Production of Light Olefins via Fischer-Tropsch Process Using Iron-Based Catalysts: A Review

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Abstract: The production of light olefins, as the critical components in chemical industries, is possible via different technologies. The Fischer–Tropsch to olefin (FTO) process aims to convert syngas to light olefins with high selectivity over a proper catalyst, reduce methane formation, and avoid the production of excess CO2. This review describes the production of light olefins through the FTO process using both unsupported and supported iron-based catalysts. The catalytic properties and performances of both the promoted and bimetallic unsupported catalysts are reviewed. The effect of support and its physico-chemical properties on the catalyst activity are also described. The proper catalyst should have high stability to provide long-term performance without reducing the activity and selectivity towards the desired product. The good dispersion of active metals on the surface, proper porosity, optimized metal-support interaction, a high degree of reducibility, and providing a sufficient active phase for the reaction are important parameters affecting the reaction. The selection of the suitable catalyst with enhanced activity and the optimum process conditions can increase the possibility of the FTO reaction for light-olefins production. The production of light olefins via the FTO process over iron-based catalysts is a promising method, as iron is cheap, shows higher resistance to sulfur, and has a higher WGS activity which can be helpful for the feed gas with a low H2/CO ratio, and also has higher selectivity towards light olefins.

Keywords: olefin production; Fischer–Tropsch; iron catalyst; promoter; support

1. Introduction

As the key components in chemical industries, light olefins (ethylene, propylene, butenes, and butadiene) are used to produce many different derivatives used in our daily lives [1]. As a result of the strong demand for the production of polyethylene, its production is expected to increase from 169 million metric tons (MMT) to 210 MMT in 2022, whereas ethylene can be used for the production of polyethylene, polyvinylchloride, etc. With the production of about 116 MMT in 2017, propylene is used to produce polypropylene, acrylonitrile, etc., and its demand is expected to reach 142 MMT in 2021 [2]. The annual production of butenes is around 132 MMT, and among them, isobutene is mainly used as raw material for the production of alkylates and also to produce high octane additives for gasoline blending, including MTBE and ETBE. Purified C5–C8 linear α-olefins can be used as comonomers in the production of polyethylene, and the longer chain olefins can be transformed into linear alcohols via hydroformylation [1,3]. Syngas-based processes are known as a possible solution for light olefins production. The different processes for the production of light olefins from syngas produced from coal, natural gas, or biomass-based
feedstocks are shown in Figure 1 [4]. The step for adjusting the H₂/CO ratio using the water gas shift (WGS) reaction (CO + H₂O ⇌ CO₂ + H₂) is unnecessary for the H₂-rich syngas. The production of light olefins from syngas is divided into two main groups of indirect and direct processes.

During indirect processes, syngas is first converted into an intermediate product such as alcohol, Fischer–Tropsch liquids, or dimethyl ether (DME), and then the intermediate is converted to light olefins via other processes such as methanol to olefins (MTO), dehydration, cracking, or dimethyl ether to olefins (DMTO). In the direct process, syngas is directly converted into light olefins via Fischer–Tropsch synthesis (Fischer–Tropsch to olefins: FTO) or OX-ZEO process [4–7]. In 2016, Jiao et al. [8] reported that the OX-ZEO catalyst system could be used for the direct conversion of syngas to olefins; using the ZnCrOₓ/MSAPO catalyst at the reaction temperature of 400 °C and 25 bar, the selectivity of 94% to C₂–C₄ hydrocarbons and an 80% selectivity to C₂–C₄ olefins at the CO conversion of 17% were obtained. FTO is another direct route for olefin production from syngas, and this method with moderate reaction conditions has attracted more attention from both the industry and academia.

2. FTO Reaction

Fisher–Tropsch synthesis (FTS), a strongly exothermic reaction, is generally used for the catalytic conversion of syngas to higher hydrocarbons and oxygenates, which could be upgraded to sulfur- and aromatic-free chemicals and transportation fuels [9,10]. Through catalytic-polymerization reactions, syngas is converted into a wide range of products such as paraffins, olefins, alcohols, and aldehydes. Paraffins and olefins are the primary products of FTS (Equations (1) and (2)).

\[
(2n+1)H_2 + nCO \rightarrow C_nH_{2n+2} + nH_2O \quad (1)
\]

\[
2nH_2 + nCO \rightarrow C_nH_{2n} + nH_2O \quad (2)
\]

Briefly, CO undergoes dissociative or hydrogen-assisted dissociative chemisorption on the surface of active metal phases to produce the intermediate monomers of CHₓ (x = 0–3) for polymerization. The coupling of CHₓ monomers results in the formation of CₙHₘ intermediates and chain growth. The formed CₙHₘ intermediates with different carbon numbers can undergo hydrogenation or dehydrogenation to produce paraffins or olefins as the final products [11]. In general, due to the polymerization mechanism, the distribution of the product in the FTS process follows the Anderson–Schulz–Flory (ASF) distribution [12]. According to the ASF distribution, the weight fraction (Wₙ) of the
The FTO process aims to maximize the production of light olefins, decrease the selectivity to methane, and avoid the production of extra CO₂. As can be seen in the ASF distribution plot, the highest selectivity to C₂–C₄ components is achieved at an α value in the range of 0.4 to 0.5, and due to the limitation of the ASF distribution, it is generally difficult to achieve high selectivity to C₂–C₄ olefins. Increasing the reaction temperature could help to shift the selectivity to C₂–C₄ by lowering the α value; however, at the same time, it could increase the selectivity to methane; and it is the main restriction for the industrial application of the FTO process. These drawbacks are attributed to the FTS reaction mechanism via the surface polymerization of CH₅ by adsorption of CH₅ monomers to the adsorbed alkyl species on the open metal surfaces. Therefore, a wide range of hydrocarbons with different chain lengths are produced, and according to the ASF model, the highest selectivity to C₂–C₄ hydrocarbons, including olefins and paraffins, is about 57% [8]. The high-temperature reaction using Fe-based catalysts in the fluidized-bed reactors is ideal for the production of linear α-olefins. The addition of promoters can also alter the catalyst properties and increase the catalyst activity or enhance the selectivity to light olefins. Dispersion of the active metals on a support material can increase the surface area of the active metals, and the addition of a structural promoter can improve the mechanical stability of the catalyst.

The FT reaction is a surface polymerization reaction, and the product stream contains a range of products instead of a single component. The reaction follows these steps: (1) reactant adsorption, (2) chain initiation, (3) chain growth, (4) chain termination, (5) product desorption, (6) readsorption and further reaction. Different surface species, including reactants (species 1, 2, 3, 4, 5), oxygen-containing intermediates (species 6, 7, 8), and hydrocarbon intermediates (species 9, 10, 11, 12), were suggested for the description of the chain initiation and chain growth (Figure 2A) [15]. The most active layer is immediately next to (and bonded to) the metal surface and contains C, O, and H atoms and at least two types of adsorbed CO. Next to the first layer is a layer of physisorbed CO, H₂, and desorbed products [16].

Two reaction mechanisms of carbide and CO insertion chain growth are suggested for the FT reaction, while the carbide mechanism is known as the most important mechanism for the formation of hydrocarbons on iron, cobalt, and ruthenium catalysts [15]. In this mechanism, the (-CH₂-) species (species 10) is the initiating monomer (Figure 2B). It is assumed that the CO and H₂ are adsorbed dissociatively and incorporated into the chain growth, and several CH₅ species, such as CH (species 9), CH₂ (species 10), and CH₃ (species 11), can be formed. The chain growth occurs via the insertion of the monomer in a growing alkyl species (species 12), and -CH₂- monomers can be polymerized to long-chain hydrocarbons. The last step is the termination of the products, which occurs by the addition of a -CH₅ species or hydrogen to produce an alkane or by the loss of hydrogen to form an alkene [15].
Figure 2. (A) Observed and proposed chemisorbed species during Fischer–Tropsch Synthesis; (B) Reaction scheme of the Fischer–Tropsch reaction according to carbide mechanism [15].

3. FTO Catalysts

The production of light olefins with high selectivity is the main challenge in the industrial application of the FTO process, and extensive efforts have been made to develop an efficient catalyst that can break the ASF distribution and promote high selectivity to light olefins. Iron and cobalt-based catalysts are mainly used for the FTO process. Cobalt-based
catalysts have higher catalytic activity and stability, and lower activity to water gas shift (WGS). However, the selectivity to light olefins over the cobalt-based catalysts was lower than that required for industrial applications. Both iron and cobalt-based catalysts have been widely used in commercial plants of FT synthesis [9,17–23]. The Sasol FT plant in Sasolburg (Sasol 1) was developed for the production of petrol in the circulating fluidized-bed (CFB) reactors over Fe/K catalyst using high-temperature Fisher-Tropsch (HTFT) technology (at 320–350 °C) and low-temperature Fisher-Tropsch (LTFT) technology (at 200–250 °C) for the production of waxes in the multitubular fixed-bed reactor (in 1955) and slurry reactor (in 1993). Sasol 2 and 3 plants were constructed in Secunda, South Africa, in 1980 and 1983 using fused Fe/K catalyst in CFB reactor and HTFT process, and later in 1995, the Sasol Advanced Synthol (SAS) reactors for the HTFT process were used by Sasol in Secunda.

The first FT plants using natural gas as feedstock were developed by Shell in Bintulu, Malaysia (1993), using the cobalt-based catalysts (Co/SiO\(_2\), Co/TiO\(_2\)) in a multitubular fixed-bed reactor and LTFT technology [20,21]. The HTFT technology using a CFB reactor and fused Fe/K catalysts were also used in another FT plant by Petro SA in Mosselbay, South Africa. The Sasol-QP (Oryx) plant in Ras Laffan, Qatar, uses the LTFT technology and Co-\(\text{Al}_2\text{O}_3\) catalysts in the slurry phase reactors. Other plants using LTFT, medium-temperature slurry-bed FT process (MTFT), and HTFT technologies using iron- and cobalt-based catalysts were later developed in China and Nigeria. The HTFT technology has been traditionally applied for gasoline production, but it has subsequently been reconfigured for maximum olefin production using the optimized catalyst [24].

Depending on the desired products, LTFT technology or HTFT technology is used with iron or cobalt catalysts. In order to minimize methane formation, the FTS temperatures are usually kept below 400 °C. High molecular-weight linear waxes are produced in LTFT processes, while low molecular weight olefins are produced in HTFT processes [25,26]. FT reactors are operated at pressures in the range of 10–40 bar. The effect of different parameters on product selectivity is shown in Table 1 [15,27]. The formation of lower molecular weight hydrocarbons increases by increasing the reaction temperature over iron, cobalt, and ruthenium catalysts. The effect of temperature on the olefin selectivity is complex since some researchers reported an increase in the selectivity by increasing the temperature, while others reported the opposite behavior [15]. Promotion of catalysts with alkali metals and increasing the space velocity during the reaction positively affect the olefin selectivity. At a higher \(\text{H}_2/\text{CO}\) ratio, the product selectivity shifts to the lighter products, and olefin selectivity decreases.

| Parameter          | Chain Length | Chain Branching | Olefin Selectivity | Alcohol Selectivity | Carbon Deposition | Methane Selectivity |
|--------------------|--------------|-----------------|--------------------|---------------------|------------------|--------------------|
| Temperature        | D            | I               | C                  | D                   | I                | I                  |
| Pressure           | I            | D               | C                  | I                   | C                | D                  |
| \(\text{H}_2/\text{CO}\) | D            | I               | D                  | D                   | D                | I                  |
| Conversion         | C            | C               | D                  | D                   | I                | I                  |
| Space velocity     | C            | C               | I                  | I                   | C                | D                  |
| Alkali content of iron catalyst | I            | D               | I                  | I                   | I                | D                  |

(I): Increase with increasing parameter, (D): Decrease with increasing parameter: (C): Complex relation.

The formation of long-chain hydrocarbons and olefin selectivity increase by increasing space velocity. The reduced CO conversion results in higher olefin selectivity, and a large fraction of unreacted syngas undergoes separation. However, recycling the unreacted syngas improves the CO conversion rate, but it requires a larger separation unit and FTO reactor, which can increase the total capital costs. Iron-based catalysts have lower methanation activity and reveal more resistance against contaminants [5,28,29]. These
catalysts are more selective to olefins than Co- or Ru-based FT catalysts. The higher WGS activity over the iron catalyst is another advantage of this catalyst and made them an attractive option for using CO-rich syngas derived from coal or biomass, because the additional step for the H$_2$/CO adjustment is unnecessary. When olefins are the desired products of the FT reaction, promoted iron catalysts provide the best option.

4. Iron-Based Catalysts

4.1. Unsupported Iron-Based Catalysts

Iron-based catalysts are usually prepared in the ‘bulk’ form. The catalyst is prepared by fusing magnetite with a small amount of promoter for the HTFT process, and for the LTFT process, the catalyst is prepared by precipitation method. Iron-based catalysts were widely used and studied to directly produce light olefins via FT reaction [5,19,29–35]. Although promoted (unsupported) iron oxide catalysts exhibited high selectivity to light olefins (up to 70%), bulk iron catalysts are mechanically unstable at high reaction temperatures. The poor mechanical stability of the bulk iron catalysts may result in the plugging of the catalyst bed in fixed-bed reactors or fouling of separation equipment in a fluidized-bed process [30]. For cobalt catalysts, the metallic state is the active phase, while for the iron catalysts, iron carbides, iron oxides, and even metallic iron were reported to act as active sites [28,35–37]. As shown in Figure 3, the fresh iron catalysts, which are comprised of both ferromagnetic (fm) and superparamagnetic (sp) structures of $\alpha$-Fe$_2$O$_3$ (hematite), are first reduced to Fe$_3$O$_4$ in both bulk and surface regions [37].

![Figure 3. Reduction and carburization behaviors of an iron-based catalyst [37].](image)

The Fe$_3$O$_4$ is then reduced to the metastable FeO, which is finally reduced to metallic Fe ($\alpha$-Fe). Later, when the reduced catalyst is exposed to CO or syngas atmosphere, these reduced species are converted to iron carbides (especially $\chi$-Fe$_3$C$_2$), which positively provide the FTS active sites. The carburization ability of different reduced species is in the order $\alpha$-Fe > FeO > Fe$_3$O$_4$ [37]. During the FT reaction, different forms of iron oxides and iron carbides (Fe$_x$C$_y$) may co-exist, i.e., $\alpha$-Fe, $\gamma$-Fe, Fe$_3$O$_4$, FeO, co-existing with $\varepsilon$-Fe$_2$C,
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WGS activity, resulting in a faster rate of catalyst deactivation due to the carbon deposition who dissolved scrap iron of a suitable chemical composition, together with metallic copper (40 g Fe and 2 g Cu per liter), in nitric acid, supported on SiO$_2$ to enhance the selectivity to C$_4$ products with higher molecular weight. Potassium-promoted Fe catalysts also have higher particle size and thus increasing the CO conversion.

Promoted Fe-Based Catalysts

Since the discovery of the FT process, the addition of potassium as a promoter to the iron-based catalysts has been implemented to increase the basicity of the catalyst surface, aiming to increase the CO adsorption on the metal surface and withdrawing electrons from the metal by providing an electron donor. Alkali promoters could increase the CO dissociative adsorption rate, increase the surface coverage of dissociated CO, inhibit the olefin readesorption, and thus increase the olefin selectivity [38]. The basicity of the catalyst and adsorption of CO and CO$_2$ increase by the addition of K$_2$O to the iron catalysts, resulting in an increased chain growth and catalytic activity and enhancing the WGS reaction. Hydrogenation of adsorbed carbon species decreases by the addition of K$_2$O to the Fe catalysts, improves chain growth, and enhances the formation of more olefinic products with higher molecular weight. Potassium-promoted Fe catalysts also have higher WGS activity, resulting in a faster rate of catalyst deactivation due to the carbon deposition on the catalyst surface [25]. The rate of the FT reaction can also be increased by employing copper as a promoter for Fe catalysts, which can facilitate the reduction of iron. The copper-promoted catalyst shows a lower rate of WGS reaction than potassium promoted catalyst. The average molecular weight of the products in the potassium-promoted catalysts is higher than those of copper-promoted catalysts. Due to their high affinity to carbon monoxide, transition metals such as titanium, manganese, and vanadium were reported to be excellent promoters for olefin production [44]. Different elements such as potassium, sodium, manganese, titanium, vanadium, and zinc have been investigated as promising promoters to enhance the selectivity to C$_2$–C$_4$ olefins [38,45–53].

The iron-based catalysts were used in the LTFT process by Sasol to produce waxes in both fixed- and slurry-bed reactors. The catalyst was originally developed by Ruhrchemie, who dissolved scrap iron of a suitable chemical composition, together with metallic copper (40 g Fe and 2 g Cu per liter), in nitric acid, supported on SiO$_2$ (25 g SiO$_2$ per 100 g Fe); a typical catalyst contains 25 g SiO$_2$, 5 g Cu, and 5 g K$_2$O per 100 g Fe [24]. Rentech used an unsupported iron catalyst promoted by 1 g of K and Cu per 100 g of Fe. By increasing the ratio of Fe/Si (Fe/Si > 4), silica is unlikely to act as classical support, but acts as a binder and as a spacer, which can inhibit the sintering of iron with a high surface area. Sasol reported that the addition of potassium waterglass (K$_2$O$_2$Si) into the slurried hydrated ferric oxide precipitate resulted in the complete precipitation or adsorption of silica onto the high area iron precipitate. Subsequent washing was able to remove all of the potassium but none of the silica.

Luo and Davis [54] reported that the high CO$_2$ formation over the potassium-promoted iron catalyst could be due to the higher WGS activity in this catalyst than the catalysts promoted by other metals of group II. The addition of alkali-earth elements (Ca, Mg) can sup-
press the WGS activity below that of unpromoted iron catalysts. Compared with the unpromoted iron catalyst, alkali-earth promoted catalysts resulted in a higher yield of liquid products (C\textsubscript{5+}) and lower gas fraction, while potassium-promoted catalyst produced lower liquid products and higher gas fractions. Alkali-earth promoted catalysts resulted in a slightly higher C\textsubscript{2}–C\textsubscript{4} olefin ratio, while the potassium promoted catalyst resulted in a significantly higher ethylene yield than the catalysts promoted with group II metals [55]. The effect of alkali promoter (K and Na) on the catalytic performance of FeCu/SiO\textsubscript{2} (100Fe/6Cu/19SiO\textsubscript{2}) catalyst in FT reaction investigated by An et al. [48]. The promoted catalysts, FeCuNa/SiO\textsubscript{2} (100Fe/6Cu/5Na/19SiO\textsubscript{2}), and FeCuK/SiO\textsubscript{2} (100Fe/6Cu/5K/19SiO\textsubscript{2}) were prepared by a combination of precipitation and spray-drying methods. The surface basicity and carbonization of the catalyst during the reduction and reaction improved for both K- and Na-promoted catalysts; this effect was weaker for the sodium-promoted catalyst. The results of the FT reaction (at 250 °C, 1.5 MPa, H\textsubscript{2}/CO = 0.67, 2000 h\textsuperscript{-1}, 300 h) revealed that the catalyst activity increased over the promoted catalysts, and the formation of light olefins and heavier products increased, which was more evident for the potassium-promoted catalyst. The selectivity to methane also decreased after the incorporation of Na and K.

The perovskite-like oxides with the composition of La\textsubscript{1−y}K\textsubscript{y}Mn\textsubscript{x}Fe\textsubscript{1−x}O\textsubscript{3} (x ≥ 0, y ≤ 0.2) were prepared using the coprecipitation method and their catalytic performance for the production of light olefins via the FTO process investigated by Goldwasser et al. [55]. The results indicated that the activity of the catalyst was strongly related to the formation of Hägg carbides. The addition of potassium enhanced the reducibility to α-Fe and resulted in the formation of a more carbide phase, and the production of light olefins also increased by the addition of Mn. The selectivity to C\textsubscript{2}–C\textsubscript{4} light olefins and catalyst stability was strongly modified in the presence of both K and Mn (La\textsubscript{0.8}K\textsubscript{0.2}Fe\textsubscript{0.9}Mn\textsubscript{0.1}O\textsubscript{2.9}) when the catalyst was tested at 280 °C, 1.1 MPa, and H\textsubscript{2}/CO = 2 (Table S1). Different species, including α-Fe, Hägg carbide, and mixed oxides of the perovskite-type, existed in La\textsubscript{0.9}K\textsubscript{0.1}Fe\textsubscript{2}O\textsubscript{2.9}, La\textsubscript{0.8}K\textsubscript{0.2}Fe\textsubscript{2}O\textsubscript{2.8}, and LaMn\textsubscript{0.2}Fe\textsubscript{0.8}O\textsubscript{3} catalysts. The Hägg carbides play the main role in catalytic performances. For the La\textsubscript{0.9}K\textsubscript{0.1}Mn\textsubscript{0.1}Fe\textsubscript{0.1}O\textsubscript{2.9} catalyst, a Fe\textsubscript{2}O\textsubscript{4} phase was also detected, which seems to be stabilized in the presence of Mn [55].

Özkara-Aydinoğlu et al. [51] sought to maximize the production of α-olefin by controlling the secondary reactions of α-olefin; therefore, they studied the effect of K and Cu promoters on the catalytic activity of precipitated Fe catalysts in FT reaction. The Cu-promoted catalysts exhibited a higher surface area, while the surface area decreased for the K-promoted catalysts. The formation of the Fe\textsubscript{2}O\textsubscript{4} phase of iron was enhanced by increasing the potassium content. The selectivity to CO\textsubscript{2} increased for the catalysts with a higher content of K, but for the with a higher amount of Cu, an increase in the CO\textsubscript{2} selectivity was not as high, which could be due to the inhibition of WGS activity at higher Cu content. The selectivity to α-olefins at different temperatures and space velocities is strongly related to the amount of Cu and K promoters and chain length. The maximum α-olefin/n-paraffin ratio was obtained at 270 °C and space velocity of 3NL/h/g\textsubscript{cat} over 100Fe3Cu1K catalyst, which had the highest surface area among the other prepared catalysts in this study.

Tian et al. investigated the effect of the potassium promoter on the catalytic performance of iron carbide catalysts encapsulated in graphene-like carbon [56]. The catalysts were prepared via facile pyrolysis of iron-glucose precursor. Glucose acts as the precursor to form a carbon support, and it also acts as a reducing agent to reduce iron oxides to θ-Fe\textsubscript{3}C during the catalyst preparation. Through a phase transformation, θ-Fe\textsubscript{3}C can be transformed to χ-Fe\textsubscript{3}C\textsubscript{2} as the active phase in the FT reaction. The size of the iron carbide reduced from 42.7 ± 19.9 nm to 29.9 ± 13.9 nm via the addition of potassium (Figure 4A–D). The amount of defects on the graphene-like layers also increased, and the formation of iron carbides during the catalyst preparation was facilitated. Results revealed that except the differences in the particle size of iron carbide, there are no differences in the morphology of promoted and un-promoted catalysts. The XRD analysis of catalysts (Figure 4E) showed that the addition of potassium did not considerably affect the crystal phase of the calcined catalysts. The weaker peak intensities of the K promoted catalysts compared to unpro-
moted catalyst could be due to the smaller crystallite size of iron carbides in the promoted catalysts (according to the Scherrer equation), which is in good accordance with the TEM analysis. The first broad peak at 26.1° is attributed to the graphitic carbon (002). The peaks belong to the Fe$_3$O$_4$ observed at 30.1° and 35.4°, and the peaks of α-Fe detected at 44.7° and 65.0°. The intensities of the peaks (Fe$_3$O$_4$ and α-Fe) decreased by increasing the amount of K promoter, indicating the facilitated phase transformation of iron oxides to iron carbide during the catalyst preparation.

![Figure 4. TEM and HRTEM images of (A,B) the as-prepared unpromoted Fe$_3$C@C catalyst and (C,D) as-prepared 2KFe$_3$C@C catalyst; XRD patterns of the (E) calcined catalysts, and (F) reduced catalysts with different qualities of potassium promoter (0–5 wt% K). XRD patterns of the reduced catalysts were performed after reduction by H$_2$/CO = 1 syngas flow for 12 h at 350 °C and passivation by 1% O$_2$/N$_2$ gas flow for 2 h in a quartz tube [56].](image-url)
The peaks belong to iron oxides, metallic iron was not detected in the XRD patterns of the reduced catalysts, and the iron atoms existed in the Hägg carbide (χ-Fe₅C₂) form (Figure 4F), illustrating that the θ-Fe₃C phase in the calcined catalyst was transformed into χ-Fe₅C₂ during the reduction. Due to the low potassium content and high dispersion in the catalyst, the peaks belonging to potassium were not detected in the XRD patterns of promoted catalysts. The potassium promoter probably existed in the form of K₂O, KOH, or K₂CO₃ rather than metal potassium. The FTO reaction was carried out in a fixed-bed reactor at 320 °C, 20 bar, H₂/CO = 1, and GHSV = 15,000 mL·g⁻¹·h⁻¹. The highest selectivity of C₂–C₄ olefins (41.9%) was obtained over the 2K-Fe₃C@C catalyst. The electron-rich surfaces of these catalysts with the unique structure of graphene-like carbon layer encapsulated catalysts resulted in the difficult hydrogen adsorption and dissociation, and hydrogenation of the unsaturated intermediates could not occur easily. Consequently, the olefin selectivity increased.

Table 2. The catalytic activity of Fe–Zr catalysts. Reprinted with permission from Ref. [57]. Copyright (2022) American Chemical Society.

| Catalyst       | CO conv. (%) | H₂ conv. (%) | CO₂ sel. (%) | C₂ ± C₄ (%) | C₃ ± C₅ (%) | C₆+ (%) | O/P a | Mass Balance (%) |
|----------------|--------------|--------------|--------------|-------------|-------------|---------|-------|------------------|
| Fe–Zr–0Na      | 80.6         | 50.7         | 37.8         | 24.7        | 22.1        | 22.5    | 30.7  | 0.98             | 96.3 |
| Fe–Zr–0.25Na   | 96.1         | 54.6         | 37.7         | 26.6        | 20.8        | 22.9    | 29.7  | 0.91             | 96.7 |
| Fe–Zr–0.5Na    | 98.1         | 58.2         | 34.4         | 22.7        | 26.8        | 15.2    | 35.3  | 1.76             | 97.2 |
| Fe–Zr–1.0Na    | 95.2         | 50.2         | 36.5         | 13.5        | 35.8        | 6.3     | 44.4  | 5.68             | 96.4 |
| Fe–Zr–1.5Na    | 94.7         | 51.6         | 37.4         | 12.4        | 31.5        | 5.0     | 51.1  | 6.30             | 97.0 |
| Fe–0.1Na       | 40.9         | 30.1         | 34.9         | 15.7        | 32.3        | 6.2     | 45.8  | 52.1             | 95.5 |

a O/P is in the range of C₂–C₄ hydrocarbons. Reaction conditions: T = 320 °C, P = 1.5 MPa, H₂/CO = 2, 10,000 mL/g h, 48 h of reaction.

4.1.2. Fe-Based Bimetallic Catalysts

Iron-based catalysts usually contain a small amount of K and other metals or metal oxides to increase their activity and selectivity. The selectivity to light olefins in the FT reaction can be increased by combining transition metal oxides with Fe catalysts. Manganese modified iron-based catalysts have been widely used to improve the selectivity to light olefins [58–64]. Incorporation of manganese oxide causes an increase in both activity and chain propagation; if MnO reacts with iron oxides, a spinel structure ((Fe₁₋ₓMnₓ)₃O₄, x < 1) could be obtained and increases the selectivity to light olefins [65,66]. Wang et al. [67] reported that the introduction of manganese to the Fe catalyst (Mn:Fe atomic ratio = 4:96) increased the CO conversion (from 91.8% to 96.3%) and selectivity to C₂–C₄ olefins (from
26% to 52%), while the CO conversion and selectivity to light olefins decreased following a further increase in the Mn content (Table S2). They also studied the effect of the catalyst preparation method (precipitation and sol-gel methods) on the activity and stability of the catalyst. The selectivity to light olefins for the samples prepared by the precipitation method was higher than those prepared by the sol-gel method. For the samples prepared by the sol-gel method, the selectivity to C$_2$-C$_4$ olefins increased by the addition of Mn, and similar to the samples prepared by the precipitation method, the selectivity to light olefins decreased at higher Mn content.

A physico-chemical analysis of the prepared catalysts revealed that the catalysts with better reduction and carburization properties have a higher yield of light olefins, which could be due to the better regeneration of oxidized active sites in the syngas atmosphere after modification of Fe catalyst with Mn. Consequently, it can provide sufficient active sites on the catalyst’s surface for the adsorption and decomposition of CO. Thus, the improved carburization environment on the surface and the inhibited hydrogenation rate result in a high selectivity to light olefins [67]. The effect of reaction conditions on the catalytic performance of Fe-Mn bimetallic catalysts was studied by Liu et al. [68]. The selectivity to C$_2$-C$_4$ light olefins increased from 20.66 wt.% to 22.98 wt.% by increasing the space velocity from 1.07 × 10$^{-3}$ Nm$^3$·kg$_{cat}^{-1}$·s$^{-1}$ to 2.90 × 10$^{-3}$ Nm$^3$·kg$_{cat}^{-1}$·s$^{-1}$, while at the same time, the CO conversion decreased sharply from 81.8% to 29.8%. Additionally, the selectivity to light olefins increased from 16.73 wt.% to 23.64 wt.% by increasing the temperature from 260 °C to 290 °C. It is known that ethylene is much more reactive than propylene or butylene, and as the most active species, the readsorption and secondary hydrogenation reactions of ethylene are much stronger when H$_2$/CO ratio slightly increases from 1.25 to 1.51 in the spinning basket reactor. In contrast to the propylene and butylene, the selectivity of ethylene decreased by increasing the temperature, pressure, and H$_2$/CO ratio, while increasing the space velocity caused an increase in the ethylene selectivity [68].

In another study by Li et al. [50], Fe-Mn bimetallic catalysts were used for the CO hydrogenation, and a positive effect of Mn on light-olefin production was observed in this study. By the addition of Mn to Fe catalyst (Fe/Mn atomic ratio = 100/7), the CO conversion increased from 29.9% to 45.1%, and selectivity to C$_2$-C$_4$ olefins increased from 17.4% to 33.2%. The addition of Mn resulted in a higher BET surface area and pore volume, and WGS activity was improved, while oxidation of iron carbides in the FT reaction was suppressed. The surface basicity of the catalyst also increased in the presence of Mn and resulted in the higher selectivity to olefins. In the study by Liu et al. [69], a series of Mn-modified Fe$_3$O$_4$ microsphere catalysts with different Mn loadings of 0 wt.%, 3 wt.%, 6 wt.%, and 12 wt.% were prepared by the impregnation method. The 6wt.%Mn/Fe$_3$O$_4$ catalyst showed the high selectivity of 60.1% to C$_2$-C$_4$ olefins and the olefin to paraffin (O/P) ratio of 9.2 at the CO conversion of 41.5%. The unmodified Fe$_3$O$_4$ catalyst reduced by syngas was mainly carburized to Hägg carbide (χ-Fe$_5$C$_2$). The electronic state of surface carbonaceous species was affected by the addition of Mn and resulted in the formation of another phase of iron carbide (θ-Fe$_3$C), which can improve the olefin production by only enhancing the carburization of the catalysts and reducing the diffusion resistance of products. The highest activity of the 6wt.%Mn/Fe$_3$O$_4$ catalyst is attributed to the highest content of θ-Fe$_3$C species in this catalyst, which decreased by the further increase in the Mn content to 12 wt.%. The content of Hägg carbide continuously decreased by increasing the Mn content.

Mirzaei et al. [70] prepared a series of Fe-Mn catalysts by employing the coprecipitation method, and their catalytic activities in FTO reaction were examined in a fixed-bed stainless steel microreactor. The effects of different parameters such as pH of precipitation, aging time, and Fe/Mn ratio were investigated. To evaluate the effect of aging time, a series of Fe/Mn catalysts, with the Fe/Mn molar ratio of 1/1, at 70 °C, and pH = 8.3, were prepared by coprecipitation method with different aging times (0–300 min). The detected actual phases in these catalysts are shown in Table 3. The FeO, MnO, and iron carbide phases which are active in FTS were detected in all samples. The iron carbide is the active phase.
for CO hydrogenation, and MnO is the active phase for olefin production. It was found that the catalyst aged for 180 min had the optimum catalytic activity for CO hydrogenation.

Table 3. Different identified phases in the calcined catalysts with different aging times [70].

| Aging Time (min) | Phases |
|-----------------|--------|
| 0               | MnO (cubic), FeO (cubic), Fe₂C (orthorhombic), CFe₂.₅ (monoclinic) |
| 30              | MnO (cubic), FeO (cubic), Fe₂C (orthorhombic), CFe₂.₅ (monoclinic) |
| 60              | MnO (cubic), FeO (cubic), Fe₂C (orthorhombic), CFe₂.₅ (monoclinic) |
| 120             | MnO (cubic), FeO (cubic), CFe₂.₅ (monoclinic) |
| 180             | MnO (cubic), FeO (cubic), CFe₂.₅ (monoclinic), Fe (cubic) |
| 300             | MnO (cubic), FeO (cubic), CFe₂.₅ (monoclinic) |

The effect of pH was also investigated for the Fe/Mn catalyst (Fe/Mn = 1/1, 70 °C, 3 h aging time), using pH in the range of 6.3 to 10.3 [70]. The catalytic performances in the FT reaction (Figure 5A) showed that the highest CO conversion and C₂–C₄ olefins were obtained at a pH of 8.3. Different phases, including MnO, FeO, and CFe₂.₅ were identified in this catalyst, and all these oxidic and carbide phases are active in the FT reaction. The effect of the Fe/Mn ratio was also studied as an important parameter (Figure 5B). The catalysts were prepared at 70 °C, pH = 8.3, aging time of 3 h, with the Fe/Mn ratios varying from 100% Fe to 100% Mn. The catalyst with the Fe/Mn molar ratio of 1/1 revealed the highest CO conversion and the lowest methane formation. The XRD patterns of the calcined samples revealed that the 100%Fe catalyst contained Fe₂O₃ (rhombohedral) phase and the 100%Mn catalyst contained Mn₂O₃ (cubic) phase, while for the other samples, different phases, including both Mn₂O₃ (cubic) and Fe₂O₃ (rhombohedral), were identified. The Fe/Mn (Fe/Mn = 1/1) catalyst, after the FT reaction, was characterized by XRD to identify the formed phases, and MnO (cubic), FeO (cubic), and CFe₂.₅ (monoclinic) phases were detected in this sample [70].

The bimetallic Fe/Co catalysts for the FTO process were studied by Mirzaei et al. [71,72]. They prepared a series of Fe/Co catalysts with different preparation conditions and found that the highest selectivity to light olefins (C₂ + C₃) was obtained for the over 40%Fe/60%Co catalyst under reaction conditions (450 °C, H₂/CO = 4/1, GHSV = 5400 h⁻¹) (Figure S2). The Co₃O₄ (cubic), CoFe₂O₄ (cubic), and Fe₂O₃ (cubic and tetragonal) phases were identified in the calcined 40%Fe/60%Co catalyst. After the FTO reaction, different phases, including metallic iron (cubic), iron carbides in the forms of Fe₇C₃ (hexagonal), Fe₅C (orthorhombic), and Fe₂C (monoclinic), and cobalt carbide (CoC₂) were identified in the 40%Fe/60%Co catalyst.

4.2. Supported Iron-Based Catalysts

In order to ensure efficiency in both slurry- and fixed-bed reactors, the catalyst particles should be resistant to crushing, fracturing, and attrition. One of the main problems associated with using an unsupported iron catalyst is their physical degradation and formation of catalyst fines, which can plug the fixed-bed reactor and generate a large pressure gradient or cannot be easily separated from the catalyst-containing slurry [30,73]. At high reaction temperature, which is required for the production of lighter hydrocarbons, bulk iron catalysts are mechanically unstable, and undesired Boudouard reaction (2CO(g) → C(s) + CO₂(g)) may take place, and deposition of carbon can block the active sites and results in the fragmentation of the particles in bulk iron catalysts. The accumulation of inactive, graphitic carbon on the carbide particle surfaces, which are the active sites for FT reaction, inhibits the FT reaction and reduces the activity [74].
Figure 5. Effect of (A) precipitation pH, and (B) Fe/Mn molar ratio on the catalytic performance. Reduction: N₂/H₂ = 1, 30 mL/min, 400 °C, 6 h; Reaction: 400 °C, 1 bar, H₂/CO = 2. Reproduced from ref. [70].

The use of a support affects the catalytic performance and product distributions. Metal complexes or clusters are used on different types of supports such as zeolites, alumina, or silica. Supports affect the molecular weight distribution, not only by their basic or acidic properties but also by their ability for the stabilization of metal dispersions and by their geometric properties. Supports can act as a binder and interact with supports and metal oxides. These properties of supports can affect the catalyst’s activity, selectivity, product distribution, and lifetime. The chemical properties of the support may affect the catalytic performance. The strength of metal-support interaction (MSI) can significantly affect the dispersion of active metals, reducibility of the metal oxides, and catalysts lifetime can be significantly affected by the strength of metal-support interaction (MSI). A weak MSI leads to the formation of larger metal particles, which can be reduced easily and consequently enhances the catalyst activity and selectivity. In addition, MSI that are weak (e.g., Fe catalyst supported on activated carbon) may result in the fast deactivation due to the iron sintering and formation of graphitic carbon. On the other hand, too strong MSI leads to the formation of smaller metal particles and decreases the reducibility of metal particles. It also results in the formation of iron-support mixed compounds such as aluminate or
silicate, which are very difficult to reduce or carbidize and do not create any active sites for high-temperature FT reaction; therefore, decreasing the catalytic activity [25,31,75].

Several types of materials such as silica, alumina, titania, magnesia, zirconia, zeolites, carbonaceous materials, and silicon carbide have been used as support for catalysts [73,75–80]. The catalyst activity can be enhanced by deploying support materials with weak MSI. The selectivity to lower olefins can also be improved by the addition of promoters such as K or Mn [81]. In general, iron catalysts supported on a porous support can enhance the mechanical stability and increase the catalyst activity. During the FT reaction, support can help to retain highly dispersed iron in a carbidized state. The product selectivity of the supported iron catalysts can be modified using promoters.

4.2.1. Silica Supported Catalysts

O’Brien et al. [73] reported that iron-based catalysts are more productive than a similar mass of cobalt-based catalysts for CO conversions by up to 50%. The unsupported iron catalyst disintegrated after 24 h of reaction, while the integrity of the catalysts supported on different materials (alumina, silica, and magnesium aluminate) was preserved during hundreds of hours of FT reaction in the slurry reactor. Amongst different supports in this study, the silica-supported catalyst showed the lowest disintegration in this reaction [73]. Zhang et al. [82] compared the physico-chemical properties and the catalytic activity of the core–shell structure Fe@Si catalyst with the catalysts prepared by the conventional methods of impregnation (Fe/Si) and precipitation (Fe-Si). In this study, a two-step process (including solvothermal synthesis and the Stöber method) was used for the synthesis of the Fe@Si catalyst. The core–shell Fe@Si catalysts, with a unique structure, can prevent the agglomeration of the active metals. Sintering of the iron particles is a common phenomenon in the SiO$_2$-supported iron catalysts prepared by impregnation or precipitation method for FT reaction. Due to the confining effect of the SiO$_2$ shell, iron particles sintering would be decreased in core–shell structure Fe@Si catalysts. However, the Fe–SiO$_2$ interaction in the core–shell structure Fe@Si catalyst could affect the metal dispersion and reduction behavior of the catalyst. The XRD analysis of the catalysts activated by syngas (H$_2$/CO = 2) at 350 °C for 24 h (Figure 6A) confirmed the formation of iron carbides on both Fe@Si and Fe/Si catalysts, while due to the stronger Fe–SiO$_2$ interaction in Fe-Si catalyst, the peaks were not very obvious, and this strong MSI caused a decrease in the degree of reduction and carburization in Fe-Si catalyst. It was suggested that the synthesis of the core–shell structure catalysts with larger pore size and thin SiO$_2$ shell might be a promising method to overcome these drawbacks of the catalysts. It has been frequently reported that the iron carbides are the active phase for iron-based catalysts in FT reaction, and it is a linear correlation between the catalyst activity and carbide content of the catalyst. The iron carbides content of the catalysts after activation were in the following order: Fe/Si (55.7%) > Fe@Si (52.01%) > Fe-Si (29.67%), and as expected, the catalyst activity also followed the same trend.

The XRD patterns of the spent catalysts after the FT reaction at 280 °C, 2.0 MPa, and the H$_2$/CO = 2 (Figure 6B) showed that the peaks belonging to iron carbides were strengthened in the Fe-Si catalyst, while in the other two catalysts their intensities decreased, the peaks of Fe$_3$O$_4$ were more evident in these catalysts, and iron carbides were oxidized during the FT reaction. Further carburization of Fe$_3$O$_4$ not carburized during the activation step, can result in the formation of more iron carbides, while at the same time, the available iron carbides can be oxidized by water to give Fe$_3$O$_4$ [83]. These two opposite processes are mainly related to the Fe-SiO$_2$ interaction, initial iron carbide content, and the process conditions [82,84].
The high initial iron carbides content in Fe/Si and Fe@Si catalysts ensures high CO conversion at the beginning of the reaction and leads to the higher H$_2$O partial pressure (Figure 6C). Subsequently, oxidation of iron carbides outperformed the further carburization of Fe$_3$O$_4$, and therefore, the content of iron carbides in the spent catalysts decreased to 41.57% and 49.20% for Fe@Si and Fe/Si catalysts, respectively. This process caused a gradual decrease in the catalyst activity of Fe@Si and Fe/Si catalysts during the FT reaction. The sintering of iron species in Fe/Si catalyst is another reason for decreasing the catalyst activity. The Fe-Si catalyst with the lowest carbide content showed the lowest initial activity, while due to the further carburization of Fe$_3$O$_4$ during the reaction and increasing the carbide content (from 29.67% to 34.78%) as an active phase in this catalyst, the CO conversion increased by increasing the reaction time [82]. The product distribution over these catalysts is shown in Figure 6D. The Fe@Si catalyst showed the highest selectivity to methane, while the lowest selectivity to methane and the highest selectivity to C$_5$+ hydrocarbons were observed for the Fe-Si catalysts. The smaller iron particle size led to the formation of heavier hydrocarbons, which could be due to the enhanced Fe–C bond that augmented the chain growth reaction [85]. The higher iron dispersion and smaller particle size of iron in Fe-Si catalyst than Fe@Si and Fe/Si catalysts is the reason for its higher selectivity to heavier hydrocarbons. For the Fe@Si catalyst, desorption of the hydrocarbon products might be hindered due to the confinement effect of the SiO$_2$ shell, and the trapped hydrocarbons might go through the secondary reaction, and the product distribution shifts to the lower hydrocarbons over Fe@Si catalyst. The presence of SiO$_2$ shell in Fe@Si catalyst can increase the H$_2$O partial pressure, enhance the WGS reaction, and lead to higher CO$_2$ formation than the Fe/Si catalyst [82].

Mogorosi et al. [86] reported that the iron carbides are the main iron phases in the spent Fe/Si catalysts. The iron phases of the calcined, reduced, and spent catalysts were
was iron oxide mixtures (hematite and maghemite), and in the catalyst reduced under

with larger pores and particle sizes. According to Zhang et al. [88], the phase analysis of the

\( \alpha \) (10 wt.%) supported on mesoporous silicas with different pore sizes (2.8, 5.2, 7.2, 7.7, and

\( \eta \) (except 

(\( \chi \)Fe\(_5\)C\(_2\))) in FT reaction was studied by Cheng et al. [75]. The commercial catalysts with

for the catalysts with smaller pore sizes, while the larger pore size led to the formation of

of O-carbides. The

\( \varepsilon \)-Fe\(_5\)C is formed from

\( \alpha \)-Fe, are enthalpically more stable than the carbides with trigonal bipyramidal interstices (TP-carbides), such as \( \chi \)-Fe\(_5\)C\(_2\). The surface modification of an iron oxide catalyst by the addition of Si resulted in the formation of \( \varepsilon \)-Fe\(_5\)C, which is thermodynamically favored, and it became kinetically favored due to a retardation of the carbon diffusion into the iron matrix, thereby allowing for sufficient time for the lattice expansion and formation of O-carbides. The \( \varepsilon \)-Fe\(_5\)C is formed from \( \alpha \)-Fe and the silicon stabilized FeO phase. Some of the silicon ligands might undergo hydrolysis with the water produced during the FT reaction and could form amorphous silica.

In the study by Chang e al. [87], the role of different types of iron carbides (\( \varepsilon \)-Fe\(_5\)C, \( \chi \)-Fe\(_5\)C\(_2\), and Fe\(_7\)C\(_3\)) on the catalytic performance of the Fe/SiO\(_2\) was investigated. Changing the reducing agent resulted in the formation of different carbide phases of \( \chi \)-Fe\(_5\)C\(_2\) \( \varepsilon \)-Fe\(_5\)C, \( \chi \)-Fe\(_5\)C\(_2\) + Fe\(_7\)C\(_3\), and \( \chi \)-Fe\(_5\)C\(_2\) when H\(_2\), CO, and syngas were used as reducing agents, respectively. The catalyst activities were evaluated at 260 °C, 3 MPa, and H\(_2\)/CO of 2, and the results were in the following order: Fe/SiO\(_2\) (CO activated) > Fe/SiO\(_2\) (H\(_2\) activated) > Fe/SiO\(_2\) (syngas activated). The catalytic activity is related to the particle size, the carbide phase and its contents. The catalyst activity could be enhanced in the presence of Fe\(_7\)C\(_3\), while the presence of \( \varepsilon \)-Fe\(_5\)C phase led to the higher selectivity to C\(_5\) and lower methane formation.

The catalytic performance of iron catalysts can also be affected by the textural properties of the support. The effect of pore size on the catalytic performance of iron catalysts (10 wt.%) supported on mesoporous silicas with different pore sizes (2.8, 5.2, 7.2, 7.7, and 9.2 nm) in FT reaction was studied by Cheng et al. [75]. The commercial catalysts with larger pores of 17.5 and 50 nm were also used in this study. High iron dispersion with a low degree of carbidization during the FT reaction at high temperature was observed for the catalysts with smaller pore sizes, while the larger pore size led to the formation of larger iron particles with a higher degree of carbidization. The catalytic activity could be affected by the presence of Hägg iron carbide (\( \chi \)-Fe\(_5\)C\(_2\)), which depends on the degree of iron carbidization. The crystallite size of the iron particles also followed the same trend as the pore size of supports, and the smaller particles were observed on the support with a smaller pore size. The stronger MSI facilitates the formation of iron silicate species, which are difficult to reduce and increase the reduction temperature. The fraction of iron silicate in the catalysts with smaller pores and particle sizes is much higher than those in the catalysts with larger pores and particle sizes. According to Zhang et al. [88], the phase analysis of the silica-supported iron catalyst showed that the main phase in the fresh supported catalyst was iron oxide mixtures (hematite and maghemite), and in the catalyst reduced under
hydrogen, the main phases were wüstite and iron (II) silicate (Fe$_2$SiO$_4$). It was observed that the silica-supported iron catalyst had a lower CO conversion and higher selectivity to light hydrocarbons (C$_1$–C$_4$) than the unsupported catalyst.

The size of iron carbide in the spent catalysts also slightly increased. A reduction of the catalyst by CO increased the formation of Hägg iron carbide. A higher FT reaction rate, selectivity to C$_{5+}$, and olefins were observed over the iron catalyst with large pore size. The silica pore size affects the extent of iron carbidization. Carbidization of the larger iron particles, which are located in the support with the larger pore size, and formation of Hägg iron carbide is much easier than the carbidization of smaller iron oxide particles in smaller pore supports. Due to the lower level of iron carbidization in the catalysts supported on small pore silica, the higher metal dispersion was not favorable for the hydrogenation of carbon monoxide [75].

In supports with small pores, a smaller metal particle leads to a higher metal surface area and higher surface catalytic activity, but provides a strong reactant diffusion resistance. The support with a larger pore size improves the reducibility and diffusion of reactants and products, and it can suppress the readsorption of 1-olefins and result in the formation of heavier hydrocarbons [89]. The increased chain growth probability over the catalysts with large pore size might be due to the combination of larger pore size and larger metal particle size. The effect of pore size and iron particle size on the formation of light olefins in an FT reaction was investigated by Liu et al. [90]. The smaller metal particle size resulted in the formation of light hydrocarbons, including methane, and it was beneficial for the light olefins formation. Selectivity to light olefins decreased by increasing the iron particle size, while the catalyst with a larger pore size showed higher selectivity to light olefins. Due to the suppression of the secondary reaction of olefins, the olefin to paraffin ratio (O/P) of C$_2$–C$_4$ hydrocarbons was increased by increasing the pore size, regardless of the iron particle size.
Alayat et al. [77] prepared a series of 15% iron catalysts supported on silica nanospring (NS) by different methods, including impregnation (Fe/NS-I), precipitation (Fe/NS-P), and sol-gel (Fe/NS-S). The catalyst particle sizes were in the order of Fe/NS-P (10.1 nm) > Fe/NS-I (4.1 nm) > Fe/NS-S (1.7 nm). The XRD and XPS analysis revealed that the phase composition of the Fe/NS catalysts was $\alpha$-Fe$_2$O$_3$/NS-P, Fe$_3$O$_4$/NS-S, and $\gamma$-Fe$_2$O$_3$/NS-I. A strong MSI was observed in the Fe/NS-S catalyst, which can considerably suppress the carburization of the catalyst. During the catalyst activation using CO as a reducing agent, the carburization of $\alpha$-Fe$_2$O$_3$ resulted in the formation of iron carbides (Fe$_x$C), which are the active phase in the FT reaction. The catalyst activation by hydrogen led to the formation of $\alpha$-Fe, and both iron carbide and $\alpha$-Fe could be formed during the activation by a mixture of H$_2$ + CO (Figure 8).

The Fe/NS-I catalyst activated using CO showed the highest activity of 76.6% with 56.9% selectivity to gasoline range (C$_6$–C$_{14}$) hydrocarbons, and the branched olefins and paraffins were more favorable than n-olefins and n-paraffins over this catalyst. The lowest activity was exhibited by the Fe/NS-S catalyst with the smallest particle size and strong MSI. The main products of the reaction (in the range of C$_6$–C$_{14}$ hydrocarbons) for all catalysts prepared by different methods were in the following order: aromatics > branched olefins > branched paraffins (including cycloalkanes).

Toncón-Leal et al. [91] reported that the mesoporous silica support (i.e., SBA-15) could be used efficiently to stabilize FT catalyst. Their results confirmed that the mesoporous structure of the support was preserved after metal loading on the surface. They also reported that the hematite ($\alpha$-Fe$_2$O$_3$) was the main component of the catalyst. The effect of promoters (Li, K, and Cs) on the Fe/SBA-15 catalysts and their performance in FT reaction was investigated by Cano et al. [92]. Different iron species, including Fe$_3$O$_4$, Fe$^{2+}$, and $\alpha$-Fe, were detected in activated catalysts, and their composition varied according to the content of the promoter. In the spent catalysts, a mixture of different iron phases (Fe$^{2+}$, Fe$_3$O$_4$, $\chi$-Fe$_2$C$_5$, and $\epsilon$-Fe$_{2.2}$C) existed inside the SBA-15 walls.

4.2.2. Alumina Supported Catalysts

In 1980, Barrault et al. [93] studied the effect of support properties on the catalytic activity of iron-based catalysts. It was found that catalysts with higher activity had the lower selectivity to light olefins (C$_2$–C$_4$), and the alumina support with a higher surface area resulted in a higher selectivity to light olefins. The essential requirement for the catalysts for olefin production via FT reaction (FTO) is high selectivity to olefins, suppression of methane, and good resistance against coking under conditions that help form hydrogen deficient products [94]. The catalytic activity of alumina supported iron catalysts with different textural properties (20wt.%Fe/Alumina) studied by Perrichon et al. [95]. The textural properties of different alumina support and the product distribution at the CO conversion of about 20% for the FT reaction at 15 bar and H$_2$/CO of 1 are shown in Table 4.
Table 4. The textural properties and catalytic activity of alumina-supported iron catalysts [95].

|                      | SCS 9 | SCS 59 | SCS 350 | SAP 350 | SCM 250 | SCP 350 |
|----------------------|-------|--------|---------|---------|---------|---------|
| Specific area (m²/g) | 8     | 80     | 325     | 350     | 275     | 400     |
| Mean pore volume (cm³/g) | 0.45  | 0.60   | 0.53    | 0.23    | 0.63    | 0.30    |
| Mean pore radius (nm) | 150   | 15     | 3.0     | 1.2     | 4.5     | 1.5     |
| Reaction T (°C)      | 280   | 317    | 320     | 436     | 480     | 500     |
| ° CO conversion (%)  | 22.4  | 22.5   | 22.1    | 21.4    | 20.1    | 18.3    |
| ** R C1 %            | 25.7  | 31.0   | 29.3    | 33.9    | 26.5    | 38.1    |
| R C2–C4 %            | 40.4  | 51.0   | 50.7    | 32.3    | 44.8    | 59.4    |
| R C5+ %              | 33.9  | 18.0   | 20.0    | 33.8    | 28.7    | 2.5     |
| Olefin in C2–C4 %    | 23.0  | 33.3   | 28.5    | 56.7    | 75.2    | 77.7    |
| CO₂/(CO₂+H₂O) %      | 42.0  | 54.5   | 58      | 58      | 58      | 70.0    |

| Reaction T (°C) | 440 | -     | 338    | -       | -       | -       |
| CO conversion (%) | 30.0 | -     | 40.5   | -       | -       | -       |
| R C1 %           | 30.0 | -     | 28.7   | -       | -       | -       |
| R C2–C4 %        | 28.5 | -     | 42.4   | -       | -       | -       |
| R C5+ %          | 41.5 | -     | 28.9   | -       | -       | -       |
| Olefin in C2–C4 %| 36.0 | -     | 25.9   | -       | -       | -       |
| CO₂/(CO₂+H₂O) %  | 40.0 | -     | 61.0   | -       | -       | -       |

| Reaction T (°C) | 455 | -     | 359    | -       | -       | -       |
| CO conversion (%) | 35.0 | -     | 59.0   | -       | -       | -       |
| R C1 %           | 33.0 | -     | 31.0   | -       | -       | -       |
| R C2–C4 %        | 28.5 | -     | 36.5   | -       | -       | -       |
| R C5+ %          | 38.5 | -     | 32.5   | -       | -       | -       |
| Olefin in C2–C4 %| 36.0 | -     | 25.1   | -       | -       | -       |
| CO₂/(CO₂+H₂O) %  | 45.0 | -     | 64.0   | -       | -       | -       |

* Total transformation rate: CO conversion (%) = 100 × (F COi − F COo)/F COi. ** Partial product distribution: R Cn (%) = 100 × SCn/(100 − S CO₂). Selectivity of hydrocarbons: S Cn (%) = 100 × (F Cn × n)/(F COi − F COo). F COi and F COo are the molar flow rates of CO in the inlet and outlet of the reactor.

It can be seen that product selectivity was affected by the support’s nature. The methane and C₂–C₄ olefin contents were directly related and followed the same trend, while the C₂–C₄ and C₅⁺ contents did not directly relate to the other components. An evaluation of catalytic activities at different reaction temperatures revealed that the CO conversion increased by increasing the temperature, and product distribution shifted to the heavier hydrocarbons. However, higher temperatures are favored for olefin production, but by increasing the temperature, the olefin’s content decreased for the Fe/Alumina (SCS 350). The changes in the selectivity could be attributed to the nature of the supports and their surface properties. The high selectivity to the light olefins in the SCP350-supported catalyst could be due to the weaker MSI in this catalyst, which resulted in a higher selectivity to light olefins. The reducibility of the catalysts did not significantly change following a change in the support, while the thermodesorption of the carbon monoxide was different in different catalysts. The catalyst activity was related to the CO dissociation rate and its binding energy to the catalyst’s surface, and dissociation of carbon monoxide is considered to be a crucial step in hydrocarbon synthesis.

The effect of support properties on the catalytic activity of an iron-based catalyst was investigated by Torres Galvis et al. [30]. Iron catalysts supported on carbon nanofiber (CNF), β-silicon carbide (β-SiC), α-alumina (α-Al₂O₃), conventional high surface area SiO₂ and γ-Al₂O₃, and three bulk iron catalysts (Bulk Fe, Fe-Ti-Zn-K, Fe-Cu-K-SiO₂) were also used in this study. Iron loading, the average crystallite size of iron oxides, the crystalline phase of the fresh and spent catalysts, and their catalytic performances were evaluated. The iron phase of the fresh and spent catalysts was analyzed using Mössbauer spectroscopy. In all fresh catalysts, iron existed in the form of hematite (α-Fe₂O₃), and the particle sizes of supported catalysts were less than 13.5 nm, while the bulk iron catalysts were composed of large Fe₂O₃ particles.
As mentioned earlier, the high yield of lower olefins and minimum methane formation (6.1 nm) > Fe-180◦ (surface area = 350 m²/g) are the main requirements for the FTO catalyst. After 64 h of reaction, the Fe/γ-Al₂O₃ and Fe/SiO₂ showed the lowest catalytic activity. The Mössbauer spectroscopy analysis of these catalysts after 15 h of reaction at 1 bar showed that they did not contain any iron carbides. The nature of iron phases was related to the properties of the supports, and the presence of Fe₃Cₙ iron carbides could enhance the catalytic activity. The Fe/α-Al₂O₃ showed a slight decrease after the initial increase in activity, which could be due to the gradual decrease in methane formation, while the olefin selectivity was increased slightly during the reaction. Most of the catalysts showed CO conversion in the range of 77% to 88%, while the Fe/γ-Al₂O₃ catalyst showed a low CO conversion of 10%. Promoted bulk iron catalysts with weak MSI showed high activity and selectivity to light olefins. The high CO conversion, high selectivity to light olefins, and low methane selectivity were obtained over CNF and α-Al₂O₃ supported catalysts, respectively [30].

The FTO process for light-olefins production has been significantly enhanced by the development of iron-based catalysts (dispersed on the supports with weak MSI) with high activity, selectivity, and stability. The effect of iron particle size on alumina-supported catalysts for FT reaction was investigated by Park et al. [78]. In this study, the iron nanoparticles (γ-Fe₂O₃) were first synthesized by the solvothermal method. The δ-Al₂O₃ support (surface area = 127 m²/g) with the less reactive surface was prepared by the calcination of γ-Al₂O₃ (surface area = 350 m²/g) at 1000 °C. Then, 5 wt.% Fe/Al₂O₃ catalysts were prepared by impregnating pre-synthesized γ-Fe₂O₃ nanoparticles on δ-Al₂O₃ support. Preparation of iron nanoparticles at different temperatures in the range of 130–250 °C resulted in the different particle sizes in the following order: Fe-250 °C (12 nm) > Fe-230 °C (9 nm) > Fe-200 °C (6.1 nm) > Fe-180 °C (4.5 nm) > Fe-130 °C (2 nm). The catalysts with a particle size of 6.1 nm revealed the highest activity in FT reaction at 300 °C, 10 bar, and H₂/CO = 2 in a fixed-bed reactor. The small iron particles had a strong MSI with a higher reduction temperature. The bigger particles with a weak MSI could be reduced easily, but the metal dispersion could be decreased for the bigger particles, and also, the CO adsorption decreased by increasing the iron particle size. So, a catalyst with optimum particle size is required for the FT reaction.

The product distribution of light hydrocarbons (C₁–C₆) for the FT synthesis over an alumina-supported iron catalyst (15wt.%Fe/Al₂O₃) in a fixed-bed reactor was investigated by Adeleke and Gnanamani [96]. It was observed that the olefin to paraffin (O/P) ratio decreased by increasing the length of the carbon chain, which could be attributed to the higher chain growth probability of the paraffins than olefins. The further growth of the surface monomers could result in the formation of long-chain paraffins during the FT reaction over the Fe/Al₂O₃ catalyst. Depending on the CO conversion and reaction temperature during the FT reaction, C₂ olefin can go through the secondary reactions by readsorption and produce paraffins or long-chain olefins.

Xing et al. [97] prepared a series of iron catalysts supported on Al₂O₃ and ZnAl₂O₄-xAl₂O₃ (x = 1, 2, 3) by incipient wetness impregnation of the support with an aqueous solution of ammonium iron citrate. Two reference catalysts were also prepared by the coprecipitation of metal nitrates (REF-a: a mixture of 15%Fe/85% ZnAl₂O₄-1Al₂O₃, and REF-b: 100%Fe). XRD patterns of the reduced catalysts showed that they are composed of mainly Fe⁰, ZnAl₂O₄, and δ-Al₂O₃, α-Al₂O₃, β-Al₂O₃ (Table S4). Catalyst REF-b (100%Fe) showed the highest CO conversion due to the higher amount of iron-active sites in this catalyst than the other 15%Fe supported catalysts (Figure S3). A comparison of the CO conversion for F1 and REF-a catalysts, which have the same composition and different preparation methods, revealed that the activity of the F1 catalyst was reduced by the thermal treatment of support at 1200 °C. Compared with the REF-a catalyst, thermal treatment of the support of the F1 catalyst at a high temperature of 1200 °C resulted in a decrease in the total basic sites of the catalyst. Therefore, the F1 catalyst had a lower tendency to donate electrons for the dissociative CO activation and consequently had lower CO conversion.
than the REF-a catalyst. The adsorbed CO molecule on the catalyst’s surface tends to accept the electrons from iron, while the adsorbed H\textsubscript{2} (not at very low coverage) on the surface acts as an electron donor and gives an electron to iron. As shown in Figure 9A–D, the production of C\textsubscript{2}–C\textsubscript{4} olefins decreased by increasing the CO conversion. The olefin production was enhanced by increasing the ratio of Al\textsubscript{2}O\textsubscript{3} to ZnAl\textsubscript{2}O\textsubscript{4} and followed the order F\textsubscript{3} > F\textsubscript{2} > F\textsubscript{1} > F\textsubscript{∞}. The 15%Fe/85% ZnAl\textsubscript{2}O\textsubscript{4}·3Al\textsubscript{2}O\textsubscript{3} (F3) catalyst showed the highest selectivity of 58% at 20 bar and reaction temperature in the range of 400–540 °C, and olefin selectivity decreased to 49% after a further increase in the reaction temperature to 470 °C.

The hydrogenation ability of the catalysts might become suppressed in the presence of passivated alumina phase as a solid base. The F\textsubscript{∞} catalyst with the highest amount of passivated alumina phase and the excessive amount of base resulted in an average level of C\textsubscript{2}–C\textsubscript{4} olefin to paraffin ratio. However, the CO conversion increased from 35% to 62% by increasing the temperature from 450 °C to 470 °C. A comparison between F1 and REF-a catalysts, which have the same composition but with different calcination temperatures, revealed that the formation of C\textsubscript{2}–C\textsubscript{4} olefin enhanced by the thermal treatment of F1 at 1200 °C. The REF-b catalyst, 100% Fe, had the highest olefin to paraffin ratio. The O/P ratio of the catalysts at about 45–55% of CO conversion were in the order of REF-b(7.8) > F\textsubscript{3}(6.6) > F\textsubscript{∞}(3.2) > F\textsubscript{2}(2.1) > F\textsubscript{1}(1.9) > REF-a(1.7) [97]. Later, the same research group [98] prepared a series of K\textsubscript{2}O promoted catalysts, including 15%Fe/2%K\textsubscript{2}O/83%ZnAl\textsubscript{2}O\textsubscript{4}·1Al\textsubscript{2}O\textsubscript{3} (N1), 15%Fe/2%K\textsubscript{2}O/83%ZnAl\textsubscript{2}O\textsubscript{4}·5Al\textsubscript{2}O\textsubscript{3} (N5), 15%Fe/2%K\textsubscript{2}O/83%Al\textsubscript{2}O\textsubscript{3} (REF\textsubscript{∞}), and 15%Fe/2%K\textsubscript{2}O/83%ZnAl\textsubscript{2}O\textsubscript{4} (REF0). According to Dry et al. [99], K\textsubscript{2}O is a strong base, and bases tend to give electrons to the neighboring iron atoms and enhance the electron emission; and adsorbed CO on the surface of the catalyst tends to accept electrons from iron. Therefore, the presence of K\textsubscript{2}O can strengthen the Fe–C bond and reduce the possibility of hydrogenation. At the reaction pressure of 20 bar and a CO conversion of 35% over the N1 catalyst, the O/P ratios of 9.8, 17.7, and 13.0 were obtained for C\textsubscript{2}, C\textsubscript{3}, and C\textsubscript{4} fractions, respectively, which are significantly higher than the O/P ratio of the catalyst without K\textsubscript{2}O promotion (O/P = 1.9). The highest C\textsubscript{2}–C\textsubscript{4} olefin selectivity of 52.1% was obtained over the
N1 catalyst at 340 °C and CO conversion of 38.3%, and hydrogenation of olefins to paraffins was successfully suppressed, while the content of olefins in the fractions of C₂, C₃, and C₄ hydrocarbons reached ultra-high values of 90.7%, 94.7%, and 92.9%, respectively [98]. In another study by Liu et al. [100], the 15%Fe/2%K₂O/83%ZnAl₂O₄·3Al₂O₃ catalyst exhibited the high C₂–C₄ olefin selectivity of 64.4% at 360 °C 20 bar, and CO conversion of 15.2%. The content of olefins in C₂, C₃, and C₄ fractions were 88%, 92%, and 89%, respectively.

4.2.3. Zeolite Supported Catalysts

Many research groups have used Zeolites as support for iron-based FTO catalysts due to their shape-selectivity and molecular sieve character [101–107]. Zeolites are mainly used as acidic catalysts, and the strength and concentration of the acids sites can be adjusted according to the required properties. Cheon et al. [101] studied the effect of active components content on the catalytic performance of Fe-Cu-K/ZSM-5 catalysts with the fixed weight ratio of Fe:Cu:K of 1:0.1:0.2 and different contents of 5Fe/ZSM-5, 20Fe/ZSM-5, 30Fe/ZSM-5 and 40Fe/ZSM-5. The BET surface area of the catalysts decreased by increasing the metal contents, while at the same time, the pore sizes were increased. Active metals could block the micropores of the zeolites, and a higher content of metals resulted in a greater decrease in the surface area. The surface properties of the catalyst with 40% of iron loading is almost similar to the active component itself, and XRD results confirmed it, where the peaks belong to the ZSM-5 were very weak for this sample, and the peaks for α-Fe₂O₃ were the main observed peaks. The α-Fe₂O₃ species were transformed into metallic iron after reduction, which then, during the FT reaction, carburized to iron carbides as the FT active phase. The higher activity is related to the presence of more iron carbide in the spent 40Fe/ZSM-5 catalyst. The facile formation of iron carbides and the better reducibility of iron oxides by increasing the metal content resulted in a higher CO conversion and C₅+ formation. The highest content of weak and total acid sites was observed for the 5Fe/ZSM-5 catalyst, and they followed the order of 5Fe/ZSM-5 > 20Fe/ZSM-5 > 30Fe/ZSM-5 > 40Fe/ZSM-5. Similar to the results obtained in their previous study [106], the catalyst with the lowest acid sites showed the highest catalytic activity and also the highest olefin formation [101].

The catalytic activity of a series of promoted iron catalysts supported on different types of zeolites including mordenite (Si/Al = 6, surface area = 420 m²/g), beta-zeolite (Si/Al = 12.5, surface area = 680 m²/g), and ZSM-5 (Si/Al = 25, surface area = 425 m²/g) prepared by impregnation method, was studied by Kang et al. [104]. The total metal loading of 20 wt.% with the Fe/Cu/K weight ratio of 20/2/4 was used in this study. The presence of Cu enhanced the reducibility and decreased the iron reduction temperature and operating temperature. The activity and selectivity during the reaction were also stabilized in the presence of Cu. The total acid sites, including weak and strong acid sites, followed the order of FeCuK/Mordenite > FeCuK/Beta-zeolite > FeCuK/ZSM-5. The catalytic activity of the catalysts was related to their reducibility in this order: FeCuK/ZSM-5 > FeCuK/Mordenite > FeCuK/Beta-zeolite. The formation of more iron carbides as an active phase at the higher degrees of reducibility in ZSM-5 supported catalyst could enhance the catalytic activity. Different iron phases such as iron metal, iron carbides, or Fe₂O₃ were suggested as the active phases in the FT reaction. The ZSM-5 supported catalyst showed the highest selectivity to C₂–C₄ olefins, followed by beta-zeolite and mordenite-supported catalysts. The olefin formation could be suppressed due to the stronger acid sites in the mordenite-supported catalyst [106].

Later, Kang et al. [107] investigated the catalytic properties and activities of a series of promoted iron catalysts supported on ZSM-5 with different Si/Al ratios of 25, 40, and 140. Similar to their previous study [106], the total metal loading of 20 wt.% with the Fe/Cu/K ratio of 20/2/4 (by weight) was used in this research. It was observed that the total acid sites decreased by increasing the Si/Al ratio of the support (Table S5). At the higher Si content, a decrease in the interaction of iron species and aluminum of zeolite resulted in a better reduction of Fe₂O₃ to Fe metal. The reduction peak of the catalysts gradually
shifted to higher temperatures by lowering the Si/Al ratios, indicating the stronger MSI and
difficult reduction of the catalyst with a lower Si/Al ratio, which resulted in the formation
of smaller metal particles on the surface. The strong interaction of small iron particles
with acid sites of zeolite could suppress the sintering of the metal particles, facilitate the
formation of iron carbides, and thus, increase the catalytic activity during an FT reaction.
The catalyst with the lowest amount of strong acid sites (highest amount of weak acid sites)
showed the highest selectivity to light olefins. In this study, unlike the total acid sites and
weak acid sites, the number of strong acid sites increased by increasing the Si/Al ratio,
suppressing the light olefins formation [107].

The addition of HZSM-5 to the FeMnK/SiO\textsubscript{2} catalyst significantly affected the catalytic
performance during the FTO reaction [108]. The FeMnK/SiO\textsubscript{2} catalyst (100Fe/10Mn/5K/
20SiO\textsubscript{2}) was prepared using the co-precipitation method, and then the FeMnK/SiO\textsubscript{2}-HZSM-5
catalysts were prepared by powder-mixing with the FeMnK/SiO\textsubscript{2}:HZSM-5 mass ratio of
1:1. The pore structure of the catalysts did not change following the addition of HZSM-5,
while the BET surface area increased. In addition, the HZSM-5 zeolites with the lower
Si/Al ratios had higher BET surface areas (Table 5), which could be due to the decrease in
the crystal sizes of HZSM-5. The crystal sizes of FeMnK/SiO\textsubscript{2}-HZSM-5(Si/Al = 80) were
larger than the crystal sizes of FeMnK/SiO\textsubscript{2}-HZSM-5(Si/Al = 27). The addition of HZSM-5
also enhanced the reducibility of the catalyst, the reduction temperatures shifted to lower
temperatures, and an increase in the Si/Al ratios in the HZSM-5 zeolite resulted in a further
decline in the reduction temperatures. Zeolites with the larger Si/Al ratios had larger
crystal sizes which can enhance the reducibility of the catalyst.

Table 5. Textural properties and catalytic performances of catalysts at 300 °C, 2 MPa,
and H\textsubscript{2}/CO = 1 [108].

| FeMnK/SiO\textsubscript{2} | HZSM-5 (Si/Al = 27) | FeMnK/SiO\textsubscript{2} | HZSM-5 (Si/Al = 27) | FeMnK/SiO\textsubscript{2} | HZSM-5 (Si/Al = 38) | FeMnK/SiO\textsubscript{2} | HZSM-5 (Si/Al = 50) | FeMnK/SiO\textsubscript{2} | HZSM-5 (Si/Al = 80) |
|-----------------|-------------------|-----------------|-------------------|-----------------|-------------------|-----------------|-------------------|-----------------|-------------------|
| Textural properties |
| S\textsubscript{BET} (m\textsuperscript{2}/g) | 165.3 | 296.5 | 258.0 | 249.0 | 217.2 | 226.6 |
| Pore volume (cm\textsuperscript{3}/g) | 0.209 | 0.108 | 0.179 | 0.166 | 0.135 | 0.167 |
| Pore size (nm) | 3.95 | 5.98 | 3.69 | 3.72 | 3.69 | 3.69 |
| Catalytic performance |
| CO conversion (%) | 82.47 | - | 63.84 | 62.71 | 58.93 | 66.31 |
| CO\textsubscript{2} selectivity (%) | 46.75 | - | 40.23 | 41.60 | 40.02 | 43.09 |
| Hydrocarbon distribution (%) |
| CH\textsubscript{4} | 17.42 | - | 12.36 | 11.27 | 11.07 | 10.72 |
| C\textsub{2}–C\textsub{4} | 19.09 | - | 6.86 | 9.60 | 10.68 | 11.20 |
| O/P (C\textsub{2}–C\textsub{4}) | 10.64 | - | 12.73 | 10.64 | 10.69 | 8.88 |
| CH\textsub{5}+ | 1.79 | - | 0.54 | 0.90 | 1.00 | 1.26 |
| C\textsub{5}+ | 52.84 | - | 68.05 | 68.48 | 67.57 | 69.19 |
| Selectivity in C\textsub{5}+ hydrocarbon (%) |
| Olefins | 55.19 | - | 42.87 | 46.80 | 45.21 | 42.78 |
| Paraffins | 44.81 | - | 38.31 | 39.52 | 41.68 | 44.14 |
| Aromatics | 0.00 | - | 18.82 | 13.68 | 13.11 | 13.08 |

The acidic properties of FeMnK/SiO\textsubscript{2} also changed after the addition of HZSM-5,
and the amount of weak and strong acid sites increased by decreasing of Si/Al ratio. The
high CO conversion of 82.47% and C\textsub{2}–C\textsub{4} olefins selectivity of 19.09% were obtained over
FeMnK/SiO\textsubscript{2} catalyst. The HZSM-5 (Si/Al = 27), as a catalyst alone, did not have any
activity during the FT reaction, but after physically mixing with the FeMnK/SiO\textsubscript{2} catalyst,
the C\textsub{2}–C\textsub{4} olefins selectivity decreased significantly from 19.09% to 6.86%. In contrast, the
selectivities to C\textsub{5}+ hydrocarbons and aromatics in this range were increased. The selectivity
to C\textsub{2}–C\textsub{4} olefins was enhanced by increasing the Si/Al ratios, which resulted in the lower
acid sites. The conversion of olefins to aromatics enhanced at the lower ratios of Al/Si and
higher amount of strong Brønsted acid sites. However, it is worth noting that due to the cracking of long-chain hydrocarbons in the presence of excessive strong Brønsted acid sites, the selectivity to aromatics could be decreased [108].

The addition of MnO as a promoter to the Fe catalyst supported on Si-2 zeolite resulted in a better dispersion and reducibility of iron particles and suppressed the secondary reactions of olefin hydrogenation (Table S6) [105]. The olefin production increased when using the Si-2 zeolite as support, and with the addition of Mn as a promoter, the catalyst activity reached a maximum and then decreased slightly, while at the highest CO conversion (77.6%), the lowest selectivity to light olefins (39.6%) and O/P ratio (2.08) was observed. Due to the suppression of olefin hydrogenation, the C₂–C₄ olefin production increased by increasing the Mn content [105]. The addition of a proper binder (i.e., TiO₂) to the Fe-MnO catalyst supported on silicalite-2 (Si-2) zeolite could improve the catalyst mechanical strength and catalyst reactivity without any adverse effect on the selectivity to light olefins due to the improved electron transfer between Fe²⁺ and/or Fe³⁺ components and TiO₂ (Table S6). The basicity of the support plays an important role in the formation of light olefins in the FTO process over Fe catalysts promoted by MnO. Later, Xu et al. [109] reported that the simultaneous addition of Mn and K promoters resulted in a further improvement in the catalytic activity and light olefin production.

It was reported that the addition of zeolite to the AC-supported iron catalysts in a dual-bed reactor (separate-beds) could alter the product distributions by cracking long-chain hydrocarbons, isomerization of n-paraffins, oligomerization of olefins, and formation of aromatics [110,111]. The C₂–C₄ olefins content in the products decreased by the addition of ZSM-5 due to the higher possibility of oligomerization in the presence of ZSM-5, and the olefin formation decreased by the further increase in the amount of ZSM-5. The FT and WGS reaction rates increased by increasing the temperature from 280 °C to 300 °C, but further temperature increases did not enhance the reaction rates. Formation of aromatics increased sharply in the presence of zeolite, and by increasing the reaction temperature from 280 °C to 300 °C, total C₂–C₄ hydrocarbons and aromatics concentrations from 2.25 to 6.05 (g carbon/day) and 262 to 1762 (mg carbon/day), respectively [110]. A summary of reactions occurring over the catalyst (Fe/AC and the zeolite) is shown in Figure 10 [111]. Syngas is converted to C₁–C₅, C₆+, alcohols, and light olefins under an iron-based catalyst.

![Figure 10. Summary of reactions occurring over Fe catalyst (Fe, unbroken red arrows) and the zeolite (Z, blue dashed arrows) [111].](image)

Oligomerization of C₂–C₅ products result in the formation of heavier n-paraffins, which can be cracked and isomerized to lower-chain hydrocarbons and i-paraffins over the zeolite catalyst. The C₆+ n-paraffins also go through the aromatization reaction to produce aromatic compounds such as benzene, toluene, and p-xylene. Undesired coke is also produced on the surface of zeolite using aromatic molecules as precursors. Dehydration of alcohols to hydrocarbons can also occur over the zeolite catalysts, where water is produced.
as a by-product in this process. Acid catalysts could enhance the formation of isomers and aromatic in the range of C$_5$–C$_{20+}$ at the expense of product olefins.

The catalytic activity of the FeZnNa/Zeolites catalysts for the production of light olefins in a dual-bed catalyst was studied by Hou et al. [112]. Different types of zeolites including HY, NaY, ZSM-5, SAPO-34, Hβ, Liβ, Naβ, Kβ, and Rbβ were used in this study. The effect of zeolites in the catalytic reaction of CO hydrogenation was evaluated in a dual-bed catalyst, whereas the zeolite powder layer was placed below the FeZnNa layer, and the layers were separated completely by silica wool. The acidity of the zeolites, which plays an important role in the hydrocracking of long-chain hydrocarbons, were measured and the acidities (NH$_3$ desorption (mmol/g)) were in the following order: HY (3.5) > ZSM-5 (2.3) > SAPO-34 (2.2) > Hβ (2.0) > NaY (1.6) > Liβ (1.2) > Naβ (1.0) > Kβ (0.5) > Rbβ (0.4).

The zeolites including HY, ZSM-5, SAPO-34, and Hβ showed two NH$_3$ desorption peaks at about 200 °C and 340–450 °C, which were attributed to the weak and strong acid sites, respectively, while Naβ and NaY had only one peak belong to the weak acid site. The number of acid sites in the zeolite β also was affected by the basicity of exchanged alkali metals (Na, K, Li, and Rb), and by increasing the atomic numbers of the exchanged alkalis, the number of acid sites was decreased. The FeZnNa catalyst showed the C$_2$–C$_4$ olefins selectivity, of 26.4%, at a CO conversion of 87.6% (Table S7). The addition of zeolites resulted in a slight increase in the CO conversion, while the product distribution was significantly affected. In general, the olefin production increased following the addition of zeolites. A series of reactions, including olefin readsorption, hydrocracking, and isomerization of the primary hydrocarbons, occur on the zeolite layer. The highest C$_2$–C$_4$ olefins selectivity of 50.5% was obtained over the FeZnNa/Naβ.

Bae et al. [113] studied the catalytic properties and performance of 20Fe-Cu-4K/ZSM-5 catalysts (20 wt.% Fe and 4 wt.% K) with different Cu contents of 0, 2, 4, and 6 wt.%. Catalysts were prepared by impregnating metal precursors on ZSM-5 (Si/Al-25, surface area = 425 m$^2$/g), and their catalytic activities were evaluated in a fixed-bed reactor at 300 °C, 1 MPa, and H$_2$/CO ratio of 2. The catalytic activities were in this order: Fe–Cu(2)–K/ZSM5 > Fe–Cu(0)–K/ZSM5 > Fe–Cu(4)–K/ZSM5 > Fe–Cu(6)–K/ZSM5, which is similar to the trend of weak acid sites of the catalysts (Table S8). As mentioned earlier by Kang et al. [107], the olefin formation is suppressed in the presence of strong acid sites, while it is enhanced in the presence of more weak acid sites.

A series of zeolite (hollow silicalite-1 zeolite)-encapsulated FeMnK catalysts with enhanced selectivity to light olefins, via FT reaction, were developed by Zhu et al. [114]. The results confirmed that the selectivity of light olefins reached 50.6% over FeMnK@H-S-1 catalyst. It was found that the higher hierarchy factor, which is the result of the relative pore volume of micropores multiplied by the relative specific surface area of mesopores, was an important parameter to obtain a higher light olefin selectivity. Besides, the modest H$_2$ activation capacity and lower desorption energy of olefins could be further reasons for the higher olefin selectivity. The olefin secondary reactions through readsorption were significantly reduced over this FeMnK@H-S-1 catalyst.

Recently, Yahyazadeh et al. [115] did a comprehensive review on catalyst development for light olefins production via FTS, and the effects of metals, supports, and promoters on the catalyst performance were discussed. They have studied the Co and Fe as the main active metals in FT reaction, and the effect of crystal phase, crystal size, and pore size of these catalysts have been investigated in that work. They reported that the iron carbide is the most crucial active phase for olefin production through FT reaction, and also the larger pore size of iron-based catalysts could result in a higher olefin production and decrease the readsorption and secondary reactions. According to the findings reported in the literature, Yahyazadeh et al. [115] and Ma and Dalai [116] also reported that the support’s properties could significantly affect the catalyst performance. The desirable interaction with metal and support needs to be considered during the selection of the support. As mentioned earlier in the current review paper, the lifetime of catalyst, metal dispersion, and reducibility of active metal are strongly affected by the strength of MSI.
Basicity of the catalysts, which is influenced by the type of support, can also be improved by the addition of promoters such as alkali metals. The dissociative adsorption of CO and selectivity to olefins could be enhanced in the presence of strong basic sites. The addition of alkali metals can change the catalyst reducibility and phase transition. It can also enhance the catalyst reducibility at higher temperatures while decreasing the reducibility of catalysts at lower temperatures. The deactivation of Fe and Co catalysts was also investigated, and different deactivation mechanisms, including carbidation, active phase oxidation, surface carbon formation, surface reconstruction, sintering, attrition, and poisoning, were discussed by Yahyazadeh et al. [115].

5. Concluding Remarks

Light olefins are the key components in chemical industries, and they are used to produce several derivatives used in our daily life. The various technologies for light-olefins production are divided into two main categories of direct and indirect processes. In the direct process, syngas is directly converted into light olefins, while, in the indirect process, syngas is first converted into an intermediate, then transformed into light olefins. In the Fischer–Tropsch to olefin (FTO) process, light olefins will be produced directly through a catalytic reaction over catalysts such as iron and cobalt. This process aims to increase the production of light olefins with the lowest methane formation and also avoid the production of excess CO$_2$. Iron-based catalysts with lower price than cobalt, higher selectivity to olefins, lower selectivity to methane, and higher resistance against contaminants are promising candidates for olefins production via FT reaction.

The fresh iron catalyst ($\alpha$-Fe$_2$O$_3$) was reduced to Fe$_3$O$_4$, FeO, and Fe$^0$, and then after exposing to syngas during the FT reaction, the reduced species were transformed into iron carbides (ε-Fe$_x$C, ε'-Fe$_{2.2}$C, χ-Fe$_5$C$_2$, Fe$_7$C$_3$, and θ-Fe$_3$C) which act as active phases in FT reaction. Transition metals such as Ti, Mn, and V, with a high affinity to carbon monoxide, were reported to be excellent promoters for olefin production. The promotion of iron catalysts with alkali metals has been widely investigated. By the addition of alkali promoters, the CO dissociative adsorption and surface coverage of dissociated CO could be increased and inhibit the olefin readsorption; thus, the selectivity to olefins could be enhanced. The selectivity to olefins could also be improved by the combination of iron and other transition metal oxides. Manganese has been used extensively for this purpose, and both the activity and chain propagation become increased by the incorporation of manganese oxide. The selectivity to light olefins could be enhanced due to the presence of a sufficient amount of active sites for the adsorption and decomposition of CO molecules on the catalyst’s surface. Thus, the enhanced carburization environment on the surface and inhibited hydrogenation rate could lead to a higher selectivity to light olefins.

Despite their ability to produce light olefins via FT reaction, bulk and unsupported iron catalysts suffer from low stability, physical degradation at high reaction temperatures, and the formation of fine particles which can plug the fixed-bed reactor and cause a large pressure drop, or making difficulties in the separation of these fine catalysts in slurry reactors. In addition, in the presence of bulk iron catalysts, a Boudouard reaction (2CO $\leftrightarrow$ CO$_2$ + C) may occur, and formed carbon can block the active sites and destroy the particles in bulk iron catalyst; consequently, the FT reaction becomes inhibited and the activity decreases. The stability and lifetime of the catalyst could be enhanced using a proper supporting material. According to their acidic and basic properties, ability to stabilize metal dispersion, and geometric properties, supports can alter the catalyst activity and the product distribution. The catalyst’s lifetime, reducibility of active metals, and metal dispersion are significantly affected by the strength of metal-support interaction (MSI). The catalytic performances of iron-based catalysts supported on silica, alumina, and zeolites as the most common supporting materials for olefin production via the FTO process have been discussed in this paper. Alumina and silica supports were widely used to improve the mechanical and structural stability of iron-based catalysts. The higher dispersion of smaller metal particles with a lower degree of carbidization could be observed in the support with
a smaller pore size and stronger MSI, while carbidization of the larger iron particles located on the support with the larger pore size is much easier. Zeolites are also used as a support for iron-based catalysts. The strength and amount of acid sites could be adjusted by altering the Si/Al ratio in these supports. The larger Si/Al ratios could result in the formation of larger crystal size, lower MSI, and better reducibility properties, consequently enhancing the catalytic activity. In addition, the acidity, mainly the strong acid site, could be increased by lowering the Si/Al ratio, which can suppress the olefin formation. Therefore, olefin production could be optimized by adjusting the acidity and porosity of the zeolites.

Iron-based catalysts, which are inexpensive, have a higher tolerance to sulfur, and high selectivity to light olefins can be used as an efficient catalyst for light olefin production via FT reaction. According to the discussions explored in this paper, the activity and selectivity of the iron-based catalysts could be affected by different parameters, including the support and promoter. The addition of a proper promoter, such as alkali metals, can enhance olefin production. An appropriate support for the iron-based catalyst for FTO reaction needs to provide a good distribution of active metals on the surface, enhance the degree of reducibility and formation of the active phase, and increase the possibility of the contact of reactants and active sites. The catalyst also needs to have high stability and lifetime to ensure its long-term activity without altering the product selectivity. The selection of suitable catalysts and the optimized reaction conditions can increase the feasibility of the FTO process for the production of light olefins.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/catal12020174/s1. Figure S1: Structural models for ε-carbide, Hägg carbide, and magnetite, Figure S2: Effect of Fe/Co molar ratios on the catalytic performance of the Fe/Co catalysts in FTO reaction (H2/CO = 1/4, 450 °C), Figure S3: CO conversions for the reduced catalysts at different reaction temperatures, Table S1: Activity/selectivity of the perovskite-like oxides in FTO reaction, Table S2: Catalytic performance of Mn promoted Fe catalysts in Fischer–Tropsch synthesis, Table S3: Different phases of iron in the fresh, reduced and spent catalysts, Table S4: Crystalline phases of the prepared catalysts, Table S5: The properties and catalytic activity of Fe-Cu-K/ZSM-5 catalysts, Table S6: The catalytic performance of Fe-MnO catalyst supported on Si-2 zeolite, Table S7: The catalytic performance of dual-bed FeZnNa/Zelite catalysts after 24 h at 330 °C, 2.0 MPa, and H2/CO = 1, Table S8: Surface acidity and catalytic activity of Fe-Cu-K/ZSM-5 catalysts.

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