1. Background

A number of major problems limiting the industrial application of cells immobilized in calcium alginate gel beads include chemical and physical instability of the beads in addition to mass transfer limitation. The beads are easily disintegrated by high hydrodynamic stress and solubilized easily in a medium containing high concentrations of citrate, phosphate, and other chelating agents. Furthermore, depending on the size of the beads, immobilized cells grow preferentially at the periphery of the beads due to mass transfer limitation (1, 2). Several approaches have been investigated as possible solutions to mass transfer problems. Tanaka et al., (3) and, Tartakovsky et al., (4) have proposed co-immobilization of the aerobic and anaerobic cells. In such systems, there is niche segregation so that the aerobic cells grow mainly in the periphery of the bead while the anaerobic cells grow mainly in the core of the beads. However, this method is only applicable to the mixed culture systems involving aerobic and anaerobic microorganisms. Reduction of the beads’ diameter through atomization of the sodium alginate is another proposed method for reducing mass transfer limitation in the gel beads.
(5). Unfortunately, micro-gel bead production is expensive and production of large quantity of the beads is technically challenging. Kregiel et al., (6) have entrapped cells in foamed alginate beads, and the application of such immobilization system in the fermentation of fruit pomaces have been investigated (7). Although cells grew well within the foamed beads, the beads showed poor stability and evolution of the high concentration of carbon dioxide resulted in the rupture of the beads. Improving the stability of the beads could be achieved by using strontium chloride as the gelling agent (8), using media that do not contain chelating agents, or by addition of gelling agents to the fermentation medium.

2. Objective
The aim of the present investigation is to improve the stability of the beads and reduce mass transfer limitation by gelling a mixture of sodium alginate and fillers, which are subsequently leached out during the incubation in the calcium chloride, thereby increasing the porosity of the beads.

3. Materials and Methods

3.1 Preparation of Microbial Inoculum
Saccharomyces cerevisiae 1R-2 (9), and Bacillus subtilis (ATCC 35021) were used in this study. S. cerevisiae was activated in a chloramphenicol-supplemented YPG liquid medium containing (in g L⁻¹): glucose, 10; yeast extract, 3; peptone, 5 and chloramphenicol, 0.05. Three loopful of the slant was inoculated into a 50 mL of broth medium and incubated at 28 ± 2 °C for 72 h. The Bacillus subtilis (ATCC 35021) strain was activated in a nutrient broth for 48 h. In each case, after cultivation, the broth was centrifuged at 5000 g for 5 minutes, the supernatant was discarded while the pellet containing the cells was washed twice in sterile physiological saline (0.85% NaCl) and then with distilled water before using for cell immobilization studies. All the media, reagents and chemicals used in the present study were reagent grade and purchased from Wako Chemicals Osaka, Japan.

3.2. Cell Immobilization in Normal Calcium Alginate Gel Beads
A 2% (w/v) sodium alginate solution was prepared, autoclaved at 121 °C for 15 minutes and cooled down to 28±2 °C before mixing with the cell suspension. The cell density in the inoculum was determined by counting with the improved Neubeur haemacytometer and diluted to obtain the desired cell concentration. The mixture was dropped slowly using a micropipette into a gently stirred (70 rpm) 2% CaCl₂·2H₂O solution under a magnetic stirrer (OP-912/3 Radelkis, Hungary). The alginate droplets were solidified upon contact with calcium chloride solution, forming beads. The resulting calcium alginate gel beads were incubated in the same magnetically stirred CaCl₂·2H₂O solution for 24 h for cross-linking (curing) and stability under aseptic conditions. The beads were recovered and washed in a sterile distilled water to remove excess calcium ion and un-entrapped cells before introduction into the fermentation flask.

3.3. Production of Micro-Porous Beads
Sodium alginate was mixed with different concentrations (between 0.4 and 4.0 %) of the filler [starch (St) or granulated sugars (Gs)] and the mixtures were autoclaved as described before. The mixture was then dropped into a gently stirred calcium chloride solution. Since there is no cross-linking between alginate and starch or alginate and sugar, both the St and Gs leached out of the beads during incubation in CaCl₂ solution. This created micro-pores in the beads. The measured diameter of the micro pores in the gel beads was ranging from 10 to 500 nm when Gs was used as the filler, while, those formed with starch showed a range from 10 to 600 nm. The beads containing the micro-pores were called micro-porous beads.

3.4. Immobilization of Cells in Micro-Porous Beads
Microorganisms were immobilized in the micro-porous beads by adding a known density of each organism into a beaker containing a sterilized solution of the sodium alginate (2%), mixed with different concentrations (between 0.4 and 4.0% ) of the St, or Gs (Tables 1 and 2). A mixture of the three (sodium alginate, cell, and St or Gs) was dropped slowly into a gently stirred calcium chloride (2%) solution. The droplets were solidified upon contact with calcium chloride due to cross-linkage between alginate and calcium chloride, thereby trapping the cells. On the other hand, the St or Gs was dissolved in calcium chloride and subsequently leached into the solution thereby creating micro-pores. The resulting gel beads were further incubated for 24 h in CaCl₂·2H₂O solution to enhance cross-linking and stability of the beads. The micro-porous beads were recovered afterward and washed in a sterile distilled water to remove excess calcium, leached, and un-entrapped cells as well as dissolved solutes before introduction into the fermentation flask.
3.5. Determination of Solubilization Time of the Gel Beads
Solubilization of the beads was done using 0.2 M citrate buffer. Ten of the calcium alginate gel beads were randomly selected and added to a 100 mL beaker containing 10 mL of the 0.2M citrate buffer and agitated at 70 rpm by a magnetic stirrer. The buffer chelated the Ca$^{2+}$ and disrupted the gel structure of the beads, leading to solubilization of the beads. The time taken for the beads to dissolve completely in the 10 mL of the buffer was recorded as the solubilization time. The effect of length of incubation time in calcium chloride on the solubilization time was determined by incubating the freshly prepared gel beads in 2% calcium chloride solution. Ten of the beads were taken at time intervals, suspended in 10 mL of sodium citrate buffer and the solubilization time was determined as already described. The effect of cultivation in YPG medium on the solubilization time was also evaluated. Yeast cells were immobilized in the normal and micro-porous beads and used to inoculate YPG medium in 500 mL Erlenmeyer flasks. The flasks were incubated on a shaker incubator (70 rpm). Ten of the beads were taken at intervals and the solubilization time was determined.

3.6. Determination of Immobilized Cell Density
The total numbers of immobilized cells within the beads were determined by selecting 10 beads at random from the fermentation broth. The selected beads were dissolved in a 0.2 M sodium citrate buffer at pH 6. The dissolved beads were serially diluted and plated on a Potato Dextrose Agar (for $S$. cerevisiae) or Nutrient Agar (for $B$. subtilis) in Petri dishes. The plates were then incubated at 30 °C for 18-24 h and the numbers of colonies were counted.

3.7. Evaluation of Cell Leakage and Growth in the Broth During Fermentation
Cell leakage from the gel beads was evaluated by counting the number of cells in the culture broth. The number of cells in the broth was obtained by diluting the broth, plating on Potato Dextrose Agar (for $S$. cerevisiae) or Nutrient Agar (for $B$. subtilis), and was determined by counting the number of the formed colonies.

3.8. Determination of Mechanical Strength of the Beads
The physical stability of the beads was tested using an automated Instron Universal Tester, Model 3369 having the maximum capacity of 50,000 N. The beads’ diameter was measured using a Caliper and thereafter placed on the machine platform for strength measurement. The maximum compressive stress of the beads was estimated in mega Paschal (Mpa). The mechanical strengths of the micro-porous gel beads produced from alginate-starch mixture and the normal gel beads produced from sodium alginate alone (control) were compared after incubation of the beads in different concentrations of the CaCl$_2$.H$_2$O for 24 h. The cell density in the beads used for mechanical strength determination was 1.0x10$^6$ cells/bead each for $S$. cerevisiae and $B$. subtilis while the bead diameter was 3 mm.

3.9. Statistical Analysis
The data were statistically analyzed using a one-way Analysis of Variance (ANOVA), while the Least Significant Difference (LSD) was used to separate the means. Normal calcium alginate gel beads were used as the control beads. Results of the experiment are presented as averages of triplicate experiments ± standard error of the mean.

4. Results
4.1. Effect of Length of Incubation in Calcium Chloride on Bead Solubilization Time
The control beads produced by gelling 2% (w/v) sodium alginate in calcium chloride were compared to the micro-porous beads which were produced by gelling a mixture of 2% sodium alginate and granulated sugar (Gs) or starch (St) in calcium chloride. At zero incubation time (immediately after immobilization), both the control and Gs beads had the same solubilization time of 34 minutes, while the St beads had a solubilization time of 59 minutes. After 12 h of incubation in CaCl$_2$ solution, the Gs and St gel beads dissolved totally after 50 and 66 minutes, respectively. In contrast, the solubilization time of the control beads was increased only slightly to 36 minutes. After 24 h of incubation in CaCl$_2$ solution, the solubilization time for the control, Gs and St beads increased to 41, 66, and 93 minutes respectively. Further increase in curing time did not result in a significant increase in the solubilization time ($p>0.05$).

By varying the concentration of starch in the sodium alginate for production of the micro-porous beads (between 0.4 and 4%) at constant concentration of sodium alginate (Fig. 1), the time that was taken for the micro-porous beads to dissolve was increased with increasing concentration of the starch up to a peak of 90 minutes which in turn coincided with a starch concentration of 2%. Beyond this point, further increase in the starch concentration had no significant reduction in the solubilization time of the St beads.
4.2. Effects of Alginate: Starch Ratio and Cultivation Time on Solubilization Time

The effects of the concentration of starch on the chemical stability of the micro-porous beads immobilizing *S. cerevisiae* during cultivation in the YPG medium are shown in Figure 1A. For the control beads without cells, the solubilization time was decreased from 37 minutes to 14 minutes after 96 h of cultivation. In case of micro-porous beads without cells (Fig. 1B), the trend of solubilization time after 24 h cultivation was very similar to what was obtained in Figure 1B. The solubilization time increased with the increase in the concentration of starch until reaching a peak of 89 minutes at 2% starch concentration. Thereafter, a downward trend in solubilization time was observed with further increase in the starch concentration in the beads. When the beads immobilizing *S. cerevisiae* was cultivated for 96 h (Fig.1A), there was a significant reduction in the solubilization times ($p<0.05$). For instance, with a starch concentration of 2%, the solubilization time decreased from 89 minutes to 45 minutes after cultivation for 96 h.

4.3. Cell Growth in the Calcium Alginate Micro-Porous Gel Beads

Table 1 summarizes the results of the growth of *S. cerevisiae* in the beads. The cell density in the control beads increased from an initial $4.0 \times 10^6$ cfu/bead to $6.9 \times 10^7$ cfu/bead after 72 h of cultivation in YPG medium. However, in the micro-porous beads prepared from a mixture of 2% sodium alginate and 0.4% starch, the cell density increased to a very high value of $1.2 \times 10^8$ cfu/bead after

| Starch Conc. (%) | Initial cell conc. (cfu/bead) | Cell conc. in the bead after 72 h (cfu/bead) | Cell conc. in the broth after 72 h (cfu/bead) |
|-----------------|-------------------------------|---------------------------------------------|---------------------------------------------|
| 0.4             | $3.8 \pm 0.03 \times 10^6$    | $1.2 \pm 0.03 \times 10^6$                  | $2.3 \pm 0.02 \times 10^5$                  |
| 0.8             | $3.8 \pm 0.03 \times 10^6$    | $8.0 \pm 0.03 \times 10^7$                  | $2.4 \pm 0.02 \times 10^5$                  |
| 1.2             | $3.8 \pm 0.03 \times 10^6$    | $7.7 \pm 0.04 \times 10^7$                  | $2.4 \pm 0.01 \times 10^5$                  |
| 1.6             | $3.9 \pm 0.04 \times 10^6$    | $6.2 \pm 0.04 \times 10^7$                  | $3.0 \pm 0.01 \times 10^5$                  |
| 2.0             | $4.0 \pm 0.03 \times 10^6$    | $6.1 \pm 0.04 \times 10^7$                  | $3.7 \pm 0.01 \times 10^5$                  |
| 2.4             | $4.0 \pm 0.02 \times 10^6$    | $6.0 \pm 0.03 \times 10^7$                  | $3.7 \pm 0.02 \times 10^5$                  |
| 2.8             | $3.9 \pm 0.03 \times 10^6$    | $5.7 \pm 0.05 \times 10^7$                  | $4.0 \pm 0.01 \times 10^5$                  |
| 3.2             | $3.9 \pm 0.02 \times 10^6$    | $5.4 \pm 0.04 \times 10^7$                  | $4.4 \pm 0.03 \times 10^5$                  |
| 3.6             | $4.0 \pm 0.02 \times 10^6$    | $5.0 \pm 0.03 \times 10^7$                  | $4.5 \pm 0.02 \times 10^5$                  |
| 4.0             | $4.0 \pm 0.03 \times 10^6$    | $4.4 \pm 0.03 \times 10^7$                  | $4.7 \pm 0.02 \times 10^5$                  |
| Control         | $4.0 \pm 0.03 \times 10^6$    | $6.9 \pm 0.04 \times 10^7$                  | $3.5 \pm 0.03 \times 10^5$                  |

Control beads were prepared with 2% sodium alginate only.
72 h of cultivation. The immobilized cell density was decreased with an increase in the starch concentration in the sodium alginate, but, even with 1.2% starch, cells still grew better in the micro-porous gel beads than in the normal gel beads \((p<0.05)\). Cell leakage (density of free cells in the broth) was lower in the cultures with micro-porous gel beads prepared with low starch concentrations. However, for the high porous beads, prepared with high starch concentration (> 1.2% starch), the cell growth inside the beads was lower, while cell leakage was higher than those of the control beads.

Table 2. Effect of starch concentrations on the concentration of *Bacillus subtilis* inside the calcium alginate beads and in the culture broth after 48 h of cultivation in nutrient broth.

| Starch Conc. (%) | Initial cell conc (cfu/bead) | Cell conc. in the bead after 48 h (cfu/bead) | Cell conc. in the broth after 48 h (cfu/bead) |
|------------------|-----------------------------|-----------------------------------------------|-----------------------------------------------|
| 0.4              | 6.2±0.01 x10^7              | 5.9±0.03x 10^9                                | 9.6±0.04x 10^5                                |
| 0.8              | 6.2±0.01x 10^7              | 5.3±0.04x 10^9                                | 9.7±0.01x 10^5                                |
| 1.2              | 6.3± 0.04x 10^7             | 5.0± 0.04x 10^9                               | 9.9± 0.01x 10^5                               |
| 1.6              | 6.2± 0.03x 10^7             | 4.7± 0.05x 10^9                               | 1.1± 0.04x 10^9                               |
| 2.0              | 6.2± 0.04x 10^7             | 4.2± 0.05x 10^9                               | 1.3± 0.02x 10^9                               |
| 2.4              | 6.2± x 0.0510^7             | 4.0± x 0.05x 10^9                             | 1.4± x 0.04x 10^9                             |
| 2.8              | 6.1± 0.04x 10^7             | 3.7± 0.04x 10^9                               | 1.7± 0.02x 10^9                               |
| 3.2              | 6.1± 0.01x 10^7             | 3.5± 0.03x 10^9                               | 1.8± 0.02x 10^9                               |
| 3.6              | 6.2± 0.03x 10^7             | 3.1± 0.05x 10^9                               | 1.9± 0.01x 10^9                               |
| 4.0              | 6.0±0.02 x 10^7             | 3.0±0.03 x 10^9                               | 1.9±0.03 x 10^9                               |
| Control          | 6.2±0.02 x 10^7             | 4.1±0.01 x 10^9                               | 9.9±0.03 x 10^9                               |

Control beads were prepared with 2% sodium alginate only.

In case of immobilized *Bacillus subtilis*, the results obtained after 48 h of cultivation is summarized in Table 2. A comparatively higher \((p<0.05)\) density of cells were found in both the beads and the broth compared to the yeast cells. The cell density in the control bead was 4.1\times10^9 cfu/bead, while the cell density in the broth was 9.9\times10^6 cfu.mL^{-1} after 48 h of cultivation. The cell density in the micro-porous gel beads prepared with low starch concentrations was significantly higher than the values obtained for the normal gel beads \((p<0.05)\). With a starch concentration of 0.4%, the cell density in the beads was 5.6\times10^9 cfu/bead as against 4.1\times10^9 cfu/bead in the normal gel beads. The immobilized cell density was decreased with an increased starch concentration (increase in the porosity of the beads), but even with 2% starch, the immobilized cell density was still higher than that of the control beads. In the highly porous beads (starch concentration higher than 2%), the immobilized cell density decreased while the free cell density in the broth increased significantly. The micro-porous beads produced with the starch ranging in concentration from 3.2 to 4.0% had lower immobilized cells \((2.4\times10^9 to 3.0\times10^9 cfu/bead)\) and a higher cell leakage \((2.0\times10^6 to 2.3\times10^6 cfu.mL^{-1})\) than that of control beads.

4.4. Distribution of Cells in the Beads

Figures 2A and 2B show the optical microscopic view (X400) of the distribution of *Saccharomyces cerevisiae*.
cells in the normal and micro-porous beads. In the case of normal gel beads (Fig. 2A), the cells grew mainly within the periphery of the beads. However, as shown in Figure 2B, there was a uniform distribution of the cells in the micro-porous beads.

4.5. Mechanical Strength of the Beads
The results of the physical stability of the beads are presented in Table 3. The compressive strength of the micro-porous gel beads was increased with an increase in the CaCl$_2$.2H$_2$O concentration, but decreased during cultivation. When the beads prepared with 2% calcium chloride were cultivated in the YPG medium for 96 h, the compressive strength of the micro-porous gel beads showed a decrease to 5.55 Mpa which was in contrast to the control beads that showed a decrease to 5.40 Mpa. It is important to note that the compressive strength of the micro-porous beads after 96 h of cultivation was even higher than that of the control beads after 24 h of cultivation.

5. Discussion
To the best of our knowledge, this is the first report on the production of micro-porous calcium alginate gel beads for immobilization of cells. Schoebitz et al., (10) produced beads from sodium alginate:starch mixture, but the aim was to protect the cells and the starch concentration was so high (47 g of starch in 3 g of sodium alginate) that it could not have leached out to create micro-pores. We have shown that micro-porous calcium alginate beads could easily be produced by mixing different concentrations of the starch or sugar with sodium alginate solution and dropping the mixture into calcium chloride solution.

As in the case of conventional calcium alginate beads (11), the stability of the micro-porous gel beads was increased by incubating (curing) in the calcium chloride solution after immobilization. This could be attributed to the formation of more cross-linkages and progressive accumulation of calcium in the beads (12). It is interesting to note that micro-porous beads were chemically and physically more stable than normal beads. This might be due to the better penetration of CaCl$_2$ into the core of the beads, leading to a better cross-linkage between carboxyl groups in the alginate with the calcium ions from the chloride solution.

The results have also shown that both \textit{S. cerevisiae} and \textit{B. subtilis} grew better in the micro-porous gel beads than in the conventional calcium alginate gel beads. The micro-pores in the beads facilitate mass transfer and thus support a better growth of the cells. The micro-porous beads can potentially be used for immobilization of other cells (13) or for vitamin and drug delivery (14).

6. Conclusion
The concept and method of producing micro-porous calcium alginate gel beads are described for the first time. Micro-porous beads can easily be produced by mixing either granulated sugar or starch with sodium alginate before dropping into calcium chloride solution. Altogether, micro-porous gel beads were chemically and physically more stable and had higher cell holding capacity than the normal gel beads. However, when the concentration of the fillers was too high, both the stability and cell holding capacity of the beads were decreased. The optimum porosity for the cell growth would depend on the size and growth characteristics of the immobilized cells, but for \textit{S. cerevisiae} and \textit{B. subtilis} the micro-porous beads prepared from a mixture of sodium alginate and 0.4% starch were the best.

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