Pathological Diversity of Gastric Cancer from the Viewpoint of Background Condition

Hiroyuki Abe  Tetsuo Ushiku

Department of Pathology, Graduate School of Medicine, The University of Tokyo, Tokyo, Japan

Abstract

Background: The prevalence of Helicobacter pylori infection and chronic atrophic gastritis is decreasing in Japan, which has led to a decline in the incidence of gastric cancer. However, there are various subtypes of gastric cancer that arise from the background mucosa without H. pylori infection, and their histological characteristics are distinct from those of gastric cancer with chronic atrophic gastritis. Summary: In this review, after a brief overview of conventional gastric carcinoma with H. pylori infection, including its molecular classification, histological characteristics of gastric cancer after eradicating H. pylori are described. The clinicopathological characteristics of gastric cancer independent of H. pylori infection are then explained. Autoimmune gastritis (type A gastritis) increases the risk of gastric adenocarcinoma and neuroendocrine tumors. Gastric carcinoma without H. pylori infection has various histological subtypes, including fundic gland-type adenocarcinoma (oxyntic gland adenoma), foveolar-type adenocarcinoma/adenoma, signet ring cell carcinoma, and adenocarcinoma of the esophagogastric junction. In addition, some familial gastric cancer syndromes, including hereditary diffuse gastric cancer, familial adenomatous polyposis, and gastric adenocarcinoma and proximal polypsis of the stomach, are also discussed. Key Messages: Although the incidence of gastric cancer will decrease in the near future, the diversity of gastric cancer pathology will be enhanced because H. pylori-negative gastric cancer will have a significant impact on the clinical practice guidelines for gastric cancer. Gastroenterologists and pathologists should be aware of the morphological diversity of H. pylori-negative gastric cancer, and attention should be paid to the status of the background gastric mucosa while examining gastric cancer.

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Introduction

Helicobacter pylori infection is a strong risk factor for gastric cancer, and most gastric cancers arise from the mucosa with chronic atrophic gastritis induced by H. pylori infection. However, the prevalence of H. pylori infection in Japan is decreasing, especially in the younger gen-
Gastric Carcinoma Arising from *H. pylori*-Infected Gastric Mucosa

Most gastric carcinomas arise from chronic gastritis and intestinal metaplasia (IM) induced by *H. pylori* infection. Histological diversity was observed even within carcinoma with *H. pylori* infection. According to Laurén’s classification [2], gastric cancer is classified into intestinal, diffuse, and mixed types. Japanese classification of gastric carcinoma proposed by the Japanese Gastric Cancer Association defines 5 common types (papillary adenocarcinoma, tubular adenocarcinoma, poorly differentiated adenocarcinoma, signet ring cell carcinoma, and mucinous carcinoma) and various special types [3]. The WHO classification of tumors (5th edition) includes tubular adenocarcinoma, papillary adenocarcinoma, poorly cohesive carcinoma (including signet ring cell carcinoma and other subtypes), mucinous adenocarcinoma, and mixed adenocarcinoma [4]. Gastric carcinoma with *H. pylori* infection could show various histological types of these classifications.

In 2014, the Cancer Genome Atlas Research Network proposed 4 molecular subtypes of gastric cancer (tumors with chromosomal instability [CIN], genomically stable tumors [GS], microsatellite unstable tumors [MSI], and tumors positive for Epstein-Barr virus [EBV]) [5]. Histologically, CIN is enriched with the intestinal-type Laurén’s classification (Fig. 1a, b), while GS usually shows diffuse-type histology (Fig. 1c, d). MSI shows a hypermethylation phenotype with deficient mismatch repair protein expression, which can be detected by immunohistochemistry (Fig. 1e, f). Most MSI tumors are sporadic and harbor promoter deoxynucleobase acid (DNA) methylation of the MLH1 gene, while some MSI tumors are hereditary (Lynch syndrome) with germline pathogenic variants in mismatch repair genes. Most gastric carcinomas in patients with Lynch syndrome develop from gastric mucosa with chronic atrophic gastritis, similar to sporadic cases [6]. EBV tumors harbor EBV in each tumor cell, which can be detected with Epstein-Barr encoded small RNA-in situ hybridization (Fig. 1g). EBV tumors show a hypermethylated epigenotype with genome-wide DNA methylation [7]. However, DNA methylation is not a random process, and the MLH1 gene is not methylated in EBV tumors; thus, MSI and EBV infection are mutually exclusive. Although EBV infection plays a crucial role in the carcinogenesis of EBV tumors, most EBV tumors arise from chronic atrophic gastritis with *H. pylori* infection, which suggests that chronic inflammation in the gastric mucosa is necessary to establish EBV infection in gastric epithelial cells [8]. Because EBV-infected early gastric carcinoma (pT1) has low incidence of lymph node metastasis, expanding indication for endoscopic submucosal dissection might be considered for EBV-infected carcinomas [9, 10]. Both MSI and EBV tumors have dense lymphocytic infiltration within the tumor (hot antitumor immunity in the tumor microenvironment) and are sensitive to immune checkpoint therapy [11].

![Fig. 1](image_url). Gastric adenocarcinoma with *H. pylori* infection. **a**, **b** Well-differentiated tubular adenocarcinoma. In low-power view (a), the tumor is well defined. In high-power view (b), well-formed glands are noted. The chromosomal instability molecular subtype is common in such a histology. **c**, **d** Poorly differentiated adenocarcinoma. In low-power view (c), the tumor boundary is unclear. In high-power view (d), poorly cohesive carcinoma cells have diffusely invaded the gastric wall with prominent fibrous stroma. The genotypically stable molecular subtype is common in this histology. **e** Tumors with microsatellite instability. Prominent intratumoral lymphocytic infiltration is noted. **f** Immunohistochemistry of MLH1 in the same tumor as (e). Expression of MLH1 is lost in tumor cells. Lymphocytes in the stroma are positive for MLH1 and served as internal controls. **g** Tumors positive for Epstein-Barr virus. The tumor located in the mucosa and irregularly fused glands are noted. The morphological pattern is called as “lace-pattern.” In the tumor glands and stroma, conspicuous lymphocytic infiltration is noted. Each tumor cell is positive for Epstein-Barr encoded small RNA-in situ hybridization (inset). **h** Well-differentiated intramucosal adenocarcinoma after *H. pylori* eradication. The surface is covered by epithelium with low-grade atypia (white arrowhead) and nonneoplastic epithelia (black arrowhead). (For figure see next page.)
Gastric Carcinoma after Eradicating H. pylori

Although eradicating H. pylori reduces the risk of gastric cancer, detection of gastric cancer in follow-up gastroscopy after eradication is common. These carcinomas might be present before eradication and remain undetected because of their small size or may develop after eradication. Histological characteristics are similar to those of carcinoma with H. pylori infection. However, in intramucosal carcinoma with the histology of intestinal-type Lauren’s classification, the surface of the carcinoma is frequently covered by epithelial cells with weak nuclear atypia, which is called “epithelium with low-grade atypia” [12] or “nonneoplastic epithelia” [13] (Fig. 1h). Carcinoma covered with epithelium with low-grade atypia or nonneoplastic epithelia might be challenging to detect endoscopically because surface differentiation of early gastric cancer induces “gastritis-like appearance” by magnifying narrow-band imaging endoscopy, which was characterized by uniform papillae and tubular pits bordered by a whitish backward scattering and regular or faint microvessels. Because these features resembled surrounding nonneoplastic mucosa, the lesions displayed unclear demarcation [14]. Endoscopists should be aware of the endoscopic and histological changes in gastric carcinoma after eradicating H. pylori.

Gastric Carcinoma with Autoimmune Atrophic Gastritis

Chronic autoimmune gastritis (AIG), also known as type A gastritis, was proposed by Strickland and Mackay [15] and characterized by atrophy and metaplasia in the body and fundus of the stomach, in contrast to H. pylori gastritis (type B gastritis), which induces atrophy predominantly in the antrum. Chronic autoimmune inflammation induces loss of parietal cells and chief cells in the fundic glands. They are replaced by goblet cells (IM), pyloric glands without pepsinogen-I expression, or pseudo-pyloric glands with pepsinogen-I expression. Some researchers call pyloric/pseudo-pyloric gland metaplasia as spasmolytic polypeptide-expressing metaplasia (SPEM), which is characterized by trefoil factor family 2 expression. However, SPEM is originally proposed in animal models, and pyloric/pseudo-pyloric gland metaplasia does not always express trefoil factor family 2 [16]. IM and pyloric/pseudo-pyloric gland metaplasia in the stomach induce a reduction in vitamin B12 absorption and pernicious anemia [17].

In patients with AIG, the risk of adenocarcinoma and neuroendocrine tumors is higher than that in the general population. Intestinal-type adenocarcinoma usually develops in the background atrophic mucosa with metaplasia, including both IM and SPEM [17]. A systematic review demonstrated that the incidence of gastric cancer in pernicious anemia is 0.27% per person-years, with an approximate 7-fold relative risk of gastric cancer in patients with pernicious anemia [18]. Concurrent H. pylori infection may increase the risk of cancer.

Neuroendocrine tumors in the stomach are classified into 3 subtypes which have distinct background conditions and clinicopathological features [19]. Neuroendocrine tumor in the background of AIG is classified as type I. AIG upregulates gastrin production by G cells in the antrum due to the loss of parietal cells and decreased acid secretion. Gastrin stimulates enterochromaffin-like cells in the body and fundus of the stomach and promotes enterochromaffin-like cell proliferation. Neuroendocrine tumors in the stomach are classified as type I tumors. Type I neuroendocrine tumors are thought to have low malignant potential and disorderly arrangement. e, f Signet ring cell carcinoma. In low-power view (e), tumor cells proliferate in the mucosa (arrowheads). Background mucosa is composed of fundic glands without intestinal metaplasia. In high-power view (f), poorly cohesive carcinoma cells with prominent mucus and eccentric nuclei are observed near the proliferative zone of fundic gland mucosa. g, h Fundic gland polyp with dysplasia in a patient with familial adenomatous polyposis. In low-power view (g), proliferation of slightly dilated fundic glands is noted, which are covered by the foveolar epithelium. In high-power view, the surface foveolar epithelium is a disordered arrangement with large hyperchromatic nuclei. a–h Hematoxylin and eosin stain.

For figure see next page.)

Fig. 2. Gastric adenocarcinoma without H. pylori infection. a Low-power view of adenocarcinoma of the fundic gland type. Irregular fused glands are observed on the right. b High-power view of adenocarcinoma of the fundic gland type. The nuclei show a uniform small round shape; however, the density of the nuclei is high. The cytoplasm is a little basophilic. Tumor cells are positive for MUC6 (left inset) and pepsinogen-I (right inset). c Low-power view of foveolar adenocarcinoma (raspberry-type). A protruding mass is formed from the fundic gland mucosa without atrophy. Congestion is noted in the stroma, which appears reddish endoscopically. d High-power view of raspberry-type adenocarcinoma. Surface foveolar epithelium has enlarged nuclei with condensed chromatin.
tential compared with type II (neuroendocrine tumors induced by gastrinoma) or type III (sporadic neuroendocrine tumors without hypergastrinemia) [20].

Gastric Carcinoma Arising from Mucosa without H. pylori Infection

In this section, gastric mucosa without H. pylori infection indicates no history of present or past H. pylori infection, and the gastric mucosa is well preserved without atrophic gastritis or IM. Although these carcinomas are relatively rare compared with H. pylori-related gastric carcinomas, various histological types of carcinomas have been proposed to date. Most of them showed a gastric-type mucin phenotype.

Adenocarcinoma of Fundic Gland Type/Oxyntic Gland Adenoma

Adenocarcinoma of fundic gland type (FGA)/oxyntic gland adenoma is a well-differentiated adenocarcinoma comprising pale gray-blue, basophilic columnar cells with mild nuclear atypia and irregularly fused glands (Fig. 2a, b). Carcinoma cells usually express MUC6 and pepsinogen-I diffusely and H+K+ ATPase focally, exhibiting differentiation predominantly toward chief cells and focally toward parietal cells. FGA is usually located in the upper third of the stomach and shows superficial depressed (0–IIc) or superficial elevated (0–IIa) gross type [21]. FGA is a less-aggressive neoplasm, although invasion into the submucosa is not rare. Invasion into the muscular layer or subserosa and metastases to the lymph nodes are extremely rare, but 1 case of advanced gastric cancer was reported in which FGA gradually transitioned into irregular tubules and small clusters with invasion into subserosa and metastasis to the regional lymph node [22]. In some cases, carcinoma cells differentiate into foveolar epithelium or mucous neck cells and/or high-grade nuclear or architectural abnormalities. These tumors are called as “fundic gland mucosal type,” which was originally proposed in the Japanese literature by Tanabe and colleagues in 2015. In such cases, tumors are thought to have relatively high malignant potential [23].

Foveolar-Type Adenocarcinoma/Adenoma

Neoplasms showing foveolar differentiation in the gastric mucosa without H. pylori infection are classified into 3 subtypes: whitish flat-elevated type, raspberry-like appearance type, and foveolar-type adenoma in the fundic gland polyp. Endoscopically, the whitish flat-elevated type is observed as a laterally spreading lesion with a whitish appearance. Histologically, the tumor has villous or papillary structures comprising dysplastic columnar cells with clear cytoplasm. When nuclear atypia is minimal, it is challenging to differentiate foveolar-type adenocarcinoma from foveolar-type hyperplastic polyps. However, hyperplastic polyps usually arise from the background mucosa with chronic gastritis and H. pylori infection. Immunohistochemistry showed that the surface of the tumor was positive for MUC5AC, whereas the deeper area of the mucosa was positive for MUC6. Pepsinogen-I and MUC2 were negative [24].

The raspberry-like appearance type is more common than the whitish flat-elevated type. Endoscopically, the tumor presents as small reddish protrusions with a fine granular surface, showing a raspberry-like appearance. These neoplasms are located predominantly in the upper or middle part of the stomach, without a present or past history of H. pylori infection. Histologically, tumor cells showed differentiation toward the foveolar epithelium and formed irregular glands or papillary structures (Fig. 2c, d). Cell density increased, and the nuclei showed loss of polarity; however, no stromal invasion was identified [25]. Immunohistochemically, tumor cells were positive for MUC5AC and negative for MUC6, MUC2, or CD10. Although the Ki67 index was relatively high, p53-positive cells were scattered in the tumor (wild-type pattern) [26]. Although some reports describe these neoplasms as adenocarcinoma, some authors describe these neoplasms as “adenoma” because of their low malignant potential [27].

Foveolar-type adenoma in the fundic gland polyp is frequently observed in patients with familial adenomatous polyposis or gastric adenocarcinoma and proximal polyposis of the stomach and discussed later in the section of hereditary cancer syndromes. Although extremely rare, sporadic cases are occasionally experienced, none of which is reported to progress to gastric cancer [28].

Signet Ring Cell Carcinoma

Signet ring cell carcinoma is one of the most frequent histological types of H. pylori-negative early gastric cancer [24, 29]. Endoscopically, signet ring cell carcinoma is a whitish lesion with a slightly depressed appearance (type 0–IIC). Signet ring cells have rich cytoplasmic mucin and small eccentric nuclei (Fig. 2e, f). In its early stage, signet ring cells proliferate predominantly in the proliferative zone (near the mucous neck cells) of the gastric mucosa. After progression, carcinoma cells spread through the full thickness of the mucosal layer and finally invade the submucosa and deeper areas as diffuse-type
gastric cancer. Signet ring cell carcinoma of an *H. pylori*-negative stomach is less aggressive than that of an *H. pylori*-positive stomach because in *H. pylori*-negative cases, carcinoma cells are frequently confined to the proliferative layer and show low proliferative activity [30].

**Adenocarcinoma in the Esophagogastric Junction**

Atrophic gastritis caused by *H. pylori* usually spreads from the antrum to the body of the stomach. Gastric cardia is least frequently affected by atrophic gastritis and IM. A previous study demonstrated that esophagogastric junction adenocarcinoma is less frequently associated with *H. pylori* infection and atrophic gastritis compared with adenocarcinoma of the distal stomach, although historically, the intestinal-type Laurén’s classification is more common in the esophagogastric junction [31]. In addition, adenocarcinoma of the esophagogastric junction frequently shows the gastric mucin phenotype compared with distal gastric cancer [32]. These observations suggest that some esophagogastric junction adenocarcinomas, such as Barrett’s adenocarcinoma of the esophagus, are independent of *H. pylori* infection or atrophic gastritis. As gastroesophageal reflux disease and Barrett’s esophagus are increasing due to a decrease in *H. pylori* infection and a westernized lifestyle in Japan, esophagogastric junction adenocarcinoma is thought to increase in the near future [33].

**Gastric Carcinoma with Hereditary Cancer Syndromes**

Some hereditary cancer syndromes induce gastric cancer in younger patients without *H. pylori* infection. In this section, certain familial gastric cancer syndromes are described.

**Hereditary Diffuse Gastric Cancer**

HDGC is characterized by a high risk of developing diffuse-type gastric cancer. In the clinical diagnostic criteria, family history or carcinoma developed in younger patients is emphasized. In 30–50% of the patients, germ-line pathogenic variants of *CDH1*, which encodes E-cadherin protein, were detected. Histological evaluation of the resected stomach revealed multiple signet ring cell carcinomas or poorly differentiated adenocarcinomas in the mucosal layer. Most carcinomas arise from the fundic gland mucosa; however, some originate from the pyloric gland mucosa. Immunohistochemically, carcinoma cells show complete loss or reduction in E-cadherin expression [34]. In patients with HDGC, signet ring cells sometimes proliferate within the basement membrane with replacement of the gastric epithelium or pagetoid spread beneath the gastric epithelial cells, which is called signet ring cell carcinoma in situ. The lesion is thought to be a precursor of signet ring cell carcinoma; however, in situ signet ring cells are not detected in cases of sporadic signet ring cell carcinoma [35].

**Familial Adenomatous Polyposis**

FAP is inherited in an autosomal dominant fashion and is caused by the germline pathogenic variant of the *adenomatous polyposis coli (APC)* gene, resulting in adenomatous polyposis of the colon and a high risk of colorectal cancer. In patients with FAP, numerous fundic gland polyps develop in the proximal stomach, some of which may show low-grade dysplasia (Fig. 2g, h). Although fundic gland polyposis is observed in non-FAP patients using proton pump inhibitors, no APC gene mutation is observed, and dysplasia is not associated with these sporadic polyps. Pyloric gland adenomas have also developed in FAP. Intestinal-type tubular adenomas are rare in Western countries but more common in Asian countries, probably due to *H. pylori* infection [36]. In fact, several studies reported that atrophic gastritis is a main risk factor of gastric adenoma/carcinoma in FAP patients [37–39]. The risk of gastric adenocarcinoma is also increased in patients with FAP, especially those with a large number of polyps (carpeting polyps) or larger polyps [40].

**Gastric Adenocarcinoma and Proximal Polyposis of the Stomach**

GAPPS is a rare hereditary cancer syndrome characterized by a carpet of >100 polyps in the body or fundus of the stomach with antral sparing. However, no colorectal polyposis is observed in GAPPS. In addition to multiple fundic gland polyps, hyperproliferative aberrant pits, in which disorganized proliferation of specialized/oxyntic glands is high in the mucosa involving the attenuated foveal region around the gastric pits, forming a polypoid lesion, are frequently observed in GAPPS. Neoplasms such as adenoma, flat dysplasia, or tubular adenocarcinoma may develop in GAPPS. All neoplastic lesions showed a morphologically and immunohistochemically gastric phenotype (positive for MUC5AC). Recently, the pathogenic variant of promoter 1B of the *APC* gene, which decreases the expression of the *APC* gene, was reported in GAPPS [41]. As promoter 1A, an alternative promoter for promoter 1B of the *APC* gene, is inactivated by methylation in the gastric mucosa but not in the colonic mucosa, colonic polyposis is not observed in GAPPS [42].
Conclusion

A recent drastic decrease in the prevalence of *H. pylori* infection in Japan and other developed countries will change the landscape of gastric cancer morphology. Although gastric carcinomas without *H. pylori* infection are a rare neoplasm compared with *H. pylori*-positive “conventional” gastric cancer, endoscopists and pathologists should get familiar with the various characteristics of gastric cancer that develop from *H. pylori*-negative gastric mucosa.

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Conflict of Interest Statement

The authors have no conflicts of interest to declare.

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Author Contributions

H.A. wrote the manuscript. T.U. critically read the manuscript and gave some advice. All authors read and approved the final version of the manuscript.

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