## Supplemental Table 1.
Demographic and Clinical Characteristics of the Sample (N = 105)

| Variable | HC (n = 51) | SZ (n = 54) | t or F | p-value |
|----------|-------------|-------------|--------|---------|
| **Sociodemographic Variables** | | | | |
| Age (years) | 52.1 (11.5) | 53.8 (10.0) | -0.80 | 0.426 |
| Sex (Female) | 49.0% | 53.7% | 0.23 | 0.631 |
| Race | | | 1.86 | 0.762 |
| Caucasian | 52.9% | 51.9% | | |
| African American | 9.8% | 14.8% | | |
| Hispanic | 31.4% | 27.8% | | |
| Asian | 5.6% | 3.7% | | |
| Other | 0.0% | 1.9% | | |
| Education | | | 37.26 | <0.001 |
| High School or Below | 4.1% | 61.1% | | |
| Bachelor's Degree | 85.7% | 35.2% | | |
| Graduate Degree | 10.2% | 3.7% | | |
| **Physical Health** | | | | |
| Smoker (current) | 0.0% | 55.6% | 26.40 | <0.001 |
| Substance use at baseline (current) | 11.1% | 48.1% | 15.66 | <0.001 |
| Alcohol abuse at baseline (current) | 22.0% | 44.4% | 5.86 | <0.05 |
| Antipsychotic medications (currently taking) | 0.0% | 90.7% | 86.77 | <0.001 |
| Comorbidity (CIRS-G) | 1.9 (2.4) | 6.2 (4.4) | -6.05 | <0.001 |
| Physical well-being (MOS-36) | 52.7 (7.8) | 45.4 (9.7) | 3.98 | <0.001 |
| **Mental Health** | | | | |
| Mental well-being (MOS-36) | 53.7 (6.1) | 43.4 (11.8) | 5.35 | <0.001 |
| **Psychopathology** | | | | |
| Positive symptoms (SAPS) | 0.4 (1.1) | 5.9 (3.7) | -10.38 | <0.001 |
| Negative symptoms (SANS) | 1.0 (1.2) | 6.2 (4.2) | -8.56 | <0.001 |
| Depression (CDRS) | 0.8 (1.8) | 2.6 (3.3) | -3.49 | <0.01 |
| Anxiety (BSIA) | 1.4 (2.3) | 6.8 (6.1) | -5.72 | <0.001 |

Data are presented as mean (standard deviation) for continuous variables or percent for categorical variables.

BSIA = Brief Symptom Inventory Anxiety Subscale; CDRS = Calgary Depression Scale; CIRS-G = Cumulative Illness Rating Scale for Geriatrics; MOS-36 = Medical Outcomes Survey Short Form; SANS = Scale for the Assessment of Negative Symptoms; SAPS = Scale for the Assessment of Positive Symptoms