Transcatheter closure of a sinus venosus atrial septal defect using 3D printing and image fusion guidance

Akanksha N. Thakkar, MD1 | Ponraj Chinnadurai, MBBS, MMST2 | John P. Breinholt, MD3 | C. Huie Lin, MD, PhD1

1 Houston Methodist DeBakey Heart & Vascular Center, Houston Methodist Hospital, Houston, Texas
2 Siemens Medical Solutions USA Inc., Hoffman Estates, Illinois
3 Department of Pediatrics, University of Texas Health Science Center at Houston, Houston, Texas

Abstract
A 63-year-old man with cirrhosis, hepatocellular carcinoma, and coagulopathy was diagnosed with a sinus venosus atrial septal defect (ASD) and partial anomalous pulmonary venous return (PAPVR) of the right upper pulmonary vein (RUPV). Transcatheter repair by positioning a stent graft in the superior vena cava was planned. Based on three-dimensional (3D) reconstruction of gated cardiac CTA, a 28 mm x 7 cm Endurant II® aortic extension stent graft (Medtronic, MN) was chosen. A 3D model printed from the CTA was used to simulate device deployment, demonstrating successful exclusion of the sinus venous ASD with return of the RUPV to the left atrium (LA). Post simulation, the 3D model was used for informed consent. The patient was then taken to the hybrid operating room. On-table cone beam CT was performed and registered with the CTA images. This enabled overlay of 3D regions of interest to live 2D fluoroscopy. The stent graft was then deployed using 3D regions of interest for guidance. Hemodynamics and angiography demonstrated successful exclusion of the sinus venosus ASD and unobstructed return of RUPV to the LA. This is the first report of comprehensive use of contemporary imaging for planning, simulation, patient consent, and procedural guidance for patient-centered complex structural intervention in repair of sinus venosus ASD with PAPVR. We propose this as a process model for continued innovation in structural interventions.

KEYWORDS
cardiac imaging, computed tomography, cone beam, congenital, heart defects, techniques

1 INTRODUCTION
Advances in cardiovascular imaging now provide high resolution three-dimensional (3D) data. These may be used as templates for 3D printing and can also be imported into the catheterization lab for live guidance during complex interventions. These innovations enable patient-centered novel structural interventions. We report the first 3D image-fusion-guided transcatheter repair of a sinus venosus atrial septal defect (ASD) in a poor surgical candidate after pre-procedural simulation in a 3D printed model. We describe this process as a template for development of future patient-centered structural interventions (Figure 1, Supporting Information Video 1).

2 CASE REPORT
A 63-year-old man with cirrhosis, hepatocellular carcinoma, thrombocytopenia, and coagulopathy under consideration for liver transplantation presented with shortness of breath and edema. Transthoracic echocardiography (TTE) showed right ventricular (RV) enlargement, hypokinesis, and left to right shunt through a congenital heart lesion. Cardiac MRI revealed a shunt from the left atrium (LA) to the right atrium (RA) via a superior sinus venous ASD (length 3.5 cm, area 4.4 cm²). The right upper pulmonary vein (RUPV) connected to the LA as expected but it also abnormally drained into the superior vena cava (SVC) leading to partial anomalous pulmonary venous return (PAPVR). The estimated Qp:Qs was 1.9:1. Due to liver failure, surgical repair was a poor option, and a transcatheter approach was developed (Figure 1).

2.1 Pre-procedural 3D planning
Our objective was to exclude the SVC from the LA and the RUPV (by covering the sinus venous ASD) (Figure 2A). Our boundaries were to avoid obstructing neighboring venous structures (e.g., azygos vein) or extending into the RA (could induce ectopy). We required the diameter...
and external radial strength of the stent graft to ensure apposition to the proximal SVC. This was expected to prevent residual shunt from the LA, or leak. An important concern was to avoid obstructing the RUPV which could induce segmental pulmonary edema and pulmonary hypertension (Figure 1A,B).

Based on these objectives and measurements of the gated cardiac CTA (Figure 2A), we required a device >4 cm in length to exclude both the RUPV and sinus venosus ASD, but <9 cm to avoid covering the azygos vein or extending into the RA. A diameter of at least 26 mm was required to match the proximal SVC at the floor of the sinus venosus ASD and prevent shunt "endograft leak." To optimize safety, the device would be flexible and conform to the curvature of the SVC. It would use active fixation barbs to prevent embolization (unlike arterial targets, the SVC had no calcifications to ensure stable positioning of the device, and many coverings such as PTFE can be slippery). After reviewing stent grafts from multiple vendors, one device met these conditions: the self-expanding Endurant II® 28 mm 37 cm aortic extension (Medtronic, MN) (Figure 2B).

2.2 | 3D print test implantation

A 3D model was printed using tissue-mimicking rubber-like material (TangoPlus, 3D Printers Canada and Objet Geometries Ltd.) after segmentation of CTA images (segmentation time: <5 min) (Figure 3A,B). A cone-beam CT of the 3D model was acquired and co-registered with the pre-procedural CTA to validate the model (Supporting Information Video 1). The stent graft was then implanted in the SVC of the model under fluoroscopy (Figure 3C). Post-simulation cone-beam CT of the model demonstrated successful exclusion of the sinus venosus ASD and return of the RUPV to the LA (Figure 3D). The 3D model was shown to the patient for informed consent (Figure 1C).

2.3 | Implantation with 3D guidance

3D regions of interests (ROIs) were electronically marked on the CTA (ASD, RUPV, azygos vein, proximal and distal ends of the SVC) using software tools (syngo iGuide toolbox®, Siemens Healthcare GmbH, Germany) (Figure 3E). The patient was taken to the hybrid operating room equipped with a robotic angiographic imaging system (Artis zeego®, Siemens). On-table cone-beam CT (5 sec protocol) was performed during simultaneous contrast injection into the SVC and RUPV (Supporting Information Video 2). Cone-beam CT images were co-registered with pre-procedural CTA (8 min from start to finish) using commercially available tools (syngo Inspace 3D3D fusion®, Siemens) (Figure 3E,F). Co-registration enabled real-time overlay of 3D ROIs onto live 2D fluoroscopy (Figure 3G). It also allowed optimization of C-arm angles for orthogonal view of the SVC at the floor of the ASD and the ostium of the azygos vein as well as en-face view of the ASD.

The stent graft delivery system was advanced into position using the 3D ROIs as guidance (Figure 1D) and carefully deployed in the SVC with the uncovered portion at the level of the azygos vein and the covered portion beginning above the RUPV and extending below the floor of the sinus venosus ASD, just above the SVC-RA junction (Figure 3G, Supporting Information Video 3 and Methods).

Post deployment, C-arm angles were optimized for en-face and side-on view of the ASD based on the co-registered CTA/cone-beam CT images. SVC and RUPV venograms demonstrated successful
exclusion of the RUPV with unobstructed flow from RUPV into the LA and no residual shunt across the ASD (Supporting Information Video 3). Simultaneous measurement of LA and RUPV pressures demonstrated no gradient. Repeat oximetry did not reveal a residual shunt.

2.4 | Post-procedure imaging and follow-up

Post-procedure day 1 CTA confirmed that the device remained in appropriate position without evidence of RUPV stenosis (Figure 3H). The risk of thrombosis in a freshly implanted stent was considered higher than the bleeding risk; therefore, the patient was discharged on dual anti-platelet therapy (aspirin and clopidogrel). As our patient lives in another country, he was unable to follow-up with us; on telephonic follow-up, he reported improvement in symptoms at 6 months. TTE in his home country showed normalization of RV volume followed by successful liver transplant shortly after.

3 | DISCUSSION

We report the first comprehensive use of contemporary imaging for planning, 3D prototyping and simulation, patient consent, and procedural guidance for a patient-centered complex structural intervention in the transcatheter repair of a sinus venosus ASD with PAPVR. We propose this as a process model for innovation in structural heart interventions (Figure 1).

First, we defined our objectives and boundaries to prevent complications. We reviewed literature for successes and failures: Garg et al. have reported sinus venosus ASD exclusion using a balloon-mounted covered stent (Advanta V12, Maquet Medical, Rastatt, Germany) in the SVC under trans-esophageal echocardiography (TEE)/angiography guidance [1]. Crystal et al. used three self-expanding stent grafts (Zenith Flex AAA extension cuffs, Cook Medical, Bloomington, IN) of progressively increasing sizes in the SVC under TEE guidance [2]. There were no reported complications, and this strategy appeared feasible and low complexity. Next, we obtained high-resolution cross-sectional imaging and made measurements based on our objectives to identify candidate devices.

Third, we 3D printed the cardiac CTA to identify potential problems with device implantation. We then validated the 3D model followed by procedure simulation in the validated 3D model. Post-simulation, the 3D model was used for informed consent.

Finally, we performed stent graft implantation under 3D image fusion guidance as conventional 2D fluoroscopy and angiography provided limited information, and we were unfamiliar with the TEE appearance of the stent graft and delivery system. The projected 3D ROI markers automatically tracked with changes in C-arm angulations, table positions, and image zoom. This enabled visualization of the anatomic target for device deployment in a quasi-3D environment. We and other authors feel that this may allow safer and more accurate device placement and decrease the need for repeated angiography [3]. Importing the CT data also allowed optimization of C-arm angles to minimize parallax during device deployment and angiography. Post-procedure CT confirmed optimal positioning of the device and appeared remarkably similar to the position of the stent graft within the 3D model.

While the procedure was successful with no significant complications, we report the following concerns. First, is there a risk of thrombus formation on the stent graft material? Thrombus on the endoluminal side...
may be acceptable but on the LA side, it could be a source for systemic embolization. Second, what is the effect of the active fixation barbs on the SVC? Active fixation is safe in the aorta with a thick vascular wall, but is there risk of perforation in the SVC? Third, patient age at treatment: application of this technique to children who are still subject to somatic growth may present a problem. While the stent graft may be oversized to allow for future re-dilation, venous fluid dynamics may be compromised with unknown consequences. Some children may not have the venous anatomy to accommodate an 18-Fr delivery system. Fourth, does the 3D print truly mimic target tissue properties such that it serves as a reliable simulation to identify potential complications? Recent work from our institution examined the tensile properties of mitral tissue in comparison to different 3D print materials to best simulate mitral interventions [4]; studies will continue to optimize the fidelity of 3D printed models for ex vivo testing. Additionally, there remains no pathway to reimbursement for 3D printing which can be extremely expensive; our case was supported by institutional research funding. Finally, although the ROIs from CTA are automatically tracked in real time with changes in C-arm angulations, table positions and image zoom, they do not track with cardiac or respiratory motion. Introduction of stiff devices may distort vasculature and make projected ROIs less accurate; however, angiography based 2D re-registration tools and software based 3D vascular deformation correction algorithms are available to improve image fusion accuracy further. In our case, these limitations did not affect the procedure as we were deploying a linear device in a linear target with fairly straightforward anatomy during mechanical breath holds.

Despite these limitations, meticulous planning can mitigate the risks of these innovative procedures. Currently, however, we cannot recommend this process for low complexity patients: sinus venosus ASDs with PAPVR are surgically corrected with excellent results, and patients able to tolerate conventional therapies should be treated as such. However, routine use of this technique may be possible in the future as outcomes from more cases are reported.

In conclusion, our process may be optimal to identify innovative but straightforward procedures for high complexity patients with comorbidities that preclude conventional therapies.

FIGURE 3  Simulation of device implantation in 3D printed model and implantation in patient using 3D image guidance. 3D segmentation of gated cardiac CTA in MIMICS (A) followed by 3D print of segmented structures of interest (B). Implantation of candidate stent graft in 3D printed model under fluoroscopy (C) and cone-beam CT of results (D) demonstrated successful exclusion of ASD and RUPV. 3D guidance of implant in patient after importing gated cardiac CTA and registration with cone-beam CT of patient on table (E) followed by overlay of ROIs onto fluoroscopy (F). G, Implant of stent graft guided by 3D ROIs demarcating the ASD and RUPV with proximal and distal ends of SVC outlined in orthogonal planes. H, Post-procedure gated CTA demonstrated successful exclusion of ASD and RUPV without obstruction. [Color figure can be viewed at wileyonlinelibrary.com]
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CONFLICT OF INTEREST

Ponraj Chinnadurai is a full-time senior staff scientist at Advanced Therapies Division, Siemens Medical Solutions USA Inc.

ORCID

Akanksha N. Thakkar MD http://orcid.org/0000-0002-1505-2124
Ponraj Chinnadurai MBBS, MMST http://orcid.org/0000-0001-9223-1284
John P. Breinholt MD http://orcid.org/0000-0002-5706-7594

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SUPPORTING INFORMATION

Additional Supporting Information may be found online in the supporting information tab for this article.

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