A predictive in vitro risk assessment platform for pro-arrhythmic toxicity using human 3D cardiac microtissues

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Cardiotoxicity of pharmaceutical drugs, industrial chemicals, and environmental toxicants can be severe, even life threatening, which necessitates a thorough evaluation of the human response to chemical compounds. Predicting risks for arrhythmia and sudden cardiac death accurately is critical for defining safety profiles. Currently available approaches have limitations including a focus on single ion channels, the use of non-human species in vitro and in vivo, and limited direct physiological translation. We have advanced the robustness and reproducibility of in vitro platforms for assessing pro-arrhythmic cardiotoxicity using human induced pluripotent stem cell-derived cardiomyocytes and human cardiac fibroblasts in 3-dimensional microtissues. Using automated algorithms and statistical analyses of eight comprehensive evaluation metrics of cardiac action potentials, we demonstrate that tissue-engineered human cardiac microtissues respond appropriately to physiological stimuli and effectively differentiate between high-risk and low-risk compounds exhibiting blockade of the hERG channel (E4031 and ranolazine, respectively). Further, we show that the environmental endocrine disrupting chemical bisphenol-A (BPA) causes acute and sensitive disruption of human action potentials in the nanomolar range. Thus, this novel human 3D in vitro pro-arrhythmic risk assessment platform addresses critical needs in cardiotoxicity testing for both environmental and pharmaceutical compounds and can be leveraged to establish safe human exposure levels.

Cardiotoxicity in response to drugs, chemicals, and other environmental toxicants entails both structural and functional changes, and potentially lethal pro-arrhythmic effects continue to be of particular concern. Notably, drug-induced QT prolongation and Torsades de Pointes (TdP), fatal arrhythmias associated with sudden cardiac death, are the most common cause of withdrawal or restriction of the use of drugs on the market1–7 despite intense preclinical screening in silico, in vitro, and in animal models. Additionally, the World Health Organization (WHO) estimates that environmental toxicants such as pesticides and industrial chemicals may evoke up to 23% of cardiovascular diseases globally8, but the Environmental Protection Agency (EPA) still has little effort focused on cardiotoxicity, even with the current state-of-the-art computational approaches to chemical safety evaluation of Toxicity Forecaster (ToxCast) and Toxicity Testing in the 21st Century (Tox21). The high prevalence of drug- and chemical-induced pro-arrhythmic cardiotoxicity that can increase the risk for stroke, heart attack, heart failure, and sudden cardiac death5, point to a continued need for more reliable and robust risk assessment efforts to predict cardiotoxic effects with high sensitivity.

Existing pro-arrhythmia assays have a few key limitations. Animal models are complex and have limited predictability of human biological responses due to species-specific differences in ion channel expression that affect depolarization and repolarization kinetics of cardiac action potentials (APs) as well as differential sensitivity to pharmacological agents10,11. Human ether-a-go-go (hERG) channel blockade in vitro and corrected QT interval (QTc) prolongation in patients12,13 have long been used as effective and selective ‘biomarkers’ in compound screening to identify pro-arrhythmic risks that cause TdP. However, it is now recognized that a ‘hERG-centric’ approach does not capture all drug-induced cardiac arrhythmia mechanisms14–18 and can also...
lead to unnecessary discontinuation of compounds from development due to false positive outcomes despite clinical utility below an arrhythmogenic dose\(^1^9\)-\(^2^1\). More recently developed in vitro cell-based models are often limited to 2D monolayers and lack sufficient myocardial cell–cell interactions, including heterotypic interactions between cardiomyocytes and cardiac fibroblasts, which modulate excitation–contraction in cardiomyocytes and thus affect the arrhythmogenic phenotype\(^2^2\).

New initiatives in toxicity screening specifically call for the development and implementation of non-animal approaches to assess potential hazards associated with acute and chronic exposures to industrial chemicals and medical products. Groups such as the Interagency Coordinating Committee on the Validation of Alternative Methods (ICCVAM) were assembled in response to new laws across the globe and point to a strong value in platforms based on a mechanistic understanding of toxicity\(^2^3\)-\(^2^4\). Continued development of new approach methodologies (NAMs) to enhance predictive capabilities for prioritization, hazard screening, and risk assessment of cardiotoxicity is thus warranted\(^2^5\).

The inter-agency Comprehensive In Vitro Pro-arrrhythmia Assay (CiPA) initiative has identified necessary goals for advancing cardiotoxicity testing: defining drug effects on seven human cardiac currents with automated patch clamping, using in silico models to define pro-arrrhythmia risk metrics, verifying effects on cardiomyocytes derived from human induced pluripotent stem cells cultured in 2-dimensional monolayers, and validating with human clinical data for in vitro to in vivo extrapolation (IVIVE)\(^3^6\)-\(^3^8\). Human induced pluripotent stem cell (hiPSC)-derived cardiomyocytes (CMs) are regarded as the future of NAMs for cardiotoxicity evaluation for their appropriate physiology, including proper human ion channel expression, AP shape, and rhythmic contractions\(^3^9\)-\(^-4^1\). HiPSC-CMs show great promise in detecting drug-induced pro-arrrhythmic effects based on electrophysiological responses\(^4^2\). One complication in the field arises from cell-to-cell and batch-to-batch variability of hiPSC-CMs, which limits comparison within a narrow and defined time within a single batch. In addition, hiPSC-CM-based models built from traditional 2D culture systems based on artificial microarchitecture of native tissue. Scaffold-supported and self-assembled cultures provide a 3D environment for more mature CM function\(^4^3\)-\(^4^4\), and microtissues maximize cell-to-cell connectivity while allowing for easy visual assessment of the action potential (AP) and calcium transients through fluorescent reporters\(^3^5\)-\(^3^6\).

Several groups are leveraging the utility of 3D cardiac microtissues for toxicant screening\(^4^5\), focusing on cell viability\(^4^6\)-\(^4^8\), gene expression\(^4^9\), and mechanical outcomes such as force generation and contractility\(^4^0\)-\(^4^2\), but not yet on diverse pro-arrrhythmic metrics such as AP, calcium transient, and conduction velocity. Some 3D platforms that focus on arrhythmia have limited throughput (e.g., confocal microscopy\(^4^3\), or single microelectrode recording\(^4^4\)) and focus on spontaneous beating frequency\(^4^5\), intracellular calcium flux recordings to infer AP changes\(^4^6\), or multi-electrode array recordings of the extracellular field potentials that can have inter-test site differences\(^4^7\)-\(^4^9\). Many of these studies do not report characterization of reproducibility in light of batch-to-batch variability that is inherent to stem maintenance, differentiation, and purification protocols\(^5^0\)-\(^5^2\). Important nuances of excitation that these approaches are not designed to capture and assess include non-uniform reduced excitation within a single microtissue; waveform changes such as upstroke, plateau level, or recovery rate of APs to predict ion channel blockade or Ca\(^2^+\) handling anomalies; APD triangulation related to intra-phase prolongation; and pro-arrrhythmic triggered activity classification based on mechanism such as early- (EADs) and delayed-afterdepolarizations (DADs)\(^5^3\)-\(^5^5\).

In this study, our objective was to fill these gaps and thereby advance predictive preclinical models of human drug-induced pro-arrrhythmic risk using hiPSC-CMs and human cardiac fibroblasts (hCFs) in 3D self-assembled engineered microtissues. Utilizing optical mapping of voltage sensitive dyes, an established approach to evaluate the cardiac AP\(^5^6\), we developed an automated analysis pipeline to produce eight comprehensive evaluation metrics of the AP with reduced bias and increased throughput for risk assessment that capture pro-arrrhythmic activity. To establish the fitness of this NAM to predict arrhythmogenesis, we thoroughly evaluated variability of our platform including beat-to-beat, microtissue-to-microtissue, mold-to-mold, and batch-to-batch for comprehensive statistical analysis of action potentials in response to test compounds. We validated our model with HERG channel blockers classified as high-risk and low-risk for TdP by CiPA\(^1^6\)-\(^1^7\). We also evaluated a compound with poorly described human arrhythmic cardiotoxicity, bisphenol A (BPA), an industrial chemical and environmental toxicant classified as an endocrine disrupting chemical. BPA was found to alter excitation with poorly described human arrhythmic cardiotoxicity, bisphenol A (BPA), an industrial chemical and environmental toxicant classified as an endocrine disrupting chemical. BPA was found to alter excitation with poorly described human arrhythmic cardiotoxicity, bisphenol A (BPA), an industrial chemical and environmental toxicant classified as an endocrine disrupting chemical.

**Results**

**Development of 3D human cardiac microtissues using hiPSC-CMs and hCFs.** To develop a predictive human cardiotoxicity model to specifically address risk of cardiac arrhythmias, we adapted a scaffold-free cardiac microtissue model we previously developed with rat primary cardiac cells\(^5^8\)-\(^5^9\). Here, we used hiPSC-CMs without or with lactate-based purification (hiPSC-CM\(_{LP}\); Fig. 1A) and primary normal adult human cardiac fibroblasts (hCFs) to generate 35 self-assembled microtissues per non-adhesive agarose gel containing cylindrical microwells with hemispherical bottoms (Fig. 1B). The structural and functional features of these microtissues were assessed with live cell imaging (Fig. 1C,E), immunohistochemistry and confocal imaging (Fig. 1D), and optical mapping (Fig. 1G). Consistent and reliable formation of 35 viable spherical microtissues per well was achieved (Fig. 1C, Movie S1) with the addition of 5% hCF to the cultures, increasing the reliability of self-assembly to incorporate all cells in a microwell (data not shown). Microtissue size varied with plating density. For microtissues generated from lactate-purified hiPSC-CMs, a plating density of 13,500 cells per microtissue (95% hiPSC-CM\(_{LP}\) and 5% hCF) yielded spherical microtissues 359.4 ± 32.4 μm in diameter after 1d in 3D culture that compacted to 290.4 ± 29.5 μm in diameter after 5d. A plating density of 15,000 cells per microtissue (95% hiPSC-CM\(_{LP}\) and 5% hCF) yielded spherical microtissues 400.4 ± 24.5 μm in diameter after 1d and 329.4 ± 17.5 μm after...
Use of CellTracker dyes to label hiPSC-CM (green) and hCF (red) prior to assembly as well as immunostaining with antibodies against cardiac troponin I (cTnI) and vimentin (vim) after fixation and sectioning confirmed that hiPSC-CMs and hCFs self-assembled to be highly interspersed (Fig. 1D,E), consistent with our prior work in rat cardiac microtissues.5d.5e
Electrophysiological characterization of 3D cardiac microtissues. In order to evaluate excitability and sensitivity to pro-arrhythmic toxicants, APs were recorded from the human cardiac 3D microtissues with voltage sensitive dyes (Fig. 1F). Cardiac microtissues were paced at 2 s basic cycle length (0.5 Hz) and APs were recorded for 8–10 s. Human cardiac 3D microtissues showed robust fluorescence changes tracing $V_m$ signal of APs during spontaneous and paced beats (Movie S2). The spontaneous rate could not be reliably measured because spontaneous action potentials were very rare and often only one spontaneous beat per scan interval of 8 ~ 10 s could be acquired. The data analysis of APs was automated to reduce bias and achieve increased throughput (Supplemental Fig. S1). Pro-arrhythmic risk metrics were defined as depicted in Fig. 1G-I: excitability, stimulation time delay between stimulation pulse and peak AP upstroke (stimulation delay time, stimΔ), rise time of AP upstroke, AP duration (APD) to 30%, 50%, and 80% repolarization (APD30, APD50, APD80), AP duration to end of maximum repolarization rate ($APD_{d2F/dt_{max}}$), APD triangulation ($APD_{tri} = APD_{d2F/dt_{max}} - APD_{50}$), and presence of EADs (% of microtissues showing EAD).

Biological variation was low across biological replicates and experimental time (Fig. 2). Example traces show reproducibility (Fig. 2A), and an example of APD distribution across different microtissues from a single mold was normally distributed (Fig. 2B). The Kolmogorov–Smirnov test for 3 molds with a total of 105 cardiac microtissues indicated normal APD distribution ($p = 0.92$). In order to determine the statistical power of this 3D in vitro methodology, we examined the standard deviation as the variability in APD. In microtissues formed with hiPSC-CMs that did not undergo lactate purification (70.3 ± 3.1% cardiac troponin T positive for n = 4...
batches), the mean APD_{80} was 160.0 ± 33.1 ms (Fig. 2C, bottom). The standard deviation from batch to batch (“between batches”) was the largest of our biological variability metrics at > 30 ms. Microtissue-to-microtissue and mold-to-mold variability were smaller, and variability in technical replicates beat-to-beat (same microtissue) was < 10 ms (Fig. 2C). Action potential duration showed the expected physiological rate dependence at physiological heart rates (60–75 bpm; Fig. 2D). Power analysis of sample size suggested that n = 17 cardiac microtissues are required to detect a 10% change in APD with 95% confidence, suggesting that testing within a single mold is sufficient for evaluating small but meaningful changes in APD measured in vitro. The sample size can be further reduced by using paired testing (n = 8 based on beat-to-beat variation) on the same mold before and after toxicant exposure. In order to screen cardiotoxicity from the same microtissues before and after toxicant exposure, APDs should be stable between successive recordings. We chose a 20 min incubation period to ensure that the test compound had ample time to diffuse into the 3D cardiac microtissue, which is the limiting factor since typical ion channel blockers bind and act relatively quickly, in less than a minute (for example, E4031 has a binding time constant of 0.8 sec). Figure 2E,F shows comparable traces and group data for APD_{80} in our model over 20 min, which enabled testing of several doses of toxicant with this acute exposure protocol on the same mold to perform paired t-tests. The addition of 5% hCF to microtissues upon formation improved not only the consistency of formation and clean edges of microtissues (data not shown), but also significantly increased the number of excitable microtissues by more than 10% (Fig. 2G), while slightly shortening APD by 12% (Fig. 2H). Our model was predictive of expected arrhythmia risk in pilot experiments with known drugs such as IKr blocker E4031 (data not shown), yet the APD in these microtissues was under 200 ms, and while within the range reported for hPSC-CMs, this was shorter than APD typically recorded in human heart. To improve the reliability and robustness of our arrhythmia model, we selected for and matured our hiPSC-CMs with metabolic-based lactate purification of cardiomyocytes (hiPSC-CM_LP). Lactate purification lengthened APD (Fig. 3A)
and improved the excitability of microtissues when directly compared to experimental controls that were age-matched but not lactate purified (84.4 ± 6.5% for hiPSC-CMLP vs. 25.2 ± 25.8% for hiPSC-CM) (Fig. 3B). Similar to hiPSC-CM microtissues with hCFs, the hiPSC-CM LP microtissues with hCFs have a normal distribution (Kolmogorov–Smirnov test $p = 0.580$; Fig. 3C) and low variability (Fig. 3D). Batch- to-batch standard deviation was reduced by 42% compared to hiPSC-CM microtissues and beat-to-beat APD variation from the same microtissue (technical replicates) was also smaller, whereas microtissue-to-microtissue variability was similar, and mold-to-mold variability was slightly higher than variation in hiPSC-CM tissues (Fig. 3D vs. Figure 2C). The cumulative probability plot for APD$_{80}$ shifted to the right with lactate purification (Fig. 3E), and APD was doubled from 130.6 ± 54 ms in hiPSC-CM microtissues to 263.1 ± 54.9 ms with lactate purification (Fig. 3F). All subsequent experiments were performed with microtissues generated from hiPSC-CMLP and 5% hCFs.

Model qualification: APD and arrhythmia test with known high-risk and low-risk potassium channel (IKr) blockers. To validate the capability of our model to predict arrhythmia risk, we exposed microtissues to the pro-arrhythmic hERG channel blocker E4031. APD$_{80}$ was prolonged under 2 µM E4031 (Fig. 4A,B, Movies S3, S4). Cumulative distribution plots show a rightward shift with E4031 treatment (Fig. 4C). When analyzing single batches of microtissues (n = 35), we confirmed that APD$_{80}$ had a normal distribution of values with Q-Q plots (Supplemental Fig. 2). EADs were present in 54% of microtissues with 2 µM E4031 exposure in the absence of isoproterenol (ISO; Fig. 4A,B, Movie S4). The presence of EADs contributed to a dramatic APD increase (275.2 ± 36 ms vs. 653.3 ± 167.3 ms; Fig. 4C). E4031 prolonged APD in a dose-dependent manner, and in some batches, additional beta-adrenergic stimulation using 100 nM ISO was needed to trigger EADs (Supplemental Fig. 3). Importantly, ISO alone shortened APDs and did not evoke EADs without E4031 (Supplemental Fig. 4A). We further tested blockade of the outward potassium current $I_{to}$ (responsible for phase 1 repolarization) with 4-Aminopyridine (4-AP) and stimulation of L-type calcium channels (responsible for maintaining phase 2 plateau) with the agonist BayK8644, and both prolonged APDs (Supplemental Fig. 4B,C). These results support that cardiac microtissues using hiPSC-CMs and hCFs are an effective platform for screening pro-arrhythmic toxicants.

We further investigated how well this human cardiac microtissue model identifies compounds used medically and already determined to be low risk for arrhythmia in clinically-validated doses in patients even when there is a known capacity to block the hERG channel. One such compound is ranolazine, which is a known hERG channel blocker that has therapeutic value as an anti-arrhythmic drug at mean steady-state blood serum concentrations ($C_{max}$) of 6 µM (2600 ng/mL) with 95% confidence limits of 1 and 14 µM (400 and 6100 ng/mL).
respectively). In this concentration range, ranolazine had a minimal effect on APD (Fig. 4D-F), which is in stark contrast to the specific hERG (IKr) blocker E4031 (Fig. 4A-C).

Figure 5 shows a more complete assessment of the dose-dependent effects of ranolazine at 0, 2, 10, and 100 μM concentrations on eight AP metrics, and traditional dose response curves are shown in Supplemental Fig. 5A. Figure 5A shows representative examples of AP traces. Figure 5B shows a color map presentation of seven of the AP metrics from 35 microtissues, and group data are shown for each of them plus excitability in Fig. 5C. Ranolazine at therapeutic concentrations (2–10 μM) had statistically significant effects but very small on all AP metrics (Fig. 5C; see Supplemental Table 1 (top) for complete statistical analysis). For example, average APDMxR changes were negligible (−9 ms and +15 ms at 2 and 10 μM, respectively) versus control 0 μM (Fig. 5C,F). However, at high concentration (100 μM ranolazine), APDMxR more than doubled (ΔAPD = 357 ms, Fig. 5C,E). Despite prolongation, no EADs were observed with ranolazine even in the presence of ISO (see Fig. 5A bottom trace; 1–2 molds per batch, 2 batches) in contrast to the highly selective hERG channel blocker, E4031 (Fig. 4A-C).

Figure 5B-D consists with its therapeutic effects on INa. Statistically significant changes are detected across all metrics and often at all concentrations of ranolazine (Supplemental Table 1), suggesting that this platform is highly sensitive.

**Screening pro-arrhythmic toxicity of environmental toxicant exposure.** We investigated whether acute exposure to the environmental pollutant bisphenol A (BPA) alters AP parameters using our human cardiac microtissue platform. BPA has previously been shown to affect the cardiovascular system, but its specific effects on arrhythmia are not well characterized. The response of cardiac microtissues to BPA was complex, altering multiple AP parameters including excitability, stimulation time delay, APDs at different levels of repolarization, APDMxR, and APDtri in a dose-dependent manner (Fig. 6). A small but significant increase in APD metrics appeared at the lowest concentration of BPA (1 nM), but BPA gradually shortened APD metrics at higher concentrations.
centrations (Fig. 6B,C). This biphasic response was most pronounced for APDMxR, which increased by 10.5 ms with 1 nM BPA, was similar to no BPA with 10 nM BPA, and decreased by 14.2 ms and 57.5 ms with 100 and 1000 nM BPA (Fig. 6C,F). Similar to APD, a biphasic effect of BPA was observed in a fraction of the microtissues (~ 6 of 35) on stimulation time delay (Fig. 6B, red/orange boxes at 1 nM in StimΔ column), suggesting that complex interactions of BPA on multiple cardiac ion channels involved in both excitation and repolarization was revealed during acute exposure across biological replicates in our model. Interestingly, a divergence between APD80 and APDMxR was observed at the highest concentration (1000 nM; Fig. 6E,F) due to the appearance of slowed repolarization near the end of AP repolarization (see 1000 nM trace in Fig. 6A), which indicates that very high BPA exposure may also alter inward rectifier current.

The changes in AP metrics were markedly different between ranolazine and BPA, as reflected in the color maps of AP metric changes in response to each compound (Figs. 5B, 6B, respectively). These drug response signatures are visualized in Fig. 7, where significant changes (red, increased; blue, decreased) and their magnitude (color intensity) of the average AP metrics are shown for each compound at indicated concentrations (see also Supplemental Table 2). Ranolazine has a monophasic increase of rise time and APD30/50/80, whereas APDMxR and APDtri are biphasic, suggesting nuanced dose-dependent effects (Fig. 7A,C). These results align well with the known clinical effects at low doses and the drug label warnings of fatal arrhythmias (which appear at high doses). In contrast, BPA shows a biphasic response in APD30/50/80, but not at 1000 nM. Toward understanding the role of hERG channel blockade in these contrasting results, we applied computer simulations to our system. HERG channel blockade has been shown to increase triangulation of AP (APDtri) since Iκ peaks during phase 3 repolarization. Our experimental data and computer simulations in Supplemental Fig. 6 show that E4031 (or Iκb blockade in computer modeling) increases the slope of APDtri vs. APDMxR while Iκb block by 4-AP or augmentation of Iκb by BayK8644 does not alter the slope of APDtri vs. APDMxR, supporting that APDtri is an important indicator of hERG channel blockade. Ranolazine increases the slope of APDtri vs. APDMxR associated with significant APD prolongation at 100 μM (Fig. 7C), indicating that hERG blockade becomes significant at this concentration. However, BPA shows biphasic effects on APDtri vs. APDMxR, increasing the slope in the range of 1–100 nM but not at 1000 nM. This suggests that BPA potentially blocks hERG starting at very low concentration (1–10 nM) but later alters other ion channels to mask hERG channel blockade and overall these integrated ion channel changes shorten APD. The results presented here support the notion a contention that our 3D human cardiac microtissue model and comprehensive data analysis provide important information regarding cardiotoxicity of unknown compounds.
Discussion

In this study, we address a critical need in risk assessment of compounds for pro-arrhythmic cardiotoxicity with a 3D human cardiac microtissue model containing purified hiPSC-derived cardiomyocytes and human cardiac fibroblasts. We show robust quantification of eight distinct parameters derived from the action potential waveform and qualify our NAM by confirming physiological responses and differentiation between the high-risk compound E4031 and low-risk drug ranolazine. Importantly, this differentiation enables reduction of false-positive results, as this 3D microtissue model integrates all ion channels and signals in the human cardiomyocytes. Cardiotoxicity can arise from a variety of aberrant signaling so predictive platforms must be suited for situations in which the mechanism of action is not well defined. Testing of a compound with poorly described or unknown cardiac effects such as BPA reveals nuanced responses (Fig. 6), creating a drug response signature, which enables arrhythmic risk and safety evaluation that yields insights into mechanisms of action and is relevant to physiological metrics of health.

Successful pro-arrhythmic drug screening should be able to detect changes in action potential shapes associated with increased triggered activity (EADs and DADs). A major challenge in developing a predictive risk assessment platform is that multiple factors can contribute to initiation of cardiac arrhythmias, necessitating that the platform be able to capture multiple pro-arrhythmic changes in AP shape. Here, we report the ability to detect altered excitability (% of captured beats), AP initiation and upstroke, beat-to-beat APD stability, and triangulation of AP shape as well as more standard metrics of prolongation of APD and EAD activity that indicate very high risk for arrhythmia. Our platform goes beyond what is reported by other platforms (such as spontaneous beat rate) that focus on cellular toxicity using live/dead, mitochondrial, and ER imaging, RNAseq for gene expression, or contractile amplitude and kinetics from microtissue edge detection rather than arrhythmia. Due to our high temporal resolution and signal-to-noise ratio, just a single voltage recording without signal averaging can be used to analyze APD metrics and even detect beat-to-beat instability in APD. These parameters can be compared on the same microtissue before and after compound exposure (20 min) using a paired t-test, which increases statistical power and reduces the number of experiments. Other platforms report the calcium transient, using it as a surrogate metric for the voltage signal, but unlike our approach, this surrogate does not provide mechanistic clues underlying arrhythmia induction. The AP metrics defined in this study are more numerous and less variable than those reported from 2D monolayer assays (using voltage/calcium dyes or microelectrode arrays), 3D spheroid assays, or engineered heart tissues (EHTs). These metrics provide integrated data on how the compound impacts electrical activation through changing the AP or Ca handling (Supplemental Table 3). The metrics in our data analysis were selected to account for potential toxicity effects on major ion...
channels that form cardiac action potentials including sodium channels responsible for AP upstroke (stim delay and rise time), transient outward potassium channels responsible for phase 1 repolarization (APD$_{30}$), L-type Ca channels responsible for maintaining AP plateau and overall duration (APD$_{50}$, APD$_{80}$, APD$_{90}$), delayed-rectifier potassium currents responsible for phase 3 repolarization (APD$_{30}$, APD$_{50}$, APD$_{80}$, APD$_{90}$), and inward rectifier underlying late INa, ICa, INa-Ca, IKs, and IKr.

The 3D microenvironment of our microtissues has several advantages to provide quantitative data for predicting pro-arrhythmic toxicity of chemical compounds. The AP recordings here are the averaged behavior from 12,000–24,000 cells that can mask individual cell-to-cell variation to increase robustness of the response. Triggered activity is thought to be difficult to initiate in the 3D environment due to electrotonic dissipation of depolarizing currents during EADs, known as ‘source-sink mismatch’$^{74}$. Therefore, in order to initiate triggered activity, a large number of cells should independently elicit EADs/DADs simultaneously. Our 3D microtissues have a sufficient number of CMs and do generate EADs (Fig. 4 and Supplemental Fig. 3), suggesting that this model replicates the true risks of EAD formation with its multi-cellular 3D environment as is present at the organ level in the human heart. In a direct comparison of the impact of microenvironment on the predictive capacity of an in vitro model using hESC-CMs, Archer et al. showed with a ROC analysis of drug responses to structural cardiotoxins that a 3D microtissue platform has increased specificity versus the same measurements made in 2D monolayers$^{86}$.

Our 3D human cardiotoxicity model has several advantages that enable customization and robust pro-arrhythmic risk evaluation. These advantages are: (1) experimentally determined cell ratios and cell phenotypes (Fig. 1B); (2) self-assembly with organotypic heterocellular interspersion (Fig. 1D,E) while eliminating unnatural substrate or matrix stiffness; (3) robust 3D electrical coupling; (4) rapid optical measurements to track AP shape for highly accurate quantitative metric extraction; (5) 1F-HiPSC-CMs, in addition to spontaneous beats, paced action potentials can be analyzed to increase predictability of APD changes under drug; and (6) generation and functional analysis of a large number of individual but consistent microtissues to provide greater throughput and high statistical power in analyses (Figs. 2C, 3D). We have carefully considered the biology of the cardiac cells and employed culturing techniques like moderately longer culture periods and the broadly adopted methods for metabolic selection to purify and mature the hiPSC-CMs$^{75}$, which demonstrate a more mature ventricular physiology in their electrophysiology compared to unpurified populations. While more mature functional responses are observed in our study, future work will require analysis of sarcomeric protein and ion channel expression to characterize this maturation. Further, there is evidence that the presence of non-myocytes from hiPSCs or other sources promote more mature electromechanical function$^{76}$. Incorporation of human cardiac fibroblasts (hCFs) enables heterotypic cell–cell interactions characteristic of the intact myocardium$^{67,77,78}$. While 5% primary adult normal hCF content is used for stable, healthy cardiac electromechanical function based on our previous$^{79}$, and current work, the platform allows for alterations in cell composition (such as other cell types, including endothelial cells) and ratios to mimic physiological and pathophysiological conditions that may be important for toxicity evaluation. While our platform can produce hundreds of microtissues in standard cell culture plates, the low variability beat-to-beat, microtissue-to-microtissue, mold-to-mold, and notably hiPSC-CM differentiation batch-to-batch (Figs. 2C, 3D), that has not been reported in other established models, reduces the required sample size to tens of microtissues per condition, effectively increasing experimental throughput.

Screening of compounds with diverse and known mechanisms of action is widely accepted as critical practice for assessing the validity of in vitro models, but developing metrics to understand biological mechanisms of action is necessary to move towards screening compounds with unknown mechanisms of action$^{53}$. Many established cardiac spheroids and elongated microtissue models have not tried to distinguish responses to high-risk and low-risk drugs$^{34,45}$. Irregular beating patterns in response E-4031 has been shown, but from tissue contraction, not voltage changes to show EADs$^{42,44}$. Some established MEA models have been able to differentiate between the high-risk compound E-4031 and the low-risk drug ranolazine, and our results align well with previous MEA studies that have shown prolonged APD and prevalent EADs with E-4031$^{80,81}$. Ranolazine is consistently shown to modestly increase APD, especially with increasing concentrations, but the presence of EADs is not consistently seen and may be dependent on the hiPSC cell line utilized and the commercial source of MEA platform$^{82,83}$. Computational modeling also predicts increasing APD with ranolazine and does not suggest EADs$^{85}$. Preclinical and clinical data suggest that ranolazine suppresses EADs and DADs$^{86}$. While prolonged APs and EADs are important metrics in arrhythmia risk assessment, previous work in a 2D MEA platform of hiPSC-CMs alone has shown an inability to distinguish compounds that elicit TdP from those that are benign$^{84}$. Because EADs at the cellular scale can be dampened at the tissue scale due to source-sink mismatch with coupled myocytes that are not prone to EADs$^{85}$, 3D platforms may be more predictive of arrhythmia risk. In the clinic, ranolazine rarely causes TdP and is frequently used as anti-arrhythmic treatment despite label warnings of QT prolongation$^{57,64,86}$, suggesting that cardiotoxicity screening must differentiate between high risk compounds and low risk compounds (that could pass safety standards and provide clinical benefit) as we show for E4031 and ranolazine, respectively (Fig. 4). Our platform effectively captures expected responses to standard metrics like APD, yet is less prone to EAD (for example, with ranolazine), suggesting that our 3D microtissue platform and expanded metrics may capture more nuanced responses to more accurately assess risks, predict acceptable exposure levels, and identify multiple modes of toxicity. With ranolazine, we show nuanced dose-dependent effects on the AP quantified by our eight metrics (Fig. 5). This altered reflection excites ranolazine's blockage of multiple ion currents including late INa, ICa, ICa$_{Na-Ca}$, IKs, and IKr$^{56,87}$. To clearly and quantitatively evaluate arrhythmic risk, we further analyzed dose-dependent changes in triangulation of the AP, APD$_{90}$ (defined by APD$_{90}$ – APD$_{50}$), which has been implicated as a pro-arrhythmic predictor$^{88-90}$. Previous studies indicate that an increase in APD$_{90}$ may originate from blockade of either IKs or IKr, resulting in delayed phase 3 repolarization$^{88,91}$. Our data also showed that specific IKs blockade by E4031 increases APD$_{90}$ but that IKr blockade by 4-AP or ICa$_{Na}$ activation by BayK8644 had no effect on...
APD$_{\text{tri}}$, which we confirm with computer modeling (Supplemental Fig. 6). The trend of increasing APD$_{\text{tri}}$ with a similarly increasing APD would suggest risky I$_{\text{Kr}}$ block and can be visualized by plotting APD$_{\text{tri}}$ versus APD$_{\text{MxR}}$. Previous computer modeling studies predicted that I$_{\text{Kr}}$ blockade increases APD$_{\text{tri}}$ [92–95]. I$_{\text{Kr}}$ has unique activation and inactivation kinetics that cause a large rush of outward current, which in turn causes rapid repolarization during phase 3 repolarization. Blocking I$_{\text{Kr}}$, therefore, delays phase 3 repolarization and increases APD$_{\text{tri}}$. In our experiments, we used APD$_{\text{tri}}$ versus APD$_{\text{MxR}}$, which is a normalized APD$_{\text{tri}}$, and found that APD$_{\text{tri}}$ is not always associated with APD prolongation experimentally (e.g., with 4-AP an I$_{\text{Na}}$ blocker or BayK an I$_{\text{Ca}}$ activator). I$_{\text{Kr}}$ block (by E4031) specifically increases APD$_{\text{tri}}$ in line with predictions by computer simulation studies. The slope of the regression line thus increases when I$_{\text{Kr}}$ is blocked and is a clear indicator for dose-dependent arrhythmic toxicity. At lower concentration, ranolazine did not affect slope but at 100 μM it significantly increased (Fig. 7C, bar plot), suggesting that ranolazine blocks I$_{\text{Kr}}$, which is in agreement with previous voltage clamp studies that found I$_{\text{Kr}}$ is 11.5 μM for I$_{\text{Kr}}$ [97]. However, the less well-known compound BPA showed a biphasic effect on slope of the APD$_{\text{tri}}$ vs. APD$_{\text{MxR}}$ relationship, peaking at 10 nM and decreasing at higher concentrations, while APD$_{\text{MxR}}$ decreases (Fig. 7D). These data suggest that I$_{\text{Kr}}$ may be affected at BPA concentrations starting at very low concentration (10 nM) and yet other ion channels and currents may compensate to counteract this effect at higher concentrations. Ultimately, this integrated AP response in human 3D cardiac microtissues with hiPSC-CMs is a defining feature of our model and a significant advantage to be able to predict pro-arrhythmic cardiotoxicity with high sensitivity that will be useful for targeted pharmaceutical development earlier in the drug development pipeline or predictive IVIVE to define safe chemical exposure levels.

It was our aim with this study and in our human cardiotoxicity tissue-engineered model to provide a fit-for-purpose NAM for advancing toxicity risk assessment for pharmaceutical development and safety evaluation of chemicals and environmental toxicants while reducing use of animals, improving mechanistic understanding of cardiotoxicity, and facilitating broad adoption of this simple human in vitro platform. Our platform showed expected changes in arrhythmia metrics to known toxicants and revealed alterations in response to the endocrine disrupting chemical BPA with high sensitivity that suggest cardiac risk and point toward disrupted ion channels as mechanisms of action that may not have been detected in other platforms with more surrogate metrics. Further, automated image analysis and computational approaches including machine learning that have mainly been applied to 2D systems and focus on different outcome metrics such as Ca transient and contractile motion tracking [94–96] can be applied for AP analyses in our platform to increase its predictive power. Cardiotoxicity risk likely depends on multiple factors including sex, race, and disease status [97], and toxic effects may be observed to a lesser degree in healthy human subjects compared to patients with comorbidities, defined as ‘hidden toxicity’ [98]. These diverse risk factors can be incorporated into our 3D microtissue risk assessment platform through the use of different hiPSC lines; thus exciting opportunities exist to better understand many fundamental mechanisms of toxicity. The predictive value of this platform has the potential to accelerate broad adoption and advances in the regulatory landscape for cardiotoxicity evaluation.

Methods

Cardiomyocyte differentiation. Cardiomyocytes (CMs) were differentiated from human induced pluripotent stem cells (hiPSCs; Gibco human female episomal iPSCs) in high-density monolayer cultures using CDM3 medium [96], and Wnt signal activation and inhibition [99] (Fig. 1A). Briefly, hiPSCs were treated with 6 μM Chiron 99,021 (Tocris), a glycogen synthase kinase 3 (GSK3) inhibitor at day 1, followed by 5 μM IWP2 (Tocris), a chemical Wnt inhibitor at day 3. Cardiac phenotype, expressed by beating cells, was visible between days 8 and 12 and upon beating, cardiomyocytes were cultured in RPMI 1640 medium with B27 supplement (RPMI + B27; Gibco). Cardiomyocytes differentiated from hiPSCs were used for the production of microtissues between days 14 and 18 of differentiation or were further purified with a lactate protocol. Cardiomyocytes designated for lactate purification were harvested and replated to new culture vessels coated with Matrigel (Corning) in RPMI + B27. These cells were deprived of media change for 4 days and were fed with lactate media (DMEM without glucose, L-glutamine, phenol red, sodium pyruvate and sodium bicarbonate (D-5030, Sigma) + 4 mM L-glutamine, 1 × Non-Essential Amino Acids, 1 × Glutamax and 4 mM lactate, pH 7.4). Lactate purified cells were fed with RPMI + B27 + 1% penicillin/streptomycin (P/S). Cardiac purity was measured by flow cytometry analysis as previously described [100].

Human cardiac fibroblast culture. Commercially available human ventricular cardiac fibroblasts (hCFs, Sigma) were maintained and passaged in DMEM/F12 supplemented with 10% fetal bovine serum (FBS), 1% penicillin/streptomycin (P/S), and 4 ng/ml basic fibroblast growth factor (Reprocell). hCFs were incorporated into cardiac microtissues at cell passages P2-P4.

Fabrication of hydrogels and 3D culture. Scaffold-free 3D spherical microtissues were generated using non-adhesive agarose gels with cylindrical microwells with hemispherical bottoms to guide self-assembly (Fig. 1B). Sterilized 2% (wt/vol) agarose was pipetted into molds designed for 24-well plates with 800-μm-diameter rounded pegs (3D Petri Dish, MicroTissues). After being cooled to room temperature (~5 min), the agarose gels were separated from the molds and transferred to single wells of 24-well plates. For equilibration, 1 mL RPMI + B27 + 1% P/S medium was added to each well. Hydrogels were equilibrated for at least 1 h at 37 °C in a humidified incubator with 5% CO$_{2}$. Molds were transferred to 6-well plates for electrical stimulation, and hiPSC-CMs with or without additional 5% hCFs in suspension were added to the center of the hydrogel seeding chamber (420–840 K cells/mold in 35 recesses) and allowed to settle into the recesses for 30 min. Medium (RPMI + B27 with 1% P/S and 10% FBS with 5 μM rock inhibitor (Y27632)) was then added to each well (5 mL). Medium was changed to RPMI + B27 with 1% P/S and 10% FBS at 24–48 h, and cells were cultured for 6–8 days.
with media changes every other day. During the 3D culture period, the self-assembled microtissues were field stimulated with a 1 Hz, 10.0 V, 4.0 ms duration bipolar pulse train with an Ionoptix C-Pace EP. To study hCF interspersion within tissues, hCF were incubated for 30 min in CellTracker Orange working solution and hiPSC-CM were incubated for 30 min in CellTracker Green working solution before seeding in 3D hydrogels. Spheroids were recovered from hydromolds and transferred to glass bottom dishes. Images were taken with an Olympus FV3000 confocal microscope and processed using ImageJ.

**Microtissue size analysis.** Stitched 4× phase-contrast images of whole 24-well microtissue hydrogels were captured with a Nikon TE2000-U and a black and white/color digital camera (MicroVideo Instruments, Avon, MA). NIS Elements software was used for image acquisition and analysis. Image thresholding and particle size analysis was performed to determine the top view cross-sectional area of individual microtissues across each mold.

**3D tissue sections and immunohistochemistry.** Microtissues in 24-well hydrogels were fixed with 4% (vol/vol) paraformaldehyde (Electron Microscopy Sciences, Hatfield, PA) and 8% (wt/vol) sucrose in PBS overnight at room temperature. Molds were then rinsed twice with PBS and fully equilibrated (as indicated by their sinking, usually over 12 h) with 15% and then 30% (wt/vol) sucrose in PBS. Whole agarose gels containing microtissues were removed from sucrose solution, blotted dry, and embedded in Tissue-Tek CRYO-OCT Compound (Sakura). Blocks were stored at −80 °C, sectioned on a Leica CM3050 cryostat microtome (Leica Biosystems, Buffalo Grove, IL) into 10-μm-thick sections, and placed on Superfrost Plus slides. After being air dried for 15 min, sections were post-fixed in 4% paraformaldehyde in PBS. For immunofluorescent staining at room temperature, frozen sections were rinsed 3 times for 5 min with 1× PBS wash buffer. Non-specific binding was blocked with 1.5% goat serum for 1 h, followed by 24 h incubation in primary and followed by a 1 h incubation in secondary antibodies diluted in 1.5% goat serum. Primary antibodies were directed against cardiac troponin I (cTnI, 1:100, Abcam ab47003) and vimentin (1:100, Sigma V6630), and secondary antibodies were conjugated to Alexa Fluor 488 or Alexa Fluor 594 (1:200, Invitrogen). Coverslips were mounted with VECTASHIELD mounting medium with DAPI. Images were taken with an Olympus FV3000 Confocal Microscope and processed using ImageJ.

**Optical mapping and automated action potential analysis.** Microtissues were loaded with voltage-sensitive di-4-ANEPPS (5 μM for 10 min at 35 °C) for measurements of membrane potential ($V_m$). Fluorescence images were acquired at 979 frames/s using a Photometrics Evolve+128 EMCCD camera (2×2 binning to 64×64 pixels, 18.7×18.7-μm² resolution, 1.2×1.2-mm² field of view) and an Olympus MXV10 macroview optical system. Typically, four microtissues were recorded simultaneously per scan at this magnification. A step-by-step illustration of automated data analysis is available in Supplemental Fig. 1. Briefly, the pixels with APs were identified from Fast Fourier transformation (FFT) of fluorescence signals. After appropriate thresholding and image segmentation, the region of each microtissue was grouped and the fluorescence signals from the pixels in the same microtissue were averaged and used for AP analysis (Supplemental Fig. 1).

**Validation and screening of toxicants for arrhythmogenic risk.** A single mold of microtissues was mounted on a temperature-controlled chamber (Dual Automatic Temperature Controller TC-344B, Warner Instrument) to maintain 35 ± 1 °C and bathed with Tyrodé's solution containing (in mM) 140 NaCl, 5.1 KCl, 1 MgCl₂, 1 CaCl₂, 0.33 NaH₂PO₄, 5 HEPES, and 7.5 glucose. Microtissues were stimulated with a platinum field stimulation electrode (Supplemental Fig. 7, Myopacer EP field stimulator, IonOptix, Milton, MA). The test compounds including E4031, 4-AP, BayK8644, ISO were purchased from Sigma Aldrich and dissolved in 100% DMSO to prepare 0.01–0.5 mM stock solutions. BPA was dissolved in 10% ethanol stock solution and diluted in Tyrodë solution to the final concentration. Microtissues were exposed to vehicle (DMSO or ethanol) and the indicated concentrations of test compounds for 20 min, and action potentials were measured as described above.

**Statistical analyses.** The data from optical mapping are expressed as mean ± SD for n microtissues unless otherwise indicated. Statistical analyses were performed using Student's two tailed paired and unpaired t test. P values of 0.05 were considered statistically significant. Normality test was done using Kolmogorov–Smirnov test. The test for the equality of regression coefficients was done using Z statistics of two slopes and SE as described.

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