Age, lipofuscin and melanin oxidation affect fundus near-infrared autofluorescence

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ABSTRACT

Background: Fundus autofluorescence is a non-invasive imaging technique in ophthalmology. Conventionally, short-wavelength autofluorescence (SW-AF) is used for detection of lipofuscin, a byproduct of the visual cycle which accumulates with age or disease in the retinal pigment epithelium (RPE). Furthermore, near-infrared autofluorescence (NIR-AF) is used as a marker for RPE and choroidal melanin, but contribution of lipofuscin to the NIR-AF signal is unclear.

Methods: We employed fluorescence microscopy to investigate NIR-AF properties of melanosomes, lipofuscin and melanolipofuscin granules in histologic sections of wildtype and Abca4−/− mouse eyes, the latter having increased lipofuscin, as well as aged human donor eyes. Differentiation between these pigments was verified by analytical electron microscopy. To investigate the influence of oxidative and photic stress we used an in vitro model with isolated ocular melanosomes and an in vivo phototoxicity mouse model.

Findings: We show that NIR-AF is not an intrinsic property of melanin, but rather increases with age and due to photic and oxidative stress in mice and isolated melanosomes. Furthermore, when lipofuscin levels are high, lipofuscin granules also show NIR-AF, as confirmed by correlative fluorescence and electron microscopy in human tissue. However, lipofuscin in albino Abca4−/− mice lacks NIR-AF signals.

Interpretation: We suggest that NIR-AF is derived from melanin degradation products that accumulate with time in lipofuscin granules. These findings can help to improve the interpretation of patient fundus autofluorescence data.

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Research in context

Evidence before this study

Conventional fundus autofluorescence using short-wavelength light for excitation is routinely used for disease monitoring and diagnosis in ophthalmology and its origin from lipofuscin, a pigment in the retinal pigment epithelium, is well established. A further fundus autofluorescence modality employing near-infrared light for excitation is becoming more established in clinical practice, however, the subcellular origin of this signal is not completely understood yet. While it has been established that melanin, both from the retinal pigment epithelium and the choroid, adds to the near-infrared autofluorescence signal, the contribution of lipofuscin to this signal is still disputed.

Added value of this study

With this proof-of-concept study we present two major findings: 1) Near infrared autofluorescence of individual melanosomes increases with age and due to photic and oxidative stress. This im-

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plies that near infrared autofluorescence is not an intrinsic prop-
erty of melanin but is rather caused by autofluorescent melanin
degradation products. 2) Near-infrared autofluorescence can be
emitted from individual lipofuscin granules. However, this phe-
nomenon was prevalent in aged tissue with high amounts of lipo-
luscin granules while it was mostly absent in younger tissue with
low amounts of lipofuscin granules.

Implications of all the available evidence

So far, patient near-infrared fundus autofluorescence data were
often directly equated with melanin content. Both major findings,
near-infrared autofluorescence from melanin increasing with age
and oxidative status, as well as lipofuscin being a source of near-
infrared autofluorescence under certain circumstances, can help to
refine the interpretation of patient near-infrared fundus autofluo-
rescence data. This offers the possibility to gain deeper insights
into pathologic processes and refinement of diagnostics for a va-
riety of retinal diseases.

1. Introduction

Melanin is a known anti-oxidant and its cell-protective prop-
erties against photic and oxidative injury in the eye are well in-
vestigated (reviewed in [1]). However, when melanin ages, the
anti-oxidative capability is diminished and is replaced by a pro-
oxidative character [2–4]. This transformation is particularly rel-
levant for the retinal pigment epithelium (RPE), a post-mitotic
cell layer in the back of the eye. While other pigmented cells
in the body, such as skin and choroidal melanocytes, continu-
ously express tyrosinase, the canonical key enzyme of melano-
gensis, and therefore are capable to renew their melanin-bearing
melanosomes, it is still unknown whether this is also the case for
RPE cells (reviewed in [5]). Tyrosinase-independent melanin syn-
thesis in RPE cells was seen in vitro [6], but it is unclear whether a
substantial melanin-turnover in the RPE exists in vivo, making the
RPE potentially vulnerable to detrimental effects of aged melanin.

Aging of melanin has been attributed to photodegradation that
results in structural modifications such as oxidative cleavage and
cross-linking (reviewed in [7]) and is considered to be at least par-
циально responsible for the progression from anti- to pro-oxidative
behaviour [8]. During photodegradation of eumelanin, a brown to
black type of melanin that is the dominant melanin type in ocu-
lar melanosomes, a di Aryl ketone product is formed that is highly
autofluorescent [9]. Indeed, increased autofluorescence (AF) of bi-
ological melanin was found after treatment with light [10–12], hy-
drogen peroxide [11], superoxide [13], but also as a function of age
[14].

Another fluorophore in the RPE is lipofuscin whose key con-
stituent is a class of non-degradable lipids called bisretinoids that
emerge as a byproduct of the visual cycle [15]. Due to the (photo-
’oxidative properties of some of its components, the accumulation
of lipofuscin with age or disease is thought to be associated with
RPE dysfunction and subsequent RPE and photoreceptor degenera-
tion [15], but this theory is controversial [16].

In the clinical practice, the importance of investigating fun-
dus AF for the diagnosis and monitoring of retinal disease has in-
creased in recent years. The most common modality is the use of
short wavelength AF (SW-AF, excitation 488 nm, emission >
500 nm) to monitor lipofuscin [17]. SW-AF is used in a broad spec-
trum of retinal diseases, including drug toxicity, inherited reti-
nal dystrophies (such as Stargardt disease, Best macular dystro-
phy, and retinitis pigmentosa), and age-related macular degener-
ation [18]. A recent development is the use of near-infrared AF
(NIR-AF, excitation 787 nm, emission > 800 nm) that is thought
to allow the investigation of ocular melanin [19,20]. NIR-AF in-
vestigation has proven to be useful for clinical application, since
various ocular diseases, such as age-related macular degeneration
[21], Stargardt disease [22], retinitis pigmentosa [23], and others
[24] have characteristic changes in NIR-AF patterns that oftentimes
precede changes in SW-AF patterns. However, there is still uncer-
tainty whether melanin is the only contributor to NIR-AF, espe-
cially lipofuscin is discussed to add to the NIR-AF signal [25].

In this work, we use light, fluorescence and electron microscopy
to examine NIR- and SW-AF properties of RPE and choroidal pig-
mament granules of mice, pigs, and humans. Thereby, precise analy-
sis of the contribution of the different pigment types to NIR- and
SW-AF signals is facilitated. Furthermore, we investigate whether
photic and oxidative damage alters the NIR-AF signal of isolated
RPE and choroidal melanosomes, which helps understanding the
biological origin and implication of NIR-AF.

2. Materials and methods

2.1. Animals

Pigmented WT mice (129S2), pigmented Abca4−/− mice
(129S4/SvJae-Abca4tm1Ght) and albino Abca4−/− mice (BALB/c-
Abca4tm1Ght) were used in this work. WT mice were purchased
from Harlan Laboratories (Hillcrest, UK), the knock-out strains were
bred in our in-house facility. Light cycling was 12 h light (approxi-
ately 50 lx in cages)/12 h dark, food and water were available ad
libitum. All procedures involving animals were in accordance with
the German laws governing the use of experimental animals and
were previously approved by the local agency for animal welfare
and the local authorities.

2.2. Human donor tissue

Eye globes without known ophthalmic disease were obtained
from the cornea bank Tübingen. Written informed consent of the
donors for use in medical research and approval of the Institu-
tional Review Board of the University of Tübingen were obtained.
The experiments were performed in adherence to the tenets of the
Declaration of Helsinki.

2.3. Blue light damage in mice

Light exposure was performed according to published meth-
ods [26] with small modifications. In brief, animals were anes-
thetized by i.p. injection of a mix of fentanyl (0.05 mg/kg body
weight), midazolam (5.0 mg/kg body weight) and medetomidine
(0.50 mg/kg body weight). Pupils were dilated with tropicamide
drops. Methocel 2% (Omnivision, Puchheim, Germany) was applied
to the corneas to prevent them from drying out. Animals were
placed on a heating mat and additionally covered with a tissue
paper to avoid hypothermia. Light was delivered from a Lumencor
Sola light engine (Beaverton, OR, USA) light source equipped with a
light conductor and a custom-made blue light filter (430 nm). Light
intensity was measured with a RM-12 radiometer (Opsytex, Ettlin-
gen, Germany) with a VISBG sensor (400 to 570 nm). For illumi-
nation, a cover slide was placed on the cornea to eliminate light
scatter. Illumination took place with an intensity of 50 mW/cm²
for 15 min. The non-illuminated eye was shielded from stray light
by carefully covering it with aluminium foil. Care was taken so
the light beam entered the eye along the optical axis. After light
exposure, narcosis was antagonized by s.c. injection of an anti-
dote (naloxone 1.2 mg/kg body weight, flumazenil 0.5 mg/kg body
weight, atipamezole 2.5 mg/kg body weight) and animals were
kept in a dark room for 7 days before sacrifice. This setup results
in reproducible light damage around the optic nerve head, as corroborated by SLO/OCT and histology (Fang et al., manuscript submitted). Non-illuminated eyes served as control.

2.4. Isolation of RPE and choroidal granules

RPE granules were isolated from human donor eyes (12 eyes, mean age 70±7 years ±14-7 years standard deviation; range 43 to 91 years) and pig eyes, obtained from a local slaughter house, according to published methods [27]. Choroidal melanosomes were additionally isolated from pig eyes. In brief, eyes were opened close to the ora serrata and the anterior segment and vitreous were discarded. The retina was removed with forceps and the eye cups washed with PBS pH 7.4 (Gibco, Carlsbad, CA, USA). Eye cups were filled with trypsin/EDTA (Gibco, Carlsbad, CA, USA) and incubated for 10 min at 37°C. RPE cells were washed from Bruch’s membrane by repeatedly pipetting the trypsin solution and collected in DMEM supplemented with 10% foetal bovine serum (Gibco, Carlsbad, CA, USA) to stop the enzymatic reaction. Porcine choroid was collected by gently removing it from the sclera with forceps. RPE cells and choroidal tissue were pelleted by centrifugation and homogenized using a tissue grinder. Cell debris were removed by centrifugation for 7 min at 60 g and the obtained supernatant was centrifuged for 10 min at 6000 g to pellet all pigment granules. The pellets were collected in 0.3 M sucrose, loaded on a discontinuous sucrose gradient (2 M to 1 M in 8 steps for human granules [27] and in 2 steps for porcine granules [8]) and centrifuged for 1 h at 103,000 g. Bands containing lipofuscin granules were identified by their yellow-orange tinge and were collected by carefully removing them with a thin pipette. Melanosomes adhered to the centrifugation tube walls and were washed off after removing the sucrose gradient. Isolated granules were washed in PBS and counted with a haemocytometer. Granules were stored at −20°C until further use.

2.5. Oxidative stress in isolated melanosomes

Isolated porcine melanosomes were suspended in PBS pH 7.4 to yield a final concentration of 30,000 granules/μl. To induce photic stress, melanosome suspensions were illuminated with 45,000 lx white light (measured with a Colormaster 3 F, Gossen, Nuremberg, Germany) delivered by an LED lamp (SunaEco 1500 Ocean Blue XP, Tropic Marin, Wartenberg, Germany) for 30 min. Bands containing lipofuscin granules were identified by their yellow-orange tinge and were collected by carefully removing them with a thin pipette. Melanosomes adhered to the centrifugation tube walls and were washed off after removing the sucrose gradient. Isolated granules were washed in PBS and counted with a haemocytometer. Granules were stored at −20°C until further use.

2.6. Sample preparation for fluorescence and electron microscopy

Donor and mouse eyes were fixed, embedded in epon resin and sectioned according to standard procedures [28,29]. For fluorescence analysis, post-fixation and staining with heavy metals was omitted. Semi-thin sections (500 nm) were prepared and cover-slipped with Dako fluorescent mounting medium. For electron microscopy, ultra-thin sections (70 nm) were collected on formvar-coated slot grids stained with lead citrate and investigated on a Zeiss 900 electron microscope (Zeiss, Jena, Germany). For fluorescence microscopy of isolated granules, the granule suspension was pipetted onto glass slides and let sit to dry at room temperature in the dark. Samples were cover-slipped with Dako fluorescent mounting medium. For electron microscopy, isolated granules were fixed in 2% glutaraldehyde and encased in 3% NuSieve GTG low melting agarose (Lanza, Rockland, ME, USA) and subjected to embedding and sectioning as described above.

2.7. Fluorescence microscopy

Specimens were investigated with a Zeiss Axioplan 2 microscope (Zeiss, Jena, Germany) equipped with a Lumencor Sola SE II NIR (Beaverton, OR, USA) light source and using a x63 objective. Filter sets were a custom made lipofuscin filter set (excitation 370/36 nm, emission 575/15, 400 nm beam splitter) for SW-AF and a commercial Cy7 filter set (excitation 708/75 nm, emission 809/81 nm, 757 nm beam splitter) for NIR-AF, respectively. The lipofuscin filter set is designed to fit the reported excitation and emission maximums for lipofuscin [30]. Binning x2 was applied for all images and acquisition times, as well as microscope and software settings were held constant for any set of samples to allow comparison of fluorescence intensities. If indicated in the figure legends, images with low AF intensities were post-processed with the Auto adjust colours function of the IrfanView software to allow the localization of weak AF signals. This function enhances the contrast by redefining the darkest pixel as pure black and the brightest pixel as pure white in the histogram on a channel-by-channel basis.

2.8. Semi-quantitative analysis of fluorescence intensities

Fluorescence intensities were determined using Fiji software. Regions of interest were determined in fluorescence and BF images using the default threshold, and area and integrated optical density (IOD) of the region of interest were measured. To correct for varied amounts of pigment granules displayed in each image, fluorescence IOD values were normalized to the area of pigment thresholded in corresponding BF images.

2.9. Correlative fluorescence and electron microscopy

To accommodate the requirements of both fluorescence and electron microscopy, ultra-thin sections with a thickness of 150 nm were used. This allows improved detection of fluorophores compared to standard 70 nm ultra-thin sections (as routinely used for electron microscopy), while still being thin enough to allow electron microscopic investigation (as opposed to 500 nm semi-thin sections that would be too thick to be penetrated by the electron beam). Non-osmicated sections were collected on formvar-coated mesh grids. Grids were placed on glass slides in a drop of water, coverslipped, and investigated with light and fluorescence microscopy as described before. Acquisition times had to be prolonged compared to 500 nm thick sections and additionally the auto-contrast function of the camera capture software was used. Signal-to-noise ratio was rather low due to the limited section thickness, so five pictures per channel were averaged using Photoshop CS2. Since sections tend to adhere to the coverslips, grids had to be carefully manipulated off the coverslips with forceps to not destroy the sections. Nevertheless, sections are stressed by being coverslipped and easily damaged, therefore post-staining with uranyl acetate and lead citrate was ultimately omitted, since this often resulted in complete loss of the sections. grids were air dried and investigated by electron microscopy as described before. The lack of any heavy-metal staining results in low contrast, but melanosomes and lipofuscin granules are still reliably identifiable.

2.10. Energy-dispersive X-ray - scanning transmission electron microscopy analysis

Energy-dispersive X-ray (EDX) analyses were performed on a scanning transmission electron microscope (STEM; Jeol ARM 200F)
equipped with two JEOL EDX detectors at an accelerating voltage of 200 kV. Images were obtained at a size of 512×512 pixels. The obtained elemental maps were 4×4 binned using Fiji software.

2.11. Statistical analysis

JMP 13 software (SAS, Cary, NC, USA) was used for statistical analysis. The null hypothesis was that the groups were not statistically different. Dunnett’s test, a multiple parametrical test with alpha correction, was used and $p < 0.05$ was considered statistically significant.

3. Results

3.1. Differentiating factors between RPE pigment granules in microscopy

In order to be able to investigate the NIR-AF properties of the different RPE pigment types by microscopy, these pigments need to be clearly distinguished from one another. Fig. 1 illustrates how RPE pigments can be identified by light and electron microscopy. In routine transmission electron microscopy, melanin presents as either spherical or spindle-shaped electron-dense structures [31] (Fig. 1a), while lipofuscin either forms evenly shaped granules [for instance in human or monkey RPE [31,32]] or irregularly shaped granules [for instance in Abca4−/− mice [29,33], Fig. 1a]. Melanolipofuscin is a complex granule that in healthy aged humans consists of a melanin core and a lipofuscin shell or protrusions [31,32], while in Abca4−/− mice, several melanosomes can fuse with one lipofuscin granule [29,33] (Fig. 1a). Analytical electron microscopy approaches, such as EDX mapping, can be used to corroborate the identity of the granules based on their elemental composition (Fig. 1b–d). Nitrogen and sulphur serve as markers for melanin, while phosphorus serves as marker for lipofuscin [32].

In this work, we performed all investigations on tissue that was embedded for electron microscopy in epon resin, but heavy metal-staining steps were omitted since they inhibit autofluorescence. The routine staining procedure for light microscopic investigation of epon-embedded sections involves Toulidine blue that yields a medium blue colour in lipofuscin and lets melanosomes appear dark blue to black (Fig. 1e). However, Toulidine blue inhibits autofluorescence as well, preventing NIR-AF investigation in stained sections. Alternatively, melanin can be readily identified in unstained sections by its inherent colour in bright field (BF), while lipofuscin can be identified in the same section by its characteristic SW-AF (Fig. 1e). Therefore, a combination of BF and SW-AF investigation gives similar information concerning melanosome and lipofuscin distribution than Toulidine staining and also allows the investigation of NIR-AF. Moreover, since the SW-AF is confined to the lipofuscin moiety of melanolipofuscin, melanolipofuscin granules in human samples can easily be identified by a gap in a given SW-AF signal that co-localizes with a bright field-identified melanosome (Fig. 1e). However, this does not apply to mouse samples, since their melanolipofuscin is highly irregular in shape and BF contrast. Therefore, distinguishing between true melanolipofuscin on the one hand, and closely situated melanosomes and lipofuscin granules on the other hand, is difficult using only light and fluorescence microscopy in mouse samples.

3.2. NIR-AF intensity in the RPE and choroid increases with age in pigmented WT mice

To investigate whether NIR-AF intensity and distribution change with age, we compared 3-, 12- and 18-month-old WT mice. We found that overall NIR-AF intensity of BF-confirmed melanosomes in the RPE and choroid increases with age (Fig. 2a, b). To allow the identification of areas with NIR-AF in images with low intensity, images were post-processed as described in the methods section. Post-processing revealed that even at 3 months of age and with very weak intensity, NIR-AF signals are present in both RPE and choroid, just as in 18-month-old samples (Fig. 2c, d). Therefore, post-processing is used throughout the manuscript for images with low AF intensities to allow the detection of weak AF signals. In BF images, choroidal cells with brighter granules than neighbouring melanocytes were evident in all age-groups but appeared to increase in number with age (Fig. 2a). These macrophage-like cells were often round and showed higher NIR-AF intensities compared to the surrounding melanocytes in all age-groups (Fig. 2b–d). Electron microscopic investigation of these cells showed that several melanosomes were clustered and surrounded by a common membrane, while this was not the case in typical melanocytes where each melanosome is surrounded by its own membrane (Fig. 2e).

Semi-quantitative analysis of total NIR-AF signals derived from RPE and choroid revealed an approx. 3-fold and 9-fold increase in 12-month-old and 18-month-old animals compared to 3-month-old animals, respectively (SI S1). Melanosomes from 12- and 18-month-old animals appear brighter in BF images than those of 3-month-old animals, especially in the choroid (Fig. 2f).

3.3. NIR-AF intensity varies between individual melanosomes and can co-localize with WT mice

In the choroid, some melanosomes were prominent in BF images as they appeared darker and larger in size. However, these melanosomes varied considerably in their NIR-AF intensities: while most of them had pronounced NIR-AF, some only showed very weak NIR-AF (SI S2).

At closer inspection of individual RPE melanosomes, we found that in 3-month-old animals, spindle-shaped RPE melanosomes did not show NIR-AF over their whole profile and AF intensities of these granules were very weak compared to neighbouring spherical melanosomes (Fig. 3). In contrast, spherical RPE melanosomes showed inter-granular variability in their NIR-AF intensity: both very weak and very high intensities were observed (Fig. 3). In 18-month-old animals, spindle-shaped melanosomes had mildly higher NIR-AF intensities compared to neighbouring spherical melanosomes. Most spherical melanosomes in this age-group showed a dark margin and a bright centre in BF images; this characteristic in internal morphology was also evident in NIR-AF as the darker margin had higher NIR-AF intensity compared to the brighter granule centre (Fig. 3).

Since it was suggested that lipofuscin contributes to NIR-AF signals [25], we investigated whether this was also evident in histologic sections of WT animals. In 3-month-old animals, lipofuscin, as identified by SW-AF, was scarce and NIR-AF signals from these granules were not evident (Fig. 3). However, in 18-month-old animals, co-localization of NIR- and SW-AF was readily seen, but not present in all granules (Fig. 3). Photoreceptor outer segments also presented SW-AF that increased with age (Fig. 3), probably due to presence of fluorescent bisretinoid precursors [15,34].

3.4. Co-localization of NIR- and SW-AF in the lipofuscin moiety of melanolipofuscin and in lipofuscin in pigmented WT and Abca4−/− mice

We asked the question whether co-localization of NIR- and SW-AF in lipofuscin was a sign of the lipofuscin at hand being a moiety of melanolipofuscin. Since aged WT mice have moderate levels of lipofuscin, we additionally investigated pigmented Abca4−/− mice that accumulate high levels of lipofuscin and melanolipofuscin early in life, with the melanolipofuscin appearing as a fusion of melanosomes and irregularly shaped lipofuscin granules [29,33].
While in 18-month-old WT mice, co-localization of NIR- and SW-AF was exclusively seen adjacent to BF verified melanosomes, 13-month-old Abca4−/− mice, with higher lipofuscin levels showed co-localization of NIR- and SW-AF additionally in granules that were spatially separated from melanosomes (Fig. 4). This suggests that in these animals, also lipofuscin granules can emit NIR-AF.

When comparing young (7 months) to aged (13 months) pigmented Abca4−/− mice, an overall increase of the NIR-AF signal and brightening of melanosomes in BF images, the latter predominantly in the choroid, similar to the results in WT mice, was evident (SI S3).

Furthermore, in 7-month-old Abca4−/− mice, NIR-AF derived from lipofuscin granules was rare, resulting in predominantly green lipofuscin granules in NIR-AF/SW-AF overlay images as opposed to the majority of lipofuscin granules in 13-month-old Abca4−/− mice that appeared yellow in NIR-AF/SW-AF overlay images (Fig. 4, SI S3). This suggests that, in these animals, lipofuscin granules can also emit NIR-AF (Fig. 4, SI S3).

3.5. Lipofuscin in albino Abca4−/− mice does not show specific NIR-AF signals

Histologic differences between lipofuscin from pigmented and albino Abca4−/− mice were described before [29]. Furthermore, RPE cells of pigmented and albino Abca4−/− mice show varying SW-AF patterns which might be due to the differences in lipofuscin morphology [29]. Therefore, we compared NIR-AF properties of 12–13 months old pigmented and albino Abca4−/− mice to age-matched
Fig. 2. NIR-AF in the RPE and choroid increases with age in pigmented WT mice. a) BF images of samples from 3-, 12- and 18-month-old mice. Since staining with toluidine blue would have resulted in loss of AF signal, only melanosomes can be identified. Arrowheads point to choroidal cells with brighter granules than typical choroidal melanocytes. b) Corresponding NIR-AF images taken under identical conditions. c) Same images as shown in (b), but post-processed to allow the localization of weak signals. Arrowheads show that choroidal cells with bright granules (as shown in (a)) have a higher NIR-AF intensity compared to the surrounding melanocytes, independent of age. d) Overlay of BF (a) and post-processed NIR-AF (c) images. N = 1–2 animals/group. e) Electron microscopic image of a macrophage-like cell (marked with a dashed line) in a 12-month-old pigmented WT mouse. The boxed areas of a typical melanocyte and the macrophage-like cell are shown in higher magnification on the right side. In choroidal melanocytes, individual melanosomes are surrounded by their respective membranes that are in close contact to the granule in young animals, but are often detached in aged animals (box 1, white arrowheads). In macrophage-like cells, several melanosomes form clusters that are surrounded by a continuous membrane (box 2, black arrowheads). OS: outer segments; RPE: retinal pigment epithelium.
Fig. 3. RPE melanosomes vary in their NIR-AF properties and lipofuscin granules can add to the total NIR-AF signal. Comparison of NIR-AF (red) and SW-AF (green) in 3 and 18-month-old WT mice. AF images were post-processed to allow the localization of weak signals. In young mice, most spindle-shaped melanosomes show weak NIR-AF (short white arrows), while in old mice, most spindle-shaped melanosomes show strong NIR-AF (short black arrows) relative to neighbouring spherical melanosomes. Spherical, dark melanosomes vary between weak NIR-AF (white arrowheads) and very intense NIR-AF (black arrowheads). In old animals, spherical melanosomes with dark margin were evident in BF (grey arrowheads). The dark margin had higher NIR-AF intensity than the bright centre. Areas with high SW-AF sometimes also showed additional NIR-AF (overlay of red and green, yielding yellow; long white arrows), while in other instances and in young animals did not (long black arrows). Asterisks mark autofluorescent outer segments. N = 1–2 animals/group. BF: bright field; NIR: near-infrared; SW: short wavelength.

Fig. 4. Co-localization of NIR-AF and SW-AF in the RPE of WT and pigmented Abca4−/− mice. NIR-AF is shown in red while SW-AF is shown in green, yielding yellow when superimposed. Black arrows point to co-localization of NIR-AF and SW-AF in direct contact to BF-identified melanosomes, while white arrows point to co-localization of NIR-AF and SW-AF spatially separated from melanosomes. Asterisks mark autofluorescent outer segments. Scale bar: 2 μm. N = 1–2 animals per group. BF: bright field; NIR: near-infrared; SW: short wavelength.
pigmented WT. In pigmented Abca4−/− mice, melanosomes of the RPE and choroid gave higher NIR-AF signals than in age-matched WT mice (Fig. 5a). In albino Abca4−/− mice, choroidal and RPE melanosomes are lacking and consequently no melanosome-derived NIR-AF signals were found.

Correlation of NIR- and SW-AF showed that in WT mice, some, but not all lipofuscin granules present NIR-AF (Fig. 5b). In pigmented Abca4−/− mice, most areas with SW-AF also showed NIR-AF (Fig. 5b), independent of whether they were in close contact to BF-identified melanosomes or being spatially separate from melanosomes. Only very small lipofuscin granules did not exhibit NIR-AF. In albino Abca4−/− mice however, no specific NIR-AF signals co-localized with SW-AF were present (Fig. 5b). When we used prolonged acquisition times, very weak NIR-AF signals co-localizing with SW-AF were found in albino Abca4−/− mice, however, the signal intensity was comparable to background signal (SI S4).

3.6. NIR- AF signals in aged human RPE originate from melanosomes, melanolipofuscin and lipofuscin granules

To verify the findings from mouse tissue, we investigated tissue of two aged human donors (68 and 80 years) without known ophthalmic diseases. Virtually all of the SW-AF co-localized with NIR-AF, some of it being in direct contact to BF-identified melanosomes, suggesting melanolipofuscin (SI S5). Melanosomes and lipofuscin granules show similar intensity of NIR-AF and the NIR-AF signal is present in the whole lipofuscin granule profile, resulting in a bright yellow colour in the overlay image. Lipofuscin granules showing SW-AF, but not NIR-AF, were scarce and small in diameter. Routine electron microscopy confirmed overall localization and morphology of granules identified by fluorescence microscopy; just as in fluorescence images, melanolipofuscin consisted of a melanin core with a shell or protrusions of lipofuscin-
AF were averaged, respectively. In the NIR-/SW-AF overlay image, lipofuscin granules appear yellow due to the presence of both NIR- and SW-AF. The EM image shown is a composite image of 20 individual images taken at x12,000 magnification. Contrast is low due to complete lack of heavy-metal staining, however, melanosomes and (melano-)lipofuscin granules are still readily identifiable (compare to SI S5 that shows a heavy-metal stained section from the same eye). Magnified EM and fluorescence pictures of the boxed area are shown in (b). The full resolution version of the EM composite image can be accessed under DOI:10.6084/m9.figshare.7951057. b) Melanosomes (arrowheads) show exclusively NIR-AF, but no SW-AF. However, NIR-AF intensity varies between high (black arrowheads) and low (white arrowheads). Lipofuscin granules (short arrows) appear ultrastructurally indistinguishable and show similar SW-AF intensities, but their NIR-AF intensities vary between high (short black arrows) and low (short white arrows). Virtually all lipofuscin granules present NIR-AF. Melanolipofuscin granules (long arrows) can be identified by their NIR-AF positive melanin core and a SW-AF and NIR-AF positive lipofuscin shell or protrusions. BF: bright field; EM: electron microscopy; N: nucleus; NIR: near-infrared; SW: short wavelength.

Fig. 6. Correlative fluorescence and electron microscopy of the RPE of an 80-year-old human donor. a) A 150nm thick section was first investigated by BF and for NIR-AF (red) and SW-AF (green) and subsequently investigated by electron microscopy. To compensate for low signal to noise ratio, 5 individual images of BF, NIR-AF and SW-AF were averaged, respectively. In the NIR-/SW-AF overlay image, lipofuscin granules appear yellow due to the presence of both NIR- and SW-AF. The EM image shown is a composite image of 20 individual images taken at x12,000 magnification. Contrast is low due to complete lack of heavy-metal staining, however, melanosomes and (melano-)lipofuscin granules are still readily identifiable (compare to SI S5 that shows a heavy-metal stained section from the same eye). Magnified EM and fluorescence pictures of the boxed area are shown in (b). The full resolution version of the EM composite image can be accessed under DOI:10.6084/m9.figshare.7951057. b) Melanosomes (arrowheads) show exclusively NIR-AF, but no SW-AF. However, NIR-AF intensity varies between high (black arrowheads) and low (white arrowheads). Lipofuscin granules (short arrows) appear ultrastructurally indistinguishable and show similar SW-AF intensities, but their NIR-AF intensities vary between high (short black arrows) and low (short white arrows). Virtually all lipofuscin granules present NIR-AF. Melanolipofuscin granules (long arrows) can be identified by their NIR-AF positive melanin core and a SW-AF and NIR-AF positive lipofuscin shell or protrusions. BF: bright field; EM: electron microscopy; N: nucleus; NIR: near-infrared; SW: short wavelength.

3.7. Photic and oxidative stress intensify NIR-AF of melanosomes in vitro

Since both light and oxidative stress have been found to increase melanin AF [10–12], we tested whether these stressors also increase NIR-AF of melanosomes. Therefore, isolated RPE and choroidal melanosomes from pig eyes were treated with either white light (45,000 lx) or 0.3% hydrogen peroxide at pH 7.4 for 3 or 6 h, respectively (Fig. 7, SI S7). NIR-AF intensity from RPE melanosomes increased significantly after 6 h of light treatment and already after 3 h of hydrogen peroxide treatment, respectively. For choroidal melanosomes, significant alterations of NIR-AF were only seen after 6 h of hydrogen peroxide treatment and not after the applied illumination conditions. Brightening was especially seen in choroidal melanosomes (SI S7). SW-AF was not found in either melanosome fraction in any of the investigated conditions. Ultrastructural analysis of control and treated granules found that light treated RPE melanosomes showed an increase in number and size of small holes close to the melanosome edge, whereas hydrogen peroxide treatment resulted in a less homogenous electron density of RPE melanosomes (SI S8). In choroidal melanosomes, ultrastructural changes were less obvious.

3.8. NIR-AF of both melanosomes and lipofuscin granules increase in an in vivo phototoxicity model

The pigmented Abca4−/− mouse strain is considered as a model for the early phase of Stargardt disease, since it mimics the accumulation of lipofuscin in the RPE but lacks the retinal degeneration encountered in Stargardt patients. Illumination with blue light can be used to induce retinal degeneration which can be considered as a model for the late stage of Stargardt disease. We used a slightly modified phototoxicity protocol based on that published by Wu et al. [26] (Fang et al., manuscript submitted).

We found that the NIR-AF intensity and the share of the melanosome profiles that exhibit NIR-AF in the RPE and to a lesser extent in the choroid increases after illumination of 9-month-old Abca4−/− mice (Fig. 8). Furthermore, also the share of lipofuscin granules with co-localizing SW- and NIR-AF increases. These findings resemble the previously described data from aged WT and pigmented Abca4−/− mice (Figs. 2–4, SI S3).

4. Discussion

Light exposure of melanin is known to result in extensive structural modifications such as oxidative cleavage and cross-linking [7]. Photodegradation of DHICA-melanin, a synthetic model for eumelanin that is the major melanin type in the eye, resulted in a 16-fold increase of AF intensity [9].

In the present work, we show that NIR-AF emerging from RPE and choroidal melanosomes increases with age (Figs. 2, 3, SI S3) and oxidative stress (Figs. 7, SI S7). Additionally, NIR-AF emerging from RPE melanosomes increases with light stress as well (Figs. 7, 8, S7). Furthermore, while melanosomes in the RPE and choroid of 12-month-old WT mice have very low NIR-AF intensity, melanosome-derived NIR-AF signals from age-matched pigmented Abca4−/− mice are greatly increased (Fig. 5). This might be due to
Fig. 7. Semi-quantitative analysis of NIR-AF intensities of RPE and choroidal melanosomes after photic and oxidative stress. Isolated porcine RPE and choroidal melanosomes were treated with either 45,000 lx white light or 0.3% hydrogen peroxide at pH 7±4 for 3 or 6 h, respectively (N = 4–6, * p < 0.01, ** p < 0.0001, Dunnett’s test). IOD: integrated optical density; NIR: near-infrared.

Fig. 8. Blue light stress increases NIR-AF signals in 9-month-old pigmented Abca4−/− mice. NIR-AF (red) and SW-AF (green) images of both groups were taken under identical conditions. In non-illuminated eyes, many melanosomes show only minimal or no NIR-AF (white arrowheads), while after blue light stress the overall number of melanosomes showing NIR-AF and the NIR-AF intensity increases (black arrowheads). In non-illuminated eyes, the majority of lipofuscin granules only show SW-AF (white arrows), while after illumination the number of lipofuscin granules showing co-localization of SW-AF and NIR-AF increases (black arrows). N = 7 animals per group. BF: bright field; NIR: near-infrared; SW: short wavelength.

Melanin damage caused by elevated levels of oxidative stress in these animals. These findings question the common assumption that NIR-AF is an intrinsic property of melanin; it may be more appropriate to consider NIR-AF as a marker for aged or oxidized melanin.

In addition to an increase of NIR-AF intensity with age, we saw a simultaneous brightening of melanosomes in BF images in WT and Abca4−/− mice, especially in the choroid (Fig. 2, SI S1, SI S3). Melanosome bleaching is most likely due to melanin degradation, as bleaching also occurs after treatment with superoxide anions, known to degrade melanin [13]. This suggests that the observed increase of NIR-AF is linked to melanin degradation.

Melanosomes from RPE and choroidal melanocytes differ in their reaction to photic and oxidative damage: while RPE melanosomes exhibit more readily NIR-AF (Fig. 7), choroidal melanosomes react more readily with granule brightening (SI S7). Both melanosome types consist mostly of eumelanin with only little amounts of pheomelanin, however, choroidal melanin is suggested to have a higher 5,6-dihydroxyindole-2-carboxylic acid (DHICA) to 5,6-dihydroxyindole (DHI) ratio, with DHICA and DHI being the two proposed monomers of eumelanin [35]. A high DHICA:DHI ratio was suggested to be indicative of a high potential to quench reactive oxygen species [36]. This difference in chemical composition might at least partly explain the observed dif-
ference in reaction to photic and oxidative damage in RPE and choroidal melanosomes (Fig. 7, SI S7, SI S8). Acknowledging the different properties of RPE and choroidal melanin is of interest for fundus AF, since with current clinical imaging systems, both RPE and choroidal melanin add to the NIR-AF measurements [19,20]. However, new imaging techniques, such as adaptive optics scanning laser ophthalmoscopy, are being developed that allow the selective visualisation of RPE cells [37].

Furthermore, we found that there is a considerable variation in NIR-AF properties within both the RPE and the choroidal melanosome populations. In young RPE cells, ellipsoidal melanosomes have a uniform weak NIR-AF that does not cover the whole melanosome profile, whereas spherical melanosomes show a high inter-granule variability, with either very high or very low NIR-AF intensity (Fig. 3). In the choroid, melanosomes that seem uniform in light microscopy can differ vastly in their overall weak NIR-AF intensities in a given tissue is a sign that individual melanosomes are not subjected to the same levels of noxious interference. An elevated nitrogen level in melanosomes [29] therefore a difference in NIR-AF properties due to molecular differences is conceivable. In histologic sections and isolated granules from aged human donors however, virtually all melanosomes and isolated melanosomes in a given tissue is a sign that individual melanosomes are not subjected to the same levels of noxious agents that can induce chemical alterations which finally result in NIR-AF intensity increase.

In the choroid, individual rounded cells were present that showed elevated NIR-AF intensities compared to the neighbouring, typically elongated melanocytes (Fig. 2, SI S2). Ultrastructural investigation revealed clusters of melanosomes in lysosome-like organelles in these cells (Fig. 2E). Our group previously identified choroidal cells with similar morphology as macrophages by immunohistochemistry [38].

The contribution of lipofuscin to the NIR-AF signal has long been under debate [25,39]. We found the first occurrences of co-localization of SW- and NIR-AF in areas adjacent to BF-identified melanosomes, suggesting that the lipofuscin moiety of melanolipofuscin is the first area to present both AF types (Figs. 3, 4, SI S3). With increased load of lipofuscin, also lipofuscin granules (indicated by spatial separation from BF-identified melanosomes) did readily contribute to the NIR-AF signal, albeit the proportion of NIR-AF-contributing lipofuscin granules varies (Figs. 3–6, SI S3, S5). When investigating isolated human RPE granules, the lipofuscin fraction showed both SW- and NIR-AF (SI S6). The possibility of misidentifying melanolipofuscin as lipofuscin granules, e.g. due to the melanin moiety not being visible in the section, was prevented by separating the granules by density centrifugation and investigating whole granules.

To our surprise, we did not detect specific lipofuscin NIR-AF signals from albino Abca4−/− mice (Fig. 5). With longer acquisition times, we found weak NIR-AF signals co-localizing with lipofuscin granules with high SW-AF intensities; however, these NIR-AF signals were merely as intense as background signals derived from nuclei (SI S4). We therefore suppose that these signals are fluorescence spillover from lipofuscin fluorophores and are not derived from the same molecular source as the high-intensity NIR-AF signals found in lipofuscin granules from pigmented animals and aged humans. While lipofuscin in albino Abca4−/− mice lacks the high-intensity NIR-AF signal seen in pigmented samples, some NIR-AF background is present. This is in accordance with the results from a fundus AF-based study by Paavo et al. that found an increase of NIR-AF intensities in tandem with SW-AF intensities in albino Abca4−/− mice27: our data suggest that increasing amounts of lipofuscin result in increasing SW-AF and a mild parallel increase of NIR-AF due to presumed fluorescence spillover in these animals. Lipofuscin from pigmented and albino mice was shown to have different bisretinoid composition [40] and morphological properties [29], therefore a difference in NIR-AF properties due to molecular differences is conceivable. In histologic sections and isolated granules from aged human donors however, virtually all lipofuscin granules (and lipofuscin moieties of melanolipofuscin granules) exhibited co-localization of SW- and NIR-AF (Fig. 6, SI S5, SI S6).

How can we explain these observed differences in lipofuscin NIR-AF intensities? As outlined before, co-localization of SW- and NIR-AF first emerging in close association to bright-field-conferred melanosomes is suggestive of the granule in question being melanolipofuscin. This suggests that the lipofuscin moiety in melanolipofuscin has certain properties that distinguish it from true lipofuscin granules. Analytical electron microscopy as well as nano-secondary ion mass spectrometry analyses of human RPE pigments found that the lipofuscin moiety of melanolipofuscin has significantly elevated nitrogen levels (usually considered a marker for protein content, but also a marker for melanin) compared to lipofuscin granules, while the melanin moiety of melanolipofuscin was found to have elevated phosphorus levels (considered a marker for lipid content) compared to true melanosomes [28,32]. This suggests that the lipofuscin and melanin moieties in melanolipofuscin have some sort of molecular exchange. It is possible that the elevated nitrogen levels found in melanolipofuscin are in fact not derived from proteins, but from melanin degradation products that also contain nitrogen atoms.

Assuming that melanin degradation products amass in melanolipofuscin, how can we explain their subsequent presence in lipofuscin granules? Melanosomes and lipofuscin granules are both derived from phagocytosed outer segments, is transported to melanosomes [43,44] which highly suggests an involvement of the melanosome in the lysosomal degradation pathway. By this means, bisretinoids are likely to be transported to the melanosome. Due to their oxidative properties, bisretinoids might therefore be involved in melanin degradation. Additionally, this process might be the gateway to melanolipofuscin formation. Indeed, we previously suggested the hypothesis that melanin degradation products amass in melanolipofuscin, yielding melanolipofuscin (Schaeremeyer U, et al. Invest Ophthalmol Vis Sci. 2019;60:ARVO E-Abstract 1912). The concept of melanin being able to degrade bisretinoids is supported by recent findings highlighting that human foetal RPE cells accumulate less lipofuscin-like material than unpigmented RPE cells in vitro [45]. Little is known about the biological fate of melanin degradation products. It is conceivable that fluorescent degradation products of melanin are incorporated into the lipofuscin moiety of melanolipofuscin granules and, with time, are distributed to lipofuscin granules by mechanisms similar to lysosome-lysosome exchange mechanisms. This would not only explain the increase of lipofuscin granules with co-localized SW- and NIR-AF with time, but also elegantly explain the observed lack of specific high-intensity NIR-AF, exceeding what we currently consider fluorescence.
cence spillover, in albino Abca4<sup>−/−</sup> lipofuscin. Furthermore, accumulation of melanin-degradation products in lipofuscin granules with time could also lead to a tipping point when lipofuscin granules have a greater contribution to overall NIR-AF than melanosomes, especially considering that melanosomes are lost from the RPE with age.

However, molecular confirmation of melanin degradation products accumulating in (melano-)lipofuscin is currently lacking. To date, most compositional analyses of lipofuscin are based on extracts obtained by Folch extraction, which only allows the investigation of chloroform-soluble lipids, therefore, new analytic approaches, going beyond Folch extraction, are needed.

A potential weakness of this study is that we had to resort to standard fluorescence microscopy, since even though the confocal laser scanning system at our disposal (Leica TCS SP8 STED) is equipped with multiple excitation lasers, excitation with 708 nm or longer is not available. We tested whether 635 nm (the longest excitation wavelength available in our system) can be used for excitation of NIR-AF but this resulted in no detectable signals from both melanosomes and lipofuscin granules in a range from 648 to 800 nm, as detected with a Leica prism-based tuneable multiband spectral detection system. However, since we limited section thickness to 500 nm, we were still able to achieve good resolution in standard fluorescence microscopy. Furthermore, Abca4<sup>−/−</sup> and WT mice belong to different substrains of the 129S strain, so we cannot rule out the presence of genetic differences that influence the presented results between these two mouse models. Another limitation is the low number of biological replicates. Nevertheless, the increase of melanin-derived NIR-AF with oxidative and photic stress was found in melanosomes from two species (mouse and pig) as was the presence of NIR-AF signals in lipofuscin (mouse and human). We therefore consider our results a proof-of-concept that requires further investigation. One important question is for instance the degree of influence increasing melanin-derived NIR-AF and additionally occurring lipofuscin-derived NIR-AF have on patient fundus autofluorescence data. Also the underlying mechanism and time frame of lipofuscin granules emitting NIR-AF is of high relevance as is its potential involvement in lipofuscin-related retinal disease, such as in age-related macular degeneration and Stargardt disease.

Strengths of this study are that the used NIR excitation and emission wavelengths are very similar to the wavelengths used in fundus AF examination in patients, so the NIR-AF findings in this study are transferable to patient findings. Furthermore, the microscopical approach employed allows identification of AF properties of individual granules, which is not yet possible with clinical fundus AF based techniques. However, new techniques, such as adaptive optics scanning laser ophthalmoscopy, have the potential to achieve subcellular resolution in vivo in the future [37]. Correlative fluorescence and electron microscopy showed unambiguously that both melanosomes and lipofuscin granules are sources of NIR-AF in aged human donor eyes.

In conclusion, our study suggests that NIR-AF is derived from melanin degradation products that emerge from either photic or oxidative stress. As a consequence, aged/damaged melanosomes emit higher NIR-AF signals than young/undamaged melanosomes. Therefore, melanin could be considered a “wear and tear” material that is meant to quench photic or oxidative stress at its own expense. This is indicated by elevated NIR-AF levels in the RPE and choroid of pigmented Abca4<sup>−/−</sup> mice that have more oxidative stress than age-matched WT mice. Pigmented Abca4<sup>−/−</sup> mice do not develop retinal degeneration even up to 22 months of age, while albino Abca4<sup>−/−</sup> mice show first signs of retinal damages as early as 4 months old [29]. Although pigmented and albino Abca4<sup>−/−</sup> mice differ in their genetic background (as discussed in [29]), the lack of melanin in the RPE and choroid of albino Abca4<sup>−/−</sup> mice can at least partly explain the differing susceptibility to retinal degeneration.

However, also the lipofuscin moiety of melanolipofuscin and subsequently lipofuscin granules can emit relevant levels of NIR-AF, potentially due to accumulation of melanin degradation products. The exact mechanism of how and when lipofuscin granules start to emit NIR-AF is however still unclear.

Both aspects, melanin NIR-AF increasing with age and oxidative status, as well as lipofuscin being a source of NIR-AF under certain circumstances, are of great importance for interpretation of clinical and research NIR-AF data. The common assumption that NIR-AF intensity equates melanin quantity cannot be supported with the present data. Elucidating the mechanisms behind changing AF properties of melanosomes and lipofuscin granules opens the possibility to gain deeper insights into pathologic processes and refinement of diagnostics.

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6. Declaration of Competing Interest

The authors declare that they have no competing interests.

7. Author contributions

Conceptualization: TT, SJS, US; Data curation: TT; Formal analysis: TT; Funding acquisition: US; Investigation: TT, YF, AB; Supervision: SJS, US; Visualization: TT; Writing - original draft: TT; Writing - review and editing: YF, AB, SJS, US

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Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.ebiom.2019.09.048.

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