RNA-based stable isotope probing provides no indication for rapid α-synuclein assimilation by murine gut bacteria

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Abstract
In Parkinson’s disease (PD), α-synuclein is a key protein in the process of neurodegeneration. Besides motor symptoms, most PD patients additionally suffer from gastrointestinal tract (GIT) dysfunctions, even several years before the onset of motor disabilities. Studies have reported a dysbiosis of gut bacteria in PD patients compared to healthy controls and have suggested that the enteric nervous system (ENS) can be involved in the development of the disease. As α-synuclein was found to be secreted by neurons of the ENS, we used RNA-based stable isotope probing (RNA-SIP) to identify gut bacteria that might be able to assimilate this protein. The gut contents of 24 mice were pooled and incubated with isotopically labelled (¹³C) and unlabelled (¹²C) α-synuclein. After incubation for 0, 4 and 24 h, RNA was extracted from the incubations and separated by density gradient centrifugation. However, RNA quantification of density-resolved fractions revealed no incorporation of the ¹³C isotope into the extracted RNA, suggesting that α-synuclein was not assimilated by the murine gut bacteria. Potential reasons and consequences for follow-up-studies are discussed.

DATA SUMMARY
The authors confirm supporting data, code and protocols have been provided within the article or through supplementary data files or are available from the corresponding author on reasonable request.

INTRODUCTION
Parkinson’s disease (PD) is one of the most common neurodegenerative diseases and even today there is still no treatment available that can completely cure affected patients [1]. PD patients not only suffer from motor symptoms, but in most cases also from gastrointestinal dysfunctions [2] that can arise up to 20 years before the onset of the typical motor symptoms [3, 4]. An early diagnosis of these non-motor symptoms, with immediate treatment, could therefore make a significant contribution to protecting neuronal function from degeneration, slowing the course of the disease and enabling patients to improve their quality of life [5].

The α-synuclein protein plays an essential role in the development of PD, although the detailed mechanisms are not yet fully understood [6]. As a typical histological characteristic in most PD patients, α-synuclein is present in an altered structure or is overexpressed, leading to aggregation of the molecules, which promotes the formation of so-called Lewy bodies and neurodegenerative processes [7]. In addition to other α-synucleopathies, PD in particular has been reported to come with increased expression of α-synuclein in the enteric nervous system [8–10], suggesting that the synucleinopathy arises first in the gastrointestinal tract (GIT) and then spreads to the central nervous system of the brain at a later stage of the disease [11]. A recent study in a PD mouse model demonstrated alterations in both ENS composition and gut motility at very early timepoints, while the brain did not yet...
show significant changes [12]. Paillusson et al. reported that enteric neurons are physiologically secreting α-synuclein [13], which could potentially make it reachable for gut bacteria and serve as a seed for further propagation. The microbiota–gut–brain axis seems to play an important role in PD, as researchers have found microbial dysbiosis in stool samples of PD patients [14–19]. However, it is not clear yet whether such dysbiosis is rather a cause or a consequence of the disease [5].

In this study, we aimed to use RNA-based stable isotope probing (RNA-SIP) to identify potentially synuclein-assimilating bacteria in the gut contents of mice being used as model organisms. RNA-SIP is an elegant technique to unravel which groups of microorganisms assimilate a certain substrate within a complex community [20–22]. We previously used this technique to successfully identify prebiotics-degrading intestinal bacteria [23]. We believe that the potential identification of (specifically) synuclein-degrading bacteria from the intestinal contents of mice and (later on) humans might contribute to a deeper understanding of the interactions between PD and the intestinal ecosystem and might even facilitate an earlier diagnosis of this complex disease. A great advantage of RNA-SIP is that no radioactive labels are needed [22, 23]. Instead, microbial samples are incubated with substrates containing stable isotopes. Microorganisms that are able to assimilate these substrates utilize the isotopes during their metabolism and biosynthesis and incorporate the label into their RNA [22]. After extraction, labelled and unlabelled RNA can be separated by isopycnic density gradient ultracentrifugation and the resulting gradients are collected in fractions of descending density. After recovery of the RNA, standard high-throughput technologies can be used to unravel differences in community compositions between the labelled an unlabelled fractions and identify specific bacteria that have assimilated the provided substrate [23].

**METHODS**

Collection and incubation of intestinal content, and RNA extraction

Twenty-five adult Balb/c mice of both sexes were reared in the animal house of experimental surgery at the Saarland University Medical Centre (Homburg/Saar, Germany) under standard laboratory conditions with a 12 h light/dark rhythm and were fed on a standard maintenance diet for rats and mice (1324–10 mm pellets; Altromin Spezialfutter GmbH and Co. KG, Lage, Germany). Both food and drinking water were available to the mice ad libitum. Animals were killed by cervical dislocation. The large intestines of the animals were dissected and brought to an anaerobic work bench. From that point, the intestines and contents were handled under anaerobic conditions.

Murine caecal contents were collected and pooled in M9 minimal medium [24] as a 15% (w/v) slurry under anaerobic conditions, as described previously, but without glucose as carbon source [25]. For each incubation sample, 1 ml of faecal slurry was mixed with 1 ml M9 minimal medium containing 100 µM of either unlabelled α-synuclein (AlexoTech, Umea, Sweden) or uniformly 13C-labelled α-synuclein (AlexoTech). All samples were incubated at 37°C under anaerobic conditions for 0, 4 or 24 h in triplicate, respectively, and then immediately frozen and stored at −80°C.

Total RNA from each sample was extracted using the RNeasy Power Microbiome kit containing an on-column DNase I treatment (Qiagen, Hilden, Germany) following the manufacturer’s instructions. Follow-up in-solution DNase treatment was performed with the Monarch Total RNA Miniprep kit (New England Biolabs, Frankfurt am Main, Germany) according to the manufacturer’s instructions. The three replicate incubations per time point were finally combined during the DNase treatment and absence of DNA was verified by PCR of the 16S rRNA gene using 0.25 µl of each conventional 27F and 519R primer (50 µM) [26, 27], 0.5 µl of dNTP mix (10 mM), 2.5 µl of 10× DreamTaq buffer (containing 20 mM MgCl₂), 0.125 µl DreamTaq DNA polymerase (5 U µl⁻¹), 20.375 µl nuclease-free water and 1 µl of template. The thermal profile was set as described previously [28], using 34 instead of 25 cycles.

**Density gradient centrifugation, gradient fractionation and fraction analysis**

For density gradient centrifugation, centrifugation tubes (Polypropylene Bell-Top Quick-Seat Centrifuge Tubes, Beckman Coulter, Krefeld, Germany) were filled with 8.5 ml of a centrifugation mix containing 6.739 ml cesium trifluoroacetate (CsTFA, 2.0 ± 0.05 g ml⁻¹, GE Healthcare, Freiburg, Germany), 1.498 ml gradient buffer [29] and 0.263 ml nuclease-free formamide (Carl Roth GmbH, Karlsruhe, Germany). The refractive index of the mix was set to 1.3724 with an AR200 digital refractometer (Reichert, Depew, NY, USA) and RNA was added to 100 ng ml⁻¹ [22]. Centrifugation was performed at 123, 100 g and 20°C for 68 h using the Optima MAX-XP Ultracentrifuge with an MLN-80 near vertical Rotor (Beckman Coulter).

After centrifugation, each gradient sample was collected in 16 fractions of 0.5 ml by replacement with water [28]. From a 75 µl aliquot of each fraction the density and refractive index were determined. These parameters were correlated to generate a calibration curve.

**RNA recovery, quantification, reverse transcription and cDNA analysis**

RNA was precipitated from the CsTFA mix by isopropanol–ethanol precipitation [22]. RNA quantification of the fractions was conducted with a microplate reader (Infinite 200 PRO, Tecan, Männedorf, Switzerland) using the Quant-it RiboGreen RNA
Assay kit (Thermo Fisher Scientific, Waltham, MA, USA) according to the manufacturer’s instructions. The RNA concentration was correlated with the fraction number and the density, which had been calculated previously by means of a calibration curve.

Reverse transcription of the RNA was performed with the SuperScript VILO cDNA Synthesis kit (Thermo Fisher Scientific), according to manufacturer’s instructions. The cDNA was amplified in accordance with the same protocol as mentioned above, using 25 PCR-cycles.

PCR products were analysed by standard gel electrophoresis, using a 0.8% agarose gel and Midori Green Advance (Biozym, Hessisch Oldendorf, Germany) as DNA dye.

**RESULTS AND DISCUSSION**

A synopsis of recent studies suggests that there are small but robust differences in the bacterial community composition of PD patients in comparison to healthy controls [30]. While genera such as *Lactobacillus*, *Akkermansia* and *Bifidobacterium* were relatively enriched, bacteria belonging to the family *Lachnospiraceae* and the genus *Faecalibacterium*, both short-chain fatty acid producers, were relatively depleted. Such dysbiosis might lead to a proinflammatory status, which could be linked to the...
recurrent gastrointestinal symptoms affecting PD patients. In addition, differences in microbiota composition might not only be of therapeutic but also of diagnostic value, preparing a new basis for an early diagnosis of PD using faecal microbiota analyses. We hypothesized that specifically α-synuclein-degrading bacteria might be of particular diagnostic interest and set up a pilot RNA-SIP study using murine faecal samples and fully 13C-labelled α-synuclein as substrate.

After ultracentrifugation, the obtained density gradients for the six incubation samples ranged from 1.8492 (fraction 1) to 1.7143 g ml⁻¹ (fraction 16) (Fig. 1a). The density distribution of the gradient fractions showed a linear trend. This linear character among the gradients as well as the range of the determined densities was very similar to previous reports [28, 29, 31–33]. Clearly, the obtained CsTFA gradients were appropriate for the separation of stable isotope-labelled RNA from unlabelled RNA. The density of the 24 h incubations dropped at the last 'light' fraction (fraction 16). This was most likely caused by dilution of the fraction with water, as fraction 16 is the last fraction of the gradient on the boundary to the water that is used for fractionation [23].

After RNA extraction from the gradient fractions, the quantification showed one peak in the RNA distribution over the gradient fractions (Fig. 1b). The highest RNA concentrations were found in fraction 9 at an average density of 1.7789 g ml⁻¹ for all incubation samples. From previous publications it is known that unlabelled RNA usually peaks around this density [22, 25, 28, 32]. In case of any 13C assimilation into RNA, we would have expected to see shifts of the distribution curves towards higher densities, particularly for the 4 and 24 h incubations with 13C synuclein. However, there was no difference in RNA distribution between both control incubations (0 h) and 12C and the 13C incubations. In fact, all distribution curves were nearly identical.

Gel electrophoresis of 16S rRNA gene amplicons, produced with cDNA from the gradient fractions 1–12 as template, showed the same pattern (Fig. 2). Despite some variations, the thickness of the bands (all representing amplicons of ~500 bp) did not suggest any clear increase of amplicon concentration in the heavy fractions of the 13C incubations in comparison to the respective 12C incubations. For all inspected gradients, the largest amount of cDNA was obviously present in fractions 8 to 11, corroborating the RNA distribution determined by means of RiboGreen (Fig. 1).

Our failure to determine any formation of isotopically labelled RNA suggests that α-synuclein had not been incorporated into the RNA of the murine gut bacteria. As to the best of our knowledge, RNA-SIP has never been used to analyse the degradation and assimilation of 13C-labelled proteins before, we can only speculate on potential reasons. The used concentration of α-synuclein might have been too low and/or the incubation time too short to allow for sufficient protein degradation and assimilation into the bacterial RNA. In addition, competition of α-synuclein with residual (unlabelled) substrates stemming from the intestinal tract samples might also have hampered the production of isotopically labelled RNA. Moreover, incorporation just might have been too low to be measurable with the methods applied here. However, in previous RNA-SIP studies with complex carbohydrates (resistant potato starch), isotopically labelled RNA from murine intestinal bacteria was detectable within 2–4 h of incubation, albeit using relatively high substrate concentrations (40 mM glucose equivalents) [25]. Clearly, more basic studies dealing with

![Fig. 2. Banding patterns of 16S rRNA gene amplicons, derived from cDNA of fractions 1–11 collected from the six RNA-SIP gradients (for details see text or legend of Fig. 1). The figure shows a combination of six single agarose gels. All bands are ~500 bp.](image-url)
the degradation and potential assimilation of synuclein into bacterial RNA are needed to prepare follow-up SIP studies, maybe also involving pure cultures instead of complex intestinal communities as well as other labelled proteins as control substrates. Recently, PLFA-(poly unsaturated lipid fatty acid) and AA-(amino acid)SIP were successfully used to identify Gram-positive bacteria as controllers of protein degradation in soils [34], suggesting that other SIP techniques, including protein-SIP [35], may be more suitable to follow protein degradation and assimilation than RNA-SIP.

Finally, it might also be speculated that human faecal bacteria, in particular those from PD patients, might be more adapted to α-synuclein degradation than bacteria from mice, which usually thrive on a carbohydrate-rich diet. Therefore, SIP follow-up experiments using human (faecal) bacteria appear particularly reasonable to elucidate whether α-synuclein is specifically metabolized by human intestinal microorganisms.

CONCLUSION

Using RNA-SIP, no assimilation of α-synuclein (50µM) by murine gut bacteria within 24 h could be shown. We nevertheless believe that the identification of specifically α-synuclein-assimilating intestinal bacteria might help to improve an early diagnosis of PD. Follow-up studies should consider our results regarding substrate concentration, incubation time, microbial inoculum and type of SIP technology.

Funding information

This work was founded by the German Federal Ministry of Education and Research (BMBF) (project immENS, grant number 03FH036PB5). The article processing charge was funded by the Baden-Württemberg Ministry of Science, Research and Culture, and Furtwangen University in the funding programme Open Access Publishing.

Author contributions

S.W. and M.E., conceived the experimental setup. M.W. performed the mouse setup. M.W. and S.W., executed the anaerobic incubations and initial experiment. S.W., performed the RNA extraction. L.B., performed the ultracentrifugation, RNA analytics, data curation and writing of the initial draft. K.H.S., F.K.B., S.S. and M.E., contributed by supervision, funding acquisition and project administration. All authors contributed to the manuscript and approved the final version of this article.

Conflicts of interest

The authors declare that there are no conflicts of interest.

Ethical statement

Animal preparations in this study were carried out in strict accordance with the recommendation in the guide for the care and use of laboratory animals according to animal protection law in Rhineland-Palatinate State, Germany. Since no experiment was performed directly on living animals and only intestinal content was taken from the dead animals, no separate approval was necessary and the animal killing only had to be reported to the local Committee on the Ethics of Animal Experiments, University of Applied Sciences Kaiserslautern. All presented figures and data originated from the authors and no further consent is needed.

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