Evolution of techniques for repair of intermediate-type bicuspid aortic valves

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With the goal of ensuring reproducibility for repairing all bicuspid morphologies, internal ring annuloplasty was developed both to correct annular dilation and to remodel each bicuspid aortic valve (BAV) to a standardized 180° bicuspid ring—allowing surgeons to repair virtually all types of BAV defects. Implicit in aortic valve repair is the opportunity to minimize short- and long-term patient risk, which is especially appealing in BAV insufficiency, given the generally younger age of those affected. The development of techniques for managing leaflet geometry and associated degenerative changes have created this opportunity but also have defined the more challenging anatomies. Intermediate-type BAV (IBAV), sometimes referred to as form-fruste BAV, represents a spectrum of valve anatomy that is intermediate in sinus, leaflet, and commissural morphology between normal trileaflet and Si- evers Type 1 bicuspid valves. In repairing IBAVs, surgeons must commit to either reconstructing the valve to a trileaflet anatomy or establishing a well-functioning BAV. Superior event-free survival has been well documented for standard BAV repair, but IBAV cases with 3 equal sinus segments have been more difficult. Application of routine repair to these more complex BAV anatomies would be a useful goal, and the development of aortic ring annuloplasty could help in standardizing surgical techniques. Our experience with IBAV repair encompasses many patients over the past 11 years; Videos 1 through 4 illustrate our technical evolution over this time in 6 representative patients.
METHODS
Basic Anatomy of an IBAV Valve
The anatomic characteristics of IBAV defects are intermediate between bicuspid and trileaflet geometry. Thus, a single commissural fusion exists (Sievers Type 1 anatomy), usually in the right–left commissure. However, the affected commissure has only a small fusion at the top of the commissure, and most of the commissure is a long cleft flanked by thickened cleft tissue with variable amounts of dysplasia (Figure 1). Frequently, the 3 sinuses are of relatively equal size, and the patients often are referred as trileaflet aortic insufficiency. Many have a posteriorly directed eccentric jet, similar to isolated right coronary leaflet prolapse, but in others, the jet is more central. In contrast to isolated right coronary leaflet prolapse, patients with IBAV usually are younger and do not have a leaflet fracture line and broken right leaflet tip. The posterior insufficiency jet is caused by malcoaptation of the cleft tissue and/or prolapse of the minimally fused right–left leaflet. Frequently, the leaflets are of 3 different sizes, with the noncoronary being slightly larger, and either the right or left being diminutive. Often, the right–left fused commissure is deficient and lower than the others. It is important to identify such valves as variant bicuspid defects because repair as a trileaflet valve often produces suboptimal results. The following 4 videos with 6 illustrative cases illustrate the technical evolution of our approach for IBAV repair—now to a high level of early and late success. Summary clinical characteristics of the 6 patients shown in the videos are listed in Table 1, with patient numbers consistent throughout.

VIDEO 1. Repair of intermediate-type bicuspid aortic valve using a trileaflet annuloplasty ring and autologous pericardial commissural augmentation. Video available at: https://www.jtcvs.org/article/S2666-2507(22)00449-7/fulltext.

VIDEO 2. Repair of an intermediate-type bicuspid aortic valve in a dilated Ross autograft using a trileaflet ring and complex commissural plication. This video illustrates difficulties sometimes encountered when plicating 3 different sized leaflets. Video available at: https://www.jtcvs.org/article/S2666-2507(22)00449-7/fulltext.

VIDEO 3. Two patients are presented with intermediate-type bicuspid aortic valve, the first repaired to a trileaflet valve, and the second to a 2-leaflet valve. This video shows the ease of employing a 2-leaflet repair using a bicuspid ring. Video available at: https://www.jtcvs.org/article/S2666-2507(22)00449-7/fulltext.

VIDEO 4. The final 2 patients are illustrated with intermediate-type bicuspid aortic valve repair using the recommended 2-leaflet reconstruction and bicuspid ring annuloplasty. Video available at: https://www.jtcvs.org/article/S2666-2507(22)00449-7/fulltext.

Video 1 (Early Repairs Using Pericardial Commissural Augmentation)
In publications by Vohra and colleagues, IBAV was reconstructed by tricuspidization, which accommodated the presence of 3 relatively equal sinuses. Because the partially fused commissure was low, pericardial commissural augmentation was performed to raise the commissure and ensure good coaptation. This video illustrates a 35-year-old man (Patient 1) with heart failure, severe aortic insufficiency, and mild ventricular dysfunction, who was referred for repair of a trileaflet valve. Transesophageal echocardiography showed IBAV: the right–left fusion was minimal, the partially fused leaflet was prolapsing, and the 3 sinuses were equal in size. The eccentric insufficiency jet was posterior, the annulus was enlarged at 28 mm, and the left ventricle was dilating. On inspection, the right–left commissural fusion was small, and the commissure was open to the aorta. The leaflet free edge lengths sized to a 21 mm trileaflet annuloplasty ring, which was implanted under the annulus using standard techniques, except the elliptical trileaflet ring was turned 120° to shorten the distance from the noncoronary leaflet to the augmented commissure. Strips of glutaraldehyde-fixed autologous pericardium were sutured to the commissural aspects of the right and left coronary leaflets, up to the aorta above the low commissure. The noncoronary leaflet was raised with plication sutures. Postbypass echocardiograph showed a low gradient, good coaptation height, and negligible residual leak. At 3.5 years after surgery, mild-to-moderate valve insufficiency had reappeared, and the pericardium seemed...
to have calcified (Video 1). The patient remained asymptomatic. At 5.5 years, echocardiography showed only a mild leak, but, the mean gradient had increased to 21 mm Hg, suggesting degeneration of the pericardium with reoperation needed at some point. It is now understood that pericardial insertion during aortic valve repair introduces a high risk for degeneration, and IBA V reconstruction using pericardium has been abandoned.

**Video 2 (Trileaflet Repair of a Dilated Ross IBAV)**

Patient 2 was a 9-year-old boy who underwent a Ross procedure 4 years earlier for BAV disease. He recently developed heart failure and worsening Grade 4 autograft insufficiency, associated with a 3.1 cm neoroot annular diameter. His autograft was believed to be trileaflet, but on closer inspection, a small fusion was present at the top of 1 commissure, consistent

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**FIGURE 1.** Anatomic features of the last 3 patients in the video presentations, repaired with 2-leaflet reconstructions. Patient numbers are the same as in Table 1 and text. Pre-repair, only small commissural fusions (red arrows), thickened cleft tissue, and 3 equal sized sinuses. Postrepair, the annuli have been reduced and remodeled into equal fused and nonfused segments by the annuloplasty ring; the clefts have been closed (green arrows); and both leaflets then coapted well with equal lengths and coaptation heights. BAV, Bicuspid aortic valve.
with an IBAV defect—but of the pulmonary autograft. The nonfused leaflet was 21 mm, but the other cusps were 19 mm. Because of nearly equal leaflet sizes, a trileaflet repair was chosen with a 19 mm trileaflet ring, again rotated 120°. After ring insertion, the leaflets were brought to the center of the valve, but all had different effective heights and free-edge lengths. Thickened cleft tissue was softened using the ultrasonic aspirator to allow better coaptation. Complex trileaflet plication was required, and at the end, all 3 commissural lengths were similar, with the leaflets coapting well in the midline. The supracoronary pulmonary autograft was replaced with a polyethylene terephthalate graft 7 mm larger than the ring, or 26 mm. After bypass, the leaflets moved well with trivial residual leak and a 13 mm Hg mean systolic gradient. These 2 cases illustrate how either 3- or 2-leaflet repairs can be utilized for IBAV, if all leaflets are of adequate size. However, 2-leaflet repair with a 180° bicuspid ring is simpler, usually involves less difficult plication, and frequently allows 1-size-larger ring.

Video 3 (IBAV Repair as 3- and 2-Leaflet Reconstructions)

The first patient (Patient 3) was a 53-year-old man with heart failure, severe aortic insufficiency, and mild left ventricle dysfunction, referred for a trileaflet valve anatomy. Operative echocardiography showed a central aortic insufficiency jet with 3 equal sinuses and a small fusion at the top of the right–left commissure. On inspection, a small right–left commissural fusion was evident with commissural cleft thickening. The annulus sized to 25 mm, and the noncoronary leaflet was 21 mm, with smaller 19 mm right and left leaflets. A 19-mm trileaflet ring was implanted, turning the ring 120° to enhance coaptation to the noncoronary cusp as a 2-leaflet bicuspid repair. Plication and cleft closure were performed until both free-edge lengths were 32 mm (half of a 21-ring circumference) with good coaptation heights. After bypass, leaflet motion was good with no residual leak and an 11 mm Hg mean systolic gradient. These 2 cases illustrate how either 3- or 2-leaflet repairs can be utilized for IBAV, if all leaflets are of adequate size. However, 2-leaflet repair with a 180° bicuspid ring is simpler, usually involves less difficult plication, and frequently allows 1-size-larger ring.

Video 4 (Currently Recommended Technique of 2-Leaflet Repair for Most IBAVs)

Two further cases of IBAV repair (Patients 5 and 6) are presented to illustrate the current approach to reconstruction—routinely using a 2-leaflet repair and a bicuspid annuloplasty ring. The spectrum of IBAV is illustrated in these patients, from a very small fusion to 20% fusion of the commissure. This method is employed in most IBAV cases at present, independent of other variables, because it offers a high degree of simplicity, standardization, and reproducibility. Summary images of the pre- and post-repair valves of patients undergoing 2-leaflet reconstructions (Patients 4, 5, and 6) are shown in Figure 1. Table 1 illustrates clinical characteristics for all 6 patients with numbering consistent with the text patient numbers. A waiver of informed consent was obtained from the Institutional Review Board of West Virginia University for retrospective analysis of de-identified clinical data (#2005016064; approval date May 29, 2020; Expiration date May 28, 2025). Additionally, another specific opinion supporting a waiver of informed consent was obtained from WCG Institutional Review Board (#1-1490881-1; approval date November 12, 2021).

**DISCUSSION**

In the original regulatory trials of geometric ring annuloplasty, several patients were referred for having trileaflet aortic insufficiency but were found to have IBAV anatomy intraoperatively. At the time, this defect was poorly understood, and after repair as trileaflet valves, the patients were left with chronic Grade 2 residual aortic insufficiency.
Subsequently, the pericardial augmentation technique was described\(^\text{15}\) and implemented in our practice. However, recurrent aortic insufficiency was common due to degeneration of the pericardial augmentation patches (Video 1) (Patient 1). With more experience, strategies for complex leaflet plication were refined, and 3-leaflet repairs without pericardium (turning a trileaflet ring 120°) became more successful for anatomies with 3 adequate leaflets (Videos 2 and 3) (Patients 2 and 3, respectively). If either the right or left cusp was diminutive, a 2-leaflet repair was undertaken.\(^\text{2}\) Over time, it became evident that 2-leaflet reconstruction with a bicuspid ring was simpler in most cases, requiring less difficult plication and allowing placement of a larger ring (Video 3) (Patient 4). More recently, almost all IBAV cases have been repaired as 2-leaflet valves (Video 4) (Patients 5 and 6), and this approach currently is recommended.

Before geometric ring annuloplasty, repair of bicuspid valves with 3 equal sinuses was fraught with relatively higher repair failure rates.\(^\text{3}\) These also have been called very asymmetric bicuspid valves\(^\text{8,19}\) to differentiate them from Type 0 BAVs with 2 relatively symmetrical fused and nonfused sinuses. Although several surgical approaches have been used, such as reimplanting IBAVs into grafts with 180° commissural configurations\(^\text{20}\) and suture tailoring of the aortic root,\(^\text{21}\) it is often difficult to achieve fully symmetrical fused and nonfused sinus and leaflet geometry. In contrast, the BAV ring achieves symmetrical 180° fused and nonfused annular segments in all cases, no matter the baseline anatomy.\(^\text{2,22}\) In this way, problems associated with 3 equal sinuses in IBAV are overcome routinely, making simple 2-leaflet repairs highly reproducible. Finally, unicuspid valves frequently have 3 equal sinuses, and bicuspid ring annuloplasty also facilitates autologous reconstruction of unicuspid defects, without the need for pericardial augmentation.\(^\text{23}\)

The timing of intervention for aortic valve insufficiency is tempered by several clinical and patient specific variables.\(^\text{24,25}\) In bicuspid disease, the decision to proceed with surgical therapy is influenced by ascending aortic pathology, symptoms, severity of valve leakage, and findings suggestive of left ventricle dysfunction. Further complicating decision making is the overall younger age of patients with BAV, for whom the consequences of aortic valve replacement are magnified. However, as evidence has grown from multiple observational studies, a trend has emerged toward earlier intervention with the recognition that symptoms may be absent or minimal while important negative milestones in functional parameters are passed.\(^\text{26}\) For mitral regurgitation, the evolution toward earlier treatment of asymptomatic severe disease has occurred, largely due to the superb results of mitral valve repair and the recognition that the heart could be spared the consequences of chronic volume overload. Similarly, the emerging excellent results observed after BAV repair\(^\text{11,12}\) could initiate a trend toward earlier surgical intervention for BAV insufficiency.

**CONCLUSIONS**

IBAV defects can be mistaken as trileaflet valves and commonly have 3 relatively equal sinuses with only a modest right–left commissural fusion. The insufficiency jet can be more central through inadequately coapting cleft tissue. With deficiency of either fused cusp, 2-leaflet valve repair with bicuspid ring annuloplasty is readily undertaken. With better-developed leaflets, 3-leaflet repair can be performed, but often requires complex plication because of subtle differences in leaflet size. Even in these cases, our current approach has evolved to a 2-leaflet repair that offers a more predictable morphologic result and requires less complicated leaflet plication. Finally, major annular remodeling afforded by the bicuspid ring equalizes the fused and nonfused annuli and allows repair of any relative sinus configuration using standard leaflet reconstruction techniques. In the final analysis, the utility of this approach will depend on long-term follow-up studies of larger patient cohorts.

**Webcast**

You can watch a Webcast of this AATS meeting presentation by going to: https://www.aats.org/resources/1491.

**References**

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I have a few questions regarding your technique. You mentioned the position of the ring placement some millimeters below the hinge points of the valve leaflets. Should we be concerned, long term, especially in younger patients, about the formation of panis or ingrowth onto the leaflets, such as we see with a subaortic membrane that would cause restriction of the leaflets?

**Dr Erle Austin (Louisville, Ky).** All right, Jim. Thanks for the question. And, of course you mentioned this has been applied in more adults than in children. But on the other hand, the device we put in here was 19-mm. There are no smaller ones available. Dr James Quintessenza (St Petersburg, Fla). There is increasing interest for aortic valve repair predominantly for regurgitant lesions when valve leaflet substrate is suitable. There is increasing experience worldwide with techniques that are approaching standardization similar to how mitral valve repair began years ago. A fair amount of data have accumulated utilizing the aortic annuloplasty ring for both trileaflet and bileaflet reconstruction. This experience is mostly adults, fairly short term and admittedly with a significant learning curve that includes modifications to avoid complications. Dr Austin and the group from Louisville’s video nicely demonstrates a case of aortic valve repair utilizing an aortic annuloplasty ring in a postoperative patient undergoing the Ross procedure with aortic dilatation and insufficiency.

Whether one utilizes a ring or not, the basic tenets for successful aortic valve reconstruction seem to be the same with some minor differences or nuance one might say. The important points include ensuring adequate leaflet substrate and dimensions such as geometric length, free margin length, and ultimately effective height, as well as controlling the diameter of the aortic annulus (virtual basal ring) and management of aortic root pathology.
Dr Quintessenza. We create something similar to a sub-aortic membrane with turbulence, so just a concern, but it may not be a problem. In this video, you used 1 of the leaflets as the reference leaflet, and after placement of the placcation suture, you use that to assess effective height of the others. And then later we saw the use of a Frater central stitches to create equal lengths of opposing leaflet components of the other leaflets. Can you expand a little bit on how you think it’s best to assess effective height in our patients? And have you considered using the Schaefer caliper, which is a device that measures effective height in the open aortic state?

Dr Austin. Yes. Well, we had the Schaefer caliper available, but we didn’t use it. And you’re referring to, obviously, a learning curve. I must say, this was at an early stage of my learning curve, and you can see that we spent a lot of time working on the leaflets. Now, I do think that the subaortic ring was important because the leaflets had pulled apart and they didn’t coapt. So, by putting the device in, it pulled them together and then we’re sitting with a lot of valve tissue that all came to the middle but at different heights. And it’s clear from watching the video that I spent a lot of time trying to figure out how to get them all at the correct height. The Schaefer caliper might have been helpful for us, but we pretty much used the eyeball technique and that’s something that other people have talked about. I guess it can be done more scientifically but it’s like a lot of things that we do in our business where the more you do, the better you get at it. I must say that this was early in our experience and I think putting the subaortic ring in is straightforward and I think all of us could do that in the first or second time around. Dealing with how to get all the leaflets at the same height to get a competent valve, I think there’s art in that and clearly, you’re a better artist if you’ve been doing it more.

Dr Quintessenza. I would agree. And maybe for folks just starting their experience with aortic reconstructive techniques, having something that gives them a measurement would be beneficial so you’re not waiting until you come off bypass to realize it doesn’t look very good. So I think certainly early on in your experience, it might be a nice aid. One final question: You describe the valve as an intermediate type and others would describe it as a severely asymmetric type with regard to the angle of the commissures of the nonfused leaflet. This valve looked like it had 3 sinuses, fairly equally sized, so that would be considered asymmetric. There are a fair amount of data in the adult literature and in the European literature about the more symmetric the valve is, the less likely a bicuspid repair would be a durable repair. The idea of keeping it a trileaflet repair, as you did here, is, the less likely a bicuspid repair would be a durable repair.

Dr Austin. Well, I thought about changing to the bicuspid repair so that I wouldn’t spend so much time placcating leaflets, which you obviously saw, and that we could do it easier. I think your point is well taken, but I still think that the thing that made this repair possible was to decrease the annulus in this child. We had a ring that was big enough for him to last. Now he’s still at a year and a half out and still has only mild regurgitation. Hopefully, it’ll stay that way. But in all this business, with all the valves we’re working on, it’s valve longevity that counts.

Dr Quintessenza. I would just say congratulations on your effort to do valve repairs. I think it’s something that we as surgeons and especially our younger surgeons, need to master if possible. We’re seeing more cath-based interventions being done on our patients, with longer-term outcomes yet to be determined. The more we can provide more durable, reconstructive techniques the better off our patients will be. If we can figure out how to do that and offer more of an optimal solution, we’ll have some stuff to do and not everybody will get a transcatheter aortic valve repair. So congratulations.

Dr Austin. I totally agree.

Dr David S. Winlaw (Cincinnati, Ohio). As people are coming to the microphone, if I could ask you, of the 2 components of the repair, do you think all the work you did on the leaflets was as important as the annuloplasty? Like, if you just did the annuloplasty, what would you have ended up with?

Dr Austin. Well, because the effective heights were different, I still think we would have had some degree of aortic insufficiency. I do think it was important to rein the annulus in, but then we had to spread out the leaflets in such a way that they would coapt. I mean, coaptation is still key for a successful repair of a semilunar valve.

Dr Winlaw. Okay.

Dr Sushi Kumar (New York, NY). Dr Austin, thank you. It’s a beautiful video. Over the last 2 days, there have been quite a number of presentations on geometry of annuloplasty. And my question to you is, do you recommend combining this technique with all traditional valve-sparing root replacements? Because valve vegetation can happen either because of annular dilation or dilation of the sino-tubular junction. In most of the valve-sparing, the focus seems to be on adding a certain dimension to the root annulus size and we don’t seem to pay so much attention to the annulus itself. So what’s your recommendation?

Dr Austin. Well, I think the potential advantage of this is that you don’t have to dissect all the way down to where you have to re-implant coronaries. But I do think it could be used in that way. But it depends on, are you going to use the Yacoub technique? If you use the Yacoub technique, having that subannular ring may work just fine. If you use the David technique and you’re going to dissect all the
way down below the annulus, it probably would not be necessary.

**Dr Kumar.** Okay. I was just curious about the formula. You said in your video you added 7 mm. Yeah.

**Dr Austin.** Right. Obviously, we didn’t make the coronaries so they could be re-implanted. We set it right on top of the sinotubular junction. And the size graft is based on studies of normal aortas. So going from the annulus size up to the sinotubular junction, 7 mm is what’s been derived.

**Dr Kumar.** Thank you so much.

**Dr Petros Anagnostopoulos (Madison, Wis).** Thank you for this presentation. Now, if I understand it correctly, there was a geometrical dissymmetry or there were two of the leaflets were shorter than the third one. So you addressed the coaptation, you addressed the annular dilation, and you fixed the sinotubular junction, but you didn’t address the sinuses of Valsalva dissymmetry with this. And I go back to a video that was presented like a couple of days ago on a [post switch?] dilation where there was an eloquent repair—and I don’t remember who did that—but as part of this, there was some excision of the sinuses of Valsalva with placation. Do you think that this is a weakness of this technique that can show up later? And what do you think about either placating that noncoronary sinus or shortening it or exposing a piece and remodeling it?

**Dr Austin.** I agree, and I heard that as well, Petros. And I do think our impression was that there wasn’t that much asymmetry and that the sinuses were relatively the same. And again, I must say that when I did the Ross on this child, I didn’t pick up on the fact that it was a bicuspid valve, and it wasn’t until we got to this stage that we recognized it as an intermediate form of bicuspid valve. But we didn’t really feel that the sinus in question was that much bigger than the others. I do think if you think it is, you can excise that, and then fashion the graft to go down into that, and you could plicate it if you need it be smaller in that sinus.

**Unidentified Speaker 3.** Thank you so much. Great presentation. I have a question about the timing of this surgery. The Ross on this aortic regurgitation after the Ross is progressive because most of the time mechanism is under the rotation. And then I had a case that usually is starting a leak and then slowly getting worse and then cardiology asks us to wait and wait, wait, and then when we do the repair, it’s already too late. It is really bad and difficult to repair. So I wonder if, especially this population, since we have a good technique for the repair, I wonder if we could do the surgery much earlier than usual indication for the aortic regurgitation or use annular dilatation of about 4 to 5 mm kind of range. So do you have any such earlier indication for this specific population?

**Dr Austin.** So you’re saying maybe we should have done it earlier? Is that what you’re saying?

**Unidentified Speaker 3.** That way we could preserve the valve better?

**Dr Austin.** I can’t answer that. Obviously, the first year after the Ross, he did fine, and then evidently, the degree of insufficiency started to increase to the point where he became symptomatic. And at that stage, he was at more than 30 mm at the annulus. And so, this was how we chose to proceed, but I’m sure there are other ways of dealing with it. This is a newer, innovative approach and we thought we would give it a shot. And at this point, we’re happy with the outcome.

**Unidentified Speaker 3.** Thank you.

**Dr Quintessenza.** Let me just make 1 more comment. I think as we get better at doing these kinds of aortic valve repairs, and it becomes more standard and we prove that there is durability, I think the indications for doing these operations earlier before you get too many secondary changes, will occur, just like mitral valve reconstruction. So it behooves us to go to the adult literature, get those concepts figured out and bring them to the appropriate patients.

**Dr Austin.** Jim. Thanks.