Periorbital lupus erythematosus profundus: A case report and review of the literature

Periorbital lupus eritematozus profundus: Bir olgu sunumu ve literatürün gözden geçirilmesi

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Abstract

Lupus erythematosus profundus (LEP), is a rare form of, chronic cutaneous LE, also called lupus erythematosus panniculitis. LEP is characterized by subcutaneous fatty tissue involvement specifically in patients with LE. Before systemic LE was diagnosed, very few reports reported the presence of lesions of lupus erythematosus profundus. The rare manifestations of the disease are remarkable with the unusual features of the cases. A 43-year-old female patient diagnosed with bilateral periorbital LEP was presented and the literature was reviewed. Significant clinical improvement was achieved in the patient who was given systemic hydroxychloroquine and topical pimecrolimus therapy. This report suggests that asymptomatic periorbital erythema and edema may develop as a manifestation of LEP.

Keywords: Lupus erythematosus, lupus erythematosus profundus, lupus panniculitis, orbital area

Introduction

Lupus erythematosus profundus (LEP), nadir görülen bir kronik kutanöz lupus eritematozus türü olup, lupus eritematozus panniküliti olarak da adlandırılmaktadır. LEP, LE hastalarında spesifik olarak subkutan yağ dokusunu etkiliyor. Sistemik lupus eritematozus tanısı konulmadan önce LEP lezyonlarını varlığının bildirilmesi çok az sayıda rapor bildirilmiştir. Hastalığın nadir görülen bulguları, olguların sıra dışı özellikleri ile dikkat çeker. Burada bilateral periorbital LEP tanısı konulan, 43 yaşında bir kadın olgu sunulmuş ve literatür gözden geçirilmiştir. Sistemik hidroksiklorokin ve toplik pimekrolimus tedavisi verilen hastada anımlı klinik iyileşme sağlanmıştır. Bu rapor, asemptomatik periorbital eritem ve ödemin LEP’nin bir bulgusu olarak gelişebileceğini desteklemektedir.

Anahtar Kelimeler: Lupus eritematozus, lupus erythematosus profundus, lupus panniküliti, orbital alan

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Turkderm - Turkish Archives of Dermatology and Venereology published by Galenos Yayını.
Nevertheless, subcutaneous nodules without any symptoms need to be defined in a histological method. Herein, we report a female LEP case with isolated periorbital area involvement, which is the first case of its kind reported in the literature to the best of our knowledge.

**Case Report**

A 43-year-old woman referred to our department with redness and swelling around her eyes that started 6 months previously. The patient had no complaints of pain, itching or burning. Dermatological examination of the patient revealed violaceous erythematous plaques with edema on the bilateral periorbital area, which were more prominent on the left side. Moreover, the lesions were indurated in the malar area (Figure 1A, B).

A skin biopsy with subcutaneous fat tissue was taken from the left lower eyelid by plastic surgery in order to provide less scarring. Histological examination demonstrated lymphocytic panniculitis, hyaline degeneration of the fat with mucin deposition and basement membrane degeneration (Figure 2-4).

The remaining physical examination was observed to be normal. Questioning of SLE criteria was observed to be negative. The patient did not describe photosensitivity, muscle pain or arthralgia. There were no signs of malar rash, discoid rash, alopecia, Gottron papules, Gottron sign, periungual telangiectasias, poikiloderma on the “V” of the anterior chest, oral ulcers, or arthritis. Routine blood examination results including complete blood cell count, liver and kidney function tests, erythrocyte sedimentation rate and C-reactive protein were within normal limits. Antinuclear antibody (ANA) and extractable nuclear antigen antibodies panel were negative. Serum complement levels and rheumatoid factor were normal. In urine analyses, there was no proteinuria. The levels of classic muscle enzymes including creatine kinase (CK), aldolase, glutamic oxaloacetic transaminase (GOT), alanine transaminase (ALT) and lactate dehydrogenase (LDH) were normal. She had no muscular weakness in physical examination. Ophthalmological examination and orbital magnetic resonance imaging were normal. These clinical, laboratory and histopathological findings were compatible with the diagnosis of periorbital LEP. After the visual field examination was reported to be normal by ophthalmology. We recommended hydroxychloroquine 200 mg/day and topical pimecrolimus. She was followed-up and photos were documented every two weeks. Two months after the treatment, there was a significant improvement compared to the pre-treatment. At the end of the sixth month, it was observed that complete regression of the erythema and edema had occurred and the lesions were flattened (Figure 5A, B). Informed consent was obtained from the patient for publication of this case report.

**Figure 1. A, B** Violaceous erythematous plaques with edema on bilateral periorbital area

**Figure 2.** Dense lymphocytic infiltration in subcutaneous region (hematoxylin and eosin, x20)

**Figure 3.** Basal membrane was destroyed (PAS, x20)

**Figure 4.** Mucin accumulation in dermis (mucicarmine, x20)
Discussion

LEP is an inflammatory disease involving the deep dermis and subcutaneous cellular tissue, which may occur individually or prior to SLE/DLE. It was first described by Kaposi in 1883 and subsequently defined as LEP by Irgang in 1940.

LEP is more common in women and has a female to male ratio of 4.5:1. The age of onset ranges from 20 to 60 years, and the mean age is 36 years. Consistent with the literature, our case involved a middle-aged woman. Cutaneous manifestations were predominantly subcutaneous nodules and hardened plaques appearing on the forehead, cheeks, proximal limbs, upper trunk, buttocks, which were fat-rich tissues.

Arai and Katsuoka demonstrated that the most common site was the face in their study conducted on 44 patients with LEP. In our case, lesions were also observed on the face with an erythematous edematous plaque. Subcutaneous nodules and plaques are often adhered to the overlying skin with atrophy and residual scarring, which are healed after a long period of time. Atrophy or scarring was not observed in the treatment area during the follow-up of our patient.

Periorbital edema and erythema could be symptoms of LEP and should be considered in the differential diagnosis, despite being rare. The initial manifestation of the eyelid edema of SLE incidence is 0.1%, and its overall incidence is 4.8%. It is thought that periorbital panniculitis might have been ignored in the past, meaning that a deep skin biopsy from these areas was not taken and the histologic findings in LEP might have been interpreted as DLE. We searched for a review of the literature for patients with periorbital erythema and edema with the diagnosis of LEP. The complete regression of erythema and edema was observed after 6 months of treatment.

Table 1. Lupus erythematosus panniculitis patients with periorbital erythema and edema

| Reference | Age, sex | Initial symptom | Other findings | Lab | Treatment |
|-----------|----------|----------------|---------------|-----|-----------|
| Nowinski et al. | 54, M | Right periorbital erythema and edema (LEP + DLE) and proptosis | Hyperpigmented plaques on the right cheek, alopecia, scalp nodules, SLE (1 year later) | - | CLQ + topical steroid |
| Nowinski et al. | 33, F | Left eyelid erythema and edema (LEP + DLE) | Hyperpigmented plaque on the right eyebrow (LEP + DLE) | - | CLQ |
| Nowinski et al. | 37, F | Left eyelid erythema and edema | Loss of eyelashes, alopecia | - | CLQ + topical steroid |
| Sheehan-Dare et al. | 47, M | Right eyelid edema (LEP) | Oedema of the right eyebrow, forehead and cheek hyperpigmented plaque with alopecia on the right preauricular area | Polyclonal gammaglobulinemia ANA (1:500) | Oral prednisolone + topical steroid |
| Magee et al. | 41, M | Subcutaneous nodule on the right cheek (LEP) | Periorbital swelling on the right side, proptosis, left submandibular, preauricular, and temporal subcutaneous nodules, alopecia areata | - | HCQ |
| Franke et al. | 64, M | Bilateral periorbital erythema and edema (LEP) | Erythematous atrophic plaque on the right arm | ANA (1:160) | - |
| Inuzuka et al. | 71, F | Erythematous plaques on the eyelids | Subcutaneous indurations or nodules with or without overlying erythema on the hands, thigh and leg (LEP), oral ulcers, arthralgia, fever | ANA (1:160) High ESR Anemia | Oral prednisolone |
| Pérez-Pastor et al. | 63, M | Right eyelid erythema and edema (LEP) | Parotiditis (LEP) xerostomia, xerophthalmia, indurated and atrophic plaque on the right mandibular area | ANA (1:80) | Oral corticosteroid |
| Minami-Hori et al. | 47, F | Erythema and edema on the right cheek (LEP) | Bilateral PO erythema and edema (LEP), erythematous plaques on the forehead (DLE), rheumatoid arthritis, sclerodactyly | ANA (1:640) | Oral tacrolimus + Oral prednisolone |
| Present case | 43, F | Bilateral PO and unilateral malar erythema and edema (LEP) | - | - | HCQ + Topical pimecrolimus |

LEP: Lupus erythematosus panniculitis, DLE: Discoid lupus erythematosus, SLE: Systemic lupus erythematosus, CLQ: Chloroquine phosphate, PO: Periorbital, ANA: Antinuclear antibody, ESR: Erythrocyte sedimentation rate, M: Male, F: Female, Lab: Positive laboratory findings, HCQ: Hydroxychloroquine
the literature and conducted a review of all the cases reported from 1982 to 2018 using PubMed. Periorbital erythema and edema have been described in 9 patients thus far, and the initial symptoms, other findings, positive laboratory tests and treatments are outlined in the table (Table 1). According to our knowledge, our case is the first with isolated peri orbital involvement. Few cases of the linear form of LEP have been reported in the literature and the majority of these cases were observed in childhood. In other reported cases, other dermatological involvement areas, alopecia, arthritis, fever or oral ulcer except for peri orbital skin, and abnormal laboratory results such as ANA positivity, elevated sedimentation and anemia, have been reported. Regarding the histopathological examination, the findings of lobular panniculitis and hyaline necrosis of fat together with mucin deposition and basement membrane degeneration are important factors in making the diagnosis of LEP. The main histopathological differential diagnoses of lupus panniculitis are dermatomyositis panniculitis and subcutaneous panniculitis-like T-cell lymphoma (SPTCL). Histopathologic and immunohistochemical features for dermatomyositis panniculitis are also seen in lupus panniculitis, and therefore, the differential diagnosis between these two types of panniculitis requires clinicopathological correlation. SPTCL is a rare form of non-Hodgkin lymphoma, in which lymphoma cells infiltrate preferentially into subcutaneous adipose tissue. A characteristic finding in favour of the diagnosis of SPTCL is that there is no involvement of the epidermis and dermis. It largely presents as multiple, painless, subcutaneous nodules on the extremities and trunk. SPTCL is characterized histologically by neoplastic lymphoid cells that mainly infiltrate the lobular areas of the subcutaneous tissue. LEP may be seen as an isolated disease, combined with DLE, or before or concurrent with SLE. While DLE and SLE are known to develop in approximately 50% to 70% of patients with LEP, it has been shown in one study that there were lower frequency relations for both DLE and SLE of 10% and 30%, respectively. A study about LEP showed that patients had a lower frequency of both DLE and SLE at the time of diagnosis. In another study, it was mentioned that the time interval from the onset of LEP to the SLE diagnosis ranged from several weeks to 4 years. Although our case cannot be associated with DLE or SLE, this does not mean that there will not be any progression in terms of these diseases. It is necessary to follow-up patients in case further skin and systemic findings occur. There are no specific serologic findings in LEP, but it has been suggested that systemic involvement may be seen in patients with LEP and ANA. In another study, ANA was shown to be positive in nearly half of the patients, but the titer was low, even in the SLE patients. Another study showed that the ANA test was positive in 50% of the patients at the period of the LEP onset. However, the ANA test was positive in 85.71% of cases at the SLE activity phase. No serology positivity was found in our case, although it is not essential for the LEP diagnosis. The first choice treatment for LEP is antimarial therapy, especially hydroxychloroquine at dosages of 200 mg to 400 mg/day in which produces a response in 6-8 weeks. Systemic corticosteroids are often useful for severe cases accompanied by SLE. Minami-Hori et al. reported a case of peri orbital LEP successfully treated with oral tacrolimus. Other systemic therapies can be considered as thalidomide, cyclosporine, intravenous immunoglobulins and rituximab. In addition, methotrexate, azathioprine, cyclophosphamide have been described as successful. Surgical debridement and resection of solitary lesions may be an option when other modalities are not successful. Hydroxychloroquine was preferred in our case, which was the first-line treatment agent for LEP. A dosage of 200 mg/day dosage was used for 6 months and significant improvement in the peri orbital erythema and induration were observed after that period. Topical calcineurin inhibitors have a low risk of atrophy and telangiectasia development, and this is why they are generally preferred. Thus, in areas such as the face, the use of topical calcineurin inhibitors is an effective and safe choice. Our report is the first to report the use of topical pimecrolimus in addition to systemic hydroxychloroquine.

LEP is an uncommon form of DLE, which also manifests as peri orbital erythema, and edema is seen rarely. It is necessary to exclude LEP in differential diagnosis for cases presenting as asymptomatic peri orbital erythema and edema. In terms of the treatment choices for these patients, it is safe to use topical calcineurin inhibitors combined with first-line therapies.

Ethics
Informed Consent: Informed consent was obtained from the patient for publication of this case report.

Peer-review: Internally peer-reviewed.

Authorship Contributions
Surgical and Medical Practices: D.M., S.M., O.D., H.Ö., Concept: D.M., S.M., O.D., H.Ö., Design: D.M., S.M., Data Collection or Processing: D.M., S.M., O.D., H.Ö., Analysis or Interpretation: D.M., O.D., H.Ö., Literature Search: D.M., S.M., Writing: D.M., S.M.

Conflict of Interest: No conflict of interest was declared by the authors.

Financial Disclosure: The authors declared that this study has received no financial support.

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