Additional file 2: Search in Medline via Ovid, 4th of July 2019

|   |   |
|---|---|
| 1 | exp Policy Making/ |
| 2 | ((polic* adj6 making) or (polic* adj6 evaluat*) or (health adj6 polic*) or (polic* adj6 develop*) or (polic* adj6 statement*) or (policit* adj6 strateg*)).ti,ab,kf. |
| 3 | (action plan* or policy action* or (promot* adj6 health*) or (polic* adj6 intervent*) or (polic* adj6 intervent*) or (health* adj6 initiativ*) or (intervent* adj6 effic*) or (health* adj6 educati*)).ti,ab,kf. |
| 4 | or/1-3 |
| 5 | exp Nutritional Requirements/ |
| 6 | exp Nutritional Policy/ |
| 7 | exp diet/ |
| 8 | exp Exercise/ |
| 9 | life style/ or healthy lifestyle/ or healthy aging/ or healthy diet/ or sedentary lifestyle/ |
| 10 | dedipac.mp. |
| 11 | or/5-10 |
| 12 | 4 and 11 |
| 13 | (grade or grading or recommend* or guideline*).ti,ab,kf. |
| 14 | evidence-based practice/ or evidence-based medicine/ |
| 15 | 13 or 14 |
| 16 | 12 and 15 |