AN INTEGRAL EQUATION IN CONFORMAL GEOMETRY

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1. Introduction

Among the many proofs of two dimensional isoperimetric inequalities, the one due to Carleman [C] is particularly interesting. Indeed by an application of Riemann mapping theorem we only need to show

\[ \int_D e^{2u} \, dx \leq \frac{1}{4\pi} \left( \int_{S^1} e^u \, d\theta \right)^2 \]

for every harmonic function \( u \) on \( D \). Here \( D \) is the unit disk in the plane. Carleman deduced (1.1) by showing

\[ \int_D |f|^2 \, dx \leq \frac{1}{4\pi} \left( \int_{S^1} |f| \, d\theta \right)^2 \]

for every holomorphic function \( f \) on \( D \). Along this line, in [J] Jacobs showed that for every bounded open subset \( \Omega \) of \( \mathbb{R}^2 \) with smooth boundary, there exists a positive constant \( c_\Omega \) such that for every holomorphic function \( f \) on \( \Omega \),

\[ \int_\Omega |f|^2 \, dx \leq c_\Omega \left( \int_{\partial \Omega} |f| \, ds \right)^2. \]

Moreover when \( \Omega \) is not simply connected, the best constant \( c_\Omega > \frac{1}{4\pi} \) and it is achieved by some particular holomorphic function \( f \). Here we formulate a higher dimensional generalization of these statements.

Assume \( n \geq 3 \), \((M^n, g)\) is a smooth compact Riemannian manifold with nonempty boundary \( \Sigma = \partial M \), we write the isoperimetric ratio

\[ I(M, g) = \frac{|M|}{|\Sigma|^{\frac{n-2}{n-1}}}. \]

Here \( |M| \) is the volume of \( M \) with respect to \( g \) and \( |\Sigma| \) is the area of \( \Sigma \). Let \([g] = \{ \rho^2 g : \rho \in C^\infty(M), \rho > 0 \}\) be the conformal class of \( g \). The set

\[ \{ \tilde{g} \in [g] : \text{the scalar curvature } \tilde{R} = 0 \} \]

is nonempty if and only if the first eigenvalue of the conformal Laplacian operator \( L_g = \frac{(n-1)}{n-2} \Delta + R \) with respect to Dirichlet boundary condition, \( \lambda_1(L_g) \) is strictly positive (see Section 2).

Assume \( \lambda_1(L_g) > 0 \), we denote

\[ \Theta_{M,g} = \sup \left\{ I(M, \tilde{g}) : \tilde{g} \in [g] \text{ with } \tilde{R} = 0 \right\}. \]

Standard technique from harmonic analysis gives us \( \Theta_{M,g} < \infty \) (see Proposition 2.1). But is \( \Theta_{M,g} \) achieved? In another word, can we find a conformal metric with zero scalar curvature maximizing the isoperimetric ratio?
It follows from [HWY, theorem 1.1] or Theorem 3.1 that
\[ \Theta_{B_1, g_{\mathbb{R}^n}} = I(B_1, g_{\mathbb{R}^n}) = n - \frac{1}{n-1} \omega_n \frac{n}{n-1}, \]
here \( \omega_n \) is the volume of the unit ball in \( \mathbb{R}^n \) and \( g_{\mathbb{R}^n} \) is the Euclidean metric on \( \mathbb{R}^n \).
This just says that \( \Theta_{B_1, g_{\mathbb{R}^n}} \) is achieved by the standard metric. In general we have the following

**Theorem 1.1.** Assume \( n \geq 3 \), \((M^n, g)\) is a smooth compact Riemannian manifold with nonempty boundary and \( \lambda_1(L_g) > 0 \), then
\[ n - \frac{1}{n-1} \omega_n \frac{n}{n-1} = \Theta_{B_1, g_{\mathbb{R}^n}} \leq \Theta_{M, g} < \infty. \]
If in addition \( \Theta_{B_1, g_{\mathbb{R}^n}} < \Theta_{M, g} \), then \( \Theta_{M, g} \) is achieved by some conformal metrics with zero scalar curvature.

The problem illustrates very similar behavior as the Yamabe problem of finding constant scalar curvature metrics in a fixed conformal class (cf. [LP]) and its boundary versions (cf. [E1, E2]). On the other hand, it has more nonlocal features (e.g. the Euler-Lagrange equation is a nonlinear integral equation) than the two well studied problems. In analogy with the solution of the Yamabe problem, we make the following conjecture.

**Conjecture 1.1.** Assume \( n \geq 3 \), \((M^n, g)\) is a smooth compact Riemannian manifold with nonempty boundary and \( \lambda_1(L_g) > 0 \). If \((M, g)\) is not conformally diffeomorphic to \((B_1, g_{\mathbb{R}^n})\), then \( \Theta_{M, g} > \Theta_{B_1, g_{\mathbb{R}^n}} \).

In Section 2 below, we will describe some basics related to the above problem and reformulate it as a maximization problem for harmonic extensions. We will also discuss some elementary estimates of the Poisson kernels and show \( \Theta_{M, g} \) is always finite. In Section 3 we will show \( \Theta_{B_1, g_{\mathbb{R}^n}} \) is achieved by the standard metric itself and deduce some corollaries. This is a consequence of [HWY, theorem 1.1]. However the approach we present here is different and of independent interest. In Section 4 we will prove the regularity of the solutions to the Euler-Lagrange equations of the maximization problem for harmonic extensions. In Section 5 we derive some asymptotic expansion formulas for the standard Poisson kernel and the Poisson kernel for the conformal Laplacian operators. These expansion formulas will be useful in the future study of Conjecture 1.1. In Section 6 we will derive the concentration compactness principle for the maximization problem and this will be used in the last section to deduce Theorem 1.1.

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2. Some preparations

Assume \( n \geq 3 \), \((M^n, g)\) is a smooth compact Riemannian manifold with boundary \( \Sigma = \partial M \). The conformal Laplacian operator is given by

\[
L_g = -\frac{4(n-1)}{n-2} \Delta + R.
\]

It satisfies the transformation law

\[
L_{\rho^{\frac{4}{n-2}} g} \varphi = \rho^{-\frac{n+2}{n-2}} L_g (\rho \varphi) \quad \text{for} \; \rho, \varphi \in C^\infty(M), \rho > 0.
\]

Let

\[
E_g(\varphi, \psi) = \int_M \left[ \frac{4(n-1)}{n-2} \nabla \varphi \cdot \nabla \psi + R \varphi \psi \right] d\mu, \quad E_g(\varphi) = E_g(\varphi, \varphi),
\]

here \( d\mu \) is the measure generated by \( g \), then it follows from the transformation law that

\[
(2.1) \quad E_{\rho^{\frac{4}{n-2}} g}(\varphi) = E_g(\rho \varphi) \quad \text{for} \; \rho, \varphi \in C^\infty(M), \rho > 0, \varphi|_\Sigma = 0.
\]

Let \( \lambda_1(L_g) \) be the first eigenvalue of \( L_g \) with respect to the Dirichlet boundary condition, then

\[
\lambda_1(L_g) = \inf_{\varphi \in H^1_0(M) \setminus \{0\}} \frac{E_g(\varphi)}{\int_M \varphi^2 d\mu_g}.
\]

Assume \( \rho \in C^\infty(M), \rho > 0 \). It follows from (2.1) that \( \lambda_1(L_g) < 0 \) implies \( \lambda_1(L_{\rho^{\frac{4}{n-2}} g}) < 0 \). On the other hand, if \( \lambda_1(L_g) \geq 0 \), then \( \lambda_1(L_{\rho^{\frac{4}{n-2}} g}) \geq (\max_M \rho)^{-\frac{4}{n-2}} \lambda_1(L_g) \). Hence the sign of the first eigenvalue of the conformal Laplacian operator does not depend on the choice of particular metric in a conformal class. This sign is useful because of the following fact: \( \lambda_1(L_g) > 0 \) if and only if we may find a scalar flat conformal metric when \( \lambda_1(L_g) > 0 \). To see this we may solve the Dirichlet problem

\[
\begin{cases}
L_g \rho = 0 & \text{on } M \\
\rho|_\Sigma = 1
\end{cases}
\]

We claim \( \rho > 0 \) on \( M \). To see this, we let \( \varphi \) be the first eigenfunction of \( L_g \) with \( \varphi > 0 \) on \( M \setminus \Sigma \) and \( \varphi|_\Sigma = 0 \). Let \( w = \frac{\varphi}{\rho} \), then

\[
-\frac{4(n-1)}{n-2} \Delta w - \frac{8(n-1)}{n-2} \frac{\nabla \rho \cdot \nabla \varphi}{\rho} + \lambda_1 w = 0 \quad \text{on } M \setminus \Sigma.
\]

Since \( w(x) \to \infty \) as \( x \to \Sigma \), it follows from strong maximum principle that \( w > 0 \) on \( M \setminus \Sigma \), hence \( \rho > 0 \) on \( M \). Note that \( R_{\rho^{\frac{4}{n-2}} g} = \rho^{-\frac{n+2}{n-2}} L_g \rho = 0 \), we find the needed metric.

Assume \( \lambda_1(L_g) > 0 \), the Green’s function \( G_L \) of \( L_g \) satisfies

\[
\begin{cases}
(L_g)_x G_L(x, y) = \delta_y & \text{on } M, \\
G_L(x, y) = 0 & \text{for } x \in \Sigma.
\end{cases}
\]

The Poisson kernel of \( L_g \) is given by

\[
P_L(x, \xi) = -\left. \frac{4(n-1)}{n-2} \frac{\partial G_L(x, y)}{\partial y} \right|_{y=\xi},
\]
here $\nu$ is the unit outer normal direction. The solution of \[
\begin{aligned}
L_g u &= 0 \text{ on } M \\
u|_\Sigma &= f
\end{aligned}
\] is given by $u(x) = (P_t f)(x) = \int_\Sigma P_t(x, \xi) f(\xi) \, dS(\xi)$, here $dS$ is the measure generated by $g$ on $\Sigma$. If $\rho$ is a positive smooth function, then we have the following transformation laws,
\[
G_{L, \rho^{-1/2} g}(x, y) = \frac{G_{L, g}(x, y)}{\rho(x) \rho(y)} \\
P_{L, \rho^{-1/2} g}(x, \xi) = \frac{P_{L, g}(x, \xi)}{\rho(x) \rho(\xi)}
\]
and
\[
P_{L, \rho^{-1/2} g} f = \rho^{-1} P_{L, g}(\rho f).
\]
If $\bar{g} \in [g]$ has zero scalar curvature, then $\bar{g} = u^{4/3} g$ for some positive smooth function $u$ on $M$ with $L_g u = 0$. Let $f = u|_\Sigma$, then $u = P_L f$ and
\[
I(M, \bar{g}) = \frac{|P_L f|_{L^{2(n-1)}(M)}}{|f|_{L^{2(n-1)}(\Sigma)}} = \frac{L^{2(n-1)}(\Sigma)}{L^{2(n-1)}(\Sigma)}
\]
Hence
\[
\Theta_{M, g}
\]
\[
= \sup \left\{ \frac{P_L f}{L^{2(n-1)}(M)} : f \in C^\infty(\Sigma), f > 0 \right\}
\]
\[
= \sup \left\{ \frac{P_L f}{L^{2(n-1)}(\Sigma)} : f \in L^{2(n-1)}(\Sigma), f \neq 0 \right\}
\]
\[
= \left[ \sup \left\{ \frac{P_L f}{L^{2(n-1)}(M)} : f \in L^{2(n-1)}(\Sigma), |f|_{L^{2(n-1)}(\Sigma)} = 1 \right\} \right]^{\frac{1}{2n}}
\]
The second equality above follows from the fact $P_L$ is positive and an approximation procedure.

It follows easily from the definition of $\Theta_{M, g}$ (see (1.3)) that $\Theta_{M, g}$ depends only on $[g]$. As a consequence we may choose the background metric $g$ with zero scalar curvature. Under this assumption the conformal Laplacian operator reduces to the constant multiple of the Laplacian operator. To continue we will need some estimates of the Poisson kernels.

2.1. Basic estimates for Poisson kernel and harmonic extensions. Let us fix some notations. Throughout this subsection, we always assume $n \geq 2$, $(M^n, g)$ is a smooth compact Riemannian manifold with boundary $\Sigma = \partial M$. For convenience we fix a smooth compact Riemannian manifold without boundary, $(\overline{M}^n, \bar{g})$ such that $(M, g)$ is a smooth domain in $(\overline{M}, \bar{g})$. Denote $d$ as the distance on $\overline{M}$ generated by $g$ and $d_\Sigma$ as the distance on $\Sigma$ (when $\Sigma$ is not connected and $\xi_1, \xi_2 \in \Sigma$ lie in different components, we set $d_\Sigma(\xi_1, \xi_2)$ equal to the maximal diameter of all the components of $\Sigma$). We write $t = t(x) = d(x, \Sigma)$ for $x \in \overline{M}$. Assume $\delta_0 > 0$ is small enough such that $V = \{ x \in \overline{M} : t(x) < 2\delta_0 \}$ is a tubular neighborhood of $\Sigma$ and for
\(\xi, \zeta \in \Sigma\) with \(d(\xi, \zeta) < 2\delta_0\), we have \(d_\Sigma(\xi, \zeta) \leq 2d(\xi, \zeta)\). For \(x \in V\), let \(\pi(x) \in \Sigma\) be the unique nearest point on \(\Sigma\) to \(x\). For \(\delta > 0\), we write \(M_\delta = \{x \in M : t(x) \leq \delta\}\). For \(x \in M, \delta > 0\), we use \(B_\delta(x)\) to denote the ball with center at \(x\), radius \(\delta\) in \((M, g)\).

The Green’s function of the Laplace operator satisfies
\[
\begin{cases}
-\Delta_x G(x, y) = \delta_y \text{ on } M, \\
G(x, y) = 0 \text{ for } x \in \Sigma.
\end{cases}
\]

Note that \(G(x_1, x_2) = G(x_2, x_1)\) for \(x_1, x_2 \in M\).

- The solution of \(\begin{cases}
-\Delta u = h \text{ on } M, \\
u|_\Sigma = 0
\end{cases}\) is given by
  \[u(x) = \int_M G(x, y) h(y) d\mu(y)\]

- The solution of \(\begin{cases}
-\Delta u = 0 \text{ on } M, \\
u|_\Sigma = f
\end{cases}\) is given by
  \[u(x) = -\int_\Sigma \left. \frac{\partial G(x, y)}{\partial y} \right|_{y=\xi} f(\xi) dS(\xi)\]

Here \(\nu\) is the unit outer normal direction on \(\Sigma\). In particular the Poisson kernel is given by
\[P(x, \xi) = -\left. \frac{\partial G(x, y)}{\partial y} \right|_{y=\xi}\]

- If \(\begin{cases}
-\Delta u = h \text{ on } M, \\
u|_\Sigma = 0
\end{cases}\), then \(\frac{\partial u}{\partial \nu}(\xi) = -\int_M P(x, \xi) h(x) d\mu(x)\). In the future we will denote
  \[(Th)(\xi) = \int_M P(x, \xi) h(x) d\mu(x)\]

  Hence \(\frac{\partial u}{\partial \nu} = -Th\).

For \(f\) defined on \(\Sigma\), we write
\[(Pf)(x) = \int_\Sigma P(x, \xi) f(\xi) dS(\xi)\]

\(Pf\) is the harmonic extension of \(f\).

**Lemma 2.1.** For \(0 \leq \delta < \delta_0\), denote \(\Sigma_\delta = \{x \in M : d(x, \Sigma) = \delta\}\). If \(u \in C^\infty(M)\) is a nonnegative harmonic function, then
\[
\int_{\Sigma_\delta} u dS \leq c(M, g) \int_\Sigma u dS.
\]

**Proof.** Denote \(\nu\) as the unit outer normal direction. Since \(\delta_0\) is small, for \(0 \leq \delta < \delta_0\), the map \(\psi_\delta : \Sigma \to \Sigma_\delta\) given by \(\psi_\delta(\xi) = \exp_\xi(-\delta\nu(\xi))\) is a diffeomorphism and
\[
\int_{\Sigma_\delta} u dS = \int_{\Sigma} u \circ \psi_\delta \cdot J_{\psi_\delta} dS.
\]
Hence
\[
\frac{d}{d\delta} \int_{\Sigma_\delta} u dS = \int_{\Sigma_\delta} \frac{\partial u}{\partial t} dS + \int_{\Sigma} u \circ \psi_\delta \cdot \frac{dJ_{\psi_\delta}}{d\delta} dS
\leq c(M, g) \int_{\Sigma} u \circ \psi_\delta \cdot J_{\psi_\delta} dS
= c(M, g) \int_{\Sigma_\delta} u dS.
\]
Here we have used the equation \(\int_{\Sigma_\delta} \frac{\partial u}{\partial t} dS = 0\) which follows from the divergence theorem and the fact \(u\) is harmonic. It follows that \(\int_{\Sigma_\delta} u dS \leq c(M, g) \int_{\Sigma} u dS\).

To avoid confusion we emphasize that the constants \(c(M, g)\)'s are different in different formulas. This convention applies throughout the article. We will need the following classical estimate for Poisson kernels.

**Lemma 2.2.** The Poisson kernel \(P(x, \xi)\) satisfies
\[
0 \leq P(x, \xi) \leq c(M, g) \frac{t(x)}{\left[ t(x)^2 + d_\Sigma(\pi(x), \xi)^2 \right]^{\frac{n}{2}}}
\]
for \(x \in M_{\delta_0}\) and \(\xi \in \Sigma\).

**Proof.** It follows from Lemma 2.1 and an approximation procedure that for \(0 < \delta \leq \delta_0\),
\[
\int_{M_\delta} P(x, \xi) d\mu(x) \leq c(M, g) \delta.
\]
Since \(P(x, \xi)\) is nonnegative, harmonic in \(x\) and \(P(x, \xi) = 0\) for \(x \in \Sigma \setminus \{\xi\}\), it follows from the elliptic estimates of harmonic function that we only need to consider the case \(t(x) + d_\Sigma(\pi(x), \xi)\) is small. Let \(t(x) + d_\Sigma(\pi(x), \xi) = \delta\). If \(t(x) \geq \frac{\delta}{2}\), by mean value inequality
\[
P(x, \xi) \leq c(M, g) \frac{t(x)}{\left[ t(x)^2 + d_\Sigma(\pi(x), \xi)^2 \right]^{\frac{n}{2}}}.
\]
Assume \(t(x) < \frac{\delta}{2}\), then \(d(\pi(x), \xi) > \frac{3\delta}{2}\). By the gradient estimate of harmonic functions we know
\[
|\nabla P(\cdot, \xi)|_{L^\infty(B_{2\delta/3}(\pi(x)) \cap M)} \leq c(M, g) \frac{t(x)}{\delta^{n+1}} \int_{B_{2\delta/3}(\pi(x)) \cap M} P(y, \xi) d\mu(y) \leq c(M, g) \frac{t(x)}{\delta^n},
\]
hence \(P(x, \xi) \leq c(M, g) \frac{t(x)}{\delta^n}\). The lemma follows.

As an application of Lemma 2.2 we may derive the following inequality for harmonic extensions. Recall if \(X\) is a measure space, \(p > 0\) and \(u\) is a measurable function on \(X\), then
\[
|u|_{L^p_w(X)} = \sup_{t > 0} t \left[ \int_X \chi_{\{u > t\}}^p \right]^{\frac{1}{p}}.
\]
Here \(\int_X \chi_{\{u > t\}}^p\) is the measure of the set \(\{u > t\}\).
Proposition 2.1. The harmonic extension operator $P$ satisfies

$$|Pf|_{L^{\frac{np}{n-1}}(M)} \leq c(M,g) |f|_{L^1(\Sigma)}$$

and

$$|Pf|_{L^\frac{np}{n-1}(M)} \leq c(M,g,p) |f|_{L^p(\Sigma)}$$

for $1 < p \leq \infty$.

Proof. We only need to prove the weak type estimate. The strong estimate follows from Marcinkiewicz interpolation theorem ([SW, p197]) and the basic fact $|Pf|_{L^\infty(M)} \leq |f|_{L^\infty(\Sigma)}$. To prove the weak type estimate we may assume $f \geq 0$ and $|f|_{L^1(\Sigma)} = 1$. It follows from Lemma 2.2 that

$$0 \leq \left( Pf \right)(x) \leq c(M,g) t(x)^{n-1}.$$ 

For $\delta_0 = \delta_0(M,g) > 0$ small, it follows from Lemma 2.1 that

$$\int_{M_\delta} (Pf)(x) d\mu(x) \leq c(M,g) \delta$$

for $\delta \in (0, \delta_0)$.

Hence for $\delta \in (0, \delta_0)$,

$$\int_{M_\delta} (Pf)(x) d\mu(x) \leq c(M,g) \delta.$$

For $\lambda \geq c(M,g)$, we have

$$|Pf| > \lambda$$

$$= \left\{ x \in M : t(x) < c(M,g) \lambda^{\frac{1}{n-1}}, (Pf)(x) > \lambda \right\}$$

$$\leq \frac{1}{\lambda} \int_{c(M,g) \lambda^{\frac{1}{n-1}}} (Pf)(x) d\mu(x)$$

$$\leq c(M,g) \lambda^{-\frac{n-1}{n}}.$$

The proposition follows. $\square$

For $1 < p < \infty$, if we write

$$c_{M,g,p} = \sup \left\{ |Pf|_{L^{\frac{np}{n-1}}(M)} : f \in L^p(\Sigma), |f|_{L^p(\Sigma)} = 1 \right\},$$

then $c_{M,g,p} < \infty$. In view of (2.2), when the background metric $g$ has zero scalar curvature,

$$\Theta_{M,g} = c_{M,g,\frac{np}{n-1}}^{\frac{2(n-1)}{np-1}} < \infty.$$

In the future we will also need the following compactness property.

Corollary 2.1. For $1 \leq p < \infty$, $1 \leq q < \frac{np}{n-1}$, the operator $P : L^p(\Sigma) \to L^q(M)$ is compact.
Proposition 2.2. Let $\delta > 0$ small, we have

\[ |(P f_i)(x)| \leq \frac{c(M, g)}{t(x)^{n-1}} \quad \text{for } x \in M \setminus \Sigma. \]

Using elliptic estimates of harmonic functions we know after passing to a subsequence we may find a $u \in C^\infty(\Sigma)$ such that $P f_i \to u$ in $C^\infty_{loc}(M \setminus \Sigma)$. For $\delta > 0$ small, we have

\[
\begin{align*}
|P f_i - P f_j|_{L^q(M)} &\leq |P f_i - P f_j|_{L^q(M \setminus \delta \Sigma)} + |P f_i - P f_j|_{L^q(M \setminus \delta \Sigma)} \\
&\leq |P f_i - P f_j|_{L^q(M \setminus \delta \Sigma)} + |P f_i - P f_j|_{L^{\frac{n}{n-p}}(M \setminus \delta \Sigma)} |M_\delta|^{\frac{1}{q} - \frac{n-1}{np}} \\
&\leq |P f_i - P f_j|_{L^q(M \setminus \delta \Sigma)} + c(M, g, p) |M_\delta|^{\frac{1}{q} - \frac{n-1}{np}}. 
\end{align*}
\]

Hence

\[
\lim_{i, j \to \infty} \sup_{\delta > 0} |P f_i - P f_j|_{L^q(M)} \leq c(M, g, p) |M_\delta|^{\frac{1}{q} - \frac{n-1}{np}}. 
\]

Letting $\delta \to 0^+$, we see $P f_i$ is a Cauchy sequence in $L^q(M)$. In another word, $P : L^q(\Sigma) \to L^q(M)$ is compact.

When $p = 1$, the argument is similar. We only need to observe that for any $1 \leq q < \bar{q} < \frac{n}{n-1}$, $P : L^1(\Sigma) \to L^q(M)$ is bounded. \hfill $\square$

Let $h$ be a function on $M$, recall $(Th)(\xi) = \int_M P(x, \xi) h(x) d\mu(x)$. We have the following dual statement to Proposition 2.1

**Proposition 2.2.** For $1 \leq p < n$ and $h \in L^p(M)$,

\[ |Th|_{L^{\frac{n-1}{np}}(\Sigma)} \leq c(M, g, p) |h|_{L^p(M)}. \]

**Proof.** We may prove the inequality by a duality argument. Indeed for any non-negative functions $h$ on $M$ and $f$ on $\Sigma$, we have

\[
0 \leq \int_\Sigma (Th)(\xi) f(\xi) dS(\xi) = \int_\Sigma dS(\xi) \int_M P(x, \xi) h(x) f(\xi) d\mu(x) \\
= \int_M (Pf)(x) h(x) d\mu(x) \leq |Pf|_{L^{\frac{n}{n-p}}(M)} |h|_{L^p(M)} \\
\leq c(M, g, p) |h|_{L^p(M)} |f|_{L^{\frac{n-1}{np}}(\Sigma)},
\]

the proposition follows. One may also prove the inequality directly. Indeed it follows from Lemma 2.2 that $|P(\cdot, \xi)|_{L^{\frac{n}{n-p}}(M)} \leq c(M, g) < \infty$ for $\xi \in \Sigma$. Hence $T : L^{n,1}(M) \to L^\infty(\Sigma)$ is a bounded linear map. On the other hand for $h \in L^1(M)$,

\[ \int_\Sigma |(Th)(\xi)| dS(\xi) \leq \int_\Sigma dS(\xi) \int_M P(x, \xi) |h(x)| d\mu(x) = \int_M |h(x)| d\mu(x). \]

Hence $T : L^1(M) \to L^1(\Sigma)$ is also bounded. The proposition follows from the Marcinkiewicz interpolation theorem. Finally we point out for $1 < p < n$, we may solve $\left\{ \begin{array}{l} -\Delta u = h \quad \text{on } M \\ u|_{\Sigma} = 0 \end{array} \right.$ and $(Th)(\xi) = -\frac{\partial^2 u}{\partial \nu^2} (\xi)$. By the $L^p$ theory we
know \(|u|_{W^{2,p}(M)} \leq c(M, g, p) |h|_{L^p(M)}\). It follows from boundary trace imbedding theorem ([A, p164]) that

\[
|Th|_{L^{(n-1)p/(n-p)}(\Sigma)} = \frac{\partial u}{\partial v} \bigg|_{L^{(n-1)p/(n-p)}(\Sigma)} \leq c(M, g, p) |u|_{W^{2,p}(M)} \leq c(M, g, p) |h|_{L^p(M)}. 
\]

2.2. Miscellaneous. Later on we will need the following Hausdorff-Young type inequality to estimate some nonmajor terms.

**Lemma 2.3.** Let \(X \) and \(Y \) be measure spaces, \(1 \leq p, q_0, q_1, r \leq \infty, p \leq r, q_0 \leq r\) and

\[
\frac{1}{p} + \frac{1}{q_1} = \frac{q_0}{q_1 r} + 1.
\]

Assume \(K\) is defined on \(X \times Y\) such that

\[
\left( \int_X |K(x, y)|^{q_0} \, dx \right)^{\frac{1}{q_0}} \leq A, \quad \left( \int_Y |K(x, y)|^{q_1} \, dy \right)^{\frac{1}{q_1}} \leq A.
\]

For a function \(f\) defined on \(Y\), we let \((Kf)(x) = \int_Y K(x, y) f(y) \, dy\), then

\[
|Kf|_{L^r(X)} \leq A |f|_{L^p(Y)}.
\]

**Proof.** Without losing of generality we may assume \(K \geq 0\) and \(f \geq 0\), then

\[
(Kf)(x) = \int_Y K(x, y)^{q_0} f(y)^{\frac{1}{p}} K(x, y)^{\frac{r-\theta_0}{r}} f(y)^{\frac{r-p}{r}} \, dy
\]

\[
\leq \left( \int_Y K(x, y)^{q_0} f(y)^{\frac{1}{p}} \, dy \right)^{\frac{q_1}{q_1}} \left( \int_Y K(x, y)^{q_1} f(y)^{\frac{1}{p}} \, dy \right)^{\frac{q_0}{q_0}} \left( \int_Y f(y)^{p} \, dy \right)^{\frac{r-p}{r}}
\]

\[
\leq A^{\frac{r-	heta_0}{r}} |f|_{L^p(Y)}^{\frac{r-p}{r}} \left( \int_Y K(x, y)^{q_0} f(y)^{p} \, dy \right)^{\frac{1}{p}}.
\]

Here we have used the Holder’s inequality and the fact \(\frac{1}{r} + \frac{1}{r-\theta_0} + \frac{1}{\theta_1} = 1\). Hence

\[
(Kf)(x)^r \leq A^{r-\theta_0} |f|_{L^p(Y)}^{r-p} \left( \int_Y K(x, y)^{q_0} f(y)^{p} \, dy \right).
\]

Integrating both sides, we get the needed inequality. \(\square\)

3. Sharp inequalities on the unit ball

The aim of this section is to show \(\Theta_{B_1 \cap \mathbb{R}^n} = \frac{n}{n-1}(B_1 \cap \mathbb{R}^n) = \frac{2}{n-1} - \frac{1}{n-1} \omega_n \) (see [2.3], [2.4]).

**Theorem 3.1.** Assume \(n \geq 3\), then for every \(f \in L^{\frac{2(n-1)}{n-2}}(\partial B_1^n)\),

\[
|Pf|_{L^\frac{2(n-1)}{n-2}(\partial B_1^n)} \geq n^{-\frac{n-2}{2(n-1)}} \omega_n^{-\frac{n-2}{2(n-1)}} |f|_{L^\frac{2(n-1)}{n-2}(\partial B_1^n)}. 
\]

Here \(Pf\) is the harmonic extension of \(f\), \(\omega_n\) is the volume of the unit ball in \(\mathbb{R}^n\). Equality holds if and only if \(f(\xi) = c (1 + \lambda \xi \cdot \zeta)^{-\frac{n-2}{2}}\) for some constant \(c\), \(\zeta \in \partial B_1\) and \(0 \leq \lambda < 1\).
Remark 3.1. Hence 1

\[ f = 1 \]

Denote and hence e

If equality holds, then

Moreover equality holds if and only if

Proof. If u is a harmonic function, then \( \Delta e^u = e^u |\nabla u|^2 \). Hence \( e^n \) is subharmonic and not harmonic except when u is a constant function. It follows from Theorem 3.1 that

\[ \left| e^{\frac{n-2}{n(n-1)} Pf} \right|_{L^{\frac{2n}{n-1}}(B_1)} \leq \left| P \left( e^{\frac{n-2}{n(n-1)} f} \right) \right|_{L^{\frac{2n}{n-1}}(B_1)} \leq n^{-\frac{n-2}{2(n-1)}} \omega_n^{-\frac{n-2}{2(n-1)}} \left| e^{\frac{n-2}{n(n-1)} Pf} \right|_{L^{\frac{2n}{n-1}}(\partial B_1)}. \]

Hence

\[ \left| e^{\frac{n-2}{n(n-1)} Pf} \right|_{L^{\frac{2n}{n-1}}(B_1)} \leq n^{-\frac{n-2}{2(n-1)}} \omega_n \left| e^{\frac{n-2}{n(n-1)} f} \right|_{L^1(\partial B_1)}. \]

If equality holds, then \( e^{\frac{n-2}{n(n-1)} Pf} = P \left( e^{\frac{n-2}{n(n-1)} f} \right) \) and \( e^{\frac{n-2}{n(n-1)} Pf} \) must be a harmonic function, hence Pf is equal to constant and so is f.

Corollary 3.2. Assume \( n \geq 3 \), then for \( \frac{2(n-1)}{n-2} < p < \infty \), \( f \in L^p(\partial B_1^n) \),

\[ \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1)} \leq n^{-\frac{2}{n}} \omega_n^{-\frac{2}{np}} \left| f \right|_{L^p(\partial B_1^n)}. \]

Equality holds if and only if f is constant.

Proof. Denote \( r = \frac{p}{\frac{2(n-1)}{n-2}} > 1 \). If u is a harmonic function on \( B_1 \), then \( |u|^r \) is a subharmonic function and it is not harmonic except when u is a constant function. If \( f \in L^p(\partial B_1) \), then by Theorem 3.1

\[ \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1)} \leq \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1)} \leq n^{-\frac{n-2}{2(n-1)}} \omega_n^{-\frac{n-2}{2(n-1)}} \left| Pf \right|_{L^{\frac{2(n-1)}{n-2}}(\partial B_1^n)} \leq n^{-\frac{n-2}{2(n-1)}} \omega_n^{-\frac{n-2}{2(n-1)}} \left| Pf \right|_{L^{\frac{2(n-1)}{n-2}}(\partial B_1^n)}. \]

Hence

\[ \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1)} \leq n^{-\frac{2}{n}} \omega_n^{-\frac{2}{np}} \left| f \right|_{L^p(\partial B_1^n)}. \]

If equality holds then \( \left| Pf \right|^r = P \left( \left| f \right|^r \right) \). In particular \( \left| Pf \right| \) is a harmonic function and hence Pf is a constant function, so is f.

Remark 3.1. For \( 1 < p < \frac{2(n-1)}{n-2} \), 1 is still a critical point for the functional \( \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1^n)} \), but calculation shows for \( f \) \( x \) = 1 + \( \varepsilon_1 \),

\[ \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1^n)} \leq n^{-\frac{n-2}{n(n-1)}} \left[ 1 + \frac{n-2}{2n(n-1)(n+2)} \left( \frac{2(n-1)}{n-2} - p \right) \varepsilon^2 + O(\varepsilon^4) \right]. \]

Hence 1 is not a local maximizer. It remains an interesting question to calculate

\[ \sup \left\{ \left| Pf \right|_{L^{\frac{np}{n-1}}(B_1^n)} : f \in L^p(\partial B_1^n), \left| f \right|_{L^p(\partial B_1^n)} = 1 \right\} \]
for these $p$’s.

The new approach to Theorem 3.1 needs an interesting Kazdan-Warner type condition. To formulate the condition, we introduce the weighted isoperimetric ratio.

Assume $n \geq 2$, $(M^n, g)$ is a smooth compact Riemannian manifold with boundary $\Sigma = \partial M$. Let $K$ be a positive smooth function on $\Sigma$, then we write the weighted isoperimetric ratio

$$I(M, g, K) = \frac{\mu (M) \frac{1}{n}}{\int_{\Sigma} K dS}.$$

Here $d\mu$ is the measure associated with $g$ and $dS$ is the measure on $\Sigma$. If $n \geq 3$ and $(M^n, g)$ satisfies $\lambda_1 (L_g) > 0$, for $\tilde{g} \in [g]$ with zero scalar curvature, we write $\tilde{g} = u^{-\frac{4}{n-2}} g$, $u|_{\Sigma} = f$, then

$$I(M, \tilde{g}, K) = \frac{\int_{M} (P_L f)^{\frac{2n}{n-2}} d\mu}{\int_{\Sigma} K^{\frac{2n}{n-2}} dS}.$$

The Euler-Lagrange equation of this functional reads as

$$\int_{M} P_L (x, \xi) (P_L f)(x)^{\frac{n+2}{n-2}} d\mu (x) = \text{const} \cdot K (\xi) f (\xi)^{\frac{n}{n-2}}.$$

**Lemma 3.1** (Kazdan-Warner type condition). Assume $n \geq 3$, $(M^n, g)$ is a smooth compact Riemannian manifold with boundary and $\lambda_1 (L_g) > 0$, $K$ and $f$ are positive smooth functions on $\Sigma$ such that

$$\int_{M} P_L (x, \xi) (P_L f)(x)^{\frac{n+2}{n-2}} d\mu (x) = K (\xi) f (\xi)^{\frac{n}{n-2}}.$$

Let $X$ be a conformal vector field on $M$ (note $X$ must be tangent to $\Sigma$), then

$$\int_{\Sigma} X K \cdot f^{\frac{2(n-1)}{n-2}} dS = 0.$$

**Proof.** Denote $u = P_L f$. Let $\phi_t$ be the smooth 1-parameter group generated by $X$, then

$$\left. \frac{d}{dt} \right|_{t=0} I(M, \phi_t^* (u^{-\frac{4}{n-2}} g), K) = 0.$$

On the other hand,

$$\left. \frac{d}{dt} \right|_{t=0} I(M, \phi_t^* (u^{-\frac{4}{n-2}} g), K) = \left. \frac{d}{dt} \right|_{t=0} I(M, u^{-\frac{4}{n-2}} g, K \circ \phi_{-t}) = I(M, u^{-\frac{4}{n-2}} g, K) \int_{\Sigma} X K \cdot f^{\frac{2(n-1)}{n-2}} dS.$$

This implies $\int_{\Sigma} X K \cdot f^{\frac{2(n-1)}{n-2}} dS = 0.$

**Corollary 3.3.** Assume $n \geq 3$, $K$ and $f$ are positive smooth functions on $\partial B_1^n$ such that

$$\int_{\partial B_1} P(x, \xi) (Pf)(x)^{\frac{n+2}{n-2}} d\mu = K (\xi) f (\xi)^{\frac{n}{n-2}},$$

then $\int_{\partial B_1} \langle \nabla K (\xi), \nabla \xi \rangle f (\xi)^{\frac{2(n-1)}{n-2}} dS (\xi) = 0$ for $1 \leq i \leq n$. 

This is because $\nabla \xi_i$ is the restriction to $\partial B_1$ of a conformal vector field on $(B_1, g_{\mathbb{R}^n})$.

We will also need some rearrangement inequality on $\partial B_1$ which was proven in [BT]. We say a function $f$ on $\partial B_1$ is radially symmetric if $f(\xi)$ is a function of $\xi_n$. Let $f$ be a measurable function on $\partial B_1$, then the symmetric rearrangement of $f$ is a radial decreasing function $f^*$ which has the same distribution as $f$. The following rearrangement inequality was proven in [BT] Theorem 2). Namely, if $K$ is a nondecreasing bounded function on $[-1, 1]$, then for all $f, g \in L^1(\partial B_1)$,

$$\int_{\partial B_1 \times \partial B_1} f(\xi) g(\eta) K(\xi \cdot \eta) dS(\xi) dS(\eta) \leq \int_{\partial B_1 \times \partial B_1} f^*(\xi) g^*(\eta) K(\xi \cdot \eta) dS(\xi) dS(\eta).$$

It follows that if $K$ is a bounded nonnegative nondecreasing function on $[-1, 1]$, $f$ is nonnegative function on $\partial B_1$ and

$$(K * f)(\xi) = \int_{\partial B_1} K(\xi \cdot \eta) f(\eta) dS(\eta),$$

then for $1 \leq p < \infty$, $|K * f|_{L^p(\partial B_1)} \leq |K * f^*|_{L^p(\partial B_1)}$.

Recall the Poisson kernel on $(B_1, g_{\mathbb{R}^n})$ is given by

$$P(x, \xi) = \frac{1 - |x|^2}{n\omega_n |x - \xi|^n}.$$

For $0 < r < 1, \xi, \zeta \in \partial B_1$,

$$P(r\zeta, \xi) = \frac{1 - r^2}{n\omega_n (r^2 + 1 - 2r\zeta \cdot \xi)^n} = K_r(\zeta \cdot \xi).$$

Hence for $1 \leq p < \infty$ and $f \geq 0$,

$$|Pf|^p_{L^p(B_1)} = \int_0^1 |K_r * f|^p_{L^p(\partial B_1)} r^{n-1} dr \leq \int_0^1 |K_r * f^*|^p_{L^p(\partial B_1)} r^{n-1} dr = |Pf^*|^p_{L^p(B_1)}.$$

It follows that $|Pf|_{L^p(B_1)} \leq |Pf^*|_{L^p(B_1)}$.

**Proof of Theorem 3.1.** For $p > \frac{2(n-1)}{n-2}$, we consider the variational problem

$$(3.1) \quad \sup \left\{ |Pf|^\frac{p}{n-2} \left|_{\frac{2}{n-2}}(B_1) : f \in L^p(\partial B_1), |f|_{L^p(\partial B_1)} = 1 \right. \right\}. $$

By Corollary 2.1 the operator $P : L^p(\partial B_1) \to L^{\frac{2n}{n-2}}(B_1)$ is compact, hence the supreme is achieved at some $f_p \geq 0$. Replacing $f_p$ by $f_p^*$ we may assume $f_p$ is radial symmetric and decreasing. After scaling $f_p$ satisfies

$$f_p(\xi)^{p-1} = \int_{B_1} P(x, \xi) (Pf_p)(x) \frac{n+2}{n-2} dx.$$

Standard bootstrap using Proposition 2.1 and Proposition 2.2 shows $f_p \in C^\infty(\partial B_1)$ and $f_p > 0$. Rewrite the equation as

$$\int_{B_1} P(x, \xi) (Pf_p)(x) \frac{n+2}{n-2} dx = f_p(\xi)^{\frac{n}{n-2}} f_p(\xi)^{p-\frac{2(n-1)}{n-2}}.$$
It follows from Corollary 3.3 that
\[ \int_{\partial B_1} \left\langle \nabla f_p (\xi)^{p-2(n-1)(n-2) \xi_n} \cdot \nabla \xi_n \right\rangle f_p (\xi)^{2(n-1)} dS (\xi) = 0. \]

We may write \( g_p (r) = f_p (0, \cdots, 0, \sin r, \cos r) \) for \( 0 \leq r \leq \pi \). Then the equality becomes \( \int_0^\pi g_p (r) g_p (r)^{p-1} \sin^{n-1} r dr = 0 \). Since \( g_p' \leq 0 \) and \( g_p > 0 \), we get \( g_p' = 0 \) and hence \( f_p \equiv \text{const.} \) This implies
\[ |Pf|_{L^{\frac{2n}{n-2}} (B_1)} \leq \frac{\omega_n}{(n \omega_n)^{\frac{p}{n}}} |f|_{L^p (\partial B_1)}. \]
Let \( p \rightarrow \frac{2(n-1)}{n-2} \), we get the needed inequality. At last we may apply [HWY, Theorem 1.2] to identify all the functions which achieve the equality. \( \square \)

4. Regularity of solutions to some nonlinear integral equations

Assume \( 1 < p < \infty \). If \( f \in L^p (\Sigma) \) is a maximizer for the variational problem
\[ c_{M, g, p} = \sup \left\{ |Pf|_{L^{\frac{2n}{n-2}} (M)} : f \in L^p (\Sigma), |f|_{L^p (\Sigma)} = 1 \right\}, \]
then we may assume \( f \geq 0 \), moreover after suitable scaling it satisfies the nonlinear integral equation
\[ f (\xi)^{p-1} = \int_M P (x, \xi) (Pf) (x)^{\frac{mp}{n-2}} \mu (x). \]
This section is aiming at proving all these solutions are in fact smooth.

**Proposition 4.1.** Assume \( n \geq 2 \), \((M^n, g)\) is a smooth compact Riemannian manifold with boundary \( \Sigma = \partial M \). If \( 1 < p < \infty \), \( f \in L^p (\Sigma) \) is nonnegative, not identically zero and it satisfies
\[ f (\xi)^{p-1} = \int_M P (x, \xi) (Pf) (x)^{\frac{mp}{n-2}} \mu (x), \]
then \( f \in C^\infty (\Sigma) \).

**Proof.** Let \( p_0 = \frac{1}{n-1}, f_0 (\xi) = f (\xi)^{p-1}, u_0 (x) = (Pf) (x), \) then \( 0 < p_0 < \infty \), \( f_0 \in L^{p_0+1} (\Sigma), u_0 \in L^{\frac{np_0+1}{np_0-n+1}} (M) \) and
\[ u_0 (x) = \int_{\Sigma} P (x, \xi) f_0 (\xi)^{p_0} dS (\xi), \quad f_0 (\xi) = \int_M P (x, \xi) u_0 (x)^{\frac{p_0}{np_0-n+1} \mu (x).} \]
Let \((M, g)\) be the same as in Section 2.1. Given \( \xi_0 \in \Sigma \), by choosing a local coordinate \( \phi : U (\xi_0) \rightarrow \{ x \in \mathbb{R}^n : |x| < 2 \} \) with \( \phi (\xi_0) = 0 \) and \( \phi (U (\xi_0) \cap M) = \{ x \in \mathbb{R}^n : |x| < 2, x_n \geq 0 \} \), we may identify \( U (\xi_0) \) with \( \{ x \in \mathbb{R}^n : |x| < 2 \} \). For \( 0 < R < 1 \), we write
\[ B_R^n = \{ x \in \mathbb{R}^n : |x| < R, x_n > 0 \}, \]
\[ B_R = B_R^{n-1} = \{ \xi \in \mathbb{R}^{n-1} : |\xi| < R \} \]
and
\[ u_R (x) = \int_{\Sigma \setminus B_R} P (x, \xi) f_0 (\xi)^{p_0} dS (\xi), \]
\[ f_R (\xi) = \int_{M \setminus B_R^n} P (x, \xi) u_0 (x)^{\frac{p_0}{np_0-n+1} \mu (x).} \]
Then $u_R \in C^\infty(\{ x \in \mathbb{R}^n : |x| < R, x_n \geq 0 \})$, $f_R \in C^\infty(B_R)$. To prove the regularity of $f$, we discuss two cases.

**Case 4.1.** $0 < p_0 \leq \frac{n}{n - 1}$.

In this case, we have $\frac{p_0 + n}{(n - 1)p_0} > 1$. Fix a number $r$ such that

$$1 \leq r < \frac{p_0 + n}{(n - 1)p_0} \quad \text{and} \quad r > \frac{1}{p_0},$$

then

$$f_0(\xi)^{1/r} \leq \left[ \int_{B^+_R} P(x, \xi) u_0(x) \frac{p_0 + n}{(n - 1)p_0} \, d\mu(x) \right]^{1/r} + f_R(\xi)^{1/r}.$$ 

Hence using Lemma 2.2 we have

$$u_0(x) \leq \int_{B_R} P(x, \xi) f_0(\xi)^{p_0 - r - 1} f_0(\xi)^{1/r} \, dS(\xi) + u_R(x)$$

$$\leq \int_{B_R} P(x, \xi) f_0(\xi)^{p_0 - r - 1} \left[ \int_{B^+_R} P(y, \xi) u_0(y) \frac{p_0 + n}{(n - 1)p_0} - r \, u_0(y) \, d\mu(y) \right]^{1/r} \, dS(\xi) + v_R(x)$$

$$\leq c(M, g, p, r) \int_{B_R} \frac{y_n}{(y' - \xi_x^2 + y_n^2)^{n/2}} f_0(\xi)^{p_0 - r - 1}.$$ 

$$\left[ \int_{B^+_R} \frac{y_n}{(y' - \xi_x^2 + y_n^2)^{n/2}} u_0(y) \frac{p_0 + n}{(n - 1)p_0} - r \, u_0(y) \, dy \right]^{1/r} \, d\xi + v_R(x)$$

Here $dx$ and $d\xi$ means the standard Lebesgue measure and

$$v_R(x) = \int_{B_R} P(x, \xi) f_0(\xi)^{p_0 - r - 1} f_R(\xi)^{1/r} \, dS(\xi) + u_R(x).$$

We have $v_R \in L^{\frac{n(p_0 + 1)}{(n - 1)p_0}}(B^+_R) \cap L^{\frac{n(p_0 + 1)}{(n - 1)(p_0 - r - 1)}_\text{loc}}(B^+_R \cup B^{-1}_R)$. Let

$$a = \frac{n(p_0 + 1)}{p_0 + n - (n - 1)p_0r}, \quad b = \frac{(p_0 + 1)r}{p_0r - 1}.$$ 

Then $\frac{n}{ra} + \frac{n - 1}{b} = \frac{1}{r}$ and

$$\frac{r}{n} + \frac{1}{a} = \frac{p_0 + n}{n(p_0 + 1)} < 1.$$ 

For $\frac{n(p_0 + 1)}{(n - 1)p_0} < q < \frac{n(p_0 + 1)}{(n - 1)(p_0 - r - 1)}$, we have $\frac{r}{q} + \frac{1}{a} > \frac{1}{n}$. It follows from [HWY, Proposition 5.2] that when $R$ is small enough, $u_0|_{B^+_R} \in L^q(B^+_R)$, This implies

$$f_0(\xi) = \int_{B^+_R} P(x, \xi) u_0(x) \frac{p_0 + n}{(n - 1)p_0} \, d\mu(x) + f_{R/4}(\xi)$$

$$\leq c(M, g, q) u_0 \frac{p_0 + n}{L^q(B^+_R)} + f_{R/4}(\xi).$$
when \( q > \frac{n(p_0 + n)}{n - 1} p_0 \). Such a choice of \( q \) is possible since \( \frac{n(p_0 + 1)}{n - 1} p_0 > \frac{n(p_0 + n)}{n - 1} p_0 \). In particular, we see \( f_0 \mid_{B_R / 8} \in L^\infty (B_{R / 8}) \). Since \( \xi_0 \) is arbitrary, we see \( f_0 \in L^\infty (\Sigma) \) and hence \( u_0 \in L^\infty (M) \). Observing that \( f_0 = T (u_0) \), here \( T \) is defined in Section 2.1, it follows from \( L^q \) theory ([GT Chapter 9]) and the Sobolev embedding theorem that \( f_0 \in C^\alpha (\Sigma) \) for \( 0 < \alpha < 1 \). In particular, \( f_0 (\xi) > 0 \) for any \( \xi \in \Sigma \). This implies \( u_0 \in C^\beta (M) \) for some \( 0 < \beta < 1 \) ([GT Chapter 8]). It follows from Schauder theory ([GT Chapter 6]) that \( f_0 \in C^{1, \beta} (\Sigma) \). Iterating this procedure we see \( f_0 \in C^\infty (\Sigma) \) and so is \( f \).

**Case 4.2.** \( \frac{n}{n - 1} \leq p_0 < \infty \).

In this case, we fix a number \( r \) such that

\[
1 \leq r \leq p_0 \text{ and } r \geq \frac{(n - 1) p_0}{p_0 + n},
\]

then

\[
u_0 (x)^{1/r} \leq \left[ \int_{B_R} P (x, \xi) f_0 (\xi)^{p_0} dS (\xi) \right]^{1/r} + u_R (x)^{1/r}.
\]

Hence

\[
f_0 (\xi) = \int_{B_R} P (x, \xi) u_0 (x) \frac{p_0 + n}{(n - 1) p_0 - r - 1} \left[ \int_{B_{R/2}} P (x, \zeta) f_0 (\zeta)^{p_0 - r} f_0 (\zeta)^r dS (\zeta) \right]^{1/r} d\mu (x) + g_R (\xi)
\]

\[
\leq c (M, g, p, r) \int_{B_R} \frac{x_n}{(r - \xi^2 + x_n^2)^{n/2}} u_0 (x) \frac{p_0 + n}{(n - 1) p_0 - r - 1}.
\]

\[
\left[ \int_{B_R} \frac{x_n}{(r - \zeta^2 + x_n^2)^{n/2}} f_0 (\zeta)^{p_0 - r} f_0 (\zeta)^r d\zeta \right]^{1/r} dx + g_R (\xi),
\]

here

\[
g_R (\xi) = \int_{B_R} P (x, \xi) u_0 (x) \frac{p_0 + n}{(n - 1) p_0 - r - 1} u_R (x)^{1/r} d\mu (x) + f_R (\xi).
\]

We have \( g_R \in L^{p_0 + 1} (B_R) \cap L^q_{loc} (B_R) \) for any \( q < \infty \). Let

\[
a = \frac{p_0 + 1}{p_0 - r}, \quad b = \frac{n (p_0 + 1) r}{(p_0 + n) r - (n - 1) p_0},
\]

then \( \frac{a}{p_0} + \frac{n}{a} = 1 \). For any \( p_0 + 1 < q < \infty \), it follows from [HWY Proposition 5.3] that when \( R \) is small enough, we have \( f_0 \in L^q (B_{R / 4}) \). Since \( \xi_0 \) is arbitrary, we see \( f_0 \in L^q (\Sigma) \) and hence \( u_0 \in L^{\frac{n}{n - 1} p_0} (M) \). Using the equations of \( f_0 \) and \( u_0 \), we see \( f_0 \in L^\infty (\Sigma) \) and \( u_0 \in L^\infty (M) \). The arguments in Case 4.1 tell us \( f \in C^\infty (\Sigma) \). \( \square \)
5. An asymptotic expansion formula of the Poisson kernel

Later on we will need more accurate information about the Poisson kernel than Lemma 2.2. For that purpose we need an asymptotic expansion formula for this kernel.

Assume \( n \geq 2, (M^n, g) \) is a smooth compact Riemannian manifold with boundary \( \Sigma = \partial M, \delta > 0 \) is a small number such that \( M_\delta = \{ x \in M : d(x, \Sigma) \leq \delta \} \) is a tubular neighborhood of \( \Sigma \) and \( \pi : M_\delta \to \Sigma \) denotes the nearest point projection. For \( \xi \in \Sigma \), choose a normal coordinate for \( \Sigma \) at \( \xi \), namely \( \tau_1, \ldots, \tau_{n-1} \). Let \( C_\delta = \{ x \in M_\delta : d_\Sigma (\pi(x), \xi) \leq \delta \} \). For \( \delta \) small, we have a coordinate near \( \xi \) for \( M \) as

\[
\phi : C_\delta \to \mathbb{B}_\delta^{n-1} \times [0, \delta] : x \mapsto (\pi(x), t(x)).
\]

It is usually called the Fermi coordinate at \( \xi \). We will identify \( C_\delta \) with \( \mathbb{B}_\delta^{n-1} \times [0, \delta] \) through \( \phi \). Denote \( r = |x| \) and \( \theta = \frac{x}{|x|} \).

**Theorem 5.1.** Under the above set up, we may find \( a_i \in C^\infty (S^{n-1}_+ \) with \( a_i|_{\partial S^{n-1}_+} = 0 \) for \( 0 \leq i \leq n-1 \) and a \( \psi \in C^{1, 1-\varepsilon} (M) \) (for all \( \varepsilon > 0 \)) such that

\[
P(x, 0) = \frac{2}{n \omega_n} r^{1-n} \sum_{i=0}^{n-1} r^i a_i (\theta) + \psi(x) \quad \text{for } x \text{ near } 0.
\]

Here \( \omega_n \) is the volume of the unit ball in \( \mathbb{R}^n \). Moreover \( a_0 (\theta) = \theta_n = \frac{\theta}{|\theta|} \) and \( a_1 \) is determined by

\[
\begin{cases}
-\Delta_{S^{n-1}} a_1 = -H(0) - nh(0) \theta_n^2 + 2n(n+2) h_{ij}(0) \theta_i \theta_j \theta_n^2 & \text{on } S^{n-1}_+ \\
 a_1|_{\partial S^{n-1}_+} = 0
\end{cases}
\]

Here \( i, j \) runs from 1 to \( n-1 \), \( h_{ij} \) is the second fundamental form with respect to inner normal direction and \( H \) is the mean curvature.

To derive the asymptotic formula, we note that \( g = g_{ij} dx_i \otimes dx_j + dx_n \otimes dx_n \). We will use \( i, j, k, l \) etc to denote indices running from 1 to \( n-1 \). Calculation shows

\[
\begin{align*}
(g^{ij}) &= \delta_{ij} - 2 h_{ij}(0) x_n + \frac{1}{3} (R_{ijkl}(0) x_k x_l - 2 h_{ij,k}(0) x_k x_n) \\
&\quad + (-R_{ijn} (0) + h_{ik}(0) h_{jk}(0)) x_n^2 + O(r^3);
\end{align*}
\]

\[
\begin{align*}
(g^{ij}) &= \delta_{ij} + 2 h_{ij}(0) x_n + \frac{1}{3} (R_{ijkl}(0) x_k x_l + 2 h_{ij,k}(0) x_k x_n) \\
&\quad + (R_{ijn} (0) + 3 h_{ik}(0) h_{jk}(0)) x_n^2 + O(r^3);
\end{align*}
\]

and

\[
\begin{align*}
\sqrt{G} &= 1 - H(0) x_n - \frac{1}{6} (R_{ij}(0)) x_i x_j - H_i(0) x_i x_n \\
&\quad + \frac{1}{2} \left( H(0)^2 - |h(0)|^2 - R_{nn}(0) \right) x_n^2 + O(r^3).
\end{align*}
\]

Note that

\[
\Delta_g u = \frac{1}{\sqrt{G}} \partial_i \left( g^{ij} \sqrt{G} \partial_j u \right) + \frac{1}{\sqrt{G}} \partial_n \left( \sqrt{G} \partial_n u \right)
\]

\[
= g^{ij} \partial_i u + \partial_n u + \frac{1}{\sqrt{G}} \partial_i \left( g^{ij} \sqrt{G} \right) \partial_j u + \frac{1}{\sqrt{G}} \partial_n \left( \sqrt{G} \right) \partial_n u.
\]
This and (5.2), (5.3) imply that for $\alpha \in \mathbb{R}$ and $b \in C^{\infty} (S^{n-1}_+)$,
\[
\Delta_g (r^n b (\theta)) = r^{n-2} [\Delta_{S^{n-1}} b (\theta) + \alpha (\alpha + n - 2) b (\theta)] + O \left ( r^{n-1} \right ).
\]
Let $a_0 (\theta) = \theta_n$, then using (5.2), (5.3) we get
\[
\Delta_g (r^{1-n} a_0 (\theta)) = r^{-n} \left [ -H (0) - nH (0) \theta^2_n + 2n (n + 2) h_{ij} (0) \theta_i \theta_j \theta^2_n \right ] + O \left ( r^{-n+1} \right ) .
\]
Assume for $1 \leq k \leq n-1$, we have found $a_i \in C^{\infty} (S^{n-1}_+)$, vanishing on $\partial S^{n-1}_+$ for $0 \leq i \leq k-1$ with
\[
\Delta_g \left ( r^{1-n} \sum_{i=0}^{k-1} a_i (\theta) r^i \right ) = r^{k-1-n} b_{k-1} (\theta) + O \left ( r^{k-n} \right ) ,
\]
then may solve the Dirichlet problem
\[
\begin{cases}
-\Delta_g a_k + (k-1) (n-k-1) a_k (\theta) = b_{k-1} (\theta) & \text{on } S^{n-1}_+ \\
a_k |_{\partial S^{n-1}_+} = 0
\end{cases}
\]
This is possible because $(k-1) (n-k-1) \geq 0$. Then
\[
\Delta_g \left ( r^{1-n} \sum_{i=0}^{k} a_i (\theta) r^i \right ) = O \left ( r^{k-n} \right ) = r^{k-n} b_k (\theta) + O \left ( r^{k+1-n} \right ) .
\]
Hence by induction we may find $a_i$ for $0 \leq i \leq n-1$ such that
\[
\Delta_g \left ( r^{1-n} \sum_{i=0}^{n-1} a_i (\theta) r^i \right ) = O \left ( r^{-1} \right ) .
\]
Fix a $\eta \in C^{\infty} (\mathbb{R}^n)$ such that $\eta (x) = 1$ for $|x| \leq \frac{\delta}{4}$ and $\eta (x) = 0$ for $|x| \geq \frac{\delta}{2}$. Let $u = \frac{2}{n \omega_n} \eta \cdot r^{1-n} \sum_{i=0}^{n-1} a_i (\theta) r^i$, then $\Delta_g u = O \left ( r^{-1} \right )$. We solve
\[
\begin{cases}
-\Delta_g \psi = \Delta_g u & \text{on } M \\
\psi |_{\partial M} = 0
\end{cases}
\]
to find $\psi \in W^{2,n-\varepsilon} (M)$ for all $\varepsilon > 0$. In particular, $\psi \in C^{1,1-\varepsilon} (M)$ for all $\varepsilon > 0$ and the Poisson kernel $P (x, 0) = \frac{2}{n \omega_n} \eta \cdot r^{1-n} \sum_{i=0}^{n-1} a_i (\theta) r^i + \psi (x)$. An almost identical argument gives us similar results for the Poisson kernel of the conformal Laplacian operator.

**Proposition 5.1.** Under the same set up as in Theorem 5.1. If $n \geq 3$ and $\lambda_1 (L_g) > 0$, we may find $a_i \in C^{\infty} (S^{n-1}_+)$ with $a_i |_{\partial S^{n-1}_+} = 0$ for $0 \leq i \leq n-1$ and a $\psi \in C^{1,1-\varepsilon} (M)$ (for all $\varepsilon > 0$) such that
\[
P_k (x, 0) = \frac{2}{n \omega_n} r^{1-n} \sum_{i=0}^{n-1} r^i a_i (\theta) + \psi (x) \text{ for } x \text{ near } 0.
\]
Moreover $a_0 (\theta) = \theta_n$ and $a_1$ is determined by
\[
\begin{cases}
-\Delta_{S^{n-1}} a_1 = -H (0) - nH (0) \theta^2_n + 2n (n + 2) h_{ij} (0) \theta_i \theta_j \theta^2_n & \text{on } S^{n-1}_+ \\
a_1 |_{\partial S^{n-1}_+} = 0
\end{cases}
\]
6. A criterion for the existence of maximizers

We first recall some notations from [H-W-Y]. For \( x \in \mathbb{R}^n_+ \), \( \xi \in \mathbb{R}^{n-1} \), the Poisson kernel of the upper half space is

\[
P(x, \xi) = \frac{2}{n \omega_n} \frac{x_n}{(|x' - \xi|^2 + x_n^2)^{n/2}}.
\]

Here \( x = (x', x_n) \). For a function \( f \) defined on \( \mathbb{R}^{n-1} \), \( (Pf)(x) = \int_{\mathbb{R}^{n-1}} P(x, \xi) f(\xi) \, d\xi \). For \( 1 < p < \infty \), \( |Pf|_{L^{n/p}(\mathbb{R}^n_+)} \leq c_{n,p} |f|_{L^p(\mathbb{R}^{n-1})} \), here

\[
c_{n,p} = \sup \left\{ |Pf|_{L^{n/p}(\mathbb{R}^n_+)} : f \in L^p(\mathbb{R}^{n-1}), |f|_{L^p(\mathbb{R}^{n-1})} = 1 \right\}.
\]

**Theorem 6.1.** Assume \( n \geq 2 \), \( (M^n, g) \) is a smooth compact Riemannian manifold with boundary \( \Sigma = \partial M \), \( 1 < p < \infty \). Denote

\[
c_{M,g,p} = \sup \left\{ |Pf|_{L^{n/p}(M)} : f \in L^p(\Sigma), |f|_{L^p(\Sigma)} = 1 \right\}.
\]

Then \( c_{M,g,p} \geq c_{n,p} \). Any maximizer of the problem must be smooth and either strictly positive or strictly negative. Strictly positive maximizers satisfy the equation

\[
\int_M P(x, \xi) (Pf)(x) \frac{n}{np - 1} \, d\mu(x) = c_{M,g,p} f(\xi)^{p-1}.
\]

Moreover if \( c_{M,g,p} > c_{n,p} \), then \( c_{M,g,p} \) is achieved. Indeed any maximizing sequence has a convergent subsequence in \( L^p(\Sigma) \).

We use the same notations as in Section 2.1. An ingredient in proving Theorem 6.1 is the following \( \varepsilon \)-version inequality.

**Lemma 6.1.** Assume \( n \geq 2 \), \( (M^n, g) \) is a smooth compact Riemannian manifold with boundary \( \Sigma = \partial M \), \( 1 < p < \infty \). Then for any \( \varepsilon > 0 \) small, there exists a \( \delta = \delta(M,g,p,\varepsilon) > 0 \) such that for every \( f \in L^p(\Sigma) \),

\[
|Pf|_{L^{n/p}(M)} \leq (c_{n,p} + \varepsilon) |f|_{L^p(\Sigma)}.
\]

To prove the lemma, we will need the following estimates.

**Lemma 6.2.** Assume \( 0 \leq \alpha < n - 1 \), \( 1 < p < \infty \), then

\[
\left| \int_{\Sigma} \frac{f(\xi)}{d(x, \xi)\alpha} \, dS(\xi) \right|_{L^{n/p}(M)} \leq c(M, g, \alpha, p) |f|_{L^p(\Sigma)}.
\]

**Proof.** We may assume \( \alpha > 0 \). For \( \varepsilon > 0 \) small enough, we let \( q_0 = \frac{n}{\alpha} (1 - \varepsilon) \), \( q_1 = 1 + \frac{\varepsilon}{p-1} \), then \( \frac{1}{p} + \frac{1}{q_1} = \frac{q_0}{q_1} + \frac{\varepsilon}{p-1} + 1 \). The needed inequality follows from Lemma 2.3. \( \square \)

**Corollary 6.1.** Assume \( \eta \in \text{Lip}(\Sigma) \), \( 1 < p < \infty \), then

\[
|\eta \circ \pi \cdot Pf - P(\eta f)|_{L^{n/p}(M_{\eta})} \leq c(M, g, p) |\nabla_{\Sigma} \eta|_{L^\infty(\Sigma)} |f|_{L^p(\Sigma)}.
\]
Corollary 6.2. Let \( K(x, \xi) = \frac{2}{\rho + \mu} t(x) \frac{t(x)}{[(t(x))^2 + d_S(\pi(x), \xi)]^2} \) for \( x \in M_{\delta_0} \) and \( \xi \in \Sigma \), \((Kf)(x) = \int_{\Sigma} K(x, \xi) f(\xi) \, dS(\xi), \) \( 1 < p < \infty \), then
\[
|f|_{L^p(M_{\delta_0})} \leq C \frac{|g|_{L^p(M_{\delta_0})}}{L^p_{\pi_{\delta}}(C_{i, \delta})}
\]
This follows from Theorem 6.1 and Lemma 6.2.

Proof of Lemma 6.1 Without losing of generality we may assume \( f \geq 0 \). For \( \delta_1 > 0 \) small, we may find \( \eta_i \in C^\infty(\Sigma, \mathbb{R}) \) for \( 1 \leq i \leq m \) such that \( 0 \leq \eta_i \leq 1 \), \( \sum_{i=1}^{m} \eta_i = 1 \), \( \eta_i \in C^\infty(\Sigma, \mathbb{R}) \) and for each \( i \), there exists a point \( \xi_i \in \Sigma \) such that \( \eta_i(\xi) = 0 \) for \( \xi \in \Sigma \) with \( d_S(\xi, \xi_i) \geq \delta_1 \). For \( 0 < \delta < \delta_1 \), we denote
\[
C_{i, \delta} = \{ x \in M_{\delta} : d_S(\pi(x), \xi_i) \leq \delta \}
\]
Then
\[
|Pf|_{L^p(M_{\delta_0})} \leq \sum_{i=1}^{m} \eta_i \circ \pi \cdot Pf \bigg|_{L^\infty(C_{i, \delta})}
\]
On the other hand, using Corollary 6.1 we see
\[
|\eta_i^{1/p} \circ \pi \cdot Pf|_{L^\infty(C_{i, \delta})} \leq \left| P\left(\eta_i^{1/p}f\right)\right|_{L^\infty(C_{i, \delta})} + \left| \eta_i^{1/p} \circ \pi \cdot Pf - P\left(\eta_i^{1/p}f\right)\right|_{L^\infty(C_{i, \delta})} \leq c(M, g, p, \delta_1) \delta^{\frac{1}{mp}} |f|_{L^p(\Sigma)}
\]
Similarly, by Corollary 6.2 we have
\[
|P\left(\eta_i^{1/p}f\right)|_{L^\infty(C_{i, \delta})} \leq |K\left(\eta_i^{1/p}f\right)|_{L^\infty(C_{i, \delta})} + c(M, g, p, \delta_1) \delta^{\frac{1}{mp}} |f|_{L^p(\Sigma)} \leq c_n, p (1 + \varepsilon_1) |\eta_i^{1/p}f|_{L^p(\Sigma)} + c(M, g, p, \delta_1) \delta^{\frac{1}{mp}} |f|_{L^p(\Sigma)}
\]
Hence we may assume that the sequence $(\epsilon_n)_{n \geq 1}$ is a smooth compact Riemannian manifold with boundary $\Sigma = \partial M$. If we first fix $\delta > 0$ small enough, we see that there exists a countable set of points $\zeta_j \in \Sigma$ such that

\[
\nu_j \delta \zeta_j, \quad \sigma \geq |f|^p dS + \sum_j \sigma_j \delta \zeta_j, \quad \text{where } \sigma_j = \sigma(\{\zeta_j\}) \text{ and } \nu_j \frac{\delta}{\sigma_j} \leq c_{n,p} \frac{1}{\sigma_j}.\]

Proof. Without losing of generality we may assume $|f|_{L^p(\Sigma)} \leq 1$. Since $|(P f_i)|_{L^p(\Sigma)} \leq c(M, g, p) t(x)^{-\frac{n-1}{p}}$ for $x \in M \setminus \Sigma$, it follows from the elliptic estimates of harmonic functions that $P f_i \to P f$ in $C^0_{\text{loc}}(M \setminus \Sigma)$. In particular, $\nu|_{M \setminus \Sigma} = | Pf |^{\frac{n}{n-1}} d\mu$. For $\varepsilon > 0$, small, it follows from Lemma 6.1 and Corollary 6.1 that for $\varphi \in C^\infty(\Sigma)$ and $\delta > 0$ small enough,

\[
|\varphi \circ \pi \cdot Pf_i|_{L^\frac{n}{n-1}(M)} \leq |P (\varphi f_i)|_{L^\frac{n}{n-1}(M)} + |\varphi \circ \pi \cdot Pf_i - P (\varphi f_i)|_{L^\frac{n}{n-1}(M)} \leq (c_{n,p} + \varepsilon) |\varphi f_i|_{L^p(\Sigma)} + c(M, g, p) \delta \frac{1}{\sigma} |\nabla \varphi|_{L^\infty(\Sigma)}.\]

Let $i \to \infty$ we see

\[
\left( \int_\Sigma |\varphi|^{\frac{n}{n-1}} d\nu \right)^{\frac{n-1}{n}} \leq (c_{n,p} + \varepsilon) \left( \int_\Sigma |\varphi|^p d\sigma \right)^{\frac{1}{p}} + c(M, g, p) \delta \frac{1}{\sigma} |\nabla \varphi|_{L^\infty(\Sigma)}.\]

Let $\delta \to 0^+$ and then $\varepsilon \to 0^+$, we get

\[
\left( \int_\Sigma |\varphi|^{\frac{n}{n-1}} d\nu \right)^{\frac{n-1}{n}} \leq c_{n,p} \left( \int_\Sigma |\varphi|^p d\sigma \right)^{\frac{1}{p}}.\]
A limit process shows for every nonnegative Borel function \( h \) on \( \Sigma \),
\[
\left( \int_{\Sigma} h^{\frac{np}{n+p}} \, d\nu \right)^{\frac{n+p}{np}} \leq c_{n,p} \left( \int_{\Sigma} h^{p} \, d\sigma \right)^{\frac{1}{p}}.
\]
In particular, for every Borel set \( E \subset \Sigma \), \( \nu(E)^{\frac{n+p}{np}} \leq c_{n,p} \sigma(E)^{\frac{1}{p}} \). Based on this inequality we may proceed as in the proof of [HWY, proposition 3.1] to get the second conclusion. \( \square \)

Now we are ready to derive Theorem 6.1

**Proof of Theorem 6.1.** First we want to show \( c_{M,g,p} \geq c_{n,p} \) is always true. To see this we may fix a point \( \xi_0 \in \Sigma \), choose a normal coordinate for \( \Sigma \) at \( \xi_0 \), namely \( \tau_1, \cdots, \tau_{n-1} \). For \( \delta > 0 \) small, we denote \( C_\delta = \{ x \in M_\delta : d_\Sigma (\pi (x), \xi_0) \leq \delta \} \), then we have a natural coordinate near \( \xi_0 \) for \( M \) as
\[
\phi : C_\delta \rightarrow B_\delta^{-1} \times [0, \delta] : x \mapsto (\tau (\pi (x)), t (x)).
\]
We will identify \( C_\delta \) with \( B_\delta^{-1} \times [0, \delta] \) through \( \phi \). On \( C_\delta \) we have the Euclidean metric \( g_0 = \sum_{i=1}^{n} dx_i \otimes dx_i \). If \( f \in L^p (\Sigma) \setminus \{ 0 \} \) and \( f \) vanishes outside \( B_\delta^{-1} \), then it follows from Corollary 6.2 that
\[
|K|_{L^\frac{np}{n+p}(C_\delta, g)} \leq |Pf|_{L^\frac{np}{n+p}(C_\delta, g)} + c (M, g, p) \delta^\frac{1}{p} |f|_{L^p(\Sigma)}.
\]
Let \( f (\xi) = \overline{f} (\xi) \) for \( |\xi| \leq \delta \) and \( f (\xi) = 0 \) for \( |\xi| > \delta, \xi \in \mathbb{R}^{n-1} \), and \( u \) be the harmonic extension of \( f \) to \( \mathbb{R}^n_+ \), then
\[
|u|_{L^\frac{np}{n+p}(C_\delta, g_0)} \leq \frac{1 + \varepsilon_1}{1 + \varepsilon_1 + \delta^\frac{1}{p}}. \leq \frac{1 + \varepsilon_1}{1 + \varepsilon_1} \left| Pf \right|_{L^\frac{np}{n+p}(C_\delta, g)} + c (M, g, p) \delta^\frac{1}{p} |f|_{L^p(\Sigma)}.
\]
Here \( \varepsilon_1 = \varepsilon_1 (M, g, p, \delta) \) and \( \varepsilon_1 \rightarrow 0^+ \) as \( \delta \rightarrow 0^+ \). Hence
\[
c_{M,g,p} \geq \frac{|Pf|_{L^\frac{np}{n+p}(M)}}{|f|_{L^p(\Sigma)}} \geq \frac{|Pf|_{L^\frac{np}{n+p}(C_\delta, g) \setminus \{ 0 \}}}{|f|_{L^p(B_\delta^{-1}, g)}} \geq \frac{1}{(1 + \varepsilon_1)^2} \left| Pf \right|_{L^\frac{np}{n+p}(B_\delta^{-1}, g)} - c (M, g, p) \delta^\frac{1}{p}.
\]
Assume \( f \in L^p (\mathbb{R}^{n-1}) \setminus \{ 0 \} \) and \( f = 0 \) outside a ball, \( u \) is the harmonic extension of \( f \) to \( \mathbb{R}^n_+ \), then for \( \varepsilon > 0 \) small enough, we write \( f_\varepsilon (\xi) = \varepsilon^{-\frac{n-1}{p}} f \left( \frac{\xi}{\varepsilon} \right) \) and \( u_\varepsilon (x) = \varepsilon^{-\frac{n-1}{p}} u \left( \frac{x}{\varepsilon} \right) \). Let \( \overline{f} = f_\varepsilon \) on \( B_\delta^{-1} \) and 0 on \( \Sigma \setminus B_\delta^{-1} \), then we get
\[
c_{M,g,p} \geq \frac{1}{(1 + \varepsilon_1)^2} \left| Pf_\varepsilon \right|_{L^p(B_\delta^{-1}, g)} - c (M, g, p) \delta^\frac{1}{p}.
\]
Let \( \varepsilon \rightarrow 0^+ \) then \( \delta \rightarrow 0^+ \), we see
\[
c_{M,g,p} \geq \frac{|u|_{L^\frac{np}{n+p}(\mathbb{R}^n_+ \setminus \{ 0 \})}}{|f|_{L^p(\mathbb{R}^{n-1})}}.
\]
By approximation we know the inequality remains true for all \( f \in L^p (\mathbb{R}^{n-1}) \setminus \{ 0 \} \) and this implies \( c_{M,g,p} \geq c_{n,p} \).
If $f$ is a maximizer, then it is clear that $f$ will be either nonnegative or nonpositive. Assume $f \geq 0$, then it satisfies the Euler-Lagrange equation
\[ \int_M P(x, \xi) (Pf)(x) \frac{n_p}{n} \, d\mu(x) = c_{M, g, p}^{n_p} f(\xi)^{p-1}. \]
It follows from Proposition 4.1 that $f$ must be smooth and hence it is strictly positive.

Assume $c_{M, g, p} > c_{n, p}$. Let $f_i \in L^p(\Sigma)$ be a sequence of functions with $|f_i|_{L^p(\Sigma)} = 1$ and $| Pf_i |_{L^{\frac{n_p}{n}}(M)} \to c_{M, g, p}$. After passing to a subsequence we may assume $f_i \to f$ in $L^p(\Sigma)$, $|f_i|^p \, dS \to \sigma$ in $M(\Sigma)$ and $| Pf_i |_{L^{\frac{n_p}{n}}(M)} \to \nu$ in $M(M)$. It follows from Proposition 6.1 that we may find a countable set of points $\zeta_j \in \Sigma$ such that $\nu = | Pf |_{L^{\frac{n_p}{n}}(M)} \, d\mu + \sum_j \nu_j \delta_{\zeta_j}$ and $\sigma \geq | f |^p \, dS + \sum_j \sigma_j \delta_{\zeta_j}$. Here $\sigma_j = \sigma(\{\zeta_j\})$ and $\nu_j \leq c_{n, p}^p \sigma_j$. In particular $1 = \sigma(\Sigma) \geq | f |^p_{L^p(\Sigma)} + \sum_j \sigma_j$. We claim $\nu_j = 0$ for all $j$. If this is not the case, then
\[ c_{M, g, p} \leq c_{n, p}^p | f |^p_{L^p(\Sigma)} + \sum_j \nu_j \leq c_{M, g, p} | f |^p_{L^p(\Sigma)} + \sum_j \sigma_j. \]
This implies $1 < | f |^p_{L^p(\Sigma)} + \sum_j \sigma_j$, a contradiction. Since $\nu_j = 0$ for all $j$, we see $| Pf |_{L^{\frac{n_p}{n}}(M)} = c_{M, g, p}$. Hence $| f |_{L^p(\Sigma)} \geq 1$. This implies $f_i \to f$ in $L^p(\Sigma)$. That is every maximizing sequence has a convergent subsequence in $L^p(\Sigma)$ and $c_{M, g, p}$ is achieved.

7. Proof of the Theorem 1.1

In this section we finish the proof of Theorem 1.1. Without losing of generality we may assume $R = 0$. It follows from Theorem 3.1, Theorem 6.1 and [HWY] thm1.1 that
\[ \Theta_{M, g} = c_{M, g, \frac{2(n-1)}{n}} \omega_n^{2(n-1)} \geq c_{n, \frac{2(n-1)}{n}} \omega_n^{2(n-1)} = n^{-\frac{2(n-1)}{n-2}} \omega_n^{2(n-1)} = \Theta_{B_1, g_{\mathbb{R}^n}}. \]
On the other hand, if $\Theta_{M, g} > \Theta_{B_1, g_{\mathbb{R}^n}}$, then $c_{M, g, \frac{2(n-1)}{n-2}} > c_{n, \frac{2(n-1)}{n-2}}$. It follows from Theorem 6.1 that we may find a $f \in C^\infty(\Sigma)$ with $f > 0$ such that $| Pf |_{L^{\frac{2(n-1)}{n-2}}(\Sigma)} = 1$ and $c_{M, g, \frac{2(n-1)}{n-2}} = | Pf |_{L^{\frac{2(n-1)}{n-2}}(M)}$. Let $\tilde{g} = (Pf)^{\frac{1}{n-1}} g$, then clearly $\tilde{R} = 0$ and $I(M, \tilde{g}) = \Theta_{M, g}$.

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