Tunneling spectroscopy between one-dimensional helical conductors

Bernd Braunecker\(^1\) and Pascal Simon\(^2\)

\(^1\)SUPA, School of Physics and Astronomy, University of St. Andrews, North Haugh, St. Andrews KY16 9SS, United Kingdom
\(^2\)Laboratoire de Physique des Solides, CNRS, Univ. Paris-Sud, University Paris-Saclay, 91405 Orsay Cedex, France

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We theoretically investigate the tunneling spectroscopy of a system of two parallel one-dimensional helical conductors in the interacting, Luttinger liquid regime. We calculate the non-linear differential conductance as a function of the voltage bias between the conductors and the orbital momentum shift induced on tunneling electrons by an orthogonal magnetic field. We show that the conductance map exhibits an interference pattern which is characteristic to the interacting helical liquid. This can be contrasted with the different interference pattern from tunneling between regular Luttinger liquids which is governed by the spin-charge separation of the elementary collective excitations.

I. INTRODUCTION

Topological phases and their accompanying exotic elementary excitations such as Majorana bound states are currently a very active field of research, driven in part by the strong interest in applying them for quantum information processing \[1\textsuperscript{-5}]\). A particular interest lies in one-dimensional (1D) topological systems due to an underlying prototype model exhibiting Majorana edge states \[6\textsuperscript{-7}]\), which has become a center of attention since first proposals were made to realize it in 1D conductors placed in proximity of superconductors \[8\textsuperscript{-11}]\). The underlying condition is that the 1D conduction states are helical, which means they are spin filtered such that electrons moving in opposite directions carry opposite spins. Such states can also have spintronic applications, and it is thus a pertinent question whether there is a direct method to prove if a conductor is or can become helical in some of its range of parameters.

This question is of course not new in this very developed field but we wish to address it in a way that relies on the special many-body behavior characteristic of 1D conductors. In 1D, due to the reduced dimensionality, electrons cannot avoid their neighbors and necessarily all motion is collective. The elementary excitations are indeed collective density wave modes, and their behavior forms the basis of the Luttinger liquid (LL) concept \[12]\). A hallmark of LL physics resulting from electron interactions is spin-charge separation \[13\textsuperscript{-14}]\). The latter arises from the fact that the dynamics of the low-energy collective spin and charge modes is governed by the spin susceptibility and the charge compressibility, respectively. These are of different physical origin and thus are affected differently by interactions. As a consequence, in a regular LL the spectral properties of the spin and charge excitations decouple.

In a helical conductor, however, this decoupling breaks down because spin is pinned to the orbital motion. Nonetheless the bound spin-charge fluctuations remain collective and they are described by the helical Luttinger liquid (HLL) model \[15\textsuperscript{-20}]\). The latter has the general behavior of a spinless LL but should reveal its helical basis in the spin dependent response functions.

In this paper we thus consider setups in which such response functions can be directly probed and compared with existing experiments for regular LLs. The experiments and modelling of tunneling between finite parallel quantum wires performed in Refs. \[21\textsuperscript{-25}]\) provide one of the clearest evidences for LL behavior by complete tunneling spectroscopy, in which the separated spin and charge spectra are directly visible. Importantly, due to the finite wire size the conductance data reveals a characteristic interference pattern that is caused by the spin-charge separation. Such double wires are therefore an ideal setup to identify unique characteristics to distinguish between regular and helical LLs.

HLLs can be obtained in at least three different ways that are amenable for a double conductor setup: (a) most naturally on the edges of a quantum spin-Hall system such as a topological insulator \((\text{see [26, 27] for reviews})\); (b) in quantum wires with strong spin-orbit interaction and an external magnetic field \[28\textsuperscript{-33}]\); and (c) through...
an ordering phase transition between conduction electrons and magnetic moments, such as nuclear spins, embedded in the conductor \[36, 37\]. For those systems the parallel conductor setup can, as sketched in Fig. 1 be obtained either through a bilayer system of topological insulators or through double wire setups. For the double wire setup situation (c) is most appealing because the ordering is a transition to the thermodynamic ground state and does not require fine tuning as for systems with strong spin-orbit interaction. In addition the same sample used in Refs. \[21, 23\] was investigated recently at very low temperatures \[38\] and provided signatures for the ordering transition. Yet these signatures are based so far on the secondary effect of conductance reduction with elimination of possible other explanations \[38\] and on the analysis of the further temperature dependence of the conductance \[10\], and an unambiguous detection of this phase, e.g. by tracing tunneling spectroscopy through the phase transition, would be desirable.

In this work, we extend the analysis performed in Refs. \[22, 23\] for the case of two HLLs. We show that the spin-to-momentum locking characteristic of an helical liquid drastically affects the transport properties between two HLLs. We do so by evaluating the non-linear conductance between two parallel HLLs as a function of the bias voltage \(V\) and magnetic field \(B\) and compare it the case of two regular LLs. We show that the absence of spin-charge decoupling in the HLLs changes substantially the interference pattern in the conductance map that can easily be visually distinguished from the standard interacting LL. Figures 3 and 4 below provide our main results for this interference pattern.

The plan of the paper is as follows: in Sec. II we present our model of two parallel helical conductors. In Sec. III we use the Keldysh formalism to express the current operator between the parallel 1D conductors in terms of the non-equilibrium Green functions of the HLLs and then evaluate this current. Sec. IV contains our main results which are summarized through the conductance \[40\], and an unambiguous detection of this interference pattern in the conductance map that can easily be visually distinguished from the standard interacting LL.

The step to bosonization is done by expressing the electron operators in terms of boson fields \(\phi_{n,r,\sigma_n}\) as

\[
\psi_{n,r,\sigma_n}(x) = \frac{\eta_{n,r,\sigma_n}}{\sqrt{2\pi a}} e^{ik_F n x} e^{-i\phi_{n,r,\sigma_n}(x)},
\]

where \(k_F\) is the Fermi momentum, \(a\) is a short distance cutoff, and \(\eta_{n,r,\sigma_n}\) are the Klein factors, or ladder operators, whose role is to reduce the corresponding fermion number by 1.

Notice that \(k_F\) depends directly on the applied voltage. If we assume as shown in Fig. 1 a voltage \(V\) applied on the the upper conductor \((n = 1)\) then \(k_F = k_F(n = 1) = k_F = \sqrt{\frac{\pi e V}{\sqrt{2m a}}}\) whereas \(k_F(2)\) remains unchanged (we will keep the notation \(v_F = v_F\) for simplicity).

It is then convenient to introduce an effective spinless description by setting

\[
\phi_n = \frac{1}{\sqrt{2}} (\phi_{n,R,\uparrow_n} + \phi_{n,L,\downarrow_n}),
\]

and

\[
\theta_n = \frac{1}{\sqrt{2}} (\phi_{n,R,\uparrow_n} - \phi_{n,L,\downarrow_n}),
\]

II. PARALLEL HELICAL CONDUCTORS

We consider a system of two parallel 1D conductors subject to a perpendicular magnetic field, in a situation where the length of one wire is confined by some potential to the length \(L\) while the length of the other wire can be considered as infinite. For regular LLs the tunneling transport between the conductors has been described and measured in Refs. \[21, 25\]. It is the goal of this work to show that the transport properties are significantly changed if the conductors are in the HLL regime.

Although there are intrinsic differences between the edge modes of topological insulators and the helical modes in quantum wires that can be significant for different response functions or higher energies \[41\] or in disordered wires \[42\], these differences provide only minor corrections for the present discussion and we will treat all the considered systems within the HLL formalism.

We consider the case in which both conductors are in the HLL phase in which spin is locked with the direction of motion of the edge modes, such that right moving modes \(R\) with momenta near \(k_F\) have the opposite spin to left moving modes \(L\) with momenta near \(-k_F\). Generally the spin directions can vary from wire to wire and do not have to be the same for the two considered conductors, although for bilayer systems we expect them to be parallel. We will choose accordingly a conductor dependent spin basis and denote the corresponding spin projections by \(\sigma_n = \uparrow_n, \downarrow_n\) for wire \(n\), chosen such that \(R\) movers have spin \(\uparrow_n\) and \(L\) movers spin \(\downarrow_n\), but we emphasize again that generally \(\sigma_1\) and \(\sigma_2\) are not parallel. If we linearize the spectrum near the Fermi points, the corresponding Hamiltonian for the conductor \(n = 1, 2\) reads

\[
H_n = -v_{F_n} \int \, dx (\psi_{n,R,\uparrow_n}^\dagger \partial_x \psi_{n,R,\uparrow_n} - \psi_{n,L,\downarrow_n}^\dagger \partial_x \psi_{n,L,\downarrow_n}) + \int dx \, \int dx' \, V(x-x') \psi_{n,R,\uparrow_n}(x) \psi_{n,L,\downarrow_n}(x'),
\]

where \(v_{F_n}\) is the Fermi velocity, \(\psi_{n,R,\sigma_n}\) is the electron operator in conductor \(n = 1, 2\), with \(r = L, R = -, +\) denoting the left and right moving modes, and \(\sigma_n = \uparrow_n, \downarrow_n\) the natural spin basis of this conductor as described above. The full electron operator is \(\psi_n = \psi_{n,R,\uparrow_n} + \psi_{n,L,\downarrow_n}\), and \(V(x-x')\) describes the electron-electron interactions. For the helical conductor the operators \(\psi_{n,R,\uparrow_n}\) and \(\psi_{n,L,\uparrow_n}\) are absent or can be neglected for the present analysis.

The step to bosonization is done by expressing the electron operators in terms of boson fields \(\phi_{n,r,\sigma_n}\) as

\[
\psi_{n,r,\sigma_n}(x) = \frac{\eta_{n,r,\sigma_n}}{\sqrt{2\pi a}} e^{ik_F n x} e^{-i\phi_{n,r,\sigma_n}(x)},
\]
between the conductors, and since the tunneling is spin preserving (the tunneling distance is too small to allow for orbital precession) the tunneling amplitudes are weighted by the spin overlap matrix elements $\chi_{\sigma_1, \sigma_2}' = \langle \sigma_1 | \sigma_2' \rangle$. For a tunneling amplitude $\lambda$ the tunneling Hamiltonian then reads

$$H_T = \lambda \sum_{\sigma_1, \sigma_2'} \chi_{\sigma_1, \sigma_2}' \int dx \left[ \varphi(x) e^{i q_B x - i e V t} \psi_{\sigma_2'}^\dagger (x) \psi_{\sigma_1} (x) ight. \left. + \varphi^*(x) e^{- i q_B x + i e V t} \psi_{\sigma_1}^\dagger (x) \psi_{\sigma_2'} (x) \right],$$

where $\psi_{n,\uparrow, \downarrow} = \psi_{n, \uparrow, \downarrow, R}$ and $\psi_{n,\uparrow, \downarrow} = \psi_{n, \uparrow, \downarrow, L}$ according to our choice of the natural spin directions $\sigma_n$, and where we have furthermore introduced $V$, the voltage drop between the conductors. Due to energy and spin conservation only tunneling processes as shown in Eq. (2) are possible [21, 25, 38]. If the spin projections of both conductors are parallel ($\chi_{\sigma_1, \sigma_2} = \delta_{\sigma_1, \sigma_2}$), only tunneling between $L \rightarrow L$ and $R \rightarrow R$ is possible and $q_B$ must be tuned as in Eq. (2) for the example $R \rightarrow R$, causing a matching of the Fermi points as $k_{F2} = k_{F1} + q_B$. On the other hand, Fig. 2 (b) shows an example where only tunneling $L \rightarrow R$ and $R \rightarrow L$ is possible ($\chi_{\sigma_1, \sigma_2} = \delta_{\sigma_1, -\sigma_2}$), requiring a large $q_B$ such that $-k_{F2} = k_{F1} + q_B$. In the general case of non-collinear spin projections (all $\chi_{\sigma_1, \sigma_2} ' \neq 0$), a tunnel current flows for both settings of $q_B$ as in Eq. 2 (a) and (b), albeit with further reduced amplitudes by the $\chi_{\sigma_1, \sigma_2}'$. This contrasts with the case of regular LLs in which tunneling between all $L$ and $R$ movers is possible with equal amplitudes, and with the case of chiral LLs in which, for instance, $L$ movers are completely absent.

We should note that the tunneling occurs over the full length of the conductors, and for $L \gg \pi / k_F n$ the momentum resolution is fine enough such that tunneling only near the selected Fermi points is possible.

III. TUNNELING CURRENT BETWEEN THE 1D CONDUCTORS

This section is devoted to the calculation of the tunneling current in terms of integrals involving the nonequilibrium Green functions and their estimation.

A. Tunneling current

The tunneling current operator is similar to Eq. (5) and given by

$$I = -i \lambda \sum_{\sigma_1, \sigma_2} \chi_{\sigma_1, \sigma_2}' \int dx \left[ \varphi(x) e^{i q_B x - i e V t} \psi_{\sigma_2'}^\dagger (x) \psi_{\sigma_1} (x) ight. \left. - \varphi^*(x) e^{- i q_B x + i e V t} \psi_{\sigma_1}^\dagger (x) \psi_{\sigma_2'} (x) \right].$$

We will treat the current expectation value at order $\lambda^2$, which extends from being perturbative to quantitatively
Green’s functions then become \( \psi^{\gamma} \) for \( \sigma \) in which tunneling out of conductor \( n \), \( \eta > 0 \), infinitesimal is then rewritten in terms of Green’s functions as
\[
\langle I \rangle = \lambda^2 \sum_{\sigma_1, \sigma_2} |\chi_{\sigma_1, \sigma_2}|^2 \int dx dx' \varphi(x) \varphi^*(x') \int_{-\infty}^{\infty} dt
\times e^{i\bar{q}_B(x-x') + iv t} \left[ G_{1\sigma_1}^<(x-x', t) G_{2\sigma_2}^>(x' - x, -t) 
- G_{1\sigma_1}^>(x-x', t) G_{2\sigma_2}^<(x' - x, -t) \right],
\]
with the greater and lesser Green’s functions defined by
\[
G_{n, \sigma_n}^>(x, t) = -i \langle \psi_{n \sigma_n}^\dagger(x, t) \psi_{n \sigma_n} \rangle(0, 0), \quad G_{n, \sigma_n}^<(x, t) = +i \langle \psi_{n \sigma_n}^\dagger(0, 0) \psi_{n \sigma_n}(x, t) \rangle,
\]
and again \( \psi_{n, \downarrow_n} = \psi_{n, n, \uparrow_n} \text{ or } \psi_{n, \downarrow_n} = \psi_{n, n, \uparrow_n} \). The Green’s functions then become \( G_{n, \sigma_n}^{>, <}(x, t) = \frac{e^{ik_F x}}{2\pi a} \frac{\gamma_n}{rx + v_n t + i\eta} \gamma_n^{n+1} \),
where \( r = + (R \text{ mover}) \) for \( \sigma_n = \uparrow_n \) and \( r = - (L \text{ mover}) \) for \( \sigma_n = \downarrow_n \). Furthermore we have introduced the exponents \( \gamma_n = \frac{1}{2}(K_n + K_n^{-1} - 2) \) and \( t_\mp = t \mp i\eta \) for an infinitesimal \( \eta > 0 \), with \( t_\mp \) corresponding to \( G^> \) and \( t_\mp \) to \( G^< \). We will restrain our analysis to zero temperature, which produces the correct description in the low temperature regime whenever the voltage \( V \) exceeds the thermal energy.

**B. Evaluation of the tunneling current**

For the calculation of the tunneling current we choose tunings of the \( B \) field and voltage \( V \) as shown in Fig. 2 in which tunneling out of conductor \( n = 1 \) occurs out of the \( R \) moving modes with momenta near \( +k_F \) and into either the \( R \) or \( L \) movers in conductor \( n = 2 \).

The spatial integration involves the function \( \varphi(x) \) which is the sum of the different wave functions that are confined by the finite length \( L \) of the conductor \( n = 1 \), and its shape has been discussed in Refs. [22, 23, 44, 45]. If \( L \gg \pi/k_F \) the wave functions in \( \varphi(x) \) contain many nodes and consequently we can use the WKB approximation as well as the stationary phase approximation to evaluate the spatial integration. We thus write \( \varphi(x) = C_L(x)e^{i\ell(x)} + C_R(x)e^{-i\ell(x)} \), where \( s(x) \) adds a phase within the wire but makes the function vanish outside the wire boundaries by turning complex, and is given by
\[
s(x) = k_F \int_0^x dx' \sqrt{1 - u(x')},
\]
where \( u(x) = U(x)/E_{F1} \) for \( U(x) \) the confining potential and \( E_{F1} = v_1 k_F/2 \) the Fermi energy of conductor \( n = 1 \).

We will choose \( u(x) = (2\pi/L)^2 \) for an even integer \( \beta \) specializing, for instance, to \( \beta = 8 \) [22, 23].

The amplitudes \( C_{L,R}(x) \) are given by the standard WKB expressions, but since tunneling is restricted to either \( L \) or \( R \) moving modes in conductor \( n = 1 \) the WKB form must be restricted also to \( L \) or \( R \) moving WKB solutions [22, 23], for instance, for the \( R \) moving case to \( e^{-i\ell(x)} \). This is not a harmless restriction but has the consequence that a real stationary phase solution exists then only for positive voltages \( V > 0 \) and is exponentially suppressed for \( V < 0 \). For an opposite magnetic field and tunneling out of the \( L \) moving modes this dependence on the sign of \( V \) is inverted.

If we thus consider the case of tunneling out of \( R \) moving modes as shown in Fig. 2 then only \( C_R \) is nonzero. We therefore choose \( C_L = 0 \) and from the standard WKB approach we have
\[
C_R(x) = c[1 - u(x)]^{-\frac{1}{2}}
\]
where the dimensionless constant \( c \sim 1 \) results from the normalization condition \( \int dx |\varphi(x)|^2 = L \) (chosen such that \( H_T \) remains extensive without the need of rescaling \( \lambda \)). The precise value of \( c \) depends on the exact shape of the confining potential but is unimportant otherwise such that we can absorb it in the tunneling amplitudes \( \lambda \) and set \( c = 1 \) henceforth.

Due to the highly oscillating phases we can evaluate the spatial integrals through the stationary phase approximation, and a detailed discussion in found in App. A. In the limit of small enough voltages such that \( V < v_n/L \) to guarantee tunneling into the Fermi points separately, it is shown there that the spatial integration reduces to a saddle point expression such that \( x \) and \( x' \) take only specific values \( \pm x_0 \approx L/2 \) such that only the time integration needs to be carried out. There are two contributions, one from \( x - x' \approx 0 \) and one from \( |x - x'| \approx L \). To obtain a closed form for these integrals we assume that \( v_1 = v_2 = v \), since deviations from this behavior do not have a significant influence and are usually small as the conductors need to be fabricated on the same sample.

We then write \( \langle I \rangle = \langle I \rangle_0 + \langle I \rangle_L \), where \( \langle I \rangle_0 \) arises from \( x - x' \approx 0 \) and \( \langle I \rangle_L \) from \( |x - x'| \approx L \).

The contribution \( \langle I \rangle_0 \) involves the Green’s functions \( G_{n, \sigma_n}^{>, <}(x - x' = 0, \pm t) \) and we need to evaluate
\[
\langle I \rangle_0 \approx \int_{-\infty}^{\infty} dt \left[ \sum_{\sigma_1, \sigma_2} \frac{4\lambda^2}{\beta k_F} \sum_{\sigma_1, \sigma_2} |\chi_{\sigma_1, \sigma_2}|^2 \Theta(Q_{\sigma_1, \sigma_2}) \right] \int_{-\infty}^{\infty} dt \times e^{i\bar{q}_B t} \left[ G_{1\sigma_1}(0, t) G_{2\sigma_2}^>(0, -t) - G_{1\sigma_1}^>(0, t) G_{2\sigma_2}^<(0, -t) \right],
\]
with \( \Theta \) the unit step function and \( Q \) the effective momentum transfer
\[
Q_{\sigma_1, \sigma_2} = (r_1 k_F - r_2 k_F) + q_B = (r_1 k_F - r_2 k_F)|v = 0 + q_B + r_1 \epsilon V/v_F,
\]
[1]
where in the second line we have taken out explicitly the dependences on the magnetic field \(B\) and the voltage \(V\). The parameters \(r_{1,2} = \pm 1\) for \(R\) and \(L\) moving modes, respectively, and are thus bound to the spin projections as shown in Fig. 2. Using Eq. (12) for the Green’s functions we need to compute

\[
\int_{-\infty}^{\infty} dt \, e^{i e V t} G_{1\sigma_1,\sigma_2}^{\gamma}(0, t) G_{2\sigma_2}^{\gamma}(0, -t)
\]

(17)

with \(\gamma = \gamma_1 + \gamma_2 + 1\) and where we have used \(v_1 = v_2 = v\). The phases of the power laws contain the crucial information for this integration and evaluate to

\[
\left( \frac{1}{t + i 0} \right)^\gamma \left( \frac{1}{t - i 0} \right)^\gamma = \left\{ \begin{array}{ll}
t^{-2\gamma} e^{\pm i \pi(\gamma - 1)} & \text{for } t > 0 \\
t^{-2\gamma} e^{\mp i \pi(1 - \gamma)} & \text{for } t < 0
\end{array} \right.
\]

(18)

The time integration then turns into a standard Gamma function integral [40],

\[
\int_0^{\infty} dt \, \sin(e V t) \, t^{-2\gamma} = \frac{\pi \cos(\pi \gamma)}{2 \Gamma(2\gamma) \sin(2\pi \gamma)},
\]

such that

\[
\langle I \rangle_0 = \frac{4 \pi^2 \lambda^2}{\beta k_F} \sum_{\sigma_1, \sigma_2} |\chi_{\sigma_1, \sigma_2}|^2 \Theta(Q_{\sigma_1, \sigma_2})
\times \frac{(a/v)^{2\gamma}}{2 \pi a^2 \Gamma(2\gamma)} \sin(e V) |e V|^{2\gamma - 1}
= \frac{(a/v)^{2\gamma}}{2 \pi a^2 \Gamma(2\gamma)} \sum_{\sigma_1, \sigma_2} \Theta(Q_{\sigma_1, \sigma_2}) T_{\sigma_1, \sigma_2},
\]

(20)

where we have introduced the effective (dimensionful) transmission coefficient

\[
T_{\sigma_1, \sigma_2} = \frac{2 \lambda^2 (a/v)^{2\gamma} \mathcal{L}}{\beta^2 \Gamma(2\gamma) a^2 k_F} |\chi_{\sigma_1, \sigma_2}|^2.
\]

(21)

The second contribution \(\langle I \rangle_L\) maintains the spatial dependence on \(|x - x'| \approx \mathcal{L}\) and relies on the evaluation of

\[
\int_{-\infty}^{\infty} dt \, e^{i e V t} \left[ G_{1\sigma_1}^{\gamma}(L, t) G_{2\sigma_2}^{\gamma}(L, -t) - G_{1\sigma_1}^{\gamma}(L, -t) G_{2\sigma_2}^{\gamma}(L, t) \right].
\]

(22)

An analysis of the branch structure of the power-laws in the Green’s functions following exactly the same evaluations as in Eq. (18) allows us to rewrite the latter expression as

\[
4\pi \sin(\pi \gamma) \frac{e^{i(k_F - r_{k_F})L} |a/v|^{2\gamma}}{(2\pi a)^2} \int_{\tau}^{\infty} \frac{\sin(e V t)}{(t^2 - \tau^2)^\gamma},
\]

(23)

with \(\tau = L/v\). The remaining integral has a typical spurious divergence at \(t \to \tau\) from the bosonization approach which needs to be regularized for \(\gamma > 1\). This can be straightforwardly done by an analytic continuation of the integration result for \(\gamma < 1\) [11]. For the latter the calculation is reduced to a standard tabulated integral [40], given by

\[
\int_{\tau}^{\infty} \frac{\sin(e V t)}{(t^2 - \tau^2)^\gamma} = \frac{\sin(e V)2^{-\gamma - \frac{1}{2}} \sqrt{\pi}}{(2^\gamma - \tau^2)^{\frac{1}{2}}} \times \left| e V / \tau \right|^{-\frac{1}{2}} \Gamma(1 - \gamma) J_{\gamma - \frac{1}{2}} \left( |e V| \tau \right),
\]

(24)

with \(J_{\gamma - \frac{1}{2}}\) the Bessel function. Combining this result with all further factors and using the saddle point expression of Eq. (A8) we obtain

\[
\langle I \rangle_L = -\sum_{\sigma_1, \sigma_2} \Theta(Q_{\sigma_1, \sigma_2}) \sin(e V) \left| e V / \mathcal{L} \right|^{\gamma - \frac{1}{2}} T_{\sigma_1, \sigma_2}
\times C_{\gamma} \sin(Q_{\sigma_1, \sigma_2} \mathcal{L} - 2s(\mathcal{L}/2)) J_{\gamma - \frac{1}{2}} \left( |e V| \mathcal{L} / v \right),
\]

(25)

where \(s(\mathcal{L}/2)\) is given by Eq. (13), \(Q\) by Eq. (16), and we have introduced the constant

\[
C_{\gamma} = \sqrt{\pi} \frac{\Gamma(2\gamma)}{\Gamma(\gamma)} 2^{\frac{1}{2} - \gamma} = 2^{\gamma - \frac{1}{2}} \Gamma \left( \gamma + \frac{1}{2} \right).
\]

(26)

The final result for the current, \(\langle I \rangle = \langle I \rangle_0 + \langle I \rangle_L\) can be written as

\[
\langle I \rangle = \sin(e V) \sum_{\sigma_1, \sigma_2} \Theta(Q_{\sigma_1, \sigma_2}) T_{\sigma_1, \sigma_2} \left| e V \right|^{2\gamma - 1}
- C_{\gamma} \left| e V / \mathcal{L} \right|^{\gamma - \frac{1}{2}} \sin(Q_{\sigma_1, \sigma_2} \mathcal{L} - 2s(\mathcal{L}/2)) J_{\gamma - \frac{1}{2}} \left( |e V| \mathcal{L} / v \right).
\]

(27)

In the noninteracting limit \(\gamma \to 1\) and \(\langle I \rangle \propto V\) as expected.

IV. CONDUCTANCE MAPS

From the expression of the mean current in Eq. (27) we obtain the differential conductance \(G\) through \(G = \partial\langle I \rangle / \partial V\). If we let \(G = G_0 + G_L\) we have

\[
G_0 = \frac{2\gamma - 1}{e} \sum_{\sigma_1, \sigma_2} \Theta(Q_{\sigma_1, \sigma_2}) T_{\sigma_1, \sigma_2} \left| e V \right|^{2\gamma - 2},
\]

(28)

where we disregard delta function contributions that would arise from differentiating the step functions. The \(G_L\) contribution is dominated by differentiating the \(|e V|/\mathcal{L}|^{\gamma - \frac{1}{2}}\) term since the derivatives of the sine and the Bessel function are by \(|e V|\mathcal{L}/v \ll 1\) smaller. Hence

\[
G_L = -\frac{\gamma - \frac{1}{2}}{|V|} \sum_{\sigma_1, \sigma_2} \Theta(Q_{\sigma_1, \sigma_2}) T_{\sigma_1, \sigma_2} C_{\gamma} \left| e V / \mathcal{L} \right|^{\gamma - \frac{1}{2}} \times \sin(Q_{\sigma_1, \sigma_2} \mathcal{L} - 2s(\mathcal{L}/2)) J_{\gamma - \frac{1}{2}} \left( |e V| \mathcal{L} / v \right).
\]

(29)
FIG. 3. Conductance map for tunneling between HLLs as a function of voltage \( V \) and magnetic field \( B \) (through \( q_B = eBd \)). Assumed is \( \sigma_1 = \sigma_2 \) such that tunneling is only possible between the modes \( R \to R \) and \( L \to L \). The used parameters for all plots are \( L = 6 \mu m, v_F = 2 \times 10^5 \text{ m/s}, k_{F1} = 10^6 \text{ m}^{-1} \) and \( k_{F2} = 1.02k_{F1} \) (at \( V = 0 \)), \( a = 5 \AA, \lambda = 1 \text{ meV}, \beta = 8 \), and interaction parameters \( K_1 = 0.8, K_2 = 0.6 \). Since we set \( v_1 = v_2 = v \) we choose \( v = 2v_F/(K_1 + K_2) \) but notice that the precise interference beating pattern depends on this choice. The gray area marks \( G = 0 \).

In Fig. 3 we show \( G \) as a function of applied voltage \( V \) and magnetic field \( B \) (through \( q_B \)) for the example of Fig. 2 (a) in which \( \sigma_1 = \sigma_2 \). The V-shaped structure arises from the step functions \( \Theta(Q_{\sigma_1,\sigma_2}') \), where \( Q_{\sigma_1,\sigma_2}' = (k_{F1} - k_{F2})|_{V=0} + eV/v_F + q_B \) corresponds to \( R \to R \) tunneling, and \( Q_{\sigma_1,\sigma_2}' = (-k_{F1} + k_{F2})|_{V=0} - eV/v_F + q_B \) to \( L \to L \) tunneling. The gray area on the left side of the plot is where \( G = 0 \). In the central V-shaped area only \( R \to R \) tunneling is possible. On the right side of the V-shape the additional \( L \to L \) tunneling leads to a considerable jump in the magnitude of \( G \). At \( V = 0 \) there is a zero bias anomaly due to the characteristic power-law divergence of a LL. But superposed are two types of oscillations. One from the dependence on \( \sin(Q_{\sigma_1,\sigma_2}L - 2s(L/2)) \), providing oscillations parallel to the flanks of the V-shape, and one from the Bessel function which is independent of \( q_B \). Note that for the non-interacting case, \( K_1 = K_2 = 1 \), we recover a linear in \( V \) behavior for the zero bias anomaly as it should be. To visualize the interference pattern in full detail we show in Fig. 4 the part \( G_{LL} \) only, multiplied by \( V^{2-\gamma} \) to suppress further the power-law dependence. In particular the superposition from \( R \to R \) and \( L \to L \) tunneling leads to a characteristic checkerboard pattern.

In comparison we show in Fig. 5 the corresponding conductance map of a regular LL, using directly the results from Ref. [23]. In the latter, the spin-charge separation causes the blurry vertical interference pattern due to the difference of spin and charge velocities. This pattern is evidently absent for the HLL. We observe furthermore in Fig. 5 a doubling of the V-shaped structure with different slopes for the spin and charge excitations, arising from the different spin and charge velocities. However, we believe that this doubling could be due to an erroneous handling in Ref. [23] of the voltage dependence in the step functions because the expansion in \( V \) in Eq. (16) relies on electrostatics and on the band structure and should thus involve \( v_F \) throughout instead of the inter-
and for $K$ the velocity difference $v$ interacting case $K$ is only exact for the plots on the diagonal where $K_1 = K_2$. The interference patterns change with the interaction strength, since an inspection of the experimental data \cite{21–23} does not allow us to reach a conclusion. An attempt to deduce the interaction strength parameters $K$ from the combination of the finite size confinement of the upper conductor and the specific 1D nature of the phase transition reported in Ref. \cite{38} does not allow us to reach a conclusion.

A further notable difference is the significantly different checkerboard pattern on the right side of the V-shape. For the HLL this different checkerboard pattern is a result of the interference of the product of sinusoidal and Bessel function oscillations for the two tunneling processes $R \rightarrow R$ and $L \rightarrow L$. But we should treat the precise pattern with care since the Bessel function arises analytically from setting $v_1 = v_2$ and hence the result is strictly valid only for $K_1 = K_2$. In the absence of interactions, $K_1 \neq K_2$, we anticipate a further beating effect, modulating the present pattern by a relative wavelength set by $(v_1 - v_2)/v$. We notice finally that in \cite{23} the coupling between $x$ and $x'$ leading to the Bessel function was neglected due to the stronger signatures by the spin-charge separation, leading to the simpler interference pattern. For the HLLs we cannot neglect this coupling and therefore predict the more involved patterns.

It is nonetheless worth to highlight that the interference patterns change with the interaction strength, since the Bessel function depends on both the renormalized velocity $v = v_F/K$ and the interaction dependent parameter $\gamma$. In Fig. 6 examples for a selection of $K_n$ values are shown. Through the nonlinear dependence on the $K_n$ the changes of the interference patterns are notable, and as the interactions are in part tunable with the electron density it may be possible to track at least a part of this change and use it to distinguish further the HLL from the regular LL case.

For tunneling processes $L \rightarrow R$ and $R \rightarrow L$, if again the spin overlaps permit, the same results apply and similar interference patterns are obtained. Yet to overcome now the large momentum difference $k_{F_1} + k_{F_2}$ a large $q_B$ must be applied. Formally one could also think of applying a large voltage but the present calculation relies on the linearity of the bands in the considered energy ranges and it is not possible to reliably extend the results to high voltages.

V. CONCLUSIONS

In this work we have calculated and analyzed the tunneling differential conductance between two parallel helical 1D conductors as a function of the voltage bias $V$ and a magnetic field $B$ perpendicular to the tunneling plane. Our analysis applies either to two quantum wires where a low-energy helical behavior may emerge at low-enough temperature or between two parallel edges of two 2D quantum spin Hall insulators (see Fig. 1). Our results are summarized mainly in Figs. 3 and 4 where we have plotted the conductance map as a function of $B$ and $V$. Such maps are characterized by specific interference patterns that result from the combination of the finite size confinement of the upper conductor and the specific 1D physics. In the case of two standard Luttinger liquids the spin-charge separation has the strongest imprint on the interference pattern in the form of blurry vertical stripes (see Fig. 3), from whose oscillation period it is also possible to deduce the interaction strength parameters $K$. For the helical conductors these stripes are absent and the interference pattern has a very different visual aspect. We predict in particular a stronger role of a further oscillation pattern, expressed by a Bessel function with an oscillation period that may still allow (for the case $K_1 = K_2$) to extract the interaction strength. But more significantly a detection of the change of the interference pattern can provide a strong signature for entering a helical conductor state. This could especially lead to further insight in the nature of the phase transition reported in Ref. \cite{38}, where the conclusions so far had to be based only on rather indirect signatures.

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where part of this work was done. Open data compliance: This work is theoretical and all plots are reproducible with the given formulas and parameter values.

**Appendix A: Spatial integrals by stationary phase approximation**

The different contributions to the tunneling current can generally be written in the form

$$J = \int dx dx' \varphi(x) \varphi^*(x') e^{iQ(x-x')} g(|x-x'|), \quad (A1)$$

where $g(|x-x'|)$ contains the result from the time integration. This integral can be evaluated through a stationary phase approximation. Since $x$ and $x'$ play the same role in the integration the stationary phases are characterized either by $x = x'$ or $x = -x'$. To collect the oscillating parts of the integrand we notice that $g(|x-x'|)$ acquires through the time integration over $e^{ieVt}$ and the power-law dependences on $x-x' \pm v_n t$ the characteristic lengths $\lambda \sim v_n / V$.

At low voltages we have $\lambda \gg \mathcal{L}$, and the WKB envelope functions $\varphi$ dominate the integration. We can then treat the $x$ and $x'$ integrations individually. With $\varphi(x) \propto e^{-i\xi(x)}$ the stationary phase is obtained for

$$iQ - i\xi'(x) = iQ - ik_{F1} \sqrt{1 - u(x)} = 0, \quad (A2)$$

which can have a real solutions only for $Q > 0$. With the choice of $u(x) = (2x/\mathcal{L})^\beta$ these real solutions are $x = \pm x_0$ with

$$x_0 = (\mathcal{L}/2) \left[ 1 - Q^2 / k_{F1}^2 \right]^{1/\beta}. \quad (A3)$$

This stationary point is meaningful only for $|Q| < k_{F1}$, which is a natural condition to consider for this modelling anyway, as $Q$ measures the momentum mismatch with the tunneling between the two Fermi points of the conductors (cf. Fig. 2). We recall also that this result relies on $\lambda \gg \mathcal{L}$ and thus does not allow the extension to the case of an infinite conductor $\mathcal{L} \to \infty$. For the latter a different approach such as in Ref. 17 would be required. Corrections to these saddle points from the coupling between $x$ and $x'$ through $g(|x-x'|)$ would be proportional to $g'(|x-x'|) / g(|x-x'|)$ and can be neglected in the present approximation.

Including Gaussian fluctuations in the stationary phase approximation

$$\int dx e^{-i\Phi(x)} \approx \int dx e^{-i[\Phi(x_0) + \frac{1}{2} \Phi''(x_0)(x-x_0)^2]}$$

$$= \sqrt{\frac{2\pi}{|\Phi''(x_0)|}} e^{-i\frac{\Phi(x_0)}{2} \text{sign}[\Phi''(x_0)]}, \quad (A4)$$

then leads to the solution

$$J \approx \Theta(Q) \sum_{\nu,\nu'} \frac{2\pi e^{iQ(x_0-x_{\nu'})}}{\sqrt{|s''(x_{\nu'})|}} \varphi(x_{\nu'}) \varphi^*(x_{\nu'}) \times g(|x_{\nu'} - x_{\nu}|) e^{-i\frac{\pi}{4}\text{sign}[s''(x_{\nu'}) - s''(x_{\nu'})]} \quad (A5)$$

with $x_{\nu} = \nu x_0$.

For $u(x) = (2x/\mathcal{L})^\beta$ we have $\text{sign}[s''(x_{\nu})] = \text{sign}[u''(x_{\nu})] = \text{sign}(x_{\nu}) = \nu$ and $|s''(x_{\nu})| = |s''(x_0)|$. This results in

$$J \approx \Theta(Q) \sum_{\nu,\nu'} \frac{4\pi |\varphi(x_0)|^2}{|s''(x_0)|} \left[ g(0) - g(2x_0) \sin(2Qx_0 - 2s(x_0)) \right]. \quad (A6)$$

In this expression we should notice that $g(0)$ is independent on $\mathcal{L}$ and hence larger than $g(2x_0)$ which through $x_0 \sim \mathcal{L}$ depends on $\mathcal{L}$ to some negative power. But the $g(2x_0)$ term incorporates all interference effects and must not be neglected.

With $Q/k_{F1} = \sqrt{1 - u(x_0)}$, $u(x_0) = (2x_0/\mathcal{L})^\beta$, and $u'(x_0) = \beta u(x_0)/x_0$, we find $|\varphi(x_0)|^2 = 1/\sqrt{1 - u(x_0)} = k_{F1} / \mathcal{L}$ and $|s''(x_0)| = k_{F1} u'(x_0)/2\sqrt{1 - u(x_0)} = \beta k_{F1}^2 (2x_0/\mathcal{L})^\beta / 2Qx_0$. This allows us to write

$$J \approx \Theta(Q) \frac{8\pi x_0/\mathcal{L}/2x_0^\beta}{\beta k_{F1}} \left[ g(0) - g(2x_0) \sin(2Qx_0 - 2s(x_0)) \right]. \quad (A7)$$

For the overall amplitude we can neglect the $Q$ dependence and set $x_0 \approx \mathcal{L}/2$, which leads to the final approximation

$$J \approx \Theta(Q) \frac{4\pi \mathcal{L}}{\beta k_{F1}} \left[ g(0) - g(2\mathcal{L} \sin(Q\mathcal{L} - 2s(\mathcal{L}/2)) \right], \quad (A8)$$

which is the result used in the main text.

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