New perspectives on the renal slit diaphragm protein podocin

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Podocin is a critical component of the glomerular filtration barrier, its mutations causing recessive steroid-resistant nephrotic syndrome. A GenBank analysis of the human podocin (NPHS2) gene resulted in the possible existence of a new splice variant of podocin in the kidney, missing the in-frame of exon 5, encoding the prohibitin homology domain. Using RT–polymerase chain reaction and immunoblotting followed by sequence analysis, we are for the first time able to prove the expression of a novel podocin isoform (isoform 2), exclusively and constitutively expressed in human podocytes. Furthermore, we reveal singular extrarenal podocin expression in human and murine testis. Our data show the Sertoli cells of the seminiferous tubules to be the origin of testicular podocin. Confocal laser microscopy illustrates the co-localization of podocin with filamentous actin within Sertoli cells, suggesting a role of podocin in the blood/testis barrier. These results led to the rationale to examine podocin expression in testes of men with Sertoli cell-only syndrome, a disorder characterized by azoospermia. Interestingly, we observed a complete down-regulation of podocin mRNA in Sertoli cell-only syndrome, indicating a possible role of podocin in the pathogenesis of this germinal aplasia. Men with Sertoli cell-only syndrome show normal renal podocin expression, suggesting an alternate regulation of the testicular promoter. Our findings may change the perception of podocin and give new insights into the ultrastructure of glomerular slit diaphragm and the blood/testis barrier.

Keywords: isoform; kidney; podocin; Sertoli cell-only syndrome; Sertoli cells; testis; WT-1

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Podocytes are cells of the glomerular visceral epithelium in the kidney, covering the basement membrane of glomerular capillaries as a continuous layer. These specialized, terminally differentiated epithelial cells consist of a cell body and foot processes, which interdigitate with the foot processes of neighboring podocytes, creating what is known as the slit diaphragm. Terminal differentiation of podocytes is regulated by WT-1, a transcription factor that is expressed in podocytes and thus serves as a specific marker for these cells.1–3 The stability of the slit diaphragm is sustained by multiple molecular interactions that ensure stable anchorage of the membrane complexes to the actin cytoskeleton.4 One of these interacting structural proteins is called podocin (NPHS2). Podocin, a 42-kDa membrane protein, is located on the podocyte foot process where it’s COOH terminus interacts with the transmembrane protein nephrin5 and CD2-associated protein.6 Podocin accumulates in an oligomeric form in lipid rafts, specialized membrane microdomains, where sphingolipids and cholesterol are highly enriched.6,7 Boute et al8 were the first to show that mutations of the NPHS2 gene, which encodes podocin, are responsible for a subset of childhood steroid-resistant nephrotic syndrome with focal segmental glomerulosclerosis. In all, 20–40% of the familial, autosomal recessive, pediatric steroid-resistant nephrotic syndrome can be ascribed to mutations of the NPHS2 gene.9 Although podocin is believed to be exclusively expressed in the glomerular podocytes,10 an extrarenal expression of podocin has been implied.8

Until now, no proof has been provided. When
looking at other structural proteins of the slit diaphragm, nephrin, also believed to be solely expressed on glomerular podocytes, is found in extrarenal murine tissues such as testis and brain. In the testis, both proteins seem to be localized and expressed in the cell membrane of Sertoli cells. Besides the possible extrarenal manifestation of podocin, the existence of a podocin isoform has been discussed, but direct evidence has not yet been provided. These two assumptions were the basis for our new study. Our intention was to clarify the existence of a podocin isoform and the extrarenal podocin expression in human tissue.

Materials and methods

Tissue Sample Preparation

Immediately following surgical removal, the tissues were embedded in Tissue-Tek OCT medium (Sakura, Tokyo, Japan) and stored at −80°C until used in immunohistology or directly processed for immunoblotting.

Tissue lysates for western blot were purchased from Clontech Laboratories (Palo Alto, CA, USA; testis, spermatic cord, cerebrum, liver and lung) or isolated from unaffected parts of human renal tumor nephrectomy specimen (whole kidney and glomerular epithelial cells, see below).

All human RNA samples for RT–polymerase chain reaction (PCR) analysis were purchased from Biochain Institutes (Hayward, CA, USA; cerebrum (24-year-old male), adult kidneys (26- and 46-year-old males, and 68-year-old female), pancreas (62-year-old male) and testis (29-year-old male) normal total RNAs) or from Invitrogen (Karlsruhe, Germany; total RNA from poorly differentiated renal clear cell carcinoma (35-year-old female), adult (26-year-old male) and fetal kidney mRNA (pool of 28- and 32-week-old male and female)).

RNA Isolation from Mouse Tissues

Kidneys, testes and livers from FVB mice were snap frozen in liquid nitrogen. Total RNA was isolated using the reagents and protocols included in the RNeasy Lipid Tissue kit (Qiagen, Hilden, Germany). RNA quantity and quality were determined spectrophotometrically at 260 and 280 nm.

Primer Design and Touch-Down RT–PCR

Based on GenBank accessions, PCR primers (5′–3′ direction) were designed as follows: human podocin (sense: GCC-CTG-CCT-GGA-TAC-GTA-CCA-CAA, antisense: TTC-AGC-CTC-AGG-CTG-GTA-GTG), human glyceraldehyde-3-phosphate dehydrogenase (GAPDH) (sense: GTC-TTC-ACC-ACC-ATG-GAG-A AG-GCT, anti-sense: CAT-GCC-AGT-GAG-CTT-CCC-GTT-CA), human β-2 microglobulin (sense: AGC-GTA-CTC-CAA-AGA-TGC-AGG-TT, anti-sense: TAC-ATG-TCT-GCA-TCC-CAC-TTA-CTA-AT), murine podocin (sense: ACC-CTG-TCT-GGA-CAC-CTA-TC A-CAA-G, anti-sense: CTC-AGC-TTC-CAC-CGC-C AG-AGA-GTG). Either 200 ng mRNA or 1 µg of total RNA from human and murine tissues were converted to cDNA with the SuperScript™ First-Strand Synthesis System kit (Gibco BRL, Gaithersburg, MD, USA), following the manufacturer’s recommendations. The touch-down PCR was performed using 200 ng of cDNA with the following temperature profile: 90 s at 94°C, 10 cycles of 30 s at 94°C, 30 s at 71°C (−1°C per cycle), 90 s at 72°C, followed by 25 cycles of 30 s at 94°C, 30 s at 60°C and 90 s at 72°C. The resulting DNA fragments were separated by 1.3% agarose gel electrophoresis stained with ethidium bromide.

Sequence Analysis and Identification of PCR Products

The separated PCR products from kidney and testis were purified using a QIA quick gel extraction kit (Qiagen). Purified PCR products were subjected to direct sequencing by GENterprise (Mainz, Germany) using an automated DNA sequencer ABI 373A (Applied Biosystems). Sequences were subjected to BLAST analysis and were checked for homology with podocin DNA sequences.

Computational splice site prediction of the exons 4, 5 and 6 from the human NPHS2 gene (GenBank accession number: NG_007535.1) was performed using a combination of the online tools NetGene2 (http://www.cbs.dtu.dk/services/NetGene2) and ASSP (Alternative splice site predictor; http://www.es.embnet.org/~mwang/assp.html).

Specificity of the Podocin Primary Antibodies

For the immunohistological detection of human podocin, a rabbit anti-Podocin IgG peptide antibody was used, which reacts with amino-acid residues 367–383 of human podocin (Sigma-Aldrich, St Louis, MO, USA). Rabbit anti-human podocin antibody P35 was a gift from Dr C Antignac. It is raised against the C-terminal region downstream of the membrane-associated domain (amino acids 135–383).

Immunoblotting of Glomerular and Whole Kidney Lysates

Whole kidney cells and glomerular epithelial cells were isolated from unaffected parts of human renal tumor nephrectomy specimen with the use of 0.15% collagenase type IV (Sigma, St Louis, MO, USA) according to our protocol and solubilized on ice with RIPA buffer plus protease inhibitors (1 × PBS, 1% Nonidet P-40, 0.5% sodium deoxycholate, 0.1%
SDS, 10 μg/ml PMSF, 30 μg/ml aprotinin). The detergent extract was centrifuged (16000 g, 20 min) and the supernatant was collected.

Frozen renal tissue was diced into small pieces and thawed in ice-cold RIPA buffer. Homogenization was performed with the Ultra-Turrax rotator-stator device at 4°C. Lysates were incubated for 30 min on ice, centrifuged (10 000 g, 20 min) and the total cell lysates were collected.

Glomerular and kidney lysates were quantified with a Bradford protein assay (Bio-Rad Laboratories, Hercules, CA, USA) and 25 μg of each sample was subjected to SDS-polyacrylamide gel electrophoresis and immunoblotting as described. The membrane was incubated with anti-human podocin antibody p35 (1 ng/μl; Sigma-Aldrich) or normal rabbit IgG (diluted 1:100; Molecular Probes, Eugene, OR, USA) at RT for 1 h. Filamentous actin was then labeled with Texas Red X-conjugated phalloidin (diluted 1:100). Sections were mounted on glass slides with DAPI-containing anti-fade (Vectashield, Vector Laboratories) and evaluated with a Zeiss 510 confocal laser scanning microscope equipped with an UV-laser (Carl Zeiss, Goettingen, Germany).

**Quantitative Gene Expression Analysis**

Total testis RNA was extracted with RNaseasy columns (Qiagen) from healthy men and from five azoospermic men, diagnosed with pure Sertoli cell-only syndrome. Podocin-, WT-1- and β2-microglobulin-mRNA levels of these probes were quantified by real-time PCR using the QuantiTect SYBR Green RT–PCR kit in combination with sequence-specific QuantiTect Primer Assays (both Qiagen). Gene expression levels were analyzed on an iCycler IQ5 Real-Time PCR Detection System (Bio-Rad Laboratories) under the following conditions: 30 min, 50°C (reverse transcription), 15 min, 95°C and 45 cycles of 94°C, 15 s (denaturation), 56°C, 30 s (annealing) and 72°C for 30 s (extension). Fluorescence data were analyzed with the iQ5-specific analysis software (version 3.1) and normalized using the housekeeping gene β2 microglobulin.

**Statistical Analyses**

The Mann–Whitney’s U-test was carried out using the WinSTAT® program (Version 2007.1; Robert K. Fitch) for Microsoft Excel 2007®. P-values below 0.05 were considered statistically significant.

**Results**

Podocin mRNA Expression and Sequence Analysis Reveals the Existence of a Podocin Isoform and Proves Singular Extrarenal Expression of Podocin in Human Testis

Gene Bank analysis revealed two different types of podocin (NPHS2) cDNA sequences: one full-length sequence (NM_014625) and one shorter splice variant lacking exon 5 (BC029141). The bioinformatical analysis of the shorter podocin clone showed it to be a result of the skipping of exon 5 (Aexon5), as previously indicated by Horinouchi et al., but which has not yet been proven. In order to study the existence of a podocin isoform, we created podocin-specific primers, which were able to amplify both isoforms in one PCR run. Semi-quantitative RT–PCR analysis showed strong podocin expression in fetal and adult human kidney as well as in human testis (Figure 1a and c). There was no podocin detection in the pancreas, brain or renal clear cell carcinoma. Since renal podocin is exclusively expressed by podocytes, the negative result in
clear cell carcinoma was predictable due to its origin from proximal tubular epithelial cells. In addition to the expected podocin band at 382 bp, a defined second band at approximately 180 bp was detected in fetal and adult kidney. Three healthy kidney specimens from different healthy individuals obtained from unaffected parts of human renal tumor nephrectomy were used to clarify the question if the second band represents an allelic variant or an alternative isoform. All of the three kidneys showed the same constitutive expression pattern (Figure 1b). To confirm the data revealed by RT–PCR, the different PCR products were purified, sequenced and analyzed. Sequence analysis confirmed that the longer PCR product, found in kidney and testis, was indeed podocin. The shorter product, only found in fetal and adult kidney, had a length of 178 bp and proved to be a podocin isoform lacking exon 5, encoding for the central part of the prohibitin homology domain. The skipping of this in-frame exon (coding for 204 bp) resulted in a shorter podocin variant, missing 68 amino acids, which we named podocin isoform 2 (Figure 2).

Computational splice site prediction using the online tools NetGene2 and ASSP did not reveal an apparent reason for the skipping of exon 5. Both programs predicted the 5’ and 3’ splice sites of exon 5, demonstrating that the exon borders are not unusual. In addition, the donor and acceptor splice sites of the introns 4 and 5 (compassing exon 5) are in accordance with the GT-AG consensus rule for splicing.19

In order to clarify whether the isoform 2 is specific for humans, an RT–PCR analysis of murine (mouse and rat) kidney and testis was accomplished. Both tissues also showed a strong podocin expression, but isoform 2 could not be detected in murine kidney (Figure 1d; Supplementary Figure 1).

Immunoblotting Proves Podocin Expression in Human Kidney and Testis

The α-podocin anti-serum P35 was used to detect podocin in tissue lysates of brain, spematic cord, testis, glomerulus, whole kidney, liver and lung. We were able to verify our RT–PCR results and demonstrate podocin isoform 1 expression in the lysates of kidney and testis, which can be seen at a band of 42 kDa. The second immunoblotting signal at approximately 35 kDa (representing podocin isoform 2) was exclusively found in the glomerular lysate. The other extrarenal tissues showed no evidence of either isoform (Figure 3). As demonstrated at the mRNA level, the immunoblot data also indicated that podocin isoform 1 showed a stronger glomerular signal than isoform 2. Using a molecular mass calculator (http://www.innovagen.se/custom-peptide-property-calculator/peptide-property-calculator/peptide-property-calculator.asp), we evaluated the theoretical molecular mass for both podocin isoforms. The theoretical mass of isoform 1 and 2 was 42.2 and 34.4 kDa, respectively. Thus, our immoblot analysis was consistent with theoretical data, demonstrating that both podocin isoforms are not significantly modified (eg by glycosylation).

Immunohistochemical Detection Indicates Sertoli Cells to Be the Origin of Testicular Podocin

The results of the PCR and the immunoblot assays raised the question of the cellular origin of testicular podocin. Therefore, we performed immunohistochemical staining for podocin in testis, Sertoli cell tumor and kidney (as positive control). Staining of healthy adult testis showed an expression of podocin in the seminiferous tubules (Figure 4a and b). The staining pattern suggested that the protein was expressed in the Sertoli cells rather than

![Figure 1](image-url)
in germ cells. To confirm these results, a Sertoli cell tumor biopsy was stained for podocin showing a homogeneous distribution of the membranous staining pattern along the tumor cells (Figure 4c). Within the seminiferous tubules, the transcription factor WT-1 is exclusively expressed in the nuclei of Sertoli cells and serves as an indicator of testicular Sertoli cell localization (Figure 4b). In consecutive sections of one seminiferous tubule, the WT-1 could be detected within the nuclei of the Sertoli cells and in the same specimen the highly membraneous expression of podocin within the cytoplasm extensions of these cells (Figure 4a and b).

**Confocal Laser Scanning Microscopy Demonstrates that Podocin Is Co-localized with F-Actin in the Seminiferous Tubules**

Using confocal laser scanning microscopy, f-actin was stained in the testis, followed by antibody staining of podocin (Figure 5a and b). In the overlay of both stains, confocal laser scanning microscopy was able to detect the co-localization of podocin and f-actin in the human seminiferous tubules (Figure 5d). The overlay of the f-actin, podocin and the nuclear staining showed podocin to be located in the lateral cell membrane of Sertoli cells. Kidney slides were used as a positive control. Staining of the kidney showed specific detection of podocin in the glomeruli (Figure 5f and g) as well as f-actin (Figure 5e).

**Real-time Quantification of Podocin and WT-1 mRNA Levels in the Testes of Infertile Men with Sertoli Cell-Only Syndrome**

Pure Sertoli cell-only syndrome is a disorder, characterized by azoospermia, in which the seminiferous tubules contain only Sertoli cells. Thus, we expected an enrichment of podocin mRNA in the testicles of the affected men. To prove this assumption, we used real-time PCR to quantify podocin and WT-1 mRNA expression in normal testes ($n = 4$) and testes of Sertoli cell-only syndrome patients with defective spermatogenesis ($n = 5$). While podocin expression was detected in all normal testes, it was completely absent in all testes of Sertoli cell-only syndrome patients (Figure 6a and c). These data show that podocin is expressed in Sertoli cells of healthy men, but is completely and significantly ($P = 0.017$) absent in the Sertoli cells of men with pure Sertoli cell-only syndrome. In contrast to the podocin expression, the expression of the transcription factor WT-1 is not significantly affected by the disorder. A slight, but not significant, increase in WT-1 transcript levels could be detected in the testes of Sertoli cell-only syndrome patients (Figure 6b). In all RNA samples from patients and healthy men, a positive signal for the $\beta$-2 microglobulin transcript was detected, thus validating the integrity of the RNA preparations.

**Discussion**

In this study, we can for the first time, clearly demonstrate an extrarenal expression of podocin and reveal the definite existence of a kidney-specific podocin isoform missing the in-frame exon 5 (now called isoform 2). Although an isoform has been
discussed, until now no direct evidence has been provided.

The skipping of exon 5 leads to a deletion of 68 amino acids, forming the central part of the so-called prohibitin homology domain, which is present in >340 different animal proteins. These polypeptides are membrane associated and are capable of regulating homeostasis, mechanosensation and cell signaling. Huber et al. showed that the PBH domain of podocin is required for membranous cholesterol binding, homo-oligomerization as well as the formation of high-molecular-weight complexes by these homophilic interactions. This finding is consistent with the report that several animal prohibitin homology domain proteins are found in cholesterol-rich membrane fractions derived from the plasma membrane.

Besides its function as a structural protein of the renal filtration unit, podocin is part of a multi-protein complex, consisting of the transmembrane proteins nephrin, neph1, neph2, CD2-associated protein and transient receptor potential channel-6. This complex anchors the slit diaphragm to the actin cytoskeleton and establishes its location in the lateral plasma membrane of the podocytic foot processes.

In podocytes, nephrin acts as a signal transducer through the phosphorylation of AP-1. Interestingly, AP-1 activation by nephrin is augmented 40-fold by podocin and abrogated by a deletion of the prohibitin homology domain of podocin. Another regulatory target of podocin is the transient receptor potential channel-6, which is co-localized with podocin in podocytes. In order to regulate this protein, podocin requires the cholesterol binding properties of the prohibitin homology domain. Isoform 2, lacking this domain, implies a completely different cell and signaling function as the well-described podocin. Nonetheless, we are able to prove that both podocin isoforms are simultaneously expressed in healthy human podocytes. At this point, the function and the cellular localization of podocin isoform 2 remain unknown. As the transmembrane domain and the two palmitoylation sites of podocin are not affected by the deletion of the exon 5-coded amino acids, isoform 2 might be floating within the membrane with the ability to bind other podocin molecules but not nephrin. Of interest are further studies looking into the expression pattern of podocin isoform 2 in patients with nephrotic syndrome.

Besides identifying a novel podocin isoform, we are able to provide evidence of extrarenal podocin.
expression. Immunohistochemical staining of healthy human testis as well as biopsies from Sertoli cell tumors revealed a membranous expression of podocin in the seminiferous tubules (Figures 4 and 5), indicating that the Sertoli cells might be the relevant podocin expressing cells in the testis. RT–PCR and immunoblotting data substantiated the immunohistochemical findings. Analogous to the kidney,28 testicular podocin is associated with the cytoskeleton and co-localizes with f-actin. Thus, we hypothesize that the podocin expressed in the Sertoli cells might either have a role in the blood/testis barrier or might also be an integral part of the Sertoli cell crypts, which surround the germ cells. Our data amends the finding that densin, another structural protein of the slit diaphragm, was proven to be expressed in human and murine testis.12 Nephrin was shown to be expressed in murine testis, indicating an podocin/nephrin connection in analogy to the kidney.11,12 In a study with an inducible nephrin transgene mouse model, male mice showed an absence of the lumen of the seminiferous tubules and a lack of mature spermatids, leading to infertility.29

But to this date, extrarenal nephrin expression in human tissue could not be confirmed.30 Huber et al23 suggested that podocin in podocytes may be part of a mechanosensitive protein complex, as shown in the podocin homolog protein mec-2 of the nematode Caenorhabditis elegans.31 In analogy, testicular podocin might be a component of a protein complex, which is involved in the migration of germ cells from the basal to the adluminal compartment of seminiferous tubules. The co-localization of podocin to f-actin indicates podocin’s association with the blood/testis barrier. The blood/testis barrier is constituted by the co-existence of tight junctions, ectoplasmic specialization (a testis-specific atypical adherens junction type), desmosome-like junctions and gap junctions.32 These junctions function collectively in the maintenance of the barrier integrity present between adjacent Sertoli cells.32,33 Besides conferring Sertoli cell polarity and functioning as a barrier by restricting paracellular

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**Figure 5** Confocal laser scanning microscopy demonstrates that podocin is co-localized with f-actin in the seminiferous tubules. Podocin (b, green) shows the same expression pattern as f-actin (a, red). Nuclei were counterstained with DAPI (c, blue). The overlay of all these stainings (d) shows that podocin and actin are co-localized (yellow). F-actin (e, red) and podocin (f, g, green) detection in the glomeruli of the kidney were used as positive controls showing the specificity of the antibodies used.
transport of, for example, water, ions and electrolytes into the apical compartment, the blood/testis barrier is a highly dynamic structure. During spermatogenesis, spermatocytes must transverse the blood/testis barrier to the adluminal compartment.34 At the same time, the blood/testis barrier has to ensure its integrity in order to avoid the production of anti-sperm antibodies. The dynamics of the blood/testis barrier are made possible by a multi-protein complexes at the tight junctions (eg occludin-zonula occludens 1) and at the basal ectoplasmic specialization (eg N-cadherin-β-catenin) associate structurally via an interaction between zonula occludens 1 and β-catenin.35,36 Where podocin is located in the complex structure of the blood/testis barrier remains to be elucidated.

In order to verify the expression of podocin in Sertoli cells, we examined biopsies of patients with pure Sertoli cell-only syndrome, a disorder characterized by the congenital absence of germ cells in the seminiferous tubules. To our surprise, podocin expression could not be detected in testes of Sertoli cell-only syndrome patients. One of the mechanisms leading to azoospermia in Sertoli cell-only syndrome is seen in the disruption of intercellular communication, for example by the loss of the gap junction protein connexin 43.37 The pathophysiology of Sertoli cell-only syndrome remains in question. However, patients with Sertoli cell-only syndrome do not develop a renal pathology and the loss of renal podocin expression has not been documented.

It is evident that adequate Sertoli cell function is required for the appropriate differentiation of germ cells. In the vast majority of cases, the specific role played by each protein in connection with germ cell development remains unknown.38 Urinary organs and the genital system both originate from the intermediary mesoderm. In the kidney, the Wilms’ tumor gene (WT1) is constitutively expressed by the glomerular podocytes. Thus, is used as a specific marker for these cells.3,2 As in the kidney, testicular Sertoli cells also continuously express WT-1.39 The two podocyte-specific genes coding for nephrin (NPHS1) and podocalyxin (PODXL) are dramatically down-regulated in mouse models with decreased levels of WT-1, suggesting that these two genes act downstream of WT-1.40 We were not able to establish a connection between WT-1 expression and the absence of podocin in patients with pure Sertoli cell-only syndrome.

The present results provide direct evidence of a kidney-specific isoform of podocin lacking the prohibit homology domain, which is co-expressed with isoform 1 in glomerular podocytes. Therefore, our research data introduce a new candidate for the complex structure of the glomerular slit diaphragm, which is likely to have different features than the well-documented isoform 1. In addition, we reveal the extrarenal expression of podocin in human testis. This finding sheds a new light on the structure of the seminiferous tubules and podocin’s potential role in the physiology of the blood/testis barrier. Whether the absence of podocin is of pathophysiological relevance in pure Sertoli cell-only syndrome should to be evaluated in further studies.

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**Disclosure/conflict of interest**

The authors declare no conflict of interest.
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Supplementary Information accompanies the paper on Modern Pathology website (http://www.nature.com/modpathol)