A Census of Massive Stars Across the Hertzsprung-Russell Diagram of Nearby Galaxies: What We Know and What We Don’t

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Abstract.
When we look at a nearby galaxy, we see a mixture of foreground stars and bona fide extragalactic stars. I will describe what we need to do to get meaningful statistics on the massive star populations across the H-R diagram. Such a census provides the means of a very powerful test of massive star evolutionary theory.

1. Introduction

In this review, I will briefly discuss what we do (and don’t!) know about the population of massive stars across the H-R diagram (HRD) of nearby, Local Group galaxies. If we are accurate census takers, then we can use the numbers of differing types of massive stars (O-type, Luminous Blue Variable stars, F and G supergiants, red supergiants, Wolf-Rayet stars) to provide a sanity check on the predictions of stellar evolution theory, and in particular to see if the relative numbers change as a function of metallicity in the way that they should. For this, we use those galaxies of the Local Group which are currently forming massive stars. These span a range of a factor of 20 or so in metallicity as measured by the oxygen content of their HII regions (Massey 2003), and thus allow a more powerful test than merely that offered by comparing the content of (say) the SMC to the Milky Way, where the metallicities differ only by a factor of 4 or so.

We expect that metallicity $z$ matters, primarily as the mass loss rates scale as something like $z^{0.7}$ (Vink et al. 2001) during the hydrogen-burning main-sequence phase, and the amount of mass loss during this phase plays a dominant role in the evolution of massive stars. Our modern understanding of this traces back to Peter Conti, who proposed (Conti 1976) that Wolf-Rayet stars were the result of mass loss. As a massive star evolves, it loses mass, and eventually reveals He and N (the products of CNO burning) at the surface, at which point the star is spectroscopically identified as a WN star. Further mass-loss eventually reveals C and O, the products of He-burning, and the star is called a WC. Conti and collaborators eventually argued that the metallicity dependence of the mass loss rates were responsible for the very different relative number of WC- and WN-type Wolf-Rayets seen in external galaxies (Vanbeveren & Conti 1980; see also Massey & Johnson 1998 and Massey 2003). We will discuss this more extensively below, but this is the sort of test such a census allows.

This is a good moment to conduct such tests. On the one hand, our Local Group Galaxies survey (Massey et al. 2006, 2007a, 2007b) has used the KPNO and CTIO 4-m telescopes to perform photometry of stars throughout the star-
forming galaxies of the Local Group. On the other hand, evolutionary theory
now includes the important effects of rotation at various metallicities (Meynet
& Maeder 2003, 2005), and thanks to the generosity of our colleagues in Geneva
the models are freely available. Still, nothing worth doing is easy, and we will
find that while there are a lot of things that we do know now, there is still quite
a bit that we don’t. There is still plenty of fun to be had.

2. Massive Star Evolution: An Observer’s View

I’d like to start by sharing my (limited) understanding of what stellar evolu-
tionary theory predicts, using as our baseline the Geneva evolutionary tracks
for \( z = 0.020 \) (solar) of Meynet & Maeder (2003) and an initial rotation of 300
\( \text{km s}^{-1} \). This way when we talk about a census of stars across the HRD we will
all have in mind the same mental picture of where these stars are coming from.

First, let us consider a star of very high mass, \( 120M_\odot \). In Fig. 1(a) we
plot its path in the HRD, with the main-sequence (MS), Luminous Blue Variable
(LBV), and Wolf-Rayet (WR) phases (WN, WC) indicated. At the beginning
the star is spectroscopically an O3 V, but the star then enters the WN phase
while still a main-sequence (core-H burning) object.

In Fig. 1(b) we show what the models predict will happen with a \( 40M_\odot \) star:
it will go through its main-sequence phase, starting out as an O5 V star and
evolving through an F and G supergiant stage. The star then becomes hotter
again, and eventually evolves to a WN- and then a WC-type WR. Still, making
it as far as a WC is a close thing; if the calculation is done without including
rotation, the star never makes it to the WC stage, as shown in Fig. 1(c).

Finally, let us consider the evolution of a \( 20M_\odot \) star. It begins its main-
sequence life as an O8 V, and then evolves through the yellow (F and G-type)
supergiant stage, finally reaching the red supergiant (RSG) stage.

3. O-type Stars

It would be extremely attractive to be able to use the number of unevolved
massive stars with masses greater than “X” as the normalization factor when
comparing the number of evolved massive stars of various types from one galaxy
(metallicity) to another. Indeed, it is not uncommon for theoreticians to do ex-
actly that in trying to compare their model predictions to the observed number.

I don’t know where these numbers come from (although sometimes my own
work is cited) but historically these numbers are primarily a reflection of the
(in)completeness of such catalogs, and not actually the number of O stars. The
reasons are two fold. First, the most massive stars in a galaxy are not the
brightest visually. For instance, a \( 25M_\odot \) A-type supergiant in the SMC will be
found at \( V = 11 \), while an \( 85M_\odot \) star on the ZAMS will be found at \( V = 14 \).

Some early workers in the field recognized the limitations of their catalogs; see,
for instance, the excellent discussion of this issue in the Rousseau et al. (1978)
catalog of LMC members. Thus, efforts to determine the initial mass function
(IMF) of the Magellanic Clouds needed to take this into account (Massey et
al. 1995). The second issue is what is actually involved in determining the
luminosity of a star. One can “easily” obtain reddening-free photometry (with a
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Figure 1. The evolution of massive stars at Galactic metallicity. (a) The evolution of a $120 M_\odot$ star passes through a main-sequence phase, a Luminous Blue Variable (LBV) phase, and then through a WN- and WC-type Wolf-Rayet phase. (b) The evolution of a $40 M_\odot$ star passes through a main-sequence stage, a yellow (F- and G-type supergiant) phase, and then a WN- and WC-type Wolf-Rayet stage. (c) The evolution of a $40 M_\odot$ star never proceeds as far as the WC stage if rotation is not included. (d) The evolution of a $20 M_\odot$ star proceeds through a yellow and then red supergiant stage.

Few years of work, as we did in the Local Group Galaxies survey, but how does one get the bolometric correction? For hot stars most of the radiation is emitted in the far-UV, and in the optical the dereddened spectral energy distribution is far down on the tail of the Rayleigh-Jeans distribution. Massey (1998a) provides an error analysis of the derivation of masses from photometry: an uncertainty of 0.1 dex in $\log T_{\text{eff}}$ results in an error of 0.15 dex in $\log m$. For the hottest ($40,000$-$50,000$ K) massive stars, $d\log T_{\text{eff}}/dQ \sim 6$, so a modest error of 0.05 mag in the reddening-free $Q$ color index would translate to an error in effective temperature of 0.3 dex in $\log T_{\text{eff}}$, and hence about 0.45 dex in $\log m$— in other words, you can’t tell a $50M_\odot$ star from a $150M_\odot$ star!
However, the relationships become a lot flatter for stars with effective temperatures $<35,000 \text{ K}$, and it should be possible to count the total number of unevolved stars. Let us take as our limits $M_{\text{bol}} < -7 \left( \log \frac{L}{L_\odot} > 4.7 \right)$ and $T_{\text{eff}} > 30,000 \text{ K}$, which should roughly include all of the H-burning stars of $20M_\odot$ and above. Since there are several ways to account for the reddening, let’s try several of them on the LGGS data for M33 and see how well the answers agree:

1. Variable reddening and determine separate transformations for each luminosity class: 22,640.
2. Adopt constant reddening: 23,450
3. Use variable reddening but treat all luminosity classes the same: 22,740.

So, our answers are at least consistent at the 5% level!

Although we cannot directly measure the number of massive stars above (say) $50M_\odot$ we can now calculate the number based on these totals, if we assume an IMF slope and main-sequence lifetime. In general, the number of stars $n$ between mass $m_1$ and $m_2$ will be

$$n_{m_1}^{m_2} \propto \left[ m \Gamma \times \tau_{ms}(m) \right]_{m_1}^{m_2}$$

where $\tau_{ms}$ is the main-sequence lifetime, and $\Gamma$ is the IMF slope (i.e., Salpeter has $\Gamma = -1.35$). Since the mass-luminosity relationship goes something like

$L \sim m^2$ for high-mass stars, then $\tau_{ms} \sim m^{-1}$ from first principles, and hence

$$n_{m_1}^{m_2} = A\left[ m^{-2.35} \right]_{m_1}^{m_2}.$$ We can thus use the total number of stars to find the normalization constant $A$. The value for $m_1$ is $20M_\odot$, and it doesn’t matter if we assume $m_2 = 150M_\odot$ or $\infty$. For M33 then $A = -2.6 \times 10^7$. The total number of stars with masses $m > 50M_\odot$ is (approximately!) 2,600, and the number of stars with masses greater than $100M_\odot$ is 500. If stars with masses greater than $150M_\odot$ existed, we would expect to find 200 of them, and for that matter, the present day mass function wouldn’t peter down to one star until $1400M_\odot$.

Thus, one would think that it would be pretty straightforward to determine the upper mass cut-off in such a mixed age population, although perhaps greater care would be needed on things like stellar ages.

Such an argument is flawed for the following reason. Although some (e.g., Oey & Clarke 2005) have treated the upper mass limit from purely a statistical point of view by combining data from various clusters to argue that in the ensemble population one should see a star of very high mass (but one doesn’t), Kroupa & Weidner (2003) and Weidner & Kroupa (2005) have warned that because individual clusters of finite mass will each have an upper boundary, one does not recover the same IMF by combining a bunch of separate groups of stars. Thus, our estimate of even the number of stars with masses above $50M_\odot$ is probably flawed, as there are doubtless OB associations and clusters that contribute to the total that have upper masses less than $50M_\odot$ (but more than $20M_\odot$).

We include in Table 1 the total number of $20M_\odot$ stars, and (keeping in mind the above caveat) the very approximate number more massive than $50M_\odot$. 

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Table 1

| Mass Range | Number |
|------------|--------|
| $20M_\odot$ | 2,600  |
| $50M_\odot$ | 2,600  |
| $100M_\odot$ | 500    |
| $150M_\odot$ | 200    |
| $\infty$ | 1400 $M_\odot$ |
Table 1. Number of unevolved massive stars

| Galaxy | $>20 M_\odot$ | $>50 M_\odot$ |
|--------|--------------|--------------|
| M31    | 24,800       | 2,800        |
| M33    | 22,600       | 2,600        |
| LMC    | 6,100        | 700          |
| SMC    | 2,800        | 330          |
| N6822  | 1,300        | 150          |
| WLM    | 830          | 100          |
| IC10   | 550          | 65           |
| SexA   | 290          | 35           |
| Phoenix| 270          | 30           |
| SexB   | 150          | 17           |
| Pegasus| 130          | 15           |

4. Red Supergiants

Red supergiants are the He-burning descendants of 10-25$M_\odot$ stars, and mostly represent the terminus in the life of such stars.

I first got intrigued by the issue of the red supergiant content of nearby galaxies by the interesting study of M33 by Humphreys & Sandage (1980). Their Figs. 21 and 22 tell an interesting story: the distribution of blue stars seen against M33 are quite clumpy, while the distribution of red stars is quite smooth. The argument that RSGs are in general older than O stars is quite weak as an explanation: in 10 million years a star with a random velocity of 30 km/sec would drift by about 300 pc, or about 1.5 arcmin in M33, which is only comparable to the size of typical OB association they identify from the blue stars—not enough to smooth out the distribution. The problem was eventually solved by Massey (1998b), who found that most of the red stars identified by Humphreys & Sandage (1980) were actually foreground stars. This brings us to the main issue with completing an accurate census of the HRD for stars other than the blue ones—foreground contamination can be quite an issue.

This particular problem—separating the RSGs from the foreground stars—is one that can be solved by photometry. As shown in Massey (1998b), a two-color $V - R$, $B - V$ does a nice job of separating the two. We show such a diagram here for the LGGS data on M31. In Fig. 2 (upper), we see that there is a pretty clean separation. The upper sequence are the RSGs; the lower sequence are the (more numerous) foreground dwarfs.

How well does the method work in practice? For M31 we can test this exactly, as the galaxy has a large rotational rate superimposed upon a large (negative) systemic velocity. In the lower left panel of Fig. 2 we show the radial velocities of the HII regions from the seminal study of the rotation of M31 by Rubin & Ford (1970). The abscissa is the distance along the semi-major axis, normalized by the radius of the galaxy, where we have adopted the geometrical parameters of Rubin & Ford (1970). The fact that a straight line fits these data is a dramatic demonstration that the gravitational potential of M31 is dominated by dark matter, in that the rotation curve is really flat. On the right we now superimpose the radial velocities of the RSGs selected on the basis of the two-
Figure 2. Identifying red supergiants. In the upper figure, we show a two-color diagram for bright ($V < 20$), red ($V - R > 0.85$) stars seen against M31. There are clearly two sequences, which we have distinguished with a curve. The short line at upper left is the typical reddening vector of M31. In the lower two figures we demonstrate how well our selection criteria actually worked. On the left is the radial velocity of the HII regions studied by Rubin & Ford (1970) plotted against the distance along the semi-major axis divided by the radius. The line is a least-squares fit to these data, excluding the two circled outliers. On the right we now superimpose the radial velocities of the RSG candidates selected as per the top figure. From Massey et al. (2009).

color diagram. The agreement says it all: it worked! This argument comes from the study of RSGs in M31 by Massey et al. (2009).

So what are the difficulties here? Well, there are actually only two caveats, both relatively minor: first, for a meaningful comparison, we really need to cut at a $\log L/L_\odot > 4.5$, else we run the risk of including intermediate-mass asymptotic giant branch stars in our census. This potential issue was first noted by Brunish et al. (1986). The second issue, and philosophically more subtle, is what exactly
do we mean by a “red” supergiant? From a stellar evolutionary point of view, red supergiants are those things over on the right side of the HRD which blow up as spectacular supernovae, right? Well, not from an observer’s point of view. The difficulty comes in that a $25M_\odot$ “red supergiant” at SMC metallicities actually has an effective temperature of about 5550 K (Charbonnel et al. 1993). In other words, the terminus of the star’s He-burning phase occurs as a G supergiant, not a K-M I. So, when we compare our census to the expectations of stellar evolutionary theory, we have to make sure that we all agree on what is what.

5. The Yellow Supergiants

As we showed in §2 (Fig. 1), the yellow supergiant (F and G I) will be the “turning around” point in the evolution of a $40M_\odot$ star, while stars of lower masses will briefly pass through a yellow supergiant phase on their way to becoming red supergiants. The yellow supergiant phase is a very appealing one to study as the lifetimes are extremely short (2,500-500,000 years). However, it is also a very difficult phase to study for two reasons: (a) the foreground contamination is very large (90-95% for most Local Group galaxies), and (b) there are no good two-color discriminants that allow one to separate out foreground from bona fide extragalactic supergiants, unlike the situation for RSGs.

Maria Drout and I spent last summer working on this problem, again using the rotation of M31 to separate the wheat from chaff. (More details can be found in her contribution in this conference.) We began by using the LGGS photometry to select 5000 stars whose color/magnitude indicated that they could be yellow supergiants. Using the mighty Hectospect fiber spectrometer on the 6.5-m MMT we obtained spectra of $\sim 3000$ of these stars so we could measure their radial velocities. In Fig. 3 (left) I show the observed velocities (dashed line) compared to those expected from foreground alone (solid line), where the latter is based on the Besancon model (Robin et al. 2003). Of these 3000 stars, 54 of them turn out to be “definite” supergiants based upon their radial velocities. For another 66 we can’t tell for sure, as their expected velocities are not that different from a halo star. The resulting H-R diagram is shown in Fig. 3 (right). The surprising thing we find is that nearly all of the yellow supergiants have masses of $20M_\odot$ and less. There are very few even “possible” supergiants above this. Yet, the evolutionary tracks predict longer (or comparable) life times for the higher mass yellow supergiants, and thus—even given the exponential nature of the IMF—we would expect to find as many higher mass stars as lower. The discrepancy is large, and suggests to us that something is wrong with the lifetimes predicted by the evolutionary tracks.

6. Special Cases

Here I will briefly discuss the two “special cases”, that of detecting Wolf-Rayet stars (WRs) and Luminous Blue Variables (LBVs).
Figure 3. Yellow supergiants in M31. On the left, the dashed line shows the observed radial velocities of yellow stars, while the solid line denotes that expected for foreground stars alone. The excess at negative velocities contains the bona fide yellow supergiants. On the right we see the H-R diagram for the yellow supergiants. Solid points are the “certain” members, while the open circles denote the “possible” members. The three brightest such stars, with x’s through them, have now been ruled out as yellow supergiants based upon detailed spectroscopy of luminosity sensitive features.

6.1. Wolf-Rayet Stars

The relative number of WC- and WN-type WRs has long been known to vary among the galaxies of the Local Group, being (roughly) 1:1 in the solar neighborhood, 1:5 in the LMC, and 1:11 in the SMC (see Massey & Johns 1998 and Massey et al. 2003). Furthermore, M33 shows a galactro-centric gradient in the WC/WN ratio (Massey & Conti 1983). These data suggest that there is a simple correlation between the WC to WN ratio and the metallicity of a region, which is in accord with our basic understanding of stellar evolutionary theory, i.e., at high metallicities it is easier to produce a WC-type WR as the mass-loss rates are higher and hence it is easier to “peel” down the outer layers to reveal the products of He-burning at the surface.

The difficulties of finding WRs, and the selection effects involved, have been discussed in detail by Massey & Johnson (1998), and I will only briefly summarize the current situation. First, the most efficient way to find WRs is by on-line, off-line interference filter imaging, with follow-up spectroscopy used to check the marginal cases. The difficulty is that WC-type WRs have much stronger emission lines than do WNs, and hence are much easier to find. Limited regions have been deeply surveyed in M31, M33, and NGC 6822 (Massey & Johnson 1998 and references therein), as well as the SMC (Massey & Duffy 2001). Most, but probably not all, of the WRs in the LMC have been found (Breysacher et al. 1999). The situation is a little more dicey for IC10. Because of the very high reddening we at one time thought we found most of the WRs (Massey & Armandroff 1995). The number was unexpectedly large, given how small the galaxy is, and WC types dominated, despite the fact that the metallicity was
low. However, a follow-up study by Massey & Holmes (2002) suggested that the previous number had been badly underestimated, and that the WC/WN ratio might be normal. Of all of the galaxies in the Local Group, though, the statistics for the solar neighborhood are probably the least complete, given the difficulties of variable reddening; see the discussion in Massey & Johnson (1998). The current evolutionary models that include rotation however do not do a very good job of reproducing the observed number, as noted by Meynet & Maeder (2005), and shown here in Fig. 4.

There is clearly more work that can be done here: we have in hand deeper data, with complete areal coverage on M31 and M33, and additional spectroscopic follow-up of the Massey & Holmes WR candidates in IC 10 are needed.

![Figure 4](image-url)  
**Figure 4.** The WC/WN as a function of metallicity. The solid line denotes the theoretical prediction from Meynet & Maeder (2005).

### 6.2. LBVs:

LBVs are a rare class of luminous stars which undergo episodic mass loss. As such, they likely represent a transitional phase between the most massive O stars and the WR stage (see Fig. 1). Nebulae around the archetype LBVs η Car and P Cyg reveal very high ejecta masses, of order $10^3 M_\odot$, and evidence of multiple ejections on the timescales of $10^3$ years. Massey (2003) has argued that if η Car or P Cyg were located in M31 or M33 we would not know of them today, since their spectacular photometric outbursts were hundreds of years ago. Indeed, Hubble & Sandage (1953) discovered only five such variables in all of M31 and M33 using photographic records that went back 40 years.

Let me argue that if anything P Cyg might make a better poster child for LBVs than the (binary) η Car. The last time it did anything photometrically interesting was in 1655. If a similar star was in M31, how would you recognize it? Well, you might blunder across it spectroscopically, as I happened to one evening: the LGGS star J004341.84+411112.0 was spectroscopically *indistinguishable* from that of P Cyg, and the similarities didn’t end there (Massey 2006). In particular, the M31 star showed extension of an *HST* image that was suggestive of a previous outburst 2000 years earlier.
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We went looking for stars with spectra similar to the known LBVs, using as our candidate list stars picked our from the interference filter imaging of the LGGS. And did we ever find them! Rather than being able to count the M31 and M33 LBVs on the fingers of one hand, we believe the actual numbers are in the hundreds (Massey et al. 2007b). Are these “actual” LBVs? If flashy photometric variability is a pre-requeste for membership in the LBV club, we may have to wait a long time to be sure—say, a millennium or two. Or, we could use *HST* to detect signs of past ejecta events...if we can ever convince the TAC!

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