ORIGINAL ARTICLE

Quantification and gene expression of *Lactobacillus casei* group species associated with dentinal lesions in early childhood caries

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Received 3 June 2019; revised 15 January 2020; accepted 19 January 2020
Available online 30 January 2020

KEYWORDS
Dental caries; Child; RNA

Abstract Background: Considering that the *Lactobacillus casei* group is strongly associated with caries progression, the use of lactobacilli as probiotics must be balanced due to their possible involvement in dental caries.

Objective: This study aimed to detect and quantify *L. paracasei*, *L. rhamnosus*, and *L. casei* group species in the active and arrested dentinal lesions of preschoolers. It also aimed to determine the expression profiles of lactobacilli genes related to adhesion, extracellular polymeric substance regulation, and pyruvate oxidation.

Methods: Total ribonucleic acid (RNA) was extracted from dentinal lesion samples (25 active, 13 arrested) of children between 2 and 5 years of age. The samples were converted to complementary
1. Introduction

Dental caries is a polymicrobial biofilm-mediated disease (Fejerskov, 2004; Philip et al., 2018) resulting from a dysbiosis caused by frequent sugar consumption (Mira, 2018; Solbiati and Frias-Lopez, 2018; Zhan, 2018). It presents globally (Gao et al., 2016; Tanner et al., 2016) as one of the most common chronic childhood diseases (Jiang et al., 2014; Simón-Soro and Mira, 2015). Early childhood caries (ECC) affects children between 0 and 6 years of age and is a serious public health problem due to its early beginning, rapid clinical development, high treatment cost, and negative effects on preschool children's quality of life (Li et al., 2015; Colombo et al., 2017).

Low levels of Streptococcus mutans have been found in dentinal lesions, despite the recognition of its pathogenicity in dental caries (Aas et al., 2008; Simón-Soro et al., 2014). Similar prevalence and quantification of S. mutans have previously been reported in active and arrested dentinal lesions (Bezerra et al., 2016), suggesting that S. mutans may play an accessory role in dentinal caries progression. Lactobacillus spp., a late colonizer that is not necessary for caries initiation (Young and Featherstone, 2013; Obata et al., 2014; Takahashi and Nyvad, 2016), has been frequently detected in ECC, being more closely related to dentinal caries lesions than to enamel lesions (Badet and Thebaud, 2008; Li et al., 2015; Shimada et al., 2015; Mitrakul et al., 2017) and more numerous in children with ECC than in cavity-free children (Ledder et al., 2018). The L. casei group (a closely related taxonomic group) formed by L. rhamnosus, L. casei, and L. paracasei (Hill et al., 2019) is a predominant group in the biofilms and dentin lesions of children with ECC (Badet and Thebaud, 2008; Neves et al., 2017), and the L. rhamnosus and L. paracasei species seem to be present at all caries stages of deep carious lesions in deciduous molars (Kneist et al., 2010).

The Lactobacillus casei group is studied mainly due to its marketing, industrial, and health potential (Salvetti et al., 2012), and clear support was recently found for the short-term persistence of Lactobacillus in the saliva microbiome, showing that the ingestion of commercially accessible probiotics may affect the diversity and constitution of the saliva microbiome (Dassi et al., 2018). In addition, several L. paracasei and L. rhamnosus strains, which are used to ferment dairy products and have been widely studied as probiotics, are capable of surviving in the oral cavity (Smokvina et al., 2013; Toh et al., 2013; Surachat et al., 2017; Coqueiro et al., 2018; Pahumonto et al., 2019; Zaura and Twetman, 2019). L. rhamnosus is the most widely used and clinically researched L. casei group probiotic for caries prevention, followed by L. paracasei (Lebeer et al., 2007; Silva et al., 2008; Twetman and Keller, 2012; Caletti et al., 2013; Seminario-Amez et al., 2017; Coqueiro et al., 2018; Pahumonto et al., 2019; Zaura and Twetman, 2019). However, although lactobacilli present a very restricted capacity to inhabit the healthy human oral cavity, it has been suggested that they might colonize cavity lesions and cause caries (Twetman and Keller, 2012), inducing mineral loss, especially in dentinal cavities, and contributing to in vitro caries processes (Schwendicke et al., 2014). This demonstrates that probiotic species can also be cariogenic under peculiar growth circumstances, such as low pH (Vuotto et al., 2014). Bacteria from the L. casei group can ferment glucose and produce lactic acid, and, depending on the pH, lactate can be metabolized into ethanol, acetic acid, and CO₂ (Sharpe, 1979; Salvetti et al., 2012). Beyond acid production, the L. casei group species have a high tolerance for low pH (Obata et al., 2014) and H₂O₂ production when the spaB gene catalyzes pyruvate oxidation (Zotta et al., 2014; Savo Sardaro et al., 2016; Li et al., 2017). Furthermore, L. paracasei and L. rhamnosus play a role in microbial adhesion and biofilm formation, binding to mucin, collagen, and cultured epithelial cells (Lebeer et al., 2012; Smokvina et al., 2013; Toh et al., 2013; Miljkovic et al., 2015). These bacteria have genes related to transport and carbohydrate metabolism, biosynthesis of extracellular polysaccharides (EPS), production of bacteriocins, and pili (Toh et al., 2013; Ceapa et al., 2016). The protein pilin is encoded by genes (including spaC and spaE) related to adhesion, and the wzb gene is involved in the regulation of EPS synthesis (von Ossowski et al., 2010; Lebeer et al., 2012; Nadkarni et al., 2014; Rintahaka et al., 2014; Miljkovic et al., 2015). L. paracasei and L. rhamnosus have high capacity for adhesion, but few details are known about the adhesion mechanism of these bacteria in dental caries (Piwat et al., 2015; Ciandrini et al., 2017).

In this context, the consumption of lactobacilli probiotics based on the claim that they provide health benefits needs to
be pondered, considering their possible contribution to dental caries when associated with sugar intake. It is hypothesized that species of *Lactobacillus* are associated with dental caries, especially in ECC, and have specific genetic elements that enable adhesion, biofilm formation, and production of biofilm agents, thus modulating caries activity processes. Therefore, the objective of this study was to detect and quantify 1) the metabolically active cells of the *L. casei* group and the *L. paracasei* and *L. rhamnosus* species and 2) the expression of the *spaC*, *spxB*, *spaE*, and *wzb* genes of *L. paracasei/casei* and *L. rhamnosus*, respectively, in the active and arrested dental caries lesions of children with ECC.

2. Materials and methods

2.1. Study population and sample collection

The dentin samples used in this study were derived from a previous study (Bezerra et al., 2016), in which informed consent was obtained from the legally responsible parents, guardians, or custodians of the children after the research protocol was approved by the Ethics Committee of the Federal University of Ceará (protocol no. 548.405). The use of the stored samples was authorized by the Research Ethics Committee of the Federal University of Ceará (protocol no. 3.227.777).

In sum, a group of 32 children aged between 40 and 71 months from four public schools in Fortaleza (Ceará, Brazil) were diagnosed with ECC and selected according to the inclusion criteria: presence of a minimum of one cavitated dental carious lesion with visible dentin in teeth with pulpal health, assessed by clinical and radiographic exams. Patients who had any health problems, were not cooperative during clinical examination, or had used antibiotics 3 months before the study were excluded (Bezerra et al., 2016). The carious dentin samples were collected and rapidly transported to sterile RNase-free microtubes (Axygen, Union City, CA, USA), in which they were combined with ribonuclease acid (RNA) stabilization reagent (RNAlater™, Ambion Inc., Austin, TX, USA) for 18 h (at 4 °C), following the manufacturer's specifications. Prior to RNA extraction, the microtubes remained at −80 °C.

2.2. RNA extraction and purification

The dentin samples were processed according to the method described by Bezerra et al. (2016). Briefly, all the samples were thawed, centrifuged (11,000 × g/1 min/4 °C), and transferred to cryogenic tubes containing 0.16 g of zirconia beads (0.1 mm in diameter) (Biospec Products, Bartlesville, OK, USA) for mechanical disruption in a mini-beadbeater (BioSpec Products). Supernatants (350 µl) were submitted to RNA extraction using RNeasy Mini Kit™ (Qiagen, Valencia, CA, USA) in accordance with the manufacturer’s guidance. Subsequently, genomic deoxyribonucleic acid (DNA) was removed using Turbo™ DNase (Applied Biosystems, Ambion, Austin, TX, USA), and the RNA solution was cleaned using the RNeasy Minelute™ CleanUp Kit (Qiagen, Dussel, Germany). Measurements of RNA concentration (*A*260/A230) and purity (*A*260/A230) were determined by absorbance ratios obtained in a spectrophotometer (Nanodrop 2000c, Thermo Scientific, Wilmingtont, DE, USA).

2.3. cDNA synthesis

The complementary DNA (cDNA) was synthesized from the RNA using the iScript™ cDNA Synthesis Kit (Bio-Rad, Hercules, CA, USA). Reverse transcription reactions were prepared with 6 µl of 5x iScript reaction mix, 1 µl of iScript reverse transcriptase, 1 µg of purified RNA, and RNase-free water in a sufficient amount to yield a final volume of 30 µl. The reaction cycle (5 min at 25 °C, 120 min at 42 °C, and 5 min at 85 °C) was carried out in a thermocycler (Veriti™, Applied Biosystems, Foster City, CA, USA) (Bezerra et al., 2019). Afterward, the cDNA concentration for each sample was normalized to obtain a concentration of 10 ng/µl and then reserved at −20 °C.

2.4. Design of the primers

We designed specific primers for the expression of genes (*spxB* and *spaC*) from *Lactobacillus casei/paracasei*, using Primer3 (http://biotools.umassmed.edu/bioapps/primer3_www.cgi) and BLAST® (https://blast.ncbi.nlm.nih.gov/Blast.cgi). Gene sequences (Table 1) were deposited in the GenBank (https://www.ncbi.nlm.nih.gov/genbank/). The other genes used in this analysis (*spaE* and *wzb*) were previously described by Nadkarni et al. (2014).

All the primers used in this research (Table 2) were synthesized by Exxtend (Campinas, São Paulo, Brazil); they were analyzed in the BLAST® and Netprimer® (https://www.pre-miernbio.com/netprimer/) target, and the specificity was then confirmed experimentally with polymerase chain reaction (PCR) reactions. The individual standardization for the reactions of the primers was performed with genomic DNA obtained with strains of culture collections being positive controls (*L. paracasei* for the primers in Table 1 and *L. rhamnosus* to *spaE* and *wzb*). Amplifications were made in volumes of 25 µl with 200 µM of deoxyribonucleotide triphosphates (dNTPs), 2.5 mM of MgCl2, 0.3 µM of each primer, 1.25 U of Taq DNA polymerase (Invitrogen, Carlsbad, CA, USA), and approximately 10 ng of genomic DNA, using a thermocycler (Veriti™, Applied Biosystems). All the primers were tested in accordance with the preliminary patterns for ideal thermal condition determinations (Table 3): DNA denaturation at 95 °C for 5 min, 35 cycles at 95 °C for 30 sec, primer hybridization at 55 °C for the primers in Table 1), 58 °C for (*spaE* and *wzb*), and 60 °C for (*L. casei* group, *L. paracasei* and *L. rhamnosus* primers) for 30 sec, extension at 72 °C for 30 sec, and conclusion of the process at 72 °C for 5 min. Tris-borate-EDTA buffer on 2% agarose gel was used for separating the PCR products by electrophoresis, and staining agent ethidium bromide (0.5 µg/ml) was employed for visualizing the bands under ultraviolet (UV) light (Gel Logic 100 Imaging System, Kodak, Tokyo, Japan). For a well-defined examination of all the bands, a 100 bp DNA ladder (Invitrogen, Carlsbad, CA, USA) was included on each gel.

2.5. Quantitative PCR

Quantitative PCR (qPCR) assays were performed both to quantify the 16S rRNA genes of *L. rhamnosus*, *L. paracasei*, and *L. casei* group species (Furet et al., 2004) and to assess the levels of expression of the *spaC*, *spaE*, *spxB*, and *wzb* genes.
Assays of qPCR were also used to determine the ideal concentration and efficiency of all the primers used in this study. Standard curves used serial dilutions from 400 ng to 0.0004 ng (detection limit) (10-fold) of genomic DNA extracted from *L. paracasei* ATCC 335 and *L. rhamnosus* ATCC 53103. Standard amplification and melting-point curves were obtained for all the primer sets. The qPCR conditions are specified in Table 3.

The qPCR assays were made in duplicate in a MicroAmp® Fast Optical 48-Well Reaction Plate (Applied Biosystems, Ambion, Austin, TX, USA) covered with optical adhesive film (Applied Biosystems) in a StepOne™ Real-Time PCR System (Applied Biosystems). All the reaction mixtures (10 µl) contained 5 µl of Power SYBR™ Green PCR Master Mix (Applied Biosystems), nuclease-free water (3.4 µl), each forward/reverse primer (0.3 µl), and 1 µl of cDNA (10 ng/µl) or 1 µl of genomic DNA individually placed into the respective wells of a 48-well plate. The final analyses were obtained from the means of the two duplicates. The negative control consisted of reactions without the template. After the final qPCR cycle, analysis of the cycle threshold (CT) values, melting temperature (Tm) values, melting curve, and standard curve (correlation coefficient, R², and efficiency %) was conducted for all the amplified samples. For all the bacteria, samples with CT values above the detection limit were considered positive.

### Table 1

| Gene | Locus tag | Description | Primer | Sequence 5'-3' | Product (bp) |
|------|-----------|-------------|--------|----------------|--------------|
| spxB | LBPG_02063 | pyruvate oxidase | spxB Lbp For | GTGCCGACGTTATTTCTTG | 200 |
|      |           |             | spxB Lbp Rev | ATCACAACAACGAGCTTC | |
| spaC | LBPG_02639 | pilus specific protein | spaCL Lbp For | GGTAGGGGAAAGCGTACT | 202 |
|      |           |             | spaCL Lbp Rev | CGGTGACGACTTACC | |

### Table 2

| Target or genes | Sequence (5'-3') | References |
|-----------------|------------------|------------|
| *Total Bacteria* | F: TCCTACGGGAGGCAGCAGT R: GGACTACCAGGGTATCTAATCCTGTT | (Nadkarni et al., 2002) |
| L. casei group* | F: GCGGACGGGTGAGTAACACG R: GCTTACGCCATCTTCAAGCCAA | (Furet et al., 2004) |
| L. paracasei* | F: GTGCCTTGCACCGAGATCACTAC | (Furet et al., 2004) |
| L. rhamnosus* | F: GTGCCGACGTTATTTCTTG R: TGGGCTTCGATCTGATTCG | (Furet et al., 2004) |
| spxB | F: GTGCCTGACCTGATTTAATTTT R: TGCGTGTCTGATCTGACTTCG | (This study) |
| spaC | F: GGTACGGGAAGACGCTAT R: CGGTGACGACTTACC | (This study) |
| wzb | F: CTTGACCGCTGCATCATCTCCT R: CGGATACCCGCTAGGTTAGA | (Nadkarni et al., 2014) |
| spaE | F: TGGCGCGTCAATTACACAAA R: TATGACCGTGAAGCAGC | (Nadkarni et al., 2014) |

* 16S rDNA.

### Table 3

| Genes | Thermal conditions | Pre-heating | Denaturation | Annealing | Elongation | Cycles |
|-------|-------------------|-------------|--------------|-----------|------------|--------|
| *L. rhamnosus* | 50 °C, 2 min/ 95 °C, 10 min | 95 °C, 15 sec | 60 °C, 30 sec | 60 °C, 30 sec | 40 |
| *L. paracasei* | 95 °C, 10 min | 95 °C, 15 sec | 60 °C, 30 sec | 60 °C, 30 sec | 40 |
| L. casei group* | 95 °C, 15 min | 95 °C, 15 sec | 55 °C, 30 sec | 60 °C, 60 sec | 40 |
| spaC | 95 °C, 15 min | 95 °C, 15 sec | 58 °C, 30 sec | 60 °C, 60 sec | 40 |
| spxB | 95 °C, 15 min | 95 °C, 15 sec | 58 °C, 30 sec | 60 °C, 60 sec | 40 |
| spaE | 95 °C, 15 min | 95 °C, 15 sec | 58 °C, 30 sec | 60 °C, 60 sec | 40 |

* Not determined in this study.
This research were equally expressed in active and arrested active dentinal lesions, as illustrated in Fig. 2. The proportion of the metabolically active community in dentinal caries was also significantly higher in active dentinal lesions than in inactive dentinal lesions (Fig. 1). In addition, the proportion of the L. casei group, L. paracasei, and L. rhamnosus in relation to the total bacteria, and the gene expression profiles of spaC, spxB, and spaE.

3. Results

The results showed that L. paracasei and L. rhamnosus are part of the metabolically active community in dentinal caries lesions of children with ECC, since L. paracasei, L. rhamnosus, and L. casei group species were detected in all the samples, regardless of the lesion type. In addition, L. paracasei (p = 0.001), L. rhamnosus (p = 0.022), and L. casei (p = 0.004) group species were more abundant in active dentinal lesions than in inactive dentinal lesions (Fig. 1).

The proportion of L. paracasei (p = 0.022), L. rhamnosus (p = 0.009), and L. casei group species (p = 0.018) in relation to the total bacteria (TB) load was also significantly higher in active dentinal lesions, as illustrated in Fig. 2.

The spaC and spxB genes from the L. paracasei designed in this research were equally expressed in active and arrested lesions (p > 0.05) (Fig. 3). The spaE gene from the L. rhamnosus was also equally expressed in both types of lesions (p > 0.05), but the wzb gene exhibited greater expression in active lesions than in arrested lesions (p = 0.006) (Fig. 4).

4. Discussion

The current results corroborate those of previous studies, which have revealed that L. rhamnosus, L. paracasei, and L. casei group species are frequently isolated from dentine sites in ECC (Švec et al., 2009; Caufield et al., 2015; Takahashi, 2015), as they are part of the metabolically active bacteria in dentinal caries and probably related to caries progression (Kneist et al., 2010). Caries progression is associated with the increase in disease severity and the frequency of biofilm acidification due to pH reduction (Obata et al., 2014; Takahashi and Nyvad, 2016). Increased dental biofilm acidification results in the proliferation of acidogenic and acidogenic/aciduric strains (such as the L. casei group) in an adaptive manner and the suppression of acid-sensitive species (Jiang et al., 2014; Caufield et al., 2015).

In this research, a greater abundance of L. rhamnosus, L. paracasei, and L. casei group species was observed in active dentinal lesions than in arrested dentinal lesions; this was previously demonstrated in the case of the L. casei group (Neves et al., 2017) when DNA analyses were performed. These microorganisms ferment glucose, producing lactic acid (Sharpe, 1979; Salvetti et al., 2012), which is the dominant acid in active dentinal lesions, and causing the low pH levels found (Hojo et al., 1994; Takahashi and Nyvad, 2016). By contrast, arrested dentinal lesions exhibit a weakly acidic pH, which can be related to the lower quantities of L. paracasei, L. rhamnosus, and L. casei group species in these lesions (Shimada et al., 2015; Takahashi and Nyvad, 2016).

The use of probiotics strains, especially L. rhamnosus and L. paracasei, has been identified as beneficial in maintaining oral health, playing an important role as an antagonistic agent for S. mutans growth (Twetman and Keller, 2012; Cagetti et al., 2013; Seminario-Amez et al., 2017; Coqueiro et al., 2018; Pahumunto et al., 2019). However, with the current concept of caries being the result of a dysbiosis, the eradication of a particular bacterial group, even one consisting of bacteria that are considered pathogens, would not be meaningful (Zaura and Twetman, 2019). In addition, clinical data are considered insufficient to demonstrate that such bacterial interference can be effective in controlling dental caries (Twetman and Keller, 2012; Cagetti et al., 2013; Seminario-Amez et al., 2017; Coqueiro et al., 2018). The inefficacy of bacteriotherapy may be due to the S. mutans associated with the caries rise; meanwhile, lactobacilli are opportunistic and are favored by the acidic environment created at the beginning of the lesion because they are more aciduric than S. mutans (Takahashi and Nyvad, 2011). Thus, in vitro studies where these microorganisms are grown together would seem to be an inappropriate way of testing the probiotic effects of Lactobacillus in control-
ling dental caries (Twetman and Keller, 2012), particularly in dentinal caries.

It is worth highlighting that infections such as abscesses related to *L. paracasei* and *L. rhamnosus* have been reported (Salminen et al., 2004; Burns et al., 2007; Chan et al., 2010; Sherid et al., 2016; Pararajasingam and Uwagwu, 2017; Harding-Theobald and Maraj, 2018), albeit rarely, demonstrating *Lactobacillus* as opportunistic pathogens.

The *in vitro* inhibitory activity presented by strains of *L. rhamnosus* and *L. paracasei* in decreasing streptococci (*S. mutans* and *S. oralis*) biofilm formation (Ciandrini et al., 2017) may be related to the production and delivery of hydrogen peroxide (H$_2$O$_2$), which is an interspecific competition mechanism in oral biofilms (Reis et al., 2012; Zhu et al., 2014). In this study, the *spxB* gene was expressed in dentinal lesions, but although it presented a numerical trend toward greater expression in active lesions, no statistically significant difference was observed between arrested and active dentinal lesions. This might be as a result of the conditions for both types of lesion, since this gene catalyzes the transformation of pyruvate to acetyl phosphate, CO$_2$, and H$_2$O$_2$ in aerobic environments (Zotta et al., 2014; Zhu et al., 2014). Moreover,
a recent study concluded that dental caries progression seems to be related to *Lactobacillus* spp. strains that are not capable of producing \( \text{H}_2\text{O}_2 \) and that the \( \text{H}_2\text{O}_2 \) released by *Lactobacillus* strains acts antagonistically toward mutants streptococci (Szkaradkiewicz-Karpinska et al., 2018). Expression of *spxB* has been suggested to play an active role in the biofilm physiology (Zotta et al., 2014), preventing the growth of other bacterial species by inhibiting DNA synthesis via \( \text{H}_2\text{O}_2 \).

The adhesion mechanism mediated by the *spaC* pilus in *L. paracasei* and *L. rhamnosus* is the major binding factor to mucus and collagen, stimulating biofilm formation for these bacteria (Lebeer et al., 2012; Toh et al., 2013; Tripathi et al., 2013; von Ossowski et al., 2013). Thus, the function of the pilus is essentially to facilitate cell adhesion to the “first contact” (von Ossowski et al., 2010; Rintahaka et al., 2014). The *spaC* gene was equally expressed in active and arrested lesions, suggesting that this surface component employs the same mechanism of adhesion for both types of dental lesions (arrested and active). No relationship can be suggested between the *spaC* and *spaE* genes, which encode the protein pilin, in *Lactobacillus* and the caries activity in dentinal lesions.

Although low values of *wzb* gene expression were presented, a higher *wzb* expression in active dentinal lesions than in arrested dentinal lesions was recorded. It can be hypothesized that the regulation of EPS biosynthesis (Lebeer et al., 2007; Nadkarni et al., 2014), which is the function of this gene, is more crucial in active lesions. This result was expected because the presence of simpler biofilms is more associated with caries arrestment processes (Cury and Tenuta, 2009; Maltz et al., 2010). Furthermore, it is important to note that inverse processes are related to active lesions, since caries progression is strongly associated with dental biofilm presence (Wolff and Larson, 2009). Research using clinical isolates of *L. rhamnosus* from dental pulp infection has shown that the silencing of *wzb* expression resulted in the largest reduction in biofilm formation and that the *L. rhamnosus* biofilm is strongly modulated by environmental factors, such as low pH (Lebeer et al., 2007; Lebeer et al., 2012; Nadkarni et al., 2014), commonly found in active dentinal lesions (Hojo et al., 1994).

An important limitation of this study was to distinguish the *L. paracasei* from the *L. casei* species using the *spaC* and *spaB* genes, since *in silico* comparisons revealed the alignment of both species with these genes. However, although no dietary data was collected, this study demonstrated that genes described in probiotic strains (Lebeer et al., 2007; von Ossowski et al., 2010; Rintahaka et al., 2014; Savo Sardaro et al., 2016) are expressed in isolated clinical strains of *L. paracasei* and *L. rhamnosus*. Thus, it is possible that microorganisms from dairy/probiotic products can survive in the mouth (Wolff and Larson, 2009) and eventually become associated with caries progression.

5. Conclusion

The *L. casei* group and the *L. paracasei* and *L. rhamnosus* species are part of the metabolically active community of the dentinal caries of children with ECC and are related to caries activity. The higher *wzb* gene expression in active lesions may be associated with the higher activity of microorganisms present in lesions with progressive caries processes.

**Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

**Acknowledgements**

The authors thank the Professors Dr. José Roberto V. Silva and Rodrigo Maranguape S. da Cunha for technical assistance.

**Funding**

This research was supported by the Brazilian National Council for Scientific and Technological Development (CNPq) [Process #475346/2011-4MCT/CNPq 14/2011].

**Appendix A. Supplementary material**

Supplementary data to this article can be found online at https://doi.org/10.1016/j.sdentj.2020.01.006.

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