Postharvest Quality of Dragon Fruit (Hylocereus spp.) after X-ray Irradiation Quarantine Treatment

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Abstract. The quality of three dragon fruit clones (Hylocereus spp.) was determined after x-ray irradiation for disinfection of quarantine pests. Fruit were treated with irradiation doses of 0, 200, 400, 600, or 800 Gy and stored for 12 days at 10°C. Irradiation did not affect soluble solids content, titratable acidity, or fructose concentrations. Glucose, sucrose, and total sugar concentrations decreased linearly as dose increased. Minimal softening occurred in the outer flesh layers for fruit treated with 400 or 600 Gy irradiation. Surface color, peel injury, and bract appearance differed among the three clones with irradiation stress, but in all cases, visible changes were minor. Fruit decay was absent or minimal, and disease ratings were not affected by irradiation. Irradiation treatment of dragon fruit at doses 800 Gy or less would ensure visual and compositional quality while providing quarantine security.

In Hawaii, dragon fruit is a new specialty crop grown for local consumption but has potential to supply U.S. mainland markets. However, dragon fruit is a host for tephririt fruit flies and therefore subject to quarantine restrictions. Hot forced air treatments have been proposed for dragon fruit disinfestation with minimal reduction in quality (Hoa et al., 2006); however, irradiation generally is more efficient and less phytotoxic than heat treatments for tropical fruit (Follett et al., 2007). Irradiation may be the most widely tolerated disinfection treatment for tropical fruits; however, it is phytophagous than heat treatments for tropical fruits. A study was carried out at a commercial irradiation facility in Hawaii (Desert Healthcare, CA) to determine the dose variation within each box. The irradiation was carried out at a commercial irradiation facility on the island of Hawaii (C.W. Hawaii Pride LLC, Keaau, HI). The facility uses an electron linear accelerator (5 MeV, model TB-5/15; L-3 Communication Titan Corp., San Diego, CA) and converts the electron beam into x-rays for treatment of produce. Dragon fruit were treated with target absorbed doses of 0, 200, 400, 600, and 800 Gy. Each radiation dose was replicated four times for each experiment. The average minimum and maximum absorbed doses inside the boxes were 188 to 204, 386 to 414, 590 to 639, and 792 to 839 Gy with corresponding dose uniformity ratios of 1.09, 1.07, 1.08, and 1.06 for the 200-, 400-, 600-, and 800-Gy target dose treatments, respectively. After treatment, the fruit were stored at 10 °C for 12 d. Control treatments (0 Gy) were not subjected to irradiation but were otherwise handled the same as the treated fruit.

Quality analyses. Surface color measurements were taken at three positions externally and internally per fruit with a chromameter (model CR-300; Minolta Corp., Ramsey, NJ) and recorded as lightness (L*), chroma (C*), and hue angle (h°) under standard illuminant C. Peel injury (scald) was assessed visually and rated as the percentage of the surface area with grayish discoloration, in which 0 = 0%, 1 = 1% to 20%, 2 = 21% to 40%, 3 = 41% to 60%, 4 = 61% to 80%, and 5 = 81% to 100%.

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Materials and Methods

Fruit harvest. Two dragon fruit (Hylocereus spp.) clones were harvested 35 to 40 d after anthesis (DAA) on 13 and 20 Sept. 2007 from a commercial orchard in the South Kona district of Hawaii island. Clone 1 (H. undatus × H. polyrhizus) has red skin with red-puple flesh and clone 2 (H. undatus) has red skin with white flesh. Clone 3 (H. undatus), with red skin and white flesh, was harvested 45 to 50 DAA on 11 Oct. 2007 from a commercial orchard in the Puna district.

Irradiation treatment. Fruit from a single clone were packed in microperforated polypropylene bags (Elkay Plastics, Los Angeles, CA) and placed inside fiberboard boxes (36 × 25 × 15 cm) with eight to 12 fruit per box. Four dosimeters (Opti-chronic detectors, FWT-70-83M; Far West Technology, Goleta, CA) were placed inside each box in the areas where maximum and minimum absorbed doses were measured during extensive dose mapping. After irradiation, the dosimeters were read at 600 nm with a FWT-200 reader (Far West Technology) to determine the dose variation within each box. The irradiation was carried out at a commercial irradiation facility on the island of Hawaii (C.W. Hawaii Pride LLC, Keaau, HI). The facility uses an electron linear accelerator (5 MeV, model TB-5/15; L-3 Communication Titan Corp., San Diego, CA) and converts the electron beam into x-rays for treatment of produce. Dragon fruit were treated with target absorbed doses of 0, 200, 400, 600, and 800 Gy radiation. Each radiation dose was replicated four times for each experiment. The average minimum and maximum absorbed doses inside the boxes were 188 to 204, 386 to 414, 590 to 639, and 792 to 839 Gy with corresponding dose uniformity ratios of 1.09, 1.07, 1.08, and 1.06 for the 200-, 400-, 600-, and 800-Gy target dose treatments, respectively. After treatment, the fruit were stored at 10 °C for 12 d. Control treatments (0 Gy) were not subjected to irradiation but were otherwise handled the same as the treated fruit.

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Visual ratings for bract appearance and the presence of fruit rots were according to the methods of Hoa et al. (2006). Bract appearance was assessed visually on a 0 to 5 scale, in which 0 = bright color with no browning or blackening, 3 = yellowing and browning of margins, and 5 = bracts completely blackened and desiccated. Blossom-end and body rots were rated on a 0 to 3 scale, in which 0 = no disease, 1 = 5% to 10% of the surface area diseased, 2 = 16% to 25% of the surface area diseased, and 3 = greater than 50% of the surface area diseased. For blossom-end rots, only the area around the floral (distal) end of the fruit was rated.

External and internal flesh firmness was measured using a force gauge (Ametek, Largo, FL) having a 6-mm diameter flathead probe and mounted on a motorized test stand. External measurements were taken at two locations around the middle of the fruit by peeling back a flap of the skin. Fruit were cut equatorially, and internal measurements were taken at two locations from one of the horizontal halves. Peak force (N) was measured at a penetration depth of 3 mm.

For soluble solids measurement, a composite sample was created from the fruits and a 10-g sample of pulp was homogenized and the liquid was measured with a hand refractometer measuring % Brix (Atago, Kirkland, WA). Titratable acidity was measured from a 5-g homogenized, filtered pulp obtained from the composite fruit samples. Acidity was determined by titrating to a final pH of 8.1 with 0.01 N NaOH and calculated as citric acid equivalents.

Sugar analysis. For sugar determinations, pulp (10 g) from the fruit composites was combined in a test tube and homogenized in 50 mL 80% ethanol for 1 min at high speed. The slurry was immediately boiled for 15 min, cooled, and filtered. The sugar extract was brought to a final volume of 100 mL with 80% ethanol. An aliquot of the extract was filtered through a 0.22-μm membrane filter and stored at 10 °C. HPLC was used to separate and quantify glucose, fructose, and sucrose in the dragon fruit samples. Sugars were analyzed by injecting 20 μL of sample into an Agilent 1100 series liquid chromatograph (Agilent Technologies, Wilmington, DE) with HPLC-grade acetonitrile:water (3:1) as the mobile phase and a Zorbax carbohydrate column (amino-propylsilane; 4.6 mm × 150 mm, 5 μm) as the stationary phase followed by a refractive index detector. The flow rate was 1.4 mL/min; the temperatures were 4 °C for the autosampler and 30 °C for the column compartment. Sucrose, glucose, and fructose peaks of the samples were identified according to HPLC retention times in comparison with authentic standards. For recovery tests, samples were spiked with standard solutions before extraction. The detection limit was 2 μg.

Statistical analyses. Data were subjected to analysis of variance using the general linear models procedure (SAS Institute, 1999) for a randomized complete block design with four blocks for each experiment (Kona fruit and Puna fruit). Dose–response was tested by orthogonal polynomial analysis in SAS. Where applicable, means were separated using the Waller-Duncan k-ratio t test. Data for each experiment were analyzed separately. After checking for homogeneity of variance, a combined analysis was completed for those variables in which differences between experiments (harvest location) and interactions were not significant.

Results and Discussion

Dragon fruit harvested from the Kona and Puna districts had similar (P > 0.05) irradiation responses for percent weight loss, fruit firmness, and sugar concentrations; therefore, data for Kona and Puna experiments were combined for these variables. Overall fruit weight loss was low (0.8% to 1.5%), but dragon fruit treated with 600 or 800 Gy radiation lost slightly more weight than control fruit after 12 d storage at 10 °C (Fig. 1B). In comparison, Nerd et al. (1999) reported water loss of 4.4% for nontreated dragon fruit stored 14 d at 14 °C. As radiation dose increased, flesh firmness increased linearly (P < 0.0001), whereas external firmness decreased in a quadratic trend (P = 0.007) (Fig. 1A). Therefore, only minimal softening occurred in the outer flesh layers for fruit treated with 400 or 600 Gy radiation. However, softening can limit shelf life, and further studies are needed to determine the maximum shelf life of irradiated dragon fruit. Other nonclimacteric fruits had minimal (blueberries) to substantial (cherries, oranges, rambutans) softening at doses 1000 Gy or less. (Boyston et al., 2002; Drake and Neven, 1997; Ladaniya et al., 2003; Miller et al., 1994).

![Fig. 1. Firmness (A) and weight loss (B) of dragon fruit exposed to 0, 200, 400, 600, or 800 Gy irradiation and stored at 10 °C for 12 d. Data were combined for clones harvested from the Kona and Puna districts.](image-url)
Sugars in the dragon fruit clones were primarily glucose (60 to 65 mg·g⁻¹) and fructose (28 to 40 mg·g⁻¹) with lesser amounts of sucrose (1.8 to 2.5 mg·g⁻¹) (Fig. 2). Sucrose comprised ≈2% of the total sugar content. Total sugar concentrations ranged from 101 mg·g⁻¹ for nonirradiated fruit to 89 mg·g⁻¹ for those treated with 800 Gy (data not shown). Esquival et al. (2007) also found glucose and fructose as predominant sugars in several Hylocereus genotypes with sucrose accounting for less than 1% of the total sugar content. Nerd et al. (1999) reported total sugar concentrations of 80 to 90 mg·g⁻¹ at full color.

Fructose concentrations were not affected by radiation dose (P = 0.36), but glucose and sucrose decreased linearly as dose increased to 800 Gy (P = 0.01 and P < 0.001, respectively) (Fig. 2). Irradiation may indirectly alter carbohydrate metabolism by increasing respiration to meet the energy needs of cells damaged by free radicals generated during treatment (Thomas, 2001). For dragon fruit, these changes in sugars were apparently minor and followed a similar pattern reported for other fruit crops. Irradiation either had no effect or caused a slight decrease in total sugars for apples, pears, papayas, mangoes, lychees, and strawberries (Beyers et al., 1979; Drake et al., 2003; Mitchell et al., 1992; Morris and Jessup, 1994). However, organoleptic evaluations are needed to determine whether changes in sugar concentrations impact the flavor of irradiated dragon fruit.

Total soluble solids (TSS) (P = 0.71) and titratable acidity (TA) (P = 0.62) were not affected by radiation dose for any of the clones. However, overall means for the three dragon fruit clones were different (P ≤ 0.05). TSS averaged 12.8%, 12.3%, and 12%, and TA was 0.24%, 0.18%, and 0.10% for clones 1, 2, and 3, respectively. Clone 3 fruit (grown in Puna) were harvested at a later maturity stage (45 to 50 DAA) than the Kona fruit (35 DAA) and would be expected to have higher soluble solids (To et al., 2000). However, the Puna district has a wetter climate (average rainfall, 355 cm/yr) than the Kona district (190 cm/yr), accounting for slightly lower soluble solids and acidity in Puna-grown fruit. Cultivated dragon fruit typically are harvested when the skin color approaches or reaches full red (Nerd et al., 1999). Harvest time differs among production regions with recommendations for 28 to 32 DAA in Vietnam (Hoá et al., 2006; To et al., 2000), 32 to 35 DAA in Israel (Nerd et al., 1999), 40 to 45 DAA in California (Merten, 2003), and 35 to 50 DAA in Hawaii (Zee et al., 2004).

Others have reported TSS of 9% to 15% for H. undatus and 8% to 11% for H. polyrhiza (Esquivel et al., 2007; Hoá et al., 2006; Nerd et al., 1999; Stintzing et al., 2003; To et al., 2000; Vaillant et al., 2005). TSS was 12.2% after 2 weeks storage at 14 °C (Nerd et al., 1999). TA values ranged from 0.32% to 0.69% at full color for Hylocereus genotypes grown in Costa Rica (Esquivel et al., 2007), whereas Nerd et al. (1999) reported 0.22% TA for H. undatus fruit at full color, similar to our results for clones 1 and 2.

Surface color, peel injury, bract appearance, and disease ratings differed among the three clones with irradiation stress (P ≤ 0.05). Clone 1 (red peel and red–purple flesh type) showed minor changes in external color after irradiation (Table 1). The peel remained red but was lighter and brighter in color for irradiated fruits. Clone 1 fruit also maintained a vivid, red–purple flesh color after irradiation and storage. Clones 2 and 3 (red peel and white flesh types) had duller red peel color and grayish (clone 2) or yellowish (clone 3) flesh color after irradiation at the highest doses. In all cases, visible color changes were minor.

Slight peel injury was observed for clones 1 and 2 after 800 Gy radiation (Table 1). This irradiation scald appeared as diffuse darkening of the peel surface but was barely perceptible. For over 500 fruit evaluated, only four fruit had a peel injury rating of 2. Nevertheless, the possibility of irradiation scald at 800 Gy underscores the need for uniform application of the minimum effective quarantine dose during commercial treatment of dragon fruit. Many other fruits such as apples, bananas, pears, and rambutans also reach a phytotoxic threshold in the 750- to 1000-Gy dose range (Boyliston et al., 2002; Drake et al., 1999; Fan and Mattheis, 2001; Wall, 2007), but cultivar, preharvest conditions, fruit maturity, and storage conditions can mediate phytotoxicity (Morris and Jessup, 1994).

Irradiation treatment can either advance or reduce postharvest disorders in treated

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**Fig. 2.** Fructose, glucose (A), and sucrose (B) concentrations for dragon fruit exposed to 0, 200, 400, 600, or 800 Gy irradiation and stored at 10 °C for 12 d. Data were combined for clones harvested from the Kona and Puna districts.
Table 1. Surface color and peel injury of dragon fruit after irradiation treatments and storage at 10 °C for 12 d.

| Dose (Gy) | L* | C* | Hue (°) | L* | C* | Hue (°) | Peel injury rating |
|-----------|----|----|--------|----|----|--------|-------------------|
| *          |    |    |        |    |    |        |                   |
| Clone 1*  |    |    |        |    |    |        |                   |
| 0         | 40.2 b  | 31.0 b | 28.0 a | 43.7 a | 33.4 a | 348.2 ab | 0.0 b             |
| 200       | 42.2 a  | 33.8 a | 27.0 a | 43.7 a | 31.5 a | 347.9 b | 0.0 b             |
| 400       | 41.7 a  | 35.1 a | 24.8 a | 43.4 a | 30.6 a | 348.5 ab | 0.0 b             |
| 600       | 41.7 a  | 33.9 a | 26.4 a | 42.7 a | 32.1 a | 349.0 b | 0.0 b             |
| 800       | 41.9 a  | 34.6 a | 25.1 a | 42.8 a | 31.8 a | 348.9 a | 0.2 a             |
| Clone 2*  |    |    |        |    |    |        |                   |
| 0         | 42.9 a  | 43.2 a | 14.9 c | 55.6 a | 3.0 a | 88.7 b | 0.0 b             |
| 200       | 39.9 a  | 37.1 b | 20.7 b | 55.8 a | 3.1 a | 93.0 a | 0.3 b             |
| 400       | 41.0 bc | 37.6 b | 24.0 a | 55.5 a | 2.9 ab | 94.9 a | 0.1 b             |
| 600       | 41.2 b  | 38.9 b | 20.4 b | 54.2 a | 2.6 b | 94.9 a | 0.2 b             |
| 800       | 40.2 bc | 36.8 b | 22.6 ab | 54.4 a | 2.6 b | 95.5 a | 0.6 b             |
| Clone 3*  |    |    |        |    |    |        |                   |
| 0         | 46.6 a  | 45.9 a | 8.0 b  | 57.0 a | 4.8 ab | 88.5 a | 0.0 b             |
| 200       | 45.2 c  | 44.7 b | 11.9 a | 56.0 a | 4.6 b | 87.9 a | 0.0 a             |
| 400       | 46.7 ab | 43.9 b | 12.3 a | 55.5 a | 4.6 b | 87.0 a | 0.0 a             |
| 600       | 47.4 a  | 43.1 cd | 12.6 a | 56.7 a | 4.9 a | 80.1 b | 0.0 a             |
| 800       | 45.3 c  | 42.2 d | 12.3 a | 56.8 a | 4.9 a | 72.7 c | 0.0 a             |

1Lightness (L*) is on a scale of 0 to 100. Chroma (C) is on a scale of 0 to 60, with full saturation at 60. Hue angle of 0° (360°) = red, 90° = yellow, 180° = green, and 270° = blue. Values are means of 36 to 48 observations.

2Peel injury (scald) was assessed visually and rated as the percentage of the surface area showing gray–brown discoloration, in which 0 = 0%, 1 = 20%, 2 = 2% to 40%, 3 = 41% to 60%, 4 = 61% to 80%, and 5 = 81% to 100%. Values are means of 36 to 48 observations.

3Clone 1 had red peel and red–purple flesh; clones 2 and 3 had red peel and white flesh. Clones 1 and 2 were harvested from the Kona district. Clone 3 was harvested from the Puna district.

4Mean separations according to Waller-Duncan k-ratio t test.

* Non-significant or significant at P ≤ 0.05, 0.01 or 0.001, respectively. Significant dose response trends were linear (L) or quadratic (Q).

fruit, depending on dose (Morris and Jessup, 1994). For dragon fruit, this could include bract wilting and browning, softening, or decay. However, in our experiments, clones 1 and 2 showed no irradiation effect on bract appearance (P > 0.05), and clone 3 showed the greatest bract senescence on the non-irradiated fruit (Fig. 3A). Also, fruit decay was absent or minimal, and disease ratings were not affected by irradiation (P > 0.05) (Fig. 3B). However, ≈12% of clone 3 fruit had minor disease symptoms (data not shown), and this could be attributed to a later harvest date or wetter production climate for the Punagrown dragon fruit. Conversely, 1% of Kona-grown fruit (clones 1 and 2) developed postharvest disease symptoms.

Irradiation is generally less phytotoxic than thermal, cold, or fumigation treatments (Follett and Sanxter, 2000, 2002, 2003; Moy and Wong, 2002). Also, generic irradiation doses can be developed to target a broad group of pests, regardless of host crop (Follett et al., 2007). For dragon fruit, research on disinfecting hot air treatments showed that fruit were heat-tolerant at 46.5 °C for 20 min, but quality declined at higher temperatures and durations (48.5 °C, 70 to 90 min) (Hoa et al., 2006). Although not compared directly, dragon fruit are likely to be more radiotolerant than thermal-tolerant, and irradiation could become the preferred quarantine treatment where facilities are available at feasible costs.

Conclusions

The limits of radiotolerance were established for dragon fruit, a high-value, exotic tropical fruit. The results will support rapid adoption of the final rule issued by APHIS (2008) allowing interstate movement of dragon fruit from Hawaii after irradiation treatment. Posttreatment inspection is not required in Hawaii if the fruit receives 400 Gy radiation, whereas at the lower approved dose (150 Gy), dragon fruit must be inspected for the presence of mealybugs and have the sepals removed (APHIS, 2008). The recommended storage temperature for dragon fruit is 10 °C for a maximum of 14 d (Paull, 2004). Irradiated fruit retained visual and compositional quality under these conditions (10 °C for 12 d), which would be sufficient for air transport from Hawaii to U.S. mainland markets. Exporters using irradiation for quarantine security can develop markets for dragon fruit with confidence that quality will not be compromised by doses 800 Gy or less.

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![Fig. 3. Bract appearance (A) and disease ratings (B) for three dragon fruit clones exposed to 0, 200, 400, 600, or 800 Gy irradiation and stored at 10 °C for 12 d.](image-url)