Transient fluctuation theorem in closed quantum systems

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Abstract – Our point of departure are the unitary dynamics of closed quantum systems as generated from the Schrödinger equation. We focus on a class of quantum models that typically exhibit roughly exponential relaxation of some observable within this framework. Furthermore, we focus on pure state evolutions. An entropy in accord with Jaynes principle is defined on the basis of the quantum expectation value of the above observable. It is demonstrated that the resulting deterministic entropy dynamics are in a sense in accord with a transient fluctuation theorem. Moreover, we demonstrate that the dynamics of the expectation value are describable in terms of an Ornstein-Uhlenbeck process. These findings are demonstrated numerically and supported by analytical considerations based on quantum typicality.

Introduction. – Fluctuation theorems as general rules controlling the entropy production in all sorts of physical systems have been in the focus of non-equilibrium physics for roughly two decades [1–4]. Especially fluctuation theorems describing distributions of work have been extensively analyzed for classical deterministic and stochastic dynamics [5–7]. In the context of quantum mechanics most investigations in this field are also on quantum work fluctuation relations [8–11]. These approaches usually require some notion of work performed by a time-dependent Hamiltonian and the system to be initially in a canonical Gibbs state [12]. In this letter on the contrary we do not consider any work but fluctuations of entropy in a class of closed non-driven quantum systems. Furthermore, we focus on pure states rather than Gibbs states. The entropy will be given below simply as a function of the (pure) state of the system. Thus "entropy fluctuations" here refer to deterministic but irregular appearing (small) deviations of the entropy evolution from a smooth mean behavior. To some extent comparable scenarios have been studied in [13–16]. However, none of these works considers the specific entropy definition used in this paper in combination with the time evolution of pure states directly arising from the Schrödinger equation.

In general the fluctuation theorem (FT) is said to hold if the probability, or in the case at hand rather the relative frequency, of mean entropy productions (averaged over a time step \( \tau \)) \( \Sigma_\tau \), obeys the following relation:

\[
P(\Sigma_\tau) = e^{\Sigma_\tau \tau}.
\]

We analyze relaxation processes in non-driven systems, thus we do not allude to time-reversed trajectories as often done in this context, i.e., here (1) describes the probabilities of producing/annihilating certain amounts of entropy along a time-evolving trajectory. Moreover eq. (1) is meant as a transient FT (1) is meant to apply for time steps \( \tau \) that are short compared to the time scale of the relaxation dynamics (\( \tau \ll T_R \)).

The probability density function does not necessarily have to be Gaussian to fulfill the FT. But if it is Gaussian which is (approximately) the case in our numerical calculations (see below), it has to take on the following form in order to fulfill the FT:

\[
P(\Sigma_\tau) = \frac{1}{\sqrt{2\pi \sigma}} e^{-\frac{(\Sigma_\tau - \Sigma_0)^2}{2\sigma^2}}, \quad \sigma^2 = \frac{2\Sigma_0}{\tau},
\]

with \( \Sigma_0 \) being the mean entropy production and \( \sigma^2 \) the variance.

Introduction of the model and expectation value dynamics. – Our numerics are based on a model which is designed to represent the most simple closed quantum model featuring exponential relaxation of an expectation value (a similar model and its overall behavior have
already been established in [17]). The model, which is sketched in fig. 1, describes a “quantum two-site hopping model”. All operators are given on the level of discrete finite matrices. The eigenvalues of some “unperturbed Hamiltonian” $H_0$ form two “bands”, i.e., a left and a right band, both of width $\delta \epsilon$, both with equidistant level spacing. Furthermore, there is a “perturbation” $V$ consisting of transition operators, representing transitions between the two bands. The full Hamiltonian $H = H_0 + V$ reads

$$H_0 = \sum_{i,j=0}^{n-1} v_{ij} |i, L\rangle \langle j, R| + H.c., \quad \lambda^2 = \frac{1}{n^2} \sum_{i,j=0}^{n-1} |v_{ij}|^2,$$

where the $v_{ij}$ are chosen as random complex Gaussian numbers and $\lambda$ measures the perturbation strength. Note that the $v_{ij}$ are randomly chosen but fixed numbers in this definition. This applies for all the numerics following further below. $|i, L\rangle \langle j, R|$ are the eigenstates of $H_0$ which form the left (right) band. We only consider one relevant observable $A$ having two eigenvalues, 1 and $-1$, each $n$-fold degenerate. Each eigenstate of $A$ also corresponds to an eigenstate of $H_0$. The 1-eigenspace coincides with the left band, the $-1$-eigenspace with the right band. If the expectation value of $A$ is 1 ($-1$), the excitation probability is completely concentrated on the left (right) band and if the expectation value is 0, the excitation probability is equally partitioned between both bands. One may now define the projectors on the states forming the left (right) band as $P_L$ ($P_R$). Then $A$ may also be expressed as $A = P_L - P_R$ and therefore be interpreted as a “position observable” which measures the “occupation asymmetry” between the two bands.

In the following we analyze the dynamics of the expectation value $a(t) = \langle \psi(t)|A|\psi(t)\rangle$ for pure states. Thereby we focus on situations, where the rough system parameters $\delta \epsilon, n, \lambda$ are chosen from a suitable parameter range, such that the dynamics of $a(t)$, as generated by the full time-dependent Schrödinger equation, result approximately as an exponential decay. The suitable parameter range is essentially defined by

$$\frac{16\pi^2 n \lambda^2}{\delta \epsilon^2} \ll 1, \quad \frac{8\pi^2 n^2 \lambda^2}{\delta \epsilon^2} > 1.$$ (4)

Equation (4) implies that relaxation times $\tau_R$ have to be much longer than correlation times $\tau_C$, i.e., $\tau_R \gg \tau_C$ with $\tau_C \approx 4\pi/\delta \epsilon$, $\tau_R := 1/R$ and $R \approx 4\pi n \lambda^2$ ($\tau_C$ corresponds to the autocorrelation function of $V$.) Or, in other words, there has to be a separation of time scales between $\tau_R$ and $\tau_C$. So, if the criteria 4 are fulfilled, the expectation value dynamics are approximately described by $a(t) \approx a(0) \exp(-R t)$ for the overwhelming majority of initial states [17,18], where the latter statement refers to the framework of “typicality” [18–21]. For a detailed discussion on the occurrence of exponential relaxation in this type of quantum models see [17]. An illustration of the graph of $a(t)$ is given in fig. 2 and may also be found in [17,18]. The decay rate is consistent with a pertinent projection operator approach or and with Fermi’s Golden Rule.

Note that the exponential feature also depends on the choice of the observable $A$, i.e., for other observables the dynamical behavior could be completely different.

However, the dynamics as obtained by exact diagonalization show deviations from an exact exponential decay (“wiggles”), i.e., the complete dynamics may be viewed as a composition of a “regular” exponential part and some “irregular” looking part, the latter being perceived as fluctuations of the expectation value $a(t)$.

**Entropy definition and numerical analysis of the FT.** As stated at the very beginning of [22] there is a long and ongoing discussion about a microscopic non-equilibrium definition of entropy. Here we suggest an entropy $S(a)$ for which eventually a transient FT as defined in eq. (1) holds. $S(a)$ is defined as $S(a) = N S(\rho_{red}(a))$ ($N = 2n$ being the dimension of the full
the Hamil-

elements $v_{ij}$ are randomly chosen but fixed numbers. The data is taken from 1000 trajectories departing from a set of initial states specified by a common $a(0)$ but chosen at random otherwise. From each trajectory we calculate entropy productions over 10 segments which are located around an (average) expectation value of $a \approx 0.2(0.21-0.16)$ at time $t \approx 820-1050$, i.e., there are 10000 entropy productions in total. The segment lengths $\tau$ are chosen such that $\tau_C < \tau \ll \tau_R$ is fulfilled (i.e., $\tau \approx 70$, $\tau_C \approx 15$, $\tau_R = 1177$).

Obviously the distribution of the entropy productions is well described by a Gaussian (see Gaussian fit in fig. 3). We find the mean and the width to be $\mu = 0$ and $\sigma = 0.94$, respectively. The FT would have been exactly fulfilled if we had found $\mu = 0$ and $\sigma = 1$. That is, the variance is slightly smaller than postulated by the FT. Recall that the analyzed trajectory segments are picked at times corresponding to expectation values of $a \approx 0.2(0.21-0.16)$ which means significantly off-equilibrium ($a = 0$). Numerics (see fig. 4) suggest that the width gets closer to one with data taken closer to equilibrium for any model. The decrease of $\sigma$ for larger deviations from equilibrium cannot be fully explained within this framework. Further numerical investigations (which we omit here for brevity) indicate that the degree of the deviation from $\sigma = 1$ when departing from equilibrium seems to depend on the specific model. Note that the model at hand has not been designed to be realistic in any detail, it has only been designed to be simple.

Based on these numerics we now formulate our first main result. We expect for models showing overall exponential relaxation of some quantum expectation value $a(t)$ and an entropy definition as $S(a)$ (see above eq. (5)), the relative frequency of mean entropy productions over time steps which are larger than the correlation time but shorter than the relaxation time to fulfill a transient FT as given in eq. (1). This is expected to hold within a regime around equilibrium the size of which may depend on the model.

**Stochastic description of expectation value dynamics.** – In the following we present some concepts of an (partially analytical) explanation for our main numerical results. The key idea is to show that the dynamics of an expectation value $a(t)$, as resulting from the fully deterministic Schrödinger equation, may be described in terms of a time-discretized stochastic process of the following Ornstein-Uhlenbeck–type:

$$da_i = -Ra_i\tau + \sqrt{2R/N} \cdot dw_i.$$  

\(6\)
Here the $dw_i$ are stochastic increments drawn from a standard Wiener process, i.e., $dw_i$ are uncorrelated numbers drawn from a Gaussian distribution with zero mean, $\langle dw_i \rangle = 0$, and normalized variance, $\langle dw_i dw_j \rangle = \delta_{ij} \tau$. Again the description is meant to hold for $\tau$ from a regime in between correlation and relaxation times. (Note that unlike in Nelson’s approach [24] we do not argue here that a quantum probability density may be found from a Fokker-Planck equation for a certain stochastic process, but that the evolution of a certain quantum expectation value has striking similarities with a sample path from some Ornstein-Uhlenbeck process.)

By hypothesizing eq. (6) and an entropy as given by a Taylor expansion of $S(a)$ (see above eq. (5)) up to the quadratic order around the equilibrium value $a = 0$, i.e., $S(a) \approx N \ln(N) - 1/2 Na^2$, one can analytically show that the probability distribution of entropy productions $P(\Sigma_r)$ is Gaussian as well and fulfills the FT (1). Applying Itô’s lemma the entropy, which is a function of the expectation value, also becomes a stochastic process that is described by

$$dS_i = 2R \left( N \ln(N) - S_i - \frac{1}{2} \right) \tau - \sqrt{4R(N \ln(N) - S_i)} \cdot dw_i. \tag{7}$$

For large enough systems and large enough deviations from equilibrium, which is fulfilled in our setup, $N \ln(N) - S_i$ is large compared to 1/2. (Both $N \ln(N)$ and $S_i$ become large for large $N$.) Consequently, the term 1/2 in the first expression on the r.h.s. of (7) may be neglected. Dividing by $\tau$ and further introducing the abbreviations $\Sigma_i := dS_i/\tau$ and $\Sigma_0 := 2R(N \ln(N) - S_i)$ one arrives at

$$\Sigma_i = \Sigma_0 - \frac{\sqrt{2\Sigma_0}}{\tau} dw_i, \tag{8}$$

where $\Sigma_i$ corresponds to the entropy production over the time step $\tau$ and $\Sigma_0$ is the mean entropy production. That is, the distribution of entropy productions is Gaussian and the mean value and the variance obey the relation given in (2), which means that the FT (1) is fulfilled.

We now analyze whether the dynamics of $\langle \psi \mid A(t) \mid \psi \rangle$ according to the Schrödinger equation are consistent with the crucial features of (6). We especially regard the following points: i) Is the overall behavior described by an exponential decay with the decay rate $R$? ii) Is the distribution of the quantity

$$D(\psi, t, \tau) := \langle \psi \mid A(t + \tau) \mid \psi \rangle - \langle \psi \mid A(t) \mid \psi \rangle(1 - R\tau) \tag{9}$$

Gaussian with zero mean and variance $\sigma^2 \approx 2R\tau/N$? (Note that the deterministic $D(\psi, t, \tau)$ corresponds to $\sqrt{2R/N \cdot dw_i}$.) iii) Are $D(\psi, t, \tau)$ and $D(\psi, t + \Delta t, \tau)$ uncorrelated?

We start by investigating those points numerically for our model. i) Here we simply resort to the results of [17,18]. They give evidence that typically, up to small fluctuations, the dynamics of $\langle \psi \mid A(t) \mid \psi \rangle$ is an exponential decay with a rate $R$ as given below eq. (4). ii) Numerics for a system of $N = 6000$, $\delta\epsilon = 0.75$, $\lambda = 0.00013$ indicate that the distribution of the $D(\psi, t, \tau) \sqrt{N/2R\tau}$ as generated from evaluating 10000 segments along a single trajectory directly from the Schrödinger equation, is approximately Gaussian with zero mean and $\sigma^2 \approx 1$ (fig. 5) ($\tau \approx 70$, $\tau_C \approx 15$, $\tau_R = 1177$, again we use only one realization of $H$, i.e., the $v_{ij}$ are fixed). This result appears to be robust against variation of the model parameters and time step lengths $\tau$ within the above regime. iii) Moreover, fig. 6 shows that the correlations $\langle D(\psi, t, \tau)D(\psi, t + \Delta t, \tau) \rangle$, as obtained from the same data that has been exploited to clarify the previous issue ii), are nearly 0 for the above chosen time step length $\tau$, such that the $D(\psi, t, \tau)$ can be considered as uncorrelated.

Thus, the numerics may suggest that for $\tau_C < \tau < \tau_P$ the deterministic $D(\psi, t, \tau)$ may be interpreted as stochastic variations $y$, and that a description by (6) is valid in and also close to equilibrium.
In addition to the numerics we now provide some analytical considerations on the validity of a description as given by (6), which also address the points i)–iii). Note that these considerations are independent of any details of the model, except for exponential approach to equilibrium. The statements are mathematically rigid, but on the level of ensemble arguments, e.g., it is shown below that the variance of the $D(\psi, t, \tau)$ is given by $2R\tau N^{-1}$ if the set (ensemble) of all possible states $\psi$ is considered. Strictly speaking this holds in itself no implication on the trajectory, i.e., with respect to a set of $t$. Such a connection only arises from some sort of ergodicity. But following the ideas of von Neumann [25], this ergodicity may be only arises from some sort of ergodicity. But following this ergodicity may be interpreted in terms of a stochastic process. In how far these results may be extended to quantities, which are better accessible by experiments, like, e.g., work, is an open question, particularly because work is not a quantum observable [27].

To repeat, the above HA calculations address averages over all possible states in Hilbert space and therefore yield results only on the average behavior of all possible trajectories, but not directly for individual trajectories. Since eq. (6) is certainly meant to describe individual trajectories, the HA results cannot strictly prove the corresponding features of (6). Nevertheless, the HA results are at least consistent with (6), which is not self-evident, and may in so far strengthen the trust in the validity of a description as given by (6).

**Conclusion.** — In this letter we present an analysis of temporal fluctuations in closed quantum systems featuring exponential relaxation of some expectation value. Numerics indicate that the dynamics of an entropy-like function are correctly described by a FT. This feature directly arises from Schrödinger-type dynamics, i.e., no assumption of, e.g., a quantum master equation is involved. This result appears to be based on the finding that the underlying expectation value relaxation dynamics may be interpreted in terms of a stochastic process. In how far these results may be extended to quantities, which are better accessible by experiments, like, e.g., work, is an open question, particularly because work is not a quantum observable.

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