Influence of polymer swelling and dissolution into food simulants on the release of graphene nanoplates and carbon nanotubes from poly(lactic) acid and polypropylene composite films

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ABSTRACT: The study compared the effects of swelling and dissolution of a matrix polymer by food simulants on the release of graphene nanoplates (GNPs) and multiwall carbon nanotubes (MWCNTs) from poly(lactic) acid (PLA) and polypropylene (PP) composite films. The total migration was determined gravimetrically in the ethanol and acetic acid food simulants at different time and temperature conditions, while migrants were detected by laser diffraction analysis and transmission electron microscopy. Swelling, thermal analysis, and scanning electron microscopy were applied to characterize the degradation of polymer films at the migration conditions. The release of nanoparticles was found in a high-temperature migration test of 4 h at 90 °C. The hydrolytic dissolution of the PLA polymer in the food simulants caused a migration of GNPs (>100 nm) from the PLA/GNP/MWCNT films into the simulant solvents, while the entangled MWCNTs formed a network on the film surface, preventing their migration from the PLA composite films. In contrast, the PP polymer slightly swells in ethanol solvents, allowing some short carbon nanotubes to be released from the surface and cut edges of the PP/MWCNT film into food simulants. Mathematical modeling of diffusion was applied that accounts for type of polymer, time–temperature conditions, and solvent concentration; model parameters were validated with experimental results.

KEYWORDS: biodegradable; degradation; packaging; swelling

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INTRODUCTION

Researchers in food packaging technology are actively exploring the potential of polymer nanotechnology in order to answer the increased requirements for packaging materials to be stronger but lightweight, have certain functional properties, and increase the shelf life of the food.1,2 Incorporation of multiwall carbon nanotubes (MWCNTs) and graphene nanoplates (GNPs) in poly(lactic) acid (PLA) and polypropylene (PP) is a promising approach for food packaging applications, leading to several benefits, such as improved mechanical, thermal, and barrier properties of the polymeric films.3–5 It was recently found that carbon nanotubes and graphene have unique antimicrobial properties at direct contact with bacteria, due to electrostatic repulsion and oxidative stress.6 Such properties make graphene and carbon nanotubes attractive nanofillers for active, reinforced, and smart packaging materials in food applications.

Despite the many advantages of nanotechnology, there were serious uncertainties in the use of graphene and carbon nanotube-based composites as materials in contact with food that were related to consumer exposure to those nanoparticles through migration into food and drink. Both graphene nanoplates and carbon nanotubes fall under the definition of nanomaterial according to (EU) No. 696/2011.7 The migration of substances into foodstuff is an important aspect of food packaging. Migration is a complex diffusion process from a theoretical point of view and is influenced by the concentration gradient of the additive, its solubility, the nature of the food simulant, temperature, and contact time.8 Some theoretical studies reported that nanoparticles larger than 3–4 nm in diameter cannot migrate (following a Fickian law of diffusion) from commodity plastics films, when fully incorporated in plastic film.9–11 It is generally believed that because of the fixed or embedded nature of nanoparticles in polymer, they will not migrate from film into food and thus not pose a risk to the consumer.12

The chemical stability of the matrix polymers in food simulant solvents is an important characteristic that has to be taken into account when analyzing the migration. The dissolution or degradation of the matrix polymer in the food simulant solvents

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may assist the release of nanoparticles from the nanocomposite film into the surrounding media. Duncan et al.\textsuperscript{13} considered two routes for the release of nanoparticles from polymer films: via passive diffusion, desorption, and dissolution from the surface of the film into the liquid media; and via matrix degradation.\textsuperscript{14} Schmidt et al.\textsuperscript{15} found that asymmetric clay platelets of lateral size 50–800 nm indeed migrate from PLA composite film into food simulant (95% ethanol) due to matrix degradation. These authors observed the PLA polymer degradation by the shift of the molecular mass distribution of the polymer before and after migration contact.

The polymers of choice in this study are the biodegradable poly(lactic) acid (PLA) polymer produced from natural sources and the polypropylene (PP) that is an oil-based polymer; both are widely used for food packaging applications. Researchers have reported\textsuperscript{16–19} that ethanol and other polar solvents are aggressive to PLA polymer due to hydrolysis, leading to the release of lactic acid monomers, dimers, and oligomers. The PLA degradation products are subsequently hydrolyzed in aqueous systems to lactic acid, which is a natural product and food ingredient. In contrast, polypropylene is more resistant to organic chemicals than are most other commercially available thermoplastics.\textsuperscript{20} In some studies, the swelling process was found to be dominant for polypropylene in the ethanol-based solvents.\textsuperscript{21} To our knowledge, no attempt has been made to characterize materials migrated from PLA and PP composite films incorporating graphene nanoplates and carbon nanotubes into food simulants. Moreover, it has not yet been explored in depth if the partial degradation of the matrix polymer by the food simulant solvents may cause a release of graphene nanoplates and carbon nanotubes from the plastic films.

The main objective of the present work is to report experimental data for overall migration from the composite PLA and PP films, incorporating 2 wt % carbon nanofillers (graphene nanoplates and carbon nanotubes), as well as to detect migration of GNP\textsuperscript{s} and MWCNT\textsuperscript{\textsuperscript{s}}. The effect of high-temperature migration conditions on polymer degradation and the enhanced molecular mobility on overall migration are discussed. Neither graphene nanoplates nor carbon nanotubes are found in the list of materials explicitly authorized and included in the European Plastics Regulation specifications.\textsuperscript{22–24} The possible migration of graphene nanoplates and carbon nanotubes into food is of great concern because of their toxicity and similarity to asbestos, so they may cause adverse health and environmental effects.\textsuperscript{25,26} Therefore it is important to characterize migrants from nanocomposite films containing graphene and carbon nanotubes into different food simulants while varying the time-temperature migration conditions. Here the migrants in the food simulants were detected by laser diffraction analysis and high-resolution transmission electron microscopy. The degradation of the polymer before and after migration tests was investigated by swelling tests, thermal analysis, and scanning electron microscopy. Migration modeling was applied to predict the diffusion coefficient and concentration of migrants released from nanocomposite films depending on the matrix polymer, temperature, and solvent concentration.

**EXPERIMENTAL**

**Materials**

A thermoplastic masterbatch of graphene/poly(lactic) acid polymer containing 8 wt % graphene nanoplates and short multi-wall carbon nanotubes (GRAPH-PLA) was supplied by Graphene 3D Lab. The PLA4043D Ingeo Biopolymer, supplied by NatureWorks\textsuperscript{\textsuperscript{3}}, is synthesized from a family of lactic monomers with different molecular weights: L-100, L-300, L-800, and M-3000. The average molecular weight of the final PLA polymer is around MW \approx 160,000 DA. The residual lactide from the PLA pallets is reported to be <0.3% in total, where the residual D,L-lactide is <0.13% and the meso-lactide is <0.19%. Isotactic polylactide (PP), Buplen 6231 (from Lukoil, Bulgaria), and the commercial masterbatch Plasticyl PP2001 (from Nanocyl S.A., Belgium) containing 20% multiwall carbon nanotubes were used in this study.

**Preparation of Nanocomposites and Films**

The masterbatch of poly(lactic) acid nanocomposites with GNP\textsuperscript{s} and MWCNT\textsuperscript{\textsuperscript{s}} was diluted with the neat PLA for production of the 2 wt % nanocomposites. Melt mixing in the temperature range 170–180°C was applied. The 2 wt % MWCNT nanocomposite in polypropylene was prepared by dilution of the 20% PP/MWCNT masterbatch with neat PP in the temperature range 180–200°C. Both nanocomposites were processed with a double-screw extruder at the screw speed of 45rpm and then pelletized.

Films with thickness of \approx 30 \mu m were fabricated by hot pressing of pellets at 190°C. The nanocomposite films were named the PLA/GNP/MWCNT film and PP/MWCNT film, respectively. The neat PLA and neat PP films were prepared as control samples using the same pressing procedure as for the composite films. Test samples were cut from the films and subjected to further studies.

**Swelling and Dissolution**

The swelling behavior of the PLA-based and PP-based neat and composite films was investigated in three food simulants. Disk samples with diameter 3 cm and thickness 30 \mu m were used for the swelling tests. The degree of swelling of the disk samples was determined gravimetrically by weighing the sample before the migration test, as well as the swollen sample after storage at the migration conditions studied. The excess dissolution medium was blotted out with tissue paper, and the samples were weighed in a high-precision analytical balance (\pm 0.01 mg). The disks were then dried to a constant weight in an oven at 37°C. Each determination at each time point was performed in triplicate, and the standard deviation was calculated. The extent of swelling and dissolution occurring was considered. The degree of swelling (S, %) was calculated by the relative change of mass of the disk using eq. (1), similar to Kavanagh and Corrigan\textsuperscript{\textsuperscript{7}}:

\[
S = \frac{W_w - W_o}{W_o} \times 100\% \quad (1)
\]

where \(W_w\) is the wet weight of the disk at a time \(t\), and \(W_o\) is the initial weight of the disk.
The maximum measured degree of dissolution (D, %) occurring over the duration of the experiment was calculated for all compositions using eq. (2), by subtracting the dry weight of the disk from its wet weight and dividing this value by the dry weight at that time point:

$$D = \frac{W_w - W_d}{W_d} \times 100\%$$  \hspace{1cm} (2)

where $W_w$ is the wet weight of the disk at a time $t$, and $W_d$ is the dry weight of the disk at the same time.

### Migration Test

The testing conditions for evaluation of overall migration were taken from European Standard EN-1186-2002 with some modifications. Disk samples with diameter 3 cm, thickness 30 μm, and total surface area of 14 cm² were fully immersed in 30 mL of food simulant, and both sides were exposed to migration. Three aqueous food simulants were selected: 10% (v/v) ethanol (simulant A), 3% (v/v) acetic acid (simulant B), and 50% (v/v) ethanol (simulant D1), representing aqueous, acidic, and fatty foods, respectively. The migration test was performed at two temperature conditions: 10 days at 40°C (standard test), according to regulation EU 10/2011, and 4 h at 90°C (high-temperature test), aiming to mimic the migration of compounds from packaging films during microwaving, conventional heat treatment, and storage.

### Analysis of Total Migration

The overall migration from the polymeric films (mass of migrant per cm²) in the three food simulants at two migration conditions (10 days at 40°C and 4 h at 90°C) was determined gravimetrically, using a modified standard procedure EN-1186-2002 for migration testing, proposed by Schmidt et al. After the contact time, the films were removed, and the simulant solvents were totally evaporated and dried in an oven at 105°C for 30 min. The mass of the residue was determined with an analytical balance (±0.01 mg accuracy) to determine the overall migration value of the simulant, as an average of three determinations (± standard deviation). A simulant blank was also measured. No volatile products in the total migrants are expected for test samples covered with a metal coating for better conductivity of the surface and to avoid discharge effects.

### Thermal Analysis

A high-resolution transmission electron microscope (TEM) at accelerating voltage 200 kV was used to analyze the dried colloids of migrated substances in the food simulants. A preliminary preparation technique for test samples was applied. A microquantity of colloid was dropped on a standard copper TEM grid covered by a membrane of amorphous carbon and was dried after that in a dust-free atmosphere at ambient conditions. TEM analysis was also applied to characterize the nanofiller dispersion in the composite films. Thin slides of about 80 nm from a cross section of the films were cut from the films and subjected to TEM visualization.

### RESULTS AND DISCUSSION

Characterization of Nanofiller Dispersion in Composite Films

TEM and SEM images of cross sections of the films are shown in Figure 1(a–c), visualizing the degree of dispersion of nanoparticles in PLA- and PP-based nanocomposite films. The TEM micrograph in Figure 1(a) for the composite PLA/GNP/MWCNT film shows a mixed nanofiller of graphene nanoplates with lateral sizes of nano- to microscale, as well as some short carbon nanotubes with length of ~500 nm, dispersed in between the graphene nanoplates. In Figure 1(b), the TEM micrograph of the composite PP/MWCNT film visualizes carbon nanotubes dispersed in smaller and larger agglomerates.
that form an entangled network in the PP matrix. As seen from
the TEM analysis at magnification $\times 10,000$, the degree of nano-
filler dispersion at the nanoscale was not perfectly homoge-
neous, but it consists of large and small agglomerates contacting
each other. In contrast, at the microscale, the nanoparticles look
to be homogeneously dispersed in the polymer, as shown in
Figure 1(c) presenting the SEM micrograph of the cross section
of PLA/GNP/MWCNT film at magnification $\times 1000$. Such a
hierarchical structure of nanofiller in the polymer matrix is typ-
ical for polymer nanocomposites prepared by a top-down
approach.

Migration Study

Total Migration. The total migration (mass of migrant per
cm$^2$) was determined gravimetrically by drying the three food
simulant solvents after the migration tests and weighing the res-
idue. The results are summarized in Table I. Total migration
was found for the neat PLA film and the composite PLA/GNP/
MWCNT film after high-temperature migration conditions for
4 h at 90°C. Meanwhile, migration was not detected for the
neat PP and the composite PP/MWCNT films at these high-
temperature migration conditions, with the detection limit of
$\pm 0.01$ mg (accuracy of the analytical balance). We observed that
the presence of carbon nanofiller in the PLA composite film
increases the total migration ($M_t$) by 0.006–0.011 mg/cm$^2$, if
compared to the migration of the neat PLA films in the respec-
tive simulant solvent, which is assumed to be the approximate
amount of nanofiller migrant ($M_{NP}$). The highest total migra-
tion ($M_t = 0.052$ mg/cm$^2$) that was observed for the composite
PLA/GNP/MWCNT film in the acetic acid food simulant is two
times lower than the migration limit for overall migration
(10 mg/dm$^2$) for food contact materials.$^{22,24}$

Swelling and Dissolution. The swelling of the neat PLA and PP
films, as well as their composites PLA/GNP/MWCNT and
PP/MWCNT, respectively, was estimated gravimetrically by
weighing the film before and after storage in the food simulant
solvents at two migration conditions. Swelling of the films was
not observed during the standard migration test at 40°C for 10
days at the detection limit of $\pm 0.01$ mg. Meanwhile, at the
high-temperature migration conditions of 90°C for 4 h, a disso-
lution effect (decrease of mass, $D\%$) was found for the
PLA-based films. The results are summarized in Table I. The
dissolution of the PLA films in the food simulants might be
indicative of partial hydrolytic degradation.$^{19}$ Importantly, the
nanocomposite PLA/GNP/MWCNT film showed a higher per-
centage of dissolution than that of the neat PLA film, due prob-
able to the release of nanoparticle migrants. We assumed that
the partial dissolution of the PLA polymer at the test conditions
assisted the release of nanoparticles from the nanocomposite
film into the simulant solvent. The nanoparticle migration was
calculated by subtracting the value of neat PLA migrant from
the value of the nanocomposite migrant. Thus, the approximate
amount of nanoparticle migrant was 0.006–0.011 mg/cm$^2$
(Table I). If expressed in percentage, the released nanoparticles
were about 0.14–0.25% from the incorporated amount of nano-
particles in the film.

In contrast, the neat PP polymer film was chemically stable in
the three food simulant solvents at the high-temperature migra-
tion conditions. A slight swelling was observed only for the

Figure 1. TEM and SEM analysis of the cross sections of composite films: (a,b) TEM micrographs of PLA/GNP/MWCNT and PP/MWCNT films, respec-
tively, in magnification $\times 10,000$; and (c) SEM micrograph of the PLA/GNP/MWCNT film, in magnification $\times 1000$.
Meanwhile, carbon nanotubes fixed with organic substances were rarely detected to migrate in large agglomerates (>2 μm); this was observed mainly in the 3% acetic acid food simulant, which was more aggressive for the PLA polymer [Figure 2(d)]. The results from the laser diffraction analysis [insets in Figure 2(a–c)] demonstrate differences between the neat PLA film and the composite PLA/GNP/MWCNT film with respect to the particle size distribution of migrants in the corresponding solvents.

The PLA histograms (dark bars) show a bimodal size distribution with a small peak within the micrometer size range of 1–10 μm (0.3–1 nm) and the main peak above 10 μm (9–12 nm). The migrants obtained from the neat PLA film refer to the low-molecular-weight organic substances dissolved from the PLA matrix due to hydrolysis of the polymer chains.19 The histogram for the composite PLA/GNP/MWCNT film (light bars) shows the presence of migrants in nanoform (0.1–1 μm) that appeared in small amounts, ~0.2 nm, in 50% ethanol and 3% acetic acid solvents. Such migrants were not found from the neat PLA film in the respective food simulants. Thus, the nanoscale migrants from the composite PLA/GNP/MWCNT films are associated with the released graphene nanoplates visible in the TEM micrographs. Moreover, the peak within 1–10 μm was much higher for the composite PLA/GNP/MWCNT film (1–4 nm) compared to the neat PLA (0.3–1 nm). The organic substances that migrated from the PLA polymer are detectable by the laser diffraction analysis, but due to their transparency they were not visible in the TEM micrographs.

Based on these results, we assume that the release of GNP's from the composite PLA/GNP/MWCNT film was caused by the partial polymer dissolution (hydrolysis) of PLA polymer in aqueous food simulants at the high-temperature migration conditions, mainly in 3% acetic acid and 50% ethanol. This led to a diffusion of graphene nanoplates together with the decomposed polymer chains from the film surfaces to the food simulants. The entangled MWCNTs released rarely in the aggressive acetic acid food simulant were preferably fixed with the dissolved organic matrix. This confirmed that the release of both nanofillers also depended on their compatibility with the matrix polymers in addition to polymer swelling and hydrolysis.

**Migrants from PP-Based Films.** Migrants from the composite PP/MWCNT films were rarely detected at the high-temperature migration conditions of 4 h at 90°C. The TEM micrographs in Figure 3(a–c) visualize the migrants from the composite PP/MWCNT films in 10% ethanol (S = 0.18%) and 50% ethanol (S = 0.30%) simulant solvents. Our results confirmed the Barson et al.21 reporting for swelling of PP into ethanol aqueous solvents of moderate concentrations.

**Detection of Migrants in Simulant Solvents**

**Migrants from PLA-Based Films.** Laser diffraction analysis was used to characterize the size distribution of the total migrants in the food simulant solvents. This instrumentation alone did not provide any information on the identity of nanoparticles and organic migrants occurring in the food simulant. To overcome this limitation, the laser diffraction analysis of the liquid solvents was combined with TEM analysis of the dried solvents. Importantly, migrants were not detected in the food simulants by TEM and laser diffraction analysis after the standard migration test of 10 days at 40°C. Meanwhile, total migration was found after high-temperature migration tests for 4 h at 90°C, particularly for the PLA-based films.

**Table I. Total Migrants and Degree of Swelling and Dissolution for Neat Polymeric Films and Composite Films into Food Simulants after Migration for 4 h at 90°C**

| Polymer type | Food simulant | Neat polymer film | Nanocomposite film | Approximate nanofiller migrant M_NF (mg/cm²) |
|-------------|---------------|-------------------|--------------------|---------------------------------------------|
| PLA-based   | 10% ethanol   | 0.022 ± 0.003     | 0.028 ± 0.009      | Not detected                               |
|             | Simulant A    | 1.65 ± 0.024      | 1.95 ± 0.038       | 0.006                                       |
|             | 3% acetic acid| 0.042 ± 0.006     | 0.053 ± 0.007      | Not detected                               |
|             | Simulant B    | 2.37 ± 0.010      | 2.99 ± 0.025       | 0.011                                       |
|             | 50% ethanol   | 0.028 ± 0.005     | 0.035 ± 0.004      | Not detected                               |
|             | Simulant D1   | 1.36 ± 0.015      | 1.80 ± 0.019       | 0.007                                       |
| PP-based    | 10% ethanol   | Not detected      | Not detected       | Not detected                               |
|             | Simulant A    | Not detected      | Not detected       | Not detected                               |
|             | 3% acetic acid| Not detected      | Not detected       | Not detected                               |
|             | Simulant B    | Not detected      | Not detected       | Not detected                               |
|             | 50% ethanol   | Not detected      | Not detected       | Not detected                               |
|             | Simulant D1   | 0.30 ± 0.031      | Not detected       | Not detected                               |

The TEM micrographs in Figure 2(a–c) show that few layer graphene nanoplates of size around 100–1000 nm were able to migrate from the PLA/GNP/MWCNT in the three food simulants: (a) 10% ethanol, (b) 50% ethanol, and (c,d) 3% acetic acid. In the insets, the size distribution histograms of migrants are compared for the neat PLA (dark bars) and the composite PLA/GNP/MWCNT films (light bars) in the three food simulant solvents.

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PP/MWCNT film into 10% ethanol, 50% ethanol, and 3% acetic acid, respectively. Figure 3(d–f) compares the size distribution histograms of migrants from the neat PP (dark bars) and the composite PP/MWCNT films (light bars). Total migration from the neat PP films was found to be insufficient in the three food simulants. Migrants in nanoform of size 0.1–1 μm were observed in small amounts around 0.5% for the composite PP/MWCNT films in the ethanol-based food simulants [Figure 3(d,e)]. We associated the small amounts of nanoscale migrants with single, short carbon nanotubes of length above 100–200 nm and their aggregates, visible from the TEM micrographs in Figure 3(a,b). Meanwhile, carbon nanotube migrants were not observed in the acetic acid solvent, due probably to the insufficient swelling of the PP-based films during the migration test in this food simulant [Figure 3(f)].

It might be assumed that the swelling of the PP matrix in the ethanol-based solvents and the increased molecular mobility at high-temperature migration conditions assisted the release of the short carbon nanotubes that were weakly fixed with polymer at the surfaces and cut edges of the film. Our results complement that of Huang et al.\textsuperscript{29} associating the diffusion of migrants from a polymer film at high-temperature migration conditions with an increase of the total permeation flux, due to the higher flexibility of polymer chains above the glass transition, which caused a larger available free volume of polymer matrix for diffusion.

Characterization of the Films Affected by the Migration Tests

Microstructure of the Film Surfaces. SEM analysis was performed to characterize the microstructure of the PLA/GNP/MWCNT composite on the film surface and the cross section after the high-temperature migration test at 90°C for 4 h in the three simulant solvents. The control film before the migration test in Figure 4(a) shows a smooth surface without nanoparticles on it. After the migration test in 10% ethanol [Figure 4(b)], a small number of graphene nanoplates were migrated onto the film surface. In contrast, after migration in 50% ethanol [Figure 4(c)], the film surface became rich with graphene nanoplates, and a local surface-erosion process was observed. In Figure 4(d), an extraction of substances from the volume to the film surfaces was observed in 3% acetic acid, due probably to the partial PLA polymer degradation in this food simulant. The cross sections of the film after migration in 50%
ethanol [Figure 4(e)] and in 3% acetic acid [Figure 4(f)] also visualize the migration of substances at the cut ends of the composite films. Our results confirm the findings of Rodriguez et al.,30 who reported on a hydrolytic degradation of PLA in acidic media due to autocatalysis, as determined by a decreasing molecular weight followed by a rapid weight loss.

Figure F5 presents the SEM micrographs of the PP/MWCNT film surfaces after the high-temperature migration test at 90°C for 4 h in the three simulant solvents. The micrograph of the control composite film before the migration test [Figure 5(a)] shows that carbon nanotubes fixed with polymer were visible on film surfaces. Such movement of the MWCNTs to the polymer–air interface appeared during hot pressing of the film sample. It was observed that after the migration test of the composite film in the ethanol-based solvents [Figure 5(b,c)], the carbon nanotubes became hidden in the polymer matrix. However, after the migration test in 3% acetic acid [Figure 5(d)], the carbon nanotubes were partly visible on the film surfaces. A significant extraction of organic substances from the volume to the film surface at the high-temperature migration conditions was not observed.

Characterization of Polymer Degradation. Calorimetric analysis was performed in order to characterize the influence of hydrolytic degradation of PLA polymer in the composite films during the high-temperature migration test at 90°C for 4 h in the three food simulants. Figure 6(a,b) shows the DSC thermograms (first and second runs) of the PLA/GNP/MWCNT film and Figure 6(c,d) for the PP/MWCNT film (first run and cooling), before and after migration tests into the three food simulants.
As shown in Figure 6(a), the peak ascribed to crystallization of the PLA polymer in the composite film was strong for the control film, but it did not appear for the migrated films during the first-run heating cycle. However, in the reheating second-run cycle [Figure 6(b)], a crystallization peak was observed for all films, but for the migrated films the peaks were not so strong, and the crystallization temperature ($T_c$) was shifted toward higher temperatures compared to the control film. Such changes of the crystallization peak imply that the crystallinity of PLA in the migrated composite films was slightly reduced during immersion in the simulant solvents due to hydrolysis at high temperatures. The change of crystallinity ($\chi_c$) and fusion enthalpies ($\Delta H_m$) due to hydrolysis of PLA were also examined. The crystallinity decreased from 5.6% for the control film to 4.0, 3.4, and 3.2% for the migrated films, while the enthalpies of fusion of PLA decreased from 7.5 for the control to 5.7, 4.6, and 4.3 J/g for the migrated films in 10% ethanol, 50% ethanol, and 3% acetic acid, respectively. Obviously, hydrolysis of the semicrystalline PLA starts in the crystalline region, transforming these domains into amorphous phases, and the largest transformation was achieved in the acetic acid solvent, followed by the 50% ethanol food simulant.

The intensities of the melting peaks in Figure 6(a) also decreased slightly for the migrated composite films, and the melting temperature ($T_m$) is slightly shifted toward higher temperatures by about 2°C, compared with the control film. Two melting peaks were observed in all of the PLA composite films that are not typical for the neat PLA, and they might be associated with the melting of the bond polymer at the polymer–nanofiller interfaces. A small increase of the glass-transition temperature ($T_g$) of 2–3°C was observed in the first heating run for the films that were migrated in the ethanol simulants. The increase in the glass-transition ($T_g$) and melting temperatures of

Figure 4. SEM micrographs of the surface of PLA/GNP/MWCNT film: (a) control film before migration test and after high-temperature migration test in (b) 10% ethanol, (c) 50% ethanol, and (d) 3% acetic acid, at magnification $\times 1000$; (e,f) SEM images of the cross section at the cut ends of composite films after migration in 50% ethanol and 3% acetic acid, at magnification $\times 5000$. 
the migrated films compared to the control film could be associated with minor changes in the polymer that influenced a slight increase of its high-molecular-weight fractions.31 Figure 6(c,d) shows DSC thermograms of the PP/MWCNT film in (a) the first heating run and (b) in the cooling regime in the crystallization peak temperature zone, comparing the control film and migrated films in the three food simulants. The thermogram for the second heating run is similar to that obtained from the first run, so it was not presented here. As seen from Figure 6(c), the melting temperature \( T_m \) was slightly shifted by 1–2°C toward higher temperatures only for the films migrated in the ethanol simulants compared to the control film. The crystallization temperature \( T_c \) and the degree of crystallinity \( \chi \%) \), determined from the cooling curve in Figure 6(d), were not affected by the simulant solvents after the high-temperature migration test. These results indicated that the time–temperature structural changes were insufficient for the PP/MWCNT films immersed in the three food simulants during the course of the migration test. The small shift of melting temperature \( T_m \) for the composite films migrated in ethanol-based simulants indicated the swelling of the PP polymer in the ethanol solvents.

**Migration Modeling**

Polymer dissolution in solvents usually leads to the diffusion of degraded polymer chains through a polymer–solvent interface layer, which is associated with migration.32 Our experimental results indicated that the partial degradation of PLA polymer due to hydrolytic dissolution by food simulants at high-temperature migration conditions facilitated the migration of graphene nanoplates from the composite films. Thus the GNPs and the dissolved PLA organic substances diffused from the volume toward the film surface and then into the food simulants. Moreover, the type of penetrating food simulant solvent also had an effect on the PLA polymer dissolution.

When the polymer is not dissolved in the food simulant solvent, diffusion of a migrant from the polymer into the solvent can be described by the Fick diffusion equation using the diffusion coefficient:

\[
\frac{\partial c}{\partial t} = D \frac{\partial^2 c}{\partial x^2}
\]

where \( c \) is the amount of migrant in the polymer film at the time \( t \) (s), \( D \) is the diffusion coefficient of migrant within the polymer, and \( x \) is the position of the migrant along the thickness of the polymer film.

Recently, an empirical relationship between diffusion coefficient, molecular weight of migrant, and temperature was established for a range of engineering plastics (Brandsch et al.35). Equation (4) was proposed, which is applicable to migrants of molecular weight in the range 100–2000 g/mol and represents an Arrhenius-like relationship:

\[
D_p = 10^4 \exp \left[ A_p - 0.1351 M_0^{0.003} M_0 - \frac{10.454 R}{RT} \right] \text{cm}^2/\text{s} \tag{4}
\]

where \( A_p = A_{p0} - \tau / T \), \( M_0 \) is the relative molecular mass of migrant, \( A_{p0} \) and \( \tau \) are specific parameters of the polymer.
matrix, $T$ is temperature (K), and $R = 8.3145 \text{ (J/mol K)}$ is the gas constant.

However, if the solubility of the polymer increased, a considerable amount of solvent was absorbed into the polymer. Due to swelling of the polymer, the diffusion rates of the solvent and the migrant were increased, and deviations from the model \[eq. (3)\] arise. The diffusion of compounds dissolved at the interface between the polymer and the solvent is often described by an empirical equation relating the diffusion coefficient with the solvent concentration:\[eq. (3)\]:

$$DF = DP \exp (\gamma c_F) \quad (5)$$

where $DP$ (cm$^2$/s) is the diffusion coefficient of migrant in the polymer at zero solvent concentration, $c_F$ (mg/cm$^3$) is the concentration of food simulant solvent, and $\gamma$ is an adjustable parameter.

The total amount ($M_t$) of diffusing substance that left the film at time $t$ is given by the simplified equation $M_t = 2M_0 \left( Dt/\pi \right)^{1/2}$ (from Crank\[eq. (3)\]). We used the simplified form for migrants from the two sides of the thin planar polymer film immersed in a large volume of food simulant solvent.\[eq. (3)\]. The concentration of migrant at the boundary condition, $x=L$, that is, at the "polymer film surface," was determined by eq. (6) by introducing an error function $\Phi(x)$, calculated from $\Phi(x) = (2/\sqrt{\pi}) \int_0^x d\mu \exp (-\mu^2)$, assuming that $\mu = (x-)/(2\sqrt{Dt})$ and $\mu = (x+)/(2\sqrt{Dt})$:

$$M_t = 4 M_0 \frac{L}{\pi} \left( \frac{D_F t}{\pi} \right)^{1/2} \Phi \quad (6)$$

where $M_t$ (mg/cm$^2$) is the total amount of diffusion substance that has entered the food simulant medium at time $t$ (s), $M_0$ (mg/cm$^3$) is the initial concentration of migrant in the polymer film, $L$ (cm) is the thickness of the film, $D_F$ (cm$^2$/s) is the diffusion coefficient dependent on the solvent concentration, and $\Phi$ is the error function.

In our study, migration modeling was applied to the neat PLA and the composite PLA/GNP/MWCNT films, where total migrants of degraded polymer molecules and graphene nanoplatelets were detected to release from the films into the food simulants. In the calculations, the key modeling parameters in eq. (3) for the PLA polymer were taken as equal to those of polyesters (above $T_g$), and thus $Mr = 800 \text{ g/mol}$ (the molecular weight for lactic acid dimers, to oligomers varying from 306 to 1200 g/mol), $A' = 6.4$, $\tau = 1577$, and $T = 363 \text{ K}$ (the

Figure 6. DSC thermograms of heat flow versus temperature: (a,b) first and second runs for PLA/GNP/MWCNT; (c,d) first run and cooling for the PP/MWCNT films, before and after migration tests in the three simulant solvents: 10% ethanol, 3% acetic acid, and 50% ethanol.
Table II. Estimated Diffusion Modeling Parameters of the Neat PLA and Composite PLA/GNP/MWCNT Films Compared to Experimental Results for Simulant Solvents after Migration for 4 h at 90°C

| Parameter | 3% Acetic acid | 10% Ethanol | 50% Ethanol |
|-----------|----------------|-------------|-------------|
| Neat PLA film | | | |
| $D_p$ (cm$^2$/s) | $2.35 \times 10^{-13}$ | $2.35 \times 10^{-13}$ | $2.35 \times 10^{-13}$ |
| $D_L$ (cm$^2$/s) | $8.71 \times 10^{-13}$ | $2.60 \times 10^{-13}$ | $3.87 \times 10^{-13}$ |
| $M_0$ (mg/cm$^3$) | 100 | 100 | 100 |
| $M_L$ (mg/cm$^3$) | 0.042 | 0.023 | 0.028 |
| $M_{NP,exp}$ (mg/cm$^3$) | $0.042 \pm 0.006$ | $0.022 \pm 0.003$ | $0.028 \pm 0.005$ |
| PLA/GNP/MWCNT | | | |
| $D_p$ (cm$^2$/s) | $2.35 \times 10^{-13}$ | $2.35 \times 10^{-13}$ | $2.35 \times 10^{-13}$ |
| $D_L$ (cm$^2$/s) | $8.71 \times 10^{-13}$ | $2.60 \times 10^{-13}$ | $3.87 \times 10^{-13}$ |
| $M_{NP}$ (mg/cm$^3$) | 24 | 24 | 24 |
| $M_L$ (mg/cm$^3$) | 0.052 | 0.029 | 0.035 |
| $M_{NP}$ (mg/cm$^3$) | 0.010 | 0.006 | 0.007 |
| $M_{NP,exp}$ (mg/cm$^3$) | $0.053 \pm 0.007$ | $0.028 \pm 0.009$ | $0.035 \pm 0.004$ |
| $M_{NP}$ (mg/cm$^3$) | 0.011 | 0.006 | 0.007 |

The modeling results demonstrate a very good correlation between the predicted amounts of total migrants $M_L$ and the nanoparticle migrant $M_{NP}$ calculated with eq. (6).

Mathematical modeling of diffusion was applied, where the diffusivity of migrant from the film toward the solvent media was modeled depending on the type of polymer, time–temperature conditions, and solvent concentration. The predicted amounts of migrants were found to be similar to the experimentally detected values.

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