Students' metacognitive awareness and physics problem solving ability and correlation between them

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INTRODUCTION

The 21st-century global competition requires the education sector to build students to have capable abilities. One of the abilities is problem-solving (Demirel & Yilmaz, 2018). But in solving the problem, every student has a different ability (Huda et al., 2020; Nurjanah et al., 2017; Rahmawati et al., 2018). Palobo et al. (2018) stated the difference indicates that the students’ ability is uneven and difficult for teachers to teach. Based on the interview results with the physics teacher in one of South Tangerang High School, the difficulties teachers often face when managing the learning process is because of uneven students' ability. For example, students demonstrate different problem-solving skills when faced with more complex issues than are modeled. Students with good problem-solving skills feel challenged.

Siagian et al. (2019) proposed the differentiation among students in solving the problem. It is indicated that happens because every student has different metacognitive awareness. The higher the students’ metacognitive awareness level, the higher their ability to solve the problem (Izzati & Mahmudi, 2018; Kartika & Firmansyah, 2018; Rahman & Hassan, 2017). Nurjanah et al. (2017), in their research on chemistry, shows that students with high, moderate, and low scores in solving problems, each having metacognitive awareness at the reflective use, strategic use, and aware use levels. These levels are thoughtful use, strategic use, intended use, and tacit use from highest to lowest.

Meanwhile, in their research in biology, Erlin & Fitriani (2019) shows that students with less and enough metacognitive awareness criteria acquire a lower understanding ability score from the right
criteria. It is known that understanding ability is necessarily needed to solve a problem. Amin & Sukestiyarno (2015), in their research suggests that metacognitive awareness has a positive linear relationship with cognitive skills, where cognitive skills are the basis of compressing a person to be able to think high levels such as resolving the problem. This issue becomes why metacognitive awareness must be improved to support students’ problem-solving ability improvement through the learning process in the class.

One of the learning activities that can facilitate students’ metacognitive awareness and problem-solving ability is physics course (Pimvichai et al., 2019). Physics problems can support students’ problem-solving ability improvement because they can be found surrounding natural phenomena, both qualitatively and quantitatively. Furthermore, Surjanem (2015) also stated that in physics learning, students should master the concepts and implement the ideas in solving physics problems. One of the physics concepts that need a well-understanding of metacognitive awareness and problem-solving ability is direct current electricity (Kemdikbud, 2016).

However, the relationship between metacognitive awareness and problem-solving ability is presented qualitatively in mathematics, chemistry, and biology. The correlation between metacognitive awareness and problem-solving skills still needs to be proven quantitatively, especially in physics. It is supported by Ogan-Bekiroglu & Dulger (2017) that stated the information about students’ metacognitive awareness, physics problem-solving ability, and the correlation between them had not been much found. The cause why the data has not been much found is there are so few studies are done about students’ metacognitive awareness in solving a physics problem. This information is essential for teachers to know because it can help them determine the appropriate teaching models that should be implemented (Setyadi, 2017). Therefore, this study aims to serve information about students’ metacognitive awareness, problem-solving ability, and correlation.

**METHODS**

This study is an ex post facto study with a correlational method. Ex post facto is a study in which data is taken after all events have occurred, and there is no direct control from the researcher on the variables studied (Sani et al., 2018). This study aims to know the correlation between students’ metacognitive awareness and problem-solving ability. The process of this study is illustrated in Figure 1 below.

**Figure 1. Flowchart of the study process**

This study's population was 197 XII science program students in one of the senior high schools in South Tangerang. According to Isaac Micahel’s table, the samples are 126 students chosen by using proportionate stratified random sampling technique that is a choice sample technique used randomly and proportionally that focused on the strata of the population (Sugiyono, 2013). Strata is classified into three groups: high, medium, and low (Arikunto, 2012) based on students’
The Pearson Product Moment Correlation analysis aims to know how strong the relationship between students’ metacognitive awareness and problem-solving ability. The correlation level of those variables is shown in coefficient correlation, significance, and coefficient determination. The scores of

| Components                          | Subcomponents                                      |
|-------------------------------------|----------------------------------------------------|
| Knowledge about cognition           | - Declarative knowledge                            |
|                                     | - Procedural knowledge                             |
|                                     | - Conditional knowledge                            |
| Regulation of cognition             | - Planning                                         |
|                                     | - Information management strategies                |
|                                     | - Comprehension monitoring                         |
|                                     | - Debugging strategies                             |
|                                     | - Evaluation                                       |
|                                     | Analysis of performance and strategy effectiveness |
|                                     | after a learning episode                           |

Then, the result of MAI is analyzed descriptively to know students’ metacognitive awareness level and their achievements in each subcomponent. The level is determined based on Table 3.

| Interval          | Interpretation |
|-------------------|----------------|
| $X \leq 43.75$    | Very Low       |
| 43.75 < $X \leq 56.25$ | Low          |
| 56.25 < $X \leq 68.75$ | Medium      |
| 68.75 < $X \leq 81.25$ | High        |
| $81.25 < X$       | Very High      |

(Source: Azwar, 2018)

Furthermore, the instrument used to assess problem-solving ability is an instrument in essay form about a direct current circuit. In the assessment, there are five steps or indicators to visualize the problem, describe the physics terms, plan a solution, execute the plan, and check & evaluate (Heller et al., 1992). The result of the problem-solving ability test will be analyzed descriptively to know students’ problem-solving ability level and their achievements in each indicator. The level is determined by Table 4.

| Interval          | Interpretation |
|-------------------|----------------|
| $X \leq 25$       | Very Low       |
| 25 < $X \leq 42$  | Low            |
| 42 < $X \leq 58$  | Medium         |
| 58 < $X \leq 75$  | High           |
| $75 < X$          | Very High      |

(Source: Azwar, 2018)

Furthermore, the data are analyzed using Pearson Product Moment Correlation analysis after passing prerequisite analysis (normality and linearity test). Correlation analysis aims to know how strong the correlation between students’ metacognitive awareness and problem-solving ability. The correlation level of those variables is shown in coefficient correlation, significance, and coefficient determination. The scores of
coefficient correlation are explained in Table 5.

Table 5. Interpretation of coefficient correlation (r)

| Interval       | Interpretation            |
|----------------|---------------------------|
| r = 0          | No correlation            |
| 0 < r ≤ 0,20   | Very low correlation      |
| 0,20 < r ≤ 0,40| Low correlation           |
| 0,40 < r ≤ 0,70| Moderate correlation      |
| 0,70 < r ≤ 0,90| High correlation          |
| 0,90 < r < 1,00| Very high correlation     |
| r = 1          | Perfect correlation       |

(Source: Hasan, 2011)

RESULTS AND DISCUSSION
Metacognitive Awareness

Based on the analysis result, there is some information about students’ metacognitive awareness, as in Table 6 and Table 7.

Table 6. Students’ metacognitive awareness data test centralization

| Centralization of Data | Test Result |
|------------------------|-------------|
| Lowest Score           | 45,56       |
| Highest Score          | 90,56       |
| Mean                   | 67,27       |
| Standard Deviation     | 9,88        |

Table 7. The percentage of the metacognitive awareness test

| Interval       | Percentage | Level     |
|----------------|------------|-----------|
| X ≤ 43,75      | 0%         | Very Low  |
| 43,75 < X ≤ 56,25| 16%        | Low       |
| 56,25 < X ≤ 68,75| 37%        | Medium    |
| 68,75 < X ≤ 81,25| 40%        | High      |
| 81,25 < X       | 7%         | Very High |

Table 6 shows that students’ metacognitive awareness is still at a medium level. While on table 7 shows that most students’ metacognitive awareness is at a medium and high level. This result is in line with previous studies (Amin & Sukestiyarno, 2015; Erlin & Fitriani, 2019) stated that students’ metacognitive awareness is mostly medium. Jaleel & Premachandran (2016) said if students have good metacognitive awareness, they can choose which strategy is appropriate for themselves. Students know when they use a particular strategy and how to implement it. By having this skill, students can comprehend what they have been learned by themselves favorably. According to students’ metacognitive awareness test result, means that students’ skill is at a medium level.

The statements above are supported by each metacognitive awareness subcomponent’s achievement, as proved by following figure 2.

Figure 2. Achievement score of metacognitive awareness subcomponent

Based on Figure 2, there are three highest subcomponents they are procedural knowledge, conditional knowledge, and debugging strategy. High achievement of
procedural knowledge shows that students have heightened awareness or understanding about how to implement various strategies that fit themselves. Also, conditional knowledge's high achievement shows that students know when and why they use specific strategies. While the high achievement of debugging strategy shows that students have high awareness to fix their strategies that have been used if there are some mistakes when doing an activity (Hindun et al., 2020).

Besides, they have high achievement in some subcomponents. Also, based on figure 1 shows that there are some metacognitive awareness subcomponents that are in medium levels, such as declarative knowledge, planning, information management strategy, comprehension monitoring, and evaluation. It shows that students’ awareness that related to those subcomponents still needs to be improved. Declarative knowledge improvement needs to improve to enhance students’ awareness and knowledge about important issues and their awareness to remember and organize those issues. Planning subcomponent needs to improve to enhance students’ awareness in planning and determining a purpose as well as allocate their knowledge when studying. Information management strategy subcomponent needs to improve in order to enhance students’ awareness in managing the strategy when processing some information. Some improvements need to be made in monitoring subcomponents to enhance students’ awareness. Furthermore, evaluation subcomponent needs to improve in order to enhance students’ awareness in evaluating their performance after doing an activity or an assignment (Hindun et al., 2020; Kallio et al., 2018). These development efforts are expected to help students make their learning activities effective or their activities in doing a task (Setyadi et al., 2016).

Setyadi et al. (2016) stated that the example of activity and assignment is a problem-solving activity. In solving the problem, students need each metacognitive awareness subcomponent to control the thinking process before, during, and after problem-solving activity (Jagals & Walt, 2016). Before solving the problem, students need to plan the solution. In planning the solution, students need to identify and implement physics concepts and principles into equality form, then use equality to solve the problem (Apriyani et al., 2019). By the existence of metacognitive awareness, students can centralize some important information they need, plan the exact strategy, and evaluate the strategy's effectiveness so it can be a consideration to solve other problems (Kallio et al., 2018). However, since the achievement of some metacognitive awareness, subcomponents are still medium level. It causes the achievement of some problem-solving indicators is at a medium level; even some are low.

According to the analysis result, there is some information about students’ problem-solving ability on a direct current circuit, as shown by following table 8.

| Data Centralization | Test Result |
|---------------------|-------------|
| Lowest Score        | 6.77        |
| Highest Score       | 90.89       |
| Mean                | 56.40       |
| Standard Deviation  | 20.04       |

Table 8. Students’ physics problem-solving ability data centralization

Based on table 8, the mean of students’ problem-solving ability in physics is medium. Moreover, the percentage of the number of students in every category can be seen in Table 9.

| Interval | Percentage of the Number of Students | Level     |
|----------|--------------------------------------|-----------|
| X ≤ 25   | 7%                                   | Very Low  |
| 25 < X ≤ 42 | 20%                               | Low       |
| 42 < X ≤ 58 | 29%                               | Medium    |
| 58 < X ≤ 75 | 26%                               | High      |
| 75 < X   | 18%                                  | Very High |

Table 9. Percentage of the number of students on metacognitive awareness level
Table 9 shows that the percentage of the number of students in every category is mostly at medium level. Additionally, the score of each problem-solving ability can be seen in figure 2.

![Indicators of Physics Problem Solving Ability](image)

**Figure 3.** Achievement score of students’ physics metacognitive awareness level

Figure 3 shows us that indicators of problem-solving ability that are in medium level plan a solution and execute the plan while the indicators that are in low level such as check and evaluate. Moreover, the other indicators, such as visualizing the problem and describing the physics term problem, are at a high level. Also, the analysis result shows that the indicators’ achievement mostly decreases based on problem solving ability physics term steps (visualized the problem to check and evaluate) (Apriyani et al., 2019; Rokhmat et al., 2017). It means, if students have not master previous indicators or steps, then students will have trouble to master next indicators or steps. It means students’ problem-solving ability still needs more improvement, mainly in planning a solution, executing the plan, checking, and evaluating.

In plan a solution, students still need to sharpen their ability when choosing the principles or the equalities of physics to solve the problem. In executing the plan, students need to train their ability to substitute variable scores into the chosen similarity. In check and evaluate, students need to train their ability when rechecking problem-solving steps related to the completeness, accuracy, and logic of the gained solution (Apriyani et al., 2019; Permatasari et al., 2019; Rokhmat Hidayat et al., 2017).

Based on the data above, it shows that metacognitive awareness has a role in problem-solving ability. The correlation analysis result supports this statement by using the Pearson Product Moment correlation test that has been done as following Table 10.

| Statistic          | Test Results |
|--------------------|--------------|
| Coefficient of     | 0.500        |
| Correlation (r)    |              |
| Sig. (2-tailed)    | 0.000        |
| Significance Level | 0.05         |

Determination of Coefficient = $r^2 \times 100\% = 25\%$

From Table 10, we can conclude that metacognitive awareness has a positive and significant correlation with problem-solving ability towards direct current circuit material. Additionally, based on the correlative coefficient score (0.500), the correlation between those two categories is medium. This is in line with the previous study (Bars & Oral, 2017; Butai & Phang, 2018; Rahman & Hassan, 2017; Yıldırım & Ersözü, 2013) that there is a positive and significant correlation in medium level between
metacognitive awareness and problem-solving ability.

This medium result is indicated because some students have high metacognitive awareness but is not used to solve the problem (Aljaberi & Gheith, 2014). However, from the result of the study, the improvement of metacognitive awareness will be followed by the improvement of problem-solving ability. Based on the coefficient’s determination, metacognitive awareness contributes 25% towards problem-solving ability at physics courses, especially on direct current circuit material.

CONCLUSION AND SUGGESTION

Based on the study results, metacognitive awareness correlates medium, positive, and significant problem-solving ability on direct current circuit material. Metacognitive awareness or problem-solving ability is at a medium level. To gain more information, it needs further study with wider sources and other supporting indicators such as learning style, literacy ability, etc.

AUTHOR CONTRIBUTIONS

SR and EH wrote the manuscript, EH collected and analysed data. SR design the flowchart and display data.

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