Revisiting Frank–Starling: regulatory light chain phosphorylation alters the rate of force redevelopment ($k_{tr}$) in a length-dependent fashion

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Key points

- Regulatory light chain (RLC) phosphorylation has been shown to alter the ability of muscle to produce force and power during shortening and to alter the rate of force redevelopment ($k_{tr}$) at submaximal [Ca$^{2+}$].
- Increasing RLC phosphorylation $\sim$50% from the \textit{in vivo} level in maximally [Ca$^{2+}$]-activated cardiac trabecula accelerates $k_{tr}$.
- Decreasing RLC phosphorylation to $\sim$70% of the \textit{in vivo} control level slows $k_{tr}$ and reduces force generation.
- $k_{tr}$ is dependent on sarcomere length in the physiological range 1.85–1.94 $\mu$m and RLC phosphorylation modulates this response.
- We demonstrate that Frank–Starling is evident at maximal [Ca$^{2+}$] activation and therefore does not necessarily require length-dependent change in [Ca$^{2+}$]-sensitivity of thin filament activation.
- The stretch response is modulated by changes in RLC phosphorylation, pinpointing RLC phosphorylation as a modulator of the Frank–Starling law in the heart.
- These data provide an explanation for slowed systolic function in the intact heart in response to RLC phosphorylation reduction.

Abstract  Force and power in cardiac muscle have a known dependence on phosphorylation of the myosin-associated regulatory light chain (RLC). We explore the effect of RLC phosphorylation on the ability of cardiac preparations to redevelop force ($k_{tr}$) in maximally activating [Ca$^{2+}$]. Activation was achieved by rapidly increasing the temperature (temperature-jump of 0.5–20°C) of permeabilized trabeculae over a physiological range of sarcomere lengths (1.85–1.94 $\mu$m). The trabeculae were subjected to shortening ramps over a range of velocities and the extent of RLC phosphorylation was varied. The latter was achieved using an RLC-exchange technique, which avoids changes in the phosphorylation level of other proteins. The results show that increasing RLC phosphorylation by 50% accelerates $k_{tr}$ by $\sim$50%, irrespective of the sarcomere length, whereas decreasing phosphorylation by 30% slows $k_{tr}$ by $\sim$50%, relative to the $k_{tr}$ obtained for \textit{in vivo} phosphorylation. Clearly, phosphorylation affects the magnitude of $k_{tr}$ following step shortening or ramp shortening. Using a two-state model, we explore the effect of RLC phosphorylation on the kinetics of force development, which proposes that phosphorylation affects the kinetics of both attachment and detachment of cross-bridges. In summary, RLC phosphorylation affects the rate and extent of force redevelopment. These findings were obtained in maximally activated muscle at saturating [Ca$^{2+}$] and are not explained by changes in the Ca$^{2+}$-sensitivity of acto-myosin.
interactions. The length-dependence of the rate of force redevelopment, together with the modulation by the state of RLC phosphorylation, suggests that these effects play a role in the Frank–Starling law of the heart.

Abbreviations  CF, conversion factor; DR, duty ratio; f, rate constant of cross-bridge attachment (s$^{-1}$); F, force produce by an individual cross-bridge (pN); $F_{i,85}$, force of a maximally activated trabecula at a sarcomere length of 1.85 $\mu$m (kN m$^{-2}$); $F_{i,90}$, force of a maximally activated trabecula at a sarcomere length of 1.90 $\mu$m (kN m$^{-2}$); $F_{i,90}$, force of a maximally activated trabecula at a sarcomere length of 1.94 $\mu$m (kN m$^{-2}$); $F_{iso}$, isometric force (kN m$^{-2}$); FL, rate of force redevelopment (s$^{-1}$); $k_{p}$, rate of force redevelopment (s$^{-1}$); $k_{r}$, rate of force redevelopment (s$^{-1}$); N, number available cross-bridges for active cycling; RLC, regulatory light chain; SL, sarcomere length ($\mu$m).

Introduction

Contraction in striated muscle is driven by interactions between actin and myosin, and is controlled by the availability of free Ca$^{2+}$ to bind the thin filament regulatory complex (troponin complex). This ‘on/off’ mechanism in striated muscle determines the availability of myosin binding sites on actin (thin filament activation) (Moss et al. 2004). In the presence of calcium, these sites are available and cyclical interactions between actin and myosin occur, producing force and shortening. In addition, RLC phosphorylation level plays a role in modulating the ability of cross-bridges to produce force, especially under load (Toepfer et al. 2013). What has not yet been well established is the ability of RLC phosphorylation to alter the kinetics of force redevelopment ($k_{r}$) (not created by stretch activation) (Stelzer et al. 2006a; Stelzer et al. 2006b) in cardiac tissue. Force redevelopment was described in 1957 by Huxley using a simple two-state model, which described $k_{r}$ as the sum of the forward ($f$), and backward ($g$) rate constants for the transition into (and out of) the load bearing acto-myosin states, respectively (Huxley, 1957). Thus, processes that affect $f$ or $g$ modify the amplitude of force and the rate of force redevelopment. The amount of isometric force produced ($F_{iso}$) is given by:

$$F_{iso} = F \cdot N \cdot f/(f + g)$$

where $F$ is the force per cross-bridge, $N$ is the total number of cross-bridges in the filament overlap region and $f/(f + g)$ is the proportion of cross-bridges in force generating states.

Subsequent studies have shown that the rate constants $f$ and $g$ are complex terms, dependent on transitions between multiple biochemical intermediates (Pate & Cooke, 1986; Regnier et al. 1998). Although the two-state model does not describe the transient force response following step changes in length, it is a useful tool for making comparisons between treatment groups (Huxley & Simons, 1971; Podolsky et al. 1976); for example, the rate of ADP release from the myosin active site was identified as both strain sensitive and a major determinant of $g$ in striated muscle (Nyitrai & Geeves, 2004; Greenberg et al. 2014). The rate of $f$ is dependent on thin filament activation (co-operative activation) (Bremel & Weber, 1972; Brenner, 1988; Araujo & Walker, 1994; Wolff et al. 1995), which in effect alters the availability of actin binding sites to which myosin heads may bind, a factor also considered to be influenced by lattice expansion or shrinkage and by regulatory light chain (RLC) phosphorylation, shifting the myosin heads closer to the thin filament by addition of a negative charge to the neck region (Barany et al. 1980; Ueno & Harrington, 1981; Levine et al. 1996; Colson et al. 2010). Previous studies investigating the effect of RLC phosphorylation on $k_{r}$ and on the stretch activation response in rat cardiac trabeculae were performed using relatively long sarcomere lengths (SL) (2.2–2.3 $\mu$m), in the presence of either limiting or maximal [Ca$^{2+}$], with conflicting results (Morano et al. 1995; Olsson et al. 2004; Stelzer et al. 2006b; Colson et al. 2010). Work on skeletal muscle in submaximal [Ca$^{2+}$] clearly identified RLC phosphorylation as a determinant of $k_{r}$ (Metzger et al. 1989; Sweeney & Stull, 1990). However, the role that RLC phosphorylation plays in regulating $k_{r}$ in cardiac muscle after shortening and at physiological sarcomere lengths observed during systole (1.91–1.68 $\mu$m) (Sonnenblick et al. 1967) is unknown.

By carrying out experiments in the presence of saturating [Ca$^{2+}$], the effect of calcium-dependent activation is eliminated such that any changes in $k_{r}$ depend on the RLC phosphorylation levels and not on the calcium regulatory complex (de Tombe & Stienen, 2007). The role
of RLC phosphorylation warrants investigation because the observed changes in RLC phosphorylation levels in myocardium, above or below basal levels, change both power output and force production of the tissue (Toepfer et al. 2013). Additionally, there is a close association between RLC phosphorylation and myocardial function, such as in disease models, both acquired and inherited (Sheikh et al. 2014).

In the present study, we use an in vitro RLC exchange protocol to alter RLC phosphorylation level in rat cardiac ventricular trabeculae, without affecting phosphorylation of other sarcomeric constituents (Toepfer et al. 2013). Activation of the permeabilized trabeculae is achieved by temperature-jump to ensure rapid and homogeneous activation and thereby avoiding the confounding effects of Ca-diffusion into the core of the trabeculae. We measure $k_r$, using a step release protocol at three physiological RLC phosphorylation levels that are observed in health and disease (Sheikh et al. 2014). This provides a measurement of absolute force redevelopment when all cross-bridges are primed to begin actively cycling after being forcibly detached by a rapid release. Measurements are carried out at three sarcomere lengths (SL, 1.94, 1.90 and1.85 μm), with the shortest being that encountered during late systole in vivo (Guccione et al. 1997; Hanft et al. 2008). We use release-ramp protocols to elicit force redevelopment to measure $k_r$ over a range of physiological shortening velocities that the intact myocardium would encounter during systole. This technique allows us to assess $k_r$ with unsynchronized cross-bridges populating a variety of cross-bridge states, similar to that occurring in the shortening myocardium during systole. Hence, we aim to advance our mechanistic understanding of how RLC phosphorylation alters $k_r$, independently of calcium-dependent co-operative activation in cardiac muscle.

**Methods**

**Ethical approval**

All animal procedures were carried out in accordance with the Guide for the Care and Use of Laboratory Animals, published by the United States National Institutes of Health, under assurance number A5634-01. Cervical dislocation was performed in accordance with Schedule 1 of the UK Home Office Animals (Scientific Procedures) Act 1986.

**Trabeculae preparation**

Female Sprague–Dawley rats (fed ad libitum) weighing 250–350 g were anaesthetized using isoflurane inhalation, until unconscious. Rapid cervical dislocation was followed by removal of the heart by abdominal and subsequent thoracic resection. Hearts were excised with intact aortic arches for cannulation and retrograde perfusion with oxygenated ice-cold Krebs–Henseleit solution (composition in mM: 119 NaCl, 4.7 KCl, 0.94 MgSO₄, 1 CaCl₂, 1.2 KH₂PO₄, 25 NaHCO₃, 11.5 glucose and 30 2,3-butanedione monoxime, in addition to 12 units ml⁻¹ of heparin). Left ventricular trabeculae (1–2 mm in length and 100–300 μm in width) were excised from the resected left ventricle. Trabeculae ends were then crimped in T-clips and pinned at resting length on Sylgard for chemical permeabilization using relaxing solution (composition in mM: 60 TES, 8.66 MgCl₂, 20 EGTA, 5.43 Na₂ATP, 10 glutathione and 33.71 potassium propionate at pH 7.4) for 30 min at 5°C, incorporating 2% Triton X-100. Trabeculae were stored post-permeabilization at −20°C in 50% relaxing solution with 50% glycerol and protease inhibitors (4 mg l⁻¹ leupeptin, 10 mM phenylmethanesulphonyl fluoride and 50 mg l⁻¹ trypsin inhibitor). Trabeculae were stored for no longer that 3 days prior to experimentation.

**RLC exchange**

The methods for exchange and for measuring the extent of exchange have been described previously (Toepfer et al. 2013). Briefly, recombinant cardiac RLC from *Rattus norvegicus* was expressed, purified and dephosphorylated or phosphorylated in vitro using shrimp alkaline phosphatase or smooth muscle myosin light chain kinase, respectively (Toepfer et al. 2013). RLCs with known phosphorylation levels (0.1 mol Pi mol⁻¹ RLC, 0.5 mol Pi mol⁻¹ RLC and 1.1 mol Pi mol⁻¹ RLC) were exchanged for native RLC in permeabilized trabeculae using an exchange buffer (composition in mM: 5 ATP, 5 EGTA, 5 EDTA, 10 imidazole, 150 potassium propionate, 10 KH₂PO₄, 5 DTT and 0.5 trifluoperazine at pH 6.5). Exchange was performed with 0.6 mg ml⁻¹ RLC on the experimental set-up at a sarcomere length of 2.1 μm at 0.5°C for 45 min. The extent of RLC phosphorylation in the trabeculae was calculated from the measured time course of RLC exchange (Toepfer et al. 2013). Exchange protocols were adjusted to obtain three RLC phosphorylation levels in trabeculae. These were increased phosphorylation (phosphorylated) with a normalized RLC phosphorylation of 1.5±0.1 (~0.66 mol Pi mol⁻¹ RLC) compared to native where the extent of phosphorylation is 0.44 mol Pi mol⁻¹ RLC, reduced phosphorylation of 0.7 ± 0.05 (~0.31 mol Pi mol⁻¹ RLC) and control exchange mimicking native RLC phosphorylation levels of 1.1 ± 0.1 (Toepfer et al. 2013).

**Trabeculae mechanics**

After exchange, the ends of the trabeculae were attached to the apparatus with shellac and the sarcomere length was adjusted to 2.1 μm, using the first-order sarcomere
Table 1. Experimental solutions

|                | Relaxing (pH 7.1) | Pre-activating (pH 7.1) | Activating (pH 7.1) |
|----------------|-------------------|-------------------------|---------------------|
| Tes            | 100               | 100                     | 100                 |
| MgCl₂          | 7.8               | 6.8                     | 6.5                 |
| Na₂ATP         | 5.7               | 5.7                     | 5.7                 |
| EGTA           | 25                | 0.1                     | 0                   |
| GLH            | 20                | 20                      | 20                  |
| HDTA           | 0                 | 24.9                    | 0                   |
| CaEGTA         | 0                 | 0                       | 25                  |

All concentrations are in mm. pH was set for the specific temperature of the solution used. GLH, glutathione; HDTA, 1,6-diaminohexane-N,N,N′,N′-tetraacetic acid.

diffraction line visualized by illumination with a HeNe laser. Contraction was triggered by a temperature-jump method where the preparation cycles through a series of solutions at high (20°C) and low (0.5°C) temperatures to activate and relax muscle contraction, respectively (Toepfer et al. 2013). The protocol consists of: (1) relaxing solution at 0.5°C, where no force is seen, apart from that as a result of resting tension; (2) pre-activation solution 0.5°C; (3) activating solution 0.5°C, where, at this temperature, only a little force develops (<5% of that at 20°C); (4) activating solution 20°C (shortening protocols are applied once isometric plateau is reached); and (5) and relaxing solution 20°C, where force decreases back to zero. The preparation is then returned to relaxing solution at 0.5°C and the cycle is repeated. Solution compositions are shown in Table 1. The sarcomere length was rechecked at the end of each experiment to ensure that no slippage had occurred. Each trabecula went through up to nine activation cycles without showing significant deterioration of force. Each trabecula was tested at several shortening velocities (see below).

Two mechanical perturbation protocols were used in the experiments described in the present study. The first protocol consists of a rapid (step release) reduction in trabecula length, applied during the plateau of isometric force development at 20°C, starting at a sarcomere length of 2.1 μm. The speed and amplitude of the applied release is such that the trabecula becomes momentarily slack. Following the release, force re-develops. Force re-development is characterized in terms of the amplitude of force regained and the rate constant describing the speed of force redevelopment.

The second protocol, ‘release-ramp’, consists of a small and fast step release, followed by a slower decrease in trabecula length at a steady shortening velocity at 20°C. The step release unloads the instantaneous elasticity of the preparations and the ramp shortening allows the trabecula to reach a steady tension, which is characteristic for the ramp velocity, thus defining the force–velocity relationship. The effects of RLC phosphorylation on the force–velocity relationship have been reported previously (Toepfer et al. 2013). In the present study, we use the protocol to explore the redevelopment of force following the period of steady shortening. As in the ‘step release’ protocol, two parameters are measured: the amount of force regained and the rate of force redevelopment. Details of the two protocols are given below.

**Step release protocol**

Each trabecula preparation developed peak isometric force at a sarcomere length of 2.1 μm. Rapid length changes, which were faster than the maximal shortening velocity of the unloaded preparation, were applied to the trabeculae, with shortening amplitudes of −8% (end-point sarcomere length: 1.94 μm), −10% (1.90 μm) and −12% (1.85 μm) of the initial sarcomere length (2.1 μm) during activation. Isometric force redeveloped at each nominal sarcomere length, with an amplitude denoted as F(t), F1.94, F1.90 and F1.85. A representative force trace for a −8% step is shown in Fig. 1A. Figure 1B shows the length transducer signal for shortenings at each of the three amplitudes. Each force recovery time-course was fit with a two-parameter exponential:

\[ F = F_{ec}(1 - e^{-kt_f(t)}) \]

where \( F_{ec} \) is the steady-state force recovered post protocol, F is the force at time t and \( k_{fr} \) is the rate of force redevelopment post protocol.

The exponential was applied from \( t = 0 \), which was the time at which force was discernibly above zero (\( F = 0 \)). This time point was when the slack had been taken up by active shortening of the trabeculae to the new lower sarcomere length (Fig. 1C). Figure 1D shows the exponential fit to three representative traces for force re-development by the same trabecula at three sarcomere lengths. The fitted rate constants were \( k_{1.94} = 10 \, s^{-1} \), \( k_{1.90} = 9 \, s^{-1} \) and \( k_{1.85} = 8 \, s^{-1} \). Figure 1E shows the scatter of residuals for the fit to plots in Fig. 1D. This protocol was applied to each trabecula at each RLC phosphorylation level.

**Release-ramp protocol**

The release-ramp protocols were designed to determine the force-velocity relationship in trabeculae for a range of RLC phosphorylation levels. A byproduct of these protocols is the time-course of force recovery following the period of shortening, which we find to be sensitive to RLC phosphorylation levels, providing information about the kinetics of actomyosin interactions. Isometric force was allowed to develop at a sarcomere length of 2.1 μm. At the plateau of isometric force, the length transducer applied a rapid shortening to the trabecula, followed by a slower shortening (Fig. 2A). Depending on the ramp velocity, the
Figure 1. Step-release protocol on control trabecula

A, time course of force changes (black) of a trabecula following temperature-jump activation. Isometric force ($F_{iso}$) is reached before an 8% step release is applied. Force recovery after the release is fit with a single exponential (Blue & McMurray, 2005).

B, representative motor output traces showing the step protocols for step release protocols of three different amplitudes. C, expanded force trace directly after step-release. Time zero is set to be the time after the end of the step release when force deviated from zero ($F = 0$).

D, representative force recoveries observed after step releases of variable amplitude leading to different sarcomere lengths after the end of the step release. Each plot is fit with a single exponential (continuous lines).

E, plot of residuals for each slack protocol performed in (D).

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amplitude of the initial rapid release length was altered to minimize series elasticity during ramp, which resulted in a relatively stable force signal during ramp release (Fig. 2D). This protocol provides a reliable method for determining the experimental relationship between force and velocity (Curtin et al. 1998). Ramp velocities of 1, 0.5 and 0.3 FL s⁻¹ were applied, where the velocity is expressed as fibre lengths per second (FL s⁻¹), with fibre length being the length of the trabecula between the T-clips when held at a sarcomere length of 2.1 µm. The parameters describing the length change protocols are given in Table 2.

Each protocol reduced sarcomere length by ~8% to 1.94 µm. Figure 2B shows representative traces of the force developing after the end of the ramp, starting at a sarcomere length of 1.94 µm. Isometric force reached after each ramp is given as $F_{1}$, $F_{0.5}$ and $F_{0.3}$, where the subscript denotes the shortening velocity during the release ramp. Figure 2C shows the scatter of residuals for the exponential fit to the force data in Fig. 2B. Figure 2D shows the force records during the release-ramp protocols including the subsequent force redevelopment, for trabeculae incorporating RLC at three different phosphorylation levels. The higher the phosphorylation level of the sample, the higher the force attained during initial force development at a sarcomere length of 2.1 µm ($F_{iso}$) and during ramp ($F_{ramp}$). The fit to the force recovery records after ramp shortening gave estimates for the rate constant describing the time-course of force redevelopment. The rate constants were obtained for force recovery following ramps at three different velocities (see above) and are therefore denoted $k_{1}$, $k_{0.5}$ and $k_{0.3}$ for the three ramp velocities of 1, 0.5 and 0.3 FL s⁻¹. These rate constants were calculated for each of the three phosphorylation states.

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**Figure 2.** Release-ramp protocols

A, time course of length changes of varying speed and amplitude applied to trabeculae by the length transducer. The differences between 0.3, 0.5 and 1 FL s⁻¹ release velocities are seen. B, time course of force recovery ($F_{rec}$) after release-ramp protocols of different velocities. Each force recovery is fit with a single exponential. C, plot of residuals for each release ramp protocol shown in (B). D, time course of force changes from three trabeculae at differing RLC phosphorylation levels, induced by the slowest ramp shown in (A). The force signals show that the force level during the fixed velocity ramp ($F_{ramp}$) depends on the RLC phosphorylation level. Phosphorylation also affects the ability of trabeculae to recover force after the end of the ramp-release ($F_{rec}$).
Modelling a two-state cross-bridge cycle

The model considers:

\[ R \leftrightarrow A \]

where \( R \) is the relaxed state and \( A \) is the active, force-generating state. The rate constants \( f \) and \( g \) determine transition into the force-generating state and into the relaxed state, respectively.

In such a model, the amount of force at any time (\( t \)) is given by a single exponential equation as:

\[ Y = \left[ f_{\text{N}}/(f + g) \right] \times \left[ 1 - e^{(-(f + g) \times T)} \right] \]

where \( Y \) is the amount of force generating cross-bridges, \( N \) is the total concentration of cross-bridges and \( T \) is time. The fraction of actin-attached cross-bridges is given by \( Y/N \), which is also referred to as the duty ratio (DR). According to this model, the rate constant describing force generation is \( (f + g) \). The rate of force development observed in the experiments described in the present study thus give estimates for \( (f + g) \) under various conditions of RLC phosphorylation and sarcomere length. The observed time course of force generation is well described by a single exponential process (Fig. 1D and E and Figs 2 and 3).

For any given muscle type at full isometric activation, the DR is constant, which was approximated as 50% at control phosphorylation (He et al. 2000). This is 100 \( \mu \)m of myosin heads out of the \( \sim \)200 \( \mu \)m available to form cross-bridges. To convert DR into a force measurement, we consider an empirical conversion factor (CF) given by:

\[ \text{CF} = F_{\text{iso}}/\text{DR} \]

The CF was assumed to be constant between RLC phosphorylation levels.

This allowed the calculation of DR for each sarcomere length and RLC phosphorylation level. Knowing \( k_{\text{tr}} \), \( F_{\text{iso}} \) and CF allowed for the calculation of \( g \) and \( f \) as:

\[ g = (\text{CF} - F_{\text{iso}}) \times (k_{\text{tr}}/\text{CF}) \]

\[ f = k_{\text{tr}} - g \]

Calculating DR for each RLC phosphorylation level and SL allowed the approximation of force per cross-bridge (\( F_{\text{XB}} \)), which is given by:

\[ F_{\text{XB}} = F_{\text{iso}}/\text{(total heads} \times \text{DR)} \]

\( F_{\text{XB}} \) (in pN) and the total number of heads were derived by assuming a constant concentration of 200 \( \mu \)m of myosin heads (Ferenczi et al. 1984).

The modelling results are shown in Table 3.

Statistical analysis

We hypothesized that: (i) RLC phosphorylation and (ii) sarcomere length affected \( k_{\text{tr}} \) at maximal calcium activation. Multiple comparisons between RLC phosphorylation groups and protocols were made using two-way ANOVA to test experimental hypotheses. The hypotheses tested were (i) that SL affected \( k_{\text{tr}} \) and (ii) that RLC phosphorylation affected \( k_{\text{tr}} \). Appropriate post hoc pairwise multiple comparisons were made using Bonferroni adjusted \( t \) tests, with a statistical significance cut-off of \( P < 0.05 \). SigmaPlot (Systat Software Inc., Chicago, IL, USA) was used to perform statistical analysis. \( N \) is the number of trabeculae sampled for each protocol. Each treatment group comprised of five cardiac preparations.

Results

The effect of RLC phosphorylation on the rate of force redevelopment and force level after step release

Measuring force redevelopment from slack allows the assessment of force production from a state where many of the cross-bridges will be synchronized in the unbound and weakly bound states (diastole). Therefore, inferences can be made about the attachment and detachment kinetics of myosin and how these parameters can be altered by SL, as well as RLC phosphorylation. Force redevelopment from slack at sarcomere lengths of 1.94 , 1.90 and 1.85 \( \mu \)m was measured for three different RLC phosphorylation levels (Fig. 3). These SL were used to minimize passive tension and to simulate the SL lengths that are transitioning through in late systole (Sonnenblick et al. 1967). For SL = 1.94 \( \mu \)m (Fig. 3A), the extent of force recovery was higher at higher levels of RLC phosphorylation, and reduced by decreasing RLC phosphorylation. Trabeculae with control levels of RLC phosphorylation produced an isometric force at a SL of 1.94 \( \mu \)m \( (F_{\text{1.94}}) \) of 63 \pm 5 \( \text{kN m}^{-2} \) (Fig. 4C). This was not significantly different from trabeculae with increased RLC phosphorylation \( (78 \pm 7 \text{kN m}^{-2}) \) but was higher than in trabeculae with reduced phosphorylation \( (16 \pm 4 \text{kN m}^{-2}; P < 0.05) \). This was unsurprising because we have shown this phenomenon previously (Toepfer et al. 2013). The rate
Figure 3. The effect of step release protocol on force redevelopment at three RLC phosphorylation levels

A, averaged time course of force recovery $F_{\text{rec}}$ at $SL = 1.94 \mu m$. B, same records as in (A) after normalization for isometric force reached after force recovery. C, averaged time course of force recovery $F_{\text{rec}}$ at $SL = 1.90 \mu m$. D, same records as in (C) after normalization. E, averaged time course of force recovery $F_{\text{rec}}$ at $SL = 1.85 \mu m$. F, same records as in (E) after normalization. Each trace in (B), (D) and (E) is fitted with an exponential function to determine $k_r$. All data points are the mean ± SEM ($n = 5$) and fit by a single exponential.
constant describing force redevelopment, with a starting sarcomere length of 1.94 μm ($k_{f,94}^c$), was also affected by RLC phosphorylation. Unlike force, $k_{f}$ is affected in a dose-dependent fashion by RLC phosphorylation where control levels of RLC phosphorylation show an intermediate rate of $k_{f,94}^c$ 11 ± 1.7 s⁻¹, to increased and reduced phosphorylation $k_{f,94}^c$ 24 ± 1.8 and 7.2 ± 0.9 s⁻¹ respectively, with both being significantly different from control ($P < 0.05$) (Fig. 3B). At the shorter sarcomere lengths of 1.90 and 1.85 μm, differences in isometric force between control trabeculae and phosphorylated trabeculae were not observed (Fig. 3C and 5 and Fig. 4C). However, in both instances, trabeculae with reduced RLC phosphorylation exhibited a significantly lower force when compared to control and phosphorylated samples at a SL of 1.94 μM ($P < 0.05$). Phosphorylation level similarly affected the rate of force redevelopment at shorter sarcomere lengths in a manner the same as that for the longer starting sarcomere length of 1.94 μm ($P < 0.05$) (Fig. 4). Therefore, the affect of RLC phosphorylation on $k_{f}$ is an independent modulator of $k_{f}$, which is not altered by SL in this range. Strikingly, at a sarcomere length of 1.85 μm, trabeculae with reduced RLC phosphorylation (70% of control) generated only a small amount of force (10–15%) compared to the values at control and 150% phosphorylation. ($P < 0.05$). The reason for this effect is unclear. However, reducing RLC phosphorylation reduces the ability of muscle to generate force at full thin filament activation, indicating that either force per cross-bridge or cross-bridge formation is significantly hindered.

Normalizing to the isometric force at each sarcomere length highlights the effect of RLC phosphorylation on $k_{f}$ by allowing a direct comparison of the time-course of force redevelopment at each phosphorylation level (Fig. 3B, D and F). This highlights the role of RLC phosphorylation on force redevelopment at the three physiological sarcomere lengths tested (Fig. 4A).

Additionally, for each RLC phosphorylation level, $k_{f}$ is slower at shorter sarcomere lengths (Fig. 4B). The gradients of linear regressions applied to the data in Fig. 4B were 79 ± 14, 8 ± 0.2 and 26 ± 3 s⁻¹ μm⁻¹ for phosphorylated, control phosphorylation and reduced phosphorylation, respectively ($n = 5$). Statistical significance was observed between each slope ($P < 0.05$).

The effect of RLC phosphorylation on the rate of force production and extent of redeveloped force after release-ramp protocols

Trabeculae with one of three different RLC phosphorylation levels underwent release-ramp shortening protocols during activation at 20°C to a final sarcomere length of 1.94 μm (8% total shortening). Release-ramp shortening simulates active cross-bridge cycling at different muscle loads, which would be...
encountered during systole. At the end of these manoeuvres, force redevelopment occurs in mixed populations of cross-bridge states, unlike the release protocol, which synchronizes all myosin heads into weakly (or unbound) states. This assay allows us to assess whether changes in $k_{tr}$ can be attributed to enhanced thin filament activation by already bound cross-bridges. The shortening velocities were 1, 0.5 and 0.3 FL s$^{-1}$ (Fig. 5A, C and E), where 0.3 redevelops force from the highest muscle load with the most attached cross-bridges, by proportion. For each RLC phosphorylation level, $F_{iso}$ was constant across all ramp velocities (Fig. 6C). This was expected because $F_{iso}$ was attained at a SL length of 1.94 µm after each manoeuvre velocity. Trabecular preparations with reduced RLC phosphorylation displayed a reduced $F_{iso}$ post release (independently of release velocity) of 19 ± 2 kN m$^{-2}$ ($P<0.05$) versus control of 49 ± 4 kN m$^{-2}$ and phosphorylated of 55 ± 3 kN m$^{-2}$ (Fig. 6C).

Normalizing force development at each RLC phosphorylation level for each ramp velocity illustrates the effect of RLC phosphorylation on the rate of force rise (Fig. 5B, D and F). Trabeculae with control

![Graph A](image1)

![Graph B](image2)

![Graph C](image3)

Figure 4. The effect of RLC phosphorylation on $k_{tr}$ following the step-release protocol

A, plot of $k_{tr}$ as a function of normalized RLC phosphorylation at three sarcomere lengths. Reduced phosphorylation is 0.69 ± 0.04, control phosphorylation is 1.13 ± 0.07 and phosphorylated is 1.45 ± 0.1. *Significant difference compared to phosphorylated, where $P<0.05$. $^*$Significant difference compared to control phosphorylation where $P<0.05$. B, plot of $k_{tr}$ as a function of sarcomere length (SL) for three different RLC phosphorylation levels. Data are the mean ± SEM. Linear regression is used to fit $k_{tr}$ as a function of sarcomere length data (n = 5 for each point). The slopes of the regressions are 79 ± 14, 8 ± 0.2 and 26 ± 3 s$^{-1}$ µm$^{-1}$ for phosphorylated, control phosphorylation and reduced phosphorylation, respectively (n = 5). Significance was achieved between each slope, where $P<0.05$. *Significant difference compared to 1.94 µm, where $P<0.05$. $^*$Significant difference compared to 1.90 µm, where $P<0.05$. $^#$Significant difference compared to 1.85 µm, where $P<0.05$.

C, bar graph depicting $F_{iso}$ for each RLC phosphorylation level at each sarcomere length. *Significant difference compared to control phosphorylation (and phosphorylated) within SLs, where $P<0.05$. $^*$Significant difference compared to corresponding phosphorylation levels at 1.94 µm, where $P<0.05$. $^#$Significant difference compared to control phosphorylation (and phosphorylated) within SLs, where $P<0.05$. $^*$Significant difference compared to 1.90 µm, where $P<0.05$. $^#$Significant difference compared to 1.85 µm, where $P<0.05$. $^*$Significant difference compared to control phosphorylation (and phosphorylated) within SLs, where $P<0.05$. $^*$Significant difference compared to 1.90 µm, where $P<0.05$. $^#$Significant difference compared to 1.85 µm, where $P<0.05$. $^*$Significant difference compared to control phosphorylation (and phosphorylated) within SLs, where $P<0.05$. $^*$Significant difference compared to 1.90 µm, where $P<0.05$. $^#$Significant difference compared to 1.85 µm, where $P<0.05$. $^*$Significant difference compared to control phosphorylation (and phosphorylated) within SLs, where $P<0.05$. $^*$Significant difference compared to 1.90 µm, where $P<0.05$. $^#$Significant difference compared to 1.85 µm, where $P<0.05$.
Figure 5. The effect of RLC phosphorylation levels on $k_{tr}$ in release-ramp protocols on force redevelopment at three RLC phosphorylation levels.

A, time course of force redevelopment $F_{\text{rec}}$ after shortening at 1 FL s$^{-1}$. B, the same records as in (A) after normalization. C, time course of force redevelopment $F_{\text{rec}}$ after shortening at 0.5 FL s$^{-1}$. D, The same records as in (C) after normalization. E, time course of force redevelopment $F_{\text{rec}}$ after shortening at 0.3 FL s$^{-1}$. F, the same records as in (E) after normalization. Each trace in (B), (D) and (F) is fitted with an exponential function to determine $k_{tr}$. All data points are the mean ± SEM ($n = 5$) and fit by single exponential.
RLC phosphorylation displayed rate constants for force production of 12 ± 1.2, 11 ± 1.1 and 10 ± 0.5 s⁻¹ at velocities of 1, 0.5 and 0.3 FL s⁻¹ respectively (Fig. 6B and Table 4). Force rose more quickly for trabeculae with increased RLC phosphorylation compared to control (P < 0.05) at 21 ± 1.6, 19 ± 1.7 and 18 ± 1.6 s⁻¹ for velocities of 1, 0.5 and 0.3 FL s⁻¹, respectively. Trabeculae with reduced RLC phosphorylation had slower rates of force production compared to control (P < 0.05) with rates of 10 ± 3.2, 7.6 ± 0.8 and 6.7 ± 1.1 s⁻¹ at velocities of 1, 0.5 and 0.3 FL s⁻¹, respectively. Clearly, k_tr is altered by RLC phosphorylation level change at saturating [Ca²⁺] (Fig. 6A and Table 4). The effect is seen for force redevelopment after ramp shortening at all ramp velocities, although the effect of ramp velocity itself is small and does not reach statistical significance. This may infer that additional thin filament activation by cross-bridge binding is either a small or insignificant effector of k_tr in this assay, and that changes in k_tr are associated with mechanisms involving thick filament regulation and not thin filament regulation under these experimental conditions.

Discussion

RLC phosphorylation is known to be important in many elements of cardiac physiology and disease, including in cardiac developmental organization (Nishio et al. 1997;
Okamoto et al. 2006), in regulation of ventricular torsion (Davis et al. 2001; Hidalgo et al. 2006), and in acquired (Aoki et al. 2000; Gu et al. 2010) and inherited diseases (Sanbe et al. 1999; Ding et al. 2010; Sheikh et al. 2012; Warren et al. 2012). Of note, the atria and ventricles have separate isoforms of the RLC, and different mammals have different RLC sequences with different numbers of phosphorylatable residues. Accordingly, care needs to be taken when comparing results from different species (Morano, 1992).

We have previously demonstrated the ability of RLC phosphorylation to influence myocardial force production, power and shortening under-load (Toepfer et al. 2013). Previous studies have probed the effect of RLC phosphorylation on $k_t$, but have not assessed physiological sarcomere lengths, and have shown conflicting results (Olsson et al. 2004; Colson et al. 2010). In the present study, we add clarity by showing that, at maximal activation, RLC phosphorylation and, to a lesser extent, sarcomere length alter $k_t$. The observed changes are consistent with the Frank–Starling law of the heart and may indicate a new mechanism that contributes to this phenomenon (discussed below). Importantly, our measurements at saturating calcium allow us to consider processes that are independent of the Ca$^{2+}$-dependent contributions to the Frank–Starling law, and also show that RLC phosphorylation and the thick filament contribution both play a role in the Frank–Starling law.

### The effect of sarcomere length on the rate of force production

Our measurements of $k_t$ in control phosphorylation are in the range observed in previous studies at maximal activation between $\sim 4.5$ and $14 \text{ s}^{-1}$ with variance as a result of changes in temperature and muscle type (Wolff et al. 1995; Fitzsimons et al. 2001; Regnier et al. 2004). Additionally, $k_t$ at control phosphorylation levels ($10–11 \text{ s}^{-1}$) is close to the ATPase rate in trabeculae from rats under identical experimental conditions ($\sim 8 \text{ s}^{-1}$) (Mansfield et al. 2012).

Increasing sarcomere length from $\sim 1.85$ to $1.94 \mu\text{m}$ accelerated $k_t$ at each RLC phosphorylation level. The acceleration of $k_t$ with stretch, independently of [Ca$^{2+}$], is observed in intact myocardium (Rhodes et al. 2015) and is a calcium independent manifestation of length-dependent activation (de Tombe et al. 2010). This is in agreement with the length–tension relationship of trabeculae from rat because the sarcomere lengths used in the present study are in the ascending limb of the length–tension curve (Kentish et al. 1986). Some previous studies have shown that $k_t$ decreased between SLs of 2.0 and 2.35 $\mu\text{m}$ (Korte & McDonald, 2007; Patel et al. 2012) or had no statistical effect (Adhikari et al. 2004; Hanft & McDonald, 2010), as well as between 2.0 and 2.2 $\mu\text{m}$ (Milani-Nejad et al. 2013). The differences between these findings and those reported in the present study could conceivably be a result of the SLs assessed or the technique used to assess $k_t$ because the aforementioned studies used restretch protocols. The common interpretation of the Frank–Starling law is that, with higher pre-loads, the myocardium develops a greater systolic force as a result of calcium-sensitive length–dependent activation, as well as changes in myofilament overlap (Katz, 2002; de Tombe et al. 2010). In accordance with Frank–Starling, our data suggest that the force of contraction increases with pre-load (an increased stretch of myocardium as a result of increased chamber volume is accompanied by increases in SL). Additionally, our data show that the rate at which force is produced is also affected, although this phenomenon only appears to be evident in situations where RLC phosphorylation is raised or lowered from control levels (Table 3). This phenomenon is beneficial to the ejection fraction because the systolic duration would not need to be prolonged to fully accommodate extra expulsion: $k_t$ accelerates to compensate for increased ejection volume. Because this effect is observed at saturating [Ca$^{2+}$], it is independent of calcium-sensitive activation and the thin filament regulatory complex. Thus, the measured changes in $k_t$ are explained by direct interactions between myosin and actin that are independent of thin filament activation and may be a consequence of the increase in $f$, which will alter the distribution of actomyosin states towards strongly-bound, force-generating states.

### The effect of RLC phosphorylation on the rate of force production

Our results show that RLC phosphorylation level alters $k_t$ over a range of SLs ($1.85–1.94 \mu\text{m}$) during maximal calcium activation, in contrast to the findings of another study at a higher SL ($\sim 2.3 \mu\text{m}$), which observed no

### Table 4. Parameters from exponential fit of release-ramp protocol

| Release velocity ($\mu\text{m}$) | Phosphorylated ($n = 5$) | Control phosphorylation ($n = 5$) | Reduced phosphorylation ($n = 5$) |
|--------------------------------|-------------------------|---------------------------------|----------------------------------|
|                                | $0.3$                   | $0.3$                           | $0.3$                             |
|                                | $0.5$                   | $0.5$                           | $0.5$                             |
|                                | $1$                     | $1$                             | $1$                              |
| $f_{\text{m}}$                | $55 \pm 3^\dagger$      | $49 \pm 4$                      | $19 \pm 2$                       |
|                                | $54 \pm 2^\dagger$      | $47 \pm 3$                      | $18 \pm 2$                       |
|                                | $57 \pm 4^\dagger$      | $50 \pm 4$                      | $17 \pm 2$                       |
| $k_t$                          | $18 \pm 1.6^\dagger$    | $10 \pm 0.5$                    | $6.7 \pm 1.1$                    |
|                                | $19 \pm 1.7^\dagger$    | $11 \pm 1.1$                    | $7.6 \pm 0.8$                    |
|                                | $21 \pm 1.6^\dagger$    | $12 \pm 1.2$                    | $10 \pm 3.2$                     |

$^\dagger$Denotes a significant effect of RLC phosphorylation within a SL length ($P < 0.05$).
change to \( k_r \) at this higher SL (Olsson et al. 2004). The difference in experimental result is probably a result of the aforementioned differences in SL, possibly because \( k_r \) is influenced by inter filament spacing, which is altered by the length of the muscle (Wang & Fuchs, 1995). Our measurements at the shorter, physiological sarcomere lengths are probably more meaningful during systole (Sonnenblick et al. 1967), although saturating [\( Ca^{2+} \)] and the less than physiological temperature may also influence the ability to extrapolate our findings to the situation in the living animal.

Our measurements are made in saturating [\( Ca^{2+} \)]; therefore, RLC phosphorylation must be altering cross-bridge behaviour independently of the thin filament regulatory complex. Consequently, RLC phosphorylation modulates the Frank–Starling law of the heart (although not on a beat to beat basis) (Stracher, 1969). We propose that RLC phosphorylation level is another mechanism by which the myocardium modulates its ability to redevelop force in response to increased ventricular pre-load.

Interestingly, under chronic raised pre-load, RLC phosphorylation is raised as a compensatory mechanism to greater ventricular volume (Hidalgo et al. 2006), providing further evidence that RLC phosphorylation is an important modulator of systolic ejection in the intact organ. Additionally, experimental models with reduced RLC phosphorylation display increased systolic duration and slowed cross-bridge kinetics, in accordance with our findings (Abraham et al. 2009; Scruggs et al. 2009). The use of constitutive RLC pseudophosphorylation to correct RLC phosphorylation reduction has been shown to alleviate this phenomenon (Yuan et al. 2015). By contrast, hyperphosphorylation of RLC increases contractility and contractile efficiency independently of any disease phenotype (Huang et al. 2008). Together, these findings are complementary to our own. Dephosphorylation of RLC slows \( k_{ir} \), which prolongs systole: pre-load ejection takes longer because systolic contractile kinetics are slowed. Similarly a raised \( k_r \) as a result of RLC phosphorylation explains increased ejection characteristics as cross-bridge recruitment is accelerated by RLC phosphorylation.

### Modelling of cross-bridge attachment (f) and detachment (g)

We note that the rate of force redevelopment, \( k_{ir} \), was well described by fitting a single exponential to the force signal (Brenner, 1986; Metzger et al. 1989; de Tombe & Stienen, 2007). This justifies the application of a simple two-state model to delve into the attachment and detachment kinetics giving rise to the measurable \( k_{ir} \). In the two-state model of the cross-bridge cycle, \( k_{is} \) is represented by the sum of the two rate constants, \( f \) and \( g \) (Huxley, 1957). Although the two-state model is a simplistic approximation to cross-bridge behaviour (Huxley & Simmons, 1971; Podolsky et al. 1976), it is a useful tool for exploring the effect of RLC phosphorylation. Modelling of control tissue resulted in values of \( f \) and \( g \) that are comparable to previous studies reported in the literature (Brenner, 1988; Prakash et al. 1999; Prakash et al. 2000). The model provides values for \( f \), \( g \), DR and \( F_{XB} \), which describe our experimental findings (Table 3).

The modelling suggests that RLC phosphorylation accelerates \( f \) probably as result of a closer myosin head proximity to actin (Levine et al. 1996; Colson et al. 2010). The model also calculates a modest acceleration of \( g \) with increasing RLC phosphorylation. Changes to \( g \) manifest as changes in the ratio between ATPase and isometric force (Huxley, 1957). Indeed, it was shown that myosin light chain kinase treatment increased myosin ATPase and did not alter isometric force, in keeping with this modelling outcome (Muthu et al. 2012). At higher RLC phosphorylation, \( g \) is accelerated and the peak isometric force was stable. The modelling outcome is supported experimentally as the acceleration of \( f \) must be greater than the acceleration of \( g \) otherwise isometric force would fall as phosphorylation increases (Regnier et al. 2000). When comparing trabeculae with reduced and increased phosphorylation, the rate of \( f \) is accelerated ~20 fold at each SL, whereas \( g \) is only accelerated ~1.6 fold. A recent study suggests that RLC phosphorylation slows cross-bridge detachment (\( g \)), which does not fit the modelling of our experimental data and contradicts the existing literature (Pulcastro et al. 2016). The discrepancy may result from the different experimental and modelling approaches for the study of cross-bridge kinetics. The lack of experimental records in this publication, as well as the apparent very low isometric force, makes it difficult to explore the source of the discrepancy. Perhaps the phosphorylation state of other sarcomeric proteins is also different from that achieved in the present study (Pulcastro et al. 2016).

In our experiments, reduced RLC phosphorylation levels are accompanied by reductions in \( F_{iso} \) and \( k_{ir} \). The relative reduction of \( F_{iso} \) in the trabeculae with reduced RLC phosphorylation compared to control is greater (~75%) than the reduction in \( k_{ir} \) (~30%). This may be accounted for by a shift towards the super relaxed state of the myosin heads (Hooijman et al. 2011), reducing \( N \). It is probable that either one (or both) of \( f \) and the myosin ATPase rate must be altered by reduced RLC phosphorylation to account for this reduction of force. Our modelling estimates a marked ~5-fold reduction in \( f \) in the reduced phosphorylation cohort, which, again, is probably explained by myosin proximity to actin (Colson et al. 2010).

Our findings cannot rule out the possibility of additional thin filament co-operativity induced by myosin binding, even in the presence of saturating calcium (Regnier et al. 2004). Similarly, acceleration of force
RLC phosphorylation may well be achieved by other mechanisms that affect $f$, such as the unitary force of each cross-bridge and the neck region stiffness, or indeed a change in the size of the working stroke under load, which cannot be accounted for by a two-state model (Nyitrai & Geeves, 2004; Greenberg et al. 2009; Karabina et al. 2015). Our modelling suggests that $F_{XB}$ is not altered by RLC phosphorylation. However, this could be an unavoidable artefact of necessary assumptions in our modelling; namely, $N$ remains constant at each RLC phosphorylation level, which we cannot directly address in the present study. However, in skeletal muscle, it was found that $F_{XB}$ and $N$ were not altered by phosphorylation, which may also translate to cardiac muscle (Sweeney & Stull, 1990). Our calculated value of $F_{XB}$ is comparable to that calculated previously in other studies: 1.25–7 pN with an average of ~3 pN between these studies, which is in good agreement with our approximation from modelling (Ishijima et al. 1996; Takagi et al. 2006) (Ishijima et al. 1996; Nag et al. 2015).

A striking finding of our modelling is that SL affected $k_f$, $f$ and $g$; additionally, stretch influenced the transition from weakly to strongly bound cross-bridges more than the transition from strongly to weakly bound. This asymmetry suggests a role for lattice spacing effects. Bringing myosin heads closer to actin accelerates $f$ at the same time as having a smaller effect on $g$.

The findings of the model reported in the present study are compatible with our previous findings using force velocity and power velocity relations to assess the effect of RLC phosphorylation on cardiac contractile output (Toepfer et al. 2013). The finding that RLC phosphorylation accelerates the transition from weakly to strongly bound cross-bridges is compatible with the observed increase in force and power produced during shortening, as well as with the increase in maximal unloaded shortening velocity seen with enriched RLC phosphorylation (Toepfer et al. 2013).

In the context of twitch contractions at lower physiological calcium activations in the myocardium, an increasing RLC phosphorylation may increase the calcium sensitivity of contraction and create greater thin filament activation at lower calcium levels. This would be mediated by co-operative activation of the thin filament created by RLC phosphorylation, allowing for the faster attachment of cross-bridges. Additional studies should aim to investigate this effect in submaximal calcium concentrations with this experimental system.

**Conclusions**

Under conditions where myosin heads are largely synchronized (post rapid release protocol) or unsynchronized (post release ramp protocol), RLC phosphorylation alters $k_r$. SL alters $k_c$ on a beat-to-beat basis because it is affected by ventricular pre-load causing myocardial stretching. RLC phosphorylation adds another level of regulation on $k_r$, which is observed under chronic conditions of pre-load, which probably comprises a more long-term mechanism for fine-tuning myocardial contractility. In models of disease that are caused by reductions in RLC phosphorylation, the phenotype of ineffectual muscle contraction is brought about by reduced cross-bridge cycling rates and a reduction in actively cycling cross-bridges ($N$). Our results complement these findings, highlighting RLC phosphorylation as being a thick filament level regulator of the Frank–Starling law of the heart, which is independent of the thin filament regulatory complex. We suggest that RLC phosphorylation modulates the Frank–Starling law of the heart in both health and disease. It does so by adapting myocardial contractile kinetics, allowing for the timely systolic expulsion of ventricular pre-load.

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**Additional information**

**Competing interests**

The authors declare that they have no competing interests.

**Author contributions**

All data were collected at Imperial College London in the laboratory of Professor Michael A Ferenczi. CNT, TGW and MAF conceived and designed the experiments. CNT and MAF collected and analysed data. CNT, TGW and MAF interpreted data and produced the manuscript.

**Funding**

The present study was supported by Wellcome Trust Grant 091460/Z/10/Z.

**Acknowledgements**

We thank Dr Marco Caremani, Dr Andrey Tsaturyana and Dr Sergey Beshtsky for production and guidance regarding the maintenance of the temperature-jump apparatus. We also thank Dr Valentina Caorsi, Professor Nancy Curtin and Professor Roger Woledge for thoughtful discourse and guidance during the experiments.