Development of a 7 T RF coil system for breast imaging

Junghwan Kim1 | Tales Santini1 | Kyongtae Ty Bae1,2 | Narayan Krishnamurthy1 | Yujuan Zhao1 | Tiejun Zhao3 | Tamer S. Ibrahim1,2

1 Department of Bioengineering, University of Pittsburgh, Pittsburgh, PA, USA
2 Department of Radiology, University of Pittsburgh, Pittsburgh, PA, USA
3 MR Research Support, Siemens Healthcare, Pittsburgh, PA, USA

Correspondence
Tamer S. Ibrahim, Department of Bioengineering, University of Pittsburgh, Pittsburgh, PA, USA
Email: tibrahim@pitt.edu

Abstract

In ultrahigh-field MRI, such as 7 T, the signal-to-noise ratio (SNR) increases while transmit (Tx) field ($B_1^+$) can be degraded due to inhomogeneity and elevated specific absorption rate (SAR). By applying new array coil concepts to both Tx and receive (Rx) coils, the $B_1^+$ homogeneity and SNR can be improved. In this study, we developed and tested in vivo a new RF coil system for 7 T breast MRI.

An RF coil system composed of an eight-channel Tx-only array based on a tic-tac-toe design (can be combined to operate in single-Tx mode) in conjunction with an eight-channel Rx-only insert was developed. Characterizations of the $B_1^+$ field and associated SAR generated by the developed RF coil system were numerically calculated and empirically measured using an anatomically detailed breast model, phantom and human breasts. In vivo comparisons between 3 T (using standard commercial solutions) and 7 T (using the newly developed coil system) breast imaging were made. At 7 T, about 20% $B_1^+$ inhomogeneity (standard deviation over the mean) was measured within the breast tissue for both the RF simulations and 7 T experiments. The addition of the Rx-only array enhances the SNR by a factor of about three. High-quality MR images of human breast were acquired in vivo at 7 T. For the in vivo comparisons between 3 T and 7 T, an approximately fourfold increase of SNR was measured with 7 T imaging.

The $B_1^+$ field distributions in the breast model, phantom and in vivo were in reasonable agreement. High-quality 7 T in vivo breast MRI was successfully acquired at 0.6 mm isotropic resolution using the newly developed RF coil system.

KEYWORDS
7 T, breast, Rx-only array, SNR, Tx-only array

1 | INTRODUCTION

The major advantage provided by high/ultrahigh-field MRI is the increase in signal-to-noise ratio (SNR), which can be used to increase the spatial resolution and/or reduce the acquisition time. However, as the static magnetic field strength increases, obstacles arise, such as the $B_1^+$ field (transverse electromagnetic (EM) field responsible for excitation) inhomogeneity caused by the relatively large sample size compared with the short in-tissue wavelength and constructive/destructive EM field interference.1 Overcoming these obstacles to take better advantage of the increased SNR has resulted in the development of multi-channel transmit (Tx)-only array combined with multi-channel receive (Rx)-only array systems.2–6

Preliminary studies have shown that $B_1^+$ field inhomogeneity can be observed even at 3 T and that these inhomogeneity artifacts can lead to an inaccuracy of breast evaluation.7–9 It has been shown that the $B_1^+$ field inhomogeneity can be alleviated using RF-shimming techniques.1,10–14 In addition, more SNR can be attained through the use of close-fitting multi-channel Rx-only arrays.6,15 In 7 T breast MRI,16–18 $B_1^+$ field inhomogeneities (typically observed in head and abdominal studies) can be less apparent due to the: (i) smaller size of the breast; and (ii) lower dielectric constant of breast tissue. Both of these facts lead the breast to have smaller electrical size. This being said, typical 7 T Tx coils used for breast MRI commonly utilize single or double surface coils producing $B_1^+$ fields that decay toward the chest wall with potential penetration issues. This need necessitates the development...
of new types of Tx breast coil with detailed analysis of their $B_1^+$ fields and associated specific absorption rate (SAR).

Breast MRI most likely increases the chance of early detection of breast cancer when the examination is accompanied by regular mammograms.19-21 In clinical breast MR examination, a gadolinium contrast enhancement technique is commonly used to detect abnormalities of the signal wash-in/-out pattern in the tissue.8,19,22 Homogeneous excitation is required, as the technique is based on spatial changes of the signal intensity over the entire breast. High-resolution imaging is also needed for accurate assessment and diagnosis of breast disease. For example, detection of a tumor before its diameter reaches 10 mm is one of the most important factors affecting treatment type and survival rate.7,23 $T_1$-weighted fat-suppressed MRI is commonly acquired to differentiate the fibroglandular (FG) tissues from surrounding fat tissues in order to categorize the breast type defined by the American College of Radiology,22,24,25 as patients with dense FG breast tissues result in significant diagnostic challenges using mammograms.19,22,24,25 All of these characteristics can be improved with a homogeneous and multi-Rx (enhances speed and SNR) RF breast coil system.

In this study, we have developed an eight-channel Tx-only array28-31 based on a tic-tac-toe (TTT) design, and combined it with an eight-channel Rx-only array insert for breast MRI at 7 T for higher signal detectability. In order to predict the $B_1^+$ field distribution and associated SAR in the breast tissues, RF numerical simulations were carried out using the finite-difference time-domain (FDTD) method.5 The $B_1^+$ field generated by the developed RF coil system was also measured utilizing a breast phantom and in vivo. SNR and contrast-to-noise ratio (CNR) were investigated with and without the Rx array insert at 7 T as well as at 3 T under similar imaging conditions and utilizing a commercial array coil. Finally, the developed RF coil system was applied for in vivo three-dimensional (3D) high-resolution MRI of human breast.

2 | METHODS

2.1 | TTT Tx-only array and FDTD modeling

Transmission line elements (16 coaxial solid square-shaped inner copper rods inserted into 16 outer copper struts) were adapted for an RF Tx coil composed of two planar sides of $2 \times 2$ TTT elements. An outer copper strut is constructed on a $170 \times 170 \text{ mm}^2$ polycarbonate tube and an inner copper rod is then inserted inside a hollow square-shaped outer copper strut (Figure 1) and assembled with RF shield box dimensions of $127 \times 170 \times 170 \text{ mm}^3$ (red dotted lines in Figure 1A). The outer copper strut is then connected to the RF excitation center pin and the inner rod is electrically connected to the surrounding RF shield (Figure 1C). Detuning of the Tx-only array was accomplished by applying voltage through the PIN diode that electrically connects the outer copper strut to inner copper rod during the MR signal reception (Figure 1C). Each side has four excitation ports, which allow for a total of eight independent RF excitations, and each port can be tuned and matched by pushing/pulling the copper rod inserted into the cavity of the copper strut (Figure 1A,C). This effectively changes the lengths of the associated transmission lines and therefore the resonant frequency of the RF coil. The scattering (i.e. $S_{11}$, $S_{12}$, and $S_{22}$) matrix was measured using a vector network analyzer (HP, Santa Clara, CA) at all eight excitation ports. Considering the sample size (relatively small, 100–130 mm) and lack of real-time SAR monitoring, this study was carried out in a single-Tx mode utilizing an eight-way Wilkinson power divider and constant phase shifters in order to produce a pseudo-circularly polarized (CP) mode. Through different cable lengths, four-port quadrature excitation on both sides of the Tx array was utilized. Looking in the $B_0$ direction, the phases of the voltages were rotating clockwise with increments of 90° for one TTT side and counter-clockwise for the other TTT side. Although our experiment was performed in a single-Tx mode, a Tx-only array can be interchangeably used in a parallel Tx system for RF-shimming purposes.

For the numerical calculations of $B_1^+$ field and SAR in the breast tissue, an in-house C++ FDTD package that incorporates true transmission line modeling for excitation and reception12,20,22 was utilized. The mesh of a Tx-only array was developed using MATLAB (MathWorks, Natick, MA, USA). Identical dimensions of the RF coil was created in the computational domain (grid matrix of $162 \times 162 \times 168$ cells, where each cell represents $(1.58 \text{ mm})^3$ of volume). Temporal resolution of $3 \times 10^{-12}$ s was used to satisfy Courant’s stability boundary condition and 32 perfectly matched layers were added on each side to prevent the artificial EM field reflections at the boundaries.33,34

A 3D six-tissue breast model (50–75% FG tissue) developed at the University of Wisconsin Madison (http://uwcem.ece.wisc.edu/phantomRepository.html) was centered in the coronal plane with respect to the RF coil, and the chest wall area was located outside of the RF coil to resemble the experimental environment in vivo. Electric and $B_1^+$ fields calculated by exciting each of the eight Tx elements were linearly superimposed in phase and amplitude. The $B_1^+$ inhomogeneity index (= standard deviation/mean) was calculated in two regions of interest (ROIs): the first (ROI1) is a tissue volume within the RF coil, and the second (ROI2) is the entire tissue volume including the chest wall region located outside of the RF coil boundaries. SAR over the entire tissue volume was calculated.

Peak SAR (W/kg) was calculated using the following equation and was determined for a 10 g pixel average:

$$SAR_{(s,y,z)} = \frac{\sigma}{2} \left( E_{xx}^2 + E_{yy}^2 + E_{zz}^2 \right) \rho_{(s,y,z)}$$

where $\sigma$ is the conductivity and $\rho$ is the density of tissues in the sample. The density of the breast is determined by the tissue composition ratio of fat to connective tissue. $x$, $y$, and $z$ represent locations in the Cartesian coordinate system.

2.2 | Eight-channel Rx-only array

An eight-channel close-fitted Rx-only array was constructed on an acrylic frame that was customized for breast MRI (Figure 1B). Four loops were tapered (first panel in Figure 1C, blue squares) in an
orthogonal direction to $B_0$ (green dotted lines in Figure 1B, only two channels are shown), while the other four loops were tapered in a parallel direction to $B_0$ (blue and yellow dotted lines in Figure 1B). Four loops were rectangular in shape and measured 80 mm in height and 80–85 mm in width (green dotted lines in Figure 1B). Another three loops were set about 30 mm apart to minimize the mutual coupling and the eighth element was a saddle coil tapered at the bottom of the frame in order to increase the signal reception depth (yellow dotted line) located at the bottom. C, Schematic diagram of Rx-only and Tx-only arrays. The first panel shows the 3D layout of the eight-channel Rx-only array that was tapered in the acrylic frame (first panel in B). The second and third panels show the circuit diagram of the Rx-only array. Capacitors used in the coil loop for resonance frequency tuning ($C_t$) varied between 8 and 12 pF, whereas capacitors used for 50 Ω matching were 64 pF at $C_{m1}$ and 12–18 pF at $C_{m2}$. The fourth panel shows Tx-only pin connections and the detuning circuits used for active detuning during signal reception.
2.3 | Imaging studies

The study followed our institutional internal review board. Five normal female healthy volunteers (33–40 years old) were recruited and scanned. All MRI studies were performed on a 7 T human scanner (Magnetom: Siemens Medical Systems, Erlangen, Germany), and one of the subjects underwent 3 T (Trio2: Siemens Medical Systems, Erlangen, Germany) imaging for SNR comparison using a body coil as a Tx and a vendor two-channel array breast coil as Rx.

A 7 T gradient recalled echo (GRE) sequence with fat suppression at varying flip angles (FAs) (10°-90° with eight steps) was used to measure the $B_1^+$ field in MRI using the breast phantom (i.e. 50% glandular and 50% adipose tissue along with 8-10 cystic masses, volume of 500 cm$^3$ with dimensions of 120 × 100 × 90 mm$^3$) and in vivo. In the breast phantom, the chest wall was not present, thus the $B_1^+$ field distribution was measured in the entire phantom volume. For the in vivo study, $B_1^+$ field was measured at two ROIs: the first is the tissue region...
within the RF coil, and the second is the entire volume including the chest wall area located outside of the RF coil enclosure. We applied a fat-suppression RF pulse during $B_1^+$ mapping acquisition since homogeneity in the FG tissue region is our primary target. Mean intensity in the fat tissue as a threshold value was measured, and the mean $B_1^+$ field distribution was measured only in the threshold non-fat tissue region.

To evaluate the feasibility of parallel MRI, geometry ($G$) factor maps were acquired in the spherical phantom. An acceleration factor ($R$) from 1 to 4 was applied with 3D gradient echo in the anterior–posterior (AP) direction in the sagittal and transverse planes and in the head–feet (HF) direction in the coronal plane. Imaging parameters are $T_R/T_E = 4/2$ ms, $FA = 10^\circ$, in-plane resolution $=1.25 \times 1.25$ mm$^2$, and slice thickness $= 1.25$ mm. A relatively small in-plane field of view (FOV) (160 mm $\times$ 160 mm) was used for $G$-map acquisition due to the high background noise. We purposely did not mask the background of the $G$ maps to show the relative noise increase in the background. The $G$ map was calculated using the following equation:

$$G_{map(x,y,z)} = \frac{SNR_{(x,y,z);R-1}}{\sqrt{R} \cdot SNR_{(x,y,z);R-12,3,...,4}}$$

where $SNR_{(x,y,z)}$ is the SNR map of the MR images, and $x, y,$ and $z$ represent locations in the Cartesian coordinate system.

A 7 T 3D dual-echo steady state sequence was used to compare SNR with and without the Rx-only array in the breast phantom; $T_R/T_E = 30/5$ ms, $FA = 25^\circ$, in-plane resolution $=0.8 \times 0.8$ mm$^2$, and slice thickness $= 0.8$ mm.

For the SNR calculation, four square regions in the coronal plane were selected to calculate the standard deviation of the noise (white dotted boxes in Figure 5A later) and SNR was then calculated by dividing the image intensity, pixel by pixel, by the noise. In addition, CNR was calculated between the FG and fat tissues in order to measure the image quality. Equations used for the SNR and CNR calculation are

$$SNR = \frac{SI_{(x,y,z)}}{\text{noise}}, \quad CNR = \frac{SNR_{FG}-SNR_{f}}{SNR_{FG}+SNR_{f}}$$

where $SI$ is the signal intensity, noise is standard deviation calculated from four corner ROIs, and $f$ is fat tissue in the breast. $x, y,$ and $z$ are the pixel locations in the MR images.
In vivo 3D $T_1$-weighted breast images were acquired at isotropic resolution (0.6 mm) using a GRE sequence with fat saturation at 7 T (with and without Rx-only array) and at 3 T. SNRs were then compared; $T_R/T_E = 21/2.8$ ms, $FA = 25^\circ$, FOV = 150 × 150 mm$^2$, matrix = 256 × 256, slice thickness = 0.6 mm, and total scan time = 7 min 40 s.

3 | RESULTS

3.1 | $B_1^*$ field distribution and SAR

About 20% $B_1^*$ field inhomogeneity was calculated using the FDTD numerical simulations in the breast model in ROI1, whereas the inhomogeneity increased to 28% in ROI2 (Figure 2B). The $B_1^*$ field inhomogeneity experimentally measured in the entire volume of the breast phantom was about 27% (Figure 2C). Note that the $B_1^*$ inhomogeneity measured in the breast phantom was higher than that for the FDTD numerical model, mainly because of the artificially void/inflated $B_1^*$ field values in the solid masses (see red arrowheads in Figure 2C). The in vivo $B_1^*$ field inhomogeneity was about 22% in ROI1 and increased to about 31% when the chest wall was included (Figure 2D). Mean FA FDTD calculated in the breast model was about 75° (degree/total input of 100 V) and about 70° was measured in the breast phantom whereas about 60° was measured in vivo.

Breast model peak/average SAR calculated for a continuous mean $B_1^*$ field of 2 $\mu$T within ROI1 was 2.61/0.39 W/kg/10 g tissue whereas 3.64/0.57 was calculated for a continuous mean $B_1^*$ field of 2 $\mu$T within ROI2 (Figure 2A). Peak SAR at ROI1 and ROI2 was calculated at the periphery of the breast model, where the skin and chest wall were located. The volume of the breast model that was located outside of the RF coil (included in ROI2) was mostly composed of muscle tissues, thus the average/peak SAR in ROI2 increased.

3.2 | Coupling matrix and noise correlation

In the eight-channel Tx-only array, a mean $S_{11}$ (reflection coefficient) of about −24 dB was measured, whereas $S_{12}$ and $S_{13}$ (transmission coefficient) values of −8 dB and −3 dB were measured. The design of the Tx-only array necessitates high coupling between opposite elements (i.e. $S_{13}$), as can be seen in the $S$ matrix shown in the first column of Figure 3.

The noise correlation matrix measured in the eight-channel Rx-only array shows minimal interaction (3%) between the Rx elements, implying that good decoupling (overlapping and preamplifier) was achieved (second column in Figure 3). In addition, the measured mean $S_{11}$ and $S_{12}$ in all eight Rx loops were about −20 dB and about −15 dB, respectively.

3.3 | G-factor map acquisition

The mean G factor increased in all three planes as R increased, and the mean G factor calculated at R = 2, 3, and 4 in sagittal/coronal/transverse planes was 1.06/1.03/1.01, 1.21/1.17/1.13, and 1.52/1.55/...
1.36, respectively. The peak G factor was measured at R = 4 in each plane (sagittal/coronal/transverse) and was 2.8/2.3/2.7 (Figure 4).

3.4 | SNR/CNR comparison: 3 T versus 7 T MRI

Figure 5A,B shows SNR maps of in vivo breast MR images at 0.6 mm isotropic resolution at 3 T and 7 T, respectively. The SNR measured in the FG tissue region was about four times higher at 7 T (~50 versus ~200, as shown in Figure 5C). CNR measured with fat and FG tissues increased about twofold at 7 T (~0.35 versus 0.63, as shown in Figure 5C). The increased SNR at 7 T in conjunction with the developed RF breast coil system provides clear differentiation of the FG from fat (see Figure 5B).

3.5 | SNR comparison: with versus without Rx-only array

When the Tx-only array was used for Tx/Rx (i.e. transceiver array without Rx-only set-up), SNR decay toward the chest wall was observed, as shown in Figure 6A. With the Rx-only array set-up, an SNR increase of about threefold was measured (Figure 6C). Significant increase of SNR was measured at the phantom periphery and toward the chest wall area due to the increased Rx sensitivity (white dotted contours in Figure 6A,B). As a result of combining the eight-channel Rx-only array with the Tx-only array, significant improvement in the SNR was achieved (Figure 6).

3.6 | In vivo MRI

High-resolution breast MR images with 3D $T_1$-weighted fat-suppression at 0.6 mm isotropic resolution were acquired, with clear demarcation of the FG tissues from surrounding fat tissues and chest wall (see white arrows in Figure 7) when the Tx-only array and Rx-only array were combined (Figure 7B). The breast RF coil system composed of the eight-channel Tx-only TTT array combined with the close-fitted eight-channel Rx-only array demonstrates homogenous and high-SNR breast MRI at 7 T. Figure 8 shows high-resolution (0.6 mm$^3$) in vivo breast MRI of four subjects (one subject was involved during the sequence parameter optimization and the image quality was not appropriate to evaluate.) Fat suppression was homogeneously applied and an SNR difference of about fourfold was measured between FG tissues and fat tissues (Figure 8C). Subject 1 had the smallest breast size and the pixel count in the entire breast volume was the smallest. SNR distributions in all four subjects were similar, with the background peak observed at about 10–15. The mean SNR for FG tissues was about 220, whereas that of suppressed fat tissues was about 50.
A new Tx-only and Rx-only array RF coil system for breast MRI at 7 T has been developed. Although the breast model, experimental phantom, and in vivo subjects were not identical in terms of tissue composition, dimensions, and geometry, the $B_1^+$ field variation and distribution were in relatively good agreement and showed reasonable $B_1^+$ homogeneity in the breast and improved SNR compared with 3 T. Due to the unique experimental setting for breast MRI, where the breast tissues are pulled by gravity for separation of breast tissues from the chest wall, the chest wall is located outside of the Tx-only array sweet spot and decay of the $B_1^+$ field is expected. Combination of the Tx-only array with the close-fitting Rx-only array successfully gains Rx sensitivity (although with some decrease in the $B_1^-$ homogeneity) in the low-$B_1^+$ area. Peak SAR was calculated in the periphery of the breast tissues due to the presence of high-conductivity tissues (skin and muscle) (Figure 2A), and relatively high SAR was calculated in the chest wall region, where muscle tissues are located.

In vivo breast MRI acquired at 3 T and 7 T was qualitatively compared by an experienced breast radiologist with over 20 years of experience, who confirmed that, compared with 3 T, 7 T showed: (i) still homogeneous fat suppression; (ii) higher SNR; and (iii) clearer differentiation of breast tissues from the chest wall (white arrows) was achievable with the Rx-only array.
differentiation of the chest wall from the breast tissues with sufficient SNR. While SNR increased about fourfold at 7 T, CNR also increased. Figure 5C shows that CNR (FG/fat) of about 2 (~46/22) was measured at 3 T whereas about 4 (~200/44) was measured at 7 T. Moreover, SNR distribution between the subjects shown in Figure 8C demonstrated reproducibility of the developed RF array coil. In addition to SNR, quantitative CNR measurements demonstrate that breast MRI at 7 T provides high contrast between two major tissues in the breast. The measured noise matrix showed good isolations between the Rx-only array channels and the acquired G-factor map showed the feasibility of parallel imaging with the developed RF array system. However, with the limited number of Rx-only array channels, an acceleration (R) factor higher than R = 3 is not desired with our RF array. High-resolution 3D MRI of breast in vivo using the developed RF array system at 7 T detailed the anatomical structures in the breast.

Our study shows SNR of about 220 in FG tissues and about 50 for the fat tissues with fat suppression applied in T1-weighted MR images, whereas Korteweg et al. show a mean SNR of about 150 in the center of the breast at 7 T.7 Total acquisition time and sequence parameters are different, and the studies are not directly comparable since the SNR measurement was made in the proton density map. Brown et al. demonstrated the advantage of breast MRI at 7 T compared with 3 T and claimed that a fivefold SNR increase17 was observed, while our study shows about a fourfold SNR increase. Moreover, that same study17 reports that about 27% of inhomogeneity is measured in the FG tissue regions only, whereas our study shows about 22% of inhomogeneity within the entire breast tissues and about 30% when the chest wall is included. This being said, it is quite intricate, especially for breast imaging, to directly compare SNR increase and inhomogeneity variation between different studies.

5 | CONCLUSION

In this study, we have developed an RF array system with an eight-channel Tx-only TTT array combined with an eight-channel Rx-only array for breast MRI at 7 T. B1+ field distributions (FDTD calculated from anatomically detailed human breast model and measured in a breast phantom and in vivo) were in reasonable agreement. While the RF coils utilized were different at 3 T and 7 T, in vivo measured SNR of breast MRI at 7 T increases by about fourfold compared with 3 T and by about threefold with the Rx-only array utilized compared with the Tx-only coil utilized as a transceiver. 3D T1-weighted fat suppression in vivo breast MRI was successfully acquired with high isotropic spatial resolution of 0.6 mm.

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