Superfluid density and Berezinskii-Kosterlitz-Thouless transition of a spin-orbit-coupled Fulde-Ferrell superfluid

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We theoretically investigate the superfluid density and Berezinskii-Kosterlitz-Thouless (BKT) transition of a two-dimensional Rashba spin-orbit-coupled atomic Fermi gas with both in-plane and out-of-plane Zeeman fields. It was recently predicted that, by tuning the two Zeeman fields, the system may exhibit different exotic Fulde-Ferrell (FF) superfluid phases, including the gapped FF, gapless FF, gapless topological FF, and gapped topological FF states. Due to the FF paring, we show that the superfluid density (tensor) of the system becomes anisotropic. When an in-plane Zeeman field is applied along the $x$ direction, the tensor component along the $y$ direction $n_{\phi,xy}$ is generally larger than $n_{\phi,xx}$ in most parameter space. At zero temperature, there is always a discontinuity jump in $n_{\phi,xx}$ as the system evolves from a gapped FF into a gapless FF state. With increasing temperature, such a jump is gradually washed out. The critical BKT temperature has been calculated as functions of the spin-orbit-coupling strength, interatomic interaction strength, and in-plane and out-of-plane Zeeman fields.

We predict that the novel FF superfluid phases have a significant critical BKT temperature, typically at the order of $0.1T_F$, where $T_F$ is the Fermi degenerate temperature. Therefore, their observation is within the reach of current experimental techniques in cold-atom laboratories.

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I. INTRODUCTION

Over the past decade, the technique of manipulating ultracold atomic Fermi gases has been well developed and it offers a physical reality to pursue an exotic pairing mechanism, which is referred to as Fulde-Ferrell-Larkin-Ovchinnikov (FFLO) states [1,2] and has attracted impressive attentions in different physical areas [3–7]. In spin-imbalanced Fermi gases, the standard Bardeen-Cooper-Schrieffer (BCS) pairing is not favored compared to the FFLO paring with a finite center-of-mass momentum. Although there is no unambiguous experimental conclusion for the FFLO superfluidity, strong evidence has been seen in a Fermi cloud of $^6$Li atoms confined in quasi-one-dimensional harmonic traps near a crossover from a Bose-Einstein condensate (BEC) to a BCS superfluid [6,8–12].

The FFLO pairing is also favored by spin-orbit coupling [13–17]. Motivated by the recent experimental realization of a synthetic spin-orbit coupling with equal weight combination of Rashba and Dresselhaus components [18–21], FF superfluidity—a specific form of the FFLO superfluidity—has been theoretically investigated in spin-orbit-coupled atomic Fermi gases [22–31]. In the case of a Rashba spin-orbit coupling, topological superfluidity is argued to be achievable [32–39], although the underlying pairing is of $s$-wave character. It turns out that the topological superfluidity and FF superfluidity are compatible. As a result, novel topological FF superfluids have also been proposed [40–46]. In particular, in a recent Letter, some of us have predicted that a gapless topological FF superfluid may appear in a two-dimensional (2D) spin-orbit-coupled atomic Fermi gas with both in-plane and out-of-plane Zeeman fields [44]. The purpose of the present work is to provide more details about such an interesting superfluid phase and to discuss its thermodynamic stability by considering the superfluid density and superfluid transition temperature.

It is well known that at finite temperatures the superfluidity of 2D atomic Fermi gases is characterized by the vortex-antivortex (V-AV) binding. The relevant mechanism is the Berezinskii-Kosterlitz-Thouless (BKT) transition occurring at a characteristic temperature $T_{\text{BKT}}$ [47,48]. Below the critical BKT temperature, a V-AV binding state has a lower free energy and hence superfluidity emerges. The BKT transition was theoretically investigated a long time ago in a 2D fermionic system without spin-orbit coupling [49–51]. Following the recent experimental advances, there have been several theoretical investigations about the superfluid density and critical BKT temperature in 2D spin-orbit-coupled Fermi gases with BCS pairing [52–55]. In particular, the BKT physics with a generic form of the spin-orbit coupling (i.e., as a function of Rashba and Dresselhaus terms) was most recently investigated by Devreese, Tempere, and Sá de Melo [55]. In the case of a large out-of-plane Zeeman field, the temperature region for experimentally observing topological BCS superfluids and related Majorana fermions has been discussed [53,54]. However, the BKT physics of a spin-orbit-coupled FF superfluid—which can be either gapped or gapless, topologically trivial or nontrivial—has only been briefly explored by Xu and Zhang [56] and by some of the present authors [44].

In this work, we explore this interesting issue in greater detail and study the superfluid density tensor and BKT transition
of a 2D Rashba spin-orbit-coupled Fermi gas in the presence of both in-plane and out-of-plane Zeeman fields. By calculating the superfluid density tensor, we obtain the superfluid phase stiffness as functions of the temperature, spin-orbit-coupling strength, binding energy (that characterizes the interatomic interaction strength), and in-plane and out-of-plane Zeeman fields. This allows us to determine the critical BKT temperature of the system in four different FF superfluid phases [44], with a given set of parameters. Our results qualitatively agree with the work by Xu and Zhang where applicable [56], although the way of calculating the superfluid density is entirely different.

Our main results may be summarized as follows. (i) At zero temperature with an applied in-plane Zeeman field in the x direction, the component \( n_{s,xx} \) of the superfluid density tensor always changes discontinuously when the system continuously evolves from a gapped FF into a gapless FF phase. The component \( n_{s,xy} \) is larger than \( n_{s,xx} \) except for a narrow parameter space where the FF momentum is sufficiently large. The two components of the superfluid density tensor decrease monotonically as the temperature increases. (ii) All the four FF superfluid phases have significant critical BKT temperature. Finally, Sec. IV is devoted to the conclusions and outlooks.

### II. MODEL HAMILTONIAN AND MEAN-FIELD THEORY

We start by considering a 2D spin-orbit-coupled two-component Fermi gas near a broad Feshbach resonance with the Rashba spin-orbit coupling \( i \mathbf{\lambda} \cdot \mathbf{k} \) and in-plane \( (h_x) \) and out-of-plane \( (h_z) \) Zeeman fields [57]. The system can be well described by the following single-channel Hamiltonian,

\[
\mathcal{H} = \int d\mathbf{r} \left[ \mathcal{H}_0 + \mathcal{H}_{\text{int}} \right],
\]

where

\[
\mathcal{H}_0 = \psi_\uparrow^\dagger(\mathbf{r}) (\xi_\mathbf{k} + \lambda \mathbf{\hat{\sigma}} \cdot \mathbf{k} - h_x \sigma_z - h_z \sigma_x) \psi_\uparrow(\mathbf{r})
\]

is the single-particle Hamiltonian and

\[
\mathcal{H}_{\text{int}} = U_0 \psi_\uparrow^\dagger(\mathbf{r}) \psi_\downarrow^\dagger(\mathbf{r}) \psi_\downarrow(\mathbf{r}) \psi_\uparrow(\mathbf{r})
\]

is the density of interaction Hamiltonian in which the bare interaction strength \( U_0 \) is to be regularized with the standard relation in two dimensions as [49]

\[
\frac{1}{U_0} = \frac{1}{S} \sum_\mathbf{k} \frac{1}{\hbar^2 k^2/m + E_b},
\]

with \( S \) being the area of the system and \( E_b \) the two-particle binding energy that physically characterizes the interaction strength. In the single-particle Hamiltonian, \( \lambda \) is the Rashba spin-orbit-coupling strength and we have used the following notations: (1) \( \xi_\mathbf{k} = -\hbar^2 \nabla^2/(2m) - \mu \) with the atomic mass \( m \) and chemical potential \( \mu \); (2) \( \mathbf{k} = (k_x, k_y) \), where \( \dot{k}_x = -i \dot{\sigma}_z \) and \( \dot{k}_y = -i \dot{\sigma}_x \) are momentum operators; and (3) \( \mathbf{\hat{\sigma}} = (\hat{\sigma}_x, \hat{\sigma}_y) \), the Pauli matrices. We have also used \( \psi_\uparrow(\mathbf{r}) = [\psi_\uparrow(\mathbf{r}), \psi_\downarrow(\mathbf{r})]^T \) to collectively denote the fermion field operator for creating (annihilating) an atom at \( \mathbf{r} \) with a specific spin \( \sigma = \uparrow, \downarrow \).

#### A. Mean-field theory

We solve the model Hamiltonian Eq. (1) by using the functional path-integral approach [22, 54, 58, 59]. At the inverse finite temperature \( \beta = 1/(k_B T) \), the partition function can be written as

\[
Z = \int D\psi(\mathbf{r}, \tau) D\bar{\psi}(\mathbf{r}, \tau) \exp[-A[\psi, \bar{\psi}]],
\]

where

\[
A[\psi, \bar{\psi}] = \int_0^\beta d\tau \int d\mathbf{r} \bar{\psi}_\uparrow \dot{\psi}_\uparrow + \int_0^\beta d\tau \mathcal{H}(\psi, \bar{\psi}).
\]

Here, the field operators \( \psi \) and \( \psi^\dagger \) in the model Hamiltonian \( \mathcal{H} \) have been replaced with the corresponding Grassmann variables \( \psi_\uparrow(\mathbf{r}, \tau) \) and \( \psi_\downarrow(\mathbf{r}, \tau) \), respectively. Following the standard procedure [22], the interaction term in the Hamiltonian is decoupled using the Hubbard-Stratonovich transformation. Introducing the auxiliary complex pairing field \( \phi(\mathbf{r}, \tau) = -U_0 \psi_\uparrow(\mathbf{r}, \tau) \psi_\downarrow(\mathbf{r}, \tau) \), and integrating out the Grassmann fields, the partition function becomes

\[
Z = \int D\phi(\mathbf{r}, \tau) D\bar{\phi}(\mathbf{r}, \tau) \exp[-A_{\text{eff}}[\phi, \bar{\phi}]],
\]

where in the saddle-point approximation [i.e., mean-field treatment by replacing \( \phi(\mathbf{r}, \tau) \) with a static pairing field \( \Delta(\mathbf{r}) \)], the effective action \( A_{\text{eff}} \) takes the form

\[
A_{\text{mf}} = \beta \sum_\mathbf{k} \dot{\xi}_\mathbf{k} - \int_0^\beta d\tau \int d\mathbf{r} \left| \Delta(\mathbf{r}) \right|^2 - \frac{1}{U_0} \text{Tr} \ln[-G^{-1}].
\]

In the above expression, \( G^{-1}(\mathbf{r}, \tau) = -\partial_\tau - \mathcal{H}_{\text{BdG}} \) is the inverse single-particle Green function in the Nambu-Gorkov representation, with a mean-field Bogoliubov Hamiltonian,

\[
\mathcal{H}_{\text{BdG}} = \begin{bmatrix}
H_0(\mathbf{k}) & -i \Delta(\mathbf{r}) \sigma_\uparrow \\
\Delta(\mathbf{r}) \sigma_\downarrow & -H_0^*(\mathbf{k})
\end{bmatrix},
\]

where \( H_0 \equiv \dot{\xi}_\mathbf{k} + \lambda \mathbf{\hat{\sigma}} \cdot \mathbf{k} - h_x \sigma_z - h_z \sigma_x \). In the presence of the in-plane Zeeman field \( h_x \), it is known that the pairing field takes the FF form \( \Delta(\mathbf{r}) = \Delta e^{i\mathbf{Q} \cdot \mathbf{r}} \), with a finite center-of-mass momentum of the pairs \( \mathbf{Q} = Qe_\uparrow \), [24–28]. This helical phase was earlier studied in the context of noncentrosymmetric
superconductors [15,16]. The resulting mean-field thermodynamic potential \( \Omega_{mf} = k_B T A_{mf} \) reads

\[
\Omega_{mf} = \sum_{k} \xi k - \Delta^2 U_0 - k_B T \frac{1}{2} \int_{i\omega_m} \text{det}[G^{-1}(k,i\omega_m)].
\]

(10)

where \( G^{-1}(k,i\omega_m) \) is the inverse Green function in momentum space and \( \omega_m = \pi (2m + 1)/\beta \) with integer \( m \) is the fermionic Matsubara frequency. Making use of the inherent particle-hole symmetry of the BdG Hamiltonian, we find that

\[
\text{det}[G^{-1}(k,i\omega_m)] = \prod_{n=1,2} \left[ (i\omega_m)^2 - (E_{kn}^{\nu+})^2 \right],
\]

(11)

where \( E_{kn}^{\nu+} \) is the quasiparticle energy, obtained by diagonalizing \( H_{BdG} \) with the FF pairing field \( \Delta(\mathbf{r}) = e^{iQx} \) \([26,27]\). The superscript \( \nu \in \{+, -\} \) represents the particle (+) or hole (−) branch and the subscript \( \eta \in \{1, 2\} \) denotes the upper (1) or lower (2) branch split by the spin-orbit coupling \([26,58,59]\). By summing over the Matsubara frequency, the mean-field thermodynamic potential takes the form

\[
\Omega_{mf} = \frac{1}{2} \sum_{k} \left( \xi k + Q/2 + \xi k - Q/2 \right) - \frac{1}{2} \sum_{\eta} |E_{kn}^{\nu+}|^2

- k_B T \frac{1}{2} \sum_{k} \ln \left( 1 + e^{-\xi k + iQx/k_B T} \right) - \Delta^2 U_0. \]

(12)

Here the term \( \sum_{k} \xi k \) is replaced by \( (1/2) \sum_{k} (\xi k + Q/2 + \xi k - Q/2) \), in order to cancel the leading divergence of the term \( (1/2) \sum_{k} |E_{kn}^{\nu+}|^2 \).

For a given set of parameters, for example, the temperature \( T \), binding energy \( E_b \), etc., different superfluid phases can be determined using the self-consistent stationary conditions:

\[
\frac{\partial \Omega_{mf}}{\partial \Delta} = 0,
\]

(13)

\[
\frac{\partial \Omega_{mf}}{\partial Q} = 0,
\]

(14)

as well as the conservation of total atom number,

\[
n = \frac{1}{S} \frac{\partial \Omega_{mf}}{\partial \mu},
\]

(15)

where \( n = N/S \) is the number density. At a given temperature, the ground state has the lowest free energy \( F = \Omega_{mf} + \mu N \).

**B. Superfluid density tensor**

An important quantity to characterize the anisotropic superfluid properties of a 2D spin-orbit-coupled Fermi gas is the superfluid density tensor. In the case of BCS pairing, the superfluid density tensor may be analytically derived within mean-field framework \([52,53,60]\), yet the formalism has not been obtained for a FF superfluid. According to the definition of the superfluid density, we calculate it by applying a phase twist to the order parameter, \( \Delta_{\text{twist}}(\mathbf{r}) = \Delta(\mathbf{r}) e^{iQx} \), which boosts the system with a uniform superfluid flow at a velocity \( \mathbf{v} = \hbar q/(2m) \) \([60–62]\). Here \( \Delta(\mathbf{r}) \) is the equilibrium FF order parameter. Physically, only the superfluid component moves under the influence of the superfluid flow. Thus, as the result of this boost, the thermodynamic potential assumes the following form in the limit of small velocity:

\[
\Omega(\mathbf{v}_s) \simeq \Omega(\mathbf{v}_s = 0) + \frac{1}{2} \text{ln} S \sum_{i,j} n_{s,ij} v_{si} v_{sj},
\]

(16)

where \( n_{s,ij} \) \( (i,j = x,y) \) is the superfluid density tensor. Therefore, we immediately obtain \([60–62]\):

\[
n_{s,ij} = \frac{1}{S} \frac{\partial^2 \Omega(\mathbf{v}_s)}{\partial q_i \partial q_j} \bigg|_{\mathbf{q}=0},
\]

(17)

where \( \Omega(\mathbf{v}_s) \) should be calculated with \( \Delta_{\text{twist}}(\mathbf{v}_s) \) in the presence of the phase twist. The above relation for the superfluid density tensor is rigorous. In this work, consistent with the mean-field treatment for thermodynamics, in Eq. (17) we shall approximate the thermodynamic potential \( \Omega(\mathbf{v}_s) \) by its mean-field value \( \Omega_{mf}(\mathbf{v}_s) \).

**C. KT-Nelson criterion for \( T_{BKT} \)**

The BKT transition in 2D is peculiar, associated with the spontaneous vortex formation. A unique feature of such a transition is a universal jump in the superfluid density (tensor), characterized by the KT-Nelson criterion for the critical BKT temperature \([63]\). It may be explained by using the following simple physical picture for the spontaneous creation of a single vortex at finite temperature \( T \).

In the absence of spin-orbit coupling and Zeeman fields, let us consider an isotropic Fermi superfluid in a circular disk geometry, with a radius of \( R \rightarrow \infty \). The kinetic-energy cost for creating a single vortex at the origin \( \mathbf{r} = 0 \) is simply given by

\[
E_V \simeq \frac{1}{2} \text{ln} S \int_{R/\xi}^R \frac{d^2 r}{r} \frac{\hbar^2}{2 m r} \left( \frac{\pi R^2}{4 m} \right)^2 = \frac{\hbar^2 v_x}{m} \left( \frac{\pi R^2}{4 m} \right)^2 \text{ln} \left( \frac{R}{\xi} \right),
\]

(18)

where \( \xi \) is the size of the vortex core. The associated entropy can be calculated by the number of distinct positions at which the vortex can be placed,

\[
S_V \simeq k_B \text{ln} \left( \frac{\pi R^2}{4 m} \right) = 2 k_B \text{ln} \left( \frac{R}{\xi} \right).
\]

(19)

From these two expressions, we see that the free energy associated with the formation of a single vortex is

\[
F_V = E_V - T S_V \simeq 2 \left( \frac{\hbar^2 v_x}{4 m} - k_B T \right) \text{ln} \left( \frac{R}{\xi} \right).
\]

(20)

It is clear that the free energy changes its sign at a characteristic temperature \( T_{BKT} \) determined by

\[
k_B T_{BKT} = \frac{\pi}{2} F_V.
\]

(21)

where \( F = \hbar^2 v_x/(4m) \) is the superfluid phase stiffness. This is the well-known KT-Nelson criterion \([63]\). As \( \text{ln}(R/\xi) \) diverges in the thermodynamic limit \( R \rightarrow \infty \), the temperature \( T_{BKT} \) separates two qualitatively different regimes. At \( T > T_{BKT} \), the free energy is very large and negative, suggesting the spontaneous creation of a free vortex with either positive or negative circulation, while at \( T < T_{BKT} \), vortices with opposite circulation will bind together and generate coherence. The spontaneous creation of free vortex suggests that the loss of...
the phase coherence of the system occurs suddenly. It leads to a universal jump in the superfluid phase stiffness or superfluid density, as can be seen clearly from the KT-Nelson criterion, Eq. (21).

In the case of an anisotropic superfluid, we need to define a superfluid density tensor

$$\mathbf{N}_{q} = \begin{bmatrix} \nu_{s,xx} & \nu_{s,xy} \\ \nu_{s,xy} & \nu_{s,yy} \end{bmatrix}.$$ (22)

The associated superfluid phase stiffness takes the form

$$\mathcal{J} = \frac{\hbar^2}{4m} (\det \mathbf{N})^{1/2} = \frac{\hbar^2}{4m} \sqrt{\nu_{s,xx} \nu_{s,yy}},$$ (23)

where, in the last equation, we use the fact that \(\nu_{s,xy} = \nu_{s,yy} = 0\), which holds for the system considered in this work. It can be understood straightforwardly due to the \(E(k_x, k_y) \leftrightarrow E(k_x, -k_y)\) symmetry of the dispersion which forbids the superfluid flow in \(y\) direction from being boosted by a twist in \(x\) direction.

It is worth noting that although Eq. (21) is obtained by drawing a simple physical picture, it is a rigorous criterion for the BKT transition. Indeed, the KT-Nelson criterion was first given by \([52,54,64,65]\) in the case of BCS pairing without the in-plane Zeeman field, the expression of the inverse pair propagator \(\mathbf{G}_{PF}\) to determine the chemical potential \(\mu\) and then calculate the superfluid density tensor using \(\mathbf{G}_{PF}\) at the same level of approximation. Alternatively, we may also consider using \(\Omega_{GPF}\) to determine the chemical potential \(\mu\) and then calculate the superfluid density tensor using the mean-field expression. However, as the trade-off of this cheap treatment, we may have an inconsistency. The resulting critical BKT temperature could be less reliable. For a detailed discussion, we refer to the recent work by Tempea and Klimin [67].

III. RESULTS AND DISCUSSIONS

Using the above-mentioned mean-field theoretical framework, we have systematically explored the low-temperature phase diagram and the thermodynamic stability of different exotic Fulde-Ferrell superfluid phases. In our numerical calculations, we take the Fermi wave vector \(k_F = \sqrt{2\pi n}\) and the Fermi energy \(E_F = \hbar^2 k_F^2 / (2m)\) as the units for wave vector and energy, respectively. For a typical set of parameters (i.e., default parameters), we use the interaction parameter \(E_b = 0.2 E_F\), spin-orbit-coupling strength \(\lambda = E_F / k_F\), in-plane Zeeman field \(h_x = 0.4 E_F\), out-of-plane Zeeman field \(h_z = 0.1 E_F\), and temperature \(T = 0.05 T_F\).

A. Low-temperature phase diagrams

In the recent Letter [44], we have discussed the phase diagram and the appearance of an interesting gapless topological Fulde-Ferrell superfluid at a weak interaction strength parametrized by \(E_b = 0.2 E_F\). Experimentally, it is most likely that the measurement will be carried out at a stronger interaction strength, where the superfluid transition temperature is anticipated to be higher. In order to optimize the experimental condition for observing the gapless topological superfluid, here we present a systematic study with varying binding energy, from the weakly interacting BCS side to the strongly interacting BEC-BCS crossover regime.

In Fig. 1, we report two phase diagrams at the typical low temperature \(T = 0.05 T_F\) on the plane of \(E_b - h_x\) (a) or \(E_b - h_z\) (b). The superfluid phase stiffness \(\pi \mathcal{J} / 2\) in different phases is color illustrated and its detailed behavior will be discussed in the next subsection. The superfluid phases are determined using the KT-Nelson criterion \(\pi \mathcal{J} (T = 0.05 T_F)/2 < k_B T = 0.05 E_F\). Obviously, there is a pseudogap regime (shown in gray), in which the pairing order parameter is finite but the superfluid phase stiffness is not large enough to drive the BKT transition. A better understanding of the pseudogap phase requires a careful treatment of strong phase fluctuations. It is out of the scope of the present paper.
topological phase, the notations $t_{nFF1}$, $t_{nFF2}$, and $t_{nFF3}$ distinguish the contour plots in Fig. 2. Different zero-energy contours in energy spectrum. For details, see the contour plots in Fig. 2.

1. Gapless topological transition

It is known from previous studies [42–44] that the combined effect of spin-orbit coupling and in-plane and out-of-plane Zeeman fields may induce several exotic superfluid phases: gapped FF (gFF), gapless FF (nFF), gapless topological FF (tnFF), and gapped topological FF (tgFF), classified by considering whether the system has a bulk-gapped and/or topologically nontrivial energy spectrum. In the literature, the topological superfluidity was first studied with an out-of-plane Zeeman field only [22,32]. In that case, topological phase transition can be driven by increasing the out-of-plane Zeeman field $h_z$ above a threshold

$$h_{z,c} = \sqrt{\Delta^2 + \mu^2},$$

(27)

at which the dispersions of the particle and hole branches touch each other at the single point $k = 0$; meanwhile, the bulk excitation gap closes. Afterwards, the topology of the Fermi surface dramatically changes and the excitation gap reopens [22,68,69]. It is straightforward to understand the single-point closure of the excitation gap, since the Fermi surface is always rotationally symmetric. This also implies that the resulting topological superfluid must be gapped in the bulk. However, such a scenario may be greatly altered by the presence of a nonzero in-plane Zeeman field, which favors the FF pairing with a finite center-of-mass momentum and consequently breaks the rotational symmetry of the Fermi surface.

In the case of a small in-plane Zeeman field, the rotational symmetry breaking of the energy spectrum is not significant. Although the system becomes a FF superfluid, its bulk excitation gap still closes at the single point $k = 0$, accompanied by the change of the topology of the Fermi surface. An example is the transition from gFF to tgFF shown in Fig. 1(b) at large binding energy $E_b > 0.3E_F$, where the in-plane Zeeman field is effectively weak. As a result, the picture of the out-of-plane field-induced topological phase transition remains unchanged [41–43].

When the in-plane Zeeman field keeps increasing over a threshold $h_{x,c1}$, however, the closure of the excitation gap and the change of the topology of the Fermi surface may not occur at the same time. A gapless superfluid phase—referred to as nFF—may emerge in the first place at $k \neq 0$. The nodal points with $E_{\nu_+}(k_x,k_y) = 0$ form two disjoint loops [see, for example, the transition from gFF to nFF in Fig. 1(a)]. The topology of the Fermi surface only changes when the in-plane Zeeman field further increases up to another critical value $h_{x,c2}$, at which the two nodal loops connect at $k = 0$. We refer to the previous work Ref. [44] for a detailed characterization of the gapless topological transition.

2. Binding energy dependence of the phase diagram

It can now be understood that both the in-plane and out-of-plane fields can drive the topological phase transition, but the underlying property of the resulting topological phase, in terms of the gapless or gapped bulk spectrum, depends critically on the relative strength of the two fields. The gapless topological FF superfluid (tnFF) intentionally emerges in the parameter regime where $h_z$ is larger enough relative to $h_x$.

This is particularly clear from Fig. 1(a), where we have fixed the strength of the out-of-plane Zeeman field to $h_z = 0.1E_F$. The tnFF phase accounts for most of the space for topological phases. It is remarkable that the window of the tnFF superfluid remains very significant when the binding energy increases up to $0.5E_F$, suggesting the use of a large interaction strength near Feshbach resonances, for the purpose of having a larger BKT transition temperature to observe the exotic tnFF phase. On the contrary, Fig. 1(b)—where we have fixed the in-plane Zeeman field to $h_x = 0.4E_F$—clearly reveals that the gapped topological FF superfluid (tgFF) occupies most of the space for topological phases, when the out-of-plane Zeeman field is

FIG. 1. (Color online) Phase diagrams of a 2D spin-orbit-coupled atomic Fermi gas at a broad Feshbach resonance and at a typical low temperature $0.05T_F$ with (a) $h_z = 0.1E_F$ or (b) $h_z = 0.4E_F$. The strength of spin-orbit coupling is $\lambda = E_F/k_F$. There are four superfluid phases: gFF, nFF, tnFF, and tgFF (whose phase stiffness $\pi J/2$—in units of $E_F$—is illustrated in color), as well as a pseudogap phase (gray area). We treat the system as a normal gas (shown in white) when the pairing gap $\Delta < 10^{-3}$. In the gapless topological phase, the notations $tnFF_1$, $tnFF_2$, and $tnFF_3$ distinguish different zero-energy contours in energy spectrum. For details, see the contour plots in Fig. 2.
and blue curves for hole excitations $E^\nu_{\pm\nu}(k_x,k_y = 0)$ (left panel) in position to understand the superfluid density and the corresponding contour of zero-energy nodes (right panel). (a) and (b) correspond to the red point in Fig. 1 for the tnFF$2$ phase, (c) and (d) the yellow point for the tnFF$2$ phase, and (c) and (f) the magenta point for the tnFF$1$ phase.

larger than the in-plane Zeeman field. In this case, the tnFF phase is restricted to the parameter space with a small out-of-plane Zeeman field and a weak interaction strength, as one may anticipate.

3. Different gapless topological superfluid phases

It is interesting that the gapless topological FF superfluid may be further classified into different categories (tnFF$_1$, tnFF$_2$, and tnFF$_3$), according to the number and position of its disjoint loops of nodal points, as shown in the right panel of Fig. 2. The tnFF$_1$ superfluid is most common and has two nodal loops, one for the particle branch (red loop) and another for the hole branch (blue loop). The tnFF$_3$ superfluid also has two nodal loops. However, the loops for the particle and hole branches exchange their position. It occurs only at large in-plane Zeeman field and binding energy. The tnFF$_2$ seems to connect the tnFF$_1$ and tnFF$_3$ phases. It has four disjoint nodal loops and exists only in a very narrow parameter space [see, for example, Fig. 1(a)]. We note that the two gapless topological phases, tnFF$_1$ and tnFF$_3$, may also be intervened by a gapped topological phase, in which there is no nodal loop at all.

B. Superfluid density

Having determined the low-temperature phase diagram, we are in position to understand the superfluid density and the critical BKT temperature of different superfluid phases, which have been only briefly mentioned in our previous Letter [44]. In the presence of spin-orbit coupling, it is known that the superfluid density is a tensor [52,54]. We then have to consider both diagonal elements of the superfluid density tensor, $n_{s,xx}$ and $n_{s,yy}$.

In Fig. 3, we present the Zeeman field dependence of $n_{s,xx}$ and $n_{s,yy}$ at zero temperature [left panel, (a) and (c)] and at a finite temperature $T = 0.05T_F$ [right panel, (a) and (c)]. In general, as a consequence of the in-plane Zeeman field applied along the $x$ axis, $n_{s,xx}$ is smaller than $n_{s,yy}$, except at extremely low temperature and sufficiently large Zeeman fields.

At zero temperature, $n_{s,xx}$ initially decreases with increasing Zeeman fields and exhibits a sudden drop when the system evolves from the gFF phase into the nFF phase at the threshold $h_{z,c}$ (or $h_{c,z}$). At $h_z > h_{z,c}$ (or $h_x > h_{x,c}$) it then rises up gradually and is always enhanced by the Zeeman field. Apart from the discontinuous jump, similar Zeeman-field dependence of the superfluid density has been reported for a gapped BCS topological superfluid across the topological phase transition [54]. Compared with the nonmonotonic field dependence of $n_{s,xx}$, we always find that $n_{s,yy}$ decreases continuously with increasing the Zeeman field. Instead of the sudden drop, a kink is observed at the transition from the gFF phase to the nFF phase.

The behavior of the superfluid density is profoundly affected by a nonzero temperature. Already at $T = 0.05T_F$, the discontinuous drop in $n_{s,xx}$ is smoothed out, leaving a broad minimum with a width $\Delta h_{x,z}$ $2k_B T = 0.1E_F$. Moreover, at the large Zeeman field $h_z \sim 0.6E_F$, $n_{s,xx}$ starts to decrease with increasing the Zeeman field. At even higher temperature (not shown in the figure), the local minimum in $n_{s,xx}$ may disappear.

In Fig. 4, we report the temperature dependence of the superfluid density at six typical sets of parameters, which correspond to different superfluid phases at $T = 0.05T_F$, as shown in Fig. 1(a). $n_{s,xx}$ and $n_{s,yy}$ decrease as temperature...
The superfluid density is measured in units of the total density \( n_{xx} + n_{yy} \) in Fig. 1(a):

- **(a)** \( E_0 = 0.21E_F \) and \( h_x = 0.58E_F \), the tnFF phase;
- **(b)** \( E_0 = 0.21E_F \) and \( h_x = 0.71E_F \), the tfFF phase;
- **(c)** \( E_0 = 0.33E_F \) and \( h_x = 0.8E_F \), the tfFF phase;
- **(d)** \( E_0 = 0.4E_F \) and \( h_x = 0.789E_F \), the tfFF phase;
- **(e)** \( E_0 = 0.21E_F \) and \( h_x = 0.2E_F \), the gFF phase; and
- **(f)** \( E_0 = 0.1E_F \) and \( h_x = 0.33E_F \), the nFF phase.

The superfluid density is measured in units of the total density \( n = k_F^2/(2\pi) \). Other parameters are \( h_z = 0.1E_F \) and \( \lambda = E_F/k_F \).

Increases, in agreement with the common idea that the superfluid component should be gradually destroyed by thermal excitations. It is remarkable that for the gapless topological tnFF phase [see Fig. 4(a)], the superfluid density does not decrease rapidly with increasing temperature, implying a sizable critical BKT transition temperature for its experimental observation, as we shall discuss in greater detail in the next subsection. In contrast, the superfluid density of the other two gapless topological phases [tnFF2 and tnFF3 in Figs. 4(b) and 4(c), respectively] is more sensitive to temperature and vanishes at \( T \sim 0.1T_F \), probably due to their large Zeeman fields.

### C. Critical BKT temperature and finite-temperature phase diagrams

We now turn to consider the critical BKT temperature, which is determined by the KT-Nelson criterion,

\[
k_B T_{\text{BKT}} = \frac{\pi \hbar^2}{8m} \left[ n_{xx}(T_{\text{BKT}}) n_{yy}(T_{\text{BKT}}) \right]^{1/2}. \tag{28}
\]

In the above equation, we have explicitly written down the temperature dependence of the superfluid density, in order to emphasize the fact that the critical BKT temperature should be solved self-consistently. In Figs. 5, 6, and 7, we show the results as a function of the binding energy, Zeeman fields, and spin-orbit coupling strength, respectively. These results should be regarded as finite-temperature phase diagrams, as they show clearly which kind of superfluid phase is preferable when temperature decreases. In the curves, we use different colors to distinguish different emerging superfluid phases: green for the gFF phase, red for the nFF phase, blue for the tnFF phase, and finally yellow for the tfFF phase. It is clear that all four FF superfluid phases have significant critical BKT temperature.

**FIG. 5.** (Color online) Critical BKT transition temperature as a function of the binding energy \( E_b \) at different in-plane Zeeman fields (a) or out-of-plane Zeeman fields (b). Here and in the next two figures, the colors green, red, blue, and yellow in the curves denote the superfluid phase gFF, nFF, tnFF, and tfFF, respectively.

**FIG. 6.** (Color online) Critical BKT transition temperature as a function of the out-of-plane Zeeman field \( h_z \) (a) or the in-plane Zeeman field \( h_x \) (b).
except for the parameter regime with very small binding energy $E_b$ and/or spin-orbit coupling strength $\lambda$, or with very large in-plane Zeeman field $h_x$ and/or out-of-plane Zeeman field $h_z$.

As illustrated in Fig. 5, the critical BKT temperature $T_{BKT}$ always increases monotonically with increasing the binding energy $E_b$, as the pairing and superfluidity are enhanced at strong interatomic interactions. The binding energy is the dominant factor in forming Cooper pairs. With a small binding energy, the system is mainly of fermionic character. On the contrary, with a sufficiently large binding energy, the system tends to act as a gas of bosons. Therefore, with increasing the binding energy up to some points, the system would lose its fermionic character near the BEC-BCS crossover (i.e., $E_b \sim 0.5E_F$) and hence should become topologically trivial. Indeed, at large binding energy we observe that the system always approaches the topologically trivial gFF phase. The topological phase, either gapless (tnFF in blue) or gapped (tgFF in yellow), is favored at small binding energy, where the critical BKT temperature is lower. Nevertheless, we find that by suitably tuning the parameters, it is possible to have a gapless topological tnFF phase with a sizable critical BKT temperature $T_{BKT} \sim 0.09T_F$ for the binding energy up to $E_b \simeq 0.4E_F$ [see, for example, the dot-dashed line at the bottom of Fig. 5(a)]. This temperature is clearly within reach in current cold-atom experiments [70].

On the other hand, the critical BKT temperature decreases monotonically with increasing the Zeeman field, either in plane or out of plane, as shown in Fig. 6. It is readily seen that with decreasing temperature the system would first turn into either the tnFF or tgFF phase at sufficiently large in-plane Zeeman field $h_x$ or out-of-plane field $h_z$, respectively. While at low Zeeman fields, the topologically trivial gFF phase is preferable. This agrees with the observation we made in discussing the low-temperature phase diagrams in Fig. 1.

It is worth noting that one may use the binding energy dependence or the Zeeman field dependence of the critical BKT temperature to identify different emerging superfluid phases. This is particularly clear for the gapless tnFF and nFF phases, as the curvature of the $T_{BKT}$ curve for those phases behaves quite differently. For the tnFF phase, the curve is concave; while for the nFF phase, it is convex. This change in curvature (i.e., from concave to convex) seems to be related to the local minimum in the superfluid density component $n_{s,xx}$ that we have reported earlier in Fig. 3.

We now discuss the critical BKT temperature as a function of the spin-orbit-coupling strength $\lambda$, as shown in Fig. 7. Compared with the binding energy dependence and Zeeman field dependence, the dependence of $T_{BKT}$ on the spin-orbit-coupling strength is nonmonotonic and the emerging superfluid phases can reappear with increasing the coupling strength. Therefore, the $T_{BKT}$ curve is more subtle to understand. Nevertheless, we may identify that the topologically trivial gFF superfluid phase tends to be favorable at large spin-orbit coupling. This is because the pairing gap is usually enhanced by the spin-orbit coupling, which makes the topological phase transition much more difficult to occur [cf. Eq. (27)]. At small spin-orbit coupling, on the other hand, the critical BKT temperature may dramatically decrease to zero, particularly at a small binding energy and/or a large Zeeman field. Thus, for the purpose of observing the gapless topological tnFF phase, experimentally it seems better to use an intermediate spin-orbit-coupling strength, i.e., $\lambda \sim E_F/k_F$.

We note that the BKT critical temperature can remain significant at very small or even zero spin-orbit coupling [see Figs. 7(a) and 7(b)]. In those cases, the behavior of the system depends on the interplay of pairing interaction and Zeeman field. When the attractive interaction is strong and overcomes the pair-breaking effect due to the Zeeman field, the cloud can be a fully paired state with equal numbers of spin-up and spin-down atoms. In Fig. 8, we show the spin imbalance as a function of the spin-orbit-coupling strength at $E_b = 0.3E_F$ and $h = \sqrt{h_x^2 + h_z^2} \geq 0.54E_F$. In the absence of the spin-orbit coupling, the spin imbalance is strictly zero, since the Zeeman field is smaller than a critical field $h_c \simeq 0.6E_F$ [71], beyond which the system will turn into a phase-separation phase with atoms coexisting in either the fully paired superfluid state or a partially polarized normal state. As expected, the FF momentum $Q$ also become zero in the absence of the spin-orbit coupling.

IV. CONCLUSIONS

In summary, we have presented a systematic investigation of the Berezinskii-Kosterlitz-Thouless transition in a spin-orbit-coupled atomic Fulde-Ferrell superfluid in two dimensions. We
FIG. 8. (Color online) Spin imbalance as a function of the spin-orbit-coupling strength $\lambda$. The inset shows the FF moment $Q$ and the order parameter $\Delta$ at the same setting of parameters.

have calculated the superfluid density and superfluid transition temperature of various Fulde-Ferrell superfluids. We have paid special attention to an interesting gapless topological Fulde-Ferrell superfluid and have clarified that, by suitably tuning the external parameters—for example, the interatomic interaction strength, in-plane and out-of-plane Zeeman fields, and spin-orbit-coupling strength—its observation is within reach in current cold-atom experimental setups.

Our investigation is based on the mean-field theoretical framework, which is supposed to be applicable to a weakly interacting two-dimensional Fermi gas (i.e., the binding energy $E_b \leq 0.2 E_F$). For a more reliable and quantitative description, in future studies it would be useful to take into account the strong phase fluctuations by using many-body $T$-matrix theories [66,72,73].

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