ISOcore: Measuring the Uniformity of Vector Space Utilization

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Abstract

The recent success of distributed word representations has led to an increased interest in analyzing the properties of their spatial distribution. Current metrics suggest that contextualized word embedding models do not uniformly utilize all dimensions when embedding tokens in vector space. Here we argue that existing metrics are fragile and tend to obfuscate the true spatial distribution of point clouds. To ameliorate this issue, we propose IsoScore: a novel metric which quantifies the degree to which a point cloud uniformly utilizes the ambient vector space. We demonstrate that IsoScore has several desirable properties such as mean invariance and direct correspondence to the number of dimensions used—properties that existing scores do not possess. Furthermore, IsoScore is conceptually intuitive and computationally efficient, making it well suited for analyzing the distribution of point clouds in arbitrary vector spaces, not necessarily limited to those of word embeddings alone. Additionally, we use IsoScore to demonstrate that a number of recent conclusions in the NLP literature that have been derived using brittle metrics of spatial distribution, such as average cosine similarity, may be incomplete or altogether inaccurate.

1 Introduction & Background

The first step in many natural language processing pipelines embeds words into a vector space. Recent studies have analyzed the spatial distribution of the point cloud outputs of word embedding models (Coenen et al., 2019a; Hewitt & Manning, 2019; Zhou et al., 2019; Hasan & Curry, 2017; Liang et al., 2021). The literature overwhelmingly agrees that point clouds induced by contextualized embedding models do not uniformly utilize all dimensions of the vector space that they occupy (Ethayarajh, 2019; Mickus et al., 2019; Cai et al., 2021; Coenen et al., 2019b; Gao et al., 2019). Further, many experiments suggest that such embeddings might occupy a “narrow cone” in vector space (Ethayarajh, 2019; Cai et al., 2021; Zhou et al., 2019; Gao et al., 2019; Gong et al., 2018). Figure 1 illustrates a two-dimensional disk that uniformly utilizes the x and y axes in two-dimensional space, but does not uniformly utilize all dimensions when embedded into three dimensions.

Figure 1: From left to right, a line, disk, and ball embedded in 3D space.
A distribution is isotropic when variance is uniformly distributed across all dimensions. Some authors have proposed that isotropy correlates with improved performance of embedding models (Zhou et al., 2019; Hasan & Curry, 2017; Gong et al., 2018; Zhou et al., 2021). Therefore, characterizing the distributional properties of such spaces provides promising further research and applications.

We show that current methods of measuring isotropy do not truly measure the extent to which points uniformly utilize the ambient vector space. The most commonly used metrics for measuring spatial distribution in embedding spaces include average cosine similarity, the partition score, variance explained, and intrinsic dimensionality estimation. We review these existing scores in Subsection 2.2. We will argue in Section 6 that all of the aforementioned metrics have fundamental shortcomings that render them inadequate measures of spatial distribution and may even lead to erroneous analytical conclusions.

To overcome these limitations, we introduce IsoScore: a novel metric for measuring the extent to which the variance of a point cloud is uniformly distributed across all dimensions in vector space. In contrast to previous attempts of measuring isotropy, IsoScore is the first score that incorporates the mathematical definition of isotropy into its formulation. As a result, IsoScore has the following desirable properties that surpass the capabilities of existing metrics: (i) It is a global measure of how uniformly distributed points are in vector space that is invariant to changes in the distribution mean and scalar changes in covariance; (ii) It is rotation invariant; (iii) It increases linearly as more dimensions are utilized; and (iv) It is not skewed by highly isotropic subspaces within the data. Finally, IsoScore reflects the distribution of the principal components of data in the following sense: an IsoScore near 1.0 implies that the principal components are uniformly distributed across all dimensions of space, while an IsoScore near 0.0 implies that the first principal component accounts for nearly all variance in the data.

This paper makes the following novel contributions.

1. We propose essential conditions for a robust metric of spatial distribution and we build a testing suite to empirically verify if a given metric meets these conditions.
2. We highlight fundamental shortcomings in state-of-the-art metrics for quantifying the spatial distribution of point clouds.
3. We present IsoScore, the first rigorously derived metric of spatial distribution in terms of isotropy.
4. We compare IsoScore to existing metrics for spatial distribution on a range of tests and demonstrate that IsoScore has desirable properties that none of the other scores possess.
5. We share an efficient Python implementation of IsoScore with the community.

The remainder of this paper is structured as follows: Section 2 reviews previous work analyzing the spatial distribution of point cloud data and presents ways in which these methods have been used to quantify the geometry of contextualized word embedding spaces. Section 3 formally defines isotropy and describes the existing baseline metrics in detail. The formal definition of IsoScore is presented in Section 4 and an intuitive view on its mechanism is offered in Section 5. In Section 6 we report empirical results from experiments on real data and provide a thorough discussion of the results. Finally, Section 7 concludes with an outlook on future directions of work.

2 RELATED WORK

2.1 WORD EMBEDDINGS

In recent years, there has been an increased interest in analyzing the spatial organization of word embedding spaces (Mickus et al., 2019; Ethayarajh, 2019; Coenen et al., 2019b; Cai et al., 2021; Mu et al., 2017; Liang et al., 2021). Several studies have concluded that contextualized embeddings form highly anisotropic, narrow cones in such spaces (Ethayarajh, 2019; Cai et al., 2021; Gao et al., 2019; Gong et al., 2018). The most prevalent tools used to quantify the geometry of word embedding models are based on average random cosine similarity. Ethayarajh (2019) notes that in some cases, contextualized embedding models have an average random cosine similarity between points.
that approaches 1.0, meaning all points are oriented in the same direction in space irrespective of their syntactic or semantic function. Furthermore, Cai et al. (2021) calculate the inter-type average cosine similarity and intra-type cosine similarity for some of the most common contextualized embedding models in the literature. The former metric examines the average cosine similarity per type, while the latter considers the average random cosine similarity of the entire embedding space. In Section 6 we demonstrate that average cosine similarity can be significantly influenced by the ratio between the mean and variance of the data, irrespective of the uniformity of distribution that it is supposed to measure. Therefore, while cosine similarity has long been used to capture the “semantic” differences between words in static embeddings, adapting any cosine similarity-based metric to measure isotropy obscures the true distribution of contextualized word embeddings.

It is well known that word embedding models have non-zero mean vectors (Yonghe et al., 2019; Liang et al., 2021). In the case of GPT-2 embeddings obtained from the WikiText-2 corpus (Merity et al., 2016), we find that values in the mean vector range from \(-32.36\) to \(198.19\). Therefore, more robust metrics that are invariant to shifts in the mean are required in order to accurately analyze the spatial distribution of contextualized embedding models. Furthermore, the improved accuracy of such metrics would be valuable in other applications that analyze the geometry of point cloud data—applications spanning fields as diverse as computer vision (Zhang et al., 2018), bioinformatics (Forte et al., 2021), bioinformatics (Ranjan et al., 2020), and immunology (Lee et al., 2017), and immunology (Torres et al., 2016).

2.2 Existing Metrics

Here we will briefly review the most commonly used tools to measure the spatial distribution of point clouds \(X \subseteq \mathbb{R}^n\).

**Average Cosine Similarity**: We define the Average Cosine Similarity Score as \(1\) minus the average cosine similarity of \(N\) randomly sampled pairs of points from \(X\). That is,

\[
\text{AvgCosSim}(X) := 1 - \frac{1}{N} \sum_{i=1}^{N} \cos(x_i, y_i),
\]

where \(\{(x_1, y_1), \ldots, (x_N, y_N)\} \subseteq X \times X\) are randomly chosen with \(x_i \neq y_i\) for all \(i\), and \(\cos(x_i, y_i)\) denotes the cosine similarity of \(x_i\) and \(y_i\). Some authors define the average cosine similarity score to be exactly the average, rather than one minus the average. However, for ease of comparison to other metrics, our convention ensures that \(\text{AvgCosSim}(X)\) is between \(0\) and \(1\). Under our convention, it is commonly believed that a score closer to zero indicates an anisotropic space while a score closer to one indicates an isotropic space. In Section 6 we demonstrate that this is not the case.

**Partition Isotropy Score**: For any unit vector \(c \in \mathbb{R}^n\), let the partition function be denoted as \(Z(c) := \sum_{x \in X} \exp(c^T x)\). Mu et al. (2017) measure isotropy as \(I(X) := (\min_{|c|=1} Z(c))/(\max_{|c|=1} Z(c))\). It is believed that a score closer to zero indicates an anisotropic space while a score closer to one indicates an isotropic space. Mu et al. (2017) demonstrate that a score of \(1\) implies that the eigenspectrum of \(X\) is flat. Computing \(I(X)\) explicitly is intractable since the set of unit vectors is infinite. Accordingly, Mu et al. (2017) approximate \(I(X)\) by

\[
I(X) \approx \frac{\min_{c \in C} Z(c)}{\max_{c \in C} Z(c)}
\]

where \(C\) is the set of eigenvectors of \(X^T X\). For the remainder of the paper we refer to (2.2) as the Partition Score.

**Intrinsic Dimensionality**: Given a point cloud \(X \subseteq \mathbb{R}^n\), it is sometimes useful to assume that \(X\) is sampled from a manifold of dimension less than \(n\). For example, points in the left panel in Figure 1 are sampled from a 1-dimensional space and points in the middle panel are sampled from a 2-dimensional space. Algorithms for intrinsic dimensionality aim to estimate the true dimension of a given manifold from which we assume a point cloud of data to have been sampled. Intrinsic dimensionality has been used to argue that word embedding models are anisotropic (Cai et al., 2021). For a point cloud \(X \subseteq \mathbb{R}^n\), it is commonly thought that the more isotropic \(X\) is, the closer the intrinsic dimensionality of \(X\) is to \(n\). Dividing the intrinsic dimensionality of \(X\) by \(n\) provides
us with a normalized score of isotropy, which we refer to as the \textit{ID Score}. Note that we use the maximum likelihood estimation (MLE) method to calculate intrinsic dimensionality. For a detailed description of the MLE method for intrinsic dimensionality estimation please consult [Levina 
Bickel, 2004; Campadelli et al., 2015].

\textbf{Variance Explained Ratio:} The variance explained ratio measures how much total variance is explained by the first $k$ principal components of the data. Note that when all principal components are considered, the variance explained ratio is equal to 1. Examining the eigenspectrum of principal components is undoubtedly a useful tool in quantifying the spatial distribution of high dimensional data. However, the variance explained ratio requires us to specify \textit{a priori} the number of principal components we wish to examine. This becomes especially burdensome when trying to compare the variance explained ratios between point clouds sampled from different dimensional vector spaces. We divide the variance explained by the first $k$ of principal components by $k/n$ to convert the variance explained ratio into a normalized score. The variance explained ratio score (\textit{VarEx Score}) describes how uniformly distributed the variance explained by the first $k$ principal components is.

In this paper, we demonstrate that all of these metrics have fundamental shortcomings that make them unreliable measures of spatial distribution which may lead to erroneous analytical conclusions. Instead, we propose IsoScore, a more robust and rigorously derived alternative.

\section{Measuring Embedding Space Utilization}

In this section, we formulate the properties that a good metric of spatial utilization should possess.

\subsection{Dimensions utilized}

Given a point cloud $X \subseteq \mathbb{R}^n$, we would like to measure how many dimensions of $\mathbb{R}^n$ are truly utilized by $X$. We make the following definition:

\textbf{Definition 3.1.} Consider a point cloud $X \subseteq \mathbb{R}^n$. Let $\Sigma$ be the covariance matrix of $X$ and assume that all the off-diagonal entries of $\Sigma$ are zero. Let $\Sigma_D \in \mathbb{R}^n$ denote the diagonal of $\Sigma$.

1. We say that $X$ utilizes $k$ dimensions in $\mathbb{R}^n$ if the first $k$ entries of $\Sigma_D$ are non-zero and the remaining $n-k$ entries are zero.

2. We say that $X$ uniformly utilizes $k$ dimensions in $\mathbb{R}^n$ if $X$ utilizes $k$ dimensions in $\mathbb{R}^n$ and if all the non-zero entries in $\Sigma_D$ are equal.

Geometrically, having a diagonal sample covariance matrix $\Sigma$ implies that there are no correlations between any coordinates of $X$. In Section 4, which provides the formal definition of IsoScore, we will reduce the case of general $X$ to this simpler case. For example, Figure 2 illustrates three point clouds in $\mathbb{R}^2$ that each utilize 2 dimensions.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{example.png}
\caption{Points sampled from a 2D Gaussian with mean 0 and covariance $\begin{pmatrix} x & 0 \\ 0 & 1 \end{pmatrix}$ where $x = 1, 3, 75$, respectively.}
\end{figure}

We argue that it is of practical importance to differentiate between the cases in Figure 2. The leftmost figure uniformly utilizes all dimensions of $\mathbb{R}^2$, where the rightmost figure does not uniformly utilize two dimensions of space. In the rightmost figure, points lie closely along the $x$ axis.
3.2 Definition of Isotropy

An isotropic distribution is one in which variance is uniformly distributed across dimensions. Namely, the covariance matrix of an isotropic distribution is proportional to the identity matrix. A prototypical example can be generated by a Gaussian distribution with a covariance matrix equal to a scalar multiple of the identity matrix. Conversely, an anisotropic distribution of data is one where the variance is dominated by a single dimension. For example, a line in \( n \)-dimensional vector space is maximally anisotropic. Accordingly, robust isotropy metrics should return maximally isotropic scores for balls and minimally isotropic (i.e. anisotropic) scores for lines. In Subsection 5.2 we provide a geometric explanation for what “medium isotropy” means. For now, we interpret a medium isotropic space in \( \mathbb{R}^n \) to be one where the data uniformly utilizes approximately \( n/2 \) dimensions in space in the sense of Definition 3.1.

3.3 The Six Axioms: Properties of an Ideal Measure of Spatial Utilization

In this subsection, we will axiomatize the properties that a reasonable measure of isotropy should possess.

**Axiom 1: Mean Invariance.** Given that isotropy is strictly a property of the covariance matrix, an ideal score should be invariant to changes in the mean.

**Axiom 2: Scalar Invariance.** Since isotropy is defined as uniformity of variance across all directions, isotropy scores should be invariant under scalar multiplication of the covariance matrix of the underlying distribution of the data.

**Axiom 3: Maximum Variance.** We expect a good score of spatial utilization to monotonically increase as we flatten the eigenspectrum of principal components. Conversely, as we increase the maximum variance value in our covariance matrix, we expect isotropy scores to monotonically decrease to zero. Figure 2 illustrates the effect of increasing the maximum value in the covariance matrix. Increasing the maximum variance value increases the amount of variance explained by the first principal component of the data. In other words, larger maximum variance values reduce the efficiency of space utilization.

**Axiom 4: Rotation Invariance.** Given a point cloud \( X \subset \mathbb{R}^n \), an ideal measure of how efficiently \( X \) utilizes its ambient space should remain constant under rotations of \( X \). Note that the distribution of principal components remains constant under rotations. Accordingly, we consider the canonical distribution of the variance of a point cloud to be the variance after projecting our data using principal component analysis. Figure 3 illustrates this process of PCA reorientation of our data.

![Figure 3: Left: 2D zero-mean Gaussian with covariance \((1 \ 0.8 \ 0.8 \ 1)\). We rotate the points in the original distribution by 120° and 240°, respectively. Right: Points after applying PCA reorientation.](image)

**Axiom 5: Dimensions Used.** As described in Subsection 3.1 there is a direct link between isotropy and the number of dimensions utilized by the data. Intuitively, increasing the number of dimensions uniformly utilized by the data expands the number of principal components it takes to explain all of the variance in the data. Accordingly, a good score of spatial utilization should increase linearly as we increase the number of dimensions uniformly utilized by the data. Figure 4 depicts data utilizing one, two, and three out of three ambient dimensions, respectively.

**Axiom 6: Global stability.** A metric of efficient spatial utilization should be a global reflection of the distribution. This means that the distribution of points within relatively small subspaces should not skew the scores. In practice, this means that a good score should be stable even when the data exhibits small subpopulations where a score would return an extreme value. For example, in Figure 4 we intersect a noisy sphere with a line. We refer to this test as the “skewered meatball”
Table 1: Performance of current methods for measuring spatial utilization

| Test                      | IsoScore | AvgCosSim | Partition | IntrinsicDim | VarEx |
|---------------------------|----------|-----------|-----------|--------------|-------|
| 1. Mean Invariance        | ✓        |           |           |              |       |
| 2. Scalar Invariance      | ✓        |           |           | ✓            | ✓     |
| 3. Maximum Variance       | ✓        |           | ✓         |              |       |
| 4. Rotation Invariance    | ✓        | ✓         | ✓         | ✓            |       |
| 5. Dimensions Used        | ✓        |           | ✓         | ✓            | ✓     |
| 6. Global Stability       | ✓        |           |           | ✓            |       |

A good score of spatial distribution of the "skewed meatball" in $\mathbb{R}^3$ should reflect the ratio of the number of points sampled from the line and the number of points sampled from the sphere.

Figure 4: 2D rendering of a line in 3D space intersecting a noisy sphere.

In Table 1 we list which existing metrics satisfy which axioms. Later, in Section 6, we will present the numerical experiments that we executed to obtain this table.

4 Formal Definition of IsoScore

This section introduces the proposed IsoScore metric of uniform spatial utilization. Algorithm 1 gives a high-level overview of the procedure. Afterwards, we discuss the individual steps in detail.

Algorithm 1 IsoScore

1: begin  
Let $X \subseteq \mathbb{R}^n$ be a finite collection of points.  
2: Let $X^{\text{PCA}}$ denote the points in $X$ transformed by the first $n$ principal components.  
3: Define $\Sigma_D \in \mathbb{R}^n$ as the diagonal of the covariance matrix of $X^{\text{PCA}}$.  
4: Normalize diagonal to $\hat{\Sigma}_D := \sqrt{n} \cdot \Sigma_D / \| \Sigma_D \|$, where $\| \cdot \|$ is the standard Euclidean norm.  
5: The isotropy defect is $\delta(X) := \| \hat{\Sigma}_D - 1 \| / \sqrt{2(n - \sqrt{n})}$, where $1 = (1, \ldots, 1)^T \in \mathbb{R}^n$.  
6: $X$ uniformly occupies $\phi(X) := (n - \delta(X))^2(n - \sqrt{n})^2 / n^2$ percent of ambient dimensions.  
7: Transform $\phi(X)$ so it can take values in $[0, 1]$, via $\iota(X) := (n \cdot \phi(X) - 1) / (n - 1)$.  
8: return: $\iota(X)$  
9: end

Step 1: Start with a point cloud $X \subseteq \mathbb{R}^n$. IsoScore takes as input a finite subset of $\mathbb{R}^n$ and provides as output a number in the interval $[0, 1]$ that represents “how isotropic” $X$ is.

Step 2: PCA-reorientation of data set. Execute PCA on $X$, where the target dimension remains the original $n$. This has the effect of reorienting the axes of $X$ so that the $i$'th coordinate accounts for the $i$'th greatest variance, eliminating all correlation between the dimensions. We denote the transformed space as $X^{\text{PCA}}$. Note that we do not perform dimensionality reduction.

Step 3: Compute variance vector of reoriented data. Compute the $n \times n$ covariance matrix of $X^{\text{PCA}}$; denote this matrix by $\Sigma$. Let $\Sigma_D$ denote the diagonal of the covariance matrix. We refer
to $\Sigma_D$ as the variance vector, and we identify $\Sigma_D$ as a vector in $\mathbb{R}^n$. Note that PCA reorients our data so that the axes are uncorrelated. Namely, off-diagonal entries of the covariance matrix of $X^T$ vanish, allowing us to ignore them for the rest of the computation.

**Step 4: Length normalization of variance vector.** We define the normalized variance vector to be

$$\hat{\Sigma}_D := \sqrt{n} \cdot \frac{\Sigma_D}{\|\Sigma_D\|},$$

where $\|(x_1, ..., x_n)\| := \sqrt{x_1^2 + \cdots + x_n^2}$ denotes the standard Euclidean norm on $\mathbb{R}^n$. Note that as a result of this normalization, we have $\|\Sigma_D\| = \sqrt{n}$.

**Step 5: Compute distance between covariance matrix and identity matrix.** Denote the diagonal of the $n \times n$ identity matrix by $1 \in \mathbb{R}^n$. Then we define the isotropy defect of $X$ to be

$$\delta(X) := \frac{\|\hat{\Sigma}_D - 1\|}{\sqrt{2(n - \sqrt{n})}}.$$

By definition of the Euclidean norm, we have $\|\Sigma_D\| = \|1\| = \sqrt{n}$. It follows from the triangle inequality that $\|\hat{\Sigma}_D - 1\| \in [0, 2\sqrt{n}]$. Crucially, we prove in Appendix A that achieving a value of $2\sqrt{n}$ using a valid covariance matrix is impossible. In fact, the largest value that can be attained is with the matrix $(a_{ij})_{i,j=1,...,n}$ defined by $a_{11} = \sqrt{n}$ and $a_{ii} = 0$ whenever $i > 1$. One can compute that the Euclidean norm in this case is $\|\hat{\Sigma}_D - 1\| = 2(n - \sqrt{n})$. Choosing this normalization factor guarantees that $\delta(X) \in [0, 1]$, where 0 represents a perfectly isotropic space and 1 represents a perfectly anisotropic space.

**Step 6: Use the isotropy defect to compute percentage of dimensions isotropically utilized.** We argue in Heuristic 5.1 that if $X$ has isotropy defect $\delta(X)$, then $X$ isotropically occupies approximately $k(X) = (n - \delta(X)^2(n - \sqrt{n}))^2/n$ dimensions in $\mathbb{R}^n$. Because $\delta(X) \in [0, 1]$, one can estimate that $k(X) \in [1/n, 1]$ so the fraction of dimensions utilized is $\phi(X) := k(X)/n \in [1/n, 1]$.

**Step 7: Linearly scale percentage of dimensions utilized to obtain IsoScore.** The fraction of dimensions utilized, $\phi(X)$, is close to the final IsoScore, but it falls within the interval $[1/n, 1]$. As we want the possible range of scores to fill the interval $[0, 1]$, we apply the affine function that maps $1/n \mapsto 0$ and $1 \mapsto 1$. Thus, $S : [1/n, 1] \to [0, 1] : x \mapsto (nx - 1)/(n - 1)$. Once we compose these transformations, we obtain IsoScore:

$$\iota(X) := \frac{(n - \delta(X)^2(n - \sqrt{n}))^2 - n}{n(n - 1)}. \quad (4.1)$$

## 5 Interpretation of IsoScore

### 5.1 IsoScore Reflects the Fraction of Dimensions Uniformly Utilized

In Section 4, we described how to compute an IsoScore $\iota(X)$ for any point cloud $X \subseteq \mathbb{R}^n$. We will now present a heuristic interpretation to which a given IsoScore corresponds. Intuitively, our heuristic says that $\iota(X)$ is roughly the fraction of dimensions of $\mathbb{R}^n$ utilized by $X$. More precisely, the quantity of dimensions of $\mathbb{R}^n$ utilized by $X$ is some number inside the interval $[\iota(X)n, \iota(X)n + 1] \cap [1/n, 1]$. We formalize this below.

**Heuristic 5.1.** Suppose that a point cloud $X \subseteq \mathbb{R}^n$ gives an IsoScore $\iota(X)$. Then $X$ occupies approximately

$$k(X) := \iota(X) \cdot n + 1 - \iota(X) \quad (5.1)$$

dimensions of $\mathbb{R}^n$.

We prove this heuristic in Appendix B. Note in particular that $\iota(X) = 0$ implies that Equation 5.1 simplifies to a single dimension utilized and $\iota(X) = 1$ implies that Equation 5.1 simplifies to all $n$ dimensions utilized.

Because IsoScore covers a continuous spectrum, one should carefully interpret what we mean when we say that $X$ occupies approximately $k$ dimensions of $\mathbb{R}^n$. For example, consider the 2D Gaussian
for any \( n \) pies approximately half of the dimensions of its ambient space. We can make this reasoning rigorous using somewhere between one and two dimensions of space."

Heuristic 5.1 suggests that an IsoScore near 1 predicts \( k = 1.9996, 1.6105, 1.0281 \) dimensions are used when \( x = 1, 3, 75 \), respectively. These should be interpreted as follows: “when \( x = 75 \), the points sampled are mostly using one direction of space” and “when \( x = 3 \), the points sampled are using somewhere between one and two dimensions of space.”

Table 2 illustrates this formula in the concrete case of \( x \) distributions depicted in Figure 2. Heuristic 5.1 predicts \( k = 1.9996, 1.6105, 1.0281 \) dimensions are used when \( x = 1, 3, 75 \), respectively. These should be interpreted as follows: “when \( x = 75 \), the points sampled are mostly using one direction of space” and “when \( x = 3 \), the points sampled are using somewhere between one and two dimensions of space.”

### Table 2: Linearly increasing dimensions utilized linearly increases IsoScore

| \( \iota(I_{n}^{(1)}) \) | \( \iota(I_{n}^{(2)}) \) | \( \iota(I_{n}^{(3)}) \) | \( \iota(I_{n}^{(4)}) \) | \( \iota(I_{n}^{(5)}) \) | \( \iota(I_{n}^{(6)}) \) | \( \iota(I_{n}^{(7)}) \) | \( \iota(I_{n}^{(8)}) \) |
|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| 0.000             | 0.125             | 0.250             | 0.375             | 0.500             | 0.625             | 0.750             | 0.875             | 1.000             |

In Subsection 3.3, we enumerated six properties that an ideal measure of spatial distribution should possess. In this section, we present numerical experiments to test each of those six axioms against distributions depicted in Figure 2. Heuristic 5.1 predicts \( k = 1.9996, 1.6105, 1.0281 \) dimensions are used when \( x = 1, 3, 75 \), respectively. These should be interpreted as follows: “when \( x = 75 \), the points sampled are mostly using one direction of space” and “when \( x = 3 \), the points sampled are using somewhere between one and two dimensions of space.”

### 5.2 Interpretation of Mid-Range Isotropy Scores

Heuristic 5.1 suggests that an IsoScore near 1/2 means that the corresponding point cloud \( X \) occupies approximately half the dimensions of its ambient space. We can make this reasoning rigorous as follows: for any \( n \geq 2 \), one can compute that

\[
\iota(I_{n}^{(k)}) = \frac{k-1}{n-1} \approx \frac{k}{n}, \quad \text{for any } k = 1, \ldots, n. \tag{5.2}
\]

**Proof of (5.2).** In Appendix B we will compute that the isotropy defect is \( \delta(I_{n}^{(k)}) = \sqrt{n} - \sqrt{nk}/\sqrt{n} - \sqrt{n} \). If we substitute this expression into Equation 4.1, then we obtain the formula \( \iota(I_{n}^{(k)}) = \frac{k-1}{n-1} \). Furthermore, one can easily estimate that \( \frac{k-1}{n-1} \approx 1/n \).

Table 2 illustrates this formula in the concrete case of \( \mathbb{R}^9 \). This formula implies the following key relationship:

\[
\lim_{n \to \infty} \iota(I_{n}^{(k(n/2))}) = 1/2.
\]

Generalizing this line of reasoning yields our second heuristic explanation for the meaning of IsoScore. We defer the proof of this to Appendix C.

**Heuristic 5.2.** When the ambient space \( \mathbb{R}^n \) has large dimension, the IsoScore \( \iota(X) \) is approximately the fraction of dimensions uniformly utilized by \( X \).

### 5.3 The IsoScore for \( I_{n}^{(k)} \) Reflects Uniform Utilization of \( k \) Dimensions

We will now investigate what range of IsoScores are obtained by sample covariance matrices that utilize \( k \) out of \( n \) dimensions. It is easy to see that these scores at least fill the interval \((0, \iota(I_{n}^{(k)}))\], since the map

\[
[1, \infty) \to (0, \iota(I_{n}^{(k)})) \ni x \rightarrow \iota(\text{diag}(x, 1, \ldots, 1, 0, \ldots, 0))
\]

is surjective. Conversely, we can show that this interval is the only possible range of IsoScores corresponding to such covariance matrices. We make this claim rigorous in the following proposition.

**Proposition 5.3.** Fix \( n \geq 2 \). For any \( k = 1, \ldots, n \), we have that

\[
I_{n}^{(k)} = \arg\max \{\iota(J) : J \text{ utilizes } k \text{ out of } n \text{ dimensions}\}. \tag{5.3}
\]

This result justifies the use of IsoScore for measuring the extent to which a point cloud optimally utilizes all dimensions of the ambient space because it demonstrates that \( \iota(I_{n}^{(k)}) \) is the maximal IsoScore for any covariance matrix with \( k \) non-zero entries and \( n - k \) zero entries. We defer the proof to Appendix D.

### 6 Experiments

In Subsection 3.3 we enumerated six properties that an ideal measure of spatial distribution should possess. In this section, we present numerical experiments to test each of those six axioms against
the five scores under consideration: the Partition Score, the Average Cosine Similarity Score, the Variance Explained Score, the Intrinsic Dimensionality Score, and our novel IsoScore. Conducting numerical experiments based on ideal behavior of an isotropy score allows us to easily compare the quality of these five scores. The results are presented in Subsection 6.1.

In Subsection 6.2, we demonstrate the merit of IsoScore by recreating the experimental setup presented in (Cai et al., 2021). That is, we create word embeddings from the WikiText-2 corpus using GPT (Radford & Narasimhan, 2018), GPT-2 (Radford et al., 2019), BERT (Devlin et al., 2018) and DistilBERT (Sanh et al., 2019). Next, we calculate isotropy scores for each layer of the model and inspect the robustness of findings compared to the original publication.

6.1 Testing the Metrics Against the Six Axioms

Test 1: Mean Invariance. Given that isotropy is a measure of the uniformity of variance across dimensions, a good isotropy metric should be invariant to changes to the mean of the point cloud. To assess how well the five scores satisfy this property, we start with 100,000 points sampled from a 10-dimensional multivariate Gaussian distribution with covariance matrix equal to the identity and a common mean vector \( M = [\mu, \mu, \ldots, \mu] \). We compute scores for \( \mu = 0, 1, 2, \ldots, 20 \). Any measure of uniform spatial utilization should return a score of 1 regardless of the value of \( \mu \).

Figure 5 demonstrates that IsoScore is the only metric with this desirable property. IsoScore is mean-agnostic since it is a function of the covariance matrix. In contrast, we can see that average cosine similarity and the partition score are skewed by non-zero mean data. Our results show that, for an Isotropic Gaussian with covariance matrix \( \lambda \cdot I_n \) and common mean vector \( M = [\mu, \mu, \ldots, \mu] \), the average cosine similarity of points sampled from this distribution will approach 0 as we increase the ratio between \( \mu/\lambda \). Thus, in many cases average cosine similarity will approach 1 if the data is zero-mean regardless of the distribution of variance in the data. Consequently, zero-centering data can increase average cosine similarity to 1 without impacting the distribution of the variance.

Test 2: Scalar Invariance. As isotropy relates to the distribution of variance of all directions, a good metric of spatial utilization should be invariant to scalar multiplication of the covariance matrix. To test whether the five scores have this property, we sample 100,000 points from a 5D Gaussian distribution with common mean vector \( M = [3, 3, 3, 3, 3] \) and covariance matrix equal to \( \lambda \cdot I_5 \). We compute scores for samples as we increase \( \lambda \) from 1 to 25. Scores should reflect uniform utilization of space for any \( \lambda > 0 \). Note that we choose a non-zero mean vector for the Gaussian distribution to provide further experimental evidence that average random cosine similarity can be a function of the ratio between the mean and variance of the data.

Figure 5 shows that IsoScore and the intrinsic dimensionality score are the only metrics that are invariant under scalar multiplication to the covariance matrix and return a score 1 for each value of \( \lambda \). IsoScore has this desirable property because of the Step 4 in our procedure. In Step 4, we normalize the diagonal of the covariance matrix to have the same norm as the diagonal of the identity matrix.
Table 3: Performance of current methods on Test 4: Rotation Invariance

|       | IsoScore | AvgCosSim | Partition Score | ID Score | VarEx Score |
|-------|----------|-----------|-----------------|----------|-------------|
| $X$   | 0.216    | 0.990     | 0.990           | 1.000    | 0.500       |
| $X^{120^\circ}$ | 0.216 | 0.968    | 0.696           | 1.000    | 0.500       |
| $X^{240^\circ}$ | 0.216 | 0.981    | 0.677           | 1.000    | 0.500       |
| $X^{PCA}$ | 0.216 | 0.993    | 0.599           | 1.000    | 0.500       |

**Test 3: Maximum Variance.** As we increase the maximum variance value in our covariance matrix, a good score of spatial distribution should reflect the fact that the distribution becomes more anisotropic. To test this, we sample 100,000 points from a 10D multivariate Gaussian distribution with zero common mean vector and a diagonal covariance matrix with nine equal to 1 and one diagonal entry equal to $x$. In our experimental setup, we compute all five scores as we increase $x$ from 1 to 75. Note that when $x = 1$ we recover the identity matrix, so the scores should indicate a uniform utilization of space. Conversely, when $x$ is very large most of the variance is accounted for in the first principal component, which is indicative of anisotropic behavior. Therefore, an effective score should monotonically decrease to 0 as we increase $x$ from 1 to 75.

Figure 2 demonstrates a visualization of this phenomenon in the case where the multivariate Gaussian is two-dimensional. In that example, points are sampled from a zero-mean 2D Gaussian distribution with covariance matrix equal to $\begin{pmatrix} x & 0 \\ 0 & 1 \end{pmatrix}$, for $x \in \{1, 3, 75\}$.

In Figure 3 we can see that only IsoScore and the partition score show the desired behavior. IsoScore has this desired behavior because of Steps 4 and 5, which ensures the less equitably the mass in the covariance vector is distributed, the greater the isotropy defect will be.

To see why the intrinsic dimensionality score fails this test, consider Figure 2. When $n = 75$, the point cloud forms a narrow ellipse in space that is highly anisotropic. However, the intrinsic dimensionality estimate returns a value of 2.0 suggesting a perfect utilization of space.

**Test 4: Rotation Invariance.** A test of uniformity of spatial utilization should not depend on the orientation of the data. Our baseline point cloud $X \subset \mathbb{R}^n$ consists of points sampled from a 2D zero-mean Gaussian distribution with a covariance matrix equal to $\begin{pmatrix} 1 & 0.8 \\ 0.8 & 1 \end{pmatrix}$. We rotate $X$ by $120^\circ$ and $240^\circ$. Lastly, we project $X$ using PCA reorientation while retaining dimensionality to obtain a point cloud $X^{PCA}$. Note that the covariance matrix of $X^{PCA}$ will be zero for all off-diagonal entries.

We record these results in Table 3. Only IsoScore, ID Score, and VarEx Score return constant values. The partition score would return a constant value if it were feasible to compute the true optimization problem. The approximate version of the partition score, however, depends too strongly on the basis. IsoScore is rotation invariant by design. In Step 2, IsoScore projects the point cloud of data in the directions of maximum variance before computing the covariance matrix of the data. This PCA-reorientation preprocessing reduces off diagonal entries of the covariance matrix to zero as the PCA projects the data into orthogonal directions.

**Test 5: Dimensions Used (Fraction of Dimensions Used Test).** The number of dimensions used in a point cloud $X \subset \mathbb{R}^n$ provides a sense of how uniformly it utilizes the ambient space. To evaluate how the five metrics reflect the true dimensionality of the data, we conduct two numerical tests.

For our first experiment, which we term the “fraction of dimensions used test,” we sample 100,000 points from a 25D multivariate Gaussian distribution with a zero common mean vector and a diagonal covariance matrix where the first $k$ entries are 1 and the remaining $n - k$ diagonal elements are 0. We refer to $k$ as the number of dimensions uniformly used by our data (see Definition 3.1). Note that when $k = n$, the aforementioned covariance matrix is the identity. For our experiment we let $k = 1, 2, 3, ..., 25$, and compute the corresponding scores. A reliable metric should return scores near 0.0, 0.5, and 1.0 when $k$ is 1, $[n/2]$, and $n$, respectively.

We can see in Figure 6 that only IsoScore models ideal behavior for the dimensions used test. This is because of Steps 6 and 7. By design, IsoScore is a linearly increasing function $k \mapsto \iota(k^{(n)}_n)$, as proved in Equation 5.2. In particular, the dimensions used test illustrates the phenomenon that IsoScore reflects the percentage of 1s present in the diagonal of the covariance matrix. A rigorous
explanation of this behavior is provided in Heuristic 5.2. Additionally, for a given ball of dimension $\alpha n$ embedded in $\mathbb{R}^n$, IsoScore will approach $\alpha$ as $n$ approaches infinity, as argued in that same section.

Although the intrinsic dimensionality score monotonically increases as we increase $k$, it fails to reach 1 when all dimensions are uniformly utilized. Note in particular that average cosine similarity fails this test, as it stays constant near 1 regardless of the fraction of dimensions uniformly utilized. According to our numerical experiments, zero-centered uniform-variance Gaussian point clouds return an average cosine similarity score near 1 regardless of how many dimensions were actually utilized.

Figure 6: Left and center: Scores for the two Dimensions Used tests. Right: Scores for the “skewered meatball” test in 3 dimensions.

Test 5: Dimensions Used (High Dimensional Test). We name our second experiment the “high dimensional test.” To motivate this test, note that a good score of spatial utilization should allow for easy comparison between different vector spaces even when the dimensionality of the two spaces is different. We sample 100,000 points from a zero-mean Gaussian distribution with identity covariance matrix $I_n$ and increase the dimension of the distribution from $n = 2, \ldots, 100$. We can see in Figure 6 that IsoScore, the average cosine similarity score, and the partition score pass this test, as they stay constant near 1. Note that IsoScore passes this test because of Step 5. The isotropy defect will be close to 0 for all $n$ meaning IsoScore will be close to 1. Note that the line for IsoScore decreases slightly. By the law of large numbers, the more data points we sample from the Gaussian distribution, the closer the covariance matrix will be to the covariance matrix from which it was sampled.

The VarEx Score is not stable under an increase in dimension primarily because it requires the user to specify the percentage of principal components used in calculating the score. This reliance on a hyperparameter choice is the primary reason why the VarEx Score is not particularly well suited as an easily transferable metric of uniformity of spatial utilization. Also note that intrinsic dimensionality estimates begin to decrease simply by increasing the dimensionality of the space. This appears to happen because the MLE method is not very well suited for estimating the intrinsic dimension of isotropic Gaussian balls.

Test 6: Global Stability. We test whether the five scores are global metrics that are stable even when subspaces of the data return extreme scores. To do this, we design the “skewered meatball test” (see Figure 4 for a geometric rendering) in order to evaluate which scores have the desirable property of not being dominated by highly concentrated subspaces. As we increase the ratio between the number of points sampled from a 3D isotropic Gaussian and a 1D anisotropic line, we should see isotropy scores increase from 0 to 1, and hit 0.5 precisely when the number of points sampled from the Gaussian distribution and the line are equal. Results from the skewered meatball test in Figure 6 indicate that intrinsic dimensionality and IsoScore are the only two metrics that are truly global estimators of the data.

6.2 ISOTROPY IN CONTEXTUALIZED EMBEDDINGS

Recent literature suggests that contextualized word embeddings are anisotropic. However, as demonstrated in Subsection 6.1, none of the existing metrics in the literature accurately measure
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Figure 7: The 5 scores for each of the 12 layers of GPT-2 and GPT

Figure 8: The 5 scores for the 12 layers of BERT, and the 6 layers of DistilBERT

The notion of isotropy is often conflated with geometry. However, the geometry of isotropic vector spaces will differ depending on the distribution that generates the points in space. For example, multivariate isotropic Gaussians form $n$-dimensional balls and uniform distributions form $n$-dimensional cubes, yet both distributions receive an IsoScore of 1. For an illustrated example of points generated from different isotropic distributions, consult Appendix E. It is therefore not necessarily the case that even highly anisotropic embedding spaces form narrow, anisotropic cones.
7 Conclusion & Future Works

Several studies have attempted to characterize the spatial organization of point clouds induced by word embedding models. We demonstrate that existing methods have several undesirable properties that may jeopardize their validity as reliable metrics of point cloud spatial distributions. This paper presents a novel method for measuring the uniform utilization of embedding spaces that is robust to the limitations discussed throughout the above sections. IsoScore is the first metric designed using the mathematical notion of isotropy. It is the only metric to satisfy: (i) global stability; (ii) mean, scalar, and rotational invariance; (iii) a correspondence with dimensions utilized, and; (iv) linear scaling that reflects changes in maximum variance. Finally, we demonstrated that a number of recent conclusions in the literature that have been derived using brittle metrics may be incomplete or altogether inaccurate.

There are several promising directions for future work. We are actively investigating the use of IsoScore as a regularizer in word embedding training to reward distributions that exhibit high levels of isotropy. Fine-tuning an existing embedding model using loss functions based on IsoScore is similarly expected to produce more isotropic representations. As the uniform geometry of such distributions is assumed to improve the performance of embedding models, IsoScore presents itself as a useful tool for not only word embeddings, but also other use cases concerned with point cloud data beyond the domain of NLP.

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A BOUNDS ON ISO.Score

Proposition A.1. Let $X \subseteq \mathbb{R}^n$ be a finite set. Then $\iota(X) \in [0, 1]$.

Proof. Define $\Sigma$ to be the $n \times n$ sample covariance matrix of $X^{\text{PCA}}$. Let $c > 0$ be so that if we define $\tilde{\Sigma} := c \cdot \Sigma$, then $\|\tilde{\Sigma}_D\| = \sqrt{n}$. Let us enumerate the entries of this vector as $\tilde{\Sigma}_D = (\text{Var}(x_1), \ldots, \text{Var}(x_n))$. In order to show that $\iota(X) \in [0, 1]$, it is equivalent to show that $\|\tilde{\Sigma}_D - 1\| \in [0, \sqrt{2(n - \sqrt{n})}]$, and by definition of the Euclidian norm, the latter estimate is equivalent to

$$2(n - \sqrt{n}) \geq \sum_{i=1}^n (\text{Var}(x_i) - 1)^2. \quad (A.1)$$

But the identity $\|\tilde{\Sigma}_D\| = \sqrt{n}$ implies that $\sum_{i=1}^n \text{Var}(x_i)^2 = n$, so in fact $(A.1)$ is equivalent to

$$\sum_{i=1}^n \text{Var}(x_i) \geq \sqrt{n}.$$  

If this inequality were flipped, then we could estimate that

$$n = \text{Var}(x_1)^2 + \cdots + \text{Var}(x_n)^2 \leq (\text{Var}(x_1) + \cdots + \text{Var}(x_n))^2 < n,$$

which is a contradiction. \hfill \Box

B JUSTIFICATION FOR INTERPRETATION OF ISO.Score: HEURISTIC 5.1

Here we will prove Heuristic 5.1. Throughout this appendix, we will make reference to the notations and equations in Section 4. Fix $n \geq 1$ and $k \in \{1, \ldots, n\}$, and consider the matrix $I_n^{(k)}$. Recall that $I_n^{(k)}$ is the covariance matrix for a $k$-dimensional uncorrelated Gaussian distribution in $\mathbb{R}^n$. For example, spaces sampled using the matrices $I_n^{(k)}$, for $k = 1, 2, 3$ are rendered in Figure 1 as a line, a circle, and a ball, respectively. One can compute directly that the IsoScores for these three spaces are

$$\iota(I_n^{(1)}) \approx 0.0, \quad \iota(I_n^{(2)}) \approx 0.5, \quad \iota(I_n^{(3)}) \approx 1.0.$$  

Our main insight in this section is that it is worthwhile to apply these statistics for reverse reasoning in the following sense: suppose you have some point cloud $X \subseteq \mathbb{R}^3$ which satisfies $\iota(X) \approx 1/2$. Then this IsoScore should allow you to infer that $X$ uniformly occupies approximately 2 dimensions of $\mathbb{R}^3$.

In Heuristic 5.1, we provide the closed formula (5.1) for generalizing the above reasoning to all dimensions $n$. We will now prove this formula.

Proof of Heuristic 5.1. Once we normalize $I_n^{(k)}$ so that its Euclidean norm is $\sqrt{n}$, we get that the first $k$ diagonal entries are $\sqrt{n/k}$. Therefore, the isotropy defect is

$$\delta(I_n^{(k)}) = \frac{\|I_n^{(k)} - 1\|}{\sqrt{2(n - \sqrt{n})}} = \frac{\sqrt{k(1 - \sqrt{n/k})^2 + n - k}}{\sqrt{2(n - \sqrt{n})}} = \frac{\sqrt{n - \sqrt{n}k}}{\sqrt{n - \sqrt{n}}}. \quad (B.1)$$

It is natural to consider the map $k \mapsto \delta(I_n^{(k)})$. A priori, this is a discrete function defined on $\{1, \ldots, n\}$; a fortiori, this is in fact a continuous, monotonically decreasing bijection on the connected interval $[1, n]$. Therefore, the function defined by

$$\delta_n : [1, n] \to [0, 1] : k \mapsto \delta(I_n^{(k)})$$

is invertible, and one can compute that its inverse is

$$\delta_n^{-1} : [0, 1] \to [1, n] : d \mapsto \frac{(n - d^2(n - \sqrt{n}))^2}{n}.$$  

The truth of this heuristic rests upon the validity of the following assumption, which is reasonable to use in many contexts.
Assumption Underpinning The Heuristic. The isotropy defect corresponding to a point cloud sampled using the covariance matrix $I_n^{(k)}$ is the prototypical isotropy defect for any point cloud in $\mathbb{R}^n$ which uniformly utilizes $k$ dimensions.

We will now invoke this assumption. Let $\delta(X)$ be the isotropy defect for an arbitrary point cloud $X$. If we assume that we are in the nontrivial case where $\delta(X) > 0$, then $\delta_n^{-1}(\delta(X))$ is in the interval $[1, n)$. Because $\delta_n^{-1}$ is bijective, there exists a unique $k \in \{1, \ldots, n - 1\}$ with the property that $\delta_n^{-1}(\delta(X)) = k(n + 1)$. But by construction, $[k, k + 1) = [\delta_n^{-1}(\delta(I_n^{(k)})), \delta_n^{-1}(\delta(I_n^{(k+1)})))$. By monotonicity of $\delta_n^{-1}$, this implies that $\delta(X) \in [\delta(I_n^{(k)}), \delta(I_n^{(k+1)}))$.

Therefore, by the assumption underpinning the heuristic, we can deduce that $X$ is uniformly utilizing between $k$ and $k + 1$ dimensions of $\mathbb{R}^n$. To be specific, we say that $X$ is uniformly utilizing $\delta_n^{-1}(\delta(X)) \in [k, k + 1)$ dimensions. Recalling Section 4, we can recognize that in Step 6, the formula for $k(X)$, the quantity of dimensions uniformly utilized by $X$, is precisely $k(X) := \delta_n^{-1}(\delta(X))$; likewise, the formula for $\phi(X)$, the fraction of dimensions uniformly utilized by $X$, is $\phi(X) := \delta_n^{-1}(\delta(X))/n$.

Now we are in a position to verify Equation 5.1, the main claim of Heuristic 5.1. By the assumption underpinning the heuristic, it is sufficient to verify Equation 5.1 in the case of $I_n^{(k)}$, for $k = 1, \ldots, n$. This is because all functions that we will utilize are monotonic bijections. Using the notation in Steps 6 and 7 in Section 4, we can compute that

$$\lambda(I_n^{(k)})(n - 1) + 1 = S(\phi_n(I_n^{(k)}))(n - 1) + 1 = n \cdot \phi_n(I_n^{(k)}) = k(I_n^{(k)}).$$

Using the formula $k(X) = (n - \delta(X))^2(n - \sqrt{n})^2/n$, we can continue:

$$k(I_n^{(k)}) = \frac{(n - \delta(I_n^{(k)}))^2(n - \sqrt{n})^2}{n} = \frac{n - n - \sqrt{n}}{n - \sqrt{n}} \frac{(n - \sqrt{n})^2}{n} = k,$$

where in the penultimate equality we used Equation B.1. This completes the proof.

C Justification for Interpretation of IsoScore: Heuristic 5.2

Proof of Heuristic 5.2 By the assumption underpinning Heuristic 5.1, it suffices to show this in the case of matrices of the form $I_n^{(k)}$. Fix $\alpha \in [0, 1]$, and consider the covariance matrix $I_n^{(\lfloor \alpha n \rfloor)}$. For large $n$, the fraction of dimensions uniformly utilized by $I_n^{(\lfloor \alpha n \rfloor)}$ is approximately $\alpha$, according to Definition 3.1. But by (5.2), we can compute that

$$\lim_{n \to \infty} \lambda(I_n^{(\lfloor \alpha n \rfloor)}) = \lim_{n \to \infty} \frac{\lfloor \alpha n \rfloor - 1}{n - 1} = \alpha.$$

This completes the proof.

D How IsoScore Reflects Uniform Utilization of $k$ Dimensions

In this section, we let $\text{Diag}^+(n)$ denote the set of $n \times n$ real matrices which vanish away from the diagonal and whose diagonal entries are all non-negative. The set $\text{Diag}^+(n)$ parameterizes the set of all $n \times n$ sample covariance matrices after performing PCA-reorientation. We also let $\text{Diag}^+(n, k) \subseteq \text{Diag}^+(n)$ denote that subset whose first $k$ diagonal entries are non-zero and whose last $n-k$ diagonal entries are zero. The set $\text{Diag}^+(n, k)$ parameterizes the set of sample covariance matrices post-PCA reorientation which utilize $k$ out of $n$ dimensions of space. Covariance matrices in $\text{Diag}^+(n, k)$ represent point clouds with the property that $\text{Var}(x_i) > 0$ for $i = 1, \ldots, k$, and $\text{Var}(x_i) = 0$ for $i = k + 1, \ldots, n$.

Proof of Equation 5.3 It suffices to show that, for every $J \in \text{Diag}^+(n, k)$, we have that $\lambda(J) \leq \lambda(I_n^{(k)})$, or equivalently, $\delta(J) \geq \delta(I_n^{(k)})$. Write $I_n^{(k)} = (\sqrt{n}/k, \ldots, \sqrt{n}/k, 0, \ldots, 0)$ and $J_D =$
(a₁, ..., aₖ, 0, ..., 0), where \(a₁^2 + \cdots + aₖ^2 = n\). Then we must show that \(\|J_D - 1\| \geq \|\hat{I}_{J_D} - 1\|\), or equivalently,

\[
\sum_{i=1}^{k} (a_i - 1)^2 + n - k \geq \sum_{i=1}^{k} (\sqrt{n/k} - 1)^2 + n - k.
\]

This latter estimate is equivalent to

\[
\sum_{i=1}^{k} a_i \leq \sqrt{nk}.
\]

By Jensen’s inequality, applied with the convex function \(f(x) = x^2\), we have that

\[
f\left(\frac{\sum_{i=1}^{k} a_i}{k}\right) \leq \frac{\sum_{i=1}^{k} f(a_i)}{k}.
\]

Simplifying, this implies that \((a₁ + \cdots + aₖ)^2 \leq kn\). This completes the proof.

\[\square\]

**E Geometry of Isotropy**

![Uniform Distribution](image1)
![Isotropic Poisson Distribution](image2)
![Student-T Distribution](image3)
![ChiSquare Distribution](image4)

Figure 9: Points sampled from a Uniform distribution, Poisson distribution, Student-T distribution and ChiSquare distribution respectively

Each of the distributions illustrated in Figure 9 has a covariance matrix proportional to the identity and is therefore maximally isotropic. Namely, the variance is distributed equally in all directions. Despite receiving an IsoScore of 1, the geometry of the point clouds are vastly different. We can only comment on the geometry of the point cloud if the underlying distribution of the space is known.