**Relationships between Viscosity and the Contents of Macromolecular Substances from Milk with Different Storage Styles**

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**Abstract**  
Relationships between viscosity and the contents of macromolecular substances (milk protein, casein, whey protein and milk fat) from raw milk were studied at the temperature of 2-5°C (a storage temperature in a household refrigerator), 10°C and 20°C (a near-room temperature) during milk storage. An approach by means of mathematical models was used in this study to analyze the relationships between the viscosity and the contents of these macromolecular substances from milk at the three temperatures. The results indicated that the milk viscosity initially remained quite steady for a period of time, followed by an increase for a short-period, then a decrease during the subsequent days, and had a sharp rise in the final days at the temperatures of 10°C and 20°C, while the viscosity of milk stored at the temperature of 2-5°C presented a decrease initially and a sharp rise in the final days. Significant correlations were also found between the value of viscosity and the contents of macromolecular substances along with storage time extended at the three temperatures. The correlation models based on the viscosity and the contents of macromolecular substances had good fit with high correlation coefficients (R^2 > 0.8000) and could well explain the relevance of viscosity and the contents of macromolecular substances at a significance level that was less than or equal to 0.0067. Meanwhile, these correlation models contributed to a better understanding of the change of milk system during storage in view of providing tools to develop high quality dairy products with desirable characteristics, and could also be useful in process design and control, as well as quality control and real-time monitoring of deterioration of the raw milk.

**Keywords**  
Milk, Viscosity, Storage Temperature and Time, Macromolecular Substances, Mathematical Models

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**1. Introduction**

Nutrient-rich milk is an excellent source of protein, lipids, lactose, minerals and vitamins [1] and also a natural medium as well as easy to spoilage when in storage. Consumer acceptance of milk is highly depended on its consistency, which requires information about the rheological behaviors. Viscosity, a rheological property, is considered as an important physical characteristic for assessing the quality change of milk during storage [2-4]. Milk viscosity varied in degree of its constituents depending on changes of chemical and physical properties. Milk underwent numerous physical, chemical and biological processes during storage that had influences on its technological properties contributing to change of milk viscosity [5]. In addition, excessively long storage or storage under improper conditions would be the cause of a viscosity change in milk [6].

Variation of milk viscosity during storage is mainly depended on some macromolecular substances including milk protein, casein, whey protein and milk fat content [7-9], but whether the variation continued would be depended firstly on which type of flow conditions of milk was remained. Milk was a kind of known natural oil in water (o/w) emulsion with the milk fat globules acting as the dispersed phase, which was shown to behave as non-Newtonian fluids [10], and that tended to result in a change in milk viscosity when the content of milk fat changed. Also, milk fat changed fastest among all the components, followed by protein [11]. Casein constituted up to 80% of total proteins of milk, and formed colloidal particles known as casein micelles [12]. The stability of casein micelles played a crucial role in the overall properties of milk [13, 14]. Retention of the unique properties of casein complex was a main problem to face the change in milk quality during milk storage [12].

Milk metamorphism was a complex process that could be divided into four stages: including reduction of bacteria, acidogenic fermentation, neutralization and the final stage of decomposition and corruption. The acidic condition of milk stretched the casein molecules into linear form and then intertwined into a network structure in the stage of acidogenic fermentation. Whey proteins were also separated...
from casein curds in this stage. Milk transformed from emulsion to clear liquids at the stage of decomposition and corruption due to the decomposition of casein and fat in milk. Meanwhile, viscosity of milk changed with its components while the essential reasons were that the pH of the milk changed during these stages. Besides, the denatured whey proteins tended to form whey/casein complexes on the basis of the pH of environment and the proximity of available molecules that contributed to viscosity change \(^{15-17}\). Furthermore, milk acidification dissolved colloidal Ca phosphate and increased the Ca\(^{2+}\) activity, which reduced the repulsion among the negatively charged caseins and resulted in an effect on viscosity \(^{13}\).

Based on the importance of viscosity in studying the change of milk constituents, milk was subjected to family storage styles. Measurements of viscosity have been recognized necessary to provide fundamental insights on rheological property of milk. To the knowledge of the authors, few studies have reported the combined effect of the storage temperatures and time on the variation of milk viscosity, as well as the relationships between viscosity and macromolecular substances in milk during the process of milk storage. Therefore, we examined the viscosity and the contents of macromolecular substances from raw milk at the temperature of 2-5\(^{\circ}\)C (a storage temperature in a household refrigerator), 10\(^{\circ}\)C and 20\(^{\circ}\)C (a near-room temperature) during storage and analyzed the relationships between viscosity and macromolecular substances from raw milk in this study. The objective of this work was thus to contribute to a better understanding of the change of milk system during storage in view to provide tools to develop high quality dairy products with desirable characteristics, and this could also be useful in quality control and real-time monitoring of deterioration of the raw milk.

### 2. Materials and Methods

#### 2.1. Samples and Grouping

Representative milk samples without preservative were collected from a healthy adult Chinese Holstein cow in the morning. A total of 145 milk samples were prepared and divided into three groups randomly. The indicators including milk viscosity, milk protein, casein, whey protein and milk fat were measured when the milk samples were stored at temperatures of 2-5\(^{\circ}\)C, 10\(^{\circ}\)C, and 20\(^{\circ}\)C for a specified number of days. Because low temperature was beneficial to maintain the viscosity, indicators were measured once every day at 2-5\(^{\circ}\)C, but three times per day at 10\(^{\circ}\)C and 20\(^{\circ}\)C. Measurement of the three-time interval was prescribed for three hours in one day. Indicators measurements were terminated when milk showed obvious metamorphism, including fat floating, protein sedimentation and coagulation, whey separation, sour, and color-taste-flavor changed.

#### 2.2. Milk Protein and Milk Fat Content Measurements

The contents of milk protein and milk fat (g·100ml\(^{-1}\)) were measured with Lactoscan (MLA50, MCC, Bulgaria). The measurements were conducted at a temperature of 25±3\(^{\circ}\)C.

#### 2.3. Viscosity Measurement

The milk viscosity was measured by a Viscometer (RVDV-II+Pro, Brookfield, Massachusetts, USA) equipped with a thermostatically controlled water. A SC4-27 type rotor with 200rpm rotation speed was chosen. All measurements were conducted at 25±0.1\(^{\circ}\)C. Additionally, milk samples would be shaking gently by the same person when milk was delaminated and deposited slightly for reducing measurement error and maintaining the viscosity not fluctuated.

#### 2.4. Determination of Casein

Milk samples were centrifuged at 2900r/min for 15 mins at room temperature, and the top layer (cream) was removed by scraping, leaving bottom layer behind. 4.0 ml of acetic acid-sodium acetate buffer solution (0.2 mol·l\(^{-1}\), pH4.6) was added into 1.0 ml of bottom liquid with sufficient mixing. The mixture was held for 30 minutes before being centrifuged at 1300r/min for 10 mins. After discarding the supernatant, 1.0 ml of acetic acid-sodium acetate buffer solution was added to the tube. The supernatant was discarded after being centrifuged at 1300 r/min for 10 mins. The sediment was dissolved in sodium hydroxide solution (0.05 mol·l\(^{-1}\)) and diluted to 10 ml in a volumetric flask. 1.0 ml of the above solution was mixed with 4.0 ml of biuret reagent and held for 30 mins before being tested in the spectrophotometer. Finally, the content of casein was calculated according to the standard curve.

#### 2.5. Standard Curve Drawing of Casein

The standard curve was drawn according to Ellman et al. \(^{18}\). The main experimental procedure was as follows: a volume of 0.0, 0.2, 0.4, 0.6, 0.8 and 1.0 ml of casein standard solution (10mg·ml\(^{-1}\), Sigma, USA) was pipetted into a test tube, respectively. If casein standard solution was less than 1 ml, distilled water was added to make the casein standard solution up to 1 ml. 4 ml of biuret reagent was added and incubated for 30 mins at room temperature after well mixed. A UV-Vis spectrophotometer (TU-181, Beijing Purkinje General Instrument Company, China) was used to measure the absorbance value of the solution at 540 nm. A standard curve was drawn with the content of casein as abscissas and the absorbance value as ordinate.

#### 2.6. Whey Protein Calculation

The content of whey protein was calculated as follows:
\[ m_2 = m - m_1 \]

\[ c = \frac{m_2}{V} \]

Where \( c \) was the content of whey protein (g·100ml\(^{-1}\)); \( V \) was the volume of milk sample (100 ml); \( m \) was the mass of milk protein (g); \( m_1 \) was the mass of casein (g); \( m_2 \) was the mass of whey protein (g).

2.7. Statistical Analysis

The analysis of variance (ANOVA) was used to detect differences between mean values of indexes in SPSS (Version 14.0, SPSS Inc.). The models for the relationship between the content of macromolecular substances and milk viscosity were also analyzed by the same software. The goodness of fit of each model was ascertained considering coefficient of determination (R\(^2\)).

3. Results

3.1. Standard Curve for Determination of Casein

The regression equation of standard curve was \( Y = 0.9024X + 0.0267 \) (R\(^2\) = 0.9982; \( Y \), the absorbance values; \( X \), the content of casein standard solution, mg·ml\(^{-1}\)). As seen from Fig. 1, six points were almost collinear, which showed that the standard curve could be used to reflect the content of casein accurately.

3.2. Effect of Storage Time and Temperature on Viscosity

The milk viscosity changed at the three experimental temperatures as storage time extended, and their trends were as follows: the viscosity of milk initially remained quite steady for a period of time, followed by an increase for a short-period, then a decrease during the subsequent days, and had a sharp rise in the final days at the temperatures of 10°C and 20°C. While the viscosity of milk stored at the temperature of 2-5°C presented a decrease initially and a sharp rise in the final days (Table 1). At 2-5°C, the viscosity ranged from 1.00 to 2.63 mpa·s during the first 10 days (Table 1). The value of viscosity fluctuated in the first five days, but did not differ significantly (\( p > 0.05 \)). Viscosity began to present a descending trend after 6 days, reaching the minimum values on the 10th day, and the change of viscosity was significant (\( p < 0.05 \)). The viscosity began to rise again on the 10th day and reached the maximum values of 9.05 mpa·s on the 15th day, which was also significantly greater than that in the first ten days. The standard deviation (SD) was quite large on the 15th day for the reason that obvious inhomogeneity occurred to milk.

Milk samples could be stored in a much shorter period at the temperatures of 10°C and 20°C than that at 2-5°C before they became seriously spoiled. The milk viscosity ranged from 1.39 to 3.47 mpa·s during the first 63 hours when stored at 10°C (Table 1). There was no change in milk viscosity in the first 30 hours, while it increased significantly at the 42nd hour (\( p < 0.05 \)), and then decreased significantly until the 63rd hour when it reached the minimum value (\( p < 0.05 \)), followed by an abrupt increase until it reached the maximum value of 9.17 mpa·s at the 66th hour.

![Figure 1. Standard curve of casein content and absorbance value at 540 nm](image-url)
Table 1. Milk viscosity as affected by storage time at the temperature of 2-5°C, 10°C and 20°C

| Storage Time at 2-5°C (day) | Viscosity±SD (mpa·s) | Storage Time at 10°C (hour) | Viscosity±SD (mpa·s) | Storage Time at 20°C (hour) | Viscosity±SD (mpa·s) |
|-----------------------------|-----------------------|-----------------------------|-----------------------|-----------------------------|-----------------------|
| 0                           | 2.50±0.00b            | 0                           | 2.50±0.00d           | 0                           | 2.5±0.00a            |
| 1                           | 2.50±0.00a            | 3                           | 2.50±0.00d           | 3                           | 2.5±0.00d            |
| 2                           | 2.52±0.04c            | 6                           | 2.50±0.00d           | 6                           | 2.45±0.00d           |
| 3                           | 2.63±0.00b            | 9                           | 2.57±0.02d           | 9                           | 2.65±0.00d           |
| 4                           | 2.57±0.03bc           | 21                          | 2.50±0.00d           | 21                          | 2.55±0.08a           |
| 5                           | 2.36±0.13bc           | 24                          | 2.50±0.00d           | 24                          | 3.11±0.54b           |
| 6                           | 2.24±0.15bc           | 27                          | 2.50±0.00d           | 27                          | 1.41±0.02b           |
| 7                           | 1.70±0.3xbc           | 30                          | 2.50±0.00d           | 30                          | 19.78±4.60b          |
| 8                           | 1.45±0.06bc           | 42                          | 3.47±0.00b           | /                           | /                     |
| 9                           | 1.26±0.01bc           | 45                          | 3.02±0.02bc          | /                           | /                     |
| 10                          | 1.00±0.00b            | 48                          | 2.74±0.04cd          | /                           | /                     |
| 15                          | 9.05±1.98b            | 51                          | 2.30±0.13d           | /                           | /                     |
| /                           | /                     | 63                          | 1.39±0.06d           | /                           | /                     |
| /                           | /                     | 66                          | 9.17±1.44bc          | /                           | /                     |

Note: a, b, c, d, e means with different superscripts were significantly different (P<0.05); “/” represents the milk viscosity was unmeasured at corresponding temperature and time.

Milk samples could be stored in an even shorter period at 20 °C than that at 10 °C. The viscosity ranged from 1.41 to 3.11 mpa·s during the first 27 hours at the temperature of 20°C (Table 1). Viscosity had no change in the first 21 hours (p>0.05), but an increase occurred at the 24th hour (p<0.05), followed insignificantly decreased (p>0.05) for the next 3 hours, and then presented a sharp increase at the 30th hour, reaching the maximum value of 19.78 mpa·s.

Overall, the milk viscosity changed regularly when the temperature changed. The result indicated that deteriorating time of milk could be delayed when milk was stored at a relatively low temperature.

3.3. Relationship between Milk Protein Content and Viscosity during Storage

The models had been proposed to find the relationship between the content of milk protein and viscosity at the temperature of 10°C and 20°C by method of polynomial fitting and model equations were as follows: Equation 1A and Equation 1B. The models had good fit with high correlation coefficients (R² = 0.9158 for 10 °C and 0.9954 for 20 °C). The two models could well explain the relationship between milk protein content and viscosity at a significance level of 0.0001 (Fig. 2A and Fig. 2B).

\[ Y = -4407.78 + 4173.50X - 1314.34X^2 + 137.75X^3 \]  
(Equation 1A)

Where; X= milk protein content (g·100ml⁻¹) at the temperature of 10°C, Y= the value of viscosity (mpa·s).

\[ Y = -29880.81 + 27233.22X - 8262.75X^2 + 834.71X^3 \]  
(Equation 1B)

Where; X= milk protein content (g·100ml⁻¹) at the temperature of 20°C, Y= the value of viscosity (mpa·s).

Note: points in figure showed a certain content of milk protein corresponded to a value of milk viscosity at the same storage temperature and time.

Figure 2. Correlation between milk viscosity and milk protein content during storage. A and B were the correlation between the content of milk protein and viscosity in the temperature of 10°C and 20°C, respectively.
3.4. Relationship between Casein Content and Milk Viscosity during Storage

The models had been proposed to find the relationship between casein content and viscosity at the temperature of 10°C and 20°C by method of Morgan Mercer Florin and model equations were as follows: Equation 2A and Equation 2B. The models had good fit with high correlation coefficients ($R^2 = 0.9777$ and $0.9958$, respectively). And the two models could well explain the relationship between casein content and viscosity at a significance level of 0.0001 (Fig. 3A and Fig. 3B).

\[
Y = \left(8.16 * -57745384.46 + 2.67 * X^{50.84}\right) / \left(-57745384.46 + X^{50.84}\right)
\]  
(Equation 2A)

Where; $X =$ casein content (g·100ml$^{-1}$) at the temperature of 10°C, $Y =$ the value of viscosity (mpa·s).

\[
Y = \left(2.32 * -3.60 + 2.33 * X^{3.58}\right) / \left(-3.60 + X^{3.58}\right)
\]  
(Equation 2B)

Where; $X =$ casein content (g·100ml$^{-1}$) at the temperature of 20°C, $Y =$ the value of viscosity (mpa·s).

Figure 3. Correlation between milk viscosity and casein content during storage. A and B were the correlation between the content of casein and viscosity in the temperature of 10°C and 20°C, respectively.

3.5. Relationship between Whey Protein Content and Milk Viscosity during Storage

The models had been proposed to find the relationship between whey protein content and viscosity at the temperature of 10°C and 20°C and by method of polynomial fitting and model equations were as follows: Equation 3A and Equation 3B. The models had good fit with high correlation coefficients ($R^2 = 0.9399$ and $0.9397$, respectively). And the two models could well explain the relationship between casein content and viscosity at a significance level of 0.0067 (Fig. 4A and Fig. 4B).

\[
Y = -5.97 + 25.72 * X - 23.65 * X^2 + 6.83 * X^3
\]  
(Equation 3A)

Where; $X =$ whey protein content (g·100ml$^{-1}$) at the temperature of 10°C, $Y =$ the value of viscosity (mpa·s).

\[
Y = -15.52 + 65.86 * X - 67.64 * X^2 + 20.47 * X^3
\]  
(Equation 3B)

Where; $X =$ whey protein content (g·100ml$^{-1}$) at the temperature of 20°C, $Y =$ the value of viscosity (mpa·s).

Note: points in figure showed a certain content of casein corresponded to a value of milk viscosity at the same storage temperature and time.

Figure 4. Correlation between milk viscosity and whey protein content during storage. A and B were the correlation between the content of Whey Protein and viscosity in the temperature of 10°C and 20°C, respectively.
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Note: points in figure showed a certain content of milk fat corresponded to a value of milk viscosity at the same storage temperature and time.

Figure 5. Correlation between milk viscosity and milk fat content during storage. A, B and C were the correlation between the content of Whey Protein and viscosity in the temperature of 2-5°C, 10°C and 20°C, respectively.

3.6. Relationship between Milk Fat Content and Milk Viscosity during Storage

The model had been proposed to find the relationship between milk fat content and viscosity at the temperature of 2-5°C, 10°C and 20°C by method of Morgan Mercer Florin and model equations were as follows: Equation 4A, Equation 4B and Equation 4C. The models had good fit with high correlation coefficients ($R^2 = 0.8128, 0.9537$ and 0.9942, respectively). The three models could well explain the relationship between milk fat content and viscosity at a significance level of 0.0061, 0.0001 and 0.0001, respectively (Fig. 5A, Fig. 5B and Fig. 5C).

\[ Y = \frac{(0.87 \cdot 389074292.00 + 2.66 \cdot x^{0.15})}{(389074292.00 + 2.66 \cdot x^{0.15})} \]  
\[ (Equation 4A) \]

Where; \( X \) = milk fat content (g•100ml\(^{-1}\)) at the temperature of 4°C, \( Y \) = the value of viscosity (mpa•s).

\[ Y = \frac{(2.24 \cdot -2.40 + 2.25 \cdot x^{0.88})}{(-2.40 + x^{0.88})} \]  
\[ (Equation 4B) \]

Where; \( X \) = milk fat content (g•100ml\(^{-1}\)) at the temperature of 10°C, \( Y \) = the value of viscosity (mpa•s).

\[ Y = \frac{(2.46 \cdot -4.88 + 2.45 \cdot x^{2.62})}{(-4.88 + x^{2.62})} \]  
\[ (Equation 4C) \]

Where; \( X \) = milk fat content (g•100ml\(^{-1}\)) at the temperature of 20°C, \( Y \) = the value of viscosity (mpa•s).

4. Discussion

4.1. Analysis of Viscosity Change

Several physicochemical changes occurred in milk along with storing time lengthening on account of the growth of bacteria. Spherical caseins exhibited a strong tendency to self-assemble into linear casein during the process of milk acidification. The denatured whey proteins, being more susceptible to associate with casein micelles, aggregated due to the reduction of their repulsive charge and acted as bridging material among casein micelles. All of these could lead to an increase in milk viscosity [17]. However, viscosity decreased because of the continuing proteolysis and the growth of mold in the process of neutralization stage of milk deterioration. As duration lengthened, milk protein interacted with calcium phosphate to form hydrated protein that caused a rapid recovery in viscosity [19]. Together, the milk viscosity experienced a trend of increase-decrease-highest at the temperature of 10°C and 20°C. It was noteworthy that the milk viscosity at 2-5°C only
experienced a trend of decrease-highest because a lower temperature was beneficial to maintain little change in the viscosity.

4.2. Effect of Storage Temperature and Time on Viscosity

In this study, the milk viscosity began to increase on the third day (about 48 hours later) at the temperature of 2-5°C, while timing of the increase in viscosity appeared at the 42nd hour and 24th hour at the temperature of 10°C and 20°C. It showed that a lower temperature could postpone the time for viscosity change. The reason for that would be the lower temperature helped to maintain water retention ability of macromolecular substances in milk.

Viscosity remained quite steady at the 42nd hour at the temperature of 10°C, while obvious change appeared at the same time in the temperature of 20°C for the reason that a lower temperature condition was the key factor to result in the recovery of viscosity. It was also the reason that the models between viscosity and macromolecular substances including milk protein, casein and whey protein were established difficultly in the temperature of 2-5°C [20, 21].

The viscosity of milk remained relatively stable when deterioration in milk quality not occurred because milk fat particles and milk protein micelles distributed uniformly. While viscosity increased because casein denatured and then stretched to linear form when a large amount of lactic acid produced during the follow-up period [5, 19]. After that, small amounts of curd floated on the top of the milk, and milk was delaminated and deposited slightly though milk samples shook and would maintain the viscosity not fluctuated. Milk presented a change visible with the naked eye after the value had increased because the protein primary structure could cause a change in viscosity during the process of deterioration of milk [9, 26]. And the exponential models with high value of R² (R²>0.8000) were the best to predict the dependency of viscosity upon the content of macromolecular substances. So mathematical models could well reflect the relationships between viscosity and macromolecular substances from milk and explain the mechanism of period of deterioration of milk. The models were perhaps the most widely employed model for non-Newtonian liquids and were used extensively to describe the flow properties of liquids in theoretical analysis as well as in practical engineering applications.

5. Conclusions

The relationships between the viscosity and the contents of macromolecular substances from milk were described in the temperature of 2-5°C, 10°C and 20°C in the process of storage. In light of the result, milk viscosity experienced a trend of increase-decrease-highest at the temperature of 10°C and 20°C in stage of the experimental storage. At 2-5°C, milk viscosity only experienced a trend of decrease-highest. The correlation models based on the viscosity and the contents of macromolecular substances had good fit with high correlation coefficients (R²>0.8000). 8 models that had been established could well explain the relationships between the viscosity and the contents of macromolecular substances at a significance level which was less than or equal to 0.0067, which contributed to a better understanding of the change of milk system during storage in view to provide tools to develop high quality dairy products with desirable characteristics, and could also be useful in quality control and real-time monitoring of deterioration of the raw milk.

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