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Accessibility
Physician Accuracy in Interpreting Potential ST-Segment Elevation Myocardial Infarction Electrocardiograms

James M. McCabe, MD; Ehrin J. Armstrong, MSc, MD; Ivy Ku, MD; Ameya Kulkarni, MD; Kurt S. Hoffmayer, PharmD, MD; Prashant D. Bhave, MD; Stephen W. Waldo, MD; Priscilla Hsue, MD; John C. Stein, MD; Gregory M. Marcus, MSc, MD; Scott Kinlay, MBBS, PhD; Peter Ganz, MD

Background—With adoption of telemedicine, physicians are increasingly asked to diagnose ST-segment elevation myocardial infarctions (STEMIs) based on electrocardiograms (ECGs) with minimal associated clinical information. We sought to determine physicians’ diagnostic agreement and accuracy when interpreting potential STEMI ECGs.

Methods and Results—A cross-sectional survey was performed consisting of 36 deidentified ECGs that had previously resulted in putative STEMI diagnoses. Emergency physicians, cardiologists, and interventional cardiologists participated in the survey. For each ECG, physicians were asked, “based on the ECG above, is there a blocked coronary artery present causing a STEMI?” The reference standard for ascertaining the STEMI diagnosis was subsequent emergent coronary arteriography. Responses were analyzed with generalized estimating equations to account for nested and repeated measures. One hundred twenty-four physicians interpreted a total of 4392 ECGs. Among all physicians, interreader agreement (kappa) for ECG interpretation was 0.33, reflecting poor agreement. The sensitivity to identify “true” STEMIs was 65% (95% CI: 63 to 67) and the specificity was 79% (95% CI: 77 to 81). There was a 6% increase in the odds of accurate ECG interpretation for every 5 years of experience since medical school graduation (OR 1.06, 95% CI: 1.02 to 1.10, P=0.01). After adjusting for experience, there was no significant difference in the odds of accurate interpretation by specialty—Emergency Medicine (reference), General Cardiology (AOR 0.97, 95% CI: 0.79 to 1.2, P=0.80), or Interventional Cardiology physicians (AOR 1.24, 95% CI: 0.93 to 1.7, P=0.15).

Conclusions—There is significant physician disagreement in interpreting ECGs with features concerning for STEMI. Such ECGs lack the necessary sensitivity and specificity to act as a suitable “stand-alone” diagnostic test. (J Am Heart Assoc. 2013;2:e000268 doi: 10.1161/JAHA.113.000268)

Key Words: electrocardiogram • myocardial infarction • quality • telemedicine

From the Division of Cardiology, University of Washington, Seattle (J.M.M.); Division of Cardiology, University of Colorado and VA Colorado Healthcare System, Denver, CO (E.J.A.); Department of Cardiology, Kaiser Permanente, San Francisco, CA (I.K.); Division of Cardiology, Kaiser Permanente Mid-Atlantic Medical Group, Washington, DC (A.K.); Division of Cardiology, University of Wisconsin, Madison (K.S.H.); Division of Cardiology, University of Iowa, Iowa City (P.D.B.); Division of Cardiovascular Medicine, Massachusetts General Hospital, Boston, MA (S.W.W.); Divisions of Cardiology (P.H., P.G.) and Electrophysiology (G.M.M.), and Department of Emergency Medicine (J.C.S.), University of California, San Francisco; San Francisco General Hospital, San Francisco, CA (P.H., P.G.); Division of Cardiovascular Medicine, Brigham and Women’s Hospital/Harvard Medical School, Boston, MA (S.K.); Cardiovascular Division, VA Boston Healthcare System, Boston, MA (S.K.).

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Correspondence to: James M. McCabe, MD, 1959 NE Pacific St, Box 356422, Seattle, WA 98195-6422. E-mail: mccabe@aya.yale.edu

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Physician Accuracy With Potential STEMI ECGs  McCabe et al

Physician accuracy in interpreting potential STEMI ECGs is unknown. Data from a statewide registry suggest that 11% of all STEMI activations are cancelled prior to angiography following secondary evaluation of the putative STEMI ECGs and this does not account for the patients who went on to angiography but ultimately lacked a culprit artery occlusion.

In this study, we sought to determine the interreader agreement and accuracy of physicians’ interpretations of potential STEMI ECGs when scant clinical data are available. Secondarily, in order to test the hypothesis that physician proficiency may be a key factor in accurate ECG interpretation, we also assessed the impact of physician specialty and experience in this process. These data may help in devising systems of care for potential STEMI patients and effective use of novel telemedicine technologies.

Methods

Data Source

The Activate-SF registry is a registry of clinical STEMI diagnoses made by emergency physicians at a tertiary care and a county trauma center with prospective ascertainment of outcomes. Details of this registry have been described elsewhere. All ECGs were previously deidentified and over-read for 12 key characteristics in blinded fashion by 2 cardiologists (E.J.A. and K.S.H.) with adjudication by a third cardiologist (J.M.M.) for disagreement beyond prespecified boundaries per registry protocols.

Physician Participants

Physicians were recruited to participate in this study from a cross-section of specialties that regularly manage STEMI patients. Accordingly, study participants were recruited from Interventional Cardiology, Noninvasive/General Cardiology, Emergency Medicine, and Internal Medicine (provided they worked in an Urgent Care or ED setting). Participation was encouraged by “team leaders” identified within each specialty. No remuneration was offered for participation. All responses were anonymously submitted and reviewed in the aggregate. Access to the study survey was provided through a generic internet link and rates of participation were not tracked. Responses were collected electronically using an internet-based survey (Survey Monkey).

Each participating physician was provided with the same 36 ECGs. The survey instructions included the introductory statement: “We recognize that activation of the cardiac catheterization team is a clinical decision; please focus on whether or not the ECG in question meets your diagnostic criteria for an acutely blocked coronary artery (a STEMI).” Each ECG was then followed by a single question: “Based on the ECG above, is there a blocked coronary artery present causing a STEMI? (please provide your best guess).” No clinical details were provided for individual cases and all were described as a “patient with moderate risk of acute coronary syndrome” to isolate ECG interpretation characteristics from the heterogeneous process of risk stratification and assignment of pretest probability. Respondents were not informed that each ECG was obtained from a patient referred for emergent angiography.

Definitions

We defined a “false positive” ECG as one from a patient who lacked a thrombotic coronary artery occlusion and had TIMI grade III blood flow in all coronary arteries. A “true-positive” STEMI ECG was one from a patient who had either a thrombotic coronary occlusion or less than TIMI III blood flow. Of note, the median ECG-to-angiography time for all cases that form the basis of this study was 49 minutes (interquartile range [IQR] 33 to 68 minutes). Left ventricular hypertrophy criteria were defined previously. ST-segment elevation (STE) was defined as J-point elevation in 2 or more contiguous leads of 2 mm or more in leads V1, V2, or V3 or 1 mm or more in other leads. A computer-based STEMI diagnosis was recorded if the ECG header listed a diagnosis of “Acute Myocardial Infarction” based on Phillips’ proprietary algorithm.

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Statistical Analysis

Using the binary outcome of accurate versus inaccurate ECG interpretation, we first calculated the sensitivity, specificity, positive predictive values (PPV), negative predictive values (NPV), and their 95% CIs for our respondents’ ECG interpretations of the 24 “true” and 12 “false” STEMI ECGs. These analyses were repeated following stratification of the cohort based on respondent level of training and training discipline. Kappa statistics were also calculated for the degree of interobserver agreement in ECG interpretation and compared using an inverted modified Wald test approach. Receiver operating characteristic (ROC) curves were based on the binary outcome of accurate versus inaccurate ECG interpretation and applied to the same respondent classification schemes. To compare the effects of reader characteristics (length and discipline of experience) and ECG characteristics (average height of STE, number of leads with diagnostic STE, territory with maximal STE) on accuracy of interpretation, we created serial univariate models using log-binomial generalized estimating equations (GEEs) to account for nested and repeated measures per respondent. Multivariate models were also used to adjust for baseline differences in length of experience between cardiologists and noncardiologists. We then performed a sensitivity analysis repeating our calculations following exclusion of ECGs originally obtained from patients not having a STEMI (ie, the 12 “false” STEMI ECGs).

For tabular data, simple comparisons were performed with t Tests or Wilcoxon ranksum tests for normally and non-normally distributed data respectively. Continuous variables are presented as means±standard deviations (SD) or median values and IQRs for nonnormally distributed variables. A 2-tailed P<0.05 was considered statistically significant. All statistical analyses were performed with Stata version 11.

Results

One hundred twenty-four physicians interpreted an average 35.4 of 36 ECGs (total ECG interpretations: 4392). Fifty-two (42%) of participants were fully licensed physicians board-certified in their area of specialty (“attendings”), 33 (27%) were cardiology or emergency medicine fellows, and 37 (30%) were internal medicine or emergency medicine residents (2 respondents did not provide level of experience). Participant distribution by specialty is listed in Table 1. The median interval since medical school graduation (“experience”) among all participants was 7 years (IQR 3 to 13, range 1 to 57 years). Noncardiology participants tended to have less experience than participants within cardiology (median 3 versus 8 years since medical school graduation, P<0.01), although this was not true when limited to attending physicians (median 14 versus 17 years, P=0.09). There was no significant difference in the number of cardiologists and noncardiologists who spent less than 50% of their time on clinical work (P=0.50) (Table 1). Ninety-two percent of participants were based at a university or teaching hospital, 5% were in private practice, and 3% worked in governmental or community centers.

Table 2 outlines the survey results by training level and specialty. Among all participants, interreader agreement (kappa) for ECG interpretation was 0.33 (where 1 is perfect agreement and −1 is perfect disagreement). Only 6 of the study ECGs (17%) had near universal (>90%) agreement in

Table 1. Participants Demographics

|                        | N   | ECGs Read | Median Years Since Medical School (IQR) | >50% Time Clinical (%) |
|------------------------|-----|-----------|----------------------------------------|------------------------|
| All participants*      | 124 | 4392      | 7 (3 to 13)                            | 97 (80)                |
| All residents          | 37  | 1332      | 2 (1 to 3)                             | 35 (98)                |
| Medicine residents     | 26  | 936       | 2 (1 to 3)                             | 25 (96)                |
| Emergency residents    | 11  | 396       | 2 (1 to 3)                             | 11 (100)               |
| All fellows            | 33  | 1188      | 6 (5 to 7)                             | 27 (82)                |
| Emergency fellows      | 3   | 108       | 4 (4 to 6)                             | 1 (33)                 |
| General cardiology fellows | 25 | 900       | 6 (5 to 8)                             | 21 (84)                |
| Interventional cardiology fellows | 5  | 180       | 7 (6 to 7)                             | 5 (100)                |
| All attendings         | 52  | 1872      | 16 (10 to 24)                          | 34 (65)                |
| Emergency attendings   | 26  | 936       | 14 (10 to 18)                          | 17 (65)                |
| General cardiology attendings | 17 | 612       | 20 (11 to 40)                          | 9 (52)                 |
| Interventional cardiology attendings | 9  | 324       | 17 (12 to 19)                          | 8 (89)                 |

ECG indicates electrocardiogram; IQR, 25th to 75th interquartile range.
*Two participants did not provide their current level of training.
interpretation among all participants while 7 (19%) of the ECGs resulted in nearly split (40% to 60%) levels of agreement (Figure 1). The overall sensitivity to identify “true” STEMI ECGs was 65% (95% CI: 64 to 67). Participants’ specificity in determining which ECGs did not represent a STEMI among those without a culprit artery occlusion was 79% (95% CI: 77 to 81). The PPV of a STEMI interpretation among all readers was 86% (95% CI: 85 to 88) and the NPV of a high-risk ECG—the probability that a patient did not have a culprit artery occlusion when the ECG was interpreted as such—was 53% (95% CI: 51 to 55). The resultant area under the ROC curve (c), which quantifies the discrimination of readers’ ECG interpretation to distinguish a “true” STEMI pattern from “false” STEMI ECG pattern (where 1 is perfect discrimination and 0.5 is no better than chance), was 0.72 (95% CI: 0.71 to 0.74).

Irrespective of specialty, when compared to resident physicians, fellows had a 26% greater odds of accurate ECG interpretation (OR 1.26, 95% CI: 1.02 to 1.57, P=0.03) and attending physicians had a 45% greater odds of accurate ECG diagnosis (OR 1.45, 95% CI: 1.18 to 1.77, P<0.01) (Table 3). Furthermore, among all participants there was a 6% increase in the odds of accurate ECG interpretation for every 5 years since medical school graduation (ie, “experience”) (OR 1.06, 95% CI: 1.02 to 1.10, P=0.01). After adjusting for years of physician experience, there was no significant difference in the odds of accurate interpretation between emergency medicine, general cardiology, or interventional cardiology physicians. This remained true when the analysis was restricted only to attending-level physicians (Table 3).

Sensitivity Analysis for True STEMIs Only

Since diagnosing a true-STEMI ECG is arguably more important than correctly recognizing a concerning ECG that does not represent a STEMI, a sensitivity analysis was performed utilizing only those ECGs from patients with true STEMIs (24 cases). The overall accuracy of interpretation among true STEMIs was 66% (1899 of 2899 ECG reads were correctly diagnosed). In this setting, attending physicians continued to be more accurate than resident physicians and training discipline did not significantly affect the odds of accurate “true” STEMI interpretation after adjusting for years since medical school graduation (Table 3).

ECG Characteristics

Among the 36 ECG’s used for this analysis, there were no statistically significant differences in key measured components between true-positive STEMI and false-positive STEMI ECGs, though the height of the ST elevations, median number of leads with ST elevations, and percent without voltage criteria for left ventricular hypertrophy were numerically greater among true-positive STEMI ECGs (Table 4).
This study demonstrates that ECGs concerning for STEMI lack the necessary sensitivity and specificity to be considered a reliable “stand-alone” diagnostic test. The modest diagnostic accuracy and high interobserver disagreement in interpreting concerning ECGs for the presence of an acute coronary thrombotic lesion may help explain the high rates of “false positive” STEMI diagnoses recently reported by us and others.5,7,14 These data lend credibility to the notion that an increasing reliance on electrocardiograms as the sole tool for STEMI diagnoses, as may be done increasingly with telemedicine technology implementation, is associated with high levels of inaccurate diagnoses, particularly false positive STEMI diagnoses. Such findings reinforce the notion that the ECG is one of multiple modalities necessary to establish the STEMI diagnosis.

An emphasis on diagnostic sensitivity in ECG interpretation and resultant high rates of false positive errors, as suggested by this study, particularly among noncardiologists and younger providers are arguably less dangerous than false negative errors. Nevertheless, high rates of false positive diagnoses have the potential to significantly tax the human and capital resources invested in 24-hour emergency STEMI programs and put patients at risk for unnecessary procedures. However, these data do suggest that diagnostic accuracy in interpreting potential STEMI ECGs is related to the experience of the interpreting physician; thus, targeted educational efforts may accelerate learning and help reduce unnecessary complications and health care expenditures. Of course, perfect diagnostic accuracy and a PPV of 100% is both unobtainable on a broad scale and undesirable because a certain number of “false positive” diagnoses are necessary to ensure appropriate diagnostic sensitivity.

While accuracy of physicians’ interpretation does improve with physician experience, this was not true among the subgroup of “true positive” STEMI ECGs, suggesting that younger physicians are more likely to emphasize sensitivity. As compared to cardiologists, noncardiologists were also more likely to emphasize sensitivity with a corresponding decrement in specificity. However, in multivariable analyses, the odds of an accurate diagnosis of coronary artery occlusion were not significantly different based on specialty training. Among all physicians, the maximal height of the ST elevations, the number of leads with diagnostic ST elevations, and the lack of left ventricular hypertrophy all increased the odds of an accurate “true positive” STEMI diagnosis.

Improvements in telecommunication technologies and an increasing acceptance of telemedicine15 have led to a growing interest in remote prehospital STEMI diagnoses as a mechanism for expediting time to reperfusion.16,17 Such prehospital STEMI diagnoses allow for appropriate triage to
designated heart centers and/or direct transport to the cardiac catheterization laboratory without evaluation in the ED. Implementation of telemedicine technologies is thus an extremely powerful and valuable process. However, remote STEMI diagnoses confirmed by ED physicians or cardiologists through telecommunication systems still rely largely on accurate interpretation of concerning ECGs from at-risk patients with scant additional diagnostic information available. While prior small analyses have suggested that electronic transmission of prehospital ECGs to emergency physicians or cardiologists may improve the specificity of out-of-hospital STEMI diagnoses, two small observation studies of 7 and 15 interventional cardiologists respectively both demonstrated significant heterogeneity in interpretation of potential-STEMI ECGs. Our data shed further light on the potential limitations of telemedicine strategies that rely predominantly on ECG interpretation for establishing the STEMI diagnosis. As such, these data may be useful in designing STEMI care systems that continue to leverage the advantages of telemedicine to improve patient care while recognizing the inherent limitations in diagnostic accuracy that may be associated with such technologies.

Table 3. Direct Comparisons of Participants’ ECG Interpretation Accuracy for All ECGs (36) and Limited to ECGs Just From Those With Culprit Lesions on Angiography (24)

|                      | All ECGs | True STEMI ECGs Only |
|----------------------|----------|----------------------|
|                      | OR  | 95% CI  |
|                      | P Value | OR  | 95% CI  |
| By experience        |      |         |
| Per 5 years experience* | 1.06 | 1.02 to 1.10 | 0.01 | 1.05 | 0.61 to 1.78 | 0.87 |
| Resident             | Ref  | —       |      |      | —       |      |
| Fellow               | 1.26 | 1.02 to 1.57 | 0.03 | 1.07 | 0.84 to 1.38 | 0.56 |
| Attending            | 1.45 | 1.19 to 1.77 | <0.01 | 1.42 | 1.06 to 1.89 | 0.02 |
| By specialty         |      |         |
| Non-cardiologists    | Ref  | —       |      |      | —       |      |
| General cardiologists| 0.97 | 0.79 to 1.2 | 0.8  | 0.91 | 0.72 to 1.14 | 0.42 |
| Interventional cardiologists | 1.24 | 0.93 to 1.67 | 0.15 | 1.2  | 0.88 to 1.62 | 0.25 |
| Attending emergency physicians | Ref  | —       |      |      | —       |      |
| Attending general cardiologists | 0.91 | 0.67 to 1.23 | 0.53 | 0.77 | 0.50 to 1.20 | 0.25 |
| Attending interventional cardiologists | 1.06 | 0.73 to 1.53 | 0.77 | 0.91 | 0.57 to 1.45 | 0.69 |

CI indicates confidence interval; ECG, electrocardiogram; OR, odds ratio; STEMI, ST-segment elevation myocardial infarction.

*Experience since medical school graduation.

Table 4. Adjudicated ECG Characteristics Stratified by Angiographic Results

|                     | Culprit Lesion (n=24) | No Culprit Lesion (n=12) | P Value |
|---------------------|-----------------------|--------------------------|---------|
| STE territory, %    |                       |                          |         |
| Anterior            | 9 (38)                | 8 (66)                   | 0.41    |
| Lateral             | 4 (17)                | 2 (17)                   |         |
| Inferior            | 8 (32)                | 2 (17)                   |         |
| Posterior           | 3 (13)                | 0 (0)                    |         |
| Median height STE, mm (IQR) | 2.1 (1 to 4) | 1.8 (1.3 to 2.3) | 0.21    |
| Median # of leads with STE, (IQR) | 3 (2 to 4.3) | 1.8 (0.5 to 3.5) | 0.19    |
| LVH present, %      | 5 (21)                | 5 (42)                   | 0.19    |
| Sinus, no conduction block (%) | 20 (83) | 11 (92) | 0.49    |

ECG indicates electrocardiogram; IQR, 25th to 75th interquartile range; LVH, left ventricular hypertrophy; STE, ST-segment elevation; mm, millimeters.
Evidence of a myocardial infarction. However, the impetus for this study sprung largely from the notion that categorization of ECGs into dichotomous STEMI and non-STEMI groups is often over-simplified. This notion has importance particularly in respect to appropriateness criteria for STEMI team activation protocols. Many analyses of STEMI team activations categorize electrocardiographic ST segment elevations as a binary variable—present or not present. Such dichotomies fail to capture the graded nature of ST-segment elevations and may grossly oversimplify the challenging task of diagnosing true STEMI patients from the much larger cohort of at-risk patients presenting with chest pain or equivalent symptoms. Varying degrees of electrocardiographic ST segment elevation in the absence of culprit coronary artery lesions have been previously described and, notably, in this study the median height of the ST-segment elevations among ECGs from patients without culprit lesions on angiography was 1.8 mm above the isoelectric T-P segment. While these data speak to the difficult nature of discerning accurate from inaccurate STEMI diagnoses on the basis of ECGs alone, they also suggest that considering electrocardiographic ST elevations as a dichotomous variable for the purposes of catheterization activation protocols or appropriateness analyses may be insufficiently discerning.

This study has a number of strengths. Each ECG is from a real STEMI team activation and each corresponding patient underwent diagnostic angiography, which provides a reference standard. Furthermore, we successfully recruited 124 physicians into this study and had very high rates of study completion. This study also has some inherent limitations. Pilot testing for this study suggested that enrolling such a large number of physicians and having them complete the task would require limiting the number of ECGs. In addition, it is recognized that culprit coronary occlusions may on occasion resolve spontaneously leading to a spurious disparity between the inciting ECG and the subsequent coronary

Figure 2. Sensitivity and specificity of physicians’ STEMI diagnosis stratified by experience and ECG characteristics. Residents, light blue bars; fellows, royal blue bars; attendings, dark blue bars. Whiskers represent one-sided 95% CIs. ECG indicates electrocardiogram; STE, electrocardiographic ST-segment elevations; STEMI, ST-segment elevation myocardial infarction.
arteriogram. While this is statistically unlikely to meaningfully affect our analysis, we did account for this possibility by accepting nonconclusive thrombolic coronary lesions or reduced TIMI blood flow without apparent culprit lesion as consistent with a STEMI diagnosis.

Additionally, our study was meant to assess practitioners’ discernment among high-risk ECGs and may not reflect lower-risk conditions. Since each ECG was drawn from a patient who was sent for emergent coronary arteriography due to concern for a possible STEMI, our study ECGs were enriched for concerning characteristics relative to the population of ECGs evaluated in the ED as a whole. This enrichment will falsely decrease negative predictive values by artificially raising pretest probability and will decrease specificity since patients with low-risk and “normal” ECGs not originally diagnosed with a STEMI clinically were not incorporated into the registry. Nevertheless, the NPV for all ECGs interpreted in a standard ED setting is of limited comparative use since it will always be high given the relatively low incidence of STEMs in an unenriched population. As noted, increasing attention has also been afforded to “appropriateness” of STEMI team activations.\textsuperscript{8,12,28} Such criteria cannot be assessed in this study since appropriate activations are generally defined by considering ECG characteristics and an associated clinical scenario. Specific scenarios were not provided in this study in an effort to focus specifically on physicians’ ECG interpretations.

In summary, physicians’ accuracy in evaluating high-risk ECGs for the presence of culprit coronary artery occlusions requiring activation of the STEMI team demonstrates only modest sensitivity and specificity and relatively high levels of interobserver disagreement. Such difficulties may explain higher than expected levels of inaccurate STEMI diagnoses. These findings should be considered when devising systems of care for potential STEMI patients. Directed educational efforts may aid in reducing inaccurate assessments of potentially concerning ECGs.

Disclosures

The authors are solely responsible for the design and conduct of the study as well as the analyses, the drafting and editing of the article, and its final contents. There are no disclosures to report. No extramural funding was used to support this work.

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