Low dose dimethyl sulfoxide driven gross molecular changes have the potential to interfere with various cellular processes

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Dimethyl sulfoxide (DMSO) is a small molecule with polar, aprotic and amphiphilic properties. It serves as a solvent for many polar and nonpolar molecules and continues to be one of the most used solvents (vehicle) in medical applications and scientific research. To better understand the cellular effects of DMSO within the concentration range commonly used as a vehicle (0.1–1.5%, v/v) for cellular treatments, we applied Attenuated Total Reflectance (ATR) Fourier Transform Infrared (FT-IR) spectroscopy to DMSO treated and untreated epithelial colon cancer cells. Both unsupervised (Principal Component Analysis-PCA) and supervised (Linear Discriminant Analysis-LDA) pattern recognition/modelling algorithms applied to the IR data revealed total segregation and prominent differences between DMSO treated and untreated cells at whole, lipid and nucleic acid regions. Several of these data were supported by other independent techniques. Further IR data analyses of macromolecular profile indicated comprehensive alterations especially in proteins and nucleic acids. Protein secondary structure analysis showed predominance of β-sheet over α-helix in DMSO treated cells. We also observed for the first time, a reduction in nucleic acid level upon DMSO treatment accompanied by the formation of Z-DNA. Molecular docking and binding free energy studies indicated a stabilization of Z-DNA in the presence of DMSO. This alternate DNA form may be related with the specific actions of DMSO on gene expression, differentiation, and epigenetic alterations. Using analytical tools combined with molecular and cellular biology techniques, our data indicate that even at very low concentrations, DMSO induces a number of changes in all macromolecules, which may affect experimental outcomes where DMSO is used as a solvent.

Dimethyl sulfoxide (DMSO; C₆H₆OS) is a small amphipathic organic molecule with a hydrophilic sulfoxide group and two hydrophobic methyl groups. Being also an aprotic, DMSO tends to accept rather than donate protons. It can solubilize a wide variety of organic and inorganic compounds at high concentrations. This, as well as its apparent low toxicity, has made DMSO to be accepted as a “universal solvent” which is widely used as a vehicle in scientific research, drug screening settings and biomedical applications. DMSO is also a commonly used cryoprotectant to protect cells from ice crystal-induced mechanical injury¹–³.

Several studies have reported that DMSO plays multiple roles in cellular functions such as inflammation, lipid metabolism, apoptosis, cell cycle, protein expression, differentiation, molecule binding, enzyme activity, reactive oxygen species scavenging, cell polarization, radioprotection, and autophagy⁴–⁶. Based on the multitude effects of DMSO reported in the literature, we aimed to examine systematically the global effects as well as individual changes in macromolecules in epithelial cells treated with low concentrations of DMSO (0.1–1.5%, v/v). This is the first study demonstrating that DMSO induced a number of gross biomolecular changes in all macromolecules (proteins, lipids and nucleic acids), which may influence experimental outcomes where DMSO is used as a solvent.

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Results and Discussion

Growth inhibition and reduced ROS formation observed in cells treated with DMSO. Colorectal cancer (CRC) cell lines HCT-116 and SW-480 that have an epithelial phenotype were incubated with different concentrations of DMSO for 24 h and the effect on cellular growth was investigated for both cell lines with an MTT assay. As seen in Fig. 1A, DMSO showed a dose dependent effect on cell proliferation; cells treated with 1.5% DMSO showed an approximately 10% reduction in cell growth. However, reduction in cell growth was not due to the induction of apoptosis as we did not observe any Caspase 3 activation in the cells treated with the same doses of DMSO (Fig. 1B). A 10% reduction in cell growth was seen in 0.5% DMSO treated MCF-10A, a non-tumorigenic normal breast epithelial cell line (Supplementary Fig. S1).

Since several previous studies have shown that DMSO has antioxidant properties, we wanted to determine whether low doses of DMSO had any effect on cellular Reactive Oxygen Species (ROS). For this, we used Dihydroethidium (DHE), a cell-permeable fluorescent dye that exhibits blue fluorescence in the cytosol until oxidized. The oxidized DHE intercalates with the cell’s DNA, staining the nucleus a bright fluorescent red that can be assayed. DHE has been shown to be oxidized by superoxide to form 2-hydroxyethidium (2-OH-E+) or by non-specific oxidation by other sources of ROS to form ethidium (E+)7,8. As shown in Fig. 1C,D, treatment of both HCT-116 and SW-480 cells with low doses of DMSO for 48 h reduced cellular ROS level in a dose dependent manner, with the antioxidant effect more prominent in HCT-116 compared to SW-480 cells (Fig. 1C).

IR spectroscopy coupled with PCA and LDA display a clear distinction between DMSO treated and untreated cells. In order to have a more macroscopic understanding of the effects of low dose treatment of cells with DMSO, we carried out a Fourier Transform IR (FT-IR) spectroscopic analysis. To this effect, we first established whether, based on spectral data, DMSO treated cells could be distinguished from the untreated (UT) cells.

Figure 1. DMSO shows growth inhibitory and ROS reducing effects in HCT-116 and SW-480 cells. (A) After 24h of incubation with the indicated doses of DMSO, cellular growth was investigated in HCT-116 and SW-480 cells with the MTT assay. The effect of DMSO treatment on cellular growth is expressed as percent viability with respect to untreated (UT) cells. The results from three independent replicates each with eight technical replicates are given as mean ± SEM. t test was used to analyze the results. (B) Formation of cleaved Caspase 3 in DMSO treated cells was investigated by western blot. GAPDH was used as loading control. (C) DHE assay was used to measure intercellular ROS levels in DMSO treated HCT-116 (24 h and 48 h), and (D) SW-480 cells (24 h). M1 gate was set on the basis of UT cells.
cells using Principal Component Analysis (PCA). PCA is an exploratory and unsupervised pattern recognition method analysing the natural relationship of samples without any bias. Accordingly, the samples are unpredictably sorted in several different categories beyond their primary quality and grouping positions.

Figure 2 shows the 3D scores plots for DMSO-treated and untreated (UT) HCT-116, SW-480, and MCF-10A cells. PCA 3D scores plots for DMSO treated (0.5% and 1.5% v/v) cells and untreated (UT) HCT-116 (A–C), SW-480 (D–F) and MCF-10A (G–I) cells in the 4000–650 cm⁻¹, 3030–2830 cm⁻¹ and 1250–1200 cm⁻¹ spectral regions.

DMSO decreases total nucleic acid content and delays cell cycle progression. To determine any alterations in nucleic acid content induced by low doses of DMSO, we analysed the PO₂ antisymmetric band from the absorbance spectrum located in between 1242–1238 cm⁻¹ that is assigned to total nucleic acids. Additionally, the band located at 915 cm⁻¹ and emerging from Ribose ring vibrations of total RNA and DNA was analysed from the second derivative spectra. The intensities (%) of the PO₂ antisymmetric band are

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**Figure 2.** Principal Components Analysis (PCA) 3D scores plots for DMSO treated and untreated (UT) HCT-116, SW-480 and MCF-10A cells. PCA 3D scores plots for DMSO treated (0.5% and 1.5% v/v) cells and untreated (UT) HCT-116 (A–C), SW-480 (D–F) and MCF-10A (G–I) cells in the 4000–650 cm⁻¹, 3030–2830 cm⁻¹ and 1250–1200 cm⁻¹ spectral regions.
summarized in Fig. 3A for HCT-116 cells. We observed a dose-dependent decrease in the intensity of this band in the presence of DMSO. This decrease was statistically significant in the 1.0% and 1.5% DMSO-treated cells with respect to the control (UT) cells (Fig. 3A). The intensities (%) of total RNA and DNA bands were statistically significantly reduced in a dose dependent manner in DMSO treated HCT-116 cells at all doses compared to the control cells (Fig. 3B). Similar results were obtained for these bands in SW-480 cells (Supplementary Fig. S6A). On the other hand, when compared to HCT-116 and SW-480 CRC cells, a more pronounced decrease in the

Figure 3. DMSO treatment alters cellular nucleic acid content in HCT-116 cells. (A) PO₂ antisymmetric band intensity (%) values, and (B) Ribose ring vibrations band intensity (%) values for DMSO treated and untreated (UT) HCT-116 cells are shown. The results are given as mean ± SEM. t test was used to compare DMSO treated cells with UT cells. (C) HCT-116 cells were synchronized by serum starvation for 24 h. Following starvation, cells were treated with serum containing medium in the presence or absence (untreated-UT) of DMSO for 7 h. Representative histograms for cell cycle phase distributions of DMSO treated and untreated cells after release, and non-starved (non-synchronized) and starved (synchronized) cells are given. Percentages of cell cycle phases are given as mean ± SEM of three independent biological replicates each with two technical replicates. Statistical significance was calculated with respect to UT cells by using t test. (D) After 7 h release following 24 h starvation, expression levels of cell cycle proteins associated with G1 to S phase transition were examined in DMSO treated or untreated cells by western blot. β-Actin was used as loading control for normalization. Changes in the expression levels are given as fold change with respect to untreated cells.
percentage of total nucleic acids was seen in the DMSO treated non-tumorigenic MCF-10A cells (Supplementary Fig. S6B). Cells incubated with DMSO in the range of 1.0–2.0%, v/v have been reported to exhibit cellular differentiation accompanied by growth inhibition and arrest at the G1 phase of the cell cycle15–18. Since the PO2 antisymmetric and Ribose ring vibrations of total RNA and DNA band intensities revealed a decrease in nucleic acid content in DMSO treated cells, we investigated the effect of DMSO on cell cycle progression. We observed that even at the low dose of 0.5% (v/v), DMSO treatment resulted in the accumulation of cells at the G1 phase of the cell cycle (Supplementary Fig. S7A). This effect of DMSO was more prominent when the cells were synchronized through serum starvation and released. 7 h after release, the percentages of the cells at the G1/S boundary of the cell cycle in DMSO treated cells was higher (Fig. 3C), along with an accumulation of p21, and decreased expression of Cyclin E, Cyclin D and Cyclin-Dependent Kinase 4 (CDK4). Additionally, phosphorylation of Retinoblastoma (Rb) was lower in DMSO treated cells compared to control cells (Fig. 3D). Similar results were also observed in SW-480 cells (Supplementary Fig. S7B).

Although we did not address the mechanism through which DMSO treatment delayed the cell cycle progression in HCT-116 and SW-480 cells, we suggest that DMSO mediated decrease in cellular ROS may be responsible for the observed effect. This stems from the fact that mitogenic pathways can be stimulated in the presence of ROS; therefore, the entry of cells into the S phase may be regulated by controlling the activity of CDKs and phosphorylation of Rb protein29. Thus, it can be concluded that the growth inhibitory effect observed in DMSO treated HCT-116 and SW-480 cells (Fig. 1A) may have resulted from delayed progression through cell cycle phases.

DMSO alters DNA topology. The sub-bands of PO2 antisymmetric band were analysed in detail from the second-derivative IR spectra. These are highly sensitive and marker bands that are assigned to the main B and main A conformations of DNA15. The absorbance of the main B and A-forms of DNA are located at 1221 cm−1 and 1240 cm−1, respectively20. Particularly, we analysed the band located at 1066 cm−1 that is strongly enhanced specifically in the presence of Z-form DNA21. Enhanced Z-form intensities (%) were observed to increase significantly in a dose-dependent manner at all doses of DMSO treatment in all three cell lines analysed in the study: HCT-116 (Fig. 4A,C), SW-480 (Fig. 4D,F), and MCF-10A (Fig. 4G,I). Information about the relative concentration of a specific biomolecule in a system can be achieved by analysing the alterations in band intensity values22. When the ratio of the enhanced Z-DNA band intensity to the sum of intensities of A-DNA and B-DNA forms was calculated, we found that the content of Z-DNA increased significantly with DMSO treatment in these cells (Fig. 4B,E,H).

In vivo, DNA is most frequently found as the canonical duplex right-handed helical structure known as B-DNA23. However, DNA is able to fit different conformations other than the familiar right-handed B-DNA double helix. Z-DNA is left-handed form of the helix in which all bases are in anti-conformation. The phosphates in the backbone follow a zigzag path; hence, it is called as Z-DNA24. Compared to B-DNA, Z-DNA is not favoured thermodynamically. Although Z-DNA was shown to be formed in purine-pyrimidine repeats (d(CG)n) as a result of decreased electrostatic repulsion under high salt concentrations25, more recently, anion species were also shown to play a critical role in the formation and stabilization of Z-DNA26. Moreover, negative supercoiling and chemical base modifications were claimed to stabilize Z-DNA27–29. To determine whether the binding of DMSO to Z-form of DNA versus B-form of DNA was energetically more favourable, docking reactions were carried using AutoDock. 30 docking files were obtained for each case, and the positions with the lowest energy are shown in Fig. 5. In both Z-DNA and B-DNA, DMSO interacted with the amine (NH2) group of guanine base via hydrogen bond between DMSO’s oxygen moiety and one of the hydrogens of NH2 (Fig. 5A). Another important detail is that DMSO was bound to the minor groove of B-DNA (Fig. 5B), probably due to the orientation of guanine’s amine group always facing the minor groove. Binding energy for DMSO docked to Z-DNA was −2.57 Kcal/mol, while that for B-DNA was −2.48 Kcal/mol, giving a difference of −0.09 Kcal/mol, which in physiological conditions would require an increase in temperature of 45°C to occur spontaneously. This indicates that DMSO binds to Z-DNA more strongly than to B-DNA.

When the space occupied by DMSO in Z-DNA was analysed in detail, it was found that Z-DNA could hold a second DMSO molecule parallel to the first. As shown in Fig. 5C, the two sides of the structure were perfect mirror images of each other. However, it was not the same for the B-DNA conformation as two molecules could not be fitted in the structure. To determine whether the binding of two DMSO molecules to the DNA was energetically favourable, a mirror image of the docked DMSO on the complementary strand of Z-DNA was created and energy calculations were carried out. Since AutoDock was unable to dock more than one DMSO molecule to the DNA at a time, DFT calculations for the relative energies of none, one, and two-DMSO bound Z-DNA structures were carried out using B3LYP/6–31 G(d) in Gaussian. The results showed that binding of a single DMSO to a Z-DNA stabilizes the system by ca. 50 Kcal/mol, and binding of two DMSO molecules to the same Z-DNA stabilizes the system by ca. 90 Kcal/mol compared to the energy of naked Z-DNA (Z-DNA with two non-interacting DMSO positioned far away). These energy differences are remarkably high and cannot be overcome at the normal physiological temperature. ATR-FTIR data indicated an increase in the enhanced Z-form of DNA in the presence of DMSO (Fig. 4); we think that this increase could have resulted from the DMSO induced stabilization of Z-DNA. The results demonstrate that Z-DNA bound to two DMSO molecules was the most stable structure, followed by Z-DNA bound to one DMSO and finally naked Z-DNA, which is known to be very unstable in physiologic conditions20.

Z-DNA formation in cells rely on sequence composition together with chromatin structure31. Besides, a variety of environmental factors such as a high degree of hydration, high ionic strengths, transition-metal complexes and spermine are known to stabilize the Z-form32. Additionally, negative supercoiling, Z-DNA binding proteins, bromination and cytosine methylation are among the biological factors to stabilize Z-DNA in cells33–35. DMSO
was shown to destabilize DNA double helix structure at low solvent concentrations by forming hydrogen bonds with nucleic acids. This property is exploited to enhance PCR amplification reactions by inhibiting secondary structures in the DNA template or primers, especially during the synthesis of GC-rich gene fragments. Prior studies showed that DMSO can denature duplex DNA because of its hydrophobic character. While DMSO concentrations used in this study are not adequate to disrupt the duplex structure, it may promote local conformational changes in DNA, as suggested by Kashino et al. By forming hydrogen bonds with DNA bases, DMSO may potentially help alter the helix conformation towards Z-form, in agreement with very early findings, which suggest that some regions of covalently-closed-circular DNA become more loose or more negatively supercoiled by the addition of 5.0% (v/v) DMSO. Therefore, initiation and elongation of RNA synthesis may be enhanced at some locally relaxed regions of DNA. In fact, there is a strong correlation between Z-DNA formation and active transcription. There are several reports demonstrating that even at very low concentrations (0.05–2.5%, v/v), DMSO can affect gene expression and induces differentiation of many cell types including leukemia cells, mesenchymal stem cells, embryonic carcinoma cells, and preosteoblasts. DMSO is also known to epigenetically alter DNA methylation profile. Addition of DMSO (0.02–1.0%, v/v) to mouse embryoid bodies (EBs) affected genome-wide DNA methylation status, by changing hypermethylation as well as hypomethylation of genes and intergenic regions in EBs. Methylation-induced Z-DNA formation and stabilization is a known phenomenon. Therefore, in the current study we suggest that gene expression changes and epigenetic modulations attributed to DMSO may be, at least in part, explained by the formation of Z-DNA. This in turn may affect

**Figure 4.** DMSO treatment alters DNA conformation. The % band intensities of enhanced Z-form DNA in DMSO treated and untreated (UT) HCT-116, SW-480, and MCF-10A cells are shown in (A, D and G), respectively. The ratio of the enhanced Z-DNA band intensity to a total of A-DNA and B-DNA forms intensities (The results are given as fold change with respect to UT cells) are given for HCT-116 (B), SW-480 (E), and MCF-10A (H) cells. The representative second derivative and vector-normalized IR spectra of DMSO treated and UT HCT-116 (C), SW-480 (F), and MCF-10A (I) cells are shown in the spectral range of 1071–1061 cm\(^{-1}\). The results are given as mean ± SEM. t test was used to compare the results with respect to UT cells.
numerous biological processes such as transcription regulation, nucleosome positioning, genetic instability, and chromatin remodelling.

In summary, our experimental results, supported by in silico analyses unambiguously demonstrate that DMSO treatment significantly affected DNA conformation. To the best of our knowledge, we have described here for the first time that low concentrations of DMSO can change DNA helix topology to the Z-form. Although further advanced structural and biological studies are needed to understand the dynamic process of this phenomenon, this important finding emphasizes how the use of DMSO as a solvent may influence experimental results by interfering with gene expression.

**Low DMSO concentration can influence protein secondary structure.** To determine DMSO induced changes in the secondary structures of proteins, the second-derivative IR spectra of main secondary structural components in Amide I region (1680–1600 cm⁻¹), considered as main protein region, were examined. The two main α-helical structures located at 1657 and 1649 cm⁻¹ and the two main β-sheet structures located at 1636 and 1629 cm⁻¹ are shown in Fig. 6A. Treatment of HCT-116 cells with DMSO resulted in a dose dependent change in the conformation of proteins from α-helical to a β-sheet state starting at doses as low as 0.1% (v/v). We found that 0.1% DMSO treatment converted nearly 15% of α-helices to β-sheet conformation while treatment with 0.5% and 1.5% (v/v) resulted in conversion rates of 30% and 40%, respectively (Fig. 6B). Similar results were observed for SW-480 cells (Supplementary Fig. S8). Protein aggregates generally exhibit enhanced β-sheet content and diminished α-helicity compared to the native state, probably due to intermolecular contacts. The formation of intermolecular β-sheets appears to be quite extensive in DMSO treated cells. This calls for caution and awareness and the necessity of ensuring the physiochemical integrity as well as the biological activity of the analysed protein, since DMSO has the potential to cause protein denaturation, aggregation, or degradation, and even change the binding properties of the proteins.

To the extent of our knowledge, this is the first study in which the impact of low doses of DMSO treatment on cellular proteins has been demonstrated. A large body of studies has consistently reported that DMSO can influence the properties of proteins in various ways. However, most of these studies were performed at very high DMSO concentrations (10–100%, v/v) with purified proteins. Tjernberg et al. showed the effects of lower amounts of DMSO (0.1–3%, v/v) on two protein systems. These authors reported that DMSO could change the biochemical and binding properties of proteins in solution. Functional and structural stability of proteins require a fine balance between the favourable internal interactions among residues of the protein and with solvent molecules. It is suggested that DMSO destabilizes protein structure by perturbing the structure of water around the protein molecule which leads to DMSO induced protein unfolding.

**DMSO affects membrane lipids.** Quantitative and qualitative information on the effect of DMSO on membrane cholesterol in both HCT-116 and SW-480 cells was retrieved by analysing the band located at 1172 cm⁻¹ in the fingerprint region of IR spectra assigned to CO–O–C antisymmetric stretching of the ester.
PCA results are given in the left and the LDA results are presented in the right panel of Fig. 7. PCA 3D scores plots (Fig. 7E,F; left panel) revealed a clear-cut segregation between HCT-116 and SW-480 cells, confirming confusion matrices (Fig. 7E,F; right panel) similarly revealed a well-defined discrimination between HCT-116 and SW-480 cells with 100% accuracy. Moreover, the obvious spectral differences between these two cell types (p < 0.05) differentially expressed with fold change of 1 between the two cell lines (Supplementary Fig. S10). Thus the effects of DMSO on the lipid component of the two cell lines examined may have resulted from genotypic differences between the cell lines.

Figure 6. DMSO treatment affects protein secondary structures in HCT-116 cells. (A) The representative second derivative and vector-normalized IR spectra of HCT-116 cells in Amide I (1680–1600 cm⁻¹) spectral region demonstrating protein secondary structure bands. (B) The band intensities (%) of total α-helix and β-sheet structures in DMSO treated and untreated (UT) HCT-116 cells.

The relative susceptibility of individual fatty acids to peroxidation depends on the membrane fatty acid composition. Tapiero et al. reported that the effects of DMSO on membranes were related to the structure and/or composition of the cell membranes that are different in various cell types. Therefore, the different oxidative effects of DMSO in HCT-116 and SW-480 cells may be related to distinct membrane lipid characteristics of these cells. To demonstrate these differences, we ran unsupervised PCA and supervised LDA to compare HCT-116 and SW-480 cells in lipid (3030–2830 cm⁻¹) (Fig. 7E) and whole (4000–650 cm⁻¹) IR regions (Fig. 7F). The PCA results are given in the left and the LDA results are presented in the right panel of Fig. 7. PCA 3D scores plots (Fig. 7E,F; left panel) revealed a clear-cut segregation between HCT-116 and SW-480 cells, confirming our hypothesis of inherent differences between these cell lines. LDA discrimination plots, and prediction and confusion matrices (Fig. 7E,F; right panel) similarly revealed a well-defined discrimination between HCT-116 and SW-480 cells with 100% accuracy. Moreover, the obvious spectral differences between these two cell types were prominent in the lipid (4000–2800 cm⁻¹) and fingerprint (1800–650 cm⁻¹) IR spectra as demonstrated in Supplementary Fig. S9A,B, respectively. To further examine whether discrimination between SW-480 and HCT-116 cells with such high accuracy was due to differential gene expression related to lipid metabolism, we examined a publicly available microarray dataset (GSE41445) that reported gene expression of wild type HCT-116 and SW-480 cells. We observed that nearly double the number of genes (61 genes in SW-480 cells versus 37 genes in HCT-116 cells) related to the gene ontology (GO) term LIPID_METABOLISM were statistically significantly (p < 0.05) differentially expressed with fold change of 1 between the two cell lines (Supplementary Fig. S10). Thus the effects of DMSO on the lipid component of the two cell lines examined may have resulted from genotypic differences between the cell lines.
Conclusion

DMSO is a widely used organic solvent for biological applications because of its capability to dissolve numerous polar or nonpolar compounds. In high throughput screening assays for drug discovery, most small molecule compounds, including potential anti-cancer agents, are dissolved in DMSO\(^2,3\). For the first time, in the present study the effects of low, non-toxic doses of DMSO on colon cancer epithelial cells, at concentrations that are widely used in biological research, were investigated in detail by Infrared (IR) spectroscopy coupled with pattern recognition techniques and confirmed by molecular biology techniques and in silico analyses. We observed

Figure 7. DMSO treatment influences cellular lipid content and status in HCT-116 and SW-480 cells. (A) The band intensities (%) and wavenumber values of cholesteryl esters in DMSO treated and untreated (UT) HCT-116 and, (B) in SW-480 cells. (C) The intensities (%) of olefinic and olefinic/total lipids bands in DMSO treated and UT HCT-116 and, (D) SW-480 cells. The results are represented as mean ± SEM. t test was used to compare the results with respect to untreated cells. (E) Left Panel: PCA 3D scores plots for HCT-116 and SW-480 cells in 3030–2830 cm\(^{-1}\) and 4000–650 cm\(^{-1}\) spectral regions. Right Panel: LDA discrimination plots, and prediction and confusion matrices for HCT-116 and SW-480 cells in 3030–2830 cm\(^{-1}\) and 4000–650 cm\(^{-1}\) spectral regions.
that treatment of two different colon epithelial cell lines with DMSO increased β-sheet formation in proteins, decreased cholesteryl esters, and affected cellular lipid content and oxidation status. In addition, here we show that DMSO treatment reduced the total nucleic acid content and affected DNA topology by enhancing Z-form of DNA substantially in both tumorigenic and non-tumorigenic epithelial cells. In the presence of DMSO, stabilization of Z-DNA over B-DNA was further supported by molecular docking and free energy calculation studies. The merit of understanding the effects of DMSO on Z-DNA formation/stabilization is that it will help in clarifying the role of Z-DNA in a biological context.

The observed changes in gross macromolecular structures (Fig. 8) can address many of the applications of DMSO in cell biology as well highlight some of the pitfalls of using DMSO as a solvent. Thus, it is the hope of the authors that this report will bring researcher's attention to exhibit caution when interpreting data and conclusions in experiments where DMSO is used as a solvent, since even low concentrations of DMSO may interfere with important cellular processes as demonstrated in this study.

Methods

Cell culture and treatments. HCT-116 cells were purchased from Deutsche Sammlung von Mikroorganismen und Zellkulturen (DSMZ, Germany), and SW-480 cells were obtained from ATCC (England). RPMI-1640 and DMEM supplemented with 10% Fetal Bovine Serum (FBS), 2 mM L-glutamine and 1% penicillin/streptomycin were used to grow HCT-116 and SW-480 cells, respectively. MCF-10A cells, kindly provided by Dr. Elif Ersön Bensan (Orta Doğu Teknik Üniversitesi, Ankara, Turkey), were grown in DMEM/F12 medium supplemented with 5% horse serum, 20 ng/ml epidermal growth factor (EGF), 0.5 mg/ml hydrocortisone, 100 ng/ml cholera toxin and 10 µg/ml insulin and 1% penicillin/streptomycin. Cells were cultured in a humidified atmosphere containing 5% CO₂ at 37°C. All cell culture consumables were purchased from Biological Industries (Beit Haemek, Israel). Cells were either left untreated or treated with 0.1%, 0.5%, 1.0% and 1.5% cell culture grade DMSO (PanReac AppliChem, Germany) for indicated times.

IR spectroscopy measurements and data analyses. The cell culture medium was aspirated and the wells washed with cell culture grade Phosphate-buffered saline (PBS). Cells were then detached using Trypsin-EDTA (0.25%) solution. The trypsin was neutralized by adding fresh medium. The cells were centrifuged, the pellet was washed in PBS, followed by centrifugation at 400 × g for 7 min, to remove the PBS. The cells were resuspended in PBS, counted with a haemocytometer and adjusted to 5 × 10⁵ cells/10 µL of PBS for ATR-FTIR.

The IR spectra of untreated and DMSO treated cells were obtained using Spectrum 100 FTIR spectrometer (PerkinElmer, Waltham, Massachusetts, USA) equipped with a Universal ATR accessory. The spectrum of air was used as a reference. 10 µL of sample, corresponding to 5 × 10⁵ cells in PBS, was placed on a diamond/ZnSe crystal plate (PerkinElmer) and dried with a mild nitrogen flux for 2 min. Purging samples with non-invasive N₂ was applied in order to remove the overlapping free water bands from the samples (while keeping the bound water in the system), a common procedure in ATR-FTIR studies. PBS, which was used during the sample preparation step, was scanned under identical experimental conditions as the samples. These spectra were manually subtracted from the sample spectra using the Spectrum 100 software (PerkinElmer, Waltham, Massachusetts, USA). During the subtraction process, the free water band located around 2125 cm⁻¹ was flattened using the same software in order to eliminate the effect of PBS. The difference spectra obtained were used for all further spectral analyses. For HCT-116 and SW-480 cells, three biological replicates each with three technical replicates, and for MCF-10A cells, two biological replicates each with four technical replicates were analysed. The samples were scanned over the spectral range 4000 to 650 cm⁻¹, at room temperature, with a resolution of 4 cm⁻¹ and spectra were collected as an average of 64 scans.

Figure 8. Overall model showing the effects of low dose (0.1–1.5%) DMSO on epithelial cells. In epithelial phenotype cells, DMSO can induce significant macromolecular changes that include alterations in membrane phospholipid composition and/or oxidation status of existing lipid molecules, decrease in the nucleic acid content, delayed cell cycle progression, perturbations of protein secondary structure and substantially enhanced Z-form of DNA.
Pre-processing and/or standardization of FT-IR data are essential for accurate interpretation. Vector normalization and mean-centering by using second derivative spectra in the full and/or restricted fingerprint regions (ideal for quantitative analyses) is commonly used and is considered to be a reliable method for pre-processing of FT-IR data. In vector normalization, each spectrum is divided by the Euclidean norm and is usually applied to second derivative spectra because they contain both positive and negative values (below zero). Min/max normalization is another method in which the standardization is carried out on a single and stable peak (Amide I and II). Compared with vector normalization, min/max normalization method is often used for visual and qualitative purposes, since it can only process spectra with positive values.

During data analyses, the second derivative and vector-normalized IR spectra were used in order to increase the accuracy of band positions. However, for the determination of absolute intensities of Amide bands (proteins) and PO₄ antisymmetric and symmetric bands (total nucleic acids), vector-normalized absorbance IR spectra were used. Opus 5.5 software (Bruker, Billerica, Massachusetts, USA) was utilized for all data pre-processing. IR analysis of the absolute band intensities of untreated groups were normalized to 100%, and DMSO treated groups were calculated accordingly and expressed as percent intensity.

**Principal component analysis (PCA).** PCA is an unsupervised modelling technique that transforms a group of equivalent variables into a smaller set of distinct variables called principal components (PCs), while preserving the vast majority of actual information. Thus, a reduced size PC model can be employed to rapidly identify and differentiate abnormalities/deviations in the original system. There are different criteria for selecting the number PCs, since there is no universally accepted and unconditional methodology. Higher PCs (PC1 and PC2) describe the predominant sources of variations in the dataset and generally explain the gross spectral changes that may mask smaller ones. This strategy is preferable when performing robust analysis of the bulk data. Another strategy is the analysis of subsequent minor PCs that should be considered for the detection of much smaller but more distinctive and itemized alterations occurring in macromolecules.

PCA was applied to ATR-FTIR spectral data in order to perform an exploratory analysis of the studied experimental groups. For this method, unit vector-normalized and mean-centered spectra of each group were imported into The Unscrambler® X 10.3 (CAMO Software AS, Norway) multivariate analysis (MVA) software. PCA was applied in the 4000–650 cm⁻¹, 3030–2830 cm⁻¹ and 1250–1200 cm⁻¹ IR regions using Nonlinear Iterative Partial Least Squares (NIPALS) algorithm and the results were presented as three-dimensional (3D) scores plots. Hotelling’s T² statistics were used in scores plots to monitor major variations within the PCA model.

**Linear discriminant analysis (LDA).** LDA is a supervised modelling technique that involves linearly transforming n-dimensional feature samples into an m-dimensional space (m < n). In this way, members of the same class can be categorized together while members of different classes cluster separately, maximizing the differences between the predefined classes, with respect to the new variable.

LDA was performed using The Unscrambler® X 10.3 (CAMO Software AS, Norway) multivariate analysis (MVA) software. The modelling was based on PC scores. The category variable column was included into a data matrix and subsequently, randomly chosen spectra among the different sample categories was used to build a training set. After defining the data for modelling, Mahalanobis and/or Linear classifiers methods were used for LDA. The results are presented as discrimination plots, as well as prediction and confusion matrices.

**Western blot analysis.** Cells were lysed in M-PER Mammalian Protein Extraction Reagent (Thermo Fisher Scientific, Waltham, Massachusetts, USA) containing protease inhibitor cocktail (Roche, Switzerland) and phosphatase inhibitor (Roche, Switzerland) according to manufacturer’s instructions. Proteins (20–50μg) were separated in 10% SDS-PAGE gels at 100 V and transferred to polyvinylidene difluoride (PVDF) membranes using standard techniques. After 1 h of blocking in 5% skim-milk in TBS-T (Tris-buffered saline, 0.1% Tween 20), the membranes were incubated in primary antibodies (Supplementary Table S1) overnight at 4 °C, followed by 1 h incubation with HRP-conjugated secondary antibody at room temperature. Bands were visualized by using Clarity ECL Substrate (Bio-Rad, Hercules, California, USA) containing protease inhibitor cocktail (Roche, Switzerland) and phosphatase inhibitor (Roche, Switzerland) according to manufacturer’s instructions. Briefly, cells were seeded as 5 × 10⁵ cells/well of a 96-well plate and allowed to attach overnight. The day after, the cells were incubated with different doses of DMSO (0.1–1.5%) or left untreated. After 24 h of incubation with DMSO, the medium was replaced with 100 μl of complete culture medium containing 1.2 mM of MTT. Following 4 h of incubation at 37 °C, 100 μl of the SDS-HCl solution (1 g of SDS in 10 mL of 0.01 M HCl) was added to each well and mixed thoroughly by pipetting. The plates were incubated at 37 °C for 16 h in a humidified atmosphere at 37 °C. The absorbances were measured at 570 nm in a microplate reader (Thermo Fisher Scientific), and relative cell viability (%) was expressed as a percentage relative to the untreated control cells.

**Cell cycle and DNA content analysis.** To determine the effect of DMSO on cell cycle distribution, cells were treated with indicated DMSO doses for indicated times. The cells were synchronized at the G1 phase by incubating the cells in serum free medium. After 24 h, the serum free medium was removed, and the cells were incubated with complete growth medium containing 10% FBS for 7 h to release from G1.

For cell cycle analysis, DMSO treated and untreated cells were detached in trypsin/EDTA, and washed once in ice cold PBS (Phosphate-buffered saline), before fixation in 70% cold ethanol. The fixed cells were washed with PBS two times, resuspended in a staining solution consisting of 0.1% Triton X-100, 20 μg/mL RNase A (Thermo Fisher Scientific) and 20 μg/mL Propidium Iodide (Sigma-Aldrich Chemie GmbH, Germany) in PBS.
and incubated for 30 min in dark at room temperature. The percentage of cells at different stages of cell cycle was determined by using Accuri C6 Flow Cytometer (BD Biosciences, Franklin Lakes, New Jersey, USA) in the FL-3 channel.

Dihydroethidium (DHE) assay. To measure intracellular ROS levels in DMSO treated and untreated cells, HCT-116 and SW-480 cells were incubated with indicated doses of DMSO for 24 or 48 h, detached by trypsinization and collected by centrifugation at 400 x g for 7 min. After washing in PBS, cells were incubated in DHE (Thermo Fisher Scientific) staining solution (3.2 μM in PBS) for 20 min at 37°C, and immediately analysed by Accuri C6 Flow Cytometer (BD Biosciences) in the FL-2 channel.

Auto dock. In order to assess the interactions between DNA and DMSO, molecular docking analyses were carried out with AutoDock4.2 software. To determine whether the binding affinities of DMSO to Z-DNA versus B-DNA were different, high resolution (1.6 Å for B-DNA and 1.0 Å for Z-DNA) X-ray structures containing a complete helical turn with the sequences TACGCCAACGC (1-mer) for B-DNA (PDB ID 1AAY) and CGCCGG (6-mer) for Z-DNA (PDB ID 1DG6) were chosen from the PDB repository. The coordinates of DMSO were downloaded in.sdf format from PubChem Public database (PubChem CID 679) and converted into pdbqt format by OpenBabel2.4.1 software. Docking was performed as described previously. Briefly, protein components, ions and water were removed from the PDB DNA structures. The chosen parameters were as follows: in the gridding step, the entire sequence (6 mer, CGCCGG) of the Z-DNA was included whereas for the B-DNA, only the GC-rich region (CGGCC) was included. The choice of sequence of B-DNA was based on preliminary optimizations by starting with the whole molecule and then narrowing down to this region for better comparison with the Z-DNA sequence. For docking, the Genetic Algorithm was used for searching with the sequence strand mirroring the coordinates of the first. Two and one extra DMSO for none and one-DMSO cases, respectively, were added to the calculations and positioned far away from the Z-DNA in order to ensure no interaction between the Z-DNA and DMSO. That way equal number of atoms was achieved during the calculations for the three cases in order to make the resulted energies comparable. Prior to energy calculations the structures were optimized with PM3. During the optimization, the Z-DNA structure was frozen while DMSO molecules were left free to move to obtain energetically the most stable structure.

Bioinformatic data analysis. Raw data for GSE41445 was downloaded using GEOquery package from bioconductor. The data was normalized using gcma and annotated using hgu133plus2.db packages, respectively. Differential gene expression analysis for HCT-116 and SW-480 were performed using limma package and the genes related to lipid metabolism (GO:0006629) were extracted using string package based on the Affymetrix annotation file. All analyses were performed on R Language Software version 3.5.1.

Statistical data analysis. The results were expressed as mean ± standard error of mean (SEM). t test was used for comparisons using Prism 6.01 (GraphPad, La Jolla, California, USA). The degree of significance was denoted as *p ≤ 0.05, **p ≤ 0.01, ***p ≤ 0.001, ****p ≤ 0.0001.

Data Availability All data generated during and/or analysed during the current study are available from the corresponding author on reasonable request. The full length western blot images are shown in Supplementary Fig. S11.

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Author Contributions

Sinem Tunçer has carried out all of the biological experiments with help from Ege Solel, analysed the data and wrote the manuscript, Rafig Gurbanov carried out the ATR-FTIR experiments, PCA and LDA and analysed and interpreted the spectral data, Ilir Sheraj carried out the molecular docking experiments and bioinformatics analysis, Okan Esenturk provided guidance on Gaussian experiments and Sreeparna Banerjee has overseen the research, provided guidance and helped in writing the manuscript.

Additional Information

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