Magnetoconductance and photoresponse properties of disordered NbTiN films

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Abstract: We report on the experimental study of phonon properties and electron-phonon scattering in thin superconducting NbTiN films, which are intensively exploited in various applications. Studied NbTiN films with sub-10-nm thicknesses are disordered with respect to electron transport, the Ioffe-Regel parameter of $k_F l_e = 2.5-3.0$ ($k_F$ is the Fermi wave vector, and $l_e$ is the electron mean free path), the inelastic electron-phonon interaction, and the product $q_T l_e$. By means of magnetoconductance and photoresponse techniques, we derive the inelastic electron-phonon scattering rate $1/\tau_{e-ph}$ and determine sound velocities and phonon heat capacities. In the temperature range from 12 to 20 K, the scattering rate varies with temperature as $1/\tau_{e-ph} \propto T^{3.45 \pm 0.05}$; its value extrapolated to 10 K amounts to approximately 1/16 ps. Making a comparative analysis of our films and other films used in superconducting devices, such as polycrystalline granular NbN and amorphous WSi, we find a systematic reduction of the sound velocity in all these films by about 50% compared to the corresponding bulk crystalline materials. A corresponding increase in the phonon heat capacities in all these films is, however, less than the Debye model predicts. We attribute these findings to reduced film dimensionality and film morphology.

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Magnetococonductance and photoresponse properties of disordered NbTiN films

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We report on the experimental study of phonon properties and electron-phonon scattering in thin superconducting NbTiN films, which are intensively exploited in various applications. Studied NbTiN films with sub-10-nm thicknesses are disordered with respect to electron transport, the Ioffe-Regel parameter of $k_F l_e = 2.5–3.0$ ($k_F$ is the Fermi wave vector, and $l_e$ is the electron mean free path), the inelastic electron-phonon interaction, and the product $q_F l_e \ll 1$ ($q_F$ is the wave vector of a thermal phonon). By means of magnetococonductance and photoresponse techniques, we derive the inelastic electron-phonon scattering rate $1/\tau_{e-ph}$ and determine sound velocities and phonon heat capacities. In the temperature range from 12 to 20 K, the scattering rate varies with temperature as $1/\tau_{e-ph} \propto T^{1.55\pm0.05}$, its value extrapolated to 10 K amounts to approximately $1/16$ ps. Making a comparative analysis of our films and other films used in superconducting devices, such as polycrystalline granular NbN and amorphous WSi, we find a systematic reduction of the sound velocity in all these films by about 50% compared to the corresponding bulk crystalline materials. A corresponding increase in the phonon heat capacities in all these films is, however, less than the Debye model predicts. We attribute these findings to reduced film dimensionality and film morphology.

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I. INTRODUCTION

Thin disordered NbTiN films are intensively exploited in various superconducting devices. They have become a prominent material for the fabrication of scientific and commercial superconducting nanowire single-photon detectors (SNSPDs) [1] and already a decade ago were considered an alternative to NbN films in hot-electron bolometers (HEBs) [2]. NbTiN is a potential alternative to Al for high-kinetic-inductance, low-loss microwave resonators [3,4], and a good candidate for Cooper-pair transistors [5]. Besides applied physics, NbTiN films are relevant for fundamental studies of disorder-driven effects in superconductors, e.g., superconductor-insulator [6] and Berezinskii-Kosterlitz-Thouless transitions [7].

Both electron transport properties and phonon-related properties of superconducting films are of high importance because they determine the performance metrics of practical devices. For instance, the rate of electron-phonon ($e$-$ph$) scattering and the sound velocity along with the heat capacity of phonons jointly control the relative strength of electron heating and the cooling rate of electrons and therefore limit the intermediate-frequency (IF) bandwidth in HEBs to just a few gigahertz [8,9] or impact the timing jitter in SNSPDs [10]. Although the literature has repeatedly indicated that NbN-based HEBs demonstrate larger IF bandwidths than NbTiN-based HEBs (see, e.g., the review in [2] and references therein), the explicit reason for this experimental fact has never been clarified. The lack of both theoretical and empirical descriptions of properties of NbTiN and other films used in superconducting devices is often caused by their complexity, i.e., the high level of disorder and reduced dimensionality with respect to different physical phenomena. NbTiN is a compound of two well-studied nitrides, NbN and TiN, with orders of magnitude different $e$-$ph$ scattering times ($\tau_{e-ph} = 1.8$ ns for TiN [11] vs $\sim 0.01$ ns for NbN [12] at 10 K). From this perspective, it is interesting to understand whether the stoichiometry of Nb,Ti$_{1-x}$N could be used for fine-tuning the $\tau_{e-ph}$ of the compound. The matter is even more complicated since the superconducting properties of NbN films alone, such as the transition temperature, resistivity, and critical current density, are strongly dependent on the film stoichiometry [13]. It has been shown that SNSPDs based on amorphous superconductors, e.g., silicides such as WSi [14] and MoSi [15], can show favorable properties for the detection of low-energy infrared photons due to their lower superconducting transition temperature compared to Nb-based materials. However, the explicit role, if any, of the amorphous state in this improvement remains unclear.

In this study, we derive various properties of NbTiN films at low temperatures, in particular, the $e$-$ph$ scattering time, the sound velocity, and the phonon heat capacity, and carry out a comparative analysis with other films (NbN and WSi) that are
TABLE I. Transport and superconducting parameters of NbTiN films studied here and the parameters (taken from the literature) of three other (NbN and WSiN) superconducting films. RRR is the ratio between resistances at 300 K and at 25 K. The values of $k_F$ and $l_e$ are computed from the carrier density $n_c$ determined from Hall measurements at 25 K.

| Film     | Sample | $d$ (nm) | RRR | $T_C$ (K) | $R_{SN}$ ($\Omega$/square) | $D$ (cm$^2$/s) | $N(0)$ ($J_1^{-1}$m$^{-3}$) | $B_{c2}(0)$ (T) | $\xi(0)$ (nm) | $n_c$ (m$^{-3}$) | $k_F$ (nm$^{-1}$) | $l_e$ (nm) | $k_Fl_e$ |
|----------|--------|---------|-----|-----------|-----------------------------|----------------|--------------------------|----------------|----------------|----------------|----------------|---------|---------|
| NbTiN    | L135   | 6.0     | 0.80| 8.41      | 710.6                       | 0.458          | 2.00 $\times$ 10$^{17}$     | 13.9           | 4.9            | 4.97 $\times$ 10$^{28}$ | 11.4          | 0.22    | 2.5     |
| NbTiN    | L134   | 9.0     | 0.83| 9.51      | 381.4                       | 0.472          | 2.40 $\times$ 10$^{17}$     | 15.2           | 4.6            | 5.39 $\times$ 10$^{28}$ | 11.7          | 0.26    | 3.0     |
| NbN[12]  | 2259   | 5.0     | 0.79| 10.74     | 529.5                       | 0.474          | 3.11 $\times$ 10$^{17}$     | 17.4           | 4.4            | 1.2$^a$        |                |         |         |
| NbN[12]  | A853   | 6.4     | 0.71| 8.35      | 954.0                       | 0.339          | 1.89 $\times$ 10$^{17}$     | 19.2           | 4.2            | 0.9$^a$        |                |         |         |
| WSi[16]  | 4      | 5.0     | 0.96| 4.08      | 357.0                       | 0.700          | 3.10 $\times$ 10$^{17}$     | 6.7            | 7.0            | 1.8$^a$        |                |         |         |

$^a$For these films, the Ioffe-Regel parameter was computed as $k_Fl_e = 3Dm_e/h$ with the free-electron mass $m_e$.

intensively used in various superconducting devices. We show that, in all films, the sound velocity is reduced, and the phonon heat capacity is increased compared to the corresponding bulk crystalline materials. We suppose that this effect is exclusively controlled by modification of acoustic phonons due to reduced film dimensionality and variable film morphology.

II. EXPERIMENTAL AND RESULTS

NbTiN films with thicknesses of 6 and 9 nm (samples L135 and L134, respectively, in Table I) were deposited on 270-nm-thick SiO$_2$ layers thermally grown on Si substrates. Details of the deposition process were reported elsewhere [17]. According to studies of films prepared under the same sputtering conditions [18], the compositions of our Nb$_2$Ti$_{1-x}$N films had a Nb fraction of approximately $x = 0.6$ and a polycrystalline granular structure with diameters of most grains in the range from 4 to 5 nm.

A. Magnetotransport measurements

Resistance and Hall measurements were carried out by a standard four-probe technique on nanopatterned samples with a square geometry in a physical property measurement system (manufactured by Quantum Design) in magnetic fields applied perpendicular to the film surface. The van der Pauw method was used to determine the square resistance $R_S$ and eliminate the effect of the planar geometry for two-dimensional (2D) specimens. Figure 1 shows the zero-field $R_S$ as a function of temperature. When temperature decreases from 300 down to about 25 K, $R_S$ increases and reaches a maximum value of 705.9 and 383.8 $\Omega$/square for films with thicknesses of 6 and 9 nm, respectively, which is most likely due to Anderson localization. In the vicinity of superconducting transition, where the inequality $\ln(T/T_{C0}) \ll 1$ holds, we fitted the $R_S(T)$ data with the theory of fluctuation conductivity of Aslamazov and Larkin (AL) [19] and Maki and Thompson (MT) [20,21]. For 2D films, it is given by

$$R_S(T) = \left[ \frac{1}{R_{SN}} + A_{2D} \frac{1}{16} \frac{e^2}{h} \ln(T/T_{C0}) \right]^{-1}. \tag{1}$$

Here, $h$ is the reduced Planck constant, and $e$ is the elementary charge; $A_{2D}$ is a constant introduced to simplify the exact temperature-dependent MT term within the narrow temperature interval around $T_{C0}$. The best-fit values of the normal-state square resistance $R_{SN}$ and the BCS mean-field transition temperature $T_{C0}$ are listed in Table I; the best-fit values of $A_{2D}$ are 2.21 and 2.16 for films with thicknesses of 6 and 9 nm, respectively.

An external magnetic field suppresses the superconducting transition, as shown in Fig. 2(a). From these measurements, we determined the temperature-dependent upper critical field $B_{c2}(T)$, shown in Fig. 2(b), as a preset field at the midpoints between the curves $T_c(T/T_c)$ at temperatures between 0.05 and 0.25. From the best linear fits of the experimental $B_{c2}(T)$ data at temperatures close to $T_c(T/T_c)$ between 0.05 and 0.25, we extracted the slopes $dB_{c2}/dT$. We further used them to compute the electron diffusion coefficient as

$$D = 4k_B/(\pi e)[dB_{c2}/dT]^2,$$

the zero-temperature upper critical field

$$B_{c2}(0) = -0.69T_{C0}dB_{c2}/dT$$

for the dirty regime, and the zero-temperature Ginzburg-Landau coherence length

$$\xi(0) = \sqrt{\Phi_0/[2\pi B_{c2}(0)]},$$

where $\Phi_0$ is the magnetic flux. The total electron density of states at the Fermi energy $N(0)$ was determined via the Einstein relation

$$N(0) = 1/(De^2R_{SN}d),$$

where $d$ is the film thickness. All these parameters are listed in Table I.

![FIG. 1. Square resistance vs temperature at zero magnetic field (semilogarithmic scale). Symbols: experimental data; curves: the best fits obtained with Eq. (1) at temperatures where $\ln(T/T_{C0}) \ll 1$ and extrapolated to higher temperatures. The legend indicates film thicknesses.](184514-2.png)
FIG. 2. (a) Square resistance vs temperature at a set of fixed magnetic fields in steps of 0.5 T for the representative NbTiN film with a thickness of 6 nm. The straight horizontal line drawn at \( R_S = R_{SN}/2 \) defines the midpoint transition temperature for each field. (b) Upper critical magnetic field as a function of temperature. The legend indicates film thicknesses. Symbols: experimental data; lines: the best linear fits, which are used to evaluate \( D \) and \( B_{C2}(0) \).

the elastic electron mean free path \( l_e = \bar{h}k_F/\left(\frac{\pi}{2}e^2R_{SN}d\right) \), and, finally, the Ioffe-Regel parameter \( k_Fl_e \). The latter indicates a slightly different level of disorder in our films. All these parameters are listed in Table 1.

B. Magnetoconductance

We determined the \( e\)-\( ph \) scattering time for our NbTiN films by means of the magnetoconductance technique described in [12]. We measured \( R_S \), varying the magnetic field from 0 to 9 T at a set of fixed temperatures from 9 to 20 K. From these data, we computed the dimensionless magnetoconductance

\[
\delta G(B, T) = \frac{2\pi h}{e^2} \left[ R - R_{SN}(B, T) - R_{SN}(0, T) \right]
\]

plotted in Fig. 4. The change in the conductance induced by the magnetic field originates from quantum interference effects and is described by the theory of quantum corrections to conductivity (see Appendix A). We considered four quantum corrections given by Eqs. (A1)–(A4), which account for the electron weak-localization (WL) effect, AL and MT superconducting fluctuations, and electronic density of states (DOS) fluctuations. At experimental fields below \( B_{C2}(0) \), the correction due to renormalization of the single-particle diffusion coefficient is small [22,23], and we neglect it.

We fitted the experimental \( \delta G(B, T) \) data with a sum of Eqs. (A1)–(A4) using three independent fitting parameters, namely, the temperature-dependent electron dephasing time \( \tau_\phi(T) \), the temperature-independent spin-orbit interaction time \( \tau_{so} \), and a constant \( C^* \), allowing the latter to take values between 1.0 and 3.0 according to [24–27]. The best fits, shown with black curves in Fig. 4, were obtained with \( C^* \approx 1.0, \tau_{so} = 20 \pm 5 \) ps, and a maximum \( \tau_\phi(T) \) of about 4 ps. For both films, \( \tau_{so} \) is of the order of the maximum \( \tau_\phi \), which corresponds to the weak spin-orbit interaction in our NbTiN films. The best-fit values of \( \tau_\phi^{-1}(T) \) are plotted in Fig. 5(a).

The experimental dependence \( \tau_\phi^{-1}(T) \) is described with a sum of rates affiliated with different phase-breaking scattering

FIG. 3. Hall voltage divided by the transport current vs magnetic field at 25 K.

FIG. 4. Dimensionless magnetoconductance vs magnetic field for a set of fixed temperatures indicated in the legend for the representative NbTiN film with a thickness of 6 nm. Symbols: experimental data; black curves: the best fits with a sum of Eqs. (A1)–(A4).

FIG. 5. (a) Electron dephasing rate vs temperature. Symbols: the best-fit values of \( \tau_\phi^{-1}(T) \) obtained by fitting the experimental \( \delta G(B, T) \) data; solid curves: the best fits with Eq. (2). Electron-phonon scattering time vs temperature for the NbTiN film with (b) \( d = 6 \) nm and (c) \( d = 9 \) nm in a double-logarithmic scale. Symbols: values of \( \tau_{so}(T) \) obtained from the experimental \( \tau_\phi^{-1} \) data as \( \tau_{so} = (\tau_\phi^{-1} - \tau_{e-ph} - \tau_{e-fli})^{-1} \); solid lines: the best fits with the SM model, Eqs. (B1a) and (B1b).
events in which electrons are involved. In the absence of extrinsic phase-breaking sources, these are electron-electron (e-e) [28], electron-phonon (e-ph) [29], and electron-fluctuation (e-fl) [30] scattering events. Consequently, \[ \tau_{\text{e}}^{-1} = \tau_{\text{e},\text{ph}}^{-1} + \tau_{\text{e},\text{ph}}^{-1} + \tau_{\text{e},\text{d}}^{-1}, \] (2)

where
\[ \tau_{\text{e},\text{ph}}^{-1} = \frac{k_B T}{\hbar} \frac{1}{2 C_1} \ln(C_1), \] (2a)
\[ \tau_{\text{e},\text{ph}}^{-1} = \alpha_{\text{e},\text{ph}}^{-1}(T/T_C)^n, \] (2b)
\[ \tau_{\text{e},\text{d}}^{-1} = \frac{k_B T}{\hbar} \frac{1}{2 C_2} \frac{2 \ln(2)}{\ln(T/T_C) + C_2}. \] (2c)

Here, \( C_1 = \pi \hbar/(R_S m_e^2) \) and \( C_2 = 4 \ln(2)/[\sqrt{\ln(C_1)^2 + 128 C_1^2} \pi - \ln(C_1)] \). The expression for the e-e dephasing rate, Eq. (2a), accounts for only dephasing due to Nyquist noise, which dominates in our experimental temperature range \( T \ll \hbar/(k_B T_C) \sim 10^4 \) K \( [\tau_C = \tau_{\text{e},\text{ph}}(3D)] = 0.3 \) and 0.5 fs for NbTiN films with thicknesses of 6 and 9 nm, respectively. It is worth noting that the expression for the e-ph dephasing rate, Eq. (2b), is valid in a relatively small temperature range where \( n \) is constant; in general, \( n \) varies with the temperature. We fitted the experimental \( \tau_{\text{e},\text{ph}}^{-1}(T) \) data shown in Fig. 5(a) with Eq. (2) using two independent fitting parameters, \( \alpha_{\text{e},\text{ph}} \) and \( n \). At \( T_C \), \( \tau_{\text{e},\text{ph}} \) equals \( \alpha_{\text{e},\text{ph}} \). The best-fit values of \( \alpha_{\text{e},\text{ph}} \) and \( n \) are listed in Table II, together with \( \tau_{\text{e},\text{ph}} \) values extrapolated to 10 K.

Figures 5(b) and 5(c) show \( \tau_{\text{e},\text{ph}} \) obtained from the dephasing rates as \( \tau_{\text{e},\text{ph}} = (\tau_{\phi}^{-1} - \tau_{\text{e},\text{ph}}^{-1} - \tau_{\text{e},\text{d}}^{-1})^{-1} \) in the temperature range where \( \tau_{\text{e},\text{ph}}^{-1} \) dominates other dephasing rates. In the dirty limit with respect to e-ph scattering characterized by the product \( q_T T \ll 1 \), where \( q_T = k_BT/hu \) is the phonon wave vector and \( u \) is the sound velocity, e-ph scattering is described by a model developed by Sergeev and Mitin [29] (the SM model; see Appendix B). The model provides the single-particle e-ph scattering time, which is identical to \( \tau_{\text{e},\text{ph}} [31] \) extracted with the magnetococonductance method. We fitted experimental \( \tau_{\text{e},\text{ph}} \) data with the SM model, Eq. (B1), using two independent fitting parameters; the sound velocity of transverse phonons \( u_{\text{t}} \) and the mass density \( \rho \). We fixed other parameters such as \( k_F \), \( I_e \), and \( N(0) \) to their values given in Table I and adopted for \( m_e \) the value of the free-electron mass. We implemented the lattice parameter \( a_0 = 0.43 \) nm [33–35], the sound velocity of longitudinal phonons \( u_l = 2u_t \) that is approximately valid for a large variety of materials, and \( k \sim 1.0 \) (Appendix B). The best-fit values of \( u_t \) and \( \rho \) are listed in Table III.

C. Photoresponse in the time domain

We studied the energy relaxation of nonequilibrium electrons in NbTiN microbridges by means of the photoresponse technique. The microbridges with the geometry sketched in Fig. 6 were fabricated from the two NbTiN films with thicknesses of 6 and 9 nm, shaped to a width of \( \sim 90 \) \( \mu \)m and a length of \( \sim 1 \) \( \mu \)m (along the current flow) with tapered contacts toward the electrodes to reduce the current-crowding effect. The microbridges were installed in a continuous-flow cryostat, kept in the resistive state at an ambient temperature
slightly larger than \( T_{\text{C0}} \), and exposed to light pulses via a quartz window of the cryostat. Light was focused onto the microbridges into a spot with a diameter larger than \( \sim 100 \, \mu \text{m} \). The light pulses were generated by a Ti:sapphire laser at a wavelength of about 800 nm with a repetition rate of 80 MHz and subpicosecond duration. Biasing the microbridges with a small direct current, we recorded their photoreponse (amplified voltage transients) to light pulses in the time domain with a sampling oscilloscope (Fig. 6). The overall bandwidth of our readout was 0.1–5 GHz.

There are other optical methods to probe ultrafast dynamics of electrons, e.g., the pump-probe technique [36], second-harmonic generation [37], and two-photon emission [38]. They, however, reveal dynamics at high energies (\( \sim 1 \, \text{eV} \)) due to interaction with optical phonons.

We described the voltage transients, shown in Fig. 6, with the two-temperature (2T) model using the formalism given by Eqs. (9)–(13) in [12]. This formalism takes into account the effect of a finite readout bandwidth and the signal ringing caused by impedance mismatch. The latter is seen in Fig. 6(a). The 2T model describes the evolution of electron and phonon effective temperatures raised by excitation via two coupled time-dependent equations with three independent parameters: the ratio between electron and phonon heat capacities \( c_e/c_{\text{ph}} \), the phonon escape time \( \tau_{\text{esc}} \), and the e-\textit{ph} energy relaxation time \( \tau_{\text{EP}} \). We note here that \( \tau_{\text{EP}} \) differs from \( \tau_{\text{ep}} \) (both are listed for each film in Table II) by a coefficient \( \mu \equiv \tau_{\text{EP}}/\tau_{\text{ep}} \ll 1 \), given by Eq. (11) in [32], which depends on the exponent \( n \), e.g., \( \mu \approx 0.6 \) for \( n = 2.0 \) and \( \mu \approx 0.1 \) for \( n = 4.0 \). Hence, describing the photoreponse with the 2T model, one gets indirect calorimetric information about heat capacities.

We fitted the experimental transients using \( c_e/c_{\text{ph}} \) and \( \tau_{\text{esc}} \) as fitting parameters, along with the fixed values of \( \tau_{\text{EP}} \). The results are shown in Fig. 6. The best-fit values of \( c_e/c_{\text{ph}} \) and \( \tau_{\text{esc}} \), together with computed values of \( \tau_{\text{EP}} \), are listed in Table II.

### III. DISCUSSION

We start by comparing rates of e-\textit{ph} scattering in the NbTiN films studied here and the parent compounds of NbTiN, NbN, and TiN. For NbTiN films, we found \( 1/\tau_{\text{ep}} \propto T^{-1.0\pm0.05} \) in the temperature range from 12 to 20 K and the magnitude of \( \tau_{\text{ep}}(T) \) extrapolated to 10 K, \( \tau_{\text{ep}}(10K) = 16 \pm 1 \, \text{ps} \). \( 1/\tau_{\text{ep}} \propto T^{3.0} \) was found for thin TiN films in the temperature range from 1.7 to 4.2 K [11], resulting in \( \tau_{\text{ep}}(10 \, \text{K}) \sim 1800 \, \text{ps} \) (actually, the authors derived the e-\textit{ph} energy relaxation time, \( \tau_{\text{EP}} \) in our notation, which we used along with the exponent \( n \) to estimate \( \tau_{\text{ep}} \)). For NbN films, \( 1/\tau_{\text{ep}} \propto T^{3.5\pm0.3} \) was found in the temperature range from 14 to 30 K along with the extrapolated value \( \tau_{\text{ep}}(10 \, \text{K}) = 15 \pm 3 \, \text{ps} \) [12]. As clearly seen in Fig. 7, with respect to inelastic e-\textit{ph} interaction, our Nb\( _{1+x} \)Ti\( _{1-x} \)N films with \( x \approx 0.6 \) are closer to NbN than to TiN. This certainly indicates that the stoichiometry of Nb\( _{1+x} \)Ti\( _{1-x} \)N cannot be used for fine-tuning the e-\textit{ph} scattering rate in this compound.

Let us now discuss the magnitude of the \( \tau_{\text{ep}} \) provided by the SM model (Appendix B). Under the condition \( q_T l_e \ll 1 \) and the dominance of vibrating scattering centers (\( k \sim 1 \)) fulfilled for our films, \( \tau_{\text{ep}} \propto T^{-1/3} \), and consequently, the total rate is controlled by the interaction of electrons with transverse phonons, i.e., \( \tau_{\text{ep}} \equiv \tau_{\text{ep}(\text{t})} \). Therefore, we can limit the qualitative discussion to the properties of transverse phonons (in quantitative estimations we account for all phonon polarizations, one longitudinal and two transversal). Interacting with a phonon, an electron exchanges momentum \( \sim q_T \) within an interaction region \( \sim 1/q_T \) and is scattered by an e-\textit{ph} interaction, our

![FIG. 7. The e-\textit{ph} scattering time vs temperature for different Nb fractions in the Nb\(_{1+x}\)Ti\(_{1-x}\)N compound. The data for NbN and NbTiN were extrapolated to temperatures below 10 K, and those for TiN were extrapolated to temperatures above 4 K (see the main text).](https://example.com/fig7.png)
properties of bulk crystalline NbTiN ($\rho^* = 7.5$ g/cm$^3$ and $u_t^* = 4.7$ nm/ps [34]) results in enormously large $\tau_{\text{esc}}$ compared to the experimental value obtained from magnetoconductance (Table II).

Thus, we used $\rho$ and $u_t$ in the SM model as fitting parameters. We applied the same procedure to fit the $\tau_{\text{esc}}$ data obtained for thin WSi films by magnetoconductance measurements in [16] (see Appendix C). The best-fit values of $u_t$ and $\rho$ for NbTiN and WSi films are listed in Table III.

Let us now estimate the phonon escape time using the acoustic mismatch model [40]. First, we compute the transmission $\bar{\eta} \approx 0.2$ of the film/substrate interface for phonons using the best-fit values of $u_t$ and $\rho$ (see Table III) for our NbTiN films; for the SiO$_2$ substrate, we took the values from Table I in [40]). Further, we find $\tau_{\text{esc}} = 4d/(\bar{\eta}u_t) \approx 60.6$ ps for the film with $d = 6$ nm and 81.9 ps for the film with $d = 9$ nm, where $u_t \approx u_r$ is the weighted sound velocity. Calculation details for $\bar{\eta}$ and $u_t$ are reported in [12]. Hence, in NbTiN films the phonon escape time scales with the film thickness as $\tau_{\text{esc}} \approx 9d$ (nm). The computed values of $\tau_{\text{esc}}$ are in good agreement with those found as best fits to the photoresponse data in the framework of the 2T model (Table II). This allows us to conclude that the SM model provides reasonable values of $u_t$ and $\rho$.

Further, from the best-fit $c_r/c_{\text{ph}}$ ratios (Table II) and $c_r = \pi^2 k_B N(0)/T/3$ predicted by the Drude model, we find the phonon heat capacities $c_{\text{ph}}^{\text{exp}}$, which are listed in Table III. Here, we assume that the Drude model predicts the correct value of $c_r$, relying on the fact that our NbTiN films are three-dimensional (3D) with respect to electron transport ($d \gg l_r$).

It is clearly seen from Table III that the best-fit values of $u_t$ for thin NbTiN, NbN, and WSi films are systematically reduced compared to those of corresponding bulk crystalline materials (marked with an asterisk in Table III) by $(u_t^* - u_t)/u_t^* \sim 40\%–60\%$. Moreover, for all these films, both experimental (calorimetric) $c_{\text{ph}}^{\text{exp}}$ and $c_{\text{ph}}$ computed in the framework of the Debye model for 3D phonons with the reduced sound velocities as $c_{\text{ph}} = 2/(5\pi k_B(k_B T/\hbar)^3 u_\text{ph}^3)$, where $u_\text{ph} = [2/(3\pi^2 + 1/3u_t^3)^{1/3} \approx u_t$, are systematically larger than the heat capacities $c_{\text{ph}}^*$ computed within the same approximation with the sound velocities of corresponding bulk crystalline materials.

There are three effects on the sound velocity and phonon heat capacity to discuss: (i) phonon softening, (ii) film morphology (amorphous or granular structure), and (iii) depletion of long-wavelength phonon states in grains or thin films.

In a thin monocrystalline film, phonon softening, i.e., the decrease in the effective Debye temperature with respect to the bulk value, occurs due to weakening of ion bonds at film surfaces [41]. Grain boundaries and defects increase the relative number of weak bonds and enhance phonon softening. [42,43]. Clearly, the weakening of bonds leads to a reduction in the mean sound velocity and a corresponding increase in the phonon heat capacity. The effect is most pronounced in ultrathin granular films due to a large surface-to-volume ratio. We have to note here that an alternative explanation of this effect relying on the proximity effect between the film and the oxide layers on the film surfaces exists [44].

The structure of both NbTiN films [18] and NbN films [44–46] is polycrystalline and granular, with the mean grain size of the order of the film thickness or larger. Polycrystalline NbTiN and NbN films are composites of crystalline grains with amorphous boundaries [47], while WSi films are rather amorphous (verified by x-ray diffraction in 60-nm-thick WSi films [48]) without pronounced grains. However, it was recently shown that 6-nm-thick WSi films exhibit a preferred orientation rather than an amorphous state [49]. For longitudinal phonons, the amorphous phase is not expected to reduce noticeably the sound velocity, while for transverse phonons it does because of substantial weakening of shear modulus. A large reduction of transverse sound velocities in amorphous materials, relative to the crystalline materials, was observed, for instance, in [50]. This effect can be considered amorphous phonon softening. It results in an increase in the phonon heat capacity by the factor $c_{\text{ph}} \propto u_t^{-3}$ [51] controlled by the reduction of the sound velocity in an amorphous state compared to the crystalline material.

At low temperatures, the wavelength of a thermal phonon $\lambda_{\text{ph}} \approx 2\pi h u_t/(k_B T)$ becomes comparable to or larger than the film thickness. This modifies the 3D Debye phonon spectrum in such a way that the phonon states are empty (or depleted) for phonons with wave vectors perpendicular to the film plane and smaller than $q_{\text{min}} = \pi/d$. The size effect on phonon spectra in metallic films with variable thicknesses on a semi-infinite substrate was computed and compared with experimental data at low temperatures in [52]. For phonons excited perpendicular to the film/substrate interface, the authors found a strong depletion of long-wavelength phonon states beyond the cutoff wavelength $\lambda_{\text{max}} = 2d$. Qualitatively, the depletion should not affect the sound velocity and should cause only a reduction in the phonon heat capacity; its impact should grow with the ratio $\lambda_{\text{ph}}/d$. For granular films a similar, but even stronger, effect exists. When $\lambda_{\text{ph}}$ exceeds the grain size, the depletion is almost isotropic; that is, it affects phonon states in all directions of the wave vector. Hence, the impact of depletion on the phonon heat capacity depends on both the film thickness and the film morphology.

In Fig. 8, we plot the ratio $r$ of the experimental (calorimetric) phonon heat capacities $c_{\text{ph}}^{\text{exp}}$ and the values, $c_{\text{ph}}$, computed for 3D Debye phonons with reduced sound velocities $u_t$ of the SM model (Table III). The data group around two values: (1) $r \approx 0.4$ for films with reduced $c_{\text{ph}}^{\text{exp}}$ and (2) $r \approx 1$ for films with $c_{\text{ph}}^{\text{exp}}$ close to the Debye value. Both films with reduced

![FIG. 8. Ratio of experimental (calorimetric) and Debye phonon heat capacities.](image-url)
\(e_{\text{ph}}\) (NbTiN with \(d = 6\) nm and NbN with \(d = 5\) nm) are granular, with a grain size of the order of the film thickness. Hence, the most plausible explanation for the reduction in phonon heat capacity is the depletion of long-wavelength phonon states in grains. The data for the second group belong to either an amorphous thin film (WSi film with \(d = 4\) nm) or granular thicker films (NbTiN with \(d = 9\) nm and NbN with \(d = 6.4\) nm). Sticking to the interpretation of the data from the first group, we have to conclude that the depletion of long-wavelength phonon states in these films is less pronounced. For thin amorphous films, the depletion is less than that of granular films of the same thickness because only phonon states with wave vectors perpendicular to the film plane are depleted (as we discussed above). For thicker granular NbN and NbTiN films, an expected \(\rho\) increase in the grain size, following the increase in the film thickness, relaxes the impact of depletion on the phonon heat capacity. In contrast to free grains, grain surfaces in our films are clamped. Therefore, depletion of long-wavelength phonon states in our films is expected to cause a decrease in the heat capacity with the decrease of the grain size [53]. Our results support these expectations.

Another important observation is that for all thin films reported here, the best-fit values of mass densities (\(\rho\) in Table III) are noticeably lower than those computed from known sizes of unit cells for corresponding crystalline materials (\(\rho^*\) in Table III and references cited therein). We believe that the difference is the direct consequence of the film morphology since in an amorphous or polycrystalline film host atoms are packed at a lower density than in the corresponding crystalline material.

Finally, let us compare the properties of our NbTiN films and NbN films studied in [12] (samples 2259 and A853) that are relevant to SNSPD and HEB practical devices. With respect to superconducting and transport properties, together with \(e\)-\(ph\) scattering times, both materials are very similar. The main difference is in their phonon escape times; in NbTiN/SiO\(_2\) (this study) \(\tau_{\text{esc}}\) is about twice as large as in NbN/SiO\(_2\) \(\tau_{\text{esc}}\) is about 5.5 times larger in NbN/SiO\(_2\) [12]. Besides the timing jitter, the difference in \(\tau_{\text{esc}}\) is not expected to noticeably affect the performance of a SNSPD. However, this difference severely affects the performance of a HEB. Specifically, its IF bandwidth is controlled by the cooling rate of electrons, in which the phonon escape rate plays a limiting role [8,9]. A larger \(\tau_{\text{esc}}\) results in a smaller IF bandwidth. This explains why, despite all efforts, NbTiN-based HEBs repeatedly demonstrate smaller IF bandwidth than NbN-based HEBs [2].

\[\delta G_{\text{WL}}(B, T) = \frac{3}{2} \left( B - \frac{B}{B_d + B_e} \right) - \delta \left( \frac{B}{B_d} \right). \]  

Here, the function \(Y(x) = \ln(1/x) + \psi(1/2 + 1/x)\) is defined via the digamma function \(\psi(x)\). The characteristic fields are defined as \(B_j = h/(4eD_T)\), where the indices so and \(\phi\) stand for spin-orbit and dephasing scattering, respectively. The AL correction [19] is given by

\[\delta G_{\text{AL}}(B, T) = \frac{\pi^2}{2\ln(T/T_{CD})} \left( \frac{B_C}{B} \right) \left( 1 - \frac{B_C}{B} \left[ \psi \left( \frac{1}{2} + \frac{B_C}{B} \right) - \psi \left( \frac{1}{2} + \frac{B_C}{B} \right) \right] - \frac{1}{4} \right). \]
Here, $B_G = C^* \hbar/(4eD\tau_{GL})$, where the Ginzburg-Landau time $\tau_{GL} = (\pi \hbar/[8k_B T \ln(T/T_C)])$ represents the lifetime of Cooper pairs. The MT correction [20,21,55,56] is given by

$$\delta G^{MT}(B, T) = -\beta_{LSA}(T) \left[ Y \left( \frac{B}{B_G} \right) - Y \left( \frac{B}{B_C} \right) \right],$$  

(A3)

where the parameter $\beta_{LSA}(T) = 2\pi k_B T\hbar^{-1}(1/\tau_{GL} - 1/\tau_0)^{-1}$. Finally, the DOS correction [22,57] is given by

$$\delta G^{DOS}(B, T) = \frac{28\zeta(3)}{\pi^2} \cdot \left[ Y \left( \frac{B}{B_G} \right) - Y \left( \frac{B}{B_C} \right) \right],$$  

(A4)

where $\zeta(3) = 1.202$ is the Riemann zeta function. The total theoretical magnetoconductance, i.e., the sum of the four terms in Eqs. (A1)–(A4), is used to describe the experimental $\delta G(B, T)$ data.

**APPENDIX B: INELASTIC e-PH (SINGLE-PARTICLE) SCATTERING TIME**

The degree of disorder with respect to e-ph scattering is characterized by the product $q_T l_e$. For our NbTiN films, in the experimental temperature range, $q_T l_e \ll 1$, which corresponds to the strong disordered regime. The SM model [29] describes e-ph scattering in disordered metals and provides the inelastic (single-particle) scattering rate of electrons at the Fermi level via interaction with phonons of different polarizations:

$$\tau^{-1}_{e-ph} = \tau^{-1}_{e-ph(l)} + \tau^{-1}_{e-ph(t)},$$  

(B1a)

where interaction with longitudinal phonons is accounted for in

$$\tau^{-1}_{e-ph(l)} = \frac{7\pi \zeta(3)}{2\hbar} \frac{\beta_l(k_B T)^3}{(p_{F}u_l)^2} F_l(q_T l_e)$$  

(B1b)

and that with transverse phonons (two polarizations are taken into account) is accounted for in

$$\tau^{-1}_{e-ph(t)} = 3\pi^2 \frac{\beta_t(k_B T)^2}{(p_{F}u_t)^2} k F_t(q_T l_e).$$  

(B1b)

The indices $l$ and $t$ denote values associated with phonons of longitudinal and transverse polarizations. Here, $\beta_l(t) = (2E_F/3)\tau_0/N(0)(2p_{F}^2 u_l(t))^{-1}$ is the dimensionless coupling constant, $E_F = (p_{F}^2)^2/(2m_e)$ is the Fermi energy, $p_F = \hbar k_F$ is the Fermi momentum, and $m_e$ is the electron mass. In Eq. (B1a), the integral $F_l(z) = \frac{2}{\pi^2} \int_0^\infty dx \Phi_l(x)[N(x) + n(x)]x^2$, where $N(x)$ and $n(x)$ are Bose and Fermi distribution functions and $\Phi_l(x) = \frac{x}{\pi} [\arctan(1/x) - 1/2]$ is the Pippard function. In Eq. (B1b), the integral $F_t(z)$ is given by $A_l(t) = (6\pi^2)^{1/2}(a_0 q_T l_e)_{3/4}^{-1}$. The parameter $1 \geq k \geq 0$ reveals the property of electron scattering centers ($k = 1$ corresponds to scattering centers vibrating in the same way as the host lattice, e.g., light impurities; $k = 0$ corresponds to the static scattering centers, e.g., heavy impurities and rigid boundaries).

The total inelastic e-ph scattering rate given by Eq. (B1) is used to describe the experimental $\tau_{e-ph}$ data shown in Figs. 5(a) and 5(b).

**APPENDIX C: WSI FILMS**

We describe the $\tau_{e-ph}(T)$ data obtained with the magnetoconductance method for WSi films in [16] using the SM model (Appendix B). Following the notation here, the authors of [16] found $a_{e-ph} \equiv \tau_{e-ph}(T_C) = 66 \text{ ps}$ and $n = 3$ between 5 and 20 K, which we added to Table II. Fitting the SM model to these data, we used two independent parameters, $u_t$ and $\rho$; other parameters such as $D$ and $N(0)$ were fixed at the values provided in [16] (also listed in Table I). We used $a_0 = 0.46 \text{ nm}$ [58], $k_F = N(0)\pi^2/2m_e$ computed with the free-electron mass $m_e$, $l_e \sim 0.2 \text{ nm}$, and $k \sim 1.0$. The best-fit values of $u_t$ and $\rho$ are listed in Table III.

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