Research paper

Developed and validated a prognostic nomogram for recurrence-free survival after complete surgical resection of local primary gastrointestinal stromal tumors based on deep learning

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A B S T R A C T

This study aimed to develop and validate a prognostic nomogram for recurrence-free survival (RFS) after surgery in the absence of adjuvant therapy to guide the selection for adjuvant imatinib therapy based on Residual Neural Network (ResNet).

The ResNet model was developed based on contrast-enhanced computed tomography (CE-CT) in a training cohort consisted of 80 patients pathologically diagnosed gastrointestinal stromal tumors (GISTs) and validated in internal and external validation cohort respectively. Independent clinicopathologic factors were integrated with the ResNet model to construct the individualized nomogram. The performance of the nomogram was evaluated in regard to discrimination, calibration, and clinical usefulness.

The ResNet model was significantly associated with RFS. Integrable predictors in the individualized ResNet nomogram included the tumor site, size, and mitotic count. Compared with modified NIH, AFIP, and clinicopathologic nomogram, both ResNet nomogram and ResNet model showed a better discrimination capability with AUCs of 0·947 (95% CI, 0·910–0·973) for 3-year-RFS, 0·887 (0·816–0·950) for 5-year-RFS, and AUCs of 0·912 (0·851–0·973) for 3-year-RFS, 0·887 (0·816–0·950) for 5-year-RFS, respectively. Calibration curve shows the good calibration of the nomogram in terms of the agreement between the estimated and the observed 3- and 5-year outcomes. Decision curve analysis showed that the ResNet nomogram had a higher overall net benefit.

In conclusion, we presented a deep learning-based prognostic nomogram to predict RFS after resection of localized primary GISTs with excellent performance and could be a potential tool to select patients for adjuvant imatinib therapy.

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1. Introduction

Gastrointestinal stromal tumors (GISTS) are mesenchymal neoplasms that mostly originating from the gastrointestinal tract with varying malignant potential which ranges from the benign lesion to fatal sarcoma [1]. Adjuvant treatment with the tyrosine kinase inhibitor imatinib is recommended for the patients with high risk of recurrence [1]. However, underestimation of recurrence risk might have a negative impact on recurrence-free survival (RFS) due to the inadequacies of treatment [2]. Besides, for patients with an underestimated risk of recurrence, a longitudinal follow-up may not be scheduled. Conversely, patients with low-risk likely to be cured by surgery, rather than receiving further benefits, may suffer toxic effects and unnecessary costs from adjuvant treatment [3]. Thus, accurate assessment of the recurrence risk is vital for the management of GISTS that underwent curative resection. Although the risk stratification standards have been revised and improved, their predictive accuracy is roughly similar [1]. New proposed systems have not been widely applied due to the lack of powerful evidence, sufficient applicability, and particularly substantial performance.

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On the other hand, Artificial intelligence (AI) has become a hot topic with reports of breakthroughs not only in industry, finance, but also the medical care support. Radiomics, as a typical and effective case of medical application of AI, can utilize diggable data via high-throughput extraction of quantitative features based on medical images, but it relies on multi-step pipelines using traditional machine learning techniques. Deep learning, as one of the power algorithms of AI, can simplify the procedure by learning predictive features directly and strongly supports the translation from AI into clinical application [5,17–23].

In this study, we aim to develop and validate a deep learning-based prognostic nomogram to predict the recurrence risk after curative resection of a localized primary GIST in the absence of adjuvant imatinib therapy.

2. Materials and methods

2.1. Patients enrollment

Three independent cohorts consisted of 147 patients with GISTs pathologically diagnosed were enrolled in the study. Eighty cases as the training cohort and 35 cases as internal validation cohort were obtained in our center from January 2005 to December 2015. Moreover, we included one external validation cohort that comprised 32 cases from Guangdong General Hospital with the same criteria between January 2008 to December 2015. Ethical approvals were obtained for this retrospective analysis in two participating centers, and the patient informed consent requirements were waived.

Inclusion criteria: (1) localized primary GIST patients underwent surgical resection with curative intent; (2) GISTs confirmed by postoperative pathology and immunohistochemistry examinations; (3) contrast-enhanced computed tomography (CE-CT) was performed within 15 days before the surgery; (4) complete clinical and pathological data were available. Exclusion criteria: (1) patients received imatinib therapy or other tyrosine kinase inhibitor before and after surgery; (2) presence of metastases at diagnosis; (3) patients with tumor rupture before or during the operation.

Flow diagram for extracting eligible patients was presented in the Fig. S1. Patients were postoperatively followed up with abdominal CTs every 6–12 months for the first 3 years and then annually. The follow-up duration was measured from the time of operation to the last follow-up date, and the survival status at the last follow-up was recorded. We defined RFS as the time to recurrence at any site.

2.2. Image acquisition and ROI annotation

After a non-contrast CT scan (Scanner: SIEMENS 64-MDCT or GE Healthcare, Hino) with a thickness of 2.0 mm, a dynamic contrast-enhanced scan was performed, with 90 to 100 ml iodine contrast medium (Ultravist 370, Bayer Schering Pharma, Germany) injected intravenously at a rate of 3.0 to 3.5 ml/s. Arterial phase image of contrast-enhanced abdominal CT with manual region of interest (ROI) was selected for analysis. ROI was delineated with the whole data in a blind fashion by two radiologists with 12 (reader 1, W.X.) and 7 years (reader 2, X.X.Z.) of experience in the interpretation of abdominal CT. The annotation results were assessed with satisfactory inter- and intra-observer reliability in our previous study [13]. All outcomes were based on the annotations of the first reader.

2.3. Image pre-processing

Image intensities were rescaled within [0, ...,255] by a soft-tissue window of [−110,190]HU to increase the contrast of soft tissues as well as show more details about abdominal organs. Small patches (28 × 28 voxels) with tumor were extracted. To extract patches, a bounding rectangle derived from the tumor segmentation was drawn around the tumor. This ensured that the entire tumor area was captured as well as a portion of the tumor margin. The patches that tumor area less than 50th percentile patch area were discarded.

Patch samples from the same patient were kept together when randomizing into training cohort, internal validation cohort, and external validation cohort. We augmented the training data by introducing random rotations, translations, shearing, zooming, and flipping (horizontal and vertical), generating “new” training data. The augmentation technique allows us to further increase the size of our training cohort. For every epoch, we augmented the training data before inputting it into the neural network. Augmentation was only performed on the training cohort, not on the internal validation cohort, or the external validation cohort. Data augmentation was performed in real time in order to minimize memory usage.

2.4. Residual neural network

Residual neural network [24] (ResNet) is applied to train the image data and build our neural network model. There are 10 identity blocks and 2 convolution blocks. Each identity block has 2 convolutional layers. Batch normalization (BN) and rectified linear units (ReLU) are adopted after every convolutional layer. Batch standardization forces network activation to follow a unit Gaussian distribution after each update to
prevent internal covariate migration and overfitting. The shortcut is directly used because the input and output are of the same dimensions. As the Fig. 1 shows.

2.5. Implementation details

Our implementation was based on the Keras package with the TensorFlow library as the backend. During training, the probability of each patch sample belonging to the recrudescence or none class was computed with a sigmoid classifier. The weight of the network was optimized via Rmsprop algorithm with a mini-batch size of 32. The objective function used was binary cross-entropy. The initial learning rate was set to 0.001. The learning rate was reduced to 0.2 of its value after 50 consecutive epochs without an improvement of the validation loss.

At the end of training phase, the model was reverted back to the model with the lowest validation loss up until that point in training. The final model was the one with lowest validation loss at any point during training. Kernel weight was initialized randomly using the Glorot uniform initializer. Biases was initialized with zero. We ran our code on a graphics processing unit to exploit its computational speed. Our algorithm was trained on a NVIDIA TITAN X graphics processing unit.

2.6. Performance assessment of ResNet model

We assessed the prognostic accuracy of the risk prediction in both training cohort and validation cohort (internal and external validation cohorts) using time-dependent receiver operator characteristics (ROC) analysis at different follow-up times. The GISTs patients were classified in to high and low risk score groups. The thresholds of classification were identified by using X-title [25]. We evaluated the potential association of the ResNet model with RFS in the training cohort and validated it in validation cohort by using Kaplan-Meier survival analysis.

2.7. Development and evaluation an individualized nomogram

To testify the incremental value of the ResNet model to the independent clinicopathological factors for individualized assessment of RFS, we developed a ResNet nomogram and a clinicopathologic nomogram in the whole cohort based on the multivariate Cox analysis [26]. The calibration was applied to compare the predicted survival with the actual survival [27]. The Net Reclassification Improvement (NRI) was calculated to quantify the improvement of usefulness with the addition of ResNet model [28]. To determine the clinical usefulness of our ResNet model, a decision curve analysis (DCA) which quantify the net benefits at different threshold probabilities was conducted [29].

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**Table 1**  
Clinical pathological characteristics and followed-up results of patients in different cohorts:

| Variables          | Training cohort(n = 80) | Internal validation cohort(n = 35) | External validation cohort(n = 32) |
|--------------------|------------------------|-----------------------------------|-----------------------------------|
|                    | Low-score (%)          | High-score (%)                    | P-value                           | Low-score (%)          | High-score (%)                    | P-value |
| Gender             |                        |                                   |                                   |                        |                                   |         |
| Male               | 32/(78.0)              | 9/(22.0)                          | 0.055                             | 12/(66.7)              | 6/(33.3)                          | 0.803   |
| Female             | 32/(82.1)              | 7/(17.9)                          |                                    | 12/(70.6)              | 5/(29.4)                          |         |
| Age(mean ± SD,years) | 53.83 ± 12.59         | 59.94 ± 12.37                     | 0.086                             | 51.58 ± 12.12          | 63.82 ± 10.99                     | 0.007   |
| Tumor site         |                        |                                   |                                   |                        |                                   |         |
| Gastric            | 50/(84.7)              | 9/(15.3)                          |                                    | 19/(65.5)              | 10/(34.5)                         | 0.009   |
| Non-gastric        | 14/(66.7)              | 7/(33.3)                          | 0.144                             | 5/(83.3)               | 1/(16.7)                          |         |
| Tumor size(cm)     | 4.78 ± 2.71            | 11.34 ± 5.11                      | <0.0001*                         | 4.79 ± 3.13            | 9.54 ± 4.77                       | 0.007   |
| Mitotic count      |                        |                                   | 0.073                             | 9.54 ± 4.77            | 15.00 ± 5.00                      | 0.007   |
| ≥5/50HPFs          | 40/(86.0)              | 8/(14.0)                          |                                    | 21/(84.0)              | 4/(16.0)                          |         |
| >5/50HPFs          | 15/(65.2)              | 8/(34.8)                          |                                    | 3/(30.0)               | 7/(70.0)                          |         |
| Recurrence         |                        |                                   | 0.0001*                           |                        |                                   |         |
| Absent             | 62/(95.4)              | 3/(4.6)                           |                                    | 22/(88.0)              | 3/(12.0)                          | <0.0001*|
| Present            | 2/(13.3)               | 13/(86.7)                         |                                    | 2/(20.0)               | 8/(80.0)                          |         |

| Independent samples t-test was applied in continuous variables. Chi-Squared test was applied in categorical variables.  
SD standard deviation, HPF high-power field.  
* P value <0.05.
Fig. 2. ResNet model risk prediction measured by time-dependent ROC curves and Kaplan-Meier survival. (A-B) Training cohort. (C-D) Internal validation cohort. (E-F) External validation cohort. The prognostic accuracy is evaluated by the AUCs 3 and 5 years in training, internal, and external validation cohorts. P-values are calculated by the log-rank test. ROC receiver operator characteristic, AUC area under the curve.
The discrimination performance of ResNet nomogram was assessed compared with ResNet model, modified National Institutes of Health (NIH) criteria [30], Armed Forces Institute of Pathology (AFIP) criteria [31], and clinicopathologic nomogram on the basis of ROC curves and AUC values. The Akaike information criterion (AIC) was used to evaluate the risk of overfitting.

2.8. Statistical analysis

A two-sided t-test and chi-square were applied for continuous variables and categorical variables separately. The Kaplan-Meier method and log-rank test were performed to estimate the RFS of GISTs. And the Cox proportional hazards model was used for multivariate analyses. The Cox proportional hazards model was used for multivariate analyses. We evaluated the prognostic accuracy of our model using time-dependent receiver operator characteristics (ROC) analysis. Statistical analyses were conducted with R software (version 3.5.1) and SPSS software (version 22.0). We used 10 packages of R software, which were survminer, survi, rms, VIM, nomogramEX, Hmisc, Formula, ggplot2, and rmda. A two-sided P value <0.05 was considered significant.

3. Results

3.1. Patient characteristics

A total of 147 GISTs patients' contrast-enhanced abdominal CT images were applied in this study. Patient characteristics in the training, internal validation and external validation cohorts were presented in Table 1. The median (interquartile range [IQR]) survival times for RFS were 57 (13–163) months in training cohort, 59 (11–137) months in internal validation cohort, and 53 (28–119) months in external validation cohort, respectively.

3.2. Model performance and validation

The ResNet model was significantly associated with the RFS (Table S1). In training cohort, AUC at 3 years is 0.951 (95% CI: 0.901–0.999), while AUC at 5 years is 0.945 (95%CI: 0.887–0.999) (Fig. 2A). In internal validation cohort, AUC at 3 years is 0.869 (95% CI: 0.747–0.991), while AUC at 5 years is 0.816 (95%CI: 0.628–0.999) (Fig. 2C). In external validation cohort, AUC at 3 years is 0.722 (95% CI: 0.453–0.991), while AUC at 5 years is 0.923 (95%CI: 0.812–0.999) (Fig. 2E).

The optimum cutoffs generated by the X-tile plot was 0.9819. Accordingly, patients were classified into a low risk score group (score<0.9819) and a high risk score group (score ≥ 0.9819).

In the training cohort, the 3-year RFS and 5-year RFS were 98.44% and 91.56%, respectively, for the low score group; 73.50% and 51.56%, respectively, for the high score group (all P<0.0001) (Fig. 2B).

In the internal validation cohort, the 3-year RFS and 5-year RFS were 100.00% and 58.33%, respectively, for the low score group; 54.55% and 27.27%, respectively, for the high score group. (all P<0.0001) (Fig. 2D). In the external validation cohort, the 3-year RFS and 5-year RFS were 88.89% and 44.44%, respectively, for the low score group; In high score group, the 3-year RFS was 80.00%, and there is no 5-year RFS patient. (all P<0.0002) (Fig. 2F).

3.3. Assessment of Incremental Value of model in Individual RFS Performance

Three statistically significant clinicopathologic indicators were obtained: the tumor site, size, and mitotic count (Table S1, 2). The ResNet and clinicopathologic nomograms were presented in Fig. 3A and Fig. S2, respectively. The calibration curves of the nomograms were shown in Fig. 3B and Fig. S3. This curve showed the good calibration of the nomogram in terms of the agreement between the estimated and the observed 3- and 5- year outcomes. The inclusion of the ResNet model in the clinicopathologic nomogram yielded a total NRI of 0.605 (95% CI: 0.243–0.966; p = 0.001) for RFS, indicating that improved classification accuracy for survival outcomes.

Compared with modified NIH, AFIP, and clinicopathologic nomogram in the whole cohort, both the ResNet nomogram and ResNet model showed a better predictive capability in 3- and 5-year RFS in ROC curves (Fig. 4 A, B). For 3-year RFS, the AUCs of ResNet nomogram, ResNet model, clinicopathologic nomogram, modified NIH, AFIP were 0.947 (95%CI:0.910–0.984), 0.912 (0.851–0.973), 0.852 (0.783–0.921), 0.822 (0.765–0.879), 0.812 (0.726–0.898), respectively. The AUC results of 5-year RFS of these models were 0.918 (95%CI:0.852–0.984), 0.887 (0.816–0.960), 0.772 (0.679–0.865), 0.754 (0.667–0.841), 0.739 (0.643–0.835), respectively (Table 2).

According to the decision curve analysis, ResNet nomogram was superior to the current risk predicted criteria and clinicopathologic nomogram over most of the range of rational threshold probabilities, indicating the incremental value of ResNet model in the individualized prognostic prediction. (Fig. 5).

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**Fig. 3.** ResNet nomogram for RFS and calibration curve. (A) ResNet nomogram for RFS. This nomogram was developed integrating with ResNet model and significant clinicopathologic indicators: tumor site, size, and mitotic count. The probability of each predictor can be converted into the points axis at the top of the nomogram. After adding up the points of each predictor in total points axis, we can find the patient's probability of RFS at the bottom of the nomogram. [B] Calibration curves of ResNet nomogram for RFS. Estimated RFS is plotted on the x-axis, and the observed tumor relapse rate is plotted on the y-axis. Yellow dotted line represents a perfect estimated outcome by an ideal model and perfectly association with the actual outcome. Solid line represents estimated outcome of the model, a closer alignment of which with the yellow dotted line represents a better performance. The blue and red solid lines represent the estimations of 3-year RFS and 5-year RFS, respectively. RFS recurrence-free survival, ResNet Residual Neural Network.
4. Discussion

We presented a deep learning-based prognostic model of GISTs, which can successfully classify those patients into high and low predicted score groups with significant differences in RFS and was demonstrated to be an independent risk factor of prognosis in the patients with GISTs. Our ResNet nomogram performed better than the modified NIH, AFIP, and clinicopathologic nomogram and showed incremental value of ResNet model for individualized RFS estimation. The nomogram might be useful for the selection of GISTs patients for adjuvant imatinib therapy.

As described previously, accurately evaluating the risk of GIST recurrence after surgery is very important to determine the appropriateness of adjuvant treatment and the intensity of postoperative surveillance. However, current schemes of risk-stratification can’t explain all the biological behavior and clinical outcomes of GISTs. Mitotic count is the most important prognostic factor for GISTs in these criteria, but its reliability is controversial. Mitotic count relies on the subjective identification by pathologists, so the number detected may be affected by different visual field of microscopes, tissue fixation, and sampling [3,32]. The quantified analysis in CT features using deep learning technique could eliminate the subjective factors to certain extent, and it might work as a complement of subjective pathology results. Tumor size is another important independent prognostic factor for GISTs, patients with larger tumor size are more likely to have an adverse prognosis. However, some small GISTs may also be aggressive [33,34]. The application of AI in medical data such as the radiomics approach could well capture the intratumoral heterogeneity and might have the potential to perform better preoperatively in some cases with small size [13]. Additionally, the same as mitotic count, tumor size also has potential variability. Because when the specimen is measured in relation to fixation, tumor size could be affected. In our nomogram, the weight of ResNet model is greater than both mitotic count and tumor size.

Risk criteria for GISTs have always been being revised due to the exploration of new significant variables [30,31]. New integrating approaches of prognostic factors could also increase the accuracy of prognostic prediction [35–37] such as the nomogram and non-linear model. However, these criteria mainly depend on different combination of the traditional clinicopathological factors such as the tumor size, site, and, mitotic count, which means they can’t improve the performance distinctly [1]. The deep learning approach based on medical images couldn’t only provide a novel prognostic multi-feature factor, but also a powerful and efficient algorithmic technique. The comparison results in our study demonstrated the discrimination of deep learning model was not only superior to the modified NIH and AFIP criteria, but also to the nomogram integrating the significant clinicopathologic factors.

Radiomics signature has been demonstrated in various studies, which could assess the biological behavior of a tumor comprehensively and potentially improve the accuracy of diagnosis, prognosis, and prediction [7–16]. Deep learning can simplify the multi-step pipeline of conventional radiomics by training and testing the predictive features directly from the images with greater reproducibility. Convolutional

![Fig. 4. Receiver operating characteristic (ROC) curves of predictive performances of different methods. (A) ROC curve of 3-year RFS prediction. (B) ROC curve of 5-year RFS prediction. The curves of five colors represent different methods: green, ResNet nomogram; blue, ResNet model; red, clinicopathologic nomogram; purple, modified NIH; yellow, AFIP. ROC receiver operator characteristic, RFS recurrence-free survival, ResNet Residual Neural Network, NIH National Institutes of Health, AFIP Armed Forces Institute of Pathology.]

| Table 2 | Performance of Models: the values of AUC and AIC. |
|---------|-------------------------------------------------|
| Model   | 3 years Disease-free survival | 5 years Disease-free survival |
|         | AUC (95% CI) | AIC | AUC (95% CI) | AIC |
| ResNet nomogram | 0.947 (0.910–0.984) | 1411.883 | 0.918 (0.852–0.984) | 1411.883 |
| ResNet model | 0.912 (0.851–0.973) | 1416.413 | 0.887 (0.816–0.960) | 1416.413 |
| Clinicopathologic nomogram | 0.852 (0.783–0.921) | 1417.826 | 0.772 (0.679–0.865) | 1417.826 |
| Modified NIH | 0.822 (0.765–0.879) | 1418.545 | 0.754 (0.667–0.841) | 1418.545 |
| AFIP | 0.812 (0.726–0.898) | 1420.848 | 0.729 (0.642–0.835) | 1420.848 |

ResNet Residual neural network, NIH National Institutes of Health, AFIP Armed Forces Institute of Pathology, AIC Akaike information criterion.
neural networks (CNNs) is a typical network for learning hierarchical representations of imaging data [38]. Neural networks are inspired by the connectivity pattern between neurons in biological processes, transforming input image through a series of chained convolutional layers and then resulting in output vector of class probability. Compared to conventional machine learning classification, it can obtain higher accuracy but with relatively little pre-processing. Residual neural network won the 2015 Large Scale Visual Recognition Challenge in image classification and substantially superior to previous network of deep learning [24]. ResNet permanently utilizes shortcut connections between shallow and deep networks to adjust training error rate and improve the accuracy of classification. To date, ResNet has been used more and more due to its utility and simplicity [22,39,40].

The need for a large size of training data is one of the challenges of deep learning. The low incidence of GISTs might lead to the insufficient training data. Therefore, in the study, we extracted multiple image samples from one patient using patch pre-processing. In addition, the data augmentation was also used to increase the size of training data and prevent overfitting. Furthermore, the architecture we choose was relatively simple, and the satisfactory results in our study demonstrated that it was complex enough to learn the predictive features. The ResNet with simple architecture and short time consumption might make the proposed method more likely to be applied in GISTs. In addition, nomogram provided an individual and quantitative approach for clinic application. Nevertheless, to our knowledge, this is the first study to predict the recurrence risk of GISTs patients by deep learning technique, which might supply a valuable reference for deep learning application in gastrointestinal tumor. More cohort validation and more integrable factors such as KIT and PDGFRA mutations should be considered in future research [1,41].

In this study, we developed a ResNet model to predict the recurrence risk of the GISTs with satisfactory performance. Compared with a radiomics approach, our deep learning model don’t need pre-engineered features processing. This model may have the potential to become an applicable image biomarker or integrable factor to improve the accuracy of risk prediction for GISTs. Incorporating the ResNet model and clinicopathologic risk factors into an easy-to-use nomogram was more likely to predict the individual RFS for patients after complete resection of localized primary GISTs, consequently avoiding excessive targeted therapy or missing the optimal timing.

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**Declaration of Interests**

The authors have no conflicts of interest to declare.

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