Endovascular Management of Intracranial Dural AVFs: Transvenous Approach

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ABSTRACT

SUMMARY: In this third review article on the endovascular management of intracranial dural AVFs, we discuss transvenous embolization approaches. Transvenous embolization is increasingly popular and now the first-line approach for ventral dural AVFs involving the cavernous sinus and hypoglossal canal. In addition, transvenous embolization is increasingly used in lateral epidural AVFs in high-risk locations such as the petrous and ethmoid regions. The advantage of transvenous embolization in these locations is the ability to retrogradely embolize the draining vein and fistula while reducing the risk of ischemic cranial neuropathy or brain parenchymal infarction commonly feared from a transarterial approach. By means of coils ± ethylene-vinyl alcohol copolymer, transvenous embolization can achieve angiographic cure rates of 80%–90% in ventral locations. Potential complications include transient cranial neuropathy, neurologic deterioration due to venous outflow obstruction, and perforation while navigating pial veins. Transvenous embolization should be considered when dural AVFs arise in proximity to the vasa nervosum or extradural-extracranial anastomoses.

ABBREVIATIONS: CCF = carotid cavernous fistula; dAVF = dural AVF; ECA = external carotid artery; EC-IC = external carotid to internal carotid; EVOH = ethylene-vinyl alcohol copolymer; IPS = inferior petrosal sinus; JR-NET3 = Japanese Registry of Neuro Endovascular Therapy; RPC = reverse pressure cooker; TAE = transarterial embolization; TVE = transvenous embolization

In this third review article on the endovascular management of intracranial dural AVFs (dAVFs), we discuss transvenous approaches. Transvenous embolization (TVE) is an increasingly popular approach for the treatment of intracranial dAVFs and the preferred approach for ventral skull base locations due to the risk of cranial neuropathy from arterial approaches.1,2 Treatment goals, favorable anatomic locations, technical approaches, alternative access strategies, outcomes, and complications are discussed in this review.

REVIEW ARTICLE

Treatment Goals

As with all treatment approaches to intracranial dAVFs, the clinical goal of TVE is to reduce the risk of future hemorrhage or non-hemorrhagic neurologic deficits (see the first article in this series on Principles). Therefore, disconnection of dangerous cortical venous reflux is more important than angiographic cure of the dAVF. In selected low-risk benign dAVFs (Borden I/Cognard I), the clinical goal is, instead, to ameliorate disabling symptoms such as intractable pulsatile tinnitus.

TVE can be considered analogous to microsurgical disconnection for dAVFs in that the angiographic goal is to follow the proximal venous course and occlude the proximal aspect of the draining vein or sinus, ie, the “foot” of the vein.3 By means of a retrograde approach to the fistulous point, TVE with ethylene-vinyl alcohol copolymer (EVOH) and/or coils can occlude the foot of the draining vein and the fistulous point in situations in which transarterial embolization (TAE) is technically difficult or dangerous.4 Also analogous to microsurgery,3,5 disconnection of cortical venous reflux can downstage the dAVF from an aggressive to a benign lesion.

Indications

TVE is indicated for dAVFs in which TAE approaches are associated with a moderate risk of the following:

1. Ischemic cranial neuropathy due to adjacent vasa nervosum

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Ventral locations for which TVE is now the most common approach include the cavernous sinus and ventral aspect of the foramen magnum (eg, hypoglossal canal). An example of a TVE for a hypoglossal canal dAVF is demonstrated in Fig 1.

Carotid-cavernous fistulas (CCFs) can be divided into direct (Barrow classification type A) and indirect (Barrow B–D) types. Direct CCFs involve a single-hole high-flow communication between the cavernous ICA and the cavernous sinus, occurring after trauma or dissection. Indirect CCFs are multi-hole dAVFs that drain into the cavernous sinus and are, therefore, analogous to other dAVFs being considered in this series of articles. Direct CCFs represent a different type of disease than other dAVFs, and their management lies beyond the scope of this article but has been well-described. The endovascular treatment of indirect CCFs (Barrow B–D), historically undertaken using TAE, has evolved with TVE now the established first-line approach. A sample case of TVE for bilateral indirect CCFs is demonstrated in Fig 2.

Petros dAVFs, though lateral epidural in location, also pose a potential risk of facial nerve palsy during TAE because they receive at least partial arterial supply from vessels that form the facial nerve arterial arcade. Petrous dAVFs can be treated via TAE, TVE, or microsurgical disconnection, with the proximity of the fistulous point to the facial arcade being the primary consideration. TVE and microsurgical disconnection for petrous dAVFs both aim to occlude the draining superior petrosal vein of Dandy. A sample case of TVE for a petrous dAVF with proximity to the facial arcade is demonstrated in Fig 3.

Ethmoidal dAVFs, embryologically also classified as lateral epidural shunts, pose a risk of retinal artery occlusion during TAE due to their supply via the ethmoidal branches of the ophthalmic artery. Additionally, the tortuosity and small caliber of the ethmoidal arteries can hinder distal microcatheter access. Ethmoidal dAVFs are surgically accessible by an anterior cranial fossa approach, and this approach is typically the primary treatment. However, TVE is increasingly used as an alternative to craniotomy, with recent evidence that TVE has a significantly improved cure rate compared with TAE with low complication rates.

Other lateral epidural shunts that can be approached with TVE include falcotentorial dAVFs, which are often supplied by small-caliber arterial feeders from the ICA (meningohypophyseal trunk branches) and posterior circulation (posterior meningeal artery, artery of Davidoff and Schechter), which make TAE approaches more complicated.
Another dorsal epidural location that can be considered for TVE includes the superior sagittal sinus, which can receive extensive bilateral arterial feeders converging on a long segment of the sinus, rendering TAE more difficult. If the healthy brain is not dependent on that segment of the sinus, as is typical due to the high-flow nature of the dAVF, transvenous sacrifice of the sinus segment can be curative.25

Technical Approaches. Technical approaches for TVE include the following:
1. Coil occlusion
2. EVOH (± coil) occlusion
3. Reverse pressure cooker (RPC) technique
4. Reverse dual-lumen balloon microcatheter.

As a general principle of TVE, arterial access is also required to obtain intraprocedural angiography and roadmap guidance. This is because venography alone will not visualize the fistulous points and will be unable to determine whether the embolization has been successful in obliterating the dAVF.

**Coil Occlusion**
TVE using coil occlusion of the draining sinus has been used since the 1990s and is still a common approach for indirect CCFs and transverse-sigmoid sinus dAVFs.10,15,19,20 The technique involves transvenous placement of a guide catheter in the ipsilateral jugular vein, construction of a coiled coil mass with the aim of inducing complete thrombosis of the sinus (Fig 2).19 Due to the extensive number of coils required and associated financial costs, the use of pushable or fibered coils is described.25

Successful obliteration rate for indirect CCFs using TVE with coils alone was reported as 87% in a large multicenter series of 267 patients, identifying a lower complication rate using coils alone compared with other embolic agents.26 In a series of anterior condylar dAVFs, TVE with coils resulted in a cure in 9 of 14 cases.23

**EVOH Occlusion**
EVOH is increasingly popular because it can be used to progressively occlude the proximal aspect of the draining vein and fistulous points in a controlled fashion, resulting in higher rates of

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**FIG 2.** Bilateral indirect CCFs treated with transvenous embolization via right inferior petrosal sinus and left facial vein approaches. A, A 64-year-old woman presented with right-sided ptosis and loss of vision, investigated with a TOF-MRA that demonstrates arterialization of the bilateral superior ophthalmic veins (white arrowheads). B, Frontal-projection left ECA angiography demonstrates an indirect CCF with supply from dural branches of the bilateral ECAs and ICAs, with the right cavernous sinus opacifying earlier than the left (white arrows) and reflux into the bilateral superior ophthalmic veins (white arrowheads). C, Transvenous treatment fluoroscopy in a frontal projection shows positioning of a 6F Envoy catheter (Cordis) (black arrow) into the proximal right inferior petrosal sinus, with an Excelsior SL-10 microcatheter (Stryker) advanced into the right cavernous sinus. Subsequent coil embolization of the proximal right superior ophthalmic vein, right cavernous sinus, and medial left cavernous sinus through the intercavernous sinus was followed by injection of 33% glue (Glubran n-BCA; Gem Italy) in Lipiodol (Guerbet) into the right-sided coil mass. There was resolution of the patient’s symptoms; however, a few weeks later she developed left-sided chemosis. Frontal (D) and lateral (E) projection right ECA angiography demonstrates progression in the left cavernous sinus arteriovenous shunting, with prominence of the left superior ophthalmic (white arrowhead) and facial (asterisk) veins. No outflow is identified into the left inferior petrosal sinus, which is likely thrombosed. F, Lateral-projection fluoroscopy shows how a 6F Navien intermediate catheter (Covidien) was advanced via the left internal jugular vein into the left facial vein (black arrow) mounted on a Prowler Plus microcatheter (Codman Neurovascular). The Prowler Plus was then navigated through the left facial, angular, and superior ophthalmic veins into the left cavernous sinus (black arrowhead) and used to embolize with coils.
To achieve the goal of treatment in this situation is occlusion of the sinus, indirect CCFs are an ideal indication for EVOH. As with TAE, TVE could also be undertaken using a dual-lumen balloon microcatheter with the balloon inflated in the draining vein. In our experience, the seal created by the balloon in the flow rate and creating a scaffold on which EVOH can accumulate and thus direct cortical venous drainage (open arrowhead) supplied by left middle meningeal artery petrous branches (white arrow) and a left accessory meningeal artery (white arrowhead). C. Transvenous treatment was performed to avoid embolization of the neighboring facial arcade. A left ECA roadmap in a lateral projection demonstrates a 6F Destination sheath placed in the left internal jugular vein (black arrowhead), with a Fargo-Mini intermediate catheter (Balt Extrusion) (black arrow) used to support advancement of a Marathon microcatheter to the fistulous site (white arrowhead). Lateral-projection fluoroscopy was performed after 3 coils were deployed (D) and then after Onyx-18 was used to embolize the distal arterial feeders, fistula site, and proximal draining vein, creating a coil-Onyx mass (E). This was a modification of the reverse pressure cooker technique using a single flow-directed microcatheter (Marathon) without a detachable tip to perform both the coiling and the EVOH injection. This modification was required due to the extensive tortuosity of the transvenous course that impeded attempts to place 2 microcatheters and required the use of a low-profile intermediate catheter (Fargo-Mini) (black arrow). The Marathon microcatheter could not be removed and was left in situ and cut at the level of the right femoral subcutaneous soft tissue. This procedure is typically well-tolerated in the venous system, and the patient was placed on a 6-month course of anticoagulation. F. Follow-up lateral-projection left ECA angiography at 6 months demonstrates complete occlusion of the fistula.

**RPC Technique**

The RPC technique is a transvenous modification of the original transarterial pressure cooker technique described by Chapot et al,40 in 2014. In the original technique (described in detail in the second article in this series), flow control is achieved by placing 2 microcatheters side by side in the vessel of interest, with placement of an occlusive coil/glue mass adjacent to the detachable tip of a second microcatheter.40 EVOH is then administered via the detachable-tip microcatheter with the advantages of maintained antegrade flow and limited reflux. In the RPC technique, the coil/glue mass and detachable-tip microcatheter are placed in the draining vein, allowing flow reversal in the vein, with retrograde transmission of EVOH to reach the fistulous point.41

When undertaking the transvenous RPC technique, the detachable-tip microcatheter is advanced via venous access as close as possible to the foot of the draining vein, to minimize the amount of embolic agent required. This procedure may require navigation across tortuous draining pial veins, during which a gentle technique and use of a tight J-curve on the microwire are useful to reduce the risk of venous rupture. Two sample cases using transvenous RPC technique are demonstrated in Figs 1 and 3.

**Dual-Lumen Balloon Retrograde Embolization Technique**

As with TAE, TVE could also be undertaken using a dual-lumen balloon microcatheter with the balloon inflated in the draining vein. In our experience, the seal created by the balloon in
distensible veins is suboptimal to achieve sustained retrograde flow of EVOH.

**Postoperative Management**

Overnight admission to an intensive care or high-dependency unit is required for all our patients following embolization for a dAVF. In addition, if a large segment of the draining vein has been occluded during the TVE procedure or there is sluggish flow in adjacent veins on the final control angiogram, we typically anticoagulate the patient with heparin for 24 hours to avoid excess venous thrombosis. Because venous thrombosis can result in adjacent edema and inflammatory changes that can cause significant headache, we frequently place patients on a weaning course of dexamethasone for 1–2 weeks in these cases.

**Alternative-Access Techniques.** Alternative-access techniques play an important role in TVE, particularly for the treatment of cavernous and transverse-sigmoid dAVFs. Indirect CCFs have at least 8 potential venous exit pathways from the cavernous sinus. Thrombosis of ≥1 of these channels can result in venous outflow limitation, leading to increased pressure and cortical venous reflux. The most accessible venous pathway to reach the cavernous sinus is via the IPS (Fig 2 A–C), but this can be limited by the presence of IPS thrombosis.

**Recanalization of the IPS**

In the presence of a nonvisualized IPS on angiography, considerations include a hypoplastic IPS or thrombosis of a normal/enlarged IPS. Assessment of CT using thin-section bone window reconstructions allows visualization of the inferior petrosal sulcus, a bony groove formed at the junction of the basiocciput and petrous temporal bone. In the presence of a congenital hypoplastic IPS, the inferior petrosal sulcus may be asymmetrically small. If the IPS is thrombosed, recanalization can be undertaken by cannulating the ostium of the IPS at the anteromedial surface of the jugular bulb with an angled-tip guide catheter through which an angled tip 0.035 hydrophilic Glidewire (Terumo Inc., Japan) is gently rotated across the thrombus to create a channel. A microcatheter can then be advanced across the channel to reach the cavernous sinus. The Glidewire can be removed under negative roadmap conditions to demonstrate the pathway under fluoroscopy. These same techniques are also useful for gaining access across an occluded transverse sinus to reach an isolated segment.

**Transfacial Venous Access**

In the setting of IPS thrombosis, the inferior and superior ophthalmic veins are an alternative access approach. These can be reached by cannulating the facial vein from the internal jugular vein and then navigating across the angular vein to reach the ophthalmic veins. A sample case of venous access to an indirect CCF via the facial vein is demonstrated in Fig 2 D–F.

**Transorbital Access**

Direct cutdown over the eyelid for access to the superior ophthalmic vein and cavernous sinus was first described by Uflacker et al for management of traumatic direct CCFs. The technique was later adapted for treatment of indirect CCFs. Because the superior ophthalmic vein can be tortuous and easily displaced within the orbital fat, it can be difficult to achieve stable access. Thus, direct transorbital access to the cavernous sinus is useful, using a micropuncture needle via an infra- or supraorbital approach to reach the inferior or superior orbital fissures and thus cannulate the cavernous sinus at its anterior margin. A 4F dilator and microcatheter can then be used to deploy coils and/or EVOH.

**Open Surgical Access**

Open surgical access to the transverse sinus via a burr-hole or craniotomy is well-described to allow placement of occlusive coils superior to a thrombosed sinus segment. Similarly, a subtemporal or even endoscopic surgical approach can allow access to the cavernous sinus.

**Outcomes.** The Japanese Registry of NeuroEndovascular Therapy (JR-NET3) published the largest known dataset for TVE of cranial dAVFs. TVE alone was undertaken in 910 cases with the use of coils in 97% of cases (liquid embolics in only 2%). Favorable clinical outcomes (30-day mRS score of 0–2) were achieved in 92% of cases.

Cavernous dAVFs treated with TVE alone demonstrated complete angiographic occlusion rates of 87% in a large series of 199 patients and 81% in another series of 141 patients. Transvenous coil packing for transverse-sigmoid dAVFs in a large series by Kuwayama, resulted in angiographic cure in 53.2%. A systematic review of TVE for hypoglossal/condylar dAVFs identified an angiographic occlusion rate of 93%. These results suggest that TVE using coils ≥ EVOH results in angiographic cure in 80%–90% of cases at ventral anatomic locations for which TVE is indicated. The much larger JR-NET3 dataset had a lower angiographic cure rate (68%), but liquid embolic agents were used in only 2% of cases owing to restricted access to EVOH in Japan.

**Complications.** The JR-NET3 database identified complications in 7.8% of cases of TVE (n = 71) with mortality of 0.7% and morbidity of 2.8%. Complication rates were higher for dAVFs at the craniocervical junction (15.8%) than for those at the transverse-sigmoid (7.3%) or cavernous (8.7%) sinus. The most common complications (in descending order) were nonhemorrhagic neurologic deterioration resulting from venous occlusion, vessel perforation, hemorrhage from venous occlusion, and arterial thromboembolic events. Transient cranial nerve palsy following TVE of cavernous dAVFs was not discussed by the JR-NET3 authors but has been reported as occurring in 11% of TVE cases. Conservative monitoring and oral corticosteroids are generally effective for such cases.

**Complications Related to Venous Occlusion**

Hemorrhagic and nonhemorrhagic neurologic complications can occur from TVE procedures due to nontarget venous occlusion or venous rerouting, resulting in congestion and infarction. Occlusion of venous outflow pathways, even when intended, can result in rerouting of venous flow from the normal brain parenchyma. In most instances, accessory venous pathways will compensate, but occasionally such pathways are lacking due to anatomic variation or thrombotic disease. Venous congestion
and infarction with neurologic deterioration following TVE have been described when treating cavernous dAVFs, most often impacting the cerebellum.

Similarly, patients undergoing microvascular decompression for trigeminal neuralgia can have cerebellar venous infarction if the superior petrosal vein of Dandy is sacrificed intraoperatively and there are limited alternative outflow pathways. While these cases are rare, the common theme appears to be that normal brain (particularly cerebellar) parenchymal venous outflow pathways should be assessed on pre-embolization angiography.

EVOH embolization with resultant thrombotic occlusion of the cavernous sinus during embolization of cavernous AVFs, though being part of the treatment goal, typically results in swelling and inflammatory change. These can cause transient or even permanent neuroPATHY of cranial nerves III–VI. A weaning course of corticosteroids for 4–6 weeks is typically helpful in these situations. Nontarget retrograde filling of arterial feeders is also a concern if excess EVOH is used, which could result in transmision of EVOH into the ICA, causing parenchymal infarction.

The advantages of a transvenous route when treating dural AVFs include lower risks of cranial neuropathy or transmission of the embolic agent across EC-IC anastomoses compared with TAE. These advantages are partially offset by the increased risks of venous congestion or rupture of a pial vein when navigating tortuous draining veins to reach the fistulous point. Thus, the choice of TVE versus TAE should be made on the basis of the individual angioarchitecture of each dAVF. When a transvenous approach to the fistulous point is easily accessible and the length of the draining vein likely to be occluded during embolization is short, TVE is probably safer than TAE options.

CONCLUSIONS

TVE is now the first-line treatment for ventral dAVFs and is increasingly used for some lateral dAVFs due to the lower risks of cranial nerve palsy or embolization across EC-IC anastomoses. Angiographic cure rates of 80%–90% can be achieved with TVE in these locations. Potential complications include transient cranial neuropathy, neurologic deterioration from venous occlusion, and vessel perforation.

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