Supplementary Material to the article:

Rief, W., Kopp, M., Awarzamani, R. & Weise, C. (2022). Selected Trends in Psychotherapy Research: An Index Analysis of RCTs. Clinical Psychology in Europe.
https://doi.org/10.32872/cpe.7921

Table 1: Numbers of included studies per treatment and year

| Year | Mindfulness | ACT | EFT | eHealth | IPT | CBT | Psychotherapy | Schema Therapy | Systemic Therapy |
|------|-------------|-----|-----|---------|-----|-----|----------------|----------------|-----------------|
| 2010 | 1           | 3   | 0   | 12      | 3   | 43  | 3              | 0              | 2               |
| 2011 | 0           | 4   | 1   | 21      | 7   | 77  | 2              | 0              | 3               |
| 2012 | 0           | 7   | 0   | 20      | 5   | 72  | 8              | 1              | 2               |
| 2013 | 1           | 3   | 0   | 29      | 2   | 96  | 8              | 2              | 1               |
| 2014 | 0           | 5   | 1   | 31      | 4   | 108 | 7              | 1              | 2               |
| 2015 | 1           | 6   | 0   | 28      | 3   | 126 | 5              | 3              | 3               |
| 2016 | 3           | 6   | 2   | 33      | 4   | 128 | 4              | 1              | 2               |
| 2017 | 3           | 7   | 1   | 42      | 6   | 133 | 9              | 0              | 1               |
| 2018 | 5           | 11  | 2   | 35      | 3   | 154 | 4              | 1              | 2               |
| 2019 | 7           | 9   | 2   | 43      | 5   | 157 | 3              | 1              | 3               |
| Total| 21          | 61  | 9   | 294     | 42  | 1094| 53             | 10             | 21              |

Note. Database: Web of Science (WoS)

Selected Web of Science categories:

- psychiatry
- health care sciences and services
- psychology, clinical
- medical informatics
- medicine general and internal
- medicine research and experimental
- public, environmental and occupational health
- clinical neurology
- psychology
- neurosciences
- multidisciplinary sciences
- rehabilitation
- psychology, multidisciplinary
- substance abuse
- pediatrics
- behavioral sciences
- psychology, developmental
- social sciences, biomedical
- critical care medicine
- education and educational research
- psychology, experimental
- family studies
- psychology, applied
Search Terms in the Title of the article:

All searches:
- Selection to specific clinically-relevant categories, see main text
- “RCT” OR “randomi*” (according to the CONSORT criteria, all randomized clinical trials should include the terms “RCT” or “randomi*” in the title (Schulz et al., 2010))

Specific searches:
- cognitive behavior therapy: “CBT” OR “cognitive” OR “cognitive behavio*” OR “exposure therapy” OR “behavioral activation”
- internet-based psychological treatments: “eHealth” OR “mHealth” OR “internet”
- psychodynamic treatments: “psychodynamic*” OR “psychoanaly*” OR transference” OR “mentali*”
- Mindfulness-based Interventions: “mindful” OR “MBCT” OR “MBSR”
- Acceptance and commitment therapy: “ACT” OR “commitment” OR “commit*”
- Interpersonal therapy: “IPT” or “interpersonal”
- systemic therapy: “systemic* therapy” OR “family therapy”
- schema therapy: “schema*”
- emotion focused therapy (EFT): “EFT” OR “emotion-focus*” OR “ef therapy” (Title)