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Shifting the spotlight of attention: evidence for discrete computations in cognition

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Our thoughts have a limited bandwidth; we can only fully process a few items in mind simultaneously. To compensate, the brain developed attention, the ability to select information relevant to the current task, while filtering out the rest. Therefore, by understanding the neural mechanisms of attention we hope to understand a core component of cognition. Here, we review our recent investigations of the neural mechanisms underlying the control of visual attention in frontal and parietal cortex. This includes the observation that the neural mechanisms that shift attention were synchronized to 25 Hz oscillatory brain rhythms, with each shift in attention falling within a single cycle of the oscillation. We generalize these findings to present a hypothesis that cognition relies on neural mechanisms that operate in discrete, periodic computations, as reflected in ongoing oscillations. We discuss the advantages of the model, experimental support, and make several testable hypotheses.

Keywords: attention, cognition, synchrony, oscillations

INTRODUCTION

Attention is the ability to select a particular stimulus for increased scrutiny. This ability is fundamental to cognition as it compensates for our limited capacity to process sensory inputs or hold items in mind. It does so by allowing the brain to flexibly represent certain items of interest at the expense of others. Sometimes those items are inherently salient and thus of potential interest (such as a looming object). This is often called “bottom-up,” or stimulus-driven, attention. Alternatively, attention can be directed by “top-down” considerations such as internal valuations, regardless of an item’s inherent saliency. Utilizing these internal goals is fundamental to going beyond simple stimulus-response behaviors and toward complex cognition.

Indeed, if we expand the role of attention from selecting external stimuli to also allowing the selection of internal representations (such as rules, action plans, stored memories, etc.), attention is equivalent to cognitive control. Thus, by investigating the neural mechanisms of visual attention we hope to gain insight into the general mechanisms of cognitive control. The focus of this manuscript is to review the neural mechanisms underlying the control of attention (and then extend this toward cognition in general). Of particular interest will be the role of oscillations in neural computations and how this might inform our understanding of cognition. It is important to note that there has been extensive research into the effect of attention on the neural representation of selected stimuli (for reviews, see Desimone and Duncan, 1995; Corbetta and Shulman, 2002; Yantis and Serences, 2003; Maunsell and Treue, 2006) and although this is not the focus of this review we will rely on this literature in interpreting our findings.

THE CONTROL OF VISUAL ATTENTION

The most commonly used paradigm to study how attention is allocated is the visual search task (Treisman and Gelade, 1980; Duncan and Humphreys, 1989; Wolfe et al., 1989). Subjects (either monkey or humans) are asked to search a visual field for a particular target stimulus (see Figure 1A). How quickly the subject is able to do this depends on the relationship between the target and distracting visual elements. When distractors all differ from the target in a single dimension (Figure 1A, top row) the target will stand out, or “pop-out,” from distracting stimuli, capturing attention automatically and leading to a very fast search time. What constitutes a pop-out dimension has been the subject of debate (for review, see Wolfe and Horowitz, 2004), but is generally viewed as the basic components of stimuli, such as color, orientation, shape, etc. Under these conditions not only can the subjects find the target quickly but the time to find the target is not strongly influenced by the number of distractors in the search array. In contrast, when the distractors differ from the target in more than one dimension, and do so independently from one another (Figure 1A, bottom row), the target no longer automatically grabs the subjects attention based on its inherent qualities, but rather internal signals (such as knowledge of the sought-after targets’ attributes) must guide the search. This results in an overall slower search speed and, generally, the time to find the target is a function of the number of total items in the search array. In addition to the psychophysical work done in humans, behavioral differences between pop-out and search tasks have also been found in non-human primates (Iba and Sawaguchi, 2003; Buschman and Miller, 2007).

This dichotomy between fast and slow search reflects the mechanisms underlying the control attention: attention can either be captured by a stimulus based on its inherent physical properties or it can be directed toward a particular goal by an internal mechanism. This mirrors a major distinction in cognition, namely the distinction between automatic and controlled processing. The balance between them is important for cognition – external stimuli have intrinsic value based on their stimulus properties that can capture attention and behavior (i.e., fast things moving toward us should be salient). However, goal-directed behavior requires the ability to
focus on particular stimuli or tasks despite the fact that they might not be the most salient. As we were interested in understanding how the brain balances these two competing processes we trained two monkeys to perform a visual search task. This allowed us to investigate the role of the frontal and parietal cortex in internal and external control of attention.

FRONTAL CORTEX REFLECTS INTERNAL DIRECTION OF ATTENTION; PARIETAL CORTEX REFLECTS EXTERNAL CAPTURE OF ATTENTION

Recent work has highlighted the importance of a frontal-parietal network in the control of attention (Corbetta et al., 1993, 1998; Coull et al., 1998). Human studies on the control of attention have isolated regions both in the parietal cortex (specifically within the intraparietal sulcus) and prefrontal cortex (including the human analog of the monkey frontal eye fields (FEF) in the precentral sulcus, Corbetta and Shulman, 2002). In humans, directing attention to a location (Corbetta et al., 1993; Coull and Nobre, 1998) or to a stimulus dimension (such as color or motion, Liu et al., 2003) leads to activation of regions within the precentral sulcus and intraparietal sulcus. There is even evidence that different “modes” of attentional selection (i.e., attending to location, color, or motion) may all be served by this same network (Liu et al., 2003; Yantis and Serences, 2003). Frontal-parietal networks are also engaged during visual search in humans (Corbetta et al., 1995; Donner et al., 2000, 2002; Nobre et al., 2002).

Neurophysiology has extended these results to single neurons in the analogous non-human primate regions in both parietal (specifically, the lateral intraparietal area, or LIP) and frontal cortex (both the lateral prefrontal cortex, IPFC, and the FEF). Areas in the parietal cortex like area LIP are believed to carry a saliency map of the visual field and thus may play a leading role in the automatic allocation of attention during pop-out. Neurons in LIP reflect the attentional priority of stimuli in their receptive field (Bisley and Goldberg, 2003) and are known to respond transiently to flashed stimuli, which can automatically draw attention (Bisley and Goldberg, 2006). LIP neurons reflect the target location of a pop-out stimulus very quickly about 80 ms after the onset of the stimulus array (Izapa et al., 2006). The prefrontal cortex (including the FEF) is also critical for the allocation of attention. In addition to general deficits in behavioral control, patients with lesions to the PFC show specific deficits in visual search tasks (Eglin et al., 1991; Knight et al., 1995; Knight, 1997). In non-human primates, IPFC neurons carry information about the target location in visual pop-out (Hasegawa et al., 2000) and inactivating dlPFC with muscimol reduces their ability to do visual search tasks, but not detection tasks (Iba and Sawaguchi, 2003). FEF neurons have been shown to carry information about the locus of attention in both easy and difficult visual search tasks (Bichot and Schall, 1999).

Clearly, areas in both frontal and parietal cortex are involved in both types of attention (internal and external). However, in order to fully understand each areas respective role in controlling attention requires recording from all three regions simultaneously using multiple electrodes. Multiple-electrode recording is ideal for comparing different neuron populations because the neurons can be compared under identical conditions. The painstaking nature of the single-electrode approach means that different investigators tend to study neurons in different brain areas with different experimental paradigms in different animals with different training histories. All of this can affect neural activity and thus confounds comparisons across areas, potentially producing spurious differences and/or obscuring real ones (Miller and Wilson, 2008). Indeed, it is becoming increasingly apparent that attention (and cognitive control in general) does not exist in a single structure but instead relies on the interaction between many areas (as we will outline in greater detail below). Thus, without recording from multiple regions simultaneously it is impossible to determine the relative role of a brain area in a given function. For example, neural properties seen in a given area may have been computed elsewhere and have simply been inherited by the area in question, making it difficult to assign a region a particular function without knowing the properties of interacting brain areas.

Therefore, to directly test the relative roles of IPFC, FEF, and LIP in visual attention, we recorded from all three regions simultaneously while the monkeys performed a visual search task (alternating between the easy “pop-out” condition and the difficult “search” condition, Figure 1A). We found that when attention was automatically captured by a salient stimulus, neural signals reflected the direction of attention to that stimulus in area LIP with a shorter latency than in the IPFC and FEF. This suggests the bottom-up capture of attention by the salient target occurred in LIP before the frontal cortex. During the search condition, when attention must be directed by internal mechanisms, we found that the target location appeared in the frontal cortex (both IPFC and FEF) with a shorter latency than LIP (Buschman and Miller, 2007). Taken together, these results suggest that attention is captured by external stimuli in a bottom-up fashion; reflected in LIP (possibly as part of a saliency map) and fed-forward to frontal cortex (dashed arrows in Figure 1B). In contrast, the frontal cortex is the source of internal direction of attention, selecting particular stimuli based on internal goals and cognitive plans (solid arrows in Figure 1B). Similar results have recently been found in humans (Li et al., 2010). Having examined how the ultimate direction of attention is reflected in frontal and parietal cortex, we next examined the mechanisms of allocating attention when searching for the target.

SERIAL DIRECTION OF THE SPOTLIGHT OF ATTENTION IN THE FRONTAL EYE FIELDS

There is a general consensus that the automatic, bottom-up attentional selection by salient stimuli occurs through a parallel mechanism (Treisman and Gelade, 1980; Duncan and Humphreys, 1989; Wolfe et al., 1989; Reynolds et al., 1999; Itti and Koch, 2000). That is, as stimuli are processed along the visual cortex, they compete with one another for neural representation, with the most salient stimuli becoming the strongest represented because they garner more neural “energy” and thus win the competition. This may reach its culmination in LIP, with LIP carrying a map of the salience of the entire visual field. In contrast, the process of top-down, internal direction of attention during visual search is more controversial. Two major theories have been proposed. First, top-down attention could act by influencing the salience values of all stimuli (i.e., increasing the “value” of all red stimuli and square stimuli when searching for a red square). These altered saliency values can then be compared, in parallel, as in the bottom-up condition.
to note that we did not train monkeys to search in this clockwise serial fashion, they spontaneously adopted it (and it is an optimal serial search strategy).

Although this behavioral evidence for a serial search process is intriguing, it is not conclusive. As noted above, it could also reflect a parallel search process that is weighted toward certain visual field locations (i.e., some locations might be more salient than others). Direct evidence could come from examining neural activity for any evidence for serial, sequential activation of neurons consistent with a moving spotlight of attention. This is exactly what we found in the FEF (Figure 2B). FEF neurons with their preferred direction/receptive field at the target location responded just before the saccade was made (as expected, top row of Figure 2B). Interestingly, when the preferred direction of a FEF neuron was counter-clockwise to
the target location we found a transient increase in neural activity consistent with the transient allocation of attention toward this location (second row down, Figure 2B). These neurons became active despite the fact that the eyes never moved toward that location (nor could we find any evidence for microsaccades in that direction, Buschman and Miller, 2009). We found even earlier activation for neurons with receptive fields at the previous counterclockwise “step” in the search process (Figure 2B, third row). We did not find this serial pattern of activation in IPFC during search (instead IPFC neurons seem to be only active in response to finding the target at their preferred location), nor in parietal cortex. In fact, during search, LIP neurons did not significantly reflect the target location until after the saccade (Buschman and Miller, 2007). Interestingly, no area showed a serial pattern during visual pop-out; instead all three regions were only activated by the target in their preferred location, which is consistent with pop-out relying on parallel attentional processes.

We believe this is strong evidence that attention can be spatially directed to a particular location (by FEF) and repeated allocation of attention in this way can allow for a subject to search a visual array. Previous work by Tirin Moore and colleagues has shown that stimulating FEF neurons at subthreshold levels (i.e., levels that would not elicit a saccadic response) induces attention-like effects in V4 neurons with overlapping receptive fields (Moore and Armstrong, 2003) and that microstimulation in FEF will also boost the animal’s behavioral discriminability at the target location (Moore and Fallah, 2001, 2004). Further studies have shown that when directing attention to subparts of the receptive field the response of the V4 neuron will collapse around the selected region, in a manner similar to previous results (Reynolds et al., 1999; Armstrong et al., 2006). These results suggest that FEF may play a direct role in directing attention to specific portions of the receptive field and that this direction may come from the same regions that actually induce the eye to move, a model that our results support. In order to perform a complex search the animal can serially allocate attention to each stimulus in turn, as reflected in FEF neurons.

It is important to note that this does not exclude other forms of attention in visual search. Obviously, bottom-up signals are still valuable and can interact with top-down selection of stimulus attributes to generate a saliency map (Wolfe et al., 1989). The continuum of psychophysical results likely reflects the relative contribution of these more parallel mechanisms with the serial mechanisms shown here (Bichot et al., 2005; Bichot and Desimone, 2006).

**TASK SWITCHING AND INTER-AREAL SYNCHRONY**

Despite the differential roles played by areas in frontal and parietal cortex during visual pop-out and search it is clear that all three regions are involved in both of these tasks. This exemplifies a fundamental question in neuroscience – how do brain regions collaborate and communicate to produce complex behavior? One proposed solution is that altering the synchrony in neural activity between areas can change their effective connectivity, routing signals in a task-specific manner.

Synchrony can occur across several different scales. Synchronizing the activity of a local network of neurons all encoding a particular stimulus is thought to help propagate that representation to target regions. Coincidence of spikes from multiple neurons converging on a post-synaptic neuron has a super-additive effect (Aertsen et al., 1989; Usrey and Reid, 1999; Engel et al., 2001; Salinas and Sejnowski, 2001; Fries, 2005). Therefore, if sensory neurons tuned to the same stimulus synchronize their firing, that stimulus will be more strongly represented in downstream areas, as its impact on those “targets” is enhanced. In this fashion, local synchrony may help the brain to improve its signal to noise ratio while, at the same time, reduce the number of spikes needed to represent a stimulus (Aertsen et al., 1989; Tiesinga et al., 2002; Siegel and Konig, 2003). Because this is the goal of attention – to select specific stimuli for greater representation – it has led to the suggestion that attention might act by synchronizing stimulus representations in sensory cortex. Indeed, attention has been found to correlate with increased gamma and spiking synchrony within a region for visual (Fries et al., 2001; Womelsdorf et al., 2006) and somatosensory attention (Steinmetz et al., 2000; Bauer et al., 2006).

Synchrony between regions may regulate communication between brain areas. If neurons in one region are synchronous but their downstream targets are out of phase, then the benefits of local synchrony in the source will be lost. However, if brain areas oscillate in phase they are more likely to influence one another. This has led to the suggestion that inter-areal synchrony could be used to dynamically change the effective connection between regions (Bressler, 1996; Engel et al., 2001; Salinas and Sejnowski, 2001; Fries, 2005). Changing the relative phase alignment – or changing the ability of two areas to fall into an optimal coherence relationship – provides a mechanism by which the brain could flexibly gate the flow of information. Early support for this model comes from visual attention tasks: inter-areal coherence between “cognitive” regions (such as LIP or FEF) and sensory areas (such as MT or VT) has been found to increase with attention (Saalmann et al., 2007; Siegel et al., 2008; Gregoriou et al., 2009).

A further prediction of this model would be that the flexibility to switch between different behaviors will be reflected in changes in synchrony. To test this we examined synchrony between frontal and parietal cortex in our visual search paradigm. Although both frontal and parietal regions were involved in both top-down and bottom-up search, they seemed to make different contributions. Thus, there might be differences in the synchrony between the two regions during the two tasks that support their changing roles. This is exactly what we found: the frequency of coherence between prefrontal cortex and posterior parietal cortex depended on whether attention was top-down or bottom-up (see Figure 3, Buschman and Miller, 2007). When attention was automatically drawn to a target, coherence between parietal and frontal cortex was increased in the “gamma” band (35–55 Hz). However, when the animal internally directed its attention, coherence in the parietal-frontal network was increased in the “beta” band (22–34 Hz). Von Stein et al. (2000) found similar results in cats – synchrony between primary visual cortex and multimodal areas was stronger at lower frequencies when stimuli were associated with behavioral responses (suggesting a “top-down” component) and stronger at higher frequencies with behaviorally irrelevant novel stimuli (suggesting “bottom-up”). Changes in inter-areal synchrony for different behavioral tasks was also found by Pesaran et al. (2008), who showed an increase in synchrony between the parietal reach region...
Oscillations and discrete computations

Our results provide evidence that shifting the spotlight of attention is discrete and timed by population oscillations: shifts tend to occur within a short window of time defined by the cycle of LFP oscillations. We propose to extend these results to all cognitive computations.

ARE COGNITIVE COMPUTATIONS DISCRETE?

Our results provide evidence that shifting the spotlight of attention is discrete and timed by population oscillations: shifts tend to occur within a short window of time defined by the cycle of LFP oscillations. We propose to extend these results to all cognitive computations.
computations. We review lines of evidence for this model, propose these windows may arise from feedback inhibition, and outline how they might be helpful for organizing neural computations for cognition.

It is well-established that the spiking activity of neurons is modulated by oscillations in vivo (e.g., Gray et al., 1989; Singer, 1999; Buzsáki and Draguhn, 2004) and artificially induced gamma oscillations have recently been shown to synchronize the spontaneous activity of local neurons (Cardin et al., 2009). This can be generalized by demonstrating that not only do population oscillations organize spiking per se but also the information encoded by spiking activity. For example, information for two objects held in working memory was found to be phase-locked to two different phases of a prominent 32 Hz oscillation in the PFC (Siegel et al., 2009). In this experiment, Siegel et al. trained monkeys to remember a sequence of two objects in short-term memory and found that information about the objects was pulsed at different phases of the underlying population oscillation, an explicit code of their remembered order. The phase-locking of spiking activity and information in the brain is predicted by our model – computations act upon and generate information and so if computations are temporally discrete and rhythmic then specific neural information should also be phase-locked to neural oscillations. In other words, our theory, which suggests neural computations are organized by the periods of population oscillations, is a superset of the theories suggesting spiking activity and information are phase-locked to oscillations.

The results of our visual search task also support a critical prediction of our model. We observed the parsing of a complex behavior (searching a visual field) into a simpler process (i.e., attend to a particular stimulus) that fell within an oscillatory cycle. In contrast to previous work where synchronized information is consistent from cycle to cycle (such as in the working memory task, Siegel et al., 2009), we found different information in each cycle (the focusing of attention on different locations) whereas the whole behavior (search of the visual field) was realized across cycles. Our behavioral results also support this model – we found that the reaction time to find the target was faster for trials with higher frequency oscillations (which would suggest the iterative computations were faster for that trial, Buschman and Miller, 2009). Psychophysical evidence for discrete computations has also been found both in visual perception (VanRullen et al., 2005, 2006) and in the allocation of attention (VanRullen et al., 2007). Furthermore, microsaccadic eye movements have been found to occur at specific phases of theta oscillations (Bosman et al., 2009), and the discrete and rhythmic nature of saccadic eye movements may be captured by ongoing low-frequency oscillations (Rajkai et al., 2008; Schroeder et al., 2010). Theta rhythms may also provide a similar functional role in the rodent hippocampus (Mehta et al., 2002; Buzsáki, 2005) – prospective and retrospective encoding in the hippocampus is known to be phase-locked to theta frequencies and the process of internally “looking” ahead or behind is discretized by the theta frequencies (Foster and Wilson, 2006; Davidson et al., 2009).

Local inhibitory feedback could provide the basis for these temporally discrete, rhythmic computations (Bartos et al., 2007). The typical wiring diagram of cortex consists of a local recurrent connection between excitatory and inhibitory neurons (Douglas and Martin, 2007). Theoretical and experimental work suggests that a strong excitatory drive activates inhibitory neurons which, in turn, suppress the local network (Siegel et al., 2000; Borgers and Kopell, 2003; Whittington and Traub, 2003; Hasenstaub et al., 2005; Cardin et al., 2009). These excitatory–inhibitory cycles may act to restrict neural processing to a window of time. In effect, it discretizes the computation, separating it into distinct epochs. Repeating these local excitatory–inhibitory cycles would result in the oscillations observed in the brain (Borgers and Kopell, 2005).

But what purpose might discrete computations serve? First, limiting neural computations to short bursts of time would ensure that informative spikes occur with the temporal precision both necessary for integration by downstream neurons and for spike-timing dependent plasticity (Lee et al., 2009). Second, it would act to stabilize and organize the network and its computations. Periods of inhibition may act to “reset” the network to a base state, effectively limiting the number of states that neurons could obtain.
Returning to a stable state would provide a consistent base from which further processing could occur, ensuring that computations are reliable from moment to moment.

Restricting computations to discrete windows of time would also allow for easier coordination of processing within and between regions. Very simply, pulsing computations would allow the brain to better organize both the inputs and outputs to a computation. It provides a specific moment at which information must be available for computation in a specific region. On the other end, it also specifies a moment when the outcome of the computation is available. This provides a mechanism for ordering computations across brain regions — synchronization between areas would allow the outputs from one region to arrive at a target region in time to become inputs for the target’s computation. Of course, organizing this activity between regions would require the synchronization of these regions and thus altering synchrony would still be a way to sculpt the flow of information (Fries, 2005; Haider and McCormick, 2009). Similarly, different frequency bands might still be used as different “carrier frequencies” with local computations carried by local, fast, oscillations while more complex functions require more distributed processing at lower frequencies (Varela et al., 2001). Coupling between frequencies could allow for multiplexing of information and computations (Lisman and Idiart, 1995; Lakatos et al., 2008; Sirotu et al., 2008), as has been found during working memory (Canolty et al., 2006; Axmacher et al., 2010), learning (Tort et al., 2009), and reward processing (Cohen et al., 2009a,b). Finally, discrete computations may also allow the brain to actively sample the external world at a natural rhythm — there is intriguing data suggesting that rhythmic structure in the external world may be captured by internal oscillations (Lakatos et al., 2008; Schroeder and Lakatos, 2009). Although our own results are during a cognitive task, these results suggest our model may extend to sensory processing.

Our model makes several predictions. First, we expect to see more experimental evidence for neural computations being encapsulated by oscillations as researchers begin to look for them. Specifically, we would expect to find the complex computations underlying cognition to be broken down into simpler operations (each of which might be locally organized by different regions). We do want to note that our model does not require all computations in the brain to be discrete. For example, early stage stimulus processing and motor control systems may benefit from being continuous in nature, while the integrative nature of complex behaviors may require the pulsing of computations. The theory that oscillations reflect discrete computations also argues against any specific computational function for the oscillation itself (i.e., gamma oscillations are not always induced by internal oscillations of frontal cortex. Neuron 50, 791–798. Axmacher, N., Henseler, M.M., Jensen, O., Weinreich, I., Elger, C.E., and Fell, J. (2010). Cross-frequency coupling supports multi-item working memory in the human hippocampus. Proc. Natl. Acad. Sci. U.S.A. 107, 3228–3233. Bartos, M., Vida, I., and Jonas, P. (2007). Synaptic mechanisms of synchronized gamma oscillations in inhibitory interneuron networks. Nat. Rev. 8, 45–56. Bauer, M., Oostenveld, R., Peeters, M., and Fries, P. (2006). Tactile spatial attention enhances gamma-band activity

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Conclusion
Attention allows the brain to dynamically select pertinent information relevant to the current behavior, while ignoring irrelevant distractors. Understanding the neural mechanisms underlying its control will yield important clues to how the brain directs behavior. We found that information about where attention was allocated can either originate in posterior cortex (when grabbed by external cues) or frontal cortex (when being internally directed). Furthermore, we found both neural and behavioral evidence for a serial mechanism underlying visual search while results from visual pop-out are more consistent with a parallel mechanism.

These differences in neural mechanisms were also reflected in the synchronization of these regions. Visual pop-out showed greater high-frequency, gamma-band, synchrony, likely reflecting the passing of information from LIP into IPLC and FE for action. In contrast, visual search showed enhanced synchrony in the beta-band, whose oscillations were found to capture the process of serially shifting attention.

These results, along with a diversity of data from other labs, lead us to propose that the neural computations underlying cognition are temporally discrete. These pulses are due to local feedback inhibition and can be concatenated to form oscillations. We believe these discrete computations would be more stable and easier to organize than a continuously evolving system, making it easier to integrate processing across several brain regions. Although this model is still developing, we believe there is a growing body of evidence supporting the idea that cognitive computations are temporally discrete as reflected in observed neural oscillations.

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