The impact of diffuse large B-cell lymphoma-derived exosomes on macrophage polarisation and cytokine release

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Abstract

Introduction: The pro-tumoural role of M2 macrophages has been described in various cancers and is associated with poor clinical outcomes. Exosomes derived from cancers can shuttle information among tumour cells, immune cells, and the microenvironment, leading to microenvironment remodelling. The mechanism involved in exosomes influencing macrophages polarisation is still unclear.

Material and methods: We established a macrophage model derived from THP-1 monocytes. To mimic the in vivo microenvironment, we generated an indirect co-culture system of macrophages with diffuse large B-cell lymphoma (DLBCL) cell lines, OCI-LY1 and OCI-LY3 cells. In addition, pre-treated macrophages with exosomes derived from OCI-LY1/3 lymphoma cells were used in our study. The changes in macrophage polarisation stage, surface receptor expression, and cytokine expression at the mRNA level were analysed. Moreover, the effect of macrophages on drug-induced lymphoma cell apoptosis in the indirect co-culture system was assessed. Furthermore, protein analysis of NF-κB and p-p65 in macrophages exposed to exosomes was performed by western blot.

Results: DLBCL-derived exosomes had different effects on macrophages at different differentiation stages; these macrophages had different effects on drug-induced apoptosis of lymphoma cells in indirect co-culture. Moreover, NF-κB signalling molecules were involved in this process.

Conclusions: The results indicate that DLBCL-derived exosomes can lead to more M2 phenotypes, promote tumour growth, and play a substantial role in tumour progression, invasion, and drug-resistance.

Key words: macrophages, tumour microenvironment, diffuse large B-cell lymphoma, exosome, nuclear factor-κB.

Introduction

Diffuse large B-cell lymphoma (DLBCL) is the most common subtype of lymphoma, occupying 30–40% of preliminary diagnosed non-Hodgkin’s lymphomas; approximately 30% of patients with late stage DLBCL remain intractable and relapse [1]. The tumour microenvironment (TME) plays an important role in the proliferation, angiogenesis, migration, and metastasis of tumours by promoting the secretion of growth factors, an-
Macrophages are derived from two different pools of circulating inflammatory or resident monocytes that are recruited to tissues in response to inflammation or infection, and they also maintain homeostasis by replacing apoptotic resident macrophages [4, 5]. The microenvironment has a great impact on macrophage heterogeneity and plasticity in anti- and pro-inflammatory immune processes [6]. During the early stage of tumour development, monocytes recruited to the tumour site encounter proinflammatory signals that contribute to their differentiation into M1 macrophages. In later stages of neoplastic transformation, signals from the tumour and neighbouring stromal cells promote changes toward an M2 macrophage phenotype, supporting further tumour progression [7]. Several studies have indicated that tumour-associated macrophages (TAMs) are associated with the poor clinical outcome of patients with DLBCL, even under rituximab treatment [8–10]. However, the mechanism of communication between lymphoma cells and macrophages in the TME is not fully understood.

Current knowledge of exosomes shows that they play an important role in the development and progression of cancer, modulate intercellular communication within the TME by transferring proteins, lipids, and genetic content [11, 12], and promote the M2 phenotypic functional polarisation of TAMs [13]. Previous studies have shown that cancer-derived exosomes can acclimate immune cells to a pro-tumour phenotype, and significantly contribute to tumour progression, including the promotion of tumourigenesis, invasion, angiogenesis, dissemination, and formation of pre-metastatic niches [14]. Importantly, the recruitment and migration of immune cells into TME is governed by dynamic signalling, and exosomes are a key component of these interactions [15]. However, the knowledge of tumour exosomes affecting macrophages in different differentiated stages in the TME remains unclear.

The nuclear factor-κB (NF-κB) is an important transcription factor of genes. Many cytokines are regulated by NF-κB in the early stages of the immune response and at various stages of the inflammatory response [16]. NF-κB plays a key role in inflammatory injury, tumour formation, angiogenesis, metastasis, and cell apoptosis [17]. We hypothesise that tumour exosomes affect the phenotype of macrophages and determine whether NF-κB signalling is involved in this process. Hence, in this study, we investigated the activation of NF-κB signalling in macrophages treated with lymphoma exosomes. This study will provide novel insight into the underlying mechanisms of communication between cancer exosomes and macrophages in the TME.

**Material and methods**

**Cell culture**

Human DLBCL cell lines, non-germinal centre B-cell-like (non-GCB) subtype OCI-LY3, and GCB subtype OCI-LY1 and SU-DHL8 cells were grown in Iscove’s Modified Dulbecco’s Medium (Life Technologies Corporation, NY, USA) supplemented with 10% foetal calf serum (FCS, Hyclone, Loan, UT, USA). The human monocyctic THP-1 cells were maintained in RPMI 1640 medium supplemented with 10% FCS. THP-1 monocytes were differentiated into inactivated M0 macrophages for 24 h by incubation with 50 ng/ml phorbol 12-myristate 13-acetate (Sigma-Aldrich, St. Louis, MO, USA) followed by another 24-h incubation in complete RPMI medium.

**Exosome purification and identification**

Exosomes were purified from supernatants of 48-h-cultured lymphoma cells by ultracentrifugation combined with use of an exosome extraction kit (Thermo Fisher Scientific, MA, USA). Briefly, dead cells and debris were removed by centrifugation and use of an exosome extraction kit according to the manufacturer’s instruction. A limited number of samples were selected to verify the morphology of vesicles using transmission electron microscopy (TEM). To further validate the purity of exosome preparations, after quantifying the amount of protein using the BCA protein assay, western blotting was performed to measure the levels of CD9 and CD63.

**Macrophage polarisation and indirect co-culture with DLBCL cells**

After THP-1 monocytes were differentiated into M0 macrophages, M0 macrophages were polarised into M2 macrophages by incubation with 20 ng/ml of IL-4 and IL-13. In the co-culture assay, lymphoma cells in RPMI 1640 were plated into transwell chambers (24 mm, 0.4 μm microporous; Corning Inc., NY, USA), and THP-1 monocytes (1 × 10⁶) were differentiated and polarised in six-well plates under the chambers. Macrophages treated or untreated with DLBCL exosomes were co-cultured with DLBCL cells in RPMI medium for 24 h before incubation with epirubicin for another 24 h.

**DiO-labelling of exosomes and tracking**

For the fluorescence labelling of exosomes, exosomes were exposed to 5 mg/ml solution of DiO (Thermo Fisher Scientific, MA, USA) membrane dye,
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Co-culture of THP-1-derived macrophages and exosomes

Isolated exosomes were quantified using the BCA protein assay and administered to macrophages in equal amounts. After THP-1 monocyte differentiation and polarisation, these cells were treated with DLBCL-derived exosomes in equal amounts for 48 h.

Flow cytometric analysis of drug-induced apoptosis in DLBCL cells indirectly co-cultured with macrophages

For analysis of apoptosis of DLBCL cells under indirect co-culture conditions, OCI-LY1 or OCI-LY3 cells were co-cultured with M0 and M2 macrophages treated or untreated with DLBCL exosomes. After co-culture, DLBCL cells were harvested and stained using an Annexin V-FITC/PI apoptosis Detection Kit and prepared according to the manufacturer’s instructions. Results were analysed by flow cytometry (FCM, Beckman Coulter, CytoFLEX, CA, USA).

Extraction of protein and western blotting

Exosome and cell precipitation were lysed in RIPA lysis buffer containing a protease inhibitor cocktail (Roche, Basel, Switzerland) and a phosphatase inhibitor cocktail (Cell Signaling Technology, USA), and the total cytoplasmic protein was harvested. In brief, the precipitant was collected using an Annexin V-FITC/PI apoptosis Detection Kit and prepared according to the manufacturer’s instructions. The expression level of GAPDH was used as the loading control for the total protein. The anti-κB (Cell Signaling Technology, USA), anti-CD9 (Abcam, UK), anti-CD63 (Abcam, UK), and anti-GAPDH (ProteinTech, USA). Antigen-antibody complexes were detected using secondary antibodies conjugated to HRP (Invitrogen, USA) and visualised through enhanced chemiluminescence (Biological Industries, IL). Each western blot was independently repeated at least three times, and representative results are shown.

Reverse transcription PCR (RT-PCR) and quantitative real-time PCR analysis

To analyse the RNA expression levels of the macrophages, qRT-PCR was performed. For RT-PCR, total RNA was extracted using Trizol and was spectrophotometrically quantified, and equal amounts (1 μg) were transcribed into cDNA according to the instructions. mRNA levels were quantified by qRT-PCR using the Syber green master mix (Vazyme, JS, CHN). The data analyses were performed using the 2−ΔΔCt method, whereby relative gene expression levels were normalised to GAPDH and mRNA abundance was quantified using the threshold cycle method. CD163, CD206, CD10, IL-6, IL-12, and CXCL10 mRNA expression in macrophages were assessed. The primer sequences for the molecules used were listed as follows. Sense and antisense primers for CD163 (ATCAACCTTCATCTTTAGACA; CCGTTGTGCACATGTGATCCAG), CD206 (GAGCGACTTTTTACTCATCTGCA), IL-10 (TGTGTTAAAGGACGTCTTGCTG; TTCAAGGGAAAGATGAT), IL-6 (CAGAGCTTTTTACTCATCTGCA), IL-12 (TAAGATGGAGGGCAAGATTA; TACTCAACTTCTTCTTCTC), CXCL10 (CTCTCTCTAGACGTAGGCA; ATGACATCTCTTCCACCC), as well as GAPDH (CAGGAGGAGCTCTATGATAT; GAAAGCTGGGGCTCATTTT), were used for qRT-PCR analysis. Experiments were completed in biological triplicate, and results are expressed in terms of fold change using GAPDH as the housekeeping gene.

Statistical analysis

All data are presented as mean ± SD of results obtained from at least three independent experiments. Graph generation and statistical analyses were performed using GraphPad Prism software (GraphPad Software, Inc., La Jolla, CA, USA). Statistical significance was assessed using unpaired Student’s t-tests, with p < 0.05 considered statistically significant. *p < 0.05, **p < 0.01, and ***p < 0.001 are indicated in the figure legends.

Results

Morphology and characterisation of lymphoma exosomes

OCI-LY1, OCI-LY3, and SU-DHL8 cells were cultured in exosome-free cell media, and the super-
natants were collected. Exosomes isolated and purified from the supernatants were visualised using TEM, which presented cup-shaped membrane vesicles. There was no significant difference in the morphology of the exosomes isolated from the three cell types (Figure 1 A). Marker proteins of OCI-LY1 and OCI-LY3-derived exosomes were detected, including the expression of CD9 and CD63. Western blot results showed that marker proteins of exosomes from the two cell lines could be detected, and extracted exosomes were further identified at the molecular level (Figure 1 B). The results showed that exosomes from different DLBCL subtype cells were successfully isolated.

**Exosomes from lymphoma cells regulate macrophage polarisation**

The polarisation of macrophages is easily influenced by the TME; we hypothesise that exosomes derived from lymphoma cell lines could acclimate THP-1-derived macrophages to an immunosuppressive phenotype, contributing to tumour cell progression. Many previous studies have shown that IL-10 is a key factor in the polarisation of M2 macrophages [18–23]. Under indirect co-culture conditions, we evaluated the mRNA expression of M2-related polarisation markers CD163, CD206, and IL-10 in macrophages of different stages. Then we co-cultured different DLBCL cells subtypes OCI-LY1 and OCI-LY3 with THP-1-derived M0 or M2 macrophages, and the macrophages of each phenotype were divided into an experimental group and a control group — the experimental group were treated with different DLBCL exosomes for 48 h. After co-culture, the mRNA expression of CD163, CD206, and IL-10 in macrophages of different phenotypes was detected via quantitative real-time PCR. We found that the expression levels of CD163, CD206, and IL-10 were significantly upregulated in M0 macrophages treated with lymphoma exosomes (Figures 2 A, B), while the expression levels of CD163, CD206, and IL-10 were not upregulated in M2 macrophages treated with lymphoma exosomes (Figures 2 C, D).

**Uptake of DiO-labelled DLBCL-derived exosomes**

To investigate the uptake of DLBCL-derived exosomes by macrophages, we evaluated whether DLBCL-exosomes are efficiently internalised into macrophages by using laser scanning confocal microscopy. Both DiO-labelled OCI-LY3- and OCI-LY1-derived exosomes were incorporated into macrophages of different stages (Figures 3 A, B). These data suggest that exosomes derived from DLBCL cells can be internalised into THP-1-derived macrophages.

**The effect of exosome-treated macrophages on apoptosis of DLBCL cells**

To identify the impact of macrophages treated with exosomes on DLBCL cell apoptosis, early and late apoptosis was assessed by Annexin V-FITC/PI double staining. We found that in the indirect co-culture of M0 macrophages and different DLBCL subtype cells, in the group of macrophages treated with different DLBCL exosomes, the drug-induced apoptosis of corresponding DLBCL

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**Figure 1.** Morphology and characterization of lymphoma exosomes. **A** – Transmission electron microscopy of isolated exosomes indicates a cup-shaped structure. The size bar represents 50 nm. The diameter ranged from 30–150 nm. **B** – Expression of exosome and cell marker proteins CD9 and CD63 in OCI-LY1 and OCI-LY3 cell lysate (cell) and exosomes (Exo)
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Figure 2. Exosomes from lymphoma cells OCI-LY1 and OCI-LY3 regulate macrophage polarization in co-culture. 

A – The expression of CD163, CD206, and IL-10 in THP-1-derived M0 macrophages treated or untreated with OCI-LY1-secreted exosomes. 

B – The expression of CD163, CD206, and IL-10 in THP-1-derived M0 macrophages treated or untreated with OCI-LY3-secreted exosomes. 

C – The expression of CD163, CD206, and IL-10 in THP-1-derived M2 macrophages treated or untreated with OCI-LY1-secreted exosomes. 

D – The expression of CD163, CD206, and IL-10 in THP-1-derived M2 macrophages treated or untreated with OCI-LY3-secreted exosomes. Results are shown as relative to PBS-treated control (n = 3) 

*p < 0.05; **p < 0.01; ***p < 0.001.
cells decreased (Figures 4 A, B). However, in the indirect co-culture of M2 macrophages and different DLBCL subtype cells, in the group of macrophages treated with the combination of lymphoma exosomes and IL-4/IL-13, the drug-induced apoptosis of lymphoma cells increased (Figures 4 C, D). We found that macrophages of different stages treated with lymphoma exosomes had different effects on the drug-induced apoptosis of lymphoma cells under the indirect co-culture conditions.

The effect of different DLBCL-derived exosomes on p65(NF-κB) phosphorylation in macrophages

To investigate the effect of lymphoma exosomes on the NF-κB signalling pathway in macrophages, we cultured THP-1-derived M0 macrophages with 150 μg/ml lymphoma exosomes, and we detected the protein expression of phosphorylation p65 and total NF-κB(p65) in these macrophages treated with OCI-LY1 exosomes. We found that the expression of p-p65 in M0 macrophages treated with OCI-LY1 exosomes was significantly upregulated (Figure 5 A), while the protein expression of total NF-κB(p65) was not significantly altered. At the same time, we also detected the NF-κB signalling pathway activated in M2 macrophages treated with OCI-LY1 exosomes, and found that the protein expression of p-p65 was also significantly upregulated, while total NF-κB(p65) did not change (Figure 5 B). In addition, the mRNA expression of related inflammatory factors downstream of NF-κB signalling was also examined, and it was found that the mRNA expression of IL-12, IL-6, and CXCL10 was significantly upregulated (Figures 5 E, F).

To further confirm the effect of DLBCL exosomes on the NF-κB signalling pathway in macrophages, we used OCI-LY3-derived exosomes on THP-1 derived macrophages of different stages. OCI-LY3-derived exosomes were added to THP-1-derived M0 macrophages, and western blot analysis evaluated the protein expression of p-p65 and total NF-κB(p65) in these cells. We found that the protein expression of p-p65 in M0 macrophages treated with OCI-LY3 exosomes was not upregulated, and the protein expression of total NF-κB(p65) did not change significantly (Figure 6 A). However, in M2 macrophages treated with OCI-LY3 exosomes, we found that the protein expression of p-p65 was significantly upregulated, and total NF-κB(p65) protein expression did not change (Figure 6 B). The mRNA expression of inflammatory cytokines downstream of NF-κB signalling were also examined, and it was found that the mRNA expression of IL-12, IL-6, and CXCL10 was significantly upregulated (Figures 6 E, F) in macrophages of different stages treated with DLBCL exosomes. This indicated that different DLBCL exosomes have different effects on activation of p-p65 in macrophages of different stages in the TME.

Discussion

Exosomes are bioactive vesicles that contain abundant bioactive substance and play a key role in the regulation of intercellular signal transduction [24, 25]. Tumour-derived exosomes are an efficient platform for the transfer and exchange of cellular contents between tumours and surrounding cells in the TME, and they play a key role in regulating the TME function [26]. In this study, differential centrifugation, together with a commercial kit, was used to isolate exosomes. A high concentration of isolated and purified exosomes was used for biological function assays. Currently, CD9, CD63, CD81, and Hsp70 are commonly used to identify exosomes. Here, CD9 and CD63 were detected on the surface of isolated and purified DLBCL-derived exosomes, confirming the successful extraction of tumour exosomes.
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Figure 4. Effect of macrophages treated with exosomes on apoptosis of DLBCL cells. A – OCI-LY1 cells were incubated in the upper transwell chamber and indirectly co-cultured with M0 macrophages treated with OCI-LY1-derived exosomes under the chamber for 24 h, before epirubicin was added for 24 h. The cells were analyzed by FCM. B – OCI-LY1 cells were incubated in the upper transwell chamber and indirectly co-cultured with M2 macrophages treated with OCI-LY1-derived exosomes under the chamber for 24 h, before epirubicin was added for 24 h. The cells were analyzed by FCM. C – OCI-LY3 cells were incubated in the upper transwell chamber and indirectly co-cultured with M0 macrophages treated with OCI-LY3-derived exosomes under the chamber for 24 h, before epirubicin was added for 24 h.
Within the cancer microenvironment, immune cells often display altered phenotypes that contribute to tumour progression through promotion of tumour growth, migration, pre-metastatic niche formation, and metastasis [27, 28]. Macrophages are important immune cells in the TME and play an important role in the formation of the inflammatory microenvironment and the development of tumours. The pro-tumour response is induced in immune cells by following direct or indirect stimulation of cancer cells in the TME, and one potential mechanism could be through the action of tumour-derived exosomes [26]. Exosomes carry a variety of genetic material, proteins, and lip-
Figure 5. Effect of the subtype of DLBCL OCI-LY1-derived exosomes on phosphorylation of p65 and mRNA expression of IL-12, IL-6, and CXCL10 in macrophages. 
A – Expression of p-p65 in M0 macrophages treated with OCI-LY1 exosomes.
B – Expression of p-p65 in M2 macrophages treated with OCI-LY1 exosomes combined with IL-4/IL-13.
C – Densitometric analysis of p-p65 levels in M0 macrophages treated with OCI-LY1 exosomes, normalized to GAPDH.
D – Densitometric analysis of p-p65 levels in M2 macrophages treated with OCI-LY1 exosomes combined with IL-4/IL-13, normalized to GAPDH.
E – mRNA expression of IL-12, IL-6, and CXCL10 in M0 macrophages treated with OCI-LY1 exosomes. 
F – mRNA expression of IL-12, IL-6, and CXCL10 in M2 macrophages treated with OCI-LY1 exosomes combined with IL-4/IL-13. Results are relative to the control (n = 3)
*p < 0.05; **p < 0.01; ***p < 0.001.
Figure 6. Effect of the subtype of DLBCL OCI-LY3-derived exosomes on phosphorylation of p65 and mRNA expression of IL-12, IL-6, and CXCL10 in macrophages. 

A – Expression of p-p65 in M0 macrophages treated with OCI-LY3 exosomes.

B – Expression of p-p65 in M2 macrophages treated with OCI-LY3 exosomes combined with IL-4/IL-13.

C – Densitometric analysis of p-p65 levels in M0 macrophages treated with OCI-LY3 exosomes, normalized to GAPDH.

D – Densitometric analysis of p-p65 levels in M2 macrophages treated with OCI-LY3 exosomes combined with IL-4/IL-13, normalized to GAPDH.

E – mRNA expression of IL-12, IL-6, and CXCL10 in M0 macrophages treated with OCI-LY3 exosomes.

F – mRNA expression of IL-12, IL-6, and CXCL10 in M2 macrophages treated with OCI-LY3 exosomes combined with IL-4/IL-13. Results are relative to the control (n = 3).

*p < 0.05; **p < 0.01; ***p < 0.001.
tured with corresponding lymphoma cells for 48 h, on macrophages, which were indirectly co-cul-
phages after they are internalised. 
we investigated the role exosomes play in macro-
rophages in the TME with high efficiency. Next,
rived from DLBCL cells can be internalised by mac-
are unclear.
[31–33]. However, in the research field of DLBCL,
leading to tumourigenesis and drug-resistance
[2, 3]. The dynamic interaction be-
antibody attack [30]. The dynamic interaction be-
nter tumours and TAMs coordinates key events
[29]. Aung et al. indicated that B-cell lymphoma cell-derived exosomes could
transfer CD20, which combined with therapeutic anti-CD20 antibodies protecting target cells from
leukemia in lymphoma. Therefore, we believe that inactivating M0 macrophages treated with
increases the drug-resistance of lymphoma; which is critical in the development of cancer, and
the expression of p-p65 and NF-κB(p65) protein in different stages of macrophages treated with
DICL-derived exosomes. We found that in GCB subtype OCI-LY1-derived exosomes applied to
0 macrophages, the expression of intracellular p-p65 protein clearly increased, while the total
expression of NF-κB(p65) protein showed no ob-
vious change. When OCI-LY1-derived exosomes
introduced to polarising M2 macrophages,
the expression of intracellular p-p65 protein was
increased, while the total expression of NF-κB(p65)
protein showed no obvious change. The trend of p-p65 protein expression in macrophages
different stages treated with OCI-LY1-derived
exosomes is inconsistent. Taken together, the
activation of NF-κB signalling in macrophages
different stages treated with OCI-LY1-derived
exosomes is at least partially induced by tumour
exosomes.

Additionally, we verified the effect of another
non-GCB subtype of DLBCL cells lines; OCI-LY3-de-
vived exosomes on macrophages in the TME were
investigated. We found that when OCI-LY3-derived exosomes were applied to M0 macrophages,
the expression of intracellular p-p65 protein did not increase, while the total expression of NF-κB(p65)
protein showed no obvious change. When OCI-
LY3-derived exosomes were applied to polarising
M2 macrophages, the expression of intracellular
p-p65 protein was upregulated, while the total
expression of NF-κB(p65) showed no change. The trend of p-p65 protein expression in macrophages
different stages treated with OCI-LY3-derived
exosomes was different. In this study, inflammatory factors
in downstream NF-κB signalling pathway were
also assessed. The mRNA expression of IL-6, IL-12,
and CXCL10 was upregulated in macrophages
different stages treated with OCI-LY3-derived
exosomes. These data suggest that the activation of NF-κB in inactivated M0 macrophages treated
with exosomes from different subtypes of DLB-
CL cells is different. Therefore, NF-κB signalling
is not the only signalling pathway for lymphoma
exosomes activating M0 macrophages to release
more inflammatory factors. However, for the po-
arising M2 macrophages, lymphoma exosomes
from different subtypes of DLBCL cells can induce
the activation of NF-κB signalling in macrophages
to release more inflammatory cytokines.

In conclusion, this study shows that macro-
phages treated with DLBCL exosomes can produce
more proinflammatory cytokines (IL-6, IL-12, and
CXCL10), but exosomes from different subtypes
of DLBCL cells have different effects on the acti-
vation of NF-κB signalling in macrophages at different stages. Exosomes from the GCB subtype of DLBCL cells can activate NF-κB in macrophages at different stages, while exosomes from non-GCB subtype DLBCL cells only activate NF-κB signalling in M2 macrophages that are in a phase of polarization. Our study was limited to the whole exosome. The next step is to study how specific contents of exosomes affect macrophage polarization. Altogether, exosomes from different subtypes of DLBCL cells can activate macrophages in the microenvironment to produce more inflammatory cytokines, but the mechanisms regarding the activation of NF-κB signalling in different macrophage stages is different. This provides new evidence in the study of exosome-mediated activation of macrophages in the TME and presents new ideas for clinical intervention and treatment of different subtypes of DLBCL.

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Huayu Ling, Zhong Yang – equal contribution.

Conflict of interest
The authors declare no conflict of interest.

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