Correlations of quasi-2D dipolar ultracold gas at finite temperatures

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We study a quasi two dimensional dipolar gas at finite, but ultralow temperatures using the classical field approximation. The method, already used for a contact interacting gas, is extended here to samples with a weakly interacting long-range inter-atomic potential. We present statistical properties of the system for the current experiment with Chromium [1] and compare them with statistics for atoms with larger magnetic dipole moments. Significant enhancement of the third order correlation function, relevant for the particle losses, is found.

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The successful cooling down of dipolar gases below the condensation temperature [2] has attracted many theorists and experimental groups. Dipolar forces may stabilize or destabilize the ultracold cloud depending on its polarization. A collapsing cloud forms so called Bose-Nova [3]. Dipolar forces also introduce inter-site effects between atoms loaded in optical lattices [1]. From the theory side, a variety of new phenomena are expected, i.e. new quantum phases [4] or rotonization of the spectrum [5]. The interest of the community is still increasing, as the new atomic species, Erbium [6] and Dysprosium [7], has been condensed recently. Furthermore, a big effort has been made to condense polar molecules with electric dipole interactions orders of magnitude larger than the magnetic ones [8, 9].

Especially interesting is a quasi two dimensional system, where roton may be formed [10]. The latter, although investigated in many theoretical papers, has not been observed in dipolar gases yet. On the other hand it is known, that the two dimensional system at finite temperatures has many interesting features even in a purely contact interacting gas. The most intriguing is the Berezinsky-Kosterlitz-Thouless transition, also studied experimentally [11].

Thus, it is natural to look at a two dimensional dipolar gas at temperature above the absolute zero. The method applied most often for such study is the Bogoliubov approximation [10]. Such treatment neglects higher order interactions between modes and is limited to low temperatures only. Moreover in the case of an untrapped system, it assumes a condensation in the zero-momentum mode, whereas close to instability this is not necessarily the case. For system in a trap the appropriate shape of the condensate and, partially, interactions between excitations have been included in extensions of the Bogoliubov approximation [12–14], however, at the cost of more computationally expensive algorithms. Another qualitative approach is based on the mean field method [15].

Among other very promising techniques are the classical field methods (called also $c$-field methods). In the case of a trapped system the numerical algorithm for a projected Gross-Pitaevskii equation has already been presented [16].

We present an even simpler example of the $c$-field methods’ family. It has been successfully used for deriving the full statistics in a thermal equilibrium of an ideal gas [17, 18] and a contact interacting gas for weakly repulsive [19, 20], as well as attractive forces [21]. Here, we apply this method to the dipolar gases, trapped in a "hybrid" geometry - a strong harmonic trap in the $z$ direction and a box with periodic boundary condition in the perpendicular directions. With our method we gain qualitative insight into the statistical properties of the system, without any ad-hoc assumption for a shape of the mostly occupied state and including interactions in all orders. We use the canonical ensemble, thus the total number of atoms is conserved.

The paper is organized as follow: In Sec. I we sketch our realization of the classical field approximation (CFA). The derivation of the dipolar interaction energy functionals, has been relegated to the Appendix. Sec. II focuses on the analysis of the, up to date, the best experimental realization of quasi 2D dipolar gases, done with Chromium in [1], and compare it with Erbium and Dysprosium. The most important results are summarized in Conclusions III.

I. CLASSICAL FIELD APPROXIMATION

We study a weakly interacting dipolar Bose gas trapped in a very steep harmonic potential in the $Z$ direction and square box with periodic boundary condition in the $X$ and $Y$ directions. Thus, our Hamiltonian of the three dimensional Bose gas has a form:

$$H = \int d^3r \hat{\Psi}^\dagger(r) \left( \frac{\hat{\Psi}^2}{2m} + \frac{1}{2} m \omega_z^2 z^2 \right) \hat{\Psi}(r) + \frac{g}{2} \int d^3r \hat{\Psi}^\dagger(r) \hat{\Psi}^\dagger(r) \hat{\Psi}(r) \hat{\Psi}(r) + \frac{1}{2} \int d^3rd^3r' \hat{\Psi}^\dagger(r) \hat{\Psi}^\dagger(r') V_{dip}(r-r') \hat{\Psi}(r') \hat{\Psi}(r).$$

The Hamiltonian is a sum of a single particle energy, a conventional contact interaction energy with the coupling constant $g$ and a dipolar interaction energy. The dipolar potential is given by:

$$V_{dip}(r) = \frac{3g_{dd}}{4\pi} \frac{r^2 - 3(nr)^2}{r^5},$$

where $n$ is a unit vector in the direction of polarization and $g_{dd}$ parameterizes strength of dipolar interactions. The periodic boundary conditions in the $X$, $Y$ directions are responsible
for the quantization of momenta:

\[ k_i = \frac{2\pi}{L} [i_x, i_y], \quad k = [k_i, k_z] \]  

(3)

where \( L \) is the size of the box and \( i_x, i_y \) are any integer numbers. Here we use the symbol \( i \) to denote the two dimensional index. The two dimensional vector \( k_i \) is a projection of a total momentum \( k \) onto \( XY \)-plane, whereas \( k_z \) is the \( Z \) component of \( k \). We restrict our considerations to such strong frequencies \( \omega_z \), small interaction energies and low temperatures, that the shape of the atomic cloud does not change in the \( Z \) direction. In other words we assume, that a convenient base is provided by the product of the ground state Gaussian function in the strongly confined \( Z \) direction

\[ \psi_0(z) = \left( \frac{1}{\pi l_z^2} \right)^{1/4} \exp \left( -\frac{z^2}{2l_z^2} \right) \]  

(4)

with \( l_z \) being the Gaussian width (dispersion), and plane waves in other directions. Thus the suitable expansion of the creation and annihilation operators by classical complex amplitudes:

\[ \hat{a}_i, \hat{a}_i^\dagger \mapsto \sqrt{N} \alpha_i, \sqrt{N} \alpha_i^* \]  

(6)

It has been shown in [17], that probabilistic properties of the condensate for two dimensional ideal Bose gas in a box are for large \( N \) perfectly reproduced by the classical fields approximation provided the number of degrees of freedom is kept finite with the last retained state chosen as:

\[ \hbar^2 k_{\text{max}}^2 / 2m = 0.68 k_B T \]  

(7)

where \( T \) is the absolute temperature and \( k_B \) is the Boltzmann constant. However for small systems, the formula (7) needs a significant correction. In general, the optimal cut-off momentum \( k_{\text{max}} \) is obtained from fitting the distribution of the number of condensed atoms from the classical field to the exact solution in the ideal gas case. The latter is obtained according to [22], the former can be also exactly calculated as described in the Appendix of [19]. For instance, in the system described in the next section, the appropriate cut-off is given by:

\[ \hbar^2 k_{\text{max}}^2 / 2m = 0.99 k_B T, \]  

(8)

a result which is obtained by a direct calculation. This version of classical fields approach was successfully used for the weakly contact interacting gas [18, 19, 21]. It also provided a quantitative description of recent measurements (supplementary material in [20]).

The energy of the complex amplitudes configuration for dipolar gas is given by:

\[ E (\{ \alpha_i \}) = \sum_i \frac{k^2 L^2}{2m} |\alpha_i|^2 + E_{\text{int}} (\{ \alpha_i \}), \]  

(9)

where \( N \) is the total number of atoms and \( E_{\text{int}} (\{ \alpha_i \}) \) is the quartic polynomial in the amplitudes \( \{ \alpha_i \} \). The sum is over all indices \( i \), which obey inequality \( i_x^2 + i_y^2 < K_{\text{max}}^2 \). The cut-off \( K_{\text{max}} \) is the index of the last retained mode, defined as \( 2 \pi K_{\text{max}} / L = k_{\text{max}} \). The interaction energies (dipolar and contact together) are given by

\[ E_{\text{int}} = E_{\text{dip}}^{1l} + \frac{\tilde{g} N n_{2D}}{2\sqrt{2\pi l_z}} \sum_{m,p,n} N_{\alpha} \alpha^*_m \alpha^*_p \alpha_n \alpha_m^* \alpha_p^* \alpha_n^* \rho \alpha_{m+p-n}, \]  

(10)

where \( n_{2D} = N / L^2 \) is the two dimensional density. Here we introduced an effective contact interaction coupling constant \( \tilde{g} = g + g_{dd} \cos 2\theta + g_{dd} \cos^2 \theta \), where \( \theta \) is an angle between the direction of the dipoles’ polarization and the \( Z \) axis. The second part of the dipolar interaction \( E_{\text{dip}}^{1l} \) consists of the long range potential between dipoles:

\[ E_{\text{dip}}^{1l} = \frac{g_{dd} n_{2D} N}{l_z} \sum_{m,p,n} \alpha^*_m \alpha^*_p \alpha_n \alpha_m^* \alpha_p^* \alpha_n^* \rho \frac{k^2 l_z^2}{2} \text{Erfc} \left( \frac{kl_z}{\sqrt{2}} \right). \]  

(12)

The derivation of formulas (10)-(12), with a short discussion of the potential (12) is presented in details in the Appendix A. The initial three dimensional problem is reduced to a two dimensional one. Hence the classical field

\[ \Psi (\rho) = \int dz \Psi (r) \psi_0(z) \]  

(13)

will refer from now on to a two dimensional function.

From Eq. (10) it is clear that the dipole interaction in the geometry considered here partially acts like a contact interaction, thus it shifts the coupling constant \( g \). Furthermore, this shift in the coupling constant may be tuned by the polarization direction. At the angle \( \theta \approx 0.96 \), at which \( \cos 2\theta + \cos^2 \theta = 0 \), this shift vanishes.

At finite temperatures the probability distribution of a given configuration of the classical field according to the canonical ensemble is:

\[ P (\{ \alpha_i \}) = \frac{1}{Z(N, T)} \exp \left[ -\frac{E (\{ \alpha_i \})}{k_B T} \right], \]  

(14)

where \( Z(N, T) \) is the classical partition function for \( N \) atoms at temperature \( T \).

The average of any observable \( \hat{O} \) is computed according to:

\[ \langle \hat{O} \rangle = \int d\alpha_0 \ldots d\alpha_{k_{\text{max}}} P (\{ \alpha_i \}) \hat{O} (\{ \alpha_i \}), \]  

(15)
where integrals go through all the possible complex amplitudes subjected to the constraint forced by the fixed number of particles:

$$\sum_{i}^{K_{\text{max}}} |\alpha_i|^2 = 1. \quad (16)$$

The best known Monte Carlo realization of this distribution is given by the Metropolis algorithm [23]. With it we explore the multidimensional phase space built from a set of \{\alpha_i\} as described in detail in [17].

The algorithm realizes the idea of a statistical ensemble - it looks for suitable copies of the system (different configurations \{\alpha_i\}), all copies with energies distributed according to the Boltzmann distribution. As illustrated in Fig. 1 the single elements of the ensemble often differ significantly from the average of them. Typically, computations require millions of generated copies to reach reasonably smooth averages.

Following [24], the identification of the condensate requires a diagonalization of the single particle density matrix:

$$\rho_{i,j} = \langle \alpha_i^\dagger \alpha_j \rangle = \sum_n \lambda_n \beta_i^\ast (n) \beta_j (n) \quad (17)$$

where the mean value is taken with the probability distribution (14) and the eigenvector \(\beta(0)\) corresponding to the dominant eigenvalue \(\lambda_0\) (if such one exists) is the condensate.

Let us show the outcome of the method for a special case of very low temperature. As the global phase has no physical meaning, we can always eliminate \(\alpha_0\) choosing it as real and equal to \(\alpha_0 = \sqrt{1 - \sum_{k \neq 0} \left| \alpha_k^\ast \alpha_k \right|} \). The interaction energy in (9) will remain a quartic polynomial in the amplitudes \(\{\alpha_{\neq 0}\}\). If the amplitude of the zero momentum component is dominant, that is \(|\alpha_0| \approx 1 \gg |\alpha_{\neq 0}|\) we can follow the derivation of the Bogoliubov approximation. It requires neglect of the third and the fourth order terms in the interaction energy. The remaining quadratic form is easily diagonalized yielding:

$$E(\{\alpha_k\}) = E_0 + \sum_{k \neq 0} E_k \beta_k^\ast \beta_k, \quad (18)$$

where \(E_0\) is a constant, the spectrum \(E_k\) reads

$$E_k = \sqrt{\frac{\hbar^2 l^2}{2m} \left( \frac{\hbar^2 q^2}{2m} + \frac{4\pi D}{l_z} \left( \frac{\bar{g}}{2\sqrt{2\pi}} + g_{dd} V_{2D} (k) \right) \right)} \quad (19)$$

and the new complex amplitudes \(\beta_k\) are defined as

$$\beta_k = u_k \alpha_k - v_k \alpha_k^\ast, \quad (20)$$

Thus the Bogoliubov spectrum, presented for instance in [25, 26], appears here as a special case.

### II. EXPERIMENTAL CONDITIONS

Here we present the statistics of the quasi 2D dipolar gas for parameters close to the experimental ones, used in [1]. The experiment has been done in a deep optical lattice at temperatures around 100nK. In each lattice site, the cloud was indeed quasi2D (checked with the help of numerically solved three dimensional Gross-Pitaevskii equation) with \(\omega_z/2\pi = 36573\text{Hz}\).

Our calculations are made for such parameters, that mimic the conditions in a single central lattice site. Thus we keep the aspect ratio between the Gaussian width in the Z direction and the size of the system in others equal to 100. To ensure a density of atoms close to the experimental value (\(\approx 10^{14}/\text{cm}^3\)) we consider here \(N = 500\) atoms. We characterize the strength of the dipolar interaction with the "dipolar length" \(a_{dd} = \frac{\lambda_{dd}}{\omega_{2D}^2}\) [27], which for Chromium equals \(16a_B\), where \(a_B\) is the Bohr radius. All results are presented in oscillatory units, i.e. length is given in \(l_z = \sqrt{\hbar/\sqrt{m_C \omega_z}}\), where \(m_C\) is the Chromium mass. In a calculations for other atomic species, we use \(^{164}\text{Dy}\) with \(a_{dd}^{164\text{Dy}} = 70a_B\) and \(^{164}\text{Dy}\) with \(a_{dd}^{164\text{Dy}} = 140a_B\), we keep the same density as for Chromium. Thus the geometry is changed in these cases: for atoms with mass \(m\) we choose the trapping frequency \(\omega_z = \frac{m}{m}\omega^2\) whereas the two dimensional box and the length unit \(l_z\) remain the same.

For such parameters the fraction of atoms in the zero-momentum mode, shown in Fig. 2, is only slightly altered by interactions. We choose the scattering length \(10a_B\), which is below "the dipolar length" \(a_{dd} = 16a_B\), to enhance the effect of dipolar forces. We restrict the study to temperatures up to about 100nK. Then the cut-off in momentum space \(k_{\text{max}}\) limits also the theoretical spatial resolution. Here, the spatial resolution is > \(10l_z\), which is not much smaller than the observed structure, which could slightly impact the outcome of the calculation.

The dipolar interaction slows down a thermal depletion of the dominant mode. This is mostly because of dipole repulsion - the experiment is in such a regime, that contribution
the long range part of the dipolar potential (11) remains small. Thus, the main effect of the dipolar interaction is just a shift of the contact interaction coupling constant. It has already been proven [28], that contact interactions in the box reduce the evaporation to higher modes, as we also see in Fig. 2. The latter can be guessed also from the Bogoliubov spectrum (19): the energy gap between the 0 and 1 momentum modes is increasing with both $g$ and $g_{dd}$. Note the opposite behavior for the gas trapped in a harmonic potential [12, 14]. The latter can be qualitatively understood with the help of the local density approximation, in which the system is considered as a set of boxes with varying chemical potential. If the local density $n_{loc}$ in a box decreases, while temperature is constant, then the fraction: average density of the atoms in the 0-momentum mode divided by $n_{loc}$, decreases also. Due to the repulsive forces the cloud trapped in a harmonic potential widens, and in consequence in the center of the trap (so in the region contributing mostly to the condensate) the density decreases. Thus in the dense part of the cloud atoms evaporate to higher energy modes. The same reasoning leads to the conclusion, that in the tails of the cloud, where the local density would increase after the cloud broadening, the occupation of the 0-momentum mode increases. However, it turns out that globally, when repulsive forces increase, the condensate in trap evanesces.

It is worth noticing, that the repulsive dipolar force has been already used to stabilize the system against attractive contact interactions [1] and even to suppress chemical reactions between KRb molecules [29] and dipolar relaxation for spinor gases [30].

The discontinuities visible in Fig. 2 are due to the discreteness of the finite-system spectrum. Precisely, there are regions where the temperature rises, and consequently cut-off energy, but the number of modes remains unchanged. At some value of temperature new four modes are accepted, which results in a small jump in statistical quantities. Our qualitative results do not depend strongly on this technical problem. Moreover in the rest of the paper we focus on such temperatures, at which the energy of the last retained mode is equal exactly to the cut-off energy. The problem may be overcome by taking the weighted averages obtained for the “critical” cut-offs.

In inset in Fig. 2 we investigated the sensitivity on the cut-off. We were changing the numerical factor in Eq. (8) keeping constant temperature $T_1 = 0.015 \hbar \omega_z/k_B$. Even for a cut-off varying up to 20% the fraction of condensed atoms is varying much less than 2%. One can see in the inset, that the statistical error is small - the main uncertainty comes from the discreteness of the spectrum, which cause the jump at the cut-off energy 1.05$k_B T$.

The most interesting quantities are correlation functions. Among them, the crucial role for identifying condensation is played by the first order correlation function defined here as

$$g^1(\rho) = \langle \Psi^*(\rho) \Psi(0) \rangle/n_{2D}. \tag{21}$$

In the 2D uniform system the true condensation does not exist at $T > 0$. Indeed in Fig. 3a) one can see that even for very low temperatures $g^1(\rho)$ is decaying slightly below 1 for $\rho \neq 0$. The width of this function defines the correlation length. It decreases with increasing temperature making the coherent region much smaller than the size of the system. In our regime, where both contact and dipolar interactions are weak (comparing to the contact interaction at the background scattering length), this reduction is mostly due to a shortening of the de Broglie wavelength $\lambda_d = \frac{\hbar}{\sqrt{2\pi m k_B T}}$. For temperatures used in Fig. 3 the $\lambda_d$ is varies between $11l_z$ and $25l_z$.

The possible density fluctuation are quantified with the help of the third order correlation function. Here we focus on its
The role of dipolar interaction increases when approaching the instability border. The temperature effects may be understood with the help of Fig. 5 where the relation length is increasing with increasing dipolar forces and for different values of $a_{dd}$ corresponding to different atomic species.

FIG. 4. (Color online) The first (the upper panel) and the third (the lower panel) order correlation functions at temperature $T = 0.020\hbar\omega_z/k_B$ ($\approx 30\text{nK}$ for Cr) for $a = 10a_B$ but for different values of $a_{dd}$.

FIG. 5. (Color online) The third order correlation function $g^3(0, 0)$. The role of dipolar interaction increases when approaching the instability border. The temperature $T = 0.02\hbar\omega_z/k_B$.

normalized cut:

$$g^3(\rho) = \frac{\langle |\Psi(\rho)|^2 |\Psi(0)|^4 \rangle}{n_{2D}^3}. \quad (22)$$

We choose this quantity instead of $g^2$ as it has a direct impact on the rate of three body losses [31], thus it is relevant for the condensate lifetime. Fig. 3b) shows, that surprisingly, in experiment [1] the gas was probably highly bunched, with a few times faster losses (at $T > 100\text{nK}$) comparing with the pure condensate ($T = 0\text{K}$). The bunching is simply due to approaching the thermal state, at which $g^3 = 6$ is expected.

In Fig. 4 we compare the correlations of Chromium with the ones of Erbium and Dysprosium. As can be seen the correlation length is increasing with increasing dipolar forces and at the same time bunching is getting weaker [32]. These effects may be understood with the help of Fig. 5 where $g^3(0, 0)$ versus scattering length is shown. For large scattering length the value of $g^3$ does not depend strongly on the dipolar interactions, as it is insensitive to different polarization angles. This increase for smaller and smaller $a$ is probably caused by approaching unstable regions. The latter is suggested by the rapid bunching of the least stable configuration $\theta = \pi/2$. In such a geometry, when $a$ reaches some critical value in the Bogoliubov spectrum imaginary frequencies appear, implying a phonon instability [33]. Then, in a collapse the gas would shrink almost to a delta function. Thus in the unstable region the system should be a mixture of infinitely many plane waves. This qualitative analysis indicates however that also close to instabilities, (but still in a stable regime) the occupation of $k \neq 0$ modes should already increase. This is the regime studied throughout the paper - where one can see already dipolar effects, although the Bogoliubov spectrum does not reach roton yet. The macroscopically occupied higher modes give an increase of the $g^3$ function. However, the dipolar interactions stabilize the system, due to their repulsive part. One can see already in Fig. 2 that the occupation of the 0-momentum mode increases with the increase of the dipole moment. Thus the role of excitations is getting smaller for stronger magnets, making the atomic cloud more coherent and less bunched, as shown in Fig 4.

III. CONCLUSIONS

We have presented the classical field approximation for a weakly interacting dipolar gas. We show the statistical properties relevant for present experiments with Chromium. The dipolar forces there are only a small perturbation around the ideal gas case. However, at the temperature at which the experiment [1] was done, the third order correlation function is highly increased compared to the zero temperature case. Due to this bunching, the three body losses should be a few times faster. At the same temperature the correlation length is strongly reduced. In the case of atoms with stronger dipole moment, Erbium and Dysprosium, the reduction of the size of the coherent regions is getting smaller.

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Appendix A: Derivation of the dipolar interaction energy

Dipolar energy in the classical field approximation has a form:

$$E_{dip} = \frac{1}{2} \int d^3 r \int d^3 r' |\Psi (r)|^2 |\Psi (r')|^2 V_{dip} (r-r')$$,  \hspace{1cm}  \text{(A1)}$$

where the three dimensional classical field

$$\Psi^{3D} (r) = \sqrt{N} \psi_0 (z) \sum_i \alpha_i e^{ik_i \rho / L},$$  \hspace{1cm}  \text{(A2)}$$
is a counterpart of the field operator and $V_{dip} (r)$ is a dipolar interaction potential for atoms polarized in the $Z$ direction given in Eq. (2). Here $i$ denotes a two-dimensional index $[i_x, i_y]$ and the sum in (A2) is over all indices $i$ which fulfill the condition $\sqrt{z^2 + i^2} \leq K_{max}$. The periodic boundary conditions enforce discrete values of momenta (3). The integral $\int d^3 r$ in (A1) is over all points from the domain $[-\frac{L}{2}, \frac{L}{2}] \times [-\frac{L}{2}, \frac{L}{2}] \times \mathbb{R}$, where functions have Fourier transform of the form

$$h (r) = \frac{1}{L^2} \int \frac{dk_z}{\sqrt{2\pi}} \sum_i h_i (k_z) e^{ik_z \rho + i k_z z}.$$  \hspace{1cm}  \text{(A3)}$$

Assuming dipoles oriented within the $XZ$-plane the expansion coefficient of the dipolar potential is equal to

$$V_i (k_z) = \frac{g_{dd}}{2\pi} \left( 3 \left( \frac{k_i^{(x)}}{k_i^{(z)}} \right)^2 \sin^2 (\theta) + \frac{k_i^{(z)} \cos^2 (\theta)}{k_i^{(z)} + k_i^{(y)}} - 1 \right),$$  \hspace{1cm}  \text{(A4)}$$

where $\theta$ is an angle between polarization of all dipoles and the $Z$ direction and $k_i^{(z)} = \frac{2\pi}{L}[i_x, i_y]$ is the $x$ component of the vector $k$ and $k_i$ is the projection of $k$ onto $XY$-plane.

Combining Eqns. (A4), (A3) and (A2) in Eq. (A1) one gets

$$E_{dip} = \frac{1}{2} \int d^3 r \int d^3 r' |\Psi (r)|^2 |\Psi (r')|^2 V_{dip} (r-r') = \frac{1}{2L^2} \int d^3 r d^3 r' (\sum_{i \in Z} \int \frac{dk_z}{\sqrt{2\pi}} h_i (k_z) e^{ik_z \rho + i k_z z}) \left( 1 \int L^2 \sum_{m,n} \alpha_m^* \alpha_n e^{-i\rho (n-m-k_i)} \rho \right),$$  \hspace{1cm}  \text{(A5)}$$

Thus the expression for the dipolar energy consists of a product of four separate integrals (related to Fourier transforms), afterwards integrated over $k_z$. There are two integrals which are Fourier transforms of $\psi_0^2$:

$$\int \psi_0^2 (z) e^{ik_z z} dz = e^{-k_z^2 z^2 / 4}.$$  \hspace{1cm}  \text{(A6)}$$

Combining both integrals over coordinates in the box lead to the Kronnecker delta functions:

$$\int \frac{K_{max}}{2} \sum_{m,n} \alpha_m^* \alpha_n e^{-i(n-m-k_i)\rho} = L^2 \sum_{m,n} \alpha_m^* \alpha_n \delta_{n-m}.$$  \hspace{1cm}  \text{(A7)}$$

Hence, the formula for dipolar interaction energy is reduced just to one integral (over $k_z$) and sum over three 2D indices $(m, n, p)$. Substituting finally the explicit expression for the dipolar potential (A4) we have to deal with an integral

$$\int |k_{m,n,m}^2 |^2 \left( 3 \frac{\sin^2 \theta + k_i^2 \cos^2 \theta}{k_i^2 + |k_{n,m}^2|^2} - 1 \right).$$  \hspace{1cm}  \text{(A8)}$$

The dipolar potential may be rearranged

$$\int \frac{k_i^2 \sin^2 \theta + k_i^2 \cos^2 \theta}{k_i^2} - 1 = \cos 2\theta + \cos^2 \theta$$  \hspace{1cm}  \text{(A9)}$$

to a form more convenient for integral over $k_z$. This rearrangement allows us to write the integral over momenta in the $Z$ direction (A7) as a combination of two converging integrals:

$$\int \frac{dk_z}{\sqrt{2\pi}} e^{-k_z^2 / 2} = \frac{1}{l_z}$$  \hspace{1cm}  \text{(A10)}$$

for brevity we introduce an operator:

$$T_{mnp} = \sum_{m,n,p} \alpha_m^* \alpha_p^* \alpha_n \alpha_{m+p-n}.$$  \hspace{1cm}  \text{(A11)}$$

Thus the formula for dipolar interaction energy (A1) reduces to:

$$E_{dip} = \frac{N_2^2}{2\pi} \sum_{m,n} \alpha_m^* \alpha_n e^{-i\rho (n-m-k_i)\rho} \times \sum_{i,m,n,p,q} \alpha_m^* \alpha_p^* \alpha_q \alpha_n \delta_{k_i - k_s - k_q - k_p} V_i (k_z)$$

$$= \sum_{m,n} \frac{N_2^2}{2} \int \frac{dk_z}{\sqrt{2\pi}} e^{-k_z^2 / 2} T_{mnp} V_{n-m} (k_z),$$

where in the last equation two delta functions reduce sums over $i$ and $q$. With $N_2 = N/L^2$ we denote a 2D density and
where $k_{n-m} = \frac{2\pi}{l_z} \sqrt{(m_x - n_x)^2 + (m_y - n_y)^2}$ is just a length of the difference $k_m$ and $k_n$. Finally the dipolar energy is a sum of two terms

I Part of dipolar potential which mimics the contact interactions:

$$E_{dip}^I = \frac{g_{dd}^2 \sqrt{2} N}{2 \sqrt{2\pi l_z}} \left( \cos \theta + \cos^2 \theta \right) T_{mpn}. \quad (A8)$$

II Part of dipolar potential which depends on momenta in a non-trivial way:

$$E_{dip}^{II} = \frac{g_{dd}^2 \sqrt{2} N}{l_z} \tilde{V}^{2D}(k_n - k_m), \quad (A9)$$

where

$$\tilde{V}^{2D}(k) = \frac{3l_z k^2 \cos 2\theta + k_y^2 \cos^2 \theta}{4} e^{k^2 l_z^2/2} \text{Erfc} \frac{k l_z}{\sqrt{2}}. \quad (A10)$$

We illustrate the features of the potential in a particular case of $\theta = 0$. As shown in Fig. 6a) in this case the function (A10) for $k \to \infty$ converges to a non-zero value. In the position representation this asymptotic behavior leads to an additional delta function, precisely:

$$\mathcal{F} \left( \tilde{V}^{2D}(k) \right) = -\frac{3}{4} \sqrt{\frac{2\pi}{2}} \delta(k) + V^{2D}(\rho), \quad (A11)$$

where the potential in a position representation is given by

$$V^{2D}(\rho) = 2\pi \int dk J_0(k\rho) \left( \tilde{V}^{2D}(k) + \frac{3}{4} \sqrt{\frac{2\pi}{2}} \right) k, \quad (A12)$$

where $J_0(x)$ is a zero order Bessel function. The shape of this potential is plotted in Fig. 6b). It diverges logarithmically at origin and tends to 0 like $\frac{1}{\rho^2}$ for large $\rho$, as shown in Fig. 6c).

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Similar behavior has been observed for the $g^2$ function.

The stability region may grow with increasing temperature [14,15]