Clostridium tertium in Necrotizing Fasciitis and Gangrene

To the Editor: Bacterial species of the genus Clostridium are anaerobic or aerotolerant, gram-positive, endospore-forming bacilli found in the soil and gut of humans and other animals. These species cause botulism, tetanus, gas gangrene, antibiotic-associated diarrhea, pseudomembranous colitis, foodborne diarrhea, and necrotic enteritis in humans and infections in other animals. Clostridium tertium, a non–exotoxin-producing, aerotolerant species, is an uncommon human pathogen. First isolated by Henry from war wounds in 1917 (1), C. tertium was recognized as a human pathogen when cases of bacteremia were reported in 1963 (2). The organism has been implicated in bacteremia (3,4), meningitis (5), septic arthritis (6), enterocolitis (7), spontaneous bacterial peritonitis (8), posttraumatic brain abscess (9), and pneumonia (4). Miller and colleagues, in a recent review of 32 cases, highlighted the role of neutropenia, intestinal mucosal injury, and exposure to β-lactam antibiotics predisposing to C. tertium bacteremia (3). C. tertium as the sole pathogen causing necrotizing fasciitis and gangrene has not been reported. We report the first two cases of necrotizing fasciitis and gangrene caused by C. tertium.

A 58-year-old man was seen at the Postgraduate Institute of Medical Education and Research, Chandigarh, India, on August 17, 2001, with two nonhealing, punched-out ulcers near the right lateral malleolus. The ulcers were approximately 2 cm x 2.5 cm in size, with necrotic margins, purulent exudate, and a foul odor. On the second day, temperature of 39.4°C and gangrene of the right leg developed. The patient also had alcoholic liver disease and non-Hodgkin lymphoma, for which he had been receiving chemotherapy for last 6 months, and he had had a 6 months’ course of anti-tubercular combination therapy for pulmonary tuberculosis 2 years earlier.

Peripheral blood showed a leukocyte count of 10,000/mm³ with 80% neutrophils, 11% lymphocytes, and 9% monocytes. The fasting blood glucose level was 400 mg/dL with normal electrolytes and renal function test results. Liver function tests showed a serum glutamic oxalacetic transaminase level of 80 IU/L and a serum glutamic pyruvic transaminase level of 75 IU/L. Sputum microscopy showed no acid-fast bacilli. Microscopy of necrotic tissue showed gram-positive bacilli (1–1.5 µm x 5–6 µm) with frequent oval terminal spores. Aerobic blood culture was sterile. Insulin was given to control his blood glucose level. Antimicrobial therapy included intravenous metronidazole, vancomycin, and imipenem. Skin and subcutaneous tissue debridement and fasciectomy were also undertaken.

A 40-year-old man was seen at the Postgraduate Institute on October 17, 2001, with multiple injuries of lower extremities and abdomen following a motor vehicle accident. After 24 h, the patient’s left leg and thigh turned gangrenous, and a high-grade fever (38.6°C) and an elevated leukocyte count of 14,000/mm³ (70% neutrophils, 20% lymphocytes, 10% monocytes) developed. Microscopy of necrotic tissue showed gram-positive rods (1 µm x 5 µm) with oval, terminal spores. Aerobic blood culture was sterile. Skin and subcutaneous tissue were extensively debrided. Antibiotic therapy with intravenous penicillin, metronidazole, and amikacin was instituted.

Necrotic tissues from both cases were cultured on Columbia sheep blood agar plates incubated aerobically and anaerobically (ANOXOMAT system, MART Microbiology BV, Lictenvoorde, the Netherlands) at 37°C for 24 h and 48 h, respectively. Overnight aerobic culture grew small gray colonies (<1 mm in diameter) of non–spore-forming gram-variable bacilli (1 µm x 5 µm), which, on subculture anaerobically grew gram-positive rods with oval, terminal spores. Anaerobic culture directly from specimen yielded similar spore-forming, gram-positive bacilli. The isolates were presumptively identified as Clostridium species by colony characteristics, Gram-stain morphology, and negative catalase test results; they were confirmed as C. tertium based on aerotolerance; shape and location of endospores; fermentation of glucose, lactose, maltose, and sucrose; nitrate reduction; and absence of proteolysis. Both isolates of C. tertium were susceptible in vitro to penicillin, ampicillin, vancomycin, and metronidazole.

C. tertium has been traditionally considered nonpathogenic. The organism was earlier isolated along with pathogens such as C. perfringens, C. septicum, and C. sordellii from war wounds and cases of gangrene (1). C. tertium is being increasingly reported as a human pathogen (3–9), and the strongest association has been with septicemia in patients with neutropenia and hematologic malignancies (3,4). Predisposing factors for C. tertium bacteremia include intestinal mucosal injury, neutropenia, β-lactam antibiotics (third-generation cephalosporins), cytotoxic chemotherapy, and severe liver disease, as reviewed by Miller and co-workers (3). Necrotizing fasciitis and gas gangrene caused by C. tertium as the sole pathogen have not been reported, although Miller reported necrotizing fasciitis in a patient with acute lymphocytic leukemia with C. tertium and C. septicum isolated from blood (3). The importance of isolation of C. tertium, particularly in polymicrobial cultures, is not well-established. In our report, the first patient suffered from alcoholic liver disease, had very
high blood glucose levels, and was on cytotoxic chemotherapy for previous 6 months. The risk for intestinal injury is high in severe liver disease and cytotoxic chemotherapy. Intestinal mucosal compromise may potentiate translocation of *Clostridium tertium* to systemic circulation and metastatic foci. The second patient had no predisposing medical history before the present episode that might have resulted in acquisition of *C. tertium* from the soil. Both patients had pyrexia, necrotizing fasciitis, and gangrene of a lower limb with *C. tertium* as the sole bacterial isolate. Neither patient had neutropenia when they were first seen. This contrasts with earlier reports of *C. tertium* infections (predominantly bacteremia), which usually occurred in patients with pre-existing neutropenia (3). Both patients improved with penicillin or vancomycin and metronidazole, and both isolates were susceptible to these three antibiotics in vitro. Therefore, we consider both isolates to be clinically important. The pathogenesis of infection caused by *C. tertium* is not well understood, since the organism does not produce exotoxins. No evidence exists to correlate oxygen sensitivity with bacterial enzyme production and pathogenicity in aerotolerant clostridia. Our report adds to the list of recently emerging diseases caused by *C. tertium*. The growing acceptance of this organism as a human pathogen will lead to better delineation and understanding of its pathogenic potential.

Pallab Ray,* Anindita Das,* Kundan Singh,*Anil Bhansali,* and T.D. Yadav*

*Postgraduate Institute of Medical Education and Research, Chandigarh, India

References

1. Henry H. An investigation of the cultural reactions of certain anaerobes found in wounds. J Pathol Bacteriol 1917;21:344–85.

2. King BM, Ranek BA, Daugherty MD, Rau CA. *Clostridium tertium* septicemia. N Engl J Med 1963;269:467–9.

3. Miller DL, Brazer S, Murdock D, Reller LB, Corey GR. Significance of *Clostridium tertium* bacteremia in neutropenic and non-neutropenic patients: review of 32 cases. Clin Infect Dis 2001;32:975–8.

4. Valtonen M, Sivonen A, Elonen E. A cluster of seven cases of *Clostridium tertium* septicemia in neutropenic patients. Eur J Clin Microbiol Infect Dis 1990;9:40–2.

5. Kourtis AP, Weiner R, Belson K, Richards FO Jr. *Clostridium tertium* meningitis as the presenting sign of a meningocele in a twelve-year-old child. Pediatr Infect Dis J 1997;16:527–9.

6. Gredlein CM, Silverman ML, Downey MS. Polymicrobial septic arthritis due to *Clostridium* species: case report and review. Clin Infect Dis 2000;30:590–4.

7. Coleman N, Speirs G, Khan J, Broadbent V, Wight DG, Warren RE. Neutropenic enterocolitis associated with *Clostridium tertium*. J Clin Pathol 1993;46:180–3.

8. Butler T, Pitt S. Spontaneous bacterial peritonitis due to *Clostridium tertium*. Gastroenterology 1982;82:133–4.

9. Lew JF, Wiedermann BL, Sneed J, Campos J, McCullough D. Aerotolerant *Clostridium tertium* brain abscess following a lawn dart injury. J Clin Microbiol 1990;28:2127–9.

Address for correspondence: Pallab Ray, Department of Medical Microbiology, PGIMER, Chandigarh-160012, India; fax: +91(172)744401; email: pallab@sancharnet.in

Dengue Hemorrhagic Fever, Uttaradit, Thailand

To the Editor: Dengue hemorrhagic fever (DHF) has been recognized as a disease of young children in the past. Three decades ago most reported case-patients in Thailand were 3–6 years of age (1). Increasing evidence shows that the age group most affected is changing (2). We report evidence that in Uttaradit, Thailand, the predominant age of those who acquire DHF has increased by at least 2 years during the 1990s.

Uttaradit is a province in the northern part of Thailand. DHF is endemic in Uttaradit, as it is in most parts of the country. Between 1992 and 2001, three major outbreaks of DHF occurred, in 1993, 1998, and 2001.

The number of DHF cases reported to the Provincial Health Office from January 1992 to December 2001 (classified by age groups) was used as the estimated annual DHF incidence. Case definition and categorization followed the International Statistical Classification of Diseases and Related Health Problems (ICD-10). DHF categories reported in this study included both DHF without shock and the dengue shock syndrome (the number of cases and deaths combined). Dengue fever, a milder disease manifestation, was not included.

The age distribution of DHF cases showed that, in the 1993 epidemic, children 5–9 years of age had the largest proportion of cases, whereas in 2001, the peak age of those infected was 10–14 years. The transitional stage (mean age 11.3 years) was observed in 1998.

During the observed period, the annual mean age of DHF case-patients ranged from 8.4 to 15.1 years. Despite some fluctuation, the mean age of DHF case-patients was <10 years of age before 1996. From 1997 onward, the mean age was consistently >10 years.

The incidence of DHF in children ≤4 years of age decreased from 586.0/100,000 in the 1993 epidemic to 197.5/100,000 in 2001. The incidence in children 5–9 years of age also decreased from 1,330.3/100,000 to 676.6/100,000 in the corresponding years. While the incidence in children 10–14 years of age remained unchanged, the incidence in those 15–24 years of age increased from 122.8/100,000 to 323.5/100,000, and from 20.0 to 52.6 per 100,000, a more than twofold increase.

Our results clearly showed that the mean age of DHF case-patients in-