1 Supporting information

Table S1: Sample size across the three waves of 2018 and 2019

| Months         | Wave | Total Households | Total Members |
|----------------|------|------------------|---------------|
| Jan - Apr, 2018| W1 2018 | 143151           | 575082        |
| May - Aug, 2018| W2 2018 | 149101           | 594655        |
| Sep - Dec, 2018| W3 2018 | 147123           | 584109        |
| Jan - Apr, 2019| W1 2019 | 146292           | 582180        |
| May - Aug, 2019| W2 2019 | 147840           | 575044        |
| Sep - Dec, 2019| W3 2019 | 147291           | 570210        |

This table presents summary statistics about the CPHS data for 2018 and 2019.

Fig S1: Predicted probability of ill health from a cubic-spline model
Table S2: Data Summary: 2018 and 2019

| Variable                          | Sample Size   |
|----------------------------------|---------------|
| Unique Households                | 170,804       |
| Unique Individuals               | 736,945       |
| Total Sample size                | 3,481,280     |
| Self Reported Health (%)         |               |
| Healthy                          | 96.77, 3,368,947 |
| Unhealthy                        | 3.23, 112,333  |
| Gender (%)                       |               |
| Male                             | 52.82, 1,838,657 |
| Female                           | 47.18, 1,642,623 |
| Residence (%)                    |               |
| Rural                            | 36.86, 1,283,068 |
| Urban                            | 63.14, 2,198,212 |
| Age Group (%)                    |               |
| 0-4                              | 2.39, 83,135   |
| 5-9                              | 5.53, 192,377  |
| 10-34                            | 45.09, 1,569,556 |
| 35-49                            | 24.49, 852,713 |
| 50-59                            | 12.93, 450,194 |
| 60+                              | 9.57, 333,305  |
| Religion (%)                     |               |
| Hindu                            | 83.83, 2,918,231 |
| Muslims                          | 10.55, 367,321 |
| Others                           | 5.62, 195,728  |
| Caste Category (%)               |               |
| Upper Caste                      | 23.51, 818,278 |
| OBC/Intermediate                 | 48.36, 1,683,578 |
| SC/ST                            | 26.66, 928,222 |
| Not Stated                       | 1.47, 51,202   |
| Max HH Education (%)             |               |
| None or Primary                  | 4.54, 158,205  |
| Class 10                         | 32.21, 1,121,262 |
| Class 12/ Diploma                | 31.36, 1,091,790 |
| College and above                | 31.89, 1,110,023 |
| Income quintile (average household monthly income) | | |
| Lowest                           | 6273, 695,718  |
| Second                           | 9465, 696,396  |
| Middle                           | 12889, 696,395 |
| Fourth                           | 18674, 696,397 |
| Highest                          | 38968, 696,374 |
| Region (%)                       |               |
| Central                          | 8.02, 279,171  |
| East                             | 18.53, 645,021 |
| North                            | 34.56, 1,203,178 |
| North-East                       | 2.39, 83,115   |
| South                            | 19, 661,390    |
| West                             | 17.51, 609,405 |

This table presents summary statistics about the CPHS data for 2018 and 2019.

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