Research on The Evaluation of Sports Events Based on The Concept of Green Environmental Protection

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Abstract. For the sustainable development of sports, it must restore its original appearance, find its original form, and protect and continue it. At present, the concept of green sports has been recognized and accepted by more and more people, and technology is an essential factor affecting the development of sports and the key to achieving green development of sports. The thesis uses the literature data and system analysis method to define, sort out, and theoretically analyze the two key points of "green design" and "sustainable development" of sports events from a scientific perspective. "Environmental protection" sports events are conducive to protecting natural resources, improving energy utilization, saving water, and improving the environment.

Keywords: Green environmental protection, environmental protection, sports events.

1. Introduction
With the comprehensive popularization of "National Fitness" activities, the concept of "lifelong sports" has gradually become popular among the people, and people's enthusiasm for participating in physical exercise is increasing. In the 21st century, mankind is facing more and more challenges and difficulties, and the development of sports is also facing new problems and significant problems that need to be overcome and solved... And sports itself cannot get rid of the tragedy and predicament of being seriously "polluted" by modern society. Therefore, where sports go has become a problem of the times related to the survival and development of sports. Green is the actual color of Nature, life color, and the color of peace [1]. Green sports are the coordination, mutual care, symbiosis, and joint development of culture and green environment. The content of green sports is based on the idea and means of comprehensive sports coordination to achieve overall dynamic harmony, including the three harmonies of man and Nature, man and man, and the man himself. The harmony between man and Nature is the material foundation of green sports, the harmony between people is the social foundation of green sports, and the harmonious development of human beings is the ultimate destination of green sports. Therefore, green sports guarantee the sustainable development of sports, and it is a new value concept.

Green sports have an enormous appeal and influence on people's behavior choices, moral sublimation, and civilization orientation. Modern sports ideals express people's pursuit of truth, goodness, and beauty. Green sports means infiltrate the green concept in sports ideals, promote the harmonious development of people's body and mind, and realize sports and green awareness, sports
performance and humanistic cultivation, sports development, and personality cultivation. The coordinated symbiosis demonstrated the image and style of China, demonstrated the spirit and style of the Chinese people since the reform and opening up, won everyone's smile, the smile of the world, and conveyed the voice of civilization, harmony, and progress to the world.

2. The characteristics of green sports in the new era

2.1. The concept of returning to Nature is clearer
Take a look at today's successful sports events, such as the Cycling Tour of Qinghai Lake, jungle crossing, orienteering, hiking, survival in the wild, crossing various waters, etc., all full of green and full of vitality. Green symbolizes nature and is synonymous with the harmonious development of man and Nature. Green is a symbol of vigorous vitality, vigorous vitality, and extended life. Green is also a symbol of peace, representing understanding, tolerance, kindness, friendship, and beauty. Green sports embody mankind's lofty pursuit of sports and praises for the value of sportsmanship. Green sports are conceived and created for the civilization, peace, democracy, equality, and development of human society and produce positive results [2]. Human beings create and need sports because sports are complimentary for human beings and the entire society. The propelling effects. Taking green as a symbol of human sports is mainly because green Nature is the cradle and carrier of sports. Any modern sports project was born in running, jumping, climbing, and wild animal fighting. Progress and development in symbiosis with Nature. Thousands of years ago, the ancients of our country put forward the concept of "harmony between man and nature," which is similar to the concept of green sports, that is, people originate from Nature, but must return to Nature, enjoy Nature and protect Nature, to achieve one the real return. Figure 1 shows the connotation of green sports in the new era.

2.2. The need for harmony between material and self is stronger
As the natural environment continues to deteriorate, environmental alarm bells are ringing, forcing various programmatic documents and international conventions to come out, forcing mankind to choose the path of sustainable development, to realize the harmonious development of man and Nature as a consensus, and to popularize green sports. Nature has become the common ideal goal of all mankind. Choosing green sports highlights the harmonious development of man and Nature, advocates symbiosis and symbiosis between man and Nature, achieves harmony and unity between things and ourselves and realizes the symbiosis and win-win situation of sports and ecology. Due to the considerable pressure in the current society, life, work, study, etc., various occupational diseases frequently occur, which seriously affect social work and life. Promoting people's all-round development has become a social problem that needs to be solved urgently [3]. To achieve comprehensive and balanced development of people's body and mind, it is necessary to urge everyone
to come out of the office and other workplaces, to the outdoors and to the significant Nature, thereby improving people's lifestyle, further solving various physical and mental illnesses, and achieving the perfect harmony between man and nature. Green sports provide an ideal way for the harmonious development of things and self. Figure 2 shows the introductory survey of green sports conducted by humans today.

![Figure 2. An introductory survey of people's green sports](image)

2.3. *Green sports effectively promote world peace*

Green Sports calls for a "sacred truce." The deeper level is that it hopes that the world will no longer be full of guns, but instead will send outstanding children to the sports field to compete. Take the current surrounding areas of China as an example, the South China Sea is continuously disputed, and the East China Sea is on the verge of "smoke of gunpowder," especially the dispute over the Diaoyu Islands between China and Japan, which has brought war to the fore [4]. The holding of various international sports events reflects the role of the "sacred truce." The sports events held in China and Japan did not boycott athletes' participation from the other country and further promoted regional peace. This is also the spiritual orientation of the modern Olympic movement. However, due to some countries' hegemonic attempts and the rampant activities of terrorist organizations, the whole world is not very peaceful. At this time, green sports must step forward, build bridges of communication between countries and nations, and enable young people from all countries to learn to respect and understand each other in a controlled and organized a physical contest to promote world peace.

3. *National fitness is the most effective practice form of green sports*

In social civilization and progress, sports have gradually become a lifestyle for more and more people to pursue health, happiness, and comprehensive development. After the founding of the People's Republic of China, mass sports received attention from all quarters and was fully developed. In 2011, the State Council issued a notice on the National Fitness Plan (2011-2015), incorporating the national fitness program into the government's overall work layout at all law-based administration levels, overall planning, and overall development. Communicate the active and healthy mass sports spirit to the public and promote the concept of a healthy life. The public's increasing attention and demand for their own physical condition and health have changed national fitness from a slogan to a physical practice [5]. Advocating sports and fitness has increasingly become the mainstream value of the whole society's health and progress. More and more people participate in Physical fitness feels the multiple functions and unlimited fun brought by sports. Figure 3 is a trend chart of the number of people carrying out national fitness activities.
Currently, National Fitness has strong convergence in practicing the core values of green sports. On the one hand, national fitness is physical and personal behavior. On the other hand, as social behavior and cultural phenomenon, it directly reflects harmony, symbiosis, and shared development among the people, sports, and the environment. Inner harmony with Nature, man and society, man and himself [6]. At the same time, national fitness is more closely related to national economic and social development and is an important catalyst and a powerful booster for the integration and development of sports and economy, society, and culture. Under the background of the current era of my country's promotion of green and environmentally friendly civilization, the concepts advocated by national fitness and the value of green sports have these points of convergence, making national fitness the most effective practice form of green sports.

In recent years, in the practice of national fitness work, there have been many beautiful cases of promoting national fitness by developing green sports. Guangdong Province took the lead in pioneering the construction of greenways in the country. Urban greenways and fitness trails are integrated with the urban landscape, reflecting the concept of green fitness. In the implementation of the National Fitness Plan, Suqian City in Jiangsu Province is exploring the comprehensive development of green sports in combination with local green environmental protection resources, and constructing "Sports Green Park" and other sports facilities, turning the city into an ecological sports city and effectively driving national fitness activities. Developed and realized sports gardening and gardening sports. The vigorous development of outdoor sports reflects the Nature of human beings willing to get close to Nature. Sports not only bring physical and mental health but also cultivate sentiment. Zhangye City, Gansu Province, combined with local green environmental protection resources to organize mass sports outdoor activities and brand events, and has embarked on a road with western characteristics to develop green environmental protection sports. As a western province with relatively backward economic conditions and social development, Qinghai has built three major international brand events such as the Qinghai Lake International Road Cycling Race, the International Rock-Climbing Race, and the International Yellow River Crossing Extreme Challenge for many years. People began to pay attention to Qinghai and Qinghai sports. In recent years, this green and environmental protection province and the economically poor province have played green environmental protection sports card-walking the China Water Tower International Trekking Activity,
out of a new path for green environmental protection sports to drive the development of national fitness. Guiyang is even taking advantage of green environmental protection, and through the "Colorful Guizhou" mountain outdoor sports to promote the extensive development of national fitness activities, forming a distinctive and unique mass sports development model. It can be seen that green sports provide the right development path and direction for national fitness. National fitness will win a new development space in the environment of green environmental protection civilization construction, mostly green environmental sports.

4. Analysis of the development path of green sports

4.1. Strengthen gym supervision and pay attention to industry standards

First of all, there are problems in the indoor fitness environment. The main reason is that the national government's weak supervision has led to the loss of the regulations' traditional role. Inadequate supervision is caused by the loss of the government's regulatory issuers and regulatory regulators' responsibilities, which makes the gym environment a marginal area. With the rapid development of science and technology, the real-time inspection of indoor environmental indicator detection can be solved using a variety of technical means and related experience. The government also needs to formulate a corresponding inspection result disclosure mechanism, put it under the sun, intervene in third-party inspection and monitoring and implement supervision, and publish data every hour to assist government supervision [7]. The standardized management and supervision of gymnasiums is a comprehensive issue, which requires joint action and cooperation between the municipal government and relevant departments. In particular, public health supervision departments are fully prepared to monitor and guide the gym environment.

Secondly, the gym is a profit-oriented commercial organization, so it is understandable to pursue profit. According to observations at this stage, although the number of large-scale fitness chain venues is large, the potential safety hazards and environmental pollution problems decrease. Therefore, choosing large-scale fitness chain venues is a wise choice for consumers. Fitness, first health is the most important, then figure. The gym industry should be vigilant. The gym's quality does not lie in the spacious area, bright lights, and the number of equipment. The most important thing is to ensure the fitness environment is the key. Besides, practitioners' moral and professional qualities are set up in the industrial and commercial taxation stage to establish a relevant qualification evaluation system to filter those with low morale and professional qualities and raise industry standards and industry entry thresholds.

Finally, the actual problem of "cost limitation" for gym operators should also be considered. From the perspective of long-term sustainability, the gym's investment in environmental improvement will not increase investment and save expenses. The introduction of advanced ventilation devices will increase investment in a short period, but new technological devices will have additional benefits, which can improve air quality and save energy. Practitioners are also required to regularly check the indoor carbon dioxide concentration and not exceed the specified index. If it exceeds the standard, use a new device to start the cycle.

4.2. Cultivating public awareness of green sports

The government should encourage citizens to continue to maintain environmental awareness of outdoor sports, clarify the impact of the sports environment on their health, and refrain from outdoor sports in lousy weather. The Meteorological Bureau must monitor the barium (air index in time to inform citizens in time. Do a good job in community publicity. Post banners in significant communities conduct expert lectures, prize-winning knowledge contests, set up online group chats for residents, and share green fitness to organize gatherings to promote harmony among neighbors. The government needs to hire a dedicated person responsible for fitness consultants in the community or take volunteers to answer residents' confusion about fitness exercises and publicity of green fitness.
awareness. The community must ensure that green vegetation coverage creates a beautiful environment for residents' life and sports, which is beneficial to physical and mental health.

Establish green sports awareness from the doll. The popularization rate of compulsory education in our country has reached 99.9%. Compulsory education improves the basic quality of our citizens and reduces the burden on many ordinary families. Sports are inevitable structural products in the critical stage or the secondary higher education stage. Therefore, physical education should grasp the structure's inevitable convenience to popularize the correct methods and methods of sports and establish a green sports awareness from an early age. Grabbed. First of all, physical education has a fundamental position in the entire education, as a part of the educational structure, and is one of the essential elements for cultivating socialist successors in the new era, namely: morality, intelligence, physical fitness, beauty, and labor; secondly, school The role of physical education is very clear, that is, students in school, whether they are from kindergarten primary and secondary schools or universities, are in a critical stage of physical and mental health development. Physical activities help them to strengthen their physical fitness and cultivate a positive attitude towards life; Thirdly, the learning career is significant for everyone. The attitude and behavior habits formed at this time will affect his life [8]. This stage is crucial for the cultivation of green fitness awareness, so we must pay attention to it.

Kindergartens, primary and secondary schools, and major colleges and universities should pay equal attention to students' knowledge of sports culture and sports skills. Starting from the dolls, from the dolls to cultivate their green sports awareness, not only to provide talents for national competitive sports but also to provide priority training of green fitness awareness to implement the national fitness program, laying a solid foundation for it. Choose a green gym. The government should vigorously publicize and advise citizens to avoid going to gyms located underground, remind consumers that gyms are not green, and explain the environmental protection level (formaldehyde) of the gym decoration, air (ventilation level, carbon dioxide content), cleanliness of equipment, etc. Starting from the angle, cultivate the awareness of the green sport of citizens and consumers. For example, insufficient oxygen in the gym room. If you do not ventilate or circulate in time, it will lead to an overburden of the human respiratory system, low breathing, and sudden cardiovascular disease in middle-aged and elderly people; high carbon dioxide concentration will also lead to adverse effects of exercise and SBS (Sick Building Synthesis) The bodybuilder will have symptoms such as dizziness and chest tightness, and our country has ordered that the carbon dioxide concentration does not exceed 800PM. Therefore, it is imperative to cultivate consumers' awareness of green sports, which is much more meaningful than direct guidance to consumers on which gym to choose.

4.3. Create a green fitness circle

Based on the phenomenon of unsound and unreasonable use of national fitness venues, we should create a green fitness circle to increase sports venues to help people quickly understand the benefits of fitness and master necessary fitness content. The green fitness circle proposed in this article is based on the concept of fitness circle, integrating the primary connotation of green sports, and a countermeasure that emphasizes the interaction between people and the environment. The 8-minute fitness circle and the Qiaomin fitness circle have been implemented in various places to create an environmentally friendly and healthy living environment for citizens. Use its own environmental advantages such as good greening, beautiful environment, and fresh air to create a "10-minute fitness circle". Specifically, a "10-minute fitness circle" park can be built in a community group near the university to create green, vitality, and health for surrounding residents an elaborate living park with 9 functional areas including a comprehensive ball sports venue, children's theme park, elderly fitness park, and jogging system. It is equipped with a variety of fitness equipment to meet the fitness and leisure needs of people of different ages and serve the surrounding area. The community is about 30,000 residents. And increase the rate of green space, green coverage, build a sizeable ecological forest and sea, ensure that the number of negative oxygen ions in the nearby area reaches the maximum, and build a "seaside forest and natural oxygen bar." Let the residents of sports be full of
green, realize the characteristics of beautiful regional environment, fresh air, and favorable road conditions, and reduce the worry about air quality when exercising outdoors.

5. Conclusions
Healthy sports ideas and scientific sports forms, the atmosphere of the market economy will influence the rise of the sports culture environment, and the sports population's expansion in their inevitable ways. The close integration of this environment and sports is also the inevitable development of the sports population. Claim. Through green sports, people can genuinely become loyalists, preachers, and promoters of green sports. Only in this way, green sports can attract and organize more people to participate in this activity, which can meet people's health needs and meet economic and social development needs. Make green sports a healthy, continuous, and active fitness exercise so that green environmental protection results will benefit the people.

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