# Noise assessment and sound map projection using Surfer and Noise At Work tools in a tire manufacturing complex in Iran, 2018

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### Abstract

**Background:** Noise pollution is one of the common physical harmful factors in many work environments. The current study aimed to assess the personal and environmental noise level and project the sound map of an Iranian tire manufacturing complex using Surfer V.14 and Noise At Work tools.

**Materials and Methods:** This descriptive study was conducted in the curing hall [including curing, sandblast, and trimming units] of a tire manufacturing complex in 2018. Following ISO 9612:2009, Casella Cel-320 was used to measure the personal noise level, while CEL-450 sound level meter (Casella-Cel, the UK) was employed to assess the environmental sound pressure level [ISO 1996:1:2016]. The sound and isosonic maps were projected using Surfer V.14 and Noise At Work.

**Results:** The results indicated that the highest received dose (163.30%) and personal equivalent sound level [87.13 dBA] were recorded for workers in the curing unit. The results of measuring the environmental sound pressure level also revealed that out of 101 measurement stations in the curing unit, 76 stations (75.25%) were hazardous areas (over 85 dBA).

**Conclusions:** Over 75% of the curing hall had a sound pressure level greater than 85 dBA. The curing unit was found to be the most dangerous area in terms of noise pollution. It is, therefore, necessary to implement noise control measures (e.g., the use of screens, barriers, enclosures), apply hearing conservation programs, and conduct auditory tests on workers in this unit.

**Keywords:** Participation, Autonomy, Stroke, Iran.

## Introduction

Noise is one of the common harmful factors in work environments (1-3). Noise is defined as an undesirable sound caused by activities in a particular time and at a specific rate. It can cause health problems and affect humans’ environmental comfort (4). Approximately in all industries, noise generated is more threatening than any other occupational pollutant. Thus, noise-related disorders, which constitute a major challenge of the industrial world, affect many workers in the work environments (5) Technological machinery is an indispensable component of production processes. If such machinery is not maintained properly, it will generate harmful noise in the work environment (4). Noise is associated with some health problems like stress (6), stimulation of peripheral blood vessels and hypertension (7,8), cardiovascular problems (9,10), fatigue, sleep disorders, psychological disorders, and hearing loss (11,12). Almost 30

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million workers in the United States (13), and 4 to 5 million workers in Germany (accounting for 12% to 14% of the workforce in this country) are exposed to excessive sound pressure levels, as defined by the World Health Organization (WHO) (14). About 2 million workers are exposed to dangerous noise in their workplaces in the Iran (15). Noise also negatively affects the human capability in understanding high frequency sounds. That is, people may perceive sounds but they are unable to clearly understand what other people say in conversations due to auditory masking in the work environment. Disruption in conversations can affect workers’ performance in the work environment (16,17). Indeed, two workers may not be able to communicate their messages and instructions clearly in noisy environments; a phenomenon that may disrupt the working process and increase the likelihood of work-related accidents. Excessive noise may also hinder communication among workers in emergency cases (5). Noise is defined as an unwanted sound caused by activities in a particular area and at a specific rate. It can cause health problems and affect humans’ environmental comfort (5). Noise waves are generated as a result of the vibration of some objects. Such waves are emitted through a rotary movement and create a sequence of compressed and expanded waves in the medium (water, air, etc.) (18,19). In industry, noise is produced through the mixing of various components such as fluid disturbances, displacement and vibration of machine parts, and temperature differences (4). A major percent of noise in work environments is produced by moving parts of machines. In particular, vibrations caused by friction, shocks, or imbalance of rotating machine parts (e.g. shear compressors, turbines, pumps, and blowers) generate a lot of noise (20). Atmaca et al. (2005) investigated industrial noise and its impacts on humans in various factories, and concluded that 61% of workers suffered from neurological disorders, while 31% had hearing disorders (21). Esmaeili et al. (2006) assessed the amount of noise pollution produced by air compressors in the air conditioning unit of a factory. The results indicated that the noise generated by the compressors exceeded the standard level. The researchers argued that in order to reduce noise from all sources (e.g. air outlet pipes and air intake valves), silencers and mufflers should be installed in the outlet of noise generating sources (22). In another study, Hakimi et al. (2006) utilized Sound Plan to develop a model for measuring the volume of noise emission in the outdoor space of a new condensing unit of Sarcheshmeh Copper Complex, Kerman. They showed that installing a module in the air outlet reduced the sound pressure level by 20 dB (23).

To date, no study has investigated the personal and environmental sound pressure level and projected the sound map in this factory. Furthermore, since the industrial technology is developing regularly, it is necessary to gauge occupational risk factors like physical harmful factors (especially noise) in this factory. Thus, the present study sought to:

1- To assess workers’ personal sound pressure level.
2- To measure the environmental sound pressure level.
3- To project the sound map and isosonic map (contour lines) using Noise At Work.
4- To determine danger, caution, and safe areas in the curing unit of the tire complex.

Materials and Methods

This study adopted a descriptive design and was conducted in the curing hall of a tire factory in 2018. The personal sound pressure level was measured among 66 workers, who were selected through the census sampling technique. The environmental sound pressure level was also assessed in the curing unit. Surfer V.14 and Noise At Work were used to project the sound and isosonic map. Also this study was approved by the Ethics Committee of kerman university of medical sciences. Ethics code (IR.KMU.REC.1397.392). Noise At Work is an extremely easy-to-use tool for reporting any type of measurement as interpolated contours. It is used by industrial and occupational hygienists to report noise at work and other type of measurements in indoor and outdoor workspaces. Key words are fit for purpose, easy to use, and cost efficient. Noise At Work has 2 optional add-ons. Noise Dose calculations based on LEX or TWA and Noise Prediction with screening calculation according to VDI 2720 (24). The interpolation method of Noise At Work is based on an advanced, fast, and smart triangulation technique with an additional smoothing option. Calculations are done automatically while entering or importing the measurement data. This means that the software is fully interactive and shows the effect of changes in the real-time input data (24).

The selected industry was a tire manufacturing complex in Iran. A total number of 60 curing press machines were organized in the complex in 4 rows, with 15 machines in each row. There was a distance of 2 m between every two machines installed in a 100×50×90 m hall. Each of these factors (i.e. number of machines, their distance from each other, the dimensions of the hall, etc.) can contribute to the production of noise. Thirty twin PLC tire curing press
machines were mounted in the middle of the hall in two rows facing each other. They were used to cure tires by applying direct heat under compressed air. Further, there were 30 singleton OTR tire curing press machines installed on the two sides of the hall. In these machines, the compressed air and vapor were applied to produce 70 types and sizes of tire for cars, trucks, heavy, semi-heavy and lightweight machinery, and agricultural machinery. A total of 2100 to 2300 workers were working in the factory at the time of the study. Of these workers, 66 worked in the curing hall in three work shifts (22 workers in each shift, with the morning shift lasting from 8 a.m. to 4 p.m.). The curing hall had an area of 5000 m², while the sandblast and trimming units covered an area of 200 m². Casella Cel-320 Noise Dosimeter was used to measure the equivalent sound level according to ISO 9612:2009. Prior to the measurements, Cel-110/2 calibrator was used to calibrate the noise dosimeter (25, 26). Given that the workers had a break of 2 hours during the 8-hour work shift, the degree of their exposure to noise was measured for 6 hours (while they were working). During their break time, the workers left the hall and rested in another place. Their personal exposure to noise was also measured during these 2 hours. The following formulas were used to calculate the measure of workers’ exposure to noise and equivalent sound level during the 8-hour work shift (27):

\[ D_{\text{osel}}(\%) = \frac{8 \times 100}{T_e} \]  
\[ (1) \]

Where \( D \) is noise dose (%) and \( T_e \) is the permissible exposure time based on the environmental sound pressure level (hr).

The standard dose of noise exposure for Iran is calculated through the following equation:

\[ D(\%) = 12.5 \sum_{i=1}^{n} \frac{T_i \cdot a n t i \log (S P L_i - 8.5)}{10} \]  
\[ (2) \]

Measurement of equivalent sound level for 8-hour exposure

The following formula was used to measure 8-hour equivalent sound level (27):

\[ L_{\text{eq.8h}}(\text{dB}) = 10 \log \left[ \frac{1}{8} \sum_{i=1}^{n} T_i \times 10^{\frac{S P L_i}{10}} \right] \]  
\[ (3) \]

Where \( L_{\text{eq.8h}} \) is the equivalent sound level for 8-hour exposure [dB], \( T_i \) is the exposure time (hr), and \( S P L_i \) is the measured equivalent sound level in the rest room and the work environment (dB).

CEL-450 sound level meter (Casella-Cel, the UK) was used to measure environmental sound pressure level in the selected areas based on the dBA frequency scale and slow mode. Prior to every measurement, the sound level meter was calibrated using Cel-110/2 calibrator. In the first phase of the study, the environmental sound pressure level was measured following ISO 9612:2009 and ISO 11200:2014 (25, 28). The aim was to determine the major sources of noise (29, 30). To this end, the study units were divided into equal size squares (5×5 m²), with measurements being carried out at the center of each square (31-33). In the studied industrial complex, environmental sound was relatively continuous and there were few sound level fluctuations in the course of time. Therefore, at least three measurements were conducted in each selected station and the logarithmic average of these three measurements was considered as indicative of the sound pressure level of that station. Given that the study aimed at assessing noise pollution of the curing complex, dBA was used as the measurement scale of sound frequency. In line with ISO 9612:2009, the microphone was placed roughly in the place where the workers’ head was located (though the workers were not present there during measurements). The microphone was placed 1.55 ± 0.075 m above the earth surface [25, 34]. If the measurement square coincided with a machine or a place where measurement was impossible, the station was regarded as a blind spot and was removed from the total number of measurement stations. As a result, some areas like the places where the curing press machine was located, the terminal of raw materials, clandere unit (conveyors for moving tires), the staff’s rest room, and some parts of the sandblast unit were regarded as blind spots. The procedure used for calculating average environmental sound pressure level is described below:

The following formula was used to calculate the average environmental sound pressure level in the selected stations (27):

\[ L_P(dB) = \bar{L} \left( \bar{S P L}_i \right) \]  
\[ (4) \]

Where \( L_P \) is the average sound pressure level in each station (dB), \( S P L_i \) is the measured sound pressure level in each station (dB), and \( N \) is the number of measurements.

Sound and isosonic (contour) maps are two common procedures for expressing and assessing
the environmental sound pressure level. These maps are used to identify ranges of sound pressure level in different areas of the workshop. To project the maps, the hall was divided into equal size squares of 5 x 5 m². Measurements were carried out at the center of each square. Then, the results were fed into the factory’s station plan and were subsequently fed into Surfer V.14 (35), and Noise At Work (35) in the form of an input file. The sound and isosonic maps were then projected in light of the three ranges of the sound pressure level (explicated below). In the isosonic maps, the contour areas were connected, forming isosonic curves. Similar to topographic maps, these curves indicate the ranges of sound pressure level:
- Safe range (SPL < 65 dBA) marked green
- Caution range (65 < SPL ≤ 85 dBA) marked yellow
- Danger range (SPL > 85 dBA) marked red

The output was presented as a colored map of workshop contours, in which safe, caution, and danger areas were identified, with the last area requiring noise control measures (27). Therefore, in order to project the sound map and contour lines in Surfer V.14 with the aim of the better illustration of noise emission in the curing hall and identification of caution and danger areas, the differences between measured levels and contours were set at 3 dB and 0.9 dB, respectively.

SPSS (version 22) was used for data analysis. Descriptive statistics (i.e. mean and standard deviation) were calculated for the quantitative variables.

Results

Table 1 illustrates the results of noise dosimetry and the 8-hour equivalent sound level. As it is observed, the highest dose (163.30%) was recorded for workers in the curing unit. Thus, they were exposed to the highest personal sound pressure level (87.13 dBA).

Table 2 displays the environmental sound pressure levels, the number of stations, blind spots, and various types of stations based on their measured sound pressure level. The lowest and highest sound pressure levels were recorded in the curing unit (81.7 dBA and 92.8 dBA, respectively). The curing unit had the largest number of stations whose sound pressure levels exceeded the standard limit (85 dBA). Likewise, it also had the largest number of stations with sound pressure levels below the standard limit (65 dBA).

To project sound map in natural conditions, safe area (SPL < 65 dBA) is usually demonstrated in green, caution area (65 < SPL ≤ 85 dBA) is marked yellow, and danger area (SPL > 85 dBA) is marked red. However, in the curing hall, all measurement results showed sound pressure levels above 81 dBA, whereas no sound pressure level below 65 dBA was recorded. Therefore, to better illustrate

Table 1: The results of measuring personal sound pressure level (N=66)

| Unit      | Number of workers | Presence in places (hr) | Personal sound pressure level (dBA) | Received dose (%) | 8-hour equivalent sound level (dBA) |
|-----------|-------------------|-------------------------|-------------------------------------|-------------------|-------------------------------------|
|           |                   | Workshop | Rest room | Workshop | Rest room |                                      |                                     |
| Curing    | 51                | 6        | 2         | 88.30    | 67        | 163.30                              | 87.13                              |
| Sandblast | 9                 | 6        | 2         | 86.50    | 67        | 108.89                              | 85.13                              |
| Trimming  | 6                 | 6        | 2         | 84.35    | 67        | 67.60                               | 83.30                              |

Table 2: The results of measuring environmental sound pressure level in the curing unit

| Unit      | Number of workers | Number of measurement stations | Number of blind spots | Minimum SPL [dBA] | Maximum SPL [dBA] | Stations with SPLs over 85 dBA | Stations with SPLs between 65 and 85 dBA | Stations with SPLs lower than 65 dBA |
|-----------|-------------------|--------------------------------|-----------------------|-------------------|-------------------|---------------------------------|----------------------------------------|-------------------------------------|
| Curing    | 51                | 81                              | 99                    | 81.7              | 92.8              | 69.13                           | 60.87                                  | 25                                  |
| Sandblast | 9                 | 12                              | 12                    | 82.9              | 89.5              | 100                             | 0                                      | 0                                   |
| Trimming  | 6                 | 8                               | 8                     | 83                | 87.5              | 100                             | 8                                      | 0                                   |
| Total     | 66                | 101                             | 119                   | 82.53             | 89.93             | 75.25                           | 76                                    | 24.75                               | 25                                  |
caution and danger areas in the hall and have a better understanding of the projected map, white (81.5 < SPL ≤ 84.2 dBA), pale yellow (84.2 < SPL ≤ 87.8 dBA), light orange (87.8 < SPL ≤ 90.5 dBA), and red (SPL > 90.5 dBA) were used. The same colors were also used to project the sound map using Noise At Work. The following figure demonstrates the sound map of the curing hall, sandblast unit, and trimming unit. The map contains noise generating sources, caution areas, and danger areas.

Figure 1: Sound and isosonic map using Surfer

Figure 2 displays the sound map of the curing hall, sandblast unit, and trimming unit. The map contains noise generating sources, caution areas, and danger areas. There were 66 workers. The figure further demonstrates the location of different machines (twin curing press, singleton curing press, and trimming machine).
Discussion

The current study assessed personal and environmental sound pressure levels and projected the sound map of an Iranian tire manufacturing complex using Surfer V.14 and Noise At Work in 2018. As illustrated in (Table 1), the results of all morning shift workers’ dosimetry showed that the average 8-hour equivalent sound levels in the curing, sandblast, and trimming units were 87.13, 85.37, and 83.30 dBA, respectively. Therefore, the curing unit is the most dangerous part of the complex with regard to the equivalent sound level. The workers’ average equivalent sound levels in the curing and sandblast units exceeded the standard limit by 2.13 and 0.37 dB, respectively. In the trimming unit, however, the equivalent sound level fell within the standard range (though it was greater than 80 dBA). Moreover, the degrees of received dose in the curing, sandblast, and trimming units were 163.30%, 108.89%, and 67.60%, respectively. Thus, the received dose of the curing unit was 1.63 times greater than the permissible limit, making this unit the noisiest unit of the complex. Aliabadi et al. (2015) studied personal and environmental sound pressure level in a steel factory. The results of dosimetry showed that recorded doses in the iron casting, furnace, crystal, bag filter, and cooling tower were 2.9, 2.82, 2.4, 2.3, and 1.8 times greater than the standard limit. The highest noise was also recorded in furnace (36). As indicated in Table 2, the highest (81.7 dBA) and lowest (92.8 dBA) sound pressure levels were recorded in the curing unit. In addition, the average sound pressure level in the curing unit was 86.51 dB (SD = 2.66). Golmohammadi et al. (2017) determined the noise control prioritizing index (NCPI) in 11 units of a tire manufacturing company. The results of environmental measurements showed that 22.9% of the investigated stations had a noise level within the danger zone and the others stations had a noise level within the caution zone (77.1%). Also the curing unit with 20 employees had the highest noise control priority index (NCPI=1.369) (15). In addition, Farhang Dehghan et al. (2012) assessed the personal and environmental sound pressure levels in a petrochemical complex. The results of dosimetry showed that the average 8-hour equivalent sound levels in the water, air, and power plant units were 81.7, 89.2, and 82.5 dBA, respectively. Hence, the air unit was found to be the most dangerous unit in terms of noise pollution (37). They argued that the
major noise generating devices in the petrochemical industry should be identified and prioritized with respect to implementing noise control measures. As indicated in Figures 1 and 2, out of the 220 stations, measurements were conducted only in 101 stations (45.9%) and the rest of the stations were skipped as blind spots. The largest number of measurement and blind stations was located in the curing unit (81 and 99 stations, respectively). Overall, 56 stations (69.13%) of the curing unit were registered as danger areas (with SPLs greater than 85 dBA). There were also 24 and 16 measurement stations in the sandblasting and trimming units, respectively, accounting for 50% of all the identified stations in the two units. In all the measurement stations, the recorded sound pressure levels were greater than 85 dB. On the other hand, the average sound pressure levels of the three units were less than 81 dBA. Taken together, 76 measurement stations in the three units (75.25% of all measurement stations) had registered sound pressure levels above 85 dB, indicating the presence of excessive noise in these units.

Golmohammadi et al. (2009) investigated the emission features of three noise sources (i.e., compressors, pumps, and control valves) and presented a noise control measure for the control and isomax units of Tehran Oil Refinery Complex. The results showed that the weighted pressure level and maximum noise produced by these sources were higher than the standard limit (38). The findings of their study confirm the results of the current research. Nasiri et al. (2007) also assessed noise pollution in Lavan Island (an oil extraction region in Persian Gulf), with the projected sound maps indicating that sound pressure level was higher than the standard limit (39), a finding that is in line with the results of the present study. In another study, Golshah (1997) examined engineering control measures in Isfahan Petrochemical Complex. The results showed that the average sound pressure level in the majority of units of this complex exceeded the standard limit. In fact, a lot of noise is produced in oil and petrochemical industry. This can be attributed to the type of production process, and the presence of air and vapor in the system as the driving force of engines/compressors and thermal exchange. The major proportion of noise is generated by the movement of fluids and pipes as well as the rotation of engines and compressors during the refining process (34). The results of this latest study further corroborate the findings of the current study. Analyzing sound frequency in the frequency range of C showed that the highest sound pressure level (the dominant frequency) (4000 Hz) was recorded in the curing unit. Jahangiri et al. (2014) conducted a study to discover the best procedures for controlling noise in the water pumps of a thermal power plant. In their study, the researchers measured the sound power level following ISO 3746 (the sound power level of the main pump was 107 dBA and that of the gear box was 108 dBA). They further analyzed the network noise frequency and projected the sound map using Surfer. Subsequently, they designed and installed a steel chamber covered by plastic foam for the water pump. After that, they measured its effectiveness in noise control (35). Their results are not in line with the findings of this study, which can be attributed to the different processes in the industry they studied, the nature of major noise generating sources, and the quantity and variety of machines used in power plants.

Conclusion
The results of the present study concerning personal exposure to occupational noise of the units showed that the workers were exposed to continuous noise above the standard limit. Given the highest dose of exposure to noise in the curing unit (163.30%), it is regarded as the most dangerous area with respect to the degree of noise pollution. Furthermore, the environmental sound level in the curing unit was higher than that of the other two units of the tire manufacturing complex, exceeding the standard limit. Thus, the curing unit should receive priority in in terms of taking noise control measures such as separating the noisy area from other workspaces by a sound-reducing partitioning, equipping noisy machinery with sound-absorbing materials, avoiding metal-to-metal contact by using plastic bumpers, using absorbent lining on surfaces to cushion the fall or impact of objects.

Fitting sound-absorbing materials to hard reflective surfaces, using acoustical silencers in intake and exhaust systems, using rubber mounts to isolate vibrating noise source and separate it from the support surface to maintain optimum speed of machinery or its particular components. Repairing and replacing loose rotating parts, worn bearings and gears, using sound-absorbing materials on walls, ceiling, and floors to reduce the noise level due to reverberation. Undertaking regular maintenance on equipment (very effective in reducing noise emission if carried out regularly), and applying hearing conservation programs for workers in this industry (e.g, hazard identification and exposure monitoring, control methods (using the hierarchy of controls). Hearing protection devices (selection, use, and maintenance), audiometric testing, hazard communication,
education, and training, recordkeeping, and continuous monitoring and improvement (program review).

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