A Proteomic Study for the Discovery of Beef Tenderness Biomarkers and Prediction of Warner–Bratzler Shear Force Measured on Longissimus thoracis Muscles of Young Limousin-Sired Bulls

Yao Zhu 1,2,†, Mohammed Gagaoua 1,‡, Anne Marie Mullen 1, Alan L. Kelly 2, Torres Sweeney 3,‡, Jamie Cafferky 1, Didier Viala 4 and Ruth M. Hamill 1,*

1 Food Quality and Sensory Science Department, Teagasc Food Research Centre, Ashtown, D15 KN3K Dublin 15, Ireland; yao.zhu@teagasc.ie (Y.Z.); gmber2001@yahoo.fr (M.G.); AnneMaria.mullen@teagasc.ie (A.M.M.); Jamie.Cafferky@teagasc.ie (J.C.)
2 School of Food and Nutritional Sciences, University College Cork, T12 K8AF Cork, Ireland; a.kelly@ucc.ie
3 School of Veterinary Sciences, University College Dublin, D04 V1W4 Dublin 4, Ireland; torres.sweeney@ucd.ie
4 Metabolomic and Proteomic Exploration Facility (PFEM), INRAE, F-63122 Saint-Genés-Champanelle, France; didier.viala@inrae.fr
* Correspondence: ruth.hamill@teagasc.ie; Tel.: +353-(0)-805-9933
† Both authors contributed equally to this work.

Abstract: Beef tenderness is of central importance in determining consumers’ overall liking. To better understand the underlying mechanisms of tenderness and be able to predict it, this study aimed to apply a proteomics approach on the Longissimus thoracis (LT) muscle of young Limousin-sired bulls to identify candidate protein biomarkers. A total of 34 proteins showed differential abundance between the tender and tough groups. These proteins belong to biological pathways related to muscle structure, energy metabolism, heat shock proteins, response to oxidative stress, and apoptosis. Twenty-three putative protein biomarkers or their isoforms had previously been identified as beef tenderness biomarkers, while eleven were novel. Using regression analysis to predict shear force values, MYOZ3 (Myozenin 3), BIN1 (Bridging Integrator-1), and OGN (Mimecan) were the major proteins retained in the regression model, together explaining 79% of the variability. The results of this study confirmed the existing knowledge but also offered new insights enriching the previous biomarkers of tenderness proposed for Longissimus muscle.

Keywords: foodomics; beef tenderness; bovine biomarkers; muscle; proteome; liquid chromatography-tandem mass spectrometry (LC-MS/MS)

1. Introduction

Meat-eating quality consists of a complex set of sensory traits including tenderness, flavour, and juiciness, each of which plays an important role in defining the appeal of beef to consumers [1,2]. Amongst these quality attributes, however, tenderness is considered to be one of the most important factors in purchase decisions regarding beef, with negative experience on toughness contributing to a lower likelihood of repeat purchase [3]. To meet the expectations of consumers, beef producers must pursue the provision of consistent high-quality beef. The underlying mechanisms involved in dictating the final meat tenderness are intricate, with muscle biochemistry interacting with processing, influenced by several factors including breed [4,5], gender [6], age at slaughter [7], muscle type [8,9], cooking temperature [5], stress at slaughter [10], and post-slaughter management and many other factors from farm-to-fork [9,11].

There have been a number of studies using omics tools to, firstly, enhance our understanding of the pathways and processes contributing to beef tenderness variation [12,13] and secondly, to propose prediction equations to explain the observed variability in this
important quality trait [14]. Thus, omics-related analytical technologies and bioinformatics tools have been applied in recent decades, resulting in a deeper understanding of gene expression, physiological responses, and other metabolic processes that are involved in meat quality determination, especially tenderness [2,12,15].

Foodomics is an emerging group of disciplines encompassing genomics, transcriptomics, proteomics, metabolomics, and lipidomics applied to food and parameters related to its quality and has been extensively used to study both fresh meat and meat products [16]. Among the many foodomics approaches, proteomics played an important role in the discovery of candidate biomarkers of several meat quality attributes [2,13,17]. A pipeline to search for proteomic biomarkers of beef tenderness was proposed [12,14]. Compared with traditional evaluation methods for beef tenderness using instrumental or sensory methods, an optimised protocol for quality monitoring using rapid methods to record the abundance of specific proteins of interest would offer an advantage to predict the meat quality before consumption. Moreover, these approaches have the potential to be developed further to allow advanced prediction of the future tenderness phenotype at a range of stages from farm-to-fork [11,15].

This study aimed to apply shotgun proteomics on muscle tissue of young Limousin-sired bulls to identify putative biomarkers of beef tenderness evaluated by Warner–Bratzler shear force (WBSF) [15]. We further aimed to propose regression models and identify the main biological interactions among the proteins underpinning WBSF variation to gain insights into the mechanisms of beef tenderness determination.

2. Materials and Methods

2.1. Meat Sample Collection

Eighteen young Limousin-sired bulls were obtained and finished at the Irish Cattle Breeders Federation Progeny Test Centre and slaughtered in an EU-licensed abattoir by electrical stunning (50 Hz) followed by exsanguination from the jugular vein. All 18 animals were finished to U- to E+ conformation score, 3- to 5= fat score and at an average age of 487 days (±24 days) and live weight of 678 kg (±58 kg) [6]. According to the muscle sampling method used by Zhu et al. [18], Longissimus thoracis et lumborum (LTL) samples from the 10th rib of each carcass were collected and finely macerated in 5 mL RNAlater® for 24 h. The RNAlater® was then removed, and the sample was subsequently transferred for storage at −80 °C until analysis. Loins were boned out at 48 h post-mortem, and steaks with a thickness of 2.54 cm were cut out from the right-side LTL of the carcass starting at the anterior end and packaged in vacuum bags. The steaks were then aged for 14 days and stored at −20 °C until Warner–Bratzler shear force (WBSF) analysis.

2.2. Warner–Bratzler Shear Force Measurement

Steaks were thawed at room temperature by immersion in a circulating water bath for 4 h. After that, external fat was trimmed from the steaks, and they were cooked in open bags in a circulating water bath (Grant Instruments Ltd., Cambridge, UK) set at 72 °C to reach an internal end-point cooking temperature of 71 °C. The cooked steaks were cooled down and stored in a refrigerator at 4 °C overnight. Shear force analysis was conducted following a modified version of the guideline of the American Meat Science Association (AMSA) [6]. For each steak, seven cores were taken with a 1.27 cm diameter parallel to the muscle fibre direction. The shear force was measured by an Instron 4464 Universal testing machine (Instron Ltd., Buckinghamshire, UK), and data analysed using Bluehill 2 Software (Instron Ltd., Buckinghamshire, UK). To reduce the standard deviation among the cores, the maximum and minimum shear values (Newton) were discarded, and the mean values of the remaining 5 cores were reported.

2.3. Muscle Protein Extraction

Frozen muscle tissue samples (80 mg) were first homogenised in 2 mL of 8.3 M urea, 2 M thiourea, 1% dithiothreitol, 2% 3-[3-cholamidopropyl] dimethylammonio]-1-
propanesulfonate, 2% immobilised pH gradient (IPG) buffer pH 3–10 using a T 25 digital ULTRA-TURRAX® following the protocol of Bouley et al. [19]. To remove non-extracted cellular components, fat, insoluble proteins, the protein homogenates were incubated with shaking for 30 min at 4 °C followed by a 30 min centrifugation at 10,000 × g. The supernatant was then transferred into Eppendorf tubes for protein quantification using the dye-binding protocol of Bradford [20].

2.4. Shotgun Proteomics

2.4.1. One Dimensional SDS-PAGE and Protein Bands Preparation

The protein extract was firstly mixed (1:1) with Laemmli sample buffer (Bio-Rad Laboratories, Deeside, UK), then concentrated on 1D stacking gel of sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE) using commercial Mini-PROTEAN® TGX™ precast gels of 8.6 × 6.7 × 0.1 cm and 12% polyacrylamide (Bio-Rad Laboratories, Deeside, UK). Twenty µg proteins were loaded in each gel lane, and the electrophoresis was run at 4 watts for about 15 min to concentrate the proteins in the stacking gel [21]. Subsequently, the gels were washed three times with Milli-Q water, stained with EZ Blue Gel staining reagent (Sigma, Saint Louis, MO, USA) with gentle shaking for 2 h, and then washed with Milli-Q water. The protein bands were excised from the washed gels using a sterile scalpel and immediately transferred into Eppendorf tubes containing 200 µL of 25 mM ammonium bicarbonate (Sigma, Saint Louis, MO, USA)-5% acetonitrile for 30 min. Then, bands were washed twice using 200 µL of 25 mM ammonium bicarbonate-50% acetonitrile for 30 min each. Finally, they were dehydrated with 100% acetonitrile for 10 min, and the liquid was discarded. Subsequently, the dried protein bands were stored at −80 °C until LC-MS/MS analysis. The immobilised proteins in the 1D gel bands were discoloured/reduced-alkylated, as described by Gagaoua et al. [22].

2.4.2. LC-MS/MS

The hydrolysis of the protein bands was carried out with 48 µL of a 25 mM ammonium bicarbonate buffer-12.5 ng/µL trypsin solution (Promega) per band for 5 h in an oven at 37 °C. Then, 30 µL buffer was added periodically during hydrolysis so that the bands were always covered with liquid. The extraction of the peptides was carried out under ultrasound (15 min) with acetonitrile and trifluoroacetic acid. Then, the supernatant was transferred into 500 µL Eppendorf tubes and dry concentrated using a Speedvac for 2 h. The volume was adjusted exactly to 20 µL with a solution of isotopologic peptides (50 pmol/µL) that was diluted 18 times in a 0.05% Trifluoroacetic acid (TFA) solution. After passing through the ultrasonic bath (10 min), the entire supernatant was transferred to the High performance liquid chromatography (HPLC) vial before LC-MS/MS analysis. For the separation, the hydrolysate was injected into the nano-LC-MS/MS (Thermo Fisher Scientific) using an Ultimate 3000 system coupled to a QExactive HF-X mass spectrometer (MS) with a nanoelectrospray ion source. Briefly, 1 µL of hydrolysate was first preconcentrated and desalted at a flow rate of 30 µL/min on a C18 pre-column 5 cm length × 100 µm (Acclaim PepMap 100 C18, 5 µm, 100 Å nanoViper) equilibrated with trifluoroacetic acid 0.05% in water to remove contaminants that could potentially disrupt the efficiency of the mass spectrometry analysis. After 6 min, the concentration column was put in line with a nano debit analytical column operating at 400 nL/min. The peptides were then separated according to their hydrophobicity (column C18, length 25 cm, diameter 75 µm, SN 10711310), using a gradient of a solution of acetonitrile (ACN/FA-99.9/0.1) of 4 to 25% in 50 min.

2.4.3. LC-MS/MS Data Processing and Protein Identification

The raw files from the LC-MS/MS were aligned against the Bos taurus database (i.e., ref_bos_taurus, 23,970 sequences) with Mascot V2.5.1 (http://www.matrixscience.com, accessed on 30 August 2020). The precursor and fragment mass tolerance were set up at 10 ppm and 0.02 Da, respectively. The variable modifications included carbamidomethyl-
lation (C), oxidation (M), and deamidation (NQ). Protein identification could be verified when at least two peptides derived from one protein showed statistically significant identity. The Mascot score was 33 with a False Discovery Rate of 1%, and the p-value was adjusted at a given threshold (0.0093).

2.5. Bioinformatics Analyses

2.5.1. Protein-Protein Interactions (PPI)

The protein-protein interactions between the putative protein biomarkers were analysed using the STRING web service database (https://string-db.org/, accessed on 28 November 2020). Default settings were used, i.e., medium confidence of 0.4 and 4 criteria for linkage: co-occurrence, experimental evidence, existing databases, and text mining. As the bovine Gene Ontology (GO) had limits, orthologous human Uniprot IDs, following the procedure by Gagaoua et al. [14], were used for this analysis to take advantage of the most complete annotations available.

2.5.2. Gene Ontology and Pathway and Process Enrichment Analyses

The pathway and Gene Ontology analyses were performed using two web-based tools. First, ProteINSIDE (http://www.proteinside.org/, accessed on 28 November 2020) was used to investigate GO terms for potential functions and molecular mechanisms [23]. For this analysis, the top 20 GO enrichment terms (p-value, Benjamini–Hochberg < 0.05) were considered and covered Biological Process (BP), Molecular Function (MF), and Cellular Component (CC) categories. The Metascape® (https://metascape.org/, accessed on 28 November 2020) web service tool was further used to investigate the pathway and process enrichment analyses using the list of 34 differential proteins. The statistically significant enriched ontology terms were displayed based on the hypergeometric test and Benjamini–Hochberg p-value correction algorithm [24].

2.6. Statistical Analyses

Statistical analyses of protein abundance were performed with XLSTAT 2018.2 (AddinSoft, Paris, France), as well as the online tools NormalyzerDE and MetaOmGraph, mainly for data standardisation. Raw data were scrutinised for data entry errors, any missing data, or outliers. Log2 transformation and mean normalisation were performed on protein abundance among replicate samples. For the comparison of protein abundance between the tender (low WBSF values) and tough meat samples (high WBSF values), a one-way analysis of variance was performed for each protein. Differences in protein abundance between the tender and tough groups were considered significant at p < 0.05, and significant proteins were considered as candidate protein biomarkers. Pearson correlations were computed between the individual WBSF values and protein abundances for those proteins significant following ANOVA. Correlations were considered significant at p < 0.05. To get an overview of the main proteins related to WBSF variability, Partial Least Squares (PLS) regressions on standardised data were conducted to generate explanatory models using the list of the candidate protein biomarkers and identify the most influential proteins based on the variable importance in projection (VIP) filter set at both VIP > 1.0 and >0.8, as described by Gagaoua et al. [9]. Moreover, a stepwise regression analysis was used to explain WBSF using the 34 differential proteins (as independent variables, x). The absence of collinearity was systematically tested [25], specifically, the variable was identified as collinear if it possessed a high condition index > 10. The regression model allowed the entry of no more than 3 explanatory variables based on the parsimony principle.

3. Results

3.1. Differential Proteins between Extreme Groups of High and Low WBSF Values

According to Huffman et al. [26], for beef cooked to 70 °C, meat with Warner–Bratzler shear force values of 4.1 kg (40.18 N) or less was correlated with high levels (98%) of consumer acceptability, while beef prepared under the same conditions with shear force
values of 5.8 kg (56.84 N) or greater remained unacceptable. Two groups of beef samples with a large difference in shear force were selected from a panel of 107 beef animals collected and profiled under similar conditions. The mean shear force value in the lower shear force group was 33.21 N, while the mean shear force value for the other group was 63.96 N. These groups were classified as tender and tough, respectively. Putative protein biomarkers of beef tenderness that significantly differed in abundance in muscle samples were identified from these divergent groups (Table 1 and details in Table S1).

Table 1. Warner–Bratzler shear force (WBSF) values of the *Longissimus thoracis* muscles used in this trial.

| Quality Traits | Min | Max | Mean | SD  | CV (%) |
|----------------|-----|-----|------|-----|--------|
| WBSF (N = 9)   | 27.7 | 38.85 | 33.21 | 3.24 | 9.75   |
| WBSF (N = 9)   | 59.25 | 71.40 | 63.96 | 3.98 | 6.22   |

N, Newtons; SD, Standard Deviation; CV, Coefficient of Variation.

A total of 34 proteins were different (*p* < 0.05) in their abundance between the tender and tough groups (Table 2). These 34 proteins belonged to five major biological pathways (Table 2), these being: (i) muscle contraction, structure, and associated proteins (n = 17; 50%); (ii) energy metabolism and associated pathways (n = 5; 15%); (iii) heat shock proteins (n = 4; 12%); (iv) oxidative stress (n = 2; 6%); and (v) other pathways including regulation of cellular processes, binding, apoptotic, and transport proteins (n = 6; 17%). The 34 proteins were then compared with a database of beef tenderness biomarkers by Gagaoua et al. [13], of which 23 overlapped with the database (Table 2).

Table 2. List of the 34 differential proteins organised by biological family, identified to significantly differ among the two WBSF (tenderness) groups.

| Uniprot ID | Gene Name | Full Protein Name | Fold Change (Log2) | Pearson Correlations | Overlap with Gagaoua et al. Database |
|------------|-----------|-------------------|-------------------|--------------------|-------------------------------------|
| **Muscle contraction, structure and associated proteins (n = 17)** |
| Q08DI7 | MYOZ3 | Myozenin 3 | −0.53 | 0.002 | 0.741 ** |
| E1BNG8 | BIN1 | Bridging Integrator-1 | −0.25 | 0.003 | 0.616 ** |
| Q148F1 | CFL2 | Cofilin-2 | −0.47 | 0.003 | 0.670 ** |
| E1BIN0 | FHOD1 | Formin homology 2 domain containing 1 | −0.40 | 0.005 | 0.714 *** |
| A6QLZ8 | CORO6 | Corinon | −0.57 | 0.007 | 0.607 ** |
| Q0P571 | MYLPF | Myosin regulatory light chain 2 | −0.71 | 0.009 | 0.613 ** |
| Q3SX40 | PDLIM7 | PDZ and LIM domain protein 7 | −0.47 | 0.010 | 0.642 ** |
| Q0VC48 | TMOD4 | Tropomodulin-4 | −0.42 | 0.010 | 0.640 ** |
| Q2KJH4 | WDR1 | WD repeat-containing protein 1 | −0.49 | 0.019 | 0.542 * |
| P60712 | ACTB | Actin, cytoplasmic 1 | −0.98 | 0.023 | 0.524 * |
| A0JNI5 | MYL1 | Myosin light chain 1/3, skeletal muscle isoform | −0.47 | 0.024 | 0.554 * |
| P02453 | COL1A1 | Collagen alpha-1(I) chain | 0.89 | 0.025 | −0.536 * |
| Q3SY28 | PDLIM3 | PDZ and LIM domain protein 3 | −0.51 | 0.029 | 0.512 * |
| Q0III9 | ACTN3 | Alpha-actinin-3 | −0.34 | 0.034 | 0.529 * |
| A4FV78 | KLHL41 | KBTBD10 protein | −0.38 | 0.037 | 0.509 * |
| F1N789 | VCL | Vinculin | −0.21 | 0.040 | 0.476 * |
| Q32L2P | RDX | Radixin | −0.26 | 0.043 | 0.476 * |
| **Energy metabolism (n = 5)** |
| Q5E956 | TP1 | Triosephosphate isomerase | −0.35 | 0.018 | 0.631 ** |
| Q3Z7Y4 | ALDOC | Fructose-bisphosphate aldolase | −0.33 | 0.018 | 0.621 ** |
| A5D984 | PKM | Pyruvate kinase | −0.39 | 0.029 | 0.540 * |
| A4QLL8 | ALDOA | Fructose-bisphosphate aldolase | −0.29 | 0.029 | 0.554 * |
| A3KN12 | ADSL | Adenylosuccinate lyase | 0.27 | 0.019 | −0.629 ** |
Table 2. Cont.

| Uniprot ID | Gene Name | Full Protein Name | Differences | Pearson Correlations a | Overlap with Gagaoua et al. Database [13] |
|------------|-----------|--------------------|-------------|------------------------|------------------------------------------|
|            |           |                    | Fold Change (Log2) | p-Value | WBSF |          |
|            | Heat shock proteins (n = 4) |
| P19120 | HSPA8 b | Heat shock cognate 71 kDa protein | −0.41 | 0.006 | 0.590 ** | ✓ |
| P31081 | HSPD1 | 60 kDa heat shock protein, mitochondrial | 0.84 | 0.016 | −0.567 * | ✓ |
| Q3T149 | HSPB1 | Heat shock protein beta-1 | −0.44 | 0.038 | 0.531 * | ✓ |
| Q3ZBZ8 | STIP1 | Stress-induced-phosphoprotein 1 | −0.29 | 0.040 | 0.484 * | ✓ |
|            | Oxidative stress (n = 2) |
| P35705 | PRDX3 | Thioredoxin-dependent peroxide reductase | 0.32 | 0.038 | −0.488 * | PRDX6/PRDX1/PRDX2 |
| Q5E946 | PARK7 | Protein/nucleic acid deglycase DJ-1 | −0.47 | 0.046 | 0.501 * | ✓ |
|            | Other pathways (n = 6) |
| P11116 | LGALS1 | Galectin-1 | −0.56 | 0.006 | 0.639 ** | ✓ |
| E1BE77 | TRIM72 | Tripartite motif containing 72 | −0.45 | 0.008 | 0.620 ** | ✓ |
| P19879 | OGN b | Mimecan | −0.64 | 0.017 | 0.569 * | ✓ |
| Q2HJF7 | CAMK2D | Calcium/calmodulin-dependent protein kinase | −0.20 | 0.038 | 0.510 * | ✓ |
| Q6EWQ7 | EIF5A | Eukaryotic translation initiation factor 5A-1 | −0.45 | 0.046 | 0.574 * | ✓ |
| Q3SYR3 | APOBEC2 | Probable C->U-editing enzyme APOBEC-2 | −0.66 | 0.047 | 0.530 * | ✓ |

a Significance of the correlations: * p < 0.05; ** p < 0.01; *** p < 0.001. b Proteins identified as Quantitative Trait Loci (QTL) of shear force using ProteQTL tool included in ProteINSIDE (http://www.proteinside.org/, accessed on 28 November 2020) from the Animal QTL Database (https://www.animalgenome.org/QTLdb/, accessed on 28 November 2020). c Proteins identified as QTL of sensory tenderness.

The regression model built for WBSF is presented in Table 3. The model explained 79% of the variability in WBSF (p < 0.01), including the abundance of three proteins: MYOZ3 (Myozenin 3), BIN1 (Bridging Integrator-1), and OGN (Mimecan), which were all positively correlated with WBSF (negatively with tenderness). It should be highlighted that MYOZ3 alone explained 52% of the variability. In this model, the correlation of MYOZ3 with WBSF values is depicted in Figure 1.

Table 3. Best regression equation of WBSF based on the list of the significant differential proteins from Table 2.

| R-Squared a | S.E | Entered Independent Variable b | Partial R-Squared | Regression Coefficient | t-Value | p-Value |
|-------------|-----|--------------------------------|-------------------|------------------------|---------|---------|
| 0.79 **     | 0.125 | MYOZ3 | 0.52 | 0.486 | 3.875 | 0.002 |
|             | 0.116 | BIN1 | 0.17 | 0.454 | 3.907 | 0.002 |
|             | 0.121 | OGN | 0.1 | 0.347 | 2.868 | 0.012 |

a Significance of the models: ** p < 0.01. b Variables are shown in order of their entrance, in a stepwise manner, in the regression model.

From the list of the putative protein biomarkers, 30 were negatively correlated with tenderness (positively with WBSF), from which MYOZ3, CFL2, and BIN1 were the most highly significantly correlated proteins. In addition, 4 proteins (COL1A1, ADSL, HSPD1, and PRDX3) were positively correlated with tenderness (negatively with WBSF; Figure 2a and Table 2). From the correlation analyses, Myozenin (MYOZ3) was strongly and significantly correlated with WBSF (Figure 1). No significant correlation was found between WBSF with KLHL41 and VCL (Table 2).
Figure 1. Example of significant correlations between the abundance of Myozenin 3 (MYOZ3) and WBSF values. The tender samples are shown by triangles (\(\triangle\)) and the tough samples by circles (\(\circ\)). The R-square of the correlation is given.

Figure 2. Bioinformatics and statistical analyses of the proteins identified to be differential between the tough and tender *Longissimus thoracis* muscle steaks. (a) Volcano plot of the differential proteins in terms of their abundance, with a total of 34 proteins that were significantly different between the two tenderness groups shown in red (negative direction with tenderness) and green colour (positive direction with tenderness). The other proteins that had a tendency or were not significant were in grey and black colour, respectively. (b) Networks of pathways and process enrichment cluster analysis based on the 34 differential proteins using Metascape® (https://metascape.org/, accessed on 28 November 2020). (c) Functional enrichment analysis based on the list of significant 17 Gene Ontology (GO) terms ranked by their *p*-value.
3.2. Partial Least Squares to Explain the Variability of WBSF Values

Based on the VIP filter (Table 4), the WBSF PLS regression model retained 32 proteins, of which 16 proteins (MYOZ3, FHOD1, CFL2, PDLIM7, TMOD4, LGALS1, TPI1, ADSL, ALDOC, TRIM72, BIN1, MYLPF, CORO6, HSPA8, OGN, EIF5A) had a VIP > 1.0. The other 16 proteins (HSPD1, MYL1, ALDOA, WDR1, PKM, COL1A1, HSPB1, APOBEC2, ACTN3, ACTB, PDLIM3, CAMK2D, PARK7, PRDX3, STIP1, RDX) had a VIP between 0.8 and 1.0; KLHL41 and VCL were the only two proteins whose VIP values were under 0.8. Combined with the results of the correlation analyses, the 32 proteins were identified as related to WBSF regardless of the statistical method. In addition, MYOZ3 was the first ranked protein, with the highest VIP.

Table 4. Partial Least Squares (PLS) prediction of beef tenderness (WBSF) using the list of the 34 putative protein biomarkers based on their variable importance in the projection (VIP).

| Proteins | VIP | Direction (+ or −) |
|----------|-----|---------------------|
| MYOZ3: Myozenin 3 | 1.291 | − |
| FHOD1: Formin homology 2 domain containing 1 | 1.243 | − |
| CFL2: Cofilin-2 | 1.168 | − |
| PDLIM7: PDZ and LIM domain protein 7 | 1.119 | − |
| TMOD4: Tropomodulin-4 | 1.115 | − |
| LGALS1: Galectin-1 | 1.113 | − |
| TP11: Triosephosphate isomerase | 1.099 | − |
| ADSL: Adenylosuccinate lyase | 1.095 | + |
| ALDOC: Fructose-bisphosphate aldolase | 1.082 | − |
| TRIM72: Tripartite motif containing 72 | 1.080 | − |
| BIN1: Bridging Integrator-1 | 1.073 | − |
| MYLPF: Myosin regulatory light chain 2, skeletal muscle isoform | 1.067 | − |
| CORO6: Coronin | 1.056 | − |
| HSPA8: Heat shock cognate 71 kDa protein | 1.027 | − |
| OGN: Mimecan | 1.025 | − |
| EIF5A: Eukaryotic translation initiation factor 5A-1 | 1.000 | − |
| HSPD1: 60 kDa heat shock protein, mitochondrial | 0.987 | + |
| MYL1: Myosin light chain 1/3, skeletal muscle isoform | 0.965 | − |
| ALDOA: Fructose-bisphosphate aldolase | 0.965 | − |
| WDR1: WD repeat-containing protein 1 | 0.943 | − |
| PKM: Pyruvate kinase | 0.940 | − |
| COL1A1: Collagen alpha-1(I) chain | 0.934 | + |
| HSPB1: Heat shock protein beta-1 | 0.924 | − |
| APOBEC2: Probable C->U-editing enzyme APOBEC-2 | 0.923 | − |
| ACTN3: Alpha-actinin-3 | 0.922 | − |
| ACTB: Actin, cytoplasmic 1 | 0.913 | − |
| PDLIM3: PDZ and LIM domain protein 3 | 0.892 | − |
| CAMK2D: Calcium/calmodulin-dependent protein kinase type II subunit delta | 0.889 | − |
| PARK7: Protein/nucleic acid deglycase DJ-1 | 0.873 | − |
| PRDX3: Thioredoxin-dependent peroxide reductase, mitochondrial | 0.850 | + |
| STIP1: Stress-induced-phosphoprotein 1 | 0.843 | − |
| RDX: Radixin | 0.830 | − |
| KLHL41: KBTBD10 protein | 0.771 | − |
| VCL: Vinculin | 0.708 | − |

3.3. Protein-Protein Interactions (PPI)

The protein-protein interaction network highlighted the importance of the structural and contractile pathways in beef tenderisation (Figure 3). In the network, ACTB (Actin) had the most interactions with other pathways, including energy metabolism and heat shock proteins, while ACTN3 (Alpha-actinin-3) and MYLPF (Myosin regulatory light chain 2) had
more involvement within the muscle structure pathway. The next most dominant pathways were cellular processes, binding, apoptosis, and transport proteins, which showed multiple interactions with the energy metabolism (TPH, ALDOA, and PKM), heat shock proteins (HSPD1), and muscle contraction (PDLIM3). It should be noted that the proteins in the heat shock pathway had a close interaction with each other.

Figure 3. Protein-Protein interaction network built using the 34 differentially abundant proteins. The interaction map was generated from the web-based search STRING database (https://string-db.org/, accessed on 28 November 2020). Default settings of confidence of 0.6 and 4 criteria for linkage: co-occurrence, experimental evidence, existing databases, and text mining were used.

3.4. Pathway and Process Enrichment Analysis

The Gene Ontology (GO) results are given in Table 5. Canonical glycolysis (GO:0061621), glycolytic process (GO:0006096), and muscle contraction (GO:0006936) were the top three Gene-Ontology (GO)-enriched terms identified from the list of the 34 differential proteins (Table 5), while Cellular Component (CC), cytosol (GO:0005829), extracellular exosome (GO:0070062), and cytoplasm (GO:0005737) were the most important three CC terms. It should be noted that a considerable number of proteins were classified as proteins binding (GO:0005515) in molecular function (Table 5). From the Metascape analysis, 17 top and significantly enriched terms were validated and allowed to construct process enrichment networks of the pathways (Figure 2b,c). The top six enriched term clusters were highlighted, including supramolecular fibre organisation (GO:0097435), muscle contraction (GO:0006936), muscle structure development (GO:0061061), glucose catabolic process (GO:0006007), striated muscle contraction (GO:006941), and homotypic cell-cell adhesion (GO:0034109). The most dominant pathway was supramolecular fibre organisation and muscle contraction, which was consistent with the PPI data confirming their pivotal role in beef tenderisation of young Limousin bull beef (Figure 3).
Table 5. Top20 Gene Ontology (GO) terms computed using the list of the 34 putative protein biomarkers.

| GO               | Function                           | Gene Name                  | GO Frequency within the Dataset (%) | GO Frequency within the Genome (%) | p-Values       |
|------------------|------------------------------------|----------------------------|-------------------------------------|------------------------------------|----------------|
| GO:0061621       | canonical glycolysis               | ALDOC TPI1 PKM ALDOA       | 11.76                               | 14.81                              | 2.13 × 10⁻⁹    |
| GO:0006096       | glycolytic process                 | ALDOC ALDOA PKM TPI1       | 11.76                               | 10.26                              | 5.4 × 10⁻⁹     |
| GO:006936        | muscle contraction                 | TRIM72 MYL1 VCL MYLFP TMOD4| 14.71                               | 2.35                               | 2.86 × 10⁻⁸    |
| GO:0043312       | neutrophil degranulation           | VCL HSPA8 ALDOA ALDOC PKM  | 14.71                               | 1.03                               | 1.28 × 10⁻⁶    |
| GO:0070527       | platelet aggregation               | ACTB VCL HSPB1             | 8.82                                | 7.14                               | 2.06 × 10⁻⁶    |
| GO:0006094       | gluconeogenesis response to unfolded protein maintenance of blood-brain barrier | VCL ACTB                  | 5.88                                | 66.67                              | 5.99 × 10⁻⁶    |
| GO:0030388       | fructose 1,6-bisphosphate metabolic process actin filament assembly | ALDOA ALDOC               | 5.88                                | 28.57                              | 1.98 × 10⁻⁵    |
| GO:0030042       | platelet degranulation             | WDR1 CFL2                 | 5.88                                | 25                                 | 2.34 × 10⁻⁵    |
| GO:0032576       | GO:0070527 | platelet aggregation | gluconeogenesis response to unfolded protein maintenance of blood-brain barrier | VCL ACTB                  | 5.88                                | 28.57                              | 1.98 × 10⁻⁵    |
| GO:0002576       | apical junction assembly           | VCL WDR1                  | 5.88                                | 25                                 | 2.34 × 10⁻⁵    |
| GO:0030836       | positive regulation of actin filament depolymerisation | ALDOA WDR1 VCL CFL2 WDR1  | 5.88                                | 15.38                              | 4.82 × 10⁻⁵    |
| GO:0006000       | fructose metabolic process         | ALDOA ALDOC               | 5.88                                | 13.33                              | 5.97 × 10⁻⁵    |
| GO:0007015       | actin filament organisation         | ALDOA CORO6 TMOD4          | 8.82                                | 1.54                               | 9.6 × 10⁻⁵     |
| GO:0042026       | protein refolding                  | HSPD1 HSPA8                | 5.88                                | 9.52                               | 9.98 × 10⁻⁵    |
| GO:0034333       | GO:0070527 | myofibril assembly adherens junction assembly | KLHL41 TMOD4  | 5.88                                | 7.14                               | 0.000162       |
| GO:0043066       | negative regulation of apoptotic process | HSPD1 HSPB1 PRDX3 PARK7 | 11.76                               | 0.49                               | 0.000221       |
| GO:0086091       | regulation of heart rate by cardiac conduction | BIN1 CAMK2D               | 5.88                                | 5.56                               | 0.000239       |

Cellular Component (CC)

| GO               | Function                  | Gene Name                  | GO Frequency within the Dataset (%) | GO Frequency within the Genome (%) | p-Values       |
|------------------|---------------------------|----------------------------|-------------------------------------|------------------------------------|----------------|
| GO:0005829       | cytosol                   | VCL TPI1 MYLFP HSPA8 STIP1 EIF5A CAMK2D ADSL MYL1 ACTN3 ALDOC HSPD1 BIN1 PRDX3 PARK7 TPI1 PKM FHOD1 PDLIM3 ALDOA HSPB1 WDR1 PKM FHOD1 PDLIM7 ACTB KLHL41 ALDOC HSPD1 ACTN3 ACTB PARK7 TPI1 PKM VCL RDX CFL2 LGALS1 OGN ALDOA HSPA8 HSB81 WDR1 PARK7 FHOD1 COLIA1 EIF5A PKM BIN1 HSPD1 HSPA8 KLHL41 PRDX3 TRIM72 APOBEC2 CAMK2D ACTB HSPB1 CFL2 LGALS1 | 70.59 | 0.5 | 3.03 × 10⁻²¹ |
| GO:0070062       | extracellular exosome     | VCL RDX CFL2 LGALS1 OGN ALDOA HSPA8 HSB81 WDR1 PARK7 FHOD1 COLIA1 EIF5A PKM BIN1 HSPD1 HSPA8 KLHL41 PRDX3 TRIM72 APOBEC2 CAMK2D ACTB HSPB1 CFL2 LGALS1 | 47.06 | 0.58 | 1.67 × 10⁻¹⁵ |
| GO:005737        | cytoplasm                | VCL RDX CFL2 LGALS1 OGN ALDOA HSPA8 HSB81 WDR1 PARK7 FHOD1 COLIA1 EIF5A PKM BIN1 HSPD1 HSPA8 KLHL41 PRDX3 TRIM72 APOBEC2 CAMK2D ACTB HSPB1 CFL2 LGALS1 | 50 | 0.41 | 3 × 10⁻¹⁴ |
### Table 5. Cont.

| GO          | Function                  | Gene Name                  | GO Frequency within the Dataset (%) | GO Frequency within the Genome (%) | p-Values   |
|-------------|---------------------------|----------------------------|-------------------------------------|-----------------------------------|------------|
| GO:0005615  | extracellular space       | HSPD1 RDX ALDOA CFL2       | 32.35                               | 0.77                              | $3 \times 10^{-12}$ |
|             |                            | HSFA8 TP1I OGN COL1A1      |                                     |                                   |            |
|             |                            | HSPB1 LGALS1 ACTB          |                                     |                                   |            |
|             |                            | VCL HSPB1 RDX HSFA8 ACTN3  |                                     |                                   |            |
|             |                            | ACTB PDLIM7               |                                     |                                   |            |
| GO:0005925  | focal adhesion            |                            | 20.59                               | 1.82                              | $2.33 \times 10^{-10}$ |
| GO:0015629  | actin cytoskeleton        |                            | 17.65                               | 3.14                              | $2.54 \times 10^{-10}$ |
| GO:0005856  | cytoskeleton              |                            | 23.53                               | 1.08                              | $3.05 \times 10^{-10}$ |
| GO:0030018  | Z disc                    |                            | 14.71                               | 4.2                               | $2.57 \times 10^{-9}$ |
| GO:1904813  | ficolin-1-rich granule lumen |                           | 14.71                               | 4.03                              | $2.92 \times 10^{-9}$ |
| GO:0005634  | nucleus                   |                            | 38.24                               | 0.26                              | $4.61 \times 10^{-9}$ |
| GO:0005576  | extracellular region      |                            | 26.47                               | 0.49                              | $7.91 \times 10^{-9}$ |
| GO:0034774  | secretory granule lumen   |                            | 14.71                               | 1.56                              | $2 \times 10^{-7}$ |
| GO:0031674  | I band                    |                            | 8.82                                | 13.64                             | $3.96 \times 10^{-7}$ |
| GO:0005912  | adherens junction         |                            | 8.82                                | 2.57                              | $2.62 \times 10^{-6}$ |
| GO:0030864  | cortical actin cytoskeleton | stress fibre axon           | 11.76                               | 1.65                              | $3.52 \times 10^{-6}$ |
| GO:0001725  | adherens junction         |                            |                                     |                                   |            |
| GO:0030424  | cortical actin cytoskeleton | stress fibre axon           | 20.59                               | 0.24                              | $3.81 \times 10^{-5}$ |
| GO:0005654  | nucleoplasm               |                            | 5.88                                | 15.38                             | $4.82 \times 10^{-5}$ |
| GO:0011031  | chaperone complex         |                            | 23.53                               | 0.18                              | $5.47 \times 10^{-5}$ |

#### Molecular Function (MF)

| GO          | Protein Binding           | Gene Name                  | GO Frequency within the Dataset (%) | GO Frequency within the Genome (%) | p-Values   |
|-------------|---------------------------|----------------------------|-------------------------------------|-----------------------------------|------------|
| GO:0005515  | protein binding           |                            | 85.29                               | 0.45                              | $9.5 \times 10^{-24}$ |
|             |                           | PRDX3 PARK7 ALDOA          |                                     |                                   |            |
|             |                           | OGN MYOZ3 ACTN3            |                                     |                                   |            |
|             |                           | FHOD1 CAMK2D PKM           |                                     |                                   |            |
|             |                           | HSPD1 TRIM72 COL1A1        |                                     |                                   |            |
|             |                           | CFL2 TMOD4 STIP1           |                                     |                                   |            |
|             |                           | ALDOC CORO6 BIN1           |                                     |                                   |            |
|             |                           | LGALS1 VCL EIF5A HSFA8     |                                     |                                   |            |
|             |                           | HSPB1 PDLIM3 TP1I          |                                     |                                   |            |
|             |                           | KHL41 RDX ACTB PDLIM7      |                                     |                                   |            |
|             |                           | ALDOA PRDX3 TRIM72        |                                     |                                   |            |
|             |                           | PARK7 ACTB CAMK2D          |                                     |                                   |            |
|             |                           | ACTB PDLIM7               |                                     |                                   |            |
| GO:0042802  | identical protein binding |                            | 38.24                               | 0.92                              | $2.98 \times 10^{-15}$ |
|             |                           | PRDX3 PARK7 ALDOA          |                                     |                                   |            |
|             |                           | OGN MYOZ3 ACTN3            |                                     |                                   |            |
|             |                           | FHOD1 CAMK2D PKM           |                                     |                                   |            |
|             |                           | HSPD1 TRIM72 COL1A1        |                                     |                                   |            |
|             |                           | CFL2 TMOD4 STIP1           |                                     |                                   |            |
|             |                           | ALDOC CORO6 BIN1           |                                     |                                   |            |
|             |                           | LGALS1 VCL EIF5A HSFA8     |                                     |                                   |            |
|             |                           | HSPB1 PDLIM3 TP1I          |                                     |                                   |            |
|             |                           | KHL41 RDX ACTB PDLIM7      |                                     |                                   |            |
|             |                           | ALDOA PRDX3 TRIM72        |                                     |                                   |            |
|             |                           | PARK7 ACTB CAMK2D          |                                     |                                   |            |
|             |                           | ACTB PDLIM7               |                                     |                                   |            |
| GO:0003723  | RNA binding               |                            | 29.41                               | 0.62                              | $2.33 \times 10^{-10}$ |
Table 5. Cont.

| GO          | Function                        | Gene Name               | GO Frequency within the Dataset (%) | GO Frequency within the Genome (%) | p-Values       |
|-------------|---------------------------------|-------------------------|-------------------------------------|------------------------------------|----------------|
| GO:0045296  | cadherin binding                | PARK7 HSPA8 VCL RDX ALDOA PKM | 17.65                               | 2.03                               | 2.44 x 10^{-9}|
| GO:0051015  | actin filament binding          | BIN1 FHOD1 WDR1 CFL2 CORO6 | 14.71                               | 3.57                               | 4.61 x 10^{-9}|
| GO:003779   | actin binding                   | PDLIM3 VCL ALDOA PDLIM7 MYOZ3 RDX | 17.65                               | 1.48                               | 1.01 x 10^{-8}|
| GO:008307   | structural constituent of muscle | ACTN3 MYL1 MYLPF        | 8.82                                | 6.52                               | 2.48 x 10^{-6}|
| GO:004332   | fructose-bisphosphate aldolase activity | ALDOA ALDOC          | 5.88                                | 66.67                              | 5.99 x 10^{-6}|
| GO:0031625  | ubiquitin protein ligase binding | HSPA8 HSPD1 VCL TP11   | 11.76                               | 1.36                               | 6.77 x 10^{-6}|
| GO:0051087  | chaperone binding               | BIN1 HSPD1 HSPA8       | 8.82                                | 3.3                                | 1.44 x 10^{-5}|
| GO:0048156  | tau protein binding             | BIN1 ACTB              | 5.88                                | 20                                 | 3.26 x 10^{-5}|
| GO:0023026  | MHC class II protein complex binding | PKM HSPA8         | 5.88                                | 11.76                              | 7.34 x 10^{-5}|
| GO:0051371  | muscle alpha-actinin binding    | PDLIM3 PDLIM7          | 5.88                                | 11.11                              | 7.98 x 10^{-5}|
| GO:0044183  | protein folding chaperone binding | HSPA8 HSPB1          | 5.88                                | 7.14                               | 0.000162       |
| GO:0042803  | protein homodimerisation activity | PARK7 CAMK2D TP11 HSPB1 | 11.76                               | 0.53                               | 0.000173       |
| GO:0003697  | single-stranded DNA binding     | HSPD1 PARK7           | 5.88                                | 2.06                               | 0.001335       |
| GO:0019901  | protein kinase binding          | HSPB1 ACTB PRDX3      | 8.82                                | 0.54                               | 0.001393       |
| GO:0044325  | ion channel binding             | ACTN3 CAMK2D          | 5.88                                | 1.82                               | 0.001617       |
| GO:0002020  | protease binding (S)-2-(5-amino-1-(5-phospho-D-ribosyl)imidazole-4-carboxamido)succinate AMP-lyase (fumarate-forming) activity | COL1A1 BIN1 | 5.88                                | 1.61                               | 0.001708       |
| GO:0070626  |                                  | ADSL                   | 2.94                                | 100                                | 0.001708       |

4. Discussion

The beef industry is consistently confronted with challenges in supplying beef with consistent eating qualities. Tenderness is one of the most important palatability traits of beef that affects the repurchase decisions of consumers. The pathways underpinning beef tenderness determination are complex and not fully elucidated, although a recent integromics meta-analysis by Gagaoua et al. [13] on the molecular signatures shed light on some of them. Thus, it was valuable to identify putative protein biomarkers of beef tenderness from two tenderness groups with a strong difference in shear force: tender (33.21 N) vs. tough (63.96 N; Table 1).

This study on Irish Limousin-cross cattle allowed us to get more insights and validate the association of certain proteins with tenderness and propose new ones that will further increase our knowledge and progress in the pipeline of beef tenderness discovery of biomarkers. This study allowed us also to (i) propose preliminary explanatory models of tenderness using multiple regression and partial least squares; (ii) compare the list of putative protein biomarkers identified in this trial with previous studies to verify the robustness of the discovered proteins; and finally, (iii) increase our knowledge on the biological pathways involved in the variation of beef tenderness evaluated in this study using WB5F at an end-point cooking temperature of 71 °C. The relationship between tenderness and the list of candidate proteins was discussed in the following sections.
4.1. The Best Explanatory Proteins in the Regression Model of WBSF

The best regression model built with MYOZ3, BIN1, and OGN proteins explained 79% of the observed variability in WBSF ($p < 0.01$). MYOZ3 is mainly expressed in skeletal muscle and enriched in fast-twitch muscle fibres. MYOZ3 belongs to the myozenin family, of which three other members were previously proposed as tenderness biomarkers [13]. MYOZ3 acts as an intracellular binding protein to link with Z-disc proteins such as alpha-actinin and gamma-filamin and transmit calcineurin signalling to the sarcomere [27]. Due to the capacity to bind multiple proteins, the relationship between MYOZ3 and meat quality, specifically tenderness, could be through regulating the Z-disc structure and signal transduction, influencing muscle fibre differentiation [28]. Consistent with our findings, a previous study reported a negative association between MYOZ3 and the shear force of *M. longissimus thoracis* in heifers [29].

BIN1, also known as Bridging Integrator-1, was identified in the present study for the first time to have a potential association with beef tenderness. BIN1 plays an important role in the regulation of endocytosis and has other roles as a central regulator of cell proliferation and apoptosis [30]. While no evidence was present in the literature on a specific relationship with tenderness, BIN1 was associated with another important beef production attribute, residual feed intake [31], which was previously associated with meat quality. OGN, which is also called mimecan, belongs to a secreted protein family of small leucine-rich proteoglycans located in the extracellular matrix [32]. OGN was negatively correlated with beef tenderness, and both MYOZ3 and OGN genes were located within a Quantitative Trait Loci (QTL) for shear force on chromosome 8 (Table 2). Interestingly, when protein profiles were compared between Japanese Black cattle and Holstein cattle, a higher abundance of OGN protein (mimecan) was found in the Holstein breed known to have lower fat content [33]. An important function of OGN is in collagen fibrillogenesis [32]. For this reason, it could be hypothesised that the greater abundance of OGN protein observed for tougher beef animals may be related to a higher abundance of connective tissue content in the muscle of tough beef [34], although we did not measure the connective tissue content in the present study.

4.2. Dominant Pathway Related to WBSF of Young Limousin-Sired Bulls

Muscle contraction and structure were identified as the most important pathway associated with WBSF in this study. Most of the proteins from this pathway were localised in the sarcomere. Of these, compared with the database of beef tenderness biomarkers of Gagaoua [13], 13 were already identified, and 4 proteins (BIN1, FHOD1, CORO6, and RDX) were reported for the first time in this study.

Myosin and actin were critically important to textural changes in muscle that occurred post-mortem during meat ageing through the weakening of the actin/myosin complex in the myofibril [22]. As the major component of the thick filaments of the myofibril, molecular myosin consisted of two heavy and four light chains. This study revealed, for example, MYLPF (Myosin regulatory light chain 2) and MYL1 (Myosin light chain 1/3) to be negative biomarkers of beef tenderness. Myosin light chains were wrapped around the head/rod junction of the myosin heavy chain in skeletal muscle myosin [35]. The MYLPF and MYL1 proteins were demonstrated [13] to correlate with beef tenderness; however, the direction of their relationships with this trait lacks consistency across studies; this phenomenon was well known to vary depending on the breed and muscle type [5,25,36], and was suggested to be related to post-translational modifications of the proteins [37]. Myosin light chain proteins were highly expressed in fast-twitch fibres. It was noteworthy that phosphorylation of MYL might play an essential role in proteolysis and onset of apoptosis in post-mortem muscle, which was favourable to the degradation of large molecules and final tenderisation of aged meat [38]. As for the second, most abundant myofibrillar protein in muscle, actin was interrelated with the apoptosis of the cytoskeleton during meat tenderisation [39]. In our study, ACTB, ACTN3, and TMOD4 were negatively correlated with beef tenderness, which is consistent with previous studies [9,29].
The collagen alpha-1(I) chain is an abundant connective tissue protein with an important function of support in the muscle tissue and bone in the body, and is encoded by \textit{COL1A1} gene. Several studies showed a close relationship between collagen content and variation in meat tenderness [40,41]. Interestingly, in a previous study by Bjarnadóttir et al. [42], \textit{COL1A1} and \textit{COL1A2} were found to have lower abundance in tender beef muscle, which was opposite to our findings. However, there was also evidence of a positive relationship between \textit{COL1A1} abundance and intramuscular fat content, which could have an effect in promoting beef tenderness [43]. Thus, there was no consistent conclusion regarding the direct influence of \textit{COL1A1} on meat quality.

\textit{PDLIM3} and \textit{PDLIM7} are two members of the PDZ and LIM domain (PDLIM) family, participating in multifunctional protein-protein interaction, cytoskeleton, and signal transduction pathways [44]. PDLIM family proteins contain a PDZ domain in the N-terminal portion and the LIM domain in the C-terminal portion [45]. \textit{PDLIM1} and \textit{PDLIM7} were previously identified as negative biomarkers of beef tenderness [13], which was consistent with our results stating that \textit{PDLIM3} and \textit{PDLIM7} were positively correlated with WBSF and the negative relationship of this protein family with beef quality.

Of the putative biomarkers identified for the first time in this study, \textit{FHOD1} is an actin regulator which played an important role in the stabilisation of filamentous (F)-actin bundles by selectively covering and binding their barbed ends to actin filaments, thus protecting actin filaments in cytoskeletal structures [46]. Likewise, \textit{CORO6} is also an actin-binding protein that is mainly expressed in the heart and skeletal muscle [47]. \textit{RDX} (Radixin) is referred to as a member of ERM (Ezrin/Radixin/Moesin) proteins which help maintain cytoskeletal organisation by binding specific membrane proteins to the actin cytoskeleton [48]. \textit{FHOD1}, \textit{CORO6}, and \textit{RDX} were all positively correlated with WBSF (and negatively with tenderness), which could be related to their protective effect on the integrity of the cytoskeleton.

4.3. Candidate Protein Biomarkers of WBSF from the Energy Metabolism Pathway

Energy metabolism comprises a series of interconnected pathways that can function in the presence or absence of oxygen to generate adenosine triphosphate (ATP), which is an end-product of the processes of oxidative phosphorylation [49]. Of the five proteins identified from this pathway (\textit{TPI1}, \textit{ALDOA}, \textit{PKM}, \textit{ADSL}, and \textit{ALDOC}), the first four proteins have been previously identified as putative biomarkers of beef tenderness. In this study, these proteins were all negatively correlated with beef tenderness except \textit{ADSL}. \textit{TPI1} can catalyse the conversion of dihydroxyacetone phosphate to D-glyceraldehyde 3-phosphate, meanwhile, maintaining the equilibration of the triosephosphates produced by aldolase (\textit{ALDOA}) [50]. Aldolase is an enzyme that catalyses the reversible conversion of fructose-1,6-bisphosphate to glyceraldehyde 3-phosphate and dihydroxyacetone phosphate [51]. \textit{ALDOA} and \textit{ALDOC} are two different isoforms of aldolase. In the literature, \textit{ALDOA} was both positively and negatively correlated with beef tenderness depending on the gender and muscle fibre type [13], while \textit{ALDOC} was first identified as a putative negative biomarker of tenderness in the present study. The relationship between aldolase and tenderness could be explained by its participation in muscle glycolysis, which, if variable, could alter the profile and extent of pH decline, thereby further influencing the integrity of the Z-line with consequences for beef tenderness [52].

Pyruvate kinase, also known as \textit{PKM}, is an enzyme that catalyses the dephosphorylation of phosphoenolpyruvate to pyruvate, generating ATP and regulating cell metabolism during glycolysis [53]. \textit{PKM1} and \textit{PKM2} are the two predominant isoforms of \textit{PKM} in skeletal muscles. \textit{PKM} was listed in the repertoire of beef tenderness biomarkers in \textit{longissimus} muscle [13], and our findings provided further corroboration for its role in beef tenderness determination.
4.4. Heat Shock Proteins (HSPs) as Important Indicators of WBSF

Heat shock proteins (HSPs) are a family of proteins that have as their main function the protection of the organism itself and its cellular structures in response to stressful conditions [54]. The current study showed a differential abundance of HSPA8, HSPD1, HSPB1, and STIP1, three of which were already discovered to play a role in the variability of tenderness. Interestingly, three of the HSPs identified here were from three different subfamilies of HSPs, i.e., the small HSPs (HSPB1), HSP70s (HSPA8), and HSP60s (HSPD1). Among those four proteins, HSPA8, HSPB1, and STIP1 showed higher abundance in tough meat while HSPD1 was in the opposite direction.

As one important member of the large HSP70 family, HSPA8 was identified in six previous studies to be related to beef tenderness, but the mechanistic connection with tenderness was not clear because the protein was sometimes positively correlated and sometimes negatively correlated with beef tenderness [13]. The impact of HSP70 proteins on meat tenderness was thought to be mainly because they obstruct pro-apoptotic factors such as Bcl-2 in apoptotic pathways [13,55]. HSPA8 is grouped in the response to unfolded protein (GO:0006986) and protein refolding (GO:0042026) in Table 5. In this sense, HSPA8 played an important role in response to cellular stress [56]. Moreover, this protective role might be based on its interaction with structural proteins or by regulating cell signalling pathways (Figure 3). STIP1, known as a stress-induced-phosphoprotein, is a co-chaperone whose negative relationship with tenderness, found here, was consistent with the findings of Picard and Gagaoua [8].

As for the small HSPs, HSPB1 was identified as a robust biomarker of beef tenderness (referring to the database by Gagaoua et al. [13]), and it was, from that integromics study, in the top five biomarkers of beef tenderness from a list of 124 proteins. Extrinsic stressors, such as pre-slaughter or post-mortem management conditions, were sources of the intensive production of sHSPs in the muscle, which, like the larger HSPs, also play a regulatory role in delaying the apoptosis onset, the protection of myofibrillar proteins from proteolysis, and other cellular homeostasis roles [15,39]. The positive and negative relationships identified between sHSPs and tenderness might be due to interactions of factors such as animal type/breed, gender, muscle type, and pre-slaughter conditions [12,39,57]. In this study, HSPB1 was negatively correlated with beef tenderness, which would be consistent with its protective function against proteolysis in skeletal muscle.

It was notable that HSPD1, which is a member of the HSP60 family, was identified to be correlated with beef tenderness for the first time in the present study. Under stress conditions, the HSP60 family of proteins inside the mitochondrial matrix usually acts as molecular chaperones, collaborating with the co-chaperone Hsp10 to promote the correct folding of imported proteins and proper assembly of unfolded polypeptides [58]. A positive relationship between HSPD1 and tenderness might be hypothesised by its function in the energy metabolism pathway to maintain energy supply during proteolysis of myofibril proteins (Figure 3). As with HSPB1, HSPD1 was also associated with beef colour, which deepened our knowledge of the influential role of HSP proteins in post-mortem muscle events and consequences on meat quality [14].

4.5. Putative Biomarkers of Tenderness Related to Oxidative Stress

After slaughter, the lipid and protein fractions of muscle are targeted by various reactive oxygen species (ROS), causing structural alteration or denaturation of proteins [59]. In the context of oxidative stress, meat tenderness can be affected by cellular antioxidants, which include both enzymatic and non-enzymatic scavenger agents engaged in protecting the muscle proteins from damage by ROS, thereby further maintaining cell homeostasis. Meanwhile, it is noteworthy that meat tenderness could also be influenced by ROS damage produced by mitochondria, which play an important role in supplying energy during the conversion of muscle into meat [60,61].

In this study, two important proteins from the oxidative pathway, i.e., PARK7 and PRDX3 were identified and validated in comparison to the previous list of robust beef
tenderness biomarkers [13]. PARK7, also named DJ-1, was secreted from the cytosol to mitochondria to remove the mitochondrial \( \text{H}_2\text{O}_2 \) and maintain the integrity of the organelle in response to oxidative stress [62]. Consistent with the results of most previous studies, PARK7 level was negatively correlated with beef tenderness [8,63,64]. A mechanism could be deduced where PARK7 had an inhibitory effect on the pro-apoptotic factors and caspases (proteolytic enzymes) by interacting with other proteins from energy metabolism and HSPs pathways, as depicted by the PPI network (Figure 3), thus contributing to beef toughness by slowing or limiting post-mortem apoptosis of muscle cells [13,65].

PRDX3 is a member of the peroxiredoxins (Prxs), a ubiquitous family with six subgroups, and which, in bovine, contains six members [66]. PRDX3 is exclusively located in mitochondria with an oligomeric ring structure [67]. It should be highlighted that PRDX3 was previously identified to be positively related to beef tenderness in *Semimembranosus* muscle [68], which was consistent with our findings for *Longissimus thoracis* muscle. Regarding the possible mechanism, it could be assumed that the antioxidant enzyme PRDX3 could prevent the accumulation of ROS, protecting the function of proteases and the operation of the electron transport system, and thus, leading to apoptosis promotion and meat tenderisation. Other members of peroxiredoxins were also found to be associated with several beef quality traits, including PRDX1 [69] and PRDX2 [70] with tenderness and PRDX6 with tenderness [9], pH decline [71], and beef colour [25].

### 4.6. Proteins from Other Pathways

LGALS1 and TRIM72 were negative biomarkers of beef tenderness in this study, which was consistent with previous reports [8,9,42]. LGALS1 (Galectin-1) belongs to a family of \( \beta \)-galactoside-binding proteins, which may act as promoters of apoptosis and have an impact on cell proliferation and skeletal muscle differentiation [42]. However, the mechanism behind the association between Galectin-1 and meat tenderness was still obscure due to its complex functions under different conditions. As a signalling protein expressed in skeletal muscle, Tripartite motif-containing 72 (TRIM72) was considered as a sensor of oxidation on membrane damage [72]. TRIM72 may act as a scavenger of the harmful agents accumulated under the apoptotic process, leading to a limitation of apoptosis and tough meat [9]. In line with our findings, there was also a higher abundance of TRIM72 reported in tough beef, hence showing its negative role in the apoptotic pathway [68]. In addition, TRIM72 was first identified to correlate with beef colour, which confirmed the anti-oxidative properties of this protein, allowing it to be suggested as a relevant marker for multiple beef quality traits [63].

### 5. Conclusions

The results of this study allowed us to validate 23 putative biomarkers on Irish cattle (Limousin-sired bulls) and to propose 11 new proteins that increased our knowledge on the main biological pathways underpinning beef tenderness variation in the *Longissimus thoracis* muscle of young bulls. The network and gene ontology analyses allowed us to better characterise the enriched molecular pathways. This study also suggested a regression model with an R-squared of 79% using three proteins-MYOZ3, BIN1, and OGN-to explain the relationship between the abundance of these protein biomarkers and WBSF values. Further analyses would assess the robustness of the list of putative biomarkers identified in this study using accurate methods and new populations.

**Supplementary Materials:** The following are available online at https://www.mdpi.com/10.3390/foods10050952/s1, Table S1. Individual Warner-Bratzler shear force (WBSF) values of the *Longissimus thoracis* muscles from the 18 animals used in this trial.

**Author Contributions:** Conceptualisation, R.M.H., M.G., and A.M.M.; methodology, M.G., R.M.H., and Y.Z.; sampling, Y.Z., R.M.H., and J.C.; lab work, Y.Z. and M.G.; data curation, M.G., D.V., J.C. and Y.Z.; writing-original draft preparation, Y.Z. and M.G.; writing-review and editing, M.G., R.M.H., A.L.K., A.M.M., and T.S.; supervision, R.M.H., A.M.M., A.L.K., and M.G.; project administration,
R.M.H., A.M.M., and A.L.K.; funding acquisition, R.M.H., A.M.M. and T.S. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by Teagasc and the Walsh Scholarship programme (Walsh Scholarship 2016022), the BreedQuality project (11/SF/311), which is supported by The Irish Department of Agriculture, Food, and the Marine (DAFM) under the National Development Plan 2007–2013. Mohammed Gagaoua is a Marie Skłodowska-Curie Career-FIT Fellow under project number MF20180029, grant agreement No. 713654.

**Institutional Review Board Statement:** Not applicable.

**Data Availability Statement:** Data sharing is not applicable to this article.

**Acknowledgments:** The authors convey special thanks to David Sheehan and Dilip K. Rai for their help to Yao Zhu and for support in funding acquisition. We acknowledge the Irish Cattle Breeders Federation for access to samples.

**Conflicts of Interest:** The authors declare no conflict of interest.

**References**

1. Kerth, C.R.; Miller, R.K. Beef Flavor: A Review from Chemistry to Consumer. *J. Sci. Food Agric.* 2015, 95, 2783–2798. [CrossRef]
2. Purslow, P.P.; Gagaoua, M.; Warner, R.D. Insights on Meat Quality from Combining Traditional Studies and Proteomics. *Meat Sci.* 2021, 174, 108423. [CrossRef] [PubMed]
3. Henchion, M.; McCarthy, M.; Resconi, V.C.; Troy, D. Meat Consumption: Trends and Quality Matters. *Meat Sci.* 2014, 98, 561–568. [CrossRef] [PubMed]
4. Cuvelier, C.; Clinquart, A.; Hocquette, J.F.; Cabaraux, J.F.; Dufrasne, I.; Istasse, L.; Hornick, J.L. Comparison of Composition and Quality Traits of Meat from Young Finishing Bulls from Belgian Blue, Limousin and Aberdeen Angus Breeds. *Meat Sci.* 2006, 74, 522–531. [CrossRef] [PubMed]
5. Gagaoua, M.; Terlouw, C.; Richardson, I.; Hocquette, J.-F.; Picard, B. The Associations between Proteomic Biomarkers and Beef Tenderness Depend on the End-Point Cooking Temperature, the Country Origin of the Panelists and Breed. *Meat Sci.* 2019, 157, 107871. [CrossRef] [PubMed]
6. Cafferky, J.; Hamill, R.M.; Allen, P.; O’Doherty, J.V.; Cromie, A.; Sweeney, T. Effect of Breed and Gender on Meat Quality of M. Longissimus Thoracis et Lumborum Muscle from Crossbred Beef Bulls and Steers. *Foods* 2019, 8, 173. [CrossRef]
7. Nian, Y.; Kenny, J.P.; Prendiville, R.; Allen, P. The Eating Quality of Beef from Young Dairy Bulls Derived from Two Breed Types at Three Ages from Two Different Production Systems. *Ir. J. Agric. Food Res.* 2017, 56, 31–44. [CrossRef]
8. Picard, B.; Gagaoua, M. Muscle Fiber Properties in Cattle and Their Relationships with Meat Qualities: An Overview. *J. Agric. Food Chem.* 2020, 68, 6021–6039. [CrossRef] [PubMed]
9. Gagaoua, M.; Monteils, V.; Picard, B. Data from the Farmgate-to-Meat Continuum Including Omics-Based Biomarkers to Better Understand the Variability of Beef Tenderness: An Integromics Approach. *J. Agric. Food Chem.* 2018, 66, 13552–13563. [CrossRef]
10. Terlouw, E.M.C.; Picard, B.; Deiss, V.; Berri, C.; Hocquette, J.-F.; Lebret, B.; Lefevre, F.; Hamill, R.; Gagaoua, M. Understanding the Determination of Meat Quality Using Biochemical Characteristics of the Muscle: Stress at Slaughter and Other Missing Keys. *Foods* 2021, 10, 84. [CrossRef]
11. Gagaoua, M.; Monteils, V.; Couvreur, S.; Picard, B. Identification of Biomarkers Associated with the Rearing Practices, Carcass Characteristics, and Beef Quality: An Integrative Approach. *J. Agric. Food Chem.* 2017, 65, 8264–8278. [CrossRef] [PubMed]
12. Picard, B.; Gagaoua, M. Meta-Proteomics for the Discovery of Protein Biomarkers of Beef Tenderness: An Overview of Integrated Studies. *Food Res. Int.* 2020, 127, 108739. [CrossRef] [PubMed]
13. Gagaoua, M.; Terlouw, E.M.C.; Mullen, A.M.; Franco, D.; Warner, R.D.; Lorenzo, J.M.; Purslow, P.P.; Gerrard, D.; Hopkins, D.L.; Troy, D.; et al. Molecular Signatures of Beef Tenderness: Underlying Mechanisms Based on Integromics of Protein Biomarkers from Multi-Platform Proteomics Studies. *Meat Sci.* 2021, 172, 108311. [CrossRef]
14. Gagaoua, M.; Bonnet, M.; Picard, B. Protein Array-Based Approach to Evaluate Biomarkers of Beef Tenderness and Marbling in Cows: Understanding the Underlying Mechanisms and Prediction. *Foods* 2020, 9, 1180. [CrossRef]
15. Picard, B.; Gagaoua, M. Chapter 11—Proteomic Investigations of Beef Tenderness. In *Proteomics in Food Science*; Colgrave, M.L., Ed.; Academic Press: Cambridge, MA, USA, 2017; pp. 177–197. ISBN 978-0-12-804007-2.
16. Munekata, P.E.; Pateiro, M.; López-Pedrouso, M.; Gagaoua, M.; Lorenzo, J.M. Foodomics in Meat Quality. *Curr. Opin. Food Sci.* 2021, 38, 79–85. [CrossRef]
17. Gagaoua, M.; Hughes, J.; Terlouw, E.M.C.; Warner, R.D.; Purslow, P.P.; Lorenzo, J.M.; Picard, B. Proteomic Biomarkers of Beef Colour. *Trends Food Sci. Technol.* 2020, 101, 234–252. [CrossRef]
18. Zhu, Y.; Mullen, A.M.; Rai, D.K.; Kelly, A.L.; Sheehan, D.; Cafferky, J.; Hamill, R.M. Assessment of RNAlater® as a Potential Method to Preserve Bovine Muscle Proteins Compared with Dry Ice in a Proteomic Study. *Foods* 2019, 8, 60. [CrossRef]
19. Bouley, J.; Chambon, C.; Picard, B. Mapping of Bovine Skeletal Muscle Proteins Using Two-Dimensional Gel Electrophoresis and Mass Spectrometry. *Proteomics* 2004, 4, 1811–1824. [CrossRef]
20. Bradford, M.M. A Rapid and Sensitive Method for the Quantitation of Microgram Quantities of Protein Utilizing the Principle of Protein-Dye Binding. *Anal. Biochem.* 1976, 72, 248–254. [CrossRef]
21. Zhu, Y.; Gagaoua, M.; Mullen, A.M.; Viala, D.; Rai, D.K.; Kelly, A.L.; Sheehan, D.; Hamill, R.M. Shotgun Proteomics for the Preliminary Identification of Biomarkers of Beef Sensory Tenderness, Juiciness and Chewiness from Plasma and Muscle of Young Limousin-Sired Bulls. *Meat Sci.* 2021, 176, 108488. [CrossRef][PubMed]
22. Gagaoua, M.; Troy, D.; Mullen, A.M. The Extent and Rate of the Appearance of the Major 110 and 30 KDa Proteolytic Fragments during Post-Mortem Aging of Beef Depend on the Glycolysing Rate of the Muscle and Aging Time: An LC–MS/MS Approach to Decipher Their Proteome and Associated Pathways. *J. Agric. Food Chem.* 2021, 69, 602–614. [CrossRef][PubMed]
23. Kaspric, N.; Picard, B.; Reichstadt, M.; Tournayre, J.; Bonnet, M. ProteINsIDE to Easily Investigate Proteomics Data from Ruminants: Application to Mine Proteome of Adipose and Muscle Tissues in Bovine Foetuses. *PLoS ONE* 2015, 10, e0128086. [CrossRef]
24. Zhou, Y.; Zhou, B.; Pache, L.; Chang, M.; Khodabakhshi, A.H.; Tanaseichuk, O.; Benner, C.; Chanda, S.K. Metascape Provides a Biologist-Oriented Resource for the Analysis of Systems-Level Datasets. *Nat. Commun.* 2019, 10, 1523. [CrossRef]
25. Gagaoua, M.; Terlouw, E.M.C.; Picard, B. The Study of Protein Biomarkers to Understand the Biochemical Processes Underlying Beef Color Development in Young Bulls. *Meat Sci.* 2017, 134, 18–27. [CrossRef][PubMed]
26. Huffman, K.L.; Miller, M.F.; Hoover, L.C.; Wu, C.K.; Brittin, H.C.; Ramsey, C.B. Effect of Beef Tenderness on Consumer Satisfaction with Steaks Consumed in the Home and Restaurant. *J. Anim. Sci.* 1996, 74, 91–97. [CrossRef]
27. Ye, M.; Ye, F.; He, L.; Luo, B.; Yang, F.; Cui, C.; Zhao, X.; Yin, H.; Li, D.; Xu, H.; et al. Transcriptomic Analysis of Chicken Myoz3 Gene Expressed in Human and Rat Muscle Tissues. *Histochem. Cell Biol.* 2013, 140, 447–456. [CrossRef][PubMed]
28. Ye, M.; Ye, F.; He, L.; Liu, Y.; Zhao, X.; Yin, H.; Li, D.; Xu, H.; Zhu, Q.; Wang, Y. Molecular Cloning, Expression Profiling, and Marker Validation of the Chicken Myoz3 Gene. *Biomed. Res. Int.* 2017, 2017, 5930918. [CrossRef][PubMed]
29. Boudon, S.; Ounaissi, D.; Viala, D.; Montels, V.; Picard, B.; Cassar-Malek, I. Label Free Shotgun Proteomics for the Identification of Protein Biomarkers for Beef Tenderness in Muscle and Plasma of Heifers. *J. Proteom.* 2020, 217, 103685. [CrossRef][PubMed]
30. Elliott, K.; Sakamuro, D.; Basu, A.; Du, W.; Wunser, W.; Staller, P.; Gaubatz, S.; Zhang, H.; Prochownik, E.; Eilers, M.; et al. Bin1 Functionally Interacts with Myc and Inhibits Cell Proliferation via Multiple Mechanisms. *Oncogene* 1999, 18, 3564–3573. [CrossRef]
31. Karisa, B.K.; Thomson, J.; Wang, Z.; Stothard, P.; Moore, S.S.; Plastow, G.S. Candidate Genes and Single Nucleotide Polymorphisms Associated with Variation in Residual Feed Intake in Beef Cattle. *J. Anim. Sci.* 2013, 91, 3502–3513. [CrossRef][PubMed]
32. Hu, S.-M.; Li, F.; Yu, H.-M.; Li, R.-Y.; Ma, Q.-Y.; Ye, T.-J.; Lu, Z.-Y.; Chen, J.-L.; Song, H.-D. The Mimecan Gene Expressed in Human Pituitary and Regulated by Pituitary Transcription Factor-1 as a Marker for Diagnosing Pituitary Tumors. *J. Clin. Endocrinol. Metab.* 2005, 90, 6657–6664. [CrossRef][PubMed]
33. Ohhashi, H.; Okada, M.; Sasazaki, S.; Hinenoaya, T.; Sawa, T.; Iwanaga, S.; Tsuruta, H.; Mukai, F.; Mannen, H. Proteinomic Comparison between Japanese Black and Holstein Cattle by Two-Dimensional Gel Electrophoresis and Identification of Proteins. *Asian-Australas. J. Anim. Sci.* 2007, 20, 638–644. [CrossRef]
34. Tasheva, E.S.; Koester, A.; Paulsen, A.Q.; Garrett, A.S.; Boyle, D.L.; Davidson, H.J.; Song, M.; Fox, N.; Conrad, G.W. Mimecan/Osteoglycin-Deficient Mice Have Collagen Fibril Abnormalities. *Mol. Vis.* 2002, 8, 407–415. [PubMed]
35. Lowe, S.; Waller, G.S.; Trybus, K.M. Skeletal Muscle Myosin Light Chains Are Essential for Physiological Speeds of Shortening. *Nature* 1993, 365, 454–456. [CrossRef][PubMed]
36. Picard, B.; Gagaoua, M.; Micol, D.; Cassar-Malek, I.; Hocquette, J.-F.; Terlouw, C.E.M. Inverse Relationships between Biomarkers and Beef Tenderness According to Contractile and Metabolic Properties of the Muscle. *J. Agric. Food Chem.* 2014, 62, 9808–9818. [CrossRef]
37. Mato, A.; Rodríguez-Vázquez, R.; López-Pedrouts, M.; Bravo, S.; Franco, D.; Zapata, C. The First Evidence of Global Meat Phosphoproteome Changes in Response to Pre-slaughter Stress. *Bmc Genom.* 2019, 20, 590. [CrossRef][PubMed]
38. De Rodrigues, R.T.S.; Chizzotti, M.L.; Vital, C.E.; Baracat-Pereira, M.C.; Barros, E.; Busato, K.C.; Gomes, R.A.; Ladeira, M.M.; Martins, T.D.S. Changes in Protein Abundance between Ten-ir, S.G.; Hollung, K.; Høy, M.; Bendixen, E.; Codrea, M.C.; Veiseht-Kent, E. Changes in Protein Abundance between Tender and Tough Meat from Bovine Longissimus Thoracis Muscle Assessed by Isobaric Tag for Relative and Absolute Quantitation (ITRAQ) and 2-Dimensional Gel Electrophoresis Analysis1. *J. Anim. Sci.* 2012, 90, 2035–2043. [CrossRef]
39. Liao, H.; Zhang, X.H.; Qi, Y.X.; Wang, Y.Q.; Pang, Y.Z.; Liu, Z.B.Z.P. The Relationships of Collagen and ADAMTS2 Expression Levels with Meat Quality Traits in Cattle. *Indian J. Anim. Res.* 2016, 52, 167–172. [CrossRef]
44. Cui, L.; Cheng, Z.; Hu, K.; Pang, Y.; Liu, Y.; Qian, T.; Quan, L.; Dai, Y.; Pang, Y.; Ye, X.; et al. Prognostic Value of the PDLIM Family in Acute Myeloid Leukemia. *Am. J. Transl Res.* 2019, 11, 6124–6131.

45. Rios, H.; Paganeli, A.R.; Fosser, N.S. The Role of PDLIM1, a PDZ-LIM Domain Protein, at the Ribbon Synapses in the Chicken Retina. *J. Comp. Neurol.* 2020, 528, 1820–1832. [CrossRef]

46. Schöningen, A.; Mannherz, H.G.; Behrmann, E.; Mazur, A.J.; Kühl, S.; Silván, U.; Schoenenberger, C.-A.; Fackler, O.T.; Raunser, S.; Dehmelt, L.; et al. FHOD1 Is a Combined Actin Filament Capping and Bundling Factor That Selectively Associates with Actin Arcs and Stress Fibers. *J. Cell Sci.* 2013, 126, 1891–1901. [CrossRef]

47. Hemerich, D.; Pei, J.; Harakalova, M.; van Setten, J.; Boymans, S.; Boukens, B.J.; Efinov, I.R.; Michels, M.; van der Velden, J.; Vink, A.; et al. Integrative Functional Annotation of 52 Genetic Loci Influencing Myocardial Mass Identifies Candidate Regulatory Variants and Target Genes. *Circ. Genom Precis Med.* 2019, 12, e002328. [CrossRef]

48. Hansen, M.D.H.; Kwiatkowski, A.V. Chapter One—Control of Actin Dynamics by Allosteric Regulation of Actin Binding Proteins. In *International Review of Cell and Molecular Biology*; Jeon, K.W., Ed.; Academic Press: Cambridge, MA, USA, 2013; Volume 303, pp. 1–25.

49. Ferguson, D.M.; Gerrard, D.E. Regulation of Post-Mortem Glycolysis in Ruminant Muscle. *Anim. Prod. Sci.* 2014, 54, 464–481. [CrossRef]

50. Orosz, F.; Oláh, J.; Ovádi, J. Triosephosphate Isomerase Isomerase Deficiency: New Insights into an Enigmatic Disease. *Biochim. Biophys. Acta (BBA) Mol. Basis Dis.* 2009, 1792, 1168–1174. [CrossRef]

51. Esposito, G.; Vitagliano, L.; Costanzo, P.; Borrelli, L.; Barone, R.; Pavone, L.; Izzo, P.; Zagari, A.; Salvatore, F. Human Aldolase A Natural Mutants: Relationship between Flexibility of the C-Terminal Region and Enzyme Function. *Biochem. J.* 2004, 380, 51–56. [CrossRef]

52. Hughes, J.; Clarke, F.; Li, Y.; Purslow, P.; Warner, R. Differences in Light Scattering between Pale and Dark Beef Longissimus Thoracis Muscles Are Primarily Caused by Differences in the Myofilament Lattice, Myofibril and Muscle Fibre Transverse Spacings. *Meat Sci.* 2019, 149, 96–106. [CrossRef]

53. Israelsen, W.J.; Vander Heiden, M.G. Pyruvate Kinase: Function, Regulation and Role in Cancer. *Semin. Cell Dev. Biol.* 2015, 43, 43–51. [CrossRef]

54. Daugaard, M.; Rohde, M.; Jäättelä, M. The Heat Shock Protein 70 Family: Highly Homologous Proteins with Overlapping and Distinct Functions. *Febbs Lett.* 2007, 577, 3702–3717. [CrossRef]

55. Jiang, B.; Liang, P.; Deng, G.; Tu, Z.; Liu, M.; Xiao, X. Increased Stability of Bcl-2 in HSP70-Mediated Protection against Apoptosis Induced by Oxidative Stress. *Cell Stress Chaperones* 2011, 16, 143–152. [CrossRef]

56. Mayer, M.P. Hsp70 Chaperone Dynamics and Molecular Mechanism. *Trends Biochem. Sci.* 2013, 38, 507–514. [CrossRef]

57. Morzel, M.; Terlouw, C.; Chambon, C.; Micol, D.; Picard, B. Muscle Proteome and Meat Eating Qualities of Longissimus Thoracis. *Front. Mol. Biosci.* 2020, 7, [CrossRef]

58. McDonagh, B.; Sheehan, D. Redox Proteomics in the Blue Mussel Mytilus Edulis: Carbonylation Is Not a Pre-Requisite for Ubiquitination in Acute Free Radical-Mediated Oxidative Stress. *Aquat. Toxicol.* 2006, 79, 325–333. [CrossRef]

59. Sierra, V.; Oliván, M. Role of Mitochondria on Muscle Cell Death and Meat Tenderization. *Recent Pat. Endocr. Metab. Immune Cell Signal.* 2013, 5, 29–37. [CrossRef]

60. Lana, A.; Zolla, L. Apoptosis or Autophagy, That Is the Question: Two Ways for Muscle Sacrifice towards Meat. *Trends Food Sci. Technol.* 2015, 46, 231–241. [CrossRef]

61. Thomas, K.J.; McCoy, M.K.; Blackinton, J.; Beilina, A.; van der Brug, M.; Sandebring, A.; Miller, D.; Maric, D.; Cedazo-Minguez, A.; Cookson, M.R. DJ-1 Acts in Parallel to the PINK1/Parkin Pathway to Control Mitochondrial Function and Autophagy. *Am. J. Transl Res.* 2019, 11, 6124–6131. [CrossRef]

62. Gaggoua, M.; Bonnet, M.; Ellies-Oury, M.-P.; De Koning, L.; Picard, B. Reverse Phase Protein Arrays for the Identification of Biomarkers of Beef Texture and Their Use for Early Classification of Carcasses. *Food Chem.* 2012, 135, 2022–2032. [CrossRef]

63. Jia, X.; Veiseth-Kent, E.; Grove, H.; Kuziopa, P.; Aass, L.; Hildrum, K.L.; Hollung, K. Peroxiredoxin 6—a Potential Protein Marker for Meat Tenderness in Bovine Longissimus Thoracis Muscle. *J. Anim. Sci.* 2009, 87, 2391–2399. [CrossRef]

64. Fan, J.; Ren, H.; Jia, N.; Fei, E.; Zhou, T.; Jiang, P.; Wu, M.; Wang, G. DJ-1 Decreases Bax Expression through Repressing P53 Transcriptional Activity. *J. Biol. Chem.* 2008, 283, 4202–4203. [CrossRef] [PubMed]

65. Fisher, A.B. Peroxiredoxin 6: A Bifunctional Enzyme with Glutathione Peroxidase and Phospholipase A2 Activities. *Antioxid. Redox Signal.* 2010, 15, 831–844. [CrossRef]

66. Cao, Z.; Bhella, D.; Lindsay, J.G. Reconstitution of the Mitochondrial PrxIII Antioxidant Defence Pathway: General Properties and Factors Affecting PrxIII Activity and Oligomeric State. *J. Mol. Biol.* 2007, 372, 1022–1033. [CrossRef] [PubMed]

67. Grabček, V.; Kathri, M.; Phung, V.; Moe, K.M.; Slinde, E.; Skauen, M.; Saarem, K.; Egeland, H.; B. Protein Expression and Oxygen Consumption Rate of Early Postmortem Mitochondria Relate to Meat Tenderness. *J. Anim. Sci.* 2015, 93, 1967–1979. [CrossRef]

68. Polati, R.; Menini, M.; Robotti, E.; Millioni, R.; Marengo, E.; Novelli, E.; Balzan, S.; Cecconi, D. Proteomic Changes Involved in Tenderness of Bovine Longissimus Dorsi Muscle during Prolonged Ageing. *Food Chem.* 2012, 135, 2052–2069. [CrossRef]
70. Malheiros, J.M.; Braga, C.P.; Grove, R.A.; Ribeiro, F.A.; Calkins, C.R.; Adamec, J.; Chardulo, L.A.L. Influence of Oxidative Damage to Proteins on Meat Tenderness Using a Proteomics Approach. *Meat Sci.* 2019, 148, 64–71. [CrossRef]

71. Gagaoua, M.; Claudia Terlouw, E.M.; Boudjellal, A.; Picard, B. Coherent Correlation Networks among Protein Biomarkers of Beef Tenderness: What They Reveal. *J. Proteom.* 2015, 128, 365–374. [CrossRef] [PubMed]

72. Cai, C.; Masumiya, H.; Weisleder, N.; Matsuda, N.; Nishi, M.; Hwang, M.; Ko, J.-K.; Lin, P.; Thornton, A.; Zhao, X.; et al. MG53 Nucleates Assembly of Cell Membrane Repair Machinery. *Nat. Cell Biol.* 2009, 11, 56–64. [CrossRef] [PubMed]