Hybrid Simulation of pediatric gynecologic examination: a mix-methods study of learners’ attitudes and factors affecting learning.

CURRENT STATUS: UNDER REVIEW

| Anna Torres          |
|---------------------|
| Uniwersytet Medyczny w Lublinie |
| anna.torres@wp.pl |
| Corresponding Author |
| ORCID: https://orcid.org/0000-0002-4254-0545 |

| Magdalena Horodeńska |
|----------------------|
| Uniwersytet Medyczny w Lublinie |

| Grzegorz Witkowski  |
|---------------------|
| Uniwersytet Medyczny w Lublinie |

| Kamil Torres         |
|----------------------|
| Uniwersytet Medyczny w Lublinie |

DOI: 10.21203/rs.2.21657/v1

SUBJECT AREAS
- Internal Medicine
- Educational Philosophy and Theory

KEYWORDS
- hybrid model
- simulation
- teaching
- PAG pelvic exam
- high-fidelity
- resident
- education
- pediatric and adolescent
- gynecology
Abstract

Background: Children and adolescents with reproductive health issues may require immediate or emergency care, however in many countries availability of the pediatric and adolescent gynecology (PAG) service is low. That being said, teaching PAG examination to OBGYN, pediatrics and emergency medicine residents seems reasonable and cannot be underestimated. In order to provide residents with opportunity to learn PAG examination a high-fidelity hybrid simulation (HFHS) workshop was implemented in our institution.

Methods: The study aimed to investigate learners’ attitudes towards the hybrid model as compared with pelvic trainer in the HFS environment and the factors connected to learners’ attitudes towards the hybrid model that could influence learning in HFS.

The concept of attitude was used as the theoretical framework and the mixed method approach to study design was utilized with simultaneous collection of quantitative (original questionnaires) and qualitative data (semi-structured interviews).

Results: Residents valued the hybrid model higher over task trainer-SP-voice model in regards to all three attitude components: cognitive (95%), affective (87.5%) and behavioral (83.7%). Analysis of qualitative data revealed six themes important to learners and informing learning of PAG examination in HFS and allowed to develop a conceptual model.

Conclusions: Participants of our study appreciated the learning experience with hybrid model more based on attitude questionnaire. Moreover, findings revealed that multiple, various factors connected to attitude may influence learning of PAG examination in HFS with hybrid model, and we propose a conceptual model illustrating relationships between those factors.

Background
Children and adolescents with reproductive health issues may require immediate or emergency care, however in many countries availability of the pediatric and adolescent gynecology (PAG) service is low, and in few countries PAG education is structured into well-designed postgraduate programs [1-3]. The PAG encounter differs in many ways from the adult one, therefore adult health care providers may not feel competent to conduct the PAG care [4]. It has been reported that anxiety and shame
cause inhibition and reduce motivation to act, which may result in unnecessary referrals and delay of proper care [5]. There are many factors, that make the PAG exam more complex and these include: additional procedural skills, high level of anxiety in a patient and her guardian, the need to adjust glossary used to explain the procedures, increased time and empathy devoted to procedure.

That being said, teaching PAG examination to OBGYN, pediatrics and emergency medicine residents seems reasonable and cannot be underestimated. That's obviously easier said than done. Several teaching modalities described to teach gynecological exam skills in an adult, simply cannot be applied or are not as feasible in the field of PAG [6,7]. To answer this need we have developed the high-fidelity simulation (HFS) hybrid model of PAG exam, which was described in details in our previous paper [8]. The present study aimed to investigate further this teaching modality by posing two research questions:

What were the learners’ attitudes towards the hybrid model as compared with pelvic trainer in the HFS environment?

What were the factors connected to learners’ attitudes towards the hybrid model that could influence learning in HFS?

The degree of immersion in simulation and emotional involvement may have an impact on the learning process. It is also proven that attitude influences behaviors and may have substantial impact on the learning-by-doing process, which is consistent with behaviorism and activity theory often used as theoretical bases of simulation-based education [9-13] Therefore the concept of attitude was used as the theoretical framework to investigated learners’ perception and factors that could influence learning with hybrid model of PAG. Using the mixed method approach to study design, we simultaneously collected quantitative and qualitative data enabling triangulation and complementation of data [14].

Methods
The setting, hybrid simulation-based model and participants

The study was conducted in the Centre for Medical Simulation, Medical University of Lublin, Poland. The intervention was a 2-day workshop aiming to teach procedural, communication and interpersonal skills in PAG examination. The details of the intervention, the process of its development and SP training was described in details elsewhere [8]. The layout of the workshop and representative photo
of the hybrid model was presented in the Figure 1.

Eleven gynecology and five pediatrics residents were included in the study. Majority of gynecology residents were doing year 1 through 3, with only five being senior residents. Pediatrics were in their years 2 through 4. Thirteen participants were females. The mean age of the participants was 29.7 (SD 3.15; median 29) and varied between 25 and 38. Six residents had previous experience with simulation-based teaching, nine with pelvic trainers and none of them was taught with the participation of simulated patient (SP). In terms of their previous clinical experience in PAG: four participants performed at least one pelvic examination in an adolescent, and only one examined a prepubertal patient previously.

**Quantitative phase**

The major part of the quantitative phase was devoted to evaluation of participants’ attitudes towards hybrid model as compared to trainer-SP-voice simulation. However, we were also interested in self-perceived improvement in PAG skills as well as residents’ performance during scenarios with and without the hybrid model.

The content of the original, web-based attitude questionnaire was based on the Tripartie Model, which defines attitude as composed of three components: affective, behavioral and cognitive components [9,11]. Only verbal measures of all three attitude components: affective (5 sister-items), behavioral (7 sister-items), and cognitive (5 sister-items) were analyzed in the presented study (supplementary file 1). Nonverbal measures of attitude, for example physiological responses of affect or recordings of overt behavior were not studied. By including sister items we meant to minimize the possibility of subconscious suggesting and to check for quality and fidelity of answers. The items were rated on the four point-Likert scale including the following answers: strongly disagree-1, disagree-2, agree-3, and strongly agree = 4. The questionnaire is presented as a Supplementary File 1.

Self-perceived improvement in PAG skills was evaluated with the original, web-based questionnaire including 15 items rated on the 1 to 10 scale, which was completed twice: before and after the intervention (supplementary file 2).

Direct observation of performance during scenario 1 and 2 was executed using the OSCE type
Statistical analysis

Using MedCalc software, medians median and interquartile range (IQR) were calculated, and differences were assessed using Wilcoxon signed-rank test for the paired comparisons and Mann-Whitney test for independent samples. The internal consistency of the questionnaires was calculated and expressed as Cronbach’s alpha. A p-value less than .05 was considered statistically significant. All tests were two-sided.

Qualitative phase

Semi-structured interviews lasting 30 minutes each were conducted by one of the researchers (M.H.) with nine participants, who agreed to take part in this part of the study and were assisted by the interview guide, containing questions and probes on how the participants perceived the hybrid model in terms of a learning experience. The interviews were audio recorded and transcribed verbatim by research assistants. Data saturation was achieved after six interviews, however we decided to interview all participants; member checks were conducted. The data was analyzed independently by two of the authors (A.T. and M.H.) using thematic approach. Initial analysis of the data performed by each researcher yielded a coding framework of themes, which was used to code the transcripts in detail during a second round of analysis. In the iterative data analysis process, the coding framework was continuously adapted and discussed with a second researcher. A.T. and M.H. discussed their findings and found only minor differences. In a third analysis round the relations and meaning of the themes were analyzed and discussed in the research team and the conceptual model was developed.

Results

Following our mixed methods approach, we present the integrated quantitative (Tables 1 and 2) and qualitative results for utilization of hybrid simulation in teaching PAG exam, with illustrative quotes from participants (Table 3) and conceptual model illustrating factors influencing learning in hybrid model high-fidelity simulation environment (Figure 2).

Participants’ attitudes: comparison between hybrid model and pelvic task trainer.

During data evaluation the answers to questions pertaining to each of the three domains were
combined and such analysis revealed that residents valued the hybrid model higher over task-trainer-SP-voice model in regards to all three attitude components: cognitive (95%), affective (87.5%) and behavioral (83.7%).

Analysis of individual items revealed that almost 63% of participants felt more anxious with the hybrid model as compared to trainer. In addition, 81% of participant felt it was easier for them to practice technical aspects of the exam with pelvic trainer. These observations suggest that hybrid model could more challenging due to stress comparable to the one present in real live conditions.

The Cronbach’s alfa for the questionnaire was 0.96. The correlation analysis of the items showed that coefficients for sister questions were negative for all but one pair of items and were statistically significant in 10 out of 17 pairs (Table 2). That indicated consistency in participants answers. The lack of statistical significance or inverse correlation was characteristic of the items pertaining to the affective domain and inquiring about participant’s anxiety and the difficulty of the task.

**Effects on acquisition of skills in PAG exam**

Self-perceived skills in PAG exam increased significantly after the workshop, with no change noted in regards to an adult exam (Table 3). Significant differences in particular skills were noted between OBGYN and pediatrics residents. As it could be expected pediatricians scored themselves low in skills pertaining to adult examination and that did not change after the workshop. The differences regarding the PAG exam, which were present prior to intervention were leveled following the training (Table 3).

The Cronbach’s alfa for pre and post self-assessment questionnaires were 0.94 and 0.95, respectively.

The results of the direct observation assessment showed no difference between scenario-1 and scenario-2. Interestingly, no differences were observed between pediatrics and OBGYN residents either.

**Qualitative results**

Analysis of the interviews uncovered six themes pertaining to factors that affect learning in the simulation environment using hybrid model of PAG examination. Illustrative quotes from participants pertaining to each theme were presented in paragraphs below and all quotes in the Table 4.
Theme 1: the degree of physical realism and perceived task difficulty influenced learning

Participants perceived the hybrid model more real when compared with the pelvic trainer-SP-voice. The physical realism was perceived as a factor that positively influenced learning and helped in developing complex skills:

“I felt practicing with hybrid more real ... more serious...”
“...fidelity of simulation with hybrid model helps to perform the task...”

At the same time, the participant experienced that the hybrid model made the task more challenging:

“I think working with hybrid model was more challenging because of alive patient”
“In my opinion practicing with hybrid is more challenging because you need to deal with two people”

Interestingly, the pelvic trainer scenario was not described as less challenging, but in terms of its realism, participants perceived it as causing difficulty in learning of communication skills:

“Communication was difficult to practice with trainer”
“It felt weird to talk to plastic in case of the trainer scenario”

On the other hand, other skills like e.g. palpation of vulvar area were perceived as easier to execute using the pelvic trainer.

“It is easier to perform exam without a human”

Theme 2: the degree of emotional realism influenced learning

It was often expressed that participants could experience SP’s emotions with the hybrid model, which was not possible with the trainer and that affected their learning:

“...contact with living human can reinforce learning, especially reactions presenting discomfort...”

“It felt I gained more from the sim with hybrid, because of emotions, mimics and reactions of the simulated patient during the exam”

Theme 3: participants’ emotional states during simulation were important for learning experience
Although the interview questions did not inquire about emotions, participants talked a lot about their feelings during simulations. The emotions experienced were stress and confusion. Stress was higher with hybrid model, and was perceived as positive or necessary element. Confusion was in part connected with the hybrid model and in part with the simulation as the learning modality in general.

“I felt a lot of stress during the sim but I think this stress can be necessary ....”

“Definitely, I felt less stress with trainer”

“I was not sure where does the trainer ends and SP begins - it made me confused”

Emotional involvement with the patient was also discussed. Participants said they felt emotionally involved only in case of hybrid model.

“I must say I felt no emotional involvement with the patient in the scenario with trainer”

“I was really emotionally involved with the case in the scenario where there was a hybrid model”

**Theme 4. Comparison of the task difficulty between two types of simulation.**

This theme also emerged and was often outlined although participants were not asked about it directly and it was usually discussed in the connection to realism (mostly emotional)

“It was much more difficult for me to perform task in case of hybrid model as it required combining various skills”

**Theme 5. Engagement and attention with the patient were increased with hybrid model**

Participants recalled deeper engagement and attention with the patient’s problems and experiences, when they performed PAG examination using hybrid model

“I felt more engaged in the scenario when the alive person was present in the chair; alive human is an asset”

„I needed to pay more attention with hybrid model and felt more responsible for the patient”

**Theme 6. Scenario with hybrid model was perceived as high-fidelity in contrast to the scenario with the trainer-SP-voice**

Although both scenarios were conducted in high-fidelity environment with the only difference being
the hybrid model, participants seemed to perceive “the fidelity” of the pelvic trainer-SP-voice scenario as low. They often used a term “trainer”, did not appreciate the SP voice coming from the speaker or even considered it a distractor.

“The voice from the speakers distracted me during the sim with pelvic trainer”

“With trainer it was possible to practice only technical skill - not communication”

Discussion
Examination of the female intimate zone is difficult to teach in clinical environment especially in the field of pediatric and adolescent medicine. It was shown by several studies that skills difficult to learn with real patients could be successfully thought using simulation-based education, and that skills acquired through simulation were transferred to actual patient care situations [15]. High-fidelity simulation (HFS) has gained increasing interest despite large cost and effort, as it allows simultaneous mastering of technical, communication, and interpersonal skills combined with cognitive abilities allowing for timely and proper diagnosis and management [16]. The literature on simulation describes HFS environments as comprising of high-tech manikins, rooms resembling real clinical rooms, and finally the use of SPs, teaching assistants (non-doctor women instructors, professional SPs and trained women from the community, hybrid models and bystanders [16-21]. A review by Issenberg et al. points out, that HFS can be especially effective in regards to acquisition of complex skills [18]. Being a complex skill, the PAG exam undoubtedly belongs to those clinical situations that require teaching and learning in high-fidelity simulation environment. The recent study by Dumont revealed that PAG simulation training significantly increased residents' knowledge and skills in major PAG competencies, and that it should be considered as part of the obstetrics and gynecology residency curricula [21].

The use of hybrid models linking a living human to a task trainer was described previously in various teaching contexts and proved its effectiveness in teaching complex skills in the field of obstetrics, urology, internal medicine, and procedural skills [19,22-25]. Yet, to the best of our knowledge none of available studies has sought to identify how participants’ attitudes towards hybrid model could impact their learning. Our previous paper described development and incorporation of the PAG hybrid model to teach pelvic exam in pediatric patients and the overall residents’ satisfaction with that intervention
The present study used a mixed-method approach and the Tripartie Model of attitude as the theoretical framework to determine, how the participant perceived the hybrid model in contrast to pelvic trainer-SP-voice model, when both were used in HFS environment, and how it influenced their learning [9,11]. It has been suggested, that when learning gains are compared between simulation and “no intervention” the real role of the specific simulation methodology can be questioned and may fail to clarify the relationship between simulation fidelity and learning, and whether comparable gains might be achieved at substantially lower cost [26]. That is why in our study both models: the hybrid model and the trainer/SP-voice model were compared in the same group of participants and identical simulation environment. Analysis of the questionnaires results revealed that participants favored the hybrid model more as compared with pelvic trainer-SP-voice and the difference was significant for all three attitude components: affective, behavioral and cognitive. Qualitative data confirmed and further elucidated our quantitative findings. The themes extracted from participants statements helped us to understand, how both modalities influenced learning. Higher physical realism was an important factor connected with learning and influenced learning in a positive way, however, and not surprisingly participants perceived the hybrid scenario as more challenging. In addition, it was revealed, that learning specific task could be more or less problematic depending on the type of the model. For example, technical skills were easier to learn using pelvic trainer-SP-voice model, as it was perceived “less human”, whereas communication skills were more difficult to practice using this same modality. Our observations are supported by the study of Siebeck et al., who found that during HFS the training focused mainly on developing social skills required to perform the rectal examination, rather than on technical skills required to detect pathology [27]. Analysis of qualitative data uncovered that emotional realism, experiencing patient’s emotions and participants’ own feelings played important roles during learning in HFS, and differed between hybrid model and trainer-SP-voice model. This reveals an interesting relationship between emotional involvement and the engagement with case scenario, which seems to be based on bidirectional interaction between the SP (integrated with trainer in the hybrid) and the participant. This interaction apparently could not be achieved in trainer/SP-voice model. In order to prepare healthcare providers
to real clinical situation HFS should have a high psychological fidelity and induce stress similar to real medical situations. Findings obtained during qualitative part of our study revealed, that stress was higher with hybrid model, however it was perceived as the positive and necessary component. None of the residents defined it as an element, which hindered learning. The work by Dias and Neto indicated that emergency medicine simulation may create a high psychological fidelity environment, similarly to what is observed in a real emergency room [28]. Seago et al. found that fear index before encounter with genital teaching assistant was high, however it reduced students’ anxiety and improved learner engagement with subsequent mechanical simulation practice of psychomotor skills [29]. The stress experienced by participants in our study did not seem to negatively influence learning as there were no significant differences in the scores assigned by the instructor during scenario 1 and 2.

Interestingly, despite both scenarios were conducted in high-fidelity environment with the only difference being the hybrid model, participants seemed to perceive “the fidelity” of the pelvic trainer scenario as low. They often used a term “trainer” or “just plastic” referring to trainer-SP-voice scenario, and did not appreciate the voice of the SP coming from the speaker or even considered it a distractor. Although that observation was a surprise to us, especially that all participants had an opportunity to practice technical aspects of the exam before the scenarios in the task trainer laboratory, it is consistent with other authors’ observations, who argue, that terms like ‘integration’ or ‘presence’ may be more appropriate for describing closeness to reality than ‘fidelity’ [30,31]. This is because fidelity is subjective relative to the task and the person performing it, which seems to be supported by the results of the presented study.

The validity of the findings reported in the article is limited to some extent by relatively small number of participants. However, we claim that they still can be of interest to the field of simulation-based education, taking to the account the PAG is a niche specialty. Additional limitation to data interpretation could be connected to the lack of information about the retention of skills as well as transferability to clinics. We plan our future studies to address those limitations.

Conclusion
In conclusion, the study revealed, that participants of our study appreciated learning experience with hybrid model more, when compared to trainer-SP-voice model, although they were new both to PAG content and simulation environment. These findings support results presented by Siebeck et al., who argued that it might be possible to begin with complex learning tasks right from the start of the training curriculum, and at the same time seem to contradict the assumption that HFS may hinder learning, as it was claimed by van Merrienboer [32]. Moreover, findings from our study revealed, that factors connected to attitude influence learning of PAG examination in HFS with hybrid model, and we propose a conceptual model illustrating relationships between those factors.

We hope that findings of the presented study could contribute to better understanding of mechanisms influencing learning in HFS environments using hybrid models and begin wider dispute on the ways such models could be utilized in teaching and learning complex clinical skills. We also acknowledge that there are several areas that need further investigation regarding the use of hybrid simulation. These include transferability of skills to clinical setting, retention of knowledge, cost effectiveness and possibility of the use of minors as simulated patients.

**Abbreviations**

PAG – Pediatric and Adolescent Gynecology  
HFHS - high-fidelity hybrid simulation  
HFS - high-fidelity simulation  
OOGYN – Obstetrics and Gynecology  
OSCE – Objective Structured Clinical Examination  

**Declarations**

**Ethics approval and consent to participate**

The protocol of the study was approved by the Medical University of Lublin Ethical Committee (KE-0254/47/2017). Participants signed the informed, written consent form. Simulated patient gave written consent and the permission to put her image in the article and on the Internet for the purpose of the publication.  

**Consent for publication**
“Not applicable”

**Availability of data and materials**

The dataset supporting the conclusions of this article is included within the article and its additional files – Additional file 3

**Competing interests**

The authors declare that they have no competing interests

**Funding**

None

**Authors’ contribution**

Authors’ contributions are as follows: AT contributed to the conception and design of the study, the acquisition, analysis and interpretation of data, and drafting of the article. MH contributed to the design of the study and the analysis and interpretation of data. GW and KT contributed to the acquisition and analysis of data preparing tables and figures, and the critical revision of the article. All authors approved the final version of the manuscript.

**Acknowledgements**

Not applicable

**References**

1. Richmond A, Priyanka S, Mahmood T, MacDougall J, Wood P. Pediatric and Adolescent Gynecology in Europe: Clinical Services, Standards of Care, and Training. J Pediatr Adolesc Gynecol. 2016;29:299-303.

2. Hillard PJA. Resident Education in Pediatric and Adolescent Gynecology. J Pediatr Adolesc Gynecol. 2018;31:2.

3. Huguelet PS, Browner-Elhanan KJ, Fleming N, Karjane NW, Loveless M, Sheeder J, et al. Does the North American Society for Pediatric and Adolescent Gynecology Short Curriculum Increase Resident Knowledge in Pediatric and Adolescent Gynecology? J Pediatr Adolesc Gynecol. 2016;29:623-7.
4. Adams Hillard PJ. Pediatric and adolescent gynecology in practice and residency training. Curr Opin Obstet Gynecol. 2004;16:363-5.

5. Deci EL, Ryan RM. Intrinsic Motivation and Self-Determination in Human Behavior. New York, NY: Plenum Press 1985;245-72.

6. Carr SE, Carmody D. Outcomes of teaching medical students core skills for women's health: the pelvic examination educational program. Am J Obstet Gynecol. 2004;190:1382-7.

7. Seago BL, Ketchum JM, Willett RM. Pelvic examination skills training with genital teaching associates and a pelvic simulator: does sequence matter? Simul Healthc. 2012;7:95-101.

8. Torres A, Horodeńska M, Witkowski G, Bielecki T, Torres K. High-Fidelity Hybrid Simulation: A Novel Approach to Teaching Pediatric and Adolescent Gynecology. J Pediatr Adolesc Gynecol. 2019;32:110-116.

9. Breckler SJ. Empirical validation of affect, behavior, and cognition as distinct components of attitude. J Pers Soc Psychol. 1984;47:1191-205.

10. Chaiklin H. Attitudes, Behavior, and Social Practice. J Soc Social Welfare. 2011;38:article 3.

11. Insko CA, Schopler J. Traidic consistency: A statement of affective-cognitive-conative consistency. Psychol Rev. 1967;74:361-376.

12. Bandura A. Social cognitive theory: an agentic perspective. Annu Rev Psychol. 2001;52:1-26.

13. Engeström Y, Miettinen R, Punamäki R. Activity theory and individual and social transformation. In: Engstem Y, Miettin R, Punamaki R et al., eds. Perspectives on Activity Theory. Cambridge University Press, Cambridge, UK, 1999:19-38.

14. Schifferdecker KE, Reed VA. Using mixed methods research in medical education:
basic guidelines for researchers. Med Educ. 2009;43:637-44.

15. Argani CH, Eichelberger M, Deering S, Satin AJ. The case for simulation as part of a comprehensive patient safety program. Am J Obstet Gynecol. 2012;206:451-5.

16. Norman G, Dore K, Grierson L. The minimal relationship between fidelity and transfer of learning. Med Educ. 2012;46:636-47.

17. Theroux R, Pearce C. Graduate students' experiences with standardized patients as adjuncts for teaching pelvic examinations. J Am Acad Nurse Pract. 2006;18:429-35.

18. Issenberg SB, McGaghie WC, Petrusa ER, Lee Gordon D, Scalese RJ. Features and uses of high-fidelity medical simulations that lead to effective learning: a BEME systematic review. Med Teach. 2005;27:10-28.

19. Friederichs H, Weissenstein A, Ligges S, Möller D, Becker JC, Marschall B. Combining simulated patients and simulators: pilot study of hybrid simulation in teaching cardiac auscultation. Adv Physiol Educ. 2014;38:343-7.

20. Khadivzadeh T, Erfanian F. The effects of simulated patients and simulated gynecologic models on student anxiety in providing IUD services. Simul Healthc. 2012;7:282-7.

21. Dumont T, Hakim J, Black A, Fleming N. Does an Advanced Pelvic Simulation Curriculum Improve Resident Performance on a Pediatric and Adolescent Gynecology Focused Objective Structured Clinical Examination? A Cohort Study. J Pediatr Adolesc Gynecol. 2016;29:276-9.

22. Lindsay Miller J, Avery MD, Larson K, Woll A, Von Achen A, Mortenson A. Emergency birth hybrid simulation with standardized patients in midwifery education: implementation and evaluation. J Midwifery Womens Health. 2015;60:298-303.

23. Siassakos D, Draycott T, O'Brien K, Kenyon C, Bartlett C, Fox R. Exploratory randomized controlled trial of hybrid obstetric simulation training for undergraduate
students. Simul Healthc. 2010;5:193-8.

24. Nguyen LN, Tardioli K, Roberts M, Watterson J. Development and incorporation of hybrid simulation OSCE into in-training examinations to assess multiple CanMEDS competencies in urologic trainees. Can Urol Assoc J. 2015;9:32-6.

25. Kneebone R, Kidd J, Nestel D, Asvall S, Paraskeva P, Darzi A. An innovative model for teaching and learning clinical procedures. Med Educ. 2002;36:628-34.

26. Dilaveri CA, Szostek JH, Wang AT, Cook DA. Simulation training for breast and pelvic physical examination: a systematic review and meta-analysis. BJOG. 2013;120:1171-82.

27. Siebeck M, Schwald B, Frey C, Röding S, Stegmann K, Fischer F. Teaching the rectal examination with simulations: effects on knowledge acquisition and inhibition. Med Educ. 2011;45:1025-31.

28. Daglius Dias R, Scalabrini Neto A. Stress levels during emergency care: A comparison between reality and simulated scenarios. J Crit Care. 2016;33:8-13.

29. Seago BL, Ketchum JM, Willett RM. Pelvic examination skills training with genital teaching associates and a pelvic simulator: does sequence matter? Simul Healthc. 2012;7:95-101.

30. Lampotang SS. Medium and high integration manikin patient simulators. In: Riley RH, ed. Manual of Simulation in Healthcare. New York, NY: Oxford University Press, 2008;51–64.

31. Diekmann P, ed. Using Simulations for Education, Training and Research. Lengerich: Pabst Science Publishers, 2009.

32. Paas FGWC, van Merrienboer JJG. Instructional control of cognitive load in the training of complex cognitive tasks. Educ Psychol Rev. 1994;6:351-71.

Tables
Table 1. Results of the self-assessment questionnaire regarding skills in PAG examination.
| Item No. | Item description                                                                 | Median before (min-max) | Median after (min-max) | p   |
|---------|----------------------------------------------------------------------------------|-------------------------|------------------------|-----|
| 1       | Evaluation of development according to Tanner stage                              | 5 (1 - 2)               | 6 (2-10)               | 0.034 |
| 2       | Assessment of adult female vulvar morphology                                     | 8 (0-10)                | 8 (4-10)               | 0.055 |
| 3       | Assessment of adolescent vulvar morphology                                        | 5 (2-9)                 | 7 (4-10)               | <0.001 |
| 4       | Assessment of child vulvar morphology                                             | 2 (0-9)                 | 5 (2-9)                | 0.002 |
| 5       | Assessment of clitoral morphology in a PAG patient                                 | 2 (0-8)                 | 3 (2-9)                | 0.006 |
| 6       | Pelvic examination in an adult female                                             | 8 (0-10)                | 8 (0-10)               | 0.313 |
| 7       | Pelvic examination in an adolescent                                               | 2 (0-7)                 | 7 (0-9)                | 0.001 |
| 8       | Pelvic exam of the girl below 12 years of age                                      | 0 (0-4)                 | 5 (0-8)                | <0.001 |
| 9       | Sampling of vaginal secretion for microbiology testing in an adult female          | 8 (0-10)                | 9 (0-10)               | 0.094 |
| 10      | Sampling of vaginal secretion for microbiology testing in an adolescent           | 4 (0-10)                | 7 (4-10)               | 0.001 |
| 11      | Sampling of vaginal secretion for microbiology testing in a child                  | 0 (0-7)                 | 7 (4-9)                | <0.001 |
| 12      | Vaginal lavage for removing foreign body                                           | 0 (0-8)                 | 5 (0-10)               | <0.001 |
| 13      | Communication with adolescent patient                                              | 5 (0-10)                | 8 (3-10)               | <0.001 |
| 14      | Communication with the child                                                       | 4 (0-9)                 | 7 (2-9)                | <0.001 |
| 15      | Global assessment of skills in PAG examination                                     | 5.5 (0-9)               | 7 (1-9)                | 0.019 |
Table 2. Results of the questionnaire inquiring about learners’ attitude towards hybrid model versus pelvic trainer-SP-voice model.

| Domain     | Question No. | strongly disagree | disagree | agree | strongly agree |
|------------|--------------|-------------------|----------|-------|----------------|
| Cognitive  | 5            | 0                 | 18.8     | 50    | 31.2           |
|            | 20           | 33.3              | 60       | 6.7   | 0              |
|            | 6            | 0                 | 0        | 37.5  | 62.5           |
|            | 27           | 50                | 31.2     | 18.8  | 0              |
|            | 14           | 0                 | 0        | 31.2  | 68.5           |
|            | 9            | 56.2              | 37.5     | 6.2   | 0              |
|            | 25           | 0                 | 6.2      | 31.2  | 62.5           |
|            | 8            | 43.7              | 37.5     | 12.5  | 6.2            |
|            | 32           | 0                 | 6.2      | 56.2  | 37.5           |
|            | 31           | 18.8              | 75       | 6.2   | 0              |
| Behavioral | 2            | 6.2               | 0        | 12.5  | 81.5           |
|            | 12           | 56.2              | 37.5     | 0     | 6.2            |
|            | 4            | 0                 | 12.5     | 43.7  | 43.4           |
|            | 17           | 12.5              | 31.2     | 43.7  | 12.5           |
|            | 7            | 0                 | 0        | 37.5  | 62.5           |
|            | 18           | 37.5              | 56.2     | 0     | 6.2            |
|            | 13           | 6.2               | 25       | 37.5  | 31.5           |
|            | 23           | 37.5              | 50       | 12.5  | 0              |
|            | 19           | 0                 | 31.2     | 31.2  | 37.5           |
Table 3. Quotes from participants based on semi-structured interviews.

| Theme | Quotes from participants |
|-------|--------------------------|
| Theme 1 | "It was easier to perform task in the scenario with hybrid model because everything seemed more..."  
Q2: “One can practice everything with hybrid model”  
Q3: “I felt practicing with hybrid more real ... more serious...”  
Q4: “...fidelity of simulation with hybrid model helps to perform the task...”  
Q5: “Interaction with patient is easier with hybrid model”  
Q6: “I think working with hybrid model was more challenging because of alive patient” |
| Q7: “In my opinion practicing with hybrid is more challenging because you need to deal with two people” |
| Q8: “For me gynecological exam was technically more difficult to perform due to patient reactions in with hybrid” |
| Q9: “...practicing communication in scenario with trainer was difficult – everything seemed less real” |
| Q10: “...with the pelvic trainer it was difficult for me to immerse in sim... too much to imagine” |
| Q11: “Communication was difficult to practice with trainer” |
| Q12: “It felt weird to talk to plastic in case of the trainer scenario” |
| Q13: “It is easier to perform exam without human” |
| Q14: “I think practicing communication with it (hybrid model) is highly appreciated - it reflects reality be |

**Theme 2**

| Q15: “...contact with living human can reinforce learning, especially reactions presenting discomfort...” |
| Q16: “No visible reactions in scenario with trainer make it easier to concentrate more on technical aspect” |
| Q17: “It felt I gained more from the sim with hybrid, because of emotions, mimics and reactions of the simulated patient during the exam” |
| Q18: “I think that patient’s reaction and emotions helped me learn and understand better” |

**Theme 3**

| Q19: “Definitely, I felt less stress with trainer” |
| Q20: “There was a lot of stress with hybrid” |
| Q21: “I felt stressed because of being watched by other people – the patient mother and the instructor – used to it” |
| Q22: “I was generally surprised and confused with simulation – it was first time experience for me” |
| Q23: “I was confused, what could be done with SP” |
| Q24: “I was not sure where does the trainer ends and SP begins – it made me confused” |
| Q25: “I must say I felt no emotional involvement with the patient in the scenario with trainer” |
| Q26: “I was really emotionally involved in the case were there was a hybrid model” |
| Q27: “I felt a lot of stress during the sim but I think this stress can be necessary ....” |

**Theme 4**

| Q28: “....communication with PAG patients and parents is difficult, I think it can be easier for pediatricians” |
| Q29: “It was much more difficult for me to perform task in case of hybrid model as it required combining skills” |
| Q30: “With hybrid one needs to develop rapport with patient and mother, needs to communicate in a certain way and make the atmosphere to calm ... it is not easy” |
| Q31: “It was a real challenge to combine technical aspects and keep talking to both mother and a girl” |

**Theme 5**

| Q32: “I think with Hybrid you pay attention to patient as a human being” |
| Q33: “It was definitely easier for me to immerse in sim when the human was present – in hybrid model” |
| Q34: “I felt more engaged in the scenario when the alive person was present in the chair; alive human is an asset” |
| Q35: “I appreciate the possibility of performing full exam without invading patient’s privacy with hybrid with interpersonal skills possible to learn along the technical skills” |
| Q36: “I needed to pay more attention with hybrid model and felt more responsible for the patient” |
| Q37: “...for me the presence of living human was important as it prompted more attention to patient at behavior” |
Q38: “With trainer it was possible to practice only technical skill - not communication”
Q39: “The voice from microphone did not seem real”
Q40: “With trainer I felt it was just manikin, which did not help... adding at least a corpse or head would easier to practice communication, with the head you would know where to turn to, when you address the patient”
Q41: “The voice from the speakers distracted me during the sim with pelvic trainer”

Figures

Figure 1

Outline of the teaching intervention (the PAG exam workshop) with the representative picture.
Figure 2

The conceptual model illustrating factors influencing learning in hybrid model high-fidelity simulation environment.

Supplementary Files
This is a list of supplementary files associated with this preprint. Click to download.

Additional file 2_TorresA_MedEd.docx
Additional file 1_TorresA_MedEd.docx
Additional file 3_ATorres_BMC_MedEd.xlsx