Practical consideration for successful sequential tumor biopsies in first-in-human trials

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Received: 6 January 2022 / Accepted: 11 March 2022 / Published online: 11 April 2022
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Abstract
In first-in-human (FIH) trials, sequential tumor biopsies, i.e., two consecutive tumor biopsies, the first performed at baseline (pretreatment) and the second during the early treatment period (on-treatment), provide proof of concept in investigational new drugs. We evaluated the success of sequential tumor biopsies in FIH trials, and explored approaches for improved success rates. We retrospectively reviewed the sequential tumor biopsies required in 17 of 52 FIH trials conducted from 2015 to 2020. One hundred and thirty-eight patients were identified. Success of either pretreatment or on-treatment biopsy alone, and of sequential tumor biopsies, was defined as the acquisition of viable tumor cells and as obtaining tumor cells from both biopsy specimens, respectively. The success rates of pretreatment and on-treatment biopsy were 98.6% and 94.2%, respectively, and of sequential tumor biopsies was 70.3%. Adverse events associated with the pretreatment biopsies (33.3% positive; 72.0% negative) and timing of the first imaging assessment (before on-treatment biopsy = 40.0%; after on-treatment biopsy = 82.7%) correlated with successful sequential tumor biopsies. The reasons for unsuccessful sequential tumor biopsies could be categorized into two groups: 1) patient refusal of the on-treatment biopsy (most frequently due to early disease progression); and 2) absence of tumor cells in the pretreatment or on-treatment biopsy specimen. We propose an approach to achieving greater success in sequential tumor biopsies in FIH trials; the first imaging assessment during the study should be scheduled after on-treatment biopsy. (Registration number UMIN000042487, Date of registration November 18, 2020).

Keywords Biopsy · Clinical Trial · Disease Progression · Diagnostic Imaging · Therapeutics/AE

Introduction
In recent decades, sequential tumor biopsies, i.e., two consecutive tumor biopsies, the first performed at baseline and the second during the early treatment period, have often been included in phase I trials, especially first-in-human (FIH) trials, to provide proof of concept of investigational new drugs (INDs), the biologic effect of drugs on target molecules, and to assess the tumor microenvironment [1–3]. An increasing number of FIH trials have required sequential tumor biopsies in their protocols [4]. This practice has raised a number of issues, however, including safety and ethical concerns [5–7]. In the past three decades, several studies have focused on the performance of a single tumor biopsy at baseline in clinical trials and have reported a success rate (defined as an adequate number of viable tumor cells) of 70%–90% [6, 8–10]. These studies also investigated the different factors affecting successful single tumor biopsies, including biopsy site, technical procedure, size of target lesion, necrosis on imaging, and operator dependence.
One study investigated the success rate of sequential tumor biopsies in clinical trials at an academic medical center [11], and reported a success rate of 41.7%. However, no study has analyzed why the success rate of sequential tumor biopsies is notably lower than that of a single tumor biopsy.

Here, we evaluated our performance in FIH trials requiring sequential tumor biopsies and analyzed the detailed reasons for unsuccessful sequential tumor biopsies. We propose an approach to achieving greater success in sequential tumor biopsies in FIH trials.

Materials and methods

Patient data collection

We conducted retrospective research of the 17 of 52 FIH trials that required sequential tumor biopsies at the National Cancer Center Hospital (NCCH) in Tokyo from July 2015 to December 2020. We analyzed patient characteristics, including age, gender, Eastern Cooperative Oncology Group (ECOG) performance status (PS), and cancer type. The types of IND, biopsy site, technical procedure, and biopsy outcome (tumor cell acquisition, adverse events [AEs]) were also analyzed. We also evaluated the timing of the on-treatment biopsy and the first imaging assessment during the study.

Definition of terms

We defined the biopsy performed at baseline as the “pretreatment biopsy” and the biopsy performed during the early treatment period as the “on-treatment biopsy.” A pretreatment biopsy or on-treatment biopsy was defined as successful if the acquisition of tumor cells in the specimen was confirmed by the designated pathologist [12]. A pair of sequential tumor biopsies was defined as successful if tumor cells were obtained from both pretreatment and on-treatment biopsy specimens. This research categorized biopsy sites as follows: skin/soft tissue (skin, subcutaneous tissue, breast, and vagina), bone/internal organs (bone, pleura, peritoneum, kidney, and mediastinum), and gastrointestinal tract (stomach, esophagus, and rectum).

We calculated the success rate of sequential tumor biopsies as the number of patients in whom both the pretreatment biopsy and the on-treatment biopsy were performed successfully per the number of patients enrolled in each FIH trial. We graded biopsy-related AEs according to the NCI Common Terminology Criteria for Adverse Events version 4.0. [13].

Statistical analysis

Univariate analysis (Fisher’s exact test) and multivariate analysis (logistic regression model) were performed to examine whether any of the following three factors affected the success of sequential tumor biopsies: ECOG PS, AEs related to pretreatment biopsies, and the first imaging assessment during the study (before vs. after on-treatment biopsy). All tests were two-sided, and a P-value < 0.05 was considered statistically significant. All statistical analyses were performed using commercial software (JMP version 14.3; SAS Inc., Cary, North Carolina, USA).

Result

Patient characteristics and biopsies

A total of 138 patients were identified in the 17 FIH trials (Fig. 1). The numbers of patients who underwent pretreatment and on-treatment biopsy were 138 and 103, respectively.
Table 1  Patient characteristics

| Characteristic                      | N (%) |
|------------------------------------|-------|
| **Total**                          | 138   |
| **Gender**                         |       |
| Male/Female                        | 77 (55.8)/61 (44.2) |
| **ECOG* Performance Status**      |       |
| 0/1                                | 81 (58.7)/57 (41.3) |
| **Age, years**                     |       |
| > 65/≤ 65                          | 35 (25.4)/103 (74.6) |
| **Cancer type**                    |       |
| Lung cancer                        | 60 (43.5) |
| Colorectal cancer                  | 13 (9.4) |
| Pancreatic cancer                  | 9 (6.5) |
| Ovarian cancer                     | 7 (5.1) |
| Breast cancer                      | 6 (4.3) |
| Melanoma                           | 6 (4.3) |
| Sarcoma                            | 6 (4.3) |
| Head and neck cancer               | 5 (3.6) |
| Thymic cancer                      | 5 (3.6) |
| Esophageal cancer                  | 4 (2.9) |
| Uterine cancer                     | 3 (2.2) |
| Bile duct cancer                   | 2 (1.5) |
| Kidney cancer                      | 2 (1.5) |
| Neuroendocrine tumor               | 2 (1.5) |
| Stomach cancer                     | 2 (1.5) |
| Other                              | 6 (4.3) |
| **Type of investigational new drug** |     |
| Immuno-oncology drug               | 56 (40.6) |
| Antibody–drug conjugate            | 54 (39.1) |
| Immuno-oncology drug and cytotoxic drug | 20 (14.5) |
| Molecularly targeted drug          | 8 (5.8) |

*ECOG Eastern Cooperative Oncology Group

Patient characteristics and type of IND are shown in Table 1. In terms of cancer type, lung cancer was the most common with 70 patients, followed by colorectal cancer with 13 patients. One hundred and ten patients were enrolled in trials of immuno-oncology drugs or antibody–drug conjugates. The most common biopsy sites were lung and lymph nodes (cervical, supraclavicular, mediastinal, and hilar) in both pretreatment and on-treatment biopsies (Fig. 2a and b). The most common technical procedures were bronchoscopy and ultrasound (U/S)-guided needle biopsy in both pretreatment and on-treatment biopsies. The median size of biopsy site at baseline was 36.5 mm (25th–75th percentile: 26.7–51.2).

Performance of tumor biopsy sampling

Pretreatment biopsy specimens from two patients did not contain tumor cells (Fig. 2a). The pretreatment biopsy in one patient was performed in the liver, while the on-treatment biopsy was performed in the lung because the pretreatment biopsy specimen did not contain tumor cells. The technical procedures used in on-treatment biopsy of three patients were changed from those used in pretreatment biopsies because of AEs related to the pretreatment biopsies: from U/S-guided needle biopsy to bronchoscopy (N = 1), from U/S-guided needle biopsy to percutaneous biopsy (N = 1), and from computed tomography (CT)-guided needle biopsy to percutaneous biopsy (N = 1). Thirty-three patients did not undergo on-treatment biopsies. On-treatment biopsy specimens from six patients did not contain tumor cells, and specimens from three of these patients contained only necrotic cells, most likely due to the efficacy of the INDs (Fig. 2b).

Table 2 shows the details and AE rates related to pretreatment and on-treatment biopsies. The AE rates for pretreatment biopsy and on-treatment biopsy were 4.3% and 3.9%, respectively. Lung was the biopsy site with the highest frequency of AEs for both pretreatment (7.1%) and on-treatment biopsy (8.3%). Bronchoscopy was the technical procedure with the highest frequency of AEs for both pretreatment (7.6%) and on-treatment biopsies (7.5%).

Performance of sequential tumor biopsies

The success rate of sequential tumor biopsies was 70.3% (95% CI = 62.2–77.3) (Fig. 3a). The number of patients who had successful and unsuccessful sequential tumor biopsies is shown according to each cancer type in Fig. 3b. Pretreatment biopsies were performed in 138 patients, and the biopsy specimens from 136 patients contained tumor cells. Thirty-three patients refused on-treatment biopsy for the following reasons: early disease progression (N = 21), deteriorated physical condition due to AEs with INDs (N = 8), AEs related to the pretreatment biopsies (N = 3) and absence of a biopsiable lesion due to tumor shrinkage (N = 1). On-treatment biopsies were performed in 103 patients, and the biopsy specimens from 97 patients contained tumor cells.

Timing of the first imaging assessment on successful sequential tumor biopsies

We examined whether the timing of the first imaging assessment during the study affected successful sequential tumor biopsy in Fig. 3c. The first imaging assessments were performed before on-treatment biopsies in 40 patients (6 patients according to the protocol schedule and 34 patients for the purpose of evaluating AEs). Of these 40 patients, successful sequential tumor biopsy was performed in 16 patients (40.0% [95% CI = 26.3–55.4]). Nineteen patients refused on-treatment biopsy due to early disease progression.
a

| Type of technical procedure | Lung | Lymph node | Liver | Skin/Soft tissue | Bone/Internal organs | Gastro-intestinal tract | Success of tumor biopsy No. (%) |
|-----------------------------|------|------------|-------|------------------|----------------------|------------------------|---------------------------------|
| Bronchoscopy (N = 66)       | 42/42| 24/24      |       |                  |                      |                        | 66/66 (100%)                   |
| U/S-guided needle biopsy (N = 50) | 8/8  | 32/33      | 7/7   | 2/2              |                      |                        | 49/50 (95%)                    |
| Percutaneous biopsy (N = 12) | 3/3  | 9/9        | 5/5   | 2/2              |                      |                        | 12/12 (100%)                  |
| CT-guided needle biopsy (N = 8) | 1/1  | 5/5       | 2/2   | 8/8              |                      |                        | 8/8 (100%)                    |
| Gastrointestinal endoscopy (N = 2) | 1/1  | 2/2       | 2/2   | 1/2              |                      |                        | 1/2 (50%)                     |

Number of samples (N):

- Lung: 42
- Lymph node: 36
- Liver: 33
- Skin/Soft tissue: 16
- Bone/Internal organs: 7
- Gastro-intestinal tract: 4


b

| Type of technical procedure | Lung | Lymph node | Liver | Skin/Soft tissue | Bone/Internal organs | Gastro-intestinal tract | Success of tumor biopsy No. (%) |
|-----------------------------|------|------------|-------|------------------|----------------------|------------------------|---------------------------------|
| Bronchoscopy (N = 54)       | 15/17| 4/4        | 23/24 | 4/4              |                      |                        | 50/53 (94.3%)                  |
| U/S-guided needle biopsy (N = 32) | 1/4  | 1/1        | 7/7   |                  |                      |                        | 31/32 (96.9%)                  |
| Percutaneous biopsy (N = 11) | 3/4  | 7/7        |       |                  |                      |                        | 10/11 (90.9%)                  |
| CT-guided needle biopsy (N = 7) | 4/5  | 2/2        |       |                  |                      |                        | 6/7 (85.7%)                    |
| Gastrointestinal endoscopy (N = 0) |      |            |       |                  |                      |                        |                                  |

Number of samples (N):

- Lung: 36
- Lymph node: 25
- Liver: 24
- Skin/Soft tissue: 11
- Bone/Internal organs: 5
- Gastro-intestinal tract: 2

Number of Necrosis samples:

- Lung: 2
- Liver: 1

Tumor cell

- +
- -
confirmed on imaging \((N=17)\) or clinical symptoms \((N=2)\). Four patients refused on-treatment biopsy for the following reasons: deteriorated conditions due to AEs with INDs \((N=3)\) and mediastinal hemorrhage \((Grade 2)\) related to the pretreatment biopsy \((N=1)\). The first imaging assessments were not performed between pretreatment biopsy and on-treatment biopsy in 98 patients. Of these 98 patients, successful sequential tumor biopsy was performed in 81 patients \([82.7\% (95\% CI = 74.0 to 88.9)]\). Ten patients refused on-treatment biopsy for the following reasons: deteriorated condition due to AEs from INDs \((N=5)\), early disease progression confirmed on clinical symptoms \((N=2)\), the AE of biopsy-related pain \((Grade 2)\) and pneumonia \((Grade 3)\) related to the pretreatment biopsy \((N=2)\), and absence of a biopsiable lesion due to tumor shrinkage \((N=1)\).

**Table 2** Adverse events related to pretreatment biopsies and on-treatment biopsies

| Pretreatment biopsies | \(N\), (%) |
|-----------------------|------------|
| Pneumonia \((Grade\ ^3)\) | 1 (0.7) |
| Mediastinal hemorrhage \((Grade 2)\) | 1 (0.7) |
| Biliary fistula \((Grade 2)\) | 1 (0.7) |
| Biopsy-related pain \((Grade 2)\) | 1 (0.7) |
| Hemoptysis \((Grade 1)\) | 2 (1.5) |
| None | 132 (95.7) |

| On-treatment biopsies | \(N\), (%) |
|-----------------------|------------|
| Mediastinal hemorrhage \((Grade 2)\) | 1 (0.9) |
| Fever \((Grade 1)\) | 1 (0.9) |
| Hemoptysis \((Grade 1)\) | 2 (1.9) |
| None | 100 (96.3) |

\(^3Grade\) Common Terminology Criteria for Adverse Events version 4.0 Grade

**Factors correlating with success of sequential tumor biopsies and tumor biopsy sampling**

Patient characteristics, including ECOG PS, did not affect successful sequential tumor biopsy \((Table 3)\). AEs related to pretreatment biopsy \((33.3\% \text{ positive}; 72.0\% \text{ negative})\) did not affect successful sequential tumor biopsy in univariate analysis \((P=0.0639)\), but did in multivariate analysis \((P=0.0057)\). The timing of the first imaging assessment during the study \((before on-treatment biopsy = 40.0\%; \text{ after on-treatment biopsy} = 82.7\%)\) had a major impact on successful sequential tumor biopsies in both univariate and multivariate analysis, with \(P < 0.0001\) in both.

**Discussion**

Sequential tumor biopsies in FIH trials play a key role in providing proof of concept of the mechanism of action of INDs. The difficulty of achieving success with sequential tumor biopsies has been reported \([11, 14]\). However, no report has suggested approaches to overcome this difficulty. We evaluated our performance of sequential tumor biopsies in the FIH trials and explored approaches for a higher success rate.

Our research shows that the success rate of sequential tumor biopsies in FIH trials was as high as 70.3%. The fact that all patients underwent pretreatment biopsy after enrollment in the FIH trials suggests that these patients were prepared to undergo tumor biopsy sampling as required in the protocols, and that none revoked an earlier agreement to participate on learning of the protocol necessity for biopsy, as has been reported elsewhere \([6, 10, 15]\). In both pretreatment and on-treatment biopsies, the success rate of tumor biopsy sampling was considered to be higher than that generally reported, and the rate of biopsy-related AEs was considered lower \([9, 11, 14]\). AEs related to the pretreatment biopsies were negatively associated with the completion of successful sequential tumor biopsies \((Table 3)\). The size of biopsy site at baseline was not associated to the pretreatment biopsy success \((P=0.1294)\). In our research, the minimal required size for successful sequential tumor biopsy could not be determined possibly due to the selection bias in enrolling FIH trials. In selecting biopsy site and type of technical procedure, it is important to maximize the possibility of tumor cells being obtained in the biopsy specimen, but also to minimize the possibility of biopsy-related AEs \([16, 17]\). The success rate of on-treatment biopsy \((94.2\%)\) was slightly lower than that of pretreatment biopsy \((98.6\%)\).
On-treatment biopsy

Pretreatment biopsy

Successful sequential tumor biopsies

Patients refused on-treatment biopsy

| Cancer type            | Number of patients |
|------------------------|--------------------|
| Lung cancer            | 46                 |
| Colorectal cancer      | 11                 |
| Pancreatic cancer      | 4                  |
| Ovarian cancer         | 6                  |
| Breast cancer          | 2                  |
| Melanoma               | 3                  |
| Sarcoma                | 3                  |
| Head and neck cancer   | 3                  |
| Thymic cancer          | 3                  |
| Esophageal cancer      | 2                  |
| Uterine cancer         | 2                  |
| Bile duct cancer       | 1                  |
| Stomach cancer         | 2                  |
| Kidney cancer          | 2                  |
| Neuroendocrine tumor   | 2                  |
| Extramammary Paget's disease | 1 |
| Lymphoma               | 1                  |
| Metothelioma           | 1                  |
| Prostate cancer        | 1                  |
| Small bowel cancer     | 1                  |
| Urothelial cancer      | 1                  |

First imaging after on-treatment biopsy

N = 98

Successful sequential tumor biopsy = 82.7% (81/98)

First imaging before on-treatment biopsy

N = 40

Successful sequential tumor biopsy = 48.0% (16/40)
Liquid biopsy is less invasive to the patient than tissue biopsy [19, 20]. Patients would most likely be willing to consent to a blood draw, instead of a painful biopsy procedure, even in the presence of early disease progression. As the number of phase I trials in which patients can participate based on the results of liquid biopsy is increasing, liquid biopsy may be able to replace invasive tumor biopsies [21]. However, liquid biopsy faces barriers in completely replacing tissue biopsy as a means of elucidating the proof of concept of an IND, since it cannot be used to evaluate the microenvironment around the tumor [22].

The success rate of sequential tumor biopsies was significantly lower when the first imaging assessment was performed before the on-treatment biopsy (40.0%) compared to when it was performed after the on-treatment biopsy (82.7%). Patients inevitably refused on-treatment biopsies once the imaging assessments reveal early disease progression. In our research, the first imaging assessments were performed in 40 patients before on-treatment biopsies, and revealed early disease progression confirmed on imaging in 17 patients. All 17 of these patients refused on-treatment biopsies. The first imaging assessment during the study should be scheduled after on-treatment biopsy in the protocol. The first imaging assessments were actually performed before on-treatment biopsy in 6 patients according to the protocol schedule in our research. If imaging assessment was scheduled after on-treatment biopsy in the protocol, the success rate of sequential tumor biopsies could be estimated to improve from 70.3% to 74.6%. Selecting patients on similar IND protocols but on different imaging schedules would have been a technique to eliminate imaging schedule as a variable.

In conclusion, our research showed that the success rate of sequential tumor biopsy in FIH trial was as high as 70.3%.

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**Table 3** Univariate and multivariate analysis of successful sequential tumor biopsy by ECOG Performance Status, adverse events related to pretreatment biopsy, and timing of the first imaging assessment

| Factor                                | Successful sequential tumor biopsy | Univariate analysis | Multivariate analysis |
|----------------------------------------|------------------------------------|---------------------|-----------------------|
| **ECOG† Performance Status**           |                                    |                     |                       |
| 0                                      | 60/81 (74.1%)                      | P = .248            | P = .259              |
| 1                                      | 37/57 (64.9%)                      |                     |                       |
| **Adverse events related to pretreatment biopsy** |                                    |                     |                       |
| Yes                                    | 2/6 (33.3%)                        | P = .0639           | P = .0057             |
| No                                     | 95/132 (72.0%)                     |                     |                       |
| **Timing of the first imaging assessment** |                                    |                     |                       |
| Before on-treatment biopsy             | 16/40 (40.0%)                      | P < .0001           |                       |
| After on-treatment biopsy              | 81/98 (82.7%)                      |                     |                       |

†ECOG Eastern Cooperative Oncology Group
We analyzed the detailed reasons for unsuccessful sequential tumor biopsy. We propose a reasonable approach to achieve greater success in sequential tumor biopsy in FIH trials; the first imaging assessment during the study could be recommended to be scheduled after on-treatment biopsy.

Acknowledgements We thank Libby Cone, MD, MA, from DMC Corp. (www.dmed.co.jp <http://www.dmed.co.jp/> ) for editing drafts of this manuscript.

Author contributions TK, TS, JS, YK, and NY: Conceptualization, methodology, investigation, writing the original draft, and revising the manuscript. SI, SK, TY, KS, MN, YT, and KY: Investigation and revision of the manuscript.

Funding The authors received no financial support for the research.

Data availability The datasets supporting the conclusion of this article are included within the article.

Declarations

Ethics approval and consent to participate All procedures performed in studies involving human participants were in accordance with the ethical standards of institutional Review Board of National Cancer Center Hospital (approval no: 2014–148) and with the 1964 Helsinki declaration and its later amendments or with comparable ethical standards.

Informed consent Informed consent was obtained in the form of opt-out on the website and bulletin board of our hospital.

Consent for publication Not applicable.

Research involving Human Participants and/or Animals All procedures performed in studies involving human participants were in accordance with the ethical standards of institutional Review Board of National Cancer Center Hospital (approval no: 2014–148) and with the 1964 Helsinki declaration and its later amendments or with comparable ethical standards.

Competing interests All authors declare neither financial interest that is relevant to the submitted work. Dr. Koyama has reported receiving personal fees from Chugai and Sysmex, and grants from PACT Pharma outside the submitted work. Dr. Shimizu has reported grants from Novartis, grants from Eli Lilly, grants from Daiichi-Sankyo, grants from Bristol-Myers Squibb, grants from Eisai, grants from AbbVie, grants from AstraZeneca, grants from Takeda Oncology, grants from Incyte, grants from Chordia Therapeutics, grants from 3D-Medicine, grants from Symbio Pharmaceuticals, grants from PharmaMar, grants from Five Prime, grants from Astellas Pharma, personal fees from Taiho Pharmaceuticals, personal fees from Boehringer Ingelheim, personal fees from Chugai Pharmaceuticals, personal fees from ONO Pharmaceuticals, personal fees from Takeda Pharmaceuticals, personal fees from AbbVie, grants from Pfizer, and personal fees from Daiichi-Sankyo outside the submitted work. Dr. Sato has nothing to disclose. Dr. Katsuya has nothing to disclose. Dr. Iwasa has reported grants from Bristol Myers Squibb, grants from Bayer, grants from Eisai, and grants from Ono Pharmaceutical Co., Ltd. outside the submitted work. Dr. Kondo has reported research funding from ASLAN Pharmaceuticals, AstraZeneca, Bayer, Eli Lilly, MSD, BI, and Pfizer outside the submitted work. Dr. Yoshida has reported grants from Ono Pharmaceutical, grants from Bristol-Myers Squibb, grants from Takeda, personal fees from Chugai, personal fees from Novartis, grants, and personal fees from AstraZeneca, grants and personal fees from MSD, and personal fees from ArcherDX outside the submitted work. Dr. Sudo has reported personal fees from AstraZeneca and personal fees from Pfizer outside the submitted work. Dr. Nishino has reported personal fees from AstraZeneca, personal fees from Bristol-Myers Squibb, personal fees from Boehringer Ingelheim Japan, personal fees from Chugai, personal fees from Eli Lilly, personal fees from MSD, personal fees from ONO Pharmaceutical, and personal fees from Taiho outside the submitted work. Dr. Takiguchi has reported grants and personal fees from Eli Lilly, grants and personal fees from Chugai Pharmaceutical Co, grants and personal fees from MSD, grants and personal fees from Taiho pharmaceutical Co, grants and personal fees from Novartis, grants and personal fees from Boehringer Ingelheim, grants and personal fees from Ono Pharmaceutical Co., grants from Takeda, grants from Daiichi Sankyo, grants from Kyowa-Hakko Kirin, and personal fees from AstraZeneca outside the submitted work. Dr. Yonemori has reported personal fees from Eisai, personal fees from Pfizer, personal fees from AstraZeneca, personal fees from Takeda, personal fees from Taiho, and personal fees from Chugai outside the submitted work. Dr. Yamamoto has reported grants from Chugai, grants from Taiho, grants from Eisai, grants from Lilly, grants from Quintiles, grants from Astellas, grants from BMS, grants from Novartis, grants from Daiichi-Sankyo, grants from Pfizer, grants from Boehringer Ingelheim, grants from Kyowa-Hakko Kirin, grants from Bayer, grants from ONO PHARMACEUTICAL CO., LTD, grants from Takeda, personal fees from ONO PHARMACEUTICAL CO., LTD, personal fees from Chugai, personal fees from AstraZeneca, personal fees from Pfizer, personal fees from Lilly, personal fees from BMS, personal fees from Eisai, personal fees from Otsuka, personal fees from Takeda, personal fees from Boehringer Ingelheim, personal fees from Cimic, grants from Janssen Pharma, grants from MSD, grants from Merck, personal fees from Sysmex, grants from GSK, and grants from Sumitomo Dainippon, grants from Chime Bioscience Inc. outside the submitted work.

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