Mass Flux Calculations Show Strong Allochthonous Support of Freshwater Zooplankton Production Is Unlikely

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Abstract

Many studies have concluded terrestrial carbon inputs contribute 20–70% of the carbon supporting zooplankton and fish production in lakes. Conversely, it is also known that terrestrial carbon inputs are of very low nutritional quality and phytoplankton are strongly preferentially utilized by zooplankton. Because of its low quality, substantial terrestrial support of zooplankton production in lakes is only conceivable when terrigenous organic matter inputs are much larger than algal production. We conducted a quantitative analysis of terrestrial carbon mass influx and algal primary production estimates for oligo/mesotrophic lakes (i.e., TP=20 μg L⁻¹). In keeping with the principle of mass conservation, only the flux of terrestrial carbon retained within lakes can be utilized by zooplankton. Our field data compilation showed the median (inter-quartile range) terrestrial particulate organic carbon (t-POC), available dissolved organic carbon (t-DOC) inputs, and in-lake bacterial and algal production were 11 (8–17), 34 (11–78), 74 (37–165), and 253 (115–546) mg C m⁻² d⁻¹, respectively. Despite the widespread view that terrestrial inputs dominate the carbon flux of many lakes, our analysis indicates algal production is a factor 4–7 greater than the available flux of allochthonous basal resources in low productivity lakes. Lakes with high loading of t-DOC also have high hydraulic flushing rates. Because t-DOC is processed, i.e., mineralized or lost to the sediments, in lakes at ≈0.1% d⁻¹, in systems with the highest t-DOC inputs (i.e., 1000 mg m⁻² d⁻¹) a median of 98% of the t-DOC flux is advected and therefore is not available to support zooplankton production. Further, advection is the primary fate of t-DOC in lakes with hydraulic retention times <3 years. When taking into account the availability and quality of terrestrial and autochthonous fluxes, this analysis indicates ≈95–99% of aquatic herbivore production is supported by in-lake primary production.

Introduction

There is considerable interest [1–5] and debate [5–7] about the role terrestrial organic matter inputs play in supporting the production of invertebrate and fish consumers in lakes. Understanding the sources of basal resources to lake consumers could have significant implications for ecosystem management, fisheries production, and predicting greenhouse gas release from lakes. Several studies have concluded that allochthonous inputs subsidize ≈50% of freshwater zooplankton production in many freshwater systems [1–5]. Several researchers [8] have concluded direct terrestrial particulate organic carbon (t-POC) inputs provide 98% of the terrestrial subsidy to zooplankton, while the terrestrially derived dissolved organic carbon (t-DOC) pathway only supports 2%. In contrast, other field studies concluded that the t-DOC → bacterial production → protozoan pathway is the primary route by which terrestrial inputs support zooplankton [2,4,9]. Brett et al. [6] pointed out that t-POC is an order of magnitude lower food quality compared to common phytoplankton and therefore very large fluxes from this source would be needed to substantially support zooplankton production. Field determinations have shown t-POC inputs are only ≈1% of phytoplankton production [10] in oligotrophic environments where recent research has suggested allochthonous support of zooplankton is strong, i.e., 20–40% of zooplankton production [5,11]. It was recently hypothesized that flocculation of t-DOC inputs was the most likely mechanism for large terrestrial subsidies to zooplankton production [5]. The food quality of t-POC derived from flocculating t-DOC is likely to be very low due to the fact that the parent material is extremely recalcitrant to enzymatic attack [12,13] by bacteria and metazoans, and t-DOC is almost entirely devoid of lipids and proteins necessary for the somatic development of metazoans. Based on the very low quality of terrestrially derived resources, it is widely acknowledged that significant allochthonous support of zooplankton production is only plausible when the flux of terrestrially derived food is considerably larger than the flux of edible algae [5,6].

In the aquatic ecology literature, it is often stated that the loading of allochthonous organic material to oligotrophic and mesotrophic lakes that can support food web processes is as large...
or much larger than autochthonous primary production [4,5,12–15]. However, we are unaware of any quantitative analyses supporting this assertion. It is known that crustacean macrozooplankton are able to consume living or dead particles, therefore t-POC, flocculated t-DOC and bacteria biomass supported by the consumption of t-DOC are possible routes for terrestrial subsidies to freshwater zooplankton production. Bacterial production is supported by both algal exudates [16] and t-DOC [4], and it was recently shown that bacteria production in lakes is strongly associated with \( r^2 \) recently shown that bacteria production in lakes is strongly associated with \( r^2 \) and usually about one-third of phytoplankton production [17]. Further, bacteria are low quality food resources for zooplankton production [18,19] and are also often too small for many zooplankton to efficiently graze - which necessitates an additional protozoan trophic link and associated energetic loss [9].

The t-DOC flux to lakes is very strongly associated with areal hydraulic loading [20–22] because hydraulic inputs vary logarithmically while the t-DOC concentrations associated with these inputs vary arithmetically. Although it is commonly stated the t-DOC present in the water column represents “accumulated” carbon [12–14], the fraction of any constituent that persists in the water column actually represents the mass that will be advected [23]. Because lakes with high hydraulic loading rates also usually have short hydraulic retention times (HRTs) advective transport from lakes may be the most common fate of t-DOC in many systems [24]. This is critical for upper trophic levels because only t-DOC that is converted to a particulate form (via assimilation by bacteria or flocculation) can be utilized by zooplankton.

This analysis will quantitatively test the widely held view that the fluxes of terrestrial carbon inputs are “as large to much larger” than pelagic and benthic algal production [4,5,12–15]. This test is important given that it is generally agreed that it is not possible for terrestrial inputs to make a large contribution to the production of invertebrates and fish in lakes if these inputs do not greatly exceed autochthonous production [5,6]. This will be done by conducting quantitative analyses of mass flux estimates for several whole lake case studies, including those ecosystems where it has been concluded terrestrial inputs support a large fraction of lake consumer production [3,5,8,10,11]. The literature reporting fluxes of t-DOC, t-POC, bacterial production, and benthic and pelagic primary production in individual systems will also be analyzed. Furthermore, typical lake hydraulic loading values and t-DOC input concentrations will be used to generate distributions of likely t-DOC loading rates in temperate and boreal lakes. In particular, the importance of t-DOC retention in these mass flux calculations will be considered. Although this study focuses on the role terrestrial organic matter inputs may play in invertebrate and fish production in lakes, and especially lakes with high areal t-DOC loading rates, the conclusions of this study are also highly relevant to the role lakes play as carbon sinks, conduits or sources in the global carbon cycle [25].

**Results and Discussion**

**Literature Analysis**

Previous studies have concluded that terrestrial organic matter strongly supports zooplankton production in a series of upper Midwestern USA lakes [3,5,8,11], hereafter referred to as the UNDERC lakes. Pace and colleagues assumed terrestrial inputs to these lakes to be similar to the concurrent primary production determined for these lakes; i.e., the allochthonous and autochthonous inputs used for their model [8] averaged \( 500 \) mg C m\(^{-2}\) d\(^{-1}\), with \( 80\% \) of the allochthonous inputs in the dissolved phase. Field data collected from UNDERC lakes indicate these terrestrial inputs may be substantially lower. For example, groundwater t-DOC concentrations [26] and areal hydraulic influxes [27] to several UNDERC lakes averaged \( 12.5 \pm 3.8 \) (\( \pm \) SD) mg L\(^{-1}\) and \( 4.9 \pm 3.6 \) L m\(^{-2}\) d\(^{-1}\) (or \( 1.8 \pm 1.3 \) m yr\(^{-1}\)), respectively, indicating an areal t-DOC influx of \( 60 \pm 43 \) mg C m\(^{-2}\) d\(^{-1}\). Calculations based on mean regional rainfall and evapotranspiration for this lake district (\( i.e., 0.85 \) m yr\(^{-1}\) and 58%, respectively), and Christensen et al. [26] reported typical seepage t-DOC concentrations (\( i.e., 12.5 \pm 3.8 \) mg L\(^{-1}\)); all of which makes it possible to calculate plausible t-DOC influxes to this lake. According to the data presented in Preston et al. [10], and outlined above, t-POC and t-DOC inputs, and net phytoplankton PP ratios average \( 25.8 \), and \( 485 \pm 49 \) mg C m\(^{-2}\) d\(^{-1}\), respectively. That is, terrestrial inputs are only \( 8\% \) of the basal resource flux and 80% as t-DOC. If we assume bacteria have a growth efficiency of \( 10\% \) when metabolizing t-DOC [29], the particulate flux associated with terrestrial inputs would only be 1–2% of net phytoplankton production in Crampton Lake.

**Field Data Compilation**

The meta-analysis of individual observations for t-DOC and t-POC inputs to and bacterial and algal production within oligotrophic/mesotrophic lakes also showed that far from being dominant, terrestrial inputs were in general less or much less than autochthonous production. The median (inter-quartile range) measured t-DOC, t-POC, and primary production fluxes were \( 11 \) (3–17), \( 62 \) (41–100), and \( 253 \) (115–546) mg C m\(^{-2}\) d\(^{-1}\), respectively (Tables S1, S2 and References S1). The terrestrial fluxes averaged \( 30 \pm 22\% \) of the total basal resource flux, and autochthonous production was on average 2.0–3.5 times higher. Bacteria production, median \( \pm 74 \) (37–165) mg C m\(^{-2}\) d\(^{-1}\), is more complicated because in lakes this production can be supported by either terrestrial or autochthonous resources [4,16]. However, the strong statistical association between bacteria and phytoplankton production reported by Fouilland and Mostajir [17], the much lower bacteria growth efficiency on t-DOC than algal exudates [29], and the higher flux of autochthonous than autochthonous carbon indicated by these data are consistent with most bacterial production being supported by in-lake primary production. Further, bacterial production is not large enough to modify the general conclusion that autochthonous production dominates the basal resource flux.
Scenario Analyses

It is likely that the t-DOC flux values summarized in the analysis above were biased towards lower values because limnologists tend to conduct field studies on lakes with HRTs between 1–5 yr, whereas many lakes, and especially lakes with high t-DOC fluxes, have much shorter HRTs. To account for this potential sampling bias, a distribution of lake area hydrologic loadings rates, i.e., lake inflow divided by lake surface area, obtained from a phosphorus mass balance analysis of 305 lakes [23] (i.e., median = 38 (11–153) L m$^{-2}$ d$^{-1}$) was multiplied by likely t-DOC concentrations based on stream surveys in Wisconsin, Ontario, Quebec, Nova Scotia, England, Scotland, Norway, Sweden and Finland (i.e., t-DOC = 11.1±7.4 mg L$^{-1}$) (see Table S3). These calculations resulted in much larger t-DOC flux estimates than summarized in Fig. 1, (see Table S3). These calculations resulted in much larger t-DOC flux estimates than summarized in Fig. 1, i.e., median = 303 (80–1420) mg C m$^{-2}$ d$^{-1}$ vs. 62 (41–100) mg C m$^{-2}$ d$^{-1}$, respectively.

As previously noted, the flux of t-DOC to lakes is strongly correlated with areal hydraulic loading [20–22]. In any lake dataset with moderate variability, the areal hydraulic loading will also be strongly correlated with the lake’s HRT and its reciprocal, lake flushing (p) (Fig. 2A). The dependency between lake hydraulic loading and flushing, and the influence of hydraulic loading on the t-DOC influx (Fig. 2B), are important because flushing determines the residence time of t-DOC in lakes. The proportion of t-DOC removed within the lake, e.g., due to photochemical oxidation, bacterial utilization or flocculation [30], is according to the

$$\text{Retention} = 1 - \frac{\text{DOC}_{\text{OUT}}}{\text{DOC}_{\text{IN}}} = \frac{\nu_{\text{DOC}}}{\nu_{\text{DOC}} + q_s} = \frac{\sigma}{\sigma + \rho},$$

where DOC$_{\text{OUT}}$ is the lake water and outflow DOC concentration and DOC$_{\text{IN}}$ is the flow weighted input concentration, $\nu_{\text{DOC}}$ is an apparent t-DOC ‘settling velocity’, $q_s$ is the areal hydraulic load, $\sigma$ is the instantaneous first-order t-DOC loss rate, and $\rho$ is the flushing rate [20–23].

To calculate the proportion of t-DOC retained within a particular lake, it is necessary to know the lake’s flushing rate, as well as the t-DOC degradation rate constant. Very few investigators have conducted complete t-DOC input budgets for specific lakes. However, Dillon and Molot [20–21] and Schindler et al. [22] conducted separate ≈20 yr t-DOC mass balance studies in multiple lakes making it possible to calculate the instantaneous t-DOC loss rate using very extensive long-term datasets, i.e., $\sigma = 0.0009±0.0004$ d$^{-1}$ (± SD, n = 12). By comparison, in an eight month laboratory experiment Stets et al. [24] obtained data indicating a loss rate of 0.0013±0.0005 d$^{-1}$ for the total DOC fraction in lake water (n = 12); and using an inverse modeling approach Algesten et al. [31] obtained results indicating $\sigma = 0.0018±0.0010$ d$^{-1}$ (n = 21). Summarizing these and other studies, Hanson et al. [32] concluded a wide range of evidence indicates that t-DOC in lakes degrades at $\approx 0.001$ d$^{-1}$. Because the t-DOC degradation rate derived from the long-term field studies [20–22] is based on complete input/output mass flux budgets that value is given precedence in our calculations.

One of the most important questions in aquatic science regards the role that lakes play in global carbon and greenhouse gas budgets [25,31,32]. If microbial or photochemical processes in lakes convert carbon inputs from the organic to the gas phase (e.g., t-DOC to CO$_2$ or CH$_4$) lakes can be net sources of greenhouse gases. Headwater lakes may also be sources of CO$_2$ if they receive substantial inputs of supersaturated groundwaters [33]. Algal exudates also contribute to the lake DOC pool, yet due to their highly labile biochemical composition this substrate is very preferentially and rapidly consumed by bacteria and does not persist [29]. This analysis, and particularly equation (1), shows the lake HRT primarily determines whether particular lakes act as sinks or conduits for terrestrial carbon inputs. According to the t-DOC degradation rate constant, in lakes with HRTs $< 3$ yr the primary fate of t-DOC will be advection. Further, as is apparent from Fig. 2C, $=78\%$ of lakes used in this analysis have flushing rates that are larger than the average t-DOC loss rate. In a larger dataset of temperate lakes (n = 2025) where HRT was modeled a function of lake volume, watershed surface area and runoff, Webster et al. [34] (PA Soranno, unpubl. data) found 88% of lakes had HRTs $< 3$ yr. Therefore, advection dominates the efflux of t-DOC from many lakes, and systems with high t-DOC loading rates primarily serve as conduits for downstream transport.

Analyses of the role that lakes play in the global carbon and greenhouse gas cycling [25,30] should account for the very strong influence of lake HRT on t-DOC advection [31,32]. The present results indicate that t-DOC retention in lakes with HRTs of 0.1, 1 and 10 years average 3±1%, 22±10% and 63±28%, respectively. For the lake morphometric dataset considered in this study, t-DOC retention had a median value of 15% (3–45%), whereas the results of Algesten et al. [31] suggested a median of 51% (44–61%) for a suite of Swedish lakes. About 40% of this difference was due to the somewhat higher t-DOC degradation term associated with their data, but the difference was mostly due to the fact that the lake group they considered had much longer HRTs than the lake

![Figure 1. The mass influx of dissolved and particulate carbon from terrestrial sources and the in-lake production of bacteria and benthic/pelagic components based on individual lake observations. Only data from lakes with total phosphorus $< 20$ µg L$^{-1}$ were used. Terrestrial particulate loading was calculated using the aeolian transport data from Preston et al. [10] while also assuming fluvial t-DOC inputs are equal to 10% of t-DOC loading [13]. Bacteria production was estimated from algal production based on a model derived from data provided by Fouilland and Mostajir [17] while taking into account prediction error; e.g., (BP; mg C m$^{-2}$ d$^{-1}$) = 2.15$^{\text{PPR}}$.249, n = 379, r$^2$ = 0.80, RMSE = 0.348. The mid-line in the box and whisker plots represents the sample median, the filled box represents mean, the outer margins represent the 25th and 75th percentiles and the whiskers represent the 10th and 90th percentiles. Data sources provided in Table S1.

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[Image 58x24 to 76x41]
dataset used for this analysis, *i.e.*, median = 2.1 (1.0–3.1 yr) vs 0.6 (0.1–2.6 yr), respectively. Hanson et al. [32] assumed a t-DOC loss rate similar to ours for many of their modeling scenarios (*i.e.*, $\sigma = 0.001$ d$^{-1}$), but their main lake dataset had HRTs values averaging 5.6 ± 3.4 yr and they therefore concluded lakes process a much higher proportion of t-DOC than did the present study. Large compilations of lake morphometric properties show a clear majority (*i.e.*, 60–65%) of temperate lakes have HRTs <1 yr [23,34]. Thus the present analysis indicates t-DOC processing in lakes may be much less intense than commonly claimed, *i.e.*, $R < 50–70\%$ [25,30–32], because limnological field studies under-represent lakes with short HRTs.

Sobek et al. [35] analyzed data from 7,500 northern hemisphere lakes and concluded lake water DOC concentrations are regulated by a combination of catchment climatic, topographic, and lake properties. For example, lakes in catchments with low topographic relief and abundant wetlands tend to have higher DOC concentrations. The overall DOC concentrations for the dataset Sobek and colleagues [35] compiled had a median of 5.7 (2.7–10.4) mg L$^{-1}$. As previously noted, the flushing rates of the lakes considered in this study indicated t-DOC removal has a median of 15% (3–45%), which suggests 50–70% of the between lake variation in lake DOC concentrations noted by Sobek and colleagues [35] could be due to differences in lake flushing rates. The importance of lake morphometric properties for t-DOC metabolism was foretold by Rasmussen et al. [36], who concluded that the color and t-DOC content of lake water tended to be higher in relatively small, shallow headwater lakes, with large and

![Figure 2. The statistical relationships among lake hydraulic loading, flushing, t-DOC loading and t-DOC retention.](image-url)
flat catchments, and short HRTs. del Giorgio and Peters [37] similarly emphasized the importance of lake HRT for t-DOC processing, when they noted lakes with large catchment to lake surface area ratios had high inputs of t-DOC, but low levels of in-lake t-DOC processing. These authors further hypothesized that the influence of HRT on lake t-DOC inputs and processing tended to cancel out and lakes had similar rates of t-DOC metabolism across a wide range of conditions. Our analysis supports their hypothesis as absolute t-DOC loading was strongly \((r^2 = 0.70)\) and moderately \((r^2 = 0.35)\) positively correlated with areal hydraulic loading and flushing, respectively; whereas the flux of t-DOC removed in-lake had a very weak negative statistical association with the lake flushing rate \((r^2 = 0.04)\).

**Total Versus Particulate Fluxes**

The magnitude of allochthonous and autochthonous fluxes can be compared as the total or gross primary production that occurs within the lake relative to the total terrestrial carbon inputs that are processed within the lake. This approach has been used in the majority of studies on this topic [5,8,10], as well as the present study. Alternatively, one can compare only the particulate fluxes that stay suspended in the water column and are thus physically available for zooplankton consumption. If the latter approach is taken, it is necessary to distinguish between benthic and pelagic PP_r. It is also necessary to account for the fact that the vast majority of the t-DOC that is removed in-lake is either photochemically oxidized, sedimented or metabolized very inefficiently by bacteria [29,32], and thereby converted to CO_2, and is thus unavailable to support zooplankton production. Similarly, t-DOC fluxes to lakes are dominated by “leaves and buds” [10], which are several orders of magnitude larger than the particles zooplankton are able to ingest. Taking into account that 40–70% of the PP_r in oligo/mesotrophic lakes is pelagic [30], bacteria convert about 10% of the t-DOC they process to biomass [29], and only 40% of t-DOC inputs are small enough to be utilized by zooplankton [10], one ends up with an autochthonous basal resource flux that is many times larger than the corresponding allochthonous flux. Specifically, the median autochthonous particulate flux we would expect to be \(\approx (10\% \times 34 \text{ mg m}^{-2} \text{ d}^{-1}) = 3.4 \text{ mg m}^{-2} \text{ d}^{-1}\) for the bacteria production supported by t-DOC, and \(\approx (40\% \times 11 \text{ mg m}^{-2} \text{ d}^{-1}) = 4.4 \text{ mg m}^{-2} \text{ d}^{-1}\) for ingestible sized t-DOC inputs. Conversely, the median phytoplankton PP_r would be \(\approx (40\% - 70\% \times 253 \text{ mg m}^{-2} \text{ d}^{-1}) = 101-177 \text{ mg m}^{-2} \text{ d}^{-1}\), giving an autochthonous particulate flux that is approximately 15-20 times larger than the allochthonous derived particulate flux.

We can compare the algal production rates we compiled to those from independent studies to assess whether these fluxes are reasonable. For example, the algal primary production values we summarized are somewhat less than the phytoplankton specific PP_r rates that Wetzel [13] compiled for 25 oligo/mesotrophic lakes, \(i.e., 285 \text{ (99-414) mg C m}^{-2} \text{ d}^{-1}\). Wetzel [13] further suggested typical phytoplankton PP_r rates for oligo- and mesotrophic lakes range between 50-300 and 250-1000 mg C m\(^{-2}\) d\(^{-1}\), respectively. Vollenweider and Kerekes [39] used the OECD data set to develop a regression model that predicts areal phytoplankton production as a function of lake total phosphorus (TP; \(\mu g \text{ L}^{-1}\)) concentration accordingly:

\[
\text{PP}_\text{PHYTO} = \frac{19.2 + \text{TP}^{0.76}}{0.29 + 0.011 \times \text{TP}^{0.76}}
\]

This equation predicts lakes with TP concentrations of 5, 10, 15 and 20 \(\mu g \text{ L}^{-1}\), will have PP_r of 199, 312, 399 and 471 mg C m\(^{-2}\) d\(^{-1}\), respectively. Because the results above are only for phytoplankton production, and the values we summarized were for benthic plus pelagic algal production, these independent approaches indicate the autochthonous production data we compiled are conservative. This conclusion is also supported by Lewis’ [40] recent analysis, which calculated the global areal production for undisturbed lakes averages \(\approx 550 \text{ mg C m}^{-2} \text{ d}^{-1}\) when considering both pelagic and benthic production.

Another important factor to consider is whether the algal \(^{14}\)C uptake experiments, from which most of the lake PP_r data we compiled were obtained, measure net or gross primary production. Several classic studies have concluded \(^{14}\)C uptake may underestimate gross PP_r by a factor two particularly in oligotrophic systems [41,42]. According to Wetzel [13] and Wetzel and Likens [43] most evidence “indicates that the \(^{14}\)C method measures photosynthetic rates closer to net photosynthesis than to gross”. Wetzel [13] and Lewis [40] also pointed out that the phytoplankton productivity released to the dissolved phase is approximately 20–25% of gross PP_r. This suggests the total algal PP_r values we compiled in our analysis were \(\approx 15\%\) too low, whereas the particulate flux generated from phytoplankton PP_r was \(\approx 10\%\) too high.

Our conclusion that much of the t-DOC input to short HRT lakes is advected downstream is extremely important for the zooplankton allochthonous hypothesis [1-5], because it is only the flux of t-DOC retained within lakes that may have been used to support food web processes. If the total t-DOC flux is corrected for removal, the mass flux of t-DOC that is removed in-lake is obtained (Fig. 3). This results in a factor \(\approx 10\) lower estimate of t-DOC availability, \(i.e., 303 (80-1420) versus 34 (11-78) \text{ mg C m}^{-2} \text{ d}^{-1}\) (Fig. 3), because the lakes with the highest t-DOC loading rates also have very low removal (Fig. 2D). In fact, after accounting for removal, the available flux in the 32% of cases with absolute t-DOC loading greater than 1000 mg C m\(^{-2}\) d\(^{-1}\) declined from a median of 2661 (1552–7249) mg C m\(^{-2}\) d\(^{-1}\) to only 55 (23–137) mg C m\(^{-2}\) d\(^{-1}\), indicating 98% of t-DOC is advected from the lakes with the highest areal t-DOC loading rates. Terrestrially derived DOC that is removed in-lake may be photochemically degraded, flocculated and subsequently sedimented, or metabolized by bacteria to produce greenhouse gases (CO_2 or CH_4), or new cells [30]. However, the growth efficiency of bacteria utilizing t-DOC is very low [29] and both t-DOC derived flocs and bacteria are likely very low nutritional quality resources for zooplankton [6,18,19]. These mass flux calculations also indicate the total flux of available terrestrial internal fluxes will be approximately a factor of 4–7 smaller than rates of algal primary production in typical oligo/mesotrophic lakes; \(i.e., 48 (26–89) \text{ mg C m}^{-2} \text{ d}^{-1}\) vs 253 (115–546) mg C m\(^{-2}\) d\(^{-1}\), respectively. Conversely, del Giorgio and Peters [37] challenged the traditional phytoplankton photosynthesis paradigm in limnology and concluded that in the oligotrophic and mesotrophic systems they sampled, phytoplanton production was often a minor fraction of whole lake carbon metabolism. These different conclusions were mainly because del Giorgio and Peters [37] assumed all of their lakes had input t-DOC concentrations of 24 mg C L\(^{-1}\) based on watershed carbon yields [44], whereas our meta-analysis of temperate and boreal streams indicated concentrations of 11.1±7.4 mg C L\(^{-1}\). del Giorgio and Peters’ high assumed input t-DOC concentration increased their reported available t-DOC flux, and the t-DOC degradation rate derived from their data, by a factor of 3.5±0.7. If the results of their study are recalculated with 11.1 mg L\(^{-1}\) as the input t-DOC concent-
t-DOC metabolism as a percent of phytoplankton production for their lakes declines from 139% (95–275%) to 37% (29–93%).

Allochthonous Support of Zooplankton Production

As noted earlier, due to the very low food quality of terrestrial resources the flux of this basal resource would need to be considerably larger than algal production in order to make a substantial contribution to zooplankton production [5,6]. Our calculations show that after accounting for t-DOC advection, the flux of available t-DOC and t-POC is a small portion of the total available resources compared to algal production, i.e., 18% (9–34%) (Fig. 4A). Further, much of the t-DOC that is removed within lakes will be mineralized directly by photolysis, respired to CO₂ by bacteria or lost to the sediment [30–32] without contributing to the eukaryotic portion of the food web.

A recent study showed that Daphnia fed diets comprised entirely of terrestrially derived matter had lower growth efficiencies (5 vs. 41%), reproduced later (19.4 vs. 13.5 d), had fewer neonates (3.1 vs. 69.5) and were smaller (0.22 vs. 1.06 mg dry wt. ind⁻¹) than those that consumed phytoplankton [6]. However, in natural systems freshwater zooplankton will generally consume mixtures of autochthonous and allochthonous resources. Thus, the physiological responses of zooplankton to mixed diets are the most relevant to the current analysis. Brett et al. [6] carried out a gradient experiment, where Daphnia were fed t-POC and phytoplankton in 20% increments (Table S4). The fatty acid profiles of Daphnia that consumed pure diets were used to calculate preferential utilization of phytoplankton when Daphnia consumed mixed diets. The fatty acid profiles of Daphnia consuming pure t-POC and phytoplankton were very different (i.e., r² = 0.09), but the preferential utilization calculations provided very strong fits to the observed fatty acid profiles of the zooplankton consuming mixed diets (r²=0.99). These solutions also indicated very preferential phytoplankton utilization. Two end-member mixing models based on Daphnia fatty acid ω3:ω6 ratios can also be used to infer selective resource utilization. For example, Daphnia that consumed 100% t-POC had a ω3:ω6 ratio of 1.6, Daphnia that consumed 100% Cryptomonas had a ratio of 11.7, and Daphnia that consumed mixed diets had ω3:ω6 ratios of 3.9–10.8. Altogether, these data indicate Daphnia preferentially utilized phytoplankton by a factor of 11.8±5.3 or alternatively utilized terrestrial resources 10±5% as efficiently. According to these outcomes, in order for zooplankton to obtain 30–70% of their resources from terrestrial inputs as many studies have concluded [1–5], terrestrial influxes would have to be 39±8% of total resources. Brett et al. [6] also showed that when Daphnia consumed mixed diets of t-POC and phytoplankton, they had substantially higher growth efficiencies on the allochthonous portion of their diet (i.e., 20%) than when t-POC was the sole resource (i.e., 5%) [6]. Because Daphnia consuming pure phytoplankton diets had ≈40% growth efficiency, the results above suggest Daphnia consuming 50:50 t-POC and phytoplankton would have obtained 32% of their resources from the t-POC. However, the fatty acid profiles of the Daphnia in this treatment indicate they only obtained 12% of their lipids for the terrestrial resource (unpublished data). As noted in Brett et al. [6], this may suggest zooplankton are able to realize a catabolic benefit (i.e., obtain energy) when they utilize low quality terrestrial resources even if this matter is not used for anabolic processes (i.e., building new biomass).

We used the available basal resource fluxes (Fig. 4A) and the zooplankton functional response to terrestrial resources (Fig. 4B) to calculate an expected zooplankton allochthony for oligo/mesotrophic lakes. When considering both the low quantity and quality of allochthonous resources, our calculations indicate aquatic herbivores are likely to obtain 1.8% (0.6–5.2%) of their resources from terrestrial inputs (Fig. 4C). If these calculations are based solely on the particulate fluxes that would be available to grazing zooplankton, the calculated allochthonous support of zooplankton production would be smaller because most of the t-POC loaded to lakes is too large for zooplankton to ingest and bacteria utilize t-DOC very inefficiently.

Conclusions

Although obtained for a particular set of conditions, the results of this analysis should be robust provided: 1) lake hydraulic loading and flushing are highly correlated, 2) areal t-DOC loading is strongly dependent on hydraulic loading, 3) t-DOC degrades at 0.1% d⁻¹, and 4) terrestrially derived particulate matter is a very low quality resource for zooplankton and other herbivorous metazoans. These conditions are likely to be true for many north temperate lakes. It should be noted that t-DOC inputs affect the physical (e.g., light and temperature zonation) and chemical (e.g., dissolved oxygen concentrations and nutrient bioavailability) properties of lakes in ways that are very important for the overall functioning of the system [35,45]. In particular, high in-lake t-DOC concentrations may strongly inhibit autochthonous primary production by inducing severe light limitation [46]. However, the present results indicate terrestrial inputs are likely to make very small direct contributions to animal production in most lakes.

Methods

Basal Resource Mass Fluxes

Several high profile narrative reviews have concluded there is overwhelming evidence terrestrial inputs dominate the carbon budgets of many oligotrophic lakes [2,5,12–13]. However, no study has comprehensively analyzed the lake carbon flux literature to quantitatively test this conclusion. We conducted a quantitative analysis of the lake literature to statistically assess the empirical
basis for this generality. The data from field studies conducted at the UNDERC lakes [8,10,26,27] were also compared against the model assumptions used to represent the carbon budgets of the same lake group [3,8]. Our quantitative analysis of terrestrial carbon fluxes to lakes, in relation to autotrophic primary production within lakes, was carried out by summarizing t-DOC loading rates for all field studies which have directly determined t-DOC input concentrations and hydraulic loading rates (Table S1 and References S1). We did not use the results of analyses that indirectly estimated t-DOC loading based on catchment land-cover and vegetation type; i.e., studies that did not use actual field measurements of input t-DOC concentrations [8,9,31,32,37]. Autochthonous primary production was quantified for all studies that we are aware of that directly determined the production rate of both phytoplankton and benthic algae in lakes with total phosphorus concentrations ≤20 μg L⁻¹ (Table S2 and References S1). Bacterial production was estimated from algal production according to a model derived from data provided by Fouilland and Mostajir [17]; e.g.,

\[ BP; \text{mg C m}^{-2} \text{d}^{-1} = 2.15aPPx^{0.49}, \ n = 379, \ r^2 = 0.80, \ \text{RMSE} = 0.348. \]

Hydraulic Flushing and t-DOC Loading and Retention

Terrestrial DOC loading is the product of the input t-DOC concentration multiplied by the areal hydraulic loading rate (i.e., \( q_\text{s} \), = lake inflows/lake surface area). Lake input t-DOC concentrations varying arithmetically, whereas lake hydraulic loading rates vary logarithmically. Therefore, t-DOC loading should be strongly correlated with \( q_\text{s} \) and lakes with very short HRTs will generally have much higher t-DOC loading. During our analysis of field studies that directly determined t-DOC loading to lakes, it was apparent that this database was comprised primarily of lakes with HRTs ranging between 1–5 yr. Conversely, in a large dataset of lakes (n = 305) used to assess phosphorus input/output budgets [23], 25% of lakes had HRTs <0.1 year and 58% had HRTs <1 year. The lake HRT distribution for this dataset had the same median (i.e., 0.38 yr), but somewhat wider tails in geometric space than the larger population of lakes (n = 2025) considered by Webster et al. [34] (PA Soranno, unpubl. data). To test whether typical lakes have on average larger t-DOC loading than the lakes usually sampled in limnological field studies, we used the distribution of lake \( q_\text{s} \) values obtained from Brett and Benjamin [23], as well as directly determined stream t-DOC concentrations for a large number of systems in North America and northern Europe (Table S3 and References S1), to generate a hypothetical distribution of lake t-DOC loading rates that accounts for the high prevalence of short HRT lakes. The \( q_\text{s} \) values in this distribution could be approximately represented by a cumulative probability density function based on a sigmoid type response; i.e., \( q_\text{s} \) (L m⁻² d⁻¹) = \( a \times x / (1 - x) \), where \( a \) is a coefficient with a value of 43.8 L m⁻² d⁻¹, and \( x \) is the percentile between 0–1, \( r^2 = 0.98 \), n = 305.

According to the classic mass balance equations for lakes [23], constituents can either be removed within or advected from a lake. In the case of t-DOC, removal can be due to flocculation and accumulation in the sediments, photochemical oxidation or bacterial metabolism [30–32]. However, according to the Principle of Mass Conservation, a constituent cannot be both removed and advected from a system; therefore, that t-DOC loading to lakes which is ultimately advected cannot also be used to support in-lake food web processes. Because lake t-DOC inputs are strongly associated with hydraulic flushing, lakes with short HRTs are likely to have very high t-DOC inputs as well as similarly high t-DOC advective losses. We characterized the relationship between lake hydraulic flushing, t-DOC loading, in-lake t-DOC removal and advection using the lake morphometric properties and input t-DOC concentrations previously mentioned. In-lake t-DOC removal was quantified using the classic mass balance equation [23] accordingly: Removal = \( \sigma / (\sigma + \rho) \), where \( \sigma \) represents the first order loss rate for t-DOC and \( \rho \) represents advective losses from the lake.

Calculating Potential Zooplankton Allochthony

Recent research has shown that terrestrial carbon inputs to lakes are, due to their biochemical composition and recalcitrance, very low food quality resources for herbivorous zooplankton [6].
Therefore, a fixed amount of terrestrially derived resources will support far less aquatic herbivore production than would an equivalent amount of algae [5]. To account for this food quality effect, we used the available basal resource fluxes (i.e., t-POC inputs + available t-DOC inputs) and the autochthonous production depicted in Fig. 1, as well as the respective quality of these fluxes, to calculate the proportion of zooplankton production that would be expected to be supported by typical allochthonous and autochthonous basal resource fluxes. Specifically, the expected proportion of aquatic herbivore production supported by allochthonous basal resource influxes was calculated accordingly:

\[
\text{Relative Allo subsidy} = \frac{\text{Allo influx} \times FQI_{\text{Allo}}}{\text{Allo influx} \times FQI_{\text{Allo}} + \text{Auto influx} \times FQI_{\text{Auto}}},
\]

where Allo influx equals the areal influx of available basal resources, FQI_{\text{Allo}} equals a food quality index for allochthonous resources, Auto influx equals autochthonous PPr, and FQI_{\text{Auto}} equals the food quality index for autochthonous resources.

We used the outcomes of an experiment where *Daphnia* were fed a gradient of allochthonous and autochthonous resources to calculate preferential utilization of phytoplankton when these zooplankters utilized mixed diets (Table S4). As explained in Brett et al. [6], the fatty acid profiles of *Daphnia* that consumed 100% t-POC and phytoplankton diets where used to reverse-engineer the contributions of allochthonous resources to the *Daphnia* fed mixed diets based on the fatty acid composition of these daphnids. For example, *Daphnia* that were fed 80% t-POC and 20% phytoplankton obtained 81% of their fatty acids from phytoplankton. For the present study, we also used the *Daphnia* fatty acid 6:3:06 ratios and two end-member mixing models to calculate selective resource utilization. This was based on the fact that *Daphnia* that consumed 100% t-POC had a low 6:3:06 ratio (i.e., 1.6), whereas *Daphnia* that consumed 100% Cryptomonas had a very high ratio (i.e., 11.7) and *Daphnia* that consumed mixed diets had intermediate ratios (i.e., 6.9–10.6). Once values for allochthonous contributions to the zooplankton were obtained, these were fit to equation (3) to derive FQI_{\text{Allo}} values, assuming a baseline of FQI_{\text{Auto}} = 1. Different FQI_{\text{Allo}} values were fit based on the total fatty acid profile and 6:3:06 ratio results. Optimal fits were obtained by minimizing the error sum of squares between observed and predicted values using the Solver function in Microsoft Excel. Because our resource flux calculations showed allochthonous resources were <50% of the total available resources in 34% of cases, we also fit these results to obtain FQI_{\text{Allo}} values using only the cases where t-POC was <50% of the available food in the gradient experiment [6]. These calculations were carried out within a Monte Carlo simulation framework by randomly pairing individual t-POC and available t-DOC influx estimates with autochthonous production values (n = 10,000). We also used a Monte Carlo approach to combine the calculated allochthonous and phytoplankton fluxes with the fitted distribution of FQI_{\text{Allo}} values using equation (3) to calculate the expected zooplankton allochthony when considering both food quantity and quality constraints (n = 10,000). This approach assumes all t-DOC removed within lakes is “available” to support upper trophic level processes, whereas most of the t-DOC metabolized by bacteria is transformed to CO2 via respiration [29]. Because this calculation accounts for both pelagic and benthic primary production, it represents potential allochthonous subsidies to both benthic and pelagic herbivores and detritivores and not zooplankton exclusively. Calculations that only consider the particulate fluxes available to zooplankton would indicate less zooplankton allochthony.

### Supporting Information

1. **Table S1** Allochthonous influxes.
2. **Table S2** Autochthonous production.
3. **Table S3** Stream t-DOC concentrations.
4. **Table S4** *Daphnia* fatty acid composition.

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### Author Contributions

Conceived and designed the experiments: MTB GBA SC MJK. Performed the experiments: MTB. Analyzed the data: MTB. Contributed reagents/materials/analysis tools: N/A. Wrote the paper: MTB GBA SC MJK.
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