Characterization, conservation and loss of dignity at the end-of-life in the emergency department. A qualitative protocol

Abstract

Aims: To explore and understand the experiences of terminally ill patients and their relatives regarding dignity during end-of-life care in the emergency department.

Background: The respect given to the concept of dignity is significantly modifying the clinical relationship and the care framework involving the end-of-life patient in palliative care units, critical care units, hospices and their own homes. This situation is applicable to in-hospital emergency departments, where there is a lack of research which takes the experiences of end-of-life patients and their relatives into account.

Design: A phenomenological qualitative study.

Methods: The protocol was approved in December 2016 and will be carried out from December 2016–December 2020. The Gadamer’s philosophical underpinnings will be used in the design and development of the study. The data collection will include participant observation techniques in the emergency department, in-depth interviews with terminally ill patients and focus groups with their relatives. For the data analysis, the field notes and verbatim transcriptions will be read and codified using ATLAS.ti software to search for emerging themes.

Discussion: Emerging themes that contribute to comprehending the phenomenon of dignity in end-of-life care in the emergency department are expected to be found. This study’s results could have important implications in the implementation of new interventions in emergency departments. These interventions would be focused on improving: the social acceptance of death, environmental conditions, promotion of autonomy and accompaniment and assumption (takeover) of dignified actions and attitudes (respect for human rights).

KEYWORDS
dignity, dying, emergency medicine, end-of-life care, nursing, palliative care, patient experiences
INTRODUCTION

Historically, most healthcare interventions have focused on illness prevention and patient recovery. In Western societies, scientific and technical developments are changing the understanding of concepts such as human being, life and death (Tellett, Pyle, & Coombs, 2012). The progress of scientific knowledge and the technologies applied to health sciences have contributed to prolonging life expectancy. For example, between 1992 - 2013, life expectancy in Spain increased by 6 years for men and 4.4 years for women (INE, 2017). Consequently, the current life expectancy in Spain is 86 years old for women and 80 years old for men (WHO, 2015). Together with increasing longevity (Matus-López & Cid-Pedraza, 2014), preserving people's quality of life (Sagha Zadeh, Eshelman, Setla, & Sadatsafavi, 2017) should be a primary objective of healthcare systems (Durán Agüero & Vásquez Leiva, 2015). Science does not always offer a cure to diseases such as cancer, AIDS, organ failure (renal, cardiac, hepatic) or neurodegenerative diseases, which after long and painful processes lead to death. We understand a terminal disease to be an advanced, progressive and incurable disease without reasonable possibilities of response to treatment, for which life expectancy is less than 6 months (SECPAL, 2014). This is often accompanied by intense, multifactorial and changing symptoms and it has a strong emotional impact on patients, relatives and healthcare professionals (SECPAL, 2014). It is therefore a challenge for our healthcare systems to provide care and quality of life in diseases associated with advanced ages (Durán Agüero & Vásquez Leiva, 2015) or terminal processes, where patients continue to encounter inadequate and poorly prepared structures for their care (Admi et al., 2013).

However, since the last century, it is also undeniable that beyond scientific and technical advances, disciplines such as bioethics have put the dying process at the centre of biomedical, ethical and philosophical research. In this respect, whilst the increase in life expectancy is indisputable, the debate over quality of life and the dying process remains open (Scanlon & Murphy, 2014). Matters such as the gradual aging of the population or the healthcare expenses for patients with chronic illnesses and/or at the end of their lives, are still sources of discussion and controversy (Forero et al., 2012; Sepúlveda et al., 2014). Beyond economic or demographic aspects, a new care framework has been consolidated in this process, which includes profound changes in the way people are experiencing, treating and caring at the end of life (Granero-Molina et al., 2014; Phillips, 2013). The repercussion is unquestionable across all levels of health and social care, but it is even more so in highly technified care contexts such as Intensive Care Units (ICU) and/or Emergency Departments (ED).

In these settings, phenomena such as the objectification of death and the objectification of the body lead to the dissociation with the dying person, which may also lead to disregarding important aspects such as accompaniment, rituals and mourning (Scott, 2013). Respecting individual, cultural and social differences in terminally ill people and their relatives can contribute to the preservation the dying patient's dignity in ICUs and EDs. However, the lack of social acceptance of death, together with the absence of tradition in complying with advanced guidelines, can generate anguish, suffering, anger and frustration for all those who are involved in the phenomenon (Jiménez-Herrera & Axelsson, 2015). Not recognizing the imminence of death, the lack of knowledge or the inadequacy of palliative care all continue to contribute to the dying patient's arrival in the ED. However, the ED is a space designated for looking for those who are acutely ill, where death is associated more with the failure of science than an unavoidable stage of life (Fernández-Sola et al., 2017).

For terminal patients, the EDs are access points for hospital care; a crossover point on the way to hospital, community care settings or home. Whilst the new palliative care policies foster home care and contribute to redirecting the situation (Beczce, 2016; Richards, Ingleton, Gardiner, & Gott, 2013), patients at the end of their lives are still attending the ED (Smith et al., 2009). The ED is a place where the dying patient’s body is ‘out of place’ (Bailey, Murphy, & Porock, 2011); here, the patient with terminal cancer or a chronic/degenerative disease faces inadequate healthcare services that are rarely prepared for their care (Admi et al., 2013). This can lead to the loss of fundamental aspects of human dignity such as confidentiality, accompaniment or privacy (Nayeri & Aghajani, 2010). In the light of acute conditions that threaten his/her life, the dying patient in the ED is confronted with overcrowding, stress, lack of communication, fear and loneliness (Limehouse, Ramana Feeser, Bookman, & Derse, 2012). In this setting, patients, relatives and healthcare professionals encounter technical interventions (Nikki, Lepisto, & Paavilainen, 2012), futility, therapeutic limitations (Ache, Wallace, & Shannon, 2011; Scanlon & Murphy, 2014), “Do-Not-Resuscitate” orders (Jesus et al., 2014), palliative sedation (Escalante et al., 2008), advanced directives (Lee & Kim, 2010; Scheck, 2012) and even the loss of dignity (Latour & Albarran, 2012; Molan, 2012).
In these highly technified services that are focused on saving lives, the dignity of people in the process of dying can be strongly undermined (Seale, 2009). This situation not only affects patients and relatives but also healthcare professionals who show signs of anxiety (Peters et al., 2013) or burnout syndrome (Adriaenssens, De Gucht, & Maes, 2015). Despite the introduction of palliative care and the generally failow attempts to implement advanced planning (Van Tricht et al., 2012; Wong, Weiland, & Jeli- nek, 2012), the threat to the individual and his/her functional impairment, together with the absolute dependence on others in the ED, continue to threaten a basic right of terminally ill patients: human dignity.

1.1 | Background

In Kantian terms, dignity lies in the autonomy of individuals to use reason to assign themselves rules for their actions; autonomous beings act according this maxim: “use humanity as much in your own person as much in the person of every other; always at the same time as end and never merely as means” (Kant, 2002, p. 5). The “end in itself” condition is based on the inherent value of rational personal existence and dignity, which places individuals above everything that may have value (Kant, 2002, pp. 52–53). This gives people a characteristic of self-respect and a certain satisfaction with themselves (Formosa, 2014). This principle presents itself to one’s will as a duty that does not lie in feelings but rather demands human beings to only obey their own law, which they must try to transform into a universal principle (Kant, 2002, pp. 54–58). The notion of dignity emphasises the value and demand of unconditional respect of every individual, which cannot be reduced to a mere tool of means outside of those chosen by oneself. In the biolaw field, dignity has been incorporated as a concept with two opposing facets that, in reality, are complementary: dignity as “empowerment” and “constraint”. The role of dignity in the field of bioethics and biolaw on an international level has been consolidated due to UNESCO’s implementation of the Universal Declaration of Bioethics and Human Rights in 2005 (Andorno, 2011).

Every human being has dignity and the right for it to be preserved at all times. Human dignity is reflected in a set of choices, values, ideals, lifestyles (and ways to confront end of life) for each individual (Edlund, Lindwall, Post, & Lindström, 2013). Dignity at the end of life can be seen as the ability to maintain cognitive capacity, comfort or control over one’s own behaviour (Guo & Jaconl, 2014). It can also be understood as a source of respect, autonomy and the ability to make decisions and communicate (Haugen, 2010). For Kant, autonomy is the central phenomenon of dignity; therefore, life in itself does not represent the greater good that has been entrusted to us nor one which we should attend to first, but rather that there are higher ranking duties. For those who hold themselves in high esteem, acting freely is not based on fearing death but rather on facing it calmly (Kant, 2001, pp. 149–150). The importance, therefore, lies not in the human being having a long life but rather in feeling that, even at the end of life, he/she has lived with dignity (Kant, 2001, pp. 150–151).

The respect of people’s dignity is profoundly changing the clinical relationship and care framework of the dying patient (Fernández-Sola et al., 2012). Although dignity is a vague, multifaceted concept that is difficult to measure (Griffin-Heslin, 2005), it has become a fundamental issue for patients, their relatives, professionals and healthcare providers (Guo & Jacelon, 2014). Although research in this field is exhaustive, phenomenological studies have demonstrated their value in exploring patients’ experiences at the end of life in areas such as critical care (King & Thomas, 2013). The Gadamerian hermeneutic phenomenology (Gadamer, 2013), which includes concepts like “pre-understanding” and “fusion of horizons” as the nuclear axis of the interpretation phenomenon; together with Chocinov’s model (Chochinov, 2002, 2004; Chochinov, Hack, McClement, Kristjanson, & Harlos, 2002; Fernández-Sola et al., 2017), which explains the phenomenon of dignity at the end of life in categories such as “problems related to illness”, “dignity-conserving repertoire” and “social dignity inventory”, have proven to be appropriate theoretical and methodological frameworks for the study of dignity in end-of-life care.

In relation to dignity, there are various countries that have introduced important legislation with substantial changes in the regulation of dying peoples’ rights (Fernández-Sola et al., 2012). In this regard, the debate about the limitations of therapeutic efforts and the artificial prolongation of life (Garcia & Rivas, 2013; Morales, 2015) has given rise to regulatory laws. Legislative changes aside, cultural change is slow and difficult, and it is not having the expected effects (Sepúlveda et al., 2014).

Contrary with general opinion, good professional care and a support network can contribute to preserving the dignity of dying patients in their homes (Oosterveld-Vlug et al., 2014); however, a large proportion of these patients are still attending the EDs when faced with the exacerbation of symptoms. It continues to be a space where the meaning of dying with dignity remains ambiguous, a context where it can even pass unnoticed (Griffin-Heslin, 2005). Although the debate surrounding the dignity of a human being in the process of dying is longstanding, its current materialisation in EDs raises technical and moral questions that need to be addressed (Iglesias & Lafuente, 2010; Van Tricht et al., 2012). Even though the inclusion of palliative care in EDs can facilitate comfort and the alleviation of physical suffering and pain (Grudzen et al., 2013), the results are still insufficient and/or controversial in the comprehensive care of dignity at the end of life.

It is necessary to understand the viewpoints of all participants in the process and the experiences of the patients, relatives and ED professionals (Marck et al., 2014; Nikki et al., 2012). Various studies have already noted the need to define dignity, identify its loss and promote its preservation in places such as the ED (Beckstrand, Wood, Callister, Luthy, & Heaston, 2012; Sepúlveda et al., 2014). Some phenomenological studies have already incorporated the experiences of healthcare professionals, mostly ED physicians and nurses (Díaz-Cortés et al., 2017; Fernández-Sola et al., 2017; Granero-Molina, Díaz-Cortés,
Hernández-Padilla, García-Caro, & Fernández-Sola, 2016). However, it is necessary to research the phenomenon in other contexts and to incorporate the experiences of the patients and their relatives.

2 | THE STUDY

2.1 | Aims

To explore, describe and understand the experiences of professionals, patients and relatives, related to the characterisation, loss and preservation of dignity in end-of-life care in Emergency Departments.

To create protocols (or clinical pathways) for the care of terminally ill patients in the Emergency Departments of participating hospitals.

2.2 | Design/methodology

A qualitative study based on the hermeneutic phenomenology of H. G. Gadamer was designed. In alignment with Gadamer’s philosophy, the existential nature of a human being means “being-in-the-world”, which allows a human being to understand him/herself in a historical context and a horizon of understanding. Understanding a phenomenon requires the combination of pre-understanding, theoretical understanding, values and experiences of “being-in-the-world” (Gadamer, 2013). Moreover, this understanding encompasses an interpretative process known as the hermeneutic circle, which constitutes the circularity of movement between parts and the whole (Debesay, Nåden, & Slettebø, 2008). The hermeneutic circle involves a dialogue with another “you” in a fusion of horizons marked by finitude.

According to Gadamer, a phenomenon is understood through conversation and a meeting with the truth of others, which allows one to go beyond the process of understanding and expand horizons of meaning of “being-in-the-world” (Gadamer, 2013).

The study’s work plan (including objectives, tasks, milestones and deliverables) can be seen in Table 1.

2.2.1 | Participants

Participants will be recruited through purposeful sampling and maximum variation and will comply with the following inclusion criteria:

- Patients with terminal illnesses, treated at least once in the ED in the 6 months prior to data collection, with clinical stability and without cognitive deterioration, who grant consent for their participation.
- First degree relatives of terminal patients, treated at least once in the ED in the 6 months prior to data collection, with clinical stability and without cognitive deterioration, who grant consent for their participation.
- Healthcare professionals (nurses and physicians) who work in the ED and who have cared for terminal patients in ED and who grant consent for their participation.

Exclusion criteria will be: (1) to have suffered a personal loss in the year prior to the study (the mourning period could lead to bias); (2) to have any type of cognitive deterioration; and (3) to have a diagnosed disorder related to depression or state of mind.

2.2.2 | Data collection

The following qualitative research techniques will be carried out: participant observation (PO); focus groups (FG) and in-depth interviews.

For the participant observation, permission will be gained from the institutions participating in the project. The PO will be conducted by the research team: 6 months of participant observation in the treatment of dignity in terminal patients in the observation area of the ED at Hospital Torrecárdenas, Hospital La Inmaculada and Hospital de Poniente. The researcher will be an employee from each centre and will collect field notes during their observation period.

For the interviews and focus groups, the participants will be identified when they attend one of the Emergency Departments. Once they have been transferred back to their home or to another hospital ward, they will be contacted by the researcher to see if they would like to grant informed consent and be interviewed (patients) and/or take part in a focus group (relatives). A researcher trained in conducting qualitative interviews will go to the patient’s home or hospital ward to carry out the interview. The following is planned:

- Three Focus Groups (spouses of terminal patients): each consisting of 6–8 participants, who will attend the ED. Place: Hospital Torrecárdenas, Hospital La Inmaculada and Hospital de Poniente. Duration (approx.): 1 h.
- In-depth interviews (patients-1): 25 thorough interviews of terminal patients who have only received treatment once in an ED. Place: patient’s home. Duration: between 20 and 50 min, depending on the needs/situation of the patient.
- In-depth interviews (patients-2): 25 thorough interviews of patients who have received treatment more than once in an ED. Place: patient’s home. Duration: between 20 and 50 min, depending on the needs/situation of the patient.
- In-depth interviews (professionals): 15 participants, ED professionals (physicians and nurses). Place: Hospital Torrecárdenas, Hospital La Inmaculada and Hospital de Poniente. Duration (approx.): 1 h.
- Workshops: Workshops will be created in each participating hospital as part of the knowledge transfer strategy. Strategies and clinical pathways focused on the conservation of dignity will be designed using consensus techniques such as nominal group technique (NGT) or analysis of Strengths, Weaknesses, Opportunities and Threats (SWOT) and will be based on the views and experiences of the healthcare professionals, family members and patients.

2.2.3 | Data analysis

All the field notes, along with the transcriptions of FGs and in-depth interviews will be transcribed and incorporated into the Hermeneutic
Unit for posterior analysis with the software Atlas.Ti 7.0. The analysis, superimposed in the theoretical and methodological framework of Gadamer’s hermeneutic phenomenology, will take the following steps described by V. Fleming (Fleming, Gaidys, & Robb, 2003):

**Phase 1.** The first step will be focused on reflecting and deciding if the research question is pertinent in relation to the methodological hypotheses. Being treated with dignity in the ED at the end of life is a phenomenon from which a hermeneutic understanding can be gained as it represents an experience in the lifeworld.

**Phase 2.** The second step will be focused on researchers identifying the pre-understanding of the study phenomenon. The researchers have previous experience in the study of end-of-life care, and having clinical experience in the Emergency Department. This aids in the formulation of significant questions, in accessing the field and in carrying out participant observation, interviews and focus groups.

**Phase 3:** The third step will be focused on obtaining an understanding of the phenomenon through dialogue with the participants:

- During the data collection and transcription, researchers will gain an immediate understanding of what the participants say.
- To integrate the reader and the text, an open reading will be conducted to gain a general impression of the experiences.
- In this phase, the content of the text will be corroborated and new possibilities will be explored.

**Phase 4:** The fourth step will be focused on carrying out a conversation between the researchers and participants through the text. This will be done through:

### TABLE 1 Work plan

| Timeline | Objective | Tasks | Milestones | Deliverables | Analysis |
|----------|-----------|-------|------------|--------------|----------|
| PHASE 1: State of the issue, make contacts, prepare permissions | | | | | |
| Semester-1 | To explore the state of knowledge | Review bibliography | State of knowledge | Updated bibliography DI and FG Guides | |
| | Look for contacts | ED visits | Make contacts | Calendar of observations. | |
| | Request Ethics Committee permissions (CREC) | Complete CREC reports. | Request permissions | CREC permissions granted | |
| Timeline | Objective | Tasks | Milestones | Deliverables | Analysis |
| PHASE 2: Data collection | | | | | |
| Semester-2 | Observe care of terminally ill patients in the ED | PO-1 | Complete field notebook | Notebook completed | Data analysis |
| | Observe care of terminally ill patients under observation in the ED | PO-2 | Complete observation notebook | Notebook completed | |
| Semester-3 | Experiences of spouses | FG-1 | Conduct FG-1 | FG-1 Transcription | |
| | Experiences of children | FG-2 | Conduct FG-2 | FG-2 Transcription | |
| | Experiences of professionals | FG-3 | Conduct FG-3 | FG-3 Transcription | |
| | FG-4 | Conduct FG-4 | FG-4 Transcription | |
| Semester-4 | Experiences of terminally ill patients (1st visit to the ED) | DI-1 | Conduct DI-1 | DI-1 Transcription | |
| | Training of ED professionals | DI-2 | Conduct DI-2 | DI-2 Transcription | |
| | Knowledge transfer (Design a care guide) | DI-3 | Conduct DI-3 | DI-3 Transcription | |
| Timeline | Objective | Tasks | Milestones | Deliverables | Analysis |
| PHASE 3: Data analysis, report writing and publication of results | | | | | |
| Semester-4 | Analyse data | Data analysis | Data analysed | Results available | |
| | Design a care guide | Design guide | Guide published | Terminally ill ED patient care guide | |
| Semester-5 | Write results | Write a scientific article | Submitting articles to JCR journals | 3 submitted articles | |
| | | | Presentations prepared | | |
| Semester-6 | Publication of results | Look after the review process Preparation of conferences and presentations | Articles published (JCR) Conferences in the National Health Service and congresses | 3 published articles (JCR) Presentations in International Congresses | |
• Coding the most significant phrases taken from the text and assigning codes to represent their meaning.
• Grouping codes in units of meaning (an intermediate analytical construct).
• Grouping units in meaning of subthemes and themes.

Together with the results of the literature review, the information obtained in the workshops will be analysed and used to create documents on care protocols and clinical pathways. Experts in end-of-life care and ED professionals will review these documents to reach an agreement on the final version through consensus techniques.

2.3 | Ethical considerations

The protocol was assessed and approved by the Almeria Biomedical Research Ethics Committee in their meeting on 29 March, 2017, with the protocol number FFI2016-76927-P (AEI/FEDER, UE).

The ethical principles regarding studies and research involving human beings set down in the Declaration of Helsinki (2008) were considered.

• Project of Scientific and Social interest, based on the high rates of terminal patients in EDs and studies regarding the loss of dignity during their care.
• Prior to obtaining consent, the research team will inform the participants about the study. Each participant will receive an information sheet about the study, be given verbal explanations and sign an informed consent form.
• The voluntary nature of participation will be guaranteed. The participants will be informed that failure to participate or complete the study will not hold any negative implications for their treatment or care.
• The risk-benefit ratio is ensured; although qualitative studies do not imply a physical risk, unnecessary inconveniences for the patients and their relatives will be avoided, adapting data collection to their needs and preferences and always considering the participants’ well-being.
• The integrity and privacy of information will be protected at all times, in line with the Organic Law 15/1999 of 13 December for the Protection of Personal Data in Spain. Confidentiality of the information provided by the participants will be guaranteed, together with their anonymity. For this reason, the participants’ names will be changed in the interview and focus group transcripts and in the field notes, using pseudonyms or codes (EP-1, EP-2… EPn). Any identifying characteristics which are not pertinent to the study will be modified. The names of professionals who are interviewed or mentioned will be removed, leaving only their professional role.
• Access to information will also be protected; only members of the research team will be able to access the information. This information will be stored in computer and audio files, protected during the study and destroyed when it finishes. The participants will be informed of the protocols for the protection, storage, access and destruction of the information obtained.

2.4 | Rigour

Although, according to Gadamer, it is not possible to achieve objectivity in a hermeneutic research project, we will be faithful to the texts and the research context. This, along with the identification of all of the stages of research, will contribute to maximizing the reliability of the study. Measures planned in other qualitative research protocols (Groot et al., 2017) will be implemented to reinforce the reliability and validity of the study. The researchers will attend meetings where they will reflect on and discuss the design, data collection and data analysis processes. Furthermore, to analyse how subsequent interviews can be improved, the researchers will review the interview protocol and listen to the first two recorded interviews. Credibility will be obtained by guaranteeing that all the participants’ opinions and points of view are represented in the study results. Likewise, confirmability will be achieved by going back to the participants in all stages of the research process. Lastly, with the objective of reinforcing reliability, credibility and confirmability of the study, we will guarantee that:

• The final list of topics and quotes will be confirmed by the participants in the FGs and the in-depth interviews.
• The coding will be carried out by three members of the research team.
• To ensure reflexivity, all elements of the study will be reflected on and discussed at each stage of the design: an examination of pre-understanding and the motivation for the research question will be conducted, a reflexive diary will be kept during the field work and data analysis methods that incorporate reflexivity will be employed (Green & Thorogood, 2014; Mauthner & Doucet, 2003).

3 | DISCUSSION

Incorporating the perspectives of patients and their relatives into the study of issues related to end-of-life care is a necessary step to improve the care of these patients (Díaz-Cortés, et al., 2017, Marck et al., 2014). We trust that the emerging themes will be able to contribute to comprehending the phenomenon of the dignity in end-of-life care in the Emergency Department. Previous studies have shown that dignity in end-of-life care should be understood as a person’s inherent value, where socio-environmental conditions and conscious actions/attitudes are also involved as attributes of dignity (Fernández-Sola et al., 2017). Other studies have identified the main problems that, according to professionals, affect dignity in the ED. Issues such as the exposure of bodies to “a cold world”, undignified actions from the professionals themselves and the care culture of “family obstinacy and hospital rescue” could lead to a loss of dignity for end-of-life patients in the ED (Beckstrand et al., 2012; Granero-Molina, 2003).
et al., 2016). Promoting dignity in these environments involves redesigning the services focused on human dignity and providing care with a particular sensitivity and focus on emotional aspects (Díaz-Cortés et al., 2017).

This study's results could have important implications in the implementation of new interventions in the Emergency Departments. These interventions would be focused on improving the following: the social acceptance of death or dignity (Rannikko et al., 2017), environmental conditions, promotion of autonomy and accompaniment and assumption (takeover) of dignified actions and attitudes (respect for the human rights) (Díaz-Cortés et al., 2017).

3.1 | Changes

Changes suggested by reviewers from the funding entity (the Spanish government) have been made to the protocol. One of the problems identified was the difficulty to access participants through a project led by university researchers. To address this limitation, the team has been expanded to include physicians and nurses from the three participating hospitals. Also, further information regarding the expected participants has been included. The ethical considerations have also been expanded and the study protocol has been evaluated and approved by the “Public Health Service Biomedical Research Ethics Committee”. The reviewers highly valued the interdisciplinary nature of the team, which is comprised of nurses, philosophers, physicians, anthropologists and psychologists. They also valued the methodological approach based on the combination of qualitative research and the Gadamerian hermeneutic. The reviewers expect a philosophical reflection which helps to “turn the project into something more than an interesting psychosocial study; it could even provide an interesting model to understand the contribution of philosophy in this type of research”. To respond to these suggestions, a team of researchers from the areas of philosophy and nursing has been formed.

3.2 | Limitations

In Spain, there has been recent legislation about the dignity of a person in end-of-life care (Fernández-Sola et al., 2012). This could change the paradigm of care in such a way that the concern arising among Spanish professionals might not be seen in other countries. Furthermore, as in other European countries (Fassier, Valour, Colin, & Danet, 2016), emergency care in the public healthcare system is universally available. Our study will take place in public hospitals, where the cost of health care may not be a concern for the participants and decision-making processes may not be influenced by it. Including participants from the private care sector could lead to different results as the influx of users in this setting is notably smaller and more matters relating to comfort are addressed. Nonetheless, it is worth mentioning that, in our context, the proportion of end-of-life care provision at a private level is irrelevant compared with public health care.

4 | CONCLUSION

The development of the protocol could contribute to the incorporation of the participants’ experiences in the development of Plans for admission, placement, care and accompaniment of terminal patients and relatives in the ED. Furthermore, the knowledge gained through this project could prove beneficial in the diversifying of care provided for terminal patients and their relatives in the ED (e.g., psychological and spiritual support). The anticipated outcomes of this protocol include the need to restructure the physical spaces designated for the care of terminal patients and their relatives in the ED and the development of plans to restructure the organisation of work in the care of terminal patients and their relatives in the ED.

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CONFLICT OF INTEREST

No conflict of interest has been declared by the authors.

AUTHOR CONTRIBUTIONS

All authors have agreed on the final version and meet at least one of the following criteria [recommended by the ICMJE (http://www.icmje.org/recommendations/)]:

- substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data;
- drafting the article or revising it critically for important intellectual content.

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