Morphological characteristics of subaxial cervical pedicles and surrounding critical structures in patients with vertebral artery dominance - an anatomical study based on computed tomographic imaging

Jin Yang1, Tao Li1,2, Qing Wang1*, Gaoju Wang1, Song Wang1, Shuang Xu1, Shuai Zhang1 and Qiuhan Li3

Abstract

Background: No study has assessed the feasibility and safety of cervical pedicle screw implantation in patients with vertebral artery dominance (VAD), a common vertebral artery (VA) variation which can increase VA injury (VAI) risk. This study was to assess morphological characteristics of the subaxial cervical pedicles and surrounding critical structures, and identify their correlations in patients with VAD.

Methods: Computed tomography arteriography scans of 152 patients were used for retrospectively measuring parameters including pedicle outer width (POW), the distance from the lateral pedicle border to the closest part of VA (DPVA), diameter of VA (DVA), area of VA (AVA), area of transverse foramen (ATF) and occupational ratio of transverse foramen (TF). Moreover, correlations among some critical parameters were assessed.

Results: One hundred eight males and 44 females, with a mean age of 55.9 years were included. POW was smaller on the dominant side than on the non-dominant side, whereas DPVA, DVA, AVA, and TF were larger on the dominant side than those on the non-dominant side. On both sides, POW < 4 mm and POW + DPVA < 5 mm were observed most frequently at C3 and C4. On both sides, POW was correlated to ATF, and ATF was correlated to DVA and AVA. DPVA was correlated to ATF on the dominant side.

Conclusion: Patients with VAD exhibited smaller POW on the dominant side, most frequently at C3 and C4. Dominant VA may indirectly affect POW. TF may be a key determinant of DPVA and POW.

Keywords: Imaging anatomy, Morphological characteristics, Subaxial cervical pedicle, Vertebral artery dominance, Cervical pedicle screw insertion, Vertebral artery injury

Background

Cervical pedicle screw (CPS) fixation, first introduced by Abumi [1], provides stronger biomechanical stability than other cervical internal fixation techniques for treating spinal deformity, severe fracture and dislocation, and for multiple-level reconstruction [2–4]. However, CPS fixation can be technically challenging due to the anatomical complexity of the pedicle region and potential...
risk of vertebral artery (VA) and spinal cord injury, limiting its application.

Vertebral artery injury (VAI) is one of the major concerns during CPS fixation. Although VAI is uncommon in cervical spine surgeries [5–9], the consequences can be catastrophic, including fistulas, pseudoaneurysm, late-onset hemorrhage, thrombosis, embolism, cerebral ischemia, and death [10, 11]. The risks of VAI are closely related to the anatomical characteristics of the cervical pedicle and surrounding structures and to the condition of the pedicle insertion [12]. Therefore, a better understanding of these morphological characteristics is essential to reduce the risk of VAI during CPS placement surgery. Furthermore, anatomical variation of the cervical spine may increase the risk of neurovascular injury. Vertebral artery dominance (VAD) is a common variation with a reported prevalence from 38.5 to 73% according to different definitions [13–15]. The dominant vertebral artery is the main blood supply to the brainstem and epencephalon, so the consequences of injury are even more severe than injury to the normal VA [14, 16].

Given the frequency of VAD, it is critical to assess methods for safer and more efficacious CPS placement in patients with VAD. To our knowledge, however, no study has focused on the morphological characteristics of the subaxial cervical pedicle and surrounding structures in patients with VAD. Therefore, we conducted a morphological analysis of these characteristics based on computed tomographic arteriography (CTA) and analyzed correlations among these various structures.

Materials and methods

Study population
Our hospital ethics committee approved this retrospective image-based study. We reviewed 697 patients who underwent CTA at our hospital from January 2012 to March 2019. Based on the findings of previous studies [13, 17], we defined VAD as a diameter difference between bilateral vertebral arteries $\geq 0.8$ mm (Fig. 1). As the aim was to explore morphological characteristics of the subaxial cervical pedicle and surrounding structures in patients with VAD, the subaxial cervical spine in this study was defined as from C3 to C6.

Patient inclusion criteria were 1) VAD, 2) computed tomography (CT) scan range C1–C7, 3) CT scanning using 256-slice CT, 4) age $\geq 18$ and $\leq 60$ years, and 5) complete clinical and imaging data. Patient exclusion criteria were 1) severe cervical fracture and dislocation (dislocation > 1/2 the anterior-posterior diameter of the lower vertebral body), 2) severe cervical deformity such as kyphosis $> 20$ degrees, scoliosis $> 10$ degrees, basilar invagination, or Chiari malformation, 3) ankylosing spondylitis, 4) diffuse idiopathic skeletal hyperostosis, 5) cervical spine surgery history, 6) VA embolization, VA atherosclerosis, or a single VA, and 7) other diseases such as tumor or severe osteoporosis.

Measurements
All measurements were performed on a CT advanced workstation 4.4 (GE, USA). Scan parameter settings were as follows: layer thickness 0.625 mm, layer spacing 0.625 mm, window width 1300 HU, and window level 400 HU. Measurement accuracy was $\pm 0.1$ mm. Measurements were performed on the axial CT image showing the maximum pedicle outer width; due to the maximum pedicle outer width shown by this image, it was considered that this image presented the center of the pedicle or reflected the content at the center of the pedicle. Furthermore, the adjacent upper axial CT image of that one and lower one were also measured for all parameters and the data measured from the three images were averaged for analysis. Multiple-planar reconstruction was used to conduct multiple-point observation and identification for accurate measurement.

The following parameters were measured or calculated from C3–C6 bilaterally: 1) POW, the distance between the lateral cortical border and medial border at the most stenotic area of the pedicle; 2) DPVA, the distance from
the lateral pedicle border to the closest part of VA; 3) DVA, diameter of the VA, for oval artery, the diameter was defined as the average of the longest axis distance and the shortest one of the VA; 4) AVA, area of VA, was calculated according to DVA \((AVA = \pi \times (DVA/2)^2)\); 5) ATF, area of transverse foramen (TF), was calculated by the method similar to AVA; 6) ORTF, occupation ratio of TF \((ORTF = AVA/ATF)\) (Fig. 2). All parameters were measured and/or calculated thrice at separate times by two independent readers, a spinal surgeon and senior imaging diagnostician.

Statistical analysis
Statistical analysis was conducted using SPSS version 24.0 (IBM Corp., Armonk, NY, USA). The reliability of measurement data was tested using the intraclass correlation coefficient (ICC); ICC \(\geq 0.75\) was considered to show good reliability. If the data were found to have good reliability, the average value of data was subsequently adopted for statistical analysis.

The Shapiro-Wilk test was used to test the normality of all datasets. Continuous data are presented as mean and standard deviation (SD) when normally distributed or as median and interquartile range (IQR) when not normally distributed. Continuous parametric data were compared using Student’s t test and categorical data by \(\chi^2\) test or Fisher’s exact test. Pearson’s correlation coefficient was used to evaluate the quantitative associations among parameters. A \(P < 0.05\) (two-tailed) was considered significant for all tests.

Results
Demographic characteristics
Based on our inclusion and exclusion criteria, 152 patients with VAD (21.8%, 152/697) were enrolled, including 108 males (71.1%) and 44 females (28.9%) of mean age 55.9 (SD, 7.6) years, mean body weight of 57.2 (SD, 8.0) kg, and median height of 167 (IQR, 160–172) cm. Most cases with VAD (69.1%) were on the left side. Twenty cases (13.2%) exhibited VA pathway variation, with VA entry into the TF at C5, and 85% of these cases had a nearly closed TF. Therefore, DPVA and ATF were not measured at C6. Ten cases (6.6%) did not have an intact TF, including two cases with incomplete TF at C3, one at C4, five at C5, and ten at C6. Therefore, ATF was also not measured at these levels. All data of these 30 cases were excluded for correlational analyzes. Detailed demographic information is summarized in Table 1.

Measurement results
The average intra-reader and inter-reader reliabilities according to the ICC were \(> 0.75\) (good) for all

![Fig. 2](image)

**Fig. 2** A schematic representation of the measuring parameters. POW, the distance between the lateral cortical border and medial border at the most stenotic area of the pedicle; DPVA, the distance from the lateral pedicle border to the closest part of the vertebral artery (VA); DVA, diameter of the VA; AVA, area of VA; ATF, area of transverse foramen
parameters. The mean POW of all cases was significantly smaller on the dominant side than the non-dominant side (4.97 ± 1.02 mm vs. 5.29 ± 0.92 mm, \( P < 0.001 \)) (A characteristic image in Fig. 4), while DPVA was significantly larger on the dominant side than the non-dominant side (1.22 ± 0.52 mm vs. 1.09 ± 0.49 mm, \( P < 0.001 \)). However, there were no significant differences between two sides in POW and DPVA at C5 (\( P > 0.05 \)). The DVA was also larger on the dominant side than the non-dominant side (3.73 ± 0.51 mm vs. 2.32 ± 0.51 mm, \( P < 0.001 \)), and the bilateral difference was significant at every level (\( P < 0.001 \)). The AVA calculated based on DVA exhibited a similar trend. The ATF was significantly larger on the dominant side than the non-dominant side (29.10 ± 6.72 mm\(^2\) vs. 20.09 ± 5.23 mm\(^2\), \( P < 0.001 \)). Similarly, ORTF was significantly greater on the dominant side than the non-dominant side (39.60% ± 11.95% vs. 22.96% ± 10.65%, \( P < 0.001 \)). More detailed information is presented in Table 2. All parameters except ORTF exhibited a gradual increase on both sides from C3 to C6 (Fig. 3A-E), while ORTF showed a slight decrease from C4 to C6 on the dominant side (Fig. 3F).

As POW and DPVA are the key factors related to VAI risk, more detailed analyses of these parameters were conducted. A significantly greater proportion of VAD cases demonstrated POW < 4 mm on the dominant side than the non-dominant side (76 [12.5%] vs. 36 [5.9%], \( P < 0.001 \)) (Table 3). Further, a significantly greater proportion of VAD cases exhibited POW + DPVA < 5 mm on the dominant side than the non-dominant side (79 [13.4%] vs. 49 [8.3%], \( P = 0.006 \)) (Table 4).

### Correlations

POW was not correlated with DVA (\( P = 0.060 \)) or AVA (\( P = 0.054 \)) on the dominant side; however, POW was correlated with DVA (\( r = 0.123, P = 0.006 \)) and AVA (\( r = 0.132, P = 0.004 \)) on the non-dominant side and with ATF on both sides. POW was also correlated with DPVA on both sides.
Table 2 The Comparison of all parameters between the dominant side and non-dominant side

| Parameter (mm) | Dominant side | Non-dominant side | Intergroup difference | t value | P value |
|---------------|---------------|-------------------|-----------------------|---------|--------|
| POW (C4) (n=152) | 2.20 ~ 7.30 | 2.20 ~ 7.30 | 0.00 | 0.00 | 0.00 |
| POW (C5) (n=152) | 2.40 ~ 6.70 | 2.40 ~ 6.70 | 0.00 | 0.00 | 0.00 |
| POW (C6) (n=152) | 2.60 ~ 7.50 | 2.60 ~ 7.50 | 0.00 | 0.00 | 0.00 |
| Total (n=608) | 2.20 ~ 7.30 | 2.20 ~ 7.30 | 0.00 | 0.00 | 0.00 |
| DPVA (mm) | | | | | |
| C6 (n=152) | 0.30 ~ 2.90 | 0.30 ~ 2.90 | 0.00 | 0.00 | 0.00 |
| C5 (n=152) | 0.30 ~ 2.60 | 0.30 ~ 2.60 | 0.00 | 0.00 | 0.00 |
| C4 (n=152) | 0.30 ~ 3.20 | 0.30 ~ 3.20 | 0.00 | 0.00 | 0.00 |
| Total (n=588) | 0.30 ~ 3.20 | 0.30 ~ 3.20 | 0.00 | 0.00 | 0.00 |
| DVA (mm) | | | | | |
| C6 (n=152) | 2.65 ~ 5.10 | 2.65 ~ 5.10 | 0.00 | 0.00 | 0.00 |
| C5 (n=152) | 2.45 ~ 4.85 | 2.45 ~ 4.85 | 0.00 | 0.00 | 0.00 |
| C4 (n=152) | 3.05 ~ 5.10 | 3.05 ~ 5.10 | 0.00 | 0.00 | 0.00 |
| Total (n=608) | 2.45 ~ 5.10 | 2.45 ~ 5.10 | 0.00 | 0.00 | 0.00 |
| AVA (mm³) | | | | | |
| C6 (n=152) | 5.52 ~ 20.43 | 5.52 ~ 20.43 | 0.00 | 0.00 | 0.00 |
| C5 (n=152) | 4.71 ~ 18.47 | 4.71 ~ 18.47 | 0.00 | 0.00 | 0.00 |
| C4 (n=152) | 7.31 ~ 20.43 | 7.31 ~ 20.43 | 0.00 | 0.00 | 0.00 |
| Total (n=608) | 4.71 ~ 20.43 | 4.71 ~ 20.43 | 0.00 | 0.00 | 0.00 |
| ATF (mm³) | | | | | |
| C6 (n=150) | 18.10 ~ 46.30 | 18.10 ~ 46.30 | 0.00 | 0.00 | 0.00 |
| C5 (n=151) | 16.80 ~ 41.60 | 16.80 ~ 41.60 | 0.00 | 0.00 | 0.00 |
| C4 (n=147) | 16.90 ~ 47.50 | 16.90 ~ 47.50 | 0.00 | 0.00 | 0.00 |
| Total (n=590) | 16.30 ~ 66.30 | 16.30 ~ 66.30 | 0.00 | 0.00 | 0.00 |
| ORTF (%) | | | | | |
| C6 (n=150) | 15.40 ~ 80.70 | 15.40 ~ 80.70 | 0.00 | 0.00 | 0.00 |
| C5 (n=151) | 15.40 ~ 83.60 | 15.40 ~ 83.60 | 0.00 | 0.00 | 0.00 |
| C4 (n=147) | 15.40 ~ 85.60 | 15.40 ~ 85.60 | 0.00 | 0.00 | 0.00 |
| Total (n=590) | 13.90 ~ 85.60 | 13.90 ~ 85.60 | 0.00 | 0.00 | 0.00 |

POW: the distance between lateral cortical border and medial border at the most stenotic area of the pedicle, DPVA: the distance between lateral cortical border and medial border of vertebral artery, DVA: diameter of vertebral artery, AVA: area of vertebral artery, ATF: area of transverse foramen, ORTF: occupation ratio of transverse foramen

DPVA was not correlated with DVA or AVA on either side; however, DPVA was weakly correlated with ATF ($r=0.150$, $P=0.001$) on the dominant side but not the non-dominant side ($r=0.088$, $P=0.053$). ATF was correlated with DVA and AVA on both sides (Table 5). Correlation analysis between DVA and AVA was not conducted due to their relationship and ORTF was not included in the correlation analysis due to data characteristics.

Discussion

We report the first morphological characterization of the pedicles and surrounding structures from C3 to C6 in patients with VAD, and analyze correlations among these structures to provide an anatomical basis for safer and more accurate CPS insertion or appropriate choice of internal fixation in this patient group. The prevalence of VAD (21.8%) was lower than in previous
studies (from 38.5 to 73%) [13–15], this was possibly due to differences in inclusion criteria, exclusion criteria, or VAD definition. Most VAD (69.1%) was found on
POW < 4 mm was found more frequently at C3 and C4 on both sides but was most frequent on the dominant side (P < 0.001). Similarly, POW + DPVA < 5 mm was most common at C3 and C4, so surgeons should be more careful in choosing CPS treatment at these levels for patients with VAD. With the development and application of new surgical navigation methods, the ability to accurately identify the best CPS insertion position and angle has significantly improved [21–24]. However, smaller POW and DPVA are both indicative of VAI risk. Therefore, we do not recommend CPS insertion at pedicles with POW < 4 mm or POW + DPVA < 5 mm, especially on the dominant side due to the potential of VAI.

Despite smaller POW on the dominant side, POW showed no direct correlation with DVA or AVA on the dominant side, although it was correlated with DVA and AVA on the opposite side. POW was, however, correlated with ATF and the latter was correlated with DVA or AVA on both sides. These results suggest that POW on the dominant side is influenced directly or to a greater extent by ATF than by DVA or AVA. We speculate that VAD may indirectly affect the development of the pedicle. During the embryonic stage, the VA develops before the TF. Therefore, VAD may have a stronger influence on TF than a normal VA, and the larger TF on the dominant side may further affect the development of the ipsilateral pedicle. This indirect influence on the pedicle may not manifest as a correlation between POW and DVA or AVA. Additionally, in our study, 20 cases exhibited pathway variation for TF entry at C5, and 85% of these cases had a nearly closed TF, which supports this notion.

DPVA was correlated with ATF on the dominant side but not on the non-dominant side. This further supports the greater developmental influence of VAD. In our study, DVA, AVA, and ATF were significantly larger on the dominant side and gradually increased from C3 to C6. Additionally, the increase in ATF at lower cervical levels appeared larger on the dominant side. This tendency was reflected by a decline in ORTF (AVA/ATF) at lower levels (Fig. 3F). Further, this difference in ATF increase rate compared to both DVA and AVA would influence DPVA and POW on the dominant side. Therefore, the development of the TF may be a key factor influencing the final DPVA and POW, especially on the dominant side.

In general, the correlations between all parameters were not significantly different on both sides. These results suggest that POW and POW + DPVA measures suggest a higher risk of pedicle border breach and ensuing VAI on the dominant side than the non-dominant side.

### Limitations

The major limitation of this study is the retrospective design, which may introduce selection bias. Second, the study did not include severe cervical deformities, and so may not be applicable to VAD patients with bony

### Table 5: The Correlations among the parameters in the dominant and non-dominant sides

| Parameters | Dominant Side | Non-Dominant Side |
|------------|---------------|-------------------|
| R value    | P value       | R value           | P value         |
| POW DPVA   | 0.176 < 0.001 | 0.118 0.009       |
| POW DVA    | 0.085 0.060   | 0.123 0.006       |
| POW AVA    | 0.087 0.054   | 0.132 0.004       |
| POW ATF    | 0.131 0.004   | 0.166 < 0.001     |
| DPVA DVA   | –0.002 0.967  | –0.022 0.632      |
| DPVA AVA   | 0.000 0.992   | –0.015 0.737      |
| DPVA ATF   | 0.150 0.001   | 0.088 0.053       |
| DVA ATF    | 0.280 < 0.001 | 0.260 < 0.001     |
| AVA ATF    | 0.285 < 0.001 | 0.264 < 0.001     |

POW the distance between lateral cortical border and medial border at the most stenotic area of the pedicle, DPVA the distance from the lateral pedicle border to the closest part of vertebral artery, DVA diameter of vertebral artery, AVA area of vertebral artery, ATF area of transverse foramen.

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malformations. The last one is that we cannot avoid potential measurement bias.

Conclusion
This is the first study to report the morphological characteristics and correlations of the pedicles and surrounding structures from C3 to C6 in patients with VAD. Smaller cervical pedicles were found from C3–C6 on the side with the dominant VA. POW < 4 mm and POW + DPVA < 5 mm were found most frequently at C3 and C4 in VAD patients, and CPS insertion is not recommended at pedicles with these characteristics. Dominant VA may affect indirectly POW, and TF may be a key determinant of DPVA and POW.

Abbreviations
AVA: Area of vertebral artery; ATF: Area of transverse foramen; CPS: Cervical pedicle screw; CT: Computed tomography; CTA: Computed tomographic angiography; DPVA: Distance from the lateral pedicle border to the closest part of vertebral artery; DVA: Diameter of vertebral artery; ICC: Intraclass correlation coefficient; IQR: Interquartile range; ORTF: Occupation ratio of transverse foramen; POW: Distance between the lateral cortical border and medial border at the most stenotic area of the pedicle; SD: Standard deviation; TF: Transverse foramen; VA: Vertebral artery; WAI: Vertebral artery injury; VAD: Vertebral artery dominance.

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Authors’ contributions
YJ and LT were major contributors in data collection, and drafted the original manuscript. WQ conceptualized the study and reviewed and edited the original draft of the manuscript. WJG, WS, XS, and ZS were contributors in project administration and supervision. LQH was a major contributor in data collection and analysis. All authors read and approved the final manuscript.

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Availability of data and materials
The datasets in the current study are available from the corresponding author on reasonable request.

Declarations
Ethics approval and consent to participate
This retrospective study was approved by the ethics committee of Affiliated Hospital of Southwest Medical University (No. KY2019157). All patients provided written informed consent prior to their inclusion in this study. The methods were carried out in accordance with the relevant guidelines and regulations.

Consent for publication
Not applicable.

Competing interests
The authors declare no conflict of interest.

Author details
1Department of Orthopedics Surgery, Affiliated Hospital of Southwest Medical University, 25 Taiping Road, Luzhou 646000, Sichuan, China. 2Department of Clinical skills center, Affiliated Hospital of Southwest Medical University, 25 Taiping Road, Luzhou 646000, Sichuan, China.

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