Methyl Jasmonate and Salinity Increase Anthocyanin Accumulation in Radish Sprouts

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Abstract: Plant secondary metabolites with antioxidant properties, such as anthocyanins, are considered to have an important commercial value for some crops. Although anthocyanin concentration increases in response to various stimuli in plants, the mechanism of anthocyanin accumulation under multiple stimuli is not yet well understood. Here, we examined the effects of methyl jasmonate (MJ) and salinity on anthocyanin accumulation in radish (Raphanus sativus) sprouts. MJ treatments induced anthocyanin accumulation, which was enhanced by simultaneous treatment with salinity (200 mM NaCl), accompanied by growth restrictions. Sprouts treated with salinity alone did not induce anthocyanin accumulation, although sprout growth was restricted. Co-treatment with MJ and salinity increased hydrogen peroxide, total phenol content, and radical scavenging capacity more strongly than was achieved when each treatment was applied singly. Accumulation of anthocyanin was dependent on NaCl concentration and light intensity. Changing MJ and salinity treatment periods had different effects on anthocyanin accumulation and growth restriction, indicating that these phenomena might be differentially regulated. These results may provide an effective anthocyanin accumulation method without reducing plant biomass.

Keywords: anthocyanin; methyl jasmonate; salinity; radish sprouts; treatment period

1. Introduction

Plants activate secondary metabolic pathways in response to various environmental stresses such as light, temperature, salinity, drought, and pathogens [1,2]. Severe exposure to these stresses causes disruption of plant cellular homeostasis, which is accompanied by the production of reactive oxygen species (ROS). To mitigate stress-induced cellular oxidative damage, plants accumulate antioxidant secondary metabolites and antioxidative enzymes [3–5]. Under salinity stress, plants initiate the synthesis of phenolic compounds and other antioxidants, and free radical scavenging enzymes to reduce ROS-mediated oxidative damage [6,7]. The importance of the antioxidant machinery under salinity stress has also been reported in transgenic plants, which accumulate increased concentrations of antioxidants or antioxidative enzymes, showing increased salinity tolerance [8–10].

Production of anthocyanins, phenolic compounds that are well known as the principal plant pigments conferring red coloration, is induced in response to various stresses, and anthocyanins act as antioxidant molecules in plants to achieve tolerance of oxidative stress [11,12]. In red leaf lettuce, low root-zone temperature stress resulted in increased antioxidant capacity and anthocyanin accumulation in leaves [13]. In salinity stress experiments, anthocyanin production was observed in a salt-concentration-dependent manner in tomato and sugarcane [14,15]. Salt-tolerant rice genotypes contained higher concentrations of anthocyanin and proline compared with salt-sensitive genotypes [16], indicating the importance of anthocyanins in plant salinity response.

Jasmonic acid (JA) and methyl jasmonate (MJ) are produced in response to biotic and abiotic stresses, and they are involved in local and systemic responses, including the synthesis of several
groups of secondary metabolites such as phenolic compounds [5,17]. MJ treatment itself can elicit the production of ROS, the activation of antioxidative enzymes, and the accumulation of phenolic compounds, including anthocyanins [18–24]. In several plant species, MJ treatment triggered anthocyanin accumulation, concomitant with the expression of a series of genes involved in the biosynthesis of anthocyanins [17,22,25]. MJ induced expression of anthocyanin biosynthesis genes in the presence of light through the expression of MYB transcription factors [26].

Due to their high antioxidant capacity, anthocyanins are also regarded as important contributors to the colors of fruits and vegetables, and to nutrition for promotion of human health [27,28]. In several plant species, treatment of pre- and post-harvested fruits with MJ enhanced the anthocyanin concentration of the fruits [19,29–31]. In vegetables, various environmental factors stimulated the production of anthocyanins in leaves, such as temperature, light, carbon dioxide, and various stresses [32–34]. These results suggest the existence of multiple signal cascades leading to anthocyanin synthesis. Multiple stimuli working in combination were shown to enhance anthocyanin production more strongly than was achieved when these stimuli are applied singly in several plant species [24,35–37]. Here, using radish (Raphanus sativus L.) sprouts as the experimental material, we examined the simultaneous effects of MJ and salinity on vegetative growth, anthocyanin accumulation, and antioxidant capacity.

2. Materials and Methods

Radish seeds (R. sativus cv. Taibyo-Soubutori; Takii Seed Co., Japan) were sown on wet paper towels and pregerminated for 2 d at 20 °C in the dark. Sprouts at 2 d after sowing (DAS) were placed on well-watered sponge cubes 2 × 2 × 2 cm in size. To set the sprouts into the sponge cubes, each sponge cube was divided into two pieces, with the root of a germinated sprout being sandwiched between the two halves. MJ (0.5 mM) was then sprayed on to the shoot of the sprouts. Control sprouts were sprayed with distilled water. After the spray treatments, sprouts were kept in the dark for 1 h at 20 °C and were transferred to cultivation space at 20 °C under 100 µmol m⁻² s⁻¹ photosynthetic photon flux (PPF) density under a 16-h light/8-h dark photoperiod, using fluorescent lamps (FL40SBR-A; NEC Co., Tokyo, Japan), unless otherwise mentioned. MJ treatments were repeated once daily from 2 to 4 DAS, unless otherwise mentioned. Salinity treatments were conducted just after the first MJ treatment by immersing the sponge cubes in NaCl solutions. Salinity treatments were continuously conducted from 2 to 7 DAS, unless otherwise mentioned. Sprouts without NaCl treatment were treated with distilled water. The volume of the immersion solution was 25 mL per cube. At 7 DAS, the sprouts were harvested, and the growth and component analyses were conducted. The dry weight was obtained by drying the plant materials at 80 °C for 3 days. Shoot water content was obtained from the (SFW–SDW)/SFW ratio, where SFW and SDW were the shoot fresh weight and shoot dry weight, respectively. For microscopic analysis, sprout cotyledon sections were prepared by cutting the cotyledons including the veins using a sharp razor blade.

For investigating the effect of NaCl concentration, sprouts were treated with 0, 50, 100, 200, and 300 mM NaCl with or without MJ treatment. For investigating the effect of light intensity, sprouts were exposed to the light condition of 0, 15, 50, 100, and 200 µmol m⁻² s⁻¹ PPF. For investigating the effect of MJ treatment periods, MJ was sprayed on sprouts once daily from 2 to 4 DAS (M2–4), from 3 to 5 DAS (M3–5), and from 4 to 6 DAS (M4–6). For investigating the effect of NaCl treatment periods, NaCl was continuously treated from 2 to 7 DAS (N2–7), from 3 to 7 DAS (N3–7), from 4 to 7 DAS (N4–7), from 5 to 7 DAS (N5–7), 6 to 7 DAS (N6–7), from 2 to 6 DAS (N2–6), from 2 to 5 DAS (N2–5), from 2 to 4 DAS (N2–4), and from 2 to 3 DAS (N2–3). Each experiment was repeated at least three times independently with similar results.

The total phenol content was measured spectrophotometrically using the Folin–Ciocalteu method described previously [24], with slight modifications. Cotyledons (50 mg fresh weight) were homogenized with 500 µL of 90% methanol. The sample was then centrifuged at 10,000x g for 5 min. The supernatant (20 µL) was diluted with 680 µL of distilled water, and 50 µL of phenol reagent was mixed with it.
After adding 300 µL of 5% sodium carbonate, the mixture was incubated at 25 °C for 30 min in the dark. The absorbance of the supernatant was measured at 765 nm, and a standard curve was prepared using gallic acid.

The anthocyanin content was measured spectrophotometrically as described previously [24], with modifications. Fresh cotyledons were promptly dried in an oven at 90 °C for 1 day. Dried cotyledons were weighed (about 15 mg) and soaked in 1 mL of methanol containing 1% HCl and were incubated at 95 °C for 15 min. The sample was then cooled to room temperature. After the removal of the cotyledons, absorbance of the supernatant was measured at 533 nm, and a standard calibration curve was prepared using cyanidin-3-glucoside.

Production of hydrogen peroxide in sprout cotyledons was investigated by 3,3′-diaminobenzidine (DAB) staining [13]. Cotyledons from sprouts at 7 DAS were detached and incubated with 1 mg mL\(^{-1}\) DAB solution (pH 3.8) under light for 5 h. To remove the chlorophyll, the cotyledons were boiled in 90% ethanol at 95 °C for 3 min. After cooling, photographs were taken after soaking the cotyledons in freshly prepared 90% ethanol solution.

The radical scavenging capacity was measured using 1,1-diphenyl-2-picrylhydrazyl (DPPH) radicals as previously described [38], with minor modifications. Cotyledons (50 mg fresh weight) were homogenized with 500 µL of 90% methanol. The sample was then centrifuged at 10,000×g for 5 min. The supernatant (40 µL) was mixed with 400 µL of 0.5 mM DPPH in ethanol and 360 µL of methanol. After 30 min incubation, the absorbance was monitored at 517 nm. DPPH radical scavenging capacity was expressed as the percentage of DPPH radicals scavenged by calculating the difference between the pre-incubation and post-incubation absorbances.

The level of malondialdehyde (MDA, a lipid peroxidation product) was determined by the thiobarbituric acid reaction method [24]. Cotyledons (100 mg fresh weight) were homogenized in 0.5 mL of 0.1% trichloroacetic acid (TCA) solution. After centrifugation at 10,000 × g for 5 min, 0.2 mL of the supernatant was added to 0.8 mL of 20% TCA solution (containing 0.5% thiobarbituric acid, TBA). The mixture was incubated at 95 °C for 30 min and then transferred onto ice. After centrifugation at 10,000 × g for 5 min, the absorbance of the supernatant was measured at 532 nm and the nonspecific absorbance at 600 nm was subtracted. The concentration of MDA was quantified using a molar extinction coefficient of 155 mM\(^{-1}\) cm\(^{-1}\).

The data obtained for each parameter were analyzed with the statistical package JMP (SAS Institute, Cary, NC, USA). Differences among treatments were determined by one-way analysis of variance (ANOVA). Mean comparisons were made using the Tukey–Kramer honestly significant difference multiple range test at \(P < 0.05\).

3. Results

3.1. Effect of MJ and Salinity on Anthocyanin Accumulation and Sprout Growth

MJ treatment of radish sprouts induced anthocyanin accumulation at 7 DAS (Figure 1). Simultaneous treatments with MJ and salinity (200 mM NaCl) significantly accelerated anthocyanin accumulation, whereas treatment with salinity alone did not induce anthocyanin accumulation (Figure 1). These anthocyanin accumulations were observed from one day after the start of treatments (data not shown). Red-colored pigments were observed on the abaxial surface of cotyledons of sprouts treated with MJ and MJ plus salinity (Figure 1c). In MJ-treated sprouts, anthocyanins were restricted in a layer of abaxial cells under the vein whereas in sprouts co-treated with MJ and salinity, and anthocyanin was widely dispersed in a layer of many abaxial cells (Figure 1c). Similar pigmentation was also observed in tartary buckwheat sprout cotyledons under cold stress [39]. The hypocotyl hardly turned red with any treatment (Figure 1c). MJ or salinity treatment alone decreased hypocotyl length and fresh weight of the sprouts. This decrease was greater in the salinity-treated sprouts (Figure 2a,b). Simultaneous treatments with MJ and salinity further reduced hypocotyl length and sprout fresh weight. Changes in dry weight and water content showed trends similar to those for fresh weight (Figure 2c,d).
Figure 1. Simultaneous effect of methyl jasmonate (MJ) and salinity treatments on anthocyanin accumulation in radish sprouts. Anthocyanin contents of per unit dry weight (a) and anthocyanin content per plant (b) were measured after treatments with water (Control), 0.5 mM MJ (MJ), 200 mM NaCl (NaCl), and co-treatment with 0.5 mM MJ and 200 mM NaCl (MJ + NaCl). (c) Morphological observation of anthocyanin distribution. Leaf sections were observed under a microscope. Scale bars, 200 μm. Error bars represent ± SE (n = 13). Different letters indicate significant differences by Tukey’s multiple comparison test (P < 0.05).

Figure 2. Simultaneous effect of MJ and salinity treatments on the growth of radish sprouts. Hypocotyl length (a), shoot fresh weight (b), shoot dry weight (c), and shoot water content (d) of sprouts after treatment with MJ (0.5 mM) and/or salinity (200 mM NaCl). Error bars represent ± SE (hypocotyl length and shoot fresh weight; n = 24; shoot dry weight and water content; n = 16). Different letters indicate significant differences by Tukey’s multiple comparison test (P < 0.05).
3.2. Effect of MJ and Salinity on Oxidative and Antioxidative Properties

To examine the association between oxidative stress and anthocyanin accumulation, hydrogen peroxide production in sprouts treated with MJ and salinity was detected by DAB staining. Brown DAB precipitate was clearly observed in cotyledons treated with salinity alone and was enhanced in cotyledons co-treated with MJ and salinity (Figure 3a). The total phenol content was increased by MJ treatment alone and was enhanced by co-treatment with salinity (Figure 3b). Salinity treatment alone, as compared with MJ treatment alone, induced higher concentrations of total phenol (Figure 3b). Changes in DPPH, an indicator of radical scavenging capacity, followed trends similar to those of total phenol content (Figure 3c). The concentration of MDA, which is the product of oxidized lipids, was increased by single treatments of MJ or salinity to a similar extent as those of these phenolic compounds but was further enhanced by simultaneous treatment with both MJ and salinity (Figure 3d).

**Figure 3.** Simultaneous effect of MJ and salinity treatments on oxidative stress and antioxidant parameters in radish sprouts. Hydrogen peroxide production in cotyledons was detected by 3,3′-diaminobenzidine (DAB) stain (a), total phenol content (b), 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging capacity (c), and malondialdehyde (MDA) concentration (d) of sprouts after treatment with MJ (0.5 mM) and/or salinity (200 mM NaCl). Error bars represent ± SE (total phenol content and DPPH; n = 9, MDA; n = 6). Different letters indicate significant differences by Tukey’s multiple comparison test (P < 0.05).

3.3. Effect of NaCl Concentration on Anthocyanin Accumulation

Next, we investigated the effect of NaCl concentration on the accumulation of anthocyanins in sprouts in the presence or absence of MJ. In the presence of MJ, anthocyanin accumulation increased in a NaCl dose-dependent manner (Figure 4). At 300 mM NaCl, the treatment induced anthocyanin accumulation in the absence of MJ (Figure 4).
Light stimuli influenced the production of anthocyanins in leaves [11,13,40]. We thus examined the effect of light intensity on anthocyanin accumulation in the radish sprouts co-treated with MJ and salinity. Under dark conditions, anthocyanin accumulation was not detected in sprouts of all treatments (Figure 5). In sprouts co-treated with MJ and salinity, anthocyanin accumulation was clearly increased in a light intensity-dependent manner (Figure 5c). Under high light (200 μmol m⁻² s⁻¹ PPF) conditions, sprouts treated with salinity alone showed a significantly greater anthocyanin accumulation than was achieved in sprouts treated with MJ alone (Figure 5b,d).

**3.4. Effect of Light Intensity on Anthocyanin Concentration in Sprouts**

Figure 4. Effect of NaCl concentration on anthocyanin accumulation in radish sprouts co-treated with MJ. Anthocyanin contents were measured after exposure to 0, 50, 100, 200, or 300 mM NaCl with or without 0.5 mM MJ treatments. Vertical bars represent ± SE (n = 6). Significant differences were detected by Tukey’s multiple comparison test (P < 0.05). Statistical analyses were performed separately for the sprout with or without MJ treatment, and results are shown by lower-case letters without and with single apostrophes, respectively.

Figure 5. Effect of light intensity on the growth and anthocyanin accumulation in radish sprouts treated with MJ and salinity. Anthocyanin contents were measured after exposure to 0, 15, 50, 100, or 200 μmol m⁻² s⁻¹ PPF light exposure (in a 16-h light/8-h dark photoperiod) from 2 days after sowing (DAS) of the sprouts treated with water (a), 0.5 mM MJ (b), 200 mM NaCl (c), and the co-treatment with 0.5 mM MJ and 200 mM NaCl (d). Error bars represent ± SE (n = 6). Different letters indicate significant differences by Tukey’s multiple comparison test (P < 0.05).
### 3.5. Effect of MJ Treatment Periods on Anthocyanin Accumulation

To investigate the mechanism of anthocyanin accumulation and growth suppression induced by MJ and salinity treatments, singly or in combination, we examined the effect of changes in duration of MJ treatment on the accumulation of anthocyanins in sprouts co-treated with salinity (Figure 6a). Sprouts treated with MJ from 2 to 4 DAS (M2–4) showed higher anthocyanin accumulation as compared with sprouts treated from 3 to 5 DAS (M3–5) or from 4 to 6 DAS (M4–6) (Figure 6b). The reductions in hypocotyl length and water content through the M2–4 treatment was alleviated by delaying the MJ treatment period (Figure 6c,f). The fresh and dry weights of sprouts did not significantly change between all MJ/salinity co-treated sprouts and salinity-alone-treated negative control sprouts (M0) (Figure 6d,e).

![Figure 6](image_url)

**Figure 6.** Effect of MJ (0.5 mM) treatment periods on the growth and anthocyanin accumulation in radish sprouts co-treated with salinity (200 mM NaCl). (a) Schematic design of this experiment. Anthocyanin concentration (b), hypocotyl length (c), shoot fresh weight (d), shoot dry weight (e), and shoot water content (f) were measured in sprouts of each treatment at 7 DAS. Error bars represent ± SE (n = 9). Different letters indicate significant differences by Tukey’s multiple comparison test (P < 0.05).

### 3.6. Effect of Salinity Treatment Periods on Anthocyanin Accumulation

Next, we examined the effect of the duration of the salinity treatment on the accumulation of anthocyanins in sprouts co-treated with MJ (Figure 7a). Anthocyanin accumulation observed in sprouts treated simultaneously with MJ and salinity (N2–7) was more effectively suppressed when salinity treatment start times were delayed (N4–7, N5–7, or N6–7), as compared with when salinity treatment end times were shortened (N2–5, N2–4, or N2–3) (Figure 7b). In contrast, the reductions in hypocotyl length, fresh weight, and water content of sprouts induced by co-treatment with MJ and salinity were more effectively alleviated in sprouts when the salinity treatment start time was delayed (Figure 7c,d,f). The sprout dry weight did not change significantly among any of the treatments (Figure 7e).
Figure 7. Effect of salinity (200 mM NaCl) treatment periods on the growth of radish sprouts co-treated with MJ (0.5 mM). (a) Schematic designs of this experiment. Anthocyanin content (b), hypocotyl length (c), shoot fresh weight (d), shoot dry weight (e), and shoot water content (f) were measured in the sprouts of each treatment at 7 DAS. Error bars represent ± SE (n = 9). Different letters indicate significant differences by Tukey’s multiple comparison test (P < 0.05).

4. Discussion

Salinity is considered to be one of the major abiotic stresses in terms of restricting plant growth [6]. In seedlings of several species, salinity stress caused reduced germination and plant biomass [41–43]. In buckwheat sprouts, continuous salinity treatment reduced weight and increased the concentration of total phenolic compounds and DPPH radical scavenging capacity [43]. In accordance with this, we showed with radish sprouts that salinity treatment (200 mM) alone reduced hypocotyl length and plant biomass, accompanied by the accumulation of hydrogen peroxide and increased antioxidant properties such as total phenol content and DPPH radical scavenging capacity (Figures 2 and 4). Owing to salinity-induced ROS accumulation causing oxidative damage, growth retardation, and cell death [44], salinity-induced hydrogen peroxide in the present study might also act as a detrimental factor for sprout cell growth. Combined MJ and salinity treatments resulted in greater growth inhibition as compared to growth inhibition achieved through salinity alone (Figure 2). In *Arabidopsis* seedlings,
combined MJ and salinity treatment reduced root growth [45]. In contrast, exogenous MJ increased tolerance to salinity stress and ameliorated stress-induced growth inhibition by enhancing antioxidant properties in wheat seedlings [46]. Given that sustained JA signaling has been proposed to act as a deleterious factor for plant cells under salt stress conditions [47], the continuous MJ treatments from 2 to 4 DAS in the present study could persistently activate JA signaling during salinity conditions, and hence could negatively affect sprout growth.

Anthocyanins are known to be involved in several stress responses, acting as antioxidants to alleviate plant oxidative damage [11]. In salinity-tolerant transgenic tobacco plants, anthocyanin accumulation was enhanced in parallel with the greater total polyphenol content and radical scavenging capacity, as compared with wild-type plants [48]. In the present study, MJ treatment singly induced anthocyanin accumulation, with this accumulation being enhanced by co-treatment with salinity (Figure 1). These changes were associated with increased total phenol content, radical scavenging capacity, and MDA concentration (Figure 2). Therefore, the accumulation of anthocyanin in this study might be one of the antioxidant responses to cellular oxidative stress. Importantly, the production of hydrogen peroxide was hardly observed in the sprouts treated with MJ alone, although other antioxidant properties were upregulated (Figure 2a). Given that MJ application has been shown to induce stress tolerance by inducing increased levels of antioxidants and antioxidative enzymes [49,50], the hydrogen peroxide production in the present study by treatment with MJ from 3 to 4 DAS may be eliminated by 7 DAS by the rapid increase in antioxidant concentration and antioxidative enzyme activity. In contrast, in sprouts treated only with salinity, the production of hydrogen peroxide was increased without accumulation of anthocyanin (Figures 2 and 3). This indicates that salinity treatment might activate antioxidant responses different from those antioxidant responses induced by MJ. In Arabidopsis, the expression of the JA-responsive genes AOS, AOC, and VSP was not induced by salinity stress alone, but by co-treatment with salinity and JA [45]. Therefore, the MJ/salinity co-treatment in this study might potentiate MJ-induced JA signaling, leading to anthocyanin synthesis. Given the report that salinity alone induced JA-responsive genes in a concentration-dependent manner [51], the anthocyanin accumulation observed in the sprouts treated with high salinity alone (Figure 4) may also result from the activation of JA signaling.

Light is known to be one of the principal anthocyanin inducers in leaves and fruits [23,25,36,52]. In lettuce plants, MJ-induced anthocyanin accumulation in leaves was dependent on light intensity [23]. Park et al. [25] in their study reported that in MJ-treated radish sprouts, anthocyanin content did not increase under dark conditions but increased in the light, accompanied with increased expression of a group of genes involved in anthocyanin biosynthesis, such as PAL and CHI [25]. Similar to these abovementioned studies, the present study showed that anthocyanins were not induced in the dark by any of the treatments investigated (Figure 5), indicating that light is indispensable for anthocyanin accumulation in radish sprouts. Interestingly, under the conditions of high light (200 μmol m⁻² s⁻¹ PPF), accumulation of anthocyanins was increased in plants treated with salinity alone compared with plants treated with MJ alone (Figure 5). In Arabidopsis, the redox-sensitive process is involved in anthocyanin synthesis under high light intensity [53]. Thus, it has been suggested that salinity treatment under high light conditions may alter the cellular redox status, resulting in activation of the redox-sensitive anthocyanin production process.

The accumulation of anthocyanins was decreased when the MJ treatment period was delayed in the sprouts co-treated with MJ and salinity (Figure 6). In tomato plants, JA treatments induced defense responses against insect larvae including several defense-related oxidative enzymes activations in a plant age-dependent manner [54]. In red leaf lettuce, young leaves showed greater anthocyanin accumulation than did old leaves in response to MJ [23]. Thus, younger sprouts may be more responsive to MJ in increasing anthocyanin synthesis. The accumulation of anthocyanins in response to co-treatment with MJ and salinity was also suppressed by shortening the treatment period of the salinity stress (Figure 7), indicating that continuous salinity treatment is necessary to maintain the synthesis of anthocyanins. Accumulation of anthocyanin was more strongly inhibited by delaying
the start time of the salinity treatment as compared to delaying the end time of the salinity treatment (Figure 7). Owing to the overlap between the periods of the MJ and salinity treatments being shortened by delaying the salinity treatment start time, the duration of the period of simultaneous treatment with MJ and salinity may be important for a synergistic effect with respect to anthocyanin induction. On the other hand, growth inhibition by co-treatment with MJ and salinity was attenuated more by bringing forward the end time of the salinity treatment than by delaying the start time of the salinity treatment (Figure 7). Considering that the susceptibility of plants to salinity is influenced by the growth stage at which the plants are exposed to the stress [55,56], older sprouts may be more sensitive than young sprouts to the growth inhibition effect of salinity.

5. Conclusions
To cultivate functional crops that contain high anthocyanin concentrations, it is important to determine not only the anthocyanin concentration of individual crops, but also the total amount of biomass of the crops. In the present study, we showed that MJ-induced anthocyanin accumulation was enhanced by co-treatment with salinity, accompanied by growth restriction. This growth restriction was alleviated by shortening the end time of the salinity treatment. Such complicated stress-inducing steps could be one of the strategies for reducing growth inhibition by stress response while activating signals to induce biosynthesis of antioxidants.

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