The caffeine-binding adenosine A2A receptor induces age-like HPA-axis dysfunction by targeting glucocorticoid receptor function

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Caffeine is associated with procognitive effects in humans by counteracting overactivation of the adenosine A2A receptor (A2AR), which is upregulated in the human forebrain of aged and Alzheimer’s disease (AD) patients. We have previously shown that an anti-A2AR therapy reverts age-like memory deficits, by reestablishment of the hypothalamic-pituitary-adrenal (HPA) axis feedback and corticosterone circadian levels. These observations suggest that A2AR over-activation and glucocorticoid dysfunction are key events in age-related hippocampal deficits; but their direct connection has never been explored. We now show that inducing A2AR overexpression in an aging-like profile is sufficient to trigger HPA-axis dysfunction, namely loss of plasmatic corticosterone circadian oscillation, and promotes reduction of GR hippocampal levels. The synaptic plasticity and memory deficits triggered by GR in the hippocampus are amplified by A2AR over-activation and were rescued by anti-A2AR therapy; finally, we demonstrate that A2AR act on GR nuclear translocation and GR-dependent transcriptional regulation. We provide the first demonstration that A2AR is a major regulator of GR function and that this functional interconnection may be a trigger to age-related memory deficits. This supports the idea that the procognitive effects of A2AR antagonists, namely caffeine, on Alzheimer’s and age-related cognitive impairments may rely on its ability to modulate GR actions.

Excessive glucocorticoid production associated with chronic or severe stress impairs hippocampal neuronal function and predisposes the organism to neurodegeneration1. Release of cortisol from the adrenal cortex is under tight regulation of this hypothalamic–pituitary–adrenal (HPA) axis. The hippocampus plays a crucial role in regulating HPA axis2 and excessive glucocorticoid production disrupts the regulatory circuit that connects the hippocampus and the hypothalamus.

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Age-related disorders are associated with downregulation of glucocorticoid receptors (GR) in the hippocampus, and subsequent desensitization of the regulatory feedback to the hypothalamus. Accordingly, in a large study of older humans aged 50–70 years, elevated salivary levels of cortisol were found to be correlated with poor cognitive function. Increased glucocorticoid activity has also been associated with greater hippocampal atrophy and memory impairment in the elderly. This is probably a consequence of dendritic retraction and hippocampal dysfunction that we have shown to occur upon chronic stress. Moreover, higher cortisol levels have been also associated with more rapid Alzheimer’s disease (AD) progression and systemic administration of glucocorticoids or stress were shown to potentiate memory impairments, hippocampal damage, β-amyloid formation and Tau accumulation in transgenic AD mice.

In the recent years, multiple lines of evidence have suggested an association between adenosine modulation and stress response. In particular, activation of the adenosine A$_2$A receptor (A$_2$A) was shown to contribute to the stress response by inducing corticosterone secretion and by mimicking GR effects. Moreover, we have recently shown that oral administration of an A$_2$A antagonist restores morphological, behavioral, and synaptic deficits induced by HPA-axis dysfunction in rodents. As observed for HPA axis, we and others have demonstrated that A$_2$A receptors are dysregulated in the rat or human brain upon aging and AD.

There is a striking parallel between A$_2$A R over-activation/over-expression and impaired GR receptor function, as evidenced by the similar ability of A$_2$A R and GR antagonists to improve cognitive deficits as well as to mitigate amyloid and Tau pathologies reminiscent of AD.

In the present study, we provide the first demonstration of the instrumental impact of A$_2$A R modulation of GR function, a mechanism never hypothesized before. We specifically report that A$_2$A R overexpression in forebrain neurons is sufficient to promote HPA-axis dysfunction, namely loss of plasmatic corticosterone circadian oscillation, and reduced GR hippocampal levels, both being age-related phenotypes. Further, we show that A$_2$A R activation modulates GR-induced deficits in hippocampal synaptic plasticity, increasing susceptibility to GR activation. Finally, we demonstrate that A$_2$A R modulation impacts GR nuclear translocation and transcriptional activity.

Materials and Methods

Animals. All experimental procedures were carried strictly within the rules of the Portuguese official veterinary department, which complies with European Directive 2010/63/EC and the Portuguese law transposing this Directive (DL 113/2013); and approved by the Instituto de Medicina Molecular Internal Committee and the Portuguese Animal Ethics Committee (Direcção Geral de Veterinária). Environmental conditions were kept constant: food and water ad lib, 21 ± 0.5°C, 60 ± 10% relative humidity, 12 h light/dark cycles, 2 to 3 animals per cage. The animals were killed by decapitation after anesthesia under halothane atmosphere. Male WT Sprague-Dawley and Tg(CaMKII-hA2AR) rats were used in the 8–14 week-old age range for all the experiments described.

Generation and maintenance of transgenic animals. Transgenic rats overexpressing the human adenosine A$_2$A receptor (A$_2$A) under the control of the CaMKIIα promoter, tg(CaMKII-hA$_2$A), were generated by microinjection of a linearized DNA construct into the male pronucleus of Sprague–Dawley rats zygotes with established methods. The construct contained a full-length human A$_2$A R cDNA cloned into an expression vector with the 8.5 kb mouse CaMKIIα promoter and a polyadenylation cassette of bovine growth hormone (see Fig. 1a).

Sprague Dawley wild type (WT) male rats were used as controls. Genotyping: Transgenic rats were identified by PCR (30 cycles, 58 °C annealing temperature) of their genomic DNA isolated from ear biopsies by the use of the transgene-specific primers CaMKII-hA2A and rat β-actin primers as an internal control (Invitrogen, see Table 1). Breeding efficiency and litter size was not affected in tg(CaMKII-hA$_2$A) animals. The average weight of the animals was also similar between WT 282.9 ± 37.7 g and tg(CaMKII-hA$_2$A) 286.7 ± 22.8 g at the age tested.

RNA extraction and quantitative real-time PCR analysis (RT-qPCR). Total RNA was extracted and purified using the RNeasy Lipid Tissue Mini Kit (Qiagen) for tissue samples and with NucleoSpin RNA kit (Macherey-Nagel) for neuronal cultures. RNA quality was assessed by NanoDrop 2000 (Thermo Scientific) and purified using the RNeasy Lipid Tissue Mini Kit (Qiagen) for tissue samples and with NucleoSpin RNA kit (Macherey-Nagel) for neuronal cultures. RNA quality was assessed by NanoDrop 2000 (Thermo Scientific) and purified using the RNeasy Lipid Tissue Mini Kit (Qiagen) for tissue samples and with NucleoSpin RNA kit (Macherey-Nagel) for neuronal cultures. RNA quality was assessed by NanoDrop 2000 (Thermo Scientific) and purified using the RNeasy Lipid Tissue Mini Kit (Qiagen) for tissue samples and with NucleoSpin RNA kit (Macherey-Nagel) for neuronal cultures. RNA quality was assessed by NanoDrop 2000 (Thermo Scientific) and purified using the RNeasy Lipid Tissue Mini Kit (Qiagen) for tissue samples and with NucleoSpin RNA kit (Macherey-Nagel) for neuronal cultures. RNA quality was assessed by NanoDrop 2000 (Thermo Scientific) and purified using the RNeasy Lipid Tissue Mini Kit (Qiagen) for tissue samples and with NucleoSpin RNA kit (Macherey-Nagel) for neuronal cultures.

Corticosterone quantification. Blood was collected from the tail in animals previously handled to minimize stress and without anesthesia at two different time points, 8 AM, and 8 PM as in1. The plasma was isolated by centrifugation at 2000 × g, 4 °C for 15 min and corticosterone quantified by radioimmunoassay using the rat corticosterone 3H kit (MP Biomedicals), according to the manufacturer’s protocol.

Dissection and tissue collection. After decapitation the brain was rapidly removed and the hippocampi were dissected free in ice-cold Krebs solution composed of (mM): NaCl 124; KCl 3; NaH$_2$PO$_4$ 1.25; NaHCO$_3$ 26; MgSO$_4$ 1; CaCl$_2$ 2; and glucose 10, previously gassed with 95% O$_2$ and 5% CO$_2$, pH 7.4. One hippocampus was used for electrophysiological recordings, the remaining brain was separated by areas (Hippocampus, cortex, cerebellum, striatum, hypothalamus) and rapidly frozen in liquid nitrogen for further analysis.
Behavioural assessments. 10–14 weeks old WT and tg(CaMKII-hA2AR) rats treated either with vehicle or KW 6002, were first handled for 5 days before testing in the behavior assays. The Y-maze was performed in a two-trial recognition test in a Y-shaped maze with 3 arms (each with 35 cm length x 10 cm width x 20 cm height), angled at 120°; on the first trial (learning trial), the animal explored the maze for 10 min with only two arms opened (start and other arm); after 1 h, the animal is re-exposed to the maze for 5 min (test trial) with the novel arm available, the preference for the novel arm is considered a measure of short-term reference memory. The number of transitions was used to evaluate motor performance. The maze was cleaned with a 70% ethanol solution between each animal. Rat tracings during the learning task were continuously monitored by an automated tracking system (Smart 2.5, PanLab, Barcelona) and the time spent exploring each arm was quantified.

Electrophysiological recordings. Slices (400 μm thick) were obtained from the same animals used for CORT analysis and behavior testing, with a McIlwain tissue chopper, left to recover for at least 1 h in Krebs solution and field excitatory postsynaptic potentials (fEPSPs) were recorded as previously described in the CA1.
Table 1. Primers used for genotyping and qPCR.

| Primer  | Target Gene | Organism       | Forward Primer | Reverse Primer | Amplicon Size (bp) |
|---------|-------------|----------------|----------------|----------------|-------------------|
| CypA    | PPIA peptidylprolyl isomerase A (cyclophilin A) | rat, human, mouse | TATCTGCACCTGCAAGACTGAGTG | CTTTCTGCTGTTGCGCATTCC | 126 |
| Ppl3A   | Ribosomal protein L13A | rat | GGATCCTCCACCCTTAATGACA | CTTGATCCTCCACCGGACCTC | 130 |
| Pgk1    | Phosphoglycerate kinase 1 | rat | ATGCAAAGACTGCGCAAAGCTAC | AGGCCAGGCTTCAGCATTTTC | 115 |
| hACTB   | Human Actin-1 | human | GAATCTCACTGGCAAGAGAGTGG | AGCCATGTGTTGCGCATTCC | 233 |
| A2AH    | Human Adenosine A2A Receptor | human, rat | AACTTGCAAGACGCTAC | GTCACCAAGGGCCATGGAG | 245 |
| A2A     | Adenosine Receptor A2A | rat, mouse | ATCTACCTTCCGCTAACATGG | AGGTGTACCTCCAGGACAGAT | 160 |
| A1      | Adenosine A1 Receptor | rat | ACCCTCACTGGCAAGAGATGG | AGCCATGTGTTGCGCATTCC | 115 |
| Act-B   | Actin-1 | rat | AGCCATGTAGTGCGGCTTGG | CTCTCAGCTGTGGTGGAAC | 228 |
| CaMKII-hA2A | calmodulin-dependent protein kinase II promoter and human Adenosine Receptor A2A | transgene | GACTAATTTTGGTTCGCTCGC | GTCACCAAGGGCCATGGAG | 450 |
| GILZ    | Glucocorticoid induced Leucine Zipper | rat, mouse | GACGACCTCCTAAACCAACC | AACGGAAACCATGCCCTTC | 151 |
| Bcl2    | B-Cell Lymphoma | rat, mouse | CTGTGGAGCAACATCGCTCGT | GTGTCGTACCTCCAGGACAGAT | 228 |
| PER1    | Period 1 | rat, mouse | TCTCTAGCTTCACTCCTGGG | GTCGATGTTCAGTCTCGG | 81 |
| CRH     | Corticotropin-releasing hormone (CRH) | rat | TGCCAAAGGAGGAGAAAGAG | GGCCCTGCAAGGCGAGACAG | 105 |

stratum radiatum. Long term potentiation (LTP, 100 Hz, 1s) was recorded as previously described at 32 °C with a constant flux of 3 mL/min. Whenever indicated, drugs were preincubated at 32 °C. The intensity of the stimulus was maintained during the induction protocol. LTP was quantified as the % change in the average slope of the fEPSP measured during the 5 data points immediately preceding the induction of LTP, comparing to the fEPSP measured from 46 to 60 min (5 data points of 8 averages each) after LTP induction. In each individual experiment, the same LTP-inducing paradigm was delivered to each pathway. Hippocampal slices were incubated with dexamethasone 100 nM (at 32 °C), for the time periods indicated (20’ and 60’), always followed by 60 min resting prior to recording, time necessary to ensure nuclear translocation (as controlled in cell cultures) and gene-dependent effects. Antagonists (50 nM SCH58261; 100 nM RU486) were applied 15–20 min before treatment and agonists (CGS21680, 30 nM) at the same time.

Sample preparation. Nuclear/cytoplasmic fraction enrichment was performed by differential centrifugation. Samples were homogenized with a 29G syringe and centrifuged at 1000 g for 10 min. The supernatant is the cytoplasmic fraction; the pellet was resuspended in 100 μL of sucrose buffer (0.32 M sucrose, 50 mM Tris, pH 7.6), homogenized and centrifuged again to ensure a minimum contamination with cytoplasm. 150 μL of 1.5x sample buffer (350 mM Tris, 30% glycerol, 10% SDS, 600 mM dithiothreitol and 0.012% bromophenol blue, pH 6.8) were added to the nuclear fraction and 15 μL were used for immunoblot detection. The cytoplasmic fraction was prepared with 20 μL of sample and 5 μL of 5x sample buffer. Tissue homogenates of WT and tg(CaMKII-hA2AR) were prepared from frozen samples. Briefly samples were homogenized by sonication in immunoprecipitation-assay (RIPA) buffer (50 mM Tris, 1 mM EDTA, 150 mM NaCl 0.1% SDS, 1% NP 40, pH 8.0). Protein was quantified using the BioRad Protein DC assay based on Lowry. The appropriate volume of sample was completed with sample buffer.

Western Blotting. Samples were denatured by heating to 95 °C for 5 min or at 70 °C for 30 min for A2AR detection. Samples and molecular weight markers were resolved by SDS-PAGE (8% or 10% for resolving and a 5% for stacking gels) in denaturing conditions and electro-transferred to PVDF membranes (Millipore). Membranes were blocked with 5% non-fat dry milk in TBS-T (Tris buffer saline with 0.1% Tween-20, 200 nM Tris, 1.5 M NaCl). After washing with TBS-T, membranes were incubated with primary antibody in TBS-T with 3% BSA. Secondary antibody incubation was in 5% non-fat dry milk in TBS-T. Primary antibodies were rabbit GR specific (1:1000, ambion, AM4300) and mouse A2AR specific (1:2000, Upstate/Millipore - 05-717), secondary antibodies conjugated with horseradish peroxidase were goat, rabbit or mouse specific antibodies (Santa Cruz Biotechnology, Heidelberg, Germany). Chemiluminescence detection was performed with ECL-PLUS western blotting detection reagent (GE Healthcare) using X-Ray films (Fujifilm). Optical density was determined with ImageJ software.

Cell culture. N1E-115 mouse neuroblastoma cells (CRL-2263) were cultured in Dulbecco’s modified Eagle’s medium (DMEM) without pyruvate supplemented with 10% (v/v) fetal bovine serum (FBS), 100 U/ml penicillin-streptomycin, and 2 mM L-glutamine (Gibco). Cells were plated into 6-well plates for 24 h to reach 60% confluence before transfection with Exgene 500 (Euromedex). Briefly 4 μg of pGL3(GRE3)_TK_Luc (GRE_Luc) plasmid (kindly given by Dr. Philippe Lefebvre, Inserm U1011) were mixed in 400 μL of non-supplemented DMEM with 20 μL of Exgene 500 (the mix volume/well) and incubated for 15 min at RT. Cells were incubated

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for 3 h with the transfection mix before collecting the volume to 3 mL. Drug treatments were performed 24 h after transfection in two technical replicates. Primary neuronal cultures. Cortical neurons from 18 days Sprague Dawley rat embryos (Harlan, Barcelona) were cultured according to Valadas24. Briefly, the embryos were collected in Hank’s balanced salt solution (HBSS) and rapidly disintegrated. Meninges and white matter were removed and whole cortices were fragmented and cells were isolated by trypsinization in HBSS CaCl2/MgCl2 (1 mM/1 mM, 0.025% trypsin) and centrifuged at 200 rpm. Cells were washed with HBSS CaCl2/MgCl2 supplemented with 10% FBS and resuspended in Neurobasal medium. Cells were plated on poly-L-lysine-coated coverslips in 6-well plates at density of 1 × 10⁶ cells/well. Neurons were grown in Neurobasal medium with 2% B-27 supplemented with 25 μM glutamate, 0.5 mM glutamine and 2 U/mL penicillin/streptomycin, in the absence of any positive selection for neurons. The medium was replaced at day 4 (without glutamate). Drug treatments were performed at day 8, 1 h after replacing the medium by Neurobasal without B27. All cells were kept in a 5% CO2, humidified incubator at 37 °C.

Drug treatments. Cell treatments were performed as in Valadas24. Drug treatments were vehicle matched to drugs, with a max DMSO of 0.001%. Briefly, mouse neuroblastoma N1E115 cells were treated with dexamethasone 100 nM for 24 h; antagonists (SCH58261 10–100 nM, KW6002 30 nM and RU486 100 nM) were applied 15–20 min before treatment and agonists (CGS21680, 10–50 nM) were co-applied with dexamethasone. After treatment, cells were washed in ice-cold PBS and processed for luciferase assay. Primary neuronal cultures were treated with dexamethasone 100 nM for different periods of time 0, 5, 10, 15, 30, 60, 90 min; the A2AR antagonist SCH58261 (50 nM) was applied 15–20 min before dexamethasone. After treatment, cells were washed in ice-cold PBS and resuspended in 200 μL of sucrose solution (0.32 M sucrose, 50 mM Tris, pH 7.6) supplemented with protease inhibitors (Roche). Hippocampal slices incubated with dexamethasone 100 nM (at 32 °C), for the time periods indicated (20' and 60'), always followed by 60 min resting prior to recording, time necessary for nuclear translocation (as controlled in cell cultures). Antagonists (50 nM SCH58261; 100 nM RU486) were applied 15–20 min before treatment and agonists (CGS21680, 30 nM) at the same time. In vivo therapy: KW6002 (ista-defyline, a selective A2AR antagonist) or vehicle were orally administered in the drinking water (5 mg/kg/day) to WT male rats as described1.

Luciferase assay. Luciferase activity was evaluated with the luciferase assay system (Promega) according to the manufacturer's procedure. Briefly, N1E115 cells were lysed in 150 μL luciferase cell lysis buffer reagent for 15 min at 4 °C. The supernatant was collected after 2 min, centrifuged at 12,000 rpm at 4 °C and 5 μL were used for the assay, each technical replicate was assayed in duplicate. Luciferase activity was measured using a Mithras Microplate Reader LB 940 (Berthold Technologies).

Drugs. The A2AR selective antagonist 2-(2-furanyl)-7-(2-phenylethyl)-7H-pyrazolo[4,3-e][1,2,4]triazolo[1,5-c]pyrimidin-5-amine (SCH58261), the A3R selective agonist 4'-(6-amino-9-[(N-ethyl-3-D-ribofuranuronamidosyl)-9H-purin-2-yl]amino)ethyl]benzene propanoic acid (CGS21680) and the GR antagonist (11β,17α,21-trihydroxy-1,4-pregnadiene-3,20-dione, 16β-hydroxy-17-(1-propynyl)-estr-4,9-dien-3-one (RU486) were purchased from Tocris Cookson, UK. These drugs were diluted in the assay solution from 5 mM or 10 mM (for RU486) stock aliquots made in DMSO stored at −20 °C. The GR agonist (11β,16α)-9-fluoro-11,17,21-trihydroxy-16-methylpregna-1,4-diene-3,20-dione, 16β-fluoro-11α-methyl-17β,21-trihydroxy-1,4-pregnadiene-3,2,0-dione,9α-fluoro-16β-methylprednisolone (dexamethasone) was purchased from Sigma (Spain), diluted from 10 mM stock in DMSO and stored at −20 °C. The A2AR selective antagonist, (E)-8-[2-(3,4-dimethoxyphenyl)vinyl]-1,3-diethyl-7-methyl-3,7-dihydroprurine-2,6-dione (KW6002, Istradeffyline) was synthesized according to a published procedure25. The purity of the product was determined by HPLC analysis coupled to electrospray ionization mass spectrometry and was greater than 98%. For in vivo assays a fresh 10 mM stock solution in DMSO was prepared, used only for 1 week and stored at −20 °C. All other reagents used were of the highest purity available either from Merck, Germany or Sigma Aldrich, Spain.

Statistics. Values presented are mean ± SEM of n experiments. To test the significance of the differences between groups in Western blotting experiments, unpaired Student's t-test was used. To compare within slice drug treatments in LTP, paired Student's t-test was used. In all other experiments, when comparing 3 or more groups a one-way ANOVA was used, followed by a Bonferroni's Multiple Comparison post hoc test. For the analysis of the primary neuronal cultures and corticosterone levels, a two-way ANOVA repeated measures test was used. Values of P < 0.05 were considered to be statistically significant.

Results

Overexpression of A2AR in forebrain neurons impairs HPA-axis and plasticity, rescued by an in vivo anti-A2AR therapy. We have previously demonstrated that HPA-axis function and GR hippocampal levels could be restored through blockade of A2AR activation1. We now restated if the forebrain A2AR overexpression – similar to what is found in aged and AD human brain - could be sufficient to drive HPA-axis dysfunction and hippocampal synaptic impairments. We generated transgenic rats that selectively overexpress human A2AR in neurons under the control of the CaMKIIα promoter [Tg(CaMKII-hA2AR); Fig. 1a] that display cognitive impairments26. As expected, expression of A2AR was achieved in forebrain areas (Fig. 1b), mainly in the hippocampus and cortex, though we also detected a slight increase A2AR mRNA levels in other areas of the nervous system (Fig. 1b). Peripheral expression assessed in the spleen and adrenal glands did not reveal significant changes in A2AR protein levels (Fig. 1c). We have observed a temporal profile of protein overexpression in the hippocampus from 2-week-old onwards reaching a plateau at 12 week-old with a 4.9 fold increase in immunoreactivity (Fig. 1d), which is comparable to levels found in physiological aging27. Importantly, there was no change in adenosine A1 receptor levels in the hippocampus of Tg(CaMKII-hA2AR) animals (Fig. 1e).
We found that A2AR overexpression triggered a decrease in GR protein and mRNA levels in the hippocampus (Fig. 2a,b), as well as an increase in CRH mRNA levels in the hypothalamus (Fig. 2c) compared to WT animals, calculated using an unpaired Student’s t-test. Corticosterone levels evaluated at 8 AM and 8 PM are elevated in Tg(CaMKII-hA2AR) and do not oscillate in a circadian manner (n = 6–9); Results were analysed with a two-way ANOVA followed by a Bonferroni post hoc test. High frequency stimulation (HFS: 100 Hz, 1s) was used to evaluate synaptic plasticity in hippocampal rat slices according to scheme depicted in lower panel (f). At 32 °C, Tg(CaMKII-hA2AR) animals present lower post-tetanic potentiation (PTP) and no effect on long term potentiation (LTP). At 30.5 °C, Tg(CaMKII-hA2AR) animals present higher LTP magnitude which was rescued by one-month oral administration of an A2AR selective antagonist, KW 6002 (5mg/Kg/day). LTP and PTP magnitudes were quantified in (g). *P < 0.05 compared to WT, and are presented as mean ± SEM of (n = 6–11) experiments; ^P < 0.05 using one-way ANOVA, followed by a Bonferroni post hoc test and (h) Input/Output (I/O) curve corresponding to fEPSP slope evoked by different stimulation intensities (0.6 – 3 mA). There is a shift to the left in the curve from Tg(CaMKII-hA2AR) animals. (i) Short-term reference memory, using the modified Y-maze test. Impairments in Tg(CaMKII-hA2AR) animals were rescued by oral KW6002 administration (n = 10–16). Results were analysed with a one-way ANOVA followed by a Bonferroni post hoc test and are presented as mean ± SEM of n experiments. *,&P < 0.05 compared to Novel (N) arm.
[tg(CaMKII-hA2AR)] rats for 1 month with the selective A2AR antagonist, KW6002 [5 mg/kg/day, orally, in the same dose we have shown to rescue GR expression upon stress1], rescued LTP amplitude in [tg(CaMKII-hA2AR)] to values close to those of WT animals (Fig. 2e,g). Accordingly, when tested for short-term reference memory, using the modified Y-maze test, Tg(CaMKII-hA2AR) animals performed worse than wild type (WT), revealing no preference for the novel arm. This effect was rescued by one-month oral treatment with KW6002 (5 mg/kg/day) (Fig. 2i). We found no changes on the total number of transitions, which could compromise the tests and indicate striatum-associated secondary effects.

Overexpression of A2AR increases hippocampal susceptibility to dexamethasone. We tested if A2ARs were involved in the known GR gene-dependent effects on synaptic plasticity by applying dexamethasone for the time periods indicated, followed by one-hour resting prior to recording, to allow gene-dependent effects. Prolonged exposure (for 60 min) of WT hippocampal slices to a synthetic GR agonist, dexamethasone (100 nM), abolished long-term potentiation (LTP) (Fig. 3a,b) an effect prevented by the GR antagonist, RU486 (Fig. 3b). Interestingly, the blockade of A2AR with SCH58261 (50 nM) prevented these GR-induced effects as efficiently as RU486 (Fig. 3a,b), whereas neither GR nor A2AR antagonists alone had an effect on control (vehicle-treated) slices (Fig. 3b). We then tested whether, conversely, A2AR overexpression increased susceptibility to dexamethasone.

Figure 3. Dexamethasone induced deficits in synaptic plasticity are prevented by adenosine A2A receptor (A2AR) blockade and exacerbated by A2AR overexpression. High frequency stimulation (HFS: 100 Hz, 1s) was used to evaluate synaptic plasticity in hippocampal slices. (a) Incubation of slices from WT rats with dexamethasone (100 nM) for 1 h decreases LTP magnitude an effect prevented by the A2AR antagonist SCH58261 (50 nM). (b) Magnitude of the effects of dexamethasone, RU486 (100 nM) and SCH58261 (n = 3–8) in hippocampal slices from WT rats. Results are presented as mean ± SEM of n experiments analyzed using a one-way ANOVA followed by a Bonferroni post hoc test. *P < 0.05 compared to CTR; ##P < 0.05 compared with dexamethasone 60 min. (c) Incubation of slices with dexamethasone (100 nM) for 20 minutes has no effect on LTP magnitude in WT animals (n = 3–8), whereas (e) in Tg(CaMKII-hA2AR) animals is sufficient to induce a significant decrease in LTP magnitude (n = 6–9). (d) Bar plots of the effects of dexamethasone and (f) the prevention of these effects by the GR antagonist RU486 (n = 3–9). Results are presented as mean ± SEM of n experiments analyzed using an unpaired t-test for comparisons between WT and Tg(CaMKII-hA2AR) and one-way ANOVA followed by a Bonferroni post hoc test for drug effects. *P < 0.05 compared to control, ##P < 0.05 compared with dexamethasone 20 min, #P < 0.05 compared with dexamethasone 60 min.

[tg(CaMKII-hA2AR)] rats for 1 month with the selective A2AR antagonist, KW6002 [5 mg/kg/day, orally, in the same dose we have shown to rescue GR expression upon stress1], rescued LTP amplitude in [tg(CaMKII-hA2AR)] to values close to those of WT animals (Fig. 2e,g). Accordingly, when tested for short-term reference memory, using the modified Y-maze test, Tg(CaMKII-hA2AR) animals performed worse than wild type (WT), revealing no preference for the novel arm. This effect was rescued by one-month oral treatment with KW6002 (5 mg/kg/day) (Fig. 2i). We found no changes on the total number of transitions, which could compromise the tests and indicate striatum-associated secondary effects.
Using a shorter exposure - 20 min - to dexamethasone (100 nM), we found that dexamethasone treatment had no impact on LTP magnitude in WT animals (Fig. 3c,d). In contrast, such shorter exposure time was sufficient to decrease LTP magnitude in tg(CaMKII-hA2AR) animals (Fig. 3d,e), an effect completely prevented by the GR antagonist RU486 (Fig. 3f).

We further explored whether the A2AR signaling in these animals followed an aging-like pattern. In Tg(CaMKII-hA2AR) animals, A2AR tonically increase excitatory transmission, an effect revealed by the inhibitory effect of the A2AR selective antagonist SCH58261 (50 nM) on basal synaptic transmission, that was not observed in WT animals. (d) The effect of SCH58261, 30 nM is blocked by H89 (1 μM), a PKA antagonist, but not GF (1 μM) a PKC antagonist. Results were analyzed using one-way ANOVA followed by a Bonferroni’s multiple comparison post hoc test (*P < 0.05 comparing with Tg(CaMKII-hA2AR) with SCH58261 alone). (e) The effect of A2AR activation does not change in the presence of the selective adenosine A1R antagonist DPCPX (100 nM; n = 3); P > 0.05 using a paired Student’s t-test analysis.) (f) The effect of CGS58261 upon CPA, 30 nM, on fEPSP is lost in Tg(CaMKII-hA2AR) animals. Results were analyzed using a paired Student’s t-test comparing to CPA alone (n = 4/7, *P < 0.01 in WT animals comparing to CPA alone). (g) Time course of a representative experiment testing the A1/A2A crosstalk in WT versus Tg(CaMKII-hA2AR).

Figure 4. Overexpression of adenosine $A_{2A}$ receptor ($A_{2A}$R) induces age-like modifications in adenosine neuromodulation. (a,b) The $A_{2A}$R selective agonist CGS21680, 30 nM, has an effect on basal fEPSP slope in Tg(CaMKII-hA2AR) but not in WT animals; Results were analyzed using a unpaired Student’s t-test (*P < 0.05 comparing to WT); (c) $A_{2A}$R tonically increase excitatory transmission in Tg(CaMKII-hA2AR) animals, an effect revealed by the inhibitory effect of the $A_{2A}$R selective antagonist SCH58261 (50 nM) on basal synaptic transmission, that was not observed in WT animals. (d) The effect of CGS21680, 30 nM is blocked by H89 (1 μM), a PKA antagonist, but not GF (1 μM) a PKC antagonist. Results were analyzed using One-way ANOVA followed by a Bonferroni’s multiple comparison post hoc test (*P < 0.05 comparing with Tg(CaMKII-hA2AR) with CGS21680 alone). (e) The effect of A2AR activation does not change in the presence of the selective adenosine A1R antagonist DPCPX (100 nM; n = 3); P > 0.05 using a paired Student’s t-test analysis). (f) The effect of CGS58261 upon CPA, 30 nM, on fEPSP is lost in Tg(CaMKII-hA2AR) animals. Results were analyzed using a paired Student’s t-test comparing to CPA alone (n = 4/7, *P < 0.01 in WT animals comparing to CPA alone). (g) Time course of a representative experiment testing the A1/A2A crosstalk in WT versus Tg(CaMKII-hA2AR).
Adenosine A₂A receptors (A₂AR) modulate glucocorticoid response element (GRE) regulated luciferase expression in N1E115 cells and promote dexamethasone induced Glucocorticoid Receptor (GR) translocation to the nucleus. (a) Dexamethasone induced an increase in luciferase activity (n = 8–17) which is decreased upon A₂AR blockade by two antagonists, SCH 58261 (10–100 nM) and KW 6002 (50 nM) (n = 5–11) and (c) increased upon direct A₂AR activation with CGS 21680 (10–50 nM) (n = 3–9), as depicted in the upper schemes. Activation of A₂AR alone is sufficient to modulate endogenous GR transcriptional activity (d) A₂AR antagonist decreases luciferase activity (n = 6–14) while (e) A₂AR agonist increases it (n = 3–11). (f) A₂AR effects are prevented by the glucocorticoid receptor (GR) antagonist, RU 486 (100 nM, n = 5–10). Results are presented as mean ± SEM of n experiments. In (d–f) results were normalized to CTR, i.e., to the condition without dexamethasone, while in b) and c) results are normalized to DEX-induced activity. *P < 0.05 compared to control, #P < 0.05 compared with dexamethasone induced luciferase activity calculated using a one-way ANOVA followed by a Bonferroni post hoc test. (g) Left panel illustrates the gradual enrichment of GR in the nuclear fraction of neuronal cultures over time of exposure to dexamethasone (n = 2–4). This increase is completely prevented by blocking A₂AR with SCH 58261-50 nM (in right panel). Results are presented as mean ± SEM of n experiments. *P < 0.05 compared to control, #P < 0.05 compared with dexamethasone calculated using two-way ANOVA followed by a Bonferroni post hoc. (h) Expression levels of GR and A₂AR in N1E115, compared to hippocampal (Hip) and cortical (Ctx) tissue.
versus cytoplasmic fraction in a time-dependent manner, which was maximal after 90 minutes; this effect was completely inhibited upon A2AR blockade (Fig. 5g), in line with data obtained in N1E115 cells.

In order to test whether A2ARs are impacting on GR-dependent regulation of endogenous target genes, we evaluated the effect of selective A2AR inhibition on GR-dependent gene regulation in primary neuronal cultures. Quantitative PCR experiments targeting GR-activated genes (GILZ, PER1, and Bcl2) were run following 1h incubation with dexamethasone (100 nM), in the presence or absence of the A2AR selective antagonist SCH51280 (50 nM). Arguing for a physiological role for A2AR in modulating GR activity, we found that the increased GILZ, PER1, and Bcl2 mRNA expression induced by dexamethasone was significantly reduced whenever A2AR are blocked with SCH 58261 (Fig. 6a–c).

Finally, we assessed the impact of the age-like GR downregulation and A2AR overactivation seen in the hippocampus of Tg(CaMKII-hA2AR) (see Fig. 1), on the expression of the same GR-target genes (Fig. 6d). As predicted, we found that expression levels for both GILZ and Bcl2 were decreased in Tg(CaMKII-hA2AR) compared to WT animals, whereas for PER1 we could not detect significant changes.

**Discussion**

Our findings demonstrate for the first time that GR transcriptional activity and nuclear localization are modulated by adenosine A2A receptors, thereby affecting GR function. Importantly, we here show that neuronal A2AR overexpression is sufficient to impair the HPA-axis function and decrease GR hippocampal levels. Furthermore, the combined evidence that A2AR over-expression increases the susceptibility to GR agonists on one hand, and that A2AR blockade prevents the detrimental synaptic effects of GR activation on the other hand suggests that A2AR play a critical role in the control of memory dysfunction by modulating GR expression and activation.
This is the first time that the link between the well-documented hippocampal increase in A2A-R expression and the decrease in GR density and associated HPA-axis dysfunction - features of aging and Alzheimer’s disease (AD) - is established. This also sustains the novel hypothesis that A2A-R up-regulation through modulation of GR function is sufficient to trigger synaptic dysfunction and subsequent memory impairments. This novel A2A-R-GR interaction has far-reaching implications in multiple pathologies in which corticosteroids play a pivotal role and that are alleviated by A2A-R antagonists, notably caffeine.

Stress hormones and HPA-axis dysfunction have long been recognized as a critical feature underlying brain aging and pathology. Indeed, altered cortisol levels are observed in post-traumatic stress syndrome or major depression and elevated salivary levels of cortisol were found to be correlated with poor cognitive function in a large study of humans aged 50–70 years. Increased glucocorticoid activity has a predominant impact on the hippocampus, which plays an inhibitory role in regulating the HPA axis and controls mood and memory. Thus, chronic exposure to glucocorticoids leads to cell death and hippocampal atrophy and is associated with memory impairment in the elderly. Accordingly, recent evidence supports a pivotal role of stress hormones in neurodegenerative diseases, namely in AD. This is re-enforced by the following observations: 1) administration of the GR antagonist, RU486, reverts multiple features of AD pathology; 2) repeated stress worsens AD-induced deficits; 3) elevated cortisol levels are associated with a faster disease progression in AD; 4) systemic administration of glucocorticoids or stress potentiate memory impairments, hippocampal damage, β-amyloid formation and Tau pathology in transgenic AD mice. Interestingly, in aging or in other brain pathologies where a dysfunction of the HPA-axis is present, there is also an upsurge of A2A-R in the hippocampus and their blockade has proven to be beneficial, but the mechanisms remained unknown. We now provide the first demonstration that A2A-R modulation of GR may be essential for the efficacy of A2A-R blockade, a mechanism never hypothesized before.

We have also observed that the A2A-R synaptic responses in tg(CaMKII-hA2A)R are dependent on PKA activation and that in vivo administration of an A2A blocker rescues the higher LTP recorded in these animals back to WT levels (panel f). This supports the therapeutic utility of A2A-R antagonists as an important alternative to GR antagonists in reestablishing HPA-axis dysfunction, which occurs in multiple clinical conditions. In fact, the therapeutic interest of using selective A2A-R antagonists against multiple pathologies is increasing and A2A-R antagonists have been recently approved as co-adjunctive therapy for Parkinson’s disease. Various studies also support the ability of caffeine and A2A-R blockade to prevent memory impairment in various conditions, and recent work revealed that caffeine can even have pro-cognitive effects. A2A-R antagonism was also proposed for the treatment of depression and anxiety-like disorders in agreement with the decreased incidence of depression in individuals consuming caffeine. However, the lack of success with using A2A-R antagonists in clinical trials may be due to a lack of understanding of the mechanisms by which A2A-R antagonism is effective. Our data complete and strengthen our previous demonstration that A2A-R blockade overcame stress effects by reestablishing the HPA-axis and GR levels in the hippocampus. These findings are critical, not only for possible treatment strategies of the memory dysfunction associated with psychopathologies, but also in the context of aging and other circumstances in which the glucocorticoid response is impaired.

We also observed that the A2A-R synaptic responses in tg(CaMKII-hA2A)R are dependent on PKA activation and that in vivo administration of an A2A blocker rescues the higher LTP recorded in these animals back to WT levels (panel f). This supports the crucial contribution of the A2A-PKA interplay to LTP induction mechanisms, as proposed recently. Furthermore, the features of adenosine neuromodulation evaluated in Tg(CaMKII-hA2A)R follow an aging-like profile. Namely, A2A-R activation in Tg(CaMKII-hA2A)R animals has a direct effect in basal synaptic transmission, mediated by PKA and not PKC, and independent of A1-R inhibition. This reproduces what is observed in aged animals. Since A1 receptor levels (Fig. 1e) are not changed in transgenic animals, and we obtain the same A2A-R effect on synaptic transmission regardless of A1-R blockade with DPCPX (Fig. 4e), this does not seem to depend on endogenous adenosine levels. Taken together, the results now presented suggest that an increase in neuronal A2A-R is sufficient to drive age-like changes also in adenosine modulation and consequent LTP impairment. In accordance, the LTP magnitude that we obtained from young adult Tg(CaMKII-hA2A)R animals (Fig. 2g) is
Similar to the LTP observed previously in aged animals\(^{29,34,35}\), which typically present memory deficits in a variety of tasks, the fact that this 'aged LTP' was normalized upon \(\alpha_2\)R blockade\(^{29,34}\), in a similar way we have shown to occur now in Tg(CaMKII-hA2AR) animals, further reinforces this relationship.

Previous studies already hinted on a direct \(\alpha_2\)R-HPA axis link, but data were contradictory: Global knockout of the \(\alpha_2\)R was shown to impact on both plasma corticosterone levels and melanocyte stimulating hormone levels of pro-opiomelacortin expression\(^{36}\). This was mainly mediated by a profound effect on adenosine tonic modulation by the deletion of the gene during embryonic and postnatal development, which occurs both centrally and systemically. Exposure to higher levels of corticosterone in early-life, as occurs in these KO animals, induces an independent disruption of the inhibitory hippocampal-hypothalamic feedback control of corticosterone release resulting in chronic higher levels of this hormone in plasma, as we have demonstrated previously\(^1\). Due to the intrinsic limitations of that constitutive model, the authors could not prove whether the central effects would simply derive from knocking out \(\alpha_2\)R KO in the adrenal glands. Our current model overcomes this confounding factor, since CAMKIIa activity which drives \(\alpha_2\)R expression occurs only from postnatal day 4 onwards, mainly in glutamatergic neurons of the forebrain\(^3\), thus inducing an age-like physiological pattern of \(\alpha_2\)R overexpression (Fig. 1d).

The transducing pathways by which \(\alpha_2\)R trigger GR/GRE transcriptional activity remain to be elucidated. Given the complexity of \(\alpha_2\)R signaling\(^3\), and its engagement in numerous signalosome protein complexes\(^5\), this has been difficult to dissect. \(\alpha_2\)R can recruit multiple signaling pathways, being the most common in the hippocampus the cAMP/PKA/CREB, PKC and MAPK pathways\(^6\), Our data indicate that \(\alpha_2\)R effects are probably associated to the activation of PKA rather than PKC. The effects observed in GILZ and Bcl-2 expression levels in Tg(CaMKII-hA2AR) (Fig. 6d) may thus result either from the modulation of GR actions on the glucocorticoid response element (GRE), or reflect an independent action following A2AR-driven CREB activation and binding to cyclic AMP response elements (CREs). It is known that CREB is a positive activator of Bcl-2 expression in rat\(^61\). On the other hand, Per1 gene contains CRE responsive elements and its levels are elevated by activation of CREB\(^62\). If \(\alpha_2\)R would act directly through CRE in our model, one would expect an up-regulation of both Bcl-2 and Per1 in Tg(CaMKII-hA2AR) animals. However, we observed a clear down-regulation of Bcl-2 and no differences in Per1 expression, which is consistent with a response to the GR downregulation and less GRE-mediated gene expression, rather than a CRE- activation for these two genes. Furthermore, there is no evidence of putative binding sites for CRE in the rat GILZ, neither in the literature nor in databases such as TRED (Transcriptional Regulatory Element Database). Alternatively, a direct protein kinase A (PKA) modulation of GR binding to GRE is also possible, as previously described\(^63\). PKA exerts a regulatory role in the activation of multiple nuclear hormone receptors. For example, it has been shown that PKA activates GR-dependent DNA binding in cotransfection studies. In addition, PKA can directly phosphorylate GR \textit{in vitro}, enhances transcription by the retinoic acid receptor, and regulates dimerization of human estrogen receptor-\(\alpha\) (revised in\(^64\)) It has been shown that PKA associates with GR and potentiates GR-dependent transcription, namely that PKA attenuates GR cross-repression\(^64\). Our observation thattg(CaMKII-hA2AR) have an enhanced \(\alpha_2\)R-PKA activation associated to an increased sensitivity to dexamethasone favours the latter hypothesis.

Finally, there is an apparent paradox that arises from the present study: the fact that both stress and \(\alpha_2\)R upregulation decrease GR levels in the hippocampus, while simultaneously potentiating GR activation. The former is however reconciled by the fact that GR activation is an important pathway to decrease GR expression and activation effects\(^65–67\), particularly upon chronic exposure to glucocorticoids\(^68\) as in chronic stress or aging. Indeed, this combination of GR downregulation and increased levels of cortisol is observed upon aging, while GR mRNA is significantly reduced in several hippocampal subfields (i.e. stratum granulosum and temporal hippocampus proper) of aged cognitively impaired rats compared to young animals, their cortisol levels take significantly longer to return to baseline following an acute stressor, and this was significantly correlated with poorer spatial learning ability\(^38\). Therefore, by increasing GR nuclear location and GR-mediated transcription, \(\alpha_2\)R not only increase the susceptibility to stress, but also, through the same pathway, contribute to the downregulation of GR. Whether GR are more prone to activation in these conditions due to increased nuclear localization, a higher affinity for DNA, or to faster kinetics, remains to be clarified. Additionally, a redistribution of GR receptors in the hippocampus was also observed after exposure to corticosteroids\(^68\) which may also account for a modified susceptibility upon higher circulating corticosterone levels.

In summary, our results provide the first evidence for a functional interaction between GR and \(\alpha_2\)Rs, revealing that \(\alpha_2\)R modulate GR transcriptional activity and nuclear localization directly affecting GR target genes. Moreover, we demonstrate that this interaction impacts GR-mediated effects on synaptic plasticity, and that \(\alpha_2\)R blockade prevents the deleterious effects associated with GR activation/function. Our data also reveal that this interaction may be particularly important in situations where \(\alpha_2\)R are over-activated, such as in chronic stress or aging, possibly due to an activation of the PKA pathway.

The beneficial effects of \(\alpha_2\)R antagonists, namely caffeine, against cognitive impairments may be, at least partially, due to the now reported effects on GR. The expansion of this interaction to the immune response, cell proliferation, tumor response and other cellular functions that imply GR or corticosteroid use in therapeutics, could have an enormous clinical impact.

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V.L.B. has written the draft, designed and performed most of the experimental work. L.V.L coordinated and designed the study. V.L.B. and R.G. performed the qPCR supervised by S.H.M., V.L.B. and M.H. performed the N1E115 experiments under supervision of D.B. and L.B. Tg(CaMKII-hA2AR) line was developed by T.S. and M.B. C.E.M. and Y.B. synthesized the drug KW6002. D.G.F., J.E.C., M.T.F., J.S.V. and V.L.B. performed the behavior and
electrophysiology experiments. V.L.B., S.H.M., G.S.V., T.F.O., D.B. and L.V.L. designed experiments and wrote the manuscript. The manuscript has been read and approved by all named authors.

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