Article

Relaxation and Amorphous Structure of Polymers Containing Rigid Fumarate Segments

Yasuhito Suzuki 1,2,*, Takahito Kano 1, Tsuyoshi Tomii 1, Nagisa Tsuji 1 and Akikazu Matsumoto 1,2,*

1 Department of Applied Chemistry, Graduate School of Engineering, Osaka Prefecture University, 1-1 Gakuen-cho, Naka-ku, Sakai 599-8531, Osaka, Japan
2 Department of Applied Chemistry, Graduate School of Engineering, Osaka Metropolitan University, 1-1 Gakuen-cho, Naka-ku, Sakai 599-8531, Osaka, Japan
* Correspondence: suzuki_y@omu.ac.jp (Y.S.); akimatsumoto@omu.ac.jp (A.M.)

Abstract: The physical properties of polymers are significantly affected by relaxation processes. Recently, we reported that poly(diethyl fumarate) (PDEF) shows two thermal anomalies on DSC measurement, despite the fact that it is a homopolymer. We attribute these two relaxations a α relaxation and β relaxation, respectively. In this study, we investigate the two relaxations of fumarate-containing polymers by DSC, solid-state NMR, and X-ray scattering. The two relaxations are present even in a copolymer of diethyl fumarate and ethyl acrylate with fumarate segments of 30%. We used poly(methyl methacrylate) (PMMA) as a model polymer for comparison, since there are detailed investigations of its dynamics and physical properties. Solid-state NMR indicates that the very local relaxation of poly(fumarate)s is not significantly different from that of PMMA. The tensile test showed that PDEF is still brittle at above β relaxation temperature and below α relaxation temperature. It was revealed that a structural anisotropy appeared when PDEF was extended at around α relaxation temperature. We discuss the effect of the glassy packing of the rigid polymer chain including the DEF segments on the strong β relaxation behavior. Our data provide insight into the microscopic mechanism of β relaxation of vinyl polymers.

Keywords: β relaxation; poly(fumarate)s; amorphous structure; differential scanning calorimetry

1. Introduction

At glass transition, the physical properties of amorphous polymer significantly change [1,2]. Glass transition is governed by segmental or α relaxation. As it is also called liquid-to-glass temperature, a glassy solid polymer softens to polymer melt or rubbery polymer depending on its molecular weight upon heating. The elastic modulus of glassy polymers is typically 2 to 4 GPa [3]. Interestingly, this value is universal with different kinds of polymers. In contrast, the strength of polymers hugely varies depending on their chemical structure and amorphous packing [4]. Dynamic mechanical analysis (DMA) measures the mechanical response to a sinusoidal mechanical perturbation as a function of temperature at a fixed frequency [5]. This spectroscopy depicts α relaxation as a sudden decrease in the real part of the modulus as well as the peak of the imaginary part of the modulus. Dielectric spectroscopy captures the frequency and temperature dependence of the complex dielectric permittivity. It enables the measurement of the characteristic time of the relaxation processes in a broad frequency range (i.e., 10−2 Hz to 107 Hz) [6]. The most commonly used method is differential scanning calorimetry (DSC) [7–9]. It captures glass transition as a step, reflecting the change in heat capacity.

In general, from a homopolymer, only a single thermal anomaly is observed in the DSC curve. Although there are multiple relaxations in amorphous polymers (i.e., β and γ relaxations), their intensity is so tiny that normal DSC cannot detect them [10,11]. When more than two different components are present in polymer alloys or in copolymers, multiple anomalies can be observed [12]. However, still, each glass transitions correspond to
different chemical compositions. A few reported exceptions are polymers with long side chains [13–15]. They possess two thermal anomalies in DSC. They are attributed to two α relaxations. One is from the glass transition of the main chain, and the other is from the independent glass transition of the side chain. Classically, β relaxation of polymers is considered as the local side-chain motion [5]. The universality of β relaxation has been shown because β relaxation is discovered from rigid molecules without side chains [16]. Some β relaxation is regarded as a precursor of α relaxation [17]. Recently, β relaxation has drawn more attention because it may govern diverse properties related to transportation [18,19], crystallization kinetics [20,21], and mechanical properties [22–25]. Some report suggests that the intensity of the β relaxation is intimately related to the amorphous packing [26]. Recently, we reported two thermal anomalies on DSC from poly(diethyl fumarate) (PDEF) [27]. The side chain of PDEF is an ethyl group. It is significantly shorter than the previously reported homopolymers possessing two glass transitions. Based on the DMA and dielectric spectroscopy, we concluded that the two thermal anomalies of PDEF correspond to α relaxation and β relaxation, respectively [26–29].

Fumarates are categorized as 1,2-disubstituted ethylene. Generally, it is difficult to obtain poly(substituted ethylene) with reasonable molecular weight because of the extremely low propagation kinetics of the monomer [30–32]. Exceptionally, poly(fumarate)s can be obtained. It is because the slow termination rate balances with the slow propagation rate [33]. Considering the structure of poly(fumarate)s, it does not possess a methylene spacer (–CH₂–) in the main chain. In other words, the rotational barrier along the main chain is huge [34]. Other than radical polymerization of fumarates, poly(substituted ethylene) can also be prepared by C1 polymerization [35–39]. Metal catalyst enables the polymerization of one carbon atom in the main chain at once. Our previous studies revealed unusual physical properties of poly(fumarate)s [17,18,40,41]. Especially the intensity of the β relaxation is strong. Although the knowledge of the detailed motion of the β relaxation is limited, the β relaxation of poly(methyl methacrylate) [42] and poly(ethyl methacrylate) [43] is the rotational motion along the main chain according to the 2D solid-state NMR. The strong β relaxation of poly(fumarate)s seems to be linked to the rotational barrier along the main chain.

The aim of this study is to further investigate the physical properties of poly(fumarate)s. Thermal properties are investigated using copolymers containing different fumarate fractions. The local dynamics are captured by solid-state NMR. The tensile test is conducted at different temperatures. The amorphous structures after the extension were investigated by wide-angle X-ray scattering (WAXS). We discuss the relaxation behavior of poly(fumarate)s in conjunction with the amorphous packing.

2. Materials and Methods

2.1. Materials

Diethyl fumarate (DEF), diisopropyl fumarate (DiPF), ethyl acrylate (EA), and dimethyl 2,2′-azobis(2-methylpropionate) (MAIB) are purchased from Fujifilm Wako Pure Chemical Corporation, Tokyo, Japan. Monomers (DEF, DiPF, and EA) were used without further purification. The initiator (MAIB) was purified via recrystallization in hexane. PDEF, poly(diisopropyl fumarate) (PDiPF), and P(DEF-co-EA) were synthesized via radical polymerization as described elsewhere [40]. It is briefly explained below. The remaining oxygen was removed from the monomer and initiator in a flask via freeze–thaw cycles three times. Under the nitrogen atmosphere, the reaction was conducted at 80 °C for three hours. After stopping the reaction by freezing using liquid nitrogen, the polymer was dissolved in a small amount of chloroform. It was precipitated in hexane/ethyl acetate = 30/1 (v/v). The polymer was dried at 90 °C under a vacuum for 5 h. The molecular weight and composition of the copolymer are summarized in Table 1. PMMA was purchased from Sigma-Aldrich. The number average molar mass (M_n) and weight average molar mass (M_w) are 15,500 g/mol and 25,600 g/mol, respectively. PDEF (M_n = 15,500, M_w = 25,600) synthesized in our previous research [16] was used for the data presented in Scheme 1.
Table 1. List of polymers synthesized in this study.

| Feed (mol%) | Actual (mol%) a | $M_n$ | $M_w$ | $M_w/M_n$ |
|-------------|----------------|-------|-------|------------|
| DEF/EA      | DEF/EA         |       |       |            |
| 100/0       | 100/0          | 13,000| 24,000| 1.9        |
| 90/10       | 88/12          | 12,000| 24,000| 2.0        |
| 80/20       | 80/20          | 13,000| 28,000| 2.2        |
| 60/40       | 67/33          | 17,000| 46,000| 2.7        |
| 30/70       | 37/63          | 17,000| 39,000| 2.3        |

a Determined by $^1$H-NMR spectra.

Scheme 1. The chemical structures of polymers investigated in this study. (a) PDEF, (b) P(DEF-co-EA), (c) PDiPF, and (d) PMMA.

2.2. Differential Scanning Calorimetry (DSC)

The thermal anomalies were detected using DSC 250 from TA Instruments (New Castle, DE, USA). DSC was calibrated using indium as a reference. Typically, 3 mg of the sample was placed in a hermetic DSC pan. The data were obtained from the modulated DSC. The heating speed, the modulation amplitude, and the modulation period were 3 °C/min, 2 °C, and 60 s, respectively.

2.3. Nuclear Magnetic Resonance Spectroscopy (NMR)

JEOL ECX-400 was used for NMR measurements. The fraction of fumarate segments in the synthesized copolymer was determined by $^1$H NMR spectroscopy. The sample was dissolved in deuterated chloroform. The NMR spectra were recorded from −1 to 9 ppm of the chemical shift (δ). The peak from tetramethylsilane was used as δ = 0.

$^{13}$C CP/MAS solid-state NMR measurement was conducted to obtain the spin-lattice relaxation time ($T_1$) from 20 °C to 80 °C. The Torchia method was used [44]. The sequence was pre-installed in the Delta software from JEOL (torchiat1_cpmas). The sample was placed in a sample rotor made of ceramic. The magic angle spinning frequency was 4 kHz, and the contact time was 2 ms.

2.4. Size Exclusion Chromatography (SEC)

The molecular weight distribution was analyzed using SEC with the Tosoh TSK-gel GMHHR-N as a column at 40 °C in a chamber (Chromato Science CS-300 C). The polymer was detected by RI detector (JASCORI-2031-Plus). The flow rate was 0.8 mL/min. The molecular weight was calibrated with polystyrene standard from $M_n = 2890$ to $M_n = 96,500$.

2.5. Dynamic Mechanical Analysis (DMA)

DMA was conducted using DMA 6100 (Seiko Instruments Inc., Tokyo, Japan). Sinusoidal strains with an amplitude of 10 μm at 1 Hz were applied with a dual cantilever mode. The heating speed was 2 °C/min. A rectangular sample (5 × 1 cm) was prepared using a mold. The mold was placed in a hot press, AH-2003 (AS ONE CORPORATION,
Osaka, Japan). The hot press was heated to 180 °C. Approximately 1 MPa was applied for 1 h. The mold was taken out from the hot press and cooled down in the air.

2.6. Tensile Test

Autograph AGSX 5 kN (Shimadzu Corporation, Ltd., Kyoto, Japan) was used for the tensile test. The temperature was controlled in a thermostatic chamber TCR1A-200T. A rectangular sample (5 × 1 cm) was prepared by the same method as the DMA sample. The tension rate was 1 mm/min. The engineering modulus was obtained from the initial slope of the stress–strain curve, in which the strain is from 0.05% to 0.25%.

2.7. Wide-Angle X-ray Scattering

X-ray scattering measurements were performed at BL40B2 beamline of SPring-8 (Japan Synchrotron Radiation Research Institute, Hyogo, Japan). The specimen prepared for the tensile test was fixed in the sample holder using Kapton tape. PILATUS3 S2M was used as a detector. The distance was 327.4 mm. The wavelength (λ) of the synchrotron beam was 1.00 Å. The exposure time was 4 s.

3. Results and Discussions

The chemical structures of the polymers used in this study are summarized in Scheme 1. The list of polymers synthesized, and their molecular weights are summarized in Table 1. As discussed in the introduction, the absence of the methylene spacer in the main chain is the key to the characteristic features of poly(fumarate)s, including PDEF and PDiPF. The chemical structures of side chains in PDEF and poly(ethyl acrylate) (PEA) are the same. Therefore, random copolymerization of DEF and EA enables systematic change in the concentration of methylene spacers. Figure 1a presents DSC data obtained from PDEF quenched from 180 °C. It is well known that the DSC curve of the amorphous polymer depends on thermal history. Reflecting the different packing of the amorphous structure, it often shows slightly different glass transition temperatures. In the case of PDEF, the behavior is fundamentally different from normal amorphous polymer because of the unusually strong β relaxation. In the first heating, a single step at 101 °C corresponding to α relaxation is observed. On the other hand, in the subsequent second heating, β relaxation at 18 °C is exclusively detected. Figure 1b shows DSC profiles of PDEF quenched from 150 °C. It shows two thermal anomalies at 14 °C and at 106 °C. This behavior is very unusual as a homopolymer and has been discussed in detail in our previous paper [16]. It should be stressed that all the DSC profiles in Figure 1 are obtained from the same sample but with different thermal histories. As we pointed out in the previous paper [16], the intensities of two relaxation processes sensitively depend on the thermal history.

![Figure 1](image-url) #1

**Figure 1.** DSC profiles of PDEF with different thermal histories. (a) The sample was quenched from 180 °C. While mainly α relaxation is observed in the first heating, β relaxation was exclusively observed in the second heating. (b) The sample was quenched from 150 °C. Two thermal anomalies corresponding to α relaxation and β relaxation can be seen.
In Figure 2, the copolymers of DEF and EA with different fumarate segments are analyzed. The data are obtained from the first heating with a scanning speed of 3 °C/min. The data corresponding to other copolymers are provided in Figure S1. Some of the data clearly shows two thermal anomalies. Even when the DEF content is as low as 30%, it shows two clear steps. This means that the characteristic feature of PDEF (i.e., strong β relaxation) is present with the fumarate fraction of 30%. The physical properties of PDEF and PEA are fully different. This can be seen by the $T_g$ presented in Table 2. The $T_g$ of PEA is at $-23^\circ$C. It is clear from the literature that PEA shows only one thermal anomaly on DSC measurements [45]. As the EA content increases in P(DEF-co-EA), α relaxation temperature decreases steeply while β relaxation shifts slightly. Here, terminology should be carefully used. As it has been pointed out, the terminology of especially β relaxation is confusing because in some cases, it is used based only on the fact that the relaxation is secondary, while it is named based on the molecular mechanism in other cases [20]. We refer two relaxation processes in PDEF to α and β relaxations, respectively. It is reasonable to assume that the two relaxations captured in P(DEF-co-EA) would have a similar relaxation mechanism to that of the homopolymer of PDEF.

![Figure 2. DSC profiles of P(DEF-co-EA)90/10 and P(DEF-co-EA)30/70.](image)

There are two thermal anomalies even in the copolymer containing the 30 % DEF segment. The scale bar corresponds to 0.05 W/g. The other DSC data of copolymers with different fumarate segments are provided in the supporting information. The sample was quenched from 150 °C.

|            | $\beta$ Relaxation Temperature (°C) | $\alpha$ Relaxation Temperature (°C) | Ref.   |
|------------|-------------------------------------|--------------------------------------|--------|
| PDEF       | 27                                  | 107                                  | [27]   |
| PDiPF      | 67                                  | 137                                  | [29]   |
| PMMA       | -                                   | 120                                  | [45]   |
| P(DEF-co-EA)90/10 | 15                                  | 101                                  | This study |
| P(DEF-co-EA)80/20 | 5                                   | 95                                   | This study |
| P(DEF-co-EA)60/40 | 0                                   | 75                                   | This study |
| P(DEF-co-EA)30/70 | -12                                 | 60                                   | This study |
| PEA        | -                                   | -23                                  | [45]   |

We applied solid-state NMR to investigate the local dynamics. The previous study has applied solid-state NMR to PDiPF and poly(dicyclohexyl fumarate) (PDCHF) [46,47]. Since our recent results suggest unusually strong $\beta$ relaxation of poly(fumarate)s, it is of interest to investigate the $T_1^\alpha$ dependence on temperature, especially around $\beta$ relaxation. Figure S2 presents the $T_1^\alpha$ of PDiPF from 20 °C to 80 °C. The data are in good agreement with the reported data [45]. Figure 3 depicts $T_1^\alpha$ of PDEF. The data are very similar to that of
PDiPF in this temperature range. Except for CH₃ carbon on the side chain, the value of \( T_1^\beta \) decreases as the temperature increases, indicating that these carbons are in the slow-motion region. On the other hand, CH₃ carbon belongs to the fast-motion region. In the same temperature range, \( T_1^\beta \) of PMMA is obtained. Consistent with previous research [48], no significant change in \( T_1^\beta \) of PMMA is observed in this temperature range. Interestingly, both PDEF and PMMA have similar \( T_1^\beta \) value of carbonyl carbon. Although there is a small discrepancy at 80 °C, the \( T_1^\beta \) value of PMMA is in between that of PDiPF and PDEF. In other words, the effect of the rotation barrier on the carbonyl carbon is not observed in this temperature range. It is noted that the relation between spin-lattice relaxation time and correlation times (\( \tau_0 \)) characterizing molecular rumbling is not straightforward. In fact, the spin-lattice relaxation time is a concave down parabolic function against \( \tau_0 \) [49]. At least from the temperature range we investigated, no clear sign of \( \beta \) relaxation was observed. It is because the timescale of the \( T_1^\beta \) relaxation is much faster than the time scale of DSC measurements with a scanning speed of 3 °C/min. We concluded that the very local dynamics of poly(fumarate)s are not significantly different from that of PMMA.

![Temperature dependence of spin-lattice relaxation time T₁ for PMMA (blue symbol) and PDEF (red symbol). The symbols on the chemical structure correspond to T₁ plotted on the graph.](image)

Figure 4a shows the DMA data of PDEF. Both \( \alpha \) and \( \beta \) relaxation are clearly seen. The main difference between poly(fumarate)s and other (meth)acrylic polymers is the strong intensity of the \( \beta \) relaxation. The storage modulus of PDEF drops from ca. 2 GPa to ca. 0.2 GPa. In order to better understand the molecular motion corresponding to these relaxation processes, a tensile test was conducted. Figure 4b presents stress–strain curves of PDEF at different temperatures. The engineering modulus is summarized in Table 3. These values are in the same order as the storage modulus obtained from DMA at each temperature. For example, the modulus of PDEF at 50 °C (i.e., 410 MPa) is comparable to the storage modulus obtained from DMA presented in Figure 4a. The important finding is that the polymer is still brittle at 50 °C, which is above \( \beta \) relaxation temperature. Although the relaxation temperature depends on frequency (i.e., characteristic time), it can be said that 50 °C is below \( \alpha \) relaxation temperature in the time scale of the tensile test. The stress–strain curve is almost linear till the break, indicating an elastic response. Above 70 °C, plastic deformation is observed. Considering the DMA curve presented in Figure 4a, it is suggested that the molecular motion related to \( \alpha \) relaxation process is partially active at 70 °C. The tensile test data suggest that the \( \beta \) relaxation is a local motion that does not lead to the flow of the polymer. On the other hand, the molecular motion associated with \( \alpha \) relaxation causes plastic deformation.
Figure 4. (a) DMA profile of PDEF as a function of temperature at five different frequencies, including 0.1 Hz, 0.5 Hz, 1 Hz, 2 Hz, and 5 Hz. (b) Stress–strain curve of PDEF at various temperatures indicated in the inset.

Table 3. Engineering modulus and ultimate tensile strength of PDEF obtained from tensile test presented in Figure 3b.

| Temperature (°C) | Modulus (MPa) | Ultimate Tensile Strength (MPa) |
|-----------------|---------------|-------------------------------|
| 50              | 410           | 0.43                          |
| 60              | 68            | 0.12                          |
| 70              | 110           | 0.36                          |
| 80              | 68            | 0.12                          |
| 90              | 14            | 0.065                         |
| 100             | 18            | 0.065                         |

WAXS measurements of amorphous polymer show a so-called amorphous halo, which reflects the amorphous packing [50–52]. In the previous study, we pointed out that the amorphous halo of PDEF is unique in comparison to that of PMMA. PDEF shows a strong peak at low $q$ at 6.5 nm$^{-1}$ [18]. Figure 5 depicts WAXS profiles of P(DEF-co-EA) with different fumarate fractions. The peak of the amorphous halo at low $q$ is characteristic of poly(fumarate)s. The length scale of the peak is around 9.7 Å. It is comparable to twice the value of the side chain length. It may correspond to the cross-sectional diameter of the polymer, taking the polymer chain as a rigid rod. The intensity of the low $q$ peak increases systematically as the DEF segment increases. The $q$ value at the maximum intensity is almost constant regardless of the fumarate fractions. In other words, while the enhancement of the rotation along the main chain decreases the maximum intensity of the peak, it does not affect the peak position. It is worth mentioning that the amorphous peak at low $q$ is also observed in polymers that have two $\alpha$ relaxations [14,15].

Figure 5. WAXS profiles of P(DEF-co-EA) with different fumarate fractions. The intensity is normalized at the peak position at $q = 15$ nm$^{-1}$.

We noticed that there is an indication of local ordering after the tensile test based on polarizing optical microscope images presented in Figure 6. The images are taken at
five different positions of the tensile specimen. There is no specific polarization property before the extension. However, after the extension, the polarization properties are different depending on the position of the sample. No clear polarization is observed only at position 1, where there was no extension because it was cramped during the tensile test. Figure 7 shows WAXS profiles before and after the extension of 50% at 100 °C. The data are presented both in 3D and 2D. The intensity profile along the azimuthal angle captures the local orientation. The microscopic ordering of the amorphous structure of PDiPF was mentioned in previous research [34]. This microscopic ordering is only observed from the peak of the amorphous halo at \( q = 6.5 \text{ nm}^{-1} \). From the broad second peak of the amorphous halo, there was no indication of the intensity change in the azimuthal angle direction. In addition, we did not find an indication of local orientation when the extension was conducted at 50 °C, which is above the \( \beta \) relaxation temperature. Based on this data, the local orientation occurs in conjunction with the molecular motion associated with \( \alpha \) relaxation and not with \( \beta \) relaxation. The one-dimensional plot of intensity as a function of \( q \) is shown in Figure 8. It can be seen that the peak of the amorphous halo split into two peaks. The sharp peak at \( q = 6.6 \text{ nm}^{-1} \) appears in addition to the relatively broad peak at \( q = 6.5 \text{ nm}^{-1} \). This implies that \( \alpha \) relaxation activates the motion of the main chain. Some side chains of the nearby polymer chains are interpenetrated.

Figure 6. (Top) A photograph of a PDEF specimen after a tensile test. (Bottom) Polarizing optical images of the specimen at five different locations as pointed out in the photograph. The scale bars are 100 μm.

Figure 7. WAXS profiles of PDEF (a) before and (b) after the 50% extension at 100 °C. (Top) Three-dimensional plot, (middle) two-dimensional plot, and (bottom) the intensity profile in the azimuthal angle are displayed. The intensity is in the arbitral unit.
The rotation of the side chain specimen after a tensile test. (Bottom) A photograph of a PDEF specimen after a tensile test. The β relaxation and α relaxation correspond to the amorphous peak at \( q = 6.5 \text{ nm}^{-1} \) starts to split after extension.

Our data support that the two thermal anomalies of PDEF observed in DSC measurement correspond to β relaxation and α relaxation rather than two \( T_g \)s. Therefore, at the temperature range between β relaxation and α relaxation, PDEF is still brittle and responds elastically upon extension. The strong β relaxation is likely to be linked to the amorphous peak at \( q = 6.5 \text{ nm}^{-1} \). Due to the rod-like nature of the poly(fumarate)s, it behaves similarly to the main chain liquid crystalline polymers. A possible scenario is as follows. Above β relaxation temperature, the side chain cannot fully rotate along the main chain. Hence, the material does not flow upon extension. Nevertheless, the side chain starts to rattle at β relaxation. This rattle weakens the amorphous packing. As a result, the storage modulus decreases, and heat capacity changes. The rotation of the side chain along the main chain activates at α relaxation. Hence, upon extension, it responds plastically. These dynamics interpenetrate the side chains, resulting in the splitting of the WAXS peak of the amorphous hollow at low \( q \).

4. Conclusions

The relaxation behavior and amorphous structure of fumarate-containing polymer have been investigated. The rotational barrier of fumarates along the main chain significantly affects the physical properties. In our previous research, we have reported strong β relaxation of PDEF. As a result, two thermal anomalies corresponding to α and β relaxations are detected in DSC, which is very unusual as a homopolymer. In this study, we showed that this characteristic is present in the copolymer of fumarate and acrylate. We confirmed that two thermal anomalies are observed from P(DEF-co-EA) containing as low as 30% of fumarate segments. The relaxation behavior obtained by solid-state NMR suggests that the local dynamics of PDEF are not significantly different from that of PMMA. WAXS measurements showed that the amorphous hollow at low \( q \) is characteristic of the fumarate-containing polymers. After the extension of the PDEF, it showed an anisotropic amorphous structure, indicating an alignment. Our data point out that the glassy packing of PDEF plays an important role in the unusually strong β relaxation.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/polym14224876/s1, Figure S1: DSC profiles of P(DEF-co-EA)\(_{80/20}\) and P(DEF-co-EA)\(_{30/70}\); Figure S2: Temperature dependence of spin-lattice relaxation time \( T_1 \) for PDiPF.

Author Contributions: Conceptualization, Y.S. and A.M.; Data curation, Y.S., T.K., T.T. and N.T.; Supervision, Y.S. and A.M.; Validation, T.K.; Writing—original draft, Y.S.; Writing—review & editing, A.M. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.
Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Acknowledgments: The synchrotron radiation experiments were performed at the BL40B2 of SPring-8 with the approval of the Japan Synchrotron Radiation Research Institute (JASRI) (proposals no. 2021B1338). The authors acknowledge experimental support from Noboru Ohta and Hiroshi Sekiguchi at SPring-8.

Conflicts of Interest: The authors declare no conflict of interest.

References
1. Ediger, M.D.; Angell, C.A.; Nagel, S.R. Supercooled Liquids and Glasses. J. Phys. Chem. 1996, 100, 13200–13212. [CrossRef]
2. Angell, C.A. The Glass Transition. Curr. Opin. Solid State Mater. Sci. 1996, 1, 578–585. [CrossRef]
3. Solis, C.L.; Burns, A.B.; Ito, K.; Chan, E.; Liu, J.; Yee, A.F.; Tyagi, M.S. Importance of Sub-Nanosecond Fluctuations on the Toughness of Polycarbonate Glasses. Macromolecules 2020, 53, 6672–6681. [CrossRef]
4. Solis, C.L.; Burns, A.B.; Ito, K.; Chan, E.P.; Douglas, J.F.; Wu, J.; Yee, A.F.; Shih, Y.T.; Huang, L.; Dimeo, R.M.; et al. Why Enhanced Subnanosecond Relaxations Are Important for Toughness in Polymer Glasses. Macromolecules 2021, 54, 2518–2528. [CrossRef]
5. McCrum, N.G.; Read, B.E.; Williams, G. Anelastic and Dielectric Effects in Polymeric Solids; Wiley: New York, NY, USA, 1967.
6. Kremer, F.; Schönhals, A. Broadband Dielectric Spectroscopy; Springer: Berlin/Heidelberg, Germany, 2003.
7. Hempel, E.; Hempel, G.; Hensel, A.; Schick, C.; Donth, E. Characteristic Length of Dynamic Glass Transition near \( T_g \) for a Wide Assortment of Glass-Forming Substances. J. Phys. Chem. B 2000, 104, 2460–2466. [CrossRef]
8. Sargsyan, A.; Tonoyan, A.; Davtyan, S.; Schick, C. The Amount of Immobilized Polymer in PMMA SiO\(_2\) Nanocomposites Determined from Calorimetric Data. Eur. Polym. J. 2007, 43, 3113–3127. [CrossRef]
9. Stoclet, G.; Seguela, R.; Lefebvre, J.M.; Rochas, C. New Insights on the Strain-Induced Mesophase of Poly (d, l-Lactide): In Situ WAXS and DSC Study of the Thermo-Mechanical Stability. Macromolecules 2010, 43, 7228–7237. [CrossRef]
10. Fujimori, H.; Oguni, M. Calorimetric Study of D, L-Propane Carbonate: Observation of the \( \beta \)- as Well as \( \alpha \)-Glass Transition in the Supercooled Liquid. J. Chem. Thermol. 1994, 26, 367–378. [CrossRef]
11. Hikima, T.; Hanaya, M.; Oguni, M. B-Molecular Rearrangement Process, But Not an a-Process, as Governing the Homogeneous Crystal-Nucleation Rate in a Supercooled Liquid. Bull. Chem. Soc. Jpn. 1996, 69, 1863–1868. [CrossRef]
12. Samuel, C.; Raquez, J.M.; Dubois, P. PLLA/PMMA Blends: A Shear-Induced Miscibility with Tunable Morphologies and Properties? Polymer 2013, 54, 3931–3939. [CrossRef]
13. Beiner, M.; Schröter, K.; Hempel, E.; Reissig, S.; Donth, E. Multiple Glass Transition and Nanophase Separation in Poly (Ra-Alkyl Methacrylate) Homopolymers. Macromolecules 1999, 32, 6278–6282. [CrossRef]
14. Beiner, M.; Huth, H. Nanophase Separation and Hindered Glass Transition in Side-Chain Polymers. Nat. Mater. 2003, 2, 595–599. [CrossRef] [PubMed]
15. Pipertzis, A.; Hess, A.; Weis, P.; Papamokos, G.; Koynov, K.; Wu, S.; Floudas, G. Multiple Segmental Processes in Polymers with Cis and Trans Stereo-regular Configurations. ACS Macro Lett. 2018, 7, 11–15. [CrossRef] [PubMed]
16. Johari, G.P.; Goldstein, M. Molecular Mobility in Simple Glasses. J. Phys. Chem. B 1970, 74, 2034–2035. [CrossRef]
17. Ngai, K.L.; Paluch, M. Classification of Secondary Relaxation in Glass-Formers Based on Dynamic Properties. J. Chem. Phys. 2004, 120, 857–873. [CrossRef] [PubMed]
18. Capaccioli, S.; Paluch, M.; Prevosto, D.; Wang, L.M.; Ngai, K.L. Many-Body Nature of Relaxation Processes in Glass-Forming Systems. J. Phys. Chem. Lett. 2012, 3, 735–743. [CrossRef] [PubMed]
19. Choi, S.B.; Takahara, A.; Amaya, N.; Murata, Y.; Kajiyama, T. Effects of Ester Side Chain Structure on Gas Permeatio Behavior of Poly (Dialkylfumarate) S. Polym. J. 1989, 21, 433–438. [CrossRef]
20. Ngai, K.L.; Capaccioli, S.; Ancherbak, S.; Shinyashiki, N. Resolving the Ambiguity of the Dynamics of Water and Clarifying Its Role in Hydrated Proteins. Philos. Mag. 2011, 91, 1809–1835. [CrossRef]
21. Cicerone, M.T.; Douglas, J.F. \( \beta \)-Relaxation Governs Protein Stability in Sugar-Glass Matrices. Soft Matter 2012, 8, 2983–2991. [CrossRef]
22. Xiao, C.; Jho, J.Y.; Yee, A.F. Correlation between the Shear Yielding Behavior and Secondary Relaxations of Bisphenol A Polycarbonate and Related Copolymers. Macromolecules 1994, 27, 2761–2768. [CrossRef]
23. Liu, Y.; Donovan, J.A. The Effect of the Secondary Relaxations on the Fracture Toughness of Nylon 6/Amorphous Nylon 6coT Blends. Polym. Eng. Sci. 1996, 36, 2345–2351. [CrossRef]
24. Yu, H.B.; Wang, W.H.; Bai, H.Y.; Wu, Y.; Chen, M.W. Relating Activation of Shear Transformation Zones to \( \beta \) Relaxations in Metallic Glasses. Phys. Rev. B 2010, 81, 220201. [CrossRef]
25. Yu, H.B.; Shen, X.; Wang, Z.; Gu, L.; Wang, W.H.; Bai, H.Y. Tensile Plasticity in Metallic Glasses with Pronounced \( \beta \) Relaxations. Phys. Rev. Lett. 2012, 108, 015504. [CrossRef] [PubMed]
26. Yu, H.B.; Tylinski, M.; Guiseppi-Elie, A.; Ediger, M.D.; Richert, R. Suppression of \( \beta \) Relaxation in Vapor-Deposited Ultrastable Glasses. Phys. Rev. Lett. 2015, 115, 185501. [CrossRef] [PubMed]
27. Suzuki, Y.; Tsuji, N.; Miyata, K.; Kano, T.; Fukao, K.; Matsumoto, A. Characteristic Features of $\alpha$ and $\beta$ Relaxations of Poly (Diethyl Fumarate) as the Poly (Substituted Methylenes). Macromol. Chem. Phys. 2021, 222, 2100124. [CrossRef]

28. Suzuki, Y.; Tsuji, T.; Funamoto, K.; Matsumoto, A. Relaxation Behavior of Random Copolymers Containing Rigid Fumarate and Flexible Acrylate Segments by Dynamic Mechanical Analysis. Polymer J. 2019, 51, 1163–1172. [CrossRef]

29. Suzuki, Y.; Miyata, K.; Sato, M.; Tsuji, N.; Fukao, K.; Matsumoto, A. Relaxation Behavior of Poly (Diisopropyl Fumarate) Including No Methylene Spacer in the Main Chain. Polymer 2020, 196, 122479. [CrossRef]

30. Toyoda, N.; Otsu, T. Polymers from 1,2-Disubstituted Ethylenic Monomers. IX. Radical High Polymerization of Methyl-Tert-Butylethene. Macromolecules 1990, 23, 5102–5105. [CrossRef]

31. Matsumoto, A.; Tarui, T.; Otsu, T. Dilute Solution Properties of Semiflexible Poly (Substituted Methylenes): Intrinsic Viscosity of Poly (Diisopropyl Fumarate) in Benzene. Macromolecules 1990, 23, 5102–5105. [CrossRef]

32. Matsumoto, A.; Otsu, T. Detailed Mechanism of Radical High Polymerization of Sterically Hindered Dialkyl Fumarates. Macromol. Symp. 1995, 98, 139–152. [CrossRef]

33. Matsumoto, A.; Sano, Y.; Yoshioka, M.; Otsu, T. Kinetic Study of Radical Polymerization of Dialkyl Fumarates Using Electron Spin Resonance Spectroscopy. J. Polym. Sci. Part A Polym. Chem. 1996, 34, 291–299. [CrossRef]

34. Yamada, K.; Takayanagi, M.; Murata, Y. Relations between Molecular Aggregation State and Mechanical Properties in Poly (Diisopropyl Fumarate). Polymer 1986, 27, 1054–1057. [CrossRef]

35. Cahoon, C.R.; Bielawski, C.W. Metal-Promoted C1 Polymerizations. Coord. Chem. Rev. 2018, 374, 261–278. [CrossRef]

36. Ihara, E.; Haida, N.; Iio, M.; Inoue, K. Palladium-Mediated Polymerization of Alkyl Diazoacetates to Afford Poly (Alkoxy carbonylmethylene)s: First Synthesis of Poly(methylene) Bearing Polar Substituents. Macromolecules 2003, 36, 36–41. [CrossRef]

37. Ihara, E.; Fujioka, M.; Haida, N.; Itoh, T.; Inoue, K. First Synthesis of Poly (Acylmethylene)s via Palladium-Mediated Polymerization of Diazoketones. Macromolecules 2005, 38, 2101–2108. [CrossRef]

38. Ihara, E.; Hiraren, T.; Itoh, T.; Inoue, K. Palladium-Mediated Polymerization of Diazooacetamides. Polym. J. 2008, 40, 1094–1098. [CrossRef]

39. Shimamoto, H.; Hohsaki, R.; Hiramatsu, D.; Itoh, T.; Ihara, E. Pd-Initiated Polymerization of Dendron-Containing Diazooacetates to Afford Dendronized Poly (Substituted Methylenes) with Narrow Molecular Weight Distribution and Its Application to Synthesis of DH-Responsive Dendronized Polymers. Macromolecules 2020, 53, 6369–6379. [CrossRef]

40. Tsuji, N.; Suzuki, Y.; Matsumoto, A. Adamantane-Containing Poly (Dialkyl Fumarate) with Rigid Chain Structures. Polym. J. 2019, 51, 1147–1161. [CrossRef]

41. Miyata, K.; Yoshioka, J.; Fukao, K.; Suzuki, Y.; Matsumoto, A. Dielectric Relaxation and Glassy Dynamics in Poly (Diisopropyl Fumarate) and Its Copolymers with Acrylate Segments. Polymer 2022, 245, 124671. [CrossRef]

42. Schmidt-Rohr, K.; Kulik, A.S.; Beckham, H.W.; Ohlemacher, A.; Pawelzik, U.; Boffel, C.; Spiess, H.W. Molecular Nature of $\beta$ Relaxation in Poly (Methyl methacrylate) Investigated by Multidimensional NMR. Macromolecules 1994, 27, 4733–4745. [CrossRef]

43. Kulik, A.S.; Beckham, H.W.; Schmidt-Rohr, K.; Radloff, D.; Pawelzik, U.; Boffel, C.; Spiess, H.W. Coupling of $\alpha$ and $\beta$ Processes in Poly (Ethyl Methacrylate) Investigated by Multidimensional NMR. Macromolecules 1994, 27, 4746–4754. [CrossRef]

44. Torchia, D.A. The Measurement of Proton-Enhanced Carbon-13 T1 Values by a Method Which Suppresses Artifacts. J. Magn. Reson. 1978, 30, 613–616. [CrossRef]

45. Brandrup, J.; Immergut, E.H.; Grulke, E.A. Polymer Handbook, 4th ed.; Wiley: New York, NY, USA, 2003.

46. Kurosu, H.; Yamada, T.; Ando, I.; Sato, K.; Otsu, T. An NMR Study of Structure and Dynamics of Poly(Fumarate) in the Solid State. J. Mol. Struct. 1993, 300, 303–311. [CrossRef]

47. Kurosu, H.; Suzuki, K.; Ando, I.; Otsu, T. An NMR Study of Structure and Dynamics of Poly (Fumarate) in the Solid State (II). J. Mol. Struct. 1994, 321, 229–237. [CrossRef]

48. Schenk, W.; Reichert, D.; Schneider, H. Compatibility in Polymer Blends of Poly (Vinyl Acetate) and Poly (Methyl Methacrylate) Studied by Nuclear Magnetic Relaxation. Polymer 1990, 31, 329–335. [CrossRef]

49. Heatley, F.; Begum, A. Molecular Motion of Poly (Methyl Methacrylate), Polystyrene and Poly(Propylene Oxide) in Solution Studied by 13C n.m.r. Spin-Lattice Relaxation Measurements: Effects Due to Distributions of Correlation Times. Polymer 1976, 17, 399–408. [CrossRef]

50. Lovell, R.; Mitchell, G.R.; Windle, A.H. Wide-Angle X-Ray Scattering Study of Structural Parameters in Non-Crystalline Polymers. Faraday Discuss. Chem. Soc. 1979, 68, 46–57. [CrossRef]

51. Lovell, R.; Windle, A.H. Determination of the Local Conformation of PMMA from Wide-Angle X-Ray Scattering. Polymer 1981, 22, 175–184. [CrossRef]

52. Mitchell, G.R.; Windle, A.H. Structure of Polystyrene Glasses. Polymer 1984, 25, 906–920. [CrossRef]