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Nucleation is an activated process in which the system has to overcome a free energy barrier in order for a first-order phase transition between the metastable and the stable phases to take place. In the liquid-to-solid transition the process occurs between phases of different symmetry, and it is thus inherently a multi-dimensional process, in which all symmetries are broken at the transition. In this Focus Article, we consider some recent studies which highlight the multi-dimensional nature of the nucleation process. Even for a single-component system, the formation of solid crystals from the metastable melt involves fluctuations of two (or more) order parameters, often associated with the decoupling of positional and orientational symmetry breaking. In other words, we need at least two order parameters to describe the free-energy of a system including its liquid and crystalline states. This decoupling occurs naturally for asymmetric particles or directional interactions, focusing here on the case of water, but we will show that it also affects spherically symmetric interacting particles, such as the hard-sphere system. We will show how the treatment of nucleation as a multi-dimensional process has shed new light on the process of polymorph selection, on the effect of external fields on the nucleation process, and on glass-forming ability.

I. INTRODUCTION

During a first-order phase transition, the system has to overcome a free energy barrier in order to transform to the thermodynamically stable phase. When this process is driven only by thermal fluctuations, it is called homogeneous nucleation. More often, nucleation is facilitated by external surfaces and the corresponding process is known as heterogeneous nucleation. Nucleation is an important process for its many practical applications, as it is ubiquitous in various types of technologically important materials such as metals, semiconductors, pharmaceuticals, and foods. Nucleation has been thoroughly studied (for a recent review see Refs. [1, 2]), but it is still not entirely understood, due to the experimental difficulty in accessing the small size of the crystalline nuclei involved in the transition (which is of the order of 10-1000 molecules in usual conditions). The difficulty in observing the nucleation process at the microscopic level has profound repercussions not only on our theoretical understanding, but also on the practical task of estimating nucleation rates, where considerable disagreements between experimental measurements and numerical predictions are often reported even for the simplest systems.

One notable example is the condensation of Argon, a noble gas, where reports of theoretical and experimentally measured nucleation rates can differ even by 26 orders of magnitude [3–5].

A molecular system whose crystallization represents the most important physical transformation on Earth is water. Understanding nucleation of water is of fundamental importance in many industrial and natural processes. For example, the nucleation of ice nuclei in atmospheric clouds is an important factor in establishing Earth’s radiation budget. Our lack of understanding of the freezing mechanisms of water in clouds has a negative impact on many climate models: ice crystals control the amount of light reflected by clouds, which is one of the largest unknown parameters that affect atmospheric warming [6].

Differently from atomic and molecular systems, colloidal systems are characterized by lengthscales (of the order of 100 ~ 1000 µm) and timescales (of the order of seconds) that can be accessed at a single particle level with microscopy techniques. Moreover, the interactions between colloids are mediated by fast degrees of freedom (like the solvent); these effective interactions [7] can be controlled to a high degree by changing a few external parameters, like the quality and concentration of the dissolved salts. These considerations give to colloidal suspensions the quality of ideal systems, where our theoretical understanding of crystallization can be benchmarked against accurate experimental results. For a recent review of nucleation in colloidal systems see Ref. [8]. It is surprising to observe that even for the simplest colloidal system, i.e. colloidal hard spheres [9–13], discrepancies between the observed and predicted nucleation rates can be as big as ten orders of magnitude [14]. While numerical simulations have found a rapid increase of the nucleation rate with increasing colloid volume fraction φ, growing by more than 15 orders of magnitude from φ = 0.52 to φ = 0.56 [14–24], experiments on both polymer methacrylate and polystyrene microgel systems, instead report nucleation rates that are much less sensitive to volume fraction [25–29].

The simplest and most general understanding of nucleation is embodied in Classical Nucleation Theory (CNT) [1, 30, 31]. Focusing here on the liquid-to-solid transition, the process starts from small crystalline nuclei that spontaneously form in the supercooled liquid from thermal fluctuations. At any temperature below the melting temperature, there is a characteristic size at
which these nuclei are equally likely to dissolve or to grow until the liquid-to-solid transition is complete. This size is called critical nucleus size. Classical Nucleation Theory rests on the assumption that the critical nucleus is amenable to a thermodynamic description, and that the process is effectively one-dimensional, meaning that it can be described by just one reaction coordinate, with all order parameters involved in the transition proceeding simultaneously.

The idea of describing crystal nucleation as a one-dimensional process is borrowed from first-order phase transitions between phases with the same symmetry, most notably the gas-liquid nucleation, or its reverse process, cavitation. But the liquid-to-solid phase transition is different, as both the translational and orientational symmetries of the liquid are broken with crystallization. This is seen by expanding the density of the crystal in its Fourier components [32]:

\[ \rho(r) = \rho_l(1 + \eta) + \rho_l \sum_n \mu_n \exp(ik_n \cdot r), \]

where \( \rho_l \) is the density of the liquid phase, \( \eta = (\rho_s - \rho_l)/\rho_l \) is the fractional density change at freezing, and \( \mu_n \) are the Fourier components associated with the crystalline periodic structure (\( \mu_n = 0 \) for the liquid phase). The liquid-to-solid transition is thus associated with an infinite number of order parameters (\( \eta, \mu_n \)). By assuming the crystal to be harmonic at melting, all high order parameters can be related to \( \mu_1 \). In this effective case, the transition is thus represented by two order parameters, \( \eta \) and \( \mu_1 \), which are associated with translational and orientational order respectively. We note, however, that the latter still includes translational order due to the constraint on the wave vector, \( k = k_n \), which is a feature of the density functional theory of crystallization.

The fact that nucleation is inherently multidimensional is obvious in all those systems where the breaking of positional and orientational order occurs at different temperatures, the most famous example being the freezing of two dimensional hard disks. Here, between the liquid and solid phases, an intermediate phase appears, called the hexatic phase, characterized by quasilong range orientational order, but short-range positional order. In one of the most important cases of algorithmic development in recent years [33], it was shown that the transition between the liquid and hexatic phase is first-order, while the hexatic-to-solid is a second order transition.

But a decoupling of translational and orientational order can occur even when both symmetries break down simultaneously as in the case of crystallization in three dimensions. Note that translational ordering automatically accompanies orientational ordering. In particular, in the next sections we show examples where two-step ordering can be identified prior to the transition: in the first step crystallization involves an increase of orientational order even in the liquid state, only later followed by a change of density (positional order). This decoupling can be intuitively understood on the basis that liquids are difficult to compress, and some order has to appear for realizing efficient packing before density can increase.

In this Article, we will consider several examples of two-step crystallization. The term “two-step” was originally applied to crystallization processes which involved an intermediate step corresponding to metastable phases where nucleation occurs at a higher rate. It has then been extended to describe crystallization processes that are continuous, but where nucleation occurs in preordered regions of the melt. We will start with considering how a metastable gas-liquid phase separation alters the nucleation pathway by adding an intermediate step, i.e. the formation of a dense liquid droplet, whose high density considerably increases the crystallization rate. We will then consider examples where the nucleation pathway occurs through crystallization precursors spontaneously formed in melts. In this case we show that the liquid-to-solid transition is effectively driven by structural fluctuations, and the nuclei reach their bulk density only when their size considerably exceeds the critical nucleus size. In the case of spherically symmetric interaction potentials, we show that crystallization occurs in regions of high crystal-like bond-orientational order, and that these regions effectively select the polymorph that will be nucleated from them. Connection are made also with vitrification phenomena for hard spheres, in which we associate crystalline orientational order with slow regions in the system, and identify five-fold symmetric regions as inhibitors of crystallization. It is worth stressing that such bond orientational ordering does not accompany the density change. We will then focus on the special case of water, where the presence of directional hydrogen bonds considerably alters the pathway to nucleation.

All these indicate that a liquid is not a homogeneous isotropic state at the microscopic level, but generally tends to have more local structural order to lower its free energy. This tendency, which increases for a lower temperature, has an impact on the structural and dynamical properties of a supercooled liquid state, which further influences crystal nucleation and vitrification [34, 35]. In this Article, we consider only a (nearly) single-component system, where density and bond orientational order are two important order parameters to describe the liquid state. However, for a multi-component system, we need an additional order parameter, local composition, to describe it. Here we do not discuss this important but difficult case. We are going to show that the multiple-order-parameter description is crucial to understand the low-temperature phenomena seen in a supercooled liquid state.

II. CLASSICAL NUCLEATION THEORY

The simplest and most general understanding of nucleation is embodied in Classical Nucleation Theory (CNT) [1, 30, 31]. Focusing here on the liquid-to-solid
transition, the process starts from small crystalline nuclei that spontaneously form in the supercooled liquid from thermal fluctuations. A critical nucleus size, at which these nuclei are equally likely to dissolve or to grow, can be easily obtained from the Gibbs-Thomson equation. The chemical potential of a solid particle inside a nucleus of size $R$ is given by

$$\mu_s(r) = \mu_s^0 + \frac{2\gamma}{\rho_s R},$$

where $\mu_s^0$ is the bulk chemical potential of the solid phase, $\gamma$ is the interfacial tension, and $\rho_s$ is the bulk density of the solid. At the critical nucleus size $R_c$, the crystalline nucleus is in equilibrium with the liquid phase, $\mu_s(r_c) \equiv \mu_s^0$, from which we obtain

$$R_c = -\frac{2\gamma}{\rho(\mu_s^0 - \mu_s^l)}.$$

Below the critical nucleus size, the clusters made of $n$ particles are thermally equilibrated at all times, meaning that they are evolving in a free energy landscape where the nucleation rate density can be written as

$$\kappa = K \exp(-\beta \Delta F(n_c)),$$

where $K$ is a kinetic factor, and $\Delta F(n_c)$ is the height of the free energy barrier separating the liquid from the solid phase. Here $n_c$ is the number of particles in the critical nucleus. According to CNT, the kinetic term takes the form

$$K = (\rho/m)f_s^*\sqrt{\beta \Delta F''(n_c)/2\pi},$$

where $\rho$ is the density, $m$ is the molecular mass, $f_s^*$ is the attachment rate of particles to the critical nucleus, and $F''(n_c)$ is the curvature of the barrier at the critical nucleus size $n_c$. The term $Z = \sqrt{\beta \Delta F''(n_c)/2\pi}$ is also known as the Zeldovich factor. The free energy barrier $F(n)$ is instead derived from a competition between a bulk term which accounts for the free energy gain of transforming to the stable phase, and a surface term which expresses the free energy penalty in creating a liquid/solid interface

$$\Delta F(n) = n\Delta \mu + c\gamma n^{2/3},$$

where $c$ is a numerical factor that depends on the shape of the nucleus ($c = 36\pi/\rho^2$ for a spherical nucleus), $\Delta \mu$ is the liquid-solid chemical potential difference, and $\gamma$ is the liquid-crystal surface tension.

Here it is worth mentioning that the transport crucial for crystal nucleation and growth is not controlled by viscosity, but by translational diffusion (see, e.g., Ref. [36]). This is important below the melting point, where the Stokes-Einstein relation rather significantly breaks down.

In the case of heterogeneous nucleation, the free energy barrier is decreased by a geometrical factor

$$\Delta F_{het} = \Delta F_{hom} \frac{(1 - \cos \theta)^2(2 + \cos \theta)}{4},$$

where $\theta$ is the contact angle of the crystal nucleus with the external surface.

### III. EXTENDING CLASSICAL NUCLEATION THEORY

Classical Nucleation Theory provides a successful framework to understand and analyze data from nucleation for a large variety of processes. But, on quantitative level, its predictions are hard to test, as small changes in the experimental conditions can significantly impact the yield rates of crystallization. In the introduction section, we highlighted the large discrepancies in the nucleation rates obtained experimentally and theoretically for arguably the simplest system that exhibits a liquid-to-solid transition, i.e., colloidal hard spheres. Several attempts have been made at solving this inconsistency, but no consensus has been found yet. Approximations in the calculations of nucleation rates can be found both for experiments and simulations, and explanations are being proposed which take into account the limitations of both methods. In one recent proposal [37], the effects of the gravitational fields on the experimental nucleation rates are considered. The difficulty of exactly density matching colloidal samples implies that gravitational lengths are not negligibly short compared to the size of colloidal systems. The coupling between the gravitational force with long range hydrodynamic effects can then cause an increase of density fluctuations in the sample, followed by an increase of nucleation rates compared to the gravity-free case. A different proposal [38] instead focuses directly on hydrodynamic interactions, which are often neglected in simulations. It is argued that hydrodynamic interactions can effectively increase nucleation rates to account for the discrepancy between experiments and simulations. To this day, consensus on the resolution of the discrepancy in nucleation rates has not been found.

Classical Nucleation Theory rests on several approximations. The most important one is the so-called capillarity approximation, which is the assumption that small crystalline nuclei (or the order of 100 of particles) are still amenable to a thermodynamic description, as they retain the same properties of the bulk solid. This assumption has been challenged in many studies [39–43].

As an example we consider here a hard sphere system at reduced pressure $\beta P\sigma^3 = 17$, where $\beta = 1/k_B T$, and $\sigma$ is the diameter of the spheres (see Ref. [44]). At these conditions the critical nucleus size consists approximately of $n_c = 85$ spheres, and direct crystallization events can be observed in simulations. By gathering statistics on many independent crystallization events, in Fig. 1 we plot the average density at the center of mass of the nucleus...
The capillarity approximation is the surface tension $\gamma$ and its avoidance [12, 17, 18, 44, 54–57]. For systems with hard spheres, the nucleation process plays a big role in the crystallization of the fluid and of the crystal respectively, while $R_c$ is the critical nucleus radius.

As a function if its radius $R$, density is normalized with the density of the fluid $\rho_l$ and of the solid $\rho_s$ at their equilibrium values, so that it is 1 in the bulk fcc solid, and 0 in the metastable liquid phase. The radius is instead scaled with the critical radius $R_c$. From the figure we can see that at equilibrium, $R/R_c = 1$, the density at the center of the nucleus is far below the equilibrium density of the crystal $\rho_c$.

Another parameter that is not well described by the capillarity approximation is the surface tension $\gamma$. Several studies have found that the surface free energy cost at equilibrium is not the relevant free energy penalty for nucleation, both in metals and charged colloids [45, 46].

Among the many theoretical treatments that go beyond the capillary approximation see for example Ref. [42, 43, 47]: these include modifications of CNT (as for example introducing a lengthscale-dependent surface tension, i.e. Tolman length) [47], and new applications like density functional theory [42, 48–52] and kinetic nucleation theory [53].

It is worth noting that in most descriptions of nucleation, the melt is described as structure-less and homogeneous. Several studies have shown instead that the supercooled state contains a lot of structural order aside from crystalline order [34, 35]. For hard spheres, for example, the competition between crystalline order and icosahedral (or five-fold symmetric) order plays a big role in the nucleation process, and on its avoidance [12, 17, 18, 44, 54–57].

### Figure 1.
Density of crystalline nuclei as a function of their size. Crystalline nuclei for the hard-sphere system are spontaneously formed at reduced pressure $\beta P \sigma^3 = 17$, and the average density at the center of mass is plotted against the radius $R$ of the nucleus. $\rho_l$ and $\rho_s$ are the equilibrium densities of the fluid and of the crystal respectively, while $R_c$ is the critical nucleus radius.

CNT rests on the assumption that the nucleation process can be described by just one reaction coordinate, and that all order parameters involved in the transition proceed simultaneously. Several works have addressed this assumption in systems where different reaction coordinates can be followed simultaneously during nucleation, and have demonstrated that a single-order parameter description fails at capturing important aspects of the transition [17, 18, 44, 59–66]. In the following we will focus on this particular aspect of the nucleation process, and show how new insights can be obtained with a multi-dimensional (or, multi-order-parameter) representation of the transition.

In colloidal systems, unlike metals and noble gases, polydispersity plays a big role in the crystallization process. Formally speaking, a continuous polydispersity introduces a new order parameter for each specie in the mixture [67, 68]. At high polydispersions, crystallization requires fractionation, and generally destabilizes the crystal. At low polydispersities, it is possible to treat the system like an effective one-component system, but care has to be taken in describing the nucleation process, as several thermodynamic quantities are very sensitive to polydispersity, such as surface tension [69].

It is important to note that kinetic effects can have a profound impact on the crystallization process. Kinetic effects become especially important at high supercooling, where diffusion becomes the rate limiting process for both nucleation and crystal growth. According to Classical Nucleation Theory, the kinetic term in Eq. (2) is controlled by a thermally activated process [70], usually thermal diffusion (at low temperatures diffusivity and viscosity can have different activation energies, i.e. Stokes-Einstein violation)

$$K = Z\rho \frac{24Dn_c^{2/3}}{\lambda^2}$$

where $\lambda$ is the atomic jump distance in the liquid. In the crystallization of a Lennard-Jones system [71], it was shown that the crystallization rate predicted by Eq. (4) is two orders of magnitude smaller than the measured one. This suggests that, for simple monoatomic systems, the kinetic factor is not controlled by thermally activated processes. This behaviour is consistent with the growth of the Lennard-Jones crystal [72] where the crystallization rates were found to be independent of diffusion, but determined by the ideal gas thermal velocity $(3k_B T/m)^{1/2}$. This means that, at high supercooling, crystal growth can proceed despite diffusive processes becoming negligible, even below the glass transition temperature. In a series of experiments [73–75] on molecular liquids (both organic and inorganic glass formers), it was discovered that the crystal growth rate can display an unusual enhancement below the glass transition temperature. The growth rate becomes orders of magnitude...
faster than expected for diffusion-controlled growth, in conflict with the established view that the kinetic barrier for crystallization is similar to that for diffusion. Simulations of hard spheres have also shown crystallization without diffusion [15], that the static properties of the crystals are not much affected by dynamics [23], and that the dynamics in a crystallizing glass becomes intermittent (avalanche like) [76]. There have been several attempts at describing the process by which particles move from the liquid to the crystal without assuming an activated process analogous to that which governs self-diffusion. These include the substitution of diffusion with secondary relaxations [73] (the so called $\beta$ processes), or by taking into account the extensional stress around crystals growing inside a glass of lower density [36, 74, 77]. Despite these attempts, a clear explanation is still lacking. For example, simulations of binary metallic glasses have instead confirmed diffusional growth of the interface [78]. These simulations have noticed a connection between the attachment rate of liquid particles to the crystal surface with the width of the surface, which suggests that the structural properties of the melt, and its preordering in advance of the front propagation, might play a bigger role than dynamics. We will investigate the role of structural preordering of the fluid in detail in Section V.

Despite its limitations, CNT is still our best effective theory of the nucleation process. Rather than focusing on the underlying symmetries (translational and orientational order) CNT uses the size of the nucleus as its reaction coordinate, and gives a unified description of nucleation in a big variety of systems. But the simplifications that are adopted (capillarity approximation, and reduction to a one-dimensional description) hide a lot of the phenomenology of the nucleation process, and in the next sections we unveil some of the steps that have been made in understanding nucleation from a microscopic perspective.

IV. TWO-STEP NUCLEATION: COUPLING BETWEEN DENSITY FLUCTUATIONS AND CRYSTAL ORDERING

One of the first demonstrations of a non-classical pathway to nucleation was given by ten Wolde and Frenkel [58]. They considered how the crystallization pathway is influenced by the presence of a metastable gas-liquid transition, whose order parameter is a scalar density field. The model considered was an adapted Lennard-Jones potential, with a hard-repulsion at contact, and short-range attraction. In Soft Matter systems, reducing the range of the attractions pushes the gas-liquid critical point to lower temperatures, where it eventually becomes metastable with respect to crystallization [79]. The parameters were chosen in order to have a critical point lying approximately 20% below the equilibrium crystallization curve, a condition that is found to be common in globular protein solutions. According to the study, a novel crystallization pathway was found in proximity of the gas-liquid critical point. Instead of direct nucleation from the gas phase (one-step crystallization), the system was found to crystallize inside disordered liquid regions of higher density that form due to critical density fluctuations. This process is referred as two-step crystallization: the first step involves the formation of dense liquid regions, and the second step is the nucleation of the crystal phase inside these dense regions. In the original work [58] the formation of dense precursors was attributed to the long-range density fluctuations that originate from the presence of the metastable critical point. It is thus expected that the nucleation rate would have maximum around the critical point. A recent study [80] has instead found that that the nucleation rate monotonically increases going from the supercritical region towards the two-phase coexistence region. The two-step mechanism is thus not strictly due to critical fluctuations, but rather to the formation of a dense liquid phase that is thermodynamically stabilized below the critical point. Away from the metastable critical point, the system was found to crystallize classically in one step, where densification and structural ordering happen simultaneously. Thus it was demonstrated how a very simple model (spheres with short range attractions) can display very complex crystallization behavior depending on the thermodynamic parameters [81].

In experiments, two-step pathways have been first considered in protein crystallization [82–86], most notably lysozyme, but were quickly observed also in colloidal systems [87, 88]. Numerous examples of two-step crystallization from solutions has been reported in the last years, and several reviews have been written on the subject [89–91].

Probably the best evidence for two-step nucleation pathways came from theoretical investigations, where microscopic information is readily available. The main theoretical tool for the study of crystallization in simple model systems are density functional theory (DFT) [92, 93] and molecular simulations [94, 95].

Two-step crystallization pathways have been suggested to occur also outside the region of stability of the dense fluid phase. In this case, crystallization starts inside metastable liquid drops (also called pre-nucleation clusters [91]) whose lifetime has to be long enough to promote nucleation. The first example came from experimental studies of lysozyme crystals, which were found to crystallize more easily just outside the metastable gas-liquid phase separation transition [96, 97]. Similar processes have been found in both small molecules, like glycine [98] and calcium carbonate [91], and colloidal systems [88]. Two-step crystallization in absence of a metastable liquid phase was also confirmed theoretically in spin models [99] and density functional theory [93].

Even the presence of metastable liquid phases might not be a necessary condition, as several studies have reported two-step nucleation pathways in systems where a
dense fluid phase does not exist. Hard spheres, due to the lack of attractive interactions, are an example of such systems: the stable phases are a fluid phase and close-packed crystalline phases, such as hcp, fcc and the phase obtained by random stacking of hcp and fcc layers. The large size of colloidal particles means that the length-scales and timescales can be (relatively) easily observed experimentally, and many classical experiments have examined the process of crystal nucleation in microscopic detail [9, 100–102]. Also simulations have studied in detail the composition, shape and free energy barrier to nucleation [14, 16, 21, 103]. Leveraging the sensibility of light scattering experiments to density fluctuations, dense amorphous precursors were reported in colloidal hard spheres [104], PMMA particles [105–107], and microgel colloids [28, 108]. These experiments were also corroborated by molecular dynamics simulations [22, 109].

Whether dense precursors can be formed in systems without a metastable fluid-fluid demixing transition (like hard spheres) is not so clear physically and has been debated in the literature. In Ref. [44] we argued that orientational order foreshadows translational order in hard-spheres, i.e. that the nucleation process is accompanied by a faster increase of bond-orientational order than translational order. This also implies that precursor regions, defined as the regions of the melt from which the critical nucleus will emerge from, are better characterized by bond orientational order than density. In the next Section we will go through the different arguments in favor of this scenario, and in Section V A 2 we will comment briefly over the comparison with other scenarios.

V. NUCLEATION PRECURSORS

A. Crystallization of liquids interacting with isotropic potentials

1. Roles of precursors in the birth of crystals

In the previous section we focused on pathways where the metastability of a liquid phase induces the formation of dense drops that promotes crystallization. We will show here that, in absence of a metastable gas-liquid transition, the opposite scenario is instead favored, with structural order fluctuations preceding the increase of density. This can be intuitively understood on the basis that the melt is difficult to compress, and some structural order has to appear due to packing effects before density can increase.

In order to study this process from a microscopic perspective, one should follow the nucleation process from the nucleation event to the growth of the crystalline nucleus over its critical nucleus size. By using local order parameters, describing the degree of translational and orientational order around individual particles, it is then possible to construct a statistical map of the microscopic pathway to crystallization in a multiple-order-parameter space. While most of our knowledge comes from molecular simulations on model systems [17–19, 37, 44, 109, 111], recent confocal microscope experiments have also started to shed light on this process in colloidal systems [112, 113].

Translational order can be computed from two-body correlation functions, such as the pair distribution function or the two-body excess entropy [44, 54], but it is found that all these measures correlate well with the local density (as obtained from the Voronoi diagram of particle configurations). It is thus common to use the local density as a measure of translational order. Unlike translational order, which is obtained from two-body correlation functions, orientational order is obtained by considering many-body correlations. For spherical particles, an adequate measure of orientational order was introduced by Steinhardt et al. [114], and later popularized by Frenkel and co-workers in the study of crystallization [14, 115]. The order parameter most often used for hard spheres is \( q_6 \), where the subscript 6 denotes the use of spherical harmonics of degree 6, and it is computed for each particle in the system by considering only the position of nearest neighbors (\( \sim 12 \) for hard spheres). Lechner and Dellago have also proposed to coarse-grain orientational order parameters, significantly reducing fluctuations by including the orientational order up to the second shell of nearest neighbors [116]. We use here capital letter to
denote coarse grained versions of orientational order parameters: for example, \( Q_6 \) is the coarse-grained version of \( q_6 \). For the exact definitions of these order parameters we refer to Ref. [44, 116]. Here we note that a combination of more than two bond orientational orders is usually not necessarily to specify a particular rotational symmetry. For details, please refer to Ref. [12, 44].

In the following we focus on the hard-sphere system, as a model of fluids that crystallize in close-packed structures. We compare the bond orientational field and the density field according to five different criteria.

**Correlation length of the fluctuations:** In a two-step scenario, one expects the crystalline nucleus to appear inside a region where the relevant order parameter is higher than the rest of the melt. The size of this region should also increase with supercooling. It is well known that the length-scale of density fluctuations barely changes with supercooling, while Refs. [19, 54, 117–119] showed indeed that the correlation length of bond orientational order increases with supercooling. For example, Figs. 2(a) and (b) show that while density fluctuations are almost uncorrelated, bond orientational order is much more correlated. Direct observation of nucleation events have shown that the nuclei do appear to form inside regions of high bond orientational order [17–19, 44].

**Lifetime of fluctuations:** In order to promote crystallization, the fluctuations need to be sustained enough for a nucleus to appear inside them and eventually reach the critical size. The lifetime of density fluctuations is given by the decay of the intermediate scattering function, which is used as a definition of the structural relaxation time, \( \tau_\alpha \). Several studies have shown that structural fluctuations can last much longer than \( \tau_\alpha \) [17–19, 57, 117–121]. This is particularly the case for two-dimensional liquids [119].

**Landau free energy:** The Landau free energy in the two-dimensional space of bond orientational order and density [34, 35] is obtained by computing the joint probability of fluctuations in \( Q_6 \) and \( \rho \),

\[
F(Q_6, \rho) = -k_B T \log P(Q_6, \rho).
\]

Figure 3 shows the result for hard spheres at reduced pressure \( \beta P \sigma^3 = 17 \), taken from Ref. [110], and displays a good decoupling between \( Q_6 \) and \( \rho \), expressing the fact that \( Q_6 \) and \( \rho \) capture independently the fluctuations in bond orientational order and density [110]. A cubic fit to the free energy shows that the dominant cubic term is of the form \( Q_6 \rho^2 \) (see Ref. [34, 35] for a possible form of the free energy functional). Because the interaction is quadratic in \( \rho \) and linear in \( Q_6 \), the system can increase its orientational order without increasing the translational order, but the contrary is not true. This constrains the fluctuations towards a stronger increase in its orientational order. The analysis also shows a weak linear coupling between \( \rho \) and \( Q_6 \), which is visible in the small positive tilt of the free energy contour in Fig. 3. This linear term also indicates that regions of high orientational order will, on average, have also higher density than the melt (see Fig. 2(a)). But the opposite is not true: due to the stronger \( Q_6 \rho^2 \) term in the free energy expansion, regions of high density are not, on average, characterized by higher \( Q_6 \) (see Fig. 2(b)).

**Radial profile of crystalline nuclei:** It is possible to compute the average radial profile for both \( \rho \) and \( Q_6 \) in crystal nuclei of a certain size. The results show that, going from the fluid phase towards the center of the nucleus, the system first develops orientational order, only later followed by an increase of density [110]. Similar results have been obtained with density functional theory [52, 122]. At the critical nucleus size, the center of the nucleus is closer to the \( Q_6 \) of the bulk crystal, yet the density still being just 60% of the bulk value for a critical nucleus of size between 80-90 particles. Extracting the values of the order parameters at the center of the nucleus as a function of nucleus size, Fig. 4 shows that the density extrapolates to the fluid density at zero size, while \( Q_6 \) seems to form at values higher than the bulk fluid. This clearly suggests that indeed the nuclei appear from regions of high bond orientational order, but whose density is still comparable to the fluid’s density. This means that crystal nucleation takes place heterogeneously in space.
FIG. 4. Density and bond-orientational order of crystalline nuclei as a function of their size. Average values of the order parameters (density in red squares, $Q_6$ in black circles) at the center of a crystalline nucleus (its center of mass) as a function of the scaled nucleus radius, $R/R_c$, where $R_c = 85$ is the critical nucleus size.

FIG. 5. Translational vs Orientational order curves. Average density as a function of the local $q_6$ for crystalline particles (symbols and solid line) and non-crystalline particles (dashed line) in a metastable liquid state at $\beta P \sigma^3 = 17$.

Translational vs Orientational order curves:
Ref. [44] introduced the idea of plotting the average density for a metastable liquid state as a function of orientational order for different subsets of particles, as for example liquid and solid particles. The figure is reproduced in Fig. 5, showing that: i) the solid branch shows a characteristic plateau in $\rho$ after which it becomes the stable branch at that state point; ii) the solid branch looses stability at volume fractions of approximately 58%, thus close to the glass transition. The presence of the distinct plateau in $\rho$ clearly shows that the transition occurs at constant density and involves instead an increase of bond orientational order. Ref. [44] showed that the liquid and solid branch start crossing approximately at the melting pressure, below which the two curves do not cross. Similar calculations have shown how polydispersity destabilizes the solid branch [54], and have been found to apply in colloidal experiments [112, 113].

Evidence of bond orientational foreshadowing of crystallization has been suggested for colloidal systems both in simulations [17–19, 44, 54, 111, 123] and experiments [112, 113, 124]. Interestingly, the role of structural fluctuations has been investigated also in a variety of different systems, like metallic melts [70, 125, 126], anisotropic particles [127–129], and polymers [130, 131]. Charged colloids are good model systems for metals and alloys, and a parallel between the two systems, in which the development of short-range order is highlighted, can be found in Ref. [132–134]. Recent advances in X-ray spectroscopy [135–138] hold the potential of computing bond orientational order from scattering experiments, and could open a new era in the investigation of local structural information in disordered systems. The idea of studying crystallization under external fields by studying the effects of the field on the bond orientational order is also a new direction for future research, which has been considered for example in Ref. [139] for the case of crystallization in sheared suspensions.

2. “bond-order-first” vs “density-first”

There has been some debate in the literature as to whether the nuclei appear in dense-precursors [109] or in bond-orientational-ordered precursors [17, 18, 44]. A very recent [140] re-analysis of the simulation trajectories of Ref. [109] (“density-first” case) showed a simultaneous increase of density and bond-orientational order leading up to nucleation. As we observed in Fig. 3 there is a (weak) linear coupling between bond-orientational order and density which ensures that fluctuations toward high bond-orientational order will on average lead to a higher density than the melt. This also means, as found in Ref. [140], that following crystal nucleation in time will lead to a simultaneous increase of density and bond-orientational order, as was observed in Ref. [44].

This consideration may also have an implication on light scattering results of crystal nucleation [108]. Light scattering measurements are basically sensitive to the development of translational order, but not to that of bond orientational order. Thus, the nucleation process
can only be followed as soon as the scattering from the [111] plane is observed, but still before the formation of any higher order peaks. At these resolutions, the distance between [111] planes is observed to be considerably shorter than the nearest neighbour spacing in the remaining melt, which signals that densification is also occurring during the formation of 2D sheets of hexagonal order.

The fact that both order parameters are changing during the transition, does not mean that their role is the same. Positional order and orientational order are characterized by their spatial correlation functions. It has been shown [12, 17, 19, 54, 119], in both mono- and poly-disperse systems, that with supercooling (compression over the freezing pressure) hard-spheres rapidly develop orientational order with negligible signs of increase in translational order: while the correlation length of positional correlation stays constant with supercooling, the bond-orientational correlation length steadily increases, almost doubling its size with respect to fluid state below the freezing pressure. So there is a clear decoupling between orientational and positional order, even if it is not strong enough to sustain an intermediate phase between the fluid and crystal (analogous to the hexatic phase in two-dimensional hard-disks [33]). Instead, the simple first-order nature of the fluid-to-solid transition, dictates a discontinuous change of positional and orientational order, and instead of two-step crystallization (like what happens near a metastable critical point) it is more appropriate to speak of precursors mediated crystallization in hard sphere like systems.

As we have observed in Fig. 3, the two order parameters do not have symmetric roles in the free energy, and while higher bond-orientational order corresponds to higher density, the opposite is not true. As we discussed in Section IV (Fig. 3), the linear coupling between the two order parameter is weaker than the term \(Q_2 \rho^2\), and higher density does not imply higher bond-orientational order. In fact, there are many local configurations which increase the density locally, but do not increase crystalline bond-orientational order. The most notable of these structures are icosahedral clusters, which correspond to the highest local packing of hard-spheres, but that are incompatible with crystalline bond-orientational order. While at the fluid-to-solid transition, both order parameters become long-ranged, the transition state (the critical nucleus) has a more developed bond-orientational order, while the density is still comparatively low compared to the bulk crystal density (Fig. 4). Confocal experiments have the great potential of following the early stages of the nucleation process, and they do confirm a more rapid development of orientational order over densification [112, 113, 124].

3. Role of precursors in polymorph selection

A natural extension of the ideas presented in the previous section is their application to polymorph selection, which has attracted a lot of investigations [1, 44, 103, 111, 141–146].

The observation that structuring foreshadows densification and crystallization leads to the idea that these prestructured regions (precursors) could play a role in determining which polymorph is being nucleated. This idea requires the precursors to have some underlying symmetry that is common with the crystalline structures that are nucleated from them. Such behavior was observed for hard spheres, as reported in Ref. [17–19].

The first studies of polymorph selection from precursor regions were done with the Gaussian Core Model (GCM), which is a good model for the effective interaction between the centers of mass of polymers dispersed in a good solvent [147, 148]. The model presents two stable crystalline phases: the fcc at low pressures, and the bcc phase at high pressures. The density of the bcc phase is lower than the fcc phase, and it becomes lower than the density of the fluid phase above a certain pressure, after which re-entrant melting is observed. Nucleation in the GCM model was first considered in Ref. [103], where the prestructured cloud surrounding the nuclei was taken into account to obtain a better description of the transition. Ref. [111] then proposed a link between the precursor regions and the crystal phase which was nucleated from them. Contrary to thermodynamic predictions, it noted that the GCM model has a kinetic preference for the bcc phase, even in regions where the stable phase is fcc. Ref. [145] then found that the nuclei have a mixed nature, not consisting of a single polymorph, and that the kinetic pathway selected during nucleation persists even when the nucleus is many times above its critical size.

Another example comes from hard spheres. Here the relevant crystalline structures are the close-packed fcc and hcp crystals. Despite a negligible bulk free energy difference (of the order of 0.1% of the thermal energy in favor of fcc [149, 150]), simulations [16, 44, 151, 152] and experiments [9, 13, 100, 153] have both found that nucleation predominantly forms fcc. This preference for the fcc crystal form is indeed found in the precursor regions [44], which show a clear preference for fcc-like environments over the hcp-like ones. This somehow highlights the idea that the kinetic pathway by which nuclei appear plays a fundamental role in polymorph selection. The melt is not simply a structure-less background where nucleation can occur homogeneously, but it is instead composed of local structures with different symmetries. Symmetries that are compatible with long-range crystalline order serve as precursors, and their relative abundance dictates the likelihood of formation of a specific polymorph.

Structures found in the supercooled melt are most often incompatible with crystalline order. The most notable of these structures is the icosahedral-packing which,
since the pioneering work of Frank [154], is the archetypal model of amorphous structures. While precursor regions are linked to nucleation, five-fold symmetric structures are linked to its avoidance. In Fig. 5 we showed that, for hard-spheres at high density, the population of solid particles is outgrown by particles with icosahedral order [44]. Even a small fraction of icosahedral particles strongly suppresses the crystallization process [55, 56, 155]. The effect is enhanced by polydispersity in particle sizes: for entropic reasons, polydispersity increases the amount of icosahedral structures, where often the central particle is smaller than its neighbors. At the same time, size asymmetry suppresses crystalline structures [54]. Frustration effects of local structures of five-fold symmetry on crystallization were also discussed in two-dimensional single-component spin liquids [117].

The effects of polydispersity described here apply to close-packed crystalline structures. It was found that open crystalline structures (as the structure of ice in water) are instead comparatively more stable to disorder. Angular disorder, in particular, was shown to have little effect on the crystallizability of systems with directional interactions [156].

4. Effects of external fields on precursor formation

The effects of external fields on precursor regions were also considered [37, 139, 157]. External walls were considered experimentally and numerically in vertically vibrated quasi-two-dimensional granular liquids and two- and three-dimensional colloidal systems respectively [157], showing that the walls enhance structural order in the fluid, in a manner that is consistent with the bulk behavior, under an influence of wall-induced short-range translational ordering (i.e., layering). This not only leads to the enhancement of glassy slow dynamics but also may induce heterogeneous nucleation near walls. Ref. [37] instead considered the effect of rough walls on colloidal suspensions under the effects of gravity, where the suppression of bond orientational order and layering next to the walls results in a strong suppression of nucleation. Also shear was shown to suppress precursor regions [139], while at the same time increasing the rate of growth of crystals. The interplay between these two effects is at the origin of the non-monotonous crystallization rate as a function of the shear rate [139].

5. Roles of precursors in vitrification

Up to now we have addressed the role of structural heterogeneity in the melt. This not only promotes crystal nucleation, but also causes heterogeneous dynamics, which may be related to the so-called “dynamic heterogeneities”, widely observed in glass-forming liquids. It is natural to expect that more structurally ordered regions are more stable and have slower dynamics than less ordered regions. The lifetime of these heterogeneous regions, \( t_{\text{net}} \), is comparable to much longer than structural relaxation times for three- / two-dimensional systems respectively [34, 35]. For hard-sphere systems (both mono and poly-disperse systems), the study of dynamic heterogeneities in supercooled melts has showed that there is a close match between slow regions and regions with high bond-orientational order [12, 17–19, 54, 117–119, 158–160].

Once a glass is formed, devitrification is still possible, but the mechanism is still not fully understood (see Sec. III), despite the importance that nucleation from the glassy state has in many systems that have industrial applications, like pharmaceuticals and metallic glasses. Recent investigations [76, 163, 164] suggest that the devitrification phenomena is linked to an intermittent dynamic in the melt. During a series of discontinuous events, called avalanches, a small fraction of particles undergoes rapid motion, which is followed by an increase of the crystalline order in the melt.

A topic of practical importance in many applications is related to how the freezing transition is avoided [165], and what are the factors that determine the glass-forming ability of a material. In Fig. 5 we saw that, at high density, the formation of crystalline particles is preempted by other structures that have a high local density. These structures were identified as having five-fold symmetric symmetry, like icosahedral clusters [44]. It was also shown [54] that, by increasing polydispersity, these clusters are comparatively more stable than crystalline environments. It is thus clear that five-fold symmetric structures play an important role in the avoidance of the crystallization transition [154, 155, 166–168]. See Ref. [34, 35] for an in-depth review of this topic. It further suggests an intrinsic link between crystallization and glass transition: for example, suppressing the formation of crystal precursors may lead to higher activation energy for crystal nucleation and thus to higher glass-forming ability. This topic is beyond the scope of this Article and will be discussed elsewhere [169].
Water exhibits a surprising array of unusual properties that mark it as “the most studied and least understood of all known liquids” [172]. Departures from the behaviour of simple liquids are often described as water anomalies, the most famous being the density maximum at about 4°C. Most of these unique properties derive from hydrogen bonding, which is a strong directional interaction favoring local tetrahedral arrangement of water in both its liquid and crystalline phases [173–177].

Hints about the importance of structural ordering were first detected in the supercooled liquid region. Here, the liquid-liquid critical point (LLCP) scenario hypothesizes the existence of a second critical point in the metastable supercooled phase [178–183], below which liquid water would phase separate into two different liquids, low-density liquid (LDL) and high-density liquid (HDL) (the scenario has been intensively debated over the last years [184], but recent results seem to have confirmed it [182, 183]). Also glassy water has been found to exist in different states, called low-density (LDA), high-density (HDA) and very high-density (VHDA) [185] amorphous ices, which can interconvert with each other by the application of pressure. But also at ordinary conditions, many physical quantities exhibit behaviours suggestive of the presence of different states, such as infrared and Raman spectra [186, 187], X-ray absorption spectroscopy, X-ray emission spectroscopy and X-ray small angle scattering [188, 189] (but these results are still debated [190, 191]), and simulations [192, 193]. These phenomena directly point to the ability of the water molecule to sustain different local environments [194, 195].

This feature has attracted considerable attention since the proposal of a mixture model by Röntgen [196] and others (see, e.g., Refs. [197–201]). These models regarded water as a mixture of two rather distinct struc-
tutes, whose entropy difference is not so significant. On a similar basis, but considering the formation of unique locally favored tetrahedral structures of low entropy in more disordered normal-liquid structures of high entropy, a two-order-parameter model was proposed \cite{34, 35, 202–204}. In this model, the state of water is characterized by two order parameters, density and the number density of locally favored structures, \( s \). In this framework, the liquid-liquid transition can be viewed as a gas-liquid-like transition of the order parameter \( s \) \cite{34, 35, 205, 206}. It was shown that modeling water as a mixture of two states has proved extremely successful in describing the anomalies of water using a restricted number of fitting parameters \cite{204, 207}, but their basic assumption, i.e., the existence of structurally different components still lacked a microscopic justification. Here it may be worth pointing out that it may not be appropriate to use the terms LDL and HDL to express fluctuations in water, although this is popular. For example, if we consider a system near its gas-liquid critical point, we characterize fluctuations in terms of the order parameter, density, and we do not refer low and high density regions to gas-like and liquid-like regions respectively.

Now we re-examine water’s unique properties from a microscopic viewpoint by focusing on its nucleation pathway, which we saw involved strong development of local translational order prior to crystallization \cite{208, 209}. We focus here on a popular molecular model for water, TIP4P/2005, which was especially designed to reproduce water’s thermodynamic anomalies \cite{170, 210}.

In the case of water, and tetrahedral materials in general, orientational order is best captured by an order parameter called \( Q_{12} \) which was introduced in Ref. \cite{209} and shown to match the orientational symmetry of all relevant crystalline structures with local tetrahedral coordination.

A good translational order parameter for water should then take into account the structure of water up to the second nearest-neighbors shell, defined in terms of the network of hydrogen bonds. Common choices include the local structure index (LSI) \cite{211, 212}, the tetrahedral order parameter \( 213, 214 \), \( g_5(r) \) (the average density of fifth-nearest neighbor) \cite{192}. Recently we introduced a new structural parameter, \( \zeta \) parameter \cite{208}: for each water molecule, it is defined as the difference between the radial distance of the closest oxygen in the second shell that is hydrogen bonded to the central water molecule, with the radial distance of the farthest oxygen atom in the first shell of neighbors. This \( \zeta \) parameter includes information on hydrogen bonding network in addition to the distance measure (see Ref. \cite{208} on the details). The probability distribution of the \( \zeta \) parameter shows two distinct populations at supercooled conditions \cite{208}. The first population, with a high value of \( \zeta \), is characterized by an open tetrahedral structure, while the second population, with a small value of \( \zeta \), is characterized by a collapsed second nearest-neighbor shell, with substantial shell interpenetration. Supercooled water structures can thus be divided in two different states that differ for the structure of their second nearest-neighbor shell \cite{215, 216}. Locally favored states are represented by a Gaussian population centered around a finite positive value of \( \zeta \), while the disordered state by a Gaussian population centered around a null value of \( \zeta \), with abundant number of states with shell interpenetration (\( \zeta < 0 \)). This bimodal distribution of the \( \zeta \) parameter is in agreement with a two-order-parameter model of water \cite{34, 35, 202–206}, in which water consists of two types of structures, normal liquid structures and locally favored structures and the fraction of the latter is the key order parameter \( s \) specifying the state of water.

The advantage of the \( \zeta \) parameter is that it allows a quantitative estimation of the fraction of low-energy (high \( \zeta \)) local structures directly from computer simulation trajectories. This fraction is reported as \( s \) in Fig. 7(a) (symbols). The values of \( s \) can be used for a two-state modeling of supercooled water, in which the free energy is written as a regular mixture of two states, the high \( \zeta \) and low \( \zeta \) states \cite{203, 205, 208}. The prediction of the two-state model is plotted with continuous lines in Fig. 7(a). Once the free energy of the model is obtained in terms of \( s \), it is possible to derive from it all thermodynamic anomalies of water \cite{34} and compare them with the ones measured in simulations. For example, Figure 7(b) shows the comparison between simula-
tions (lines) and two-state model predictions (symbols) for the density anomaly of a popular molecular model of water, TIP4P/2005 water [208]. The two-state model shows excellent agreement with the measured anomalies, proving that a microscopic two-state description of water’s phase behavior is possible. If there is a cooperative formation of such locally favored structure, the presence of two liquid phases, which are the gas and liquid state of locally favored structures, are expected at a certain condition [34, 178, 203, 205, 206, 216], but whose direct observation is preempted by crystallization.

We have thus seen that structures with high values of ζ are directly responsible for the anomalous behavior of water, and a description based on a two-state model is able to capture the intensity of the anomalies in a quantitative way. The parameter ζ is an expression of local translational order, but structures with high values of ζ are not crystalline structures. An analysis of the structures with high values of ζ in supercooled water reveals in fact that a large fraction of second nearest neighbors participates in five-membered rings of hydrogen bonded molecules, and that this fraction increases with decreasing temperature and pressure [208]. This five-membered rings are incompatible with the stable crystalline structures (both Ice Ih and Ic only have six-membered rings). As the temperature decreases, the lifetime of hydrogen bonds increases, and the opening of five-membered rings to form six-membered rings becomes increasingly more rare. This partly explains why water has such a large metastability gap, in which, in absence of impurities, it can persist in its liquid form down to very low temperatures.

2. Local structural ordering and homogeneous crystal nucleation in water

The existence of the homogeneous crystallization line, where the relaxation time of the liquid becomes shorter than the homogeneous crystallization time, implies that, at the best of today’s knowledge, deeply supercooled liquid states will never be reached at bulk conditions, as already is found in simulations of coarse-grained water models [176, 184]. Thus, the experimentally inaccessible supercooled liquid region is now widely known as “no-man’s land” [216], although there have been efforts to overcome the difficulty by either strong spatial confinement [217, 218], mixing an anti-freezing component [219, 220], or rapid cooling [221].

Homogeneous nucleation of ices has attracted considerable attention because of its importance in nature. However, accessing it by numerical simulations has been very challenging particularly for realistic water models because of a large number of possible configurations of a disordered hydrogen-bond network, which makes the potential energy landscape complex. The first homogeneous nucleation event in water at constant volume was reported for TIP4P [222]. It was found that ice nucleation occurs when a sufficient number of relatively long-lived hydrogen bonds develop spontaneously at the same location to form a fairly compact initial nucleus. At a high density, crystallization takes place more easily [223]. Ice nucleation was also reported by metadynamics simulations [224] and replica-exchange umbrella sampling [225] in the isothermal-isobaric ensemble; however, the results may depend on the choice of order parameters. Simulations using a coarse-grained mW water model [226] were also performed and shown to be very useful because of the relatively low computational cost [176, 227–229]. For example, Moore and Molinero showed that a sharp increase in the fraction of four-coordinated molecules in supercooled liquid water is responsible for water’s anomalous thermodynamics and the rapid increase in the rate of ice formation [176]. There are also many interests on how ice polymorphs are selected upon ice nucleation [227, 228, 230–232]. Besides this problem of polymorph selection, the estimation of the barrier height and critical nucleus size is also an important issue and recently there have been many efforts toward this direction [229, 232–237]. A link between the so-called Widom line [238], or the thermodynamic anomalies associated with the liquid-liquid transition, and the ice nucleation process was also suggested [239].

When we study crystal nucleation by numerical simulations, the choice of order parameters relevant for describing the microscopic pathway of crystal nucleation is crucial. In previous researches of ice nucleation, the bond orientational order parameter Q6 and the hydrogen-bond network topology characterized by six-membered rings are often used as key parameters. These choices are based on the assumption that the stable ice forms at ambient conditions are either hexagonal ice Ih or cubic ice Ic. However, we recently showed [209] that these order parameters may not be sufficient for describing the crystal nucleation pathway of water-type liquids [171]. Below we discuss this problem.

In order to crystallize, water structures need to acquire both translational and orientational order. Here we will briefly account for a recent scenario in which crystallization of ice near the homogeneous nucleation line, and in absence of impurities, is influenced by a new metastable crystalline phase. The difference in the locally favored structure of supercooled liquid water and the stable ice (Ice I) forms is a source of frustration of the crystallization process. To overcome frustration effects, the pathway to crystallization can occur through intermediate steps, in line with Ostwald’s step rule of phases. In fact, in many molecular and soft-matter systems, crystallization does not occur directly in the stable crystalline phase, but instead involves one or more intermediate steps where the melt crystallizes first in metastable phases. These metastable crystals are structurally more similar to the melt than the stable phase. This structural similarity leads to a significant reduction of the interfacial energy, although the bulk free energy of metastable states is only intermediate between the one
FIG. 8. Snapshots from a crystallization trajectory at $T = 206$ K and ambient pressure. The color code is the following: Ice Ic (yellow), Ice Ih (green), clathrate (orange), and Ice 0 (magenta). In (a)-(c) we also plot particles for which the number of connections is equal or bigger than 6, and color them according to their total coherence as shown in the color bar. (a) a pre-critical nuclei; (b) a nucleus of critical size ($n_c = 80$); (c) the same nucleus at post-critical sizes. (d) the same as (c) but where only particles with 12 or more connections are plotted. Reproduced from Ref. [209].

of the melt and of the stable phase.

This idea was recently put forward in Ref. [209], where a novel metastable phase was identified, called Ice 0, with a tetragonal unit cell with 12 molecules, whose thermodynamic and structural properties are intermediate between the melt and the solid crystalline phase. The thermodynamic stability of the new phase was originally demonstrated for mW and TIP4P/2005 models of water [209], and additional density functional calculations have confirmed that, among the known metastable ice phases, Ice 0 has the closest free energy to that of stable ice I [210, 241].

A typical crystallization trajectory of mW water [226] at $T = 206$ K and ambient pressure is shown in Fig. 8 (see Ref. [209] on the details). The orientational order parameter $Q_{12}$ is used to detect precursor regions, where crystallization is likely to occur. Precursors are colored in pink in the figure, and the color intensity increases with the amount of $Q_{12}$ order: the stable Ic (cubic ice) and Ih (hexagonal ice) are colored in yellow and green respectively. Precursor regions are not randomly distributed throughout the system, instead they display a considerable amount of spatial correlation, which increases with supercooling. Furthermore, Fig. 8(a) shows that the nucleation event happens inside the precursor regions. This suggests that crystal nucleation is triggered by precursors in the supercooled liquid, which have a local symmetry consistent with that of the crystal to be formed. The idea that polymorph selection starts already in the supercooled liquid state is essentially the same as the one discussed above for hard spheres [44]. In Fig. 8(b) we can see that an Ice Ic core has formed, and finally in Fig. 8(c), a post-critical nucleus is shown. In Fig. 8(d), where only crystalline particles (12 or more connections) are shown, we can see that indeed the surface is in contact with precursor regions.

The idea to associate precursors with a metastable bulk phase (Ice 0) is based on the structural similarity between supercooled water and the Ice 0 phase. The similarity can be seen not only in local orientational symmetry, but also in the distribution of hydrogen-bonded ring structures: Both liquid water and Ice 0 have almost identical broad distributions of 5, 6, 7-membered rings peaked at 6, whereas Ice I is composed of 6-member rings only. The presence of 5 and 7 member rings acts as the source of frustration against direct crystallization into Ice I, but not for crystallization into Ice 0. Another element of structural similarity is the dipole orientation between neighbouring water molecules, where supercooled liquid water and Ice 0 share great similarities. Fig. 9 plots the distribution function of the average angle $\theta$ between the dipole moment of a water molecule and the dipole moment of its hydrogen-bonded nearest neighbours (panel a), and second nearest neighbours (panel b). In both
FIG. 10. $P$-$T$ phase diagram of mW water. Continuous lines indicate coexistence between the liquid phase and different crystal structures: Ice Ih/Ic (blue), Ice 0 (red) and clathrate CS-II (green). Dashed lines indicate constant chemical potential differences between the liquid and Ice Ih/Ic ($\beta \Delta \mu = -0.721$, in blue), and the liquid and Ice 0 ($\beta \Delta \mu = -0.365$, in red). The green dashed-dotted line is the Ic/CS-II coexistence line. The red open circles indicate state points where homogeneous nucleation is observed in simulations. Adapted from Ref. [209].

For example, in Fig. 10 we report the phase diagram of the mW model of water (a popular coarse-grained model of water). Both melting lines of the stable Ice I phase (in blue) and of the metastable Ice 0 phase (in red) are depicted. The homogeneous nucleation line, where the liquid phase looses its metastability, is represented with open (red) dots and it is seen coinciding with a line of constant thermodynamic driving force with respect to Ice 0 (i.e., the homogeneous nucleation line is the locus of constant chemical potential difference between the melt and Ice 0), rather than the stable phase Ice I. In this scenario, it is shown that the presence of a metastable crystalline phase can fundamentally alter the pathway to nucleation in water.

VI. GENERAL IMPORTANCE OF PRE-ORDERING IN OUR PHYSICAL UNDERSTANDING OF THE LIQUID STATE

In the above, we show that local structural ordering in a liquid state plays a significant role in both its static and dynamical behavior and non-equilibrium transitions taking place there, such as crystallization and vitrification. Conventional liquid-state theories are based on a physical picture that the liquid state is spatially homogeneous and disordered as in the gas state. This is of course true on a macroscopic scale, however, may not necessarily be the case on a microscopic scale, particularly at low temperatures. This local structural ordering cannot always be detected by the density order parameter and we need additional order parameters such as bond orientational order parameters. This indicates that the liquid state cannot be specified by the density field alone. Such ordering must be driven by the free energy of the system, and structural ordering should be a consequence of these low free-energy structures. The many-body nature of this structural ordering is a direct consequence of rotational symmetry selection either by excluded volume effects under dense packing or by directional interactions that often have three-body nature. As seen in the case of water, structural ordering can play a role also above the melting transition, the density anomaly at 4°C being the most famous example of this. For ordinary fluids, dominated by repulsive interactions (such as the hard sphere model) structural order seems to play an increasing role below the melting transition, and a liquid-state theory would require the addition of these features to effectively describe the supercooled state. On noting that crystallization and vitrification take place in a supercooled state, such an extension may be essential for the description of these phenomena, as shown here (see also Ref. [34]). Here we note that the former-type ordering can be induced by excluded volume effects under dense packing for systems having rather hard repulsive interactions. For very soft systems, however, excluded volume effects may not be strong enough for symmetry selection due to large thermal symmetry fluctuations. So crystallization and vitrification phenomena may have different characters between soft and hard systems.

As reviewed above, pre-ordering in a liquid plays a crucial role in all kinds of phenomena taking place at rather low temperatures, such as crystallization, thermodynamic and dynamic anomalies of water-type liquids, liquid-liquid transition, and vitrification [34, 35]. Pre-ordered regions in a supercooled state act as precursors for crystal nucleation since the local symmetry of these regions should be similar to that of crystals because both symmetries are selected by the same free energy. This matching of the symmetry leads to a large reduction of the liquid/crystal interfacial energy. When there are more than two polymorphs, a polymorph whose symmetry is similar to precursors should be statistically favored upon nucleation. This should favor sequential
ordering, known as the Ostwald step rule, in which such a metastable polymorph is first formed, and then transforms to another polymorph having a lower free energy. However, it is worth noting that the selection rule explained above, which is based on the symmetry matching and the resulting low interfacial energy cost, is different from the original Ostwald step rule, which is based on the liquid/crystal free energy difference. Thermodynamic and dynamic anomalies of water-type liquids can be explained by a two-state model that assumes that the anomalies are caused by the formation of locally favored structures, which have static and dynamic properties different from normal liquid structures. Although we did not discuss liquid-liquid transition in this Article, it can be viewed as cooperative local structural ordering and the two liquid states can be regarded as the gas and liquid states of locally favored structures [34, 35]. Finally, vitrification can be viewed as failure of crystallization because of frustration on crystalline preordering or competing ordering [34, 35].

In this Article, we mainly focus on (nearly) single-component systems. For multi-component systems, which are a quite important class of materials, we should consider compositional order in addition to density and structural order. Even for binary mixtures, thus, we need at least three order parameters to describe their liquid state. This is quite important to understand crystallization and vitrification in multi-component systems. This important and complex problem, in which one has to deal with a larger number of order parameters and with their couplings, is open for future investigation.

VII. CONCLUSIONS

In the present Focus Article we examined nucleation as a multi-dimensional process in which the transition from the liquid to the solid phase is driven by fluctuations in two (or more) order parameters. After a short introduction to Classical Nucleation Theory, we showed that the first non-classical pathways to crystallization were discovered in the context of two-step crystallization in models for proteins or colloids with short-range attractions. In two-step crystallization scenarios, nucleation is aided by the formation of metastable liquid droplets that considerably increase the crystallization rate. This pathway was found to apply broadly for a variety of systems, from small molecules, to colloidal solutions, and protein solutions. Even more surprisingly, the pathway of densification prior to nucleation was proposed to apply to systems outside the gas-liquid binodal, meaning that nucleation can occur even outside the region of metastability of the liquid droplets. This may be worth further investigation.

In the absence of a metastable liquid-gas phase separation, recent simulation and experimental work on colloidal systems have shown that, for spherically symmetric interactions, the precursor field is not density but bond orientational order. Nucleation occurs first in regions with high bond orientational order, which then compactify as crystallization proceeds. This is quite natural, on noting that an increase in orientational order is necessary for compactification of a dense system. Moreover, with a high degree of orientational symmetry, the precursor regions can select the type of polymorph which will nucleate from it. Several simulation results have shown that the polymorph that has been selected during nucleation can persist to sizes far bigger than the critical size. The nucleation process, i.e. the first stage of formation of tiny crystal nuclei, has a fundamental impact on the final state, or the macroscale structure.

We also touched upon the relation between precursor regions and heterogeneous dynamics in supercooled liquids, and the effect of external fields (walls and shear) on these regions.

We then considered the case of water. Water has many unique thermodynamic and dynamic properties. The study of the nucleation pathway for both the translational and orientational field has shed new light on these properties. The translational order parameter field was described in terms of a new structural parameter (ζ) which was used to divide the population of water structures in two states. A low-energy, high volume, ordered state (at high values of ζ), and a high-energy, low volume and disordered state (at small values of ζ). The two-state model that derives from this microscopic description is able to quantitatively capture the anomalous behavior of water. The orientational order of water is instead captured by another order parameter, Q12. We have shown that the development of orientational order, and the formation of small crystalline nuclei could be influenced by a new metastable phase, Ice 0, whose structure is intermediate between that of the stable ice forms and of the supercooled liquid state.

Finally, we discuss the general implications of this type of approach in our understanding of liquid-associated phenomena and mention important open problems. We hope that a liquid-state theory constructed on the basis of multiple order parameters and their static and dynamical couplings will be developed in the near future, and contribute to a better understanding of these fundamental open problems.

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