## Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|-------------------------------------|------------------------------|
| **TITLE**     |         |      |                                     |                              |
| Title         | 1       | Identify the report as a Narrative Review of … |                          |
| **ABSTRACT**  |         |      |                                     |                              |
| Unstructured summary | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. |                          |
| **INTRODUCTION** |         |      |                                     |                              |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. |                          |
| Objectives     | 4       | Specify the key question(s) identified for the review topic. |                          |
| **METHODS**   |         |      |                                     |                              |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). |                          |
| **DISCUSSION/SUMMARY** |         |      |                                     |                              |
| Narrative      | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. |                          |
| Summary        | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. |                          |