Investigation into Groundwater Resources in Southern Part of the Red River’s Delta Plain, Vietnam by the Use of Isotopic Techniques

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Abstract: Groundwater in the Red River’s delta plain, North Vietnam, was found in Holocene, Pleistocene, Neogene and Triassic aquifers in fresh, brackish and saline types with a total dissolved solids (TDS) content ranging from less than 1 g L⁻¹ to higher than 3 g L⁻¹. Saline water exists in Holocene aquifer, but fresh and brackish water exist in Pleistocene, Neogene and Triassic aquifers. This study aims at the investigation into genesis and processes controlling quality of water resources in the region. For this isotopic, combined with geochemical techniques were applied. The techniques include: (i) measurement of water’s isotopic compositions (δ²H, δ¹⁸O) in water; (ii) determination of water’s age by the ³H- and ¹⁴C-dating method, and (iii) chemical analyses for main cations and anions in water. Results obtained revealed that saline water in Holocene aquifer was affected by seawater intrusion, fresh water in deeper aquifers originated from meteoric water but with old ages, up to 10,000–14,000 yr. The recharge area of fresh water is from the northwest highland at an altitude of 140–160m above sea level. The recharge water flows northwesterly towards southeasterly to the seacoast at a rate of 2.5m y⁻¹. Chemistry of water resources in the study region is controlled by ferric, sulfate and nitrate reduction with organic matters as well as dissolution of inorganic carbonate minerals present in the sediment deposits. Results of isotopic signatures in water from Neogene, Triassic and Pleistocene aquifers suggested the three aquifers are connected to each other due to the existence of faults and fissures in Mesozoic basement across the delta region in combination with high rate of groundwater mining. Moreover, the high rate of freshwater abstraction from Pleistocene aquifer currently causes sea water to flow backwards to production well field located in the center of the region.

Keywords: isotopic techniques; water isotopic signature; ³H- and ¹⁴C-dating; saltwater intrusion; Red River’s delta; Vietnam

1. Introduction

The Red River Delta plain (RRDP), covering an area of approximately 15,000 km² is situated across the northern part of Vietnam and is one of the two most productive deltas in the country. In RRDP, water is used for irrigation, industrial and domestic purposes, out of which irrigation consumes around 95% of the 83.031 km³ annual production [1]. In the RRDP, groundwater is the main source of domestic usage water. Reports state that the groundwater storage capacity of the RRDP is over 23 billion m³,
out of which, roughly 20% is located in the southern part, i.e., Thai Binh, Nam Dinh and a part of the Ninh Binh provinces [2,3].

Groundwater in the RRDP was found in four aquifers, namely in Holocene (qh), Pleistocene (qp), in the fissured basement rock Neogene (n) and Triassic (t) aquifers [3,4]. The origin and chemistry of groundwater in entire RRDP were studied by a number of researchers, e.g., Luu et al. [5] and Nguyen et al. [6,7]. Groundwater in the RRDP was classified into three types: fresh, low saline and high saline [5,7]. Vietnamese hydrogeologists have drawn conclusions that fresh groundwater recharges across mountainous areas in the northwest (NW) and discharges in the southeast (SE) into the sea. This hypothesis is based on the topography of the Delta without any conclusive evidence [3].

The aims of this study are to elucidate the genesis of groundwater, to determine recharge area, to estimate flow rate of the recharged water and to provide evidences proving hydro-geochemical processes controlling quality of groundwater in the southern part of the RRDP by isotopic and related techniques.

1.1. Study Site

The study site encompasses the southern RRDP that comprises a part of Thai Binh, Nam Dinh and Ninh Binh provinces (Figure 1).

![Figure 1](image_url)

**Figure 1.** Map showing the study site: southern part of the Red River’s Delta plain: Thai Binh, Nam Dinh, and Ninh Binh provinces; sampling locations for groundwater of Holocene aquifer (●points), surface water (▼points); saline-brackish-fresh water boundary; and isolines of water hydraulic head of groundwater in Pleistocene (qp) aquifer.

The study site occupies an area of 4600 km² where 4.848 million habitants are residing [8]. The climate in the study region is sub-tropical with a rainy season from May to October and a dry season from November to April. During the rainy season, precipitation ranges from 1400 to 1750 mm and from 150 to 300 mm during the dry season. The potential annual evaporation in the region is in
the range of 700–800 mm [9]. The monthly average temperature varies between 16 °C and 35 °C with the lowest temperature in January and the highest in July [9].

1.2. Geology and Hydrogeology of the Study Site

The geology and hydrogeology of the study site drawn for a NW-SE oriented cross-section AB (Figure 1) is shown in Figure 2.

![Figure 2. Geological setting of the study region drawn for the transect AB. See explanations for the sequence of the geological formation in the text.](image)

The Red River Delta plain sediments consist of Holocene, Pleistocene and Neogene deposits [3]. Holocene deposits in study region are found from elevation of +2 m to −15 m (layer #1, Figure 2) and contain alluvial sediments and fine sand with disseminated wood debris as well as biogenic calcite such as shells and carbonate mud, etc. [10]. The Holocene sediment layer forms the Holocene unconfined aquifer (qh) where water exists within sediment pores [2,3]. Below Holocene deposit there is a silty-clay layer of Holocene and Pleistocene with a thickness up to 100 m (layers #2 and #3, Figure 2) that forms an aquitard, a low permeable clay layer, to separate the Holocene aquifer from deeper aquifers. Following aquitard, in the NE area there are medium to coarse fluvial and marine sediment deposits, but in the SW area there are silty and fine to medium grained marine sand deposits of Pleistocene with a thickness up to 75 m (layer #4, Figure 2). The NE and SW areas were presumably separated from each other by boundary between blue and light brown color areas in the Nam Dinh province (Figure 1). The NE area comprises the northern part of Nam Dinh and Thai Binh provinces. The SW area comprises the southern part of Nam Dinh province and a part of Ninh Binh province (Figure 1).

The sediment in Pleistocene deposit contains disseminated fragments of organic materials like wood remnants as well as biogenic carbonate such as shells, skeletal debris, etc., [10]. The porous water in Pleistocene sediment layer forms Pleistocene (qp) confined aquifer [2,3]. The underlying Neogene silt and sandstone deposits are located from 120 to 130m to 220–230m below the surface (layer #5, Figure 2). The water existing in the Neogene formation forms the Neogene water bearing layer or Neogene (n) aquifer. The Mesozoic stone basement is located from 230m below the ground surface (layer #7, Figure 2).

Data of drilling works combined with geophysical measurements revealed that the Mesozoic block #6 and #7 comprises of 4 zones: uplifted, moderate depressed, depressed and active depressed ones that created Ninh Binh, Song Hong, Nam Dinh, Song Chay and Vinh Ninh faults oriented from NW towards SE. In each zone, it was observed also uplifted and depressed subzones that created from seaside to inland Hai Hau, Xuan Truong and Yen Khanh faults oriented from SE towards NE. All the faults as well as fissures formed during the tectonic activities had created channels allowing recharge water from mountainous region in the uplifted zone in the SW to leak up to the Neogene and Quaternary formations. The water in fractured Mesozoic rocks basement constitutes Triassic (t) water zone (layers #6 and #7, Figure 2).
1.3. Hydrology in the Study Region

The river network of the study region is very dense. Almost 3% of the land area is covered by rivers and irrigation canals [11]. The main rivers flowing through region are Red River and Day River (Figure 1). Dao and Ninh Co Rivers (Figure 1) are tributaries of Red River that have been man-made during the Tran’s Dynasty in the thirteenth century to control floods during the rainy season and for irrigation purposes in the dry season. Red River annually discharges 119,837 km$^3$ of water into the Ton Kin Gulf, and discharge from Day River is 1848 km$^3$, annually [12].

The tidal regime in the region is diurnal with a level ranging from 2.6 to 3.6 m as recorded at Quang Phuc hydrological monitoring station, around 50 km NE of the mouth of Red River [13].

2. Methods

In this study, isotopic techniques combined with chemical analyses of the ionic contents of local precipitation, water from the Red River and groundwater samples, are applied. Results of chemical analyses give an insight into geochemical processes controlling quality, while isotopic techniques provide evidences to verify the mechanisms behind geochemical processes as well as genesis and flow pattern of groundwater. The isotopic techniques used in this study include: (1) tritium ($^{3}H$) and carbon-14 ($^{14}C$) dating to verify recharge areas, the patterns of groundwater flows and to estimate the flow rate of recharge water; (2) determination of isotope composition of hydrogen ($^{2}H$) and oxygen ($^{18}O$) in water to delineate the hydraulic interaction between local precipitation and groundwater and the inter-connection between aquifers, as well as to examine the recharge area; (3) determination of isotope composition of carbon ($^{13}C$) of dissolved inorganic carbon (DIC) to evaluate the type of mineralization of groundwater existing during water seepage and recharge conditions. All these approaches were successfully applied in hydrogeological studies worldwide, e.g., in [14–20].

During the water cycle, isotope composition of hydrogen and oxygen in water will be changed due to the isotopic fractionation effect. The extent of the fractionation during phase transformation was expressed in delta notation as follows:

$$\delta^{2}H = \left(\frac{R_{2H,Sample}}{R_{2H,Std}} - 1\right) \times 1000$$  \hspace{1cm} (1)

$$\delta^{18}O = \left(\frac{R_{18O,Sample}}{R_{18O,Std}} - 1\right) \times 1000$$  \hspace{1cm} (2)

where: $R_{2H,Sample}$, $R_{2H,Std}$, $R_{18O,Sample}$, $R_{18O,Std}$ are the isotopic ratios of [$^{2}H$]/[$^{1}H$] and [$^{18}O$]/[$^{16}O$] in water samples and standard, respectively. The delta notation is expressed in per mil (%o).

The standard used in these analyses is Vienna Standard Mean Ocean Water 2 (VSMOW2) supplied by the Isotopes Hydrology Laboratory of International Atomic Energy Agency (IAEA IHL) based in Vienna.

The fractionation of stable carbon isotope in DIC due to geochemical processes, e.g., isotopic exchange between atmospheric $CO_{2}$ and biogenic carbon dioxide released from plants’ roots respiration, as well as dissolution of carbonate, etc., which occur during seepage of water in the unsaturated zone was characterized by delta notation as follows:

$$\delta^{13}C = \left(\frac{13R_{DIC, sample}}{13R_{std}} - 1\right) \times 1000$$  \hspace{1cm} (3)

Standard used in this analysis is IAEA-603, which is calcite minerals supplied by the IAEA IHL.

At the global scale the relationship of $\delta^{2}H$ vs. $\delta^{18}O$ for precipitation will follow a so-called Global Meteorological Water Line (GMWL) [21]:

$$\delta^{2}H = 8 \times \delta^{18}O + 10$$  \hspace{1cm} (4)
At the regional scale, the slope and intercept of Equation (4) are much dependent upon the conditions under which the water was yielded, so for assessing the origin of groundwater of a certain region using water isotopic signatures ($\delta^2$H and $\delta^{18}$O), regional meteoric water line (RMWL) is used instead of the GMWL. The approach for assessing the genesis of groundwater based on the water isotopic compositions was described in detail in, e.g., [15,18].

### 2.1. Sampling Procedure and Field Measurement

Sixteen (16) groundwater samples from Holocene, twelve (12) samples from Pleistocene, five (5) samples from Neogene, three (3) samples from Triassic aquifers and two (2) surface water (NM) samples from Dao and Ninh Co River (Table S1) were taken during rainy (August 2011) and dry (March 2012) seasons using a submersible pump, a Grundfos MP1. Sampling locations for Holocene aquifer were marked with symbol OB and red dots in the region adjacent to the Red River as shown in Figure 1. The sampling locations for Pleistocene, Neogene and Triassic aquifers are shown in Figure 3 along with depth of boreholes, $\delta^{13}$C- and $^{14}$C-values in groundwater from those boreholes.

**Figure 3.** Sampling locations of the groundwater from Pleistocene, Neogene and Triassic aquifers along with information related to boreholes and water in the boreholes. In the borehole information box: $a$: Borehole ID (Q stands for boreholes of the National Groundwater Monitoring Network with a sequence number in the Network; Characters a or b, n and t standing aside the borehole ID indicate the Pleistocene, Neogene and Triassic aquifers, respectively); $b$: borehole depth (meter from the ground surface); $c$: $\delta^{13}$C of DIC ($\%$); $d$: $^{14}$C content in DIC (pMC).

Before taking groundwater samples, water table level in each sampling location was first measured using a logger system then the stagnant water in the wells was completely flushed out by pumping it out till the pH and temperature of water were unchanged. A flow cell equipped with probes for pH, temperature, and electrical conductivity (EC) was mounted directly on sampling tube. The measurements were carried out with a WTW Multi 197i multi-purpose instrument using a WTW Tetracon 96 EC probe and a WTW SenTix 41 pH electrode.
Alkalinity was determined shortly after sampling using the Gran-titration method [22]. Ferrous ion \((\text{Fe}^{2+})\) concentration in the water samples was determined by colorimetry using a Hach DR/2010 instrument and Ferrozine method [23]. The dissolved inorganic carbon (DIC) including bicarbonate, carbonate ions and \(\text{CO}_2\) dissolved in water, used to determine \(\delta^{13}\text{C}\) and \(\delta^{14}\text{C}\) content was precipitated in the form of \(\text{BaCO}_3\) from around 100 L of groundwater at pH 10 using saturated \(\text{BaCl}_2\) solution and \(\text{CO}_2\)-free KOH (Merck based in Darmstadt, Germany).

Around 100 mL of groundwater were first filtered through 0.45 \(\mu\)m mesh polycarbonate membranes to remove suspended matters then split into two parts. One part was acidified with \(\text{HNO}_3\) (65%, PA grade, Merck) to a pH of about 1–2. These samples were subject to the quantification of cations \(\text{NH}_4^+\), \(\text{Na}^+\), \(\text{K}^+\), \(\text{Ca}^{2+}\) and \(\text{Mg}^{2+}\). Another part was kept without acidification for \(\text{Cl}^-\), \(\text{NO}_3^-\) and \(\text{SO}_4^{2-}\) determination. All samples were stored in bottles made from high density polyethylene (HDPE) resin and refrigerated until laboratory analysis.

Surface water from Dao and Ninh Co River (NM1 and NM2 sites, Figure 1) was collected the same day of groundwater sampling. The samples were taken at a depth of 0.5 m from surface and around 2 m apart from the bank of the rivers.

Precipitation was collected monthly for the 2011–2012 years using a device constructed following an IAEA’s recommendation to establish regional meteoric water line and to determine \(\delta^3\text{H}\)-activity [24]. The device was installed on the roof of the premises of the Meteorological Station (marked with a star in Figure 1) in the city of Nam Dinh. Precipitation, surface water and groundwater samples for water stable isotopic composition determination were filtered through 0.45 \(\mu\)m mesh polycarbonate membranes and stored in 50 mL capacity double caps HDPE bottles.

For the tritium determination, in each sampling site 1 L of water was sampled into a HDPE bottle closed with a tight cap to avoid the isotopic exchange with atmospheric moisture. The samples were transferred to laboratory in Ha Noi for further treatment and measurement of tritium activity.

2.2. Samples Treatment and Analytical Procedure

The ionic content of water samples was quantified by ion chromatography method (IC) using a DIONEX 600 at Institute for Nuclear Science and Technology (INST in Ha Noi). A quality control program was applied for the ionic content determination by analyzing standard solutions supplied by the IC supplier (DIONEX). The standard deviation of results derived by the laboratory was within \(\pm 5\%\) from the certified value for respective constituents.

The stable isotopes compositions of hydrogen, oxygen and carbon \((\delta^2\text{H}, \delta^{18}\text{O} \text{ and } \delta^{13}\text{C})\) were analyzed at the INST on an Isotope Ratio Mass-Spectrometer (IR MS, IsoPrime, GV, UK) equipped with an Elemental Analyzer (EA 3000, Eurovector based in Milan, Italy). To analyze for \(\delta^{13}\text{C}\), the barium carbonate precipitate was first washed off the excess of alkali by boiled deionized water till neutral pH was attained then freeze-dried. The dry and alkali-free carbonate barium was stored in HDPE vials till analysis. For the \(\delta^2\text{H}\) and \(\delta^{18}\text{O}\) analyses, the water samples collected and filtered in the field did not need any additional treatment in the laboratory.

Procedures applied for analyzing the stable isotopic compositions were implemented as per the supplier’s manual [25] and as follows.

For the \(\delta^2\text{H}\) analysis, 2 \(\mu\)L of water was injected into the EA where the sample was decomposed on the Ni-catalyst at 1050 \(^\circ\)C to form hydrogen gas [25]. A continuous flow of He-carrier gas carried the \(\text{H}_2\) gas through a \(\text{Mg(ClO}_4)_2\) moisture trap to dry then by passing through a chromatographic column to purify from contaminants before entering the ionization chamber of the IR MS where \(\text{H}_2\) was ionized. The flow of He-carrier gas carried the \(\text{H}_2^+\) ions into the mass separator of the IR MS where masses 2 (\(^1\text{H}_2^+\)) and 3 (\(^1\text{H}_2^+\)) were separated from each other. The \(\text{H}_2^+\) and \(\text{H}_3^+\) ions were collected and counted by the respective Faraday cups installed on the exit from the separator.

For the \(\delta^{18}\text{O}\) analysis, the decomposition of water was carried out in the EA on the glassy carbon catalyst at 1150 \(^\circ\)C to form \(\text{CO}_2\) gas [25]. A continuous flow of He-carrier gas carried the \(\text{CO}_2\) through a \(\text{Mg(ClO}_4)_2\) moisture trap followed by the chromatographic purification before entering the ionization...
chamber to ionize the CO₂ gas. The carrier gas carried the ions of masses 44 (¹²C¹⁶O₂⁺) and 46 (¹²C¹⁶O¹⁸O⁺) into the mass separator of the IR MS where they were separated from each other. Ions ¹²C¹⁶O₂⁺ and ¹²C¹⁶O¹⁸O⁺ were collected and counted by the respective Faraday cups installed on the exit from the separator.

For the δ¹³C analysis, around 100 µg of the freeze-dried BaCO₃ was wrapped in tin capsules and subjected to decomposition at 1050 °C on the chromium oxide catalyst in the EA of the IR MS to form CO gas [25]. The formed CO was carried by a continuous flow of He-carrier gas through a chromatographic column to purify from contaminants before entering the ionization chamber to ionize. A flow of the He-carrier gas carried the ions of masses 28 (¹²C¹⁶O⁺) and 29 (¹³C¹⁶O⁺) into the mass separator of the IR MS where they were separated from each other. The ions ¹²C¹⁶O⁺ and ¹³C¹⁶O⁺ were collected and counted by respective Faraday cups installed on the exit from separator.

To calculate the δ²H, δ¹⁸O and δ¹³C the Mass Lynx software supplied by the IR MS supplier was used. Precision of δ²H determination was ±2‰ and that of δ¹⁸O and δ¹³C was ±0.2‰.

For tritium measurement, water samples were first subjected to distillation to remove the minerals dissolved till EC was less than 10 µS cm⁻¹, then tritium content in the samples were enriched by electrolysis at 4 °C till around 10 mL was attained [26,27]. The tritium enriched water samples were mixed with the low tritium Ultima Gold scintillation cocktail (Hewlett-Packard, HP Supplier based in Palo Alto, CA, USA) in vials of 20 mL capacity to count for the ³H activity on a low background HP Liquid Scintillation Counter TriCarb TR 3700. The ³H activity in water was expressed in the Tritium Unit (TU, 1 TU = 0.118 Bq L⁻¹). The limit of quantification (LOQ) for ³H was estimated to be as low as 0.4 TU. The accuracy of the determination was validated by our participation in the inter-comparison exercises of the TRI-2004 and TRI-2008 organized by the IAEA IHL in the years 2004 and 2008. In the 2004 exercise, the Hanoi laboratory (no.74) produced results having Z-scores of −0.118 and 0.543, respectively. In the 2008 exercise, the laboratory (no. 27) produced results with Z-scores of 0.42 and 1.57 for the samples of 4.07 TU and 1.54 TU, respectively [28,29].

The ¹⁴C-analysis was conducted at the Center for Nuclear Techniques in the city of Ho Chi Minh (HCM) where BaCO₃ was decomposed by concentrated H₃PO₄ (PA grade, Merck supplier) to obtain CO₂ for further benzene synthesis [30,31]. The yield of the benzene synthesis was from 95% to 98%. The benzene obtained was mixed with the Ultima Gold scintillation cocktail (Hewlett-Packard, HP Supplier) in vials of 20 mL capacity, and then counted for the ¹⁴C activity on the HP LSC TriCarb TR 3770. Counting time for the ¹⁴C activity determination was estimated in order to achieve a precision of 5%, usually it took 1000 min but split into 10 cycles, each cycle was set for 100 min to count.

2.3. Estimate Groundwater Age by the ¹⁴C-Dating Method

The aim of groundwater age determination is to verify follow pattern and to estimate its flow rate. The age of groundwater was calculated based on the law of radioactive decay [15,18] as follows:

\[ t = \frac{8268 \times ln (\frac{14_{n in}}{14_{n sample}})}{ln 2} (\text{aBP}) \]  

(5)

where ¹⁴t denotes the age in years Before Present (aBP) of a groundwater sample estimated by the ¹⁴C-content in the DIC; the number 8268 is quotient of half-life of ¹⁴C-isotope (5730 a) to ln2, ¹⁴n in is the initial ¹⁴C-content in the DIC before entering the saturated zone (pMC), and ¹⁴n sample is the ¹⁴C-content (pMC) in the DIC of the sample to be measured. The term “Before Present” implies the age relative to the time when the standard was produced. This means that the ¹⁴n sample must be measured relative to a standard to reduce uncertainty of the ¹⁴C-activity measurements [15,18] and it was expressed by the formula:

\[ ¹³n sample = \frac{14A_{sample}}{14A_{std}} \times 1000 \text{ (pMC)} \]  

(6)
where $^{14}$a$_{sample}$ is the relative $^{14}$C-activity or the $^{14}$C-content in a sample; $^{14}$A$_{sample}$ and $^{14}$A$_{std}$ are the absolute activities (Bq g$^{-1}$ C) of $^{14}$C in the sample and standard, respectively.

The standard used in this study was oxalic acid II (ox-II) made from French beet molasses planted in 1977 and supplied by the National Institute of Standards and Technology (NIST based in Gaithersburg, MD, USA), which has a $^{14}$C-activity of 0.2147 Bq g$^{-1}$ C and $\delta^{13}$C = −25‰ [32].

The $^{14}$a$_{0}$ in Equation (5) was calculated using an isotope mixing model referred to as the model of complete exchange with CO$_2$ in the unsaturated zone proposed by Gonfiantini [33] for a closed/confined system was applied as follows:

$$^{14}a_{0} = \frac{\delta^{13}C_{DIC} - \delta^{13}C_{cc}}{\delta^{13}C_{CO_{2,org}} - \delta^{13}C_{cc} + \varepsilon_{CO_{2}/DIC}}$$

where $\delta^{13}$C$_{DIC}$, $\delta^{13}$C$_{cc}$ and $\delta^{13}$C$_{CO_{2,org}}$ are carbon-13 compositions, respectively, in DIC of a groundwater sample, in calcareous materials in soil/sediment and in biogenic dioxide originated from decomposition of organic matters; $\varepsilon_{CO_{2}/DIC}$ is fractionation coefficient for $^{13}$C in the isotopic exchange reaction between biogenic carbon dioxide and DIC, which is temperature dependent [34,35]:

$$\varepsilon_{CO_{2}/DIC} = \left(\frac{9483}{T} + 23.89\right)\%$$

where T is the temperature of the groundwater sample, in Kelvin.

In the study area the $\delta^{13}$C$_{cc}$ in soil was found to be ranging from 1 to 2‰ with an average value of 1.5‰ was taken to calculate for $^{14}$a$_{0}$. The $\delta^{13}$C$_{CO_{2,org}}$ in Equation (7) was taken as high as −23‰, as it is characterized for carbon dioxide generated from mineralization of remnants of C3 plants in tropical areas followed by its diffusion to aquifer [36].

Detail of procedure for $^{14}$a$_{0}$ calculation could be found in Fontes and Garnier [37] and Fontes [38]. The computer code NETPATH [39] was used for this correction. The data of $^3$H activity measured for water samples were used to confirm whether it has old or modern age.

3. Results

3.1. Regional Meteoric Water Line

Results of the stable isotopic compositions of precipitation collected in Nam Dinh city for one meteorological year, beginning in August 2011 to the end of July 2012 allowed one to construct a regional meteoric water line (RMWL), a graph of $\delta^2$H vs. $\delta^{18}$O of local precipitation. This relationship was deduced based on the ordinary least square regression method. The RMWL follows a model with a correlation coefficient $R^2 = 0.99$ as shown by Equation (9):

$$\delta^2H = 8.48 \times \delta^{18}O + 15.88$$

The slope and intercept of the RMWL in region (Equation (9)) was a little higher than those of the Global Meteoric Water Line of, respectively, 8 and 10, probably due to the kinetic effect during rain fall in the tropical regions where atmospheric temperatures are usually high [15].

The RMWL was inserted in Figure 4a,b to compare with water stable isotopic compositions of groundwater samples. In Figure 4a,b the mean weighted isotopic composition of precipitation was taken from [40] which was calculated based on the precipitation depth and $\delta^2$H and $\delta^{18}$O of each event over whole the Red River’s delta plain for a time period from March 2001 till March 2011.
OB-11 7.8 0.57 Q220t 100 0.96
OB-12 7.6 0.74 Q92a 43 0.50
OB-13 6.7 0.52 Q92t 100 1.03
OB-14 8.4 0.60 Q108b 80
OB-15 8.8 0.62 Q109a 136
OB-16 9.6 0.78 Q109n 171
Deep Aquifers in NE Area
Q228a 120 −7.57
Q221a 70 −0.97
Q110a 94 −5.12
Q221n 127 −0.96
Q229a 85 −8.18
Q222b 115 −2.05
Q229n 150 −6.89
Note: mbgs: meter below ground surface; m asl: meter above mean sea level; a, n, and t stand for Pleistocene, Neogene and Triassic aquifers, respectively.

3.3. Groundwater Isotopic Composition

Figure 4a, b depicts the isotopic compositions in groundwater collected during the rainy (RS) and dry (DS) seasons from Holocene (Figure 4a), Pleistocene (qp), Neogene (n) and Triassic (t) aquifers (Figure 4b), respectively, along with the RMWL.

Figure 4. Isotopic composition in regional precipitation along with that in water from Holocene (a) and Pleistocene (q), Neogene (n) and Triassic (t) aquifers (b) of the study area during dry (DS) and rainy (RS) seasons.

3.2. Water Level

Table 1 shows elevation, in meter above mean sea level (m asl), of water table in boreholes installed in different aquifers from those groundwater samples were taken.

| Borehole | Depth, m bgs | Elevation of Water Table, m asl | Depth, m bgs | Elevation of Water Table, m asl |
|----------|--------------|-------------------------------|--------------|-------------------------------|
| OB-01    | 7.6          | 0.38                          | Q223n        | 138                          | −1.94                        |
| OB-02    | 8.5          | 0.34                          | Q224a        | 100                          | −2.46                        |
| OB-04    | 8.3          | 0.25                          | Q225a        | 110                          | −1.45                        |
| OB-06    | 6.7          | 0.26                          | Q226a        | 105                          | −2.27                        |
| OB-07    | 7.3          | 0.42                          | Q226n        | 151.5                        | −2.25                        |
| OB-08    | 8.1          | 0.40                          | Q227a        | 105.5                        | −4.57                        |
| OB-09    | 6.1          | 0.45                          | GV01         | 70                           | 94.5                         |
| OB-10    | 8.0          | 0.50                          | Q220t        | 100                          | 0.96                         |
| OB-11    | 7.8          | 0.57                          | Q92a         | 43                           | 0.50                         |
| OB-12    | 7.6          | 0.74                          |               |                               |                              |

Table 1. Elevation of groundwater table in boreholes from those water samples were taken.
Table 1. Cont.

| Borehole  | Depth, m bgs | Elevation of Water Table, m asl | Borehole  | Depth, m bgs | Elevation of Water Table, m asl |
|-----------|--------------|---------------------------------|-----------|--------------|---------------------------------|
| OB-13     | 6.7          | 0.52                            | Q92t      | 100          | 1.03                            |
| OB-14     | 8.4          | 0.60                            | Q108b     | 80           | −5.89                           |
| OB-15     | 8.8          | 0.62                            | Q109a     | 136          | −8.51                           |
| OB-16     | 9.6          | 0.78                            | Q109n     | 171          | −7.45                           |
| Deep Aquifers in NE Area | Q228a | 120                            | −7.57     |
| Q221a     | 70           | −0.97                           | Q110a     | 94           | −5.12                           |
| Q221n     | 127          | −0.96                           | Q229a     | 85           | −8.18                           |
| Q222b     | 115          | −2.05                           | Q229n     | 150          | −6.89                           |

Note: m bgs: meter below ground surface; m asl: meter above mean sea level; a, n, and t stand for Pleistocene, Neogene and Triassic aquifers, respectively.

As seen from Table 1, elevations of water table of Holocene aquifer were all above the mean sea level. Elevations of water table in deep aquifers are descending from northeasterly towards southwesterly, from northwesterly towards the seaside and from seaside towards production well field located in proximity to borehole 109a. These data were used to draw isolines of hydraulic heads of groundwater as it was depicted in Figure 1.

3.3. Groundwater Isotopic Composition

Figure 4a,b depicts the isotopic compositions in groundwater collected during the rainy (RS) and dry (DS) seasons from Holocene (Figure 4a), Pleistocene, Neogene and Triassic aquifers (Figure 4b), respectively, along with the RMWL.

The open and solid red color circles in Figure 4b represent isotopic composition in water collected in the RS and DS from borehole GV01 installed in Gia Vien district, Ninh Binh province. Though the borehole was made into Triassic limestone bedrock (Figure 2) water in it characterizes the local and modern precipitation with its isotopic composition positioned close to the RMWL (Figure 4b), it contains (85.30 ± 0.87) pMC and 2.03 TU (Table S1), i.e., comparable with the average tritium activity found year round in precipitation in the Red River Delta region [40].

3.4. The Age of Groundwater in the Aquifers

Tritium activity in groundwater from Holocene aquifer was comparable with the surface water ranging from 2.0 to 3.0 TU (Table S1). However, the tritium content in groundwater from Pleistocene, Neogene and Triassic aquifers was lower than LOQ of determination of 0.4 TU, excepted for water in borehole GV01. This finding reflects the fact that groundwater in Holocene aquifer is modern and that it is continuously recharged from surface water. This was confirmed by the $^{14}$C-age of water from wells OB-10 and OB-12 for which the $^{14}$C-content was 101.2 pMC and 103.5 pMC, respectively (Table S1). In contrast, groundwater in Pleistocene, Neogene and Triassic aquifers did not receive recent recharge, therefore it was of an older age, e.g., water in borehole Q223n made into Neogene aquifer has a $^{14}$C-age as old as 14.5 ka BP (Table S1).

Results of $^{14}$C-dating revealed that along transect AB (Figure 1) groundwater in borehole GV01 made into Triassic aquifer is modern (i.e., recent precipitation), while in Pleistocene aquifer it was 1.1 ka old at borehole Q92, 3.3 ka old in Q108a and 11.3 ka old in borehole Q109a (Figure 5). However, the age of groundwater found in Q110a borehole installed behind borehole Q109 at the sea coast decreased down to 6 ka (Figure 5 and Table S1).
was evident from Figure 4a, where the trend of water isotopic signatures appeared to extend to the value of 0.8 representing for seawater.

Concentration of chloride for both rainy and dry seasons (Figure 6a). The slope of 0.76 of the correlation concentrations of sodium ion in water of Holocene aquifer are strongly correlated (R² = 0.986) with concentrations of chloride for both rainy and dry seasons (Figure 6a). The slope of 0.76 of the correlation is very close to the value of 0.8 representing for seawater.

3.5. Groundwater Chemistry

The chemistry of the water samples studied were presented in Table S2. Sodium and chloride were the dominant cation and anion in water from Holocene aquifer, excepted for water tapped from borehole OB-09 (Table S2). Concentration of Na⁺ ion ranged from 3.0 to 5961.5 mg L⁻¹ in the RS, and from 3.5 to 5768.5 mg L⁻¹ in the DS. Concentration of Cl⁻ ranged from 3.0 to 11,699.5 mg L⁻¹ in the RS and from 3.6 to 11,699.5 mg L⁻¹ in the DS. Molar [Ca²⁺] to [Mg²⁺] ratio ranged from 0.1 to 5.1 in the RS and from 0.32 to 6.8 in the DS (Table S2). The highest value of the [Ca²⁺] to [Mg²⁺] ratio was found in water tapped from borehole OB-09 (see Figure 1 for location). It seems that seawater in Holocene aquifer of the study region is affected by seawater.

Concentration of Na⁺ ion in water tapped from deep aquifers of the study region varied from 3.5 to 1003.3 mg L⁻¹ in the RS and from 4.6 to 1146.3 mg L⁻¹ in the DS, whilst concentration of Cl⁻ ion in water varied from 7.4 to 2216.0 mg L⁻¹ in the RS and from 6.8 to 2247.0 in the DS. Molar [Ca²⁺] to [Mg²⁺] ratio ranged from 0.1 to 5.1 in the RS and from 0.32 to 6.8 in the DS (Table S2). The highest value of the [Ca²⁺] to [Mg²⁺] ratio was found in water tapped from borehole GV01 located in a mountainous site of Ninh Binh province where it was expected to be the recharge area for groundwater in the study region. The source of salinity in water of deep aquifers seems to be not from the sea.

Groundwater in the study region could be divided into three types based on its total dissolved solids (TDS) content. In the NE area, groundwater was found of two types. in Thai Binh province and northernmost part of Nam Dinh province (Figure 1), groundwater in all Holocene, Pleistocene, Neogene and Triassic aquifers is saline with TDS > 3 g L⁻¹ but in a part of northern Nam Dinh province lying along the Red River (Figure 1), groundwater in these aquifers is brackish with TDS ranging from 1 to 3 g L⁻¹. In the SW area, the southern part of Nam Dinh and northern part of Ninh Binh province (Figure 1), groundwater in the deep aquifers is fresh containing TDS < 1 g L⁻¹. The fresh-brackish and brackish-saline water boundaries drawn based on the TDS content in the deep aquifers groundwater of the study region is presented in Figure 1. The blue, light brown and dark brown color in Figure 1 indicate the areas of fresh, brackish and saline waters, respectively. Brackish water in the deep aquifers in the NE area seems to be resulting from the migration of saline water from the NE or/and from the diffusion downwards of saline water from the upper aquitard due to the high rate of fresh water mining in the SW and this will be discussed later on.

4. Discussion

4.1. Genesis of Groundwater Resources in the Southern Part of Red River’s Delta Plain

Groundwater in Holocene aquifer of the study region is affected by seawater intrusion. This thought was evident from Figure 4a, where the trend of water isotopic signatures appeared to extend to the point characterizing for seawater (Figure 4a). Moreover, as it was shown in Figure 6a, that the molar concentrations of sodium ion in water of Holocene aquifer are strongly correlated (R² = 0.986) with concentrations of chloride for both rainy and dry seasons (Figure 6a). The slope of 0.76 of the correlation is very close to the value of 0.8 representing for seawater.
Data presented in Table S2 showed molar ratio of $[\text{Cl}^-]$ to $[\text{HCO}_3^-]$ of water from Holocene aquifer to range from 0.21 to 170.2 and it is positively correlated with concentrations of chloride ions ($R^2 > 0.7$) for both RS and DS, as seen in Figure 6b. Among 16 samples from Holocene aquifer, the only sample taken from borehole OB-09 (see Figure 1 for location) has the lowest value of $[\text{Cl}^-]/[\text{HCO}_3^-]$ ratio of 0.21, less than 0.5. This reflects a fact that water in borehole OB-09 was not affected by seawater like Mohan Babu et al. have shown [41].

Groundwater in Holocene aquifer is a mixture of three end-members, namely: local precipitation, water from Red River and seawater. The three end-members mixing character of water in Holocene aquifer is clearly demonstrated in Figure 7, where the relationship of $\delta^{18}$O vs. chloride concentration ($[\text{Cl}^-]$) in water was arranged within a triangle with three apexes representing local precipitation, Red River’s water and seawater (Figure 7).

Let the contribution of precipitation’s water to groundwater in Holocene aquifer be $x$, the River’s be $y$ and seawater be $z$, then one could compute $x$, $y$ and $z$ for each water sample based on $\delta^{18}$O, and $[\text{Cl}^-]$ using three end-members model [42] as follows:

$$x + y + z = 1$$  \hspace{1cm} (10)

$$x \times \delta^{18}\text{O}_p + y \times \delta^{18}\text{O}_r + z \times \delta^{18}\text{O}_s = \delta^{18}\text{O}_{gw}$$  \hspace{1cm} (11)
where subscripts \(p, r, s, \) and \(gw\) denote the precipitation, river’s water, seawater and groundwater, respectively.

Table 2 shows results of estimated contribution (in percent) by local precipitation, river’s water and seawater to groundwater in different boreholes made into Holocene aquifer in the study region during the RS and DS. This estimate was made based on the average \(\delta^{18}O_p, \delta^{18}O_r\) and \(\delta^{18}O_s\) of \(-8.40\%, -4.0\%\) and \(-0.1\%\) (vs. VSMOW), and \([\text{Cl}^-]_p, [\text{Cl}^-]_r\) and \([\text{Cl}^-]_s\) of 0.10 mmol L\(^{-1}\), 0.11 mmol L\(^{-1}\) and 566 mmol L\(^{-1}\), respectively. The data of \(\delta^{18}O_p, \delta^{18}O_r\) and \([\text{Cl}^-]_p, [\text{Cl}^-]_r\) for precipitation and Red River’s water in the RRDP were from [43]. The \(\delta^{18}O_{gw}\) and \([\text{Cl}^-]_{gw}\) were taken from Tables S1 and S2, respectively. Here, the river’s water must be included as well as water from irrigation canals in the region because this system is directly connected to Red River via Dao and Ninh Co tributaries (Figure 1).

Table 2. Contribution (%) of seawater (SW), Red River’s water (RW) and local precipitation (LP) to groundwater in Holocene aquifer in study region during rainy and dry seasons.

| Borehole | SW    | RW    | LP    | Total | SW    | RW    | LP    | Total |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|
| OB-01    | 36.97 | 28.49 | 34.53 | 100   | 36.63 | 43.25 | 20.12 | 100   |
| OB-02    | 53.62 | 1.34  | 45.03 | 100   | 51.96 | 22.00 | 26.03 | 100   |
| OB-04    | 61.02 | 7.98  | 30.00 | 100   | 64.56 | 14.29 | 21.15 | 100   |
| OB-06    | 12.93 | 29.91 | 57.16 | 100   | 13.85 | 37.11 | 49.04 | 100   |
| OB-07    | 0.60  | 66.59 | 32.81 | 100   | 1.08  | 88.73 | 10.19 | 100   |
| OB-08    | 2.75  | 59.12 | 38.13 | 100   | 2.80  | 65.87 | 31.33 | 100   |
| OB-09    | 0.00  | 1.67  | 98.33 | 100   | 0.00  | 5.58  | 94.43 | 100   |
| OB-10    | 4.95  | 37.17 | 57.88 | 100   | 33.38 | 29.46 | 37.16 | 100   |
| OB-11    | 19.39 | 67.71 | 12.90 | 100   | 16.62 | 76.06 | 7.32  | 100   |
| OB-12    | 5.52  | 55.15 | 39.32 | 100   | 6.08  | 56.50 | 37.43 | 100   |
| OB-13    | 48.07 | 32.23 | 19.70 | 100   | 64.72 | 19.45 | 15.83 | 100   |
| OB-14    | 32.35 | 44.51 | 23.14 | 100   | 34.66 | 49.03 | 16.32 | 100   |
| OB-15    | 10.15 | 64.36 | 25.49 | 100   | 10.18 | 78.66 | 11.16 | 100   |
| OB-16    | 0.45  | 99.62 | 0.00  | 100   | 1.56  | 98.43 | 0.00  | 100   |

As seen from Table 2, groundwater from boreholes located deep inland, e.g., OB-07, OB-08, OB-12, and OB-16 (see Figure 1 for locations) has low contribution of seawater. This contribution was only from 0.4 to 5.5% in the RS and from 1.1 to 6.1% in DS. However, waters from boreholes nearby the River’s mouth and coastline do have a high contribution of seawater. Water from the OB-01 and OB-04 boreholes installed close to the Red River’s mouth contains, respectively, 37% and 61% seawater in the RS and 37% and 65% seawater in the DS (Table 2). Borehole OB-01 is about 500-m from the River’s bank, while OB-04 is installed right on the River’s bank. Apparently, seawater intruded Holocene aquifer via the River. Active sand excavation (for construction purposes) from the River’s bed combined with construction of upstream hydroelectric reservoirs, reduce downstream sediments deposits; the combination of these factors could much facilitate seawater to intrude deep inland and to diffuse to the aquifers. Boreholes OB-02 and OB-13 are located at 50 and 100m from the sea shore (Figure 1) so apparently groundwater around these locations could be directly affected by seawater intrusion.

From Table 2, one can see that groundwater from borehole OB-09 was fresh with no seawater detected. \(\delta^{18}O\) and chloride concentration in groundwater from borehole OB-09 were \(-8.25\%\) and 0.10 mmol L\(^{-1}\), respectively (Tables S1 and S2) that almost coincided with the heavy oxygen isotope signature and \([\text{Cl}^-]\) found in local precipitation (see the point of isotopic signature weighted for local precipitation in Figure 4a). This supports the rainwater origin of groundwater around OB-09 borehole. In fact, borehole OB-09 is located in a lower area of Giao Thuy district that is capable of storing rain water year-round making rain water to be the most dominant source recharging shallow aquifer. On
the other hand, the aquifer sediment around borehole OB-09 is purely coarse sand so chemistry of groundwater in this area is mainly dependent upon the chemistry of the local precipitation.

Groundwater in Pleistocene and Neogene aquifers in the NE area is brackish and saline. The EC and [Cl−] in water from boreholes Q221a, Q222b, Q224a, Q225a, Q226a, Q221n, Q223n and Q226n range from 2540 to 6980 µS cm−1 and from 22 to 63 mmol L−1, respectively, in the RS and DS (Table S2). The high salinity and chloride concentration in groundwater of Pleistocene and Neogene aquifers in the NE area could not be explained by recharge of saline water from Holocene aquifer or salt intrusion neither through the River’s bank nor the Ghyben-Herzberg mechanism like in the case of Holocene aquifer aforesaid. It was revealed that the relationships of the δ18O vs. [Cl−] as well as the molar [Na+] to [Cl−] ratio vs. [Cl−] for groundwater in Pleistocene and Neogene aquifers within entire study region do not reflect a conservative mixing character of fresh and seawater (Figure 8a,b).

Non-parametric z-test was applied to examine hydraulic interaction between groundwater in Holocene and Pleistocene aquifers in the study region. For the test, the mean δ18O and its standard deviation in water from Holocene and Pleistocene aquifers were used as variables. It was revealed that mean of δ18O in water from Holocene aquifer, $-\left(7.26 \pm 0.76\right)^\circ+10$, $n=17$, whilst chloride concentration in water does within a wide range, from 22 mmol L$^{-1}$ (Q221a) up to 63 mmol L$^{-1}$ (Q222b). By definition (Equation (2)), δ18O for seawater should be close to 0°, therefore if seawater intruded to Pleistocene and Neogene aquifers then the heavy oxygen isotope content in water of those aquifers must be enriched more than $-\left(7.26 \pm 0.76\right)^\circ$. On the other hand, results presented in Figure 4b show the mixing character of young age precipitation with paleo-water in Q221n, Q223n, Q222b, Q224a, Q226n, Q227n having enriched oxygen-18 signature (Figure 4b). The trend of water line for deep aquifers (Figure 4b) is similar to those that was observed for groundwater in Qatar city [44]. Here, the paleo-water must be understood as groundwater having an old age, up to several thousand years. In fact, it was found that the age of water in Pleistocene and Neogene aquifers, e.g., water in Q221a, Q222b, Q224a, Q225a, Q228a, Q221n, Q223n and Q226n boreholes, was from 6 to 14.5 ka old (Table S1, see Figure 3 for locations), i.e., the age of the middle and early Holocene.
Data in Table S2 showed molar [Ca$^{2+}$] to [Mg$^{2+}$] ratio in water of Pleistocene and Neogene aquifers in NE area (Q221a, Q222b, Q224a, Q226a, Q227a, Q223n boreholes, see Figure 3 for locations), in both RS and DS, to vary within a range of $(0.60 \pm 0.05)$, $n = 9$, which is 3 times higher than that ratio characterizing for seawater of around 0.2. It seems that groundwater in deep aquifers in that area is freshening. This freshening process would cause dead marine flora and fauna in the aquifer deposits to mineralize making molar [Br$^{-}$] to [Cl$^{-}$] ratio in water of Pleistocene and Neogene aquifers in NE area to be higher than those ratio in seawater. Calculation showed that the molar [Br$^{-}$] to [Cl$^{-}$] ratio for water in Pleistocene and Neogene aquifers in NE area was $(2.4 \pm 0.5) \times 10^{-3}$ ($n = 9$) that was higher than that ratio representing for seawater of around $1.5 \times 10^{-3}$.

All results presented suggest that brackish and saline waters in Pleistocene and Neogene aquifers in NE area originated from entrapped in aquifer and/or aquitard deposits saline pore water which existed since Holocene transgression as it was also pointed out by [3,5–7]. High salinity in groundwater of deep aquifers in NE area (Q221a, Q222b, Q225a, Q226a) associated with molar [Na$^{+}$] to [Cl$^{-}$] ratios varying within the range of seawater $(0.73 \pm 0.14)$ (Figure 8b) probably indicates that the migration rate of saline water from the aquifer/aquitard deposits was over the rate of submarine discharge. The rate of the two processes apparently depends upon hydraulic conductivity of both aquifer and aquitard deposits.

Recently, it has been documented that the hydraulic properties and thickness of the aquitard in the Quaternary Red River Delta plain control recharge and leaching of saline water into Pleistocene aquifer [45]. Results from the simulation work of Larsen et al., [45] allow one to assume that permeability of clayey aquitard in the NE area was higher than that in the SW area. This made the diffusion rate of saline water from the aquitard to Pleistocene aquifer in latter area to be insignificant compared to the rate of the submarine discharge flow, hence groundwater in Pleistocene aquifer of the SW area became fresh today.

Groundwater of Pleistocene and Neogene aquifers in SW area have low EC and [Cl$^{-}$], except for water from borehole Q109b. Groundwater in Q92, Q108b, Q110a, Q227a, Q228a and Q229a boreholes (see Figure 3 for the locations) has EC $< 1000$ $\mu$S cm$^{-1}$ and [Cl$^{-}$] $< 7$ mmol L$^{-1}$. The salinity of groundwater around borehole Q109bresults from brackish water in the NE flowing to production well field located in proximity of the borehole, due to the high mining rate of fresh water from Pleistocene aquifer. This was evident from Figure 1 and Table 1 that the isolines of water hydraulic head in Pleistocene aquifer were lowdown from $−2$ m above sea level (asl) in the area close to the Red River to $−8$ masl in area around Q109b borehole.

4.2. Recharge Area, Flow Direction and Flow Rate of Groundwater in the Southern Part of the Red River’s Delta Plain

The recharge to aquifers in the southern part of the Red River’s Delta plain is from mountainous areas around GV01 point (Figure 1), where the water isotopic composition is close to that of recent precipitation, $^{14}$C-content is modern and tritium activity is in the range of 2–3 TU that prevails in the RRDP surface water (Table S1). There is no recharge to Pleistocene aquifer through the thick Holocene clays, as indicated by high salinity profiles in these clays as well as z-test for mean $\delta^{18}$O in groundwater of Pleistocene and Holocene aquifers that was discussed in previous section.

Mean value of $\delta^{18}$O in groundwater of Pleistocene and Neogene aquifers in study region was $−7.25\%$ vs. VSMOW (Table S1), whereas average $\delta^{18}$O in precipitation over the RRDP was $−8.40\%$ vs. VSMOW ([40] and Figure 4a, b). Thus, the difference of mean $\delta^{18}$O in groundwater of Pleistocene and Neogene aquifers and those in precipitation over the region was $−1.15\%$ vs. VSMOW. Considering an altitude gradient of $−0.3\%$ per each 100m rise [14,18], the recharge area to Pleistocene and Neogene aquifers in study region was supposed to be a region at about 380m higher than aquifer altitude or around 150 m above sea level. This area should correspond to the northwest extension of the region and outcrops in Ninh Binh province, i.e., an area around the GV01 point, where the elevation is from 140 to 160m above sea level (Figures 1 and 5).
A non-parametric, Mann-Whitney or z-test using $\delta^{18}O$ as variable was revealed that mean of $\delta^{18}O$ in water from Pleistocene aquifer was not different from that in water in Neogene and Triassic aquifers, $z = 0.75 < z$-critical $= 1.96$ at $\alpha = 0.05$. This implies that water in Pleistocene aquifer connected with those in Neogene and Triassic aquifers and vice versa. This was termed as the inter-aquifer leakage. The inter-aquifer leakage of water between deep aquifers in this case was proven by the water line depicted in Figure 4b where the isotopic compositions of groundwater from Pleistocene, Neogene and Triassic aquifers positioned along a line characterized for mixing paleo-water of old age with recent precipitation. In addition, it was observed that hydraulic head of water in Neogene aquifer was always higher than that in Pleistocene aquifer (Table 1). As an example, Figure 9 shows the comparison of hydraulic heads of water in Q109b and Q109a boreholes installed, respectively, in Neogene and Pleistocene aquifer. Water levels in boreholes 109b and 109a were consecutively monitored during the time from December 1994 to December 2018. It was clear that water level in Neogene aquifer all time was higher than that in Pleistocene aquifer, though production well field is located in proximity to those boreholes (Figure 9). This provides another evidence for Pleistocene-Neogene inter-aquifer connection. The inter-aquifer leakage of groundwater in the study region is possible because of the existence of faults and fissures in the basement rock as it was mentioned early.

![Figure 9](image_url)  
*Figure 9. The hydraulic heads of groundwater in Pleistocene and Neogene that have been consecutively monitored in boreholes Q109a and Q109b since late 1994 indicating inter-aquifer leakage between the two aquifers due to over rate of freshwater mining from Pleistocene aquifer.*

Based on the results of the $^{14}$C-dating, a conceptual model of groundwater flow in Pleistocene and Neogene aquifers was suggested, as depicted in Figure 5. As seen in Figure 5, recharge water in study region flows from northwesterly towards southeasterly to the sea, which is in phase with [3] statement. From Figure 5 one can see also that groundwater from Neogene and Triassic aquifers is leaking upwards to Pleistocene aquifer making the age of water in the upper aquifer to be older than that of water in the lower aquifers because the leakage needs time to travel from one to another aquifer.

The yield of fresh water mining in recent years in the center of region, in Nam Dinh city, was reportedly to be as high as 95,000 m$^3$ a day [46] that seems to be over rate of recharge that caused not only inter-aquifer leakage but also cause backwards flowing of sea water from seaside to well field. Water in borehole Q110 in seaside tapped from Pleistocene aquifer has a $^{14}$C-age of 6 ka, almost two times younger than the age (11.3 ka) of water in borehole Q109a installed in proximity of well field (Figure 3). Apparently, in SW area seawater is currently intruding into deeper aquifers according to the Ghyben-Herzberg rule making the age of water in boreholes installed at proximity to sea coast to be younger than those inland. Modeling with the use of a MODFLOW model confirmed the scenario [47].
It should be noted, that EC of water in borehole Q110 was 825 µS cm⁻¹, which was lower than EC found in the water from boreholes Q109a and Q92a (see Figure 3 for locations) being around 1100 µS cm⁻¹ (Table S2). This implies that saline water in boreholes Q109a and Q92a was not only from the sea but also coming from NE. Results from water head measurements confirmed three flow directions of groundwater in study region. The isolines of water head measured for Pleistocene aquifer are depicted in Figure 1. The descent of hydraulic water head delineates direction of water flow. As seen from Figure 1, groundwater in study region flows from northwesterly towards southeasterly to the sea, northeasterly towards southwesterly and from the seaside to the production well field in proximity to borehole Q109 as shown by the white arrows (Figure 1).

The ineluctable consequence from current over-extraction rate of fresh groundwater in region is that good quality water in the deep aquifers could be under the threat of salt intrusion in future.

Assuming the recharge area is in the highlands around the GV01 point then one can estimate the mean flow rate based on the transit time and distance between recharge area and sampling point. The recharge rate to Neogene aquifer of borehole Q221n was estimated to be as high as 2.5 m a year with a 30 km distance from the recharge area and a water age of 11.3 ka.

4.3. Chemistry of Groundwater in the Southern Part of the Red River’s Delta Plain

Sulphate and nitrate ions were found to be in low concentrations in groundwater of Holocene aquifer whilst concentrations of ferrous and ammonia ions were in an elevated range, of up to 0.85 mmol L⁻¹ and 5.0 mmol L⁻¹, respectively (in borehole OB-02 in the RS, Table S2). The [Fe²⁺] ion found in groundwater tapped from Holocene aquifer in both RS and DS seems to correlate with concentrations of NH₄⁺ ion, though R² ~ 0.4 (figure not shown here), suggesting that reduction of iron-oxyhydroxide by organic matters is on-going in Holocene aquifer as shown by reaction (13).

\[
\text{CH}_2\text{O} + 4\text{FeOOH} + 7\text{H}^+ \rightarrow 4\text{Fe}^{2+} + \text{HCO}_3^- + 6\text{H}_2\text{O} \tag{13}
\]

The relatively weak correlation between [Fe²⁺] and [NH₄⁺] is probably due to the influence of an additional amount of ammonia generated from biological reduction of nitrate in the aquifer that proceeds following reaction (14) making concentration of nitrate in water to be reduced:

\[
\text{NO}_3^- + 10\text{H}^+ + \text{enzyme} \rightarrow \text{NH}_4^+ + 3\text{H}_2\text{O} \tag{14}
\]

In addition, it was found that [Fe²⁺] ions in groundwater of Holocene aquifer were not correlated with [HCO₃⁻], i.e., reaction (13) seemingly does not proceed in aquifer. However, there would be several processes which could make the correlation of [Fe²⁺] vs. [HCO₃⁻] in water to be pure. These could be ferrous ions formed are either adsorbing onto aquifer deposits or precipitating as siderite or pyrite. Table 3 presents saturation indices (SI) of several minerals possibly existed in aquifer deposits of Holocene age for RS. In DS absolute values of SI for all the minerals were a little bit changed, but the trend of dissolution/precipitation of the minerals in groundwater was the same. Unfortunately, in this study concentrations of sulphide in groundwater were not analyzed so that SI for pyrite was not able to calculate, however water from Holocene aquifer strongly smelled with H₂S. It was believed that pyrite is precipitating also.

As seen in Table 3, gypsum in all sampling sites is undersaturated suggesting dissolution of the mineral is on-going. Calcite and aragonite in 8 out of 16 sampling points are dissolving (SI_{calc} < 0 and SI_{arag} < 0), dolomite and siderite in most sampling points are precipitating (SI_{dol} > 0, SI_{sid} > 0), excepted for the case of borehole OB-09 in which deposit was pure sandy as it was discussed previously. Thus, siderite’s precipitation is one of the reasons why the concentrations of ferrous ions in groundwater of Holocene aquifer werepurely correlated with those of bicarbonate.

Depletion of δ¹³C in DIC as it was checked for DIC in water of OB-08 (−17.27‰ vs. VPDB, Table S1) partly proved the mineralization of organic matters by goethite (reaction 13) is occurring in Holocene
aquifer, as it was well known that organic matters originated from C3 plants in the tropical regions like Vietnam do have δ13C ranging from −20‰ to −27‰ vs. VPDB [36].

Table 3. Saturation indices (SI) of several minerals possibly existed in Holocene deposits in rainy season.

| Boreholes | Calcite | Aragonite | Dolomite | Siderite | Gypsum |
|-----------|---------|-----------|----------|----------|--------|
| OB-01     | −0.23   | −0.36     | 0.72     | 1.64     | −1.89  |
| OB-02     | 1.19    | 1.06      | 3.01     | 2.64     | −1.47  |
| OB-04     | 1.24    | 1.11      | 3.89     | 2.57     | −2.24  |
| OB-06     | −0.02   | −0.15     | 1.10     | 1.16     | −2.63  |
| OB-07     | −0.06   | −0.19     | 0.16     | 1.48     | −1.53  |
| OB-08     | −0.48   | −0.61     | −0.46    | 1.31     | −2.27  |
| OB-09     | −1.06   | −1.19     | −2.37    | −0.47    | −2.79  |
| OB-10     | 0.34    | 0.21      | 1.86     | 1.88     | −2.22  |
| OB-11     | 0.41    | 0.28      | 1.71     | 1.17     | −1.90  |
| OB-12     | 0.01    | −0.12     | 0.51     | 1.54     | −1.99  |
| OB-13     | 0.72    | 0.59      | 2.61     | 1.85     | −1.67  |
| OB-14     | 0.05    | −0.08     | 1.35     | 1.38     | −2.24  |
| OB-15     | −0.30   | −0.43     | −0.34    | 1.36     | −1.71  |
| OB-16     | −0.30   | −0.43     | 0.09     | 0.80     | −2.15  |

Low concentration of sulphate in groundwater samples could be explained by its reduction with organic matters following reaction (15):

\[ 2\text{CH}_2\text{O} + \text{SO}_4^{2-} \rightarrow \text{H}_2\text{S} + 2\text{HCO}_3^- \rightarrow \text{H}^+ + \text{HS}^- + 2\text{HCO}_3^- \rightarrow 2\text{H}^+ + \text{S}^{2-} + 2\text{HCO}_3^- \]  (15)

The reduction of sulphate occurred not only in Holocene aquifer but also in Pleistocene one. It was revealed that [SO$_4^{2-}$] correlated with [HCO$_3^-$] for both aquifers as shown in Figure 10. As seen from Figure 10 the higher [HCO$_3^-$] the lower [SO$_4^{2-}$] in groundwater. Here, one can see that the gained [HCO$_3^-$] were not equivalent to the lost [SO$_4^{2-}$], but it is understood because bicarbonate could be formed from other routes, e.g., from reaction (13) or dissolution of calcite, aragonite and dolomite minerals presented in aquifers’ deposits.

![Figure 10](image-url) Scatter plot of molar [SO$_4^{2-}$] vs. [HCO$_3^-$] for groundwater in both Holocene and Pleistocene aquifers showing the sulphate reduction led to lowering SO$_4^{2-}$ concentration in water.

Results presented in Table S2 show that the [Ca$^{2+}$, meq L$^{-1}$] to [Na$^+$, meq L$^{-1}$] ratio for water in Pleistocene and Neogene aquifers in study region ranged from 0.01 to 0.57, which is much lower compared to that ratio for water in borehole GV01 where groundwater is purely fresh and of Ca-HCO$_3$ type for which the equivalent [Ca$^{2+}$] to [Na$^+$] ratio was 28. This finding combined with the results presented in Figure 8b suggests that cation exchange between calcium ions in groundwater and sodium ions adsorbed on sediment’s surface [36]. Figure 8b shows the molar [Na$^+$] to [Cl$^-$] ratio in water
from boreholes Q227a, Q228a, Q229a and Q229n be much higher than 0.8, the value representing seawater. This indicates the excess of sodium over chloride concentration that is due to the release of sodium from aquifers sediment by Ca\(^{2+}\)/Na\(^+\) exchange as it was explained by other researchers, e.g., [48]. However, it could be happened, that the weathering of silicate minerals releases both sodium and calcium but calcium ions would tie up in calcite and other precipitating carbonate minerals in the system, so that [Na\(^+\)] in water increased whilst [Ca\(^{2+}\)] decreased resulting in increase of [Na\(^+\)]/[Ca\(^{2+}\)] ratio in water. Calculation with the results presented in Table S2 showed that all calcite, aragonite and dolomite in deposits around boreholes Q227a, Q228a, Q229a and Q229n are dissolving as it was shown in Table 4. This is evident for the fact, that Ca\(^{2+}\) ions are not lost from the system of those boreholes.

**Table 4.** Saturation indices (SI) of calcite, aragonite and dolomite in groundwater of Pleistocene, Neogene and Triassic in the study region.

| Borehole | Rainy Season | Dry Season |
|----------|--------------|------------|
|          | SI\(_{cc}\)  | SI\(_{arag}\) | SI\(_{dol}\) | SI\(_{cc}\)  | SI\(_{arag}\) | SI\(_{dol}\) |
| Q221a    | 0.44         | 0.31        | 1.16        | 0.48         | 0.34         | 1.15        |
| Q222b    | −0.39        | −0.52       | −0.30       | −0.37        | −0.51        | −0.32       |
| Q224a    | 0.01         | −0.12       | 0.26        | 0.00         | −0.14        | 0.25        |
| Q225a    | 0.68         | 0.55        | 1.87        | 0.70         | 0.56         | 1.84        |
| Q226a    | 0.46         | 0.33        | 1.39        | 0.53         | 0.39         | 1.37        |
| Q227a    | −0.39        | −0.52       | −0.03       | −0.16        | −0.30        | −0.31       |
| Q228a    | −1.31        | −1.44       | −1.24       | −0.84        | −0.98        | −0.91       |
| Q229a    | −0.16        | 0.03        | −0.21       | −0.11        | −0.03        | −0.11       |
| Q110a    | 0.07         | −0.06       | 0.48        | 0.17         | 0.03         | 0.60        |
| Q109a    | −0.45        | −0.58       | 0.09        | −0.24        | −0.38        | 0.19        |
| Q108b    | −0.90        | −1.03       | −1.07       | −0.91        | −1.05        | −1.13       |
| Q92      | 0.50         | 0.37        | 1.41        | 0.45         | 0.31         | 1.33        |
| Q229n    | −0.62        | −0.75       | −0.55       | −0.70        | −0.84        | −0.55       |
| Q109     | 0.51         | 0.38        | 1.48        | 0.51         | 0.57         | 1.51        |
| Q226n    | 0.42         | 0.29        | 1.22        | 0.55         | 0.41         | 1.26        |
| Q221n    | 0.40         | 0.27        | 1.24        | 0.47         | 0.33         | 1.27        |
| Q223n    | −0.53        | −0.66       | −0.84       | −0.52        | −0.66        | −0.76       |
| Q220t    | −1.51        | −1.64       | −1.93       | −1.19        | −1.33        | −1.96       |
| Q92a     | 0.46         | 0.33        | 1.39        | 0.54         | 0.40         | 1.47        |

It was revealed that concentrations of ferrous ions in water of Pleistocene, Neogene aquifers are inversely correlated with δ\(^{13}\)C in DIC as shown in Figure 11. This suggests that reduction of goethite by organic matters (reaction 13) is also occurring in these aquifers.

![Figure 11. Scatter plot of δ\(^{13}\)C vs. [Fe\(^{2+}\)] for water in Pleistocene, Neogene and Triassic aquifers in the study region.](image-url)

Results in Table 4 showed that calcite and aragonite in most sampling points are dissolving as SI\(_{cc}\)< 0 and SI\(_{arag}\)< 0. Considering δ\(^{13}\)C in DIC originated from mineralization of organic matters
of C3 plants be −23‰, δ13C in DIC resulted from carbonates mineralization be −1.5‰ for the region, and average δ13C in DIC of water samples be −12.5‰ (Figure 11), one could estimate the contribution of inorganic carbonate DIC in water samples to be as high as around 50% based on binary mixing model.

5. Conclusions

Data of water isotopic compositions in groundwater in southern part of the Red River’s Delta plain show that water in shallow Holocene aquifer is saline of Na-Cl type and currently affected by saltwater intrusion. Groundwater in deep Pleistocene, Neogene and Triassic aquifers of SW area is fresh, however that occurring across the NE region is brackish. Higher salinity of groundwater from deep aquifers of NE is due to migration of entrapped saline pore water from aquifer and/or aquitard deposits to aquifers. The hydro-geochemistry of the region is controlled by reduction of sulphate and iron-oxyhydroxide by organic matters and dissolution of inorganic carbonate minerals in aquifer sediments. Groundwater in deep aquifers of the study region is originated from meteoric water. The recharge area of deep aquifers is the northwest extension of the study region, at an altitude of 140-160m above sea level and water flows from northwesterly towards southeasterly to the sea coast at a rate of 2.5 m year−1.

The extraction rate of fresh water from Pleistocene aquifer was over its recharge rate, thus leading to inter-aquifer leakage of water from Neogene and Triassic aquifers to Pleistocene aquifer through faults and fissures in the basement formation. At the same time, the over rate of freshwater mining from Pleistocene causes saline water from the seaside to flow backwards to the production well field that deteriorates the quality of drinking water supplied to local population. Therefore, it is highly advisable that a short-term appropriate strategy for groundwater management in the region is developed and implemented in order to avoid the threat of saltwater intrusion. The most effective measure for preventing seawater intrusion at present is control over groundwater mining at a rate not exceeding current production yield of 95,000 m³ day−1.

Supplementary Materials: The following are available online at http://www.mdpi.com/2073-4441/11/10/2120/s1, Table S1: Water isotopic compositions in water and carbon-13 in DIC and 14C-age of water samples under the study, Table S2: Chemistry of water samples under the study.

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