The problem of synchronization of oscillations of various physical nature is discussed. From the standpoint of the theory of synchronism, the model of the heart is considered as a system of four interconnected self-oscillatory objects: two atria and two ventricles. The synchronous and asynchronous modes of operation with sinusoidal and relaxation oscillations are considered. A computer program simulating the electrical oscillations occurring in the heart has been compiled using four differential equations. Examples of calculation by the program are given for asynchronous and synchronous modes of operation. The possibility of evaluating the ablation procedure from the standpoint of a computer model is discussed.

**Synchronization Overview**

In various structures of physical nature (mechanical, electronic, biological, and other types), the existence of a synchronism regime is possible, i.e. exact coincidence of oscillations up the shape and frequency of a set of objects that are weakly interconnected.

So, for example, the pendulums of a group of clocks placed on a common wall of a material transmitting vibrations begin to oscillate absolutely exactly. However, in such a clock, taken from the wall, the oscillation frequency of the pendulums is different. This phenomenon, called the synchronization of oscillations, was first discovered by the Dutch physicist Christian Huygens in the middle of the seventeenth century.

So, synchronization is a physical phenomenon consisting in the exact coincidence of oscillations of a group of interconnected objects. The synchronization law also obeys the human heart, in which the two atria (right and left) and the two ventricles constantly contract together in a single rhythm [1, 2]. Violation of synchronous oscillations of these links leads to many serious internal human diseases, united by the common name cardiac arrhythmia [3, 4].

Without pretending to any recommendations to combat cardiac arrhythmia, we consider this phenomenon from the standpoint of mathematics, which may allow for a deeper understanding of the existing methods of treatment with this human disease.

The basis of the mathematical analysis put the following provisions:

- four parts of the heart, making rhythmic vibrations, are presented in the form of four self-oscillating links,
- connected between these links, carried out by the conducting layer of the myocardium and the vessels, is estimated using some coefficients,
- the basis of the model is based on four differential equations.

**Synchronous and asynchronous operation of two oscillatory links.**

The processes occurring in a single self-oscillatory link will be described using the non-linear van der Pol differential equation [5], which is the basis of the analysis of an electronic self-oscillator [6].

In the case of two interconnected auto-oscillatory objects, their joint work is described using two such equations:

\[
\frac{d^2 u_1}{dt^2} - \left[1 + a_1 u_1 \left(b_1 \left(u_1^2 - 1\right) \right) \right] \frac{du_1}{dt} - q_1 u_1 + k_2 u_2 = 0,
\]

\[
\frac{d^2 u_2}{dt^2} - \left[1 + a_2 u_2 \left(b_2 \left(u_2^2 - 1\right) \right) \right] \frac{du_2}{dt} - q_2 u_2 + k_1 u_1 = 0,
\]

where \(k_1\) and \(k_2\) are the coupling coefficients between the links, \(\omega = \omega t\) is the oscillation phase, \(\omega = 2\pi / T\) is the circular frequency of the self-oscillations of the link, \(T\) is the period of these oscillations; \(q_1, q_2\) are the coefficients that determine the ratio of the natural frequency of each of self-oscillating
link to the frequency of synchronous oscillations, \( \mu_1, \mu_2 \) are the parameters that determine the shape of the oscillations (for \( \mu < 1 \), the oscillations are close to sinusoidal, for \( \mu > 3 \) to relaxation oscillations).

The solution of equations (1) will be found numerically using a computer program (Appendix 1). Figure 1 shows the four results of such a decision. We explain them.

The functions \( U_{A1}(x), U_{A2}(x) \) correspond to the asynchronous mode of operation (coupling coefficients \( k_1 = k_2 = 0 \)), at which the oscillations are different in frequency. The functions \( U_{C1}(x), U_{C2}(x) \) correspond to the synchronous mode of operation (coupling coefficients \( k_1 = 0.4; k_2 = 0.6 \)), in which both oscillations are identical. The parameters sine waves correspond to \( \mu_1 = \mu_2 = 0.1 \); relaxation \( \mu_1 = \mu_2 = 10 \).

Based on these four examples, the following conclusions can be drawn. At \( \mu = 0.1 \), the oscillations are sinusoidal, and at \( \mu = 10 \), the oscillations are reborn into relaxation ones. In the absence of a link between the self-oscillating links (coupling coefficients \( k_1 = 0 \) and \( k_2 = 0 \)), the process in each of them proceeds independently and therefore the oscillations in frequency differ from each other.

In the presence of a connection between self-oscillating links (coupling coefficients \( k_1 = 0.4 \) and \( k_2 = 0.6 \)), interaction occurs between them and the system as a whole goes into synchronism mode, i.e. in exact match of two vibrations. Similar phenomena occur in the system with both sinusoidal and relaxation oscillations.

**Synchronous and asynchronous modes of the heart model**

The model of the heart (Figure 2a), treated as a system consisting of four oscillatory units (two atria and two ventricles) with connections between them, assessed using the coefficients \( k_1 - k_6 \), is shown in figure 2b.

\[
\begin{align*}
\frac{d^2u_1}{dt^2} &- \mu_1 (1 + a_1 u_1 - b_1 u_2)(u_1)^2 \frac{du_1}{dt} - q_1 u_1 + k_2 u_2 + k_3 u_3 + k_4 u_4 = 0, \\
\frac{d^2u_2}{dt^2} &- \mu_2 (1 + a_2 u_2 - b_2 u_1)(u_2)^2 \frac{du_2}{dt} - q_2 u_2 + k_1 u_1 + k_3 u_3 + k_4 u_4 = 0, \\
\frac{d^2u_3}{dt^2} &- \mu_3 (1 + a_3 u_3 - b_3 u_2)(u_3)^2 \frac{du_3}{dt} - q_3 u_3 + k_1 u_1 + k_2 u_2 + k_4 u_4 = 0, \\
\frac{d^2u_4}{dt^2} &- \mu_4 (1 + a_4 u_4 - b_4 u_3)(u_4)^2 \frac{du_4}{dt} - q_4 u_4 + k_1 u_1 + k_2 u_2 + k_3 u_3 = 0,
\end{align*}
\]

where the same notation is used as in equations (1).

The solution of equations (1) will be found numerically using a computer program (Appendix 2). Figure 3 shows the four results of such a decision. We explain them.

Functions \( U_{A1}(x), U_{A2}(x), U_{A3}(x), U_{A4}(x) \), \( c \) correspond to the asynchronous mode of operation (coupling coefficients \( k_1 \ldots k_6 = 0 \)), at which the oscillations are different in frequency.

The functions \( U_B(x) \) is the sum of four oscillations that are identical in frequency during synchronous operation, at which all the coupling coefficients between self-oscillating links \( k_1 \ldots k_6 > 0 \) (Appendix 2).

Note that on all the graphs on the abscissa axis, the oscillation phase is \( x = \omega t \), where the circular frequency is \( \omega = \frac{2\pi}{T} \), \( T \) is the period of these oscillations. In a healthy heart \( T = 0.7 - 1 \) s, which corresponds to 60 - 90 beats per minute.

**Figure 1:** Shows the four results of such a decision.

**Figure 2:** Such a model is described using the following system of four nonlinear differential equations.
According to the above ratio in the constructed graphs, knowing the oscillation period T, it is easy to move from phase to time.

We present one of the possible interpretations of the considered examples of computer analysis, by referring to the ablation procedure [7]. As is well known, ablation consists of exposing proteins to tissues and rejecting a part of the cells in the heart structure by radio frequency or laser radiation. From the standpoint of the model under consideration, this procedure can be interpreted as establishing the required coupling coefficients \( k_n \) between the four vibrating parts of the heart to ensure a stable mode of synchronism in its work.

**Conclusion**

Compiled computer model of the heart in the form of a system of four differential equations helps from the standpoint of mathematics to more deeply comprehend violations in the rhythmic, synchronous work of the heart. Such a mathematical understanding of the physical processes that take place in the heart may help to develop new ways of overcoming the ailment called “cardiac arrhythmia.”

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