CT assessment of the quality of omentoplasty and its implications for perineal wound healing

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Abstract

Purpose This study was designed to examine the impact of an omentoplasty and its quality on pelviperineal morbidity after abdominoperineal resection (APR) for rectal cancer.

Methods This was a retrospective single-centre study of consecutive patients undergoing APR for primary or recurrent rectal cancer between 2000 and 2018. Quality of omentoplasty was categorised (sufficient vs insufficient) based on postoperative CT scans. Main study endpoints were perineal wound healing and perineal hernia.

Results This study included 100 patients: 16 with a sufficient omentoplasty, 16 with an insufficient omentoplasty, and 68 without omentoplasty. Rate of pelviperineal complications within 30 days was 44%, 69% and 64% (P = 0.283), and delayed wound healing at 3 months was 19%, 54% and 27%, respectively (P = 0.109). Sufficient omentoplasty was not significantly associated with less delayed healing in multivariable analysis (OR 0.597; 95% CI 0.149–2.397). An insufficient omentoplasty demonstrated significantly higher rates of delayed healing at 6 months (46% vs 14%; P = 0.016) and chronic perineal sinus at 12 months (31% vs 3%; P = 0.008) compared with no omentoplasty.

Conclusion This relatively small series suggest that even a sufficient omentoplasty, as determined by postoperative imaging, does not reduce pelviperineal morbidity after APR for rectal cancer. The methodology of CT-based assessment of an omentoplasty as well as the correlation with postoperative outcomes has to be validated in future studies.

Keywords Rectal neoplasms • Abdominoperineal resection • Omentoplasty • Perineal wound healing • Perineal herniation

Introduction

The treatment for distal rectal cancer may require an abdominoperineal resection (APR). The creation of a dead space at the site of the excised rectum and anal sphincter complex after APR commonly results in perineal infection, breakdown and delayed wound healing [1, 2]. Patients having preoperative radiotherapy and requiring a wider excision due to locally advanced disease are at increased risk of suffering from perineal wound complications [3–5].

Omentoplasty (OP) has been advocated to reduce the frequency of perineal wound problems and prevent the small bowel from entering into the narrow pelvis with a risk of getting trapped [6]. However, application of OP is currently highly debated as there is increasing evidence to suggest that OP does not affect the occurrence of pelviperineal wound complications after APR for rectal cancer [7, 8]. Moreover, there seems a similar need for operative management of small...
bowel obstruction and even an increased risk of perineal herniation in patients who have had OP [9].

Inefficacy of OP might be related to quality as defined by insufficient length or insufficient bulk to ensure adequate obliteration of the pelvic resection space. But this hypothesis has never been tested. The best method for assessing the quality of surgery seems by means of postoperative radiological evaluation, rather than intraoperative judgement of the surgeon [10].

The purpose of this study therefore was to check the sufficiency of OP based on postoperative radiological imaging and to evaluate its implications for pelviperineal wound complications and related morbidity.

Method

Patients and design

All APR patients for primary or recurrent rectal cancer at a single institution between 2010 and 2018 were identified. Exclusion criteria were other underlying disease, total pelvic exenteration, perineal closure using a muscle flap (because of the inability to determine the quality of pelvic filling by OP) and no evaluable radiological imaging post APR.

Patient data were extracted via electronic and handwritten medical records and included baseline characteristics, operative details, early and late surgical complications and related readmission and reintervention. To ensure sufficient follow-up, all complications were recorded for 18 months after surgery, except for perineal hernia status and related reoperation, which were recorded for 5 years after surgery. Patients were divided into three groups (sufficient OP, insufficient OP, and no OP), based on the operative reports and assessment of the postoperative CT scans.

The study was sponsored by the Oxford University Hospitals NHS Foundation Trust, and received approval of the local Institutional Review Board (Cambridge East Research Ethics Committee). Patients were studied as part of a retrospective surgical audit and written informed consent was not required. The study was reported according to the Strengthening the Reporting of Observational studies in Epidemiology (STROBE) guidelines [11].

Outcome measures

The primary endpoint was delayed wound healing at 3 months after surgery, defined as any complicated perineal wound healing present beyond 3 months. Secondary endpoints were percentage of patients with one or more pelviperineal complications within 30 days, rate of delayed healing at 6 months, chronic perineal sinus at 1 year, overall and specific pelviperineal complications until end of follow-up, perineal herniation (clinical diagnosis with radiological confirmation), small bowel obstruction at the level of the pelvis (not based on recurrent cancer), OP-related complications, and overall and specific need for related readmission and reintervention (including medical, radiological and surgical interventions).

Radiological assessment

Routine oncological follow-up included a pelvic CT scan 1 year after APR. These scans were reviewed for the quality of the OP and the presence of a perineal hernia as well as its content. The quality of the OP was recorded as sufficient when the omental pedicle reached fully onto the pelvic wound bed (i.e. sufficient length) and provided sufficient volume to fully fill the pelvic cavity with absence of small bowel in the lower pelvis (Fig. 1a). The quality was recorded as insufficient when there was either insufficient length (Fig. 1b) or insufficient volume with interposition of small bowel in the pelvis (Fig. 1c). Radiologically, perineal herniation was defined as visceral descent below the perineal body line (Fig. 2) [12]. All scans were reviewed by a specialist radiologist (CGF) and one of two authors (RDB or SS). Any disagreement was resolved through consensus discussion with a fourth author (PJT).

Statistics

Categorical data were compared using the Fischer’s exact test, and numerical data with the one-way ANOVA and Kruskal-Wallis test, according to distribution. Multiple logistic regression with stepwise backward selection was used to account for potential confounding. Covariates were selected on a theoretical basis with a maximum of independent variables that the data allowed for. The Kaplan-Meier method was used to describe small bowel obstruction according to the use and quality of OP, and Cox regression was used to relate several predictors to the development of perineal hernia over time. Cases with missing values were not included in the analyses. The significance threshold was set at $P$ value $< 0.05$. All analyses were performed using IBM SPSS statistics, version 25.0.0 (IBM Corporation, Armonk, NY, USA).

Results

Patient characteristics

Between January 2010 and July 2018, a total of 119 consecutive patients underwent APR at the Oxford University Hospitals. After exclusion of duplicate records ($n = 1$), other underlying disease ($n = 2$), total pelvic exenteration ($n = 8$) and muscle flap closure ($n = 8$), 100 patients were included in the analyses. Median time to pelvic imaging in patients who underwent OP was 11 months postoperatively (IQR 7–12). Radiological assessment qualified 16 patients as having a
sufficient OP and 16 as having an insufficient OP, and the remaining 68 patients did not undergo OP.

Baseline characteristics are demonstrated in Table 1, and stratified by presence and quality of OP. Mean age of the cohort was 66 years (± 13). The included patients were predominantly male (70%). Preoperative radiotherapy was given in 81 to 87% ($P = 0.907$) and adjuvant chemotherapy in 31 to 43% ($P = 0.800$) among the three patient groups. A history of hysterectomy was more common in the insufficient OP group ($P = 0.025$). Surgical details are described in Table 2. There were no substantial differences, except for fewer coccygectomy ($P = 0.133$) and posterior vaginectomy ($P = 0.088$) in patients without OP. The amount of levator resection and method of perineal wound closure were well balanced between the three groups (Table 2).

### Pelviperineal wound healing

Length of in-hospital stay was not significantly different between the three groups ($P = 0.083$) (Supplementary Table 1). Pelviperineal wound complications within 30 days occurred in 7/16 patients (44%) following APR with sufficient OP. Corresponding numbers were 9/13 patients (69%) and 40/63 patients (64%) following an insufficient OP and no OP, respectively ($P = 0.283$) (Supplementary Table 2). Multiple logistic regression with stepwise backward selection did not reveal any significant association between 30-day complications and use of OP ($P = 0.294$), nor with preoperative radiotherapy, extralevator resection or adjacent organ resection (Table 3).

Delayed wound healing at 3 months was not significantly different between patients with a sufficient OP (3/16 (19%)), an insufficient OP (7/13 (54%)) and no OP (18/66 (27%)) ($P = 0.109$). Multiple logistic regression confirmed the absence of significant associations between the use of OP and delayed wound healing at 3 months ($P = 0.092$) (Table 3). Extralevator APR was the only independent predictor of delayed healing in the model (OR 5.275; 95% CI 1.050–26.501; $P = 0.043$).

Over time, perineal wound healing was achieved significantly less often in patients that showed an insufficient OP on postoperative radiological imaging (Supplementary Table 1). Delayed healing at 6 months was present in 6/13 patients (46%; $P = 0.004$), and 4/13 patients (31%; $P = 0.007$) still had a chronic perineal sinus at 12 months. Reoperation for a perineal wound problem was also more frequent in the insufficient OP group ($P = 0.038$) (Supplementary Table 3). Comparison of sufficient OP and no OP showed no statistically significant differences in the rates of delayed wound healing.
healing at 6 months (0/15 (0%) vs 9/64 (14%); P = 0.195) and chronic perineal sinus formation at 12 months (0/14 (0%) vs 2/59 (3%); P = 1.000), respectively. The number of events was too small to allow adjustment in a multivariable model.

Overall presence of one or more pelviperineal complications within 1 year was recorded in 9/16 patients (56%) with a sufficient OP, in 10/15 patients (67%) with an insufficient OP, and in 46/66 patients (70%) without OP (P = 0.610). Again, the association of OP and pelviperineal complications within 1 year remained non-significant after adjustment for potential confounding (P = 0.595) (Table 3). Nor were there any significant associations between the three groups and occurrence of specific perineal wound–related problems (Supplementary Table 2).

### Table 1 Baseline characteristics

| Parameters | Sufficient omentoplasty (N = 16) | Insufficient omentoplasty (N = 16) | No omentoplasty (N = 68) | P value |
|------------|----------------------------------|-----------------------------------|-------------------------|---------|
| Gender     | Male                             | 12/16 (75)                        | 8/16 (50)                | 50/68 (74) | 0.183 |
| Age        | Years (mean ± SD)                | 67 ± 11                           | 66 ± 7                  | 65 ± 15   | 0.894 |
| > 65 years |                                  | 9/16 (56)                         | 11/16 (69)              | 39/68 (57) | 0.751 |
| BMI        | kg/m² (mean ± SD)                | 26 ± 3                            | 29 ± 6                 | 28 ± 5    | 0.468 |
| ASA-classification* | ASA I | 2/16 (13)            | 1/15 (7)              | 5/67 (8)    | 0.848 |
|            | ASA II                           | 12/16 (75)                        | 10/15 (67)             | 47/67 (70) | 0.893 |
|            | ASA III                          | 2/16 (13)                         | 4/15 (27)              | 15/67 (22) | 0.606 |
| Smoking status | Active smoker | 3/16 (19)            | 3/15 (20)             | 7/64 (11)  | 0.431 |
|            | Cessation smoking < 10 years     | 0/16 (0)                          | 3/15 (20)             | 11/64 (17) | 0.169 |
| Comorbidities | Diabetes mellitus | 1/16 (6)            | 3/16 (19)             | 8/67 (12)  | 0.652 |
|            | Vascular disease                 | 3/16 (19)                         | 4/15 (27)             | 11/66 (17) | 0.620 |
| Prior abdominal surgery | Total | 5/16 (31)            | 10/15 (67)            | 28/68 (41) | 0.111 |
| Prior pelvic surgery | Total | 5/16 (31)            | 8/15 (53)             | 19/68 (28) | 0.170 |
|            | Hysterectomy                     | 0/16 (0)                          | 4/16 (25)             | 3/68 (4)   | 0.025 |
| Primary disease | Primary rectal cancer | 13/16 (81)            | 12/16 (75)            | 57/68 (84) | 0.626 |
|            | Recurrent rectal cancer          | 3/16 (19)                         | 4/16 (25)             | 11/68 (16) | 0.626 |
| Clinical tumour stage | Stage I | 1/16 (6)            | 4/12 (33)             | 16/58 (28) | 0.140 |
|            | Stage II                         | 4/16 (25)                         | 2/12 (17)             | 20/58 (35) | 0.464 |
|            | Stage III                        | 10/16 (63)                        | 5/12 (42)             | 20/58 (35) | 0.145 |
|            | Stage IV                         | 1/16 (6)                          | 1/12 (8)              | 2/58 (3)   | 0.393 |
| Neoadjuvant therapy | None | 2/16 (13)            | 3/16 (19)             | 9/66 (14)  | 0.907 |
|            | Short-course radiotherapy        | 1/16 (6)                          | 0/16 (0)              | 2/66 (3)   | 0.699 |
|            | Long-course radiotherapy         | 0/16 (0)                          | 1/16 (6)              | 5/66 (8)   | 0.825 |
|            | Chemo-radiotherapy               | 13/16 (81)                        | 12/16 (75)            | 50/66 (76) | 0.940 |
| Pathological tumour stage | Complete response | 1/16 (6)            | 2/16 (13)             | 8/67 (12)  | 1.000 |
|            | Stage I                          | 5/16 (31)                         | 6/16 (38)             | 13/67 (19) | 0.252 |
|            | Stage II                         | 6/16 (38)                         | 6/16 (38)             | 23/67 (34) | 1.000 |
|            | Stage III                        | 3/16 (19)                         | 2/16 (13)             | 22/67 (33) | 0.209 |
|            | Stage IV                         | 1/16 (6)                          | 0/16 (0)              | 1/67 (2)   | 0.544 |
| Adjuvant chemotherapy | Total | 5/16 (31)            | 6/14 (43)             | 22/67 (33) | 0.800 |
| Follow-up duration | Months (median + IQR) | 18 (17-20) | 19 (17-22) | 17 (13-18) | 0.033 |

*American Society of Anaesthesiologists (ASA) physical status classification system

### Perineal herniation

The median follow-up duration for assessing perineal hernia status was 33 months (IQR 16–51). A clinical diagnosis of perineal hernia was significantly more common after use of OP, with 4/16 hernias (25%) in those with a sufficient OP and 5/15 hernias (33%) in those with an insufficient OP, compared with 7/68 hernias (10%) in those without OP (P = 0.036) (Supplementary Table 4). Patients with a sufficient OP showed a trend to have more frequent surgical correction of a perineal hernia (13% following sufficient OP vs 7% following insufficient OP and 2% following no OP; P = 0.090) (Supplementary Table 3).
hysterectomy and resection of the coccyx, is illustrated in Fig. 3. The Cox proportional hazards model revealed that the use of OP did not significantly influence the hazard of perineal hernia formation. Hysterectomy was associated with an increased rate of perineal hernia \( (HR 7.796; 95\% \text{ CI } 2.318–26.221) \) (Table 4).

The contents of the hernia sac among 15 patients in whom a perineal hernia was detected at routine follow-up CT scans revealed omentum in 5/5 patients in the sufficient OP group, and small bowel in 3/3 patients in the insufficient OP group and 5/7 patients in the no OP group (Supplementary Table 4).

### Small bowel obstruction

Overall, 10\% of patients demonstrated small bowel obstruction at the level of the pelvic cavity. Reported causes for obstruction were adhesions \( (n = 4) \) and obstruction in an infiltrative necrotic area \( (n = 1) \). In five cases, dilated loops of small bowel with a transition point in the pelvis were seen without clear cause. The cumulative incidences of pelvic ileus were 0\% (sufficient OP), 7\% (insufficient OP) and 14\% (no OP). The occurrence of small bowel obstruction over time did not significantly differ between the three groups \( (P = 0.246) \) (Fig. 4), nor did the need for reoperation for this problem \( (P = 1.000) \) (Supplementary Table 3).

### Omental flap complications

One out of 32 (3\%) constructions of OP was found to be complicated postoperatively, which was discovered during laparoscopy for debridement of a pelvic abscess cavity 1
A huge cavity was seen with necrotic omentum posterior to the wound site, likely to be responsible for the perineal infection. A second patient demonstrated an omental defect of 1.5 cm with small bowel passing through, which was discovered during surgical drainage of a perineal abscess, but no obstruction was present at the time.

Discussion

The current results suggest that even a sufficient OP, as determined on postoperative radiological imaging, does not confer any additional benefits in terms of perineal wound healing after APR for rectal cancer, although numbers are small. Reoperation for small bowel obstruction was also not significantly reduced after OP. The OP itself showed a trend to increasing the risk of perineal herniation, with the OP being the content of the hernia sac in all five patients with perineal hernia and a sufficient OP.

Similar perineal infection and wound healing rates were observed after an OP of sufficient length and volume in comparison with no OP. One might therefore conclude that the type of tissue used to fill the pelvic dead space after APR is unimportant. In the absence of OP, small bowel might function as an excellent presacral padding for a primary clean-contaminated APR for rectal cancer, although numbers are small. Reoperation for small bowel obstruction was also not significantly reduced after OP. The OP itself showed a trend to increasing the risk of perineal herniation, with the OP being the content of the hernia sac in all five patients with perineal hernia and a sufficient OP.

Table 3: Multiple logistic regression analyses with stepwise backward selection

| Parameters                  | Wound problem within 30 days p.o. | Unhealed perineal wound at 3 months p.o. | Wound problem within 1 year p.o. |
|-----------------------------|----------------------------------|----------------------------------------|----------------------------------|
|                            | OR (95% CI)                      | P value                               | OR (95% CI)                      | P value                               | OR (95% CI)                      | P value                               |
| Unadjusted                 |                                  |                                        |                                  |                                        |                                  |                                        |
| Omentoplasty*a             | 0.294                            | 0.294                                  | 0.110                            | 0.595                                  | 0.559                            | 0.595                                  |
| Sufficient omentoplasty    | 0.447 (0.147–1.361)              | 0.615 (0.157–2.415)                   | 0.559 (0.183–1.711)              |                                        |                                  |                                        |
| Insufficient omentoplasty  | 1.294 (0.358–4.675)              | 3.111 (0.921–10.512)                  | 0.870 (0.263–2.873)              |                                        |                                  |                                        |
| Adjusted                   |                                  |                                        |                                  |                                        |                                  |                                        |
| Omentoplasty*a             |                                    |                                        | 0.092                            |                                        |                                  |                                        |
| Sufficient omentoplasty    |                                    |                                        | 0.597 (0.149–2.397)              |                                        |                                  |                                        |
| Insufficient omentoplasty  |                                    |                                        | 3.985 (0.976–16.283)             |                                        |                                  |                                        |
| Any radiotherapy           | ns*                              | ns*                                   | ns*                              |                                        |                                  |                                        |
| Extralevator APR*b         | ns*                              | ns*                                   | ns*                              |                                        |                                  |                                        |
| Adjacent organ resection   | ns*                              | ns*                                   | ns*                              |                                        |                                  |                                        |

*a Entered as categorical variable including sufficient omentoplasty, insufficient omentoplasty or no omentoplasty
*b APR abdominoperineal resection
*c There were no significant predictors retained in the model
*d ns non-significant

Fig. 3 Adjusted Cox regression survival curve for clinical diagnosis of perineal hernia after abdominoperineal resection, stratified by the use and quality of omentoplasty. Lines are corrected for hysterectomy and coccygectomy.

Table 4: Cox proportional hazards model

| Parameters                  | Clinically diagnosed perineal hernia |
|-----------------------------|---------------------------------------|
|                            | Hazard ratio (CI 95%)                  | P value|
| Omentoplasty*a             |                                       | 0.181  |
| Sufficient omentoplasty*b  | 2.749 (0.739–10.225)                  |        |
| Insufficient omentoplasty*b| 2.374 (0.694–8.122)                   |        |
| Hysterectomy               | 7.796 (2.318–26.221)                  | 0.001  |
| Coccygectomy               | 2.787 (0.964–8.057)                   | 0.058  |

*a Entered as categorical variable including sufficient omentoplasty, insufficient omentoplasty or no omentoplasty
*b Reference: no omentoplasty

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rectal cancer, as there seems no increase in problems such as abscesses or small bowel fistulas. This may also indicate that perhaps the main problem in primary APR does not arise from the presacral cavity, but from the resected space of the anal sphincter complex. The OP predominantly fills the presacral space and does little to prevent dead space formation in the excised anal canal. This could explain the fact that despite sufficient length and volume, an OP was not superior to primary wound closure in this study. It therefore may be important to distinguish primary APR from a situation with a clear infectious problem located in the pelvis [13, 14]. Intuitively, in those instances, OP would decrease the risk of recurrent abscess formation and small bowel fistula that can potentially occur when the small bowel descend into such an irradiated abscess cavity. The indication for OP therefore might be reserved for the treatment of pelvic sepsis originating from secondary complications and inflammatory bowel disease, rather than primary APR for cancer, although there is no clear evidence to support this.}

In fact, in this study we found a higher incidence of wound breakdown and delayed healing in those patients with an insufficient OP. Several explanations can be considered for the poor outcomes in this group. First, the observed poor healing rates may be caused by undetected necrosis of the OP. Most forms of fat necrosis are self-limiting and slowly resolve with conservative management. One year after surgery there is likely to be complete resolution of the necrosis, which may then present as an OP of insufficient length on CT 1 year postoperatively. A second reason may be related to residual dead space formation underneath the OP, caused by inadequate mobilisation of the omental pedicle. This residual dead space distal to the OP is likely to be filled with fluid with subsequent contamination and abscess formation, resulting in chronic wound problems. However, if insufficient OP was just related to technical aspects (i.e. no length or poor mobilisation), we would not expect such a large disadvantage compared with no OP.

The higher perineal hernia rate after OP is in line with previous studies [7, 8]. Although a causal relation cannot be confirmed, the hypothesis is that the pedicled omentum will function as a large amount of loose fatty tissue that will easily descend through the pelvic outlet in the absence of a pelvic floor, while a few loops of small bowel are restricted by a certain mesenteric length in the possibility of herniating at the level of the perineum. The OP is still often perceived as a method for surgical reconstruction of the pelvic floor, but the high rate of omental hernias in those with OP of adequate length and size suggests the opposite. An unexpected but understandable finding was the higher rate of perineal hernias in those with an insufficient OP. Patients in this group showed a significant increase in chronic wound problems. Such chronic wound infections are known to weaken the pelvic scar, likely causing the observed increase in perineal hernia formation. The comparison may also be partly skewed by the higher frequency of hysterectomy in patients with an insufficient OP, although we corrected for this confounder in Cox regression.

Although this study did not find a significant reduction of small bowel obstruction, it was notable that none of the patients with OP of sufficient length and volume experienced small bowel obstruction at the level of the pelvic cavity. It could therefore be that a true effect may not be demonstrated due to relatively low numbers. However, as only few patients would require surgical management, and this study as well as two recent large studies showed no significant reduction in reoperation rate for ileus [7, 8], it is questionable whether this potential effect of OP would be clinically relevant.

There are some uncertainties to the generalisation of these findings, mostly related to the retrospective study design, allowing the potential risk of confounding by indication. Patients selected for OP could potentially have had wider resections that would put them at increased risk for complications, including hernia. Although this is likely to be true for some patients, most patients underwent the procedure that was considered routine care at a certain point in time by a certain operating surgeon. Unfortunately, there was restricted information available in the patient files on reasons for applying OP. Also the surgeon impression of the quality of OP and degree of obliteration was not available in many cases, hampering a comparison between the surgeon impression at the time of operation and CT assessment. Another limitation of this study may be related to the relatively small sample size, and the resulting limited number of covariates that we could include in the multivariable models. Finally, extended resections that required a muscle flap were excluded in the current study, and conclusions on the role of OP cannot necessarily be extrapolated to this subgroup.

To date, there remains no proven benefit of OP for patients that undergo APR for rectal cancer. This study suggests that

![Small bowel obstruction](image)

**Fig. 4** Kaplan-Meier curve for small bowel obstruction with a pelvic cause after abdominoperineal resection, stratified by the use and quality of omentoplasty.
performing OP, even with sufficient length and volume, does not seem to affect perineal wound healing. If the OP appears to be of poor quality on postoperative imaging—due to for example partial necrosis—the outcomes appear to be even worse than not performing an OP. Furthermore, the protective effect in preventing small bowel obstruction remains speculative, and there is likely an elevated risk of developing a perineal hernia after OP if considering recent literature [7–9].

Conclusion

In this study, OP did not affect perineal wound healing and related morbidity—even in case of adequate length and bulk to fill the pelvic dead space—and insufficient OP was associated with a higher risk of chronic wound problems after APR. These findings are consistent with recent literature and suggest that OP is not indicated for primary filling of the empty space after APR for rectal cancer. But, considering the limitations pertaining to a relatively small retrospective study, future studies are necessary to validate the proposed method of postoperative CT assessment of the quality of an omentoplasty and to confirm our findings.

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Compliance with ethical standards

The study received approval of the local Institutional Review Board (Cambridge East Research Ethics Committee). Patients were studied as part of a retrospective surgical audit and written informed consent was not required.

Conflict of interest The authors declare that they have no conflict of interest.

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