Application of Scanning Electron Microscopy to X-ray Analysis of Frozen-hydrated Sections
II. Analysis of Standard Solutions and Artificial Electrolyte Gradients

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ABSTRACT New specimen handling and analytic techniques for the application of x-ray microanalysis to studies of cell and organ biology have been recently described (Saubermann et al., 1981, J. Cell Biol. 88:257-267). Based on these techniques, absolute quantitative standardization has been established through x-ray analysis of frozen-hydrated and then dried sections of independently measured standard solutions of elements. These experiments demonstrate that the specific techniques employed have a probable error of <10%. Artificial electrolyte gradients established in gelatin were subjected to analysis to determine whether there was elemental displacement under non-membrane-limited conditions at the temperatures employed for sectioning (−30° to −40°C). No significant difference was observed between such gradients in serial sections cut at −30° and −80°C. Similarly, no additional ice-crystal-damage artifact was found in sections cut at −30°C when compared with sections cut at −80°C. Thus, in terms of ice-crystal size, gradient maintenance, and compartmental differentiation, cryosectioning at −30° to −40°C was not associated with redistribution incompatible with 1- to 2-μm spatial resolution, and absolute measurements of elemental concentration were practical within regions of this size.
Analytical Method

The Hall method of quantitative analysis was employed (9). This method determines relative mass fraction (R-value) from the ratio of characteristic counts to continuum. Comparison of R-values obtained from unknowns and standards allows absolute standardization. R-values were calculated by subtracting background counts from the characteristic x-ray counts for each element (P_x) and dividing this net count rate by counting rate in a selected portion of the continuum (W_T) corrected for extraneous continuum counts contributed by the supporting film and holder (W_E):

\[ R\text{-value} = \frac{P_x - b_x}{W_T - W_E} \]

The validity of this general method has been extensively documented (8, 9, 18, 21).

Characteristic x-rays of elements of interest were measured within the following fixed keV ranges: sodium, 0.96–1.12 keV; phosphorus, 1.92–2.08 keV; sulfur, 2.24–2.40 keV; chlorine, 2.52–2.68 keV; potassium, 3.24–3.40 keV; calcium, 3.60–3.76 keV; and iodine, 3.84–4.06 keV. Continuum counts were recorded within the energy range of 4.60–6.00 keV inclusive. Background radiation was subtracted from the spectrum by using a “top hat” digital band-pass filter (20) technique having the following configuration:

\[ C'(I) = \frac{\sum_{I_{l}}^{I_{u}} C(I)I_{l}}{\left[ \sum_{I_{l}}^{I_{u}} C(I) + \sum_{I_{l}}^{I_{u}} C(I) \right] / 8} \]

where C(I) is the number of counts in the Ith channel of the original spectrum at 20 eV/channel resolution. Net counting rate for element x was given by:

\[ P_x - b_x = \sum_{I_{l}}^{I_{u}} C(I) \]

where I_l is the lowest channel, and I_u is the highest channel of the energy region for element x. Application of this function was done online, using a relatively simple interactive Fortran IV program.¹

The effect of this signal processing was to suppress channel-to-channel high-frequency variations (smoothing function), and to remove low-frequency background. Thus use of this filter produced a new spectrum with a background equal to zero (Fig. 1). “Negative” counts introduced by the filtering process on either side of the peaks were defined as zero before integration of the counts for that characteristic element (Fig. 1). Corrections for extraneous or escape peaks were unnecessary, as there were no extraneous characteristic x-rays or escape peaks in the spectra. Potassium Kα characteristic x-ray counts within the calcium energy range were estimated from the measured overlap of K and Ca characteristic peaks and subtracted from the calcium net count rate after filtering.

The weight fraction of water in specimens analyzed was calculated by use of two general methods. The first (A) was based upon the proportionality between continuum and total mass based upon the relative constancy of average atomic number in biological tissue (10): % water = [1 - (Continuum/total counts)] × 100%. The second method (B) was based upon the change in weight fraction (R-value) with drying of an element normally present in the hydrated state at -175°C. 20 x 20-μm areas were randomly chosen and were analyzed, using 90-s live counting times. The sections were then freeze-dried in the microscope by raising the stage temperature to -50°C for 45 min. The stage was then recooled to -175°C, and the sections were reanalyzed.

Ice-crystal-damage Artifacts

Drops of 20% bovine serum albumin solution were placed on copper cylinders, which were then inverted and plunged into melting Freon 12 at its melting point. Frozen droplets were then sectioned at -40°C, and sections were analyzed in the frozen-hydrated state at -175°C. 20 x 20-μm areas were randomly chosen and were analyzed, using 90-s live counting times. The sections were then freeze-dried in the microscope by raising the stage temperature to -50°C for 45 min. The stage was then recooled to -175°C, and the sections were reanalyzed.

Ice-crystal-damage artifacts were determined by a random sampling technique. Micrographs were enlarged and a line approximately bisecting the section image and perpendicular to the surface of the section was drawn. The dimension parallel to the line was measured for each ice-crystal-damage artifact lying within 10 μm of the edge of the section and touching the line.

Electrolyte Diffusion

Artificial electrolyte gradients were formed in gelatin blocks by diffusion. Gelatin solutions were prepared by placing 15 grams of gelatin (Knoxo) in 30 ml of distilled water in an Erlenmeyer flask. To dissolve the gelatin, sealed flasks were heated to 50°C and maintained at that temperature for 1 h. Vacuum filtration was then performed. The solution was then placed in a water bath, and the gelatin was allowed to gel slowly at 4°C. The gelatin was then cut into 10-mm cubes, and each cube was placed in a 100-μl glass microculture dish containing 50 μl of the desired electrolyte solution. The microculture dishes were then placed in a 37°C incubator, and the electrolyte solution was allowed to diffuse into the gelatin block. After a specified period of time, the gelatin block was removed from the incubator, and the electrolyte solution was allowed to diffuse into the gelatin block. After a specified period of time, the gelatin block was removed from the incubator, and the electrolyte solution was allowed to diffuse into the gelatin block.
Gel cylinders were then quickly frozen in melting Freon 12. Small pieces, suitable was derived from analysis of all standard sections that met the criteria. The relative mass fractions (R-value) for Na, P, S, Cl, K, and Ca were found to be linear functions of the independently measured absolute weight fraction of each element over the concentration range studied (Fig. 2). This relationship deviated from linearity for potassium and chlorine above a weight fraction of 3%. Linearity was found in analysis of both hydrated and dried groups of standards. Drying resulted in an increase in both absolute mass fraction and measured R-value so that measurements made on a single standard in both hydrated and dried states could be plotted on the same R-value vs. mass fraction curve. Standard deviations of measured R-values (obtained from multiple measurements of standard solutions) ranged between 3 and 9% of the mean value measured (Fig. 2).

As a test of absolute standardization, the R-value standard curve derived from the analysis of frozen-hydrated and dried sections of standard KSCN solutions was used to determine the absolute weight fraction of K in frozen hydrated sections cut from KH₂PO₄ standard solutions. The result of this determination is shown in Table I. Differences between actual and measured weight fraction were <5% (range, 0.2-4.6%) for K concentrations up to 470 mM. The potassium Kₓ characteristic x-ray counts within the calcium energy range were found to be a linear function (r = 0.99) of total potassium Kₓ counts after filtering (Fig. 4). Thus calcium could be analyzed in the presence of potassium. However, this simple peak-overlap separation technique was applicable only to samples in which the calcium/potassium ratio was >0.2.

The weight fraction of water as determined by x-ray microanalysis was compared to the weight fraction measured gravimetrically (Table II). Water fraction as measured by ratio of hydrated R-value to dried R-value (method B above) was found to be within 4% (range, 0.2-3.7%) of that determined gravimetrically. Calculation of water fraction from continuum ratio (method A) was less accurate (range, 3.9-14.4% difference).

RESULTS

Analytical Method and Standards

Continuum counting rates were between 30 and 300 counts/s depending upon thickness, hydration, and composition. There were no characteristic peaks in the continuum energy range. Continuum arising from specimen support film and other sources was generated at a rate of between 6 and 12 counts/s, depending primarily upon support-film thickness. Thus the correction factor for continuum was usually between 3 and 8% of specimen continuum (hydrated). Instrumental electronic drift in the energy-dispersive x-ray detection system resulted in only small shifts (2-3 eV) in peak centroids. The error introduced by this variability was <1% of the measured value (Fig. 3).

90% of all sections transferred were judged suitable for analysis by previously described criteria (16). The data reported was derived from analysis of all standard sections that met the...
TABLE I

Measurement of K Concentration by X-ray Microanalysis

| Measured [K] | Actual [K] | Mean % difference |
|--------------|------------|-------------------|
| mm/kg        | mm/kg     |                   |
| 51.3 ± 7.9   | 49.4       | 3.8               |
| 94.3 ± 4.1   | 98.8       | 4.6               |
| 235.7 ± 25.0 | 235.2      | 0.2               |
| 460.2 ± 43.8 | 470.2      | 2.1               |

Standard solutions in KH2PO4 were analyzed in bulk by flame photometer and in sections by x-ray microanalysis based upon the standard curves obtained by analysis of KSCN solution (Fig. 2). Concentrations (mm/kg ± SD; n = 6) are shown. The two lowest concentrations were measured in hydrated sections, the two highest were measured in the same sections after drying.

FIGURE 4
Potassium K\textsubscript{K} characteristic x-ray counts within the calcium energy range. Such counts were found to be a linear function (r = 0.990) of total potassium K\textsubscript{K} counts after filtering. The standard deviations of mean K\textsubscript{K} counts (vertical bar) and of mean K\textsubscript{K} counts within the calcium energy range (horizontal bar) are shown for each group of observations.

Ice-crystal-damage Artifacts

There was no measurable difference between the size of ice-crystal-damage artifacts in serial sections cut at -80°C and in the section cut after equilibration at -30°C. The mean dimension of the ice-crystal-damage artifacts in -80°C sections was 0.40 ± 0.02 μm SD (n = 47), whereas in the -30°C sections the dimension was 0.42 ± 0.02 μm SD (n = 51).

Artificial Electrolyte Gradients

Artificial electrolyte gradients established by diffusion in gelatin blocks were subjected to five-point analysis. Best-fit exponential curves were calculated by computer for each element in gradients sectioned at each temperature (Fig. 5). The observations made were tested for significant differences attributable to temperature over the range of observation by two methods: covariance analysis of the linearized (semilog) data pairs; and by comparison of the pooled residual sums of squares to the total residual sums of squares associated with the non-transformed data pairs fitted to a single exponential function. This statistical analysis showed no significant difference between the electrolyte gradients measured in sections cut at -80°C and those measured in -30°C sections. Regression coefficients for the best-fit curves for the combined gradients were r = .9792 (Na), r = .9924 (Cl), r = .9813 (K), and r = .9888 (I).

DISCUSSION

A recent study of techniques for producing, handling, and analyzing frozen-hydrated 0.5-μm-thick sections of biological tissue for x-ray microanalysis found that cryosectioning temperatures in the range of -30°C to -50°C were required to reduce specimen brittleness and minimize sectioning work (16). Although that study showed that qualitative measurements were possible in sections cut at such temperatures, it has been proposed that cryosectioning at much lower temperatures (below -80°C) is mandatory to prevent elemental displacement resulting from ice recrystallization, ice-crystal growth, and transient melting. Thus Thornburg and Mengers (22) theorized, from pressure considerations, that cryosectioning at -50°C resulted in a layer of water several hundred angstroms thick being formed at the knife edge that quickly refroze as the knife edge advanced. On the other hand, Hodson and Marshall (11) have presented evidence against such melting. Appleton (1) has also suggested that elemental displacement may result from

FIGURE 5
Observations and calculated best-fit exponential curves obtained by x-ray microanalysis of artificial electrolyte gradients. Gradients (Na, Cl, K, I) were established in gelatin blocks and were subjected to analysis in serial sections cut first at -80°C (O) and then at -30°C (●). Statistical analysis showed no significant difference between the electrolyte gradients observed in sections cut at these two temperatures.
cryosectioning. The present study thus sought to determine whether measurable elemental displacement occurred during cryosectioning at temperatures as warm as -30°C and to determine the accuracy and precision with which the concentration of diffusible elements could be defined in sections cut at such temperatures.

**Analysis of Standards**

The Hall method of quantitative analysis has been well documented (4, 8, 9, 18). It appears to be the most useful quantitative approach available for "thin"-section x-ray micro-analysis of biological material. This method defines an R-value that is theoretically proportional to the mass fraction of an element in the region analyzed. Analysis of 0.5-μm sections of frozen standard solutions demonstrated a consistent linear relationship between measured R-value and independently determined weight fractions in both hydrated and dried sections over the range of concentrations commonly found in biological specimens. Furthermore, there was good agreement between measured concentrations and the known concentrations of solutes in standard solutions. The standard deviation of repeated measurements made in a single area was <10% (range, 3-9%). Given the fact that the method is applicable to tissue volumes <10^-2 liters in size, this precision is probably sufficient for many experiments in cell biology.

The standard deviation measured exceeded that expected from counting statistics alone. Such additional variation arose from three sources: instrumental shifts, measurement of characteristic peaks, and measurement of continuum. Instrumental shifts in peak centroids could result in significant error in quantitation. Use of the digital filter for background suppression made the characteristic x-ray peaks more sensitive to centroid shifts, requiring that careful attention be paid to pulse-processor calibration. A ±5-eV difference between actual and expected centroid location was accepted, as such a difference was found, on both theoretical and experimental grounds, to change R-values by <1%.

Potential sources of variation in measurement of characteristic peaks arose from three major sources. First, differential absorption of x-rays within the specimen; second, overlap of peaks; and third, the filtering process. X-rays having low energies tend to be preferentially absorbed within the specimen as the total solute concentration increases. Such differential absorption was not apparent in these studies. Peak overlap was minimized by the care taken to remove extraneous interfering characteristic elemental peaks through use of beryllium holders and carbon support films. Hence no extraneous spectral peak stripping was required, thus greatly simplifying the data reduction. However, the naturally occurring overlap of potassium Kα and potassium Kβ, combined with the naturally low concentration of calcium in most tissue, makes the measurement of intracellular calcium difficult. Variation introduced by the digital filter changes the shape of characteristic peaks by making those peaks narrower and reducing the net integrated count rate. However, because in the standardization procedure the peaks of measured standards were similarly modified, the change in absolute peak amplitudes were relatively unimportant.

The variance of a measurement of the continuum is defined by Poisson counting statistics. However, the continuum counting rate used for calculation of R-value was corrected for extraneous continuum counts originating from the support film and specimen holder. Because such extraneous continuum could not be directly measured from the supporting film under the specimen, this correction probably introduced significant error. The efforts taken to minimize extraneous continuum generation reduced the magnitude of this correction to <10%. Thus if the actual extraneous contribution from film and holder under the region of analyzed tissue was within a factor of two of that estimated, the accuracy of elemental mass fraction estimates would be 10%. Given the many sources of variance, the finding of a 10% probable error in any single determination must be considered satisfactory. This finding is consistent with the performance estimate of 10% reported by Shuman et al. (18). However, because the sources of variance can be identified, further improvement appears possible.

**Weight Fraction of Water**

In this study, water content was determined by two methods. The most direct, method A, compared continuum counts (proportional to total mass) from a region in the hydrated state with that measured in the dried state. Accuracy of this method depends upon the amount of tissue shrinkage. In tissue sections, reported linear shrinkage does not exceed 6% (15). The linear shrinkage of the standard solutions used here ranged from 5 to 15%. Such shrinkage would lead to underestimation of local water content. The second method, (method B), compared R-values (weight fractions) measured for a single element in the same region before and after drying. These methods have been reported by Gupta et al. (8). The accuracy of method B is theoretically unaffected by tissue shrinkage and is relatively insensitive to fluctuations in probe current and instrumental drift. These theoretical advantages were demonstrated in the present studies. The error of the R-value method (method B) was one-third that of the continuum method (method A). The ability to measure local water fraction size in addition to local elemental levels is of great potential value to cell biologists because it permits local concentrations of elements to be defined as mass per unit water. Hence this approach may permit estimation of local molar concentration (millimoles per liter) in defined tissue compartments. Such estimations must, of course, be based upon reasonable assumptions regarding binding and activity.

**Elemental Redistribution**

Elemental redistribution could occur during cryosectioning if sufficient heat were transferred to melt the section. In a previous study the actual amount of work done during cryosectioning was determined by direct measurement of cutting force (17). Cutting 0.5-μm-thick sections at −80°C required more work, therefore, more potential thermal input to the section than cutting 0.5-μm-thick sections at −30°C (17). Based on “worst case” assumptions, at −80°C there was sufficient energy input to melt sections, whereas at −30°C melting could not occur. Such experimental observations indicate that it is, in fact, “safer” to cryosection at −30°C than at −80°C.

Elemental redistribution resulting from such relatively warm temperatures might be reflected by changes in ice-crystal size or by the dissipation of elemental gradients. Comparison of sections cut from the same block, first at −80°C and then at −30°C, showed no evidence that sectioning at warmer temperatures significantly increased the dimension of ice-crystal-damage artifacts, even after a 2- to 3-h period at −30°C. This is consistent with Christensen's suggestion (5) that the high molecular weight solutes present in cells raised the recrystallization
temperature to the range warmer than -30°C. Because the volume of the ice crystal would roughly depend upon the third power of its dimension, an unmeasurably small increase in size might result in a significant change in volume. However, because the mean size of ice crystals (0.4 μm) was much smaller than the raster scans employed (2–20 μm), such changes in volume would not affect the results of quantitative analysis.

Elemental gradients within tissue are usually associated with the presence of membranes or other diffusion-limiting structures. In the present study, we sought to determine whether elemental gradients formed in the absence of limiting membranes were dissipated by the processes involved in cryosectioning and analysis. It was found that no difference existed between those gradients observed in sections cut and maintained at -80°C and those observed in sections cut and maintained at -30°C. Although these artificial gradients were long compared to cellular dimensions, they corresponded well to dimensions of interstitial regions in tissue, regions that lack defining membranes. Other studies, using the same method, have shown differences in mass fractions of diffusible elements (Na, Cl, K) within 1–2 μm on either side of cellular membranes in sections cut at -40°C (2). Thus in terms of ice-crystal artifact size, gradient maintenance, and compartmental differentiation, it appears that cryosectioning at -30°C to -40°C is not associated with elemental redistribution incompatible with 1-2 μm spatial resolution, and that quantitative measurement of elemental concentration in such sections is both feasible and accurate.

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