Abstract. Orexin-A (OXA) protects neurons against cerebral ischemia-reperfusion injury (CIRI). Endoplasmic reticulum stress (ERS) induces apoptosis after CIRI by activating caspase-12 and the CHOP pathway. The present study aimed to determine whether OXA mitigates CIRI by inhibiting ERS-induced neuronal apoptosis. A model of CIRI was established, in which rats were subjected to middle cerebral artery occlusion with ischemic intervention for 2 h, followed by reperfusion for 24 h. Neurological deficit examination and 2,3,5-triphenyltetrazolium chloride staining were performed to assess the level of CIRI and neuroprotection by OXA. Expression levels of ERS-related proteins and cleaved caspase-3 were measured via western blotting, while the rate of neuronal apoptosis in the cortex was determined using a TUNEL assay. OXA treatment decreased the infarct volume of rats after CIRI and attenuated neuron apoptosis. Furthermore, administration of OXA decreased the expression levels of GRP78, phosphorylated (p)-PERK, p-eukaryotic initiation factor-2α, p-inositol requiring enzyme 1α, p-JNK, cleaved caspase-12, CHOP and cleaved caspase-3, all of which were induced by CIRI. Collectively, these findings suggested that OXA attenuated CIRI by inhibiting ERS-mediated apoptosis, thus clarifying the mechanism underlying its neuroprotective effect and providing a novel therapeutic direction for the treatment of CIRI.

Introduction

The incidence of stroke around the world is high and continues to increase. Between 1988 and 2010, the incidence of stroke in men in Tianjin, China increased from 136.8/100,000 to 387.0/100,000 and the incidence in women increased from 65.9/100,000 to 249.7/100,000 (1). In the United States >795,000 stroke cases occur each year and ischemic stroke accounts for 87% of all strokes (2). Ischemic stroke, the most common type of stroke, is usually caused by a sudden interruption of blood flow due to a thrombosis or embolism blocking a blood vessel, resulting in brain dysfunction (3). Hence, the most effective method to treat cerebral ischemic stroke is to restore blood flow quickly and completely (4). However, the restoration of blood flow inevitably causes a series of pathophysiological changes, including oxidative stress, mitochondrial dysfunction, excitatory amino acid toxicity, inflammation and infarct formation (5). This process, known as ‘cerebral ischemia-reperfusion injury’ (CIRI), remains to be fully understood at a mechanistic level (6).

Endoplasmic reticulum stress (ERS) is involved in CIRI, which can be alleviated by inhibiting ERS-induced apoptosis (7,8). As the main site responsible for protein folding and secretion, the endoplasmic reticulum (ER) serves a vital role in maintaining homeostasis within the cellular microenvironment (9,10). In some pathological states, such as ischemia and hypoxia, the homeostasis of the ER is disrupted, causing large quantities of unfolded or misfolded proteins to accumulate in the ER, further exacerbating ERS (9,10). ERS can be maintained within certain limits via the unfolded protein reaction (UPR), but an excessive or long-term activation of the UPR causes ERS-related apoptosis (9,10). ERS causes the molecular chaperone GRP78 to separate from three membrane proteins, PERK, inositol requiring enzyme 1α (IRE1α) and activating transcription factor 6 (ATF6), which then activate a series of downstream signal responses (11-14). When the stimulus is intense or persists for a long time, these responses eventually lead to apoptosis. Phosphorylated (p)-JNK, CHOP and caspase-12 are activated by IRE1α (11-14). Neuronal
apoptosis is a major pathophysiological change associated with CIRI (15), and attenuating cell death is an important strategy for alleviating permanent damage.

Orexin-A (OXA), a neuropeptide that is primarily secreted by orexin-containing neurons located in the lateral hypothalamus, exerts a neuroprotective effect against CIRI (16). Our previous study initially confirmed that OXA can prevent CIRI in Sprague-Dawley (SD) rats subjected to middle cerebral artery occlusion (MCAO) model and reperfusion (17). In an oxygen/glucose deprivation and reoxygenation model in vitro, it was also revealed that OXA exerts its protective role by inhibiting ERS-mediated apoptosis (18). In the present study, an MCAO model was established to simulate CIRI and investigated whether OXA can exert neuroprotective effects by inhibiting ERS-mediated apoptosis in vivo. The present findings will help clarify the mechanism underlying the neuroprotective effect of OXA and provide an experimental basis for the treatment of ischemic stroke.

Materials and methods

Animals. A total of 90 male SD rats (age, 8-9 weeks; weight, 250±10 g) were purchased from Jinan Pengyue Experimental Animal Breeding, Co., Ltd. All animals were given water and food ad libitum, and were maintained on a 12-h light/dark cycle in a temperature-controlled room at 24-26°C with humidity of 50-65%. All rats acclimated for 1 week before experimental procedures. All animal experiments were approved by the Animal Ethics Committee of Jining Medical University, and performed in accordance with the National Experimental Animal Feeding Guidelines (19). The rats were sacrificed with decapitation after deep anesthesia causing rapid and unconscious death without pain.

MCAO model. SD rats were fasted for 12 h before the experiment. Rats were anesthetized using 10% chloral hydrate (300 mg/kg) via intraperitoneal injection for up to 2 h after reperfusion. After intraperitoneal injection of 10% chloral hydrate, the rats did not show symptoms of peritonitis. After a midline incision was introduced in the neck, the right common carotid artery, right external carotid artery and internal carotid artery (ICA) were exposed and separated. A 2.5 nylon mono-filament (0.265 mm in diameter) was inserted through the common carotid artery into the lumen of the ICA and advanced 18-22 mm from the bifurcation until it blocked the origin of the right middle cerebral artery. In the drug and model groups, the filament remained in the lumen for 2 h, and was subsequently withdrawn to allow reperfusion for 3, 6, 12, 24 and 48 h. The sham-operated group was treated the same as the model group except for the occlusion of the middle cerebral arteries after the neck incision. A total of 30 rats were randomly divided into 6 groups: sham operation group (Sham), MCAO model group and reperfusion for 3 h (CIRI 3h), 6 h (CIRI 6h), 12 h (CIRI 12h), 24 h (CIRI 24h) and 48 h (CIRI 48h). Based on the expression of ERS-related proteins, CIRI 24h was selected for OXA intervention. Therefore, 20 rats were randomly divided into the sham operation group (Sham), the MCAO model group and reperfusion for 24 h (CIRI), CIRI with intracerebroventricular (ICV) injection of normal saline (NS; CIRI + NS) and CIRI with intracerebroventricular (ICV) injection of OXA (CIRI + OXA). Another 40 rats were used for TTC and TUNEL staining. In addition, there was ~1/3 mortality and model failure rate.

Intracerebroventricular (ICV) injection. At the beginning of reperfusion, the rats were anesthetized via intraperitoneal injection with 10% chloral hydrate (300 mg/kg). A burr hole for ICV administration was carefully made in the skull at 0.8-mm dorsal and 1.6-mm lateral to the right from Bregma using a Dremel drill. A total of 10 µl OXA (30 µg/kg) (20) from Phoenix Pharmaceuticals, Inc. in 0.9% NaCl or 10 µl NS (0.9% NaCl) were injected at 2 µl/min for 5 min.

Neurological score. After reperfusion for 24 h, neurological function of all rats was evaluated according to the Longa five-point scale (21): 0, no neurological deficit; 1, failed to fully extend their left forepaw; 2, circling to the left when walking; 3, falling to the left when walking; and 4, failure to walk spontaneously or stroke-related mortality. Only rats scoring 1, 2 or 3 were selected for use in subsequent experiments. The test was performed in a blinded manner.

2,3,5-Triphenyl-2H-tetrazolium chloride (TTC) staining. Rats were anesthetized with 10% chloral hydrate (300 mg/kg), and brains were collected and incubated on ice for 30 min. Coronal thin slices (2 mm) of brain were stained with 1% TTC (Sigma-Aldrich; Merck KGaA) and incubated at 37°C in the dark for 15-20 min. Viable tissues were stained deep red, whereas infarcts were pale white. TTC-stained brains were then fixed with 4% formaldehyde for 24 h at room temperature and imaged with a digital camera. The infarct areas were measured using the ImageJ 2 software (National Institutes of Health).

TUNEL assay. TUNEL staining was performed according to the manufacturer’s instructions (Promega Corporation). Briefly, coronal slices (30 µm) were fixed with 4% paraformaldehyde for 30 min at room temperature and permeabilized with 0.3% Triton X-100 for 10 min at room temperature. After equilibration for 10 min, the slices were incubated with rTdT reaction buffer for 60 min at a constant temperature of 37°C and then incubated with 2X SSC for 15 min to stop the rTdT reaction at a constant temperature of 37°C. Finally, the nuclei were counterstained with DAPI (100 ng/ml) for 30 min at room temperature, and then the anti-fluorescence quencher was added dropwise for mounting. Images of three fields of view were randomly capture under an optical microscope with a magnification of x200 (Olympus IX 71; Olympus Corporation) and the percentages of TUNEL-positive cells vs. total cells were calculated.

Western blot analysis. Brain tissues of rats were homogenized in RIPA lysis buffer (Beyotime Institute of Biotechnology) supplemented with PMSF (Beyotime Institute of Biotechnology), and protein concentrations were quantified using the BCA method (Beyotime Institute of Biotechnology). Equal amounts of protein (25 µg) from each sample were separated via 10% SDS-PAGE and transferred to PVDF membranes at 4°C. The membranes were blocked with 5% non-fat milk powder in TBS-Tween-20 (0.1%) for 2 h at room temperature and then
incubated overnight at 4˚C with the following primary antibodies: Anti-cleaved caspase-3 (cat. no. 9661S), anti-GRP78 (cat. no. 3177S), anti-IRE1α (cat. no. 3294S), anti-PERK (cat. no. 5683S), anti-p-PERK (cat. no. 3179S), anti-CHOP (cat. no. 2895S), anti-eIF2α (cat. no. 5324S), anti-p-eIF2α (cat. no. 9721S), anti-JNK (cat. no. 9252T), anti-p-JNK (cat. no. 9255S), anti-cleaved caspase-12 (cat. no. 35965S) (all 1:1,000; Cell Signaling Technology, Inc.), anti-p-IRE1α (cat. no. ab48187; 1:1000; Abcam) and anti-β-actin (cat. no. TA-09; 1:1,000; OriGene Technologies, Inc.). Next, the membranes were incubated for 1 h at room temperature with horseradish peroxidase-conjugated anti-rabbit IgG or anti-mouse IgG secondary antibodies (1:5,000; OriGene Technologies, Inc.), and visualized using an ECL system (MultiSciences Biotech Co., Ltd. The grayscale intensities of protein bands were quantified using ImageJ 2 software (National Institutes of Health).

Statistical analysis. All data are representative of ≥3 independent experiments and were analyzed using the GraphPad Prism 5 software (GraphPad Software, Inc.). Data are presented as the mean ± SEM. One-way ANOVA followed by Tukey's test were performed. P<0.05 was considered to indicate a statistically significant difference.

Results

OXA decreases infarct volume and improves neurological deficit score in brain damage caused by CIRI. To evaluate the neuroprotective effect of OXA in the CIRI model, infarct volume and neurological deficit score were measured, respectively. Healthy cerebral tissues were stained red, whereas infarcted areas were stained white (Fig. 1A). No infarction areas were detected in the sham group, whereas the CIRI group had a significantly higher rate of infarction (40±2%) compared with the sham group (P<0.001), demonstrating that CIRI-induced cerebral infarct had been successfully introduced. However, the OXA group had a significantly lower rate of infarction (24.5±1.5%) compared with the CIRI group (P<0.05), demonstrating that intervention with OXA significantly decreased the infarct area.

As presented in Fig. 1B, the average neurological deficit scores of the CIRI model rats was 3 compared with the sham group, according to the Longa score scale (P<0.001). After OXA intervention, neurological deficit scores were significantly decreased (P<0.01), indicating that OXA has the potential ability to improve neurological deficit scores. Thus, OXA exhibited a notable neuroprotective effect on infarct volume and neurological deficit score in CIRI model rats.

Expression levels of ERS-related proteins are elevated in the cortex after CIRI. To determine whether CIRI was accompanied by ERS, western blot analysis was conducted to evaluate the expression levels of ERS-related proteins in the cerebral cortex on the ischemic side at different times post-reperfusion. The expression patterns of five proteins exhibited significant differences at various times during the post-reperfusion period (Fig. 2). After IR, the expression level of HSPA5 was increased to a peak at 6 h and then declined (P<0.01 and P<0.001). The phosphorylation level of PERK was elevated at 3 and 6 h, then decreased before increasing again from
24 h (P<0.01 and P<0.001). The expression of p-eIF2α was highest at 6 h post-reperfusion, and then gradually decreased (P<0.05 and P<0.01). p-IRE1α reached its highest levels at 3 h post-reperfusion, and then decreased (P<0.01 and P<0.001). The expression of p-JNK remained at a high level for 48 h post-reperfusion (P<0.05 and P<0.01). These observations demonstrate that the patterns of gene expression are complex and diverse, increasing the challenge of understanding the molecular pathology of CIRI. Taken together, however, the present findings suggested that these proteins were activated in CIRI, indicating that ERS is accompanied by CIRI.

**OXA significantly decreases the expression of ERS-related protein in the cortex caused by CIRI.** To investigate the effect of OXA on the expression of ERS-related proteins, CIR was simulated by 2 h MCAO followed by 24 h of reperfusion, and OXA was administered via ICV injection during reperfusion. Next, the expression levels of ERS-related protein were detected via western blotting (Fig. 3A). Compared with Sham group, the fold changes of the expression levels of HSPA5, p-PERK, PERK, p-eIF2α, eIF2α, p-IRE1α, IRE1α, p-JNK and JNK were uneven. GRP78 expression was significantly higher in the CIRI group (22.6-fold) compared with the Sham model (Fig. 3B), but significantly lower in the OXA model compared with the CIRI group (P<0.01). No statistically significant difference was observed between CIRI and CIRI + NS models. The phosphorylation levels of PERK, eIF2α, IRE1α and JNK were upregulated in the CIRI group compared with the Sham group (P<0.05, P<0.01 and P<0.001), but all were downregulated following intervention...
with OXA (\(P<0.05\), \(P<0.01\) and \(P<0.001\)). In addition, only the phosphorylation levels of eIF2\(\alpha\) and JNK were statistically significant between the Sham and OXA models (\(P<0.05\) and \(P<0.01\)). In brief, these results indicated that CIRI activated ERS-related proteins in the rat cortex, and that OXA could decrease their activities.

**OXA significantly decreases the expression levels of CHOP, cleaved caspase-12 and cleaved caspase-3 in the cortex following CIR.** The caspase-12/caspase-9/caspase-3 or CHOP apoptotic pathways are mediated by ERS (22). Moreover, caspase-12 is regarded as a representative molecule in ERS-mediated apoptosis, and caspase-3 serves a key role in regulating apoptosis, which can directly lead to cell death (22,23). Therefore, the expression levels of CHOP, cleaved caspase-12 and cleaved caspase-3 were measured using western blotting (Fig. 4). CIRI upregulated the expression of all three proteins (all \(P<0.05\)). Moreover, treatment with OXA significantly decreased the expression of CIRI-induced CHOP, cleaved caspase-12 and cleaved caspase-3 (all \(P<0.05\)). However, the expression levels of these proteins did not differ significantly between the CIRI + NS and CIRI groups. These data suggested that OXA exerted an anti-apoptotic effect on CIRI by inhibiting the expression of apoptosis-related genes.

**OXA significantly decreases apoptosis in CIRI models.** To determine the effect of OXA on apoptosis in the CIRI model, apoptotic cells in brain tissues were detected using TUNEL staining. TUNEL-positive cells were barely visible in the Sham group, whereas substantial levels of TUNEL-positive neurons (47.33%) were detected in the CIRI group (Fig. 5). However, the number of TUNEL-positive cells in the CIRI + OXA group was significantly decreased (28.33%) compared with the CIRI group (\(P<0.01\)). These results...
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Figure 4. Effect of OXA on the expression levels of CHOP, cleaved caspase-12 and cleaved caspase-3 following CIR. Western blotting and semi-quantitative analyses of (A) CHOP, (B) cleaved caspase-12 and (C) cleaved caspase-3. Treatment with OXA significantly decreased the expression levels of CHOP, cleaved caspase-12 and cleaved caspase-3. Data are presented as mean ± SEM (n=3). *P<0.05 vs. Sham group; #P<0.05 vs. CIRI group. CIRI, cerebral ischemia-reperfusion injury; NS, normal saline (0.9% NaCl); OA, Orexin-A.

Figure 5. Effect of OXA on apoptosis in the cortex following CIR. TUNEL staining of brain tissue slices. Nuclei were counterstained with DAPI. TUNEL and DAPI images were merged. TUNEL-positive frequency was statistically analyzed. Scale bar, 100 μm. Data are presented as mean ± SEM (n=3). **P<0.01 vs. CIRI group. CIRI, cerebral ischemia-reperfusion injury; OA, Orexin-A.
demonstrated that OXA exerted an anti-apoptotic effect in the cortex following CIR.

**Discussion**

Previous research established the neuroprotective effect of OXA on CIRI (16), but the underlying mechanism remained unknown. Moreover, our previous study demonstrated that the neuroprotective effect of OXA was achieved by inhibiting ERS-mediated apoptosis in vitro (18). The present study demonstrated that, in rats, OXA protected the brain against CIRI by attenuating ERS-mediated apoptosis.

The prevention and treatment of CIRI have gained increased attention in the field of global IR research (24,25). Blocking neuronal apoptosis is the most important step in alleviating CIRI (26). Apoptosis is a major mode of neuron death following CIRI, particular apoptosis induced by the ERS pathway (8). ER is the main site of protein synthesis, processing and transport. Accordingly, the ERS response can be induced by a series of pathophysiological changes that occur in CIRI, such as Ca\(^{2+}\) overload, oxidative stress, metabolic disorders and inflammatory responses, all of which disrupt the homeostasis of the ER (5-7). The present results study confirm these effects. In the current model, CIRI was induced in rats by MCAO for 2 h, followed reperfusion for various times. Time-dependent changes in the expression of molecular markers of ERS, including HSPA5, p-PERK, p-eIF2\(\alpha\), p-IRE1\(\alpha\) and p-JNK, indicated that ERS serves a critical role in brain damage after CIR.

The ERS response promotes the processing of misfolded or unfolded proteins accumulated in the ER, which helps to maintain the physiological function of cells, but excessively long or strong ERS can cause apoptosis (9,10). A type of ERS response, the UPR, has been studied extensively, and the mechanisms have been described. The signal transduction pathways of UPR are 3-fold, comprising the PERK, ATF6 and IRE1\(\alpha\) pathways. In a stress-free state, these three transmembrane proteins are restrained by binding to HSPA5. HSPA5 itself is a well-established hallmark of ERS, and the gene that encodes it is specifically activated during ERS (27). After CIR, HSPA5 dissociates from the three sensors, resulting in their activation, ultimately triggering the ERS-mediated caspase-12/caspase-9/caspase-3 or CHOP apoptosis pathways (11-14). Under ERS, activated PERK specifically phosphorylates eIF2\(\alpha\), inhibits translation of nascent proteins and downregulates the overall level of intracellular protein synthesis (28). In addition, PERK-mediated eIF2\(\alpha\) phosphorylation upregulates ATF4, which activates the pro-apoptotic protein CHOP after ATF4 enters the nucleus (29) (Fig. 6). In the early stage of ERS, phosphorylation of eIF2\(\alpha\) will, to some extent, decrease the load on the ER and promote efficient folding and assembly of proteins, thereby maintaining the steady state of the ER and cellular homeostasis (30). Moreover, when ERS is prolonged, ATF4 transcriptional
activity is activated in the late phase; this factor helps to initiate apoptosis by driving the expression of the proapoptotic protein CHOP (31) (Fig. 6). Under excessive or long-lasting ERS, the IRE1α pathway can induce apoptosis by activating JNK and caspase-12, as well as by upregulating transcrip
tion of CHOP (32,33). The present study identified that CIRI upregulated the expression levels of components of the PERK and IRE1 pathways, including p-PERK, p-eIF2α, p-IRE1α, p-JNK, cleaved caspase-12, CHOP, HSPA5 and the apoptotic protein caspase-3. After OXA treatment, all of these proteins were downregulated, resulting in a lower rate of apoptosis. Thus, OXA exerted a neuroprotective effect following CIRI by inhibiting ERS-mediated apoptosis, which provides a novel method for the treatment of stroke.

The current study has a few limitations. First, the role of Ca\(^{2+}\) in the ERS/caspase-12/caspase-3 apoptosis pathway under OXA treatment was not investigated. The ER is the main Ca\(^{2+}\) reservoir in the cell, and consequently plays a key role in controlling the intracellular Ca\(^{2+}\) concentration. In CIRI, intracellular Ca\(^{2+}\) overload and ER Ca\(^{2+}\) depletion are both pathophysiological changes worthy of attention, and both cause ERS (34). Under ERS, an increase in intracellular Ca\(^{2+}\) levels results in activation of cytoplasmic calpain and translocation of the ER membrane, activating the caspase-12 precursor and ultimately leading to apoptosis (34). These issues will be addressed in follow-up studies.

In conclusion, the present study demonstrated that OXA exerted a neuroprotective effect against CIRI by inhibiting ERS-mediated apoptosis. Thus, OXA represents a promising basis for a novel treatment strategy for stroke.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions

CW and JC conceived of and designed the experiments. DX and TK conducted the experiments and wrote the manuscript. RZ, CY and BC performed the data analysis. All authors read and approved the final manuscript.

Ethics approval and consent to participate

All animal experiments were conducted in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and approved by the Animal Ethics Committee of Jining Medical University, China (approval no. 2018-JS-001).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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