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آموزش مهارت های کاربردی در تدوین و چاپ مقاله
Synthesis and Biological Evaluation of Novel Mono Acid Esters Derived from the Constituents of *Urtica pilulifera*

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Abstract

New mono acid esters have been synthesized from the reaction of benzoic acid and mono-hydroxybenzoic acids with 2-phenoxyethanol separated from *Urtica pilulifera*, characterized, and screened for possible antioxidant, antifungal, antimicrobial and anticancer activities.

These phenolic acid esters gave various degrees of free radical scavenging, but the values were lower than that of \( \alpha \)-tocopherol. The concentrations of the tested compounds needed to reduce DPPH absorption by 50\% at 517 nm were nearly in the range of 900-1100 \( \mu \)g/mL. While for \( \alpha \)-tocopherol was 40 \( \mu \)g/mL. The compounds were tested in-vitro against six bacterial species which are known to cause dermic and mucosal infections in human. 2-phenoxyethyl benzoate showed significant activity in the range of 30\% against *P. aeruginosa* to 70\% against *E. coli* compared with the activity of Streptomycin. On the other hand 2-phenoxyethyl 2-hydroxybenzoate reveals 70\% of gentamicin against *K. pneumoniae*. The tested compounds also showed complete inhibition at a concentration less than 37.5 \( \mu \)g/mL against *M. canis* and less than 50 \( \mu \)g/mL against *T. rubrum*. 2-phenoxyethyl 4-hydroxybenzoate showed considerable activity against MCF-7 with IC\_50 is less than 62.5 \( \mu \)g/mL.

Keywords: Hydroxybenzoic acids; 2-phenoxyethanol; Antioxidant; Antimicrobial; Anticancer.

Introduction

Many people believe that medicinal plants are more natural and more accessible than manufactured drugs. In addition to nutritional components, medicinal plants were used in treating a wide spectrum of ailments and diseases, and they have been screened for their potential uses as alternative remedies and the preservation of foods from toxic effects of oxidants (1). A large number of plants have been found to contain ingredients that have antibacterial, antifungal, and anticancer activities. Other plants are used in traditional medicine due to their antioxidant properties (2, 3). *Urtica pilulifera* is commonly known in Roman as Nettle and in Palestine as (Qurraus), has been long used in many countries around the world as a traditional medicine for curing sore joints by mixing the plant juice with oil. The contents of the stinging hair provide a cure for rheumatism, hemorrhage. Decoction of the summits of the plant is diuretic, depurative. Seeds are used for renal stones and inflammation of the bladder, diuretic and aphrodisiac. It is used in the treatment of various diseases including Diabetes Mellitus and other ailments (4-6). Plants have an almost limitless ability to synthesize chemical
substances mainly secondary metabolites, of which at least 12000 have been isolated, a number estimated less than 10% of the total (7). Chemical analysis of plant’s extracts showed the existence of many chemical compounds related to different classes such as alkaloids, quinines, sugar alcohols, terpenes, polyphenols, flavonoids, phenolics and many others. Flavonoids and phenolics and their derivatives are found in most plants. Such compounds are very important for both humans and plants (8). They act as cell wall support materials (9) and as colorful attractants for birds and insects helping seed dispersal and pollination (3). Flavonoids and phenolic acids also have antioxidantive (10) and anticarcinogenic effects (11). Phenolic acids are large and heterogeneous group of biologically active non-nutrients. They are present in plants as hydroxylated derivatives of benzoic and cinnamic acids (12, 13). Phenolic compounds are important in the defense mechanisms of plants under different environmental stress conditions such as wounding, infection, and excessive light or UV irradiation (14). Phenolics are not only unsavory or poisonous, but also of possible pharmacological value (15). They are two main groups of phenolic compounds, the first is hydroxybenzoic acids which have a general structure derived directly from benzoic acid. The variations in the structures of individual hydroxybenzoic acids lie in the hydroxylations and methylations of the aromatic ring (16). The second is hydroxycinnamic acids usually occur in various conjugated forms, which are esters of hydroxy acids or sugar derivatives (17).

The aim of this work was to synthesize more active compounds from the constituents of medicinal plants collected from different locations in the northern West Bank of the Palestinian Authority. In extension to our work towards the synthesis of biologically active compounds, we investigate their in-vitro biological activities.

**Experimental**

**General**

Synthesized compounds were purified by chromatography on a silica gel 60 (230-400 mesh; Merck) column and identified by thin-layer chromatography (TLC), UV, IR and NMR. Melting points (mp) were taken on a BUCHI 530 apparatus. TLC was performed on pre-coated silica gel F254 plates (Merck) using a 254-nm UV lamp to visualize the compounds. IR spectra were recorded on a Shimadzu Furrier Transform Infrared FTIR-8700 Spectrophotometer using Nujol as mulling agent; only the most significant absorption bands are reported in cm⁻¹. ¹H and ¹³C NMR spectra were recorded at room temperature using a 300 MHz Bruker DPX spectrometer. Chemical shifts were recorded in parts per million (δ) in CDCl₃, with tetramethylsilane (TMS) as internal reference. A Perkin-Elmer Lambda 40 UV/VIS spectrophotometer was used in the 1, 1-diphenyl-2-picrylhydrazyl-hydrate (DPPH) scavenging and β-carotene assays.

**Chemicals and materials**

β-carotene, linoleic acid, (DPPH) and α-tocopherol were purchased from Sigma, (Sigma, Aldrich GmbH, Sternheim, Germany). While Tween-40, Folin-ciocalteu’s phenol reagent (FCR), sodium carbonate, ethanol, chloroform and other chemicals and reagents were purchased from Merck (Darmstat, Germany). Trypsin, RPMI 1640 culture medium, fetal calf serum, glutamine, amphotricine B, Hank’s balanced solution, Trypan blue solution, penicillin and gentamicin, all other reagents are of analytical grade.

**General synthetic procedure for acid ester and mono-hydroxy acid ester**

Acid esters were synthesized by refluxing benzoic acid or mono-hydroxybenzoic acids with 2-phenoxyethanol separated from *Urtica pilulifera* (18) for five hours. The reaction was left at room temperature for 24 h. The product was dried from the solvent, and the residue was partitioned between ethyl acetate and saturated NaHCO₃. The organic phase was washed with brine, dried over Na₂SO₄, and the solvent was evaporated. The residue was purified by flash chromatography on a silica gel column. Yields are between 62–83%.

Benzoic acid (10.0g, 0.08 mol) was reacted with 2-phenoxyethanol (II) (11.0g, 0.08 mol) and the final product was purified by flash chromatography using (n-hexane /ethyl acetate...
Synthesis and Biological Evaluation of Novel Mono Acid Esters

Preparation of 2-phenoxyethyl 2-hydroxybenzoate (III, R = 2-OH)

2-Hydroxybenzoic acid (10.0 g, 0.07 mol) was reacted with 2-phenoxyethanol (11.0 g, 0.08 mol) and the product was purified by flash chromatography using (n-hexane /ethyl acetate 3:7) as eluent (mp 104-106 ºC); Yield 71%. UV λmax 240-270. IR νmax (3309, 1689, 1596, 1496, 1242, 1087, 694 cm⁻¹).

1H-NMR (CDCl₃); δ : 9.70 (1H, s, br, OH); 7.90 (1H, m, H-6); 7.60 (1H, m, H-4); 7.40 (2H, m, H-3' and H-5'); 7.10 (2H, m, H-3 and H-4'); 7.00 (1H, m, H-5); 6.9 (2H,m, H3',H5' and O-H); 4.41 (2H, t, J=7.0 Hz , -OCH₂); 4.30 (2H, t, J=7 Hz, CH₂-O) ppm.

13C-NMR (CDCl₃) δ : 165.3, C-ester; 157.8, C-1'; 156.4, C-3 ; 132, C-2 and C6; 129.9, C-3 and C-5';122.3, (C-3' and C-5) ; 121.0, C-4 ; 115.3, C-1'; 114.3, C2 and C-6'; 69.2, O-CH₂; 64.5, CH₂-O ppm.

Preparation of 2-phenoxyethyl 3-hydroxybenzoate (III, R = 3-OH)

Methyl 3-hydroxybenzoate (10.0 g, 0.07 mol) was boiled with 5 mL 6 M HCl for 10 minutes. The product was mixed with 2-phenoxyethanol (11.0 g, 0.08 mol) and reflux for 3 hours. The reaction was cooled and left at room temperature for 24 hours. The product was collected as solid crystals. The crystals were purified by flash chromatography using (n-hexane /ethyl acetate 3:7) as shown in Scheme 3. (mp 138-141 ºC); Yield 63%. UV λmax 240-270. IR νmax (3309, 1689, 1596, 1496, 1242, 1087, 673,694 cm⁻¹).

1H-NMR (CDCl₃); δ : 7.45 (2H, m, H-2 and H-6); 7.25 (2H, m, H-3 and H-5); 6.95 (3H, m, H-3', H-6' and H4'); 4.41 (2H, t, J=7.0 Hz, -OCH₂); 4.20 (2H, t, J=7 Hz, CH₂-O) ppm.

13C-NMR (CDCl₃) δ : 166.8, C-ester; 160.4, C-4; 156.8 , C-1’; 132, C-2 and C6; 129.9, C-3 and C5';122.3, (C-3’ and C-5 ) ; 121.0, C-4 ; 115.3, C-1’; 114.3, C2 and C-6'; 69.2, O-CH₂; 62.2, CH₂-O ppm.

Antioxidant activity

DPPH assay

The hydrogen atom or electron donation abilities of the corresponding compounds were measured from the bleaching of the purple-
colored methanolic solution of DPPH. This spectrophotometric assay uses the stable radical DPPH as a reagent (19, 20). One mL of various concentrations of the extracts in ethanol was added to 4 mL of 0.004% methanol solution of DPPH. After 30 minutes, incubation period at room temperature, the absorbance was read against a blank at 517 nm. The percent Inhibition I (%) of free radical by DPPH was calculated as follows:

$$I(\%) = \left(\frac{A_{\text{blank}} - A_{\text{sample}}}{A_{\text{blank}}}\right) \times 100$$

Equation (1)

Where $A_{\text{blank}}$ is the absorbance of the control reaction (containing all reagents except the test compound), and $A_{\text{sample}}$ is the absorbance of the test compound. Extract concentrations providing 50% inhibition (IC$_{50}$) are calculated from the plot of inhibition (%) against extract concentration. Tests were carried out in triplicates.

$\beta$-carotene-linoleic acid

The antioxidant activity of the synthesized compounds, based on coupled oxidation of $\beta$-carotene and Linoleic acid emulsion was evaluated following a modified method of Gazzani and Miller (21). The mechanism of bleaching of $\beta$-Carotene is a free-radical-mediated phenomenon resulting from the hydroperoxides formed from linoleic acid (22). When linoleic acid is incubated at 50 °C free radicals are produced. The free radicals will attack the highly unsaturated $\beta$-carotene molecule. During the oxidation process $\beta$-carotene loses its chromophore and orange color characteristic. The presence of antioxidants can hinder the extent of $\beta$-carotene bleaching. Antioxidants are able to slow down the rate of bleaching by neutralizing the linoleate free radicals in the system. Briefly, 1mg of $\beta$-carotene was dissolved in 2 mL chloroform and 20 mg of linoleic acid, 200 mg of Tween 40 were added. Chloroform was completely evaporated using a rotary evaporator under reduced pressure at low temperature (less than 30 °C), and 200 mL of distilled water saturated with oxygen were added to the flask with vigorous shaking for 30 minutes. Aliquots (5 mL) of the prepared emulsion were transferred to a series of tubes each containing 0.1 mL of extract or tocopherol (2 mg/mL). A control sample was prepared exactly as before but without adding antioxidants. Each type of sample was prepared in triplicate. The test systems were placed in a water bath at 50 °C for 2 hours. The absorbance of each sample was read spectrophotometrically at 470 nm, immediately after sample preparation and at 15-min intervals until the end (t = 120 min) of the experiment. Antioxidant activities in $\beta$-carotene-linoleic acid model were measured by the changes in the absorbance at 470 nm.

Antibacterial activity testing

The antibacterial activity of the synthesized compounds was determined against the following microorganisms: *Staphylococcus aureus* (ATCC 25923), *Escherichia coli* (ATCC 25922, and JM109), *Klebsiella pneumoniae* (ATCC 13883), *Proteus vulgaris* (ATCC 13315), and *Pseudomonas aeruginosa* (ATCC 27853), *Trichophyton rubrum*, and *Microsporum canis*. All of the isolates were purchased from BERC /Til Village. Solutions of each of the synthetic compounds (1.0 mg/mL) in DMSO were sterilized by filtration through a 0.45 mm membrane filter. Antibacterial tests were then carried out by the disc diffusion method (Yaghmour, 1998) (4) using an inoculum containing $10^6$ bacterial cells / mL spread on Muller–Hinton agar plates (1 mL inoculum/plate). The discs (6 mm in diameter) were soaked with 1.0 mL of the test solution (0.2 mg/disc), placed on the inoculated agar, and incubated at 37 °C for 24 h. All tests were performed in triplicates.

Antifungal activity testing

The synthesized compounds were tested for their antifungal activity against the test pathogens using a modified poisoned food technique. Each compound was mixed with the pre-sterilized SDA medium to a concentration of 2.5 mg/mL. A mycelial agar disk of 5 mm diameter was cut out of 12 days old culture of the test fungus and inoculated on to the freshly prepared agar plates. In controls, sterile distilled water was used in place of the test sample. The inoculated plates were incubated in the dark at 24 °C and the observations were recorded after
Synthesis and Biological Evaluation of Novel Mono Acid Esters

10 days. Percentage of mycelial inhibition was calculated using the following formula:

\[
\% \text{ mycelial inhibition} = \left(\frac{dc - ds}{dc}\right) \times 100\%
\]

Equation (2)

Where \( dc \) is colony diameter of the control, and \( ds \) is colony diameter of the sample. All tests were performed in triplicates.

Anticancer activity testing

The cells of Breast cancer (MCF-7 human carcinoma) were cultured in RPMI 1640 medium supplement with 10% heated fetal bovine serum, 1% of 2 mM l-glutamine, 50 IU/mL penicillin, 50 µg/mL amphotericine B. After checking for the absence of mycoplasms and bacteria, cell grown at 35 °C as monolayer confluent cells in RPMI 1640 medium supplemented with 10% calf serum. To avoid cell membrane sensitization, no antibiotics were used. For the assay, cells were washed three times with phosphate buffer saline (PBS). PBS was decanted, cells detached with 0.025% Trypsin – EDTA and RPMI 1640 medium was added to make up a volume of 10 mL. The cell suspension was centrifuged at 1000xg for 10 minutes and the pellet was resuspended in 10 mL medium to make a single cell suspension. Viability of cells was determined by Trypan blue exclusion and it exceeds 96% as counted in a haemocytometer. Stock cultures were duplicate weekly after inoculation. The cell line was cultured in 6-well tissue culture plates (9.8 cm²) and incubated at 35 °C in a humidified atmosphere containing 5% CO₂. After 24 hours the cells were treated with the compounds. 0.1 mL of each pure compound was diluted to a serial dilutions (500, 250, 125, 62.5 µg/mL).

Results and Discussion

Antioxidants

DPPH Assay

Ethanol solutions (10 mg/mL) of each compound were prepared to study their antioxidant activities. DPPH is one of the methods used to evaluate the antioxidative activity of antioxidants. The free radical DPPH is deep violet in color and posses a characteristic absorption at 520 nm. The deep violet color of DPPH gradually changes to pale yellow (reduced form) when DPPH is exposed to free radical scavengers. The decrease in absorbance at 520 nm induced by antioxidants determines the reduction capability on the DPPH radicals. The higher IC₅₀ value indicates lower scavenging activity as more amount of the scavengers were required to achieve 50% scavenging reaction and thus the scavengers are less effective in scavenging the DPPH. As shown in Table 1.

Table 1. Percent inhibition of phenolic acid esters at different concentrations.

| No. | Concentration µg/mL | 100  | 200  | 400  | 600  | 800  | 1000 |
|-----|---------------------|------|------|------|------|------|------|
| 1   | α- Tocopherol       | 86± 1.23 | 91± 0.85 | 92± 1.34 | 93± 1.65 | 95± 0.94 | 97± 1.45 |
| 2   | 2-phenoxyethyl benzoate | 17± 0.94 | 22± 1.48 | 39± 1.96 | 47± 1.88 | 51± 0.78 | 56± 2.06 |
| 3   | 2-phenoxyethyl 2-hydroxy benzoate | 8± 1.19 | 13± 1.16 | 19± 1.59 | 33± 1.42 | 40± 1.12 | 46± 2.35 |
| 4   | 2-phenoxyethyl 3-hydroxy benzoate | 11± 1.77 | 21± 0.98 | 24± 2.03 | 40± 0.95 | 46± 1.58 | 54± 1.85 |
| 5   | 2-phenoxyethyl 4-hydroxy benzoate | 13± 1.67 | 20± 1.52 | 23± 1.75 | 31± 1.23 | 36± 1.63 | 41± 1.79 |

Table 2. IC₅₀ (µg/mL) values of phenolic acid esters

| No. |          | IC₅₀ (µg/mL) |
|-----|----------|-------------|
| 1   | α- Tocopherol | < 100       |
| 2   | 2-phenoxyethyl benzoate | 790± 5.48   |
| 3   | 2-phenoxyethyl 2-hydroxy benzoate | > 1000      |
| 4   | 2-phenoxyethyl 3-hydroxy benzoate | 900± 3.68   |
| 5   | 2-phenoxyethyl 4-hydroxy benzoate | > 1000      |

IC₅₀ (µg/ml) values expressed are means ± standard deviation of triplicate measurements
These phenolic acid esters gave various degrees of free radical scavenging, but the values were lower than that of α-tocopherol. The concentrations of the tested compounds needed to reduce DPPH absorption by 50% at 517 nm were nearly in the range of 900-1100 µg/mL Table 2. While for α-tocopherol was 40 µg/mL. On the other hand the results show that there is a difference in the antioxidant activity between phenolic acid esters themselves. It has been shown that IC₅₀ values for 2-phenoxyethyl benzoate and 2-phenoxyethyl 3-hydroxy benzoate are less than 2-phenoxyethyl 2-hydroxy benzoate and 2-phenoxyethyl 4-hydroxy benzoate. IC₅₀ values of the phenolic compounds are slightly affected by the molecular structure and the position of hydroxyl group on the site of ortho, meta and para on the benzoic moiety. This is not consistent with studies done on polyphenolic compounds and showed that the structure is not required for the antioxidant activity (23, 24).

β-carotene-linoleic acid test

The same compounds were tested for their antioxidant activity using emulsion system of β-carotene linoleic acid depending on the fact that β-carotene loses its color in the absence of antioxidants (25, 26). All of the synthetic compounds showed higher antioxidant efficiency compared with water (control) and the synthetic antioxidant α-tocopherol which gave the highest β-carotene degradation (i.e. least antioxidant efficiency). Figure 2 showed the antioxidant activities of the synthetic acid esters and positive reference standard with the coupled oxidation of β-carotene. The antioxidant activity of all the compounds gradually increases with the increase of the compound concentration. Water showed the highest β-carotene bleaching activity followed by α-tocopherol after 1 hour. 2-phenoxyethyl benzoate revealed the best antioxidant with absorbance 0.4 after 1 hour compared with the other synthetic compounds. The second one is 2-phenoxyethyl 3-hydroxy benzoate which showed absorbance 0.3 after 1 hour.

Antibacterial activity

The entire compounds (Table 3) were tested in-vitro against six bacterial species which are known to cause dermic and micosal infections (27) beside other infections in human. All compounds studied in this work showed antibacterial activity. 2-phenoxyethyl benzoate showed significant activity. It revealed in the range of 30% against P. aeruginosa to 70% against E. coli. JM109 compared with the activity of Streptomycin. It is noteworthy to take attention for those modified compounds although they possess less activity than synthetic antibiotics. It is important to prepare
new therapeutics because some kinds of bacteria become resistant to certain drugs after a period of time.

*Antifungal activity*

The same compounds were tested again *in-vitro* for their antifungal activity against two types of dermatophytes *M. canis* and *T. rubrum* Figures 3 and 4. The most active compound is 2-phenoxyethyl 4-hydroxy benzoate. It showed complete inhibition at a concentration less than 37.5 µg/mL against *M. canis* and less than 50 µg/mL against *T. rubrum*. The activity of this compound is about 95% of econazole. The other compounds didn’t show significant activity. The tested compounds have the same molecular weights and formulas, but different in structural formula especially in the position of hydroxyl group. These results emphasize the importance of functional group position in the activity of the compound against dermatophytes.

*In-vitro cytotoxicity*

The results of preliminary cytotoxicity screening of the compounds against breast cancer MCF-7 were summarized in Table 4. 2-Phenoxyethyl 4-hydroxy benzoate showed considerable activity against MCF-7. It showed 36% viability at 62.5 µg/mL and 11% at 500 µg/mL, while 2-phenoxyethyl 2-hydroxybenzoate showed 52% at 500 µg/mL. This means that IC\textsubscript{50} for 2-Phenoxyethyl 4-hydroxy benzoate is less than 62.5 µg/mL. these results may be attributed to the structure of 2-Phenoxyethyl 4-hydroxy benzoate by forming inter H-bonds with DNA while 2-phenoxyethyl 2-hydroxybenzoate less

Table 3. Antibacterial activity of the compounds

| No. | Compound                        | *P. vulgaris* | *E. coli* JM109 | *E. coli* | *P. aeruginosa* | *S. aureus* | *K. pneumoniae* |
|-----|--------------------------------|---------------|-----------------|-----------|-----------------|--------------|-----------------|
| S   | Streptomycin                   | 14 ± 0.71*    | 17 ± 0.7        | 26.3 ± 0.8| 30.8 ± 0.8      | 29 ± 1.2     | 37.8 ± 1.1      |
| 1   | 2-phenoxyethyl benzoate       | 6.5 ± 0.5     | 7 ± 0.7         | 7 ± 0.7   | 6.0             | 6.0          | 10.8 ± 0.8      |
| 2   | 2-phenoxyethyl 2-hydroxy benzoate| 7.8 ± 0.4    | 11.5 ± 0.9      | 8.5 ± 0.5| 10 ± 0.8        | 10.8 ± 0.8   | 23.3 ± 0.8      |
| 3   | 2-phenoxyethyl 3-hydroxy benzoate| 6.0          | 11.5 ± 0.9      | 6.0       | 9.5 ± 0.5       | 6.0          | 6.0             |
| 4   | 2-phenoxyethyl 4-hydroxy benzoate| 6.0          | 7.0 ± 0.0       | 8.5 ± 1.1| 8.0 ± 0.7       | 7.5 ± 0.5    | 8.0 ± 0.0       |

* Disc diameter, 6mm
* Inhibition zone diameter in mm ± S.D

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Figure 3. Antifungal activities of modified compounds on *T. rubrum*.
active due to formation of intra H-bonds with DNA.

Conclusion

In the present work new mono acid esters have been synthesized from the reaction of benzoic acid and mono hydroxybenzoic acids with 2-phenoxyethanol separated from *Urtica pilulifera*. Some of the synthesized compounds exhibited promising antifungal and anticancer activities.

The most active products were 2-phenoxyethyl 2-hydroxybenzoate and 2-phenoxyethyl 4-hydroxybenzoate, with the latter showing remarkable antifungal and anticancer activities. Such activity may be attributed to the molecular structure, and the position of hydroxyl group. Thus, it is worthy to be attention to those biologically active synthesized phenolic acid esters since they are prepared from the constituents of selected medicinal plant as starting materials.

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**Table 4. Percent viability of cancer cells.**

| No | Compound                      | Concentration µg/mL |
|----|-------------------------------|---------------------|
|    |                               | 62.5 | 125 | 250 | 500 | 1000 |
| 1  | 2-phenoxyethyl benzoate       | -    | -   | -   | -   | -    |
| 2  | 2-phenoxyethyl 2-hydroxybenzoate | 94*  | 89  | 72  | 52  | -    |
| 3  | 2-phenoxyethyl 3-hydroxybenzoate | -   | -   | -   | -   | -    |
| 4  | 2-phenoxyethyl 4-hydroxybenzoate | 36  | 21  | 14  | 11  | -    |

* Percent viability of cell at different concentrations
Synthesis and Biological Evaluation of Novel Mono Acid Esters

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