## Narrative Review Checklist

| Section/Topic          | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|------------------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| **TITLE**              |         |                                                                       |                                     |                              |
| Title                  | 1       | Identify the report as a Narrative Review of …                        | page 3 (line 105-106)              | Title / Line 105-106         |
| **ABSTRACT**           |         |                                                                       |                                     |                              |
| Unstructured summary   | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | page 2 (line 58-73)               | Abstract / Paragraph 1       |
| **INTRODUCTION**       |         |                                                                       |                                     |                              |
| Rationale/background   | 3       | Describe the rationale for the review in the context of what is already known. | page 3 (line 110-140)              | Introduction/Paragraph 1-2       |
| Objectives             | 4       | Specify the key question(s) identified for the review topic.           | page 3 (line 142-151)              | Introduction/Paragraph 3       |
| **METHODS**            |         |                                                                       |                                     |                              |
| Research selection     | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | N/A; this is a review article | N/A                           |
| **DISCUSSION/SUMMARY** |         |                                                                       |                                     |                              |
| Narrative              | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | pages 3-6 (lines 154-287)           | ENB-RAB/All paragraphs        |
| Summary                | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | page 6 (lines 290-304)             | Conclusion / Paragraph 1     |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*