A novel inductive tactile probe design for lump detection in soft tissue phantoms

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Abstract. The purpose of this study is the development of a novel tactile probe for detection of lumps in soft tissues. The tactile probe includes an inductive sensor inside an artificial tissue-like silicone rubber cushioning and a square shaped multi-metal array to increase sensitivity. First, a thermoplastic polymer probe was fabricated for housing and the mechanical compression test was executed by material testing machine. Second, the tactile sensor was calibrated between 2.5 N and 25 N within 2.5 N incremental steps and it showed 99.49% linear behavior. In order to measure the performance of the probe, 16 cylindrical silicone phantoms were used in three different scenarios. Each phantom was embedded by hard plastic inclusions in different depths and sizes. Finally, human palpation experiments were conducted by 10 naive subjects for the same scenarios above. The comparison results showed that, especially for deep inclusions at low forces, human subjects had high false diagnose rates, while the tactile sensor could detect the deep inclusions at all force levels (ANOVA, p < 0.001). In summary, our novel tactile probe showed better performance than human palpation.

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1. Introduction

In recent years, according to the American Cancer Society Research (2018), breast cancer has been the first leading cause of cancer death in adult women around the world. However, when it is detected in the early stages, breast cancer can be cured with a high percentage of success. In 2018, according to the breast cancer statistics, almost 268,670 new breast cancer cases were reported in the United States among both genders [1]. Detection of breast cancer at its early stage of onset is crucial and highly dependent on the performance of the method used for breast cancer screening and diagnosis [2].

In the medical imaging literature, there are many ways to differentiate breast cancer tissue from healthy soft tissue. Mammography, ultrasonography, and Magnetic Resonance Imaging (MRI) play in important role in breast cancer detection [3–8]. These methods are considered as gold standard, yet they have some certain weaknesses, over-diagnosis rates, and side effects. Over-diagnosis may cause increase in the number of biopsies, higher rate of invasive procedures, psychological effects on a patient, and higher cost. Breast Self-Examination (BSE) and Clinical Breast Ex-
amination (CBE) are also traditional human palpation methods, which mostly depend on the tactile sensitivity of human hand [9-12]. With the development of new tactile sensors, Tactile Imaging (TI) technologies have emerged [13,14].

TI is a non-invasive procedure adopted to detect cancerous tissues. It is used for mapping the interested area with sensors. In TI, every examiner can sense different shapes and geometries in different areas; hence, the results are quantitative and objective. Sensors with various types can detect the difference between the cancerous and healthy tissues [15-17]. By adjusting the TI size, the shape and depth of cancerous tissues can be detected. Geometric properties and stiffness vary between the benign and malignant tissues as reported in [18,19]. A limited number of devices are commercially available for TI applications [20]. Some groups of studies have dealt with different sensor types, namely accelerometers [21], piezoelectric polymers [22-23], magneto-inductance [26], ultrasonic technologies [27,28], and sensor array with photo detector [29]. Although such sensors are used in a variety of applications, they mostly follow some fragile sensing mechanisms. Utilizing a product from Medical Tactile Inc., 2012, a study was conducted on 110 patients [30]. In another research, a silicone model was employed [31].

The research was carried out in two experimental steps first in linear motion and then, in circular motion if any problematic tissue was observed.

In the present study, we propose a novel hand-held single-point TI probe for automated palpation, which uses an updated inductive sensing element. The inductive sensing element was embedded in thermoplastic polymer housing to isolate the surrounding metal parts, which might cause electromagnetic noises. The housing was filled with a silicone rubber material and laser-cut metal array pieces placed 0.5 cm away from the sensing area to amplify the displacement sensitivity. The inductive element had 1 μm displacement resolution. First, the tactile probe was designed by SolidWorks and created by a 3D printer. The silicone rubber part of the sensor used in this study was tested by a material compression testing machine. Moreover, the silicone rubber showed linear behavior in the selected force range, which was similar to the sensor output calibration curve. Silicone phantom models were also created to test the tactile probe under different scenarios. We hypothesized that our novel probe design would achieve a diagnosis rate with higher accuracy because of higher displacement resolution capabilities at static indentations. To test this hypothesis, we designed human and sensor experiments for comparative detection tasks. In order to detect the human diagnosis rate, we followed a method of constant psychophysical stimuli detection. The result was compared with the tactile probe performance by repeating the same procedure. The experimental results indicated that the TI sensor had better diagnosis rates for palpation than the human subjects, especially in small and deep inclusions.

2. Materials and method

2.1. TI system design

A tissue-like silicone rubber sensor was designed in a handy probe shape, as illustrated in Figure 1. Tactile probe dimensions and materials were selected in accordance with the manufacturing technology and the available materials on the market. The outer skeleton of the probe was produced from a thermoplastic polymer by a 3D printer. Commercial-grade silicone (Smooth-on Dragon Skin, USA) was used to construct a tissue-like cylindrical phantom. Silicone rubbers have numerous applications and one of their major characteristics is that they allow simulating tissue-like properties [32]. Our TI system consisted in

![Figure 1. A schematic of the proposed tactile probe.](image-url)
inductive sensor elements (TI LDC1000 EVM, Texas Instruments, USA) arranged in silicone rubber cushioning. The TI sensor measured the parallel impedance of an inductor-capacitor network (LC) resonator and had an inductance-to-digital converter. This was made possible by energetic traces emitted by the resonator to regulate the oscillation amplitude in a closed-circuit configuration at a constant level. The sensor element was powered by an external 5V DC regulated power supply. Inductive proximity sensors were used for contactless detection of metallic objects. In the designed probe, metal pieces were located on the top of the inductive sensor within the silicone embedding as shown in Figure 2. When a static indentation was applied to the probe surface, metal objects got closer to the inductive sensor, thereby changing the inductance value corresponding to surface displacements.

The system provided 24-bit inductance and displacement values. Beyond the distance of 10 mm, the inductive sensor was not capable of sensing the outside metals, thereby reducing external noises. Some of the physical properties of the designed TI sensor are given in Table 1.

### Table 1. Characteristics of the tactile probe.

| Tactile probe component | Specifications |
|-------------------------|----------------|
| Dimensions of probe     | 50 mm x 50 mm x 94 mm |
| Dimensions of sensor    | 16 mm x 21 mm x 1 mm |
| Touch section           | 50 mm x 50 mm |
| Dimensions of metal pieces | 5 mm x 5 mm x 1 mm |
| Thickness of silicone    | 19 mm |

**Figure 2.** The setup for sensor calibration and tactile probe compression experiments.

**Figure 3.** Compression test application to the silicone part of the sensor.

**Figure 4.** Locations of the hard-plastic inclusions in the silicone phantoms to mimic lumps in soft tissues.

2.2. Compression test of the sensor

The mechanical compression test of the tactile probe was executed by a material testing machine (Zwick Roell 2050) as shown in Figure 3. Force versus displacement values were recorded through a static compression test within the 0–25 N range at a speed of 2 mm per second. During the experiment, the silicone rubber part and the metal plates of the sensor were extracted from the thermoplastic outer surface in the design of the sensor. The results of the compression test are given in Section 3.

2.3. TI probe experiment procedure

We evaluated our probe design as shown in Figure 2. The tactile probe was attached to a fixed aluminum stand with hand movements along the Y-axis. The 3D printed probe included an inductive sensor from Texas Instruments embedded in silicone. In addition, each phantom had plastic inclusions at different locations as shown in Figure 4.

In the probe experiments, all phantoms were used at various forces. All phantoms had the same size...
phantom (P.1) and 15 phantoms with inclusions. Then, they were blindfolded and samples were randomly presented on a digital scale during the experiments. Every subject's responses were recorded and tabulated. The human palpation experiments were performed with 10 different volunteer human subjects (ages: 19-24). Measurements were repeated for 5 N, 10 N, and 15 N forces. Maintaining different static forces with only one finger is a difficult task for the human muscle system. Thereby, each subject was trained on a digital scale for three different forces as shown in Figure 5(b).

2.5. Experimental cases
Three different cases were employed to compare the sensitivities of the tactile probe and the human index finger. The primary task of the experiment was to see whether the tactile probe and human index finger could differentiate the empty phantoms from the phantoms having different size inclusions on the surface (Case 1), at the intermediate level (Case 2), and in deep point locations (Case 3). For each case, the phantoms were grouped as shown in Table 2.

2.6. Statistical analyses
Statistical analyses were performed in MATLAB 9.3. First, in TI probe experiments, 11 measurements were averaged. A two-way ANOVA was used to study the effect of force on displacement and size. Second, a multiple-comparison task was also carried out to see the effect of location of inclusions. Finally, in human experiments, the false diagnosis rates were calculated according to the signal detection theory.

3. Results

3.1. Compression test results for the TI sensor
Figure 6 shows the force-displacement relationship for the silicone part of the probe. As clearly shown, when the force was 25 N, the silicone rubber material changed shape by 1.93 mm. The experimental results showed linear behavior ($R^2 = 0.9942$) between the applied

### Table 2. The phantoms used in human palpation and tactile probe experiments.

| Phantom properties | Case 1        | Case 2        | Case 3        |
|--------------------|---------------|---------------|---------------|
| Phantom dimension  | Inclusion     | Inclusion     | Inclusion     |
|                    | Inclusion     | dimension     | dimension     |
|                    | size (mm²)    | (mm²)         | (mm²)         |
|                    | Inclusion     | Inclusion     | Inclusion     |
|                    | depth         | depth         | depth         |
| -                  | Empty         | Empty         | Empty         |
| Small              | P. 1          | 2 × 2 Surface | 2 × 2 Intermediate | 2 × 2 Deep     |
| Medium             | P. 2          | 3 × 3 Surface | 3 × 3 Intermediate | 3 × 3 Deep     |
| Large              | P. 3          | 5 × 5 Surface | 5 × 5 Intermediate | 5 × 5 Deep     |
|                    | P. 4          | 5 × 10 Surface | 5 × 10 Intermediate | 5 × 10 Deep    |
|                    | P. 5          | 5 × 15 Surface | 5 × 15 Intermediate | 5 × 15 Deep    |
|                    | P. 6          |               |               |               |
force value and the silicone surface. Accordingly, calculating the displacement with various force values became an easy task.

3.2. TI probe calibration results

In order to calibrate the TI sensor response, a force-displacement experiment was conducted. According to the experimental results, the probe had a highly linear response ($R^2 = 99.49\%$), as shown in Figure 7. The displacement values were differentiated around 8135 $\mu$m and 8235 $\mu$m ($\Delta x = 100 \, \mu$m). The calibration curve showed similar linear characteristics to those in the mechanical compression test. The displacement values were not identical, as indicated in Figures 6 and 7. The main reason might be that the displacement values in Figure 6 were measured by the compression test devices that gave the total shape difference on the Y-axis. However, the displacement values in Figure 7 belong to the metal pieces of the probe pressed on the phantom surface. Tacks to the submicron displacement resolution capability of the inductive sensor, these small values could be measured.

3.3. TI probe experimental results

After calibration, the TI sensor was used to test different scenarios with deep, intermediate, and surface inclusions for tissue-like silicone rubbers. Accordingly, three different cases were considered similar to those in Section 2.5.

First, the effects of the applied force on relative displacement values were plotted regardless of inclusion size, as seen in Figure 8. For all phantoms, the maximum and minimum displacement values were set to 15 N and 5 N, respectively. A simple analysis of the main effects showed that increase in force level significantly enhanced the relative displacement values (ANOVA, $p < 0.001$) for each case (i.e., surface, intermediate, and deep locations). Secondly, multiple-comparison test results showed that displacement values for the empty phantom at each force were significantly smaller than those for the deep, intermediate, and surface locations, regardless of inclusion size.

In Figure 9, the effect of inclusion size on the
value of relative displacement regardless of force level is shown. Statistical analysis indicated a significant interaction between the size and location of tumor-like silicone inclusions (ANOVA, $p < 0.001$). Multiple-comparison analysis showed that large surface inclusions resulted in higher displacement values by the tactile probe and vice versa ($p < 0.05$). Accordingly, smaller displacement values made detecting low inclusions difficult.

3.4. Human palpation experiments

In human palpation experiments, the false diagnosis percentages of the subjects with respect to force, inclusion size, and location were recorded. Figure 10 shows the false diagnosis rates as a function of force level regardless of inclusion size. The maximum false diagnosis rates were measured with 5 N at deep inclusion locations. On the other hand, on the surface, the minimum rates were measured when the force was 15 N. The effect of force on human detection was significant (ANOVA, $p < 0.001$).

In human palpation experiments, in order to evaluate the effect of inclusion size with high precision, the false diagnosis rates at different forces were averaged and plotted as a function of relative size of inclusion. As indicated in Figure 11, it was observed that the false diagnoses made by the subjects increased as the depth of inclusions increased. On the other hand, regardless of inclusion size, false diagnosis rates remained almost constant at deeper locations (ANOVA, $p > 0.05$). With human subjects, it was significantly more difficult to differentiate the size of the inclusions at deep locations. However, at surface and intermediate locations, false diagnosis rates were considerably affected by inclusion size (ANOVA, $p < 0.05$). In these cases, the false diagnosis rates decreased with increase in the size of inclusion.

![Figure 10. Human palpation false diagnosis rates regardless of inclusion size for Case 1: Surface inclusions, Case 2: Intermediate inclusions, and Case 3: Deep inclusions.](image1)

![Figure 11. Human palpation false diagnosis rates regardless of the applied force values for small, medium, and large inclusions.](image2)

4. Discussion

In this study, we present a novel inductive TI probe, which might be helpful for tumor or lump detection in soft tissue. In our probe design, a single inductive sensor and a metal array were embedded into silicone rubber. The sensor was placed in the thermoplastic part to increase handling. The TI probe detected the local deformation on the silicone rubber surface, which caused the metal array get closer to the inductive sensor. By increasing the surface deformation, the sensor outputs also increased. The probe was calibrated on a digital scale and showed 99.49% linear behavior. Mechanical compression test results for the silicone, which also comprised the metal array, showed 99.42% linearity. Overall, a linear calibration of the probe was appropriate.

To investigate the performance of the TI sensor and compare it with human palpation, we conducted compression experiments on artificial silicone rubber phantoms. Each phantom contained hard thermoplastic materials pretending the tumors part in the soft tissue. In the literature, the stiffness of the cancer tissue has been reported significantly higher than that of the surrounding tissue [33-35].

First, the TI sensor was compressed on the artificial phantoms containing surface, intermediate, and deep tumor-like inclusions at different forces. Then, human palpation experiments were conducted by 10 subjects on the same artificial phantoms. The inclusion detection capability of human index finger and the tactile probe were comparable, especially when the inclusion size was small or the inclusion was in a deep location, which was the most challenging situation. The results of the compression experiments showed that the TI probe could detect tumor-like inclusions embedded in artificial silicone rubber phantoms at every location and size.

In the literature, there are many tactile sensor
Table 3. Different groups of studies that have designed tactile sensors for lump detection.

| Ref. | Method | Figure | Explanation |
|------|--------|--------|-------------|
| [43] | Silicone array force sensitive tased | ![Figure](image) | The sensor requiring to be calibrated for all different geometries |
| [37] | Capacitive array sensor | ![Figure](image) | Psychophysical experiments versus array sensor and passive touch instead of active touch for inclusion detection |
| [29] | Tactile sensor array with photodiode and tissue like phantom | ![Figure](image) | Sensor array with LED photodetector compared with human palpation with a silicone sample; pin metal array added to the surface |
| Our work | Novel inductive-tactile probe design | ![Figure](image) | A handy probe tactile inductive sensor measuring the submicron displacements; single-point detector compared with human index finger for lump/inclusion detection with silicone samples |

Designs based on piezoresistive [36], capacitive [37], inductive [38], and optical [39, 40] sensors. Based on the fabrication technology and data acquisition circuitry, they can be classified as single [41] and array [42] types. Array-type tactile sensors are mostly used for shape recognition. They can be performed as robot-assisted palpation or manually by human hand. Single-point detection sensors can be used to collect information on depth, stiffness, and even shape by proper position mapping methodologies.

In Table 3, studies on tactile sensor design using similar phantom models are summarized. In the study by Leinweber et al. (2000) [43], a silicone-covered array sensor was tested to detect a sphere object. However,
their sensor needed to be calibrated for every different geometrical object. However, it was not found useful for use in object recognition in tactile tasks.

In the study by Gwilliam et al. (2010) [37], a capacitive array sensor was designed and compared with human index finger palpation capabilities utilizing artificial silicone samples. The samples had inclusions with different sizes in different depths. Their psychophysical aim was to find the minimum indentation depth and force required to detect an object in each silicone phantom. The sensor outputs at different indentation levels were also recorded. They showed that tactile sensor could make proper detection at lower indentation depths and pressures than human subjects.

In a similar study by Ayyildiz et al. (2013) [29], an optical tactile sensor was designed in array shape. The sensor was calibrated by a robot-assisted platform. Silicone samples with inclusions of different sizes were prepared. They also followed their psychophysical aim by active palpation and found that the tactile sensor could differentiate deeper and softer inclusions than human palpation. The biggest disadvantage of their study was that the surface of the sensor was covered by an array of metal pins, which were not proper for exerting pressure on the soft samples. The array shape, in addition to exact shape recognition, was used to compare the size of inclusions.

In the proposed probe design, the sensing area consisted in a single element, but there was a metal array embedded in the silicone cushioning. In this way, the surface deflections were amplified and inductance values were changed by the metal array pieces. The array sensors have high shape recognition capabilities. However, their signal processing time and cross-talk problems still need to be addressed. In the design of single-point-detection TI sensor, signal processing is faster without requiring any complex instrumentation or power supply systems. When the tumor is deeper and not eligible for manual palpation, the tactile probe cannot be used. Instead, other imaging modalities will be preferred.

The most challenging part of the inclusion detection task is when the phantom samples have deep and small inclusions. In a study by Gwilliam et al. (2010) [37], human subjects used their index fingers. Unlike our study, human palpation was executed by passive touch. In contrast, we chose active touch as the common approach to many palpation tasks. Human subjects had high false diagnosis rates, especially at low force levels, whereas the TI sensor was capable of differentiating the empty control phantoms from the inclusions at all depths. All in all, according to our experimental results, the proposed inductive TI probe might be one of the best candidates for inclusion detection in soft tissue phantoms.

5. Conclusions

In this study, we showed that inductive-based Tactile Imaging (TI) probe design could detect hard lumps in environments such as soft tissues with higher accuracy than a naive human subject in active palpation. The most difficult task in real life and the presented artificial scenarios in this study is finding deep and small-size inclusions in soft tissues. The samples were similar to those of the study by Ayyildiz et al. [29]. In the TI sensor compression experiment, even at the smallest forces, the statistical results showed that our TI probe could differentiate deep and small inclusions from the empty reference phantom. In all conditions, the sensor had superior performance.

In the future studies, the authors aim to design a TI imaging system that includes a high-resolution camera for positioning and collecting spatial information. Different psychophysical tasks will also be considered for naive and expert subjects for deep and more realistic comparisons.

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