Gold nanorods (GNRs) are anisotropic particles whose surface plasmon modes can be tuned as a function of aspect ratio, with optical resonances ranging from visible to near-infrared wavelengths.1,2 GNRs have been investigated as contrast agents for optical biomedical imaging modalities such as optical coherence tomography and photoacoustic tomography; they have also been capable of producing linear and two-photon excited luminescence, with detection limits at the single-particle level.3−7 The large absorption cross sections of GNRs can also generate hyperthermic effects, with application toward the treatment of nonspecific protein adsorption and cell uptake under physiological conditions,12−14,15 phospholipids,16 or other surface-active agents.17,18 However, CTAB-coated GNR dispersions are frequently destabilized during surfactant exchange, resulting in partial aggregation and low recovery yields. Furthermore, ligand-modified GNRs are often contaminated with residual CTAB, which can induce nonspecific protein adsorption and cell uptake under physiological conditions.12 or produce surface charge defects in materials applications. We have previously shown that CTAB-depleted GNR dispersions can be prepared when using sodium polystyrenesulfonate (Na-PSS) as a mild detergent.17 Nevertheless, the stability of such suspensions remains capricious in subsequent manipulations. We thus sought to develop a practical method for producing CTAB-free GNR dispersions that would be universally compatible with surface conjugation protocols.

In this Letter we describe an efficient method for converting CTAB-stabilized GNRs into citrate-stabilized GNRs (cit-GNRs) via intermediate treatment with PSS. The surface exchange process was monitored in stages by X-ray photoelectron spectroscopy (XPS), an invaluable tool for quantitative elemental analysis of surface adsorbates, as well as by attenuated total reflectance infrared (ATR-IR) spectroscopy and surface-enhanced Raman scattering (SERS). Our analyses indicate that CTAB removal by PSS treatment is highly efficient, as is the subsequent displacement of PSS by citrate. The cit-GNRs are fully dispersible in low-salt solutions, and are easily functionalized by further ligand exchange (discussed in a companion article).19−21

■ EXPERIMENTAL SECTION

A six-stage protocol was developed to convert CTAB-GNRs (68 × 26 nm, λ\text{LSPR} = 713 nm) into cit-GNRs, using standard ultrafiltration and centrifugation equipment. CTAB-GNRs were prepared on a gram scale by the method described by Khanal and Zubarev,20 and dilute 4-fold to prevent premature flocculation of CTAB-GNRs during the initial purification stages. In a typical process, a suspension of GNRs (optical density (O.D.) = 3.2) stabilized in 25 mM CTAB was concentrated by stirred ultrafiltration to remove excess surfactant, then diluted with deionized water (Stage 1; Figure 1). The GNRs were then subjected to three cycles of centrifugation and redispersion (C/R) to deplete CTAB to trace levels, using 0.15 wt % Na-PSS (M\text{w} = 70 kDa; Stages 2−4). We note that the residual CTAB in the PSS-stabilized GNR suspension after Stage 4 is <1 μM based on simple dilution factors; however, the free CTAB concentration is likely even lower due to its favorable adsorption to PSS.21 The PSS-GNRs were then subjected to two additional C/R cycles using 5 mM sodium citrate

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Supporting Information

ABSTRACT: Stable aqueous dispersions of citrate-stabilized gold nanorods (cit-GNRs) have been prepared in scalable fashion by surfactant exchange from cetyltrimethylammonium bromide (CTAB)-stabilized GNRs, using polystyrenesulfonate (PSS) as a detergent. The surfactant exchange process was monitored by infrared spectroscopy, surface-enhanced Raman scattering (SERS), and X-ray photoelectron spectroscopy (XPS). The latter established the quantitative displacement of CTAB (by PSS) and of PSS (by citrate). The Cit-GNRs are indefinitely stable at low ionic strength, and are conducive to further ligand exchange without loss of dispersion stability. The reliability of the surface exchange process supports the systematic analysis of ligand structure on the hydrodynamic size of GNRs, as described in a companion paper.
dispersed cit-GNRs. Previous studies in our laboratory have similarly as other citrate-stabilized Au nanoparticles. High saline solutions (also see below), and thus behave months at low ionic strength but aggregate if dispersed in ∼4 wt % Na-PSS (stages 2–4) and 5 mM Na3-cit (stages 5 and 6), with estimated surfactant concentrations after each stage.

Results and Discussion

The conversion of CTAB-GNRs into cit-GNRs was achieved with an overall efficiency of 75–85%, based on initial and final O.D. values of the GNR dispersions. The main source of loss is due to incomplete recovery of GNRs during the first two C/R cycles. Absorption spectroscopy and transmission electron microscopy (TEM) analysis of the citrate-stabilized GNRs indicated essentially no changes in optical resonance (λmax = 710 nm; Figure 2) or size distribution (Figure S1, Supporting Information).

Figure 1. Process flow diagram for converting CTAB-GNRs into cit-GNRs by ultrafiltration (stage 1) with successive C/R cycles using 0.15 wt % Na-PSS (stages 2–4) and 5 mM Na3-cit (stages 5 and 6), with estimated surfactant concentrations after each stage.

Figure 2. Normalized absorption spectra of GNR dispersions after ultrafiltration (Stage 1, red), C/R cycles with Na-PSS (Stage 3, green), and C/R cycles with Na3-cit (Stages 5 and 6, blue).

Information). On the other hand, the exchange of PSS to citrate was readily discernible by electrokinetic measurements: the zeta potential of GNRs in dilute Na-PSS solution (0.25 mg/mL, pH 5) was −55.6 ± 8.3 mV, while that of cit-GNRs in dilute phosphate buffered solution (PBS) adjusted to pH 9.5 (I = 8.2 mM) was less negative (mean −26.9 ± 13.2 mV; mode −21.1 ± 7.1 mV). The cit-GNR suspensions are stable for months at low ionic strength but aggregate if dispersed in highly saline solutions (also see below), and thus behave similarly as other citrate-stabilized Au nanoparticles.

The incubation of GNRs with 70-kDa Na-PSS (minimum 1 h, prior to each C/R step) is essential for producing well-dispersed cit-GNRs. Previous studies in our laboratory have established that PSS is useful as a detergent for removing residual CTAB from GNR dispersions, below the level of observable cytotoxicity.17 However, Na-PSS by itself is not suitable as a peptizing agent: it adsorbs weakly onto GNR surfaces in the absence of CTAB, resulting in metastable dispersions whose relative stability depends on polymer concentration, suggestive of depletion effects.22,23 GNRs cleansed with PSS can be stabilized afterward by introducing surface-active agents that do not associate strongly with the polyelectrolyte. In this regard, polyanions with moderate binding activity such as citrate are ideal for surface exchange; the PSS is gently displaced from the GNRs while maintaining a negative zeta potential during the exchange process. Nonionic, hydrophilic surfactants can also be used to displace PSS from GNR surfaces,17 but the efficiency of exchange depends on the specific qualities of the surface-active agent. Attempts to treat CTAB-GNRs directly with citrate without Na-PSS cleansing invariably led to rapid aggregation, regardless of surfactant concentrations (Figure S2, Supporting Information). This is not surprising, as the citrate anions neutralize the positive surface charge supported by the resident CTAB layer, resulting in particle destabilization prior to complete ligand exchange. It has been reported that citrate preferentially adsorbs onto the ends of CTAB-GNRs, resulting in their end-to-end aggregation.24

The ligand exchange process from Stage 3 (PSS wash #2) to Stage 6 (citrate wash #2) was evaluated by XPS, based on the binding energies (B.E.) of various atomic species (Table 1 and Figure 3). The XPS signal corresponding to bromine (Br 3d; 68.5 eV) could not be detected even at Stage 3, whereas that of nitrogen (N 1s; 401 eV) was reduced below the limit of detection by Stage 5, establishing the essentially complete displacement of CTAB from the GNR surfaces. The XPS signals for carbon (C 1s), oxygen (O 1s), sodium (Na 1s), and sulfur (S 2p) were also greatly reduced upon washing with 5 mM citrate (Stage 5), indicating the gross displacement of Na-PSS from the GNR surfaces (Figure 3a). The S 2p signal was almost completely gone by the second citrate wash (Stage 6), and below trace levels in the supernatant. High-resolution analysis of the C 1s region further revealed that citrate exchange was accompanied by a change in the population of carbon subtypes, with a reduction in hydrocarbon species (C–H/C–C; B.E. = 284.8 eV) and an increase in the density of carboxyl groups (C(==O)O; B.E. = 288.2 eV), corresponding to the adsorption of citrate (Figure 3b).

It is worth noting that the XPS spectra also indicated the significant presence of silver (Ag 3d; ca. 25% versus Au 4f), which remained approximately constant throughout the ligand exchange process. AgNO3 is used as an additive in the seeded growth of GNRs,20,25,26 and has been postulated to contribute toward shape control by its selective deposition onto longitudinal facets.27 This notion has recently been brought into question by high-resolution TEM imaging using energy dispersive X-ray spectroscopy, which indicated the distribution of Ag over the entire GNR surface.28 Regardless of mechanism, the intensity of the Ag 3d XPS signal in our study also suggests that the deposited Ag is mostly localized near the GNR surface.

The ligand exchange process was also characterized by ATR-IR spectroscopy and SERS, to identify the molecular species associated with the GNR samples (Figures S3 and S4, Supporting Information). IR analysis of pelleted GNR samples from Stages 1, 3, and 4 confirmed the presence (and depletion) of CTAB and PSS, with the former producing strong bands
associated with \( sp^3 \) C–H stretching (2800–2900 cm\(^{-1}\)), \( -\text{CH}_3 \) deformation (1450–1480 cm\(^{-1}\)), and C–N stretching (900–950 cm\(^{-1}\)), and the latter producing peaks associated with the \( -\text{SO}_3^- \) group (1020–1200 cm\(^{-1}\)). SERS displacement by citrate anions produced additional spectral changes, dominated by CO\(_2^-\) stretching (1575 cm\(^{-1}\)) and \( -\text{CH}_2 \) deformation (1390 cm\(^{-1}\)).

SERS analysis also confirmed that PSS was adsorbed onto GNRs by the enhanced \( \text{SO}_3^- \) Raman signal, but was displaced after two washes with Na\(_3\)-cit. Overall, these vibrational analyses further support the conclusions drawn from the XPS data.

Citrate-stabilized Au nanoparticles are widely appreciated for their versatility in surface modification protocols, with minimal interference by the displaced electrolyte.\(^{30}\) We conducted a preliminary survey of cit-GNRs dispersed in different aqueous solutions, to determine their relative stability during surface functionalization. Dispersions of Cit-GNRs are stable in 10 mM sodium citrate (\( I = 60 \) mM), but slowly aggregate in standard PBS (\( I \sim 160 \) mM) or 1 M NaCl. However, cit-GNRs treated with nonionic surfactants such as Tween-20, chemisorptive surfactants such as thiolated polyethylene glycol, or serum proteins such as albumin all form stable dispersions in PBS. Such coated GNRs have been characterized and are further described in our companion paper.\(^{19}\)

### OUTLOOK

The protocol described above is a mild and general approach for depleting CTAB and other cationic surfactants from

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**Table 1. XPS Analysis of GNR Samples at Different Purification Stages**

| element (B.E., eV) | Stage 3\(^a\) (PSS #2) | bkgrnd\(^b\) (PSS #2) | Stage 4\(^a\) (PSS #3) | bkgrnd\(^b\) (PSS #3) | Stage 5\(^a\) (Cit. #1) | bkgrnd\(^b\) (Cit. #1) | Stage 6\(^a\) (Cit. #2) | bkgrnd\(^b\) (Cit. #2) |
|------------------|---------------------|-----------------|---------------------|-----------------|---------------------|-----------------|---------------------|-----------------|
| C 1s (283)       | 210                 | 93.8            | 205                 | 67.6            | 8.00                | 9.27            | 6.44                | 1.04            |
| N 1s (401)       | 1.51                | --              | 1.28                | --              | 0.03\(^d\)         | --              | 0.03\(^d\)         | --              |
| O 1s (530)       | 80.3                | 39.3            | 86.7                | 32.4            | 4.14                | 11.7            | 4.54                | 3.02            |
| Na 1s (1089)     | 21.8                | 13.3            | 26.3                | 13.2            | 1.28                | 4.47            | 1.79                | 0.60            |
| S 2p (167)       | 24.1                | 11.4            | 26.6                | 9.19            | 0.47                | 0.47            | 0.09                | <0.03\(^d\)     |
| Ag 3d (366)      | 0.25                | --              | 0.26                | --              | 0.28                | --              | 0.26                | --              |
| Si 2s (101)      | --                  | 1               | --                  | 1               | --                  | 1               | --                  | 1               |
| Au 4f (82)       | 1                   | --              | 1                   | --              | 1                   | --              | 1                   | --              |

\(^a\)Signals from pelleted GNR samples, normalized to Au 4f peak area. \(^b\)Signals from supernatant of GNR samples, normalized to Si 2s peak area. \(^c\)Binding energies from survey XPS spectra. \(^d\)At or below limit of detection.
aqueous nanoparticle suspensions, allowing their clean exchange with citrate ions. The citrate-stabilized GNRs are compatible with surface conjugation chemistries commonly applied to metal colloids, and provide a reliable platform for making rational changes in chemical and biological properties as a function of surface modification.19

■ ASSOCIATED CONTENT

3 Supporting Information

Detailed description of surfactant exchange protocol; additional characterization data (TEM optical absorbance, ATR-IR, SERS). This material is available free of charge via the Internet at http://pubs.acs.org.

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Notes
The authors declare no competing financial interest.

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