Modified Glassy Carbon Electrode with Polypyrrole Nanocomposite for the Simultaneous Determination of Ascorbic acid, Dopamine, Uric acid, and Folic Acid

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Abstract
A fast and simple method for synthesis of CuO-ZnO/PPy/RGO nanocomposite by electrochemical manner have been reported in this paper. For testing the utility of this nanocomposite we modified a GCE with the nanocomposite to yield a sensor for simultaneous determination of four analytes namely ascorbic acid (AA), dopamine (DA), uric acid (UA), and folic acid (FA). Cyclic voltammetry (CV) and Differential pulse voltammetry (DPV) selected for the study. The modified electrode cause to enhance electron transfer rate so overcome to overlapping their peaks and consequently having the ability to the simultaneous determination of AA, DA, UA, and FA. To synthesis confirmation of the nanocomposite, Field emission scanning electron microscopy (FE-SEM), Raman spectroscopy, and electrochemical impedance spectroscopy (EIS) were applied. The linearity ranges were 0.07-485 µM, 0.05-430 µM, 0.02-250 µM and 0.022-180 µM for AA, DA, UA, and FA respectively and the detection limits were 22 nM, 10 nM, 5 nM and 6 nM for AA, DA, UA, and FA respectively. Also, the obtained electrode can be used for the determination of the AA, DA, UA, and FA in human blood, and human urine real samples.

Keywords: Electrochemical Sensor, Reduced Graphene Oxide, Ascorbic Acid, Dopamine, Uric Acid, Folic Acid

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1. Introduction
One of the essential vitamins in the human diet is ascorbic acid (AA) and that is present in the mammalian brain along with various neurotransmitter amines [1]. Its utilization is in drinks and foods as an antioxidant to prevent and treatment of mental illness, common cold, infertility, cancer, and AIDS [2]. Dopamine (DA) is a prominent neurotransmitter, which its responsibility is in the function of the central nervous, renal, hormonal and cardiovascular system [3-5]. Several serious neurological diseases such as Parkinson’s and schizophrenia are due to DA deficiency in the human body [6]. Another analyte that is the primary final purine metabolism product in the human body is Uric acid (UA). The abnormal amount of UA causes some of the diseases, such as Lesch-Nyhan syndrome and hyperuricemia, and gout [7]. A water-soluble vitamin folic acid (FA, N-[p-{[(2-amino-4-hydroxy-6-pteridinyl) methyl] amino} benzoyl]-l-glutamic acid, Vitamin M) is synthesized in nature by plants (green leaves, algae) and microorganisms (yeast, bacteria). FA determination in the food, pharmaceutical, and clinical samples has received much attention because newborns neural tube defects and diseases like megaloblastic anemia, cancer, Alzheimer’s are due to fail of that. FA participates in the synthesis of nucleotide, cell division, gene expression, and gene expression with vitamin B12 [8,9]. The AA, DA, UA, and FA levels have intercommunication with the human physiological function. Deficiency or maladjustment in their levels may lead to many diseases. Therefore, simultaneous determination of AA, DA, UA, and FA has great importance in diagnoses, and controlling mentioned diseases.
A range of analytical techniques such as chromatography [10], spectrophotometry [11], chemiluminescence [12], capillary electrophoresis [13], FTIR and Raman spectrometry [14] and flow injection analysis using various methods of detection [15,16] are reported in the literature for detection of these biological molecules. All these methods have disadvantages, for example long analysis times, high costs, the requirement for sample pretreatment and compression system, temperature control systems, separation systems and other spectrophotometric or electric detection systems and in some cases low sensitivity and selectivity [17,18]. In comparison, the advantages of electrochemical methods are low cost, high sensitivity and short measurement time. However, one major problem is that the oxidation peaks of these electro active species are too close at an unmodified electrode, which results in overlapping voltammetric response and making their simultaneous detection highly difficult [19]. To overcome this problem, it is necessary to modifying the electrode. In most cases, this modification increases the sensitivity, selectivity and reproducibility compared to conventional electrodes. A number of modified electrodes have been utilized for the simultaneous detection of these molecules such as Ni NPs@Poly1,5-DAN/GCE [20], Ag-PPy/GCE [21], and AuNCs/AGR/MWCNT/GCE [22].

Numerous of this nanomaterials modified electrodes are ideal candidates to tackle the challenge of bioanalytical problems owing to their unique mechanical, physical and chemical properties.

A kind of crucial carbon material, namely graphene with a flat monolayer of carbon atoms in a hexagonal lattice had attracted innumerable attention since it was first reported in 2004 [23]. One of the graphene usages is the sensitive determination of various drugs molecules, due to their excellent conductivity because of π-π stacking and synergetic effects with other materials [24,25].

Polypyrrole (PPy) is one of the most important conducting polymers and can be considered as a promising material with several characteristics, such as relative good conductivity, easy synthesis, large surface area, and low cost. Studies have also been conducted on the biosensor applications of PPy [26].

It should mention that, for nanofilling of polymer matrices, graphene sheets can be used and so high electrical conductivity, excellent mechanical strength, high chemical stability, and high surface area achieved [27].

Transition metals like copper, zinc, nickel, silver and cobalt and their oxides have been used in the sensors, solar cells, catalysis, and the photocatalyst. Two of them are Zinc oxide (ZnO), (an n-type metal oxide semiconductor, 3.37 eV band gap), and Copper oxide (CuO) (a p-type semiconductor, 1.2 eV band gap) [28,29].

Actually, the concept of using p- and n-type semiconductors as well as their mixtures to improve sensor performance has been reported [30-32]. It has been suggested that alloying CuO into ZnO can help form the p-n junction that leads to electron transfer became easier [33]. Metal nanoparticles (MNPs) can be incorporated into conductive polymers that cause to improve electrocatalytic properties and system conductivities [34,35].

In this article, fast and simple preparation of a glassy carbon electrode modified with CuO-ZnO/PPy/RGO nanocomposites was reported and the electrocatalytic oxidations of AA, DA, UA, and FA were studied. Amazing results were achieved for simultaneous electrocatalytic detection of AA, DA, UA, and FA within a long linear range and low detection limit.

2. Experimental

2.1 Chemicals and instrumentation

AA, DA, UA, and FA were purchased from Sigma-Aldrich. Pyrrole, acetic acid, zinc nitrate, copper nitrate, and sodium hydroxide were obtained from Merck. All other chemicals were of analytical grade and used as received. Pyrrole was distilled under vacuum and stored froze. Phosphate buffer solution (PBS, 0.1 M, pH 7.0) was employed as a supporting electrolyte. All the solution prepared by double distilled water.

The surface morphological characterization of CuO-ZnO/PPy/RGO/GCE was examined by means of field emission scanning electron microscopy (FE-SEM) (MIRA3, TESCANZ, Czech Republic) at an accelerating voltage of 20 kV; Raman spectra were recorded on a Thermo Nicolet Dispersive Raman Spectrometer, with a 532 nm Laser beam at 30 mW and a charged coupled device detector with a 4 cm⁻¹ resolution. The spectra were accumulated three times for 30 s each. Electrochemical impedance spectroscopy (EIS) was performed by Zahnner PP201, Ger-
many that was a 4-quadrant power potentiostat designed to apply and sink high currents up to ±20 A at a voltage range of ±10V. The total power dissipation of the PP201 was 200W. An electrochemical system analyzer (Sama Instruments, Iran) performed electrochemical measurements. A conventional three-electrode system was used, containing an Ag/AgCl/saturated KCl as a reference electrode, a Pt wire as a counter electrode, and a bare or modified glassy carbon electrode (GCE) as working electrode.

2.2 Preparation of the modified electrodes

The preconditioning of a bare GCE was done in this way, polishing successively with 0.05 μm alumina slurry on a synthetic cloth, rinsed with pure water, and sonicated subsequently in a 1:1 double distilled water and ethanol for 5 min. Graphene oxide (GO) was synthesized directly from graphite by Hummers method [36,37]. In this paper, Cu₉O-ZnO/PPy/RGO nanocomposites were synthesized according to our previous works [26]. The procedure was briefly described as follows: The GO was deposited and reduced simultaneously on the GCE by applying a constant potential of -2.0 V vs. Ag/AgCl for 100 s. After that, PPy nanofibers were electrosynthesized on RGO/GCE potentiostatically by applying a constant potential 0.8 V vs. Ag/AgCl for 150 s. Then, electrodeposition of ZnO nanosheets was carried out potentiostatically = (-0.7 V for 20 min). Finally, the Cu₉O nanoparticles were electrochemically deposited on the ZnO/PPy/RGO/GCE surface by applying a constant potential of -0.6 V for 420 s. All of these procedures are depicted pictorially in scheme 1.

2.3 Method validation and optimization

All experimental parameters that may affect determination process including buffer pH, scan rate, electrodeposition time of RGO, ZnO, CuO, and electrosynthesis time of PPy were optimized for sensor preparation to obtain the best potential peaks separation and highest currents of all four species. The results are shown in the supplementary information (Figures S1-S4). The method was validated according to ICH guidelines [38] including linearity, specificity, accuracy and precision.

3. Results and Discussion

3.1 Characterization of the Cu₉O-ZnO/PPy/RGO/GCE

Fig. 1 shows a comparison of the morphology of RGO/GCE, PPy/GCE, ZnO/RGO/GCE, Cu₉O/RGO/GCE, Cu₉O/PPy/RGO/GCE, and Cu₉O-ZnO/PPy/RGO/GCE by FE-SEM. As you see in Fig. 1a RGO sheets possess many wrinkles on their surfaces and edges, which provide them with large specific surface area. In Fig. 1b PPy nanofibers film have a very large surface to volume ratio due to a well-ordered polymer chain structure, which is use-
ful for the incorporation of nanoparticles and transport of electrical carriers along one controllable direction. Fig. 1c and d show ZnO/RGO/GCE and ZnO/PPy/RGO/GCE, respectively. As you see, the ZnO have nanosheets shape with a very low thickness of a few nanometers. Fig. 1e and f show Cu$_x$O/RGO/GCE and Cu$_x$O/PPy/RGO/GCE, respectively. In these pictures, you see Cu$_x$O nanoparticles with globular shapes and small sizes. Finally, in Fig. 1g, showed spherical flower-like microsphere morphology, with the globular 3D structure of the Cu$_x$O and nanostructures of ZnO. As you see, the ZnO nanosheets and Cu$_x$O nanoparticles evenly distributed on the polypyrrole nanofibers and graphene sheets.

One of the most widely used techniques to characterize the structural and electronic properties of carbon materials is Raman spectroscopy. As shown in Fig. 2a, it is clear that GO exhibits two main intrinsic peaks: the D band (at ~1350 cm$^{-1}$), arising from a breathing mode of k-point photons of A$_{1g}$ symmetry; and the G band (at ~1600 cm$^{-1}$) originating from the first-order scattering of E$_{2g}$ phonon of sp$^2$ carbon atoms. Raman spectrum of RGO also shows two other bands, a 2D band at ~2700 cm$^{-1}$ and the S$_3$ band at ~2900 cm$^{-1}$, showing the graphitization of sp$^2$ carbon atoms. As shown in Fig. 2a, it is clear that GO exhibits two main intrinsic peaks: the D band (at ~1350 cm$^{-1}$), arising from a breathing mode of k-point photons of A$_{1g}$ symmetry; and the G band (at ~1600 cm$^{-1}$) originating from the first-order scattering of E$_{2g}$ phonon of sp$^2$ carbon atoms. Raman spectrum of RGO also shows two other bands, a 2D band at ~2700 cm$^{-1}$ and the S$_3$ band at ~2900 cm$^{-1}$, showing the graphitization of sp$^2$ carbon atoms. As shown in Fig. 2a, it is clear that GO exhibits two main intrinsic peaks: the D band (at ~1350 cm$^{-1}$), arising from a breathing mode of k-point photons of A$_{1g}$ symmetry; and the G band (at ~1600 cm$^{-1}$) originating from the first-order scattering of E$_{2g}$ phonon of sp$^2$ carbon atoms. Raman spectrum of RGO also shows two other bands, a 2D band at ~2700 cm$^{-1}$ and the S$_3$ band at ~2900 cm$^{-1}$, showing the graphitization of sp$^2$ carbon atoms.
the size of the in-plane $sp^2$ domains and a partially ordered crystal structure of the graphene. The calculated $I_D/I_G$ was 0.92 and 1.13 in Fig. 2a and b, respectively for GO and RGO. So because of increase in the ratio, it was proved that GO was successfully reduced to RGO. In the case of PPy/RGO (Fig. 2c), the characteristic Raman bands with a maximum at ~1000 cm$^{-1}$ are assigned to the C-H in-plane deformation vibrations. The band at ~900 cm$^{-1}$ belongs to in-plane deformations of the pyrrole ring in a dictation-bearing unit. As shown in Fig. 2d stretching modes of C=C are shifted to lower wavenumbers because of the incorporation of ZnO. Fig. 2e indicates the Raman spectra of the stretching modes of C=C that are shifted to lower wavenumbers. These red shifts may be due to the incorporation of CuO and Cu$_2$O into PPy nanofibers. Fig. 2f indicates that the main characteristic bands of RGO, PPy, ZnO, and Cu$_2$O all appear in raman spectra of Cu$_2$O-ZnO/PPy/RGO nanocomposite. In the case of Cu$_2$O/PPy/RGO, ZnO/PPy/RGO, and Cu$_2$O-ZnO/PPy/RGO, the bands are observed at the frequency lower than 600 cm$^{-1}$ attributed to metal oxide vibration modes. Also compared to RGO, Cu$_2$O-ZnO/PPy/RGO nanocomposites show two differences in the Raman spectra. First, the calculated $I_D/I_G$ of the samples Cu$_2$O-ZnO/PPy/RGO (0.94) was lower than that of RGO (1.13), indicating a lower density of defects present in Cu$_2$O-ZnO/PPy/RGO. Second, the shift toward lower frequencies from RGO to Cu$_2$O-ZnO/PPy/RGO nanocomposite in Raman bands shows the interfacial strapping amalgamation of Cu$_2$O-ZnO nanoparticles with the PPy film and clearly credited to the deposition of Cu$_2$O-ZnO nanoparticles on the surface of PPy films and the π-π interactions between PPy and Cu$_2$O-ZnO nanoparticles [39-41]. Raman results indicate that exfoliated RGO sheets, PPy nanofibers, and Cu$_2$O-ZnO nanocrystals coexist in the prepared nanocomposite.

The technique of EIS is effective to monitor the surface features, which could be used as a parameter to understand the chemical transformations and processes associated with the conductive surface [42]. A typical impedance spectrum includes a semicircle portion at higher frequencies corresponding to the electron transfer-limited process and a linear part at lower frequency range representing the diffusion-limited process. The semicircle diameter corresponds to the electron-transfer resistance (Rct), which can be used to describing the interface properties of the electrode. The experiment was carried out in 1:1 mixture of 0.1 M KCl and 5 mM K$_3$Fe(CN)$_6$ solution over the frequency range 100 kHz to 10 mHz. The resulting Nyquist plots observed for the unmodified GCE, RGO/GCE, PPy/RGO/ GCE, ZnO/PPy/RGO/GCE, and Cu$_x$O-ZnO/PPy/RGO/GCE are shown in Fig. 3. The Rct values are found to be about 8800, 7200, 5900, 4200 and 1900 Ω for unmodified GCE, RGO/GCE, PPy/RGO/GCE, ZnO/ PPy/RGO/GCE, and Cu$_x$O-ZnO/PPy/RGO/GCE, respectively. Lower Rct value of Cu$_x$O-ZnO/PPy/RGO/GCE suggested Cu$_x$O-ZnO/PPy/RGO nanocomposite might form a smooth electron conduction pathway on the electrode that facilitates smooth electron transfer. This may be ascribed to the high surface area and bet-
ter conductivity of Cu$_x$O-ZnO/PPy/RGO. This is supported by the morphological observation which suggested that in PPy/RGO/GCE is having highly ordered PPy nanofibers on the surface of RGO/GCE whereas Cu$_x$O-ZnO/PPy/RGO/GCE, the surface of GCE is covered with Cu$_x$O-ZnO nanoparticles patterned PPy nanofibers.

3.2 Electrochemical behaviors of AA, DA, UA, and FA at different electrodes

In Fig. 4, the cyclic voltammograms of the 500 µM AA, 500 µM DA, 200 µM UA, and 200 µM FA at GCE, RGO/GCE, PPy/RGO/GCE, ZnO/PPy/RGO/GCE, Cu$_x$O/PPy/RGO/GCE, and Cu$_x$O-ZnO/PPy/RGO/GCE were recorded in 0.1 M Phosphate buffer (PBS) solution. At bare GCE (Fig. 4a), AA and FA had no clear peak, and the anodic peaks of DA and UA appeared at 0.35 and 0.61 V, respectively. The distinction of oxidation potential among them was not clear. Therefore, it is very important to measure simultaneously these species without interferences. Fig. 4b, at the surface of RGO/GCE the shapes of peaks is better. This is due to the unique electronic structure of RGO that accelerate the electron transfer. AA, UA, and FA had an irreversible peak at 0.45, 0.56, and 0.84 V, respectively. DA had a couple of redox peaks with the anodic and cathodic peak potential at 0.30 V and 0.16 V, respectively. In this case, the oxidation peak potentials of four species are very close to each other yet. Therefore, we decided to modify this electrode by PPy nanofibers. In Fig. 4c you see the peaks of four species at the surface of PPy/RGO/GCE. AA, UA, and FA had an irreversible peak at 0.30, 0.51, and 0.80 V, respectively. DA had a couple of redox peaks with the anodic and cathodic peak potential at 0.22 V and 0.10 V, respectively. It is clear that the peaks potentials shifted toward minus value and the currents have increased, this notably enhanced electrochemical activity of RGO/GCE was related to the unique electronic properties of PPy/RGO. As shown in Fig. 4d, AA, DA, UA and FA exhibited more negative oxidation potential on Cu$_x$O/PPy/RGO/GCE (0.18, 0.18, 0.47 and 0.76 V), respectively and on ZnO/PPy/RGO/GCE (0.03, 0.09, 0.39 and 0.61 V), respectively (Fig. 4e). The peak potential separation of DA on Cu$_x$O/PPy/RGO/GCE, and ZnO/PPy/RGO/GCE was 150 mV and 10 mV, respectively. Finally, at the surface of Cu$_x$O-ZnO/PPy/RGO/GCE (Fig. 4f), the anodic peaks for oxidation of AA, UA, and FA appeared at -0.03, 0.45, and 0.7 V respectively. DA showed a couple of well-shaped redox peaks with the anodic and cathodic peak potential at 0.14 V and 0.06 V, respectively. Improved kinetics for the oxidation of the four biomolecules at Cu$_x$O-ZnO/PPy/RGO/GCE surface is attributed to the Zinc oxide-copper oxide p-n junc-

Fig. 4. Cyclic voltammograms of the 500 µM AA, 500 µM DA, 200 µM UA and 200 µM FA at the bare GCE (a), RGO/GCE (b), PPy/RGO/GCE (c), Cu$_x$O/PPy/RGO/GCE (d), ZnO/PPy/RGO/GCE (e), and Cu$_x$O-ZnO/PPy/RGO/GCE (f) in 0.1 M PBS (pH 7.0) at a scan rate of 100 mV s$^{-1}$.
tion heterostructures. Separation values of the oxidation peak potentials for AA-DA, DA-UA, and UA-FA were approximately 170 mV, 310 mV, and 250 mV, respectively.

3.3 The influence of scan rates

The relation between scan rate and the electrochemical behaviors of 500 μM AA, 500 μM DA, 200 μM UA, and 200 μM FA in 0.1 M PBS (pH = 7.0) was investigated. The cyclic voltammograms with different scan rates in the range of 10 to 100 mV s⁻¹ at the CuO-ZnO/PPy/RGO/GCE are shown in Fig. 5(A-D) for AA, DA, UA, and FA, respectively. In the case of AA, DA, UA, and FA, the peak currents showed a linear relationship with the square root of the scan rate (Insets (a) in Fig. 5), indicating the diffusion controlled process dominated for AA, DA, UA, and FA, because of the fast electron transfer reaction on nanocomposite. As shown in Fig. 5, the following linear relationships were observed: \( i_p (μA)=1.944(±0.052) \sqrt{v} \), \( i_p (μA)=1.008(±0.032) \sqrt{v} \), \( i_p (μA)=2.189(±0.061) \sqrt{v} \), \( i_p (μA)=1.453(±0.042) \sqrt{v} \), \( i_p (μA)=2.189(±0.061) \sqrt{v} \), and \( i_p (μA)=1.453(±0.042) \sqrt{v} \), respectively. In the cyclic voltammograms, the oxidation potentials for AA, DA, UA, and FA were approximately 170 mV, 310 mV, and 250 mV, respectively.

The relation between scan rate and the electrochemical behaviors of 500 µM AA, 500 µM DA, 250 mV, respectively.

Letters and symbols: \( α \) is the transfer coefficient, \( K_s \) is a constant (Ks), and \( T = 298 K, R = 8.314 \text{ J mol}^{-1} \text{ K}^{-1} \) and \( F = 96485 \text{ C mol}^{-1} \). \( E^{\alpha} \) is the formal potential. The slopes of the linear regression equations are in accordance with RT/(1 - α)nF and RT/αnF, for anodic and cathodic reactions, respectively. The linear regression equations calculated were \( E_{pa} = 0.014(±0.004) + 0.033(±0.001) lnv, R^2 = 0.9954 \), \( E_{pc} = 0.092(±0.005) - 0.028(±0.001) lnv, R^2 = 0.9908 \). The charge transfers coefficient (α) and the number of electrons (n) were calculated according to Eqs (1) and (2) to be 0.53 and 1.68, respectively. Under these conditions, the \( K_s \) of DA can also be calculated using Eq (3) to be \( K_s = 0.162 \text{ cm} \text{s}^{-1} \). According to the kinetics of the electrode process, when the rate constant is larger than 10⁻² cm s⁻¹, the electron-transfer process is quite fast, and the electrode reaction is reversible. Thus, the above result reveals that the redox reaction process of DA is reversible.

According to the Laviron theory for an irreversible electrode process, \( E_p \) is calculated by the following equation [44]:

\[
E_p = E^{\alpha} - \frac{(RT_{anF})}{αnF} ln\left(\frac{RTK}{anF}\right) + \frac{(RT_{anF})}{12} lnv
\]  (4)

The equations of the plots are \( E_{pa} = 0.025(±0.002) lnv - 0.138(±0.006) (R^2 = 0.9859) \), \( E_{pc} = 0.026(±0.001) lnv + 0.353(±0.003) (R^2 = 0.9962) \) and \( E_{pa} = 0.035(±0.001) lnv + 0.537(±0.005) (R^2 = 0.9928) \) for AA, DA, UA, and FA, respectively. From the slope of the \( E_p \) versus lnv plot (inset b of Figures A, C and D), \( α \) and \( n \) were calculated. The \( αn \) value of these molecules was calculated as 1.02, 0.99 and 0.85. If we assume \( α = 0.5 \), which is used for irreversible redox reactions, the number of electrons transferred in oxidation processes of AA, UA and FA were found to be 2.05, 1.97 and 1.71, respectively, that assuming \( n = 2 \).

In order to understand the oxidation mechanism of AA, DA, UA, and FA on the CuO-ZnO/PPy/RGO/GCE, current function analysis (1) along with the dependence on the scan rate was carried out [45].

\[
\psi = \frac{i_p}{nFAD^{1/2}C_a(nFv)^{1/2}}
\]  (5)

As \( i_p v^{-1/2} \) is proportional to \( ψ \) the first relationship can be studied as if it were \( ψ \) vs. \( v \) [46,47]. From inset c of Fig. 5B, it can be observed that the curve for DA shows a slightly negative slope that could be interpreted as a reversible charge transfer along with irreversible chemical reaction [48,49]. Fig. 5B (inset
Fig. 5. Cyclic voltammograms of the 500 µM AA (A), 500 µM DA (B), 200 µM UA (C), and 200 µM FA (D) at the CuO-ZnO/PPy/RGO/GCE at different scan rates a to j (10 to 100 mV s$^{-1}$) respectively in 0.1 M PBS (pH 7.0). Inset (a): a plot of $I_p$ vs. $\nu^{1/2}$, inset (b): dependence of peak potential, $E_p$, vs. ln $\nu$, inset (c): a plot of $I_p \nu^{-1/2}$ vs. $\nu$, and inset (d): dependence of $I_{pa}/I_{pc}$ vs. $\nu$ (in (B) obtained from cyclic voltammograms.
d) shows the $I_{Pa}/I_{Pc}$ vs. $v$ plot. From the analysis of the ratio $I_{Pa}/I_{Pc}$ for modified electrode it can be observed that the $I_{Pa}/I_{Pc}$ ratio is about 2.4, and the cathodic wave is smaller than the anodic process indicating that the oxidized product is not stable and probably decomposes or undergoes a subsequent chemical reaction that prevents to be reduced to the original reagent. This result complements the analysis from $I_{pa} v^{-1/2}$ vs. $v$.

On the other hand, AA, UA, and FA (inset c of Fig. 5(A,C and D)) shows a slightly positive slope according to an irreversible charge transfer and exhibits a characteristic shape typical of an EC (The symbols (E) and (C) represent the electrochemical and chemical reactions) process [50]. These results signify that the overall electrochemical oxidation of AA, UA, and FA at a modified electrode might be controlled by a cross-exchange process operating between the redox site of the Cu$_{x}$O-ZnO/PPy/RGO/GCE and these compounds and the diffusion of them.

3.4 Optimization of pH for AA, DA, UA, and FA detection at Cu$_{x}$O-ZnO/PPy/RGO/GCE

The pH of supporting electrolyte had a significant influence on the AA, DA, UA, and FA electro-oxidation at the Cu$_{x}$O-ZnO/PPy/RGO/GCE because it affects both peak potential and current. The Fig. 6 shows over the pH range 4-9 in phosphate buffer. The effect of solution pH on the electrochemical behavior in the simultaneous determination of these species was studied using CV method for each species separately (Fig. S5) and DPV method in the mixture (Fig. 6). The oxidation peak currents for all four compounds increased gradually as raising pH, and peaked at pH 7.0 and then reduced significantly with the increase of pH. With due attention to the obtained results, pH 7.0 was chosen as an optimum solution pH for further experiments. As shown in Fig. S5 (a-d), the peak potential of four biologic molecules shifted toward less positive value as pH of the medium was increased. Since pH 7.0 is the physiological pH and four molecules had maximum current.

![Fig. 6. (a) DPVs of a mixture of 500 µM AA, 500 µM DA, 200 µM UA and 200 µM FA at the Cu$_{x}$O-ZnO/PPy/RGO/GCE with different pH values of 4.0-9.0; plots of the peak currents (b) and peak potentials (c) for AA, DA, UA and FA as function of solution pH, (d) Effects of pH on peak separation potential ($\Delta E_{pa}$) for the electro oxidation of DA and UA, UA and FA, or AA and DA.](image)
in pH 7.0 we choose this pH for electrochemical detection. The oxidation peak potentials of AA, DA, UA and FA obey the following equations: $E_{pa} = -0.052(\pm 0.003)pH + 0.363 (\pm 0.020)$ ($R^2 = 0.9901$), $E_{pa} = -0.058(\pm 0.003)pH + 0.531(\pm 0.018)$ ($R^2 = 0.9902$), $E_{pa} = -0.058(\pm 0.002)pH + 1.012(\pm 0.016)$ ($R^2 = 0.9942$), respectively. For these species, the slope is near to Nernstian slope that indicates in four reactions the number of transferred protons and electrons are equal.

The effect of solution pH was examined by DPV method in a mixture of four compounds that are shown in Fig. 6a. As shown, in this case, the oxidation peak currents for four analytes increased from pH 4.0 to 7.0 and then decreased with pH changes from 7.0 to 10.0 (Fig. 6b). Therefore, the PBS with a pH of 7.0 was selected as an optimal supporting electrolyte for the simultaneous electrochemical determination of AA, DA, UA, and FA in the mixture. Also, the results showed that the corresponding anodic peak potentials ($E_{pa}$) of AA, DA, UA, and FA were changed linearly with variation in pH solution (Fig. 6c). In the pH 7.0 separation values of the oxidation peak potentials for AA-DA, DA-UA, and UA-FA were approximately 240 mV, 310 mV, and 260 mV, respectively (Fig. 6d).

3.5 Simultaneous determination of AA, DA, UA and FA

Sensitivity and selectivity of an electrode (III) for the simultaneous determination of AA, DA, UA, and FA were evaluated for a mixture of these species at Cu$_x$O-ZnO/PPy/RGO/GCE. Fig. 7 shows the Differential pulse voltammograms, DPVs, recorded for a mixture of AA (500 μM), DA (500 μM), UA (200 μM), and FA (200 μM) in 0.1 M PBS (pH 7.0) at GCE, RGO/GCE, PPy/RGO/GCE, ZnO/PPy/RGO/GCE, Cu$_x$O/PPy/RGO/GCE and Cu$_x$O/ZnO/PPy/RGO/GCE. The results showed that the oxidation peaks of AA, DA, UA, and FA are indistinguishable and broad at the bare GCE, RGO/GCE and PPy/RGO/GCE. On the other hand, the oxidation peak potentials of DA, UA, and FA separate into three well-defined peaks using ZnO/PPy/RGO/GCE, and Cu$_x$O/PPy/RGO/GCE but the oxidation peak of ascorbic acid cannot be seen. At the Cu$_x$O/ZnO/PPy/RGO/GCE, four oxidation peaks corresponding AA, DA, UA, and FA were observed, indicating that their oxidation takes place independently at the modified electrode. In addition, the separations of the DPV peak potentials and calculated to be 230 mV, 270 mV, and 260 mV between AA-DA, DA-UA, and UA-FA, respectively. The separations were large enough to allow selectively determining AA, DA, UA, and FA simultaneously in their mixture solution. The $I_{pa}$ of AA, DA, UA, and FA were 9.5 μA, 13.9 μA, 19.7 μA, and 11.1 μA, which were all much larger than other electrodes, respectively. The obtained results also indicate that simultaneous determination of AA, DA, UA, and FA could be achieved with sensitivity and selectivity.

The DPV method was used for the deep study of the simultaneous determination of AA, DA, UA, and FA because it has much higher sensitivity and a better resolution compared to CV method for quantitative analysis. The results are shown in Fig. 8. In a quadruple mixture, the concentration of one compound changed, and those of other three compounds remained constant.

The peak current of AA in 0.1 M PBS (pH 7.0) containing 500 μM DA, 200 μM UA, and 200 μM FA increased linearly with the concentration increase of the AA from 0.07 to 485 μM (Fig. 8A). The following linear equations is $I_{pa,AA} (\mu A) = 0.600 (\pm 0.091) + 0.019 (\pm 0.001) C_{AA} (\mu M)$ ($R^2 = 0.9944$). Similarly, as shown in Fig. 8B, the oxidation peak current of DA in 0.1 M PBS containing 500 μM AA,
200 µM UA, and 200 µM FA increased with the concentration increase of the DA from 0.05 to 430 μM (Fig. 8B). The following linear equations is $I_{p,DA}(\mu A) = -0.815 (\pm 0.281) + 0.041 (\pm 0.001) C_{DA} (\mu M)$ ($R^2=0.9907$). In the case of UA (Fig. 8C), the oxidation peaks in 0.1 M PBS containing 500 µM AA, 500 µM DA, and 200 µM FA increased gradually from 0.02 to 250 μM with an increase in the UA concentration, and $I_{pa}$ showed a good linear relationship according to following linear equations: $I_{p,UA}(\mu A) = 1.419 (\pm 0.195) + 0.083 (\pm 0.002) C_{UA} (\mu M)$ ($R^2=0.9965$). Similarly, Fig. 8D shows the DPV curves of FA in 0.1 M PBS (pH 7.0) containing 500 µM AA, 500 µM DA, and 200 µM UA with increasing concentration of FA from 0.022 to 180 μM. The peak currents of FA increased linearly with an increase in its concentration, according to the linear function: $I_{p,FA}(\mu A) = -0.088 (\pm 0.228) + 0.080 (\pm 0.003) C_{FA} (\mu M)$ ($R^2=0.9907$). Based on the signal-to-noise (S/N = 3) characteristic, the limit of detection (LOD) was estimated to be 22 nM, 10 nM, 5 nM, and 6 nM for AA, DA, UA, and FA, respectively.

3.6 Method validation

3.6.1 Linearity and LOD

The electrochemical responses of the simultaneous detection of AA, DA, UA, and FA in PBS at the Cu$_2$O-ZnO/PPy/RGO/GCE using DPV were depicted in Fig. 9. The linear ranges and detection limits (S/N = 3) for AA, DA, UA, and FA were presented in Table 1. The results suggest that the simultaneous detection of AA, DA, UA, and FA is feasible at Cu$_2$O-ZnO/PPy/RGO modified GCE.

In Table 2 the comparison with previously developed modified electrodes had reported and it is clear that the proposed electrode exhibits better analytical performance.
Fig. 9. (A) DPVs for different concentrations of AA, DA, UA, and FA mixtures. As (a) 70+50+5+10, (b) 110+90+30+20, (c) 140+110+40+30, (d) 160+140+55+45, (e) 190+170+65+55, (f) 220+200+100+65, (g) 250+230+110+75, (h) 290+250+120+85, (i) 300+280+140+100, (j) 320+310+170+110, (k) 360+320+185+125, (l) 400+370+200+135, and (m) 475+420+250+180, respectively, in which the first value is the concentration of AA in μM, the second value is the concentration of DA in μM, the third value is concentration of UA in μM and the fourth value is the concentration of FA in μM. (B) Calibration plots of oxidation peak current versus concentration of each species. DPV experimental conditions: pulse amplitude of 50 mV, pulse time of 100 ms, sweep rate of 50 mV s\(^{-1}\); in 0.1 M PBS solution (pH 7.0). Error bars indicate the standard deviations of three repeated measurements.

Table 1. The regression and quantitation data for simultaneous determination of AA, DA, UA, and FA in PBS at the Cu\(_x\)O-ZnO/PPy/RGO/GCE using DPV.

| Sample | Linearity range (μM) | Slope ± SD | Intercept ± SD | LOD (μM) |
|--------|----------------------|------------|----------------|-----------|
| AA     | 1.5-475              | 0.021±0.001| -0.850±0.131   | 90        |
| DA     | 0.1-420              | 0.032±0.001| -0.706±0.286   | 48        |
| UA     | 0.1-250              | 0.083±0.002| 0.987±0.271    | 28        |
| FA     | 1-180                | 0.071±0.002| 0.611±0.162    | 30        |

Table 2. Comparison for the simultaneous determinations of AA, DA, UA, and FA at different modified electrodes

| Electrode                  | Technique | Species | Linear range (μM) | Detection limit (μM) | Ref.   |
|---------------------------|-----------|---------|-------------------|----------------------|--------|
| Ni NPs@Poly1,5-DAN/GCE    | SWV       | AA      | 100-500           | 0.01                 | [20]   |
|                           |           | DA      | 100-500           | 0.011                |        |
| AuNCs/AGR/MWCNT/GCE      | DPV       | AA      | 10-150            | 0.27                 | [22]   |
|                           |           | DA      | 1-210             | 0.08                 |        |
|                           |           | UA      | 5-100             | 0.1                  |        |
|                           |           | FA      | 10-170            | 0.09                 |        |
| Mn-SnO\(_2\)/GCE         | DPV       | AA      | 1-900             | 0.056                | [51]   |
|                           |           | UA      | 1-860             | 0.036                |        |
|                           |           | FA      | 0.5-900           | 0.079                |        |
| 3DGH-Fe/GCE              | DPV       | AA      | 20-450            | 0.183                | [52]   |
|                           |           | DA      | 10-180            | 0.042                |        |
|                           |           | UA      | 8-400             | 0.067                |        |
| Cu\(_x\)O-ZnO/PPy/RGO/GCE| DPV       | AA      | 0.07-485          | 0.022                | This work |
|                           |           | DA      | 0.05-430          | 0.010                |        |
|                           |           | UA      | 0.02-250          | 0.005                |        |
|                           |           | FA      | 0.022-180         | 0.006                |        |

*Nickel nanoparticles/poly 1,5-diaminonaphthalene/Glassy carbon electrode

*Gold nanoclusters/activated graphene/Multiwall carbon nanotube/Glassy carbon electrode

*Three dimensional graphene hydrogel-ferrocene hybrid/ Glassy carbon electrode
3.6.2 Accuracy and precision

The accuracy was determined using the regression equation that was obtained from the constructed calibration curves at three concentration levels covering low, medium and high range. Good recoveries were achieved and presented in Table 3. For study Intra-day precision at three different concentration levels in the same day experiments were done, while for study inter-day precision at different three consecutive days experiments were done. Clearly, the values of RSD in

Table 3. The accuracy, intra-day and inter-day precision for simultaneous determination of AA, DA, UA, and FA in PBS at the Cu,O-ZnO/PPy/RGO/GCE using DPV.

| Sample | Conc. (μM) | Accuracy (n=5) | Intra-day precision (n=5) | Inter-day precision (n=10) |
|--------|-----------|----------------|--------------------------|---------------------------|
|        |           | Percent Recovery ± SD | Percent Recovery ± SD | Percent Recovery ± SD |
| AA     | 10        | 99.85 ± 1.25 | 100.35 ± 1.65 | 101.28 ± 1.75 |
|        | 200       | 100.52 ± 1.53 | 101.32 ± 1.83 | 101.47 ± 2.09 |
|        | 400       | 101.04 ± 2.03 | 101.02 ± 2.16 | 100.74 ± 1.79 |
|        | 10        | 100.16 ± 1.48 | 101.46 ± 1.27 | 101.27 ± 1.34 |
| DA     | 200       | 101.28 ± 2.12 | 100.16 ± 1.52 | 100.47 ± 2.08 |
|        | 400       | 100.29 ± 1.78 | 99.85 ± 2.07 | 99.67 ± 1.42 |
|        | 10        | 99.79 ± 2.08 | 100.79 ± 1.71 | 101.51 ± 1.47 |
| UA     | 100       | 100.09 ± 1.17 | 99.59 ± 1.19 | 99.76 ± 1.58 |
|        | 200       | 100.87 ± 1.96 | 101.73 ± 2.04 | 100.37 ± 1.36 |
|        | 10        | 99.86 ± 1.72 | 100.49 ± 1.06 | 100.43 ± 1.32 |
| FA     | 100       | 100.59 ± 2.09 | 101.19 ± 1.75 | 99.29 ± 1.49 |
|        | 180       | 99.68 ± 1.95 | 99.47 ± 1.81 | 99.85 ± 1.75 |

Table 4. Interferences of some foreign substances for AA (500 μM), DA (500 μM), UA (200 μM), and FA (200 μM).

| Coexisting species | Tolerance limit (W_{ion}/W_{AA, DA, UA or FA}) | Relative error (%) | AA | DA | UA | FA |
|--------------------|-----------------------------------------------|-------------------|----|----|----|----|
| Cysteine           | 300                                           | 2.73              | 1.14 | 0.45 | 1.39 |
| Glucose            | 400                                           | 0.45              | 0.79 | 1.34 | 2.79 |
| CO_{3}^2^-         | 300                                           | 1.75              | 0.59 | 1.63 | 2.18 |
| NO_{3}^-           | 300                                           | 1.08              | 1.19 | 1.58 | 1.89 |
| SCN^-              | 300                                           | 1.25              | 1.72 | 0.97 | 1.74 |
| Cl^-               | 300                                           | 0.91              | 2.56 | 1.78 | 2.45 |
| SO_{4}^{2-}        | 300                                           | 2.37              | 1.59 | 0.67 | 1.09 |
| Ca^{2+}            | 200                                           | 1.82              | 1.36 | 1.25 | 2.09 |
| Zn^{2+}            | 180                                           | 1.82              | 2.84 | 0.36 | 1.05 |
| Cu^{2+}            | 100                                           | 1.36              | 2.10 | 0.40 | 2.94 |
| Fe^{3+}            | 120                                           | 0.82              | 1.99 | 0.58 | 1.39 |
| Mg^{2+}            | 180                                           | 2.73              | 2.73 | 1.07 | 3.49 |
| Na^+               | 100                                           | 1.20              | 2.01 | 0.52 | 1.35 |
| K^+                | 120                                           | 1.03              | 1.05 | 0.53 | 0.85 |
Table 3 could indicate that the proposed method was highly precise.

3.7 Effect of interferences on the behaviors of AA, DA, UA, and FA

Under optimal experimental conditions, the potential influence of some interference was also investigated to evaluate the anti-interferential ability of the modified electrode for the determination of AA, DA, UA, and FA. The results are shown in Table 4. Most common usual interference being derived from any of the cysteine (Cys), glucose (Glu), Na⁺, K⁺, Mg²⁺, Fe³⁺, Cu²⁺, Zn²⁺, Ca²⁺, SO₄²⁻, Cl⁻, SCN⁻, NO₃⁻, and CO₃²⁻. Among these compounds, the interference from any of AA, DA, UA, and FA are very important because their oxidation peak potential are close to

Table 5. Determination of AA, DA, UA, and FA in human serum with CuₓO-ZnO/PPy/RGO/GCE

| Sample | Analyte | Added (μM) | Found (μM) | R.S.D. (%) | Recovery (%) |
|--------|---------|------------|------------|------------|--------------|
| Serumᵃ  | AA      | 0          | 20         | 1.09       | -            |
|        |         | 15         | 35.24      | 2.15       | 100.69       |
|        |         | 30         | 50.85      | 1.29       | 101.70       |
|        |         | 45         | 64.89      | 2.36       | 99.83        |
|        |         | 60         | 81.06      | 1.09       | 101.32       |
| Serumᵇ  | DA      | 0          | 5          | 1.23       | -            |
|        |         | 20         | 25.02      | 2.91       | 100.08       |
|        |         | 40         | 45.12      | 0.68       | 100.26       |
|        |         | 60         | 64.39      | 1.38       | 99.06        |
|        |         | 80         | 84.76      | 1.94       | 99.72        |
|        |         | 100        | 104.31     | 1.36       | 99.33        |
| Serumᶜ  | UA      | 0          | 100        | 1.20       | -            |
|        |         | 20         | 120.25     | 3.25       | 100.20       |
|        |         | 40         | 139.85     | 1.39       | 99.89        |
|        |         | 60         | 161.56     | 0.76       | 100.97       |
|        |         | 80         | 179.21     | 2.53       | 99.56        |
|        |         | 100        | 198.95     | 1.78       | 99.47        |
| Serumᵈ  | FA      | 0          | 5          | 1.21       | -            |
|        |         | 10         | 14.86      | 2.88       | 99.07        |
|        |         | 20         | 25.29      | 1.97       | 101.16       |
|        |         | 30         | 35.28      | 1.29       | 100.80       |
|        |         | 40         | 45.56      | 2.32       | 101.24       |
|        |         | 50         | 55.07      | 0.98       | 100.13       |
| Serumᵉ  | AA      | 20         | 20.15      | 0.92       | 100.75       |
|        | DA      | 20         | 20.26      | 1.52       | 101.3        |
|        | UA      | 20         | 19.89      | 1.36       | 99.45        |
|        | FA      | 20         | 20.19      | 1.20       | 100.95       |

ᵃHealthy plasma sample (male, 30 years old).
ᵇHealthy plasma sample (male, 12 years old).
ᶜHealthy plasma sample (female, 60 years old).
ᵈHealthy plasma sample (male, 20 years old).
ᵉHealthy plasma sample (female, 35 years old).
each other and they usually are present in real biological samples simultaneously. The data show that interferences are only significant at relatively high concentrations and we can say that this biosensor is free from common interfering species.

3.8 Real Sample Analysis, Reproducibility, and Stability

In order to evaluate the applicability of the proposed method, it was used for the determination of AA, DA, UA, and FA in the human plasmatic serum sample. The human plasmatic serum sample was diluted 100 times using 0.1 M PBS (pH 7.0). Differential pulse voltammograms were used for the tests. Concentrations were measured by applying the calibration plot using the standard addition method. The results are shown in Table 5. Recovery studies were also conducted using blood serum and recoveries between 99.83% to 101.70% for AA, 99.06% to 100.26% for DA, 99.47% to 100.97% for UA, and 99.07% to 101.24% for FA were obtained.

By using the standard addition method, determinations of AA, DA, UA, and FA in two human urine real samples were performed. To determine the accuracy of the results, the urine samples were diluted 50 times with 0.1 M PBS (pH 7.0) before the measurement to reduce the matrix effect. Then a certain amount of AA, DA, UA, and FA was added to the sample (three times) to evaluate the recoveries. The results are shown in Table 6. The recovery of the spiked samples ranged between 99.50% and 101.93%, relative standard deviation (RSD, n=3) ranged within 0.86-1.17% (Table 6). The results indicating the successful application of the Cu$_x$O-ZnO/PPy/RGO nanocomposite for the determination of AA, DA, UA and FA in real samples.

The reproducibility of Cu$_x$O-ZnO/PPy/RGO/GCE was evaluated by preparing five parallel electrodes for the determination of 500 µM AA, 500 µM DA, 200 µM UA and 200 µM FA. The relative standard deviations of the five electrodes were 3.5%, 1.75%, 2.5%, and 3.1% for AA, DA, UA, and FA, respectively.

The stability of the modified electrode was also investigated. After kiping the modified electrode at ambient temperature for 21 days, repeatable sensing performance was achieved for the detection of AA, DA, UA, and FA, suggesting that the sensor has good stability.

4. Conclusions

Cu$_x$O-ZnO/PPy/RGO/GCE was synthesized by electrochemical methods. The Cu$_x$O-ZnO/PPy/RGO/GCE modified electrode is able to simultaneously detect AA, DA, UA, and FA. The method exhibits a wide linear range, high sensitivity, good reproducibility and stability. The human blood serum samples analysis results showed good recoveries. It shows that Cu$_x$O-ZnO/PPy/RGO is a promising electrocatalyst for the detection of AA, DA, UA, and FA.

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Supporting Information

Supporting Information is available at https://doi.org/10.33961/jecst.2019.00472

| Sample | Analyte | Determined | Added (µM) | Found (µM) | R.S.D. (%) | Recovery (%) |
|--------|---------|------------|------------|------------|------------|--------------|
| Urine 1 | AA      | -          | 50         | 49.88      | 1.12       | 99.76        |
|        | DA      | -          | 50         | 50.25      | 0.86       | 100.50       |
|        | UA      | 100        | 50         | 151.45     | 1.06       | 100.97       |
|        | FA      | -          | 50         | 49.78      | 1.17       | 99.56        |
| Urine 2 | AA      | -          | 30         | 30.06      | 1.10       | 100.20       |
|        | DA      | -          | 30         | 30.58      | 0.96       | 101.93       |
|        | UA      | 50         | 30         | 80.69      | 0.89       | 100.86       |
|        | FA      | -          | 30         | 29.85      | 1.15       | 99.50        |
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