Ion and Acid-Base Balance in Three Species of Amazonian Fish during Gradual Acidification of Extremely Soft Water

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ABSTRACT

Sensitivity to acid water was assessed in three species of Amazonian fish that encounter naturally acidic blackwaters to differing degrees in the wild: tambaqui (Colossoma macropomum), matrincha (Brycon erythropterum), and tamoatá (Hoplosternum littorale), in decreasing order of occurrence in blackwater. Fish were exposed to a graded reduction in water pH, from pH 6 to 5 to 4 to 3.5, followed by return to pH 6. Fish were exposed to each new pH for 24 h. During these exposures, net transfers of ions (Na+/H+, K+/H+, Cl−/H2O, and Ca2+/H+) and acid-base equivalents to and from the external water were used as physiological indicators of acid tolerance. Exposure to pH 5 had a minimal effect on ion losses in all three species and proved to be acutely lethal to tamoatá. Matrincha sustained irreversible physiological damage at pH 3.5, as ion fluxes did not recover following return to pH 6 and there was some mortality. Tambaqui suffered the least ionoregulatory disturbances at pH 3.5 and was the only species to make a full recovery on return to pH 6. In all species, there was a tendency for ammonia excretion to increase at low water pH, but even at pH 3.5, there was no significant net uptake of acid from the water. Overall, there was a strong relationship between the magnitude of ionic disturbances and the lethality of exposure to low pH. The relative insensitivity of the ionoregulatory system of tambaqui to low pH indicates that this is a feature of fish native to blackwater systems rather than one that is common to all Amazon fish.

Introduction

The Rio Negro is a major tributary of the Amazon River and is characterized by its deeply colored appearance (often referred to as “blackwater”) and paucity of dissolved salts. Typically, water conductivity is low (<10 μS cm−1) due to the nutrient-poor jungle soils from which it arises (Furch 1984). For example, concentrations of sodium and calcium rarely exceed 20 and 10 μmol L−1, respectively. The Rio Negro and other blackwater systems of the Amazon basin are also characterized by their acidity. This is due to poor buffering capacity and the vast input of organic acids from decaying plant material in the surrounding tropical rain forest. The acidity reaches its peak in forest streams near the river source (pH 3.5–4.5; Walker and Henderson 1996), but even the average pH for water in the main Rio Negro is low (pH 5.1 ± 0.6; Furch 1984). Other tributaries of the Amazon River drain less nutrient-poor water, have a higher conductivity (>50 μS cm−1) and ion concentrations (Na and Cl > 100 μmol L−1), and are not acidic (pH ~ 6.9; Furch 1984). These are often referred to as “whitewater” systems because of the amount of suspended solids present.

Our current understanding of the physiology of ion regulation in freshwater fish has been developed primarily from studies on teleosts from the Northern Hemisphere. In these species, it is well established that the combination of dilute water and low pH causes ionoregulatory dysfunction as a result of inhibition of active ion uptake and acceleration of diffusive ion losses at the gills (McDonald and Wood 1981; Gonzalez and Dunson 1987, 1989; Wood 1989). On the basis of this...
pattern, one would expect conditions within the dilute and acidic blackwaters of the Rio Negro to represent a relatively hostile environment for freshwater fish in terms of ion regulation. However, both the whitewater and blackwater regions of the Amazon support a remarkable abundance and diversity of fish life (Val and Almeida-Val 1995).

In a previous article, we assessed the ionoregulatory responses of several species of Rio Negro fish following acute exposure to pH 3.5 (Gonzalez et al. 1998). All these species, endemic to blackwater, had remarkable acid tolerance and suffered only modest ionoregulatory disturbances compared with Northern Hemisphere fish. Our study sought to compare the acid tolerance of three Amazon species that naturally encounter acidic blackwaters to differing degrees in the wild. These range from fish that normally live only in whitewater to fish that are seasonally resident in blackwater (Val and Almeida-Val 1995). Tamoatá (*Hoplosternum littorale*), heavily armored catfish, are not naturally found within the blackwater systems but are an interesting comparison because they are extremely tolerant of a number of other environmental variables, such as low oxygen and high hydrogen sulfide (Brauner et al. 1995). Matrincha (*Brycon erythrogaster*) spend the majority of their life in the whitewaters of the Rio Branco but move through the blackwaters of the Rio Negro during their annual migration to spawning grounds (the meeting of the whitewater and blackwater rivers of the Rio Solimoes and Rio Negro; Zanibon-Filho 1985). Tambaqui (*Colossoma macropomum*) move seasonally between whitewater and blackwater rivers and enter extremely dilute, acidic areas of flooded jungle to feed during the rainy season (Araujo-Lima and Goulding 1997).

If tolerance to low pH is a general feature of Amazonian fish rather than a characteristic of fish found within the blackwater systems, then one would not expect to find any differences between these species in terms of their physiological responses to low pH. This has been assessed by exposing the three species to graduated reductions in external pH (from pH 6 to 5 to 4 to 3.5), maintaining fish for 24 h at each new pH. Ion and acid-base regulation are intimately linked in freshwater fish terms of ion regulation. However, both the whitewater and blackwater regions of the Amazon support a remarkable abundance and diversity of fish life (Val and Almeida-Val 1995).

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**Material and Methods**

**Animals**

Experiments were carried out at the Laboratory of Ecophysiology and Molecular Evolution, National Institute for Amazon Research (Instituto Nacional de Pesquisas da Amazonia [INPA]), Manaus, Brazil, in November–December 1995. The three species of fish used, tambaqui (*Colossoma macropomum*), matrincha (*Brycon erythrogaster*), and tamoatá (*Hoplosternum littorale*), were obtained from commercial aquaculture (the Amazon Fish Farm near Itacoatiara City, ca. 200 km from Manaus) in November 1995. Fish had been raised here in large, shallow outdoor ponds at 25°C–37°C with O2 saturation close to 100%. The composition of the water flushing the ponds varied periodically between circumneutral whitewater (pH 7.5) and acidic groundwater (pH 4.0; similar to dilute blackwater). Thus, although these fish had experienced a range of water ion and pH levels, all three species had the same history before delivery at INPA, Manaus.

On arrival in Manaus, all fish were held for 7–14 d before experiments in INPA groundwater with the following physicochemical composition (ion concentrations expressed in μmol L−1): pH 6.0–6.5 (following aeration to atmospheric Pco2 ~ 0.3 mmHg); Na+, 15; Cl−, 16; K+, 9; Ca2+, 9; Mg2+, 2; NO3−, 37; SO42−, 5; total phosphate, 1; and water alkalinity, 130 (as CaCO3). Additional calcium was added to this groundwater (as calcium nitrate) so that all experiments were carried out in an identical total Ca2+ concentration of 20 μmol L−1, which was compatible with survival of both blackwater and whitewater fish while still being extremely soft. Dissolved organic carbon concentration was 2.05 mg L−1, and temperature was 28°C–30°C. This very dilute water, close to natural blackwater apart from its lower organic content, was used in all experiments. Fish were not fed during the holding period or during experiments.

**Experimental Protocol**

Flux chambers were made from modified 20-L plastic water bottles in the case of matrincha (696 ± 72 g) and 10-L or 5-L plastic carboys in the case of tambaqui (139 ± 13 g) and tamoatá (136 ± 13 g), respectively. All fish (six of each species) were transferred from holding tanks to individual flux chambers and left overnight to recover from handling stress before experiments. Each flux chamber was supplied with water (flow rates > 500 mL min−1) from a recirculating system (700, 700, and 70 L total volume for the three species, in descending order of chamber size), and water in each chamber was aerated at all times. To prevent the excessive accumulation of excretory products, such as ammonia, 50% water changes were performed daily for these recirculating systems.

On the first day of the experiment, water pH was unaltered (pH ~ 6) to act as a control period. Net ion and acid-base fluxes were measured twice each day, after 1 and 18 h of exposure to that particular pH. During the first flux measurement of each day, water supply to each chamber was turned off and 20-mL water samples were taken immediately and then after either 1 h (matrincha and tamoatá) or 2 h (tambaqui). Aeration ensured mixing and the maintenance of PO4 close to air saturation.
during the periods of closure. Flow was then returned to each chamber, and 16–17 h later, a second flux measurement was made. On day 2, the water in the recirculating system was gradually acidified over a period of 3 h to pH 5 with H2SO4. Flux measurements were then made 1 and 18 h after this new pH had been reached. On days 3 and 4, the water pH was lowered to pH 4 and 3.5, respectively, and the same flux protocols were repeated. On day 5, the water pH was then returned to pH 6.5 (by a combination of water changes and addition of KOH), and the same flux protocol was repeated as a “recovery” flux measurement. In the case of tamoata only, the pH 5 step was omitted; that is, pH was changed from 6 directly to 4 on day 2. This was due to time limitations and the prior knowledge that pH 5 had negligible effects on the other two species. At the end of the recovery flux, all fish were removed from the chambers and weighed.

Analytical Techniques

The pH of water samples was measured using a pH electrode and meter (Orion). Water cations (Na+, K+, and Ca2+) were measured by flame photometry. Water chloride concentration was measured using a modified colorimetric assay (Zall et al. 1956). Water total ammonia concentration was measured using a modified colorimetric assay (Zall et al. 1954). Water total ammonium concentration was measured using a modified colorimetric assay (Zall et al. 1954). Acidic and alkaline flux rates (Ta) were taken; that is, pH was changed from 6 directly to 4 on day 2. This was due to time limitations and the prior knowledge that pH 5 had negligible effects on the other two species. At the end of the recovery flux, all fish were removed from the chambers and weighed.

Net Na+ and Cl− Fluxes

All three species were approximately in ion balance with respect to Na and Cl during the control flux periods at pH 6 (i.e., net fluxes for these ions were within ~50 μmol kg−1 h−1 of zero; Figs. 1, 2). Exposure to pH 5 had no significant effect on either Na− or Cl− fluxes in the matrincha and tambaqui. Catfish were not exposed to pH 5. Exposure to pH 4 for 1 h produced significant net losses of Na− and Cl− in all three species (mean fluxes ranged from −176 ± 27 to −319 ± 14 μmol kg−1 h−1). By 18 h of exposure to pH 4, net Na− or Cl− fluxes had recovered to within 100 μmol kg−1 h−1 of zero in all three species, although the net Cl− loss in matrincha was still significantly lower than the relevant control period (Fig. 2).

Exposure to pH 3.5 produced the most dramatic differential between the three species. Tamoata suffered very large losses of both Na+ and Cl− after just 1 h (−894 ± 41 and −633 ± 46 μmol kg−1 h−1, respectively), and none survived until the 18-h flux period. Assuming that total body Na and Cl contents are similar to those of other freshwater fish (e.g., 33 and 29 μmol g−1, respectively, in soft-water-acclimated rainbow trout; Wilson et al. 1994), these flux rates would represent net losses equivalent to 65% and 52% of whole body Na and Cl stores, respectively, if continued for 24 h. Matrincha were more tolerant of pH 3.5, with net losses of Na+ and Cl− that were only 66% and 75%, respectively, of those for tamoata during the first hour. The magnitude of these negative fluxes was reduced by about 40% after 18 h at pH 3.5, but matrincha were still suffering significant net losses of both Na+ and Cl− at this time. There was some delayed mortality in the matrincha on returning to pH 6, with only five and then two fish surviving after 1 and 18 h of the recovery period, respectively.

Tambaqui suffered the least ionoregulatory disturbances at pH 3.5 with net Na+ and Cl− fluxes after 1 h that were only 42% and 43%, respectively, of those for tamoata during the
same period. A substantial recovery of these ion fluxes was observed after 18 h at pH 3.5; indeed, net Na\(^+\) fluxes were not significantly different from the appropriate control period in tambaqui. On return to pH 6, net Na\(^+\) fluxes rapidly reversed to positive values that were significantly higher than the control measurements after both 1 and 18 h (Fig. 1). Net Cl\(^-\) fluxes followed a similar trend though were not significantly above the control values.

**Net K\(^+\) Fluxes**

Net K\(^+\) fluxes were in or close to equilibrium under control conditions (pH 6) and were unaffected by exposure to pH 5 in matrincha and tambaqui (Fig. 3). At pH 4, tamoatá and tambaqui experienced significant net losses of K\(^+\) after both 1 and 18 h of exposure. This effect was delayed until the 18-h flux measurement in matrincha. This pattern and magnitude of net K\(^+\) losses were repeated in the tambaqui when water pH was decreased further to 3.5, although net flux after 18 h was not significantly different from the control period in tambaqui. However, exposure to pH 3.5 caused a much greater stimulation of net K\(^+\) losses in the tamoatá and matrincha. Net losses were more than tripled after just 1 h in the tamoatá, and all fish were dead before the 18-h flux at this pH. No recovery of K\(^+\) fluxes was apparent in the matrincha, even after 18 h at pH 3.5. When water pH was returned to the control value (pH 6), tambaqui completely recovered K\(^+\) balance, whereas the surviving matrincha suffered a continuation of large net K\(^+\) losses,
Responses of Amazonian Fish to Gradual Water Acidification

Although these were not significant because of the declining number of fish.

Net Ca\(^{2+}\) Fluxes

Unlike the patterns observed for the above monovalent ions (Figs. 1–3), there was no obvious trend for increasingly negative net Ca\(^{2+}\) fluxes as pH was gradually reduced (Fig. 4). Significant net losses of Ca\(^{2+}\) were observed during exposure to pH 5 in the tambaqui and at pH 3.5 in the tamoatá and tambaqui. However, these losses did not appear to be proportional to external acidity, and, relative to the monovalent ion fluxes, absolute rates were very low after 1 h at pH 3.5, even in the tamoatá, which died within hours of this measurement.

Net Acid-Base Fluxes

There was a tendency for ammonia excretion (\(J_{\text{Am}}\); the hatched bars in Fig. 5) to increase in all three species during the graduated reduction in external acidity (Fig. 5). This trend reached its peak after 1 h at pH 3.5 when ammonia excretion was at least double the control rate in all three species. The effect of pH on titratable acid fluxes (\(J_{\text{TA}}\); the upward open bars in Fig. 5) was not so consistent. Exposure to both pH 5 and 4 for 18 h significantly reduced \(J_{\text{TA}}\) in matrincha, whereas 1-h exposure to pH 3.5 caused a large increase in \(J_{\text{TA}}\) in the tamoatá. The \(J_{\text{TA}}\) was unaffected by pH in the tambaqui. Under control con-
Figure 5. Effect of graduated water pH changes on acid-base fluxes in three species of Amazonian fish: tamoatá (Hoplosternum littorale), matrincha (Brycon erythropterum), and tambaqui (Colossoma macropomum). Fish were exposed to each new pH for 24 h, and fluxes were measured after 1 and 18 h of exposure to each new pH level. Hatched bars represent total ammonia fluxes; open bars represent titratable acid fluxes ($J_{TA}$); solid bars represent net acidic equivalent fluxes. Bars represent means ± SE. $N = 6$ fish at the start for all three species. No tamoatá survived beyond the first hour of exposure to pH 3.5. Some mortalities were also observed in the matrincha during the recovery period at pH 6 (numbers in parentheses indicate number of surviving fish). Asterisks indicate numbers are significantly different from the appropriate (either 1- or 18-h) control flux at pH 6.

Discussion

Species Sensitivity to Low pH

The relative sensitivity of the three species to low external pH was as predicted based on the degree of their normal occurrence in naturally acidic blackwaters in the Amazon basin. No mortality was observed in the tamoatá, which are found in both blackwater and whitewater areas. Matrincha experience blackwater in the wild but only pass through the main (least acidic) channel of the Rio Negro during spawning migrations; only two out of the six matrincha survived the entire exposure regime in these experiments. The tamoatá, resident mainly in whitewater rivers, were the least acid tolerant, being unable to survive more than a few hours at pH 3.5. Although this comparison is based on only three species, the data here suggest that acid tolerance is related to life in blackwater areas rather than being a characteristic of all fish of the Amazon. The extremely high tolerance of tamoatá to other noxious environments, such as low oxygen and high hydrogen sulfide (Brauner et al. 1995; Val and Almeida-Val 1995), was not paralleled by a high tolerance to low pH. However, this is perhaps not surprising and probably reflects differential mechanisms of toxicity for low pH (ionoregulation) and these other variables (gas transport).

Acid Toxicity and Ionoregulatory Failure

In general, there was a strong relationship between the magnitude of ion losses for Na, Cl, and K and the toxicity of exposure to low pH (Figs. 1–3). In the tamoatá and matrincha, net losses of the three monovalent ions became excessive at the lowest pH, whereas tambaqui suffered the least in terms of net ion losses and made a full recovery when returned to pH 6. This fits with the concept that acid toxicity is exerted primarily through its effect on ionoregulatory systems in the gills of freshwater fish (McDonald 1983; Wood 1989; Reid 1995). In contrast to the monovalent ions, net Ca$^{2+}$ fluxes were not overtly affected by low pH. This is also true of nonacidophilic species from the Northern Hemisphere exposed to milder pH’s (Höbe et al. 1984; Audet et al. 1988; Verbost et al. 1992).

The exceptional tolerance of tambaqui to low pH during our flux experiments was emphasized in the parallel study by Wood et al. (1998); cannulated tambaqui exposed to a similar graded pH regime experienced no significant disturbances in blood parameters relating to ion regulation, gas transport, or acid-base balance down to pH 4. However, there appears to be a threshold somewhere between pH 3.5 and 3 at which tambaqui
reach their limit for physiological recovery. Wood et al. (1998) exposed tambaqui to pH 3.0 rather than 3.5 during the last day of acid exposure and observed a severe stress response (elevated plasma cortisol, glucose, and ammonia levels and reduced plasma ions) and 42% mortality. In cannulated tambaqui, it was clear that permanent damage to their ionoregulatory systems had been sustained at pH 3.0 because several variables including plasma ion levels did not recover following return to pH 6.

The elevation of ammonia excretion at the lowest pH is indicative of a generalized stress response in which cortisol can promote proteolysis (Anderson et al. 1991; van der Boon et al. 1991). This would raise circulating ammonia concentrations, as found in our parallel study on cannulated tambaqui (Wood et al. 1998). Despite the very large H$^+$ gradient from water to blood when exposed to pH 3.5, the net flux of acidic equivalents remained at essentially zero in the tambaqui. This agrees with the absence of any internal acid-base disturbances in cannulated tambaqui, even after 24 h at pH 3.0 (Wood et al. 1998). Acid-base disturbances are similarly lacking in salmonids exposed to low pH, provided the water calcium concentration is sufficiently low (Wood 1989). However, such measurements have not been made in salmonids exposed to pH’s lower than 4. The complete absence of any changes in the blood acid-base status in the tambaqui, even at pH 3, is therefore still impressive. Possible explanations for this and the role of external calcium in modulating acid-base fluxes across the gills are discussed in more detail in the article by Wood et al. (1998).

It is perhaps not surprising that, qualitatively at least, acid water affects blackwater residents in a similar manner to non-acidophilic Northern Hemisphere fish; that is, ionoregulation is the primary target of acid toxicity. The difference is therefore mainly quantitative, with tambaqui having a threshold for acute toxicity approximately 1 pH unit lower than that for salmonids (Fromm 1980; Wood and McDonald 1982; Reid 1995). This represents a 10-fold higher H$^+$ ion concentration, which emphasizes the exceptional acid tolerance of the tambaqui.

Acclimatory Responses during Gradual Exposure to Low pH

The gradual water acidification regime employed in our study is probably more relevant for fish like tambaqui than acute transfer to low pH. These fish are most likely to experience changes in water pH that are gradual and progressive if they swim from whitewater to blackwater areas and then into the most acidic forest streams.

The use of a graduated water acidification regime in our study clearly reduced the severity of ion losses in tambaqui. By comparison, tambaqui held in the same water conditions as used in our study but transferred directly from pH 6 to 3.5 for 1 h suffered two- to threefold greater losses of Na$^+$ and Cl$^-$ (Wood et al. 1998). This difference indicates that compensatory mechanisms were initiated during the gradual exposure, which allowed a substantial improvement in their ability to overcome further reductions in pH. The induction of such compensatory responses must be quite rapid because tambaqui had largely regained control of their net ion fluxes within 18 h of exposure to each new acidic pH.

Similar reductions in the degree of physiological disturbances have been seen in brown trout, carp, and tilapia when gradually rather than abruptly exposed to milder acidities (Stuart and Morris 1985; Wendelaar Bonga et al. 1987; van Dijk et al. 1993). Thus, such acclimatory responses are not unique to acidophilic Amazonian fish, such as tambaqui. However, the intriguing question is what these compensatory mechanisms are and how they can overcome the ionoregulatory problems faced in waters as acidic as pH 3.5. The fact that net Na$^+$ fluxes in tambaqui were substantially positive immediately after returning to pH 6 suggests that Na$^+$ uptake had been up-regulated and/or that Na$^+$ efflux had been down-regulated during the previous acid exposure. Both seem likely strategies on the basis of the experiments of Gonzalez (1996) and Gonzalez et al. (1997) using various species of tetra as model acidophilic Amazon species. From these studies, it is apparent that neon tetras can restore Na$^+$ balance within 24 h of being exposed to pH 3.5 as a result of a rapid stimulation (almost doubling) of Na$^+$ uptake, followed by a slower recovery of Na$^+$ efflux to preexposure rates (Gonzalez 1996). How these ionoregulatory processes are affected and whether the response is similar in the other 1,000 or so species of fish native to the Rio Negro is currently unknown.

In conclusion, acid tolerance in the three cultured species investigated here was predictable based on the degree to which they would experience naturally acidic blackwater in the wild. The most tolerant of these, the tambaqui, exhibited an impressive insensitivity to low pH in our experiments. However, it is noteworthy that even this acid tolerance was surpassed by that observed in four species caught and assessed in Rio Negro blackwater during an expedition on board the research vessel Amanai II in November 1995 (Gonzalez et al. 1998). Future work on the ionoregulatory mechanisms in these wild Rio Negro species could be the most revealing in terms of ionoregulatory adaptations to life in ion-poor and acidic waters.

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