| Subject | Practice (y) | Age of onset (y) | Weekly practice (h) | Weekly listening (h) | Instruments played                                                                 | Main expertise                  |
|---------|--------------|-----------------|---------------------|---------------------|----------------------------------------------------------------------------------|-------------------------------|
| 1       | 13           | 7               | 5                   | 14                  | (5) guitar, keyboard, bass, harmonica and flute                                    | (1) guitar                     |
| 2       | 30           | 12              | 10                  | 30                  | (3) flute, guitar, piano and violin                                               | (1) violin                    |
| 3       | 8            | 12              | 5                   | 10                  | (7) piano, guitar, bass, ukulele, saxophone, synthesizer and percussions           | (6) piano, guitar, bass, ukulele, saxophone and synthesizer |
| 4       | 13           | 7               | 9                   | >30                 | (3) piano, psaltery, voice                                                          | (3) piano, psaltery, voice     |
| 5       | 8            | 18              | 15                  | 50                  | (2) guitar and saxophone                                                           | (1) saxophone                  |
| 6       | 12           | 12              | 12                  | 14-20               | (4) guitar, bass, mandoline and keyboard                                           | (1) guitar                     |
| 7       | 22           | 5               | 5                   | 20                  | (4) piano, guitar, bass, harmonica                                                | (2) guitar and piano           |
| 8       | 27           | 13              | 8                   | 40                  | (2) guitar and violin                                                              | (1) guitar                     |
| 9       | 21           | 6               | 15                  | 50                  | (4) piano, guitar, bass, percussions                                               | (2) piano and bass             |
| 10      | 13           | 8               | 32                  | 50-60               | (4) violin, piano, guitar, voice                                                  | (3) violin, piano and voice    |
| 11      | 19           | 7               | 20                  | 28                  | (2) piano and voice                                                               | (1) voice                      |
| 12      | 51           | 3               | 12                  | 65                  | (3) piano, guitar and percussion                                                  | (1) guitar                     |
| 13      | 7            | 18              | 18                  | 12                  | (3) violin, piano and flute                                                        | (1) violin and piano           |
| 14      | 30           | 8               | 28                  | 35-56               | (1) piano                                                                         | (1) piano                      |
| 15      | 28           | 14              | 6                   | 21-42               | (3) voice, piano and guitar                                                        | (1) voice                      |
| 16      | 2            | 29              | 3                   | 10                  | (1) piano                                                                         | (1) piano                      |

Table S.1. Musical training information