Research Article

Enhanced Crystallinity and Antibacterial of PHBV Scaffolds Incorporated with Zinc Oxide

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Poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) has a great potential in bone repair, but unfortunately, the poor mechanical properties limit its further application. In this work, zinc oxide (ZnO) nanoparticles were incorporated into PHBV porous scaffold fabricated by selective laser sintering technique. It was because ZnO nanoparticles could provide nucleating sites for the orderly stacking of polymer chains, thereby enhancing the crystallinity of PHBV. It was well known that the mechanical properties of PHBV scaffold could be enhanced with the increase of crystallinity. More significantly, the released Zn 2+ would combine negatively charged cell membranes of bacterial through electrostatic interaction and consequently destructed the protein structure and resulted in the death of bacterial, which was highly desired in reducing the risk of implant infection. Results indicated that the relative crystallinity of scaffold with 3 wt.% ZnO increased remarkably from 38% to 64% compared to pure PHBV scaffold, which effectively enhanced the compression strength and modulus by 56% and 51.5%, respectively. Moreover, the scaffold had a favorable antibacterial activity. Cell culture experiments proved that the scaffold could promote the cell behaviors. The positive results demonstrated the scaffold may serve as a potential replacement in bone repair.

1. Introduction

The large bone defects resulted from trauma, infection, and tumor are commonly difficult to heal by their own ability, which seriously affects the patients' living quality and health level [1]. Artificial bone scaffolds, which enable to provide a mechanical and physiological support to cells for in vitro tissue regeneration and/or in vivo implantation, are considered to be a promising alternative in the treatment of large bone defects [2, 3]. Among various biomaterials, poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) has received considerable attention because of its favorable biocompatibility and biodegradability. It can degrade in vivo to hydroxybutyric, which is a normal component of human blood [4]. However, insufficient mechanical performance has limited its further application in bone repair.

It is well established that the mechanical property of PHBV is positively related to its crystallinity [5]. Introducing nanofillers is considered to be an effective countermeasure to improve the crystallinity [6]. For example, Jun et al. [7] have found that the crystallinity of PHBV was greatly improved with the incorporation of carbon nanotubes. Kouhi et al. [8] fabricated PHBV/hydroxyapatite/bredigite scaffolds and found that the incorporation of nanoparticles increased the crystallinity of PHBV matrix and subsequently enhanced the Young’s modulus and ultimate strength. Zhang et al. [9] prepared PHBV/cellulose nanocrystals/silver nanocomposites by using solution casting. It was found that the composites showed higher
2. Experiment

2.1. Materials. PHBV powders (molecular weight: 280 kDa, density: 1.25 g/cm³) were provided by TianAn Biological Materials Co., Ltd. (Ningbo, China). ZnO nanoparticles with average size of 50 nm and specific surface area of 15-25 m²/g were supplied by Aladdin Reagent Co., Ltd. (Shanghai, China).

2.2. Preparation of PHBV/ZnO Scaffold. The fabrication process of three-dimensional porous PHBV/ZnO composite scaffolds is illustrated in Figure 1. In detail, a certain amount of PHBV and ZnO powders was weighted according to the designed mass ratio and then poured into a beaker containing ethanol solution. Subsequently, the mixed suspensions were subjected to mechanical agitation and ultrasonic dispersion simultaneously for 2 h. Afterwards, the well-mixed suspensions were filtered and dried in the vacuum drying oven. Ultimately, the mixed powders could be obtained by using ball milling.

The scaffolds were manufactured by a laser 3D molding system with independent intellectual property rights. It mainly consisted of a continuous wave CO₂ laser with the wavelength of 10.6 μm. The whole processing parameters in this study were set as follows: laser power 5 W, scanning speed 100 mm/s, and scanning space 0.15 mm. The three-dimensional porous scaffolds could be obtained through layer-by-layer construction. For the convenience of description, PHBV scaffold with various ZnO contents of 1, 3, and 5 wt.%, which were named as PHBV/1nZnO, PHBV/3nZnO, and PHBV/5nZnO, respectively.

2.3. Microstructure and Mechanical Property. The morphologies of the samples were characterized by scanning electron microscopy (SEM, Zeiss, Germany). The functional groups of the scaffolds were analyzed by the Fourier transform infrared spectroscopy (FTIR, Tianjin Gang Dong Technology Co. Ltd., China). The phase structures of the scaffolds were measured by utilizing X-ray diffractometer (XRD, Karlsruhe, Germany). The melting and crystallization performance of the scaffolds under a constant heating and cooling rate of 10°C/min was measured by differential scanning calorimeter (DSC, TA, USA). The samples were firstly heated from 30 to 210°C to remove the thermal story of the PHBV and then cooled to 30°C. Afterwards, the samples were heated to 210°C again. The thermal stabilities of the samples were investigated by thermogravimetric analyzer (TG, PerkinElmer, USA). The Zn²⁺ concentration released by scaffold in the deionized water was quantitative analyzed via inductively coupled plasma optical emission spectrometer (ICP-OES, SPECTROBLUE SOP, Germany). The compression properties of the scaffolds were measured by mechanical testing machine (CMTSS205, MTS, USA) under a deformation rate of 0.5 mm/s.

2.4. Antibacterial Activity. Before the experiment, all experimental apparatus and the samples were washed with ethyl alcohol under the ultrasound bath and subsequently sterilized with ultraviolet (UV) for 1 h. The phosphate buffer solution (PBS) was used to dilute the bacterial suspensions and then seeded to lysogeny broth (LB) culture medium. The Escherichia coli (E. coli, ATCC 25922) were selected to explore the antibacterial properties of the scaffolds. The antibacterial properties of the scaffolds against E. coli were quantitatively evaluated by the bacterial inhibition rate. In detail, the scaffolds with various ZnO contents were immersed in the Petri dish containing bacterial suspensions with a density of 1 × 10⁶ CFU/mL and cultured for 1, 4, and...
7 days at 37°C. Then, the optical density of bacterial was also measured by a microplate reader (Beckman, USA) at 600 nm. The antibacterial rate was calculated as the following equation:

\[
\text{Antibacterial rate} \% = \frac{A_2 - A_1}{A_1} \times 100\%
\]

where \(A_2\) and \(A_1\) were the optical density of the bacterial suspensions contained with and without scaffolds, respectively. Each sample was tested for three times.

The morphologies of bacterial on the scaffolds were observed by SEM. In detail, the bacterial-scaffold complexes were taken out from the Petri dish and cleaned with PBS. Afterwards, the bacterial-scaffold complexes were fixed with glutaraldehyde and dehydrated with a series of alcohol. Subsequently, the complex was dried in vacuum drying oven and finally observed by SEM.

2.5. Cell Response. The cell response of the scaffolds was evaluated by using human osteoblast-like MG-63 cells. Prior to testing, the cells were cultured in glucose DMEM containing 10% fetal bovine serum at 37°C under a humidified environment with 5% CO\(_2\), and the culture medium was refreshed every two days. Before cell seeding, the scaffolds were washed with PBS and sterilized with UV for 30 min followed by transferring them into a 12-well dish. Subsequently, the cells were seeded on scaffolds with a density of 1 × 10^4 cell/mL.

The cell adhesion on scaffold cultured for various periods was observed by SEM. After 1, 3, and 5 days of cultivation, the cell-scaffold complex was taken out and then washed with PBS. Hereafter, the cells on scaffolds were fixed with glutaraldehyde and dehydrated with gradient ethanol. Ultimately, the morphologies of the cells on the scaffolds were observed.

Fluorescence microscope (Olympus Co. Ltd., Tokyo, Japan) was adopted to observe the cell proliferation. The cell-scaffold complex was taken out from medium and washed with PBS for three times after culturing for 1, 3, and 5 days. Then, the cell-scaffold complex was stained with live/dead staining agent (PBS solution with 2 μM calcin AM and 4 μM EthD-1) and continuously incubated for another 30 min. Finally, fluorescence microscope was selected to observe the living/dead cell morphologies.

The proliferation of MG-63 cell on scaffolds was quantitatively analyzed by the Cell Counting Kit-8 (CCK-8) assay. The cell-scaffold complex was gently washed with PBS and transferred into a new medium containing CCK-8 reagent (Dojindo Laboratory, Kumamoto, Japan) after 1, 3, and 5 days of cultivation. 100 μL of medium was moved to a 96-well plate after culture for another 2 hours, and the optical density was measured via a microplate reader (Beckman, USA) at 450 nm.

Alkaline phosphatase (ALP), as a specific marker for early osteoblast differentiation, was observed by ALP staining. After 1, 3, and 5 days of cultivation, the cell-scaffold complex was gently rinsed with PBS and fixed with 4% paraformaldehyde for 20 min. Subsequently, ALP staining was carried out using the ALP staining kit (Wako, Osaka, Japan), and images were photographed via a microscopy.

2.6. Statistical Analysis. One-way analysis of variance (ANOVA) was selected to evaluate the statistical significance. All data were presented as mean ± standard deviations. The difference with \(*p < 0.05\) was recognized to be significant.

3. Results and Discussion

3.1. Microstructure. The digital photos and the microstructures of the represent scaffold with height of 10 mm and diameter of 10 mm are shown in Figure 2(a). Obviously, the scaffold displayed a well porous structure, which was consistent with the as-designed models. The pore size of the scaffold was approximately 500 μm. It had been reported that the minimum pore size of the bone scaffold should not be less than 100 μm to ensure the nutrients transport and cells
growth [19]. Meanwhile, the mechanical performance of the scaffold would be deteriorated with the continuous ascent of the pore size, and the maximum pore size should not be higher than 1000 μm [20]. It could be concluded that the pore size of the as-prepared scaffold was in the range of 100–1000 μm and fulfilled the requirement of the bone scaffold. As reported in the literature, the dispersion state of the nanofillers in the polymer matrix had a significant influence on their comprehensive properties [21].

The cryofracture morphologies of the scaffolds are displayed in Figure 2(b). It could be obviously found that the composite scaffold presented a random and uniform nanofiller distribution with the content of ZnO lower than 3 wt.%. However, the composite scaffold with 5 wt.% ZnO presented poor nanofiller distribution, with small agglomeration composed of a few particles.

3.2. Thermal Behaviors. The thermal stabilities of the scaffold were measured by TG, and the results are shown in Figure 3(a). It could be seen from TG curves that all scaffolds exhibited a single decomposition stage. The initial decomposition temperature of PHBV scaffolds remarkably increased with the increase of ZnO. For instance, the initial decomposition temperature of PHBV/5nZnO scaffold increased from 261.2°C to 288.7°C in comparison with that of the PHBV scaffold. This improvement might be attributed to the interaction between the hydroxyl group of ZnO and the carbonyl of PHBV, which could form a barrier effect [22]. This barrier effect could prevent the transmission of the decomposition products. Furthermore, ZnO with excellent thermal conductivity could accelerate the heat dissipation in the composite and thereby enhance the thermal stability of the composite [23, 24]. It could also be found that the char residue of PHBV scaffold was gradually increased with increasing ZnO content, which was attributed to the relatively higher decomposition temperature of ZnO nanoparticles [25].

The melting and crystallization behaviors of the scaffolds are displayed in Figures 3(b) and 3(c). It could be seen from the melting curves that pure PHBV scaffold presented two obvious endothermic peaks located at 160.9°C and 170.6°C, which were due to the melting of the initial crystals and the recrystallized crystals during the DSC heating process, respectively [26]. The endothermic peaks of the composite scaffolds decreased with the increase of ZnO. The crystallization peak temperature of PHBV scaffolds gradually shifted to a higher temperature, which demonstrated that the nanofillers could efficiently promote the crystallization rate of the polymer (Figure 3(c)) [27]. In addition, the crystallization peak became more sharpened in the composite scaffolds, indicating that the nanofillers could efficiently accelerate the crystallization process of the polymer [28]. The relative crystallinity of the scaffolds could be calculated by the following equation:

$$X_c = \frac{\Delta H_m}{\Delta H_{100}} \times \frac{100}{\omega}$$

$$= \frac{\Delta H_m}{\Delta H_{100}} \times 100\%.$$  \hspace{1cm} (2)

where \(\Delta H_m\) is the melting enthalpy of PHBV, \(\omega\) is the mass fraction of PHBV in the composites, and \(\Delta H_{100}\) is the theoretical enthalpy of PHBV (109 J/g) [29]. It could be found that there was a remarkable increase in the relative crystallinity of PHBV/3nZnO composite scaffold from 38% to 64% in comparison with that of PHBV scaffolds, which might be attributed to the accelerated nucleation effect of ZnO nanoparticles. However, relative crystallinity of the composite scaffolds was decreased with the further increase of nanofillers. This might be due to the aggregation of the nanofillers, which hindered the mobility of the polymer chains during the crystallization process.

The XRD patterns of the scaffolds are shown in Figure 3(d). There were two obvious peaks located at 2θ of 13.4° and 16.9°, being ascribed to the (020) and (110) crystalline planes of PHBV, respectively [30]. The characteristic
peaks located at 34.5° and 36.1° were ascribed to the (002) and (101) crystalline planes of ZnO, respectively [31]. Compared with PHBV, the peak in the composite scaffold became narrower and more intense, which indicated that the nanofiller could efficiently promote the crystallization of PHBV, thereby resulting in the formation of smaller crystals. Moreover, there was no peak shift in the XRD patterns, which revealed that the SLS process did not destroy the crystal structures of the materials.

The functional groups of the scaffolds were characterized by FTIR, and the results are shown in Figure 3(e). Pure PHBV presented a strong peak situated at 1727 cm⁻¹, which was assigned to the telescopic vibration of carbonyl group [32]. The peaks situated at 1445 and 1300 cm⁻¹, which were ascribed to the asymmetric bending vibration of CH₃ and the in-plane bending vibration of H-C-O [33]. Once ZnO nanoparticles were incorporated, a broad band appeared at 3428 cm⁻¹, being attributed to the stretching vibration of hydroxyl group on the nanoparticle surface [34]. It should be noted that the carbonyl band in the composite scaffolds became more intense and slightly shifted to lower wavenumber in comparison with that of pure PHBV, implying that there was a hydrogen bond interactions between the carbonyl group of PHBV and hydroxyl group of the nanoparticles [35].

The wettability of the scaffold had a significant influence on cell behaviors. It was established that the PHBV presented
ZnO could achieve a conversion of PHBV scaffold contact angles of the scaffold further application in bone defects treatment [36]. The water contact angles of the scaffold significantly decreased with the increase of ZnO content. For instance, the water contact angle of PHBV/5nZnO composite scaffold sharply decreased to $58.84 \pm 1.29^\circ$, which implied that the incorporation of ZnO could achieve a conversion of PHBV scaffold from hydrophobicity to hydrophilicity. This transformation might be attributed to a fact that the ZnO with hydroxyl groups was facilitated to the absorption of water molecules and thereby enhancing the hydrophilicity of the composite scaffolds [37].

### 3.3. Compressive Performance

The compressive performance of the scaffold plays a critical role in bearing different stresses and offering structural support to the bone tissues [38]. The compressive stress-strain curves were measured by mechanical testing equipment and are displayed in Figure 4(a). The compressive strength and compressive modulus of the composite scaffolds calculated from their stress-strain curves are presented in Figure 4(b). The compressive strength of the composite scaffolds firstly raised and then reduced with the increase of ZnO content. For instance, the compressive strength of PHBV/3nZnO scaffold increased from $4.1 \pm 0.7$ to $6.4 \pm 0.6$ MPa, which increased by 56% as compared with pure PHBV scaffold. This might mainly be ascribed to the combination of the increase in the crystallinity of PHBV and a uniform nanoparticle distribution. In detail, the uniformly distributed nanoparticles in the polymer could accelerate the orderly stacking of polymer chains, thus enhancing the crystallinity of the composites. The enhanced crystallinity could efficiently reduce the deformable space inside the composites, thereby enhancing their compressive strength. Meanwhile, the rigid nanoparticles could hinder the proliferation and development of cracks [39]. Moreover, the hydrogen bonding interaction between PHBV and ZnO might absorb a part of energy during the compressive process [40]. However, the compressive strength of the composite scaffold reduced with ZnO content further increasing to 5 wt.%, which might be ascribed to the aggregation of ZnO. Even so, the scaffold fabricated in this work still fulfilled the requirements for compressive strength of natural cancellous bone, which commonly exhibited a compressive strength of 1–10 MPa [41]. Furthermore, it could be found that the compressive modulus of the composite scaffolds improved with the continuously increasing of ZnO content. For example, the compressive modulus of PHBV/3nZnO scaffold increased from $58.6 \pm 3.36$ to $88.8 \pm 5.56$ MPa, which increased by 51.5% in comparison with that of pure PHBV scaffold. This might be attributed to the relatively high modulus of ZnO nanoparticles, which was in agreement with the results as reported in the literature [42].

### 3.4. Antibacterial Properties

Trauma infection was still a big challenge in bone repair, which required bone implants to have antibacterial activity [43, 44]. The bacterial inhibition rates of the scaffolds with various ZnO contents for 1, 4, and 7 days are shown in Figure 5(a). Obviously, the bacterial inhibition rates of the scaffolds increased with the extension of days. The bacterial morphologies on the various scaffolds for 7 days are shown in Figures 5(b). Obviously, several rod-like bacteria were adhered and connected to each other on the surface of PHBV scaffold. On the contrary, the number of adhered bacteria was greatly decreased with the introduction of ZnO. More interestingly, the shapes of bacteria became distorted and shriveled, which implied that the cellular structure was damaged. It has been reported that the concentration of Zn$^{2+}$ within 3 mg/L shows no cytotoxicity to normal cells [45]. In this work, the Zn$^{2+}$ releases concentrations of scaffold in the deionized water for 1, 4, and 7 days were measured by ICP-OES, and the corresponding results is displayed in Figure 5(c). All scaffolds showed a slow
and sustained Zn\(^{2+}\) release throughout the whole process. The maximum released Zn\(^{2+}\) concentration of the scaffold was 0.3364 ± 0.0024 mg/L, which was much lower than 3 mg/L. Therefore, the scaffolds have no negative effect on the normal function of cell.

Several antibacterial mechanisms had been proposed to interpret the antibacterial activity of ZnO nanoparticles, as shown in Figure 5(d). Briefly, it mainly consisted of the release of Zn\(^{2+}\), the mechanical damage of the cell membranes resulted from penetration of the nanoparticles, and the generation of reactive oxygen species [46]. In this work, the average size of ZnO was 50 nm, which was unlikely to penetrate into the cell wall to destroy the bacteria [47]. Moreover, the production of reactive oxygen species by ZnO should be in the irradiation of ultraviolet light [48]. Therefore, the release of Zn\(^{2+}\) might be a potential reason for the antibacterial activity of the scaffolds. Pasquet et al. [49] demonstrated that Zn\(^{2+}\) could absorb on the negatively charged bacterial wall by electrostatic interactions and thereby destroying the normal structure and function of the bacterial membrane, as well as interfering with protein metabolism and genetic expression of bacteria.

3.5. Cell Response. The cell response of the scaffolds plays a vital in bone repair [50, 51]. Considering the mechanical and antibacterial properties of the scaffolds, the PHBV/3nZnO scaffold was selected to further explore its cell behaviors. Cell adhesion was a prerequisite for a series of reactions such as migration, proliferation, and differentiation [52]. The SEM images of MG63 cells on PHBV and PHBV/3nZnO scaffolds for 1, 3, and 5 days are displayed in Figure 6. Apparently, the spread area of the cell on the scaffolds increased with the prolongation of time. It could be found that the cell on PHBV scaffold presented an ellipse shape in the whole culture.
Figure 6: SEM images regarding the cell adhesion behavior on PHBV and PHBV/3nZnO scaffolds for 1, 3, and 5 days of culture.

Figure 7: (a) Fluorescence images and (b) optical density of cells on PHBV and PHBV/3nZnO scaffolds after 1, 3, and 5 days of culture. $n = 3$, $p < 0.05$. 
periods, which was attributed to the hydrophobic properties of the scaffolds [53]. Compared with the PHBV scaffold, the cells on PHBV/3nZnO displayed a flat and stretched shape after 1 day of culture. With the increase of culturing time, more adhered cells with longer filopodia attachment were observed on the PHBV/3nZnO scaffold, indicating its positive effect on cell adhesion and spreading.

Fluorescence test was performed to further explore the proliferation of cells on PHBV and PHBV/3nZnO scaffolds and the corresponding fluorescence images for 1, 3, and 5 days of cultures are shown in Figure 7(a). Live cells are stained in green, whereas dead cells are stained in red. Clearly, after 1-day culture, the cells on scaffold presented a healthy and normal polygonal shape, without obvious dead cells, which indicated that these scaffolds provided favorable survival environment. Meanwhile, the cell numbers increased significantly after 3 and 5 days of culture. The cell proliferation was quantitatively described by CCK-8 measurements, and the results are displayed in Figure 7(b). The optical density of PHBV and PHBV/3nZnO scaffolds displayed a significant difference after 5-day culture, implying that the ZnO could promote the cell proliferation.

Alkaline phosphatase (ALP) activity, as a typical marker, was widely accepted to reflect the early differentiation of osteoblasts [54, 55]. The staining images of MG-63 cell on PHBV and PHBV/3nZnO scaffolds after 1, 3, and 5 days of culture are presented in Figure 8. The ALP-positive areas of the cells increased with the increase of culture time. Moreover, the MG-63 cells seeded on PHBV/3nZnO scaffolds displayed a more significant ALP staining than that of PHBV scaffolds at the same culture time, which indicated that the PHBV/3nZnO scaffolds could promote the cell differentiation. Combining with CCK-8 and live/dead staining assays, it was indicated that PHBV/3nZnO scaffold was more conducive to cell adhesion, growth, and differentiation. The released Zn\textsuperscript{2+} could participate in the modulation of cellular signaling transduction [56]. Meanwhile, the Zn\textsuperscript{2+} could regulate the interaction between signal peptides and extracellular membrane receptors, thereby improving the cell behaviors [57]. In addition, Zn is an important trace element, which widely involves in synthesis of several nucleic acid and protein [58].

4. Conclusion

In this study, ZnO nanoparticles were incorporated into PHBV scaffolds fabricated by the SLS technique, aiming at improving their mechanical properties and antibacterial activities. The results indicated that a scaffold with 3 wt.% ZnO exhibited a uniform dispersion and simultaneously could provide a nucleating site for the orderly stacking of PHBV chains. The relative crystallinity of PHBV/3nZnO scaffold remarkably increased from 38% to 64% in comparison with that of pure PHBV scaffold. The improved crystallinity could effectively enhance the compression strength and modulus of the scaffold by 56% and 51.5%, respectively. Moreover, Zn\textsuperscript{2+} released by the scaffolds could efficiently inhibit the growth of E. coli and promote the cell behaviors in terms of cell proliferation and differentiation. All these positive results confirmed that the scaffold was one potential bone scaffold material.

Data Availability

The case data used to support the findings of this study are included within the article.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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