Mathematical, Thermodynamical, and Experimental Necessity for Coarse Graining Empirical Densities and Currents in Continuous Space

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We present general results on fluctuations and spatial correlations of the coarse-grained empirical density and current of Markovian diffusion in equilibrium or nonequilibrium steady states on all timescales. We unravel a deep connection between current fluctuations and generalized time-reversal symmetry, providing new insight into time-averaged observables. We highlight the essential role of coarse graining in space from mathematical, thermodynamical, and experimental points of view. Spatial coarse graining is required to uncover salient features of currents that break detailed balance, and a thermodynamically “optimal” coarse graining ensures the most precise inference of dissipation. Defined without coarse graining, the fluctuations of empirical density and current are proven to diverge on all timescales in dimensions higher than one, which has far-reaching consequences for the central-limit regime in continuous space. We apply the results to examples of irreversible diffusion. Our findings provide new intuition about time-averaged observables and allow for a more efficient analysis of single-molecule experiments.

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Single-molecule experiments [1–5] probe equilibrium and nonequilibrium (i.e., detailed balance violating) processes during relaxation [6–12] or in steady states [13–21] on the level of individual trajectories. These are typically analyzed by averaging along individual realizations yielding random quantities with nontrivial statistics [22,23]. Time-averaged observables, in particular generalized currents, are central to stochastic thermodynamics [16,24–28]. Such time-average statistical mechanics focuses on functionals of a trajectory \( (x_t)_{t \in \mathbb{R}^+} \) in particular the empirical density (or occupation time [29–37]) \( \bar{\rho}_x(t) \) and current \( \bar{J}_x(t) \) at a point \( x \). Necessary in the analysis of laboratory [1,38] or computer [39] experiments with a finite spatial resolution, and useful for smoothing data \( \text{a posteriori} \) to improve statistics, the density and current should be defined as spatial averages over a window \( U_x^h(x') \) at \( x \) with coarse-graining scale \( h \)

\[
\bar{\rho}_x(t) = \frac{1}{t} \int_0^t U_x^h(x_\tau) d\tau, \quad \bar{J}_x(t) = \frac{1}{t} \int_{\tau=0}^t U_x^h(x_\tau) \circ dx_\tau,
\]

where \( \circ dx_\tau \) denotes the Stratonovich integral. These observables are illustrated in terms of sojourns of the window in Figs. 1(a) and 1(b). Choosing the window \( U_x^h \) as a bin, the density and current observables appear as histograms along single trajectories over occupations of or displacements in the bin that fluctuate between different realizations [see Figs. 1(c)–1(e) and companion extended paper [40]]. Aside from coarse graining, the integration over \( U_x^h(x') \) may also represent a pathwise thermodynamic potential, e.g., heat dissipation (the force integrated along a stochastic path \( \int_{t=0}^\infty F(x_\tau) \cdot \circ dx_\tau \) [24]) or generalized currents [18,27,28,41]. Normalized windows, i.e., \( \int U_x^h(z) dz = 1 \), yield \( \bar{\rho}_x(t) \) and \( \bar{J}_x(t) \) that are estimators of the probability density and current density, respectively. The usually defined empirical density \( \bar{\rho}_x(t) \) and current \( \bar{J}_x(t) \) [14,42–50] correspond to no coarse graining, i.e., \( U_x^h(z) \) being Dirac’s delta function \( \delta(x - z) \).

Reliably inferring from noisy trajectories whether a system obeys detailed balance, notwithstanding recent progress [1,2,38,39,51–55], remains challenging. Quantifying violations of detailed balance is a daunting task. One can quantify broken detailed balance through violations of the fluctuation dissipation theorem [19,56,57], which requires perturbing the system from the steady state. One can also check for a symmetry breaking of forward and backward transition-path times [53,54], measure the entropy production [51,55,58,59], or infer steady-state currents [see arrows in Fig. 1(c)] directly [1,38], all of which require substantial statistics. However, single-molecule experiments often cannot reach ergodic times, have a finite resolution, and only allow for a limited number of repetitions. This leads to uncertainties in estimates of observables such as steady-state...
state space, current fluctuations are well understood [15,16,46,63–77]. However, dynamics typically evolves in continuous space, and a continuous dynamics observed on a discrete space is not Markovian [78,79] (see Ref. [80] for a quantitative confirmation). An accurate Markov jump description may require too many states to be practical, and is known to fail when considering functionals as in Eq. (1) [79]. We therefore focus on continuous space, where, with exceptions [14,18,86,87], insight is limited to hydrodynamic scales [66,68,88] and large deviations [42–50]. A comprehensive understanding of fluctuations and spatial correlations of density and current in continuous space remains elusive, and the interpretation of the typical definition without coarse graining in dimensions $d \geq 2$ apparently requires a revision, see below.

Here, we provide general results on the empirical density and current in overdamped diffusive steady-state systems, revealing a mathematical, thermodynamical, and experimental necessity for spatial coarse graining. When defined in a point, fluctuations are proven to diverge in spatial dimensions above one, contradicting existing central-limit statements. We explain why a systematic variation of the coarse-graining scale provides deeper insight about the underlying dynamics and allows for improved inference of the system’s thermodynamics. Exploiting a generalized time-reversal symmetry we provide intuition about fluctuating currents along individual trajectories. Nonvanishing density-current correlations are shown to unravel violations of detailed balance from short measurements. Our results allow for a more consistent and efficient analysis of experiments, and provide new insight into nonequilibrium steady states and their thermodynamics.

Setup.—We consider time-homogeneous overdamped Langevin dynamics [81,89] in $d$-dimensional space evolving according to the stochastic differential equation $d\mathbf{x} = \mathbf{F}(\mathbf{x})\,dt + \sigma \,d\mathbf{W}_t$, where $d\mathbf{W}_t$ is the increment of a $d$-dimensional Wiener processes (i.e., white noise) with covariance $\langle d\mathbf{W}_{t+\tau}\,d\mathbf{W}_t \rangle = \delta(\tau - \tau')\,\sigma^2 \delta \mathbf{W}_{\tau'}\,d\tau$. The Fokker-Planck equation for the conditional probability density with initial condition $G(\mathbf{x},0|y) = \delta(\mathbf{x} - y)$ reads $(\partial_t + \nabla_x \cdot \mathbf{J}_x) \cdot G(\mathbf{x},t|y) = 0$ with current operator $\mathbf{J}_x \equiv \mathbf{F}(\mathbf{x}) - D\nabla_x$, where $D \equiv \sigma \sigma^T/2$ is the positive definite diffusion matrix. All results directly generalize to multiplicative noise (see Ref. [40]). The drift $\mathbf{F}(\mathbf{x})$ is assumed to be sufficiently smooth and confining to ensure the existence of a steady-state density $G(\mathbf{x},t \rightarrow \infty|y) = p_s(\mathbf{x})$ and, if detailed balance is violated, a steady-state current $\mathbf{J}_x(x) = \mathbf{J}_x p_s(\mathbf{x}) \neq 0$ [81,89].

Correlations and fluctuations from paths.—To investigate the nontrivial statistics of the observables in Eq. (1) we now outline the derivation detailed in [40] of results for mean values, correlations, and fluctuations assuming steady-state initial conditions. Let $\langle \cdot \rangle_s$ denote the average over all paths $(\mathbf{x}_s)$ evolving from $p_s$. The mean values $\langle \rho^{\mathbf{x}}_s(t) \rangle_s = \int d\mathbf{z} U^h_s(\mathbf{z}) p_s(\mathbf{z})$ and $\langle \mathbf{J}^{\mathbf{x}}_s(t) \rangle_s = \int d\mathbf{z} U^h_s(\mathbf{z}) \mathbf{J}_x(\mathbf{z})$ [40] are time-independent estimators of the

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure.png}
\caption{(a) Diffusive trajectory traversing an observation window $U^h_x(x,y) = 1$ if $|x|, |y| \leq 1/2$ and $U^h_x(x,y) = 0$ otherwise, with time running from dark to bright. Arrows denote contributions $\delta x^i = (\delta x^1, \delta x^2, \delta x^3)$ of the two sojourns in $U^h_x$ between times $\tau^-_i$ and $\tau^+_i$ (see Eq. (A1) in Appendix A). (b) Corresponding $\rho^{\mathbf{x}}_s(t)$ and components of $\mathbf{J}^{\mathbf{x}}_s(t)$ from Eq. (1) as functions of $t$. (c) Two trajectories $(x_s(t), y_s(t))$ of length $l = 5$ in confined rotational flow with $\Omega = 5$ (arrows depict the steady-state current $\mathbf{J}_x$). The red cross is the reference point $x_s = (1,0)$ considered in (d)–(f). Coarse-grained density (d) and $x$ current (e) for a Gaussian window $U^h_{x_s}$ with $h = 0.3$. Fluctuations of $\rho^{\mathbf{x}}_s$ and $\mathbf{J}^{\mathbf{x}}_{s,y} = (\mathbf{J}^{\mathbf{x}}_s)_{x,y}$ encode violations of detailed balance even where $\mathbf{J}^{\mathbf{x}}_s$ vanishes. (f) Squared relative error of $\mathbf{J}^{\mathbf{x}}_s$ for $U^h_{x_s}$ as a function of $h$ (gray) bounded by the thermodynamic uncertainty relation (TUR; blue). A variance diverging as $h^{-2}$ (dashed) as $h \rightarrow 0$ and vanishing mean for $h \gg 1$ allow for intermediate $h$ optimizing the TUR-bound and thus the inferred dissipation.}
\end{figure}
FIG. 2. (a) Two sample trajectories in a shear flow $F_{ab}(x)$ (gray arrows) with Stratonovich displacements $\delta x_i$ in the initial $x_i = z$ and final point $x_i = z'$ for fixed $t_1 < t_2$ depicted by purple and yellow arrows, respectively. Time is running from dark to bright. (b) Trajectories as in (a) but running from $x_i = z'$ to $x_i = z$. (c) As in (b) but with the inverted shear flow $-F_{ab}(x')$ (blue background arrows) and initial and final increments depicted by gray and blue arrows. (d) Ensemble of paths from $x_i = z$ to $x_i = z'$ contributing to $P_s(z', t_2 - t_1)$. The average initial displacement $\langle \delta x_i \rangle_{x_i = z}$ is depicted by the black-purple arrow, and the mean path $z \rightarrow z'$ in time $t_2 - t_1$ by the gray gradient line. (e) As in (d) but corresponding to (b) instead of (a). (f) As in (e) but with the reversed shear flow as in (c), (g). (h) Since the shear flow breaks time-reversal symmetry, initial-final increments in (a) cannot be obtained by inverting final-point increments in (b). By dual-reversal symmetry initial-final increments follow from inverting the final-point increments in the inverted shear flow in (c), which explains initial point increments $\delta x_i$ in current-density correlations and current (co)variances via the easier and more intuitive final point increments $\delta x_i^{-1}$. steady-state density and current coarse grained over a window $U_h^\circ$. In contrast to the mean values, covariances display a nontrivial time dependence and therefore contain salient features of the dynamics. We define the two-point steady-state covariance as

$$C_{xy}^{AB}(t) = \langle A_x(t)B_y(t) \rangle_s - \langle A_x(t) \rangle_s \langle B_y(t) \rangle_s,$$  

where $A$ and $B$ are either $\rhoU$ or $J^U$, respectively. We refer to the case $A \neq B$ or $x \neq y$ as (linear) correlations and to $A = B$ with $x = y$ as fluctuations with the notation $\text{var}_{xy}^A(t) \equiv C_{xy}^{AB}(t)$. Recall that $\text{var}_x^A(t)$ and $\text{var}_y^A(t)$ quantify (experimentally relevant) fluctuations of histograms along single trajectories [see Figs. 1(d) and 1(e)], and $\text{var}_{xy}^A(t)$ is at the heart of the thermodynamic uncertainty relation [see Fig. 1(f)]. Moreover, $C_{xy}^{AB}(t)$ was recently found to play a vital role in stochastic thermodynamics [28]. All $C_{xy}^{AB}(t)$ are easily inferred from data, but lack physical understanding. We now give $C_{xy}^{AB}(t)$ a physical meaning in terms of the statistics of paths pinned at end points $z$ and $z'$ (see Fig. 2). Introduce

$$\langle \delta x_i \rangle_{x_i = z} = \langle \delta x_i \rangle_{x_i = z'}, \quad \langle \delta x_i \rangle_{x_i = z} = \langle \delta x_i \rangle_{x_i = z'},$$

the Stratonovich increment $\delta x_i \equiv x_i + dt/2 - x_i - dt/2$, and the operator

$$\tilde{T}_{xy}^{U}[\cdot] = \frac{1}{1} \int_0^t dt_1 \int_0^t dt_2 \int dz U_h^\circ(z) \int dz' U_h^\circ(z') \cdot [],$$

where $[\cdot]$ represents functions of $t_1$, $t_2$, $z$, and $z'$, and without loss of generality we choose the convention $\int_0^t dt_1 \int_0^t dt_2 \delta(t_2 - t_1) = 1/2$. Upon plugging in mean values $\langle A_x \rangle_s$ and $\langle B_y \rangle_s$, the definition (2) becomes [40] $C_{xy}^{AB}(t) = \tilde{T}_{xy}^{U}[\langle \delta x_i \rangle_{x_i = z} \cdot 2p_s(z) \rho_s(z')]$ for density-density correlations, $C_{xy}^{AB}(t) = \tilde{T}_{xy}^{U}[\langle \delta x_i \rangle_{x_i = z} \cdot 2p_s(z) \rho_s(z')]$ for current-density correlations, and (see Ref. [90]) $C_{xy}^{AB}(t) = \tilde{T}_{xy}^{U}[\langle \delta x_i \rangle_{x_i = z} \cdot 2p_s(z) \cdot \delta x_i \rangle_{x_i = z'}] \cdot 2p_s(z') \cdot \delta x_i \rangle_{x_i = z'},$  

for current-current correlations, where we defined

$$\Xi_{1'} = \langle 1 \rangle_{x_i = z'} \langle 1 \rangle_{x_i = z}, \quad \Xi_{2'} = \langle \delta x_{t_1} \rangle_{x_i = z'} \langle \delta x_{t_1} \rangle_{x_i = z}, \quad \Xi_{3'} = \langle \delta x_{t_2} \rangle_{x_i = z} \langle \delta x_{t_2} \rangle_{x_i = z'}, \quad \Xi_{4'} = \langle \delta x_{t_1} \rangle_{x_i = z} \langle \delta x_{t_1} \rangle_{x_i = z'} \cdot \rho_s(z) \cdot p_s(z'),$$

Equations (3) and (4) tie $C_{xy}^{AB}$ to properties of pinned paths, weighted by $U_h^\circ(z)$, $U_h^\circ(z')$ and integrated over space and times $0 \leq t_1 \leq t_2 \leq t$. In contrast to the somewhat better understood density-density covariance [23,29,91], current-density and current-current covariances involve (scalar products of) more subtle Stratonovich increments along pinned trajectories, explained graphically in Fig. 2 and further investigated in the following.

Correlations and fluctuations from two-point densities.—To obtain quantitative results, we evaluate the averages $\langle \delta x_i \rangle_{x_i = z}$ in terms of two-point functions $P_s(z', t_2 - t_1) \equiv G(z', t_2 - t_1) \rho_s(z)$. For density-density correlations $C_{xy}^{AB}$ the result is readily obtained from Eq. (4) using $\langle 1 \rangle_{x_i = z} = P_s(z', t_2 - t_1)$. Conversely, Stratonovich increments are difficult to understand and hard to evaluate, particularly initial-point increments $\delta x_i$ because they are correlated with future events.
To gain intuition we examine a two-dimensional shear flow $\mathbf{F}_{sh}(x) = 2x\hat{y}$ shown in Fig. 2, depicting initial-, end-point, $\partial x_{l_1}$, and end-point, $\partial x_{l_2}$, increments along forward [Fig. 2(a)] and time-reversed [Fig. 2(b)] pinned trajectories between times $t_1 < t_2$ and their ensemble averages [Figs. 2(d) and 2(e)]. In the companion extended paper [40] we show that $\langle \partial x_{l_2} | x_{l_1} = z \rangle = \hat{j}_z P(z', t_2)dt_2$, i.e., mean displacements are given by the Fokker-Planck current as expected. Moreover, when detailed balance holds, time-reversal symmetry implies $\mathcal{P}(\partial x_{l_2} | x_{l_1} = z') = \mathcal{P}(-\partial x_{l_2} | x_{l_1} = z')$, whereas under broken detailed balance, e.g., due to the shear flow in Fig. 2, this ceases to hold. We may, however, employ a generalized time-reversal symmetry—the dual-reversal symmetry (see Refs. [27,40,92,93])—implying $\mathcal{P}(\partial x_{l_2} | x_{l_1} = z) = \mathcal{P}(-\partial x_{l_2} | x_{l_1} = z)$ connecting ensembles with currents $\hat{j}_x$ and $-\hat{j}_x$ [see Figs. 2(c), 2(f), and 2(g)]. Via this generalized time-reversal symmetry we circumvent the correlation of $\partial x_{l_1}$ with the future. To materialize this we isolate the irreversible drift in the dual-reversal symmetry (see Refs. [27,40,92,93])—Of particular interest is the generalization of the correlation function $C_{xy}^{\Omega}(t) = \frac{2\pi D}{r} \int dz U_{x}^{\Omega}(z)U_{y}^{\Omega}(p_{s}(z)+\hat{j}_z \cdot \hat{j}_x P(z', t) + \hat{j}_x \cdot \hat{j}_x P_z(z', t') - 2j_{x}(z) \cdot j_{x}(z'))$, (5)

where the first term in $C_{xy}^{\Omega}(t)$ arises from $t_1 = t_2$ [40], and the operator $\hat{J}_{x}^{U}$ simplifies $r^{-2} \int_0^t dt_1 \int_0^{t_1} dt_2 \rightarrow r^{-1} \int_0^t dt' (1-t'/t)$ since Eq. (5) depends only on time differences $t' \equiv t_2 - t_1 \geq 0$. Notably, written in this simplified form Eq. (5) establishes Green-Kubo relations [94,95] connecting covariances $C_{xy}$ to time-integrals of generalized correlation functions.

Given the two-point function $P_{x}(z', t')$, Eq. (5) gives the correlation and fluctuations of observables defined in (1). In practice, $P_{x}(z', t')$ may not necessarily be available. However, the theoretical result Eq. (5) nevertheless allows us to draw several conclusions, in particular by considering special cases and limits. At equilibrium $\hat{j}_x = 0$, implying $C_{xy}^{\Omega}(t) = 0$. A nonzero $C_{xy}^{\Omega}(t)$ at any time $t$ is thus a conclusive signature of broken detailed balance. Moreover, at equilibrium $C_{xy}^{\Omega}(t)$ does not vanish although $\langle U_{x}^{\Omega} \rangle = 0$. When $J_{x} \neq 0$, var$(t) \equiv C_{xy}^{\Omega}(t)$ may display maxima where $P_{x}(x)$ has none [see Figs. 3(a)(e)], and an oscillatory time dependence due to circulating currents [see Fig. 3(d)], both signaling nonequilibrium.

For a more detailed discussion of Eq. (5), see Ref. [40].

Necessity of coarse graining.—Of particular interest is the dependence of fluctuations on the coarse-graining length scale $h$ (see Figs. 1(f) and 3(c) and Ref. [40]). Importantly, the limits $h \rightarrow \infty$ and $h \rightarrow 0$ are generally accessible from Eq. (5) independent of the detailed dynamics (see Ref. [40]). The limit $h \rightarrow 0$ with $U_{x}^{\Omega}(z) \rightarrow \delta(x - z)$ corresponds to no coarse graining, i.e., the observables $\langle 1 \rangle$ are evaluated in a single point $z$. In this limit, the

FIG. 3. \(t \varphi_{x}^{\Omega} \) as a function of the radius \(|x|\) in the harmonically confined rotational flow in Fig. 1(c) for increasing $\Omega$ with Gaussian $U_{x}^{\Omega}$ with width $h$ at (a) $t = 0.2$ and (b) $t = 1$; lines depict Eq. (5) and symbols simulations [80]. (c) $t \varphi_{x}^{\Omega}$ at $t = 1$ for $\Omega = 10$ (full lines) and equilibrium $\Omega = 0$ (dashed lines), for various $h$ decreasing along the arrow. Inset: divergence of $\varphi_{x}^{\Omega}$ as $h \rightarrow 0$ at $|x| = 1$; the dashed line depicts Eq. (6). Note the logarithmic scales. (d) $t \varphi_{x}^{\Omega}$ as a function of $t$ for very strong driving $\Omega = 50$; inset: (d) on logarithmic scales alongside the central-limit scaling $\propto t^{-1}$. 

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variance and covariance of $\overline{\rho_{\tau}^2}$ and $\overline{J_{\tau}^y}$ for $d \geq 2$ and any $t$ behave as [40]

$$\begin{align*}
\text{var}_{\tau}^x(t) &\approx \frac{k}{t} p_s(x) \quad \text{for } d > 2, \\
\Delta \text{var}_{\tau}^x(t) &\approx \frac{k'}{t} p_s(x) \quad \text{for } d = 2,
\end{align*}$$

\begin{align*}
C_{\tau}^y(t) &\approx \frac{k'}{t} J_s(x) \text{var}_{\tau}^x(t) / 2 p_s(x), \\
\text{var}_{\tau}^y(t) &\approx \frac{k'}{t} \left( \frac{d-1}{h} \right) h^{-d} + O(\frac{1}{h}) + O(h^{1-d}), \quad (6)
\end{align*}$$

where $\approx$ denotes asymptotic equality, and $k, k'$ are constants depending on $D$ and $U_x$ [40]. Therefore, taking $U_\ast^h(x) \to \delta(x - z)$ as implicitly assumed in [23,42–50] we find for $d \geq 2$ that $\text{var}_{\tau}^x(t), C_{\tau}^y(t)$ diverge for all $t$ [see Fig. 3(c)]. Equation (6) also applies to Markov-jump processes defined on a grid with spacing $h \to 0$; for details and an example see Ref. [80]. The divergence can be understood intuitively [40], e.g., based on the following argument.

Note that the probability that point $z$ is hit by the trajectory $\{x_i\}_{t \in [0,t]}$, i.e., that there is a $\tau \in [0,t]$ such that $x_\tau = z$, delicately depends on the spatial dimensionality $d$. This probability is positive for $d = 1$ but zero in higher-dimensional space. That is, $\forall \tau, \text{ Pr} [\exists \tau \in (0,t): x_\tau = z] = 0$ for diffusion in $d \geq 2$ [40,96]. Mean values remain finite in the limit $h \to 0$, namely $\langle \overline{\rho_{\tau}^2}(t) \rangle_s = p_s(x)$ and $\langle \overline{J_{\tau}^y}(t) \rangle_s = J_s(x)$ in agreement with existing literature [14,45–50,87]. Since the probability to hit the point $z$ is approaching zero as $h \to 0$, this implies that the mean is precisely balanced by the infinite contribution of the delta function $U_\ast^h(z) \to \delta(x - z)$, as in $\langle \delta(x - z) \rangle_s = p_s(x)$. Loosely speaking, here “$0 \times \infty = \infty$” is finite. One may therefore expect diverging second (and higher) moments when $h \to 0$ as this argument extends to “$0 \times \infty^2 = \infty$.” The argument is not limited to overdamped motion but seems to extend to a larger class of stochastic dynamics, such as underdamped diffusion and experimental data on anomalous intracellular transport [97] shown in Fig. 9 of Ref. [40].

We hypothesize that not only the moments diverge, but that the density and current cannot even be consistently defined for $h = 0$. Moreover, the limits $h \to 0$ and $t \to \infty$ do not commute. This has important consequences for the central-limit regime, i.e., statistics on longest timescales (see Appendix B and [40]). Some coarse graining $h > 0$ is therefore necessary for mathematical consistency and anticipated central-limit properties.

Notably, for small windows Eq. (6) implies that fluctuations (unlike correlations) carry no information about steady-state currents $J_s(x)$ and thus violations of detailed balance and thermodynamic properties such as the system’s dissipation. In this limit fluctuations reflect only Brownian, thermal currents that are invariant with respect to $J_s(x)$—systems with equal $p_s(x)$ and $D$ display identical fluctuations [see Eq. (6) and Fig. 3(c)]. Recall that the dissipation can be inferred from current fluctuations via the thermodynamic uncertainty relation [16,17,26]. We now see that only an intermediate coarse graining, such as the “optimum” in Fig. 1(f), allows us to infer dissipation from fluctuations. Moreover, spatial features of steady-state currents [see Fig. 3(c)] are only revealed with coarse graining. Some coarse graining $h > 0$ is thus necessary to infer thermodynamic properties. In addition, divergent fluctuations make it impossible to accurately infer densities and currents without coarse graining from experiments. Experiments also nominally have a finite spatial resolution. Thus, coarse graining is also experimentally necessary.

Conclusion.—Leveraging Ito calculus and generalized time-reversal symmetry we were able to provide elusive physical intuition about fluctuations and correlations of empirical densities and currents that are central to stochastic thermodynamics. We established the so far overlooked necessity for spatial coarse graining—it is required to ensure mathematically well defined observables and the validity of central-limit statements in dimensions $d \geq 2$, to improve the accuracy of inferring thermodynamic properties (e.g., dissipation) from fluctuations and to uncover salient features of nonequilibrium steady-state currents without inferring these individually [98–100], and is unavoidable in the analysis of experimental data with a finite resolution. Nonvanishing current-density correlations were shown to be a conclusive indicator of broken detailed balance, and may improve the accuracy of inferring invariant densities [101] and dissipation far from equilibrium [28]. Our results allow for generalizations to nonstationary initial conditions or nonergodic dynamics, which will be addressed in forthcoming publications.

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Appendix A: Density and current from sojourns.—In general the density and current functionals measure the $(U_\ast^h$-weighted) time spent and displacement accumulated in the window $U_\ast^h$ averaged over time. Specifically, when $U_\ast^h$ is the indicator function, $U_\ast^h(z) = h^{-d} \Omega_z(\tau)$, of a region $\Omega_z$ centered at $x$ with volume $h^d$, we can write this illustratively in terms of the sojourn times of the window as follows. Letting the times of entering and exiting said window be $\tau_i^-$ and $\tau_i^+$, respectively, $\overline{\rho_{\tau}^2}(t)$ corresponds to the sum of sojourn times, $\tau_i = \tau_i^+ - \tau_i^-$, and $\overline{J_{\tau}^y}(t)$ the sum of vectors $\delta x_i^\tau$ between entrance $x_i^-$ and exit $x_i^+$ points, that is,

$$\begin{align*}
\overline{\rho_{\tau}^2}(t) &= \frac{1}{h^d} \sum_{i \in N_i} (\tau_i^+ - \tau_i^-) \equiv \frac{1}{h^d} \sum_{i \in N_i} \tau_i^+, \\
\overline{J_{\tau}^y}(t) &= \frac{1}{h^d} \sum_{i \in N_i} (x_i^+ - x_i^-) \equiv \frac{1}{h^d} \sum_{i \in N_i} \delta x_i^\tau, \quad \text{(A1)}
\end{align*}$$

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where $N_i$ is the number of visits of the window. Note that $N_i$ is almost surely either $\infty$ or 0, but the sum converges. The points $x_0$ or $x_t$ may lie within $U^R_t$ for which we set $x_{i+1} = x_0$ and/or $x_{i+1} = x_t$. As a result of correlations between $x_{i+1}$ and $x_t$, as well as $x_{i+1}$ and $x_{i+1}$, $\rho^{ij}$ and $\Gamma^{ij}$ are in general not renewal processes. A realization of $x_t$ in Figs. 1(a) and 1(b) provides intuition about Eq. (A1).

**Appendix B: Central-limit regime.**—Since the observables defined in Eq. (1) involve time averages, their statistics on the longest timescales is expected to be governed by the central limit theorem. Indeed, for nonzero $h$ or in spatial dimension $d = 1$ (in both cases we obtained finite variances) on timescales $t$ that are very large compared to all timescales in the system, different parts of a trajectory [e.g., the sojourns in Fig. 1(a) and Eq. (A1)] become sufficiently uncorrelated such that the central limit theorem implies Gaussian statistics. However, the diverging variance for $h \to 0$ for $d \geq 2$ prevents Gaussian central-limit statistics on all timescales for the empirical density and current defined with a $\delta$ function (i.e., without coarse graining). Since the diverging part of the variance in Eq. (6) has the dominant central-limit scaling $\propto t^{-1}$, the asymptotic variance $\sigma^2_A = \text{var}_A(t)$ where $A_A(t)$ denotes $\rho_A^X(t)$ or $\langle \Gamma_A^X(t) \rangle$ also diverges as $h \to 0$. This implies that taking $t \to \infty$ first and then $h \to 0$ also does not yield finite variances. Moreover, note that the longest timescale in the system becomes the recurrence time, which diverges as $h \to 0$. We hypothesize that a limiting distribution of $A_A(t)$ is almost surely either $1 - \frac{1}{h^2} x_0$ or $0$, but the sum converges.

The central-limit regime is generally contained in the framework of large deviation theory [42,48,102]. Because of the divergent variance $\sigma^2_A$ and the resulting breakdown of Gaussian central-limit statistics, any large deviation principle for empirical densities and currents without coarse graining that predicts finite variances ceases to hold in $d \geq 2$.  

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