Discovery of modulators of HIV-1 infection from the human peptidome

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Abstract | Almost all human proteins are subject to proteolytic degradation, which produces a broad range of peptides that have highly specific and sometimes unexpected functions. Peptide libraries that have been generated from human bodily fluids or tissues are a rich but mostly unexplored source of bioactive compounds that could be used to develop antimicrobial and immunomodulatory therapeutic agents. In this Innovation article, we describe the discovery, optimization and application of endogenous bioactive peptides from human-derived peptide libraries, with a particular focus on the isolation of endogenous inhibitors and promoters of HIV-1 infection.

The human genome contains only about 21,000 distinct protein-coding genes, which is substantially fewer than originally expected. However, owing to alternative splicing mechanisms and many post-translational modifications, these ~21,000 genes are estimated to produce more than one million different proteins. Although the proteome (that is, the whole set of proteins that are expressed in a specified cell, tissue or organism) is highly complex, it is outnumbered by the many smaller peptides that are generated from full-length proteins by proteolytic cleavage. The largest fraction of the peptidome (that is, all of the peptides that are present in a specific cell, tissue, organism or system) comprises peptide fragments that are generated by the proteolysis of larger precursor molecules. Only a small fraction of the peptidome has been functionally characterized, owing to its enormous complexity and the lack of broadly applicable methods that enable its unbiased analysis.

For many years, the peptidome was commonly regarded as ‘biological trash’. However, it has recently been recognized that the expression and activities of the more than 500 human proteases that generate these peptides are altered under pathological conditions. Furthermore, accumulating evidence suggests that some cleavage products of larger precursor proteins exert specific and sometimes highly unexpected activities against human pathogens. Thus, the human peptidome is a rich source of disease-specific biomarkers. It has long been known that humans and other mammalian species have evolved various antimicrobial peptides as a first line of defence against viruses, bacteria and fungi. Although the role of some antimicrobial peptides, such as defensins and cathelicidins, in innate immunity, immune modulation and inflammation is well-established, it seems highly likely that many important peptidic immune modulators and effectors in the human body remain to be identified.

Thousands of antimicrobial peptides have been isolated from various natural sources (for example, bacteria, fungi, plants and animals). Furthermore, several inhibitors of bacterial infections have been isolated from human immune cells (for example, α-defensins; skin (for example, β-defensins); saliva (for example, histatins); nasal secretions (for example, lysozyme); seminal plasma (for example, cathelicidins); and sweat (for example, dermicidin). The various types of antimicrobial peptides and their possible clinical applications have been the topics of several recent reviews. In this Innovation article, we discuss the discovery of novel antimicrobial peptides by the systematic screening of highly complex peptide libraries that are derived from human bodily fluids or tissues. In particular, we focus on the isolation of endogenous agents that affect HIV-1 infection by unexpected mechanisms and that may have implications beyond HIV/AIDS. Furthermore, we present the advantages and disadvantages of this strategy. Finally, we discuss how endogenous peptides that have been isolated from the human peptidome can be optimized for therapeutic or basic research applications, and we highlight future directions and challenges.

Human-derived peptide libraries

Peptide libraries that have been generated from human bodily fluids or tissues, such as blood or lymphoid tissues, contain essentially all peptides and small proteins of the respective source in their final processed and physiologically relevant forms. Thus, they are an excellent source for the identification of as-yet-unknown bioactive peptides.

Bioactive peptides from human sources.

Most clinically approved drugs are small molecules, and most of these compounds have a molecular weight of much less than 1 kDa. Such a small size is one of the requirements for uptake through the gastrointestinal tract and thus oral application. By contrast, large protein drugs, such as antibodies, have molecular weights of up to 150 kDa and need to be administered parenterally. The size of peptides, which are usually up to 50 amino acids in length, is between these two drug classes, although there is no strict demarcation. Antimicrobial molecules are found in all three size classes, including small molecules such as penicillin (which is 0.334 kDa), the glycopeptide vancomycin (which is 1.449 kDa) and large rabies-specific immunoglobulins (which are about 150–170 kDa). Other examples of clinically approved antimicrobial peptides are the antibiotics polymyxin B and polymyxin E (also known as colistin) and the antiviral agent interferon-α. Owing to the increasing resistance of microorganisms to conventional antibiotics, there is currently a growing interest in the development of antimicrobial peptides for clinical applications, and several candidates are in clinical trials or
Box 1 | Generation of a peptide library from human haemofiltrate

Haemofiltration is carried out to remove uremic toxins from the blood of patients with renal failure. During this process, blood is filtered through a membrane with a molecular weight cut-off of 20–30 kDa. Peptides and small proteins are filtered without restriction and are therefore present at concentrations that correspond to those that are found in blood plasma, whereas larger proteins and cells do not cross the membrane owing to their size and are returned to the patient (see the figure). Owing to the removal of large and abundant proteins, such as serum albumin, the total concentration of proteins in haemofiltrate is about 1,000-fold reduced compared with the entire plasma protein content. The remaining peptides and small proteins include key modulators and effectors of innate and adaptive immune responses, such as cytokines, chemokines, proteases, protease inhibitors, hormones, ribonucleases and defensins, as well as many unknown compounds. Thus, haemofiltrate, which is a waste product that is obtained in nephrological clinics, is an excellent source of bioactive peptides and small proteins that are circulating in the bloodstream.

A standardized large-scale method for the separation of peptides from up to 10,000 litres of haemofiltrate has been developed. This involves a two-step procedure: cation-exchange separation, followed by reverse-phase chromatography (see the figure) — which are techniques that are used to separate and purify peptides and proteins on the basis of their size and charge or their hydrophobic character, respectively. In the first step, the haemofiltrate is diluted, acidified and applied to a large cation-exchange column. Stepwise batch elution of bound peptides is carried out using seven or eight buffers with increasing pH (from 2.5 to 9.0). The resulting pH-pool fractions are subsequently separated by reverse-phase chromatography in about 40–50 different peptide-containing fractions that are concentrated by lyophilization. The final product — the haemofiltrate-derived peptide library — comprises about 300–500 dry fractions that represent essentially the entire blood peptidome in a highly concentrated, salt-free and bioactive form. Although each fraction still contains thousands of different peptides, the complexity is greatly reduced compared with human plasma. Furthermore, aliquots of these peptide mixtures can be tested in bioassays at concentrations that are several orders of magnitude higher than those that are originally present in human blood. Thus, these peptide libraries facilitate the identification and isolation of bioactive molecules from the circulating blood peptidome.
tissues. Nonetheless, these peptide libraries are an excellent source for the identification of endogenous bioactive peptides.

**Alternative human sources.** Large quantities of starting material are advantageous but not always obligatory for the identification of novel endogenous bioactive peptides. In fact, many peptides or proteins only become active and exert their respective functions in specific compartments or at sites of infection and/or inflammation; for example, saliva, genital fluid, milk and sweat contain particularly large numbers of antimicrobial peptides\(^6\). To isolate agents that are not circulating in the bloodstream, it is important to generate peptide libraries from sources other than haemofiltrate, and in principle, they can be produced from any tissue or bodily fluid. Using ultrafiltration and cation exchange followed by reverse-phase chromatography, peptide libraries have been generated from human plasma, milk, placenta, sweat, seminal plasma and saliva (J.M., L.S., W.-G.F. and F.K., unpublished observations), and some antimicrobial peptides that have been isolated from these libraries are listed in **Table 1**.

**Human peptides that affect HIV-1 infection**

Most clinically used antiretroviral drugs are small molecules that have been selected to specifically target and inhibit viral proteins that are essential for HIV-1 replication. Enfuvirtide (also known as T-20; Trimeris) is the only currently licensed peptidic antiretroviral drug\(^6\). Enfuvirtide is derived from an α-helical region in the viral transmembrane glycoprotein known as heptad repeat 2 (HR2). By mimicking HR2 and competitively binding to another α-helical region of gp41, known as HR1, enfuvirtide prevents the interaction between HR1 and HR2 and thus prevents the conformational change that is required for virion fusion with the host cell\(^7\). Although this protein is not from a human source, enfuvirtide provides an example of the feasibility of developing peptide antiretroviral agents. In addition, chemokines, such as CXC-chemokine ligand 12 (CXCL12; also known as SDF-1) and CC-chemokine ligand 3 (CCL3; also known as MIP-1α), CCL4 (also known as MIP-1β) or CCL5 (also known as RANTES), bind to the G protein-coupled receptors (GPCRs) CXCR4 and CC-chemokine receptor 5 (CCR5), respectively, and they prevent infection by HIV-1 strains that use the same receptors for viral entry. In fact, these inhibitory activities were crucial for the discovery of CCR5 as the main co-receptor for HIV-1 entry\(^8,9\). Modified derivatives of CCL5 are extremely potent inhibitors of R5-tropic HIV-1 strains in vitro\(^9\), but they have a low efficiency in vivo. Several intracellular host proteins that inhibit HIV-1 replication at different steps of the viral life cycle\(^10\) — which are known as restriction factors — have more recently been discovered, and it seems highly likely that additional antiretroviral peptides and/or proteins remain to be discovered.

**Identification of novel endogenous HIV-1 inhibitors.** An initial screen of a haemofiltrate-derived peptide library for CCR5 ligands identified a naturally occurring truncated form of the abundant human chemokine CCL14 as a potent agonist of the receptor, which inhibits infection by R5-tropic HIV-1 strains\(^11\). Notably, other chemokines, such as CXCL4 and specific fragments of CXCL4, also inhibit HIV-1 (REF 43) and other important pathogens, such as *Plasmodium falciparum*\(^14\). Screening of further haemofiltrate-derived peptide fractions identified another HIV-1 inhibitor: a 20-residue C-proximal subfragment of the serine protease a1-antitrypsin, which has been designated virus-inhibitory peptide (VIPR). This peptide was purified by multiple rounds of peptide separation and anti-viral screening\(^7\) (FIG. 1). VIPR specifically interacts with the viral fusion peptide that is located at the amino terminus of the gp41 transmembrane domain, which is a region that is distinct from the HR1 region that is targeted by enfuvirtide. VIPR blocks an entry step before membrane fusion — that

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**Table 1** | **Modulators of microbial infections identified from human peptide libraries**

| Peptide | Source | Precursor | Activity | Target | Refs |
|--------|--------|----------|----------|--------|------|
| VIRIP  | Haemofiltrate | α1-antitrypsin | Blocks HIV-1 fusion peptide | HIV-1 | 8,73 |
| CCL14(9–74) | Haemofiltrate | CCL14 | CCR1, CCR3 and CCR5 agonist | HIV-1 | 6,42 |
| CYVIP | Haemofiltrate | Neutrophil-activating peptide 2 | Binds to heparan sulphate proteoglycans to prevent HCMV entry | HCMV | 64 |
| LEAP1 | Haemofiltrate | None | Microbicidal activity | Bacteria and yeast | 86 |
| hBD1 | Haemofiltrate | None | Microbicidal activity | Gram-negative bacteria | 78,87 |
| hBMP(1–32) | Haemofiltrate | BMP | Microbicidal activity | Bacteria and yeast | 88 |
| Casein-K(63–117) | Milk | Casein K | Microbicidal activity | Bacteria and yeast | 89 |
| Casocidin I | Milk | as2 casein | Microbicidal activity | E. coli and S. carnosus | 4 |
| GAPDH(2–32) | Placenta | GAPDH | Microbicidal activity | E. coli and C. albicans | 13 |
| hHEMβ(111–146) | Placenta | Haemoglobin β-chain | Microbicidal activity | Bacteria and yeast | 7,90 |
| PAP(248–286) | Semen | PAP | Forms amyloid fibrils that promote HIV-1 infection | Retroviruses | 57 |
| PAP(85–120) | Semen | PAP | Forms amyloid fibrils that promote HIV-1 infection | Retroviruses | 60 |

C. albicans, Candida albicans; CCL14, CC-chemokine ligand 14; CCR, CC-chemokine receptor; CYVIP, a recently discovered derivative of the neutrophil-activating peptide 2; E. coli, Escherichia coli; hBD1, human β-defensin 1; hBMP, human brain-type natriuretic peptide; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; HCMV, human cytomegalovirus; hHEMβ, human β-chain of haemoglobin; LEAP1, liver-expressed antimicrobial peptide 1; S. carnosus, Staphylococcus carnosus; PAP, prostatic acid phosphatase; VIPR, virus-inhibitory peptide. *This table only lists peptides that have been identified by the systematic screening of human peptide libraries, which is outlined in FIG. 1. Many other important antimicrobial peptides have been discovered by different approaches and are described in recent reviews\(^11–14\). Peptides that are in clinical development or have recently been approved by the FDA are described in REFS 28–31, 91.*
PERSPECTIVES

Figure 1 | Use of human-derived peptide libraries for the isolation of bioactive peptides.
Schematic outline of the general strategy to isolate unknown antiviral peptides from human peptide libraries. The isolation of the HIV-1 inhibitor virus-inhibitory peptide (VIRIP) is shown as an example. pH pools that have been obtained using cation exchange are subjected to reverse-phase chromatography, and the resulting fractions are assayed for antiviral activity (for example, effects on HIV-1 replication). The active fraction (indicated in red) is further purified by multiple rounds of chromatography. Each cycle of separation and screening reduces the complexity of the peptide samples until the purified bioactive agent can be identified by mass spectrometry analysis and peptide sequencing. VIRIP was shown to be a 20-residue (LEAPMSIPPEVKFNKPFVF) fragment of the serine protease α1-antitrypsin. The identified peptides can be functionally characterized and optimized for clinical development.

is, penetration and insertion of the viral fusion peptide into the host cell membrane (FIG. 2). This is a novel and unexpected mechanism, as the fusion peptide only becomes accessible during the viral entry process after conformational changes of gp41 (REF. 45); thus, it was assumed that this anchoring step cannot be inhibited46. The finding that viral fusion peptides can be targeted by an antiviral agent may offer perspectives beyond HIV/AIDS, as many enveloped viruses, such as influenza virus, hepatitis C virus, filovirus, coronavirus, arenavirus and hepadnaviruses, use fusion peptides to infect their target cells46–50. Owing to this distinct inhibitory mechanism, VIRIP is active against HIV-1 strains that are resistant to other antiretroviral drugs, including other entry inhibitors8. A proteomics approach identified VIRIP in plasma from patients with acute HIV-1 infection, which suggests that it may contribute to the earliest systemic antiviral response in HIV-1 infection51. Thus, screening of haemofiltrate-derived peptide libraries enabled the isolation of two novel HIV-1 inhibitors: a CCR5 agonist and a peptide that targets the HIV-1 gp41 fusion peptide (FIG. 2). It is remarkable that this approach did not identify the well-known CCR5 ligand CCL5 but instead identified a novel agonist, and this suggests that other relevant peptide ligands of GPCRs that are targets of many modern drugs remain to be discovered.

Endogenous peptides that promote HIV-1 infection. The success of screening haemofiltrate-derived peptide libraries encouraged the screening of smaller-scale libraries from other sources for novel antiviral agents. The efficiency of virus transmission by sexual contact is surprisingly low, which suggests that inhibitors of HIV-1 infection are present in semen. Furthermore, it has been reported that semen contains various antimicrobial agents23,24,33–35 and cationic peptides that have anti-HIV-1 activity46. However, unexpectedly, screening of a semen-derived peptide library only identified fractions that promoted HIV-1 infection57, which might reflect the specific adaptation of the virus for efficient transmission in this environment. Further analyses showed that C-proximal fragments of prostatic acidic phosphatase (PAP), which is an abundant enzyme in semen, self-assemble into cationic amyloid fibrils58. These fibrils, which are known as semen-derived enhancers of virus infection (SEVIs), increase the infectious virus titre in cell culture by several orders of magnitude59 and can facilitate virus infection in non-human primate models after exposure to low viral doses that approximate the in vivo situation35. Virus attachment is usually ineffective as the densities of the viral envelope glycoproteins on the virion and the CD4 receptor on the target cell are low and the surfaces of viral and cellular membranes are negatively charged and usually repel each other. Both SEVI fibril formation and its positive surface charge are crucial for increased HIV-1 infection60, which suggests that SEV1 promotes the attachment of the virus to target cells by neutralizing the repulsion between negatively charged viral and cellular membranes (FIG. 2). Interestingly, follow-up studies showed that an N-proximal fragment of PAP, as well as peptides that are derived from semenogelin 1 and semenogelin 2, which are the most abundant proteins in semen, also form amyloid fibrils that increase HIV-1 infection60,61. Endogenous amyloid fibrils have recently been detected in fresh non-modified ejaculates and structurally characterized62. Notably, their levels correlate with the efficiency of semen-mediated promotion of HIV-1 infection in vivo44,63. Thus, semen, which is the main vector for HIV-1 transmission, contains amyloid fibrils that boost viral infectivity and are therefore novel targets to reduce the risk of sexual transmission. In fact, several agents that block the formation or infection-promoting activity of semen-derived fibrils have been reported64–68. Such amyloids may also be exploited by other pathogens, as recent data show that semen amyloids also increase cytomegalovirus (CMV) infection69. Semen is the first bodily fluid that has been identified to naturally contain amyloid fibrils in a non-diseased state62. The physiological role of seminal amyloids in healthy individuals remains to be defined; however, it is tempting to speculate that they might be involved in both innate immunity70 and fertility.

Optimization and development. VIRIP and CCL14(9–74) are both active against HIV-1 in the lower micromolar range. This concentration may well be physiologically relevant, as it can readily be achieved by proteolytic cleavage of their highly abundant α1-antitrypsin and CCL14 precursors. However, this concentration is suboptimal for therapeutic applications, which usually require activities in the nanomolar range71. Specific modifications of these natural HIV-1 inhibitors increased their antiviral activity by about two orders of magnitude. Chemical modifications of the terminal C-tail of CCL14(9–74) rendered the peptide resistant to degradation and thereby strongly increased its antiretroviral potency27. In the case of VIRIP, the introduction of amino acid alterations that stabilize the active conformation of the peptide and increase its hydrophobic interactions with the HIV-1 fusion peptide greatly increased its antiviral
**Endogenous peptides that affect HIV-1 infection.** Overview of the HIV-1 entry steps that are targeted by peptides. Amyloidogenic peptides that are derived from human semen, such as fragments of prostatic acidic phosphatase (PAP), can self-assemble into amyloid fibrils that promote the attachment of the virus to target cells by neutralizing the repulsion between negatively charged viral and cellular membranes\(^6,36\). Unlike these semen-derived enhancing agents, human peptides that are isolated from haemofiltrate have antiviral activity. The truncated form of the abundant human chemokine CC-chemokine ligand 14 (CCL14(9–74)) inhibits entry of R5-tropic HIV-1 strains by binding to the CC-chemokine receptor 5 (CCR5) co-receptor\(^2,42\). Human-derived virus-inhibitory peptide (VIRIP; which is a subfragment of the serine protease inhibitor α1-antitrypsin) also targets the fusion peptide by specifically interacting with the amino terminus of its transmembrane domain to block penetration and insertion of the viral fusion peptide\(^1\). Enfuvirtide is a synthetic peptide that is derived from an α-helical region in the HIV-1 transmembrane glycoprotein\(^6\). This inhibitor binds to helical repeat region 1 (HR1) of gp41, which is a region that is distinct from the region that is targeted by VIRIP, and prevents the formation of a hairpin structure that is required for membrane fusion, thereby blocking HIV-1 infection. The target sites for VIRIP and enfuvirtide in gp41 are indicated. From Forssman, W.-G. et al. Short-term monotherapy in HIV-infected patients with a virus entry inhibitor against the gp41 fusion peptide. Sci. Transl. Med. 2, 63re3 (2010). Reprinted with permission from AAAS.

Figure 2 | Proteolytic cleavage as a common defence mechanism? It is remarkable that a single assay system (that is, the inhibition of HIV-1 infection) led to the discovery of three novel endogenous agents that affect HIV-1 entry by distinct mechanisms (FIG. 2). As discussed above, these peptides are structurally and functionally distinct from other positively charged amphipathic antimicrobial peptides and might have implications in addition to HIV/AIDS in innate and adaptive immunity as well as in sperm function and fertility. It is also striking that these newly identified modulators of HIV-1 infection are generated from highly abundant precursor proteins: α1-antitrypsin, PAP and semenogelins. The proteases that generate the bioactive peptides remain to be fully defined. However, at least in some cases, these proteases are released from immune cells and are induced or activated by inflammation; for example, VIRIP is generated by matrix metalloproteinase 9 (MMP9)\(^7\) and CCL14(9–74) is generated by serine proteases\(^6\). Furthermore, these endogenous peptides interact with their respective targets in a highly specific manner, and subtle structural changes at the N terminus (for example, removing or adding single amino acid residues) disrupt their functional activities\(^6,9\). Thus, it is tempting to speculate that the cleavage of abundant precursors may be a more common, fast and effective means to generate immunomodulators and antimicrobial peptides at the locations and times that they are actually needed, and it is likely that such peptides have roles in various biological processes. Moreover, the rapid generation of specific effectors by the proteolysis of abundant precursor proteins instead of *de novo* protein synthesis may be particularly advantageous for innate defence mechanisms against invading pathogens for which immediate responses are crucial for effective counteraction. Notably, the local extracellular acidification that activates various proteases is currently emerging as a key regulatory concept of innate immunity\(^6,7\).

**Other antimicrobial peptides.** The use of peptide libraries from human sources for the discovery of novel factors that modulate HIV-1 infection is a prime example of
with miniaturized liquid chromatography approaches and powerful mass spectrometric technologies, will greatly facilitate the identification and characterization of bioactive endogenous peptides in future studies.

**Endogenous peptides in the clinic**

There are several disadvantages that limit the use of peptides as therapeutic agents, including the fact they are usually not orally available and are often unstable. Nonetheless, they are already used in the treatment of cancer, diabetes and cardiovascular diseases. There is a growing interest in using peptides in other therapeutic areas, particularly as antimicrobial agents, owing to the increasing number of multidrug-resistant bacteria and viruses. Many antimicrobial peptides are broadly active, as they often target conserved components of bacterial membranes. Furthermore, such peptides neutralize endotoxins and it is difficult for most pathogens to develop resistance, for example, HIV-1 variants only showed reduced sensitivity to VIRIP after more than 1 year of cell culture passage in the presence of the inhibitor. Accumulating evidence also suggests that antimicrobial peptides have immunomodulatory and antiinflammatory properties and thus offer prospects for the treatment of inflammation and cancer. Other potential advantages of peptides are that they are usually easy to synthesize and can be readily modified to optimize their activity, specificity and stability. Notably, the costs of peptide syntheses are rapidly decreasing and novel delivery methods may increase their efficacy and eventually even enable oral application. As a consequence, the number of peptidic compounds that are entering clinical trials is steadily increasing and many candidates are in clinical and preclinical development.

Thus, although low stability under physiological conditions and lack of oral bioavailability are still important challenges, the strategy to optimize bioactive endogenous peptides for clinical applications seems to be highly promising. Alternatively, it may be possible to induce or apply the proteases that generate the active peptides from their abundant precursors to treat infectious or inflammatory diseases.

**Conclusions and perspectives**

The human peptidome probably contains many unknown factors that may have key roles in antimicrobial immunity and inflammatory processes. These bioactive peptides cannot be identified by genomics and transcriptomics approaches, as they do not detect post-translational modifications. Peptide libraries that are derived from bodily fluids or tissues will facilitate the systematic and unbiased identification of these ‘hidden treasures’. Some activities may certainly be missed because they are relatively weak or because some antimicrobial agents may be degraded or inactivated during sample processing or storage. Nonetheless, this methodology seems to be suitable to identify the most potent and stable endogenous antimicrobial peptides. In the longer term, we envision the highly reproducible generation of peptide libraries from multiple sources in combination with robust assays for the identification of factors that affect key pathogens and biological activities. We also speculate that novel powerful techniques for the purification, optimization, production and delivery of endogenous peptides will greatly facilitate their future clinical development.
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Competing interests statement
The authors declare no competing interests.

FURTHER INFORMATION
The Antimicrobial Peptide Database: http://aps.unmc.edu/AP/main.php
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