Herein, porous nano-silicon has been synthesized via a highly scalable heat scavenger-assisted magnesiothermic reduction of beach sand. This environmentally benign, highly abundant, and low cost SiO₂ source allows for production of nano-silicon at the industry level with excellent electrochemical performance as an anode material for Li-ion batteries. The addition of NaCl, as an effective heat scavenger for the highly exothermic magnesium reduction process, promotes the formation of an interconnected 3D network of nano-silicon with a thickness of 8-10 nm. Carbon coated nano-silicon electrodes achieve remarkable electrochemical performance with a capacity of 1024 mAhg⁻¹ at 2 Ag⁻¹ after 1000 cycles.

Silicon is considered the next generation anode material for Li-ion batteries and has already seen applications in several commercial anodes. This is due to its high theoretical capacity of 3572 mAhg⁻¹ corresponding to ambient temperature formation of a Li₃Si phase. However, silicon has major drawbacks stemming from the large volume expansion upwards of 300% experienced during lithiation. Depending on the structure, lithiation-induced mechanical stresses cause silicon structures to fracture when the characteristic dimension is as small as 150 nm, which promotes pulverization and loss of active material. Despite the scaling of the dimensions of silicon architectures below this critical dimension, the large volume expansion deteriorates the integrity of the solid electrolyte interphase (SEI). Expansion upon lithiation and subsequent contraction during delithiation leads to the constant fracturing and reformation of new SEI, resulting in irreversible capacity loss. Several structures such as double-walled silicon nanotubes, porous silicon nanowires, and postfabrication heat-treated silicon nanoparticle (SiNP) anodes have alleviated this issue via protecting the crucial SEI layer after its initial formation.

While a myriad of silicon nanostructures have exhibited excellent electrochemical performance as anode materials, many of them lack scalability due to the high cost of precursors and equipment setups or the inability to produce material at the gram or kilogram level. Silicon nanostructures derived from the pyrolysis of silane, such as silicon nanospheres, nanotubes, and nanowires, have all demonstrated excellent electrochemical performance. However, chemical vapour deposition (CVD) using highly toxic, expensive, and pyrophoric silane requires costly setups and cannot produce anode material on the industry level. Metal assisted chemical etching (MACE) of crystalline silicon wafers has been extensively investigated as a means of producing highly tunable silicon nanowires via templated and non-templated approaches. However, electronic grade wafers are relatively costly to produce and the amount of nanowires produced via MACE is on the milligram level. Crystalline wafers have also been used to produce porous silicon via electrochemical anodization in an HF solution.

Quartz (SiO₂) has been demonstrated as a high capacity anode material without further reduction to silicon, with a reversible capacity of ~800 mAhg⁻¹ over 200 cycles. However, SiO₂ is a wide bandgap insulator with a conductivity ~10⁻¹⁰ times lower than that of silicon. Additionally, SiO₂ anodes carry 53.3% by weight oxygen which reduces the gravimetric capacity of the anodes. The highly insulating nature of SiO₂ is also detrimental to the rate capability of these anodes. Tetraethyl Orthosilicate (TEOS) has garnered significant attention recently due to its ability to produce nano-SiO₂ via hydrolysis. The SiO₂ has been subsequently reduced to silicon in such structures as nanotubes and mesoporous particles. However, examining Fig. 1a reveals the extensive production process needed to produce TEOS. Conversely, Liu et al. have demonstrated a method of synthesizing nano-Si
via magnesiothermic reduction of rice husks (SiO₂), an abundant by-product of rice production measured in megatons per year²⁴.

Thermic reduction of SiO₂ can be accomplished via a few well-known mechanisms including carbothermal, magnesiothermic, aluminothermic, and calciothermic reduction. Carbothermal reduction utilizes electric arc furnaces operating at 2000°C and is the primary mode for metallurgical silicon production²⁵. However, this process is very energy intensive and liquefies the silicon, thus destroying any original morphology of the SiO₂. Recently, magnesiothermic reduction has gained attention due its much lower operating temperatures (~650°C). Typically, Mg powder is placed adjacent to SiO₂ powder and the furnace is heated until the Mg vaporizes. However, this reduction scheme produces zonal variations in composition with Mg₂Si forming near the Mg powder, Si in the middle, and unreacted SiO₂ furthest from the Mg²³. Luo et al. have shown that adding a relatively large amount of NaCl to the reduction process aids in scavenging the large amount of heat generated during this highly exothermic reaction. NaCl effectively halts the reaction temperature rise at 801°C during fusion, preventing the reaction from surpassing the melting point of silicon and thus aiding in preserving the original SiO₂ morphology²⁶. Herein, we propose a facile and low cost alternative to production of nano-Si with excellent electrochemical performance using a highly abundant, non-toxic, and low cost Si precursor: sand.

**Results**

The majority constituent of many sands is quartz (SiO₂) and sand is easily collected since it is predominantly found on the surface of the earth’s crust. The sand used in this analysis was collected from the loamy surface of the shores of Cedar Creek Reservoir in the Claypan region of Texas. The soil of this region is classified as an Alfisol, specifically a Paleustalf, comprising ~90% quartz with minor amounts of feldspars and chert²⁷,²⁸. The sand grains utilized herein have a grain size of ~0.10 mm, as in Fig. 1b. Further mechanical milling in an alumina mortar easily reduces the grain size to the micrometer and nanometer scale within minutes. Organic species are removed via calcining in air at 900°C, and the sand is then sequentially washed with HCl, HF, and NaOH for varying amounts

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**Figure 1** | (a) Flow chart showing conventional synthesis routes of nano-Si, including the introduction of our synthesis route from sand. Optical images of (b) unpurified sand, (c) purified sand, and (d) (from left to right) vials of unpurified sand, purified sand, and nano-Si. (e) Schematic of the heat scavenger-assisted Mg reduction process.
of time. Unwanted silicate species are removed via the HF etch, as crystalline quartz etches much slower than other silicate species such as feldspars\textsuperscript{29}. After purification, the sand assumes a bright white appearance in stark contrast to the brown hue of the unpurified sand, as in Fig. 1c. The peaks associated with unpurified sand in the XRD analysis in Fig. 2a confirm that the sample comprises mostly quartz with very minor peaks corresponding to impurities. After purifying the sand, the peaks associated with quartz greatly increase in intensity relative to the impurity peaks, confirming that most of the impurities have been successfully etched away.

After purification, quartz powder and NaCl is ground together in a 1 : 10 SiO\textsubscript{2}:NaCl weight ratio and ultrasonicated and vigorously stirred for 2 hours. After drying, the SiO\textsubscript{2}:NaCl Powder is ground together with Mg powder in a 1 : 0.9 SiO\textsubscript{2}:Mg weight ratio. The resultant powder is loaded into Swagelok-type reactors and sealed in an argon-filled (0.09 ppm O\textsubscript{2}) glovebox. The reactors are immediately loaded into a 1" diameter quartz tube furnace purged with argon. The furnace is slowly heated at 5 °C min\textsuperscript{-1} to 700 °C and held for 6 hours to ensure complete reduction of all SiO\textsubscript{2}. After reduction the resulting brown powder is washed with DI water to remove NaCl and then etched with 1 M HCl for 6 hours to remove Mg, Mg\textsubscript{2}Si, and MgO. The MgCl\textsubscript{2} that is produced via HCl etching of MgO can be easily recycled back to Mg via electrolysis, which is the predominant industrial synthesis route for Mg production\textsuperscript{30}. The powder is washed several times with DI H\textsubscript{2}O and EtOH to remove the etchant and dried overnight under vacuum. A visual comparison, without magnification, of unpurified beach sand, purified quartz, and nano-Si stored in glass vials can be seen in Fig. 1d, and the entire synthesis process can be visualized in Fig. 1e.

SEM imaging in Fig. 2 reveals the broad size distribution and highly irregular morphology of the milled quartz powder before and after reduction. For the milled quartz powder, the particle size ranges from several microns to 50 nm, as in Fig. 2c and 2d. The quartz powder and nano-Si reduction product are both highly irregular in shape as expected. After reduction, the nano-Si is absent of particles with dimensions in excess several microns and has a much smaller size distribution than the quartz powder, as in Fig. 2e and 2f. We can attribute this to the breakdown of relatively larger particles

![Figure 2](https://www.nature.com/scientificreports/45623/figure/2).

(a) XRD plot displaying characteristic peaks of quartz in both pre-reduction samples and Si peaks in the post-reduction nano-Si. (b) EDS analysis with inset displaying weight percent of elements in nano-Si after HCl and HF etching. Low magnification (c) and higher magnification (d) SEM images of quartz powder after purification and milling. Low magnification (e) and higher magnification (f) SEM images of nano-Si after reduction and etching. Scale bars for (c), (d), (e), and (f) are 5 μm, 2 μm, 2 μm, and 500 nm, respectively.
during reduction and ultrasonication, which is due to the reduced mechanical integrity of the porous 3D nano-Si networks in comparison to the solid pre-reduction quartz particles.

In lieu of the solid crystalline particles found in the quartz powder, the nano-Si powder is composed of a highly porous network of interconnected crystalline silicon nanoparticles (SiNPs). HRTEM in Fig. 3a and 3b reveals the interconnected SiNPs that comprise the 3D Si networks, and the diameter of the SiNPs is ~8–10 nm, with larger particles existing sparingly. This high porosity can be attributed to the selective etching of imbedded MgO and Mg$_2$Si particles after reduction. Through the use of NaCl as a heat scavenger during the reduction process, we are able to synthesize a highly uniform porous structure throughout the width of the particle by avoiding localized melting of Si. This uniform 3D network is achieved via removal of oxygen (53.3% by weight) from the original quartz particles through reduction and a conservation of volume via the heat scavenger (NaCl). The XRD peaks in Fig. 2a indicate a successful reduction to silicon after Mg reduction.

Energy Dispersive X-ray Spectroscopy (EDS) in Fig. 2b reveals the weight percentage of elements present in the nano-Si powder. The quantitative analysis shows Si is the predominant element present with non-negligible amounts of F, Na, Mg, Al, and O. The F and Na peaks may be due to the existence of Na$_2$SiF$_6$, which is produced via a reaction between residual NaCl and H$_2$SiF$_6$ produced during HF etching of SiO$_2$. The existence of Al may be derived from the original sand or from the alumina mortar. While the existence of metallic contaminants at these levels may present deleterious effects for some applications, for battery applications these metallic impurities may increase the conductivity of nano-Si. Despite silicon’s relatively high surface diffusion capability with respect to bulk diffusion of Li, silicon has relatively low electrical conductivity. Thus, nano-Si powders were conformally coated with a ~4 nm amorphous carbon coating to enhance conductivity across all surfaces, as in Fig. 3c and 3d. Briefly, nano-Si powder was loaded into a quartz boat and placed in the center of a quartz tube furnace purged with an H$_2$/Ar mixture. After heating to 950°C, acetylene was introduced into the tube to produce a conformal C-coating. The weight ratio of Si to C was determined to be 81:19 after coating. Brunauer-Emmett-Teller (BET) surface area measurements were performed for nano-Si before C-coating yielding a specific surface area of 323 m$^2$/g, as in Fig. 3e. The inset in Fig. 3e reveals a pore diameter distribution with a peak centred at 9 nm. The pore diameter is in good agreement with the TEM images of porous nano-Si. This high surface area confirms that NaCl effectively scavenges the large amount of heat generated during Mg reduction, preventing agglomeration of nano-Si. The high surface area and pore volume distribution also confirm the existence of large internal porosity available for volume expansion buffering and, thus, minimal capacity fading due to SEI layer degradation and active material pulverization.

Nano-Si@C derived from sand was electrochemically characterized using the half-cell configuration with Li-metal as the counter-electrode. Electrodes comprised nano-Si@C, acetylene black (AB), and PAA in a 7:1:2 nano-Si@C:AB:PAA weight ratio. Fig. 4a demonstrates the rate capability of the C-coated nano-Si electrodes up to the C/2 rate, with additional cycling up to 1000 cycles at the C/2 rate. Initial cycling at C/40 is necessary for proper activation of all Si and development of a stable SEI layer. This activation process is confirmed via cyclic voltammetry measurements, as in Fig. 4b. The peaks corresponding to the lithiation (0.22 V and 0.10 V) and delithiation (0.33 V and 0.50 V) grow in intensity over the first 12 cycles before stabilizing, which suggests a kinetic enhancement occurs in the electrode. After a kinetic enhancement is achieved via this low current density activation process, the electrodes are cycled at much higher rates. Even at the C/2 rate the nano-Si electrodes demonstrate a reversible capacity of 1024 mAh/g and a Coulombic efficiency of 99.1% after 1000 cycles. We attribute the excellent cycle stability of the nano-Si@C electrodes to a combination of the conformal C-coating, PAA binder, and the porous 3D nano-Si network.

The addition of a C-coating alters the makeup of the SEI layer and may also partially alleviate the lithiation-induced volume expansion effects in nano-Si. The use of PAA as the binder also greatly enhances the cyclability of the electrodes. Magasinski et al. have recently reported on the improved cycling performance of PAA-bonded electrodes relative to conventionally used binders such as poly(vinylidene fluoride) (PVDF) and carboxymethylcellulose (CMC). The improved stability is attributed to PAA’s similar mechanical properties to that of CMC but higher concentration of carboxylic functional groups. The mechanical properties of PAA prevent the formation of large void spaces created during lithiation and delithiation of Si. The higher concentrations of carboxylic groups form strong hydrogen bonds with hydroxyl groups on C and Si, minimizing separation of binder from active material during cycling. The porous nature of the nano-Si is also partly responsible for the good cyclability due to the internal void space available for the interconnected network of Si to expand. Despite the fact that some of the 3D nano-Si networks have diameters of several hundreds of nanometers, the SiNPs that comprise these networks are only 8–10 nm in diameter.
Discussion

Complex impedance plots for nano-Si@C anodes obtained via electrochemical impedance spectroscopy (EIS) are shown in Fig. 4. The equivalent series resistance (ESR), or high frequency real axis intercept, decreases for the first 5 cycles and stabilizes thereafter. The high frequency semicircle also decreases in diameter with cycling, represented by $R_{\text{SEI + INT}}$. This is the resistance representing the SEI layer and resistance resulting from imperfect contact between current collector and active material. This contact impedance decreases with cycling, as in Fig. 4g. The mid frequency semicircle representing charge transfer impedance decreases sharply for the first 5 cycles, and stabilizes thereafter, as in Fig. 4f. Interfacial impedance remains

Figure 4 | (a) Cycling data of nano-Si@C anodes with selected C-rates ($C = 4\text{Ag}^{-1}$). (b) CV plot of the first 13 cycles using a scan rate of 0.02 mV s$^{-1}$. (c) Charge-discharge curves for selected cycles. (d) EIS curves for selected cycles showing both experimental and fitted-model data. (e) Equivalent circuit of nano-Si@C electrodes used to produce fitted-model data. Extracted resistance values from the EIS curves for (f) charge transfer resistance and (g) SEI + INT resistance.
fairly constant with increasing number of cycles. Therefore, contact impedance among the active particles and the current collector is not affected by cycling. Evidently, the nano-Si/C anodes are not drastically affected by the volume expansion of a typical Si-based anode.

The (EIS) measurements performed after 1st, 3rd, 5th, 7th, and 9th cycles show two distinct arcs. The high frequency semicircle corresponds to SEI film growth and contact impedance while the mid frequency semicircle corresponds to charge transfer impedance on electrode-electrolyte interface14. The Warburg element represents impedance due to diffusion of ions into the active material of the electrode25. The low-frequency (<200 MHz) Warburg impedance tail can be attributed to bulk diffusional effects in nano-Si. This includes the diffusion of salt in the electrolyte and lithium in the nano-Si/C electrodes25. We observe that the biggest change occurs in impedance between the 1st and the 5th cycle. The change in impedance hereafter (from 5% cycle to 9th cycle) is relatively less pronounced, confirming that the anode tends to stabilize as it is repeatedly cycled.

The ability to mitigate the volume expansion related effects is due to the ability to produce a highly porous interconnected 3D network of nano-Si. This is achieved via the addition of a relatively large amount of NaCl, which serves to absorb the large amount of heat generated in this highly exothermic Mg reduction, as in Eq. 1.

\[
Mg(g) + SiO_2 \rightarrow Si(l) + MgO (s)
\]

\[
Mg(g) + Si(l) \rightarrow Mg_2Si(s)
\]

Mg reduction evolves a large amount of heat that can cause local melting of Si and, consequently, aggregation of nano-Si particles (Mg: AH = -586.7 kJ/mol)26. However, by surrounding the milled quartz particles with a large amount of NaCl (AHfusion = 28.8 kJ/mol) the heat is used in the fusion of NaCl rather than in the fusion of Si. Additionally, NaCl is a highly abundant, low cost, and environmentally benign salt that can be subsequently recycled for further reductions. We also observe that the addition of NaCl also serves to reduce the presence of Mg2Si, an unwanted product that can result from excess Mg alloying with Si, as in Eq. 2. Etching of this silicide with HCl produces silane, which is a highly toxic and pyrophoric gas. The presence of Mg2Si also reduces the overall yield of the reduction process.

In conclusion, we have demonstrated a highly scalable, cheap, and environmentally benign synthesis route for producing nano-Si with outstanding electrochemical performance over 1000 cycles. The outstanding performance of the nano-Si/C electrodes can be attributed to a number of factors including the highly porous interconnected 3D network of nano-Si, the conformal 4 nm C-coating, and the use of PAA as an effective binder for C and Si electrodes. Nano-Si/C electrode fabrication follows conventional slurry-based methods utilized in industry and offers a promising avenue for production of low cost and high-performance Si-based anodes for portable electronics and electric vehicle applications.

**Methods**

**Synthesis of Nano-Si.** Collected sand was first calcined at 900 °C to burn off organic impurities. The sand was wet etched in 1 M HCl for 1 hour, 49% HF for 24 h, and then alkaline etched in 1 M NaOH. DI water washing was used after each step to remove previous etchant solution. Purified sand was hand-milled in an alumina mortar for several minutes, ultrasonicated for 1 h, and then left to settle for 3 h. Suspended particles in solution were collected and allowed to dry at 110 °C under vacuum for 4 h, while larger settled particles were later re-milled. Dried quartz powder was milled in alumina mortar with NaCl (Fisher, molecular biology grade) in a 1:10 SiO2:NaCl weight ratio. The SiO2:NaCl powder was added to DI water, vigorously stirred and ultrasonicated for 4 h, and then dried overnight at 110 °C under vacuum. Dried SiO2:NaCl powder was then milled with ~50 mesh Mg powder (Sigma-Aldrich) in a 1:0.9 SiO2:Mg ratio. The resultant powder was loaded into Swagelok-type reactors and sealed in an Ar-filled glovebox. Reactors were immediately loaded into a 1” quartz tube furnace (MTI GSL1600X). The furnace was ramped to 700 °C at 5 °C/min−1 and held for 6 h with a 0.472 sccm Ar flow under vacuum. Resultant powders were washed with DI water and EtOH several times to remove NaCl and then etched in 5 M HCl for 12 h to remove Mg2Si and unreacted Mg. Powders were then etched in 10% HF to remove unreacted SiO2, washed several times with DI and EtOH, and then dried.

**Preparation of Electrodes.** To increase conductivity, nano-Si powder was loaded into a quartz boat and placed in a 1” quartz tube furnace. Under ambient pressure, the system was heated to 950 °C in 25 min under a flow of Ar and H2. At 950 °C, Si,H2 was introduced and kept on for 20 min to produce a 4 nm C-coating. C-coated nano-Si powder was mixed with acetylene black and PAA (Sigma-Aldrich) in a 1:2 weight ratio, spread onto copper foils, and dried for 4 h. The mass loading density was 0.5–1.0 mgcm−2.

**Electrochemical Characterization.** Electrochemical performance of electrodes was characterized vs. Li using CR2032 coin cells with an electrolyte comprising 1 M LiPF6 in ethylene carbonate and diethyl carbonate (EC:DEC = 1:1, v/v) with a 2% vol. vinylene carbonate (VC) additive for improved cycle life. Cells were assembled in an Ar-filled VAC Omni-lab glovebox. All cells were tested vs. Li from 0.01 to 1.0 V using an Arbin BT2000 at varying current densities. Cyclic voltammetry and electrochemical impedance spectroscopy measurements were conducted on a Biologic VMP3 at a scan rate of 0.02 mVs−1.

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Additional information

Author contributions
Z.F., W.W., M.O. and C.S.O. designed the experiments and wrote the main manuscript. Z.F., W.W., H.H.B., Z.M., K.A. and C.L. worked on materials synthesis, battery fabrication, galvanostatic charge-discharge and electrochemical impedance spectroscopy measurements, and testing at selected C rates. C.S.O. managed the research team. All authors reviewed the manuscript.

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