The optimal lock down intensity for COVID-19

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ABSTRACT

One of the principal ways nations are responding to the COVID-19 pandemic is by locking down portions of their economies to reduce infectious spread. This is expensive in terms of lost jobs, lost economic productivity, and lost freedoms. So it is of interest to ask: What is the optimal intensity with which to lock down, and how should that intensity vary dynamically over the course of an epidemic? This paper explores such questions with an optimal control model that recognizes the particular risks when infection rates surge beyond the healthcare system’s capacity to deliver appropriate care. The analysis shows that four broad strategies emerge, ranging from brief lock downs that only “smooth the curve” to sustained lock downs that prevent infections from spiking beyond the healthcare system’s capacity. Within this model, it can be optimal to have two separate periods of locking down, so returning to a lockdown after initial restrictions have been lifted is not necessarily a sign of failure. Relatively small changes in judgments about how to balance health and economic harms can alter dramatically which strategy prevails. Indeed, there are constellations of parameters for which two or even three of these distinct strategies can all perform equally well for the same set of initial conditions; these correspond to so-called triple Skiba points. The performance of trajectories can be highly nonlinear in the state variables, such that for various times t, the optimal unemployment rate could be low, medium, or high, but not anywhere in between. These complex dynamics emerge naturally from modeling the COVID-19 epidemic and suggest a degree of humility in policy debates. Even people who share a common understanding of the problem’s economics and epidemiology can prefer dramatically different policies. Conversely, favoring very different policies is not evident that there are fundamental disagreements.

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1. Introduction

A central strategy for responding to the COVID-19 pandemic is “locking down” parts of the economy to reduce social interaction and, hence, contagious transmission. Multiple countries have started aggressively, locking down all but essential services such as healthcare and public safety, and then gradually re-opened increasing shares of the economy. Re-opening has been prompted both by progress in pushing down infection rates and also “lock-down fatigue”, in which the public’s cooperation wanes when lock downs are perceived of as having gone on too long. Some regions and countries have then seen infection rates rebound and returned to a renewed lockdown, sometimes more severe sometimes less severe than the first. Some places have suffered such widespread infection that a nontrivial proportion of the population has passed through infection to reach a “recovered state”, although there is uncertainty as to whether the resulting immunity is brief (as with seasonal flu) or long-lasting (as with chicken pox).
All of these considerations raise the challenging question of what is the optimal degree to which a country should lock down, and how that intensity should vary as the state of the epidemic evolves. We try to address that problem with an optimal control model. The heart of the model is a classic SIR or Susceptible–Infected–Recovered differential equation model, but it is enhanced in several ways. For example, the lethality of the infection varies depending on whether there are so many simultaneous infections that critical care capacity has been swamped. The most fundamental extension, though, is creating an objective function that balances three considerations: (1) Health harms (primarily COVID-related deaths), (2) Economic harm (primarily from unemployment), and (3) Adjustment costs, meaning that sharp oscillations in the intensity of the lockdown are costly because it becomes hard for people and businesses to constantly adapt to changing rules. Although businesses can be shut down quickly, re-opening is not as easy; policy makers cannot just order by fiat all businesses to return to their previous levels of employment. So the level of employment or economic activity is treated as a state variable, and the control is adjustments to that level, with asymmetric costs reflecting that it is easier to destroy than to create jobs. Another innovation is that public discontent with the duration and intensity of the lockdown is represented by a fifth state variable that can enter the objective function directly and also modulate compliance with social distancing demands and, hence, the rate of infection.

The solutions are complex and span a range of qualitatively different strategies, such as locking down sufficiently long and forcefully to drive infection rates down to very low levels and, at the other extreme, locking down only sparingly to merely soften the peak of infections, without truly sparing most of the public from infection. Which strategy wins – in the sense of delivering the lowest overall total cost – depends on the various parameter values in predictable ways, and there are constellations of parameters for which multiple qualitatively different strategies may perform equally well, even though those strategies are very different. These tipping points have been variously called Skiba, Sethi-Skiba, DNS, and DNS points to celebrate the contributions of various pioneers in the field.

Interestingly in this model there are not only conventional Skiba points separating two alternate optimal strategies, but also “triple Skiba points” separating three different equally appealing strategies, and even instances in which there are multiple triple Skiba points in the same bifurcation diagram.

Importantly, there are Skiba thresholds depending on parameters that are either not known scientifically or that reflect value judgments (such as how to trade off saving lives with creating jobs). Hence, one meta-message of this analysis is that when two countries or two people favor sharply different policies, that does not imply that they must have sharply different understandings of the disease, its contagious spread, or even the extent of economic dislocation lockdowns create. Preferences for sharply different policies do not imply there need for sharp disagreements. Hence, a degree of humility and generosity may be appropriate when talking with people who favor very different policies.

This even extends to the number of lockdowns. Sometimes it appears that the optimal solution involves locking down, ending the lockdown and reintstituting it, sometimes with the second lockdown being more severe than the first. Hence, if a country endures a second lockdown, that cannot be taken as proof that the first lockdown “failed”, or that policymakers made mistakes.

There is now a growing literature on COVID-19 and its economic consequences related to extended periods of economic lockdown, although so far, only a minority of these papers have investigated the optimal timing, length and extent of the lockdown itself. We mention a few of the exceptions. Starting from the simple epidemiological SIR model, Gonzalez-Eiras and Niepelt (2020) investigate the optimal lockdown intensity and duration taking into account the tradeoff between health and economic consequences of the lockdown. Alvarez et al. (2020) similarly employ a standard SIR model where they control the fraction of the population going into lockdown. The model is derived with and without testing as a control variable. If testing is included, the optimal lockdown in the US should be started one week after the outbreak of the virus and be relaxed after one month. The absence of testing shortens the optimal length of the lockdown, which is due to the dynamics of the epidemiology, i.e. the fraction of recovered people over time increases, implying that the efficiency of the lockdown decreases since also recovered people are locked down.

Köhler et al. (2020) analyze the impact of measures like social distancing which reduce the infection rate. The paper distinguishes between different groups of infected, and assumes that the mortality rate depends on the capacity of the health system. The objective is to minimize the number of fatalities, but the authors take the societal and economic costs of the policy measures into account by means of requiring these costs not to exceed the costs of some baseline policy. To handle uncertainties, they promote a model predictive control based feedback strategy where the policy measures are updated at discrete points in time.

Acemoglu et al. (2020) allow the intensity of the lockdown to differ for different age-groups, distinguishing between “young”, “middle-aged” and “old” populations, in a SIR model. In that model, differentiated policy measures significantly outperform optimal uniform policies. The gains can be realized by having stricter policies on the oldest age-group. Aspri et al. (2021) consider a SEIRD model, where the population is divided into susceptibles, exposed but asymptomatic, infected, recovered and deceased, and obtain multiple lockdowns as well as Skiba points.

Caulkins et al. (2020) add to this literature by considering the limited capacity constraint of intensive care units within the health care system. If the number of infected people needing intensive care exceeds the constraint the death rate of these patients increases relative to similar individuals who are able to receive appropriate care. However, the modeling of lockdowns was very simple, optimizing only over the lockdown’s start and end time, not over its intensity. The present paper preserves (Caulkins et al., 2020) modeling of intensive care capacity and extends it by allowing for multiple lockdowns with different intensities and lengths. We also explicitly model “lockdown fatigue” by an additional state variable that accumulates the intensity and length of the lockdown. Greater fatigue undermines the lockdown’s effectiveness as people become less compliant with restrictions, so this “memory of lockdowns” affects the efficiency of the lockdown. Furthermore, we assume that adjusting the lockdown is costly. In particular, we allow for an asymmetry in the costs of strengthening and weakening the lockdown.

The analysis also contributes to the celebrated history of papers exploring Skiba thresholds (see Grass et al. (2008), Sethi (2019)). In particular, we find triple Skiba points in a finite time horizon problem, and even multiple triple Skiba points for specific parameter constellations, using bifurcation analyses comparable to those found in Grass (2012) and Kiseleva and Wagener (2010, 2015). The first triple Skiba point was found when solving the two-state intensity splitting production/inventory model in Steindl and Feichtinger (2004). Zeiler et al. (2011) is another example where a solution with a triple Skiba point occurs. However, both of these papers consider infinite time horizon models, whereas in our framework the time horizon is finite. In that sense the model of Caulkins et al. (2015) is more related, but there just Skiba points in the usual sense, i.e. separating “only” two different solutions with equal objective value, occur.
We proceed by introducing the model. Section 3 presents the numerical results for the base case parameters and provides an in-depth discussion of the implications of triple Skiba points. In Section 4 the results are discussed and Section 5 concludes.

2. The model

2.1. Lockdowns

A lockdown reduces interaction among people by closing down businesses and restricting social interaction (e.g., preventing families from visiting loved ones in nursing homes). We do not distinguish between business-related and non-business restrictions and so effectively assume that they move together. If the rate of infection and other factors point to severe [mild] restrictions on business, then one would expect greater [lesser] restrictions on personal social interactions as well.

We define \( \gamma(t) \) to be the actual number of people working as a proportion of those who would normally be working, so apart from COVID-19 we would have \( \gamma(t) = 1 \). As soon as the lockdown starts, \( \gamma(t) \) will drop below 1, which hurts the economy, but reduces social interactions and, hence, the rate of new infections, in a manner described below.

Note that \( \gamma(t) \) is modeled as a state variable, not a control, for three reasons. First, outside of a command-and-control state-run economy, policy makers do not get to choose directly the level of employment. Second, adjusting the level of employment takes time and is costly. If a country that has shut down its auto manufacturing permits that supply chain to reopen, it will take time to reestablish connections (e.g., because some suppliers may have gone bankrupt) and could even require some sort of fiscal stimulus to “prime the pump” in the Keynesian sense of the term. We allow these costs to be asymmetric; it may well be easier to shut down industries than to restart them.

Third, the final value of \( \gamma(t) \) at the model’s terminal time \( T \) (when a vaccine renders lockdowns moot) enters into the salvage value function. The reason is that if two solutions rack up identical costs over the time period \( 0, T \) but one reaches time \( T \) with its economy intact (i.e., \( \gamma(T) \) close to 1) and the other reaches time \( T \) in the midst of a deep recession (\( \gamma(T) \) well below 1), then the first solution should be preferred. This salvage function reflects the hang-over effect of economic damage that extends beyond the period when the infection’s dynamics are relevant. If \( \gamma(t) \) and, hence, \( \gamma(T) \), were a control variable, then the optimal solution would always choose to discontinuously jump \( \gamma(t) \) to 1 at time \( T \) to magically make the long-run costs of the lockdown-induced economic dislocation disappear.

Hence, we let the change in the employment ratio \( u(t) \) be a control variable that has adjustment costs, and add a state equation

\[
\dot{\gamma}(t) = u(t), \quad \gamma(0) = 1,
\]

which reflects a pre-COVID situation with \( \gamma(0) = 1 \).

We include a state constraint that

\[
\gamma(t) \leq 1, \quad 0 \leq t \leq T,
\]

since an economy having more than 100% employment makes no sense.

2.2. Lockdown fatigue

People are not robots, and the effectiveness of policies restricting activities depends, in part, on the public’s level of cooperation with public health protocols. A country could restrict restaurants to take-out service, but if the kitchen workers refuse to wear masks, wash hands frequently, or maintain social distancing during break times then some of the potential benefits will not be realized.

Our sense is that in many jurisdictions the public’s tolerance for restrictions begins to wane the more restrictive is the lockdown, and the longer it lasts. So the lockdown’s effect on virus transmission depends not only on the instantaneous value of \( \gamma(t) \), but also on some accumulated memory of how burdensome the lockdown has been up until time \( t \).

The state variable \( z(t) \) captures this “lockdown fatigue” through a standard accumulation stock dynamic that is driven by the rate of COVID-induced unemployment. Since \( \gamma(t) \) measures the proportion who are employed, \( 1 - \gamma(t) \) is the proportion who are unemployed. Hence,

\[
\dot{z}(t) = \kappa_1 (1 - \gamma(t)) - \kappa_2 z(t) ,
\]

where \( \kappa_1 \) governs the rate of accumulation of fatigue and \( \kappa_2 \) measures its rate of exponential decay. Note that if the worst imaginable lockdown (\( \gamma(t) = 0 \)) lasted forever then \( z \) would grow to its maximum possible value of \( z_{\text{max}} = \kappa_1/\kappa_2 \).

2.3. Epidemic dynamics

The foundation of our epidemic model is the standard SIR or Susceptible–Infected–Recovered structure. In it, new infections are proportional to the number of susceptible people, the proportion of people they meet who are infectious, and a proportionality factor \( \beta(t) \), which encompasses both the number of interactions and the likelihood that an interaction produces an infection. Numbers of interactions can be reduced by shutting down business and by adaptations on the consumer side; e.g., only going to the grocery store once every two weeks instead of every week. The likelihood of infection given an interaction is affected by things like mask wearing, hand washing, and remaining at least two meters apart during an interaction.

The function \( \beta(z(t), \gamma(t)) \) should be convex in \( \gamma(t) \) because the first businesses that are closed are the ones whose activities generate the most infections per unit of employment or economic value. E.g., a society could be expected to first forbid concerts and other large public gatherings, then socializing in bars and dine-in restaurants, and then, if the need is great enough, to shut down manufacturing, construction, and other non-essential workplaces that do not involve direct interaction with the public.

\[
\beta := \beta(\gamma(t), z(t)), \quad \beta > 0, \quad \beta \gamma > 0, \quad \beta_2 > 0, \quad \beta(1, 0) = \bar{\beta},
\]

where \( \bar{\beta} \) stands for the rate of social interaction in pre-COVID times.

In the absence of lockdown fatigue, we might model \( \beta \) as some minimum level of infection risk \( \beta_1 \) that is produced just by essential activities (providing healthcare, food, and emergency services) plus an increment \( \beta_2 \) that is proportional to \( \gamma(t) \) raised to an exponent \( \theta \) that is greater than one to achieve the convexity.

We model the dependence of \( \beta \) on \( z(t) \) and \( \gamma(t) \) as follows:

\[
\beta(\gamma(t), z(t)) := \beta_1 + \beta_2 \left( \gamma(t)^\theta + f \frac{\kappa_2}{\kappa_1} z(t)(1 - \gamma(t)^\theta) \right)
\]

For its properties see Appendix A.
This expression can be interpreted as follows. The term $\frac{k_2}{k_1} z(t)$ is the lockdown fatigue expressed as a percentage of its maximum possible value. So if $f = 1$ and $z(t)$ reached its maximum value, then all of the potential benefits of locking down and pushing $\gamma(t)$ below 1.0 would be negated. In reality, the lockdown fatigue will not reach its maximum and we choose a relatively small value of $f = 0.45$, so this attenuation by lockdown fatigue generally has a somewhat modest force in the analysis below. Nonetheless, we believe it is important to acknowledge this human dimension of how a population responds to extended lockdowns.

2.4. State dynamics

The state dynamics can then be written as

$$\dot{S}(t) = v \cdot N(t) - \beta (\gamma(t)) \frac{S(t)I(t)}{N(t)} - \mu S(t) + \psi R(t) \quad (1a)$$

$$\dot{I}(t) = \beta (\gamma(t)) \frac{S(t)I(t)}{N(t)} - (\alpha + \mu + \mu_I) I(t) \quad (1b)$$

$$\dot{R}(t) = \alpha I(t) - \mu R(t) - \psi R(t) \quad (1c)$$

$$\dot{\gamma}(t) = u(t), \quad \gamma(0) = 1 \quad (1d)$$

$$\dot{z}(t) = k_1 - (1 - \gamma(t)) - k_2 z(t), \quad z(0) = 0 \quad (1e)$$

$$\gamma(t) \leq 1, \quad 0 \leq t \leq T \quad (1f)$$

$$\beta(\gamma(t), z(t)) : = \beta_1 + \beta_2 \bigg( \gamma(t)^{\gamma} + \frac{k_2}{k_1} z(t)(1 - \gamma(t))^{\gamma} \bigg) \quad (1g)$$

where $N(t) = S(t) + I(t) + R(t)$ is the total population.

Note: We write these equations with greater generality than we need or use in this paper. In particular, these equations allow for births at rate $v$, deaths from COVID-19 at rate $\mu_I$, and deaths from other causes at rate $\mu$ but we set those three parameters to zero because the COVID-19 epidemic is playing out over a time horizon that is short enough that births and deaths are not greatly affecting the total population.

That means deaths play a prominent role in the objective function, but not in the state equations. That may seem odd, but it is a reasonable and expedient modeling approximation. COVID-deaths are a central reason why the pandemic is a crisis; they cannot be ignored, so in the objective function, deaths are modeled as a realistic and hence somewhat complicated function of the infection rate. Including those deaths in the state equation would considerably complicate the model, and to little avail. Even though COVID-19 is a horrible pandemic, the infection fatality rate is on the order of 1 percent, so even if everyone were to be infected that would only reduce the population by 1 percent. Furthermore, the deaths are very highly concentrated among older people who are retired and past the age of having children. So omitting deaths from the state equations is a small discrepancy compared to other approximations and uncertainties in the model.

The equations also allow a backflow of recovered individuals back into the susceptible state at a rate $\psi$. How long acquired immunity lasts varies by disease. Immunity to smallpox was once thought to be relatively brief (3–5 years), but is now understood to be longer. Immunity to any specific cold rhinovirus is prolonged, but there are so many rhinoviruses that we can keep getting colds year after year. How long immunity will last with SARS-CoV-2 virus is not known at this time, but immunity to other corona viruses often lasts 3–5 years, so we set $\psi$ to 0.001 per day in our base case, which corresponds to a mean duration of immunity of 1000/365 = 2.74 years. Note: This parameter does influence the character of the optimal solutions, suggesting that figuring out ways of estimating it rapidly for new pandemics could be important for effective policy making.

2.5. Objective function

The other essential part of an optimal control model is the objective. Optimally responding to COVID-19 requires juggling three to five key considerations, depending on whether one lumps all economic considerations together or breaks them out. Of course the primary consideration is health which we model as in an earlier paper, see Caulkins et al. (2020). Deaths dominate health costs because the duration of sickness is relatively short compared with diseases such as cancer, let alone dementia. A contribution of Caulkins et al. (2020) that we also include here is making the risk of death for an infected individual depend on the population-prevalence because the healthcare system can become swamped. In particular, if the number of infected individuals $I(t)$ times the probability that an infected person needs critical care $p$ is less than the healthcare system’s capacity ($H_{\text{max}}$) then the death rate has one value ($\xi_1$); otherwise, for those who cannot receive critical care, it gets bumped up by an additional increment ($\xi_2$). Implementing that literally would require a function with a discontinuous derivative, but as Caulkins et al. (2020) explain, it is possible to find a continuously differentiable function which very closely approximates it. Hence, the health care cost component of the objective function is:

$$V_h(l, \gamma) : = M(\xi_1 p l(t) + \xi_2 \max_0(0, p l(t) - H_{\text{max}}), \xi)$$

with

$$\max_0(0, p l(t) - H_{\text{max}}), \xi : = \frac{1}{\xi} \log \left(1 + e^{\xi(p l(t) - H_{\text{max}})}\right), \quad \xi \gg 1.$$

The label “max” with a subscript $s$ is meant to denote a smoothed version of the maximum function.

Two of the economic costs are the same as in Caulkins et al. (2020). The first is the reduction in economic activity up until time $T$, when a vaccine is widely deployed. Economic activity is modeled with a standard Cobb–Douglas function but capital is assumed to be fixed because the time horizon is short. So output is proportional to the number of workers $l(t)$ times the proportion who are working $\gamma(t)$ raised to an exponent $\sigma$ that is less than one (2/3 in our base case parameter set). Infected individuals are assumed to be too sick to work, so $l(t) = S(t) + R(t)$. Without loss of generality capital $K$ is set equal to 1, meaning the units of the objective function are a day’s economic output at full employment pre-COVID. The economic loss to be minimized is the difference between what production would have been through time $T$ in the absence of COVID-19 ($TKl(0)^{\sigma}r(0)^{\sigma}$) – which sits outside the integral over time since it is a constant – minus the equivalent term with $l(t)$ and $\gamma(t)$ varying over time due to COVID-19.

The second that is the same as in Caulkins et al. (2020) is the residual loss in economic activity after the vaccine is deployed, because it takes time for full employment to be restored. This is the difference between economic output at time $T$ versus time 0 multiplied by a constant $\Gamma$ representing the restoration time. For example, if residual unemployment declined linearly to zero over two years, then $\Gamma$ would be one year (or 365 days) taking into account that over these two years, on average residual unemployment equals half of the amount of unemployment at time $T$. We use that as our base case parameter value, but note that it does not imply a linear recovery; any shape of recovery that integrated out to the equivalent of one year would be equivalent.

The third economic term is the cost of adjusting employment $\gamma(t)$. This is not the cost of people being unemployed but rather the cost of opening or closing businesses, such as loss of
perishable inventory upon shut down and start-up costs when re-opening. As is customary, we make these quadratic in the control $u(t)$ and allow for them to be asymmetric with different constants for shutting down businesses $c_{i}$ and reopening them $c_{r}$, with an extra penalty for reopening after an extended shutdown so that

$$V_{u}(u(t), γ(t)) := \begin{cases} \frac{c_{i}t}{t} u(t)^{2} & u(t) \leq 0 \\ c_{r}(z(t) + 1)u(t)^{2} & u(t) > 0 \end{cases}$$

Putting all of these objective function elements together with the state dynamics, the resulting optimal control model will be the

$$V(X_{0}, u(·)) := \int_{0}^{T} (V(I(t), γ(t)) - V_{0}(I(t), γ(t)) + \int_{N(t)}^{T} (ρ(t)) dt (2a)$$

$$V^{*}(X_{0}) := \max u(·) V(X_{0}, u(·)) (2b)$$

$$X(t) := (S(t), I(t), R(t), γ(t), z(t)), \quad I(t) := S(t) + R(t), \quad N(t) := S(t) + I(t) + R(t), \quad (2c)$$

s.t. \begin{align} \dot{S}(t) &= \nu N(t) - βγ(t) \frac{S(t)}{N(t)} + μS + ψR(t) \\ \dot{I}(t) &= βγ(t) \frac{S(t)}{N(t)} - (α + μ + μ_{I})I(t) \\ \dot{R}(t) &= αI(t) - μR(t) - ψR(t) \\ \dot{z}(t) &= κ_{1}(1 - γ(t)) - κ_{2}z(t), \quad z(0) = 0 \\ γ(t) &\leq 1, \quad 0 \leq t \leq T \\ βγ(t)z(t) &≥ 1 + μ_{I}I(t) + μ_{R}R(t) \end{align} (2d)

For the derivatives we find

$$\frac{∂}{∂u} H(X, u, A) = \begin{cases} 2c_{i}u + A_{4} & u \leq 0 \\ 2c_{i}u + A_{4} & u > 0 \end{cases} (3d)$$

$$\frac{∂^2}{∂u^2} H(X, u, A) = \begin{cases} 2c_{i} & u \leq 0 \\ 2c_{i} & u > 0 \end{cases} (3e)$$

Let $(X^{*}(·), u^{*}(·))$ be an optimal solution. Then the Hamiltonian maximizing condition yields for $γ^{*}(t) < 1$

$$\begin{align} u^{*}(t) &= \arg\max_{u} H(X^{*}(t), u, A(t)) \\ &= \begin{cases} \frac{A_{4}(t)}{2c_{i}} & A_{4}(t) ≥ 0 \\ \frac{A_{4}(t)}{2c_{i}} & A_{4}(t) < 0 \end{cases} (3f) \end{align}$$

Theorem 2.6 Necessary optimality conditions

The Hamiltonian\(^{1}\) is

$$H(X, u, A) = V(I(t), γ(t)) - V_{0}(I(t), γ(t)) - V_{u}(u(·), γ) + A^{r}\dot{X},$$

$$\begin{align} &= V(I(t), γ(t)) - V_{0}(I(t), γ(t)) - V_{u}(u(·), γ) + A^{r}\dot{X} \\ &+ A_{1} \left( \nu N - βγ \frac{S}{N} - μS + ψR \right) \quad (3a) \\ &+ A_{2} \left( βγ \frac{S}{N} - (α + μ + μ_{I})I \right) \\ &+ A_{3} \left( αI - μR - ψR \right) \\ &+ A_{4}u + A_{5}(κ_{1}(1 - γ) - κ_{2}z) \end{align} \quad (3b)$$

with $A := (A_{1}, A_{2}, A_{3}, A_{4}, A_{5})$ denoting the costate variables. We use the indirect adjoining approach for the pure state constraint (2i), see Hartl et al. (1995). Therefore, we define the Lagrangian

$$\mathcal{L}(X, u, A, ψ) := H(X, u, A) + ψu.$$

\(^{1}\) in the sequel we omit time argument $t$ unless needed.
As for but CDC data suggest that the average time in hospital for those needing critical care is actually only about 12 days. So we set $H_{\text{max}} = 0.0002$, which is approximately equal to $(15/12) \times 176$ per 1000. 

There is not truly consensus about any of the key parameters, but the two for which the widest range of values seem plausible are the probability an infected individual needs critical care, $p$, and the social cost of a death, $M$.

Based on early CDC guidance and the literature generally, our sense was that the probability of needing hospitalization given a detected infection was around 15%, about 30% of those entering the hospital required critical care beds, and about 45% of those needing critical care died even if they received that care. $\xi_1$ is the death rate per day for infected people who need critical care and receive it. If the death rate for such individuals over an entire infection is 45% and the average dwell time in the $l$ state is 15 days, then the death rate per day is $\xi_1 = \alpha 45\%$, or about 3%.

$\xi_2$ is the additional, incremental death rate per day for infected people who need critical care but do not receive it. If the death rate for such individuals over an entire infection is 100% and the average dwell time in the $f$ state is 15 days, then the incremental death rate per day is $\xi_2 = \alpha (1% - 45\%)$, or about 367.

At one point it appeared that about half of all infections were detected, implying that the probability of needing a critical care bed given infection, $p$, might be about 50% × 15% × 30% = 2.25%. We take that as our base case value.

In Alvarez et al. (2020) a premature death is valued at $20 \times$ GDP per capita. Kniesner et al. (2012) use a much greater value of $150 \times$ GDP per capita. Hammitt (2020) provides multiple reasons why lower values may be preferred for analysis of COVID-19 in particular. For example, lower values would apply if one focused on years-of-life-lost, since most deaths are among the elderly, especially those with other pre-existing conditions. E.g., Richardson et al. (2020) report that the vast majority of those hospitalized for COVID-19 had prior serious comorbidities such as hypertension, obesity, and diabetes, to the extent that their estimated 10-year survival rate absent COVID-19 was only 53%. So we consider a range from $10 \times$ to $150 \times$ GDP per capita.

We set $\sigma = \frac{4}{9}$. The term $K(yL)^{2/3}$ measures GDP per day - $K$ is the constant that we assume to capture everything except labor. Therefore, $365K(yL)^{2/3}$ equals the nation's GDP. Without loss of generality we set $K = 1$ and consider a wide range of values for $M$ to study the relation between the values of lost work and lost lives.

3. Results

3.1. Results with base case parameters

For the base case parameters in Table 1 three qualitatively different lockdown strategies can be optimal depending on the value of $M$, which denotes the value of preventing a death due to COVID-19. Typical trajectories for $\gamma$, the level of employment, are shown in Panels (a)–(c) of Fig. 1.

Regime I applies for smaller values of $M$; it has only one relatively brief lockdown early on to dampen the intensity of the epidemic (Panel (a)). In Regime II, for intermediate values of $M$, it is optimal to have two separate lockdowns, one early and one later, shortly before the vaccine gets widely deployed (Panel (b)). In Regime III, with larger values of $M$, there is just one lockdown, but it is sustained (Panel (c)). In this case, that effectively drives the epidemic down to minimal levels for an extended time. We call these the “short lockdown”, “double lockdown” and “sustained” strategies; they correspond to Regimes I, II, and III in Fig. 2, respectively. The lower three panels show the time evolution of two key components of the objective function.
Fig. 1. Panels (a), (b) and (c) show solution paths for each of the three regimes which differ with respect to the size of the social cost of a death $M$. On the blue part of the solution paths the value of the control $u$ is negative, on the green part it is positive and on the red part it is zero with the constraint $\gamma \leq 1$ being active.

Panels (d), (e) and (f) show the number of infected and denote the ICU capacity as a horizontal line. Panels (g), (h) and (i) show the health (solid) and economic (dashed) costs.

Skipping over to the far right, Panel (i) shows that with a sustained lockdown, economic losses are very large (a 40% or greater loss of output for more than one year), and the health costs are nonetheless still substantial, but mostly constrained to the first year. People living through COVID times under that strategy would experience it as an acute health crisis that trigger a sustained economic slump.

With the particular double lockdown illustrated in Panel (e) there is only one (early) spike in infection and health costs; that is, the second lockdown is timed to preempt a resurgence in infections, not as a response to it. So in this model, a double lockdown can be optimal, but with these parameters it would not look like lockdowns reinstated in Europe in Fall of 2020, which were imposed grudgingly, only after infection rates had become quite high.

There are also notable differences in the duration of the costs. With a short lockdown, the pain reaches excruciating levels but is largely over within months. Conversely, the sustained lockdown imposes sustained (economic) pain, more or less right up to the time that a vaccine is widely deployed.

Naturally, as Fig. 2 shows, the value function is decreasing in $M$; the more costly a death, the less well the social planner can do. The slope is initially steep because with only a brief lockdown, there are many infections, and so many deaths. Increasing the cost per death reduces the objective function value at a steep rate. That is also true in the second regime that has two lockdowns,
implying that the total number who become infected is rather large for that strategy as well. Only when $M$ becomes large and it is optimal to sustain a strong lockdown does the dependence of $V$ on $M$ become less steep.

The solid vertical line in Fig. 2 passing through the kink in $V(M)$ is a point at which two different strategies perform equally well; their lockdown intensities and corresponding health and economic costs are illustrated in Fig. 3. When $M = 1.7888 \times 10^4$ the solid and dashed trajectories perform equally well overall even though they represent very different policies. The solid line is a double lockdown strategy that is very similar to the double lockdown strategy in Fig. 1(b); the dashed line shows a sustained and aggressive lockdown that suffers unemployment around 40% for more than a year but greatly reduces infections and deaths.

Such points at which there are alternate optimal strategies are Skiba points (for an exact definition see Definition 1 in Appendix B). From the same initial point, two different optimal trajectories emerge.

Fig. 3 shows the trajectory of the health (Panel (b)) and economic costs (Panel (c)). A political challenge of implementing the double lockdown strategy would be extremely intense health costs early on; literally, there would be people dying in the streets. Also Panel (c) shows that under this optimal double lockdown, there would be a significant second wave of economic costs (bump in Panel (c)) without a corresponding bump up in infection. That is, the second lockdown should be implemented before there is a second wave of infection in order to prevent that second wave. By contrast, what has been observed in reality in many countries is second lockdowns coming after there is already a significant second wave of infection. It is always hard politically to implement painful measures to prevent something because the public does not ever see or experience that which has successfully been prevented. So people living through that second lockdown might be highly critical of the government imposing that second round of economic hardship, seemingly without cause.

There are also two conspicuous political challenges with the sustained lockdown strategy. First, there are still many infections and deaths, so the public would suffer severe economic hardship and also see large numbers of infections and deaths. Second, there would be significant lockdown fatigue, as indicated in Fig. 4.

In particular, Fig. 4 shows additional consequences of following those two very different strategies that are both optimal when $M = 1.7888 \times 10^4$. The double lockdown strategy (solid line) starts with a modest initial lockdown; that flattens the infection curve only moderately relative to the no-control scenario shown by the faint gray line). Relative to no control, at the epidemic’s peak, the number who are infected at one time is about 25 percent lower, but that would still completely swamp hospital’s treatment capacity. That is, not only does that strategy allow

| Table 1 | Base case parameter values and initial state variable values. |
|---------|-------------------------------------------------------------|
| Variable | Value | Description |
| $\alpha$ | 1/15 | Reciprocal of average duration of the infection |
| $\beta_1$ | 0 | Minimum level of infection risk |
| $\beta_2$ | 0.2 | Increment in the level of infection risk |
| $H_{\text{max}}$ | $2 \times 10^{-4}$ | Capacity of intensive care units |
| $p$ | $2.25 \times 10^{-2}$ | Probability that infected person needs critical care |
| $M$ | Social cost of a premature death due to COVID-19 |
| $K$ | Coefficient on economic activity |
| $\Gamma$ | 365 | Reflects time required to return to full employment |
| $f$ | 0.45 | Impact of lockdown fatigue on infection risk |
| $\kappa_1$ | 0.15 | Rate of accumulation of fatigue |
| $\kappa_2$ | 0.2 | Rate of exponential decay of fatigue |
| $\sigma$ | | Labor elasticity in Cobb–Douglas production function |
| $\nu$ | 0 | Birth rate |
| $\mu_1$ | | Death rate (not caused by COVID-19) |
| $\mu_2$ | 0 | COVID-19 death rate |
| $\xi$ | 5000 | Parameter in the approximation of the max-function |
| $\xi_1$ | 0.03 | Death rate of infected individual in critical care |
| $\xi_2$ | 0.55/15 | Incremental death rate if IC capacity is exceeded |
| $\varphi$ | 0.001 | Rate by which recovered get susceptible again |
| $c_1$ | 1000 | Parameter in business shutting down costs |
| $c_2$ | 5000 | Parameter in business reopening costs |
| $\theta$ | 2 | Exponent in the proportionality function $\beta(t)$ |
| $S(0)$ | 0.999 | Initial susceptible population |
| $I(0)$ | 0.001 | Initial infected population |
| $R(0)$ | 0.001 | Initial recovered population |
| $Z(0)$ | 1 | Initial employment level |
| $\gamma(0)$ | 0 | Initial lockdown fatigue |
many people to become infected, it lets many of them get infected at the same time, so many who need critical care cannot receive it, increasing the number of deaths.

Quite a few people still become infected with the sustained lockdown strategy, as can be seen in the dashed lines by the decline in the number of susceptibles (Panel (b)) and increase in the number of recovered individuals (Panel (d)), but the infections are spread out more over time.

It is interesting to contrast the two strategies’ variation over time in the epidemic’s effective reproductive number ($R_{eff}$), meaning the raw reproductive number modified by both the control intervention and also the accumulation of people in the Recovered state. The sustained lockdown strategy keeps this parameter value $R_{eff}$ close to 1 throughout most of the time horizon, through a combination of economic shutdown and the roughly 30 percent reduction in the number of susceptibles produced by the initial wave of infections. In particular, because $\theta$ is 2, shutting down 40 percent of the economy would reduce the reproductive rate to $(1 - 0.4)^2$ or about one-third of its original value of 3.0, but because of lockdown fatigue, the decline is only to a little less than half. However, since the number of susceptibles is also about 30 percent lower, that leaves $R_{eff}$ quite close to 1.0 because $3.0 \times (1 - 0.3)/2$ is close to one.

With the double lockdown strategy, the infection rate never really stabilizes. Initially $R_{eff}$ falls well below 1.0 primarily because of depletion of the stock of susceptibles, i.e., through herd immunity. Because of the backflow from the Recovered to the Susceptible state as infection-generated immunity wears off, the reproductive rate recovers to above one, but a second severe wave of infections is preempted, first by the second lockdown and then by the arrival of the vaccine (i.e., the end of the planning horizon of this problem).
The sustained lockdown strategy also allows the effective reproductive rate to increase just before the vaccine is distributed. At that point the number of infections is so low, that even a month or two of spread does not push the absolute number of infections up very high.

Note that strategies involving a change in policy a month or two before the vaccine is widely deployed are not unrealistic. Although it is not possible to predict when a vaccine will be invented or approved, there is a lag between that and its mass production and widespread deployment. The production and distribution stages are reasonably well-understood, so their duration is fairly predictable. That means a strategy that calls for a change 30 or 60 days before the vaccine has been fully deployed is feasible.

The speed of the epidemic’s spread requires this hovering of $R_{\text{eff}}$ near 1.0 for any “interior” solution with a substantial pool of susceptibles. The time from infection to the end of infectiousness is short; about two weeks. So within a 52-week year, that reproductive rate can effectively get raised to the 26th power. If it is anything other than about 1, that will cause the number of infected individuals to vary rapidly. Regime I strategies dispense with that stability, with $R_{\text{eff}}$ swinging from 3 to one-third over just three months, before rebounding to well above 1.

One of the unique aspects of this model is its treatment of lock down fatigue, meaning that over time a sustained lock down loses its effectiveness as people become less compliant. Fig. 5 shows how increasing or reducing the lockdown fatigue parameter from its base case value of $f = 0.45$ alters the threshold value of preventing a COVID-19 death that is necessary to make sustained lockdowns optimal. The upward slope of the line separating Region III from the other Regions shows that the weaker the lockdown fatigue effect, the more appealing sustained lockdowns become. In particular, eliminating the lockdown fatigue effect (setting $f = 0$) almost halves the threshold valuation in a death at which sustained lockdowns become optimal.

3.2. Triple Skiba points

The previous discussion focused on sensitivity analysis with respect to the social cost per premature death (parameter $M$), because there is not agreement as to the value of that parameter. Here we continue to vary $M$ but also allow the virus’ speed of spread, or infectivity, to vary from its base case value of $\beta_2 = 0.2$. We show that this produces a variety of interesting and complex behaviors.

One potential source of complexity is lockdown fatigue which might favor intermittent or pulsed lockdowns. However, modeling lockdown fatigue is not necessary to obtain interesting behaviors. To underscore that fact, in this section we set the fatigue parameter $f$ equal to 0.

Fig. 6 is a bifurcation diagram over the two parameters $M$ and $\beta_2$. The Regions labeled 0, I, and II correspond to solutions with 0, 1, or 2 lockdowns, and Region III corresponds to one deep and sustained lockdown. The interleaving of the regions is much more complicated than in Fig. 5.

To connect the two figures, note that the bottom of Fig. 5 (when $f = 0$) corresponds to $\beta_2 = 0.2$ in Fig. 6. With increasing $M$ the solutions involve zero, one brief, or one sustained lockdown with transition points around $M = 5000$ and $12,000$, respectively.

For a more complex case, consider, for example, what happens with $\beta_2 = 0.256$. As $M$ increases and one moves from left to right across the figure, one traverses successively through regions with one lockdown, then two, then one, then two again, and finally one long, sustained lockdown. That can happen because of the distinction between early lockdowns that address the initial explosive situation when nearly everyone is susceptible and late lockdowns that prevent a resurgence. In particular, Fig. 7 shows that this sequence can be described in greater detail as: (1) One early lockdown to soften slightly that initial severe spike, (2) Adding a second, later lockdown to address resurgence, (3) Expanding the later lockdown but forgoing the initial lockdown, (4) Having both a forceful later lockdown and also an early lockdown, and finally (5) Two separate lockdowns are replaced by one continuous and substantial lockdown. The last strategy is the only one that prevents a good share of the population from becoming infected at some point.

There are conventional Skiba points throughout Fig. 6, everywhere the curves are blue. In addition, there are four triple Skiba points (labeled $T_1-T_4$) where there are three distinct optimal solutions that produce the same objective function value.

Three of the triple Skiba points involve $\beta_2$ parameter values that are even greater than what is believed to describe COVID-19. Since COVID-19 has not such an unusually high reproductive rate, those are perhaps mostly of mathematical interest in the present context. The first separates solutions involving one or two brief or one sustained lockdown. The second and third involve varying numbers of brief lockdowns, either early or late, but no sustained lockdown. Note: The segment of blue line separating two areas both labeled Region II indicates that it is possible to have points with two distinct optimal solutions, both of which involve two lockdowns.

We show the control trajectories for the last triple Skiba, $T_4$, because it occurs where $\beta_2 = 0.1$ which seems more likely to be seen in some future pandemic. As Fig. 6 Panel (b) shows, all three optimal solutions emanating from that point involve one sustained lockdown, but they vary in their intensity. The mildest lasts a little over a year and peaks at about 10 percent forced unemployment (meaning $\gamma = 0.9$). The other two last for almost the entire time horizon and peak with closer to 20 percent forced

\footnote{Note, however, that these points may be relevant when considering a more contagious disease}
unemployment. None involve cutting γ nearly as sharply as in the solutions discussed above because with a smaller $\beta_2 = 0.1$ the lockdown does not need to be as severe in order to push the reproductive rate down to 1.0.

This points to a quite interesting observation. When the virus is more virulent (higher $\beta_2$) one is less not more likely to want to pursue what amounts to “eradication” strategies because achieving that would require lockdowns that are too severe to sustain until a vaccine arrives. Sustained lockdowns are more appealing for less virulent pandemics when they involve laying off 5 or 10 percent of workers, not 40 or 50 percent. Lockdowns are just too blunt a tool to prevent a highly contagious condition from spreading throughout the population, at least if its infection fatality rate (IFR) is akin to that of COVID-19. (A higher IFR is effectively the same as a higher cost per death $M$ in this model.)

4. Discussion

Perhaps the most basic conclusion of this analysis is that very different strategies for responding to the COVID-19 pandemic can be optimal with the same set of parameter values. Exact equality of performance is a knife-edge case, occurring only exactly at the Skiba point. However, there are neighborhoods around the Skiba points where alternate, very different strategies perform nearly as well.
A second basic conclusion is that even when only a single strategy is optimal, which specific strategy wins can change quickly when certain parameters values vary over a relatively limited range. This is perhaps best illustrated with respect to $M$, the parameter standing for the cost to the social planner per premature death. There is a long literature discussing what is the appropriate value to use for that parameter in social welfare analysis. There is some common understanding as to the order of magnitude, but considerable debate as to the particular value. That is not surprising inasmuch as it is not an empirical constant akin to the atomic mass of an element so much as an expression of values, and different people can have different values about how they wish to trade-off life and health with economic outcomes (such as unemployment) and happiness more generally (including freedom of association).

The literature suggests values for $M$ ranging between 10 and 150 times annual GDP per capita, which translates to 3.650 up to 54,750 since we denote the objective function in terms of GDP per day. Fig. 5 shows that for our base case value of $M$ is a bit less than 500, it is optimal to have one lockdown. A second (also relatively brief) lockdown is added when $M$ reaches about 16,000. And by the time $M$ reaches 20,000, it is optimal to have one sustained lockdown that involves a very substantial loss of employment, but also a very substantial reduction in infection and death.

A third observation is simply that strategies involving two lockdowns can be optimal. A number of jurisdictions that locked down and then opened up are now having to reinstitute restrictions. For example, Israel was once in the top five highest in the world for new infections per capita. It drove that all the way down to below 0.2 per 100,000 per day and so appeared to have largely eliminated infections, but had bounced back up into the top 5 as of late summer, with about 19 new confirmed infections per 100,000 per day. That appears to be a policy disaster and, indeed, may indicate policy failure; certainly Prime Minister Netanyahu faced strident protests. But the model shows that the mere presence of a second lockdown is not in and of itself proof of error. A double lockdown can be an optimal strategy. That said, most of the second lockdowns that appear in optimal solutions to this model preempt a resurgence, not come after it.

A fourth observation concerns the Skiba points. Skiba points separate distinct optimal solution trajectories that spread out from a common initial condition. In a one-state problem, there would generally be one strategy that moves left and another that moves right from that common initial condition. Yet when plotted in state space, particularly with respect to $\gamma$, which stands for the rate of employment still permitted despite the lockdown, the alternative trajectories here do not appear to be so sharply resolved. With respect to several of the triple Skiba points observed here, all three optimal strategies start with a lockdown that drives down $\gamma$, albeit with varying intensities. And in Fig. 6(b), in particular, the three strategies seem all to be in the interior and on a continuum. Implicitly, if two trajectories are both optimal, then all strategies that are “in between” must be worse. So for every point in time $t$ between roughly days 100 and 550, we have the following odd situation in Fig. 6(b). When $M$ is a bit smaller than 500, one is in Regime 0 where it is optimal to more or less let the epidemic run its course. When $M$ is a bit larger than 500, it is optimal to have one lockdown. A second (also relatively brief) lockdown is added when $M$ reaches about 16,000. And by the time $M$ reaches 20,000, it is optimal to have one sustained lockdown that involves a very substantial loss of employment, but also a very substantial reduction in infection and death.

In a way, this is not altogether surprising. We have multiple state variables, so projections onto a single dimension can be deceiving, and the objective function is a highly nonlinear function of the state variables. On the other hand, all of that nonlinearity arises naturally from a modeling of the problem; this is not an artificial model constructed just to produce curious results. It is a model that makes a good faith effort to capture the most important dynamics of the epidemic.

5. Conclusion

In sum, this relatively simple model produces a wide range of interesting behaviors that are interpretable in terms of the policy context. There are, as always, abundant opportunities for further work and refining the model. Among its limitations at present, we mention a few that are salient. One is not modeling a control for testing and contact tracing. It may be that once the number of infections has been driven down sufficiently low, that aggressive testing and tracing could keep the number of infections from rebounding even if everyone went back to work. That would open up a strategy that locks down very aggressively and for a moderately long time, but does not need to sustain the lockdown all but up to the point at which the vaccine becomes widely deployed. That approach would enjoy the best of both worlds — but only after a moderately long period of economic pain.

Another extension would recognize that there are different geographic regions with at least some degree of movement between regions. When the two regions are out of synch in terms of their epidemics, then that movement might trigger a resurgence in a low prevalence region with migrants from a high prevalence region. That possibility has led to very widespread border closures and restrictions on freedom of movement that would have been unimaginable as recently as mid 2019, and the likes of which have not been seen since the fall of the Soviet Union. It would be tremendously valuable to determine whether all those border closures are truly needed.

Another class of important extensions would recognize heterogeneity along at least two dimensions. One is age. Simply put, the infection fatality rate is much, much higher for older people, and for those with certain preexisting medical conditions, than it is for young healthy people. So the tradeoff between economic loss and health harm involves a very large distributional issue. It is working age people who become unemployed and (for the most part) retirees who reap the majority of the health benefits of that loss of income.

There is also important heterogeneity across people in terms of how active they are socially or, in the jargon of HIV/AIDS models, how many risky acts they pursue. Some people are naturally socially isolated even before quarantine; others are social butterflies who frequent indoor places with much circulation of people and little recirculation of the air. Because of stochastic selectivity, high-rate transmitters will be disproportionately over-represented among those who get infected and recover early. That means the effective amount of herd immunity will be greater than is reflected in this model, which treats all people as homogeneous with respect to the number of risky contacts they have per unit time.
Of course many more such extensions are possible. So we close with a final meta-observation. When a central policy response to a pandemic involves shutting down the economy, there are not only complex value tradeoffs, but also complex state dynamics that provide ample fodder for interesting modeling. Since COVID-19 is unlikely to be the last important pandemic in our lifetimes, that suggests there may be considerable value in analyzing models now that are inspired by COVID-19, but which do not slavishly model it exactly. Instead, there is value in abstracting somewhat to capture the general tensions and considerations that such pandemics create. That way we can not only deal more effectively with the current crisis, but also be better prepared to respond to the next one.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Appendix A. Properties of the function $\beta(y, z)$

We choose $\beta_1$ and $\beta_2$ such that $\beta_1 + \beta_2 = \bar{\beta}$, where $\bar{\beta}$ is the contact rate of the “uncontrolled” epidemics and $0 \leq f \leq 1, \theta \geq 1$.

$$
\beta(y, z) := \beta_1 + \beta_2 \left( y^0 + f \frac{k_2}{k_1} z (1 - y^0) \right)
$$

yields

$$
\beta(1, z) = \beta_1 + \beta_2 = \bar{\beta}
$$

(A.1b)

$$
\beta(y, z) > \beta_1 + y^0 \beta_2 \quad \text{for} \quad z > 0, \quad 0 \leq y < 1
$$

(A.1c)

$$
\beta(y, 0) = \beta_1 + y^0 \beta_2
$$

(A.1d)

$$
\beta(y, z) < \bar{\beta}, \quad y < 1
$$

(A.1e)

$$
\frac{\partial}{\partial y} \beta(y, z) = \beta_2 y^{\theta - 1} \left( 1 - f \frac{k_2}{k_1} z \right) > 0, \quad y > 0
$$

(A.1f)

$$
\frac{\partial}{\partial z} \beta(y, z) = \beta_2 y^{\theta - 1} \left( 1 - y^0 \right) > 0, \quad y < 1
$$

(A.1g)

The (in)equality signs in Eqs. (A.1d) to (A.1g) follow from

$$
z(t) < \frac{k_1}{k_2}, \quad \text{for all} \quad t \quad \text{with} \quad z(0) = 0.
$$

Appendix B. Numerical algorithm

Since the necessary conditions of problem (2) are not sufficient, the computed solutions that satisfy these conditions are just candidates for optimality. Ascertaining that one of these is actually optimal would require a strategy that both enumerates and considers all possible candidates. Hence, the challenge of the numerical procedure described here is the detection of all possible candidates such that the optimal solution can be determined among these candidates. The strategy we employ for attempting to enumerate all possibly relevant solutions is to recognize that the number of possible solutions is restricted by the number of turning points detected during the numerical calculations.

Before we give a detailed explanation of the numerical procedure we have to introduce some notation. The state and costate variables are denoted as

$$
X := \{S, I, R, y, z\}, \quad \text{and} \quad Y := \begin{pmatrix} X \\ \Lambda \end{pmatrix}.
$$

If we refer to the state or costate values only we write $Y_{(t)} := X$ or $Y_{(t)} := \Lambda$.

The canonical system is given by

$$
\dot{Y}(t) = c(Y(t)), \quad t \in [0, T],
$$

and the salvage value is abbreviated as $S(X)$.

Let a solution path $Y(.)$ consist of $n$ arcs defined on the intervals $t_0 := 0 < t_1 < \cdots < t_{n-1} < t_n := T$, where $t_i, i = 1, \ldots, n - 1$, are called switching times. This yields a multipoint BVP for the $n$ arcs

$$
Y^{(i)}(t) = c^{(i)}(Y^{(i)}(t)), \quad t \in [t_{i-1}, t_i], \quad i = 1, \ldots, n \quad \text{(B.1a)}
$$

$$
BC(Y(t_0), \ldots, Y(t_i), \ldots, Y(t_n)). \quad \text{(B.1b)}
$$

For the actual computation, the switching times $t_i, i = 1, \ldots, n - 1$ have to be handled as free parameter values. In this way, the ODEs are transformed to the fixed time intervals $0 < t < \cdots < n - 1 < n$. Therefore, BVP (B.1) is transformed into a BVP on fixed time intervals

$$
Y^{(i)}(s) = \Delta^{(i)} c^{(i)}(Y^{(i)}(s)), \quad s \in [i - 1, i], \quad i = 1, \ldots, n \quad \text{(B.2a)}
$$

$$
BC(Y(0), \ldots, Y(i), \ldots, Y(n)). \quad \text{(B.2b)}
$$

with

$$
t = \tau^{(i)}(s) := t_{i-1} + (t_i - t_{i-1})(s - i + 1),
$$

$$
s \in [i - 1, i], \quad i = 1, \ldots, n
$$

and

$$
\Delta^{(i)} := \frac{d}{ds} \tau^{(i)}(s) = t_i - t_{i-1}.
$$

Let $(\tau_{i-1}, \tau_i), i = 1, \ldots, n$, be a specific interval. Then we note that this arc corresponds to one of the following three cases, with $t \in (\tau_{i-1}, \tau_i)$:

$$
\begin{align*}
\{ & u(t) < 0, \quad y(t) < 1 \\
& u(t) > 0, \quad y(t) < 1 \\
& u(t) = 0, \quad y(t) = 1.
\end{align*}
$$

To distinguish between these cases we define a function arcid: $[1, \ldots, n] \rightarrow \{0, 1, 2\}$, $\text{arcid}(i) \in \{0, 1, 2\}$.

This function assigns to each arc its specific type, i.e. negative control, positive control or active state constraint. This is necessary since each of these cases yields a different relation between costates and control. Moreover, the boundary conditions depend on the specific types and the structure of the arcs, as is explained in the next paragraphs.

In Table B.2 we formulate all possible and admissible boundary conditions for the switch between two arcs. Essentially, these conditions say that the state, most costate variables and the Hamiltonian are continuous at switching times. Only the fourth costate jumps if the state constraint becomes active on the second arc. The extent of the jump is $\chi$. Obviously, the state constraint becoming active means that at the end of arc $y = 1$. In Table B.3 the possible transversality conditions are stated. We formulate these conditions for the time transformed ODEs, i.e. on the fixed time intervals with $n \geq 1$. For a compact notation in Table B.2 the time argument $j \in \{1, \ldots, n - 1\}$ is omitted in all expressions and $\mathcal{H}(l) := \mathcal{H}^{(l)}(Y^{(l)}(j)), l = j, j + 1$.

---

3 Note that we use a slightly different notation in this section for the state vector $X$.

4 Due to structural changes of the solution this condition has to be relaxed since switching times can coincide. These changes are detected by our algorithm and handled accordingly, i.e. the BVP will be reformulated to follow the new solution structure.

5 To keep notation simple we use the variable $Y$ also for the time transformed variable.
| Table B.2 | Boundary conditions for the possible switches from arc $j$ to $j + 1$ with $\eta = (0, 0, 0, -1, 0)'$. |
|-----------|---------------------------------|
| arcid$(j)$ | arcid$(j+1)$ | $BC_x$ | $BC_{s}$ | $BC_{y}$ |
| 0/1/2     | 1/0/1             | $Y_2^{(0)} = Y_0^{(j+1)}$ | $Y_0^{(j+1)}$ | $Y_0^{(j+1)}$ = $Y_0^{(j+1)}$ + $\chi \eta$ |
| 0         | 2                 | $Y_2^{(0)} = Y_0^{(j+1)}$ | $Y_0^{(j+1)}$ | $Y_0^{(j+1)}$ = $Y_0^{(j+1)}$ + $\chi \eta$ |

| Table B.3 | Transversality conditions for the different possible cases. |
|-----------|---------------------------------------------------------------|
| arcid$(n)$ | $\gamma(n)$ | $BC_{s}$ | $BC_{y}$ |
| 0/2       | $Y_0^{(n)} = \frac{\partial}{\partial \chi} S(X^{(n)}(n))$ | - | - |
| 1         | $Y_0^{(n)} = \frac{\partial}{\partial \chi} S(X^{(n)}(n))$ | - | - |
| 1         | $Y_0^{(n)} = \frac{\partial}{\partial \chi} S(X^{(n)}(n)) - \chi \eta$ | $\gamma(n) = 1$ | - |

| Table B.4 | Conditions that are monitored during the continuation process for every arc $Y^{(i)}$, $j = 1, \ldots, n$ and $s \neq i$, $i = 0, \ldots, n$. |
|-----------|---------------------------------------------------------------|
| arcid$(j)$ | $u(s)$ | $\gamma(s)$ | $\psi(s)$ | $\psi(s)$ | $\chi$ |
| 0         | $< 0$ | $< 1$ | - | - | - |
| 1         | $> 0$ | $< 1$ | - | - | - |
| 2         | - | $\geq 0$ | $\leq 0$ | $\geq 0$ | - |

The admissibility conditions that a solution has to satisfy are summarized in Table B.4.

For the actual computations we use a numerical continuation approach, see e.g. Allgower and Georg (1990) and Kuznetsov (2004). Hence, instead of computing the solution for the specific data we compute a family of solutions $Y(\cdot, \omega)$ satisfying the BVP

$$
\dot{Y}^{(i)}(s, \omega) = L^{(i)}(s, \omega) + [Y^{(i)}(s, \omega), \omega], \quad s \in [i - 1, i], \quad i = 1, \ldots, n
$$

(B.3a)

BC($Y(0, \omega), \ldots, Y(i, \omega), \ldots, Y(k, \omega)$), $i = 1, \ldots, n$. (B.3b)

for a continuation parameter $\omega \in \mathbb{R}$.

One of the strengths of the continuation approach is its feature that the switching structure is revealed during the continuation process so that no prior information about this structure is needed. This is realized by checking the admissibility of the solution. If one of the conditions in Table B.4 is violated, the step width of the continuation process is reduced until a minimal step size is reached. Then the continuation process stops and the BVP (B.3) is changed to cover the new solution structure revealed from the transversality condition. The numerical algorithm is implemented in the MATLAB toolbox OCMat, see also Grass et al. (2008).

### B.1. How to find these solution

In this section we present the procedure for finding such a solution for the base case parameter values, specified in Table 1 with $M = 10000$, time horizon $T = 730$ and initial values $X_0 = (0.999, 0.001, 0, 1, 0)$. Whatever numerical approach we apply, we have to resolve two difficulties that are related. Solutions of the BVP (B.3) need not be unique and solutions that satisfy the necessary optimality conditions need not be optimal. The continuation approach allows us to develop a branch of solutions and therefore reveal the structural changes in the course of the parameter change.

To start the continuation we have to provide an initial solution. To do so we choose the time horizon $T$ as continuation parameter, i.e. $T(\omega) \equiv \omega$ and start with $\omega = 0$. In the first instance we set $\gamma_0 = 0.5$ in order to avoid numerical difficulties with the state constraint. For this trivial problem, i.e. $Y(\cdot) = (X_0, A_0)$ the costate values satisfy $A(\cdot) \equiv A_0$ and can therefore be derived from the transversality condition Eq. (5j).

$$
A_0 = (153.3415, 0, 153.3415, 306.3764, 0)'.
$$

This implies that the corresponding $u(\cdot) \equiv u_0 > 0$, see Eq. (3f) and hence the solution path starts with arcid$(1) = 1$. Summing up we get that the initial BVP is represented by

$$
\dot{Y}^{(1)}(s) = T(\omega)c^{(1)}(Y^{(1)}(s)), \quad s \in [0, 1] \quad (B.4a)
$$

$$
Y^{(1)}(0) = (0.999, 0.001, 0, 0.5, 0)' \quad (B.4b)
$$

$$
Y^{(1)}(1) = \frac{\partial}{\partial \chi} S(X^{(1)}(1)) \quad (B.4c)
$$

arcid$(1) = 1$.

BVP (B.4) is regular for $\omega = 0$, since the linearization reduces to the non-singular Jacobian of the ODEs. Hence, a continuation process can be started guaranteeing for some $\varepsilon > 0$ the existence of a solution branch $(Y(\cdot), \omega)$ with $0 \leq \omega < \varepsilon$ and $T(0) = 0$.

The calculations show that the continuation process is successful $T(\omega) = 11.0882$. Then the state $\gamma(T(\omega))$ hits the upper bound $\gamma(T(\omega)) \leq 1$. This means that BVP (B.4) does not describe an admissible solution for $T > 11.0882$ and we have to change the BVP taking care of the new solution structure.

For $T > 11.0882$ essentially there are two different possibilities. First, the solution path consists of two arcs, $i = 1, 2$ with arcid$(1) = 1$ and arcid$(2) = 2$, meaning that there exists $0 < \tau_1 < T(\omega)$, such that for $\tau \geq \tau_1$ the state constraint is binding. Second, the solution path behaves such that the state constraint becomes binding exactly at the runtime $T(\omega)$. In this case the solution consists of one arc and the transversality conditions have to be changed, see Figs. B.8(a) and B.8(b).

We note that the control value at $T(\omega) = 11.0882$ is larger than zero, cf. Fig. B.8(b). Since the control has to be continuous in the transition to an arc with active state constraint, this is in contradiction to the first solution and implies that the solution for larger values of $T > T(\omega)$ will hit the state constraint at the end-time.

Therefore, the transversality condition Eq. (B.4c) of BVP (B.4) has to be changed, see Table B.3, into

$$
A(1) = \frac{\partial}{\partial \gamma} S(X(1)) + \chi \eta \quad (B.5a)
$$

with

$$
\chi \geq 0, \quad \eta := (0, 0, 0, -1, 0)',
$$

and

$$
\gamma(1) = 1 \quad (B.5b)
$$

Importantly, the last admissible solution of BVP (B.4) for $T = 11.0882$ is a solution of BVP (B.4) and transversality conditions (B.5) with $\chi = 0$.

Starting the continuation process of the end-time with this solution, it turns out that this solution type is admissible until
Fig. B.8. This figure shows the different phases for the state path \( \gamma(\cdot) \) and control path \( u(\cdot) \) of the continuation with respect to \( T \) (in (a)–(d)) and the continuation with respect to the initial state of \( \gamma \) (in (e)–(h)). The first continuation with respect to \( T \) stops, when the state \( \gamma(T) \) hits the state constraint, see (a) exhibiting a positive control value, see (b). The continuation process ends at \( T = 730 \), see (c)–(d). For the continuation with respect to the initial \( \gamma \) value the control hits zero at \( \gamma(0) = 0.5227 \), see (f) and the BVP has to be adapted accordingly. The final solution is reached for \( \gamma(0) = 1 \) in (g)–(h).

\[ \text{T = 730 is reached.} \]

Thus we finally computed a solution for the end-time \( T = 730 \) and the initial condition with \( \gamma(0) = 0.5 \), see Figs. B.8(c) and B.8(d).

To determine the solution with \( \gamma(0) = 1 \) we employ the continuation process with \( \gamma(0) \) as the continuation parameter.

\[ \text{The calculations show that for } \gamma(0) = 0.5388 \text{ the initial control becomes zero, see Figs. B.8(e) and B.8(f). Therefore, a new BVP has to be formulated, where the solution path consists of two arcs } i = 1, 2 \text{ such that } \text{arcid}(1) = 0 \text{ and } \text{arcid}(2) = 1 \text{. Thus, the new BVP writes as} \]

\[ \dot{Y}^{(1)}(t) = \tau_i \mathcal{C}^{(1)}(Y^{(1)}(t)) \]  
\[ \dot{Y}^{(2)}(t) = (720 - \tau_i) \mathcal{C}^{(2)}(Y^{(2)}(t)) \]  
\[ Y_0(0) = (0.999, 0.001, 0, \omega, 0)^T \]
This figure shows the time paths for the lockdown intensity ($\gamma(t)$) and number of infected ($I(t)$) of the extremal solution that has been found by the time and initial state continuation process, shown in Fig. B.8 (dashed lines) and for the solution (solid lines) found by the continuation with respect to parameter $M$, see Fig. B.9. The colors refer to the number of the according arcid, blue: 0, green: 1, red: 2.

To start the continuation process with BVP (B.6) we have to transform the last admissible solution of the previous continuation. Let $Y_0^{(1)}(s), \ 0 \leq s \leq 1$ be this last admissible solution. Then we define for $\tau_1 = 0$

$$Y_1^{(1)}(s) = \begin{cases} Y_0^{(1)}(0) & 0 \leq s \leq 1 \\ Y_0^{(1)}(s) & 1 \leq s \leq 2. \end{cases}$$

This path trivially satisfies BVP (B.6) for $\tau_1 = 0$. The continuation process finally yields an admissible solution for $\gamma(0) = 1$, see Figs. B.8(g) and B.8(h).

We demonstrated that after a few continuation steps we were able to determine an admissible path satisfying the necessary optimality conditions starting from the trivial case $T = 0$. However, so far there is no assurance that this calculated path is the optimal solution.
To seek such assurance we use the same procedure and apply the continuation process with respect to the parameter $M$. We omit the numerical details, which are analogous to the previously described steps, in the sense that we check admissibility of the computed solution and perform necessary adaptations of the BVP to the changing solution structure if a violation occurs. Continuing with respect to $M$ we find a solution branch that consists of several segments. Each segment corresponds to a different BVP, i.e. paths with a different number of arcs and structure, see Fig. B.9. During the continuation process four turning point bifurcations occur, where the continuation process changes its direction. Thus, the solution branch intersects at several $M$ values. One of these intersection points corresponds to a Skiba point, see Definition 1, depicted by the black vertical line in Fig. B.9; other intersection points can be excluded as being optimal (gray vertical lines). Moreover, it is revealed that the solution found by the process depicted in Figs. B.8(g) and B.8(h) is not optimal (gray dot). The solution that would appear to be optimal is found by the $M$-continuation (black dot), cf. Fig. B.9. Fig. B.10 shows that the solution paths corresponding to the gray dot (dashed line) and the black dot (solid line) differ substantially.

**Definition 1 (k-Tuple Skiba Point).** A point $(X_0, p_0) \in \mathbb{R}^2 \times \mathbb{R}^p$ (state-parameter-space) is called a $k$-tuple Skiba point iff there exist $k$ solution paths $(X_i^*(t, p_0), u_i^*(t, p_0)), i = 1, \ldots, k$ of problem (2) satisfying

$$
\int_0^T \|X_i^*(t, p_0) - X_j^*(t, p_0), u_i^*(t, p_0) - u_j^*(t, p_0)\|_2^2 dt > 0, \quad i \neq j)
$$

(B.7a)

and

$$
V(X_0, u_1^*(\cdot), p_0) = V(X_0, u_2^*(\cdot), p_0) = V^*(X_0, p_0), \quad i = 1, \ldots, k.
$$

(B.7b)

If $k = 2$ the point is simply called a Skiba point and if $k = 3$ this point is called a triple Skiba point. The $k$ solutions are called Skiba solutions.

A similar definition can be found in Caulkins et al. (2015), where Skiba points are analyzed in free end-time problems.

**Remark 1.** Condition (B.7a) states that the solutions have to be essentially different. From condition (B.7b) the optimality of the $k$ different solutions follows. Note that for infinite time horizon problems, where Skiba points are usually described, condition (B.7a) is formulated as the condition that the solutions converge to different limit-sets (equilibria).

For the calculation of a $k$-tuple Skiba point and its solutions let $Y_i(\cdot), i = 1, \ldots, k$ be the $k$ paths. Note that here the index $i$ does not refer to a specific arc of the path but is used to distinguish different solution paths. Each of these paths may consist of multiple arcs, i.e. $Y_i(j), j = 1, \ldots, n_i$. Each of these paths satisfies a BVP of the form

$$
\dot{Y}_i(s) = \Delta C(Y_i(s)), \quad s \in [0, n_i], \quad i = 1, \ldots, k
$$

with $\Delta$ denotes the time transformation. Each solution has to satisfy the boundary conditions

$$
BC_i(Y_i(0), \ldots, Y_i(n_i)) = 0.
$$

(B.8a)

consisting of initial, transversality, and switching conditions. Condition (B.7b) implies that the following additional boundary conditions have to be satisfied

$$
V(Y_i(0)) = V(Y_m(0)), \quad l \neq m, \quad 1 \leq l, m \leq k.
$$

(B.8b)

where $V(Y_i(0))$ is the objective value of the solution $Y_i(\cdot)$.

This yields $k - 1$ additional conditions. Therefore, $k - 1$ model parameters have to be used as free parameter values. The formulation as a BVP allows the application of the continuation approach and hence e.g. the continuation of Skiba points, yielding branches of Skiba curves in the parameter space, cf. Fig. 6(a).

**Remark 2.** For the continuation of a regular $k$-tuple Skiba point the model has to include at least $k$ parameter values. Given regularity in a 1D bifurcation diagram, where solution branches are computed for one free parameter value, at most (double) Skiba points can appear, see Fig. B.9. For a 2D bifurcation diagram, where solution branches of Skiba solutions are computed, at most a triple Skiba point can appear at the intersection of these branches, see Fig. 6(a).

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