The Neuropeptide PDF Is Crucial for Delaying the Phase of Drosophila’s Evening Neurons Under Long Zeitgeber Periods

Koustubh M. Vaze*†,1 and Charlotte Helfrich-Förster*

*Neurobiology and Genetics, Theodor-Boveri Institute, Biocenter, University of Würzburg, Würzburg, Germany and †Life Sciences Institute, University of Michigan, Ann Arbor, Michigan, USA

Abstract  Circadian clocks schedule biological functions at a specific time of the day. Full comprehension of the clock function requires precise understanding of their entrainment to the environment. The phase of entrained clock is plastic, which depends on different factors such as the period of endogenous oscillator, the period of the zeitgeber cycle (T), and the proportion of light and darkness (day length). The circadian clock of fruit fly Drosophila melanogaster is able to entrain to a wide range of T-cycles and day lengths. Here, we investigated the importance of the neuropeptide Pigment-Dispersing Factor (PDF) for entrainment by systematically studying locomotor activity rhythms of Pdf0 mutants and wild-type flies under different T-cycles (T22 to T32) and different day lengths (8, 12, and 16 hour [h]). Furthermore, we analysed PERIOD protein oscillations in selected groups of clock neurons in both genotypes under T24 and T32 at a day length of 16h. As expected, we found that the phase of Drosophila’s evening activity and evening neurons advanced with increasing T in all the day lengths. This advance was much larger in Pdf0 mutants (~7 h) than in wild-type flies causing (1) pronounced desynchrony between morning and evening neurons and (2) evening activity to move in the morning instead of the evening. Most interestingly, we found that the lights-off transition determines the phase of evening neurons in both genotypes and that PDF appears necessary to delay the evening neurons by ~3 h to their wild-type phase. Thus, in T32, PDF first delays the molecular cycling in the evening neurons, and then, as shown in previous studies, delays their neuronal firing rhythms to produce a total delay of ~7 h necessary for a wild-type evening activity phase. We conclude that PDF is crucial for appropriate phasing of Drosophila activity rhythm.

Keywords  Drosophila, circadian, PDF, entrainment, evening neurons, T-cycle, molecular clock

Circadian clocks allow animals to anticipate daily environmental changes by regulating various behaviours and physiological processes. Locomotor activity is one of them, and the circadian clock controlling activity rhythms in the fruit fly Drosophila melanogaster has been extensively characterized at the molecular and cellular level. The circadian activity rhythms in Drosophila are controlled by a network of
about 150 neurons that are characterized by rhythmic expression of canonical clock genes (Helfrich-Förster, Shafer, et al., 2007; Hermann-Luible and Helfrich-Förster, 2015; Top and Young, 2018). They are classified into 7 subgroups on the basis of their anatomical location and cell size as—small and large ventral lateral neurons (s-LN_s, l-LN_s), dorsal lateral neurons (LN_s), posterior lateral neurons (LPNs), and three groups of dorsal neurons (DN_s, DN_s, and DN_s) (Helfrich-Förster, 2003; Helfrich-Förster, Yoshii, et al., 2007; Schubert et al., 2018). The daily activity of Drosophila under 12h light/dark (LD 12:12) cycle exhibits bimodal patterns, comprising an activity peak in the morning (M), and one in the evening (E). The M and E activity peaks are regulated by distinct sets of lateral clock neurons, and genetic mosaic studies have shown that the s-LN_s are important for the M peak, whereas the 5th LN (formerly known as 5th s-LN_s; Schubert et al., 2018) and the LN_a are important for the E peak (Grina et al., 2004; Stoleru et al., 2004, 2005, 2007; Rieger et al., 2006; Picot et al., 2007).

The 4 s-LN_s and 4 l-LN_s in each Drosophila brain hemisphere express the neuro-peptide Pigment Dispersing Factor (PDF) (Helfrich-Förster, 1995; Kaneko et al., 1997). PDF is necessary to maintain synchrony among clock neurons in DD (Peng et al., 2003; Lin et al., 2004); hence, PDF is regarded as a primary synchronizer of neuronal clocks that ensures the generation of coherent rhythmic output. Indeed, Pdf null mutants (Pdf^0) usually lose circadian rhythmicity after a few days in DD and the few flies that remain rhythmic exhibit weak rhythms with moderate short period (~23 h) (Renn et al., 1999). Under LD 12:12, Pdf^0 mutants exhibit astonishingly stable activity-rest rhythms with reduced morning and slightly advanced E activity that may result from their short free-running period under DD (Renn et al., 1999). Furthermore, Pdf^0 mutants show robust molecular rhythms under LD 12:12 suggesting that loss of PDF does not cause severe behavioural or molecular rhythm defects under entrained conditions (Peng et al., 2003). However, Yoshii, Wülbeck, et al. (2009) demonstrated that Pdf^0 mutants fail to adjust their locomotor activity to changes in day length suggesting that PDF is crucial for seasonal adaptation. More recently, Liang et al. (2016) showed that PDF delays the Ca^{2+} rhythms in the E neurons and that it does so to a larger extent when the flies were kept under long days before recording. Again, this indicates that PDF is important for seasonal adaptation. As photoperiodic modulation of the daily activity profile depends on functional entrainment mechanisms, the failure of Pdf^0 mutants in adapting to changes in day length suggests that entrainment is defective in the absence of PDF.

We tested the importance of PDF for normal entrainment by systematically investigating locomotor activity rhythms of Pdf^0 mutants and wild-type CantonS flies under zeitgeber cycles with different periods and at three different day lengths. We increased zeitgeber periods (T) in 2h steps from 22 h (T22) to 32 h (T32). This systematic experimental design is also known as ‘T-cycle approach’. Although, circadian clocks are adaptations to 24 h daily zeitgeber cycles, they are capable of entraining to T-cycles over a limited period range (Aschoff and Wever, 1962; Hoffmann, 1969).

When circadian clock entrains to different T-cycles, the phase relationship of the overt rhythm with LD cycles (Ψ) systematically changes with T-cycle period (Roenneberg et al., 2003, 2005). Typically, Ψ of the rhythm delays in T < 24 h and advances in T > 24 h relative to Ψ in 24 h cycles (Aschoff and Wever, 1962; Hoffmann, 1969). Therefore, the T-cycle approach produces systematic relationships between zeitgeber period T and rhythm phase Ψ. The T-Ψ relationships are products of entrainment and depend on two key clock properties—(1) the endogenous period (τ), and (2) the phase dependent light responsiveness of the clock (characterized by the phase response curve (Johnson, 1992)). Consequently, differences in T-Ψ relationships indicate differences in the properties of entrainment.

Drosophila’s activity rhythms entrain to T-cycle periodicities ranging from 19 to 36 h, and, as explained above, M and E activity peaks occur later in T < 24 h and earlier in T > 24 h in comparison to T = 24 h (Helfrich and Engelmann, 1987; Helfrich-Förster, 2001). The goal of our experiments was to examine differences, if any, in the T-Ψ relationship between Pdf^0 mutants and wild-type flies, in case that PDF should be crucial for normal entrainment. To exclude that such putative differences are caused by the slightly shorter period of Pdf^0 mutants (τ ~23 h), we also investigated the T-Ψ relationship of short-period mutants period^{short} (per^{ss}) (τ ~19 h) (Konopka and Benzer, 1971). Furthermore, to see whether the phase of the activity rhythm is reflected in the phase of the molecular clock, we analysed PERIOD protein (PER) oscillations in selected groups of clock neurons in Pdf^0 and wild-type flies under T24 and T32.

We found that Pdf^0 mutants show drastically different T-Ψ relationships from wild-type flies and it cannot be solely explained by a shorter τ of Pdf^0 flies. The phase advancing effect of entrainment to long T-cycle was so strong that under T32, E activity of Pdf^0 mutants occurred in the morning. The earlier phase of E activity was paralleled by an early phase of PER oscillations in the E neurons of Pdf^0 mutants under T32; their phase was advanced by about 3h compared to the phase of the E neurons in wildtype. We conclude that PDF is needed for delaying the molecular clock (PER oscillations) in the E neurons to
a wild-type phase, which in turn is essential for keeping E activity in second half of the day. Thus, under long days and especially under long zeitgeber periods, PDF delays the PER oscillations in the E neurons in addition to delaying their Ca²⁺ oscillations as previously shown by Liang et al. (2016, 2017). In addition, PDF is also necessary to delay the M neurons (s-LNv) under long zeitgeber periods. In summary, this confirms that PDF plays an important role in appropriate phasing of Drosophila activity rhythm and demonstrates that its role is more complex than thought before.

MATERIALS AND METHODS

Fly Stocks

For recording locomotor activity rhythms, we used the wild-type strain CantonS, the PDF null mutant Pdf01 (+; +; Pdf0) (Renn et al., 1999; for simplicity just called Pdf0 mutants) and the short period mutant perS (Konopka and Benzer, 1971) that was backcrossed to wildtype for many generations (Horn et al., 2019). For immunostainings, we used a Pdf0 strain carrying a Pdf-RFP transgene (Ruben et al., 2012) (+; Pdf-RFP; Pdfo), which has 0.6 kb of Pdf gene regulatory genomic DNA (0.5 kb upstream the start site of transcription and 0.1 kb downstream) fused to DNA encoding Red Fluorescence Protein mRFP1. For RNA interference (RNAi) knock-down of PDF expression, we used the strains–UAS-dicer2; Pdf-Gal4 and w;; UAS-Pdf-RNAi (BL 25802). The flies were reared under LD12:12 before the beginning of activity recording, so both the genotypes showed several transient cycles before they stably entrained to the relevant T-cycle. Activity was recorded in 1 minute intervals under 15 different experimental LD cycle schedules which differed in two aspects—(a) period of LD cycle and (b) duration of light/photoperiod per cycle. The LD cycles with periods ranging from 22 h to 32 h (T22, T24, T26, T28, T30, and T32) in combination with three different day lengths (8 h, 12 h, and 16 h) were used as described in Table 1. Light-dark schedule corresponding to each combination of T-cycle and day length is described in the respective box, e.g., LD 08:18 means LD cycle consisting of 8 h light and 18 h dark phase. The LD cycle schedules were implemented in light boxes fitted with white LED light sources; light intensity inside each box was set at 100lux. Light boxes were housed in climate chamber with constant temperature, 20°C and 70% relative humidity ±5%. Before starting the activity recording, all the flies were maintained on standard cornmeal/agar medium under rectangular LD 12:12 cycles at 20 °C and 70% RH ±5%.

ACTIVITY DATA ANALYSIS

Average Activity Profile

Activity count data were binned into 15 min intervals. Actograms were plotted by specifying T-cycle periods using Actogramj (Schmid et al., 2011). Flies were raised and maintained in LD12:12 before the beginning of activity recording, so both the genotypes showed several transient cycles before they stably entrained to the relevant T-cycle. Individual fly actograms were examined for stable entrainment under each T-cycle condition. The activity was recorded sufficiently long to obtain at least 6 cycles of stable entrainment at the end of activity recording in each T-cycle. In addition, the last six cycles of individual fly activity data from each T-cycle was analysed using Chi-square periodogram method (5% level of significance) in R package RhythmicAlly (Abhilash and Sheeba, 2019) to detect rhythmic flies and estimate period. Activity data from rhythmic flies were used for plotting activity profiles. For plotting activity profiles, data was first smoothened using 3-point moving average. The middle of the dark phase was chosen as the start-point of each cycle. Activity counts in each 15 min bin was normalized by
dividing the count by total activity during the cycle and multiplying by 100. Each 15min bin activity count was therefore expressed as percentage of total activity during the cycle. Average activity at each time-point (15 min interval) was calculated by taking average over 5 cycles within individual fly and over all the flies in the sample to plot an average activity profile of a genotype under each LD cycle.

**Phase of the Activity Rhythm**

The phase relationship of activity rhythm with light-dark cycle—Ψ, was estimated using E peak as a phase marker. Timing of E activity peak for each fly was estimated by manually identifying the time-point showing maximum normalized activity level in the average activity profile. Average timing of E peak for a genotype under particular LD cycle was estimated by taking the average over estimates from all the flies in a sample. Phase of the E activity peak was either expressed in hours (h) after lights-on (corresponding to zeitgeber Time [ZT]; ZT00 is the time of lights-on) or in hours after lights-off. The effect of T-cycle period on Ψ was tested by performing a Kruskal-Wallis test on each genotype separately. The statistical significance of difference in Ψ between genotypes under any given T-cycle was tested using Mann-Whitney U test.

**Immunocytochemistry**

Flies were maintained in T24 (LD 16:8) and T32 (LD 16:16) for 15 days to ensure stable entrainment to T32 and on 16th day whole flies were quickly fixed in 4% paraformaldehyde in phosphate buffer (PB) with 0.1% Triton X-100 for a subsequent 2.5h at room temperature. For immunohistochemistry on whole-mount brains, the fixed flies were rinsed 3 times in PB and the brains dissected in PB. The brains were blocked overnight in 5% normal goat serum (NGS) at 4 °C and subsequently incubated at 4 °C for 48 h in primary antibodies diluted in PB containing 5% NGS and 0.5% Triton X-100. Wildtype brains were stained with rabbit anti-PER (1:2000) (1:2000), and mouse anti-PDFc7 (1:2000), and 0.5% Triton X-100 and mounted in Vectashield mounting medium (Vector Laboratories, Burlingame, CA).

**Image Acquisition and Analysis**

For quantification of fluorescence signal from PER staining, whole mount brains were imaged by using a Leica TCS SP8 laser confocal microscope (Leica Microsystems, Wetzlar, Germany). Confocal stacks consisting of 2 μm thick optical sections were taken at 400 Hz using the 635 nm laser to visualize PER (Alexa Fluor 635) and 488 nm laser to visualize PDF (Alexa Fluor 488) or 555 nm laser to visualize RFP (Alexa Fluor 555). All brains were processed similarly, and the same settings were kept for all of the scans, time points, and genotypes. Images were analysed to quantify the intensity of PER protein levels using tools in ImageJ in 8 to 10 hemispheres from separate brain samples per genotype and time point. Mean nuclear PER staining intensity of different cell groups in each brain sample was estimated by measuring mean intensity in an arbitrarily chosen square-shaped area of 3 × 3 pixels from the brightest focal plane in individual cells. The large number of very small, tightly packed cells in the DN3 group of neurons makes it difficult to quantify staining intensity in individual neurons. Therefore, we obtained maximum intensity projection over 10 consecutive slices from the brain region covering DN3 neurons. The mean pixel intensity of DN3 neurons was estimated as average of mean pixel intensities from three square shaped areas (10 × 10-pixel) spanning the DN3 cluster. Intensity was measured in grayscale units, ranging between 0 (black; no staining) and 255 (white; saturated staining). The background staining was measured similarly. After correcting for background, replicate PER intensity values were plotted against the sample collection time-point (time since lights-off, h) for each neuronal subgroup and genotype. Rhythmicity in nuclear PER abundance time series was analysed using single component COSINOR based method by fitting cosine wave function of a specified period (24 or 32h) to PER intensity data (Cornelissen, 2014). COSINOR analysis was implemented using CATcosinor function from the CATkit package written in R (Lee Gierke and Cornelissen, 2016).

**RESULTS**

**Entrainment of Pdf0 Mutants Is Different From That of Wildtype Flies**

We hypothesized that if the mechanism of light entrainment is defective in Pdf0 mutants, the T-Ψ
relationship will differ between Pdf\(^0\) and wild-type flies. We tested this hypothesis by studying the activity-rest rhythms of the two strains under T-cycles with periods between 22 and 32 h. T-cycle entrainment studies typically set day length as a fixed percentage of T-cycle period. As a result, the absolute duration of the light phase changes with T-cycle period, causing the zeitgeber strength to differ between T-cycles. To avoid such a variation in zeitgeber strength, we kept the day length constant throughout the T-cycles (Table 1), but we performed the entire T-cycle experiments under three different day lengths (8 h, 12 h, and 16 h). This allowed testing for effects of day length separately from the effects of zeitgeber period on the T-Ψ relationship.

Wild-type and Pdf\(^0\) flies were raised and maintained in LD12:12 before the beginning of activity recording in T-cycles, so both the genotypes showed several transient cycles before they stably entrained to the T-cycle regimes. Visual inspection of individual fly actograms revealed clear evidence for stable entrainment, at least during the last 6-8 days of recording in each T-cycle regime in both the genotypes. Moreover, Chi-square periodogram analysis of the last 6 cycles of activity data under T-cycles showed a good match between rhythm period and the period of the entraining T-cycles in wild-type and Pdf\(^0\) flies (Table 2).

In all the light regimes, wild-type flies exhibited bimodal activity patterns with M and E activity

---

### Table 2. Percent rhythmicity, period and power of activity rhythms in wildtype, Pdf\(^0\) and per\(^S\) flies under T-cycle entrainment.

| T-Cycle | n | Rhythmic (%) | Period (SEM), h | Power (SEM) | n | Phase of Evening Peak (SEM) ZT, h |
|---------|---|-------------|-----------------|-------------|---|-------------------------------|
| **wildtype** 8h | | | | | | |
| T22 | 31 | 31 (100) | 22.00 (0.00) | 101.01 (9.34) | 31 | 8.83 (0.21) |
| T24 | 31 | 31 (100) | 24.04 (0.02) | 117.05 (9.15) | 31 | 8.30 (0.04) |
| T26 | 30 | 30 (100) | 26.00 (0.00) | 165.67 (13.05) | 30 | 7.24 (0.11) |
| T28 | 30 | 20 (93.33) | 28.02 (0.02) | 136.13 (12.75) | 27 | 6.66 (0.13) |
| **Pdf\(^0\)** 8h | | | | | | |
| T22 | 31 | 31 (100) | 21.96 (0.02) | 116.42 (9.43) | 31 | 7.24 (0.12) |
| T24 | 29 | 29 (100) | 23.98 (0.02) | 169.25 (10.71) | 29 | 5.71 (0.18) |
| T26 | 31 | 31 (100) | 25.95 (0.02) | 139.01 (10.00) | 28 | 4.44 (0.20) |
| T28 | 31 | 31 (100) | 28.02 (0.03) | 163.36 (14.63) | 31 | 2.56 (0.16) |
| **wildtype** 12h | | | | | | |
| T22 | 31 | 29 (93.55) | 22.00 (0.00) | 129.55 (12.07) | 29 | 12.02 (0.12) |
| T24 | 28 | 25 (89.29) | 23.99 (0.01) | 157.32 (17.34) | 24 | 11.78 (0.12) |
| T26 | 29 | 29 (100) | 26.00 (0.00) | 164.11 (13.06) | 28 | 11.29 (0.08) |
| T28 | 31 | 31 (100) | 28.01 (0.01) | 147.64 (16.55) | 27 | 10.61 (0.11) |
| **Pdf\(^0\)** 12h | | | | | | |
| T22 | 32 | 30 (93.75) | 21.99 (0.01) | 128.28 (12.32) | 29 | 10.49 (0.15) |
| T24 | 30 | 29 (96.67) | 23.93 (0.04) | 146.51 (11.5) | 28 | 8.35 (0.20) |
| T26 | 29 | 29 (100) | 25.94 (0.04) | 150.14 (14.15) | 27 | 6.71 (0.25) |
| T28 | 26 | 24 (92.31) | 27.91 (0.05) | 115.11 (12.47) | 23 | 5.18 (0.24) |
| **per\(^S\)** 12h | | | | | | |
| T22 | 31 | 28 (90.32) | 21.99 (0.01) | 160.04 (14.47) | 28 | 9.93 (0.12) |
| T24 | 28 | 27 (93.68) | 24.00 (0.01) | 174.72 (13.95) | 28 | 8.48 (0.11) |
| T26 | 30 | 28 (93.33) | 26.00 (0.03) | 122.61 (14.31) | 25 | 7.60 (0.12) |
| T28 | 26 | 25 (89.29) | 28.00 (0.02) | 121.04 (14.93) | 26 | 5.71 (0.11) |
| **wildtype** 16h | | | | | | |
| T22 | 31 | 31 (100) | 22.00 (0.00) | 254.39 (15.38) | 31 | 15.31 (0.07) |
| T24 | 31 | 31 (100) | 24.00 (0.00) | 209.15 (13.68) | 31 | 14.81 (0.12) |
| T26 | 30 | 30 (100) | 26.00 (0.00) | 225.76 (15.9) | 30 | 14.35 (0.13) |
| T28 | 27 | 27 (100) | 28.00 (0.00) | 224.56 (18.13) | 27 | 13.10 (0.20) |
| T30 | 30 | 29 (96.67) | 30.01 (0.02) | 136.52 (14.72) | 26 | 12.69 (0.21) |
| **Pdf\(^0\)** 16h | | | | | | |
| T22 | 31 | 28 (90.32) | 21.94 (0.03) | 107.94 (15.38) | 31 | 13.06 (0.20) |
| T24 | 31 | 30 (96.67) | 25.98 (0.03) | 119.65 (12.27) | 30 | 9.98 (0.14) |
| T26 | 30 | 29 (100) | 27.95 (0.04) | 121.93 (9.19) | 29 | 8.02 (0.23) |
| T28 | 31 | 31 (100) | 29.97 (0.05) | 168.79 (13.74) | 31 | 5.81 (0.21) |
| T32 | 29 | 29 (100) | 31.95 (0.05) | 162.58 (13.5) | 27 | 3.25 (0.18) |

Abbreviations: SEM = Standard Error of Mean; ZT = zeitgeber Time. Six cycles of activity data from individual fly under T-cycle entrainment was analysed using Chi-square periodogram method (5% level of significance) to test rhythmicity and estimate period. Data from rhythmic flies was further analysed to estimate phase of E activity peak.
peaks; whereas Pdf 0 mutants showed prominent E activity peaks and highly reduced M activity, which is typical for these mutants. We therefore focused our analysis on E activity and used the timing of the E peak to assess the phase of the rhythm. As expected, both strains showed systematic changes in rhythm phase with the increasing period of the entraining T-cycles under all the three day-lengths. Relative to the timing under 24h cycles, E peaks delayed in T < 24h and gradually advanced in T > 24h. In short, over the range of T-cycles tested, E peak gradually advanced with the increasing zeitgeber period of the entraining LD-cycles in both the genotypes (Figure 1; Table 2; Suppl. Figs. S1-S3; Suppl. Figs. S4-A-S4-C). This is exactly what we expected and it indicates that the activity rhythms of the two genotypes stably entrained to the T-cycles tested in our study.

Most interestingly, the phase of E activity depended additionally on day length (Figure 1). It got delayed with increasing day length and this seemed again true for both genotypes. A three factor ANOVA testing for the effects of zeitgeber period, day length and genotype on the phase of E activity (done for T22 to T28) revealed highly significant effects of all factors on the timing of E activity, zeitgeber period: F (3,663) = 496.96; p < .001; day length: F (2,663) = 2943.38; p < .001; genotype: F (1,663) = 2716.92; p < .001. Furthermore, this ANOVA revealed significant interactions between genotype and zeitgeber period, F (3,663) = 96.67; p < .001, and between genotype and day length, F (2,663) = 24.70; p < .001, meaning that the effect of zeitgeber period and day length on the rhythm phase was genotype dependent.

Significant effects of the zeitgeber period on the E peak phases of wild-type and Pdf 0 flies were also revealed by the Kruskal-Wallis tests (this time we included all zeitgeber periods from T22 to T32 in the test, Table 3). Between the shortest and longest T-cycle periods, the E peaks of wild-type flies advanced by ~ 2h, 3h, and 5h under the 8h, 12h, and 16h day lengths, respectively. In Pdf 0 mutants, the advance was almost twice as large as in wild-type flies and amounted ~ 4.5h, 8h, and 10h, respectively (Figure 1; Table 2). Consistently, the linear regression showed that slopes of the T-Ψ relationship were steeper for Pdf 0 mutants than for wild-type flies (Figure 2a-2c; Table 4[A]) showing that E peak in Pdf 0 is advanced by much larger magnitude than in the wild-type for every hour rise in T-cycle period.

We also studied the activity-rest rhythms of flies where PDF expression was knocked down in s-LNv.s and 1-LNv.s using RNA interference (RNAi) strategy, under T24 and T30 (16h daylength). The PDF RNAi knock-down also advanced the E peak phase under T24 and T30, but not as much as in Pdf 0 mutants (Suppl. Figs. S5A and S5B; Suppl. Table S6). The PDF RNAi knock-down flies lacked PDF staining in the arborizations of the s-LNv.s and showed strongly reduced staining in that of the 1-LNv.s, but staining was still visible in the cell bodies suggesting an incomplete knock-down of PDF expression (Suppl. Fig. S5C). The incomplete knock-down of PDF explains the smaller phase advance of the E peak in PDF RNAi knock-down flies. These results support our observations in Pdf 0 mutants, and suggests that the large phase advance of the E peak in Pdf 0 mutants under long T-cycles stems from the loss of PDF, and is not caused by different genetic backgrounds. All these observations clearly indicate that the entrainment properties of Pdf 0 mutants are different from that of wild-type flies.

**Evening Activity Peak in Pdf° Appears to Follow the Previous Lights-Off**

A closer examination of the data suggests that T-Ψ relationship in Pdf° mutants runs almost parallel to a straight line drawn through the lights-off transitions of the preceding LD cycles (dashed black lines in right panels of Figure 1a-1c). Therefore, we plotted T-Ψ relationship by expressing the phases of E activity peak as time since previous lights-off instead of the time that passed since lights-on (Figure 2d-2f); and tested if the T-Ψ relationships ran parallel to the X-axis and if the slopes were equal to zero. The linear regression showed that the phase of E activity peak gradually delayed relative to the previous lights-off transition in wild-type flies as period of the T-cycle lengthened, producing positive slopes which were significantly different from zero (Figure 2d-2f; Table 4[B]). In Pdf° mutants, on the other hand, the slope of the T-Ψ relationship was only significantly different from 0 under the 8h photoperiod (here it amounted to 0.23). Under the 12h and 16h photoperiod, slopes were 0.03 and 0.02, respectively, and not significantly different from 0 (Figure 2d-2f; Table 4[B]). This analysis confirms that the activity peak in Pdf° mutants tend to lag the lights-off transition by a constant time interval, suggesting that the clock controlling activity rhythm in Pdf° mutants is driven by the light-dark cycle. Nevertheless, the constant time interval between lights-off and the peak of E activity was different for the three different day lengths.

**T-Ψ Relationships of per° and Pdf° Mutant Flies**

We studied activity rhythm of short period mutant per° (τ = 19h; Konopka and Benzer, 1971) under T-cycles with 12h photoperiod to analyze the contribution of a short endogenous period to the T-Ψ relationship. As mentioned above, Pdf° mutants also have a shorter τ (23h) than wild-type flies and though
Figure 1. Activity-rest profiles and the phases of E activity peak in wildtype and Pdf0 mutants entrained to T-cycles. (a-c) show average activity-rest profiles of flies entrained to T-cycles in the left panel and phases of E activity peak in the right panel. a, b and c represent T-cycle sets with 8, 12 and 16 h photoperiod respectively, with T-cycle period increasing from top to bottom. White and grey regions depict light and dark phases respectively. Left panels: The black and orange line plot under each T-cycle depicts average normalized activity profile generated from activity recordings of 23-32 wildtype and Pdf0 mutant flies respectively. Activity level at each time point is an activity over 15 minute interval expressed as a percentage of total activity during one complete Ld cycle (midnight to midnight), averaged over 5 days within each fly and over total number of flies in a sample. Right panels: Black and orange open circles depict the average phase of E activity peak in wildtype and Pdf0 mutant flies respectively, estimated from E activity peak phases of 23-32 flies. The difference between E activity peak phases of wildtype and Pdf0 mutant flies were tested for significance by pairwise Mann Whitney U test; differences are significant under all the LD cycles (Table 5). The dashed black line depicts line joining lights-off transitions of the preceding LD cycles over T-cycle period range. Abbreviation: Ld = light/dark.
it is only 1 h shorter than that of wild-type flies, this can affect the T-Ψ relationship. Like wild-type flies and Pdf0 mutants, perS mutants significantly advanced the E activity peak with increasing zeitgeber period (Figure 3a; Table 3). Between T22 and T30, the phase of E activity peak advanced by ~8 h Pdf0 mutant, whereas it advanced by ~6.5 h in perS (Figure 3a; Table 2). The linear regression analysis showed a T-Ψ relationship with negative slope that is similar to Table 2). The linear regression analysis showed a T-Ψ relationship with negative slope that is similar to (range: ZT 24.44 h to 29.13 h, SD = 1.97 h) in wild-type flies and 4.69 h (range: ZT 24.44 h to 29.13 h, SD = 1.97 h) in Pdf0 mutants. The maximum phase difference among clock neurons in T32 was 4.81 times the difference under T24 in wild-type flies, and 4.38 times in Pdf0 mutants, respectively. This shows that the clock neurons lost synchrony as flies entrained to T32.

Under T32, the clock neuron groups showed a larger variation in phase in both genotypes (Figures 4a and 5a, Table 6). The maximum phase difference among clock neuron was 4.96 h (range: ZT 26.27 h to 31.23 h, SD = 1.62 h) in wild-type flies and 4.69 h (range: ZT 24.44 h to 29.13 h, SD = 1.97 h) in Pdf0 mutants. The maximum phase difference among clock neurons in T32 was 4.81 times the difference under T24 in wild-type flies, and 4.38 times in Pdf0 mutants, respectively. This shows that the clock neurons lost synchrony as flies entrained to T32.

Under T32 the M neurons (s-LN,s) were delayed relative to the E neurons (5th LN and LNds) in both the genotypes (Figure 5a, Table 6). In wild-type flies, the M neurons peaked around lights-on, which was 3.4 h after the E neurons. In Pdf0 mutants, the M neurons peaked ~3 h before lights-on, which was ~4.5 h after the E neurons. These observations suggest that M and E neurons in Pdf0 mutants showed greater desynchrony than wild-type flies.

When comparing the phases of E neurons between wild-type flies and Pdf0 mutants under T32, it becomes clear that the E neurons peaked more than 3 h earlier in Pdf0 mutants than in wild-type flies (Figure 5a). This suggests that the advanced phase of E neurons causes the early E activity in Pdf0 mutants under long zeitgeber cycles. As already found under T24, the DN,s showed no phase difference between wild-type flies and Pdf0 mutants. The same was true for the I-LN,. When plotting the phases of the clock neurons as hours after lights-off (Figure 5b), it becomes obvious that the phase of the E neurons in wild-type flies did not change with zeitgeber period. It occurred ~12 h after lights-off under T24 and T32. Amazingly, this was not as precisely true for the phase of the E neurons in Pdf0 mutants, in which the phase of E activity phase locked to lights-off (Figure 2d-2f). Their PER peak occurred ~1 h earlier (~9 h after lights-off) under T32 than under T24 (~10 h after lights-off) (Figure 5b).

### Table 3. Summary of Kruskal-Wallis tests on the E activity peak phases across T-cycles in wildtype, Pdf0 and perS mutant flies.

| Photoperiod | Genotype | Groups | H   | p-value |
|-------------|----------|--------|-----|---------|
| 8h          | wildtype | 4      | 93.66 | <.0001 |
|             | Pdf0     | 4      | 95.35 | <.0001 |
| 12h         | wildtype | 5      | 100.40 | <.0001 |
|             | Pdf0     | 5      | 111.10 | <.0001 |
|             | perS     | 5      | 122.30 | <.0001 |
| 16h         | wildtype | 6      | 135.30 | <.0001 |
|             | Pdf0     | 6      | 155.80 | <.0001 |

Molecular Clocks of Wild-Type and Pdf0 Mutant Flies Entrained to T24 and T32

To test whether the large phase difference in E activity between Pdf0 mutants and wild-type flies under T32 is reflected in the phase of the molecular clock, we performed immunostainings against the clock protein PER. Wild-type flies and Pdf0 mutants were entrained to 24 h (LD 16:8) and 32 h (LD 16:16) LD cycles and their brains stained every 4 hours. We focused our analysis on nuclear PER staining intensities between the phases of neurons could not be ascertained as the data come from a single immunostaining experiment.

Under T24, all clock neurons cycled almost in phase with each other, while the PER maxima occurred on average about 1.5 h earlier in Pdf0 mutants than in wild-type flies (Figure 5a). The maximum difference in phases of peak PER intensities among clock neurons was 1.03 h, range: ZT 2.37 h to ZT 3.40, standard deviation (SD)=0.40 h, in wild-type flies, and 1.07 h (range: ZT 1.9 h to 2.97 h, SD = 0.42 h) in Pdf0 mutants. In wild-type flies, the DN,s had a slightly earlier phase than the rest of the clock neurons, which is consistent with earlier observations under long days (Menegazzi et al., 2013). In Pdf0 mutants, on the other hand, the s-LN,s had a later phase than the rest of the clock neurons (Figure 5a). Interestingly, the DN,s had a similar phase in wild-type flies and Pdf0 mutants.

Under T32, the clock neuron groups showed a larger variation in phase in both genotypes (Figures 4a and 5a, Table 6). The maximum phase difference among clock neuron was 4.96 h (range: ZT 26.27 h to 31.23 h, SD = 1.62 h) in wild-type flies and 4.69 h (range: ZT 24.44 h to 29.13 h, SD = 1.97 h) in Pdf0 mutants. The maximum phase difference among clock neurons in T32 was 4.81 times the difference under T24 in wild-type flies, and 4.38 times in Pdf0 mutants, respectively. This shows that the clock neurons lost synchrony as flies entrained to T32.
**DISCUSSION**

**Loss of PDF Alters Entrainment Properties of Activity Rhythms**

The inability of $Pdf^0$ flies to track changes in day-length is suggestive of defective entrainment mechanisms (Yoshii, Wülbeck, et al., 2009). We addressed this hypothesis using the T-cycle entrainment approach where we tested if the $T$-$\Psi$ relationship of activity rhythm in $Pdf^0$ mutants differs from wild-type flies. The phases of activity rhythms in both the genotypes systematically advanced with increasing period of T-cycle—a clear sign of entrainment. Comparison of $T$-$\Psi$ relationships over T-cycle period range of 22-32h showed that for every hour rise in T-cycle period, the E activity peak in $Pdf^0$ flies advanced by much larger magnitude than in wildtype flies, clearly indicating altered light entrainment properties of $Pdf^0$ mutants. As $Pdf^0$ and wildtype flies showed the largest phase difference in their activity rhythm in T32, we tested whether they also exhibit a correlated phase difference in their molecular clock by studying PER rhythms in clock neurons. In the following, we discuss the importance of PDF for entrainment of *Drosophila* activity rhythms in the light of the present
showed phase differences of more than 4.5 h indicating clock neurons, but unlike in T24, clock neuron groups of flies exhibited robust 32 h PER rhythms in all the conditions (Menegazzi et al., 2013). Under T32 (LD 16:16), wildtype clock neurons, which is typical for long daylengths. Indeed, the different groups of clock neurons by differences in phase-dependent light responsiveness. Thus, we observed desynchrony among clock neurons of flies under different photoperiod conditions. Summaries of regression analysis performed (A) using E activity peak phases expressed as time since lights-on (h), and (B) using E activity peak phases expressed as time elapsed since previous lights-off (h).

| Table 4. Summary of linear regression analysis. |
|-----------------------------------------------|
| Photoperiod | Genotype | Slope | R²  | p-Value |
|-------------|----------|-------|-----|---------|
| A           |          |       |     |         |
| 8h          | Wildtype | −0.37 | 0.98| <.01    |
|             | Pdř        | −0.76 | 0.99| <.01    |
| 12h         | Wildtype  | −0.35 | 0.88| <.05    |
|             | Pdř        | −0.96 | 0.98| <.01    |
| 16h         | Wildtype  | −0.44 | 0.92| <.01    |
|             | Pdř        | −0.97 | 0.98| <.001   |
| B           |          |       |     |         |
| 8h          | Wildtype  | 0.62  | 0.99| <.01    |
|             | Pdř        | 0.23  | 0.94| <.05    |
| 12h         | Wildtype  | 0.64  | 0.96| <.01    |
|             | Pdř        | 0.03  | 0.07| Ns      |
| 16h         | Wildtype  | 0.55  | 0.95| <.01    |
|             | Pdř        | 0.03  | 0.07| Ns      |

The slope, R² value and p-value of the linear relationship between T-cycle period and phase of E activity peak in wildtype, Pdř and perř flies under different photoperiod conditions. Our results on the molecular clock and observations from other studies.

Desynchrony Among Clock Neurons Under T32

Consistent with previous studies, we observed synchrony among clock neurons in wildtype flies entrained to T24 (LD 16:8) (Figures 4a and 5a; Table 6) (Yoshii, Vanin, et al., 2009; Roberts et al., 2015). Only the DN1 had a slightly earlier phase than the other clock neurons, which is typical for long daylengths (Menegazzi et al., 2013). Under T32 (LD 16:16), wildtype flies exhibited robust 32h PER rhythms in all the clock neurons, but unlike in T24, clock neuron groups showed phase differences of more than 4.5h indicating desynchrony among them (Figures 4a and 5a). Pittendrigh and Minis (1972) speculated that entrainment of a circadian system comprising a network of clocks to non-24h cycles would exhibit altered mutual phase relationships among constituent clocks compared to the phase relationships under 24 cycles. To the best of our knowledge, our result is a first direct evidence supporting the proposition of Pittendrigh and Minis (1972) in any invertebrate system. Phase differences between different groups of clock neurons entrained to the same zeitgeber cycle imply differences in their key entrainment properties that might be caused by different endogenous periods and/or by differences in phase-dependent light responsiveness. Indeed, the different groups of clock neurons are heterogenous with respect to their endogenous period (Blanchardon et al., 2001; Yoshii, Wülbeck, et al., 2009), their connections with other clock neurons (Hermann-Luibl and Helfrich-Förster, 2015; Yao and Shafer, 2014), and their light reception (Yoshii et al., 2015; Li et al., 2018; Helfrich-Förster, 2020).

Loss of PDF causes desynchrony among clock neurons under DD (Lin et al., 2004), however they remain apparently synchronous under LD 12:12. This observation lead Peng et al. (2003) to conclude that PDF mediated communication is not so important to maintain synchrony under entrained conditions, when individual clock cells can independently receive light inputs. Consistent with the observations in Peng et al. (2003), the clock neurons of Pdfø mutants were almost in synchrony in our study under T24, although the phase relationship between neurons differed from that of wild-type flies (the s-LN_s peaked later than the other groups). We noticed an interesting pattern of desynchrony among the clock neurons under T32, which was similar in wildtype flies and Pdfø mutants: the phases of s-LN_s (M neurons) were among the most delayed clock neurons, whereas 5th LN and LN_s (E neurons) were among the earliest. In Pdfø mutants, the phase difference between M and E neurons was larger indicating that the loss of PDF enhanced the desynchrony between M and E neurons (Figures 4a and 5a). Most likely, the absence of PDF also caused a slight desynchrony already under T24, which probably manifests as delayed phase of s-LN_s compared to the other clock neurons (Figures 4a and 5a). However, the phase differences between the other neuronal groups may simply be not large enough to be detected by a sampling interval of 4h that is typically used in molecular studies. Our results thus demonstrate that the loss of PDF signaling desynchronizes clock neurons under entrained state in a similar way as it does under DD, which in turn suggests that the loss of PDF signaling alters light entrainment properties of Drosophila clock neurons.

In addition to desynchrony among clock neuron groups, the qualitative trends in PER waveform suggest that the loss of PDF may also induce a desynchrony within the individual clock neuron groups. The latter becomes evident when PER intensities of each neuron group are plotted as a mean of all the replicates instead of a scatterplot with COSINOR fit (Figure 4b). Figure 4b illustrates that the PER waveform of LN_s, DN_s and DNø appears to be comprised of two peaks separated by a shallow trough. Although, one has to be cautious about this observation because our data are derived from a single experiment, it is worth to note that one peak approximately coincided with peak phase identified by COSINOR and the other occurred about 8h later. The phase of
Figure 3. Activity rhythms of per^s and Pdf^0 mutants under T-cycle entrainment. (a) Activity profiles (left) and phases of E activity peak (right) of per^s and Pdf^0 mutants under T-cycles with 12h photoperiod. Black and red line plot under each T-cycle in left panel depicts average normalized activity profile estimated from activity recordings of 23-29 per^s and Pdf^0 flies respectively. Activity level at each time point is an activity over 15-minute interval expressed as a percentage of total activity during one complete LD cycle (midnight to midnight), averaged over 5 days within each fly and over total number of flies in a sample. Black and red open circles in right panel depict the average phases of E activity peak in per^s and Pdf^0 flies respectively, estimated from E activity peak phases of 23-29 flies. The dashed black line depicts line joining lights-off transitions of the preceding LD cycles over T-cycle period range. (b) T-Ψ relationships of per^s and Pdf^0 mutants. Black and red open circles represent the average phases of E activity peak in per^s and Pdf^0 flies plotted as a function of T-cycle period. Solid lines represent best fitting linear relationships obtained by linear regression and shaded ribbons depict standard errors. Abbreviation: LD = light/dark.

The second later peak is almost identical with the PER peak phase in wildtype flies, suggesting that the loss of PDF advances only a subset of neurons within these groups. Within the LN_d, DN_1s and DN_3s only a subset of the neurons expresses the PDF receptor (Shafer et al., 2008; Mertens et al., 2005; Im and Taghert, 2010; Im et al., 2011), which probably explains why only a subset of these neurons are affected by the loss of PDF signaling. Most interestingly, the PDF receptor expressing neurons are identical with the CRY expressing clock neurons, while the other clock neurons are devoid of CRY (Im et al., 2011). CRY and PDF appear to interact and modulate the amplitude and phase of the clock neurons (Im et al., 2011). Together these observations may explain the altered phases of (a) clock neurons, (b) locomotor activity components under their control in the absence of PDF signaling; and consequently the abnormal light entrainment properties of locomotor activity rhythm in Pdf^0 mutants.
Loss of PDF Advances the Phase of E Neurons Under Entrained State

The LD12:12 and DD activity phenotypes of Pdf0 and PDF receptor null mutants pdfhans304 are identical to flies with ablation or electrical silencing of PDF expressing neurons (Renn et al., 1999; Wu et al., 2008; Lear et al., 2005). These observations show that the effect of loss of PDF signaling is equivalent to loss of PDF expressing neurons which suggests that locomotor activity in Pdf0 mutants is primarily driven by a subset of non-PDF neurons (Renn et al., 1999; Lin et al., 2004). As the E activity peak is the only prominent activity bout in Pdf0 mutants, E neurons may be regarded as primary driver of locomotor activity in these flies. The advanced phase of the molecular clock in LNv,s (a subset of E neurons) of Pdf0 flies after several days in DD suggest a shorter intrinsic period of LNv,s in the absence of PDF signaling (Lin et al., 2004). In wildtype flies, the s-LNv,s reset (delay) the phase of molecular clock in LNv,s via PDF signaling (Stoleru et al., 2005; Wu et al., 2008; Guo et al., 2014; Seluzicki et al., 2014), while E activity in Pdf0 flies remains slightly advanced relative to wildtype flies under LD 12:12 (Renn et al., 1999). All these observations suggest that PDF is needed for daily resetting of E neurons by delaying their phase, and thus predict the advanced phase of E neurons under LD 12:12 in the absence of PDF signaling. Consistent with this prediction, Lear et al. (2009) indeed found a subtle advance of E neurons in pdfhans304 mutant as compared to wild-type flies, but indicated a need for higher sampling resolution to conclusively demonstrate a molecular phase shift in the E neurons. Our T32 experiments clearly demonstrate that the E neurons of Pdf0 mutants are advanced by more than 3h relative to the E neurons of wildtype flies (Figures 4a and 5a; Table 6). This suggests that the loss of PDF advances the phase of E neurons, which in turn advances the phase of E activity. However, we observed that the E activity peak occurred about ~7h earlier in Pdf0 mutants than in wildtype, which cannot be explained by the ~3h advance of the E neurons alone. The results of Liang et al. (2016, 2017) may explain this discrepancy, because these authors found that the PDF signaling—(1) delays the phase of neural activity rhythms in E neurons, and (2) partially modulates light induced phase shifts in neural activity rhythms through a mechanism apparently independent of the effects of PDF on the phase of molecular clock. Therefore, we speculate that the ~7h advanced phase of E activity in Pdf0 mutants relative to wildtype reflects the combined action of PDF’s phase delaying effects on molecular clock and additional effects on the neural activity rhythms of E neurons. Moreover, these explanations also corroborate our observation that the shorter period is insufficient to explain the advanced phase of E activity in Pdf0 mutants (Figure 3; Table 2). We also observed that sLNv,s of Pdf0 mutants were advanced by more than 2h relative to those of wildtype flies under T32 suggesting that PDF also delays the phase of M neurons under entrained state; however, the phase of sLNv,s may be of little functional significance as PDF expressing neurons apparently lack control over locomotor activity in Pdf0 mutants (Renn et al., 1999; Lin et al., 2004).

Phase Locking of E Neurons to Lights-Off Transition

We observed that the activity peak in Pdf0 mutants lagged behind the lights-off transition by a constant time interval in all the T-cycles, or in other words, phase locked to the lights-off transition (right side panels in Figures 1 and 2d-2f). This suggests that the clock(s) regulating activity rhythms in Pdf0 mutants behave like an hourglass based system. Such hourglass clocks are assumed to be completely damped by the end of light phase and start afresh at the beginning of each night to drive a rhythmic output that then appears phase locked to lights-off (Pittendrigh and Minis, 1964; Pittendrigh, 1966). Consequently, the phase of such a rhythm under T-cycle entrainment would not change with T-cycle period (Roenneberg et al., 2005), exactly as we observed for Pdf0 mutants. As the activity peak in Pdf0 mutants appears to be primarily regulated by E

Table 5. Summary of Mann–Whitney U tests to compare the E activity peak phases between genotypes under T-cycle entrainment.

| Genotype/Photoperiod | T-Cycle | U   | p-Value |
|----------------------|---------|-----|---------|
| wildtype-Pdf0 8h     | T22     | 74  | <.0001  |
|                     | T24     | 0.5 | <.0001  |
|                     | T26     | 6.5 | <.0001  |
|                     | T28     | 1   | <.0001  |
| wildtype-Pdf0 12h    | T22     | 62  | <.0001  |
|                     | T24     | 4   | <.0001  |
|                     | T26     | 0   | <.0001  |
|                     | T28     | 0   | <.0001  |
| wildtype-Pdf0 16h    | T22     | 12  | <.0001  |
|                     | T24     | 6.5 | <.0001  |
|                     | T26     | 0   | <.0001  |
|                     | T28     | 1.5 | <.0001  |
|                     | T30     | 0   | <.0001  |
|                     | T32     | 0   | <.0001  |
| per-S-Pdf0 12h       | T22     | 226 | .0034   |
|                     | T24     | 335.5 | .3536  |
|                     | T26     | 193.5 | .0075  |
|                     | T28     | 206  | .0611   |
|                     | T30     | 125.5 | .0002  |
Figure 4. (continued)
Figure 4. PER rhythms in clock neurons of wildtype and Pdf<sup>0</sup> flies. (a) Scatter plots of background corrected nuclear PER intensities in clock neurons of wildtype (upper panels) and Pdf<sup>0</sup> mutant (lower panels) flies entrained to T24 and T36. Each open circle represents the mean PER staining intensity in a clock neuron group estimated from replicate brains in a sample. The solid line depicts the best-fitting COSINE curve obtained by single-component COSINOR analysis. (b) Line plots of mean nuclear PER intensity plotted as a function of time after lights-on (h) in clock neurons of wildtype (upper panels) and Pdf<sup>0</sup> (lower panels) flies entrained to T24 and T36. The staining intensity represents an average over intensity estimates from replicate brain tissues in a sample. Error bars are Standard Error of Means. Abbreviations: PER = PERIOD protein; s-LN<sub>s</sub> = small lateral ventral neurons; l-LN<sub>s</sub> = large lateral ventral neurons; LN<sub>d</sub> = lateral dorsal neurons; DN<sub>1</sub> = dorsal neurons 1; DN<sub>3</sub> = dorsal neurons 3.
neurons, we tested if the phases of E neurons in Pdf<sup>0</sup> mutants are also locked to the lights-off transition. At a 16 h daylength, the activity of Pdf<sup>0</sup> mutants peaked about 19 h after the lights-off transition across all T cycles (Figure 5b). For PER cycling in the E neurons, the phase-locking was less perfect under these conditions: in the 5<sup>th</sup> LN<sub>s</sub> and LN<sub>d</sub>s, PER peaked 10.13 h after lights-off under T24, and 8.44 h/ 9.16 h after lights-off under T32. Since this is only 1 to 1.5 h earlier than expected under a perfect phase locking we may still regard the E neurons of Pdf<sup>0</sup> mutant as phase locked to lights-off, which supports the hypothesis that the molecular clocks regulating activity rhythm in Pdf<sup>0</sup> mutants behave as hour-glasses. Interestingly, the examination of wildtype data showed that although activity rhythm did not phase lock to lights-off, E neurons of wildtype flies showed clear evidence for phase locking to the lights-off transition. This phase locking appeared even better than that of Pdf<sup>0</sup> mutants as PER peaked always about 12 h after lights-off (11.34 h and 11.35 h under T24, 11.83 and 12.22 h under T32 in 5<sup>th</sup> LN and LN<sub>d</sub>s respectively; Figure 5b). If E neurons in Pdf<sup>0</sup> mutant as well as in wildtype flies are phase locked to lights-off transition, it is puzzling that the activity rhythm of wildtype flies is not phase locked to lights-off. A possible explanation for this discrepancy is again the phase-delaying effect of PDF on E-neuron activity, which is absent in Pdf<sup>0</sup> mutants (Liang et al., 2016, 2017). We therefore speculate that despite the phase locking of molecular clocks in E neurons to lights-off transition, the E activity of wild-type flies does not phase lock to lights-off due to the additional phase delaying effects of PDF. In Pdf<sup>0</sup> mutants, on the other hand, E activity faithfully reflects the phase of E neurons that are phase locked to lights-off transition.

The phase locking of the E neurons to lights-off in Pdf<sup>0</sup> mutants as well as wildtype flies reveals an hourglass like behaviour of E neurons. However, rhythmic nature of E neurons under DD in the absence of PDF (Lin et al., 2004) or s-LN<sub>v</sub> molecular clock (Grima et al., 2004) suggests that the hourglass-like behaviour of E neurons is unlikely to arise from a simple light-driven molecular clock. The Drosophila visual photoreceptors are particularly important for differential light sensitivity of M and E oscillators that allows tracking the changes in photo-period (Yoshii et al., 2004; Rieger et al., 2006; Kistenpfennig et al., 2018). Perhaps, the photic inputs to E neurons from the visual photoreceptors that help flies set the phase of evening activity in wake of changes in daily photo-period may explain the phase locking of E neurons to lights-off transition in our T-cycle experiments.

In summary, our results demonstrate that PDF is necessary to maintain synchrony among clock neurons under LD cycles like under DD, and to delay the phase of E neurons. These results in the light of

| PR     | p-Value | Peak (SE) | PR     | p-Value | Peak (SE) |
|--------|---------|-----------|--------|---------|-----------|
|         |         | ZT, h     |         |         | ZT, h     |
| Wildtype|         |           |         |         |           |
| sLN<sub>v</sub> | .001   | 3.29 (0.34) | 67.67  | .001   | 31.23 (0.41) |
| lLN<sub>v</sub> | .001   | 3.07 (0.41) | 74.00  | .001   | 28.99 (0.35) |
| 5th LN<sub>v</sub> | .001   | 3.34 (0.35) | 50.66  | .001   | 27.83 (0.58) |
| LN<sub>d</sub> | .001   | 3.35 (0.25) | 77.94  | .001   | 28.22 (0.31) |
| DN<sub>1</sub> | .001   | 2.37 (0.21) | 85.68  | .001   | 28.35 (0.23) |
| DN<sub>3</sub> | .001   | 3.40 (0.33) | 52.84  | .001   | 26.27 (0.56) |
| L<sub>p</sub> |         |           |         |         |           |
| sLN<sub>v</sub> | .001   | 2.97 (0.27) | 66.61  | .001   | 28.87 (0.42) |
| lLN<sub>v</sub> | .001   | 2.15 (0.30) | 70.37  | .001   | 29.13 (0.38) |
| 5th LN<sub>v</sub> | .001   | 2.13 (0.31) | 56.26  | .001   | 24.44 (0.52) |
| LN<sub>d</sub> | .001   | 2.13 (0.22) | 67.03  | .001   | 25.16 (0.41) |
| DN<sub>1</sub> | .001   | 1.90 (0.23) | 79.73  | .001   | 28.10 (0.29) |
| DN<sub>3</sub> | .001   | 2.78 (0.38) | 21.81  | .001   | 26.49 (1.12) |

Table 6. Contribution of the 24 h or 32 h periodicity, their statistical significance and timings of peak phases of nuclear PER in clock neurons.

Abbreviations: PER = PERIOD protein; PR = percentage rhythm; ZT = zeitgeber Time; sLN<sub>v</sub> = small lateral ventral neurons; lLN<sub>v</sub> = large lateral ventral neurons; LN<sub>d</sub>s = lateral dorsal neurons; DN<sub>1</sub> = dorsal neurons 1; DN<sub>3</sub> = dorsal neurons 3. The single-component COSINOR based method was used to analyse time series of PER staining intensities in individual sub-groups of clock neurons to detect rhythmicity and estimate rhythm parameters. The statistic—PR estimates the strength of periodic component being tested in the analysis. The COSINOR being a regression-based method; PR is analogues to an R² value (coefficient of determination) which represents percentage of overall variation explained by the fitted model. The p-values are from F-tests for the statistical significance of the period being tested.
observations from previous studies show that PDF is necessary for appropriate timing of E activity by delaying the phases of molecular clock and neural activity rhythm of E neurons. Together, our results suggest that the PDF is necessary for appropriate phase relationship of *Drosophila* activity rhythms and
it plays a more complex role than thought before. Our analysis also shows that the phase of molecular clock in E neurons is set by lights-off transition, revealing a distinct entrainment property of E neurons.

ACKNOWLEDGMENTS

This work was supported by the Marie Curie ITN ‘INsecTIME’ and SFB1047 ‘Insect timing’ grants to C.H.F., K.V., and C.H.F. designed the experiments and wrote the manuscript. K.V. performed experiments, analysed the data. Both authors edited and reviewed the manuscript; and approved the final version. We are grateful to Dirk Rieger, Enrico Bertolini, Pamela Menegazzi and Nils Reinhard for help with immunohistochemistry and imaging; and Ralf Stanewsky for providing antibodies. We thank Abhilash Lakshman for comments on the manuscript and members of our group for fruitful discussions. We also thank two anonymous reviewers for their valuable comments.

CONFLICT OF INTEREST STATEMENT

The author(s) have no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

ORCID iDs

Koustubh M. Vaze https://orcid.org/0000-0001-8478-6810
Charlotte Helfrich-Förster https://orcid.org/0000-0002-0859-9092

REFERENCES

Abhilash L and Sheeba V (2019) RhythmicAlly: your R and Shiny-based open-source ally for the analysis of biological rhythms. J Biol Rhythms 34:551-561.
Aschoff J and Wever R (1962) On phase relationships between periods of biological rhythms and of zeitgebers. Z vergl Physiol 46:115-128.
Blanchardon E, Grima B, Klarsfeld A, Chélot E, Hardin PE, Prétat T, and Rouyer F (2001) Defining the role of Drosophila lateral neurons in the control of circadian rhythms in motor activity and eclosion by targeted genetic ablation and PERIOD protein overexpression. Eur J Neurosci 13:871-888.
Cornelissen G (2014) Cosinor-based rhythmometry. Theor Biol Med Model 11:16.
Grima B, Chélot E, Xia R, and Rouyer F (2004) Morning and evening peaks of activity rely on different clock neurons of the Drosophila brain. Nature 431:869-873.
Guo F, Cerullo I, Chen X, and Rosbash M (2014) PDF neuron firing phase-shifts key circadian activity neurons in Drosophila. eLife 3:e02780.
Helfrich C and Engelmann W (1987) Evidences for circadian rhythmicity in the per mutant of Drosophila melanogaster. Z Naturforsch 42c:1335-1338.
Helfrich-Förster C (1995) The period clock gene is expressed in central nervous system neurons which also produce a neuropeptide that reveals the projections of circadian pacemaker cells within the brain of Drosophila melanogaster. Proc Natl Acad Sci U S A 92:612-616.
Helfrich-Förster C (2001) The locomotor activity rhythm of Drosophila melanogaster is controlled by a dual oscillator system. J Insect Physiol 47:877-887.
Helfrich-Förster C (2003) The neuroarchitecture of the circadian clock in the brain of Drosophila melanogaster. Microsc Res Tech 62:94-102.
Helfrich-Förster C (2020) Light input pathways to the circadian clock of insects with an emphasis on the fruit fly Drosophila melanogaster. J Comp Physiol A Neuroethol Sens Neural Behav Physiol 206:259-272.
Helfrich-Förster C, Shafer OT, Wülbeck C, Grieshaber E, Rieger D, and Taghert P (2007) Development and morphology of the clock-gene-expressing lateral neurons of Drosophila melanogaster. J Comp Neurol 500:47-70.
Helfrich-Förster C, Yoshii T, Wülbeck C, Grieshaber E, Rieger D, Bachleitner W, Cusumano P, and Rouyer F (2007) The lateral and dorsal neurons of Drosophila melanogaster: new insights about their morphology and function. Cold Spring Harb Symp Quant Biol 72:517-525.
Hermann-Luibl C and Helfrich-Förster C (2015) Clock network in Drosophila. Curr Opin Insect Sci 7:65-70.
Hoffmann K (1968) On the influence of zeitgeber strength on the phase relationship of the entrained circadian clock. Z Vergl Physiol 62:93-110.
Horn M, Mitesser O, Hovestadt T, Yoshii T, Rieger D, and Helfrich-Förster C (2019) The circadian clock improves fitness in the fruit fly, Drosophila melanogaster. Front Physiol 10:1374.
Im SH and Taghert PH (2010) PDF receptor expression reveals direct interactions between circadian oscillators in Drosophila. J Comp Neurol 518:1925-1945.
Im SH, Li W, and Taghert PH (2011) PDFR and CRY signaling converge in a subset of clock neurons to modulate the amplitude and phase of circadian behavior in Drosophila. PLoS ONE 6:e18974.
Johnson CH (1992) Phase response curves: what can they tell us about circadian clocks? In: Hiroshige T and Honma K editors. Circadian Clocks from Cell to Human. Sapporo (Japan): Hokkaido University Press, p. 209-249.
Kaneko M, Helfrich-Förster C, and Hall JC (1997) Spatial and temporal expression of the period and timeless
genes in the developing nervous system of Drosophila: newly identified pacemaker candidates and novel features of clock gene product cycling. J Neurosci 20: 3339–3353.

Kistenpfennig C, Nakayama M, Nihara R, Tomioka K, Helfrich-Förster C, and Yoshii T (2018) A tug-of-war between cryptochrome and the visual system allows the adaptation of evening activity to long photoperiods in Drosophila melanogaster. J Biol Rhythms 33: 24–34.

Konopka RJ and Benzer S (1971) Clock mutants of Drosophila melanogaster. Proc Natl Acad Sci U S A 68:2112-2116.

Lear BC, Merril CE, Lin JM, Schroeder A, Zhang L, and Allada R (2005) A G protein-coupled receptor, grooming-PDF, is required for PDF neuron action in circadian behavior. Neuron 48:221–227.

Lear BC, Zhang L, and Allada R (2009) The neuropeptide PDF acts directly on evening pacemaker neurons to regulate multiple features of circadian behavior. PLoS Biol 7:e1000154.

Lee Gierke C and Cornelissen G (2016) Chronomics analysis tool kit (CATKit). Biol Rhythm Res 47:163-181.

Li MT, Cao LH, Xiao N, Tang M, Deng B, Yang T, Yoshii T, and Luo DG (2018) Hub-organized parallel circuits of central circadian pacemaker neurons for visual phototainment in Drosophila. Nat Commun 9:4247.

Liang X, Holy TE, and Taghert PH (2016) Synchronous Drosophila circadian pacemaker displays nonsynchronous Ca2+ rhythms in vivo. Science 351:976-981.

Liang X, Holy TE, and Taghert PH (2017) A series of suppressive signals within the Drosophila circadian neural circuit generates sequential daily outputs. Neuron 94:1173–1189.

Lin Y, Stormo GD, and Taghert PH (2004) The neuropeptide pigment-dispersing factor coordinates pacemaker interactions in the Drosophila circadian system. J Neurosci 24:7951-7957.

Menegazzi P, Vanin S, Yoshii T, Rieger D, Hermann C, Dusik V, Kyriacou CP, Helfrich-Förster C, and Costa R (2013) Drosophila clock neurons under natural conditions. J Biol Rhythms 28:3-14.

Mertens I, Vandingenen A, Johnson EC, Shafer OT, Li W, Trigg JS, De Loof A, Schoofs L, and Taghert PH (2005) PDF receptor signaling in Drosophila contributes to both circadian and geotactic behaviors. Neuron 48: 213-219.

Peng Y, Stoleru D, Levine JD, Hall JC, and Rosbash M (2003) Drosophila free-running rhythms require intercellular communication. PLoS Biol 1:E13.

Picot M, Cusumano P, Klarsfeld A, Ueda R, and Rouyer F (2007) Light activates output from evening neurons and inhibits output from morning neurons in the Drosophila circadian clock. PLoS Biol 5:2513-2521.

Pittendrigh CS (1966) The circadian oscillation in Drosophila pseudoobscura pupae: a model for the photoperiodic clock. Z Pflanzenphysiol 54:275-307.

Pittendrigh CS and Minis DH (1964) The entrainment of circadian oscillations by light and their role as photoperiodic clocks. Am Nat 98:261-294.

Pittendrigh CS and Minis DH (1972) Circadian systems: longevity as a function of circadian resonance in Drosophila melanogaster. Proc Natl Acad Sci U S A 69:1537-1539.

Renn SC, Park JH, Rosbash M, Hall JC, and Taghert PH (1999) A pdf neuropeptide gene mutation and ablation of PDF neurons each cause severe abnormalities of behavioral circadian rhythms in Drosophila. Cell 99:791-802.

Rieger D, Shafer OT, Tomioka K, and Helfrich-Förster C (2006) Functional analysis of circadian pacemaker neurons in Drosophila melanogaster. J Neurosci 26:2531-2534.

Roberts L, Leise TL, Noguchi T, Galschiot AM, Houl JH, Welsh DK, and Holmes TC (2015) Light evokes rapid circadian network oscillator desynchrony followed by gradual phase retuning of synchrony. Curr Biol 25: 858-867.

Roenneberg T, Daan S, and Merrow M (2003) The art of entrainment. J Biol Rhythms 18:183-194.

Roenneberg T, Dragovic Z, and Merrow M (2005) Demasking biological oscillators: properties and principles of entrainment exemplified by the Neurospora circadian clock. Proc Natl Acad Sci U S A 102:7742-7747.

Ruben M, Drapeau MD, Mizrak D, and Blau J (2012) A mechanism for circadian control of pacemaker neuron excitability. J Biol Rhythms 27:353-364.

Schmid B, Helfrich-Förster C, and Yoshii T (2011) A new ImageJ plug-in ‘ActogramJ’ for chronobiological analyses. J Biol Rhythms 26:464-467.

Schubert FK, Hagedorn N, Yoshii T, Helfrich-Förster C, and Rieger D (2018) Neuroanatomical details of the lateral neurons of Drosophila melanogaster support their functional role in the circadian system. J Comp Neurol 526:1209-1231.

Seluzicki A, Flourakis M, Kula-Eversole E, Zhang L, Kilman V, and Allada R (2014) Dual PDF signalling pathways reset clocks via TIMELESS and acutely excite target neurons to control circadian behavior. PLoS Biol 12:e1001810.

Shafer OT, Kim DJ, Dunbar-Yaffe R, Nikolaev VO, Lohse MJ, and Taghert PH (2008) Widespread receptivity to neuropeptide PDF throughout the neuronal circadian clock network of Drosophila revealed by real-time cyclic AMP imaging. Neuron 58:223-237.

Stoleru D, Nawathean P, Fernández MP, Menet JS, Ceriani MF, and Rosbash M (2007) The Drosophila circadian network is a seasonal timer. Cell 129:207-219.

Stoleru D, Peng Y, Agosto J, and Rosbash M (2004) Coupled oscillators control morning and evening locomotor behaviour of Drosophila. Nature 431:862-868.

Stoleru D, Peng Y, Nawathean P, and Rosbash M (2005) A resetting signal between Drosophila pacemakers synchronizes morning and evening activity. Nature 438:238-242.
Top D and Young MW (2018) Coordination between differentially regulated circadian clocks generates rhythmic behavior. Cold Spring Harb Perspect Biol 10:a033589.
Wu Y, Cao G, and Nitabach MN (2008) Electrical silencing of PDF neurons advances the phase of non-PDF clock neurons in Drosophila. J Biol Rhythms 23:117-128.
Yao Z and Shafer OT (2014) The Drosophila circadian clock is a variably coupled network of multiple peptidergic units. Science 343:1516-1520.
Yoshii T, Funada Y, Ibuki-Ishibashi T, Matsumoto A, Tanimura T, and Tomioka K (2004) Drosophila cry\(^{b}\) mutation reveals two circadian clocks that drive locomotor rhythm and have different responsiveness to light. J Insect Physiol 50:479-488.
Yoshii T, Hermann-Luibl C, and Helfrich-Förster C (2015) Circadian light-input pathways in Drosophila. Commun Integr Biol 9:e1102805.
Yoshii T, Vanin S, Costa R, and Helfrich-Förster C (2009) Synergic entrainment of Drosophila’s circadian clock by light and temperature. J Biol Rhythms 24:452-464.
Yoshii T, Wülbeck C, Sehadova H, Veleri S, Bichler D, Stanewsky R, and Helfrich-Förster C (2009) The neuropeptide pigment-dispersing factor adjusts period and phase of Drosophila’s clock. J Neurosci 29:2597-2610.