Detecting Classically Undetectable Particles through Quantum Decoherence

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Some hypothetical particles are considered essentially undetectable because they are far too light and slow-moving to transfer appreciable energy or momentum to the normal matter that composes a detector. I propose instead directly detecting such feeble particles, like sub-MeV dark matter or even gravitons, through their uniquely distinguishable decoherent effects on quantum devices like matter interferometers. More generally, decoherence can reveal phenomena that have arbitrarily little classical influence on normal matter, giving new motivation for the pursuit of macroscopic superpositions.

One limit of experimental physics is that it does not allow us to rule out the existence of new particles, forces, dimensions, or universes from which we are causally disconnected. Even if some hypothetical new phenomenon has non-zero interactions with the well-known electrons and nucleons at our disposal, the coupling may always be so small that the influence on our equipment is negligible. Experimenters are only able to rule out coupling strengths above some cutoff, and at some level of statistical significance. There are many proposed and underway experimental searches for hypothetical new particles and forces (with varying degrees of theoretical and observational motivation) that, if they exist, interact only weakly with normal matter. Most notable is probably dark matter, but others include supersymmetric particles, new neutrino flavors, mirror matter, and fifth forces. In this letter, I propose searching for hypothetical new particles and forces by observing the quantum decoherence [1, 2] they cause rather than their classical influence.

It turns out that this enables the observation of phenomena that are classically undetectable. I will highlight the search potential for two particles: sub-MeV dark matter, which will be visible to spaceborne matter interferometry experiments, and gravitons, which would be revealed by the coherent control of Planck-mass superpositions.

Consider a Mach-Zehnder atom interferometer which takes advantage of the de-Broglie-wave nature of matter, figure 1. A beam splitter prepares the center of mass of an atom $\mathcal{N}$ in an initial coherent superposition $|N_L\rangle + |N_R\rangle$ of two wavepackets, with one wavepacket taking the left path and one taking the right path. After propagating over some distance for a time $T$, the packets are recombined and directed toward two sensors. The splitters are aligned so that the sensors effectively measure $\mathcal{N}$ in the basis $\{ |N_a\rangle = |N_L\rangle \pm |N_R\rangle \}$. The outcome $|N_a\rangle$ will be obtained with near unit probability.

Now we allow for the possibility of some hypothetical particle $D$ that might be passing through the interferometer. The state $|D_0\rangle$ represents the absence of $D$ and we take the evolution to be trivial when it is not present:

$$\left( |N_L\rangle + |N_R\rangle \right)|D_0\rangle \rightarrow \left( |N_L\rangle + |N_R\rangle \right)|D_0\rangle.$$  \hspace{1cm} (1)

Measuring in the basis $\{ |N_a\rangle \}$ gives outcome $|N_a\rangle$ with certainty, as expected. But suppose the $D$ particle approaches in state $|D_{in}\rangle$ and decoheres the superposition by scattering off the atom,

$$\left( |N_L\rangle + |N_R\rangle \right)|D_{in}\rangle \rightarrow \left( |N_L\rangle D^{(L)}_{out} \right) + \left( |N_R\rangle D^{(R)}_{out} \right).$$  \hspace{1cm} (2)

into the conditional states $|D^{(L)}_{out}\rangle$ and $|D^{(R)}_{out}\rangle$ with $\langle D^{(L)}_{out}|D^{(R)}_{out}\rangle \approx 0$, thereby recording which-path information. If the atom $\mathcal{N}$ is heavy enough compared to the $D$ particle, the wavepackets $|N_L\rangle$ and $|N_R\rangle$ of the atom are not significantly perturbed following the scattering event. But a measurement in the basis $\{ |N_a\rangle \}$ now gives outcome $|N_a\rangle$ half of the time. When it does, this is direct evidence for the existence of $D$ even if it transfers negligible momentum to the atom.

This basic idea is contained in the decoherence experiments of Hornberger et al. [3] and others, although it
has never been suggested as a detection method. In the Hornberger et al. experiment, coherent spatial superpositions of C\textsubscript{70} fullerenes were demonstrated by passing them through several gratings and recording the interference pattern. (This is a multi-slit near-field experiment rather than a Mach-Zehnder interferometer.) The interference region was filled with a gas of molecules much smaller than the fullerenes, so that collisions recorded which-path information in the gas but only mildly deflected the fullerenes. The pressure was adjustable so that the presence of the gas—and moreover its density—could be inferred from the suppression of the interference fringes. However, in that experiment the deflection of the fullerenes was not negligible; the increasing pressure exponentially suppressed the count rate in addition to the fringe visibility, so decoherence would have no advantage as a method of detection.

I will now start calling the \( \mathcal{D} \) particle “dark matter” (DM), although most of the ideas will apply more generally. A single DM scattering event may or may not fully decohere the atom \( \mathcal{N} \), depending on whether the DM de Broglie wavelength is small enough to resolve the separation of the wavepackets and yield orthogonal conditional out states of the DM [4]. To calculate the premeasurement state of the atom for the general case, we must sum the effects of the entire DM flux the atom experiences as it passes through the interferometer. The state of the atom after a time \( T \)

\[
\rho_\mathcal{N} = \frac{1}{2} \begin{pmatrix} 1 & \gamma \\ \gamma^* & 1 \end{pmatrix}
\]

in the \( \{ |N_L\rangle, |N_R\rangle \} \) basis. Here, \( \gamma = \exp[-\int_0^T dt F(\Delta x)] \) is the decoherence factor, \( \Delta x \) is the spatial displacement of the wavepackets, and \( F(\Delta x) \) is a complex frequency calculable from the DM flux and the nature of its scattering interaction [5]. This is a case of the well-studied phenomena of collisional decoherence [2, 4, 6–10].

The condition for effective decoherence is that \( |\gamma| \ll 1 \), that is \( \text{Re} F(\Delta x) \gtrsim 1/T \). This diagonalizes the density matrix and drives the probabilities for activating the sensors at either arm of the interferometer both to 1/2. But since collisions with DM will be rare, there appears to be little chance of the atom being decohered by DM during its short trip through the interferometer.

One way to increase the likelihood is to simply lengthen the arms of the interferometer or slow down the atom; the expected number of scattering events should be linear in exposure time \( T \) for an uncorrelated flux of DM. But more powerfully, one can superpose clusters of many atoms. That is, build a matter interferometer with targets \( \mathcal{N} \) that are as large as possible. Each nucleon composing \( \mathcal{N} \) can contribute an independent decoherence factor, effectively multiplying the decoherence rate \( F_R = \text{Re} F(\Delta x) \) by the total number of atoms.

To achieve interference of large objects with ever smaller de Broglie wavelengths, modern time-domain interferometers can require a time interval proportional to the size of the object superposed [11, 12]. (This is a testament to the difficulty of superposing large objects, but it also means that investing in larger masses yields big dividends.) In the case of DM scattering from nucleons through the oft-studied spin-independent channel, there is additionally an enhancement due to coherent elastic scattering that is also proportional to the superposed object size for sufficiently low DM masses [5]. With these effects taken together, the DM sensitivity can scale like the cube of the superposed object’s quoted mass. Happily, recent progress in matter interferometry has been stunning, with clear fringe patterns produced when interfering molecules composed of up to 430 atoms and in excess of 6,000 amu [13]. Future prospects are even stronger [11, 14, 15], and these have great potential for discovery. Techniques already being deployed [12] are expected to achieve superpositions exceeding \( 10^6 \) amu [11].

Of course, there are many possible sources of decoherence; anomalous decoherence hardly implies the existence of new particles. Still, note that the inverse statement is true: the observation of interference effects (which establishes the existence of the superposition, and hence implies that all relevant sources of decoherence have been eliminated) implies that DM has not scattered (which sets robust upper bounds on the cross section \( \sigma \)). Furthermore, if anomalous decoherence is observed, one can gather strong evidence that it is due to DM by observing the functional dependence of the interference fringe visibility on experimental parameters. For instance, the spatial extent \( \Delta x \) of the superposition can be adjusted by separating the arms of an interferometer, while the exposure time \( T \) can be changed by varying the speed of the target or lengthening the arms. Depending on the design, varying the isotopic composition might allow one to adjust the DM cross-section of the nuclei without affecting conventional (extra-nuclear) sources of decoherence.

But the most striking evidence will come from modulating the incoming DM flux itself [5]. The DM may be directly shielded from reaching the detector using normal materials, such as lead or concrete, for all of the parameter space considered below in figure 2. If interference fringe visibility is enhanced when adding shielding, and suppressed when removing it, this is direct evidence about the source of the decoherence. In more powerful experiments sensitive to lower cross sections, for which shielding is not feasible, natural variations due to the Earth’s movement around the sun can instead be exploited. Finally, the anisotropy of the DM flux means that rotating the interferometer (i.e. the separation \( \Delta r \)) changes the decoherence rate by a factor of order unity [5]. This naturally makes interferometers directional DM detectors, which are known to be highly desirable [16], in part because they can give unmistakable evidence that the decoherence has galactic origins.
We expect our device to be useful when the momentum transfer during nuclear collisions is negligible, so I concentrate on the case where DM is a particle with mass much smaller than the nucleon mass, say $m_{\text{DM}} \lesssim 1$ MeV/$c^2$. (Indeed, direct-detection experiments searching for WIMPs are blind to such low masses.) This means the scattering from nuclei should be effectively elastic because the DM is far too feeble to excite internal nuclear states. Additionally, the s-wave component of the partial-wave expansion is expected to dominate because of the very long de Broglie wavelength of sub-GeV DM [23].

To demonstrate the potential in the future of detecting DM-nucleon scattering through decoherence, I consider three experimental proposals currently being pursued: an optical time-domain ionizing matter-wave (OTIMA) interferometer that will interfere clusters of atoms larger than $10^6$ amu [11, 12], an optically-trapped 40 nm silicon nanosphere with mass $\sim 10^8$ amu [14], and the satellite-based Atomic Gravitational wave Interferometric Sensor (AGIS) [22] using rubidium-87 atoms. Their sensitivity to DM is depicted in figure 2. These experiments have been proposed for reasons that have nothing to do with discovering new particles; significant improvements in sensitivity are likely for devices designed with DM in mind [24].

Direct-detection experiments on Earth will only be sensitive to DM if the scattering cross-section with nucleons is sufficiently low for DM to pass through the atmosphere and reach the experiment. This upper bounds the spin-independent cross-section visible to experiments on the Earth’s surface at about $10^{-28.3}$ cm$^2$ (which the two terrestrial proposals cannot reach). This can be circumvented by placing the experiment on a high-altitude balloon (∼30 km altitude; $\sim 10^{-26.3}$ cm$^2$), a sounding rocket (∼200 km altitude; $\sim 10^{-20.5}$ cm$^2$), or a satellite. Note that the required weight to shield DM in the range tested by balloon-, rocket-, and space-borne experiments is manageable [5]. And in fact, orbital platforms for large quantum superposition are already under investigation because they offer several advantages, both for optical traps [25] and interferometers [11, 26–29]. The weightless environment features unlimited free-fall times and isolation from seismic vibration, increasing sensitivity by multiple orders of magnitude and allowing quantum superpositions not feasible on Earth [25–28, 30].

Now let us briefly turn to gravitons, which are argued to be undetectable by any feasible classical measurement [31–33]. In particular, a Jupiter-sized detector (!) in close orbit around a neutron star is expected to absorb no more than one graviton every decade, and even then is unlikely to be able to distinguish it from background events in any imaginable manner [31]. But a detector of decoherence may be able to reveal gravitons—although the technology for such a device still lies far in the future.

Consider the toy matter interferometer in figure 3 in which a clump of mass $m$ is superposed over a distance $L$. Even if there is no decoherence of the two paths from external environments, there can be substantial intrinsic decoherence due to emitted radiation [34–36]. When the clump is thermal, there are two types of sources: blackbody radiation and bremsstrahlung.

Decoherence from blackbody radiation can be avoided by cooling the body to a temperature with characteristic wavelength much longer than $L$, and electromag-
Decoherence by electromagnetic or gravitational bremsstrahlung. A charged object is brought into a coherent superposition of spatial extent $L$ then recombined after a time $\tau$. If the two paths include sufficient relative acceleration for the given charge, they decohere through the emission of bremsstrahlung, which records with-path information. The elementary charges or masses act together coherently to generate the radiation, which need not be absorbed for its existence to be detected.

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FIG. 3. Decoherence by electromagnetic or gravitational bremsstrahlung. A charged object is brought into a coherent superposition of spatial extent $L$ then recombined after a time $\tau$. If the two paths include sufficient relative acceleration for the given charge, they decohere through the emission of bremsstrahlung, which records with-path information. The elementary charges or masses act together coherently to generate the radiation, which need not be absorbed for its existence to be detected.

netic bremsstrahlung can be avoided by ensuring that there is no net electromagnetic charge. But the gravitational charge (i.e. mass) is always positive, so gravitational bremsstrahlung is irreducible for paths with a given acceleration. Gravity has no dipole radiation, unlike electromagnetism, so the primary contributor to bremsstrahlung is quadrupole radiation [37, 38]. The decoherence factor goes like $\gamma \sim \exp(-\alpha G^2/\beta^4)$ where $\alpha G = Gm^2/hc$ is the effective gravitational coupling constant. (See the Supplementary methods.) The Planck mass $m_P \approx 21\mu g \approx 1.3 \times 10^{19}$ amu is precisely the mass scale at which $\alpha G$ reaches unity. Thus, the coherent manipulation of Planck-mass superpositions at relativistic speeds will enable the detection of gravitons through decoherence.

As mentioned, current matter interferometry techniques are expected to achieve superpositions of masses exceeding $10^9$ amu [11]. Spaceborne experiments should push this by multiple orders of magnitude using the same fundamental techniques [11, 24]. Superpositions of lead spheres ($\sim 10^{14}$ amu) [39] and of oscillating mirrors ($\sim 10^{16}$ amu) [40, 41] are being pursued, although the spatial extents of such superpositions are too small to decohere through bremsstrahlung. Given this, the coherent manipulation of Planck-mass objects ($\sim 10^{19}$ amu)—though massively difficult—is not inconceivable. Arguably, it is much more feasible than constructing a detector of Jovian proportions.

Of course, such a scheme for detecting the presence of gravitons assumes that all other sources of decoherence can be suppressed. There are at least two irreducible backgrounds that, if they hinder the observation of gravitons, would themselves be exciting new physics: collisional decoherence from relic neutrinos, and bremsstrahlung from fifth forces stronger than gravity. The investigation of these and other speculative possibilities is deferred to future work.

Beyond dark matter and gravitons, one can reinterpret many experiments (not just interferometers) that establish certain quantum states as direct evidence against hypothetical weak phenomena that, if existent, would decohere those states. In principle, any superposition of matter states well separated in phase space is sensitive to collisional decoherence—and larger objects especially so. Superposed mechanical oscillators [39, 42, 43], Bose-Einstein condensate interferometers [44], and superconducting qubits [45] have non-overlapping properties that may make them useful as detectors of decoherence caused by DM or other new particles. The toy Mach-Zehnder interferometer illustrates that the classical effects of such phenomena (e.g. momentum transfer) can be arbitrarily small while still causing very noticeable decoherence.

The essential difficulty in creating macroscopic superpositions is that the interaction of a single constituent particle is enough to decohere an arbitrarily large system, but this extreme sensitivity also gives them their detecting power. Insofar as stability in the presence of decoherence defines the classicality of a quantum state [1, 46], the best constraints on hypothetical weak phenomena will come from the most non-classical states. This gives new independent motivation for their experimental pursuit.

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