**In vitro** morphology, viability and cytokine secretion of uterine telocyte-activated mouse peritoneal macrophages

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**Abstract**

Telocytes (TCs), a distinct interstitial cell population, have been identified in the uterus, oviduct and placenta, with multiple proposed potential biological functions. Their unique structure allows them to form intercellular junctions with various immunocytes, both in normal and diseased tissues, suggesting a potential functional relationship with the local immune response. It has been hypothesized that through direct heterocellular junctions or indirect paracrine effects, TCs influence the activity of local immunocytes that are involved in the inflammatory process and in immune-mediated reproductive abnormalities. However, no reliable cytological evidence for this hypothesis is currently available. In this study, we cultured primary murine uterine TCs and collected TC conditioned media (TCM). Mouse peritoneal macrophages (pMACs) were co-cultured for 48 hrs with TCM or with DMEM/F12 or lipopolysaccharide (LPS) as negative and positive controls, respectively. Normal uterine TCs with a typical structure and a CD-34-positive/vimentin-positive/c-kit-negative immunophenotype were observed during culture. Morphologically, TCM-treated pMACs displayed an obvious activation/immunoresponse, in contrast to over-stimulation and cell death after LPS treatment and no sign of activation in the presence of DMEM/F12. Accordingly, a cell counting kit 8 (CCK-8) assay indicated significant activation of pMACs by TCM and LPS compared to DMEM/F12, thus supporting the marked morphological differences among these groups of cells. Furthermore, within a panel of macrophage-derived cytokines/enzymes, interleukin-6 (IL-6) and inducible nitric oxide synthase were significantly elevated in TCM-treated pMACs; tumour necrosis factor α, IL1-R1, and IL-10 were slightly, but significantly, up-regulated; and no changes were observed for transforming growth factor-β1, IL-1β, IL-23α and IL-18. Our results indicate that TCs are not simply innocent bystanders but are rather functional players in the activation of pMACs; they trigger and maintain the immune response, likely through indirect paracrine effects. Thus, we provide preliminary in vitro evidence of immunoregulatory and immunosurveillance roles for TCs.

**Keywords:** uterine telocytes ● macrophage activation ● immunoregulation ● immune response ● cytokines ● enzyme ● infertility ● fertility disorder

**Introduction**

Telocytes (TCs) represent a distinct interstitial cell population that is present in a wide variety of human and mammalian reproductive organs/tissues, including non-pregnant and pregnant myometrium, oviduct and placenta [1–25], with multiple proposed potential biological functions. Telocytes have extremely long, thin cytoplasmic extensions called telopodes (Tps) that provide a visible direct structural support for homocellular or heterocellular junctions, potentially contributing to the maintenance of local homeostasis, tissue repair/remodelling and intercellular signalling [26–62]. However, a growing number of studies have described indirect intercellular communication by TCs that involves chemical [34, 35, 63] and paracrine/juxtacrine signalling [5, 34–38], extracellular vesicles (EVs) [4, 5, 35–46, 63–66], sex hormones [3, 5, 18, 35, 67] and/or microRNAs [28, 41, 68–70]. Specifically, EVs and/or exosomes are shed or released from Tps in uterine TCs [4, 5, 43]; soluble mediators, such as IL-6, VEGF and nitric oxide, are secreted from TCs [28, 51, 71]; and growth factors, including IL-6, VEGF, macrophage inflammatory protein 1α (MIP-1α), MIP-2 and Monocyte Chemoattractant Protein 1 (MCP-1), are significantly expressed along with additional cytokines, including IL-2, IL-10, IL-13, and chemokines, such as Growth-Related Oncogene/Keratinocyte-derived Chemokine (GRO-KC), in the secretome of cultured rodent cardiac TCs [71]. These paracrine effects might contribute to function-specific intercellular communication and regulate the activity of neighbouring cells.

Accumulating studies have shown that in both normal and diseased tissues, TCs develop intercellular contacts with various
immunocytes, including macrophages, mast cells and lymphocytes [7–12, 44–56, 72]. Telocytes might modulate the activity of immunocytes through direct intercellular junctional complexes or indirect paracrine communication [45–49]. Telocytes might be active players in local immunoregulation and immunosurveillance, acting as important 'local data suppliers' for the immune response [44, 46, 51, 52]. It is conceivable that TCs are involved in the pathological processes of multiple autoimmune, chronic inflammatory and fibrotic disorders, and progressive local loss of TCs might contribute to altered intercellular communication or disrupted immune homeostasis [10–12, 44, 50, 52–54, 72].

Infertility is the most common disease that affects women of reproductive age. Among the possible causes of infertility, immunemediated fertility problems and related diseases, such as endometriosis, pelvic inflammatory disease and salpingitis, are prevalent in the clinic. We were the first to report [11, 12] that TCs were connected to activated immunocytes, including mononuclear cells, mast cells, eosinophils and neutrophils, via heterocellular junctions in inflammatory-affected oviduct tissue from an Spraque-Dawley (SD) rat model; these data suggested the potential involvement of TCs in local immunoinflammatory processes. Through direct heterocellular junctions or indirect paracrine effects, TCs might influence local immunological microenvironments, participate in immunological signal presentation and/or transduction, and contribute to subsequent immune responses and immune-mediated gynecological diseases or reproductive abnormalities. Nevertheless, no reliable cytological evidence is currently available to support this hypothesis. Herein, we evaluate the in vitro paracrine effects of uterine TCs on mouse peritoneal macrophage (pMAC) morphology, viability and cytokine/enzyme production. This study aimed to provide in vitro evidence for the immunoregulatory/imunosurveillance roles of uterine TCs.

### Materials and methods

#### Culture of uterine telocytes

Animal care, surgery and handling procedures were approved by the University Health Network Animal Care Committee. Adult female BALB/c mice (8–10 weeks old, 20–25 g) were provided by the Laboratory Animal Center of Soochow University. All mice were maintained in a specific pathogen-free environment with ad libitum access to food and water before the experiments. To obtain primary uterine TCs, mice were killed with an overdose of sodium pentobarbital (50 mg/kg; Fuyang Pharmaceutical Factory, Fuyang, China), and uterine tissue was removed and rinsed three times with PBS containing 100 U/ml penicillin and 0.1 mg/ml streptomycin (Sigma-Aldrich, St. Louis, MO, USA). Uterine samples were then placed in a plastic dish containing sterile PBS and subjected to mechanical grinding (with a particle size of <1 mm³); next, tissue fragments were collected in a sterile tube (Corning, New York, USA) and centrifuged at 179 g for 5 min. The supernatants were removed, and the pellet was re-suspended in DMEM/F12 (Gibco, New York, USA) containing 0.1% collagenase type II (Sigma-Aldrich). Tissue digestion was performed at 37°C with vigorous shaking at 9 g for 90 min. and gentle agitation using a Pasteur pipette every 15 min. The enzymatic reaction was terminated by the addition of 10% FBS (Gibco). The cells were harvested by centrifugation at 302 g for 10 min., re-suspended in 5 ml of DMEM/F12 supplemented with 10% FBS and antibiotics, plated in 25 cm² cell culture flasks (Corning), and maintained in a humidified atmosphere containing 5% CO₂ at 37°C for 90 min. The culture medium was removed, the cells were rinsed twice, and 5 ml of complete medium was added. The medium was changed every 48 hrs, at which point the cells were examined using a microscope (Leica, Heidelberg, Germany).

#### Methylene blue staining for viability

Cultured TCs were washed with pre-warmed phenol red-free DMEM/F12, fixed and stained in methylene blue solution (0.05 mg/ml; Sigma-Aldrich) at 37°C for 20 min., and imaged.

#### Mitochondrial labelling

MitoTracker Green FM (Beyotime, Shanghai, China) was used to label mitochondria. The cells were incubated in phenol red-free DMEM with 100 nmol/l MitoTracker Green in a humidified atmosphere with 5% CO₂ at 37°C for 30 min. Then, the cells were examined and photographed using fluorescence microscopy (450–490 nm excitation, 520 nm barrier filter; Leica).

#### Immunofluorescence cytochemistry

Freshly harvested cells were treated with 0.25% Trypsin-ethylenediaminetetraacetic acid (Gibco) and plated at a low density on coverslips for 48 hrs, followed by fixation in acetone for 2 min., and permeabilization with 0.5% Triton X-100 for 1 hr. Immunostaining was simultaneously performed with rat anti-vimentin (1:200; cat. no. ab115189; Abcam, Cambridge, MA, USA) and rabbit anti-CD34 (1:200; cat. no. ab81289; Abcam). Fixed cells were incubated with the primary antibodies for 90 min. at 37°C and then with goat anti-rat IgG-FITC (1:400; cat. no. sc-2011; Santa Cruz Biotechnology, Santa Cruz, CA, USA) and rabbit anti-vimentin (1:200; cat. no. ab115189; Abcam). The stained slides were observed under the aforementioned fluorescence microscope.

#### Preparation of telocyte conditioned media

Within 3–4 days of primary cell culture, TCs entered the logarithmic growth phase. At this point, the TCs were plated in 6-well culture plates (1 × 10⁶ cells/well) containing 2.5 ml of serum-free DMEM/F12. After a 24 hrs incubation at 37°C, TC conditioned media (TCM) was harvested and stored at −80°C.
Isolation and co-culture of peritoneal macrophages

Peritoneal macrophages were isolated from BALB/c mice. Briefly, 2 ml of 3% thioglycollate (Sigma-Aldrich) was injected into the abdominal cavity to activate pMACs and thus enable the harvest of an optimal yield; after 3 days, the mice were killed with an overdose of sodium pentobarbital via a subcutaneous injection. Then, 15 ml of cold sterile DMEM/F12 was injected intraperitoneally, and peritoneal lavage fluids were collected using sterile syringes 10 min. later.

The number of pMACs was counted microscopically using trypan blue dye. Then, pMACs were seeded in 96-well plates (1 \times 10^5 cells/well) and 12-well plates (1 \times 10^6 cells/well) for cell counting kit 8 (CCK-8) assays and ELISAs for cytokines/enzymes, respectively. Briefly, after incubation at 37°C for 4 hrs to allow pMACs to adhere to the surface of the plastic culture plates, the non-adherent cells were removed. The remaining adherent pMACs (>98%) were cultured with TCM, serum-free DMEM/F12 (negative control), or serum-free DMEM/F12 with 0.5 \mu g/ml lipopolysaccharide (LPS, a classical inflammatory stimulus; positive control) (Sigma-Aldrich). At 24 and 48 hrs, pMACs from different groups were subjected to morphology and viability assays. Then, culture supernatants were collected by filtration through a microporous film with a 0.22 \mu m pore size and stored at \(-80°C\) for ELISAs for a panel of cytokines/enzymes.

Cell viability assay

Ten microliters of CCK-8 solution (Dojindo Laboratories, Tokyo, Japan) was added to each well containing 100 \mu l of medium. The absorbance at 450 nm of each well was monitored using a micro-well plate reader (Multiscan MK3; Thermo Labsystems, Waltham, MA, USA) after a 2 hrs incubation at 37°C.

Fig. 1 Phase-contrast microscopy of typical live TCs in primary culture; mouse uterus. TCs have irregularly shaped cell bodies and long characteristic Tps extending from the cell body, with typical alternating podoms (thick segments) and podomers (thin segments) that form a homocellular network (black arrowhead). (A and B) phase-contrast microscopy, (C) phase-contrast microscopy with methylene blue staining. (D) TCs with long, thin branches (Tps). High-intensity fluorescence was observed around the intercellular connections between Tps and other cells, indicating active energy metabolism (white arrow). Fluorescence microscopy, MitoTracker green staining.
Measurement of cytokines/enzymes in supernatants

A panel of nine pMAC-related cytokines/enzymes, including inducible nitric oxide synthase (iNOS), IL-6, tumour necrosis factor α (TNF-α), IL1-R1, IL-10, transforming growth factor (TGF)-β1, IL-1β, IL-23α and IL-18, was analysed using commercially available ELISA kits (EIAab, Wuhan, China) according to the manufacturer’s instructions.

Statistical analysis

The data are presented as the mean ± S.D., and the data were analysed by one-way ANOVA or Student’s t-test using SPSS (version 13; SPSS Inc., Chicago, IL, USA), followed by Dunnett’s test for comparisons between the DMEM/F12 and test groups. \( P < 0.05 \) was considered to be statistically significant.

Results

In vitro TC identification

After 3 or 4 days of primary cell culture, uterine TCs were clearly identified based on morphology. The TCs had small bipolar or multipolar cellular bodies with one or more extremely long, thin, sinuous cellular projections called Tps, which were composed of alternating thin segments (podomers) and thick segments (podoms). Telocytes use their Tps to establish homocellular contacts with adjacent TCs or Tps (Fig. 1A–C). Furthermore, numerous mitochondria were observed (Fig. 1D), indicating active cell metabolism.

TCs immunodiagnostics

Telocytes were stained for vimentin and CD34, and a significant number of vimentin-positive cells (green) also exhibited CD34-positive fluorescence (red). Furthermore, the alternating thick and thin segments of Tps could be clearly identified (Fig. 2). However, no fluorescence for c-Kit (images not shown) was observed.

Morphological study of pMACs

After 48 hrs of co-culture with TCM, DMEM/F12, or LPS (0.5 \( \mu g/\) ml), the morphological changes in pMACs were obviously different (Fig. 3). DMEM/F12-treated pMACs showed no obvious morphological abnormalities and no sign of activation or an immunoresponse (Fig. 3A). Conversely, TCM-treated pMACs contained abundant pseudopodia and secretory granules within the cytoplasm, with no obvious cell death after 48 hrs, suggesting a relatively moderate activation/immunoresponse (Fig. 3B). However, more dramatic morphological changes were observed after treat-
Cell viability of pMACs

One-way ANOVA and Dunnett’s test revealed a significant difference between the TCM and DMEM/F12 treatments as well as between the LPS and DMEM/F12 treatments (both $P \leq 0.05$) in terms of their effect on cell viability. However, the slightly higher viability observed for TCM-treated pMACs compared to LPS-treated pMACs was not significant ($P > 0.05$), indicating that TCM and LPS efficiently activated pMACs to the same extent (Fig. 4).

Quantitative analysis of cytokines/enzymes

As indicated by one-way ANOVA or Student’s $t$-test followed by Dunnett’s test, iNOS and IL-6 were significantly increased in TCM-treated pMACs compared to DMEM/F12-treated pMACs at 24 and/or 48 hrs, but the levels of these proteins were always higher in LPS-treated cells (all $P < 0.05$; Fig. 5A and B). Meanwhile, slightly but significantly increased levels of TNF-$\alpha$, IL1-R1, and IL-10 were observed in TCM-treated pMACs, but again, these levels were lower than those in the LPS-treated cells at the two time points (all $P < 0.05$). However, no obvious fluctuations in TGF-$\beta$1, IL-1$\beta$, IL-23$\alpha$ and IL-18 levels were observed throughout the experiment (Fig. 5B).

Discussion

Recent studies have identified new cellular elements in female reproductive organs that are now named TCs [1–25]. Multiple functions have been proposed for uterine TCs, including in modulating the
contraction of the myometrium [5, 13, 16, 17, 22, 24] and regulating
the blood volume in the placenta [2, 10, 19, 25] and the self-renewal
of the endometrium or myometrium [4]. However, the connectivity
between TCs and multiple immunocytes in normal tissue [7–10,
44–56, 72] and in inflammation-affected oviduct tissue from an SD
rat model [11, 12] evoked the hypothesis that TCs might act as anti-
genosing processes or local data suppliers, thereby promoting signal
transduction and triggering immunocyte migration and the immune
response (repression or activation). Nevertheless, no reliable in vitro
evidence is currently available to support an immunoregulatory/im-
munosurveillance role for TCs.

To confirm the aforementioned in vivo findings, primary mouse
uterine TCs were cultured, and typical TCs were confirmed both struc-
turally and phenotypically. However, the immunophenotype of mouse
uterine TCs varies among reports, possibly because of the existence
of different subpopulations of uterine TCs [6]. Peritoneal macro-
phages, one of the most important peritoneal immunocytes related to
endometriosis, pelvic pain and infertility [73], were also harvested for
a co-culture study. Multiple morphological changes occurred after
culture with either TCM or LPS, generating a similar appearance to
macrophages responding to infectious pathogens [74, 75]. However,
LPS-treated pMACs underwent more dramatic morphological
changes than TCM-treated cells. This was further demonstrated by
the CCK-8 viability analysis and the overproduction of a panel of
macrophage-derived cytokines/enzyme in the TCM and LPS groups.
Peritoneal macrophages are terminally differentiated cells that do not
have the potential to proliferate but do have the capacity to activate
the immune response. Therefore, we report for the first time that
TCM demonstrated the ability to activate pMACs and potentially trig-
ger a subsequent immune response that was similar to, but slightly
weaker than, that elicited by the classical stimulus, LPS. We believe
that the panel of elevated cytokines/enzymes plays an important role
in reproductive physiology.

Inducible nitric oxide synthase, an enzyme that catalyses the pro-
duction of nitric oxide from L-arginine upon stimulation by pro-in-
flammatory cytokines (e.g., IL-1, tumour necrosis factor α and
interferon γ), has been suggested to participate in host immunity and
anti-microbial and anti-tumour activities as part of the oxidative burst
of macrophages [76]. Moreover, the pathological generation of nitric
oxide through increased iNOS activity may decrease the tubal ciliary
beat frequency and oviductal smooth muscle activity, further affecting
the intra-tubal transport of ova or fertilized eggs, which might conse-
quently result in a tubal ectopic pregnancy or tubal factor infertility
and most likely causes uterine contractility disorders [77]. In the
uterus, the local production of nitric oxide plays a role in uterine
cyclicity [78]; participates in growth associated with the decidual
response [79], and reflects embryonic health [80]. Generally, elevated
nitric oxide values are critical for successful embryo implantation dur-
ing early pregnancy by promoting vasodilation and smooth muscle
relaxation [81]. In contrast, nitric oxide production is suppressed in
the later stage of gestation to prepare the uterus for parturition [82].
Therefore, a balanced iNOS/nitric oxide system is critical for success-
ful early implantation, pregnancy and labor. However, TCM-induced
elevations in iNOS levels might cause several reproductive abnormali-
ties.

Interleukin-6, a multifunctional cytokine mainly produced by
antigen-processing cells such as macrophages and B cells, func-
tions as a regulator of the immune response and local acute
inflammation. IL-6 has broad functional range, affecting the renewal
of endometrial blood vessels and menstrual shedding as well as
preparing the endometrium for early embryo implantation events,
maturatation and expansion of foetal precursors [83, 84]. Further-
more, IL-6 is a physiological mediator of the expression of other
genes that have documented or presumed roles in pregnancy, such as
stimulating the release of human chorionic gonadotropin from
syncytiotrophoblast cells [85, 86]. Increased concentrations of IL-6are
linked to proliferative disorders of the endometrium, such as
endometriosis [87]. Nevertheless, excessive IL-6 levels induced by
TCM might cause an improper endometrial state and implantation
failure.

Tumour necrosis factor α, originally known for its tumour cyto-
toxicity, is a potent mediator of inflammation. Normal levels of TNF-α
in the uterus contribute to cell adhesion, hormone production and
cyclic remodelling of the endometrium, which is mediated by the
modulation of endometrial cells and promotes neovascularization [88,
89]. Tumour necrosis factor α also prevents inappropriate trophoblast
cell invasion into the uterus and promotes the growth of embryonic
mesenchymal cells [90, 91]. However, the over-expression of TNF-α
not only stimulates the production of nitric oxide but also causes
pathophysiological effects, such as implantation failure and immuno-
logically mediated abortion.

Interleukin-1R1, one of two known receptors for IL-1, modulates
endometrial receptivity, creates a receptive endometrial epithelium
and represents a key molecule for successful implantation [92, 93].
Strong expression of IL-1R1 is related to the risk of developing
endometriosis [94]. Therefore, the up-regulation of IL-1R1 by TCM
might create an abnormal peri-implantation environment and lead to
blastocyst implantation failure.

Interleukin-10 is expressed in the placenta in a gestational age-de-
pendent manner, and its down-regulation at term is an important
mechanism associated with parturition [95]. Interleukin-10 plays
positive roles in protecting pregnancy by decreasing trophoblast cell apoptosis, inflammation and endothelial cell dysfunction; IL-10 deficiency potentially causes adverse pregnancy outcome and foetal death [96, 97]. Therefore, IL-10 has been considered an essential molecule in the maintenance of a successful pregnancy. However, excessive IL-10 production in response to TCM might lead to an adverse pregnancy outcome.

Nevertheless, more questions remain, including what mechanism is responsible for the elevated levels of iNOS, IL-6, TNF-α, IL1-R1 and IL-10 levels after treatment with TCM, DMEM/F12 or LPS (all P < 0.05). Dunnett’s test showed significant differences between DMEM/F12 and the test values (all P < 0.05). Student’s t-test revealed significant differences in the TCM and LPS groups at the 24 and 48 hrs time points (all P < 0.05). (B) No significant changes in TGF-β1, IL-1β, IL-23α and IL-18 were observed. The bars that share a letter were either not significantly different (P > 0.05), or their values were too low for biological significance.

Fig. 5 Quantitative analysis of nine cytokines/enzymes secreted by pMACs after exposure to TCM, DMEM/F12 or LPS (0.5 μg/ml) for 24 or 48 hrs. The mean and SD were calculated from nine values from three independent experiments. The bars that do not share a letter represent data that are significantly different (P < 0.05). (A and B) The concentrations of iNOS and IL-6 were significantly elevated, and TNF-α, IL1-R1 and IL-10 levels were slightly, but significantly, increased. At 24 or 48 hrs, one-way ANOVA revealed significant differences in iNOS, IL-6, TNF-α, IL1-R1 and IL-10 levels after treatment with TCM, DMEM/F12 or LPS (all P < 0.05). Such essential paracrine mediators protect, enrich and transfer complex multimolecular biological messages from EVs within TCs and Tps, thus helping to achieve the immunoregulatory/immunosurveillance roles of TCM. Notably, supernatants from primary human lung and esophagus TC cultures contained increased concentrations of both VEGF and EGF [47, 57]. Additionally, transplanting renal TCs significantly increased the local mRNA levels of several growth factors, including HGF, EGF, PDGF and IGF-1 [60]. More recently, the TC secretome was found to contain a panel of chemokines, cytokines and growth factors [71]. Thus, these data provide evidence of paracrine secretion by TCs and suggest their possible role in cell proliferation, differentiation and tissue repair.
Nuclear Factor kappa B (NF-κB) is the most common downstream effector in pMAC activation. Its activation and phosphorylation leads to an enhanced immuno-inflammatory response and the synthesis of numerous inflammatory cytokines. Transplanting renal TCs activated the NF-κB signalling pathway in a renal ischaemia-reperfusion injury model and up-regulated the mRNA levels of pro-inflammatory cytokines, such as IL-1 and TNF-α [60]. However, the exact pathway and the complex networks responsible for the overproduction of cytokines/ enzymes, as well as the crosstalk or reciprocal influence between pMACs and TCs, remain to be fully elucidated.

Conclusion

Our results provide the first preliminary *in vitro* evidence that TCs are not innocent bystanders but are instead potential active players in the induction and maintenance of the inflammatory process. These data support our previously proposed hypothesis that TCs participate in local immunoregulation/immunosurveillance. Meanwhile, it remains unknown whether this immuno-inflammatory response is localized to only uterine TCs or is systemic. Additionally, it remains to be determined whether the observed modulatory effects of low-level laser stimulation on TC growth [20] represents a novel therapy for TC-associated abnormalities related to local immunity. Nevertheless, in future studies, animal models must be designed to better clarify the functional consequences and clinical applications of TCs in immunemediated fertility problems and other related diseases, thereby strengthening the proposed immunoregulatory/immunosurveillance roles of TCs.

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Conflicts of interest

The authors confirm that there are no conflicts of interest.

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