Hypoxia Activates the PTHrP – MEF2C Pathway to Attenuate Hypertrophy in Mesenchymal Stem Cell Derived Cartilage

David C. Browe1, Cynthia M. Coleman1, Frank P. Barry1 & Stephen J. Elliman2

Articular cartilage lacks an intrinsic repair capacity and due to the ability of mesenchymal stem cells (MSCs) to differentiate into chondrocytes, MSCs have been touted as a cellular source to regenerate damaged cartilage. However, a number of prevailing concerns for such a treatment remain. Generally, administration of MSCs into a cartilage defect results in poor regeneration of the damaged cartilage with the repaired cartilage consisting primarily of fibro-cartilage rather than hyaline cartilage. Methods that improve the chondrogenic potential of transplanted MSCs in vivo may be advantageous. In addition, the proclivity of MSC-derived cartilage to undergo hypertrophic differentiation or form bone in vivo also remains a clinical concern. If MSC-derived cartilage was to undergo hypertrophic differentiation in vivo, this would be deleterious in a clinical setting. This study focuses on establishing a mechanism of action by which hypoxia or low oxygen tension can be used to both enhance chondrogenesis and attenuate hypertrophic differentiation of both MSC and ATDC5 derived chondrocytes. Having elucidated a novel mechanism of action, the subsequent goals of this study were to develop an in vitro culture regime to mimic the beneficial effects of physiological low oxygen tension in a normoxic environment.

Mesenchymal stem cells (MSC) derived from human bone marrow (BM) and adipose tissue are currently being evaluated in early phase clinical trials to treat osteoarthritis (OA) and cartilage defects1,2. MSCs are an ideal cell source to treat cartilage disorders as MSCs are easily obtained, exhibit a high expansion potential, and retain the potential to differentiate along chondrogenic lineages3. However, MSC-derived cartilage has the proclivity to undergo hypertrophic differentiation. This hypertrophy resembles endochondral ossification: a cartilage precursor before matrix mineralization and ossification4. Previous studies have revealed that MSC micromass chondrogenic pellets undergo hypertrophy and were mineralised upon subcutaneous transplantation into severe combined immunodeficiency (SCID) mice5,6. This tendency of MSC derived cartilage to undergo hypertrophy and form bone is also being explored for use in tissue engineering approaches for bone repair7–11. Early clinical safety studies using autologous MSCs to treat cartilage defects resulted in an improvement in patient pain and joint function. However, long-term follow up examination of the de novo tissue revealed a “hyaline-like” cartilage which was deemed to be biomechanically inferior to healthy cartilage12,13. Therefore, the development of a therapeutic MSC product that both resembles native articular cartilage and is resistant to hypertrophy remains a challenge for in the field of tissue engineering.

In order to examine the molecular mechanism regulating attenuation of hypertrophy, this study will employ the use of the chondrogenic cell line ATDC5 in addition to primary human bone marrow derived- MSCs. The ATDC5 cell line was established by Atsumi and colleagues in 199014. ATDC5 cells were derived from and isolated from murine teratocarcinoma fibroblastic cells and were observed to undergo high levels of chondrogenic differentiation in comparison to other cells lines that are also used to study 2D chondrogenesis such as C3HT10½ cells14. ATDC5 cells have been shown to demonstrate sequential chondrogenic differentiation, in such that the cells will deposit GAG and ECM followed by the upregulation of hypertrophy markers such as collagen

1Regenerative Medicine Institute, National University of Ireland Galway, University Road, Galway, Ireland. 2Orbsen Therapeutics Ltd, National University of Ireland Galway, Distillery Road, Galway, Ireland. Frank P. Barry and Stephen J. Elliman contributed equally. Correspondence and requests for materials should be addressed to F.P.B. (email: frank.barry@nuigalway.ie)
Hypoxia, specifically the induction of hypoxia inducible factor α (HIFα), can support chondrogenesis via increased expression of the transcription factor, SRY (sex determining region Y) - box 9 (SOX9) and Collagen-type 2 (Col2a1)19–22. Additionally, hypoxia causes decreased expression of hypertrophic markers Collagen X and Runx-related Transcription Factor 2 (RUNX2) during chondrogenesis, however the mechanism of action has yet to be fully elucidated23–25. We were interested in identifying factors involved in the hypertrophic differentiation of cartilage with the aim of discovering pharmacological inhibitors of this process. It has been previously reported that human articular chondrocytes cultured in hypoxia exhibit enhanced Parathyroid hormone related protein (PTHrP) expression in a HIF1α- and HIF2α-dependent manner26. PTHrP is a secreted protein that maintains cartilage homeostasis and plays a pivotal role during skeletal development by inhibiting hypertrophic differentiation of chondrocytes27. Additionally, treatment of MSC-derived cartilage with recombinant PTHrP peptide resulted in a reduction of hypertrophy markers/mediators Collagen X and Alkaline phosphatase (ALP)6,28. However, PTHrP peptides also caused a decrease in Collagen II deposition, indicating a reduction in chondrogenesis which would be deleterious in a therapeutic setting29,30. The anti-hypertrophic effects of PTHrP are mediated by the receptor, PTHR129. Upon activation of PTHR1 by PTHrP, a decrease in the transcriptional factor Myocyte enhancement factor 2C (MEF2C) suppresses hypertrophy by reducing Col10a1 gene expression10,31. MEF2C is also involved in matrix mineralization by osteoblasts, where knockdown of MEF2C attenuates osteogenic/hypertrophic genes including RUNX2 and matrix metalloproteinase 13 (MMP13)32.

We hypothesize that activation of hypoxia inducible pathways by physiological, genetic or pharmacological means can have beneficial effects on the development of cartilage formed. It does so by attenuating hypertrophy and thus improving the phenotype of the de novo cartilage so it resembles native articular cartilage. We aim to demonstrate that this effect is as a result of a hypoxia-induced stimulation of a PTHrP – MEF2C pathway and subsequent repression of hypertrophic markers/mediators. Secondly, we aim to demonstrate the development of an in vitro culture regime to mimic the beneficial effects of physiological low oxygen tension in a normoxic environment. We propose that such a regime could be clinically translated to in vivo settings to promote the formation of de novo cartilage that closely resembles native articular cartilage.

Results
Hypoxia enhances chondrogenesis in human MSC micromass pellets and murine ATDC5 monolayer differentiation. To assess the effect of hypoxia upon MSC chondrogenesis, pellets were differentiated for 28 days in normoxic (19% O2) or hypoxic (2% O2) conditions. An increased level of GAG in the hypoxia group was observed by Safranin-O staining of MSC pellets at 28 days. Pellets cultured in hypoxia displayed a more uniform distribution of GAG throughout the matrix, whereas in normoxic pellets positive GAG staining was isolated in the centre of the pellet (Fig. 1A).

Collagen II protein was increased in MSC pellets differentiated in hypoxic conditions when compared to the normoxic group, as shown by immunohistochemistry of histological sections from day 28 pellets (Fig. 1A). The location of the positive Collagen II staining correlates with positive GAG staining, with hypoxic pellets displaying strong, uniform staining throughout the pellets. By contrast, normoxic pellets displayed weak staining, which was confined to the centre of the pellet (Fig. 1A). Collagen II staining was quantified by measuring the number of DAB positive pixels in images from 3 donors; a 5-fold increase in Collagen II staining was observed in pellets cultured under hypoxic conditions (Fig. 1B).

Hypoxic differentiation also resulted in an increase in the mass of the pellets. MSC pellets cultured in hypoxia yielded a 3-fold increase in wet weight compared to normoxic controls (Fig. 1C).

GAG deposition was analysed by DMMB assay to quantify levels of sulphated GAG. By 28 days, pellets differentiated in hypoxia had deposited 2.5-fold more GAG than normoxic pellets (Fig. 1D). As no increase in the overall DNA content was found between the two treatments (Fig. 1E), a significant increase was demonstrated in the GAG:DNA ratio of the pellets differentiated in hypoxia, when compared to normoxic pellets (Fig. 1F).

In addition, to investigate if the response to hypoxia was restricted to human cells and/or a 3D culture regimen, we examined the effect of hypoxia on the monolayer differentiation of the murine cell line ATDC5. Under hypoxic conditions, ATDC5 differentiation results in an increase in Alcian blue positive cartilage nodules, when compared to the normoxia group, thus indicating increased GAG in the extracellular matrix (ECM). We observed that, at early time-points, hypoxia induces GAG deposition sooner during differentiation of ATDC5 than when compared to normoxic controls (Fig. 1G).

Hypoxia attenuates hypertrophy. We examined the effects of hypoxia on hypertrophy, as indicated by the decreased expression of RUNX2, Collagen X and ALP content. ALP content was reduced by 71% in the conditioned media (CM) of day 28 MSC pellets in hypoxia when compared to CM from MSC pellets differentiated in normoxia (Fig. 2A).

Human MSC pellets, hypoxia reduced expression of RUNX2 protein at day 28 when compared to pellets cultured in normoxia, as demonstrated by immunohistochemistry (Fig. 2B). Upon quantification, RUNX2 protein deposition was found to be significantly reduced by hypoxic differentiation (Fig. 2C). Additionally, a decrease in Collagen X protein deposition in day 28 MSC pellets was observed by immunohistochemistry when compared to normoxic controls (Fig. 2D). The reduction in Collagen X was further confirmed by quantification of Collagen X staining (Fig. 2E).

To examine if hypoxia attenuated hypertrophy in ATDC5 cells undergoing chondrogenesis, ATDC5 cells were differentiated in a monolayer for 21 days. ATDC5 cells differentiated in normoxia show elevated levels of ALP
content when compared to ATDC5 cells differentiated in hypoxia, which maintain constant low levels of ALP content throughout differentiation (Fig. 2F).

To establish if hypoxia inhibited key regulators of hypertrophy, the expression of RUNX2 and Col10a1 was assessed. RUNX2 mRNA levels were significantly reduced by ~40% in ATDC5 differentiated for 21 days in hypoxia. No significant change in RUNX2 mRNA expression was observed on days 7 and 14 of differentiation (Fig. 2G). ATDC5 differentiated under hypoxic conditions exhibited significantly reduced gene expression of Col10a1 at day 21 of differentiation (Fig. 2H); under these conditions we were unable to detect Col10a1 gene expression at days 7 and 14 of ATDC5 differentiation.

Hypoxia upregulates PTHrP expression during chondrogenesis. Monolayer differentiation of ATDC5 cells under low oxygen conditions resulted in a 2 and 2.5 fold increase in PTHrP mRNA levels at days 7 and 21 respectively, when compared to levels under normoxic conditions. Comparable levels of PTHrP mRNA were observed in both hypoxic and normoxic groups at day 14 of differentiation (Fig. 3A). To quantify exogenous PTHrP (1–34) protein in response to hypoxia, CM was collected from MSC pellets differentiated in hypoxia or normoxia, over a 28 day time course. Increased levels of secreted PTHrP were detected at days 14 and 21 of hypoxic differentiation by ELISA (Fig. 3B). HIF1α and HIF2α were overexpressed in ATDC5 differentiated under normoxic conditions to determine if hypoxic regulators could affect PTHrP levels during differentiation. At 48 hours post transfection, only HIF1α overexpression resulted in a significant upregulation in PTHrP mRNA levels when compared to empty vector controls (Fig. 3C). At 7 days post transfection, significant upregulation in PTHrP mRNA was observed in ATDC5 overexpressing HIF1α and HIF2α as well as empty vector hypoxic controls (Fig. 3D).

Having established that PTHrP is regulated by HIF and PTHrP is upregulated during hypoxic chondrogenesis we sought to examine the effects of exogenous PTHrP supplementation during chondrogenic differentiation. PTHrP (1–34) peptide was added to CCM in a range from 10 pg/ml to 100 ng/ml. During differentiation under normoxic conditions we observed a dose-dependent decrease in GAG production in MSC pellets with increased concentrations of PTHrP (1–34) peptide (Fig. 3E (GAG assay) and Fig. 3F (Safranin-O-staining)). Conversely, MSC pellets differentiated under hypoxic conditions showed no reduction in GAG synthesis as a result of PTHrP (1–34) peptide addition (Fig. 3E). No significant changes in DNA content were observed as a result of PTHrP (1–34) peptide treatment (data not shown). PTHrP (1–34) peptide also had a similar effect on the differentiation of ATDC5 cells: under normoxic conditions, 1μM of PTHrP (1–34) had a detrimental effect on GAG, as indicated

Figure 1. Hypoxia improves chondrogenesis in MSC micromass pellets and ATDC5 cultures. Human MSC micromass pellets were differentiated in hypoxia or normoxia for 28 days (A–F). An increase in positive staining for GAG in pellets differentiated in hypoxia was observed following Safranin-O histological staining (A). Immunohistochemistry for Collagen II deposition revealed an upregulation in Collagen II protein deposition in pellets differentiated in hypoxia when compared to normoxia (A). Quantification of DAB positive pixels demonstrates a 5-fold increase in Collagen II under hypoxic conditions when compared to normoxia (B). Hypoxia significantly increased the wet weight of MSC micromass pellets (p = < 0.001) (C). DMMB and Pico Green assays were performed on papain-digested MSC micromass pellets: hypoxia significantly increased both the GAG (p = < 0.001) (D) and GAG:DNA ratio (F). Hypoxia had no effect on the DNA content of the MSC micromass pellets (E). ATDC5 were differentiated in mono-layer conditions for 7, 14 and 21 days in either hypoxia or normoxia. Alcian blue staining for GAG demonstrates an increase in GAG production as a result of hypoxia, positive staining was also observed at earlier time-points in hypoxic cultures (G). Scale bars = 200 μm.
Reduced Alcian blue staining, which was not observed under hypoxic conditions (Fig. 3H). The addition of PTHrP (1–34) peptide during hypoxic and normoxic differentiation also caused a dose-dependent reduction in ALP content in MSC pellets (Fig. 3G) and ATDC5 cells (Fig. 3I). These data suggest the PTHrP (1–34) peptide attenuates chondrogenic hypertrophy under hypoxic and normoxic conditions in two cellular systems.

Hypoxia attenuates hypertrophy via a PTHrP mediated reduction in MEF2C expression. We wanted to determine if hypoxia reduced hypertrophy via the PTHrP-PTHR1-MEF2C pathway. We observed an increase in PTHR1 immunohistochemical staining in day 28 MSC pellets in hypoxic conditions, indicating that PTHR1 is upregulated by hypoxia (Fig. 4A). Moreover, upon quantification of DAB staining, hypoxia was found to significantly increase PTHR1 deposition (Fig. 4B). Immunohistochemistry revealed MEF2C protein deposition was reduced in response to hypoxia when compared to normoxic controls in human MSC (Fig. 4C). Additionally, upon quantification of DAB staining, hypoxia was found to significantly decrease MEF2C deposition (Fig. 4D). To assess whether the observed repression of MEF2C by hypoxia was mediated by HIFs, we overexpressed HIF1α and HIF2α in ATDC5 for 7 days and observed a reduction in MEF2C expression under hypoxic conditions, when compared to normoxic controls (Fig. 4F). Under normoxic conditions, the overexpression of both HIF1α and HIF2α also reduced MEF2C gene expression to comparable levels as hypoxic controls (Fig. 4F).

Hence, hypoxia has been observed to increase both PTHrP and PTHR1 while reducing MEF2C expression. Hypoxia activates Protein Kinase A (PKA), resulting in Protein phosphatase 2A (PP2A) upregulation, histone deacetylase 4 (HDAC4) dephosphorylation and subsequent entry into the nucleus inhibiting MEF2C activity. As a result, hypertrophy markers such as Collagen X are attenuated.

Figure 2. Hypoxia attenuates markers of hypertrophy. A pNPP assay was used to quantify ALP content in CM from day 28 MSC micromass pellets. A significant decrease in ALP content was observed in MSC micromass pellets differentiated in hypoxia when compared to normoxia controls (p = < 0.001) (A). Immunohistochemistry was performed on sections from day 28 MSC micromass pellets. A reduction in positive staining for RUNX2 (scale bar = 100 µm) (B) and Collagen X protein deposition (scale bar = 200 µm) (D) was observed in MSC micromass pellets differentiated in hypoxic conditions. Quantification of this reduction in DAB staining was confirmed following analysis of DAB positive pixels in all images (C,E). ALP content from CM of ATDC5 differentiated under hypoxic and normoxic conditions across a 21 day time course demonstrated significant decreases in ALP content in ATDC5 differentiated in hypoxia at all time points, when compared to normoxia (p = < 0.001) (F). QPCR for RUNX2 was performed on ATDC5 differentiated in hypoxia and normoxia for 21 days; at day 21 of differentiation ATDC5 differentiated in hypoxia had significantly reduced RUNX2 mRNA expression when compared to normoxic controls (p = 0.0447) (G). Col10a1 gene expression in ATDC5 was analysed at day 21 of differentiation by QPCR; hypoxia was found to significantly reduce Col10a1 gene expression when normalized to normoxic controls (p = 0.0036) (H). Scale bars = 200 µm.
content when compared to hypoxia alone (Fig. 4G). This data suggests the PTHrP-MEF2C signalling pathway can be augmented by direct stimulation of PKA. Development of drug regimens which target PKA may be used to activate the PTHrP-MEF2C pathway without the use of physiological hypoxia.

Secondly, we wanted to establish if hypertrophy is enhanced by inhibition of PP2A. To do so, we added 1 nM of the PP2A inhibitor Cantharidin to ATDC5 cells from day 1 until day 14 of differentiation. We observed a significant increase in ALP content in ATDC5 cells differentiated in hypoxia compared to vehicle controls. There was no significant effect observed in normoxia. Overall these data indicates that the hypoxia mediated reduction in ALP is regulated by PP2A.

FG-4592 treatment attenuates markers of hypertrophy and maintains high levels of GAG synthesis. The small molecule HIF prolyl hydroxylase inhibitor FG-4592 acts as a hypoxia mimetic by inhibiting the prolyl hydroxylase enzymes that degrade HIF, leading to HIF stabilisation and activation of hypoxia-responsive genes. Treatment of MSC pellets with FG-4592 induced a dose-dependent decrease in ALP content under normoxic conditions. We observed an additive reduction in ALP activity when FG-4592 treatment was combined with hypoxic differentiation of MSC (Fig. 5A). FG-4592 treatment also increased GAG deposition in pellets cultured under normoxic conditions (Fig. 5B), and this improvement in GAG deposition was also observed by Safranin-O staining (Fig. 5C). Similar effects were observed in ATDC5 cells treated with FG-4592. ALP content decreased in a dose-dependent fashion under normoxic conditions (Fig. 5D), and a dose of 10 μM FG-4592 induced a minor decrease in positive Alcian blue staining. However, the 10 μM dose...
of FG-4592 increased Alcian blue staining under normoxic conditions (Fig. 5E). PTHrP gene expression was significantly inhibited by the high dose (50 μM) of FG-4592, while the lower dose (10 μM) has no significant effect of PTHrP gene expression (Fig. 5F). Conversely, the high dose of FG-4592 significantly attenuated MEF2C expression under normoxic conditions when compared to vehicle controls (Fig. 5G); thus indicating that MEF2C expression is attenuated by FG-4592 treatment. FG-4592 reduced Col10a1 expression at both the high and low doses. 10 μM FG-4592 reduced Col10a1 expression by ~50%, and 50 μM FG-4592 reduced Col10a1 expression by ~85%. The addition of the high dose of FG-4592 also reduced Col10a1 when compared to both normoxic vehicle and hypoxic vehicle controls. This indicates that the administration of FG-4592 causes downregulation of Col10a1, a key marker of hypertrophic differentiation in cartilage (Fig. 5H). This data suggests that 10 μM FG-4592 administration results in increased GAG deposition in MSC pellets under normoxic conditions but the 50 μM dose is required to have a significant effect on hypertrophy.

Discussion

MSCs have been touted as a possible cellular source for the regeneration of damaged cartilage in recent years, however the proclivity for MSC derived cartilage to undergo hypertrophy in vivo remains a concern. This study aims to assess if this concern can be alleviated by using hypoxia to attenuate hypertrophy, potentially improving the fate of an MSC graft in vivo following transplantation into a cartilage defect.
Our results demonstrate, for the first time in MSCs, the roles of PTHrP and MEF2C in attenuating hypertrophy in response to hypoxic conditioning. We show that PTHrP can be regulated in response to hypoxia as demonstrated by the increase in PTHrP secretion from MSC pellets and PTHrP gene expression in ATDC5.
It has been reported that the addition of PTHrP to MSC-derived cartilage reduces markers of hypertrophy in vitro, however PTHrP also reduces Collagen II expression. In our study, we observed that addition of PTHrP can have a negative effect on GAG synthesis, with a dose-dependent reduction in GAG in cartilage differentiated under normoxic conditions. However, by combining hypoxia and the addition of exogenous PTHrP, we observed an additive effect, whereby high levels of GAG synthesis were maintained while reducing ALP activity to basal levels. Notably, when compared to normoxia, 100-fold less PTHrP peptide was required to induce a significant reduction in ALP activity in hypoxia. We postulate that there may be two reasons for this effect: First, we observed that hypoxia induced expression of the PTHrP receptor PTHR1, which may increase the cellular response to low doses of PTHrP. Secondly, we have shown hypoxia increases PTHrP secretion in MSC pellets, thus we expect the increase in endogenous PTHrP to supplement the exogenous PTHrP peptide, leading to a synergistic effect.

These results indicate that maintenance of PTHrP and PTHR1 expression in MSC in vivo may yield a favourable effect on an MSC graft in a cartilage defect or OA animal model, however further work is required to test this hypothesis in vivo.

Downstream of PTHrP, we observed for the first time the hypoxic regulation of MEF2C. MEF2C is a transcription factor that has been shown to be downregulated in response to PTHrP and Forskolin, and can repress Col10a1 gene activation. In addition, knockdown of MEF2C in osteoblasts results in the attenuation of genes associated with hypertrophic and osteoblastic differentiation. Upon activation of the PTHrP receptor PTHR1, PKA activates PP2A, which in turn is responsible for the dephosphoralation of HDAC4. Following the nuclear localization of HDAC4, expression levels of MEF2C are attenuated.

Here we observe that, under hypoxic conditions, MEF2C gene transcript and protein levels are decreased in ATDC5 when compared to normoxic controls. In order to demonstrate that markers of hypertrophy can be reduced by direct stimulation of PKA we added Forskolin to the differentiation systems. Forskolin is a potent activator of cAMP, which in turn stimulates PKA. This results in downregulation of MEF2C expression. Following addition of Forskolin to ATDC5, we noted a significant decrease in ALP activity following 14 days of differentiation in normoxia, indicating that direct stimulation of cAMP/PKA/MEF2C with Forskolin is sufficient to reduce ALP activity. In order to demonstrate that P2A is necessary for hypoxia-induced attenuation of hypertrophy, we blocked PP2A with Cantharidin, a specific and potent PP2A inhibitor. The addition of Cantharidin to differentiating ATDC5 under hypoxic conditions resulted in a significant upregulation in Alkaline phosphatase content in CM compared to vehicle controls. These results indicate that activation of PP2A is necessary for the attenuation of hypertrophy markers by hypoxia.

Having established the importance of the PTHrP - MEF2C pathway in reducing hypertrophy, our next goal is to develop a treatment regime to inhibit hypertrophy for use in clinical applications. FG-4592 is pharmacological hypoxia-mimetic that is currently undergoing phase III clinical trials to treat anaemia associated with chronic kidney disease (Clinicaltrials.gov ID# NCT01887600). We can report a significant increase in GAG synthesis in pellets treated with 10μM FG-4592 under normoxic conditions following the addition of FG-4592 to MSC pellets undergoing chondrogenesis. QPCR revealed that FG-4592 treatment can have aberrant effects on gene expression, as expected mRNA transcript levels of MEF2C and Col10a1 were reduced by high doses of FG-4592. However, unexpectedly PTHrP gene transcript levels were also reduced. We postulate that the lack of hypertrophy observed following administration of 50μM FG-4592 may feedback into an inhibition of PTHrP, although subsequent studies will be required to confirm this. As we observed in our study, 10μM FG-4592 increases GAG synthesis and 50μM FG-4592 decreases hypertrophy, therefore a dose escalation study moving from the low to high dose of FG-4592 over time may be beneficial in improving GAG synthesis while subsequently significantly attenuating markers of hypertrophy.

However, it must be noted that while the authors feel that strong evidence has been provided to demonstrate that hypoxia-induced stimulation of the PTHrP – MEF2C pathway inhibits hypertrophy, a limitation of this study is that genetic manipulation studies were only performed in ATDC5 cells and not MSCs. The authors had attempted to use a lentiviral shRNA system to knock-down key genes of interest in MSCs, however we were unable to generate the large numbers of transfected and viable cells required to perform the necessary micro-mass pellet studies. The greater specificity of a CRISPR-Cas9 system to genetically manipulate cells may be advantageous for future studies which seek to knock-down MEF2C for example. As ATDC5 cells have been shown to demonstrate sequential chondrogenic differentiation, GAG deposition followed by the upregulation of hypertrophy markers, we envisage that the results observed in the ATDC5 cell line would readily translate to primary cells in a 3D system however further studies are required to confirm this hypothesis.

In conclusion, this study has demonstrated for the first time that hypoxia stimulates PTHrP and reduces MEF2C to attenuate hypertrophy in mesenchymal stem cell derived cartilage. Further understanding of the pathways described herein may permit the development of a therapeutic MSC product that can produce hyaline cartilage and that is resistant to hypertrophy in vivo.

Methods
Mesenchymal stem cell isolation and expansion. All procedures were ethically approved by the Clinical Research Ethical Committee at University College Hospital, Galway. Informed consent was obtained from all donors for study participation. All experiments were performed in accordance with relevant guidelines and regulations. Human bone marrow MSCs were isolated from bone marrow harvested from the iliac crest of healthy donors (18–30 years) with approval from the University College Hospital Galway ethics committee (Approval number - CA02/08). Bone marrow derived MSCs were expanded by direct plating technique as previously described. MSC expansion media consisted of alpha MEM (Gibco), 10% Hyclone fetal bovine serum (FBS) (Thermo Scientific), 1% penicillin/streptomycin (Sigma) and 5 ng/ml fibroblast growth factor 2 (FGF2; Pepro-Tech). MSCs were then cultured at 2% oxygen (hypoxia) in a hypoxia incubator (Galaxy RS hypoxia incubator; New Brunswick) or 19% oxygen (normoxia). Chondrogenesis was initiated between passages 2 and 4.
Micromass pellet chondrogenic differentiation of MSC. 3D pellet chondrogenic differentiation was initiated with 250,000 cells per pellet. MSCs were resuspended in complete chondrogenic media (CCM) - DMEM high glucose (Sigma), 100 mM dexamethasone, 50 μg/ml ascorbic acid 2-phosphate, 40 μg/ml L-proline, 1% ITS supplement (Becton Dickinson), 1 mM sodium pyruvate (Gibco), 1% penicillin/streptomycin (Sigma) with 10 ng/ml transforming growth factor β-3 (TGFβ3) (Pepro-Tech). Pellets from MSCs expanded in hypoxic conditions were differentiated in hypoxia and MSCs expanded at normoxia were differentiated in normoxia. Pellets were differentiated for 28 days, with CCM replaced 3 times/week. Conditioned media (CM) was harvested at days 7, 14, 21 and 28 of differentiation.

To assess the effect of exogenous PTHrP (1–34), increasing concentrations (10 pg/ml, 100 pg/ml, 1 ng/ml, 10 ng/ml, 100 ng/ml) of PTHrP (1–34) peptide (Bachem) were added to CCM 3 times/week from days 14–28. FG-4592 (Stratech Scientific) was added (10 μM or 50 μM) from day 1 to day 28 of human MSC differentiation or to day 21 for ATDC5. FG-4592 was added every 2 days. DMSO was used as a vehicle control.

Glycosaminoglycan (GAG) and DNA quantification of micromass pellets. Pellets were digested by papain (Sigma) overnight at 60°C. GAG quantification was performed using a 1,9 dimethylmethylene blue (DMMB) assay as previously described. Quantification of dsDNA in the digested pellets was performed using a Quant-iT Pico Green dsDNA kit (Invitrogen) according to the manufactures protocol. The combination of results from the DMMB and pico-green assays provides a ratio of GAG normalized to dsDNA content.

Alkaline phosphatase (ALP) assay. CM from day 28 pellets was assayed to quantify ALP content. 10 μl of CM was combined with 190 μl of pNPP substrate (Sigma), incubated for 30 minutes and absorbance analysed at 405 nm and converted to μM using the equation: Absorbance = (extinction coefficient)(concentration) (pathlength).

PTHrP (1–34) Immunoassay. To quantify secretion of PTHrP (1–34) a PTHrP immunoassay (Bachem) was performed as per the manufacturer’s instructions.

Safranin-O staining for GAG. Pellets were fixed in 10% Formalin (Sigma) and processed using a Leica ASP300 processor. Paraffin-embedded samples were sectioned at 5 μm and mounted. Sections were deparaffinized in Histoclear (National Diagnostics) and rehydrated in decreasing alcohol series. Sections were then incubated in Haematoxylin (Sigma), 0.02% Fast Green (Sigma) and 1% Safranin-O (Sigma), and dehydrated in an increasing alcohol series.

Immunohistochemistry. Antigen retrieval was performed in 10 mM sodium citrate buffer (pH 6.0). When staining for Collagen II and Collagen X, samples were incubated in 40 μM chondroitinase ABC (Sigma). Primary antibodies were diluted in 10% goat serum at concentrations detailed in Table 1. Staining was developed using DAB + Chromogen (Abcam).

Quantification of immunohistochemistry. The open-source imaging software Image J with the associated plugin IHC Profiler was used in order to quantify the extent of positive staining observed in immunohistochemical sections. Briefly, this plugin allows for the colour deconvolution of the image of interest. Once the DAB specific pixels were separated from the rest of the image, the threshold values were manually set to ensure the all DAB staining was accounted for while removing any remaining background/non-specific staining. After the threshold had been set, the “analyse particles” function of Image J was selected. A report was automatically generated by Image J containing the details of the number of DAB positive regions in the image along with the number of pixels contained within each positive region.

ATDC5 cell culture. ATDC5 cells were obtained from the European Collection of Cell Cultures (ECACC) and expanded in DMEM/F12 + Glutamine (Sigma), 5% FBS, 1% penicillin/streptomycin. Cells were expanded at either hypoxia in a 2% hypoxia incubator or normoxia for at least 1 passage before differentiation was initiated.

Monolayer chondrogenic differentiation of ATDC5 cells. ATDC5 were seeded at 12,500 cells/cm² and differentiated at both hypoxia and normoxia for 21 days. Differentiation media consisted of DMEM high glucose (Sigma), 100 mM dexamethasone, 50 μg/ml ascorbic acid 2-phosphate, 40 μg/ml L-proline, 1% ITS supplement, 1 mM sodium pyruvate, 1% penicillin/streptomycin with 2% FBS.

To examine the role of the PKA pathway during ATDC5 differentiation, 10 μM of Forskolin was added to ATDC5 media from day 7 to day 14 of differentiation. Also, 1 nM of the PP2A inhibitor Cantharidin was added.

Table 1. Details of antibodies, concentrations and incubation times used to analyse protein deposition in chondrogenic MSC pellets by immunohistochemistry.

| Antibody      | Manufacturer | Chondroitinase ABC Treated | Antibody Concentration | Incubation     |
|---------------|--------------|----------------------------|------------------------|----------------|
| Collagen II   | Abcam #54236 | Yes                        | Pre-diluted            | 4°C 18 hrs     |
| RUNX2         | Abcam #76956 | No                         | 1:100                  | 37°C 1 hr      |
| MEF2C         | Abcam #64644 | No                         | 1:200                  | 4°C 18 hrs     |
| Collagen X    | Abcam #49945 | Yes                        | 1:1000                 | 4°C 18 hrs     |
| PTHR1         | Abcam #104832| No                         | 1:200                  | 4°C 18 hrs     |

To examine the role of the PKA pathway during ATDC5 differentiation, 10 μM of Forskolin was added to ATDC5 media from day 7 to day 14 of differentiation. Also, 1 nM of the PP2A inhibitor Cantharidin was added.
Table 2. TaqMan gene expression assay details.

| Gene       | TaqMan Assay Number |
|------------|---------------------|
| RPLP0      | Mm00725448_s1       |
| FTH1P      | Mm00436057_m1       |
| MEF2C      | Mm01340842_m1       |
| RUNX2      | Mm00501584_m1       |
| Coll10a1   | Mm00487041_m1       |

HIF overexpression in ATDC5. HIF1α and HIF2α pcDNA3 triple mutant plasmids (Addgene HIF1α plasmid #44028 and HIF2α plasmid #44027) encode an oxygen-regulation insensitive (normoxia-stable and active) full-length murine HIF1α or HIF2α. ATDC5 were seeded at ~10,000 cells/cm² in expansion media for 24 hours. Prior to transfection, plasmid DNA, FuGENE HD (Promega), and OptiMEM media (Invitrogen) were combined and incubated for 10 minutes before adding to the ATDC5. ATDC5 were incubated for 48 hours or 7 days and cells harvested for subsequent QPCR analysis.

RNA isolation, cDNA synthesis and quantitative PCR. RNA isolation was performed using Trizol (Sigma) and an RNeasy Mini Kit (Qiagen) according to the manufacturer’s instructions. cDNA was generated using a cDNA synthesis kit (Bioline) according to manufacturer’s protocol. Gene expression was analysed using TaqMan probe sets (Applied Biosystems) details of the TaqMan assays used can be found in Table 2. QPCR was performed on a StepOnePlus instrument (Applied Biosystems) to obtain comparative ΔΔCt values. Data was normalized to the non-hypoxia responsive housekeeping gene RPLP0.

Statistical analysis. All MSC experiments are presented as the mean of a minimum of 3 different human MSC donors ± SEM in order to take into account the biological variation observed across human donors. In addition, a minimum of 3 biological replicates were performed for each individual MSC donor.

All ATDC5 experiments are presented as a minimum of 3 separate and independent experiments. In addition, a minimum of 3 biological replicates per independent experiment were also included and analysed.

To determine statistical significance, a two-tailed Student’s T-TEST was performed when comparing only 2 groups. When comparing more than 2 groups, a one-way ANOVA was performed followed by Tukey’s Multiple Comparison Test to compare differences between groups. Statistically significant changes are marked as *p < 0.05; **p < 0.01; ***p < 0.0001. Statistical analysis was performed using GraphPad Prism 6 (GraphPad Software).

Data Availability
The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

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Author Contributions
D.C.B. conducted all experiments, analysed and interpreted the data, drafted and edited the manuscript. C.M.C. participated in the design of the studies as well as editing the manuscript. S.I.E. contributed in study conception, study design, data interpretation and editing the manuscript. F.P.B. contributed to study conception, final approval of manuscript, and financial support. All authors read and approved of the final version of the manuscript. S.I.E. and F.P.B. are co-principal investigators on this study.

Additional Information
Competing Interests: D.C.B. and C.M.C. declare no competing interests. S.I.E. and F.P.B. are both shareholders in Orbsen Therapeutics Ltd. Orbsen Therapeutics did not sponsor this research.
