Environmental mineral particles such as asbestos are responsible for numerous respiratory diseases. In addition to effects related to their geometry, particles are now assumed to act by triggering an oxidative stress process. Iron-containing particles, in particular, can produce oxygen-activated species by oxidizing their iron. To evaluate the involvement of iron-containing particles in respiratory diseases, three mineral particles (chrysotile, nemalite, and hematite) were tested in primary cultures of tracheal epithelium. Because of the ciliary beat, the three mineral particles were quickly concentrated at the periphery of the mucociliary epithelium, reconstituted in vitro where they induced cellular lesions. Endocytosis of the three types of particles was observed. Cytotoxicity studies have indicated that among the tested particles, the most cytoclastic after 24 hr of treatment was the one that contained more Fe\(^{2+}\) available on the surface, nemalite. Moreover, the effect of nemalite was reduced by pretreatment with desferroxamine. As mineral particles, especially asbestos, are suspected to induce squamous metaplasia, we chose to study two specific transformations of the epithelium: the expression of cytokeratin-13 and the formation of cross-linked envelopes. Under our culture conditions, nemalite and chrysotile increased the expression of the cytokeratin-13, a specific marker of squamous metaplasia, whereas nemalite was the only particle able to strongly induce the formation of cross-linked envelopes. Nemalite was the most cytotoxic particle and the most efficient at inducing squamous metaplasia. Measures of oxidizing power by electron-spin resonance revealed that nemalite produced the most oxygen-activated species. This observation and its reduced toxicity by the desferroxamine treatment suggest that nemalite could act on rabbit tracheal epithelial cells by an oxidative stress process. Key words: cytotoxicity, iron-containing mineral particles, oxygen-activated species, phagocytosis, primary cultures, squamous metaplasia, tracheal epithelial cells. *Environ Health Perspect* 101:436-442 (1993)

It has been known for many years that exposure to airborne asbestos fibers can lead to diseases such as asbestosis, lung cancer, and mesothelioma. As a result, asbestos is the most-studied natural mineral fiber. Although the exact mechanism of toxicity of mineral particles is unknown, several hypotheses have been proposed. The first one involves the fibrous nature of the mineral, its length, and its diameter (1-3). However, other studies carried out with fibers of equal length and diameter demonstrated that characteristics other than fiber size, such as chemical composition, are also crucial determinants of fiber toxicity (4,5). To explain this last point, Zalma et al. (6) and Pezerat (5) proposed a mechanism by which an interaction between an electron donor site (at the liquid-solid interface of the particle) and molecular oxygen present at a constant concentration in biological medium could exist, leading to the formation of electrolytic entities (A*), responsible for the oxidative stress. These oxidative species include OH radicals and iron oxo [Fe(V)] (7,8), which are apt to react with some biological molecules. Mineral particles have an oxidizing power dependent on the quantity of accessible divalent iron.

The production of oxygen-activated species (OAS) by mineral particles described by physicochemists has also been suspected by biologists. Mossman and Landesman (9) thought that OAS were involved in asbestos toxicity. This was emphasized by observations that asbestos toxicity can be reduced by co-treatment of asbestos fibers with antioxidant (10).

Our purpose is to contribute to the understanding of the toxicity of mineral particles on the respiratory epithelium, which is the main epithelial target of these compounds. The role of oxidative stress provoked by iron-containing mineral particles was also investigated. For this purpose, we used an *in vitro* model of mammal airway epithelium obtained by the explant technique (11). This *in vitro* model allows us to maintain the cellular polarity and differentiation as found in intact tissue and to eliminate confounding immunological and nervous influences. Three mineral particles have been tested so far: nemalite, the rich-

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**Effect of Mineral Particles Containing Iron on Primary Cultures of Rabbit Tracheal Epithelial Cells: Possible Implication of Oxidative Stress**

*Catherine Guillianelli, Armelle Baeza-Squiban, Emmanuelle Boisvieux-Ulrich, Qdile Houcine, Roger Zalma, Christiane Guennou, Henri Pezerat, and Francelyne Marano*

1 Laboratoire de Cytophysioleologie et Toxicologie Cellulaire, Université de Paris VII, 75005 Paris, France. 2 Laboratoire de Réactivité de Surface et Structure, Université P. et M. Curie, 75006 Paris, France.

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were ground for the measurement of the total cell population. The cells were washed with PBS and subsequently extracted for keratin according to the technique described by Achtstaetter (17). In brief, after thorough homogenization of cells in a detergent buffer [10 mM Tris-HCl, 140 mM NaCl, 5 mM EDTA, 1% (w/v) Triton X-100, pH 7.6] at 4°C, the pellet obtained after centrifugation at 14,000g was resuspended in a high-salt buffer [10 mM Tris-HCl, 140 mM NaCl, 1.5 M KCl, 5 mM EDTA, 0.5% (w/v) Triton X-100, pH 7.6] and incubated for 30 min at 4°C. The high-salt buffer insoluble material obtained as a pellet after centrifugation was extracted a second time in the same buffer and washed twice with 10 mM Tris-HCl (pH 7.6) and stored at -20°C until use. The three buffers were supplemented with 5 mM dithiothreitol, 1 mM benzamidine, and 1 mM phenylmethylsulfonyl fluoride. The pellet of the remaining insoluble material was dissolved in SDS-sample buffer (0.0625 M Tris-HCl, pH 6.8, 3% SDS, 10% glycerol and 5% β-mercaptoethanol) by heating, and any insoluble material was removed by centrifugation.

We electrothrophically separated keratin proteins in one-dimensional SDS-10% polyacrylamide gels. After electrophoresis, proteins were blotted on nitrocellulose paper according to Towbin et al. (18). We reacted blotted protein with a specific monoclonal antibody: anticytokeratin-13, ICN. Keratin bands were immunologically stained by the method outlined by the reagent supplier (Enhanced Chemiluminescence kit, Amer sham International plc, UK) using peroxi dase-conjugated (Pierce, Rockford, Illinois) goat antimouse IgG (H+L).

The electrophilic species, A*, are able to extract a hydrogen atom from an RH molecule to give an R radical. This capacity is used to evaluate the oxidizing power. In our test, the RH molecule is the formic anion, HCOO-, which produces the carboxylate radical anion, COO-. The very short life of the radicals COO- requires a spin-trapping agent, 5,5'-dimethyl-1-pyrroline-N-oxide (DMPO), which reacts with COO- to give the radical adduct (DMPO-COO-).
which has a half-life time of about 1 hr under our experimental conditions. The quantification of the oxidizing power is evaluated by the intensity of the ESR signal corresponding to the radical adduct (Varian CSE 109 ESR spectrograph). In our study, fibers or particles (45 mg) were in suspension in MEM (2 ml) containing a phosphate buffer (1 M) at 37°C in a dark reactor. DMPO–COO− is identified from its characteristic ESR signal at $g = 2.0055$ with the following coupling constants: $a_N = 15.6 \, G$, $a_H = 19.0 \, G$.

Results

Morphological Modifications after Treatment with Particles

The primary culture was established by migration of cells from the original piece of epithelium, forming a halo around the explant. The outgrowth appeared within 3 days, reconstituting a stratified epithelium with both basal and differentiated cells. Functional ciliated cells persisted for the complete duration of the culture. (19).

Before depositing them on cultures, we shook particles vigorously to achieve homogeneous distribution of the particles on the culture. However, because of the ciliary beat, particles are swept from the outgrowth surface, and after 24 hr most of them were concentrated at the periphery of the culture, as shown on Figure 1. On the rest of the outgrowth, particles were heterogeneously scattered and were probably strongly adherent to the cell surface because the numerous washings required for the preparation of scanning microscopy samples were not sufficient to wash them off.

Alterations induced by particles on cells were examined by scanning electron microscopy. As suspected by the number of particles observed at the peripheral of the outgrowth, peripheral cells exhibited dramatic modifications. In contrast, the cells of the rest of the outgrowth seemed to preserve their integrity. Particularly, cilia of ciliated cells did not exhibit lesions, although they have been strongly implicated in the removal of particles at the beginning of the treatment.

Hematite particles formed conglomerates at the surface of the outgrowth (Fig. 2c). Figure 2d shows the profound modifications induced by hematite on RTE cells. Some cells were distorted, exhibiting blisters and swelling. Such swelling of the apical surface of cells suggested endocytosis.

Cultures treated with fibers (nemalite and chrysotile) did not show cells as swollen as those observed after treatment with hematite. But numerous small, round cells appeared at the periphery of the outgrowth, corresponding to cells that are sloughing off the tissue (Fig. 2e). Nemalite fibers as well as chrysotile fibers pitted cells (Fig. 2b, c), probably penetrating into them. An observation at higher magnification revealed that some other long fibers.
Table 1. Effect of mineral particles on viability at 50 and 100 μg/cm² for 24 hr of treatment after 7 days of culture

|                  | % of LDH release | Trypan blue (% of viability) |
|------------------|------------------|-----------------------------|
| Control          | 0.93             | 77.5                        |
| Hematite 50 μg/cm² | 2.51             | 71.1                        |
| Hematite 100 μg/cm² | 2.03             | 69.9                        |
| Nemalite 50 μg/cm² | 1.6              | 73                          |
| Nemalite 100 μg/cm² | ND               | 69.3                        |
| Chrysotile 50 μg/cm² | 2.65             | 65.8                        |
| Chrysotile 100 μg/cm² | 0.65             | 77.4                        |

Comparison of the results obtained with trypan blue and lactate dehydrogenase (LDH) release. For both tests, values obtained for the treated cultures are not significantly different from the control value, p < 0.05 (Student’s t-test). ND, not determined.

particles of hematite as well as the fibers of nemalite and chrysotile. The size of the fibers was probably a limiting factor. Indeed, we have never observed phagocytosed particles longer than 10 μm (the length of the particles has been determined by measurements from the photos).

**Acute Toxicity**

The effect of hematite, nemalite, and chrysotile on cell viability was evident after 7 days of culture when cells are at the stationary growth phase. Results were shown in Table 1. Regardless of the nature of the particles, after 24 hr of treatment there was not a significant difference of cell viability from the control for the two concentrations tested and with the two tests used.

The effects of hematite, nemalite, and chrysotile on cell culture are illustrated in Figure 4. All particles were tested at three different concentrations for various treatment times. Each type of particle had a dose-dependent effect on culture growth. However, the toxic effect evolved with the time of treatment depending on the type of particle considered.

After 24 hr of treatment, hematite and nemalite had an effect at 50 μg/cm² (Fig. 4a,b), and nemalite was more efficient than hematite (33% ± 4 of culture growth inhibition for nemalite compared to the control culture and 12% ± 1.7% for hematite). In contrast, chrysotile only had an effect at 100 μg/cm² (37% ± 1.7, Fig. 4c). Considering the short-term effect, nemalite was the most cytostatic particle. Upon classifying the minerals according to their effect on culture growth after 24 hr of treatment at 100 μg/cm², nemalite was more efficient than chrysotile, which was more efficient than hematite.

As the cultures were treated, the effect on the growth of the culture evolved. Nemalite had a reversible effect, as recov-
The growth of the culture was observed after 5 days of treatment even at 100 μg/cm². In contrast, the peripheral cells could prevent the cells from progressing on the collagen substratum. The inhibition of the culture growth could correspond to a squeezing of the cells rather than to a real inhibition of proliferation. However, two facts allowed us to rule out this possibility. On one hand, recovery of the culture growth can be observed in the cultures treated with nemalite, suggesting that RTE cells were able to get over the particles. On the other hand, the count of cell number according to the outgrowth surface showed that the cellular density was the same in control and treated cultures (data not shown).

The effect of an iron chelator, desferrioxamine, on particle action was investigated. As the direct use of desferrioxamine on RTE cells was cytotoxic, particles were treated for 4 hr with desferrioxamine and then washed with culture medium before their deposition on cell culture. Whereas the cytostatic effect of hematite and chrysotile was not decreased by pretreatment with desferrioxamine, nemalite pretreated with desferrioxamine had a reduced effect on cellular growth at 48.2% ± 9.2 after 24 hr of treatment.

Evolution to Squamous Metaplasia
The ultimate stage of squamous metaplasia is the appearance of CLE beneath the plasma membrane of upper cells. These CLE are insoluble in denaturing and reducing agents. They can be easily counted after cellular dissociation and solubilization. Results summarized in Table 2 show that cultures treated for 13 days with 10 μg/cm² of nemalite exhibited a higher number of CLE compared to the number of total cells. The percentage of CLE produced in nemalite-treated RTE cells compared to control cultures is 544% ± 82. In contrast, hematite did not favor the formation of CLE. Chrysotile slightly increased the number of CLE, but the difference is only significant for p < 0.5 (Dunnett test).

As the cytoskeleton of keratins undergoes modifications during squamous metaplasia, we studied the evolution of the cytokeratin network using indirect immunofluorescent staining. Whole cyto- keratins were labeled with a polyclonal anticytokeratin antibody.

Even when the cells were entirely covered with particles (Fig. 5a), the cytokeratin network (Fig. 5b) kept an apparently normal structure. However, some cells exhibited a dense network (Fig. 5d). Observation of the same field by Nomarsky interferential contrast revealed that these cells were covered or filled with particles and sloughed off the culture (Fig. 5c).

Double staining with monospecific monoclonal antibodies allowed us to follow the apparition of squamous cells with the antibody IC7 specific to cytokeratin-13, a marker of squamous metaplasia (20, 21). In the treated cultures, IC7-positive cells were observed, but the number of these cells was difficult to evaluate by microscopic observations (data not shown).

To determine whether the expression of cytokeratin-13 was modified in treated cultures, keratins were extracted and separated by 10% SDS-polyacrylamide gel electrophoresis and then transferred onto nitrocellulose. The results of the electrophoresis are shown in Figure 6. Seven main protein bands were observed, which had already been described by Baeza et al. (27) as keratin bands. Based on the blue-coomassie-stained gels (Fig. 6a), no obvious differences could be detected between the pattern of keratins in the cultures treated by the particles and the control culture.

The western blots were revealed by monoclonal antibodies, especially against cytokeratin-13. This keratin was expressed both in control culture and treated cultures (Fig. 6b). As the same quantity of protein had been deposited in each well, a greater expression of cytokeratin-13 was observed in the cultures treated with nemalite and chrysotile.

Oxidizing Power of Particles
To determine the oxidizing power of particles, they were suspended in serum-free culture medium supplemented with 1 M phosphate buffer (pH 7.4). We tested their capacity to produce O₂⁻ by ESR. We used DMPO to trap the radicals, which would otherwise react too quickly to be detected. The concentration of phosphate in culture medium increased the leaching kinetics of the particles and reinforced, as ligands, the reducing capacity of Fe²⁺, leading to signif-
significantly different intensities of the ESR signals. Results presented in Table 3 show that whereas hematite, a ferric oxide, was

Table 3. DMPO-•OH spin adduct electron spin resonance signal intensities measured after 30 min of incubation of particles

| Mineral particles | DMPO-•OH signal intensity |
|-------------------|---------------------------|
| Hematite          | 0-50                      |
| Chrysotile B (UICC) | 500 ± 50                |
| Nemalite          | 1200 ± 100               |

Reactions were carried out in serum-free culture medium supplemented with phosphate buffer as described in Materials and Methods. The intensity of the signal was defined in an arbitrary scale. Microwave power was 10 mW, time constant 1 sec and modulation amplitude 3.2 G. An intensity of 1000 in our scale corresponds to 4.10^10 radicals/(DMPO-•OH).

totally inactive, a significant signal was detected for chrysotile and nemalite.

Discussion

The aim of this study was to understand the mechanism of cytotoxicity of some mineral particles on their first target: cells of the upper respiratory tract. In addition to fiber geometry, the oxidation state of the chemical species composing the particle is postulated to play a role in the cellular damage observed after mineral treatment. The effects of three mineral particles containing iron were evaluated in RTE cells.

Morphological studies of RTE cells were first carried out to determine the behavior of the particles in cultures and the resulting structural alterations. As primary cultures of RTE cells reconstituted a mucusciliary epithelium with functional ciliated cells, the distribution of particles on the outgrowth quickly became heterogeneous. Peripheral areas of the outgrowth containing few ciliated cells were covered by particles and as a result exhibited cellular modifications. Whatever the morphology of the particle, the three types of particles were phagocytosed by RTE cells. It seems that endocytosis does not depend on the form of the particle. We have shown that particle size must be taken into account in this phenomenon. Studies by Hesterberg et al. (22) pointed out the importance of another parameter in phagocytosis: the surface charges. They showed that chrysotile, which has positive charges, is phagocytosed more by rat tracheal epithelial cells than crocidolite which is negatively charged. The presence of positive charges on particle surface facilitates their binding with the negative charges of the membranes and more particularly to sialic acid residues as demonstrated on red blood cells (23).

As all morphological observations showed particle-induced lesions, we quantified their toxicity to classify the particles. This evaluation was achieved by membrane permeability assays (a dye exclusion test and lactate dehydrogenase release assay) and culture growth assays. Regardless of the particle, both assays showed no significant membrane damage resulting from a 24-hr particle exposure even at the high concentration of 100 μg/cm². This result is in agreement with that obtained by Hesterberg et al. (22) for asbestos on rat epithelial cell lines.

The results concerning the growth of the culture show that after 24 hr of treatment, nemalite has the most cytostatic effect at 50 μg/cm². A stronger activity of nemalite compared to hematite was also observed on Syrian hamster embryo cells by measuring of the transforming potency (24). Nemalite is the most toxic mineral in short-term tests. It also contains a higher proportion of accessible Fe²⁺. Its toxicity is probably linked to the appearance of Fe²⁺ on its surface as leaching occurs. The appearance of OAS would then be involved in its toxicity. This hypothesis is confirmed by the ESR results. Furthermore, the cytostatic effect of this particle is attenuated by desferrioxamine, an iron chelator. This decrease of nemalite activity by desferrioxamine treatment has already been shown by Fontecave et al. (25), studying the lipid peroxidation of liver rat microsomes. Zalma et al. (26) have shown that there is inhibition in the formation of OAS after treatment of nemalite by desferrioxamine. For nemalite, after 48 hr, it is probable that the phenomenon of leaching (relatively rapid) is finished and the production of OAS has decreased, possibly explaining the restarting of the culture growth. The effect of hematite on culture growth is weaker than the other two minerals, but it increases with dose and time of treatment. It is possible that the inclusion of hematite particles in vacuoles of cells in the periphery of the culture is accompanied by formation of H₂O₂ in these vacuoles, with the possibility of formation of other oxidizing species by reaction with Fe²⁺. Pezet et al. (9) emphasized the existence of such species (P⁴⁺) which are insufficiently oxidative in the presence of the formate anion to allow the appearance of the radical CO₂⁻ but capable of peroxidizing lipids. If this hypothesis is correct, it could explain the slow increase of the inhibition effect with time of treatment with chrysotile (presence of magnetite) and hematite. Lipid peroxidation, by injuring the cellular membranes, could inhibit culture growth. However, phagocytosis, which is more or less important depending on the material concerned, could also play a role in the observed toxicity. This phenomenon should be evaluated by measuring the quantity of phagocytosed particles by cells at different time intervals.

In regard to the concentration used, whatever the particle concerned, a minimum concentration of 10 μg/cm² of mineral particles is necessary to observe an effect on culture growth. In contrast, Hesterberg et al. (22) determined a CL₅₀ of 0.95 μg/cm² for chrysotile after 24 hr of treatment to inhibit the cell proliferation of 2C5 cell line of rat tracheal epithelial cells. They worked with a cell line with no functional ciliated cells, which are the cause of a heterogeneous distribution under our culture conditions. Consequently, the particle effect was more homogeneous in Hesterberg et al. study than in our outgrowth cells. The heterogeneous distribution caused by the ciliary beat implies that for a theoretical concentration, the particle concentration on the outgrowth is overvalued, whereas the concentration on the peripheral cells is undervalued. Our system of culture better mimics the in vivo situation and shows the capacity of the respiratory epithelium to clear away inhaled particles and accumulate them in areas devoid of cilia.

In addition to the cytotoxic effect of mineral particles, their capacity to induce squamous metaplasia is well documented in vivo and in vitro. These studies were performed on organ cultures that were
treated with particles for several weeks, and squamous metaplasia was principally assessed by morphological observations (10,27). In our culture conditions, the short lifetime of primary cultures of RTE cells did not allow treatment of cells for more than 16 days. Therefore, morphological observations linked to the evolution to squamous metaplasia are not always well developed and easily quantifiable. The extent of squamous metaplasia was evaluated by CLE formation in squamous cells. Indeed, Banks-Schlegel et al. (28) showed on several human lung tumor cell lines that the extent of envelope formation was well correlated with the degree of squamous differentiation. Nematite is the only particle able to induce the formation of CLE in significant amounts compared to control cultures. Chrysotile is often mentioned in the literature as an inducer of squamous metaplasia, but under our experimental conditions it did not exhibit a significant difference in the formation of CLE from control cultures. Therefore, keratin analysis was performed to determine the differentiated state of treated cells because it is well known that as squamous metaplasia occurs, cells exhibit a modified keratin pattern, particularly the expression of cytokeratin-13 (20). Although control cultures spontaneously express cytokeratin-13, the expression of this keratin is clearly increased in cultures treated with nemalite and chrysotile.

Under our culture conditions, two of the mineral particles tested were able to induce squamous metaplasia. For nemalite, squamous differentiation evolves until its ultimate stage; the formation of CLE. But for chrysotile, the overexpression of cytokeratin-13 appears as the only marker of squamous metaplasia expressed by treated cells. Terminal differentiation is more than likely not reached because of the short time treatment.

Of the three minerals tested, nemalite is the most efficient in producing effects, after a short time of treatment, on the culture growth and the induction of squamous metaplasia. As its action is reduced by pretreatment with desferrioxamine, an iron chelator, and as it produced significant amounts of OAS, we postulate that nemalite acts on RTE cells by oxidative stress linked to its divalent iron content.

Primary cultures of RTE can bring information concerning the effect of particles on airway cells. The functional ciliated epithelium reconstituted in vitro is similar to that existing in vivo. As such, results obtained are probably more representative of reality than those obtained on cell lines. Moreover, the modification of differentiation by toxic agents can be identified early by two specific criteria. This model appears suitable to study the multistep process of squamous metaplasia and to investigate how particles may alter squamous differentiation control mechanisms leading to neoplastic transformation.

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