ABSTRACT

BACKGROUND AND PURPOSE: The demonstration of prominent medullary veins in the deep white matter ipsilateral to acute ischemic stroke has been shown to predict poor clinical outcome. We have investigated the prognostic implications of prominent medullary veins in patients with subacute stroke who present outside the therapeutic window for revascularization therapy.

MATERIALS AND METHODS: Forty-three consecutive patients with ischemic stroke in the middle cerebral artery territory presenting within 3–7 days of ictus were enrolled. The presence of prominent medullary veins in the periventricular white matter of the ipsilateral and contralateral medullary vein hemispheres was recorded. Perfusion-weighted imaging was used to calculate differences in hemispheric CBF from corresponding areas. Clinical outcome was classified as good if the modified Rankin Scale score was <3.

RESULTS: Prominent medullary veins were observed in 24/43 patients with 14 ipsilateral medullary veins and 10 contralateral medullary veins. The ipsilateral medullary vein was independently associated with poor outcome (odds ratio, 11.19; P = .046). The contralateral medullary vein was not independently predictive of outcome but was significantly more common in patients with good outcome (90.0% contralateral medullary veins). A mean 64.5% decrease and a 52.4% increase of differences in hemispheric CBF were found in ipsilateral medullary veins and contralateral medullary veins, respectively.

CONCLUSIONS: The ipsilateral medullary vein was a significant predictive biomarker of poor clinical outcome after stroke and was associated with hypoperfusion. The contralateral medullary vein was associated with good clinical outcome, and we hypothesize that prominent contralateral medullary veins indirectly reflect increased CBF in the ipsilateral hemisphere due to spontaneous recanalization or collateral flow.

ABBREVIATIONS: ΔCBF = differences in hemispheric CBF; MV = medullary veins; MVC = contralateral medullary veins; MVI = ipsilateral medullary veins; Norm = normal appearances; TIMI = Thrombolysis in Myocardial Infarction
come for reperfusion and recanalization with an accuracy greater than that of perfusion-diffusion mismatch.⁹

Prominence of the MV is also seen in the subacute stage of ischemic stroke.¹⁰ In clinical practice, we have noted that prominent MV may be seen ipsilateral or contralateral to infarction. Such imaging signs may provide important prognostic information toward the application of tissue-rescue therapies (such as recanalization or vasodilation) to prevent stroke progression during the subacute phase. We have therefore used SW1 combined with dynamic contrast-enhanced MR imaging to test the following hypotheses: 1) Prominent ipsilateral MV are prognostic biomarkers of poor outcome in patients with subacute ischemic stroke; 2) prominent ipsilateral MV are associated with hypoperfusion; and 3) prominent contralateral MV provide additional prognostic information.

MATERIALS AND METHODS

Patients

The study was approved by the Medical Ethics Committee of the Second Affiliated Hospital of Zhejiang University School of Medicine, and written informed consent was obtained from all subjects.

Recruitment took place between March 2012 and January 2014. Inclusion criteria were the following: first-ever ischemic stroke, involving the vascular territory of the unilateral middle cerebral artery, without hemorrhagic infarction; age older than 18 years; admission between 3 and 7 days after stroke onset; and National Institutes of Health Stroke Scale score of 5–21 on admission. Exclusion criteria were any evidence of previous stroke on initial brain MRI. No patients were treated with thrombolytic or recanalization therapies. Demographic information and vascular risk factors, including age, sex, diabetes mellitus, hypertension, hyperlipidemia, and smoking and drinking histories, were recorded. Neurologic impairment on admission was assessed by using the NIHSS score. Clinical outcome at 3 months was evaluated by using the modified Rankin Scale¹¹; (good outcome = mRS < 3). The NIHSS and mRS were assessed by an experienced stroke neurologist who was blinded to the imaging findings.

MR Imaging Protocol

Brain MR images were obtained on a 3T scanner (Signa Excite; GE Healthcare, Milwaukee, Wisconsin) by using an 8-channel brain phased array coil. Susceptibility-weighted images were acquired by using a 3D high-resolution flow-compensated multiecho gradient-echo sequence (TR/TE = 45/5–35 ms, 6 echoes with an echo spacing of 6.048 ms, flip angle = 25°, section thickness = 2 mm, matrix = 384 × 320 interpolated into 512 × 512, FOV = 24 cm). MRA was acquired by using a 3D time-of-flight sequence (TR/TE = 20/3.2 ms, flip angle = 15°, section thickness = 1.4 mm, matrix = 320 × 224, FOV = 24 cm). DWI was acquired by using an echo-planar imaging sequence (TR/TE = 4000/78.5 ms, flip angle = 90°, section thickness = 4 mm, section gap = 1 mm, matrix = 256 × 256, FOV = 24 cm) by using a single b-value of 1000 s/mm² applied in 3 orthogonal directions. PWI was performed by using a T2* sensitive gradient-echo EPI sequence (TR/TE = 1700/30 ms, flip angle = 60°, section thickness = 4 mm, section gap = 1 mm, matrix = 128 × 128, FOV = 24 cm). Sixty time points were acquired with a temporal resolution of 1.7 seconds. Contrast agent (Gd-DTPA, Ominscan; GE Healthcare, Piscataway, New Jersey), 0.1-mmol/kg body weight, was administered via an antecubital vein at a rate of 4 mL/s followed by a 20-mL saline flush injected at the same rate following the T1-weighted scan acquisition.

Image Processing and Analysis

The latter 3 echoes (TE = 23.144, 29.192, and 35.240 ms) of multiecho susceptibility-weighted images were averaged to improve the conspicuity of the MV.¹² Each echo of the SW1 was processed by using a high-pass filter (64 × 64) followed by phase multiplication by using a factor of 4 and production of a minimum intensity projection over 3 sections based on the magnitude and phase images by using the signal processing in NMR software (Wayne State University, Detroit, Michigan). The presence of prominent MV was assessed at the level of periventricular white matter (from immediately above the basal ganglia to the highest section including ventricle) on the axial plane of the synthesized MIP susceptibility-weighted images.⁹ Prominence of the MV was defined as an increased number of MV in 1 hemisphere with at least 5 more seen in comparison with the contralateral hemisphere. This criterion was adapted from the scoring schema described by Horie et al.¹³ We did not use the entire grading scale described by Horie et al because we were interested only in the significance of increased MV, so we adopted their cutoff value of a hemispheric asymmetry of > 5. A neurologist and a radiologist, each blinded to the results of the other and to the clinical data and other MR images, performed the assessment. In the case of discrepancies, consensus was reached through discussion. Figure 1 shows the examples of ipsilateral MV (MVi), contralateral MV (MVc), and normal appearances (Norm).

Parametric maps of CBF were derived from PWI by using Perfusion Mismatch Analyzer software (http://assist.umin.jp/index-e.htm). CBF was measured in the territory of the medullary veins corresponding to their location on susceptibility-weighted images by using symmetric ROIs between 2.4 and 3.0 cm² (red rectangular ROIs shown on the CBF images in Fig 1). The hemispheric perfusion ratio (differences in hemispheric CBF [ΔCBF]) was calculated as:

\[ ΔCBF = \frac{CBF_{\text{affected side}} - CBF_{\text{normal side}}}{CBF_{\text{normal side}}} \times 100\% \]

Hypoperfusion and hyperperfusion were respectively defined as a decrease or increase of ΔCBF of > 20% compared with the contralateral hemisphere.¹⁴

The size of the ischemic lesion on DWI was determined by using a semiautomated threshold algorithm to identify the area with an intensity greater than the mean plus 2 SDs of the value in the homologous contralateral region.¹⁵

The vascular status was identified on MRA by 2 radiologists who gave a consensus rating by using the Thrombolysis in Myocardial Infarction (TIMI) grading scale¹⁶: 0 = complete occlusion, 1 = severe stenosis, 2 = mild or moderate stenosis, and 3 = normal. We categorized vascular status into 3 subgroups: occlusion (TIMI 0), stenosis (TIMI 1–2), and normal (TIMI 3). At the same time, the site of arterial stenosis-occlusion was also evaluated.
**Statistical Analysis**

Continuous variables are shown as mean ± SD or median (interquartile range), whereas categoric variables are presented as absolute and relative frequencies. Interrater reliability of prominent MV was assessed by using κ statistics. The clinical and imaging variables between good and poor outcome groups were analyzed by using a 2-sample independent *t* test or a Mann-Whitney *U* test for continuous variables and a Pearson χ² test or Fisher exact test for categoric variables. Univariate and multivariate logistic regression (forward method) models were used to determine the independent contribution of factors to clinical outcome. Specific variables (age, sex, NIHSS, and DWI lesion size) were preselected for entry into the model. Other variables were selected for entry into the model if the differences between good and poor outcome groups were significant at the *P* < .1 level. The clinical and imaging variables among the 3 groups (MVi, MVc, and Norm) were compared by using 1-way ANOVA or the Kruskal-Wallis test for continuous variables and the Pearson χ² test or Fisher exact test for categoric variables. The independent factors associated with MVi and MVc were analyzed by using multivariate logistic regression analysis. Variables were selected for entry into the model only if the Spearman correlation coefficient was less than a 0.5 level. Odds ratios with their 95% confidence intervals of factors in logistic regression analysis were estimated. A 2-tailed value of *P* < .05 was considered significant. Statistical analysis was performed by using SPSS 20.0 for Windows software (IBM, Armonk, New York).

**RESULTS**

**Patient Characteristics**

Forty-three patients were recruited (mean age, 59.1 ± 12.4 years; range, 36 to 80 years); 25/43 (58.1%) were men. The time between MR imaging and symptom onset was 4.9 ± 1.4 days (range, 3–7 days). The NIHSS score on admission was 9.8 ± 3.5 (range, 5–17).

**Interrater Agreement for Evaluation of Prominent MV**

Interrater agreement for the evaluation of prominent MV was excellent (κ = 0.927), as it was for MVi (κ = 0.937) and MVc (κ = 0.922). Prominent MV were seen in 24/43 (55.8%) patients, with 14 (32.6%) MVi and 10 (23.2%) MVc.
Factors Associated with Clinical Outcome

Twenty-four of 43 (55.8%) patients were classified as having good outcome, and 19/43 (44.2%), as having poor outcome. There were significant differences between the 2 groups in age (P = .008), admission NIHSS score (P = .002), site of arterial steno-occlusion (P = .085), and prominent MV (P = .003) (Table 1). Both MVi (P < .01) and MVc (P < .05) were significantly different between groups. MVi were significantly more common in the poor outcome group (57.9% versus 12.5%, P = .002), and MVc were significantly more common in the good outcome group (37.5% versus 5.3%, P = .026). Multivariate regression analysis demonstrated that MVi (OR, 11.19; 95% CI, 1.04–120.03; P = .046), age (OR, 1.13; 95% CI, 1.03–1.24; P = .013), and admission NIHSS score (OR, 1.67; 95% CI, 1.03–2.69; P = .036) were independently associated with poor clinical outcome (Table 2).

Relationship of Cerebral Blood Flow to MV Prominence

MVi were associated with a mean 64.5 ± 18.0% (range, 33.6%–88.3%) decrease in ΔCBF; and MVc, with a mean 52.4 ± 22.2% (range, 30.1%–102.4%) increase (Fig 2). Subjective review of the CBF images showed that changes in ΔCBF reflected decreases in CBF in the ipsilateral hemisphere in the presence of MVi and clear hyperperfusion in the presence of MVc (Fig 1). In addition to ΔCBF (P < .001), other factors, including admission NIHSS score (P = .042), vascular status (P = .001), site of arterial steno-occlusion (P < .001), and DWI lesion volume (P < .001), also showed significant differences among MVi, MVc, and Norm groups (Table 3). Vascular status was highly correlated with ΔCBF (r = 0.617, P < .001) and DWI lesion volume (r = 0.736, P < .001). The site of arterial steno-occlusion was highly correlated with DWI lesion volume (r = 0.583, P < .001). Multiple logistic regression analysis showed that ΔCBF was negatively related to MVi but positively associated with MVc (OR, 0.91; 95% CI, 0.85–0.97; P = .005; and OR, 1.22; 95% CI, 1.01–1.47; P = .037, respectively) (Table 4).

DISCUSSION

The identification of predictive and prognostic biomarkers for patients with ischemic stroke has major potential clinical implications. In recent years, there has been increasing recognition that changes in the appearance of MV on SWI may provide novel, clinically relev-
vant biomarkers. SWI is a relatively novel technique that maximizes sensitivity to susceptibility differences, caused by the presence of paramagnetic substances, by combining a long TE, high-resolution, fully flow-compensated sequence with a 3D gradient-echo sequence. Magnitude and phase data are both used in image reconstruction, and the technique is very sensitive for the detection of microhemorrhage but also for the detection of deoxygenated venous blood.17–19 The sensitivity of SWI to high concentrations of deoxyhemoglobin produces high contrast between normal brain and venous structures, which has led to increasing interest in cerebral venous structures and venous abnormalities.

The initial observation by Morita et al1 in 2008 of prominent MV in the ipsilateral hemisphere of patients with acute stroke was rapidly confirmed and given the name of the “brush sign.” Subsequent studies have shown a strong relationship between the presence of ipsilateral prominent MV and hemorrhagic transformation and outcome in patients undergoing thrombolytic therapy for hyperacute or acute stroke.2,3,9

The mechanisms producing increased prominence of MV reflect increased deoxyhemoglobin content within the imaged voxels. This may, in part, reflect an increase in venous volume due to vasodilation induced by regional ischemia.3,5 However, it will also occur if the venous deoxyhemoglobin concentration is increased as a result of increases in oxygen extraction in the venous drainage territory.1,4–6 A relationship between prominent MV and continuing ischemia in the drainage territory is in keeping with the observed relationships with poor clinical outcome and hemorrhagic transformation.

In the present study, we examined the implications of prominent MV in patients with subacute ischemic stroke, diagnosed after the therapeutic window for revascularization or recanalization therapies. Our initial clinical observations demonstrated that prominent MV are seen in this scenario but also that they may be seen in the hemisphere either ipsilateral or contralateral to the stroke.

Our first hypothesis, based on the results of previous studies, was that prominent ipsilateral MV are prognostic biomarkers of poor outcome in patients with subacute ischemic stroke. This is based on an assumption that prominent MV in the ipsilateral hemisphere reflect increased oxygen extraction due to continuing ischemia in the venous drainage territory. The findings supported this hypothesis, demonstrating that MVi were an independent prognostic feature for clinical outcome with an odds ratio of >11 (95% CI, 1.04–120.03; P = .01). Our second hypothesis was that prominent ipsilateral MV are associated with hypoperfusion. Once again the findings support the hypothesis, with significant decreases in ΔCBF seen in association with prominent MVi. These findings suggest that in the subacute setting, a subgroup of patients with stroke identified by the presence of MVi, have poorer clinical outcomes resulting from continued ischemia of sufficient severity to require an increase in the oxygen extraction fraction. The poor clinical outcome may result from cellular bioenergetic failure, blood-brain barrier dysfunction, and postischemic proliferative response.2,3,8

### Table 3: Clinical and imaging characteristics among MVi, MVc, and Norm groups

| Variable                        | MVi (n = 14) | MVc (n = 10) | Norm (n = 19) | P Value |
|--------------------------------|-------------|-------------|--------------|---------|
| Age (mean) (yr)                | 57.4 ± 12.2 | 53.5 ± 11.2 | 63.2 ± 12.4 | .113    |
| Men (No.) (%)                  | 10 (71.4)   | 5 (50.0)    | 10 (52.6)   | .528    |
| Time to MRI examination (mean) (day) | 4.6 ± 1.6   | 5.5 ± 1.4   | 4.9 ± 1.2   | .312    |
| Admission NIHSS score (mean)   | 11.5 ± 3.5  | 9.9 ± 4.3   | 8.5 ± 2.4   | .042a   |
| Vascular risk factors          |             |             |              |         |
| Diabetes mellitus (No.) (%)    | 7 (50.0)    | 3 (30.0)    | 10 (52.6)   | .501    |
| Hypertension (No.) (%)         | 6 (42.9)    | 5 (50.0)    | 7 (36.8)    | .858    |
| Hyperlipidemia (No.) (%)       | 9 (64.3)    | 3 (30.0)    | 10 (52.6)   | .287    |
| Smoking (No.) (%)              | 6 (42.9)    | 4 (40.0)    | 5 (26.3)    | .651    |
| Drinking (No.) (%)             | 5 (35.7)    | 2 (20.0)    | 4 (21.1)    | .662    |
| Lesion left location (No.) (%) | 6 (42.9)    | 8 (80.0)    | 9 (47.4)    | .117    |
| Vascular status (TIMI)         |             |             |              |         |
| Occlusion (TIMI 0)             | 12 (85.7)   | 2 (20.0)    | 6 (31.6)    | .001b   |
| Stenosis (TIMI 1–2)            | 2 (14.3)    | 1 (10.0)    | 3 (15.8)    |         |
| Normal (TIMI 3)                | 0 (0.0)     | 7 (70.0)    | 10 (52.6)   |         |
| Site of arterial steno-occlusion |          |             |              | <.001b  |
| Intracranial distal ICA        | 4 (28.6)    | 1 (10.0)    | 1 (5.3)     |         |
| MCA M1 segment                 | 9 (64.3)    | 1 (10.0)    | 6 (26.3)    |         |
| MCA M2 segment                 | 1 (7.7)     | 1 (10.0)    | 3 (15.8)    |         |
| None                           | 0 (0.0)     | 7 (70.0)    | 10 (52.6)   |         |
| DWI lesion volume (median) (IQR) (cm³) | 30.2 (16.4–46.4) | 9.5 (7.5–20.8) | 3.3 (2.2–8.5) | <.001b |
| ΔCBF (mean) (%)                | −64.5 ± 18.0| 52.4 ± 22.2 | 4.8 ± 9.9   | <.001b  |

Note: — IQR indicates interquartile range.

* a P < .05.
* b P < .01.
emic inflammation, all of which are related to poor clinical outcome.20

Our third hypothesis was that prominent contralateral MV may provide additional prognostic information. Although MVc did not provide independent significant predictive power for clinical outcome, there was a significant difference in the incidence between outcome groups with MVc, seen in 37.5% of patients with good outcome and only 5.3% of patients with poor outcome (P < .05). Prominent MVc were associated with a significant increase in ΔCBF, reflecting hyperperfusion in the ipsilateral hemisphere. The presence of perilesional hyperperfusion in the early postinfarct stage has been recognized for >20 years.21,22 Hyperperfusion occurs in the ischemic penumbra following recanalization or reperfusion and is seen in up to 50% of patients with a mean delay of 5.8 days from ictus.23,24 There is extensive evidence that hyperperfusion causes a decreased oxygen extraction fraction and is associated with improved clinical outcome.22,23,25–27 However, there is also a link between hyperperfusion and increased risk of hemorrhagic transformation.28 The mechanism of hyperperfusion is incompletely understood, but regional increases in cerebral metabolism have been demonstrated by using MR spectroscopy, leading to the suggestion that local metabolic changes produce local vasodilation.25 Vasodilation induced by early recanalization may decrease the resistance to blood flow, allowing an increase in CBF. Other works have suggested that cerebrovascular autoregulation fails to re-establish for a time following reperfusion.23 Whatever the underlying mechanism, it is likely to represent regional decreases in cerebrovascular resistance. These unilateral changes in cerebrovascular resistance, particularly in the presence of proximal arterial occlusions, will promote collateral flow via the circle of Willis or leptomeningeal vessels. We hypothesize that prominent MVc indirectly reflect increased CRF in the ipsilateral hemisphere due to spontaneous recanalization or collateral flow, resulting in relatively decreased deoxyhemoglobin concentration in the draining veins due to excessive oxygen delivery and thus an increase in signal intensity within the medullary veins.

Our study is limited by its relatively small sample size (n = 43) and cross-sectional design; therefore, our results should be interpreted cautiously. Second, both SWI and MRA data were collected at the same time point; thus, the causal relationship between change of vascular status and prominence of MV cannot be answered in the current study.

### Table 4: Results of multiple logistic regression analysis for the MV prominence

| Variable                  | P Value | OR   | 95% CI          |
|---------------------------|---------|------|-----------------|
| MVc Admission NIHSS score | .987    | 1.004| 0.604–1.671     |
| DWI lesion volume         | .217    | 1.000| 1.000–1.000     |
| ΔCBF                      | .005a   | 0.910| 0.851–0.972     |
| MVc Admission NIHSS score | .116    | 2.213| 0.822–5.961     |
| DWI lesion volume         | .023b   | 1.000| 1.000–1.000     |
| ΔCBF                      | .037b   | 1.217| 1.012–1.464     |

a P < .01.
b P < .05.

### CONCLUSIONS

This study shows that prominence of MV on SWI in the hemisphere ipsilateral to stroke has significant power to predict clinical outcome, similar to that seen in patients in the acute stroke setting. We have described the relationship between the prominence of MV in the contralateral hemisphere and good clinical outcome which, we hypothesize, reflects the development of penumbral hyperperfusion in combination with spontaneous recanalization or active collateral flow via the circle of Willis or leptomeningeal vessels.

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