretion measurement was also attempted for growth on LB. However, growth on LB is not characterized by a single exponential steady-state growth phase, as various constituents of the medium are depleted during the course of batch culture growth. Assuming exponential growth for *A*$_{600\text{ nm}}$ data below 0.3 and alternatively from 0.3 for 0.5 gave doubling time of 18 min and 28 min, respectively. The corresponding acetate excretion rates were 14.3 and 3.6 mM *A*$_{600\text{ nm}}$ h$^{-1}$. These data should be regarded as semi-quantitative owing to the non-steady nature of growth on LB.
Extended Data Figure 2 | The (oxidative) fermentation and respiration pathways. a, Schematic illustration of the fermentation pathway, using glucose as an exemplary carbon source. The pathway is shown as the coloured part. One molecule of glucose is catabolized into two molecules of acetate and two molecules of CO\(_2\) (not shown in the diagram), with four molecules of ATP generated via substrate phosphorylation and also four molecules of NADH produced. In the aerobic environment, NADH molecules can be converted into ATP molecules. The total number of ATP molecules produced per glucose molecule is therefore \(4 \times x\), in which the conversion factor \(x\) indicates the number of ATP molecules converted from one NADH molecule (that is, ATP:NADH = \(x\) : 1). In the illustration, we assume that two molecules of ATP are converted from one NADH molecule; that is, \(x = 2\).

b, Schematic illustration of the respiration pathway, using glucose as an exemplary carbon source. The pathway is shown as the coloured part. One molecule of glucose is catabolized into 6 molecules of CO\(_2\) (not shown in the diagram), producing 4 molecules of ATP, 6 molecules of NADH, 2 molecules of NADPH, and 2 molecules of FADH\(_2\). Using ATP:NADH = \(x\) : 1, ATP:NADPH = \(x\) : 1 and ATP:FADH\(_2\) = \(x\) : 2, we have the total number of ATP molecules produced as \(4 + 9x\) for the respiration pathway. Here in the illustration, we assumed \(x = 2\). Note that the ratio of total ATP produced from respiration over total ATP produced from fermentation depends on the conversion factor \(x\); that is, \((4 + 9x)/(4 + 4x)\). The value of this ratio ranges from 1 (for \(x = 0\)) to 9/4 (for \(x \to \infty\)).
**Extended Data Figure 3 | Growth-rate dependence of acetate production and CO₂ evolution in bioreactor: data and comparisons to the model.**

**a.** The rate of CO₂ evolution was determined in a bioreactor setup for wild-type and titratable LacY cells (NCM3722 and NQ381, respectively) grown in lactose minimal medium with various degrees of lactose uptake titration, and the result was used to deduce the CO₂ flux produced by respiration (blue circles). Also plotted (red squares) is the acetate excretion rate measured in the bioreactor. See Supplementary Note 2 for details of this experiment and corresponding analysis. The inducer levels, growth rate, measurements of glucose, acetate and CO₂, and the deduced CO₂ levels via respiration are shown in the table on the right.

**b.** Deduced energy production fluxes from fermentation and respiration pathways, based on the measurements presented in a. The fluxes are in units of mM A₆₀₀nm⁻¹ h⁻¹. c. Comparison of model and experimental data. Using the set of parameters summarized in Extended Data Table 2, the model solution (equations (S14) and (S17)) satisfactorily describes the experimental data obtained for acetate excretion (Jₐc) and respiratory CO₂ production (JₐCO₂) in the bioreactor for carbon limitation. These results depend on the assumed ratios of ATP-carbon conversion. As described in Supplementary Note D1, the ratios we used in this work are ATP:NADH = 2:1, ATP:NADPH = 2:1 and ATP:FADH₂ = 1.15:1. Note that these conversion ratios have never been precisely measured and could be substantially overestimated. However, the central results presented in this work are robust with respect to the choice of these conversion ratios. As an illustration, we show in d that the model results generated with a very different set of conversion ratios (ATP:NADH = 0.5:1, ATP:NADPH = 0.5:1 and ATP:FADH₂ = 0.5:1) even provide a slightly better description of the data. (For these conversion ratios, the energy production of the cell matches the theoretical energy demand for biomass production.) The full model calibration requires the rate of CO₂ evolution, which can only be measured in a bioreactor setup. We note a small discrepancy between acetate fluxes and growth rates obtained for cultures grown in bioreactor as compared to batch cultures, possibly caused by differences in aeration.
Extended Data Figure 4 | The effect of useless protein expression on acetate excretion. a, Acetate excretion rate by strain NQ1389 is plotted against the absolute abundance of the expressed LacZ proteins, reported as a fraction of total protein ($\phi_z$), for each of the four carbon sources described in Fig. 2a. The solid lines, depicting the linear decrease in acetate excretion, are model predictions (equation (S23) in Supplementary Information), with the lone parameter $\phi_{\text{max}} \approx 47\%$ (the x-intercept of the line) determined from the least-mean-squares fit of the data in 3D plot of Fig. 2b, by a plane anchored to the acetate line. b, Alternatively, $\phi_{\text{max}}$ can be determined from linear fits of growth rate versus $\phi_z$ for the four carbon sources shown. This results in $\phi_{\text{max}} = 42\% \pm 5\%$. The solid lines in this panel are linear fits using $\phi_{\text{max}} = 42\%$. (We note that over a broad growth rate range, $\phi_{\text{max}}$ actually exhibits a growth-rate dependence (Dai, X. et al., manuscript in preparation). Nevertheless, over the narrow growth-rate range relevant for acetate excretion, this dependence is negligible. Hence, for the purposes of our paper, we consider $\phi_{\text{max}}$ to be constant.) c, A different view of the 3D plot in Fig. 2b. d, Glucose uptake rate as a function of growth rate under LacZ overexpression. The circles are the data and the dashed line is the best-fit to the data passing through the origin. e, The relative protein levels of several representative genes, taken from amino acid synthesis (red), central metabolism (blue), protein synthesis genes (green), and nucleotide synthesis (black). As described in ref. 28, the vast majority of genes exhibited an expression pattern that is linearly proportional to the growth rate when growth is changed by increasing LacZ expression. f, Growth-rate dependence of motility proteins under carbon limitation. The proteome fraction data (green symbols) is from the carbon limitation series in ref. 28, in which growth rate was limited by titrating the lactose uptake for the strain NQ381. The motility proteins are proteins that are associated with the Gene Ontology (GO) term 0006810 (with GO name ‘locomotion’) as defined by the Gene Ontology Consortium18. See ref. 28 for detailed description of the experimental procedure and data processing. Note that the fraction of motility proteins increases the most in the growth range where acetate is excreted. Also note that the energy consumption by chemotaxis comprises a very minor fraction of the total energy budget, estimated to be in the order of 0.1% (ref. 59). Disabling the motility function therefore does not affect the cell’s energy requirement.
Acetate excretion due to energy dissipation by DNP. DNP is a chemical known to dissipate membrane potential and thus imposes energy stress on the cell. Acetate excretion rates for the titratable glucose uptake strain (NQ1243) grown in medium with glucose and different concentrations of DNP were measured for different degrees of glucose uptake. The results are qualitatively similar to the data for the leaky LacY mutant NQ1313 (Fig. 3d), except for a systematic difference in the slopes of the resulting acetate lines (thin lines of different colours). The origin of this deviation is presumably a more complex action of DNP with additional effects on the cell as compared to the leaky LacY mutant. Indeed, it is known for instance that in addition to leakage of protons, DNP also causes leakage of osmolites through the membrane.
The relative expression levels of glycolysis proteins under proteome perturbation (by LacZ overexpression), and energy dissipation (by expressing leaky LacY). Orange data points and linear fits result from the overexpression experiment (that is, NQ1389 grown in glucose minimal medium with different induction levels of LacZ expression), and blue data points and fits are the leaky LacY series (that is, the wild-type LacY strain NQ1312 and the leaky LacY strain NQ1313 grown in glucose minimal medium with 200 μM 3-methylbenzyl alcohol (3MBA)). The y axis denotes relative protein levels, which were obtained by mass spectrometry with the same reference for the two series (see Methods). The x axis is the growth rate (in units of h$^{-1}$). The different trends of protein expression for the two series show the distinct nature of the two perturbations, demonstrating that these seemingly similar predictions for the acetate line (parallel shift to slow growth as shown in Fig. 3a, d) for the two perturbations, have distinct origins and exhibit distinctly different patterns of gene expression in accordance with model predictions derived in section C3 of Supplementary Note 1 (see equations (S26) and (S36)). From the perspective of gene regulation, it is not obvious what causes the increased expression levels of glycolysis genes under energy dissipation; the transcription factor Cra in combination with the key central carbon intermediate fructose-1,6-bisphosphate (FBP) is recognized as the major regulator of glycolysis$^{62}$. FBP relieves the repression of glycolytic enzymes expression by Cra$^{63}$. The observed increase in the abundance of glycolytic enzymes under energy dissipation could be caused by a build-up of FBP, as energy stress limits protein polymerization. However, in this case, it is not clear what signalling pathway gives rise to the opposite responses of glycolytic enzymes to LacZ overexpression. Inset, corresponding glucose uptake and acetate excretion rates for the two perturbations presented in the main figure. Glucose uptake and acetate excretion rates decreased proportional to growth rate for LacZ overexpression (as expected from the model equations (S25), (S26) and (S29)). On the other hand, there was a marked increase in acetate excretion with energy dissipation for a roughly constant glucose uptake rate, as correctly anticipated by the model (equation (S36)). Note that the protein abundance of ACS (main panel) shows that this increase in the acetate excretion rate was not caused by a drop in ACS. Instead, the observed increase of acetate excretion, together with the parallel increase in the expression level of glycolysis and TCA enzymes, points to the coordination of glycolytic and TCA fluxes in response to energy demand.
Extended Data Figure 7 | The relative expression level of TCA proteins under proteome perturbations (by protein overexpression) and energy dissipation (by using leaky LacY). Orange data points and linear fits represent the overexpression experiment (that is, NQ1389 with different induction levels of LacZ expression), and blue data points and fits are the leaky LacY series (using strains NQ1312 and NQ1313 with wild-type and leaky LacY expression, respectively). The y axis denotes relative protein levels, which were obtained by mass spectrometry with the same reference for the two series (see Methods). The x axis is growth rate (in units of h\(^{-1}\)). The different trends of protein expression for the two series show the distinct nature of the two perturbations, demonstrating that these seemingly similar predictions on the acetate line (parallel shift to slow growth as shown in Fig. 3a, c) for the two perturbations, have distinct origins and exhibit distinctly different patterns of gene expression in accordance with model predictions derived in section C3 of Supplementary Note 1 (see equations (S27) and (S37)). From the perspective of gene regulation, the transcription factor CRP is thought to be the major regulator of TCA enzyme expression in aerobic conditions\(^6\). CRP-cAMP activity, which increases under carbon limitation, is known to activate the expression of most TCA enzymes. Together with the known role of CRP in upregulating the enzyme ACS which takes up acetate\(^15,16\), CRP is considered to be a major candidate for regulating energy metabolism and acetate excretion. However, our findings that the expression of TCA enzymes increased under energy dissipation while acetate excretion also increased (Extended Data Fig. 6, inset) cannot be accounted for by known mechanisms of CRP regulation, and instead suggest an important role of additional regulators in the coordination of energy biogenesis pathways.
Except for EO353, all the strains used are derived from E. coli K-12 strain NCM3722 (refs 50–52) provided by the S. Kustu laboratory. Descriptions of the key strains used in this study are as follows.

NQ1243: varying glucose uptake by titrating the expression of PtsG, a subunit of the glucose PTS permease. The glucose PTS permease consists of two subunits, PtsG and Crr. Strain NQ1243 was constructed by replacing the ptsG promoter with a titratable Pu promoter from Pseudomonas putida. The activity of the Pu promoter is activated by the regulator XylR upon induction by 3-methylbenzyl alcohol. Strain NQ1243 was grown in glucose minimal medium, supplemented with various 3-methylbenzyl alcohol levels (0–800 μM) to stimulate XylR and titrate the expression of PtsG.

NQ1312: varying lactose uptake by titrating the expression of LacY. LacY (or lactose permease) is the primary transporter that allows E. coli to grow on lactose as the sole carbon source. Strain NQ1312 was constructed by inserting the same titratable Pu promoter (above) between lacZ stop codon and lacY start codon. See ref. 27 details of strain construction.

NQ1389: \textit{P}tet-\textit{tet}R on pZA31; \textit{P}tetstabil-lacZ on pZE1

NQ1539: \textit{yca}D::\textit{F}RT;\textit{P}tet-xylR \textit{P}ptsG::kan;\textit{Pu};\textit{pts}G; \textit{P}tet-lacY^{A177V} on pZA31

NQ1388: \textit{yca}D::\textit{F}RT;\textit{P}tet-xylR \textit{Pu};\textit{pts}G; Δ\textit{flhD}-kan

NQ1389: \textit{P}tet-\textit{tet}R on pZA31; \textit{P}tetstabil-lacZ on pZE1

NQ1539: \textit{yca}D::\textit{F}RT;\textit{P}tet-xylR \textit{Pu};\textit{pts}G; Δ\textit{fla}A-can

NQ1312: the titratable LacZ overexpression system. This strain carries two plasmids pZA31 and pZE1. The repressor TetR gene on the pZA31 plasmid is driven by the TetR-repressible \textit{P}\textit{L}\textit{tet}-\textit{O}1 promoter\textsuperscript{53}, while the lacZ gene on the pZE1 plasmid is driven by the modified tet-promoter (more stable with respect to spontaneous mutations). The combination of these two plasmids creates a stable, finely titratable system that can be induced via the addition of chlorotetracycline in the medium\textsuperscript{54}. This induction system is tight, highly linear and capable of very high LacZ expression levels (with LacZ constituting up to 42% of the proteome) as seen in Fig. 2 and Extended Data Fig. 4. See ref. 28 for details of strain construction. NQ1312 and NQ1313: strains containing plasmids expressing Lac\textit{Y} and Lac\textit{Y}^{A177V}. The leaky Lac\textit{Y} mutant (Lac\textit{Y}^{A177V})\textsuperscript{33} or the control wild-type Lac\textit{Y} is each driven by the \textit{PL}\textit{tet}-\textit{O}1 promoter, harboured on the pZA31 plasmid. Neither strain contains a source of the TetR repressor, hence the plasmid expression system is fully induced. Bacteria use the H\textsuperscript{+} gradient across its inner membrane generated from the electron transport chain to produce ATP using the ATP synthase complex. The leaky Lac\textit{Y} protein allows protons to pass through the inner membrane of the cell, thereby ‘draining’ the membrane potential generated by energy production pathways. This in turn leads to reduced energy efficiency or an increased energy demand on the bacterium.
### Extended Data Table 2 | Model parameters calibrated from bioreactor

| Parameter (Units) | Description | From literature | Measured |
|-------------------|-------------|-----------------|----------|
| \(\phi_{E,\text{max}}-1-\phi_0\) (%) | maximum energy proteome fraction extrapolated to \(\lambda=0\) | 19.0±1.2<sup>a</sup> | |
| \(b\) (% hr) | energy sector growth rate dependence | 12.0±1.4<sup>b</sup> | |
| \(\sigma\) (mM/OD) | energy demand, proportionality constant with growth rate | 45.7±2.8<sup>c</sup> | |
| \(e_f\) (1) | carbon efficiency, fermentation | 2.0<sup>d</sup> | |
| \(e_r\) (1) | carbon efficiency, respiration | 4.4<sup>e</sup> | |
| \(\tilde{e}_f\) (mM/OD/hr) | protein efficiency, fermentation | 750±30<sup>f</sup> | |
| \(\tilde{e}_r\) (mM/OD/hr) | protein efficiency, respiration | 390±10<sup>g</sup> | |
| \(\beta\) (mM/OD) | carbon demand for biomass building blocks, proportionality constant with growth rate | 28.5±1.3<sup>h</sup> | |
| \(\phi_{\text{max}}\) (1) | maximum total proteome fraction | 0.42±0.05<sup>i</sup> | |
| \(S_{\text{Ac}}\) (1) | stoichiometric factor for acetate from fermentation | 1/3<sup>j</sup> | |
| \(S_{\text{CO}_2}\) (1) | stoichiometric factor for CO\(_2\) from respiration | 1/6<sup>k</sup> | |

<sup>a</sup>Determined from mass spectrometry data. Offset of linear function fitted to the total energy sector size in Supplementary Note 1, Fig. N6. Error inferred from this linear fit. See Supplementary Note 1, section D4, for details.

<sup>b</sup>Determined from mass spectrometry data. Slope of linear function fitted to the total energy sector size in Supplementary Note 1, Fig. N6. Error inferred from this linear fit. See Supplementary Note 1, section D4, for details.

<sup>c</sup>Determined from energy flux data, assuming energy demand proportional to growth rate. See Supplementary Note 1, section D3, and Fig. N5.

<sup>d</sup>Determined from the literature. Number of ATP produced per carbon processed in fermentation. A total of 4 ATP and 4 NADH molecules is produced per glucose molecule metabolized in fermentation (EcoCyc<sup>55</sup>). On the basis of ref. 56, a conversion ratio of NADH, NADPH to ATP of 2.0 was assumed. Hence, the equivalent of 2.0 ATP molecules are produced per carbon metabolized in fermentation.

<sup>e</sup>Determined from the literature. Number of ATP produced per carbon processed in respiration. A total of 4 ATP, 2 FADH\(_2\), 2 NADPH and 8 NADH molecules is produced per glucose molecule metabolized in respiration (EcoCyc<sup>55</sup>). On the basis of ref. 56, a conversion ratio of NADH, NADPH to ATP of 2.0 and a conversion ratio of FADH\(_2\) to ATP of 1.15 was assumed. Hence, the equivalent of 4.4 ATP are produced per carbon metabolized in respiration.

<sup>f</sup>Determined from energy flux data. Energy flux produced per protein fraction invested in the fermentation pathway. See Supplementary Note 1, section D5, for details.

<sup>g</sup>Determined from mass spectrometry data. Energy flux produced per protein fraction invested in the respiration pathway. See Supplementary Note 1, section D5, for details.

<sup>h</sup>Determined from carbon uptake flux and carbon fluxes by the energy pathways. See Supplementary Note 1, section D2, and Fig. N4 for details. Determined by LacZ overexpression. Given by the proteome fraction occupied by LacZ, at which the growth rate vanishes. According to the average and the corresponding standard deviation of the fits of the data presented in Fig. 2, growth rate vanishes at 260,000±30,000 MU, which translates into a proteome fraction of 42±5%, given that 100,000 MU corresponds to 1.6% of proteome. Note that this estimate is in good agreement with the estimates in previous works<sup>21,27,28</sup>.

<sup>i</sup>Here, \(S_{\text{Ac}} = 1/3\) simply because of the chemical reaction \(6\text{C} \rightarrow 2\text{acetate} + 2\text{CO}_2\) of the fermentation pathway: the carbon uptake flux \(J_{\text{C,f}}\) measured in units of the number of carbon atoms (C), is three times the flux of acetate molecules.

<sup>j</sup>\(S_{\text{CO}_2} = 1/6\) simply because of the chemical reaction \(6\text{C} \rightarrow 12\text{CO}_2\) of the respiration pathway, oxidizing all carbon atoms to \(\text{CO}_2\).
Extended Data Table 3 | Comparison between phenomenological model predictions and empirical results

| Parameter | Description | Equations | Figures | Units | Predicted | Empirical |
|-----------|-------------|-----------|---------|-------|-----------|-----------|
| $J_{\text{ac}}'(\lambda = 0)$ | LacZ overexpression, glucose, acetate excretion intercept at $\lambda = 0$ | S26 | 2a | mM/OD/hr | 0.0$^b$ | 0.17±0.11$^b$ |
| $J_{\text{ac}}'(\lambda = 0)$ | LacZ overexpression, G6P, acetate excretion intercept at $\lambda = 0$ | S26 | 2a | mM/OD/hr | 0.0$^c$ | 0.70±0.25$^c$ |
| $J_{\text{ac}}'(\lambda = 0)$ | LacZ overexpression, lactose, acetate excretion intercept at $\lambda = 0$ | S26 | 2a | mM/OD/hr | 0.0$^e$ | 0.13±0.11$^e$ |
| $J_{\text{ac}}'(\lambda = 0)$ | LacZ overexpression, mannitol, acetate excretion intercept at $\lambda = 0$ | S26 | 2a | mM/OD/hr | 0.0$^f$ | -0.18±0.04$^f$ |
| $s_{\text{ac}}'$ | slope acetate line with constant LacZ expression level of 50 000 MU (or $\phi_z = 8\%$) | S30 | N2a, 3a | mM/OD | 10.0$^c$ | 11.0±1.2$^c$ |
| $\lambda_{\text{ac}}'$ | threshold growth rate of acetate line with constant LacZ expression level of 50 000 MU (or $\phi_z = 8\%$) | S30 | N2a, 3a | 1/hr | 0.61$^e$ | 0.66±0.05$^d$ |
| $s_{\text{ac}}'$ | slope acetate line with constant LacZ expression level of 100 000 MU (or $\phi_z = 16\%$) | S30 | N2a, 3a | mM/OD | 10.0$^c$ | 9.1±1.3$^c$ |
| $\lambda_{\text{ac}}'$ | threshold growth rate of acetate line with constant LacZ expression level of 100 000 MU (or $\phi_z = 16\%$) | S30 | N2a, 3a | 1/hr | 0.47$^e$ | 0.48±0.22$^d$ |
| $\lambda_{\text{ac}}^\prime$ | threshold growth rate of acetate line with flagella knockout | S14, S28 | 3b, Extended Data Fig. 4f | 1/hr | 0.88$^e$ | 0.96±0.02$^e$ |
| $\lambda_{\text{ac}}^\prime$ | threshold growth rate of acetate line with 2mM chloramphenicol | S14 | N2b, 3b | 1/hr | 0.59$^b$ | 0.54±0.02$^b$ |
| $\lambda_{\text{ac}}^\prime$ | threshold growth rate of acetate line with 4mM chloramphenicol | S14 | N2b, 3b | 1/hr | 0.48$^b$ | 0.46±0.02$^b$ |
| $\lambda_{\text{ac}}^\prime$ | threshold growth rate of acetate line with 8mM chloramphenicol | S14 | N2b, 3b | 1/hr | 0.30$^b$ | 0.26±0.04$^b$ |
| $s_{\text{ac}}$ | slope of acetate line with LacY^{ALATV} | S32 | N3, 3c | mM/OD | 10.0$^c$ | 11.1±0.6$^c$ |

$^a$Equation (S26) in Supplementary Information predicts direct proportionality between growth rate $\lambda$ and acetate excretion rates $J_{\text{ac}}'$ for LacZ overexpression. Hence, the lines should intercept the origin, with a vanishing acetate excretion rate $J_{\text{ac}}'(\lambda = 0)$.

$^b$Intercept $J_{\text{ac}}'(\lambda = 0)$ of the least-mean-squares fit of a line to the experimental data for different levels of LacZ overexpression presented in Fig. 2a.

$^c$Equation (S30) predicts a slope identical to the standard acetate line for a constant level of LacZ overexpression. The model prediction is illustrated in Supplementary Note 1, Fig. N2a, and presented as the thin red lines in Fig. 3a.

$^d$For the four tested carbon sources G6P, glucose, mannitol and lactose, acetate excretion rates and $\beta$-galactosidase activities were fitted as linear functions of growth rate. These fits were then used to interpolate growth rates and acetate excretion rates for a fixed level of LacZ overexpression. This resulted in the four points for a fixed LacZ level from each of the different carbon sources presented in Fig. 3a. Resulting slopes and intercepts presented in this table are the result of least-mean-squares fits of lines to these points.

$^e$Equation (S30) in Supplementary Information predicts the threshold growth rate for a fixed amount of protein overexpression, using the parameter $\phi_{\text{max}}$ empirically determined in this work and previous works$^{21,27,28}$ as input. The model prediction is illustrated in Supplementary Note 1, Fig. N2a and presented as the thin red lines in Fig. 3a.

$^f$Using equations (S14) and (S28) of Supplementary Information, assuming the proteome sector of motility proteins decreases linearly with growth rate, vanishing at $\lambda = 1.1 \text{ h}^{-1}$ and constituting 10% of the proteome at $\lambda = \lambda_{\text{ac}}$ (compare to Extended Data Fig. 4f).

$^g$Equation (S32) in Supplementary Information predicts an identical slope of the modified acetate line with energy dissipation as compared to the standard acetate line. The model prediction is illustrated in Supplementary Note 1, Fig. N3, and presented as the thin red line in Fig. 3d.

$^h$Slope is the result of a least-mean-squares fit of a line to the data points presented in Fig. 3d.

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