Multimedia Appendix 2 – Main goal of the study and described methods and products per included record

| Authors           | Year | Reference | Goal of the study                                                                                                                                                                                                                                                                                                                                 | Included methods and products                                                                 |
|-------------------|------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Al-Itejawi et al. | 2016 | [1]       | To develop a patient decision aid and to prepare an overview of requirements for implementation.                                                                                                                                                                                                                                               | Focus groups, interviews, usability tests                                                                                                      |
| Amann et al.      | 2020 | [2]       | Taking spinal cord injury as a case in point, the overall objectives of this study were to identify the perceived benefits of a co-designed self-management app that could promote its uptake and to explore the factors that may impede adoption.                                                                 | Interviews, focus group                                                                                                                        |
| Ammerlaan et al.  | 2016 | [3]       | To provide a systematic and comprehensive description of the theoretical considerations for building a Web-based, expert, patient-guided, and tailored intervention for adult patients with a rheumatic disease. Also, to present the results of a usability study on the feasibility of this intervention, and its study design in order to measure the effectiveness. | Questionnaire, focus groups                                                                                                                     |
| Asbjørnsen et al. | 2019 | [4]       | This review aimed to identify BCTs and PSD principles applied in eHealth interventions to support weight loss and weight loss maintenance, as well as techniques and principles applied to stimulate motivation and adherence for long-term weight loss maintenance.                                           | Literature study                                                                                                                             |
| Asbjørnsen et al. | 2020 | [5]       | The study sought to identify the values and needs of people with obesity aiming to maintain weight after weight loss, and to identify PSD principles, BCTs, and design requirements that potentially enable an eHealth intervention to meet end user values and needs.   | Interviews, focus groups, behavior change strategies, values                                                                                  |
| Asbjørnsen et al. | 2017 | [6]       | This study used a qualitative approach to identify and investigate contradictory stakeholder interests in the early phase of a municipal eHealth project.                                                                                                                                             | Desk research, stakeholder map, focus groups                                                                                               |
| Backere, de et al.| 2014 | [7]       | To present the methodologies to develop a cloud-based semantic system, offering valuable information and knowledge-based services.                                                                                                                                                                                                              | Desk research, interviews, personas, focus groups, prototype                                                                                  |
| Beerlage-de Jong et al. | 2013 | [8]       | We aimed to identify the group of individuals within the general Dutch population that are at high risk of being bitten by a tick or developing LD and to describe their characteristics, knowledge, and perceptions.                                                                                     | Interviews                                                                                                                                      |
| Beerlage-de Jong et al. | 2014 | [9]       | Offering a (practical) method for the integration of two eHealth development frameworks (User-Centered Design and Persuasive System Design model)                                                                                                                                                               | Focus group, questionnaire, interviews, usability tests                                                                                     |
| Beerlage-de Jong et al. | 2017 | [10]      | Our aim was to demonstrate why and how participatory development (involving end-users and other stakeholders) can contribute to the success of clinical decision support systems (CDSS) in antimicrobial stewardship                                                                                                       | Usability tests, prototype, questionnaire                                                                                                      |
| Beerlage-de Jong et al. | 2017 | [11]      | To describe the Roadmap activities that we executed in the eZoon-project in the different phases of the project, and which knowledge they yielded.                                                                                                                                                                                                 | Stakeholder map, interviews, questionnaire, card sorting,                                                                                      |
| Beerlage-de Jong, et al. | 2017 | [12]      | In this position paper we describe i) how a socio-technical multidisciplinary approach (based on the CeHRes Roadmap) can be applied in the development and implementation of Antimicrobial Stewardship technologies and ii) how this approach can be of value to support Antimicrobial Stewardship in practice. AND In this position paper | Literature study, prototype, usability tests, focus                                                                                           |
| Authors                  | Year | Study Aim                                                                 | Methods/Approaches                                                                 |
|-------------------------|------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| Belt, van de et al.     | 2013 | To determine the preferences of the general population in the Netherlands regarding the use of the Internet and social media in health care. | Questionnaire                                                                     |
| Bernecker et al.        | 2017 | The aim of our study was to determine the level of public interest in a new mental health intervention that incorporates elements of self-help and peer counseling and that is disseminated via a Web-based training course; to identify predictors of interest in the program; and to identify consumer preferences for features of Web-based courses and peer support programs. | Questionnaire                                                                     |
| Boele et al.            | 2017 | We aimed to explore PBT caregivers’ satisfaction with the current supportive care provision, as well as their thoughts on monitoring their care issues with both paper-based and digital instruments. | Interviews                                                                        |
| Bogza et al.            | 2020 | This study aimed to incorporate features that best support values clarification and adjust the level of detail of a web-based decision aid for individuals with mild cognitive impairment. | Literature study, prototype, usability tests, questionnaire, focus group           |
| Borosund et al.         | 2018 | To develop an evidence-based stress management intervention for patients living with cancer that can be delivered electronically with wide reach and dissemination. | Interviews, focus groups, usability tests, prototypes                             |
| Bossen et al.           | 2016 | The first aim was to develop a blended exercise therapy intervention for patients with knee and hip osteoarthritis that matches the values of the users and that can be implemented in the daily routine of physical therapists. The second aim was to investigate the feasibility through interviews and a pilot study. | Focus groups, interviews                                                          |
| Breeman et al.          | 2021 | The goals of this study were threefold: to uncover stakeholders’ needs and preferences, to translate these to core values, and develop eHealth technology based on these core values. Our primary research question is: What type of eHealth application to support healthy living among people with (a high risk of) CVD would provide the greatest benefit for all stakeholders? | Literature study, interviews, usability tests, focus groups, desk research, values, personas, prototypes |
| Bruinessen, van et al.  | 2014 | The objective of this project was to apply a bottom-up inspired procedure to develop a patient-centered intervention with corresponding evaluation and implementation plan. | Questionnaires, interviews, behavior change strategies, usability tests             |
| Carr et al.             | 2017 | To identify the needs and requirements of the end users, to inform the development of a user-interface to translate an existing evidence-based decision support tool into a practical and usable interface for health service planning for osteoarthritis (OA) care. | Focus groups                                                                      |
| Cheung et al.           | 2018 | To illustrate a mixed-method usability evaluation of an economic decision-support tool for tobacco control, using the EQUIPT ROI tool prototype as a case study. | Usability tests, questionnaire                                                     |
| Cnossen et al.          | 2015 | To develop a Web-based self-care program for patients after total laryngectomy according to a participatory design approach. | Focus group, prototype, usability test                                             |
| Corbett et al.          | 2017 | What characteristics of business model design in precare contribute to the convenience and quality of eHealth services provided by a health professional to a client? | Literature study, desk research, focus groups, usability tests                    |
| Authors               | Year | Paper ID | Summary                                                                 | Methods                                      |
|----------------------|------|----------|-------------------------------------------------------------------------|----------------------------------------------|
| Crane et al.         | 2017 | [25]     | The aim of this study is to explore user views toward an app to help people reduce their consumption of alcohol and determine whether the BCTs are acceptable and feasible to users and how they might be improved | Usability tests, interviews                  |
| Cruz-Martinez et al. | 2018 | [26]     | To deliver recommendations to further improve the system in preparation for a large scale implementation. | Questionnaire, interviews, usability tests, log data analysis, literature study |
| Da Costa et al.      | 2017 | [27]     | To guide the development of Healthydad.ca, a website designed to enhance mental health and healthy behaviors in expectant fathers, a needs assessment was conducted to identify fathers’ perspectives of barriers to seeking help for emotional wellness, informational needs, and factors affecting the decision to visit such a website. | Questionnaire                               |
| D'adderoi et al.     | 2020 | [28]     | The aim of this study was to investigate the features that are judged to be important for engagement with a physical activity mobile app and the reasons for their importance. | Focus groups                                 |
| Derks et al.         | 2017 | [29]     | Using a modified UXD-framework, we investigated the need amongst BPD-patients and therapists for an ambulatory biofeedback e-coaching app that supports patients in learning to better recognise changes in their arousal level. | Interviews, card sorting, persona            |
| Derks et al.         | 2019 | [30]     | The aim of the study was to develop an ambulatory biofeedback app for mental health care that helps with learning to better recognize changes in personal emotional arousal and increases emotional awareness. | Usability tests, questionnaire, interviews, prototypes |
| Dick et al.          | 2020 | [31]     | This paper describes the process and contributions of a persona-building approach in the development of a digital behaviour change intervention tailored to the needs of third-level students. | Focus groups, personas                       |
| Dijk, van de et al.  | 2013 | [32]     | To explore the requirements of older people for eHealth support, and through this to promote self-management and enhance quality of life. | Focus groups, questionnaires                 |
| Doty et al.          | 2020 | [33]     | Guided by the CeHRes Roadmap, our objective was to apply a community-based participatory research (CBPR) approach to mobile app development. We present a formative evaluation to inform the design of an eHealth mobile app for Latinx parents of adolescents based on a face-to-face parenting program, Padres Informados/Jovenes Preparados (PJP). | Questionnaire, interviews, requirements, prototype |
| Downing et al.       | 2016 | [34]     | This study investigated views of mothers from disadvantaged urban and regional areas (i.e., beyond major capital cities) as potential end users of child active play and screen time behaviour change interventions, with a focus on text messaging and web-based delivery platforms. | Interviews                                   |
| Duman-Lubberding et al. | 2015 | [35]   | To investigate health care professionals’ perspectives toward follow-up care and an eHealth application, Oncokompas, in follow-up cancer care that monitors quality of life via PROs, followed by automatically generated tailored feedback and personalized advice on supportive care. | Interviews, prototypes, usability tests      |
| Duplaga              | 2016 | [36]     | To assess nurses’ opinions and to analyze the predictors of their acceptance of ehealth features relevant to patient empowerment with a strong focus on chronic care. | Questionnaire                               |
| Dyk, van et al.      | 2012 | [37]     | The purpose of this paper is to analyse the commonalities and differences of two models (CeHRes Roadmap and Telemedicine Maturity Model), and to explore how they can be used to complement each other. | Literature study, focus groups, requirements, prototypes |
| Authors                  | Year | Reference | Objective                                                                                                                                                                                                 | Methods                                                                                   |
|--------------------------|------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| Ehrler et al.            | 2019 | [38]      | To present the design, development, and testing of a smartphone app for nurses guided by an adapted software development life cycle model that takes into consideration the complexity and constraints of a health care setting. | Focus group, card sorting, prototypes, usability tests                                      |
| Fico et al.              | 2015 | [39]      | The work presented in this paper describe the methodologies used in the context of two multidisciplinary research projects, METABO and MOSAIC.                                                                 | Focus groups, business model                                                               |
| Fico et al.              | 2015 | [40]      | The work presented in this paper describe the methodologies used in the context of a multidisciplinary research project and provides an overview of the preliminary results. | Focus groups, usability tests, prototype                                                   |
| Fico et al.              | 2019 | [41]      | To develop new computer models, and implement them in tools to support the detection and prediction of T2D onset and related complications, in different healthcare settings (e.g. hospitals, clinical centres and health agencies). | Focus groups, prototypes, questionnaire                                                   |
| Fledderus et al.         | 2015 | [42]      | In this study an online, automated relapse-prevention program based on acceptance and commitment therapy (ACT)—both as a website and as a mobile app—was developed and evaluated. At each step of the development, end users (ie, chronic pain patients) were consulted in order to fully address their needs. | Focus groups, interviews, usability tests, prototype                                      |
| Floch et al.             | 2018 | [43]      | To develop and evaluate an app ecosystem for self-management in cystic fibrosis.                                                                                                                        | Interviews, prototypes                                                                  |
| Galpin et al.            | 2017 | [44]      | The first objective was to examine the utility of an online user design group for generating insight for the creation of Web-based health resources. We sought to explore the advantages and limitations of this approach. The second objective was to analyze what women want from a Web-based resource for breast cancer screening. | Focus groups, questionnaires                                                              |
| Gemert-Pijnen, van et al.| 2016 | [45]      | In this chapter we elaborate on the use of the CeHRes roadmap for dementia care. First, we will describe the CeHRes roadmap and its principles for development, then we present a case study to demonstrate how the roadmap was used in practice, and finally we will reflect upon the case study by means of lessons learned. | Focus groups, literature study, interviews, usability tests                               |
| Gemert-Pijnen, van et al.| 2011 | [46]      | To investigate the use of a web-based triage system in primary care, and compliance with the medical advice delivered by it.                                                                               | Interviews, card sorting, prototypes, usability tests                                      |
| Gemert-Pijnen, van et al.| 2014 | [47]      | The aims of this study were (1) to illustrate how log data can be used to understand the uptake of the content of a Web-based intervention that is based on the acceptance and commitment therapy (ACT) and (2) to discover how log data can be of value for improving the incorporation of content in Web-based interventions | Log data analysis                                                                         |
| Geraghty et al.          | 2016 | [48]      | To develop an unguided e-mental health intervention for distress in primary care patients, drawing on meta-theory of psychotherapeutic change and utilizing the person-based approach (PBA) to guide iterative qualitative piloting with patients. | Interviews, prototypes, usability tests                                                   |
| Gilbert et al.           | 2016 | [49]      | This paper describes the planning, development, and usability testing of a novel Web-based testing service, GetCheckedOnline (GCO), as a complementary testing option integrated within existing sexual health services within British Columbia (BC). | Stakeholder map, desk research, interviews, focus groups, prototypes                      |
| Grunberg et al.          | 2018 | [50]      | To determine the level of interest in online peer support among infertility patients, factors associated with such interest, and preferences for features of an online peer support network. | Questionnaire                                                                             |
| Gude et al.              | 2012 | [51]      | Since usability is an important determinant of technology acceptance, we decided to evaluate the usability of PANDIT for both patient and caregiver.                                                       | Usability tests                                                                           |
| Gulmans et al.           | 2009 | [52]      | To evaluate patient care communication in the integrated care setting of children with cerebral palsy in three Dutch regions in order to identify relevant communication gaps experienced by both parents and involved professionals | Desk research, questionnaire, interviews focus group                                       |
| Authors            | Year | Reference | Study Aim                                                                 | Methods                                                                 |
|--------------------|------|-----------|---------------------------------------------------------------------------|-------------------------------------------------------------------------|
| Harder et al.      | 2017 | [53]      | The study aim was to develop a mobile application (app) supported by user preferences to optimise self-management of arm and shoulder exercises for upper-limb dysfunction (ULD) after breast cancer treatment. | Focus groups, literature study, usability tests, requirements,           |
| Hochstenbach et al.| 2017 | [54]      | To describe a co-creative method directed towards the development of a eHealth intervention delivered by registered nurses to support self-management in outpatients with cancer pain. | Literature study, desk research, interviews, focus groups, prototypes, usability tests |
| Honary et al.      | 2018 | [55]      | The aim of this study was to use a user-centered design approach to develop an accessible Web-based intervention, based on the Relatives Education And Coping Toolkit (REACT) booklet, to support the informational and emotional needs of relatives of people experiencing psychosis or bipolar disorder. | Focus groups, requirements, usability tests                            |
| Hughes et al.      | 2020 | [56]      | This study explored rehabilitation clinician’s preferences for design features to be included in an mHealth-enabled app for post-stroke upper limb rehabilitation. | Questionnaire                                                           |
| Imhemed et al.     | 2017 | [57]      | To establish the requirements for type-2 diabetes in Malaysia using the user-centered approach. | Questionnaire, focus groups, interviews, prototypes, usability tests    |
| Imhemed et al.     | 2017 | [58]      | To leverage user-centered design (UCD), particularly empathy approach to drive the creation of user-personas for type-2 diabetes. | Questionnaire, personas                                                 |
| Jansen et al.      | 2015 | [59]      | To explore the perceived need for supportive care including healthy lifestyle programs among cancer survivors, their attitude towards self-management and eHealth, and its association with several sociodemographic and clinical variables and quality of life. | Questionnaire                                                            |
| Jonathan et al.    | 2021 | [60]      | This paper describes the user-centered development of LiveWell, a smartphone-based self-management intervention for bipolar disorder, to contribute to and support the ongoing improvement and dissemination of technology-based mental health interventions. | Interviews, focus groups, prototype, usability tests,                  |
| Keizer et al.      | 2020 | [61]      | This study’s aim was to counterbalance the current predominantly top-down, expert-driven audit and feedback approach for antimicrobial resistance prevention measures, with needs and expectations of health care workers. | Interviews                                                              |
| Kelders et al.     | 2013 | [62]      | The current study describes the development of a web-based intervention for the indicated prevention of depression, employing the CeHReS roadmap. The goals are to create a user-friendly application which fits the values of the stakeholders and to evaluate the process of development. | Literature study, focus groups, interviews, prototypes, requirements, usability tests |
| Kelders et al.     | 2012 | [63]      | To review the literature on web-based health interventions to investigate whether intervention characteristics and persuasive design affect adherence to a web-based intervention. | Literature study                                                         |
| King et al.        | 2018 | [64]      | The purpose of this article is to describe the development and initial usability testing of an eHealth intervention, the Teaching Educators About Chronic Pain Project (TEACH-Pain), designed to increase educator understanding of pediatric chronic pain in the school setting. | Usability tests                                                         |
| Authors          | Year | Reference | Study Overview                                                                                                                                                                                                 | Methodologies                                      |
|------------------|------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|
| Kip et al.       | 2018 | [65]      | To examine its potential, this systematic review studies the way that eHealth has been used and studied in forensic mental health and identifies accompanying advantages and disadvantages for both patients and treatment, including effectiveness. | Literature study                                   |
| Kip et al.       | 2019 | [66]      | This study aimed to identify (1) points of improvements in existing forensic mental health treatment of in- and outpatients, (2) possible ways of using VR that can improve current treatment, and (3) positive and negative aspects of the use of VR for the current treatment according to patients and therapists. | Interviews, prototypes, questionnaire              |
| Kip et al.       | 2019 | [67]      | In this paper we show how we formulated values during the multi-method, interdisciplinary and iterative development process of a VR application for a complex setting: forensic mental healthcare. | Questionnaire, values, interviews                 |
| Kip et al.       | 2019 | [68]      | The two main objectives of this case study were to present and reflect on the (1) methods used in the development process of a virtual reality application for forensic mental health care and (2) development model that was used: the CeHRes Roadmap (the Centre for eHealth Research Roadmap). | Stakeholder map, focus groups, literature study, desk research, interviews, prototypes, questionnaire, values |
| Kloek et al.     | 2019 | [69]      | To develop a blended physiotherapeutic intervention for patients with non-specific low back pain (e-Exercise LBP) and evaluate its proof of concept.                                                              | Focus groups, desk research                        |
| Kooistra et al.  | 2016 | [70]      | To develop a blended cognitive behavioural treatment (bCBT) for depressed patients in an outpatient specialized mental health care centre and to conduct a preliminary evaluation of this bCBT protocol. | Focus groups                                       |
| Korpershoek et al. | 2020 | [71]     | This study aimed to describe in detail the full user-centred design and development process of an evidence-driven and usable mHealth intervention to enhance exacerbation-related self-management in patients with COPD. | Literature study, Delphi study, interviews, focus groups, behavior change strategies, usability tests, prototype, questionnaire, business model |
| Kramer et al.    | 2020 | [72]      | This review aimed to identify the current practices in designing and evaluating ECAs for coaching people in a healthy lifestyle and provide an overview of their efficacy (on behavioral, knowledge, and motivational parameters) and use (on usability, usage, and user satisfaction parameters). | Literature study                                   |
| Kristan et al.   | 2014 | [73]      | To use online crowdsourcing to evaluate young adult attitudes toward expert-authored messages and to collect peer-authored messages.                                                                           | Questionnaire                                      |
| Kulyk et al.     | 2015 | [74]      | The ultimate goal of this study is to gain insights into the special needs of this user group, persuasive features and design factors influencing the use and uptake of applications for sexuality, wellbeing and health behavior support of young adults. | Focus groups                                       |
| Kulyk et al.     | 2014 | [75]      | Based on two user studies, we present general guidelines for design and evaluation of lifestyle support systems with personalized virtual coaching. The first field study focuses on design and evaluation of a mobile physical activity coaching system. The second user study focuses on design factors that influence the attitudes of high-risk adolescents towards virtual coaching in mobile eHealth applications and social media. | Questionnaire, interviews, focus group             |
| Author(s) and Year | Methodology | Study Description                                                                 |
|--------------------|-------------|-----------------------------------------------------------------------------------|
| Kuosmanen et al. 2017 | Questionnaire, focus groups | This study explored student and staff attitudes toward the use of computerized Cognitive Behavioral Therapy in an alternative education setting. |
| Lambert et al. 2017 | Literature study, focus groups, values, usability tests | This paper describes the development and theoretical framework for a web-based behavioural activation (BA) intervention, which specifically promotes physical activity (eMotion). |
| Leafman et al. 2018 | Questionnaire | To explore potential benefits of TPE and to apply the Community of Inquiry (CoI) framework to examine perceptions of TPE among patients with rare or chronic conditions. |
| Lentferink et al. 2017 | Literature study | To identify key components of self-tracking and persuasive eCoaching in automated healthy lifestyle interventions that contribute to their effectiveness on health outcomes, usability, and adherence. A secondary aim was to identify the way in which these key components should be designed to contribute to improved health outcomes, usability, and adherence. |
| Lentferink et al. 2018 | Interviews | What are the values according to DSE employees and human resource advisors (HR advisors) for self-tracking, persuasive eCoaching, and preconditions of a workplace stress management application? |
| Lentferink et al. 2020 | Literature study, questionnaire, interviews, values, stakeholder map, prototype, focus group, requirements | This study aims to identify key stakeholders and work with them to gain an in-depth understanding of the value proposition of this stress-management app. |
| Liao et al. 2017 | Questionnaire, interviews | The aims of this study were to understand (1) which design features of exercise-promotion apps can enhance quality perception of middle-agers, (2) whether their needs are matched by current functions offered in app stores, and (3) whether physical activity (PA) and mobile phone self-efficacy (MPSE) influence quality perception. |
| Limburg, van et al. 2015 | Literature study, stakeholder map, business model, focus group, interviews | To demonstrate how business modeling, with the focus on stakeholder involvement, is used to co-create an eHealth implementation. |
| Limburg, van et al. 2015 | Focus group, interviews | This paper focuses on the process of stakeholder involvement to design an implementation strategy for our infectionmanager.com. |
| Limburg, van et al. 2010 | Literature study, interviews, business model, focus group | The following paragraphs describe three recent and different cases of business modeling methods done with the involvement of the authors. These three cases show how the required CDIs were synthesized from different sources in different ways, all using the same business model framework (the business model introduced by Osterwalder) as starting point. |
| Liu et al. 2020 | Focus groups, prototypes | We aimed to develop an RA ‘dashboard’ that could facilitate conversations about PROs and that would be acceptable to a wide range of patients, including English and Spanish speakers and patients with adequate or limited health literacy. |
| Lubberding et al. 2015 | Interviews | To gain insight into cancer survivors’ needs towards an eHealth application monitoring quality of life and targeting personalised access to supportive care. |
| Authors                | Year | Study Details                                                                                                                                                                                                 | Methodologies                        |
|-----------------------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| Maguire et al.        | 2015 | This study aimed to (a) explore the feasibility and acceptability of the Advanced Symptom Management System with patients with lung cancer receiving radiotherapy and clinicians involved in their care and (b) assess changes in patient outcomes during implementation of the Advanced Symptom Management System with patients with lung cancer receiving radiotherapy in clinical practice. | Literature study, focus groups       |
| Marshall et al.       | 2019 | The present study forms part of a larger project, whose ultimate aim is to develop digital technology to support outcomes for LBP.                                                                                                                                  | Interviews                           |
| McGrath et al.        | 2017 | In order to help extend coverage to more rural student athletes, we propose designing a telemedicine app following the mHealth development roadmap from the Center for eHealth Research (CeHRes). In this paper we will document contextual inquiry, user requirements capture, design phases, and app evaluation from the targeted user base. | Stakeholder map, literature study, focus groups, prototype, questionnaire |
| Meiland et al.        | 2017 | The aim of our study was to review the state of the art of technologies for persons with dementia regarding issues on development, usability, effectiveness and cost-effectiveness, deployment, and ethics in 3 fields of application of technologies: (1) support with managing everyday life, (2) support with participating in pleasurable and meaningful activities, and (3) support with dementia health and social care provision. | Literature study                      |
| Mirk et al.           | 2017 | Regarding a mobile app for patient education, the objectives of the study were to (1) quantify patient interest, (2) determine desirable features, and (3) determine if a relationship exists between patient variables and interest in an iPad app for patient education. | Questionnaire                        |
| Mummah et al.         | 2016 | This research sought to iteratively develop a theory-driven mobile app, Vegovon, to increase vegetable consumption.                                                                                                                                                    | Interviews, literature study, behavior change strategies, focus group, prototypes, questionnaires |
| Nicklas et al.        | 2020 | We sought to employ an interactive, user-centered, and participatory method of development, evaluation, and iteration to design and optimize the mobile health (mHealth) Fit After Baby program.                                                                                                        | Questionnaire, log data analysis, interviews |
| Nijland et al.        | 2010 | We studied a web-based triage system which was accessible to the general public in the Netherlands. In a retrospective analysis we investigated the type of complaints that were submitted and the kind of advice provided.                                                                                 | Log data analysis, questionnaire     |
| Nobakht et al.        | 2018 | To develop a user-friendly web based intervention for training parents of children with CP and evaluate the process of development using modified CeHRes roadmap.                                                                                                             | Interviews, questionnaire, prototype, focus group |
| Noordman et al.       | 2019 | This study aims to evaluate the usability, perceived usefulness, and actual use of ListeningTime, through the eyes of elderly patients with cancer and their oncolgical HCPs.                                                                                                        | Questionnaires, log data analysis     |
| Noordman et al.       | 2017 | To develop ListeningTime in a participatory way to increase uptake and use.                                                                                                                                                                                               | Intervies, focus groups, prototype, usability tests |
| Norris et al.         | 2015 | This paper describes the initial stages of a project to develop such a paradigm by scoping and developing the area of disaster e-health.                                                                                                                                   | Literature study                      |
| Oberschmidt et al.    | 2020 | In this article, we report on a co-design process with different stakeholders and the negotiation that ensued after the elicitation of their wishes.                                                                                                                      | Focus groups, prototypes              |
| Authors          | Year | Study Details                                                                                                                                                                                                 | Methodology                           |
|-----------------|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| Organ et al.    | 2018 | With concern growing about the capacity of mHealth interventions to engage users in real world settings, we undertook a systematic review of the implementation and reporting of user-centred design (UCD) practices in the development of illicit substance use behavioural interventions in the higher education context (n=7). | Literature study                       |
| Ossebaard et al.| 2012 | First objective is to examine what usability aspects of the portal kiesBeter.nl matter for chronic patients and their informal carers with regard to information seeking, self-management, decision making, on line health information and other variables. Second objective is to make evidence-based practical recommendations for usability improvement. | Questionnaire, interviews, usability tests, focus group, literature study |
| Pang et al.     | 2016 | The aim of this research was to create a design for consumer health websites by supporting different health information–seeking behaviors. We created a website called Better Health Explorer with the new design. Through the evaluation of this new design, we derive design implications for future implementations. | Log data analysis, interviews          |
| Pearson et al.  | 2016 | The objective of this study was to codesign a Web-based version of ESCAPE-pain that people with chronic joint pain find engaging, informative, and useful.                                                                 | Questionnaire, focus groups, interviews, usability tests, prototype, usability test |
| Radomski et al. | 2019 | The objectives of this study were to use a realist synthesis approach to explore the design and delivery features of iCBT for children and adolescents with anxiety as described in the literature and to examine their relationship to program use outcomes. | Literature study                       |
| Ragouzeos et al.| 2019 | We aimed to develop a “dashboard” for RA patients to display relevant PRO measures for discussion during a routine RA clinical visit.                                                                                                                                   | Interviews, focus groups, usability tests |
| Rai et al.      | 2020 | This study aims to develop and investigate the usability of Thinkability, an Individual Cognitive Stimulation Therapy (iCST) app that can be used by people with dementia and carers on touchscreen tablets.                                                                 | Focus groups, desk research, prototypes, interviews |
| Rai et al.      | 2020 | To test the individual Cognitive Stimulation Therapy (iCST) application with people with dementia and carers in order to modify and refine the application, and improve its usability.                                                                 | Focus groups, interviews              |
| Reblin et al.   | 2017 | The aim of our study was to provide an example of the application of the Web-based intervention development process using the CeHRes Roadmap for other research teams to follow. In doing so, we are also sharing our pilot work to enhance eSNAP’s acceptance and usability for users and the feasibility of its implementation. | Literature study, interviews, focus groups, prototypes |
| Rosen, von et al.| 2017 | To assess students’ preferences when looking for sexual health information online.                                                                                                                                  | Questionnaire                          |
| Rothgangel et al.| 2017 | To describe the user-centered approach that guided the design and development of a telerehabilitation platform for patients with phantom limb pain.                                                                                                                  | Questionnaire, interviews, literature study, prototypes |
| Schmidt et al.  | 2021 | To design and evaluate a mental health treatment program and internet-based delivery platform for patients with ischemic heart disease (IHD) attending cardiac rehabilitation with the aim of reducing the risks associated with anxiety and/or depression. | Focus groups                          |
| Scholten et al. | 2019 | Can we realize user experience improvements on a text- and video-based self-guided e-mental health intervention by adding an ECA that makes users more engaged and motivated? The aim of this study is to investigate the opportunities from within the technology to increase its support level toward the user. | Questionnaire                          |
| Authors          | Year | Reference | Study Details                                                                                                                                                                                                 | Methodology          |
|------------------|------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| Scholten et al.  | 2017 | [114]     | This study aimed to explore supportive capabilities of virtual agents with the potential benefit in mind that users of self-guided eHealth interventions could be better supported.                               | Literature study     |
| Scholten et al.  | 2017 | [115]     | The first objective of this paper was to explore what is known in literature about what support a user needs to stay motivated and engaged in an electronic health (eHealth) intervention that requires repeated use. The second objective was to explore the current potential of embodied conversational agents (ECAs) to provide this support. | Literature study     |
| Sewitch et al.   | 2019 | [116]     | The aim of this qualitative study was to employ a user-centered approach to design the content and features of a smartphone app called colonAPPscopy to support individuals preparing for their colonoscopy appointments. | Focus groups         |
| Sieverink et al. | 2017 | [117]     | To determine the extent to which a participatory development process can be supportive for developing human-centered eHealth technologies as opposed to expert-driven information systems (to improve education for MRSA-carriers in the home situation by developing a web-based communication system that meets both cognitive (practical) and affective (personal) information needs and to provide healthcare providers with information that is easy to access and to use). | Log data analysis    |
| Sjölinder et al. | 2014 | [118]     | This work describes a method used in the development of a stroke rehabilitation tool.                                                                                                                       | Focus groups         |
| Skjoth et al.    | 2015 | [119]     | The aim of this study was to develop an eHealth tool that contained accurate and relevant information to allow pregnant women to make an informed choice about whether to accept or reject participation in screening for Down syndrome. | Literature review, focus groups, interviews |
| Solem et al.     | 2020 | [120]     | To design and develop a user-centered, evidence-based eHealth self-management intervention for people with chronic pain.                                                                                      | Desk research, personas, focus groups, prototypes, usability tests |
| Span et al.      | 2015 | [121]     | The aim of this study is to identify design issues in developing a user-friendly IT application facilitating Shared decision-making in dementia.                                                              | Focus groups, usability tests, prototypes |
| Span et al.      | 2014 | [122]     | The aim of this study was to gain insight in the user friendliness of the DecideGuide, user acceptance and satisfaction, and participants’ opinion of the DecideGuide for making decisions | Interviews, log data analysis, prototypes |
| Span et al.      | 2014 | [123]     | The aim of this study is to identify design issues (both weaknesses and strengths) that should be considered for designing a user-friendly design of an interactive web tool that facilitates shares decision making in care networks of people with dementia. | Focus groups, prototypes, usability tests |
| Span et al.      | 2014 | [124]     | To identify user requirements for an interactive web tool for people with dementia, informal caregivers, case managers and other professional caregivers | Interviews, focus groups |
| Spanakis et al.  | 2016 | [125]     | To identify and discuss the main scientific and engineering challenges that need to be successfully addressed in delivering state-of-the-art, ubiquitous eHealth and mHealth services, including citizen-centered wellness management services, and reposition their role and potential within a broader context of diverse sociotechnical drivers, agents, and stakeholders. | Literature study     |
| Sporrel et al.   | 2021 | [126]     | In this paper, we describe the design and development of the Playful data-driven Active Urban Living (PAUL): a personalized physical activity application.                                                        | Interviews, requirements, behavior change strategies, desk research, focus groups, |
| Author(s)            | Year | Reference | Abstract | Methodologies                                                                                                                                                                                                 |
|----------------------|------|-----------|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Stara et al.         | 2020 | [127]     | This systematic literature review aimed to identify and synthesize published literature focusing on the efficacy of digital health coaching interventions specifically designed for older workers in transition to retirement (or those who just retired) and that used the user-centered design approach. | Literature study                                                                                                                                         |
| Stuij et al.         | 2020 | [128]     | We describe the design of a digital communication skills training (CST)-tool for information provision skills that meets oncologists’ learning needs. We used the CeHRes Roadmap for user-centred design as a guiding framework. | Literature study, focus groups, usability tests, prototype, requirements                                                                                  |
| Stuij et al.         | 2018 | [129]     | 1) uncover the learning needs of oncological healthcare providers related to information-provision, and 2) explore their training preferences in the context of clinical practice. | Focus groups, interviews                                                                                                                                |
| Suffoletto et al.    | 2017 | [130]     | To explore whether a text message-based relapse prevention intervention (Preventing and Interrupting Early Relapse [PIER]) is acceptable to treatment-seeking adults with opioid use disorder (OUD) after Emergency Department (ED) discharge using mixed-methods design. | Interviews, log data analysis                                                                                                                               |
| Teles et al.         | 2017 | [131]     | Which are the factors supporting and hindering the development and, in the ongoing process, the implementation of the ActiveAdvice platform, regarding user requirements, preferences, acceptances and expectations? | Interviews                                                                                                                                                |
| Tieman et al.        | 2014 | [132]     | This study examined the processes involved in developing a prototype telehealth intervention to support palliative care patients involved with a palliative care service living in the community. | Focus groups, prototype                                                                                                                                   |
| Timmer et al.        | 2020 | [133]     | The aim of this study was to develop a blended physiotherapy intervention for persons with hemophilic arthropathy. | Literature study, focus groups, interview, interviews, focus groups, prototype, usability tests, requirements                                                  |
| Timmerman et al.     | 2016 | [134]     | 1) to develop a multimodal telehealthcare application that aimed at improving post-surgery rehabilitation and physical activity, in close cooperation with resected NSCLC survivors and their healthcare professionals (HCPs), and 2) to evaluate its usability. | Interviews, focus groups, usability tests, prototypes                                                                                                    |
| Uden-Kraan, van et al.| 2020 | [135]     | To investigate among patients treated with a total laryngectomy (TL) (1) Internet-use and Internet use to search for information on health and cancer (content); (2) which patients are most likely to use the Internet in general, for health-related and cancer-related purposes; (3) which other types of eHealth (community, communication, care) are used; and (4) preferences towards future use. | Questionnaire                                                                                                                                           |
| Vaart, van der et al.| 2014 | [136]     | The aim of this study was to gain (1) insight into which treatment components are most suitable for online and/or face-to-face sessions, (2) the sequence and ratio the two forms of therapy should be combined in, and (3) the essential points of interest that should be considered when implementing blended care for depression in secondary mental health care (i.e. health care services provided by psychiatrists or clinical psychologists). | Questionnaires, interviews, Delphi study                                                                                                                   |
| Velsen, van et al.   | 2015 | [137]     | Discusses the development of requirements for an mHealth intervention aimed at supporting citizens to deal with ticks and tick bites and persuading them to comply with preventive advice. | Interviews, focus groups, requirements                                                                                                                     |
| Velsen, van et al.   | 2014 | [138]     | To assess the general public’s perceptions, knowledge, preventive behavior and sources of information (to answer the questions Which information should health organizations convey during a largescale Salmonella outbreak, and by which channels, to maximize citizen compliance with preventive advice?) | Questionnaire                                                                                                                                           |
| Velsen, van et al.   | 2012 | [139]     | The goal of our study was to assess citizens’ Web 2.0 media use during an infectious disease outbreak and to determine which Web 2.0 medium is used for which goal. With this information, we wanted to formulate | Experience sampling, questionnaire                                                                                                                        |
| Year  | Authors          | Objective                                                                 | Methodologies                                                                 |
|-------|------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| 2010  | Verhoeven et al. | To determine the effects of teleconsultation regarding clinical, behavioral, and care coordination outcomes of diabetes care compared to usual care. | Literature study                                                               |
| 2010  | Verhoeven et al. | With this study, we aim to identify a discount approach for user-centered design of a completely new e-health application (without a prototype being available). | Usability tests, card sorting, prototypes, interviews                           |
| 2010  | Verhoeven et al. | In order to enhance the usability of the expert-driven guideline format, we developed a website for the communication of existing guidelines that better fit the practical information needs of health care workers (HCWs). | Usability tests, requirements, usability tests, card sorting, prototypes, interviews |
| 2010  | Verhoeven et al. | To assess nurses’ information-seeking strategies and problems encountered when seeking clinical guidelines on the Internet, and to investigate the criteria they apply when evaluating the guidelines and the websites communicating the guidelines. | Usability tests, card sorting, prototypes, interviews |
| 2009  | Verhoeven et al. | To describe the design process of a web-based tool for compliance with safe work practices in cross-border care settings, focusing on infection control of MRSA. | Desk research, questionnaire, focus group, card sorting, usability tests        |
| 2008  | Verhoeven et al. | This paper describes the steps that appeared to be crucial for the development of a tool that aims to provide HCWs with acceptable, applicable, user-friendly and high quality MRSA guidelines that enhance the decision making process to deliver safe health care. | Desk research, usability test, questionnaire, prototype, card sorting, interviews |
| 2007  | Verhoeven et al. | To determine the benefits and deficiencies of teleconsultation and videoconferencing regarding clinical, behavioral, and care coordination outcomes of diabetes care. | Literature study                                                               |
| 2013  | Vermeulen et al. | To involve elderly people during the development of a mobile interface of a monitoring system that provides feedback to them regarding changes in physical functioning and to test the system in a pilot study. | Literature study, focus groups, usability tests, prototypes, interviews         |
| 2018  | Wachtler et al.  | In this study, we describe the user-centered design process of an app to assess individual risk of persistent depressive symptoms and recommend individually tailored treatment based on current knowledge about best-evidence treatment for depression. | Focus groups, interviews, prototype, desk research                             |
| 2017  | Wahle et al.     | Updating prior reviews, this study aims to (1) assess the effectiveness of technology-supported interventions for the treatment of depression and (2) add to the debate on what components in technology-mediated MHIS for the treatment of depression should be standard of care. | Literature study                                                               |
| 2018  | Walters et al.   | To identify and define design requirements for the development of a teledermatology scale-up framework (TDSF) | Interviews, literature study, requirements                                       |
| 2016  | Walters et al.   | This study reports on the current status of teledermatology services in the public health sector of SA. | Literature study                                                               |
| 2019  | Wentink et al.   | To identify end-user requirements for a comprehensive eHealth program in stroke rehabilitation. | Focus groups, interviews                                                       |
| 2018  | Wentink et al.   | To prioritize the requirements for stroke e-rehabilitation according to patients, informal caregivers, and health professionals. | Questionnaire                                                                  |
| Wentzel et al. | 2016 | [154] | We describe postulates for blended care and provide an instrument (Fit for Blended Care) that aims to assist therapists and patients whether and how to set up blended care treatment. | Literature study, focus groups, interviews |
| Wentzel et al. | 2014 | [155] | In this formative study, we investigate how nurses’ can be supported in antimicrobial stewardship by means of an eHealth intervention that targets their information needs. | Focus group, card sorting, desk research, usability tests |
| Wentzel et al. | 2011 | [156] | In sum, we apply the CeHRes roadmap by starting with a summative evaluation of MRSA-net. This evaluation also serves as input for the contextual inquiry phase of Eursafety Health Net and renders input for the eDEHN-platform. | Log data analysis |
| Whiteside et al. | 2014 | [157] | The aim of this study was to get user input and feedback on acceptability of messaging content intended to engage suicidal individuals. | Questionnaire |
| Winterling et al. | 2016 | [158] | The study aims to describe the development of a Web-based intervention in long-term collaboration with patient research partners (PRPs). | Focus groups, prototypes |
| Woezik, van et al. | 2016 | [159] | To develop a guideline to assist developers in tackling wicked problems using co-creation with stakeholders, and to apply this guideline to practice with an example case in the field of infection prevention and control. | Literature study, questionnaire, interviews, |
| Yap et al. | 2017 | [160] | In this paper, we propose a multi-level public health approach involving a Web-based parenting intervention, Partners in Parenting (PIP). We describe the components of the Web-based intervention and how each component was developed. | Literature study, Delphi study, focus groups, usability tests, prototype |

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