Osteoclasts Lose Innate Inflammatory Reactivity to Metal and Polymer Implant Debris Compared to Monocytes/Macrophages

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Abstract: Long-term aseptic failures of joint replacements are generally attributed to implant debris-induced inflammation and osteolysis. This response is largely mediated by immune and bone cells (monocytes/macrophages and osteoclasts, respectively), that in the presence of implant debris (e.g. metal particles and ions), release pro-inflammatory cytokines such as IL-1\(\beta\), TNF-\(\alpha\), and IL-6. The relative degree to which implant debris can illicit inflammatory response(s) from osteoclasts vs monocytes/macrophages is unknown, i.e. are osteoclasts a viable target for anti-inflammatory therapy for implant debris? We investigated relative monocyte versus osteoclast inflammatory responses in a side-by-side comparison using implant debris from the perspective of both danger signaling (IL-1\(\beta\)) and pathogenic recognition (TNF-\(\alpha\)).

INTRODUCTION

While total joint replacement implants generally do well over the short term, after 10-15 years they often require revision surgery due to aseptic loosening [1]. This has long been established as caused by local innate immune responses (granuloma) driving osteolysis/resorption of local bone [2]. Inflammatory cells such as monocytes and macrophages activated by particulate debris secrete cytokines that can induce osteolysis by promoting the activity of bone-resorbing cells (osteoclasts) [3-5]. Thus, activated macrophages and monocytes play a role in osteoclastogenesis and osteoclast activation [3]. However, the degree to which implant debris impact osteoclasts directly versus indirectly through inflammatory cells such as monocytes remains uncertain [5]. It is unclear to what degree osteolysis occurs due to wear debris effects on osteoclasts directly or whether macrophage induced inflammatory responses effectively dominate this process when evaluated on an equal dose basis. Pro-inflammatory cytokines that are typically released by sentinel innate immune cells such as monocytes/macrophages are TNF-\(\alpha\), IL-1\(\beta\), and IL-6 [6]. TNF-\(\alpha\) has been established as a fundamentally critical cytokine in osteoclastogenesis [7-9]. IL-1\(\beta\) has also been found to influence osteoclasts formation, and plays an important role in osteolysis as well [10,11]. Are these cytokines produced to the same degree in osteoclasts as they are in monocytes/macrophages? We hypothesized that monocytes/macrophages will produce a greater proinflammatory effect than will osteoclasts when exposed to implant debris, and that this response by monocytes/macrophages will play a greater role in osteoclast formation than implant debris alone. We tested this hypothesis by challenging monocytes/macrophages and osteoclasts with metal particles, polymeric bone cement particles, metal ions, danger signaling controls and pathogenic molecular pattern controls and measured resulting differences in cytokine production. We also evaluated the effects of indirect paracrine monocyte/macrophage responses implant debris vs direct exposure on osteoclastogenesis as measured by TRAP staining. We used TNF-\(\alpha\) and IL-1\(\beta\) as signature cytokines of danger and pathogen innate immune responses, respectively, shown previously to have a direct
effect on bone resorption [4, 9, 11, 12]. Our objective was to
determine if monocytes/macrophages and osteoclasts react
similarly to implant debris via their cytokine release profile,
and if implant-debris-activated monocytes/macrophages
induce more osteoclastogenesis than implant debris
challenged osteoclast precursors.

MATERIALS AND METHODS

Cell Culture

Blood samples were obtained intravenously from n=8
healthy volunteers (3 females, 5 males, average age 26,
normal BMI<24, with no implants or health conditions) after
institutionally approved informed consent (Rush University
IRB). Peripheral blood mononuclear cells (PBMCs) were
isolated by Ficoll gradient separation and collected for
further purification. Peripheral blood CD14+ monocytes
were isolated from PBMCs by negative selection using a
magnetic bead antibody cocktail to CD3, CD7, CD16, CD19,
CD56, CD123 and Glycophorin A (Miltenyi Biotec).
Isolated human primary monocytes were assessed for >90%
purity using FACS. Freshly isolated human primary
monocytes/macrophages were treated with Co-alloy and Ti-
alloy particles as described below. Osteoclasts were
challenged with metal particles after 6-7 days of
differentiation. Osteoclast precursors were generated using
PBMC derived monocytes incubated in media (RPMI-1640
with 10% human AB serum) with 100 ng/ml RANKL (R&D
Systems), and 50ng/ml macrophage colony-stimulating
factor (M-CSF) (R&D Systems), for 6-7 days, at 37°C and
5% CO₂ in a 48-well plate, at 300,000 cells/well, with new
media every other day, and supernatant collected on day 8.

Visualized confirmed osteoclast-like differentiation images
were taken during the differentiation process, where monocytes/macrophages at day 1 (immediately proceeding
isolation and plating) were small, round, adherent, and
nearly confluent (Fig. 1A). After a week of incubation with
RPMI-1640, M-CSF, and RANK-L, and replacing this media
every other day, the monocytes/macrophages fused to
become large multi-nucleated osteoclasts (Fig. 1B). Osteoclast-like differentiated PBMCs were verified by the
appearance of multinucleated cells, and also by TRAP-
positive staining. Fig. (1D) shows that osteoclasts were
TRAP positive by day 7. The qualitative similarity of
osteoclast-like cells exposed to Co particles was also
observed (Fig. 1C).

To test the effect of supernatants from debris-activated
monocytes/macrophages vs direct debris challenge on
osteoclastogenesis, monocytes/macrophages from n=3
subjects were plated in a 96-well plate in media with 10%
human AB serum and stimulated overnight with
the challenge agents. Simultaneously, a second portion was
plated separately in a 96-well plate in media with 10%
human AB serum, 100 ng/ml RANKL and 50 ng/ml M-CSF
(48 hours), to produce osteoclast-precursors/osteoclasts. The
monocyte supernatants were collected after 24 hrs challenge,
and used to challenge osteoclasts for 48 hours (compared
to direct implant debris challenge). Osteoclasts were TRAP+
stained (Sigma-Aldrich) and analyzed on an ELISA plate
reader (450 nm, optical density, OD).

Cells Challenge

The cells were stimulated with the appropriate challenge
agents adjusted to challenge the cells at a ratio of 10 particles
per cell (e.g. 3 million particles per well: for 3x10⁶ cells/well
in 48 well plates (verified by hemacytometry): Co-alloy
particles (ASTM F-75, Size=0.9 μm ECD, Dose
10:1=particles:cell or approximately 30μg/mL), Ti-alloy
particles (Ti-6Al-4V, ASTM F-136, Size=1.2 μm ECD,
10:1=particles:cell or approximately 30μg/mL), Cobalt ions
(CoCl₂, Dose 0.01-0.1 mM), Nickel ions (NiCl₂, Dose: 0.01-
0.1 mM), Polymethylmethacrylate Bone Cement (PMMA,
made from PalacosTM Zimmer Inc, Size=1.8 μm ECD,
Dose: 10:1=particles:cell or approximately 30μg/mL), and
inanimate danger signal immune response positive controls,
Alum (350 μg/mL, Sigma St Louis) and Nigercin (10 μM,
Sigma St Louis). All particles were >97% less than 5μm in
size and commercially obtained (Bioengineering Solutions
Inc, Oak Park, IL). Combined pathogen associated molecular
pattern, (PAMP) and danger associated molecular patterns
(DAMP) were used to co-challenge cells by “priming” cells
with LPS (50 ng/ml) for 2-3 hours then adding DAMP
associated debris challenge agents for the remaining 22hours
of challenge prior to supernatant collection.

Cytokine Analysis

The supernatants were analyzed via ELISA (R&D Systems) or Luminex (Millipore) assay for IL-1β and TNF-α.

Statistical Analysis

Statistical differences were determined by non-
parametric analysis, ANOVA and Mann-Whitney test
(p<0.05 indicated significance or as indicated in text) using
GraphPad Prism 5.

RESULTS

Implant Debris Challenged Osteoclasts vs
Monocytes/Macrophages

To determine the cytokine profile of the inflammatory
response of monocytes/macrophages and osteoclasts to
implant debris, human cells were challenged with particles
and ions for 24 hours. Generally, there was >100 fold greater
production of IL-1β (Fig. 2A, B) and TNF-α (Fig. 3A, B) by
monocytes/macrophages compared to osteoclasts. IL-1β and
TNF-α values were dramatically and significantly higher for
all conditions in monocytes/macrophages when compared to
osteoclasts (p < 0.05), especially for Co-alloy particles (p =
0.0139), Co ions (p = 0.0057), Ni ions (p = 0.0195), and
PMMA particles (p = 0.0139). Metal ions induce higher
cytokine secretion in monocytes/macrophages than particles
for both IL-1β and TNF-α, i.e. monocytes/macrophages
secreted more IL-1β (approx 5000pg/mL) compared to TNF-
α (<3000pg/mL) (p < 0.05). Metal ions (vs particles) were also
the more potent immunogen for osteoclasts which
secreted more TNF-α (approx 200pg/mL) than IL-1β
(<20pg/mL) (Figs. 2A, B, 3A, B). Osteoclast secretion of IL-
1β was below or at detection limits of the assay indicating
loss of this inflammasome response [13]. Surprisingly,
osteoclasts did produce detectable levels of TNF-α, to
challenge with Ni ions (p = 0.04) and PMMA particles (p =
0.02).
Fig. (1). Osteoclast maturation and particle challenge: Light microscopy was used to image monocytes/macrophages and osteoclasts. Peripheral blood mononuclear cells (PBMCs) are obtained from human whole blood, and monocytes/macrophages are isolated from the PBMCs and plated in 96-well plates. (A) Freshly isolated monocytes/macrophages at day 1, (B) Large osteoclast-like cells (some likely multinucleated, arrows) formed at day 6-7 after 100 ng/ml RANKL and 50ng/ml M-CSF treatment, (C) Monocytes/macrophage with Co-alloy particles at 8 hours post-challenge, (D) Osteoclast-like cells 24 hours post challenge with Co-alloy particles showing phagocytosis, (E) Non-TRAP positive monocytes/macrophages, (F) TRAP-positive stained osteoclast-like cells (i.e. post RANKL/M-CSF stimulation), (Note: Bar = approx 50 microns, original mag A: 200x, B-F: 600x).
Implant Debris and LPS Challenged Osteoclasts and Monocytes/Macrophages

Osteoclasts produced significantly less IL-1β and TNF-α compared to monocytes/macrophages in response to either LPS primed or unprimed debris challenge. Generally, monocytes/macrophages challenged simultaneously with LPS and implant debris secreted higher amounts of IL-1β and TNF-α compared to challenge with implant debris alone (Figs. 2C, D, 3C, D). However these increases were generally not significantly greater than LPS alone, demonstrating the powerful if not overwhelming effect of LPS on debris-related immune reactivity at the levels of LPS used in this study. Statistically significant increase in IL-1β and TNF-α from unprimed to LPS primed monocytes/macrophages challenged with Ti-alloy and Co-alloy particles (p = 0.02) was observed. In contrast, there was a non-significant increase between +LPS primed and non-primed monocytes/macrophages treated with Co or Ni ions or PMMA particles, suggesting metal ions are a more potent form of immunogen than particles (i.e. a maximal response was likely induced by ions alone, at the concentrations of challenges used). LPS primed osteoclasts challenged with particles and ions produced significantly more TNF-α than IL-1β indicating that TNF-α PAMP-related responses may be retained by osteoclasts. Generally there were non-significant increases in IL-1β induced by particle and ion challenge in unprimed osteoclasts. Additionally, LPS primed osteoclasts plus particles and/or ions did not demonstrate significantly increases in IL-1β or
TNF-α over that of LPS challenge alone (except for Co-alloy and PMMA particle induced IL-1β, see Figs. 2C, D).

**Implant Debris and Osteoclastogenesis-Like Responses**

We determined the amount of TRAP+ in PBMCs derived osteoclast-like primary human as a determinant of osteoclastogenesis. We observed greater TRAP staining in response to particle and ion challenge (p<0.05) as shown in Fig. (4) as positive percentage increases in TRAP staining over non-treated controls osteoclasts-like cells from the same individual. There was significant variability between the individual tests where, among the n=3 tested, there were cases of significant increases in TRAP+ to particle and/or metal ion challenge on an individual basis. On a group basis there were significant increases in the amount of TRAP staining when osteoclasts were challenged with Co (p=0.1) and Ni (p=0.02) ions and LPS (p=0.1), over controls.

**Monocyte/Macrophage Paracrine Induced Osteoclastogenic-Like Activity**

Supernatants from debris-challenged monocytes/macrophages were used to challenge differentiated osteoclasts-like cells derived from the PBMCs of individual to compare these responses with implant debris induced effects on
osteoclastogenesis-like activity (TRAP+). There was individual variability between the different primary human PBMC cultures derived from n=3 individuals. In one of the three subjects tested, the supernatants from autologous monocytes/macrophages treated with Co-particles and Co ions resulted in significant increases in osteoclastogenesis-like activity over debris challenge alone, (Fig. 4A). However due to the small sample size, on average (n=3) the amount of TRAP+ staining between osteoclast-like cells treated with monocyte supernatants and those treated with implant debris directly did not rise to the level of statistical significance (Fig. 4B). However on average particles and ions increased osteoclastogenesis-like activity by >15% compared to non-challenged controls. Co ions induced an increase of more than 15% activity over Co-alloy treated primary osteoclasts. (p=0.1, ANOVA).

**DISCUSSION**

We found that monocytes/macrophages produce well over an order of magnitude greater inflammatory responses (IL-1β and TNF-α) compared to osteoclasts responses to
metal- and polymer-particle and ion challenge, where metal ions challenge induced the greatest inflammatory responses in both monocytes/macrophages and osteoclast-like cells, after the positive control LPS. Even indirect debris-induced monocyte reactivity acting in a paracrine manner induced more osteoclastogenic-like activity (TRAP+) than direct debris challenge, in some individuals. Thus, the results of this study not only support our hypothesis that monocytes/macrophages will produce a greater inflammatory reaction to metal implant debris than will osteoclasts, but suggests danger signaling inflammasome-like (IL-1β) reactivity is all but lost in osteoclast-like cells, whereas more pathogen related LPS (PAMP) recognition and responses (TNF-α) are only dampened (relatively retained) in osteoclasts.

IL-1β and TNF-α are both well established pro-inflammatory cytokines that can contribute to bone resorption [4,7,9,10,12,14]. IL-1β is the signature cytokine of inflammasome-mediated DAMP responses, and TNF-α and IL-6 are generally proxies of NF-kB-mediated PAMP responses. Monocytes/macrophages demonstrated >10 fold greater IL-1β and TNF-α responses to implant debris challenge agents compared to osteoclasts, implying that as monocytes/macrophages differentiate into osteoclasts, they lose their ability to induce a strong danger signaling inflammatory response, probably due to role specialization. This is the first study that demonstrates the decreased ability of monocytes to respond to implant debris as they differentiate into osteoclasts. Osteoclasts were observed to secrete more TNF-α than IL-1β while monocytes/macrophages secreted more IL-1β than TNF-α, consistent with past studies [7,15] and suggest that osteoclasts preferentially lose Danger Signaling (inflammasome) responses compared to NF-kB pathway associated pathogen associated responses (i.e. PAMP receptor TLR4 recognition of LPS). A previous study by Stea et al. [16] demonstrated a positive correlation between wear debris and the cytokines IL-1β, IL-6, and TNF-α, and osteolysis. And our finding that TNF-α is more prominent in osteoclast cultures is in line with studies that state that TNF-α is a fundamental cytokine in “mediating particle-driven osteoclastogenesis and osteolysis” [7]. These results also support work by Abu-Amer et al. who found that TNF-α is a primary osteoclastogenic cytokine in inflammatory osteoclastogenesis and that TNF-α recognition (by TNFRI) was required for optimal RANK-mediated osteoclastogenesis [14]. However, IL-1β has been shown to have almost the opposite effects on osteoclastogenesis, where early presence of IL-1β has been shown as inhibitory to osteoclast formation but synergizes with RANKL later on to promote differentiation [17]. This may indicate why more TNF-α and less IL-1β are necessary as osteoclastogenesis occurs.

Lipopolysaccharide (LPS, i.e. endotoxin) is a known pathogen associated molecular pattern (PAMP) associated with bone loss and osteoclast formation [8, 18, 19], and a known inducer of a strong inflammatory response in monocytes/macrophages through CD14 induced toll-like receptor 4 (TLR4) activation. The exact role LPS endotoxins play in the biological activity of implant debris is uncertain [20, 21]. To test the potentiating effects of LPS on the pro-inflammatory response of monocytes/macrophages and osteoclasts, both were implant-debris-challenged when under unprimed conditions (LPS). In general, both monocytes/macrophages and osteoclasts challenged with implant debris under primed conditions secrete higher levels of IL-1β and TNF-α, with monocytes/macrophages generally secreting more cytokine than osteoclasts. However, particles and ions alone also induced TNF-α, supporting the results of Pearl et al. which demonstrate that TNF-α production occurs even in the absence of LPS [20]. This is also consistent with past studies that show endotoxins are not required for implant debris to elicit a danger signal (DAMP) mediated inflammatory responses, but LPS, when present, certainly potentiates and can dominate this response [18].

When comparing the direct effects of particles and ions on osteoclasts with the supernatants taken from particle/ion activated monocytes/macrophages we found evidence of particle/ion-directed and supernatant directed osteoclastogenesis in osteoclast precursor cells which is consistent with previous reports of particle/ion induced osteolysis and osteoclast formation [14, 15, 22-24]. Similarly to previous reports where LPS is shown to encourage differentiation of pre-osteoclast cell lines into bone-resorbing osteoclasts [8,19], we found that on average LPS induced elevated TRAP+ osteogenic-like increases. Thus, LPS challenge induced an increased danger signal type inflammatory response in monocytes/macrophages but not osteoclasts (for particle and ion challenge). However, LPS challenge increased TNF-α (PAMP) in both debris-challenged monocytes/macrophages and osteoclasts. A noteworthy exception to this trend were Co and Ni ion challenge on monocytes/macrophages and osteoclasts (Nickel only) which may have already induced maximal PAMP-related inflammatory responses without the addition of LPS. Previous studies have demonstrated that TNF-α cultured with pre-osteoclasts can promote the amount of TRAP positive cells [8, 9, 14, 19]. This is supported by our results which show that TNF-α is produced by debris-stimulated monocytes/macrophages, and that these supernatants of debris challenge cells can promote osteoclast formation in “pre-osteoclast-like” cells.

Limitations inherent to this study include those associated with the variability of primary human cells reactivity tested in vitro with simulated implant debris. Additionally, although there were low numbers of subjects studied (n=3) to determine if reactivity to monocyte/debris-supernatants could surpass the osteoclastogenic effects of debris alone, there was evidence that this could occur and generally trends established that warrant further investigation and larger scale study.

**CONCLUSIONS**

In summary we found primary monocytes/macrophages exposed to metal and polymer particles and ion challenge have an order of magnitude greater inflammatory IL-1β and TNF-α responses (signature DAMP and PAMP cytokines, respectively) compared to autologous osteoclast-like cells. Additionally, the paracrine response by monocytes/macrophages exposed to implant debris can induce greater osteoclastogenic-like activity than direct osteoclast-debris exposure. The diminished osteoclast IL-1β response to implant debris relative to TNF-α suggests...
osteoclasts preferentially lose danger signaling (inflammasome) responses upon differentiation but retain TNF-α (pathogen recognition associated) responses which also play a role in bone homeostasis. Further study is warranted to determine how and why danger signaling responses in osteoclasts are lost. Generally the comparison of monocyte/macrophage vs osteoclast innate immune responses to particulate and ionic implant debris indicates that monocytes/macrophages rather than osteoclasts dominate this immune response and may be a more relevant target to try to specifically inhibit this response in people with implant debris-induced inflammation.

ABBREVIATIONS

ASTM = American Society of Testing and Materials
Co = Cobalt
DAMP = Danger associated molecular pattern
ECD = Equivalent spherical diameter
IL-1β = Interleukin-1 beta
IL-6 = Interleukin-6
LPS = Lipopolysaccharide
M-CSF = Macrophage colony stimulating factor
NF-κB = Nuclear factor kappa-light-chain-enhancer of activated B cells
Ni = Nickel
PAMP = Pathogen-associated molecular pattern
PBMCs = Peripheral blood mononuclear cells
PMMA = polymethlymethacrylate (bone cement)
RANKL = Receptor activator of nuclear factor kappa-B ligand
TLR = Toll-like receptor
TNF-α = Tumor necrosis factor-alpha
TRAP = Tartrate-resistant acid phosphatase

CONFLICT OF INTEREST

The authors confirm that this article content has no conflict of interest.

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