On the existence of orbits satisfying periodic or conormal boundary conditions for Euler-Lagrange flows

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PH.D. THESIS

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This dissertation is the result of my own work and includes nothing that is the outcome of work done in collaboration except where specifically indicated in the text.

This dissertation is not substantially the same as any that I have submitted for a degree or diploma or any other qualification at any other university.

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Chapter 1

Introduction

1.1 Overview of the problem.

In this chapter we give a brief overview of the problems we are interested in and state the main results of this thesis. Throughout the whole work $M$ will be a boundaryless compact manifold. Given a Tonelli Lagrangian, i.e. a smooth function $L : TM \to \mathbb{R}$ which is $C^2$-strictly convex and superlinear in each fiber, we consider the Euler-Lagrange flow $\varphi_t : TM \to TM$, that is the flow defined by the Euler-Lagrange equation, which in local coordinates can be written as

$$\frac{d}{dt} \frac{\partial L}{\partial v}(q,v) + \frac{\partial L}{\partial q}(q,v) = 0.$$

Since the Lagrangian is time-independent, the energy $E$ associated to $L$ is a first integral of the motion, meaning that it is constant along solutions of the Euler-Lagrange equation. Therefore, it makes sense to study the dynamics of the Euler-Lagrange flow $\varphi_t$ restricted to a given energy level set $E^{-1}(k)$, $k \in \mathbb{R}$.

We will be mainly interested in the existence of orbits connecting two given submanifolds $Q_0, Q_1 \subseteq M$ and satisfying suitable boundary conditions, known as conormal boundary conditions, and of periodic orbits on a given energy level.

The method of attack that will be used is that the desired Euler-Lagrange orbits are in one to one correspondence with the critical points of a suitable action functional (or, more generally, with the zeros of a suitable 1-form).

Remark 1.1.1. This approach has a nice functional setting only under the additional assumption that the Tonelli Lagrangian is quadratic at infinity in each fiber. However, this is not a problem for our purposes since the energy levels of a Tonelli Lagrangian are always compact and hence we can modify $L$ outside a compact set to achieve the desired quadratic growth condition. Hereafter all the Lagrangians will be therefore supposed quadratic at infinity.

For the “connecting $Q_0$ with $Q_1$” problem, this action functional is given by the so called free-time Lagrangian action functional

$$A_k : \bigcup_{T > 0} H^1_0([0,T], M) \to \mathbb{R}, \quad A_k(\gamma) := \int_0^T \left[ L(\gamma(t), \dot{\gamma}(t)) + k \right] dt,$$
where $H^1_Q([0,T], M)$ is the Hilbert manifold of $H^1$-paths in $M$ defined on $[0,T]$ and connecting $Q_0$ to $Q_1$. In fact, variations of $\gamma$ with fixed $T$ yield that a critical point of $A_k$ is an Euler-Lagrange orbit connecting $Q_0$ to $Q_1$ and satisfying the conormal boundary conditions; variations on $T$ yield then the energy $k$ condition.

The domain of definition of $A_k$ can be endowed with a structure of Hilbert manifold by identifying it with the product manifold $M_Q = H^1_Q([0,1], M) \times (0, +\infty)$. Here $\gamma \in H^1_Q([0,T], M)$ is identified with the pair $(x, T)$, where $x : [0, 1] \to M$ is given by $x(s) := \gamma(Ts)$. Using this identification we can write

$$A_k : M_Q \to \mathbb{R}, \quad A_k(x, T) := T \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T}\right) + k \right] ds,$$

A very careful study of the properties of $A_k$ will be needed, since $M_Q$ is infinite dimensional and non-complete; these turn to be influenced by the value $k$ of the energy. In particular they change drastically when crossing a special energy value $c(L; Q_0, Q_1)$, which depends on $L$ and on the topology of $Q_0$ and $Q_1$ as in $M$ embedded submanifolds. This is actually no surprise, since also the dynamical and geometric properties of the system depend on the energy; see e.g. [Con06] or [Abb13]. Therefore, we will have to distinguish between “supercritical” and “subcritical” energies and we will get different existence and multiplicity results accordingly.

The existence of periodic orbits on a given energy level set has already been intensively studied in the last decades and many existence results in this direction have already been obtained. The interested reader may find a beautiful overview in [Abb13] (and also references therein); other references will be provided later on.

We will first study the existence of periodic orbits for the flow of the pair $(L, \sigma)$, with $L$ Tonelli-Lagrangian and $\sigma$ a closed 2-form; namely we prove an almost everywhere existence result of periodic orbits, which generalizes the well-known Lusternik and Fet theorem [FL51] about the existence of one contractible closed geodesic on every closed Riemannian manifold $M$ with $\pi_l(M) \neq 0$ for some $l \geq 2$.

We then focus on oscillating magnetic fields on $T^2$ and show that almost every sufficiently low energy level set carries infinitely many periodic orbits. The result in [ABL15], where oscillating magnetic fields on surfaces of genus larger than one were considered, is therefore extended here to the case of the 2-Torus. Extending this to $S^2$ represents a challenging open problem. Both of the results build on ideas contained in [AMMP14], where the exact case was treated.

### 1.2 Orbits “connecting” $Q_0$ with $Q_1$.

Consider a Tonelli Hamiltonian $H : T^* M \to \mathbb{R}$ (i.e. strictly convex and superlinear in each fiber) and let $Q_0, Q_1 \subseteq M$ be two closed submanifolds. The question we are interested in is the following: For which $k \in \mathbb{R}$ does $H^{-1}(k)$ contain orbits $x : [0,T] \to T^* M$ of the Hamiltonian flow defined by $H$ and satisfying

$$x(0) \in N^* Q_0, \quad x(T) \in N^* Q_1? \quad (1.1)$$
Here, for a given submanifold $A \subseteq M$, $N^*A \subseteq T^*M$ denotes the subbundle of the cotangent bundle defined by

$$N^*A := \left\{ (q,p) \in T^*M \mid q \in A, \ker p \supseteq T_qA \right\}$$

and is called the conormal bundle of $A$. The boundary conditions (1.1) are then called conormal boundary conditions. For generalities and properties of conormal bundles we refer to the appendix and to [Dui76], [H90, page 149] or [AS09].

This problem admits an equivalent reformulation in the Lagrangian setting. Let $L : TM \to \mathbb{R}$ be the Tonelli Lagrangian given as the Fenchel dual of $H$. For which $k \in \mathbb{R}$ does $E^{-1}(k)$ carry Euler-Lagrange orbits $\gamma : [0,T] \to M$ connecting $Q_0$ with $Q_1$ and satisfying the conormal boundary conditions

$$d_vL(\gamma(0),\dot{\gamma}(0)) \bigg|_{T_{\gamma(0)}Q_0} = d_vL(\gamma(T),\dot{\gamma}(T)) \bigg|_{T_{\gamma(T)}Q_1} = 0 \ ? \tag{1.2}$$

As already pointed out in the introduction to this chapter, this equivalent reformulation allows to put the problem into a nice functional analytical setting, since Euler-Lagrange orbits with energy $k$ satisfying the conormal boundary conditions are in correspondence with the critical points of the functional

$$A_k : \mathcal{M}_Q \to \mathbb{R}, \quad A_k(x,T) := T \int_0^1 \left[ L\left(x(s),\frac{x'(s)}{T}\right) + k \right] ds,$$

where $Q := Q_0 \times Q_1$ and $\mathcal{M}_Q$ is the space of $H^1$-paths connecting $Q_0$ with $Q_1$ with arbitrary interval of definition. It is clear that the properties of $A_k$ have to depend on the topology of the space $\mathcal{M}_Q$. What it is not so clear at this moment is that the properties of $A_k$ also depend on the value of the energy $k$ and change drastically when crossing a suitable Mañé critical value, which depends on $L$ and on the topology of $Q_0$ and $Q_1$ as embedded submanifolds.

It is worth to observe already at this point that the problem we are interested in need not have solutions. In other words, $A_k$ need not have critical points in general.

Consider for instance the geodesic flow of a Riemannian metric $g$ on $M$ and suppose $Q_0 = M$. This flow can be seen as the Euler-Lagrange flow associated to the kinetic energy. The conormal boundary conditions (1.2) are then given by

$$\dot{\gamma}(0) \perp T_{\gamma(0)}Q_0, \quad \dot{\gamma}(T) \perp T_{\gamma(T)}Q_1.$$

Being $Q_0 = M$, we necessarily have $\dot{\gamma}(0) = 0$. This implies that Euler-Lagrange orbits satisfying the conormal boundary conditions exist only at energy $k = 0$.

Consider now the geodesic flow on $(\mathbb{T}^2,g_{\text{flat}})$, where $g_{\text{flat}}$ denotes the flat metric and let $Q_0, Q_1$ be as in the figure below
In this case it is easy to see that the only Euler-Lagrange orbit which satisfies the conormal boundary conditions is the constant orbit through the intersection point \( q_0 \); in particular for \( k > 0 \) the energy level \( E^{-1}(k) \) carries no Euler-Lagrange orbits satisfying the conormal boundary conditions. This counterexample shows that the existence fails also up to small perturbations of \( Q_0 \) and \( Q_1 \).

What goes wrong in these examples is that the space \( \mathcal{M}_Q \) is connected, contractible, contains constant paths and the infimum of \( A_k \) on \( \mathcal{M}_Q \) is zero for every \( k \). Therefore, one cannot expect to prove the existence of Euler-Lagrange orbits satisfying the conormal boundary conditions by minimizing \( A_k \) on the space \( \mathcal{M}_Q \). Also, one might not expect to apply minimax arguments, being \( \mathcal{M}_Q \) contractible.

We will show in Theorems 4.1.3 and 4.1.5 that these are the only cases in which the existence of the desired Euler-Lagrange orbits fails, at least when the energy is sufficiently high in a sense that we now explain.

First let us recall that, with any cover \( N \to M \) is associated a Mañé critical value \( c(L^N) \). Consider the lift \( L^N : T\tilde{M} \to \mathbb{R} \) of \( L \) to the cover \( N \) and define

\[
c(L^N) := \inf \left\{ k \in \mathbb{R} \mid A^N_k (\gamma) \geq 0, \forall \gamma \text{ loop in } N \right\},
\]

(1.3)

where \( A^N_k \) is the action functional associated with \( L^N \). When \( N = \tilde{M} \), \( N = \hat{M} \) universal cover, resp. Abelian cover of \( M \) one denotes the corresponding Mañé critical value with \( c_u(L) \), resp. \( c_0(L) \) and calls it the Mañé critical value of the universal cover, resp. of the Abelian cover. We will get back to the relations of these two energy values with the dynamical and geometric properties of the Euler-Lagrange flow later on.

Let now \( H \) be the smallest normal subgroup in \( \pi_1(M) \) containing both \( \iota_* (\pi_1(Q_0)) \) and \( \iota_* (\pi_1(Q_1)) \), where \( \iota : Q_i \to M \) is the canonical inclusion. Consider the cover

\[
M_1 := \tilde{M} / H
\]

and define the Mañé critical value

\[
c(L; Q_0, Q_1) := c(L_1),
\]

where \( L_1 : TM_1 \to \mathbb{R} \) is the lift of \( L \) to the cover \( M_1 \). It is possible to show that, if \( k \geq c(L; Q_0, Q_1) \), then \( A_k \) is bounded from below on every connected component of \( \mathcal{M}_Q \) and it is unbounded from below on every connected component otherwise.

Moreover, for every \( k > c(L; Q_0, Q_1) \), every Palais-Smale sequence for \( A_k \) with times bounded away from zero (see Sections 3.2 and 3.3 for further details) has converging subsequences. These facts will enable us to prove the following
Theorem. Let $L : TM \to \mathbb{R}$ be a Tonelli Lagrangian and let $Q_0, Q_1 \subseteq M$ be closed submanifolds of $M$. Then the following hold:

1. For every $k > c(L; Q_0, Q_1)$, each connected component $\mathcal{N}$ of $\mathcal{M}_Q$ not containing constant paths carries an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions, which is a global minimizer of $A_k$ on $\mathcal{N}$.

2. Let $\mathcal{N}$ be a component of $\mathcal{M}_Q$ containing constant paths and define

$$k_{\mathcal{N}}(L) := \inf \left\{ k \in \mathbb{R} \middle| \inf_{\mathcal{N}} A_k \geq 0 \right\} = \sup \left\{ k \in \mathbb{R} \middle| \inf_{\mathcal{N}} A_k < 0 \right\} \geq c(L; Q_0, Q_1).$$

For all $k \in (c(L; Q_0, Q_1), k_{\mathcal{N}}(L))$, there exists an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions, which is a global minimizer of $A_k$ on $\mathcal{N}$. Furthermore, $\mathcal{N}$ carries an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions also for every $k > k_{\mathcal{N}}(L)$, provided that $\pi_l(\mathcal{N}) \neq 0$ for some $l \geq 1$.

Existence results for subcritical energies are harder to achieve than the corresponding ones for supercritical energies and the reasons for that are of various nature.

First, the action functional $A_k$ is unbounded from below on each connected component of $\mathcal{M}_Q$; therefore, we cannot expect to find solutions by minimizing the free-time action functional $A_k$. Furthermore, when $k$ is subcritical, $A_k$ might have Palais-Smale sequences $(x_h, T_h)$ with $T_h \to +\infty$. The convergence issues for Palais-Smale sequences for $A_k$ are ultimately responsible of the fact that one is able to prove existence results only on dense subsets of subcritical energies, using for instance an argument due to Struwe [Str90], called the Struwe monotonicity argument, to overcome the lack of the Palais-Smale condition for $A_k$. This method has been already intensively applied to the existence of periodic orbits; see for instance [Coni6, Abb13, AMPl13, AMPl14, AB14, AB15]. We will see in Section 4.2 how to apply this method in our context. A possible way to overcome the lack of the Palais-Smale condition for $A_k$ would be to prove that subcritical energy levels are stable [HZ94, Page 122], at least for a certain range of energies; this would allow to extend the known results about almost every energy to results which hold for all energies (see [Abb13, Corollary 8.2] for further details). However, only partial answers to this question and in very particular cases are known so far: for instance, very low energy levels of symplectic magnetic flows on surfaces different from $\mathbb{T}^2$ are of contact type (in particular, stable) and a clear geometric description of their dynamics has been recently given by Benedetti in [Ben1a, Ben1b]. What makes the stability condition more difficult to study than the contact condition is what actually makes it more flexible and general. In the Tonelli setting, it is not difficult to characterise contact energy levels in terms of the Lagrangian action: for instance, McDuff’s criterion from [McD87] implies that the energy level $E^{-1}(k)$ is of contact type if and only if every invariant measure on it with vanishing asymptotic cycle has positive $k$-action.
CHAPTER 1. INTRODUCTION

The characterisations of stability coming from Wadsley's and Sullivan's works (see \cite{CFP10} Theorem 2.1 and 2.2) are more difficult to use in this context.

Second, low energy levels of the Hamiltonian $H$ associated to $L$ could be in general disjoint from the conormal bundle of a given submanifold, so one can hope to find solutions only above a certain value of the energy. We explain this problematic with an example: Suppose $L$ is a magnetic Lagrangian, i.e. of the form

$$L(q,v) = \frac{1}{2} \|v\|_q^2 + \vartheta_q(v),$$

(1.4)

where $\| \cdot \|_q$ is the norm induced by a Riemannian metric $g$ on $M$ and $\vartheta$ is a smooth 1-form on $M$. In this case the energy is given by

$$E(q,v) = \frac{1}{2} \|v\|_q^2,$$

so that Euler-Lagrange orbits are parametrized proportional to arc-length. The conormal boundary conditions (1.2) can be rewritten as

$$g_{\gamma(i)}(\dot{\gamma}(i), \cdot) + \vartheta_{\gamma(i)}(\cdot) \big|_{T_{\gamma(i)}Q_i} = 0, \quad i = 0, 1. \quad (1.5)$$

For $i = 0, 1$ denote by $w_i \in T_{\gamma(i)}M$ the unique vector representing $\vartheta_i$, that is

$$g_{\gamma(i)}(w_i, \cdot) = \vartheta_i(\cdot),$$

and assume for sake of simplicity that $g_{\gamma(i)}(\cdot, \cdot)$ is the Euclidean scalar product on $T_{\gamma(i)}M$. Then (1.5) is equivalent to

$$g_{\gamma(i)}(\dot{\gamma}(i) + w_i, \cdot) \big|_{T_{\gamma(i)}Q_i} = 0, \quad i = 0, 1,$$

which necessarily implies $\|\dot{\gamma}(i)\| \geq \|P_iw_i\|$ for $i = 0, 1$, where $P_i : TM|Q_i \rightarrow TQ_i$ denotes the orthogonal projection. It follows that Euler-Lagrange orbits satisfying the conormal boundary conditions (1.5) might exist only for energies

$$k \geq \max \left\{ \min \left\{ \frac{1}{2} \|P_0w_0\|^2 \bigg| q_0 \in Q_0 \right\}, \min \left\{ \frac{1}{2} \|P_1w_1\|^2 \bigg| q_1 \in Q_1 \right\} \right\} \quad (1.6)$$

where $w_{q_i} \in T_qM$ is the unique tangent vector representing $\vartheta_{q_i}$. In the Hamiltonian setting, the right-hand side of (1.6) is the lowest energy value for which the energy level set $H^{-1}(k)$ intersects both the conormal bundles of $Q_0$ and $Q_1$. If it is positive, then there are no Euler-Lagrange orbits satisfying the conormal boundary conditions with energy less than it, even if the submanifolds intersect or if $Q_0 = Q_1$.

Finally, the problem becomes even harder if $Q_0 \cap Q_1 = \emptyset$, since it contains as a very special case the famous open problem of finding the energy levels for which any pair of points in $M$ can be joined by an Euler-Lagrange orbit. This question has an easy answer in the case of mechanical Lagrangians, that is functions of the form

$$L(q,v) = \frac{1}{2} \|v\|_q^2 - V(q),$$
but is made extremely hard by the presence of a magnetic potential $\vartheta$ (see e.g. [Gli97, Chapter I.3 and Appendix F]). In this sense a very clarifying example is provided by the magnetic flow of the standard area form $\sigma$ on $(S^2, g_{\text{std}})$, even though this is an Euler-Lagrange flow only locally, that is the Hamiltonian flow defined by the kinetic energy $E(q, v) = \|v\|^2/2$ and by the twisted symplectic form

$$\omega_\sigma = \omega + \pi^* \sigma,$$

where $\omega$ is the pull-back of $dp \wedge dq$ on $TS^2$ via the Riemannian metric. For every $k > 0$ the flow on $E^{-1}(k)$ is periodic and projected orbits are circles on $S^2$ which can be seen as the intersection of $S^2$ with suitable affine planes in $\mathbb{R}^3$. One can also prove that they converge to great circles for $k \to +\infty$; it follows that there is no energy level for which the south pole can be joined with the north pole.

In the case of “global” Euler-Lagrange flows on $M$ it has been proven by Mañé in [Mn97] that, for every $k > c_0(L)$, every pair of points $q_0, q_1 \in M$ can be joined by an Euler-Lagrange orbit with energy $k$. This result has been then strengthen by Contreras in [Con06] to every $k > c_u(L)$. We will show in Section 4.3 that Contreras’ result is sharp exhibiting, for every $\epsilon > 0$, examples of magnetic Lagrangians $L_\epsilon$ on compact connected orientable surfaces and points $q_0, q_1$ that cannot be joined by Euler-Lagrange orbits with energy less than $c_u(L_\epsilon) - \epsilon$.

We therefore assume $Q_0 \cap Q_1 \neq \emptyset$ (for the moment say also connected) and show that in a (possibly empty, but in general not) certain energy range, which depends only on $L$ and on the intersection $Q_0 \cap Q_1$, the free-time action functional $A_k$ has a mountain-pass geometry on the connected component of $\mathcal{M}_Q$ containing constant paths. Here the two valleys are represented by the set of constant paths and by the set of paths with negative $k$-action. We get therefore a minimax class just by considering paths starting from a constant path and going to paths with negative action, and a relative minimax function, which depends monotonically on $k$. An analogue of the Struwe monotonicity argument (cf. Lemma 4.2.4) will allow us to show the existence of compact Palais-Smale sequences for almost every energy in this energy range.

In the statement of the following theorem we suppose, for sake of simplicity, that $L$ is of the form (1.4), though the result holds more generally for every autonomous Tonelli Lagrangian. This assumption allows at this moment an easier definition of the energy value $k_{Q_0 \cap Q_1}$; the general one will be given in Chapter 4.

**Theorem.** Let $L : TM \to \mathbb{R}$ be as in (1.4). Suppose $Q_0 \cap Q_1 \neq \emptyset$ connected and let $\mathcal{N}$ be the connected component of $\mathcal{M}_Q$ containing the constant paths. Define

$$k_{Q_0 \cap Q_1}^- := \max_{q \in Q_0 \cap Q_1} \frac{1}{2} \|\vartheta_q\|^2 \leq c(L; Q_0, Q_1).$$

Then, for almost every $k \in (k_{Q_0 \cap Q_1}^-, c(L; Q_0, Q_1))$, there exists an Euler-Lagrange orbit $\gamma \in \mathcal{N}$ with energy $k$ satisfying the conormal boundary conditions.
a contact manifold, see [Arn86, Moh01], but in a possibly non-contact situation. As a trivial corollary of the theorem above we get existence results of Arnold chords for subcritical energies (cf. Corollary 4.2.6).

In Section 4.3 we complement the theorems above with some explicit counterexamples, which show that all the results are optimal.

1.3 A generalization of the Lusternik-Fet theorem

Let \((M, g)\) be a closed connected Riemannian manifold, \(L : TM \to \mathbb{R}\) be a Tonelli Lagrangian and \(\sigma \in \Omega^2(M)\) be a closed 2-form. Associated with the pair \((L, \sigma)\) is a flow on \(TM\), for which the energy \(E\) defined by \(L\) is a prime integral; it is defined by gluing together all the local Euler-Lagrange flows of the Lagrangians \(L + \vartheta_i\), where \(\vartheta_i\) are local primitives of \(\sigma\). This flow is conjugated via the Legendre transform to the Hamiltonian flow on \(T^*M\) defined by \(H\), the Fenchel dual of \(L\), and by the twisted symplectic form

\[\omega_\sigma := dp \wedge dq + \pi^* \sigma.\]

This class of flows contains the class of (possibly non-exact) magnetic flows on \(TM\); these are given as flow of the pair \((L, \sigma)\) by choosing

\[L(q, v) = E_{\text{kin}}(q, v) = \frac{1}{2} \|v\|^2_q\]

kinetic energy associated with a Riemannian metric on \(M\). The reason for this terminology is that this flow can be thought of as modelling the motion of a particle of unit mass and charge under the effect of a magnetic field represented by the 2-form \(\sigma\). Periodic orbits of the flow of \((E_{\text{kin}}, \sigma)\) are then called closed magnetic geodesics.

In Chapter 6 we prove a generalization of the celebrated Lusternik and Fet theorem [FL51] about the existence of a contractible closed geodesic on every closed Riemannian manifold \(M\) with \(\pi_l(M) \neq 0\) for some \(l \geq 2\). In the statement of the following theorem we set

\[e_0(L) := \max_{q \in M} E(q, 0).\]

Observe that, in case of magnetic flows, \(e_0(L) = 0\).

**Theorem** (Generalized Lusternik-Fet theorem). Let \((M, g)\) be a closed connected Riemannian manifold, \(L : TM \to \mathbb{R}\) be a Tonelli Lagrangian and \(\sigma\) be a closed 2-form. If \(\pi_l(M) \neq 0\) for some \(l \geq 2\), then for almost every \(k > e_0(L)\) there exists a contractible periodic orbit for the flow of the pair \((L, \sigma)\) with energy \(k\).

This result generalizes the corresponding statements in [Con06] (see also [Abb13, theorem 8.2]) and in [Mer10] (see also the forthcoming corrigendum [Mer15]), where respectively the cases \(\sigma\) exact, \(\sigma\) weakly-exact are treated. This theorem is the outcome of joint work with Gabriele Benedetti and is contained in the preprint [AB14]. There a slightly different proof is given, since the cases \(l = 2\) and \(l \geq 2\) are considered separately; here we use a construction which allows to treat both cases at once.
A result of this kind for simply connected manifolds and for \( l = 2 \) appears for the first time in [Koz85, Theorem 7], where it is claimed to hold for every \( k > e_0(L) \). The author gives only a sketch of the proof and does not take into account some crucial convergence problems, which are today only partially solved and are also ultimately responsible for the fact that with our method we do not get a contractible periodic orbit for every energy. In the case of magnetic flows, the existence of a periodic orbit was already proven, for \( \sigma \neq 0 \), by Schlenk [Sch06] for almost every \( k \) in the energy range \((0, d_1(g, \sigma))\), where

\[
d_1(g, \sigma) := \sup \left\{ k > 0 \left| \left\{ (q, p) \in T^*M \left| \frac{1}{2} \|p\|^2 \leq k \right\} \text{ stably displaceable} \right. \right\}.
\]

It follows from results in [LS94] and in [Pol95] that \( d_1(g, \sigma) \) is positive. Finally, this result for \( M = S^2 \) and \( \sigma \) non-exact has concrete applications to the motion of rigid bodies (see [Koz85, Theorem 8] and [Nov82]).

In general, our methods yield existence results only for almost every \( k \) but, when a particular energy level set is stable [HZ94, Page 122] we can upgrade such almost existence results to show that there is a contractible periodic orbit of energy \( k \) (we refer to [Abb13, Corollary 8.2] for the details). This is for instance the case for low energy levels of symplectic magnetic flows on surfaces (i.e. with \( \sigma \) a symplectic form).

We now give an account of the tools we use to prove the aforementioned theorem. We denote by \( \mathcal{M} := H^1(\mathbb{T}, M) \times (0, +\infty) \) the space of \( H^1 \)-loops in \( M \) with arbitrary period and with \( \mathcal{M}_0 \) the connected component given by contractible loops.

Notice that a free-period Lagrangian action functional is not available in this generality, since the 2-form \( \sigma \) is by assumption only closed. However, its differential \( \eta_k \) is still well-defined and its zeros are in one to one correspondence with the periodic orbits of the flow defined by \((L, \sigma)\) contained in \( E^{-1}(k) \). We call \( \eta_k \in \Omega^1(\mathcal{M}) \) the action 1-form; it is given by

\[
\eta_k(x, T) := dA_L^T(x, T) + \int_0^1 \sigma_{x(s)}(x'(s), \cdot) \, ds,
\]

where \( A_L^T \) is the free-period action functional associated with \( L \). The action 1-form turns out to be locally Lipschitz continuous and (in a suitable sense) closed. Moreover, it satisfies a crucial compactness property for critical sequences (namely, sequences \((x_h, T_h)\) such that \( \|\eta_k(x_h, T_h)\| \to 0 \)). More precisely, every critical sequence with periods bounded and bounded away from zero admits a converging subsequence.

The assumption that \( \pi_l(M) \neq 0 \) for some \( l \geq 2 \) will be used to define a suitable minimax class \( \mathcal{U} \) of maps

\[
(B^{l-1}, S^{l-2}) \rightarrow (\mathcal{M}_0, \mathcal{M}_0),
\]

where \( \mathcal{M}_0 \) is the submanifold of \( \mathcal{M}_0 \) of constant loops, and an associated minimax function \( k \mapsto c^\mu(k) \). The monotonicity of \( c^\mu \) allows to prove the existence of critical sequences for \( \eta_k \) with periods bounded and bounded away from zero for almost every \( k > e_0(L) \) by generalizing the Struwe monotonicity argument to this setting.
1.4 Oscillating magnetic fields on $\mathbb{T}^2$

In this section we restrict our attention to the class of magnetic flows on $T\mathbb{T}^2$ defined by oscillating forms. Recall that a closed 2-form $\sigma$ is said to be oscillating if its density with respect to the area form takes both positive and negative values. Notice that oscillating forms are the natural generalization of exact forms, since we can think of exact forms as “balanced” oscillating forms, being their integral over $M$ zero.

The aim of chapter 7 will be to generalize the main theorem of [AMMP14] (for $M = \mathbb{T}^2$) to the non-exact case, thus proving the following

**Theorem.** Let $\sigma$ be a non-exact oscillating 2-form on $(\mathbb{T}^2, g)$. Then there exists a constant $\tau_+(g, \sigma) > 0$ such that for almost every $k \in (0, \tau_+(g, \sigma))$ the energy level $E^{-1}(k)$ carries infinitely many geometrically distinct closed magnetic geodesics.

By “geometrically distinct” we mean that the closed magnetic geodesics are not iterates of each other. This theorem is the result of joint work with Gabriele Benedetti and complements our previous result in [AB15], where we consider the case of surfaces with genus larger than one. The high genus case is actually much easier than the case $M = \mathbb{T}^2$, since the action 1-form $\eta_k$ is exact on the whole $\mathcal{M}$ and a primitive $S_k$ can be explicitly written down (cf. [Mer10]); the proof follows then roughly from the one in [AMMP14] replacing the free-period Lagrangian action functional by $S_k$.

The case $M = \mathbb{T}^2$ is harder and requires methods similar to the ones used in the proof of the generalized Lusternik-Fet theorem. The proof will therefore consist in showing the existence of infinitely many zeros of $\eta_k$ via a minimax method.

Now we briefly explain the main ideas involved in the proof of the theorem above. Since the action 1-form $\eta_k$ is locally exact (in particular near a critical point) and local primitives of $\eta_k$ have the same structure as a Lagrangian action functional (with a primitive $\vartheta$ of $\sigma$ not defined on the whole $\mathbb{T}^2$), the local theory is the same as in the exact case: iterates of (strict) local minimizers are still (strict) local minimizers (cf. Proposition 7.1.2) and the Morse index of the critical points satisfies the same iteration properties as described in [AMP13] Section 1 and in [AMMP14]. In particular, as shown in [AMMP14] for the exact case, a sufficiently high iterate of a periodic orbit cannot be a mountain pass critical point (see Proposition 7.1.3 for further details).

Also, it follows from results by Taimanov [Tai92a, Tai92b, Tai93] and independently by Contreras, Macarini and Paternain [CMP04] that there is $\tau_+(g, \sigma) > 0$ such that for all $k \in (0, \tau_+(g, \sigma))$ there exists a closed magnetic geodesic $\alpha_k$ which is a local minimizer of the action. Now one has two cases: either $\alpha_k$ is contractible or it is not contractible. If $\alpha_k$ is contractible, then one can run the same proof as in [AB15] and the theorem follows.

Therefore, we may assume $\alpha_k$ to be non contractible. Being $\eta_k$ exact only on $\mathcal{M}_0$, for every other connected component $\mathcal{M}'$ of $\mathcal{M}$ there exists a generator of $\pi_1(\mathcal{M}')$, say $\beta$, on which $\eta_k$ is non-zero. One now gets minimax classes by considering, for every $n \in \mathbb{N}$, the class of loops in $\mathcal{M}$ based at $\alpha_k^n$ which are homotopic to $\beta$.

---

1The density of $\sigma$ with respect to $\mu_g$ is the (unique) function $f : M \to \mathbb{R}$ such that $\sigma = f \mu_g$. 
However, this natural choice might yield non-monotone minimax functions, since the Taimanov’s local minimizer might not depend continuously on $k$. We therefore modify the minimax classes in order to achieve the desired monotonicity, which will be crucial to prove the existence of infinitely many zeros for $\eta_k$ for almost every $k \in (0, \tau_+(g, \sigma))$ by generalizing the Struwe monotonicity argument to this setting.

Excluding that these zeros are iterates of only finitely many zeros with the argument given by Proposition 7.1.3 will yield infinitely many geometrically distinct closed magnetic geodesics for almost every $k \in (0, \tau_+(g, \sigma))$.

The same proof would a priori run also for $M = S^2$; the problem is that in this case one has no tools to show that the infinitely many zeros of the action are not iterates of each other. More precisely, one can exclude (with the same argument used for the case $M \neq S^2$) that the zeros are “large” iterates of each other, but one cannot exclude that they are “low” iterates of each other (or even that they are all equal).

This difficulty can be easily overcome in case $M = T^2$, since the action 1-form $\eta_k$ is exact on $M_0$ (cf. [Mer10]), the connected component of $M$ given by the contractible loops. Therefore, if the mountain-pass critical points are contractible, then one can use the action to show that they cannot be “low” iterates of each other proving that the action tends to $-\infty$; to do this one uses the so-called Bangert’s technique [Ban80] of pulling one loop at a time. In case of non-contractible mountain-passes, this can be excluded by a simple topological argument.

In the case $M = S^2$, combining Taimanov’s result [Tai92b] with Theorem 6.4.1 of Chapter 6, we get the following

**Proposition.** Consider a non-exact oscillating form $\sigma$ on $(S^2, g)$. Then there exists a constant $\tau_+(g, \sigma) > 0$ such that for almost every $k \in (0, \tau_+(g, \sigma))$ the energy level $E^{-1}(k)$ carries at least two geometrically distinct closed magnetic geodesics.

This discrepancy between $S^2$ and genus $\geq 1$ is actually not a huge surprise, since also in the case in which $\sigma$ is a symplectic form the strongest known result is that every sufficiently low energy level carries either two or infinitely many closed magnetic geodesics [Ben14b]. In this setting, Benedetti recently showed an example of “low” energy level with exactly two closed magnetic geodesics.
Chapter 2
Preliminaries

In this chapter we recall the basic tools that will be needed in the rest of the thesis. Throughout the whole work we will assume \((M, g)\) to be a closed connected Riemannian manifold and \(Q \subseteq M \times M\) to be a connected boundaryless submanifold of \(M \times M\). We will be mainly interested in the cases \(Q = \Delta\) diagonal in \(M \times M\) and \(Q = Q_0 \times Q_1\) product of two closed submanifolds of \(M\).

In Section 2.1 we introduce the so-called Lagrangian and Hamiltonian formalisms: we define Tonelli Lagrangians, the Euler-Lagrange equation, the Euler-Lagrange flow, the energy function and the Hamiltonian associated to a Tonelli Lagrangian, the Hamiltonian flow and briefly discuss their properties and relations.

In Section 2.2 we define the Hilbert manifold \(H^1_Q([0,1], M)\) of paths “starting at” and “ending in” \(Q\) and study its topology, with particular attention to its connected components, in the two aforementioned cases. In the first one we readily see that the connected components of \(H^1_\Delta([0,1], M) = H^1(T, M)\) correspond to the conjugacy classes in \(\pi_1(M)\), whilst in the latter one we show that there exists an equivalence relation \(\sim_{Q_0, Q_1}\) on \(\pi_1(M)\), which depends only on the topology of \(Q_0\) and \(Q_1\) as embedded submanifolds of \(M\), such that the connected components of \(H^1_Q([0,1], M)\) are in one to one correspondence with the set of equivalence classes \(\pi_1(M) / \sim_{Q_0, Q_1}\).

In Sections 2.3 and 2.4 we move to the study of the Lagrangian action functional. We first define it and discuss its regularity properties: we show that \(A_L\) is continuously differentiable with locally Lipschitz and Gateaux-differentiable differential. We then show that the critical points of \(A_L\) restricted to \(H^1_Q([0,1], M)\) correspond to the Euler-Lagrange orbits that satisfy the conormal boundary conditions (2.20).

Finally, in Section 2.5 we recall the celebrated minimax theorem 2.5.3, which provides a very powerful tool to detect critical points (of functionals on Hilbert manifolds) that are not necessarily global or local minimizers.
2.1 Lagrangian and Hamiltonian dynamics.

**Definition 2.1.1.** A (autonomous) Tonelli Lagrangian on \( M \) is a smooth function \( L : TM \to \mathbb{R} \) satisfying the following conditions:

1. \( L \) is fiberwise \( C^2 \)-strictly convex, i.e.
   \[
   d_{vv}L(q,v) > 0, \quad \forall \ (q,v) \in TM,
   \]
   where \( d_{vv}L \) denotes the fiberwise second differential of \( L \).

2. \( L \) has superlinear growth on each fiber, meaning
   \[
   \lim_{\|v\|_q \to +\infty} \frac{L(q,v)}{\|v\|_q} = +\infty.
   \]

As usual \( \pi : TM \to M \) denotes the tangent bundle of \( M \). From the superlinearity condition it readily follows that Tonelli Lagrangians are bounded from below. We will use equivalently the notations
   \[
   \frac{\partial L}{\partial q} = L_q, \quad \frac{\partial L}{\partial v} = L_v
   \]
for the partial derivatives of \( L \) with respect to \( q \) and \( v \) in local coordinates. The *Euler-Lagrange equation* associated to \( L \) is, in local coordinates, given by
   \[
   \frac{d}{dt} \frac{\partial L}{\partial v}(q,\dot{q}) = \frac{\partial L}{\partial q}(q,\dot{q}).
   \]

The convexity hypothesis (\( L_{vv} \) invertible) implies that the Euler-Lagrange equation can also be seen as a first order differential equation on \( TM \)
   \[
   \begin{cases}
   \dot{q} = v; \\
   \dot{v} = (L_{vv})^{-1}(L_q - L_{vq} \cdot v);
   \end{cases}
   \]

Hence, the convexity hypothesis allows to define a vector field \( X_L \) on \( TM \), called the *Euler-Lagrange vector field*, such that the solutions of
   \[
   \dot{u}(t) = X_L(u(t)), \quad u(t) = (q(t),\dot{q}(t))
   \]
are precisely the curves satisfying the Euler-Lagrange equation. The flow of \( X_L \) is called the *Euler-Lagrange flow*. To any Tonelli Lagrangian \( L \) we can associate an energy function defined by
   \[
   E : TM \to \mathbb{R}, \quad E(q,v) := \frac{\partial L}{\partial v}(q,v) \cdot v - L(q,v),
   \]
which is an integral of the motion, i.e. an invariant function for the Euler-Lagrange flow. Indeed, if \( q(t) \) satisfies the Euler-Lagrange equation, then
   \[
   \frac{d}{dt} E(q(t),\dot{q}(t)) = \left[ \frac{d}{dt} \left( \frac{\partial L}{\partial v} \right) - \frac{\partial L}{\partial q} \right] (q(t),\dot{q}(t)) = 0.
   \]

Therefore, the energy level sets of \( E \) are invariant under the Euler-Lagrange flow. Furthermore, the function \( E \) satisfies the following properties:
2.1. LAGRANGIAN AND HAMILTONIAN DYNAMICS.

- $E(q, v)$ is fiberwise $C^2$-strictly convex and superlinear; in particular, since $M$ is compact, the energy level sets $E^{-1}(k)$ are compact.

- For any $q \in M$, the restriction of $E$ to $T_qM$ achieves its minimum at $v = 0$.

- The point $(\bar{q}, 0)$ is singular for the Euler-Lagrange flow if and only if $(\bar{q}, 0)$ is a critical point of $E$.

Since the energy level sets are compact, the Euler-Lagrange flow is complete, meaning that every maximal integral curve for $X_L$ has $\mathbb{R}$ as domain of definition.

The main example of Tonelli Lagrangians is given by the so called electro-magnetic Lagrangians, that is functions of the form

$$L(q, v) = \frac{1}{2} \|v\|^2_q + \vartheta_q(v) - V(q), \quad (2.2)$$

with $\vartheta$ smooth 1-form on $M$ and $V$ smooth function. The reason of this name is that it models the motion of a unity mass and charge particle under the effect of the magnetic field $\sigma = d\vartheta$ and the potential energy $V(q)$. When $V = 0$, the Euler-Lagrange flow associated to the Lagrangian $L$ in (2.2) is called the magnetic flow of the pair $(g, \sigma)$. This modern dynamical approach to magnetic flows was first introduced by Arnold (cf. [Arn61]); magnetic flows present many interesting phenomena that have been intensively studied by various mathematicians, as for instance Novikov and Taimanov (cf. [Nov82, Tai83, Tai92a, Tai93]), and are still today object of ongoing research (see [CMP04, Mer10, Sch11, Sch12a, Sch12b, AMPI13, AMMP14, GGM14, AB14, AB15] for recent developments in this context).

It is easy to see that for electro-magnetic Lagrangians the energy is given by

$$E(q, v) = \frac{1}{2} \|v\|^2_q + V(q). \quad (2.3)$$

Given a Tonelli Lagrangian $L : TM \to \mathbb{R}$, we define the corresponding Hamiltonian $H : T^*M \to \mathbb{R}$ as the Fenchel transform of $L$, that is

$$H(q, p) := \max_{v \in T_qM} \left[ \langle p, v \rangle_q - L(q, v) \right] \quad (2.4)$$

where $\langle \cdot, \cdot \rangle_q$ denotes the duality pairing between the tangent and the cotangent space. One can prove (cf. [TR70, Section 31]) that the Hamiltonian defined above is a smooth function, finite everywhere, superlinear and $C^2$-strictly convex in each fiber; we call such a function a Tonelli Hamiltonian. Recall that the cotangent bundle $T^*M$ is naturally equipped with a structure of symplectic manifold given by the canonical symplectic form $\omega := d\lambda$, where $\lambda$ is the Liouville form on $T^*M$ defined by

$$\lambda_p(\zeta) = p \left[ d\pi^*(\zeta, p)[c] \right] \quad \forall \zeta \in T_p(T^*M).$$

Here $\pi^* : T^*M \to M$ is the canonical projection; a local chart $q = (q_1, ..., q_n)$ of $M$ induces a local chart $(q, p) = (q_1, ..., q_n, p_1, ..., p_n)$ of $T^*M$ writing $p \in T^*M$ as $p = \sum_i p_i dq_i$. In these coordinates the forms $\lambda$ and $\omega$ are given by

$$\lambda = p dq = \sum_{i=1}^n p_i dq_i, \quad \omega = dp \wedge dq = \sum_{i=1}^n dp_i \wedge dq_i.$$
The Hamiltonian vector field $X_H$ associated to $H$ is defined by

$$\iota_{\omega} X_H = \omega(X_H, \cdot) = -dH,$$

(2.5)

where as usual $\iota_{\omega} X$ denotes the contraction of the form $\omega$ along the vector field $X$. In local charts, $X_H$ defines the system of differential equations

$$\begin{cases}
\dot{q} = H_p; \\
\dot{p} = -H_q;
\end{cases}$$

where $H_p$ and $H_q$ are the partial derivatives of $H$ with respect to $q$ and $p$. The Hamiltonian flow (that is the flow of the vector field $X_H$) preserves $H$, since

$$\frac{d}{dt} H = H_q \dot{q} + H_p \dot{p} = 0.$$ 

One can also show that the Hamiltonian flow preserves the symplectic form $\omega$ and it is therefore a flow of symplectomorphisms (see for instance [HZ94]). It is clear from the definition of $H$ that the Fenchel inequality

$$\langle p, v \rangle_q \leq L(q, v) + H(q, p), \quad \forall (q, v) \in TM, \quad \forall (q, p) \in T^*M$$

holds. This inequality plays a crucial role in the study of Lagrangian and Hamiltonian dynamics; in particular, equality holds if and only if $p = L_v(q, v)$. Therefore one can define the Legendre transform as

$$\mathcal{L} : TM \longrightarrow T^*M, \quad (q, v) \longmapsto (q, L_v(q, v))$$

which is a diffeomorphism between the tangent and the cotangent bundle (cf. [TR70]). A simple computation using the Legendre transform shows that the Hamiltonian associated to the electro-magnetic Lagrangian in (2.2) is given by

$$H(q, p) = \frac{1}{2} \| p - \vartheta_q \|^2 + V(q).$$

(2.6)

The importance of the Legendre transform is explained by the following

**Lemma 2.1.2.** The Euler-Lagrange flow on $TM$ associated to $L$ and the Hamiltonian flow on $T^*M$ associated to $H$ are coniugated via the Legendre transform.

By the very definition of the Legendre transform $\mathcal{L}$ and (2.4) we also have

$$H \circ \mathcal{L}(q, v) = \langle L_v(q, v), v \rangle_q - L(q, v) = E(q, v).$$

Therefore one can equivalently study the Euler-Lagrange flow or the Hamiltonian flow, obtaining in both cases information on the dynamics of the system.

Each of these equivalent approaches will provide different tools and advantages, which may be very useful to understand the dynamical properties of the system.
For instance, the tangent space is the natural setting for the classical calculus of variations (see [Con06] and [Abb13]) and for Mather’s and Mañé’s theories (see [Mat91, Mat04, FM94, Mn92, Mn96, Mn97, DC95] and also the book [CI99] and the beautiful overview paper [Sor10]).

On the other hand, the cotangent bundle is equipped with a canonical symplectic structure which allows one to use several symplectic topological tools, coming from the study of Lagrangian graphs, Hofer’s geometry, Floer homology, etc. A particularly fruitful approach is the so called Hamilton-Jacobi method or Weak KAM theory, which is concerned with the study of existence of (sub)solutions of the Hamilton-Jacobi equation (see for instance [Fat97a, Fat97b, Fat98, Fat09] and [Sor10, chapter 6]) and represents, in a certain sense, the functional analytical counterpart of the aforementioned variational approach.

In this thesis we will be interested into proving the existence of periodic orbits of the Euler-Lagrange flow and, more generally, of orbits connecting two given submanifolds of $M$ and satisfying suitable boundary conditions, called conormal boundary conditions, on a given energy level $E^{-1}(k)$. The first step in this direction is to introduce the tools we need, namely the Hilbert manifold of paths $H^1([0,1], M)$, the Lagrangian action functional $A_L$ and the minimax principle.

2.2 A Hilbert manifold of paths.

In this section we introduce the Hilbert manifold of paths we will need in the following chapters and study its properties, with particular attention to its connected components. Let us denote by $H^1([0,1], M)$ the set of absolutely continuous curves $x: [0,1] \to M$ with square-integrable weak derivative

$$H^1([0,1], M) := \left\{ x: [0,1] \to M \mid x \text{ abs. continuous} , \int_0^1 \|x'(s)\|^2\,ds < +\infty \right\}.$$

It is a well-known fact that this set has a natural structure of Hilbert manifold modelled over the Hilbert space $H^1([0,1], \mathbb{R}^n)$; for further reference it is useful to recall here the construction of this structure (see [AS09] for the details). Let

$$\varphi: [0,1] \times U \to M$$

be a time-depending local coordinates system, that is a smooth function $\varphi$ defined on $[0,1] \times U$, where $U \subseteq \mathbb{R}^n$ is an open subset, such that for any $t \in [0,1]$ the map $\varphi(t, \cdot)$ is a diffeomorphism on the open subset $\varphi(\{t\} \times U)$ of $M$. It is often useful to assume the element $(U, \varphi)$ to be bi-bounded, meaning that $U$ is bounded and all the derivatives of $\varphi$ and of the map $(t, q) \mapsto \varphi(t, \cdot)^{-1}(q)$ are bounded.

Observe that the continuity of the inclusion $H^1 \hookrightarrow C^0$ implies that the set $H^1([0,1], U)$ (that is the set of curves $x \in H^1([0,1], \mathbb{R}^n)$ whose image is contained in $U$) is open in $H^1([0,1], \mathbb{R}^n)$. Hereafter we assume all local coordinate systems $(U, \varphi)$ to be bi-bounded and time-depending; any such $(U, \varphi)$ induces an injective map

$$\varphi_*: H^1([0,1], U) \to H^1([0,1], M) , \quad \varphi_*(x) := \varphi(\cdot, x(\cdot)).$$
The Hilbert manifold structure on $H^1([0, 1], M)$ is defined by declaring the family of maps $\varphi_x$ to be an atlas. The tangent space of $H^1([0, 1], M)$ at $x$ is naturally identified with the space of $H^1$-sections of $x^*(TM)$; therefore, we can define a Riemannian metric on $H^1([0, 1], M)$ by setting

$$(g_{H^1})_x(\zeta, \eta) := \int_0^1 \left[ g(\zeta, \eta) + g(\nabla_t \zeta, \nabla_t \eta) \right] dt \quad (2.7)$$

for all $\zeta, \eta \in T_xH^1([0, 1], M)$, where $\nabla_t$ denotes the Levi-Civita covariant derivative along $x$. The distance induced by this Riemannian metric is compatible with the topology of $H^1([0, 1], M)$ and $H^1([0, 1], M)$ is complete with respect to it.

If $Q \subseteq M \times M$ is a smooth submanifold then the set

$$H^1_Q([0, 1], M) := \left\{ x \in H^1([0, 1], M) \mid (x(0), x(1)) \in Q \right\}$$

is a smooth submanifold, being the inverse image of $Q$ by the smooth submersion

$$H^1([0, 1], M) \longrightarrow M \times M, \quad x \longmapsto (x(0), x(1)).$$

Actually, a smooth atlas for $H^1_Q([0, 1], M)$ can be built by fixing a linear subspace $W$ of $\mathbb{R}^n \times \mathbb{R}^n$ with $\dim W = \dim Q$, by considering time-depending local coordinate systems $(U, \varphi)$ such that $0 \in U$ and $(\varphi(0, q), \varphi(1, q)) \in Q$ for every $q \in U \cap W$, and by restricting the map $\varphi_*$ to the intersection of the open set $H^1([0, 1], U)$ with the closed linear subspace

$$H^1_W([0, 1], \mathbb{R}^n) = \left\{ x \in H^1([0, 1], \mathbb{R}^n) \mid (x(0), x(1)) \in W \right\}.$$

In the present work we are interested mainly in the particular case $Q = Q_0 \times Q_1$, with $Q_0, Q_1 \subseteq M$ closed submanifolds; in this case the Hilbert manifold $H^1_Q([0, 1], M)$ is nothing else but the space of $H^1$-paths in $M$ connecting $Q_0$ to $Q_1$. Later on we will also deal with $Q = \Delta$ diagonal in $M \times M$; in this case we clearly have that

$$H^1_\Delta([0, 1], M) = H^1(\mathbb{T}, M)$$

is the space of 1-periodic $H^1$-loops on $M$. For our purposes we need to know more about the topology of the Hilbert manifold $H^1_Q([0, 1], M)$, in particular about its connected components. It is a well known fact that the inclusions

$$C^\infty_Q([0, 1], M) \hookrightarrow H^1_Q([0, 1], M) \hookrightarrow C^0_Q([0, 1], M)$$

are dense homotopy equivalences (cf. \textsuperscript{Abb13}). Here the indices $Q$ mean that we are only considering paths “starting at” and “ending in” $Q$. This implies that the connected components of $H^1_\Delta([0, 1], M) = H^1(\mathbb{T}, M)$ are in one to one correspondence with the conjugacy classes in $\pi_1(M)$.

Let us now consider two closed submanifolds $Q_0, Q_1 \subseteq M$. Without loss of generality we may suppose $Q_0, Q_1$ connected, as otherwise we just repeat the complete procedure componentwise. To underline the particular nature of the submanifolds $Q \subseteq M \times M$ we are looking at, let us denote $C^0_Q([0, 1], M)$ with
$Ω_{Q_0,Q_1}(M) := \left\{ x ∈ C^0([0,1],M) \mid x(0) ∈ Q_0, \ x(1) ∈ Q_1 \right\}$. (2.8)

For any pair of points $(q_0,q_1) ∈ Q_0 × Q_1$ we also define $Ω_{q_0,q_1}(M)$ to be the subspace of $Ω_{Q_0,Q_1}(M)$ given by paths in $M$ which start at $q_0$ and end in $q_1$.

The space $Ω_{q_0,q_1}(M)$ is homotopy equivalent to the space of continuous loops based at $q_0$; in fact, given any path $γ : [0,1] → M$ connecting $q_0$ to $q_1$, the map $Ω_{q_0}(M) → Ω_{q_0,q_1}(M), \ α ↦ γ#α$ is a homotopy equivalence with homotopy inverse given by $Ω_{q_0,q_1}(M) → Ω_{q_0}(M), \ β ↦ γ^{-1}#β$.

In particular we have

$$\pi_0(Ω_{q_0,q_1}(M)) \cong \pi_0(Ω_{q_0}(M)) \cong π_1(M,q_0).$$ (2.9)

Now we want to study the homotopy type of $Ω_{Q_0,Q_1}(M)$. Hereafter we suppose $M$ fixed and write simply $Ω_{q_0,q_1}$ instead of $Ω_{Q_0,Q_1}(M)$.

To this purpose we define the following equivalence relation on $Ω_{Q_0,Q_1}$:

$σ \sim_{Q_0,Q_1} σ' ⇐⇒ \exists \ α ∈ t_*(π_1(Q_0,q_0)), \ β ∈ t_*(π_1(Q_1,q_1))$ s.t. $σ' \sim β#σ#α$,

where $t : Q_0 → M, \ t : Q_1 → M$ denote the canonical inclusions.

**Lemma 2.2.1.** Let $M$ be a closed connected manifold, $Q_0, Q_1 ⊆ M$ be two closed connected submanifolds, $q_0 ∈ Q_0$ and $q_1 ∈ Q_1$. Then

$$\pi_0(Ω_{Q_0,Q_1}) \cong π_0(Ω_{q_0,q_1})/\sim_{Q_0,Q_1}.$$ (2.10)

*Proof.* Fix any path $δ ∈ Ω_{q_0,q_1}$. Associated to the pair $(Ω_{Q_0,Q_1}, Ω_{q_0,q_1})$ we have an exact sequence in relative homotopy (we refer to the appendix [A.1](#) for a quick reminder on the general facts about homotopy theory needed here)

$$... → π_n(Ω_{q_0,q_1}, δ) \overset{i_*}{→} π_n(Ω_{Q_0,Q_1}, δ) \overset{f_*}{→} π_n(Ω_{Q_0,Q_1}, Ω_{q_0,q_1}, δ) \overset{∂}{→} π_{n-1}(Ω_{q_0,q_1}, δ) → ...$$

$$... → π_1(Ω_{Q_0,Q_1}, Ω_{q_0,q_1}, δ) \overset{∂}{→} π_0(Ω_{q_0,q_1}) \overset{i_*}{→} π_0(Ω_{Q_0,Q_1})$$
where \( i_*, j_* \) are the maps induced respectively by the natural inclusions

\[
i : (\Omega_{q_0, q_1}, \delta) \rightarrow (\Omega_{q_0, q_1}, \delta), \quad j : (\Omega_{q_0, q_1}, \{\delta\}, \delta) \rightarrow (\Omega_{q_0, q_1}, \Omega_{q_0, q_1}, \delta)
\]

while \( \partial \) comes from restricting maps

\[
(I^n, \partial I^n, J^{n-1}) \rightarrow (\Omega_{q_0, q_1}, \Omega_{q_0, q_1}, \delta)
\]

to \( I^{n-1} \). Here \( I^n = [0, 1]^n \) denotes the \( n \)-dimensional cube, \( \partial I^n \) its boundary, \( I^{n-1} \) the face of \( I^n \) with last coordinate equal to zero and \( J^{n-1} \) is as in \([A,1]\) the closure of the remaining faces of \( I^n \). Moreover, the function

\[
p : \Omega_{q_0, q_1} \rightarrow Q_0 \times Q_1, \quad x \mapsto (x(0), x(1)),
\]

which maps any path \( \gamma \in \Omega_{q_0, q_1} \) into the pair \( (x(0), x(1)) \) given by its starting and ending points, is a fibration with fiber \( p^{-1}((q_0, q_1)) = \Omega_{q_0, q_1} \)

\[
\Omega_{q_0, q_1} \xhookrightarrow{} \Omega_{q_0, q_1} \\
p \downarrow \\
Q_0 \times Q_1
\]

Therefore, fixed a base point \((q_0, q_1) \in Q_0 \times Q_1\) and a path \( \delta \in \Omega_{q_0, q_1} = p^{-1}((q_0, q_1)) \) in the corresponding fiber, we have an exact sequence

\[
... \rightarrow \pi_n(\Omega_{q_0, q_1}, \delta) \xrightarrow{i_*} \pi_n(\Omega_{q_0, q_1}, \delta) \xrightarrow{j_*} \pi_n(Q_0 \times Q_1, (q_0, q_1)) \xrightarrow{\partial} \pi_{n-1}(\Omega_{q_0, q_1}, \delta) \rightarrow ...
\]

\[
... \rightarrow \pi_1(Q_0 \times Q_1, (q_0, q_1)) \xrightarrow{\partial} \pi_0(\Omega_{q_0, q_1}, \delta) \xrightarrow{i_*} \pi_0(\Omega_{q_0, q_1}, \delta) \rightarrow 0
\]

induced by the exact sequence in relative homotopy of the pair \((\Omega_{q_0, q_1}, \Omega_{q_0, q_1})\). The zero at the end comes from the fact that the base space \(Q_0 \times Q_1\) is path-connected. To obtain this new exact sequence we have used the fact that

\[
p_* : \pi_n(\Omega_{q_0, q_1}, \Omega_{q_0, q_1}, \delta) \rightarrow \pi_n(Q_0 \times Q_1, (q_0, q_1)), \quad [f] \mapsto [p \circ f]
\]

is an isomorphism for any \( n \geq 1 \). In other words, for any \( f \in \pi_n(Q_0 \times Q_1, (q_0, q_1)) \) there exists a unique \( \tilde{f} \) in the relative homotopy group \( \pi_n(\Omega_{q_0, q_1}, \Omega_{q_0, q_1}, \delta) \) such that \( p_*(\tilde{f}) = f \); hence \( \partial \) is defined by restricting \( \tilde{f} \) to \( I^{n-1} \)

\[
\partial[\tilde{f}] := \partial[\tilde{f}] : (I^{n-1}, \partial I^{n-1}) \rightarrow (\Omega_{q_0, q_1}, \delta).
\]

In the particular case \( n = 1 \) an element \( f \in \pi_1(Q_0 \times Q_1, (q_0, q_1)) \) is represented by

\[
f : (I, \partial I) \rightarrow (Q_0 \times Q_1, (q_0, q_1))
\]

and there exists a unique \( \tilde{f} \in \pi_1(\Omega_{q_0, q_1}, \Omega_{q_0, q_1}, \delta) \), represented by

\[
\tilde{f} : (I, \partial I, 0) \rightarrow (\Omega_{q_0, q_1}, \Omega_{q_0, q_1}, \delta),
\]
such that \( p_*(\tilde{f}) = f \). In this case
\[
\tilde{\partial}[f] = \partial[\tilde{f}] : \{1\} \rightarrow \Omega_{q_0,q_1}
\]
is an element \( \gamma \in \Omega_{q_0,q_1} \), that is a path from \( q_0 \) to \( q_1 \); the map \( \tilde{f} \) can be seen as
\[
\tilde{f} : [0, 1] \times [0, 1] \rightarrow M
\]
such that \( \tilde{f}(0,t) = \delta(t), \tilde{f}(1,t) = \gamma(t) \), while
\[
\alpha(s) := \tilde{f}(s,0) \subseteq Q_0, \quad \beta(s) := \tilde{f}(s,1) \subseteq Q_1.
\]

Therefore we get that the path \( \gamma \) is homotopic to the path \( \beta \# \delta \# \alpha \), through a homotopy with values in \( M \); in particular we get
\[
\text{Im} \tilde{\partial} = \left\{ \beta \# \delta \# \alpha \left| \alpha \in i_*(\pi_1(Q_0,q_0)), \beta \in i_*(\pi_1(Q_1,q_1)) \right. \right\}
\]
where \( i : Q_0 \hookrightarrow M, i : Q_1 \hookrightarrow M \) denote the natural injections. Since the sequence is exact, the zero at the end implies that the map
\[
i_* : \pi_0(\Omega_{Q_0,Q_1},\delta) \rightarrow \pi_0(\Omega_{Q_0,Q_1},\delta)
\]
is surjective; hence, again by the exactness of the sequence, we get
\[
\pi_0(\Omega_{Q_0,Q_1},\delta) \cong \pi_0(\Omega_{Q_0,Q_1},\delta) / \sim_{Q_0,Q_1}
\]
where the equivalence relation is defined by \( \sigma \sim_{Q_0,Q_1} \sigma' \) if and only if
\[
\exists \alpha \in i_*(\pi_1(Q_0,q_0)), \beta \in i_*(\pi_1(Q_1,q_1)) \quad \text{s.t.} \quad \sigma' \sim \beta \# \sigma \# \alpha,
\]
exactly as we wished to show. \( \square \)

We already know from (2.9) that \( \pi_0(\Omega_{Q_0,q_1},\delta) \) coincides with \( \pi_1(M,q_0) \); therefore we would like to investigate how (2.10) can be expressed in terms of the fundamental group of \( M \). In order to do that we have to write any loop in \( i_*(\pi_1(Q_1,q_1)) \) as a loop with base point \( q_0 \); thus, let \( \beta \in i_*(\pi_1(Q_1,q_1)) \) and let \( \gamma \) be any path connecting \( q_0 \) to \( q_1 \). The loop \( \gamma^{-1} \# \beta \# \gamma \) represents then \( \beta \) as a closed loop based at \( q_0 \). In particular
\[
\pi_0(\Omega_{Q_0,Q_1},\delta) \cong \pi_1(M,q_0) / \sim_{Q_0,Q_1},
\]
(2.11)
where in this case the relation $\sim_{Q_0, Q_1}$ on $\pi_1(M, q_0)$ is defined by $\sigma \sim_{Q_0, Q_1} \sigma'$ if and only if there exist $\alpha \in i_*(\pi_1(Q_0, q_0))$ and $\beta \in i_*(\pi_1(Q_1, q_1))$ such that
\[
\sigma' \sim (\gamma^{-1} \# \beta' \# \gamma \# \sigma' \# \alpha).
\]

We end this section with some easy examples, which may help the reader to understand the general picture explained above. We suppose $M = \mathbb{T}^2$ and we consider submanifolds $Q_0 \cong Q_1 \cong S^1$. Since in this case $\pi_1(M)$ is abelian, the subgroups $H_0 := i_*(\pi_1(Q_0))$, $H_1 := i_*(\pi_1(Q_1))$ are normal and we may rewrite (2.11) as
\[
\pi_0(\Omega_{Q_0, Q_1}, \delta) \cong \pi_1(M, q_0) / \langle H_0, H_1 \rangle,
\]
where $\langle H_0, H_1 \rangle$ denotes the subgroup generated by $H_0, H_1$. We shall keep the same notation (i.e. $H_0, H_1$) also later on in the general setting to denote the smallest normal subgroups which contain respectively $i_*(\pi_1(Q_0)), i_*(\pi_1(Q_1))$.

Let now $\sigma_0, \sigma_1$ be the standard generators of $\pi_1(M) = \mathbb{Z} \times \mathbb{Z}$. Consider first the case $H_0 = \langle \sigma_0 \rangle$, $H_1 = \langle \sigma_1 \rangle$, which is represented by Figure (2.1) below. In this case we clearly have $\langle H_0, H_1 \rangle = \pi_1(M)$; hence, the space $\Omega_{Q_0, Q_1}$ is connected. In fact, $Q_0$ and $Q_1$ necessarily intersect, so any path in $\Omega_{Q_0, Q_1}$ is homotopic (in $\Omega_{Q_0, Q_1}$) to a constant path, i.e. the space $\Omega_{Q_0, Q_1}$ is contractible, while $\pi_0(\Omega_{Q_0, Q_1}) \cong \mathbb{Z} \times \mathbb{Z}$.

Consider now the case $H_0 = H_1 = \langle \sigma_1 \rangle$ as represented in Figure (2.2). Here we have $\langle H_0, H_1 \rangle = \langle \sigma_1 \rangle$; therefore $\pi_0(\Omega_{Q_0, Q_1}) \cong \mathbb{Z}$ and any connected component is uniquely determined by the winding number around any meridian.
path are in different connected components, being their winding numbers around any meridian different. Finally, observe that in the case $H_0 = H_1 = 0$ we have
\[ \pi_0(\Omega_{Q_0,Q_1,\delta}) \cong \pi_1(M,q_0) \cong \mathbb{Z} \times \mathbb{Z}. \]

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure.png}
\caption{An example where $H_0 = H_1 = \{0\}$.}
\end{figure}

### 2.3 The Lagrangian action functional

In this section, following [AS09], we define the Lagrangian action functional $A_L$ and check its regularity properties. The metric $g$ on $M$ induces a metric on the tangent bundle $TM$, covariant derivatives on $M$ and on $TM$, the horizontal subbundle $T^hTM$ of $TTM$ and isomorphisms
\[ T_{(q,v)}TM = T_{(q,v)}^hTM \oplus T_{(q,v)}^vTM \cong T_qM \oplus T_qM \]
where $T_{(q,v)}^vTM$ is the vertical subspace. We denote with $\nabla_q$, $\nabla_v$ respectively the horizontal, vertical components of the gradient of a function defined on $TM$; we use similar notations for higher derivatives. Even though in this work we will be interested only in the autonomous case, in order to prove the required regularity properties of the Lagrangian action functional it will be convenient to work in the more general setting of non-autonomous (i.e. time-depending) Lagrangians. To get a well-defined functional we will need however some additional growth-condition on the Lagrangian. Namely, throughout this and the next section we consider smooth Lagrangians $L : [0,1] \times TM \to \mathbb{R}$ satisfying the following growth conditions:

1. **(L1)** there exists a constant $l_1 \in \mathbb{R}$ such that
   \[
   \|\nabla_{vv}L(t,q,v)\| \leq l_1, \\
   \|\nabla_{vq}L(t,q,v)\| \leq l_1(1 + \|v\|_q), \\
   \|\nabla_{qq}L(t,q,v)\| \leq l_1(1 + \|v\|_q^2),
   \]
   for any $(t,q,v) \in [0,1] \times TM$.

2. **(L2)** there exists a positive constant $l_2 \in \mathbb{R}$ such that
   \[ \nabla_{vv}L(t,q,v) \geq l_2 \cdot Id \]
   for any $(t,q,v) \in [0,1] \times TM$. 

\[ (L1) \] there exists a constant $l_1 \in \mathbb{R}$ such that
\[ (L2) \] there exists a positive constant $l_2 \in \mathbb{R}$ such that
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Condition (L1) implies that \( L \) grows at most quadratically on each fiber, while condition (L2) implies that \( L \) grows at least quadratically on each fiber; thus all the Lagrangians that we consider are supposed to be quadratic at infinity on each fiber. These conditions are independent on the choice of the metric \( g \), meaning that if \( L \) satisfies these conditions with respect to a suitable metric \( g \) then \( L \) satisfies the same conditions (with different constants \( l_1, l_2 \)) with respect to any other metric.

Remark 2.3.1. A (autonomous) Tonelli Lagrangian is not necessarily quadratic at infinity. However, this is not much a problem for our purposes. In fact, when looking for periodic orbits or for orbits connecting two submanifolds satisfying conormal boundary conditions on a given (compact) energy level \( E^{-1}(k) \), we can always modify the Lagrangian outside a compact set to achieve the desired growth-conditions.

It is interesting to see how conditions (L1), (L2) can be expressed in local charts. Observe that a bi-bounded time-depending local coordinate system \( (U, \varphi) \) for \( M \) (cf. Section 2.2) induces a time-depending coordinate system on \( TM \)

\[
[0, 1] \times U \times \mathbb{R}^n \to TM, \quad (t, q, v) \mapsto (\varphi(t, q), D_q \varphi(t, q)[v]).
\]

The pull-back of \( L \) by such a coordinate system is the function

\[
(\varphi^*L)(t, q, v) = L(t, \varphi(t, q), D_q \varphi(t, q)[v]), \quad \forall (t, q, v) \in [0, 1] \times U \times \mathbb{R}^n.
\]

When no confusion is possible, we denote \( (\varphi^*L) \) simply by \( L \). Conditions (L1), (L2) can be then restated by saying that for every \( (U, \varphi) \) as above

(L1') there exists a positive number \( l_1 \) such that

\[
\left| \frac{\partial^2 L}{\partial v^2} (t, q, v) \right| \leq l_1, \quad \left| \frac{\partial^2 L}{\partial q \partial v} (t, q, v) \right| \leq l_1 (1 + |v|), \quad \left| \frac{\partial^2 L}{\partial q^2} (t, q, v) \right| \leq l_1 (1 + |v|^2)
\]

for any \( (t, q, v) \in [0, 1] \times U \times \mathbb{R}^n \).

(L2') there exists a positive number \( l_2 \) such that

\[
\frac{\partial^2 L}{\partial v^2} (t, q, v) \geq l_2 \cdot Id
\]

for any \( (t, q, v) \in [0, 1] \times U \times \mathbb{R}^n \).

If integrated along the fiber, condition (L1') implies the growth conditions

\[
\left| \frac{\partial L}{\partial q} (t, q, v) \right| \leq l_3 (1 + |v|^2), \quad \left| \frac{\partial L}{\partial v} (t, q, v) \right| \leq l_3 (1 + |v|), \quad L(t, q, v) \leq l_4 (1 + |v|)^2
\]

for suitable constants \( l_3, l_4 \in \mathbb{R} \). Let now \( L : [0, 1] \times TM \to \mathbb{R} \) be a Lagrangian which satisfies the condition (L1), then the Lagrangian action functional

\[
\mathcal{A}_L(x) := \int_0^1 L(t, x(t), x'(t)) \, dt
\]
is well-defined on $H^1([0,1],M)$. Observe that for every $(U,\varphi)$ as above we have

$$A_L(\varphi_*(x)) = A_{\varphi^*L}(x), \quad \forall \ x \in H^1([0,1],U).$$

Therefore, the study of the local properties of $A_L$ is reduced to the study of the functional $A_{\varphi^*L}$, which is defined on an open subset of a Hilbert space.

**Theorem 2.3.2.** Suppose that $L : [0,1] \times TM \to \mathbb{R}$ satisfies the condition $(L1)$; then the Lagrangian action functional $A_L$ is continuously differentiable on $H^1([0,1],M)$. Also, its differential $D A_L$ is locally Lipschitz continuous and Gateaux-differentiable.

**Proof.** Since the statement is of local nature, by using the diffeomorphism $\varphi_*$ induced by $(U,\varphi)$ we may assume that $L$ is defined on $[0,1] \times U \times \mathbb{R}^n$, with $U$ open subset of $\mathbb{R}^n$, and satisfies $(L1')$. Thus, let $x \in H^1([0,1],U)$, $\xi \in H^1([0,1],\mathbb{R}^n)$ and $\delta \in \mathbb{R}\ \{0\}$ small; then by the dominated convergence theorem the quantity

$$\int_0^1 \frac{1}{\delta} \left( A_L(x + \delta \xi) - A_L(x) \right) = \int_0^1 \left[ L(t,x+\delta \xi,x'+\delta \xi') - L(t,x,x') \right] dt = \int_0^1 \int_0^1 \left[ \frac{\partial L}{\partial q} (t,x,s\delta \xi,x'+s\delta \xi') \cdot \xi + \frac{\partial L}{\partial v} (t,x,s\delta \xi,x'+s\delta \xi') \cdot \xi' \right] ds$$

converges as $\delta \to 0$ to

$$D A_L(x)[\xi] := \int_0^1 \left[ \frac{\partial L}{\partial q} (t,x(t),x'(t)) \cdot \xi + \frac{\partial L}{\partial v} (t,x(t),x'(t)) \cdot \xi' \right] dt. \quad (2.15)$$

Indeed, the bounds in (2.12) imply that

$$\frac{\partial L}{\partial q} (\cdot,x+s\delta \xi,x'+s\delta \xi') \xrightarrow{\delta \to 0} \frac{\partial L}{\partial q} (\cdot,x,x') \quad \text{in } L^1([0,1])$$

$$\frac{\partial L}{\partial v} (\cdot,x+s\delta \xi,x'+s\delta \xi') \xrightarrow{\delta \to 0} \frac{\partial L}{\partial v} (\cdot,x,x') \quad \text{in } L^2([0,1])$$

and hence in particular

$$\int_0^1 \left| \frac{\partial L}{\partial q} (t,x+s\delta \xi,x'+s\delta \xi') - \frac{\partial L}{\partial q} (t,x,x') \right| ds \leq \| \xi \|_{\infty} \cdot \left\| \frac{\partial L}{\partial q} (\cdot,x+s\delta \xi,x'+s\delta \xi') - \frac{\partial L}{\partial q} (\cdot,x,x') \right\|_1 \to 0$$

$$\int_0^1 \left| \frac{\partial L}{\partial v} (t,x+s\delta \xi,x'+s\delta \xi') - \frac{\partial L}{\partial v} (t,x,x') \right| ds \leq \| \xi' \|_2 \cdot \left\| \frac{\partial L}{\partial v} (\cdot,x+s\delta \xi,x'+s\delta \xi') - \frac{\partial L}{\partial v} (\cdot,x,x') \right\|_2 \to 0.$$
Since $D\mathbb{A}_L(x)$ is a bounded linear functional on $H^1([0,1],\mathbb{R}^n)$, $\mathbb{A}_L$ is Gateaux differentiable and $D\mathbb{A}_L(x)$ is its Gateaux differential at $x$. In order to prove that $D\mathbb{A}_L(\cdot)$ is continuous at $x$, we must show that

$$x_h \xrightarrow{H^1} x \implies D\mathbb{A}_L(x_h) \xrightarrow{(H^1)^*} D\mathbb{A}_L(x).$$

So let us assume that $x_h$ converges to $x$ in $H^1([0,1],U)$; in particular, by the continuity of the inclusion $H^1 \hookrightarrow L^\infty$ it follows that $x_h$ converges to $x$ uniformly. Moreover, there is a function $f \in L^2([0,1])$ such that $|x'_h| \leq f$ almost everywhere for every $h \in \mathbb{N}$ (here we have used the fact that a sequence of real-valued functions which converges in $L^1$ is dominated almost everywhere by an $L^1$ function). By a standard argument involving subsequences\footnote{A sequence $\{x_h\}$ in a metric space converges to $x$ if and only if every subsequence of $\{x_h\}$ has a subsequence which converges to $x$.} we may also assume that $x'_h \rightarrow x'$ a.e. The bounds in (2.1.2) and the dominated convergence theorem imply then that

$$\frac{\partial L}{\partial q}(\cdot,x_h,x_h') \rightarrow \frac{\partial L}{\partial q}(\cdot,x,x') \quad \text{in } L^1([0,1])$$

$$\frac{\partial L}{\partial v}(\cdot,x_h,x_h') \rightarrow \frac{\partial L}{\partial v}(\cdot,x,x') \quad \text{in } L^2([0,1])$$

Thus the convergence of $D\mathbb{A}_L(x_h)$ to $D\mathbb{A}_L(x)$ in $(H^1)^*$ follows. In fact,

$$\left\|D\mathbb{A}_L(x_h) - D\mathbb{A}_L(x)\right\| = \sup_{\|\xi\|=1} \left|\left[D\mathbb{A}_L(x_h) - D\mathbb{A}_L(x)\right] \cdot \xi\right| \leq \int_0^1 \left(\left\|\frac{\partial L}{\partial q}(t,x_h,x_h') - \frac{\partial L}{\partial q}(t,x,x')\right\| + \left\|\frac{\partial L}{\partial v}(t,x_h,x_h') - \frac{\partial L}{\partial v}(t,x,x')\right\|\right) dt \leq \|\xi\|_2 \cdot \left\|\frac{\partial L}{\partial v}(\cdot,x_h,x_h') - \frac{\partial L}{\partial v}(\cdot,x,x')\right\|_1$$

goes to zero as $h \rightarrow +\infty$. Here we have used Cauchy-Schwarz inequality and, again, the continuity of the immersion $H^1 \hookrightarrow C^0$. The Gateaux-differential $D\mathbb{A}_L(\cdot)$ depends therefore continuously on $x$ and this implies that $\mathbb{A}_L$ is Fréchet-differentiable and $D\mathbb{A}_L(x)$ is its Fréchet differential at $x$. Now we want to prove that the differential $D\mathbb{A}_L$ is Lipschitz continuous and Gateaux-differentiable; in order to do that let us consider $x, \xi$ as above and let $\eta \in H^1([0,1],\mathbb{R}^n)$; the property $(L1')$ and the dominated convergence theorem imply that the quantity

$$\frac{1}{\delta} \left(D\mathbb{A}_L(x + s\eta)[\xi] - D\mathbb{A}_L(x)[\xi]\right) =$$

$$= \int_0^1 \int_0^1 \left[\frac{\partial^2 L}{\partial v^2}(t,x+s\delta \eta,x'+s\delta \eta')\xi' \cdot \eta' + \frac{\partial^2 L}{\partial q \partial v}(t,x+s\delta \eta,x'+s\delta \eta') \xi \cdot \eta' + \frac{\partial^2 L}{\partial v \partial q}(t,x+s\delta \eta,x'+s\delta \eta') \xi \cdot \eta + \frac{\partial^2 L}{\partial q^2}(t,x+s\delta \eta,x'+s\delta \eta') \xi \cdot \eta\right] ds \, dt$$
converges, as $\delta \to 0$, to

$$
\begin{align*}
    d^2 A_L(x)[\xi, \eta] := \int_0^1 \left[ & \frac{\partial^2 L}{\partial \nu^2}(t, x, x') \xi' \cdot \eta' + \frac{\partial^2 L}{\partial \nu \partial \nu}(t, x, x') \xi \cdot \eta' + \\
    & + \frac{\partial^2 L}{\partial v \partial \nu}(t, x, x') \xi' \cdot \eta + \frac{\partial^2 L}{\partial v^2}(t, x, x') \xi \cdot \eta \right] dt.
\end{align*}
\quad (2.16)
$$

Since $d^2 A_L(x)$ is a bounded symmetric bilinear form on $H^1([0, 1], \mathbb{R}^n)$, $D A_L$ is Gateaux-differentiable at $x$ and its Gateaux differential at $x$ is the bounded linear operator $D^2 A_L(x) : H^1([0, 1], \mathbb{R}^n) \to H^1([0, 1], \mathbb{R}^n)^*$ defined by

$$
(D^2 A_L(x) \cdot \xi)[\eta] := d^2 A_L(x)[\xi, \eta] \quad \forall \xi, \eta \in H^1([0, 1], \mathbb{R}^n).
$$

By $(L1')$ the map $x \mapsto D^2 A_L(x)$ is bounded with respect to the norm-topology on the space of bounded self-adjoint operators, so the mean value theorem implies that $D A_L$ is Lipschitz on convex subsets of $H^1([0, 1], U)$. \hfill \Box

The Lagrangian action functional is not of class $C^2$, unless $L$ is a polynomial of degree at most two on each fiber of $TM$; in this case, $A_L$ is actually smooth on $H^1([0, 1], M)$. In particular, electro-magnetic Lagrangians are the only Lagrangians which satisfy the condition $(L2)$ and induce a smooth action functional. In general, the action functional $A_L$ even fails to be twice differentiable, as the following proposition states (cf. [AS09 Proposition 3.2]).

**Proposition 2.3.3.** Assume that the Lagrangian $L$ satisfies $(L1)$; if the functional $A_L$ is twice differentiable at $x \in H^1([0, 1], M)$, then for every $t \in [0, 1]$ the function

$$
T_{x(t)\cdot M} \to \mathbb{R}, \quad v \mapsto L(t, x(t), v)
$$

is a polynomial of degree at most two.

### 2.4 Conormal boundary conditions.

In this section we introduce the boundary conditions that we are going to consider in the next chapters. To do this it will be again convenient to consider the more general class of non-autonomous Tonelli Lagrangians. Throughout this section we shall furthermore assume that the Lagrangian $L : [0, 1] \times TM \to \mathbb{R}$ satisfies both the growth-conditions $(L1)$ and $(L2)$ as in Section 2.3. By $(L2)$ the Euler-Lagrange equation associated to $L$, which in local coordinates can be written as

$$
\frac{d}{dt} \left[ \frac{\partial L}{\partial \nu}(t, x(t), x'(t)) \right] = \frac{\partial L}{\partial \nu}(t, x(t), x'(t)),
\quad (2.17)
$$

defines a locally well-posed second order Cauchy problem. We treat different boundary conditions in a unified way by considering a non-empty, boundaryless smooth submanifold $Q \subseteq M \times M$ and by imposing conormal boundary conditions

\begin{align*}
\begin{cases}
(x(0), x(1)) \in Q;
\quad (2.18) \\
    d_v L(0, x(0), x'(0)) [\zeta_0] = d_v L(1, x(1), x'(1)) [\zeta_1], \forall (\zeta_0, \zeta_1) \in T_{x(0), x(1)} Q;
\end{cases}
\end{align*}
where \( d_v L \) denotes the fiberwise differential of \( L \). If \( H : [0,1] \times T^*M \to \mathbb{R} \) is the Fenchel dual of \( L \), then the boundary value problem (2.17), (2.18) is equivalent to the problem of finding Hamiltonian orbits \( \eta : [0,1] \to T^*M \) such that

\[
(\eta(0), -\eta(1)) \in N^*Q ,
\]

where \( N^*Q \) denotes as usual the conormal bundle of \( Q \) (for generalities about conormal bundles see Appendix A.2). In fact, (2.19) is equivalent to

\[
\begin{cases}
\pi^*(\eta(0)), \pi^*(\eta(1)) \in Q ; \\
\eta(0)[\zeta_0] = \eta(1)[\zeta_1] \quad \forall (\zeta_0, \zeta_1) \in T_{(\eta(0), \eta(1))}Q ;
\end{cases}
\]

which is exactly the reformulation of (2.18) through the Legendre transform. We will be interested in the two particular cases \( Q = \Delta \) diagonal in \( M \times M \) and \( Q = Q_0 \times Q_1 \), with \( Q_0, Q_1 \subseteq M \) smooth closed connected submanifolds. In the first case (2.18) means that we are looking for periodic orbits of the Euler-Lagrange flow, while in the latter one (2.18) can be rewritten as

\[
\begin{cases}
x(0) \in Q_0 , \ x(1) \in Q_1 ; \\
d_v L(0, x(0), x'(0))|_{r_x(0)Q_0} = d_v L(1, x(1), x'(1))|_{r_x(1)Q_1} = 0 ;
\end{cases}
\]

We will get back to this in the next chapters. Recall that, in Section 2.2, for any smooth submanifold \( Q \subseteq M \times M \) we defined the space

\[
H^1_Q([0,1], M) := \left\{ x \in H^1([0,1], M) \mid (x(0), x(1)) \in Q \right\},
\]

which is a smooth submanifold of \( H^1([0,1], M) \). We denote by \( \mathbb{A}_L^Q \) the restriction of the Lagrangian action functional \( \mathbb{A}_L \) defined in (2.14) to \( H^1_Q([0,1], M) \). Theorem 2.4.1 below states that critical points of \( \mathbb{A}_L^Q \) correspond to the (smooth) solutions of the Euler-Lagrange equation (2.17) that satisfies the boundary conditions (2.18).

**Theorem 2.4.1.** Let \( L : [0,1] \times TM \to \mathbb{R} \) be a Lagrangian that satisfies the conditions (L1), (L2) and let \( Q \subseteq M \times M \) be a smooth submanifold. Then:

1. The critical points of \( \mathbb{A}_L^Q \) are precisely the (smooth) solutions of (2.17), (2.18).

2. For every critical point \( x \) of \( \mathbb{A}_L^Q \), the second Gateaux differential \( d^2 \mathbb{A}_L^Q(x) \) of \( \mathbb{A}_L^Q \) at \( x \) is Fredholm and has finite Morse index.

**Proof.** The statements above are both of local nature, so by using a diffeomorphism \( \varphi \) induced by a local coordinate system \((U, \varphi)\) for \( M \) as in Section 2.2 we may assume that \( L \) is defined on \([0,1] \times U \times \mathbb{R}^n\), with \( U \subseteq \mathbb{R}^n \) open, and satisfies (L2'). We already know by Theorem 2.3.2 that \( \mathbb{A}_L \) is Fréchet-differentiable with locally Lipschitz continuous and Gateaux-differentiable differential \( D\mathbb{A}_L \).
1. Let $x$ be a critical point for $A_L^Q$; we want to prove that $x$ is actually a smooth curve and a solution of the Euler-Lagrange equation (2.17) satisfying the boundary conditions (2.18). By choosing a local chart $(U, \varphi)$ as in the definition of the atlas of $H^1_Q([0,1], M)$ (cf. Section 2.2), we may assume that $x$ is a critical point of $A_L^W$, the restriction of $A_L^W : H^1([0,1], U) \to \mathbb{R}$ to the intersection of $H^1([0,1], U)$ with the closed linear subspace

$$H^1_W([0,1], \mathbb{R}^n) = \left\{ x \in H^1([0,1], \mathbb{R}^n) \mid (x(0), x(1)) \in W \right\},$$

where $W \subseteq \mathbb{R}^n \times \mathbb{R}^n$ is a suitable linear subspace. The first condition in (2.18) can be rewritten as

$$(x(0), x(1)) \in W$$

and it is satisfied by any element in $H^1_W([0,1], \mathbb{R}^n)$. Differentiating the condition $(\varphi(0, q), \varphi(1, q)) \in Q$ for every $q \in U \cap W$, we obtain that the linear map

$$(\xi_0, \xi_1) \mapsto (D_q\varphi(0, q)[\xi_0], D_q\phi(1, q_1)[\xi_1])$$

maps $W$ isomorphically onto the tangent space of $Q$ at $(\varphi(0, q_0), \varphi(1, q_1))$. Therefore, the second condition in (2.18) is equivalent to

$$\frac{\partial L}{\partial v}(0, x(0), x'(0)) [\xi_0] = \frac{\partial L}{\partial v}(1, x(1), x'(1)) [\xi_1], \quad \forall (\xi_0, \xi_1) \in W. \quad (2.21)$$

Identity (2.15) and an integration by parts produce for every smooth curve $\xi : [0,1] \to \mathbb{R}^n$ with compact support in $(0,1)$ the identity

$$0 = D\mathcal{A}_L^W(x)[\xi] = \int_0^1 \left[ \frac{\partial L}{\partial q}(t, x, x') \cdot \xi + \frac{\partial L}{\partial v}(t, x, x') \cdot \xi' \right] dt$$

$$= \int_0^1 \left[ \frac{\partial L}{\partial v}(t, x, x') \cdot \xi' + \left[ \xi \cdot \int_0^t \frac{\partial L}{\partial q}(s, x, x') ds \right]_0^1 - \int_0^t \frac{\partial L}{\partial q}(s, x, x') \cdot \xi' ds \right] dt$$

$$= \int_0^1 \left[ \frac{\partial L}{\partial v}(t, x(t), x'(t)) - \int_0^t \frac{\partial L}{\partial q}(s, x(s), x'(s)) ds \right] \cdot \xi' dt. \quad (2.22)$$

Then the Du Bois-Reymond Lemma implies that there is a vector $u \in \mathbb{R}^n$ such that

$$\frac{\partial L}{\partial v}(t, x(t), x'(t)) - \int_0^t \frac{\partial L}{\partial q}(s, x(s), x'(s)) ds = u, \quad \text{a.e. in } [0,1]. \quad (2.23)$$

Observe that the function

$$f_x(t) := \int_t^1 \frac{\partial L}{\partial q}(s, x(s), x'(s)) ds \quad (2.24)$$

is continuous on $[0,1]$, indeed if $t_n \to t$ then the bound in (2.12) implies

$$|f_x(t_n) - f_x(t)| \leq \int_t^{t_n} \frac{\partial L}{\partial q}(s, x(s), x'(s)) \, ds \leq \int_t^{t_n} \left| \frac{\partial L}{\partial q}(s, x(s), x'(s)) \right| ds \leq \int_t^{t_n} (1 + |x'(s)|^2) \, ds = l_3 (t_n - t) + l_3 \|x'\|_{L^2([t,t_n])}^2.$$
CHAPTER 2. PRELIMINARIES

At the same time, condition \((L2')\) implies that the map
\[
[0, 1] \times U \times \mathbb{R}^n \longrightarrow [0, 1] \times U \times \mathbb{R}^n, \quad (t, q, v) \longmapsto \left(t, q, \frac{\partial L}{\partial v}(t, q, v)\right)
\]
(2.25)
is a surjective smooth diffeomorphism. If we denote by \((t, q, p) \longmapsto (t, q, \psi(t, q, p))\) its inverse, we have that
\[
x'(t) = \psi\left(t, x(t), \frac{\partial L}{\partial v}(t, x(t), x'(t))\right)
\]
and hence (2.23) implies that
\[
x'(t) = \psi\left(t, x(t), v + f_x(t)\right) \quad \text{a.e. in } [0, 1].
\]
(2.26)

In particular, \(x'\) coincides almost everywhere with a continuous function; therefore \(x \in C^1\) and now a boot-strap argument shows that \(x\) is actually smooth. Therefore, we can apply a different integration by parts to the identity \(D\mathcal{A}_L^W(x)[\xi] = 0\) obtaining
\[
0 = D\mathcal{A}_L^W(x)[\xi] = \int_0^1 \left[\frac{\partial L}{\partial q}(t, x, x') - \frac{d}{dt}\left(\frac{\partial L}{\partial v}(t, x, x')\right)\right] \cdot \xi \, dt +
\frac{\partial L}{\partial v}(1, x(1), x'(1)) \cdot \xi(1) - \frac{\partial L}{\partial v}(0, x(0), x'(0)) \cdot \xi(0),
\]
(2.27)
where \(\xi : [0, 1] \to \mathbb{R}^n\) is any regular curve with \((\xi(0), \xi(1)) \in W\). By taking curves \(\xi\) with compact support in \((0, 1)\) we get that \(x\) satisfies the Euler-Lagrange equation (2.17); then, letting \(\xi\) vary among all the smooth curves such that \((\xi(0), \xi(1)) \in W\) we find that also (2.21) holds. This shows that every critical point of \(\mathcal{A}_L^Q\) is a smooth solution of (2.17) satisfying the boundary conditions (2.18).

Conversely, the fact that
\[
\frac{\partial^2 L}{\partial v^2}(t, q, v)
\]
is invertible for every \((t, q, v) \in [0, 1] \times U \times \mathbb{R}^n\) and the differentiable dependence of solutions of ordinary differential equations on the coefficients imply that every solution of (2.17) is smooth. If the boundary conditions (2.18) are also satisfied, then by integrating by parts the identity \(D\mathcal{A}_L^W(x)[\xi] = 0\) as done above, one immediately sees that \(x\) is a critical point of \(\mathcal{A}_L^Q\) and this concludes the proof.

2. Let \(x\) be a critical point for \(\mathcal{A}_L^Q\). By Theorem 2.3.2 \(\mathcal{A}_L^Q\) is twice Gateaux-differentiable and its second Gateaux differential
\[
d^2\mathcal{A}_L(x) : T_xH^1_Q([0, 1], M) \times T_xH^1_Q([0, 1], M) \longrightarrow \mathbb{R}
\]
is a symmetric continuous bilinear form. Using the above localization argument, we may identify \(x\) with a critical point of \(\mathcal{A}_L^W\) in \(H^1_W([0, 1], \mathbb{R}^n)\) and \(d^2\mathcal{A}_L^Q(x)\) with \(d^2\mathcal{A}_L^W(x)\), the restriction of the symmetric bilinear form (2.16) to \(H^1_W([0, 1], \mathbb{R}^n)\). By (L2'), the self-adjoint operator \(A\) on \(H^1_W([0, 1], \mathbb{R}^n)\) representing
\[
\alpha(x)[\xi, \eta] := \int_0^1 \frac{\partial^2 L}{\partial v^2}(t, x, x') \xi' \cdot \eta' \, dt = \langle A\xi, \eta \rangle_{H^1}
\]
2.5. THE MINIMAX PRINCIPLE.

with respect to the Hilbert product is Fredholm and non-negative. In fact, if we consider the orthogonal decomposition of $H^1_W$ in

$$H^1_W([0,1], \mathbb{R}^n) = \{ \text{constants} \} \oplus \{ \text{null average} \} = E_1 \oplus E_2$$

we get that $\ker A = E_1$ while $A|_{E_2}$ is positive; in particular, $A$ is Fredholm with zero Morse index. The remaining three terms in (2.16) are continuous bilinear forms respectively on $L^2 \times H^1$, $H^1 \times L^2$ and $L^2 \times L^2$. Therefore, the compactness of the embedding $H^1 \hookrightarrow L^2$ implies that the self-adjoint operator representing $d^2 A_Q^L(x) - \alpha(x)$ is compact. More precisely, the bilinear form

$$\int_0^1 \frac{\partial^2 L}{\partial q^2} (t,x,x') \xi \cdot \eta \, dt$$

is continuous on $L^2 \times L^2$ and hence compact on $H^1 \times H^1$. The bilinear form

$$\beta(x)[\xi,\eta] := \int_0^1 \frac{\partial^2 L}{\partial q \partial v} (t,x,x') \xi \cdot \eta' \, dt = \langle B \xi, \eta \rangle_{H^1}$$

is instead continuous on $L^2 \times H^1$. Thus $\beta$ is compact on $H^1 \times H^1$ if and only if $B \xi_n \to 0$ whenever $\xi_n \to 0$; the latter fact is implied by

$$\xi_n \to 0 \implies \langle B \xi_n, \eta_n \rangle_{H^1} \to 0, \quad \forall \eta_n \to 0.$$ (2.28)

Indeed, if (2.28) holds, then we can choose $\eta_n = B \xi_n$ obtaining $\|B \xi_n\|_{H^1} \to 0$. Observe that if $\xi_n \to 0$ then $\xi_n$ converges strongly to zero in $L^2$, because of the compactness of the embedding $H^1 \hookrightarrow L^2$; therefore

$$\langle B \xi_n, \eta_n \rangle_{H^1} = \int_0^1 \left[ \frac{\partial^2 L}{\partial q \partial v} (t,x,x') \xi_n \right] \cdot \eta'_n \, dt \to 0$$

since $\eta_n \to 0$ and the other term in the integral tends to zero in $L^2$. This proves that the bilinear form $d^2 A_Q^L(x)$ can be written as

$$d^2 A_Q^L(x) = \alpha(x) + [d^2 A_Q^L(x) - \alpha(x)]$$

a compact perturbation of a Fredholm non negative operator; therefore, the second Gateaux differential $d^2 A_Q^L(x)$ is itself Fredholm with finite Morse index, since compact perturbations of a given operator modify the Spectrum only by adding a finite number of negative eigenvalues, each of which of finite multiplicity. □

2.5 The minimax principle.

In the previous section we showed that the critical points of the Lagrangian action functional on $H^1_Q([0,1], M)$ correspond to the solutions of the Euler-Lagrange equation (2.17) that satisfy the boundary conditions (2.18).

The goal of the next chapters will be therefore to prove the existence of critical points of the Lagrangian action functional, more precisely of the free-time Lagrangian
action functional $A_k$ (see Section 3.1 for the definition and for more details), which detects the solutions of the Euler-Lagrange equation that satisfy the conormal boundary conditions and are contained on the energy level $E^{-1}(k)$. Clearly the easiest thing to try would be to look for global/local minimizers; this is however not possible in general, since the free-time Lagrangian action functional might be unbounded from below and, even if bounded from below, might not attain its infimum.

Thus we will need a method to detect critical points which are not necessarily global or local minimizer. This will be provided from the so-called minimax principle.

**Definition 2.5.1.** Let $(\mathcal{H}, g)$ be a Riemannian Hilbert manifold and let $f \in C^1(\mathcal{H})$. A sequence $\{x_n\}_{n \in \mathbb{N}} \subseteq \mathcal{H}$ is said to be a Palais-Smale sequence at level $c$ if

$$\lim_{n \to +\infty} f(x_n) = c, \quad \lim_{n \to +\infty} \|df(x_n)\| = 0$$

where $\| \cdot \|$ denotes the dual norm induced by $g$.

One would like to know if Palais-Smale sequences for $f$ admit converging subsequences, since limiting points are automatically critical points of the functional $f$. However, this is unfortunately not always the case as simple counterexamples for $\mathcal{H} = \mathbb{R}^2$ already show (cf. [Abb13]). Therefore, we will need the following

**Definition 2.5.2.** Let $(\mathcal{H}, g)$ be a Riemannian Hilbert manifold. The functional $f \in C^1(\mathcal{H})$ is said to satisfy the Palais-Smale condition at level $c$ if any Palais-Smale sequence at level $c$ is compact, meaning that it admits converging subsequences.

More generally, $f$ is said to satisfy the Palais-Smale condition if it satisfies the Palais-Smale condition at level $c$, for every $c \in \mathbb{R}$.

Notice that the Palais-Smale condition and the completeness of $g$ are somehow antagonist requirements: one may achieve completeness multiplying $g$ by a positive function which diverges at infinity (thus reducing the set of Cauchy sequences), while the Palais-Smale condition could be achieved multiplying $g$ by a positive function which is infinitesimal at infinity (since the dual norm is multiplied by the inverse of this function, this operation reduces the set of Palais-Smale sequences).

Here we do not assume any completeness for $g$, since in the following chapters we will have to deal with non-complete Hilbert manifolds. The completeness will be replaced by the weaker condition that the sublevel sets of $f$ are complete.

Now, let us assume that $f \in C^{1,1}(\mathcal{H})$, where $C^{1,1}(\mathcal{H})$ denotes the space of $C^1$-functionals on $\mathcal{H}$ with locally Lipschitz differential. Assume furthermore that the sublevel sets of $f$ are complete. Denote with $\nabla f$ the gradient of $f$ with respect to $g$. Since $-\nabla f$ is only locally Lipschitz, it need not define a positively complete flow.

To avoid this problem we consider the conformally equivalent bounded vector field

$$X_f := -\frac{\nabla f}{\sqrt{1 + \|\nabla f\|^2}}.$$
With the vector field \( X_f \) is associated the flow \( \varphi \), given by the solutions of
\[
\begin{align*}
\frac{\partial}{\partial t} \varphi_t(u) &= X_f(\varphi_t(u)); \\
\varphi_0(u) &= u;
\end{align*}
\]

Since for every \( u \in \mathcal{H} \) the maximal solution to the Cauchy-problem above is defined on the whole \([0, +\infty)\), we say that \( \varphi \) is positively complete on \( \mathcal{H} \) and refer to it as the negative gradient flow of \( f \).

**Theorem 2.5.3** (General minimax principle). Let \( f \) be a \( C^{1,1} \)-functional on a Riemannian Hilbert manifold \((\mathcal{H}, g)\) such that the sublevel sets \( \{ f \leq c \} \) are complete and let \( \Gamma \) be a set of subsets of \( \mathcal{H} \) which is positively invariant with respect to the negative gradient flow of \( f \). If the number
\[
c := \inf_{\gamma \in \Gamma} \sup_{x \in \gamma} f(x)
\]
is finite, then \( f \) admits a Palais-Smale sequence at level \( c \). In particular, if \( f \) satisfies the Palais-Smale condition at level \( c \), then \( c \) is a critical value for \( f \).

**Proof.** By contradiction, suppose that there exists \( \epsilon > 0 \) such that
\[
\|X_f\| \geq \epsilon, \quad \text{on } \{ |f - c| \leq \epsilon \}.
\]
Notice that
\[
\frac{d}{dt} f(\varphi_t(u)) = df(\varphi_t(u))[X_f(\varphi_t(u))] = -\frac{\|df(\varphi_t(u))\|^2}{\sqrt{1 + \|df(\varphi_t(u))\|^2}}
\]
so the function \( t \mapsto f(\varphi_t(u)) \) is decreasing. Suppose that
\[
|f(\varphi_t(u)) - c| \leq \epsilon, \quad \forall \ t \in [0, T],
\]
then we have
\[
2\epsilon \geq f(u) - f(\varphi_T(u)) = -\int_0^T \frac{d}{dt} f(\varphi_t(u)) \, dt =
\]
\[
= \int_0^T \frac{\|df(\varphi_t(u))\|^2}{\sqrt{1 + \|df(\varphi_t(u))\|^2}} \, dt \geq \int_0^T \|X_k(\varphi_t(u))\|^2 \, dt \geq \epsilon^2 T
\]
from which we deduce that \( T \leq 2/\epsilon \). Now choose \( \gamma \in \Gamma \) such that
\[
\max_{x \in \gamma} f(x) \leq c + \epsilon
\]
(such a \( \gamma \) exists because of the definition of \( c \)) and set \( \tilde{\gamma} := \varphi_T(\gamma) \), for some \( T > 2/\epsilon \). Observe that \( \tilde{\gamma} \in \Gamma \), since by assumption \( \Gamma \) is positively invariant under \( \varphi \). Moreover, since \( f \leq c + \epsilon \) on \( \gamma \), any \( x \in \gamma \) satisfies exactly one of the following properties:
1. \(|f(x) - c| \leq \epsilon\).
2. \(f(x) < c - \epsilon\).

If \(x \in \gamma\) satisfies 1, then the choice of \(T > 2/\epsilon\) implies
\[
f(\varphi_T(x)) < c - \epsilon. \tag{2.31}
\]

Clearly (2.31) holds also if \(x\) satisfies 2, since \(f\) decreases along the orbits of \(\varphi\). It follows that \(\tilde{\gamma} \subseteq \{f < c - \epsilon\}\), which contradicts the definition of \(c\). □

**Remark 2.5.4.** It is sometimes useful to replace the negative gradient flow by a flow which fixes a certain sublevel of \(f\). Let \(\rho : \mathbb{R} \to \mathbb{R}^+\) be smooth, bounded and such that \(\rho \equiv 0\) on \((-\infty, b]\), \(\rho > 0\) on \((b, +\infty)\).

Consider the vector field \(\rho(f)X_f\) and denote its flow with \(\varphi\). It is a negative gradient flow truncated below level \(b\). The function \(t \mapsto f(\varphi_t(u))\) is constant if \(u \in \text{Crit}_f \cup \{f \leq b\}\) and it is strictly decreasing otherwise. If \(\Gamma\) is positively invariant with respect to this negative gradient flow truncated below level \(b\) and the minimax value \(c\) is strictly larger than \(b\), then \(f\) has a Palais-Smale sequence at level \(c\).

We end this section discussing some interesting particular cases of the theorem above. First assume \(f \in C^{1,1}(H)\) is such that \(\{f < a\}\) is not connected, say \(\{f < a\} = A \cup B\) with \(A, B\) disjoint non-empty open sets. We may think of \(A\) and \(B\) as two valleys, consider the set of paths going from one valley to the other
\[
\Gamma := \\{\text{curves in } H \text{ with one end in } A \text{ and the other in } B\},
\]
and define the minimax value \(c\) of \(f\) on \(\Gamma\) as in (2.29). Observe that necessarily \(c \in [a, +\infty)\), since \(\Gamma\) is non empty and each of its elements intersects
\[
H \setminus (A \cup B) = \{f \geq a\},
\]
so that \(c\) is finite. Moreover, \(\Gamma\) is positively invariant under the negative gradient flow, since \(f\) is decreasing along the orbits of \(\varphi\). As a particular case of the above theorem we then get the celebrated mountain pass theorem of Ambrosetti and Rabinowitz.

**Theorem 2.5.5 (Mountain pass theorem).** Let \(f\) be a \(C^{1,1}\)-functional on a Riemannian Hilbert manifold \((H, g)\) such that the sublevel sets are complete. Suppose that the sublevel \(\{f < a\}\) is not connected and define \(c\) as in (2.29); then \(f\) admits a Palais-Smale sequence at level \(c\). In particular, if \(f\) satisfies the Palais-Smale condition at level \(c\), then \(c\) is a critical value for \(f\).

If we choose for \(\Gamma\) the class of all one-point sets in \(H\), then \(c\) as in (2.29) is nothing but the infimum of \(f\) on \(H\). Therefore, the general minimax principle has as a particular case the following

**Corollary 2.5.6.** Assume that \(f\) is a \(C^{1,1}\)-functional on a Riemannian Hilbert manifold \((H, g)\) such that the sublevel sets are complete. If \(f\) is bounded from below and satisfies the Palais-Smale condition at the level \(c = \inf f\), then \(f\) has a minimizer.
Chapter 3

The variational setting

Let $M$ be a closed connected Riemannian manifold, $Q_0, Q_1 \subseteq M$ be closed connected submanifolds and $L : TM \rightarrow \mathbb{R}$ be a Tonelli Lagrangian. Being $L$ autonomous, the energy $E$ in (2.1) is constant along the solutions of the Euler-Lagrange equation (2.17). Therefore, it makes sense to look at Euler-Lagrange orbits that satisfy the conormal boundary conditions (2.20) and are contained in a given energy level $E^{-1}(k)$. Goal of this chapter will be to provide the tools needed to attack this problem.

As already explained in Sections 2.3 and 2.4, this can be interpreted as the problem of finding critical points of a suitable functional defined on the Hilbert manifold $\mathcal{H}_Q([0, 1], M)$ of $H^1$-paths connecting the submanifolds $Q_0$ and $Q_1$. The “energy $k$” condition can be then achieved by considering a slightly different functional, namely the free-time action functional $A_k$ on the product manifold

\[ \mathcal{M}_Q := H^1_Q([0, 1], M) \times (0, +\infty). \]

This approach brings however several complications, since the manifold $\mathcal{M}_Q$ is not complete anymore. In this sense, a very careful study of the Palais-Smale sequences for $A_k$ will be needed. Furthermore, the properties of $A_k$ (as well as those of the Euler-Lagrange flow associated to $L$) depend essentially on $k$ and change drastically when crossing some special energy values, called the Mané critical values.

In Section 3.1 we define the free-time Lagrangian action functional $A_k$ and discuss its regularity properties. We show that $A_k \in C^{1,1}(\mathcal{M}_Q)$ and that $A_k$ is twice differentiable if and only if $L$ is electro-magnetic as in (2.2). We prove then that critical points of $A_k$ on $\mathcal{M}_Q$ correspond to the Euler-Lagrange orbits that satisfy the conormal boundary conditions (2.20) and are contained in the energy level $E^{-1}(k)$.

In Section 3.2 we proceed to the study of the Palais-Smale sequences for $A_k$. We show that Palais-Smale sequences $(x_h, T_h)$ with $T_h \rightarrow 0$ may occur only on connected components of $\mathcal{M}_Q$ that contain constant paths and only at level zero, meaning that necessarily $A_k(x_h, T_h) \rightarrow 0$. We then prove that Palais-Smale sequences with times bounded and bounded away from zero always admit converging subsequences. The two results combined imply that the only Palais-Smale sequences for $A_k$ that might cause difficulties are the ones for which the times are unbounded.
In Section 3.3 we recall the definition of the Mañé critical values $c(L), c_0(L), c_u(L)$ and briefly discuss their relations with the dynamical and geometric properties of the Euler-Lagrange flow. We then move to the definition of the critical value $c(L; Q_0, Q_1)$ which is relevant for our purposes. We show that for all $k < c(L; Q_0, Q_1)$ the action functional $A_k$ is unbounded from below on any connected component of $\mathcal{M}_Q$, whilst it will turn to be bounded from below on each connected component of $\mathcal{M}_Q$ for every $k \geq c(L; Q_0, Q_1)$. The latter fact implies that, for all $k > c(L; Q_0, Q_1)$, the free-time action functional $A_k$ satisfies the Palais-Smale condition on Palais-Smale sequences with times bounded away from zero; in particular, $A_k$ satisfies the Palais-Smale condition on the connected components of $\mathcal{M}_Q$ not containing constant paths.

### 3.1 The free-time action functional.

For any given absolutely continuous curve $\gamma : [0, T] \to M$ we define $x : [0, 1] \to M$ as $x(s) := \gamma(sT)$. Throughout the whole work we will identify $\gamma$ with the pair $(x, T)$.

To avoid confusion we will always denote with a dot the derivative with respect to $t$ and with a prime the derivative with respect to $s$.

Fix a real number $k$, the value of the energy for which we would like to find solutions of the Euler-Lagrange equation (2.17) satisfying the conormal boundary conditions (2.20). Recall that, since the energy level $E^{-1}(k)$ is compact, up to the modification of $L$ outside it, we may assume the Tonelli Lagrangian $L$ to be electromagnetic for $\|v\|_q$ large enough. In particular

$$L(q, v) \geq a \|v\|_q^2 - b, \quad \forall (q, v) \in TM,$$

(3.1)

$$d_{uv}L(q, v)[u, u] \geq 2a \|u\|_q^2 \quad \forall (q, v) \in TM, \forall u \in T_qM$$

(3.2)

for suitable numbers $a > 0, b \in \mathbb{R}$ and

$$A_k(x, T) := \int_0^T \left[ L(\gamma(t), \dot{\gamma}(t)) + k \right] dt = T \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T}\right) + k \right] ds$$

(3.3)

is well-defined for every $x \in H^1([0, 1], M)$. Hence, we get a well-defined functional

$$A_k : H^1([0, 1], M) \times (0, +\infty) \to \mathbb{R},$$

called the free-time action functional. We denote the space $H^1([0, 1], M) \times (0, +\infty)$ simply with $\mathcal{M}$. Clearly $\mathcal{M}$ can be interpreted as the space of Sobolev paths in $M$ with arbitrary interval of definition through the identification $\gamma = (x, T)$ above. Furthermore, $\mathcal{M}$ is a product Hilbert manifold; we endow $\mathcal{M}$ with the product metric

$$g_\mathcal{M} := g_{H^1} + dT^2,$$

(3.4)

where $g_{H^1}$ is, as in (2.7), the standard metric on $H^1([0, 1], M)$ induced by the given Riemannian metric $g$ on $M$. Obviously, $(\mathcal{M}, g_\mathcal{M})$ is not complete as the factor $(0, +\infty)$ is not complete with respect to the Euclidean metric. The following proposition is about the regularity of the free-time action functional $A_k$. 

Proposition 3.1.1. The following hold:

1. \( A_k \in C^{1,1}(\mathcal{M}) \) and it has second Gateaux differential at every point.

2. \( A_k \) is twice Fréchet differentiable at every point if and only if \( L \) is electromagnetic on the whole \( TM \); in this case, \( A_k \) is actually smooth.

Proof. Statement 2 is an obvious consequence of Proposition [2.3.3]; observe that condition (L1) is satisfied by \( L \) since \( L \) is electromagnetic outside a compact set. We also already know from Theorem [2.3.2] that the fixed-time action functional is continuously differentiable on \( H^1([0,1],M) \) and its differential is locally Lipschitz continuous and Gateaux-differentiable. Thus, \( A_k \) is Fréchet-differentiable in the \( x \)-direction, that is there exists the partial differential \( d_x A_k(x,T) \) and

\[
d_x A_k(x,T)[(\zeta,0)] = \int_0^1 \left[ d_q L(x(s), \frac{x'(s)}{T}) \right] \zeta + d_v L(x(s), \frac{x'(s)}{T}) \zeta' \] (3.5)

is Lipschitz-continuous and Gateaux-differentiable. On the other hand we have

\[
\frac{A_k(x,T+h) - A_k(x,T)}{h} = \frac{T + h}{h} \int_0^1 \left[ L(x(s), \frac{x'(s)}{T+h}) + k \right] ds - \frac{T}{h} \int_0^1 \left[ L(x(s), \frac{x'(s)}{T}) + k \right] ds = \\
= \int_0^1 \left[ L(x(s), \frac{x'(s)}{T+h}) + k \right] ds + \frac{T}{h} \int_0^1 \left[ L(x(s), \frac{x'(s)}{T+h}) - L(x(s), \frac{x'(s)}{T}) \right] ds
\]

and then, taking the limit for \( h \to 0 \), we get

\[
\frac{\partial A_k}{\partial T}(x,T) = \int_0^1 \left[ L(x(s), \frac{x'(s)}{T}) + k + T \cdot d_v L(x(s), \frac{x'(s)}{T}) \left[ - \frac{x'(s)}{T^2} \right] \right] ds = \\
= \int_0^1 \left[ L(x(s), \frac{x'(s)}{T}) + k - d_v L(x(s), \frac{x'(s)}{T}) \left[ \frac{x'(s)}{T} \right] \right] ds = \\
= \int_0^1 \left[ k - E(x(s), \frac{x'(s)}{T}) \right] ds. \quad (3.6)
\]

Therefore \( A_k \) is Fréchet-differentiable in both the \( x \) and \( T \)-direction with continuous partial differentials and hence, by the total differential theorem, it is continuously Fréchet-differentiable at \( (x,T) \) with

\[
d A_k(x,T)[(\zeta,H)] = d_x A_k(x,T)[(\zeta,0)] + \frac{\partial A_k}{\partial T}(x,T) H.
\]

Now we want to prove that the Fréchet-differential is locally Lipschitz-continuous and Gateaux-differentiable; thus, we consider the quantity
The expression in (3.7) converges for $\delta \to 0$ to
\[
\frac{1}{\delta} \left[ dA_k(x + \delta \eta, T + \delta W) - dA_k(x, T) \right][\zeta, H] = \\
\frac{1}{\delta} \left[ d_x A_k(x + \delta \eta, T + \delta W) - d_x A_k(x, T) \right][\zeta, 0] + \\
\frac{1}{\delta} \left[ \frac{\partial A_k}{\partial T}(x + \delta \eta, T + \delta W) - \frac{\partial A_k}{\partial T}(x, T) \right] H = \\
\frac{1}{\delta} \left[ d_x A_k(x + \delta \eta, T + \delta W) - d_x A_k(x, T + \delta W) \right][\zeta, 0] + 
(3.7)
\]
\[
\frac{1}{\delta} \left[ \frac{\partial A_k}{\partial T}(x + \delta \eta, T + \delta W) - \frac{\partial A_k}{\partial T}(x, T + \delta W) \right] H + 
(3.8)
\]
\[
\frac{1}{\delta} \left[ \frac{\partial A_k}{\partial T}(x, T + \delta W) - \frac{\partial A_k}{\partial T}(x, T) \right] H + 
(3.9)
\]
\[
\frac{1}{\delta} \left[ \frac{\partial A_k}{\partial T}(x, T + \delta W) - \frac{\partial A_k}{\partial T}(x, T) \right] H + 
(3.10)
\]

The expression in (3.7) converges for $\delta \to 0$ to
\[
d_x^2 A_k(x, T)[\zeta, (0, (\eta, 0)]
\]
which we already know from Theorem 2.3.2 to be a bounded symmetric bilinear form on $H^1([0, 1], M)$ (thus on $\mathcal{M}$). The quantity in (3.8) is instead equal to
\[
\frac{1}{\delta} \int_0^1 \left[ d_q L(x, \frac{x'}{T+\delta W}) - d_q L(x, \frac{x'}{T}) \right] \zeta + \left( d_v L(x, \frac{x'}{T+\delta W}) - d_v L(x, \frac{x'}{T}) \right) \zeta' \right] ds
\]
and converges for $\delta \to 0$ by the Lebesgue dominated convergence theorem to
\[
\int_0^1 \left[ d_{qL}(x(s), \frac{x'(s)}{T}) \left[ \zeta, -\frac{x'(s)}{T^2} \right] + d_{vL}(x(s), \frac{x'(s)}{T}) \left[ \zeta', -\frac{x'(s)}{T^2} \right] \right] W ds
\]
which is a bounded bilinear operator on $\mathcal{M}$. Analogously one can prove that the quantities in (3.9) and in (3.10) converge for $\delta \to 0$ to bounded bilinear operators on $\mathcal{M}$. Therefore, $dA_k$ is Gateaux-differentiable at every point $(x, T)$; the locally Lipschitz-continuity follows now from the mean value theorem.

□

Since we want to get solutions of the Euler-Lagrange equation satisfying the conormal boundary conditions (2.18), we shall consider the restriction of the free-time action functional to the smooth submanifold
\[
\mathcal{M}_Q := H^1_Q([0, 1], M) \times (0, +\infty),
\]
with $Q = Q_0 \times Q_1$ or $Q = \Delta$ diagonal in $M \times M$. In the latter case we call $A_k|_{M_\Delta}$ the free-period Lagrangian action functional. For the sake of simplicity we denote the restriction of $A_k$ to $\mathcal{M}_Q$ again with $A_k$. Observe that $\mathcal{M}_Q$ is homotopy equivalent to $\Omega_{Q_0, Q_1}(M)$ (cf. Section 2.2); in particular its connected components are as explained in Lemma 2.2.1. Also, Proposition 2.3.2 implies the following
3.1. THE FREE-TIME ACTION FUNCTIONAL.

**Theorem 3.1.2.** A curve $\gamma = (x, T)$ is a (smooth) solution of (2.17) satisfying the conormal boundary conditions (2.18) and with energy $E(\gamma, \dot{\gamma}) \equiv k$ if and only if $(x, T)$ is a critical point of the free-time action functional $A_k$ restricted to $\mathcal{M}_Q$.

**Proof.** The pair $(x, T)$ is a critical point for $A_k$ if and only if
\[
dx A_k(x, T)(\zeta, H) = 0
\]
for any choice of $(\zeta, H)$. From Theorem 2.4.1 it follows that the condition
\[
\dx x A_k(x, T)(\zeta, 0) = 0
\]
is equivalent to $\gamma(t) := x(t/T) \in H^1([0, T], M)$ to be a solution of (2.17) satisfying the conormal boundary conditions (2.18). Furthermore, using (3.6), we get that
\[
0 = \partial A_k \partial T(x, T) = \frac{1}{T} \int_0^T \left[ k - E(\gamma(t), \dot{\gamma}(t)) \right] dt
\]
and hence $E(\gamma, \dot{\gamma}) \equiv k$, since the energy is constant along $\gamma$. \hfill $\Box$

The Hilbert manifold $\mathcal{M}_Q$ is clearly not complete. Therefore it is useful to know whether sublevel sets of the free-time action functional $A_k$ are complete or not. It turns out that the completeness of sublevel sets of $A_k$ neither depends on the value $k$ of the energy nor on the topological property of $Q_0$ and $Q_1$, but only on the fact that the submanifolds intersect or not. This is in strong contrast with what happens for the geometric and analytical properties of $A_k$, as we will see later on.

**Lemma 3.1.3.** If $Q_0 \cap Q_1 = \emptyset$ then the sublevels
\[
\left\{ (x, T) \in \mathcal{M}_Q \left| A_k(x, T) \leq c \right. \right\}
\]
are complete.

**Proof.** By (3.1) we have the chain of inequalities
\[
A_k(x, T) = T \int_0^1 \left[ L(x(s), \frac{x'(s)}{T}) + k \right] ds \geq T \int_0^1 \left[ a \frac{\|x'(s)\|^2}{T^2} - b + k \right] ds
\]
\[
= \frac{a}{T} \int_0^1 \|x'(s)\|^2 ds + T(k - b) \geq \frac{a}{T} l(x)^2 + T(k - b) \tag{3.11}
\]
where $l(x)$ denotes the length of the path $x$. Since $Q_0 \cap Q_1 = \emptyset$, the length of any path connecting $Q_0$ to $Q_1$ is bounded away from zero by a suitable positive constant. Therefore, $T$ is bounded away from zero on
\[
\left\{ (x, T) \in \mathcal{M}_Q \left| A_k(x, T) \leq c \right. \right\}
\]
for any $c \in \mathbb{R}$, proving the statement. \hfill $\Box$

If $Q_0 \cap Q_1 \neq \emptyset$ then the length of paths connecting $Q_0$ to $Q_1$ is not any more bounded away from zero. In this case we have to distinguish between connected components of $\mathcal{M}_Q$ that do, respectively do not, contain constant paths.
Lemma 3.1.4. If $Q_0 \cap Q_1 \neq \emptyset$ then:

1. The sublevel sets of $A_k$ in each connected component of $\mathcal{M}_Q$ that does not contain any constant path are complete.
2. If $(x_h, T_h)$ is such that $T_h \to 0$, then
   \[ \liminf_{h \to +\infty} A_k(x_h, T_h) \geq 0. \] (3.12)

Proof. The proof of the first statement is analogous to that of Lemma 3.1.3 above. Inequality (3.11) also proves the second statement. In fact, if $T_h \to 0$ then $T_h(k - b) \to 0$, for $h \to +\infty$ and hence the action $A_k(x_h, T_h)$ is eventually bigger than $-\epsilon$, for arbitrary $\epsilon > 0$. □

We end this section studying the possible sources of non-completeness of the negative gradient flow of $A_k$ on $\mathcal{M}_Q$. Up to replacing $-\nabla A_k$ by
\[ -\frac{\nabla A_k}{\sqrt{1 + ||\nabla A_k||^2}} \]
we may assume the negative gradient flow to be complete on every connected component of $\mathcal{M}_Q$ that does not contain constant paths. A similar statement when looking for periodic orbits (in a even more general setting) can be found in Section 6.2. Also, on the connected components of $\mathcal{M}_Q$ that do contain constant paths, the only source of incompleteness is represented by flow-lines for which $T(\cdot) \to 0$ in finite time. The next lemma ensures that, for such flow lines, $A_k$ necessarily goes to zero.

Lemma 3.1.5. Let $(x(\cdot), T(\cdot)) : [0, \sigma^*) \to \mathcal{M}_Q$ be a negative gradient flow-line with
\[ \liminf_{\sigma \to \sigma^*} T(\sigma) = 0. \]
Then
\[ \lim_{\sigma \to \sigma^*} A_k(x(\sigma), T(\sigma)) = 0. \]

Proof. The proof is analogous to [Abb13 Lemma 3.3], where the case of periodic orbits is considered. Since both $E$ and $L$ are quadratic in $v$ for $\|v\|_q$ large, we have
\[ E(q, v) \geq c_0 L(q, v) - c_1 \]
for some $c_0 > 0$ and $c_1 \in \mathbb{R}$. Therefore from (3.6) it follows that
\[ \frac{\partial A_k}{\partial T}(x, T) = \frac{1}{T} \int_0^T \left[ k - E(\gamma(t), \dot{\gamma}(t)) \right] dt \leq \frac{1}{T} \int_0^T \left[ k - c_0 L(\gamma(t), \dot{\gamma}(t)) + c_1 \right] dt = (c_0 + 1)k + c_1 - \frac{c_0}{T} A_k(x, T) \]
and hence
\[
A_k(x, T) \leq \frac{T}{c_0} \left[ (c_0 + 1)k + c_1 - \frac{\partial A_k}{\partial T}(x, T) \right] = \frac{T}{c_0} \left[ C - \frac{\partial A_k}{\partial T}(x, T) \right],
\]
where \(C\) is a suitable constant. By assumption, there is a sequence \(\sigma_h \uparrow \sigma^*\) with
\[
T'(\sigma_h) \leq 0, \quad T(\sigma_h) \to 0.
\]
Since \(\sigma \mapsto (x(\sigma), T(\sigma))\) is a negative gradient flow-line, we have
\[
0 \geq T'(\sigma_h) = -\frac{\partial A_k}{\partial T}(x(\sigma_h), T(\sigma_h))
\]
and hence
\[
A_k(x(\sigma_h), T(\sigma_h)) \leq \frac{T(\sigma_h)}{c_0} \left[ C - \frac{\partial A_k}{\partial T}(x(\sigma_h), T(\sigma_h)) \right] \leq \frac{C}{c_0} T(\sigma_h).
\]
Since \(T(\sigma_h) \to 0\), from the inequality above we deduce that
\[
\limsup_{h \to +\infty} A_k(x(\sigma_h), T(\sigma_h)) \leq 0.
\]
The assertion follows now from statement 2 of Lemma 3.1.4 and from the monotonicity of the function \(\sigma \mapsto A_k(x(\sigma), T(\sigma))\).

3.2 Palais-Smale sequences.

When looking for critical points of a given functional defined on a Hilbert manifold, it is natural to consider Palais-Smale sequences as a “source of critical points”, being their limit points critical points of the considered functional. However, as already observed in Section 2.5, it is in general not true that Palais-Smale sequences admit converging subsequences. Therefore, it is worth to look for necessary and sufficient conditions for a Palais-Smale sequence to admit converging subsequences.

In this section we investigate this problematic in the case we are interested in, namely when the Hilbert manifold is the space \(M_Q\) of paths connecting the submanifolds \(Q_0\) and \(Q_1\) with arbitrary interval of definition and the functional is the free-time action functional \(A_k\). Palais-Smale sequences with times going to zero are a possible source of non-completeness but, as Lemma 3.1.3 states, they might occur only in connected components of \(M_Q\) that contain constant paths. The next lemma ensures also that such Palais-Smale sequences may appear only at level zero.

This property turns out to be particularly fruitful when looking for global minimizers or for minimax critical points. More precisely, if one is able to prove that the infimum of \(A_k\) or a certain minimax value for \(A_k\) is finite and not zero, then the related Palais-Smale sequences have automatically times bounded away from zero.

Finally, Lemma 3.2.1 combined with Lemma 3.2.2 shows that the only Palais-Smale sequences which may cause troubles are those for which the times diverge.
Lemma 3.2.1. Let \( \gamma_h = (x_h, T_h) \) be a Palais-Smale sequence at level \( c \in \mathbb{R} \) for \( A_k \) such that \( T_h \to 0 \). Then necessarily \( c = 0 \).

Proof. First we prove that
\[
\int_0^{T_h} \|\gamma_h(t)\|^2 \, dt = O(T_h), \quad \text{for } h \to +\infty.
\] (3.14)

Being \((x_h, T_h)\) a Palais-Smale sequence for \( A_k \), we have
\[
\|dA_h(x_h, T_h)\| = o(1), \quad \text{for } h \to +\infty
\]
where \( \| \cdot \| \) denotes the dual norm. In particular, using (3.6) we get that
\[
\left| dA_h(x_h, T_h) \left[ \frac{\partial \gamma}{\partial T} \right] \right| = \left| \frac{\partial A_h}{\partial T} (x_h, T_h) \right| = \left| \frac{1}{T_h} \int_0^{T_h} \left[ E(\gamma_h(t), \dot{\gamma}_h(t)) - k \right] \, dt \right| = o(1)
\]
and hence
\[
\alpha_h := \frac{1}{T_h} \int_0^{T_h} \left[ E(\gamma_h(t), \dot{\gamma}_h(t)) - k \right] \, dt \to 0.
\] (3.15)

Now by assumption \( E \) is quadratic for \( \|v\|_q \) large and hence \( E(q, v) \geq a' \|v\|^2_q - b' \), for some \( a' > 0 \) and \( b' \in \mathbb{R} \). Using this in (3.15) we get that
\[
\alpha_h = \frac{1}{T_h} \int_0^{T_h} \left[ E(\gamma_h(t), \dot{\gamma}_h(t)) - k \right] \, dt \geq \frac{1}{T_h} \int_0^{T_h} \left[ a' \|\dot{\gamma}_h(t)\|^2 - b' - k \right] \, dt
\]
and hence
\[
\int_0^{T_h} \|\dot{\gamma}_h(t)\|^2 \, dt \leq \frac{T_h}{a'} [\alpha_h + b' + k]
\]
which implies (3.14). Since also \( L \) is quadratic for \( \|v\|_q \) large we have
\[
a \|v\|^2_q - b \leq L(q, v) \leq \tilde{a} \|v\|^2_q + \tilde{b}
\]
for some constants \( a, \tilde{a} > 0 \) and \( b, \tilde{b} \in \mathbb{R} \). The first inequality implies
\[
A_k(x_h, T_h) = \int_0^{T_h} \left[ L(\gamma_h(t), \dot{\gamma}_h(t)) + k \right] \, dt \geq a \int_0^{T_h} \|\dot{\gamma}_h(t)\|^2 \, dt + T_h(k - b) = O(T_h)
\]
while the second
\[
A_k(x_h, T_h) = \int_0^{T_h} \left[ L(\gamma_h(t), \dot{\gamma}_h(t)) + k \right] \, dt \leq \tilde{a} \int_0^{T_h} \|\dot{\gamma}_h(t)\|^2 \, dt + T_h(k + \tilde{b}) = O(T_h)
\]
and hence obviously \( A_k(x_h, T_h) \to 0 \). \( \square \)

The following lemma ensures the existence of converging subsequences for any Palais-Smale sequence with times bounded and bounded away from zero. The proof is analogous (with some minor adjustments) to the one of [Con06, Proposition 3.12] (see also [Abb13 Lemma 5.3]), where the case of periodic orbits is considered.
Lemma 3.2.2. Let \((x_h, T_h)\) be a Palais-Smale sequence at level \(c \in \mathbb{R}\) for \(A_k\) in some connected component of \(\mathcal{M}_Q\) with \(0 < T_* \leq T_h \leq T* < +\infty\). Then, \((x_h, T_h)\) is compact in \(\mathcal{M}_Q\), meaning that it admits a converging subsequence.

Proof. From (3.1) it follows that
\[
\begin{align*}
c + o(1) & \geq A_k(x_h, T_h) \geq T_h \int_0^1 \left[a \frac{\|x'_h(s)\|^2}{T_h^2} - (b - k)\right] ds = \\
& = \frac{a}{T_h} \int_0^1 \|x'_h(s)\|^2 ds - T_h (b - k) \geq \\
& \geq \frac{a}{T*} \|x'_h\|_2^2 - T* |b - k|
\end{align*}
\]
where \(\| \cdot \|_2\) denotes the \(L^2\)-norm with respect to the fixed Riemannian metric \(g\) on \(M\). Therefore \(\|x'_h\|_2\) is uniformly bounded
\[
\|x'_h\|_2^2 \leq \frac{T*}{a} \left(c + o(1) + T* |b - k|\right)
\]
and hence \(\{x_h\}\) is \(1/2\)-equi-Hölder-continuous
\[
\text{dist} \left(x_h(s), x_h(s')\right) \leq \int_s^{s'} |x'_h(r)| dr \leq |s - s'|^{1/2} \|x'_h\|_2.
\]

By the Ascoli-Arzelà theorem, up to subsequences \(x_h\) converges uniformly to some \(x \in C_Q([0,1], M)\); in particular, \(x_h\) eventually belongs to the image of the parametrization \(\varphi_*\) induced by a smooth time-depending local coordinate system as in the definition of the atlas for \(H^1_{Q}([0,1], M)\) (recall that the image of this parametrization is \(C^0\)-open). Then we have \(x_h = \varphi_*(\zeta_h)\) for all \(h \in \mathbb{N}\), where \(\{\zeta_h\} \subseteq H^1_{W}([0,1], B_r)\) is a Palais-Smale sequence for the functional
\[
\hat{A}(\zeta, T) := T \int_0^1 \hat{L} \left(s, \zeta(s), \frac{\zeta'(s)}{T}\right) ds
\]
with respect to the standard Hilbert product on \(H^1_{W}([0,1], \mathbb{R}^n)\), where the Lagrangian
\[
\hat{L}(s, q, v) \in C^\infty([0,1] \times B_r \times \mathbb{R}^n)
\]
is obtained by pulling back \(L + k\) using \(\varphi\). Moreover, \(\zeta_h\) converges uniformly and, since \(\|\zeta'_h\|_2\) is bounded, weakly in \(H^1\) to some \(\zeta \in H^1_{W}([0,1], M)\); we must prove that this convergence is actually strong in \(H^1\). Since \(\hat{L}\) is electromagnetic for \(|v|\) large,
\[
\begin{align*}
|d_q \hat{L}(t, q, v)| & \leq C (1 + |v|^2) \quad (3.16) \\
|d_v \hat{L}(t, q, v)| & \leq C (1 + |v|) \quad (3.17)
\end{align*}
\]
for a suitable constant \(C > 0\). Since \((\zeta_h, T_h)\) is a Palais-Smale sequence with \(T_h\) bounded away from zero and \(\zeta_h\) is bounded in \(H^1\), we also have
\[ o(1) = \frac{d\hat{A}(\zeta_h, T_h)[(\zeta_h - \zeta, 0)]}{d} = T_h \int_0^1 \frac{d_q \tilde{L}(s, \zeta_h, \frac{\zeta_h}{T_h})}{[\zeta_h - \zeta, 0]} = T_h \int_0^1 \frac{d_q \tilde{L}(s, \zeta_h, \frac{\zeta_h}{T_h})}{[\zeta_h - \zeta]} ds. \]

By the bound in (3.16), the boundedness of \( T_h \) and \( \|\zeta_h\|_2 \) and the uniform convergence of \( \zeta_h \) to \( \zeta \), the first integral in the last expression is infinitesimal; indeed

\[ \left| T_h \int_0^1 \frac{d_q \tilde{L}(s, \zeta_h, \frac{\zeta_h}{T_h})}{[\zeta_h - \zeta]} ds \right| \leq C T_h \int_0^1 \left( 1 + \left| \frac{\zeta_h}{T_h} \right|^2 \right) \|\zeta_h - \zeta\|_\infty ds = \|\zeta_h - \zeta\|_\infty \left( C T_h + \frac{C}{T_h} \|\zeta_h\|_2^2 \right). \]

It follows that

\[ \int_0^1 \frac{d_q \tilde{L}(s, \zeta_h, \frac{\zeta_h}{T_h})}{[\zeta_h - \zeta]} ds = o(1). \quad (3.18) \]

Moreover, by the fiberwise convexity of \( \tilde{L} \), we have that

\[ d_{vw} \tilde{L}(s, q, v)[u, u] \geq \delta |u|^2, \quad \forall (s, q, v) \in [0, 1] \times B_r \times \mathbb{R}^n, \quad \forall u \in \mathbb{R}^n, \]

where \( \delta > 0 \) is a suitable number. It follows that

\[ d_{vw} \tilde{L}(s, \zeta_h, \frac{\zeta_h}{T_h}) \left[ \frac{\zeta_h - \zeta'}{T_h} \right] - d_{vw} \tilde{L}(s, \zeta_h, \frac{\zeta}{T_h}) \left[ \frac{\zeta - \zeta'}{T_h} \right] = \int_0^1 d_{vw} \tilde{L}(s, \zeta_h, \frac{\zeta}{T_h} + \sigma \cdot \frac{\zeta_h - \zeta'}{T_h}) \left[ \frac{\zeta_h - \zeta'}{T_h}, \frac{\zeta - \zeta'}{T_h} \right] d\sigma \geq \frac{\delta}{T_h^2} \cdot |\zeta_h - \zeta'|^2 . \]

Now integrating this inequality over \( s \in [0, 1] \) and using (3.18) we obtain

\[ o(1) - \int_0^1 \frac{d_q \tilde{L}(s, \zeta_h, \frac{\zeta}{T_h})}{[\zeta_h - \zeta']} ds \geq \frac{\delta}{T_h^2} \cdot |\zeta_h - \zeta'|^2 . \]

Since \( \zeta_h = \zeta' \to 0 \) and since by the bound in (3.17) the sequence

\[ d_{vw} \tilde{L}(s, \zeta_h, \frac{\zeta}{T_h}) \]

converges strongly in \( L^2 \), the integral on the left-hand side of the above inequality is infinitesimal and hence we conclude that \( \zeta_h \) converges to \( \zeta \) strongly. \( \Box \)

### 3.3 Mañé critical values.

The following numbers should be interpreted as energy levels and mark important dynamical and geometric changes for the Euler-Lagrange flow induced by the Tonelli Lagrangian \( L \). The reader may take a look at the expository article [Abb13] for a survey on the relevance of these energy values and on their relation with the geometric
and dynamical properties of the Euler-Lagrange flow. First, let us define the Mané critical value associated to $L$ as

$$c(L) := \inf \left\{ k \in \mathbb{R} \mid A_k(\gamma) \geq 0, \ \forall \ \gamma \text{ closed loop} \right\}. \quad (3.19)$$

We refer to [CI99] and references therein for its relation with the geometric and dynamical properties of the system and for other equivalent definitions. Second, we recall the definition of the Mané critical value of the Abelian cover

$$c_0(L) := \inf \left\{ k \in \mathbb{R} \mid A_k(\gamma) \geq 0, \ \forall \ \gamma \text{ closed loop homologous to zero} \right\}. \quad (3.20)$$

This is the relevant energy value, for instance, when trying to use methods coming from Finsler theory. In fact, for every $k > c_0(L)$ the Euler-Lagrange flow restricted to the energy level $E^{-1}(k)$ is conjugated with the geodesic flow defined by a suitable Finsler metric. We refer to [ABB13] for the details. The value $c_0(L)$ is also related to the existence of periodic orbits for exact magnetic flows (i.e. Euler-Lagrange flows associated to a Lagrangian $L$ as in (2.2) with $V \equiv 0$) on surfaces which are local minimizers of the free-period Lagrangian action functional, as explained in [CMP04] and in [AMMP14]. When looking for periodic orbits, the energy value which turns out to be relevant for the properties of the free-period action functional (cf. [Con06] and [ABB13]) is however the so-called Mané critical value of the universal cover

$$c_u(L) := \inf \left\{ k \in \mathbb{R} \mid A_k(\gamma) \geq 0, \ \forall \ \gamma \text{ closed contractible loop} \right\}. \quad (3.21)$$

We also define

$$e_0(L) := \max_{q \in M} E(q,0) \quad (3.22)$$

to be the maximum of the energy on the zero section of $TM$. The topology of the energy level sets changes when crossing the value $e_0(L)$. In fact, for any $k > e_0(L)$, the energy level sets $E^{-1}(k)$ have all the same topology, namely of a sphere bundle over $M$. This is instead false for $k < e_0(L)$, being the projection $E^{-1}(k) \to M$ not surjective any more. We will get back to these critical values in Chapters 6 and 7 when we will focus on the existence of periodic orbits. Notice that

$$\min E \leq e_0(L) \leq c_u(L) \leq c_0(L) \leq c(L). \quad (3.23)$$

When $L$ is electro-magnetic as in (2.2), $\min E$ is the minimum of the scalar potential $V$ and $e_0(L)$ its maximum. When the magnetic potential $\vartheta$ vanishes we have

$$e_0(L) = c_u(L) = c_0(L) = c(L),$$

but in general the inequalities in (3.23) are strict. See for instance [Mn97] (or Section 4.3) for an example where $c_0(L) < c_0(L) < c(L)$ and [PP97] for an example where $c_u(L) < c_0(L)$. The values $c_u(L)$ and $c_0(L)$ clearly coincide when $\pi_1(M)$ is abelian; more generally, they coincide whenever $\pi_1(M)$ is amenable (cf. [FM07]).
CHAPTER 3. THE VARIATIONAL SETTING

When the fundamental group of $M$ is rich, there are other Mañé critical values, which are associated to the different coverings of $M$. We now show which one is relevant for our purposes. Given a covering $p : M_1 \to M$, consider the lifted Lagrangian

$$L_1 := dp \circ L : TM_1 \to \mathbb{R}$$

and the associated critical value $c(L_1)$ as defined in (3.19).

**Lemma 3.3.1.** $c(L_1) \leq c(L)$. If the covering is finite, then $c(L_1) = c(L)$.

**Proof.** The first part of the statement is obvious because closed curves on $M_1$ project to closed curves in $M$. Now suppose by contradiction that the strict inequality holds and pick $k \in \mathbb{R}$ such that $c(L_1) < k < c(L)$. By definition there exists a closed curve $\gamma$ in $M$ with negative $(L + k)$-action and since $M_1$ is a finite covering of $M$ some iterate of $\gamma$ lifts to a closed curve on $M_1$ with negative $(L_1 + k)$-action. □

It is well known that coverings correspond to normal subgroups of $\pi_1(M)$, i.e. for any covering $p : M_1 \to M$ there is a unique normal subgroup $H < \pi_1(M)$ with $M_1 \cong \tilde{M}/H,$

where $\tilde{M}$ denotes the universal cover of $M$. We denote the Mañé critical value $c(L_1)$ of the lifted Lagrangian by

$$c(L; H) := c(L_1).$$

**Lemma 3.3.2.** Let $H, K < \pi_1(M)$ be two normal subgroups; then

$$c(L; \langle H, K \rangle) = \max \{c(L; H), c(L; K)\},$$

where $\langle H, K \rangle$ denotes the normal subgroup generated by $H$ and $K$.

**Proof.** Since $H < \langle H, K \rangle$ is a normal subgroup, we have a covering $p : \tilde{M}/H \to \tilde{M}/\langle H, K \rangle$ and hence by the Lemma above $c(L; H) \leq c(L; \langle H, K \rangle)$. The same holds clearly also when considering $K$ instead of $H$ and hence we get

$$\max \{c(L; H), c(L; K)\} \leq c(L; \langle H, K \rangle).$$

Conversely, let $k < c(L; \langle H, K \rangle)$. By definition there exists

$$\gamma = \alpha_1 \# \beta_1 \# \ldots \# \alpha_n \# \beta_n$$

with $\alpha_i \in H$, $\beta_i \in K$ for all $i = 1, \ldots, n$, such that $A_k(\gamma) < 0$. It follows

$$A_k(\gamma) = A_k(\alpha_1) + A_k(\beta_1) + \ldots + A_k(\alpha_n) + A_k(\beta_n) < 0.$$
Lemma 2.2.1 implies then that the connected components of \( M \) are given by

\[
\pi_0(\mathcal{M}_Q) \cong \pi_0(\Omega_{Q_0,Q_1}(M)) \cong \pi_1(M, q_0)/\sim_{Q_0,Q_1}
\]

where \( \sigma \sim_{Q_0,Q_1} \sigma' \) iff there exist \( \alpha \in i_*(\pi_1(Q_0, q_0)), \beta \in i_*(\pi_1(Q_1, q_1)) \) such that

\[
\sigma' \sim (\eta^{-1}\#\beta\#\eta)\#\sigma\#\alpha.
\]

Here \( i : Q_0 \hookrightarrow M, i : Q_1 \to M \) denote the inclusion maps, while \( \eta : [0, 1] \to M \) is any path connecting \( q_0 \in Q_0 \) to \( q_1 \in Q_1 \). We denote by

\[
H_0 := N\langle i_*(\pi_1(Q_0, q_0)) \rangle, \quad H_1 := N\langle i_*(\pi_1(Q_1, q_1)) \rangle
\]

the smallest normal subgroups in \( \pi_1(M) \) which contain \( i_*(\pi_1(Q_0)), i_*(\pi_1(Q_1)) \) respectively. Now we want to understand when the action functional \( A_k \) is bounded from below on each connected component of \( \mathcal{M}_Q \). Suppose that there exists a loop \( \delta \) freely-homotopic (i.e. homotopic via a homotopy in which the base point of each loop is free to vary) to an element in \( i_*(\pi_1(Q_0, q_0)) \) and with negative \((L+k)\)-action. Without loss of generality we may suppose that the loop \( \delta \) is based at \( q_0 \), as otherwise we can choose a path \( \eta \) from \( q_0 \) to \( \delta(0) \) and since \( A_k(\delta) < 0 \) there is \( n \in \mathbb{N} \) such that

\[
A_k(\eta^{-1}\#\delta^n\#\eta) < 0,
\]

with \( \eta^{-1}\#\delta^n\#\eta \) free-homotopic to an element of \( i_*(\pi_1(Q_0, q_0)) \). Thus we suppose there exists \( \delta \in \pi_1(M, q_0) \) with negative \((L+k)\)-action and freely-homotopic to an element of \( i_*(\pi_1(Q_0, q_0)) \); this condition may be better restated by saying that

\[
\delta \in H_0 := N\langle i_*(\pi_1(Q_0, q_0)) \rangle
\]

and \( A_k(\delta) < 0 \). Since \( \delta \in H_0 \) there exists \( \eta \in \pi_1(M, q_0) \) such that

\[
\eta^{-1}\#\delta\#\eta \in i_*(\pi_1(Q_0, q_0))
\]

and hence we get that for any \( \sigma \in \mathcal{M}_Q \) the path \( \sigma\#(\eta^{-1}\#\delta^n\#\eta) \) lies in the same connected component as \( \sigma \) and

\[
\lim_{n \to +\infty} A_k(\sigma\#\eta^{-1}\#\delta^n\#\eta) = -\infty.
\]

Therefore if such a loop \( \delta \) exists, that is if \( k < c(L; H_0) \), then the free-time action functional \( A_k \) is unbounded from below on each connected component of \( \mathcal{M}_Q \). Clearly the same holds when considering \( Q_1 \) instead of \( Q_0 \). Therefore we define the Mañé critical value of the pair \( Q_0, Q_1 \) as

\[
c(L; Q_0, Q_1) := c(L; \langle H_0, H_1 \rangle) = \max \{ c(L; H_0), c(L; H_1) \}.
\]

We can sum up the discussion above in the following
Lemma 3.3.3. For every $k < c(L; Q_0, Q_1)$, the free-time action functional $A_k$ is unbounded from below on each connected component of $\mathcal{M}_Q$.

The next lemma ensures instead that, if we consider $k \geq c(L; Q_0, Q_1)$, then the free-time action functional $A_k$ is bounded from below on each connected component of $\mathcal{M}_Q$. The proof is analogous to the one of [Abb13, Lemma 4.1], where the case of periodic orbits is treated and $c(L; Q_0, Q_1)$ is replaced by $c_u(L)$.

Lemma 3.3.4. For every $k \geq c(L; Q_0, Q_1)$ the free-time action functional $A_k$ is bounded from below on every connected component of $\mathcal{M}_Q$.

Proof. Consider $\sigma : [0, T] \to M$ in some connected component of $\mathcal{M}_Q$ and

$$M_1 := \tilde{M} \middle/ \langle H_0, H_1 \rangle \xrightarrow{\text{p}} M,$$

(3.26)

where $\tilde{M}$ is the universal cover. Denote by $\sigma_1$ the lift of $\sigma$ to $M_1$; we lift the metric of $M$ to $M_1$ and notice that, having fixed the connected component of $\mathcal{M}_Q$,

$$\text{dist}(\sigma_1(0), \sigma_1(T))$$

is uniformly bounded. Therefore, there exists a path $\eta_1 : [0, 1] \to M_1$ which joins $\sigma_1(T)$ with $\sigma_1(0)$ and has uniformly bounded action

$$\tilde{A}_k(\eta_1) = \int_0^1 \left[ L_1(\eta_1(t), \dot{\eta}_1(t)) + k \right] dt \leq C,$$

where $L_1$ denotes the lifted Lagrangian on $M_1$. If $\eta := p \circ \eta_1$, then the juxtaposition $\sigma \# \eta \in \langle H_0, H_1 \rangle$ and, since by assumption $k \geq c(L; Q_0, Q_1)$, we get

$$0 \leq A_k(\sigma \# \eta) = A_k(\sigma) + A_k(\eta) = A_k(\sigma) + \tilde{A}_k(\eta_1) \leq A_k(\sigma) + C$$

from which we deduce that $A_k(\sigma) \geq -C$. 

Corollary 3.3.5. If $k > c(L; Q_0, Q_1)$, then any Palais-Smale sequence $(x_h, T_h)$ for $A_k$ in a given connected component of $\mathcal{M}_Q$ with $T_h \geq T_* > 0$ is compact. As a corollary, the free-time Lagrangian action functional $A_k$ satisfies the Palais-Smale condition on every connected component of $\mathcal{M}_Q$ that does not contain constant paths.

Proof. In virtue of Lemma 3.2.2, it is enough to show that the $(T_h)$’s are uniformly bounded from above. Since

$$A_k(x, T) = A_{c(L; Q_0, Q_1)}(x, T) + \left( k - c(L; Q_0, Q_1) \right) T$$

for any $(x, T) \in \mathcal{M}_Q$, the period

$$T_h = \frac{1}{k - c(L; Q_0, Q_1)} \left[ A_k(x_h, T_h) - A_{c(L; Q_0, Q_1)}(x_h, T_h) \right]$$

is clearly uniformly bounded from above, being $A_k$ bounded on the Palais-Smale sequence $(x_h, T_h)$ and being $A_{c(L; Q_0, Q_1)}(x_h, T_h)$ bounded from below by Lemma 3.3.4.
3.3. MANÉ CRITICAL VALUES.

The second assertion follows trivially from the first one, since on connected components of $\mathcal{M}_Q$ that do not contain constant paths the times on a Palais-Smale sequence are automatically bounded away from zero.

When looking for Euler-Lagrange orbits satisfying conormal boundary conditions in case $Q_0, Q_1$ intersect, there is another relevant energy value which we now define.

We saw that the only Palais-Smale sequences for $A_k$ that may cause troubles are either the ones for which the times are not bounded or the ones for which the times tend to zero; in the latter case the Palais-Smale sequence lies in a connected component of $\mathcal{M}_Q$ that contains constant paths and the action necessarily goes to zero (cf. Lemma 3.2.1). This fact will enable us to prove in Theorem 4.1.3 that, for all $k > c(L; Q_0, Q_1)$, there is an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions (2.20) in every connected component of $\mathcal{M}_Q$ that does not contain constant paths, even if the submanifolds $Q_0$ and $Q_1$ intersect.

Thus, the following question arises naturally: what happens for the connected components of $\mathcal{M}_Q$ containing constant paths? The situation is clearly more complicated and indeed in general we may not expect that they contain solutions of the problem. However, positive existence results are possible also for these connected components. More precisely, for every connected component $N$ of $\mathcal{M}_Q$ containing constant paths we introduce the following energy value

$$k_N(L) := \inf \left\{ k \in \mathbb{R} \mid A_k(\gamma) \geq 0, \ \forall \gamma \in N \right\}.$$ (3.27)

By definition we readily see that $c(L; Q_0, Q_1) \leq k_N(L)$. In Section 4.1 we show that in the (possibly, but in general not, empty) interval $(c(L; Q_0, Q_1), k_N(L))$ we find Euler-Lagrange orbits in $N$ satisfying the conormal boundary conditions (2.20). Existence results above $k_N(L)$ are in general achievable only under the additional assumption that $\pi_l(N) \neq 0$ for some $l \geq 1$ (cf. Theorem 4.1.5). Another “natural” energy value is given by

$$k_0(L) := \inf \left\{ k \in \mathbb{R} \mid A_k(\gamma) \geq 0, \ \forall \gamma \in \mathcal{M}_Q \right\}.$$

It is interesting to study the relation of $k_0(L)$ with the critical value $c(L; Q_0, Q_1)$ and more generally with the other critical values we introduced in this session; this will also give us an estimate on how much the various critical values can differ. Clearly there holds $c(L; Q_0, Q_1) \leq k_0(L)$, since the action functional $A_{k_0(L)}$ is bounded from below on every connected component of $\mathcal{M}_Q$.

We claim that actually $c(L) \leq k_0(L)$. Thus, assume that $k < c(L)$; by definition there exists a loop $\delta$ such that $A_k(\delta) < 0$. It is now easy to construct a path from $Q_0$ to $Q_1$ with negative action by going around $\delta$ a sufficiently large amount of time. More precisely, we construct the desired path connecting $Q_0$ and $Q_1$ as follows: pick a path $\eta$ from a point $q_0 \in Q_0$ to the base point $\delta(0)$, then wind $n$-times around $\delta$ and finally join $\delta(0)$ with a point $q_1 \in Q_1$ by a path $\mu$. If $n$ is large enough then

$$A_k(\mu \# n \# \eta) = A_k(\mu) + n A_k(\delta) + A_k(\eta) < 0,$$

which implies $k < k_0(L)$ and the claim follows. Therefore, we have
where the second and third inequalities follow from Lemma [3.3.1]. In general there is no relation between \( c_0(L) \) and \( c(L; Q_0, Q_1) \), as the examples in Section [2.2] show. In fact, in the situation represented by Figure [2.1] at page 22 we have \( c(L; Q_0, q_1) = c(L) \), whilst in the case illustrated by Figure [2.3] at page 23 we have \( c(L; Q_0, Q_1) = c_u(L) \).

In order to estimate how much the various Mañé critical values can differ, one can measure the difference \( k_0(L) - e_0(L) \). Consider the smooth one-form
\[
\vartheta(q)[v] := d_v L(q, 0)[v];
\]
by taking a Taylor expansion and by using (3.2), we get that
\[
L(q, v) = L(q, 0) + d_v L(q, 0)[v] + \frac{1}{2} d_{vv} L(q, sv)[v, v] \geq -E(q, 0) + \vartheta(q)[v] + a \|v\|^2.
\]
If we set as usual \( \gamma(t) := x(t/T) \), then for every \( k > e_0(L) \) we obtain
\[
A_k(x, T) = A_k(\gamma) \geq \int_0^T \left[ -E(\gamma(t), 0) + \vartheta(\gamma(t))[\dot{\gamma}(t)] + a \|\dot{\gamma}(t)\|^2 + k \right] dt = 
\]
\[
= \int_0^T \left[ k - E(\gamma(t), 0) \right] dt + \int_0^T \gamma^* \vartheta + a \int_0^T \|\dot{\gamma}(t)\|^2 dt \geq 
\]
\[
\geq \left[ k - e_0(L) \right] T + \frac{a}{T} \|\vartheta\|_\infty \|l(\gamma)\|.
\]
For \( T \) fixed, the latter expression is a parabola in \( l(\gamma) \) with minimum
\[
(k - e_0(L)) T - \frac{\|\vartheta\|^2_\infty}{4a} T = \left( k - e_0(L) - \frac{\|\vartheta\|^2_\infty}{4a} \right) T.
\]
In particular, if
\[
k > e_0(L) + \frac{\|\vartheta\|^2_\infty}{4a},
\]
then \( A_k(\gamma) \geq 0 \) for any path \( \gamma \) connecting \( Q_0 \) with \( Q_1 \) and this implies, by the definition of \( k_0(L) \), that \( k > k_0(L) \). Therefore we get
\[
k_0(L) \leq e_0(L) + \frac{\|\vartheta\|^2_\infty}{4a}.
\]
We sum up the discussion above in the following

**Proposition 3.3.6.** Let \( L : TM \to \mathbb{R} \) be a Tonelli Lagrangian, \( Q_0, Q_1 \subseteq M \) closed submanifolds. Then the following chain of inequalities holds
\[
e_0(L) \leq c_u(L) \leq c(L; Q_0, Q_1) \leq c(L) \leq k_0(L) \leq e_0(L) + \frac{\|\vartheta\|^2_\infty}{4a}.
\] (3.28)

Observe that, when \( \vartheta \equiv 0 \) (in particular when \( L \) is a mechanical Lagrangian, i.e. of the form (2.2) with vanishing magnetic potential) we retrieve
\[
e_0(L) = c_u(L) = c(L; Q_0, Q_1) = c(L) = k_0(L).
\]
Chapter 4

Orbits with conormal boundary conditions

In this chapter, building on the analytical background given in the previous chapters, we prove the main results about the existence of Euler-Lagrange orbits connecting to given submanifolds $Q_0, Q_1 \subseteq M$ and satisfying the conormal boundary conditions.

In Section 4.1 we deal with supercritical energies, whilst in Section 4.2 we move to the study of existence for subcritical energies.

Finally, in Section 4.3 we provide counterexamples showing that all the results obtained are sharp.

4.1 Existence for supercritical energies.

Throughout this section we suppose $k > c(L; Q_0, Q_1)$ and prove existence results of Euler-Lagrange orbits satisfying the conormal boundary conditions (2.20) with energy $k$. We first suppose that $Q_0 \cap Q_1 = \emptyset$ and show that, in every connected component $N$ of $\mathcal{M}_Q$, there is an Euler-Lagrange orbit with energy $k$ which satisfies the conormal boundary conditions and which is a global minimizer of $A_k$ on $N$.

Theorem 4.1.1. Suppose $Q_0 \cap Q_1 = \emptyset$ and let $k > c(L; Q_0, Q_1)$. Then, there is an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions (2.20) in every connected component $N$ of $\mathcal{M}_Q$, which is furthermore a global minimizer of $A_k$ among the connected component $N$.

Proof. Since $Q_0 \cap Q_1 = \emptyset$, Lemma 3.1.3 implies that the sublevels of $A_k$ in $N$
\[
\{(x, T) \in N | A_k(x, T) \leq c\}
\]
are complete. Moreover, Corollary 3.3.5 implies that $A_k$ satisfies the Palais-Smale condition on $N$ for every $k > c(L; Q_0, Q_1)$. We may then conclude that $A_k$ has a global minimizer on $N$, as we wished to prove.

We move now to study the case of non-empty intersection; for the sake of simplicity we first suppose the intersection to be connected. Before stating and proving the main result in this context we shall introduce the concept of degenerate orbit.
Definition 4.1.2. Let $Q_0, Q_1 \subseteq M$ be two closed connected submanifolds such that $Q_0 \cap Q_1$ is non-empty. An Euler-Lagrange orbit $\gamma : (-\epsilon, \epsilon) \to M$ is called a degenerate Euler-Lagrange orbit satisfying the conormal boundary conditions if there hold

$$
\gamma(0) \in Q_0 \cap Q_1, \quad d_v L(\gamma(0), \dot{\gamma}(0)) \bigg|_{T_{\gamma(0)}(Q_0 \cup T_{\gamma(0)}(Q_1)} \equiv 0.
$$

In order to have an explicit picture of what a degenerate orbit is, let us again consider the geodesic flow of a Riemannian manifold $(M, g)$. Let for instance $Q_0, Q_1$ be two in $M$ embedded circles which intersect in exactly one point, say $q$; a degenerate solution is then an Euler-Lagrange orbit $\gamma : (-\epsilon, \epsilon) \to M$ (in this case, a geodesic) through the point $q$ which is orthogonal to both $Q_0$ and $Q_1$.

Theorem 4.1.3. Suppose $Q_0 \cap Q_1 \neq \emptyset$ connected; then the following hold:

1. For every $k > c(L; Q_0, Q_1)$ and for every connected component of $\mathcal{M}_Q$ that does not contain constant paths there exists an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions (2.20) which is a global minimizer of $\mathbb{A}_k$ on this connected component.

2. Let $\mathcal{N}$ be the connected component of $\mathcal{M}_Q$ containing constant paths and let $k_N(L)$ as in (3.27). Then, for every $k \in (c(L; Q_0, Q_1), k_N(L))$ there exists an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions (2.20) which is a global minimizer of $\mathbb{A}_k$ on $\mathcal{N}$.

3. If $\pi_1(\mathcal{N}) \neq 0$ for some $l \geq 1$, then for every $k > k_N(L)$ there exists an Euler-Lagrange orbit in $\mathcal{N}$ with energy $k$ satisfying the conormal boundary conditions (2.20). If in addition there holds $k_N(L) > c(L; Q_0, Q_1)$, then there is such an orbit (possibly degenerate) also with energy $k_N(L)$.

Proof. From what concerning statement 1, since $Q_0 \cap Q_1$ is connected, there is only one component of $\mathcal{M}_Q$ containing constant paths. For any other connected component, the same argument as in the proof of Theorem 4.1.1 goes through and gives us the desired Euler-Lagrange orbit.

Now we prove statement 2. We can assume that the interval $(c(L; Q_0, Q_1), k_N(L))$ is non-empty and fix $k$ in it; since $c := \inf \mathbb{A}_k < 0$, the sublevels

$$
\left\{ (x, T) \in \mathcal{M}_Q \left| \mathbb{A}_k(x, T) \leq c + \epsilon \right. \right\}
$$
4.1. EXISTENCE FOR SUPERCRITICAL ENERGIES.

are complete for every $\epsilon > 0$ small. Indeed, from (3.1) we get that
\[
0 > c + \epsilon \geq A_k(x, T) \geq \frac{a}{T} \|x'\|^2_2 + T(k - b) \geq T(k - b)
\]
with the last quantity going to zero for $T \to 0$. Moreover, Lemma [3.2.1] implies that all the Palais-Smale sequences at level $c$ have $T_h$'s bounded away from zero and hence $A_k$ satisfies the Palais-Smale condition at level $c$ by Lemma [3.3.4]. We now retrieve the existence of a global minimizer for $A_k$ exactly as in the proof of Theorem 4.1.1.

We finally focus on the more interesting statement 3. We suppose for the moment $k > k_N(L)$; in this case, using the existence of at least one non-trivial $\pi_l(N)$ for $l \geq 1$, we retrieve the Euler-Lagrange orbit using a minimax argument analogous to that used by Lusternik and Fet [FL51] in their proof of the existence of one closed geodesic on a simply connected manifold. By assumption there exists a non-trivial element $H \in [S^1, N]$ and therefore we can consider the minimax value
\[
c := \inf_{h \in H} \max_{\zeta \in S^1} A_k(h(\zeta)).
\]

Let us show that $c > 0$; since $H$ is non-trivial, there exists a positive number $\lambda$ such that for every map $h = (x, T) : S^1 \to N$ belonging to the class $H$ there holds
\[
\max_{\zeta \in S^1} l(x(\zeta)) \geq \lambda,
\]
where as usual $l(x(\zeta))$ denotes the length of the path $x(\zeta)$ (cf. [Kli78, Theorem 2.1.8]). If $(x, T) \in N$ has length $l(x) \geq \lambda$, then (3.1) implies that
\[
A_k(x, T) = T \int_0^1 \left[ L(x(s), \frac{x'(s)}{T}) + k \right] ds \geq
\geq \frac{a}{T} \int_0^1 \|x'(s)\|^2 ds + T(k - b) \geq
\geq \frac{a}{T} \lambda^2 + T(k - b) .
\]

Since $\lambda > 0$, the above inequality implies that if $(x, T) \in N$ has length $l(x) \geq \lambda$ and action $A_k(x, T) \leq c + 1$ then
\[
c + 1 \geq \frac{a}{T} \lambda^2 + T(k - b)
\]
and hence $T \geq T_0$ for some $T_0 > 0$, because the quantity on the righthand-side goes to infinity as $T \to 0$. Now let $h \in H$ be such that
\[
\max_{\zeta \in S^1} A_k(h(\zeta)) \leq c + 1 ;
\]
then by the above considerations there exists $(x, T) \in h(S^1)$ with $T \geq T_0$ and
\[
A_k(x, T) = A_{k_N(L)}(x, T) + (k - k_N(L)) T \geq (k - k_N(L)) T_0 > 0 .
\]
The argument above shows that the minimax value $c$ is strictly positive. Combining Lemma \[3.1.5\] with Remark \[2.5.4\] we get the existence of a Palais-Smale sequence at level $c$. Since $c > 0$ we also get from Lemma \[3.2.1\] that the $T_n$’s are bounded away from zero, so that by Corollary \[3.3.5\] the Palais-Smale sequence has a limiting point in $\mathcal{N}$, which gives us the required Euler-Lagrange orbit.

We are left now with the case $k = k_N(L)$; by assumption $k_N(L) > c(L; Q_0, Q_1)$. Consider a sequence $k_n \downarrow k_N(L)$ and the corresponding $\{(x_n, T_n)\}$, where $(x_n, T_n)$ is the Euler-Lagrange orbit with energy $k_n$ satisfying the conormal boundary conditions, whose existence is guaranteed by the discussion above. Notice that Lemma \[3.2.1\] ensures then that $c_n$ is a decreasing sequence bounded from below by zero and therefore converging to a value $c(k_N(L)) \in [0, +\infty)$. At the same time

$$
\frac{\partial \mathcal{A}_{k_n}(L)}{\partial T}(x_n, T_n) = \int_0^1 \left[ k_N(L) - E\left(x_n(s), \frac{x_n'(s)}{T_n}\right) \right] ds = k_N(L) - k
$$

and

$$
d_{x_0} \mathcal{A}_{k_N}(L)(x_n, T_n)[(\cdot, 0)] = \int_0^{T_n} \left[ d_{x_0} L(\gamma_n(t), \dot{\gamma}_n(t))\right] dt = 0,
$$

where as usual we use the identification $\gamma_n = (x_n, T_n)$. It follows that $(x_n, T_n)$ is a Palais-Smale sequence for $\mathcal{A}_{k_N}(L)$ at level $c(k_N(L))$. Therefore, if the $T_n$’s are known to be bounded away from zero, then using Lemma \[3.2.2\] and Corollary \[3.3.5\] we get the existence of a subsequence converging in $H^1$ to an element $(x, T)$, which gives us the required Euler-Lagrange orbit with conormal boundary conditions at level $k_N(L)$.

Thus, we may suppose after passing to a subsequence if necessary that $T_n \to 0$. Lemma \[3.2.1\] ensures then that $c(k_N(L)) = 0$ and that the sequence $x_n$, after passing to another subsequence if necessary, converges in $H^1$ to a point $q \in Q_0 \cap Q_1$. Observe that $(q, 0)$ cannot be a constant Euler-Lagrange orbit, since by assumption $k_N(L) > e_0(L)$. We choose now a strictly decreasing sequence $\{\epsilon_m\}_{m \in \mathbb{N}} \subseteq (0, +\infty)$ such that $\epsilon_m \downarrow 0$ as $m \to \infty$ and such that, for every $m \in \mathbb{N}$, there holds:

1. Each $\gamma_n$ can be extended to an orbit $\gamma_n^{(m)} : [-\epsilon_m, T_n + \epsilon_m] \to M$ with

$$
\begin{align*}
&d_{x_0} L(\gamma_n^{(m)}(0), \dot{\gamma}_n^{(m)}(0)) \big|_{T_n^{(m)}(0) Q_0} = 0, \\
&d_{x_0} L(\gamma_n^{(m)}(T_n), \dot{\gamma}_n^{(m)}(T_n)) \big|_{T_n^{(m)}(T_n) Q_1} = 0.
\end{align*}
$$

2. There exist two closed connected submanifolds $Q_0^{(m)}, Q_1^{(m)} \subseteq M$ such that

$$
\begin{align*}
&d_{x_0} L(\gamma_n^{(m)}(-\epsilon_m), \dot{\gamma}_n^{(m)}(-\epsilon_m)) \big|_{T_n^{(m)}(-\epsilon_m) Q_0^{(m)}} = 0, \\
&d_{x_0} L(\gamma_n^{(m)}(T_n + \epsilon_m), \dot{\gamma}_n^{(m)}(T_n + \epsilon_m)) \big|_{T_n^{(m)}(T_n + \epsilon_m) Q_1^{(m)}} = 0.
\end{align*}
$$
4.1. EXISTENCE FOR SUPERCRITICAL ENERGIES.

Define $Q^{(m)} = Q_0^{(m)} \times Q_1^{(m)}$ and $T_n^{(m)} = T_n + 2\epsilon_m$; then $(x_n^{(m)}, T_n^{(m)})$ is a Palais-Smale sequence for $A_{kN(L)}$ on $M_{Q^{(m)}}$ with times bounded away from zero.

Therefore, by Corollary 3.3.5, $(x_n^{(m)}, T_n^{(m)})$ has a subsequence converging to some $\gamma^{(m)} = (x^{(m)}, T^{(m)})$, with $T^{(m)} = 2\epsilon_m$, which is an Euler-Lagrange orbit with energy $kN(L)$ satisfying the conormal boundary conditions for $Q^{(m)}$, namely

\[
\begin{align*}
&d_v L(\gamma^{(m)}(-\epsilon_m), \dot{\gamma}^{(m)}(-\epsilon_m)) \bigg|_{T_{\gamma^{(m)}(-\epsilon_m)}Q_0^{(m)}} = 0, \\
&d_v L(\gamma^{(m)}(\epsilon_m), \dot{\gamma}^{(m)}(\epsilon_m)) \bigg|_{T_{\gamma^{(m)}(\epsilon_m)}Q_1^{(m)}} = 0.
\end{align*}
\]

Furthermore, the fact that the $\gamma_n^{(m)}$’s were obtained by extending the $\gamma_n$’s implies that $\gamma^{(m)}(0) = q$, for every $m \in \mathbb{N}$. Now we would like to let $m$ go to infinity; indeed, by (4.1), the “limit curve” $\gamma^\infty$ would satisfy $\gamma^\infty(0) = q$ and

\[
d_v L(\gamma^\infty(0), \dot{\gamma}^\infty(0)) \bigg|_{T_q Q_0 \cup T_q Q_1} = 0,
\]

which is exactly what we want. However, since the intervals of definition of $\gamma^{(m)}$ shrink to a point, this limiting process would not produce a curve. Therefore, before taking the limit we have to extend the $\gamma^{(m)}$’s further.

Thus, consider $\epsilon > 0$ and extend the $\gamma^{(m)}$’s to get Euler-Lagrange orbits defined on $[-(\epsilon + \epsilon_m), \epsilon + \epsilon_m]$ still satisfying (4.1); with a slight abuse of notation we denote the extended orbits again with $\gamma^{(m)} : [-\epsilon + \epsilon_m, \epsilon + \epsilon_m] \to M$. The fact that $\gamma^{(m)} =$
\((x^{(m)}, 2(\epsilon + \epsilon_m))\) is an Euler-Lagrange orbit with energy \(k_N(L)\) combined with the fact that the energy is quadratic at infinity implies that

\[
0 = -\frac{\partial k_N(L)}{\partial T}(x^{(m)}, 2(\epsilon + \epsilon_m)) = \int_0^1 E(x^{(m)}(s), \frac{x^{(m)}(s)}{2(\epsilon + \epsilon_m)}) \, ds - k_N(L) \geq \frac{a}{4(\epsilon + \epsilon_m)^2} \int_0^1 \|x^{(m)}(s)\|^2 \, ds - (b + k_N(L))
\]

for suitable constants \(a > 0\) and \(b \in \mathbb{R}\). In particular

\[
\int_0^1 \|x^{(m)}(s)\|^2 \, ds \leq \frac{4(\epsilon + \epsilon_m)^2}{a} \left( b + k_N(L) \right)
\]

and hence the family \(\{x^{(m)}\}\) is 1/2-equihölder-continuous. By an argument analogous to the one used in Lemma 3.2.2 one can now prove that \(\{x^{(m)}\}\) has a subsequence converging strongly in \(H^1\) in particular

\[
\int_0^1 \|x^{(m)}(s)\|^2 \, ds \leq 4(\epsilon + \epsilon_m)^2 \frac{a}{b + k_N(L)}
\]

that is a degenerate solution.

Notice that the interval \((c(L; Q_0, Q_1), k_N(L))\) in statement 2 of Theorem 4.1.3 might be empty, but in general is not; we will see an example of that in Section 4.3.

A very particular case of non-empty connected intersection is given by the choice \(Q_0 = Q_1\), which corresponds to the Arnold chord conjecture. In this case, we call an Euler-Lagrange orbit satisfying the conormal boundary conditions an **Arnold chord** for \(Q_0\). Notice that in this context it does not make sense to talk about degenerate solutions, since they may correspond to trivial chords one is not interested in.

Theorem 4.1.3 implies immediately the following

**Corollary 4.1.4.** Let \(Q_0 \subseteq M\) be a closed connected submanifold and define \(c(L; Q_0)\) as in (3.25) just by setting \(Q_0 = Q_1\). Then the following hold:

1. For every \(k > c(L; Q_0)\) and for every connected component of \(\mathcal{M}_Q\) that does not contain constant paths there exists an Arnold chord for \(Q_0\) with energy \(k\) which is a global minimizer of \(\mathcal{A}_k\) in its connected component.

2. Let \(N\) be the connected component of \(\mathcal{M}_Q\) containing the constant paths. For every \(k \in (c(L; Q_0), k_N(L))\) there is an Arnold chord for \(Q_0\) with energy \(k\) which is a global minimizer of \(\mathcal{A}_k\) on \(N\). If in addition \(\pi_l(N) \neq 0\) for some \(l \geq 1\), then for every \(k > k_N(L)\) there exists an Arnold chord with energy \(k\).

It is well-known (cf. [Abb13, Theorem 4.2]) that energy level sets above \(c_0(L)\) are of (restricted) contact type. It is also known that, if \(M \neq \mathbb{T}^2\), every energy level set \(E^{-1}(k)\) with \(c_0(L) < k \leq c_0(L)\) is not of contact type (cf. [Con06, Proposition B.1]).
Therefore, Corollary 4.1.4 provides the existence of Arnold chords in a possibly non-contact situation, since \(c(L; Q_0)\) might be strictly smaller than \(c_0(L)\).

We end this section noticing that Theorem 4.1.3 can be trivially generalized to the case \(Q_0 \cap Q_1\) not connected.

**Theorem 4.1.5.** Suppose \(Q_0 \cap Q_1 \neq \emptyset\). Then the following hold:

1. For every \(k > c(L; Q_0, Q_1)\) and for every connected component of \(M\) that does not contain constant paths there exists an Euler-Lagrange orbit with energy \(k\) satisfying the conormal boundary conditions (2.20), which is a global minimizer of \(A_k\) in this connected component.

2. For every component \(N\) of \(M\) containing constant paths and for every \(k \in (c(L; Q_0, Q_1), k_N(L))\) there exists an Euler-Lagrange orbit \(\gamma \in N\) with energy \(k\) satisfying the conormal boundary conditions (2.20), which is a global minimizer of \(A_k\) on \(N\). If in addition \(\pi_l(N) \neq 0\) for some \(l \geq 1\), then for every \(k > k_N(L)\) there exists an Euler-Lagrange orbit \(\gamma \in N\) with energy \(k\) satisfying the conormal boundary conditions (2.20). Finally, if \(k_N(L) > c(L; Q_0, Q_1)\), then there is such an orbit (possibly degenerate) also with energy \(k_N(L)\).

## 4.2 Subcritical energies

In this section we study the existence of Euler-Lagrange orbits satisfying the conormal boundary conditions (2.20) for subcritical energies \(k < c(L; Q_0, Q_1)\). As already explained in Chapter 1, this problem is way harder than the corresponding one for supercritical energies. Throughout this section we assume that the submanifolds \(Q_0\) and \(Q_1\) intersect; we will get back to the case of empty intersection in Section 4.3 showing that Theorem 4.1.1 is optimal.

We start by considering the following particular case, which should help the reader to understand the general situation later on. Let \(Q_0\) and \(Q_1\) be two closed connected submanifolds which intersect in one point, say \(p\). We show now that, under the assumption (4.3) on the Lagrangian \(L\), for every \(k \in (e_0(L), c(L; Q_0, Q_1))\) the action functional \(A_k\) exhibits a mountain-pass geometry on the connected component of \(M\) that contains the constant path in \(p\), which we denote hereafter with \(N\).

Since for any \(k \in (e_0(L), c(L; Q_0, Q_1))\) the free-time action functional \(A_k\) is unbounded from below, it makes sense to define the following class of paths in \(N\)

\[
\Gamma := \left\{ u : [0,1] \rightarrow N \mid u(0) = (p,T) ; \ A_k(u(1)) < 0 \right\}.
\]

Notice that for any \(T > 0\) we have

\[
A_k(p,T) = T \left[ k - E(p,0) \right] > 0;
\]

moreover, \(A_k(p,T)\) goes to zero as \(T \rightarrow 0\). Define now

\[
\vartheta_q(\cdot) := d_v L(q,0)[\cdot] ; \quad \forall q \in M ,
\]

(4.2)
and assume that there exists an open neighborhood $\mathcal{U}$ of $p$ such that
\[ \vartheta_q \equiv 0, \quad \forall \ q \in \mathcal{U}. \quad (4.3) \]

Notice that, up to replacing $\mathcal{U}$ by a smaller neighborhood we might assume $\mathcal{U} = B_r$ to be an Euclidean Ball with radius $r > 0$ and $p$ to be the origin in $\mathbb{R}^n$. Under the additional assumption (4.3) we show the desired mountain-pass geometry for the action functional $A_k$. Namely, we prove that there is $\alpha > 0$ such that
\[ \max_{s \in [0,1]} A_k(u(s)) \geq \alpha, \quad \forall \ u \in \Gamma. \]

Here is the scheme of the proof: we first show that if the length of a path $\gamma$ connecting $Q_0$ and $Q_1$ is sufficiently small then the action of $\gamma$ needs to be non-negative. Therefore, for every element $u \in \Gamma$ there must be an $s \in [0,1]$ such that $l(u(s)) = \epsilon$ for a suitable $\epsilon > 0$. Now we get the assertion showing that every path with length $\epsilon$ has $A_k$-action bounded away from zero by a positive constant $\alpha$.

Since $Q_0$ and $Q_1$ intersect only in $p$, for every sufficiently small $\delta > 0$ there exists $\gamma(0) \in B_\delta$, and hence by the triangle inequality
\[ d(\gamma(t), p) < d(\gamma(t), \gamma(0)) + d(\gamma(0), p) < \epsilon + \delta < r, \quad \forall \ t. \quad (4.4) \]

A Taylor expansion together with the bound (3.2) implies
\[ L(q, v) = L(q, 0) + d_v L(q, 0)[v] + \frac{1}{2} d_{vv} L(q, sv)[v, v] \geq -E(q, 0) + \vartheta_q (v) + a |v|^2. \quad (4.5) \]

Using (4.3), (4.4) and (4.5) we now compute for every $\gamma = (x, T)$ with length $l(x) \leq \epsilon$
\[ A_k(x, T) \geq \int_0^T \left[ -E(\gamma(t), 0) + \vartheta_{\gamma(t)} (\gamma'(t)) + a |\gamma'(t)|^2 + k \right] dt \geq T \left( k - e_0(L) \right) + \frac{a}{T} l(x)^2 \]
which is a non-negative quantity. It follows that for every $u \in \Gamma$ there is $s \in [0,1]$ such that $l(u(s)) = \epsilon$; for such $s$ we obtain
\[ A_k(u(s)) \geq T \left( k - e_0(L) \right) + \frac{a}{T} \epsilon^2 \geq 2\epsilon \sqrt{a(k - e_0(L))} =: \alpha \]
as we wished to prove.
Remark 4.2.1. In the computation above the hypothesis \( k > e_0(L) \) can be relaxed assuming only that \( k > E(p,0) \). In fact, up to choosing a smaller neighborhood \( U \) of \( p \) (thus, a smaller \( \epsilon \)), the continuity of the energy implies that
\[
k > \sup_{q \in U} E(q,0).
\]

All the estimates above go through just replacing \( e_0(L) \) by the supremum above.

We are now ready to deal with the general case. Let \( Q_0, Q_1 \subseteq M \) be closed and connected submanifolds with non-empty and connected intersection and define
\[
k_{Q_0 \cap Q_1} := \max_{q \in Q_0 \cap Q_1} E(q,0) + \max_{q \in Q_0 \cap Q_1} \frac{\| \varphi_q \|^2}{4a},
\]
where \( \varphi_q \) is as in (4.2), \( \| \cdot \| \) is the dual norm on \( T^*M \) induced by the Riemannian metric on \( M \) and \( a > 0 \) is as in (3.2). Lemma 4.2.2 states that, for every \( k \in (k_{Q_0 \cap Q_1}, c(L; Q_0, Q_1)) \), the action functional \( A_k \) has a mountain-pass geometry on \( N \). Notice that the interval above could be empty; this happens, for instance, when
\[
\max_{q \in Q_0 \cap Q_1} E(q,0) = e_0(L), \quad \max_{q \in Q_0 \cap Q_1} \frac{\| \varphi_q \|^2}{4a} = \frac{\| \varphi \|_\infty^2}{4a},
\]
as the chain of inequalities (3.28) shows. However, this is not always the case as we will show in the next section. Finally, notice that in the case \( Q_0 \cap Q_1 = \{ p \} \) with \( \varphi_p = 0 \) the energy value \( k_{Q_0 \cap Q_1} \) reduces to the above considered \( E(p,0) \).

Lemma 4.2.2. Let \( Q_0, Q_1 \subseteq M \) be two closed connected submanifolds with non-empty and connected intersection and let \( k_{Q_0 \cap Q_1} \) be as in (4.6). Then, for every \( k \in (k_{Q_0 \cap Q_1}, c(L; Q_0, Q_1)) \) there exists \( \alpha > 0 \) such that
\[
\inf_{u \in \Gamma} \max_{s \in [0,1]} A_k(u(s)) \geq \alpha.
\]

Proof. The proof follows from the one in the particular case with minor adjustments. First, observe that for all \( q \in Q_0 \cap Q_1 \) we have
\[
A_k(q,T) = \left[ k - E(q,0) \right] T > 0
\]
and going to zero as \( T \to 0 \). Now consider a neighborhood \( U \) of \( Q_0 \cap Q_1 \) such that
\[
k > \sup_{q \in U} E(q,0) + \sup_{q \in U} \frac{\| \varphi_q \|^2}{4a}.
\]

As in the particular case one shows now that, if \( \epsilon > 0 \) is sufficiently small, then all the paths joining \( Q_0 \) to \( Q_1 \) with length less than or equal to \( \epsilon \) are entirely contained in \( U \). Pick such an \( \epsilon \); using (4.5) we compute for every \( \gamma = (x,T) \) with \( l(x) \leq \epsilon \)
\[
A_k(x,T) \geq \int_0^T \left[ -E(\gamma(t),0) + \varphi_{\gamma(t)}(\gamma'(t)) + a \| \gamma'(t) \|^2 + k \right] dt \geq
\]
\[
\geq \left( k - \sup_{q \in U} E(q,0) \right) T + \frac{a}{T} l(x)^2 + \int_0^T \| \varphi_{\gamma(t)}(\gamma'(t)) \| dt \geq
\]
\[
\geq \left( k - \sup_{q \in U} E(q,0) \right) T + \frac{a}{T} l(x)^2 - \left( \sup_{q \in U} \| \varphi_q \| \right) l(x).
\]
To ease the notation let us define

\[ c_E := \sup_{q \in U} E(q, 0), \quad c_{\vartheta} := \sup_{q \in U} \|\vartheta_q\| \]

and consider the function of two variables

\[ f : (0, +\infty) \times [0, \epsilon] \to \mathbb{R}, \quad f(T, l) := (k - c_E) T + \frac{a}{T} l^2 - c_{\vartheta} l. \]

For every \( l \) fixed the function \( f \) attains its minimum in the unique point

\[ T_l = l \frac{\sqrt{a}}{\sqrt{k - c_E}} \]

and there holds

\[ f(T_l, l) = \left( 2\sqrt{a(k - c_E)} - c_{\vartheta} \right) l. \]

This value is non-negative for all \( l \in [0, \epsilon] \), provided

\[ 2\sqrt{a(k - c_E)} - c_{\vartheta} > 0, \]

which is equivalent to (4.7). Therefore, arguing as in the particular case, we get that for every \( u \in \Gamma \) there exists \( s \in [0, 1] \) such that \( l(u(s)) = \epsilon \). For this \( s \) we readily have

\[ A_k(u(s)) \geq \left( 2\sqrt{a(k - c_E)} - c_{\vartheta} \right) \epsilon =: \alpha > 0, \]

exactly as we wished to prove. \( \square \)

When the intersection \( Q_0 \cap Q_1 \) consists of more than one point one would be tempted to replace the maximum with the minimum of the energy on \( Q_0 \cap Q_1 \) in the definition of \( k_{Q_0 \cap Q_1} \), hence defining

\[ k_{Q_0 \cap Q_1} := \min_{q \in Q_0 \cap Q_1} E(q, 0) + \max_{q \in Q_0 \cap Q_1} \frac{\|\vartheta_q\|^2}{4a}, \quad (4.8) \]

and show that the conclusion of Lemma 4.2.2 holds even considering the a priori larger interval \((k_{Q_0 \cap Q_1}, c(L; Q_0, Q_1))\). This is however not the case, since under these assumptions there are constant loops with negative \( A_k \)-action. Therefore, in the energy range \((k_{Q_0 \cap Q_1}, k_{Q_0 \cap Q_1})\) instead of the class \( \Gamma \) one has to consider the class of deformations \( u = (x, T) : [0, 1] \times (Q_0 \cap Q_1) \to \mathcal{N} \) of the space of constant paths into the space of paths with negative \( A_k \)-action

\[ \Gamma_{Q_0 \cap Q_1} := \left\{ u = (x, T) \mid x(0, q) = q, \ A_k(u(1, q)) < 0, \forall q \in Q_0 \cap Q_1 \right\}. \]

This argument is analogous to the one in [Abb13], where the case of periodic orbits is considered and \( k_{Q_0 \cap Q_1}, k_{Q_0 \cap Q_1} \) are replaced by \( \min E, e_0(L) \) respectively.

The proof of [Abb13, lemma 7.2] goes through without any change and shows that the class \( \Gamma_{Q_0 \cap Q_1} \) is non-empty for every \( k \in (k_{Q_0 \cap Q_1}, c(L; Q_1, Q_0)) \). The proof of the following lemma is analogous to the one of Lemma 4.2.2.
Lemma 4.2.3. For every \( k \in (k_{Q_0 \cap Q_1}, k_{Q_0 \cap Q_1}) \) there exists \( \alpha > 0 \) such that for every 
\( u \in \Gamma_{Q_0 \cap Q_1} \) there holds

\[
\max_{(s,q) \in [0,1] \times (Q_0 \cap Q_1)} A_k(u(s,q)) \geq \alpha.
\]

We can now define the minimax functions

\[
c : (k_{Q_0 \cap Q_1}, c(L; Q_0, Q_1)) \to \mathbb{R}, \quad c(k) := \inf_{u \in \Gamma} \max_{[0,1]} A_k \circ u \tag{4.9}
\]

and

\[
c : (k_{Q_0 \cap Q_1}, k_{Q_0 \cap Q_1}) \to \mathbb{R}, \quad c(k) := \inf_{u \in \Gamma_{Q_0 \cap Q_1}} \max_{[0,1]} A_k \circ u. \tag{4.10}
\]

Lemmas 4.2.2 and 4.2.3 above imply that \( c(k) > 0 \) for all \( k \); furthermore, the
monotonicity of \( A_k \) in \( k \) implies that the minimax functions \( c(\cdot) \) are monotonically increasing and hence almost everywhere differentiable. In Lemma 4.2.4 below is a
version of an argument of Struwe (cf. [Str90]), which allows to prove the existence of bounded Palais-Smale sequences for every value of \( k \) at which the minimax functions \( c(\cdot) \) are differentiable, thus overcoming the lack of the Palais-Smale condition for \( A_k \) for subcritical energies. The price to pay is that one is able to get compact Palais-Smale sequences only for almost every energy instead for every energy. The proof is
analogous to the one in the periodic case; see [Con06] and [Abb13] for further details.

Lemma 4.2.4. Suppose that \( \bar{k} \) is a point at which the minimax function \( c(\cdot) \) in (4.9) or (4.10) is differentiable. Then \( A_{\bar{k}} \) admits a bounded Palais-Smale sequence at level \( c(\bar{k}) \), which consists of paths in \( \mathcal{N} \).

Proof. Since \( \bar{k} \) is a point of differentiability for \( c(\cdot) \) we have

\[
|c(k) - c(\bar{k})| \leq M |k - \bar{k}| \tag{4.11}
\]

for all \( k \) sufficiently close to \( \bar{k} \), where \( M > 0 \) is a suitable constant. Let \( \{k_h\} \) be a
strictly decreasing sequence which converges to \( \bar{k} \) and set \( \epsilon_h := k_h - \bar{k} \downarrow 0 \). For every 
\( h \in \mathbb{N} \) choose \( u_h \in \Gamma \) (or \( \Gamma_{Q_0 \cap Q_1} \)) such that

\[
\max_{u_h} A_{k_h} \leq c(k_h) + \epsilon_h. \nonumber
\]

Up to ignoring a finite numbers of \( k_h \)'s we may suppose that Equation (4.11) is satisfied by every \( k = k_h \). If \( z = (x,T) \in u_h \) is such that \( A_{\bar{k}}(z) > c(\bar{k}) - \epsilon_h \), then

\[
T = \frac{A_{k_h}(z) - A_{\bar{k}}(z)}{k_h - \bar{k}} \leq \frac{c(k_h) + \epsilon_h - c(\bar{k}) + \epsilon_h}{\epsilon_h} \leq M + 2. \nonumber
\]

Moreover,

\[
A_{\bar{k}}(z) \leq A_{k_h}(z) \leq c(k_h) + \epsilon_h \leq c(\bar{k}) + (M + 1)\epsilon_h \nonumber
\]

and hence

\[
u_h \subset A_h \cup \{A_{\bar{k}} \leq c(\bar{k}) - \epsilon_h\}. \nonumber
\]
where

\[ \mathcal{A}_h = \left\{ (x, T) \in \mathcal{N} \mid T \leq M + 2, A_{\bar{k}}(x, T) \leq c(\bar{k}) + (M + 1)\epsilon_h \right\}. \]

Observe that, if \((x, T) \in \mathcal{A}_h\), then by (3.1) we have

\[ A_{\bar{k}}(x, T) \geq \frac{a}{M + 2} \|x'\|^2 - (M + 2)|b - \bar{k}| \]

and hence

\[ \|x'\|^2 \leq \frac{M + 2}{a} \left( c(\bar{k}) + (M + 1)\epsilon_h + (M + 2)|b - \bar{k}| \right), \]

which shows that \( \mathcal{A}_h \) is bounded in \( \mathcal{N} \), uniformly in \( h \). Let \( \Phi \) be the flow of the vector field obtained by multiplying \(-\nabla A_{\bar{k}}\) by a suitable non-negative function, whose role is to make the vector field bounded on \( \mathcal{N} \) and vanishing on the sublevel \( \{A_{\bar{k}} \leq c(\bar{k})/4\} \), while keeping the uniform decrease condition

\[ \frac{d}{d\sigma} A_{\bar{k}}(\Phi_\sigma(z)) \leq -\frac{1}{2} \min \left\{ \|dA_{\bar{k}}(\Phi_\sigma(z))\|^2, 1 \right\}, \text{ if } A_{\bar{k}}(\Phi_\sigma(z)) \geq \frac{c(\bar{k})}{2}. \tag{4.12} \]

Lemma 3.1.5 implies that \( \Phi \) is well-defined on \([0, +\infty) \times \mathcal{N}\) and that \( \Gamma \) (or \( \Gamma_{Q_0 \cap Q_1} \)) is positively invariant with respect to \( \Phi \). Since \( \Phi \) maps bounded sets into bounded sets, we have that

\[ \Phi([0, 1] \times u_h) \subseteq B_h \cup \left\{ A_{\bar{k}} \leq c(\bar{k}) - \epsilon_h \right\} \tag{4.13} \]

for some uniformly bounded set

\[ B_h \subseteq \left\{ A_{\bar{k}} \leq c(\bar{k}) + (M + 1)\epsilon_h \right\}. \tag{4.14} \]

We claim that there exists a sequence \( \{z_h\} \subseteq \mathcal{N} \) with

\[ z_h \in B_h \cap \left\{ A_{\bar{k}} \geq c(\bar{k}) - \epsilon_h \right\} \]

and \( \|dA_{\bar{k}}(z_h)\| \) infinitesimal. Such a sequence is clearly a bounded Palais-Smale sequence at level \( c(\bar{k}) \). Assume by contradiction that there exists \( \delta \in (0, 1) \) such that

\[ \|dA_{\bar{k}}\| \geq \delta, \text{ on } B_h \cap \left\{ A_{\bar{k}} \geq c(\bar{k}) - \epsilon_h \right\} \]

for every \( h \) large enough. Together with (4.12), (4.13) and (4.14), this implies that, for \( h \) large enough, for any \( z \in u_h \) such that

\[ \Phi([0, 1] \times \{z\}) \subseteq \left\{ A_{\bar{k}} \geq c(\bar{k}) - \epsilon_h \right\} \]

there holds

\[ A_{\bar{k}}(\Phi_1(z)) \leq A_{\bar{k}}(z) - \frac{1}{2}\delta^2 \leq c(\bar{k}) + (M + 1)\epsilon_h - \frac{1}{2}\delta^2. \]

It follows that

\[ \max_{\Phi_1(u_h)} A_{\bar{k}} \leq c(\bar{k}) - \epsilon_h \]

for \( h \) large enough. Since \( \Phi_1(u_h) \in \Gamma \), this contradicts the definition of \( c(\bar{k}) \).
Theorem 4.2.5. Let $Q_0, Q_1$ be two closed connected submanifolds such that the intersection $Q_0 \cap Q_1$ is non-empty and connected. Then, for almost every $k \in (k_{Q_0 \cap Q_1}^-, c(L; Q_0, Q_1))$, there is an Euler-Lagrange orbit $\gamma \in \mathcal{N}$ with energy $k$ which satisfies the conormal boundary conditions (2.20) and has action $A(k) = c(k)$.

Proof. Let $k$ be a point of differentiability for $c(\cdot)$. By Lemma 4.2.4 above $A_k$ admits a Palais-Smale sequence $(x_k, T_k) \subseteq \mathcal{N}$ at level $c(k)$ with uniformly bounded times $\{T_k\}$. At the same time, Lemmas 4.2.2 and 4.2.3 imply that $c(k) > 0$, so that by Lemma 3.2.1 we have also that $\{T_k\}$ is bounded away from zero. Therefore, Lemma 3.2.2 implies that the sequence $(x_k, T_k)$ has a limiting point in $\mathcal{N}$, which gives us the required Euler-Lagrange orbit. The assertion follows noticing that the set of points of differentiability for $c(\cdot)$ is a full measure set in $(k_{Q_0 \cap Q_1}^-, c(L; Q_0, Q_1))$. □

Corollary 4.2.6. Let $Q_0 \subseteq M$ be a closed connected submanifold. Then for almost every $k \in (k_{Q_0}^-, c(L; Q_0))$ there is an Arnold chord $\gamma \in \mathcal{N}$ for $Q_0$ with energy $k$. Here $k_{Q_0}^-$ and $c(L; Q_0)$ are obtained from (4.8) and (3.25) by setting $Q_0 = Q_1$.

Notice that Theorem 4.2.5 can be trivially generalized to the case of non-connected intersection just considering separately every connected component of $\mathcal{M}_Q$ containing constant paths and repeating the same argument for any such component.

More precisely, let $Q_0, Q_1 \subseteq M$ be such that $Q_0 \cap Q_1 \neq \emptyset$ and let $\mathcal{N}$ be a connected component of $\mathcal{M}_Q$ containing constant paths. Denote by $\Omega$ the set of constant paths contained in $\mathcal{N}$; observe that $\Omega$ need not be connected. Therefore, let $\Omega_1, \Omega_2, \ldots$ be the connected components of $\Omega$ and for every $j = 1, 2, \ldots$ define

$$k_{\Omega_j} := \max_{q \in \Omega_j} E(q, 0) + \max_{q \in \Omega_j} \frac{\|\partial_q\|^2}{4a}, \quad k_{\Omega_j}^- := \min_{q \in \Omega_j} E(q, 0) + \max_{q \in \Omega_j} \frac{\|\partial_q\|^2}{4a}.$$ 

For every $k \in (k_{\Omega_j}^-, k_{\Omega_j})$, resp. $k \in (k_{\Omega_j}, c(L; Q_0, Q_1))$, we define the minimax classes $\Gamma_{\Omega_j}, \Gamma_j$ just replacing the whole intersection $Q_0 \cap Q_1$ with $\Omega_j$. We then define the minimax functions $c_j$ as in (4.9) and (4.10) replacing $\Gamma, \Gamma_{Q_0 \cap Q_1}$ with $\Gamma_j, \Gamma_{\Omega_j}$ respectively. Theorem 4.2.5 therefore generalizes to the following

Theorem 4.2.7. Let $\mathcal{N}$ be a connected component of $\mathcal{M}_Q$ which contains constant paths. Then, for almost every

$$k \in \left( \min_j k_{\Omega_j}^-, c(L; Q_0, Q_1) \right)$$

there is an Euler-Lagrange orbit $\gamma \in \mathcal{N}$ with energy $k$ satisfying the conormal boundary conditions and with action $A_k = c(k)$.

The minimax functions $c_j$ do not provide in general different critical values of $A_k$. The only advantage in picking one different minimax class for each connected component of $\Omega$ is that one can push the existence result down to $\min k_{\Omega_j}^-$ instead of stopping at $k_{\Omega_j}^-$, since $\min k_{\Omega_j}^- \leq k_{\Omega_j}^-$ and the inequality might be strict.
4.3 Counterexamples

In this section we provide counterexamples to the existence of Euler-Lagrange orbits satisfying the conormal boundary conditions for subcritical energies.

We have already seen in the introduction an example of Hamiltonian flow on the standard 2-sphere (which is locally an Euler-Lagrange flow) for which no energy level set contains an orbit joining the south pole with the north pole. Here we show examples of “global” Euler-Lagrange flows for which a similar phenomenon happens for subcritical energies. Namely, for every $\epsilon > 0$ we construct an example of magnetic Lagrangian $L_\epsilon$ on any surface with $c_u(L_\epsilon) \in [\frac{1}{2} - \epsilon, \frac{1}{2}]$ such that there are two points which cannot be connected by Euler-Lagrange orbits with energy less than $\frac{1}{2} - \epsilon$. This result shows that Contreras’ result [Con06] is sharp.

We then exhibit an example of magnetic flow on $TT^2$ and closed disjoint submanifolds $Q_0, Q_1$ such that for all $k < c(L; Q_0, Q_1)$ there are no Euler-Lagrange orbits with energy $k$ satisfying the conormal boundary conditions, thus proving the sharpness of Theorem 4.1.1. This example also shows that, in case of disjoint submanifolds, we may not expect any existence of orbits satisfying the conormal boundary conditions for $k < c(L; Q_0, Q_1)$ even if the submanifolds are “close” to each other. Moreover, it also shows that, in contrast with the case of periodic orbits (see e.g. [Tai92b] or [CMP04]), we may not expect the existence of orbits which are local minimizer of the free-time Lagrangian action functional, even if $M$ is a surface.

Finally, we provide examples of intersecting submanifolds for which there are no Euler-Lagrange orbits satisfying the conormal boundary conditions for energies below $k_{Q_0 \cap Q_1}$, thus showing that the results obtained in Section 4.2 are optimal.

Throughout this section $\Sigma$ will be a closed connected orientable surface and $\tilde{\Sigma}$ will be its universal cover. We start by considering the hyperbolic plane

$$\mathbb{H} := \left\{ (x_1, x_2) \in \mathbb{R}^2 \mid x_2 > 0 \right\}$$

equipped with the Riemannian metric

$$g(x_1, x_2) := \frac{1}{x_2^2} (dx_1^2 + dx_2^2). \quad (4.15)$$

We refer to [BKS91] for generalities and properties of $(\mathbb{H}, g)$. We define

$$L : T\mathbb{H} \to \mathbb{R}, \quad L(q, v) = \frac{1}{2} \|v\|^2_q + \vartheta_q(v); \quad (4.16)$$

where $\vartheta_{(x_1, x_2)} = dx_1/x_2$ is the “canonical primitive” of the standard area form

$$\sigma = \frac{1}{x_2^2} dx_1 \wedge dx_2.$$

It is a well-known fact that $c(L) = \frac{1}{2}$. In fact, the Hamiltonian characterization of the Mañé critical value (cf. [CL99] and [BP02]) implies that

$$c(L) = \inf_{u \in C^\infty(\mathbb{H})} \sup_{q \in \mathbb{H}} \frac{1}{2} \|d_q u - \vartheta_q\|^2 \leq \frac{1}{2},$$
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being \( \| \theta_q \| \equiv 1 \). On the other hand, consider the clockwise arc-length parametrization \( \gamma_r \) of a (hyperbolic) circle with radius \( r \) and denote by \( D_r \) the disc bounded by \( \gamma_r \).

Using the standard facts

\[ l(\gamma_r) = 2\pi \sinh r, \quad \text{Area}(D_r) = 2\pi (\cosh r - 1), \]

we readily compute for the action of \( \gamma_r \)

\[ A_k(\gamma_r) = \int_0^{l(\gamma_r)} \left[ \frac{1}{2} \| \dot{\gamma}_r(t) \|^2 + k \right] dt + \int_{\gamma_r} \theta = \left( \frac{1}{2} + k \right) l(\gamma_r) - \text{Area}(D_r) = \left( \frac{1}{2} + k \right) 2\pi \sinh r - 2\pi (\cosh r - 1) = \pi \left( k - \frac{1}{2} \right) e^r + f(r), \]

with \( f(r) \) uniformly bounded function of \( r \). It follows that, for every \( k < \frac{1}{2} \)

\[ A_k(\gamma_r) \to -\infty \]

as \( r \) goes to infinity, thus showing that \( c(L) \geq \frac{1}{2} \). The restriction of the Euler-Lagrange flow of \( L \) as in (4.16) to the energy level \( \frac{1}{2} \) is the celebrated horocycle flow of Hedlund (cf. [Hed32] and [BKS91]). Its peculiarity relies on the fact that, once projected to a compact quotient of \( \mathbb{H} \), it becomes minimal, meaning that every orbit is dense. For \( k < \frac{1}{2} \), the Euler-Lagrange flow on \( E^{-1}(k) \) is periodic and the orbits describe circles on \( \mathbb{H} \) with hyperbolic (thus, euclidean) radius going to zero as \( k \to 0 \).

**Orbits connecting two points** Since for every \( k < \frac{1}{2} \) the Euler-Lagrange flow of \( L \) as in (4.16) on the energy level \( E^{-1}(k) \) is periodic with (projection of the) orbits given by hyperbolic (hence euclidean) circles with radius going to zero as \( k \to 0 \), it follows that for any pair of points \( q_0 \neq q_1 \) there exists \( k_0 \) such that, for all \( k < k_0 \), there are no Euler-Lagrange orbits with energy \( k \) connecting them.

We explain now in details how to embed this example in any compact surface \( \Sigma \); this will be used also later on for the other examples. Suppose for instance

\[ q_0 = \left( -\frac{1}{2}, 4 \right), \quad q_1 = \left( \frac{1}{2}, 4 \right) \]

and let \( B_1 \subseteq B_2 \subseteq B_3 \) be open (hyperbolic) balls around the point \((0, 4)\) containing \( q_0 \) and \( q_1 \). Without loss of generality we may suppose that all Euler-Lagrange orbits with energy less than \( k_0 \) starting from \( q_0 \) or \( q_1 \) are entirely contained in \( B_1 \). Moreover, we may assume that \( B_1 \) contains a closed loop with negative \( k \)-action for all \( k < k_0 \). We extend now the 1-form \( \theta |_{B_1} \) to be constantly equal to zero outside \( B_2 \) using a suitable cut-off function and embed \( B_3 \) on \( \Sigma \). In fact, the embedding induces a Riemannian metric on a subset \( \mathcal{U} \) of \( \Sigma \) which can be extended to a metric on the whole \( \Sigma \) and also a 1-form on \( \Sigma \) obtained simply by setting the pull-back of \( \theta \) to be zero outside
We denote the metric, the 1-form and the points on $\Sigma$ given by the embedding again with $g, \vartheta, q_0$ respectively and define the magnetic Lagrangian
\begin{equation}
L : T \Sigma \to \mathbb{R}, \quad L(q, v) = \frac{1}{2} \|v\|^2_q + \vartheta_q(v).
\end{equation}

By construction there are no Euler-Lagrange orbits with energy $k$ connecting $q_0$ with $q_1$ for every $k < k_0$ and there holds $c_u(L) \geq k_0$; at the same time the Hamiltonian characterization of the Mañé critical values implies that
\begin{equation*}
c_u(L) = \inf_{u \in C^\infty(\tilde{\Sigma})} \sup_{\tilde{q} \in \tilde{\Sigma}} \frac{1}{2} \|d_{\tilde{q}}u - \tilde{\vartheta}_{\tilde{q}}\|^2 \leq \frac{1}{2},
\end{equation*}
where $\tilde{\vartheta}$ denotes the lift of $\vartheta$ to $\tilde{\Sigma}$, since $\|\vartheta_q\| \leq 1$ for every $q \in \Sigma$.

**Lemma 4.3.1.** Let $\Sigma$ be a closed connected orientable surface. For any $\epsilon > 0$ there exist a magnetic Lagrangian $L_{\epsilon} : T\Sigma \to \mathbb{R}$, with $c_u(L_{\epsilon}) \in \left[\frac{1}{2} - \epsilon, \frac{1}{2}\right]$, and points $q_0 \neq q_1 \in \Sigma$ such that, for all $k < \frac{1}{2} - \epsilon$, the energy level $E^{-1}(k)$ carries no Euler-Lagrange orbits joining $q_0$ to $q_1$.

**Proof.** The proof follows readily from the example above. Consider the Euler-Lagrange flow on $T\mathbb{H}$ associated to the Lagrangian in (4.16) and fix $\epsilon > 0$, $q_0 \in \mathbb{H}$. We know that, for every $k < \frac{1}{2}$, the restriction of the Euler-Lagrange flow to $E^{-1}(k)$ is periodic and orbits describe hyperbolic (hence, euclidean) circles with the same hyperbolic radius. If we denote by $\rho(q_0, v)$ the euclidean radius of the (projection of the unique) Euler-Lagrange orbit through $q_0$ with speed $v$, then we readily have
\begin{equation*}
\rho := \max_{k \leq \frac{1}{2} - \epsilon} \max_{\|v\| = k} \rho(q_0, v) < \infty.
\end{equation*}

Choose now $q_1 \in \mathbb{H}$ with euclidean distance from $q_0$ larger than $2\rho$ and, repeating the embedding procedure above with appropriate open sets $B_1, B_2, B_3$, we end up with a Lagrangian $L_{\epsilon} : T\Sigma \to \mathbb{R}$ as in (4.17) that satisfies the desired properties. □

**Sharpness of Theorem 4.1.1** Lemma 4.3.1 can be trivially generalized to

**Corollary 4.3.2.** For every $\epsilon > 0$ there exist a magnetic Lagrangian $L_{\epsilon} : T\Sigma \to \mathbb{R}$, with $c_u(L_{\epsilon}) \in \left[\frac{1}{2} - \epsilon, \frac{1}{2}\right]$, and disjoint closed connected submanifolds $Q_0, Q_1 \subseteq \Sigma$ such that, for all $k < \frac{1}{2} - \epsilon$, the energy level $E^{-1}(k)$ carries no Euler-Lagrange orbits connecting $Q_0$ with $Q_1$. In particular, for every $k < \frac{1}{2} - \epsilon$ there are no Euler-Lagrange orbits satisfying the conormal boundary conditions (2.20).
Corollary 4.3.2 states that below $c_u(L)$ we might not find Euler-Lagrange orbits connecting two given disjoint submanifolds. The natural question is now to study what happens in the interval $(c_u(L), c(L; Q_0, Q_1))$; in fact, for every energy in this range every point of $Q_0$ can be joined with every point of $Q_1$ (cf. [Con06]), but it is not clear if such orbits also satisfy the conormal boundary conditions.

In this sense we show now that Theorem 4.1.1 is optimal; namely, we exhibit an example of a Tonelli Lagrangian and disjoint submanifolds $Q_0, Q_1$ such that $c_u(L) < c(L; Q_0, Q_1)$ and for every $k < c(L; Q_0, Q_1)$ there are no Euler-Lagrange orbits satisfying the conormal boundary conditions (2.20).

Following [Mn96] we first produce a situation where

$$e_0(L) < c_u(L) < c(L);$$

think of $\mathbb{T}^2$ as the square $[0,1]^2$ in $\mathbb{R}^2$ with identified sides and equipped with the euclidean metric and consider the magnetic Lagrangian

$$L : T\mathbb{T}^2 \rightarrow \mathbb{R}, \quad L(q, v) = \frac{1}{2} \|v\|^2 + \psi(y) v_x,$$

where $q = (x, y)$, $v = (v_x, v_y)$ and $\psi : [0,1] \rightarrow [0,1]$ is a smooth cut-off function compactly supported in $(0,1)$ and constant in a neighborhood of $\frac{1}{2}$.

The Lagrangian in (4.18) is a magnetic Lagrangian with magnetic 1-form $\vartheta_q(\cdot) = \psi(y)dx$. It follows that $|\vartheta_q| = |\psi(y)|$ for every $q = (x,y)$ and hence

$$c(L) = \inf_{u \in C^\infty(T^2)} \max_{q \in T^2} \frac{1}{2} \|d_q u - \vartheta_q\|^2 \leq \frac{1}{2}.$$

Conversely, consider the path $a : [0,1] \rightarrow \mathbb{R}^2$, $a(t) = (1 - t, \frac{1}{2})$; it is clear that $a$ is closed as a path in $\mathbb{T}^2$. We now readily compute for $k > 0$

$$A_k(a) = \int_0^1 \left( \frac{1}{2} \|\dot{a}(t)\|^2 + \psi(a(t))\dot{a}_x(t) + k \right) dt = \int_0^1 \left( \frac{1}{2} \|(-1,0)\|^2 - \psi \left( 1 - t, \frac{1}{2} \right) + k \right) dt = k - \frac{1}{2},$$

which is negative for every $k < \frac{1}{2}$. We may then conclude that $c(L) = \frac{1}{2}$. 

Again, by the Hamiltonian characterization of the Mañé critical value we have
\[
c_u(L) = \inf_{u \in C^\infty(\mathbb{R}^2)} \sup_{q \in \mathbb{R}^2} \frac{1}{2} \|d_q u - \partial_q\|^2 \leq \frac{1}{8}
\]
as one gets by choosing \( u : \mathbb{R}^2 \to \mathbb{R}, u(x, y) = \frac{x}{2} \)
\[
\frac{1}{2} \left\| \frac{1}{2} dx - \psi(y) dx \right\|^2 = \frac{1}{2} \left\| \frac{1}{2} - \psi(y) \right\|^2 \leq \frac{1}{8}, \quad \forall (x, y) \in \mathbb{R}^2,
\]
since \( 0 \leq \psi(y) \leq 1 \) for every \( y \). On the other hand, \( c_u(L) > 0 \) by the following general

**Lemma 4.3.3.** Consider the magnetic Lagrangian
\[
L : T\Sigma \longrightarrow \mathbb{R}, \quad L(q, v) = \frac{1}{2} \|v\|^2 + \eta(v),
\]
with \( \eta \in \Omega^1(\Sigma) \) non-closed. Then \( c_u(L) > 0 \).

**Proof.** Being \( \eta \) non-closed, there exists a closed contractible loop \( \gamma \) in \( \Sigma \) over which the integral of \( \eta \) is non-zero. Without loss of generality we suppose \( \gamma \) to be the \( \sqrt{2k} \)-arclength parametrization of a circle. Denote with \( D \) the disc bounded by \( \gamma \) and by \( \sigma \) the differential of \( \eta \); if we choose the right orientation for \( \gamma \) we get
\[
\mathcal{A}_k(\gamma) = \int_0^{(\gamma)\frac{2\pi}{\sqrt{2k}}} \left[ \frac{1}{2} \|\dot{\gamma}(t)\|^2 + k \right] dt + \int_{\gamma} \eta = \sqrt{2k} l(\gamma) - \int_D \sigma,
\]
which is a negative quantity for \( k \) small enough. \( \square \)

We then conclude that for the Lagrangian \( L \) in (4.18) there holds
\[
0 = e_0(L) < c_u(L) < c(L),
\]
as we wished to prove. We pick now \( Q_0 \) to be any point in \( \mathbb{T}^2 \), for instance \((\frac{1}{2}, 0)\) and \( Q_1 \) to be the circle \( \{y = \frac{1}{2}\} \); by construction we have
\[
c(L; Q_0, Q_1) = c(L) = \frac{1}{2}.
\]
Since \( \pi_0(\mathcal{M}_Q) \cong \mathbb{Z} \), Theorem 4.1.1 implies then that for every \( k > \frac{1}{2} \) there are infinitely many Euler-Lagrange orbits with energy \( k \) satisfying the conormal boundary conditions (2.20). Namely, there is one such solution for every connected component of \( \mathcal{M}_Q \), which is moreover a global minimizer of the free-time action functional \( A_k \) in its connected component. Furthermore, for every \( k \in (c_u(L), c(L; Q_0, Q_1)) \) and any point \( q_1 \in Q_1 \) there are infinitely many Euler-Lagrange orbits with energy \( k \) joining \( q_0 \) with \( q_1 \); however, none of these can satisfy the conormal boundary conditions for \( Q_1 \), since this is possible only above energy \( \frac{1}{2} \). In fact, in this case we have \( \frac{1}{2} \| P w_{q_1} \|^2 = \frac{1}{2} \) for every \( q_1 \in Q_1 \) and hence the assertion follows from the obstruction (1.6). The same counterexample holds clearly for every point of the form \( q_0 = (\frac{1}{2}, \epsilon) \) for every \( \epsilon > 0 \), in particular showing that we might not expect to find Euler-Lagrange orbits with energy less than \( c(L; Q_0, Q_1) \) satisfying the conormal boundary conditions, even if the two submanifolds are “close” to each other. Notice that this example for \( q_0 = (\frac{1}{2}, \frac{1}{2}) \) is not in contradiction with theorem 4.2.7, since in this case we have

\[
k_{Q_0 \cap Q_1}^{-} = k_{Q_0 \cap Q_1} = c(L; Q_0, Q_1).
\]

The Lagrangian in (4.18) can be used also to construct an example in which the interval \((c(L; Q_0, Q_1), k_N(L))\) as in the second statement of theorem 4.1.3 is non-empty. Just consider as \( Q_0 \) and \( Q_1 \) two small (contractible) intersecting circles; then it is clear from the construction that

\[
c(L; Q_0, Q_1) = c_u(L) < c(L) = k_N(L) = \frac{1}{2}.
\]

**Sharpness of theorem 4.2.7** We preliminarily show that the condition (1.6) is not sufficient to guarantee the existence of Euler-Lagrange orbits satisfying the conormal boundary conditions, even if one assumes \( Q_0 \cap Q_1 \) non-empty. Namely, we construct an example for which the right-hand side of (1.6) is zero and, at the same time, sufficiently low energy level sets carry no Euler-Lagrange orbits satisfying the conormal boundary conditions. Thus, consider the Euler-Lagrange flow on \( T\mathbb{H} \) defined by the Lagrangian in (4.16) and observe that for any circle \( Q \) in \( \mathbb{H} \) we have

\[
\min \left\{ \frac{1}{2} \| P w_q \|^2 \left| q \in Q \right\} = 0,
\]

where \( w_q \in T_q \mathbb{H} \) is the unique vector representing \( \vartheta_q \) and \( P \) denotes the orthogonal projection onto \( TQ \). A simple computation shows that \( w_q = (y_q, 0) \) for all \( q \in \mathbb{H} \), where \( y_q \) is the second coordinate of \( q \). Let now \( Q_0, Q_1 \) be as in the figure below
Here $p$ and $q$ are the (only) points in $Q_0$ where $\vartheta|_{TQ_0} = 0$. Choose now $V$ to be an open neighborhood of $p$ and $q$ as in the picture such that
\[
\inf \left\{ \frac{1}{2} \|Pw_q\|^2 \middle| q_1 \in Q_1 \cap V \right\} > \lambda. \tag{4.19}
\]

It is clear that, if $\epsilon < \lambda$ is sufficiently small, then all the orbits with energy $k \leq \epsilon$ starting from $Q_0$ and satisfying the conormal boundary conditions for $Q_0$ necessarily have starting point in a small neighborhood $U$ of $p$ and $q$. Thus, up to choose a smaller $\epsilon$ (hence, a smaller $U$), we might suppose that the orbits starting from a point in $U \cap Q_0$ with energy $k \leq \epsilon$ and satisfying the conormal boundary conditions are entirely contained in $V$. By (4.19) all these orbits cannot satisfy the conormal boundary conditions for $Q_1$. Hence, for all $k$ sufficiently small, there are no Euler-Lagrange orbits with energy $k$ satisfying the conormal boundary conditions (2.20). Embedding this local model we get a counterexample for each $\Sigma$.

We extend now the example above to all energies $k < \frac{1}{2} - \epsilon$ for every $\epsilon > 0$. Thus, consider the Euler-Lagrange flow of the Lagrangian in (4.16) and fix $\epsilon > 0$. Consider a smooth “circle” $Q_0$ as in the figure below.

The “horizontal edges” of $Q_0$ are straight segments “long enough” such that every Euler-Lagrange orbit with energy $k < \frac{1}{2} - \epsilon$ through any point in $Q_0 \cap U$ is entirely contained in $V$, where $U, V$ are open sets as in the picture. It follows that all the Euler-Lagrange orbits connecting $Q_0$ to $Q_1$ with energy less than $\frac{1}{2} - \epsilon$ and satisfying the conormal boundary conditions necessarily start from a point on one of the horizontal sides of $Q_0$. It is now clear that such orbits do not exist, since $\|Pw_q\| = 1$ for any $q$ on the horizontal edges of $Q_0$ and hence solutions through $q$ might exists only above energy $\frac{1}{2}$. Again, embedding this local example in any surface $\Sigma$ we get the following

**Proposition 4.3.4.** Let $\Sigma$ be a closed connected orientable surface. For any $\epsilon > 0$ there exist $L_\epsilon : T\Sigma \to \mathbb{R}$, with $c_u(L_\epsilon) \in \left[ \frac{1}{2} - \epsilon, \frac{1}{3} \right]$, and closed connected submanifolds $Q_0, Q_1 \subseteq \Sigma$ with $Q_0 \cap Q_1 \neq \emptyset$ such that for all $k < \frac{1}{2} - \epsilon$ the energy level $E^{-1}(k)$ carries no Euler-Lagrange orbits satisfying the conormal boundary conditions (2.20).

The proposition above implies that Theorem 4.2.7 is optimal, meaning that in general we cannot find Euler-Lagrange orbits satisfying the conormal boundary conditions below $k_{Q_0 \cap Q_1}$. Indeed, fix $\epsilon > 0$, consider the last local example and embed
it in an open set $U$ of $\Sigma$. Now consider the Lagrangian $L : TH \rightarrow \mathbb{R}$ as in (4.16) replacing $\vartheta$ with $2\vartheta$ and observe that $c(L) = 2$. Indeed, we have

$$c(L) = \inf_{u \in C^\infty(H)} \sup_{q \in H} \frac{1}{2} \|d_\vartheta u - 2\vartheta_q\|^2 = 4 \inf_{v \in C^\infty(H)} \sup_{q \in H} \frac{1}{2} \|d_\vartheta v - \vartheta_q\|^2 = 2.$$ 

Alternatively, one can compute the action of the 2-arclength clockwise parametrization $\gamma_r$ of a (hyperbolic) circle with radius $r$ and show, exactly as done at the beginning of this section, that $A_k(\gamma_r) \rightarrow -\infty$ as $r$ goes to infinity for every $k < 2$. Now, pick $C \subseteq C' \subseteq H$ compact sets, with $C$ containing closed loops with negative $k$-action for all $k < 2 - \epsilon$. Using a suitable smooth cut-off function, define

$$L_2 : TH \rightarrow \mathbb{R}, \quad L_2(q, v) = \frac{1}{2} \|v\|^2_q + \tilde{\vartheta}_q(v)$$

with $\tilde{\vartheta} \equiv 2\vartheta$ on $C$ and $\tilde{\vartheta} \equiv 0$ outside $C'$. Clearly there holds $c(L_2) \in [2 - \epsilon, 2]$. Now, embed this local example in an open set $V$ of $\Sigma$ disjoint from $U$. The Riemannian metrics on $U, V$ can be clearly extended to a metric on $\Sigma$. Also, the forms $\vartheta, \tilde{\vartheta}$ on $U, V$ can be extended to a 1-form $\mu$ on $\Sigma$, just by setting $\mu$ to be zero outside $U$ and $V$, thus defining a magnetic Lagrangian $L_\epsilon : T\Sigma \rightarrow \mathbb{R}$. By construction there holds

$$c_u(L_\epsilon) = c(L_\epsilon; Q_0, Q_1) \in [2 - \epsilon, 2], \quad k_{Q_0 \cap Q_1} = k_{Q_0 \cap Q_1}^- = \frac{1}{2}.$$ 

Theorem 4.2.7 implies then that for almost every $k \in (\frac{1}{2}, 2 - \epsilon)$ there is an Euler-Lagrange orbit with energy $k$ satisfying the conormal boundary conditions (2.20). At the same time, such orbits do not exist for $k < \frac{1}{2} - \epsilon$. 

Theorem 4.2.7
Chapter 5

Generalizations

In this chapter we extend the results of Chapter 4 to a more general setting, in a sense that we are now going to clarify. First we shall explain what we mean by the flow of the pair \((L, \sigma)\), with \(L\) Tonelli Lagrangian and \(\sigma\) closed 2-form on \(M\).

Thus, let \((M, g)\) be a closed \(n\)-dimensional Riemannian manifold, \(\sigma \in \Omega^2(M)\) be a closed 2-form on \(M\) and \(L : TM \to \mathbb{R}\) be a Tonelli Lagrangian. As usual, we denote with \(E : TM \to \mathbb{R}\) the energy function associated to \(L\) and with \(H : T^*M \to \mathbb{R}\) the Tonelli Hamiltonian given as the Fenchel dual of \(L\).

The pair \((L, \sigma)\) defines a flow on \(TM\) in the following way. Take an open cover \(\{U_i\}\) of \(M\) such that \(\sigma = d\vartheta_i\) on \(U_i \subset M\). The Lagrangian functions \(L + \vartheta_i : TU_i \to \mathbb{R}\) yield flows on each \(TU_i\) via the Euler-Lagrange equation (2.17). Such flows glue together since on \(U_i \cap U_j\),

\[ L + \vartheta_j - (L + \vartheta_i) = \vartheta_j - \vartheta_i \]

is a closed form. We then associate to the pair \((L, \sigma)\) the global flow that we get on \(TM\) by the gluing procedure. There is also a flow on \(T^*M\) associated to \(H\) and \(\sigma\), that is the Hamiltonian flow of \(H\) with respect to the twisted symplectic form

\[ \omega_\sigma := dp \wedge dq + \pi^* \sigma. \] (5.1)

It is easy to see that the Hamiltonian flow defined by the pair \((H, \omega_\sigma)\) is conjugated to the flow of \((L, \sigma)\) via the Legendre transform \(\mathcal{L}\). In fact, by the gluing procedure above, it is enough to prove it when \(\sigma\) is exact. Thus, let \(\sigma = d\vartheta \in \Omega^1(M)\); if \(\bar{H}(q, p) = H(q, p - \vartheta_q)\), we readily see that the Hamiltonian flow of \(H\) with respect to \(\omega_\vartheta\) is conjugated to the Hamiltonian flow of \(\bar{H}\) with respect to \(dp \wedge dq\) by the translation map \((q, p) \mapsto (q, p + \vartheta_q)\). If \(\bar{\mathcal{L}} : TM \to T^*M\) is the Legendre transform associated with \(\bar{H}\) and \(\bar{L} : TM \to \mathbb{R}\) is the Fenchel dual of \(\bar{H}\), it suffices to show that

\[ \bar{\mathcal{L}}(q, p) = \mathcal{L}(q, p + \vartheta_q) \quad \text{and} \quad \bar{L}(q, v) = L(q, v) + \vartheta_q(v). \] (5.2)
Indeed, we have
\[ v = d_p \overline{H}(q, p) = d_p H(q, p - \vartheta_q) \implies p = \vartheta_q + L^{-1}(v) \]
and the first identity in (5.2) follows. For the second identity we observe that
\[ \overline{L}(q, v) = \langle \vartheta_q + L^{-1}(v), v \rangle - \overline{H}(q, \vartheta_q + L^{-1}(v)) = \vartheta_q(v) + \langle L^{-1}(v), v \rangle - H(q, L^{-1}(v)) = \vartheta_q(v) + L(q, v). \]

In particular, trajectories of the flow associated with \((H, \omega)\) contained in \(H^{-1}(k)\) correspond to trajectories of the flow defined by \((L, \sigma)\) contained in \(E^{-1}(k)\).

As usual let \(\tilde{M}\) be the universal cover of \(M\). Consider now two closed connected submanifolds \(Q_0, Q_1 \subseteq M\) and denote by \(M_1\) the cover
\[ M_1 := \tilde{M} / \langle H_0, H_1 \rangle, \quad (5.3) \]
where \(H_0, H_1\) are, as in Section 3.3 the smallest normal subgroup of \(\pi_1(M)\) containing \(i_*(\pi_1(Q_0))\), \(i_*(\pi_1(Q_1))\) respectively. We say that a closed 2-form \(\sigma \in \Omega^2(M)\) is \(M_1\)-\textit{weakly-exact} if its lift \(\tilde{\sigma}\) to the cover \(M_1\) is exact; observe that this definition coincides with the usual definition of weak exactness when \(M_1 = \tilde{M}\). We thus consider the flow of the pair \((L, \sigma)\), with \(L\) Tonelli Lagrangian and \(\sigma\) \(M_1\)-weakly-exact 2-form, and study the existence of orbits for the flow of \((L, \sigma)\) satisfying the “conormal boundary conditions” on a given energy level \(E^{-1}(k)\). Notice that, since energy level sets are compact, we can assume \(L\) to be electromagnetic outside a compact set, hence satisfying the bounds (3.1) and (3.2).

The first problem, when trying to generalize the results of Chapter 4 to this setting, is to make sense of the conormal boundary conditions (2.20) in this context. Notice that the fact that \(\sigma\) is \(M_1\)-weakly-exact implies that \(\sigma\) is exact on \(Q_0, Q_1\) (see Section 5.1 for further details). Thus, fix two primitives \(\tilde{\vartheta}_0, \tilde{\vartheta}_1\) of \(\sigma\) on \(Q_0, Q_1\) respectively. We say that an orbit \(\gamma : [0, 1] \to M\) of the flow of \((L, \sigma)\) satisfies the conormal boundary conditions with respect to \(\tilde{\vartheta}_0, \tilde{\vartheta}_1\) if
\[ \begin{align*}
\gamma(0) &\in Q_0, \quad \gamma(1) \in Q_1; \\
\left.d_v L(\gamma(0), \dot{\gamma}(0)) + \tilde{\vartheta}_0(\gamma(0)) \right|_{T_{\gamma(0)}Q_0} &\quad \left.d_v L(\gamma(1), \dot{\gamma}(1)) + \tilde{\vartheta}_1(\gamma(1)) \right|_{T_{\gamma(1)}Q_1} = 0. \quad (5.4)
\end{align*} \]

Second, the action functional \(A_k\) is in general not available anymore. We shall then replace \(A_k\) by another functional \(S_k : \mathcal{M}_Q \to \mathbb{R}\) that detects the orbits of the flow of \((L, \sigma)\) with energy \(k\) satisfying the boundary conditions (5.4). This will be done in the first section under an additional technical assumption on \(\sigma\). In Section 5.1 we define \(S_k\) and discuss its regularity properties; we then introduce the Mañé critical value \(c(L, \sigma; Q_0, Q_1)\) which is relevant in this context. It is worth to point out that, in contrast with what happens for the critical value in Chapter 4 \(c(L, \sigma; Q_0, Q_1)\) can be infinite. This is for instance the case whenever \(\pi_1(M)\) is amenable (cf. [Pat00]).
and bounded away from zero, thus generalizing Lemma 3.2.2 to this setting. The strength of this result is that it is independent on the finiteness of \( c(L, \sigma; Q_0, Q_1) \) (see [AB14, section 3] for the analogous result in the case of periodic orbits). In Section 5.3 we then show how the results in Chapter 4 extend to this setting.

Finally, in Section 5.4 we drop the \( M_1 \)-weak-exactness assumption and prove that, under the additional hypothesis that \( \pi_l(M_Q) \neq 0 \) for some \( l \geq 1 \), an analogue of the second statement of Theorem 5.3.3 holds also only assuming that the pull-back of \( \sigma \) to \( Q_0 \) and \( Q_1 \) is exact and that we can find primitives \( \vartheta_0 \) and \( \vartheta_1 \) of \( \sigma|_{Q_0} \) and \( \sigma|_{Q_1} \) respectively that coincide on the intersection \( Q_0 \cap Q_1 \).

The method used to prove this result is analogous to the one exploited in Chapter 6 to prove the existence of periodic orbits for the flow of the pair \((L, \sigma)\). Roughly speaking, it consists on finding zeros of the so-called action 1-form \( \eta_k \) (namely, the differential of the free-time action functional when \( \sigma \) is exact). The importance of \( \eta_k \) relies on the fact that it is well-defined, under our assumptions about the exactness of \( \sigma \) on \( Q_0 \) and \( Q_1 \), even if \( \sigma \) is only closed and its zeros correspond to the orbits of the flow of \((L, \sigma)\) with energy \( k \) that satisfy the boundary conditions (5.4).

We thus show the existence of zeros for \( \eta_k \) using the existence of a non-trivial element \( U \) in some \( \pi_l(M_Q) \) to construct a minimax class with associated minimax function \( c_u \). The monotonicity in \( k \) of this minimax function will allow us to prove the existence of critical sequences (the natural replacement of Palais-Smale sequences in this setting) for \( \eta_k \) with times bounded and bounded away from zero for almost every energy by generalizing the Struwe monotonicity argument to this setting. We will finally retrieve the existence of the desired zeros of \( \eta_k \) using a compactness criterion for critical sequences of \( \eta_k \) with times bounded and bounded away from zero (cf. Proposition 5.4.2), which generalizes the corresponding result for Palais-Smale sequences (cf. Proposition 5.2.4) to this setting.

The rigorous study of the properties of \( \eta_k \) will be performed in the next chapter (cf. Sections 6.1 and 6.2).

### 5.1 The functional \( S_k \).

Let \( L : TM \to \mathbb{R} \) be a Tonelli Lagrangian, \( Q_0, Q_1 \subset M \) be two closed submanifolds, \( M_1 \) be the cover of \( M \) as in (5.3) and \( \sigma \in \Omega^2(M) \) be a \( M_1 \)-weakly-exact form. Inspired by the results of Chapter 4 we try now to get a well-defined functional \( S_k \) whose critical points are exactly the orbits of the flow of \((L, \sigma)\) with energy \( k \) satisfying the boundary conditions (5.4). Denote by \( \lambda \) a primitive of \( \sigma_1 \) on \( M_1 \) and observe that the Euler-Lagrange flow associated to the Lagrangian

\[
L_{1,\lambda} : TM_1 \to \mathbb{R}, \quad L_{1,\lambda}(q, v) = L_1(q, v) + \lambda_q(v),
\]

where \( L_1 \) is the lift of \( L \) to \( M_1 \), coincides with the lift of the flow of the pair \((L, \sigma)\). Moreover, the exactness of \( \sigma_1 \) yields primitives of \( \sigma \) on \( Q_0 \) and \( Q_1 \). Indeed, denote with \( Q_0^1 \) any lift of \( Q_0 \) to \( M_1 \); then \( \lambda|_{Q_0^1} \) is a primitive of \( \sigma_1|_{Q_0^1} \). Now, from the definition of \( M_1 \) it follows that there exist neighborhoods \( \mathcal{U}, \mathcal{U}^1 \) of \( Q_0, Q_0^1 \) in \( M, M_1 \) respectively such that the covering map \( p : \mathcal{U} \to \mathcal{U}^1 \) is a diffeomorphism; therefore
the 1-form $\lambda|_{Q_1}$ descends to a primitive $\vartheta_0$ of $\sigma|_{Q_0}$. Clearly the same argument applies to $Q_1$, thus giving 1-forms $\vartheta_0, \vartheta_1$ such that

\[
\vartheta_j = (p^*)^{-1}(\lambda|_{Q_j}), \quad d\vartheta_j = \sigma|_{Q_j} \quad \text{on } Q_j \text{ for } j = 0, 1. \tag{5.6}
\]

In particular the boundary conditions can be expressed as in (5.4) with respect to the “canonical” 1-forms $\vartheta_0, \vartheta_1$ on $Q_0, Q_1$ given by (5.6). Following the ideas in [Mer10] and [ABL1] we fix now a connected component $M_\nu$ of $M_Q$ and pick a reference path $x_\nu$ in this component. For any element $(x, T) \in M_\nu$ we define

\[
S_k(x, T) := T \int_0^1 \left[ L(x(s), \frac{x'(s)}{T}) + k \right] ds + \int_X \sigma - \int_{x_0} \vartheta_0 + \int_{x_1} \vartheta_1, \tag{5.7}
\]

where $X : [0, 1] \times [0, 1] \to M$ is as in the picture below as homotopy from $x_\nu$ to $x$ with starting points in $Q_0$ and ending points in $Q_1$ and, for $j = 0, 1,$

\[
x_j : [0, 1] \to Q_j, \quad x_j(s) := X(s, j).
\]

Observe that the first integral on the right-hand side of (5.7) is well-defined, since $L$ is assumed to be electro-magnetic outside a compact set. At this point it is however not clear that the definition of $S_k$ does not depend on the homotopy $X$. Actually, $S_k$ will not be well-defined without any additional assumption on the 2-form $\sigma$.

Thus, suppose that $X'$ is another homotopy from $x_\nu$ to $x$ with the same properties of $X$ and consider the cylinder $C := X \cup X'$, where $X'$ denotes the homotopy induced by $X'$ connecting $x$ to $x_\nu$. Denote with $\partial C_j$ the part of $\partial C$ contained in $Q_j$. Clearly $\sigma|_C$ is exact; if $\vartheta$ is a primitive of $\sigma$ on $C$, then by Stokes’ theorem

\[
\int_X \sigma - \int_{x_0} \vartheta_0 + \int_{x_1} \vartheta_1 - \left( \int_{X'} \sigma - \int_{x'_0} \vartheta_0 + \int_{x'_1} \vartheta_1 \right) =
\]

\[
= \int_C \sigma - \int_{x_0#x'_0} \vartheta_0 + \int_{x_1#x'_1} \vartheta_1 =
\]

\[
= \int_{\partial C} \vartheta - \int_{x_0#x'_0} \vartheta_0 + \int_{x_1#x'_1} \vartheta_1 =
\]

\[
= \int_{\partial C_0} \vartheta - \int_{\partial C_1} \vartheta - \int_{x_0#x'_0} \vartheta_0 + \int_{x_1#x'_1} \vartheta_1 =
\]

\[
= \int_{x_0#x'_0} (\vartheta|_{\partial C_0} - \vartheta_0) + \int_{x_1#x'_1} (\vartheta_1 - \vartheta|_{\partial C_1}) = 0,
\]
provided that \((\vartheta - \vartheta_i)|_{\partial C_i}\) is exact, for \(i = 0, 1\). This is the case, for instance, when
\[
H^1(Q_0, \mathbb{R}) = H^1(Q_1, \mathbb{R}) = 0.
\]

Summarizing, we have proven the following

**Lemma 5.1.1.** Let \(L : TM \to \mathbb{R}\) be a Tonelli Lagrangian, \(Q_0, Q_1 \subseteq M\) be closed connected submanifolds and \(\sigma \in \Omega^2(M)\) be a \(M_1\)-weakly-exact 2-form on \(M\). Furthermore, let \(\vartheta_0, \vartheta_1\) be as in (5.6) and suppose that the following property holds: for every cylinder \(C \subseteq M\) with first part of the boundary \(\partial C_0\) contained in \(Q_0\) and second part \(\partial C_1\) contained in \(Q_1\), the pull-back of \(\sigma\) to \(C\) admits a primitive \(\vartheta\) such that
\[
(\vartheta - \vartheta_i)|_{\partial C_i} \text{ exact, } \quad i = 0, 1.
\]

Then the functional (5.7) is well-defined on every connected component of \(\mathcal{M}_Q\), namely it is independent on the choice of the homotopy \(X\) connecting \(x\) to \(x_\nu\).

It is clear from the definition that the functional \(S_k\) depends on the choice of the reference path; however, if we pick a different reference path instead of \(x_\nu\), the functional \(S_k\) changes only by the addition of a constant and hence its geometric properties remain unchanged. Notice that, when \(\sigma = d\eta\) is exact, one can choose
\[
\vartheta_0 = \eta|_{Q_0}, \quad \vartheta_1 = \eta|_{Q_1}, \quad \vartheta = \eta|_C.
\]

With these choices \(S_k\) reduces to
\[
T \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T}\right) + k \right] ds + \int_x \eta - \int_{x_\nu} \eta,
\]
which is (up to a constant) the free-time Lagrangian action functional for \(L + \eta\).

The functional \(S_k\) is of class \(C^{1,1}(\mathcal{M}_Q)\), being the sum of a \(C^{1,1}\)-functional (the free-time Lagrangian action functional associated to \(L\)) and of a smooth part. The interest on \(S_k\) relies on the fact that its critical points are exactly the orbits of the flow of \((L, \sigma)\) with energy \(k\) satisfying the boundary conditions (5.4), as we now prove.

We first explicitly compute the differential of \(S_k\), starting with the partial derivative \(\partial S_k/\partial T\). By the Lebesgue dominated convergence theorem
\[
\frac{S_k(x, T + \epsilon) - S_k(x, T)}{\epsilon} =
\]
\[
= \frac{1}{\epsilon} \left( (T + \epsilon) \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T + \epsilon}\right) + k \right] ds - T \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T}\right) + k \right] ds \right)
\]
\[
= k + \int_0^1 L\left(x(s), \frac{x'(s)}{T + \epsilon}\right) ds + \frac{T}{\epsilon} \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T + \epsilon}\right) - L\left(x(s), \frac{x'(s)}{T}\right) \right] ds
\]
converges as \(\epsilon \to 0\) to
\[
\frac{\partial S_k}{\partial T}(x, T) = k + \int_0^1 \left[ L\left(x(s), \frac{x'(s)}{T}\right) - d_x L\left(x(s), \frac{x'(s)}{T}\right) \left[ \frac{x'(s)}{T} \right] \right] ds =
\]
\[
= \int_0^1 \left[ k - E\left(x(s), \frac{x'(s)}{T}\right) \right] ds. \quad (5.8)
\]
Now let $x_r$ be a variation of $x$ and denote by

$$\zeta(s) := \frac{\partial}{\partial r} \bigg|_{r=0} x_r(s).$$

For every $r$, let $X_r : [0, 1] \times [0, 1] \to M$ be a homotopy connecting the reference path $x_\nu$ to $x_r$. Observe that, for every $r$,

$$Y_r : [0, 1] \times [0, 1] \to M, \quad (\epsilon, s) \mapsto x_{r\epsilon}(s)$$

is a homotopy from $x$ to $x_r$. We denote by

$$x_j^r(s) := X_j(s,r), \quad y_j^r(s) := Y_j(s,r), \quad j = 0, 1$$

and compute

$$S_k(x, T) - S_k(x_r, T) = T \int_0^1 \left[ L(x, \frac{x'(s)}{T}) - L(x_r, \frac{x'_r(s)}{T}) \right] ds +
$$

$$+ \int_{X \cup X_r} \sigma - \int_{x_0(\beta_0^{-1})} \vartheta_0 - \int_{x_1(\beta_1^{-1})} \vartheta_1 =
$$

$$= T \int_0^1 \left[ L(x, \frac{x'(s)}{T}) - L(x_r, \frac{x'_r(s)}{T}) \right] ds +
$$

$$- \int_{X \cup X_r} \sigma - \int_{y_0^r} \vartheta_0 - \int_{y_1^r} \vartheta_1.$$

The second equality follows from the fact that $X \cup X_r$ is a homotopy from $x_r$ to $x$, while $Y_r$ is a homotopy from $x$ to $x_r$, and we know by Lemma 5.1.1 that the value of $S_k$ is independent of the homotopy.

Again, by the Lebesgue dominated convergence theorem we get \footnote{One easily checks that $\frac{1}{T} \int_{Y_r} \sigma \to \int_0^1 \sigma_{x(s)}(\zeta(s), x'(s)) ds$ for $r \to 0$.}

$$d_x S_k(x, T)(\zeta, 0) = \lim_{r \to 0} \frac{S_k(x, T) - S_k(x_r, T)}{r} =
$$

$$= T \int_0^1 \left[ d_q L(x(s), \frac{x'(s)}{T})[\zeta] + d_v L(x(s), \frac{x'(s)}{T}) \left[ \frac{\dot{\zeta}}{T} \right] \right] ds +$$

$$+ \int_0^1 \sigma_{x(s)}(x'(s), \zeta(s)) ds + (\vartheta_0)_{x(0)}[\zeta(0)] - (\vartheta_0)_{x(0)}[\zeta(0)].$$
Therefore, if \((x, T)\) is a critical point for \(S_k\), then integrating by parts we get that
\[
0 = T \int_0^1 \left[ d_q L \left( x(s), \frac{x'(s)}{T} \right) - \frac{d}{ds} d_v L \left( x(s), \frac{x'(s)}{T} \right) \right] \zeta \, ds + \\
+ \int_0^1 \sigma_{x(s)}(x'(s), \zeta(s)) \, ds + d_v L \left( x(0), \frac{x'(0)}{T} \right) \zeta(0) + (\vartheta_0)_{x(0)}[\zeta(0)] - \\
- d_v L \left( x(1), \frac{x'(1)}{T} \right) \zeta(1) - (\vartheta_1)_{x(1)}[\zeta(1)]
\]
must hold for every \(\zeta \in T_x H^1_{Q}([0, 1], M)\). Choosing \(\zeta\) with compact support in \((0, 1)\) we get that \(\gamma(t) := x(t/T)\) is an orbit of the flow of \((L, \sigma)\). Choosing now any arbitrary \(\zeta\) we get that \(\gamma\) satisfies the boundary conditions \((5.4)\). Finally, being \(\gamma\) an orbit of the flow of \((L, \sigma)\), it has constant energy and an easy inspection of the derivative of \(S_k\) with respect to the variable \(T\) shows that actually \(E(\gamma, \dot{\gamma}) = k\).

**Proposition 5.1.2.** Suppose that the assumptions of Lemma \(5.1.1\) are satisfied. Then the pair \((x, T)\) \(\in M_{Q}\) is a critical point of the functional \(S_k\) if and only if \(\gamma(t) = x(t/T)\) is an orbit of the flow of \((L, \sigma)\) satisfying the boundary conditions \((5.4)\).

We proceed now to study the relation between \(S_k\) and the free-time Lagrangian action functional associated to the Lagrangian \(L_{1, \lambda}\) in \((5.5)\) on \(M_1\).

Thus, consider a connected component \(M_\nu\) of \(M_{Q}\) and pick a lift \(\tilde{x}_\nu\) of the reference path \(x_\nu\). Moreover, let \((x, T)\) \(\in M_\nu\) and let \(X\) be a homotopy as in the definition of \(S_k\) connecting the reference path \(x_\nu\) to \(x\). Denote by \(\tilde{X} : [0, 1] \times [0, 1] \rightarrow M_1\)

the unique homotopy obtained by lifting \(X\) to \(M_1\) and starting at \(\tilde{x}_\nu\). Let now \(\tilde{x} = \tilde{X}(1, \cdot)\) be the lift of \(x\) induced by the homotopy \(\tilde{X}\) and let \(\tilde{x}_0, \tilde{x}_1\) the other two boundary components of \(\tilde{X}\). Then, by definition of \(\vartheta_0, \vartheta_1\) we have

\[
\int_{\tilde{x}} \sigma - \int_{\tilde{x}_0} \vartheta_0 + \int_{\tilde{x}_1} \vartheta_1 = \int_{\tilde{X}} \sigma_1 - \int_{\tilde{x}_0} \lambda + \int_{\tilde{x}_1} \lambda = \\
= \int_{\partial \tilde{X}} \lambda - \int_{\tilde{x}_0} \lambda + \int_{\tilde{x}_1} \lambda = \\
= \int_{\tilde{x}} \lambda - \int_{\tilde{x}_\nu} \lambda,
\]

from which we deduce that

\[
A_k(\tilde{x}, T) = S_k(x, T) + \int_{\tilde{x}_\nu} \lambda.
\]

Observe that, in case \(M_\nu\) contains also constant paths (this may happen only if \(Q_0\) and \(Q_1\) intersect), we can choose \(x_\nu\) to be a constant path; this choice yields

\[
A_k(\tilde{x}, T) = S_k(x, T), \quad \forall (x, T) \in M_\nu.
\]
Lemma 5.1.3. Suppose the assumptions of Lemma 5.1.1 are satisfied and let $\mathcal{M}_\nu$ be a connected component of $\mathcal{M}_Q$. Then there exists a constant $a(\nu) \in \mathbb{R}$ depending only on $\nu$ and on the reference path $x_\nu$ such that

$$A_k(\tilde{x}, T) = S_k(x, T) + a(\nu), \quad \forall (x, T) \in \mathcal{M}_\nu.$$  \hspace{1cm} (5.9)

Furthermore, if $\mathcal{M}_\nu$ contains constant paths, we may assume $a(\nu) = 0$.

In contrast with the case of periodic orbits (cf. [Mer10] and [AB14]), the functional $S_k$ is, under the technical assumptions of Lemma 5.1.1, well-defined for every connected component of $\mathcal{M}_Q$, independently of the fact that a suitable Mañé critical value is finite or not. In fact, in the periodic case one needs the existence of a bounded primitive for the lift of $\sigma$ to the universal cover in order to show that the integral of $\sigma$ vanishes on any 2-torus. This property is crucial to get a well-defined functional for every free-homotopy class of loops. If this condition fails, one can in general define a functional only for contractible loops.

However, the geometric properties of the functional $S_k$ change drastically when crossing a suitable critical energy value, which is in this case given by

$$c(L, \sigma; Q_0, Q_1) := c(L_{1,\lambda}) = \inf_{u \in C^\infty(M_1)} \sup_{q \in M_1} H_1(q, d_q u - \lambda_q),$$  \hspace{1cm} (5.10)

where $H_1$ is the lift of $H$, the Tonelli Hamiltonian given by the Fenchel dual of $L$, to the cover $M_1$. Being the lift of a Tonelli Hamiltonian, $H_1$ satisfies

$$h_0 \|p\|_q^2 - h_1 \leq H_1(q, p) \leq h'_0 \|p\|_q^2 + h'_1,$$  \hspace{1cm} \forall (q, p) \in T^* M_1

for suitable constants $h_0, h'_0 > 0$, $h_1, h'_1 \in \mathbb{R}$; in particular

$$h_0 \inf_u \sup_q \|d u - \lambda\|_q^2 - h_1 \leq c(L, \sigma; Q_0, Q_1) \leq h'_0 \inf_u \sup_q \|d u - \lambda\|_q^2 + h'_1$$

and this shows that $c(L, \sigma; Q_0, Q_1)$ is finite if and only if $\sigma_1$ admits a bounded primitive on $M_1$ of the form $\lambda - d u$, for some suitable smooth function $u: M_1 \to \mathbb{R}$.

In what follows we refer to the bounded, respectively unbounded case when the Mañé critical value $c(L, \sigma; Q_0, Q_1)$ is finite, respectively infinite. By the very definition of $c(L, \sigma; Q_0, Q_1)$ and by Lemmas 3.3.3, 3.3.4 and 5.1.3 we get the following

Lemma 5.1.4. For every $k \geq c(L, \sigma; Q_0, Q_1)$ the functional $S_k$ is bounded from below on every connected component of $\mathcal{M}_Q$. The functional $S_k$ is instead unbounded from below on each connected component of $\mathcal{M}_Q$ for every $k < c(L, \sigma; Q_0, Q_1)$.

5.2 The Palais-Smale condition for $S_k$

In this and the next section we assume that $Q_0, Q_1, L, \sigma, \vartheta_0, \vartheta_1$ are such that the functional $S_k$ in (5.7) is well-defined and show that $S_k$ satisfies the Palais-Smale condition on subsets of $\mathcal{M}_Q$ with times bounded and bounded away from zero. This
result is the analogous of Lemma 3.2.2 in this setting. Its strength relies on the fact that it does not depend on the finiteness of the Mañé critical value \( c(L, \sigma, Q_0, Q_1) \).

The analogue for periodic orbits has been proven in [Mer15] by extending to the unbounded case the proof in [Mer10]. In fact, the unbounded case can be reduced to the bounded one using the following

**Lemma 5.2.1.** If \((x_h, T_h) \subseteq \mathcal{M}_Q\) is a Palais-Smale sequence for \( S_k \) such that the \( T_n \)'s are bounded from above, then there exist a compact subset \( K \subseteq M_1 \) and, for every \( h \in \mathbb{N} \), suitable lifts \( x^1_h \) of \( x_h \) to \( M_1 \) such that \( x^1_h([0,1]) \subseteq K \) for every \( h \in \mathbb{N} \).

**Proof.** Clearly it suffices to show that the \( x^1_h \)'s have uniformly bounded length, since then one can simply choose for every \( h \in \mathbb{N} \) a lift \( x^1_h \) of \( x_h \) in such a way that \( x^1_h([0,1]) \cap F \neq \emptyset \), where \( F \subseteq M_1 \) is any fundamental domain for \( M \). Since \((x_h, T_h)\) is a Palais-Smale sequence we have in particular that

\[
\alpha_h := -\frac{\partial}{\partial T} S_k(x_h, T_h) = \frac{1}{T_h} \int_0^{T_h} \left[ E(\gamma_h(t), \dot{\gamma}_h(t)) - k \right] dt \to 0 ,
\]

where as usual \( \gamma_h = (x_h, T_h) \). Since \( L \) is a Tonelli Lagrangian, its energy function is also Tonelli and hence satisfies

\[
E(q, v) \geq a \|v\|^2_q + b , \quad \forall (q, v) \in TM ,
\]

for suitable constants \( a > 0, b \in \mathbb{R} \). In particular, we have

\[
\alpha_h \geq \frac{a}{T_h} \int_0^{T_h} \|\dot{\gamma}_h(t)\|^2 dt - (b + k) \geq \frac{a}{T_h^2} l(x_h)^2 - (b + k)
\]

by the Cauchy-Schwartz inequality and hence

\[
l(x_h)^2 \leq \frac{T_h^2}{a} (\alpha_h + k + b) .
\]

Since the \( T_h \)'s are bounded and the \( \alpha_h \)'s infinitesimal, the assertion follows. \( \square \)

**Lemma 5.2.1** implies that we can treat the unbounded case exactly as the bounded one, since any primitive of \( \sigma_1 \) is clearly bounded on any compact subset of \( M_1 \).

Therefore, we might suppose that \( \sigma_1 \) has a bounded primitive \( \lambda \) on \( M_1 \); it follows then that there exist constants \( a > 0, b \in \mathbb{R} \) such that

\[
L_{1,\lambda}(q, v) \geq a \|v\|^2_q + b , \quad \forall (q, v) \in TM_1 , \quad (5.11)
\]

where \( L_{1,\lambda} \) is defined as in \((5.5)\). We show now that Palais-Smale sequences on a connected component \( \mathcal{M}_\nu \) of \( \mathcal{M}_Q \) not containing constant paths have automatically \( T_h \)'s bounded away from zero.

**Lemma 5.2.2.** Let \( \mathcal{M}_\nu \) be a connected component of \( \mathcal{M}_Q \) not containing constant paths and let \((x_h, T_h) \subseteq \mathcal{M}_\nu\) be a Palais-Smale sequence for \( S_k \) at level \( c \). Then there exists \( T_* > 0 \) such that \( T_h \geq T_* \) for every \( h \in \mathbb{N} \).
Proof. Without loss of generality we may suppose that
\[ c + 1 \geq S_k(x_h, T_h), \quad \forall \ h \in \mathbb{N}. \]

This implies, using (5.11), Lemma 5.1.3 and the fact that the length of any path in \( \mathcal{M}_\nu \) is bounded away from zero by a positive constant, say \( \epsilon > 0 \), that
\[ c + 1 \geq S_k(x_h, T_h) = A_k(x_h, T_h) + a(\nu) \geq \frac{a}{T_h} \int_0^1 \|x'_h(s)\|^2 \, ds + (k + b)T_h + a(\nu) \geq \frac{a}{T_h} \epsilon^2 + (k + b)T_h + a(\nu). \]

This clearly shows that the \( T_h \)'s are bounded away from zero. \( \square \)

The next lemma ensures that Palais-Smale sequences with \( T_h \to 0 \) may arise only at level \( c = 0 \). The proof is the same as for Lemma 3.2.1.

**Lemma 5.2.3.** Let \( \mathcal{M}_\nu \) be a component of \( \mathcal{M}_Q \) that contains constant paths and let \( (x_h, T_h) \) be a Palais-Smale sequence for \( S_k \) such that \( T_h \to 0 \), then \( S_k(x_h, T_h) \to 0 \).

We end this section showing that \( S_k \) satisfies the Palais-Smale condition on subsets of \( \mathcal{M}_Q \) with times bounded and bounded away from zero. The proof goes as in Lemma 3.2.2 and is inspired by the analogous result in the periodic case (cf. [Mer10]).

**Proposition 5.2.4.** Let \( (x_h, T_h) \subseteq \mathcal{M}_\nu \) be a Palais-Smale sequence for \( S_k \) such that \( 0 < T_* \leq T_h \leq T^* < +\infty \) for every \( h \in \mathbb{N} \). Then, passing to a subsequence if necessary, the sequence \( (x_h, T_h) \) is convergent in the \( H^1 \)-topology.

Proof. Without loss of generality we have
\[ c + 1 \geq S_k(x_h, T_h), \quad \forall \ h \in \mathbb{N}. \]

Using (5.9) and (5.11) we therefore obtain
\[ c + 1 \geq S_k(x_h, T_h) = A_k(x_h, T_h) + a(\nu) \geq \frac{a}{T_h} \int_0^1 \|x'_h(s)\|^2 \, ds + (k + b)T_h + a(\nu) \geq \frac{a}{T_*} \|x'_h\|^2 - T^* |k + b| + a(\nu) \]

where \( \| \cdot \|_2 \) denotes the \( L^2 \)-norm with respect to the metric on \( M \). Therefore, \( \|x'_h\|_2 \) is uniformly bounded and hence \( \{x_h\} \) is \( 1/2 \)-equi-Hölder-continuous
\[ \text{dist} (x_h(s), x_h(s')) \leq \int_s^{s'} |x'_h(r)| \, dr \leq |s - s'|^{1/2} \|x'_h\|_2. \]

By the Ascoli-Arzelà theorem, up to taking a subsequence, \( x_h \) converges uniformly to some \( x \in C([0,1], M) \). Now one proves that actually \( x_h \) converges to \( x \) in \( H^1 \) just repeating the proof of Lemma 3.2.2 replacing \( A_k \) with \( S_k \). \( \square \)

Combining Proposition 5.2.4 with Lemma 5.1.4 we get the following corollary, which is the analogue of Corollary 3.3.5 in this setting.
Corollary 5.2.5. If $k > c(L, \sigma; \langle H_0, H_1 \rangle)$, then any Palais-Smale sequence $(x_h, T_h)$ for $S_k$ in a given connected component of $\mathcal{M}_Q$ with $T_h \geq T_\ast > 0$ has a converging subsequence. As a corollary, for every $k > c(L, \sigma; \langle H_0, H_1 \rangle)$, $S_k$ satisfies the Palais-Smale condition on every connected component of $\mathcal{M}_Q$ not containing constant paths.

5.3 Existence results in the $M_1$-weakly-exact case

In this section we use the tools introduced in the previous paragraphs to extend the main results of Chapter 4 to the $M_1$-weakly-exact setting, under the assumption that the functional $S_k$ as in (5.7) is well-defined. Thus, let $L : TM \to \mathbb{R}$ be a Tonelli Lagrangian, $Q_0, Q_1 \subseteq M$ closed connected submanifolds, $M_1$ a cover of $M$ defined by (5.3). Suppose moreover that $\sigma$ is an $M_1$-weakly-exact 2-form and let $\vartheta_0, \vartheta_1$ be primitives of $\sigma|_{Q_0}, \sigma|_{Q_1}$ respectively as in (5.6). Lemma 5.1.1 shows that, if for every cylinder $C \subseteq M$ with first part of the boundary $\partial C_0$ contained in $Q_0$ and second part $\partial C_1$ contained in $Q_1$, the pull-back of $\sigma$ to $C$ admits a primitive $\vartheta$ with

$$(\vartheta - \vartheta_i)|_{\partial C_i} - \vartheta_i \text{ exact, } i = 0, 1,$$

then the functional $S_k$ as in (5.7) is indeed well-defined. Moreover, by Proposition 5.1.2 its critical points correspond to the orbits of the flow of $(L, \sigma)$ with energy $k$ satisfying the conormal boundary conditions (5.4).

We start considering supercritical energy levels and prove results analogous to Theorem 4.1.1 and 4.1.3 in this context. We just sketch the proofs, since they can be obtained from the corresponding ones in Chapter 4 with minor adjustments.

**Theorem 5.3.1.** Suppose $Q_0 \cap Q_1 = \emptyset$ and let $k > c(L, \sigma; Q_0, Q_1)$. Then, every connected component of $\mathcal{M}_Q$ carries an orbit of the flow of $(L, \sigma)$ with energy $k$ satisfying the boundary conditions (5.4), which is furthermore a global minimizer of $S_k$ among its connected component.

**Proof.** The proof is the same as for Theorem 4.1.1 just replacing $A_k$ with $S_k$. Pick any connected component $N$ of $\mathcal{M}_Q$. An argument as in Lemma 5.2.2 shows that the sublevels of $S_k$ on $N$ are complete. Moreover, Corollary 5.2.5 implies that $S_k$ satisfies the Palais-Smale condition on $N$. It follows that $S_k$ has a global minimizer on $N$, which gives us the required orbit of the flow of $(L, \sigma)$.

When $Q_0 \cap Q_1 \neq \emptyset$ we have connected components of $\mathcal{M}_Q$ containing constant paths and, for such components, a conclusion as in the theorem above might not hold. In fact, we have seen in Chapter 4 examples of intersecting submanifolds for which there were no Euler-Lagrange orbits satisfying the conormal boundary conditions for any supercritical energy value. However, an analogue of Theorem 4.1.5 holds also in this case; we state it directly in the general situation, thus without distinguishing between connected and not connected intersection. Before stating the theorem we define the energy value $k_N(L, \sigma)$, which is the natural replacement in this setting of the value $k_N(L)$ defined in the third chapter. We thus set for every connected component $N$ of $\mathcal{M}_Q$ containing constant paths

$$k_N(L, \sigma) := \inf \left\{ k \in \mathbb{R} \mid \inf_N S_k \geq 0 \right\} \geq c(L, \sigma; Q_0, Q_1).$$
The proof of Theorem 4.1.3 and 4.1.5 goes through just replacing \( A_k \) with \( S_k \), thus giving us corresponding generalizations of those results to this setting.

**Theorem 5.3.2.** Suppose \( Q_0 \cap Q_1 \neq \emptyset \). Then the following hold:

1. For every \( k > c(L, Q_0, Q_1) \) and for every connected component of \( \mathcal{M}_Q \) that does not contain constant paths there exists an orbit of the flow of \( (L, \sigma) \) with energy \( k \) satisfying the boundary conditions (5.4) which is a global minimizer of \( S_k \) among its connected component.

2. For every connected component \( \mathcal{N} \) of \( \mathcal{M}_Q \) containing constant paths and for every \( k \in (c(L, \sigma; Q_0, Q_1), k_N(L, \sigma)) \) there exists an orbit of the flow of \( (L, \sigma) \) with energy \( k \) satisfying the boundary conditions (5.4) which is a global minimizer of \( S_k \) among \( \mathcal{N} \). Moreover, if \( \pi_l(\mathcal{N}) \neq 0 \) for some \( l \geq 1 \), then there is such an orbit for every \( k > k_N(L, \sigma) \); if \( k_N(L, \sigma) > c(L, \sigma; Q_0, Q_1) \), then this holds also at level \( k_N(L, \sigma) \), provided that we allow the solution to be degenerate.

We now move to study the existence of orbits for subcritical energies. In virtue of Lemma 5.2.1 we can treat the bounded and unbounded case at once. We enounce the main result directly in the general case, again without distinguishing between connected and not connected intersection.

Suppose \( Q_0 \cap Q_1 \neq \emptyset \). Notice that the primitives \( \vartheta_0 \) and \( \vartheta_1 \) of \( \sigma \) on \( Q_0, Q_1 \) given by (5.6) coincide on \( Q_0 \cap Q_1 \); this allows us to define a primitive \( \vartheta \) of \( \sigma \) on a small neighborhood of the intersection. Now, let \( \mathcal{N} \) be a connected component of \( \mathcal{M}_Q \) containing constant paths. Denote by \( \Omega \) the set of constant paths contained in \( \mathcal{N} \); observe that \( \Omega \) need not be connected. Therefore, let \( \Omega_1, \Omega_2, \ldots \) be the connected components of \( \Omega \) and for every \( j = 1, 2, \ldots \) define

\[
 k^{-}_{\Omega_j} := \max_{q \in \Omega_j} E(q, 0) + \max_{q \in \Omega_j} \frac{||\vartheta_q||^2}{4a}, \quad k^{+}_{\Omega_j} := \min_{q \in \Omega_j} E(q, 0) + \max_{q \in \Omega_j} \frac{||\vartheta_q||^2}{4a}.
\]

For every \( k \in (k^{-}_{\Omega_j}, k^{+}_{\Omega_j}) \), respectively \( k \in (k_0, c(L, \sigma; Q_0, Q_1)) \), we define the minimax classes \( \Gamma_{\Omega_j}, \Gamma_j \) as

\[
 \Gamma_j := \left\{ u : [0, 1] \to \mathcal{N} \mid u(0) = (p, T) \in \Omega_j \times (0, +\infty), \quad S_k(u(1)) < 0 \right\}
\]

and

\[
 \Gamma_{\Omega_j} := \left\{ u : [0, 1] \times \Omega_j \to \mathcal{N} \mid u(0, q) = (q, T), \quad S_k(u(1, q)) < 0, \quad \forall q \in \Omega_j \right\}.
\]

We can now define the minimax functions as in (4.9) and (4.10) just replacing \( A_k \) with \( S_k \). Exactly as done in Chapter 4 one can show that the minimax functions are monotonically increasing in \( k \) and strictly positive. Lemma 4.2.4 goes through word by word replacing \( A_k \) with \( S_k \) and allows to prove the following

**Theorem 5.3.3.** Let \( \mathcal{N} \) be a connected component of \( \mathcal{M}_Q \) which contains constant paths. Then, for almost every

\[
 k \in \left( \min_j k^{-}_{\Omega_j}, c(L, \sigma; Q_0, Q_1) \right)
\]

there is an orbit of the flow of \( (L, \sigma) \) with energy \( k \) satisfying the conditions (5.4).
5.4 When σ is only closed

When σ is only closed and does not satisfy the technical assumptions at the beginning of Section 5.3, a functional $S_k$ whose critical points are exactly the orbits of the flow defined by the pair $(L, \sigma)$ and satisfying the boundary conditions (5.4) is in general not available. However, its differential $\eta_k$ turns to be well-defined just assuming that the restriction of $\sigma$ to $Q_0$ and $Q_1$ is exact (observe that this assumption is the only one needed to give a sense to the boundary conditions); moreover, its zeros still correspond to the orbits of the flow defined by $(L, \sigma)$ with energy $k$ satisfying the boundary conditions (5.4). We call $\eta_k \in \Omega^1(\mathcal{M}_Q)$ the action 1-form.

Though the action 1-forms considered here and in the next chapter are slightly different, they share the same properties. We study these properties rigorously in the next chapter (cf. Sections 6.1 and 6.2).

Throughout this section we assume that $Q_0 \cap Q_1 \neq \emptyset$ and that $\sigma$ is a closed 2-form with exact restriction to $Q_0$ and to $Q_1$. We fix two primitives $\vartheta_0, \vartheta_1$ of $\sigma|_{Q_0}, \sigma|_{Q_1}$, respectively and assume that they are both obtained by extending a fixed primitive $\vartheta$ of $\sigma$ on $Q_0 \cap Q_1$ (notice that this is not always possible). We finally assume that there exists $l \geq 1$ such that $\pi_l(\mathcal{M}_Q) \neq 0$.

In this setting, we look for orbits of the flow defined by $(L, \sigma)$ with energy $k$ and satisfying the boundary conditions (5.4) with respect to $\vartheta_0, \vartheta_1$. More precisely, we show that there exists an energy level above which existence of orbits for the flow of $(L, \sigma)$ satisfying the boundary conditions (5.4) is guaranteed for almost every energy. This result generalizes the second part of Theorem 5.3.3 to this setting.

To do this we will use a method analogous to the one exploited in Chapter 6 to study the existence of periodic orbits for the flow of $(L, \sigma)$. Namely, we look for zeros of the action 1-form using variational methods which are actually similar to the ones already used in the previous chapters. The main difficulty in this setting relies precisely on the lack of the action; this will force us to replace Palais-Smale sequences by the so-called “critical sequences” for $\eta_k$ (cf. Section 6.1) and to prove a compactness criterion for critical sequences with times bounded and bounded away from zero which generalizes Proposition 5.2.4.

The computations in Section 5.1 show that, under the assumptions above,

$$\eta_k(x, T) := dA^L_k(x, T) + \int_0^1 \sigma_{x(s)}(x'(s), \cdot) \, ds + (\vartheta_0)_{x(0)}[\cdot] - (\vartheta_1)_{x(1)}[\cdot]$$

defines a 1-form on $\mathcal{M}_Q$, called the action 1-form. Here $A^L_k : \mathcal{M}_Q \to \mathbb{R}$ denotes the free-time Lagrangian action functional associated to the Tonelli Lagrangian $L$. We sum up the properties of the action 1-form in the following lemma; the proof is analogous to the one for the periodic case contained in [AB14] (see also Section 6.1).

**Lemma 5.4.1.** The action 1-form $\eta_k \in \Omega^1(\mathcal{M}_Q)$ is locally exact and locally Lipschitz. Moreover $\gamma = (x, T) \in \mathcal{M}_Q$ is a zero of $\eta_k$ if and only if $\gamma$ is an orbit of the flow defined by $(L, \sigma)$ with energy $k$ satisfying the boundary conditions (5.4).
Since $\eta_k$ is locally the differential of a $C^1$-functional, its integral over closed loops in $\mathcal{M}_Q$ depends only on the homotopy class of the loop; in this sense we say that $\eta_k$ is closed, even though in general it is not differentiable.

In order to show the existence of zeros of $\eta_k$, we look for limiting points of critical sequences for $\eta_k$, that is sequences $(x_h, T_h)$ such that

$$\|\eta_k(x_h, T_h)\| \to 0.$$ 

The fact that $\eta_k$ is continuous implies that the set of zeros coincides with the set of limiting points of critical sequences. The following proposition provides a compactness criterion for critical sequences of $\eta_k$; the proof is the same as for Proposition 6.1.4. Here $e(x)$ denotes the kinetic energy of the Sobolev-path $x : [0, 1] \to M$.

**Proposition 5.4.2.** Suppose $(x_h, T_h)$ is a critical sequence for $\eta_k$ in a connected component of $\mathcal{M}_Q$ with uniformly bounded times, then:

1. If $T_h \geq T_*$ for every $h \in \mathbb{N}$, then $(x_h, T_h)$ admits a converging subsequence.
2. If $T_h \to 0$, then $e(x_h) \to 0$.

The goal will be therefore to prove the existence of critical sequences for $\eta_k$ with times bounded and bounded away from zero; this will be done using a minimax argument analogous to the one exploited in Chapter 6. To bypass the lack of a global action we use the variation of $\eta_k$ along a path $u : [0, 1] \to \mathcal{M}_Q$

$$\Delta S_k(u) : [0, 1] \to \mathbb{R}, \quad \Delta S_k(u)(s) := \int_0^s u^* \eta_k.$$ 

We refer to Section 6.2 for the properties of $\Delta S_k(u)$. Suppose for the moment that $Q_0 \cap Q_1$ is connected and denote with $\mathcal{N}$ the connected component of $\mathcal{M}_Q$ containing the constant paths. Consider now a sufficiently small neighborhood $\mathcal{U}$ of $Q_0 \cap Q_1$ and extend the primitive $\vartheta$ of $\sigma$ on $Q_0 \cap Q_1$ to be a primitive on the whole $\mathcal{U}$. By assumption, if $\epsilon > 0$ is sufficiently small, then every path joining $Q_0$ to $Q_1$ with kinetic energy less than $\epsilon$ is entirely contained in $\mathcal{U}$.

It follows that $\eta_k$ is exact on $\mathcal{N} \cap \{e(x) \leq \epsilon\}$ with primitive $S_k$ given by

$$S_k : \mathcal{N} \cap \{e(x) \leq \epsilon\} \to \mathbb{R}, \quad S_k(x, T) := k^L_k(x, T) + \int_x \vartheta = k^{L,\vartheta}_k(x, T),$$

\[Q_0\quad Q_1\]

$\sigma = d\theta$
where \( L_\theta(q,v) := L(q,v) + \partial_q(v) \). As in the previous section we set

\[
  k_{Q_0 \cap Q_1} := \max_{q \in Q_0 \cap Q_1} E(q,0) + \max_{q \in Q_0 \cap Q_1} \frac{\|d_\alpha L_\theta(q,0)\|^2}{4a},
\]

where \( a > 0 \) is such that (3.2) is satisfied for the Lagrangian \( L_\theta \). Observe that for any constant loop \((x_0, T) \in \mathcal{N}\) there holds

\[
  S_k(x_0, T) = \left[ k - E(x_0,0) \right] T > 0
\]

which is positive for every \( k > k_{Q_0 \cap Q_1} \) and tends to zero for \( T \to 0 \). Repeating exactly the proof of Lemma 4.2.2 one gets that, for every \( k > k_{Q_0 \cap Q_1} \), \( S_k \) is non-negative on \( \mathcal{N} \cap \{e(x) \leq \epsilon\} \) and that there exists a positive constant \( \alpha_k \) such that

\[
  \inf_{e(x) = \epsilon} S_k(x, T) \geq \alpha_k.
\]

Now fix \( k^* > k_{Q_0 \cap Q_1} \) and consider the smallest \( l \geq 1 \) such that \( \pi_l(\mathcal{N}) \neq 0 \). Pick a non-zero element \( \Pi \in \pi_l(\mathcal{N}, (x_0, T_0)) \), where \((x_0, T_0)\) is a constant path such that \( S_{k^*}(x_0, T_0) < \alpha_{k^*}/4 \); observe that \( S_k(x_0, T_0) < \alpha_k/4 \) for every \( k \in I \).

For every \( l \geq 2 \) we interpret \( S^l \) as \( B^l \) with boundary \( S^{l-1} \) identified to a point. With any point \( \xi \in B^l \) we associate a path \( a_\xi : [0,1] \to B^l \) such that \( a_\xi(0) \in S^{l-1} \) and \( a_\xi(1) = \xi \) and consider the composition \( u_\xi := u \circ a_\xi : [0,1] \to \mathcal{N} \). By construction we have \( S_k(u_\xi(0)) = S_k(x_0, T_0) \) and we can define the minimax value

\[
c^l : I \to \mathbb{R}, \quad c^l(k) := \inf_{\xi \in B^l} \max_{u \in \Pi} \left[ S_k(x_0, T_0) + \Delta S_k(u_\xi)(1) \right]. \tag{5.13}
\]

Notice that this definition does not depend on \( u_\xi \), since \( S^{l-1} \) is path-connected and \( \eta_k \) is closed. If \( l = 1 \) then \( S^{l-1} \) is not connected; in this case we set \( a_\xi \) to be the path connecting \(-1 \in S^{l-1} \) with \( \xi \) and define \( c^l(\cdot) \) exactly as above.

From the definition it follows that \( c^l(\cdot) \) is monotonically increasing in \( k \), thus almost everywhere differentiable; a proof of this is given in Lemma 6.3.1 Moreover, \( \Pi \) is invariant under the normalized semi-flow of \(-\frac{\partial}{\partial t}\eta_k\) truncated on \( \mathcal{N} \cap \{e(x) \leq \epsilon\} \) below \( \alpha_{k^*}/2 \) (see Section 6.2 for the details) and, since \( \Pi \) is non-zero, for every \( u \in \Pi \) there exists an element \( \xi \in B^l \) such that \( c(u(\xi)) = \epsilon \) (see [Kli73, Theorem 2.1.8]). In particular, \( c^l(k) \geq \alpha_k \) for every \( k \in I \). Hence, up to considering a smaller interval,

\[
c^l(k) > \frac{\alpha_{k^*}}{2}, \quad \forall k \in I. \tag{5.14}
\]

**Proposition 5.4.3.** Let \( k \in I \) be a point of differentiability for \( c^l(\cdot) \). Then there exists a critical sequence for \( \eta_k \) with times bounded and bounded away from zero.

The proof is exactly the same as for Proposition 6.4.2 In order to exclude that the times tend to zero one shows using (5.14) that the critical sequence can be chosen to lie in the complement of the sublevel \( \{S_k \leq \alpha_{k^*}/4\} \), namely proving that, if a point \( \xi_\ast \in B^l \) almost realizes the maximum of

\[
  \xi \mapsto S_k(x_0, T_0) + \Delta S_k(u_\xi)(1),
\]
then $u(\xi) \notin \{S_k \leq \alpha_k/4\}$ (cf. Lemma 6.3.2). To ensure that the times are bounded one uses the well-known fact that subsets of $N$ with bounded times are mapped by the time 1-flow into subsets with bounded times (cf. [Mer10, Lemma 5.7] or Lemma 6.2.3). Propositions 5.4.2 and 5.4.3 imply immediately the following

**Theorem 5.4.4.** Let $(M, g)$ be a closed connected Riemannian manifold, $Q_0, Q_1 \subseteq M$ be closed connected submanifolds with $Q_0 \cap Q_1 \neq \emptyset$ connected, $L : TM \to \mathbb{R}$ be a Tonelli Lagrangian on $M$, $\sigma \in \Omega^2(M)$ be a closed 2-form with exact restriction to $Q_0$ and $Q_1$ and $\vartheta_0, \vartheta_1$ primitives of $\sigma|_{Q_0}, \sigma|_{Q_1}$ respectively. Assume furthermore that $\vartheta_0$ and $\vartheta_1$ coincide on $Q_0 \cap Q_1$. Then, for almost every $k > k_{Q_0 \cap Q_1}$ there exists an orbit for the flow defined by $(L, \sigma)$ with energy $k$ satisfying the boundary conditions (5.4).

The theorem above clearly generalizes to the case $Q_0 \cap Q_1$ non-connected. Consider a connected component $N$ of $\mathcal{M}_Q$ containing constant paths and denote with $\Omega$ the set of constant paths contained in $N$. Since $\Omega$ might not be connected we consider its connected components $\Omega_1, \Omega_2, ...$ and for every $j = 1, 2, ...$ we define $k_{\Omega_j}, \vartheta_j, c_j(\cdot)$ exactly as above just considering $x_0 \in \Omega_j$ and replacing $Q_0 \cap Q_1$ everywhere with $\Omega_j$.

The argument above goes through word by word proving the following

**Theorem 5.4.5.** Suppose the assumptions of Theorem 5.4.4 are satisfied (except the connected intersection one) and let $N$ be a connected component of $\mathcal{M}_Q$ containing constant paths. Then, for almost every

$$k \in \left( \min_j k_{\Omega_j}, +\infty \right)$$

there exists an orbit $\gamma \in N$ for the flow of $(L, \sigma)$ with energy $k$ satisfying the boundary conditions (5.4).
Chapter 6

Periodic orbits for the flow of \((L, \sigma)\)

In this chapter we focus on the existence of periodic orbits for the flow of the pair \((L, \sigma)\) (cf. the introduction of Chapter 5), with \(L : TM \to \mathbb{R}\) Tonelli Lagrangian and \(\sigma\) closed 2-form on \(M\). Recall that a manifold \(M\) is aspherical if all the homotopy groups \(\pi_l(M), l \geq 2\), vanish. Here we prove that, if \(M\) is not aspherical, then for almost every \(k\) larger than the maximum of the energy on the zero-section there exists a contractible periodic orbit with energy \(k\). This result extends the celebrated Lusternik-Fet theorem [FL51] about the existence of one closed contractible geodesic on every closed non-aspherical Riemannian manifold to this setting and it is the outcome of joint work with Gabriele Benedetti.

The proof we give here is somehow different to the one contained in [AB14], since there the cases \(l = 2\) and \(l > 2\) were treated separately. Here we use a slightly different construction that allows to treat both cases at once.

In Section 6.1 we define the action-1 form \(\eta_k\) rigorously, check its regularity property and prove a crucial compactness criterion for its critical sequences.

In Section 6.2 we discuss the properties of the negative gradient flow associated to \(\eta_k\) and we exploit the interesting geometry of \(\eta_k\) on the subset of contractible loops given by loops with small length.

In Section 6.3 we use the assumption that \(\pi_l(M) \neq 0\) to construct a suitable minimax class of functions \(B^{l-1} \to M_0\) mapping the boundary \(S^{l-2}\) into the submanifold of constant loops and an associated minimax function.

Finally, in Section 6.4 we prove the main theorem of this chapter by generalizing the so-called Struwe monotonicity argument to this setting.

### 6.1 The action 1-form

For a given Tonelli Lagrangian \(L : TM \to \mathbb{R}\) we denote as usual with \(H : T^*M \to \mathbb{R}\) the Hamiltonian given by the Fenchel dual of \(L\) and with \(E : TM \to \mathbb{R}\) the energy function associated to \(L\). Since \(L\) can be assumed, without loss of generality, to be quadratic at infinity, we also have that \(E\) is quadratic at infinity; in particular

\[
E_0 \|v\|_q^2 - E_1 \leq E(q,v), \quad \forall (q,v) \in TM, \tag{6.1}
\]
for suitable constants $E_0 > 0$, $E_1 \in \mathbb{R}$. This estimate will be essential later on to prove the crucial Lemma 6.1.3. Let now $\sigma \in \Omega^2(M)$ be a closed 2-form.

We aim to find closed orbits for the flow of $(L, \sigma)$ on a given energy level $E^{-1}(k)$, using variational methods on the product Hilbert manifold $\mathcal{M} = H^1(\mathbb{T}, M) \times (0, +\infty)$ of Sobolev loops with arbitrary period of definition, even though in this generality a free-period Lagrangian action functional is not available. We denote as usual with $\mathcal{M}_0$ the connected component of $\mathcal{M}$ given by contractible loops.

For any Sobolev loop $x \in H^1(\mathbb{T}, M)$ we define

$$l(x) := \int_0^1 \|x'(s)\| \, ds,$$

$$e(x) := \int_0^1 \|x'(s)\|^2 \, ds$$

as the length, respectively the kinetic energy of $x$. The key ingredient of our discussion is that the periodic orbits of the flow defined by $(L, \sigma)$ on $E^{-1}(k)$ are in one to one correspondence with the zeros of a suitable 1-form $\eta_k \in \Omega^1(\mathcal{M})$. As a first step, we consider the free-period Lagrangian action functional associated with $L$

$$\mathcal{A}_k^L : \mathcal{M} \to \mathbb{R}, \quad \mathcal{A}_k^L(x, T) := T \int_0^1 \left[ L \left( x(s), \frac{x'(s)}{T} \right) + k \right] \, ds.$$

We proceed now to define $\eta_k$. When $\sigma$ is exact with primitive $\vartheta$, then $\eta_k = d\mathcal{A}_k^{L_\vartheta}$ is simply the differential of the free-period Lagrangian action functional associated with the Tonelli Lagrangian $L_\vartheta(q, v) := L(q, v) + \vartheta(q)$. A computation shows that

$$d\mathcal{A}_k^{L_\vartheta}(x, T) = d\mathcal{A}_k^L(x, T) + \tau_\vartheta^x,$$

where

$$\tau_\vartheta^x[\xi] := \int_0^1 \sigma_{x(s)}(x'(s), \xi(s)) \, ds \quad (6.2)$$

In particular $\tau_\vartheta^x$ does not depend on the particular choice of $\vartheta$ and it is well-defined even if $\sigma$ is not exact. Thus, in the general case we set

$$\eta_k(x, T) := d\mathcal{A}_k^L(x, T) + \tau_\vartheta^x. \quad (6.3)$$

We easily compute for future applications

$$\eta_k(x, T) \left[ \frac{\partial}{\partial T} \right] = k - \int_0^1 E \left( x(s), \frac{x'(s)}{T} \right) \, ds = k - \frac{1}{T} \int_0^T E(\gamma(t), \dot{\gamma}(t)) \, dt. \quad (6.4)$$

A proof of the following lemma can be found in [AB14, Lemma 2.2].

**Lemma 6.1.1.** Let $\psi$ be a bi-bounded time-dependent chart for $M$ and let $\Psi_{\mathcal{M}}$ be the associated local chart of $\mathcal{M}$. Then, there exists a smooth function

$$L_{\psi, \sigma} : \mathbb{T} \times TB^n \times \mathbb{R}^+ \to \mathbb{R}$$

such that $\Psi_{\mathcal{M}}^* \eta_k = d\mathcal{A}_k^{L_{\psi, \sigma}}$, where $\mathcal{A}_k^{L_{\psi, \sigma}} : H^1(\mathbb{T}, B^n) \times \mathbb{R}^+ \to \mathbb{R}$ is defined by

$$\mathcal{A}_k^{L_{\psi, \sigma}}(\xi, T) := T \int_0^1 \left[ L_{\psi, \sigma} \left( s, \xi(s), \frac{\xi'(s)}{T} \right) + k \right] \, ds.$$

Furthermore, for any $T_- > 0$ and for any $T \geq T_-$ the family of functions $L_{\psi, \sigma}(\cdot, \cdot, \cdot, T)$ is Tonelli and quadratic at infinity uniformly in $T$. 


Given the local representation of \( \eta_k \) of Lemma 6.1.1, one just adapts the computations in [AS09] Lemma 3.1 to get the following

**Corollary 6.1.2.** The 1-form \( \eta_k \) is locally Lipschitz.

Since \( \eta_k \) is locally the differential of a \( C^1 \)-functional, the integral of \( \eta_k \) over a closed path \( u : \mathbb{T} \to \mathcal{M} \) depends only on the free-homotopy class of \( u \). In this sense, we say that \( \eta_k \) is closed, even if \( \eta_k \) is in general not Fréchet differentiable.

One can show that \( \eta_k \) is exact on \( \mathcal{M}_0 \) if and only if \( \sigma \) is weakly-exact and that \( \eta_k \) is exact on the whole \( \mathcal{M} \) if the lift of \( \sigma \) to the universal cover admits a bounded primitive, i.e. if \( \sigma \) is a so called bounded weakly-exact 2 form (see [Mer10] or [AB14]).

The following lemma states that the zeros of \( \eta_k \) are in correspondence with the periodic orbits of the flow defined by \( (L, \sigma) \) with energy \( k \). The proof can be easily obtained from the one of Theorem 2.4.1.

**Lemma 6.1.3.** Let \( (M, g) \) be a Riemannian manifold, \( \sigma \) be a closed 2-form on \( M \) and \( L : T^*M \to \mathbb{R} \) be a Tonelli Lagrangian. Then, \( \gamma = (x, T) \) is a zero of \( \eta_k \) if and only if \( \gamma \) is a periodic orbit of the flow of \( (L, \sigma) \) with energy \( k \).

In view of this result, the aim of the following sections will be to show that the set of zeros of \( \eta_k \) is non-empty. The mechanism we will use to construct zeros of \( \eta_k \) is to look at the limit points of critical sequences, i.e. sequences \( (x_h, T_h) \subset \mathcal{M} \) with

\[
\| \eta_k(x_h, T_h) \| \to 0,
\]

which are the generalization of Palais-Smale sequences to this setting. Since \( \eta_k \) is a continuous 1-form, we see that the set of limit points of critical sequences coincides with the set of zeros of \( \eta_k \). Therefore, the first step is to know under which hypotheses a critical sequence has a limit point. Clearly, if \( T_h \to 0 \) or \( T_h \to \infty \), the limit point set is empty. The following proposition shows that the converse is also true.

**Proposition 6.1.4.** A critical sequence \( (x_h, T_h) \) for \( \eta_k \) such that \( 0 < T_* \leq T_h \leq T^* < \infty \) has a converging subsequence.

For the proof we will need the following

**Lemma 6.1.5.** If \( (x_h, T_h) \) is a critical sequence, then there exists \( C > 0 \) such that

\[
e(x_h) \leq CT_h^2.
\]

In particular \( e(x_h) \to 0 \) if \( T_h \) goes to zero.

**Proof.** Since \( (x_h, T_h) \) is a critical sequence for \( \eta_k \), using (6.1) and (6.4) we obtain

\[
o(1) = -\eta_k(x_h, T_h) \left[ \frac{\partial}{\partial T} \right] = \int_0^1 E(x_h(s), \frac{x'_h(s)}{T_h}) ds - k \geq \int_0^1 \left( E_0 \left( \frac{\| x'_h(s) \|^2}{T_h^2} - E_1 \right) ds - k = E_0 \frac{T_h^2}{T_h} e(x_h) - (k + E_1).\]
\]
This clearly implies
\[ e(x_h) \leq \frac{T_h^2}{E_0} \left( k + E_1 + o(1) \right) \]
and hence (6.5) follows. \(\square\)

Proof. [Proposition 6.1.4] Since the period is bounded, we know by Lemma 6.1.5, that \(e(x_h)\) is also bounded. Hence, the curves \(x_h\) are \(1/2\)-equi-Hölder-continuous. By the Ascoli-Arzelà theorem, up to taking a subsequence they converge uniformly to a continuous curve \(x\). Thus, the \(x_h\)'s eventually belong to the image of a local chart for \(H^1(T,M)\), where we know the 1-form \(\eta_k\) to be exact. Now, arguing as in the proof of Lemma 3.2.2 the thesis follows. \(\square\)

At this point we need a mechanism to produce critical sequences for \(\eta_k\) with periods bounded and bounded away from zero. We will do this via a minimax method; for the argument we look for a vector field on \(M\) which generalizes the negative-gradient vector field of the action functional \(A_{L,\sigma}\) when \(\sigma = d\vartheta\) is exact. In the next section, we discuss the properties of this vector field in the general case.

### 6.2 A truncated gradient

We know that when the 1-form \(\tau^\sigma\) in \(6.2\) is non-exact, we cannot define a global primitive of \(\eta_k\) on \(M\). However, if \(u : [0,1] \to M\) is of class \(C^1\), we can define the variation \(\Delta S_k(u) : [0,1] \to \mathbb{R}\) of \(\eta_k\) along the path \(u\) by

\[ \Delta S_k(u)(s) := \eta_k(u|_{[0,s]}) = \int_0^s u^* \eta_k. \]  \hspace{1cm} (6.6)

Then, since \(\eta_k\) is closed, we extend the definition of \(\Delta S_k\) to any continuous path by uniform approximation with paths of class \(C^1\). Observe that \(\Delta S_k(u)(0) = 0\) and if \(u\) takes values in a region where \(\eta_k\) is exact with primitive \(S_k\), then there holds

\[ \Delta S_k(u)(s) = S_k(u(s)) - S_k(u(0)). \]  \hspace{1cm} (6.7)

The next lemma describes how \(\Delta S_k\) changes under deformation of paths in \(M\) with the first endpoint fixed. The proof follows from the fact that \(\eta_k\) is a closed form.

**Lemma 6.2.1.** Let \(R > 0\) and let \(u : [0,R] \times [0,1] \to M\) be a homotopy of paths. Denote by \(u_r := u(r,\cdot)\) and \(u^s := u(\cdot,s)\) the paths in \(M\) obtained keeping one of the variables fixed. If \(u^s\) is constant, then for every \(s \in [0,1]\)

\[ \Delta S_k(u_R)(s) = \Delta S_k(u_0)(s) + \Delta S_k(u^s)(R). \]  \hspace{1cm} (6.8)

We now proceed to define a generalized pseudo-gradient. First we consider the vector field \(-\sharp \eta_k\), where \(\sharp\) is the duality between \(TM\) and \(T^*M\) given by the metric \(g_{\mathcal{M}}\) in \(3.4\). By Corollary 6.1.2 \(-\sharp \eta_k\) is locally Lipschitz and hence we have local existence and uniqueness for solutions of the associated Cauchy problem.
However, since $\|\eta_k\|$ is not bounded on $\mathcal{M}$, solutions of the Cauchy problem could escape to infinity in finite time, thus having a maximal interval of definition of finite length. To avoid this problem we consider the bounded conformal vector field

$$X_k := \frac{-\#\eta_k}{\sqrt{1 + \|\eta_k\|^2}}. \quad (6.9)$$

We define $\Phi^k$ as the local flow of $X_k$ on $\mathcal{M}$ generated by the maximal solutions $u(x,T) : (R^-_{(x,T)}, R^+_{(x,T)}) \to \mathcal{M}$ of the Cauchy problem with initial condition $u(0) = (x,T)$. Here $(x,T)$ is some element in $\mathcal{M}$ and $R^-_{(x,T)}$, $R^+_{(x,T)}$ are numbers in $\mathbb{R}^+ \cup \{+\infty\}$. By definition, we have

$$\Phi^k_r(x,T) = u(x,T)(r) =: (x(r), T(r)).$$

Actually we are interested in the behavior of the local flow only in forward time, so hereafter we forget about $R^-_{(x,T)}$ and study the properties of $\Phi^k$ for positive times. As we will see in the next lemma, the only source of incompleteness for $\Phi^k$ is that the map $r \mapsto T(r)$ has $0$ as a limit point.

**Proposition 6.2.2.** Let $u : [0,R) \to \mathcal{M}$ be a maximal flow-line of $\Phi^k$ and suppose that $R < +\infty$. Then necessarily

$$\lim \inf_{r \to R} T(r) = 0. \quad (6.10)$$

In this case there exist a constant $C > 0$ and a sequence $r_h \to R$ such that

$$T(r_h) \to 0 \quad and \quad e(x(r_h)) \leq CT(r_h)^2.$$

Proof. Suppose that $R < +\infty$ and assume by contradiction that $T(r) \geq T_*$ for every $r \in [0,R)$. Observe that

$$\left\| \frac{d}{dr} u \right\| = \left\| \frac{-\#\eta_k}{\sqrt{1 + \|\eta_k\|^2}} \right\| = \frac{\|\eta_k\|}{\sqrt{1 + \|\eta_k\|^2}} < 1.$$

Since the derivative of $u$ is bounded by the above inequality and $H^1(\mathbb{T},M) \times [T_*, +\infty)$ is complete, there exists the limit

$$u_* := \lim_{r \to R} u(r).$$

As $X_k$ is locally Lipschitz, there exists a neighbourhood $\mathcal{U}$ of $u_*$, such that the solutions to the Cauchy problem with initial data in $\mathcal{U}$ all exist in a small fixed interval $[0,r_u]$. This yields a contradiction as soon as $u(r) \in \mathcal{U}$ and $R - r < r_u$. Suppose now that (6.10) holds. In this case there exists a sequence $r_h \to R$ such that

$$T(r_h) \to 0 \quad and \quad \frac{dT}{dr}(r_h) \leq 0.$$

Proof. Suppose that $R < +\infty$ and assume by contradiction that $T(r) \geq T_*$ for every $r \in [0,R)$. Observe that

$$\left\| \frac{d}{dr} u \right\| = \left\| \frac{-\#\eta_k}{\sqrt{1 + \|\eta_k\|^2}} \right\| = \frac{\|\eta_k\|}{\sqrt{1 + \|\eta_k\|^2}} < 1.$$
Using (6.1) and (6.4), we then find
\[ 0 \geq \frac{dT}{dr}(r_h) = -(\eta_k)_{u(r_h)} \left[ \frac{\partial}{\partial T} \right] \geq E_0 \frac{e(x(r_h))}{T(r_h)^2} - E_1 - k, \]
which gives the required bound for the energy. \(\square\)

The following lemma is about the 1/2-Hölder norm of the flow-lines of \(\Phi^k\) and will be used in the proof of Proposition 6.2.2.

**Lemma 6.2.3.** If \(u : [0, R] \to \mathcal{M}\) is a flow line of \(\Phi^k\), then
\[ -\Delta S_k(u)(R) \geq \frac{d_{\mathcal{M}}(u(R), u(0))^2}{R}, \]
where \(d_{\mathcal{M}}\) denotes the distance induced by the metric \(g_{\mathcal{M}}\) in (3.4). In particular,
\[ -\Delta S_k(u)(R) \geq \frac{(T(R) - T(0))^2}{R}. \quad (6.11) \]

**Proof.** We just compute
\[
-\Delta S_k(u)(R) = -\int_0^R \eta_k(u) \left( \frac{du}{dr} \right) dr = -\int_0^R \eta_k(u)(X_k(u)) dr = \\
= -\int_0^R \eta_k(u) \left( \frac{-\hat{\eta}_k(u)}{\sqrt{1 + \|\eta_k(u)\|^2}} \right) dr = \int_0^R \frac{\|\eta_k(u)\|^2}{\sqrt{1 + \|\eta_k(u)\|^2}} dr = \\
= \int_0^R \sqrt{1 + \|\eta_k(u)\|^2} \cdot \|X_k(u)\|^2 dr \geq \int_0^R \|X_k(u)\|^2 dr = \\
= \int_0^R \left( \frac{du}{dr} \right)^2 dr \geq \frac{1}{R} \left( \int_0^R \left\| \frac{du}{dr} \right\| dr \right)^2 \geq \frac{d_{\mathcal{M}}(u(R), u(0))^2}{R},
\]
where the penultimate inequality follows from the Cauchy-Schwarz inequality. To obtain (6.11) we just observe that
\[ |T(R) - T(0)| \leq d_{\mathcal{M}}(u(R), u(0)). \]
as \(d_{\mathcal{M}}\) is a product distance. \(\square\)

Lemma 6.1.5 and Proposition 6.2.2 show that the only source of non-completeness of the local flow \(\Phi^k\) are trajectories that go closer and closer to the subset of constant loops. In particular, this yields that \(\Phi^k\) is positively complete on \(\mathcal{M} \setminus \mathcal{M}_0\). The case of \(\mathcal{M}_0\) is more delicate and requires to take a deeper look to \(\eta_k\) close to the set of constant loops. We will do this for \(k > c_0(L)\) obtaining two outcomes.

First, \(\eta_k\) admits a positive primitive \(S_k\) on the subset of loops with small kinetic energy and such a function has an interesting geometry, which will be exploited for the minimax method. Second, we will improve Proposition 6.2.2 and show that on the flow lines with finite maximal interval of definition \(S_k \to 0\).
6.2. A TRUNCATED GRADIENT

Inside $\mathcal{M}_0$ we single out the submanifold of constant loops

$$M_0 := M \times \mathbb{R}^+.$$ 

For every $\delta > 0$ consider the neighbourhood $\mathcal{V}_\delta$ of $M_0$ given by

$$\mathcal{V}_\delta := \{(x, T) \mid e(x) < \delta\}.$$ \hfill (6.12)

If $\delta$ is sufficiently small, then there is a deformation retraction of $\mathcal{V}_\delta$ onto $M_0$ which fixes the period. Such a deformation can be obtained for example by considering the negative gradient flow of the function $e$ on $H^1(T, M)$. The deformation yields a capping disc $D_x$ for $x$ and, hence, an explicit primitive $S_k$ for $\eta_k$ on $\mathcal{V}_\delta$ defined by

$$S_k(x, T) := L_k^L(x, T) + \int_{D_x} \sigma.$$ \hfill (6.13)

**Lemma 6.2.4.** If $\delta$ is sufficiently small, there exists $\Theta_0 > 0$ such that

$$\left| \int_{D_x} \sigma \right| \leq \Theta_0 l(x)^2, \quad \forall (x, T) \in \mathcal{V}_\delta.$$ \hfill (6.14)

In particular there exists $B > 0$ such that

$$S_k(x, T) \leq B \frac{e(x)}{T} + (B + k)T + \Theta_0 l(x)^2.$$ \hfill (6.15)

**Proof.** The estimate (6.14) is exactly Lemma 7.1 in [Abb13]. Since $L$ is a Tonelli Lagrangian electromagnetic at infinity we can find $B > 0$ such that

$$L(q, v) \leq B(1 + \|v\|^2), \quad \forall (q, v) \in TM$$

and we readily compute

$$S_k(x, T) = T \int_0^1 \left[ L\left( x(s), \frac{x'(s)}{T} \right) + k \right] ds + \int_{D_x} \sigma$$

$$\leq T \int_0^1 \left[ B \frac{\|x'(s)\|^2}{T^2} + B + k \right] ds + \Theta_0 l(x)^2$$

$$\leq B \frac{e(x)}{T} + (B + k)T + \Theta_0 l(x)^2$$

as we wished to prove. \hfill \Box

It is worth to point out that [6.14], with a different $\Theta_0$, holds more generally for any closed 2-form on $M$, as this remark will be used in the proof of the next lemma. If we want more informations on the behaviour of $S_k$, we have to restrict the range of energies we consider. Indeed, notice that on $M_0$ the function $S_k$ reduces to

$$S_k(x_0, T) = T \left[ L(x_0, 0) + k \right] = T \left[ k - E(x_0, 0) \right].$$ \hfill (6.16)

Hence, if $k > e_0(L)$, then for every $x_0 \in M$ the function $T \mapsto S_k(x_0, T)$ is increasing in $T$ and tends to zero as $T$ goes to 0. Moreover, in the same energy range we have a positive lower bound for $S_k$ on $\partial \mathcal{V}_\delta$ as the following lemma shows.
CHAPTER 6. PERIODIC ORBITS FOR THE FLOW OF \((L,\sigma)\)

Lemma 6.2.5. If \(k > e_0(L)\), there exists \(\delta_k > 0\) such that for every \(\delta \in (0, \delta_k)\) there exists \(\varepsilon_{k,\delta} > 0\) such that
\[
\inf_{\partial V_\delta} S_k \geq \varepsilon_{k,\delta}.
\]

Proof. We first prove that there exist \(L_2, \Theta_1 > 0\) such that, for \(\delta\) sufficiently small, every \((x, T) \in V_\delta\) satisfies
\[
A_k^L(x, T) \geq l(x) \sqrt{L_2(k - e_0(L))} - \Theta_1 l(x)^2,
\]
where \(A_k^L\) is the free-period Lagrangian action functional associated with \(L\). Consider the smooth one-form on \(M\)
\[
\vartheta(q)[v] := d_v L(q, 0)[v].
\]

By taking a Taylor expansion and by using the bound (3.2), we get the estimate
\[
L(q, v) = L(q, 0) + d_v L(q, 0)[v] + \frac{1}{2} d_{vv} L(q, sv)[v, v] \geq -E(q, 0) + \vartheta(q)[v] + a \|v\|^2_q.
\]

For a fixed \((x, T) \in V_\delta\) we then compute
\[
A_k^L(x, T) \geq \int_0^T \left[ -E(\gamma(t), 0) + \vartheta(\gamma(t))[\dot{\gamma}(t)] + a \|\dot{\gamma}(t)\|^2 + k \right] dt \geq
\]
\[
\geq [k - e_0(L)] T + \int_0^T \gamma^* \vartheta + a \int_0^T \|\dot{\gamma}(t)\|^2 dt \geq
\]
\[
\geq [k - e_0(L)] T - \Theta_1 l(x)^2 + \frac{a}{T} l(x)^2,
\]
where \(\Theta_1 > 0\) is such that (6.14) holds for \(d\vartheta\) integrated over the “canonical” capping disc for \(x\). For \(l(x)\) fixed, the last expression in \(T\) attains its minimum at
\[
T = l(x) \sqrt{\frac{a}{k - e_0(L)}},
\]
where it equals to
\[
2 \sqrt{a(k - e_0(L))} l(x) - \Theta_1 l(x)^2.
\]
The choice \(L_2 = a/4\) proves then (6.17). Combining (6.17) with (6.14), we get
\[
S_k(x, T) \geq l(x) \sqrt{L_2(k - e_0(L))} - (\Theta_0 + \Theta_1) l(x)^2,
\]
which is positive if \(l(x)\) is small and positive. The thesis follows. \(\square\)

We define the sublevel sets \(W'_\delta, W_\delta \subseteq V_\delta\) of \(S_k\) as follows
\[
W'_\delta := \left\{ S_k < \varepsilon_{k,\delta}/4 \right\}, \quad W_\delta := \left\{ S_k < \varepsilon_{k,\delta}/2 \right\}.
\]

Thanks to Lemma 6.2.5, we have that \(W_\delta \cap \partial V_\delta = \emptyset\); moreover, \(M_0 \cap W'_\delta \neq \emptyset\). Because of (6.16), these sets play an important role as far as critical sequences and flow lines are concerned.
Lemma 6.2.6. If \( k > \epsilon_0(L) \), then for every \( \delta > 0 \) sufficiently small there holds:

i) if \( (x_h, T_h) \) is a critical sequence for \( \eta_k \) in \( M_0 \) such that \( T_h \to 0 \), then \( (x_h, T_h) \subset W'_\delta \) for every \( h \) sufficiently large;

ii) If a flow line of \( \Phi^k \) is not defined for all positive times, then it enters \( W'_\delta \).

Proof. We prove the first statement. By Inequality (6.5) in Lemma 6.1.5, there exists \( C > 0 \) such that \( e(x_h) \leq CT_h^2 \). Therefore, \( (x_h, T_h) \in V_\delta \) for \( h \) big enough and we can use Inequality (6.15) to obtain

\[
S_k(x_h, T_h) \leq B \frac{CT_h^2}{T_h} + (B + k)T_h + \Theta_0 CT_h^2,
\]

which goes to zero as \( h \) goes to infinity. We prove the second statement. Let \( (x, T) \in M_0 \setminus W'_\delta \) and let \( [0, R(x, T)) \) be the maximal interval of definition of the flow line

\[
r \mapsto (x(r), T(r)) := \Phi^k(x, T).
\]

Suppose that \( R(x, T) < +\infty \). By Proposition 6.2.2, there exists \( r_h \to R \) such that

\[
T(r_h) \to 0 \quad \text{and} \quad e(x(r_h)) \leq CT(r_h)^2.
\]

By the same argument as in the proof of the first statement, we have \( (x_h, T_h) \in W'_\delta \), for large \( h \). This completes the proof, as \( W'_\delta \) is positively \( \Phi^k \)-invariant.

Thanks to the previous lemma, in order to make \( \Phi^k \) positively complete, we stop the flow lines entering \( W'_\delta \). Consider a smooth cut-off function \( \kappa_\delta : \mathbb{R}^+ \to [0, 1] \) with

\[
\kappa_\delta^{-1}(0) = (0, \epsilon_{k, \delta}/4), \quad \kappa_\delta^{-1}(1) = [\epsilon_{k, \delta}/2, +\infty).
\]

We use this function to define \( \hat{\kappa}_\delta : M_0 \to [0, 1] \) as follows:

\[
\hat{\kappa}_\delta = \begin{cases} 
1 & \text{on } M_0 \setminus V_\delta, \\
\kappa_\delta \circ S_k & \text{on } V_\delta.
\end{cases}
\]

Finally, define the vector field \( X_{k, \delta} := \hat{\kappa}_\delta X_k \) and denote its semi-flow by \( \Phi^{k, \delta} \).

Lemma 6.2.7. The time-dependent semi-flow \( \Phi^{k, \delta} \) is complete on \( M_0 \).

Proof. The flow \( \Phi^{k, \delta} \) has the same flow lines as \( \Phi^k \), possibly traveled at a lower speed. Hence, if a flow-line does not intersect \( W'_\delta \), it is defined for all positive times by Lemma 6.2.6. On the other hand, if it intersects \( W'_\delta \), it is eventually constant since \( X_{k, \delta} = 0 \) on \( W'_\delta \) and hence the trajectory is defined for all positive times.

Summarizing, the non-completeness of \( \Phi^k \) can be overcome by truncating it near the manifold of constant loop, namely by multiplying the vector field \( X_k \) by a cut-off function \( \hat{\kappa}_\delta \), whose role is to make the flow-lines constant if the kinetic energy is sufficiently small. We will see that this is not restrictive for our goals.
6.3 The minimax class

In this section we are going to see that, by Identity (6.16) and Lemma 6.2.5, the 1-form \( \eta_k \) exhibits a mountain pass geometry on some space \( \mathfrak{U} \) of continuous maps

\[
(B^{l-1}, S^{l-2}) \longrightarrow (M_0, M_0),
\]

provided that \( k > e_0(L) \). The set \( \mathfrak{U} \) must enjoy the following two properties:

- it is positively invariant under the action of \( \Phi^{k, \delta} \);
- all its elements are based in \( M_0 \cap W^r_\delta \) and intersect \( \partial V_\delta \), meaning that for all \( u \in \mathfrak{U} \) there holds \( u(S^{l-2}) \subseteq M_0 \cap W^r_\delta \) and \( u(\xi) \in \partial V_\delta \) for some \( \xi \in B^{l-1} \).

We construct \( \mathfrak{U} \) under the hypothesis that \( \pi_l(M) \neq 0 \) for some \( l \geq 2 \). Thus, let \( u \in \pi_l(M) \setminus \{0\} \) and fix \( k^* > e_0(L) \). Let \( I = (k^*) \subset (e_0(L), +\infty) \) be a bounded open interval containing \( k^* \); observe that there exists \( T_0 > 0 \) such that

\[
S_k(p, T_0) < \frac{\epsilon_{k, \delta}}{4}, \quad \forall \ p \in M, \ \forall \ k \in I.
\]  

(6.19)

In order to achieve the invariance under the action of \( \Phi^{k, \delta} \), the class \( \mathfrak{U} \) of maps \((B^{l-1}, S^{l-2}) \rightarrow (M_0, M_0)\) will be therefore built in such a way that

\[
u(S^{l-2}) \subseteq M \times \{T_0\}, \quad \forall \ u \in \mathfrak{U}.
\]

We start showing a decomposition of \( S^l \) into a family of loops parametrized on \( B^{l-1} \), such that to every point in \( \partial B^{l-1} \cong S^{l-2} \) there corresponds a constant loop; this construction is analogous to the one used in the proof of Theorem 2.4.20 in [Kli95]. Look at \( B^{l-1} \) as the half equator in \( S^l \subseteq \mathbb{R}^{l+1} \) given by

\[
B^{l-1} = \left\{ (x_0, \ldots, x_l) \in \mathbb{R}^{l+1} \mid x_0 \geq 0, \ x_1 = 0 \right\}.
\]

For every \( p = (p_0, 0, p_2, \ldots, p_l) = (p_0, p') \in B^{l-1} \) consider the circle defined as the intersection of \( S^l \) with the plane \( \{x_i = p_i \mid i = 2, \ldots, l\} \) and parametrize it with

\[
\gamma_p : [0, 1] \rightarrow S^l, \quad \gamma_p(t) := \left( \sqrt{1 - \|p'\|^2} \cos 2\pi t, \sqrt{1 - \|p'\|^2} \sin 2\pi t, p_2, \ldots, p_l \right).
\]

Notice that \( \gamma_p \) is the constant loop in \( p \) for every \( p \in \partial B^{l-1} \).
6.3. THE MINIMAX CLASS

Therefore, given any continuous map \( f : S^l \to M \) we can define a map
\[
F = F(f) : (B^{l-1}, S^{l-2}) \to (C^0(\mathbb{T}, M), M)
\]
just by setting \( F(p) := f \circ \gamma_p(\cdot) \). The converse is also true; namely, to any continuous map \( F : (B^{l-1}, S^{l-2}) \to (C^0(\mathbb{T}, M), M) \) we can associate a map \( f(F) : S^l \to M \) and these operations turn to be the inverse of each other (cf. [Kli95, Page 180]). Moreover, homotopies of \( f \) are mapped into homotopies of \( F = F(f) \), and vice versa, through this correspondence. Now define the class \( \mathfrak{U} \) of maps
\[
u = (x, T) : (B^{l-1}, S^{l-2}) \to (M_0, M_0)
\]
such that \( f(x) \in \nu \) and \( u(S^{l-2}) \subseteq M \times \{ T_0 \} \), with \( T_0 \) as in (6.19).

The class \( \mathfrak{U} \) just defined is clearly non-empty, as one readily sees taking a smooth function \( f \in \mathfrak{U} \) and considering \( u = (F(f), T) \).

Moreover, it follows from Theorem 2.1.8 in [Kli78] and the fact that \( u \in \pi_l(M) \) is non-trivial that for every element \( u \in \mathfrak{U} \) there exists \( \xi \in B^{l-1} \) such that \( u(\xi) \in \partial \mathcal{V}_\delta \).

Indeed, suppose that the image of \( u \) is entirely contained in \( \mathcal{V}_\delta \); then, there would exist a homotopy from \( u \) to a map \( \tilde{u} \) with image entirely contained in \( M_0 \), which would imply \( [f(\tilde{u})] = 0 \). Since the homotopy from \( u \) to \( \tilde{u} \) yields a homotopy from \( f(u) \) to \( f(\tilde{u}) \), this would actually imply \( [f(u)] = 0 \) which is a contradiction.

Finally, the class \( \mathfrak{U} \) is clearly invariant under the action of \( \Phi^{k,\delta} \).

We are now ready to define the minimax function \( c^u : I \to (0, +\infty) \). Suppose for the moment that \( l \geq 3 \); for every \( \xi \in B^{l-1} \) consider a path \( a_\xi : [0, 1] \to B^{l-1} \) connecting a point on the boundary \( S^{l-2} \) to \( \xi \) and, for every \( u \in \mathfrak{U} \), define the composition \( u_\xi := u \circ a_\xi \). Now set
\[
\tilde{S}_k(u, \xi) := S_k(u_\xi(0)) + \Delta S_k(u_\xi)(1),
\]
with \( S_k(\cdot) \) primitive of \( \eta_k \) on \( \mathcal{V}_\delta \) as in (6.13) and \( \Delta S_k(u_\xi)(1) \) variation of \( \eta_k \) along the path \( u_\xi \) given by (6.6), and
\[
c^u(k) := \inf_{u \in \mathfrak{U}} \max_{\xi \in B^{l-1}} \tilde{S}_k(u, \xi).
\]

Notice that, fixed \( u \in \mathfrak{U} \), the value \( \tilde{S}_k(u, \xi) \) depends only on the point \( \xi \) and not on the path used to join \( S^{l-2} \) with \( \xi \). Indeed, let \( a'_\xi : [0, 1] \to B^{l-1} \) be another path connecting the boundary with \( \xi \); since \( l \geq 3 \), \( S^{l-2} \) is path-connected and hence there exists a path \( \delta : [0, 1] \to S^{l-2} \) from \( a_\xi(0) \) to \( a'_\xi(0) \).
Denote with $u^\prime_\xi := u \circ a^\prime_\xi$, $u_\delta := u \circ \delta$; the fact that $\eta_k$ is a closed form implies that

$$\Delta S_k(u_\xi)(1) = \int_0^1 u^\prime_\xi \eta_k = \Delta S_k(u^\prime_\xi \# u_\delta)(1) = \int_0^1 (u^\prime_\xi \# u_\delta)^* \eta_k = \int_0^1 u_\delta \eta_k + \int_0^1 (u^\prime_\xi)^* \eta_k = S_k(u^\prime_\xi(0)) - S_k(u_\xi(0)) + \Delta S_k(u^\prime_\xi)(1)$$

which yields

$$S_k(u_\xi(0)) + \Delta S_k(u_\xi)(1) = S_k(u^\prime_\xi(0)) + \Delta S_k(u^\prime_\xi)(1).$$

One could a priori repeat the same construction also for $l = 2$; however, since $S^{l-2}$ is not connected anymore, the value $\bar S_k(u, \xi)$ might depend (and in general it does) on the path we use to connect $\xi$ with the boundary. In this case we therefore choose $a_\xi : [0, 1] \to B^1$ such that $a_\xi(0) = -1$, $a_\xi(1) = \xi$, set $u_\xi := u \circ a_\xi$ and define as above the minimax function $c^u(\cdot)$ by

$$c^u(k) := \inf_{u \in \mathcal{U}} \max_{\xi \in B^l} \bar S_k(u, \xi).$$

With this definition we can treat both the cases $l = 2$ and $l \geq 3$ at once. In the next lemma we prove a crucial monotonicity property for the function $c^u$.

**Lemma 6.3.1.** If $k_1, k_2 \in I$ are such that $k_1 < k_2$, then

$$c^u(k_1) \leq c^u(k_2).$$

**Proof.** We have $\eta_{k_2} - \eta_{k_1} = (k_2 - k_1) dT$. Integrating this along $u_\xi$, we get

$$\Delta S_{k_2}(u_\xi)(1) - \Delta S_{k_1}(u_\xi)(1) = (k_2 - k_1)(T(1) - T_0).$$

This implies that, for every $u \in \mathcal{U}$, we have

$$\bar S_{k_1}(u, \xi) < \bar S_{k_2}(u, \xi), \quad \forall \xi \in B^{l-1},$$

since clearly there holds

$$(k_2 - k_1)(T(1) - T_0) > -(k_2 - k_1)T_0.$$ 

The assertion follows then taking the inf-max over $\mathcal{U}$. \qed

We will use the family $\mathcal{U}$ in the next section to construct a critical sequence for $\eta_k$ with periods bounded and bounded away from zero whenever $k \in I$ is a point of differentiability for $c^u(\cdot)$, using a generalization of the Struwe monotonicity argument [Str90]. To exclude that the periods tend to zero we need the following lemma, which states that, if $\xi_\ast \in B^{l-1}$ almost realizes the maximum of

$$\xi \mapsto \bar S_k(u, \xi),$$

then $u(\xi_\ast) \notin W_\delta$.
Lemma 6.3.2. Fix $k \in I$ and $u \in \mathcal{U}$. If $\xi \in B^{l-1}$ is such that
\[
\tilde{S}_k(u, \xi) > \max_{\xi \in B^{l-1}} \tilde{S}_k(u, \xi) - \frac{\varepsilon_{k, \delta}}{2},
\] (6.21)
then $u(\xi) \not\in W_\delta$.

Proof. By assumption there exists $\bar{\xi} \in B^{l-1}$ such that $u(\bar{\xi}) \in \partial V_\delta$. Without loss of generality we may suppose that the path $u\bar{\xi}|_{[0,1)}$ is entirely contained in $V_\delta$; it follows
\[
\max_{\xi \in B^{l-1}} \tilde{S}_k(u, \xi) \geq \tilde{S}_k(u, \bar{\xi}) = S_k(u(\bar{\xi})) \geq \varepsilon_{k, \delta}
\]
and hence in particular by (6.21)
\[
\tilde{S}_k(u, \xi) \geq \frac{\varepsilon_{k, \delta}}{2}.
\]
Suppose $l \geq 3$; if $u(\xi)$ would belong to $W_\delta$ then we could choose the path $u\xi$ to be entirely contained in $V_\delta$; this would imply that
\[
\tilde{S}_k(u, \xi) = S_k(u(\xi)) < \frac{\varepsilon_{k, \delta}}{2}
\]
which is clearly a contradiction. Suppose now $l = 2$ and $u(\xi) \in W_\delta$; in this case we have two possibilities: either $u\xi$ is entirely contained in $V_\delta$, which yields a contradiction exactly as above, or there exists $s \in (0,1]$ such that $u(\xi)(s) \in \partial V_\delta$ and $u(\xi)(s,1) \subseteq V_\delta$. We now compute using the definition
\[
\tilde{S}_k(u, u_\xi(s)) - \tilde{S}_k(u, \xi) = \Delta S_k(u_\xi)(s) - \Delta S_k(u_\xi)(1) = S_k(u_\xi(s)) - S_k(u(\xi)) > \frac{\varepsilon_{k, \delta}}{2}.
\]
It follows that
\[
\max_{\xi \in B^l} \tilde{S}_k(u, \xi) \geq \tilde{S}_k(u, u_\xi(s)) > \tilde{S}_k(u, \xi) + \frac{\varepsilon_{k, \delta}}{2}.
\]
in contradiction with the assumption. \hfill \Box

6.4 A generalized Lusternik-Fet theorem

In this section, building on the results of the previous paragraphs, we generalize the Lusternik and Fet theorem [FL51] to the setting considered in this chapter.

Theorem 6.4.1 (Generalized Lusternik-Fet theorem). Let $(M,g)$ be a closed connected Riemannian manifold, $L : TM \to \mathbb{R}$ be a Tonelli Lagrangian and $\sigma$ be a closed 2-form. If $\pi_1(M) \neq 0$ for some $l \geq 2$, then for almost every $k > e_0(L)$ there exists a contractible periodic orbit for the flow of the pair $(L, \sigma)$ with energy $k$.

In virtue of Proposition 6.1.4 and of the fact that a monotone function is almost everywhere differentiable it will suffice to show the following
Proposition 6.4.2. Fix $k^* > e_0(L)$ and let $c^u : I \to (0, +\infty)$ as defined in (6.20). If $k \in I$ is a point of differentiability for $c^u$, then there exists a critical sequence $(x_h, T_h) \in M_0$ with periods bounded and bounded away from zero.

Proof. By assumption there exists a positive constant $A > 0$ such that for every $k' \geq k$ sufficiently close to $k$

$$c^u(k') - c^u(k) \leq A(k' - k). \tag{6.22}$$

Consider a sequence $k_m \downarrow k$ and denote by $\lambda_m := k_m - k \downarrow 0$. Clearly we may suppose (6.22) to hold for every $k_m$. Take a corresponding $u_m = (x_m, T_m) \in \mathcal{U}$ with

$$\max_{\xi \in B^{l-1}} \tilde{S}_{k_m}(u_m, \xi) < c^u(k_m) + \lambda_m.$$ 

By the very definition of $c^u(k)$, the subset of all $\xi \in B^{l-1}$ such that

$$\tilde{S}_k(u_m, \xi) > c^u(k) - \lambda_m \tag{6.23}$$

is non-empty. As in the previous section denote by $(u_m)_\xi := u_m \circ a_\xi$ the composition of $u_m$ with a path $a_\xi : [0, 1] \to B^{l-1}$ connecting $S^{l-2}$ to $\xi$. We now readily compute

$$\tilde{S}_k(u_m, \xi) = S_k((u_m)_\xi(0)) + \Delta S_k((u_m)_\xi(1)) = S_k((u_m)_\xi(0)) + \int_0^1 (u_m)_\xi \eta_k =$$

$$= S_k((u_m)_\xi(0)) + \int_0^1 (u_m)_\xi^* dA^L_k + \int_0^1 (u_m)_\xi^* \tau^\sigma =$$

$$= S_k((u_m)_\xi(0)) + A^L_k((u_m)_\xi(1)) - A^L_k((u_m)_\xi(0)) + \int_0^1 (u_m)_\xi^* \tau^\sigma =$$

$$= A^L_k(u_m(\xi)) + \int_0^1 (u_m)_\xi^* \tau^\sigma,$$

where we have used the fact that $S_k \equiv A^L_k$ on $M_0$ and that $(u_m)_\xi(1) = u_m(\xi)$. Here $A^L_k$ is the free-period Lagrangian action functional associated to $L$. Notice that the integral in the last expression is independent on $k$; hence, it follows that

$$\tilde{S}_{k_m}(u_m, \xi) - \tilde{S}_k(u_m, \xi) = A^L_{k_m}(u_m(\xi)) - A^L_k(u_m(\xi)) = \lambda_m T_m(\xi).$$

Therefore, if $\xi \in B^{l-1}$ satisfies (6.23), we get

$$T_m(\xi) = \frac{\tilde{S}_{k_m}(u_m, \xi) - \tilde{S}_k(u_m, \xi)}{\lambda_m} \leq \frac{c^u(k_m) + \lambda_m - (c^u(k) - \lambda_m)}{\lambda_m} \leq A + 2,$$

and at the same time, by (6.22),

$$\tilde{S}_k(u_m, \xi) \leq \tilde{S}_{k_m}(u_m, \xi) < c^u(k_m) + \lambda_m < c^u(k) + (A + 1) \lambda_m.$$ 

Summing up, for every $m \in \mathbb{N}$ and every $\xi \in B^{l-1}$ either

$$\tilde{S}_k(u_m, \xi) \leq c^u(k) - \lambda_m, \tag{6.24}$$
or
\[
\tilde{S}_k(u_m, \xi) \in \left( c^u(k) - \lambda_m, c^u(k) + (A+1)\lambda_m \right) \quad \text{and} \quad T_m(\xi) < A + 2. \tag{6.25}
\]
Consider now for every \( r \in [0, 1] \) the element \( u^r_m \in \mathcal{U} \) given by
\[
u^r_m(\xi) := \Phi_{r}^{k, \delta}(u_m(\xi)), \quad \forall \xi \in B^{l-1}.
\]
Equation (6.8) in Lemma 6.2.1 implies that the map
\[
r \mapsto \tilde{S}_k(u^r_m, \xi)
\]
is decreasing. Combining this fact with (6.24) and (6.25) we obtain that
\[
\max_{(s, \xi)} \tilde{S}_k(u^r_m, \xi) < c^u(k) + (A+1)\lambda_m, \quad \forall r \in [0, 1] \tag{6.26}
\]
and the following dichotomy holds: either,
\[
(a) \quad \tilde{S}_k(u^1_m, \xi) \leq c^u(k) - \lambda_m,
\]
or
\[
(b) \quad \tilde{S}_k(u^r_m, \xi) \in \left( c^u(k) - \lambda_m, c^u(k) + (A+1)\lambda_m \right), \quad \forall r \in [0, 1].
\]
Suppose the second alternative holds. Then (6.26) implies
\[
\tilde{S}_k(u^r_m, \xi) > c^u(k) - \lambda_m > \max_{\xi \in B^{l-1}} \tilde{S}_k(u^r_m, \xi) - (A+2)\lambda_m. \tag{6.27}
\]
By Lemma 6.3.2, \( u^r_m(\xi) \notin \mathcal{W}_\delta \), provided that
\[
(A+2)\lambda_m \leq \frac{\varepsilon_{k, \delta}}{2},
\]
which is true for \( m \) big enough. This implies that \( r \mapsto u^r_m(\xi) \) is a genuine flow line of the untruncated flow \( \Phi^k \). Applying (6.11) we get that
\[
T^r_m(\xi) \leq \left| T^r_m(\xi) - T_m(\xi) \right| + T_m(\xi) \leq \sqrt{r(A+2)}\lambda_m + A + 2 < A + 3,
\]
where the last inequality is true for \( m \) sufficiently large. After this preparation, we claim that there exists a critical sequence \( (x_h, T_h) \) contained in \( \{ T < A+3 \} \setminus \mathcal{W}_\delta \). The claim readily implies the statement of the proposition.

To prove the claim we argue by contradiction and suppose that such a critical sequence does not exist. Then we can find \( \varepsilon_* > 0 \) such that on \( \{ T < A+3 \} \setminus \mathcal{W}_\delta \)
\[
\| \eta_k \| \geq \| X_k \| \geq \sqrt{\varepsilon_*}.
\]
If \( \xi \in B^{l-1} \) satisfies the alternative \((b)\) above, by (6.7) we have
\[
\tilde{S}_k(u^r_m, \xi) - \tilde{S}_k(u_m, \xi) = - \int_0^1 |\eta_k(X_k)|^2 \, dr \leq -\varepsilon_*,
\]
where we have used the fact that \( r \mapsto u_\varepsilon^r(\xi) \) is a flow line contained in \( \{ T < A + 3 \} \setminus \mathcal{W}_\delta \). Therefore, it follows that

\[
\tilde{S}_k(u_1^m, \xi) \leq \tilde{S}_k(u_m, \xi) - \varepsilon_* \leq c^u(k) + (A + 1)\lambda_m - \varepsilon_* .
\]

(6.28)

On the other hand, we have by assumption

\[
\tilde{S}_k(u_1^m, \xi) > c^u(k) - \lambda_m .
\]

Hence, the set of \( \xi \in B^{l-1} \) satisfying the alternative \( (b) \) is empty as soon as

\[
(A + 1)\lambda_m - \varepsilon_* < -\lambda_m .
\]

Therefore, for \( m \) big enough, all the \( \xi \in B^{l-1} \) satisfy \( (a) \). Since \( u_1^m \) belongs to \( \mathfrak{M} \), this contradicts the definition of \( c^u(k) \) and finishes the proof. \( \square \)
Chapter 7

Oscillating magnetic fields on $\mathbb{T}^2$

In this chapter we deal with a particular kind of magnetic flows on $T\mathbb{T}^2$. Recall that, in the setting of Chapter 6, the magnetic flow of the pair $(g,\sigma)$ on $T\mathbb{T}^2$ is the flow associated with the pair $(E_{\text{kin}},\sigma)$, where $E_{\text{kin}}$ is the kinetic energy associated with the Riemannian metric $g$ and $\sigma$ is a closed 2-form on $\mathbb{T}^2$.

Hereafter we assume the 2-form $\sigma$ to be non exact and oscillating; by this we mean that the density of $\sigma$ with respect to the area form takes both positive and negative values. Up to changing the orientation of $\mathbb{T}^2$, we may clearly assume that $\sigma$ has positive integral over $\mathbb{T}^2$. Under these assumptions we generalize the main result in [AMMP14] (for $M=\mathbb{T}^2$) to this setting, thus proving the following:

**Theorem.** Let $g$ be a Riemannian metric on $\mathbb{T}^2$ and let $\sigma$ be a non-exact oscillating 2-form. Then there exists $\tau_+(g,\sigma) > 0$ such that, for almost every $k \in (0,\tau_+(g,\sigma))$, $E_{\text{kin}}^{-1}(k)$ carries infinitely many geometrically distinct closed magnetic geodesics.

This result is the outcome of joint work with Gabriele Benedetti and complements our main theorem in [AB15], where the same problem on surfaces with genus larger than one is considered. Extending this to the case $M=S^2$ represents a challenging open problem. The key ingredient of our discussion is that the closed magnetic geodesics on $E_{\text{kin}}^{-1}(k)$ correspond to the zeros of the action 1-form

$$\eta_k(x,T) := dA_{E_{\text{kin}}}(x,T) + \int_0^1 \sigma(x(s),x'(s),\cdot)\,ds, \quad (7.1)$$

where $A_{E_{\text{kin}}}$ is the free-period Lagrangian action functional associated with the kinetic energy $E_{\text{kin}}$. The first goal is therefore to prove the existence of infinitely many zeros of $\eta_k$; we will do this by using variational methods similar to the one used in the proof of the generalized Lusternik-Fet theorem. The second step is then to show that the corresponding closed orbits are not the iterates of finitely many closed orbits.

In Section 7.1 we recall the existence of local minimizers of the action on surfaces for sufficiently low energy levels. This has been proven by Taimanov in [Tai92a, Tai92b, Tai93] and, independently, by Contreras, Macarini and Paternain in [CMP04]. We also observe that all the local properties that hold for the free-period Lagrangian action functional continue to hold in this setting; in particular, local minimizers of
the action continue to be local minimizers of the action when iterated and the zeros of $\eta_k$ cease to be of mountain pass nature if iterated sufficiently many times.

In Section 7.2 we use the existence of the Taimanov local minimizer and its iterates to construct minimax classes for the action 1-form $\eta_k$. Since the Taimanov’s local minimizer might not depend continuously on $k$, we will have to consider slightly different minimax classes than the natural ones to achieve the crucial monotonicity property of the associated minimax functions.

In Section 7.3 we prove the main theorem of this chapter, by suitably extending the Struwe monotonicity argument and the main idea of [AMMP14] to this setting.

### 7.1 Local minimizers on $\mathbb{T}^2$

The mechanism we will use to construct zeros of $\eta_k$ is, exactly as in Chapter 6, to look at the limit points of critical sequences for $\eta_k$. We will do this via a minimax method. The first step in this direction is to explain what we mean by local minimizer of the action. Observe preliminarily that, being $\pi_2(\mathbb{T}^2) = 0$, the form $\sigma$ is weakly-exact and hence the action 1-form $\eta_k$ is exact on the connected component $M_0$ of $M$ given by contractible loops (cf. [Mer10]) with primitive given by

$$A_{E_{\text{kin}}}^k(x, T) + \int_{C(x)} \sigma,$$

(7.2)

where $C(x)$ is any capping disc for $x$. It turns out that $\eta_k$ is exact on $M \setminus M_0$ if and only if $\sigma$ is exact (see again [Mer10]). However, $\eta_k$ is exact on small neighborhoods of a non-contractible closed magnetic geodesic; this allows to talk about local minimizers of the action also when $\eta_k$ is not globally exact, as we now show.

Therefore, suppose that $\gamma = (x, T) \in M$ is a non-contractible closed magnetic geodesic with energy $k$ or, equivalently, a zero of $\eta_k$. Since $\eta_k$ is invariant under the $\mathbb{T}$-action on $M$ given by changing the base point of a loop, we have that the whole circle $\mathbb{T} \cdot \gamma = \{(x(\tau + \cdot, T)) | \tau \in \mathbb{T}\}$ is contained in the set of zeros of $\eta_k$.

Thus, consider a sufficiently small open neighborhood $U_\gamma$ of $\mathbb{T} \cdot \gamma$ and observe that for any loop $(y, S) \in U_\gamma$ we can join $x$ to $y$ with a path $Z(y)$ entirely contained in $U_\gamma$. This yields a well-defined primitive of $\eta_k$ on $U_\gamma$

$$S_k^\gamma : U_\gamma \to \mathbb{R}, \quad S_k^\gamma(y, S) := A_{E_{\text{kin}}}^k(y, S) + \int_{Z(y)} \sigma.$$

(7.3)

Whenever a closed magnetic geodesic $\gamma$ is given, we fix once for all an open neighborhood $U_\gamma$ of $\mathbb{T} \cdot \gamma$ on which $\eta_k$ is exact with primitive $S_k^\gamma$ as in (7.3).

**Definition 7.1.1.** We say that a non-contractible $\gamma = (x, T) \in M$ is a local minimizer of the action if there exist an open neighborhood $V_\gamma \subset U_\gamma$ of $\mathbb{T} \cdot \gamma$ such that

$$S_k^\gamma(y, S) \geq S_k^\gamma(x, T), \quad \forall (y, S) \in V_\gamma.$$

Moreover, we say that the local minimizer $\gamma = (x, T)$ is strict if

$$S_k^\gamma(y, S) > S_k^\gamma(x, T), \quad \forall (y, S) \in V_\gamma \setminus \mathbb{T} \cdot \gamma.$$
Observe that the functional $S^r_k$ in (7.3) can be extended to a well-defined $\mathbb{N}$-equivariant functional on the (disjoint) union of open neighborhoods of $T \cdot \gamma^n$

$$S^r_k : \bigcup_{n \in \mathbb{N}} U_{\gamma^n} \rightarrow \mathbb{R}.$$  

(7.4)

For all $n \in \mathbb{N}$, the open neighborhood $U_{\gamma^n}$ of $T \cdot \gamma^n$ is chosen to contain the set $(U_{\gamma})^n$, given by iterating $n$-times each loop in $U_{\gamma}$, and to be sufficiently small in such a way that $\eta_k$ is exact on it. For the rest of the chapter, whenever a closed magnetic geodesic $\gamma$ is given, we suppose the $U_{\gamma^n}$'s to be fixed. Recall that $\mathbb{N}$-equivariance for $S^r_k$ means that the following property holds

$$S^r_k(x^m, mT) = mS^r_k(x, T), \quad \forall (x, T) \in \bigcup_n U_{\gamma^n}, \forall m \in \mathbb{N}.$$  

The functional $S^r_k$ actually coincides, up to a constant, with the free-period Lagrangian action functional $A^L_\vartheta$ associated with

$$L_\vartheta(q, v) := E_{\text{kin}}(q, v) + \vartheta_q(v),$$

where $\vartheta$ is a local primitive of $\sigma$ on a small open neighborhood of the image of $\gamma$. In particular, all the local properties that hold for the free-period Lagrangian action functional continue to hold for the functional $S^r_k$; here we recall briefly the ones that are relevant to our discussion (for the details we refer to [AB15]). We start with the so-called persistence of local minimizers, which ensures that a local minimizer of the action continues to be a local minimizer of the action also when iterated.

**Proposition 7.1.2.** If $\gamma$ is a (strict) local minimizer of the action, then for every $n \geq 1$ the $n$-th iterate $\gamma^n$ is also a (strict) local minimizer of the action.

The proof in [AMP13, Lemma 3.1] goes through without any change. It is worth to point out that this result holds only in dimension 2 and in the orientable case. Counterexamples to this for the free-period Lagrangian action functional associated with the kinetic energy in dimension bigger than two or on non-orientable surfaces are described in [Hed32] and [KH95, Example 9.7.1], respectively.

The second property that will be needed later on is the fact that, roughly speaking, critical points of the action cease to be of mountain-pass type if iterated sufficiently many times. In other words, zeros of $\eta_k$ are not of mountain-pass nature if iterated sufficiently many times. This fact is proven in [AMMP14] (see also [AB15]) and, in contrast with the persistence of local minimizers, holds in any dimension.

**Proposition 7.1.3.** Let $T \cdot \gamma$ be contained in the set of zeros of $\eta_k$ and denote with $S^r_k$ the local primitive of $\eta_k$ as in (7.4). Assume moreover that, for every $n \in \mathbb{N}$, $T \cdot \gamma^n$ is an isolated circle in the set of zeros of $\eta_k$. Then, for all $n \in \mathbb{N}$ sufficiently large there exists a neighborhood $W \subseteq U_{\gamma^n}$ of $T \cdot \gamma^n$ such that the following holds: if $\gamma_0, \gamma_1 \in \{S^r_k < S^r_k(\gamma^n)\} \subseteq U_{\gamma^n}$ are contained in the same connected component of

$$\{S^r_k < S^r_k(\gamma^n)\} \cup W,$$

then they are contained in the same connected component of $\{S^r_k < S^r_k(\gamma^n)\}$. 
Finally, if $\gamma$ is a strict local minimizer of the action with energy $k$, then we might find neighborhoods of $T \cdot \gamma$ on whose boundary the infimum of $S^\gamma_k$ is strictly larger than $S^\gamma_k(\gamma)$. We refer to [AMP13, Lemma 4.3] for the easy proof.

**Proposition 7.1.4.** Let $\gamma$ be a strict local minimizer of the action with energy $k$ and let $S^\gamma_k$ be the local primitive of $\eta_k$ as in (7.4). Then, there exist an open neighborhood $\mathcal{V}$ of $T \cdot \gamma$ such that the following holds

$$\inf_{\partial \mathcal{V}} S^\gamma_k > S^\gamma_k(\gamma).$$

(7.5)

As already mentioned, we will prove the existence of zeros for $\eta_k$ via a minimax method. The starting point will be the existence of local minimizers of the action for low energies, which we now recall. Consider the family of Taimanov functionals

$$\mathcal{T}_k : \mathcal{F}_+ \to \mathbb{R},$$

where $k \in (0, +\infty)$ and $\mathcal{F}_+$ is the space of positively oriented (possibly with boundary and not necessarily connected) embedded surfaces in $T^2$ (in [Tai92a, Tai92b, Tai93] Taimanov considers the so-called films):

$$\mathcal{T}_k(\Pi) := \sqrt{2k} \cdot l(\partial \Pi) + \int_{\Pi} \sigma,$$

(7.6)

where $l(\partial \Pi)$ denotes the length of the boundary of $\Pi$. Observe that $\emptyset \in \mathcal{F}_+$ and

$$\mathcal{T}_k(\emptyset) = 0, \quad \mathcal{T}_k(T^2) = \int_{T^2} \sigma > 0;$$

(7.7)

moreover the family $\{\mathcal{T}_k\}$ is increasing in $k$ and each $\mathcal{T}_k$ is bounded from below since

$$\mathcal{T}_k(\Pi) \geq -\|\sigma\|_{\infty} \cdot \text{area}_g(T^2).$$

Define now the value

$$\tau^+(M, g, \sigma) := \inf \left\{ k \mid \inf \mathcal{T}_k \geq 0 \right\} = \sup \left\{ k \mid \inf \mathcal{T}_k < 0 \right\}.$$

The functionals $\mathcal{T}_k$ can be lifted to any finite cover $p' : M' \to T^2$, thus giving rise to the set of values $\tau^+(M', g, \sigma)$. We can then define the Taimanov critical value as

$$\tau^+(g, \sigma) := \sup \left\{ \tau^+(M', g, \sigma) \mid p' : M' \to T^2 \text{ finite cover} \right\}.$$

(7.8)

In [CMP04] it was shown that, when $\sigma = d\vartheta$ is exact, the Taimanov critical value coincides with the Mañé critical value of the abelian cover $c_0(L\vartheta)$. When $\sigma$ is not exact, $\tau^+(g, \sigma)$ is positive exactly when $\sigma$ is oscillating (cf. [AB15, Lemma 6.2]).

**Lemma 7.1.5.** Let $\sigma$ be a non-exact oscillating 2 form on $(T^2, g)$, then

$$\tau^+(g, \sigma) > 0.$$
We can now state the main theorem about the existence of local minimizers for the action on $\mathbb{T}^2$. It is worth to point out that this result holds also for any closed connected orientable surface. For the proof we refer to [AB15, Lemma 6.4].

**Theorem 7.1.6.** Let $g$ be a Riemannian metric on $\mathbb{T}^2$, $\sigma \in \Omega^2(\mathbb{T}^2)$ be a non-exact oscillating form. Then, for every $k < \tau_+(g, \sigma)$ there exists a closed magnetic geodesic $\alpha_k$ on $\mathbb{T}^2$ with energy $k$ which is a local minimizer of the action.

This result follows directly from Taimanov’s theorem about the existence of global minimizers for $\mathcal{T}_k$, which states that for every $k < \tau_+(g, \sigma)$ there is a smooth positively oriented embedded surface $\Pi$, which is a global minimizer of $\mathcal{T}_k$ on the space of positively oriented surfaces on a finite cover $M'$ and with $\mathcal{T}_k(\Pi) < 0$. Each boundary component of $\Pi$ is then a closed magnetic geodesic for the magnetic flow lifted to $M'$; notice that the boundary of $\Pi$ is non-empty by (7.7). The proofs are contained in [Tai92b] (case $M = S^2$) and in [Tai93] (general case). We also refer to [CMP04] for a new proof using methods coming from geometric measure theory.

The local minimizer of the action $\alpha_k$ need not (and in general will not) be contractible. However, if it happens to be contractible, then the existence of a global primitive of $\eta_k$ on $\mathcal{M}_0$ allows to prove the main theorem of this chapter by using literally the same argument as in [AB15].

Hereafter we will therefore assume that the Taimanov’s local minimizer is non-contractible. We explain now briefly how the existence of a local minimizer (with its iterates) yields minimax classes for $\eta_k$. Observe that, for all $n \in \mathbb{N}$

$$\pi_1(\mathcal{M}, \alpha_k^n) \cong \mathbb{Z} \times \mathbb{Z},$$

as every connected component of $H^1(\mathbb{T}, \mathbb{T}^2)$ is homeomorphic to

$$\mathbb{T}^2 \times \left\{ \gamma \in H^1(\mathbb{T}, \mathbb{R}^2) \mid \int_0^1 \gamma(t) \, dt = 0 \right\}.$$ 

If we write $\alpha_k^n = (x_k^n, nT_k)$, one generator of $\pi_1(\mathcal{M}, \alpha_k^n)$ is given by

$$a_n : [0, 1] \to \mathcal{M}, \quad a_n(s) := (x_k^n(s + \cdot), nT_k) \quad (7.9)$$

and corresponds to the “change of base-point” in $\alpha_k^n$. Observe that

$$\int_{a_n} \sigma = 0$$

and hence, since $\eta_k$ is non exact on $\mathcal{M} \setminus \mathcal{M}_0$, there exists another generator of $\pi_1(\mathcal{M}, \alpha_k^n)$, say $b_n$, such that

$$\int_{b_n} \sigma \neq 0.$$ 

One then considers, for all $n \in \mathbb{N}$, the class of loops in $\mathcal{M}$ based at $\alpha_k^n$ and homotopic to $b_n$ and defines a corresponding minimax function using the integration of $\eta_k$ along paths as in section 6.3. The problem is that this construction could yield minimax functions which do not depend monotonically on $k$, since the Taimanov’s local minimizer could a priori depend on $k$ in a non-continuous fashion.

Therefore, we shall modify the minimax classes to retrieve the desired monotonicity. This will be the goal of the next section.
7.2 The minimax classes

For any \( k \in (0, \tau_+(g, \sigma)) \), let \( \alpha_k \in \mathcal{M} \) be a local minimizer of the action with energy \( k \). As already pointed out, we may suppose \( \alpha_k \) to be non-contractible, as otherwise we could prove the main theorem of this chapter exactly as done in [AB15].

Fix now \( k^* \in (0, \tau_+(g, \sigma)) \); if the Taimanov’s local minimizer \( \alpha_k^* \) is not strict, then there exists a sequence of local minimizers of the action approaching \( \alpha_k^* \), which are all closed magnetic geodesics with energy \( k^* \). Thus, hereafter we may suppose without loss of generality the local minimizer \( \alpha_k^* \) to be strict.

For every \( n \in \mathbb{N} \) let \( \mathcal{U}_{\alpha_k^n} \) be an open neighborhood of \( \mathbb{T} \cdot \alpha_k^n \) as in the definition of the \( \mathbb{N} \)-equivariant local primitive \( S_{\alpha_k^n} \eta_k \) given by (7.4). By Proposition 7.1.4 we may find an open neighborhood \( \mathcal{V} \subseteq \mathcal{U}_{\alpha_k^n} \) of \( \mathbb{T} \cdot \alpha_k^n \) such that

\[
\inf_{\partial \mathcal{V}} S_{\alpha_k^n} > S_{\alpha_k^n}(\alpha_k^*).
\]

Lemma 3.1 in [AMMP14] implies now that there exists an open intervall \( I \) containing \( k^* \) such that for all \( k \in I \) the set

\[
M_k := \{ \text{local minimizers of } S_{\alpha_k^n} \text{ in } \mathcal{V} \} \tag{7.10}
\]

is non-empty and compact (see also [AB15, Lemma 8.1]). With \( M_k^n \subseteq \mathcal{U}_{\alpha_k^n} \), we denote the set given by iterating \( n \)-times every element in \( M_k \).

**Lemma 7.2.1.** There exists an open interval \( I = I(k^*) \subseteq (0, \tau_+(g, \sigma)) \) containing \( k^* \) and which has the following properties:

1. For every \( k \in I \) the set \( M_k \) in (7.10) is a non-empty compact set.

2. For every \( k \in I \) there holds

\[
\sup_{k' \in I} \max_{M_k^n} S_{\alpha_k^n} < \inf_{\partial \mathcal{V}} S_{\alpha_k^n}.
\]

For every \( n \in \mathbb{N} \) let \( a_n \) be the generator of \( \pi_1(\mathcal{M}, \alpha_k^n) \) given by (7.9) and let \( b_n \) be another generator, over which the integral of \( \sigma \) does not vanish. Observe that there is no loop \( u : [0, 1] \rightarrow \mathcal{U}_{\alpha_k^n} \) based at \( \alpha_k^n \), which is homotopic to \( b_n \), as otherwise \( \eta_k \) would be non exact on \( \mathcal{U}_{\alpha_k^n} \). We would like to define the minimax class \( P_n(k) \) as the set of paths in \( \mathcal{M} \) starting in and ending at \( M_k^n \) which are “homotopic” to \( b_n \). To do this we have to close the considered paths within \( \mathcal{U}_{\alpha_k^n} \), as we now show.

For every element \( \gamma \in M_k \) we consider a path \( \delta_k^\gamma : [0, 1] \rightarrow \mathcal{V} \) such that \( \delta_k^\gamma(0) = \gamma \) and \( \delta_k^\gamma(1) = \alpha_k^n \); namely \( \delta_k^\gamma \) is connecting \( \gamma \) with the Taimanov’s local minimizer \( \alpha_k^n \) and is entirely contained in \( \mathcal{V} \). For every \( n \in \mathbb{N} \) we denote with \( \delta_k^\gamma^n \) the path in \( \mathcal{U}_{\alpha_k^n} \) connecting \( \gamma^n \) with \( \alpha_k^n \), which is given by iterating \( n \)-times every loop of \( \delta_k^\gamma \).

Consider now a path \( u : [0, 1] \rightarrow \mathcal{M} \) starting and ending in \( M_k^n \); then

\[
u(0) = \gamma_0^n, \quad u(1) = \gamma_1^n.
\]
for some $\gamma_0, \gamma_1 \in M_k$ and hence we have that the juxtaposition
\[
\mathcal{J}(u) := \delta_k^{\gamma_0} \# u \# \left( \delta_k^{\gamma_1} \right)^{-1}
\]
is a loop based at $\alpha_k^{\gamma}$. We thus set
\[
P_n(k) := \left\{ u : [0,1] \to \mathcal{M} \mid u(0), u(1) \in M_k^{\gamma}, \ [\mathcal{J}(u)] = [b_n] \right\}.
\]
As already done in Chapter 6 for every $u \in P_n(k)$ we set
\[
\tilde{S}_k(u, s) := S_k^{\alpha_k} (u(0)) + \int_0^s u^* \eta_k, \ \forall s \in [0,1]
\]
and define $c_n : I \to \mathbb{R}$ by
\[
c_n(k) := \inf_{u \in P_n(k)} \max_{s \in [0,1]} \tilde{S}_k(u, s).
\]

We show now, using an argument similar to the one in [AMMP14], that the minimax functions $c_n$ are monotonically increasing in $k$. The first step to prove this is to show that, given $k_0 < k_1 \in I$, there always exist paths $w$ entirely contained in $\mathcal{V}$ which connect $M_{k_0}$ to a given element $\gamma \in M_{k_1}$ and such that $S_k^{\alpha_k} \circ w \leq S_{k_0}(\gamma)$.

**Lemma 7.2.2.** Let $k_0 < k_1 \in I$. For every $\gamma \in M_{k_1}$ there exists a continuous path $w : [0,1] \to \mathcal{V}$ such that $w(0) \in M_{k_0}$, $w(1) = \gamma$ and
\[
S_{k_0}^{\alpha_{k_0}} \circ w \leq S_{k_0}^{\alpha_{k_0}}(\gamma).
\]

**Proof.** The element $\gamma$ is a periodic orbit of energy $k_1$ and in particular is not a critical point of $S_k^{\alpha_k}$. Set $a := S_{k_0}^{\alpha_{k_0}}(\gamma)$; being a regular point of the hypersurface $(S_{k_0}^{\alpha_{k_0}})^{-1}(a)$, $\gamma$ can be connected to a point $\beta \in \mathcal{V} \cap \{ S_{k_0}^{\alpha_{k_0}} < a \}$ by a continuous path which is entirely contained in the sublevel set $\{ S_{k_0}^{\alpha_{k_0}} \leq a \}$. By Lemma 7.2.1 above
\[
a = S_{k_0}^{\alpha_{k_0}}(\gamma) < \inf_{\beta \in \mathcal{V}} S_{k_0}^{\alpha_{k_0}}
\]
and hence the connected component of $\{ S_{k_0}^{\alpha_{k_0}} \leq a \}$ which contains $\gamma$ is contained in $\mathcal{V}$. Since $S_{k_0}^{\alpha_{k_0}}$ satisfies the Palais-Smale condition on $\mathcal{V}$, the above fact ensures the existence of a global minimizer $\delta$ of the restriction of $S_{k_0}^{\alpha_{k_0}}$ to the connected component of $\{ S_{k_0}^{\alpha_{k_0}} < a \}$ that contains $\beta$. Such a $\delta$ belongs to $M_{k_0}$ and can be connected to $\beta$ by a continuous path in $\{ S_{k_0}^{\alpha_{k_0}} < a \}$. We conclude that there exists a continuous path $w : [0,1] \to \{ S_{k_0}^{\alpha_{k_0}} \leq a \}$ such that $w(0) = \delta \in M_{k_0}$ and $w(1) = \gamma$. \hfill \Box

**Lemma 7.2.3.** For every $n \in \mathbb{N}$, the minimax function $k \mapsto c_n(k)$ in (7.12) is monotonically increasing.

**Proof.** Let $k_0 < k_1 \in I$. Consider $u \in P_n(k_1)$; by the definition of the minimax class, $u(0)$ is the $n$-th iterate of an element in $M_{k_1}$ and by Lemma 7.2.2 can be joined, within $U_{k_1}$, with the $n$-th iterate of some element of $M_{k_0}$ by a path entirely contained
in \( \{ S_{k_0}^{\alpha_k^*} \leq S_{k_0}^{\alpha_k^*}(u(0)) \} \). The same holds also for \( u(1) \). By concatenation we obtain a path \( v : [0, 1] \rightarrow \mathcal{M} \) such that \( v(0), v(1) \in M^n_{k_0}, v_{[1/3, 2/3]} = u(3 \cdot (-1/3)) \) and

\[
v([0, 1/3]) \subseteq \{ S_{k_0}^{\alpha_k^*} \leq S_{k_0}^{\alpha_k^*}(u(0)) \}, \quad v([2/3, 1]) \subseteq \{ S_{k_0}^{\alpha_k^*} \leq S_{k_0}^{\alpha_k^*}(u(1)) \}.
\] (7.13)

Thus, \( v \in P_n(k_0) \) and, by (7.13), it satisfies for \( s \in [0, 1/3] \)

\[
\tilde{S}_{k_0}(v, s) = S_{k_0}^{\alpha_k^*}(v(0)) + \int_0^s v^* \eta_{k_0} = S_{k_0}^{\alpha_k^*}(v(s)) \leq S_{k_0}^{\alpha_k^*}(u(0)) \leq S_{k_0}^{\alpha_k^*}(u(0));
\]

for \( s \in [1/3, 2/3] \) there holds

\[
\tilde{S}_{k_0}(v, s) = S_{k_0}^{\alpha_k^*}(v(0)) + \int_0^s v^* \eta_{k_0} = S_{k_0}^{\alpha_k^*}(v(1/3)) + \int_{1/3}^s v^* \eta_{k_0} \leq S_{k_1}^{\alpha_k^*}(u(0)) + \int_0^{3(s-1/3)} u^* \eta_{k_0} \leq \tilde{S}_{k_1}(u, 3(s - 1/3)).
\]

Finally, for \( s \in [2/3, 1] \) we have

\[
\tilde{S}_{k_0}(v, s) = S_{k_0}^{\alpha_k^*}(v(0)) + \int_0^s u^* \eta_{k_0} \leq S_{k_1}^{\alpha_k^*}(u(0)) + \int_0^1 u^* \eta_{k_0} + \int_{2/3}^{3(s-2/3)} v^* \eta_{k_0} \leq \tilde{S}_{k_1}(u, 1) + S_{k_0}^{\alpha_k^*}(v(3(s - 2/3))) - S_{k_0}^{\alpha_k^*}(v(2/3)) \leq \tilde{S}_{k_1}(u, 1),
\]

as it follows from (7.13) (observe that \( v(2/3) = u(1) \)). Summarizing, we have that

\[
\max_{s \in [0, 1]} \tilde{S}_{k_0}(v, s) \leq \max_{s \in [0, 1]} \tilde{S}_{k_1}(u, s)
\]

and hence taking the infimum over all \( v \in P_n(k_0) \) we get

\[
c_n(k_0) \leq \max_{s \in [0, 1]} \tilde{S}_{k_1}(u, s).
\]

By taking the infimum over all \( u \in P_n(k_1) \) we conclude that \( c_n(k_0) \leq c_n(k_1) \). \( \square \)

### 7.3 A Struwe-type monotonicity argument

In this section, building on the results of the previous ones, we prove the main theorem of this chapter. Namely, we show that the following holds

**Theorem 7.3.1.** Let \( g \) be a Riemannian metric on \( \mathbb{T}^2 \) and let \( \sigma \) be a non-exact oscillating 2-form on \( \mathbb{T}^2 \). Then, for almost every \( k \in (0, \tau_+(g, \sigma)) \) the energy level \( E^{-1}(k) \) carries infinitely many geometrically distinct closed magnetic geodesics.

The theorem is a trivial consequence of Proposition 7.3.2 and Theorem 7.3.3 below. In the previous section we introduced a sequence of minimax functions \( c_n : I \rightarrow \mathbb{R} \), where \( I \) is an open interval around a fixed \( k^* \in (0, \tau_+(g, \sigma)) \), and showed a crucial monotonicity property for the functions \( c_n \). This will allow us to prove the
existence of zeros for the action 1-form $\eta_k$ for every $k \in I$ at which all the minimax functions are differentiable. It is a well-known fact that monotone functions are almost everywhere differentiable; in particular, the set of points in $I$ at which every function $c_n$ is differentiable is a full measure set in $I$.

Observe preliminarily that, if the set $M_k$ in (7.10) consists of infinitely many circles, then we immediately get the existence of infinitely many geometrically distinct closed magnetic geodesics with energy $k$. Therefore, we may also assume that $k \in I$ is such that $\#M_k < \infty$, meaning that the set $M_k$ consists of only finitely many circles; clearly, all the elements in $M_k$ (hence, all their iterates) are strict $k$-local minimizers of the action. Thus, we define the set

$$J = J(k^*) := \left\{ k \in I \mid \#M_k < \infty, \; c_n\text{ differentiable at } k, \; \forall n \in \mathbb{N} \right\}$$

and prove that, for every $k \in J$, the minimax functions $c_n$ yield zeros of $\eta_k$ by showing the existence of critical sequences for $\eta_k$ with periods bounded and bounded away from zero. The assertion follows then from Proposition 6.1.4.

To exclude that the zeros of $\eta_k$ detected by the $c_n$’s are contained in $M_k$ we use an argument analogous to the one used in Proposition 6.4.2 to exclude that the periods of the critical sequence tend to zero. More precisely, since $\#M_k < \infty$, all the elements in $M_k$ are strict local minimizers of the action and so are also their iterates. Let now $n \in \mathbb{N}$ be fixed and consider the set $M^n_k$; from Proposition 7.1.4 it follows that for every $\gamma \in M^n_k$ there exists a small open neighborhood $V_n(\gamma) \subseteq U_{\alpha_{\gamma}^n}$ of $T \cdot \gamma$ such that

$$\tilde{S}_k^{\gamma^*}(\gamma) = \inf_{\partial V_n(\gamma)} S_k - \epsilon_n(\gamma, k),$$

for some positive $\epsilon_n(\gamma, k) > 0$. By the very definition of the minimax class, every element $u \in P_n(k)$ with starting point in $T \cdot \gamma$ has to intersect $\partial V_n(\gamma)$.

Now arguing as in the proof of Lemma 6.3.2 one shows that there exists an open neighborhood $W_n(\gamma) \subseteq V_n(\gamma)$ of $T \cdot \gamma$ such that, if $s^* \in [0, 1]$ satisfies

$$\bar{S}_k(u, s^*) \geq \max_{s \in [0, 1]} \bar{S}_k(u, s) - \frac{\epsilon_n(\gamma, k)}{2},$$

then necessarily $u(s) \notin W_n(\gamma)$. Since by assumption $M^n_k$ consists of finitely many circles, repeating the same procedure for every one of them we end up with a small open neighborhood $W_n$ of $M^n_k$ such that, if $s_* \in [0, 1]$ almost realizes the maximum of $s \mapsto \bar{S}_k(u, s)$, then necessarily $u(s_*) \notin W_n$.

Finally, we show in Proposition 7.3.2 that the periods of the critical sequences are bounded from above by suitably generalizing the Struwe monotonicity argument [Str90] to this setting. The ideas behind the proof of the proposition are exactly the same as for Proposition 6.4.2 and are based on the well-known fact that the time-1 flow of $\nabla \eta_k$ maps subsets of $M$ with bounded periods into subsets with bounded periods (cf. [Mer10] Lemma 5.7) or Lemma 6.2.3).

Notice that critical sequences for $\eta_k$ have clearly periods bounded away from zero, since we are working only with non-contractible loops (cf. Lemma 6.1.5).
CHAPTER 7. OSCILLATING MAGNETIC FIELDS ON $\mathbb{T}^2$

Proposition 7.3.2. For every $k \in J$ and for every $n \in \mathbb{N}$ there exists a zero for $\eta_k$ which is not contained in $M^n_k$.

Proof. Fix $k \in J$ and $n \in \mathbb{N}$. In virtue of Proposition 6.1.4 it suffices to show the existence of a critical sequence for $\eta_k$ with periods bounded and bounded away from zero. Any limit point of such a critical sequence will be then a zero of $\eta_k$; this concludes the proof since by the observation above such a zero does not lie in $M^n_k$.

Thus, choose a strictly decreasing sequence $k_h \downarrow k$ and set $\lambda_h := k_h - k$. Since $k \in J$, without loss of generality we may suppose that for all $h \in \mathbb{N}$ there holds

$$c_n(k_h) - c_n(k) \leq M \lambda_h.$$  \hfill (7.15)

For every $h \in \mathbb{N}$ choose $u_h = (x_h, T_h) \in \mathcal{P}_n(k_h)$ such that

$$\max_{s \in [0,1]} \tilde{S}_{k_h}(u_h, s) < c_n(k_h) + \lambda_h.$$  \hfill (7.16)

Suppose that for a certain $s \in [0, 1]$ there holds

$$\tilde{S}_k(u_h, s) < c_n(k) - \lambda_h;$$  \hfill (7.17)

then it follows

$$T_h(s) = \frac{\tilde{S}_{k_h}(u_h, s) - \tilde{S}_k(u_h, s)}{\lambda_h} \leq \frac{c_n(k_h) + \lambda_h - c_n(k) + \lambda_h}{\lambda_h} \leq M + 2$$

and at the same time, using (7.15),

$$\tilde{S}_k(u_h, s) \leq \tilde{S}_{k_h}(u_h, s) < c_n(k) + (M + 1) \lambda_h.$$  \hfill (7.18)

Summing up, for every $h \in \mathbb{N}$ and every $s \in [0, 1]$ either

$$\tilde{S}_k(u_h, s) \leq c_n(k) - \lambda_h,$$

or

$$\tilde{S}_k(u_h, s) \in \left( c_n(k) - \lambda_h, c_n(k) + (M + 1)\lambda_h \right) \text{ and } T_h(s) < M + 2.$$

By the very definition of the minimax class $\mathcal{P}_n(k_h)$ we have that $u_h(0), u_h(1) \in M^n_{k_h}$ for every $h \in \mathbb{N}$. Lemma 7.2.2 implies now that $u_h(0)$ and $u_h(1)$ can be joined to elements in $M^n_{k_h}$ with paths entirely contained in $\mathcal{U}_{\alpha_n^k}$, and without increasing the local action in (7.4), thus giving rise to paths $v_h \in \mathcal{P}_n(k)$ that also satisfy the above dichotomy, meaning that either

$$\tilde{S}_k(v_h, s) \leq c_n(k) - \lambda_h,$$  \hfill (7.17)

or

$$\tilde{S}_k(v_h, s) \in \left( c_n(k) - \lambda_h, c_n(k) + (M + 1)\lambda_h \right) \text{ and } T_h(s) < M + 2.$$  \hfill (7.18)
7.3. A STRUWE-TYPE MONOTONICITY ARGUMENT

Up to taking a subsequence if necessary, we may also suppose that all the paths \( v_h \) start from the same circle in \( M^n_k \) and end in the same circle in \( M^n_k \), meaning that there exist \( \alpha_0, \alpha_1 \in M^n_k \) such that

\[
v_h(i) \in T \cdot \alpha_i, \quad \text{for } i = 0, 1.
\]

Consider now for every \( r \in [0, 1] \) the element \( u^r_h \in P_n(k) \) given by

\[
v^r_h(s) := \Phi_k^r(v_h(s)), \quad \forall s \in [0, 1],
\]

where \( \Phi_k^r \) denotes the local flow of the vector field \( X_k \) conformally equivalent to \( -\sharp \eta_k \) (cf. Section 6.2). Equation (6.8) in Lemma 6.2.1 implies now that the map

\[
r \mapsto \tilde{S}_k(v^r_h, s)
\]

is decreasing. Combining this fact with (7.17) and (7.18) we obtain that

\[
\max_{s \in [0, 1]} \tilde{S}_k(v^r_h, s) < c_n(k) + (M + 1)\lambda_h, \quad \forall r \in [0, 1]
\]

and the following dichotomy holds: either,

(a) \( \tilde{S}_k(v^1_h, s) \leq c_n(k) - \lambda_h, \)

or

(b) \( \tilde{S}_k(v^r_h, s) \in \left( c_n(k) - \lambda_h, c_n(k) + (M + 1)\lambda_h \right), \) for every \( r \in [0, 1]. \)

Suppose the second alternative holds. Then from (7.19) we get that

\[
\tilde{S}_k(v^r_h, s) > c_n(k) - \lambda_h > \max_{s \in [0, 1]} \tilde{S}_k(v^r_h, s) - (M + 1)\lambda_h,
\]

which implies that \( v^r_h(s) \notin \mathcal{W}_n \) for every \( h \) large enough, where \( \mathcal{W}_n \) is a suitable neighborhood of \( M^n_k \). Furthermore, applying (6.11) we get that

\[
T^r_h(s) \leq \left| T^r_h(s) - T_h(s) \right| + T_h(s) \leq \sqrt{r(M + 2)\lambda_h} + M + 2 < M + 3,
\]

where the last inequality is true for \( h \) sufficiently large. After this preparation, we claim that there exists a critical sequence \( (x_h, T_h) \) contained in \( \{ T < M + 3 \} \setminus \mathcal{W}_n \).

To prove the claim we argue by contradiction and suppose that such a critical sequence does not exist. Then we can find \( \varepsilon_* > 0 \) such that on \( \{ T < M + 3 \} \setminus \mathcal{W}_n \)

\[
\| \eta_k \| \geq \| X_k \| \geq \sqrt{\varepsilon_*}.
\]

If \( s \in [0, 1] \) satisfies the alternative (b) above, by (6.7) we have

\[
\tilde{S}_k(v^1_h, s) - \tilde{S}_k(v_h, s) = -\int_0^1 \left| \eta_k(X_k) \right|^2 dr \leq -\varepsilon_*,
\]

where the last inequality is true for \( h \) sufficiently large.
and hence
\[ \tilde{S}_k(v_h, s) \leq \tilde{S}_k(v_h, s) - \varepsilon_* \leq c_n(k) + (M + 1)\lambda_h - \varepsilon_* . \] (7.21)

On the other hand, we have by assumption
\[ \tilde{S}_k(v^1_h, s) > c_n(k) - \lambda_h . \]

Hence, the set of \( s \in [0, 1] \) satisfying the alternative (b) is empty as soon as
\[ (M + 1)\lambda_h - \varepsilon_* < -\lambda_h . \]

Therefore, for \( h \) big enough, all the \( s \in [0, 1] \) satisfy the alternative (a). Since \( v^1_h \) belongs to \( P_n(k) \), this contradicts the definition of \( c_n(k) \) and finishes the proof. \( \Box \)

With the next result we conclude the proof of Theorem 7.3.1. The argument is identical to the one in [AMMP14] (see also [AB15] for the non-exact oscillating case on high genus surfaces) and it is based on Proposition 7.1.3 which states that zeros of \( \eta_k \) cease to be of mountain-pass type if iterated sufficiently many times.

**Theorem 7.3.3.** In the hypotheses of Theorem 7.3.1, let \( k^* \in (0, \tau_+(g, \sigma)) \) be such that the Taimanov’s local minimizer \( \alpha_{k^*} \) is strict. Moreover, for every \( n \in \mathbb{N} \), let \( c_n : I \rightarrow \mathbb{R} \) be the minimax function as defined in (7.12). Then, for almost every \( k \in I \) the energy level \( E^{-1}(k) \) carries infinitely closed magnetic geodesics.

**Proof.** If \( k \in I \) is such that \( \#M_k = \infty \) then there is nothing to prove. Therefore, it is enough to show that for all \( k \in J \) the energy level \( E^{-1}(k) \) carries infinitely many geometrically distinct closed magnetic geodesics, with \( J \subseteq I \) as in (7.14).

Pick \( k \in J \) and assume by contradiction that \( E^{-1}(k) \) has only finitely many closed magnetic geodesics. Then, the zero set of \( \eta_k \) consists of finitely many circles
\[ \mathbb{T} \cdot \gamma_1, \mathbb{T} \cdot \gamma_2, \ldots, \mathbb{T} \cdot \gamma_l , \]

together with their iterates \( \mathbb{T} \cdot \gamma_j^n \). By Proposition 7.1.3 we can find a natural number \( n_* \) such that \( \gamma_j^n \) is not of mountain-pass type for any \( 1 \leq j \leq l \) and for any \( n \geq n_* \).

Since \( \alpha_{k^*} \) is non-contractible there exists \( n \in \mathbb{N} \) such that \( \alpha_{k^*}^n \) is not freely homotopic to \( \gamma_j^n \), for every \( 1 \leq j \leq l \) and \( 1 \leq m \leq n_* - 1 \). Then Proposition 7.3.2 implies that, for every \( n \geq n_* \), there exists a zero \( \beta_n \) for \( \eta_k \) in the connected component \( M_{\alpha_{k^*}^n} \) of \( \mathcal{M} \) containing \( M_{\alpha_{k^*}^n} \), which lies outside \( M_k^n \). Thanks to our finiteness assumption
\[ \beta_n = \gamma_j^{m_n} \]

for some \( j_n \in \{1, \ldots, l\} \) and some integer \( m_n \geq n_* \). This yields an obvious contradiction, since \( \beta_n \) is of mountain-pass type while \( \gamma_j^{m_n} \) is not. \( \Box \)
Appendix A

Reminders

A.1 Homotopy theory.

In this section, following [Hat02], we recall the basic notions on homotopy theory needed throughout the thesis. For any $n \in \mathbb{N}$ let $I^n = [0, 1]^n$ be the $n$-dimensional cube (i.e. the product of $n$ copies of the interval); its boundary $\partial I^n$ is the subspace consisting of points with at least one coordinate equal to 0 or 1. For a pointed space $(X, x_0)$ we define $\pi_n(X, x_0)$ as the set of homotopy classes of maps

$$ f : (I^n, \partial I^n) \to (X, x_0), $$

where homotopies are required to satisfy $f_t(\partial I^n) = x_0$ for all $t \in [0, 1]$. This definition extends to the case $n = 0$ by taking $I^0$ to be a point and $\partial I^0$ to be the empty-set, so that $\pi_0(X, x_0)$ is just the set of path-components of $X$. When $n \geq 2$, a sum operation in $\pi_n(X, x_0)$ (generalizing the composition on $\pi_1$) is defined by

$$ (f + g)(s_1, s_2, ..., s_n) := \begin{cases} f(2s_1, s_2, ..., s_n) & s_1 \in [0, \frac{1}{2}] ; \\ g(2s_1 - 1, s_2, ..., s_n) & s_1 \in [\frac{1}{2}, 1] ; \end{cases} $$

Lemma A.1.1. $\pi_n(X, x_0)$ is a group for any $n \in \mathbb{N}$, abelian for $n \geq 2$.

We may also view $\pi_n(X, x_0)$ as homotopy classes of maps

$$ f : (S^n, s_0) \to (X, x_0), $$

where homotopies are through maps of the same form; in this interpretation of $\pi_n(X, x_0)$ the sum $f + g$ is the composition

$$ S^n \xrightarrow{c} S^n \vee S^n \xrightarrow{f \vee g} X $$

where $c$ collapses the equator $S^{n-1}$ in $S^n$ to a point and we choose the basepoint $s_0$ to lie in this $S^{n-1}$. If $X$ is path-connected, then different choices of the base point $x_0$ always produce isomorphic groups $\pi_n(X, x_0)$, just as for $\pi_1(X, x_0)$, so one is justified
to write $\pi_n(X)$ instead of $\pi_n(X, x_0)$. Given a path $\gamma : [0,1] \to X$ from $x_0$ to another point $x_1$, we may associate to each map $f : (I^n, \partial I^n) \to (X, x_0)$ a new map

$$\gamma f : (I^n, \partial I^n) \to (X, x_1)$$

by shrinking the domain of $f$ to a smaller concentric cube in $I^n$, then inserting the path $\gamma$ on each radial segment in the shell between this smaller cube and $\partial I^n$ (this definition needs some notational adjustments in the case $n = 1$). A homotopy of $\gamma$ or $f$ through maps fixing $\partial I$ or $\partial I^n$, respectively, yields an homotopy of $\gamma f$ through maps $(I^n, \partial I^n) \to (X, x_0)$. Here are three other basic properties:

1. $\gamma(f + g) \sim \gamma f + \gamma g$.
2. $(\gamma \eta) f \sim \gamma (\eta f)$.
3. $1f \sim f$.

In virtue of the properties above the change-of-basepoint transformation

$$\beta_\gamma : \pi_n(X, x_1) \to \pi_n(X, x_0), \quad \beta([f]) := [\gamma f]$$

is an isomorphism with inverse $\beta_{\gamma^{-1}}$, where $\gamma^{-1}$ denotes the inverse path of $\gamma$. If $\gamma$ is a loop at the base point $x_0$, then the map

$$\pi_1(X, x_0) \to \text{Aut}(\pi_n(X, x_0)), \quad [\gamma] \mapsto \beta_\gamma$$

is a group homomorphism, called the *action* of $\pi_1(X, x_0)$ on $\pi_n(X, x_0)$; in the case $n = 1$ this is the action of $\pi_1$ onto itself by inner automorphisms.

**Proposition A.1.2.** The following hold:

1. A covering projection $p : (\tilde{X}, \tilde{x}_0) \to (X, x_0)$ induces isomorphisms

   $$p_* : \pi_n(\tilde{X}, \tilde{x}_0) \to \pi_n(X, x_0)$$

   for any $n \geq 2$.

2. Let $\{X_\alpha\}_{\alpha \in \mathcal{A}}$ be any collection of path-connected spaces, then

   $$\pi_n \left( \prod_{\alpha \in \mathcal{A}} X_\alpha \right) \cong \prod_{\alpha \in \mathcal{A}} \pi_n(X_\alpha)$$

   for all $n \in \mathbb{N}$.

Statement 1 in the above proposition implies obviously that $\pi_n(X, x_0) = 0$ for $n \geq 2$, whenever $X$ has a contractible universal cover; this applies for example to $S^1$ and more generally to the $n$-dimensional torus $\mathbb{T}^n$. Very useful generalizations of the homotopy groups $\pi_n(X, x_0)$ are the *relative homotopy groups* $\pi_n(X, A, x_0)$ for a pair
(X, A) with basepoint \( x_0 \in A \). To define these, regard \( I^{n-1} \) as the face of \( I^n \) with last coordinate equal to zero, say \( s_n = 0 \), and let \( J^{n-1} \) be defined as

\[
J^{n-1} := \partial I^n \setminus I^{n-1},
\]

that is the closure of the union of the remaining faces of \( I^n \). Then \( \pi_n(X, A, x_0) \) is defined to be the set of homotopy classes of maps

\[
(I^n, \partial I^n, J^{n-1}) \to (X, A, x_0),
\]

with homotopies through maps of the same form. It is worth noticing that this definition does not extend naturally to the case \( n = 0 \); we leave \( \pi_0(X, A, x_0) \) undefined, since we are not interested in it. Observe that

\[
\pi_n(X, x_0, x_0) = \pi_n(X, x_0)
\]

so that absolute homotopy groups are a special case of relative homotopy groups. A sum operation is defined in \( \pi_n(X, A, x_0) \) by the same formulas as for \( \pi_n(X, x_0) \), except that the coordinate \( s_n \) now plays a special role and is no longer available for the sum operation. Thus \( \pi_n(X, A, x_0) \) is a group for any \( n \geq 2 \), abelian for \( n \geq 3 \); for \( n = 1 \) we have \( I^1 = [0,1], \ I^0 = \{0\}, \ J^0 = \{1\} \), so that \( \pi_1(X, A, x_0) \) is the set of homotopy classes of maps

\[
([0,1], \{0\}, \{1\}) \to (X, A, x_0),
\]

i.e. of paths in \( X \) from a varying point in \( A \) to the fixed basepoint \( x_0 \in A \), and hence in general this is not a group in any natural way. Just as elements of \( \pi_n(X, x_0) \) can be regarded as homotopy classes of maps \( (S^n, s_0) \to (X, x_0) \), there is an alternative definition of \( \pi_n(X, A, x_0) \) as the set of homotopy classes of maps

\[
(D^n, S^{n-1}, s_0) \to (X, A, x_0),
\]

since collapsing \( J^{n-1} \) to a point converts \( (I^n, \partial I^n, J^{n-1}) \) into \( (D^n, S^{n-1}, s_0) \). From this viewpoint, addition is done via the map \( c : D^n \to D^n \cup D^n \) collapsing \( D^{n-1} \subseteq D^n \) to a point. A useful and conceptually enlightening reformulation of what it means for element of \( \pi_n(X, A, x_0) \) to be trivial is the following

**Lemma A.1.3** (Compression criterion). A map \( f : (D^n, S^{n-1}, s_0) \to (X, A, x_0) \) represents zero in \( \pi_n(X, A, x_0) \) if and only if \( f \) is homotopic relative to \( S^{n-1} \) to a map \( g \) with image contained in \( A \).

**Proof.** If \( f \) is homotopic to such a map \( g \), then \([f] = [g] \) in \( \pi_n(X, A, x_0) \), and \([g] = 0 \) via the homotopy obtained by composing \( g \) with a deformation retraction of \( D^n \) onto \( s_0 \). Conversely, if \([f] = 0 \) via a homotopy \( F : D^n \times I \longrightarrow X \), by restricting \( F \) to a family of \( n \)-disks in \( D^n \times I \) starting with \( D^n \times \{0\} \) and ending with

\[
(D^n \times \{1\}) \cup (S^{n-1} \times I),
\]
all the disks in the family having the same boundary, then we get an homotopy from
$f$ to a map with image contained in $A$ and stationary on $S^{n-1}$.

Denote by $i : (A, x_0) \hookrightarrow (X, x_0)$, $j : (X, x_0, x_0) \hookrightarrow (A, x_0)$ the canonical
inclusions and by $i_*, j_*$ the induced maps on $\pi_n$; then the following holds

**Theorem A.1.4 (Exact sequence in relative homotopy).** We have an exact sequence
on relative homotopy groups given by

$$
\cdots \to \pi_n(A, x_0) \xrightarrow{i_*} \pi_n(X, x_0) \xrightarrow{j_*} \pi_n(X, A, x_0) \xrightarrow{\partial} \pi_{n-1}(A, x_0) \to \cdots \to \pi_0(X, x_0),
$$

where $\partial$ is defined by restricting maps $(I^n, \partial I^n, J^{n-1}) \to (X, A, x_0)$ to $I^{n-1}$, or equivalently by restricting maps $(D^n, S^{n-1}, s_0) \to (X, A, x_0)$ to $S^{n-1}$.

**Remark A.1.5.** Near the end of the sequence, where group structures are not defined,
exactness still makes sense: the image of one map is the kernel of the next, those
elements mapping to the homotopy class of the constant map.

A map $p : E \to B$ is said to have the homotopy lifting property with respect to a
space $X$ if given an homotopy $g_t : X \to B$ and a map $\tilde{g}_0 : X \to E$ lifting $g_0$ (that is
$p \circ \tilde{g}_0 = g_0$), then there exists a homotopy

$$
\tilde{g}_t : X \to E
$$
lifting $g_t$. From a formal viewpoint, this can be regarded as a special case of the lift extension property for a pair $(Z, A)$, which asserts that every map $Z \to B$ has a lift $Z \to E$ extending a given lift defined on the subspace $A \subseteq Z$; the case

$$(Z, A) = (X \times I, X \times \{0\})$$
is exactly the homotopy lifting property. A **fibration** is a map $p : E \to B$ having the homotopy lifting property with respect to all spaces $X$; for example the projection

$$
p : B \times F \to B
$$
is a fibration, since we can choose lifts of the form $\tilde{g}_t(x) = (g_t(x), h(x))$, where $\tilde{g}_0 = (g_0(x), h(x))$, but is not a covering map unless $F$ is a discrete space.

**Theorem A.1.6.** Suppose that $p : E \to B$ has the homotopy lifting property with
respect to any disk $D^k$, $k \geq 0$. Choose $b_0 \in B$ and $e_0 \in F := p^{-1}(b_0)$; then

$$
p_* : \pi_n(E, F; e_0) \to \pi_n(B, b_0)
$$
is an isomorphism for any $n \geq 1$. If $B$ is in addition path-connected, then there is an exact sequence

$$
\cdots \to \pi_n(F, e_0) \to \pi_n(E, e_0) \xrightarrow{p_*} \pi_n(B, b_0) \to \pi_{n-1}(F, e_0) \to \cdots \to \pi_0(E, e_0) \to 0.
$$
The proof will use a relative form of the homotopy lifting property above; the map \( p : E \to B \) is said to have the homotopy lifting property for a pair \((X, A)\) if each homotopy \( f_t : X \to B \) lifts to a homotopy \( \tilde{g}_t : X \to E \) starting with a given \( \tilde{g}_0 \) and extending a given lift \( \tilde{g}_t : A \to E \). In other words, the homotopy lifting property for a pair \((X, A)\) is the lift extension property for

\[
(X \times I, X \times \{0\} \cup A \times I).
\]

The homotopy lifting property for \( D^k \) is equivalent to the homotopy lifting property for the pair \((D^k, \partial D^k)\), since the pairs

\[
(D^k \times I, D^k \times \{0\}), \quad (D^k \times I, D^k \times \{0\} \cup \partial D^k \times I)
\]

are homeomorphic. This implies that the homotopy lifting property for disks is equivalent to the homotopy lifting property for all CW-pairs \((X, A)\).

**Proof.** First we show that \( p_* \) is onto; represent an element of \( \pi_n(B, b_0) \) by a map

\[
f : (I^n, \partial I^n) \to (B, b_0).
\]

The constant map to \( e_0 \) provides a lift of \( f \) to \( E \) over the subspace \( J^{n-1} \subseteq I^n \), so the relative homotopy lifting property for \((I^{n-1}, \partial I^{n-1})\) extends this to a lift

\[
\tilde{f} : I^n \to E
\]

which satisfies \( \tilde{f}(\partial I^n) \subseteq F \), since \( f(\partial I^n) = b_0 \). Then \( \tilde{f} \) represents an element of \( \pi_n(E, F, e_0) \) with \( p_*([\tilde{f}]) = [f] \) since \( p\tilde{f} = f \). Given now two maps

\[
\tilde{f}_0, \tilde{f}_1 : (I^n, \partial I^n, J^{n-1}) \to (E, F, e_0)
\]

such that \( p_*([\tilde{f}_0]) = p_*([\tilde{f}_1]) \), let

\[
G : (I^n \times I, \partial I^n \times I) \to (B, b_0)
\]

be an homotopy from \( p \circ \tilde{f}_0 \) to \( p \circ \tilde{f}_1 \). We have a partial lift \( \tilde{G} \) given by \( \tilde{f}_0 \) on \( I^n \times \{0\} \), \( \tilde{f}_1 \) on \( I^n \times \{1\} \) and the constant map \( e_0 \) on \( J^{n-1} \times I \); after permuting the last two coordinates of \( I^n \times I \), the relative homotopy lifting property gives an extension of this partial lift to a full lift \( \tilde{G} : I^n \times I \to E \) which gives a homotopy

\[
\tilde{f}_1 : (I^n, \partial I^n, J^{n-1}) \to (E, F, e_0)
\]

from \( \tilde{f}_0 \) to \( \tilde{f}_1 \). For the last statement of the theorem we plug \( \pi_n(B, b_0) \) in for \( \pi_n(E, F, e_0) \) in the relative homotopy exact sequence for the pair \((E, F); \) the map \( \pi_n(E, e_0) \to \pi_n(E, F, e_0) \) in the exact sequence then becomes the composition

\[
\pi_n(E, e_0) \to \pi_n(E, F, e_0) \to \pi_n(B, b_0),
\]

which is just \( p_* : \pi_n(E, e_0) \to \pi_n(B, b_0) \). The surjectivity of \( \pi_0(F, e_0) \to \pi_0(E, e_0) \) comes from the hypothesis that \( B \) is path-connected since a path in \( E \) from an arbitrary point \( e \in E \) to \( F \) can be obtained by lifting a path in \( B \) from \( p(e) \) to \( b_0 \). \( \square \)
A.2 Conormal bundles.

In this section we recall the definition and the basic properties of the conormal bundle to a submanifold $Q$ of a given manifold $M$. For the details we refer to [AS09].

**Definition A.2.1.** Let $Q \subseteq M$ be a submanifold. The conormal bundle of $Q$ is

$$N^*Q := \left\{ x \in T^*M \mid \pi^*(x) \in Q, \ x[\zeta] = 0 \ \forall \zeta \in T_{\pi^*(x)}Q \right\} = \left\{ (q, p) \in T^*M \mid q \in Q, \ T_qQ \subseteq \ker p \right\}.$$ 

The conormal bundle has a natural structure of vector bundle over $Q$ of dimension $\text{codim} Q$; in particular, $N^*Q$ is a smooth $n$-dimensional submanifold of $T^*M$. Observe that, if $Q = M$, the conormal bundle is the zero section $\mathcal{O}_{T^*M} = M \times \{0\}$ while, if $Q = \{q\}$, the conormal bundle coincides with $T^*_qM$.

**Lemma A.2.2.** If $Q \subseteq M$ is a smooth submanifold then the Liouville 1-form $\lambda$ vanishes identically on $N^*Q$; in particular $N^*Q$ is a Lagrangian submanifold of $T^*M$. Furthermore, the Liouville vector field $\eta$ is tangent to $N^*Q$.

**Proof.** The first statement follows obviously from the definitions of $\lambda$ and $N^*Q$; now, if $x \in N^*Q$, then for every $\zeta \in T_xN^*Q$ we have

$$\omega(x)[\eta(x), \zeta] = \lambda(x)[\zeta] = 0.$$ 

Then $\eta(x)$ belongs to the (symplectic) orthogonal space of $T_xN^*Q$; but, since $N^*Q$ is Lagrangian, the orthogonal of $T_xN^*Q$ is itself and hence $\eta(x) \in T_xN^*Q$. $\square$

Lemma A.2.2 states that every conormal bundle is Lagrangian; in fact, the Liouville 1-form $\lambda$ vanishes identically on $N^*Q$. The converse, under an additional completeness hypothesis, is also true, as the theorem below states (cf. [AS09]).

**Theorem A.2.3.** Let $L \subseteq T^*M$ be a $n$-dimensional smooth submanifold such that the Liouville 1-form $\lambda$ vanishes identically on $L$; then the intersection $R = L \cap \mathcal{O}_{T^*M}$ is a smooth submanifold. Moreover, if $L$ is a closed subset of $T^*M$, then $L = N^*R$. 
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