Introduction

The cytochromes P450 or commonly known as CYPs P450, are of a superfamily of heme-binding enzymes with various physiological roles (1). The cytochrome P450 3A (CYP3A4) is believed to be the most predominant enzyme involved in metabolism of drugs used in clinical practice (2). A significant pool of data suggests that genetic variation in the CYP3A4 gene results in functional changes that may significantly affect its activity leading to serious consequences for patients (3, 4).

CYP3A4 plays a key role in the metabolism of important drugs used in breast cancer treatment which include anastrozole (5), letrozole (6), exemestane (7), tamoxifen (8), cyclophosphamide, paclitaxel and docetaxel.
Genetic polymorphism in the recently described CYP3A4*22 has been shown to influence the efficacy of tamoxifen in breast cancer patients (11). A similar study also reported that breast cancer patients harbouring CYP3A4*22 had lower tendency to develop of tamoxifen-associated hot flashes (12).

Based on the updated CYP3A4 allele nomenclature database (http://www.cypalleles.ki.se/cyp3a4.htm) the wild type of CYP3A4*1 allele category consists of subtypes CYP3A4*1A-T (2). With the exception of CYP3A4*22 and CYP3A4*18B (which are located in the intron), CYP3A4*2 to *26 alleles are found in the exons and have been reported to cause changes in protein sequences. However, only some have been reported to affect the enzyme activity in vitro (2).

CYP3A4*4 (rs55951658) located on exon 5 was previously reported in three Chinese subjects [n = 102] (13). The single nucleotide polymorphisms (SNP) was associated with a functionally reduced activity of the CYP3A4 enzyme resulting in a significant lipid-lowering effects of simvastatin in hyperlipidemic patients (14) and a profound impairment of CYP3A4 activity on endocannabinoid anandamide metabolism in vitro (15).

CYP3A4*18B (rs2242480) with a G>A SNP located in intron 10 affects cyclosporine pharmacokinetics in Chinese renal transplant recipients (16). This finding was further confirmed in healthy Chinese volunteers more recently (17). These findings suggest that CYP3A4*18B is associated with increased CYP3A4 activity and may play a significant role in the inter-individual variability observed in cyclosporine pharmacokinetics.

CYP3A4*22 (rs35599367) with a C>T SNP located in intron 6 was recently discovered (18) and has since been established as a potentially important biomarker in drug discovery and development. The reported frequencies in Caucasians and Asians/Africans are 0.08 and 0.04, respectively (2). The presence of CYP3A4*22T-allele was further reported to be associated with midazolam clearance in renal allograft patients, indicating that there is a reduced in vivo activity of CYP3A4 in individuals with T variant of CYP3A4*22 (19).

Inter-individual variability in drugs metabolism influences their therapeutic levels and constitutes a major concern during drug discovery and development. As highlighted above, impairment of CYP3A4 enzyme activity due to the presence of CYP3A4*4, *18B and *22 play a significant role in this variation. This fact necessitates the need for novel therapeutic approaches geared towards improving cure rates and minimising adverse drug reactions which could be achieved by the identification of these genetic biomarkers through various pharmacogenetic studies aimed at personalised therapies. To achieve the primary goal of personalised medicine, simple, robust, fast and inexpensive methods for detection of CYP3A4 SNPs are necessary. We report for the first time, a novel multiplex polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) method for simultaneous detection of CYP3A4*4 A>G, CYP3A4*18B G>A and CYP3A4*22 C>T alleles.

Materials and Methods

Study Population and Sample Collection

This was a prospective study among post-menopausal women (aged between 44 and 83 years) with estrogen receptor positive breast cancer who attended the Oncology Clinic, Universiti Sains Malaysia, Kelantan, Malaysia. The protocol was approved by the Human Research Ethical Committee of the Universiti Sains Malaysia (USMKK/PPP/JEPeM [260.3.(21)]) which complied with the Declaration of Helsinki. The subjects were post-menopausal women [n = 94] with histologically confirmed hormone receptor positive stages I to III breast cancer based on the American Joint Committee on Cancer (AJCC) staging manual (sixth edition). Following the screening of the medical records, the patients were approached for study enrollment at their regular follow-up appointments. Only patients who signed written informed consents were enrolled and were then asked to complete an individual case report form. Peripheral blood (1 mL) was collected for genomic DNA extraction. The whole blood was stored in EDTA (BD Franklin Lakes, NJ USA) at -20 °C until use.

Polymerase Chain Reaction (PCR) Method

Genomic DNA was extracted from whole blood using QIAamp® DNA Blood Mini Kit (Qiagen, Hilden, Germany) according to the manufacturer's protocol. DNA concentration and purity were determined using Infinite® 200 NanoQuant (Tecan, Switzerland). DNA
pellet was dissolved in 100 µL of TE buffer (approximately 20 ng/µL DNA concentration) and was stored at -20 °C until use.

The multiplex PCR method was developed in accordance with QIAGEN® Multiplex PCR Handbook (20) using QIAGEN® Multiplex PCR Plus Kit. A uniplex PCR method was first conducted to determine the specificity, functionality and annealing temperature of each primer set.

**Primer Design**

The primer for amplification of CYP3A4*22 was designed using primer 3 software, version 4.0.0 (http://bioinfo.ut.ee/primer3/) (21). The primer for the amplification of CYP3A4*4 was adopted from our previous study (22) while the primer for CYP3A4*18B amplification was modified from (23). Prior to use, the primer specificity was checked using the “BLAST” database at http://blast.ncbi.nlm.nih.gov/Blast. cgi. The primer sequences are shown in Table 1.

**Hypothetical RFLP Results**

The hypothetical sizes of restriction fragment length polymorphism (RFLP) for CYP3A4*4, CYP3A4*18B and CYP3A4*22 were investigated using BioEdit v7.2.5 software (http://www.mbio.ncsu.edu/bioedit/bioedit.html) and are depicted in Table 2.

**Multiplex PCR Reaction Set Up and Cycling Protocol**

A total of 50 µL PCR reaction was prepared. The mixture consisted of 1× Multiplex PCR Master mix (QIAGEN®) containing HotStar® DNA Polymerase, Multiplex PCR buffer (6 mM MgCl2, pH 8.7) and dNTP mix; 0.2 µM of forward and reverse primers for each SNP (*4_F, *4_R, *18B_F, *18B_R, *22_F, and *22_R), 100 ng of DNA template and double distilled water. Three samples previously confirmed by sequencing were used as positive controls in the PCR and RFLP for each of the SNP. A negative control without DNA template in the reaction mix was set up.

The cycling protocol consisted of an initial PCR activation step for 5 min at 95 °C, followed by 35 cycles of 30 s at 95 °C, 90 s at 61.9 °C and 90 s at 72 °C and a 10 min of final extension at 68 °C.

**Endonuclease Restriction Assay-RFLP Method**

Prior to the RFLP, the multiplex PCR product was separated into three tubes for the genotyping of CYP3A4*4, CYP3A4*18B and CYP3A4*22 using BsmAI (NEB® Inc, Massachusetts, USA), RsaI (NEB® Inc, Massachusetts, USA) and BseYI (NEB® Inc, Massachusetts, USA) restriction enzymes (RE), respectively. The first tube contained 2.0 U BsmAI, 1× CutSmart NEBuffer® (NEB® Inc, Massachusetts, USA), 0.3–0.4 µg of PCR products and 9.2 µL doubly distilled water followed by incubation at 55 °C for 60 min. (Alpha Innotech, USA). The second tube contained 4.0 U RsaI, 1× CutSmart NEBuffer® (NEB® Inc, Massachusetts, USA), 0.3–0.4 µg fresh PCR products and 8.8 µL doubly distilled water, followed by incubation at 37 °C for 60 min. The third tube contained 6.0 U BseYI, 1× NEBuffer 3.1® (NEB® Inc, Massachusetts, USA), 0.3–0.4 µg fresh PCR products and 8.4 µL doubly distilled water; incubated at 37 °C for 60 min followed by an inactivation step at 80 °C for 20 min. The incubation for all RFLP samples was carried out using an Accublock Digital Dry Bath.

**Agarose Gel Electrophoresis**

High resolution blend agarose 3:1 HRB™ gels (AMRESCO®, Ohio, USA) (2% and 4%) were prepared and immersed into electrophoresis gel tank containing 1× Tris-Borate-EDTA

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**Table 1.** Primer sequences for SNPs genotyping

| SNPs     | Primers | Sequences (5′ → 3′) | Length (bp) | Tm (°C) | GC (%) | References |
|----------|---------|---------------------|-------------|---------|--------|------------|
| CYP3A4*4 A>G | *4_F    | CACATTTTCTACAACCATGGAGACC | 25         | 72      | 44.0   | (22)       |
|          | *4_R    | TACCTGTCCCCACCAGATTCATTCT | 25         | 74      | 48.0   | (22)       |
| CYP3A4*18B G>A | *18B_F  | CCACGAGCAGTGTTCTCTCCCTTCTCCT  | 23         | 72      | 56.5   | Self-designed |
|          | *18B_R  | AATGAAAGCAGATGACGACGACAGCAGCC | 25         | 72      | 44.0   | (23)       |
| CYP3A4*22 C>T | *22_F   | GCATAGAGTGCGATGGACGACGATGGCAAT | 24         | 70      | 47.8   | Self-designed |
|          | *22_R   | GATGACAGGTTTTTTGACAGGGG | 23         | 72      | 56.5   | Self-designed |
(TBE) buffer (AMRESCO®, Ohio, USA). For confirmation of uniplex and multiplex PCR (Figure 1), 1.0 µL of 6× DNA loading dye® (Thermo Fisher Scientific Inc, Massachusetts, USA) was mixed with 1.0 µL of SYBR® Green I stain (Lonza, Rockland, USA) and either 2.0 µL of a Quick-Load 100bp DNA ladder (NEB® Inc, Massachusetts, USA) or 2.0 µL of the PCR products on a Parafilm® (Parafilm, Bemis, USA); the mixture was then loaded into the well and then electrophoresed on 2% agarose at 100 V for 45 min.

On the other hand, for multiplex PCR-RFLP (Figure 2), 1.0 µL of 6× DNA loading dye® (Thermo Fisher Scientific Inc, Massachusetts, USA) was mixed with 1.0 µL of SYBR® Green I stain (Lonza, Rockland, USA) and either 1.0 µL of a 50 bp DNA ladder (NEB® Inc, Massachusetts, USA) or 2.0 µL of PCR products on a Parafilm® (Parafilm, Bemis, USA); the mixture was then loaded into a 4% agarose and electrophoresed at 100 V for 1.5 h.

All gels were visualised using Alpha Innotech® Ultraviolet Transilluminator (Alpha Innotech® USA).

PCR Products Purification and DNA Sequencing

Prior to sequencing, the PCR products were purified using illustra™ ExoProster™ 1-Step Enzymatic and Sequencing Clean-Up (GE Healthcare Life Sciences, UK) according to manufacturer’s instructions.

SNP Analysis

In order to validate our method, control samples’ nucleotide sequences were run through the snpBLAST (https://blast.ncbi.nlm.nih.gov/Blast.cgi?PAGE_TYPE=BlastSearch) and were compared against the SNP database (http://www.ensembl.org/index.html) where each SNP was identified by its reference SNP (rs) ID. For instance, rs55951658, rs2242480, and rs35599367 are the rs numbers for CYP3A4*4, CYP3A4*18B and CYP3A4*22, respectively.

Results

In the present study, the developed multiplex PCR-RFLP method was used to successfully genotype a total of 94 patients simultaneously. The method was validated by sequencing of selected DNA samples using random sampling method (n = 38). For further confirmation, samples with known genotypes were run using a uniplex PCR method and the results obtained showed 100% concordance with the multiplex PCR technique (Figure 1) i.e. 244 bp, 331 bp and 793 bp for CYP3A4*4, CYP3A4*18B and CYP3A4*22, respectively.

A summary of the PCR-RFLP product sizes, endonuclease used and sizes of fragments following digestion is shown in Table 2.

Amplification of CYP3A4*4, CYP3A4*18B and CYP3A4*22 and Their Digestions

The length of the PCR product for CYP3A4*4 was 244 bp (Figure 1). Figure 2 depicts the BsmAI digestion of CYP3A4*4 which yielded 15 bp (not shown), 88 bp and 141 bp for the wild type, however, no variant alleles were detected for this gene in all the 94 study subjects. In addition, the BsmAI also recognised the sequence 5’...G T C T C (N)↓...3’ in CYP3A4*22 and therefore digested it to give rise to 56 bp and 59 bp (not shown), 153 bp and 525 bp. Nevertheless, the CYP3A4*18B sequence (331 bp) was unaffected by the action of BsmAI (Table 2 and Figure 2).
The chromatograms of 5’...G T C T C (N)↓...3’ for CYP3A4*4 (Figure 3), 5’...G T ↓ A C ...3’ for CYP3A4*18B [Figures 4(a), 4(b) and 4(c)] and 5’...C ↓ C C A G C ...3’ for CYP3A4*22 (Figure 5) sequences were confirmed using a BioEdit v7.2.5 software and the sequencing results matched those of the PCR-RFLP and snpBLAST analyses.

**Discussion**

Our study is the first to simultaneously determine the genotype of CYP3A4*4 A>G, CYP3A4*18B G>A and CYP3A4*22 C>T that may be useful as possible biomarkers to predict breast cancer response to treatment.

The newly developed method is stable and reproducible to be conducted in only a single-tube multiplex reaction. The method was successfully applied in genotyping of 94 subjects with a significantly minimised pre-PCR optimisation step and thermal cycling time when compared to conventional single reaction in multiple PCR tubes.

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**Table 2.** Hypothetical RFLP lengths for CYP3A4*4, CYP3A4*18B and CYP3A4*22 following digestion with BsmAI, RsaI and BseYI, respectively

| SNPs       | PCR sizes | RE and the recognition sites | REs tested | Frequencies | Fragments (bp) |
|------------|-----------|-----------------------------|------------|-------------|----------------|
| **CYP3A4*4** |
| Wild type  | 244       | BsmAI 5’...G T C T C (N)↓...3’ 3’...C A G A G (N)↑...5’ | BsmAI 2     | 15, 88, 141 |
| Mutant     |           | RsaI 1                        | ND         | 331         |
|            |           | BseYI ND                      |            | 793         |
| **CYP3A4*18B** |
| Wild type  | 331       | RsaI 5’...G T ↓ A C ...3’ 3’...C A ↑ T G ...5’ | RsaI 1     | 115, 216    |
| Mutant     |           | BsmAI ND                      |            | 244         |
|            |           | BseYI ND                      |            | 793         |
| **CYP3A4*22** |
| Wild type  | 793       | BseYI 5’...C ↓ C C A G C ...3’ 3’...G G G T C ↑ G ...5’ | BseYI 1     | 219, 574    |
| Mutant     |           | BsmAI 3                       |            | 56, 59, 153, 525 |
|            |           | RsaI 1                        |            | 112, 618    |

ND: no digestion
In this method, optimisation of PCR components such as MgCl₂, dNTPs and Taq DNA polymerase was not required because the multiplex PCR master mix that was used contained pre-optimised concentrations of HotStar Taq DNA polymerase and MgCl₂ plus dNTPs. Moreover, the multiplex PCR buffer contained a novel synthetic factor MP which enhances primer annealing and extension regardless of primer sequences. The use of a ready-made mastermix greatly reduced the time to set up the reaction while enhancing the reproducibility of the method by eliminating a variety of potential sources of pipetting errors (20).

Another critical step for a successful multiplex PCR method is primer design. There is a relationship between the primer size, its annealing temperature (Tₐ) and hybridisation stability (20). Furthermore, the rule of thumb for optimum primer length is 18–30 nucleotides (24). In the present method, the length of all the primers ranged between 23–25 bases (Table 1).

The melting temperature (Tₘ) of a primer is the key factor in DNA-DNA hybrid stability and is important in the optimisation of a primer Tₐ. In general, extremely low Tₐ can result in significant primer mispairing and the formation of multiple nonspecific bands, whereas high Tₐ may lead to the formation of insufficient primer-template hybridisation with subsequent reduction in the PCR product yield. Since the Tₘ of a primer is also related to its GC content which in turn provides information about the primers annealing stability or strength, it is recommended that each primer should have a GC content of 40%–60% (25). The present method was developed based on some of these well-established recommendations.

The use of separate tubes for the identification of CYP3A4*4, CYP3A4*18B and CYP3A4*22 by BsmAI, RsaI, and BseYI, respectively was to ensure that errors in terms of double digestion or the formation of nonspecific bands were minimised. As observed in Table 2 and Figure 2, both BsmAI and RsaI have the ability to digest the CYP3A4*22 sequence in addition to their primary targets (CYP3A4*4 and CYP3A4*18B sequences, respectively) which was unavoidable due to the long sequence of the CYP3A4*22 PCR product.

A high percentage (4%) high resolution agarose was used because of its ability to discriminate small nucleic acid fragments. Additionally, the use of less-hazardous methods...
**Figure 3.** Sequencing results confirming the presence of wild type $\text{CYP3A4}^*4 \text{ A} \rightarrow \text{G}$ (presence of the “A” nucleotide only). The highlighted “A” is adenine indicating the absence of $\text{CYP3A4}^*4$ SNP in this subject.

**Figure 4.** Sequencing results showing the presence of (a) wild type of $\text{CYP3A4}^*18\text{B} \text{ G} \rightarrow \text{A}$; (b) homozygous variant of $\text{CYP3A4}^*18\text{B} \text{ G} \rightarrow \text{A}$; (c) heterozygous variant of $\text{CYP3A4}^*18\text{B} \text{ G} \rightarrow \text{A}$.
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Conclusion

A simple, rapid, cost-effective and reproducible method has been successfully established for routine applications in identification of SNPs and determination of allelic and genotypic frequencies. The method does not require special equipment and requires only a small amount of standard PCR reagents.

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Conflicts of Interest

The authors declare no conflicts of interest.

Authors’ Contributions

Conception and design: MBA, THL, GSH
Analysis and interpretation of the data: MBA
Drafting of the article: MBA
Critical revision of the article for important intellectual content: THL, GSH
Final approval of the article: MBA, THL, GSH
Provision of study materials or patients: THL, GSH
Obtaining of funding: THL, GSH
Collection and assembly of data: MBA

Limitation of Study

The limitation of this method is that only three out of the many CYP3A4 SNPs were simultaneously detected which was mainly due to difficulty in finding a RE that is only specific to only one sequence in each allele.

Future Study

A multiplex method capable of simultaneous detection of more CYP3A4 SNPs is suggested in future.
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