INTRODUCTION

Electronic assessment (e-assessment) is defined as the use of end-to-end electronic methods for the whole assessment processes from the presentation of questions to the saving of the learner’s responses [1]. This means that the design, test implementation, recording the response, and providing the feedback are all completed using electronic devices [2]. Computer-based assessment (CBA) has emerged in recent years as a viable alternative to traditional assessment techniques. It has also infiltrated and influenced the medical curriculum where it has been employed for assessment tasks [3]. This was a descriptive study done for a period of 3 months from August to October 2020 on online platform conducted by the Departments of Pharmacology and Pathology, Government Medical College, Kottayam. The second phase medical undergraduates (n=130) formed the sample population. All the students in sample population willing to participate in online assessment were included in the study after IRB clearance (IRB No: 37/2020 dated 20/08/2020) and they underwent six formative online assessments.

METHODS

Online assessment in this study was defined as an assessment of 30-45 min duration using Multiple Choice Question (MCQ), Match the Following, True/False, Short Answer Questions (SAQ), or One word answers in the subject of Pharmacology or Pathology. Online assessments were conducted using Google fillout forms and Kahoot online quiz [5,6]. Questionnaire was prepared based on previous studies [7,8]. The construct validity was done by formal opinion on each item. The questionnaire was piloted among additional batch students (n=12) from same setting. The level of perception of individual respondents was assessed using the cumulative score of a five point Likert scale, with an increasing order of agreement. The response to each question was presumed to be the score of that question. Reliability analysis showed a Cronbach's coefficient alpha of 0.79 for ease of use of online platform, 0.77 for attitude and 0.6 for practice.

Online informed consent was obtained from the participants willing to be enrolled in the study. The investigators administered six online
assessments to the participants on Google Fill Out Form and Kahoot platform. The questions were shuffled and the options in the MCQs were also shuffled and each assessment lasted for 30–45 min. The tests were announced at least 5 days before the date of exam. The formative feedback on the performance and scores were mailed to the participants within 2 days of submission of their responses for assessments in Google Fill Out form whereas the scores were released immediately for assessments on Kahoot platform. The questionnaire for collecting the perceptions and practices on formative online assessments was administered as Google fill out form after the completion of six online assessments. The questionnaires which were partially filled were excluded from the study. The data were entered into Excel sheet and analyzed using SPSS 16 for windows (SPSS Inc., Chicago, USA).

Mann–Whitney U-test was used to compare the perceptions about Google Fill Out Forms and Kahoot platform. The marks are expressed as mean ± standard deviation.

RESULTS

Three out of the 130 participants who denied consent and submitted unfilled forms were excluded from the study; hence, the response rate was 127/130 (97.7%). There were 78 (61.4%) female and 49 (38.6%) male participants. The mean age was 21.1±1.2 years.

The domain perceived ease of use of platform was divided into two parts Convenience to Use the Platform and Issues and Challenges Faced during the online assessment in that platform. As shown in Table 1, the access to the links of assessment, storage of output, clarity in display, overall user interface had comparable median scores however Kahoot had a statistically significant ease of entering answers in assessment as compared to Google Fill Out Form (p=0.001). As shown in Table 2, while using Google Fill Out Forms the participants felt that their privacy was compromised and also encountered serious technical glitches (p<0.001). As shown in Table 2, while using Google Fillout form whereas the scores were released immediately within 2 days of submission of their responses for assessments in Google Fill Out Form and Kahoot.

49 (38.6%) agreed that they attended the assessments sincerely, and 46 (36.2%) agreed that time allotted for assessment was sufficient. However, 63 (49.6%) were neutral when asked about apprehension about online assessment, 50 (39.4%) disagreed to the statement that they were better than traditional assessment, 49 (38.6%) were neutral on the feedback received by the faculty, 48 (37.8%) agreed that they helped in receiving feedback from faculty, 56 (44.1%) were neutral on the statement that feedback made them anxious, 45 (35.4%) agreed that there was no enough time to prepare for assessments, and 38 (29.9%) were neutral about liking online assessments and 33 disagreed and 31 agreed to the statement “I don’t like online assessments.”

As shown in Fig. 1, only 61 (48%) had revised the topics before online assessment. Even though majority 69 (70.1%) denied copy pasting and 10 (7.9%) gave a neutral answer 29 (22%) had copy pasted some answers. Similarly, 69 (54.4%) had referred to internet and 101 (79.6%) had referred to textbooks/PowerPoints/notes while attending online assessments. Timely submission of assessments was done by 62 (48.8%), 88 (69.3%) had gone through the feedback of the assessments and 59 (46.4%) had saved the assessment feedbacks for future use.

In an open ended question which sought the reason for copying in those who stated that they had copied, reasons quoted were inadequacy of time, confusion in the answer, lack of confidence in attending test, inability to skip unknown questions (all questions were compulsory), inadequate preparation, and for scoring better in the fear that the marks of test will be used for internal assessment and difficulty in typing whole answer for short notes on mobile devices.

Table 4 summarizes the online assessments done during the study period. On Kahoot platform Test 1-Autonomic Nervous System (Pharmacology), Test 2-General Pharmacology (Pharmacology), Test 3-GIT (Pathology) was conducted and on Google Fillout Form Test 1-Central Nervous System (Pharmacology), Test 2-Anticoagulants (Pharmacology), and Test 3-Male and Female Genital System (Pathology) were conducted. The mean marks were not compared because the topics were different. However, as depicted in Fig. 2, the participants scored higher mean marks in Google Fill Out Form when compared to Kahoot.

The open question on suggestions to improve the online assessment was responded by 94 participants. Eighteen (14.2%) requested for smaller topics for assessment, 16 (12.6%) requested more time for attempting the online assessments and 10 (7.9%) demanded more preparation time. Other suggestions given were the need for online discussions and immediate release of answers after assessments, incorporation of simpler MCQs rather than tough questions, incorporation of SAQ, not to use these assessment for internal marks and use it only for self-assessment, the need of faculty supervision to prevent copying, restricting Kahoot responses to one person as

Table 1: Convenience to use Google Fill Out Form versus Kahoot

| Statement and online assessment platforms | Median (1st IQ 3rd IQ) | Mean rank | Mean sum of ranks | U statistic | p value |
|------------------------------------------|------------------------|-----------|-------------------|-------------|--------|
| Access to link of assessment              | Google Fill Out        | 4 (4.5)   | 132.37            | 1681.50     | 7445.50 | 0.24  |
|                                          | Kahoot                 | 4 (4.5)   | 122.63            | 1557.50     |        |      |
| Entering answers in the assessments       | Google Fill Out        | 4 (2.4)   | 111.51            | 1416.50     | 6033.50 | <0.001|
|                                          | Kahoot                 | 4 (2.5)   | 143.49            | 1823.50     |        |      |
| Storage of output (valued answer sheet)   | Google Fill Out        | 4 (2.4)   | 132.02            | 1676.50     | 7490.50 | 0.31  |
|                                          | Kahoot                 | 3 (2.4)   | 122.98            | 1561.80     | 7981.50 | 0.88  |
| Clarity in display of menu option         | Google Fill Out        | 4 (3.5)   | 128.15            | 1627.50     |        |      |
|                                          | Kahoot                 | 4 (3.5)   | 126.85            | 1610.50     |        |      |
| Overall user interface                    | Google Fill Out        | 4 (2.4)   | 129.12            | 16398.00    |        |      |
|                                          | Kahoot                 | 4 (2.4)   | 125.88            | 15698.00    |        |      |

1-very inconvenient and difficult, 2-somewhat inconvenient and difficult, 3-don’t know, 4-somewhat convenient, and easy, 5-very convenient and easy.
there was lot of cheating done by reattempting and not to make all questions compulsory and one participant blatantly suggested to stop the online assessments.

DISCUSSION

During the COVID-19 pandemic the potential to use Technologically Enhanced Active Learning in medical education has been tapped and analyzed [9]. Computer-based case simulations, model driven simulations, and virtual reality/haptic devices are some of the tested assessment methods available worldwide [10]. It has potential to contribute to different facets of educational and professional testing and to effective learning. It has been adopted successfully in medical curriculum teaching and learning along with the effects of the development of pervasive, high speed information, and knowledge in clinical and medical backgrounds [11]. The rich educational assessment with dynamic sounds and visuals, user interactivity, adaptability, improved reliability, and impartiality is some of the advantages of e assessments. Near real-time score reporting, instantaneous personalized feedback, time and space independence, and efficient data collection for statistical analysis are among the other advantage [12,13]. The use of computers makes the assessment easier, relieves the faculty of the burdensome task of invigilation and grading [14]. However, some researchers have also discussed the associated disadvantages of using computer technology with the perceived validity of CBA [15]. Universities worldwide have implemented such computer assisted assessment systems because of the obvious benefits when compared to traditional assessment methods both for formative, summative, and self-assessment purposes [16]. In this study, the participants attended formative online assessments on Google Forms and Kahoot Online platform. Both assessment platforms were opined to be somewhat convenient and easy to use with regard to ease of access, clarity of display of option, and overall user interface. The storage option was better for Google forms. Ease to enter answers was better for Kahoot which was statistically significant. However, considering the fact that short notes and short answers require more time in typing and answering compared to MCQs this opinion may be because of the use of MCQs and one word answers on Kahoot compared to MCQs, SAQ, short answers, and match the following on Google Forms. In this study, participants expressed privacy concerns and technical glitches with Google form as compared to Kahoot. However, there was equivocal response to the statements regarding network issues, eye strain, and computer literacy in both platforms. Lee and Weerakoon stated that the anxiety of computer use and experience in computer use has not been related to student performance [17]. Some studies have proposed that pilot testing as well as mock quizzes/tests would help the students to acquaint with the new assessment tool [9,18].

Studies have shown that medical students have shown keen interest and have positive experience using online assessments for both formative and summative assessments [9,19-21]. Elzainy et al. stated that majority of the faculty in their study appreciated the tremendous improvements in reliability, and impartiality is some of the advantages with dynamic sounds and visuals, user interactivity, adaptability, improved reliability, and impartiality is some of the advantages of e assessments. Near real-time score reporting, instantaneous personalized feedback, time and space independence, and efficient data collection for statistical analysis are among the other advantages [12,13].

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Table 2: Issues and challenges faced during the online assessment with Google Fill Out Form versus Kahoot

| Statement and online assessment platforms | Median (1st IQ) | Mean rank | Mean sum of ranks | U statistic | p value |
|------------------------------------------|---------------|-----------|------------------|------------|--------|
| Privacy of the user is compromised       | Google Fill Out: 3 (2.4) | 135.71 | 17235.50 | 7021.500 | 0.05   |
| Encountered technical glitches and had to redo | Kahoot: 3 (2.3) | 119.29 | 15149.50 | 6974.000 | 0.05   |
| Better than traditional assessment      | Google Fill Out: 4 (3.5) | 136.09 | 17285.00 | 6235.000 | 0.05   |
| Network issues affected by online submissions | Kahoot: 3 (2.4) | 118.91 | 15102.00 | 5973.500 | 0.38   |
| Caused eye strain while attempting the assessment | Google Fill Out: 2 (2.3) | 131.37 | 16683.50 | 7289.000 | 0.17   |
| Computer literacy skill was a barrier in online assessment | Kahoot: 4 (2.4) | 123.63 | 15701.50 | 7273.000 | 0.16   |

1: Strongly disagree, 2: Disagree, 3: Neutral, 4: Agree, 5: Strongly agree

Table 3: Attitude on online assessment

| Statement                                      | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | Median (IQ) |
|------------------------------------------------|-------------------|----------|---------|-------|----------------|-------------|
| Helped me in preparing the topic              | 3 (2.4)           | 9 (7.1)  | 40 (31.5) | 59 (46.5) | 16 (12.6) | 4 (3.4)     |
| I have apprehension about online assessment   | 2 (1.6)           | 9 (7.1)  | 63 (49.6) | 44 (34.6) | 9 (7.1)  | 3 (2.4)     |
| Better than traditional assessment            | 33 (26)           | 50 (39.4) | 29 (22.8) | 13 (10.2) | 2 (1.6)  | 2 (1.3)     |
| Good for self-directed learning               | 8 (6.3)           | 11 (8.7) | 25 (19.7) | 69 (54.3) | 14 (11)  | 4 (3.4)     |
| Helped me in receiving feedback from faculty  | 6 (4.7)           | 13 (10.2) | 49 (38.6) | 48 (37.8) | 11 (8.7) | 3 (3.4)     |
| Feedback makes me want to work better         | 4 (3.1)           | 8 (6.3)  | 39 (30.7) | 65 (51.2) | 11 (8.7) | 3 (3.4)     |
| Feedback made me anxious                     | 10 (7.9)          | 18 (14.2) | 56 (44.1) | 35 (27.6) | 8 (6.3)  | 3 (3.4)     |
| Helped me motivate to learn during lockdown   | 4 (3.1)           | 20 (15.7) | 26 (20.5) | 62 (48.8) | 15 (11.8) | 4 (3.4)     |
| Helped me to learn independently             | 3 (2.4)           | 13 (10.2) | 37 (29.2) | 59 (46.5) | 15 (11.8) | 4 (3.4)     |
| Time allotted was sufficient                  | 19 (15)           | 27 (21.3) | 30 (23.6) | 46 (36.2) | 5 (3.9)  | 3 (2.4)     |
| There is no enough time to prepare for assessments | 9 (7.1) | 30 (23.6) | 37 (29.1) | 45 (35.4) | 6 (4.7)  | 3 (2.4)     |
| I attended the assessments sincerely          | 2 (1.6)           | 26 (20.5) | 36 (28.3) | 49 (38.6) | 14 (11)  | 3 (3.4)     |
| I don’t like online assessments               | 14 (11)           | 33 (26)  | 38 (29.9) | 31 (24.4) | 11 (8.7) | 3 (2.4)     |

Table 4: Marks scored out of 50 in series of formative online assessments

| Test series out of 50 | N | Mean | 95% CI | Minimum | Maximum |
|-----------------------|---|------|--------|---------|---------|
| Test 1 (Kahoot)       | 127 | 27.32 | 25.64–29.0 | 10 | 50 |
| Test 2 (Kahoot)       | 127 | 26.08 | 24.31–27.85 | 7 | 50 |
| Test 3 (Kahoot)       | 127 | 34.76 | 33.28–36.24 | 11 | 46 |
| Test 1 (Google FillOut) | 127 | 28.50 | 27.08–29.92 | 16 | 50 |
| Test 2 (Google FillOut) | 127 | 41.09 | 39.93–42.25 | 18 | 50 |
| Test 3 (Google FillOut) | 127 | 34.43 | 33.21–35.65 | 20 | 50 |
shift to implement online summative assessments as they could be assured of the attainment of learning outcomes in their students [9]. Kübbeck et al. proposed that online assessments provided valuable tool for both students and educators in higher education to model and predict the academic performance and intervene early for the at risk students [22]. However, in this study, even though majority agreed that online assessments helped and motivated them in topic preparation, self-directed learning, independent learning, and improvement through feedbacks they disagreed that online assessments were better than traditional assessment. Majority were neutral about the apprehension on attending online assessments or receiving feedbacks. Kübbeck et al. evaluated and found that online assessments improved the self-perceived pharmacology competence, there was gender neutrality with regard to preference online assessments and first attempt score and time per question were significant predictors of the final scores [22]. In the open ended question of this study many participants complained of inadequate time for preparation for assessments as well as inadequate time for submission of tests which affected time per question. During the COVID-19 lockdown, education providers all over the world had resorted to remote learning and online assessment despite the challenges and one major concern is the academic integrity [23]. Academic integrity is defined as “a commitment, even in the face of adversity, to six fundamental values: honesty, trust, fairness, respect, responsibility, and courage” [24]. In this study, many participants agreed that they had copy pasted or referred to text books, notes, or internet while writing the exams. The reasons cited were time constraints in answering, unavailability of option for skipping unknown questions and the want for more scores. During this, COVID-19 pandemic many institutions have resorted to “take home exams” with an adequate window period of 24 h for submission of answer sheet, which can allow students to grapple with unexpected technical glitches [25]. There have also been instances of assessments as open book examinations worldwide [4,26]. The open book exams unlike the take home online exams have time constraints but they significantly reduced student anxiety and the final grades no longer an indicator of educational performance measure [23,26]. Birch and de Wolf stated that such assessments need to test the knowledge and problem solving ability of the student rather than their ability to Google [26]. The module on online learning and assessment rolled out by the National Medical Commission of India states that mid-course assessments help the students to self-assess, keep up with deadlines and give feedback to learners [27]. In a study by Sreedharan et al., the majority of the participants opined that they could not reproduce the content learned in the class even though it was well explained [28]. In a study by Kesavan and Palappallil, they concluded that well designed formative assessment can improve the outcome of summative assessment [29]. Formative assessments which can be routinely done after completion of a few units help to assess the performance of learners and provide feedback; however, in this COVID-19 pandemic it has helped the students to keep them motivated. Limitations of this study are that it was a single center study restricted to second phase medical undergraduates and the results are based on self-perceived feedback which could change over time.

CONCLUSION

The participants felt that Google Forms and Kahoot were comparable online assessment tools, online assessments were useful but not a replacement for traditional assessments and some participants had referred to various study materials and internet while attending the assessments because it was unsupervised. During the COVID-19 pandemic, the online learning and assessment have kept the medical students in the process of synchronous and asynchronous learning. Adoption of either proctored exams or open book exams with sufficient time can pave the way for a better culture in online assessments.
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AUTHOR CONTRIBUTIONS

Dhanya Sazidhanar Palappallil-Project Idea, Study conducting-Preparation of Google Fill out Form and Kahoot Quiz (Pharmacology), Test evaluation, Literature Review, Data analysis, Statistical analysis, Manuscript preparation.

Deepa Sujatha-Protocol preparation, Study Conducting, Preparation of Google Fill out Form and Kahoot Quiz (Pathology), Manuscript Review.

CONFLICT OF INTEREST

No conflicts of interest to disclose.

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