Planets migrate due to the recoil they experience from scattering solid (planetesimal) bodies. To first order, the torques exerted by the interior and exterior disks will cancel, analogous to the cancellation of the torques from the gravitational interaction with the gas (Type-I migration). Assuming the dispersion-dominated regime and power laws characterized by indices $\alpha$ and $\beta$ for the surface density and eccentricity profiles, we calculate the net torque on the planet. We consider both distant encounters and close (orbit-crossing) encounters. We find that the close and distant encounter torques have opposite signs with respect to $\alpha$ and $\beta$; and that the torque is especially sensitive to the eccentricity gradient $\beta$. Compared to Type-I migration due to excitation of density waves, the planetesimal-driven migration rate is generally lower due to the lower surface density of solids in gas-rich disk, although this may be partially or fully offset when their eccentricity and inclination are small. Allowing for the feedback of the planet on the planetesimal disk through viscous stirring, we find that under certain conditions a self-regulated migration scenario emerges, in which the planet migrates at a steady pace that approaches the rate corresponding to the one-sided torque. If the ratio of the local disk mass in planetesimals to planet mass is low, however, migration will stall. We quantify the boundaries separating the three accretion regimes.

\textit{Key words:} methods: analytical – planets and satellites: formation – protoplanetary disks – scattering

\textit{Online-only material:} color figures

1. INTRODUCTION

Bodies immersed in gaseous or particle disks migrate radially. Very small particles, strongly coupled to the gas, are carried by the gas. Thus, they follow the accretion flow or are dispersed by turbulent motions (Ciesla 2009, 2010). Larger particles tend to drift inward due to the headwind they experience (Adachi et al. 1976; Weidenschilling 1977). This effect peaks for roughly meter-size bodies (or their aerodynamic equivalents) at which they spiral in as in as small as $\sim$100 orbital periods. Larger, kilometer-size bodies (planetesimals) are more resistant against drag-induced orbital decay due to their large inertia. The motions of these bodies will be predominantly determined by gravitational encounters, rather than gas drag.

The gravitational interaction with the gas also causes a drag force on the planet. The picture here is that of a massive body gravitationally perturbing the disks, which causes an excess density structure that backreacts on the planet. One can regard the force that the planet experiences a manifestation of dynamical friction—a concept that is perhaps more familiar with collisionless systems, which but which can also be applied to gaseous disks (Ostriker 1999; Kim & Kim 2007, 2009; Muto et al. 2011; Lee & Stahler 2011). When the planet is small, the resulting migration from the gravitational interaction with the gas is known as Type-I (Goldreich & Tremaine 1980; Ward 1986). Like dynamical friction, the Type-I migration rate increases linearly with mass. Although rather insignificant for planetesimals, it becomes very efficient for Earth-mass planets resulting in migration timescales as short as $10^7$ yr at 1 AU (Tanaka et al. 2002). For these reasons (gas-driven) migration is often invoked to explain the existence of close-in, Neptune- and Jupiter-mass planets (“hot Jupiters”), since conditions very close to the star are thought to be ill-suited to form giant planets in situ (Ikoma & Hori 2012). However, a clear understanding of Type-I migration is somewhat complicated by the fact that it is a higher order effect; that is, the net torque on the planet results from a near cancellation of two large but opposite torques, corresponding to the respective contributions from the inner and outer disks. In addition, the net co-orbital and Lindblad torque may have different signs. As a result, the sign of Type-I migration is very sensitive to the local distribution of matter, which in turn is determined by the thermodynamic properties of the disk (e.g., Paardekooper & Mellema 2006).

Similar to gas-driven migration, scattering of solid bodies also causes a planet to migrate. This effect of planetesimal-driven migration (PDM) has been primarily explored through N-body studies (Hahn & Malhotra 1999; Kirsh et al. 2009; Bromley & Kenyon 2011b; Capobianco et al. 2011). In some cases, these authors found an migration instability, at which the planet migrates at a rate determined by the one-sided torque (Ida et al. 2000). Under these conditions, PDM is fast.

Other studies have investigated the embryo–planetesimal interaction analytically (e.g., Ida 1990; Ida & Makino 1993; Tanaka & Ida 1996; Rañikov 2003a). These studies primarily consider the effect of the embryo on the planetesimal disk, e.g., the rate at which the protoplanet excites the planetesimal’s eccentricity or how it opens a gap by scattering.

In this paper, on the other hand, we will study the recoil of the scattering on the planet for given planetesimal properties. These calculations provide, for the first time, an analytic expression for the two-sided torque for planetesimal scattering—the analogue to the Type-I migration torque.
and compute the net migration rate investigated. In Section 5 we consider the third regime and find that the migrating planet regulates the local eccentricity profile. We outline the boundaries dividing the regimes and find that the intermediate regime covers a large region of the parameter space. We summarize our results in Section 6.

2. CALCULATION OF THE MIGRATION RATE

2.1. Statement of the Problem and Methodology

We consider the following setup. A planet of mass $M_p$ moves on a circular, non-inclined orbit at a reference disk radius $a_0$ in the equatorial plane. The planet interacts gravitationally with planetesimals of mass $m \ll M_p$ characterized by standard Keplerian orbital elements: semi-major axis $a$, inclination $i$, eccentricity $e$, and phase angles. The surface density of the planetesimals is given by $\Sigma(a)$, and the planetesimals are assumed to be randomly distributed in their phase angles: mean anomaly $t$, and argument of periapsis, $\omega$. The calculations allow for gradients in $\Sigma$ and $e$; specifically, they are assumed to be a power laws with indices $\alpha$ and $\beta$:

$$\Sigma(a) = \Sigma_0 \left( \frac{a}{a_0} \right)^\alpha; \quad e(a) = e_0 \left( \frac{a}{a_0} \right)^\beta,$$  \hspace{1cm} (1)$$

where $\Sigma_0$ and $e_0$ are reference values that correspond to the surface density and eccentricity at the semi-major axis of the planet ($a = a_0$). \footnote{A list of symbols is provided in Table 1.}

This configuration is sketched in Figure 1, where the surface density and eccentricity follow a power-law profile. There are two ways in which the planetesimals interact with the planet—close and distant encounters—dependent on whether or not they are able to cross the planet’s orbit. In close encounters, the planet tends to scatter planetesimals from the exterior disk to the interior disk and vice versa. This is a dispersive process: the orbit separation after the scattering increases on average (Rafikov 2003a). But, due to the recoil from the scattering, the planet moves in the direction of the denser planetesimal belt. Thus, from its perspective it is attracted by the belt, although it may strongly excite the belt over the course of its migration.

Distant encounters are repulsive, in the sense that they push the planet away from a planetesimal belt. Since the planet is assumed to move on a circular orbit, the boundary between the distant and close encounter regimes is determined by the periastris ($a(1 - e(a))$) and apoastris ($a(1 + e(a))$) of the planetesimals’ elliptical orbits. Planetesimals of semi-major axes $a_{\text{in}}$ or larger than $a_{\text{out}}$ interact through distant encounters; planetesimals of semi-axes $a_{\text{in}} \leq a \leq a_{\text{out}}$ through close encounters (see Figure 1). Here, $a_{\text{in}}$, $a_{\text{out}}$ are given by

$$a_{\text{in(out)}} \approx a_0 \pm e_0 \beta a_0,$$ \hspace{1cm} (2)$$

where the upper sign corresponds to $a_{\text{out}}$, the lower to $a_{\text{in}}$. When Equation (1) is linearized by writing $e = e_0 + \beta e_0(a_{\text{in(out)}} - a_0)/a_0$, we can solve for $a_{\text{in(out)}}$ to obtain

$$a_{\text{in(out)}} \approx a_0 \pm e_0 \beta a_0 \pm \beta \epsilon_0 a_0^2.$$ \hspace{1cm} (3)$$

A positive $\beta$ (depicted in Figure 1) therefore shifts the transition between the distant and the close encounter region to larger $a$ by an amount $\approx \beta \epsilon_0 a_0^2$.

For (very) low $\epsilon$ the distinction between close and distant encounters is no longer determined by the eccentricity but by the Keplerian shear of the disk. In the limit of zero eccentricity and inclination, the border between distant and close encounters

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{disk_profile.png}
\caption{Sketch of the disk profile. A planet on a circular orbit ($e = 0$) at semi-major axis $a_0$ interacts with planetesimals either through close or distant encounters. Planetesimals which cross the planet’s semi-major axis interact via close encounters; otherwise the encounters are distant. We allow for a power-law profile of surface density and eccentricity with indices $\alpha$, $\beta$ (see Equation (1)) and compute the net migration rate $da_0/dt$ that the planet experiences due to scattering of the planetesimals in the dispersion-dominated regime. A nonzero $\beta$ causes the transition between the regimes (dotted and dashed vertical lines) to shift by an amount $\approx \beta \epsilon_0 a_0^2$ (see the text).}
\end{figure}
lies at ≈2.5Rₕ (Nishida 1983; Petit & Henon 1986) where Rₕ is the Hill radius,

\[ Rₕ = a₀ \left( \frac{M_p}{3M_*} \right)^{1/3} = a₀ \left( \frac{q_p}{3} \right)^{1/3}, \] (4)

with \( M_p \) the planet’s mass, \( M_* \) the stellar mass, and \( q_p = M_p/M_* \). Furthermore, in the zero-eccentricity limit planetesimals of semi-major axis similar to the planet travel on horseshoe orbits and do not enter the Hill sphere. Interactions in this shear-dominated regime are qualitatively different from the high velocity regime, where random motions (caused by the eccentricity of the planetesimal) dominate. Random motions start to dominate over shear motions when \( eVK₀ \gtrsim RₕΩ₀ \) or for \( e \gtrsim (M_p/3M_*)^{1/3} \), where \( V₀ = a₀Ω₀ \) is the Keplerian orbital velocity at \( a₀ \) and \( Ω₀ \) the local orbital frequency. It is sometimes convenient to express eccentricities in terms of \( RₕΩ₀ \) rather than \( V_k \); i.e.,

\[ e_h = \frac{eV_k}{RₕΩ₀} = e \left( \frac{q_p}{3} \right)^{-1/3}, \] (5)

so-called Hill eccentricities. In this work it is assumed that the dispersion-dominated regime applies: \( e_h > 1 \).

### 2.2. The Contribution from Distant Encounters

Hasegawa & Nakazawa (1990) have calculated the change in relative semi-major axis due to a distant encounter among two bodies (see also Henon & Petit 1986). Assuming a uniform distribution of phase angles, the average change for the encounter becomes

\[ \langle Δb \rangle = \frac{CRh^2}{b^3}, \] (6)
is a constant, \( b = a - a_0 \) the separation in semi-major axis between planet and planetesimal, and \( K_r \) is the modified Bessel function of the second kind of order \( v \). The encounter is always repulsive; \( \Delta b \) has the same sign as \( b \) and, after phase-averaging, is independent of eccentricity and inclination. When we consider the interacting bodies to be a planetesimal of mass \( m \) and a planet of mass \( M_p \gg m \), the planetesimal will experience the largest change in its semi-major axis. But, due to the recoil, the planet experiences a change of

\[
(\Delta b)_M = -\frac{m}{m + M_p}(\Delta b) \approx -\frac{m}{M_p}(\Delta b).
\] (8)

The rate at which a planet migrates due to encounters with planetesimals at distance \( b \) is given by Equation (8) times the encounter rate. To first order the encounter rate for an impact parameter \( b \) is \( (3/2)b|\Omega_p\Sigma_0/m| \), where we took the local value of the surface density at the planet’s position and linearized the (Keplerian) shear. If the planet interacts only with planetesimals on one side of its orbit, e.g., with planetesimals exterior to it \((b > 0)\), the migration rate becomes

\[
\left( \frac{da}{dt} \right)_{1s-di} = -\frac{M_p}{18M^2e^3_0} \frac{C\Sigma_0 a_0^3|\Omega_p|}{\Sigma_0 b}\frac{1.67q_dq_p a_0}{e_0^3}(a_0\Omega_0)\Omega_0.
\] (9)

(When the inner disk is considered, the sign will be positive), where Equations (4) and (6) are used. In Equation (9) the subscript “1s-di” refers to “one-sided” and “distant encounters”. In Equation (9) the dimensionless disk mass \( q_d \) is defined as

\[
q_d(a) = \frac{\Sigma(a)a^2}{M_*} \approx 10^{-6}\left(\frac{\Sigma_1}{\text{10 g cm}^{-2}}\right)\left(\frac{M_*}{M_0}\right)^{-1}\left(\frac{a}{a_1}\right)^{2+\alpha}
\] (10)

where \( a_1 \) is a reference radius (say 1 AU) and \( \Sigma_1 \) the surface density at \( a = a_1 \). Note that \( q_d \) is a local quantity that depends on disk radius \( a_0 \). In the outer disk, \( q_d \) may be significantly larger, since ices will contribute to the solid fraction and \( 2 + \alpha \) is typically positive.

Equation (9) gives the migration rate due to distant encounters for one side of the disk. This zeroth-order effect scales as \( a_0^{3-\alpha} \). As the contribution from the interior disk will have the opposite sign, these terms cancel to zeroth order.

Therefore, we consider the next order contributions. These arise by accounting for gradients in eccentricity and surface density (Figure 1) and by accounting for higher terms for the velocity field, instead of using the linear shear sheet model on which Equation (6) relies. These latter effects are referred to as curvature effects. To obtain the higher order term, we have used the formalism of linear density wave theory (Goldreich & Tremaine 1980; Ward 1986, 1997). These provide us with a formula for the torque density, i.e., the torque per unit disk radius the planet exerts on the disk. In Appendix A, we derive the expressions for the torque that the planet experiences. The result is

\[
\frac{\Gamma_{2s-di}}{M_p(a_0\Omega_0)^2} = q_dq_p \Omega_0 \frac{e_0^{3}}{e_0^3} = 0.84\Omega_0 \frac{e_0^{3}}{e_0^3}.
\] (11)

In these expressions \( \Gamma_{2s} \) denotes the torque the planet experiences due to one side of the disk only, where the upper sign corresponds to the exterior disk (integration over the distant encounter region where \( b \) is positive) and the lower sign to the interior disk. The two-sided torque \( \Gamma_{2s} \) corresponds to contributions from both sides of the disk. As remarked, this expression is an order higher in \( e_0 \) than the one-sided torque.

The torque adds or removes angular momentum to the planet at a rate \( d\Lambda/dt \), where \( \Lambda = \int M_p(a_0\Omega_0) \). Since \( dl/dt = M_p(da/dt)da(a_0^2\Omega_0)/da \) we obtain the migration rate as

\[
\frac{da_0}{dt} = 2\Gamma \frac{M_p(a_0\Omega_0)}{M_p(a_0\Omega_0)}.
\] (13)

and it is seen that Equation (11) is consistent with Equation (9). When accounting for both sides of the disks, the migration rate becomes

\[
\left(\frac{da_0}{dt}\right)_{2s-di} \approx -11.3 + 5.0(\alpha + 2\beta)q_dq_p (a_0\Omega_0).
\] (14)

The sign of the migration thus depends on the values of \( \alpha \) and \( \beta \). A large, positive value of \( \alpha \) implies that interactions with the exterior disk will dominate, which pushes the planet inward. Positive \( \beta \) implies that \( a_0 \) lies closer (in absolute terms) to \( a_0 \) than \( a_{out} \), which tilts the balance in favor of the inner disk. However, due to the large negative value of the curvature term, the direction of migration tends to be inward in most cases. Finally, lower \( e_0 \) increases the importance of distant encounters as both \( a_0 \) and \( a_{out} \) move closer to \( a_0 \).

Distant encounters represent only one side of the medal. Close encounters reverse the sign and have the opposite dependences on \( \alpha \) and \( \beta \). For the net migration rate, both must be considered.

2.3. The Contribution from Close Encounters

A scattering of two bodies rotates the relative velocity vector \( v \), while preserving its absolute value. For the migration rate it is the change in the azimuthal component of \( v \), \( \Delta v_\phi \), that matters and this component is generally not conserved. Together with the encounter rate they determine the force that the planet experiences.

Binney & Tremaine (2008) have calculated the diffusion coefficients—the rate of change in the components of \( v \). After integration over impact parameters they obtain the rate of change in the parallel component (Binney & Tremaine 2008, their Equations (L.11)):

\[
D[\Delta v_\parallel] = 2\pi n v \frac{G^2_2m(M_p + m)}{v^3} f_\Lambda,
\] (15)

where \( f_\Lambda = \ln(1 + \Lambda^2) \) is a Coulomb term which is assumed to be constant (i.e., independent of velocity) in the following, \( G_N \) is Newton’s gravitational constant, \( m \) is the mass of the field particles (planetesimals), \( n \) is the local number density (at the planet’s position), and \( v = |v| \) is the relative velocity between the planet and the unperturbed (Keplerian) orbit of the planetesimals at the interaction point (sometimes called collision orbits; Tanaka & Ida 1996).

Equation (15) does not include the effects of the solar gravity, which can be effective to change the orbital of planetesimals
during the scattering. Tanaka & Ida (1996) examined the effects of the solar gravity and found that the effect of the solar gravity cancels, after averaging over the (uniformly distributed) phase angles (i.e., the longitudes of periapsis and ascending node). This cancellation is related to the fact that the unperturbed (i.e., Keplerian) axisymmetric particulate disk does not exert any torque on the planet. Thus the effect of the solar gravity during scattering will cancel even in our case where non-local, i.e., curvature terms, effects are included.

For the individual components we have (Binney & Tremaine 2008, their Equation (7.89)):

\[ D[\Delta v_i] = \frac{v_i}{v} D[\Delta v_i]. \]  

(16)

Here we consider the change in the azimuthal ($\phi$) component and further assume that $M_p \gg m$:

\[ D[\Delta v_\phi] = 2\pi G_N^2 nM_p \Sigma a \frac{mv_\phi}{v^3}. \]  

(17)

Equation (17) is the azimuthal force exerted on the protoplanet due to dynamical friction with the planetesimals.

However, Equation (17) is only valid when the density $n$ and velocity field $v$ are uniform. This is certainly not the case in a Keplerian disk; particles of different semi-major axis $a$ have a different (relative) velocity at the point where they interact with the planet, that is, at $a = a_0$. Equation (17) has to be convolved over the semi-major axis. The same holds for the density, $n$. For particles traveling on a Kepler orbit with eccentricity $e$ and semi-major axis $a$, the density is not constant as the particle’s velocity depends on its position (true anomaly).

Let us introduce the projection operator $P_{R,\phi}$, defined such that $P_{R,\phi} dR d\theta dz$ gives the probability of finding a particle with orbital elements $a, e, i$ and random phase angles in the interval $[R, R + dR; \phi + d\phi; z + dz]$, where $(R, \phi, z)$ are cylindrical coordinates. Clearly, $P_{R,\phi}$ is a function of the properties of the particle $(a, e, i)$ as well as the position at which it is evaluated, as given by the coordinates $(R, z, \phi)$. For the latter we assume azimuthal symmetry, $R = a_0$, and $z = 0$ corresponding to the position of the planet and define a new, more specific, projection operator:

\[ \tilde{P}_{Rz}(a, i, e) = 2\pi a_0 P_{R,\phi}(a, i, e; R = a_0, \phi, z = 0), \]  

(18)

such that $\tilde{P}_{Rz} dR d\phi dz$ gives the probability that an $(a, e, i)$-particle can be found in the equatorial plane at $a_0$ at arbitrary $\phi$.

Using Equation (18) we obtain the contribution to the density $n$ from particles of semi-major axis $a$. Since the total mass of particles in $[a, a + da]$ equals $dm = 2\pi a \Sigma(a) da$:

\[ dn = \frac{1}{m} \frac{2\pi a \Sigma(a) P_{R,\phi}(a; a_0, z = 0)}{P_{Rz}(a_0)} da = \frac{1}{m} \frac{a \Sigma(a)}{a_0} da. \]  

(19)

With this notation the specific force on the protoplanet, Equation (17), becomes

\[ F_\phi = D[\Delta v_\phi] = 2\pi G_N^2 M_p \Sigma a \int_{a_0}^{a_{\infty}} da \tilde{P}_{Rz}(a) \left( \frac{a}{a_0} \right) \frac{v_\phi}{v^3}. \]  

(20)

where all quantities in the integrand are functions of semi-major axis, $a$. The integration proceeds over the close encounter region.

The vertical component of the torque exerted on the protoplanet is given by $\Gamma_z = a_0 M_p F_\phi$:

\[ \Gamma_z = F_\phi a_0 M_p = 2\pi G_N^2 M_p^2 a_0 \int da \tilde{P}_{Rz} \Sigma \left( \frac{a}{a_0} \right) \frac{v_\phi}{v^3}, \]  

(21)

where we have inserted Equation (1) for $\Sigma(a)$. This integral gives the migration rate due to close encounters. To solve it, the velocity field of the planetesimals near the protoplanet (the $v$ and $v_\phi$ terms) and $P_{Rz}$ must be expressed as a function of $a$. These steps are outlined in Appendix B. Equation (21) also depends on the inclination of the particles—a thinner disk will, for example, increases the density of particles (so that $\tilde{P}$ increases) and additionally decreases the relative velocity $v$ (since $v_\phi$ decreases). These effects increase the magnitude of $\Gamma_z$ and therefore the migration rate.

In Appendix B we perform the calculations for the case where $i = e/2$—the equilibrium solution—and a case where $i \ll e$. For the one-sided torques, we obtain:

\[ \Gamma_{1s-cl} \approx f_\lambda \frac{\alpha v_\phi}{a_0} \begin{cases} \pm 1 \frac{e_0}{e} & (i = e/2 \ll 1); \\ \pm 1.3 \frac{e_0}{a_0 e} & (i \ll e \ll 1); \end{cases} \]  

(22)

(the upper sign corresponds to the torque that the exterior disk exerts on the planet; the lower to the interior disk); and for the two-sided torque:

\[ \Gamma_{2s-cl} \approx f_\lambda \frac{\alpha v_\phi}{a_0} \begin{cases} -0.7 + 2.0(2 \alpha - 3\beta) \frac{e_0}{e} & (i = e/2); \\ 1.6 + 2.3(2 \alpha - 3\beta - \delta) \frac{e_0}{a_0 e} & (i \ll e); \end{cases} \]  

(23)

where $\delta$ is the exponent of the inclination dependence with disk radius, i.e., the inclination equivalent of $\beta$. Contrary to the distant encounter torque (Equation (12)), $\Gamma_{2s-cl}$ increases with increasing $\alpha$, since for close encounter the planet tends to move in the direction of the more massive planetesimal belt. In addition, Equation (23) displays a negative dependence on $\beta$, which can be understood since the cross section for encounters is largest when the relative velocity (eccentricity) is lowest. More generally, the relative importances of the gradient terms follow directly from Equation (21) (or even Equation (15)). In it $\tilde{P}_{Rz}$ reflects the scale height dependence and consequently contributes a term $-\delta$; $\Sigma(a)$ a term $\alpha$; and $v_\phi/v^3$, which is proportional to $e^{-2}$, a term $-2\beta$. Note the difference in the curvature term (the first term in Equation (23)) between the equilibrium case ($i = e/2$) and the thin disk case ($i \ll e$): in the latter it is positive, whereas in the former it is negative. However, the curvature term for distant encounters (Equation (12)) is always negative.

Thus, the planet is attracted toward quiescent and massive planetesimal belts, in line with previous studies (Tanaka & Ida 1999; Payne et al. 2009; Capobianco et al. 2011). During its migration, the planet scatters away many planetesimals, which in turn affects their spatial and dynamical distribution. The amount with which the scattering changes the (effective) values
of $\alpha$ and $\beta$ depends on the relative masses of the planetesimal belt and the planet (see Section 5).

In the remainder of this paper, we will focus on the equilibrium solution ($i/e = 2$ and $\delta = \beta$) since this is the expected ratio for the dispersion-dominated regime (Ida et al. 1993). We consider an extension to an eccentricity distribution in Section 3.4.

3. TORQUES AND MIGRATION RATES

3.1. Outward or Inward

Let us decompose the dimensional torque $\Gamma_X$ for an interaction $X$ as follows:

$$\frac{\Gamma_X}{M_p(a_0\Omega_0)^2} = q_d q_p F_X(e_0, i_0) \times \gamma_X(\alpha, \beta, \delta)$$

$$= q_d q_p F_X(e_0, i_0) \times [\tilde{\gamma}_e + \tilde{\gamma}_r(\alpha + g(\beta, \delta))].$$

Here, $F_X(e_0, i_0)$ is a function of $e_0$ and $i_0$ only (without a numerical prefactor) and $\gamma_X$ is the dimensionless torque for interaction $X$. For a two-sided $\gamma_X$, $\tilde{\gamma}_e$ is further decomposed into a curvature term $\tilde{\gamma}_e$ and a gradient term $\tilde{\gamma}_r$, defined such that it is proportional to $\alpha$ in $\gamma_X$. For example, for the two-sided, close encounter torque of Equation (23), $\gamma_{2s-c1}(\alpha, \beta, \delta) = (-0.7 + 2.0(\alpha - 3\beta)) f_\alpha$, $F = e_0^2$, $\tilde{\gamma}_e = -0.7 f_\alpha$, $\tilde{\gamma}_r = 2.0 f_\alpha$, and $g = -3\beta$. We have compiled a list of dimensionless torques in Table 2.

The direction of the migration is determined by the sign of $\gamma_{\text{total}} = \gamma_{\text{clo}} + \gamma_{\text{distant}}$ and is positive for outward migration, negative for inward migration. It depends on $\alpha$, $\beta$ and on the value of the Coulomb factor $f_\alpha$. For example:

$$\gamma_{2s-c1}(\alpha, \beta, f_\alpha) \approx \begin{cases} 
-6.3 - 0.5\alpha - 0.9\beta & (f_\alpha = 1) \\
-7.6 + 3.4\alpha - 12.7\beta & (f_\alpha = 3) \\
-8.9 + 7.3\alpha - 24\beta & (f_\alpha = 5).
\end{cases}$$

Thus, for increasing $f_\alpha$, $|\gamma_{\text{total}}|$ generally becomes larger with the sign of the migration more likely to be determined by that of the close encounter contribution. This is illustrated in Figure 2. For the range in $\alpha$ and $\beta$ displayed in Figure 2, $\gamma_{\text{distant}}$ is always negative (inward migration), mainly due to the large (negative) value of the curvature term. Close encounters more readily give rise to outward migration, but require a more massive outer disk (large $\alpha$) and/or a sufficiently low eccentricity gradient (reflecting a dynamically colder state with which the planet interacts more strongly). Accounting for both distant and close interactions shifts the boundary line dividing the inward and outward migration regime down. The amount of the shift depends on the Coulomb factor $f_\alpha$, which therefore translates in a relative measure of the importance of close versus distant interactions.

What is the expected value of $f_\alpha = \log(1 + \Lambda^2)$? Here, $\Lambda \approx b_{\text{max}}/b_{90}$ is the ratio for the largest and typical impact radii (Binney & Tremaine 2008). For the former, we may substitute the disk scale height, $a_0 h_0$ while the latter—the impact radius that causes a $\pi/2$ change in the relative velocity after the scattering—is, in the high velocity regime, $b_{90} = G M_p/(e V_0)^2 = 3 R_h/e_h^2$ where $e_h$ is the Hill eccentricity (Equation (5)). Assuming the dispersion-dominated regime, $i = e/2$, $f_\alpha \approx \log(1 + e_\|/6)$. For $e_h \gtrsim 3$, $f_\alpha \gtrsim 3$ and the close encounter contribution typically determines the sign. But

| Torque Type | Symbol | Leading Term | Zeroth-order Term | Curvature Term | Gradient Terms |
|-------------|--------|--------------|------------------|---------------|---------------|
| Distant, one-sided | $\gamma_{1s-d}$ | $e_0\gamma_0^3$ | $\pm0.836$ | $\tilde{\gamma}_e$ | $\tilde{\gamma}_r(\alpha + g(\beta, \delta))$. |
| Distant, two-sided | $\gamma_{2s-d}$ | $e_0\gamma_0^2$ | $-5.66$ | $-2.51$ | $(\alpha - 2\beta)$. |
| Close, one-sided, $i = e/2$ | $\gamma_{1s-c1}(\alpha, \beta)$ | $e_0\gamma_0^3$ | $\pm1.14f_\Lambda$ | $1.97f_\Lambda$ | $(\alpha - 3\beta)$. |
| Close, one-sided, $i \ll e$ | $\gamma_{1s-c1}(\alpha, \beta)$ | $i_0\gamma_i^3$ | $0.66f_\Lambda$ | $2.28f_\Lambda$ | $(\alpha - 2\beta - \delta)$. |
| Close, two-sided, $i = e/2$ | $\gamma_{2s-c1}(\alpha, \beta)$ | $e_0\gamma_0^2$ | $-0.66f_\Lambda$ | $1.97f_\Lambda$ | $(\alpha - 3\beta)$. |
| Close, two-sided, $i \ll e$ | $\gamma_{2s-c1}(\alpha, \beta)$ | $i_0\gamma_i^2$ | $1.63f_\Lambda$ | $2.28f_\Lambda$ | $(\alpha - 2\beta - \delta)$. |

Notes: Summary of dimensionless torques expression for planetesimal scattering in the dispersion-dominated regime (see Equation (24)). Column 1: torque: distant or close; one- or two-sided; and the inclination model. Column 2: corresponding symbol. Column 3: the order of the contribution to the torque in terms of the eccentricity and inclination at the reference position (see Equation (24)). Column 4: the zeroth-order contribution from one side of the disk (the upper sign corresponds to the outer disk; the lower to the inner). Column 5: the contribution to $\gamma$ that arises due to curvature, i.e., the deviation from the linear approximation. Columns 6 and 7: the contribution to $\gamma$ due to gradients in surface density and eccentricity (see Figure 1).
at small Hill eccentricity $f_h \simeq 1$ and distant encounters become more important (see Figure 2).

Assuming that the random motion of planetesimals is balanced by gas drag, it follows that the Hill eccentricity $e_h$ is independent of the planet mass, and has a weak ($\propto X^{1/5}$) dependence on the planetesimal radius and gas density (smaller planetesimals or denser gas results in lower $e_h$), disk radius (larger $a_0$ have lower $e_h$). A typical range may be $e_h \simeq 3–8$ (Kokubo & Ida 2002). When the gas is absent, $e_h$ will increase with time until it is equilibrated by collisional damping.

3.2. The Migration Timescale

The migration timescale is defined as

$$T_{\text{migr}} = \left( \frac{1}{a_0} \frac{d\sigma}{dt} \right)^{-1} = \left( \frac{2\Gamma X}{M_p a_0^2 \Omega_0} \right)^{-1}. \quad (27)$$

In terms of $\gamma_{\text{tot}}$ (Equation (24)) the timescale corresponding to the two-sided, $i = e/2$ torque becomes

$$T_{\text{migr}} = \frac{\sigma_{e_0}^2}{2\gamma_{\text{tot}} q_d q_p} \Omega_0^{-1} \approx 2 \times 10^4 \left( \frac{e_0}{0.02} \right)^2 \left[ \frac{\gamma_{\text{tot}}}{10} \right]^{-1} \left( \frac{q_d}{10^{-4}} \right)^{-1} \left( \frac{q_p}{10^{-6}} \right)^{-1} \Omega_0^{-1}. \quad (28)$$

Alternatively, the migration timescale can be expressed in terms of Hill eccentricity $e_h$ using Equation (5):

$$T_{\text{migr}} = \frac{\sigma_{e_0}^2}{3^{2/3} \gamma_{\text{tot}} q_d q_p} \Omega_0^{-1} \approx 2.2 \times 10^5 \left( \frac{e_h}{3} \right)^2 \left[ \frac{\gamma_{\text{tot}}}{10} \right]^{-1} \left( \frac{q_d}{10^{-4}} \right)^{-1} \left( \frac{q_p}{10^{-6}} \right)^{-1} \Omega_0^{-1}. \quad (29)$$

which is useful since the expressions are valid only for $e_h > 1$. For reference, we also give the one-sided migration timescale due to close encounters corresponding to $\gamma_{\text{tot}}^{(i=e/2)}$:6

$$T_{1h} \approx \frac{1}{2.2} \frac{e_h^3}{\gamma_{\text{tot}} q_d q_p} \Omega_0^{-1} \approx 1.1 \times 10^4 \left[ \frac{\gamma_{\text{tot}}}{10} \right]^{-1} \left( \frac{e_0}{0.02} \right)^3 \left( \frac{q_d}{10^{-4}} \right)^{-1} \left( \frac{q_p}{10^{-6}} \right)^{-1} \Omega_0^{-1}. \quad (30)$$

3.3. Comparison with Type-I Migration

The migration timescale for Type-I migration is given by Tanaka et al. (2002)

$$T_{\text{type-I}} = \frac{1}{2\gamma(p)} \left( \frac{c_t}{V_{\text{K}}} \right)^2 \left( \frac{\Sigma_{\text{tot}} a^2_0}{M_*} \right)^{-1} \left( \frac{M_p}{M_*} \right)^{-1} \Omega_0^{-1} \approx 2.5 \times 10^4 \left[ \frac{\gamma(p)}{5} \right]^{-1} \left( \frac{c_t}{V_{\text{K}}} \right)^2 \left( \frac{q_d}{10^{-4}} \right)^{-1} \left( \frac{q_p}{10^{-6}} \right)^{-1} \Omega_0^{-1}. \quad (31)$$

where $\gamma(t)$ denotes the dimensionless torque for Type-I migration and $q_g = \Sigma_{\text{tot}} a^2_0 / M_*$ is the dimensionless disk mass in gas. The expression of $\gamma(t)$ depends on several factors, including the type of torque considered (co-orbital, Lindblad), the surface density exponent, the pressure exponent, and the exponent for the scale height (see Tanaka et al. 2002 and successors, e.g., D’Angelo & Lubow 2010; Paardekooper et al. 2010, 2011; Masset 2011). Generally, the situation for Type-I is more complex because of the pressure effects and the energy transfer in gaseous disks. Nevertheless, the similarity between Equations (28) and (31) is striking. In fact Equations (28) and (31) are the same, except that the eccentricity in Equation (31) has been substituted by $c_t / V_{\text{K}}$ and the surface density in solids $(\Sigma_0)$ by that of the gas $(\Sigma_e 0)$.

3.4. The Effect of an Eccentricity Distribution

Until now we have neglected an intrinsic probability distribution in eccentricity and inclination, which may be expected from gravitationally interacting bodies (Ida & Makino 1992; Ohtsuki & Emori 2000). Specifically, the Rayleigh distribution

$$P_{\text{R}}(e|\sigma_e) = \frac{2e}{\sigma_e^2} \exp \left[ -\left( \frac{e}{\sigma_e} \right)^2 \right]. \quad (32)$$

is often considered, where $\sigma_e$ is the rms value of the eccentricity. Naively, one might expect that the distribution-averaged torque is just the torque expressions calculated listed in Table 2 averaged by $P_{\text{R}}(e|\sigma_e 0)$. However, this implies that the eccentricity distribution at a distance $b$ is merely shifted in $e$, which is not the same as a gradient in $\sigma_e$—the situation we consider here.

Thus, we write $\sigma_e \approx \sigma_e 0 + \beta b \sigma_0$, where $\beta$ is the gradient with respect to $\sigma_e$ and $b$ the dimensionless separation $b = (a - a_0)/a_0$. For $b \ll 1$ we can expand Equation (32) with respect to $b$ and write $P_{\text{R}}(e|\sigma_e) \approx P_{\text{R}}(e|\sigma_e 0) + \beta b P_C(e|\sigma_e 0)$, where $P_C$ is a correction term:

$$P_C(e|\sigma_e 0) = 4e \frac{e^2 - \sigma_e^2}{\sigma_e^4} \exp \left[ -\frac{e^2}{\sigma_e^2} \right]. \quad (33)$$

The situation is illustrated in Figure 3. At the reference point $a_0$ the velocity distribution is characterized by an rms value $\sigma_e 0$. For positive $\beta$ the rms value increases. The thin dashed line in Figure 3 illustrates the case where $\sigma_b$ has increased by 10% to $1.1 \sigma_e 0$, which corresponds to a distance $b = 0.1/\beta$. Compared to the eccentricity distribution at $b = 0$, the distribution at $b = 0.1/\beta$ has an excess of high eccentricity planetesimals and a deficit of low eccentricity planetesimals. To first order in $b$ this change is represented by $\beta b P_C(\sigma_e 0)$. As a first-order approximation, therefore, the distribution at $b$ is well approximated by the superposition of $P_{\text{R}}(e|\sigma_e 0)$ and $\beta b P_C(\sigma_e 0)$.

The $\beta b P_C$ component is linear in $b$. The integration of this term over $b$ thus behaves the same as the integration of the gradient in the surface density. To see this, recall that we linearized $\Sigma = \Sigma_0 (a / a_0)^p$ as $\Sigma \approx \Sigma_0 (1 + ab)$ and found that the $ab$ term gave rise to a torque $\alpha' \gamma(t)$ (see Section 3). Analogously, integration of $\beta b P_C$ will yield a term $\beta \gamma(t) P_C$ in the expression for the dimensionless torque. The integration of the $P_R$ component proceeds as before, except that $\beta = 0$ since the eccentricity gradient is already included via $P_C$. Having accounted for the spatial distribution in this way, the resulting expression must yet be averaged over the Rayleigh velocity distribution at $a_0$. Without loss of generality, we will consider

---

6 Equation (30) is consistent with Equations (19) and (20) of Ida et al. (2000). On the other hand, Equation (23) of Ida et al. (2000) is inconsistent with Equation (30) by a large factor (~10–100), since several numerical constants were omitted.
a two-sided torque for which \( F(e_0) = e_0^{-2} \) (see Table 2); the distribution-averaged torque then reads\(^7\)

\[
\frac{(\Gamma_{2\beta})}{(a_0^2 \Omega_0^2) M_p} = q_p q_d \times \int d e_0 \left[ \tilde{\gamma}_c + \tilde{\gamma}_v (\alpha - 2 \beta) \right] P_R(e_0 | \sigma_{e0}) + \beta \tilde{\gamma}_v P_C(e_0 | \sigma_{e0}) e_0^2.
\]

The integrations diverge for \( e_0 \to 0 \), which is because the shear-dominated regime is not covered in this work. Therefore the integration is cut off at the point where the Hill velocity \( e_h \) becomes 1 (see Equation (5)). We find\(^8\)

\[
\frac{(\Gamma_{2\beta})}{(a_0^2 \Omega_0^2) M_p} \sim (2 \log \sigma_{e0,h} q_p q_d \tilde{\gamma}_c + \tilde{\gamma}_v (\alpha - 2 \beta)) e_0^2,
\]

where \( \sigma_{e0,h} \) is the rms eccentricity expressed in Hill units. Equation (36) is very similar to the torque expressions obtained for the single-value power laws.

The above is merely a sketch for the inclusion of a velocity distribution. It is not complete, since a restriction on the inclination \((i = e/2 \text{ or } i \ll e)\) is enforced. More realistically, the velocity distribution will be two dimensional and read, instead of Equation (32):

\[
P_R(i, e | \sigma_e, \sigma_l) = \frac{4ie}{\sigma_e^2 \sigma_l^2} \exp \left[ -\left( \frac{e}{\sigma_e} \right)^2 - \left( \frac{i}{\sigma_l} \right)^2 \right].
\]

In addition, in Equation (36) we have neglected variations of the Coulomb factor, \( f_A \), with \( i \) and \( e \). These may become important when accounting for a distribution average (Iida et al. 1993). Thus, for a general treatment, an expression for the torque at arbitrary \( i_0 \) and \( e_0 \) is needed. A general expression is derived in Appendix B.3.3. Therefore, the framework to (numerically) compute a truly Rayleigh-distributed average torque is in place.

4. THE ROLE OF DIFFUSION IN CLOSE ENCOUNTERS

Encounters with single planetesimals result in either inward or outward kicks depending on the direction of the scattering. Migration therefore always has a stochastic (random) component. However, the inward and outward contributions are not equal. What we have calculated by the two-sided torques expressions of Section 3—the residual—is the systematic component. Which component will dominate depends on the ratio of the planetesimal mass over the planet mass, \( m/M_p \), and the lengthscale of interest.

To quantify the migration rate due to stochastic motions, we calculate the diffusion coefficient, \( D(\Delta v_\|)^2 \), which follows from the change in the diffusion rates of the parallel and perpendicular components (Binney & Tremaine 2008):

\[
D(\Delta v_\|)^2 = \frac{\nu v}{v^2} \left( \frac{G^2 m^2}{v^2} g_A \right)
\]

\[
D(\Delta v_\perp)^2 = 4\pi \nu v \frac{G^2 m^2}{v^2} \left( f_A - g_A \right).
\]

where \( g_A = \Lambda^2/(1 + \Lambda^2) \). Thus, in our case we must calculate

\[
D(\Delta v_\perp)^2 = 2\pi G^2 m^2 \left( \frac{nu^2}{v^3} [3g_A - f_A] + \frac{m}{v} [f_A - g_A] \right).
\]

Next we perform similar operations as outlined in Section 2.3. That is, we express \( n \) by the density function \( \tilde{P}_R \) (Equation (19)) and integrate over the semi-major axis. The steps are outlined in Appendix C. We obtain

\[
D(\Delta v_\perp)^2 \approx \frac{3.5f_A - 1.5g_A q_A q_p m}{e_0^2 M_p} a_0^2 \Omega_0^2.
\]

Rather than the diffusion of \( (\Delta v_\|)^2 \) we seek the diffusion in \( a_0^2 \), \( D(\Delta a_0)^2 \), which we refer to as the viscosity \( v \). Since \( \Delta a = 2\Delta v_\|/\Omega_0 \) we have

\[
v \approx 4D(\Delta v_\|)^2 \approx \frac{14f_A - 6g_A q_A q_p}{e_0^2 M_p} \left( \frac{m}{M_p} \right) a_0 V_{K0}.
\]
This is the diffusion coefficient for planets that results from the backreaction to the scattering of planetesimals. Contrary to the migration rate it does not depend on the exponents of $\alpha$ and $\beta$, but it does involve the mass of the planetesimal ($m$). When $m \ll M_p$ there are many encounters, whose individual kicks are small, resulting in a smooth migration rate. When $m$ starts to approach $M_p$, on the other hand, the importance of diffusive (random) motion increases. As a result, the migration becomes increasingly “noisy.” The critical lengthscale is given by $L^* \sim \sqrt{\nu_{\text{migr}}^m} \sim \sqrt{m/M_p} \sigma_0$. For $L \ll L^*$ diffusive behavior will dominate. On scales $L \gg L^*$ the migration occurs smoothly.

4.1. Comparison to Ohtsuki & Tanaka (2003)

The diffusion coefficient for planets (Equation (43)) may be compared to the coefficient applicable for an equal-mass planetesimal swarm as calculated by Ohtsuki & Tanaka (2003, their Equation (18))

$$v_{\text{OT03}} = \frac{24}{p_\xi} \frac{f a_{\text{RVS}}(\beta)}{\varepsilon_0^3} (N_i a_i^3) (2^{1/3} h_m)^4 a_0^3 \Omega,$$  

(44)

where $N_i$ is the column density, $h_M = (q_p/3)^{1/3}$, and $I_{\text{RVS}}(\beta) \approx 0.3$ for $i = e/2$. Expressing Equation (44) in our notation, we find

$$v_{\text{OT03}} \approx \frac{4 f_\Lambda}{e_0^3} q_d q_p \frac{M}{M_p} \sigma_0 V_{\text{kd}},$$  

(45)

which is of the same magnitude as Equation (43). Thus, a planet of mass $M_p$, interacting with a swarm of planetesimals of mass $m$ diffuses at the same rate as the planetesimals do by interacting among themselves! Physically, the increase in cross section for encounters between planet and planetesimal due to its larger mass ($M_p$) is balanced by the decreasing kick ($\Delta a$) the planet receives. The latter scales as $m/M_p$, while the cross section for encounters in the dispersion-dominated regime scales as $\sigma \propto b_{0,\xi}^2 \propto (GM_p)^2$ (e.g., Binney & Tremaine 2008). Thus, $v \propto (\Delta a)^2 \sigma$ stays constant.

5. SELF-REGULATED PLANET MIGRATION

The migration timescale (Equation (28)) that we have derived assumes that the local distribution of eccentricity and surface density of the planetesimals are given by the power-law indices $\alpha$ and $\beta$ that characterize the protoplanetary disk on global scales. That is, any feedback of the planet on the disk that change $\alpha$ and $\beta$ locally is ignored. We will now relax this assumption and consider the case where the protoplanet slightly excites the motions of the planetesimals, increasing their eccentricity, and altering the local eccentric profile.

Specifically, we consider the configuration sketched in Figure 4, where the eccentricity profile is steady in the frame of the migrating planet. The planet can migrate outward or inward (Figure 4 depicts outward migration). During its passage, which is defined as the time during which planetesimals interact through close encounters, planetesimals at a pre-stirring eccentricity $e_{\text{pre}}$ are excited to an eccentricity $e_{\text{post}}$. We assume that the eccentricity jump, $\Delta e \ll e_0$, where $e_0$ is the eccentricity at the reference radius. Moreover, we assume that the eccentricity changes gradually, which implies that a planetesimal experiences many small angle encounters, before the planet has moved away from the interaction zone. Let the half-width of the interaction zone be denoted $\Delta a \approx e_0 a_0 \ll a_0$. Then, we can expand Equation (1) to obtain $e \approx e_0 + \beta e_0 \Delta a/a_0$; therefore, $\Delta e \approx \beta e_0 \Delta a/a_0$ or

$$\beta \propto \frac{\Delta e}{e_0^2}.$$  

(46)

This equation suggests that $\beta$ can become large, even though $\Delta a/e_0 \ll 1$.

We seek to obtain an expression for the eccentricity jump, $\Delta e$. We may write

$$\Delta e \approx \frac{T_{\text{migr}}}{T_{\text{vs}}} e_0, \quad (T_{\text{migr}} \ll T_{\text{vs}}),$$  

(47)

where $T_{\text{migr}}^*$ is the timescale to migrate locally over a distance $\Delta a = e_0 a_0$ and $T_{\text{vs}}$ is the stirring timescale. Indeed, we should have that $T_{\text{migr}}^* \ll T_{\text{vs}}$ since we assume that $\Delta e \ll e_0$. Physically, this means that the planet migrates faster than it can excite the planetesimal disk. The local migration timescale $T_{\text{migr}}^*$ is therefore just Equation (28) multiplied by $e_0$:

$$T_{\text{migr}}^* = \frac{e_0}{12 f_\Lambda} q_d^{-1} q_p^{-1} \omega_0^{-1},$$  

(48)

where we assumed that $\gamma_{\text{cl}} \approx \gamma_{\text{cl}}^* \approx -6 \beta f_\Lambda$ is entirely due to the $\beta$-dependence in $\gamma_{\text{cl}}$. The viscous stirring timescale in the dispersion-dominated regime is

$$T_{\text{vs}} \approx \frac{2 e_0^5}{q_p^5 f_\Lambda^4},$$  

(50)

The viscous stirring timescale is obtained from the relaxation timescale (Chandrasekhar 1942; see also Ida & Makino 1993):

$$T_{\text{vs}} \approx T_{\text{ch}} = \frac{e_0^3}{4 \pi n_p (G \Sigma_p)^2 \ln \Lambda},$$  

(49)

where $n_p$ is the density of perturbers. In our case $n_p$ is the single protoplanet divided by its “stirring volume” $(2\pi a_0^3) \times (2\pi e_0^3 a_0^3)$. For $v = e_0 a_0^2 \omega_0$, $l_0 = e_0 \omega_0 / 2$, $G \Sigma_p = a_0^3 \Omega_0^2$ and $\ln \Lambda \approx f_\Lambda / 2$, one obtains Equation (50).
With these expressions Equation (47) becomes

$$\Delta e \approx \frac{q_p}{24\beta e_0 q_d}.$$  \hspace{1cm} (51)

Equating Equation (51) with $\Delta e$ in Equation (46) we obtain the eccentricity power-law index for self-regulated migration:

$$\beta_{sr} = \sqrt{\frac{q_p}{24q_d e_0^3}} \approx \sqrt{\frac{1}{8q_d e_h}} \approx 6.8 \left( \frac{q_d}{10^{-4}} \right)^{-1/2} \left( \frac{e_h}{3} \right)^{-3/2},$$  \hspace{1cm} (52)

where we have switched to Hill eccentricities (see Equation (5)).

With Equation (52) we can solve for $T_{migr}^*$ and the (global) migration timescale in the self-regulated regime, $T_u = T_{migr}^*/e_0$:

$$T_u = \frac{e_0^{7/2}}{\sqrt{6f_A q_d^{1/2} q_p^{3/2}}} \Omega_0^{-1}$$  \hspace{1cm} (53)

$$\approx 1.5 \times 10^3 \frac{f_A}{3} \left( \frac{0.02}{e_0} \right)^{7/2} \left( \frac{q_d}{10^{-4}} \right)^{-1/2} \left( \frac{q_p}{10^{-6}} \right)^{-3/2} \Omega_0^{-1}.$$  

This much shorter timescale than Equation (28) can be attributed to the large $\beta_{sr}$ value. For our fiducial parameters $\beta_{sr} \approx 7$. Nevertheless, the eccentricity jump $\Delta e$ (Equation (51)) is only $3 \times 10^{-3}$, much less than $e_0$.

Figure 5 plots the migration timescale in the self-regulated limit, Equation (53), as a function of eccentricity for $q_p = 10^{-6}$ and $q_d = 10^{-4}$. Also plotted is $T_{migr}$ of Equation (28) for a constant value of $\gamma_{tot} = 10$, the one-sided migration timescale ($T_u$), and the Type-I migration timescale $T_{type-I}$ (Equation (31)). As can be seen from Figure 5, self-regulated migration results in a migration timescale that is significantly shorter than Equation (28), especially at low and modest eccentricities. In fact, it approaches the migration rate due to the one-sided torque; for $e_h = 3-4$ the self-regulated migration rate rivals that of as Type-I.

### 5.1. Preconditions for the Self-regulated Migration Regime

In the above analysis we have assumed that the planet exerts a modest feedback on the disk. For the self-regulated migration mechanism to operate, the planet mass can neither be too small (since then no feedback is present) nor too massive (too much feedback). If it is too small $\beta_{sr}$ (Equation (52)) will be much lower than the global value of the eccentricity index $\beta$. Thus, $|\beta_{sr}| \gtrsim |\beta|$ is a rough estimate of the precondition for the self-regulated mechanism to become feasible.

Another assumption in the above analysis is that the jump in eccentricity gradient is smooth. More specifically, for the derivation of Equation (53) to be valid the timescale inequality relation

$$T_{syn} \ll T_{migr}^* \ll T_u$$  \hspace{1cm} (54)

has to be obeyed. The first inequality ensures that the number of scattering during the passage of the planet ($T_{migr}^*$) is $\gg 1$: the eccentricity of a planetesimal when it proceeds downstream (in the frame of the planet) then increases gradually. The second inequality indicates that the total jump in eccentricity, $\Delta e/e_0 \ll 1$, is small: the planet is of a small enough size to only mildly excite the disk.

The synodical timescale can be approximated as $T_{syn} = 4\pi/3e_0q_d$. Equation (54) then reads

$$\frac{4\pi}{3e_0} \ll \frac{e_0^3}{12f_A \beta q_d q_p} \ll \frac{2e_0^5}{f_A q_P^2}.$$  \hspace{1cm} (55)

Converting to Hill eccentricities, $e_0 = e_h(q_p/3)^{1/3}$, and rearranging, Equation (55) transforms into

$$6\pi f_A \ll Q_{pd} e_h^{11/2} \ll e_h^6,$$  \hspace{1cm} (56)

where

$$Q_{pd} = \frac{2^{1/2} q_p^{1/3}}{4 \cdot 3^{1/2} q_d^{1/2}} \approx 0.25 q_p^{1/3} q_d^{-1/2}$$  \hspace{1cm} (57)

is a combination of the planet and the disk masses (for the values of $q_d$ and $q_p$ used in Figure 5 $Q_{pd} = 0.25$). With this notation, the second inequality of Equation (54) corresponds to

$$e_h \gtrsim Q_{pd}^2,$$  \hspace{1cm} (58)

whereas the first inequality becomes

$$e_s \gtrsim e_h^* = \left( \frac{6\pi f_A}{Q_{pd}} \right)^{2/11} \approx 2.7 \left( \frac{f_A}{3} \right)^{2/11} \left( \frac{q_p}{10^{-6}} \right)^{-2/3} \left( \frac{q_d}{10^{-4}} \right)^{1/11}.$$  \hspace{1cm} (59)

Both conditions must be satisfied. Note that when $Q_{pd} \lesssim 1$ criterion Equation (58) vanishes since $e_s$ is always larger than unity in the dispersion-dominated regime. Physically, $Q_{pd}$ expresses the mass of the planet (the $q_p$ term) with respect to the planetesimal disk (the $q_d$ term). When $Q_{pd}$ is large, the planet has too much inertia to be affected by planetesimal scattering. However, even when $Q_{pd} \ll 1$ it is required that $e_h > e_h^*$ to ensure a smooth power-law gradient in eccentricity—a precondition in the derivation of Equation (53).
whereas those in regime III obey Equation (53) as long as to the criterion

\[ \Omega \times \text{timescales in terms of} \]

migration rate is then given by Equation (53) as long as \( \Omega \times T \) (bottom) and contours (solid gray lines) of the migration is generally long. On the other hand, PDM in the Type-III mode covers a large region of the parameter space (Figure 6).

6. DISCUSSION

6.1. Migration Regimes

Using the results of Section 5 we can identify three regimes where the migration behavior is qualitatively different.

1. The low planet mass regime, where the planet can be regarded as a test body that does not affect the structure (surface density, eccentricity) of the disk.
2. A large planet mass regime, where the planet has too much inertia to experience sustained migration.
3. An intermediate regime, where the planet self-regulates its migration.

These regimes are indicated in Figure 6 by the roman literals, I, II, and III. The thick black lines denote the regime boundaries. The boundary between the first and third regime correspond to the criterion \( \Omega_{\text{crit}} = 1 \). The boundary between regime II and III follows from Equation (58). Contour lines give migration timescales \( T_{\text{migr}} \) in units of \( \Omega_{\text{crit}} \). The migration timescales of planets in regime I are those given by Equation (28), whereas those in regime III obey Equation (53) as long as \( e_h > e_h^* \) (dashed line). In regime II, planetesimals are excited before migration becomes important. Note that the choices for the regime boundaries are somewhat flexible; in reality, the transition between the regimes will be broader than suggested by the sharp boundaries of Figure 6.

Both the migration rate as well as the position of the regime boundaries depend on the disk mass parameter \( q_d \) (Equation (10)). A large disk mass enlarges the fraction of the parameter space occupied by regime I; whereas a low disk mass enlarges that of regime II. The direction of the migration in regime I is defined by the exponents \( \alpha \) and \( \beta \), characterizing the disk-wide power-law indices of the surface density and eccentricity profiles. In regime III, the migration direction is unspecified, as the migrating planet will self-adjust \( \beta \) locally to \( \pm \beta_{\text{crit}} \). That is, the direction depends on the history of the planet.

For example, when a planet migrates outward in regime I due to a negative gradient in the planetesimals’ eccentricity, it may cross the boundary toward regime III, where it will continue to migrate outward at a faster pace. Similarly, a gradient in \( q_d \) (a local quantity) can also trigger a regime change. Generally, we find that migration timescales in regime I are long (unless \( q_d \) is large) and that fast migration occurs in the self-regulated mode. However, regime I is important in setting the initial direction of the migration.

The classifications I, II, and III resemble the corresponding migration types for gas-driven migration. For Type-I, the feedback of the planet on the disk is negligible. As shown in Section 3.3, the expressions for the migration timescales show very similar scalings. Type-II migration is driven by diffusive motions of the gas (e.g., Gressel et al. 2011) or solids. We showed in Section 4, however, that for PDM these timescales are generally long. On the other hand, PDM in the Type-III mode covers a large region of the parameter space (Figure 6).

6.2. Implications for N-body Simulations

Recently, N-body simulations investigating PDM showed very rapid migration behavior with migration times similar to the one-sided limit of Equation (30) (Kirsh et al. 2009; Capobianco et al. 2011) exhibit an integration instability, i.e., a planet migrates on timescales of the one-sided torque (Equation (30)). Since in Kirsh et al. (2009) and Capobianco et al. (2011) the interactions operate mostly in the shear-dominated regime, scatterings are strong and migration timescales short. Our work does not consider the shear-dominated regime; but, similar to the above works, we discover a migration mechanism that is self-regulated. That is, the timescale to move away from the local stirring zone of the planet \( T_{\text{migr}}^* \) (Equation (48)) is shorter than the viscous stirring timescale \( T_{\text{visc}} \). As long as the conditions remain in place (most notably, the disk in planetesimals must be massive, see Figure 6) the migration does not stop. As in Kirsh et al. (2009), the migration mechanism does not specify a direction (inward or outward); this depends on some initial perturbation. Migration timescales down to \( 10^5 \) times the local orbital period then seem quite viable.

N-body simulations are necessarily limited in terms of their dynamic range; due to their large numbers, it is often impossible to resolve each planetesimal individually. Therefore, the superparticle concept is often employed, in which groups of planetesimals are represented by a single N-body particle, which effectively amounts to increasing their gravitational mass \( m \) but keeping the surface density constant (Kirsh et al. 2009; Bromley & Kenyon 2011b). To save computational resources, one prefers a large amount of grouping (that is, a large \( m \)). But it is clear that a simulation involving too massive superparticles will no longer accurately reflect the system physically. This is immediately clear in the extreme limit when \( m \) approaches \( M_p \), in which case a planet is scattered by the debris! As we quantified in Section 4 a large \( m/M_p \) ratio increases the importance of

\[ 10 \text{ To see this, one may substitute } e_0(e_h \sim 1) \simeq (q_d)^{1/3} \text{ in Equation (30).} \]
diffusive motions (“noise”), and we calculated the lengthscale over which diffusive noise can be expected to be dominant.

Alternatively, $N$-body simulations often account for dynamical friction from a debris (small particle) component analytically. In a recent study, Leinhardt et al. (2009) studied the behavior of an $N$-body system interacting in coagulation and migration including a prescription for $F_{\text{dr}}$ resulting from interaction with debris. However, in their work the debris are assumed to move on non-eccentric Keplerian orbits and the Keplerian shear is not accounted for—both effects render the dynamical friction force artificially large. (Indeed, planets are seen to migrate very rapidly inward!). The correct procedure should follow the lines of this work; that is, one must solve for the local velocity field. Clearly, we must generalize the calculations to include eccentric planets at arbitrary inclination and include encounters in the shear-dominated regime (Bromley & Kenyon 2011a)—issues that will be addressed in the future. The calculations presented in this work therefore have the potential to provide a significant boost in the accuracy of $N$-body simulations containing a debris component.

7. CONCLUSIONS

In this paper, we have employed detailed analytical and numerical calculations to obtain the net torque acting on a planet due to the recoil from gravitational interactions with planetesimals in the dispersion-dominated regime. We have included both distant and close encounters and obtained the net migration rate by summing the torques from the interior and the exterior disks. We list our conclusions as follows.

1. While the magnitude of the migration rate is primarily determined by the local values of the surface density ($\Sigma_0$) and eccentricity ($e_0$), the direction is given by the local gradient in these quantities ($\alpha$ and $\beta$) and by the Coulomb factor $f_\lambda$ (Figure 2). Usually, the contribution from close encounters will determine the migration direction, unless $f_\lambda$ (and by implication $e$) are low.

2. The expressions for the migration timescale Equation (28) due to planetesimal scattering display strong similarities to Type-I migration (Equation (31)), if one replaces the disk mass in planetesimals by that of the gas and the eccentricity by $c_\circ / V_\circ$. Since the disk mass in solids is lower, the PDM timescale is generally longer.

3. Under certain conditions a much faster migration mode (rivaling that of Type-I) is obtained when the feedback of the planet on the disk is accounted for. The planet then self-regulates the value of the eccentricity gradient to $b_{\text{str}}$, which is a function of the local physical parameters (Equation (52)). Generally, $|b_{\text{str}}| \gg 1$ and migration is quite rapid (Equation (28)).

4. As a function of the dimensionless disk mass $q_\alpha$ (Equation (10)), planet mass $q_\beta = M_p/M_\star$, and planetesimal eccentricity $e$, we have identified three migration regimes (Figure 6) representing: (I) low-mass planets, for which disk excitation is negligible; (II) high-mass planets, too massive to migrate significantly; and (III) intermediate-mass planets, which exert a mild feedback on the disk and migrate in the self-regulated mode.

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APPENDIX A

TORQUE DENSITY AND MIGRATION RATE FOR DISTANT ENCOUNTERS

A planet in a gas or particular disks exerts a torque on the disk at discrete positions (resonances). These resonances are identified by integer numbers $l$, $m$, which refer to the corresponding Fourier modes. For given $m$, the strongest resonance occurs where $l = m$, for which the resonance condition (a relation between $m$ and the distance to the planet $b$) reads:

$$\Omega(r) \left(1 + \frac{\varepsilon}{m}\right) = \Omega_0,$$

(A1)

where $\varepsilon = \pm 1$, which equals the sign of $b(= \text{sgn}(b))$, refers to an inner or outer Lindblad resonance and $\varepsilon = 0$ refers to a co-rotation resonance.

Here we consider Lindblad resonances. For $m \gg 1$ the resonances start to overlap and a continuum treatment is possible. Therefore, a torque density, $d\Gamma/db$, can be defined (Goldreich & Tremaine 1980). We follow the notation of Ward (1997), who defines:

$$\frac{d\Gamma}{db} = \frac{\varepsilon}{(1 + b)^{3/2} - 1} \approx \frac{2}{3|b|} \left(1 - \frac{b}{4}\right),$$

(A3)

where $\varepsilon = \text{sgn}(b)$. Ward (1997) has obtained the function $\psi_m^2$ to first order in $m$ (or $b$). He finds

$$\psi_m^2(b) = \left[2K_0(2/3) + K_1(2/3)\right]^2 \times \left[1 + \frac{b}{2} \left\{K_0(2/3) + 5K_1(2/3)\right\} / 2K_0(2/3) + K_1(2/3)\right]\right] \approx 6.35(1 + 1.26b).$$

(A4)

Thus, the four $b$-dependent terms in Equation (A2) expand as follows: $\psi_m^2(b)$ as in Equation (A4), $1/r \approx (1 + b)/a_0$, $m^4 \approx (2/3b)^4(1 - b)$, and the epicycle frequency as $(\Omega_0/\kappa)^2 \approx 1 + 3b$ since $\kappa(\mathcal{r}) = \Omega(\mathcal{r})$ in a Keplerian disk. Collecting these terms gives the torque density to first order in $b$:

$$\frac{d\Gamma}{db} \approx \text{sgn}(b) \frac{2^5 q_\alpha^2 \Sigma_0^2 \Omega_0^2}{3^4 b^4} \left[2K_0(2/3) + K_1(2/3)\right]^2(1 + 2.26b),$$

(A5)

where $K_v(x)$ is the modified Bessel function of second kind of order $v$ (note again that in this equation $b$ is nondimensional).
To zeroth order ($\Sigma = \Sigma_0$) therefore:

$$
\left(\frac{d\Gamma}{db}\right)_0 = \text{sgn}(b)(M_p a_0^2 \Sigma_0) \frac{25 q_p q_d}{3^4 b^4} [2K_0(2/3) + K_1(2/3)]^2
$$

$$
\approx 2.51(M_p a_0^2 \Sigma_0) \text{sgn}(b) \frac{q_p q_d}{b^4}, \quad (A6)
$$

where we substituted $q_p = M_p/M_*$ and $q_d = a_*^2 \Sigma_0/M_*$.

The torque from the disk on the planet has the opposite sign as Equation (A5). When we consider one only side of the disk, the leading term will not vanish. For example, the torque from the outer disk on the planet is

$$
\frac{\Gamma_{1s-di}}{M_p(a_0 \Sigma_0)^2} = -\int_{\infty}^{a_0} db \left(\frac{dT_0}{db}\right)_0
$$

$$
= \pm \frac{25 q_p q_d}{3^4 e_0^2} \left[2K_0\left(\frac{2}{3}\right) + K_1\left(\frac{2}{3}\right)\right] \approx \mp 0.836 M_p \frac{q_d q_p}{e_0^2}, \quad (A7)
$$

(where the sign is positive for an interior disk). This expression is consistent with the migration rate derived in Equation (9).

To zeroth order, the integration over both sides of the disk vanishes due to symmetry of Equation (A6) with respect to $b$. In the next-order expansion of Equation (A5), however, nonzero contributions originate due to:

1. The curvature term in Equation (A5); and the gradient in surface density $\alpha$. These terms render the integrand odd ($\alpha 1/b^5$) and together contribute a factor

$$
-2 \int_{\infty}^{a_0} db \left(\frac{d\Gamma}{db}\right)_0 (2.26 + \alpha)b
$$

$$
= -3e_0 (2.26 + \alpha) |\Gamma_{1s-di}|. \quad (A8)
$$

2. The gradient in eccentricity. This causes the transition between close and distant encounters to shift by a value $b = \beta e_0$ (see Figure 1): from $-e_0 \leq b \leq e_0$ (when $\beta = 0$) to $-e_0 + \beta e_0^2 \leq b \leq e_0 + \beta e_0^2$. The corresponding net torque due to this shift is the zeroth-order torque density at $b = e_0$ times twice the width of this shift

$$
\int_{e_0(1-\beta)}^{e_0(1+\beta)} db \left(\frac{dT}{db}\right)_0 \approx 2\beta e_0^2 \times \left(\frac{d\Gamma}{db}\right)_0 \bigg|_{b = e_0} = 6\beta e_0 |\Gamma_{1s-di}|. \quad (A9)
$$

Summing the two terms gives the leading term of the torque on the planet when accounting for both sides of the disk:

$$
\Gamma_{2s-di} = -3e_0 (2.26 + \alpha - 2\beta) |\Gamma_{1s-di}| = M_p(a_0 \Sigma_0)^2 q_d q_p -5.66 - 2.51(\alpha - 2\beta) e_0^2. \quad (A10)
$$

APPENDIX B

CALCULATION OF INTEGRALS FOR CLOSE ENCOUNTERS

Let us write Equation (21) in nondimensional form:

$$
\frac{\Gamma_{\text{ci, } \phi}}{a_0^2 M_p \Sigma_0} = \frac{G^2 M_p \Sigma_0}{(a_0 \Sigma_0)^2} \times \left[2\pi f a \int_{a_n}^{a_0} da \frac{a a_0^2 \hat{P}_{R_z} \left(\frac{a}{a_0}\right)^{1+\alpha} v_\phi v_{K0}^2}{v^3} \right]
$$

$$
= q_d q_p \times \hat{I}_d(\alpha, \beta), \quad (B1)
$$

where we used $(G_N M_*)^2 = (a_0 \Sigma_0)^2$. The integral in the square brackets is defined $\hat{I}_d(\alpha, \beta)$ and must be computed.

The integration is over the semi-major axes $a$ where planetesimals are able to cross the planet’s orbit $a_0$. In the above $v = |\mathbf{v}|$ is the velocity of an unperturbed body at $a = a_0$ relative to the circularly moving planet and $v_\phi$ is the azimuthal component of $\mathbf{v}$. Both $\mathbf{v}$ and $\hat{P}_{R_z}$, the probability density of planetesimals
at $a_0$ (see below), are functions of the semi-major axis $a$ of the planetesimals. In the following sections we will obtain expressions for $v$ and $P_{Rz}$, respectively. For aesthetic purposes, we will express these quantities, as well as the other terms in Equation (B1), as a function of $\theta$ — the true anomaly of the Kepler orbit at the point where it intersects the planet — rather than $a$ (see Figure 7). A perturbation analysis in $e_0$ then allows us to compute Equation (B1) analytically. 

**B.1. Expressions Resulting from the Kepler Orbit**

A body traveling on a Kepler orbit obeys the relation

$$r = \frac{a(1 - e^2)}{1 + e \cos \theta}, \quad (B2)$$

where $r$ is the radial coordinate in the orbital plane of the particle, $a$ is the semi-major axis, $e$ is the eccentricity, and $\theta$ is the true anomaly specifying the instantaneous position of the particle. This orbital plane is inclined by an angle $i$ with respect to the equatorial plane — the plane in which the planet moves. The particle intersects the planet’s circular orbit at $r = a_0$, or at a true anomaly $\theta$ that obeys the relation:

$$a = a_0 = \frac{1 + e \cos \theta}{1 - e^2}. \quad (B3)$$

Thus, there is a one-to-one relation between the semi-major axis $a$ from which the planetesimal originates and the true anomaly $\theta$ at which it crosses the planet at $a_0$. We will use Equation (B3) to switch the integration variable to $\theta$:

$$\left| \frac{da}{d\theta} \right| = \frac{a_0 e \sin \theta}{1 - e^2}. \quad (B4)$$

Next, we express the Keplerian velocities also as a function of $\theta$. Kepler’s second law gives the azimuthal velocity, $V_\theta = l/r = \sqrt{(a(1 - e^2)) \mu / r}$ with $l$ the angular momentum and $\mu = G_N (M_\star + M_p) \approx G_N M_\star$. The radial velocity can be obtained from energy conservation. We evaluate these expressions at the interaction point, i.e., at $r = a_0$ and $a/a_0$ given by Equation (B3):\(^{11}\)

$$V_\theta = \sqrt{G_N M_\star (1 - e^2) a}{a_0} = V_{\theta 0} \sqrt{1 + e \cos \theta}; \quad (B7)$$

$$V_r = V_{\theta 0} \frac{e \sin \theta \sqrt{1 + e \cos \theta}}{1 - e^2}. \quad (B8)$$

where $V_{\theta 0} = \sqrt{\mu/a_0}$ is the orbital velocity at the interaction point (the Kepler velocity at which the planet moves). In disk

\(^{11}\) The expression for the radial velocity expression is perhaps difficult to see at first glance. Energy conservation gives

$$\frac{1}{2} (V_r^2 + V_\theta^2) = \frac{\mu}{2a} + \frac{\mu}{a_0} (1 - \frac{a_0}{2a}) = \frac{V_{\theta 0}^2}{2} \left( \frac{1 + 2e \cos \theta + e^2}{1 + e \cos \theta} \right), \quad (B5)$$

where we used Equation (B3). Then, inserting Equation (B7) for $V_\theta$:

$$V_r^2 = V_{\theta 0}^2 \left( \frac{1 + 2e \cos \theta + e^2}{1 + e \cos \theta} - \frac{(1 + e \cos \theta)^2}{1 + e \cos \theta} \right) \quad (B6)$$

and Equation (B8) is retrieved.

(i.e., cylindrical) coordinates $(R, \phi, z)$ the velocities at the interaction point $(R, z) = (a_0, 0)$ at arbitrary $\phi$ become

$$\mathbf{V} = \{V_R, V_\phi, V_z\} = \{V_r, V_\theta \cos i, V_\theta \sin i\} \quad (B9)$$

and the relative velocity vector, written in terms of $\theta$, reads:

$$\mathbf{v} = \mathbf{V} - \mathbf{V}_p = \left( \frac{V_R}{V_\theta} \right) = \frac{V_{\theta 0}}{\left( \sqrt{1 + e \cos \theta} \right) \cos i \sqrt{1 + e \cos \theta} - 1} \right) \cos i \sqrt{1 + e \cos \theta}. \quad (B10)$$

**B.2. The Projection Operator $\hat{P}_{Rz}$**

The orbit of a planetesimal is additionally determined by $\omega$, the angle of periapsis. Transforming from $(r, \theta)$ to Cartesian coordinates in the equatorial plane gives (Beutler 2005):

$$x = r_\theta \cos(\omega + \theta); \quad (B11)$$

$$y = r_\theta \sin(\omega + \theta) \cos i; \quad (B12)$$

$$z = r_\theta \sin(\omega + \theta) \sin i; \quad (B13)$$

where we have assumed, without loss of generality, that the line of nodes is directed along the $x$-axis. From these equations we obtain the projected radius on the equatorial plane $R$:

$$R = \sqrt{r^2 - z^2} = r \sqrt{1 - \sin^2(\omega + \theta) \sin^2 i}. \quad (B14)$$

For the problem considered here, $R$ and $z$ are the principal variables. The density function $P_{Rz}$ is defined such that $P_{Rz} dR dz$ gives the probability of finding the particle within $[R, R + dR; z, z + dz]$. To obtain $P_{Rz}$, we assume that the phase angles $t$ (mean anomaly) and $\omega$ are randomly distributed, $P_{t,\omega} = \Omega_\omega/(2\pi)^2$, where $\Omega_\omega$ denotes the orbital frequency corresponding to semi-major axis $a$. Converting variables then gives

$$P_{Rz} = \left| \frac{\delta(t, \omega)}{\partial(R, z)} \right| P_{t,\omega}, \quad (B15)$$

where $\delta(t, \omega)/\partial(R, z)$ is the Jacobian of the transformation. We may proceed to use Kepler’s equation to relate the mean anomaly $t$ to $\theta$. Here, however, we consider a specific case where $P_{Rz}$ is only evaluated at $(R, z) = (a_0, 0)$. Let this density be denoted $\hat{P}_{Rz}$. From Equation (B13) it can be seen that $z = 0$ corresponds to either $\omega = -\theta$ or $\omega = \pi - \theta$. Therefore, $\hat{P}_{Rz}$ is a function of one variable only, say $\theta$. Formally, we define

$$\hat{P}_{Rz} = P_{Rz}(z = 0)$$

$$= \int d\omega \left| \frac{\delta(t, \omega)}{\delta(R, z)} \right| P_{t,\omega} \delta(\omega = -\theta + \delta(\omega = \pi - \theta)), \quad (B16)$$

where $\delta(x)$ is the Dirac delta function. Using Equation (B14) and Equations (B11)–(B13) and anticipating that the matrix elements of the Jacobian will be evaluated at $r_\theta = a_0$ and $\omega = -\theta$ or $\omega = \pi - \theta$;

$$\frac{\partial z}{\partial \omega} = r_\theta \cos(\omega + \theta) \sin i \rightarrow a_0 \sin i \quad (B17)$$
Furthermore, we expand Equation (B24) around \(e_0\), accounting only for terms of \(O(e_0^{-3})\) and \(O(e_0^{-2})\). The integrand of Equation (B24) then becomes
\[
 f_\Lambda \left[ 44 \cos \theta - 12 \cos 3\theta \right] e_0^{-3} \\
 + [22 \alpha - 66 \beta + 2(8 \alpha - 24 \beta + 1) \cos 2\theta] \\
 - 3(2 \alpha - 6 \beta + 3) \cos 4\theta - 9 e_0^{-2} \right] \\
/2 \pi (\cos^2 \theta + \sin^2 \theta + 1)^{3/2}.
\]
\[\text{(B26)}\]

The \(e_0^{-3}\) term is symmetric and evaluates to 0 when the full range of \(\theta\) is considered. When we integrate only over one side of the disk (e.g., \(-\pi/2 \leq \theta \leq \pi/2\)) this term determines the one-sided torque:
\[
 f_{i,1-\text{side}}^{(i=e_0^2)} = \frac{8 f_\Lambda}{5 \pi e_0^3} \approx \frac{1.14 f_\Lambda}{e_0^3}.
\]
\[\text{(B27)}\]

The \(e_0^{-2}\) term in Equation (B26) does not vanish after integration over \(0 \leq \theta \leq 2\pi\) and evaluates to:
\[
 f_{i,2-\text{side}}^{(i=e_0^2)} = \frac{4 \sqrt{2} f_\Lambda \left( E \left( -\frac{1}{2} \right) (12 \alpha - 36 \beta + 5) + \right)}{9 \pi e_0^2} \\
 + \frac{4 \sqrt{2} f_\Lambda \left( K \left( -\frac{1}{2} \right) (-12 \alpha + 36 \beta - 11) \right)}{9 \pi e_0^2} \\
\approx -0.66 + 1.97(\alpha - 3 \beta) \frac{f_\Lambda}{e_0^2}.
\]
\[\text{(B28)}\]

where \(E(x)\) and \(K(x)\) are complete elliptic integrals of the first and second kind:
\[
 K(x) = \int_0^{\pi/2} d\theta \sqrt{1 - x \sin^2 \theta} \\
 E(x) = \int_0^{\pi/2} d\theta \sqrt{1 - x \sin^2 \theta}.
\]
\[\text{(B29)}\]

\section*{B.3.2. The Thin Disk Case, \(i \ll e\)}

Next we consider a case of a thin disk \((i \ll e)\). A thin disk is applicable when the planet interacts with the planetesimals in the shear-dominated regime. Note that we have assumed in the main text that the dispersion-dominated regime applies, for which \(i/e \approx 0.5\) is expected, but a situation where \(i \ll e\) can still emerge as a transient state (Rafikov & Slepian 2010).

We consider the situation where the inclination also obeys a power law:
\[
i(\alpha) = i_0 \left( \frac{a}{a_0} \right)^3 \approx i_0 + \delta i_0 e_0 \cos \theta.
\]
\[\text{(B30)}\]

We follow the same procedure as above, expanding \(I_{\delta i}\) first in terms of \(i_0\) and then in terms of \(e_0\). Subsequently, integration over \(\theta\) gives
\[
 f_{i,1-\text{side}}^{(i \ll e)} = \frac{4 f_\Lambda}{\pi i_0 e_0^3} \approx \frac{1.27 f_\Lambda}{i_0 e_0^3}.
\]
\[\text{(B31)}\]

\section*{B.3.1. The Equilibrium Solution, \(i = e/2\)}

Substituting \(i = e/2\) in Equation (B24) and assuming \(e \ll 1\), we approximate:
\[
e(\theta) \approx e_0 + \beta e_0^2 \cos \theta.
\]
\[\text{(B25)}\]
B.3.3. General Case

Within the limits of our assumptions (inclinations and eccentricities larger than the Hill eccentricity, etc.) we consider an even more general case. After inserting Equation (B25) and Equation (B30) for $e(\theta)$ and $i(\theta)$, respectively, we define $i_0 = \zeta e_0$ and expand $I_{d1}$ in terms of $e_0$. The resulting expression (a function of $\zeta$ and $\theta$) can be integrated. This procedure gives

$$I_{d1} = \frac{4 f_\Lambda}{\pi e_0^2 \sqrt{\zeta^2 + 1}} \left( \frac{3}{\sqrt{1 + 4\zeta^2}} \right)$$  \hspace{1cm} (B33)

$$I_{d2} = \frac{4E\left(\frac{3}{4\zeta + 1}A_1 + 8A_2(\zeta^2 + 1)K\left(\frac{3}{4\zeta + 1}\right)\right)}{9\pi e_0^2 \sqrt{4\zeta^2 + 1}} f_\Lambda,$$  \hspace{1cm} (B34)

where

$$A_1 = 4 \zeta^4 (12\alpha - 12\beta - 24\delta - 1) + \zeta^2 (60\alpha - 36\beta - 144\delta + 7) + 12\alpha - 24\beta - 12\delta + 11$$  \hspace{1cm} (B35)

and

$$A_2 = 8 \zeta^2 (-3\alpha + 3\beta + 6\delta - 2) - 6\alpha + 12\beta + 6\delta - 7.$$  \hspace{1cm} (B36)

It can be verified that these formula recover the expressions for the equilibrium regime (where $\zeta = 1/2$ and $\delta = \beta$) and the $i \ll e$ regime (where $\zeta \ll 1$), respectively.

APPENDIX C

CALCULATION FOR THE DIFFUSION INTEGRALS

(CLOSE ENCOUNTERS)

Equation (41) gives the rate of change in $\Delta v_{\phi}^2$:

$$D[(\Delta v_{\phi})^2] = 2\pi G_N^2 m^2 \left\{ \frac{n_{\phi}^2}{v^5} [3g_\Lambda - f_\Lambda] + \frac{n}{\nu} [f_\Lambda - g_\Lambda] \right\}.$$  \hspace{1cm} (C1)

The number density $n$ and $v$ are functions of disk radius $a$ and Equation (C1) must accordingly be converted in an integration over $a$. Following a similar procedure as described in Section 2.3, we write:

$$D[(\Delta v_{\phi})^2] = 2\pi G_N^2 m \int da \hat{P}_{RZ}(\alpha) \left( \frac{a}{\alpha_0} \right)$$

$$\times \left\{ (3g_\Lambda - f_\Lambda) \frac{v_{\phi}^2}{v^3} + \frac{f_\Lambda - g_\Lambda}{v} \right\}.$$  \hspace{1cm} (C2)

After inserting Equation (1) for $\Sigma(\alpha)$ we split the integral, $D[(\Delta v_{\phi})^2] = D_0(I_1 + I_2)$, with $D_0$ the dimensional part given by

$$D_0 = \frac{G_N^2 m \Sigma_0}{a_0^2 \Omega_0} = \frac{a_0^2 \Sigma_0}{M_*} \frac{m}{M_*} a_0^2 \Omega_0.$$  \hspace{1cm} (C3)

and $I_1$ and $I_2$ dimensionless integrals given by

$$I_1 = 2\pi (3g_\Lambda - f_\Lambda) \int da' \hat{P}_{RZ}(\alpha) \left( \frac{a}{\alpha_0} \right)^{1+\alpha} \frac{v_{\phi}^2}{v^3}$$  \hspace{1cm} (C4)

$$I_2 = 2\pi (f_\Lambda - g_\Lambda) \int da' \hat{P}_{RZ}(\alpha) \left( \frac{a}{\alpha_0} \right)^{1+\alpha} \frac{1}{v'},$$  \hspace{1cm} (C5)

where primes denote normalized quantities.

The procedure to evaluate integrals Equation (C4) is the same as in Appendix B. First, we change variables to $\theta$ via Equations (B3) and (B4). Then we insert $\hat{P}_{RZ}(\theta)$ and the velocity field, $v(\theta)$, as given by Equations (B23) and (B10), respectively. We further assume equilibrium, $i = e/2$, insert $e(\theta)$ (Equation (B25)) and expand $I_1, I_2$ in $e_0$, keeping only the highest order term. Subsequently, we derive:

$$I_1 = \frac{-8\sqrt{2}(f_\Lambda - 3g_\Lambda) (E(\frac{1}{2}) - K(\frac{1}{2}))}{3e_0^2 \pi}$$  \hspace{1cm} (C6)

$$I_2 = \frac{8\sqrt{2}(f_\Lambda - 3g_\Lambda) K(\frac{1}{2})}{3e_0^2 \pi} \approx \frac{4.4(f_\Lambda - g_\Lambda)}{e_0^2}$$  \hspace{1cm} (C7)

$$I_1 + I_2 \approx \frac{3.5 f_\Lambda - 1.5 g_\Lambda}{e_0^2}.$$  \hspace{1cm} (C8)

Note that there is no dependence on $\alpha$ or $\beta$ as the highest order terms do not cancel.

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