Comparative study of fungal cell disruption—scope and limitations of the methods

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Abstract Simple and effective protocols of cell wall disruption were elaborated for tested fungal strains: Penicillium citrinum, Aspergillus fumigatus, Rhodotorula gracilis. Several techniques of cell wall disintegration were studied, including ultrasound disintegration, homogenization in bead mill, application of chemicals of various types, and osmotic shock. The release of proteins from fungal cells and the activity of a cytosolic enzyme, glucose-6-phosphate dehydrogenase, in the crude extracts were assayed to determine and compare the efficacy of each method. The presented studies allowed adjusting the particular method to a particular strain. The mechanical methods of disintegration appeared to be the most effective for the disintegration of yeast, R. gracilis, and filamentous fungi, A. fumigatus and P. citrinum. Ultrasonication and bead milling led to obtaining fungal cell-free extracts containing high concentrations of soluble proteins and active glucose-6-phosphate dehydrogenase systems.

The microbial world offers a variety of products important and useful for human life, including chemical intermediates, antibiotics, enzymes, and therapeutic agents. Some of them are produced by microbes and are excreted into the cultivation medium and easily isolated. In contradiction, isolation and canvassing of intracellular products often require complicated sequences of operations. This task usually starts from a cell disruption process. Disintegration of cells precedes the fractionating and purification of constituent of the cell structures and influences the quality of the final product (Savov et al. 2001). Various cell disruption methods have been developed to establish an efficient, low-cost, and effective release of intracellular products (Middelberg 1995; Geciova et al. 2002; Ho et al. 2008). The application of certain disintegration techniques depends on such cell properties as physical strength of the cell wall and intracellular location of the desired product (Sauer et al. 1989; Kuboi et al. 1995). Complete destruction of the microbial cell in a nonspecific manner is usually achieved by ultrasound disruption of the cell (Borthwick et al. 2005; Gogate and Kabadi 2009). This process can proceed via complete breakage of the individual cells, releasing all intracellular enzymes, or it can be shear-driven, where only the cell wall breaks and as a result only the enzyme present in the cell wall or periplasm will be released (Balasundaram and Pandit 2001). The mechanism of cell disruption is associated with the cavitation phenomena, shear stress developed by viscous dissipative eddies arising from shock waves produced by imploding cavitation bubbles (Middelberg 1995; Harrison 1991; Garcia 1993). Another mechanical method to damage microbial cell walls of different structures is bead milling, applied successfully in both laboratory and industrial scales (Doucha and Livansky 2008). Compounds are released from cells due to the action of circulating beads dispersed in the fluid (Middelberg 1995; Doucha and Livansky 2008; Heim et al. 2007). A bead mill can be operated either in batch (Ricci-Silva et al. 2000) or in a continuous recycling mode (Ho et al. 2008). For a large-scale disintegration of the biological material, the mechanical method (the high-pressure homogenizer) is usually used. High-pressure cell opening is achieved by passing them through an adjustable, restricted orifice discharge valve (Engler 1985; Hetherington et al. 1971; Keshavarz-Moore et al. 1990; Kelly and Muske 2004).
Non-mechanical processes have also been designed as alternatives to mechanical techniques, but the process-scale application is a crucial limitation in this case (Yasotha et al. 2006; Joubert and Fleurence 2008; Denis et al. 2009). The advantages of the application of enzymes are gentle process conditions and their specificity (Middelberg 1995; Kitamura 1982; Taskova et al. 2006; Ablain et al. 2009). Unfortunately, enzymatic digestion of the cell wall may be too expensive when it is used in a large scale. Permeabilization or lysis of cells can be performed also by chemical treatment. Antibiotics, chelating agents, detergents, and solvents are capable of disintegrating the cells (Dean and Ward 1992; Al-Samarrai and Schmidt 2000; Corrado and Rodrigues 2004; Leuko et al. 2008; Doolan and Wilkinson 2009). These procedures rely on the selective interaction of the chosen chemicals with components of the membrane and allow proteins to seep through the cell wall. There are at least two physical procedures—osmotic shock and thermolysis—also used for cell disintegration (Chen et al. 2004; Tkac et al. 2004; Ren et al. 2007a, b). The application of two or more procedures combined with the cells wall disruption is also reported (Anand et al. 2007; Lim et al. 2008; Chaves-Lopez et al. 2009; Shynkaryk et al. 2009).

Most of the published articles were focused on the disruption of Escherichia coli (Gram-negative bacteria), Bacillus subtilis (spore-forming Gram-positive bacteria), or yeast (Saccharomyces cerevisiae or Candida utilis; Ho et al. 2008; Ren et al. 2007a; Anand et al. 2007; Lim et al. 2008; Chaves-Lopez et al. 2009; Shynkaryk et al. 2009; Fonseca and Cabral 2002; Agrawal and Pandit 2003). Literature data devoted to other microorganisms, especially fungi, are relatively scarce (Taubert et al. 2000), meaning that they are still a not fully explored source of intracellular compounds of possible industrial applications. Therefore, this report focuses on the rationally planned studies performed in order to elaborate effective disruption methods (both mechanical and non-mechanical) using Rhodotorula gracilis, Aspergillus fumigatus, and Penicillium citrinum as model objects.

Materials and methods

Chemicals

All chemicals were purchased from commercial suppliers: Difco, POCh, Sigma-Aldrich.

Fungal strains

R. gracilis (Rhodosporidium toruloides) DSM 4444, was from DSMZ, Germany. A. fumigatus was a kind gift from the University of Pavia, Italy. P. citrinum was a kind gift from the University of Opole, Poland.

Cultivation media

A. fumigatus and P. citrinum were cultivated on a potato dextrose broth (Difco). R. gracilis was cultivated on a malt extract peptone broth (Difco). Microbial cultivation media were prepared according to the instructions of the suppliers and autoclaved.

Cultivation methods

Fungi were cultivated in 250-mL flasks containing 50 mL of the corresponding medium until the mid-log phase (25°C, 150 rpm, RT). After 5 days for yeast and 3 days for fungi, biomass was separated by centrifugation (10 min, 4,000 rpm, 4°C). The biomass was pooled and washed twice with buffer (Tris 5 mmol/L, pH 7.5).

Disintegration procedure

Samples of washed biomass (6.5 g) were suspended in 15 mL of cold buffer (Tris 50 mmol/L, pH 7.5) and disintegrated according to the procedures described below. The efficiency of cell disruptions was monitored by measuring two parameters: concentration of the soluble proteins in cell-free extract and the activity of the glucose-6-phosphate dehydrogenase (G6PD) assignment. All the experiments were carried out independently in triplicate.

Disintegration methods

Bead mill

The microbial cells were mixed either with glass (diameter, 0.5 mm) or zirconia (diameter, 0.7 mm) beads and disintegrated using a BioSpec BeadBeater (model 1107900) under cooling on ice. The total time of disintegration was 3 min in different cycles (30 s or 1 min of disruption and 2 min of cooling or 3 min of continuous process). After the separation of beads by decantation, cell homogenates were centrifuged (6,500 rpm, 15 min, 4°C; Hettich Universal 16 Zentrifugen) and the supernatant was analyzed.

Sonication

Sonication was performed using a Torbeo Ultrasonic Processor (Fisher Scientific) device to provide continuous application of acoustic waves for 11 or 30 s. The sonication was then interrupted and the suspended cells cooled in an ice bath for 2 min, and the next sonication cycle was then performed. The total time of sonication was 1, 2, 3.5, or
5 min. The homogenate was centrifuged (6,500 rpm, 15 min, 4°C; Hettich Universal 16 Zentrifugen) and the supernatant analyzed.

Chemical disintegration

The sample of biomass was suspended in an appropriate water solution of detergents (Triton X-100, CTAB, Tween 80, SDS) and incubated with shaking in room temperature. Detergent concentrations were as follows: 0.1%, 0.25%, 0.5%, and 1% for *R. gracilis*; 0.5%, 1%, 1.5%, and 5% for *P. citrinum* and *A. fumigatus*. After the incubation period (5 or 20 min for yeast and 20 or 40 min for molds), the mixture was clarified by centrifugation (6,500 rpm, 15 min, 4°C; Hettich Universal 16 Zentrifugen) and the supernatant analyzed.

In the case of organic solvent treatment, microbial cells were suspended in 20 mL of Tris buffer (50 mmol/L, pH 7.5) and the mixture with the addition of 2 mL of toluene was shaken for 2 h; subsequently, the cells were separated by centrifugation and the cell-free extract was analyzed.

Osmotic shock

Microbial cells were suspended in 20 mL of hypertonic solution (50 mmol/L Tris–HCl buffer, pH 7.5, containing 10 mmol/L EDTA and 30% (w/v) sucrose) and gently shaken for 20 min. After that cell suspension was centrifuged and the pellet was disintegrated by suspending in 20 mL of 10 mmol/L MgCl₂ over 20 min, the cells were removed by centrifugation and the supernatant was analyzed.

Analytical methods

Protein assay

Soluble protein concentrations in clarified supernatants were estimated by the Bradford method using bovine serum albumin as the standard (Bradford 1976).

Enzyme assay

The activity of the intracellular enzyme, glucose-6-phosphate dehydrogenase (E.C. 1.1.1.49), was determined by the method described by Bergmeyer (1983). Changes in absorption at 340 nm were monitored over a period of 10 min on UV/Vis Spectrometer (Varian Cary 100 Bio). Total activity of the crude extracts was given as the specific activity of the enzyme and was expressed in units per milligram of the total amount of proteins, where “U” is defined as 1 μmol NADPH formed per minute.

Results

To establish the most efficient method of fungal cell lysis, three morphologically different fungal species—*A. fumigatus*, *P. citrinum*, and *Rhodothorula gracilis*—were subjected to various disruption protocols. The applied procedures imply the following results.

Sonication

Ultrasoundication is a common mechanical cell disruption method based on the high shear created by a high-frequency ultrasound (above 16 kHz). The level of released proteins and the activity of G6P dehydrogenase served as an indicator of the mildness of the process. In the case of the *P. citrinum* strain, an 11-s sonication cycle resulted in the highest concentration of the released proteins, but the level of specific activity of G6P dehydrogenase was the best for a longer sonication cycle, 30 s (Table 1). In contrast, the most suitable way for the disintegration of *A. fumigatus* cells was sonication with 11-s cycles and an overall operation time of 3.5 min. It resulted in a high level of released proteins and allowed obtaining high specific activity of G6P dehydrogenase in the crude extract (Table 1). Similarly, the same operating conditions (11-s cycles and 3.5 min of process time) were the most suitable for the disintegration of *R. gracilis* yeast (Table 1).

Bead mill

The amount of proteins released from the cells of the *Aspergillus* strain was comparable to the values obtained by the sonication procedures. The short time of disintegration (30 s) and the use of smaller glass beads seemed to be optimal for allotted aims (Table 1). The most effective protocol for the disintegration of *P. citrinum* biomass seemed to be the procedure using a 30-s operating time and the use of 0.7-mm zirconium beads. In the case of *Rhodotorula* biomass, the level of obtained soluble proteins in the crude extracts disintegrated with zirconia beads was very low compared with the procedures in which glass beads of a smaller size were used. In turn, the highest specific activity of G6P dehydrogenase in the crude extract was achieved with the application of zirconia beads within the overall operating time of 3 min (Table 1).

Chemical treatment

The application of Triton X-100, which is a non-ionic type of detergent recommended for permeabilization and/or lysis of cell walls, was found to be ineffective for fungi (data not shown). In the case of *P. citrinum*, the activity of G6P dehydrogenase in the cell-free extracts was not found. The
Table 1 Comparison of the effectiveness of the mechanical cell disruption

| Procedure          | Assayed values | Penicillium citrinum | Aspergillus fumigatus | Rhodotorula gracillis |
|--------------------|----------------|----------------------|-----------------------|-----------------------|
|                    |                | Protein concentration (μg/mL) | Specific enzyme activity of G6PD (U/mg, ×10⁻³) | Protein concentration (μg/mL) | Specific enzyme activity of G6PD (U/mg, ×10⁻³) | Protein concentration (μg/mL) | Specific enzyme activity of G6PD (U/mg, ×10⁻³) |
| Sonication         |                |                      |                       |                       |                       |                       |                       |
| Total time², 1 min (cycle: 11-s sonications, 2-min cooling) | 1,300±187 1.90±0.13 | 258±7.5 9.50±1.20 | 3,121±298 16.20±1.70 |
| Total time², 2 min (cycle: 11-s sonications, 2-min cooling) | 890±108 2.90±0.20 | 285±8.6 13.50±0.87 | 5,212±234 12.50±3.60 |
| Total time², 3.5 min (cycle: 11-s sonications, 2-min cooling) | 975±103 2.80±0.24 | 300±54 17±0.98 | 5,166±324 56.70±2.90 |
| Total time², 5 min (cycle: 11-s sonications, 2-min cooling) | 900±115 6.0±0.87 | 278±32 15±0.85 | 8,444±356 4.90±0.78 |
| Total time², 1 min (cycle: 30-s sonications, 2-min cooling) | 320±52 5.7±0.76 | 87±8.50 1.10±0.13 | 3,638±167 13.30±1.70 |
| Total time², 2 min (cycle: 30-s sonications, 2-min cooling) | 220±23 10.50±0.89 | 35±4.30 2.50±0.17 | 2,950±134 14.9±1.50 |
| Total time², 3.5 min (cycle: 30-s sonications, 2-min cooling) | 370±89 8±0.87 | 41±4.30 0.8±0.10 | 4,912±198 10.70±1.80 |
| Total time², 5 min (cycle: 30-s sonications, 2-min cooling) | 250±32 13.30±0.65 | 9±0.80 2.0±0.20 | 4,254±223 13.80±2.80 |
| Bead mill          |                |                      |                       |                       |                       |                       |                       |
| Total time³, 3 min (glass beads; cycle: 30-s milling, 2-min cooling) | 127±13 15.40±2.30 | 110±12 5.50±0.50 | 3,180±98 22.30±1.80 |
| Total time³, 3 min (glass beads; cycle: 1-min milling, 2-min cooling) | 90±5 13.50±4.50 | 121±3 1±0.10 | 3,611±78 19.30±2.50 |
| Total time³, 3 min (glass beads, continuous process) | 175±23 12.40±1.60 | 129±15 1.40±0.30 | 2,919±36 20.50±1.89 |
| Total time³, 3 min (zirconium beads; cycle: 30-s milling, 2-min cooling) | 134±14 20±1.97 | 141±12 1.500±0.25 | 134±12 23.70±1.98 |
| Total time³, 3 min (zirconium beads; cycle: 1-min milling, 2-min cooling) | 144±12 18±0.67 | 172±13 1.55±0.34 | 144±12 23.70±2.80 |
| Total time³, 3 min (zirconium beads, continuous process) | 157±11 16.50±0.98 | 140±13 1.80±0.24 | 159±16 27±1.68 |

Values are shown as the means±SD over three independent replications.

- Specific activity of G6PD measured in the fungal crude extract
- Overall time of exposition on acoustic waves
- Overall time of milling
application of this detergent at a 5% concentration for the disintegration of *A. fumigatus* led to a very low level of specific activity of the model enzyme (1.46±0.13×10⁻⁵ U/mg of proteins). The procedure based on Tween 80 was more effective for the tested molds. The best results were obtained for *P. citrinum* (7.33±0.27×10⁻⁵ U/mg of proteins) when using 1.5% of Tween 80 for 40 min of treatment. On the other hand, for *A. fumigatus*, the G6P dehydrogenase activity was 3.8±0.17×10⁻⁴ U/mg of protein, with 0.5% of detergent concentration and 40 min of the process. Both non-ionic detergents were useless for *R. gracilis*. Increasing the detergent concentration (up to 5%) resulted in the release of very high levels of total proteins from the cells of the *Penicillium* and *Aspergillus* strains (up to 7.5 and 12.3 mg/mL, respectively). Unfortunately, only in the case of *P. citrinum* did the cell-free extract show the required specific activities of G6P dehydrogenase—3.44±0.32×10⁻⁵ U/mg of proteins (0.5%, 40 min) and 1.4±0.09×10⁻⁵ U/mg of proteins (1.5%, 40 min). CTAB disintegration of yeast cells resulted in a low level of total proteins released (data not shown), and the most effective procedure appeared to be with 0.1% of detergent solution. Extending the time of incubation of the cells with detergents (from 5 to 20 min) allowed increasing the value of specific activities of the model enzyme from 1.62±0.56×10⁻³ up to 2.23±0.13×10⁻³ U/mg of proteins. The effects of anionic detergents on the microorganisms were also investigated using SDS as a model. The procedures based on the application of 0.5% SDS solution for molds and 0.1% for yeasts allowed detecting the specific activities of the model dehydrogenase in crude extracts. In the case of *P. citrinum*, after 40 min of incubation, the value of specific activity was 2.5±0.06×10⁻⁴ U/mg of proteins, for *A. fumigatus* was 1.2±0.08×10⁻⁴ U/mg of proteins (20 min), and for *R. gracilis* was 4.04±0.23×10⁻³ U/mg of proteins (20 min). Also, the influence of toluene on the cohesion of the cell wall of the microorganisms was examined. The release of a very low amount of the proteins from the cells was observed, and there was no detectable activity of the model dehydrogenase in crude fungal extracts.

**Osmotic shock**

The disintegration of fungi with this method failed (data are not shown).

**Discussion**

The overriding purpose of this study was to set up unique, effective, and repetitive disruption protocols for particular fungal species. The tested fungi have been chosen because of their industrial and/or medical importance. *Rhodotorula* strains are known for the intracellular production of useful amino acid oxidases (Kuan et al. 2008) and β-carotene (Vijayalakshmi et al. 2001). Secondary metabolites produced inside the cells of *A. fumigatus* and *P. citrinum* are also of commercial interest (Du et al. 2010; Chen et al. 2011; Malmstrom et al. 2000; Lim et al. 2007; Singh et al. 2011). Additionally, molds like *A. fumigatus* are widely considered as a hazard contaminant of food and human pathogen (Debeaupuis et al. 1997; Denning 1998). Molecular methods of detecting fungal pathogen in clinical or food samples require simple and fast methods that sufficiently lyse fungal cells.

The fungal wall structure is highly dynamic, changing constantly during cell division, growth, and morphogenesis. The specific composition and mechanical properties of the cell wall are varied not only between genera but also within closely related species. Moreover, this protective layer could change with growth conditions and genetic modifications (Firon et al. 2004; Klis et al. 2006). Thus, in the case of the sonication methods, most of the ultrasound energy, which is absorbed by cell suspension, appeared as heat; hence, temperature control is crucial and obligatory. Besides the cell types, the appropriate time of exposure of the biological material to the ultrasound is also a critical parameter influencing the activity of the intracellular compounds. In the case of *P. citrinum* strain, the prolongation of sonication cycles from 11 to 30 s admittedly resulted in the decrease of the amount of released proteins, but allowed obtaining a higher level of specific activity of G6P dehydrogenase in the crude extract (Table 1), suggesting the existence of a lower thermal stress. In contradistinction, for the *A. fumigatus* cells, the short period of sonication was appropriate (11-s cycles and overall operation time of 3.5 min), giving as well the extract with a high level of released proteins and a high specific activity of G6P dehydrogenase. The level of proteins released under variable conditions of ultrasound disruption procedures is much higher in the case of yeast cells than molds. This can be simply explained by the different strengths and structures of the fungal cell walls which comprised glycoproteins and polysaccharides, mainly glucan and chitin. Chitin has an enormous tensile strength and significantly contributes to the overall integrity of the cell wall. Chitin microfibrils account for only 1–2% of the yeast cell walls by dry weight, whereas the cell walls of filamentous fungi, such as *Aspergillus*, are reported to contain 10–20% chitin (Bowman and Free 2006). Additionally, G6P dehydrogenases derived from *A. fumigatus* and *R. gracilis* seemed to be more sensitive to increasing temperature, which made prolongation of the disruption time useless because it caused the significant decrease of the specific activity of the examined model enzyme in the...
crude extract. The observed inactivation of dehydrogenase might also derive from ionization and subsequent free radical formation (Gogate and Kabadi 2009). Application of the bead mill turned out to be effective in the case of the destruction of Penicillium cells. Although the amount of the released proteins was lower, the specific activities of the model enzyme were surprisingly high (up to 20±1.97×10³ U/mg of proteins). However, in the case of Rhodotorula biomass, the kind of beads and their size were critical parameters, but the results were still unsatisfactory compared with those discussed previously, the sonication procedure. The bead mill is reported to be an efficient technique for rupturing yeast and mold cells compared with its effectiveness toward bacteria (Middelberg 1995). Many operating parameters of milling were used, the most important of which is the design of the stirrer, geometry of the grinding chamber, size of beads, and the temperature. In our case, the disruption method based on the application of BeadBeater® was effective only in the case of P. citrinum. Both A. fumigatus and R. gracilis cells were found to be resistant to milling disruption; thus, the sonication procedures are recommended in these cases. Finally, the chemical treatment led to unsatisfactory results in every experimental attempt. Admittedly, procedures based on detergent treatment, applied for the disintegration of Aspergillus and Penicillium cells, resulted in a high level of released proteins with low or no detectable activity of G6P dehydrogenase in cell-free extracts. The examined detergents inhibited the activity of G6P dehydrogenase and/or forced the conformational changes in the enzyme structure, which influenced the stability of fungal dehydrogenase. In the case of charged detergents, there is also the possibility of a destructive impact which comes from the ionic interaction between enzyme and detergent residues.

Non-mechanical cell disruption methods require less energy, although some of them resulted in the release of side products. However, their application is often limited to processes of a small scale, owing to restrictions of process economics or efficiency. Consequently, they have found limited commercial application.

To sum up, the undertaken efforts allowed elaborating protocols of the cells wall disruption for the examined fungi. The mechanical methods appeared to be the most effective for the disintegration of yeast, R. gracilis, and filamentous fungi, A. fumigatus and P. citrinum. Ultrasonication and bead milling led to enzymatically active cell-free extracts, which can be a starting point for the isolation and purification of intracellular components of interest.

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