Localized cortical chronic traumatic encephalopathy pathology after single, severe axonal injury in human brain

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Abstract Chronic traumatic encephalopathy (CTE) is a neurodegenerative disease associated with repetitive mild impact traumatic brain injury from contact sports. Recently, a consensus panel defined the pathognomonic lesion for CTE as accumulations of abnormally hyperphosphorylated tau (p-tau) in neurons (neurofibrillary tangles), astrocytes and cell processes distributed around small blood vessels at sulcal depths in irregular patterns within the cortex. The pathophysiological mechanism for this lesion is unknown. Moreover, a subset of CTE cases harbors cortical β-amyloid plaques. In this study, we analyzed postmortem brain tissues from five institutionalized patients with schizophrenia and history of surgical leucotomy with subsequent survival of at least another 40 years. Because leucotomy involves severing axons bilaterally in prefrontal cortex, this surgical procedure represents a human model of single traumatic brain injury with severe axonal damage and no external impact. We examined cortical tissues at the leucotomy site and at both prefrontal cortex rostral and frontal cortex caudal to the leucotomy site. For comparison, we analyzed brain tissues at equivalent neuroanatomical sites from non-leucotomized patients with schizophrenia, matched in age and gender. All five leucotomy cases revealed severe white matter damage with dense astrogliosis at the axotomy site and also neurofibrillary tangles and p-tau immunoreactive neurites in the overlying gray matter. Four cases displayed p-tau immunoreactivity in neurons, astrocytes and cell processes encompassing blood vessels at cortical sulcal depths in irregular patterns, similar to CTE. The three cases with apolipoprotein E ε4 haplotype showed scattered β-amyloid plaques.

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in the overlying gray matter, but not the two cases with apolipoprotein E ε3/3 genotype. Brain tissue samples from prefrontal cortex rostral and frontal cortex caudal to the leucotomy site, and all cortical samples from the non-leucotomized patients, showed minimal p-tau and β-amyloid pathology. These findings suggest that chronic axonal damage contributes to the unique pathology of CTE over time.

**Keywords** Traumatic brain injury · Chronic traumatic encephalopathy · Axonal injury · Tau · Neurofibrillary tangle · β-Amyloid plaque

**Introduction**

In 2010 an estimated 2.5 million persons suffered from traumatic brain injury (TBI) in the United States, of whom 50,000 died from the injury and another 2,80,000 required hospitalization [36]. For survivors, TBI is a known environmental risk factor for the development of dementia later in life. Multiple studies provide evidence that single moderate or severe TBI increases the likelihood of eventual presentation with clinical signs and symptoms of neurodegeneration, such as Alzheimer Disease (AD) [7, 29, 35]. Such studies typically did not include postmortem examinations of brain tissues. Rather, the medical literature scantily addressed chronic neuropathological sequelae after TBI. One recent autopsy study of 39 patients with long-term survival (1–47 years) after single moderate or severe TBI, however, showed widespread β-amyloid plaques and neurofibrillary tangles (NFTs) in the brains of approximately one-third of patients [17]. Whether single mild TBI (concussion) similarly confers increased risk of developing dementia with neuropathological abnormalities in susceptible individuals remains undetermined.

For contact sport athletes with repetitive mild TBIs or subconcussive events, such as boxers and American football players, studies of postmortem brains from symptomatic patients revealed a progressive neurodegenerative disorder with distinctive neuropathological features, called chronic traumatic encephalopathy (CTE) [4, 27]. Often presenting with symptoms years after cessation of contact sport participation, CTE patients tend to exhibit initially behavioral and mood abnormalities, cognitive impairments and chronic headache, whereas in advanced stages, these patients deteriorate to frank dementia [28, 33, 45]. Like other neurodegenerative tauopathies, disease progression relates to the burgeoning spread of abnormally hyperphosphorylated tau protein (p-tau) [28]. In the first consensus meeting to define neuropathological criteria for CTE, the participants established the pathognomonic lesion as p-tau accumulation in neurons (NFTs), astrocytes and cell processes, with predilection around small blood vessels, at sulcal depths in irregular cortical spatial patterns [26]. The biological mechanism underlying this observation is unknown. In addition, a subset of reported CTE cases demonstrated diffuse, or more rarely neuritic, β-amyloid plaques [4, 26, 39, 44].

TBIs commonly involve axonal injury, a prominent factor contributing to symptomatology and one of multiple possible lesions in the human brain consequent to head impact [15, 34, 46]. Therefore, we identified a human model that isolates the axonal damage component of TBI, that is, surgical leucotomy, and then tested the hypothesis that chronic axonal injury can result in neurodegenerative changes, such as NFTs and β-amyloid plaques. We analyzed postmortem brain tissues from five institutionalized patients with schizophrenia, who had undergone bilateral prefrontal leucotomy as therapy prior to 1953 and then lived at least another 40 years (Table 1). Since leucotomy involves severing axons in the prefrontal cortex, this surgical procedure represents a single iatrogenic TBI with severe axonal damage and no external cortical impact. We examined cortical tissues at the leucotomy site, prefrontal cortex rostral and frontal cortex caudal to the leucotomy site, and hippocampus for evidence of p-tau and β-amyloid accumulations. We also examined postmortem cortical brain tissues of five patients with schizophrenia from the same institution, who had not undergone leucotomies in their lifetimes, matched in gender and approximate age (±4 years) to the leucotomy patients (Table 1). Moreover, we determined the apolipoprotein E (APOE) genotype for all ten patients. We found p-tau accumulations in the gray matter at the axotomy site in all five leucotomy patients, with four cases showing the pathognomonic p-tau pattern of CTE. Scattered β-amyloid plaques also occupied the gray matter at the lesion site, but in the three leucotomy patients with APOE ε4 haplotype.

| Case number (leucotomy) | Age (years) | Gender | Case number (no leucotomy) | Age (years) | Gender |
|------------------------|-------------|--------|----------------------------|-------------|--------|
| 1                      | 67          | Male   | 6                          | 67          | Male   |
| 2                      | 70          | Female | 7                          | 70          | Female |
| 3                      | 77          | Female | 8                          | 77          | Female |
| 4                      | 87          | Male   | 9                          | 83          | Male   |
| 5                      | 89          | Female | 10                         | 86          | Female |
We observed minimal p-tau and β-amyloid pathology in the cortical samples rostral and caudal to the leucotomy site and in all cortical samples from the non-leucotomized schizophrenia patients.

Materials and methods

All brain tissues for this study were obtained from the brain bank at the Pilgrim Psychiatric Center in West Brentwood, NY. The Pilgrim Psychiatric Center opened in 1931 as a site for care and treatment of patients with chronic psychiatric conditions. The patient population continually expanded such that the institution cared for almost 14,000 patients in 1954. Many resident patients suffered from chronic schizophrenia. In the late 1940s until 1953, surgeons commonly performed bilateral prefrontal leucotomy as therapy for intractable symptoms. Currently available clinical records do not detail the surgical procedure, but based on autopsy findings and medical literature, the surgeons most likely used bilateral burr holes at the coronal suture between the frontal and parietal bones to access the brain [5]. In recent years, many patients have been discharged to the care of local community mental health centers. Several hundred patients, however, were too impaired for community living and thus remained as inpatients. Drs. Kenneth Davis and Vahram Haroutunian established the brain bank for the Pilgrim Psychiatric Center, with Dr. Daniel Perl serving as neuropathologist.

We sampled brain specimens fixed in formalin, embedded these tissues in paraffin and then sectioned the tissue blocks at 5 μm thickness. For the leucotomy postmortem brain tissues, the samples comprised cortical tissues cut in the coronal plane at the leucotomy site, prefrontal cortex rostral and frontal cortex caudal to the leucotomy site, and hippocampus; for the non-leucotomized postmortem brain tissues, the samples included equivalent cortical neuroanatomical sites. We conducted hematoxylin and eosin (H&E) stains on tissue sections for general morphology/structure and immunohistochemistry with antibodies detecting glial fibrillary acidic protein (GFAP, astrocyte marker, mouse anti-human monoclonal antibody GA5, Leica Biosystems, PA0026), abnormally hyperphosphorylated tau (AT8, pS199/S202/T205; mouse anti-human monoclonal antibody, Thermo Scientific, MN1020), β-amyloid (mouse anti-human monoclonal antibody, clone 6F/3D, Leica Biosystems, NCL-B-Amyloid) and antigen CD68 (marker of macrophages and activated microglia, mouse anti-human monoclonal antibody clone 514H12, Leica Biosystems, PA0273). Immunohistochemistry for these antibodies was performed on a Leica Bond III automated immunostainer with a diaminobenzidine (DAB) chromogen detection system (Leica Biosystems, DS9800, Buffalo Grove, IL).

We also performed immunohistochemistry experiments with two other antibodies against abnormally hyperphosphorylated tau (CP13, pS202; PHF1, pS396/S404). Briefly, tissue sections were first deparaffinized and rehydrated. For antigen retrieval, tissue sections were immersed in sodium citrate buffer (pH 6) at boiling temperature for 6 min and then cooled to room temperature. To quench endogenous peroxidase activity, tissue sections were placed in a solution of 0.5% H2O2 in methanol for 1 h. Tissue sections were incubated in blocking solution, comprised of 5% bovine serum albumin in phosphate-buffered saline (pH 7.4), for 1 h at room temperature. The primary antibodies were diluted in block solution (CP13, mouse anti-human monoclonal antibody, 1:1000; PHF1, mouse anti-human monoclonal antibody, 1:1000; gifts from Dr. Peter Davies, Feinstein Institute for Medical Research, Manhasset, NY). The tissue sections were incubated with primary antibody solution in a humidified chamber at 4 °C overnight. Tissue sections were then incubated with secondary antibody, followed by avidin–biotin–complex incubation (Vectastain Elite ABC Kit, mouse IgG, Vector Laboratories, PK-6102) and visualization with DAB (ImmPACT DAB, Vector Laboratories, SK-4105, Burlingame, CA), according to manufacturer instructions. The sections were counterstained with hematoxylin, dehydrated and cleared with xylene before application of mounting media and coverslip.

Tissue samples also underwent modified Bielschowsky silver staining for detection of NFTs and neuritic plaques [8]. We extracted DNA from formalin-fixed brain tissues, according to manufacturer’s instructions (DNeasy Blood & Tissue Kit, QIAGEN, 69504, Valencia, CA). APOE genotyping was performed with real-time polymerase chain reaction (RT-PCR) [2].

Two neuropathologists (DI, DPP) conducted blinded evaluations of the stained and immunostained brain tissue samples. This protocol received Institutional Review Board approval prior to initiation of study.

Results

Schizophrenia patients with leucotomy

The leucotomized schizophrenia cohort comprised five patients with advanced years at the time of death (mean age 78 years, range 67–89 years, 3 females and 2 males, Table 1). In the standard leucotomy operation, surgeons sectioned axons in white matter of both frontal lobes in the plane of the coronal suture (Fig. 1a) [5]. In all five cases, the leucotomy site in the prefrontal cortex displayed severe white matter damage on both gross examination and H&E staining (Fig. 1b, c). GFAP immunoreactivity indicated replacement of subcortical white matter with dense
and p-tau immunoreactive neurites (Fig. 2b, e, h). The coronal plane of the axotomy site, specifically NFTs showed heightened p-tau immunoreactivity in the cortex with these three antibodies [26]. All five leucotomy cases recommended AT8 or equivalent p-tau antibodies (CP13 and PHF1), we conducted immunohistochemistry experiments at the leucotomy site in cases 1, 3 and 4. For cases 1, 3 and 4, β-amyloid pathology, whereas PHF1 immunoreactivity revealed less p-tau pathology in these tissue samples (Fig. 3j–l).

In the prefrontal cortex at the leucotomy site, immunohistochemistry with antibodies AT8 and CP13 revealed at least one sulcal depth with primarily astrocytic tangles and p-tau immunoreactive cell processes, including not only perivascular ensheathment, in gray matter of cases 2–5, but also few scattered NFTs either within the cortical layers of the sulcal depth or the two apposing gyri forming the sulcus (Fig. 3a–l). Cortical sulcal depths with p-tau immunoreactivity oriented in irregular patterns, often with one immunopositive sulcal depth next to sulcal depths without p-tau immunoreactivity within the same tissue slide. In addition, prefrontal rostral cortex for case 3 displayed a focus of subpial p-tau in one sulcal depth with the CP13 and AT8 antibodies, but not the PHF1 antibody (Table 2). In cortical sulcal depths with p-tau immunoreactivity, GFAP immunoreactivity in serial tissue sections was likewise increased (Fig. 4a–f).

For cases 1, 3 and 4, β-amyloid immunoreactivity and modified Bielschowsky silver stains exhibited diffuse and cored plaques in gray matter at the leucotomy site, but no neuritic plaques or cerebral amyloid angiopathy (CAA) (Fig. 5b, e, h). Case 2 showed no evidence of β-amyloid pathology with either immunohistochemistry or Bielschowsky staining methods. Case 5, the oldest patient in the cohort at 87 years, displayed a small focus of subpial p-tau immunoreactivity within the same tissue slide. In addition, prefrontal rostral cortex for case 3 displayed a focus of subpial p-tau in one sulcal depth with the CP13 and AT8 antibodies, but not the PHF1 antibody (Table 2). In cortical sulcal depths with p-tau immunoreactivity, GFAP immunoreactivity in serial tissue sections was likewise increased (Fig. 4a–f).

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Table 2  Pathology findings in prefrontal rostral, leucotomy and frontal caudal cortex tissues with subcortical white matter in leucotomized schizophrenia patients and neuroanatomical equivalent sites in non-leucotomized schizophrenia patients

| Case number | Prefrontal cortex rostral to leucotomy site | Leucotomy site | Frontal cortex caudal to leucotomy site |
|-------------|--------------------------------------------|----------------|----------------------------------------|
| Leucotomy   |                                            |                |                                        |
| 1           | Minimal leptomeningeal CAA                  | Severe white matter astrogliosis, NFTs, p-tau neurites, β-amyloid plaques | One blood vessel with CAA in gray matter |
| 2           | Sparse white matter astrogliosis            | Severe white matter astrogliosis, NFTs, p-tau neurites, sulcal depths (astrocytic tangles, p-tau cell processes) | – |
| 3           | Minimal white matter astrogliosis, scant NFTs and p-tau neurites, one focus subpial p-tau at sulcal depth | Severe white matter astrogliosis, NFTs, p-tau neurites, sulcal depths (astrocytic tangles, p-tau cell processes), β-amyloid plaques | Scant NFTs and p-tau neurites |
| 4           | Moderate white matter astrogliosis, scant NFTs and p-tau neurites | Severe white matter astrogliosis, NFTs, p-tau neurites, sulcal depths (astrocytic tangles, p-tau cell processes), β-amyloid plaques | Few β-amyloid plaques |
| 5           | Moderate white matter astrogliosis          | Severe white matter astrogliosis, NFTs, p-tau neurites, sulcal depths (astrocytic tangles, p-tau cell processes), one focus β-amyloid plaques at sulcal depth | Few β-amyloid plaques |
| No leucotomy|                                            |                |                                        |
| 6           | Few β-amyloid plaques                      | Scant β-amyloid plaques | – |
| 7           | –                                          | –              | –                                      |
| 8           | Scant NFTs                                 | –              | –                                      |
| 9           | –                                          | –              | –                                      |
| 10          | Minimal leptomeningeal CAA                 | Scant NFTs     | –                                      |

CAA Cerebral amyloid angiopathy, NFTs neurofibrillary tangles, p-tau abnormally hyperphosphorylated tau, – negative findings
cases 4 and 5 exhibited few cored plaques in gray matter (Fig. 5c, f, i). Case 1 displayed one blood vessel with CAA in gray matter (Table 2). No β-amyloid immunoreactivity was detected in white matter.

We also examined tissues sections from the hippocampus. In CTE, NFTs and other p-tau pathologies preferentially affect the CA2 and CA4 regions of the hippocampus, which differs from CA1 and subiculum involvement in normal aging or AD [26]. Cases 1 and 2 (ages 67 and 70 years, respectively) showed rare, isolated NFTs in CA1 and no β-amyloid plaques (Fig. 6a, b). Cases 3, 4 and 5 (ages 77, 87 and 89 years, respectively) revealed moderate NFTs in CA1, several individual NFTs in subiculum and entorhinal cortex, and diffuse and cored plaques in the entorhinal cortex (Fig. 6c–h). These p-tau and β-amyloid pathologies are consistent with aging, as opposed to CTE pathology.

**Schizophrenia patients without leucotomy**

For comparison, we selected a cohort of five non-leucotomized schizophrenia patients who had lived in the same institution, matched in gender and approximate age (±4 years) at the time of death (mean age 77 years, range 67–86 years, 3 females and 2 males, Table 1). We studied brain specimens from identical cortical sites as the leucotomy patients. All tissue samples showed no significant pathology. GFAP and CD68 immunoreactivities were unremarkable. The cortical tissues revealed rare, scattered NFTs and β-amyloid plaques, but no p-tau encompassing blood vessels or favoring sulcal depths. Case 10 showed nominal CAA (Table 2). These five schizophrenia patients genotyped either as APOE ε3/3 or ε3/4 (Table 3).

**Discussion**

In this study, we isolated the axonal injury component of human TBI by examining brain tissues from deceased patients with schizophrenia, who had undergone leukotomies at least 40 years before death. We specifically analyzed these tissues for chronic neurodegenerative sequelae. We provided evidence that massive chronic axonal damage in white matter of prefrontal cortex, as produced by leucotomy, results in accumulation of p-tau in neurons, astrocytes...
and cell processes, particularly around small blood vessels at depths of cortical sulci in irregular spatial patterns, in gray matter adjacent, but not rostral or caudal, to the axotomy site. This specific cortical p-tau distribution matches the recently established pathognomonic lesion of CTE, suggesting that axonal injury may serve as a pathophysiological substrate for this pathology over time, and possibly for both repetitive mild TBIs of contact sports and single severe or even moderate impact head injuries. Last, the brains of schizophrenia patients with leucotomy formed β-amyloid plaques in gray matter also adjacent to the axotomy site, but predominantly in those patients with the APOE ε4 haplotype. We did not observe comparable p-tau or β-amyloid accumulations in corresponding neuroanatomical prefrontal cortices as the axotomy sites in the non-leucotomized schizophrenia patients of matched age and gender, nor in corresponding rostral prefrontal or caudal frontal cortical sites.

CTE is a distinct neurodegenerative disorder linked to previous repetitive mild impact TBI and subconcussive events, classically described in retired boxers [4, 24]. The recent publication establishing initial diagnostic criteria for CTE points to p-tau accumulations in neurons, astrocytes and cell processes, favoring ensheathment of blood vessels at sulcal depths in irregular cortical patterns, as the pathognomonic lesion, thus distinguishing CTE from other neurodegenerative tauopathies and also aging-related tau accumulations in corresponding neuroanatomical prefrontal cortices as the axotomy sites in the non-leucotomized schizophrenia patients of matched age and gender, nor in corresponding rostral prefrontal or caudal frontal cortical sites.

![Image](https://example.com/image.png)
Astrogliopathy (ARTAG) [19, 26]. The underlying pathophysiology leading to this specific neuroanatomical distribution of p-tau aggregates, especially encompassing blood vessels, remains unanswered. There are two main hypotheses: that underlying axonal damage may be related to these pathognomonic lesions or that mechanical stress at sulcal depths during the traumatic event may render them susceptible to eventual p-tau deposition. Due to lack of extensive clinical history, we cannot comment upon head injury for an individual patient in this study. Nevertheless, because we observed p-tau immunoreactivity patterns similar to CTE only in the schizophrenia patients with leucotomy, which results in severe axonal injury without head impact, the data in this study support the hypothesis that selective p-tau accumulation at sulcal depths relates to underlying axonal damage.

Evidence exists to support the connection between traumatic axonal damage, which can persist for years, and accumulation of protein aggregates typically associated with neurodegenerative disease, with particular research focus on β-amyloid [14, 16, 43]. Pointedly, among those patients who had died or experienced temporal cortex surgical resection shortly after severe TBI, a subset showed β-amyloid plaques, including young people [10, 40, 41]. In diffuse axonal injury resultant of impact TBI, disruption of protein transport at sites of damage can lead to accumulation of proteins, including amyloid precursor protein (APP), in axonal varicosities and bulbs [16]. With axonal damage, proteins can abnormally congregate in the same space, either within the damaged axon or extracellular domain. As such, noxious molecular interactions potentially can occur, for example, β-secretase and presenilin-1 cleaving APP to generate β-amyloid that can then aggregate to form plaques [3, 16, 43, 49]. Likewise, indigenous tau proteins normally reside within axons, stabilizing neuronal microtubules to aid with axonal transport of essential components necessary for cell survival and function. With tauopathic neurodegenerative disease, tau proteins become hyperphosphorylated, disassociate from microtubules and aggregate in insoluble form. One postmortem study of human brain tissues, from

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**Fig. 4** P-tau and GFAP pathology in cortex and subcortical white matter at leucotomy site. GFAP immunoreactivity in white matter showing severe astrogliosis (a, c, e). GFAP and p-tau immunoreactivities at corresponding sulcal depths in serial tissue sections (a–f). Case 5 (a, b), Case 3 (c, d), Case 4 (e, f). GFAP (a, c, e) and p-tau (b, d, f) immunohistochemistry. Scale bars a, b 200 μm, c–f 500 μm.
persons who had died between 4 h and 5 weeks after TBI, showed PHF1 immunopositivity in axonal varicosities and bulbs, neuronal cell bodies and reactive astrocytes within the cerebral cortex in two of 18 cases [49]. In the TBI study of surgically resected temporal cortices, tissue samples in 12 of 18 cases displayed dystrophic axons in white matter with positive PHF1 immunoreactivity; three cases showed PHF1 immunopositive glia, and four cases revealed PHF1 immunopositive neurons [10]. For the schizophrenia patients who had survived at least 40 years after leucotomy in this study, we similarly noted NFTs, astrocytic tangles and p-tau immunoreactive cell processes in neuroanatomical areas near the axotomy site, with three p-tau antibodies including PHF1. In addition, we observed β-amyloid plaques scattered in the gray matter within proximity of the massive axonal damage in a subset of the leucotomized

Fig. 5 β-Amyloid pathology in cortex adjacent to leucotomy site. In leucotomized schizophrenia patients with APOE ε4 haplotype, β-amyloid plaques in cortex at leucotomy site (b, e, h), but minimal β-amyloid pathology in cortex rostral (a, d, g) or caudal (c, f, i) to the leucotomy site. Case 1 (a, b, c). Case 3 (d, e, f). Case 4 (g, h, i). β-amyloid immunohistochemistry (a-i). Scale bars a–i–100 μm

Table 3 Apolipoprotein genotype of leucotomized and comparative non-leucotomized schizophrenia patients

| Case number (leucotomy) | APOE genotype | Leucotomy site | Case number (no leucotomy) | APOE genotype |
|-------------------------|---------------|----------------|----------------------------|---------------|
|                         |               | β-Amyloid plaques | p-Tau |                        |               |
| 1                       | ε3/4          | +              | +   | 6                        | ε3/3          |
| 2                       | ε3/3          | −              | +   | 7                        | ε3/4          |
| 3                       | ε2/4          | +              | +   | 8                        | ε3/4          |
| 4                       | ε3/4          | +              | +   | 9                        | ε3/3          |
| 5                       | ε3/3          | −              | +   | 10                       | ε3/4          |

For cases 1–5, positive (+) and negative (−) findings at the leucotomy site for both abnormally hyperphosphorylated tau in cortical neurons, astrocytes or cell processes, and β-amyloid plaques distributed throughout gray matter

APOE apolipoprotein E, p-tau abnormally hyperphosphorylated tau
cases (APOE ε4 haplotype). Given these data and literature, we surmise that damaged axons may inadvertently release proteins at the lesion site into the extracellular brain parenchyma, perhaps over long periods of time, thereby promoting aberrant molecular reactions and deleterious aggregation of particular proteins.

One possible explanation for the p-tau accumulation pattern in CTE, and the leucotomized patients in this study, lies in interstitial solute clearance in the human brain through local diffusion and fluid bulk flow, a process first proposed about 100 years ago with recent scientific breakthroughs [12]. The human brain lacks characteristic lymphatic vessels, utilized by the rest of the body, to provide protein and fluid homeostasis. In contemporary experiments involving rodents, data show that cerebrospinal fluid (CSF) in the subarachnoid space influxes through periarterial spaces and exits through the aquaporin 4 channels of astrocytic endfeet, mixes with interstitial fluid to flow by convection through the interstitial space clearing macromolecules and finally passes through aquaporin 4 channels of astrocytic endfeet into perivenous spaces—termed
the glymphatic pathway for the dependence upon glial cells to function as the surrogate lymphatic system in the brain [30]. The perivenous fluid effluxes to contiguous CSF that filtrates through arachnoid granulations to dural sinuses for venous drainage. Two recent papers provide evidence that CSF, with its soluble and cellular contents, flows into newly discovered lymphatic vessels in meninges lining dural sinuses that drain into cervical lymph nodes [1, 23], in addition to lymphatic vessels of nasal mucosa, cranial nerve sheathes and particular arteries and veins exiting the cranium [1]. In another paper employing mouse models, the authors showed impaired function of the glymphatic system after TBI, with prominent astrogliosis, loss of perivascular aquaporin 4 polarization and axonal damage and then specifically identified diminished interstitial tau clearance with accompanying hyperphosphorylated tau increase [11]. One common observation reported in CTE, and also in the leucotomy patients of this study, is p-tau accumulation encompassing blood vessels and in perivascular astrocytes, which is consistent with clearance data in rodents. Considered a biomarker for axonal injury, total tau levels increase in CSF and blood serum after TBI in humans, including contact sports athletes shortly after mild head injuries [31, 42, 50]. Nevertheless, since most experiments involve rodents, with lissencephalic brain structures, the specific mechanisms of clearance within the human brain, particularly its relation to sulcal depths, remain poorly understood. We suspect that the sulcal depth serves as an exodus for tau clearance after axonal damage in humans. If true, then axonal injury, which occurs with TBI ranging from mild to severe, may account for the pathognomonic p-tau signature pattern of CTE [26].

Finally, brain tissues from long-term survivors of single moderate to severe TBI, with presumable axonal injuries that can persist for years, also display NFTs and p-tau immunoreactive astrocytes in cortical sulcal depths [14, 17]. Taken together, these data and literature not only bolster the link between head trauma and CTE, but also attenuate the notion of the pathognomonic CTE lesion being limited to multiple mild TBIs and/or subconcussive events.

CTE is classified as a tauopathy, yet a subset of reported cases displays diffuse or neuritic β-amyloid plaques in cortical gray matter, which instigated the debate decades ago concerning the pathophysiological connections among head injury, neuropathological neurodegenerative indicators such as p-tau and β-amyloid protein accumulations and augmented development of neurodegenerative diseases. In 1973, after extensive examination of brain tissues from 15 deceased boxers, Corsellis, et al. reported only one case with neuritic β-amyloid plaques, using classic silver staining techniques [4]. Interestingly, Roberts, et al. analyzed brain tissues from 14 of these same cases plus six others, but additionally employed immunohistochemistry experiments for β-amyloid detection, to discover numerous diffuse plaques in most cases [39]. Moreover, several papers provide data suggesting an association between the APOE ε4 genotype and predilection for β-amyloid deposition in the brains of patients dying shortly after head injury [9, 32] and also in CTE patients especially with advancing years [44]. In this present study, all three leucotomized patients with the APOE ε4 haplotype displayed diffuse and core β-amyloid plaques scattered throughout the gray matter adjacent to the lesion site, in contrast to the leucotomized patients with the APOE ε3/3 genotype. The oldest leucotomized patient, who had died at 87 years with an APOE ε3/3 genotype, showed a focus of core β-amyloid plaques at one sulcal depth, which complements a recent study reporting predilection of β-amyloid aggregates at cortical sulcal depths in CTE patients [44]. All five schizophrenia patients without leucotomies showed minimal or no β-amyloid immunoreactivity in cortical gray matter, including three patients with APOE ε4 haplotype. The molecular interaction between ApoE protein and β-amyloid warrants further clarification; however, ApoE can bind β-amyloid to enhance its clearance through multiple mechanisms including proteolysis, with ApoE 4 as the least effective isoform [22]. In mouse models, experimental data demonstrated that murine brains clear soluble β-amyloid along glymphatic paravenous drainage pathways as well and that deletion of the Aqp4 gene attenuates this process [13]. In addition to the glymphatic system for clearance of β-amyloid, efflux transporters, such as the low-density lipoprotein receptor-related protein-1 (LRP1), facilitate transendothelial transport across the blood–brain barrier [51, 52]. Human brain studies revealed cerebrovascular β-amyloid deposits in three former boxers and increased frequency of CAA in APOE ε4 patients with severe acute TBI [21, 48]. In this study, we observed minimal CAA or perivascular β-amyloid aggregation in all ten schizophrenia patients. Rather, brain tissues of the APOE ε4 haplotype patients with leucotomy showed β-amyloid plaques throughout gray matter overlying the anotomy site.

This study has several limitations in design and interpretation. Foremost, we lacked detailed antemortem clinical data, including head injury history, which curtailed the extent of neuropathological analysis. Additionally, we assessed brain tissues from two small cohorts: five schizophrenia patients with leucotomy and for comparison, five schizophrenia patients without leucotomy who had also lived at the Pilgrim Psychiatric Center during approximately the same time period. Most likely aging in the schizophrenic brain diverges from persons without this condition, as evidenced by schizophrenia patients in advanced years more frequently suffering from severe cognitive impairments than the general population [37, 38]. A neuropathological study of 100 consecutive autopsy patients (age range, 52–101 years; mean, 77 years), however, shows equivalent amounts of β-amyloid plaques and NFTs in neocortex and hippocampus of patients with schizophrenia, as compared to 47 patients with other psychiatric disorders and 50 patients without psychiatric or dementing diagnoses.
when matched by age [37]. The study authors concluded that the percentage of elderly schizophrenia patients with AD, as determined by neuropathological criteria, basically equates to the general elderly population with corresponding ages. Since schizophrenia involves neurodevelopmental abnormalities, the possibility exists that clearance of p-tau, β-amyloid and other neurodegenerative proteins may differ from persons without schizophrenia. Due to the small number of patients in each cohort, uncertainty of tissue integrity equivalence from archived brain specimens and tendency for focality and irregularity patterns of especially the p-tau immunoreactivity, we did not numerically quantify pathological results. Also, because we obtained specimens previously dissected for other studies, we were unable to analyze hemibrain sections similar to contemporary CTE studies to attain more thorough neuroanatomical distribution assessment of p-tau aggregates in sulcal depths. As such, we could not determine potential cortical spatial patterns for sulcal tauopathy, which currently are described as irregular in CTE. Furthermore, given these limiting circumstances, we may have serendipitously missed sulcal tauopathy in the sampling of brain tissues from case 1. Other possibilities for lack of sulcal p-tau pathology in case 1 include that this individual responded differently than the other four patients after the leucotomy procedure, or that since this patient died at the youngest age (67 years), with more prolonged life this patient may have accumulated p-tau in sulcal depths similar to the other older leucotomized patients in the cohort.

In summary, we studied a human model of severe axonal injury, analyzing brain tissues specifically for chronic neurodegenerative changes. We found p-tau pathology in patterns resembling CTE in gray matter adjacent to the leucotomy site. We also observed a subset of cases with β-amyloid plaques, similarly reported in CTE, scattered in gray matter at the leucotomy site, but in patients with APOE ε4 haplotype, which is associated with worse clinical outcomes for TBI patients [6, 25, 47], including boxers and American football players [18, 20]. These data suggest that axonal injury, common to all severities of TBI, contributes to the distinct pathology of CTE over time.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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