Isolation and characterisation of carbapenemase-producing and polymyxin B-resistant *Enterobacter bugandensis* from a vegetable

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To the editor,

The acquisition and rapid dissemination of antibiotic resistance in human pathogens has become a global public-health issue. Carbapenems are the most potent and reliable $\beta$-lactam antibiotics for the treatment of infections caused by multidrug-resistant pathogens. Carbapenem resistance is a growing concern and is considered an urgent threat. Food is an important vehicle for transmitting foodborne human pathogens [1]. Vegetables have been involved in numerous foodborne outbreaks [2]. Vegetables can also harbour antibiotic-resistant bacteria. Fresh vegetables that contain carbapenemase-producing microorganisms may serve as a reservoir for the transmission of carbapenem resistance. In this study,
we isolated carbapenem-resistant bacteria in retail vegetables and investigated their antimicrobial resistance genes through genomic analyses.

A total of 88 vegetable samples were purchased from seven grocery stores in a 30-mile radius in central Arkansas (USA) from September to December 2020. Vegetable samples (10 g) were mixed with 90 mL of buffered peptone water (BPW) (BD, Franklin Lakes, NJ, USA) and were processed in a stomacher at 300 rpm for 3 min to release bacterial cells. After pre-enrichment in BPW for 3 h and selective enrichment overnight in Enterobacteriaceae enrichment broth (BD), carbapenem-resistant bacteria were screened on CHROMagar™ nSuperCARBA™ agar (CHROMagar Microbiology, Paris, France). Bacterial isolates from four organic products (5%) were non-susceptible to carbapenem antibiotics. These isolates included Enterobacter bugandensis S68–1, Aeromonas veronii S50–1, Aeromonas hydrophila S73–1 and Stenotrophomonas maltophilia S76–3. Because intrinsic resistance to carbapenem antibiotics often occurs in Aeromonas spp. and Stenotrophomonas spp., this study only focused on characterisation of E. bugandensis S68–1, which was isolated from a vegetable sample containing a mixture of lettuce and other leafy vegetables. Enterobacter is a globally important pathogen in the family of Enterobacteriaceae. Enterobacter bugandensis is a novel species associated with severe clinical infections.

The antimicrobial susceptibility of E. bugandensis S68–1 was determined by the disk diffusion method according to standard Clinical and Laboratory Standards Institute (CLSI) procedures for 11 antibiotics, including ampicillin, amoxicillin/clavulanic acid, cefiderocol, imipenem, meropenem, gentamicin, tetracycline, chloramphenicol, ciprofloxacin, nalidixic acid and trimethoprim/sulfamethoxazole. In addition, susceptibility to polymyxin B was determined by broth microdilution. We found that E. bugandensis S68–1 was resistant to ampicillin, amoxicillin/clavulanic acid and imipenem. Moreover, this isolate showed resistance to polymyxin B with a minimum inhibitory concentration (MIC) of 32 μg/mL. Carbapenemase production was determined by the modified Hodge test (MHT) and was further confirmed by modified carbapenem inactivation method and EDTA-modified carbapenem inactivation method (mCIM/eCIM) assays, which indicated the types of carbapenemase produced by the tested strain. Enterobacter bugandensis S68–1 was positive by the MHT test. Using mCIM/eCIM assays, we found that E. bugandensis S68–1 produced a serine carbapenemase.

To determine the genetic determinants responsible for resistance to imipenem, the genome of E. bugandensis S68–1 was sequenced and analysed. Genomic DNA was extracted using a ZymoBIOMICS™ Kit (Zymo Research, Irvine, CA, USA). A sequencing library was prepared using an NEBNext® Ultra™ II DNA Library Prep Kit (New England Biolabs, Ipswich, MA, USA). DNA sequencing was performed on an Illumina NextSeq 500 System using a mid-output kit (2 × 150 bp) (Illumina Inc., San Diego, CA, USA). The quality of paired-end reads was assessed before and after the trimming step using FastQC v.0.11.9, and adapters were removed using fastp v.0.20.1 with ‘detect_adapter_for_pe’ option. Genome assembly from raw reads was performed using SPAdes v.3.14.1 with ‘error-correction’ and ‘careful’ options. Assembled contigs of <400 bp were removed, obtaining a final number of 32 scaffolds with an N$_{50}$ of 315 733 and >200 × coverage. Final assembly was
submitted to the NCBI Prokaryotic Genome Annotation Pipeline (PGAP) [3] successfully passing contamination screening. Bacterial species identification was determined using a k-mer-based approach with Kraken2 using the standard database. Antimicrobial resistance genes in the assembled genome were identified using Resistance Gene Identifier (RGI) v.5.1.1 against the CARD database v.3.1.1. Multilocus sequence typing (MLST) was carried out using the PubMLST database (https://pubmlst.org/).

Enterobacter bugandensis S68–1 was assigned to sequence type 921 (ST921). Genomic analyses indicated that strain S68–1 possesses a gene encoding an Ambler class A carbapenemase, imipenemase IMI-1 (accession no. MBO0402124.1), in a chromosomally integrated 29-kb putative Xer-dependent integrative mobile element (IMEX) (Fig. 1), which is presumably responsible for the mobility of bla_{IMI-1} in Enterobacter [4]. Enterobacter strains carrying the resistance gene bla_{IMI-1} have been isolated in seafoods imported from Southeast Asia to Europe and North America [5,6]. Most previously described IMI-producing Enterobacter cloacae complex isolates were derived from human clinical samples. IMI-1-producing Enterobacter clinical isolates with concomitant polymyxin E (colistin) resistance were reported previously [7]. In addition, the fosfomycin resistance gene (fopA2) and genes encoding efflux pumps, such as arcA, arcB, tolC, oqxA, oqxB, emrA, emrB, mdtB and mdtC, were found in the genome of E. bugandensis S68–1. No sequences with significant similarity to the mobilised colistin resistance gene mcr were identified in the genome of E. bugandensis S68–1. The underlying mechanisms of polymyxin B resistance in E. bugandensis S68–1 remain unknown. Other research suggested that the two-component system PhoPQ regulates 4-amino-4-deoxy-L-arabinose (L-Ara4N) modification of lipid A, contributing to polymyxin resistance in E. cloacae ATCC 13047 [8].

In summary, carbapenem-resistant E. bugandensis S68–1 was isolated from a retail vegetable and was characterised. Production of IMI-1 serine carbapenemase might be responsible for the resistance to imipenem. To the best of our knowledge, this is the first report describing the isolation and characterisation of a carbapenem- and polymyxin B-resistant bacterium in a vegetable product in the USA. A limitation of the study is the relatively small sampling number. Our findings highlight the need for antimicrobial resistance surveillance in fresh produce products.

GenBank nucleotide sequence

The whole-genome shotgun project has been deposited in GenBank under the accession no. PRJNA705736.

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Fig. 1.
Comparison of the genomic region (GenBank accession no. JAFLWR010000003.1) of *Enterobacter bugandensis* S68–1 carrying the *bla*<sub>MI-1</sub> gene and the corresponding chromosomal region of a clinical isolate, *E. bugandensis* 220, (GenBank accession no. NZ_CP039453.1), revealing the chromosomal insertion of the putative Xer-dependent integrative mobile element (IMEX) in *E. bugandensis* S68–1.