Cathepsin B in Eutopic and Ectopic Endometrial Tissues of Patients with Endometriosis

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ABSTRACT : This study was performed to investigate the expression of cathepsin B mRNA and protein in eutopic and ectopic endometrial tissues of patients with endometriosis and in normal endometrial tissues and to clarify the association between the cathepsin B expression and endometriosis. A total of 40 women with histologically confirmed endometriosis were recruited for study group. For controls, 20 women undergoing operative treatment for uterine myoma, cervical intraepithelial neoplasia (CIN) or benign gynecologic conditions other than endometriosis were recruited. Eutopic endometrial tissues of both groups and ectopic endometrial tissue of study group were collected during the operations. We employed real time reverse transcriptase - polymerase chain reaction (RT-PCR) to quantify mRNA levels of cathepsin B in these tissues. Then, we performed western blot analysis to measure the protein levels of cathepsin B. The expressions of cathepsin B mRNA and protein were significantly higher in both eutopic and ectopic endometrial tissues of women with endometriosis than in endometrial tissues of controls. These data suggest that the higher expression of cathepsin B in the endometrial tissues might be associated with the development of endometriosis. In addition, eutopic endometrium itself with higher expression cathepsin B may play a pivotal role in the histogenesis of endometriosis.

Key words : Endometriosis, Cathepsin B, Endometrial tissue

INTRODUCTION

Endometriosis, defined as the presence of endometrial tissue outside the uterine cavity, is one of the most common types of benign gynecological disease, occurring in about 10% of women of reproductive age and accompanied by abdominal pain, dysmenorrhea, dyspareunia, and infertility (Olive & Schwartz, 1993; Cramer & Missmer, 2002; D’Hooghe et al., 2003). Although endometriosis is the benign gynecological disease that raises symptoms of the pelvic pain or infertility, the correlation between precancerous pathological capacity of endometriosis and malignant tumor in the ovary or endometrium has been widely studied in that it is to be exclusive, attached to the abdominal mesothelial cell of the regurgitated endometrial tissue, invade the peritoneum, destroyed from the extracellular matrix and metastasized to around tissue, after mutation and diagnosis criteria of the malignant tumor in
endometrium were limited in 1925 (Sampson, 1925). Despite its frequency, the etiology and pathogenesis remain uncertain. The basic mechanism is considered with the first presented “reflux of menstrual blood” in 1927 (Sampson, 1927), the complex influence of the genetic and immune biological factors happens to endometriosis with implantation of the survival endometrium. Endometriosis is observed in the reflux of menstrual blood of over 90% reproductive-aged women (Halme et al., 1984). However, it is difficult to explain that endometriosis is only caused by the reflux of menstrual blood, because endometriosis actually occurs in 10% of reproductive aged women and extra-abdominal endometriosis is reported. For the development of endometriosis, ectopic endometrial tissue should get the survival chance in the abdominal cavity, so that the refluxed endometrial tissue in the abdominal cavity is not normally removed out or absorbed by immune factor. Whatever happens of either genetic or biologic cause, endometrial tissue of endometriosis patient has to overcome the normal immune mechanism inside the abdominal cavity. The remained endometrial tissue inside the abdominal cavity can be implanted in peritoneum through adhesion and invasion. So endometriosis takes place by the several processes. Based on these suggestions, expression and activity of the adhesion material, protease enzyme, and angiogenesis materials have been compared and analyzed between the endometrial tissue of endometriosis patients and normal women.

Cathepsin B, lysosomal cysteine protease of the papain family, dissolves collagen, laminin, fibronectin and proteoglycan (Schmitt et al., 1991; Eekhout & Vaes, 1997). Cathepsin B relates with bone resorption by activation of the resorption-relating other enzymes, the calcium homeostasis in bone and production of thyroid hormone through thyroglobulin degradation (Mort & Buttle, 1997), but the major role of cathepsin B is to dissolve protein included in lysosomal system by phagocytosis, endocytosis, autophagy (Bohley & Seglen, 1992). It have been reported that cathepsin B activates trypsin in acute pancreatitis and hydrolyzes the interstitium components, epithelial basement membrane, cartilaginous bronchial and tracheal rings with bronchiectasis and neutrophil elastase of bronchitis (Mort & Buttle, 1997). In addition, activating metalloproteinase degrading proteoglycan and type II collagen in arthritis disease and leading hepatocyte apoptosis to be mediated by TNF-α (Guicciardi et al., 2000). The secretion of Cathepsin B was increased at the edges of human malignant breast carcinomas compared to benign (Poole et al., 1980), and in human prostate including invasive cells cathepsin B expression was increased (Sinha et al., 1993). Also, cathepsin B expression was related to human colorectal (Murnane et al., 1991) and glial carcinoma (Rempel et al., 1994). Cathepsin B is expressed in most mammalian cells and secreted in endometrium. Also, treatment with cathepsin B inhibitor prohibit estrogen-induced membrane alteration in endometrium (Pietra & Szego, 1979).

If cathepsin B that can regulate cell adhesion, estrogen-induced cell proliferation and extracellular lysis is expressed highly in human endometriosis tissues, it can be a good contributing factor for the development and progression of endometriosis. Therefore, this study was performed to investigate the expression of cathepsin B mRNA and protein in the eutopic and ectopic endometrial tissues of women with endometriosis, and endometrial tissues with endometriosis and to clarify the association between the cathepsin B and endometriosis.

**MATERIAL AND METHODS**

1. Patients

1) Endometriosis group

In the endometriosis group, the extent of disease was staged according to the American Society for Reproductive Medicine. Patients who had pelvic inflammatory disease, dysfunctional uterine bleeding, or any endometrial pathology, and who had been suspected of having endometriotic lesions only by laparoscopic inspection without
Table 1. Patients’ characteristics

|                           | Control group | Study group |
|---------------------------|---------------|-------------|
| Patients (n)              | 20            | 40          |
| Age (years) (range)       | 34.9±5.2*     | 35.8±6.0*   |
| (23-45)                   | (23-45)       |             |
| Parity                    | 1.5±0.7       | 0.9±0.9     |
| No. of associated disease |               |             |
| (%)                       |               |             |
| Leiomyoma                 | 10 (50.0)     | 7 (17.5)    |
| Benign ovarian cyst       | 7 (35.0)      | 0           |
| CIN                       | 3 (15.0)      | 0           |
| Proliferative phase (n)   | 10            | 19          |
| Mid-secretory phase (n)   | 10            | 21          |

* Means±SD.

histological confirmation were excluded from this study. A total of 40 patients had histological and laparoscopic evidence of advanced stage endometriosis (stage III or IV), and had regular menstrual cycles and had not received any hormonal therapy during the previous 6 months. The Institutional Review Board of our center approved the study and all patients provided written informed consent. Patients’ characteristics were shown in Table 1.

2) Control group

Among patients with treatment of operation due to positive gynecological diseases or cervical intraepithelial neoplasia (CIN) in Asan Medical Center, 20 patients with proven fertility without the endometriosis served as controls.

2. Preparation of endometrial tissues

Endometrial samples were obtained either by using a curette after pelviscopy or by opening the uterine cavity immediately after hysterectomy. Tissues used for mRNA extraction were snap-frozen in liquid nitrogen and stored at −70°C until analyzed. All tissues were dated by a gynecological pathologist according to the histological criteria and were classified as early proliferative (days 4-7), mid proliferative (days 8-10), late proliferative (days 11-14), early secretory (days 15-18), mid secretory (days 19-22) or late secretory (days 23-28) phases.

3. Real-time reverse transcription-polymerase chain reaction (RT-PCR)

Total RNA was isolated using Trizol reagent (Life Technologies Inc, Rockville, MD, USA) according to the manufacturer’s protocol. Briefly, endometrial tissue was homogenized in 1 ml of Trizol. Chloroform (200 μl) was added, and the solution was incubated at room temperature for 3 min and centrifuged at 12,000 g for 15 min at 4°C. The upper aqueous phase was incubated with 500 μl isopropanol at room temperature for 10 min and centrifuged at 11,000 g for 10 min. The RNA pellet was washed in 75% ethanol and centrifuged at 7,500 g for 5 min. The resulting pellet was dried and resuspended in diethylpyrocarbonate (DEPC)-treated water (Sigma–Aldrich, St. Louis, MO, USA) and stored at −70°C. The concentration of RNA was determined on a spectrophotometer (GeneQuant pro, Amersham Pharmarcia Biotech, USA). RT was performed using the Promega Reverse Transcription System (Promega, Madison, WI, USA). Eighteen microliters of RT-master mix for each sample were prepared, containing 5 mmol/l of MgCl2 , reverse transcription buffer, 1 mmol/l of each deoxy-NTP, 0.5 μg oligo (deoxynymidine) 15 primers, 20 IU of ribonuclease inhibitor, 15 units of AMV reverse transcriptase, and 1 μg of total RNA diluted in 2 μl of DEPC-treated H2O. Each sample was placed in a 0.5-ml microtube, and reverse transcription was carried out in the thermocycler (GeneAmp 9700, Applied Biosystems, Foster City, CA) for 60 minutes at 42°C and 5 minutes at 90°C, with quenching at 4°C. The samples were stored at −20°C until PCR. Real-time PCR was carried out on approximately 50 ng cDNA utilizing an ABI 7000 Sequence Detection System apparatus (Applied Biosystems, Foster City, CA) in a 20-μl volume containing 1X SYBR Green PCR master mix (Applied Biosystems) and 10 pmole of the forward and reverse primers. All samples were assayed in triplicate, and each aliquot was transferred to wells of a MicroAmp optical 96-well reaction plate (Applied Biosystems). The thermocycler parameters were 50°C for 2 min and 10 min at 95°C, followed by 40 cycles of 15
Table 2. Primer sequences for RT-PCR

| Gene   | Forward and reverse primer sequence                          |
|--------|-------------------------------------------------------------|
| GAPDH  | Forward : 5’-GCTGTOGGCAGGTGATCC-3’                          |
|        | Reverse : 5’-CTTGGCGCTGATGCG-3’                             |
| β-Actin| Forward : 5’-GTGGCCGCTCTAGCCACAA-3’                         |
|        | Reverse : 5’-CTCTTTGATGTCAGCACTTTCC-3’                      |
| Cathepsin B | Forward : 5’-TCGGATGAGCTGGTCAACTATG-3’                    |
|        | Reverse : 5’-TCAAGCTTTCAGGATGATG-3’                        |

GAPDH : glyceraldehyde-3-phosphate dehydrogenase  
RT-PCR : reverse transcriptase-polymerase chain reaction

sec at 95°C and 1 min at 60°C. Primers used for real-time PCR were listed in Table 2. The expression of each target gene was normalized to the expression of the control gene (hGAPDH).

4. Western blotting

Well-deminolished tissues were lysed in Triton X-100 lysis buffer (1% Triton X-100, 1 mM EDTA, 150 mM NaCl, 50 mM NaF, and a protease inhibitor mixture; Calbiochem, Darmstadt, Germany), and insoluble materials were precipitated by centrifugation at 16,000×g for 10 min at 4°C. The supernatant was transferred to a new tube and protein concentrations were determined by using a protein assay dye reagent (Bio-Rad, Hercules, CA) according to the manufacturer’s recommendations. Twelve micrograms of each lysate was resolved by 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE), transferred to a nitrocellulose membrane, and then immunoblotted with anti-Cathepsin B (R&D systems, MN or anti-Beta-actin (Sigma-aldrich, USA) antibody. Binding of primary antibodies was detected by incubating blots with horseradish-peroxidase-conjugated goat anti-rabbit or antimouse antibody, and blots were developed using enhanced chemiluminescence (Western blotting detection reagents; Amersham Biosciences, Piscataway, NJ).

5. Statistical analysis

The mean value was expressed as the mean ± standard deviation (SD). Student’s t-test and Mann-Whitney U test with Bonferroni correction was used to compare the mean values between the two groups. Kruskal-Wallis test was used to compare the mean values among three groups. Statistical significance was defined as P<0.05. All analyses were performed using the SPSS statistical package for Windows, ver. 12.0 (SPSS Inc, Chicago, IL, USA).

RESULTS

1. Expression of cathepsin B mRNA in endometrial tissues in proliferative and mid-secretory phase of the menstrual cycle in endometriosis patients and controls

Cathepsin B mRNA was detected not only in the eutopic and ectopic endometrial tissues of patients with stage III or IV endometriosis but also endometrial tissue of controls. When compared the relative amount of cathepsin B mRNA between proliferative phase and mid-secretory phase in each eutopic and ectopic endometrial tissues of endometriosis patients and endometrial tissue of controls, cathepsin B mRNA levels seemed to be higher in the endometrium of proliferative phase than mid-secretory phase in all 3 kinds of endometrial tissues, but the all differences did not achieve the statistical significance (Fig. 1).

2. Expression of cathepsin B mRNA in eutopic endometrium of endometriosis patients and eutopic endometrium of controls

Expression levels of cathepsin B mRNA were significantly higher in eutopic endometrium of endometriosis patients than in eutopic endometrium of control women (p=0.007) (Fig. 2). When cathepsin B mRNA levels were

Fig. 1. Expression of cathepsin B mRNA in endometrial tissues in proliferative and mid-secretory phase of menstrual cycle in endometriosis patients and controls.
compared in each endometrium of proliferative phase and mid-secretory phase, cathepsin B mRNA levels in eutopic mid-secretory endometrium were significantly higher in endometriosis patients (p=0.010) but there is no significant difference in its levels in eutopic proliferative endometrium between endometriosis and control women (Fig. 2).

3. Expression of cathepsin B mRNA in ectopic endometrial tissue of endometriosis patients and eutopic endometrium of controls

Cathepsin B mRNA levels were significantly higher in ectopic endometrium of endometriosis patients than in eutopic endometrium of control women (p=0.009) (Fig. 3). When cathepsin B mRNA levels were compared according to the menstrual phase, cathepsin B mRNA levels in ectopic endometrium of endometriosis patients in both proliferative and mid-secretory phase were significantly higher, compared with eutopic endometrium of controls (p=0.043, p=0.021, respectively) (Fig. 3).

4. Expression of cathepsin B mRNA in eutopic and ectopic endometrium of endometriosis patients

Cathepsin B mRNA levels were comparable between eutopic and ectopic endometrium of endometriosis patients in both phases of the menstrual cycle (Fig. 4).

5. Expression of cathepsin B protein in eutopic and ectopic endometrium of endometriosis patients and eutopic endometrium of control women

Cathepsin B protein levels were higher in eutopic and ectopic endometrium of endometriosis patients in proliferative phase and also higher in ectopic endometrium of endometriosis patients in mid-secretory phases, compared with controls (Fig. 5A and B).

**DISCUSSION**

In this study, we investigated the expression of cathepsin B mRNA and protein in eutopic and ectopic endometrial tissues of endometriosis patients, compared with controls. The present study showed that expression of cathepsin B mRNA and protein was increased in eutopic and ectopic endometrial tissues of endometriosis patients and especially in the mid-secretory phase of the menstrual cycle. These results suggest that cathepsin B can be one of the factors affecting endometriosis development.

Cathepsin B mRNA levels were lower in mid-secretory phase than the proliferative phase of the menstrual cycle. It has been also demonstrated that cathepsin B expression
Fig. 5. Expression of cathepsin B protein in endometrium of controls and eutopic and ectopic endometrium of endometriosis patients. (A) Representative western blot analysis. (Av: average, CB: cathepsin B), (B) Expression of cathepsin B protein in endometrium of controls and eutopic and ectopic endometrium of endometriosis patients. B. Quantification of cathepsin B protein levels.

is the peak in the late follicular phase, and then is decreased at the ovulatory and luteal phase in the rat ovary (Oksjoki et al., 2001). Cathepsin B may be related with destruction of follicle and it is predominantly expressed on the site contacting with germinal epithelium of follicle (Oksjoki et al., 2001). Jokinna et al (2001) reported that cathepsin B amount was not significantly changed in endometrial tissues during proliferative phase to secretory phase. They also reported that passing from the proliferative phase to secretory phase, the distribution of cathepsin B mRNA in endometrial gland altered to the apex of cell, therefore cathepsin B expression was regulated by the intracellular or tissue local transformation rather than the expression quantity in the menstrual cycle (Jokinna et al., 2001). The intracellular local transformation represents that cathepsin B normally existed into lysosome around the nucleus, and was also observed and recreated in vesicular compartment near the tumor cell (Mai et al., 2000).

Cathepsin D, aspartyl protease, was increased in endometriosis lesion and was the peak at the luteal phase in ovarian lesion (Bergqvist et al., 1996). Cathepsin D expression was correlated with estrogen, also increased in ascites of endometriosis patients, and there was no variation by menstrual cycle (Suzumori et al., 2001). In addition, cathepsin D was increased in an advanced stages of endometriosis and accelerated protease causing degradation of the basement membrane and the extracellular matrix, so that cathepsin D can regulate invasiveness and metastasis of tumor cells and development and proliferation of endometriosis (Suzumori et al., 2001). In the present study, we found that expression of cathepsin B was significantly increased in eutopic as well as ectopic endometrium of endometriosis patients compared with women without endometriosis. Thus, we assume that the continuous increase of cathepsin B in eutopic and ectopic endometrium of endometriosis patients can contribute to the implantation and development of ectopic endometrial tissue into the abdominal cavity or any other place of human body.

Secretion of cathepsin B was increased by estrogen in mouse uterus and ovary (Pietras & Szego, 1975) and it was mediated by estrogen receptor-β (Pietra & Szego, 1979; Gaido et al., 1999). However, expression rate of estrogen receptor-β was not affect by the menstrual cycle (Hudelist et al., 2005). Also, regulation of cathepsin B was not correlated with progesterone concentration (Irwin et al., 1996). Therefore, expression of cathepsin B appears to have no concern with the menstrual cycle. Although endometriosis was common in women, little is known about the pathological understanding for this disease. To understand its pathological mechanisms, molecular dissection of activities for steroid hormones, these receptors,
immune systems as well as relationship with ectopic endometrium are required (Hastings & Fazleabas, 2003).

In conclusion, expression of cathepsin B is not correlated with the menstrual cycle and the over-expressed cathepsin B contributes to endometriosis development. In case of endometriosis patients, eutopic endometrium itself may play an important role in implantation and development of ectopic endometrial tissue. Therefore, we suggest that cathepsin B may be concerned about invasion and translocation of endometrial tissue into the ectopic sites for endometriosis development.

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