Perioperative Anesthetic Management for Surgical Repair of an Adult with Supracardiac Total Anomalous Pulmonary Venous Communication and Pulmonary Hypertension - Case Report and Mini Review

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Abstract

The total anomalous pulmonary venous communication (TAPVC) is a rare cyanotic congenital cardiac defect accounting for 1.5-3% of the congenital heart disease, in which pulmonary venous (PV) blood drains directly into the right side of the heart or into the systemic veins. Neonates with obstructive TAPVC may present with cyanosis, metabolic acidosis, respiratory failure, and shock. A subset of patients with unobstructed TAPVC may remain asymptomatic and survive until adulthood. In the present case report, the authors have described the successful perioperative management of an adult with TAPVC and PAH.

Keywords: Adult Supracardiac TAPVC, Unobstructed, PAH, Cardiopulmonary bypass, Corrective surgery, Balanced general anesthesia

Introduction

TAPVC is a rare form of cyanotic congenital cardiac anomaly accounting for 1% to 3% of congenital heart disease cases \cite{1}. It's prevalence ranges from 0.6 to 1.2 per 10,000 live births \cite{2,3}. TAPVC can be classified based on the level of pulmonary venous drainage or physiologic effects. Anatomic variants include supracardiac (45%), cardiac (25%), infracardiac (20%), and mixed (10%), while physiologic consequences include obstructive or non-obstructive venous drainage \cite{4}. When obstructed at birth, the affected infants present with severe cyanosis, metabolic acidosis, low cardiac output and poor tissue perfusion unresponsive to standard resuscitation with prostaglandins and may require ventilatory and inotropic support or even emergency preoperative extracorporeal membrane oxygenation (ECMO). In contrast, the unobstructed TAPVC imposes a volume load on the right heart resulting in right atrial (RA) and right ventricular (RV) dilation and may lead to development of irreversible PAH \cite{4,5}. Some patients with adequate shunt at atrial level can remain asymptomatic and survive until adulthood. In the present case report the authors have described the successful perioperative management of cardiac correction of adult unobstructed supracardiac TAPVC with PAH.

Case Report

The patient, a previously healthy 23-year-old male, presented with single episode of sudden onset chest pain associated with palpitations and bluish discoloration of fingertips and lips, along with dyspnea one month back, that resolved spontaneously after two hours. On examination, patient had mildly cyanosed fingertips, $\text{SpO}_2$ of 93% on room air measured in upper limb, HR 86 bpm and BP 106/72 mmHg. The systolic ejection murmur of grade 3/6 was present at the upper left sternal border. His hematologic and biochemical values were normal. Chest X-ray revealed mild cardiomegaly, prominent pulmonary vascular markings, and widening of superior mediastinum with the characteristic snowman or “figure of 8” appearance of Supracardiac TAPVC (Fig. 1). Transthoracic echocardiography revealed a supra-cardiac TAPVC with pulmonary venous confluence (PVC) connecting to the left innominate vein and draining into superior vena cava (SVC) (size 26.9 mm), OS-ASD with right to left shunt, dilated right atrium (RA) and right ventricle (RV), left atrium (LA) size 2.4 cm, left ventricular internal diameter in diastole (LVIDD) 4.4 cm, left ventricular internal diameter in systole (LVIDS) 2.4 cm, and LV ejection fraction of 60%. The RV systolic pressure of 56 mmHg, MRI confirmed the findings of echocardiography and thus...
established a diagnosis of nonobstructive Supracardiac TAPVC and severe PAH (Fig. 2 A & B). Following a confirmation of first and fifth day negative RTPCR reports and after obtaining the informed consent (including cross infection from COVID-19). The patient was posted for corrective cardiac repair under CPB.

The patient was premedicated with intramuscular morphine (0.1 mg/kg) and promethazine (0.5 mg/kg) one hour prior to surgery. The protocol for the cardiac surgery during the coronavirus disease 2019 pandemic for perioperative considerations and triage recommendations was strictly followed to reduce the risk of exposure to patients and healthcare workers. In the OR, routine American Society of Anaesthesiologists’ monitors were adapted as per the severity of the disease and the invasiveness of the surgical procedure. His base line SpO₂ was 92% on air. An intravenous access was achieved with 16 G, cannula to provide intravenous fluids and induction of anaesthesia. Cannulation of left radial artery with 22G catheter was performed under local anesthesia for continuous BP monitoring and intermittent arterial blood gas (ABG) analysis. ABG analysis on room air revealed a pH of 7.36, PaCO₂ 34 mm Hg, PaO₂ 64 mmHg, haemoglobin 19 g, HCO₃ 21 meq/L, base Excess -1.2, ionized calcium 1.15 mg. Narcotic based balanced anesthesia was induced using fentanyl (10 mcg/kg), midazolam (0.05 mg/kg) and thiopentone (60 mg), and rocuronium bromide (50 mg) was used to facilitate endotracheal intubation with 9 mm, cuffed tube, and nitrous oxide was omitted to avoid the further exaggeration of pre-existing PAH. 7-French gauge triple lumen central venous catheter was placed (under land mark technique) via right internal jugular vein to measure central venous pressure and for the administration of volume and

Figure 1: Chest X-Ray of supracardiac TAPVC. PA Chest radiograph showing mild cardiomegaly, increased pulmonary vascular markings and ‘snowman’ appearance of supracardiac anomalous drainage. The superior mediastinum is enlarged secondary to dilation of the right SVC, innominate vein and ascending vertical vein of Supra cardiac TAPVC. Total anomalous pulmonary venous connection, SVC- superior vena cava

Figure 2: A & B. Cardiac MRI imaging showing dilated common left vertical vein which drain into left innominate vein before draining into SVC and SVC is markedly dilated suggestive of supracardiac TAPVC as shown in Figure 2A. Figure 2 B depicts a nonobstructive TAPVC as a blood mixing occurring across the large OS- ASD with right to left shunt showing dilated SVC (Labeled). TAPVC- Total anomalous pulmonary venous connection, SVC- superior vena cava, OS- ASD- Ostium secundum atrial septal defect, PV- pulmonary vein, RA- right atrium

Figure 3: Midesophageal, modified bicaval view at 111degree, TEE 2-D imaging showing large SVC due to TAPVC drainage, an OS- ASD (Blue arrow) causing mixing of blood at atrial level. Also note that both RA and RV dilated due to volume overload from supracardiac anomalous drainage into RA, but IVC still exhibits a normal size [Labelled] SVC- superior vena cava, TAPVC- Total anomalous pulmonary venous communication, OS- ASD – ostium secundum atrial septal defect, RA- right atrium, IVC – inferior vena cava, LA-left atrium, TV- tricuspid valve, RV- right ventricle

Figure 4: TG SAX view of both ventricles, 2-D TEE imaging showing enlarged RV and flattening of IVS suggestive of increased volume load on RV due to supracardiac anomalous draining into RA, Note the D shaped LV is as result of IVS shift and such patients can develop low CO due to ventricular interdependence. RV- right ventricle, IVS- inter ventricular septum, RA- right atrium, PAH- pulmonary arterial hypertension, LV- left ventricle, CO – cardiac output

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medication. His baseline CVP was 6 mmHg, systemic BP was 112/78 mmHg and PAP was 72/50 mmHg (systolic / mean) on direct needle insertion. Therefore, FiO2 of 1.0 and intravenous nitroglycerine (NTG) (1.0 mcg/kg/min) were used to ameliorate the PAH. Anesthesia was maintained with intermittent use of fentanyl, midazolam, and sevoflurane (1-2 MAC). Intraoperative TEE was performed using a Pediatric TEE probe to avoid the obstruction of PVC, which also confirmed the diagnosis of unobstructed supracardiac TAPVC draining into SVC [size 3.4 cm], OS-ASD with right to left shunt, enlarged RA and RV, RVSP of 56 mm Hg, moderate TR (vena contracta 0.5 cm), RVEF of 45 % and interventricular septum flattening (Fig. 3, 4) (Video 1 & 2). LV functions were normal. Unfractionated Heparin sodium (300 units/kg) was used as an anticoagulant and after achieving an ACT value > 480 seconds, standard CPB technique with moderate hypothermia (27.5 degrees C) and antegrade blood cardioplegic (Del Nido) myocardial protection was used for corrective cardiac surgery. Per-operatively, the supracardiac TAPVC draining into the SVC and OS-ASD were identified by the operating surgeon (Fig. 5). After proper identification, the anastomosis of PVC to posterior wall of LA, ligation of vertical vein connecting to left innominate vein and closure of ASD with pericardium patch were performed. Weaning from CPB was easy with use of infusion of dobutamine (2.5-5 mcg/kg/min), milrinone (0.5 mcg/kg/min), and NTG (1.0 mcg/kg/min). Immediately post CPB; SpO2 was 100%, mean arterial pressure (MAP) was 85 mmHg, mean LAP was 7 mmHg and mean PAP was 10 mmHg (measured by direct needle insertion). Total CPB time and aortic cross clamp time were 126 min and 97 min respectively and urine output was 1.5 L. Post correction TEE confirmed; closure of ASD, pulmonary veins flow towards LA, IVS becoming more rounded towards RV and good biventricular functions. After heparin reversal with protamine, chest was closed, and patient was shifted to ICU for mechanical ventilation. Trachea was extubated after 8hrs and inodilators tapered over the next 24 hrs. Patient was shifted to the stepdown unit on the 3rd post-operative day and the further post-operative course was uneventful.

**Discussion**

TAPVC refers to a spectrum of congenital cardiac anomalies where the pulmonary veins fail to return to the LA and the oxygenated pulmonary venous blood returns through a systemic vein or directly to the right atrium or via coronary sinus and recirculate into the pulmonary circulation. So, it obligates a right to left atrial shunt to sustain the life [6, 7, 8]. It is a rare cardiac malformation with a reported incidence of around 7 per 100000 live births and accounts for 0.7–1.5% of all CHD [6, 7]. TAPVC may be associated with a variety of comorbid cardiac defects like; Heterotaxy syndrome, VSD, Hypoplastic left heart syndrome, Double outlet right ventricle, Coarctation of the aorta, Truncus arteriosus and d-Transposition of the great arteries [7]. It has four main subtypes. The supracardiac type is seen in 45% of TAPVC patients; the PVC connects to a vertical vein that in turn connects to the innominate vein, and finally draining all pulmonary venous blood into the SVC and right atrium. The cardiac type of TAPVC (25%) consists of the PVC draining into the coronary sinus or directly to the right atrium. The infracardiac type of TAPVC (20%) consists of a PVC connected to a vertical vein that courses inferiorly through the oesophageal hiatus and below the diaphragm to join the portal vein or the ductus venosus or gastric or hepatic veins or directly to the inferior vena cava. Mixed types of TAPVC are rare and account for less than 10% of cases and is a combination of at least two subtypes [4]. Some authors have reported that more than 30% of cases of TAPVC present with pulmonary venous obstruction and obstruction is most common in neonates with infracardiac type and uncommon in cardiac type. So, a second consideration is whether the venous return is obstructed or a non-obstructed [9, 10]. Neonates with severe obstructive TAPVC present with marked

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**Figure 5:** The intraoperative photograph showing the communication of vertical vein via innominate vein into the right SVC (labelled); in addition, there is an OS ASD providing mixing of blood at atrial level suggestive of unobstructed supracardiac TAPVC SVC- superior vena cava, OS- ASD-atrial septal defect, TAPVC- total anomalous pulmonary venous communication

**Figure 6:** The intraoperative photograph showing SVC, IVC and Aortic cannula in situ. Note the color of SVC cannula blood is much brighter then IVC cannula confirming supra-cardiac TAPVC opening into SVC. (labelled) SVC-superior vena cava, IVC – inferior vena cava, TAPVC- total anomalous pulmonary venous communication
Most of the neonates with unobstructed TAPVC present with milder cyanosis resulting from right to left shunting at atrial septum, and dyspnoea due to pulmonary over-circulation. The cyanosis is usually unresponsive to increased FiO₂ and prostaglandin (PGE1) [4]. In the absence of pulmonary venous obstruction, the anomalous venous return imposes a volume load on the right heart resulting in right atrial and right ventricular dilation and also may develop RV failure [5]. Whereas a small number of patients with adequate blood mixing remain relatively asymptomatic and reach into adulthood [7, 15]. Whereas, in a subset of patients the increased pulmonary blood flow eventually leads to muscularization of the pulmonary vascular bed and may lead to PAH. In such patients, the right ventricular pressure and volume overload can produce leftward displacement of the interventricular septum, and distortion of LV architecture and diminishes LV filling, and may exist with low cardiac output after correction in patients with refractory PAH. The presented patient also had RV and RA volume overload and flatten IVS [Fig. 4]. However, adequate cardiac correction and use of milrinone, dobutamine and NTG, lead to a significant improvement in PAH [MPAP-10 mmHg], normalization of IVS position, and stable hemodynamics.

In the supracardiac TAPVC the pulmonary veins typically finally drain into the SVC as described earlier. Infrequently, the vertical vein may drain to the SVC or the aygos vein directly [4, 9]. The patient’s presentation, surgical repair, and outcomes depends upon the anatomical variability of venous connections, degree of pulmonary venous obstruction, severity of PAH, mixing of blood and biventricular functions. If the pulmonary veins are unobstructed, some patients may remain asymptomatic at birth, about 50% will present in the first month with heart failure when PVR decreases, and the rest will present by the first year of life (most patients have heart failure by 6 months of life) [16, 17]. The decrease in transatrial mixing not only increases the pulmonary over circulation but also diminishes the LV output. The mortality of untreated patients is 75-85% by 1st year of life [18]. Husain et al. have reported that supracardiac TAPVC presents with obstruction in 23.1% as compared to 69.2% of infracardiac and 9.7% cardiac [19]. Some authors have reported an early surgical mortality of 9.8% and a late mortality of 3.9% and of all variables assessed in the series, TAPVC type and evidence of obstruction at time of repair have been noted to be associated with early surgical mortality. Whereas variables associated with late mortality include as heterotaxy syndrome, single ventricle physiology, additional surgical procedures, longer CPB times, and final findings of pulmonary venous obstruction have all been found to be significant variables of association [19, 20]. Others have suggested that the variables like preoperative pulmonary venous obstruction, ventilator FiO₂, inotropic use, as well as postoperative pulmonary venous obstruction, low cardiac output, bleeding, ventilator FiO₂, epinephrine use, restenosis and emergent repair as significant predictors of mortality in TAPVC [21]. White et al. have suggested that mixed-type TAPVC is an independent risk factor for postoperative obstruction, particularly in patients with isolated TAPVC. Even mild preoperative obstruction is a risk factor for postoperative obstruction [22].

The anatomy of the supracardiac TAPVC in our patient was typically similar as described earlier and mixing occurred at atrial level with right to left shunt and presented with symptoms of PAH in adulthood (Fig. 4, 5). In addition to the echocardiography and MRI findings, the brighter colour of blood seen in the superior vena-cava (SVC) cannula in comparison to that in the inferior venacava (IVC) cannula was suggestive of higher oxygen saturation in SVC. This too confirmed that the supra-cardiac TAPVC was draining into SVC in this patient (Fig. 6). However, PAPVC may be the other possibility of this brighter blood colour of SVC cannula.

The presentation of TAPVC is highly variable, and depends upon the type of TAPVC, presence or absence of obstruction, age of the patient, hemodynamic response to therapy, level of desaturation and biventricular functions, and component of PAH. Accordingly, the anaesthetic and hemodynamic goals are also variable. So, here it is not possible to be prescriptive. In some patients primary aim is to prevent mortality (obstructed TAPVC with inadequate mixing of two circulations) with the use of inotropes, mechanical ventilation, atrial septostomy in cardiac catheterization laboratory, or ECMO support in extreme cases. whereas in other subset of patients the PAH and RV failure need proper management (7, 13, 14). So, it is imperative to individualize the anaesthetic technique. These patients with right to left shunt are always susceptible to paradoxical air embolism and need a meticulous care to ensure that intravenous lines are completely free from air. A balanced anaesthetic technique consists of opioids, benzodiazepines and low-dose volatile anaesthetic agents is suitable for maintenance of anaesthesia. Nearly all inhalational anaesthetics’ block ATP-dependent potassium channels whose activation induces vascular relaxation. Regardless of the specific anaesthetic technique, the hemodynamic goals are to maintain the cardiac output (CO) and to minimize pulmonary edema and PAH. Perioperatively, continuous
Attention should be given to the oxygenation, ventilation, acidosis, volume status and anaesthetic depth to avoid further exacerbation of PVR, as the RV may also struggle to maintain cardiac output in the face of elevated pulmonary artery pressures [4, 23]. After CPB, these patients often require inodilators (milrinone 0.5 mcg/kg/min, dobutamine 5 mcg/kg/min, levosimendan 0.1 mcg/kg/min) in order to augment CO, and RV and LV contractility, and to provide biventricular afterload (PVR, SVR) reduction [4]. Authors have also used NTG, dobutamine, milrinone, and FiO2 of 1.0, and avoided nitrous oxide to ameliorate the PAH and augment cardiac contractility and CO. In addition to the standard ASA monitoring, invasive arterial pressure, CVP and TEE monitoring has been recommended. If TEE is used, it should be done cautiously as the probe in the mid-oesophageal position lies directly behind the PVC and can cause life-threatening pulmonary venous obstruction in supra cardiac TAPVC, and so, some authors have suggested the use of a microsized TEE probe to mitigate this hemodynamic effect [4]. Following the same considerations (to avoid the PVC compression), even in this patient the paediatric size TEE probe was utilized to guide the fluid and drug therapy as well as the assessment of ventricular functions, surgical correction and for early diagnosis RV decompensation. PVR can also be measured by TEE using TRV (m/s) and VTIRVOT (cm). [PVR (Wood units) =10×(TRV/VTIRVOT)+0.16. (TRV, VTIRVOT; time-velocity integral of Tricuspid Valve and RVOT flow). Here, a TRV/VTIRVOT <0.2 corresponds approximately to a PVR of <2 Wood units [24]. Correction of TAPVC may impose an acute volume load on the LV, which may be noncompliant and prone to over distension with excessive fluid administration and require accurate assessment by TEE.

Regardless of the anaesthesia technique the care providers should strictly follow the protocol described by Patel et al. for the cardiac surgery during the COVID-19 pandemic for perioperative considerations and triage recommendations to reduce the risk of exposure to patients and healthcare workers and allocate resources appropriately to those in greatest need [25]. The cardiac surgical patients are a unique population in this COVID-19 epidemic because cardiac surgery comes under very high risk of exposure to COVID-19 infection from droplet dispersion and transmission from others. During cardiothoracic surgery, various aerosol-generating procedures (AGPs) include intubation, extubation, tracheostomy, bronchoscopy, endoscopy, laparoscopy, any cardiac or thoracic surgery, chest tube placement, and Bovie cautery use. These patients are also potential for prolonged hospitalization or ICU stay, and the overall intense healthcare resource use. In addition, knowing a patient’s preoperative COVID-19 status may help with postoperative management and counselling as recent evidence suggests that asymptomatic COVID-19 patients who undergo surgery may be more susceptible to pneumonia and ARDS postoperatively [25]. Although the PAH in our patient was well under control after administration of nitroglycerine, dobutamine and milrinone, some patients with pre-existing PAH may develop critical pulmonary hypertensive crisis (PHC) after CPB. Several mechanisms have been hypothesized for PHC following CPB; micro emboli, complement activation, and pulmonary leuko-sequestration during CPB, mechanical failure, pulmonary reperfusion syndrome, altered pulmonary endothelial function following CPB, and existing preoperative PAH may persist postoperatively, and even blood transfusions may exacerbate PAH. Whereas hypoxia, hypercarbia, and pulmonary embolism are other causes of PAH, and these can appear before, during, or after CPB [26, 27, 28]. The PHC has been reported to be associated with significant mortality. Mubeen et al. have reported an operative mortality of 28.5% in patients with supra systemic PAP or high PVR [29]. Therefore, in patients with nearly or supra systemic PAH assessment of reversibility of pulmonary hypertension (with the use of 100% Oxygen, or NTG or iNO) is mandatory to determine intraoperative course and outcome [30]. A baseline preoperative pulmonary vascular resistance index (PVR) of <6 WU/m² and a pulmonary to systemic vascular resistance ratio <0.3 have been suggested as a favorable outcome indicator and patients can be subjected to cardiac surgery without undergoing inhaled NO or O₂ challenge. Conversely, the vasoreactivity challenge is encouraged to assess the hemodynamic changes for operability in patients with PAH associated with CHD; if baseline PVR between 6 and 9 WU/m², the PVR: SVR ratio 0.3–0.5, and the post challenge decrease in PVR index 20%, PVR: SVR decreases by 20%, final PVR index <0.3, Qp/Qs >1.5:1, and basal saturations not <95% determine the operative suitability [31]. PH is also considered responsive when PAPm decreases by at least 10 mmHg or PAPm decreases to an absolute value of 40 mmHg or CO increases [32]. It is not possible to provide the detailed management of PHC here, but care providers should focus on avoiding the precipitating factors as described above, optimise the RV preload with the titrated volume or diuretics (frusemide), improve the RV contractility with the use of inodilators and inotropes (milrinone, dobutamine, levosimendan 0.1 mcg/kg/min, epinephrine etc.). Modified ultrafiltration (MUF) after separation from CPB reduces biochemical mediators involved in pulmonary vasoconstriction and may reduce the risk of pulmonary hypertension as well as the duration of mechanical ventilation and decreases post CPB morbidity in pediatric cardiac surgery [26, 29, 33]. Reactive component of PAH usually comes down after operation. In refractory cases, selective pulmonary vasodilators are used to decrease the RV afterload and to avoid the systemic hypotension like, intravenous sildenafil (0.4 mg/kg over 3hrs followed by an infusion of 0.07 mg/kg/hr),inhaled prostaglandins [epoprostenol(10-50 mcg/kg/min), iloprost (25 mcg over 10min), treprostinil(50-80 mcg/kg/min)], iNTG(2.5 mcg/kg/min), iSNP(total dose of 25 mg), iMilrinone (50-80 mcg/kg/min), and iNO (10-50 ppm). Usage of a combination of all vasodilators as mentioned above can cause a severe vasodilatation and even vasoplegic syndrome. Therefore, it is suggested that use one drug at a time like Milrinone or Dobutamine and see the response if PA pressures are still high NTG or other selective or
and in desperate situation, if facilities exist then plan for heart and lung pulmonary artery balloon counter pulsations, IABP, RVAD, ECMO, fail in improving the clinical status then other options may be increases the systemic arterial saturation \([39]\). If the above measures matching, decreases the intrapulmonary shunt fraction, and often and preventing perioperative PHC. It improves ventilation/perfusion matching, decreases the intrapulmonary shunt fraction, and often increases the systemic arterial saturation \([39]\). If the above measures fail in improving the clinical status then other options may be considered, such as atrial septostomy, Cavo-pulmonary diversion, pulmonary artery balloon counter pulsations, IABP, RVAD, ECMO, and in desperate situation, if facilities exist then plan for heart and lung transplant \([26, 40, 41, 42]\) (Table 1).

Conclusion

Patients with unobstructed supracardiac TAPVC with adequate mixing at atrial level with right to left shunt can present with mild cyanosis and reach the adult hood with development of significant PAH. Such patients can be successfully managed for cardiac correction by employing an individualised balanced anaesthesia technique, and under standard ASA monitoring along with use of pediatric size TEE probe. Use of nitroglycerine, milrinone, dobutamine infusions and avoidance of nitrous oxide can help to ameliorate postoperative PAH. Regardless of the anaesthetic technique, the protocol for the cardiac surgery during the COVID-19 pandemic for perioperative considerations and triage recommendations should be strictly followed to reduce the risk of exposure to patients and healthcare workers and allocate resources appropriately to those in greatest need, as cardiac surgery comes under extremely high risk of exposure to COVID-19 infection from droplet dispersion and transmission from others \([25]\).

Declaration of patient consent: The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient has given his consent for his images and other clinical information to be reported in the Journal. The patient understands that his name and initials will not be published, and due efforts will be made to conceal his identity, but anonymity cannot be guaranteed.

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