Decoding the Elements of Human Rights from the Verses of Ancient Védic Literature and Dharmashaśtras

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Abstract: This manuscript aims to provide a nuanced study of the idea of rights and duties prevalent in ancient Védic society through Védic literature and Dharmashaśtras. This manuscript delves into the exegesis of the Védas and Dharmashaśtras to accomplish this. The archaic Védic literature and Dharmashaśtras texts are the origin and backbone of Sanskrit literature. They have a plethora of ideas that, if accepted, could be quite useful for the protection of any person’s human rights. In the Védas and Dharmashaśtras, rights and duties complement each other, and rights are integrated with duties. According to these texts, rights and duties are correlated and the relationship between rights and duties leads to the core concept of dhárma (constitutional laws). Dhárma is a systematic Sanskrit concept that includes traditions, obligations, morals, laws, order, and justice. It was a unique concept of dhárma that kept checks and balances on sovereign officials and prevented them from becoming autocratic and anarchist. It also provided the common man with a protective shield against the dictatorship of sovereign officials. Ordinary citizens had more privileges and fewer responsibilities relative to the state’s highest officials. The greater the authority, the less his privileges were, and the more extensive his responsibilities became. This research is an exegetical analysis of ancient Indian Védic and later Védic literature and is primarily aimed at deciphering some of the essential ideas about rights found in these texts, which are akin to contemporary human rights. It endeavours to discern and explain the tenets of human rights obnubilated in the pristine mantras of the ancient Védic and Smṛti texts of India. The essay further attempts to add a much-needed non-western perspective to the historiography of human rights.

Keywords: dhárma; Dharmashaśtras; duties; Hinduism; human rights; India; Védic literature

1. Introduction

Sanatana Dhárma or modern Hindu philosophy, does not apply to any single faith, but instead to the spectrum of various faiths, including Vaishnavism, which considers Vishnu to be the supreme deity, Shaivism, which considers Shiva to be the supreme deity, and Shaktism, which considers Shakti to be the supreme deity. According to Charles Eliot, Sanatana Dhárma or modern Hinduism has not been formed, but it has evolved. It’s a forest, not a building (Eliot 2004). Likewise, K. M. Sen points out, “Hinduism is much like a tree that has slowly evolved than a structure that has been built by a great architect at a certain point of time. It incorporates within itself the roots of other civilizations, and the body of Hindu philosophy, therefore, provides as much diversity as the Indian nation itself” (Sen 2005). However, the terms’ ‘Hindu’ and ‘Hinduism’ are not indigenous to India and have peregrine inchoation (Rosen 2006). Hinduism is more homogeneous as a mode of life or a code of conduct, which regulates a man’s work and activities as a member of society and as an individual. There are numerous manuscripts and historical literature associated with
Hinduism’s various traditions, the most prominent of which are the Védic Literature and Smríti texts. Quite often, human rights activists consider faith as a threat rather than an ally. While faith poses significant challenges, it also gives the human rights movement hope for change, together with enhanced influence. As Larry Cox indites, it is unfortunate to believe that human rights and religion are always at odds, particularly because universal standards of morality and dignity are the cornerstone of many religious traditions (Cox 2014). Similarly, in the case of human rights and Hinduism, it is often maintained, that it is derisive to human and civil rights, that if the only possible connection among them is one of equipollently extreme dissent, that the structure of the caste system on which Hinduism is predicated leaves little room for equality on which human rights are predicated. However, such a view appears to be so skewed that it is erroneous. This could involve some validity in particular situations, but it does not overshadow the broader fact that Sanatana Dhármá is thoroughly welcoming to human rights. According to Advaita Védânta theory, the bond of universal brotherhood between all human beings is profoundly engendered, and no laws are necessary for it (Bokil 2001, p. 31). Even though no single religion could be declared as the source of human rights, the human liberation movements are mostly religiously inspired (Patel 2005). This manuscript integrates a much-needed non-western perspective into the historiography of human rights. This study is an exegetical work of the Indian Védic literature and the Smríti texts and mainly aims to decipher some of the significant ideas of rights innate in these texts that are close to contemporary modern rights. This manuscript adds to the historiography of human rights a much-needed non-western perspective. This research is an exegesis of Indian Védic and Dharmaśāstra literature, with the primary goal of deciphering some of the key principles of rights implicit in these books that are akin to present modern rights. Due to practical limits, this study is limited to examining the tenets of rights found in Védic and Dharmaśāstra literature and excludes the texts’ critical parts. The first section of the manuscript focuses on the history of Védic literature and Dharmaśāstra, as well as a literature review; the second section focuses on the interpretation of various rights-related exegesis of the selected texts; and the third and final section focuses on the conclusion.

Heritage of Védic Literature

Historians have verbally expressed that Indian literature influenced the history of world literature as it spread to far East Asia, Central Asia, Greece, and Europe (Winternitz 1975). In this aspect, Védic literature deserves an outstanding place in the history of world literature. According to Max Muller, “In the history of the world, the Védas fills a gap which no literary work in any other language could fill. It carries us back to times in which we have no records anywhere and gives us the very words of a generation of men of whom otherwise we could only get the vaguest estimate by means of conjecture and inferences. As long as man perpetuates his interest in the history of his race, and as long as we accumulate in the libraries and museums the relics of former ages, the first place in that long row of books which contains the records of the Aryāna branch of mankind, will belong semiternally to the Rig Védas.” (Muller et al. 1968, p. 63). Thus, it is conspicuous that Védic literature plays a consequential role in Indian history.

According to Clayton, the denomination ‘Védas’ derives from the Sanskrit word ‘Vid’, meaning ‘to know’, an inchoation that can withal be found in the Latin word ‘Videre’ meaning ‘to see’ (Clayton 1980, p. 25). Hence, the term Védas means erudition (knowledge). Védic Literature is the oldest documentation engendered by mankind and is the root of the early history of the Indo-Aryána race. One of the significant features of the Védas is the claim of ‘apaurusëyatva’ which implies that ‘no human being’ has been responsible for its existence. In other words, the Védas were revealed to the ancient Sages by God himself, and these sagacious men deliberately composed the Védas so that this cognizance could be transmitted from generation to generation. The seers to whom the Védic hymns were revealed by God were called Mantradrashtas. Nevertheless, the references to the apaurusëyatva of Védas in themselves are minimal, and not especially clear or convincing.
It is mostly in later ancillary literature that the *apauruṣeyatva* becomes the commencement point of the Vedic exegesis (Dandekar 2000). It is claimed that the Veda was not written down and read, but rather recited and perceived aurally. It was indubitably this that sanctioned the Vedic texts to be maintained in perfect condition. According to Winternitz, the history of Indian literature is nothing but one great chapter, one of the most brilliant and most important chapters in the history of human minds . . . and the Veda stands at the head of Vedic Literature not only because of its age, but because only one who has gained an insight into Vedic literature, could ever understand the intellectual and spiritual life and culture of India (Winternitz 1977). The stratum of Vedic literature includes Sruti (texts which have been auricularly discerned and are aeonian and indisputable) and Smṛti (texts which are supplementary to Sruti texts and are recollected and have visually perceivéd many transmutations over time). The Śruti literature comprises the védas, brāhmaṇas (*the prose texts to explicate the hymns of Védas*), āranyaka (constitute the theory underlying the religious sacrifice in the Védas) and upaniṣads (the philosophical texts which are also called Védánta). The Smṛti literature comprises vēdāṅgas (*six secondary disciplines linked to Védas such as śikṣa, i.e., phonetics; kalpa i.e., rituals; jyotisa i.e., astrology; nirukta i.e., etymology; vyākaraṇa i.e., grammar; and chhanda i.e., védic meter*), epic (*two great poems such as Rāmāyana and Mahābhārata*), upavāsas (constitute six(6) schools of védic philosophy namely sāṁkhya, yoga, nyāya sūtra, vaisēṣika, purva mīmāṃśa, and uttar mīmāṃśa) (Coward 2016).

Dharmaśāstras or Righteous Science, are the collections of rules of life. They are ancient Hindu jurisprudence texts that have had a very significant impact on Indian culture. There are many Dharmaśāstras, ranging in number from 18 to around 100, each with different and often contradictory viewpoints. Each of these texts has multiple versions and is based on Dharmaśūtras texts from the first millennium BC that emerged from Védic era Kalpa (Védāṅga) studies. These texts, written after the Dharmaśūtras, use metered verse and are much more elaborate in nature than the Dharmaśūtras. The following are the texts that have survived from the Dharmaśāstras:

- **Manu Smṛti** is the most well-known and earliest metrical work in Hinduism’s Dharmaśāstras textual tradition. It was composed by Manu around the 2nd–3rd century AD.
- **Yājñavalkya Smṛti** was composed around the 4th–5th century AD. Due to its superior vocabulary and degree of complexity, the Yājñavalkya Smṛti (fourth to fifth centuries CE) has been dubbed the “best written” and “most cohesive” text in the Dharmaśāstra tradition. As a legal theory book, it has been as popular as Manu Smṛti.
- **Nārada Smṛti** was written around the 5th to 6th century AD and has been dubbed as the “juridical text par excellence” because it is the only Dharmaśāstra text that focuses exclusively on legal issues, ignoring righteous behaviour and penance.
- **The Viṣṇu Smṛti** was composed much later around the 7th century AD and does not explicitly address the means of understanding dharma, instead it concentrates on the bhakti tradition.

2. Rights Mentioned in Védic Literature

Religion has always played a crucial role in the advancement of human rights, particularly in the advancement of human dignity (Harees 2012). This notion is particularly reflected when one seeks to explore the inherent values laid down in the Védic texts. Human rights defined in Védic literature tend to be fundamental, unchangeable, and place a greater emphasis on human obligations than on human rights. Some philosophers argue that, like Judaism, Hinduism has no word for “rights” (Pandeya 1986), but there is a Sanskrit word for “fair claims” called “adhipaka”. The term “adhipaka” is similar to the
English term ‘rights.’ However, in Vedic texts, the concept of adhikara is primarily used in conjunction with the term ‘duty.’ This understanding is based on the fact that rights and duties are correlative, and rights come with duties. We optically discern, ergo, that western human rights are primarily about rights, not obligations. In the case of most religions, the antithesis is true. Furthermore, in Hinduism, obligations come first, not rights (Carman 1988). Obligations are primary, and rights can be derived from them. The central concept of dhármä is derived from the relationship between rights and responsibilities. Dhármä is a Sanskrit term that refers to rituals, responsibilities, morality, law, order, and equity. The religious and moral duties known as dhármä were supposed to guide everyone in the culture, including the kings. As a result, ‘Dhármä’ was the king of kings. It was akin to a code of conduct that governed everyone’s behaviour in society, including the King’s.

Professor Kane defined dhármä as “a term that encompasses man’s entire life” (Nanda 1997, p. 29).

According to Justice M Rama Jois, since dhármä regulated the mutual obligations of individuals and societies, it was expected to be safeguarded in the interests of both (Nanda 1997, p. 31). Based on a preliminary review of Vedic literature, it appears that the idea of human rights was not well-known in ancient India. However, an in-depth examination reveals that some aspects of human rights are rooted and intrinsic in Vedic hymns. The Vedic king ruled as a sovereign, but not as an autocrat. The Council of Ministers’ counsel, old customs, popular opinion, and, most importantly, the dhármä influenced it. In comparison to the state’s highest ascending bodies, ordinary citizens had more rights and fewer responsibilities. To put it another way, the higher one’s heritage, the lower their rights and the greater their responsibilities. The word raj-dhármä (king’s duties or civil law) ensures that the King can safeguard everyone. Similarly, āpād-dhármä applies to responsibilities that must be met during a crisis. During a crisis that embodied the king’s āpād-dhármä, the king was forced to perform certain duties. The subjects’ privileges were derived from the kings’ responsibilities. Nonetheless, no separate set of distinct and enforceable rights for subjects to be governed fairly or reasonably by the King is discussed (Sharma 2004). Other types of Dhármä include collective acts (sadhārana-dhármä), family dhármä (kula-dhármä), conduct based on the performance of duties appropriate to one’s class, gender, and stage of life (varnashrama-dhármä), and an individual’s specific dhármä based on the previous three (sva-dhármä) (Sherma and Sharma 2008).

According to Srimad Bhagvat Gita, a person should never consider himself to be the cause of the results of his activities, and never be annexed to not doing his duties.

Consequently, it can be inferred that though ancient Indian society was more of a duty predicated and not a right predicated society, the rights conferred upon an individual were the rights to perform his duties (Kumar and Choudhury 2021). Sántiparvan of the epic Mahabhárata mainly deals with the topic of Raj Dhármä, or the constitutional obligations of the king and regime. The paramountcy affixed to the obligation is withal conspicuous from the shloka indited in Mahabhárata’s Ādi Parva, which verbalizes that being born as a human, every person owes four debts: Pitra- R̐ṇ (Debt towards parents), Dev- R̐ṇ (Debt towards the Deities), Rishi- R̐ṇ (Obligations towards teachers/sages), and Manav- R̐ṇ (Debt towards humanity). A man may repay his parents by preserving the family’s continuity, God by worshipping the Supreme, teacher by gaining and disseminating wisdom, and humanity by performing social services.

The Anusásanaparva Parva 61.32–33 of Mahabhárata encourages the subjects to rebel against an adharmic king (a king who does not obey the dhármä) who is tyrannical, extortive, and sinful, and who fails to fulfill his righteous duty to his subjects. The fear of anarchy was a powerful motivator for even a weak and oppressive king to stay on the throne (Basham 1959). According to the Mahabhárata, a man should first choose his king, then his wife, and only then amass wealth, because where would wife and property be without a king in the world?

Article 29 of the Universal Declaration of Human Rights (UDHR), which states that the corollary of rights is duties, reflects the idea of rights arising from duties as enshrined
in ancient Vedic texts. Even M.K. Gandhi believed that all rights deserved and protected came from doing one’s duty well. As a result, we only have the freedom to live if we fulfill our responsibilities as world citizens. Thus, the very right to live accrues to us only when we do the duty of citizenship of the world (Moyn 2016).

2.1. Secular Ideals of the State and Rule of Law

Secularism, according to Holyoake, is not an argument against any religion, but rather a social order that is independent of religion. The Holyoake principle of secularism is close to the ancient Vedic literature’s principles of government. The word secularism does not apply to atheism in Vedic texts. According to Vedic texts, secularism is more about conducting state affairs in an unbiased manner while considering the welfare of the subjects without discrimination. Following the establishment of a state, the King was given the power to protect the rights of the subjects, which became part of the ‘raj-dhārma,’ or constitutional law. According to Vedic literature, the state’s first duty is to protect the rights of its citizens and to treat them all equally, just as a mother does with her children. It was predicted that, just as Mother Earth offers equal support to all living beings, a king would do the same, without bias or discrimination. The notion of the right to equality and the values of a secular state stem from the King’s duty to treat all of his subjects equally and without prejudice. The king was supreme and had the power to enact legislation, but this power was limited to regulatory legislation rather than substantive or constitutional legislation (dhārma). According to the Brihadāranyaka Upaniṣad, Dhārma was the king of kings, and Dhārma, fortified by the mighty king’s power, allowed the weak to triumph over the powerful. It asserts that the law (dhārma) is supreme, and that the law (dhārma) combined with the king’s mighty strength enables the poor to prevail over the strong. Dhārma practice did not imply enforcing Vedic religion and theology, as non-believers in Vedic philosophy and religion had the right to be protected and to practice their faith freely. The king’s right to rule was contingent on him fulfilling his duties, failing which his kingship could be revoked. According to Mahabharata, if a cruel and unjust king fails to defend his subjects and purloins them in the name of levying taxes, he should be executed as a mad canine (Huchhanava 2019).

The legislators of the post-Vedic period drew on Vedic literature while drafting laws to reflect the state’s secular ideals, as shown by the texts of Manu Śruti and Nārada Śruti. According to Manu Śruti, just as mother earth supports all living beings equally, a king should do the same without any discrimination. The King was not allowed to break his responsibilities (raj-dhārma), so if the dhārma was broken, the King would be destroyed. Nārada Śruti, on the other hand, demands that the King protect Vedic believers, as well as Vedic disbelievers and others. Nārada Śruti holds that the king (State) should not discriminate in according protection to believers in Veda (Naigamas), as well as those who do not believe in Veda (Pashandis) and of others. The protection should be done in the same manner in which he (King) is under an obligation to protect his fort and territory.

The rules laid down by the lawmakers of the post-Vedic period were not rigid, as the Dharmasastras often reiterates that the rules may be transmuted or updated for the welfare and aegis of subjects, given the fact that a code that sustains society at one age may choke society at another age.

2.2. Liberty, Equality and Fraternity

The world came up with the high ideals of liberty, freedom, and fraternity, during the French revolution (Setzer 2013). These three principles are enshrined in almost every democratic constitution in the world. On 10 December 1948, the United Nations adopted the Universal Declaration of Human Rights, which states that all human beings are born free and equal in dignity and rights. It goes on to say that humans are endowed with reason and conscience, and that they should behave in a brotherly manner towards one another. The concept of personal liberty and the right to life is one of the oldest kenned concepts to human beings. This is an inherent right that nature has conferred on humans. Man’s
Natural Liberty is to be free of any superior authority on Earth, and to be ruled solely by the laws of nature, rather than by man’s will or legislative ascendancy (Jones 1975). The word liberty has both positive and negative connotations. Liberty implies the lack of restraints in a negative sense. In his Essay on Liberty (as quoted in Johari 1989), John Stuart Mill defends negative liberty by stating that “leaving people to themselves is often better than restricting them,” and that “all restraints quo restraints are evil” (Johari 1989). T.H. Green is credited with coining the term “liberty” in a positive way. He describes liberty as the ability to do or enjoy something worth doing or enjoying in the presence of others. In his words, “Will! not force is the basis of the state” (Tyler 1997, 2019). The most important human right is the right to liberty. “Where liberty dwells, there is my country,” wrote a famous English poet (Mencken 1942).Rig Veda echoes the ideals of liberty, by calling for the liberty of Tan (body), Skridhi (dwelling place), and Jibhasi (life). These liberties may be compared to contemporary rights such as the right to physical liberty, food, and life (Yasin and Upadhyay 2004). The ancient Vedic society highly valued the diversity of thoughts, which is evident from the 112th hymn from the 9th book of the RigVeda which states “diverse are the thoughts and actions of the people”.10

Similarly, another hymn of RigVeda reads, “May noble thoughts come to us from every quarter, unchanged, unhindered, undefeated in every way; May the deities never digress from us; May our protectors care for us, ceaseless, every day”.11 Thus, it is evident that ancient Vedic society was very welcoming to novel ideas and thoughts, and it was the paramount duty of the state to protect the liberty of its people and enable them to live life with dignity and happiness. The epic tale Mahabharata also advocates the civil liberties of individuals in the political state. However, the right to liberty was not paramount and came with certain riders. This is quite conspicuous from the post-Vedic literature called Bharat Natyashastra which is the oldest surviving book on performing arts. In the final chapter of the Natyashastra (36.33–35), there is an episode wherein Bharata’s sons get arrogant with their knowledge of drama and engender a frugal play that ridicules and caricatures prominent seers and saints. Upset by this, the sages cursed the sons of Bharata, but later they concurred to mitigate the effect of their imprecation when deities intervened on behalf of Bharata’s son. This instructive episode suggests that there is an inhibition to the liberation of expression and that liberation should not be misused in the designation of artistic liberation and liberty.

According to Ronald Dworkin’s theory of equality, the philosophy of equality has its origins in religious heritage. The analysis of the Vedic texts gives credibility to Dworkin’s claim. Rig Veda advocates that all humans are equal and no one is born either superior or inferior. Everyone should strive to progress and apportion the means of happiness collectively.12 The Upanisads expanded on the Rig Veda’s equality concept by declaring that all humans are not only identically tantamount but also distinct.

Thus, Vedic literature emphasises the dignity and unity of all human beings without prejudice, as well as the need for humans to work together to advance and distribute the means of happiness collectively. The Vedic seers regarded the whole universe as a single body, believing that any flaw in one organ would have an effect on the health and safety of the entire human body. All humans were considered to be God’s children, and so all were treated equally. In another shloka, Rig Veda emphasizes unity even more, calling for oneness in the intent, emotions, and cerebrations of all human beings so that they may live in bliss together.13

The philosophy of egalitarianism or equalitarianism is also obvious in the Samjnana Sukta of Atharva Veda, which says, “Everybody has equal rights to articles of food and water. The chariot of life’s yoke is balanced on everyone’s shoulders. All should live in harmony, fortifying one another like the spokes that connect the rim and hub of a chariot wheel.”14

Another cherished principle of the French Revolution is fraternity, or brotherhood. However, the fraternity’s definition and description have always been contentious. The theory of fraternity is the least discussed and has the least licit consequentiality of the three
ideals of the French Revolution. However, philomaths such as Bhim Rao Ambedkar and Canadian judge Charles Gonthier have argued for the fraternity’s supremacy. “Without solidarity, liberation, and liberty will be no deeper than coats of paint,” Bhim Rao Ambedkar said in his closing dialogue in the Constituent Assembly Debates of India (People’s Union for Civil Liberties Karnataka and Forum Against Atrocities on Women 2012). Similarly, as Canadian judge Charles Gonthier put it when explaining the importance of fraternity, “liberty and equality depend on fraternity to flourish” (Gonthier 2000). Gonthier goes on to say that, in terms of social justice, it is not enough to protect people’s right to liberty and self-determination; it is also necessary to protect their ability to flourish by assisting those who need assistance. Liberty and equality, according to M. Rama Jois, are ideals that can be achieved by constitutional betokens, but fraternities deserve more than constitutional betokens (Rama 2017). For humans to live a joyful and contented life, unity in resolution, spirit, and mind is essential. These lofty ideals of fraternity additionally resonate in the shloka of Rig Veda that says, “Move together, talk together, let your minds understand alike. Common be your prayer, common be the acquirement, common be your purpose, associated be the desire. Common be your purpose, common be your heart (feelings) and common be your mind (thoughts). Let the strength of mutual cooperation be firm among you all.”

15 Maha Upasnasad, another paramount Vedic text, utilizes the term ‘Vasudhaiva Kutumbakam’ meaning ‘entire world is one family and only diminutive and narrow-minded people adopt two divergent perspectives towards mundane matters.’ The shloka of Maha Upasnasad reads as follows, “only diminutive and narrow-minded people adopt two divergent perspectives towards mundane matters and do ‘mine and dine’; but for those who are broad-minded and have higher consciousness, the whole world is one’s own family.”

2.3. Justice

“Everyone has the right, in absolute equality, to a fair and public hearing before an independent and impartial tribunal in the determination of his rights and obligations and of any criminal charge against him”, says Article 10 of the Universal Declaration of Human Rights. One can sense this sentiment of UDHR resonating in Vedic literature to some extent. The study of Vedic literature reveals that India had some kind of legal structure in place even during the Vedic period. Law as a matter of divine prescriptions and philosophic debate has an impressive history in India. During the Vedic period, dharm was considered to be a special attribute of man, and a man bereft of dharm was considered identically tantamount to an animal. The Vedas are considered as the ‘first source of dharm’ (Rama 2004). The Vedic Ruler, as head of the Judiciary, was the guardian and protector of Dharm and the duty of dispensing justice was raj-dharm. The King was the holder of the law, but not the source of law, and in this process, he was guided by dharm. The King’s autonomy was limited by tribal councils known as Sabha and Samiti. The two organisations. The two bodies aided the king in governance and justice administration. The Vedic king represented Lord Yama while performing justice. Yama was the deity of justice, dharm, death, and the south direction. According to the Vedas, Yama was the first mortal to die, and through implicative insinuation, he became the king of the deceased. There were three sources of Dharm law which availed the king while performing equity. The first source was Vedas. The second source was Dharmashastras texts, of which the consequential ones were the Dharma Sutras of Gautama and Baudhyana, Sutras of Apastamba, Harita, Vashista, and Visnu. The Dharmashastras primarily dealt with civil and criminal law rules. The third source of dharm was called the ‘acha’, which betokens customary law. Acha were the norms of a particular community or group. Just like the Smriti texts, acha finds its ascendancy through its connection with the Vedas. Where both the Vedas and the Dharmashastra were silent on any issue, a learned person who was well versed in Vedas could consider the norms of the community as dharm and perform them. Thus, it is conspicuous that during the Vedic period, the dispensation of justice was one of the most consequential works of the king. According to K.M. Panikkar, the king’s
coronation ceremony was a Diksha-devoting his life to the cause (accommodation of the people) (Panikkar 1963). There is an episode of King Mahendra in Vedic texts wherein the king is visually perceived recollecting the knowledge imparted by his father as a guide to dispensing equity in a cow larceny case. Mahendra’s father taught him to be impartial when resolving a dispute and to prioritize the pieces of evidence available over anything else.

The foundation of justice established in the Vedic texts was expanded upon in post-Vedic texts such as Nārada Smṛti, Manu Smṛti, and Yajñavalkya Smṛti. Nārada Smṛti advises the king to appoint only suitable people as judges who are well versed in the law and who are noble and impartial. Nārada Smṛti says, “Let the king designate as members of the Court of Justice honourable men of tried honesty (sabhyas) who can shoulder the burden of justice administration and who are well versed in sacred laws, rules of prudence, who are virtuous and unbiased towards friends and foes.”17 Nārada Smṛti further advises the king to dispense justice by taking decisions unanimously in consultation with all the judges as this would leave no doubt in the minds of litigants. According to Nārada Smṛti, a unanimous decision by the judges leaves no room for doubt, while a majority decision leaves plaintiff with doubts.18 The Vedic texts advise the king to refrain from greed and anger and scrupulously follow Dhárma (constitutional law) when dispensing justice. The king and judges were also warned not to hear cases solely, nor should they conduct any private hearings. The judgment should be free from all types of biases.

2.4. Humane Treatment

Article 23 (3) of the Universal Declaration of Human Rights verbally expresses, “all who work has the right to just and auspicious remuneration sufficient to ensure the survival of respectable human dignity for himself and his family, which must be balanced by other forms of social protection”. The concept of just and humane treatment gets resonance in the hymns of Atharva Veda, where the master is directed to take care of the welfare and magnification of those working under him. The hymn verbally expresses; “Take care of the welfare and magnification of all your people. Then you will grow as the sun grows and shines at dawn and after its rise,” (Sharma and Talwar 2004). The Vedic literature authoritatively commands a person not to be indifferent to his wife, auxiliaries, diseases, domestic animals, wealth, erudition, studies, or giving accommodation to a gentleman for even a single moment. These things should always be taken care of. A Noble person is the one who considers the interests of others to be his own and accomplishes them even at the cost of his own loss. (Dwivedi 2009). According to Vedic texts, everyone in the world deserves to be ecstatic and free, and consequently, the king should rule the earth along the right path. The Garuda Purana exhorts the king to not be exasperated with his auxiliaries without ample cause. There are two significant hymns in Garuda Purana which advocate just and humane treatment of employees. They read as follows:

“The king who becomes irate with his employees without ample cause genuinely takes in the poison regurgitated by an ebony serpent”. (Garuda Purana 1.111.27)

“It is despicable for his components to fret and fume without faults in others. He who penalizes his employees unjustifiably becomes a victim of the enemies’ attack.” (Garuda Purana 1.111.30)

The Mahabharata gives us a fascinating look at the different types of combat that are acceptable and unsuitable. It even calls for the humane treatment of prisoners of war. Innocents, old people, children, and women who are differently abled should not be harmed by the king. Warriors should not attack unarmed warriors, and war should take place only between equals. Gardens, temples, and other public places of worship should remain unaffected (Subedi 2003). Besides the above, there are several other hymns in Vedic literature wherein the seers are visually perceived praying for the dignity and self-reverence of individuals.
2.5. Happiness

Every human being wants to be happy, and all consciously or unconsciously endeavor to achieve it. It is the rudimentary desire of all human beings, and many constitutions in the world verbalize the right to happiness. The US Constitution guarantees the right to the pursuit of happiness, not happiness itself, as it is surmised that no one can promise, bestow, or provide happiness when no one has any authority over it. The Vedic texts are full of prayers in which the seers are optically discerned asking for happiness, peace, and prosperity for all. There is a prayer in Sanskrit wherein the seers give a call for “Lokah Samastah Sukhino Bhavantu” meaning “Let all the people in the world be happy. Let all the world be happy”. There is another popular prayer in Vedic literature that prays for the ecstasy and salubrity of the whole world. This prayer is mentioned in Garuda Purana (35.51). Asvagocana (2) of itihasa samuccaya, and Mantradhāsa (Vājasneya Samhitā) of Uvātā. The prayer reads, “May all be happy; may all be liberated from infirmities/disease; may all experience good; may no one be suppressed/inundated by grief and suffering”, the prayer says. Om peace, peace, peace”. This is one of the most beautiful verses that illustrates the concept of universal salubrity. This verse is often quoted in the context of ecstasy, spirituality, universality, and salubrity. It is like a tranquility benediction for the macrocosmic welfare. It desires the welfare of all humans, irrespective of caste, creed, sex, etc. Similarly, the Brihadaranyak Upanisad says, “Guide me from falsehood to truth; guide me from darkness to light; guide me from death to immortality”. Another text, named Taittiriya Upanisad, identifies the highest Reality (God) with Happiness (Ananda), Bliss (Parama-Ananda) and queries (Jigyasa).

2.6. Gender Rights

Studying the history of the role and status of women within a community is one of the best ways to understand its essence, venerate its value, and acknowledge its limits (Choudhury 2013). During the Vedic period, women relished all privileges equal to men, and both men and women relished fair status in society. According to Rig Veda, “The entire macrocosm of noble people bows to the majestic woman’s glory in order for her to enlighten us with sagacity and foresight. She is a pillar of society who imparts wisdom to all. She is a symbol of wealth and a famous sibling. May we value her in order for her to eradicate evil and hate from society”. Women’s right to participate in war, gymnastics, archery, horse riding, recreational activities, inculcation, decision-making, and the option of choosing male spouses reflected the core of the role of women in the social context of the Rig Vedic era (Altekar 1938). Women’s freedom to participate in war, gymnastics, archery, horse riding, recreational activities, inculcation, decision-making, and the option of choosing male spouses reflected the core of the role of women in the social context of the Rig Vedic era (Altekar 1938). Vedic women were entitled to Upasamika, which allowed them to wear the sacred thread and be educated by the Vedic mantras. Some of them were brahmavadinis, women who dedicated their lives to the study of the Scriptures, expounded the Vedas and indited some of the Vedic hymns. Women of the governing and warrior classes also received martial arts coaching and arms training and weapons skills. It was not uncommon for wives to fight alongside their husbands against their rivals. The Asvins (deities who were twin brothers and who introduced medicine to humans) implanted an iron (ayasi) leg in the warrior queen Vispala, the wife of the monarch Khela. Afterward, she continued to fight on. Examples of female philosophers, rulers, teachers, administrators, and saints can be found in the Vedas, Upanisads, and other scriptures. Yajur Veda 20.84, tells us, “With her intellect, the learned woman purifies our lives. Through her actions, she purifies our conduct. Through her awareness and action, she inspires morality and effective societal management”. The Vedic woman was sanctioned to pursue higher education, and the marriageable age was decided only after she had reached puberty. Famous female seers and philosophers included Apalā, Ghoṣa, Lopamudra, Maitreyī, and Indraṇī, who edited the hymns of Védas. Lopamudra, Agastya Muni’s wife, is credited with composing two
hymns of Rig Veda. In the Vedic era, it was compulsory to be with a wife to perform any Vedic rituals and a man without a wife was considered incomplete as only a wife could consummate him in his journey through life, procuring the four aspects of life, Dharm (obligation), Artha (possession), Kama (love and desires) and, conclusively, Moksha (emancipation) (Borah 2018). The wife was referred to as ardhangini (better half), sahadharmini (equal partner), and dharma patni (licit wife) (Pal 2019). Rig Veda makes no distinction between male or female and declares the wife and husband to be equal halves of one material, equal in every way, and that both should participate equally in both religious and secular duties. The Upanisads have pellucidly stated that the individual souls are neither male nor female (Laungani 2015). Similarly, Atharva Veda 14.1.43–44, states that when a woman marries, she is expected to rule the family as a queen, along with her husband. The husband and wife union were not confined to one life only, but extended to seven lives and beyond. The institution of marriage in Vedic society has been elaborately laid down in Vedic texts. Sage Svetaketu is credited with introducing the virtuous practice of fidelity to Hindu marriage. According to Mahabharata - Adi Parwa Adhyaya -122, King Pandu lost his procreative power due to a deer’s curse. He tries to convince his wife, Kunti, to raise a progeny from someone else. The story reads, Pandu says to Kunti, “Now I’m going to tell you about the ancient practices developed by the great Rishis, who were experts in every area of morality. In the past, women were not limited to their homes and relied on husbands and other relatives. They used to go around openly, enjoying themselves as they wished. They didn’t have to be obedient to their spouses, and then it wasn’t considered a sin. This practice is followed even today by birds and beasts, and rivalry is rarely found among them. This was the tradition of antiquity sanctioned by the great Rishis, and the present practice has come into existence recently. There was a great Rishi called Uddalaka, and his son Shvetaketu was also a great ascetic. The present virtuous tradition of fidelity between husband and wife was founded by Shvetaketu out of rage. One day, he saw his mother being held by hand by another brahmin and carried away, saying, “Let’s go.” This brought great rage to Shvetaketu. Uddalaka tried to convince his son to claim that nothing was incorrect, as this is the tradition allowed by antiquity, and women are free to do what they want. Shvetaketu disagreed and established the rule of total and exclusive faithfulness between the husband and wife. Women transgressing the boundaries of marriage and men breaching a woman who follows the vow of virginity would be sinful to the point of bhurunahatya (caused by abortion)”.

During the Vedic age, unmarried women also had the right to property. A married woman could inherit her father’s property only if she had no brothers. The women were also allowed to re-marry. Therefore, it is conspicuous that the position of women during the Rig Vedic period was very vigorous and they relished many privileges and freedoms. The Rig -Vedá-Samhitá mentions the names of several consequential female deities, including Aditi, the goddess of liberation “(Muller 1869, p. 243); Sarasvati, the “best woman, the best of the rivers, the best of the goddesses” (Griffith 2013, Hymn XLI); Savitri, the mother of the Vedas, and associated with the popular Gayatri mantra; Usha, the goddess of the dawn; Rathri, the goddess of the night; Prithvi, the mother earth; and Vak, the goddess of verbalization. These female deities were worshipped with consummate dedication. However, during the later Vedic and post-Vedic periods, the status of a woman deteriorated and many of her privileges, such as the right to land, Upanayana Samskara, etc., were confiscated. Despite the fact that Manu Smriti denies women economic benefits, in one of its hymns, the same scripture praises women, stating: “Wherever women are adored, the gods are found.” Wherever they aren’t worshipped, everything is a failure”. In the corresponding hymn, Manu Smriti says, “a family in which the ladies, such as mother, wife, sister, daughter, and others, are filled with grief will soon be destroyed, but a family in which they do not grieve will always prosper”.

It is also noteworthy that most ancient Indian lawmakers of the later Vedic and post-Vedic periods did not recognize a woman’s right to own immovable property such as land, houses, etc., but they all unanimously acknowledged a woman’s right to stridhana
(ornaments, jewelry, cash, etc. given to her at the time of her marriage or gifts received from her husband, parents, etc.). The woman had the prerogative over strîdhana. According to Hindu law, no one can take away the strîdhana of a woman, not even her husband.

2.7. Education

The term “Vêda” implicatively insinuates “sacred knowledge”. Knowledge is alluded to in the Védic literature as an essential need and a purifying potency. It was believed to be the enlightening, transforming, and purifying force on earth. According to F. E. Keay, “the Védic education system was built in such a manner that it managed to survive not only in the events of the crumbling of empires and the changes in society, but, also, through all those thousands of years, managed to keep the glow of the torch of higher learning” (Keay 1960). Albeit the Védic Society talks about the Varna system, i.e., social stratification dependent on occupation, such as Brahmins (edifiers and priests), Ksatriya (warriors and rulers), Vaiśya (traders and peasants), and Śûdras (artisans and laborers) in the 90th hymn “Purusha Sukta” of the 10th Book of the RigVêda, yet the Varna structure was not rigorous, and many philomaths found Purusha Sukta to be a later addition to RigVêda (Nagarajan 1994). Nevertheless, the Dalit bellwether and engenderer of the Indian Constitution, B.R. Ambedkar, did not concur that the Varna structure did not subsist in the Védic age, but endeavored to point out that the fourth caste, Śûdra (considered to be the lowest) was not pristine in the Védic age, and the Purusha Sukta described above could have been tampered with by Brahmin priests of the latter time (Ambedkar 1970). Ambedkar has theorized that Śûdras pristinely belonged to the Ksatriya community and cites Shanti Parva from Mahabhârata-60.38-40 as the primary piece of evidence (Marbaniang 2015). It is evident that during the Védic period, everyone, including people from lower Varana had access to education and could become Brahmins after receiving education. For example; Aitareya Rishi was the son of a servant who rose through the ranks to become a high-ranking Brahmin and the author of the Aitareya Brahman and Aitareyopanishad. The importance of Aitareya Brahman in understanding the RigVêda cannot be overstated. Ailush Rishi was also the son of a servant. He did, however, conduct research into the RigVêda and made several discoveries. Seers not only invited him, but also made him an Acârya (Teacher). Satyakaam Jaabaal was the son of a prostitute who rose through the ranks to become a Brahmin. Prishadh was King Daksha’s son, but he became a Śûdra. Furthermore, he did penance to achieve salvation after repenting. Similarly, seers like Valmiki hailed from lower Varna, but became renowned Brahmin sage and composed the popular epic literature Râmâyana.

Everyone in Védic society had the right to read the Védas. There is evidence that women like Gargi and Śûdra named Janashruti received Védic education from a sage named ‘Raikyamuni’. The second mantra of the 26th chapter of Yajur vêda explicitly declares that “all human beings have the right to read and teach the Védas, and scholars to teach them. That is why God commands that—“O human beings! Just as I teach you the four Védas, in the same way, you also read and teach them to all human beings. Because the voice of these four Védas is for the welfare of all and (acavadani janebhyah:) as I preach the Védas to all human beings, so do you always”.27 Both Uvata and Mahidhara explain this verse clearly in their Shukla Yajur Vêda commentaries.28 To put it another way, they accept the meaning at face value.

However, there is no denying that the situation of women and Śûdras gradually deteriorated in the post Védic period, and they were denied many privileges, including the right to receive Védic education. Dr. B. R. Ambedkar has chastised Manu Smruti for discriminating against the Śûdras and depriving them of several rights. Ambedkar writes in his book ‘Philosophy of Hinduism’, “Manu advocated the four varna system. Manu laid the foundation of the caste system by telling us about the separation of these four varnas. However, it cannot be said that Manu has created the caste system. But he did sow the seeds of this system” (Ambedkar 2017).
2.8. Property

The right to own property is no longer just a constitutional or statutory right; it is also a human right. The Rig Vedic society was rudimentarily pastoral. During the later Vedic period, the pastoral economy turned into an agrarian economy. The king was the owner of the entire land in his kingdom, but simultaneously the owner and the joint family additionally owned it. However, private ownership was inhibited only on agricultural land. During the Rig Vedic age, the king realized Bali was a voluntary tax. This denotes that no particular consequentiality was integrated into land rights because society was mainly pastoral. The king did not establish absolute rights over the land owned by his subjects. His ascendancy over the land was inhabited and he was entitled to have a portion (Bhāga) of the produce. According to Atharva Veda (as quoted in Sharma 2004), the King’s ascendancy over land was constrained and it is pellucid from one of the hymns of Atharva Veda wherein Lord Indra is invoked to give the king’s portion (Bhāga) in the village engender. Similarly, Panchavimsa Brāhmaṇa verbalizes, the king was entitled to accumulate his quota (Bhāga) on the farm’s engender as a tax. Further stressing the right to property, Ishopanishad verbally expresses, “enjoy by giving, do not covet others’ wealth” (Goyandaka 1972). The right to ownership of land developed only during the later and post-Vedic periods, and it is evident from Manu Smṛti which says that the title of land belongs to a person who first cleared the woods.

2.9. Children’s Rights

The Vedic concept of children’s rights is profoundly ingrained in the notion of parents’ obligation and dhārma. The right upbringing of the child was the required obligation of the parents. The children were considered a harbinger of bliss and bliss in the lives of the parents. According to Brihadaranyak Upanisad 1.5.17, a person can live a consummating life on earth only by having children. In the other line of the same verse of the Brihadaranyak Upanisad, it is mentioned that parents are obliged to give their children education and enable them to recognize ‘Svadharma’ (one’s prescribed duty in life). Responsibilities for children during the Vedic period can be optically discerned from the fact that a range of Vedic sacraments (called Saṃskāras in Sanskrit) have to be performed by the parents with full dedication. Life was thought to be celebrated as a reminder that it was a gift from God. Every phase of a person’s life is considered to be very sacred and should be celebrated. There were 16 sacraments (Ṣaḍaśa Saṃskāras)29 that were to be performed from birth to death. (Pandey 2003). Of these 16 sacraments, twelve (12) were to be performed by parents for their children afore their children reach the age of twenty-five (25). This shows that parents are obligated bound to protect their children and ascertain their opportune upbringing. These obligations of parents mentioned in Vedic literature could be interpreted as children’s rights.

3. Conclusions

The study concludes that Vedic and later Vedic texts, which constitute the fulcrum of Sanskrit literature, resonate with some important elements of rights. The in-depth study of Vedic and later Vedic literature reveals that the human rights concept was largely present in ancient India with a rider of equal accentuation on performing obligations. The exegesis of Vedic literature and Dharmashastra reveals the important ideals of innate rights, which are akin to contemporary human rights. It is also evident that the concept of human rights could be further reinforced by treating obligations as corollaries of human rights, as mentioned in Vedic texts. The concept of dhārma is another remarkable feature mentioned in Vedic texts, which can be correlated to the concept of law, equity, rights, and obligations. According to Vedic texts, secularism is more about conducting state affairs in an unbiased manner while considering the welfare of the subjects without discrimination. Ancient Vedic texts suggest that all humans are equal and no one is born either superior or inferior. It even calls for the humane treatment of all, including prisoners of war. There are further shlokas in Vedic literature that are relatable to the concept of the right to education, the
right to happiness, the right to justice, the right to property, non-discrimination, child rights, gender rights, and the right to equality.

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Notes
1 The term *apaurus.eyatva* means ‘no human beings. In the Appendix of the “R. igV éda Samhitã”, the discussion on *apaurus.eyatva* has been reiterated. ABORI 80. 10–13.
2 Karmanye vadhirakaraste Ma Phaleshu Kadachana || Ma Karmaphalaketurbhurma Te Sangostvakarmani || (Srimad Bhagvat Gita, Chapter II, Verse 47).
3 rajñacaturthī sañnyuktā jāyante mānavā bhūvi || pitṛdevārśimānajārdeyam tebhyaśa dharmataḥ || (Mahabhārata’s Ādi Parva Adhyaya 120.17–20).
4 jañaiṣtu devān prāritā śvādhiyaatapāśa munin || putraih śrāddhāiḥ pitṛnicāpi ānṛśamsyena mānavaṇa || (Mahabhārata’s Ādi Parva Adhyaya 120.17–20).
5 30 Articles on 30 Articles—Article 29. Available online: https://www.ohchr.org/EN/NewsEvents/Pages/DisplayNews.aspx?NewsID=23999&LangID=E (accessed on 15 May 2020).
6 sa naiva vyabhavat, tathcheyurupamatsyaṣṭīta dharmam; tadatāt kṣatrasya kṣatraṁ yaddharmah, tasmādīdharmādparaṁ nāsti; athis abalīyān baliyāmaṃsaṃsaṃṣate dharmaṇaḥ, yathā rājñaitaṁ; yo vai sa dharmāḥ satyaṁ vai tat, tasmāt satyaṃ vaddantamāhūḥ, dharmaṃ vaddati, dharmaṃ vā vaddantam satyaṃ vaddati, etadbhevaśadīdharmāḥ bhavati || (Brihadaranyaka Upaniṣad 1.4.14).
7 Diverse are the thoughts and actions of the people.
8 ajyesthaaso akiṇaṣṭhaa ete sam bhṛataro vāvṛtduḥ saubhagāya || yuvā pitā svāpa rudda esāṁ sudhūga prśnīḥ sudinā marudhīyaḥ || (Rig Vēda 5:60:5). No one is superior (*Ajyesthaa*) or inferior (*Akiṇaṣṭhaa*). All are brothers (*Yete saṁ bhṛataraha*). All should strive for the interest of all and should progress collectively (*Sam Bhṛataro Vāvṛtduḥ Soubhagaya*).
9 sa saṁ gacchadhvaṁ saṁ vaddadhvaṁ saṁ vo manānīṣi jānantam || deiva bhāgaṁ yathā pūrve saṁjñāṇāṁ upāste || (Rig Vēda 10:191:2) samāno mantraḥ samiṁḥ samāṁ samāṁ manah saha cittam esam || samānam mantram abhi mantraye vah samānena vo havāsu juhomi || (Rig Vēda 10:191:3). The above two shlokas mean: *Move together, converse together, and make sure your minds are on the same track.* (Rig Vēda 10:191:2).
Common be your prayer, common be your acquisition, common be your goal, and common be your desire. (Rig Veda 10:191:3)

... Samani prapa saha vomnbhaga
samane yoktray saha wo yunism
arab nabhimio abhite: (AtharvaVeda-Samjnana Sukta. Courts of India, p. 24).
All have equal rights in articles of food and water.
The yoke of the chariot of life is placed equally on the shoulders of all.
All should live together with harmony supporting one another like the spokes of a wheel of the chariot connecting its rim and the hub.

samānā va ākūṭih samānā hridayāṇi vah |
samānām astu vo mano yathā vah susahāsati || (Rig Veda 10:191:4)
The above shloka means:
Common be your purpose, common be your hearts (feelings), and common be your mind (thoughts).
Let the virtue of mutual cooperation be firm in you all.

Ayam niñah paroveti ganana laghuchetasam,
udaracharitantanu vasudhaiva kutumbakam (Maha Upanisād, Chapter 6, Verse 72)
Only small and narrow minded people adopt two different outlooks towards common matters and do ‘mine and dine’; but for those who are broad minded and have higher consciousness the whole world is one’s own family.

yatra sabhyo janah sarvah satdh etad iti manyate |
sa niñalyo vivādah syät sasalyaḥ syād ato ‘nyathā || (Narada Smṛti. Chapter 3, p. 48, retrieved from https://idoc.pub/download/narada-smriti-6nq8w15oppnw, accessed on 15 May 2020).
(Does one who has no desire for wealth and is not interested in material comforts acquire the nature of the omniscient Brahmā?)
May all be happy; May all be free from infirmities/disease; May all experience good; May no one be suppressed/overwhelmed by grief and suffering. Om Peace, peace, peace.

viṣvam asyā nānāma caḥṣe jagaj jyotis kmoṭi sūnari |
apa dveṣo mahonā duhitā diva usā ucchad apa sṛddhāh || (Rig Veda 1.48.8).
yuvan dhenuṁ śayave ṇāditāyāpinvatam aśvinā pūrvyāya |
amuṇḍatam vartikām anihaso niḥ prati jaṅghāṁ viśpalāyā adhattam || (Rig Veda 1.118.8).
om bhūr bhuvah suvaḥ tat savitur vareṇyam bhargo devasya dhīmah |
dhiyo yo naḥ pradodayat || (Rig Veda 3.62.10).
May we imbibe his grandeur and brilliance within us as we contemplate on the glory of that being (Savitri, the sun) who has created this universe and is the essence of our life existence. The second translation reads, “we revere the excellent greatness of the holy Savitri; may she motivate and inspire our intelligence.”

25 yatra nārāyastu pūjyante ramante tatra devataḥ ।
yatraítāstu na pūjyante sarvāstatrāpahālā: kriyā: ॥
(Manu Smrīti 3.56).

26 shochanti jāmayo yatra vinashyantyāśhu tatkulam ।
shochanti tu na yatraitā bardhate taddhi sarvadeti ॥
(Manu Smrīti 3.57).

27 Yathāimām vācham kālayāmāvadānī janebhyaḥ: ।
Brahmarājanyaābhyaṁ sudrāya chāryāya cha Śvāya chārānāya cha ॥
(Yajur Vēda 26.2).

28 Shukla Yajur Vēda has commentary by Uvata and Mahidhara. Their commentaries predate Sayana’s Shukla YajurVēda commentary. Sayana also wrote a well-known commentary on the Shukla YajurVēda. According to Uvata, “I will speak for the sake of the people in this auspicious, nonviolent discourse. Who are these individuals? brahma-rajanya, i.e., Brāhmaṇa and kṣatriya, and Śūdra-Aryā—Aryā is Viśya, one’s own people and others (i.e., strangers)”. Similarly, according to Mahidhara, “I spread this auspicious nonviolent speech all over the place. I told them that they should use this speech. For whom are you composing? brahma-rajanaya, that is, Brāhmaṇa and kṣatriya, Śūdra-Aryā, that is, Viśya, one’s own people, and to outsiders”.

29 There were 16 sacraments (Ṣaṃskāras) that were to be performed from birth to death and Upanayana Samskāra was one of them. The sixteen Samskāras were as follows:

i. Garbhadhana (Conception)
This Samskāra was to be performed by the parents when they decide to have a child. It is made up of earnest prayers to God for help in conceiving a decent and worthy child for the couple. Thus it is evident that parents’ responsibilities begin once they decide to have a child.

ii. Punsavana (Foetus protection)
This Samskāra was performed during the third or fourth month of pregnancy to protect the fetus in the womb.

iii. Simantonnayana (Satisfying the cravings of the pregnant mother).
This Samskāra was akin to a present-day baby shower ceremony, and was, performed during the seventh month of pregnancy wherein the prayers were offered to God for the health of both mother and child in the womb.

iv. Jatakarma (Childbirth)
Mantras were recited for a healthy and long life of the child at his birth.

v. Namakaran (Naming the child)
The child was given a name.

vi. Nishkramana (Taking the child outdoors for the first time)
This Samskāra was performed in the fourth month after birth when the child was taken out of the house for the first time.

vii. Annaprasana (Giving solid food)
This Samskāra was performed in the sixth, seventh, or eighth month when the child was given solid food for the first time.

viii. Mundan (Hair shaving)
This Samskāra was performed in the first or third year of a child’s age when the child’s hair was shaved.

ix. Karnāvēda (Ear piercing)
This Samskāra was performed in the third or fifth year of the child’s age when the child’s ear was pierced.

x. Upanayana (Sacred thread ceremony)
This was one of the most important Samskāra that was performed when the child was introduced to education.

xi. Vēdārmbha (Study of Vedas)
This Samskāra was performed either at the time of Upanayana or within one year of Upanayana Samskāra. The child starts learning Vedas from his teacher and the first shloka that was taught was the auspicious Gayatri Mantra.

xii. Samavartana (Returning home after completion of education)
This Samskāra was performed to celebrate the returning of the child to home from teacher’s ashram after completing his education at the age of about 25 years.

xiii. Vivaha (Marriage ceremony)

xiv. Vanaprastha (Preparation for renunciation)
This Samskāra was performed at the age of 50 when the person started his spiritual journey by renouncing worldly life and proceeding to the forest for spiritual upliftment.

xv. Sannyasa (Renunciation)
This Samskāra was performed after Vanaprastha at the age of 75 when a person starts preparing for salvation.

xvi. Antyesthi (Cremation)
This was the final Samskāra that was performed by a person’s descendants after his death.
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