Phosphatidylinositol 3-Kinase Couples Localised Calcium Influx to Activation of Akt in Central Nerve Terminals

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Abstract The efficient retrieval of synaptic vesicle membrane and cargo in central nerve terminals is dependent on the efficient recruitment of a series of endocytosis modes by different patterns of neuronal activity. During intense neuronal activity the dominant endocytosis mode is activity-dependent endocytosis (ADBE). Triggering of ADBE is linked to calcineurin-mediated dynamin I dephosphorylation since the same stimulation intensities trigger both. Dynamin I dephosphorylation is maximised by a simultaneous inhibition of its kinase glycogen synthase kinase 3 (GSK3) by the protein kinase Akt, however it is unknown how increased neuronal activity is transduced into Akt activation. To address this question we determined how the activity-dependent increases in intracellular free calcium ([Ca^{2+}]_i) control activation of Akt. This was achieved using either trains of high frequency action potentials to evoke localised [Ca^{2+}]_i increases at active zones, or a calcium ionophore to raise [Ca^{2+}]_i uniformly across the nerve terminal. Through the use of either non-specific calcium channel antagonists or intracellular calcium chelators we found that Akt phosphorylation (and subsequent GSK3 phosphorylation) was dependent on localised [Ca^{2+}]_i increases at the active zone. In an attempt to determine mechanism, we antagonised either phosphatidylinositol 3-kinase (PI3K) or calmodulin. Activity-dependent phosphorylation of both Akt and GSK3 was arrested on inhibition of PI3K, but not calmodulin. Thus localised calcium influx in central nerve terminals activates PI3K via an unknown calcium sensor to trigger the activity-dependent phosphorylation of Akt and GSK3.

Keywords Endocytosis · Vesicle · Presynapse · Calcium · Exocytosis · Akt · GSK3

Introduction

Central nerve terminals rely on the efficient recycling of a limited supply of synaptic vesicles (SVs) in order to maintain neurotransmission. This is achieved via recruitment of a number of SV endocytosis modes [1, 2]. Clathrin-mediated endocytosis is dominant during low frequency stimulation and generates SVs directly from the plasma membrane whereas ultrafast endocytosis can be triggered by single action potentials at physiological temperatures and generates SVs via an endosomal intermediate [3–5]. During higher stimulation intensities an additional endocytosis mode is triggered to increase retrieval capacity called activity-dependent bulk endocytosis (ADBE). ADBE generates large endosomes direct from the plasma membrane. These bulk endosomes then donate SVs back to the recycling pool via clathrin-dependent mechanisms [2, 6].

Triggering of ADBE is dependent on the dephosphorylation of the large GTPase dynamin I at two serine residues (Ser774 and Ser778) [7]. This event is mediated by the calcium-dependent protein phosphatase calcineurin and only occurs during intense activity [7]. ADBE is maintained across multiple trains of stimuli via the rephosphorylation of dynamin I by cyclin-dependent kinase 5 on Ser778 and then subsequently by glycogen synthase kinase 3 (GSK3) on Ser774 [8].
GSK3 has a high basal activity which is regulated via its phosphorylation status [9]. Phosphorylation of Ser21/9 of GSK3β/α by upstream cascades inhibits this protein kinase activity. We have shown that GSK3 is phosphorylated in central nerve terminals only during high levels of neuronal activity, coincident with dynamin I dephosphorylation [10]. We also identified that the activity-dependent GSK3 kinase was Akt (also known as protein kinase B). This activity-dependent inhibitory signalling cascade ensures that Ser774 on dynamin I is maximally dephosphorylated during periods of intense activity [10]. Importantly, either expression of constitutively active Akt or addition of signalling molecules such as brain-derived neurotrophic factor (BDNF, which activates Akt) reduces ADBE in cultured neurons [10, 11] suggesting that this activity-dependent signalling cascade is essential for efficient presynaptic function during intense neuronal activity.

It is currently unclear how action potential stimulation is transduced into activation of Akt. To address this we monitored the phosphorylation status of both Akt and GSK3 after elevating intracellular free calcium ([Ca²⁺]ᵢ) via either action potentials or a calcium ionophore. We found that localised [Ca²⁺]ᵢ increases via voltage gated calcium channels were essential for Akt activation. This activation was dependent on phosphatidylinositol 3-kinase (PI3K) but not calmodulin activity. This reveals a key role for PI3K in the activity-dependent control of GSK3 activity, but leaves the identity of the calcium sensor still undetermined.

Materials and Methods

Materials

Foetal bovine serum was from Biosera. Penicillin/streptomycin and Minimum Essential Medium were from Invitrogen. The primary antibodies phospho-Akt Ser473 and GSK3α/β Ser21/9 were from Cell Signalling. Bovine serum albumin was from Roche. BAPTA-AM, CNQX and AP-5 were from Tocris. EGTA-AM was from Cambridge Bioscience and ionomycin from Merck Chemicals. Secondary antibodies, β-Actin antibody, LY294002, wortmannin and all other chemicals were bought from Sigma.

Cerebellar Granule Neuron Cultures

Cerebellar granule neuron (CGN) cultures were prepared from the cerebella from P7 Sprague–Dawley rat pups of either sex [12]. Cultures were used between 8 and 14 days in vitro (DIV).

Cerebellar granule neurons (CGNs) were repolarised in incubation medium (170 mM NaCl, 3.5 mM KCl, 400 μM KH₂PO₄, 20 mM TES [N-tris(hydroxy-methyl)-methyl-2-aminoethane-sulfonic acid], 5 mM NaHCO₃, 5 mM glucose, 1.2 mM Na₂SO₄, 1.2 mM MgCl₂, 1.3 mM CaCl₂ at pH 7.4) for 10 min. This medium was then replaced by media supplemented with (2R)-amino-5-phosphonovaleric acid (AP-5, 50 μM), 6-cyano-7-nitroquinoxaline-2,3-dione (CNQX, 10 μM) and various antagonists as described in the respective figure legends. For electrical field stimulation experiments coverslips were placed in a Warner imaging chamber (RC-21 BRFS) and either challenged with a train of 800 action potentials delivered at 80 Hz or no stimulus (basal). In experiments using ionomycin, cells were treated in an identical manner, with the exception that the challenge with 2.5 μM ionomycin or a vehicle control (DMSO) was for 1 min. In all experiments antagonists were present during stimulation with the exception of those using either BAPTA-AM or EGTA-AM. Low calcium incubation medium had the following alterations, CaCl₂ was reduced to 100 μM, MgCl₂ was increased to 10 mM and EGTA was added at 50 μM. After stimulation with either action potentials or ionomycin, CGNs were immediately lysed in 25 μl of SDS sample buffer (67 mM Tris, 9.3 % glycerol, 2 mM EGTA, 67 mM SDS, bromophenol blue, 12 % β-mercaptoethanol) and boiled at 95 °C for at least 5 min.

Western Blotting

Cerebellar granule neuron (CGN) lysates were subjected to Western blotting as described before [12]. Primary antibodies were all used at 1:1000, apart from HRP-coupled Anti-β-Actin (1:50,000). Secondary antibodies were used at 1:5000 except for Anti-β-Actin where no secondary was required. The intensity of the detected chemiluminescence signal was determined using Image J (NIH). Raw densitometry values were normalised firstly to the highest value within an individual blot and then to individual corresponding loading controls (β-Actin, which was also normalised to the highest value). All Western blot data is displayed after normalisation to the basal signal from each blot. All data was analysed using GraphPad Prism and with students t tests performed between basal and stimulated states as well as between stimulated states across conditions.
Results

An Intracellular Free Calcium Increase is Essential for Phosphorylation of Akt/GSK3

The strict activity-dependence of both Akt and GSK3 phosphorylation [10] suggests an essential requirement for increased [Ca$^{2+}$]$_i$. To assess the importance of increased [Ca$^{2+}$]$_i$ on both Akt and GSK3 phosphorylation, the calcium ionophore ionomycin was employed to uniformly increase [Ca$^{2+}$]$_i$ independent of depolarisation. Phosphorylation of both Akt and GSK3 was observed when CGNs were challenged with ionomycin in the presence of extracellular calcium (Fig. 1). However, no evoked increase was observed when this experiment was repeated in low calcium buffer (Fig. 1), indicating that increased [Ca$^{2+}$]$_i$ in the absence of membrane depolarization is sufficient to cause activation of this signalling cascade.

Increased presynaptic [Ca$^{2+}$]$_i$ during action potential stimulation is usually a result of activation of voltage-gated calcium channels. To confirm that calcium entry via these channels was responsible for Akt and GSK3 phosphorylation during action potential stimulation, we employed the non-selective calcium channel inhibitor flunarizine [13]. CGN cultures were stimulated with a train of 800 action potentials (80 Hz) a stimulus protocol that ensures maximal Akt and GSK3 phosphorylation [10]. As expected, a robust activity-dependent phosphorylation of both Akt (Fig. 2b) and GSK3 (Fig. 2c) was observed in the absence of flunarizine. In contrast, incubation with flunarizine (10 μM) resulted in a complete block of activity-dependent phosphorylation (Fig. 2a–c). To ensure that this inhibition was due to blockade of calcium channels, these experiments were repeated with ionomycin stimulation, which increases [Ca$^{2+}$]$_i$ independently of calcium channel activation. Flunarizine had no effect on ionomycin-evoked Akt/GSK3 phosphorylation (Fig. 2d–f), illustrating that its inhibition of activity-dependent phosphorylation was not due to off-target effects on [Ca$^{2+}$]$_i$ levels. Thus, influx of extracellular calcium via voltage-gated calcium channels is essential for activation of the Akt/GSK3 phosphorylation cascade during intense neuronal activity.

A Localised [Ca$^{2+}$]$_i$ Increase is Essential for Akt/GSK3 Phosphorylation

In central nerve terminals, voltage-gated calcium channels are clustered at the active zone. During action potential stimulation the opening of these channels generates a localised microdomain of high [Ca$^{2+}$]$_i$, which is required for neurotransmitter release [14]. We next determined whether this localised microdomain is also required for Akt and GSK3 phosphorylation during intense neuronal activity by challenging CGNs with a train of 800 action potentials after prior treatment with the calcium chelators BAPTA-AM and EGTA-AM (both 100 μM). Both chelators have the same affinity for calcium but a different on-rate for binding, meaning BAPTA-AM effectively buffers [Ca$^{2+}$]$_i$ increases at the active zone, whereas EGTA-AM does not...

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Fig. 1 [Ca$^{2+}$]$_i$ increases are essential for Akt/GSK3 phosphorylation. CGNs were removed from culture medium and repolarised in incubation medium for 10 min. Cultures were then either rested (Basal) or stimulated with ionomycin (IONO, 5 μM) for 1 min in incubation buffer containing either 1.3 mM (+Ca$^{2+}$) or low (−Ca$^{2+}$) calcium. a Representative blots are displayed showing either Akt Ser473 phosphorylation (P-Akt), GSK3α/β Ser21/9 phosphorylation (P-GSK3) or β-Actin levels (β-Actin). b, c The fold increase in phosphorylation of either Akt Ser473 (b, open bars) or GSK3α/β Ser21/9 (c, closed bars) is displayed after correction for protein levels using β-Actin and normalisation to the low calcium control. All error bars represent ±SEM; n = 5 for P-Akt and n = 4 for P-GSK3 (students t test, ns non-significant, *p < 0.05, −Ca$^{2+}$ to +Ca$^{2+}$ per condition)
Both chelators efficiently buffer activity-dependent 
$[\text{Ca}^{2+}]_i$ increases outside the active zone. The action  
potential-evoked increase in both Akt and GSK3 phosphorylation  
was abolished in CGNs treated with BAPTA-AM, confirming the  
requirement for increased $[\text{Ca}^{2+}]_i$ (Fig. 3a–c). Interestingly,  
CGNs treated with EGTA-AM displayed a robust activity-dependent  
phosphorylation of both Akt and GSK3 (Fig. 3a–c). This suggests that the  
localised increase in $[\text{Ca}^{2+}]_i$ at the active zone during action  
potential stimulation is essential for the phosphorylation of Akt and GSK3. Importantly, both BAPTA-AM and EGTA-AM arrested phosphorylation of Akt and GSK3 evoked by ionomycin (Fig. 3d–f). This was expected, since ionomycin increases $[\text{Ca}^{2+}]_i$ globally across the nerve terminal. Thus during intense neuronal activity, a localised increase in $[\text{Ca}^{2+}]_i$ at the active zone is essential for triggering both Akt and GSK3 phosphorylation.

**PI3K Activity is Required for Activity-Dependent Akt and GSK3 Phosphorylation**

To understand how activity-dependent calcium influx is coupled to downstream Akt and GSK3 phosphorylation we examined the role of PI3K. PI3K activity plays a key role in phosphorylation of Akt and subsequently GSK3 after addition of the signalling molecule BDNF to CGNs [10], however it is not known whether action potentials activate the same signalling pathway. To determine the role for PI3K in activity-dependent Akt and GSK3 phosphorylation, the PI3K inhibitors LY294002 (10 µM) and
wortmannin (200 nM) were used. Inhibition of PI3K with either LY294002 or wortmannin resulted in an arrest of activity-dependent Akt phosphorylation evoked by a train of 800 action potentials (Fig. 4). In addition LY294002 and wortmannin also significantly reduced GSK3 phosphorylation (Fig. 4). Thus intense neuronal activity results in activation of PI3K, which triggers activity-dependent Akt and GSK3 phosphorylation.

In order to transduce activity-dependent calcium influx into activation of PI3K, a calcium sensor must be present in nerve terminals, most probably at the active zone. One potential sensor is the calcium binding protein calmodulin [15]. Calmodulin can directly activate PI3K on elevation of \([\text{Ca}^{2+}]_i\) [16] and is thought to be required for calcineurin activation during intense neuronal activity [17]. To determine whether calmodulin can transduce increased \([\text{Ca}^{2+}]_i\), into PI3K activation (and downstream Akt/GSK3 phosphorylation) we used the antagonist calmidazolium. Incubation with calmidazolium (10 \(\mu\)M) during stimulation with 800 action potentials had no significant effect on the activity-dependent phosphorylation of either Akt or GSK3 (Fig. 5a–c). Interestingly when \([\text{Ca}^{2+}]_i\) was raised globally with ionomycin, calmidazolium abolished both Akt and GSK3 phosphorylation (Fig. 5d–f). Thus the activity-dependent calcium sensor for activation of the PI3K/Akt/GSK3 cascade is not calmodulin, however this cascade can be activated via calmodulin via global \([\text{Ca}^{2+}]_i\) increases.

Fig. 3 Localised \(\text{Ca}^{2+}\) influx is essential for Akt/GSK3 phosphorylation. CGNs were removed from culture medium and repolarised in incubation medium for 10 min. Cultures were then incubated with or without incubation medium supplemented with either 100 \(\mu\)M BAPTA-AM or EGTA-AM for 30 min. After this point CGNs were left to rest or challenged with either 800 action potentials (80 Hz) or ionomycin (IONO, 2.5 \(\mu\)M for 1 min). a, d Representative blots are displayed showing either Akt Ser473 phosphorylation (P-Akt), GSK3\(\alpha/\beta\) Ser21/9 phosphorylation (P-GSK3) or \(\beta\)-Actin levels (\(\beta\)-Actin) after either action potential (a) or ionomycin (d) stimulation. b, e The fold increase in phosphorylation of Akt Ser473 (open bars) in response to either action potentials (b) or ionomycin (e) is displayed. c, f The fold increase in phosphorylation of GSK3\(\alpha/\beta\) Ser21/9 (closed bars) in response to either action potentials (c) or ionomycin (f) is displayed. In all cases phosphorylation levels were corrected for protein levels using \(\beta\)-Actin and normalisation to the basal controls. All error bars represent ±SEM; \(n = 4\) for P-Akt 80 Hz, \(n = 5\) for P-GSK3 80 Hz, \(n = 7\) for P-Akt IONO and \(n = 6\) for P-GSK3 IONO (students \(t\) test, \(ns\) non-significant *\(p < 0.05\), **\(p < 0.01\), ***\(p < 0.001\) basal to 80 Hz or basal to ionomycin per condition).
Discussion

The maintenance of neurotransmission during intense neuronal activity is reliant on the integration of activity-dependent calcium influx, multiple signalling cascades and several SV endocytosis modes [1, 2]. One such cascade is the activity-dependent inhibition of GSK3 via Akt, which is essential for the efficient dephosphorylation of dynamin I, a key event in the triggering of ADBE [10, 11]. We show here that localised calcium influx via voltage-gated channels is essential for this event to occur. Furthermore we have demonstrated a key role for PI3K, but not calmodulin, in transduction of activity-dependent calcium influx into activation of Akt.

PI3K is implicated in the regulation of secretion and membrane trafficking in a variety of systems [18–21]. One member of this family, PI3K-Class 2 a (PI3K-C2a), regulates exocytosis either indirectly via modulation of signalling pathways [22] or directly via control of the molecular fusion machinery [23, 24]. PI3K-C2a enzymatic activity is stimulated by calcium [25] and the N-terminus contains a clathrin binding site required for recruitment of the vesicle uncoating machinery [26]. This suggests that PI3K-C2a may be a good candidate involved in

![Figure 4](image-url)

Fig. 4 PI3K activity is essential for activity-dependent Akt/GSK3 phosphorylation. CGNs were removed from culture medium and repolarised in incubation medium for 10 min. Cultures were then incubated with or without incubation medium supplemented with either 10 μM LY294002 or 200 nM wortmannin for 10 min. After this point CGNs were left to rest or challenged with either 800 action potentials (80 Hz). **a, d** Representative blots are displayed showing either Akt Ser473 phosphorylation (P-Akt), GSK3α/β Ser21/9 phosphorylation (P-GSK3) or β-Actin levels (β-Actin) after action potential stimulation in the presence of either LY294002 (a) or wortmannin (d). **b, e** The fold increase in phosphorylation of Akt Ser473 (open bars) in the presence of either LY294002 (b) or wortmannin (e). **c, f** The fold increase in phosphorylation of GSK3α/β Ser21/9 (closed bars) in the presence of either LY294002 (c) or wortmannin (f). In all cases phosphorylation levels were corrected for protein levels using β-Actin and normalisation to the basal controls. All error bars represent ±SEM; LY294002—n = 6 for P-Akt, n = 16 for P-GSK3; wortmannin—n = 4 for P-Akt, n = 6 for P-GSK3 (students t test, ns non-significant, *p < 0.05; **p < 0.01; ***p < 0.001 basal to 80 Hz per condition).
the transduction of activity-dependent calcium influx to the Akt signalling cascade in this work. However, PI3K-C2α is insensitive to LY294002 and wortmannin at the concentrations used in this study [27], making it unlikely that PI3K-C2α is involved in the activity-dependent activation of Akt. LY294002 and wortmannin sensitive Class I PI3Ks have been implicated at several stages of SV recycling in central nerve terminals, including replenishment of the readily releasable pool (RRP) from the reserve pool [28], generation of bulk endosomes [29] and SV generation from bulk endosomes [30]. PI3K is also required for the negative regulation of ADBE via BDNF [11]. Therefore it would be of interest to determine the activity-dependent role of PI3K in both dynamin I dephosphorylation and ADBE.

**Activity-Dependent Akt Phosphorylation at Nerve Terminals**

We assessed the inhibition of GSK3 and activation of Akt respectively by monitoring their phosphorylation status. Inhibition of GSK3 occurs via phosphorylation of either Ser9 of GSK3α or Ser21 of GSK3β [9]. In this study we found that GSK3α and GSK3β behaved in an identical manner across all stimulation conditions and
pharmacological manipulations. We assessed activation of Akt by determining the phosphorylation status of Ser473. Phosphorylation of both Ser473 and Thr308 are required for maximal Akt activity [31, 32] and we have previously shown that the phosphorylation status of both sites respond in a similar manner to action potential stimulation in CGNs [10]. These sites are proposed to be phosphorylated by different protein kinases however. Thr308 is a PDK1 substrate, which is activated by PI3K [31, 33], whereas Ser473 can be phosphorylated by either the mTORC2 complex [32] or DNA-PK [34]. However we show that the PI3K antagonists LY294002 and wortmannin inhibit the activity-dependent phosphorylation of Ser473. This suggests that Akt phosphorylation is mediated via PI3K at central nerve terminals and studies that attempt to model this process should take this into account.

Akt and GSK3 have a wide cellular distribution, suggesting that the increased phosphorylation we observed during action potential stimulation may not be occurring at nerve terminals. We contend that these events are presynaptic, since identical stimulation protocols and modulation of both Akt and GSK3 activity-dependent phosphorylation directly impact on the phosphorylation status of dynamin I and ADBE [10, 11]. Since both dynamin I expression and ADBE is restricted to nerve terminals [2, 35] we argue that the activity-dependent changes in Akt and GSK3 phosphorylation are presynaptic. This statement is almost certainly not true for ionomycin-evoked changes, since this ionophore will raise $[\text{Ca}^{2+}]_i$ uniformly throughout the neuron. Ionomycin is used throughout this study as a positive control to confirm the specificity of both flunarizine and EGTA-AM in inhibiting calcium channels and global calcium increases respectively. The inhibition of ionomycin-evoked Akt and GSK3 phosphorylation by calmidazolium is intriguing however and may reflect altered activity of these enzymes by postsynaptic calcium, where Akt and GSK3 are known to have postsynaptic functions [36, 37].

A number of studies have investigated the relationship between both neuronal activity and calcium influx in the activation of Akt. Previous work in CGNs showed that chronic hyperkalemic stimulation resulted in increased Akt phosphorylation, however this was insensitive to PI3K antagonists [38]. This most likely reflects postsynaptic activation of Akt, since permanent depolarisation will reverse electrogenic glutamate transporters on the plasma membrane [39] raising extracellular glutamate concentrations and thus activating postsynaptic glutamate receptors. In agreement, shorter periods of stimulation with elevated KCl resulted in increased Akt phosphorylation which was reversed by PI3K antagonists [40].

**Transduction of Calcium Influx into Akt Phosphorylation**

We have shown that intense neuronal activity causes Akt phosphorylation via localised calcium microdomains. This suggests that a sensor must be located within the vicinity of this microdomain to couple calcium influx to PI3K/Akt activation. We have shown that calmodulin is unlikely to be the sensor since the antagonist calmidazolium was unable to inhibit action potential-evoked Akt phosphorylation. Furthermore the ability of calmidazolium to arrest ionomycin-evoked Akt phosphorylation is in agreement with the proposed location of calmodulin in the wider cytosol [15].

How could activity-dependent calcium influx be coupled to Akt phosphorylation? One potential candidate for the activity-dependent calcium sensor is the family of Ras-GRFs [41]. Ras-GRF activates the small G-protein Ras in a calcium-dependent manner [42] and overexpression of dominant negative Ras inhibits Akt phosphorylation evoked by KCl depolarisation in peripheral neurons [40]. Importantly Ras-GRF2 knockout mice display altered paired pulse facilitation, suggesting it is localised in the correct location to be activated by presynaptic calcium influx [43]. However the mechanism via which Ras-GRF is activated by calcium influx is thought to be via calcium-bound calmodulin binding to its IQ domain [42, 44]. Since calmodulin inhibition had no effect on activity-dependent Akt phosphorylation, it may be that Ras-GRF is not the sensor for this event.

A second possibility is that there may not be calcium a sensor at all. In this model the requirement for localised calcium increases is an indirect result of the presynaptic release of growth factors such as BDNF. This event only occurs in neurons during intense neuronal activity, very similar to that observed in this study [45]. This is potentially important for Akt phosphorylation, since PI3K can activate either PDK1 or the mTORC2 complex via growth factor receptors [46]. In support, we have shown that exogenous addition of BDNF triggers phosphorylation of Ser473 in CGNs via a potential PI3K-dependent route [11]. Thus our manipulations to either block calcium entry or buffer the calcium microdomain should also arrest BDNF release during intense activity, stopping it feeding back to increase Akt phosphorylation via PI3K. This hypothesis is testable using agents that sequester extracellular BDNF and we are currently investigating the effect of these agents on activity-dependent Akt phosphorylation [47].

In summary, we have shown that during intense neuronal activity phosphorylation of Akt (and subsequent inhibition of GSK3) is dependent on localised calcium
microdomains formed by voltage-gated calcium channels. The identity of the sensor or release mechanism which transduces increased \([Ca^{2+}]_i\) remains unidentified. This is an important question to address, since we predict that modulation of these events should impact on the extent of ADBE in central nerve terminals.

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