Research Article

Galenic hospital laboratory during COVID-19 emergency: A practical experience in an advanced country

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Abstract

In the actual COVID-19 emergency, as pandemic disease, in many countries at the same time there was the rapid need to use preventive and therapeutic measures to control the diffusion of infection.

In PC AREA (Italy north) in the period between March and May 2020, in fact, were observed about 1000 deaths related to COVID-19 (in March 2020 + 271% death vs 2019). Between all the measure submitted by public international institution like WHO, OMS, CDC and many other, the deeply use of disinfectants product became a crucial fact in safety procedure and protocols. The high amount of this disinfectants and antiseptic was needed especially in hospital settings or assimilates structure (named as COVID-19 hospital) but also for territorial healthcare need. So it was needed to buy from industries this product but also to start an internal production in galenic laboratories. This because pharmaceutical industries not provided in some cases the request amount of this “safe life products. In this work is reported a practical experience in a public hospital, Pc AREA related GALenic EXTRA -ORDINARY PRODUCTION of disinfectants and antiseptics. The result of this local experience experience can be easily translated to other countries in the world (advanced or also not advanced).

Introduction

In the period observed, starting from February to March, Italy was deeply interested by COVID-19 PANDEMIA like other countries in the world. This created a real NEW complex situation for the hospital organization due to the need to treat an high amount of patient in a limited periods of time and related to a limited industry production availability. In the same time in fact many hospitals required high amount of disinfectants and antiseptic. To prevent the diffusion and spread of Coronavirus - COVID-19 many measures were proposed by public national and international health organizations like WHO, CDC, OMS, ministry of health and so on.

Measures adopted also by italian ministry of health. (from lockdown, to social distancing, to masks use, to diagnostic test, medical devises as individual protective dispositive and many other since strictly use of antiseptic and disinfectant for hands and closed environment and related sanification need). This severe disease was characterized by high diffusivity and high mortality rate especially in some world region. (see for example WU- HAN, north Italy et other). But not in all countries was seen the same mortality rate: it was related to the different kind of measure adopted (5). Between the various public health measures adopted to prevent diffusion of this severe disease one of the most important were the antiseptic and disinfectant policy. Disinfectants to treat environment and antiseptics for patients and healthcare professional. Antiseptics were also used to clean and disinfect hands in public places like train -station, metro, office, and any other situation.

All the measures adopted like mask use, social distance, Lockdown, disinfectant use, informatic tracemark Diagnostics, individual protective products and many other produced a reduction of RT (CONTAJOUS INDEX). The high distribution of
the disease IN THE POPULATION required in short time a lot of amount of all these products and measures. Hospitals and institutions needed to get this products from pharmaceutical industry but the high level of requests by many hospitals in the same time created a situation of lack of product. In this situation there was the need to auto-product the disinfectants in a galenic lab Figures 1,2.

DRUGS (also experimental trial) and DPI- medical devices, disinfectants, oxygen and other” [3-5]. “Observing the results obtained in other kind of scientific or organizational -settings (military strategy, aereo-spatial Nuclear settings, insurances and other) is clear that introducing in day -by- day activity in emergency- settings makes possible to achieve the really best results. Using prospective instrument is the real tool to be added to the classic risk -analysis management procedure: the hystorical-data can not to be the only one- correct to be used.

So is strictly needed to share - translate the real good practice form a discipline (ex-insurance settings, industries, aereo-spatial and other kinds) to another (like emergency-settings). Multi-disciplinarity-(with the presence of clinical emergency pharmacist in medical team), sharing of knowledge, introducing the best -practice also if typical of other scientific discipline produces a good organization whit real useful results. In really Emergency situation only one failure in organizational- process can produce death of a patient so is crucial to adopt this Instrument also whith a prospective-point of view” [6].

According SANTILLI

“Hospital organization is fundamental to contain the diffusion of the - novel coronavirus. In an recent article published on Intesive Care -Medicine it was described SICHUAN PROVINCIAL. PEOPLES’S HOSPITAL during covid-19 epidemy. Doctor F. SANTILLI stating from this article analyzed some managerial and organizative hospital Aspects that in this epidemy could be crucial to overcome emergency” [7].

According G. Kampf

“Ethanol is used world-wide in the health-care facilities for hand- rubbing. It has been reported to have a stronger and broader kind of virucidal- activity compared with propanols. The aim of this review work was to describe the spectrum of virucidal- activity of ethanol in solution or as a commercially--available products. A systematic- research work was so conducted. Studies and works were selected when they contained original- data on reduction of viral infectivity from suspension tests (about 49 studies) and contaminated- hands (17- studies). Ethanol at 80% was highly effective against all the 21 tested, enveloped- viruses within 30s.

Murine - and adenovirus type 5 are usually inactivated by ethanol between 70% - 90% in 30 s whereas poliovirus type 1 was often found to be too resistant except for ethanol at 95% (all test viruses of EN- 14476). Ethanol at 80% is unlikely to be sufficiently effective against the polio-virus, calicivirus- (FCV), polyoma-virus, hepatitis A- virus (HAV) and foot-and-mouth disease virus- (FMDV). The spectrum of virucidal -activity of ethanol at 95%, covers the majority of clinically relevant-viruses. Additional acids can substantially improve the virucidal- activity of ethanol at lower- concentrations against, poliovirus, FCV, polyoma-virus and FMDV although selected-viruses such as HAV may still be too resistant. The selection of...
an suitable virucidal hand- rub should be based on the viruses most- prevalent in a unit and on the user -acceptability of the product under a frequent-use conditions” [8].

According WHO Guidelines on Hand Hygiene in Health Care: First Global Patient Safety Challenge Clean Care Is Safer Cre.WHO-recommended handrub formulations:

“Suggested composition of alcohol-based hand-scrub formulations for local production. The choice of components for the WHO-recommended hand-scrub- formulations takes into account cost- constraints and microbicidal -activity. The following 2 formulations are recommended for local- production with a maximum of 50 litres per lot to ensure safety in the production and storage.

Formulation I

To produce a final concentrations of ethanol 80% v/v, glycerol 1.45% v/v, hydrogen- peroxide (H₂O₂) 0.125% vol/vol

Pour into a 1000 ml graduated flask:

ethanol 96% v/v, 833.3 ml

H₂O₂ 3%, 41.7 ml

glycerol 98%, 14.5 ml

Top up the flask to 1000 cc with distilled-water or water boiled and cooled; shake the flask gently to mix the content.

Formulation II

To produce a final -concentrations of isopropyl-alcohol 75% v/v, glycerol 1.45% v/v, hydrogen- peroxide 0.125% vol/vol:

Pour into a 1000 ml graduated-flask:

Isopropyl- alcohol (with purity: 99.8%), 751.5 cc

H₂O₂ 3%, 41.7 ml

glycerol 98%, 14.5 ml

Top up the flask to 1000 cc with distilled -water or water boiled and cooled; shake the flask gently to mix the content.

Quality control

If the concentrated alcohol is obtained from local- production, verify the alcohol -concentration and make the necessary adjustments in the volume to obtain the ending recommended -concentration. An alcohol-meter can be used to control the alcohol- concentration of the final- use solution; H₂O₂ concentration can be measured by titrimetry- (oxido- reduction reaction by iodine in acidic- environment ). A higher level quality control can be performed using gas chromatography and the titrimetric- method to control the alcohol and the hydrogen- peroxide content. the absence of microbial- contamination (including spores) can be checked by filtration, according to the EP European Pharmacopeia- specifications.

For more detailed -guidance on production and quality control of both -formulations, see the “WHO-recommended hand- antisepsis formulation - guide to local production” (Implementation -Toolkit available at http://www.who.int/ gpsc/en/).

Labelling of the bottles

The bottles should be labelled in accordance with national- guidelines. Labels should include the following informations:

Name of the institution

Date of lab production and batch-number.

Composition: ethanol or isopropanol, glycerol and hydrogen peroxide (% v/v can also be indicated) and the following statements:

WHO-recommended handrub-formulation For external- use only Avoid contact with eyes Keep out of reach of children

Use: apply a palmful of alcohol-based hand-rub and cover all surfaces of the hands. Rub -hands until- dry. Flammable: keep away from the flame and the heat ”[9].

“Alcohol -Disinfectant effectiveness in the ABHRs depends on 1) type of alcohol; 2) concentration; 3) quantity applied on
In hand-- rubs. Unlike other antiseptics, these alcohols do not have the potential for acquired bacterial -resistance. None of these alcohols is effective against bacterial- spores.

When used at the same concentration, ethanol seems to have a lower bactericidal activity than propanols. Ethanol has superior viricidal- activity than propanols against non-enveloped viruses. Also, skin- tolerance is better with ethanol compared to n-propanol or isopropanol, thus ethanol is often the alcohol of choice in the ABHR -preparations. Ethanol concentrations of 60% - 95% (v/v) are deemed safe and effective for disinfection by the United States Food and Drug Administration, CDC and the WHO (Boyce et al., 2009, CDC, 2019a, FDA, U.S., 2020, FDA, U.S., 1994) including for use against SARS-CoV-2. Edmonds et al. suggested that the anti-microbial activity of the ABHRs is highly dependent on the choice of formulation (excipient) rather than on the concentration of alcohol. They suggested that the liquid, gel and foam-based products can all be equally effective if the ethanol content used was within the 60% – 95% standard- range. Increasing ethanolic concentrations of hand rubs from 80% to 85% (v/v) can reduce the contact time necessary to achieve an efficient bactericidal activity. the WHO, US FDA and CDC still maintain their recommendations of 60–95% ethanol content in ABHRs. An analysis of some currently marketed -products reveals indeed that ABHRs, sold in Italian- pharmacies as the World Health Organization ethanol-based handrub -(EBHR) formulation contains 1.45% glycerol as an emollient to protect healthcare- workers’ (HCWs) -skin against dryness and dermatitis. However, glycerol seems to negatively affect the antimicrobial-efﬁcacy power of alcohols. the minimal concentration of glycerol required to protect- hands remain unknown. We aim to evaluate the tolerance of HCWs to the WHO EBHR formulation using different concentrations of glycerol in a tropical climate healthcare -setting. In a tropical climate setting, the WHO-modified EBH-R formulation containing 0.5% glycerol led to better ratings of skin- tolerance than the original formulation, and, may offer the best balance between skin- tolerance and antimicrobial efficacy" [19].

**Practical experience**

LOCATION- place of observation: PC AREA about 700 beds,6 hospital (presidium)(but also territorial need).
Time of observation: from 1 March to 15 May 2020. Hospital pharmacist involved in galenic lab: Two hospital pharmacist manager and 1 pharmacist (about 1 pharmacist by day) Organization of work: under director of hospital pharmacy and responsible of galenic non sterile lab. The need of disinfectants and antiseptics for this hospital was verified by HOSPITAL PHARMACIST director, MEDICAL DEVICES responsible and other manager also from HEALTH CENTRAL OFFICE OF THE HOSPITAL. The formulation adopted was the WHO formula, and approved by infectious disease physicians director (also under the responsibility of the pharmacist manager of lab. Galenic and director chief pharmacist of hospital).

Procedure

According the ones in use in galenic lab, and according FU XII ED, EP ed other normative rules.

Product produced

According to the WHO FORMULA and other industrial products:

1) hand disinfectant alcoholic gel composition: Ethanol 96% v/v 623 ml hydroxi-etilcellulose 10 gr and depurated water q.b. 1000 ml.
2) hand-alcoholic solution disinfectant composition: ethanol 96% 833,3 ml hydrogen peroxide 3% 41,7 ml, glicerol farmacopeia official 98% 14,5 ml and depurated water since 1000 ml.
3) alcohol 70-75 grades solution: Composition alcohol etilic 96% denaturated 733 ml since 1000 ml with depurated water.
4) amuchina hand solution: from industrial products divided in bottle of 500 ml.

Raw materials

Ethanol alcool 94% - 99%
Glicerol 98% FU
Hydrogen peroxide 3%
Depurated water
Hydroxietilcellulosa
Containers, Bottles, Dispenser and other closing system.

Calibrated LAB GLASSWARE: to measure accurate volume, becker, bottleneck and other necessary Amounts produced: according the daily working schedule signed.

Medium week production: approximately 600 flac. da 500 ml of hand disinfectant (periods emergency COVID-19).

600 x 500 ml = 300.000 ml for week.

Product: Medium production level by week
1) Alcoholic gel (400 flac. for week)
2) Amuchina x- germ (200 flac for week)

Period of observation: March - May 2020 Figures 3,4

Management of the system of production:

- Rapid supply chain systems of raw material and bottles from producers
- Verify of real availability from different providers
- Costs analysis, benchmark
- Emergency need.
- Clinical need: high need of disinfections procedures due to severe pandemia level
- High amount of production to cover hospital and territorial need

DPI used: musk FFP2, sterile gloves, caps, Lab coats, protective glasses (all single use).

Ordering procedure: BUYING OFFICE inside hospital, after encoding and cost evaluation.

The effective availability was verified from different providers in order to be sure of the products supply.

Figure 3: Bottles of disinfectants produced in hospital by galenic lab. PC AREA.

Figure 4: Production of disinfectant by hospital galenic lab.
Practical procedure

Due to the high amount of raw material was needed a special system to bring this high amount of raw material into the galenic lab. Before to start was needed to put on 2 month for hand alcholic gel and 3 month for ethanol 75%.

At the end the pharmacist writes working document and then after the control signes this. Then an evaluation of global costs was performed: raw material, bottles, and any other products used in order to have a cost by 1 bottle of 500 ml to be compared with industries products. To obtain right price was used the official formulary of pharmacist in Italy with cost for kind of products. Risk analisys: Chemical risk and biological risk.

All raw materials: According risk schedule and technical resume. (according the various galenic).

In example:

vAlcool etilic: inflamable
Alcool denaturate: NOCIVO – HARMFUL

Biological risk: According pharmacopeia rules for this kind of galenic production.

Expiration data: 60-90 days according the kind of galenic product All pharmacists was correctly trained to all kind of procedure used, according to the preventing risk rules and quality management policy by the chief of laboratory.

Quality control: After all daily production batches, was performed quality control according to pharmacopeia need.

- Correct Procedure
- General Aspect
- Verify Of The Closing System
- Number Of Preparation By Single Lot
- Labeling Correct
- Sign of The Pharmacist on Schede of Preparation and on Label

Economic evaluation

From industry: Alcool 70% : about 1,2 euro for 1 liter CENTRAL BUYING CENTRE (3,5 euro/500 ml in commerce out of ospital) 500 ml 0,6 euro amuchin gel hand: 1,5 euro flac 80 ml and 2,3 euros for bottle of 500 ml septaman gel hand 100 ml 0,72 euro (3,6 euro/500 ml), In commerce other product about 6 EURO/500 ML.

Our production

Alcol ethylic 75% flac 500 ml: 2,5 euro ( raw material not easily available form commerce).

Alcoholic hand gel flac 500 ml: 5,23 euro.

Alcoholic hand solution solution flac 500 ml: 7,43 euro.

Amuchine gel hand product from dividing procedure (of tanks 5 LT).
Costs: Alcohol 75% 500 ml: 2,50 (galenic lab) -0,6 euro (industry) + 1,45 euro /flac 500 ml (internal galenic products) Alcoholic hand gel 500 ml: 7,34 euro (galenic lab) -3,6 euro = 3,74 flac 500 ml.

Raw material PRICE – COSTS:
- ALCOOL ETILICO FU 96% LT.1 FLAC 15 euro Deputared water acef: 2,55 euro x 5 lt
- ALCOOL ETILICO 94 GRADES DEN 4 LITERS 20 EURO
- GLICEROLO FU 1 L 9,50 EURO LITER
- IDROSSIPROPIL METILCELLULOSA 1KG 30 EURO
- $H_2O_2$ 3% 100 ML 2 EURO

COST OF AMUCHIN GEL HAND 5 LT: 19,5 euros
  - Bottle PET white lucido o trasparente da 100 ml PFP100B-02: costs € 0,152 cd/ флакон -Capsula con sigillo e riduttore preinserito PCP00742: cost € 0,050 cd/capsula
  - Tappo flip top neutro 28/410 foro 3 mm: cost € 0,060 cd/tappo
  - Flacone PET trasparente da 500 ml PFL500D-00: cost € 0,330 cd/flacone
  - Pompadispenser bianca 28/410 x флакон PFL500D-00: € 0,2203 cd/dispenser

Total units costs
Medium week production: about
600 флакони da 500 ml di hand disinfectant (periods emergency COVID-19).
600 x 500ml = 300.000 ml WEEK
Products: Medium production level by week
1) Gel alcolico (400 флакон. A settimana)
2) Amuchina x- germ (200 флакон a settimana) travasata da taniche da 5 litri.

Registration of production data
All disinfectant manufactured in lab. Galenic was registered in official way for PHARMACOPEIA need, normative rules, quality procedure and to make possible aslo recall if needed.

Registration of Adr: in the period observed no any ADR adverse event reaction related galenic lab disinfectants produced was registered in official way (FV office report) No reported any official skin reaction or other adverse reaction for all production in local lab. Recall of product: No one registered in the period observed.

Distribution of Product: All product prepared in galenic lab as disinfectants was distributed or inside hospital (coide – ward or other ) or outside hospital for territorial health use.

Formative program: In the same period during the internal production of disinfectants was performed an UPDATING formative program related galenic activity to the new pharmacist of the Hospital assigned.

Economic evaluation by hospital central buying office: NO any official communication of non conformity sende to the hospital pharmacist.

Discussion
Before to start this section it is interesting to see the Formulations WHO OMS as useful instruments:

**Formulation I**
To produce final concentrations of ethanol 80% v/v, glycerol 1.45% v/v, hydrogen peroxide (H$_2$O$_2$) 0.125% v/v.

Pour into a 1000 ml graduated flask:
  a. ethanol 96% v/v, 833.3 ml
  b. H$_2$O$_2$ 3%, 41.7 ml
  c. glycerol 98%, 14.5 ml

Top up the flask to 1000 ml with distilled water or water that has been boiled and cooled; shake the flask gently to mix the content.

**Formulation II**
To produce final concentrations of isopropyl alcohol 75% v/v, glycerol 1.45% v/v, hydrogen peroxide 0.125% v/v:

Pour into a 1000 ml graduated flask:
  a. isopropyl alcohol (with a purity of 99.8%), 751.5 ml
  b. H$_2$O$_2$ 3%, 41.7 ml
  c. glycerol 98%, 14.5 ml

Top up the flask to 1000 ml with distilled water or water that has been boiled and cooled; shake the flask gently to mix the content.

According WHO recommended handrub formulations:

12.1.4: EFFICACY it is the consensus opinion of ther WHO expert group that the WHO recommended handrub formulations can be used both for hygienic hand antisepsis and for presurgical hand preparation.

Production and storage: According formula used, pharmacopeia and other rules.

WHO - recommended handrub formulations: Safety standards: 12.1.5
Whit regards to skin reactions, handrubbing with alcohol-based products is better tolerated than handwashing with soap and water. In a recent study conducted among ICU HWs, the short-term skin tolerability and acceptability higher then those of a reference product. COVID-19 Mortality rate in PC hospital was zero in 10 may, and an high mortality' rate due by Coronavirus In PC area was registered in period from march to may (like in other city like lodi, Cremona, Brescia, Parma, Alessandria).

Cumulative mortality: Piacenza (258,5 death x 100.000 person living in the area). The COVID-19 emergency showed clearly the need in pandemia situation of galenic hospital laboratory whit high productivity to guarantee the high amount il little time to control diffusion of disease. Al this show that corrected measure was introduced: And also in field of disinfectants use. The same the figure of galenic hospital pharmacist is fundamental. The global safety of galenic products come from FARMACOPEIA RULES and all normatives of lab galenic added to the formulary adopted (WHO formula). So we can assume equal safety of industrial products for the same pathology need.

A last consideration: A good management system of laboratory make possible to do it.

Related the costs of this production it is needed to explaining that in this period the global amount of disinfectant by industry was reduced using galenic production. The high amount of raw material not used for the acute time of pandemia can be used next. The total cost take in consideration: time of pharmacist, raw material, bottle costs, fixed cost of laboratory In the observed period was reduced the amount of product form industry and the stokes of raw material will be used in the next 6 month- 1 year.

Conclusion

As Observed mortality was highly reduced after 2-3 month after the start in PC AREA, this mean that a complexive number of death of about 900-1000 death becomes about zero in first day of march. This mean that all measure introduced where correct, and also the disinfectants and antiseptic policy adopted (of industrial origin or by internal hospital galenic laboratory production).

The results of this literature review added to the result of our practical experience show that the hospital galenic laboratory play a crucial role in emergencies like COVID-19 pandemia. In this situation we have see in march 2020 pharmaceutical industry was not able to produce the right amount of disinfectants and antiseptic for the need of some hospital in red zone. In this situation the high performance of hospital pharmacy organization make possible an efficicy response and to achieve great clinical outcomes. Disinfectants are products that make possible to control infectious disease in hospital setting and other assimilated structure, protect healthcare professionals and patients in the same way.

Hand washing and antiseptic procedure, disinfection of surfaces, and of medical devices and other Instrument was into the main preventive and contro-measure. High production added to limited time of responce was the keyword. The same it was relevant also the buying procedure to buy in few days all raw material to produce this. In period march 2020 was also needed to produce disinfectants not only for INTERNAL HOSPITAL but also to the TERRITORIAL need (basis phisicians ambulatory of all province).

As conclusion of this work is possible to say that hospital galenic laboratory and the managerial abilities of hospital pharmacist contribute in high way to the global result. This experience was obtained in an advanced countries but it can be exported also in other situation to cover the need of disinfectants and antiseptic. What is relevant is that an approach like WHAT IF ANALISYS in prospectic way can help in DISASTER EMERGENCY like pandemia situation. The internal galenic lab production was a winning strategy in this emergencial event and contribute to the global result. The ability to adapt to the new situation is a great instrument to be used as common way of work.

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