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Are cold winters in Europe associated with low solar activity?

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Abstract
Solar activity during the current sunspot minimum has fallen to levels unknown since the start of the 20th century. The Maunder minimum (about 1650–1700) was a prolonged episode of low solar activity which coincided with more severe winters in the United Kingdom and continental Europe. Motivated by recent relatively cold winters in the UK, we investigate the possible connection with solar activity. We identify regionally anomalous cold winters by detrending the Central England temperature (CET) record using reconstructions of the northern hemisphere mean temperature. We show that cold winter excursions from the hemispheric trend occur more commonly in the UK during low solar activity, consistent with the solar influence on the occurrence of persistent blocking events in the eastern Atlantic. We stress that this is a regional and seasonal effect relating to European winters and not a global effect. Average solar activity has declined rapidly since 1985 and cosmogenic isotopes suggest an 8% chance of a return to Maunder minimum conditions within the next 50 years (Lockwood 2010 Proc. R. Soc. A 466 303–29): the results presented here indicate that, despite hemispheric warming, the UK and Europe could experience more cold winters than during recent decades.

Keywords: regional climate, solar variability, blocking

1. Introduction

Lower winter temperatures were common in Europe during the second half of the 17th century, famously allowing frost fairs to be held on the Thames in London before riverine developments increased the flow rate. These cold winters coincided with the Maunder minimum in solar activity when the Sun remained virtually free of sunspots for almost 50 years [3, 4]. However, establishing that this was not just a chance occurrence requires that the relationship continue to hold over a long interval, such that cold European winters become less frequent when solar activity is high and then more common again when solar activity falls. Various indicators show that during the recent minimum of the 11 year sunspot cycle, the Sun has been quieter than at any time in the previous 90 years [1, 2]. This yields an opportunity for a better test of the relationship between solar activity and cold European winters. To do this, we require two long and homogeneous time series: one which quantifies solar outputs relevant to seasonal/regional climate and the other relevant to European winter temperatures. We here use the Central England temperature (CET) data set which is the world’s longest instrumental record of temperature and extends back to 1659, at the start of the Maunder minimum [5, 6]. The CET covers a spatial scale of order 300 km which makes it a ‘small regional’ climate indicator [8], and to an extent it will reflect changes on both regional European (~3000 km) and hemispheric scales [8]. In winter, the North Atlantic Oscillation (NAO), and associated changes in thermal
Figure 1. The relationship of open solar flux, $F_S$, derived from geomagnetic observations [1, 8], with (top) the total solar irradiance, TSI, and (bottom) galactic cosmic ray fluxes (GCRs). We use the PMOD TSI data composite [12], because it agrees best with modelling using solar magnetograph data [13, 2]. GCRs are here quantified by the count rate recorded by the Antarctic McMurdo neutron monitor. (a) and (c) show temporal variations in which the grey areas are the $F_S$ variation, scaled using the linear regression fits that are shown in the corresponding scatter plots in (b) and (d). Correlation coefficients $r$ and their statistical significance levels $S$ (in %) are given. Optimum lags are used (defined as positive for lagged $F_S$), which are zero for the cosmic ray data and $-1$ year for TSI.

advection, contribute a large fraction of the observed variability of CET [8]. The observed increasing trend in the NAO between 1965 and 1995 may have contributed considerably to the warming trend in European regional temperatures (including CET) in winter [9] and solar modulation of the NAO has been suggested as a cause of the cold European winters experienced during the Maunder minimum [3]. Recent studies of solar influence on the phenomenon of jet stream ‘blocking’ [7] are consistent with these ideas.

2. Centennial solar variability

To quantify solar activity, we use annual means of the open solar magnetic flux [10], $F_S$, derived from geomagnetic activity indices (with allowance for effects of structure in the solar wind [1]). This derivation of $F_S$ makes use of the fact that different measures of the fluctuation level in Earth’s magnetic field correlate strongly, but with differences that are statistically significant, with different combinations of solar wind parameters: this means that they can be used in combination to reconstruct past variations, including that in $F_S$, the total magnetic flux dragged out of the Sun by the solar wind flow. Comparison with satellite observations shows that the method is extremely reliable (see figure 2(c)), even during the current exceptional solar minimum.

Figure 1 shows that $F_S$ is highly anticorrelated with cosmic ray fluxes and also correlates very well (with a lag of 1 year) with total solar irradiance (TSI). These correlations are at the centre of a relationship between TSI and solar-modulated cosmogenic isotopes, which is conventionally assumed in palaeoclimate studies [11]. As well as yielding both the lowest $F_S$ and TSI seen during the space age, the current solar minimum has seen an unprecedented maximum in cosmic rays detected by high-latitude neutron monitors [2]. Hence recent data are showing that the correlations apparent in 11 year solar cycle variations also apply, at least in part, to longer-term drifts in solar activity [2, 12, 13]. The black line in figure 2(c) shows that $F_S$ from geomagnetic activity compares well with in situ interplanetary measurements (black dots) [1]. This sequence has been extended back to the Maunder minimum (mauve line) using the model of Vieira and Solanki [14] based on the observed sunspot number $R$, and in very good agreement with both cosmogenic isotope data and reconstructions of TSI [15, 16]. Note that this model for $F_S$ allows for two time constants for the loss of open solar flux following its emergence. The longer of these two time constants is a few years which means that after a prolonged period of very low emergence of new open flux (associated with very low $R$), for example during the Maunder minimum, $F_S$ falls to considerably lower values than during even the Dalton minimum (around 1815), when the minimum in $R$ was not so deep and was shorter lived. A key point is that $F_S$ shows centennial-scale variations as well as the 11 year solar cycle, such that both solar maxima and minima exhibit long-term change. This contrasts with $R$ which shows long-term changes in its solar maximum peaks but almost no drift in solar minimum values. In this respect, both cosmogenic isotopes and reconstructions of TSI resemble $F_S$ and not $R$. In other
words, whereas sunspot numbers give the impression that the Sun returns to almost the same base-level state at each sunspot minimum, $F_S$, TSI reconstructions and cosmogenic isotopes all show that this is not the case.

### 3. Winter temperatures in Central England

Figure 2(b) shows the seasonal December/January/February (DJF) means, $T_{\text{DJF}}$, of the CET record which is representative of a roughly triangular area between Lancaster, London and Bristol. The data after 1974 have been adjusted to allow for urban warming, achieved by comparing the modern data from long-established stations with the available (shorter) data sequences from stations in rural areas [6]. To identify regional effects, we compare with average temperature anomalies for the whole of the northern hemisphere. We use annual means (centred on 1 January) of the HadCRUT3v compilation of northern hemisphere (NH) observations [17], which is available for 1850 onwards (shown in black in figure 1(a)), and extend these data back to 1659 using an ensemble of 11 reconstructions based on a wide variety of proxies. The reconstructions used are: d’Arrigo et al ‘STD’ and ‘RCS’ [18]; Mann et al ‘EIV’ and ‘CPS’ [19]; Smith et al [20]; Ammann and Wahl [21]; Jones and Mann [22]; and the reconstructions calibrated by Briffa et al [23]. The results presented here use the median of this ensemble for each year (the mauve line in figure 1(a)) and the decile range (between the median of this ensemble for each year (the mauve line is a model based on observed sunspot numbers [14]). Both curves show 1 year means. (d) Detrended winter CET, $\Delta T_{\text{DJF}}$, obtained by subtracting the best-fit variation of $\Delta T_N$, derived using the regressions shown in figure 3(b): the width of the line shows the difference resulting from the use of $\Delta T_N = \Delta T_U$ and $\Delta T_S = \Delta T_L$ prior to 1850. In all panels, dots are for years with $\delta T_{\text{DJF}} < 1^\circ$C (the dashed horizontal line in (d)), colour-coded by year using the scale in figure 3(a). Data for the winter 2009/10 are provisional.

Figure 2. Variations since the mid-17th century of the following. (a) The mean northern hemisphere temperature anomaly, $\Delta T_N$: black shows the HadCRUT3v compilation of observations [17], mauve shows the median of an ensemble of 11 reconstructions (individually intercalibrated with the HadCRUT3v NH data over the interval 1850–1950) based on tree ring and other proxy data [18–23]. The decile range is given by the area shaded grey (between upper and lower decile values of $\Delta T_U$ and $\Delta T_L$). (b) Average winter Central England Temperatures (CET) [5, 6] for December, January and February, $T_{\text{DJF}}$. (c) The open solar flux, $F_S$, corrected for longitudinal solar wind structure: dots are annual means of interplanetary satellite data; the black line after 1905 is derived from ground-based geomagnetic data [1]; and the mauve line is a model based on observed sunspot numbers [14]. Both curves show 1 year means. (d) Detrended winter CET, $\delta T_{\text{DJF}}$, obtained by extending the variability about the trend by detrending the DJF CET winter CET data) around the hemispheric mean. We investigate the effect of the detrending by repeating our analysis for $s = 1$ and 0.
winter CET data correlation coefficients for (a) and (b) are 0.23 and 0.25 (significant at the 99.1% and 99.6% levels). (c) Same as (a), but for the detrended least squares linear regression fit and the grey area is bounded by the corresponding regression fits using \( \Delta T_N \) and \( \Delta T_U \) before 1850. The correlation coefficients for (a) and (b) are 0.23 and 0.25 (significant at the 99.1% and 99.6% levels). (c) Same as (a), but for the detrended winter CET data \( \delta T_{DF} \), as shown in figure 2(d); the vertical bars show the difference caused by using the range of \( \Delta T_N \) between \( \Delta T_L \) and \( \Delta T_U \) before 1850. \( F_S \) values are lagged by 1 year as in the upper panels of figure 1.

4. Solar influence on regional winter anomalies

Figure 3(c) plots \( \delta T_{DF} \) against \( F_S \), with vertical error bars showing the effect of using \( \Delta T_U \) and \( \Delta T_L \) on each point (usually these are smaller than the dots used). Clearly any solar control is subtle and far from being the only factor causing variability: for example, the dark blue dots are all from the Maunder minimum and yet exhibit almost the full range of \( \delta T_{DF} \). However, particularly clear is an absence of points in the low-\( \delta T_{DF}\)/high-\( F_S \) quadrant (bottom right) of the plot, showing that the coldest UK winters tend to have occurred at low solar activity. To investigate this further, we divide the data into two subsets, using a variable threshold value in \( F_S \), denoted by \( f \). We consider differences between the distributions of \( \delta T_{DF} \) for \( F_S > f \) and \( F_S \leq f \). Figure 4(b) shows the median values (thick lines surrounded by grey areas) and mean values (thin lines surrounded by yellow areas) of these two subsets as a function of \( f \): in both cases, the shaded areas show the effect of using \( \Delta T_U \) and \( \Delta T_L \) prior to 1850. Figure 4(c) shows the number of samples in the subsets. Both mean and median \( \delta T_{DF} \) for \( F_S > f \) (in red) are greater than for \( F_S \leq f \) for all \( f \). Figure 4(a) presents the statistical significance of these differences, testing the probability \( p \) of the null hypothesis that solar activity has no effect on \( \delta T_{DF} \), i.e. that the distributions of the two subsets cannot be distinguished. The two dashed lines show the 90% and 95% confidence levels that the distributions differ. The green line gives the results of Student’s \( t \) test on the difference in the means. This is a parametric test (it assumes a normal distribution of values), non-robust at small sample numbers. But similar results (mauve line) are obtained from the non-parametric Mann–Whitney \( U \) (Wilcoxon) test of the difference in the medians and of the distribution shapes, which is suitable for small sample numbers. In addition, black dots show where the non-parametric Kolmogorov–Smirnov (KS) test of the cumulative distribution reveals differences significant at the 90% level. The grey area is bound by results obtained from the \( U \) test using \( \Delta T_U \) and \( \Delta T_L \) (which give the upper and lower limits to \( (1 - p) \), respectively). The vertical cyan lines in figure 4 show the 2009 value of \( F_S \). Note that low solar activity gives lower mean and median \( \delta T_{DF} \) at all \( f \), but for large \( f \) the statistical significance of the differences is lower. However for most \( f \) below the median \( F_S \), the difference is significant at about the 95% level for the median reconstructed \( \Delta T_N \) (and generally in the range 85–99% for \( \Delta T_L \) and \( \Delta T_U \)). Note that figure 4 uses \( s = 1.42 \pm 0.09 \) from the linear regressions shown in figure 3(b), and simply adopting the difference between \( T_{DF} \) and \( \Delta T_N \) as the indicator of the regional climate anomaly \( (s = 1) \) would leave a residual warming trend in the CET data which raises the statistical significance to above 99% for almost all \( f \) and for all \( \Delta T_N \) reconstructions. If we restrict our analysis to data before 1900 (when anthropogenic effects on CET are negligible [8]) we obtain almost exactly the same results as are shown in figure 4 without detrending the data \( (s = 0) \). On the other hand, if we use data for after 1900 with \( s = 0 \) we can only reject the null hypothesis at the 10–70% level (depending on \( f \)) with typical values around only 30%. Thus we see a coherent relationship that has applied at all times from the Maunder minimum to the present day only when we detrend the data to allow for the hemispheric temperature change.

We also carried out an analysis on the \( F_S \) distributions for \( \delta T_{DF} \leq \tau \) and \( \delta T_{DF} > \tau \) where \( \tau \) is a variable threshold. The coldest eight winters (relative to the northern hemisphere trend), defined by \( \delta T_{DF} \leq \tau = 1^\circ \mathrm{C} \), occurred in 1684, 1695, 1716, 1740, 1795, 1814, 1879 and 1963 (marked with coloured dots in figure 2). The mean and median \( F_S \) for these years is 45% lower than for all other years. Irrespective of the \( \Delta T_N \) proxy reconstruction used, the non-parametric \( U \) and KS tests reject the null hypothesis at >99.99% level for this \( \tau \). The winter of 2009/10 is the 18th coldest, relative to the northern hemisphere trend. (From \( T_{DF} \), 2008/9 and 2009/10 (provisional data) are in the coldest 43% and 17% of the 350 winters studied; however, relative to the trend they...
are in the coldest 15% and 5.3%. There are 26 UK winters with $\delta T_{\text{DIFF}} \leq \alpha = 1.8$ C, for which the mean and median $F_{S}$ are 28% and 23% lower than for all other years. This is significant at the 99% level (96.5% and 99.9% for $\Delta T_{L}$ and $\Delta T_{U}$ respectively).

5. Discussion and implications for the future

The results presented in section 4 allow rejection of the null hypothesis, and hence colder UK winters (relative to the longer-term trend) can therefore be associated with lower open solar flux (and hence with lower solar irradiance and higher cosmic ray flux). A number of mechanisms are possible. For example, enhanced cooling through an increase in maritime clouds may have resulted from the cosmic ray flux increase [25]. Alternatively, tropospheric jet streams have been shown to be sensitive to the solar forcing of stratospheric temperatures [26]. This could occur through disturbances to the stratospheric polar vortex [27] which can propagate downwards to affect the tropospheric jets, or through the effects of tropical stratospheric temperature changes on the refraction of tropical stratocumulus clouds [28]. Interestingly, early instrumental records from the end of the 17th century indicate an increased frequency of easterly winds influencing the UK temperatures [29]. This has also been deduced from indirect proxies [30, 31], including the spatial patterns of changes in recorded harvest dates [32]. This suggests a link with the incidence of long-lived winter blocking events in the eastern Atlantic at low solar activity [33, 34]. These extensive and quasi-stationary anticyclones are characterized by a reversed meridional gradient of geopotential height and easterly winds [7, 33, 35]. Blocking episodes can persist for several weeks, leading to extended cold periods in winter as the mild maritime westerly winds are replaced by continental north-easterlies and the land surface cools under cloudless skies. In particular, long-lived Atlantic blocking events at more eastward locations have been found to be more prevalent at sunspot minimum than at higher solar activity, an asymmetry that is enhanced by the phase of the quasi-biennial oscillation, and this leads to colder winters in Europe [7]. This evidence suggests that changes in the occurrence of blocking could be acting to amplify the solar-induced perturbations to the tropospheric jet stream [26]. Blocking events have been shown to modulate the stratosphere via upward propagating planetary wave disturbances, but the magnitude, extent and lag of the correlations over Europe strongly suggest that the perturbation to the stratospheric wind pattern can, in turn, influence the blocking [35]. This feedback may be the mechanism by which solar-induced changes to the stratosphere influence European blocking events. Other evidence supports this idea. For example, changed position and frequency of blocking events may be seen as a manifestation of modes of low-frequency circulation variability which have been found to respond...
to solar activity [36] giving increased/decreased frequencies of easterly/westerly circulation patterns over Europe under conditions of low solar activity [37]. Winter CET values are known to be strongly modulated by the NAO [8] and modelling has shown that stratospheric trends over recent decades, along with downward links to surface, are indeed strong enough to explain much of the prominent trend in the NAO and hence regional winter climate in Europe between the 1960s and the 1990s [9]. It has been reported that geomagnetic activity rather than solar activity has a stronger statistical relationship to the NAO [38] which, given that the former is highly correlated with \( F_S \) (indeed \( F_S \) used here is derived from geomagnetic activity data) is consistent with the effect of \( F_S \) on Central England Temperature revealed here. Our subsequent studies (not reported here) on solar modulation of various blocking indices have confirmed previous studies [7], and we stress that this phenomenon is largely restricted to Europe and not global in extent [41].

This connection is of particular interest because of recent changes in the Sun. Studies of isotopes generated in the atmosphere by galactic cosmic rays show that the Sun has been exceptionally active during recent decades [39]. This grand solar maximum has persisted for longer than most previous examples in the cosmogenic isotope record and is expected to end soon [40]. The decline in \( F_S \) since about 1985 (see figure 2(c)) is consistent with this prediction [1] and a recent study of the past behaviour of cosmogenic isotopes [2] suggests an ~8% chance that the Sun could return to Maunder minimum conditions within the next 50 years. The connections reported here indicate that, despite hemispheric warming, Europe could well experience more frequent cold winters than during recent decades.

Lastly, one can invert the title of this paper and ask ‘Does the occurrence of lower/higher solar activity make a cold/warm winter in Europe more likely (than the climatological mean)?’ Our results strongly suggest that it does, which has implications for seasonal predictions.

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