Evaluation of the Impact of Best Management Practices on Streamflow, Sediment and Nutrient Yield at Field and Watershed Scales

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Abstract
Evaluating Best Management Practices (BMPs) in watersheds using hydrologic and water quality models can help to establish an effective watershed water management. Soil and Water Assessment Tool (SWAT) was applied to Big Sunflower River Watershed (BSRW) and the Stovall Sherard Watershed (SSW) to evaluate BMP’s impact at watershed and field scale watersheds respectively. SWAT was calibrated and validated for streamflow, sediment yield, total nitrogen (TN), and total phosphorous (TP) at outlets of three sub-basins of the BSRW, and within the SSW. BMP scenarios of check-dam, tail water pond, vegetative filter strips (VFS), nutrient management, and tillage management were evaluated for their efficacy in reducing streamflow, sediment yield, and nutrient loads at field and watershed scales. The VFS was determined as the most effective BMP in decreasing sediment yield, TN, and TP at both field and watershed scales. At field scale, reduction of sediment yield, TN, and TP by VFS ranged from 8 to 12%, 71% to 98%, and 72% to 99% respectively and at watershed scale, reduction of sediment yield, TN, and TP by VFS ranged from 12 to 38%, 29% to 87%, and 42% to 99% respectively. The application of conservation and zero tillage operation showed reduction in sediment yield by 1% to 2% respectively but increased TN and TP by 2% to 25% at field and watershed scale watersheds. This study will help in managing water at field and watershed scale watersheds regarding BMPs selection and implementation.

Keywords Watershed · Best management practices · SWAT · Water quality · Nutrients

1 Introduction
In United States, agricultural operation is considered one of the main cause of pollution in rivers, streams, and others (Mateo-Sagasta et al. 2017). Chemical fertilizer may help to increase crop yield but degrade surface-ground water, when applied excessive quantity (Lory 2018). Approximately 11 billion kilograms of nitrogen are applied to...
agricultural fields in US, in which about fifty percent is drained to water (Capel et al. 2018). Nutrients transport from agricultural fields are responsible for water quality degradation and causing eutrophication and harmful algal bloom (Sharpley and Wang 2014; Bhandari et al. 2017). Pollution caused by nutrients can be reduced through implementation of BMPs. Water and nutrient transport processes at field and watershed scales could be understood through modeling approach along with field monitoring (Kumar et al. 2019; Borrelli et al. 2021). Several studies have utilized SWAT model to evaluate effects of BMPs at field and watershed scales (Saleh et al. 2000; Santhi et al. 2001; Gitau et al. 2008; Daggupati et al. 2011; Dakhlla and Parajuli, 2015; Dakhlla et al. 2016; Merriman et al. 2018; Uribe et al. 2018; Li et al. 2021; Preetha et al. 2021).

BMPs were found effective in reducing N-NO₃ from surface runoff and groundwater from the Carapelle river basin, Southern Italy (Ricci et al. 2022). The output of a watershed scale SWAT model was applied to the field scale SWAT model to evaluate the impact of BMPs in the Black Kettle Creek watershed in Arkansas River watershed (Daggupati et al. 2011). SWAT model was applied to a field scale watershed in Michigan determined that zero tillage with cover crop can reduce nitrate while VFS can reduce sediment yield and phosphorus (Merriman et al. 2018). Conservation tillage applied in the Fuquene Lake watershed, demonstrated reduction of sediment yield and surface runoff by 26% and 11% respectively, while TN and TP were increased by 2% and 18% respectively (Uribe et al. 2018). Some BMPs were evaluated using SWAT model at watershed scale in the Big Sunflower River Watershed (BSRW), Mississippi (Parajuli et al. 2013; Risal and Parajuli 2019). However, BMPs evaluation for streamflow, and water quality at field scale watershed in Mississippi are limited. Efficacy of BMPs at field scale could be different than at watershed scale. This study evaluated the effect of BMPs at field and watershed scales simultaneously that has not yet been conducted in Mississippi, which could be a new contribution. The objectives of this study were to: (a) develop a watershed and field-scale SWAT models; (b) calibrate and validate SWAT models for stream-flow, sediment, TN, and TP; and (c) evaluate the impact of BMPs on streamflow, sediment, and nutrient yield.

2 Methodology

2.1 Study Area

The BSRW (drainage area of 10,500 km²), located at the Mississippi River alluvial plain (Mississippi Delta), and SSW (drainage area of 120 km²), located within the BSRW, were selected for BMPs impact evaluation at watershed and field scale watersheds respectively. Elevation of BSRW ranged from 15 to 60 m above mean sea level and that of SSW ranged from 45 to 55 m. BSRW was covered by cropland (70%); wetlands/forest (15%); and pasture, urban, and others (15%). (Parajuli et al. 2013; Risal and Parajuli 2019). SSW was covered by cropland (87%); and urban, pasture and other crops (13%). Major soil types of BSRW were Alligator, Dowling, Dundee, Forestdale, and Sharkey and that for SSW were Dowling, Dundee, and Sharkey. Average annual temperature for both BSRW and SSW was 18 °C with average annual precipitation of 1,371 mm (Ouyang, 2012). Location of BSRW and SSW along with USGS gauges, weather stations, and monitoring stations is shown in Fig. 1.
Soil and Water Assessment Tool (SWAT) is a comprehensive and variable time steps model that can be used to simulate management practices on water quality and quantity.

2.2 SWAT Model

Soil and Water Assessment Tool (SWAT) is a comprehensive and variable time steps model that can be used to simulate management practices on water quality and quantity.
from both field and watershed scale (Neitsch et al. 2002). Previous literatures utilized SWAT model to assess BMPs impact on hydrology and water quality (Gitau et al. 2008; Merriman et al. 2018; Ni and Parajuli 2018). ArcGIS extension and interface version of SWAT (ArcSWAT 2019) was used in this study to delineate and calculate watershed input parameters including sub-watersheds, drainage network. In this study model was developed using input data from various sources such as Digital Elevation Model (DEM—USGS, 2020), land use and land cover (LULC—NASS 2018), soil (SSURGO 2020), and weather (NOAA 2019). Other watershed related management data including planting, harvesting, irrigation, and tillage were utilized from Mississippi Agricultural And Forestry Experiment Station (MAFES 2019).

### 2.3 Calibration and Validation

Sequential Uncertainty Fitting (SUFI-2) algorithm within SWAT auto calibration tool: SWAT Calibration and Uncertainty Procedures (SWAT-CUP) (Abbaspour 2013) was used for calibration and validation for both field and watershed scale watersheds. Monthly streamflow calibration (2005–2010) and validation (2011–2016) of the BSRW utilized the USGS gage data from Marigold, Sunflower and Leland (Risal and Parajuli 2019). Similarly, model was calibrated (2013–2014) and validated (2015–2016) for daily sediment, TN and TP yields using data from Marigold, Sunflower, and Leland gage stations (Risal and Parajuli 2019). Monthly streamflow calibration (2006–2011) and validation (2012–2017) of the SSW was conducted at the outlet of SSW, located at the outlet of sub-basin 2 of the BSRW. Similarly, daily sediment, TN, and TP yields calibration and validation were conducted at site D and E respectively using daily observed data from 2014 to 2016. Sensitivity of the parameters for both field and watershed scales models were assessed using t-statistics, degree of sensitivity and p-value, showing the significance of sensitivity within SWAT-CUP (Gyamfi et al. 2016).

### 2.4 BMP Application Scenarios

Check dams, VFS, tail water ponds, nutrient management, and tillage management BMPs were selected in this study to evaluate their impact on streamflow and water quality at field and watershed scales.

#### 2.4.1 Check Dams

Check dams were simulated using a conceptual pond module in the SWAT model (Arnold et al. 2012). The parameters, fraction of sub-basin draining into pond (PND-FR), surface area of pond when filled to principle spillway (PND_PSA), volume of water needed to fill pond to the principle spillway (PND_PVOL), initial volume of water in pond (PND_VOL), nitrogen settling rate in pond (NSETLP), phosphorous settling rate in pond (PSETLP) and number of days to reach target storage (NDTARG) were adjusted for the evaluation of effect of check dam at the BSRW and SSW, and equivalent ponds of varying dimension and parameters were placed at the outlet of each sub-basins according to the actual length of reach in the respective sub-watershed.
2.4.2 Vegetative Filter Strip

Effect of VFS width in reduction of nutrient yield was simulated by adjusting width of filter strip edge (FILTERW) in SWAT. Filter strip widths of 10, 20 and 30 m were used in this study to evaluate their effect on improving water quality. The fraction of total runoff from entire field entering the most concentrated 10% of vegetative filter strip (VFSCON) was set to 0.5, field area to VFS area ratio (VFSRATIO) was set to 50, and fraction of flow through the most concentrated 10% of channelized VFS (VFSCH) was set to 0 (Waidler et al. 2011).

2.4.3 Tail Water Pond

Tail water ponds were simulated using conceptual pond module in the SWAT model to assess effectiveness of tail water pond at watershed scale. According to actual surface area of existing open water in each sub-basin of the BSRW, equivalent pond areas of varying dimension and parameters were placed at outlet of each sub-basin. For field scale watershed, open water in the SSW was digitized and the surface area of open water was used as an equivalent surface area of the tail water pond that are placed at three sub-basins of the SSW. The average depth of tail water pond was considered to be 3 m (NRCS 1997). The location of the open water in the SSW along with their surface area is shown in Table 1. Effect of tail water ponds in reducing nutrients was evaluated by adjusting parameters: fraction of sub-basin draining into pond (PND-FR), surface area of pond when filled to principal spillway (PND_PSA), volume of water needed to fill pond to the principal spillway (PND_PVOL), initial volume of water in pond (PND_VOL), nitrogen settling rate in pond (NSETLP), phosphorous settling rate in pond (PSETLP), and number of days to reach target storage (NDTARG).

2.4.4 Nutrient Management

Water quality improvement can be achieved through a reduction of excessive nutrient runoff from agricultural watersheds. Nutrient management may include: amount, time, and application method of manure and fertilizers. This study considered reduction in amount of nitrogen and phosphorous application at BSRW and SSW. Most of the fields in the SSW were cultivated with soybean. Since soybean can utilize atmospheric nitrogen required for plant growth, nitrogen fertilizer was not applied during the cultivation period of soybean (Deibert et al. 1979). Effects of fertilizer reduction rates regarding nitrogen and phosphorus loads were assessed for watershed scale study and reduction in only phosphorus loads was assessed for field scale study. Recommended amount of elemental nitrogen and phosphorous was applied to crop field during spring before planting season as a base scenario and other scenarios were developed by reducing the amount of fertilizers by 10%, 20%, and 30% in order to assess their effects in water quality.

| Location and surface area of tail water ponds located in the SSW | Open water | Surface area (hector) | Sub-basin |
|---------------------------------------------------------------|------------|-----------------------|-----------|
| Pond A                                                        | 7.1        | 5                     |
| Pond B                                                        | 1.3        | 12                    |
| Pond C                                                        | 24.5       | 20                    |
2.4.5 Tillage Management

Water quality can be affected by adaptation of tillage managements. Conventional, conservation, and zero tillage management practices were developed using the SWAT model to assess water quality improvements from both field and watershed scales. The depth and mixing efficiency for the tillage operations considered in this study are given in Table 2 (Tripathi et al. 2005).

3 Results

3.1 Calibration and Validation

The $R^2$ and NSE for monthly streamflow calibration of SSW at watershed outlet were 0.77 and 0.64 respectively; and that for validation were 0.81 and 0.72 respectively. Similarly, The $R^2$ and NSE for sediment yield calibration of SSW were 0.72 and 0.59 respectively and that for validation were 0.36 and 0.20 respectively. Likewise, $R^2$ and NSE for TN calibration of the SSW were 0.38 and 0.31 respectively and that for validation were 0.37 and 0.37 respectively. Similarly, $R^2$ and NSE for TP calibration of SSW were 0.50 and 0.31 respectively and that for validation were 0.76 to 0.71 respectively. The comparison of monthly observed and simulated streamflow, sediment yield, TN, and TP along with the calibration/validation statistics are shown in Figs. 2, 3, 4, and 5 respectively. Details of calibration and validation results for streamflow, sediment, TN, and TP at watershed scale (BSRW) was provided in Risal and Parajuli (2019).

3.2 Effect of BMPs at Field Scale

Average reduction in flow, sediment yield, TN, and TP by application of BMPs within the SSW is presented in Table 3.

4 Stovall Sherard Watershed

Check dam BMP reduced streamflow by less than 1%, sediment yield by 5%, TN by 15%, and TP by 11% at the watershed outlet. Similarly, Tail water ponds reduced sediment yield by 5%, TN by 16%, and TP by 15%. Nutrient management had no effect on streamflow, sediment yield and TN as most of the fields in the watershed are cultivated with soybean and nitrogen was not applied to the soybean field (Deibert et al. 1979). Reduction in fertilizer by 10%, 20% and 30% reduced TP by 3%, 6% and 10% respectively.

| Tillage operation     | Tillage depth (mm) | Mixing Efficiency |
|-----------------------|--------------------|------------------|
| Conventional Tillage  | 75                 | 0.5              |
| Conservation Tillage  | 40                 | 0.25             |
| Zero Tillage          | 10                 | 0.05             |

Table 2 Different tillage treatments applied to the SWAT along with tillage depth and mixing efficiency (Tripathi et al. 2005)
Application of VFS widths of 10, 20 and 30 m at the edge of agricultural fields reduced sediment yield by 9%, 11%, and 12%; TN by 71%, 88% and 99%; and TP by 73%, 89% and 99% respectively. Both conservation and zero tillage reduced sediment yield by 1%. On the other hand, conservation tillage increased TN by 10% and reduced TP by 2% while zero tillage increased TN by 25% and had no effect on TP as most of the fields in SSW are covered by soybean and soybean can accumulate phosphorus from soil, which may not be available to dissolve in runoff (Reddy et al. 1999).

4.1 Effect of BMPs at the Watershed Scale

Average reduction in streamflow, sediment yield, TN, and TP by application of BMPs at the BSRW is shown in Table 4.
Check dams at sub-basin outlets of the BSRW had no effect on streamflow but it reduced sediment yield, total nitrogen and total phosphorous at the outlet of the watershed by 12%, 9% and 2% respectively. Tail water pond reduced sediment yield by 27%, TN by 13% and TP by 3% at the outlet of the BSRW. Average reduction in TN and TP were proportional to the reduction in rate of fertilizer applied to the agricultural fields. Nutrient management had no effect on streamflow and sediment yield but had high effect on TN and TP. Reduction in 10%, 20% and 30% of fertilizer application rate reduced TN by 22%, 24% and 26% and TP by 3%, 6% and 8% respectively.

The VFS widths of 10, 20, and 30 m at the edge of agricultural fields reduced sediment yield by 12%, 33%, and 38%, TN by 29%, 74% and 87% and TP by 42%, 89% and 99%

Fig. 4 The comparison of observed and simulated TN concentration at sites D and E of Stovall Sherard Watershed along with the calibration/validation statistics

Fig. 5 The comparison of observed and simulated TP concentration at sites D and E of Stovall Sherard Watershed along with the calibration/validation statistics
respectively at the outlet of watershed. Conservation tillage and zero tillage reduced sediment yield by 1%, and 2% respectively. Conservation tillage increased TN by 14% and TP by 5%; while zero tillage increased TN by 26% and TP by 13% at the watershed outlet.

### 5 Discussions and Conclusion

BMPs applied in this study showed the least effect on streamflow reduction at both field and watershed scales as streamflow is estimated in SWAT using the SCS runoff curve numbers (CN2), which depends mainly on type of soil and land cover data layers but not much affected by management operations (Maharjan et al. 2018; Uribe et al. 2018). However, the BMP had high impact on reduction of sediment and nutrient loads. Among different BMPs, VFS was the most efficient practice in reducing sediment, TN and TP at both field
and watershed scales. Previous studies on effect of VFS on water quality have also showed that it is an effective BMP that can reduce sediment yield by 35% and total phosphorous by 21% (Jang et al. 2017).

Similarly, tail water pond was more effective in reducing TP at field scale than at watershed scale. It was more effective in reduction of sediment yield (27%) and TN (13%) at watershed scale than at field scale (5% and 2%). Previous study showed that tail water pond was successful in reducing sediment yield by up to 20% (Ni and Parajuli, 2018). The ponds applied to other watershed scale model have reduced sediment yield by up to 58% (Zhang and Zhang 2011). The effectiveness of the tail water pond was dependent mainly on the retention time of the pond (Edwards et al. 1999).

Likewise, check dam was more suitable BMP for reduction of TN and TP at field scale and for the reduction of sediment yield at watershed scale. Previous study in the Huangfuchuan basin in China found reduction in runoff and sediment by 24% and 28% during 1990 to 1999 and 65% and 78% reduction during 2000 to 2012 after addition of several check dams (Li et al. 2017). Check dam was found an effective BMP for the retention of nutrients in the watershed along with the reduction in runoff and sediment yield (Mongil-Manso et al. 2019).

Similarly, nutrient management practice reduced TP up to 10% within the SSW but had no effect on sediment yield and TN because most of the fields in the SSW were cultivated with soybean, where fertilizer containing phosphorous were applied (Deibert et al. 1979). Maximum reduction in TN and TP by nutrient management at watershed scale were 26% and 8% respectively at the BSRW outlet. Nutrient management applied to the Haean highland agricultural watershed located in South Korea showed that it is an effective nutrient reduction method as it removed TN from 4.9% to 16.4%; and TP from 0.7% to 7.9% (Jang et al. 2017).

Likewise, the application of conservation and zero tillage operation reduced sediment yield but increased TN and TP from both field scale and watershed scale. Increase in nutrient load was observed due to mixing of applied fertilizer, residual cover crops, and plant residues on the soil surface (Tripathi et al. 2005; Uribe et al. 2018). Conventional tillage thoroughly blends nutrients like nitrogen and phosphorous available on the surface of the soil and thus cannot be dissolved easily in the surface runoff after the occurrence of major rainfall event but conservational and zero tillage helps in dissolving these nutrients in surface runoff producing higher nutrient loads at watershed outlet. Several studies related to effect of different tillage operations on nutrient load have obtained similar results of higher nitrogen and phosphorous loads under conservation tillage than conventional tillage ( McDowell and McGregor 1980; Alberts and Spomer 1985; Tripathi et al. 2005).

Performance of BMPs at field and watershed scale had varying reduction rate for hydrology and water quality parameters such as streamflow, sediment, and nutrient loads. The sources of error may be associated with the resolutions of DEM, LULC data, and model parameters obtained during model calibration. 30 m resolution DEM was applied to the watershed scale model while 10 m resolution DEM was applied to the field scale model. The field scale model for the SSW was developed because the watershed scale BSRW model was not able to simulate the watershed process and management activities at field scale. Moreover, the BSRW with a drainage area of 10,500 square kilometers had comparatively higher variety of land use type, soil and slope than the SSW with a drainage area of 120 square kilometers. Likewise, field scale SWAT is calibrated for sediment yield and nutrient loads at small field plots whereas watershed scale SWAT was calibrated at the outlet of sub-basins that drains larger area than area of entire SSW. Similarly, crop land data obtained from USDA NAAS was applied to the watershed scale SWAT; whereas the
LULC data layer obtained by reclassifying Landsat images from 2014 to 2018 was applied to the field scale because of its accuracy at small scale.

Both field and watershed scale SWAT can estimate the reduction potential of individual BMPs. Results obtained from this study will provide a broad idea to other modelers and watershed decision makers for water management by evaluating the effects of BMPs for reduction of surface runoff, sediment, and nutrient yields at both field and watershed scale.

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Authors Contributions AR developed models, analyzed model outputs, and drafted the manuscript.

PP developed the conceptual framework of research, obtained financial support for research, and reviewed the manuscript.

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Declarations

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Consent to Participate Authors have consent to participate in the publication process.

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Competing Interests Authors don’t have any competing interests.

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