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Relationship between day 1 and day 2 Vancomycin area under the curve values and emergence of heterogeneous Vancomycin-intermediate *Staphylococcus aureus* (hVISA) by Etest® macromethod among patients with MRSA bloodstream infections: a pilot study

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Abstract

**Background:** In vitro data suggests that suboptimal initial vancomycin exposure may select for heterogeneous vancomycin-intermediate *Staphylococcus aureus* (hVISA) infections. However, no clinical studies have evaluated the relationship between initial vancomycin exposure and emergence of hVISA. This pilot study seeks to assess the relationship between day 1 and day 2 vancomycin area under the curve (AUC) and emergence of hVISA bloodstream infections (BSIs) by Etest® macromethod among patients with a non-hVISA BSI at baseline.

**Methods:** This was a retrospective cohort study of patients with methicillin-resistant *Staphylococcus aureus* (MRSA) BSIs at Albany Medical Center Hospital (AMCH) between January 2005 and June 2009. The vancomycin AUC exposure variables on day 1 (AUC 0-24h) and day 2 (AUC 24-48h) were estimated using the maximal a posteriori probability (MAP) procedure in ADAPT 5.

**Results:** There were 238 unique episodes of MRSA BSIs during the study period, 119 of which met inclusion criteria. Overall, hVISA emerged in 7/119 (5.9%) of patients. All 7 cases of hVISA involved patients who did not achieve area under the curve over broth microdilution minimum inhibitory concentration (AUC 0-24h/MICBMD) ratio of 521 or an AUC24-48h/MICBMD ratio of 650. No associations between other day 1 and day 2 AUC variables and emergence of hVISA were noted.

**Conclusions:** Although more data are needed to draw definitive conclusions, these findings suggest that hVISA emergence among patients with non-hVISA MRSA BSIs at baseline may be partially explained by suboptimal exposure to vancomycin in the first 1 to 2 days of therapy. At a minimum, these findings support further study of the relationship between initial vancomycin exposure and hVISA emergence among patients with MRSA BSIs in a well-powered, multi-center, prospective trial.

**Keywords:** Vancomycin, Heteroresistance, *Staphylococcus aureus*, MRSA
Background
Vancomycin is often employed as a first-line treatment of serious infections due to methicillin-resistant Staphylococcus aureus (MRSA) [1]. While susceptibility to vancomycin among MRSA remains near 100%, there are growing reports of vancomycin-susceptible strains that exhibit a “heteroresistant” phenotype. Heterogeneous vancomycin-intermediate methicillin-resistant S. aureus (hVISA) is defined by the presence of an intermediate-resistant subpopulation at a frequency of $10^{-5}$–$10^{-6}$ CFU in a susceptible isolate with an MIC$_{BMD}$ ≤ 2 mg/L [2]. Laboratory studies suggest that suboptimal vancomycin exposure early in the course of therapy may select for hVISA during or shortly after completion of therapy [3]. This in vitro finding is concerning as data suggest that patients with hVISA infections are less responsive to vancomycin [4]. Despite this potential association between suboptimal exposure to vancomycin and hVISA emergence, clinical studies evaluating the relationship between initial vancomycin exposure and emergence of hVISA are largely nonexistent. This pilot study seeks to assess the relationship between day 1 and day 2 vancomycin area under the curve (AUC) and emergence of hVISA bloodstream infections (BSIs) by Etest® macromethod among patients with a non-hVISA BSI at baseline. Bayesian techniques were used to estimate the vancomycin concentration-time profile for each patient and the relationships between area under the curve (AUC), AUC/MIC, minimum concentration (Cmin), and AUC/MIC and hVISA emergence were examined. The Bayesian approach used to estimate exposure profiles in this study has recently been validated as a method to estimate vancomycin exposure values with low bias and high precision in situations where trough-only PK data are available.

Methods
This was a retrospective cohort study of patients with MRSA BSIs at Albany Medical Center Hospital (AMCH) between January 2005 and June 2009 performed in accordance with the AMCH Institutional Review Board. The study was approved by expedited review by the Institutional Review Board of AMCH and a HIPAA waiver was obtained. Patients were included if they met the following criteria: (1) age ≥ 18 years; (2) absolute neutrophil count ≥1000 cells/mm$^3$; (3) not receiving renal replacement therapy; (4) MRSA blood culture met the Centers for Disease Control and Prevention (CDC) criteria for BSI [5]; (5) index and at least 1 subsequent MRSA bloodstream isolates were available for phenotypic characterization; (6) index MRSA isolate was negative for hVISA by Etest® macromethod [6]; (7) received vancomycin within 48 h of index blood culture; (8) received at least 2 days of vancomycin; and (9) had at least one vancomycin level collected within 5 days of starting treatment.

The study methods are comparable to our recently published study [7]. Isolates were identified as S. aureus according to standard methods. Initial susceptibility testing for oxacillin resistance was performed according to CLSI guidelines [8]. Isolates were stored in trypticase soy broth with 20% glycerol at −70 °C. All MRSA bloodstream isolates obtained from the patient were shipped to JMI Laboratories (North Liberty, IA) for hVISA screening and determination of MIC through broth microdilution method (BMD) and Etest® strips (lot# BJ0469) according to the manufacturer’s instructions (bioMérieux, Marcy l’Etoile, France). BMD and Etest® MICs were performed for MRSA using S. aureus ATCC 29213 and Enterococcus faecalis ATCC 29212 as quality control strains. Screening for hVISA was performed by Etest® macromethod using Mu 3 as a control strain as described by Wootton et al. [6].

All inpatient antibiotic treatment and vancomycin concentration data during the study period were collected. The vancomycin area under the curve exposure variables on day 1 (AUC$_{0-24h}$) and day 2 (AUC$_{24-48h}$) were estimated using the maximal a posteriori probability (MAP) procedure in ADAPT 5 as previously described [7, 9, 10]. This method has been validated to estimate AUC values with low bias and high precision utilizing trough-only sampling [10]. With the Bayesian posterior PK information for a given individual, ADAPT 5 was also used to estimate Cmin$_{24h}$ and Cmin$_{48h}$. The primary vancomycin exposure variables considered in the analyses included: (1) AUC$_{0-24h}$; (2) AUC$_{0-24h}$/MIC$_{BMD}$; (3) AUC$_{0-24h}$/MIC$_{Etest}$; (4) AUC$_{24-48h}$; (5) AUC$_{24-48h}$/MIC$_{BMD}$; (6) AUC$_{24-48h}$/MIC$_{Etest}$; (7) Cmin$_{24h}$ and (8) Cmin$_{48h}$. We assessed both AUC$_{0-24h}$ and AUC$_{24-48h}$, as AUC$_{0-24h}$ reflects initial exposure conditions and is consistent with the exposure profile evaluated in animal model studies [11, 12], while AUC$_{24-48h}$ represents a near steady-state exposure profile associated with a maintenance vancomycin regimen.

The primary outcome of the study was emergence of hVISA, defined as the documentation of a hVISA bloodstream isolate after 24 h of vancomycin treatment and up to 60 days after completion of therapy among patients with a non-hVISA BSI at baseline. Classification and Regression Tree (CART) analysis was used to identify vancomycin day 1 and day 2 AUC exposure variables associated with an increased probability of hVISA emergence. Bivariate comparisons were assessed using Fisher’s exact test, Student’s t test, and Mann-Whitney U test. Poisson regression with robust variance estimates analyses were performed to identify variables independently associated with hVISA emergence. Each CART-derived vancomycin AUC exposure variable was evaluated in a separate regression analysis. All baseline variables associated with emergence of hVISA at a P-
value <0.2 were considered at model entry and a stepwise approach was employed to identify independent variables. Calculations were performed using SAS version 9.3 (Cary, North Carolina) and CART software (Salford Systems, San Diego, California).

**Results**

There were 238 unique episodes of MRSA BSIs during the study period, 119 of which met inclusion criteria. Emergence of hVISA by Etest® macromethod was observed in 7 (5.9%) patients. Nearly all hVISA isolates emerged during vancomycin treatment and 4 of 7 appeared within 15 days of the index MRSA blood culture (Table 1). One case of hVISA emerged after therapy discontinuation. There was a documented intervention in the medical record related to source control in >95% of cases when warranted. In the CART analysis, patients failing to achieve an $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio of 521 and an $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio of 650 had increased incidences of hVISA emergence. Among the 61 patients who did not achieve an $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio of 521 or an $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio of 650, 11.5% had emergence of hVISA. All 7 cases of hVISA emerged in patients who did not achieve $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio of 521 or an $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio of 650; variables were not completely mutually exclusive (Table 1). No associations between other day 1 and day 2 AUC variables and emergence of hVISA were noted (data not shown). No association between $\text{Cmax}_{24h}$ and $\text{Cmax}_{48h}$ was noted. Among patients with hVISA, the mean (SD) $\text{Cmin}_{24h}$ and $\text{Cmin}_{48h}$ were 7.3 (3.4) and 13.4 (5.1), respectively. Similar mean (SD) $\text{Cmax}_{24h}$ and $\text{Cmax}_{48h}$ were observed among non-hVISA patients (8.7 (4.8) and 11.3 (6.0), respectively).

Comparisons between baseline characteristics and emergence of hVISA and day 1 and day 2 AUC/MIC ratio groups and hVISA emergence are shown in Table 2. Compared to their non-hVISA counterparts, hVISA patients were entirely male, had lower baseline mean renal function, and were more likely to have infective endocarditis and receiving immunosuppressive therapy. Relative to patients with an $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio < 521, patients with an $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio of ≥521 were significantly more likely to be older and have heart failure, but less likely to have a MIC$_{BMD}$ ≥ 1 mg/L. Patients with an $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio ≥ 650 were more likely to have recent surgery in the previous 30 days and less likely to have MIC$_{BMD}$ ≥ 1 mg/L relative to those with an $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio < 650.

Results of the Poisson regression analyses are shown in Table 3. When controlling for all baseline variables associated with emergence of hVISA at a $P$-value <0.2, patients with a $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ≥ 521 had a lower risk of hVISA emergence (relative risk (RR) = 0.14, 95% confidence interval (CI): 0.03–0.60) in the day 1 model. Presence of infective endocarditis, $\text{CL}_{CR}$, and skin and soft tissue source of infection were also found to be independently associated with hVISA emergence. In the day 2 model, $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio ≥ 650 was found to be associated with lower risk of hVISA emergence but the associated $p$-value was 0.08 ($R = 0.16, 95\% CI: 0.02–1.28$). Other variables associated with hVISA emergence in the day 2 model included $\text{CL}_{CR}$ and presence of infective endocarditis.

**Discussion**

This pilot study evaluated the relationship between vancomycin exposure and emergence of hVISA by Etest® macromethod in patients with non-hVISA MRSA BSIs at baseline. Nearly all 7 cases of hVISA emerged during vancomycin treatment and 4 of 7 appeared within 15 days of the index MRSA blood culture (Table 1). One case of hVISA emerged after therapy discontinuation. Using a validated Bayesian technique to estimate each patient’s $\text{AUC}_{0-24h}$ and $\text{AUC}_{24-48h}$ values with limited PK sampling [10], we found that failure to achieve an $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio of 521 and an $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio of 650 was associated with an increased risk of hVISA emergence. Of the 7 patients for which hVISA emerged, 6 occurred in patients with $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio less than 521 and $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio less than 650. Interestingly, all 7 cases of hVISA emerged in

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Table 1 Clinical characteristics of patients in whom hVISA population was detected

| Patient Number | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---------------|---|---|---|---|---|---|---|
| $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ ratio | 420.8 | 226.4 | 358.6 | 519.5 | 251.9 | 302.6 | 759.6 |
| $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ ratio | 506.6 | 600.9 | 505.6 | 806.6 | 534.7 | 442.1 | 545.3 |
| Creatinine clearance (mL/min) | 34.2 | 22.8 | 34.5 | 22.1 | 65.7 | 25.3 | 8.4 |
| Days from index MRSA blood culture to emergence of hVISA | 62 | 2 | 2 | 14 | 15 | 62 | 23 |
| Days from start of vancomycin to emergence of hVISA | 62 | 2 | 1 | 14 | 13 | 61 | 22 |
| hVISA emergence on treatment | Y | Y | Y | Y | Y | N | Y |

Abbreviations: hVISA heterogeneous vancomycin-intermediate *Staphylococcus aureus*, $\text{AUC}_{0-24h}/\text{MIC}_{BMD}$ area under the curve from 0 to 24 h over broth microdilution minimum inhibitory concentration, $\text{AUC}_{24-48h}/\text{MIC}_{BMD}$ area under the curve from 24 to 48 h over broth microdilution minimum inhibitory concentration, Y yes, N, no
patients who did not achieve AUC\textsubscript{0-24h}/MIC\textsubscript{BMD} ratio of 521 or an AUC\textsubscript{24-48h}/MIC\textsubscript{BMD} ratio of 650 (Table 1), suggesting the dual importance of both day 1 and day 2 vancomycin AUC exposures and cumulative vancomycin exposure over the first 2 days of therapy. Presence of infective endocarditis was also found to be associated with an increased risk of hVISA emergence in the multivariate analyses. This is consistent with a meta-analysis from van Hal and Paterson [13] which described an association between high-inoculum infections (e.g.

Table 2  Associations between baseline characteristics and (a) CART-derived AUC\textsubscript{0-24h}/MIC\textsubscript{BMD} and AUC\textsubscript{24-48h}/MIC\textsubscript{BMD} groups and (b) emergence of hVISA

| Characteristic                                      | Non-hVISA (N = 112) | hVISA (N = 7) |
|-----------------------------------------------------|---------------------|--------------|
| Age in years, mean (SD)                             |                     |              |
| 57.1(15.6)**                                        | 64.5 (14.6)**       | 60.8 (15.6)  |
| Sex-male                                            | 34 (65.4)           | 70 (7.9)**   |
| Weight in kg, mean (SD)                             | 86.5 (28.3)         | 80.4 (30.7)  |
| Recent residence in healthcare institution           | 30 (57.5)           | 68 (60.7)    |
| Diabetes mellitus                                   | 19 (36.5)           | 21 (31.5)    |
| Heart failure                                       | 11 (21.2)           | 27 (38.5)**  |
| COPD                                                | 12 (23.1)           | 4 (6.2)      |
| Hepatic dysfunction                                 | 1 (1.9)             | 4 (6.2)      |
| Malignancy                                          | 19 (36.5)           | 17 (21.5)**  |
| Decubitus ulcers                                    | 11 (21.2)           | 13 (20.0)    |
| Immunosuppressants                                  | 13 (25.0)           | 11 (16.9)    |
| HIV                                                 | 3 (5.8)             | 1 (1.5)      |
| History of cerebrovascular event                    | 5 (9.6)             | 8 (12.3)     |
| Recent surgery in previous 30 days                  | 21 (40.4)           | 26 (48.1)**  |
| Recent antibiotics in previous 30 days              | 29 (55.8)           | 36 (55.4)    |
| Prior vancomycin in past 30 days                    | 11 (21.2)           | 10 (15.4)    |
| Length of stay in days prior to index culture collection, median (IQR) days | 2 (0–14)      | 3 (0–19)  |
| Intensive care unit at onset                         | 15 (28.8)           | 18 (33.3)    |
| Baseline CL\textsubscript{CR} in ml/min, mean (SD)  | 77.8 (56.8)         | 80.1 (58.4)  |
| APACHE-II Score, mean (SD)                          | 13.3 (5.6)          | 14.2 (6.2)   |
| MIC\textsubscript{BMD} ≥ 1 mg/L                     | 16 (30.8)**         | 6 (9.2)**    |
| MIC\textsubscript{Etest} ≥ 1.5 mg/L                 | 35 (67.3)*          | 35 (53.8)    |
| Source of bloodstream infection                      |                     |              |
| Intravenous catheter                                 | 25 (48.1)*          | 23 (42.6)    |
| Skin and soft tissue                                | 13 (25.0)           | 15 (27.8)    |
| Bone and joint                                      | 2 (3.8)             | 2 (3.7)      |
| Respiratory tract                                   | 2 (3.8)             | 2 (3.7)*     |
| Intra-abdominal                                     | 3 (5.8)             | 4 (7.4)      |
| Urinary tract                                       | 1 (1.9)             | 1 (1.9)      |
| Infected graft/device                               | 2 (3.8)             | 2 (3.7)      |
| Unknown                                             | 4 (7.7)             | 5 (7.7)      |
| Presence of Infective Endocarditis                  | 9 (17.3)            | 9 (16.7)     |

All data presented as number (percent) unless otherwise indicated

*P-value < 0.2

**P-value < 0.05

Abbreviations: hVISA heterogeneous vancomycin-intermediate Staphylococcus aureus, SD standard deviation, COPD chronic obstructive pulmonary disease, HIV human immunodeficiency virus, IQR interquartile range, CL\textsubscript{CR} creatinine clearance, APACHE-II Acute Physiology and Chronic Health Evaluation II, MIC\textsubscript{BMD} broth microdilution minimum inhibitory concentration, MIC\textsubscript{Etest} Etest® minimum inhibitory concentration.
infective endocarditis) and hVISA. Future studies should aim to better elucidate these findings, including the possibility that an alternative exposure threshold may exist for these patients. The observed associations between decreased baseline creatinine clearance and hVISA infection in the multivariate analyses are also not surprising given the number of reports of resistance emergence in this population throughout the literature [14].

Several things should be considered when interpreting these results. This study is subject to limitations inherent to the study design, namely confounding and selection bias. However, the comparable distribution of baseline characteristics between the CART-derived AUC24–48h/MICBMD groups and persistence of findings baseline characteristics between the CART-derived selection bias. However, the comparable distribution of inherent to the study design, namely confounding and exploratory nature of the study and its investigation and need for further study [13]. Finally, future hypothesis analyzing studies should include DNA fingerprinting of the first isolate and subsequent isolates to ensure that isolates are the same.

Conclusion

In conclusion, the findings from this pilot suggest that in patients with non-hVISA MRSA BSIs at baseline, failure to achieve an AUC0–24h/MICBMD ratio of 521 or an AUC24–48h/MICBMD ratio of 650 is associated with hVISA emergence by macrodilution Etest®. Though we acknowledge that many factors contribute to emergence of hVISA, and that the occurrence of all outcomes are multi-factorial, our pilot findings strongly suggest that day 1 and day 2 vancomycin AUC profiles may be contributory. Definitive conclusions are limited by the retrospective and exploratory nature of the study and its small sample size. However, these data contribute to existing literature in support of AUC monitoring during the first 48 h of vancomycin therapy in patients with MRSA BSIs [7]. Prospective validation in a larger-scale, multi-center clinical trial is necessary to determine the vancomycin pharmacokinetic/pharmacodynamic profile associated with hVISA emergence given its potentially critical importance for defining early optimal vancomycin therapy.

### Table 3 Variables associated with emergence of hVISA in the multivariate analyses

| Variable | Relative Risk | 95% confidence interval | P-value |
|----------|---------------|-------------------------|---------|
| Day 1 AUC0-24h/MICBMD ≥ 521 | 0.14 | 0.03–0.60 | 0.008 |
| CLCR | 0.93 | 0.88–0.98 | 0.004 |
| Presence of IE | 4.94 | 1.67–14.68 | 0.004 |
| Skin and soft tissue source | 4.89 | 1.43–16.71 | 0.01 |
| Day 2 AUC24-48h/MICBMD ≥ 650 | 0.16 | 0.02–1.28 | 0.08 |
| CLCR | 0.95 | 0.91–0.98 | 0.007 |
| Presence of IE | 4.62 | 1.67–12.77 | 0.003 |

**Abbreviations:** hVISA heterogeneous vancomycin-intermediate Staphylococcus aureus, AUC0-24h/MICBMD area under the curve from 0 to 24 h over broth microdilution minimum inhibitory concentration, AUC24-48h/MICBMD area under the curve from 24–48 h over broth microdilution minimum inhibitory concentration, IE infective endocarditis.
Abbreviations

AMCH: Albany Medical Center Hospital; AUC: Area under the curve; AUC_{0–24h}/MIC_{90%}: Area under the curve from 0–24 h over broth microdilution minimum inhibitory concentration; BSI: Bloodstream infections; CART: Classification and Regression Trees; hVISA: Heterogeneous vancomycin-intermediate Staphylococcus aureus; IE: Infective endocarditis; MAP: Maximal a posteriori; MRSA: Methicillin resistant Staphylococcus aureus

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Availability of data and materials

Restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are, however, available from the authors upon reasonable request.

Authors’ contributions

DMM substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. MHS substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. MPP substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. MRB substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. SLR substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. ML substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. CF substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. DMM substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. TLP substantially contributed to the conception and design of the study, acquisition and analysis of data and interpretation of results, writing and critical review of the manuscript, gave approval of the final version of the manuscript to be published, and agreed to be accountable for the integrity of the data and the accuracy of the work. All authors read and approved the final manuscript.

Ethics approval and consent to participate

This study was performed in accordance with the AMCH Institutional Review Board. Patient consent to participate was waived.

Consent for publication

Not applicable.

Competing interests

T.P.L. is a consultant for Cubist. M.H.S. has served on a consulting board for Trius Pharmaceuticals with all proceeds being donated to Midwestern University. He is a grant-funded investigator for Cubist Pharmaceutical for an antimicrobial stewardship study. All other authors: none to declare.

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