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First report of monkeypox in a patient living with HIV from Romania

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Dear Editor,

On May 13, 2022, World Health Organization reported cases of infection due to monkeypox virus in 12 non-endemic countries [1] and the outbreak reached 2027 confirmed cases by June 15, 2022 in 36 countries [2]. Monkeypox virus is a double-stranded DNA virus of the Poxviridae family, with a classic mode of transmission from infected animals to humans and less infectious than smallpox virus between humans. Disease clusters of the current outbreak are known to include high risk groups as men who have sex with men (MSM) [3].

We present a case of a 26-year-old HIV-infected male, without history of travel, admitted to Dr Victor Babes Clinical Hospital for Infectious and Tropical Diseases, Bucharest, Romania, with high fever (up to 39 Celsius degrees), chills, rectal pain, vesiculo-pustular rash and dysphagia. He was diagnosed with HIV infection in 2019, with a CD4 cell count of 546/μL and an HIV viral load of 46,000 copies/mL, acquisition was by sexual contact (MSM). His medical history was unremarkable, excepting surgery for an anal fissure 4 years ago. He initiated antiretroviral treatment with 3TC/ABC/DTG and is adherent.

The patient admitted that he was involved in CHEMSEX practices in the past history, but not prior to the onset of the current condition which began 4 days before the admission. To mention that, in addition to the presenting symptoms, the papular and vesicular rash, initially localized on the penile area spread to the perianal, anal and rectal area and that the patient reported severe pain in the ano-rectal region.

On examination a vesicular and pustular rash was seen, predominantly ano-genital and on the buttocks, with a few lesions on the neck, trunk and upper and lower limbs and one lesion on the sole of a foot.

Lesions were well defined, deep seated, some of them with an umbilicate aspect. (Figs. 1 and 2). He also presented marked hyperemia of the pharynx, with pseudo-membranous appearance, and palatine petechiae, thrush, enlarged cervical and inguinal lymph nodes. The patient was afebrile, vital signs were normal and no other clinical abnormalities were observed. There were no lesions on the oral mucous membranes or conjunctiva.

Blood diagnostics showed a slight increase of white blood cell count (10200/mm³ with a monocytosis and a mild inflammatory syndrome

Fig. 1. Pustular lesions with umbilicate aspect on the neck in a young MSM with Monkeypox.

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CD4 count was 988/μL and HIV-1 viral load in plasma was detected below 40 copies/mL. Serology tests for syphilis, viral hepatitis B and C were all negative and the chest X ray was normal.

Real time PCR test for MPXV was positive in different biological sample types, with lower Ct values in the vesicular fluid from the skin lesions, followed by samples from nasopharyngeal swabs, urine and blood.

We used a Research Use Only (RUO), commercially available Monkeypox virus (MPXV) real time PCR test designed and manufactured in Romania by Molecular Genomics, Bragadiru, starting from AF380138.1 MPXV genome and a previously published method [4]. In brief, viral DNA was obtained through automated extraction with MagNA Pure 96, Roche and MagNA Pure 96 DNA and Viral NA SV kit, from 200 μL of vesicular fluid diluted in viral transport medium. The elution volume was 50 μL and 5 μL of DNA was added to 15 μL of Master Mix plus primers and probes mixture according to the manufacturer’s instructions. Real-time PCR amplification was performed on a CFX96 Real-Time System, Bio-Rad. The test has two viral targets located in two viral ORF’s (F3L and N3R), detected by two different fluorescence channels and one target as internal control (the human RNase P).

He received symptomatic treatment, fluids and topic treatment for thrush and pharyngeal hyperemia. The evolution was favorable, until the submission of the report, despite coinfection with HIV, as the patient had a good immunological status. Fever and chills subsided after 2 days from onset and the skin lesions followed the common pattern with evolution from papules to pustules, with relatively the same size and same stage of development at different parts of the body.

This is the first case of monkeypox confirmed in Romania, with suggestive epidemiological and clinical features. He developed a mild form of the disease, with skin lesions evolving predominant in the ano-genital area. It is important to raise awareness for the transmission of monkeypox, especially in populations with high risk factors. Public health authorities and clinicians must consider the diagnosis of monkeypox in all patients with typical rash and risky sexual behavior, in particular in those with recent sexual contacts with partners who traveled in countries with reported cases of monkeypox or partners with the same clinical manifestations even if they do not traveled in other countries.

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Declaration of competing interest

Nothing to declare.

Author’s contributions

We consider that all authors equally contributed on this manuscript.

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