Research article

Cancer incidence in relatives of a population-based set of cases of early-onset breast cancer with a known BRCA1 and BRCA2 mutation status

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Received: 11 Mar 2003  Revisions requested: 8 May 2003  Revisions received: 25 Jun 2003  Accepted: 7 Jul 2003  Published: 7 Aug 2003

Breast Cancer Res 2003, 5:R175-R186 (DOI 10.1186/bcr632)
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Abstract

Background Relatives of breast cancer cases have an increased risk of the disease. The risk increases with increasing numbers and decreasing age of onset of affected relatives. In families with a BRCA1 or a BRCA2 mutation, individual carrier status predicts the risk of breast cancer. In relatives of cases where both BRCA1 and BRCA2 mutations are excluded, the risk remains undetermined.

Methods Standardized incidence ratios (SIRs) and cumulative cancer incidences were calculated for relatives of a population-based set of early-onset breast cancer index cases (younger than age 41 years) with a defined BRCA mutation status (n=203).

Results In first-degree relatives (FDRs) of mutation-negative cases, breast cancer incidences (SIR=2.3), prostate cancer incidences (SIR=1.7), cervix cancer incidences (SIR=3.3) and nonmelanoma skin cancer incidences (SIR=2.8) were increased. The risks of breast cancer, prostate cancer and nonmelanoma skin cancer were further increased in FDRs of breast cancer cases younger than 36 years of age. In high-risk individuals with at least one relative with breast cancer apart from the index case, but no BRCA mutation in the family, breast cancer incidence was increased (SIR=5.3); again the prostate cancer incidence was elevated (SIR=2.5). The cumulative incidence of breast cancer at ages 50 and 70 years for FDRs of index cases without a BRCA mutation was 3.6% and 12.8%, respectively. Similarly, the cumulative incidence of breast cancer for high-risk women was 6.3% and 21.1% at ages 50 and 70 years, and that for FDRs of BRCA mutation carriers was 17.2% and 27.7% at the same ages.

Conclusion The incidence of breast cancer is increased for FDRs of women with early-onset breast cancer irrespective of the BRCA status in the family. Risk increases with decreasing age and with increasing number of affected relatives. The incidences of prostate cancer, cervix cancer and nonmelanoma skin cancer are elevated for FDRs of early-onset breast cancer cases without a BRCA mutation, indicating a possible association between these cancers and early-onset breast cancer.

Keywords: breast cancer, BRCA1, BRCA2, familial risk, prostate cancer

Introduction

The influence of hereditary factors over breast cancer risk in women is well established. In a review and meta-analysis of previously published case–control and cohort studies, Pharoah and colleagues concluded in 1997 that a woman with a relative with breast cancer has an approximately doubled breast cancer risk compared with controls. The risk of breast cancer tended to be higher in first-degree relatives (FDRs) of affected individuals than in second-degree relatives, tended to be higher if there was more than one close relative with breast cancer, and tended to be higher if the affected woman was younger.

BRCA1 = breast cancer susceptibility gene 1; BRCA2 = breast cancer susceptibility gene 2; CI = confidence interval; FDR = first-degree relative; NHL = non-Hodgkin’s lymphoma; SIR = standardized incidence ratio.
than 50 years at the time of diagnosis compared with if she was older than 50 years [1]. Similar data have been reported from a Swedish population [2].

Epidemiologically based data from different cohort and case–control studies of different populations have been used to create risk models that are applied clinically in oncogenetic counselling. The two most used models are the so-called Claus model [3] and the Gail model [4]. The Claus model provides cumulative breast cancer risks for women with different numbers of relatives with breast cancer or ovarian cancer at different ages. In addition to the number of FDRs with breast cancer, the Gail model also takes nonhereditary risk factors into account.

The identification of the inherited breast cancer susceptibility genes, most notably BRCA1 and BRCA2 [5–7], has greatly improved the possibility of providing distinct estimates of future breast cancer risk in mutation-positive families, and above all has opened up the possibility of differentiating between carriers with a markedly increased risk and noncarriers with a population-like risk in these families. However, the introduction of BRCA1 and BRCA2 mutation testing in clinical oncogenetic counselling will inevitably lead to bias in the risk estimates if the same epidemiologically based risk-calculation models are used in families where BRCA1 and BRCA2 have been excluded as the causative factor of inherited cancer.

In families with an identified BRCA1 or BRCA2 mutation, the risk estimate of breast cancer in mutation carriers will depend on the population on which the calculation is based and on the way family members were ascertained (discussed by Dörüm and colleagues [8]). Generally speaking, penetrance estimates of mutation carriers tend to indicate a higher cumulative risk of breast cancer if based on a set of high-risk families [9,10] than if based on a population-based set of mutation carriers not recruited due to the occurrence of multiple cases of breast cancer in their families [11–15]. Families identified in oncogenetic counselling have penetrance estimates of breast cancer between these two extremes [16].

Despite intense research efforts and the publication of several potential chromosomal loci [17–22] since and before the identifications of BRCA1 and BRCA2, no generally accepted high-penetrant ‘breast cancer gene 3’ has been identified. A recent study of FDRs of incident breast cancer cases where BRCA1 and BRCA2 were excluded indicates that obtaining a complete picture of the remaining molecular genetic factors involved in hereditary breast cancer may be difficult given the fact that several common alleles may be involved in a polygenic model, and that recessive genes are as likely as dominant ones to be involved in ‘unexplained’ hereditary breast cancer families [23]. For those families where BRCA1 and BRCA2 mutations are not identified, therefore, data from epidemiological studies have, and probably will in the future continue to have, a strong impact on clinical oncogenetic counselling.

The main purpose of the present study is to estimate relative and absolute cancer risks in FDRs (i.e. siblings and parents) of a population-based set of index individuals with early-onset breast cancer (onset younger than age 41 years), a known family history of cancer, and a known BRCA1 and BRCA2 mutation status. These estimates are made to provide data that can be used in the counselling of individuals in a BRCA1-screened and BRCA2-screened population.

**Materials and methods**

During the period 1 January–31 December 1995, a total of 282 women aged 40 years or younger were diagnosed with breast cancer in the South Swedish Health Care Region. After approval was obtained from the ethical committee at Lund University Hospital, these women were invited to a population-based screening of BRCA1 and BRCA2 germline mutations and a survey of their family history of cancer. Among a total of 234 women screened for germline mutations, 16 mutation carriers (6.8%) were initially detected for BRCA1 and five mutation carriers (2.1%) for BRCA2 [24]. After the publication of the study, however, an additional mutation was detected in one of the families: the sister of an index case with a medullary breast cancer contracted breast cancer and sought oncogenetic counselling. In this situation, mutation screening was reiterated in the index individual using denaturing high-performance liquid chromatography, a more sensitive method than that previously used (single-stranded conformal polymorphism). A 300T→G germline mutation in BRCA1 that had escaped previous detection was identified. The rates of mutation of BRCA1 was thus modified to 17/234 (7.3%), and the total rate of BRCA mutation carriers was set to 22/234 (9.4%).

All data regarding cancer diagnoses in cases and relatives in the study were obtained from independent sources. Children, siblings, parents and their siblings, as well as grandparents of the index women were identified for this study by contacting the local revenue authorities that keep the local census registers. Questionnaire data from the index individuals were used only to make sure no relatives were overseen when identifying family members. Malignant diagnoses of these individuals were obtained from the regional and national cancer registries. Only study subjects where diagnoses in FDRs could be checked-up in the local or national cancer register were included in the statistical analyses (n=203). Dropouts were either a result of the index individual not participating in the mutation analysis or due to the fact that data on family history could not be traced in Swedish registers, most frequently because the family was of foreign ances-
try. The material has been described in greater detail in a previous publication [24].

Statistical risk calculations were performed separately on three sets of FDRs. Index individuals were excluded from all analyses. The first set of individuals included all FDRs of identified index individuals without a BRCA1 or BRCA2 germline mutation (n=646). The second analysis group consisted of a selected group of high-risk individuals with at least one FDR or second-degree relative with breast cancer in the same branch of the family, other than relative to the index woman (n=180). The families of these individuals were families that would have been considered for mutation screening of BRCA1 and BRCA2 if they had been identified through the ordinary oncogenetic reception, a clinical unit for oncogenetic counselling jointly run by the departments of oncology and clinical genetics at Lund University Hospital. The third set of individuals included all FDRs of index cases with an identified BRCA1 or BRCA2 germline mutation (n=82).

Individual family members of index individuals that were mutation carriers were not uniformly tested for both BRCA1 and BCRA2, and thus data on the individual carrier status were not included in the analyses. Data on cancer incidence not verified in the national or regional cancer register were accepted for the purpose of identifying individuals with at least one FDR or second-degree relative with breast cancer other than the index individual, but not for inclusion in the cohort analysis itself. For example, if the index individual reported that the maternal grandmother of an index individual had died from breast cancer and this could not be verified in the cancer register, the mother and all siblings of the index individual were included in the analysis of high-risk women with one FDR or second-degree relative with breast cancer other than the index woman (Fig. 1a). On the contrary, if a paternal aunt and a sister of the index case were recorded to have breast cancer, then the father, siblings and children of the index case were included, but not the mother (Fig. 1b).

Because of the small number of mutation-positive index cases in the study (n=22), calculations of the dominantly inherited breast cancer susceptibility genes in BRCA1-positive and BRCA2-positive families (n=82 FDRs) were not carried out separately, but were pooled in one group.

Calculation of standard incidence ratios

Cancer incidence in relatives of the index cases was analysed by calculating standardized incidence ratios (SIRs) with stratification by sex, by calendar year, and by 5-year age groups. Incidence rates from the southern region of Sweden were used as references. The different study cohorts were stratified by the index cases’ age of onset. Individuals in the cohorts were followed from date of birth until the earliest event of death, of a second primary cancer diagnosis, of emigration, or of end of study follow-up (i.e. 31 December 2000).

In standard cohort analyses, the statistical inference is based on the assumption that the observations are independent and Poisson distributed. The Poisson assumption is not correct if there is a family factor (hereditary or environmental), since this means that there is a dependency between the individuals of a family. The estimate of the SIR from a standard cohort analysis will be correct even when a dependency is present between data, but the estimate of its standard error may be too small if the dependency between family members is not taken into account. Therefore, we have used a sampling-based standard error when calculating approximate confidence intervals based on the normal distribution [2].

Calculation of cumulative breast cancer risks

To be able to calculate cumulative breast cancer incidence in mutaion carriers in the families where individual testing had not been performed, we calculated the cumulative breast cancer risk using the following method. Let \( SMRE \) denote the standardized morbidity ratio of individuals with exposure \( E \) (\( E \) can, for instance, indicate the prevalence of a FDR with breast cancer). The probability of an individual with exposure \( E \) developing breast cancer before the age of \( t \) is then:

\[
P(brca < t | E) = \left[ 1 - e^{(-SMRE \cdot \sum_{i,j} \lambda_i^{ij} \cdot \Delta t_i^j)} \right]
\]

where \( \lambda_i^{ij} \) is the age-specific and calendar year-specific breast cancer incidence in the reference population, and \( \Delta t_i^j \) is the time in age interval \( i \) and calendar year \( j \).

The cumulative risk for a BRCA1 or BRCA2 mutation carrier was calculated using the estimate of the cumulative risk for FDRs of the index women with a BRCA1 or BRCA2 mutation:

\[
P(brca < t | FDR of index women) = 0.5[P(brca < t | no mutation)] + 0.5[P(brca < t | BRCA1 or BRCA2 mutation)]
\]

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\[
P(brca < t | BRCA1 or BRCA2 mutation) = \left( P(brca < t | FDR of index women) - 0.5[P(brca < t | no mutation)] \right) / 0.5
\]

The estimation of the standard errors of the cumulative risks was calculated using Gauss approximation. Cumulative incidences and confidence intervals were calculated in 5-year intervals.

Stata 6.0 statistical software was used for all statistical analyses [25].
Results

The mutation status and the family history according to the criteria for inclusion in the study (i.e. confirmed data on cancer incidence among siblings and parents of the index individual) were known for 203 out of 262 index individuals (77.5%). The families of these index individuals included 728 FDRs. In addition, 804 female second-degree relatives (paternal and maternal aunts and grandmothers) of the index individuals were identified. In total, 22 families where BRCA1 or BRCA2 mutations were identified in index individuals (17 families with BRCA1 mutations and five families with BRCA2 mutations) and 181 families without mutations were included in the study. Out of the families with no BRCA1 or BRCA2 mutation, 70 had a family history with at least one additional case of breast cancer in a FDR or a second-degree relative of the index individual; by definition, a woman younger than the age of 41 years with breast cancer (Fig. 1a,b).
| ICD-7  | Site                        | Observed (n) | Expected (n) | Standardized incidence ratio | 95% confidence interval |
|--------|-----------------------------|--------------|--------------|-----------------------------|-------------------------|
| 140–209| All malignant tumours       | 120          | 82.3         | 1.5                         | 1.2–1.7                 |
| Non-170| All malignant tumours except breast | 91          | 69.9         | 1.3                         | 1.1–1.6                 |
| 140    | Lip                         | 1            | 0.50         | 2.0                         | 0.05–11.1               |
| 141 + 143–144 | Cavum oris            | 0            | 0.56         | 0                           | 0–6.6                   |
| 142    | Salivary glands             | 1            | 0.31         | 3.2                         | 0.08–17.8               |
| 145–148| Throat                      | 0            | 0.40         | 0                           | 0–9.1                   |
| 150    | Oesophagus                  | 0            | 0.53         | 0                           | 0–6.9                   |
| 151    | Stomach                     | 2            | 2.8          | 0.71                        | 0.09–2.6                |
| 153    | Large bowel                 | 5            | 5.6          | 0.89                        | 0.29–2.1                |
| 154    | Rectum                      | 6            | 3.8          | 1.6                         | 0.58–3.5                |
| 1550   | Liver                       | 1            | 0.61         | 1.6                         | 0.04–9.1                |
| 1551–1559| Gall tract              | 1            | 1.2          | 0.85                        | 0.02–4.8                |
| 157    | Pancreas                    | 0            | 2.3          | 0                           | 0–1.6                   |
| 160    | Nose and sinuses            | 0            | 0.18         | 0                           | 0–20.4                  |
| 161    | Larynx                      | 0            | 0.50         | 0                           | 0–7.3                   |
| 1620–1621| Trachea and lung         | 8            | 6.6          | 1.2                         | 0.53–2.4                |
| 1622   | Pleura                      | 0            | 0.21         | 0                           | 0–17.8                  |
| 170    | Breast                      | 29           | 12.4         | 2.3                         | 1.6–3.4                 |
| 171    | Cervix uteri                | 5            | 1.5          | 3.3                         | 1.1–7.6                 |
| 172 + 174| Uterine corpus            | 2            | 3.0          | 0.68                        | 0.80–2.4                |
| 175    | Ovaries                     | 3            | 2.5          | 1.2                         | 0.24–3.5                |
| 176    | Vulva, vagina               | 0            | 0.32         | 0                           | 0–11.7                  |
| 177    | Prostate                    | 17           | 9.9          | 1.7                         | 1.0–2.8                 |
| 178    | Testes                      | 0            | 0.61         | 0                           | 0–6.0                   |
| 180    | Kidneys                     | 3            | 3.2          | 0.93                        | 0.19–2.7                |
| 181    | Bladder and urinary tract   | 3            | 3.9          | 0.76                        | 0.16–2.2                |
| 190    | Melanoma                    | 5            | 3.2          | 1.5                         | 0.49–3.5                |
| 191    | Skin, nonmelanoma           | 6            | 2.1          | 2.8                         | 1.0–6.1                 |
| 193    | Central nervous system      | 6            | 3.7          | 1.6                         | 0.60–3.6                |
| 194    | Thyroid                     | 0            | 1.53         | 0                           | 0–2.4                   |
| 196–197| Bone, connective tissue     | 0            | 0.79         | 0                           | 0–4.7                   |
| 200 + 202| Non-Hodgkin's lymphoma     | 4            | 3.0          | 1.4                         | 0.37–3.4                |
| 201    | Hodgkin's disease           | 2            | 0.59         | 3.4                         | 0.41–12.2               |
| 203    | Myeloma                     | 0            | 1.2          | 0                           | 0–2.9                   |
| 208    | Acute leukaemia             | 3            | 0.76         | 4.0                         | 0.82–11.6               |
| 2041   | Chronic lymphocytic leukaemia | 1          | 0.84         | 1.2                         | 0.03–6.6                |
| 2051   | Chronic myelogenous leukaemia | 0         | 0.25         | 0                           | 0–14.9                  |
| 208    | Polycytaemia vera           | 0            | 0.34         | 0                           | 0–10.8                  |

Age 0–79 years; n = 646; 25,244.0 person-years; 1958–2000.
Relative cancer incidence in FDRs of BRCA nonmutation carriers (Table 1)
The incidence of all malignant tumours was increased among FDRs of women without a BRCA1 or BRCA2 mutation (n = 646) (observed cases = 120 versus expected cases = 82.3, SIR = 1.5, 95% confidence interval [CI] = 1.2–1.7). The incidence of all malignant tumours excluding breast cancer was also significantly elevated (observed cases = 91 versus expected cases = 69.9, SIR = 1.3, 95% CI = 1.1–1.6). The risk of breast cancer among FDRs of non-BRCA1/non-BRCA2 mutation carriers was more than doubled (observed cases = 29 versus expected cases = 12.4, SIR = 2.3, 95% CI = 1.6–3.4). In addition, the SIR of prostate cancer was increased (observed cases = 17 versus expected cases = 9.9, SIR = 1.7, 95% CI = 1.0–2.8), as was the SIR of cervix cancer (observed cases = 5 versus expected cases = 1.5, SIR = 3.3, 95% CI = 1.1–7.6) and of nonmelanoma skin cancer (observed cases = 6 versus expected cases = 2.1, SIR = 2.8, 95% CI = 1.0–6.1).

The FDRs of non-BRCA1/non-BRCA2 mutation carriers were subdivided into groups on the basis of the age of the index case. In FDRs of women aged younger than 36 years (n = 184) breast cancer was increased more than threefold (observed cases = 9 versus expected cases = 2.8, SIR = 3.2, 95% CI = 1.5–6.1) compared with FDRs of index women aged 36 years or older (n = 462), among which the increase was only twofold (observed cases = 20 versus expected cases = 9.6, SIR = 2.1, 95% CI = 1.3–3.2). Furthermore, the increase of prostate cancer appeared to be confined to the FDRs of index women younger than the age of 36 years (observed cases = 9 versus expected cases = 2.0, SIR = 4.4, 95% CI = 2.0–8.4). Among FDRs of index women aged 36 years or older, no elevation in prostate cancer risk was observed (observed cases = 8 versus expected cases = 7.8, SIR = 1.0, 95% CI = 0.44–2.0). In female second-degree relatives of BRCA nonmutation carriers (n = 746) the breast cancer risk was not significantly elevated compared with what could be expected for the population (observed cases = 48 versus expected cases = 39.4, SIR = 1.2, 95% CI = 0.90–1.6).

Individuals with a positive family history of breast cancer (Table 2)
Among individuals without a BRCA1 or BRCA2 mutation in the family but with at least one additional case of breast cancer in a first-degree or second-degree relative (n = 180), the SIR of all malignant tumours was elevated (observed cases = 43 versus expected cases = 18.5, SIR = 2.3, 95% CI = 1.6–3.1). When breast cancer incidence was excluded, the risk of cancer was still increased in this group (observed cases = 39 versus expected cases = 15.9, SIR = 2.1, 95% CI = 1.2–2.6). In this group, breast cancer (observed cases = 14 versus expected cases = 2.6, SIR = 5.3, 95% CI = 2.9–9.0)
was elevated, and there were also nonsignificant increases of prostate cancer (observed cases = 6 versus expected cases = 2.4, SIR = 2.5, 95% CI = 0.91–5.4) and non-Hodgkin’s lymphoma (NHL) (observed cases = 3 versus expected cases = 0.66, SIR = 4.5, 95% CI = 0.94–13.3).

**FDRs of BRCA mutation carriers (Table 3)**

Among FDRs of *BRCA1* and *BRCA2* mutation carriers (*n*= 82), the SIR of all malignant tumours was increased (observed cases = 20 versus expected cases = 7.3, SIR = 2.7, 95% CI = 1.7–4.2). When breast cancer cases were excluded, the increase diminished but was still statistically significant (observed cases = 12 versus expected cases = 7.3, SIR = 2.7, 95% CI = 1.7–4.2). When it came to individual diagnoses, breast cancer (observed cases = 8 versus expected cases = 1.1, SIR = 7.2, 95% CI = 3.1–14.3) and ovarian cancer (observed cases = 3 versus expected cases = 0.20, SIR = 14.9, 95% CI = 3.1–43.7) were observed more frequently than expected. In female second-degree relatives of *BRCA1* and *BRCA2* mutation carriers (*n*= 61), breast cancer (observed cases = 8 versus expected cases = 2.8, SIR = 2.8, 95% CI = 1.2–5.6) and ovarian cancer (observed cases = 4 versus expected cases = 0.64, SIR = 6.2, 95% CI = 1.7–16.0) were also elevated.

**Cumulative breast cancer risks**

The cumulative incidence of breast cancer at ages 50 and 70 years among FDRs of index women without an identified *BRCA1* or *BRCA2* germline mutation was 3.6% (95% CI = 1.3–5.7%) and 12.8% (95% CI = 6.5–15.7%), respectively (Fig. 2a). The cumulative incidence of breast cancer in the group of individuals without a *BRCA1* mutation or a *BRCA2* mutation but with at least one FDR or second-degree relative with breast cancer other than the index case was 6.3% (95% CI = 3.2–10.9%) at age 50 years and 21.1% (95% CI = 11.1–34.7%) at age 70 years (Fig. 2b). The cumulative breast cancer incidence in the female population of the South Swedish Health Care Region was 1.5% at age 50 years and 5.3% at age 70 years, significantly lower compared with all study groups (Figs 2a–d). The cumulative incidence of breast cancer at ages 50 and 70 years among FDRs of index individuals with an identifiable *BRCA1* or *BRCA2* mutation was 17.2% (95% CI = 6.7–33.7%) and 27.7% (95% CI = 8.2–54.4%), respectively (Fig. 2c), translating to a 32.9% (95% CI = 8.2–62.1%) and 50.2% (95% CI = 14.9–100%) risk of breast cancer among *BRCA1* or *BRCA2* mutation carriers (Fig. 2d).

**Discussion**

In the present paper we present a population-based overview of the hereditary and familial risks of cancer in relatives of early-onset breast cancer cases from southern Sweden. All individuals and all diagnoses included in the statistical estimations were verified from independent and reliable data sources. In several previous studies of familial risk of cancer that are frequently used in oncogenetic counselling of cancer risk in breast cancer families,
unknown numbers of unidentified families with BRCA1 and BRCA2 mutations are hidden among other families. This will introduce bias in the counselling situation if data from such studies are utilized to estimate breast cancer risk in individuals from families where BRCA1 and BRCA2 have been excluded as the disease-causing factor, a commonplace procedure nowadays in oncogenetic clinics worldwide. Providing clinically useful data for the large group of BRCA1-negative and BRCA2-negative families seeking oncogenetic counselling has been the main objective of the present study. Although the size of study sample may seem limited, the quality of data, the high inclusion rate and the thorough BRCA screening that was performed justifies certain conclusions to be drawn from the dataset.

One BRCA1 mutation carrier was detected due to reanalysis of that particular case with a more sensitive technique. Since one of the main aims of the study was to analyse cancer incidence in BRCA1 and BRCA2 noncarriers, we were not willing to include a known mutation carrier in that study group even if the detection of this
case was not strictly population based. Second, denaturing high-performance liquid chromatography was introduced to replace the single-stranded conformal polymorphism technique in our laboratory when about one-half of the cases were analysed. The intention was to increase the sensitivity of the mutation screening. It was therefore reasonable to accept its use in an additional case.

Regarding FDRs of non-BRCA1/non-BRCA2-mutation carriers, the main findings were increased risks of breast cancer, of prostate cancer, of cervix cancer and of nonmelanoma skin cancer. The risks seemed to depend on the age of the index individual at the time of diagnosis, and were higher for breast cancer in FDRs of index individuals diagnosed with breast cancer younger than the age of 36 years compared with FDRs of index individuals diagnosed between the ages of 36 and 41 years. The risks of prostate cancer and of skin cancer were only elevated in FDRs of index individuals younger than the age of 36 years. The increase in cervix cancer risk was not significant in any of the subgroups of FDRs of index cases younger or older than the age of 36 years (data not shown). This finding might indicate an association between very early-onset breast cancer and one or several of prostate cancer, of nonmelanoma skin cancer and, possibly, of cervix cancer.

In the literature, partly conflicting data regarding the association between breast cancer and prostate cancer have been presented. In two studies of relatives of prostate cancer patients, no excess risks of breast cancer or any other nonprostate cancers were identified [26,27]. Other studies have indicated an association. In an American case–cohort study of 981 cases with prostate cancer and 1315 controls, an association between prostate cancer and breast cancer in sisters was identified, but this was not the case in mothers of prostate cancer cases [28]. In a study of families from Utah, a small but statistically significant increase in prostate cancer was observed in relatives of breast cancer patients [29]. Finally, in Iceland, relatives of breast cancer patients were subject to a 1.5-fold increase in prostate cancer risk [30], an increase most probably attributable to carriers of the Icelandic BRCA2 founder mutation.

Since BRCA1 and BRCA2 were characterized, prostate cancer has been linked to breast cancer through these genes. In some studies on mutation carriers, BRCA1 and BRCA2 have been associated with increased risk of prostate cancer [9,31]. It has been claimed that BRCA2 is associated with a sevenfold increase in prostate cancer risk in mutation carriers compared with that in the general population [31]. The increased risk of prostate cancer in relatives of BRCA2 mutation carriers has also been seen in a previous study from our institute [32].

Several of the aforementioned studies suggest an association between breast cancer and prostate cancer that could well be mediated through an increased risk of both malignancies in BRCA2 mutation carriers. The present study suggests that there may be a residual association not mediated through this gene in families with very early-onset breast cancer. A possible explanation could be that we have overlooked a number of mutation carriers during mutation screening. Sensitivity of mutation screening is not 100%; it is thus probable that not all mutation carriers in the material were identified, and that the over-risk of prostate cancer could be due to undetected BRCA2 families in the dataset. It should be noted, however, that if a significant number of BRCA1 mutation carriers have been overlooked during mutation screening, then one would expect to observe an excess of ovarian cancer cases in the remaining families; this was not the case. The observation concerning the increased risk of prostate cancer in FDRs of breast cancer cases younger than the age of 36 years needs further study to be confirmed.

An association between breast cancer and nonmelanoma skin cancer was previously reported in a study on BRCA1-associated families from Southern Sweden [32]. To our knowledge, such an association has not been reported elsewhere.

BRCA mutations are generally detected in only a fraction of the families that are offered mutation screening. It is of great clinical importance to be able to provide reliable estimates of cancer risk among individuals of those mutation-negative families for which mutation status will provide no further information; at our institute, almost three-quarters of the analysed families (unpublished observation). To explore this group further, we selected a group of FDRs of nonmutation carriers who had at least one additional FDR or second-degree relative in the same side of the pedigree with breast cancer. In this selected subgroup of BRCA1 and BRCA2 mutation-negative families, which corresponds to families offered clinical mutation screening according to the aforementioned criteria, we observed a significantly increased greater than twofold risk for all malignant tumours and a fivefold increased risk of breast cancer. Prostate cancer and NHL were frequent, but were not statistically significantly increased. A similar observation regarding NHL was made previously in a large family material from Utah, where the risk of NHL was increased in relatives of cases of early-onset breast cancer (onset younger than 50 years of age) [29].

We noted that germline mutations in BRCA1 and BRCA2 do not appear to be associated with any major risk increase in any malignant diagnoses apart from breast cancer and ovarian cancer. Furthermore, all observed cases of ovarian cancer were seen in first-degree relatives of BRCA1 mutation carriers (n=63);
that is, no cases of ovarian cancer were observed in the FDRs of BRCA2 mutation carriers or in individuals without a BRCA1 or BRCA2 germline mutation. This observation regarding ovarian cancer in BRCA2 mutation carriers fits well with a previous observation that we made in an earlier study on a mainly separate set of BRCA1-associated and BRCA2-associated families. In that study, we did not observe any increased risk of ovarian cancer in members of BRCA2-mutation families if the cases that led to the identification of the families were excluded from the analysis [32]. Interestingly, the increased risk of prostate cancer and colorectal cancer that has been observed in some studies of BRCA mutation carriers [9,32,33] was not observed in the present material. The fact that prostate cancer and colorectal cancer were not excessive in the material could be due to the relatively small size of the study and to insufficient statistical power and too few years of follow-up in FDRs at relevant ages. However, it may also be an important observation with implications for male mutation carriers in BRCA1 and BRCA2 mutation-positive families. This situation might change with prolonged follow-up.

Considering the fact that the excess risk of ovarian cancer in FDRs of mutation carriers was picked up in the present study, it does seem justified to draw the conclusion that the risks of prostate cancer and of colorectal cancer up to the age of 79 years in BRCA1 and BRCA2 families are significantly lower than the risk of ovarian cancer in FDRs of BRCA mutation carriers. This may support the opinion that the need for controls aiming at early detection of these diagnoses in mutation carriers may not be clinically warranted. Finally, a cumulative breast cancer incidence at ages 50 and 70 years was generated for mutation carriers of BRCA1 and BRCA2, and was found to be 32.9% and 50.2%, respectively. This moderate risk estimate fits well into the previously observed pattern of extremely high penetrance estimates based on selected high-risk families [9,10], and more moderate estimations stemming from materials that are population based [11–14]. However, since the number of included relatives of mutation carriers is relatively limited, the estimate must be regarded with some caution. This is especially true for the incidence older than age 50 years, where a limited number of person-years were observed (n=651) and only two breast cancers were recorded. Most of these person-years refer to mothers of the index individuals.

The cumulative breast cancer risk at ages 50 and 70 years was analysed in the three groups of FDRs. The practice of using incident breast cancer cases when estimating cumulative breast cancer risk has been criticized due to the risk of overestimation since nongenetic risk factors are likely to be over-represented in such series [34]. We have tried to minimize this bias by excluding index individuals from all estimations. In the present study of cumulative breast cancer incidence, BRCA1 and BRCA2 mutation carriers were analysed jointly because of the limited number of available cases. This may generate a less informative penetrance estimate related to the fact that the penetrance of breast cancer in BRCA1 and BRCA2 mutation carriers may differ due to differences in gene-specific properties regarding breast cancer risk. In addition, the number of cases analysed may be considered low, but the set of BRCA mutation carriers upon which the estimate is based is larger than or similar to those of several previous studies in the field [13,14,35]. The cumulative incidence curves of the different study groups suggest that the annual risk of breast cancer in BRCA1 and BRCA2 is largest premenopausally, and that this may differ from what might be expected in genes that are detected in the future, which may display a risk that is approximately the same before and after menopause.

Several genes and chromosomal loci have been suggested to be the molecular genetic basis for the increased risk of breast cancer in non-BRCA1/non-BRCA2 breast cancer families. Genes such as p53 [36–38], CHK2 [39,40], PTEN [41] and CDKN2A/p16 [42] may be associated with some of the remaining high-risk families. In addition, there is some evidence that families with Peutz–Jeghers syndrome and a mutation in LKB1 [43] have an increased risk of breast cancer and ovarian tumours [44,45], even if the major clinical consequences of this syndrome are related to the gastrointestinal tract, making it more likely that such families are identified through these manifestations than as breast cancer or ovarian cancer families. The genes BARD1 [46], RAD51 [47], BACH1 [48] and ATM [49] are additional genes that have been suggested to be associated with hereditary breast cancer. However, their contribution is likely to be small. Germline mutations in the E-cadherin gene are associated with not only lobular breast cancer risk, but also with risk of diffuse stomach cancer, and they may also contribute to inherited breast cancer risk [50].

Hitherto unidentified genes have, based on linkage analysis of limited chromosomal regions or genome-wide scanning, been suggested to be located on chromosomal loci on 2q [17], 6q [18], 8p [19,20], and 13q21 [21]. In a UK study of 112 ovarian and breast cancer–ovarian cancer families, most breast cancer–ovarian cancer families were likely to be associated with BRCA1 and BRCA2 [51]. A chromosomal locus on 3p25-p22 has been linked to families with an increased prevalence of ovarian cancer in a study on Japanese ovarian cancer families [22]. These chromosomal loci may harbour genes that, after future identification and characterization, may prove useful in the investigation and counselling of individuals seeking medical advice for a suspicion of an increased hereditary risk of breast cancer.
The current study indicates that prostate cancer risk may be an associated risk on one or more future breast cancer susceptibility genes. Until these genes are molecularly and genetically characterized, we shall have to rely on epidemiological studies such as the present one for the estimation of breast cancer risk in healthy relatives of breast cancer patients without mutations in known susceptibility genes.

Conclusions
Breast cancer risk in FDRs of early-onset breast cancer cases is elevated irrespective of the BRCA mutation status. The risk appears to increase with decreasing age and increasing number of affected relatives. In relatives of breast cancer cases younger than 36 years, an association with prostate cancer and nonmelanoma skin cancer is suggested. There is no indication of an increased risk of ovarian cancer in families without a BRCA mutation. The cumulative breast cancer risk at age 50 years is likely to be higher in FDRs of BRCA mutation carriers compared with FDRs of carriers of hitherto unidentified breast cancer susceptibility genes.

Competing interests
None declared.

Acknowledgements
Paul Pharoah and Antonis Antoniou are thanked for valuable discussions on penetrance analysis. Financial support for this study was provided by grants from the Swedish Cancer Society, from the Mrs Bertha Kamprad Foundation, from the Gunnar, Arvid, and Elisabeth Nilsson Foundation, from the John & Augusta Persson Foundation, from the Hospital of Lund Foundations, from the FM Bergvist foundation, from King Gustav V's Jubilee Foundation and from the Nordic Cancer Union.

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