Cotton Terry Textiles with Photo- and Bio-Activity in a Model Study and Real Conditions

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Abstract: The aim of the study was to assess the photocatalytic (decompose staining particles, K/S values, the color differences, CIE L*a*b* color) and antimicrobial properties of textiles modified with TiO$_2$ and ZnO nanoparticles (NPs) confirmed by X-ray diffraction, dynamic light scattering, SEM-EDX) in visible light conditions. The antimicrobial effectiveness of modified textiles under model conditions has been reported against 5 microorganisms: Staphylococcus aureus, Escherichia coli, Bacillus subtilis, Candida albicans, Aspergillus niger (AATCC Test Method 100-2004). In real conditions in bathrooms, significant biostatic activity was shown on the surface of the modified towels. The number of microorganisms decreased by 1–5 log to the level of 0–5 CFU/cm$^2$ in the case of bacteria: Enterobacteriaceae, Enterococcus, the coli group and E. coli, Pseudomonas. Statistically significant reduction of the total number of bacteria and fungi (by 1 log), and the concentration of gases (NO$_2$, CO$_2$, CO) in the air of bathrooms was determined. The removal or reduction of volatile organic compounds (VOCs) concentration (SPME-GC-MS analysis) in the air above the modified towels has also been determined. It was found that the lighting type (natural, artificial), time (1.5 and 7 h/day), air humidity (RH = 36–67%) and light intensity (81–167 lux) are important for the efficiency of photocatalysis. Textile materials modified with TiO$_2$ and ZnO NPs can be used as self-cleaning towels. They can also help purify air from microorganisms, VOCs and undesirable gases.

Keywords: photocatalysis; self-cleaning materials; textiles; air quality; microorganisms; titanium dioxide; zinc oxide; volatile organic compounds

1. Introduction

Photocatalysis is defined as the chemical reactions under the action of ultraviolet, visible or infrared radiation in the presence of photocatalysts, which absorb light and are involved in chemical transformation (International Union of Pure and Applied Chemistry, 2004). The basic mechanism is the formation of ROS (reactive oxygen species) including radical reactive oxygen forms, such as superoxide anion radical (O$_2^-$) and highly reactive hydroxyl radical (OH), and non-radical reactive oxygen forms, such as hydrogen peroxide (H$_2$O$_2$), singlet oxygen ($^1$O$_2$) and ozone (O$_3$) [1,2].

Photocatalysis is considered as an efficient disinfection technique suitable for medical and pharmaceutical purposes, food protection, wastewater treatment, and the disinfection of water and
indoor air [3–5]. TiO$_2$ is the most popular photocatalytic material used as a self-cleaning material for surface coating in many applications, for example as an antimicrobial component of construction materials, glass, cement, polymers, ceramics, metals and paint coatings [6,7]. Textile materials with self-cleaning properties padded/coated with photocatalytic nano-compounds have received intensive scientific interest in recent decades [2,8]. Self-cleaning finishes have been applied to cotton [9–11], wool [12], PET [13] and mixed fibers [14].

Disinfection practices still deserve interest for the development of novel photocatalysts with the use of different experimental systems: TiO$_2$ coating/doping with various metal nanoparticles (NPs), e.g., Zn, Cu, Pt, Ag, Cd, Mo and Co, and type of irradiation, e.g., visible light [15,16]. The most popular photocatalytic compound for textile applications among other semi-conductor metal oxides is TiO$_2$, due to its high stability, high photocatalytic activity and non-toxicity [2,8]. Recently, an increase in the use of ZnO photocatalysts for textile finishing in the literature is observed [17]. Both TiO$_2$ and ZnO photocatalytic NPs have a similar wide band gap that limits their activity in the UV region of light [18–20]. Metal/non-metal doping extends their spectral response to visible light [12,17,19–21]. Caschera et al. showed that europium doped TiO$_2$ finished cotton textiles have photocatalytic activity in UV and visible light and were even more effective in visible light [22]. Zahid at al. demonstrated, that cotton fabric functionalized with manganese doped TiO$_2$ showed excellent photocatalytic activity under visible light [23]. TiO$_2$/diazonium/graphene oxide composite exhibited photocatalytic degradation of some dyes under visible light [24]. Moreover, the combination of ZnO and TiO$_2$ metal oxides increases energy absorption, stability and their photocatalytic activities [12].

Photocatalysis proceeds via redox reactions generally by predominating oxidative reaction pathways. Besides the degradation of diverse organic and inorganic compounds, mainly dyes, toxic substances and volatile organic compounds (VOCs), an important aspect is microorganism inactivation by photocatalysis [16,25]. Recently, studies on photocatalytic activity have been intensively conducted on a wide spectrum of microorganisms, including many species of viruses (e.g., MS2 phage, RNA bacteriophage and phi164), bacteria (e.g., *Escherichia coli, Staphylococcus aureus, Bacillus subtilis*, total coliforms, *Salmonella* sp. and *Pseudomonas* sp.), fungi (e.g., *Fusarium* sp., *Candida albicans* and *Aspergillus niger*), and parasites (e.g., *Giardia intestinalis* and *Cryptosporidium parvum*) [5,6,16,26]. The main mechanism of photocatalytic antimicrobial reactions under light conditions is based on the complex chemical oxidation of the cell wall and cell membranes, mainly including reactions of ROS with major cell components, such as lipids and proteins [27,28].

It was found that the photocatalytic activity of TiO$_2$ NPs onto textile materials is influenced by crystal structure [29], particle size and shape [18], TiO$_2$ content [9], light type (UV and/or visible light [9], light intensity and irradiation time [10,11,30], as well as doping method [11]. The self-cleaning properties of textiles treated with ZnO NPs depend on ZnO concentration on the fibers and fabric preparations [31], relative humidity and water content on the fabric surface [17], as well as doping method [12].

In model studies, it was found that the efficiency of photocatalysis in the air is mainly influenced by parameters such as the type and surface of the photocatalytic material, the type, intensity and time of lighting, as well as the relative humidity of the air [3,7,32–35].

Thus far, research on the efficiency of photocatalysis of modified textile materials has focused mainly on model conditions, concerning water and air disinfection [4,16,34]. Studies on TiO$_2$ modified photocatalytically active textiles concerned chitosan or cotton-chitosan and polyester, which showed biological activity against the following bacteria: *E. coli, S. aureus, B. cereus* [33,34].

Photocatalytic solutions of textile materials, especially towels in visible light have not been described in real conditions. Therefore, the purpose of the present study included: (1) the assessment of selected self-cleaning properties of modified textiles; (2) the assessment of the antimicrobial activity of photocatalytically (TiO$_2$ and ZnO NPs) modified textile materials under model conditions; (3) the assessment of the microbiological contamination of the surface of photocatalytically modified towels, the microbiological contamination of air, and volatile organic compound and gas (carbon dioxide, carbon monoxide and nitrogen dioxide) concentrations in air under real conditions.
Modification of cotton terry textiles with above mentioned oxides is an attempt to obtain new kind of safe and environmentally friendly textile materials for multipurpose applications.

2. Materials and Methods

2.1. Textile Modification

A 100% cotton double-side terry woven fabric with three-weft assembled weave and declared surface mass of 500 g/m² was made by ZWOLTEX z o.o., Zduńska Wola, Poland. The terry woven fabric was manufactured using basic warp and weft systems and the warp loop system. The basic warp and weft yarns were classic carded 100% raw cotton yarn, and open end 100% raw cotton yarn respectively. The finest warp yarn was 40/2 Nm, while the finest weft yarn was 25 Nm. The loop yarn was classic combed 100% raw cotton with the finest being 25 Nm.

2.1.1. Fabric Pre-Treatment and Dyeing

Prior to modification, the fabric was pre-treated and reactive-dyed under industrial conditions using periodic finishing methods in rope form. First, the fabric was desized using the commercial desizing enzyme α-amylase—NewZyme SDL New (NewEnzymes, Pedrouço, Portugal). Next, scouring and peroxide bleaching were performed at reduced temperature in an alkaline bath maintaining the wetting and scouring agents stable in alkaline conditions (Cottoclarin OK, Pulcra Chemicals GmbH, Geretsried, Germany), using a peroxide decomposition stabiliser (Setalan Eco Bleach, Setas Kimyo Sanayi, Çerkezköy, Turkey), a sequestering-dispersing agent (Plexmet KDM, Achitex Minerva S.p.A, Vaiano Cremasco, Italy), hydrogen peroxide and sodium hydroxide. Subsequently, a bath peroxide residue clean-up, bio-finishing and reactive dyeing were performed. Bio-finishing was intended to enhance fabric appearance, improve softness and remove protruding fibers. A complex enzymes agent composed of neutral cellulase and catalase enzymes (NewCell Combi, NewEnzymes Pedrouço, Portugal) together with the sequestering-dispersing agent Plexmet KDM were used. The fabric was dyed using aminochlorotriazine reactive Procion HE-XL dyes (DyStar, Raunheim, Germany). The well-known hot brand reactive dye method was used. After dyeing, the fabric was neutralized using diluted acetic acid, rinsed, washed and rinsed several times again in order to remove unfixed reactive dyes from the fabric.

After the dyeing process, the terry woven fabric intended for making the control towels (without modification) was submitted to softening in an acidic bath containing cationic softeners Crosdurin GP (Eurodyte-CTC, Jodoigne, Belgium) and Persoftal Hydrosoft (Tanatex Chemicals B.V., Ede, The Netherlands). Afterwards, the fabric was dried at 150 °C for 5 min in open width form using the continuous tumbler dryer Pentec Energy X-Stream 3000/2800 (Penteck Textile Machinery Srl, Montemurlo, Italy).

2.1.2. Fabric Modification Using Nanoparticles (NPs) with Photocatalytic Properties

Water dispersion of ZnO NPs (zincite crystal structure, NP mean size 86 nm and specific surface area 100 ± 10 m²/g) and TiO₂ NPs (rutile crystal structure, N-doped crystal lattice, NP mean size 30 nm and specific surface area >60 m²/g) were purchased from Bochemie (Bohumin, Czech Republic) and Cinkarna (Celje, Slovenia) respectively. Dyed woven terry fabric was submitted to the functionalization process under industrial conditions using a continuous method. The fabric was open width padded using the Bianco M15/2019 Padder Model RW2800/2600 FWMM (Bianco S.P.A., Alba, India) in a bath containing 2.5 g/dm³ ZnO NPs, 2.5 g/dm³ N-doped TiO₂ NPs, 40 g/dm³ Persoftal Hydrosol (softening agent) and 0.6 g/dm³ Newalol PFN (wetting and deaerate agent). The pressure of squeezing shafts was 3 atm. Subsequently, the fabric was dried at 150 °C for 5 min in open width form using the continuous tumbler dryer Pentec Energy X-Stream 3000/2800 (Penteck Textile Machinery Srl, Alba, Italy).

All finishing processes (pre-treatment, bleaching, dyeing, softening, modification) were carried out in ZWOLTEX z o.o., Zduńska Wola, Poland. A schematic representation of the finishing process
is presented in Figure 1. The modification process with ZnO NPs and N-doped TiO$_2$ NPs of terry woven fabric is protected by Polish patent application No P.433366.

Figure 1. Schematic representation of finishing processes.

2.2. Material Characterisation

2.2.1. Nanoparticles (NPs) Characterisation

X-ray diffraction (XRD) analysis was used to confirm the crystal structure of ZnO and TiO$_2$ NPs in commercial dispersions. The diffraction patterns were collected using a PANalytical X’Pert Pro MPD diffractometer in Bragg Brentano reflection geometry (Malvern Panalytical Ltd., Malvern, England). The diffractometer was equipped with Cu K$_\alpha$ radiation source ($\lambda = 1.5418$ Å). Data was collected in the 2$\theta$ range of 5–90$^\circ$.

Dynamic light scattering (DLS) was used to determine the size and the size distribution profile of ZnO and TiO$_2$ particles in dispersions. The Particle Sizing System NICOMP 380, a product of Nicomp, (Santa Barbara, CA, USA) was used. The measurements were performed at the temperature of 23 °C. Data were acquired and processed by CW388 software (version 1.55, Nicomp, Santa Barbara, CA, USA).

2.2.2. Textile Material Characterisation

Morphological observation of ZnO and TiO$_2$ finished textiles was carried out using Scanning Electron Microscope (SEM) VEGA3-SBU (Tescan, Brno, Czech Republic). The elemental analysis of modified textiles was performed by energy dispersive X-ray spectroscopy (EDX) (Oxford Instruments Analytical, Abingdon, England). Before SEM-EDX investigation, the samples were placed on carbon plasters and coated with gold using Cressington Sputter Coater 108 auto (Cressington Scientific Instruments UK, Watford, England). In order to analyze the selected properties of the finished terry woven fabric towels, surface mass, time of water absorption and selected color fastness were determined.
The surface mass was measured in accordance with [36]. Samples of terry fabric with dimensions of 10 cm × 10 cm were weighed and the results are the arithmetic mean of five weightings. The time of absorption was determined according to [37]. Samples of towels before and after modification with dimensions of 10 cm × 10 cm were laid on the surface of the water and the duration of the complete immersion of the samples was recorded. The time of absorption is the arithmetic mean of five measurements. Fastness to washing in 60 °C was carried out according to [38] was determined in accordance with [39]. A grey scale was selected to evaluate color fastness to washing and rubbing.

The ability of a cotton surface modified with photocatalytic compounds to decompose staining particles was tested. Self-cleaning properties were determined using 100% cotton woven fabric (made with bleached cotton yarn) of diagonal wave, desized and modified under laboratory conditions. A padding bath with the same composition as in industrial conditions was applied using a laboratory padding-squeezing machine (E. Benz, Zurich, Switzerland). The pressure of padding-squeezing rolls was 40 kG/cm. Then, the cotton samples were dried at 150 °C for 3 min using a laboratory stenter drying-curing machine, (E. Benz, Zurich, Switzerland). Prior to the self-cleaning experiment, modified cotton samples were stored in the dark for 2 days.

Blackcurrant nectar containing 25% blackcurrant juice (Hortex Sp. z o.o., Warszawa, Poland) was selected to assess self-cleaning properties. Juice staining was applied onto the fabric surface using stamp printing. Printed samples were dried in the dark. One-half of stained samples (control and modified) were irradiated for 6 h using a 160 W mercury lamp (Solar Glo PT2193, Exo Terra, Montreal, QC, Canada) with a spectrum similar to the spectrum of sunlight at a distance of about 30 cm above the sample surface. The UVA/B radiation was at an intensity of approximately 1.4 mW/cm². The UVA/B radiation intensity was monitored by means of a UV-AB ST513 SENTRY radiation meter (Sentry Optronics Corp., Taipei, Taiwan). The irradiated samples were sprayed with distilled water before and after each hour of irradiation. The other half of stained samples were stored in the dark. The stained samples (irradiated and unirradiated) were subjected to color measurements using the Spectraflash 300 colorimeter (DataColor, Rotkreuz, Switzerland). Prior to measurement, the instrument was calibrated according to the manufacturer’s instructions.

The light reflectance R(%) was measured in the range of 400–700 nm. The self-cleaning action was monitored by comparing the K/S values, the color differences and CIE L*a*b* color system between irradiated and unirradiated stained samples. L* is a coordinate of lightness, a* and b* are termed opponents to color axes.

K/S values were determined using Equation (1):

\[ K/S = (100 - R)^2/(200R) \]  

where: R—light reflectance

The color differences were determined using Equation (2):

\[ \Delta E^* = \sqrt{(\Delta L^*)^2 + (\Delta a^*)^2 + (\Delta b^*)^2} \]  

where:

\( \Delta L^* \) —lightness differences between reference and measured samples
\( \Delta a^* \) —red/green differences between reference and measured samples
\( \Delta b^* \) —yellow/blue differences between reference and measured samples

2.3. Microorganisms

In the model experiment, five microorganisms from the American Type Culture Collection (ATCC) and the National Collection of Agricultural and Industrial Microorganisms (NCAIM): Staphylococcus aureus ATCC 6538, Escherichia coli ATCC 10,536, Candida albicans ATCC 10231, Aspergillus niger ATCC
16,404 and Bacillus subtilis NCAIM 01,644 were used. The selected microorganisms represent different morphology, physiology and sensitivity to disinfection.

2.4. Characteristics of Real Conditions

The impact of control and modified towels on the amount of microorganisms (bacteria, fungi) in the air, and the concentration of selected gases (carbon dioxide, carbon oxide, nitrogen dioxide, ozone) in the air during seven days of use was assessed in two different bathrooms: Bathroom No. 1 (cubature—12.86 m³, artificial light, central heating, mechanical ventilation, number of users—4 adults); Bathroom No. 2 (cubature—40.5 m³, natural light—1 window 0.9 × 0.9 m, central, gas and floor heating, mechanical ventilation, number of users—2 adults, 2 children). Two towels were used in each bathroom (control towels during seven days, then modified towels for the next seven days). Towels were hung the whole surface on bathroom hangers. Before each series of experiments (with control and modified towels), bathrooms were cleaned the same way with the same cleaners. In the bathrooms, measurements of air temperature, relative humidity of the air (RH), light intensity and lighting time were made every day (about 10 cm above the surface of the towel). Air humidity and temperature were measured using an HL-1D hygrometer (Rotronic, Bassersdorf, Switzerland) and light intensity using a BL-10L luxometer Voltcraft BL-10L, (Conrad Electronic, Kraków, Poland). In addition, concentrations of selected gases in the indoor air (carbon dioxide, carbon oxide, nitrogen dioxide, ozone) were measured daily using a gas analyser X-am 5600 (Dräger, Lübeck, Germany). The concentration of ozone in the air in the bathrooms was at a minimal level within the range of 0.00–0.04 ± 0.02 ppm. The microclimatic and lighting parameters (average values from three daily measurements) during the experiment in the bathrooms are given in Table 4.

2.5. Antimicrobial Activity of Textiles—Model Study

The antimicrobial activity of textiles under model conditions was determined by the AATCC Test Method 100-2004 [40] according to previous studies [41]. The densities of inoculums were established by the culture method. The densities for the tested microorganisms were: 5.7 × 10⁷ CFU/mL (B. subtilis), 7.3 × 10⁸ CFU/mL (A. niger), 2.3 × 10⁸ CFU/mL (C. albicans), 7.2 × 10⁸ CFU/mL (S. aureus), 4.4 × 10⁹ CFU/mL (E. coli). The suspension of microorganisms (0.1 mL) was inoculated on the surface of the modified and control samples (area 4 cm²). Next, the samples were incubated at temp. 30 ± 2 °C and RH: 80 ± 1% without lighting (in a Binder-720 climate chamber, Tuttlingen, Germany). An additional sample with E. coli was incubated in room conditions (RH = 43 ± 5%, temp = 21 ± 2 °C, light intensity 69.5 ± 10 lux, lighting time 420 min). Samples were collected after time t = 0 h and 24 h, transferred into saline (50 mL sterile 0.85%) and shaken (5 min). Then, the method of serial dilutions in saline (from 10⁻² to 10⁻⁶) and the culture method were performed. The microorganisms were cultured in the following conditions: MEA medium (Malt Extract Agar, Merck, Darmstadt, Germany), temp. 27 ± 2 °C, 48–72 h (number of fungi); TSA medium (Tryptic Soy Agar, Merck, Darmstadt, Germany), temp. 30 ± 2 °C, 24–48 h (number of bacteria). After incubation, the colonies were counted and the result was given as colony forming units per 4 cm² of sample (CFU/sample). The tests were performed in three independent replicates for each variant. Survival index (N) after 24 h incubation and antimicrobial biostatic activity (A) were determined.

The microbial survival index was determined using Equation (3):

\[
N = (N_t/N_0) \times 100\%
\]  

(3)

where:

- \(N_0\)—number of microorganisms on textile material (CFU/sample) at time \(t = 0\) h
- \(N_t\)—number of microorganisms on textile material (CFU/sample) at time \(t = 24\) h
Biostatic activity was determined using Equation (4):

\[ A = \log \frac{N_C}{N_m} \]  

(4)

where: \(N_C\) — number of microorganisms on textile material (CFU/sample) after incubation on the control textile material; \(N_m\) — number of microorganisms on textile material (CFU/sample) after incubation on modified textile material.

The results of biostatic activity were compared to criteria using normative findings in order to determine the biostatic effect of disinfectants against microorganisms [42]. Activity below 1 was considered low, activity at the level of 1–3 was considered medium, and above 3 it was high, assuming that the value of 1 means a decrease in the number of microorganisms by one logarithmic scale.

2.6. Microbial Analysis of Towel Surface—Real Conditions

The assessment of microbiological contamination of the control and modified with photocatalytic compounds towels was carried out after seven days of use by three people (each person used a control towel for seven days, and then a modified towel for the next seven days). Towels were used in bathrooms No. 1–2. Then, 200 cm\(^2\) of towel samples were taken from each towel for testing. They were shaken in saline, diluted and cultured, and incubated in various conditions, which allowed the assessment of their microbiological contamination. The following media and incubation conditions were used: MEA (Malt Extract Agar, Merck, Darmstadt, Germany) with chloramphenicol (temp. 27 °C, 48–72 h (total number of fungi); TSA (Tryptic Soy Agar, Merck, Darmstadt, Germany) with nystatin, temp. 37 °C, 24–48 h (total number of bacteria); TBX Agar (Tryptone Bile X-Glucoronide, Oxoid, Basingstoke, UK) and Chromocult Coliform Agar (Merck, Darmstadt Germany), temp. 37 °C, 24–48 h (coli group and Escherichia coli); VRBD (Crystal-Violet Neutral-Red Bile Dextrose Agar, Merck, Darmstadt, Germany), temp. 37 °C, 24–48 h (Enterobacteriaceae); Cetrimide Agar (Merck, Darmstadt, Germany), temp. 37 °C, 24–48 h (Pseudomonas); Slanetz and Bartley Agar (Merck, Darmstadt, Germany), temp. 37 °C, 24–48 h (Enterococci). After incubation, the colonies were counted and the result was given in CFU/cm\(^2\). The results are the arithmetic mean of three towels and three replicates for each determination.

Bacteria and fungi constituted the dominant microflora on the tested towels and were selected for identification (frequency of occurrence—above 30% of all isolates). Bacterial identification was made on the basis of observation of macroscopic features, Gram staining, catalase and API STAPH tests (bioMérieux, Marcy l’Etoile, France). Yeasts were identified using the API C AUX test (bioMérieux, Marcy l’Etoile, France). Identity compliance % ID was 97.4–99.9% for bacteria and 78.4–98.3% for yeasts.

2.7. Microbial Air Contamination Assessment—Real Conditions

The number of bacteria and fungi in the air during seven days of use of the control and modified towels in two bathrooms were determined. Samples of the air (volume 100 L) after 1, 4 and 7 days of use were taken using a Mass 100 Air Sampler (Merck, Germany). Microorganisms were cultured in the following conditions: MEA with chloramphenicol, temp. 27 ± 2 °C, 48–72 h (total number of fungi); TSA with nystatin, temp. 30 ± 2 °C, 24–48 h (total number of bacteria). After incubation, the colonies were counted and the result was given in CFU/m\(^3\). The tests were performed in three replicates at a distance of 50 cm from the towels.

2.8. Analysis of Volatile Organic Compounds—SPME-GC-MS

The volatile compounds in the towels (after seven days of use) were collected via solid phase microextraction (SPME) and then analysed with gas chromatography coupled with mass spectrometry (GC-MS). Prior to extraction, a towel sample was cut (1 g), placed in a glass vial (22 mL) and closed tightly. The sample was equilibrated for 15 min at 40 °C and then volatiles were collected onto an SPME fiber (DVB/CAR/PDMS, 50/30 µm, 1 cm length; Supelco, Bellefonte, PA, USA) for 15 min, at the same
temperature. Prior to each extraction, the fiber was conditioned for 10 min, at 250 °C. After extraction, the fiber was placed into a GC injection port for volatile desorption (5 min, 250 °C). The sample injection was performed in splitless mode. Gas chromatography analysis was carried out using Agilent 7890A (Agilent Technologies, Santa Clara, CA, USA). Volatile compound detection was carried out using mass spectrometer Agilent MSD 5975C (Agilent Technologies, Santa Clara, CA, USA). The DB-1 ms capillary column (30 m × 0.25 mm × 0.25 µm, Agilent Technologies Santa Clara, CA, USA) was used for volatile compound separation. The oven temperature program was as follows: 30 °C for 6 min, increasing to 240 °C at a rate of 10 °C/min and held for 2 min. The temperature of the mass spectrometer ion source, transfer line and quadrupole analyzer was set at 230, 250 and 150 °C respectively. The electron impact energy was 70 eV. The mass spectrometer operated in the full scan mode. Qualification of volatile compounds was performed by comparison of the obtained spectra with reference mass spectra from the NIST/EPA/NIH Mass spectra library (2012; version 2.0 g.) and the Kovats retention indices (RI) calculated for each peak with reference to the n-alkane standards (C6–C20). Each towel sample was analysed in triplicate.

3. Results

The results of XRD measurements of ZnO and TiO2 commercial dispersions of NPs are shown in Figure 2. The XRD pattern of ZnO NPs (Figure 2a) shows diffraction peaks at 2θ = ca. 31°, 34°, 36°, 47°, 56°, 62°, 66°, 67°, 69°, 72°, 77° and 81°, which are characteristic for hexagonal zincite ZnO [43]. The XRD pattern of TiO2 NPs (Figure 2b) shows diffraction peaks at 2θ = ca. 27°, 36°, 39°, 41°, 44°, 54°, 56°, 63°, 64° and 69°. The XRD pattern are characteristic for tetragonal rutile TiO2 [44,45].

![XRD patterns of (a) ZnO and (b) TiO2 NPs commercial dispersion.](image)

The results of size and particle size distribution of ZnO and TiO2 NPs in commercial dispersions obtained by the DLS measurements are shown in Table 1.
Table 1. Size and particle size distribution of ZnO and TiO$_2$ NPs in commercial dispersions as obtained by the DLS analysis.

| NPs   | Fraction | Volume Weighted                  | Number Weighted                  |
|-------|----------|-----------------------------------|-----------------------------------|
|       |          | Diameter (nm) | Percentage (%) | Diameter (nm) | Percentage (%) |
| ZnO   | 1        | 7.1            | 87.2            | 7.0            | 96.0            |
|       | 2        | 23.8           | 12.7            | 23.0           | 4.0             |
|       | 3        | 181.0          | 0.1             | 168.2          | 0.0             |
| TiO$_2$| 1        | 6.3            | 85.4            | 6.3            | 95.3            |
|       | 2        | 21.4           | 14.6            | 20.8           | 4.7             |

The Nicomp distributions of the intensity-, volume- and number-weighted data collected for ZnO and TiO$_2$ NPs in dispersions are shown in Figure 3. The assumptions of DLS Nicomp analysis were described in details by [41]. DLS analysis of particles size and size distribution confirms that ZnO and TiO$_2$ are in dispersions in the form of nanoparticles. The size of ZnO NPs and TiO$_2$ NPs in dispersions are in the range of 7.1–23.8 nm and 6.3–21.4 nm, respectively. The biggest percentage fine fraction of particles, both for ZnO and TiO$_2$ NPs are observed in dispersions in the range of 85.4–87.2% for volume weight intensity and 95.3–96% for number weight intensity.

Figure 3. Nicomp distribution analysis of the intensity-, volume- and number-weighted data collected for (a) ZnO and (b) TiO$_2$ NPs in commercial dispersions.

The morphology of ZnO and TiO$_2$ modified cotton terry towels was examined with the scanning electron microscopy (SEM) technique. Figure 4 shows SEM images of unmodified and modified cotton terry towels with magnification of ×6000 and ×10,000, respectively. It can be seen the nanoparticles homogeneously (Figure 4b) dispersed on the fibers surface. Unfortunately, a magnification of SEM microscope did not allow to clearly shown the nanoparticles as were stated by the DLS analysis.
The EDX studies (Figure 5) confirmed the presence both Zn and Ti elements on the surface of modified cotton terry towels.

![Figure 4. SEM images of (a) unmodified and (b) ZnO and TiO$_2$ modified cotton terry towels.](image)

The EDX spectra of cotton terry towels modified with ZnO and TiO$_2$ NPs.

![Figure 5. Example of EDX spectra of cotton terry towels modified with ZnO and TiO$_2$ NPs.](image)

The evaluated 100% cotton towels were characterized by a high level of color fastness to washing in 60 °C and dry and wet rubbing (Table 2). No influence of the modification process with ZnO/N-doped TiO$_2$ NPs on the level of color fastness was observed. The results showed that modified towels had shorter adsorption time and higher surface mass than unmodified ones. The tested towels met the standard’s requirements for the level of color fastness to washing, dry and wet rubbing and absorption time [46].
Table 2. Selected properties and color fastness of terry cotton fabrics.

| Textiles   | Surface Mass (g/m²) | Time of Absorption (s) | Color Fastness |
|------------|---------------------|------------------------|----------------|
|            |                     |                        | Washing in 60 °C | Rubbing        |
|            |                     |                        | Color Change |
|            |                     |                        | Staining     |
|            |                     |                        | Dry          |
|            |                     |                        | Wet          |
| control    | 518                 | 5.21                   | 5            |
| modified   | 540                 | 5.08                   | 5            |

The results on the self-cleaning properties of modified materials assessed on diagonal cotton wave fabric using blackcurrant juice are shown in Table 3. The color variation of stained samples was assessed using K/S values, CIE L*a*b* coordinates and the color difference ΔE* before and after 6 h of UV/VIS irradiation. The L* value refers to sample lightness from 0 (black) to 100 (white), whereas a* and b* values characterize color variation: from green (−a*) to red (+a*) and blue (−b*) to yellow (+b*) respectively. Color difference ΔE* is a numerical comparison between the reference color and that of the tested samples. According to the well-known Kubelka–Munk theory, K/S value is linearly related to colorant concentration in the fabric.

Table 3. Self-cleaning properties.

| Textiles | K/S Values (540 nm) | ΔE* | L*  | a*  | b*  |
|----------|---------------------|-----|-----|-----|-----|
|          | BI      | A6I | BI  | A6I | BI  | A6I |
| control  | 0.50    | 0.37| 6.145| 73.38| 75.44| 15.23| 10.35| −2.22| 0.88 |
| modified | 0.42    | 0.17| 12.905| 73.57| 80.70| 9.56 | 2.52 | −1.86| 6.28 |

BI—before irradiation, A6I—after 6 h of irradiation.

Almost 60% reduction in K/S value after 6 h UV/VIS irradiation was observed for modified fabrics in comparison to 26% reduction for untreated fabric. Increase in L* values for control and modified blackcurrant juice stained fabrics indicated that both samples became lighter after UV/VIS irradiation. The L* value ranged from 73.38 and 73.57 to 75.44 and 80.70 for untreated and modified samples respectively. The modified sample, however, was lighter after irradiation than the untreated sample. ΔE* indicated significant color differences after irradiation (the higher the ΔE* value, the greater the color difference). UV/VIS irradiation significantly affected shade changes in the modified sample in comparison to the control, which was characterized by small shade changes. The b* movement from −1.86 to 6.26 and the a* movement from 9.56 to 2.52 represent a shift from red towards yellow after irradiation due to photodegradation of the color compound. This confirmed that the self-cleaning action of the fabric surface modified with ZnO/TiO₂ NPs has photocatalytic properties.

Study in model conditions showed that microorganisms survived on textiles in both control and modified materials (Figure 6). Survival indexes on control textiles ranged from N = 33.3% (A. niger) to N = 1800% (B. subtilis), which indicates that the number of microorganisms increased after 24 h incubation on textile materials. On photocatalytically modified textile materials, the survival index was N = 22.3–123.9% and the number of microorganisms decreased by one logarithmic scale after 24 h of incubation. Biostatic activity of photocatalytically modified textiles against the tested microorganisms in model conditions was on the low and medium level A = 0.4–1.62. The lowest activity of modified materials was determined for mold A. niger and the highest for bacteria B. subilis. Comparing two samples of the modified textile materials with E. coli under different lighting conditions (without light and under natural light), it was found that the biostatic activity of the material against this bacterium increased from A = 0.9 in conditions without light to A = 1 in natural light conditions after 24 h of incubation.
Figure 6. Antimicrobial activity of textiles—study in model conditions. N—survival index; Ba—biostatic activity; 1 sample incubated without lighting, 2 sample incubated with natural lighting.
Study in real conditions showed a much higher effect of photocatalytic activity against microorganisms than the model study. The microclimatic and lighting conditions in Bathroom No. 1 with artificial lighting and Bathroom No. 2 with natural lighting were different (Table 4): Bathroom No. 1, average RH = 65.6–66.8%, temp. 21 °C, light intensity 152.8–166.7 lux, lighting time 80.7–87.8 min/day; Bathroom No. 2, average RH = 36–44.5%, temp. 23 °C, light intensity 92.3–95.0 lux, lighting time 420 min/day. Microclimatic and lighting conditions in the bathrooms during the experiments with control and modified towels were the same (Table 4).

Table 4. Characteristics of microclimatic and lighting conditions in bathrooms during seven days of towel use—real conditions.

| Day | Bathroom with Artificial Lighting No. 1 | | | Bathroom with Natural Lighting No. 2 | | |
|-----|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|
|     | RH (%) | Temp (°C) | Light Intensity (lux) | Lighting Time (min/24 h) | RH (%) | Temp (°C) | Light Intensity (lux) | Lighting Time (min/24 h) |
|-----|--------|----------|----------------------|------------------------|--------|----------|----------------------|------------------------|
|     | Control Towels | | | Modified Towels | | |
| 1   | 58.8  | 22.0     | 173.0               | 55                     | 46.0  | 22.3     | 61.9               | 420                    |
| 2   | 67.2  | 21.1     | 165.6               | 70                     | 43.4  | 23.7     | 62.5               | 420                    |
| 3   | 62.1  | 21.2     | 156.3               | 100                    | 40.6  | 23.8     | 73.5               | 420                    |
| 4   | 63.8  | 20.8     | 160.3               | 105                    | 44.7  | 23.7     | 70.1               | 420                    |
| 5   | 62.7  | 20.3     | 171.3               | 110                    | 50.4  | 20.3     | 119.3              | 420                    |
| 6   | 68.7  | 22.5     | 169.7               | 100                    | 42.3  | 23.7     | 69.2               | 420                    |
| 7   | 78.7  | 21.9     | 171.0               | 75                     | 43.8  | 23.7     | 208.3              | 420                    |
| M   | 65.6  | 21.4     | 166.7               | 87.86                  | 44.5  | 23.0     | 95.0               | 420                    |

|     | Modified Towels | | | | | |
|-----|-----------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|
| 1   | 66.5  | 21.8     | 156.6               | 50                     | 39.6  | 24.1     | 64.4               | 420                    |
| 2   | 68.5  | 21.3     | 165.0               | 90                     | 39.8  | 23.6     | 96.6               | 420                    |
| 3   | 65.0  | 21.4     | 163.0               | 75                     | 39.6  | 24.1     | 90.9               | 420                    |
| 4   | 64.6  | 20.6     | 152.0               | 100                    | 32.5  | 23.9     | 88.0               | 420                    |
| 5   | 64.4  | 21.4     | 145.0               | 75                     | 32.0  | 23.5     | 103.4              | 420                    |
| 6   | 65.1  | 20.7     | 143.0               | 85                     | 34.8  | 23.1     | 99.6               | 420                    |
| 7   | 73.8  | 23.4     | 145.0               | 90                     | 33.7  | 23.4     | 103.0              | 420                    |
| M   | 66.8  | 21.5     | 152.8               | 80.7                   | 36.0  | 23.7     | 92.3               | 420                    |

M—mean; min—minutes, temp—temperature.

The microbial contamination of control towels used under real conditions in the bathrooms described was higher compared to the photocatalytically modified towels (Figure 7).
Figure 7. Microbial contamination of control and modified towels after seven days use—real conditions. The numbers on the figure are calculated biostatic activity.
Moreover, a significantly higher antimicrobial effect of modified towels was found under real conditions than in model conditions. The number of microorganisms on control towels after seven days of use was: total number of bacteria \((7.0 \times 10^6–2.6 \times 10^7\text{ CFU/cm}^2)\), total number of fungi \((4.5 \times 10^3–8.0 \times 10^4\text{ CFU/cm}^2)\). The dominating bacteria were: Enterobacteriaceae \((1.1 \times 10^5–1.3 \times 10^5\text{ CFU/cm}^2)\), Enterococcus genus \((4.4 \times 10^5–1.3 \times 10^6\text{ CFU/cm}^2)\) and Pseudomonas genus \((4.2 \times 10^3–7.5 \times 10^3\text{ CFU/cm}^2)\). The least number of the coli group and Escherichia coli on control towels after 7 days \((1.5 \times 10^1–5.5 \times 10^1\text{ CFU/cm}^2)\) was determined. The high number of bacteria on control towels is worth noting, namely above \(10^5\text{ CFU/cm}^2\) of the Enterobacteriaceae, Enterococcus genus. No significant differences were found between the microbial contamination of control towels used in both bathrooms (Figure 7). In the case of photocatalytically modified towels after seven days of use, the number of all groups of microorganisms was lower than in the case of control towels. The reduction of the microorganism number on modified towels compared to the controls was \(3–6\text{ log}\), which indicates high biostatic activity, much higher than in the model study \((1\text{ log})\). The biostatic activity of modified towels used in real conditions was higher against all groups of microorganisms tested \((A = 1.18–5.51)\) than textile materials in the model study \((A = 0.4–1.62)\).

The highest reduction of the number of microorganisms on modified towels was determined for bacteria. The number of Enterobacteriaceae, Enterococcus, the coli group and E. coli, and Pseudomonas decreased to \(0–5\text{ CFU/cm}^2\). A low number of fungi on the modified towels was also noted \((2.7 \times 10^1–5.3 \times 10^1\text{ CFU/cm}^2)\), while the number of bacteria was on the level of \(5.7 \times 10^1–1.5 \times 10^4\text{ CFU/cm}^2\).

There were no differences in microbiological contamination on the surface of modified and control towels in both types of bathrooms with artificial and natural lighting.

The identification of dominant microorganisms on modified towels after seven days of use (frequency above 30%) showed the presence of Staphylococcus \((S. hominis, S. xylosus, S. saprophyticus, S. lentus, S. warneri)\) and Kocuria varians bacteria, while Candida parapsilosis and Cryptococcus humicola were the dominant fungi. Microorganisms isolated from the modified towels belong to the natural skin microflora.

Microbiological air contamination and the concentration of gases in the air of bathrooms during the use of the towels varied depending on the type of towels and the type of lighting in the bathroom (Table 5). In bathrooms where control towels were used, the total number of bacteria was \(1.47 \times 10^3–2.05 \times 10^3\text{ CFU/m}^3\) and the total number of fungi \(6.4 \times 10^1–1.45 \times 10^2\text{ CFU/m}^3\). These levels of microbial air contamination remained constant during the experiment. The number of bacteria in the air of both bathrooms and the number of fungi in the air of the bathroom with artificial lighting were higher than the level of \(10^3\text{ CFU/m}^3\) for bacteria and \(10^2\text{ CFU/m}^3\) for fungi, which indicates a high level of microbial air contamination. When modified towels were used, a decrease in the number of microorganisms in the air of bathrooms during the experiment was found, and the average number of microorganisms was: for bacteria \(3.46 \times 10^2–6.97 \times 10^2\text{ CFU/m}^3\) and for fungi \(1.40 \times 10^1–3.55 \times 10^1\text{ CFU/m}^3\). A statistically significant decrease in the number of bacteria and fungi in the air was found by almost \(1\text{ log}\) compared to the bathroom where control towels were used. Moreover, significantly fewer microorganisms were found in the air in the bathroom with natural lighting where modified towels were used, than in the bathroom with artificial lighting, probably due to the greater activity of photocatalytic processes in natural lighting conditions. This is because the duration of lighting was much longer than in the bathroom with artificial lighting (Table 5).
Table 5. Microbial contamination of air and gas concentration in the air during seven days of towel use in different light conditions.

| Towels/Light Conditions | Days | Number of Microorganisms in the Air During Use of Towels | Gas Concentrations in the Air During Use of Towels |
|-------------------------|------|--------------------------------------------------------|--------------------------------------------------|
|                         |      | Bacteria (CFU/m³)                                      | Fungi (CFU/m³)                                   | NO₂ (ppm) | CO₂ (vol%) | CO (ppm) |
|                         |      | M: 2.19 × 10³ SD: 3.65 × 10²                         | M: 1.77 × 10² SD: 5.51 × 10¹                    | M: 0.46 SD: 0.06 | M: 0.14 SD: 0.01 | M: 33.67 SD: 4.51 |
| Control/artificial light | 1    | M: 1.84 × 10³ SD: 3.28 × 10²                         | M: 1.21 × 10² SD: 1.79 × 10¹                    | M: 0.43 SD: 0.11 | M: 0.18 SD: 0.01 | M: 32.33 SD: 4.16 |
|                         | 4    | M: 2.13 × 10³ SD: 2.80 × 10²                         | M: 1.37 × 10² SD: 1.55 × 10¹                    | M: 0.43 SD: 0.12 | M: 0.17 SD: 0.01 | M: 40.33 SD: 5.86 |
|                         | 7    | M: 2.05 × 10³ # SD: 1.87 × 10²                        | M: 1.45 × 10² # SD: 1.55 × 10¹                  | M: 0.44 SD: 0.02 | M: 0.16 SD: 0.02 | M: 35.44 SD: 4.28 |
| Control/natural light   | 1    | M: 1.69 × 10³ SD: 3.91 × 10²                         | M: 4.67 × 10¹ SD: 1.04 × 10¹                    | M: 0.02 SD: 0.00 | M: 0.12 SD: 0.00 | M: 25.33 SD: 12.58 |
|                         | 4    | M: 1.17 × 10³ SD: 1.94 × 10²                         | M: 9.67 × 10¹ SD: 1.03 × 10¹                    | M: 0.03 SD: 0.01 | M: 0.13 SD: 0.01 | M: 20.33 SD: 4.04 |
|                         | 7    | M: 1.55 × 10³ SD: 4.59 × 10²                         | M: 4.87 × 10¹ SD: 1.63 × 10¹                    | M: 0.02 SD: 0.01 | M: 0.11 SD: 0.01 | M: 21.00 SD: 1.00 |
| Modified/artificial light | 1    | M: 1.47 × 10³ # SD: 2.69 × 10²                        | M: 6.40 × 10¹ SD: 2.83 × 10¹                    | M: 0.02 SD: 0.01 | M: 0.12 SD: 0.01 | M: 22.22 SD: 2.71 |
|                         | 4    | M: 8.33 × 10³ SD: 2.52 × 10²                         | M: 2.33 × 10¹ SD: 5.77 × 10¹                    | M: 0.00 SD: 0.00 | M: 0.11 SD: 0.01 | M: 10.67 SD: 1.53 |
|                         | 7    | M: 1.39 × 10³ SD: 1.67 × 10¹                         | M: 1.33 × 10¹ SD: 5.72 × 10⁰                    | M: 0.00 SD: 0.00 | M: 0.13 SD: 0.02 | M: 16.66 SD: 1.52 |
| Modified/natural light  | 1    | M: 6.97 × 10² # SD: 5.04 × 10²                        | M: 3.55 × 10¹ # SD: 3.03 × 10¹                  | M: 0.11 * SD: 0.19 | M: 0.12 * SD: 0.01 | M: 23.44 * SD: 7.20 |
|                         | 4    | M: 2.92 × 10³ SD: 7.65 × 10¹                         | M: 3.00 × 10⁰ SD: 4.00 × 10⁰                   | M: 0.00 SD: 0.00 | M: 0.11 SD: 0.01 | M: 10.33 SD: 1.53 |
|                         | 7    | M: 3.25 × 10³ SD: 4.27 × 10¹                         | M: 5.33 × 10⁰ SD: 2.31 × 10⁰                   | M: 0.00 SD: 0.00 | M: 0.08 SD: 0.00 | M: 6.66 SD: 1.15 |
|                         |      | M: 4.20 × 10³ SD: 2.78 × 10¹                         | M: 6.67 × 10⁰ SD: 3.06 × 10⁰                   | M: 0.00 SD: 0.00 | M: 0.08 SD: 0.01 | M: 8.00 SD: 1.00 |
| M;SD                   |      | M: 3.46 × 10² # SD: 6.65 × 10¹                        | M: 1.40 × 10¹ # SD: 1.39 × 10¹                  | M: 0.00 * SD: 0.00 | M: 0.09 * SD: 0.01 | M: 8.33 * SD: 1.86 |

M—mean, SD—standard deviation; # high number of bacteria > 10⁴ CFU/m³; # high number of fungi > 10⁵ CFU/m³; * significant reduction of microorganism number in air/gas concentration in air during use of the modified towel compared to the control towel.
The gas concentration in the air of bathrooms where control towels were used (NO$_2$: 0.02–0.44 ppm; CO$_2$: 0.12–0.16 vol%; CO: 22.22–35.44 ppm) was statistically higher than in the air of bathrooms where modified towels were used (NO$_2$: 0.00–0.11 ppm; CO$_2$: 0.09–0.12 vol%; CO: 8.33–23.44 ppm) (Table 5). The lowest concentrations of gases in the air were found in the bathroom with natural lighting, where photocatalytically modified towels were used.

One-hundred-and-eleven volatile organic compounds were detected in the air above the tested towels. Most could be of cosmetic origin (96 compounds), but some were of textile (38 compounds) and microbial (29 compounds) origins (Table 6). Among the identified volatile compounds, 25 were detected in all samples and 36 in towel samples before use (textile origin). Among all the identified compounds, the concentration of 66 volatile compounds in the air above the modified towels decreased compared to the control towels. An increase in the concentration of VOCs in the air was found for 32 compounds, while no change was found for 13 compounds. Moreover, 17 compounds were not detected in the air above modified towels compared to the control towels. The results indicate that 15% of all VOCs were removed from the air over the modified towels, and that the concentration of 58% of all compounds was lower in the air as a consequence of the photocatalytic activity of the modified towels.

### Table 6. Volatile organic compounds identified in the air above towels (control and modified) after seven days of use in different light conditions.

| No. | Volatile Organic Compounds (VOCs) | Control | Modified | Area Reduction in Modified Sample/VOCs Origin |
|-----|----------------------------------|---------|----------|---------------------------------------------|
|     |                                   | Area    | % of Total Area | Area                  | % of Total Area |                                    |
| 1   | Ethanol                          | 64,209  | 0.37       | 623,788              | 4.42            | −/M, C                                |
| 2   | Isopropanol                      | 329,104 | 1.24       | 58,626               | 0.43            | +/M, C                                |
| 3   | 2-Butanone                       | 25,785  | 0.10       | 87,122               | 0.64            | −/M, C                                |
| 4   | Trichloromethane (syn. Chloroform)| 131,788 | 0.76       | 35,410               | 0.25            | +/T                                   |
| 5   | 1-Butanol                        | nd      | nd         | 134,561              | 0.99            | −/M, C, T                             |
| 6   | 3-Methyl-1-butanol               | 18,525  | 0.11       | 43,211               | 0.31            | −/M, C                                |
| 7   | 2-Methyl-1-butanol               | 6066    | 0.04       | 14,627               | 0.10            | −/M, C, C                             |
| 8   | 1-Pentanol                       | 12,684  | 0.09       | 12,400               | 0.09            | −/M, C, T                             |
| 9   | Toluene                          | 85,973  | 0.32       | 107,123              | 0.78            | −/M, C, T                             |
| 10  | Hexanal                          | 165,412 | 0.63       | 133,358              | 0.98            | −/M, C, T                             |
| 11  | Acetic acid, butyl ester         | 19,278  | 0.11       | 15,233               | 0.11            | −/M, C                                |
| 12  | 1-hexanol                        | 57,097  | 0.33       | 5508                 | 0.04            | +/M, C                                |
| 13  | Butanoic acid, ethyl ester       | 18,687  | 0.07       | 2058                 | 0.07            | +/−/M, C                              |
| 14  | 2-Pentanone, 4-hydroxy-4-methyl- (syn. Diacetone/Acetonylimid methlycarbinol) | nd      | nd         | 16,505               | 0.12            | −/C                                   |
| 15  | 2-Heptanone                      | 34,209  | 0.13       | 5301                 | 0.04            | +/M                                   |
| 16  | Heptanal                         | 31,581  | 0.18       | 17,058               | 0.12            | +/M                                   |
| 17  | Benzaldehyde                     | 38,333  | 0.23       | 31,922               | 0.23            | +/−/M, C, T                           |
| 18  | 2-Ethylcaprodehdle               | 14,812  | 0.06       | 9650                 | 0.06            | +/−/M, C, T                           |
| 19  | 2-Ethylbutyline                  | 14,720  | 0.09       | 8750                 | 0.06            | +/−T                                  |
| 20  | 1-Heptanol                       | 30,417  | 0.18       | 5704                 | 0.04            | +/C, T                                |
| 21  | 6-Methyl-5-heptene-2-one         | 58,622  | 0.22       | 36,606               | 0.27            | −/C                                   |
| 22  | 2-Octanone                       | 66,411  | 0.39       | nd                   | nd              | +/M, C, T                             |
| 23  | Octanal                          | 60,464  | 0.35       | 65,850               | 0.47            | −/M, C, T                             |
| 24  | Hexanoic acid, ethyl ester (syn. Ethyl caprate) | 31,829  | 0.18       | 7939                 | 0.06            | +/M, C                                |
| 25  | 1-(2-Methoxypropoxy)-2-propanol  | 66,640  | 0.39       | 7530                 | 0.05            | +/C                                   |
| 26  | Benzyl alcohol                   | 16,420.08 | 0.06   | 22,993               | 0.17            | −/M, C, T                             |
| 27  | Nitrohexane                      | 24,880  | 0.09       | nd                   | nd              | −/T                                   |
Table 6. Cont.

| No. | Volatile Organic Compounds (VOCs) | Control Area | Volatile Organic Compounds (VOCs) | Modified Area | Area Reduction in Sample/VOCs Origin |
|-----|----------------------------------|--------------|-----------------------------------|--------------|-------------------------------------|
| 28  | 1-Hexanol, 2-ethyl-              | 4,338,990    | 971,096                           | 7.11         | +/C                                 |
| 29  | Fenchene                         | 786          | nd                                | nd           | +/C                                 |
| 30  | 2-Ethylhexanol                   | 1,952,921    | 11.32                             | nd           | +/M, C, T                           |
| 31  | 3-methyl-6-hept-1-ol             | 3413         | 0.02                              | nd           | +/M, T                              |
| 32  | 1-Octanol                        | 238,954      | 1.39                              | 54,462       | 0.39                                |
| 33  | Nonanal                          | 1,460,458    | 5.52                              | 607,055      | 4.45                                |
| 34  | 1,6-Octadien-3-ol, 3,7-dimethyl- | 472,936      | 1.79                              | 580,980      | 4.25                                |
| 35  | 3-Octanol, 3,7-dimethyl-         | 2,164,449    | 8.18                              | 567,510      | 4.16                                |
| 36  | Fenchol                          | 13,311       | 0.05                              | nd           | +/C                                 |
| 37  | Methyl caprylate                 | 7905.46      | 0.03                              | nd           | +/M, C                              |
| 38  | Acetic acid, phenylmethyl ester  | 91,453       | 0.35                              | 99,061       | 0.73                                |
| 39  | Ethylene glycol monohexyl ether  | 14,127       | 0.08                              | 10,749       | 0.08                                |
| 40  | Benzenemethanol, alpha-methyl-, | 93,553       | 0.35                              | 161,549      | 1.18                                |
| 41  | 1,6-Nonadien-3-ol, 3,7-dimethyl- | 3,332,650    | 19.32                             | 1,016,358    | 7.21                                |
| 42  | Citronellol                      | 177,022      | 1.26                              |              |                                     |
| 43  | Octanoic acid, octyl ester       | 23,904       | 0.14                              | 32,311       | 0.23                                |
| 44  | Octanol                          | 477,556      | 1.80                              | 231,966      | 1.80                                |
| 45  | Decanol                          | 194,542      | 1.13                              | 314,444      | 2.23                                |
| 46  | Geranyl vinyl ether              | 36,582       | 0.14                              | 17,726       | 0.14                                |
| 47  | Cyclohexanol, 5-methyl-2-(1-methyl)- | 23,053       | 0.10                              | 13,632       | 0.10                                |
| 48  | Ethanol, 2-(2-butoxyethoxy)-     | 38,808       | 0.23                              | nd           | +/T                                 |
| 49  | 1,6-Octadien-3-ol, 3,7-dimethyl- | 23,904       | 0.14                              | 32,311       | 0.23                                |
| 50  | Benzylacetate                    | 477,556      | 1.80                              | 231,966      | 1.80                                |
| 51  | Decanal                          | 194,542      | 1.13                              | 314,444      | 2.23                                |
| 52  | Geranyl vinyl ether              | 36,582       | 0.14                              | 17,726       | 0.14                                |
| 53  | Cyclohexanol, 4-(1,1-dimethylethyl) | 23,053       | 0.10                              | 13,632       | 0.10                                |
| 54  | Dodecanal                        | 38,808       | 0.23                              | nd           | +/T                                 |
| 55  | Citronellol                      | 1,546,034    | 5.84                              | 530,238      | 3.88                                |
| 56  | D-Carvone                        | 140,583      | 0.53                              | 50,096       | 0.37                                |
| 57  | Octanoic acid, octyl ester       | 49,441       | 0.19                              | nd           | +/C                                 |
| 58  | Decanal                          | 529,339      | 2.00                              | 36,022       | 0.26                                |
| 59  | Linalyl acetate                  | 52,116       | 0.30                              | 28,266       | 0.20                                |
| 60  | Citral                           | 16,907       | 0.06                              | 2547         | 0.02                                |
| 61  | 1-Decanol                        | 446,504      | 2.59                              | 134,082      | 0.95                                |
| 62  | Napthalene, 1-methyl-            | 313,028      | 1.81                              | 207,695      | 1.81                                |
| 63  | Napthalene, 2-methyl-            | 34,336       | 0.13                              | nd           | +/C                                 |
| 64  | Benzeneethanol, alpha-alpha-     | 41,065       | 0.24                              | 12,481       | 0.09                                |
| 65  | 2,2-Dimethyl-1-(2-hydroxy-1-isopropyl) | 310,758     | 1.80                              | 126,974      | 0.90                                |
| 66  | 3-Hydroxy-2,2,4-trimethylpentyl | 360,979      | 2.09                              | 176,147      | 1.25                                |
| 67  | Lavandasul acetate               | 21,712       | 0.09                              | 12,519       | 0.09                                |
| 68  | Decanoic acid, ethyl ester       | 176,791      | 1.03                              | 33,981       | 0.24                                |
| 69  | Decanol                          | 86,895       | 0.50                              | 57,221       | 0.41                                |
| 70  | Decyl isobutyl carbonate         | 691,817      | 2.61                              | nd           | +/C                                 |
| 71  | 1-dodecanol                      | 1,542,500    | 5.83                              | 1,375,030    | 10.07                               |
| 72  | Nerylacetate                     | 198,334      | 1.15                              | 130,671      | 0.93                                |
| 73  | 1-Tetradecanol                   | 1,751,286    | 10.15                             | 934,744      | 6.63                                |
Table 6. Cont.

| No. | Volatile Organic Compounds (VOCs) | Control | Modified | Area Reduction in Modified Sample/VOCs Origin * |
|-----|----------------------------------|---------|----------|-----------------------------------------------|
|     |                                  | Area % of Total | Area % of Total |                                                |
| 78  | Butanoic acid, 1,1-dimethyl-2-phenylethyl ester (syn. Benzyl dimethylcarbinyl butyrate) | 70,933 | 0.41 | 33,589 | 0.24 | +/C |
| 79  | Benzenepentanoic acid, beta-methyl-, ethyl ester, (S)- dibenzofuran | 52,736 | 0.31 | 66,828 | 0.47 | −/C |
| 81  | Indan-1,3-diol monopropionate | 114,311 | 0.66 | nd | nd | +/C |
| 82  | Lily aldehyde | 2,550,199 | 9.64 | 862,292 | 3.11 | +/−C |
| 83  | Alpha-N-Methyl Ionone | 49,703 | 0.29 | 49,168 | 0.35 | −/C |
| 84  | Dodecanoic acid, methyl ester | 81,482 | 0.31 | 75,755 | 0.26 | +/T |
| 85  | 2(3H)-Furanone, 5-heptyldihydro- (syn. γ-Heptylbutyrolactone) | 41,414 | 0.16 | 17,536 | 0.16 | +/−C |
| 86  | γ-Dodecalactone | 37,804 | 0.22 | 15,687 | 0.11 | +/C |
| 87  | Diethyl Phthalate | 89,114 | 0.34 | 66,482 | 0.49 | −/C, T |
| 88  | Methyl P-T-Butylphenylacetate | 30,393 | 0.18 | nd | nd | +/C |
| 89  | Dodecanoic acid, ethyl ester | 120,403 | 0.45 | 285,712 | 2.09 | −/C |
| 90  | Propanoic acid, 2-methyl-, 1-(1,1-dimethylethyl)-2-methyl-1,3-propanediyl ester | 50,713 | 0.19 | 73,951 | 0.54 | −/C |
| 91  | Methanone, diphenyl- (syn. Benzophenone) | 30,428 | 0.11 | 57,138 | 0.42 | −/C |
| 92  | Cedrol | 74,426 | 0.28 | 50,004 | 0.37 | −/C |
| 93  | Dodecanoic acid, 1-methylethyl ester (syn. Isopropyl laurate) | 41,414 | 0.16 | 17,536 | 0.16 | +/−C |
| 94  | Heptadecane | 30,393 | 0.18 | nd | nd | +/C |
| 95  | Octanal, 2-(phenylmethylene)- (syn. α-Hexylcinnamaldehyde) | 660,220 | 3.83 | 466,424 | 3.81 | +/−C |
| 96  | Benzoic acid, phenylmethyl ester | 175,153 | 0.66 | 132,425 | 0.97 | −/C |
| 97  | Hexanedioic acid, bis(2-ethylhexyl) ester | 24,431 | 1.43 | 119,968 | 0.85 | +/C, T |
| 98  | Tonalid | 34,855 | 0.23 | 27,988 | 0.23 | +/C |
| 99  | Phthalic acid, hept-4-yl isobutyl ester | 2,482,769 | 9.38 | 131,723 | 0.96 | −/C |
| 100 | Hexadecanoic acid, methyl ester | 1,038,878 | 6.02 | 20,464 | 0.15 | +/T |
| 101 | Phthalic acid, butyl hex-3-yl ester | 763,942 | 2.89 | 64,088 | 0.47 | +/C |
| 102 | Hexanedioic acid, bis(2-ethylhexyl) ester | 251,496 | 1.46 | nd | nd | −/M |
| 103 | Ethylene brassylate | 75,788 | 0.44 | 12,541 | 0.09 | +/T |
| 104 | Isopropyl palmitate | 112,516 | 0.65 | 105,067 | 0.75 | −/C, T |
| 105 | Dodecanoic acid, isooctyl ester | 59,876 | 0.35 | nd | nd | +/C, T |
| 106 | Methyl stearate | 58,760 | 0.22 | nd | nd | +/C |

Summary: +66 −32 +/−13

* VOCs origin: M—microbial, C—cosmetic, T—textile on the basis of the literature [1–25]; VOCs identified in all samples (four replicates) marked in grey color; VOCs identified in control (without use of towels) and modified samples (origin T—textiles) marked in cream color; (+) the area under peak (VOCs concentration) decreased in modified sample compared to the control sample; (−) the area under peak (VOCs concentration) increased in modified sample compared to the control sample; (+/−) the areas under peak (VOCs concentration) in the modified and control samples are the same; nd—not detected.

4. Discussion

The objective of this study was to evaluate the photocatalytic and biological activity of 100% cotton terry towels modified with ZnO and N-doped TiO$_2$ NPs in model and real conditions. All stages of terry fabric finishing processes and towel making were carried out in industrial conditions according to patented finishing technology. Cotton terry towels were surface modified using commercial dispersions of ZnO and TiO$_2$ NPs. ZnO NPs present in dispersion is in the zincite crystal structure, while TiO$_2$ NPs is in rutile crystal structure as was stated from XRD analysis. The XRD measurements confirmed the declared by manufactures crystal phases of semiconductors in both commercial dispersions. The differences in size and particles size distribution of ZnO and TiO$_2$ in commercial dispersions...
declared by the manufacturers and obtained from the DLS analysis may be related to the different measurement techniques used.

The analysis of SEM micrographs of modified fabric has shown that the described padding-squeezing method of terry fabric modification allows the obtainment of NPs randomly distributed on the fibers surface, mainly in nanoscale size with a contribution of submicro-particles. Energy dispersive X-ray spectroscopy (EDX) was used to identify the elements present on the fabric surface. The determined amount of Zn and Ti atoms on the surface of the modified cotton terry towels corresponds well with the composition of the finishing bath, as was confirmed by EDX analysis.

It was observed that the modification process affects the fabric surface mass and time of absorption. Increases in surface mass and decreases in absorption time are probably connected with the deposition of NPs into fiber surfaces.

The photodegradation of blackcurrant juice staining on the surface of diagonally woven fabric modified with ZnO and N-dopped TiO$_2$ NPs under UV/VIS irradiation was confirmed. Most semi-conductors, such as ZnO and TiO$_2$, are activated by light only in the UV region, which limits their use in textiles for outdoor application. For indoor applications, where artificial light is predominantly in use, only visible light responsive photocatalysts can be used. For instance, N-doping of TiO$_2$ NPs extends the spectral response of photocatalysts to visible light [12,19,20]. ZnO and TiO$_2$ deposited in this study onto fiber surfaces show synergic photocatalytic effects. The authors are aware that this type of modification can cause the random distribution of both types of semiconductors on the fibers surface. However, preliminary research results indicate the synergic activity of both semiconductors, but this topic is beyond the scope of this publication.

In model conditions of the photocatalytically modified textiles, low and medium biostatic activity ($A = 0.4–1.62$) was observed towards the five tested microorganisms. Their sensitivity was ranked in the following order: $B. subtilis$, $S. aureus$, $E. coli$, $C. albicans$ and $A. niger$. Hence, higher sensitivity was demonstrated for Gram-positive bacteria than for Gram-negative ones, which complies with the studies by Pal et al. [47] and Seven et al. [48]. Other authors state that Gram-negative bacteria are more sensitive to photocatalysis than Gram-positive ones, which results from the much thinner structure of the cell membrane (fewer layers of peptidoglycan) in Gram-negative bacteria [4,6,49]. In the majority of papers, as confirmed by the present model studies, yeast and mold are indicated as organisms that are less sensitive to photocatalysis than bacteria, which can be attributed to the different structure of the cell envelopes and the formation of resistant spores by mold [7].

The discrepancies between the literature and the present data concerning bacterial sensitivity to photocatalysis may result from different model conditions (different photocatalysts, lighting and microclimatic conditions used in the tests). Consequently, various processes can take place, whose mechanisms are responsible for the microorganism growth inhibition effect. In the present model studies, the direct impact of biocides in the form of TiO$_2$ and ZnO on the microorganisms was the main biological mechanism on the material surface. The present model studies were carried out under high relative humidity conditions ($\text{RH} = 80\%$), with no access to light (incubation in a climate chamber), which determines the biological effect by metal ion penetration into the microorganism cells, multi-dimensional action through binding Ti$^{2+}$ and Zn$^+$ cations to proteins and DNA, inhibition of protein biosynthesis and, consequently, inhibition of metabolism. The mechanism of such activity upon direct contact of the microorganisms with Ag, Zn and Ti metal nanoparticles has been described in the literature [50,51].

The model studies in this paper concerning $E. coli$ bacteria incubated on the modified textiles in conditions of visible light and $\text{RH} = 43\%$ confirmed a minor increase in biostatic activity ($A = 1$), compared to conditions of darkness and high humidity $\text{RH} = 80\%$ ($A = 0.9$), which may support the direct biocide impact effect through photocatalytic processes induced by visible light.

The antimicrobial activity in the model conditions was low or medium. It can be considered only as biostatic effect, no biocidal effect was obtained, which requires reduction of 2 log reduction. Microorganisms survived on textiles in model conditions much better than in real conditions.
The survival of microorganisms on bioactive textiles in model conditions depends on many factors, one of them is strain sensitivity, the presence of additional nutrients in the form of residues laboratory medium, optimal growth conditions (temperature, humidity) that have a protective effect on microorganisms compared to real conditions (environmental strains, lack of nutrients, various climatic conditions).

Currently, emphasis is placed on new photocatalytic solutions, e.g., using two kinds of photocatalysts as nanoparticles that will be photocatalytically active in visible light [52–54]. Thus, in the present studies, the tested textile fabric was modified with TiO$_2$ and ZnO nanoparticles. Light activates photocatalytic processes, contrary to the direct biocide action mechanism. The photocatalysis mechanism is mainly based on the formation of ROS, which draws out the hydrogen atoms from C–H bonds or attacks the unsaturated chemical bond [55]. ROS oxidizes proteins and lipids in cell envelopes and leads to changes in the cell surface and the release of ions from microorganism cells [56,57]. Another mechanism, which can be responsible for cell death, is oxidation of the intracellular coenzyme A (CoA), which inhibits cell respiration [50] and attacks intracellular components directly causing alteration of the protein structure [58].

To date, there is no mention in the literature of textiles with photocatalytic properties in visible light under real conditions. For this reason, this paper focuses on testing an industrial solution (Polish Patent Application No 433366) in cooperation with a towel manufacturing company. The tests were conducted in two types of bathrooms used by a similar number of people. The lighting and air humidity in the bathrooms were different. In the bathroom with artificial lighting the conditions were as follows: average air humidity RH = 65.6–66.8%, temp. 21 °C, light intensity 152.8–166.7 lux and lighting time 80.7–87.8 min/day. In the bathroom with natural lighting the following conditions were met: average RH = 36–44.5%, temp. 23 °C, light intensity 92.3–95.0 lux and lighting time 420 min/day.

On the surface of the modified towels after seven days of use, a high reduction in the number of microorganisms was observed, especially for Enterobacteriaceae, Enterococcus, coli group and E. coli and Pseudomonas. The number of microorganisms decreased from $10^3$–$10^6$ CFU/cm$^2$ to 0–5 CFU/cm$^2$, which denotes their almost complete removal. Biological activity towards these groups of microorganisms has also been demonstrated in the literature in the model studies of different photocatalytic systems [16,32]. The identification of microorganisms isolated from the surface of the towels modified with TiO$_2$ and ZnO after seven days of use revealed that Staphylococcus (S. hominis, S. xylosus, S. saprophyticus, S. lentus, S. warneri) and Kocuria varians were the dominating bacteria. These occur naturally in the skin microflora (Staphylococcus) and in the air (Kocuria), and can be less sensitive to the direct impact of biocides and photocatalytic processes than Enterobacteriaceae, Enterococcus, coli group and E. coli and Pseudomonas. In the present study, under real conditions, a statistically significant decrease in the number of fungi from $10^3$ CFU/cm$^2$ to $10^1$ CFU/cm$^2$ was observed on the towel surfaces. The identification of the dominant fungi revealed the presence of Candida parapsilosis and Cryptococcus humicola yeast originating from human skin. The literature indicates that yeast microorganisms are moderately sensitive to photocatalysis [32]. No mold was detected on the towel surfaces. The present study conducted under real conditions of towel use reveals the self-cleaning effectiveness of photocatalytically modified towels and the sensitivity of the selected groups of microorganisms (Gram-negative bacteria in particular), which reside on these surfaces. One should bear in mind that the photocatalytic self-cleaning of towels can be affected by the number, types and condition of physiological microorganisms, environmental pH and the presence of organic contaminants.

In real-condition studies, we can assume that there are two impact mechanisms on microorganisms: (i) direct reaction of biocides on the towel surface, and (ii) light-induced catalysis in the air in the bathrooms where the modified towels were used. Lack of statistically significant differences in the biostatic activity of the towels used in both bathrooms can suggest that the main mechanism, which occurred on the material surfaces, involved the direct impact of TiO$_2$ and ZnO nanoparticles on microorganism cells.
In the present study, it was discovered that microclimate parameters and lighting in the rooms have a significant impact on photocatalytic processes in the air. Similar relations were described in the model studies using different photocatalytic arrays, which were significantly affected by air humidity, and lighting type and time [30,31]. In the present real-condition studies, the duration of exposure to visible light was discovered to contribute most to the photocatalytic effectiveness of textile fabrics modified with TiO$_2$ and ZnO. It was demonstrated that natural lighting with intensity of 92.3–95.0 lux and lighting duration of 420 min/day contributes more to the reduction in the number of microorganisms in the air than artificial light with light intensity of 152.8–166.7 lux and lighting duration of 80.7–87.8 min/day. Similarly, Chen et al. [59] found that low light intensity with long exposure time was more effective in inactivating microbes than high light intensity with short exposure time with the same UV dose, which was defined as the product of intensity and irradiation time.

Model studies carried out by other researchers revealed that the light exposure duration necessary for the inactivation of microorganisms in the air in different photocatalyst systems and at different light exposure times ranges from 15 min to 72 h [7,32]. The duration of exposure to visible light seems to be the key parameter determining the effectiveness of air cleaning of microorganisms. For the bathroom with natural lighting, this was 5.5 h longer than in the bathroom with artificial lighting. Moreover, the studies were carried out in winter, when natural lighting in the bathroom lasted for only 7 h/day. Most probably, photocatalytic activity in other seasons can become more intensive as a result of the extended duration of exposure to visible light.

The present studies revealed that the photocatalytic activity of modified towels supports the cleaning of air from microorganisms with a light intensity range between 92 and 167 lux. At these parameters, no relationship had higher effectiveness at higher intensity of visible light. One should bear in mind that the process of photocatalytic air cleaning under real conditions simultaneously affects a number of parameters, such as the kind of photocatalytic material, its surface, lighting intensity, type and time of light exposure, and air humidity [31]. Other parameters which can affect photocatalytic activity under real conditions include air pollution with dust, especially with organic compounds, air flow, types of building materials, structures and equipment in the rooms, and hygienic conditions of the room.

Studies carried out within this project reveal the significant impact of air humidity on photocatalytic processes. RH = 30–75% is considered to be optimum for effective photocatalysis, and a humidity increase in the presented range contributes to a rise in the photocatalytic inactivation of microorganisms [3,32]. Some papers describe high activity at RH = 45% [7], while others demonstrate that effectiveness is greatly reduced over RH = 75–85% [3,32]. In the present studies, high air humidity (RH = 65.6–66.8%) was observed in the bathroom with artificial lighting, where a reduction in the number of microorganisms was discovered. A slightly higher reduction in the number of microorganisms was observed in the air in the bathroom with natural lighting, where RH = 36–44.5%. The temperature in the tested bathrooms was 21–23 °C, which according to the literature, is not significant for photocatalysis [3].

In the present studies, the real conditions in the tested bathrooms, where the photocatalytic processes were conducted, were demonstrated as sufficient for reducing the number of microorganisms in the air by 1 log on average. The reduction in air microbiological contamination from $10^3$ to $10^2$ CFU/m$^3$ for bacteria and from $10^2$ to $10^1$ CFU/m$^3$ for fungi is a satisfactory result for the environment. Air was considered as non-contaminated under household conditions, which was the desired effect. Many microorganisms proliferate in air, including pathogenic bacteria, and toxigenic and allergenic mold [60]. Removing bacteria and mold from the air in model photocatalytic systems in visible light has been the subject of a number of papers, which have demonstrated high antimicrobial effectiveness [53]. The present study covered textile fabrics modified with TiO$_2$ and ZnO, used in bathrooms. The results suggest that the modification can support air cleaning. One should note that in the tested bathrooms with a volume of 12.86–40.5 m$^3$ only two towels (size: 70 × 150 cm$^2$) were used, which can affect photocatalytic effectiveness.
A reduction in gas concentration (NO\textsubscript{2}, CO\textsubscript{2}, CO) in the air in bathrooms where modified towels were used is testimony to the occurrence of photocatalytic processes. The number of VOCs and their concentration were also observed to decrease significantly above the modified towels compared to the control towels. The main VOCs were of cosmetic origin; however, some compounds of textile and microbiological origin were also observed. The literature provides evidence for the oxidation of such inorganic and organic compounds as dyes (methylene blue, rhodamine B, methyl orange, sunset yellow, Reactive Black 5 and Acid Orange 7), toxic compounds (cyanide, bisphenol A, 2,4 dichlorophenol, phenol, toluene, benzene and humic acid) and inorganic compounds (nitrate, bicarbonate, sulphate and NOx) under model conditions [16]. The oxidation of organic compounds was confirmed under real conditions when photocatalysis was used for the treatment of wastewater or river water and air [16]. This study is the first to be carried out under real conditions where a reduction in the concentration of inorganic and organic compounds in the air was demonstrated as a result of the activity of photocatalytically modified textile fabrics. Visible light was confirmed to be able to induce photocatalysis, which effectively removes some VOCs and undesired gases from the air. Moreover, observations of the modified towels during seven days of use revealed lack of odors, compared to the control towels.

Due to the type and application of the tested terry towels, they should be relatively often washed at high temperatures. Hence, the modification should be resistant to washing. The results of washing fastness studies will be the subject of a next study.

5. Conclusions

The results of the study suggest that textile fabrics modified with TiO\textsubscript{2} and ZnO nanoparticles can be used as self-cleaning towels. The low and medium antimicrobial effectiveness of photocatalytically modified TiO\textsubscript{2} and ZnO textile materials under model conditions was revealed, alongside with high effectiveness under real conditions. Significant biostatic activity was shown on the surface of the modified towels, where the number of microorganisms decreased by 1–5 log to a level of 0–5 CFU/cm\textsuperscript{2} for the following bacteria: Enterobacteriaceae, Enterococcus, coli group and E. coli, and Pseudomonas. Furthermore, a statistically significant decrease was found for the total number of fungi and bacteria.

Moreover, fabrics in visible lighting conditions can support air cleaning by reducing the number of bacteria and fungi, and the concentration of gases and VOCs in the air. A statistically significant reduction in the total number of bacteria and fungi (by 1 log) and the concentration of gases (NO\textsubscript{2}, CO\textsubscript{2}, CO) in the air of bathrooms where modified towels were used, was determined. The removal of VOCs or a reduction in their concentration in the air above the modified towels was determined. Under real conditions, in the humidity range RH = 36–67\% and light intensity between 81 and 167 lux, the type and time of lighting were observed to be more significant for the effectiveness of photocatalysis than air humidity. Greater photocatalytic effectiveness was revealed in natural light during 7 h/day than in artificial light during 1.5 h/day.

Future studies should focus on determining the durability of the photocatalytic effects of modified textile fabrics after washing. Furthermore, studies should be continued to optimize microclimatic conditions and lighting with visible light in order to improve the photocatalytic effects.

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