A HARDY-TYPE INEQUALITY AND SOME SPECTRAL CHARACTERIZATIONS FOR THE DIRAC-COULOMB OPERATOR

BIAGIO CASSANO, FABIO PIZZICHILLO AND LUIS VEGA

ABSTRACT. We prove a sharp Hardy-type inequality for the Dirac operator. We exploit this inequality to obtain spectral properties of the Dirac operator perturbed with Hermitian matrix-valued potentials $V$ of Coulomb type: we characterise its eigenvalues in terms of the Birman–Schwinger principle and we bound its discrete spectrum from below, showing that the ground-state energy is reached if and only if $V$ verifies some rigidity conditions. In the particular case of an electrostatic potential, these imply that $V$ is the Coulomb potential.

1. Introduction and main results

Firstly formulated in [14], the Hardy inequality can be stated as follows: for $d \geq 3$, the following holds

\begin{equation}
\frac{(d - 2)^2}{4} \int_{\mathbb{R}^d} \frac{|f|^2}{|x|^2} \, dx \leq \int_{\mathbb{R}^d} |\nabla f|^2 \, dx, \quad \text{for } f \in C_c^\infty (\mathbb{R}^d).
\end{equation}

This inequality is sharp, in the sense that the constant in the left hand side can not be increased, and there exists a sequence of approximate attainers. We refer to [20] for a historical review on the topic. The Hardy inequality is an uncertainty principle: it states that a function cannot be concentrated around one point (the origin) unless its momentum is big, and vice-versa if its momentum is small then the function has to be spread in the space. More in general, the Hardy inequality answers to the fundamental need in the mathematics of comparing $L^2$-weighted norms of a function with the norm of its derivative. In this paper, we are interested in Hardy-type inequalities for the Dirac operator: we exploit them to show spectral properties of the Dirac operator perturbed with potentials of Coulomb type.

The free Dirac operator in $\mathbb{R}^3$ is defined by

$$H_0 := -i\alpha \cdot \nabla + m\beta = -i \sum_{j=1}^{3} \alpha_j \partial_j + m\beta,$$

where $m > 0$,

$$\beta := \begin{pmatrix} I_2 & 0 \\ 0 & -I_2 \end{pmatrix}, \quad \alpha := (\alpha_1, \alpha_2, \alpha_3), \quad \alpha_j := \begin{pmatrix} 0 & \sigma_j \\ \sigma_j & 0 \end{pmatrix} \quad \text{for } j = 1, 2, 3,$$

and $\sigma_j$ are the Pauli matrices

$$\sigma_1 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_2 = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}.$$
It is well known (see [25]) that $H_0$ is self-adjoint on $H^1(\mathbb{R}^3)^4$ and essentially self-adjoint on $C_c^\infty(\mathbb{R}^3)^4$, moreover $\sigma(H_0) = \sigma_{ess}(H_0) = (-\infty, -m] \cup [m, +\infty)$.

In [16], Kato considered a general matrix-valued potential $V : \mathbb{R}^3 \to \mathbb{C}^{4 \times 4}$ such that $V(x)$ is Hermitian for almost all $x \in \mathbb{R}^3$ and

$$|V(x)| := \sup_{u \in \mathbb{C}^4} \frac{|V(x)u|}{|u|} \leq \frac{a}{|x|} + b, \quad \text{for a.a. } x \in \mathbb{R}^3,$$

for some $a, b \in \mathbb{R}$. Exploiting the Kato-Rellich perturbation theory, he showed that if $a < 1/2$ then $H := H_0 + V$ is self-adjoint on $H^1(\mathbb{R}^3)^4$ and essentially self-adjoint on $C_c^\infty(\mathbb{R}^3)^4$ (for a proof see also [18, Theorem V 5.10]). A fundamental ingredient of his proof is the Hardy inequality (1.1) when $d = 3$.

In general, when $a > 1/2$ the operator $H$ is not essentially self-adjoint, as shown by Arai in [1], but the phenomena change when the potential $V$ has some particular structure. For example, when $V$ is the Coulomb potential $V_C(x) := \nu/|x|_4$ and $|\nu| < \sqrt{3}/2$, the operator $H_0 + V_C$ is self-adjoint on $H^1(\mathbb{R}^3)^4$ and essentially self-adjoint on $C_c^\infty(\mathbb{R}^3)^4$, as shown in [22, 27, 13]. These results suggest that the Hardy inequality (1.1) is not optimal for the study of the self-adjointness of perturbed Dirac operators, since it does not catch its matrix nature: convenient Hardy-type inequalities for the Dirac operator have to be considered. Indeed, in [24] Schmincke considered a Coulomb-type potential such that

$$V_S(x) = V_S(x)1_4, \quad V_S : \mathbb{R}^3 \to \mathbb{R}, \quad \sup_{x \in \mathbb{R}^3} |x||V_S(x)| < \frac{\sqrt{3}}{2},$$

and he showed that $H_0 + V_S$ is essentially self-adjoint. The basic idea in his proof is to introduce a suitable intercalary operator $T$ and to regard $V_S - T$ as a perturbation of $H_0 + T$. After a careful reading of his proof, one realises that he proved and used the following Hardy-type inequality:

$$\int_{\mathbb{R}^3} \left| -i\alpha \cdot \nabla + \frac{i\alpha \cdot \hat{x}}{2|x|} \right| \psi \cdot \psi \, dx \geq \int_{\mathbb{R}^3} |\psi|^2 \, dx, \quad \text{for } \psi \in C_c^\infty(\mathbb{R}^3)^4,$$

being $\hat{x} := x/|x|$. In fact, thanks to (1.2), we have

$$\left| \left( V_S(x) - \frac{i\alpha \cdot \hat{x}}{2|x|} \right) \psi \right|^2 = \left( |V_S(x)|^2 + \frac{1}{4|x|^2} \right) |\psi|^2 \leq \frac{|\psi|^2}{|x|}.$$  

The result of Schmincke is not an immediate application of the Kato-Rellich theory, since the operator $i\alpha \cdot \hat{x}/2|x|$ is not symmetric: see [24] for more details.

For $|\nu| > \sqrt{3}/2$ the operator $H_0 + V_C$ is not essentially self-adjoint on $C_c^\infty(\mathbb{R}^3)^4$ and infinite self-adjoint extensions can be constructed. Among all, when $|\nu| < 1$ there exists a unique self-adjoint extension $H_D$, characterized by the fact that

$$\mathcal{D}(H_D) \subseteq \mathcal{D}(r^{-1/2})^4 \quad \text{or equivalently } \mathcal{D}(H_D) \subseteq H^{1/2}(\mathbb{R}^3)^4,$$

where

$$\mathcal{D}(r^{-1/2})^4 := \{ \psi \in L^2(\mathbb{R}^3)^4 : |x|^{-1/2} \psi \in L^2(\mathbb{R}^3)^4 \},$$

see [4, 12, 19, 21, 23, 28, 12, 11]. Since $H_D$ is the unique self-adjoint extension verifying (1.3), it is called distinguished because it is the most physically meaningful extension.
In [17] Kato constructed the distinguished self-adjoint extension in the general case that $V$ is a Hermitian matrix-valued potential such that
\begin{equation}
\sup_{x \in \mathbb{R}^3} |x| |V(x)| =: \nu < 1.
\end{equation}
To prove his result, Kato exploited the following 4-spinor Hardy-type inequality, firstly conjectured by Nenciu in [21]:
\begin{equation}
\int_{\mathbb{R}^3} \frac{|\psi|^2}{|x|} \, dx \leq \int_{\mathbb{R}^3} |(-i\alpha \cdot \nabla + m\beta \pm i)\psi|^2 \, dx, \quad \text{for } \psi \in C_c^\infty(\mathbb{R}^3)^4.
\end{equation}
Finally in [2, 3], by means of the Kato-Nenciu inequality (1.6), it is proved that
\begin{equation}
\mathcal{D}(H_D) = \{\psi \in \mathcal{D}(r^{-1/2})^4 : (H_0 + V)\psi \in L^2(\mathbb{R}^3)^4\},
\end{equation}
being $\mathcal{D}(r^{-1/2})^4$ defined in (1.4).

In [8], Dolbeault, Esteban and Séré proved the validity of a min-max formula to determine the eigenvalues in the gap of the essential spectrum of the Dirac operator perturbed with Coulomb-like potentials $V$ such that
\begin{equation}
V(x) := V(x)\mathbb{I}_4, \quad \lim_{|x| \to +\infty} |V(x)| = 0, \quad -\frac{\nu}{|x|} - c_1 \leq V \leq c_2 := \sup(V),
\end{equation}
with $\nu \in (0, 1)$ and $c_1, c_2 \geq 0$, $c_1 + c_2 - 1 < \sqrt{1 - \nu^2}$. As a consequence of their results, they proved the following Hardy-type inequality:
\begin{equation}
\int_{\mathbb{R}^3} \frac{\sigma \cdot \nabla \varphi^2}{a + \frac{1}{|x|}} + \int_{\mathbb{R}^3} \left( a - \frac{1}{|x|} \right) |\varphi|^2 \geq 0, \quad \text{for all } a > 0, \varphi \in C_c^\infty(\mathbb{R}^3)^2,
\end{equation}
see also [7] for a later direct analytical proof. Thanks to this inequality, in [10], Esteban and Loss considered a general electrostatic potential $V : \mathbb{R}^3 \to \mathbb{R}$ such that for some constant $c(V) \in (-1, 1)$, $\Gamma := \sup(V) < 1 + c(V)$ and for every $\varphi \in C_c^\infty(\mathbb{R}^3, C^2)$,
\begin{equation}
\int_{\mathbb{R}^3} \left( \frac{\sigma \cdot \nabla \varphi^2}{1 + c(V) - V} + (1 + c(V) + V) |\varphi|^2 \right) \, dx \geq 0,
\end{equation}
and, for $V := VI_4$, they proved that the operator $H_0 + V$ is self-adjoint on the appropriate domain. In particular, they could treat potentials such that
\begin{equation}
-\frac{\nu}{|x|} \leq V(x) < 1 + \sqrt{1 - \nu^2}, \quad \text{with } \nu \in (0, 1],
\end{equation}
obtaining the distinguished extension in the case that $\nu < 1$, and giving a definition of distinguished extension in the critical case $\nu = 1$. The inequality (1.9) was then used by Esteban, Lewin and Séré to study the spectrum of the Dirac operator perturbed with these potentials of this kind: in [9] they provided details on the domain of the distinguished extension and they showed the validity of a min-max formula for the eigenvalues in the spectral gap. In order to give properties on the spectrum of the Dirac operator perturbed with a general Coulomb-type Hermitian matrix-valued potential, in the following theorem we prove a generalized version of (1.6). In it we use the spin angular momentum operator $\mathbf{S}$ and the orbital angular momentum $L$, whose definitions can be found in (A.2).

**Theorem 1.1.** Let $m > 0$ and $a \in (-m, m)$. Let $\psi$ be a distribution such that
\begin{equation}
\int_{\mathbb{R}^3} |(-i\alpha \cdot \nabla + m\beta - a)\psi|^2 \, dx < +\infty.
\end{equation}
Then $\psi, (1 + 2S \cdot L)\psi \in L^2(|x|^{-1})^4$ and
\begin{equation}
\frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{|\psi|^2}{|x|} \, dx \leq \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{|(1 + 2S \cdot L)\psi|^2}{|x|} \, dx \leq \int_{\mathbb{R}^3} |(-i\alpha \cdot \nabla + m\beta - a)\psi|^2 |x| \, dx.
\end{equation}
The inequalities are sharp, in the sense that the constants on the left hand side can not be improved. If $a \neq 0$, all the attainers of (1.13) are given by the elements of the two(complex)-parameter family $\{\psi_C^0\}_{C \in \mathbb{C}^2}$, with
\begin{equation}
\psi_C^0 := \begin{cases} 
\left( \frac{\phi_C^a}{\chi_C^-} \right) & \text{if } a > 0, \\
\left( \frac{-\chi_C^a}{\phi_C^-} \right) & \text{if } a < 0,
\end{cases}
\end{equation}
and
\begin{equation}
\phi_C^a(x) = C \frac{e^{\sqrt{m^2 - a^2}|x|}}{|x|^{1 - \frac{m}{a}}},
\end{equation}
\begin{equation}
\chi_C^a(x) = \sqrt{\frac{m - a}{m + a}} (i\sigma \cdot \hat{x}) \phi_C^0.
\end{equation}

Remark 1.2. In the case that $a = 0$, the inequality (1.13) is attained by the functions $\psi_C^0$, defined in (1.14), setting $a = 0$, in the sense that
\[
\lim_{\epsilon \to 0} \int_{\{|x| > \epsilon\}} \left[ |x|^2 (-i\alpha \cdot \nabla + m\beta) \psi_C^0|^2 - \frac{|\psi_C^0|^2}{|x|} \right] \, dx = 0.
\]

In the following we exploit Theorem 1.1 to describe the discrete spectrum of the distinguished realization $H_D$ defined in (1.7), when (1.5) holds. We refer to [17, 2, 3] for details on its definition and properties.

From [25, Theorem 4.7] we know that
\[
\sigma_{ess}(H_D) = \sigma_{ess}(H_0) = (-\infty, -m] \cup [m, +\infty),
\]
and the discrete spectrum $\sigma_d(H_D) \subset (-m, m)$.

Thanks to Theorem 1.1, for $a \in (-m, m)$
\begin{equation}
(H_0 - a)^{-1} : L^2(|x|)^4 \to L^2(|x|^{-1})^4
\end{equation}
is well-defined and bounded, and so we immediately deduce that
\begin{equation}
\mathbf{u}(H_0 - a)^{-1} \mathbf{v} : L^2(\mathbb{R}^3)^4 \to L^2(\mathbb{R}^3)^4
\end{equation}
is well-defined and bounded, where
\begin{equation}
\mathbf{u}(x) := |x|^{1/2} \mathbf{V}(x) \quad \text{and} \quad \mathbf{v}(x) := |x|^{-1/2} \mathbf{1}_4.
\end{equation}

Thanks to this, in the following theorem we characterize all the eigenvalues in $(-m, m)$ of the operator $H_D$ in terms of a Birman–Schwinger principle.

**Theorem 1.3** (Birman–Schwinger principle). Let $\mathbf{V}$ be a Hermitian matrix-valued potential that verifies (1.5), and let $\mathbf{u}, \mathbf{v}$ be defined as in (1.16). Let $H_D$ be the distinguished self-adjoint realization defined in (1.7), and let $a \in (-m, m)$. Then
\[
a \in \sigma_d(H_D) \iff -1 \in \sigma_d(\mathbf{u}(H_0 - a)^{-1} \mathbf{v}).
\]

Moreover, the multiplicity of $a$ as an eigenvalue of $H_D$ coincides with the multiplicity of $-1$ as an eigenvalue of $\mathbf{u}(H_0 - a)^{-1} \mathbf{v}$.
The discrete spectrum of the distinguished self-adjoint realization of $H_{\nu} := H_0 - \frac{\nu}{|x|}$ with $0 < \nu < 1$, is given by
\begin{equation}
\sigma_d(H_{\nu}) := \{a_1, a_2, \ldots\}, \quad m\sqrt{1 - \nu^2} = a_1 \leq a_2 \leq \cdots \leq a_n \leq \cdots \leq m, \quad \lim_{n \to +\infty} a_n = m,
\end{equation}
see [25] for more details. It is easy to check that for any $C \in \mathbb{C}^2$:
\begin{equation}
\left( H_0 - \frac{\nu}{|x|} - a_1 \right) \psi^{a_1}_C = 0,
\end{equation}
being $\psi^{a_1}_C$ defined in (1.14). In other words, the attainers of (1.13) are eigenvalues of the Dirac operator coupled with the Coulomb potential. Moreover, it is easy to prove that $a \in \sigma_d(H_{\nu})$ if and only if $-a \in \sigma_d(H_{-\nu})$. So $\sigma_d(H_{-\nu}) = \{-a_1, -a_2, \ldots\}$, and for any $C \in \mathbb{C}^2$:
\begin{equation}
\left( H_0 + \frac{\nu}{|x|} + a_1 \right) \psi^{-a_1}_C = 0,
\end{equation}
In [8, 7], it is considered a radially symmetric electrostatic potential as in (1.8), with $\nu \in (0, 1)$ and $c_1, c_2 \geq 0$, $c_1 + c_2 - 1 < \sqrt{1 - \nu^2}$. It is proved that the discrete spectrum of the distinguished self-adjoint realization $H_D$ is given by
\begin{equation}
\sigma_d(H_D) := \{a_1, a_2, \ldots\}, \quad m\sqrt{1 - \nu^2} \leq a_1 \leq a_2 \leq \cdots \leq a_n \leq \cdots \leq m, \quad \lim_{n \to +\infty} a_n = m.
\end{equation}
Finally, in [9], this was proved when (1.11) holds true.

From (1.17) and (1.20), we have that the value $m\sqrt{1 - \nu^2}$ is the lower bound for the absolute value of the elements of discrete spectrum in presence of an electrostatic potential. Such lower bound is reached in the case of the Coulomb potential, as shown in (1.18) and (1.19). Exploiting Theorem 1.1, in the next theorem we show that this phenomenon is more general, proving that $m\sqrt{1 - \nu^2}$ is the lower bounds for the absolute value of the elements of the discrete spectrum of $H_D$ for a general Hermitian matrix-valued potential $V$ satisfying (1.5). Moreover we can characterize all the potentials $V$ such that the values $\pm m\sqrt{1 - \nu^2}$ are eigenvalues for $H_D$.

**Theorem 1.4.** Let $V$ be a Hermitian matrix valued potential that verifies (1.5), and let $H_D$ be the distinguished self-adjoint realization defined in (1.7). Let $a \in \sigma_d(H_D)$, let $\mu(a)$ be its multiplicity and let $\psi \in \mathcal{D}(H_D)$ be an associated eigenfunction. Then, the following hold:

(i) $|a| \geq m\sqrt{1 - \nu^2}$;

(ii) $a = \pm m\sqrt{1 - \nu^2}$ if and only if $\psi = \psi_C^a$, for some $C \in \mathbb{C}^2$, where $\psi_C^a$ is defined in (1.14); in this case, $\psi_C^a = \pm \frac{\nu}{|x|} \psi_C^a$ and $\mu(a) \leq 2$;

(iii) in the case that $a = \pm m\sqrt{1 - \nu^2}$, then $\mu(a) = 2$ if and only if
\begin{equation}
V(x) = \begin{cases}
-\frac{\nu}{|x|^2} + \begin{pmatrix} N^2 \sigma \cdot \hat{\mathbf{x}} W^+(x) \sigma \cdot \hat{\mathbf{x}} & iN \sigma \cdot \hat{\mathbf{x}} W^+(x) \\ -iNW^+(x) \sigma \cdot \hat{\mathbf{x}} & W^+(x) \end{pmatrix} & \text{if } a > 0, \\
\frac{\nu}{|x|^2} + \begin{pmatrix} W^-(x) & iNW^-(x) \sigma \cdot \hat{\mathbf{x}} \\ -iN \sigma \cdot \hat{\mathbf{x}} W^-(x) & N^2 \sigma \cdot \hat{\mathbf{x}} W^-(x) \sigma \cdot \hat{\mathbf{x}} \end{pmatrix} & \text{if } a < 0,
\end{cases}
\end{equation}
where $N = \sqrt{\frac{1 - \sqrt{1 - \nu^2}}{1 + \sqrt{1 - \nu^2}}}$, and $W^+(x)$ and $W^-(x)$ are $2 \times 2$ Hermitian matrices whose eigenvalues are respectively $\{\lambda^+_j(x)\}_{j=1,2}$ and $\{\lambda^-_j(x)\}_{j=1,2}$, and they verify
\begin{equation}
-\frac{\nu}{|x|^2} (1 + \sqrt{1 - \nu^2}) \leq \lambda^-_j(x) \leq 0 \leq \lambda^+_j(x) \leq \frac{\nu}{|x|^2} (1 + \sqrt{1 - \nu^2}), \quad \text{for } j = 1, 2.
\end{equation}
Remark 1.5. From (i) we directly have that $0 \notin \sigma_d(H_D)$.

An immediate consequence of Theorem 1.4 is the following corollary.

**Corollary 1.6.** Let $V(x) = V(x)I_4$, with $V : \mathbb{R}^3 \to \mathbb{R}$, and such that (1.5) holds. Let $a \in \sigma_d(H_D)$ and assume that $a = \pm m\sqrt{1 - \nu^2}$. Then $V(x) = \mp \nu |x|$.

In this paper we are considering $\nu < 1$ in (1.5), since in the critical case, namely when $\nu = 1$ in (1.5), a definition of distinguished extension is not available for a general Hermitian matrix-valued potential. Indeed, in the particular case of the Coulomb potential $V_C(x) = \nu/|x|I_4$, when $|\nu| \geq 1$ many self-adjoint extensions can be built: for $|\nu| > 1$ none appears to be distinguished in some suitable sense, see [15, 26, 29]. For electrostatic potentials such that (1.5) holds with $\nu = 1$, a definition of distinguished extension is implied by the results of [10], and in [9] it is shown that this extension is the physically relevant one since it is the limit in the norm resolvent sense of potentials where the singularity has been removed with a cut-off. For the operator $H_0 + V_{rad}$, where

$$V_{rad}(x) := \frac{1}{|x|}(\nu I_4 + \mu \hat{\beta} - i\lambda \hat{x} \cdot \hat{\beta}),$$

for $\nu, \mu, \lambda \in \mathbb{R}$, a complete description of all the self-adjoint extensions is given in [6, 5]. Under some conditions on the size of the constants $\nu, \mu, \lambda$, a distinguished extension is selected by means of a Hardy-type inequality and a quadratic form approach. Nevertheless, in the particular case of the anomalous magnetic potential $V(x) = \pm i\alpha \cdot \hat{x}|x|^{-1}$ such criteria do not appear to be strong enough to select any extension, see [6, Remark 1.10] and [5, Remark 1.6].

This paper is organised as follows: in Section 2 we prove Theorem 1.1, in Section 3 we prove Theorem 1.3 and we prove Theorem 1.4 in Section 4; finally, in Appendix A we recall the partial wave decomposition and related properties.

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2. **Hardy-type inequalities for the Dirac Operator**

We use the following abstract result.

**Lemma 2.1.** Let $S, A$ be respectively a symmetric and an anti-symmetric operator on a complex Hilbert space $\mathcal{H}$. Then the following holds:

$$2\text{Re}\langle Au, Su\rangle_{\mathcal{H}} = \langle [S, A]u, u\rangle_{\mathcal{H}},$$

where $[S, A] := SA - AS$ is the commutator of the operators $S$ and $A$.

**Proof.** The proof is a simple computation:

$$2\text{Re}\langle Au, Su\rangle_{\mathcal{H}} = \langle Au, Su\rangle_{\mathcal{H}} + \langle Au, Su\rangle_{\mathcal{H}} = \langle SAu, u\rangle_{\mathcal{H}} - \langle ASu, u\rangle_{\mathcal{H}}.$$
Proof of Theorem 1.1. Let us firstly assume that \( \psi \in \mathcal{S}(\mathbb{R}^3)^4 \). The proof descends immediately from the explicit computation of the following square:

\[
0 \leq \int_{\mathbb{R}^3} |x|\left( (-i\alpha \cdot \nabla + m\beta - a)\psi - i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \frac{\psi}{|x|} \right)^2 \, dx
\]

(2.1)

\[
= \int_{\mathbb{R}^3} |x|\left((-i\alpha \cdot \nabla + m\beta - a)\psi\right)^2 \, dx - \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{\psi^2}{|x|} \, dx.
\]

Thanks to the fact that

\[
\int_{\mathbb{R}^3} |x|\left((-i\alpha \cdot \nabla + m\beta - a)\psi - i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \frac{\psi}{|x|} \right)^2 \, dx
\]

(2.2)

\[
= \int_{\mathbb{R}^3} |x|\left((-i\alpha \cdot \nabla + m\beta - a)\psi\right)^2 \, dx + \int_{\mathbb{R}^3} |x|\left(1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \frac{\psi^2}{|x|} \, dx
\]

\[
- 2 \text{Re} \int_{\mathbb{R}^3} (-i\alpha \cdot \nabla + m\beta - a)\psi \cdot i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx,
\]

to prove (2.1) it is enough to prove that

\[
-2 \text{Re} \int_{\mathbb{R}^3} (-i\alpha \cdot \nabla + m\beta - a)\psi \cdot i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx
\]

(2.3)

\[
+ \int_{\mathbb{R}^3} |x|\left(1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \frac{\psi^2}{|x|} \, dx = -\frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{(1 + 2S \cdot L)\psi^2}{|x|} \, dx.
\]

Let us firstly prove that

\[
-2 \text{Re} \int_{\mathbb{R}^3} (-i\alpha \cdot \nabla + m\beta - a)\psi \cdot i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx
\]

(2.4)

\[
= -2 \text{Re} \int_{\mathbb{R}^3} (1 + 2S \cdot L) \frac{\psi}{|x|} \cdot \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx.
\]

With an explicit computation (see for example [25, Equation 4.102]) we get that

\[
- i\alpha \cdot \nabla = -i\alpha \cdot \hat{x} \left( (\partial_r + \frac{1}{|x|}) I_4 - \frac{1}{|x|} (1 + 2S \cdot L) \right),
\]

(2.5)

and so the last term in (2.2) can be expanded as follows:

\[
-2 \text{Re} \int_{\mathbb{R}^3} (-i\alpha \cdot \nabla + m\beta - a)\psi \cdot i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx
\]

\[
= 2 \text{Re} \int_{\mathbb{R}^3} (\partial_r + \frac{1}{|x|}) \psi \cdot \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx
\]

\[
- 2 \text{Re} \int_{\mathbb{R}^3} (1 + 2S \cdot L) \frac{\psi}{|x|} \cdot \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx
\]

\[
- 2 \text{Re} \int_{\mathbb{R}^3} (m\beta - a) \psi \cdot i\alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \, dx
\]

\[
= : I + II + III.
\]

We show that \( I = III = 0 \).
Indeed, the operator \( \left( \partial_x + \frac{1}{|x|} \right) \) is skew-symmetric, and the operator \( \left( 1 + \frac{a}{m} \beta \right) (1 + 2S \cdot L) \) is symmetric, since \( \beta \) and \( S \cdot L \) are symmetric operators and they commute. Moreover, 

\[
\left[ \partial_x + \frac{1}{|x|}, \left( 1 + \frac{a}{m} \beta \right) (1 + 2S \cdot L) \right] = 0.
\]

So we can conclude that \( I = 0 \), thanks to Lemma 2.1.

Let us focus on \( III \). Since \( \beta^2 = \mathbb{1}_a \), and \( -i \alpha \cdot \hat{x} \) and \( \beta \) anti-commute, we rewrite

\[
III = -2 \text{Re} \int_{\mathbb{R}^3} (m \beta - a) \psi \hat{x} \left( 1 - \frac{a}{m} \beta \right)(1 + 2S \cdot L) \psi \, dx
\]

\[
= \frac{1}{m} 2 \text{Re} \int_{\mathbb{R}^3} (m \beta - a) \psi \cdot (m \beta + a) i \alpha \cdot \hat{x} \beta (1 + 2S \cdot L) \psi \, dx
\]

\[
= \frac{m^2 - a^2}{m} 2 \text{Re} \int_{\mathbb{R}^3} \psi i \alpha \cdot \hat{x} \beta (1 + 2S \cdot L) \psi \, dx,
\]

where, in the last equality, we used the fact that \( (m \beta + a) \) is symmetric. Since the operator \( (1 + 2S \cdot L) \) is symmetric, the operator \( i \alpha \cdot \hat{x} \beta \) is skew-symmetric and they anti-commute (see [25, Equation 4.108]), we have that the operator \( i \alpha \cdot \hat{x} \beta (1 + 2S \cdot L) \) is skew-symmetric. Finally, the identity operator is symmetric, and it trivially commutes with \( i \alpha \cdot \hat{x} \beta (1 + 2S \cdot L) \). Thus, Lemma 2.1 let us conclude that \( III = 0 \), and so (2.4) is proved.

Finally, thanks to (2.4) we get that

\[
\int_{\mathbb{R}^3} \left| \left( 1 - \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \right|^2 \, dx - 2 \text{Re} \int_{\mathbb{R}^3} (1 + 2S \cdot L) \psi \left( 1 - \frac{a}{m} \beta \right)(1 + 2S \cdot L) \psi \, dx
\]

\[
= - \text{Re} \int_{\mathbb{R}^3} \left( 1 + \frac{a}{m} \beta \right) (1 + 2S \cdot L) \psi \cdot \left( 1 - \frac{a}{m} \beta \right)(1 + 2S \cdot L) \psi \, dx
\]

\[
= - \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{|(1 + 2S \cdot L) \psi|^2}{|x|} \, dx.
\]

and so (2.3) is proved. Finally we get (1.13) combining (2.1) and (A.5).

Let us assume now that \( \psi \) is a distribution verifying (1.12). Then, there exists a sequence \( \{ \varphi_n \}_n \subset C^\infty_c (\mathbb{R}^3) \) such that

\[
\varphi_n \to (H_0 - a) \psi \quad \text{in} \quad L^2(|x|)^4.
\]

The fundamental solution of \((H_0 - a)\) is given by

\[
\phi^a(x) := \frac{e^{-\sqrt{m^2 - a^2}|x|}}{4\pi |x|} \left( a + m \beta + \left( 1 + \sqrt{m^2 - a^2} |x| \right) i \alpha \cdot \frac{x}{|x|^2} \right) \quad \text{for} \quad x \in \mathbb{R}^3 \setminus \{0\},
\]

Since \( \phi^a \) has exponential decay at infinity, we get that \( \psi_n := \phi^a \ast \varphi_n \in S(\mathbb{R}^3) \), so it verifies

\[
\int_{\mathbb{R}^3} |(H_0 - a) \psi_n|^2 |x| \, dx \geq \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \left| (1 + 2S \cdot L) \psi_n \right|^2 |x| \, dx \geq \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{|\psi_n|^2}{|x|} \, dx.
\]

By definition, \((H_0 - a) \psi_n = \varphi_n\) and so we have that

\[
(H_0 - a) \psi_n \to (H_0 - a) \psi \quad \text{in} \quad L^2(|x|)^4.
\]
Combining (2.7) and (2.6), we deduce that both \( \{ (1+2 \mathbf{S} \cdot \mathbf{L}) \psi_n \}_n \) and \( \{ \psi_n \}_n \) are Cauchy sequences of \( L^2(|x|^{-1})^4 \). So, there exist \( \eta, \theta \in L^2(|x|^{-1})^4 \) such that

(2.8) \[ \psi_n \to \eta \quad \text{in} \quad L^2(|x|^{-1})^4, \]

(2.9) \[ (1 + 2 \mathbf{S} \cdot \mathbf{L}) \psi_n \to \theta \quad \text{in} \quad L^2(|x|^{-1})^4. \]

Taking the limit on \( n \) in (2.6), we have that

(2.10) \[ \int_{\mathbb{R}^3} |(\mathbf{H}_0 - a) \psi|^2 |x| \, dx \geq \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} |\mathbf{\theta}|^2 |x| \, dx \geq \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} |\eta|^2 |x| \, dx. \]

Thanks to (2.8) we deduce that, in the sense of distributions, the following hold

(2.11) \[ (\mathbf{H}_0 - a) \psi_n \to (\mathbf{H}_0 - a) \eta, \]

(2.12) \[ (1 + 2 \mathbf{S} \cdot \mathbf{L}) \psi_n \to (1 + 2 \mathbf{S} \cdot \mathbf{L}) \eta. \]

Thus, combining (2.7) with (2.11) and (2.9) with (2.12), we have that

(2.13) \[ (\mathbf{H}_0 - a) \psi = (\mathbf{H}_0 - a) \eta, \]

(2.14) \[ (1 + 2 \mathbf{S} \cdot \mathbf{L}) \eta = \theta. \]

Let us denote with \( \langle \cdot, \cdot \rangle_{\mathcal{D}', \mathcal{D}} \) the usual pairing between a distribution and a test function. Then, for any \( \varphi \in C_c^\infty(\mathbb{R}^3)^4 \), we have that

\[ \langle \psi, \varphi \rangle_{\mathcal{D}', \mathcal{D}} = \int_{\mathbb{R}^3} (\mathbf{H}_0 - a) \psi \cdot \overline{\varphi^a} \cdot \varphi \, dx = \int_{\mathbb{R}^3} (\mathbf{H}_0 - a) \eta \cdot \overline{\varphi^a} \cdot \varphi \, dx = \langle \eta, \varphi \rangle_{\mathcal{D}', \mathcal{D}}, \]

where we used (2.13) in the third equality. For this reason, we can conclude that

(2.15) \[ \psi = \eta \in L^2(|x|^{-1})^4, \]

and thanks to (2.14)

(2.16) \[ (1 + 2 \mathbf{S} \cdot \mathbf{L}) \psi = (1 + 2 \mathbf{S} \cdot \mathbf{L}) \eta = \theta. \]

Finally, combining (2.10), (2.15), and (2.16) we can conclude that \( \psi \) verifies (1.13). In particular, by a density argument, we get that \( \psi \) verifies (2.1).

Let us finally assume that \( \psi \) is an attainer of (1.13), that is

(2.17) \[ \int_{\mathbb{R}^3} \left| (-i \alpha \cdot \nabla + m \beta - a) \psi \right|^2 |x| \, dx = \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} \left| (1 + 2 \mathbf{S} \cdot \mathbf{L}) \psi \right|^2 |x| \, dx = \frac{m^2 - a^2}{m^2} \int_{\mathbb{R}^3} |\psi|^2 |x| \, dx. \]

We can decompose \( \psi \) as in (A.3), that is

\[ \psi(x) = \sum_{j, k, m_j} \frac{1}{r} \left( f_{m_j, k_j}^+(r) \Phi^+_{m_j, k_j}(\hat{x}) + f_{m_j, k_j}^-(r) \Phi^-_{m_j, k_j}(\hat{x}) \right). \]

From the second equality of (2.17), and thanks to (A.4), we directly have \( f_{m_j, k_j}^\pm = 0 \) for \( k_j \neq \pm 1 \), or equivalently for \( j \neq 1/2 \). Let us focus on the first equality of (2.17). Thanks to (2.1), we get that

\[ 0 = \int_{\mathbb{R}^3} |x| \left| (-i \alpha \cdot \nabla + m \beta - a) \psi - i \alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2 \mathbf{S} \cdot \mathbf{L}) \frac{\psi}{|x|} \right|^2 \, dx \]

and so,

\[ (-i \alpha \cdot \nabla + m \beta - a) \psi - i \alpha \cdot \hat{x} \left( 1 - \frac{a}{m} \beta \right) (1 + 2 \mathbf{S} \cdot \mathbf{L}) \frac{\psi}{|x|} = 0. \]
Multiplying both terms by \(i\alpha \cdot \hat{x}\) and using (2.5) we get that
\[
(2.18) \quad \left(\partial_r + \frac{1}{|x|} + i\alpha \cdot \hat{x}(m\beta - a)\right) \psi - \frac{a}{m} \beta(1 + 2S \cdot L) \frac{\psi}{|x|} = 0.
\]

The action of all the operators appearing in (2.18) leaves invariant the decomposition in partial wave subspaces. Thanks to (A.1), we get that for \(m_{1/2} = \pm 1/2\) and \(k_{1/2} = \pm 1\) we have
\[
(2.19) \quad \begin{pmatrix}
\partial_r + \frac{ak_{1/2}}{mr} \\
-(m - a) & \partial_r + \frac{ak_{1/2}}{mr}
\end{pmatrix}
\begin{pmatrix}
(f_{m_{1/2},k_{1/2}}^+) \\
(f_{m_{1/2},k_{1/2}}^-)
\end{pmatrix} = 0.
\]

The only solution of (2.19) that is integrable at \(+\infty\) is
\[
(2.20) \quad \begin{pmatrix}
\frac{e^{-\sqrt{m^2 - a^2}r - ak_{1/2}/m}}{\sqrt{m^2 - a^2}} \\
\sqrt{m^2 - a^2} e^{-\sqrt{m^2 - a^2}r - ak_{1/2}/m}
\end{pmatrix}.
\]

Then \(\begin{pmatrix} f_{m_{1/2},k_{1/2}}^+ \\ f_{m_{1/2},k_{1/2}}^-
\end{pmatrix} \in L^2(0,\infty)^2\) if and only if \(ak_{1/2} \leq 0\). So if \(a > 0\), we have to assume \(k_{1/2} = -1\), and if \(a < 0\) we have \(k_{1/2} = 1\). Remembering that
\[
\Phi_{\frac{1}{2},-1}^+ = \frac{1}{\sqrt{4\pi}} \begin{pmatrix}
i \\
0 \\
0
\end{pmatrix}, \quad \Phi_{\frac{1}{2},-1}^- = \frac{1}{\sqrt{4\pi}} \begin{pmatrix}
0 \\
i \\
0
\end{pmatrix},
\]
\[
\Phi_{\frac{3}{2},-1}^+ = \frac{1}{\sqrt{4\pi}} \begin{pmatrix}
0 \\
0 \\
\sigma \cdot \hat{x} \cdot (0)
\end{pmatrix}, \quad \Phi_{\frac{3}{2},-1}^- = \frac{1}{\sqrt{4\pi}} \begin{pmatrix}
0 \\
0 \\
\sigma \cdot \hat{x} \cdot (1)
\end{pmatrix},
\]
we conclude the proof. \(\square\)

3. Birman–Schwinger Principle for the Dirac–Coulomb Operator

This section is devoted to the proof of Theorem 1.3.

Let \(a \in (-m, m)\), \(a \in \sigma_d(H_D)\) and \(\psi \in D(H_D) \setminus \{0\}\) such that \((H_0 + V - a)\psi = 0\). We have that, in the sense of distributions,
\[
(3.1) \quad (H_0 - a)\psi = -V\psi.
\]

Since \(\psi \in D(H_D) \subset D(r^{-1/2})^4\), then \(f := u\psi \in L^2(\mathbb{R}^3)^4\) and \(vf \in D(r^{1/2})^4\). Thanks to (1.15) we can apply \((H_0 - a)^{-1}\) to (3.1), getting \(\psi = -(H_0 - a)^{-1} v f\), that implies
\[
f = u\psi = -u(H_0 - a)^{-1} v f.
\]

Let now \(-1\) be an eigenvalue of \(u(H_0 - a)^{-1} v\) and let \(f \in L^2(\mathbb{R}^3)^4\) be an eigenfunction. Setting \(\psi = (H_0 - a)^{-1} v f\), we directly get that \(\psi \in D(r^{-1/2})\). Reasoning as above, we get that \(H_D\psi = a\psi\), and so \(\psi \in H_D\) and \(\psi\) is an eigenfunction of the eigenvalue \(a\).

Finally, we point out that the shown procedure ensures that the multiplicity of \(a\) as an eigenvalue of \(H_D\) coincides with the multiplicity of \(-1\) as an eigenvalue of \(u(H_0 - a)^{-1} v\), and this concludes the proof.
4. PROOF OF THEOREM 1.4

This section is devoted to the proofs of Theorem 1.4 and Corollary 1.6.

Proof of Theorem 1.4. Let $a \in (-m, m)$ and assume that there exists $\psi \in \mathcal{D}(H_D) \setminus \{0\}$ such that $(H_D - a)\psi = 0$. Then, in the sense of distributions, we get that $(H_0 - a)\psi = -V\psi$. Since $\psi \in \mathcal{D}(H_D) \subset \mathcal{D}(r^{-1/2})$ and thanks to the fact that $V$ verifies (1.5), we get that

$$\int_{\mathbb{R}^3} |x||(H_0 - a)\psi|^2 \, dx = \int_{\mathbb{R}^3} |x||V\psi|^2 \, dx \leq \nu^2 \int_{\mathbb{R}^3} \frac{||\psi||^2}{|x|} \, dx < +\infty.$$ 

Thanks to Theorem 1.1 we get that $\psi$ verifies (1.13), and so

$$\nu^2 \int_{\mathbb{R}^3} \frac{||\psi||^2}{|x|} \geq \int_{\mathbb{R}^3} |x||(H_0 - a)\psi|^2 \, dx \geq \frac{m_2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{|(1 + 2S \cdot L)\psi|^2}{|x|} \, dx \geq \frac{m_2 - a^2}{m^2} \int_{\mathbb{R}^3} \frac{||\psi||^2}{|x|} \, dx,$$

So, $\nu^2 \geq \frac{m_2 - a^2}{m^2}$, that directly implies (i).

Let us prove (ii). Let us assume that $a^2 = m^2(1 - \nu^2)$. Then, from (4.1) we deduce that $\psi$ is an attainer of (1.13); thanks to Theorem 1.1, this is equivalent to say that there exists $C \in \mathbb{C}^2$ such that $\psi = \psi_C^a$, with $\psi_C^a$ defined in (1.14). This directly implies that $\mu(a) \leq 2$. Finally, thanks to (1.18) and (1.19) we get that $0 = (H_0 - \text{sign}(a)\frac{\nu}{|x|} - a)\psi_C^a = (H_0 + V - a)\psi_C^a$, so $V\psi_C^a = -\text{sign}(a)\frac{\nu}{|x|}\psi_C^a$.

Let us now prove (iii). We assume that $a$ is positive, that is $a = m\sqrt{1 - \nu^2}$, since the same approach can be used when $a$ is negative. Moreover, let us assume that, for any $C \in \mathbb{C}^2$,

$$V\psi_C^a = -\frac{\nu}{|x|}\psi_C^a. \tag{4.2}$$

Since

$$\sqrt{\frac{m - a}{m + a}} = \sqrt{\frac{1 - \sqrt{1 - \nu^2}}{1 + \sqrt{1 - \nu^2}}} = N, \tag{4.3}$$

we have that

$$\psi_C^a = e^{-\sqrt{m^2 - a^2} |x|} \frac{0}{|x|^{1-a/m}} \left( \begin{array}{cc} \|I_2 \| 0 0 \end{array} \right) \cdot \left( \begin{array}{c} C \\ C \end{array} \right), \tag{4.4}$$

where, with abuse of notation, we are denoting with $\left( \begin{array}{cc} C \\ C \end{array} \right)$ the 4-component column vector.

Thanks to (4.4), multiplying both terms of (4.2) by $\left( e^{-\sqrt{m^2 - a^2} |x|} \right)^{-1}$, we get that

$$\left( V(x) + \frac{\nu}{|x|} I_4 \right) \cdot \left( \begin{array}{cc} \|I_2 \| 0 0 \end{array} \right) \cdot \left( \begin{array}{c} C \\ C \end{array} \right) = 0. \tag{4.5}$$

Since both $V$ and $\frac{\nu}{|x|} I_4$ are Hermitian matrices, we can write

$$\left( V + \frac{\nu}{|x|} I_4 \right) = \begin{pmatrix} W_{1,1} & W_{1,2} \\ W_{1,2}^* & W_{2,2} \\ \end{pmatrix}, \tag{4.6}$$
where $W_{1,1}$ and $W_{2,2}$ are $2 \times 2$ Hermitian matrices, $W_{1,2}$ is a $2 \times 2$ complex valued matrix and $W_{1,2}^*$ is its adjoint matrix.

Combining (4.5) and (4.6), we get that

\begin{align}
\begin{cases}
(W_{1,1} + iNW_{1,2} \sigma \cdot \hat{x}) \cdot C = 0, \\
(W_{1,2}^* + iNW_{2,2} \sigma \cdot \hat{x}) \cdot C = 0.
\end{cases}
\end{align}

Since (4.7) holds for any $C \in \mathbb{C}^2$, we deduce that

\begin{align}
W_{1,1} + iNW_{1,2} \sigma \cdot \hat{x} = 0, \\
W_{1,2}^* + iNW_{2,2} \sigma \cdot \hat{x} = 0.
\end{align}

Taking the adjoint of (4.9), and thanks to the fact that both $\sigma \cdot \hat{x}$ and $W_{2,2}$ are Hermitian matrices, we get that

\begin{align}
W_{1,2} = iN\sigma \cdot \hat{x}W_{2,2}.
\end{align}

Combining (4.8) and (4.10) we get that

\begin{align}
W_{1,1} = N^2 \sigma \cdot \hat{x}W_{2,2}^2 \sigma \cdot \hat{x}.
\end{align}

Setting for convenience $W^+ := W_{2,2}$, we can conclude that (4.5) is equivalent to

\begin{align}
V(x) := \frac{-\nu}{|x|^2} + \begin{pmatrix} N^2 \sigma \cdot \hat{x}W^+(x)\sigma \cdot \hat{x} & iN\sigma \cdot \hat{x}W^+(x) \\ -iN\sigma \cdot \hat{x}W^+(x)\sigma \cdot \hat{x} & W^+(x) \end{pmatrix}.
\end{align}

Finally, thanks to (1.5) we determine additional properties on the matrix $W^+(x)$. For any $x \in \mathbb{R}^3 \setminus \{0\}$, there exists $\{e_1(x), e_2(x)\}$, an orthonormal basis of $\mathbb{C}^2$ of eigenvectors of $W^+(x)$, that is $W^+(x)e_j(x) = \lambda_j^+(x)e_j(x)$, for $j = 1, 2$, with $\lambda_j^+(x) \in \mathbb{R}$. Set

\begin{align}
u_j(x) := \frac{1}{N^2+1} \begin{pmatrix} e_j(x) \\ iN\sigma \cdot \hat{x}e_j(x) \end{pmatrix} \quad \text{and} \quad v_j(x) := \frac{1}{N^2+1} \begin{pmatrix} iN\sigma \cdot \hat{x}e_j(x) \\ e_j(x) \end{pmatrix}, \quad \text{for} \ j = 1, 2.
\end{align}

The family $\{u_1(x), u_2(x), v_1(x), v_2(x)\}$ is an orthonormal basis of $\mathbb{C}^4$. Thus, $|x||V(x)| \leq \nu$ if and only if $|x||V(x)u_j(x)| \leq \nu$ and $|x||V(x)v_j(x)| \leq \nu$ for $j = 1, 2$.

We have that, for $j = 1, 2$

\begin{align}
V(x)u_j(x) = -\frac{\nu}{|x|^2}u_j(x), \\
V(x)v_j(x) = \left( -\frac{\nu}{|x|^2} + \lambda_j^+(x)(N^2 + 1) \right) v_j(x).
\end{align}

Since $|u_j(x)| = |v_j(x)| = 1$, from (4.12) we deduce that that $|x||V(x)| \leq \nu$ if and only if

\begin{align}
\left( -\nu + |x|\lambda_j^+(x)(N^2 + 1) \right)^2 \leq \nu^2, \quad \text{for} \ j = 1, 2.
\end{align}

From (4.13) and (4.3) we deduce (1.21), concluding the proof. \qed

Proof of Corollary 1.6. From (ii) in Theorem 1.4 we have that $V(x)\psi_C^\alpha = \frac{\nu}{|x|^2}\psi_C^\alpha$ for some $C \in \mathbb{C}^2$, and this implies the thesis. \qed
Thanks to \((A.3)\), so we can write
\[
\psi_{j-1/2} = \frac{1}{\sqrt{2j}} \left( \begin{array}{c} \sqrt{j + m_j} Y_{j-1/2}^m \\ \sqrt{j - m_j} Y_{j-1/2}^m \end{array} \right),
\]
\[
\psi_{j+1/2} = \frac{1}{\sqrt{2j+2}} \left( \begin{array}{c} \sqrt{j + 1 - m_j} Y_{j+1/2}^m \\ -\sqrt{j + 1 + m_j} Y_{j+1/2}^m \end{array} \right);
\]then \(\psi_{j \pm 1/2}\) form a complete orthonormal set in \(L^2(S^2)^2\). For \(k_j := \pm (j + 1/2)\) we set
\[
\Phi_{m_j, \pm(j + 1/2)}^+ := \left( \begin{array}{c} i \psi_{j \pm 1/2}^m \\ 0 \end{array} \right), \quad \Phi_{m_j, \pm(j + 1/2)}^- := \left( \begin{array}{c} 0 \\ \psi_{j \pm 1/2}^m \end{array} \right).
\]
Then, the set \(\{\Phi_{m_j, k_j}^+, \Phi_{m_j, k_j}^-\}_{j, k_j, m_j}\) is a complete orthonormal basis of \(L^2(S^2)^4\) and
\[
(1 + 2S \cdot L)\Phi_{m_j, k_j} = -k_j \beta \Phi_{m_j, k_j},
\]where the spin angular momentum operator \(S\) and the orbital angular momentum \(L\) are defined as
\[
S = \frac{1}{2} \begin{pmatrix} \sigma & 0 \\ 0 & \sigma \end{pmatrix} \quad \text{and} \quad L := ix \wedge \nabla.
\]
So, we can write
\[
\psi(x) = \sum_{j, k_j, m_j} \frac{1}{r} \left( f_{m_j, k_j}^+(r) \Phi_{m_j, k_j}^+(\hat{x}) + f_{m_j, k_j}^-(r) \Phi_{m_j, k_j}^-(\hat{x}) \right)
\]and, by definition,
\[
\int_{\mathbb{R}^3} |\psi|^2 \, dx = \sum_{j, k_j, m_j} \int_0^{+\infty} \left( |f_{m_j, k_j}^+(r)|^2 + |f_{m_j, k_j}^-(r)|^2 \right) \, dr.
\]
Thanks to \([25, Equation 4.109]\) and \((A.3)\), we have that
\[
\int_{\mathbb{R}^3} \frac{|\psi|^2}{|x|} \, dx = \sum_{j, k_j, m_j} \int_0^{+\infty} \frac{1}{r} \left( |f_{m_j, k_j}^+(r)|^2 + |f_{m_j, k_j}^-(r)|^2 \right) \, dr,
\]
\[
\int_{\mathbb{R}^3} \frac{|(1 + 2S \cdot L)\psi|^2}{|x|} \, dx = \sum_{j, k_j, m_j} \int_0^{+\infty} \frac{k_j^2}{r} \left( |f_{m_j, k_j}^+(r)|^2 + |f_{m_j, k_j}^-(r)|^2 \right) \, dr.
\]
From \((A.4)\), we directly deduce that
\[
\int_{\mathbb{R}^3} \frac{|\psi|^2}{|x|} \, dx \leq \int_{\mathbb{R}^3} \frac{|(1 + 2S \cdot L)\psi|^2}{|x|} \, dx,
\]and that \((A.5)\) is attained if and only if \(f_{m_j, k_j}^\pm = 0\) for \(k_j \neq \pm 1\), or equivalently \(j \neq 1/2\).
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B. Cassano, Department of Theoretical Physics, NPI, Academy of Sciences, 25068 Řež (Czechia)
E-mail address: cassano@ujf.cas.cz

F. Pizzichillo, BCAM - Basque Center for Applied Mathematics, Alameda de Mazarredo 14, 48009 Bilbao (Spain)
E-mail address: fpizzichillo@bcamath.org

L. Vega, BCAM - Basque Center for Applied Mathematics, Alameda de Mazarredo 14, 48009 Bilbao (Spain)
E-mail address: lvega@bcamath.org