Supplementary Material

Protective factors for Subjective Cognitive Decline Individuals: Trajectories and changes in a longitudinal study with Italian elderly

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Supplementary Table 1 shows the changing profiles of participants over time. In the Declining group, but not in the Resistant group, the participants’ profiles worsened. At T2, 434 participants (79.9% of the total) were Declining and 109 participants (20.1% of the total) were Resistant. At T3, 104 participants (83.2% of the total) were Declining and 21 (16.8% of the total) were Resistant.

| Number of participants | From T1 to T2 | Number of participants | From T2 to T3 |
|------------------------|--------------|------------------------|--------------|
| 434                    | *Declining*  | 104                    | *Declining*  |
| 13                     | SCD          | 7                      | SCD          |
| 13                     | SCD          | 6                      | SCD          |
| 74                     | MildND       | 30                     | MildND       |
| 302                    | MajorND      | 61                     | MajorND      |
| **109**                | *Resistant*  | **21**                 | *Resistant*  |
| 35                     | SCD          | 7                      | SCD          |
| 52                     | MildND       | 8                      | MildND       |
| 18                     | MildND       | 6                      | MildND       |
| **543**                | *Total*      | **125**                | *Total*      |

Supplementary Table 1 shows the changing profile of participants from T1 to T2 among the total of 543 participants who had a second assessment (T2) and from T2 and T3 among the 125 participants who underwent a third assessment (T3).