How is Distributed ADMM Affected by Network Topology?

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Abstract

When solving consensus optimization problems over a graph, there is often an explicit characterization of the convergence rate of Gradient Descent (GD) using the spectrum of the graph Laplacian. The same type of problems under the Alternating Direction Method of Multipliers (ADMM) are, however, poorly understood. For instance, simple but important non-strongly-convex consensus problems have not yet being analyzed, especially concerning the dependency of the convergence rate on the graph topology. Recently, for a non-strongly-convex consensus problem, a connection between distributed ADMM and lifted Markov chains was proposed, followed by a conjecture that ADMM is faster than GD by a square root factor in its convergence time, in close analogy to the mixing speedup achieved by lifting several Markov chains. Nevertheless, a proof of such a claim is is still lacking. Here we provide a full characterization of the convergence of distributed over-relaxed ADMM for the same type of consensus problem in terms of the topology of the underlying graph. Our results provide explicit formulas for optimal parameter selection in terms of the second largest eigenvalue of the transition matrix of the graph’s random walk. Another consequence of our results is a proof of the aforementioned conjecture, which interestingly, we show it is valid for any graph, even the ones whose random walks cannot be accelerated via Markov chain lifting.

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I. INTRODUCTION

Optimization methods are at the core of statistics and machine learning. In this current age of ever-larger datasets, traditional in-memory methods do not scale, so distributed algorithms play a fundamental role. The Alternating Direction Method of Multipliers (ADMM) is one such excellent example since it is extremely robust, for instance does not assume differentiability of the objective function, it is often easy to implement, and easily distributed [1]. Moreover, ADMM attains global linear convergence for separable and convex functions [2], and is guaranteed to converge even for several non-convex problems [3], and empirically for many others [4–6]. Nevertheless, its convergence rate is still, in general, not fully understood. Most existing results only provide upper bounds on its asymptotic convergence rate without tightness guarantees. For more precise results, strong-convexity is usually assumed, even in centralized settings [7–10]. Among practitioners ADMM also has a fame of being hard to tune.

In this paper we analyze how the exact and optimally tuned asymptotic convergence rate of a distributed implementation of over-relaxed ADMM depends on the topology of an underlying network. Through this network, several agents solving local problems share messages to one another with the common goal of solving a large optimization problem. One of our motivations is to understand, in a quantitative way, if ADMM is more or less sensitive to the network topology than distributed Gradient Descent (GD). We focus on a non-strongly-convex quadratic consensus problem not previously analyzed under ADMM.

Since the convergence rate of the algorithm may be dominated by many properties of the objective function, such as its curvature, and since our goal is to focus only on the topology of the network, we choose an objective function that emphasizes how variables are shared among its terms. Consider an undirected, connected, and simple graph $G = (V, E)$, where $V$ is the set of vertices and $E$ the set of edges. Let $z \in \mathbb{R}^{|V|}$ be the set of variables, where $z_i \in \mathbb{R}$ denotes the $i$th component of $z$ and is associated to node $i \in V$. We study the following consensus problem over $G$:

$$
\min_{z \in \mathbb{R}^{|V|}} \left\{ f(z) = \frac{1}{2} \sum_{(i,j) \in E} (z_i - z_j)^2 \right\}.
$$

(1)

Our goal is to provide a precise answer on how the convergence rate of ADMM when solving problem (1) depends on properties of $G$. We also want to compare the convergence rate of
ADMM with the convergence rate of GD when solving the same consensus problem.

The optimization problem (1) is deceptively simple, having the trivial solution \( x_i = x_j \) if \( i \) and \( j \) belong to the same connected component of \( G \). However, it is not immediately obvious to which of these infinitely many possible solutions a given distributed algorithm will converge to. Different agents of the distributed implementation have to communicate to agree on the final solution, and the speed at which they reach consensus is a non-trivial problem. For instance, if we solve (1) through ADMM we have one agent per term of the objective function, and each agent has local copies of all the variables involved. The final solution is a vector where each component equals the average of the initial values of these local variables. Therefore, unsuspectingly, we have solved a distributed-average consensus problem, although in different form than typically studied, see e.g. [11, 12]. Moreover, the objective function (1) naturally appears in several interesting problems. A classical example is the graph interpolation problem [13], where one solves (1) subject to \( z_i = c_i \) for \( i \in V' \) where \( V' \subset V \) and \( c_i \) is a fixed constant. The final solution has values on each node of \( G \) such that the nodes in \( V' \) have the pre-assigned values, and the remaining nodes in \( V \setminus V' \) have values close to the values of their neighboring nodes depending on the topology of \( G \). Our analysis of ADMM to (1) may provide insights into other problems such as graph interpolation. Furthermore, it can give insights on how one can optimally split a decomposable objective function for a given optimization problem.

Let us formalize our problem. Define the asymptotic convergence rate, \( \tau \), of an algorithm by

\[
\log \tau \equiv \lim_{t \to \infty} \max_{\|z^0\| \leq 1} \left\{ \frac{1}{t} \log \|z^* - z^t\| \right\},
\]  

(2)

where \( t \) is the iteration time, and \( z^* \) is a minimizer of (1) that the iterate \( z^t \) converges to. Denote \( \tau_A \) and \( \tau_G \) be the convergence rates of ADMM and GD, respectively. We want to obtain the dependence \( \tau_A = \tau_A(G) \) and \( \tau_G = \tau_G(G) \), and also be able to compare the optimal rates, \( \tau_A^* \) and \( \tau_G^* \), when the parameters of both algorithms are optimally chosen.

The present work is motivated by an interesting idea recently proposed in [14], which relates distributed ADMM to lifted Markov chains. It was shown that (i) ADMM is related to a quasi-Markov chain \( \hat{M} \), (ii) GD is related to a Markov chain \( M \), and (iii) \( \hat{M} \) is a lifting of \( M \). In general, a lifted Markov chain \( \hat{M} \) is obtained from the base Markov chain \( M \) by expanding its state space in such a way that it is possible to collapse \( \hat{M} \) into \( M \) and \( \hat{\pi} \) into \( \pi \), where \( \hat{\pi} \) and \( \pi \) are the respective stationary distributions (see [15] for details). The hope
is that if $\mathcal{M}$ is slow mixing one can sample from $\pi$ by collapsing samples from $\hat{\pi}$, where $\hat{\mathcal{M}}$ mixes faster than $\mathcal{M}$. A measure of the time required for $\mathcal{M}$ to reach stationarity is given by the mixing time, denoted by $\mathcal{H}$. For many useful cases, the mixing time of the lifted chain, $\hat{\mathcal{H}}$, is smaller than $\mathcal{H}$. However, the achievable speedup is limited. For example, if $\mathcal{M}$ is irreducible then $\hat{\mathcal{H}} \geq C\sqrt{\mathcal{H}}$ for some constant $C \in (0, 1)$, and there are several cases that actually achieve the lower bound, $\hat{\mathcal{H}} \approx C\sqrt{\mathcal{H}}$. The gain can be marginal if both $\mathcal{M}$ and $\hat{\mathcal{M}}$ are reversible, where one has $\hat{\mathcal{H}} \geq C\mathcal{H}$. Furthermore, for some graphs, for example graphs with low conductance, lifting never produces a significant speedup.

In [14] the quantity $(1 - \tau_A)^{-1}$ plays the role of $\hat{\mathcal{H}}$, while $(1 - \tau_G)^{-1}$ plays the role of $\mathcal{H}$. Based on the lifting relations between ADMM and GD, and the many cases where $\hat{\mathcal{H}} \approx C\sqrt{\mathcal{H}}$, it was conjectured that

$$1 - \tau_A^* \geq C\sqrt{1 - \tau_G^*}$$  \hspace{1cm} (3)

for some constant $C$. Above, $\tau^*$ denotes the optimal convergence rate, attained under optimal parameter selection. It is important that both algorithms are optimally tuned since a poorly tuned ADMM can be slower than a well-tuned GD. The inequality (3) was supported by empirical evidence but its proof remains lacking. As pointed out [14], the inequality (3) is much stronger than the analogous relation in lifted Markov chains theory. The claim is that it holds for any graph $G$, even the ones whose Markov chains do not accelerate via lifting.

The rest of the paper is organized as follows. In Section II we mention related work and point out the differences and novelty in our approach. In Section III we introduce important notation and concepts by explicitly writing distributed over-relaxed ADMM as a message passing algorithm. We then present our main contributions, which in short are: (i) in Section IV we prove a relation between the spectrum of a nonsymmetric matrix related to the evolution of ADMM and the spectrum of the transition matrix of a random walk on $G$. This relates ADMM to random walks on $G$, capturing the topology of the graph. (ii) We also prove explicit formulas for optimal parameter selection, yielding interesting relations to the second largest eigenvalue of the transition matrix of the graph $G$ and the spectral gap. (iii) In Section V we resolve the conjectured inequality (3), and moreover, provide an upper bound. The proofs of our main results are in the Appendix.
II. RELATED WORK

Although problem (1) is simple our results cannot be directly derived from any of the many existing results on the convergence of ADMM. First of all, we compute the exact asymptotic convergence rate when distributed ADMM is optimally tuned, while the majority of previous works only compute non-optimal upper bounds for the global convergence rate. Second, our convergence rate is linear, and most works able to prove tight linear convergence assume strong convexity of at least some of the functions in the objective; see for instance [9, 10, 16, 17]. It is unclear if we can cast our non-strongly-convex problem in their form and recover our results from their bounds, given especially that most of these results are not simple or explicit enough for our purposes. These bounds often have a complex dependency on problem’s parameters, but can be numerically optimized as suggested by [9, 17]. It is also unknown if these numerical procedures lead to optimal rates of convergence. Linear convergence rates were proven without strong convexity [2], but these bounds are too general and not tight enough for our purposes. Moreover, many results not requiring strong convexity focus on the convergence rate of the objective function, as opposed to this paper which studies the convergence rate of the variables; see for example [18, 19].

In [11, 12] ADMM is applied to the consensus problem $f(z) = \sum_{i \in V} \sum_{z_i - c_i}^2$, subject to $z_i = z_j$ if $(i, j) \in E$, where $c_i > 0$ are constants. This problem, which is related to several optimization-based distributed averaging algorithms, is strongly-convex and not equivalent to (1). Several papers consider $f(z) = \sum_i f_i(z)$ with ADMM updates that are insensitive to whether or not $f_i(z)$ depends on a subset of the components of $z$; see [20–24] and references therein. In our setting, distributed ADMM is a message-passing algorithm where the messages between agents $i$ and $j$ are related only to the variables shared by functions $f_i$ and $f_j$. Thus, our implementation is fully local, and not only the processing but also the data is distributed. These papers solve $\min_z \sum_i f_i(z)$ over a communication network by recasting the problem as $\min \sum_i f_i(x_i)$ subject to $x_i = x_j$ if $(i, j)$ are edges in the network. Slight variations of this transformation and the definition of the communication network exist. Several of these works try to understand how topology of the network affects convergence, for instance [21–24]. The results of [22, 23] are applicable to non-strongly-convex objectives but linear convergence rates are not proven. An interesting adaptive ADMM for a general convex consensus problem was recently proposed [25], with a sublinear convergence guarantee. However, no dependence
on the underlying graph was considered. It is important to note that, even for GD, the dependency of the convergence rate on $G$ for variants of problem (1) have only been studied in the past decade [26–28].

For quadratic problems there are explicit results on convergence rate and optimal parameters [29–32]. However, the required assumptions do not hold for the distributed consensus problem considered in this paper. Moreover, there are very few results comparing the optimal convergence rate of ADMM as a function of the optimal convergence rate of GD. An explicit comparison is provided in [7], but assumes strong convexity and considers a centralized setting. The authors in [33] study a variant of the ADMM where the iterations deal with the second order expansion of the objective, and strong-convexity is assumed. In [34, 35] bounds on the convergence rate were proven, which are subsequently tuned for ADMM applied to a quadratic program of the kind $\min z \top Qz + c \top z$ subject to $Az = b$, and also assume strong convexity. The work [36] focuses on quadratic programs that are not necessarily strongly-convex. To the best of our knowledge, this is the only work that, just like we do here, analyzes ADMM for quadratic problems in a setting where the important eigenvalues of the transition matrix might be complex numbers. However, no optimal bounds explicitly dependent on $G$ are provided. The authors of [37] also study ADMM for quadratic programs that might not be strongly-convex. They define their error rate in a different way compared to us, and it is not clear if they are comparable. Also, their bounds are generic and are not optimally tuned.

The problem of determining optimal rates of convergence is related to optimal parameter selection. Apart from the tuning rules mentioned above, several adaptive schemes exist, and some of these come with convergence guarantees [1, 38–40]. However, these are designed for very general problems and do not recover our results. We consider ADMM’s parameters fixed across iterations.

Our work makes connections between ADMM, GD, and Markov chains. In particular, lifted Markov chains were previously employed to speedup convergence of distributed averaging and gossip algorithms [11, 43], but these algorithms are not related to ADMM. Finally, the present work is highly motivated by [14] where a close relation between ADMM and lifted Markov chains was proposed. The main outcome was conjecture (3), which is inspired by the speedup on the mixing time of several lifted Markov chains. This inequality will be proven in this paper as a consequence of our main analysis.
III. DISTRIBUTED ADMM AS A MESSAGE PASSING ALGORITHM

Let us start by introducing the factor graph $\mathcal{G}$ associated to the base graph $\mathcal{G}$ of problem (1). The factor graph $\mathcal{G} = (\bar{F}, \bar{V}, \bar{E})$ is a bipartite and undirected graph, where the edges in $\bar{E}$ can only connect vertices in $\bar{F}$ to vertices in $\bar{V}$. The $a$th vertex in $\bar{F}$ is the $a$th term $f_a$ in the objective (1). In other words, we have a function vertex $f_a$ for every edge in $\mathcal{E}$. Vertices in $\bar{F}$ are called function nodes. The $b$th vertex in $\bar{V}$ is the $b$th component $z_b$ of $z$. We have a variable vertex per dimension of $z$. Vertices in $\bar{V}$ are called variable nodes. The edges in $\bar{E}$ are of the form $(f_a, z_b)$. The crucial point in defining $\mathcal{G}$ is that the edge $(f_a, z_b)$ is present in $\bar{E}$ if and only if $f_a$ depends on the $z_b$ component of $z$. To simplify the notation, sometimes we interchangeably refer to vertices and edges only by their labels, thus we might write $(f_a, z_b) = (a, b)$ with $a \in \bar{F}$ and $b \in \bar{V}$. Therefore, $\bar{V} = \mathcal{V}$ and $|\bar{E}| = 2|\mathcal{E}|$. We refer to Fig. 1 for an illustration.

The neighborhood a function node $a$ is denoted by $N_a \equiv \{b \in \bar{V} : (a, b) \in \bar{E}\}$. Analogously, the neighborhood a variable node $b \in \bar{V}$ is $N_b \equiv \{a \in \bar{F} : (a, b) \in \mathcal{E}\}$. For example, in the case of Figure 1b we have $N_a = \{z_b, z_d\}$ and $N_d = \{f_a, f_c\}$. Let us introduce the row stochastic matrix $S \in \mathbb{R}^{|\bar{E}| \times |\bar{V}|}$ defined by

$$S_{eb} = \begin{cases} 
1 & \text{if } e \in \bar{E} \text{ is incident on } b \in \bar{V}, \\
0 & \text{otherwise}.
\end{cases}$$

The action of $S$ on a vector $z \in \mathbb{R}^{|\bar{V}|}$ is to produce an $|\bar{E}|$-dimensional vector whose $e$th component, for $e \in \bar{E}$, is equal to $z_b$ if $e$ is incident on $b \in \bar{V}$. Through the paper, we often index the components of a vector $y \in \mathbb{R}^{|\mathcal{E}|}$ by the edges of the factor graph, such as $y_{ab}$, where $e = (a, b) \in \mathcal{E}$. For any vector $w \in \mathbb{R}^{|\bar{V}|}$, we often index its components by the variable nodes as $w_b$, where $b \in \bar{V}$ (see Fig. 1b).

Now let $x \in \mathbb{R}^{|\mathcal{E}|}$ with components $x_{ab}$. For each function node $a \in \bar{F}$ we define the vector $x_a \in \mathbb{R}^{|N_a|}$ with components in $\{x_{ab} : b \in N_a\}$. We can rewrite problem (1) by introducing the decoupled objective

$$f(x) = \frac{1}{2} x^\top Q x = \sum_{a \in \bar{F}} f_a(x_a) = \frac{1}{2} \sum_{a \in \bar{F}} x_a^\top Q_a x_a,$$

where $Q$ is a block diagonal matrix with blocks in the form $Q_a = \begin{pmatrix} +1 & -1 \\
-1 & +1
\end{pmatrix}$, and adding the constraint

$$x = Sz.$$
The idea is that the ADMM can exploit this decoupled objective function and solve problem \([P]\) in a distributed manner, by coordinating local messages that are computed only based on each \(f_a\).

We can decentralize the standard over-relaxed ADMM updates \([\Pi]\) with the help of the so-called message passing variables \(m \in \mathbb{R}^{\left|\bar{E}\right|}\) and \(n \in \mathbb{R}^{\left|\bar{E}\right|}\), and the dual variable \(u \in \mathbb{R}^{\left|\bar{E}\right|}\):

\[
\begin{align*}
x_a^{t+1} & \leftarrow \arg\min_{x_a} \left\{ f_a(x_a) + \frac{\rho}{2} \sum_{b \in N_a} (x_{ab} - n_{ab}^t)^2 \right\} \quad \text{for all } a \in \bar{F}, \quad (7a) \\
m_{ab}^{t+1} & \leftarrow \gamma x_{ab}^{t+1} + u_{ab}^t \quad \text{for all } (a, b) \in \bar{E}, \quad (7b) \\
z_{b}^{t+1} & \leftarrow (1 - \gamma) z_{b}^t + \frac{1}{|N_b|} \sum_{a \in N_b} m_{ab}^{t+1} \quad \text{for all } b \in \bar{V}, \quad (7c) \\
u_{ab}^{t+1} & \leftarrow u_{ab}^t + \gamma x_{ab}^{t+1} - z_{b}^{t+1} + (1 - \gamma) z_{b}^t \quad \text{for all } (a, b) \in \bar{E}, \quad (7d) \\
n_{ab}^{t+1} & \leftarrow z_{b}^{t+1} - u_{ab}^{t+1} \quad \text{for all } (a, b) \in \bar{E}. \quad (7e)
\end{align*}
\]

Above, \(\gamma \in (0, 2)\) is the over-relaxed parameter, \(\rho > 0\) is the penalty parameter, and \(t\) is the iteration time. One can check that \([7]\) is consistent with the standard non-distributed over-relaxed ADMM updates \([\Pi]\). We can see the above updates as a message passing algorithm as illustrated in Fig. 1b. The only messages shared through the network are \(m_{ab}\) and \(n_{ab}\), and every node keeps and updates a copy of the components of \(u\) corresponding to edges incident on itself. All the updates only require local information. This scheme is on the same lines as the one proposed in \([4, 5]\).

Replacing the decoupled objective \([5]\) explicitly into the updates \([7]\), and introducing the
variable $s = Sz$, the above scheme can be written in the following matrix form:

\[
\begin{align*}
    x^{t+1} &= An^t, \\
    u^{t+1} &= u^t + \gamma x^{t+1} + (1 - \gamma)s^t - s^{t+1}, \\
    m^{t+1} &= \gamma x^{t+1} + u^t, \\
    s^{t+1} &= (1 - \gamma)s^t + Bm^{t+1}, \\
    n^{t+1} &= s^{t+1} - u^{t+1},
\end{align*}
\]

where $S$ is defined in (4) and we have introduced the operators

\[
A = (I + \rho^{-1}Q)^{-1}, \quad B = S(S^T S)^{-1}S^T.
\]

Note that $B = B^\top$ is symmetric and moreover $B^2 = B$, thus it is an orthogonal projection operator. Its orthogonal complement is denoted by $B^\perp \equiv I - B$, satisfying $BB^\perp = B^\perp B = 0$.

Although the updates (8) have a total of $5 \times |\vec{E}|$ dimensions, a result from [14] shows that these can be reduced to the following linear system in only $|\vec{E}|$ dimensions:

\[
\begin{align*}
    n^{t+1} &= T_A n^t, \\
    T_A &= I - \gamma(A + B - 2BA),
\end{align*}
\]

where all the other variables in (8) depend only on $n^t$.

We are interested in computing the convergence rate $\tau$ defined in (2). A straightforward adaptation of standard results from Markov chain theory gives us the following.

**Theorem 1** (See [44]). Consider the linear system $\xi^{t+1} = T \xi^t$, and let $\xi^*$ be a fixed point. If the spectral radius is $\rho(T) = 1$ and it is attained by the eigenvalue $\lambda_1(T) = 1$ with multiplicity one, then $\xi^t = T^t \xi^0$ converges to $\xi^*$ and satisfies $\|\xi^t - \xi^*\| = \Theta(|\lambda_2|^t)$, where $\lambda_2 = \lambda_2(T)$ is the second largest eigenvalue of $T$ in absolute value (the largest is $\lambda_1(T) = 1$).

Since $T_A$ in (10) is nonsymmetric, its eigenvalues can be complex. We thus order them by magnitude:

\[
|\lambda_1(T_A)| \geq |\lambda_2(T_A)| \geq \cdots \geq |\lambda_{|\vec{E}|}(T_A)|.
\]

When the order of a particular eigenvalue is not important, we drop the index and simply write $\lambda(T_A)$.

Notice that the optimization problem (1) is convex and has solution $z^* = c1$ for any constant $c$, which spans a linear space of dimension one. It is straightforward to check that $\lambda_1(T_A) = 1$ is unique (with eigenvector being the all-ones vector) and every other eigenvalue satisfies $|\lambda_n(T)| < 1$, for $n = 2, \ldots, |\vec{E}|$. Due to Theorem [1], the asymptotic convergence rate of ADMM is thus determined by the second largest eigenvalue $\tau_A = |\lambda_2(T_A)|$. 
IV. COMPUTING THE SPECTRUM OF ADMM

As explained above, our problem boils down to finding the spectrum of $T_A$. First, we write this operator in a more convenient form (the proof can be found in Appendix A).

**Lemma 2.** The matrix $T_A$ defined in (10) can be written as

$$T_A = \left(1 - \frac{\gamma}{2}\right) I + \frac{\gamma}{\rho + 2} U$$

where

$$U = \Omega + \frac{\rho}{2} \tilde{B},$$

with $\tilde{B} = \tilde{B}^\top = 2B - I$, $\Omega = \tilde{B}R$, and $R = R^\top = I - Q$. In particular, $\Omega$ is orthogonal, i.e. $\Omega^\top \Omega = \Omega \Omega^\top = I$, and the other symmetric matrices satisfy $\tilde{B}^2 = I$ and $R^2 = I$.

Notice that the spectrum of $T_A$ can be easily determined once we know the spectrum of $U$. In particular, if $\rho = 0$ then $U = \Omega$ is orthogonal and its eigenvalues lie on the unit circle in the complex plane. Thus, we may expect that for $\rho$ sufficiently small, the eigenvalues of $U$ lie in a perturbation of this circle. It turns out that, in general, the eigenvalues of $U$ either lie on a circle in the complex plane, with center at $1 - \gamma/2$ and radius $\frac{\gamma}{2} \sqrt{(2 - \rho)/(2 + \rho)}$, or on the real line. Furthermore, by exploring properties of the matrices of Lemma 2, we can calculate the spectrum of $U$ exactly for any $\rho > 0$ in terms of the spectrum of the original graph $G$. This is one of our main results, whose proof is in Appendix B.

**Theorem 3** (ADMM and random walks on $G$). Let $W = D^{-1}A$ be the probability transition matrix of a random walk on the graph $G$, where $D$ is the degree matrix and $A$ the adjacency matrix. For each eigenvalue $\lambda(W) \in (-1, 1)$, the matrix $T_A$ in (12) has a pair of eigenvalues given by

$$\lambda^\pm(T_A) = \left(1 - \frac{\gamma}{2}\right) + \frac{\gamma}{\rho + 2} \left(\lambda(W) \pm i \sqrt{1 - \frac{\rho^2}{4} - \lambda^2(W)}\right).$$

Conversely, any eigenvalue $\lambda(T_A)$ is of the form (13) for some $\lambda(W)$.

In general, the eigenvalues of $T_A$ are complex. However, $T_A$ always has the largest eigenvalue $\lambda_1(T_A) = 1$, which can also be obtained from (13) if we replace $\lambda_1(W) = 1$ and pick the negative sign in (13). Another important real eigenvalue is the following (see Appendix C).

**Lemma 4.** The matrix $T_A$ has eigenvalue $\lambda(T_A) = 1 - \gamma$ if and only if the graph $G$ has a cycle of even length.
In the results to follow we assume that $T_A$ has the eigenvalue $1 - \gamma$ since this encloses the most interesting cases. We can still carry out the analysis when this is not the case, however we omit these results for conciseness and simplicity.

Henceforth, we always assume that $G$ has at least one cycle of even length. Observe that, for many families of randomly generated graphs, this occurs with overwhelming probability. Consider sampling $G$ from an Erdős-Rényi model with $n$ vertices and edge probability $p$. There are $\binom{n}{k}$ ways of choosing $k$ vertices, and the probability that each set of $k$ nodes forms a cycle is at least $p^k$. Therefore, the probability that there will be no $k$-cycle in $G$ is upper bounded by $(1 - p^k)^\binom{n}{k}$ which is extremely small.

A few observations about $W$ are in order. It is known that the eigenvalues of $W$ are in the range $\lambda(W) \in [-1, 1]$. The second largest eigenvalue of $W$, denoted by $w^* \equiv \lambda_2(W)$, and the corresponding eigenvalue of $T_A$ from formula (13), play an important role in computing the optimal convergence rate $\tau^*_A$. Moreover, the second largest eigenvalue $w^*$ is related to the mixing time of the Markov chain associated to $W$, and also to the conductance $\Phi \in [0, 1]$ of the graph $G$ by the Cheeger bound [45]:

$$1 - 2\Phi \leq \omega^* \leq 1 - \Phi^2/2. \quad (14)$$

The conductance $\Phi$ tells us whether or not $G$ has bottlenecks, and higher $\Phi$ implies a fast mixing chain [46]. The conductance of $G$ is defined by

$$\Phi = \min_{S \subset V} \frac{C(S)}{\sum_{i \in V} d_i} \quad \text{such that} \quad \sum_{i \in V} d_i \leq |V| \quad (15)$$

where $d_i$ is the degree of node $i$ and $C(S)$ is cut-value induced by $S$, i.e. the number of edges that cross from $S$ to $V \setminus S$.

In the context of [14], which motivated this paper, the most interesting cases are Markov chains that have low conductance and are known to not speedup via lifting. Therefore, we will present our results for graphs $G$ where the second largest eigenvalue of the transition matrix $W$ lies in the range $0 \leq \omega^* < 1$, which is implied by $\Phi \leq 1/2$.

We now discuss the behaviour of the eigenvalues of $T_A$. From the formula (13) we just need to analyse the complex eigenvalues of the operator $U$, defined in (12), which are given by $\lambda(U) = \lambda(W) \pm i\sqrt{1 - \rho^2/4 - \lambda^2(W)}$. Therefore, $\lambda(U)$ lies on a circle of radius $\sqrt{1 - \rho^2/4}$, and each eigenvalue becomes real when $\rho^2/4 + \lambda^2(W) \geq 1$. All eigenvalues become real when $\rho > 2$. When $\rho = 0$ the circle has unit radius, and as $\rho$ increases the radius of the
FIG. 2. (a) The factor graph of a randomly generated graph. The squares are the functions $f_a \in \mathcal{F}$, and the circles are the variables $z_b \in \mathcal{V}$, where here $|\mathcal{F}| = 17$, $|\mathcal{V}| = 10$, and $|\mathcal{E}| = 28$. We numerically compute the eigenvalues of (12). The complex eigenvalues lie on a circle of radius $\frac{\gamma}{2} \sqrt{(2 - \rho)/(2 + \rho)}$, centered at $1 - \gamma/2$, as described by the formula in Theorem 3. The red dots correspond to the second largest, in magnitude, eigenvalues in (13). The green dot is the eigenvalue $1 - \gamma$ of Lemma 4. We have the following parameters: (b) $\gamma = 1.5, \rho = 0.2$; (c) $\gamma = 1.5, \rho = 1$; (d) $\gamma = 1.59, \rho = 1.31$. This is close to the optimal parameters of Theorem 5, which are $\gamma^* = 1.56976$ and $\rho^* = 1.32181$, obtained with $\omega^* = 0.75047$ which is determined by the graph.

circle shrinks. Note that only the imaginary part of $\lambda(U)$ changes with $\rho$, so every complex conjugate pair of eigenvalues move vertically downwards until they fall on the real line, one moving to the left and the other to the right. We illustrate this behaviour in Fig. 2 where we show the corresponding eigenvalues of $T_A$. The eigenvalues marked in red move on the vertical dashed line as we increase $\rho$. Notice also from (13) that as $\rho \to \infty$ all eigenvalues tend to either $\lambda(T_A) \to 1$ or $\lambda(T_A) \to 1 - \gamma$.

To tune ADMM we need to minimize the second largest, in absolute value, eigenvalue of $T_A$. The minimum will come from either the conjugate pairs in (13) with $\omega^* = \lambda_2(\mathcal{W})$, marked in red in Fig. 2 or from the real eigenvalue $1 - \gamma$ of Lemma 4 marked in green in Fig. 2. We can keep increasing $\rho$ to make the radius of the circle the smallest possible, which happens when these complex eigenvalues have vanishing imaginary part. This determines the best parameter $\rho^*$. Now we can fix $\gamma^*$ by making $|1 - \gamma|$ the same size as the norm of the previous complex conjugate eigenvalues. Using these ideas we obtain our next result, whose proof is contained in Appendix C.

**Theorem 5 (Optimal convergence rate for ADMM).** Assume that the graph $\mathcal{G}$ has at least one cycle of even length, and conductance $\Phi \leq 1/2$. Let $\mathcal{W} = \mathcal{D}^{-1} \mathcal{A}$ be the transition matrix
of a random walk on $G$, and denote its second largest eigenvalue by $\omega^* = \lambda_2(\mathcal{W}) \in (0, 1)$. Let $\lambda_2(T_A)$ be the second largest, in absolute value, eigenvalue of $T_A$. The best possible convergence rate of ADMM is thus given by

$$\tau_A^* \equiv \min_{\gamma, \rho} |\lambda_2(T_A)| = \gamma^* - 1,$$

where

$$\gamma^* = \frac{4}{3 - \sqrt{(2 - \rho^*)/(2 + \rho^*)}} \quad \text{and} \quad \rho^* = 2\sqrt{1 - (\omega^*)^2}. \quad (17)$$

The above theorem provides optimal parameter selection for over-relaxed ADMM in terms of the second largest eigenvalue $\omega^* = \lambda_2(\mathcal{W})$ of the transition matrix, which captures the topology of $G$. Recall that $\omega^*$ is also related to the well-known spectral gap.

A. Graphs without even cycles

We can still solve the analogous of Theorem 5 when the graph $G$ does not have even length cycles, or $G$ has high conductance. However, this does not introduces new insights and slightly complicates the analysis. To be concrete, we just state one of such cases below.

Consider a case where $G$ does not have a cycle of even length, for example when $G$ is a tree, thus $\lambda(T_A) = 1 - \gamma$ does not exist. The most interesting case is for slow mixing chains, $\Phi \leq 1/2$, and analogously to Theorem 5 we obtain the following result.

**Theorem 6.** Assume that the graph $G$ has no cycles of even length, and has conductance $\Phi \leq 1/2$. Let $\mathcal{W} = D^{-1}A$ be the transition matrix of a random walk on $G$. Denote the second largest eigenvalue of the transition matrix $\mathcal{W}$ by $\omega^* \in (0, 1)$, and $\bar{\omega}$ its smallest eigenvalue different than $-1$. Assume that $|\bar{\omega}| \geq \omega^*$. Let $\lambda_2(T_A)$ be the second largest, in absolute value, eigenvalue of $T_A$. The best possible convergence rate of ADMM is given by

$$\tau_A^* \equiv \min_{\gamma, \rho} |\lambda_2(T_A)| = \gamma^* - 1,$$

where

$$\gamma^* = 4 \left( \frac{2 - \omega^* + \bar{\omega} - \sqrt{\bar{\omega}^2 - (\omega^*)^2}}{1 + \sqrt{1 - (\omega^*)^2}} \right)^{-1} \quad \text{and} \quad \rho^* = 2\sqrt{1 - (\omega^*)^2}. \quad (19)$$

Notice that if we replace $\bar{\omega} = -1$ in the above formulas we recover the results from Theorem 5. Furthermore, a straightforward calculation shows that the rate (16) is always an
upper bound for the rate (18). In fact, we can show that (16) is always an upper bound for $\tau^*_A$ regardless of the topology of $G$. We omit these results for simplicity, as well as a proof of Theorem 6 since it is analogous to the proof of Theorem 5.

**B. Numerical examples**

We provide some numerical experiments illustrating our theoretical results by considering the graphs shown in Table I. The second largest eigenvalue of the transition matrix, $\omega^*$, is determined by the graph. The conductance $\Phi$ is computed by direct inspection of $G$ and (15). The other quantities are computed from our theoretical predictions, e.g. Theorem 5 and Theorem 6. For each graph, in Fig. 3 we show the corresponding convergence rates from a numerical computation of the second largest eigenvalue of $T_A$, denoted by $\lambda_2$. We fix several values of $\gamma$ and plot $|\lambda_2|$ versus $\rho$. The solid blue lines in the plots correspond to our theoretical prediction for the optimal convergence rate $\tau^*_A$, whose values are in Table I. The red lines show the convergence rate as function of $\rho$ for optimal $\gamma = \gamma^*$ from a numerical computation. Both curves touch under optimal parameter tuning, confirming our theoretical predictions. The remaining curves show suboptimal rates.

For the graphs in (a) and (b) of Table I the assumptions of Theorem 5 hold, thus we can find optimal parameters through the formulas (16) and (17), whose values are indicated. In Fig. 3a and Fig. 3b we can see that the optimal numerical rates (red lines) match the prediction of formula (16) (blue lines). We also included two other curves using the values $\gamma = 1.3$ and $\gamma = 1.6$ to show that the rates becomes suboptimal if $(\rho, \gamma) \neq (\rho^*, \gamma^*)$.

For the graph in (c) the assumptions of Theorem 5 do not hold since the conductance $\Phi > 1/2$. A similar analysis as of Theorem 5 shows that, for all graphs with even cycles and high conductance we have $\tau^*_A = 1/3$, $\gamma^* = 4/3$ and $\rho^* = 2$, which are the values indicated in Table I. We omit this proof for simplicity of presentation. In Fig. 3c we show that a numerical calculation matches this prediction (blue and red lines). The curves with $\gamma_1 = 1.2$ and $\gamma_2 = 1.5$ give suboptimal rates. A misapplication of Theorem 5 gives $\rho_3 \approx 1.886$, $\gamma_3 \approx 1.414$ and $\tau^*_A(3) \approx 0.414$, which still gives an upper bound on the optimal $\tau^*_A = 1/3$. Using the value of $\gamma_3$ to numerically compute $\lambda_2(\rho)$ yields the curve shown in dashed line.

Theorem 6 holds to the case of the graph in item (d), whose predictions are shown in Table I. These agree with the numerical results shown in Fig. 3d. A misapplication
TABLE I. Application of Theorem 5 for the graphs in (a) and (b). For the graph in (c) the assumptions of Theorem 5 do not hold, but similar analysis give the above results. The graph in (d) has no even cycle, however Theorem 6 applies with $\bar{\omega} = -\frac{1}{12}(\sqrt{97} - 1)$, which is fixed by $G$.

| $G$ | $\Phi$ | $\omega^*$ | $\rho^*$ | $\gamma^*$ | $\tau_A^*$ | Thm. 5 | Thm. 6 |
|-----|-------|----------|--------|---------|---------|-------|-------|
| (a) | 1/3   | 1/2     | 1.732  | 1.464   | 0.464   | ✓     | ✗     |
| (b) | 1/2   | 1/3     | 1.886  | 1.414   | 0.414   | ✓     | ✗     |
| (c) | 1     | −1/3    | 2      | 4/3     | 1/3     | ✗     | ✗     |
| (d) | 1/5   | $\frac{1}{12}(\sqrt{97} - 1)$ | 1.351  | 1.659   | 0.536   | ✗     | ✓     |

FIG. 3. Numerical results of $\tau_A(\rho, \gamma) = |\lambda_2(\rho)|_\gamma$, where $\lambda_2 = \lambda_2(T_A)$ is the second largest eigenvalue of $T_A$, versus $\rho$. We fix $\gamma$ for each curve, and each figure corresponds to a graphs in Table I. Solid blue lines correspond to theoretical predictions for $\tau_A^*$. (a,b) $\gamma_1 = 1.3$ and $\gamma_2 = 1.6$. (c) $\gamma_1 = 1.2$ and $\gamma_2 = 1.5$. Formula (17) gives $\gamma_3 = 1.414$ and the suboptimal rate shown in dashed line. (d) $\gamma_1 = 1.3$ and $\gamma_2 = 1.8$. A misapplication of (16) gives $\gamma_3 = 1.659$, shown in dashed line.

V. COMPARISON WITH GRADIENT DESCENT

We now compare the optimal convergence rates of distributed ADMM and GD, denoted by $\tau_A^*$ and $\tau_G^*$, respectively. Let us first recall that the convergence rate of GD is related to
eigenvalues of the graph Laplacian. We can write the objective function (1) explicitly as
\[ f(z) = \frac{1}{2} \sum_{i \in V} \left\{ d_i z_i^2 - 2z_i \sum_{j \in N_i} z_j + \sum_{j \in N_i} z_j^2 \right\} \] (20)
where \( N_i \) is the neighboring set of node \( i \in V \), and \( d_i \) is its degree. Using the component form of GD update, \( z^{t+1}_k = z^t_k - \alpha \partial z_k f(z^t) \), and noticing that the last term of (20) does not contribute since \( i \neq j \), we obtain \( z^{t+1}_k = z^t_k - \alpha (d_k z_k - \sum_{j \in N_k} z_j) \). Notice also that \( \sum_{j \in N_k} z_j = \sum_{j \in V} A_{kj} z_j \), where \( A \) is the adjacency matrix of \( G \). Therefore, writing this result in matrix form we have
\[ z^{t+1} = T_G z^t, \quad T_G = I - \alpha L, \] (21)
where \( L \equiv D - A \) is the Laplacian of \( G \). Since the eigenvalues of \( L \) are real, we assume the following ordering:
\[ \lambda_1(L) \geq \lambda_2(L) \geq \ldots \geq \lambda_{|E|-1}(L) \geq \lambda_{|E|}(L) = 0. \]

Let \( \bar{\ell} = \lambda_1(L) \) be the largest eigenvalue of \( L \), and \( \ell^* = \lambda_{|E|-1} \) be the second smallest and nonzero eigenvalue of \( L \). We have \( \tau_G^* = \min_\alpha \max \{ |1 - \alpha \bar{\ell}|, |1 - \alpha \ell^*| \} \) whose solution is
\[ \tau_G^* = \frac{\bar{\ell} - \ell^*}{\bar{\ell} + \ell^*}. \] (22)

To relate this result with the transition matrix \( \mathcal{W} \), note that \( D^{1/2} \mathcal{W} D^{-1/2} = D^{-1/2} A D^{-1/2} \equiv I - \mathcal{L} \), where \( \mathcal{L} \) is the normalized Laplacian of \( G \). Thus, both operators have the same eigenvalues, \( \lambda(\mathcal{W}) = 1 - \lambda(\mathcal{L}) \), which are all real. We now use the following bounds [47, Lemmas 2.12 and 2.21]:
\[ d_{\min} \lambda_i(\mathcal{L}) \leq \lambda_i(L) \leq d_{\max} \lambda_i(\mathcal{L}) \quad (i = 1, \ldots, |E|), \] (23a)
\[ d_{\max} \leq \lambda_1(L) \leq 2d_{\max}, \] (23b)
where \( d_{\max} \) and \( d_{\min} \) are the maximum and minimum degree of \( G \), respectively. Equation (23a) gives us \( \ell^*/d_{\max} \leq 1 - \omega^* \leq \ell^*/d_{\min} \), which together with equation (23b) allows us to bound \( \tau_G^* \) using \( \omega^* \). Further using an expansion of (16) around \( \omega^* = 1 \) leads to the following result, whose proof can be found in Appendix D.

**Theorem 7** (ADMM speedup). Assume that the graph \( G \) has an even length cycle and \( \Phi \leq 1/2 \), such that Theorem 5 holds. Then, there is \( C = 1 - \mathcal{O}(\sqrt{\delta}) \) such that
\[ C(1 - \tau_G^*) \leq (1 - \tau_\lambda)^2 \leq 2\Delta C(1 - \tau_G^*), \] (24)
where \( \Delta = d_{\max}/d_{\min} \) is the ratio of the maximum to the minimum degree of \( G \). Here \( \delta = 1 - \omega^* \) is the spectral gap.
The lower bound in (24) provides a proof of conjecture (3), proposed in [14]. Notice that the upper bound in (24) implies that ADMM cannot improve much more than this square root factor. However, this upper bound becomes more loose for very irregular graphs, which have $\Delta \gg 1$, compared to regular graphs, which have $\Delta = 1$. Moreover, as briefly mentioned before, since Theorem 5 provides an upper bound on $\tau_A^*$ regardless of the topology of $\mathcal{G}$, the lower bound in (24) still remains valid for any graph. Numerical results illustrating the lower bound in (24) were already provided in [14].

VI. FINAL REMARKS

We provided a thorough analysis of distributed over-relaxed ADMM when solving the non-strongly-convex consensus problem (1) in terms of spectral properties of the underlying graph $\mathcal{G}$; see Theorem 3. The exact asymptotic convergence rate of ADMM depends on the second largest eigenvalue of the transition matrix of $\mathcal{G}$. This result directly relates distributed ADMM to a Markov chain. We also provided explicit formulas for optimal parameter selection; see Theorem 5 and Theorem 6. Comparing the optimal convergence rates of distributed ADMM and GD, we were able to prove a recent conjecture based on a close analogy with lifted Markov chains [14]. We showed that, for problem (1) over any graph $\mathcal{G}$, when both algorithms are optimally tuned, distributed ADMM always provides a speedup given by a square root factor compared to GD; see Theorem 7.

We believe that our results and methods may shed a new light into distributed optimization, in particular for ADMM. For instance, it provides the first steps towards a better understanding of how distributed ADMM behaves when splitting a decomposable objective function. It would be certainly desirable, and interesting, to extend our analysis to more general settings. We hope the results presented here motivate future research in this direction.

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Appendix A: Proof of Lemma 2

We repeat, then prove, the statement of Lemma 2 in the main text below.

**Lemma 8.** The matrix $T_A$ defined in (10) can be written as

$$T_A = \left(1 - \frac{\gamma}{2}\right) I + \frac{\gamma}{\rho + 2} U$$

where

$$U = \Omega + \frac{\rho}{2} \tilde{B},$$

(A1)

with $\tilde{B} = \tilde{B}^T = 2B - I$, $\Omega = \tilde{B} R$, and $R = R^T = I - Q$. In particular, $\Omega$ is orthogonal, i.e. $\Omega^T \Omega = \Omega \Omega^T = I$, and the other symmetric matrices satisfy $\tilde{B}^2 = I$ and $R^2 = I$.

**Proof.** Due to the block diagonal structure of $Q$, the matrix $A$ in (9) can be written as

$$A = I - \frac{1}{\rho + 2} Q.$$  

(A2)

Write $Q = I - R$, where $R$ is block diagonal with each block in the form $R_a = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$ for $a \in \tilde{F}$. We therefore have

$$A = \frac{\rho + 1}{\rho + 2} I + \frac{1}{\rho + 2} R.$$  

(A3)

Replacing this expression into (10) it is possible to reorganize the terms in the form (12).

Appendix B: Proof of Theorem 3

We first present several intermediate results that will be necessary to establish Theorem 3 from the main text.

**Lemma 9.** Let $U$ be a nonsingular matrix, and let $V \equiv \frac{1}{2} (U + \eta U^{-1})$ for some constant $\eta$. If $v$ is an eigenvalue of $V$, then $U$ has at least one of the following eigenvalues:

$$u^\pm = v \pm i \sqrt{\eta - v^2}.$$  

(B1)

Conversely, every eigenvalue of $U$ has the form (B1) for either $u^+$, $u^-$ or both, for some eigenvalue $v$ of $V$.

**Proof.** We have $\det (V - vI) = 0$ if and only if $v$ is an eigenvalue of $V$. From the definition of $V$ we can this write as

$$\det \left(\frac{1}{2} U^{-1}\right) \det (U - u^+ I) \det (U - u^- I) = 0.$$  

(B2)
Since \( \det U^{-1} \neq 0 \) by assumption, at least one of the other determinants must vanish, showing that either \( u^+ \) or \( u^- \) (or both) are eigenvalues of \( U \).

For the second part, consider the eigenvalue equation \( U u = u u \). It follows that \( V u = (U + \eta U^{-1})u = \left( \frac{1}{2} (u + \eta u^{-1}) \right) u \), thus for every eigenvalue \( u \) we have that \( v = \frac{1}{2} (u + \eta u^{-1}) \) is an eigenvalue of \( V \), or equivalently, \( u \) satisfy the quadratic equation \( u^2 - 2v u + \eta = 0 \) for some eigenvalue \( v \) of \( V \). The roots of this equation are given by (B1), thus \( u \) must be equal to at least one of these roots.

\[ \text{Lemma 10. Let} \]
\[ U = \Omega + \frac{\rho}{2} \tilde{B}, \]  
\[ \text{(B3)} \]
where \( \Omega \equiv \tilde{B}R \) is orthogonal, \( \tilde{B} \equiv 2B - I \), and the symmetric operators \( \tilde{B} \) and \( \tilde{R} \) both satisfy \( \tilde{B}^2 = I \) and \( R^2 = I \). The inverse of \( U \) is given by
\[ U^{-1} = \left( 1 - \frac{\rho^2}{4} \right)^{-1} \left( \Omega^\top - \frac{\rho}{2} \tilde{B} \right). \]  
\[ \text{(B4)} \]
We also have the following relation for the symmetric part of \( \Omega \):
\[ \Omega_S \equiv \frac{\Omega + \Omega^\top}{2} = \frac{U + \eta U^{-1}}{2} \]  
with \( \eta = 1 - \frac{\rho^2}{4} \).
\[ \text{(B5)} \]

\[ \text{Proof.} \] This can be checked by direct substitution.

\[ \text{Lemma 11.} \] The eigenvalues of \( \Omega_S \) are in the range \([-1, 1]\).

\[ \text{Proof.} \] This follows trivially from (B5) and orthogonality of \( \Omega \). The eigenvalues of \( \Omega \) have the form \( \lambda(\Omega) = e^{i\theta} \) for \( \theta \in (-\pi, \pi] \). Since \( \Omega^\top = \Omega^{-1} \), we have \( \lambda(\Omega_S) = \cos \theta \in [-1, 1] \).

From Lemma 9 and Lemma 10, we immediately know that all eigenvalues of (B3) have the form (B1) with \( v \to \lambda(\Omega_S) \) and \( \eta \to 1 - \rho^2/4 \), for either \( u^+ \) or \( u^- \). Now if we exclude the extremes of the interval where \( \lambda(\Omega_S) \) lie, according to Lemma 11, we have a stronger version of this result.

\[ \text{Corollary 12.} \] If \( w_S \in (-1, 1) \) is an eigenvalue of \( \Omega_S \), then the operator (B3) has a pair of eigenvalues given by
\[ u^\pm = w_S \pm i \sqrt{1 - \frac{\rho^2}{4} - (w_S)^2}. \]  
\[ \text{(B6)} \]
Proof. Lemma 9 already implies that $U$ have eigenvalues (B6) for at least one of the choices $u^\pm$. It remains to show that both occur if $w_S \in (-1, 1)$. First, consider the case where $\rho = 0$. We have $u^\pm = w_S \pm i \sqrt{1 - (w_S)^2}$, and since $|w_S| < 1$, both $u^\pm$ are a complex conjugate pair. Since $U$ is real, its complex eigenvalues always occur in conjugate pairs, thus both $u^\pm$ are eigenvalues of $U$.

For small enough $\rho > 0$ the eigenvalues $u^\pm$ in (B6) are also complex, so both must be eigenvalues of $U$. Therefore, for small enough $\rho$, the characteristic polynomial of $U$ has a factor of the form

$$\det(U - uI) \sim (u - u^+)(u - u^-) = u^2 - 2w_S u - (1 - \rho^2/4). \quad \text{(B7)}$$

Now $\det(U - uI)$ is a polynomial in both $u$ and $\rho$, and since a polynomial is uniquely determined by its coefficients, the same factors in (B7) will be present in the characteristic polynomial of $U$ for any $\rho$, implying that both $u^\pm$ are eigenvalues of $U$ for any $\rho > 0$.

We will show that, if we restrict ourselves to the interval $(-1, 1]$, the eigenvalues $w_S$ of $\Omega_S$ are the same as the eigenvalues of the transition matrix $W$ of the original graph $G$. This establishes the connection with the graph topology. However, we first need several intermediate results. We recall that $B$ and $R$ are defined by

$$B = S(S^T S)^{-1} S^T, \quad R = \begin{pmatrix} \ddots & \cdot & \cdot & \cdot \\ \cdot & R_a & \ddots & \cdot \\ \cdot & \cdot & \ddots & \cdot \\ \cdot & \cdot & \cdot & \ddots \end{pmatrix}, \quad \text{(B8)}$$

where $S$ is a row stochastic matrix defined in (4), and the blocks of $R$ have the form $R_a = (0 \ 1 \ 0)$. Also, $S^T S = D$ is the degree matrix of $G$. Moreover, $B^2 = B$ and $R^2 = I$.

**Lemma 13.** If $\omega$ is an eigenvalue of the transition matrix $W$, then $\omega$ is also an eigenvalue of the operator $BR$. Conversely, if $\omega \neq 0$ is an eigenvalue of $BR$, then $\omega$ is also an eigenvalue of $W$.

**Proof.** The matrix $S$ defined in (4) has independent columns, therefore its left pseudo-inverse is $S^+ = (S^T S)^{-1} S^T = D^{-1} S^T$, where $D$ is the degree matrix of $G$. Note that $B = SS^+$, and also that the adjacency matrix of $G$ is given by $A = S^T R S$. Hence $W \equiv D^{-1} A = S^+ R S$, and we obtain the identity

$$BRS = SW. \quad \text{(B9)}$$
Consider the eigenvalue equation \( W\omega = \omega \omega \), where \( \omega \neq 0 \). Acting with (B9) on \( \omega \) we have \( BR(S\omega) = SW\omega = \omega(S\omega) \). Since the columns of \( S \) are independent we have that \( S\omega \neq 0 \), therefore \( \omega \) is also an eigenvalue of \( BR \).

Consider the eigenvalue equation \( v^\top (BR) = b v^\top \), where \( b \neq 0 \) and \( v \neq 0 \). Since \( R = R^{-1} \) is invertible, \( v^\top B = b v^\top R \neq 0 \). Now \( B \) is a projection onto the columns of \( S \), thus we also have \( v^\top S \neq 0 \). Multiplying (B9) by \( v^\top \) on the left we conclude that \( v^\top BRS = b(v^\top S) = (v^\top S)W \), and \( b \) is also an eigenvalue of \( W \).

**Lemma 14.** We have that \( \omega \notin \{-1,0,1\} \) is an eigenvalue of \( BR \) if and only if it is an eigenvalue of \( \Omega_S \).

**Proof.** We claim, and later prove, the following two facts:

1. \( \omega \neq 0 \) is an eigenvalue of \( BRB \) if and only if it is an eigenvalue of \( BR \).
2. \( \omega \notin \{-1,0,1\} \) is an eigenvalue of \( BRB \) if and only if it is an eigenvalue of \( -B^\perp RB^\perp \).

We first prove that if \( \omega \) is an eigenvalue of \( \Omega_S \), then \( \omega \) is also an eigenvalue of \( BR \). From (B5), and recalling that \( \tilde{B} = 2B - I \) and \( B + B^\perp = I \), we can write

\[
\Omega_S = RB - B^\perp R = (B + B^\perp)RB - B^\perp R(B + B^\perp) = BRB - B^\perp RB^\perp,
\]

where \( B \) and \( B^\perp \) are projectors onto orthogonal subspaces. From (B10) and using the identity \( v = Bv + B^\perp v \), the eigenvalue equation \( \Omega_S v = \omega v \) (where \( v \neq 0 \)) is equivalent to

\[
BR(Bv) = \omega(Bv), \quad -B^\perp R(B^\perp v) = \omega(B^\perp v).
\]

Since \( v \neq 0 \), either \( Bv \neq 0 \) or \( B^\perp v \neq 0 \) (or both). Thus, if \( \omega \) is an eigenvalue of \( \Omega_S \), then \( \omega \) is an eigenvalue of \( BRB \) or an eigenvalue of \( -B^\perp RB^\perp \) (or both). Assuming \( \omega \notin \{-1,0,1\} \), by the fact 2 above the operators \( BRB \) and \( -B^\perp RB^\perp \) have the same eigenvalues. Therefore, if \( \omega \) is an eigenvalue of \( \Omega_S \), then it is also an eigenvalue of \( BRB \), and by fact 1 it is also an eigenvalue of \( BR \).

Now we prove the reverse. If \( \omega' \neq 0 \) is an eigenvalue of \( BR \), then by fact 1 it is also an eigenvalue of \( BRB \), i.e. \( BRBv' = \omega'v' \) for some \( v' \neq 0 \). Acting on this equality with
$B$ on both sides we conclude that $Bv' = v'$. Hence, using (B10) and $B^\perp v' = 0$ we obtain $\Omega_Sv' = BRBv' = \omega'v'$, i.e. $\omega'$ is an eigenvalue of $\Omega_S$.

The above two paragraphs proves the claim, now we finally finally show that the above two facts hold.

Proof of Fact 2. Let $\omega \neq 0$ be such that $BRBv = \omega v$ for some $v \neq 0$. Dividing this expression by $\omega$ we conclude that $v$ is in the range of $B$. Since $B$ is an orthogonal projection, $Bv = v$. The same argument holds if $\omega \neq 0$ is an eigenvalue of $BR$. Therefore, $BRBv = BRv = \omega v$, as claimed.

Proof of Fact 2. We first argue that if $\omega \notin \{-1, 0, 1\}$ is an eigenvalue of $BRB$, then $\omega$ is an eigenvalue of $B^\perp RB^\perp$. The argument for the other direction is the same with $B$ and $B^\perp$ switched. Let $BRBv = \omega v$ for some $v \neq 0$. Since $\omega \neq 0$, we have that $Bv = v$. Let $u \equiv B^\perp Rv$. We show that $u$ is an eigenvector of $-B^\perp RB^\perp$ with eigenvalue $\omega$. We have $B^\perp RB^\perp u = B^\perp RB^\perp v = B^\perp R(I - B)v = B^\perp v - B^\perp RBRv = -B^\perp RBRv = -B^\perp RB^\perp v = -\omega(B^\perp v) = -\omega u$. In addition, $u = B^\perp Rv = Rv - BRv = Rv - BRBv = (R - \omega I)v$. The eigenvalues of $R$ are $\pm 1$, thus $(R - \omega I)$ is non singular and it follows that $u \neq 0$.

Lemma 15. The transition matrix $W$ is singular if and only if the operator $\Omega_S$ is singular.

Proof. From the proof of Lemma 13 we know that $W = S^+ RS$. Suppose $W$ is singular, i.e. there is $u \neq 0$ such that $Wu = S^+ R Su = 0$. Since the columns of $S$ are independent and $R$ is invertible, $v \equiv RSu \neq 0$, and therefore $S^+ v = 0$. Using (B5) we can write $\Omega_S = BR - R + RB$, and noticing that $R^2 = I$ and $BS = SS^+ S = S$, we obtain $\Omega_S v = RBv = RS(S^+ v) = 0$, implying that $\Omega_S$ is also singular.

Suppose $\Omega_S$ is singular, i.e. there is $v \neq 0$ such that $\Omega_S v = 0$. From (B10) and noticing that $B$ and $B^\perp$ project onto orthogonal subspaces we have

\[ BRBv = 0, \quad B^\perp RB^\perp v = 0. \tag{B12} \]

Consider two separate cases. First, if $Bv = 0$ then $B^\perp v = v \neq 0$, and from equation (B12) we have $B^\perp RB^\perp v = B^\perp Rv = Rv - BRv = 0$, or $Rv = Su$ where $u = S^+ Rv \neq 0$. Therefore, $Wu = S^+ R Su = S^+ v = 0$ showing that $W$ is singular, where we have used $R^2 = I$ and $Bv = 0$ if and only if $S^+ v = 0$. Second, suppose $Bv \neq 0$, and let $u \equiv S^+ v \neq 0$. From the first equation in (B12) we have $SWu = SS^+ RSS^+ v = BRBv = 0$, but since $S$ has independent columns we must have $Wu = 0$, which shows that $W$ is singular.
Lemma 16. We have that $\omega \in (-1, 1]$ is an eigenvalue of the transition matrix $W$ if and only if it is an eigenvalue of the symmetric operator $\Omega_S$.

Proof. Combining Lemma 13 and Lemma 14 it follows that $\omega \notin \{-1, 0, 1\}$ is an eigenvalue of $W$ if and only if it is an eigenvalue of $\Omega_S$. By Lemma 15 we can extend this to $\omega = 0$. Finally, $W$ and $\Omega_S$ always have an eigenvalue $\omega = 1$ with eigenvector being the all-ones vector. \[Q.E.D.\]

Finally, we are ready to show one of our main results, which relates the spectrum of ADMM to the spectrum of random walks on $G$. We first repeat the statement of Theorem 3 in the main text for convenience.

Theorem 17 (ADMM and random walks on $G$). Let $W = D^{-1}A$ be the probability transition matrix of a random walk on the graph $G$, where $D$ is the degree matrix and $A$ the adjacency matrix. For each eigenvalue $\lambda(W) \in (-1, 1)$ the matrix $T_A$ in (12) has a pair of eigenvalues given by

$$
\lambda^{\pm}(T_A) = \left(1 - \frac{\gamma}{2}\right) + \frac{\gamma}{2 + \rho} \left(\lambda(W) \pm i\sqrt{1 - \frac{\rho^2}{4} - \lambda^2(W)}\right).
$$

Conversely, any eigenvalue $\lambda(T_A)$ is of the form (B13) for some $\lambda(W)$.

Proof. The first part is an immediate consequence of Corollary 12 and Lemma 16. The second part is a consequence of Lemma 9. \[Q.E.D.\]

Appendix C: Proof of Theorem 5

To establish Theorem 5, which involves graphs with even length cycles and low conductance, several intermediate results will be needed.

Lemma 18. The operator $U$, defined in (B3), and also the symmetric operator $\Omega_S$ are diagonalizable. Moreover, $U$ and $\Omega_S$ commute and have a common eigenbasis.

Proof. It is obvious that $\Omega_S = \frac{\Omega + \Omega^T}{2}$ is diagonalizable since it is symmetric and real. Let $U = PJP^{-1}$ be a decomposition in terms of a Jordan canonical form $J = \text{diag}(J_1, J_2, \ldots)$, where $J_i$ is the Jordan block associated to eigenvalue $\lambda_i$. From Lemma 10 we have $\Omega_S = \frac{1}{2}(U + \eta U^{-1}) = \frac{1}{2}P(J + \eta J^{-1})P^{-1}$. For every Jordan block $J_i$ there is a corresponding Jordan block of the same dimension in $J + \eta J^{-1}$ with corresponding eigenvalue $\lambda_i + \eta \lambda_i^{-1}$. Therefore, we can decompose $J + \eta J^{-1} = FZF^{-1}$, where $Z$ is in Jordan form and has the same set of
Jordan-block-dimensions as $J$, except that the diagonal values are different. To mention an example, consider

$$J = \begin{bmatrix}
\lambda_1 & 0 & 0 & 0 & 0 \\
0 & \lambda_2 & 1 & 0 & 0 \\
0 & 0 & \lambda_2 & 0 & 0 \\
0 & 0 & 0 & \lambda_3 & 1 \\
0 & 0 & 0 & 0 & \lambda_3 \\
\end{bmatrix}, \quad Z = \begin{bmatrix}
\mu_1 & 0 & 0 & 0 & 0 \\
0 & \mu_2 & 1 & 0 & 0 \\
0 & 0 & \mu_2 & 0 & 0 \\
0 & 0 & 0 & \mu_3 & 1 \\
0 & 0 & 0 & 0 & \mu_3 \\
\end{bmatrix}, \quad \mu_i = \lambda_i + \eta \lambda_i^{-1}.
$$

Thus, we can write $\Omega_S = \frac{1}{2}(HF)Z(HF)^{-1}$. The Jordan form of a matrix is unique, and $\Omega_S$ is diagonalizable, therefore, all blocks in $Z$ must have dimension 1, and so does $J$, which means that $U$ is diagonalizable.

It is obvious that $U$ and $\Omega_S$ commute due to (B5). Two diagonalizable matrices that commute can be simultaneously diagonalizable, thus they share a common eigenbasis.

**Lemma 19.** If $w_S \in \{-1, 1\}$ is an eigenvalue of $\Omega_S$ with corresponding eigenvector $v$, then

- if $Bv \neq 0$, then $Bv$ is also an eigenvector of $\Omega_S$ and of $R$ with eigenvalue $w_S$, i.e. $\Omega_S(Bv) = w_S(Bv)$ and $R(Bv) = w_S(Bv)$.

- if $B^\perp v \neq 0$, then $B^\perp v$ is also an eigenvector of $\Omega_S$ with eigenvalue $w_S$ and of $R$ with eigenvalue $-w_S$, i.e. $\Omega_S(B^\perp v) = w_S(B^\perp v)$ and $R(B^\perp v) = -w_S(B^\perp v)$.

**Proof.** Let $\Omega_S v = w_S v$ where $w_S \in \{-1, 1\}$ and $v \neq 0$. From (B10) we have

$$BR(Bv) = w_S(Bv), \quad B^\perp R(B^\perp v) = -w_S(B^\perp v). \quad \text{(C1)}$$

Assuming $Bv \neq 0$ we have $\Omega_S(Bv) = BR(Bv) = w_S(Bv)$, which shows that $Bv$ is an eigenvector of $\Omega_S$ with eigenvalue $w_S$. Taking the norm on each side of this equation and using $|w_S| = 1$ implies

$$\|BRBv\| = \|Bv\|. \quad \text{(C2)}$$

Since $B$ is a projection operator, if $RBv$ is not in the span of $B$ then we must have $\|B(RBv)\| < \|RBv\| \leq \|Bv\|$, where the last inequality follows by using $\|R\| \leq 1$. However, this contradicts (C2). Therefore, $RBv$ must be in the span of $B$ and as a consequence $R(Bv) = BRBv = w_S(Bv)$, where we used the first equation in (C1). This shows that $Bv$ is an eigenvector of $R$ with eigenvalue $w_S$ and completes the proof of the first claim.
The proof of the second claim is analogous. Assuming \( B^\perp v \neq 0 \) we obtain \( \Omega_S(B^\perp v) = -B^\perp RB^\perp v = w_S(B^\perp v) \), where in the last passage we used the second equation in \((C1)\). This shows that \( B^\perp v \) is an eigenvector of \( \Omega_S \) with eigenvalue \( w_S \). Taking the norm of this last equality yields
\[
\|B^\perp RB^\perp v\| = |w_S| \tag{C3}
\]
Assuming that \( RB^\perp v \) is not in the span of \( B^\perp \) we conclude that \( \|B^\perp RB^\perp v\| < \|B^\perp v\| \), which contradicts \((C3)\). Therefore, we must have \( B^\perp RB^\perp v = R(B^\perp v) = -w_S(B^\perp v) \), where we used \((C1)\). This shows that \( B^\perp v \) is an eigenvector of \( R \) with eigenvalue \( -w_S \).

**Lemma 20.** If \( Bv \neq 0 \) is an eigenvector of \( R \) with eigenvalue \( -1 \), then the graph \( G \) does not have odd-length cycles. If \( B^\perp v \neq 0 \) is an eigenvector of \( R \) with eigenvalue \( 1 \), then the graph \( G \) has cycles.

**Proof.** Define \( x \equiv Bv \) and \( y \equiv B^\perp v \). We index the components of \( x, y \in \mathbb{R}^{\bar{E}} \) by the edges of the factor graph. For instance, \( x_e \) and \( y_e \) refers to the respective component of \( x \) and \( y \) over the edge \( e \in \bar{E} \). We look at \( B, R \in \mathbb{R}^{|\bar{E}| \times |\bar{E}|} \) as operators on edge values. Recall that \( R \) in \((B8)\) has blocks in the form \( R_a = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \) for \( a \in \bar{F} \), thus each block has eigenvalues \( \pm 1 \) with eigenvectors \((1, \pm 1)^\top\), respectively. Recall also that \( B \) in \((B8)\) replaces the value of a given edge \( e = (a, b) \) by the average of the values over all the edges \((c, b)\) incident on \( b \in \bar{V} \), i.e. \( (Bv)_e = \frac{1}{|\bar{V}_b|} \sum_{e' \sim b} v_{e'} \), where \( e' \sim b \) denotes that \( e' \) is incident on node \( b \).

Let us consider the first statement. From the eigenvalues and eigenvectors of \( R \), for every pair of edges \( e_i, e_j \in \bar{E} \) incident on a given function node \( a \in \bar{F} \) we have
\[
x_{e_i} = -x_{e_j} = c_a \quad \text{for } e_i, e_j \sim a \in \bar{F}, \tag{C4}
\]
for some constant \( c_a \). Now \( Bx = x \neq 0 \), thus for every set of edges \( \{e_1, e_2, \ldots, e_k\} \) incident on a variable node \( b \in \bar{V} \) we have
\[
x_{e_1} = x_{e_2} = \cdots = x_{e_k} = c_b, \tag{C5}
\]
where \( c_b \) is a constant. Since the graph \( G \), and consequently its corresponding factor graph \( \hat{G} \), is connected, we must have
\[
|c_a| = |c_b| \quad \text{for all } (a, b) \in \bar{E}. \tag{C6}
\]
Now assume that \( G \) has an odd cycle. This cycle must traverses an odd number of variable nodes \( a \in \bar{F} \), but each pair of edges incident on \( a \in \bar{F} \) must have the same absolute value and
FIG. 4. (a) $\bar{\mathcal{G}}$ with an odd-length cycle. Condition (C4) requires $x_1 = -x_2$, $x_3 = -x_4$, $x_5 = -x_6$, while (C5) requires $x_1 = x_6$, $x_2 = x_3$, $x_4 = x_5$. The only possible solution is $x_i = 0$ for $i = 1, \ldots, 6$.
(b) $\bar{\mathcal{G}}$ having no cycle. Condition (C7) requires $y_1 = y_2$, $y_3 = y_4$, $y_5 = y_6$, while (C8) requires $y_1 = 0$, $y_2 + y_3 = 0$, $y_4 + y_5 = 0$, $y_6 = 0$. The only possible solution is $y_i = 0$ for $i = 1, \ldots, 6$.

opposite signs due to (C4), while each pair of edges incident on a variable node $b \in \bar{\mathcal{V}}$ must have equal signs due to (C5). This implies that $c_a = c_b$ and $c_a = -c_b$ for some $(a, b) \in \bar{\mathcal{E}}$, whose solution is $c_a = c_b = 0$. From (C5) this implies that for all $e_i \sim b$ we have $x_{e_i} = 0$, which in turn by (C6) implies that $c_a = 0$ for all $a$ incident upon these edges $e_i$, $i = 1, \ldots, k$, and so forth. This yields $x = 0$, which contradicts our assumption. Therefore, $\mathcal{G}$ cannot have odd-length cycles. See Fig. 4a for an example.

Now we consider the second statement. Assume that $\mathcal{G}$ has no cycles, since $\mathcal{G}$ and $\bar{\mathcal{G}}$ are connected, both must be trees. Notice that $Ry = y \neq 0$ implies that for every pair of edges $e_i, e_j$ incident on $a \in \mathcal{F}$ we have

$$y_{e_i} = y_{e_j} \quad (C7)$$

On the other hand $B\mathbf{y} = \mathbf{0}$, which requires that for every set of edges $\{e_1, e_2, \ldots, e_k\}$ incident on $b \in \bar{\mathcal{V}}$ we have

$$y_{e_1} + y_{e_2} + \cdots + y_{e_k} = 0 \quad (C8)$$

The tree $\bar{\mathcal{G}}$ must have leaf nodes which are variable nodes because all function nodes have degree 2 and thus cannot be leaves. Consider a leaf node $b \in \bar{\mathcal{V}}$ which must have only one incident edge $e_i = (a, b)$ for some $a \in \bar{\mathcal{F}}$. Due to (C8), we must have $y_{e_i} = 0$. Denote the other edge incident on $a \in \bar{\mathcal{F}}$ by $e_j = (a, c)$ for some $c \in \bar{\mathcal{V}}$. By (C7) we also have $y_{e_j} = 0$. This implies that the components of $\mathbf{y}$ incident on $c \in \bar{\mathcal{V}}$ will also vanish. Since the graph is
connected, and propagating this argument for all nodes of the graph, we get \( y = 0 \), which contradicts the assumption. Therefore, \( G \) must have a cycle. See Fig. 4b for an example. □

**Lemma 21.** Let \( u(\rho) \) be an eigenvalue of a matrix \( U(\rho) \), depending on parameter \( \rho \in \mathbb{R} \), and such that \( U(0) = \Omega \) where \( \Omega \) is orthogonal. If \( u(\rho) \) and \( U(\rho) \) are differentiable at \( \rho = 0 \), then

\[
\frac{du(0)}{d\rho} = \omega^\dagger \frac{dU(0)}{d\rho} \omega
\]  

(C9)

for some normalized eigenvector \( \omega \) of \( \Omega \) with corresponding eigenvalue \( u(0) \). Here \( \omega^\dagger \) denotes the conjugate transpose of \( \omega \).

**Proof.** Since by assumption \( u(\rho) \) and \( U(\rho) \) are differentiable at \( \rho = 0 \), they are well defined in a neighborhood of \( \rho = 0 \), and therefore the following right- and left-eigenvalue equations hold in such a neighborhood:

\[
U(\rho)x(\rho) = u(\rho)x(\rho)
\]  

(C10)

where \( x(\rho) \) is some normalized eigenvector, i.e. \( x(\rho)^\dagger x(\rho) = 1 \), and

\[
y(\rho)^\dagger U(\rho) = u(\rho)y(\rho)^\dagger,
\]  

(C11)

where \( y(\rho) \) is some normalized eigenvector, i.e. \( y(\rho)^\dagger y(\rho) = 1 \). Note that for each \( \rho \) these equations might hold for infinitely many \( y(\rho) \) and \( x(\rho) \). We do not commit to any particular choice yet, but later we will make a specific choice for certain values of \( \rho \).

Define \( \delta u(\rho) = u(\rho) - u(0) \), \( \delta U(\rho) = U(\rho) - U(0) \), and \( \delta x(\rho) = x(\rho) - x(0) \). From (C10) we have

\[
[U(0) + \delta U(\rho)] x(\rho) = [u(0) + \delta u(\rho)] x(\rho).
\]  

(C12)

Multiplying this equation on the left by \( y(0)^\dagger \) and using (C11) we obtain

\[
\delta u(\rho)y(0)^\dagger x(\rho) = y(0)^\dagger \delta U(\rho) x(\rho).
\]  

(C13)

Let \( \{\rho_k\} \) be a sequence that converges to 0. For each \( \rho_k \) fix a vector for the corresponding \( x(\rho_k) \) out of the potential infinitely many that might satisfy (C10). From \( x(\rho_k)^\dagger x(\rho_k) = 1 \) we know that \( \{x(\rho_k)\} \) is bounded. Therefore, there is a subsequence \( \{\rho_{k_i}\} \) such that \( \{x(\rho_{k_i})\} \) converges to some limit vector \( x(0) \), which is also normalized. At this point we define \( w = x(0) \). From (C10) and the continuity of \( u(\rho) \) and \( U(\rho) \) at \( \rho = 0 \), we know that \( w \) satisfies \( U(0)w = u(0)w \), i.e. \( w \) is an eigenvector of \( U(0) = \Omega \) with eigenvalue \( u(0) \). Since

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$U(0)$ is orthonormal, its left and right eigenvectors are equal. Therefore, we also choose $y(0) = x(0) = w$.

Dividing (C13) by $\rho_{k_i}$ we can write

$$\frac{\delta u(\rho_{k_i})}{\rho_{k_i}} y(\rho_{k_i}) = \frac{\delta U(\rho_{k_i})}{\rho_{k_i}} x(\rho_{k_i}).$$

(C14)

Taking the limit as $i \to \infty$ and using differentiability of $u$ and $U$ at the origin, and also the fact that $x(\rho_{k_i}) \to x(0) = w$, we finally obtain (C9).

Lemma 22. If the graph $\mathcal{G}$ does not have even length cycles, either $\Omega_S$, defined in (B5), does not have eigenvalue $-1$, or $-1 - \rho/2$ is not an eigenvalue of $U$, defined in (B3).

Proof. From Lemmas 9 and 10 we know that all eigenvalues of $U$ must have the form (B6) for one of the sign choices and some eigenvalue $w_S$ of $\Omega_S$. Since, by Lemma 11, we have $w_S \in [-1, 1]$, the only way to obtain the eigenvalue $-1 - \rho/2$ from (B6) is with $w_S = -1$ and a plus sign, which we denote by $u^+(-1) = -1 - \rho/2$. From Lemma 18 we also know that $\Omega_S$ and $U$ are both diagonalizable and commute, therefore, using a common eigenbasis, any eigenvector $v$ of $U$ with eigenvalue $u^+(-1)$ must also be an eigenvector of $\Omega_S$ with eigenvalue $w_S = -1$.

Henceforth, assume that $\mathcal{G}$ does not have even length cycles. Moreover, assume that the following two eigenvalue equations hold:

$$\Omega_S v = -v, \quad U v = -(1 + \rho/2)v \quad (v \neq 0),$$

(C15)

where $v$ is any normalized common eigenvector of $U$ and $\Omega_S$, with respective eigenvalues $-(1 + \rho/2)$ and $-1$, and it does not depend on $\rho$. We will show that these assumptions lead to a contradiction, which proves the claim.

If (C15) holds, then $\frac{d}{d\rho} u^+(-1) = -\frac{1}{2}$, and by Lemma 21 we must have $\omega^\dagger \tilde{B} \omega = -1$ for some normalized eigenvector $\omega$ of $U(0) = \Omega$ with eigenvalue $-1$. Now (C15) is valid for $\rho = 0$, i.e. $U(0)v = -v$ for any eigenvector $v$ with eigenvalue $-1$, therefore it is also valid for the vector $\omega$. Thus, let us choose $v = \omega$. Using $\tilde{B} \equiv 2B - I = B - B^\perp$ we have

$$v^\dagger (B - B^\perp) v = -1.$$  

(C16)

Note that $\|v^\dagger Bv\| \leq \|v\|^2 \|B\| = 1$, since $\|v\| = 1$ and $\|B\| = 1$. Here $\| \cdot \|$ is the Euclidean norm for complex vectors. Moreover, $B$ is a symmetric (and thus Hermitian) positive
FIG. 5. The path $\mathcal{P}$ must be a cycle of even length otherwise $\mathbf{v} = \mathbf{0}$.

semidefinite matrix, which means that $\mathbf{z}^\dagger\mathbf{B}\mathbf{z}$ is real and non-negative for any non-zero complex vector $\mathbf{z}$. We thus have $\mathbf{v}^\dagger\mathbf{B}\mathbf{v} \in [0,1]$, and analogously $\mathbf{v}^\dagger\mathbf{B}^\perp\mathbf{v} \in [0,1]$. From these facts and (C16) we conclude that $\mathbf{v}^\dagger\mathbf{B}^\perp\mathbf{v} = 1$, which is equivalent to $\mathbf{B}^\perp\mathbf{v} = \mathbf{v} \neq \mathbf{0}$. Furthermore, this immediately gives $\mathbf{B}\mathbf{v} = \mathbf{0}$. Now, from the second item in Lemma 19 we have that $\mathbf{R}(\mathbf{B}^\perp\mathbf{v}) = (\mathbf{B}^\perp\mathbf{v})$, and upon using Lemma 20 we conclude that $\mathcal{G}$ must have cycles.

To summarize, by assuming (C15) we concluded that for $\mathbf{v} \neq \mathbf{0}$ we have

$$\mathbf{R}\mathbf{v} = \mathbf{v}, \quad \mathbf{B}\mathbf{v} = \mathbf{0},$$

and that $\mathcal{G}$, and thus also $\bar{\mathcal{G}}$, has cycles. The first eigenvalue equation in (C17) requires that pairs of edges incident in every function node $a \in \bar{\mathcal{F}}$ obey

$$v_{e_i} = v_{e_j} \quad \text{for } e_i, e_j \sim a \in \mathcal{F},$$

while the second equation in (C17) requires that all edges incident on variable nodes $b \in \bar{\mathcal{V}}$ add up to zero,

$$\sum_{e \sim b} v_e = 0 \quad \text{for all } b \sim \bar{\mathcal{V}}.$$  

We now construct a path $\mathcal{P} \subseteq \mathcal{G}$ while obeying equations (C17). This obviously induces a path $\bar{\mathcal{P}}$ on the associated factor graph $\bar{\mathcal{G}}$. The edges of $\mathcal{G}$ assume the values of the components of $\mathbf{v}$, and we require that all edges in $\mathcal{P}$ are nonzero. First, note that (C18) imply that incoming and outgoing edges of a function node must have the same value, thus if one edge is nonzero it assures that the other edge is also nonzero. This means that $\bar{\mathcal{P}}$ cannot end on a function node. Therefore, we can remove function nodes altogether from the picture and just think about edges and variable nodes from the base graph $\mathcal{G}$. In this case, the only
difference compared to \( G \) is that every edge in \( G \) will be duplicated in \( \bar{G} \). Let us construct \( \mathcal{P} \subseteq G \) demanding that it has only nonzero and non-repeating edges, and when we encounter a node which has an incident nonzero edge we must move through this node. Furthermore, all the other edges which are not part of \( \mathcal{P} \) are set to zero. Since \( v \neq 0 \) there exists at least one component \( v_{e_1} \neq 0 \) over some edge \( e_1 = (z_1, z_2) \). We start on \( z_1 \in \bar{V} \) and move to \( z_2 \in \bar{V} \). Because of (C19) the node \( z_1 \) cannot be a leaf node, since this would require \( v_{e_1} = 0 \). Therefore, there exist another edge \( e_2 = (z_2, z_3) \) with value \( v_{e_2} = -v_{e_1} \neq 0 \). We thus move from \( z_2 \) to \( z_3 \), which again requires that \( v_{e_3} = -v_{e_2} \neq 0 \), and so on. See Fig. 5 for an illustration. Following this procedure, every edge in \( \mathcal{P} \) has a nonzero value, thus \( \mathcal{P} \) cannot end on any node, which implies that it must be a cycle. Since all the edges in \( \mathcal{P} \) have the same value but alternating signs, \( v_{e_1} = -v_{e_2} = v_{e_3} = -v_{e_4} = \cdots \), there must be an even number of nodes in \( \mathcal{P} \), otherwise we would have \( v = 0 \). Therefore, we conclude that \( \mathcal{P} \) must be an even length cycle, which contradicts our original assumption. This means that if \( G \) does not have even length cycles, both equations (C15) cannot simultaneously hold.

\[ \Box \]

Lemma 23. If the graph \( G \) has an even length cycle, then the operator \( \Omega_S \) has eigenvalue \(-1\), and correspondingly \( u^+(-1) = -1 - \rho/2 \) is an eigenvalue of \( U \).

Proof. In what follows we index the entries of \( v \in \mathbb{R}^{E} \) by the edges in \( \bar{E} \), thus \( v_e \) is the value of edge \( e \in \bar{E} \). We look at \( B, R \in \mathbb{R}^{E \times E} \) as operators on edge values. We will explicitly construct an eigenvector \( v \in \mathbb{R}^{E} \) such that \( \Omega_S v = -v \) and \( U v = -(1 + \rho/2)v \).

If \( G \) has an even length cycle, then \( \bar{G} \) has a cycle, which we denote by \( \bar{C} \) and it must cross an even number of function nodes \( a \in \bar{F} \). For every \( a \in \bar{F} \) which is also part of the cycle \( \bar{C} \), let \( e_i = (a, \cdot) \) and \( e_j = (a, \cdot) \) be the two different edges incident on \( a \), and let \( v_{e_i} = v_{e_j} = 1 \). For every \( b \in \bar{V} \) which is also part of \( \bar{C} \), pick two different edges incident on \( b \) and let \( v_{e_k} = -v_{e_\ell} = 1 \), where \( e_k = (\cdot, b) \) and \( e_\ell = (\cdot, b) \). For the remaining edges \( e \in \bar{E} \) which are not part of the cycle \( \bar{C} \), let \( v_e = 0 \). With these requirements we satisfy \( R v = v \), since each function node has incident edges of equal values \( +1 \) or \( 0 \), and \( B v = 0 \), since each variable node have pairs of incident edges with opposite signs \( \pm 1 \) or \( 0 \). See Fig. 6 for an example.

We explicitly constructed \( v \) such that \( R v = v \) and \( B v = 0 \). This last equation immediately implies that \( B^\perp v = v \). From (B10) we have \( \Omega_S = BRB - B^\perp RB^\perp \), therefore \( \Omega_S v = -v \). From (B3) we have \( U = (2B - I)R + \frac{\rho}{2}(2B - I) \), hence \( U v = -(1 + \rho/2)v \), as claimed. \( \Box \)
We are now ready to prove Lemma 4 from the main text, which is restated for convenience.

**Lemma 24.** The matrix $T_A$ has eigenvalue $\lambda(T_A) = 1 - \gamma$ if and only if the graph $G$ has a cycle of even length.

**Proof.** We know from Lemma 8 that $T_A$ has eigenvalue $1 - \gamma$ if and only if $U$ has eigenvalue $-1 - \frac{\rho}{2}$. In addition, from Lemma 9, for $U$ to have eigenvalue $-1 - \frac{\rho}{2}$ it must be that $\Omega_S$ has eigenvalue $-1$. With this in mind the remainder of the proof follows directly from Lemma 22 and Lemma 23.

Finally, we show another important result from the main text, Theorem 5, which provides optimal parameter tuning for ADMM when the graph $G$ has even length cycles and low conductance. The formulas for the parameters depend explicitly on the second largest eigenvalue of the transition matrix $W$. We first restate the theorem for convenience.

**Theorem 25** (Optimal convergence rate for ADMM). Assume that the graph $G$ has at least one cycle of even length, and conductance $\Phi \leq 1/2$. Let $W = D^{-1}A$ be the transition matrix of a random walk on $G$, and denote its second largest eigenvalue by $\omega^* = \lambda_2(W) \in (0, 1)$. Let $\lambda_2(T_A)$ be the second largest, in absolute value, eigenvalue of $T_A$. The best possible convergence rate of ADMM is thus given by

$$\tau^*_A \equiv \min_{\gamma, \rho} |\lambda_2(T_A)| = \gamma^* - 1,$$

(C20)
where

$$\gamma^* = \frac{4}{3 - \sqrt{(2 - \rho^*)/(2 + \rho^*)}}$$

and

$$\rho^* = 2\sqrt{1 - (\omega^*)^2}. \quad (C21)$$

**Proof.** First we need to determine the second largest eigenvalue of $T_A$ in absolute value, denoted by $\lambda_2(T_A)$. From Theorem 17 all the complex eigenvalues are centered at $1 - \gamma/2$. The real eigenvalue $\lambda(T_A) = 1 - \gamma$ is a distance $\gamma/2$ apart from the center, and so does $\lambda_1(T_A)$, and we know these are points on the extremes of the interval where all real eigenvalues can lie. Since we are not interested in $\lambda_1(T_A) = 1$, the eigenvalue $\lambda(T_A) = 1 - \gamma$ can potentially be the second largest since $0 < \gamma < 2$. However, it does not depend on $\rho$ so we can control its magnitude by choosing $\gamma$ appropriately.

Thus let us focus on the remaining eigenvalues. Every real eigenvalue of $T_A$ is at a smaller distance than $\gamma/2$ from the center. The second largest real eigenvalue of $T_A$ is obtained from $u^-(1)$ which is at a distance

$$\frac{\gamma}{2} \left( \frac{2 - \rho}{2 + \rho} \right) \quad (C22)$$

from the center of the circle. On the other hand, recall that any complex eigenvalue is at a distance

$$\frac{\gamma}{2} \sqrt{\frac{2 - \rho}{2 + \rho}} \quad (C23)$$

from the center, which is larger than (C22). Therefore, besides $\lambda(T_A) = 1 - \gamma$ that can be controlled, $\lambda_2(T_A)$ must come from a complex conjugate pair for some $0 < \lambda(W) < 1$ in (B13). We have

$$|\lambda^\pm(T_A)|^2 = \left(1 - \frac{\gamma}{2}\right)^2 + 2\left(1 - \frac{\gamma}{2}\right) \frac{\gamma}{2 + \rho} \lambda(W) + \frac{\gamma^2 2 - \rho}{4(2 + \rho)} \quad (C24)$$

The first and third terms in (C24) do not depend on $\lambda(W)$ and are the same for any eigenvalue. Thus, we must choose the second largest eigenvalue $\omega^* = \lambda_2(W)$, since we already excluded $\lambda_1(W) = 1$. Thus

$$\lambda_2(T_A) = \left(1 - \frac{\gamma}{2}\right) + \frac{\gamma}{2 + \rho} \left(\omega^* \pm i\sqrt{1 - \rho^2/4 - (\omega^*)^2}\right) \quad (\rho < 2). \quad (C25)$$

Notice that $\lambda_2(T_A)$ has smallest absolute value when its imaginary part vanishes. Thus we can set

$$\rho^* = 2\sqrt{1 - (\omega^*)^2} \quad (C26)$$

which gives

$$\lambda_2^*(T_A) = 1 - \frac{\gamma}{2} + \frac{\gamma \omega^*}{2 + \rho} \quad (C27)$$
Now we can make the remaining eigenvalue \(|\lambda(T_A)| = |1 - \gamma|\) match \((C27)\). Writing 
\(\omega^* = \frac{1}{2}\sqrt{(2 - \rho^*)(2 + \rho^*)}\) and solving for \(\gamma\) yields
\[\gamma^* = \frac{4}{3 + \sqrt{2(2 + \rho^*)}}\] \((C28)\)
Finally, \(\tau_A^* = \min |\lambda_2(T_A)| = |1 - \gamma^*|\) with parameters given by \((C26)\) and \((C28)\).

Appendix D: Proof of Theorem 7

Our last result is Theorem 7 from the main text which proves conjecture \((3)\), proposed based on an analogy with lifted Markov chains [14]. Let us first restate the theorem.

**Theorem 26 (ADMM speedup).** Assume that the graph \(G\) has an even length cycle and conductance \(\Phi \leq 1/2\), such that Theorem 25 holds. Then, there is \(C = 1 - \mathcal{O}(\sqrt{\delta})\) such that
\[C(1 - \tau^*_G) \leq (1 - \tau^*_A)^2 \leq 2\Delta C(1 - \tau^*_G),\] \((D1)\)
where \(\Delta = \frac{d_{\text{max}}}{d_{\text{min}}}\) is the ratio of the maximum to the minimum degree of \(G\). Here \(\delta = 1 - \omega^*\) is the spectral gap.

**Proof.** Using the bounds \((23)\) into \((22)\) we have
\[\tau_G^* \geq \frac{d_{\text{max}} - \lambda_{|\mathcal{E}| - 1}(L)}{d_{\text{max}} + \lambda_{|\mathcal{E}| - 1}(L)} \geq \frac{d_{\text{max}} - d_{\text{max}}\lambda_{|\mathcal{E}| - 1}(L)}{d_{\text{max}} + d_{\text{max}}\lambda_{|\mathcal{E}| - 1}(L)} = \frac{\lambda_2(W)}{2 - \lambda_2(W)} = \frac{1 - \delta}{1 + \delta}\] \((D2)\)
where we used \(\lambda_2(W) = 1 - \lambda_{|\mathcal{E}| - 1}(L)\). Analogously, we also have the following upper bound:
\[\tau^*_G \leq \frac{2d_{\text{max}} - \lambda_{|\mathcal{E}| - 1}(L)}{2d_{\text{max}} + \lambda_{|\mathcal{E}| - 1}(L)} \leq \frac{2d_{\text{max}} - d_{\text{min}}\lambda_{|\mathcal{E}| - 1}(L)}{2d_{\text{max}} + d_{\text{min}}\lambda_{|\mathcal{E}| - 1}(L)} = \frac{2\Delta - \delta}{2\Delta + \delta}\] \((D3)\)
where we defined \(\Delta \equiv \frac{d_{\text{max}}}{d_{\text{min}}} \geq 1\).

Let us consider the leading order behaviour of \(\tau_A^*\). Writing in terms of the spectral gap \(\delta = 1 - \lambda_2(W)\), from \((C21)\) and \((C20)\) we have
\[\tau_A^* = 1 - \sqrt{2\delta} + 2\delta + \mathcal{O}(\delta^{3/2}),\] \((D4)\)
\[(1 - \tau_A^*)^2 = 2\delta(1 - 2\sqrt{2\delta} + \mathcal{O}(\delta)).\] \((D5)\)

From inequality \((D2)\) we obtain
\[1 - \tau_G^* \leq \frac{2\delta}{1 + \delta} \leq 2\delta\] \((D6)\)
Using this into (D5) we obtain the lower bound

\[(1 - \tau_A^\star)^2 \geq (1 - \tau_G^\star)(1 - O(\sqrt{\delta}))\]  \hspace{1cm} (D7)

which is conjecture (3). Analogously, from (D3) obtain

\[2\delta \leq 2\Delta (1 - \tau_G^\star) \left(1 + \frac{\delta}{2\Delta}\right),\]  \hspace{1cm} (D8)

which replaced into (D5) gives

\[(1 - \tau_A^\star)^2 \leq 2\Delta (1 - \tau_G^\star)(1 - O(\sqrt{\delta}))\]  \hspace{1cm} (D9)

and the proof is complete.

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