Introduction

Hello and welcome to this survey exploring the knowledge, attitude and practice of cardiopulmonary resuscitation (CPR) among New Zealand podiatrists. The survey contains questions about your current knowledge of CPR and your attitude about how and when you would use CPR.

The survey will take approximately 5-10 minutes to complete. Please make sure you answer all the questions.

There are three sections: demographics, CPR practice/attitude and CPR knowledge.

Please read each question carefully and click the appropriate box (tick one box only per question).

1. Sex?
   - [ ] Male
   - [ ] Female

2. Age?
   - [ ] 20-29
   - [ ] 30-39
   - [ ] 40-49
   - [ ] 50-59
   - [ ] 60+

3. Years of podiatry experience?
   - [ ] 0-5
   - [ ] 6-10
   - [ ] 11-15
   - [ ] 16+

4. Postgraduate qualification?
   - [ ] Yes
   - [ ] No

5. Current employment status?
   - [ ] Employed
   - [ ] Employer
   - [ ] Self-employed
   - [ ] Other
| 6. Main work setting       |         |
|----------------------------|---------|
| □ Private practice         | □ University |
| □ Public hospital/clinic   | □ Other  |
| □ Community                |         |
## CPR practice/attitude

Please read each question carefully and click the appropriate box (tick one box only per question).

7. When was your last formal CPR resuscitation training?
   - [ ] <3 months
   - [ ] 3-12 months
   - [ ] 1-2 years
   - [ ] 2+ years

8. Did your last CPR training include automated external defibrillator (AED) training?
   - [ ] Yes
   - [ ] No

9. Did your last CPR training include anaphylaxis management?
   - [ ] Yes
   - [ ] No

10. Did your last CPR training involve practical face-to-face teaching?
    - [ ] Yes
    - [ ] No

11. In relation to your main place of work, do you know where your nearest AED is located?
    - [ ] Yes
    - [ ] No

12. Have you ever used CPR in an emergency?
    - [ ] Yes
    - [ ] No

13. If you have ever used CPR (or the last time you use it), did the patient survive?
    - [ ] Yes
    - [ ] No
    - [ ] Don't know
    - [ ] Not applicable

14. What do you believe the survival rate of patients is, for out of hospital cardiac arrest?
    - [ ] 0-25%
    - [ ] 26-50
    - [ ] 51-75
    - [ ] 76-100%

15. How would you rate your current CPR ability?
    - [ ] Not at all effective
    - [ ] Not so effective
    - [ ] Somewhat effective
    - [ ] Very effective
    - [ ] Extremely effective
16. I would feel unsure of how to react at work, if I was presented with an emergency situation requiring CPR:

- [ ] Strongly disagree
- [ ] Disagree
- [ ] Neither agree nor disagree
- [ ] Agree
- [ ] Strongly agree

17. At work, I would consider it my duty to intervene in an emergency situation and perform CPR:

- [ ] Strongly disagree
- [ ] Disagree
- [ ] Neither agree nor disagree
- [ ] Agree
- [ ] Strongly agree

18. I feel unsure of how to react if I was presented with an emergency situation in public (outside of work) requiring CPR:

- [ ] Strongly disagree
- [ ] Disagree
- [ ] Neither agree nor disagree
- [ ] Agree
- [ ] Strongly agree

19. I would need gloves, face mask and other items relevant to self-protection to perform CPR:

- [ ] Strongly disagree
- [ ] Disagree
- [ ] Neither agree nor disagree
- [ ] Agree
- [ ] Strongly agree

20. I would prefer not to perform mouth to mouth ventilation during CPR:

- [ ] Strongly disagree
- [ ] Disagree
- [ ] Neither agree nor disagree
- [ ] Agree
- [ ] Strongly agree
| Question                                                                 | True | False |
|--------------------------------------------------------------------------|------|-------|
| 21. The compression rate during CPR is 80-100 per minute                 |      |       |
| 22. Each rescue breath during CPR should be given over 1 second period   |      |       |
| 23. If alone with an adult patient, go for help before starting CPR      |      |       |
| 24. Stop CPR if the patient has not recovered after 15-20 minutes of resuscitation |      |       |
| 25. The AED will advise a shock for all cardiac arrest patients          |      |       |
| 26. Take no longer than 10 seconds to check for breathing when assessing an unresponsive patient |      |       |
| 27. Reassess the patient after every two minutes of CPR to see if they have recovered |      |       |
| 28. The AED can be used on infants and children under 8 years of age     |      |       |
| 29. The first step at the scene of a medical emergency is to check if the patient is responsive |      |       |
| 30. The correct ratio of compression to ventilations on an adult patient during CPR is 30:2 |      |       |
| 31. The recommended compression depth for adults during CPR is >5cm      |      |       |