Using bijective maps to improve free energy estimates

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We derive a fluctuation theorem for generalized work distributions, related to bijective mappings of the phase spaces of two physical systems, and use it to derive a two-sided constraint maximum likelihood estimator of their free energy difference which uses samples from the equilibrium configurations of both systems. As an application, we evaluate the chemical potential of a dense Lennard-Jones fluid and study the construction and performance of suitable maps.

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I. INTRODUCTION

Extracting free energy differences from a suitable set of computer simulation data is an active field of research and of interest for e.g. drug design [1] or nonperturbative quantum chromodynamics [2]. Concerning estimators for the free energy difference, an extensive literature can be found. Probably the most elementary estimator is the traditional free energy perturbation [3], which is briefly introduced in the following. Assume we have given two systems, arbitrarily labeled as system 0 and system 1, that are characterized by Hamiltonians \( H_0(x) \) and \( H_1(x) \), respectively, depending on the point \( x \) in phase space. Further, let \( \rho_i(x) \) denote the thermal equilibrium phase space density of system \( i \),

\[
\rho_i(x) = \frac{e^{-\beta H_i(x)}}{Z_i}, \quad i = 0, 1,
\]

where \( Z_i = \int e^{-\beta H_i(x)} dx \) denotes the partition function and \( \beta = \frac{1}{kT} \) the inverse temperature. We are interested in the Helmholtz free energy difference \( \Delta F \) of the systems, defined as \( \Delta F = -\frac{1}{\beta} \ln \frac{Z_1}{Z_0} \). Traditional free energy perturbation [3] originates from the equality

\[
\frac{\rho_0(x)}{\rho_1(x)} = e^{\beta (\Delta H(x) - \Delta F)}, \quad (2)
\]

with \( \Delta H(x) := H_1(x) - H_0(x) \). The latter quantity may be interpreted as the work performed during an infinitely fast switching process transforming system 0 to system 1, with initial configuration \( x \) [4]. A direct consequence of Eq. (2) is the perturbation identity

\[
e^{-\beta \Delta F} = \int e^{-\beta \Delta H(x)} \rho_0(x) dx, \quad (3)
\]

which is frequently used to obtain an estimate of \( \Delta F \) in drawing a sample \( \{x_1, \ldots, x_N\} \) from \( \rho_0(x) \) (e.g. by Monte Carlo simulations) and evaluating the estimator

\[
\hat{\Delta F}_0^{\text{trad}} = -\frac{1}{\beta} \ln e^{-\beta \Delta H(x)}. \quad (4)
\]

The overbar denotes a sample average [ i.e. \( \bar{f}(x) = \frac{1}{N} \sum_{k=1}^{N} f(x_k) \) where \( f \) stands for an arbitrary function].

As can be seen by comparison with Eq. (2), the integrand appearing in Eq. (4) is proportional to \( \rho_1(x) \), and thus the main contributions to an accurate estimate of \( \Delta F \) with Eq. (4) come from realizations \( x \) (drawn from \( \rho_0 \) that are typical for the density \( \rho_1 \). This means that the performance of such an estimate depends strongly on the degree of overlap of \( \rho_0 \) with \( \rho_1 \). If the overlap is small, the traditional free energy perturbation is plagued with a slow convergence and a large bias. This can be overcome by using methods that bridge the gap between the densities \( \rho_0 \) and \( \rho_1 \), for instance the thermodynamic integration. Since thermodynamic integration samples a sequence of many equilibrium distributions, it soon becomes computationally expensive. Another method is umbrella sampling [5] which distorts the original distribution in order to sample regions that are important for the average. Because of the distortion, the latter method is in general restricted to answer only one given question, e.g. the value of the free energy difference, but fails to give further answers. This is of particular concern, if in addition the values of some other thermodynamic variables are sought, for example pressure or internal energy. There are dynamical methods [6] that make use of the Jarzynski work theorem [4]. They allow to base the estimator on work values of fast, finite time, non-equilibrium processes connecting system 0 with system 1. However, the dynamic simulation of the trajectories is typically very expensive.

Six years ago, the targeted free energy perturbation method [7] was introduced; a promising method which is based on mapping equilibrium distributions close to each other in order to overcome the problem of insufficient overlap, without the need to draw from biased distributions. However, this method is hardly used in the literature. An obstacle might be that there is no general description of how to construct a suitable map. A recent improvement is the escorted free energy simulation [8] which is a dynamical generalization of the targeted free energy perturbation.

Any free energy difference refers to two equilibrium ensembles. The above mentioned methods draw only from one of the two ensembles and propagate the system in direction of the other. Insofar, they are “one-sided” methods. However, it is of advantage to draw
from both equilibrium distributions and combine the obtained “two-sided” information. Optimizing the elementary “two-sided” estimator for free energy differences results in the acceptance ratio method \[\delta, \theta, \tau\]. The next step of improvement is to implement a “two-sided” targeted free energy method that optimally employs the information of drawings from both equilibrium distributions. Our aim is to combine the advantages of the acceptance ratio method \[\delta, \theta, \tau\] with the phase space \(\Gamma\). From this fluctuation theorem, the desired optimal two-sided targeted free energy estimator follows in section \(\delta, \theta, \tau\). In section \(\delta, \theta, \tau\) appropriate measures are introduced which relate the overlap of \(\tilde{\rho}_0\) with \(\rho_1\) to the mean square errors of the one- and two-sided free energy estimators. In section \(\delta, \theta, \tau\) a convergence criterion for the two-sided estimator is proposed. From section \(\delta, \theta, \tau\) on, numerics plays an important part. In particular, section \(\delta, \theta, \tau\) deals with explicit numerical applications. Based on the two-sided targeted free energy estimator, in section \(\delta, \theta, \tau\) an estimator for the chemical potential of a high-density homogeneous fluid is established and applied to a dense Lennard-Jones fluid. Finally, the construction and performance of suitable maps is studied.

In order to get some notation straight, we start by recalling the targeted free energy perturbation method.

\section{II. TARGETED FREE ENERGY PERTURBATION}

Let \(\Gamma_0\) and \(\Gamma_1\) denote the phase spaces of the systems 0 and 1, respectively. We require that \(\Gamma_1\) contains only those points \(x\) for which \(\rho_1(x)\) is non-zero.

Mapping the phase space points of system 0, \(x \rightarrow \phi(x)\), such that the mapped phase space \(\Gamma_0 = \phi(\Gamma_0)\) coincides with the phase space \(\Gamma_1\) and such that the mapped distribution \(\tilde{\rho}_0\) overlaps better with the canonical distribution \(\rho_1\) results in the targeted free energy perturbation \[\delta, \theta, \tau\], where the samples are drawn effectively from \(\tilde{\rho}_0\), instead.

Following the idea of Jarzynski \[\delta, \theta, \tau\], we introduce such a phase space map. If \(\Gamma_0\) and \(\Gamma_1\) are diffeomorph, there exists a bijective and differentiable map \(\mathcal{M}\) from \(\Gamma_0\) to \(\Gamma_1\),

\[\mathcal{M}: \Gamma_0 \rightarrow \Gamma_1, \quad \mathcal{M}: x \rightarrow \phi(x),\]

where the absolute value of the Jacobian is

\[K(x) = |\frac{\partial \phi}{\partial x}|.\]

The inverse map reads

\[\mathcal{M}^{-1}: \Gamma_1 \rightarrow \Gamma_0, \quad \mathcal{M}^{-1}: x \rightarrow \phi^{-1}(x).\]

According to \(\mathcal{M}\), the phase space density \(\rho_0\) is mapped to the density \(\tilde{\rho}_0\),

\[\tilde{\rho}_0(y) = \int_{\Gamma_0} \delta(y - \phi(x))\rho_0(x)dx,\]

which can be written as

\[\tilde{\rho}_0(\phi(x)) = \frac{\rho_0(x)}{K(x)}\]

or

\[\int_{\phi(\Gamma)} \tilde{\rho}_0(y)dy = \int_{\Gamma} \rho_0(x)dx, \quad \forall \Gamma \subset \Gamma_0.\]

In analogy to Eq. \(\delta, \theta, \tau\), the targeted free energy perturbation is based on the identity

\[\frac{\tilde{\rho}_0(\phi(x))}{\rho_1(\phi(x))} = e^{\beta(\tilde{\Delta}H(x) - \Delta F)} \quad \forall x \in \Gamma_0,\]

which follows from the densities \(\delta, \theta, \tau\) with \(\tilde{\Delta}H\) being defined by

\[\tilde{\Delta}H(x) := H_1(\phi(x)) - H_0(x) - \frac{1}{\beta} \ln K(x).\]

Multiplying Eq. \(\delta, \theta, \tau\) by \(e^{-\beta\tilde{\Delta}H(x)}\rho_1(\phi(x))\) and integrating over \(\Gamma_0\) yields the targeted free energy perturbation formula,

\[e^{-\beta\Delta F} = \int_{\Gamma_0} e^{-\beta\tilde{\Delta}H(x)}\rho_0(x)dx.\]

An alternative derivation is given in \[\delta, \theta, \tau\]. The traditional free energy perturbation formula \[\delta, \theta, \tau\] can be viewed as a special case of Eq. \(\delta, \theta, \tau\). The latter reduces to the former if \(\mathcal{M}\) is chosen to be the identity map, \(\phi(x) = x\). [This requires that \(\Gamma_1 = \Gamma_0\) holds.]

Now an obvious estimator for \(\Delta F\), given a sample \(\{x_k\}\) drawn from \(\rho_0(x)\), is

\[\tilde{\Delta}F_0 = \frac{1}{\beta} \ln e^{-\beta\tilde{\Delta}H(x)},\]

which we refer to as the targeted forward estimator for \(\Delta F\). The convergence problem of the traditional forward estimator, Eq. \(\delta, \theta, \tau\), in the case of insufficient overlap of \(\rho_0\) with \(\rho_1\) is overcome in the targeted approach by choosing a suitable map \(\mathcal{M}\) for which the image \(\tilde{\rho}_0\) of \(\rho_0\) overlaps better with \(\rho_1\). Indeed, suppose for the moment that the map is chosen to be ideal, namely such that \(\tilde{\rho}_0(x)\) coincides with \(\rho_1(x)\). Then, as a consequence of Eq. \(\delta, \theta, \tau\), the quantity \(\Delta H(x)\) is constant and equals \(\Delta F\), and the convergence of the targeted estimator \(\delta, \theta, \tau\) is immediate. Although the construction of such an ideal map is impossible in general, the goal of approaching an ideal map guides the design of suitably good maps.
To complement the one-sided targeted estimator, a second perturbation formula in the “reverse” direction is derived from Eq. \[11\]

\[
e^{+\beta \Delta F} = \int_{\Gamma_1} e^{+\beta \Delta H(\phi^{-1}(y))} \rho_1(y) dy,
\]
leading to the definition of the targeted reverse estimator \(\Delta F_1\) of \(\Delta F\),

\[
\Delta F_1 = -\frac{1}{\beta} \ln e^{+\beta \Delta H(\phi^{-1}(y))}.
\]

The index 1 indicates that the set \(\{y_k\}\) is drawn from \(\rho_1\).
Using the identity map \(\phi(x) = x\) in Eq. \[10\] gives the traditional reverse estimator, which is valid if \(\Gamma_0 = \Gamma_1\) holds.

It will prove to be beneficial to switch from phase space densities to one-dimensional densities which describe the value distributions of \(\Delta H(x)\) and \(\Delta H(\phi^{-1}(y))\), cf. Eqs. \[13\] and \[15\]. This is done next and results in the fluctuation theorem for generalized work distributions.

### III. FLUCTUATION THEOREM FOR GENERALIZED WORK DISTRIBUTIONS

We call \(\Delta H(x)\), \(x \in \Gamma_0\), function of the generalized work in forward direction and \(\Delta H(\phi^{-1}(y))\), \(y \in \Gamma_1\), function of the generalized work in reverse direction, having in mind that these quantities are the functions of the actual physical work for special choices of the map \(\mathcal{M}\). \[12\]

The probability density \(p(W|0; \mathcal{M})\) for the outcome of a specific value \(W\) of the generalized work in forward direction subject to the map \(\mathcal{M}\) when sampled from \(\rho_0\) is given by

\[
p(W|0; \mathcal{M}) = \int_{\Gamma_0} \delta(W - \Delta H(x)) \rho_0(x) dx.
\]
Conversely, the probability density \(p(W|1; \mathcal{M})\) for the observation of a specific value \(W\) of the generalized work in reverse direction when sampled from \(\rho_1\) reads

\[
p(W|1; \mathcal{M}) = \int_{\Gamma_1} \delta(W - \Delta H(\phi^{-1}(y))) \rho_1(y) dy.
\]

Relating the forward and reverse “work” probability densities to each other results in the fluctuation theorem

\[
\frac{p(W|0; \mathcal{M})}{p(W|1; \mathcal{M})} = e^{\beta(W - \Delta F)}.
\]

This identity provides the main basis for our further results. It is established by multiplying Eq. \[11\] with \(\delta(W - \Delta H(x))\rho_1(\phi(x))\) and integrating with respect to \(\phi(x)\). The left hand side yields

\[
\int_{\phi(\Gamma_0)} \delta(W - \Delta H(x)) \rho_0(\phi(x)) d\phi(x)
\]

\[
= \int_{\Gamma_0} \delta(W - \Delta H(x)) \rho_0(x) dx = p(W|0; \mathcal{M}),
\]
and the right hand side gives

\[
\int_{\phi(\Gamma_0)} e^{\beta(\Delta H(x)-\Delta F)} \delta(W - \Delta H(x)) \rho_1(\phi(x)) d\phi(x)
\]

\[
= e^{\beta(W - \Delta F)} \int_{\Gamma_1} \delta(W - \Delta H(\phi^{-1}(y))) \rho_1(y) dy
\]

\[
= e^{\beta(W - \Delta F)} p(W|1; \mathcal{M}).
\]

It is worth to emphasize that the fluctuation theorem \[19\] is an exact identity for any differentiable, bijective map \(\mathcal{M}\) from \(\Gamma_0\) to \(\Gamma_1\). Especially, it covers known fluctuation theorems \[13\] \[14\] \[15\] \[16\] related to the physical work applied to a system that is driven externally and evolves in time according to some deterministic equations of motion, e.g. those of Hamiltonian dynamics, Nosé-Hoover dynamics or Gaussian isokinetic dynamics \[12\].

As an example, consider the time-reversible adiabatic evolution of a conservative system with Hamiltonian \(H_\lambda(x)\), depending on an externally controlled parameter \(\lambda\) (e.g. the strength of an external field). Let \(x(t) = \phi(x_0, t; \lambda())\) with \(x(0) = x_0\) be the flow of the Hamiltonian system which is a functional of the parameter \(\lambda(t)\) that is varied from \(\lambda(0) = 0\) to \(\lambda(\tau) = 1\) according to some prescribed protocol that constitutes the forward process. The Hamiltonian flow can be used to define a map, \(\mathcal{M} : x \rightarrow \phi(x) := \phi(x, \tau; \lambda())\). Since the evolution is adiabatic and Hamiltonian, no heat is exchanged, \(Q = 0\), and the Jacobian is identical to one, \(|\partial \phi / \partial x| = 1\). Consequently, the generalized work in forward direction reduces to the physical work applied to the system, \(\Delta H(x) = H_1(\phi(x)) - H_0(x) = W\). For each forward path \(\{x(t), \lambda(t)\}; 0 \leq t \leq \tau\) we have a reverse path \(\{x^T(\tau - t), \lambda^T(\tau - t)\}; 0 \leq t \leq \tau\), where the superscript \(T\) indicates that quantities that are odd under time reversal (such as momenta) have changed their sign. The generalized work in reverse direction reduces to the physical work done by the system, \(-W = -(H_0(\phi^{-1}(y))^T - H_1(y^T)) = -H_0(\phi^{-1}(y)) + H_1(y) = \Delta H(\phi^{-1}(y))\). Starting the forward process with an initial canonical distribution, \(\rho_0(x)\), some probability distribution for the physical work in forward direction follows, \(p(W|0; \mathcal{M}):= p^\mathcal{M}(W)\). Starting the reverse process with an initial canonical distribution, \(\rho_1(y)\), some probability distribution for the physical work in reverse direction follows, \(p(W|1; \mathcal{M}):= p^\mathcal{M}(W)\). The distributions \(p^\mathcal{M}(W)\) and \(p^\mathcal{M}(W)\) are related to each other by the identity \[19\] which coincides with the fluctuation theorem of Crooks \[13\].

From the fluctuation theorem \[19\] some important inequalities follow that are valid for any map \(\mathcal{M}\). First of all we state that the targeted free energy perturbation formulas \[13\] and \[15\] can be regarded as a simple consequence of the fluctuation theorem \[19\] and can be rewritten in terms of the generalized work distributions, \(e^{-\beta \Delta F} = \langle e^{-\beta W} \rangle_0\) and \(e^{+\beta \Delta F} = \langle e^{+\beta W} \rangle_1\), where the angular brackets with subscript \(i\) denote an ensemble average with respect to the density \(p(W|i; \mathcal{M})\), \(i = 0, 1\). The
monotonicity and convexity of the exponential function appearing in the above averages allows the application of Jensen’s inequality, \( e^{T \beta W} \geq e^{T \beta (W)} \). From this follows the fundamental inequality
\[
\langle W \rangle_1 \leq \Delta F \leq \langle W \rangle_0 ,
\]
which shows that the values of the average work in forward and reverse direction constitute an upper and a lower bound on \( \Delta F \), respectively.

Concerning one-sided estimates of \( \Delta F \), the targeted forward and reverse estimators \([14]\) and \([10]\) can be written
\[
\Delta F_0 = -\frac{1}{4} e^{-\beta W} \quad \text{and} \quad \Delta F_1 = \frac{1}{4} e^{\beta W} ,
\]
where the overbar denotes a sample average according to a sample \( \{ W^0 \} \) and \( \{ W^1 \} \) of forward and reverse work values, respectively. Similarly to \([22]\) one finds the inequalities \( \Delta F_0 \leq \overline{W} \) and \( \Delta F_1 \geq \overline{W} \).

Taking the ensemble averages \( \langle \Delta F_i \rangle_i = \mp \frac{1}{2 \beta} \ln e^{\mp \beta W} \), \( i = 0, 1 \), of the one-sided estimates and applying Jensen’s inequality to the averages of the logarithms, \( \ln e^{\pm \beta W} \leq \ln \langle e^{\pm \beta W} \rangle_i = \mp \beta \Delta F \), one obtains
\[
\langle W \rangle_1 \leq \langle \Delta F_1 \rangle_1 \leq \Delta F \leq \langle \Delta F_0 \rangle_0 \leq \langle W \rangle_0 .
\]
In other words, the forward and reverse estimators are biased in opposite directions for any finite size \( N \) of the work samples, but their mean values form closer upper and lower bounds on \( \Delta F \) than the values of the mean work do.

So far, we were concerned with one-sided estimates of \( \Delta F \), only. However, the full power of the fluctuation theorem \([19]\) will develop when dealing with a two-sided targeted free energy estimator where a sample of forward and reverse work values is used simultaneously, since the fluctuation theorem relates the forward and reverse work probability densities to each other in dependence of the free energy difference.

In the next section, we will drop to mention the target map \( \mathcal{M} \) explicitly in order to simplify the notation. For instance, we will write \( p(W|i) \), but mean \( p(W|i; \mathcal{M}) \), instead.

**IV. TWO-SIDED TARGETED FREE-ENERGY ESTIMATOR**

An important feature of the fluctuation theorem \([19]\) is that it provides a way to answer the following question: Given a sample of \( n_0 \) forward work values \( \{ W^0 \} = \{ W^0_1, \ldots, W^0_{n_0} \} \) in the forward direction and a second sample of \( n_1 \) work values \( \{ W^1 \} = \{ W^1_1, \ldots, W^1_{n_1} \} \) in the reverse direction, what would be the best estimator of \( \Delta F \) that utilizes the entire two samples?

If drawn from an ensemble that consists of forward and reverse work values, the elements are given by a pair of values \( (W, Y) \) of work and direction, where \( Y = 0 \) indicates the forward and \( Y = 1 \) the reverse direction. The probability density of the pairs \( (W, Y) \) is \( p(W, Y) \). The probability density for the work is \( p(W) := p(W, 0) + p(W, 1) \), and that for the direction is \( p_Y := \int p(W, Y) dW \). Bayes theorem,
\[
p(W|Y) p_Y = p(Y|W) p(W),
\]
implies the “balance” equation
\[
p_1 \int p(0|W) p(W|1) dW = p_0 \int p(1|W) p(W|0) dW.
\]
From the fluctuation theorem \([19]\) and Bayes theorem \([24]\) follows
\[
p(0|W) = e^{\beta(W-C)}
\]
with
\[
C = \Delta F + \frac{1}{\beta} \ln \frac{p_1}{p_0}.
\]
Together with the normalization \( p(0|W) + p(1|W) = 1 \), Eq. \((26)\) determines the explicit form of the conditional direction probabilities \([11]\).
\[
p(Y|W) = \frac{e^{Y \beta(C-W)}}{1 + e^{Y \beta(C-W)}}, \quad Y = 0, 1.
\]
Replacing both, the ensemble averages by sample averages and the ratio \( \frac{p_1}{p_0} \) by \( \frac{n_1}{n_0} \), the balance equation,
\[
p_1 \langle p(0|W) \rangle_1 = p_0 \langle p(1|W) \rangle_0 ,
\]
results in the two-sided targeted free energy estimator, \( n_1 p(0|W^1) = n_0 p(1|W^0) \), which reads
\[
\sum_{j=1}^{n_1} \frac{1}{1 + e^{\beta(\Delta F_{01} + \frac{\beta}{n_1} \ln \frac{n_1}{n_0} - W_{1j})}} = \sum_{i=1}^{n_0} \frac{1}{1 + e^{-\beta(\Delta F_{01} + \frac{\beta}{n_0} \ln \frac{n_0}{n_1} - W_{0i})}}.
\]
It is worth to emphasize that this estimator is the optimal two-sided estimator, a result that is shown with a constraint maximum likelihood approach in Appendix. A derivation of this estimator is also given by Shirts et al. \([11]\) in the framework of a maximum likelihood approach.

If samples of \( n_0 \) forward and \( n_1 \) reverse work values \( \{ W^0 \} \) and \( \{ W^1 \} \) are given, but no further information is present, it is the two-sided estimator \([29]\) that yields the best estimate of the free energy difference with respect to the mean square error. If needed, the samples \( \{ W^0 \} \) and \( \{ W^1 \} \) can be obtained indirectly by drawing samples \( \{ x_i \} \) and \( \{ y_j \} \) of \( \rho_0 \) and \( \rho_1 \) and setting \( W^0_i = \Delta H(x_i) \) and \( W^1_j = \Delta H(\phi^{-1}(y_j)) \).

Opposed to the one-sided estimators \([14]\) and \([10]\), the two-sided targeted free energy estimator \([29]\) is an
Let us mention a subtlety concerning the choice of the ratio \( \frac{\mu_1}{\mu_0} \). The mixed ensemble \( \{(W, Y)\} \) is specified by the mixing ratio \( \frac{\mu_1}{\mu_0} \), and by the conditional work probability densities \( p(W|Y) \). With the mixed ensemble we are free to choose the mixing ratio. For instance, replacing the ensemble averages in the balance equation (16) by sample averages results in an estimator \( p(W[0]|W^0) = \mu_0 p(W[1]|W^0) \) for \( \Delta F \) that depends on the value of the mixing ratio. This raises the question of the optimal choice for \( \frac{\mu_1}{\mu_0} \). As shown in the Appendix, it is optimal to choose the mixing ratio equal to the sample ratio, \( \frac{\mu_1}{\mu_0} = \frac{n_1}{n_0} \). A result that may be clear intuitively, since then the mixed ensemble reflects the actual samples best.

Other free energy estimators follow, if the explicit expressions (25) and the definition of the constant \( C \), Eq. (27), are inserted in the balance equation (25). The latter can then be expressed as

\[
e^{\beta \Delta F} = e^{\beta C} \int \frac{1}{1 + e^{-\beta (W - Y)}} p(W[1])dW \int \frac{1}{1 + e^{-\beta (W - Y)}} p(W[0])dW,
\]

and results in the estimator

\[
\Delta F_B(C) = C + \frac{1}{\beta} \ln \frac{\sum_{j=1}^{n_1} 1 + e^{\beta (C - W_j)}}{\sum_{i=1}^{n_0} 1 + e^{-\beta (C - W_i)}}
\]

The non-targeted version of this estimator, i.e. for \( \mathcal{M} = id. \), is due to Bennett [9] who used a variational principle in order to find the estimator for the free energy difference that minimizes the mean square error.

Equation (29) is an identity for any value of \( C \), since with the ratio \( \frac{\mu_1}{\mu_0} \), the value of \( C = \Delta F + \frac{1}{\beta} \ln \frac{\mu_1}{\mu_0} \) can be chosen arbitrarily. However, concerning the estimator (31), different values of \( C \) yield different estimates. Bennett’s choice is

\[
C_B = \Delta F + \frac{1}{\beta} \ln \frac{n_1}{n_0},
\]

i.e. \( \frac{\mu_1}{\mu_0} = \frac{n_1}{n_0} \), which results from minimizing the mean square error \( \langle (\Delta F_B - \Delta F)^2 \rangle \), where the angular brackets denote an average over infinitely many repetitions of the estimation process (31) with \( n_0 \) and \( n_1 \) being fixed. According to the Appendix, Bennett’s choice is also optimal for any target map \( \mathcal{M} \).

With \( C = C_B \), Eq. (31) has to be solved in a self-consistent manner which is tantamount to solve the two-sided targeted estimator (29). In other words, \( \Delta F_B(C_B) \) is the unique root \( \Delta F_{01} \) of Eq. (29).

V. OVERLAP MEASURES AND MEAN SQUARE ERRORS

In this section we introduce measures for the overlap of \( p_0 \) with \( p_1 \), or, equivalently, of \( p(W[0]; \mathcal{M}) \) with \( p(W[1]; \mathcal{M}) \) and relate them to the mean square error of one- and two-sided estimators.

The estimators (14), (16) and (29) are subject to both, bias and variance. Taking both errors into account results in the mean square error. Let us consider the mean square errors of the one-sided targeted estimators first. They read

\[
\text{mse}_0 := \left\langle (\Delta F_0 - \Delta F)^2 \right\rangle_0 = \left\langle (\ln e^{-\beta (W_0 - \Delta F)})^2 \right\rangle_0
\]

in forward direction, and analogously in backward direction. In forward direction, it can be quantified by expanding the logarithm into a power series about the mean value of its argument,

\[
e^{-\beta (W_0 - \Delta F)} = 1, \quad \text{and neglecting terms of higher order in } \frac{1}{N}, \quad \text{which gives}
\]

\[
\beta^2 \text{mse}_0 \approx \frac{1}{N} \left\langle (e^{-\beta (W_0 - \Delta F) - 1})^2 \right\rangle_0.
\]

Equation (33) is valid for a sufficiently large sample size \( N \) (large \( N \) limit) [17]. With the use of the fluctuation theorem (19), the variance appearing on the right hand side of Eq. (33) can be written

\[
\left\langle (e^{-\beta (W_0 - \Delta F) - 1})^2 \right\rangle_0 = \left\langle (e^{-\beta (W_0 - \Delta F) - 1} - 1)^2 \right\rangle_0 = \left\langle (e^{-\beta (W_0 - \Delta F)})^2 \right\rangle_0 - 1 \geq e^{-\beta (W_1 - \Delta F)} - 1. \quad \text{This yields the inequality}
\]

\[
\beta^2 \text{mse}_0 \geq \frac{1}{N} \left( e^{\beta (\Delta F - (W_1))} - 1 \right).
\]
In the same manner as above the inequality
\[ \beta^2 \text{mse}_1 \geq \frac{1}{N} \left( e^{\beta(W) - \Delta F} - 1 \right) \] (35)
is obtained for the mean square error \text{mse}_1 of the reverse estimator \( \Delta \bar{F}_1 \).

The inequalities \((34)\) and \((35)\) specify the minimum sample size \( N \) that is required to obtain a forward and reverse estimate \( \Delta \bar{F} \), respectively, whose root mean square error \( \sqrt{\text{mse}} \) is not larger than \( kT \). Namely, \( N \geq e^{\beta(\Delta F - (W)_{1})} \) is required for a forward, and \( N \geq e^{\beta((W)_0 - \Delta F)} \) for a reverse estimate. Similar expressions are found in Ref. \[18\]. Since the required sample size \( N \) depends exponentially on the dissipation, it is good to choose a target map \( \mathcal{M} \) which reduces the dissipation in the opposite direction.

The dissipation is related to the overlap of \( \hat{\rho}_0 \) with \( \rho_1 \). The overlap of two probability densities \( \pi_a(z) \) and \( \pi_b(z) \) of a random variable \( z \) can be quantified with the Kullback-Leibler divergence
\[ D(\pi_a || \pi_b) := \int \pi_a(z) \ln \frac{\pi_a(z)}{\pi_b(z)} dz, \] (36)
a positive semidefinite measure that yields zero if and only if \( \pi_a \) is identical to \( \pi_b \). Applied to the densities \( \rho_1 \) and \( \rho_0 \), the Kullback-Leibler divergence turns out to be identical with the Kullback-Leibler divergence of \( p(W|1; \mathcal{M}) \) with \( p(W|0; \mathcal{M}) \) and results in the generalized dissipated work in reverse direction,
\[ D(\rho_1 || \hat{\rho}_0) = D(p(W|1; \mathcal{M}) || p(W|0; \mathcal{M})) = \beta(\Delta F - (W)_1), \] (37)
which is established with the use of Eqs. \[11\] and \[18\], and the fluctuation theorem \[19\]. Similarly, we have
\[ D(\hat{\rho}_0 || \rho_1) = D(p(W|0; \mathcal{M}) || p(W|1; \mathcal{M})) = \beta((W)_0 - \Delta F). \] (38)

For the one-sided targeted free energy estimators this means that choosing a target map which reduces the dissipation in the opposite direction is the same as choosing a target map which enhances the overlap of \( \hat{\rho}_0 \) with \( \rho_1 \).

Now, we proceed with the overlap measure and the mean square error of the two-sided free energy estimator \[29\]. In order to keep the notation simple, we assume that the samples of forward and reverse work values are of equal size, \( n_0 = n_1 = N \). (A generalization to \( n_0 \neq n_1 \) is straightforward possible, but not given in this paper.)

Consider the overlap density \( p_{ol}(W; \mathcal{M}) \),
\[ p_{ol}(W|\mathcal{M}) := \frac{1}{A_{ol}} \frac{p(W|0; \mathcal{M})p(W|1; \mathcal{M})}{p(W|0; \mathcal{M}) + p(W|1; \mathcal{M})}, \] (39)
where the normalization constant \( A_{ol} \) reads
\[ A_{ol} = \int \frac{p(W|0; \mathcal{M})p(W|1; \mathcal{M})}{p(W|0; \mathcal{M}) + p(W|1; \mathcal{M})} dW = \int \frac{\hat{\rho}_0(y)\rho_1(y)}{\hat{\rho}_0(y) + \rho_1(y)} dy. \] (40)
\( A_{ol} \) is a measure for the overlap area of the distributions and takes its maximum value \( \frac{1}{2} \) in case of coincidence. Using the fluctuation theorem \[19\], the two-sided overlap measure can be written
\[ A_{ol} = \left\langle \frac{1}{1 + e^{\beta(\Delta F - W)}} \right\rangle_0^{1} = \left\langle \frac{1}{1 + e^{-\beta(\Delta F - W)}} \right\rangle_0^{1}. \] (41)

Comparing Eq. \[11\] with the two-sided targeted free energy estimator \[29\], one sees that the two-sided targeted free energy estimation method readily estimates the two-sided overlap measure. The accuracy of the estimate depends on how good the sampled work values reach into the main part of the overlap distribution \( p_{ol}(W|\mathcal{M}) \). By construction, the overlap region is sampled far earlier than the further distant tail that lies in the peak of the other distribution, cf. Fig. \[1\]. This is the reason why the two-sided estimator is superior if compared to the one-sided estimators.

In the large \( N \) limit the mean square error \( \text{mse}_{ol}(N) \) of the two-sided estimator can be expressed in terms of the overlap measure and reads
\[ \text{mse}_{ol}(N) = \frac{1}{N} \left( \frac{1}{A_{ol}} - 2 \right), \] (42)
cf. \[3, 11\]. Note that if an estimated value \( \hat{A}_{ol} \) is plugged in, this formula is valid in the limit of large \( N \) only, but it is not clear a priori when this limit is reached. Therefore, we develop a simple convergence criterion for the two-sided estimate.

VI. CONVERGENCE

In this section, a measure for the convergence of two-sided estimate is developed, again for the special case \( n_0 = n_1 = N \). First, we define the estimate \( \hat{A}_{ol} \) of the overlap measure \( A_{ol} \) with
\[ \hat{A}_{ol}(N) = \frac{1}{N} \sum_{i=1}^{N} \frac{1}{1 + e^{\beta(\Delta F_{01} - W_i)}}, \] (43)
which is equal to \( \frac{1}{N} \sum_{i=1}^{N} \frac{1}{1 + e^{\beta(\Delta F_{01} - W_i)}} \), as we understand the estimate \( \hat{\Delta F}_{01} \) to be obtained according to \[29\] with the same samples of forward and reverse work values. Since the accuracy of the estimated value \( \hat{A}_{ol} \) is unknown, we need an additional quantity to compare with.

Another expression for the overlap measure is
\[ A_{ol} = \left\langle \left( \frac{1}{1 + e^{\beta(\Delta F - W)}} \right)^2 \right\rangle_0^{1} + \left\langle \left( \frac{1}{1 + e^{-\beta(\Delta F - W)}} \right)^2 \right\rangle_0^{1}, \] (44)
which can be verified with the fluctuation theorem \cite{19}. Based on Eq. \ref{eq:44}, we define the overlap estimator of second order

\[
\hat{A}_{ol}^{(II)}(N) = \frac{1}{N} \sum_{j=1}^{N} \left( \frac{1}{1 + e^{\beta(\Delta F_{01} - W_j^{ol})}} \right)^2 + \frac{1}{N} \sum_{i=1}^{N} \left( \frac{1}{1 + e^{-\beta(\Delta F_{01} - W_i^{ol})}} \right)^2. \tag{45}
\]

Because \(\hat{\Delta}F_{01}\) converges to \(\Delta F\), both, \(\hat{A}_{ol}\) and \(\hat{A}_{ol}^{(II)}\) converge to \(A_{ol}\) in the limit \(N \to \infty\). However, the second order estimator \(\hat{A}_{ol}^{(II)}\) converges slower and is for small \(N\) typically much smaller than \(\hat{A}_{ol}\), since the main contributions to the averages appearing in Eq. \ref{eq:44} result from work values that lie somewhat further in the tails of the work distributions.

We use the relative difference

\[
a(N) = \frac{\hat{A}_{ol} - \hat{A}_{ol}^{(II)}}{\hat{A}_{ol}} \tag{46}
\]

to quantify the convergence of the two-sided estimate \(\hat{\Delta}F_{01}\), where \(\hat{A}_{ol}\), \(\hat{A}_{ol}^{(II)}\) and \(\hat{\Delta}F_{01}\) are understood to be calculated with the same two samples of forward and reverse work values.

From Eqs. \ref{eq:45}, \ref{eq:43}, and \ref{eq:29} follows that \(0 \leq \hat{A}_{ol}^{(II)} \leq 2\hat{A}_{ol}\) holds. Hence, the convergence measure \(a(N)\) is bounded by

\[
-1 \leq a(N) \leq 1 \tag{47}
\]

for any \(N\). A necessary convergence condition is \(a(N) \to 0\). This means that only if \(a(N)\) is close to zero, the two-sided overlap estimators can have converged. Typically, \(a(N)\) being close to zero is also a sufficient convergence condition. Hence, if \(a(N)\) is close to zero, the mean square error of \(\hat{\Delta}F_{01}\) is given by Eq. \ref{eq:12} with \(A_{ol} \approx \hat{A}_{ol}\). As can be seen from Eq. \ref{eq:12}, the mean square error and in turn the variance and the bias are reduced by both, by taking a larger sample size \(N\) and by choosing a map \(\mathcal{M}\) that enhances the overlap of \(\rho_0\) with \(\rho_1\).

With the targeted free energy estimators at hand, together with their mean square errors, we are now ready to compute free energy differences numerically.

\[\text{VII. NUMERICAL EXAMPLES}\]

We investigate two numerical applications. One is the free energy difference of a fluid subject to the expansion of a cavity which allows the comparison with published results \cite{5}. The other is the chemical potential of a fluid in the high density regime.

Beneath an ideal gas, the fluid is chosen to be a Lennard-Jones fluid with pairwise interaction

\[
V(r_{kl}) = 4\epsilon \left( \left( \frac{\sigma}{r_{kl}} \right)^{12} - \left( \frac{\sigma}{r_{kl}} \right)^6 \right), \tag{48}
\]

where \(r_{kl}\) is the distance between the \(k\)-th and \(l\)-th particle, \(r_{kl} = |r_k - r_l|\). The parameters used are those of argon, \(\sigma = 3.542\ \text{Å}\) and \(\epsilon/k = 93.3\ \text{K}\) \cite{20}.

In all applications, the samples from the densities \(\rho_0\) and \(\rho_1\) are simulated with the Metropolis algorithm \cite{19}. In order to simulate macroscopic behavior with a small number \(N_p\) of particles, periodic boundary conditions and the minimum image convention \cite{6} are used. Pairwise interactions are truncated at half of the box length \(R_{\text{box}} = L/2\), but are not shifted, and the appropriate cut-off corrections are applied \cite{6}.

\[\text{A. Expansion of a cavity in a fluid}\]

The expansion of a cavity in a fluid is given by the following setup: Consider a fluid of \(N_p\) point molecules with pairwise interaction \(V(r_{kl})\) confined in a cubic box of side length \(2R_{\text{box}}\), but excluded from a sphere of radius \(R \leq R_{\text{box}}\), compare with Fig. \ref{fig:2}. Both, the box and the sphere are centered at the origin \(r = 0\). A configurational microstate of the system is given by a set \(x = (r_1, \ldots, r_{N_p})\) of particle positions \(r_k\). Growing the sphere from \(R = R_0\) to \(R = R_1\) decreases the volume accessible to the particles and the fluid is compressed. We are interested in the increase of free energy \(\Delta F\) subject to the compression of the fluid. Since the kinetic contribution to the free energy is additive and independent of \(R\), the difference \(\Delta F\) depends only on the configurational part of the Hamiltonian. The latter reads

\[
H_i(x) = \begin{cases} 
\sum_{k<l} V(r_k, r_l) & \text{if } x \in \Gamma_i, \\
\infty & \text{if } x \notin \Gamma_i,
\end{cases} \tag{49}
\]

with \(i = 0, 1\). \(\Gamma_0\) and \(\Gamma_1\) denote the accessible parts of configuration space of the system 0 \((R = R_0)\) and 1 \((R = R_1)\), respectively. We assume that \(R_0 < R_1\) holds which implies \(\Gamma_1 \subset \Gamma_0\).

\[\text{FIG. 2: The geometric setup.}\]
Drawing a sample \( x_k \) from \( \rho_0 \) and applying the traditional forward estimator (4) results in the following: 
\[ e^{-\beta \Delta H(x_k)} \] 
takes the values one and zero depending on whether \( x_k \in \Gamma_1 \) or not, i.e. whether the region between the two spheres of radius \( R_0 \) and \( R_1 \) is found vacant of particles or not. A comparison with Eq. (3) reveals that 
\[ e^{-\beta \Delta H(x_k)} \]
takes always the value one. In consequence, the rate of convergence decreases with the latter probability and will in general be poor.

Conversely, drawing a sample \( y_k \) from \( \rho_1 \) and applying the traditional reverse estimator 

\[ \Delta F_{\text{trad}} = -\frac{1}{N} \frac{\partial}{\partial x} \Delta H(x) \]

(Eq. (11) with \( \phi(x) = x \)) figures out to be invalid, because the term \( e^{\beta \Delta H(y_k)} \) takes always the value one. In consequence, the traditional reverse estimator is inconsistent. The deeper reason for this is that \( \Gamma_1 \subset \Gamma_0 \) holds: Eq. (2) is valid only for \( x \in \Gamma_1 \). By the same reason, the traditional two-sided estimator is invalid, too.

The mentioned shortcomings are avoided with a well chosen target map. Consider mapping each particle separately according to

\[ \phi(x) = \left( \psi(r_1) \frac{r_1}{r_1}, \ldots, \psi(r_{N_p}) \frac{r_{N_p}}{r_{N_p}} \right), \]

where \( r_k = |r_k| \) is the distance of the \( k \)-th particle with respect to the origin, and \( \psi : (R_0, R_{\text{max}}) \to (R_1, R_{\text{max}}) \) is a bijective and piecewise smooth radial mapping function. In order not to map particles out of the confining box, it is required that \( \psi(r) = r \) holds for \( r > R_{\text{box}} \). The Jacobian for the radial map (50) reads

\[ \frac{\partial \phi}{\partial x} = \prod_{j=1}^{N_p} \left( \frac{\psi(r_j)^2}{r_j^2} \frac{\partial \psi(r_j)}{\partial r_j} \right). \]

(This formula is immediately clear when changing to polar coordinates) We use the map of Ref. [2] which is designed to uniformly compress the volume of the shell \( R_0 < r \leq R_{\text{box}} \) to the volume of the shell \( R_1 < r \leq R_{\text{box}} \). Thus, for \( r \in (R_0, R_{\text{box}}) \) the radial mapping function \( \psi(r) \) is defined by

\[ \psi(r) = c \left( \frac{r^3 - R_1^3}{R_0^3 - R_1^3} \right), \]

with the compression factor \( c = (R_{\text{box}}^3 - R_1^3)/(R_{\text{box}}^3 - R_0^3) \). According to Eq. (51), we have \( K(x) = \nu(x) \ln c \), where \( \nu(x) \) is the number of particles in the shell \( R_0 < r \leq R_{\text{box}} \).

1. Ideal Gas

As a first illustrative and exact solvable example we choose the fluid to be an ideal gas, \( V(r_0) = 0 \). In this case the free energy difference is solely determined by the ratio of the confined volume \( V_i = 8 \pi R_i^3 - \frac{4}{3} \pi R_i^3 \), \( i = 0, 1 \), and is given by \( \beta \Delta F = -N_i \ln (V_i/V_0) \). Using the radial map (52), the work in forward direction as a function of \( x \) reads

\[ \Delta H(x) = -\frac{1}{N} \nu(x) \ln c \]

and takes discrete values only, as \( \nu(x) = n \) holds with \( n \in \{0,1,\ldots,N_p\} \). Consequently, the probability \( p(W_n|0; \mathcal{M}) \) of observing the work \( W_n = -\frac{4}{3} \ln c \) in forward direction is binomial,

\[ p(W_n|0; \mathcal{M}) = \left( \frac{N_p}{n} \right) q_0^n (1 - q_0)^{N_p - n}, \]

where \( q_0 = \frac{4}{3} \pi (R_{\text{box}}^3 - R_0^3)/V_0 \) is the probability of any fixed particle to be found in the shell \( R_0 < r \leq R_{\text{box}} \). In analogy, the probability distribution \( p(W_n|1; \mathcal{M}) \) for observing the work \( W = W_n \) in reverse direction is given by replacing the index 0 with 1 in (53). Finally, the work probability distributions (rather then the densities) obey the fluctuation theorem (19) for any \( n = 0, 1, \ldots, N_p \),

\[ p(W_n|0; \mathcal{M})/p(W_n|1; \mathcal{M}) = \frac{1}{e^{\beta (W_n - \Delta F)}} \]

A simple numerical evaluation highlights the convergence properties. Choosing the parameters to be \( 2R_{\text{box}} = 22.28 \text{ Å}, R_0 = 7 \text{ Å}, R_1 = 10 \text{ Å}, \) and \( N_p = 125 (\beta \text{ arbitrary}) \), the free energy difference takes the value \( \beta \Delta F = 42.1064 \). Because \( e^{-\beta \Delta H(x)} \) can take only the numbers zero and one, the probability of observing a configuration \( x \) with non-vanishing contribution in the traditional forward estimator of \( \Delta F \) is \( e^{-\beta \Delta F} \approx 10^{-19} \). Hence, in practice it is impossible to use the traditional method successfully, since it would require at least \( N_p 10^{19} \) Monte Carlo trial moves. However, the targeted approach already gives reasonable estimates with a sample size of just a few thousands. Figure 1 shows estimates of the targeted work probability distributions for samples of size \( N = 10^4 \) from \( \rho_0 \) and \( \rho_1 \) each. While the forward distribution \( p(W|0; \mathcal{M}) \) is obviously well sampled in the central region, the sampling size is too small in order to reach the small values of \( \beta W \) where the reverse distribution \( p(W|1; \mathcal{M}) \) is peaked. Exactly the latter values would be required for an accurate exponential average in the targeted forward estimator Eq. (11). Therefore, the targeted forward estimate of \( \Delta F \) is still inaccurate; it yields \( \beta \Delta F_0 = 45.0 \pm 0.3 \). The same is true for the targeted reverse estimate (10) which gives \( \beta \Delta F_1 = 41.3 \pm 0.5 \). The errors are calculated using root mean squares and propagation of uncertainty. A more accurate estimate follows from the targeted two-sided estimator (29) which yields \( \beta \Delta F_{\text{av}} = 42.1 \pm 0.1 (n_0 = n_1 = N) \). This is clear, as for the two-sided estimate it is sufficient yet that the forward and reverse work-values sample the region where the overlap distribution \( p_{\text{av}}(W|\mathcal{M}) \), Eq. (39), is peaked, which is obviously the case, cf. Fig. 1.

2. Lennard-Jones fluid

We now focus on particles with Lennard-Jones interaction (18). The parameters are chosen to coincide with those of Ref. [7], i.e. \( 2R_{\text{box}} = 22.28 \text{ Å}, R_0 = 9.209 \text{ Å}, \)
intrinsically on the ratio consistent two-sided estimate 

produce correlations between successive samples. The use of run. In the production run the configurational microstate 

1000 equilibration sweeps, followed by the production 

Metropolis Monte Carlo simulation. Each run starts with 

$R_1 = 9.386\,\text{Å}, N_p = 125,$ and $T = 300\,\text{K}$. In Lennard-Jones units, the reduced densities $\rho^*_1 = N_p/V_1 \cdot \sigma^3$ of the systems 0 ($R = R_0$) and 1 ($R = R_1$) are $\rho_0^* = 0.713$ and $\rho_1^* = 0.731$, respectively, and $T^* = 1/(\beta \epsilon) = 3.215$ holds for both. If we had an ideal gas, the probability of observing the space between the spheres of radius $R_0$ and $R_1$ to be vacant of particles would be $(V_1/V_0)^{N_p} = 0.044$. Because of the strong repulsive part, this probability is much smaller in case of a dense Lennard-Jones fluid.

We generate samples of $\rho_0(x)$ and $\rho_1(x)$ with a Metropolis Monte Carlo simulation. Each run starts with 1000 equilibration sweeps, followed by the production run. In the production run the configurational microstate $x$ is being sampled every 4-th sweep only in order to reduce correlations between successive samples. The use of decorrelated data is of particular importance for the self-consistent two-sided estimate $\hat{\Delta}F_{01}$, because it depends intrinsically on the ratio $\frac{n_a}{n}$ of the numbers of uncorrelated samples, cf. Eq. (29).

Fig. 3 gives an overview of independent runs with different sample sizes $N$, where the one- and two-sided targeted estimators can be compared with each other and with the traditional forward estimator. Displayed is the estimated mean $\Delta F(N)$ in dependence of the sample size $N$. The error bars reflect the estimatet standard deviation $\sqrt{\frac{\Delta F(N) - \Delta F(N)}{2}}$. Each mean and each standard-deviation is estimated using $z(N)$ independent estimates $\Delta F(N)$. In ascending order of $N$, $z(N)$ reads 400, 100, 20, 7. For the two-sided estimates, $n_0 = n_1 = N$ is used and Eq. (29) is solved.

Note that the theoretical mean of traditional forward estimates of $\Delta F$ is infinite for any finite $N$, because of the finite probability of observing a sequence of length $N$ of solely vanishing contributions to the exponential average $e^{-\beta \Delta H}$. Strictly spoken, the estimator $\beta \Delta F_0^\text{trad} = -\beta^{-1} \ln e^{-\beta \Delta H}$ is not well defined, because $\Gamma_1 \subset \Gamma_0$. Nevertheless, in Fig. 3 there are two finite observed mean values of traditional forward estimates displayed, what by no means is a contradiction. Infinite values are observed in the cases where $N < 10^4$ holds. This is symbolized by the rising dashed line. The mentioned ill-definiteness of the traditional estimator is removed by using the map (52). Figure 3 shows that all three targeted estimators are consistent even for small $N$ in the sense that the error bars overlap. Whereas the targeted forward and reverse estimators show to be decreasingly biased with increasing $N$, the targeted two-sided estimator does not show any noticeable bias at all. This example demonstrates how worth it can be to take all three estimators, forward, reverse, and two-sided, into account. The one-sided estimators are biased in opposite directions and may serve as upper and lower bounds for $\Delta F$, Eq. (23), whereas the two-sided is placed in between the one-sided.

We conclude this example with explicit estimates obtained from a single run with $N = 750000$, that are summarized in Table I. The errors are derived using block averages (21) and propagation of uncertainty.

### TABLE I: Cavity in a Lennard-Jones fluid. Estimated free energy differences $\beta \Delta F$ for the expansion of a cavity, using targeted and traditional estimators, $N = 7.5 \cdot 10^5$.

| Method          | $\beta \Delta F$ |
|-----------------|-------------------|
| traditional     | $7.500 \pm 0.050$ |
| targeted forward| $7.442 \pm 0.005$ |
| targeted reverse| $7.439 \pm 0.002$ |
| targeted two-sided| $7.420 \pm 0.010$ |

#### B. Chemical potential of a homogeneous fluid

Consider a fluid of $N_p$ particles confined within a cubic box of volume $V_c = (2R_{\text{box}})^3$ with pairwise interaction $V(r_{ij})$. The configurational Hamiltonian for the $N_p$-particle system at $x = (r_1, \ldots, r_{N_p})$ reads

$$H_{N_p}(x) = \sum_{i<j}^{N_p} V(r_{ij}).$$ (55)

The configurational density for the $N_p$-system is given by

$$\rho_{N_p}(x) = e^{-\beta H_{N_p}(x)}/Z_{N_p},$$ (56)
The equilibrium density of the \((N_p+1)\)-particle system reads
\[
\rho_{N_p+1}(x) = e^{-\beta H_{N_p+1}(x,x_{N_p+1})}/Z_{N_p+1}.
\] (57)

Taking the ratio of the densities \((54)\) and \((57)\) leads to Widom's particle insertion method \([22]\) for estimating the excess chemical potential \(\mu^\text{ex}\) of the \(N_p\)-system, defined as the excess of the chemical potential \(\mu\) to that of an ideal gas at the same temperature and density. For sufficiently large \(N_p\), \(\mu^\text{ex}\) can be approximated with
\[
\mu^\text{ex} = \frac{1}{\beta} \ln \frac{Z_{N_p+1}}{Z_{N_p} V_c}.
\] (58)

Turning the tables, we use Eq. \((58)\) to be the definition of the quantity \(\mu^\text{ex}\). The particle insertion method inserts at a random position an extra particle to the \(N_p\)-system and measures the increase of energy that results from this particle. Since we consider a homogeneous fluid, we may as well fix the position of insertion arbitrarily, for instance at the origin, what is done in the following. We define system 1 through the configuration-space density \(\rho_1(x)\) at follows:
\[
\rho_1(x) = V_c \int \delta(x_{N_p+1}) \rho_{N_p+1}(x,x_{N_p+1}) dx_{N_p+1}.
\] (59)

The factor \(V_c\) ensures normalization. Written in the usual form \(\rho_1(x) = e^{-\beta H_1(x)}/Z_1\), we have
\[
H_1(x) = H_{N_p}(x) + \sum_{k=1}^{N_p} V(r_k)
\] (60)

and \(Z_1 = Z_{N_p+1}/V_c\). System 1 can be understood as an equilibrium system of \(N_p\) interacting particles in the external potential \(\sum_{k=1}^{N_p} V(r_k)\), due to one extra particle fixed at the origin \(r = 0\). Further, we identify system 0 with the \(N_p\)-particle system and rewrite
\[
\rho_0(x) = \rho_{N_p}(x), \quad H_0(x) = H_{N_p}(x)
\] (61)

and \(Z_0 = Z_{N_p}\). The ratio of \(\rho_0\) and \(\rho_1\) has the familiar form of Eq. \((2)\), with \(\Delta F\) being identical to \(\mu^\text{ex}\),
\[
\frac{\rho_0(x)}{\rho_1(x)} = e^{\beta(\Delta H(x) - \mu^\text{ex})}.
\] (62)

The energy difference \(\Delta H(x) = H_1(x) - H_0(x)\) is the increase of energy due to an added particle at the origin \(r = 0\),
\[
\Delta H(x) = \sum_{k=1}^{N_p} V(r_k).
\] (63)

Assume a finite potential \(V(r)\) for non-vanishing \(r\) (i.e. no hard-core potential), but with a strong repulsive part for \(r \to 0\) (a so-called soft-core potential), e.g. a Lennard-Jones potential. In this case, the configuration spaces of system 0 and 1 coincide, i.e. \(\Gamma_0 = \Gamma_1\). Thus a traditional estimate of \(\mu^\text{ex}\) is in principle valid in both directions, forward and reverse. In forward direction we have the equivalent to the particle insertion method \([22]\),
\[
\beta \mu^\text{ex}_0 = -\ln e^{-\beta \Delta H(x)}
\]
but with fixed position of insertion \(r = 0\). Here \(x\) is drawn from \(\rho_0\) and we will typically find a particle in a sphere of radius \(\bar{r}\) centered at the origin. \(\bar{r}\) can roughly be estimated by the mean next-neighbor distance \((\sqrt{V_c}/p_{N_p})^{1/3}\) of an ideal gas. The dominant contributions to the exponential average come from realizations \(x\) that resemble typical realizations of system 1 \([18]\). However, typical realizations \(x\) of the system 1 do not contain any particle within a sphere of some radius \(r_{hc}\) centered at the origin, because of the extra particle fixed at the origin and the strong repulsive part of the interaction. \(r_{hc}\) may be regarded as a temperature-dependent effective hard-core radius of the interaction \(\beta V(r)\). We conclude that the insertion method is accurate and fast convergent only, if \(r_{hc}^2 < \bar{r}^3\), i.e. for low densities. Concerning the reverse traditional estimator
\[
\beta \mu^\text{ex}_1 = \ln e^{\beta \Delta H(y)}
\]
where \(y\) is drawn from \(\rho_1\), the same argumentation reveals the impossibility of obtaining an accurate estimate in this way. Effectively, the particles of system 1 cannot access the vicinity of the origin, no matter how large the sample size will be. In this sense, \(\Gamma_1\) can be substituted with an effective \(\Gamma_1^{\text{eff}} \subset \Gamma_1 = \Gamma_0\), implying that the traditional reverse estimator tends to be inconsistent.

1. Constructing a map

Again, we use a radial map the particle positions, \(\phi(x) = (R_1, \ldots, R_{N_p})\), with \(R_k = \psi(r_k) \frac{\rho_0(r_k)}{\rho_1(r_k)}\). In searching a suitable radial mapping function \(\psi(r)\), we are guided by the mean radial properties of the systems themselves. The radial probability density \(g_0(r)\) of finding a particle in distance \(r\) from origin in system 0 is
\[
g_0(r) = \frac{1}{N_p} \sum_{k=1}^{N_p} \int \delta(r_k - r) \rho_0(x) dx,
\] (64)

and that for system 1 is
\[
g_1(r) = \frac{1}{N_p} \sum_{k=1}^{N_p} \int \delta(r_k - r) \rho_1(x) dx.
\] (65)

Due to the interaction with the extra particle fixed at the origin in system 1, \(g_1(r)\) will in general be quite different from \(g_0(r)\). The latter is related to a homogeneous fluid and is proportional to \(r^2\) (for \(r < R_{box}\)), whereas the former refers to an inhomogeneous one and is proportional to \(r^2 e^{-\beta V(r)}\) in the limit \(r \to 0\) \([22]\). For large
The ratio \( g_1(r)/g_0(r) \) equals the radial distribution function \( rdf(r) \), however, the influence of the extra particle vanishes and \( g_1(r) \rightarrow g_0(r) \). Evaluation of the definition of \( g_0(r) \) yields

\[
g_0(r) = \frac{r^2}{V_c} h_0(r),
\]

where \( h_0(r) \) accounts for the decay of volume in the corners of the confining box and is given by \( h_0(r) = \int \int A(r) \sin \theta d\phi d\theta \). The integration extends over the fraction of surface \( A(r) \) of a sphere with radius \( r \) that lies inside the confining box. Note that \( h_0(r) = 4\pi \) for \( r < R_{\text{box}} \). In contrast to \( g_0, g_1 \) depends on the interaction \( V(r) \). After some transformations of the right-hand side of Eq. (65), \( g_1 \) can be written

\[
g_1(r) = \frac{r^2 e^{-\beta V(r)}}{V_c} h_1(r).
\]

The function \( h_1(r) \) can be written (cf. 22)

\[
h_1(r) = e^{2\beta \mu_{\text{ex}}} h_0(r) \left( \sum_{k=1}^{N_p-1} \left( V(r_k) + V(|r_k - r_{N_p}|) \right) \right)_{(N_p-1)},
\]

where the angular brackets denote an average with a \( N_p - 1 \) particle density according to Eq. (64) and the vector \( r_{N_p} \) is arbitrarily fixed, but of magnitude \( r \). Further, the approximation \( V^2_c Z_{N_p-1}/Z_{N_p+1} \approx e^{2\mu_{\text{ex}}} \) is used.

We note that the ratio of \( g_1 \) with \( g_0 \) yields the well-known radial distribution function \( rdf(r) \) of the \( N_p + 1 \) particle fluid,

\[
rdf(r) = \frac{g_1(r)}{g_0(r)}.
\]

In the limiting case of an ideal gas, \( g_1 = g_0 \) holds and the map becomes an identity, \( \psi^*(r) = r \). Of practical interest are the cases where \( g_1 \) is unknown and thus Eq. (70) can not be used to derive \( \psi^*(r) \). However, the function \( \psi^* \) can be estimated with Monte Carlo simulations without knowledge of \( g_1 \) and \( g_0 \) as follows.

Take a sufficiently large amount \( n \) of samples \( x_j = (r_{1j}, \ldots, r_{N_p j}), j = 1, \ldots, n \), drawn from \( \rho_0(x) \) together with the same number of samples \( y_j = (R_{1j}, \ldots, R_{N_p j}) \) drawn from \( \rho_1(y) \). Calculate the distances to the origin \( r_{ij} = |R_{ij}| \) and \( R_{ij} = |R_{ij}| \) and combine all \( r_{ij} \) to the set \( (r_a, r_b, r_c, \ldots) \), as well as all \( R_{ij} \) to the set \( (R_a, R_b, R_c, \ldots) \). Provided in both sets the elements are ordered ascending, \( r_a \leq r_b \leq r_c \leq \ldots \) and \( R_a \leq R_b \leq R_c \leq \ldots \), \( \psi^* \) is simulated by constructing a one to one correspondence \( r_a \rightarrow R_a, r_b \rightarrow R_b, \ldots \) and estimating \( \psi^*(r_a) \) to be \( R_a, a = a, b, c, \ldots \). In effect, we have drawn the \( r_{ij} \) and \( R_{ij} \) from the densities \( g_0(r) \) and \( g_1(r) \), respectively, and have established a one-to-one correspondence
between the ordered samples. We refer to this scheme as the simulation of the map of \( g_0 \) to \( g_1 \).

The solid curve shown in Fig. 5 is the result of a simulation of the function \( \psi^* \) for a Lennard-Jones fluid (parameters of argon, \( \rho^* = 0.9, T^* = 1.2 \)). The corresponding densities \( g_0 \) and \( g_1 \) are plotted in Fig. 4. Noticeable is the sudden "start" of \( \psi^* \) with a value of roughly \( \sigma \). This is due to the strong repulsive part of the interaction, that keeps particles in system 1 approximately a distance \( \sigma \) away from the origin. Therefore, the behavior of \( \psi^*(r) \) for \( r \to 0 \) is not obtainable from finite-time simulations. However, the definition of \( \psi^* \) implies that for any soft-core potential \( \psi^*(0) = 0 \) holds. To model \( \psi^* \) for small \( r \), the limit \( g_1(r) \to a r^2 e^{-\beta V(r)} 4\pi V_c \) can be used, where \( a \) is a constant. Thus, Eq. (70) can be written

\[
\left[ \psi^{*-1}(r) \right]^3 = 3a \int_0^r r'^2 e^{-\beta V(r')} dr'
\]  

(72)
in the limit \( r \to 0 \), with \( \psi^{*-1} \) being the inverse of \( \psi^* \). The constant \( a \) is in general unknown, but here it can be chosen such that it fits continuously to the simulated part of \( \psi^{*-1} \).

When the function \( \psi^* \) is used in the configuration space map \( \phi \) according to Eq. (50), then, by definition of \( \psi^* \), the radial density \( \tilde{g}_0(r) \) of the mapped distribution \( \tilde{\rho}_0(x) \), Eq. (51), is identical to the one of \( \rho_1(x) \):

\[
\tilde{g}_0(R) := \frac{1}{N_p} \sum_k \int \delta(|R_k| - R) \tilde{\rho}_0(\phi) d\phi
= \int \delta(\psi(r_1) - R) \rho_0(x) dx
= \int \int \delta(\psi(r) - R) \delta(r_1 - r) \rho_0(x) dx dr
= \int \delta(\psi(r) - R) g_0(r) dr
= g_1(R).
\]  

(73)

Therefore we expect that the overlap of the mapped distribution \( \tilde{\rho}_0 \) with \( \rho_1 \) is larger than the overlap of the unmapped distribution \( \rho_0 \) with \( \rho_1 \). However, it must be noted that the use of \( \psi^* \) in the map \( \phi \) is in general valid only in the limit of an infinite large system \( (N, V_c \to \infty; N/V_c = \text{const}) \), since we have not yet taken into account the requirement that particles may not be mapped out of the confining box. If \( R_{\text{box}} \) is chosen large enough, this might not be a serious problem, cf. Fig. 5

2. Application of the radial map \( \psi^* \)

We now apply \( \psi^* \) and estimate the chemical potential of a dense Lennard-Jones fluid \( (\rho^* = 0.9, T^* = 1.2, \text{parameters of argon}) \) with \( R_{\text{box}} = 3.1056 \sigma \) and \( N_p = 216 \) particles. Configurations are drawn from \( \rho_0 \) and \( \rho_1 \) using a Metropolis algorithm with 7 decorrelation sweeps between successive drawings. From every drawn configuration there results one value for the traditional work and one for the work related to the map. The usual cut-off corrections [6] are applied. To avoid mapping particles out of the confining box, we simulate the map on the interval \( 0 \leq r \leq R_{\text{box}} \) subject to the condition \( \psi^*(R_{\text{box}}) = R_{\text{box}} \) and use \( \psi^*(r) = r \) for \( r > R_{\text{box}} \). The derivatives of \( \psi^* \) and \( \psi^{*-1} \) are obtained numerically.

For the calculation of the work values in the simulation, the functions \( \psi^*(r) \) and \( \psi^{*-1}(r) \) as well as their derivatives are discretized in steps \( \Delta r \) with \( R_{\text{box}} / \Delta r = 11 \cdot 10^4 \).

A comparison of the behavior of the targeted and traditional forward, reverse and two-sided estimators in dependence of the sample size \( N \) is given in Fig. 6 (for the two-sided estimators \( n_0 = n_1 = N \) is used). Each data point represents the average value of \( z(N) \) independent estimates \( \tilde{\mu}_{\text{ex}}(N) \). The error bars display one standard deviation. \( z(N) \) reads \( z(N) = 450, 250, 45, 5 \) for \( N = 100, 1000, 10000, 100000 \), respectively.

As can be seen from Fig. 6, the traditional one-sided estimators behave quite different. The reverse estimator converges extremely slow in comparison to the forward estimator. This can be understood by comparing the average work values \( \tilde{W}^* \) in forward (i=0) and reverse (i=1) direction, see Table II. Since the absolute value of \( \beta \Delta F = \beta \mu^* \) is small, the traditional reverse estimator practically never converges, whereas for an accurate tra-

![FIG. 6: Targeted estimates of the excess chemical potential \( \mu^* \) of a dense Lennard-Jones fluid \( (\rho^* = 0.9, T^* = 1.2) \) compared to traditional estimates.](image)
ditional forward estimate we need some $10^5$ work values, cf. Eqs. (34) and (35). In contrast, the targeted one-sided estimators both show a similar convergence behaviour if compared with each other. However, the convergence is slow.

The two-sided estimators converge much faster, in particular, the targeted two-sided estimator converges fastest, see Fig. 6. The convergence of the latter was checked with the convergence measure $a(N)$, Eq. (19). A moderate gain in precision for the two-sided targeted estimator is found if compared to the precision of the two-sided traditional estimator which can be quantified with the overlap measure $A_{ot}$ (83). Namely, $A_{ot} = 1.5 \cdot 10^{-4}$ for the targeted case, and $A_{ot} = 1.1 \cdot 10^{-4}$ for the traditional case.

We also studied other radial mapping functions $\psi$. Some of them turned out to give much better results and are easier to deal with.

3. Other radial mapping functions

The radial mapping function $\psi^*$ was obtained from simulations, because the distribution $g_1(r)$ is analytically unknown. However, we are free to use any radial mapping function $\psi(r)$ and can thus in turn fix the function $g_1$ appearing in Eq. (70). To do this, we introduce the normalized, positive definite function $g_1'(r),$

$$g_1'(r) = \frac{r^2}{c_1} e^{-\beta(V(r)+Q(r))}, \quad r \in [0, R_{box}].$$

(74)

$Q(r)$ is an arbitrary finite function over $(0, R_{box}]$ and $c_1 = \int_0^{R_{box}} r^2 e^{-\beta(V(r)+Q(r))} dr$ a normalization constant.

Further, let $g_0'(r)$ be a normalized quadratic density,

$$g_0'(r) = \frac{r^2}{c_0}, \quad r \in [0, R_{box}],$$

(75)

with $c_0 = R_{box}^3/3$.

The general (monotonically increasing) radial mapping function $\psi(r)$ can be expressed in terms of the equation

$$\int_0^r g_1'(t) dt = \int_0^r g_0'(t) dt$$

(76)

for $r \in [0, R_{box}]$. For $r > R_{box}$ it shall be understood that $\psi(r) = r$. Given the function $Q(r)$, $\psi$ and $\psi^{-1}$ are determined uniquely by Eq. (76). An advantage of defining $\psi$ with equation (76) is that the derivative $\partial \psi / \partial r$ is given in terms of $V$ and $Q$,

$$\frac{\partial \psi(r)}{\partial r} = \frac{r^2}{\psi(r)^2} e^{\beta(V(\psi(r))+Q(\psi(r))-f)},$$

(77)

with $f = -\frac{1}{\beta} \ln \frac{c_0}{c_1}$. Using $\psi$ in the configuration space map $\phi(x)$ according to Eq. (50) yields the work function

$$\tilde{\Delta H}(x) = \sum_{i<j} \left\{ V(|\mathbf{R}_i - \mathbf{R}_j|) - V(|\mathbf{r}_i - \mathbf{r}_j|) \right\} - \sum_{r_i \leq R_{box}} \left\{ Q(\psi(r_i)) - f \right\}.$$  

(78)

Here $\mathbf{R}_i$ is understood to be $\mathbf{R}_i = \psi(r_i)\tilde{\mathbf{r}}_i$, and the sum in the second line extends only over those particles for which $r \leq R_{box}$ holds. Note that the potential-energy
contribution of the extra particle fixed at the origin is eliminated in the work function, due to the definition of $\psi$. However, in Eq. (78) we have already assumed $V(r)$ to be cut of at $r = R_{\text{box}}$, i.e. $V(r) = 0$ for $r \geq R_{\text{box}}$. Otherwise we had to add $\sum_{r_{i} > R_{\text{box}}} V(\psi(r_{i})) = \sum_{r_{i} > R_{\text{box}}} V(r_{i})$ to Eq. (78).

4. A family of maps

We now introduce a family $\{\psi_{m}\}$ of radial mapping functions, where each member $\psi_{m}$ is defined by Eq. (76) with the choice

$$Q(r) = (m - 1)V(r)$$

in the expression (73). Useful maps are obtained for $m \in [0, 1]$. Fig. 7 depicts some members of the family $\{\psi_{m}\}$ for Lennard-Jones interaction (with parameters of argon). Again, we apply these functions discretized (in steps $\Delta r$ with $R_{\text{box}}/\Delta r = 10 \cdot 10^{3}$) to the calculation of the targeted forward and reverse work $\Delta H(x)$ and $\Delta \tilde{H}(\phi^{-1}(x))$. Any pair of forward and reverse targeted work distributions belonging to the same value of $m$ obeys the fluctuation theorem (19). In particular they cross at $W = \mu^{e\pm}$ ($\Delta F = \mu^{e\pm}$ here). Nevertheless, the shape of these distributions is sensitive to the value of $m$. This is demonstrated in Fig. 8. There, normalized histograms of $\beta W$ are shown. They result from $10^{4}$ work values for $m$ and per direction. We emphasize that

all of the targeted forward (reverse) work values were obtained with one sample of $N = 10^{4}$ configurations $x$ from $\rho_{0}$ ($\rho_{1}$).

Instructive is the comparison of the mean work $\langle W \rangle$ related to different values of $m$. In Fig. 9 estimated values of mean work are shown in dependence of $m$. From these values one sees that the dissipation is minimal for $m = 0$ in the reverse direction. Therefore, the best one-sided targeted estimate of $\mu^{e\pm}$ among the family $\{\psi_{m}\}$ is obtained with $m = 0$ in forward direction, i.e. with the traditional particle insertion. However, the same is not true for two-sided estimates. Using the same data as before and performing two-sided estimates with $N = 10^{4}$ work values in each direction, we obtain the displayed values $\mu^{e\pm}_{001}$ of Fig. 10. In order to compare the performance of two-sided estimators for different maps, we estimate the overlap measures $A_{01}$. The latter are shown in Fig. 10. The maximum value for $A_{01}$ is found with $m$ being 0.0005. This indicates that $m \approx 0.0005$ is the optimal choice for $m$. The estimates $A_{01}$ are used to calculate the mean square errors $\text{mse}_{01}$ of the estimates $\mu^{e\pm}_{001}$. The square roots of the $\text{mse}_{01}$ enter in Fig. 10 as error bars.

We are left to check the convergence properties of two-sided estimators. Fig. 11 displays the convergence measure $\alpha(N)$ for some parameter values $m$. Best convergence is found for $m = 0.0005$ (not shown in Fig. 11 but very similar to $m = 0.001$). The same value of the mapping parameter $m$ was found to maximize the overlap $A_{01}$.

Employing the optimal value 0.0005 for the mapping parameter and using $N = 10^{6}$ forward and reverse sam-

![FIG. 9: The average generalized work $\langle W \rangle$ and $\langle W \rangle$ in forward and reverse direction, respectively, and the two-sided overlap measure $A_{01}$ in dependence of the mapping parameter $m$. The forward dissipation is reduced up to 18 orders of magnitude if compared with the traditional dissipation, cf. Tab. II. Among the one-sided estimators the best is found for $m = 0$ and in forward direction. The optimal two-sided estimator results from using the $m$ that maximizes $A_{01}$.](image)

![FIG. 10: Two-sided estimates of $\mu^{e\pm}$ as function of the mapping parameter $m$ out of $n_{0} = n_{1} = N = 10^{4}$ work values in both directions for each $m$. The value of the traditional estimate ($m = 0$) is $\mu^{e\pm}_{001} = 4.0 \pm 2.0$. The error bars show the square root of the estimated mean square errors $\text{mse}_{01}$. For comparison, the dashed line represents a two-sided estimate with $N = 10^{6}$ and $m = 0.0005$ (standard-deviation 0.03).](image)
samples, we have computed the chemical potential. The results are given in Table III. The listed error is the square root of the m̂se$_{01}$ according to Eq. (12) with $A_{ol} = \hat{A}_{ol}$. This is justified with the observed values of the convergence measure $\alpha$ which are listed in the table, too.

| Method      | $\beta_0$ | $10^4 \hat{A}_{ol}$ | $\alpha$ |
|-------------|-----------|----------------------|---------|
| traditional | 1.88 ± 0.08 | 1.2                   | 0.05    |
| targeted    | 1.91 ± 0.03 | 9.5                  | -0.02   |

It should be mentioned that the optimal value of $m$ found here is not universal, but depends on the density $\rho^*$. If another value is chosen for $\rho^*$, the optimal $m$ can again be found from numerical simulations. Note that the maps used here can be applied to simulations where particles are inserted and deleted at random [22], too. One simply has to use the point of insertion (deletion) as temporary origin of the coordinate system and apply the map there. This might enhance the efficiency of the simulation.

VIII. CONCLUSION

The central result of this paper, a fluctuation theorem for generalized work distributions, allowed us to establish an optimal targeted two-sided estimator of the free energy difference $\Delta F$. We have numerically tested this estimator and found it to be superior with respect to one-sided and non-targeted estimators. In addition we have demonstrated that this estimator can be applied successfully to estimate the chemical potential of a Lennard-Jones fluid in the high density regime.

In order to use the targeted two-sided estimator it is however crucial to use a suitable map. We have investigated the construction of maps and developed appropriate measures which enabled a quantitative comparison of the performance of different maps. Especially, a measure for the convergence of the two-sided estimate was designed.

This paths the way for better results when free energy differences or chemical potentials need to be estimated numerically.

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APPENDIX: CONSTRAINT MAXIMUM LIKELIHOOD DERIVATION OF THE TWO-SIDED ESTIMATOR

Deriving the optimal estimator of $\Delta F$, given a collection of $n_0$ forward $\{W_i^0\}$ and $n_1$ reverse $\{W_j^1\}$ work-values drawn from $p(W|0)$ and $p(W|1)$, respectively, leads to Bennett’s acceptance ratio method [8] with the target map included.

In Section IV the mixed ensemble is introduced, where the elements are given by pairs of values $(W, Y)$ of work and direction, and which is specified by the probabilities of direction $p_Y$ and the densities $p(W|Y)$. With the mixture ensemble, the mixing ratio $\frac{2\beta_0}{\beta_0}$ can be chosen arbitrarily. Crucial about the mixture ensemble is that, according to the fluctuation theorem (19), the analytic form of the conditional probabilities $p(Y|W)$ can be derived explicitly, regardless of whether $p(W|Y)$ is known, see Sec. IV. This provides a natural way to construct a constraint maximum likelihood estimator [23, 24, 25] for $\Delta F$.

Since it is only possible to draw from the ensembles $p(W|Y)$, but not from $p(Y|W)$, $Y = 0, 1$, the proper log-likelihood is

$$\ln \mathcal{L} = \sum_{i=1}^{n_0} \ln p(W_i^0|0) + \sum_{j=1}^{n_1} \ln p(W_j^1|1). \quad (A.1)$$

A direct maximization of (A.1) with respect to $\Delta F$ is impossible without knowledge of the analytic form of the probability densities $p(W|Y)$. However, according to Bayes theorem [23] the log-likelihood can be split into

$$\ln \mathcal{L} = \ln \mathcal{L}_{\text{post}}(\Delta F) + \ln \mathcal{L}_{\text{prior}} + \ln \mathcal{L}_{p_Y} \quad (A.2)$$
with
\[
\ln L_{\text{post}}(\Delta F) = \sum_{i=1}^{n_0} \ln p(0|W_i^0) + \sum_{j=1}^{n_1} \ln p(1|W_j^1), \quad (A.3)
\]
\[
\ln L_{\text{prior}} = \sum_{k=1}^{n_0+n_1} \ln p(W_k), \quad (A.4)
\]
and
\[
\ln L_{\text{pv}} = n_0 \ln \frac{1}{p_0} + n_1 \ln \frac{1}{p_1}, \quad (A.5)
\]
where the sum in the prior likelihood \((A.4)\) runs over all \(n\) observed forward and reverse work values.

Since the definite form of \(p(W)\) is unknown, we treat it in the manner of an unstructured prior distribution and maximize \((A.2)\) with respect to the constant \(\Delta F\) and to the function \(p(W)\) \([23]\). Thereby,
\[
1 = \int p(W) dW \quad (A.6)
\]
and
\[
p_1 = \int p(1|W)p(W) dW \quad (A.7)
\]
enter as constraints. Using Lagrange parameters \(\lambda\) and \(\mu\), the constrained log-likelihood reads
\[
\ln L^c = \ln L + \lambda p_1 - \int p(1|W)p(W)dW + \mu \left(1 - \int p(W)dW\right). \quad (A.8)
\]

The conditional direction probabilities \(p(Y|W)\) are known explicitly in dependence of \(\Delta F\), Eq. \((28)\), and their partial derivatives read
\[
\frac{1}{\beta} \frac{\partial}{\partial \Delta F} \ln p(0|W) = -p(1|W) \quad \text{and} \quad \frac{1}{\beta} \frac{\partial}{\partial \Delta F} \ln p(1|W) = p(0|W) = 1 - p(1|W).
\]
This allows to extremize the constraint log-likelihood \((A.8)\) with respect to \(\Delta F\),
\[
0 = \frac{1}{\beta} \frac{\partial}{\partial \Delta F} \ln L^c = n_1 - \sum_{k=1}^{n_0+n_1} p(1|W_k) - \lambda \int (1 - p(1|W))p(1|W)p(W)dW. \quad (A.9)
\]
Extremizing the conditional likelihood \((A.8)\) with respect to the function \(p(W)\) gives
\[
0 = \frac{\delta}{\delta p(W)} \ln L^c = \frac{1}{p(W)} \sum_{k=1}^{n} \delta(W - W_k) - \lambda p(1|W) - \mu \quad (A.10)
\]
which can be solved in \(p(W)\),
\[
p(W) = \frac{\sum_k \delta(W - W_k)}{\lambda p(1|W) + \mu}, \quad (A.11)
\]
or written as
\[
\lambda p(1|W)p(W) = -\mu p(W) + \sum_k \delta(W - W_k). \quad (A.12)
\]

If interested in the values of the Lagrange multipliers \(\lambda\) and \(\mu\), one multiplies Eq. \((A.10)\) with \(p(W)\) and integrates. This yields
\[
0 = n - \lambda p_1 - \mu. \quad (A.13)
\]
A second independent equation follows from inserting Eq. \((A.12)\) into Eq. \((A.9)\) which results in
\[
0 = n_1 + \mu - \mu p_1 - n, \quad (A.14)
\]
and the Lagrange multipliers take the values
\[
\mu = \frac{n_0}{p_0} \quad \text{and} \quad \lambda = \frac{n p_0 - n_0}{p_0 p_1}. \quad (A.15)
\]

With the distribution \((A.11)\) the constraints \((A.9)\) and \((A.7)\) read
\[
1 = \sum_k \frac{1}{\lambda p(1|W_k) + \mu} \quad (A.16)
\]
and
\[
p_1 = \sum_k \frac{p(1|W_k)}{\lambda p(1|W_k) + \mu} = \frac{p_1}{n_1} \sum_k p_B(1|W_k), \quad (A.17)
\]
where \(p_B(1|W)\) denotes \(p(1|W)\) with \(C = \Delta F + \frac{1}{\beta} \ln \frac{n_1}{n_0}\). Whenever the constraint \((A.17)\) is fulfilled, the constraint \((A.16)\) and the variational equations \((A.9)\) and \((A.10)\) are automatically satisfied. In consequence, Eq. \((A.17)\) defines the constrained maximum likelihood estimate of \(\Delta F\). Note that the estimator \((A.17)\) is independent of the choice of \(\frac{n_1}{n_0}\). Moreover, Eq. \((A.17)\) is equivalent to Eq. \((29)\) regardless of the choice of \(\frac{n_1}{n_0}\).

An alternative derivation of the estimator \((A.17)\) was presented by Shirts et al. \([11]\). There, the specific choice \(\frac{n_1}{n_0} = \frac{n_2}{n_0}\) was necessary. With this choice, the Lagrange parameter \(\lambda\) is identical to zero. Hence, there is no need to take any constraint into consideration and the posterior log-likelihood \((A.3)\) results directly in the estimator of \(\Delta F\).
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