Effects of Heavy Metals on the Performance and Mechanism of Anaerobic Ammonium Oxidation for Treating Wastewater

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Persistence of ammonium nitrogen and heavy metals in wastewater still remains a challenge, and many wastewater treatment plants face the challenge of removing nitrogen under heavy metal stresses. There is no preferred method for the biological treatment of wastewater containing nitrogen and heavy metals with the possible exception of the anaerobic ammonium oxidation (anammox), since it has shown promise for removing nitrogen under heavy metal stresses. This article reviews the recent research results of the nitrogen-removal performance and mechanism by the anammox process under heavy metal stresses, mainly discussing the enhancing and inhibition effects of heavy metals on the performance of the Anammox reactor. The influencing mechanism of heavy metals on the microbial community and extracellular polymeric substances is also presented, and examples are given for explanation. The main problems of the present research are pointed out, and it is proposed that unifying the metal ion concentrations of inhibiting or promoting anammox activity is necessary for the development and industrial application of the anammox process. The information of this review can offer a great possibility for achieving desired nitrogen removal in wastewater treatment under heavy metal stresses and with significant energy savings.

Keywords: anaerobic ammonium oxidation, heavy metals, performance, mechanism, promotion, inhibition

INTRODUCTION

Anaerobic ammonium oxidation (anammox) is an energy- and resource-efficient biological process compared with conventional nitrification–denitrification (Rabbani et al., 2021) in wastewater-treatment plants (WWTPs). Therefore, the anammox process has been studied by most wastewater treatment operators and researchers. Six candidatus genera associated with Anammox (Brocadia, Kuenenia, Jettenia, Anammoxoglobus, Anammoximicrobium, and Scalindua) have been found in many circumstances (Wan et al., 2018), but the industrial-scale installation of the anammox process has still been hindered due to the anammox bacteria’s sensitivity to various environmental factors (Zekker et al., 2016), such as temperature, substrate concentration, and heavy metal. In particular, heavy metal elements have become one of the most critical influences on account of their hard biodegraded and easily enriched characteristics (Xu L.-Z.-J. et al., 2019; Liu et al., 2020); luckily, not all heavy metals have an inhibitory action on anammox.

Heavy metals can be easily released into wastewater during different stages of their life cycle including production, manufacturing, and consumption (Zhang et al., 2018a; Zhang et al., 2019a; Xu et al., 2020).
J.-J. et al., 2019; Zhang et al., 2022). As one of the major acceptors, there is strong evidence exhibiting that many heavy metals have already been present in WWTPs, such as a class of substances called metal oxide nanoparticles (MONPs) (Walden and Zhang, 2016), chromium (Cr (II)) (Boparai et al., 2013; Chen et al., 2014; Shi, 2019), zinc (Zn (II)) (Ma et al., 2020), Ag nanoparticles (AgNPs), nickel (Ni), lead (Pb), copper (Cu) (Zhang et al., 2019a), cadmium (Cd) (Awata et al., 2013; Sun et al., 2020), arsenic (III) (Ma et al., 2021), and so on. The heavy metals, after entering the municipal and/or industrial wastewater treatment plants, usually give a negative impact on the microorganisms in activated sludge and the wastewater treatment performance (Wang et al., 2017).

Many scholars focus on the effect of heavy metals on anammox (Zhang et al., 2018b; Zhang et al., 2018c; Li et al., 2018; Xu L.-Z.-J. et al., 2019; Shi, 2019). However, in the published articles, we can see that there are few studies on wastewater containing heavy metals and some of the results are not consistent, for example, Zn\(^{2+}\) promotes anammox to a certain extent, but the IC\(_{50}\) values in these articles are often different. In addition, there are many uncertainties in the change of EPS and the evolution of microbial community during the treatment of wastewater containing heavy metals by the anammox process. Therefore, the article reviews the inhibitory or promoted effects of heavy metals on anammox in wastewater entering the anammox system, the denitrification performance of anammox could be encouraged (Zhen et al., 2014; Li et al., 2018). As an example, in a recent short-term test, all three elements of Mn\(^{2+}\) (0.5–5 mg/L), Zn\(^{2+}\) (0.5–3 mg/L), and Cu\(^{2+}\) (0.2–2 mg/L) were found to improve the nitrogen removal rate (NRR) and the optimal concentrations were 2.0 mg/L of Mn\(^{2+}\), 2.0 mg/L of Zn\(^{2+}\), and 0.5 mg/L of Cu\(^{2+}\) respectively, accordingly, the NRR were enhanced 54.62, 45.93, and 44.09% (Li et al., 2018). Zhang et al. (2015) suggesting that a low concentration of Cu\(^{2+}\) (<1.0 mg/L) promoted the anammox bacteria activity and had positive nitrogen removal efficiency. Huang et al. (2014) indicated that the nitrogen removal increased at the concentrations of 0.08 mmol/L Fe\(^{2+}\) and 0.05 mmol/L Mn\(^{2+}\) and the maximum removal efficiency was nearly 95%. Similarly, the effects of heavy metals on anammox were investigated by long-term operation, as showed in Table 1. The denitrification capacity of the anammox process has been greatly improved when low concentrations of Mn\(^{2+}\), Zn\(^{2+}\), Fe\(^{2+}\), Cu\(^{2+}\), and Cr\(^{2+}\) were added in the treatment system, which indicated that these heavy metals were beneficial to anammox in both short-term and long-term experiments. However, there were also some contradictory or surprising conclusions reported in the literature. For example, Kimura and Isaka found limited effects of Zn\(^{2+}\) on anammox activity at a low concentration (0.1–5 mg/L). Li’ work showed that only Mn\(^{2+}\) addition could enhance the long-term anammox process under the same operating conditions as the short-term, the amendment of Zn\(^{2+}\) (2 mg/L) reduced the NRR and Cu\(^{2+}\) (0.5 mg/L) had no significant effect on the NRR (Li et al., 2018). Fe\(^{2+}\) in 1–5 mg/L was reported that it could obviously enhance anammox (Zhang et al., 2018d), while another study suggested that 5.3 mg/L Fe \(^{2+}\) effectively promoted the start-up of anammox and reached high nitrogen removal (Tang S.-m. et al., 2020). It might be explained by the unique microbial community composition and microbial growth rates or the different characteristics in various anammox processes. The studies could indicate the synergistic effects of trace elements on anammox, both short-term encouraging activities of anammox and the long-term altering microbial community.

**EFFECTS OF HEAVY METALS ON THE NITROGEN REMOVAL PERFORMANCE OF ANAEROBIC AMMONIUM OXIDATION**

**Enhancing Effects of Heavy Metals**

Low concentrations of Mn\(^{2+}\), Zn\(^{2+}\), Fe\(^{2+}\), and Cu\(^{2+}\) are the essential micronutrients and components of many enzymes and co-enzymes for anammox bacteria (Strous et al., 1998; Aktan et al., 2018). When the metal ions were added into the wastewater entering the anammox system, the denitrification performance of anammox could be encouraged (Zhen et al., 2014; Li et al., 2018). As an example, in a recent short-term test, all three elements of Mn\(^{2+}\) (0.5–5 mg/L), Zn\(^{2+}\) (0.5–3 mg/L), and Cu\(^{2+}\) (0.2–2 mg/L) were found to improve the nitrogen removal rate (NRR) and the optimal concentrations were 2.0 mg/L of Mn\(^{2+}\), 2.0 mg/L of Zn\(^{2+}\), and 0.5 mg/L of Cu\(^{2+}\) respectively, accordingly, the NRR were enhanced 54.62, 45.93, and 44.09% (Li et al., 2018). Zhang et al. (2015) suggesting that a low concentration of Cu\(^{2+}\) (<1.0 mg/L) promoted the anammox bacteria activity and had positive nitrogen removal efficiency. Huang et al. (2014) indicated that the nitrogen removal increased at the concentrations of 0.08 mmol/L Fe\(^{2+}\) and 0.05 mmol/L Mn\(^{2+}\) and the maximum removal efficiency was nearly 95%. Similarly, the effects of heavy metals on anammox were investigated by long-term operation, as showed in Table 1. The denitrification capacity of the anammox process has been greatly improved when low concentrations of Mn\(^{2+}\), Zn\(^{2+}\), Fe\(^{2+}\), Cu\(^{2+}\), and Cr\(^{2+}\) were added in the treatment system, which indicated that these heavy metals were beneficial to anammox in both short-term and long-term experiments. However, there were also some contradictory or surprising conclusions reported in the literature. For example, Kimura and Isaka found limited effects of Zn\(^{2+}\) on anammox activity at a low concentration (0.1–5 mg/L). Li’ work showed that only Mn\(^{2+}\) addition could enhance the long-term anammox process under the same operating conditions as the short-term, the amendment of Zn\(^{2+}\) (2 mg/L) reduced the NRR and Cu\(^{2+}\) (0.5 mg/L) had no significant effect on the NRR (Li et al., 2018). Fe\(^{2+}\) in 1–5 mg/L was reported that it could obviously enhance anammox (Zhang et al., 2018d), while another study suggested that 5.3 mg/L Fe \(^{2+}\) effectively promoted the start-up of anammox and reached high nitrogen removal (Tang S.-m. et al., 2020). It might be explained by the unique microbial community composition and microbial growth rates or the different characteristics in various anammox processes. The studies could indicate the synergistic effects of trace elements on anammox, both short-term encouraging activities of anammox and the long-term altering microbial community.
**Inhibition Effects of Heavy Metals**

In addition to the enhancing effects of heavy metals on the anammox performance, there are also some heavy metals that can inhibit anammox. Most of these metals are biotoxic and can be often found in highly ammonium-loaded wastewaters, such as Cd(II) and Cr(VI), which often inhibit anammox even at low concentrations (Jiang et al., 2018; Vardhan et al., 2019; Madeira and Araújo, 2021). Some engineering MONPs may not have an obvious inhibition effect on the denitrification performance, but may have an impact on the formation of anammox flora (Wang et al., 2017; Zhang et al., 2019a; Xu J.-J. et al., 2019; Zhang et al., 2022).

Cu$^{2+}$ and Zn$^{2+}$ have a promotion effect on anammox at low concentrations, but can lead to the inhibition of anammox at high concentrations (Li et al., 2014; Li et al., 2018; Zhang et al., 2018e; Gutwinski et al., 2021). A dramatic inhibition behavior was observed beyond 10 mg/L of Zn$^{2+}$ (Kimura and Isaka, 2014) and the suppression occurred when Cu$^{2+}$ concentration ranged from 5 mg/L to 10 mg/L (Zhang et al., 2015). The IC$_{50}$ values of Cu (II), Zn (II), and Mn (II) were calculated to be 30, 25, and 4.83 mg/L, respectively, and the NAA (normalized Anammox activity) decreased rapidly with the increase of heavy metal concentrations (Zhang et al., 2016; Tang et al., 2020b).

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The NRR decreased under the action of Cd (II) and Cr (VI), but some authors reported the different NRR performances even at the same dosing of Cd (II). For example, Xu L.-Z.-J. et al. (2019) determined the short-term effect of Cd (II) on anammox and found that adding 1 mg Cd (II) had a slight positive effect, then had an inhibitory effect with the increased dose. In the same short-term experiment, Zhang et al. (2018b) found that 1 mg/L Cd (II) displayed a disparate result in which the NRR declined by 62% in the anammox system. For the different results, it might be induced by different seed sludge and dominant bacteria (Xu L.-Z.-J. et al., 2019). The same goes for the long-term experiments. Xu L.-Z.-J. et al. (2019) indicated well adaptation of anammox bacteria for good NRR performance at the Cd (II) concentrations of 1, 2, and 5 mg/L, respectively. However, inconsistent conclusions were observed in the study of Zhang et al. (2018b), the anammox bacteria could not work properly at the Cd (II) concentration of 5 mg/L. Cr (VI) was one of the most stable and abundant metal ions in industrial wastewater (Yu et al., 2016), 2 mg/L Cr (VI) had a strong inhibitory effect on anammox, which indicated its strong biological toxicity (Jiang et al., 2018). Moreover, when Cd (II) and Cr (VI) were removed, the NRR could be restored to some extent, but not to the initial NRR performance. The results indicated that anammox bacteria had some resistance to Cd (II) and Cr (VI), but the damage was irreversible due to the decline of biodiversity and functional bacteria (Zhang et al., 2018c; Jiang et al., 2018). However, it was reported that the mixture of Cd$^{2+}$, Cr$^{3+}$, and Pb$^{2+}$, even at the highest concentrations, did not adversely affect the course of the anammox process (Gutwinski et al., 2021). Maybe further studies should focus on the examination of the joint effects of different metal mixtures.
EFFECTS OF HEAVY METALS ON THE MECHANISM OF ANAEROBIC AMMONIUM OXIDATION

Effect of Heavy Metals on EPS of Anammox

EPS Changes for the Promotion of Heavy Metal

EPS is the most important factor that enables the microorganisms to survive shocks and protect them from damage (Awata et al., 2013; Zhang et al., 2018c; Ma et al., 2021). Metal ions can cause the change of EPS (as shown in Figure 1) and promote the nitrogen-removal performance of anammox. Since anammox bacteria generally inhabit the inner layer of granules (Vlaeminck et al., 2010), and heavy metals can only enter into anammox through EPS, it is very important to study the effect of heavy metals on the EPS secretion of anammox.

It could be seen in several literatures (Zhang et al., 2018c; Zhang et al., 2018e; Li et al., 2018), that EPS production increased due to the addition of Mn$^{2+}$, Zn$^{2+}$, Ag$^{2+}$, and Cu$^{2+}$. Most of the 343 mg/L EPS was obtained under the action of Ag$^+$, while the effect of other metal ions was less for EPS production, which was probably because Mn$^{2+}$, Cu$^{2+}$, and Zn$^{2+}$ were the trace elements for bacterial growth and Ag$^+$ was toxic. The toxicity of Ag$^+$ made anammox bacteria produce a lot of EPS, and EPS could be used as an adsorption carrier and permeability barrier to reduce Ag$^+$ directly contacting and interacting with anammox cells (Zhang et al., 2018e). The production of EPS protected bacteria from damage under the action of Ag$^+$ and the deposition of AgNPs was observed in the outer layer of anammox granules. Since EPS could combine with cations (Geddie and Sutherland, 1993), heavy metal ions, as cations, would inevitably combine with EPS. Liu et al. (2020) indicated that the adsorption preference was in the order: Pb (II) > Cd (II) > Cr (VI). The role of anammox sludge EPS in the protection against Cu (II) was elucidated by Li et al. (2020a), which was that low concentrations of Cu (II) resulted in a bridging effect, leading to agglomeration and compaction of the colloids. However, it is still unclear how EPS intercepts heavy metals and where the final destination of the heavy metals is, which needs further research. Proteins (PN) and polysaccharides (PS) were often the restriction components (Hou et al., 2015). It was inferred that there were many binding sites located in PN and anammox bacteria including amino, carboxyl, hydroxyl, and phosphate functional groups (Zhang et al., 2016; Ma et al., 2021). The addition of heavy metals could lead to the increase of the PN content to resist the toxic effects of heavy metals (Zhang et al., 2018b). The results will be helpful to study how heavy metals are intercepted outside anammox cells and guide us to mainly study PN rather than the whole EPS.

EPS Changes for the Inhibition of Heavy Metal

What is apparent in the aforementioned argument is that EPS plays an important role to protect anammox bacteria from damage, but why is the anammox activity still inhibited in the presence of some heavy metals? As we know, the anammox bacteria are surrounded and compressed by EPS. When heavy metals enter the influent water, the negatively charged functional groups in PN and PS could effectively bind with heavy metal ions, which were considered as a kind of osmotic protective agents to prevent the metals from entering the intracellular environment (Hou et al., 2015; Li et al., 2020b). In addition, some exogenous enzymes contained in EPS could also bind and inhibit the migration of heavy metal ions (Xu L.-Z.-J. et al., 2019) and protect the anammox bacteria from damage. However, the protection was obviously limited. In a long-term experiment, only 1–2 mg/L Cr (VI) in influent could inhibit an anammox reaction. In the study of Zhang et al. (2018c), since EPS could not intercept Zn (II) immediately and Zn (II) would migrate from EPS to the cell surface or cell, excessive Zn (II) taken in by cells led to the lower anammox activity, EPS secretion reduced and finally worsened to cell death. At higher Cu (II) concentrations, the secondary structure of the EPS proteins was disrupted to a loosened state (Li et al., 2020a). In many literatures, unfortunately, only the content of heavy metals on the biofilm carrier was reported without further analysis.

As discussed previously, EPS has a certain protective effect on anammox. Heavy metals can increase the secretion of EPS, and PS and PN also have different changes. However, EPS can only intercept part of the heavy metals, not completely. Therefore, high concentrations of heavy metals (such as Cr$^{6+}$, Zn$^{2+}$ and Cu$^{2+}$ etc.) can enter the anammox cells, causing reversible or...
irreversible damage to anammox bacteria, then the activity of anammox bacteria reduces and results in the reduction of NRR, even more seriously, cell death.

**Effects of Heavy Metals on Microbial Community in the Anammox Reactor**

**Microbial Community Changes for the Promotion of Heavy Metals**

With the participation of heavy metals, the key microorganisms about anammox may transform, including their activity, abundance, and structure (as shown in Figure 2), resulting in changes in nitrogen metabolism and denitrification performance. As mentioned before, low concentrations of Mn$^{2+}$, Cu$^{2+}$ and Zn$^{2+}$ are generally beneficial to the key microorganisms concerning the denitrification performance of anammox. In a long-term experiment, Mn$^{2+}$ had the greatest effect on NRR, followed by Zn$^{2+}$, then Cu$^{2+}$, and finally Ag$^+$. This was directly related to the abundance of ammonia oxidizing bacteria (AOB) and the anammox bacteria. Mn$^{2+}$ not only increased the abundance of AOB, but also anammox bacteria, which had a rise from 2.68 to 42.74% and 4.50–43.1%, respectively (Li et al., 2018). However, the abundance of AOB and anammox bacteria did not change after Cu$^{2+}$ addition, thus, the NRR has hardly increased. The presence of 10–50 mg/L AgNPs could significantly increase the diversity and richness of the microbial community and also improved the resistance of the anammox particles to AgNPs (Zhang et al., 2018e). It had been proved that _Kuenenia_ abundance was positively correlated with NRR (Zhang et al., 2018e). In another long-term domestication study, it was found that 10 mg/L of Zn$^{2+}$ increased NRR (Zhang et al., 2018e), but the effect was not particularly good. 2 mg/L Zn$^{2+}$ had no significant improvement on NRR, which was not consistent with the previous statement, such as Li’s work (Li et al., 2018). The reason for the difference might be that the anammox bacteria domesticated in the anammox reactor had a certain tolerance to Zn$^{2+}$, low concentration of Zn$^{2+}$ could be absorbed by AOB (Li et al., 2018) and the abundance of _Candidatus kuenenia_ and _Candidatus brocadia_ reached the maximum at 10 mg/L of Zn$^{2+}$ (Zhang et al., 2018c). _Candidatus brocadia_ was more advantageous to metal ions (Zhang et al., 2018g). The conclusions provide the theoretical support, that is, anammox can treat high ammonia–nitrogen wastewater containing Zn$^{2+}$, but it needs a long time of domestication to have a better treatment performance when the Zn$^{2+}$ concentration in wastewater is no more than 10 mg/L. Heme C is concerned with hydratase dehydrogenase (HDH), which is the key enzyme responsible for the transformation of N$_2$H$_4$ into final N$_2$ in the anammox reaction (Lee et al., 2011). The increase of heme C could accelerate the growth of the anammox bacteria and the production of heme C involved with Fe$^{2+}$. Higher Fe$^{2+}$ concentration produced more heme C; therefore, adding Fe$^{3+}$ into the reactor could start up the anammox process quickly. Zhen et al. (2014) found that the number of 16S rRNA gene of Anammox strain was 1.97×10$^9$ copies/g biomass after 150 days of operation with 0.05 mm Fe$^{2+}$, which was 1.73 times higher than that of the reactor without Fe$^{2+}$. The result could be attributed to the increase of exogenous Fe (II) content in anammox reactor. However, the promotion of Fe (II) is special while other heavy metals play an inhibitory role, such as Cd (II) and Cr (VI), because they are not essential elements for microbial life and often cause some damage to normal life activities of microorganisms.
Microbial Community Changes for the Inhibition of Heavy Metals

As for the microbial community, the number of bacteria in connection with protein production would increase after adding some heavy metals (Chen et al., 2007; Enshaei et al., 2011; Zhou et al., 2014; Giovanella et al., 2017), even protein-producing bacteria will possibly become the preponderant phylum (Zhang et al., 2018d). At the genus level, Candidatus kuenenia has always been dominant and has profoundly affected the denitrification performance. In the literature reviewed, the NRR decreased with the decrease of Candidatus kuenenia abundance (Zhang et al., 2018b). For example, when the Cd (II) added exceeded the adaptive capacity of Candidatus kuenenia, the abundance of Candidatus kuenenia decreased, and the denitrification performance of the reactor decreased. Even not adding Cd (II) later, the abundance of Candidatus kuenenia still decreased, which indicated that Cd (II) had a persistent inhibitory effect on the denitrification performance. In addition, it was observed that Candidatus Brocadia was more sensitive to Cd (II) than Candidatus kuenenia in the long-term experiment (Zhang et al., 2018b). As one of the key bacteria for nitrogen removal, the increase of Candidatus kuenenia was conducive to the recovery of the reactor performance, while unfortunately, it was difficult to recover the initial performance. The reasons were diverse, one of which might be that the Cd (II) entered cells and caused both DNA and protein oxidation damage at low concentrations (Simmons et al., 2011; Rusanov et al., 2015), and the performance of the reactor was difficult to recover as the damage was irreversible. Another possibility was that Cd (II) in the influent would adhere to the biofilm carriers generally existing in anammox reactors, resulting in the continuous inhibition of the denitrification performance of anammox (Zhang et al., 2018b). The As(III) stress was a direct threat to anammox bacteria, and the relative abundance of Ca. Kuenenia decreased from 16 to 5% when 50 mg/L As(III) was added. Metal oxide nanoparticles did not affect the denitrification performance of anammox, but affected the microbial community structure. In recent reports, kuenenia tended to use nitrate instead of nitrite as the electron receptor in some denitrification processes. The nitrate produced might be converted into nitrite by heterotrophic denitrifying bacteria (such as Thauera) and could be reused as a substrate by anammox bacteria (Ma et al., 2017; Zhang et al., 2019a; Xu J.-J. et al., 2019; Zhang et al., 2022). However, it is unclear why MONPs can make the heterotrophic denitrification existing in the anammox reactor and not affect the denitrification performance of the reactor.

FUTURE PROSPECTS AND CONCLUSION

Anammox is a promising process for treating wastewater containing nitrogen and heavy metals. The types and concentrations of heavy metals will affect the performance of the anammox reactor in the practical application, including the microbial community composition and EPS secretion of anammox bacteria. The changes of EPS and key microorganisms in the anammox reactor can also obviously be responses to the nitrogen-removal performance changes under heavy metal stresses, which will possibly provide a possible strategy for anammox to resist the toxicity of heavy metals.

However, the following fundamental problems need research efforts. 1) There is no reference in the literature that unifies the inhibitory or promoted concentration of metal ions; different values appeared in different studies. Therefore, it is crucial to get clear values of the different heavy metals in response to the inhibition or promotion on the anammox, which can benefit the functional stability and facilitate the engineering application of the anammox system under heavy metals stresses. 2) The changes of the microbial community structure and EPS in the anammox reactor play the important role in the resistance of heavy metals and improvement of the performance of anammox reactor. It was uncertain that whether the changes occurred synchronously or the heavy metals changed the microbial community first, and then led to the change of EPS, or reversely, which need to be tackled. 3) To increase our knowledge for the effect of heavy metals on anammox, developing a clear understanding of the effect mechanism of heavy metals is required, such as a clear cognition of the heavy metals on the LB- EPS and TB-EPS changes, etc. 4) Hopefully, further studies will accurately determine how the anammox process interacts with the different types and concentrations of heavy metals, how heavy metals cycle in the anammox environment, and what the role of other components in wastewater, such as organic compounds in this process, is. Though challenges remain, anammox treatment has offered a great possibility for the wastewater treatment for desired nitrogen removal under heavy metals stress with significant energy savings.

AUTHOR CONTRIBUTIONS

JG conceived the presented theme and designed the manuscript including supervising the project and editing. QR and CW wrote the original draft. All authors contributed to the article and approved the submitted version.

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