MicroRNA-340 Inhibits Tumor Cell Proliferation and Induces Apoptosis in Endometrial Carcinoma Cell Line RL 95-2

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Background: The purpose of our study was to investigate the functional role of microRNA-340 (miR-340) in endometrial carcinoma (EC).

Material/Methods: Human EC cell line RL 95-2 was transfected with miR-340 mimics, inhibitors, or controls. After 48 h of transfection, the cell viability was determined by 3-(4, 5-dimethyl-2-thiazolyl)-2, 5-diphenyl-2-H-tetrazolium bromide (MTT) assay. The BrdU assay and apoptosis assay were performed to determine the effects of miR-340 mimics or inhibitors on cell proliferation and apoptosis, respectively. The underlying mechanisms involved in cell proliferation and apoptosis were explored by measuring the protein levels of cell cycle regulators (p27 kinase inhibition protein (KIP) 1 and p21) and apoptosis-related factors (B-cell lymphoma-2 (Bcl-2), Bax, pro-Caspase 3, and active-Caspase-3).

Results: Overexpression of miR-340 significantly inhibited the cell viability (P<0.05) and cell proliferation (P<0.01) of RL 95-2 cells compared with the control group, but increased the apoptosis (P<0.01). However, suppression of miR-340 had opposite results. Moreover, the protein levels of p27 KIP1, Bax, pro-Caspase 3, and active-Caspase-3 were significantly increased by overexpression of miR-340 but were statistically decreased by suppression of miR-340. Contrary results were found in the protein levels of Bcl-2. However, no significant differences were found in p21 expression.

Conclusions: MiRNA-340 acts as an anti-oncogene in EC cell line RL 95-2 by inhibition of tumor cell proliferation and induction of apoptosis.

MeSH Keywords: Apoptosis • Cell Proliferation • Endometrial Neoplasms • MicroRNAs

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Background

Endometrial carcinoma (EC) is the sixth most common malignant tumor in females, with an estimated 320,000 new cases diagnosed worldwide in 2012 [1]. EC is the most common tumor in the United States and many other developed countries [2]. It is a heterogeneous malignancy, with several histological types that exhibit distinct pathogenesis, clinical presentation, and prognosis [3]. Several risk factors have been reported to be involved in EC, such as hypertension, postmenopausal status, infertility, family history of EC, and long-term use of estrogens [4]. In spite of tremendous advances made in the diagnosis and treatment of EC in recent years, the treatment of advanced stages of the disease is still difficult because of the unclear pathological mechanisms. It has been reported that the 5-year survival rate of the advanced stages is 10–29% [5]. Therefore, it is very important to develop novel diagnostic, prognostic, and/or treatment strategies for this disease.

MicroRNAs (miRNAs) are a class of endogenous, small (20–25 nucleotides in length), non-coding single-stranded RNA molecules that regulate the expression of target genes [6]. MiRNAs are widely expressed in many species and tissues and play significant roles in various biological processes, including cell proliferation, differentiation, apoptosis, metabolism, cancer development, progression, and metastasis [7–9]. They have been identified to act as both tumor suppressors and oncogenes, which is dependent on the role of their target genes [10, 11]. Many miRNAs are frequently aberrantly altered in a variety of cancer types, including EC [12–14]. Moreover, it has been reported that miR-340 is downregulated in many kinds of cancers, such as breast cancer, colorectal cancer, and osteosarcoma [15–17]. Imbalance of cell proliferation and apoptosis had been implicated in EC; nevertheless, the functional role of miR-340 in mediating EC proliferation and apoptosis remains largely elusive.

Therefore, in the present study, we investigated the functional role of miR-340 in EC and focused on the effect of miR-340 on EC proliferation and apoptosis, as well as the underlying mechanisms. Here, we describe the role of miR-340 as a novel anti-oncogene miRNA in EC. Our study might provide new targets for EC therapy and uncover the mechanism of the disease.

Material and Methods

Cell culture

Human endometrial carcinoma cell line RL 95-2 was purchased from the American Type Culture Collection (ATCC). The cells were cultured in Dulbecco’s modified Eagle’s medium (DMEM)/F12 (1: 1, Invitrogen) supplemented with 10 mm 4-(2-hydroxyethyl)-1-piperazineëthanesulfonic acid (HEPES, Beyotime Institute of Biotechnology), 5 μg/ml insulin (Gibco BRL, Gaithersburg, MD, USA), and 10% fetal calf serum (FCS, Sigma Chemical Co., St. Louis, MO) at 37°C in a humidified 5% CO₂ incubator. The cells were allowed to grow to 70–80% confluence before further treatment. Our study was approved by the Institutional Ethics Committee of the First Affiliated Hospital of Guangxi Medical University.

Transfection with miRNA mimics and inhibitors

MiR-340 mimics, inhibitors, and controls were obtained from GenePharma (Shanghai, China). For the transfection, the cells (2×10⁴/well) were seeded in 96-well plates overnight and then transiently transfected with either miR-340 mimics or inhibitors according to the manufacturer’s instructions. MiR-340 mimics or inhibitors were re-suspended in 50 μl Lipofectamine 2000/ Opti-MEM (Invitrogen). The cells were incubated at 37°C for 4 h.

Cell viability

The cell viability was determined by 3-(4, 5-dimethyl-2-thiazolyl)-2, 5-diphenyl -2-H-tetrazolium bromide (MTT) assay. Briefly, the cells (1×10⁵ cells/cm²) were seeded in 96-well plates and incubated for 12 h. At 48 h after transfection with miR-340 mimics or inhibitors, 5 mg/ml MTT solution (20 μl, Sigma Chemical Co., St. Louis, MO) was added to each plate and incubated for 4 h at 37°C. To dissolve the reduced formazan crystals, the medium was replaced with dimethylsulfoxide (DMSO, Sigma Chemical Co., St. Louis, MO). Subsequently, the plate was read in an enzyme-linked immunosorbent microplate-reader (Bio-Rad 2550, Bio-Rad, Hercules, CA, USA) at 590 nm. Each experiment was carried out in triplicate.

BrdU assay

The BrdU assay was performed to determine the effects of miR-340 mimics or inhibitors on cell proliferation. Briefly, the cells were seeded in 6-well plates (2×10⁴ cells/well) on sterilized coverslips. After 48 h of transfection with miR-340 mimics or inhibitors, 10 μM BrdU (Sigma-Aldrich, St. Louis, MO) was added to each plate and incubated at 37°C for 5 h. Thereafter, the cells were washed 3 times with phosphate-buffered saline (PBS) and fixed in cold 70% ethanol for 10 minutes. The cells were incubated with 1.5 M hydrogen chloride (HCl) for 30 minutes and were neutralized by incubating with 0.1 M borate buffer for 10 minutes at room temperature. After washing 3 times with PBS, immunofluorescence was performed to visualize incorporated BrdU by using a mouse anti-BrdU antibody (Santa Cruz Biotechnology) according to the manufacturer’s protocol. Thereafter, the cells were incubated with secondary anti-mouse secondary antibody (Santa Cruz Biotechnology) for 1
h at room temperature and mounted in VECTASHIELD mounting medium with DAPI (Vector Laboratories, Burlingame, CA). An automated microscope (DMI6000B) was used to automatically visualize images of the cells.

**Apoptosis assay**

After 48 h of transfection with miR-340 mimics or inhibitors, the cells were harvested by trypsinization and washed with PBS. The cells were then fixed with ice-cold methanol at –20°C overnight, incubated with 1× binding buffer containing 10 μl Annexin V-FITC and 5 μl propidium iodide (PI) for 20 min in the dark at room temperature. Apoptotic cells were read by a FACScan flow cytometer (Becton Dickinson, NJ, USA) and the results were analyzed by CellQuest® software (BD Biosciences, USA). Annexin V-positive cells were considered as early apoptotic cells, and both Annexin V- and PI-positive cells were recorded as late apoptotic cells. Each condition was repeated at least 3 times.

**Quantitative real-time (qRT-PCR)**

Total RNA, including miRNAs, was isolated from the cells using TRIzol reagent (Qiagen, Valencia, CA) according to the manufacturer’s protocol. First-strand complementary DNA (cDNA) was synthesized using the TaqMan MicroRNA Reverse Transcription kit (Applied Biosystems, Foster City, CA) and amplified by TaqMan Universal PCR Master Mix (Applied Biosystems). U6 snRNA was used as a loading control. The reverse transcription and primers of miR-340 were provided by GenePharma (Shanghai, China). Experiments were carried out in triplicate and the data were analyzed using the comparative 2^−ΔΔCT methods.

**Western blotting**

The cells were collected in standard RIPA buffer (Thermal) 48 h after transfection with miR-340 mimics or inhibitors. The cell protein concentrations were evaluated by using a BCA protein assays kit (Novogen, Darmstadt, Germany) according to the manufacturer’s instructions. The protein samples were separated on 10–12% sodium dodecyl sulfate (SDS)-PAGE gels and transferred onto nitrocellulose membrane (Millipore, USA). After blocking with 5% nonfat dry milk for 2 h at room temperature, the membranes were probed with the following primary antibodies overnight at 4°C: anti-p27 kinase inhibitor (p27 KIP1 and p21) in RL 95-2 cells. We observed that the expression of cell cycle markers (p27 and p21) in RL 95-2 cells were significantly decreased by transfection with miR-340 inhibitors (both P<0.05). To further understand the mechanisms of miR-340-induced cell growth inhibition, we analyzed the effect of miR-340 on the expression of cell cycle regulators (p27 KIP1 and p21) in RL 95-2 cells. We observed that the protein expression of p27 KIP1 was significantly increased by overexpression of miR-340 but was significantly decreased by transfection with miR-340 mimics but were significantly decreased by transfection with miR-340 inhibitors (both P<0.05). We further analyzed the effects of miR-340 mimics or inhibitors on cell viability. MTT assay was performed at 1 d, 2 d, 3 d, 4 d, and 5 d of transfection. As shown in Figure 1B, overexpression of miR-340 significantly inhibited the viability of RL 95-2 cells at different time points compared with the control group (P<0.05). However, suppression of miR-340 significantly increased the viability of RL 95-2 cells at different time points compared with the control group (P<0.05). This result indicates that miR-340 might be an important tumor suppressor gene and play a critical role in EC.

**Results**

**Overexpression of miR-340 reduced cell viability in RL 95-2 cells**

To evaluate the functional role of miR-340 in EC, RL 95-2 cells were transiently transfected with either miR-340 mimics or inhibitors. The expression levels of miR-340 in the cells were determined by using qRT-PCR analysis. As shown in Figure 1A, the results showed that the expression levels of miR-340 were significantly increased by transfection with miR-340 mimics but were significantly decreased by transfection with miR-340 inhibitors (both P<0.05). To further understand the mechanisms of miR-340-induced cell growth inhibition, we analyzed the effect of miR-340 on the expression of cell cycle regulators (p27 KIP1 and p21) in RL 95-2 cells. We observed that the protein expression of p27 KIP1 was significantly increased by overexpression of miR-340 but was significantly decreased by transfection with miR-340 mimics but were significantly decreased by transfection with miR-340 inhibitors (both P<0.05). We further analyzed the effects of miR-340 mimics or inhibitors on cell viability. MTT assay was performed at 1 d, 2 d, 3 d, 4 d, and 5 d of transfection. As shown in Figure 1B, overexpression of miR-340 significantly inhibited the viability of RL 95-2 cells at different time points compared with the control group (P<0.05). However, suppression of miR-340 significantly increased the viability of RL 95-2 cells at different time points compared with the control group (P<0.05). This result indicates that miR-340 might be an important tumor suppressor gene and play a critical role in EC.

**Overexpression of miR-340 induced cell growth arrest through p27 KIP1**

We then determined the effect of miR-340 on cell proliferation by using BrdU assay. As indicated in Figure 2A, 2B, the results showed that overexpression of miR-340 significantly decreased the number of BrdU-positive cells compared with the control group (P<0.01). However, suppression of miR-340 markedly increased the number of BrdU-positive cells compared with the control group (P<0.05). To further understand the mechanisms of miR-340-induced cell growth inhibition, we analyzed the effect of miR-340 on the expression of cell cycle regulators (p27 KIP1 and p21) in RL 95-2 cells. We observed that the protein expression of p27 KIP1 was significantly increased by overexpression of miR-340 but was significantly decreased by transfection with miR-340 mimics but were significantly decreased by transfection with miR-340 inhibitors (both P<0.05).
decreased by suppression of miR-340 compared to the control group. However, no significant differences were found in the effect of abnormal expression of miR-340 on p21 expression (Figure 2C). The results demonstrated that overexpression of miR-340-induced cell growth arrest was correlated with the accumulation of p27 KIP1.

**Overexpression of miR-340 induced apoptosis in RL 95-2 cells**

Subsequently, the effect of miR-340 on cell apoptosis was investigated. After transfection with miR-340 mimics or inhibitors, the apoptosis cells were significantly upregulated by overexpression of miR-340 compared to the control group ($P<0.01$), but the apoptosis cells were significantly downregulated by suppression of miR-340 compared to the control group.
The results indicate that overexpression of miR-340 induced apoptosis of RL 95-2 cells. Overexpression of miR-340 induced apoptosis by regulating Bcl-2, Bax, and Caspase-3 in RL 95-2 cells.

To further clarify the mechanisms underlying the effect of miR-340 on cell apoptosis, we measured the protein expression of Bcl-2, Bax, and Caspase-3. After transfection with miR-340 mimics or inhibitors, we found that the expression of Bcl-2 was significantly decreased by overexpression of miR-340 but was significantly increased by suppression of miR-340 compared to the control group. However, the expression of Bax, pro-Caspase-3, and active-Caspase-3 had the opposite results. The protein expression levels of Bax, pro-Caspase-3, and active-Caspase-3 were significantly elevated by overexpression of miR-340 but were significantly decreased by suppression of miR-340 compared to the control group (Figure 4).

The results demonstrate that overexpression of miR-340-induced apoptosis occurred by regulating the expression of Bcl-2, Bax, and Caspase-3 in RL 95-2 cells.

**Discussion**

In the present study, we found that miRNA-340 acts as an anti-oncogene in EC cell line RL 95-2. Overexpression of miR-340 significantly inhibits EC cell proliferation and induces EC apoptosis. Inhibition of EC cell proliferation is through regulating the expression of p27 KIP1, and induction of EC cell apoptosis occurs by modulating the expression of apoptosis-related factors Bcl-2, Bax, pro-Caspase 3, and active-Caspase-3. MiR-340 may play an important role in EC, suggesting that miR-340 should be further evaluated as a novel biomarker for EC proliferation and apoptosis, and potentially a therapeutic target.

It has been demonstrated that miRNAs are responsible for the development, progression, and prognosis of tumors [18,19].
Among numerous mechanisms, cell proliferation and apoptosis are both well-known to be regulated by miRNAs [20,21]. Recently, several miRNAs have been reported to either promote or suppress EC cell proliferation and apoptosis, such as miR-125b [22], miR-101 [23], miR-199a-3p [24], and miR-205 [25]. Similarly, our results confirmed that miR-340 plays an essential role in EC proliferation and apoptosis. We first altered the expression of miR-340 by transfection with miR-340 mimics or inhibitors. The effect of miR-340 on cell viability, cell proliferation, and cell apoptosis were investigated. The results showed that overexpression of miR-340 inhibited EC cell viability and proliferation and induced cell apoptosis. However, suppression of miR-340 reversed the results. We further explored the underlying mechanisms.

Dysregulation of cell proliferation is one of the most important features of human cancers, and excessive cell proliferation is one of the hallmarks of cancers [26]. Inhibition of cell proliferation is one of the anticancer strategies to inhibit tumor growth and metastasis. Also, inhibition of cell proliferation is associated with enhanced apoptosis [27]. Clearly, there are numerous mechanisms involved in the cell proliferation, but it is usually inhibited by induction of cell cycle arrest. Cyclin-dependent kinases (CDKs) or CDK inhibitors (CDKI) are involved in deregulation of cell cycle progression during tumorigenesis. P27 KIP1 is an important member of the Cip/Kip family of CDKI, and p27 KIP1 negatively controls the cell cycle progression from G 1 to S phase by binding to CDK2 and cyclin E complexes [28]. The levels of p27 have shown prognostic value in several types of cancer. For example, reduced expression of p27 KIP1 has been reported to be associated with tumor size and poor prognosis of renal cell carcinoma and progression and lymph node metastasis of gastric carcinoma [29,30]. Although no association was found between p27 KIP1 and stage, age, histology, or prognosis for survival in advanced EC, there may be a trend associated with increased p27 KIP1 with advanced EC grades [31]. Moreover, recent studies have shown that p27 KIP1 is key target of miR-221/222 in many types of cancers [32–35]. In our study, we found that miR-340 regulated cell growth arrest by up-regulation of p27 KIP1 expression, but not p21, in RL 95-2 cells.

Apoptosis is another important target for therapeutic intervention in all tumors. Apoptosis is modulated partially by the Bcl-2 family, including apoptosis-inhibiting genes (e.g., Bcl-2) and apoptosis-accelerating genes (e.g., Bax) [36]. In addition to the Bcl-2 family, members of the Caspase family are also crucial mediators of apoptosis [37]. Caspase 3, one of the primary actuators of apoptosis, is required for the cleavage of many proteins, DNA fragmentation, apoptosis-associated chromatin margination, and nuclear collapse during apoptosis [38]. Activation of pro-Caspase-3 is the core element in the process of apoptosis and seems to function as the convergence point of all apoptotic pathways [39]. Active-Caspase-3 is an important actuating caspase, playing a critical role in different apoptotic signaling pathways [40]. In our study, we found that overexpression of miR-340 significantly increased the protein levels of Bax, pro-Caspase 3, and active-Caspase 3, but decreased the protein levels of Bcl-2 in RL 95-2 cells, indicating that overexpression of miR-340 induced EC apoptosis. However, considering the results of the present study, some limitations should be noted. We only focused on an EC cell line RL 95-2, so more EC cell lines, animal research, or clinical research should be performed to confirm the results.

Conclusions

miRNA-340 functions as an anti-oncogene in EC cell line RL 95-2. Overexpression of miR-340 inhibits EC cell proliferation and induces EC apoptosis. Overexpression of miR-340 might be a target treatment for EC.

Conflict of interests

There are no conflicts of interests.

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