

Abiotrophia defectiva knee prosthesis infection: A case report

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Abstract

Background: Abiotrophia species have rarely been implicated in osteoarticular infections. We report one case of an A. defectiva knee prosthesis infection.

Case presentation: A 71-year-old man of Italian origin presented with pain and swelling of the knee four years after the implantation of a total knee replacement prosthesis. While standard culturing of the synovial fluid resulted in no isolation of microorganisms, the direct inoculation of the synovial fluid into a rich culture medium resulted in the identification of A. defectiva by polymerase chain reaction sequencing. Repeated attempts of culturing microorganisms from blood were negative, and echocardiograms and colonoscopies were unremarkable. High-dose amoxicillin for nine months and a two-stage replacement of the knee prosthesis led to full patient recovery by the time of the 12-month follow-up examination.

Conclusions: Because Abiotrophia spp. are fastidious microorganisms, it is likely that cases of Abiotrophia orthopedic infection are misdiagnosed as culture-negative infections. Direct inoculation of synovial fluids into rich broth medium and further polymerase chain reaction-based detection of culture-negative synovial fluids are key tests for accurate documentation and detection of these infections.

Background

Abiotrophia organisms are nutritionally variant streptococci that form part of the commensal flora of the oral and intestinal mucosae [1]. The detection and identification of Abiotrophia organisms may be hampered by their inability to grow in standard media and their microscopic pleomorphism [1]. Abiotrophia organisms have been grouped into a unique genus separated from the Streptococcus genus based on genetic and phylogenetic analyses, which revealed a low relatedness to other Streptococcus organisms [2,3]. Abiotrophia organisms cause bacteremia and an estimated 4-6% of all cases of streptococcal endocarditis [2,4]. However, these organisms have rarely been implicated as the causative agents of osteoarticular infections. Indeed, only four cases of orthopedic infections caused by A. defectiva have been published. These cases include two instances of septic arthritis, one case of discitis and sacroilitis and one case of total knee arthroplasty infection [5-8] (Table 1). Here, we report on a fifth case of A. defectiva osteoarticular infection through the isolation of the organism and the direct detection of A. defectiva-specific DNA sequences through polymerase chain reaction (PCR) detection in the synovial fluid.

Case presentation

A 71-year-old man of Italian origin was admitted to our infectious orthopedic department presenting with chronic (two-year) left knee pain, swelling and decreasing ambulation. He had received a total knee prosthesis for left knee osteoarthritis four years prior. The prosthesis had been replaced twice for radiologically confirmed loosening, with the latest replacement being two years prior to admittance. Cultures of synovial fluid collected during both replacements remained sterile after inoculation of standard solid media. Our patient underwent a dental treatment without antibiotic prophylaxis three weeks before the consultation. Upon physical examination, our patient was found to be afebrile. His left knee was swollen and radiating heat, and a moderately sized effusion was present. His
white blood cell count indicated 3.82 x 10^3 polymorphonuclear cells/mL, his C-reactive protein (CRP) level was 32 mg/L, and the erythrocyte sedimentation rate (ESR) was 66 mm (first hour). Our patient was referred to the orthopedic department for sample biopsy and arthroscopic lavage. The synovial fluid was directly inoculated into a set of Bactec Plus Aerobic/F and Bactec Lytic/10 Anaerobic/F bottles (BD Diagnostic Systems, Sparks, MD, USA) and collected in parallel into Tec Lytic/10 Anaerobic/F bottles (BD Diagnostic Systems, Sparks, MD, USA) at 37°C under a 5% CO2 atmosphere. Continuous automated monitoring for bacterial growth throughout the synovial fluid on the basis of sequence identity to the DNA recovered from the colonies. Three blood cultures incubated under an aerobic atmosphere and one blood culture incubated under an anaerobic atmosphere showed no growth after a five-day incubation period. A transthoracic echocardiography revealed no signs of endocarditis and a colonoscopy was unremarkable. The knee prosthesis was removed, and a temporary cement spacer containing 2 g vancomycin and 40 g cement was inserted [12]. Re-implantation of a total knee was delayed because of an intercurrent venal thrombosis without pulmonary embolism. Our patient received 100 mg/kg/day oral amoxicillin for nine months. The knee pain and swelling subsequently resolved, and the ESR decreased to 22 mm. The one-year follow-up examination indicated complete wound healing, with no evidence of a recurrence of infection, a white blood cell count within the normal range, a CRP value of 7.1 mg/L and an ESR of 17 mm.

**Discussion**

In our patient, *A. defectiva* knee prosthesis infection was documented by the isolation and culture of the organism from a synovial fluid recovered under sterile procedures and the parallel detection of *A. defectiva* DNA from this specimen. Although only one joint fluid specimen was available for microbiological investigations, no other detection of *A. defectiva* had been made in our laboratory within the eight-week period preceding isolation of the *A. defectiva* strain here reported. Thus, laboratory contamination is unlikely.

| Patient | Age/ Sex | Dental procedure | Location | Microbiological diagnosis | Endocarditis | Treatment | Outcome |
|---------|----------|-----------------|----------|---------------------------|--------------|-----------|---------|
| Patient 1 | 65/F | 4-year-old total knee arthroplasty | Knee | 16S rDNA PCR | No | Cefazolin i.v. 10 days, ciprofloxacin orally 26 days | Relapse four months later: two-stage revision arthroplasty, flucloxacillin orally |
| Patient 2 | 90/M | two months before | Knee | Synovial fluid culture, blood cultures | No | Ceftriaxone i.v., levofloxacin orally six weeks | Improved |
| Patient 3 | 75/M | one day before | Knee | Synovial fluid culture, blood cultures | No | Penicillin G i.v. and gentamicin i.v. three weeks, Penicillin G i.v. five weeks, levofloxacin orally four weeks | Improved |
| Patient 4 | 51/M | six weeks before | Discitis and sacroiliitis | Blood cultures | Yes | Amoxicillin i.v., gentamicin i.v. and rifampicin orally three weeks, amoxicillin and rifampicin orally 11 weeks | No relapse (12-month follow-up) |
| Patient 5 | 71/M | one week before | 2-year-old total knee arthroplasty | 16S rDNA PCR, synovial fluid (blood culture bottles) | No | Two-stage revision arthroplasty, Amoxicillin orally nine months | No relapse (12-month follow-up) |

**Table 1 Cases of orthopedic infection caused by *A. defectiva***

F: female; i.v.: intravenously; M: male
The reported *A. defectiva* isolate was recovered after the direct inoculation of the synovial fluid into a culture broth as part of our protocol for the diagnosis of prosthetic joint infection using an “arthritis kit” procedure. The arthritis kit contains one Bactec Plus Aerobic/F and one Bactec Plus Anaerobic/F for culturing bacteria, one sterile tube for culturing mycoplasma, spirochetes and 16S rRNA-based PCR and one sterile tube for culturing and PCR-based detection of virus, in addition to the informed consent form and laboratory forms. The parallel inoculation of this same fluid specimen onto agar media failed to culture the organism. This illustrates the well-known fastidious nature of *A. defectiva* and indicates that the direct inoculation of the synovial fluid into broth is mandatory for the culture-based diagnosis of *A. defectiva* articular infections. The same holds true for the culture-based diagnosis of arthritis caused by *Kingella kingae* in children [13].

In this patient, the *A. defectiva* infection was documented shortly after a dental procedure without antibiotic prophylaxis. However, this dental procedure was most likely not the portal of entry for *A. defectiva*, as our patient had presented clinical signs of knee prosthetic joint infection using an broth as part of our protocol for the diagnosis of orthopaedic joint infection [14]. Indeed, antibiotic prophylaxis before prospective case-control study indicated that dental surgery is a risk factor for prosthetic hip or knee infection: a well-known fastidious nature of *A. defectiva* and indicates that the direct inoculation of the synovial fluid into broth is mandatory for the culture-based diagnosis of *A. defectiva* articular infections. The same holds true for the culture-based diagnosis of arthritis caused by *Kingella kingae* in children [13].

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Our patient had a history of repeated early prosthesis loosening, a situation evocative of chronic infection of the prosthesis [16,17]. Tentative documentation remained negative, but these diagnoses lacked direct inoculation of the synovial fluid into broth and molecular detection. Therefore, the loosening episodes of the two prostheses may have been due to a chronic *A. defectiva* infection.

The fastidious nature of *A. defectiva* can explain the rarity of *A. defectiva* orthopedic infections, and cases of *Abiotrophia* infection may be misdiagnosed as culture-negative infections. Accordingly, the role of *Abiotrophia* organisms in osteoarticular infections may be underestimated. A review of the literature indicates that only one case of an orthopedic prosthesis *Abiotrophia* infection has been published, and *A. defectiva* joint infection has been reported in only four cases (Table 1).

**Conclusion**

In conclusion, this case illustrates the effectiveness of the “arthritis kit” procedure. By incorporating a systematic direct inoculation of the synovial fluid into broth along with a parallel PCR-based detection of fastidious microorganisms, the diagnosis of orthopedic prosthesis infections, such as those caused by *Abiotrophia* spp., can be optimized.

**Consent**

Written informed consent was obtained from the patient for publication of this case report. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

**Author details**

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