Identification of methylation changes associated with positive and negative growth deviance in Gambian infants using a targeted methyl sequencing approach of genomic DNA

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Abbreviations

LAZ = Length for Age Z-score
DMR= Differentially Methylated Region
CTCF= CCCTC-binding factor
UGR= Uterine Growth Restriction
SGA= Small for Gestation Age
EWAS= Epigenome Wide Association Study
GWAS= Genome Wide Association Study
FDR= False Discovery Rate
MRC= Medical Research Council
SNP= Single Nucleotide Polymorphism
TSS= Transcription Start Site
MAF= Minor Allele Frequency
GAD= Genetic Association Database
DAVID= Database for Annotation, Visualization and Integrated Discovery
EBI= European Bioinformatics Institute
PCA= Principal Components Analaysis
NCBI= National Center for Bioinformatics Technology
OMIM= Online Mendelian Inheritance in Man
Trans-meQTL= Trans-acting methylation quantitative trait locus
Cis-meQTL= Cis-acting methylation quantitative trait locus

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Cis-eQTM= Cis-acting quantitative trait methylation

Abstract

Low birthweight and reduced height gain during infancy (stunting) may arise at least in part from adverse early life environments that trigger epigenetic reprogramming that may favour survival. We examined differential DNA methylation patterns using targeted methyl sequencing of regions regulating gene activity in groups of rural Gambian infants: (a) low and high birthweight (DNA from cord blood (n=16 and n=20 respectively), from placental trophoblast tissue (n=21 and n=20 respectively) and DNA from peripheral blood collected from infants at 12 months of age (n=23 and n=17 respectively)), and, (b) the top 10% showing rapid postnatal length gain (high, n=20) and the bottom 10% showing slow postnatal length gain (low, n=20) based on z-score change between birth and 12 months of age (LAZ) (DNA from peripheral blood collected from infants at 12 months of age). Using BiSeq analysis to identify significant methylation marks, for birthweight, four differentially methylated regions (DMRs) were identified in trophoblast DNA, compared to 68 DMRs in cord blood DNA, and 54 DMRs in 12-month peripheral blood DNA. Twenty-five DMRs were observed to be associated with high and low length for age (LAZ) at 12 months. With the exception of five loci (associated with two different genes), there was no overlap between these groups of methylation marks. Of the 194 CpG methylation marks contained within DMRs, 106 were located to defined gene regulatory elements (promoters, CTCF binding sites, transcription factor binding sites and enhancers), 58 to gene bodies (introns or exons) and 30 to intergenic DNA. Distinct methylation patterns associated with birth weight between comparison groups were observed in DNA collected at birth (at the end of intrauterine growth window) compared to those established by 12 months (near the infancy/childhood growth transition). The longitudinal differences in methylation patterns may arise from methylation adjustments, changes in cellular composition of blood or both that continue during the critical postnatal growth period and in response to early nutritional and infectious environmental exposures with impacts on growth and longer-term health outcomes.

Key Words: Birthweight, Stunting, DNA Methylation, Environmental Exposures
Introduction

About 45% of global deaths in children under 5 years of age are thought to be related to undernutrition (1). Children who survive early periods of undernutrition may suffer longer-term consequences, including stunting and other developmental deficits (2), which are major contributors to long term morbidity and mortality (3, 4). Although the prevalence of stunting declined in sub-Saharan Africa from 42% in 1990 to 32% in 2015, the numbers of affected individuals increased from 47 million to 58 million (5). Studies estimate that 20% of growth retardation starts in utero where under-nutrition in pregnancy increases the risks of intrauterine growth retardation (IUGR) and small for gestation age (SGA) infants, pre-term delivery (6) and long-term impaired immunity. It is hypothesized that an adverse early life environment and nutrition induce phenotypic adaptations through developmental plasticity (7) to favour survival in the short-term, but at the expense of lifelong effects on health (8, 9).

Nutritional interventions to improve child growth and adult health (10, 11) have had limited success, primarily for the lack of a clear understanding of optimal timing, target groups and the composition of supplements. The period of growth and development from conception to a child’s second birthday (coined the first 1000 days) is one of the most critical windows of opportunity for interventions (12). There is a complex interplay between an individual’s genetic constitution and the environment. Responses to extrinsic factors via modifications to the epigenome (which may include to both chromatin associated proteins and DNA bases) in the first 1000 days are believed to be important in establishing protective adaptations against the impact of under-nutrition and an adverse environment (thrifty phenotype) (13, 14). DNA methylation at CpG couplets is one of the most actively studied modifications to the epigenome.
A large meta-analysis of multiple epigenome wide association studies (EWAS) by the Childhood Epigenetics Consortium found methylation at 914 CpG sites associated with birthweight in whole blood DNA from healthy neonates, but < 1.3% persisted in children (2-13 years), <0.1% in adolescents (16-18 years) and none in adults (30-45 years) (15). The current study uses samples and data from a cohort of Gambian mother-infant pairs exhibiting high rates of maternal and child undernutrition. Rural Gambian infants are small at birth relative to international standards, show positive growth patterns during the first few months of life and then enter a period of reduced growth marked by profound faltering until at least 24 months of age (16, 17). Schoenbuchner et al. (16) have suggested that stunting is an extreme adaptation to profound faltering episodes potentially arising from a complex interaction of malnutrition, infection and disease. Despite four decades of nutrition-sensitive and nutrition-specific interventions halving under-nutrition for young children from rural Gambia, substantial (30%) growth faltering remains (17), indicating a gap in our understanding of its complex aetiology.

Epigenetic studies carried out on Gambian populations have highlighted the importance of maternal nutrition and exposures and the effects of maternal nutritional supplementation in this highly seasonal environment. Many aspects of health and behaviour in rural Gambia are influenced by the annual seasonality with a single rainy ‘hungry’ season (late June – October) followed by a dry ‘harvest’ season (November-May/June) (18, 2). Specifically, there is evidence that seasonal variation in nutrition during the periconceptional period influences methylation status in postnatal infants at a number of loci (19), is related to methyl-donor nutrient content of the mother’s diet (20, 21, 22, 23) and may be associated with an increase in both preterm and SGA infants (18). Periconceptional nutrition supplementation influences methylation changes in cord and postnatal infant blood DNA at CpG loci linked to genes associated with infection and immunity (24) and alters methylation at imprinted loci (25). Maternal exposure to aflatoxin B1 is also associated with DNA methylation changes at specific loci in Gambian infants (26).

The aim of the present study was to identify epigenetic marks that are established during the critical first 1000 days in a cohort of rural Gambian infants and explore how these may be associated with normal versus stunted growth outcomes in order to determine whether any targets for intervention are associated with pre- and/or post-natal periods of epigenetic modification. We used a targeted methyl sequencing approach of genomic DNA from placental trophoblast tissue, cord and infant (12 months of age) blood to identify methylation changes. These changes may be useful as biomarkers, highlighting genes influenced by exposures during embryonic and foetal development and early infancy, and identifying potential pathways through which these may influence growth outcomes at birth and in the first year of life.

Materials and Methods

Samples

The study was conducted among pregnant women and their infants living in the rural West Kiang region of The Gambia. Participants were recruited as part of the HERO-G (Hormonal Regulators of Growth) study. The study cohort was 238 newborns whose growth had been assessed longitudinally to 24 months of age. Table 1 summarises data associated with
the samples from individuals used in this study. The full HERO-G protocol is described elsewhere (27). Placentas from women who delivered at home were collected by trained field workers and immediately transported on ice to the nearby Medical Research Council (MRC) Unit The Gambia Keneba laboratory (within 20-30 minutes) and carefully processed to obtain trophoblast material following a standard protocol (see placenta sample collection protocol in supplementary materials). Placental samples each of 400mg were taken at four different evenly spaced locations, at least 2cm from the edge, and at consistent relative positions in each placenta to mitigate placental tissue heterogeneity. Samples were cut into four pieces, placed in RNAlater at a volume of 5 x tissue weight (Cat No 76106, Qiagen) and transported frozen on dry-ice to the UK for DNA extraction. After extraction samples from each of the four placental regions were pooled equimolarly. Cord blood and infant blood samples were collected into EDTA-lined tubes (BD Vacutainer, pink top) for DNA extraction in the UK. Ethical approval for the study was given by the joint Gambia Government/Medical Research Council (MRC) Unit The Gambia Ethics Committee (SCC 1313v3), with additional approval from the University of Colorado Institutional Research Board (protocol number 13-0441). Community approval was obtained from each participating village, and written, informed consent was obtained from each participating family. Samples for analysis were selected retrospectively from the study cohort representing (a) the highest 20% and lowest 20% birthweights and (b) according to the top and bottom 10% change in length-for-age (LAZ) from birth to 12 months. For the 12 month samples the male average age = 376.4 days, SD 9 days (366-409d) and females average age = 378.8 days, SD 10 days (367-413d). Table 2 summarises the number of samples analysed after quality testing for each tissue and test group and those that are common between groups.

Nucleic Acid Extraction
DNA for DNA methylation studies was extracted from tissues using the Quick-DNA Mini Prep Plus kit (Cat No. D4068, Zymo Research). DNA extracted from blood followed the Biological Fluids and Cells protocol and DNA extracted from placenta followed the Solid Tissue protocol. DNA abundance and quality were determined after extraction using a Nanodrop ND-1000 spectrophotometer (Thermo Fisher Scientific, Waltham, Massachusetts, USA). Absorbance ratios (A260/A280 and A60/A230) were above the recommended 1.8. DNA from each sample was further quantified on a Qubit® Fluorometer using Qubit® dsDNA HS Assay kit (Cat. No. Q32854, Thermo Fisher Scientific, Waltham, Massachusetts, USA).

Methyl-Seq library preparation
Methyl-Seq was performed using the SureSelectXT Methyl-Seq kit (Cat. No. G9651B, Agilent, Santa Clara, California, USA) according to the manufacturer’s protocol (SureSelectXT Methyl-Seq Target Enrichment System for Illumina Multiplexed Sequencing protocol, version C.0, January 2015); this covers over 3.7 million individual CpG dinucleotide sequences covering CpG islands, CpG island shores, CpG island shelves, under-methylated regions, promoters, enhancers, transcription factors, CTCF binding sites, DNase 1 hypersensitive sites and DMRs. Three μg of DNA from each sample was initially sheared by Covaris sonication to 150-200bp in size and used to prepare genomic DNA libraries with the SureSelect XT Methyl-Seq Library Prep kit. After hybridization with the SureSelect XT Methyl-Seq capture library, targeted regions were isolated using complementary RNA baits. Isolated targets were bisulfite converted using the EZ DNA Methylation-Gold™ (Cat. No. D5005, Zymo Research) which converts unmethylated Cytosines to Uracil, whilst methylated Cytosines are

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unaltered. Subsequent PCR amplification creates an unmethylated CG→TA transition at unmethylated positions. Each sequence-modified, target-enriched library preparation was attached to a readable index (short DNA identifying code) by PCR. Libraries were quantified on a Bioanalyzer 2100 (Agilent, Santa Clara, California, USA) using the Agilent High Sensitivity DNA kit (Cat. No. 507-4626, Agilent, Santa Clara, California, USA) or using a 2200 TapeStation (Agilent, Santa Clara, California, USA) with High Sensitivity DNA ScreenTapes (Cat. No. 5067-5593, Agilent, Santa Clara, California, USA). Equimolar indexed libraries were multiplexed (in groups of 6) to a final concentration of 4nM in 20 μL nuclease free dH₂O or 10 mM Tris-Cl, pH 8.5 (Buffer EB, Cat. No. 19086, Qiagen) and run on a single flow cell on an Illumina NextSeq 500 according to manufacturer’s instructions using a 2x75bp paired end read kit giving a total read length of 150 (TG NextSeq® 500 kit High Output Kit v2, Cat. No. TG-160-2002, Illumina). To overcome colour imbalance inherent to low complexity in a bisulfite-converted genome, 10% of phiX genome was spiked into the reaction. Q30 scores of bases from NextSeq runs were within the threshold recommended by the manufacturer and depth of coverage was approximately 40x.

DNA Data Mapping

FastQC v0.11.4 (28) (http://www.bioinformatics.babraham.ac.uk/projects/fastqc/) was used to visualise the sequencing quality of the raw reads which were then trimmed using Trim Galore! v0.4.0 (29) (http://www.bioinformatics.babraham.ac.uk/projects/trim_galore/). This removes low quality bases (Qscore<20) starting from the 3’ end of the read. After trimming, short reads are removed (<20 bases). supplementary figure 1 shows a typical example. The Bismark package uses Bowtie 2 alignment software v2.2.6 (30, 31) to align sequences to the reference genome (GRCh38/hg19 assemblies) and then methylation data were extracted employing default settings (31). Alignment mapping efficiency was in the region of 80% across all samples and is illustrated by supplementary figure 2. The bisulfite error rate, estimated from the methylation status at cytosines outside a CpG context was in the region of 1.0% (supplementary figure 3). Duplicated reads (removed using Bismark) were in the region of 20%. At each cytosine site, the methylation level was calculated as the ratio of the count of “C” (or the number of sequencing reads with methylated cytosine) to the count of “C” plus “T” (or the total number of reads covering that site). M-bias plots were generated after methylation data was extracted with Bismark to yield the percentage methylation across all reads and to identify any bias (e.g. bias at the end of the read due to drop in quality) arising from the position in the read of the cytosine residue being called. supplementary figure 4 illustrates an example (for infant bloods) of an Mbias plot illustrating the reduction of call quality at the 5’and 3’ends of the paired reads. This provides a guide to the extent of necessary sequence trimming (typically 4 bases removed from the 5’and 1 from the 3’end). Methylation information was then re-extracted and the output was processed and converted to a bedgraph.

Methylation Data Analysis

The resulting bed files from Bismark were used for further statistical analysis. Three comparison groups based on different growth criteria were examined: (a) high versus low birthweight babies sampled at birth for placenta and cord blood, (b) high versus low birthweight groups sampled at 12m for infant blood and (c) high versus low length-for-age based on change in Z
score (LAZ) between birth and 12 months sampled at 12 months for infant blood. Differential methylation between groups was examined using BiSeq (31, 32). Only CpGs covered by at least 10 reads were included in the analysis.

Detection of DMRs

Analysis was performed using R v 3.2.2 (33) and BiSeq version 1.18.0 (32, see review 34). BiSeq is designed specifically for targeted bisulfite sequencing data and includes features such as limiting high coverage, removing low coverage, spatial correlation, a multiple testing correction, visualization and genomic annotation. DMRs were detected by comparing birth weight categories (high v low) or length-for-age (LAZ) scores (high v low) and incorporated sex as a covariate. Briefly, sequences were grouped into clusters of adjacent CpG sites. CpG methylation often occurs in clusters and spatial correlation is a key characteristic of DNA methylation. As methylation is conserved across short distances, identification of these related regions reduces data dimensions and also increases detection power by borrowing nearby CpG information. BiSeq CpG clusters were defined as CpG sites covered in at least 25% of samples (defined as frequently covered CpG sites) with a maximum distance of 100 bp between CpG sites within a cluster and with clusters containing at least 5 of these CpGs. To mitigate sequence overrepresentation distorting the data, sequences with greater than 90% of maximum coverage were removed. The methylation data was smoothed within CpG clusters using the smoothing algorithm (‘predictMeth’). This estimates the true methylation level of each site in each sample. The methylation data were tested for both the test groups and resampled datasets under the null hypothesis that differences in methylation are random. The data from both were modelled by beta regression, with the group as the independent variable and the methylation probability as the dependent variable. A Wald test was used to confirm the parameters used in the beta regression could be included in the model and associated p-values were transformed into Z scores to allow DMRs to be detected (31). To account for multiple testing errors (multiple testing correction using the Benjamini-Hochberg method - 35), a two-step hierarchical procedure was employed. This first tests clusters, then individual CpG sites within those clusters. The two-step approach avoids loss of power by first testing at the cluster level and then the CpG in the cluster that showed a change in methylation and hence the number of CpGs needing correction is greatly reduced. A variogram was created under the null hypothesis, which estimates the correlation in methylation between two CpG sites within a cluster. This was plotted and smoothed, with a sill of 1 for all our tests and was combined with the Z scores of the test results of interest to estimate the correlation of Z scores between two locations in a cluster. Clusters without differentially methylated CpG sites were removed (FDR >= 0.1), before the remaining clusters were trimmed to indicate individual significant CpG sites (FDR <= 0.05). PCA analysis of methylation patterns determined from different DNA sequence runs did not reveal any batch effects.

Pyrosequencing

Validation of differentially methylated cytosines as detected by Methyl-Seq was performed by bisulfite pyrosequencing on the ZFHX3 gene. Initially, PCR primers were designed using the Pyromark assay design SW 2.0 (Cat. No.9019077, Qiagen, USA) and were supplied by Sigma-Aldrich, UK. One of the primers was biotinylated and purified by HPLC. The primers were; ZFHX3: forward PCR primer GTTTTAATTTGATTGGGGGAAG, reverse PCR primer CCTTTAACAACCTACCTCCCTAACAA, forward biotinylated sequencing primer TTTTTTAAATGTAGATTGAATT.

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PCR amplification was performed with 10ng of bisulfite converted DNA using EpiTaq HS (Cat. No. R110A, TaKaRa Bio Inc, Japan). PCR was set up according to the manufacturers’ instructions but the concentration of MgCl₂ varied between 15-25mM dependant on the primer set. Both methylated and unmethylated controls from the EpiTect PCR control DNA kit (Cat. No. 59695, Qiagen, USA) were run alongside. Thermal cycling conditions were performed using a touchdown programme with an annealing temperature range of 53°C - 62°C and cycle number range of 25-35, dependant on primer set. The PCR products were electrophoresed on a 3% agarose gel to check for product specificity. Pyrosequencing was then performed on the PyroMark Q24 Vacuum Workstation (Qiagen, USA) as described in the manufacturer’s instructions. PyroMark CpG software Design 2.0 (Cat. No. 9019067, Qiagen, USA) was used in this assay and primers with the best quality score were selected. Bisulfite conversion was shown to be efficient for all samples as the fluorescence signal by cytosine in a non-CpG context was ≤ 1% of the signal produced by thymine.

Cellular Heterogeneity Assessment Between Sample Groups

For cord blood, cell composition was compared between low and high birthweight groups using overlaps with a cord blood cell type specific reference panel of 215,000 CpGs derived from the Illumina EPIC 850k array (ref: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6284779/). The reference panel set of CpG loci was used to find overlaps with the processed MethylSeq capture dataset. Co-methylation patterns extend up to several hundred base pairs across CpG clusters (36, 37). In order to obtain enough coverage for the regions covered by the EPIC reference set, we used intervals of 200 bases centred around the locations of the EPIC reference CpG set (updated in Human Genome - HG19). This yielded 14993 regions each containing CpG loci as present in the processed methyl capture sequence data set. Methylation calls were extracted from the processed sequence data as described above and the mean values in these regions were used to generate PCA plots and heatmaps to calculate the correlation values between experimental groups (using Pearson correlation). In the absence of a 12 month blood reference panel, the adult blood reference panel based on the Illumina Infinium HM450k and EPIC 850K methylation chips (38, 39) was used and processed in the same way for coverage across the Methylseq capture dataset. An interval of 200 bases yielded 33 regions each containing CpG loci (providing coverage for CD4 and CD8 lymphocytes, NK cells, neutrophils, B-cells and monocytes) that are present in the processed methyl capture sequence dataset to compare the 12 month groups.

CpG and Gene Annotation

Ensembl was used to annotate differentially methylated CpGs (based on hg38 version GRCh38 human genome build) to determine their location with respect to regulatory features. Ontologies, mutational and functional data of those genes associated with significant differentially methylated CpGs were determined by using the U.S. National Center for Biotechnology Information (NCBI; Bethesda, MD, USA; http://www.ncbi.nlm.nih.gov/) Gene, Online Mendelian Inheritance in Man (OMIM), PubMed databases and the Database for Annotation, Visualization and Integrated Discovery v6.7 (DAVID - http://david.abcc.ncifcrf.gov/) (40). Disease associations were determined by interrogating the Genetic Association Database (GAD) for complex diseases and the EBI GWAS Catalogue. PANTHER v14.0 (http://www.pantherdb.org) (41, 42) was used.
to provide an overview of gene ontology (GO Terms) defining protein classes, cellular components, biological processes and molecular functions of genes implicated by methylation marks.

Results

Quality Triage of Sample Cohorts

All samples underwent assessment to exclude maternal contamination and poor-quality samples. Maternal blood contamination of cord blood (for both sexes) was assessed using marker CpGs that are only methylated in adult blood DNA, and maternal contamination of placenta trophoblast samples from males was also flagged by examining the levels of Y DNA methylation dilution (43); see supplementary figure 5a and b Poor quality and/or obvious outlier samples were identified by plotting a heatmap of the methylation data for each experimental group (see example of the methylation data from the birthweight cohort at 12 months of age in supplementary figure 6). The major component of variation was sex. Principal Component Analysis (PCA - done with and without inclusion of the sex chromosomes) matrices were also applied to a list of available variable information for the subjects contributing to each cohort and tissue sample (see supplementary table 1) to determine whether they had a significant effect on the variation in the data. Examples for sex (male/female), birthweight category (high/low) and season (dry/wet) are illustrated in supplementary figures 7a, b and c; only sex contributed significantly to variation in the data. Sample sets emerging from these analyses were re-analysed with sex as a covariate.

Assessment of Confounding Cellular Heterogeneity

There is no available cell type specific reference set for cord and adult blood to assess cell composition changes based on DMRs detected by Methyl-Seq data. Potentially confounding differences in cell-type composition between cord blood groupings (high and low birthweight) and infant blood groupings (high and low birthweight and length for age) were, therefore, assessed by using DMR regions within the capture DNA sequence data set that overlap within a 200 base-pair interval with the EPIC 850k cord blood and Infinium HM450k adult blood cell type specific CpG panels (see methods). The adult overlaps were used for the 12 month infant blood data in the absence of an age-related reference panel for this time point. The heatmap and PCA plots are shown in supplementary figures 8 and 9. For both cord and infant blood data, the heatmaps indicate high correlation between samples and no clear clustering according to comparison groups. PCA analysis indicates inter-individual differences in cellular composition. For the small number of probes from the adult blood reference panel present within the Methyl-Seq capture DNA sequence dataset, the analysis shows separation of individual samples into two groups; this may reflect the small number of probes available and their disproportionate weighting or variation in the rate of loss of nucleated erythrocytes between individuals. However, in all three PCA plots the variation between samples captured in PC1 and PC2 is distributed fairly uniformly across both experimental groups (high or low birthweight or tall or short height for age) indicating little difference in cellular composition between comparison groups to confound the determination of differential methylation values at the same time-point.
Differentially Methylated Loci Identified Through BiSeq Analysis

The total number of significant differentially methylated regions (DMRs) and the direction of median methylation change identified for each comparison group (placenta-birthweight, cord blood-birthweight, infant blood-birthweight at 12 months and infant blood-LAZ) by BiSeq analysis and the total number of significant CpGs they contain is shown in supplementary table 2a-d and summarized in table 3; 194 CpG loci in total. Each significantly differentially methylated CpG in each DMR was examined for the presence of single nucleotide polymorphism (SNP) directly in the CpG; these are shown in Supplementary table 2a-d. Apart from 3 SNP-containing CpGs, all the MAFs (minor allele frequencies) were <0.01. For the CpGs associated with implicated genes RPS6KA2, PRSS3 and GAR1, the MAFs were <0.03, <0.11 and <0.02 respectively. These MAFs are at a level that would not significantly alter the estimation of methylation differences between test groups.

The distribution of CpGs between gene regulatory elements, gene bodies and intergenic regions is shown in table 4 (see supplementary tables 2a-d for full details on all DMRs and CpG locations). Figure 1a-d provides an overview of the gene ontology (determined using PANTHER v14.0 available at http://www.pantherdb.org) characterizing genes implicated by differential methylation marks. The pie charts summarise the distribution of this gene set across GO terms defining molecular functions, biological processes, cellular components and protein classes. It can be seen that certain GO categories predominate. For example, analysis of molecular function reveals that binding, catalytic activity, molecular function regulator and transcriptional regulator activity are most prominent. Detailed information on the genes and proteins in each of the GO categories can be obtained by uploading the gene lists to http://www.pantherdb.org from supplementary table 2a-b and interrogating each pie chart sector.

Very few of the differentially methylated CpGs found in DMRs identified from the cord blood comparisons are found in the 12 month infant blood comparisons; (a) of the four closely linked CpGs associated with TNXB, one (upstream intergenic) is differentially methylated in the cord blood birthweight group and the remaining three (within intron 1 of the gene) in the 12 month infant blood birthweight group and (b) the intergenic CpG upstream of the HLX gene is differentially methylated in both the 12-month birthweight and 12-month length for age groups.

CpG Loci Showing 5% or Greater Methylation Change

We have chosen to focus on those marks that show 5% or greater methylation change. Figure 2 summarises the CpGs that have been located to regulatory features (promoters, CTCF binding sites, transcription factor binding sites – 56 CpG loci in total) and table 6 those located to gene bodies (introns and exons) and closely linked intergenic regions (64 CpG loci in total). Figures 2 and 3 also present the locations of CpGs (based on hg38 release 85 from ENSEBL) with respect to the Transcription Start Site (TSS) of genes implicated by location (93 in total), the median p-value for the DMR corrected for multiple testing, direction and change in median methylation value, GWAS disease associations and a short vignette summarizing any mutational data and functional studies of implicated genes culled from the various databases outlined in the materials and methods. Finally, figures 2 and 3 flag whether any of the DMR associated genes are also subject to Trans or Cis-meQTLs (genetic variation that influences methylation at CpG sites adjacent to implicated genes) and/or Cis-eQTMs.
(variation of methylation that influences expression of an adjacent gene) collated in the Bios QTLBrowser held at www.genenetwork.nl/biosqtlbrowser (85, these are marked in red in the first column). This data was based on the analysis of cohorts from the Dutch population and may only partially reflect genetic variation in the Gambian population with Trans or Cis-eQTL effects.

The implicated gene names in figures 2 and 3 are colour coded according to categories of gene function/disease revealed by functional and/or mutation analysis (see legends) and figure 4 summarises the numbers of implicated genes found in associated disease categories bearing the same colour coding. It is immediately clear that neurological, growth and development and oncological disorders are the most prominent amongst the implicated genes showing 5% or greater methylation change.

**Replication of Findings in Other Methylation Studies**

Identification of a significant proportion of the same implicated genes reported in related studies provides strong validation of the findings reported here. Highlighted in red bold in supplementary table 2a-d are the DMR-implicated genes that are also documented in the recent large meta-analysis of multiple EWAS by the Childhood Epigenetics Consortium examining DNA methylation associated with birthweight (15). When all genes (4848, representing about 19% of the estimated 25,000 genes in the human genome) from the consortium study associated with 8170 CpGs significant after FDR correction for multiple testing are screened, 62 DMR implicated genes from the current study show a match (of which 34 show >5% methylation change). If this is restricted to those genes (729; about 2.9% of human genes) associated with 914 CpG loci surviving Bonferroni correction (p<1.06E-7), then 11 matches are found (marked with a red asterisk of which 10 show >5% methylation change in the current study). The vast majority of CpGs in the meta-analysis are located within or closely linked to genes. Thus taking the number of genes in the genome as 25,000, the approximate probability of a match by chance for any given DMR-implicated gene in the present study is 0.19 (4848/25000) for all genes and 0.029 (729/25000) for those associated with the 914 CpG loci. The probability that these matches have occurred by chance for 62 and 11 genes is 0.19^{-62} and 0.029^{-11} respectively.

Comparisons have been made to two further studies examining the impact of gestational age (86, where some of the data is subsumed in the large meta-analysis mentioned above) and smoking on birthweight (87); these share, respectively, 53 (marked with a green asterisk in supplementary table 2a-d) and 11 (marked with a blue asterisk) genes associated with differential methylation identified in the current study. These two studies identify a further 22 DMR associated genes that overlap with our findings, bringing the replication in other related studies to 84 (48%) of the 173 implicated genes we have documented (The asterisks in tables 5 and 6 mark which of those shared genes show 5% or greater methylation change – in total 49 of the 93 in tables 5 and 6 between the three birthweight-related studies).

The genes ZNF678, VTRNA2-1, SCRIB and TNXB match those reported in other studies on maternal exposures and differential methylation of associated CpG loci in Gambian infants (22, 26 – marked with black triple asterisks in

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supplementary table 2a-d) and SEMA3B, ARID1B and HOXA10 from the Cambridge Baby Growth Study (88 – marked with black double asterisks).

The high degree of replication observed in related studies provides robust validation of the findings reported here.

Pyrosequencing analysis of the methylation mark associated with the ZFHX3 gene was performed to illustrate an example experimental confirmation of methylseq derived methylation data. Table 5 summarises the data for several individuals selected from the high and low groups for the 12 month LAZ comparison. The results in table 5 show good concordance between the two methods in both the quantum and direction of change when compared to the median methylation value change derived from the group comparisons by Bisep analysis of methylseq data.

Discussion

It has been suggested that epigenetic changes may be involved in the mechanism of reprogramming induced by undernutrition, infection and adverse environmental exposures, although, it is not clear whether these are primary or secondary events in the chain of causality. This paper has used extremes of variation in birth weight and subsequent gains in length to examine associated methylation changes in DNA from trophoblast and cord blood DNA from small and large babies, and blood DNA from 12 month old infants analysed both according to their size at birth and their change in length from birth to 12 months (LAZ).

The methylation marks found at birth and those at 12 months in relation to birthweight show little longitudinal persistence (see tables 5 and 6 and supplementary table 2a-d). This suggests ongoing epigenetic adjustments, significant changes in blood cellular composition (such as the loss of nucleated erythrocytes – 89) or both in the critical postnatal growth period and the subsequent infancy-childhood growth transition (ICT) (90). Nonetheless, what does persist at 12 months is different, almost completely non-overlapping methylation patterns (not confounded by cellular composition differences) between the high and low birthweight comparison groups and the comparison groups showing rapid or slow post-natal height gain. These two distinct methylation patterns may reflect different interactions with nutritional, infectious and other environmental exposures during the post-natal growth phase potentially associated with negative or positive growth trajectories or a combination of both. Thus, any continued challenges (such as those provoked by under nutrition and infection) to homeostasis during the development period may trigger epigenetic programming and shift the timing and duration of these periods of growth. The study reported by Bernstein et al. (91) has revealed an accelerated transition to a childhood pattern of growth in Gambian compared to UK infants. A later transition, observed in UK infants, extends the high growth rate experienced during the infancy stage. This is reduced in Gambian infants, potentially impacting on growth outcomes in childhood while diverting energy into other processes critical for responses to acute infectious challenges; later developmental stages in this population offer an extended window for catch-up growth.

Over half (54.3%) of the identified methylation marks are located in gene regulatory elements, 30.3% in gene bodies and the remaining 15.4% in intergenic regions closely linked to implicated genes. Alteration of gene activity by methylation of
implicated genes may occur by impacting the functionality of cis transcriptional regulatory elements or changing chromatin conformation and accessibility to the transcriptional machinery. Several of the methylation marks are found in the binding site (an estimated 326,000 in the human genome) for the multifunctional CTCF zinc finger protein. This protein plays a key regulatory role through a number of varied functions that include influencing chromatin architecture (binding at chromatin domain boundaries and the formation of chromatin loops), binding to promoters, enhancers and within gene bodies and recruitment of transcription factors. The protein can also act as an insulator, blocking long-range promoter-enhancer interactions (for review see 92). Of particular relevance is the observation that methylation at CTCF binding sites in imprinted regions can disrupt the binding of the CTCF protein and its insulator activity (93) and, more generally, at many other methylated sites outside imprinted regions (94). From the annotation associated with each of the CpG loci covered by this methyl-seq capture set, almost all the methylation marks described in this study are in regions containing DNase 1 hypersensitive Sites (DHS – markers of DNA regulatory regions and transcriptionally active open chromatin) described by the ENCODE (Encyclopedia of DNA Elements - 95) project. The ENCODE project has shown that a small proportion (~ 5%) of DHSs are found in TSS (Transcription Start Site) regions, that most are located in introns and intergenic DNA and that there is cell type specificity in the distribution of DHSs. This indicates that the majority of methylation marks reported in our study are potentially in areas of remodelled open chromatin associated with transcriptional activity and may influence target gene activity possibly by altering chromatin architecture. Tables 5 and 6 also indicate that a number of the DMR-associated genes showing 5% or greater methylation change are subject to trans and/or cis genetic variation (Trans-meQTL and Cis-meQTL) that impacts the level of methylation of closely linked CpG loci; in some cases these methylation changes affect gene expression (Cis-eQTM). One consequence of this polymorphism in the genetic modulation of methylation marks is that it is likely to lead to a diversity of methylation responses to environmental exposures in different populations. Thus interaction between environmental exposures, genetic background and modulation of methylation patterns will have to be assessed for each study population.

Distribution of implicated genes across GO term categories demonstrates that they encompass biochemical and biological functions that include signalling or interaction with signalling pathways; interacting with or acting as receptors; constituents of or interacting with the extracellular matrix; deposition of connective tissue; structure and function of the actin cytoskeleton; trafficking across cellular membranes; cell cycle control and cellular growth; transcription regulation; metabolic regulation (see figure 1). Biological functions revealed by functional studies, animal models and mutation analysis primarily highlight roles in neurological, growth and developmental, neoplastic and immunological dysfunction (see figures 5, 6 and 7 and supplementary table 2a-d for details). The precise impact of the methylation changes on the expression of implicated genes, however, is unknown and awaits more detailed functional analysis. Nevertheless, the location of these methylation marks within appropriately positioned regulatory elements and gene bodies or in close intergenic linkage to implicated genes, encourages their consideration as biomarkers associated with and the genetic pathways within which they are active in as potential contributors to variation in prenatal and post-natal growth, subsequent outcomes in later life and as possible intervention targets.
In total, eighty-four genes implicated by DMRs (shown in red bold and flagged by green and blue asterisks- see supplementary table 2a-d) are shared with DMR associated genes reported in the large array-based meta-analysis of multiple EWAS by the Childhood Epigenetics Consortium and two further related studies (15,86,87). This demonstrates concordance with a substantial proportion (48%) of the genes documented in the current study and provides robust validation of the Bisseq analysis of methylseq data. Eleven matched genes are associated with CpG loci surviving stringent Bonferroni correction in the Kuppers et al. study (15) (marked with a red asterisk in supplementary table 2a-d). Differences in genetic background, environmental exposures and nutrition between populations contributing to different studies could lead to methylation changes at different CpG loci but still affect DMRs associated with the same implicated genes. In the case of MAD1L1 and NFIX, differential methylation has been detected at the same Bonferroni significant CpG sites that are reported in the meta-analysis 15). MAD1L1 (a component of the mitotic spindle-assembly checkpoint) has a role in cell cycle control and tumour suppression and methylation levels have been strongly correlated with hepatocellular carcinoma (96). It is also a susceptibility gene for bipolar disorder and schizophrenia with a risk allele linked to reward systems in healthy adults (97). NFIX is most highly expressed in brain, fat and prostate, is linked to cancer (DNA hypermethylation associated with lung adenocarcinoma - LUAD) (98), muscle development and dystrophies (99). Interestingly, 19p13 microduplications encompassing NFIX are responsible for intellectual disability, short stature and small head circumference (100).

Three implicated genes match those flagged by methylation changes found in DNA from babies in the Cambridge Baby Growth Study investigating the effects of maternal gestational diabetes or intrauterine growth retardation (88). ARID1B and SEMA3B are potential tumour suppressor genes. ARID1B is a chromatin remodelling factor and individuals with ARID1B-related disorder have many phenotypic features including slow growth (101). The third gene is HOXA10 (homeobox A10), whose expression is down regulated in endometriosis but in late gestation is required for proper placental differentiation and function (100).

Implicated genes ZNF678 (a zinc finger gene), VTRNA2-1, SCRIB and TNXB have been reported in other Gambian-based studies investigating periconceptional nutritional exposures associated with differential methylation (11, 22, 26). VTRNA2a-1 is a non-coding RNA gene that functions as a tumour suppressor (47, 48, 49, 50) and is an imprinted locus (51, 52). SCRIB (a scaffold protein found at epithelial adherens junctions and neuronal presynaptic compartments) can act as a tumour suppressor gene and has been shown to be mutated in severe neural tube defects (see OMIM entry 607733). TNXB is an extracellular matrix glycoprotein thought to function in matrix maturation during wound healing. Different pathogenic alleles give rise to Ehlers-Danlos Syndrome (64) and a form of chronic kidney failure, Vesicoureteral Reflux –VUR (65), both of which involve alterations to collagen deposition in the extracellular matrix.

The genes DLK1 and MEG9 (LINC00584 - long intergenic non-coding RNA) are worthy of further comment given their location within an important imprinted region on chromosome 14 at 14q32. As revealed by maternal and paternal Uniparental Disomy (UPDm and UDPp, respectively) and genetic and functional studies of individual genes encompassed within the locus (for review see OMIM entries 601038, 60563, 611896, 172690, 613648 and ref 103), the region has a major impact on growth and development. The 14q23 locus is complex with a cluster of maternally and paternally imprinted genes, non-
coding snoRNAs (small nucleolar organiser RNA), miRNAs (microRNAs), LncRNAs (long non-coding RNAs) and LINC 
RNAs under the control of an intergenic differentially methylated region (IG-DMR) (104). Three genes (DLK1, RTL1 and 
DIO3) are all expressed from paternal alleles. DLK1, containing six epidermal growth factor repeats, has reduced plasma 
levels in women bearing small for gestational age babies (105), is an inhibitor of adipocyte differentiation (106) and shows 
genetic association with age of menarche (107, 108, 107, 110). RTL1 is essential for maintenance of foetal capillaries and 
potentially involved in formation of the chorioallantoic placenta (111), while DIO3 (Thyroxine Deiodinase Type III) is 
essential for the maturation and function of the thyroid axis (112). A further four genes (MEG3, RTL1as, MEG8 and MEG9) 
are all expressed from maternal alleles. MEG3 is a LncRNA affecting growth and development in Meg3 knock-out mice 
(113); RTL1as is an anti-sense transcript to the paternally expressed gene RTL1 and encodes a number of microRNAs that 
may regulate the expression of RTL1 (105); MEG8 is a LncRNA involved in the regulation of trophoblast proliferation and 
invasion, and implicated in spontaneous early abortion (114) and MEG9, a LINC RNA involved in megakaryocyte 
differentiation and angiogenesis (70) shows genetic association with body mass index and age of menarche (107).

The UPDm (no paternal transcripts: Temple Syndrome) phenotype is characterised by pre-and postnatal growth retardation, 
oneatal hypotonia, precocious puberty and facial dysmorphism. The UPDp (no maternal transcripts: Kagami-Ogata 
Syndrome) phenotype is characterised by severe growth retardation, skeletal abnormalities, facial anomalies and abdominal 
muscular defects. Trans-regulation by maternally expressed small non-coding RNAs from the 14q32 region on the activity of 
other genes in the genome is likely to contribute to these complex phenotypes (105). On the maternal chromosome 
DLK1 is silenced. The current study shows a 6% methylation difference of a DLK1 DMR (higher in high birthweight than low 
birthweight babies). In contrast, MEG9 is silenced on the paternal chromosome and shows a 22% methylation difference of a 
MEG9 DMR (higher in high birthweight than in low birthweight babies). It is not clear what the impact of these methylation 
marks is on expression levels as they lie outside the immediate promoter within the gene body. Nevertheless, given that both 
methylation marks are in DMRs containing DHSs marking potentially open chromatin, it is reasonable to suggest that 
alteration of the methylation landscape in this region of chromosome 14 could impact chromatin architecture and gene 
activity with a bearing on growth and development outcomes. It is interesting to note that a study examining the effect of 
maternal periconceptional micronutrient supplementation of Gambian mothers found increased methylation of a DLK1 
associated CpG in cord blood DNA from offspring of mothers who had received the supplements (24).

A number of limitations should be noted. An accessible tissue such as blood as a proxy for methylation changes in other key 
target tissues will not capture all the relevant alterations in methylation status. However, there is sufficient concordance 
between tissues to yield a subset of potentially relevant loci (115, 116, 117). Analysis has been performed with males and 
females combined; hence sex differences in the methylation patterns have not been determined. The sample size is small, 
nevertheless, as outlined in the methods, BiSeq is designed for the analysis of targeted methyl sequence data and takes 
advantage of the conservation of methylation across short distances, co-assessing methylation changes at several individual 
cytosine residues within intervals of 100 base pairs. This reduces data dimensions and increases detection power by 
borrowing nearby CpG information and provides a more detailed and statistically significant evaluation of the methylation 

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status across any given genomic region; this has allowed identification of statistically valid differentially methylated CpGs from this small study. Greater coverage (3.7 million CpGs as compared to the Illumina HM450k and Epic 850k chips) of the SureSelect targeted sequencing approach of key gene regulatory elements (adjacent and distant, proximal or distal) to genes they control, offers the opportunity to identify additional methylation marks not necessarily scored by the array-based platforms.

Studies such as the one reported here provide associations and not cause and effect relationships between genes and phenotypes. Mutational evidence is helpful in establishing the likelihood that a gene contributes to a complex phenotype. Identification of methylation marks can be useful in that (a) they might act as biomarkers of early life adverse exposures that impact on early growth and may potentially indicate those individuals with higher future disease risks and (b) potentially flag genes that may be useful intervention targets to ameliorate the consequences of stunting. An integrated large scale analysis of inter-individual variation of methylation marks in relation to genotype (Trans and Cis-meQTLs), eQTLs (expression quantitative trait loci including Cis-eQTM), disease susceptibility, developmental phenotypes, nutrition and environmental exposures provides a means of potentially unpicking causal relationships and the relevance of implicated genes. Clearly, the most effective approach to mitigate stunting and associated disease susceptibilities would be to ensure healthy nutrition, adequate sanitation and living conditions early in the life course.

Conflict of Interest
The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Author Contributions
CRQ developed and managed experimental procedures and KMH performed them; MS and MG devised the initial analysis pipeline and JB and BS finalised the pipelines and provided bioinformatic support; CRQ performed the methylation data analysis; CAS and NAA provided supervisory support; AMD and SD managed the collection and extraction of DNA from samples; CRQ and NAA wrote the first draft of the manuscript; RMB, NA, DBD, KKO, AMP, and SEM conceived of and designed the HERO-G study. All authors contributed to manuscript revision, read and approved the submitted version.

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The raw data supporting the conclusions of this article are stored on the Open Science Framework (OSF), doi: 10.17605/OSF.IO/5ND3Y, and at the time of article submission are available on request and subject to review. These data will be made publicly available no later than July 1, 2021. Requests to access the datasets should be directed to the corresponding author.

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Legends to Figures

Figure 1 Gene Ontology Analysis of Genes Implicate by Associated Methylation Marks

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Panther version 14 was used to provide an overview of the gene ontology characterising genes implicated by methylation marks. Panther 14.0 identified 161 hits from the uploaded list of 173 genes. A. GO terms for Molecular Function found 93 molecular function hits. B. GO terms for Biological Process found 276 process hits. C. GO terms for Protein Class found 94 class hits. D. GO terms for Cellular Component found 300 cellular component hits. Colour coding has been assigned starting at 12 o’clock and working clockwise on the pie chart.

**Figure 2  Implicated Genes Associated with Methylation Changes of 5% or Greater in Regulatory Elements**

This figure documents those genes where a methylation change of 5% or greater has occurred within a defined regulatory feature. It also provides a summary of function and any disease associations resulting from Genome-Wide Association Studies (GWAS – culled from the GAD and EMBL genetic association catalogue databases), mutation analysis and functional investigations. The methylation change is expressed relative to the high birthweight and high length for age groups. All mapping of DMRs is based on human genome build hg38 version GRCh38 of the human genome. The positions of CpGs is given in relation to the Transcription Start Site (TSS) of the implicated gene. Also shown highlighted in red in the first column is whether the gene is associated with Trans and/or Cis-meQTLs and/or Cis-eQTMs. Where plural is shown, this indicates 2 or more Trans-meQTLs, Cis-metQTLs or Cis-eQTMs associated with the gene (information obtained from the BIOS QTL Browser at www.genenetwork.nl/biosqtlbrowser). NI= No Information. Colour key of gene disease and functional associations: brown=neurological; purple=fertility; light blue=growth and development; dark blue=oncological; light green=immunological. The asterisks mark the implicated genes found associated with methylation marks in related studies (15, 86, 87).

**Figure 3  Implicated Genes Associated with Methylation Changes of 5% or Greater in Gene Bodies and Intergenic Regions**

This figure documents those genes where a methylation change of 5% or greater has occurred within a gene body or intergenic region. It also provides a summary of function and any disease associations resulting from Genome-Wide Association Studies (GWAS – culled from the GAD and EMBL genetic association catalogue databases), mutation analysis and functional investigations. The methylation change is expressed relative to the high birthweight and high length for age groups. All mapping of DMRs is based on human genome build hg38 version GRCh38 of the human genome. The positions of CpGs is given in relation to the Transcription Start Site (TSS) of the implicated gene. Also shown highlighted in red in the first column is whether the gene is associated with Trans and/or Cis-meQTLs and/or Cis-eQTMs. Where plural is shown, this indicates 2 or more Trans-meQTLs, Cis-metQTLs or Cis-eQTMs associated with the gene (information obtained from the BIOS QTL Browser at www.genenetwork.nl/biosqtlbrowser). NI= No Information. Colour key of gene disease and functional associations: brown=neurological; purple=fertility; light blue=growth and development; dark blue=oncological; light green=immunological; dark green=connective tissue; orange= metabolic; vermillion=cardiovascular; grey=hearing. The asterisks mark the implicated genes found associated with methylation marks in related studies (15, 86, 87).
Figure 4  Number of Implicated Genes from Figures 2 and 3 Associated with Different Disease Categories

The colour key allows cross-reference to the gene lists in figure 2 and 3. Neur=Neuorological; Repro=Reproductive; Growth and Dev=Growth and Development; Onco=Oncological; Imm=Immunological; Conn Tiss=Connective Tissue; Cardio-vasc=Cardio-vascular

Legends to Tables

Table 1 Summary of Individual Specific Data of Those Included in the Study

Summary of individual specific data for subjects contributing to study. Key: Mat Age = Maternal age, GA = Gestational age, S_MOC = Season of month of conception, S_MOB = Season of month of birth, BW = Birthweight, LAZ = Length for age Z score change birth to 12 months, BL = Birth length, D = Dry season, W = Wet season, pl = Placenta, CB = Cord blood, 12mB = 12 month blood sample selected on birthweight, 12mH = 12 month blood sample selected on LAZ score. The samples categorized as high or low for both birthweight and length for age were those used in the analysis. Table 2 shows the numbers and sex for each tissue.

Table 2 Summary of DNA Samples Analysed in the Study

Numbers of DNA samples analysed for each tissue according to sex and test group and the number of subjects in common between tissues and test groups. Key: BW = Birthweight, LAZ = Length for age Z score.

Table 3 Summary of Numbers of DMRs, CpG Loci and Implicated Genes

Summary of total number of DMRs, CpG loci, implicated genes (in brackets) and direction of median methylation change identified from the comparisons made at each time-point between groupings. Key: BW = Birthweight, LAZ = Length for age Z score. Median methylation change is expressed relative to the high birthweight and high length for age groupings.

Table 4 The distribution of methylation marks between regulatory features, gene bodies and intergenic regions.

Table 5 Methylation Analysis of the DMR Associated with the ZFHX3 Gene by Pyrosequencing

This table compares the methylation levels determine for the DMR associated with the ZFHX3 gene by pyrosequencing and methylseq analysis. Individuals from the high (n=5) and low (n=6) 12 month length for age comparison groups were selected for analysis. The table shows the mean % methylation values and standard deviation for the two types of analysis. The

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quantum and direction of change is close to that observed for median methylation change from the comparison of the high and low groups determined by Biseq analysis of methylseq data.
Table 1

| Mat ID | Mat Age | GA (wks) | Parity (Cat) | S_MOC | S_MOB | BW (kg) | BW Cat | BL (cm) | LAZ Change V1-12m | LAZ Cat | Tissue |
|--------|---------|----------|--------------|-------|-------|---------|--------|---------|-------------------|--------|--------|
| **MALES** |         |          |              |       |       |         |        |         |                   |        |        |
| 20.27  | 36      |          | Primiparous  | W     | W     | 1.7     | low    | 45.00   | -0.45            | low    | Pl, CB, 12mB, 12mH |
| 35.19  | 38.1    |          | Multiparous  | D     | D     | 2.14    | low    | 44.43   | 1.55             | high   | Pl, 12mB, 12mH,   |
| 33.32  | 38.1    |          | Multiparous  | D     | D     | 2.32    | low    | 47.00   | 0.53             | mid    | Pl, CB, 12mB      |
| 38.61  | 38.6    |          | Multiparous  | W     | D     | 2.38    | low    | 45.50   | -0.39            | low    | Pl, CB, 12mB, 12mH |
| 23.6   | 37      |          | Primiparous  | W     | D     | 2.44    | low    | 47.80   | 0.42             | mid    | Pl, CB, 12mB      |
| 23.32  | 37.8    |          | Multiparous  | W     | D     | 2.48    | low    | 45.90   | 0                | mid    | Pl                |
| 26.33  | 40.7    |          | Multiparous  | D     | D     | 2.51    | low    | 49.00   | 2.14             | high   | CB, 12mB, 12mH    |
| 27     | 39.9    |          | Multiparous  | W     | W     | 2.53    | low    | 49.00   | 1.7              | high   | Pl, CB, 12mB, 12mH |
| 24.39  | 38.9    |          | Multiparous  | D     | D     | 2.56    | low    | 47.40   | 0.99             | high   | Pl, CB, 12mB      |
| 18.65  | 39.4    |          | Primiparous  | D     | W     | 2.59    | low    | 50.40   | 0.5              | mid    | Pl, CB, 12mB      |
| 31.49  | 41.2    |          | Multiparous  | W     | D     | 2.59    | low    | 42.30   | -0.49            | low    | Pl, 12mB, 12mH    |
| 20.67  | 38.9    |          | Primiparous  | D     | D     | 2.67    | low    | 46.70   | 1.8              | high   | 12mB, 12mH        |
| 31.16  | 40.7    |          | Multiparous  | D     | D     | 2.7     | low    | 48.40   | 1.21             | high   | 12mB, 12mH        |
| 45     | W       | D        |              |       |       | 2.91    | mid    | 0.97    | high             | 12mH   |        |
|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 38.5 | 41 | Multiparous | D | W | 2.92 | mid | 49.00 | -0.91 | low | 12mH |
| 40.82 | 39.7 | Multiparous | D | W | 2.96 | mid | 50.10 | 1.96 | high | 12mH |
| 28.69 | 40.7 | Multiparous | D | D | 3.06 | mid | 49.33 | -0.43 | low | 12mH |
| 41.27 | 40.7 | Multiparous | D | D | 3.07 | mid | 52.00 | -0.75 | low | 12mH |
| 32.82 | 39.9 | Multiparous | W | D | 3.13 | mid | 53.00 | -0.66 | low | 12mH |
| 27.11 | 41.2 | Multiparous | D | D | 3.26 | high | 51.50 | -0.49 | low | 12mH |
| 23.04 | 39.4 | Multiparous | W | D | 3.26 | high | 51.23 | -0.91 | low | 12mH |
| 29.15 | 38.6 | Multiparous | D | D | 3.26 | high | 48.00 | 1.52 | high | 12mB, 12mH |
| 37 | 38.1 | Multiparous | D | D | 3.27 | high | 48.10 | 1.37 | high | 12mB, 12mH |
| 37.53 | 38.1 | Multiparous | W | D | 3.28 | high | 49.30 | 1.08 | high | Pl, CB, 12mB, 12mH |
| 25.64 | 40.2 | Multiparous | D | W | 3.34 | high | 51.00 | 0.95 | mid | Pl, CB, 12mB |
| 34.46 | 40.4 | Multiparous | W | W | 3.34 | high | 48.30 | 0.19 | mid | Pl, CB, 12mB |
| 20.29 | 40.2 | Multiparous | W | W | 3.36 | high | 53.47 | -1.01 | low | Pl, CB, 12mB, 12mH |
| 37.18 | 39.1 | Multiparous | D | D | 3.36 | high | 50.50 | 1.82 | high | Pl, CB, 12mB, 12mH |
| 22.07 | 41 | Multiparous | D | W | 3.37 | high | 48.47 | 0 | mid | Pl, CB |
| 28.91 | 40.2 | Multiparous | D | D | 3.39 | high | 50.50 | 0 | mid | Pl, CB |
| 23.51 | 38.9 | Multiparous | D | W | 3.45 | high | 50.47 | 1.02 | high | Pl |
| 31.48 | 40.7 | Multiparous | D | D | 3.5 | high | 50.00 | 0.08 | mid | 12mB |
| 37.96 | 41.2 | Multiparous | D | D | 3.52 | high | 50.40 | 1.7 | high | 12mB, 12mH |
| 40.36 | 39.1 | Multiparous | W | D | 3.55 | high | 49.50 | 0.6 | mid | Pl |
| 41.88 | 41 | Multiparous | D | W | 3.59 | high | 51.00 | -0.33 | mid | Pl, CB, 12mB |

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|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| 39.33 | 40.7 | Multiparous | D | D | 3.72 | high | 52.50 | -0.93 | low | Pl, CB |
| 31.19 | 41.8 | Multiparous | D | D | 3.79 | high | 50.77 | -0.28 | mid | Pl, CB, 12mB |
| 39.69 | 40.2 | Multiparous | D | W | 3.8 | high | 53.00 | -1.35 | low | Pl, CB, 12mB, 12mH |
| 39.65 | 41 | Multiparous | D | W | 3.9 | high | 50.00 | 0.82 | mid | Pl, CB, 12mB |
| 36.61 | Multiparous | D | W | 1.31 | low | 50.00 | 0.54 | mid | Pl, CB |

**FEMALES**

|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| 18.72 | 39.4 | Primiparous | D | W | 2.42 | low | 46.00 | 1.12 | high | Pl, 12mB, 12mH |
| 19.04 | 39.9 | Primiparous | W | W | 2.46 | low | 46.00 | 0.34 | mid | Pl, CB, 12mB |
| 29.89 | 39.1 | Multiparous | D | D | 2.48 | low | 50.00 | 0.54 | mid | Pl, CB |
| 21.16 | 38.9 | Multiparous | D | D | 2.48 | low | 45.50 | 1.86 | high | 12mB, 12mH |
| 23.01 | 38.7 | Multiparous | D | D | 2.5 | low | 47.00 | 0.11 | mid | 12mB |
| 39.72 | 38.6 | Multiparous | D | W | 2.53 | low | 46.40 | -0.28 | mid | Pl, 12mB |
| 22.98 | 38.3 | Multiparous | D | D | 2.54 | low | 49.97 | 1.14 | high | Pl, CB, 12mB, 12mH |
| 38.38 | 39.7 | Multiparous | W | D | 2.56 | low | 47.37 | 0.05 | mid | Pl, CB, 12mB |
| 29.65 | 40.2 | Multiparous | W | D | 2.58 | low | 45.00 | 0 | mid | Pl, CB |
| 26.92 | 38.1 | Multiparous | W | D | 2.61 | low | 46.50 | 0.65 | mid | Pl, CB, 12mB |
| 41.69 | 38.1 | Multiparous | D | D | 2.63 | low | 48.50 | 0.9 | mid | Pl, 12mB |
| 40.49 | 37 | Multiparous | W | W | 2.64 | low | 47.20 | 1.15 | high | Pl, CB, 12mB, 12mH |
| 19.19 | 38.1 | Primiparous | W | W | 2.67 | low | 46.50 | -4.44 | low | Pl, CB, 12mB |
| 38.56 | 38.9 | Multiparous | D | W | 2.69 | low | 45.67 | 1.44 | high | 12mH |
| 32.99 | 40.7 | Multiparous | D | D | 2.73 | low | 46.27 | -0.39 | low | 12mH |

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|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| 23.95 | 39.9 | Multiparous | W | W | 2.96 | mid | 50.27 | -0.47 | low | 12mH |
| 22.03 | 42 | Multiparous | D | D | 2.96 | mid | 49.40 | 1.67 | high | 12mH |
| 37.22 | 39.4 | Multiparous | W | D | 2.99 | mid | 49.50 | -0.46 | low | 12mH |
| 26.08 | 38.3 | Multiparous | D | D | 3 | mid | 46.00 | -0.46 | low | 12mH |
| 36.2 | 41.2 | Multiparous | D | D | 3.07 | mid | 50.07 | -0.89 | low | 12mH |
| 38.07 | 40.4 | Multiparous | D | D | 3.21 | mid | 50.27 | -0.76 | low | 12mH |
| 34.8 | 38.9 | Multiparous | W | D | 3.25 | high | 53.20 | 1.1 | high | CB |
| 35.4 | 40.4 | Multiparous | D | D | 3.29 | high | 50.50 | 0.78 | mid | CB |
| 36.78 | 40.2 | Multiparous | D | W | 3.31 | high | 49.00 | 0.07 | mid | PI |
| 32.43 | 39.7 | Multiparous | W | D | 3.33 | high | 51.00 | 0.81 | mid | PI, CB |
| 24.1 | 39.9 | Multiparous | W | D | 3.33 | high | 50.20 | 0 | mid | CB |
| 34.3 | 39.4 | Multiparous | W | D | 3.33 | high | 50.00 | -0.67 | low | CB |
| 34.25 | 41 | Multiparous | W | D | 3.37 | high | 45.17 | -1.39 | low | PI, CB, 12mB, 12mH |
| 39.54 | 40.2 | Multiparous | W | D | 3.42 | high | 49.80 | -1.11 | low | 12mB, 12mH |
| 27.27 | 39.9 | Multiparous | D | D | 3.75 | high | 53.00 | -0.17 | mid | PI, CB |
| 38.38 | 40.7 | Multiparous | D | D | 3.84 | high | 47.50 | 0.97 | high | PI, CB, 12mB |
| 27.12 | 41 | Multiparous | D | D | 3.97 | high | 52.00 | -0.87 | low | PI, 12mB, 12mH |
| 27.07 | | Multiparous | D | W | 1.1 | high | 27.07 | 12mH |
|                  | DNA extraction |          |          |          |          |
|------------------|---------------|----------|----------|----------|----------|
|                  | Low BW        | High BW  | Total    | Low LAZ  | High LAZ |
| Placenta         |               |          |          |          |          |
| Male             | 10            | 14       | 24       |          |          |
| Female           | 11            | 6        | 17       |          |          |
| Both             | 21            | 20       | 41       |          |          |
| Cordbloods       |               |          |          |          |          |
| Male             | 8             | 12       | 20       |          |          |
| Female           | 8             | 8        | 16       |          |          |
| Both             | 16            | 20       | 36       |          |          |
| Infant blood (12m) |            |          |          |          |          |
| Male             | 12            | 13       | 25       | 11       | 13       | 24       |
| Female           | 11            | 4        | 15       | 9        | 7        | 16       |
| Both             | 23            | 17       | 40       | 20       | 20       | 40       |
| Subjects in Common |             |          |          |          |          |
| Placenta BW and cord blood BW | 30 |          |          |          |          |
| Cordblood BW and Infant blood (12m) BW | 26 |          |          |          |          |
| Cordblood BW and Infant blood (12m) LAZ | 11 |          |          |          |          |
| Infant blood (12m) BW & Infant blood (12m) LAZ | 22 |          |          |          |          |

Table 2
| Cohorts                          | Total Number of DMRs | Direction of Median Methylation Change for DMRs Relative to High Groupings for Birthweight and LAZ | Total Number of CpG sites in DMRs and implicated genes |
|---------------------------------|----------------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------|
| Placenta BW                     | 4                    | +ve: 2, -ve: 2                                                                                  | 4 (4)                                                |
| Cord blood BW                   | 68                   | +ve: 25, -ve: 43                                                                                | 88 (78)                                              |
| Infant blood (12m) BW           | 54                   | +ve: 29, -ve: 25                                                                               | 71 (65)                                              |
| Infant blood (12m) LAZ          | 25                   | +ve: 13, -ve: 12                                                                               | 31 (26)                                              |

Table 3
| Genomic Feature           | Number of CpGs in Feature | Number of CpGs in Feature | % of Total |
|---------------------------|----------------------------|----------------------------|------------|
|                           | >5% median methylation change | <5% median methylation change |            |
| Promoter                  | 30                         | 44                         | 37.9       |
| Promoter and CTCF binding site | 9                          | 3                          | 6.2        |
| CTCF binding site         | 11                         | 3                          | 7.2        |
| Transcription Factor binding site | 4                          | 1                          | 2.5        |
| Enhancer                  | 0                          | 1                          | 0.5        |
| Exon                      | 16                         | 5                          | 10.8       |
| Intron                    | 28                         | 9                          | 19.5       |
| Intergenic                | 17                         | 13                         | 15.4       |

Table 4
Table 5

| Sample | Pyrosequencing | Methylseq |
|--------|----------------|-----------|
|        | Sample High    | Sample Low| Sample High | Sample Low |
| 1      | 20             | 1         | 31         | 1          | 22         | 1          | 40         |
| 2      | 22             | 2         | 31         | 2          | 22         | 2          | 42         |
| 3      | 23             | 3         | 31         | 3          | 23         | 3          | 42         |
| 4      | 23             | 4         | 33         | 4          | 23         | 4          | 41         |
| 5      | 30             | 5         | 35         | 5          | 24         | 5          | 40         |
| 6      | 35             |           | 6          | 6          | 46         |           |            |

Mean: 23.6 sd+/-3.38  32.6 sd+/-1.79  22.8 sd+/-0.74  41.3 sd+/-1.1

Individual samples sourced from the 12 month high and low LAZ (length for age) comparison groups

Median methylseq determined methylation change between groups = -14.8 referenced to high LAZ value
Figure 1

A. Panther GO-Slim Molecular Function

- Binding (GO:0005488)
- Catalytic Activity (GO:0003824)
- Molecular Function Regulator (GO:0098772)
- Molecular Transducer Activity (GO:0060089)
- Transcription Regulator Activity (GO:00140110)
- Translation Regulator Activity (GO:0045182)
- Transporter Activity (GO:0005215)

B. Panther GO-Slim Biological Process

- Metabolic Process (GO:0008152)
- Locomotion (GO:0040011)
- Localization (GO:0051179)
- Immune System (GO:0002376)
- Growth (GO:0040007)
- Cellular Process (GO:0009987)
- Cellular Component Organisation or Biogenesis (GO:0071840)
- Cell Population Proliferation (GO:0008283)
- Biological Regulation (GO:0065007)
- Biological Adhesion (GO:0022610)
- Biological Adhesion (GO:0026302)
- Developmental Process (GO:0032502)
- Growth (GO:0040007)
- Signalling (GO:0023052)
- Response to Stimulus (GO:0050896)
- Multicellular Organismal Process (GO:0032501)
- Multi-organism Process (GO:0051704)
- Cellular Component Organisation or Biogenesis (GO:0071840)
Figure 1

C. Panther GO-Slim Protein Class

- Cell Junction Protein (PC00070)
- Chromatin/Chromatin-Binding or Regulatory Protein (PC00077)
- Cytoskeletal Protein (PC00085)
- Extracellular Matrix (PC00102)
- Gene-specific Transcriptional Regulator (PC00264)
- Intracellular Signal Protein (PC00207)
- Membrane Traffic Protein (PC00150)
- Metabolite Interconversion Enzyme (PC00262)
- Nucleic Acid Binding Protein (PC00171)

D. Panther GO-Slim Cellular Component

- Synapse (GO:0045202)
- Cell Part (GO:0044464)
- Cell (GO:0005623)
- Extracellular Region Part (GO:0044421)
- Extracellular Region (GO:0005576)
- Membrane Part (GO:0044425)
- Membrane (GO:0016020)
- Membrane-enclosed Lumen (GO:0031974)
- Organelle Part (GO:0044422)
- Organelle (GO:0043226)
- Protein-containing Complex (GO:0065007)
- Supramolecular Complex (GO:0099080)
- Synapse Part (GO:0044456)
| Implicated Gene Name | Location of Methylation Change | Median % Methylation Change and p-value | Disease Associations from GAWAS Studies | Entrez Summary; Phenotype from Functional Studies and Mutation Analysis |
|----------------------|---------------------------------|----------------------------------------|----------------------------------------|------------------------------------------------------------------|
| **BiSeq Analysis >5% Methylation Change** | | | | |
| **Trophoblast** | | | | |
| **AL109910.1: Long intergenic noncoding RNA** | 6q27: position 170240417 | -10 p=4.2E-17 | NI | NI |
| **IKBKB: inhibitor of kappa light polypeptide gene enhancer in B-cells, kinase beta** | 8p11.2: position 42316149 | +5.8 p=3.45E-08 | Arthritis, Rheumatoid Arthritis, Anti-TNF Response, Asthma, Bronchiolitis, Viral Respiratory Syncytial Virus Infections, benzene haematotoxicity, Bone Mineral Density, Bronchiolitis, Viral Respiratory Syncytial Virus Infections, Colorectal Cancer, diabetes, type 2, Hepatitis C, Remission, Spontaneous, HIV, Hodgkin Disease, Leukemia, Lymphocytic, Chronic, B-Cell, Lymphoproliferative Disorders, Waldenstrom Macroglobulinemia, Lymphoma, Non-Hodgkin, multiple myeloma, respiratory syncytial virus, bronchiolitis, hyroid cancer | The protein encoded by this gene phosphorylates the inhibitor in the inhibitor/NF-kappa-B complex, causing dissociation of the inhibitor and activation of NF-kappa-B. The encoded protein itself is found in a complex of proteins. Mutations in this gene have been found in Immunodeficiency 15A (IMD15A) and 15B (IMD15B). See OMIM entries 603258, 618204, 615592 |
| **Cord Blood Birth Weight** | | | | |
| **LGR6: Leucine rich repeat containing G protein-coupled receptor** | 1q32.1: position 202318542 | -12.4 P=5.65E-07 | Erythrocyte Count | This gene encodes a member of the leucine-rich repeat-containing subgroup of the G protein-coupled 7-transmembrane protein superfamily. The encoded protein is a glycoprotein hormone receptor with a large N-terminal extracellular domain that contains leucine-rich repeats important for the formation of a horseshoe-shaped interaction motif for ligand binding. |
| **CRACD: Cancer-Related Regulator of Actin Dynamics** | 4q12: position 56169687 | -14.8 p=5.77E-08 | Erythrocyte Count, Prostatic Neoplasms, Respiratory Function Tests | Cytoskeletal regulator that stabilizes cadherin-catenin-actin complex. Mutated in colorectal cancer. See OMIM entry 618327 |
| **SEMA3B: Semaphorin 3B** | 3p21.3: positions 50276465 50276472 50276474 | +5.1 p=9.76E-07 | Lung cancer prostate cancer, Schizophrenia | Belongs to the class-3 semaphorin/collapsin family, whose members function in growth cone guidance during neuronal development. This family member inhibits axonal extension and has been shown to act as a tumor suppressor by inducing apoptosis. See OMIM entry 601281 |
| **PHYKPL: 5-phosphohydroxy-L-lysine phospho-lyase** | 5q35.3: position 178222463 | -5 p=1.47E-08 | Acquired Immunodeficiency Syndrome, Disease Progression | This is a nuclear gene encoding a mitochondrial enzyme that catalyzes the conversion of 5-phosphonoxy-L-lysine to ammonia, inorganic phosphate, and 2-amino adipate semialdehyde. Mutations in this gene may cause phosphohydroxylysinuria. See OMIM entries 614683, 614684. |
| Gene | Description | Chromosomal Location | Epi-Genetic Markers | Disease Associations | Function and Notes |
|------|-------------|----------------------|---------------------|---------------------|-------------------|
| ANKSTA | ankyrin repeat and sterile alpha motif domain containing 1A* | 6q21.31: positions 35088121 35088124 | -8 | Alcoholism, Coronary Artery Disease, height, Lupus, Systemic Lupus Erythematosus, Tobacco Use Disorder, Type 2 Diabetes, edema, rosiglitazone | May have a negative role in growth factor receptor signalling pathways. See OMIM entry 608994 |
| TNXB | tenascin XB* | 6q21.3: position 32096415 | -18.2 | Abortion, Spontaneous, Alzheimer’s disease, Arthritis, Rheumatoid, Chronic renal failure, Kidney Failure, Chronic, Diabetes Mellitus, Type 1, diabetes, Type 1, Ehlers-Danlos syndrome, height, HIV-1 control, Lupus Erythematosus, Systemic, nasal polyposis, Schizophrenia, smoking behavior, Type 2 Diabetes, edema, rosiglitazone | Member of the tenascin family of extracellular matrix glycoproteins. The tenascins have anti-adhesive effects, as opposed to fibronectin which is adhesive. This protein is thought to function in matrix maturation during wound healing. Mutations give rise to Ehlers-Danlos Syndrome (64) and a form of chronic kidney failure, Vesicoureteral Reflux – VUR (65), both of which involve alterations to the ECM related to collagen deposition. See OMIM entries 600985, 606408, 615963 |
| AL078602.1 | LncRNA | 5q14.1: position 16383487 | -8.1 | | |
| C7orf50 | Chromosome 7 open reading frame 50* | 7p22.3: positions 1006309 1006312 | -10.6 | Longevity | Associated with Longevity. |
| MAD1L1 | MAD1 mitotic arrest deficient like 1* | 7p22: position 1821917 | -6.9 | Bipolar Disorder, Carcinoma, Hepatocellular| Liver Neoplasms| Neoplasm Recurrence, Local, Chronic renal failure| Kidney Failure, Chronic, Iron, longevity, Lung Cancer, Mental Disorders, Myocardial Infarction, Narcolepsy, Neutrophils, Schizophrenia, Tobacco Use Disorder | MAD1L1 is a component of the mitotic spindle-assembly checkpoint that prevents the onset of anaphase until all chromosome are properly aligned at the metaphase plate. MAD1L1 functions as a homodimer and interacts with MAD2L1. MAD1L1 may play a role in cell cycle control and tumor suppression. See OMIM entry 602686 |
| LMTK2 | Lemur tyrosine kinase 2 | 7q21.3: position 98210819 | +5 | Body Fat Distribution, Body Weights and Measures, Chronic renal failure| Kidney Failure, Chronic, Echocardiography, null, prostate cancer, Prostatic Neoplasms | No copyright is required |
| ZNF783 | Zinc finger family member 783 | 7q21.3: positions 149294971 | +7.1 | | |

*No copyright is required*
| Gene Symbol | Gene Name | Location | Effect Size | p-value | Description |
|-------------|-----------|----------|-------------|----------|-------------|
| ZNF395      | Zinc finger protein 395* | 8p21.1: position 28353300 | -15.5 | 7.44E-09 | Acts as a transcriptional repressor, has histone deacetylase activity and coprecipitates with subunits of the nucleosome remodelling and deacetylase (NURD) complex. See OMIM entry 615786 |
| NACC2       | NACC family member 2* | 9q34.3: position 136009696 | +7.2 | 4.88E-08 | Acts as a transcriptional repressor, has histone deacetylase activity and coprecipitates with subunits of the nucleosome remodelling and deacetylase (NURD) complex. See OMIM entry 615786 |
| XPNPEP1     | X-prolyl aminopeptidase 1* | 10q25.3: position 109892970 | -10.9 | 1.85E-08 | Acts as a transcriptional repressor, has histone deacetylase activity and coprecipitates with subunits of the nucleosome remodelling and deacetylase (NURD) complex. See OMIM entry 615786 |
| OR52I1      | Olfactory receptor family 52 subfamily I member 1 | 11p15.4: position 4594214 | -5.4 | 7.63E-07 | The olfactory receptor proteins are members of a large family of G-protein-coupled receptors (GPCR) arising from single coding-exon genes. Olfactory receptors share a 7-transmembrane domain structure with many neurotransmitter and hormone receptors and are responsible for the recognition and G protein-mediated transduction of odorant signals. |
| EPS8L2      | EPS8 like 2* | 11p15.5: position 698970 | -10.6 | 8.48E-07 | EPS8L2 protein, like other members of the family, is thought to link growth factor stimulation to actin organization, generating functional redundancy in the pathways that regulate actin cytoskeletal remodelling. Mutations in humans (DFNB106 –Deafness, autosomal recessive) and a mouse knock-out model lead to hearing loss. See OMIM entries 614988, 617637 |
| Gene | Description | CpG Location | Beta | P-value | Notes |
|------|-------------|--------------|------|---------|-------|
| **B4GALNT4**: beta-1,4-N-acetyl-galactosaminyltransferase 4* | Cis-eQTM | 11p15.5: position 380196 | -5 | 5.38E-06 | B4GALNT4 modifies N- or O-linked oligosaccharide structures by transferring beta-1,4-linked GalNAc to the terminal acceptors. It is most highly expressed in ovary, followed by fetal brain and various adult brain regions. B4GALNT4 is also highly expressed in foetal kidney and lung. See OMIM entry 618560 |
| **CpG in CpG island within exon of gene** | | | | | |
| 10.697 kb downstream of TSS | | | | | |
| **AL512484.1**: LncRNA | Cis-eQTM | 13q: position 22736010 | -16.6 | 6.7E-06 | |
| **ADPRHL1**: ADP-ribosylhydrolase like 1* | Cis-eQTM | 13q34: position 113405896 | -8 | 3.79E-07 | ADP-ribosyltransferases (see ART1; OMIM 601625) transfer ADP-ribose from NAD+ to the target protein, and ADP-ribosylhydrolases, such as ADPRHL1, reverse the reaction. |
| **CpG within last exon of gene** | | | | | |
| 47.628 kb downstream of TSS | | | | | |
| **RASA3**: RAS p21 protein activator 3* | Cis-eQTM | 13q34: position 114055314 | -13.38 | 1.07E-06 | Negative regulator of the RAS signalling pathway. |
| **CpG within intron of gene** | | | | | |
| 73.375 kb downstream of TSS | | | | | |
| **SERPINA4**: Serpin family A member 4 | Cis-eQTM | 14q31-q32: position 94569731 | -14.4 | 3.25E-07 | Inhibitors of serine proteases and play a role in haemostasis and thrombosis. See OMIM entry 147935 |
| **CpG within intron of gene** | | | | | |
| 8.289 kb downstream of TSS | | | | | |
| **AL355102.2**: novel protein | Cis-eQTM | 14: position 96252539 | -7 | 1.66E-06 | |
| **CpG within intron** | | | | | |
| 47.695 kb downstream of TSS | | | | | |
| **DLK1**: Delta like non-canonical Notch ligand* | Cis-eQTM | 14q32: position 100737560 | +5.8 | 1.59E-06 | Bone Mineral Density, diabetes, type 1, Disease Models, Animal, Obesity, null, Optic Disk, type 1 diabetes |
| **CpG within 3'UTR** | | | | | |
| 11.855 kb downstream of TSS | | | | | |

No copyright is required
| Gene          | Chromosome and Distance | CpG Site | p-value | Description                                                                 | OMIM Entries                                                                 |
|--------------|-------------------------|----------|---------|----------------------------------------------------------------------------|----------------------------------------------------------------------------|
| **GABRG3**: gamma-aminobutyric acid type A receptor gamma3 subunit | 15q12: positions 27499077, 27499086 | +7.1    | 1.22E-07 | Alcohol consumption, alcohol dependence, autism, Bipolar Disorder, bipolar schizoaffective disorder, Blood Pressure Determination, Bulimia, Cholesterol, LDL, Dyskinesia, Drug-Induced, Interleukin-6, null, Parkinson Disease, Psychiatric Disorders, schizophrenia | OMIM entry 176290 |
| **MARVELD3**: MARVEL domain containing 3 | 16q22.2: positions 71640523, 71640527 | -9.9    | 2.04E-07 | NI                                                                             | Possible association with resistance to malaria. See OMIM entries 6140494, 611162. |
| **MBTPS1**: Membrane bound transcription factor peptidase, site 1 | 16q23.3-q24.1: position 84059154 | -5.1    | 6.64E-07 | Plasma HDL cholesterol (HDL-C) levels, Type 2 Diabetes, edema, rosiglitazone | This gene encodes a type 1 membrane bound protease which is ubiquitously expressed and regulates cholesterol or lipid homeostasis via cleavage of substrates at non-basic residues. Mutations in this gene may be associated with lysosomal dysfunction. See OMIM entries 603355, 618392. |
| **PLIN4**: Perilipin 4 | 19p13.3: position 4502564 | -15.8   | 7.54E-09 | Obesity                                                                       | 19p13.3. Coats intracellular lipid storage droplets. Associated with obesity. |
| **NFX1**: Nuclear factor I X* | 19p13.3: position 13087984 | -9.18   | 4.61E-07 | NI                                                                            | The protein encoded by this gene is a transcription factor that binds the palindromic sequence 5'-TTGGCNNNNNGCCAA-3 in viral and cellular promoters. The encoded protein can also stimulate adenovirus replication in vitro. Mutations in this gene have been found in Sotos Syndrome 2 and Marshall-Smith Syndrome, both associated with overgrowth, skeletal malformation and impaired neural function. See OMIM entries 164005, 614753, 602535. |
| **NANOS2**: Nanos C2HC-type zinc finger | 19q13.32: position 45914574 | -19.8   | 1.87E-05 | NI                                                                            | Zinc finger protein expressed in testis. Inactivation of the genes in mouse model causes abortion of germ line and infertility. (66) See OMIM entry 608228. |
| **BCOR**: BCL6 corepressor | Xp21-p11.4: position 40102943 | +11.6   | 1.25E-05 | NI                                                                            | Interacting corepressor of BCL6, a POZ/zinc finger transcription repressor that is required for germinal center formation and may influence apoptosis. This protein selectively interacts with the POZ domain of BCL6, but not with eight other POZ proteins. Specific class I and II histone deacetylases (HDACs) have been shown to interact with this protein, which suggests a possible link between the two classes of HDACs. Mutations in this gene have been shown to cause developmental syndromic microphthalmia-2 (MCOPS2) and oculofaciocardiodental syndrome (OFCD). See OMIM entries 300485 and 300166. |
| Gene        | Description                                                                 | Position            | Score | p-value          | Assay Type | Additional Information                                                                                                                                 |
|-------------|-----------------------------------------------------------------------------|---------------------|-------|-----------------|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| PYGO2       | Pygopus family PHD finger 2*                                                | 1q21.3: position    | -6.2  | 8.65E-08         | NI         | The gene product is required for WNT signal transduction at the level of nuclear beta-catenin in Drosophila. It is suggested that the recruitment of human PYGO permits beta-catenin to transcriptionally activate WNT target genes and that deregulation of this interaction may play a causal role in the development of B-cell malignancies. See OMIM entry 606903 |
| CFA74       | Cilia and flagella associated protein 74                                    | 1p36.33: positions  | +10   | 4.2E-07          | NI         | Cilia and flagella associated protein with biased expression in the testis.                                                                                   |
| KHL23       | Kelch like family member 23                                                 | 2q31.3: position    | +5.1  | 2.94E-07         | NI         |                                                                                                                                                                    |
| CFLX1       | Complexin 1*                                                                | 4p16.3: position    | +12.7 | 2.9E-07          | Alcoholism, Behcet Syndrome, Schizophrenia                                                               |
| TNXB        | Tenascin XB*                                                                | 6p21.3 positions    | +10.1 | 1.07E-08         | Abortion, Spontaneous, Alzheimer's disease, Arthritis, Rheumatoid, Chronic renal failure, Kidney Failure, Chronic, Diabetes Mellitus, Type 1, diabetes, type 1, Ehlers-Danlos syndrome, height, HIV-1 control, Lupus Erythematosus, Systemic, nasal polyposis, Schizophrenia, smoking behavior, Type 2 Diabetes, edema, rosiglitazone |
| DMTN        | Dematin actin binding protein*                                               | 8p22.1: position    | -5.9  | 1.39E-07         | NI         | The protein encoded by this gene is an actin binding and bundling protein that plays a structural role in erythrocytes, by stabilizing and attaching the spectrin/actin cytoskeleton to the erythrocyte membrane in a phosphorylation-dependent manner. Disruption of this gene in a mouse model causes severe instability of the erythrocyte membrane and hypermethylation metastasis of colorectal cancer (69) |
| AC016816.1  | novel transcript LncRNA                                                     | 10: positions       | -9.5  | 4.2E-9           | NI         |                                                                                                                                                                    |
| MEG9        | maternally expressed 9 (LINC00584)*                                        | 14q32: position     | +22.6 |                 | Body mass and age of menarche (ref)                                                                      |
| AC016816.1  | novel transcript LncRNA                                                     | 10: positions       | -9.5  | 4.2E-9           | NI         |                                                                                                                                                                    |
| Gene | Description | Chromosome | Position | Effect | p-value | Associated Conditions |
|------|-------------|------------|----------|--------|---------|-----------------------|
| KIF26A | Kinesin family member 26A* | 14q32.33 | 104213423, 104213437 | +16.7 | 5.77E-08 | Pancreatic Neoplasms, Stroke, Waist Circumference |
| SGTA | Small glutamine rich tetra-tricopeptide repeat containing alpha | 19p13.3 | 2772117 | +5.7 | 9.42E-07 | Insulin Resistance | Polycystic Ovary Syndrome, POLYCYSTIC OVARIAN SYNDROME | Polycystic Ovary Syndrome |
| MYT1 | Myelin transcription factor 1 | 22q13.33 | 64186999 | +5 | 4.47E-06 | NI |
| TAB1 | TGF-beta activated kinase 1 (MAP3K7) binding protein 1* | 1q41 | 220890231 | +21.3 | 2.27E-07 | Aorta, Asthma, Asthma, Blood Pressure, Body Height, Cholesterol, Cholesterol, LDL, Dupuytren Contracture, Echocardiography, Hip, Leukemia, Myeloid, Mortality |
| HLX | H2.0 like homeobox* | 1q41 | 220890231 | +21.3 | 2.27E-07 | Aorta, Asthma, Asthma, Blood Pressure, Body Height, Cholesterol, Cholesterol, LDL, Dupuytren Contracture, Echocardiography, Hip, Leukemia, Myeloid, Mortality |

*KIF26A: Microtubule associated kinesin. Mouse KO model shows growth retardation with defective development of the bowel. See OMIM entry 613231*

*SGTA: SGTA protein interacts with the growth hormone (69) and steroid hormone (both androgen and progesterone) receptor signalling pathways (72, 73), potentially regulating growth and development of polycystic ovary syndrome, prostate and breast cancers (73). SGTA also promotes the proteosomal degradation of mislocalized proteins and protects Amyloid Precursor Protein from such a fate, possibly implicating it in Alzheimer’s Disease (73)*

*MYT1: The protein encoded by this gene is a member of a family of neural specific, zinc finger-containing DNA-binding proteins. The protein binds to the promoter regions of proteolipid proteins of the central nervous system and plays a role in the developing nervous system. Inactivation of the gene in a mouse model is embryonic lethal with poor innervation of the diaphragm. Conditional pancreatic inactivation is associated with a glucose intolerance phenotype. Mutation of MYT1 has been found in a patient with Hemifacial macrosomia (HFM). See OMIM entries 600379, 164210*

*TAB1: This gene was identified as a regulator of the MAP kinase kinase kinase MAP3K7/TAK1, which is known to mediate various intracellular signaling pathways, such as those induced by TGF beta, interleukin 1, and WNT-1. This protein interacts and thus activates TAK1 kinase. It has been shown that the C-terminal portion of this protein is sufficient for binding and activation of TAK1, while a portion of the N-terminus acts as a dominant-negative inhibitor of TGF beta, suggesting that this protein may function as a mediator between TGF beta receptors and TAK1. This protein can also interact with and activate the mitogen-activated protein kinase 14 (MAPK14/p38alpha), and thus represents an alternative activation pathway, in addition to the MAPKK pathways, which contributes to the biological responses of MAPK14 to various stimuli. See OMIM entry 600379, 164210*

*HLX: Over expression and insertional ablation in transgenic mice indicate a role in CD4+ T lymphocyte development (74) and liver and gut organogenesis (75) respectively. It is interesting to note that the gene has also been found to be expressed in cytrophoblast cell types in early pregnancy human placentas (76), to be a regulator of trophoblast proliferation (77) and shows reduced expression associated with foetal growth restriction (78).*
| Gene                      | Annotation                                                                 | Genome Position       | Beta   | p-value      | Disease Associations                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|---------------------------|----------------------------------------------------------------------------|-----------------------|--------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GAR1: ribonucleoprotein homolog (yeast) pseudogene | CpG 781 bp upstream of TSS | 4q28: position 184560564 | -7.3   | 2.89E-10      | Abortion, Spontaneous, benzene haematotoxicity, Black vs blond hair color, Black vs red hair color, Carcinoma, Basal Cell, Celiac disease Chromosome Aberrations Chromosome abnormality Chronic Lymphocytic Leukemia Leukemia, Lymphocytic, Chronic, B-Cell Chromosome Aberrations Chromosome abnormality, Lymphocytosis, Chronic lymphocytic leukemia, Chronic Lymphocytic Leukemia Hodgkin Disease Leukemia, Lymphocytic, Chronic, B-Cell Multiple Myeloma, Chronic Lymphocytic Leukemia Leukemia, Lymphocytic, Chronic, B-Cell, Chronic Lymphocytic Leukemia Leukemia, Lymphocytic, Chronic, B-Cell, Lymphoma Syndrome, Chronic renal failure, Kidney Disease, Chronic, Eye Color, freckles, Hair Color, HIV, Hodgkin Disease Leukemia, Lymphocytic, Chronic, B-Cell, Lymphoproliferative Disorders, Waldenstrom Macroglobulinemia, Leukemia, Lymphocytic, Chronic, B-Cell Leukemia, Lymphoid, lymphoma, melanoma, melanoma, Nevus, Skin Neoplasms, melanoma, Nevus, Skin Neoplasms, Sunburn, Melanosis, multiple myeloma, Multiple Sclerosis, Neuroblastoma, Skin Neoplasms, Suntan, Supranuclear Palsy, Progressive, tanning phenotype |
| IRF4: Interferon regulatory factor 4 | CpG intergenic 10.49 kb 5' to gene | 6p25.3: position 390703 | -15.3  | 2.7E-07       | Alcoholism, Atrial Fibrillation, Atrial Fibrillation Atrial Fibrillation Brain Ischemia, Stroke, Body Mass Index, Cardiovascular Diseases, Coronary Disease, Kawasaki disease, Mucocutaneous Lymph Node Syndrome, Myocardial Infarction, Ventricular Fibrillation, prostate cancer, Tobacco Use Disorder, Waist Circumference |
| ZFHX3: Zinc finger homeobox 3 | CpG within intron of gene 858.287 kb downstream of TSS | 16q22.2-q22.3 position 73033584 | -14.8  | 6.9E-08       | Alcoholism, Atrial Fibrillation, Atrial Fibrillation Atrial Fibrillation Brain Ischemia Stroke, Body Mass Index, Cardiovascular Diseases, Coronary Disease, Kawasaki disease, Mucocutaneous Lymph Node Syndrome, Myocardial Infarction, Ventricular Fibrillation, prostate cancer, Tobacco Use Disorder, Waist Circumference |
| LINC00511: long intergenic non-protein coding RNA 511 | CpG in intron of gene 260.980 kb downstream of TSS | 17q24.3: position 72379492 | -11    | 3.3E-09       | Long intergenic non-coding RNA involved in promoting several cancers through regulation of a variety of microRNAs. Acts as an oncogenic LINCRNA. |

Belongs to the IRF (interferon regulatory factor) family of transcription factors, characterized by an unique tryptophan pentad repeat DNA-binding domain. The IRFs are important in the regulation of interferons in response to infection by virus, and in the regulation of interferon-inducible genes. This family member is lymphocyte specific and negatively regulates Toll-like-receptor (TLR) signaling that is central to the activation of innate and adaptive immune systems. A chromosomal translocation involving this gene and the IgH locus, t(6;14)(p25;q32), may be a cause of multiple myeloma. See OMIM entries 601900, 612558.

ZFHX3 (a zinc finger homeobox transcription factor - also known as ATF8, Atrial fibrillation, family 1) can both repress and activate genes in cooperation with TGF beta signalling (79, 80, 81). Genetic evidence implicates the gene in a number of disease phenotypes; breast cancer through mutation and interaction with the oestrogen receptor (82, 83), gastric cancer (80) and prostate cancer (82). The important role the gene plays in myogen differentiation (83) correlates with the genetic association to atrial fibrillation and other cardiac phenotypes. See OMIM entries 104155, 613055.
| Implicated Gene Name Closest to CpG | Location of Methylation Change | Median % Methylation Change and p-value | Disease Associations from GAWAS Studies | Entrez Summary; Phenotype from Functional Studies and Mutation Analysis |
|----------------------------------|-------------------------------|---------------------------------------|------------------------------------------|------------------------------------------------------------------|
| **BiSeq Analysis >5% Methylation Change** | | | | |
| **Trophoblast** | | | | |
| AL109910.1: Long intergenic noncoding RNA | 6q27: position 170240417 | -10 p=4.2E-17 | NI | NI |
| | 8p11.2: position 42316149 | +5.8 p=3.45E-08 | Arthritis, Rheumatoid | Arthritis, Rheumatoid | Rheumatoid Arthritis, Anti-TNF Response, Asthma, Bronchiolitis, Viral Respiratory Syncytial Virus Infections, benzene haematotoxicity Bone Mineral Density, Bronchiolitis, Viral | Respiratory Syncytial Virus Infections, Colorectal Cancer, diabetes, type 2, Hepatitis C | Remission, Spontaneous, HIV, Hodgkin Disease, Leukemia, Lymphocytic, Chronic, B-Cell, Lymphoproliferative Disorders, Waldenstrom Macroglobulinemia, Lymphoma, Non-Hodgkin, multiple myeloma, respiratory syncytial virus bronchiolitis, hyroid cancer |
| | | | | |
| **Cord Blood Birth Weight** | | | | |
| LGR6: Leucine rich repeat containing G protein-coupled receptor* | 1q32.1: position 202318542 | -12.4 P=5.65E-07 | Erythrocyte Count | |
| | CpGs within 3' exon of gene 124.641 kb downstream of TSS | | | |
| | Cis-meQTLs | | | |
| | Cis-eQTM | | | |
| CRACD: Cancer-Related Regulator of Actin Dynamics | 4q12: position 56169687 | -14.8 p=5.77E-08 | Erythrocyte Count, Prostatic Neoplasms, Respiratory Function Tests | Cytoskeletal regulator that stabilizes cadherin-catenin-actin complex. Mutated in colorectal cancer. See OMIM entry 618327 |
| | CpGs within intron of gene 120.614 downstream of TSS | | | |
| | Cis-eQTM | | | |
| SEMA3B: Semaphorin 3B* | 3p21.3: positions 50276465 50276472 50276474 | +5.1 p=9.76E-07 | Lung cancer prostate cancer, Schizophrenia | Belongs to the class-3 semaphorin/collapsin family, whose members function in growth cone guidance during neuronal development. This family member inhibits axonal extension and has been shown to act as a tumor suppressor by inducing apoptosis. See OMIM entry 601281 |
| | CpGs in CpG island in 3' exon of gene | | | |
| | Cis-eQTM | | | |
| PHYKPL: 5-phosphohydroxy-L-lysine phospho-lyase | 5q35.3: position 178222463 | -5 p=1.47E-08 | Acquired Immunodeficiency Syndrome, Disease Progression | This is a nuclear gene encoding a mitochondrial enzyme that catalyzes the conversion of 5-phosphonoxy-L-lysine to ammonia, inorganic phosphate, and 2-aminoadipate semialdehyde. Mutations in this gene may cause phosphohydroxylysinuria. See OMIM entries 614683, |
### Figure 3

| Gene ID | Location | Description | p Value | MiQTLs | Trans-meQTLs | Cis-meQTLs | Cis-eQTM | Common Terms | Genes | Notes | OMIM Entry |
|---------|----------|-------------|---------|--------|-------------|------------|----------|--------------|-------|-------|------------|
| ANKS1A: ankyrin repeat and sterile alpha motif domain containing 1A* | 6q21.31: positions 35088121, 35088124 | CpGs within last exon of gene 198.866, 198.869 downstream of TSS | -8 | p=1.03E-07 | - | - | - | Alcoholism, Coronary Artery Disease, height, Lupus Erythematosus, Systemic Lupus Erythematosus, Tobacco Use Disorder, Type 2 Diabetes, edema, rosiglitazone | May have a negative role in growth factor receptor signalling pathways. See OMIM entry 608994 |
| TNXB: tenascin XB* | 6q21.3: position 32096415 | CpG intergenic 35.762 kb upstream of TSS | -18.2 | p=1.08E-5 | - | - | - | Abortion, Spontaneous, Alzheimer's disease, Arthritis, Rheumatoid Arthritis, Chronic renal failure, Kidney Failure, Chronic, Diabetes Mellitus, Type 1, diabetes, type 1, Ehlers-Danlos Syndrome, height, HIV-1 control, Lupus Erythematosus, Systemic Lupus Erythematosus, nasal polyposis, Schizophrenia, smoking behavior, Type 2 Diabetes, edema, rosiglitazone | Member of the tenascin family of extracellular matrix glycoproteins. The tenascins have anti-adhesive effects, as opposed to fibronectin which is adhesive. This protein is thought to function in matrix maturation during wound healing. Mutations give rise to Ehlers-Danlos Syndrome (64) and a form of chronic kidney failure, Vesicouretal Reflux – VUR (65), both of which involve alterations to the ECM related to collagen deposition. See OMIM entries 600985, 606408, 615963 |
| AL078602.1: LncRNA | 6q14.1: position 16383487 | CpG within intron of transcript | -8.1 | p=3.06E-06 | - | - | - | | |
| C7orf50: Chromosome 7 open reading frame 50* | 7p22.3: positions 1006309, 1006312 | CpGs in CpG island within intron | -10.6 | p=1.44E-07 | - | - | - | Longevity | Associated with Longevity. |
| MAD1L1: MAD1 mitotic arrest deficient like 1* | 7p22: position 1821917 | CpG in last intron of gene 411.326 downstream of TSS | -6.9 | p=7.64E-06 | - | - | - | Bipolar Disorder, Carcinoma, Hepatocellular Carcinoma, Liver Neoplasms, Liver Neoplasm Recurrence, Local, Chronic renal failure, Kidney Failure, Chronic, Iron, longevity, Lung Cancer, Mental Disorders, Myocardial Infarction, Narcolepsy, Neutrophils, Schizophrenia, Tobacco Use Disorder | MAD1L1 is a component of the mitotic spindle-assembly checkpoint that prevents the onset of anaphase until all chromosome are properly aligned at the metaphase plate. MAD1L1 functions as a homodimer and interacts with MAD2L1. MAD1L1 may play a role in cell cycle control and tumor suppression. See OMIM entry 602686 |
| LMTK2: Lemur tyrosine kinase 2 | 7q21.3: position 98210819 | CpG in CpG island 311 base pairs 3' to the gene | +5 | p=1.06E-06 | - | - | - | Body Fat Distribution, Body Weights and Measures, Chronic renal failure, Kidney Failure, Chronic, Echocardiography, null, prostate cancer, Prostatic Neoplasms | Belongs to the protein tyrosine kinase family and interacts with several other proteins, such as Inhibitor-2 (Ihn2), protein phosphatase-1 (PP1C), p35, and myosin VI. It phosphorylates other proteins, and is itself also phosphorylated when interacting with cyclin-dependent kinase 5 (cdk5)/p35 complex. This protein is involved in nerve growth factor (NGF)-TrkA signalling, and also plays a critical role in endosomal membrane trafficking. Mouse studies suggested an essential role of this protein in spermatogenesis. See OMIM entry 610989 |
| ZNF783: Zinc finger family member 783 | 7q21.3: positions 149294971 | | +7.1 | p=5.6E-07 | - | - | - | | |
| Genes | CpGs | Position | p-value | Description |
|-------|------|----------|---------|-------------|
| ZNF395: Zinc finger protein 395* | 149294988 | 8p21.1: position 28353300 | p=7.44E-09 | 8p21.1: Binding factor for the papilloma virus promoter and the Huntington gene promoter. See OMIM entry 606494 |
| NACC2: NACC family member 2* | 9q34.3: position 136009696 | +7.2 | Body Fat Distribution, Insulin, Stroke, Tobacco Use Disorder |
| XPNPEP1: X-prolyl aminopeptidase 1* | 10q25.3: position 109892970 | -10.9 | Alzheimer's disease, biliary atresia, Tobacco Use Disorder |
| OR52I1: Olfactory receptor family 52 subfamily I member 1 | 11p15.4: position 4594214 | -5.4 | NI |
| EPS8L2: EPS8 like 2* | 11p15.5: position 698970 | -10.6 | EPS8L2 : Body Weight, Inflammatory Bowel Diseases |

No copyright is required
| Gene | Description | Cis-eQTM | Trans-meQTLs | Known Diseases |
|------|-------------|----------|--------------|----------------|
| B4GALNT4 | beta-1,4-N-acetyl-galactosaminyltransferase 4* | 11p15.5: position 380196 | -5 | 5.38E-06 | Cis-eQTM  
B4GALNT4 modifies N- or O-linked oligosaccharide structures by transferring beta-1,4-linked GalNAc to the terminal acceptors. It is most highly expressed in ovary, followed by fetal brain and various adult brain regions. B4GALNT4 is also highly expressed in foetal kidney and lung. See OMIM entry 618560 |
| AL512484.1: LncRNA | CpG intergenic142.139 kb upstream from TSS | 13q: position 22736010 | -16.6 | 6.7E-06 | No |
| ADPRHL1 | ADP-ribosylhydrolase like 1* | 13q34: position 113405896 | -6.8 | 3.79E-07 | No |
| RASA3 | RAS p21 protein activator 3* | 13q34: position 114055314 | -13.38 | 1.07E-06 | Negative regulator of the RAS signalling pathway. |
| SERPINA4 | Serpin family A member 4 | 14q31-q32: position 94569731 | -14.4 | 3.25E-07 | Inhibitors of serine proteases and play a role in haemostasis and thrombosis. See OMIM entry 147935 |
| AL355102.2 | novel protein | 14: position 96252539 | -7 | 1.66E-06 | No |
| DLK1 | Delta like non-canonical Notch ligand* | 14q32: position 100737560 | +5.8 | 1.59E-06 | Bone Mineral Density, diabetes, type 1, Disease Models, Animal: Obesity, null,Optic Disk, type 1 diabetes |

This gene encodes a transmembrane protein that contains multiple epidermal growth factor repeats that functions as a regulator of cell growth. The encoded protein is involved in the differentiation of several cell types including adipocytes. This gene is located in a region of chromosome 14 frequently showing uniparental disomy, and is imprinted and expressed from the paternal allele. This imprinted region is important for growth and development and leads to Temple Syndrome when uniparental disomy is present. A single nucleotide variant in this gene is associated with child and adolescent obesity and shows polar overdominance, where heterozygotes carrying an active paternal allele express the phenotype, while mutant homozygotes are...
| Gene | Location | Changed CpGs | p-Value | Description |
|------|----------|--------------|---------|-------------|
| **GABRG3**: gamma-aminobutyric acid type A receptor gamma3 subunit | 15q12: positions 27499077 27499086 | +7.1 | p=1.22E-07 | alcohol consumption, alcohol dependence, autism, Bipolar Disorder, bipolar schizoaffective disorder, Blood Pressure Determination, Bulimia, Cholesterol, LDL, Dyskinesia, Drug-Induced, Interleukin-6, null, Parkinson Disease, Psychiatric Disorders, schizophrenia | autism, several psychiatric disorders, Tobacco Use Disorder |
| **MARVELD3**: MARVEL domain containing 3 | 16q22.2: positions 71640523 71640527 | -9.9 | p=2.04E-07 | Protein found colocalised with occludin at junctional complexes. Possible association with resistance to malaria. See OMIM entries 6140494, 611162. |
| **MBTPS1**: Membrane bound transcription factor peptidase, site 1 | 16q23.3-q24.1: position 84059154 | -5 | p=6.64E-07 | Plasma HDL cholesterol (HDL-C) levels, Type 2 Diabetes, edema, Rosiglitazone |
| **PLIN4**: Perilipin 4 | 19p13.3: position 4502564 | -15.8 | p=7.54E-09 | Obesity |
| **NFIX**: Nuclear factor I X* | 19p13.3: position 13087964 | -9.18 | p=4.61E-07 | The protein encoded by this gene is a transcription factor that binds the palindromic sequence 5\-TTGGCNNNNNGCCAA-3 in viral and cellular promoters. The encoded protein can also stimulate adenovirus replication in vitro. Mutations in this gene have been found in Sotos Syndrome 2 and Marshall-Smith Syndrome, both associated with overgrowth, skeletal malformation and impaired neural function. See OMIM entries 164005, 614753, 602535 |
| **NANOS2**: Nanos C2HC-type zinc finger | 19q11.3: position 45814574 | -19.8 | p=1.87E-05 | Zinc finger protein expressed in testis. Inactivation of the genes in mouse model causes ablation of germ line and infertility. (66) See OMIM entry 608228 |
| **BCOR**: BCL6 corepressor | Xp21-p11.4: position 40102943 | +11.6 | p=1.25E-05 | Interacting corepressor of BCL6, a POZ/zinc finger transcription repressor that is required for germinal center formation and may influence apoptosis. This protein selectively interacts with the POZ domain of BCL6, but not with eight other POZ proteins. Specific class I and II histone deacetylases (HDACs) have been shown to interact with this protein, which suggests a possible link between the two classes of HDACs. Mutations in this gene have been shown to cause developmental syndromic microphthalmia-2 (MCOPS2) and oculofaciocardiodental syndrome (OFCD). See OMIM entries 300485 and 300166 |
| Gene | Description | Chromosome | Position | TSS Distance | p-Value | Annotation |
|------|-------------|-------------|----------|--------------|---------|------------|
| **PYGO2:**  Pygopus family PHD finger 2* | CpG in 3' UTR of gene 5.964 kb downstream of TSS | 1q21.3 | 154957889 | -6.2 | 8.65E-08 | NI |
| **CFAP74:**  Cilia and flagella associated protein 74 | CpG within intron 18.37, 18.360 kb downstream of TSS | 1p36.33 | 1985466, 1985477 | +10 | 4.2E-07 | NI |
| **KHL23:**  Kelch like family member 23 | Cpg within intron of gene 21.502 kb downstream of TSS | 2q31.3 | 169715990 | +5.1 | 2.94E-07 | NI |
| **CPLX1:**  Complexin 1* | Cpg intergenic 41.512 kb downstream of TSS | 4p16.3 | 784617 | +12.7 | 2.9E-07 | Alcoholism, Behcet Syndrome, Schizophrenia |
| **TNXB:**  Tenascin XB* | All three CpGs are located within intron of the gene 7.159, 7.146, 9.024 kb downstream of TSS | 6p21.3 | 32053494, 32053507, 32069677 | +10.1 | 1.07E-08 | Abortion, Spontaneous, Alzheimer's disease, Arthritis, Rheumatoid, Chronic renal failure, Kidney Failure, Chronic, Diabetes Mellitus, Type 1, diabetes, type 1, Ehlers-Danlos syndrome, height, HIV-1 control, Lupus Erythematosus, Systemic, nasal polyposis, Schizophrenia, smoking behavior, Type 2 Diabetes, edema, rosiglitazone |
| **DMTN:**  Dematin actin binding protein* | CpG within first intron of gene 6.539 kb downstream of TSS | 8p22.1 | 22055354 | -5.9 | 1.39E-07 | NI |
| **AC016816.1:**  novel transcript LncRNA | CpG intergenic 306.103 kb downstream of TSS and between AC016816.1 and MIR378C | 10 | 130834812, 1300834815 | -9.5 | 4.2E-09 | NI |
| **MEG9:**  maternally expressed 9 (LINC00584)* | CpG within last exon of gene 4.468 kb downstream of TSS | 14q32 | 504957889 | +22.6 | | Body mass and age of menarche (ref) | 14q32:  Maternally expressed imprinted non-coding RNA (LINC00584). Functional studies indicate role in megakaryocyte differentiation and angiogenesis (70). Located in the imprinted 14q32 region involved in Temple Syndrome |

The gene product is required for WNT signal transduction at the level of nuclear beta-catenin in Drosophila. It is suggested that the recruitment of human PYGO permits beta-catenin to transcriptionally activate WNT target genes and that deregulation of this interaction may play a causal role in the development of B-cell malignancies. See OMIM entry 606903.

Cilia and flagella associated protein with biased expression in the testis.

Member of the tenascin family of extracellular matrix glycoproteins. The tenascins have anti-adhesive effects, as opposed to fibronectin which is adhesive. This protein is thought to function in matrix maturation during wound healing. Mutations give rise to Ehlers-Danlos Syndrome (64) and a form of chronic kidney failure, Vesicoureteral Reflux – VUR (65), both of which involve alterations to the ECM related to collagen deposition. See OMIM entries 600985, 606408, 615963.

The protein encoded by this gene is an actin binding and bundling protein that plays a structural role in erythrocytes, by stabilizing and attaching the spectrin/actin cytoskeleton to the erythrocyte membrane in a phosphorylation-dependent manner. Disruption of this gene in a mouse model causes severe instability of the erythrocyte membrane and hypermethylation metastasis of colorectal cancer (69).
| Gene Name       | Description                                                                 | CpG Sites                                                                 | Position          | p-value       | Phenotypes                                                                 | Notes                                                                 |
|-----------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------|---------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------|
| KIF26A          | Kinesin family member 26A*                                                   | CpGs intergenic 32.529 and 32.545 kb 3’ to gene                           | 14q32.33:         | +16.7         | Pancreatic Neoplasms, Stroke, Waist Circumference                         | Microtubule associated kinesin. Mouse KO model shows growth retardation with defective development of the bowel. See OMIM entry 613231 |
| SGTA            | Small glutamine rich tetraetrapetide repeat containing alpha                 | CpG within intron of gene 11.165 kb downstream of TSS                      | 19p13.3:          | +5.7          | Insulin Resistance | Polycystic Ovary Syndrome, POLYCYSTIC OVARIAN SYNDROME | Polycystic Ovary Syndrome See OMIM entry 613231                        |
| MYT1            | Myelin transcription factor 1                                                 | CpG in CpG island within first intron of gene 31.563 kb downstream of TSS | 20q13.3:          | +5            | NI                                                                        | The protein encoded by this gene is a member of a family of neural specific, zinc finger-containing DNA-binding proteins. The protein binds to the promoter regions of proteolipid proteins of the central nervous system and plays a role in the developing nervous system. Inactivation of the gene in a mouse model is embryonic lethal with poor innervation of the diaphragm. Conditional pancreatic inactivation is associated with a glucose intolerance phenotype. Mutation of MYT1 has been found in a patient with Hemifacial macrosomia (HFM). See OMIM entries 600379, 164210 |
| TAB1            | TGF-beta activated kinase 1 (MAP3K7) binding protein 1*                      | CpGs in CpG island 10.653, 10.646, 10.642, 10.636 kb upstream of TSS     | 22q13.1:          | -35.6         | Arthritis, Rheumatoid | Rheumatoid Arthritis, Arthritis, Rheumatoid | Rheumatoid Arthritis | Anti-TNF Response, Crohn Disease | Crohn's disease | This gene was identified as a regulator of the MAP kinase kinase kinase MAP3K7/TAK1, which is known to mediate various intracellular signaling pathways, such as those induced by TGF beta, interleukin 1, and WNT-1. This protein interacts and thus activates TAK1 kinase. It has been shown that the C-terminal portion of this protein is sufficient for binding and activation of TAK1, while a portion of the N-terminus acts as a dominant-negative inhibitor of TGF beta, suggesting that this protein may function as a mediator between TGF beta receptors and TAK1. This protein can also interact with and activate the mitogen-activated protein kinase 14 (MAPK14/p38alpha), and thus represents an alternative activation pathway, in addition to the MAPK4 pathways, which contributes to the biological responses of MAPK14 to various stimuli. See OMIM entry 602615 |
| HLX             | H2.0 like homeobox*                                                          | CpG intergenic 10.8 kb 5’ to gene                                          | 1q41:             | +21.3         | Aorta, Asthma, Asthma, Blood Pressure, Body Height, Cholesterol, Cholesterol, LDL, Dupuytren Contracture, Echocardiography, Hip, Leukemia, Myeloid, Mortality | Over expression and insertional ablation in transgenic mice indicate a role in CD4+ T lymphocyte development (74) and liver and gut organogenesis (75) respectively. It is interesting to note that the gene has also been found to be expressed in cytrophoblast cell types in early pregnancy human placentas (76), to be a regulator of trophoblast proliferation (77) and shows reduced expression associated with foetal growth restriction (78). |
| Gene                        | Location | Effect Size | p-value | Gene Function                                                                                                                                                                                                 | OMIM Entries  |
|-----------------------------|----------|-------------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| **GAR1**: ribonucleoprotein homolog (yeast) pseudogene | 4q28: position 184560564 | -7.3     | p=2.89E-10 | CpG 781 bp upstream of TSS  
  Abortion, Spontaneous, benzoic haematotoxicity, Black vs blond hair color, Black vs red hair color, Carcinoma, Basal Cell, Celiac disease Chromosome Aberrations, Chronic Lymphocytic Leukemia, Leukemia, Lymphocytic, Chronic, B-Cell, Chromosome Aberrations, Mediterranean anemia, Multiple Myeloma, Hodgkin Disease, Lymphocytic, Chronic, B-Cell, Multiple Myeloma | NI          |
| **IRF4**: Interferon regulatory factor 4 | 6p25.3: position 390703 | -15.3    | p=2.7E-07  | CpG intergenic 10.49 kb 5' to gene  
  Abortion, Spontaneous, benzoic haematotoxicity, Black vs blond hair color, Black vs red hair color, Carcinoma, Basal Cell, Celiac disease Chromosome Aberrations, Chronic Lymphocytic Leukemia, Leukemia, Lymphocytic, Chronic, B-Cell, Chromosome Aberrations, Mediterranean anemia, Multiple Myeloma, Hodgkin Disease, Lymphocytic, Chronic, B-Cell, Multiple Myeloma | Belongs to the IRF (interferon regulatory factor) family of transcription factors, characterized by an unique tryptophan pentad repeat DNA-binding domain. The IRFs are important in the regulation of interferons in response to infection by virus, and in the regulation of interferon-inducible genes. This family member is lymphocyte specific and negatively regulates Toll-like-receptor (TLR) signaling that is central to the activation of innate and adaptive immune systems. A chromosomal translocation involving this gene and the IgH locus, t(6;14)(p25;q32), may be a cause of multiple myeloma. See OMIM entries 601900, 612558 |
| **ZFHX3**: Zinc finger homeobox 3 | 16q22.2-q22.3 position 73033584 | -14.8    | p=6.9E-08  | CpG within intron of gene  
  Alcoholism, Atrial Fibrillation, Atrial Fibrillation, Atrial Fibrillation, Atrial Fibrillation, Brain Ischemia, Stroke, Body Mass Index, Cardiovascular Diseases, Coronary Disease, Kawasaki disease, Mucocutaneous Lymph Node Syndrome, Myocardial Infarction, Ventricular Fibrillation, prostate cancer, Tobacco Use Disorder, Waist Circumference | OMIM entries 104155, 613055 |
| **LINC00511**: long intergenic non-protein coding RNA 511. | 17q24.3: position 72379492 | -11      | p=3.3E-09  | CpG in intron of gene 260.980 kb downstream of TSS  
  Long intergenic non-coding RNA involved in promoting several cancers through regulation of a variety of microRNAs. Acts as an oncogenic LINCRNA | NI          |
| DMR Associated Genes    | Neur | Repro | Growth and Dev | Onco | Imm | ConnTiss | Cardio-vasc | Vision | Hearing | Metabolic |
|-------------------------|------|-------|-----------------|------|-----|----------|-------------|--------|---------|-----------|
| Trophoblast              | 2    |       |                 |      |     |          |             |        |         |           |
| Cord Blood Birthweight   | 8    | 3     | 4               | 4    | 1   | 1        |             | 1      | 3       |           |
| Infant Blood Birthweight | 7    | 4     | 3               | 2    |     |          |             |        |         |           |
| Infant Blood Height for Age | 9    | 3     | 3               | 1    |     | 1        |             |        |         |           |
| Total                   | 20   | 3     | 11              | 10   | 5   | 1        | 1           | 1      | 1       | 3         |

**Figure 4**