Bisphenol S is a haemodialysis-associated xenobiotic that is less toxic than bisphenol A

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ABSTRACT

Background. Bisphenol S (BPS) is a structural analogue of bisphenol A (BPA) that is found in the environment. BPS may accumulate in anuric patients due to decreased urinary excretion. The toxicity and health effects of BPS are poorly characterized.

Methods. A cross-over study was performed using polynephron (PN) or polysulphone (PS) dialysers for a short (1 week each, 14 patients) or long (3 months each, 20 patients) period on each dialyser. Plasma BPA, BPS and hippuric acid were assessed by SRM mass spectrometry (SRM-MS). The biological significance of the BPS concentrations found was explored in cultured kidney tubular cells.

Results. In haemodiafiltration (HDF) patients, plasma BPS was 10-fold higher than in healthy subjects (0.53 ± 0.52 versus 0.05 ± 0.01 ng/mL; P = 0.0015), while BPA levels were 35-fold higher (13.23 ± 14.65 versus 0.37 ± 0.12 ng/mL; P = 0.007). Plasma hippuric acid decreased after an HDF session, while BPS and BPA did not. After 3 months of HDF with the same membranes, the BPS concentration was 1.01 ± 0.87 ng/mL for PN users and 0.62 ± 0.21 ng/mL for PS users (P non-statistically significant). In vitro, BPS and BPA leaked from dialysers containing them. In cultured tubular cells, no biological impact (cytotoxicity, inflammatory and oxidative stress gene expression) was observed for BPS up to 200 \( \mu \)M, while BPA was toxic at concentrations ≥100 \( \mu \)M.

Conclusions. BPS may be released from dialysis membranes, and dialysis patients display high BPS concentrations. However, BPS concentrations are lower than BPA concentrations and no BPS toxicity was observed at concentrations found in patient plasma.

Keywords: bisphenol A, bisphenol S, chronic kidney disease, haemodialysis, haemodiafiltration, toxins, xenobiotics
INTRODUCTION

Bisphenol A (BPA) is a chemical component of polycarbonate plastics and epoxy resins used to manufacture consumer products such as coatings and packaging of food cans, which represent the main source of exposure, baby bottles and toys, dental materials, personal care products and paper products such as paper bills and cashier receipts [1, 2]. In recent years, many studies have demonstrated adverse effects of BPA on perinatal, childhood and adult health including diabetes, reproductive disorders, cardiovascular disease and kidney disease, among others [3, 4]. The health risk is particularly high for kidney patients due to the urinary excretion of BPA. In this regard, serum BPA levels are increased in haemodialysis (HD) patients [4, 5] and in 2015, the EU SCENIHR experts report on ‘The safety of the use of bisphenol A in medical devices’ recommended the elimination of BPA from medical materials used in dialysis patients [6]. As a result, in the 2000s, industries started replacing BPA with analogues such as bisphenol S (BPS) or bisphenol F. BPS is a structural analogue of BPA where the central quaternary carbon has been replaced by a sulphone and two hydroxyl groups, rendering it stronger in terms of resistance to acidity, heat and sunlight than BPA. Due to these similarities, it has replaced BPA for many uses [7]. In fact, an association has been described between the urinary excretion of BPS and BPA [8].

Exposure to BPS occurs on a daily basis through ingestion, inhalation and dermal contact, but urine concentrations are lower than for BPA, probably reflecting a lower industrial use as compared with BPA [9]. Although BPS metabolism is not fully understood, in vitro studies in mice and zebrafish, BPS is metabolized mainly by Phase II reactions, resulting in BPS sulphate and BPS glucuronide. BPS excretion is mainly via the urine, as BPS glucuronide (~97%), although BPS has also been found in faeces [10].

The possible toxicity and health effects of BPS are less well known than those of BPA. However, different in vitro and in vivo exposure studies suggest that BPS and its metabolites could act as endocrine disruptors, having weak oestrogen receptor agonistic [7] or antiandrogenic activity [3, 11], and interfering with thyroid function [12]. BPS also decreased the viability of proliferating adipose stromal cells [13] and testosterone secretion by human testes [14, 15], and disturbed the developing nervous system in zebrafish larvae [16]. In addition, BPS exposure was associated with oxidative stress in cultured hepatocytes and mitochondrial dysfunction [19]. Genotoxic damage and mutagenesis have also been observed [10].

MATERIALS AND METHODS

The study was approved by the IIS-Fundación Jiménez Díaz Ethics Committee and was performed in accordance with the Declaration of Helsinki and the European Union Clinical Trial Directive (2001/20/EC). Patients were enrolled after providing written informed consent.

Study design

Two different experimental designs were explored. The acute study (Figure 1) assessed the effects of a single haemodiafiltration (HDF) session on BPS levels: 14 patients on HDF were recruited with the following inclusion criteria: arteriovenous fistula that guaranteed flows of 350–400 mL/min, Kt/V_{total} > 1.2 and a diuresis <500 mL/day, and who provided signed informed consent. After a run-in period of 1 week dialysed with a cellulose triacetate membrane (three sessions), pre- and post-dialysis blood samples were drawn for the first HDF session with this membrane. For BPS assessment, samples were available from 10 patients in each arm of the study (20), and 14 samples from the short-term study. After a run-in period of at least 6 months with the study membrane as well as in period of at least 6 months with the study membrane as well as after 3 months with the switch (alternative) membrane. For BPS assessment, samples were available from 10 patients in each arm of the study (20), and 14 samples from the short-term study.

Table 1 summarizes patient characteristics for both studies. All patients used the same dialysis monitors (5008 model, Fresenius). This model is equipped with two PS ultrafilters to filter ultrapure water before the monitors make the dialysis fluid. The housing material is polypropylene, while the potting material is polyurethane. Before the study, patients were dialysed with Elsio 21 H or Fx80 membranes, which are the two commonly used dialysis membrane. Additionally, BPS is also a major component in alternative dialysis membranes such as polysulphone, also known as polynephrin (PN) or polyes- ter polymer alloy. Thus, by analogy to BPA, we hypothesized that HD patients may be exposed parenterally to this compound during the dialysis session as a result of its release from dialysis membranes and that this, associated with anuria, may increase circulating BPS to potentially toxic levels in these patients. In this regard, BPS and BPA are partially hydrophobic and are usually bound to plasma proteins, making it more difficult to eliminate during dialysis.

We have now explored the circulating levels of BPS in end-stage kidney disease (ESRD) patients on dialysis and the impact of commonly used dialysis membranes. Additionally, we explored the potential toxicity of clinically relevant BPS concentrations and compared them with BPA toxicity.
membranes routinely available in our centre for patients without suspected hypersensitivity reactions. In the latter, cellulose triacetate is used.

Clinical and biochemical variables

Fasting blood samples were drawn from the arteriovenous fistula just prior to a midweek dialysis session and plasma was frozen at –80°C. Laboratory parameters were assessed by automated blood analysers (Advia 2400 chemistry system and Advia 2120 haematology system, Siemens).

Sample and standard preparation

Plasma samples were prepared to assess the total plasma concentration of BPA, BPS and hippuric acid by liquid–liquid extraction with methanol (1:5) on 100μL plasma. Samples were treated with glucuronidase/sulphatase in ammonium acetate 1M pH 7 with 20% methanol overnight, as described by Völkel et al. [26] with modifications. BPA, BPS and hippuric acid standards were analytical standard grade (99%) from Supelco/Sigma-Aldrich Química, S.L. (Madrid, Spain).

Total BPA, BPS and hippuric acid plasma measurements by SRM-MS

Plasma BPA, BPS and hippuric acid concentrations were assessed using high-performance liquid chromatography with tandem mass spectrometry (MS) on a Shimadzu triple quadrupole LC-MS/MS system (LCMS-8060; Shimadzu, Japan) equipped with an electrospray ionization source working in the negative multiple reaction mode. Conditions for combined assessment were optimized at the UCM MS facility, injecting 10μL of treated samples on a reverse-phase column (Phenomenex Gemini 5 u C18 110 A 150 x 2 mm, Torrance, CA, USA) using a gradient of water/methanol at 0.3 mL/min for analyte separation. The observed transitions were for BPA 227.2 > 212.05 CE = +18 V and 227.2 > 133.10 CE = +25 V; for BPS 249.3 > 108.1 CE = +27 V and 249.3 > 92.05 CE = +35 V; and for hippuric acid 178.0 > 134.1 CE = +18 V and 178.0 > 77.15 CE = +25 V (Supplementary data, Figure S1).

Limits of detections were 0.05 ng/mL (ppb) for BPA and BPS and 3 ng/mL (ppb) for hippuric acid, while the limits of quantifications were 0.16 ng/mL (ppb) for BPS and BPA and 10 ng/mL (ppb) for hippuric acid.
Nuclear magnetic resonance characterization of BPS content in dialyser fibres

Dialyser fibres were characterized using monodimensional experiments of 1H, 13C normal and 13C edited (DEPT-135) and two-dimensional homo- and heteronuclear experiments (1H-1H COSY, 1H-1H TOCSY, 1H-13C HMBC, 1H-13C HSQC edited and 1H-13C HMBC) of nuclear magnetic resonance using chloroform and deuterated dimethyl sulfoxide (DMSO) according to the sample under study. For Fx80 dialyser fibres, 8.0 mg were dissolved in 500 µL deuterated chloroform and for Elsio-19H dialyser fibres, 7.4 mg were dissolved in 500 µL deuterated DMSO and 200 µL deuterated chloroform. Analyses were performed on a Bruker Avance III HD 500 MHz spectrometer equipped with an indirect triple TBI 1H/13C/15N probe.

In vitro studies

Cell viability was determined using the MTT assay (Sigma Aldrich, St Louis, MO, USA) and deuterated dimethyl sulphoxide (DMSO) according to the sample under study. For Fx80 dialyser fibres, 8.0 mg were dissolved in 500 µL deuterated chloroform and for Elsio-19H dialyser fibres, 7.4 mg were dissolved in 500 µL deuterated DMSO and 200 µL deuterated chloroform. Analyses were performed on a Bruker Avance III HD 500 MHz spectrometer equipped with an indirect triple TBI 1H/13C/15N probe.

RESULTS

High plasma BPS levels in patients with impaired renal function

Plasma total BPS (free, conjugated with sulphate or glucuronate, or bound to proteins) was assessed in 10 healthy subjects (blood donors) and in 14 patients with ESRD treated with HDF who had been dialysed for 1 week with cellulose triacetate membranes (Figure 1A). Most (n = 7) healthy controls had plasma BPS below the detection limit of the assay (0.05 ng/mL, 1 ppb) being the range of those that could be measured 0.05–0.07 ng/mL, while in HDF patients, pre-dialysis BPS was 0.54 ± 0.52 ng/mL [median (IQR) 0.47 (0.69)] (p = 0.0015 versus healthy controls) (Figure 2). In contrast, BPA concentrations were 13.23 ± 14.65 ng/mL [median (IQR) 5.51 (21.32)] in HDF patients and 0.37 ± 0.12 ng/mL [median (IQR) 0.4 (0.075)] in controls (p = 0.007) (Figure 2). BPS values were significantly lower than BPA values both in healthy individuals (p = 0.0006) and in HDF patients (p = 7.9E-11).

Plasma BPS concentration does not change while hippuric acid decreases during a single HDF session

Plasma BPS concentration was assessed at the start (pre-dialysis) and at the end (post-dialysis) of the HDF session using different dialysis membranes, following 1 week on the same membrane, and was compared with BPA and with a uraemic toxin of similar molecular weight (179 g/mol versus 228 g/mol) and closer hydrophobicity characteristics than other uraemic toxins (hippuric acid). PN membranes are BPA-free but contain BPS, while PS contains both BPA and BPS. Neither BPA (Table 2 and Figure 3A) nor BPS (Table 3 and Figure 3B) concentrations changed significantly during the HDF session.

In contrast, the concentration of hippuric acid significantly decreased during the HDF session with either membrane (Figure 3C).
Bioaccumulation of BPS in ESRD patients

To assess the potential bioaccumulation of BPS during long-term HDF, we designed a chronic study (Figure 1B). This study used pre-dialysis plasma concentrations after 3–6 months using the same dialysis membrane as a marker of BPA or BPS accumulation.

In this population (n = 20), MS analysis did not disclose statistically significant differences between plasma BPA concentration in patients on long-term PS compared with those on long-term PN dialysers [26.55 ± 35.01 ng/mL, median (IQR) 13.94 (28.62) versus 8.74 ± 12.08 ng/mL, median (IQR) 2.85 (7.54), NS; Figure 3D], although consistent with prior results in a larger sample (n = 72) using ELISA to assess pre-dialysis BPA levels after the long-term use of BPA-containing membranes in either HD [4] or HDF [5], values on PS were numerically higher.

For BPS concentration, no significant differences were observed between patients on long-term PS and those on long-term PN dialysers [0.62 ± 0.21 ng/mL, median (IQR) 0.56 (0.21) versus 1.01 ± 0.87 ng/mL, median (IQR) 0.76 (0.78), P = NS] (Figure 3E).

Leaking of BPA and BPS from dialyser membranes

The source of bisphenols is expected to be the release from plastics that compose the dialysis system. A first analysis did not disclose the presence of measurable free BPS or BPA in the dialyser PN or PS fibres. However, incubation of dialyser fibres under physiological conditions (37°C in culture media) for 24 h allowed the detection of quantifiable amounts of BPS and/or BPA monomers for both PN (BPS 100 ng/mL from 10 mg PN fibres) and PS (BPS 1960 ng/mL and BPA 8060 ng/mL, from 10 mg PS fibres).

Table 2. Plasma BPA concentration before and after single HDF session with different membranes following 1 week on the same membrane

|               | Mean ± SD | Median (IQR) |
|---------------|-----------|--------------|
| PN pre-dialysis | 11.51 ± 13.55 | 6.12 (19.86) |
| PN post-dialysis | 12.42 ± 11.10 | 7.54 (15.98) |
| PS pre-dialysis | 13.17 ± 14.81 | 4.27 (23.41) |
| PS post-dialysis | 15.83 ± 19.25 | 5.31 (30.68) |

No significant differences were observed when comparing pre- versus post-HDF values.

Table 3. Plasma BPS concentrations before and after single HDF session with different membranes following 1 week on the same membrane

|               | Mean ± SD | Median (IQR) |
|---------------|-----------|--------------|
| PN pre-dialysis | 0.42 ± 0.35 | 0.32 (0.65) |
| PN post-dialysis | 0.56 ± 0.36 | 0.64 (0.68) |
| PS pre-dialysis | 0.59 ± 0.82 | 0.30 (0.61) |
| PS post-dialysis | 0.58 ± 0.47 | 0.51 (0.37) |

No significant differences were observed when comparing pre- versus post-HDF values.

FIGURE 3: Acute and chronic studies. Plasma analyte concentration in HDF patients on different membranes. (A–C) Acute study (Experimental design in Figure 1A). Plasma concentrations of BPA (A), BPS (B) and hippuric acid (C) pre- and post-HDF session using different membranes: PN and PS. (D–F) Chronic study (Experimental design in Figure 1B). Pre-dialysis plasma concentrations for BPA (D), BPS (E) and hippuric acid (F) after at least 3 months using the same membrane for HDF. Data correspond to the average of baseline and 3-month sampling for each dialysis membrane. Please note the different scales for different analytes.
In vitro cytotoxicity of BPS and BPA

To assess the potential clinical significance of BPS found in ESRD patient plasma, we compared BPS toxicity with that of equimolar concentrations of BPA, a well-characterized toxin for, among others, kidney tubular cells. In the chronic study, the mean plasma BPA values of the whole group, combining both dialyser membranes, was 17.7 ng/mL (77.5 µM), while the highest concentration was 81.1 ng/mL (350 µM). Respective figures for BPS were 1.01 ng/mL (3.99 µM) and 4.21 ng/mL (16 µM).

Thus, we explored the impact of a concentration range of 200 nM to 200 µM free BPA or BPS over the MMT-assessed survival of cultured human tubular epithelial cells cultured in presence of albumin and survival factors contained in FCS. BPA was cytotoxic at concentrations of 100 µM or higher, while BPS was not toxic within this clinically relevant concentration range, consistent with contrast phase microscopy results (Figure 4A and B).

Oxidative and inflammatory responses to BPS

We further explored the non-lethal effects of high BPS and BPA concentrations on the expression of genes coding for inflammatory cytokines or proteins of the oxidative stress response. BPS and BPA were studied in the absence or presence of albumin since they bind to albumin in the circulation. Free BPA or albumin-bound BPA increased the gene expression of IL-6 and the master regulator of oxidative stress-protective responses Nrf2 as well as its target HO-1; Figure 4C and D). Even the highest BPS concentrations tested did not elicit significant proinflammatory or oxidative stress responses (Figure 4C and D).

DISCUSSION

BPS is a molecule that is widely used to replace BPA, but due to the structural similarities between these two molecules, the question arises whether BPS can be considered a safe replacement. BPS safety is particularly important for CKD patients. We now provide three key pieces of clinically relevant information: BPS accumulates in anuric patients undergoing HDF and it may leak from dialysis membranes, providing a source for this xenobiotic in dialysis patients. However, plasma BPS levels are considerably lower than BPA levels and in the human cell culture system used it was less toxic than BPA, even at concentrations 10-fold higher than those found in patients and after assessing sensitive sublethal responses associated to cell stress.

Exposure to BPS in the general population is still small. The estimated daily intake in China was <0.25 ng/kg body weight/day for each detected BPS, much lower than the tentative oral reference dose values for BPA (4 µg/kg bw/day) recommended by the European Food Safety Authority [27]. In urine studies, BPA was detected in >85% of the spot samples, while BPS could be measured only in 13% of the samples [25]. Our results are in line with these observations since plasma BPS was undetectable or just above the detection limit in healthy subjects, a reflection of a lower environmental exposure than to BPA. However, despite the lower environmental exposure of general populations to this compound, in this study, it is observed for the first time that plasma BPS concentration is increased in patients with CKD in HD, suggesting accumulation in these patients. The mechanisms underlying the accumulation are likely the same as for BPA: lack of renal elimination being the main cause, together with the potential transfer from dialysis membranes [4]. Still, plasma BPS values were much lower than BPA values, which together with the lower observed cytotoxicity are
reassuring. However, much remains to be understood about BPS in HD, such as whether it may accumulate in certain cell types or organs (selective deposition), what is the pharmacokinetics in patients in ESRD and whether long-term exposure may be toxic or whether it may have cell type-specific toxicity.

Our data are consistent with dialysers being a potential source of BPS for dialysis patients, although again, the lower leakage values of BPS versus BPA are reassuring. This aspect, as far as we know, has not been published despite manufacturers’ need to evaluate it to comply with sanitary device specifications in each country. The marginal percentage of free monomers, similar in both types of fibres, is expected in a device for medical use. Similarly, both fibres are quite stable under the conditions found in dialysis, with the quantities measured being minimal but appreciable in both cases.

Similar to previous findings in larger HD [4] and OL-HDF [5] studies for BPA, the chronic use of BPA-containing dialysers is associated with non-statistically significant, numerically higher plasma BPA levels than the use of BPA-free dialysers, suggesting BPA accumulation. The limited sample size may have precluded observing statistically significant differences described in prior larger studies. Regarding BPS, both dialysers contained this molecule, and plasma BPS was higher in HD patients than in healthy individuals. However, studies using BPS-free dialysers are required to further characterize the relative contribution of dialysers versus other environmental sources to BPS accumulation in ESRD patients, as BPS accumulation has been described in non-dialysis CKD patients. Thus, in a recent study from China, serum BPA and BPS were found to increase with decreasing kidney function and to be higher in HD than in PD patients, suggesting release from HD equipment, and thus supporting our findings [28, 29].

The other relevant question for the renal patient is the acute and chronic toxicity of BPS. There is an extensive literature on BPA toxicity through different mechanisms, including interference with mitochondrial function [30] (Figure 5). It can be hypothesized that BPS may also be toxic by recruiting similar mechanisms. However, the literature on BPS toxicity is scarce and frequently marred by the use of very high concentrations without clinical relevance [13, 31–34]. Additionally, the blood-placental barrier is more efficient in limiting foetal exposure to BPS than to BPA [35]. Thus, despite the cross-sectional association of urinary bisphenols, including BPA and BPS, with human diabetes mellitus, a nonlinear positive association between lower concentrations and diabetes mellitus was only observed for BPA [8]. Our results, testing clinically relevant concentrations of BPA and BPS concentrations >10-fold higher than the clinically relevant ones, are consistent with lower toxicity of BPS. It should be remembered that tubular cells may also be a source of systemic inflammation and may play important functions even in dialysis patients, by synthesizing proteins such as the anti-ageing factor Klotho and calcitriol [36, 37]. Since systemic

**FIGURE 5:** Graphical abstract of known and hypothesized mechanisms of BPA cytotoxicity and major pathways involved. BPS was not found to activate the same pathways at the concentrations studied.
inflammation downregulates tubular cell Klotho expression [36] and preservation of Klotho expression during AKI is nephroprotective [38], it may be speculated that the choice of membranes may have potential effects on recovery of renal function. However, this hypothesis should be tested experimentally.

Our study had several limitations. Thus, the sample size was relatively small, although large enough to observe significant differences for hippuric acid. Due to scarce information at the time of design of the study, the 1-week washout period was chosen empirically, and it may not have been the optimal wash-out period. In any case, patients were randomized to the initial test membrane and then crossover was performed. Furthermore, we did not study tissue levels of BPA or BPS, and the chronic study was relatively short (months) with respect to the potential decades’ survival on chronic HD. Thus, we cannot exclude the long-term consequences of tissue BPS accumulation. Finally, regarding the cell system to assess toxicity, we cannot exclude the long-term consequences of tissue BPS accumulation. In any case, patients were randomized to the initial test membrane and then crossover was performed. Furthermore, we did not study tissue levels of BPA or BPS, and the chronic study was relatively short (months) with respect to the potential decades’ survival on chronic HD. Thus, we cannot exclude the long-term consequences of tissue BPS accumulation. Finally, regarding the cell system to assess toxicity, we cannot exclude the long-term consequences of tissue BPS accumulation.

In conclusion, despite synthetic dialysis membranes being a potential source of the high BPS levels in HD patients, the toxicity profile of BPS is safer than for BPA, at least for the parameters measured in this study. However, the precautionary principle should prevail, and BPS cannot be considered harmless for patients with ESRD until detailed prospective studies confirm its long-term safety.

**SUPPLEMENTARY DATA**

Supplementary data are available at ckj online.

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**CONFLICT OF INTEREST STATEMENT**

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