Proper recording and keeping dental records are an important part of any dental practice. It helps in improving patient care, has medico-legal importance and play significant role in human identification during mass disasters or criminal offences. **Aim:** To assess the knowledge and practices of recording and maintaining patients’ records among private dental practitioners of Delhi, India. **Methods:** Data for this cross-sectional study was collected from 160 dentists of Delhi using a self-administered questionnaire. The face and content validity as well as reliability of questionnaire was tested before the final data collection. A single trained examiner collected all the necessary information via personal visits or google forms. Chi-square test was applied to check the statistically significant difference between the dichotomous independent variables with respect to study participants’ responses to the questionnaire. **Results:** The mean age of the study participants was 34.5 (SD 7.2) years. Digital method of recording patient’s data and x-ray storage was more prevalent than manual method among the study participants. Slightly more than 40% of the dentists were keeping patient’s records safe for a period of 6 to 10 years. Younger dentists with lesser years of practice were more explicit in recording and correcting patient records. **Conclusion:** Results of this study shows that private dental practitioners of Delhi are aware of medico-legal importance of dental records. Most of them were recording important findings and history of their patients. Dentists must be educated in two aspects namely correct method of recording and the ideal duration of storing their patients’ dental records. **Keywords:** Dental records. Dentists. Forensic dentistry.
Introduction

The dental record is an official document that has all the diagnostic information (odontogram, radiographs and casts), clinical notes, treatment performed and patient-related communications that occur in the dental office, including instructions for home care and consent to treatment\(^1\). Recording the patient-related data in an accurate, comprehensive and efficient manner is an important part of clinical practice. Dental records are useful in cases of malpractice suits, insurance claims and in the field of forensic dentistry. A complete dental record of the patient is a valuable commodity in human identification in cases of bite assaults, child abuse or age disagreements as in child marriages and child labour or criminal proceedings\(^2,3\). These records can aid in the identification of a dead or missing person, criminal investigations and in cases of mass disasters. Numerous instances are on record wherein dental records have been used to identify the victims of mass disasters such as 2004 tsunami and in criminal investigations as in the 2012 Nirbhaya rape case in Delhi\(^4,5\). In a systematic review of 20 mass disasters, in 17 of them the use of forensic odontology for identification of the victims was found in about 14.70% cases. In Kentucky air crash 100% of the identification was done by dental remains, 76% in Newark air crash and 71.42% in Nepal air crash\(^6\).

Dental records can play an important role in identification of a dead body which has been grossly decomposed and is difficult to identify visually. This is due to the capability of dental tissues to withstand high temperature, humidity and pressure. But the critical feature of dental identification lies in being able to obtain accurate ante-mortem records that can be matched with the post-mortem dental findings\(^7,8\). Developed countries have a well-established system of maintaining patients’ dental record. This is unlike what we commonly find in developing countries like India wherein in spite of extensive dental treatment a person’s complete dental chart is usually not available. This acts as a hindrance in cases relating to mass disasters or crime involving decomposed unidentified remains as there is no ante-mortem data to match the available post-mortem findings.

Studies conducted in India have shown the lack of awareness and practice of dental record maintenance especially by private dental practitioners\(^9-12\). These practices make the dentist prone to being guilty of negligence under consumer protection law and also reduces the wider role for the dentists in the field of forensic science. Delhi is the capital of India and lies in a zone-4 of earthquake prone seismic areas\(^13\). It is important that every dental health care professional in Delhi should maintain proper records that can be obtained in case of mass disasters so as to supplement forensic medicine teams for victim identification. Therefore, this study was planned with the objective to assess the knowledge and practices of dentists working in private clinics across Delhi regarding the writing and maintenance of patients’ dental records.

Materials and Methods

Study design, Sampling Frame and Sample size

This was a questionnaire-based cross-sectional study conducted among private dental practitioners in Delhi state. Based on the similar studies conducted in India,
it was observed that a sample size of around hundred-fifty dentists is appropriate for present study. As there is no directory of registered dentists in Delhi, we contacted local Indian Dental Association branches for the list of their member dentists. We shortlisted 180 dentists via convenience sampling method from this list, in case few dentists refused to participate.

Participants and Ethical clearance
Dentist practicing within Delhi state limits and were willing to participate after signing written consent form were eligible for this study. Before starting the study a research proposal was submitted to the ethical research committee of the Prabhu Dayal Memorial dental college and research institute and ethical clearance was obtained on 27-04-2019 (letter no. PDM/IEC/02/2019).

Setting and data collection
The student investigator (AS) collected the data under the supervision of the guide (GK). The selected dentists were contacted telephonically and explained the objectives of conducting this study. Those willing to participate were requested for appointment and the student investigator personally went to their clinic to get the questionnaire filled. Written informed consent was obtained before participants started to respond to the questionnaire. Dentists were also given the option of filling online questionnaire through google form. Twenty five dentists opted for online submission. Data collection was done within two months (July and August 2019).

Questionnaire performa
A self-designed questionnaire comprising of 24 close-ended questions was used to collect the data from the participating dentists. The questionnaire was divided into four blocks, namely, baseline characteristics of study participants, importance and method of recording case history and dental findings, technical considerations of record keeping and final block of question focused on radiographic records and their preservation. The questionnaire was sent to five experts in the field of forensic odontology. Their inputs and suggestions were used to make changes and finalize the questionnaire (face and content validity). Most of the suggestions were on changing the way questions are framed so that study participants are able to understand them. The reliability was tested by repeating the questionnaire to ten previously participating dentists. The kappa value was 0.8, hence found to be good.

Statistical Analysis
SPSS (statistical package for social sciences) version21 was utilized for statistical analysis of the recorded data. One-sample binomial test was applied to check statistical differences in frequency distribution of independent variables such as gender and highest qualification. Statistical difference between the responses of the study participants according to dichotomous groups such as age and years of practices was assessed using chi-square test. P value was set at less than 0.05.
Results

Among the 180 dentists contacted for this study, only 160 gave consent and completed the questionnaire. Hence response rate was 88.8%. The main reason for refusing to participate in the study was lack of time to complete the questionnaire. There were significantly more males than females in the final sample. Also, significantly more participating dentists had completed only bachelor’s degree (66.3%) when compared to those (33.7%) who had done post-graduation as well (one sample binomial test, p<0.05). Therefore, we didn't do further comparison of study participants based on these two variables. We divided study participants into approximately equal size dichotomous groups based on age i.e. upto 32 and above 32 years and number of years of practice i.e. upto 8 and above 8 years for further comparative analysis. These groups were created in such a way that approximately equal number of dentists are there in each group. Most of the dentists agreed that not maintaining dental records is a medical negligence (n=156, 97.5%). Slightly more than half (n=93, 58.1%) of the participating dentists felt dental records must be kept safe for medico legal purpose. Forty-seven (29.4%) dentists felt good record keeping helps in providing better services to their patients (table 1).

Table 1. Baseline characteristics of the study participants

| Characteristics                              | N   | %    | P value |
|----------------------------------------------|-----|------|---------|
| Overall                                      | 160 | 100  |         |
| Age group
| <= 32 years                                  | 76  | 47.5 |         |
| >32 years                                    | 84  | 52.5 |         |
| Gender*
| Male                                         | 93  | 58.1 | 0.04    |
| Female                                       | 67  | 48.9 |         |
| Highest qualification**                     |     |      |         |
| BDS                                          | 106 | 66.3 | 0.0001  |
| MDS                                          | 54  | 33.7 |         |
| Number of years of practice
| <=8 years                                    | 88  | 55.0 |         |
| >8 years                                     | 72  | 45.0 |         |
| Do you know not keeping dental records is a medical negligence?
| Yes                                          | 156 | 97.5 |         |
| No                                           | 04  | 2.5  |         |
| Most important reason for record keeping?
| medico legal purpose                         | 93  | 58.1 |         |
| better patient service                       | 47  | 29.4 |         |
| helps in transferring patient to other dentist | 02  | 1.3  |         |
| all of the above                             | 18  | 11.3 |         |

*significant difference between the groups p<0.05, one sample binomial test
**Highly significant difference, p<0.0001, one sample binomial test
More dentists were recording case history performa digitally (n= 74, 46.2%) when compared to writing on a printed form (n= 44, 27.5%) or on a blank page (n=42, 26.3%), although, the difference between them was not statistically significant. Almost all the dentists (n= 157, 98.1%) were asking and recording medical history from the patients visiting their clinic. Only two-third of the dentists were recording number of teeth present (N= 101, 63.1%), teeth with restorations (N= 107, 66.9%) or caries (n=139,86.9%) or any abnormalities in dentition or jaws (N= 107, 66.9%). Around 3/4th of the participating dentists (n= 123, 76.9%) were recording the type of prosthesis their patient was wearing (table 2).

Table 2. Study participants' response on practice of recording case history and dental findings

| Questions | Age upto 32 years | Age above 32 years | P value | Years of practice upto 8 years | Years of practice above 8 years | P value | Overall N (%) |
|-----------|-------------------|--------------------|---------|-------------------------------|-------------------------------|---------|----------------|
| Do you start a record file for all new patients? | | | | | | | |
| Yes | 73(96.1) | 79(94) | 0.41 | 83(94.3) | 69(95.8) | 0.47 | 152(95) |
| No | 03(1.9) | 05(3.1) | 05(5.7) | 03(1.9) | 08(5) | | |
| How do you record case history? | | | | | | | |
| manually on a printed forms | 17(22.4) | 27(32.1) | 22(25) | 22(30.6) | 44(27.5) | | |
| manually on a blank page | 22(28.9) | 20(23.8) | 0.37 | 22(25) | 20(27.8) | 0.56 | 42(26.3) |
| digital | 37(48.7) | 37(44) | 44(50) | 30(41.7) | 74(46.2) | | |
| Do you record medical history of the patients? | | | | | | | |
| Yes | 73(96.1) | 84(100) | 0.10 | 85(96.6) | 72(100) | 0.25 | 157(98.1) |
| No | 03(3.9) | 0 | 3(3.4) | 0 | 3(1.9) | | |
| Do you document teeth which are present and sound? | | | | | | | |
| Yes | 52(68.4) | 49(58.3) | 0.19 | 60(68.2) | 41(56.9) | 0.18 | 101(63.1) |
| No | 24(31.6) | 35(41.7) | 28(31.8) | 31(43.1) | 59(36.9) | | |
| Do you record all carious teeth? | | | | | | | |
| Yes | 68(89.5) | 71(84.5) | 0.48 | 79(89.8) | 60(83.3) | 0.24 | 139(86.9) |
| No | 08(10.5) | 13(15.5) | 09(10.2) | 12(16.7) | 21(13.1) | | |
| Do you record teeth with restorations? | | | | | | | |
| Yes | 56(73.7) | 51(60.7)* | 0.09 | 64(72.7) | 43(59.7)* | 0.09 | 107(66.9) |
| No | 20(26.3) | 33(39.3) | 24(27.3) | 29(40.3) | 53(33.1) | | |
| Do you record type of prosthesis? | | | | | | | |
| Yes | 63(82.9) | 60(71.4)* | 0.09 | 75(85.2) | 48(66.7)* | 0.008 | 123(76.9) |
| No | 13(17.1) | 24(28.6) | 13(14.8) | 24(33.3) | 37(23.1) | | |
| Do you note any additional abnormalities in the dentition and jaws? | | | | | | | |
| Yes | 60(78.9) | 47(56)** | 0.002 | 73(83) | 34(47.2)** | 0.0001 | 107(66.9) |
| No | 16(21.1) | 37(44) | 15(17) | 38(52.8) | 53(33.1) | | |
Significantly more number of younger dentists (up to 32 years) and those with less than 8 years of practice were recording teeth with restorations (n= 107, 66.9%) or any abnormalities in dentition or jaws, presence of any prosthesis as compared to their elder counterpart. They were also mentioning the name of medication prescribed by them and treatment done on the particular appointment in significantly higher proportion as compared to the corresponding group. Most of the dentists were keeping a record of every treatment done (n=145, 90.6%) on their patients with younger dentists recording this finding in higher frequency as compared to older ones (table 2).

Slightly more than half (n=85, 53.1%) of the participating dentists were obtaining written informed consent from all of their patients whereas 43.1% (n=69) were obtaining it for selected cases only. When asked regarding method of making a correction in dental record sheet, 71.3% (n=114) dentists were using a single line to cross out and very few reported they cut the written matter in such a way that nobody can read it (n=21, 13.1%). Slightly more than half (n=86, 53.8%) of the participating dentists were writing an explanation for the corrections they do in dental record sheet, this practice was followed in significantly higher frequency by younger group of dentists. There was variability in response to question related to duration of retaining patient records, 44.4% (n=71) of the dentists were retaining from 6 to 10 years but 43.2% (n=69) were retaining patients records for less than one year. Sixty percent (N=96) were preserving patient record file with themselves, whereas 23.8% (n=38) were giving it to the patient and 16.3% (n=26) were just handing over a copy of the records sheet. Dentists in the age group of upto 32 years and those with less than 8 years of practice reported in statistically significantly higher numbers that they are recording date and time of their patient’s every visit to the dental office (table 3).

Table 3. Practice of study participants regarding technical considerations of record keeping

| Questions                                                                 | Age upto 32 years | Age above 32 years | P value | Years of practice upto 8 years | Years of practice above 8 years | P value | Overall N (%) |
|---------------------------------------------------------------------------|-------------------|--------------------|---------|-------------------------------|--------------------------------|---------|---------------|
| Do you record date and time of patient’s every visit to the clinic?       |                   |                    |         |                               |                                |         |               |
| Yes                                                                       | 70(92.1)          | 68(81)*            | 0.06    | 82(93.2)                      | 56(77.8)*                      | 0.006   | 138(86.3)     |
| No                                                                        | 06(7.9)           | 16(19)             |         | 06(6.8)                       | 16(22.2)                       |         | 22(13.8)      |
Continuation

Do you obtain written informed consent from your patients?

|                      | Yes for all patients | Only for few selected patients | Only for child patients |
|----------------------|----------------------|-------------------------------|-------------------------|
|                      | 43(56.6)             | 42(50)                        | 53(60.2)                |
|                      | 32(44.4)*            | 31(35.2)                      | 38(52.8)                |
|                      | 85(53.1)             | 69(43.1)                      | 69(43.1)                |

What do you use for writing records?

|                      | Ball or ink pen      | Pencil                        | Phone or tab            |
|----------------------|----------------------|-------------------------------|-------------------------|
|                      | 63(82.9)             | 0                             | 13(17.1)                |
|                      | 66(78.6)             | 0.54                          | 17(20.2)                |
|                      | 67(76.1)             | 1(1.1)                        | 20(22.7)                |
|                      | 62(86.1)             | 0                             | 10(13.9)                |
|                      | 129(80.6)            |                               | 30(18.8)                |

Do you maintain a chronological order of the recorded data?

|                      | Yes                  | No                            |
|----------------------|----------------------|-------------------------------|
|                      | 54(71.1)             | 22(28.9)                      |
|                      | 57(67.9)             | 27(32.1)                      |
|                      | 64(72.7)             | 22(25)                        |
|                      | 50(69.4)             | 27(37.5)                      |
|                      | 114(71.3)            | 49(30.6)                      |

How do you make a correction in dental records sheet?

|                      | Single line cross out| Double line cross out         | cut in a way that nobody can read it |
|----------------------|----------------------|-------------------------------|--------------------------------------|
|                      | 57(75)               | 03(3.9)                       | 10(13.2)                             |
|                      | 57(35.6)             | 07(8.3)                       | 11(13.1)                             |
|                      | 64(72.7)             | 0.63                          | 12(13.6)                             |
|                      | 50(69.4)             | 03(3.4)                       | 09(5.6)                              |
|                      | 114(71.3)            | 07(4.4)                       | 21(13.1)                             |

Do you preserve all correspondence related to the patients?

|                      | Yes                  | No                            |
|----------------------|----------------------|-------------------------------|
|                      | 53(69.7)             | 23(30.3)                      |
|                      | 41(48.8)*            | 43(51.2)                      |
|                      | 0.006                | 24(27.3)                      |
|                      | 64(72.7)             | 42(58.3)                      |
|                      | 30(41.7)**           | 66(41.3)                      |
|                      | 0.0001               |                               |
|                      | 94(58.8)             |                               |

Do you write any explanations for corrections in the dental record?

|                      | Yes                  | No                            |
|----------------------|----------------------|-------------------------------|
|                      | 47(61.8)             | 29(38.2)                      |
|                      | 39(46.4)*            | 45(53.6)                      |
|                      | 0.03                 | 31(35.2)                      |
|                      | 57(64.8)             | 43(59.7)                      |
|                      | 29(40.3)*            | 74(46.2)                      |
|                      | 0.002                |                               |
|                      | 86(53.8)             |                               |

Duration of retaining the dental records

|                      | Less than one year   | 1 to 5 years                 | 6 to 10 years              | More than 10 years            |
|----------------------|----------------------|-------------------------------|---------------------------|-------------------------------|
|                      | 36(47.4)             | 08(10.5)                     | 31(40.8)                  | 01(0.6)                       |
|                      | 33(39.2)             | 10(11.9)                     | 40(47.6)                  | 01(0.6)                       |
|                      | 40(44.9)             | 0.59                         | 42(47.7)                  | 01(0.6)                       |
|                      | 29(39.5)             | 05(5.7)                      | 29(40.3)                  | 01(0.6)                       |
|                      | 69(43.2)             | 13(18.1)                     | 71(44.4)                  | 02(1.3)                       |
|                      |                     | 0.18                         |                            |                               |
|                      |                     | 18(11.3)                     |                            |                               |
|                      |                     | 71(44.4)                     |                            |                               |
|                      |                     |                               |                            |                               |

What do you do with the patient record file after treatment?

|                      | preserve the file with myself | give file to the patient | handover a copy of record to the patient |
|----------------------|-------------------------------|--------------------------|------------------------------------------|
|                      | 43(56.6)                      | 21(27.6)                 | 12(15.8)                                 |
|                      | 53(63.1)                      | 17(20.2)                 | 14(16.7)                                 |
|                      | 54(61.4)                      | 22(25)                   | 12(13.6)                                 |
|                      | 42(58.3)                      | 16(22)                   | 14(19.4)                                 |
|                      | 96(60)                        | 38(23.8)                 | 26(16.3)                                 |

*Statistically significant difference, p<0.05; chi-square test
On the questions related to radiographs, 70% (n=112) of the dentists reported that they were taking digital x-ray exclusively. Slightly more than half (n=84, 52.5%) of them were retaining digital copy of the patient’s radiograph, whereas some were retaining hard copy (n=19, 11.9%) or keeping one copy with them and providing other to patient (n=27, 16.9%). Most of the dentists in the study participating reported that they mention radiographic findings in dental record sheet (n=131, 81.9%). No significant difference was observed for the responses to these questions based on age group or years of practice (table 4).

**Table 4. Responses of participants to questions related to radiographic records and their preservation**

| Questions                                      | Frequency | Percentage |
|------------------------------------------------|-----------|------------|
| Which type of radiographs do you take in your clinic? |           |            |
| Conventional                                   | 25        | 15.6       |
| Digital                                        | 112       | 70         |
| Both                                           | 23        | 14.4       |
| Do you mention radiographic findings in case sheet? |           |            |
| Yes                                            | 131       | 81.9       |
| No                                             | 29        | 18.1       |
| What do you do with patient radiograph after treatment? |           |            |
| retain x ray as a hard copy                    | 19        | 11.9       |
| retain x ray as a soft copy                    | 84        | 52.5       |
| handover x ray to the patient                  | 28        | 17.5       |
| one copy with you and other to patient         | 27        | 16.9       |
| do not retain x ray                            | 2         | 1.3        |

**Discussion**

As dental patients are becoming more aware of their rights and protecting consumer laws, there has been an increase in identification of cases of dental malpractice. During any legal procedure a written document or the past radiograph of the patient has more weightage than verbal statement of the patient or the health care professional, hence, it has become crucial for dental professionals to maintain a comprehensive patient record. Apart from medico-legal aspect, dental records are useful in forensic dentistry, as a mean of communication with other dentist, patient’s follow-up visit, providing information to third – party insurer and research purposes. This questionnaire survey tried to probe on the awareness and practices of recording and maintenance of dental records by private dental practitioners of Delhi.

Keeping the dental records of the patients in a safe, retrievable manner for a specified period is an important part of clinical dental care. Various countries and associations have specified the minimum period of the maintenance of patient’s records. This duration usually ranges from 6 to 10 years. In India, physicians are required to store their patient records for 3 years and clinical trials participants’ data upto 5 years. But unfortunately, the laws in India are not practiced as strictly as they should be.
In the present study, only 44.4% (n=71) participating dentists were maintaining dental records for 6 to 10 years and 43.2% (n=69) for less than a year. In comparison, studies done in other states of India had reported a skewed picture of record maintenance where the total sample only 7%\textsuperscript{16}, 18%\textsuperscript{12}, 38%\textsuperscript{10}, 43%\textsuperscript{17} to 50%\textsuperscript{11} dentists were maintaining dental records for the desired period. There are debates as to whom the dental records belong to, dentist or patient, therefore it is safe that both keep them safely. Patient can be provided a copy of their original dental record sheet. Around 16% of the dentists in our study were following this practice whereas majority of them (n=96, 60%) were keeping it with them only.

Recording the date and time of appointment of the patient has a medico-legal significance. It can be used as an evidence for time and location of the person. In our survey, 86.3% (n=138) dentists were recording date and time of their patient’s every visit to their clinic. These numbers are similar to those reported in a study done in Sudan\textsuperscript{18}. An encouraging finding of our survey was significantly more number of younger dentists and those with fewer years of practice were recording date and time of their patient’s every visit as compared to their comparative groups. Another aspect of recording proper method of correcting the errors. If the dentist wishes to do any correction in the patient’s dental record it should be a single cross cut with a line. Use of correction ink is not recommended nor should it be cut in a way that nobody can read it. Around 30% of the participating dentists were not following the correct method of error correction in our study. These mistakes can go against the dental professional in the court of law during malpractice litigations.

Dental record keeping should not be a time-consuming exercise otherwise it will discourage the practicing dentists to follow its correct and systematic method. Specifically designed computer software can save the time and energy of the dentist in record-keeping and should be encouraged in dental practice. In our study, only 46.2% (n=74) of the participating dentists reported that they are keeping dental record digitally. This figure is higher than reported among dentists of Mangalore (2%)\textsuperscript{12}, Pune (11%)\textsuperscript{11}, Madhya Pradesh (24%)\textsuperscript{17} and Rajasthan (26%)\textsuperscript{10}. Dentists must be made aware of these soft wares.

Record keeping of additional investigations advised during the course of diagnosis and treatment is equally important. Most common of these investigations is the radiographs. Dentists must keep record of the radiograph/s taken and mention its findings in the patient record file. More than 80% of the participating dentists (n=130, 81.2%) were safe-keeping patient’s radiograph either as hard or digital copy with themselves. This figure is higher than reported in dentists of Mangalore (59%)\textsuperscript{12}, Punjab and Uttar Pradesh (47%)\textsuperscript{9}, and Pune (77%)\textsuperscript{11}.

Asking and recording medical history is an important and mandatory aspect of case history. Failure to record proper medical history can have medico-legal consequences in case of any medical emergencies arising after dental treatment or medications prescribed by the dentist. Majority of the participating dentists in our study had reported to record medical history (n=157, 98.1%) in patient case sheet. Similar studies conducted in other parts of India had reported less figures ranging from 22%\textsuperscript{9}, 31%\textsuperscript{12}, 38%\textsuperscript{10} to 44.6%\textsuperscript{11}. A study in Sudan reported that 57.1% of the surveyed dentists were recording medical history\textsuperscript{18}.
Few limitations of this study are, firstly, as the sampling frame for this study is limited to private dental practitioners of Delhi state therefore, these results don’t reflect the knowledge and practices of Indian dentists on dental record writing and keeping. Second, as this is a self-reporting study it is prone to recall bias. Third, there may be issue of selection bias as dentists are selected from a list of members of an association hence we may have missed interviewing non-member dentists.

In conclusion, overall the participating dentists had fair knowledge of importance of patients’ record but still some of them were making mistakes while writing and maintaining them safely for recommended period of time. Lack of knowledge and poor implementation of good practices were common among dentists of higher age group and more years of dental practice. This could be due to absence of regular reinforcement for good dental practices among Indian dental fraternity. We suggest a two prong strategy to overcome this shortcoming by means of regulatory approach in form of stricter laws and second, an educational approach for correct information dissemination aimed at increasing awareness of dentists towards standard rules of recording and maintaining dental records. Future research on this subject is required with a larger sample size and more questions pertaining to forensic dentistry.

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