Additionally, the high conversion rate (two of five) in those who reported consistent mask use when caring for active TB cases may suggest overreporting of mask use, poor adjustment of the mask, contact with an unsuspicious active cases (9), or contact with a contaminated environment.

This high TST conversion rate and incidence of TB demonstrate the inadequacy of hospital infection control measures. In Peru, both unsuspicious active TB and multidrug-resistant TB are highly prevalent (9). Rapid detection and respiratory isolation of patients with active or suspected TB are rarely practiced.

In conclusion, Peruvian physicians have an extremely high risk of TST conversion and active TB. Hospitals in developing countries need to design and implement effective and appropriate infection control measures such as appropriate mask usage, sputum testing, and rapid reporting of MTB smears of all patients with respiratory symptoms, as well as respiratory control for smear-positive TB cases (10).

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First Documented Human Rickettsia aeschlimannii Infection

To the Editor: Rickettsia aeschlimannii, which was first isolated from Hyalomma marginatum ticks collected in Morocco in 1997 (1), has also been found in H. marginatum ticks from Zimbabwe, Niger, and Mali (2). For the past 3 years, we have included this species in the panel of rickettsiae for which sera from patients with suspected tickborne diseases are routinely tested. This procedure allowed us to document, by polymerase chain reaction (PCR) amplification and serologic testing, the first case of R. aeschlimannii human infection, which occurred in a patient returning from Morocco.

This 36-year-old man traveled to Morocco in August 2000. On returning to France, he noticed a vesicular lesion of the ankle, which became necrotic and resembled the typical “tâche noire” of Mediterranean spotted fever (3). He became ill with fever of 39.5°C and a generalized maculopapular skin rash. Laboratory tests showed a normal blood cell count but moderately increased transaminases. An early serum specimen was tested to confirm the diagnosis of Mediterranean spotted fever. By immunofluorescence, the patient’s serum had immunoglobulin G and M titers of 1:32 and 1:16, respectively, against R. aeschlimannii; 0 and 1:16 against R. conorii, R. africae, R. slovaca, R. helvetica, and R. massiliae; and 0 and 1:8 against “R. mongolotimonae.” Western blot results showed that the patient’s serum reacted more intensively with R. aeschlimannii proteins than with those of the other tested rickettsiae. Attempted PCR amplification of a 630-nt portion of the rickettsial ompA gene (nt 70 to 701) (4) from the early serum specimen yielded a product of the expected size. The sequence of this amplicon allowed the identification of R. aeschlimannii with 100% homology. The patient was treated with doxycycline, 200 mg daily for 1 week, and rapidly recovered.

This case is the first documented infection caused by R. aeschlimannii, a Rickettsia that had been isolated only from Hyalomma marginatum ticks from Africa. In our patient, its pathogenic role was demonstrated by PCR, a technique that has also proven useful in identifying other new rickettsial diseases, including infections with
R. helvetica (5), R. slovaca (6), and R. felis (7). The serologic findings indicated antibodies at a higher level to R. aeschlimannii than to other tested species. R. aeschlimannii is phylogenetically distant from R. conorii but is closely related to R. rhipicephali and R. montanensis, which have never been described as human pathogens. This patient appeared to have a typical case of R. conorii infection, with seasonal and geographic characteristics favoring this diagnosis (3). This case was clinically and epidemiologically mistaken for R. conorii infection, suggesting that R. aeschlimannii may be another cause of Mediterranean spotted fever in Morocco.

The systematic identification of rickettsial species in human infections continues to increase the number of recognized human pathogens (3). This finding has demonstrated once again that more than one species or serotype of tick-transmitted rickettsia may be prevalent in the same area, as observed, for example, with R. slovaca, “R. mongolotimonae,” and R. conorii in southern France (3); R. africacae and R. conorii in sub-Saharan Africa (8); and R. conorii and Israeli spotted fever rickettsia in Sicily and Portugal (9). Rickettsia species first identified in ticks should be considered as potential human pathogens, as all recently described tick-transmitted rickettsiae pathogenic for humans were initially found in ticks and were considered nonpathogenic for several years (3).

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Cost-Effective Screening for Trichomoniasis

To the Editor: I read with interest a recent article in your journal, “Trichomonas vaginalis, HIV, and African Americans” (1), and I commend the authors’ suggestion to implement screening and reporting of trichomoniasis for high-risk populations.

In the article, a cost-effective screening approach is mentioned, which includes culturing only for T. vaginalis and adding swabs immediately to pouches at bedside. This method of delaying the second test until the results of the first test are known should be considered in screening women for trichomoniasis, especially in high-prevalence populations.

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Reply to Dr. Schwebke

To the Editor: We welcome Dr. Schwebke’s thoughtful comments about decreasing the cost of screening for Trichomonas vaginalis. Dr. Schwebke and her colleagues have demonstrated that storing a vaginal swab for 15–20 minutes in a glass tube at room temperature does not affect the viability of T. vaginalis or reduce the sensitivity of subsequent culture. This finding shows that vaginal swabs may be stored briefly while a wet-mount preparation is made and examined. If the wet mount is negative for T. vaginalis, the stored swab can then be processed for culture. If the wet mount is positive for T. vaginalis, no further culture of the specimen is needed, thereby reducing unnecessary costs. Given that the prevalence of this infection often exceeds 20% in high-risk populations, this approach can reduce costs substantially without compromising the accuracy of the tests. Any method that reduces the cost of diagnosis will advance further.