Prenatal Stress Enhances Excitatory Synaptic Transmission and Impairs Long-Term Potentiation in the Frontal Cortex of Adult Offspring Rats

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Abstract

The effects of prenatal stress procedure were investigated in 3 months old male rats. Prenatally stressed rats showed depressive-like behavior in the forced swim test, including increased immobility, decreased mobility and decreased climbing. In ex vivo frontal cortex slices originating from prenatally stressed animals, the amplitude of extracellular field potentials (FPs) recorded in cortical layer II/III was larger, and the mean amplitude ratio of pharmacologically-isolated NMDA to the AMPA/kainate component of the field potential—smaller than in control preparations. Prenatal stress also resulted in a reduced magnitude of long-term potentiation (LTP). These effects were accompanied by an increase in the mean frequency, but not the mean amplitude, of spontaneous excitatory postsynaptic currents (sEPSCs) in layer II/III pyramidal neurons. These data demonstrate that stress during pregnancy may lead not only to behavioral disturbances, but also impairs the glutamatergic transmission and long-term synaptic plasticity in the frontal cortex of the adult offspring.

Introduction

An increasing body of recent evidence indicates that early life adverse experiences can affect brain development and may be involved in the pathogenesis of psychiatric disorders including depression (reviewed in [1,2,3]). Prenatal stress in rats represents one of the established animal models of depression. In the adult offspring of females subjected to stress during pregnancy, increased immobility time in the forced swim test, sleep and cognitive functions disturbances, decreased sexual behavior and abnormalities in the functioning of the immune and neuroendocrine systems have been observed [4,5,6,7,8]. It has been shown that prenatal stress results in a decrease in the amount of NMDA receptor subunits and a reduced potential for long-term potentiation (LTP) in the hippocampal CA1 area of mice [9] and rats [10,11,12]. It
has been postulated that these effects may underlie deficits in spatial learning and memory, evident in prenatally stressed animals [9,10,11]. Moreover, some data show that spatial learning impairment may be partly related to the disturbances in the adult neurogenesis in the dentate gyrus (DG) of prenatally stressed rats [13]. On the other hand, mild prenatal stress may facilitate neurogenesis and LTP in the DG of adult rats [14].

While it has been shown that the prenatal stress procedure may disturb brain development and the organization of neuronal circuits in the prefrontal cortex [15], (reviewed in [16]), the impact of prenatal stress on the function of other cerebral cortical areas has not been investigated yet. In the rat brain, the primary motor cortex (M1), identified through the occurrence of motor responses to low intensity intracortical microstimulation, corresponds to the lateral agranular area of the frontal cortex [17]. It has been established that in adult rat, the M1 expresses a potential for plastic reorganizations (reviewed in [18]). Interestingly, the M1 reorganization, involving the expansion of motor representations, has been shown to accompany motor skill learning [19,20]. Reorganization of the M1 may engage LTP-like mechanisms [21,22,23].

Based on these studies, it is plausible that prenatal stress may affect the glutamatergic synaptic transmission and plasticity of the primary motor cortex. To test this hypothesis, we sought to determine the effects of prenatal stress procedure on field potentials (FPs) and spontaneous excitatory postsynaptic currents (sEPSCs), as well as on the LTP, in the frontal cortical area M1 of the adult offspring rats.

Materials and Methods

Animals

Adult Sprague–Dawley rats were housed under controlled light/dark cycle (light on: 7:00–19:00 h), with free access to tap water and standard food (Special Diet Services, UK). Two weeks after arrival, vaginal smears were taken daily from the female rats to determine the phase of the estrous cycle. On the proestrus day, females where placed with males for 12 h and afterwards the presence of sperm in vaginal smears was checked. Pregnant rats were randomly assigned to the control and experimental group.

Ethics Statement

The experimental procedures were approved by the Animal Care and Use Committee at the Institute of Pharmacology, Polish Academy of Sciences, and were carried out in accordance with the European Community guidelines for the use of experimental animals and the national law. All efforts were made to minimize animal suffering and the number of animals used.

Prenatal stress procedure

Pregnant female rats were subjected daily to three stress sessions from the 14th day of pregnancy until the delivery, as described previously [6,8]. At 09.00, 12.00 and 17.00 h rats were placed in plastic cylinders (diameter: 7 cm, length: 12 cm) and exposed to a bright light (150 W) for 45 min. Control pregnant females were left undisturbed in their home cages. Only male offspring (21 day-old) from litters containing 8–10 pups with a similar number of males and females were used for the experiments. Rats were housed in groups of five animals per cage (1–2 animals from each litter) under standard conditions. At three months of age, the offspring of stressed and unstressed (control) mothers were first tested for behavioral changes, and later used for electrophysiological recordings of FPs. A separate group of 10 animals (5 prenatally stressed and 5 control) was used for whole-cell recordings.
Forced swim test (FST)

The control and prenatally stressed rats (n = 10 in each group) were individually subjected to two trials during which they were forced to swim in a cylinder (40 cm high, 18 cm in diameter) filled with water (25°C) up to a height of 35 cm. There was a 24-h interval between the first and the second trial. The first trial lasted for 15 min, while the second trial was carried out for 5 min. The total duration of immobility, mobility (swimming) and climbing was measured by the observer throughout the second trial [24].

Brain slice preparation

Rats were anesthetized with isoflurane (Aerrane, Baxter) and decapitated. Their brains were immersed in an ice-cold artificial cerebrospinal fluid (ACSF) containing (in mM): 130 NaCl, 5 KCl, 2.5 CaCl2, 1.3 MgSO4, 1.25 KH2PO4, 26 NaHCO3 and 10 D-glucose, bubbled with the mixture of 95% O2 and 5% CO2. Frontal cortical slices (thickness: 420 μm) were cut from one of the hemispheres using a vibrating microtome (Leica VT1000S).

Whole-cell recording

Individual slices were placed in the recording chamber mounted on the stage of the Axioskop (Zeiss) microscope and superfused at 2 ml/min with modified ACSF of the following composition (in mM): 132 NaCl, 2 KCl, 1.25 KH2PO4, 26 NaHCO3, 1.3 MgSO4, 2.5 CaCl2, and 10 D-glucose 10, bubbled with the mixture of 95%O2 and 5% CO2 (temperature: 32 ± 0.5°C). Recording pipettes were pulled from borosilicate glass capillaries (Harvard Apparatus) using Sutter Instrument P97 puller. The pipette solution contained (in mM): 130 K-gluconate, 5 NaCl, 0.3 CaCl2, 2 MgCl2, 10 HEPES, 5 Na2-ATP, 0.4 Na-GTP, and 1 EGTA (osmolarity: 290 mOsm, pH = 7.2). Pipettes had open tip resistance of approx. 6 MΩ. Pyramidal cells were sampled from the sites located approx. 2.5 mm lateral to the midline and approx. 0.3 mm below the pial surface as described previously [25]. Signals were recorded using the SEC 05LX amplifier (NPI), filtered at 2 kHz and digitized at 20 kHz using Digidata 1440A interface and Clampex 10 software (Molecular Devices).

Field potential recording and LTP induction

The slices were placed in the recording chamber of an interface type and superfused at 2.5 ml/min with warm (32 ± 0.5°C), modified ACSF (see above). A concentric bipolar stimulating electrode (FHC, USA) was placed in cortical layer V. Stimuli of 0.033 Hz frequency and duration of 0.2 ms were applied using a constant-current stimulus isolation unit (WPI). Glass micropipettes filled with ACSF (2–5 MΩ) were used to record field potentials. Recording microelectrodes were placed in cortical layer II/III. The responses were amplified (EXT 10-2F amplifier, NPI), filtered (1 Hz-1 kHz), A/D converted (10 kHz sampling rate) and stored on PC using the Micro1401 interface and Signal 2 software (CED). A stimulus-response (input-output) curve was made for each slice. To obtain the curve, stimulation intensity was gradually increased stepwise (15 steps; 5–100 μA). One response was recorded at each stimulation intensity. In the first set of slices, the recording was initially performed in standard ACSF followed by 25 min perfusion with modified ACSF containing 5 μM (±)-2-amino-4-methyl-5-phosphono-3-pentenoic acid (CGP-37849, Tocris), to block NMDA receptors. Subsequently, to unblock NMDA receptors and to block AMPA/kainate receptors, the slice was perfused for 25 min with ACSF devoid of Mg2+ ions and containing 10 μM 2,3-dioxo-6-nitro-1,2,3,4-tetrahydrobenzo[f]quinoline-7-sulfonoamide (NBQX disodium salt, Tocris) [26]. In the second set of slices, incubated only in standard ACSF, stimulation intensity
was adjusted to evoke a response of 30% of the maximum amplitude. LTP was induced by theta burst stimulation (TBS). TBS consisted of ten trains of stimuli at 5 Hz, repeated 5 times every 15 s. Each train was composed of five pulses at 100 Hz. During TBS pulse duration was increased to 0.3 ms.

Data analysis

Statistical analysis of behavioral data was carried out using one-way ANOVA followed by the Duncan’s post hoc test, when appropriate.

The stimulus-response curves for each slice were fit with the Boltzmann equation: \( V_i = \frac{V_{\text{max}}}{1 + \exp \left( \frac{(u-u_0)}{-S} \right)} \). The following parameters were compared: the maximum field potential amplitude \( V_{\text{max}} \), the stimulation intensity evoking a field potential of half-maximum amplitude \( u_0 \) and the factor proportional to the slope of curve \( S \). The threshold stimulation was determined as the stimulus intensity necessary to evoke a field potential of approximately 0.1 mV in amplitude. First 15 min of the recording was the baseline (100%), against which subsequent measurements were normalized. As LTP in this preparation develops gradually [27] the amount of LTP was determined as an average increase in the amplitude of FPs, after stabilization of responses (between 60–75 min after TBS) relative to baseline. The results are expressed as the means ± SEM. Statistical analysis of electrophysiological data was carried out using the Student’s t-test or the Mann-Whitney U test.

Results

Effects of prenatal stress on the forced swimming

Prenatally stressed rats demonstrated significantly prolonged immobility time \( (F(1,18) = 288.33; p < 0.05; \text{Fig. 1A}) \) during the second trial of the forced swim test, consistent with what has been reported previously [6,8]. Moreover, compared with control animals, prenatally stressed rats exhibited shortened swimming time \( (F(1,18) = 279.82; p < 0.05) \) and climbing time \( (F(1,18) = 35.35; p < 0.05; \text{Fig. 1B, C}) \).

Effects of prenatal stress on field potentials

Analyses of FPs evoked in the standard ACSF in slices obtained from prenatally stressed rats, revealed a shift of the relationship between stimulus intensity and FP amplitude (input-output curve) compared with the slices obtained from control rats (Fig. 2A). In slices originating from stressed rats also the AMPA/kainate component of FPs, recorded after addition of 5 μM CGP-37849 to the ACSF, showed an increase in the input-output relationship (Fig. 2B). In contrast, responses recorded in the ACSF devoid of Mg2+ ions and containing 10 μM NBQX to isolate the NMDA receptor-mediated component of FPs, did not differ from control (Fig. 2C). Thus, in prenatally stressed rats, the mean amplitude ratio of the NMDA to the AMPA/kainate component (evoked by stimulation in the range: 50–100 μA) was significantly decreased compared to control rats \( (0.43 ± 0.02 \text{ vs. } 0.52 ± 0.01 \text{, respectively, } p = 0.006) \). Parameters characterizing input-output curves of FPs as well as AMPA/kainate and NMDA components, calculated using the Boltzmann fits, are summarized in Table 1.

Effects of prenatal stress on pyramidal cell membrane excitability and postsynaptic currents

Whole-cell recordings were obtained from layer II/III neurons exhibiting a regular spiking firing pattern in response to a depolarizing current pulse (Fig. 3A) and no spontaneous spiking activity at the resting membrane potential. There were no significant differences between
neurons originating from prenatally stressed and control animals either in the resting membrane potential (−74.9 ± 0.7 vs. −75.3 ± 0.6 mV, respectively, p = 0.684) or the input resistance (44.9 ± 3.2 vs. 42.3 ± 3.1 MΩ, respectively, p = 0.563). Analyses of the relationship between injected current and firing rate (Fig. 3B) demonstrated that prenatal stress did not modify the intrinsic excitability of frontal cortical pyramidal neurons (Fig. 3C, D).

Spontaneous EPSCs were recorded at the holding potential of −76 mV as inward currents (Fig. 4A). In the cells originating from prenatally stressed rats the mean frequency of sEPSCs was significantly higher in comparison to that in the cells from control animals (2.44 ± 0.28 vs. 1.60 ± 0.11 Hz, p = 0.022; Fig. 4B). The stress did not affect the mean amplitude, the mean rise time and the mean decay time constant of sEPSCs (Fig. 4C-E).

Effects of prenatal stress on long-term potentiation

In the slices prepared from control rats the mean amplitude of FPs, measured between 60–75 min after TBS, was 139.9 ± 3.9% of baseline (Fig. 5A). LTP was significantly attenuated in the slices obtained from stressed animals (121.0 ± 4.8%; p < 0.001; Fig. 5B).
The results of the present study demonstrate that prenatal stress induces an enhancement of the excitatory input to layer II/III pyramidal cells and an impairment of long-term synaptic plasticity in the lateral agranular area of the frontal cortex (M1), evident in adult male offspring of stressed pregnant female rats. We have also confirmed that in the offspring of rat dams that were stressed during the last week of pregnancy, behavioral disturbances are present [6,8]. Pre-natally stressed rats exhibit not only an increase in immobility time, but also a decrease in swimming and climbing behavior in the modified Porsolt test. Mobility and immobility scores in this test appear to be dependent primarily on activity of the medial prefrontal cortex [28]. However, there is an evidence that exposure of rats to forced swim test results in activation of larger areas of the neocortex, including prefrontal, orbital, cingulate and motor cortex [29]. Undamaged cortical representations of forelimbs are necessary to maintain the normal swim pattern in rats [30]. Thus, it is conceivable that the observed prenatal stress-related behavioral disturbances may result, in part, from functional alterations within the motor cortex.

The contribution of NMDA and AMPA/kainate receptor-mediated components of FPs to cortical excitatory synaptic transmission was assessed, using the specific antagonists of these two glutamate receptor groups [31]. Compared to control preparations, in slices obtained from

|                | Threshold (μA) | V_max (mV) | u_h (μA) | S     | n  |
|----------------|---------------|------------|----------|-------|----|
| composite field potentials | control       | 13.26 ± 0.97 | 2.45 ± 0.16 | 33.38 ± 1.5 | 13.97 ± 0.8 | 24 |
|                | prenatal stress| 11.73 ± 0.80 | 3.08 ± 0.17** | 34.29 ± 1.31 | 14.15 ± 0.6 | 24 |
| AMPA/kainate component | control       | 14.13 ± 1.11 | 2.31 ± 0.16 | 36.63 ± 1.17 | 15.44 ± 0.83 | 24 |
|                | prenatal stress| 13.95 ± 2.05 | 2.88 ± 0.19** | 35.76 ± 1.4 | 15.04 ± 0.56 | 20 |
| NMDA component | control       | 22.35 ± 2.42 | 1.38 ± 0.11 | 48.23 ± 3.11 | 16.85 ± 2.41 | 16 |
|                | prenatal stress| 22.00 ± 2.00 | 1.55 ± 0.1 | 50.00 ± 3.1 | 14.78 ± 1.3 | 13 |

Data are presented as means ± SEM. Threshold, stimulus intensity evoking responses of approx. 0.1 mV in amplitude; V_max, maximum amplitude; u_h, half maximum stimulation, S, factor proportional to the slope of the curve; n, number of slices.

** p < 0.01.

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discussion

The results of the present study demonstrate that prenatal stress induces an enhancement of the excitatory input to layer II/III pyramidal cells and an impairment of long-term synaptic plasticity in the lateral agranular area of the frontal cortex (M1), evident in adult male offspring of stressed pregnant female rats. We have also confirmed that in the offspring of rat dams that were stressed during the last week of pregnancy, behavioral disturbances are present [6,8]. Pre-natally stressed rats exhibit not only an increase in immobility time, but also a decrease in swimming and climbing behavior in the modified Porsolt test. Mobility and immobility scores in this test appear to be dependent primarily on activity of the medial prefrontal cortex [28]. However, there is an evidence that exposure of rats to forced swim test results in activation of larger areas of the neocortex, including prefrontal, orbital, cingulate and motor cortex [29]. Undamaged cortical representations of forelimbs are necessary to maintain the normal swim pattern in rats [30]. Thus, it is conceivable that the observed prenatal stress-related behavioral disturbances may result, in part, from functional alterations within the motor cortex.

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Fig 3. Prenatal stress does not modify the intrinsic excitability of layer II/III pyramidal neurons. (A) Example of a response of a cell from a stressed rat (upper trace) to a depolarizing current pulse (lower trace). (B) Example of an injected current vs. spiking rate relationship in a cell shown in (A). (C) The mean firing threshold (± SEM) and (D) the mean gain (a slope of injected current vs. spiking rate relationship; ± SEM) of pyramidal neurons prepared from control (white bars; 19 cells from 5 rats) and prenatally stressed animals (black bars; 16 cells from 5 rats). The differences are not significant.

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prenatally stressed rats the AMPA/kainate component was enlarged to a similar degree as the composite FPs, consistent with the fact that the contribution of NMDA receptors to synaptic transmission in baseline conditions, in the ACSF containing 1.3 mM Mg$^{2+}$, is small [32]. A lack of prenatal stress-induced change in the magnitude of the pharmacologically-isolated NMDA component of FPs, recorded in the absence of Mg$^{2+}$ ions, resulted in an overall decrease in the ratio of the NMDA to the AMPA/kainate component. A relatively smaller contribution of NMDA receptors to synaptic responses, evoked by TBS of a given intensity, might be one of the reasons of an impairment of LTP, evident after prenatal stress, as LTP in the M1 is NMDA receptor-dependent [33].

Present data demonstrate that prenatal stress resulted in an increased frequency of spontaneous EPSCs recorded from layer II/III pyramidal neurons. No modification of the membrane excitability of these cells was evident. In our previous study we demonstrated a lack of significant change in the mean frequency of sEPSCs after the blockade of Na$^+$ channels by tetrodotoxin in slices of the frontal cortex [34]. Thus, a majority of recorded sEPSCs correspond to miniature EPSCs (mEPSCs), whose frequency is unrelated to the spiking activity of the presynaptic cell (see also: [35]). Changes in the frequencies of sEPSCs and mEPSCs are regarded as indicative of changes in the probability of neurotransmitter release and/or changes in the number of neurotransmitter release sites (e.g. [36]). Thus, our present data suggest that
Prenatal stress results in an enhanced glutamate release from presynaptic terminals. It should be noted that recordings of postsynaptic currents were conducted in the presence of 1.3 mM Mg2+ at the holding potential of -76 mV and under these conditions the contribution of NMDA receptor-mediated currents is unlikely. Therefore, increased frequency of sEPSCs, reflecting enhanced glutamate release, is consistent with the observed increase in the amplitude of the AMPA/kainate receptor-mediated component of FPs. An apparent lack of change in the amplitude of the NMDA component of FPs, accompanying increased neurotransmitter release, may be explained by a stress-related reduction in the reactivity of postsynaptic NMDA receptors, while the reactivity of AMPA/kainate receptors remained unchanged. This effect would explain the observed decrease in the ratio of the NMDA to the AMPA/kainate components. In fact, a decrease in the expression level of NMDA receptor subunits has previously been documented in the brain of prenatally stressed rats [37]. A lack of change in the mean amplitude of sEPSCs in cells originating from prenatally stressed animals indicates that the reactivity of postsynaptic AMPA/kainate receptors was not modified by stress. Notably, no change in the expression level of the phosphorylated GluA1 subunit of the AMPA receptor was observed in the frontal cortex of prenatally stressed male rats [38].

Altogether, these data suggest that prenatal stress modifies baseline glutamatergic transmission in the motor cortex both at the presynaptic (enhanced glutamate release) and postsynaptic (decreased NMDA receptor reactivity) levels. It has been shown that in neocortical preparations, synaptic connections with greater initial strengths are less likely to undergo plasticity, whereas weaker connections tend to potentiate by presynaptic mechanisms (e.g. [39,40]). It is conceivable that prenatal stress may activate presynaptic mechanisms which normally support the expression of LTP, leading to a lowered potential for activity-dependent synaptic potentiation.

There is some evidence that prenatally stressed rats display enhanced and prolonged hypothalamic-pituitary-adrenal (HPA) axis responses to physical and psychological stressors in adulthood (reviewed in [2]). Furthermore, abnormalities in the activity of the HPA axis appear
to be permanent because we observed that prenatally stressed adult rats have elevated corticosterone levels and impaired glucocorticoid receptor (GR) function in the brain, resulting from a decreased concentration of immunophilin FKBP51 [8]. In our other study, in the frontal cortex of young adult rats subjected to repeated restraint stress, an increase in the amplitude of glutamate-mediated extracellular field potentials and an impairment of LTP have been demonstrated [41]. Similar results have been obtained after repeated corticosterone administration [27]. Therefore, it is likely that the effects, observed in the course of the present study, may result from a higher corticosterone secretion in prenatally stressed animals in response to stress and/or disturbed circadian rhythm of corticosterone secretion [8,42,43].

On the other hand, the role of neurotrophic factors in glutamatergic transmission and long-term synaptic plasticity disturbances in the frontal cortex should be considered. Recently, insulin-like growth factor (IGF-1) has gained great attention in this respect. The uniqueness of IGF-1 manifests itself in the ability to antagonize the neuroinflammatory response [44]. That way IGF-1 may also modulate the HPA axis activity through the influence on cytokine release. Our recent research has demonstrated a decrease in the IGF-1 level, IGF-1 receptor phosphorylation as well as the dysregulation of the IGF-1 binding protein network in the frontal cortex of adult, prenatally stressed rats [4,5]. By acting as a neurotrophic factor, IGF-1 stimulates the growth and differentiation of sensory, motor and sympathetic neurons and is the only growth factor that enhances the regeneration of both sensory and motor nerves in adult animals [45]. Importantly, there is some evidence that IGF-1 may directly influence glutamatergic synaptic transmission, as it has been demonstrated, among other things, that acute IGF-1 administration enhances AMPA and NMDA receptor-mediated field potentials in the slices of the rat hippocampus [46]. Since IGF-1 and some other proteins of the insulin-like growth factor family modulate synaptic transmission and plasticity at different sites via various direct or indirect pathways (reviewed in: [47]), it is conceivable that the diminished level of IGF-1 in the frontal cortex of prenatally stressed rats may be responsible, in part, for the observed alterations.

Data indicate that IGF-1 exerts its biological functions in the brain through the IGF-1 receptor, which mediates phosphorylation of the insulin receptor substrate (IRS) proteins [4,48]. IRS-1 and IRS-2 are most highly expressed regulatory proteins in the rodent brain [49]. Recently, we have found that in the frontal cortex of prenatally stressed animals, an increase in the IRS-1 phosphorylation of Ser312 occurs, which results in an inhibition of IRS-1 activity [4]. Serine phosphorylation is known to be involved in the inhibitory regulation of IRS-1 tyrosine phosphorylation [50], which would explain the decrease in the level of tyrosine-phosphorylated IRS-1 observed in the frontal cortex of prenatally stressed animals. Some reports have also described the role of serine phosphorylation in IRS-2 inactivation [51], which results in an impairment of hippocampal LTP [52].

Taken together, these data indicate that behavioral changes evoked by prenatal stress coexist with glutamatergic transmission and synaptic plasticity alterations in the motor cortex of adult rats. These effects would compromise the plastic capacity of the motor system. The exact mechanism responsible for the observed effects requires further studies.

Author Contributions

Conceived and designed the experiments: BB ABK GH. Performed the experiments: J. Sowa BB KG J. Slusarczyk. Analyzed the data: J. Sowa BB KG. Contributed reagents/materials/analysis tools: J. Slusarczyk. Wrote the paper: J. Sowa ABK GH.
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