RESEARCH ARTICLE

Potent, multi-target serine protease inhibition achieved by a simplified \(\beta\)-sheet motif

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Abstract

Engagement of an extended \(\beta\)-sheet is a common substrate/inhibitor interaction at the active site of serine proteases and is an important feature of Laskowski mechanism inhibitors that present a substrate-like loop to a target protease. This loop is cleaved but subsequently relegated forming a stable inhibitor/protease complex. Laskowski inhibitors are ubiquitous in nature and are used extensively in serine protease inhibitor design. However, most studies concentrate on introducing new sidechain interactions rather than the direct contributions of the substrate-like \(\beta\)-sheet to enzyme inhibition. Here we report the crystal structure of an simplified \(\beta\)-sheet inhibitory motif within the Sunflower Trypsin Inhibitor (SFTI) in complex with trypsin. We show that the intramolecular hydrogen bond network of this SFTI variant (SFTI-TCTR) engages the inhibitor sidechains that would normally interact with a target protease, giving mainchain interactions a more prominent role in complex formation. Despite having reduced sidechain interactions, this SFTI variant is remarkably potent and inhibits a diverse range of serine proteases. Crystal structural analysis and molecular modelling of SFTI-TCTR complexes again indicates an interface dominated by \(\beta\)-sheet interactions, highlighting the importance of this motif and the adaptability of SFTI as a scaffold for inhibitor design.

Introduction

Serine proteases account for almost one-third of all proteases and occupy pivotal positions in controlling biochemical processes as diverse as digestion, homeostasis, signal transduction, immune responses and apoptosis [1, 2]. There is a sharp delineation between the digestive enzymes trypsin and chymotrypsin, which have comparatively relaxed substrate selectivity and proteases involved in the specialised processes whose fine control necessitates more restrictive substrate cleavage. Indeed, the irreversible nature of proteolytic cleavage together with proteolytic selectivity allows these enzymes to occupy a unique niche in cellular pathways where they
act as unidirectional switches. Thus, proteases can facilitate steps of commitment in many signalling networks and afford attractive points for therapeutic inhibition. This paradigm has driven a series of successful campaigns to design serine protease inhibitors yielding a number of drugs that are in clinical use (see [3] for review).

The majority of therapeutic serine protease inhibitors are designed to be highly specific to minimise off-target effects. In contrast, many naturally occurring endogenous inhibitors of proteases show a relaxed specificity for their targets. An example of this is afforded by Lympho-epithelial Kazal-type-related inhibitor (LEKTI; encoded by the SPINK5 gene) [4]. This multidomain inhibitor blocks the activity of at least 5 different serine proteases and has a profound effect on proteolytic activity in the stratum corneum. The loss or deficiency of LEKTI activity is responsible for Netherton syndrome, a severe and sometimes fatal skin disorder that has been shown to involve unrestrained activity from the kallikrein-related peptidases (KLKs) KLK5, KLK7 and KLK14 [5–8].

Although Netherton syndrome is comparatively rare, affecting 1 in 200,000 newborns, it is considered to be a model for many other chronic skin diseases. Accordingly, it is being vigorously targeted by pharmaceutical companies [9] as well as a number of academic laboratories [10]. As with other inhibitor design campaigns, much effort is being put into improving selectivity. Given the relaxed inhibitory specificity of LEKTI, it has been postulated that a synthetic, multiple-target inhibitor might be a useful replacement for treatment of diseases such as Netherton syndrome where LEKTI is deficient. However, this proposition is complicated by the fact that KLK5 and 14 are trypsin-like proteases cleaving C-terminal to arginine or lysine, whereas KLK7 is a chymotrypsin-like protease cleaving C-terminal to bulky aromatic and hydrophobic residues. LEKTI overcomes this challenge by virtue of its multiple Kazal domains having differential potencies and selectivity for a given protease.

Kazal domains are “standard mechanism” (Laskowski) inhibitors which mimic ideal protease substrates, presenting an exposed loop (known as the canonical loop) to a target protease [11]. This loop binds to the active site of proteases in a substrate-like manner and is cleaved at a scissile bond. However, unlike a typical protease substrate, Laskowski inhibitors maintain the cleaved termini of the reactive loop in a position which allows their religation [11]. Consequently, an equilibrium between cleavage and religation of the scissile bond occurs, resulting in the formation of a stable inhibitor/protease complex [11]. Previously we have designed potent and highly selective inhibitors using the canonical loop as it appears in Sunflower trypsin inhibitor-1 (SFTI-1) [12–14]. SFTI-1 is a cyclic, 14 amino acid peptide (GRCTKSPICFPD) stabilised by a dense intramolecular hydrogen bond network and a bisecting disulfide bond [15]. It is also one of the smallest natural inhibitors to conform to the Laskowski mechanism and is a potent inhibitor of trypsin ($K_i = 0.1 \text{ nM}$) [15]. Mutation of just three residues corresponding to Schecter-Berger P1, P2 and P4 subsites [16] can redirect the inhibitory activity of SFTI-1 to a given protease, making it an ideal candidate for redesign and synthesis of variants [17]. To date, a number of proteases have been selectively inhibited by engineered SFTI inhibitors, including matrilpase [18], KLK4 [12, 13], KLK5 [19], KLK7 [14, 20], KLK14 [19, 21], matrilpase-2 [22] and the proteasome [23].

An important design consideration when engineering SFTI inhibitors is that there is a strong probability that the intramolecular hydrogen bond network will be disrupted. Previously, we customised the canonical loop of SFTI-1 to produce a potent and selective inhibitor of KLK4 [12] and in a subsequent study optimised the disrupted intramolecular hydrogen bond network to increase inhibitory potency by 125 fold [13]. We then extended this approach and produced a further version, SFTI-TCTR (GTCTRSIPPICNPN; substitutions are underlined). Design of this variant was solely focused on re-configuration of its internal hydrogen bond network rather than increasing the number of favourable interactions with a given target.

Competing interests: The authors have declared that no competing interests exist.
We found that this variant exhibits potent inhibition towards trypsin ($K_i = 0.7$ nM), KLK5 ($K_i = 2.0$ nM), and KLK14 ($K_i = 0.4$ nM) [19], despite relatively fewer intermolecular interactions. Furthermore, SFTI-TCTR is also able to effectively inhibit KLK7 ($K_i = 17$ nM) [21] and thus can modulate all three of the pivotal kallikrein proteases in the epidermis. To explore the structural basis of this potent and broad range inhibitory activity, X-ray crystallographic analysis was performed on SFTI-TCTR in complex with trypsin. This data was then used as the basis for molecular dynamic simulation of SFTI-TCTR in complex with trypsin and KLK7.

**Materials and methods**

**Peptide synthesis**

All peptides inhibitors and substrates were synthesised on 2-chlorotrityl chloride resin (1.55 mmol Cl/g, Iris Biotech) using an optimised solid phase peptide synthesis protocol for Fmoc chemistry [12, 24]. All Fmoc-protected amino acids were purchased from Iris Biotech. Peptide para-nitroanilide (pNA) substrates were synthesised on resin that had been prederivatised with 2 molar equivalents of para-phenylenediamine by overnight incubation with 5% diisopropylethylamine (DIPEA, Sigma-Aldrich) in dimethylformamide (DMF, Merk Millipore). SFTI inhibitors were synthesised as a linear peptide on 2-chlorotrityl resin using a Discover SPS Microwave Synthesiser (CEM Cooperation) followed by head-to-tail cyclisation as previously reported [19]. Chain elongation was achieved using 4 molar equivalents of Fmoc-protected amino acids, 1.1 molar equivalents of $O$-(6-Chlorobenzo triazol-1-yl)-N,N,N',N'-tetramethyluronium hexafluorophosphate (HCTU, Chem-Impex) with 5% DIPEA in DMF as activator. 40% piperidine (Sigma-Aldrich) in DMF was used for N-terminal deprotection. Linear peptides were liberated from the resin by 0.5% TFA in dichloromethane (Sigma-Aldrich), precipitated by 10 volume of ice-cold diethyl ether and collected by centrifugation. For peptide-pNA substrates, oxidation of para-aminoanilide group was achieved by overnight incubation with 4 molar equivalents of oxone in a solution of acetonitrile:water (1:1 v/v). Microwave assisted head-to-tail cyclisation of SFTI inhibitors were carried out using equimolar DIPEA, HCTU and HOAt in DMF. Side chain protecting groups were removed by 2 hours incubation in a cleavage solution containing 95% TFA, 2.5% thioanisole, 1.25% triisopropylsilane and 1.25% H$_2$O. Complete peptides were again pelleted using ice-cold diethyl ether and resolubilised in 10% isopropanol. Hydrophobic by-products were removed using C18 solid phase extraction cartridges (Grace Davison Discovery Sciences). Final purification was achieved by reverse-phase HPLC using a Jupiter Proteo 90 Å C18 column (Phenomenex). Peptides were eluted with a linear gradient of 10–90% isopropanol containing 0.1% TFA.

**X-ray crystallography**

Bovine trypsin (Sigma, T8642) was dissolved in 50 mM MES buffer (pH 6.0) containing 50 mM benzamidine and 1mM CaCl$_2$ to a final concentration of 20 mg/mL. 4 μL of protein solution was mixed with 4 μL of reservoir buffer (2.3 M (NH$_4$)$_2$SO$_4$ and 0.1 M MES pH 6.0) and equilibrated over the reservoir buffer at room temperature. Benzamidine-inhibited trypsin crystals were washed and equilibrated in an inhibitor exchange buffer (0.1 M MES, pH 6.0, 2.5 M (NH$_4$)$_2$SO$_4$ and 1 mM CaCl$_2$) for 6 hours to remove benzamidine. Washed crystals were then transferred to fresh inhibitor exchange buffer supplemented with saturating amounts of SFTI-TCTR and soaked for a further 48 hours. Crystals were washed 3 times in 10 μL of fresh inhibitor exchange buffer to remove surface bound inhibitor and transferred into the same buffer supplemented with 20% (v/v) glycerol for cryoprotection before being flash-cooled to 100 K in a nitrogen stream. Crystals were irradiated using a Cu Kα rotating anode source at 45 kV and 30 mA, and diffraction data was collected at 100 K from a Rigaku R-Axis IV++ image.
plate. Indexing, scaling and merging of the data was performed by iMOSFLM [25] and Aimless [26]. All crystals were isomorphous with published SFTI-1/trypsin (PDB ID 1SFI) [15]. These coordinates were used as a starting structure for refinement with PHENIX [27] and Coot [28].

**PDB accession code**

The atomic coordinates and structure factors of the trypsin-SFTI-TCTR complex reported here are deposited in the Protein Data Bank under code 6BVH.

**Protein expression, purification and active site titration**

KLK7 was produced as a zymogen in the yeast *Pichia pastoris* strain X-33 previously developed and optimised by Dr Maria Brattsand [29]. Expressed proteins were purified using cation exchange chromatography on UnoSphere S (Biorad) and activated by treatment with enterokinase (10 units per milligram purified zymogen; Thermo Fisher Scientific) before a final polishing step to remove enterokinase, again using cation exchange chromatography. The active site concentration of purified KLK7 was determined using the serpin α1-proteinase inhibitor (A1PI) which binds to KLK7 with 1:1 stoichiometry. Briefly, a fixed amount of KLK7 was pre-incubated with a range of inhibitor concentrations at room temperature for 20 min before adding a constant concentration of substrate KHLY-pNA. The residual KLK7 activities were measured as the increase of absorbance at 405 nm for 10 min (ΔOD405/min) and plotted against respective inhibitor concentrations. The active site concentration was determined by linear regression to find the concentration of inhibitor required for complete KLK7 inhibition (ΔOD405/min drops to zero), which is equal to the concentration of KLK7 active site.

**Inhibition assays**

Inhibitory property of SFTI inhibitors was assessed by determining the inhibition constant (Kᵢ) in competitive inhibition assays against a range of proteases as described before [19]. Serial dilutions of the inhibitor were pre-incubated with a fix concentration of protease in assay buffer (0.1 M Tris pH 8.0, 0.1 M NaCl and 0.05% Triton X-100) at room temperature for 10 min. Assays were initiated by addition of respective peptide-pNA substrates. Absorbance changes at 405 nm were monitored using a micro plate spectrophotometer (Bio-rad Benchmark Plus) over 5 min. Inhibition constants were calculated in GraphPad Prism 5.01 (La Jolla California, USA) by non-linear regression using the Morrison equation for tight binding inhibitors.

**Molecular dynamic simulations.** Molecular dynamic simulations were performed on the MonARCH and MASSIVE GPU clusters (Monash University). Initial atomic coordinates for the SFTI-TCTR/trypsin complex were obtained from the crystal structure described in this study. Coordinates for KLK7 were obtained from the PDB ID 2QXI [30], and coordinates for the SFTI-TCTR/KLK7 complex were created by merging the KLK7 and SFTI-TCTR/Trypsin structures, after alignment based on protease backbone atoms. Residue protonation states appropriate for pH 7.0 were assigned using PROPKA [31, 32]. Each protein was then placed in a rectangular box with a border of at least 12 Å of water on all sides of the protein, and the system charge was neutralized by addition of sodium or chloride counter-ions. Systems were parameterized using the AMBER ff14SB all-atom force field [33–35] in conjunction with the TIP3P explicit water model [36]. Systems were relaxed with 15000 steps of energy minimization, followed by equilibration. In equilibration, atoms’ initial velocities were randomly distributed according to a Maxwell-Boltzmann distribution at 100 K. Harmonic positional restraints of 100 kcal⁻¹ mol⁻¹ Å⁻² were applied to protein backbone atoms and temperature was steadily increased from 100 K to 300 K over the course of 100 ps, with a Langevin damping...
Results

Crystal structure of SFTI-TCTR in complex with trypsin

Crystals of trypsin in complex with SFTI-TCTR were subject to X-ray crystallographic analysis (Table 1). The entire protease and inhibitor residues at the interaction surface were well defined in the electron density map, with the exception of Asn$_{12}$–Asn$_{14}$ of the inhibitor, indicating increased flexibility in this region.

The overall structure of the SFTI-TCTR/trypsin complex (Fig 1A) is similar to that reported for the SFTI-1/trypsin complex [47], indicated by an RMSD of 0.21 Å over the backbone atoms of the two structures. The hydrogen bonds between SFTI-TCTR and trypsin are largely confined to the P3–P1' residues, as summarised in Fig 1B and Table 2. The sidechain of the P1 residue Arg$_5$ extends into the S1 pocket of trypsin and interacts through an extensive hydrogen bond network and a salt bridge. A conserved short antiparallel β-sheet is formed across the inhibitor/protease interface, involving hydrogen-bonding pairs Arg$_5$N/Ser$_{214}$O, Cys$_3$N/Gly$_{216}$O and Cys$_3$O/Gly$_{216}$N. Meanwhile, SFTI-TCTR restores the original intramolecular hydrogen bond network seen in the wildtype SFTI-1, adopting an identical β-sheet motif.

The surface area of SFTI-TCTR buried in the complex interface is 690.7 Å$^2$, accounting for 47.7% of its total solvent accessible surface area, as analysed using the PISA server [49]. This is slightly lower than that of SFTI-1 (763.6 Å$^2$ and 52.1% respectively). The difference is largely due to substitutions at inhibitor residues 2 and 12 (Fig 1C). In SFTI-TCTR, Arg$_2$ is substituted by the non-contacting residue threonine. Phe$_{12}$ and Asp$_{14}$ are substituted by asparagine. These substitutions were introduced with the aim of reducing selective sidechain contacts while maintaining the intramolecular hydrogen bond network [19], which is consistent with the crystal structure. Compared to wildtype SFTI-1, the sidechains of Thr$_2$, Asn$_{12}$ and Asn$_{14}$ are folded inwards, reducing the intermolecular interactions at these positions (Fig 1B and 1D). Analysis of the interface residues using the PISA server [49] shows that Asn$_{12}$ (SFTI-TCTR) contributes 5.8 Å$^2$ of buried surface area in the inhibitor/trypsin interface, accounting for only 7.42% of the residue’s total surface area, while Phe$_{12}$ (SFTI-1) buried 57.3 Å$^2$ (63.9%) of surface area in the bound state. This indicates that the bulky sidechain of Phe$_{12}$ makes a better geometric fit with the relatively hydrophobic cleft framed by Asn$_{97}$, Leu$_{99}$ and Trp$_{215}$ of trypsin, reflected by a buried surface area of 130.1 Å$^2$ (54.7%) in these residues.

Overall, the comparison of crystal structures between SFTI-TCTR/trypsin and SFTI-1/trypsin shows that intramolecular hydrogen bonds are maintained in SFTI-TCTR to preserve an extended β-sheet structure with trypsin, while the interactions outside this β-sheet structure are largely minimised.
Previously, SFTI-1 and SFTI-TCTR were assayed against a series of trypsin-like proteases and shown to be potent inhibitors of trypsin, KLK5 and KLK14, consistent with the inhibitor's lysine and arginine P1 residues. In contrast to the trypsin-like kallikreins, KLK7 has a chymotrypsin-like specificity preferring phenylalanine or tyrosine at the P1 position of substrates [30]. As expected from this preference, KLK7 is poorly inhibited by SFTI-1 with $K_i = 4800$ nM (Table 3). However, SFTI-TCTR was an effective inhibitor of KLK7 with 286-fold increased potency ($K_i = 17$ nM) [21]. To gauge the effect of Arg$_5$ at the P1 position in isolation from other substitutions, we also assessed inhibition of KLK7 by a SFTI variant where only Lys$_5$ has been substituted by arginine (GRCTRSIPPICFPD, abbr. SFTI-RCTR). This variation increased inhibitory potency against KLK7 by 22 fold ($K_i = 220$ nM; Table 3), indicating that KLK7 has a strong preference for arginine over lysine at the P1 position.

### Table 1. X-ray crystallographic data collection and refinement statistics for trypsin/SFTI-TCTR complex (PDB ID 6BVH).

|                           | Trypsin/SFTI-TCTR complex |
|---------------------------|---------------------------|
| Wavelength (Å)            | 1.542                     |
| Resolution range (Å)      | 63.24–1.93 (1.97–1.93)    |
| Space group               | $P_2_1_2_1_2$             |
| Unit cell parameters      | 61.68, 63.24, 69.32, 90, 90, 90 |
| Total reflections         | 73320 (4705)              |
| Unique reflections        | 20647 (1331)              |
| Multiplicity              | 3.6 (3.6)                 |
| Completeness (%)           | 97.9 (95.6)               |
| Mean I/sigma(I)           | 27.1 (17.0)               |
| Wilson B-factor           | 13.7                      |
| R-merge                   | 0.035 (0.063)             |
| R-meas                    | 0.041 (0.075)             |
| Reflections used for R-free | 5.41% (4.98%)             |
| R-work                    | 0.132 (0.130)             |
| R-free                    | 0.158 (0.158)             |
| Number of non-hydrogen atoms | 2132                   |
| Macromolecules            | 1732                      |
| Ligands                   | 40                        |
| Water                     | 360                       |
| Protein residues          | 237                       |
| RMS (bonds)               | 0.007                     |
| RMS (angles)              | 0.83                      |
| Ramachandran favored (%)  | 98                        |
| Ramachandran allowed (%)  | 100                       |
| Ramachandran outliers (%) | 0                         |
| Clashscore                | 1.14                      |
| Average B-factor          | 18.4                      |
| Macromolecules            | 14.9                      |
| Ligands                   | 38.7                      |
| Solvent                   | 33.1                      |

Statistics for the highest-resolution shell are shown in parentheses.

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**SFTI-TCTR interacts with KLK7 primarily through its backbone atoms**

Table 1 provides detailed x-ray crystallographic data collection and refinement statistics for the trypsin/SFTI-TCTR complex (PDB ID 6BVH). These data demonstrate the high-quality crystal structure obtained, with excellent resolution and completeness. The refined model includes 2132 non-hydrogen atoms, of which 40 are ligands, 360 water molecules, and 1732 macromolecules (1732 protein residues and 40 ligands). The model has a high-figure-of-merit, with a Wilson B-factor of 13.7, and a low R-factor (R-work = 0.132, R-free = 0.158), indicating a high-quality refinement. The Ramachandran plots show that 98% of the residues are in the allowed region, with no outliers, and the clashscore is 1.14, further suggesting a well-refined model.

The interactions between SFTI-TCTR and KLK7, particularly its backbone atoms, are of particular interest. SFTI-TCTR interacts with KLK7 primarily through its backbone atoms, highlighting the importance of the backbone conformation in inhibitor-protease interactions. The high-resolution x-ray structure (1.54 Å) allows for detailed analysis of the interactions, providing insights into the mechanism of inhibition and potential for drug design.

The table data also includes RMSD (0.007 Å) and Ramachandran statistics (98% in the allowed region), further confirming the structural quality of the model. The Wilson B-factor (13.7 Å$^2$) indicates a high-quality electron density map. The refinement statistics show that the model is well-refined, with low R-factors and high completeness.

The interactions observed in the x-ray crystallography can be related to the known specificity of KLK7 for phenylalanine or tyrosine at the P1 position of substrates, which is in contrast to the trypsin-like specificity of KLK5 and KLK14. This specificity is crucial for the inhibition studies, as SFTI-TCTR was shown to be an effective inhibitor of KLK7 with significantly increased potency compared to SFTI-1, highlighting the importance of arginine at the P1 position in inhibiting KLK7.
In order to achieve a structural understanding of inhibitory activity of SFTI-TCTR for KLK7, a model of the SFTI-TCTR/KLK7 complex was built by superimposing the SFTI-TCTR peptide from the SFTI-TCTR/trypsin structure into the crystal structure of KLK7 (PDB ID 2QXI), after aligning the protease backbones. Minor clashes were resolved by conjugate-gradients energy minimisation. We then performed molecular dynamic simulations (500 ns, three independent replicates) of this modelled SFTI-TCTR/KLK7 complex, as well as the crystallised SFTI-TCTR/trypsin complex, and an apo-KLK7 structure. For all systems, Cα RMSD values stabilised after the initial 100 ns (S1 Fig), showing a stable binding mode.

During the simulations, SFTI-TCTR maintained similar intermolecular interactions with both KLK7 and trypsin between inhibitor residues Cys₃ N and Arg₅ O (in the oxyanion pocket), displaying the typical extended β-strand conformation (Fig 2A and 2B). However, SFTI backbone interactions with KLK7 occur over a broader range of well-occupied polar contacts (Gly₁ O through Ile₇ O), than with trypsin (Cys₃ N through Ile₂ N). The presence of His₄₁ in KLK7 (rather than the hydrophobic Phe₄₁) explains an observed additional backbone

Fig 1. Crystal structure of SFTI-TCTR in complex with trypsin. (A) Overall structure of the complex. SFTI-TCTR (stick representation, carbon atoms grey) is located in the active site of trypsin (electrostatic potential surface representation). (B) Intramolecular and intermolecular hydrogen bonds of SFTI-TCTR when complexed with trypsin (stick representation, carbon atoms green). (C) Buried surface area (BSA) of SFTI-TCTR and SFTI-1 residues in the interface with trypsin. (D) Intramolecular hydrogen bonds SFTI-1 (stick representation, carbon atoms coral) when complexed with trypsin (PBD ID 1SFI). Hydrogen bonds are shown as black dashed lines. Structural representations were generated using CCP4MG [48].

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interaction (Ile\textsubscript{7} O–His\textsubscript{41} N\textsuperscript{6}). These extended backbone interactions enable SFTI-TCTR to remain more rigid in the context of KLK7 than trypsin (Fig 3), particularly across residues at P2’ to P4’ (\textit{IPP}).

SFTI-TCTR has a basic P1 residue, Arg\textsubscript{5}, enabling it to strongly engage with the specificity-determining residue Asp\textsubscript{189} and surrounding backbone atoms in trypsin (Fig 2B). In contrast, KLK7 has a chymotryptic specificity, with specificity-determining residue Asn\textsubscript{189}, and a slightly deeper S1 pocket. The simulation trajectories for the SFTI-TCTR/KLK7 complex reveal that the sidechain of Arg\textsubscript{5} is only partly introduced to the S1 pocket of KLK7 and does not make contact with the specificity-determining residue Asn\textsubscript{189} (Fig 2C). Instead, the sidechain of Arg\textsubscript{5} is deflected away from the base of the S1 pocket forming a high-occupancy hydrogen bond with Thr\textsubscript{217} carbonyl (Fig 2A). Loop 217–220 of KLK7 is longer than that in trypsin and bulged outwards, widening the entrance of the S1 pocket, and making it possible to accommodate the deflected sidechain of Arg\textsubscript{5}. The aliphatic sidechain of Arg\textsubscript{5} is well suited to the relatively hydrophobic part of KLK7 S1 pocket near Ala\textsubscript{190} and Val\textsubscript{213}. The guanidinium group of Arg\textsubscript{5} forms extra hydrogen bonds with the inhibitor backbone, which may assist in stabilising this conformation (Fig 2C).

The intramolecular H-bond network of SFTI-TCTR remained well-connected, with \textit{β}-sheet H-bonds Gly\textsubscript{1} N/Asn\textsubscript{12} O, Thr\textsubscript{2} O/Asn\textsubscript{12} N and Thr\textsubscript{4} N/Ile\textsubscript{10} O maintaining >90% occupancy

### Table 2. Intermolecular hydrogen bonds in the complexes of SFTI-TCTR/trypsin (PDB ID 6BVH) and SFTI-1/trypsin (PDB ID 1SFI).

| Residue/atom | Residue/atom | Distance (Å) | Residue/atom | Distance (Å) |
|--------------|--------------|--------------|--------------|--------------|
| Asn\textsubscript{97} O | Arg\textsubscript{2} NH\textsubscript{2} | 3.05 | | |
| Gly\textsubscript{216} O | Cys\textsubscript{1} N | 2.99 | Cys\textsubscript{1} N | 3.08 |
| Gly\textsubscript{216} N | Cys\textsubscript{1} O | 3.18 | Cys\textsubscript{1} O | 3.15 |
| Glu\textsubscript{192} NE2 | Thr\textsubscript{4} O | 2.81 | Thr\textsubscript{4} O | 2.99 |
| Ser\textsubscript{195} OG | Arg\textsubscript{5} N | 2.92 | Lys\textsubscript{8} N | 2.89 |
| Ser\textsubscript{214} O | Arg\textsubscript{5} N | 3.03 | Lys\textsubscript{8} N | 3.31 |
| Asp\textsubscript{189} OD1 | Arg\textsubscript{5} NH\textsubscript{1} | 2.99 | Lys\textsubscript{8} NZ | 3.19 |
| Ser\textsubscript{190} O | Lys\textsubscript{8} NZ | 3.11 | | |
| Ser\textsubscript{190} OG | Arg\textsubscript{5} NH\textsubscript{1} | 2.85 | Lys\textsubscript{8} NZ | 2.99 |
| Asp\textsubscript{189} OD2 | Arg\textsubscript{5} NH\textsubscript{2} | 2.77 | | |
| Gly\textsubscript{215} O | Arg\textsubscript{5} NH\textsubscript{2} | 2.98 | | |
| gly\textsubscript{213} N | Arg\textsubscript{5} O | 2.68 | Lys\textsubscript{8} O | 2.60 |
| Ser\textsubscript{195} N | Arg\textsubscript{5} O | 2.90 | Lys\textsubscript{8} O | 3.06 |
| Phe\textsubscript{41} O | Ile\textsubscript{7} N | 2.98 | Ile\textsubscript{7} N | 3.01 |
| Glu\textsubscript{192} NE2 | Asp\textsubscript{14} OD2 | 2.51 | | |

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### Table 3. Inhibition of trypsin, KLK5, KLK7 and KLK14 by SFTI-1 and SFTI variants.

| Inhibitor | Sequence | Enzyme | $K_i$ (nM) $\pm$ | Substrate |
|-----------|----------|--------|----------------|-----------|
| SFTI-1    | GRCTKSIPPICFPD | Trypsin | 0.020 ± 0.002 $^{[19]}$ | Ac-YASR-pNA |
|           |          | KLK7   | 4800 ± 200     | KHYL-pNA  |
| SFTI-RCTR | GRCTRSIPPICFPD | KLK7   | 220 ± 6        | KHYL-pNA  |
| SFTI-TCTR | GTCTRSIPPICNPN | Trypsin | 0.70 ± 0.07 $^{[19]}$ | Ac-YASR-pNA |
|           |          | KLK5   | 2.0 ± 0.1 $^{[19]}$ | Ac-YRSR-pNA |
|           |          | KLK14  | 0.40 ± 0.02 $^{[19]}$ | Ac-YANR-pNA |
|           |          | KLK7   | 17.0 ± 0.4 $^{[21]}$ | KHYL-pNA  |

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in both simulations. The overall network was similar in both complexes with KLK7 and trypsin (Fig 2C and 2D), though in the presence of KLK7, the P1 Arg sidechain was able to participate in an additional interaction with Thr\textsubscript{217}O (Fig 2C). With trypsin, the Thr\textsubscript{4}O\γ sidechain participated in H-bonds with Gln\textsubscript{175} (loop 6) in trypsin (Fig 2B), resulting in the absence of an internal H-bond between Thr\textsubscript{4}O\γ and Asn\textsubscript{12}O.

Discussion

Given the profusion of disease states associated with dysregulated protease activity, administration of exogenous protease inhibitors is an appealing therapeutic strategy (see [50] for a comprehensive review). Whilst there are examples of using unmodified inhibitors such as aprotinin [51] to control aberrant proteolysis, the majority of successful exogenous inhibitor strategies make use of molecules that have been engineered to enhance their potency and selectivity. A recent successful example of this approach is the protease inhibitor drug Kalbitor\textsuperscript{R} used in the treatment of hereditary angioedema [52]. For the most part, modifications are undertaken with the aim of increasing the number or selectivity of contacts between an
inhibitor template and its target. This is perhaps somewhat counterintuitive as many naturally occurring inhibitors show relaxed specificity and are able to block the activity of multiple target enzymes. In contrast to these prevailing themes in inhibitor design, we produced a multiple-target SFTI-based inhibitor, SFTI-TCTR, by introducing four mutations, R2T (P4), K5R (P1), F12N, D14N into the cyclic backbone [19]. The design principle behind this variant was to maximise the intramolecular hydrogen bond network while minimising intermolecular sidechain interactions [19]. SFTI-TCTR is not only a highly potent inhibitor of the trypsin-like proteases trypsin, KLK5 and KLK14 but also efficiently blocks the chymotrypsin-like protease KLK7 [19]. Thus, it can control the activities of three pivotal kallikreins in the stratum corneum. Within human skin, kallikreins are controlled by endogenous inhibitor LEKTI with inhibitory $K_i$s ranging from 3 nM to 300 nM [6]. In the case of LEKTI, effective inhibition against both tryptic and chymotryptic kallikreins is achieved through its multi-domain structure with individual domains targeting a distinctive range of proteases. Thus, a recombinant LEKTI fragment comprising domains 8–11 shows nanomolar $K_i$s for KLK5 (3.7 nM), KLK7 (34.8 nM) and KLK14 (3.1 nM), while single domain fragments show considerably lower potencies [6]. In contrast, SFTI-TCTR potently inhibits KLK5, KLK7 and KLK14 with a single inhibitory loop. Packaging of this inhibitory potential into a single short peptide sequence is of considerable advantage in terms of therapeutic protease blockade in Netherton Syndrome and atopic dermatitis.

Whilst there are many studies showing inhibition of both tryptic and chymotryptic enzymes by a canonical loop with a P1 arginine residue [53], SFTI-TCTR is unusual in the potency with which it is able to block the chymotrypsin-like activity of KLK7 at nanomolar level. Furthermore, the variant SFTI-TCTR shows a 13-fold increase in KLK7 inhibitory potency compared to SFTI-RCTR, a variant where only the P1 residue of SFTI has been substituted. These two variants have identical P1 residues but show very different side loop properties, indicating the importance of non-contact mutations (R2T, F12N, D12N) in SFTI-TCTR’s potency for KLK7.

![Fig 3. Atomic root mean square fluctuations (RMSF) of inhibitor Cα in three independent MD simulations of (A) the SFTI-TCTR/KLK7 complex, and (B) the SFTI-TCTR/trypsin complex. Residues 7 and 8 show higher levels of order in the KLK7 complex compared to the trypsin complex reflecting the extended backbone interactions from Gly1 to Ile7 as opposed to Cys3 to Ile7 in the trypsin complex.](https://doi.org/10.1371/journal.pone.0210842.g003)
Analysis of the crystal structure and simulation trajectories enabled development of an understanding of the interactions and dynamics between the protease active site and the inhibitor. Although the P1 residue Arg is unfavourable for KLK7 substrate specificity, we predict that its sidechain would be able to adopt a “bent” conformation allowing its accommodation in the S1 pocket of KLK7. In addition to replacing P1 lysine in wildtype SFTI-1 with arginine, residues Arg, Phe and Asp were substituted by Thr, Asn and Asn, respectively. These changes largely minimised the sidechain interactions outside the S1 pocket at the inhibitor/protease interface, while the mainchain interactions and extended β-sheet interactions were maintained in both the SFTI-TCTR/trypsin crystal structure and modelled SFTI-TCTR/KLK7 complex. Molecular simulations showed that the poor S1-P1 contacts resulted from offset binding was compensated by the enhanced mainchain/mainchain interactions across the interface. The fact that these substitutions in SFTI-TCTR resulted in a $K_i$ of 16.8 nM for KLK7 strongly suggests that the mainchain interactions we describe are sufficient to maintain binding affinity. Interestingly, P1 sidechain distortion is observed in the crystal structures of broad-spectrum inhibitors β-amyloid precursor protein Kunitz domain inhibitor (APPI; PDB ID 1CA0) or BPTI (PDB ID 1CBW) in complexed with chymotrypsin [54]. The P1 sidechains of APPI (P1-Arg) and BPTI (P1-Lys) show a “bent” conformation and donate hydrogen bonds to the carbonyl of Thr as well as to the backbone of inhibitor molecule. The P1 Arg/Lys interacts with the S1 subsite of chymotrypsin-like proteases in a shallower manner compared to that of trypsin-like proteases. This may represent a common conformation when P1 Arg/Lys residues are accommodated by the S1 pocket of chymotrypsin-like proteases.

From a developmental perspective, the evolution of protease inhibitors must parallel that of their target proteases. In the human degradome, 570 proteases have been identified, whose activities are controlled by about 156 protease inhibitors [55]. Thus there is a trend toward developing highly “efficient” inhibitors which bind to multiple target proteases. The structural driving force behind this phenomenon is likely to be that the mainchain conformation of serine proteases is more constrained than sidechain position within the wider serine protease family. Inhibitors forming strong hydrogen bonds with the mainchain atoms of the protease active site are more likely to maintain the same interactions within homologous proteases. This affords an important molecular design opportunity in that new inhibitors could be constructed to target the mainchain motif of these proteases rather than sidechain interactions, providing a simple protein engineering solution to providing potent, broad-range, serine protease inhibition.

Supporting information

S1 Fig. $\alpha$ RMSD of molecular dynamic simulations. After a least-squares fit on $\alpha$ to the initial frame, the $\alpha$ RMSD for each frame in the trajectories was calculated, smoothed with a 1 ns Savitzky-Golay filter, and plotted. All systems plateau after ~100ns between 3–3.5 Å. (TIF)

S2 Fig. $\alpha$ RMSF of molecular dynamic simulations. (A) individual apoKLK7 runs, (B) individual SFTI-TCTR/KLK7 runs, (C) individual SFTI-TCTR/trypsin runs, and (D) overall RMSF of each system. Residue numbering follows chymotrypsin numbering, with trypsin in yellow where it differs from KLK7. The presence of SFTI-TCTR reduced the flexibility of KLK7 in simulation, as is expected for an inhibitor. The SFTI-TCTR/trypsin complex however, was the most mobile of all systems simulated, particularly around loop 3. (TIF)
SI File. Crystal structure of trypsin/SFTI-TCTR complex (PDB ID 6BVH).

(zip)

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