Cardiovascular changes after pneumonia in a dual disease mouse model

Benjamin Bartlett1,2, Herbert P. Ludewick1, Shipra Verma5,6, Vicente F. Corrales-Medina7,8, Grant Waterer2,9, Silvia Lee1,4,11 & Girish Dwivedi1,2,3,10,11*

Residual inflammation in cardiovascular organs is thought to be one of the catalysts for the increased risk of cardiovascular complications seen following pneumonia. To test this hypothesis, we investigated changes in plaque characteristics and inflammatory features in ApoE−/− mouse aorta and heart following pneumonia. Male ApoE−/− mice were fed a high fat diet for 8 weeks before intranasal inoculation with either Streptococcus pneumoniae serotype 4 (test group) or phosphate buffered saline (control group). Mice were sacrificed at 2-, 7- and 28-days post-challenge. Changes in plaque burden and characteristics in aortic root and thoracic aorta were characterized by Oil red O and Trichrome stains. Inflammatory changes were investigated by FDG-PET imaging and immunofluorescence staining. We found TIGR4-infected mice present with increased plaque presence in the aortic root and thoracic aorta at 2- and 28-days post-inoculation, respectively. Aortic wall remodelling was also more pronounced in mice challenged with pneumococci at 28 days post-inoculation. Aortic root plaques of infected mice had reduced collagen and smooth muscle cells, consistent with an unstable plaque phenotype. Pneumonia alters plaque burden, plaque characteristics, and aortic wall remodelling in ApoE−/− mice. These effects caused by Streptococcus pneumoniae TIGR4, may contribute to the increased risk of cardiovascular complications seen in survivors of this infection.

Cardiovascular (CV) disease (CVD) is the leading cause of global morbidity and mortality. In Australia, CVD accounts for ~27% of all deaths, killing one person every 19 min, or 43,477 people each year1,2. There is accumulating evidence of increased short- and long-term risk of adverse CV event following pneumonia3. Up to 30% of patients that are hospitalised with community-acquired pneumonia (CAP) develop adverse cardiac events (myocardial infarction, stroke and heart failure) within 30 days after admission3–5. After discharge, the risk of developing adverse cardiac events continues to be elevated, and while it is greatest in the first 30 days, it remains increased for up to 10 years post discharge when compared to patients without pneumonia even after adjustment for traditional CV risk factors6. The risk of adverse cardiac events increases with the severity of the pneumonia episode6. Whilst the mechanisms by which pneumonia can affect long-term risk of CVD are poorly understood, potential mechanistic pathways such as the development of myocarditis7–9 and alteration or progression of cellular composition of atherosclerotic plaques making them more vulnerable to complications have been suggested10–12. Previously in nonhuman primates and in patient autopsies, Streptococcus pneumoniae has been shown capable of translocating to the myocardium to form microlesions and disrupt cardiac function5,7,13. Inflammation is now considered central to the development and progression of atherosclerosis14 and it has been proposed that persistent inflammatory activity post-pneumonia can mediate any putative effect of pneumonia on atherosclerotic plaques15. In pneumonia survivors, lung inflammation persists for several weeks after clinical resolution of the infection, and IL-6 levels at hospital discharge predict CV mortality at 1-year post-discharge16,17. While the medium- and long-term CV risk after pneumonia has mostly been assessed in patients without pre-existing...
clinical CVD, it is intuitive that the risk in patients with pre-established plaques will be higher. In this study, we used a previously developed in-house dual disease mouse model of pneumonia and atherosclerosis, and investigated plaque burden and characteristics, and inflammatory changes in the aorta and heart that can potentially contribute to CV complications after this infection.

**Results**

**Aortic plaque size and characteristics, and arterial wall remodelling.** To determine if infection with TIGR4 had any impact on lipid content and plaque size, aortic root sections were stained with Oil Red O (Fig. 1a,b). On Oil red staining of the aortic root, there was significantly more plaque in the aortic root of TIGR4-inoculated mice compared to phosphate buffered saline (PBS)-inoculated mice at 28 days post-inoculation (Fig. 1c). Assessment of plaque as a percentage of tissue in the thoracic aorta revealed significantly more plaque at 28 days PI in the TIGR4-inoculated mice compared to PBS-inoculated animals (Fig. 1d–f).

Tissues were stained with trichrome to investigate if infection with TIGR4 affected the plaque composition of smooth muscle cells (SMC) and collagen in the aortic root (Fig. 2g,h). Quantification of SMC (red) and collagen (green) intensity/area demonstrated significant reduction in SMC and collagen content in plaques at 7 days PI in TIGR4-inoculated mice compared to PBS-inoculated mice (p < 0.0001, Fig. 2b,c). No differences were evident at 2 and 28-days PI. In TIGR4-infected mice with evidence of pulmonary infection, there was a significant reduction in SMC (p = 0.05) and collagen (p < 0.0001) content within plaques in the aortic root compared to PBS-inoculated animals at 7 days PI (Fig. 2e,f).

To investigate the effect of TIGR4 infection on artery wall remodelling, aortic root area was quantified in tissues stained with trichrome using ImageJ software. A significant difference was evident at 28 days PI, with TIGR4-inoculated mice having increased aortic root wall area compared to PBS-inoculated mice (p = 0.0019, Fig. 2d).

---

**Figure 1.** Oil Red O staining of aortic root and thoracic aorta. (a) and (b) are representative images (taken at 10x) of aortic root from TIGR4- and PBS-inoculated mice at 28 days post-inoculation (PI). (c) The area of Oil Red O staining was quantified and compared between groups. Significantly more plaques were observed 2 days post TIGR4 inoculation. (d) Quantification of Oil Red O content in thoracic aortas as a percentage of the area of tissue at 2-, 7- and 28- days PI. At 28 days PI, TIGR4 inoculated mice present with significantly more plaque in the thoracic aorta compared to PBS control. (e) and (f) are representative images of thoracic aorta from TIGR4- and PBS-inoculated mice, respectively.
Inflammatory markers in the aortic root following TIGR4 infection. As significant differences in remodelling were observed only at 28 days post-inoculation (PI), TIGR4 inoculated mice present with significantly more aortic wall remodelling. 8 μm tissue sections were stained with modified trichrome stain to identify collagen and smooth muscle cells (SMC). Following colour deconvolution, SMC (b) and collagen (c) intensity per area in aortic root were calculated. Significantly less SMC and collagen were present in the plaques of TIGR4 inoculated mice compared to PBS inoculated mice at 7 days PI. Moreover, aortic remodelling, plaque-SMC and -collagen content in TIGR4-inoculated mice with confirmed pulmonary abnormalities (MRI positive) were compared to PBS-inoculated mice (d), (e) and (f), respectively. Similar significant comparisons were observed. (g) and (h) are representative images of aortic root from TIGR4- and PBS-inoculated mice, respectively (taken at 10x).

FDG uptake in aortic arch. FDG uptake was assessed to determine degree of inflammation in the aortic arch from TIGR4-inoculated (n = 10) and PBS-inoculated (n = 9) mice. Consistent with the findings from the immunofluorescence staining, there were no significant changes in FDG standardised uptake values (SUV) across all time-points (Fig. 4a,b).
Tenascin C (TNC) mRNA expression and microlesion formation in the heart apex. At 7 days PI, there was a trend for increased mRNA levels of TNC (Fig. 5a, p = 0.08) in the heart apex of TIGR4-inoculated mice compared to PBS-inoculated mice. However, there were no significant differences in the mRNA levels of IL-6, TNFα, CCL3, NLRP3 and IL-1 (Fig. 5b–f). No significant differences were observed in heart apex gene expression when comparing TIGR4-inoculated mice with evidence of pulmonary infection to PBS-inoculated mice (Supplementary Fig. 3). Additionally, there was no evidence of microlesion formation seen in mouse heart via hematoxylin and eosin staining (Supplementary Fig. 4).

Discussion
To date, the study of the potential mechanisms behind the increase in CV risk after pneumonia in humans has been limited by the lack of validated animal models that would resemble, in one same model, the processes of both atherosclerotic disease and lung infection. ApoE−/− mice are a validated model for human atherosclerosis, and bacterial intranasal inoculation is a well validated model for human respiratory infections7,13,22–25. We established a dual disease animal model that utilises intranasal inoculation of low dose S. pneumoniae in ApoE−/− mice to investigate the effect of pneumonia in atherosclerosis progression21. In our model, we have previously shown that inoculation of S. pneumoniae in ApoE−/− mice resulted in a significant proportion (48%) of these animals developing changes consistent with pneumonia on magnetic resonance imaging (MRI), and by limiting our analyses only to those inoculated mice that survive the S. pneumoniae challenge, our model more likely resembled the non-fatal forms of pneumonia in humans21. Challenging ApoE−/− mice with intranasal S. pneumoniae in our model resulted in subsequent increases in the atherosclerotic plaque burden of their aortic roots (at 2 days PI) and thoracic aortas (at 28 days PI), and more conspicuous characteristics of instability in their atherosclerotic plaques (reduced plaque SMC and collagen content at 7 days PI) compared to animals challenged with PBS. Hence, this novel twin model of diseases (non-fatal pneumonia and atherosclerosis) proves useful for the study of potential mechanisms by which pneumonia can affect progression of atherosclerosis and increased CV risk after recovering from pneumonia in humans6.

We also found evidence of increased arterial wall remodelling (increased aortic root wall area, as measured using ImageJ) at 28 days PI in TIGR4-inoculated mice. Glagov’s phenomenon states that in response to plaque development, arteries undergo remodelling to maintain flow despite increases in atherosclerotic plaque mass28. Narrowing of the artery lumen is not simply the result of plaque growth but also failure of the artery wall to maintain appropriate lumen size needed to allow normal blood flow; hence, remodelling may be beneficial, at least in the short-term29. It has been suggested that the inability of vessels to remodel is a form of “vascular
failure", similar to the syndrome cardiac failure\textsuperscript{27}. However, in the long-term, arterial remodelling involves matrix degradation which may also contribute to the decrease in SMC and collagen content observed in the aortic plaque following intranasal challenge with TIGR4.

While observations in this study did not translate to increased inflammation (macrophages or NLRP3 inflammasome activation) or change in SUV (max and mean) uptake in the aorta, heart apex gene inflammatory gene expression of TNC trended higher in TIGR4-inoculated mice across all time-points compared to PBS-inoculated mice. TNC is a transiently expressed extracellular matrix protein however, under pathological conditions including infection, inflammation, injury, and remodelling, TNC expression can be upregulated\textsuperscript{28}. TNC\textsuperscript{+/+} C57Bl/6 mice infected with \textit{Klebsiella pneumoniae} presented with elevated pulmonary TNC protein levels 42 h following infection, and comparably higher local immune response compared to TNC\textsuperscript{−/−} C57Bl/6 mice\textsuperscript{29}. In myocardial infarction patients, increased levels of circulating TNC levels have been correlated with high risk of left ventricular remodelling, poor prognosis and mortality\textsuperscript{30,31}. Moreover, a significant relationship between the severity of coronary artery disease (by the Gensini score) and TNC levels in patient serum has been observed\textsuperscript{32}. Studies have found TNC to be upregulated in plaque with preferential enrichment around the lipid core, shoulder regions and rupture areas\textsuperscript{33–35}, thereby driving SMC changes from a non-proliferative phenotype to a migratory synthetic state resulting in plaque development and progression\textsuperscript{36}. In addition, TNC has been shown to form a positive feedback loop with matrix metalloproteinases to influence plaque characteristics favouring destabilization and plaque rupture\textsuperscript{37}.

Unlike the previous studies, microlesions in the apex of the heart were not observed in TIGR4-inoculated mice\textsuperscript{7,8}. Potential explanations of the divergent result include, the longitudinal nature of our respiratory infection model versus the acute model of systemic infection used in previous studies and the fact that microlesion formation seen in previous studies was associated with more severe pneumococcal infection following intraperitoneal injection while our model was established after intranasal infection\textsuperscript{7,8}.

While our study sets to investigate the CV changes imposed by \textit{S.pneumoniae} TIGR4, the study was conducted without a wild-type mouse control. The addition of a C57Bl/6 wild-type, while without plaque presence,
would enable other inflammatory observations (heart gene expression, systemic inflammation and aortic wall remodelling). Other limitations are more specific to plaque rupture research or the numbers at earlier time points in the study. As a PBS control mouse presented with a genetic heart defect and a mice succumbed to the infection, the statistical power of the study may have been affected at an earlier time points. However, findings in the remaining mice (especially at 28 days PI) present strong evidence of putative pathways for CV complications following infection. The lack of research that prospectively links factors that cause changes in plaque morphology and rupture progressing to subsequent CV event is an area that has not been studied well. In consideration of this, our study assesses a range of attributes associated with accelerated atherosclerosis and progression to plaque vulnerability, providing comparison between post-infection and PBS-inoculated mice to highlight plaque characteristics and inflammatory changes in the aorta and heart imposed by a low-dose pneumonia infection. In a comparable ApoE−/− mouse study, vulnerable plaque was assessed by oxidative stress based on plaque oxygen concentration38. The study utilised ratiometric semiconducting polymer nanoparticle (RSPN) photoacoustic imaging to compare lipopolysaccharide caused pneumonia in ApoE−/− mice to non-infected ApoE−/− mice. The imaging utility was able to reliably identify infected from non-infected based on the oxygen reading. This could be a utility which, in combination with the methods utilised in this paper, may contribute toward developing a more accurate profile of vulnerable plaque.

Future directions and conclusions
Here, we describe a mouse model to investigate changes in CV characteristics following pneumonia31. Future studies can use the same methodology to investigate the role of TIGR4 inoculation in female ApoE−/− mice and investigate its impact on CV characteristics, including heart function.

Our study suggests that a delayed accelerating effect on atherosclerosis progression secondary to S. pneumoniae infection has the potential to contribute to the increased risk of CV complications that is seen among pneumonia survivors. Our study provides evidence that non-fatal pneumonia infection can alter plaque presence and characteristics that may make plaques more vulnerable to complications seen after CAP. This process also manifests as increased remodelling in the aortic root wall of the infected mice.

Materials and methods
Animal model. As previously described, a pneumonia-atherosclerosis dual disease animal model was first established to conduct our experiment31. Briefly, two groups of ApoE−/− male mice aged 6–7 weeks were obtained from the Animal Resources Centre (Supplementary Fig. 1a,b) (West Australia, Australia) and maintained under pathogen-free conditions. Male mice were used for the study due to evidence of their higher sur-
vival rate following infection39,40. Animals were acclimated for 7 days with standard rodent chow before they were transitioned to a high fat diet (HFD) containing 21% fat and 0.15% cholesterol to accelerate development of atherosclerosis (Specialty Feeds, Glen Forest, WA, Australia). After 8 weeks of HFD, ApoE−/− mice received either a low infectious dose [103 colony forming units (CFU) (TIGR4 strain) or 40 μl of phosphate buffered saline (PBS) (Sigma, Australia)] via intranasal inoculation. A group of 30 TIGR4-inoculated and 25 PBS-inoculated mice underwent magnetic resonance imaging (MRI) after 2-, 7-, or 28-days post-inoculation (PI) (Supplementary Fig. 1a). In this model, 13/27 (48%) TIGR4-inoculated mice presented with varying degrees of lung consolidation detected by MRI and significantly higher levels of inflammatory markers (IL-6 and CCL3) in infected mice compared to control mice at 28 days41. As further investigation, mice that demonstrated MRI confirmed pneumonia were subsetted and investigated for more severe changes compared to control PBS-inoculated mice. After 2-, 7-, or 28-days PI, thoracic aorta, and aortic root and heart apex tissues were collected. The study was approved by the Animal Ethics Committee at University of Western Australia (F71731) and Harry Perkins Institute for Medical Research (AE114).

Positron emission tomography (PET). A group of 10 TIGR4-inoculated and 10 PBS-inoculated mice underwent PET after 2-, 7-, or 28-days PI (Supplementary Fig. 1b). One PBS inoculated mouse was excluded from the study following diagnosis of a genetic heart defect, confirmed by MRI. Mice were fasted (water available) overnight prior to imaging. The mice were warmed for 30 min at ~30 °C and isoflurane anaesthesia was administered prior to intravenous (IV) injection of ~20 MBq of fluorodeoxyglucose (FDG) in a volume less than 200 μl41. Mice were kept warm during the uptake phase of 60 min under anaesthesia before cervical dislocation and partial body PET-computed tomography (CT) scan on the BioPET/CT 105 camera (NSW, Australia) with a spatial resolution of 1.02 mm41. InVivoScope software (Bioscan Inc.) and Syngio.via software (Siemens Healthineers, Australia) was used for image capture and analysis, respectively. Accounting for decay over time, standardised uptake value (SUV) analysis was calculated as radioactive uptake intensity per region of interest42. PET/CT scans of mouse aortas were evaluated by a trained specialist who was blinded to the study groups and designations.

Histological analyses. Heart was harvested and cut transversely before the aortic root was embedded in Tissue-Tek OCT (ProSciTech, Australia) and immediately frozen to prevent tissue damage. Following a method adopted from Centra et al., serial 8 μm sections of the aortic root were collected in a series over 10 slides with 5 sections per slide43. To ensure consistency between animals, sections were assessed from the first appearance of 3 valves and subsequent slides were assigned to a staining method across all animals. Trichrome staining was performed according to the manufacturer’s protocol (Abcam, Australia) with slight modification. Aniline blue was replaced with 0.5% fast green in 70% ethanol for collagen staining. This facilitated red, green and blue colour staining, and subsequent colour deconvolution using ImageJ software (NIH, Bethesda, USA)44.

For Oil Red O staining, aortic root sections were fixed for 5 min in 10% formalin (Sigma), rinsed in ddH2O, incubated for 5 min in 60% isopropanol (Sigma), and stained with working Oil Red O solution (diluted 3:2 in ddH2O) (Sigma) for 10 min. Sections were rinsed in ddH2O and incubated in 60% isopropanol for 2 min, hematoxylin (Abcam) for 10 s and mounted with glycerol (Merck, USA). Sections were imaged using a Nikon Eclipse TE2000-U microscope and stained area was quantified using Image J software (NIH, Bethesda, USA). All sections stained with trichrome or Oil Red O within a select region were quantified and are shown under the respective inoculation and timepoint. This was to present a more comprehensive review of the disease state of each mouse.

To determine the presence of microlesions in the heart apex, hematoxylin and eosin staining was carried out as per manufacturer’s protocol (Abcam). Sections were mounted in aqueous mounting medium (Fronine, Australia) and imaged using a Nikon Eclipse TE2000-U microscope.

Immunofluorescence. F4/80 (macrophage staining). Sections of aortic root were fixed for 10 min in acetone (ThermoFisher Scientific, Australia) at ~20 °C. Sections were washed in ddH2O before blocking with 5% goat serum (Sigma) in Tris buffered saline (TBS) for 1 h at room temperature. Slides were washed 3 times (2 min) in TBS before addition of anti-F4/80 antibody (clone BM8, Abcam) diluted 1:100 in blocking buffer and incubated overnight at 4 °C. Slides were washed 3 times (2 min) in 0.05% Tween (Sigma) TBS (TBST) before addition of goat anti-rat AF594 (1:1000, ThermoFisher Scientific) for 1 h in the dark. Sections were washed 3 times (2 min) with 0.05% TBST and mounted in ProLong™ Gold Antifade with DAPI (ThermoFisher Scientific).

NOD-, LRR- and pyrin domain-containing protein 3 (NLRP3) inflammasome staining. The NLRP3 inflammasome links arterial lipid deposition and lipoproteins to the inflammatory responses that drive plaque progression45. To quantify NLRP3 plaque presence, sections of aortic root were fixed in 50% methanol (ThermoFisher Scientific) at room temperature before 3 times (5 min) wash with PBS (Sigma). Sections were blocked with 3% bovine serum albumin (BSA) (ThermoFisher Scientific) in 0.1% Triton X-100 (Merck)/PBS at room temperature for 30 min. Sections were washed 3 times (2 min) in PBS before addition of anti-NLRP3 (clone Cryo-2, Adipogen, USA) diluted 1:200 in blocking buffer and incubated overnight at 4 °C. Slides were washed 3 times (5 min) with 0.1% Triton X-100/PBS before addition of donkey anti-rabbit AF488 (1:1000, ThermoFisher Scientific). Slides were washed 3 times (5 min) in 0.1% Triton X-100/PBS before mounting in ProLong™ Gold Antifade with DAPI (ThermoFisher Scientific).

For F4/80 and NLRP3, sections were imaged using a Nikon Eclipse TE2000-U microscope and quantitated using ImageJ software (NIH, Bethesda, USA). F4/80 and NLRP3 were expressed as staining intensity per area.
Data was analysed based on relative expression method with the formula relative expression $2^{-\Delta\Delta CT}$, where the 95 °C followed by 45 cycles of 15 s at 95 °C and 1 min at 60 °C. Quantitative PCR was performed in triplicate.

to complementary deoxyribonucleic acid (cDNA) using the Tetro cDNA Synthesis Kit (Meridian Bioscience, USA) according to the manufacturer’s instructions. Messenger RNA (mRNA) levels of $\text{hprt}$ (Mm00495662_m1), $\text{il6}$ (Mm00446190_m1), $\text{il1}$ (Mm00434228_m1), $\text{nlrp3}$ (Mm00840904_m1), $\text{tnfa}$ (Mm00443258_m1), Tenascin C (Mm00495662_m1), CCL3 (Mm00441258_m1), were determined by quantitative PCR using Taqman primers and probe (Applied Biosystems, USA) and Taqman Gene Expression Master Mix (Applied Biosystems) on a Rotorgene 6000 (Qiagen, Australia). Cycling conditions for TaqMan PCR were 2 min at 50 °C and 10 min at 95 °C followed by 45 cycles of 15 s at 95 °C and 1 min at 60 °C. Quantitative PCR was performed in triplicate. Data was analysed based on relative expression method with the formula relative expression $2^{-\Delta\Delta CT}$, where the amount of the target gene was normalized first to the endogenous reference (HPRT) and then relative to a calibrator (control animal).
Girish Dwivedi holds the Wesfarmers Chair in Cardiology. Benjamin Bartlett holds the Research Training Program scholarship from the University of Western Australia.

Acknowledgements

The authors gratefully acknowledge Lincoln Codd, Brenton O’Mara, Kirsty Richardson, Liel Celliers, Penny Maton and Roslyn Francis for technical assistance. The authors acknowledge the facilities, and the scientific and technical assistance of Microscopy Australia at the Centre for Microscopy, Characterisation & Analysis, The Cancer Imaging Facility at Harry Perkins Institute of Medical Research, The University of Western Australia, a technical assistance of Microscopy Australia at the Centre for Microscopy, Characterisation & Analysis, The University of Western Australia.

Author contributions

B.B., H.P.L., V.F.C., G.W., S.L. and G.D. managed laboratory work and analyses. S.V. and G.D. completed PET analysis. B.B., S.L., and V.F.C. drafted the manuscript and all co-authors contributed in final correction and writing.

Funding

Girish Dwivedi holds the Wesfarmers Chair in Cardiology. Benjamin Bartlett holds the Research Training Program scholarship from the University of Western Australia.
Competing interests
The authors declare no competing interests.

Additional information
Supplementary Information The online version contains supplementary material available at https://doi.org/10.1038/s41598-022-15507-w.

Correspondence and requests for materials should be addressed to G.D.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher’s note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2022