Reconstruction of Coracoclavicular Ligament with Endobutton and Sutures to Stabilize Acromioclavicular Joint: A Retrospective Clinical Study and Finite Element Analysis

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Abstract

Acromioclavicular joint dislocation is a common sports injury disease, surgical treatment to restore the acromioclavicular joint stability, including stability and vertical stability level. However, vertical stability is often neglected. So we did a retrospective study enrolled 38 patients using Endobutton reconstruction and suture repair (Group A) with those using single Endobutton (Group B). The perioperative assessments contained coracoclavicular distance (CCD), Constant-Murley shoulder joint score, University of California at Los Angeles (UCLA) shoulder joint score and the difference between bilateral CCD 12 months postoperatively. The evaluation of group A was significantly better than group B. Constant-Murley scores and UCLA shoulder scores preoperatively were significantly higher than those after operation. The postoperative CCD of the two groups was lower than that before surgery. CCD between the affected shoulder and another postoperatively was no difference in group A, but was different in group B. The difference of postoperative CCD of the two groups was different. Afterward, we evaluated the stress and deformation around the acromioclavicular joint by finite element analysis and found that the stress dispersion and displacement reduction enhanced the stability of acromioclavicular joint. Thus, reconstruction of coracoclavicular ligament with Endobutton and sutures repair can increase the stability of acromioclavicular joint.

1 Introduction

Acromioclavicular joint dislocation is a common shoulder injury. The main injury mechanism is that direct or indirect violence of the shoulder joint causes the torn of acromioclavicular joint capsule and the damage of coracoclavicular ligament, leading to the displacement of the lateral end of the clavicle (1). According to Rockwood classification (2), the main types of acromioclavicular joint injury are divided into 5 types, among which type I and type II can be treated conservatively, type IV, V and VI need surgical intervention, and type III needs to consider the treatment plan according to the age, physical activity, symptoms and other conditions of patients (3). At present, there are many surgical treatments for acromioclavicular dislocation, including clavicular hook plate, acromioclavicular screw or Kirschner wire, coracoclavicular ring, coracoclavicular screw, coracoacromial ligament transfer, distal clavicle excision, autogenous or allogenic ligament or tendon transfer, coracoclavicular ligament repair or reconstruction (4, 5). With the development of the anatomy and biomechanics of acromioclavicular joint, rigid fixation has been gradually eliminated due to its high failure rate. Anatomical reconstruction of coracoclavicular ligament has become a popular method recommended by many scholars, including Endobutton mini steel plate, autogenous or allogeneic tendon, and rivet with suture (6). However, the importance of acromioclavicular ligament in maintaining joint stability has been ignored. Therefore, our method was to reconstruct coracoclavicular ligament using Endobutton mini steel plate and simultaneously reconstruct acromioclavicular ligament as well. In this study, we retrogressively compared the clinical efficacy of coracoclavicular ligament reconstruction using Endobutton plate combined with the reconstruction of acromioclavicular ligament with coracoclavicular ligament reconstruction using Endobutton plate alone, and validated it by the finite element analysis model based on CT data.
2 Materials And Methods

2.1 General data

We retrospectively analyzed 38 patients with acute acromioclavicular dislocation from 2016 to 2019, and divided them into two groups according to the treatment: group A: reconstruction of coracoclavicular ligament with Endobutton plate + reconstruction of acromioclavicular ligament; group B: reconstruction of coracoclavicular ligament with Endobutton plate alone. Both groups received surgical treatment in the Department of Orthopaedics, the first people's Hospital of Changzhou. Inclusion criteria: 1. Rockwood type III or V; 2. There were no other injuries in the ipsilateral and contralateral limbs; 3. Closed injury; 4. The time between injury and surgery was within 3 days; 5. There was no history of shoulder disease. All surgeries were performed by surgeons from the same treatment team and all patients signed informed consent form. This study was approved by the Ethics Committee of our hospital and all patients signed informed consents.

All patients were classified according to Rockwood classification system based on the anterior and posterior X-ray images of the injured shoulder joint. The average age of the patients was 44.61 ± 9.86 years. Among these patients, 18 cases involved the left shoulder and 20 cases involved the right shoulder. The causes of injuries included falls and accidents. There were 29 cases of Rockwood type III and 9 cases of type V injury.

2.2 Surgical techniques

Surgical technique for group A: All patients received the surgery in supine position under general anesthesia. Before surgery, the patient's surgical area was padded up. The incision started from the corner of the acromion, slightly curved medially, and extended down the distal clavicle to the top of the coracoid process. The incision was about 8 cm long. The deltoid fascia and the upper surface tissue of the distal clavicle were split in parallel, and the attachment points of the anterior deltoid and the posterior trapezius were reserved. The articular disc of acromioclavicular joint that may affect the reduction was partially resected. The residual soft tissue around the acromioclavicular joint capsule that did not affect the surgical procedure was preserved as much as possible for the reconstruction of the acromioclavicular ligament. We used a self-designed coracoid tunnel positioning suture passer (Fig. 1) and a 2.5 mm drill bit to establish three bicortical bone tunnels at the middle point of the coracoid base, 40 mm superior to the medial side of the acromial end of clavicle and 15 mm anterior to the medial side of the acromial end of clavicle. Then a PDSII suture was passed through using a suture passer as the guide suture. Three ultrabraid #2 sutures were successively passed through the middle two holes of the Endobutton plate and folded into six strands. After connecting to the guide suture, the first Endobutton plate was placed under the coracoid process, and the six strands of the suture were passed through the upper edge of the coracoid process tunnels, among which four strands passed through the tunnel inside the clavicle to reconstruct the conoid ligament, and the other two strands passed through the tunnel outside the clavicle to reconstruct the trapezoid ligament. The sutures passed through the Endobutton plate and were temporarily fixed at the two tunnel openings on the upper edge of the clavicle. After the final reduction of
the acromioclavicular joint, the suture would be tightened and knotted. Two bicortical tunnels were drilled on acromial head of clavicle and acromion of scapula, and the remaining suture that passed through the clavicle tunnel was crossed and passed through the bone tunnels on acromial head of clavicle and acromion of scapula, so as to complete the suture preparation for acromioclavicular joint ligament. Finally, the acromioclavicular joint was exposed and reduced manually. A 2.0 mm Kirschner wire was used to fix the acromioclavicular joint temporarily, and slight over reduction was allowed. At the same time, the suture for coracoclavicular ligament reconstruction was tightened to complete coracoclavicular ligament reconstruction, and the suture for acromioclavicular ligament reconstruction was also tightened and knotted. The acromioclavicular joint capsule was sutured using the surrounding residual tissue, and the wound was washed and sutured layer by layer.

The surgical technique used for the reconstruction of coracoclavicular ligament in group B was similar to that in group A. The acromioclavicular joint capsule was simply sutured without special treatment, and no bone tunnel was established.

2.3 Postoperative rehabilitation

The treated shoulders of all patients were suspended and fixed with triangular bandages for 4 weeks. The affected shoulder began passive activities on the second day after the surgery. Active movement of the shoulder started two weeks later, with the range of movement within 90 degrees. After 4 weeks, non-weight bearing shoulder movement began, and the range of motion was gradually increased to over 90 degrees. The patients were allowed to resume routine life 8 weeks postoperatively and they were allowed to do normal exercise or physical activities 12 weeks after the surgery.

2.4 Functional evaluation and follow-up

Clinical and imaging follow-up was performed at 1 and 12 months after the surgery. No patient lost any follow-up visit. Constant-Murley shoulder function score and UCLA shoulder score were used to evaluate the clinical outcomes before and after the surgery. The anterior and posterior radiographs of acromioclavicular joint were taken and followed up immediately after the surgery. In order to check the maintenance of reduction, the distance between the injured coracoclavicular joint (CCD) was measured on preoperative and postoperative X-ray images. CCD referred to the vertical distance between the horizontal line of the top of the coracoclavicular process and the horizontal line of the top of the conical protuberance on the lower surface of the clavicle.

2.5 Finite element analysis

We carried out finite element analysis to compare the biomechanical stability of the two different surgical methods for acromioclavicular joint dislocation. Using two-dimensional CT data of volunteers and medical engineering software such as Mimics, Geomagic and Hypermesh, we obtained the finite element model of acromioclavicular joint. The acromioclavicular joint dislocation-related finite element analyses were searched and reviewed on PubMed. According to the research findings of Atmaca et al. (7), the material properties were attributed to each part of the model using HyperMesh software (Table 1), the
dislocation of acromioclavicular joint was simulated, and two different surgical fixation methods were used. The three-dimensional finite element models of the two groups of internal fixation were given the same load and constraint conditions to simulate the inferior and superior movement, anterior and posterior movement and mixed movement of acromion of clavicle. Finally, the biomechanical properties of different surgical methods were compared and analyzed.(Fig. 2)

2.6 Statistical analysis

All measurement data were expressed as mean ± standard deviation. All categorical data were compared using Fisher exact test. The normal distribution of all measurement data was analyzed using Shapiro-Wilk test. The intra-group difference of the results before and after surgery was identified using paired t test, and the inter-group difference was identified using Mann-Whitney U test. SPSS23.0 software was used for statistical analysis, and $P<0.05$ was considered statistically significant.

3 Results

There was no statistical difference in the general data of all 38 patients (Table 1). The average follow-up time was $13.05 \pm 1.79$ months (range: 12–18 months). In both group A and B, the Constant shoulder score at the first and 12th months follow-up was higher than that before the surgery, and the difference was statistically significant ($P<0.05$, Table 3). UCLA shoulder score at postoperative follow-up was also higher than that before the surgery, the difference was statistically significant ($P<0.05$, Table 4). The postoperative CCD of the two groups was lower than that before the surgery, and the difference was statistically significant ($P<0.05$), which indicated that the two treatment options both could reduce the acromioclavicular joint and restore the function of the shoulder joint (Table 5). At the same time, there was no statistical difference between the CCD of affected shoulder and the healthy shoulder in group A at 12 months postoperatively, while there was difference between the CCD of affected shoulder and the healthy shoulder in group B at 12 months postoperatively, which indicated that the incidence of joint reduction loss in group A was low one year postoperatively, and the CCD in group A was close to the normal CCD (Table 6). The difference of CCD at 12 months postoperatively between the two groups was statistically significant ($P<0.05$) after eliminating self-control deviation, which showed that group A was better than group B in maintaining the joint stability after surgical fixation of acromioclavicular joint dislocation (Table 7). The results of finite element analysis showed that: In normal physiological group, under the conditions of superior and inferior, anterior and posterior, and mixed movement loading, the deformation of distal clavicle was 2.13 mm, 2.56 mm and 4.29 mm, respectively, and the stress of coracoid and clavicle suspension suture was 33.81 MPa, 28.09 MPa and 44.84 MPa, respectively. In the coracoclavicular ligament reconstruction using Endobutton alone group, the distal clavicle deformation was 2.44 mm, 5.29 mm and 6.64 mm under the three loading conditions, and the stress of the suspension suture was 217.97 MPa, 283.55 MPa and 497.26 MPa, respectively. In reconstruction of acromioclavicular ligament using Endobutton plate combined with reconstruction of coracoclavicular ligament group, under the three loading conditions, the distal clavicular deformation was 0.34 mm, 0.27 mm and 0.49 mm, and the stress of suspension suture was 222.66 MPa, 193.21 MPa and
387.03 MPa, respectively (Table 8). The results showed that reconstruction of coracoclavicular ligament with Endobutton plate combined with the reconstruction of acromioclavicular ligament can increase the horizontal and vertical stability of the acromioclavicular joint, and solve the problems of gravity concentration, deformation and reduction loss caused by the reconstruction of coracoclavicular ligament with Endobutton plate alone. It also theoretically explained the reason for the low reduction loss rate in group A one year after the surgery.

4 Discussion

The surgical treatment of acromioclavicular joint dislocation is often very difficult because of its high failure rate, especially for high-level dislocation. The previous surgical methods such as Weaver-Dunn will cause a high unplanned secondary surgery rate (8). Therefore, at present, clinical researchers have proposed many methods to solve acromioclavicular joint dislocation, which can be divided into three categories: Endobutton plate suspension to reconstruct coracoclavicular ligament, hook plate or Kirschner wire rigid fixation and coracoclavicle + acromioclavicular joint capsule repair, among which hook plate or Kirschner wire rigid fixation is gradually eliminated due to its many postoperative and long-term complications and the need for secondary removal of internal fixation (8–10). At present, it remains controversy regarding the clinical application of Endobutton plate suspension surgery for the reduction of acromioclavicular dislocation. Through computer simulation of finite element analysis combined with biomechanical research, many scholars consider that additional augmentation suture repair of acromioclavicular ligament after reconstruction of coracoclavicular ligament can significantly improve the postoperative posterior displacement and rotation stability of acromioclavicular joint (11–13). However, some researchers carried out biomechanical analysis of cadaveric specimens simulating surgically treated acromioclavicular joint dislocation, and found that the effect of an additional acromioclavicular cerclage on the stability of acromioclavicular joint seemed to be negligible (14). Therefore, they do not recommend to use additional acromioclavicular cerclage. However, these studies are limited to cadaver specimens or computer simulation, and there are few reports on clinical follow-up studies combined with finite element simulation. In our study, we found that anatomical reconstruction of coracoclavicular ligament with Endobutton plate suspension combined with the reconstruction of acromioclavicular ligament is helpful to improve the horizontal and vertical stability of acromioclavicular joint, recover the function of acromioclavicular joint as soon as possible, effectively reduce surgical trauma, avoid secondary surgery to remove the internal fixation device, and improve the satisfaction of patients.

At present, there are big differences in the selection of surgical techniques for Endobutton plate suspension reconstruction, mainly including the following four aspects: 1. Whether acromioclavicular joint capsule is concerned or not. 2. Differences in the selection of clavicle and coracoid process tunnels. 3. Differences in the selection of suspension materials. 4. The choice of open surgery or arthroscopic surgery.
Most researchers pay more attention to coracoclavicular ligament than acromioclavicular ligament. In fact, acromioclavicular ligament is very important for the stability of acromioclavicular joint. In recent years, acromioclavicular ligament has gained more and more attention in clinical investigators. Many biomechanical studies have shown that although acromioclavicular ligament is thin, the superior and posterior articular ligaments can limit the posterior displacement of the distal clavicle, and the inferior articular ligament can limit the anterior displacement of the distal clavicle. When the acromioclavicular ligament is damaged, the anterior-posterior displacement of the distal clavicle increases significantly (15–18). Simultaneously, many clinical studies have confirmed the importance of acromioclavicular joint ligaments. Cisneros (19) believes that 20% of patients have acromioclavicular joint horizontal instability after surgery, and suggests to increase the augmentation repair of acromioclavicular joint ligament. In the treatment of chronic acromioclavicular joint dislocation, Jensen et al. (20) incised the acromioclavicular joint capsule to strengthen the repair of tendon while they were performing arthroscopy-assisted reconstruction of the coracoclavicular ligament, so as to increase the horizontal stability of acromioclavicular joint. Tauber et al. (21) compared anatomic triple-bundle coracoclavicular ligament and acromioclavicular ligament reconstruction using autologous tendon graft with nonanatomic single-bundle coracoclavicular ligament reconstruction using autologous tendon graft, and confirmed that triple-bundle reconstruction enhanced the horizontal stability of acromioclavicular joint due to the additional repair of acromioclavicular ligament. These results suggest that surgeons should pay more attention to the importance of acromioclavicular ligament and repair acromioclavicular ligament while reconstructing coracoclavicular ligament.

The Endobutton plate was initially used to reconstruct the cruciate ligament of the knee joint, and then gradually became an implant for the surgical treatment of acromioclavicular joint dislocation. Many clinical investigators have used Endobutton plate for single-bundle coracoclavicular ligament reconstruction, and achieved some short-term therapeutic effects (22–25). However, with the in-depth anatomical study of the stable structure of the acromioclavicular joint, some researchers believe that double-bundle anatomical reconstruction is the key factor for postoperative stability of the acromioclavicular joint and it is necessary to reconstruct the two branches of the coracoclavicular ligament: the trapezoid ligament and the conus ligament. Some of these researchers used double-bundle reconstruction with two tunnels on both clavicle and coracoid process, or used autogenous tendon to bypass the base of coracoid process to form double-bundle ligament (26), which not only can increase the vertical stability of acromioclavicular joint after surgery, but also can enhance the horizontal stability of acromioclavicular joint to some extent (27, 28). However, it has been proposed that coracoid dual-tunnel may greatly increase the risk of iatrogenic fracture and injury of brachial plexus nerve and blood vessels (22). Therefore, we chose to anatomically reconstruct the coracoclavicular ligament with double-tunnel on the clavicle and a single tunnel on the coracoid process. Through measuring fresh cadaver specimens, Rios et al. (29) found that the anatomic location of bone tunnel is very important for the reconstruction of coracoclavicular ligament. The tunnel on the conus ligament should be 30–45 mm medial to the acromioclavicular joint and posterior to the clavicle. The bone tunnel on the trapezium ligament should be 15 mm lateral to the conus tunnel, and more anterior compared with the conus tunnel,
which can improve the stability and strength of the reconstructed structure. According to the intraoperative conditions of our patients, we chose 40 mm and 15 mm away from the acromion of clavicle as the start points of standard bone tunnels.

Regarding the selection of suspension materials, PDS suture, autogenous tendon, synthetic ligament, Endobutton loop are all commonly used suspension materials. However, PDS suture alone can easily cause iatrogenic fracture and osteolysis in the long run due to its cutting effect on the bone; autogenous tendon may enlarge the surgical area, increase related complications, and decrease the patients' satisfaction; synthetic ligament is easy to cause infection and rejection due to biocompatibility; because it is difficult to accurately measure the physiological distance of patients' coracoclavicular joints, it is very hard to choose the length of Endobutton's high-strength loop (18, 23, 30−33). Therefore, after comprehensive consideration, we chose No. 2 ultrabraid suture as the suspension material, combined with the use of mini steel plate to reduce some complications caused by the suspension material.

With the popularization of arthroscopy, arthroscopy-assisted reconstruction of ligament for acromioclavicular dislocation has been recommended by more and more surgeons. Under the arthroscope, the surface under the coracoid process can be observed clearly to provide a visual field for the establishment of bone tunnel, which is more conducive to the establishment of bone tunnel and the placement of steel plate (34, 35). Abdelrahman et al. (36) performed open surgery and arthroscopic repair of acromioclavicular dislocation and achieved good clinical outcome. However, the learning curve of arthroscopic technique is long, the cost of patients is high, and the operation time is longer. Gowd et al. (37) carried out a systematic review and meta-analysis and confirmed that there was no significant difference in reduction loss and related complications between open surgery and arthroscopic surgery for acromioclavicular joint dislocation. Moreover, arthroscopic repair of the acromioclavicular ligament is difficult, which requires additional incision and repair (20). Therefore, we believe that reconstruction of acromioclavicular joint under direct vision in a limited incision can also achieve satisfactory clinical outcome.

In addition, on the basis of clinical research, we carried out preliminary computer simulation biomechanical research using finite element analysis to verify the results of the clinical study. We have demonstrated that acromioclavicular ligament augmentation repair combined with coracoclavicular ligament mini plate suspension fixation is more stable than coracoclavicular ligament mini plate suspension fixation alone. This result is consistent with the results of multiple finite element analysis-related literatures (11−13). The finite element analysis study supported and validated our clinical research conclusions from three aspects: 1. The deformation of distal clavicle in coracoclavicular ligament reconstruction combined with acromioclavicular ligament reconstruction group was smaller than that in coracoclavicular ligament reconstruction alone group. 2. In the coracoclavicular ligament reconstruction alone group, the deformation of the distal clavicle in the horizontal direction was obvious, while the deformation of the distal clavicle decreased significantly after the additional reconstruction of the acromioclavicular ligament. 3. Under the mixed movement loading condition, the stress of the suspension suture between clavicle and coracoid process in the Endobutton reconstruction of
coracoclavicular ligament combined with the reconstruction of acromioclavicular ligament group was lower than that in the coracoclavicular ligament reconstruction alone group. Because it is considered that the fixation fails when the deformation of the acromioclavicular joint is over 5 mm, (38), these findings also support that reconstruction of coracoclavicular ligament with Endobutton plate alone cannot provide horizontal stability. At present, biomechanical analysis of cadaveric specimens and finite element analysis of computer simulation are the mainstream methods to study different surgical methods of acromioclavicular joint dislocation in vitro. The advantages of finite element analysis are non-invasive, low cost, high efficiency and scientific. However, its limitation lies in that the tests are carried out in vitro, which may not be able to completely duplicate the real in vivo situation. Therefore, after the retrospective analysis of clinical cases, we performed finite element analysis to verify our findings and achieved satisfactory results. As far as we know, this is the computer simulated finite element analysis combined with retrospective clinical study to explore the feasibility of surgical methods for acromioclavicular joint dislocation.

5 Conclusions

In this study, the retrospective clinical analysis confirmed that anatomical reconstruction of coracoclavicular ligament using Endobutton plate combined with the reconstruction of acromioclavicular ligament is helpful to improve the horizontal and vertical stability of acromioclavicular joint, restore shoulder function, reduce trauma and avoid secondary surgery. At the same time, the finite element analysis of computer simulation also elucidated the biomechanical basis of this combined surgical treatment method. Our study also had some limitations. The sample size of our study was small, the follow-up time was relatively short, and we were not able to perform biomechanical study using cadaver specimens. Therefore, future studies with increased sample size, mid-term follow-up results and biomechanical studies are necessary to systematically analyze the feasibility of this combined surgical option for the treatment of acromioclavicular joint dislocation in clinical application.

Declarations

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Conflicts of interest

The author(s) declared no potential conflicts of interest with respect to the research, authorship and/or publication of this article.

Ethics approval
This retrospective chart review study involving human participants was in accordance with the ethical standards of the institutional and national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. The Ethics Committee of the Third Affiliated Hospital of Soochow University approved this study.

Consent to participate

All patients signed informed consents.

Consent for publication

Not applicable.

Availability of data and material

All data generated or analysed during this study are included in this published article.

Code availability

Not applicable.

Authors' contributions

All authors contributed to the study conception and design. Material preparation, data collection and analysis were performed by Kai Ding, Wen Zhang, Yi-ge Zhang and Wen-ge Ding. The first draft of the manuscript was written by Kai Ding and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

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Tables
Table 1
General data

|     | Group A (n = 19) | Group B (n = 19) | P value |
|-----|-----------------|-----------------|---------|
| Age* | 43.79 ± 8.55    | 45.42 ± 11.19   | 0.05a   |
| Sex  |                 |                 |         |
| Male | 14              | 11              | 0.05a   |
| Female | 5            | 8               |         |
| Side |                 |                 |         |
| Left | 10              | 8               | 0.05a   |
| Right | 9           | 11              |         |
| Rockwood Type |       |                 |         |
| III  | 14              | 15              | 0.05a   |
| V    | 5               | 4               |         |

*: Data are shown as mean ± standard deviation.

a: There was no significant difference in general data between the two groups.

Table 2
Material properties of different parts of the model

| Model parts                  | Modulus of elasticity (MPa) | Poisson’s ratio |
|------------------------------|-----------------------------|----------------|
| Scapula                      | 16000.0                     | 0.3            |
| Clavicle                     | 11000.0                     | 0.3            |
| Capsula Articularis Acromioclavicularis | 1.7                     | 0.08           |
| Internal fixation            | 110000.0                    | 0.3            |
| Suture                       | 1200.0                      | -              |

Table 3
Preoperative and postoperative results: Constant Score

| Group | Preoperative | Postoperative | P value |
|-------|--------------|---------------|---------|
|       | 1 month      | 12 months     |         |
| A     | 40.74 ± 3.35 | 55.26 ± 2.08  | 95 ± 1.67 | 0.05a |
| B     | 42.11 ± 2.13 | 52.37 ± 1.57  | 84.11 ± 1.52 | 0.05a |

Data are shown as mean ± standard deviation.
a: There was a significant difference between the preoperative and postoperative evaluation.

### Table 4
Preoperative and postoperative results: UCLA Score

| Group | Preoperative | Postoperative | \( P \) value |
|-------|--------------|---------------|---------------|
|       | 1 month      | 12 months     |
| A     | 12.26 ± 0.87 | 16.74 ± 0.99  | 32.84 ± 0.83  | \( \leq 0.05^a \) |
| B     | 12.16 ± 0.9  | 16.74 ± 0.99  | 26.95 ± 1.54  | \( \leq 0.05^a \) |

Data are shown as mean ± standard deviation.

a: There was a significant difference between the preoperative and postoperative evaluation.

### Table 5
Preoperative and postoperative results: CCD (mm)

| Group | Preoperative | Postoperative | \( P \) value |
|-------|--------------|---------------|---------------|
|       | 1 month      | 12 months     |
| A     | 11.46 ± 3.26 | 4.75 ± 0.08   | 4.77 ± 0.79   | \( \leq 0.05^a \) |
| B     | 11.12 ± 2.93 | 5.75 ± 0.18   | 7.23 ± 0.08   | \( \leq 0.05^a \) |

Data are shown as mean ± standard deviation.

a: There was a significant difference between the preoperative and postoperative evaluation.

### Table 6
Postoperative (12 months) and uninjured results: CCD (mm)

| Group | Postoperative | Uninjured | \( P \) value |
|-------|---------------|-----------|---------------|
| A     | 4.78 ± 0.02   | 4.76 ± 0.1| 0.083\(^a\)    |
| B     | 7.22 ± 0.35   | 4.81 ± 0.07| \( \leq 0.05\)^b |

Data are shown as mean ± standard deviation.

a: There was no significant difference in CCD between postoperative side(12 months) and uninjured side in group A.

b: There was a significant difference in CCD between postoperative side(12 months) and uninjured side in group B.
Table 7
Postoperative (12 months) results: The difference between the Postoperative CCD and that of the uninjured side (mm)

| Difference |          |
|------------|----------|
| A          | 0.02 ± 0.37 |
| B          | 2.42 ± 0.33 |

*P value* 0.05a

Data are shown as mean ± standard deviation.

a: There was a significant difference in the difference between the Postoperative CCD and that of the uninjured side between group A and group B.

Table 8
Comparison of stress and deformation of acromioclavicular joint in different groups

| Group                        | Deformation (mm)a | Stress (MPa)a |
|------------------------------|------------------|---------------|
|                              | Vertical (100N)  | Horizontal (100N) | Mix (100N) | Vertical (100N) | Horizontal (100N) | Mix (100N) |
|------------------------------|------------------|------------------|------------|-----------------|-------------------|------------|
| Normal                       | 2.13             | 2.56             | 4.29       | 33.81           | 28.09             | 44.84      |
| Single Endobutton            | 2.44             | 5.29             | 6.64       | 217.97          | 283.55            | 497.26     |
| Endobutton Combined with Suture | 0.34           | 0.27             | 0.49       | 222.66          | 193.21            | 387.03     |

a: We applied a force of 100 N to the model from three directions and observe the deformation displacement distance and the change of stress value of the model.

**Figures**
Figure 1

Self-designed positioning suture passer
Figure 2

Simulation results of Ansys software: a: Normal group. b: Single Endobutton plate group. c: Endobutton plate combined with suture group.
Figure 3

Schematic diagram and intraoperative results. a-d: Demonstrate the surgical procedure on a 3d printed model. e-f: Visual images and X-ray results during the surgery.