Supplementary Table 2.

*Examples of meaning units, condensed text, codes, subcategories and categories.*

| Meaning unit | Condensed Meaning Unit | Code | Subcategory | Category |
|--------------|------------------------|------|-------------|----------|
| “The main thing is what’s in his glass, he has to drink that [the nutritional supplement], he won’t get away with less than that” (Gustav’s father) | Won’t get away with less than what’s in his glass | Nutritional supplements | Ensure bodily needs | One situation, different functions |
| “Mixing different food doesn’t work. She must have it in separate heaps on the plate. She must know exactly what there is” (Lisa’s mother) | Mixed food doesn’t work, needs to be served separately | Food serving | Food preferences | On the child’s terms |
| “That feeling when I found the first Facebook group and just, ‘There are others, it’s not just us!’ There are other parents going through the same thing, there are other children” (Karl’s mother) | Through Facebook finding other parents and children going through the same thing | Not just us | Being the unusual one | Doing something to me |
| “There are times when she just eats a few bites, but other times when she gulps down a whole plate” (Alice’s father) | At times, just a few bites, other times eats a lot | Amount of food | The child during mealtimes | An unpredictable pattern |