Abstract

Ischemia/reperfusion (I/R) injury still represents an important cause of morbidity following hepatic surgery and limits the use of marginal livers in hepatic transplantation. Transient blood flow interruption followed by reperfusion protects tissues against damage induced by subsequent I/R. This process known as ischemic preconditioning (IP) depends upon intrinsic cytoprotective systems whose activation can inhibit the progression of irreversible tissue damage. Compared to other organs, liver IP has additional features as it reduces inflammation and promotes hepatic regeneration. Our present understanding of the molecular mechanisms involved in liver IP is still largely incomplete. Experimental studies have shown that the protective effects of liver IP are triggered by the release of adenosine and nitric oxide and the subsequent activation of signal networks involving protein kinases such as phosphatidylinositol 3-kinase, protein kinase C δ/ε and p38 MAP kinase, and transcription factors such as signal transducer and activator of transcription 3, nuclear factor-κB and hypoxia-inducible factor 1. This article offers an overview of the molecular events underlying the preconditioning effects in the liver and points to the possibility of developing pharmacological approaches aimed at activating the intrinsic protective systems in patients undergoing liver surgery.

INTRODUCTION

The understanding of the proteomic features associated with cell response to stresses is one of the present-day challenges in medical science. This knowledge is increasingly necessary to identify new molecular targets for therapeutic interventions. A turning-point on this matter has been the discovery that tissues already possess a number of inducible systems able to make them more resistant to a wide array of injuries. One of these adaptive responses is represented by the capacity of a non-lethal ischemia to modulate cell functions by increasing resistance to subsequent lethal ischemia/reperfusion[1,2]. Since its first description in the myocardium[3], this phenomenon, termed “ischemic preconditioning” (IP), has been the subject of
rising interest in the scientific and medical communities. The effects of IP can be differentiated into early effects and late effects. The former, immediately follows the transient ischemia and involves the direct modulation of specific cell functions, while late effects are evident within 12-24 h from the transient ischemia and require the simultaneous activation of multiple stress-responsive genes associated with the synthesis of several proteins.

**ISCHEMIA-REPERFUSION INJURY OF THE LIVER**

Hepatic ischemia/reperfusion (I/R) injury occurs as a consequence of trauma and hemorrhagic shock as well as temporary clamping of the hepato-duodenal ligament during liver resection (Pringle manoeuvre).

I/R is the main factor responsible for primary graft non-function or malfunction following liver transplantation. Even moderate reperfusion damage, which does not severely affect the graft, can impair long-term hepatic recovery and enhance patient susceptibility to infections and multiple organ failure. The shortage of organs for liver transplantation, forces consideration of cadaveric and steatotic grafts (marginal grafts) which have a higher susceptibility to I/R injury. Living donor liver transplantation (LDLT) is a promising alternative approach aimed at increasing the number of donor livers. A major concern over the application of LDLT in adults is graft size disparity which is responsible for the appearance of the life threatening effects of the “small for size syndrome”. “Small for size syndrome” can occur even when the critical mass for safe LDLT (40% of standard liver volume) is transplanted and this effect is related to the impaired regeneration of the reduced liver mass induced by I/R.

**LIVER ISCHEMIC PRECONDITIONING**

Beside the heart, IP effects have been demonstrated in many other tissues. Studies performed in rats and mice, showed that interruption of liver blood supply for 5-10 min followed by 10-15 min of reperfusion reduced hepatic injury during a subsequent extended period of ischemia followed by reperfusion. These beneficial effects were particularly evident in fatty livers in which preconditioning almost halved transaminase release and histological evidence of necrosis. The application of preconditioning protocols to rodent liver transplantations showed that IP applied before cold preservation, decreased transaminase release and sinusoidal endothelial cell killing in the graft, improving rat survival.

A further feature of hepatic IP was the capacity to promote hepatocyte regeneration. Hepatocyte proliferation in rats subjected to 70% hepatectomy is significantly reduced by 45 min of hepatic ischemia. Such an effect was entirely reverted by pre-exposure to IP. Consistently, preconditioning procedures significantly enhanced liver regeneration in the experimental model of reduced-size rat liver transplantation.

**MOLECULAR SIGNALS OF HEPATIC ISCHEMIC PRECONDITIONING**

Despite a significant number of studies on liver preconditioning, knowledge on the mechanisms responsible for the induction of the “preconditioned” phenotype is still incomplete. Studies from our and other laboratories have indicated that the process of preconditioning implies the production of complex proteomic modifications within liver cells which are now beginning to be characterized.

**Adenosine, adenosine triphosphate and nitric oxide as molecular inducers of hepatic preconditioning**

“In vivo” and “in vitro” studies have clearly established that the onset of IP is triggered by the production of adenosine and by the subsequent stimulation of adenosine A2a receptor (A2aR). In particular, Peralta et al. showed that adenosine treatment reproduced the protective action of IP and that IP was reverted by adenosine deaminase and by the adenosine A2 receptor antagonist, 3,7-dimethyl-1-propargylxanthine. Pretreatment of rats with the adenosine A2 receptor agonist, CGS21680, but not with the adenosine A1 receptor agonist, N-phenylisopropyl adenosine, enhanced tolerance against IR damage. By using primary rat hepatocytes preconditioned with 10 min of hypoxia plus 10 min of re-oxygenation, we confirmed that the extracellular release of adenosine induced hepatocyte protection by autocrine stimulation of the A2aR. In particular, in extra-hepatic and hepatic tissues have clearly shown that transient oxygen deprivation triggers the release of several metabolites including adenosine triphosphate (ATP). In the extracellular space, ATP is rapidly metabolized to adenosine via CD39 and CD73 ecto-nucleotidases present on the extracellular portion of cell plasma membranes. In particular, ectoapyrase (CD39) converts ATP to adenosine monophosphate (AMP), while ecto-5’-nucleotidase (CD73) further degrades it to adenosine. Thus, CD73 represents the major extracellular pathway for adenosine generation. Consistently targeted gene deletion or pharmacologic inhibition of CD73 was demonstrated to abolish hepatic protection by IP.

Recent observations from our group also suggested that ATP itself could act as an additional trigger of liver preconditioning. We observed that the release of ATP from hepatocytes enhanced their tolerance to hypoxia independently from the generation of adenosine. Further, degrades it to adenosine. Thus, CD73 represents the major extracellular pathway for adenosine generation. Consistently targeted gene deletion or pharmacologic inhibition of CD73 was demonstrated to abolish hepatic protection by IP.

Further evidence indicated that during IP, hepatic endothelial cells responded to adenosine stimulation by generating nitric oxide (NO) which contributed to the modulation of hepatocyte tolerance to I/R. Indeed, the administration of NO donors promoted tolerance to I/R in the absence of adenosine, while NO synthase inhibitors reverted IP. Similarly, the treatment of primary
Alchera E et al. Signalling in hepatic preconditioning

Figure 1  Signalling pathways involved in the development of ischemic preconditioning in rat hepatocytes. Adenosine triphosphate (ATP), adenosine and nitric oxide (NO) act as inducers of hepatocyte preconditioning by modulating a network of constitutive and newly synthesized signal mediators. Some of these mediators play a common central role in hepatocyte cytoprotection. p38 MAP kinase (p38 MAPK) is a mediator of the cytoprotective effects of all three preconditioning stimuli. Phosphatidylinositol 3-kinase (PI3K) mediates both adenosine and NO early resistance to hypoxia. PI3K together with protein kinase C (PKC) δ and ε, also induces hepatocyte late resistance to hypoxia contributing to the normoxic activation of hypoxia-inducible factor 1 (HIF-1). Diacylglycerol kinase theta (DGKθ) and the phosphatase tensin-homologues-deleted from chromosome 10 (PTEN) which metabolize diacylglycerol and phosphatidylinositol, respectively, are inhibited during preconditioning to sustain activation of the diacylglycerol (DAG)-dependent PKC δ and ε and the PI3K-dependent signals. See text and Refs [21,25,27,28,32,35,37,43]. P2YR: Purinergic P2Y receptors; A2aR: Adenosine 2A receptors; S-CG: Soluble guanylate cyclase; cGMP: Cyclic guanosine monophosphate; cGK: cGMP-dependent kinase; AC: Adenylyl cyclase; cAMP: Cyclic adenosine monophosphate; PLC: Phospholipase C; PA: Phosphatidic acid.

Signalling pathways involved in adenosine and ATP-induced hepatoprotection

Using preconditioned rat hepatocytes, we observed that A2aR stimulation activated a cascade of intracellular signals involving Gi protein, phospholipase C (PLC), the novel isoforms of protein kinase C (PKC) δ and ε and p38 MAP kinase (p38 MAPK) [21] (Figure 1). The effective contribution of p38 MAPK in liver IP signalling was confirmed in vivo in mice where increased p38 MAPK phosphorylation was associated with tolerance against reperfusion injury [29]. Moreover, p38 MAPK inhibitors abolished resistance to I/R injury both "in vivo" and "in vitro" [25,30].

A2aRs are known to be typically coupled to Gs proteins that through adenylyl-cyclase (A-C) stimulate protein kinase A (PKA) [31]. However, in an early study we excluded the involvement of PKA in mediating IP, as PKA pharmacological activation was devoid of protective action [21]. Subsequent research clarified this discrepancy, as we observed that A2aRs were actually coupled with Gs proteins and PKA [32]. PKA, however, by phosphorylating A2aR, shifted A2aR coupling from Gs proteins to Gi proteins and this led to the recruitment of the PLC-PKC pathway [32] (Figure 1). Interestingly, PKA phosphorylated A2aR only in the presence of its ligand (adenosine) and this explained why direct PKA activation in the absence of adenosine lacked protective activity [21,32]. The same research also highlighted the critical role of phosphatidylinositol-3-kinase (PI3K) in hepatic IP [32]. PI3Ks are a family of intracellular signal transducers that generate phosphatidylinositol (3,4,5)-triphosphate (PIP3), a second messenger that plays a central role in the regulation of cell proliferation, survival and metabolism [33]. In preconditioned hepatocytes, PI3K was activated upon A2aR engagement through Gi protein and Src kinase stimulation [31]. PI3K was shown to contribute to IP by promoting the activation of PLC and of PKC δ and ε (Figure 1) [32]. It is well known, however, that downstream of PI3K, protein kinase B (PKB/AKT) is a key modulator of a variety of pro-survival and pro-regenerative signals [34]. Thus, the PI3K-PKB/AKT pathway likely...
represents an important pathway in the development of liver IP. Interestingly, PKB/AKT activation in connection with the development of tolerance to I/R was evident in rat hepatocytes and mouse livers\cite{32,33} undergoing IP, as well as in preconditioned human liver grafts immediately after transplantation\cite{33}. At present, the intracellular signals involved in ATP-dependent preconditioning are less well characterized. We reported that ATP-mediated activation of P2Y receptors was coupled with the phosphorylation of Src tyrosine kinase and of p38 MAP kinase that, in turn, inhibited the activation of ERK 1/2 consequent to hypoxic stress\cite{38} (Figure 1).

**Constitutive mediators of nitric oxide-induced cytoprotection**

The signalling pathways responsible for the cytoprotective action of NO were investigated in rat hepatocytes treated with the NO donor, NOC-9, and then exposed to hypoxia. NOC-9-induced protection involved two parallel pathways. In one pathway, NO stimulated Ras GTPase, and in the other, NO directly activated the soluble guanylate cyclase (sGC) that by producing cyclic guanosine monophosphate (cGMP) stimulated the cGMP-dependent kinase (cGK) that also contributed to Ras GTPase activation\cite{27,28}. Both the Ras and the cGK pathways then converged on the activation of PI3K, while only the sGC-cGK pathway was responsible for activating p38 MAPK (Figure 1)\cite{27,28}.

**Negative regulators of liver preconditioning**

It is increasingly clear that the development of hepatic IP requires the activation of a complex network of signals comprising cell-surface receptors, redox signals and a diverse array of protein kinases including PKCδ and PKCe. In preconditioned hepatocytes, the membrane recruitment and activation of PKCδ and PKCe was fully dependent on their direct interaction with diacylglycerol, generated by adenosine-induced activation of PLC-γ and diacylglycerol analogues which fully mimicked the activation of the signals that induce IP\cite{29,30}. However, it is now clear that the accumulation of cellular diacylglycerol also depends on the rate of its metabolism to phosphatidic acid by diacylglycerol kinases (DGKs)\cite{36}. In this regard, we recently observed that following IP or A2aR activation, the onset of hepatocyte tolerance to hypoxia was associated with a decrease in DGK activity\cite{31}. Moreover, stimulation of A2aR specifically inhibited DGK isoform ε by activating RhoA-GTPase\cite{37}. The pharmacological inhibition of DGKs has consistently led to a diacylglycerol-dependent activation of PKC δ/ε and of p38 MAPK. Moreover, both genetic and pharmacological inhibition of DGK ε induced cell tolerance to hypoxia\cite{37}. Altogether these results unveiled a novel mechanism in the onset of hepatocyte preconditioning and demonstrated that the down-regulation of antagonist enzymes such as DGK was essential to obtain the diacylglycerol accumulation required to trigger PKC-mediated survival signals.

Similarly, preliminary data indicated that in parallel with the activation of PI3K, A2aR stimulation reduced the intracellular levels of the dual protein/lipid phosphatase tensin-homologues-deleted from chromosome 10 (PTEN) that inhibits PI3K-mediated signals by degrading phosphatidylinositol (3,4,5)-triphosphate\cite{37}. We observed that PTEN inhibitors mimicked the induction of preconditioning (Cescon et al\textsuperscript{39} unpublished results), while PKB/AKT activation and the clinical efficacy of IP in preconditioned human liver were fully explicated only in the presence of significant PTEN down-regulation.

Altogether these results demonstrated the importance of the down-modulation of key inhibitory enzymes for full activation of preconditioning responses. Moreover, these observations indicated the possible use of inhibitors of DGKs or PTEN as pharmacological inducers of hepatic preconditioning.

**Nuclear transcription factors in liver preconditioning**

As previously mentioned, the late effects of IP require the transcription of different stress-responsive genes and protein synthesis\cite{32}. Growing evidence indicates that these responses are achieved by the coordinated activation of several transcription factors.

**Nuclear factor-κB**: Nuclear factor-κB (NF-κB) is typically devoted to the regulation of genes involved in inflammatory response and cell survival\cite{36}. In experimental models of liver I/R, IP modifies NF-κB activity in different ways\cite{29,30}. In one study, IP decreased NF-κB activity 1 h after reperfusion\cite{39}, and in another study, IP activated NF-κB during the ischemic period\cite{29}. These contrasting results could be due to predominant NF-κB modulation in non-parenchymal vs parenchymal cells or to a differential regulation of NF-κB in the different phases of liver preconditioning. In addition, the NF-κB decrease during reperfusion was strictly related to a reduction in inflammatory cytokine expression\cite{38}, indicating a down-regulation of pro-inflammatory responses in Kupffer/sinusoidal endothelial cells. Conversely, NF-κB activation during ischemia was associated with the hepatoprotective action of IP\cite{39}, suggesting that, in hepatocytes, NF-κB-dependent genes contributed to survival responses.

**Signal transducer and activator of transcription**: The signal transducer and activator of transcription (STAT) transcription factors are a group of proteins implicated in the control of cell proliferation and survival processes\cite{40}. IP induced the activation of the interleukin (IL)-6/STAT3 axis in liver and this pathway was involved in both cytoprotection and hepatic regeneration. On the one hand, as a result of hepatic preconditioning, NF-κB was shown to stimulate the expression of IL-6 and STAT3 that, in turn controlled cyclin beta1 synthesis and cell cycle progression\cite{30}. On the other hand, studies with IL-6 null mice showed that the cytoprotective effects of IP against I/R injury depended on IL-6 signalling and were associated with hepatic STAT3 activation\cite{41}.

**Hypoxia-inducible factor 1**: Hypoxia-inducible factor 1 represents an important regulator of the adaptive response to hypoxia in many tissues, including the liver. In this context, the expression of HIF-1α is induced in a variety of cell types during early stages of liver injury, contributing to the activation of pro-inflammatory and profibrotic pathways. However, the role of HIF-1α in liver preconditioning is less well characterized. Recent studies have shown that HIF-1α is upregulated in preconditioned hepatocytes, suggesting a potential involvement in the cytoprotection elicited by preconditioning. Furthermore, the inhibition of HIF-1α has been reported to impair the cytoprotective effects of IP in liver transplantation, indicating a possible role of HIF-1α in the development of tolerance to I/R. Overall, these findings highlight the complexity of the transcriptional regulation of liver preconditioning and underline the importance of further studies to clarify the molecular mechanisms underlying the cytoprotective effects of IP.
HIF-1(1) is the main regulator of tissue adaptation to oxygen deprivation[42]. Active HIF-1 is a heterodimer consisting of an inducible HIF-1α subunit and a constitutively expressed HIF-1β subunit. HIF-1α is extremely labile in normoxia, as it is continuously degraded in proteasomes following hydroxylation, catalyzed by the oxygen-dependent HIF-prolyl-4-hydroxylase and arginyl-hydroxylase.[42]. The lowering of intracellular oxygen prevents HIF-1α hydroxylation allowing its nuclear translocation and binding to hypoxic response elements of a number of genes regulating erythropoiesis, angiogenesis, glucose transport, glycolysis and cell survival.[42]. Using preconditioned hepatocytes, we showed that HIF-1α activation was associated with the induction of a long lasting tolerance to hypoxic injury[49]. Furthermore, Amador and co-workers reported an increase in HIF-1α in concomitance with a lowering of hepatocyte apoptosis in human transplanted livers exposed to IP[46]. HIF-1 activation by IP was not due to the transient hypoxia occurring during the induction of preconditioning, but required A2aR activation[48]. This implicated an oxygen-independent mechanism in the regulation of HIF-1. Indeed, several reports demonstrated that a number of non-hypoxic stimuli (i.e. growth factors, cytokines, hormones and endotoxins) can activate HIF-1 in an oxygen-independent manner[49]. This process implies a PI3K- and PKC-dependent increase in the translation of HIF-1α mRNA, a process that shifts the synthesis/degradation balance towards HIF-1α accumulation[46]. We found that in hepatocytes, adenosine-dependent HIF-1 activation required the stimulation of both PI3K and PKC pathways[49]. This indicated that preconditioning stimuli, acting through the same survival pathways, could contextually lead to the early and late phase of response against cell injury.

**Changes in the pattern of protein expression following liver preconditioning**

Information concerning the genes modulated in response to liver IP is still limited. In accordance with the role of NO production as a trigger of IP, increased nitric oxide synthase expression was detected in preconditioned rat liver[47]. Microarray analysis of preconditioned human liver confirmed a significant increase in the amount of inducible nitric oxide synthase and also showed an increase in the anti-apoptotic protein, Bel-2[46]. These analyses also showed that IL-1 receptor antagonist (IL-1Ra) was the most over-expressed gene in human preconditioned livers[48], in accordance with the anti-inflammatory effects of IP. Parallel studies investigating the gene expression pattern in preconditioned rat hepatocytes showed changes in 43 genes including those of the anti-inflammatory IL-10 and the antioxidant enzyme superoxide dismutase 2 (SOD2)[49]. In another study, a marked increase in SOD as well other endogenous antioxidants such as catalase (CAT) and glutathione peroxidase was also observed[44].

As previously mentioned, HIF-1 controls the expression of a variety of genes implicated in erythropoiesis, angiogenesis, glucose transport, glycolysis and cell survival[42]. In this context, we observed that the A2aR-dependent activation of HIF-1 in hepatocytes was associated with the expression of carbonic anhydrate IX (CAIX)[43], a transmembrane enzyme that by catalyzing bicarbonate production was implicated in preventing hepatocyte death (see later).

**MOLECULAR MECHANISMS OF CELL RESISTANCE TO INJURY FOLLOWING HEPATIC PRECONDITIONING**

The hepatoprotective effects of liver preconditioning impact on a number of different mechanisms. These include several processes acting against ischemia-induced damage as well as against reperfusion injury[23,38].

**Protection against ischemic damage**

A decrease in hepatic energy state is the main cause of liver cell injury during ischemia. Oxygen deprivation causes loss of mitochondrial potential, ATP depletion and intracellular acidification which are turning points in the onset of irreversible liver cell injury[30,31]. In early research, we found that activation of the Na+/H+ exchanger in response to cellular acidosis combined with the inhibition of Na+ extrusion by the Na+/K+ ATPase, resulted in Na+ accumulation within hepatocytes[52] (Figure 2). Na+ overload was a critical step in hepatocyte damage during warm and cold hypoxia, as well as at the beginning of re-oxygenation, and its prevention markedly delayed the appearance of necrotic cell death[52-56]. Indeed, increased Na+ caused an irreversible influx of Ca2+ by activating the Na+/Ca2+ exchanger[56] and deranged cell volume regulatory mechanisms that ultimately led to osmotic hepatocyte lysis[57]. In rat hepatocytes, IP or treatment with A2aR agonists, ATP analogues or NO donors all protected against hypoxia-induced Na+ overload and such protection was causally associated with increased cell survival[20,21,25,27,28,43]. Interestingly, the maintenance of Na+ homeostasis was achieved both in the early phase of hepatic preconditioning[20,21,25,27,28], as well as in the late effects[43] (Figure 2). In the early phase of IP, inhibition of the Na+/H+ exchanger and activation of the vacuolar ATPase (V-ATPase) were mainly involved (Figure 2). Indeed, in hepatocytes treated with ATP5S, activation of the P2Y receptors/Src/p38MAPK axis inhibited ERK 1/2-mediated activation of the Na+/H+ exchanger responsible for Na+ influx during hypoxia[25] (Figure 2). Adenosine- and NO-dependent maintenance of Na+ homeostasis in preconditioned hepatocytes depended on p38 MAPK and PI3K signalling and involved the neutralization of intracellular pH achieved by the activation and translocation on plasma membrane of the V-ATPase (Figure 2). V-ATPase, acting as an alternative pH buffering system, extruded protons thus avoiding the activation of Na+-dependent transporters[20,27,28]. The mechanism of Na+ maintenance during the later phase of IP involved the HIF-1-mediated expression of CAIX in hepatocyte plasma membranes. The bicarbonate generated by CAIX was transferred to the cytosol through the Cl-/HCO3- exchanger and neutralized intracellular pH avoiding Na+ influx[52] (Figure 2). Beside these effects on...
**Mechanisms involved in hepatocytes preconditioning**

![Diagram of mechanisms involved in hepatocytes preconditioning](image)

**Figure 2** Na⁺-dependent mechanisms involved in hepatocyte damage by hypoxia and their modulation by ischemic preconditioning. Hypoxia-induced adenosine triphosphate (ATP) depletion causes intracellular acidification, leading to inhibition of Na⁺/K⁺ ATPase and the activation of acid buffering systems (Na⁺/H⁺ exchanger). This leads to an increase in intracellular Na⁺ that precipitates irreversible hepatocyte damage. ATP-dependent signalling through purinergic P2Y receptors prevents Na⁺ accumulation by inhibiting the ERK 1/2-dependent activation of the Na⁺/H⁺ exchanger. Adenosine and nitric oxide (NO) activate the vacuolar proton ATPase that maintains intracellular pH avoiding activation of the Na⁺/H⁺ exchanger. Adenosine also induces the hypoxia-inducible factor 1 (HIF-1) target gene, carbonic anhydrase IX (CAIX), which converts CO₂ into bicarbonate, that once transported into the hepatocytes through the Cl⁻/HCO₃⁻ exchanger, neutralizes the intracellular pH and prevents Na⁺ accumulation. See text and Refs [61,62,68,69].

**Protection against reperfusion damage**

Mitochondria are a major target of the damaging effects of reperfusion[51]. Oxygen re-admission promotes free radical formation by uncoupled mitochondria with consequent mitochondrial oxidative damage and swelling[62]. IP protected mitochondria from oxidative reperfusion damage[63] and preserved mitochondrial redox-state[64], thus attenuating the impairment of ATP synthesis occurring at reperfusion. IP also improved hepatic intracellular oxygenation[65], preserved sinusoidal wall integrity and avoided liver microcirculatory failure induced by I/R[63]. Together these actions preserved aerobic ATP synthesis maintaining the hepatic energy status during re-oxygenation.

During reperfusion, preconditioned livers also showed a significant reduction in oxidative damage[60,67]. This effect could be ascribed to the increased content of antioxidant enzymes such as SOD, CAT and GSPx[49,68], as well as the reduced generation of reactive oxygen species by mitochondria and inflammatory cells. In the latter context, several studies have outlined the capacity of liver preconditioning to reduce inflammatory responses associated with reperfusion. IP decreased leukocyte adhesion to sinusoidal endothelial cells, lowering post-ischemic neutrophil infiltration[68,69]. IP also attenuated the production of pro-inflammatory cytokines/chemokines during reperfusion[70,68,69]. Finally, pharmacological stimulation of A2aR inhibited the activation of hepatic natural killer T lymphocytes, a process that was causally associated with the protective action of IP against hepatic reperfusion damage[51].

An important consequence of IP was the prevention of hepatocyte and sinusoidal endothelial cell apoptosis[51]. Such an effect can be ascribed to the amelioration of oxidative damage, to the reduced production of pro-apoptotic cytokines as well as to a direct interference with apoptotic mechanisms. Indeed, the increase in PKB/Akt observed in preconditioned hepatocytes[52] represents an important anti-apoptotic signal, since PKB/Akt blocks apoptosis by interfering with Bad, caspase-9 and cFLIP functions[71]. NF-κB might also be implicated in the regulation of hepatocyte response to pro-apoptotic stimuli and the increase in NF-κB nuclear binding observed as early as 30 min after liver IP[29] should be considered in this context. It cannot be excluded that NO-mediated signals might also contribute to the anti-apoptotic action of preconditioning by preventing loss of mitochondrial potential, cytochrome c release and caspase activation[72].

In conclusion, the combined effects of liver preconditioning on energy status, ion homeostasis, oxidative stress, pro-apoptotic responses and inflammation could explain the reduction in hepatocyte and sinusoidal endothelial cell death observed in preconditioned livers exposed to I/R[51].

**Induction of hepatic regeneration**

One of the key issues in the possible exploitation of preconditioning on LDLT is related to its effects on hepatocyte proliferation. The mechanisms involved in the pro-regenerative effects of liver preconditioning are beginning to be elucidated. Hepatocyte growth factor (HGF) and...
transforming growth factor (TGF)-β are two cytokines that have opposite actions on liver regeneration, and promote and inhibit hepatocyte proliferation, respectively.[80]. The capacity of IP to enhance liver regeneration after reduced-for-size transplantation was associated with increased HGF levels[13] and a lowering of TGF-β production[16]. These effects were causally related to a reduction in IL-1α and an increase in heat shock protein (HSP) 70 expression, respectively.[15,16]. Furthermore, a recent study also associated the capacity of IP to attenuate injury in small-for-size liver grafts with the prevention of free radical production and mitochondrial dysfunction, through an increased expression of HSP90, a molecular chaperone that facilitates the mitochondrial import of Mn-SOD[19].

**ISCHEMIC POST-CONDITIONING**

The term ischemic post-conditioning refers to the capacity to prevent myocardial I/R injury by the application of brief cycles of ischemia during the reperfusion period after a sustained ischemic episode[5-77]. To date, the effects of post-conditioning in the liver have been reported in two studies. These studies showed that the application of brief ischemia in the early phase of reperfusion after rat liver transplantation, was associated with an amelioration of transaminase release and prevention of hepatocyte apoptosis[78-80]. These observations have new important clinical implications as these mechanisms may also act when hepatic damage has already started. In relation to the mechanisms involved in liver post-conditioning, preliminary results in our laboratory indicated that pharmacological post-conditioning with A2aR agonists induced PI3K activation and prevented post-ischemic damage in hepatocytes[81].

**CLINICAL APPLICATIONS OF LIVER PRECONDITIONING**

The clinical efficacy of hepatic preconditioning was clearly demonstrated in clinical trials performed in patients undergoing hemi-hepatectomy[82,83]. In these patients, IP obtained by 10 min of ischemia and 10 min of reperfusion before 30 min of inflow occlusion, significantly reduced transaminase release and ameliorated sinusoid endothelial cell apoptosis as compared to liver exposed to Pringle’s manoeuvre only[82,83]. These effects were particularly evident in patients with mild or moderate steatosis, but were not observed in subjects older that 60 years[83]. Considering the possible impact that preconditioning may have in attenuating the effects of long-term graft exposure to cold and warm ischemia during liver transplantation procedures[25], the therapeutic use of IP in this setting should have important outcomes. The application of IP in human liver transplantation from deceased donors has, however, demonstrated conflicting results[44,84-87]. Indeed, some studies have shown the efficacy of IP in ameliorating transaminase release and in reducing primary graft malfunctions, whereas others have not observed significant differences[44,84-87]. In an attempt to gain some insight into the possible reasons for the failure of IP to protect liver grafts against reperfusion injury, we investigated the intracellular signals activated by IP in transplanted livers from heart-beating deceased donors. The data obtained indicated that IP stimulated PI3K-mediated signals in only half of the grafts and such variability correlated with the clinical effectiveness of IP. Our data also suggested that it was the failure of PTEN down-modulation that likely contributed to the lack of PI3K response to IP[83]. These observations indicated the necessity to explore alternative procedures to surgical IP to overcome the variability of human grafts in activating preconditioning responses. In this regard, the pharmacological induction of liver preconditioning likely represents a more reliable technique for stimulating the intrinsic systems of cytoprotection in humans.

**PHARMACOLOGICAL INDUCTION OF HUMAN LIVER PRECONDITIONING**

The clinical potential of pharmacological liver preconditioning is clearly suggested by animal studies, however, only two trials have so far addressed this aspect. In one study, Lang and co-workers reported that patients receiving volatile NO during orthotopic liver transplantation displayed an accelerated restoration of liver function as compared to the control group[89]. In the other report, Beck-Schimmer and co-workers showed that preconditioning with the halogenated anaesthetic, sevoflurane, in 64 patients undergoing liver surgery significantly ameliorated transaminase release and the incidence of severe post-operative complications[90]. These observations are consistent with increasing data regarding the efficacy of sevoflurane preconditioning in preventing myocardial ischemia/reperfusion injury[90]. Nonetheless, the availability of several liver specific NO donors and of a variety of effective adenosine A2A receptor agonists[91-93] offers the possibility of extending the number of studies aimed at directly evaluating new approaches to pharmacological liver preconditioning in humans.

**CONCLUSION**

In spite of a large number of studies on liver preconditioning, general knowledge on this phenomenon is far from complete. The available data give some insight into the signalling pathways responsible for both the early and late responses of IP, as well as some of the cellular modifications involved in the hepatoprotective effects of preconditioning. Additional extracellular inducers and constitutive or newly synthesized mediators are, however, likely to be involved. Little is known about the proteomic changes associated with inhibition of the inflammatory responses and the promotion of hepatic regeneration. Further research is thus needed to clarify these aspects. In particular, preclinical studies are necessary to identify a panel of the most suitable targets of liver preconditioning whose modulation by means of pharmacological or genetic therapies will allow effective activation of endogenous hepatoprotective systems in patients.
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