Gene Expression Pattern of Human Chorion-Derived Mesenchymal Stem Cells during Adipogenic Differentiation

Yeon Hee Kim, Tae Chul Park, Guisera Lee, and Jong Chul Shin

1Department of Obstetrics and Gynecology, Uijeongbu St. Mary’s Hospital, School of Medicine, The Catholic University of Korea, Uijeongbu; 2Department of Obstetrics and Gynecology, St. Vincent’s Hospital, School of Medicine, The Catholic University of Korea, Suwon; 3Department of Obstetrics and Gynecology, Seoul St. Mary’s Hospital, School of Medicine, The Catholic University of Korea, Seoul; Korea.

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Corresponding author: Dr. Jong Chul Shin, Department of Obstetrics and Gynecology, Seoul St. Mary’s Hospital, School of Medicine, The Catholic University of Korea, 222 Banpo-daero, Seocho-gu, Seoul 137-701, Korea. Tel: 82-31-820-3097, Fax: 82-31-847-2041 E-mail: jcshin@catholic.ac.kr

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INTRODUCTION

Mesenchymal stem cells (MSCs), isolated for the first time from human bone marrow, can be induced to differentiate into various connective tissue cells, such as osteocytes, chondrocytes, adipocytes, atrial myocytes, myoblasts and neurons.1-3 Their ability to differentiate into various connective tissue cells is useful for treating diseases caused by tissue destruction or abnormal cell function. For this pur-
pose, many studies have set out to determine the characteristics of cell differentiation by extracting and culturing mesenchymal stem cells from various tissues.4

Recently, ongoing studies have attempted to reveal the characteristics of stem cells by examining time series of gene expressions as well as changes in the cell phenotype of mesenchymal stem cells throughout differentiation into specific cells.5 Hepatocytes (AT-MSC-Hepa), differentiated from human fat-derived mesenchymal stem cells, and liver showed a striking similarity in gene expression related to liver-specific functions, such as blood clotting cascade complementary activation.6 Using analysis of periodic expression of estrogen receptor alpha (ER-α) messenger RNA (mRNA) of rat bone marrow-derived stem cells, the alteration of ER-α mRNA proved to be correlated with the growth and osteogenic differentiation of bone marrow-derived stem cells.7

Adult bone marrow mesenchymal stem cells have been the most common studied, but the sampling method thereof is invasive and the retrieval rate of cells from human adult bone marrow decreases with age. Embryonic stem cells and fetal tissues are rich in mesenchymal stem cells; however, ethical limitations as well as both the stability and efficiency of these cells limit their use.8,10 Recently, mesenchymal stem cells have been isolated and studied using by-products from pregnancies, such as cord blood, umbilical Wharton’s jelly, amniotic fluid, fetal membranes and placenta.11-14

The fetal membrane is composed of the amnion and chorion; mesenchymal stem cells isolated from each of them exhibit high proliferative capacity and various levels of differentiation into ectoderm, mesoderm and endoderm-type cells.12,15 As mesenchymal stem cells isolated from pregnancy by-products provide richer sources than other tissues with no ethical limitations, as well as show high proliferative capacity and differentiation, they are expected to allow for greater clinical applications easier than stem cells derived from other tissues.

In the process of differentiation to adipocytes, progenitor cells show the periodic biochemical changes, which involve expression of genes regulating transcription in the early periods and sequential expression of genes associated with the adipogenesis and insulin sensitivity of mature adipocytes, as the differentiation proceeds, along with structural changes of generation and accumulation of lipid granules in the cytoplasm.16 However, Hutley, et al.17 found that the amount of lipid granules generated in the cell during adipose differentiation from pre-adipocyte was not commensurate with the specific gene expression level of mature adipocytes. This means that generation of lipid granules cannot solely prove the mature adipogenic differentiation. Previous studies of chorion-derived mesenchymal stem cells determined the differentiation into adipocyte by formation of lipid granules and increased single gene expression;15,18 however, to date, no study has continuously observed the expression pattern of adipocyte marker genes after induction of differentiation.

In this study, we isolated mesenchymal stem cells from the chorion of the third trimester pregnancy, and studied changes in cell morphology over time as well as the expression of adipocyte marker genes during adipogenic differentiation.

**MATERIALS AND METHODS**

**Cell isolation and culture of mesenchymal stem cells**

The chorions used in this study were isolated from placentas obtained during uncomplicated elective Cesarean sections with informed consent from each donor patient (n=3). We washed and removed blood from the chorions using Hank’s balanced salt solution (HBSS; GIBCO, Grand Island, NY, USA). Each chorion was then trypsinized in 0.5% Trypsin EDTA (GIBCO) at 37°C for 5 minutes, and impurities were removed. After two cycles of trypsinization at 37°C for 30 minutes, the cells were filtered through 100 µm cell strainers (BD Bioscience, San Jose, CA, USA), and washed 3 times with HBSS. After plating on 100-mm-diameter culture dishes, the cells were cultured in the incubator (37°C, 5% CO₂) for 3-5 days in Dulbecco’s modified eagle medium (DMEM; GIBCO) including 15% fetal bovine serum (FBS; GIBCO) and 1% antibiotic-antimycotic (GIBCO). Culture was maintained for 3-4 weeks, replacing the medium twice a week until 70-80% confluence. When colonies of 50 or more fibroblast like cells appeared in the culture, cell clusters were subcultured at 1×10⁴ cells per cm² into a different culture dish using trypsin. In total, cell clusters were subcultured for 8 times.

**Institutional Review Board approval**

These experiments were conducted after all three chorion donors were provided with all relevant information and approval was obtained from the Institutional Review Board of The Catholic University of Korea (approval No. KC09W-ZZZ0173).

**Flow cytometric analysis**

After removing the cultured cells from the medium and wash-
Total RNA extraction
On days 3, 10, 21, and 28 before differentiation, total RNA was isolated from cells in both groups, using the RiboPure™ kit (Applied Biosystems/Ambion, Austin, TX, USA). First, after washing the cryotube containing the cells with PBS, 1 mL TRI® reagent (Sigma-Aldrich, Chemie Gmbh Munich, Germany) was added and left at room temperature for 5 minutes. Then, the cryotubes were centrifuged at 12000 g for 10 min at 4°C. After the supernatant was transferred into a new centrifuge tube, 200 µL of chloroform solution was added, left at room temperature for 5 minutes, and centrifuged for 1 minute at 10000 g. Then 50 µL of elution buffer was added to the filter cartridge and the total RNA was obtained after 1 minute of centrifugation at 10000 g. Total RNA was kept at minus 70°C in the freezer.

cDNA synthesis
To perform cDNA synthesis, 3 µg of total RNA, 1 µL of random primer (Bionics, Seoul, Korea) and 3.2 µL of 2.5 mM deoxyribonucleotide triphosphate (Rexgene biotech, Cheongwon, Korea) were mixed into a polymerase chain reaction (PCR) tube, reacted at 70°C for 5 minutes, and chilled on ice. Then, 4 µL of reverse transcriptase (RT) buffer (Rexgene biotech), 0.5 µL of molony murine leukemia virus RT (Rexgene biotech) and 0.5 µL of RNase inhibitor (Invitrogen, Carlsbad, CA, USA) were mixed in, adding RNase-free water to a total volume of 20 µL. After the solution was well mixed, cDNA was synthesized after reacting at 42°C for 1.5 hours and at 70°C for 15 minutes.

Real-time quantitative PCR (RT-qPCR)
Probes for CCAAT-enhancer binding protein α (C/EBPα),
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qPCR for adipocyte marker genes was performed three times, and gene expression was analyzed with the Sequence Detector Software version 2.1 (Applied Biosystems) and the Delta Ct method. The Delta Ct method expressed the RT-qPCR results for two variables as fold changes by the relative quantification method. In this study, fold changes in gene expression at each time point after differentiation, normalized to the control group and relative to the expression at time zero, was calculated using the Delta Ct method. These data were presented as mean±standard deviation, and the significance between subsequent time points was analyzed by paired t-test using the SPSS software (version 12.0; SPSS, Inc., Chicago, IL, USA). p-values <0.05 were considered statistically significant.

RESULTS

Isolation and characterization of stem cells derived from the chorion

From cells isolated from three chorion samples, eight subcultures were successfully performed. The three passages exhibited the spindle-shaped morphology similar with fibroblasts (Fig. 1). In flow cytometry, these cells were negative for hematopoietic cell markers, such as CD45, CD34, and HLA-DR antigens, but positive for mesenchymal cell markers, such as CD73, CD105, and CD166 antigens (Fig. 2). Based upon their morphology and surface marker profile, the cultured cells derived from the chorions were confirmed as mesenchymal stem cells.

Confirmation of adipogenic differentiation

Oil Red-O staining

Adipogenic differentiation was induced for four weeks in the cell lines (n=3) after the seventh subculture. The phenotypic changes in Oil Red staining appeared on day 3 after in-vitro conditions.
duction. As differentiation progressed, small lipid granules, observed in a scattered pattern in the initial period, grew further and combined to larger granules, transforming to ovoid or round shapes (Fig. 3). Generation of lipid granules was not observed in the control group, even after 4 weeks.

**Real Time Quantitative PCR**

The mRNA levels of C/EBPα, PPARγ, GPD2, and FABP4 were assessed. The relative expression of the transcripts at various time points was further normalized to day 0 control values to represent a relative fold change of expression. On day 3, C/EBPα expression increased 4.6 (±0.68)-fold and continuously increased to 9.6 (±0.88)-fold on day 21 and 16.2 (±1.56)-fold on day 28. PPARγ began to be expressed on day 3 and increased to 2.9 (±0.55)-fold on day 21. GPD2 increased 1.53 (±0.95)-fold on day 3 and 3.0 (±0.95)-fold on day 21, reaching its peak expression at 3.5 (±0.57)-fold on day 28. FABP4 expression remained relatively low until day 10, increasing to 4.7 (±0.59)-fold on day 21 and to 5.1 (±0.40)-fold on day 28. Comparing the changes in transcripts between serial time points, the expressions of C/EBPα and PPARγ were found significantly elevated around days 0-3 and days 10-21. GPD2 exhibited continuous, significant change from the initial period to day 28; moreover, FABP4 was the last to exhibit a significant increase in expression, observed on day 21 (Fig. 4).

**DISCUSSION**

Our study is significant in that it is the first study to sequentially observe morphological changes and expression patterns of adipocyte maker genes in human chorion-derived cells during the process of adipogenic differentiation. To observe the molecular changes that occur during the process of adipogenic differentiation, this study investigated the expression patterns of C/EBPα for the early genes, PPARγ for the regulators of adipocyte marker genes, and FABP4 and GDP2 for the late genes associated with the lipid metabolism of mature adipocyte marker genes.

![Fig. 2. Immunophenotypic characterization of the chorion derived cells. Fluorescent-activated cell sorting analysis demonstrated that cells were positive for the markers of bone marrow derived mesenchymal stem cell, such as CD73, CD166, and CD105, but negative for hematopoietic markers (CD34 and CD45) and HLA-DR.](image)
**Fig. 3.** Oil red stain (A-F, ×100) of the chorion derived mesenchymal stem cells during adipogenic differentiation for 4 weeks. A significant increase in lipid granule size was noticed in induced cells, compared with controls, from day 3 until day 28 of induction, as indicated by the appearance of oil red O-positive lipid granules (A and B: Control at day 0 and day 28. C at day 3, D at day 10, E at day 21, F at day 28 from adipogenic induction).

**Fig. 4.** The mRNA levels of C/EBPα (A), PPARγ (B), GPD2 (C) and FABP4 (D) were assessed in induced (●) and non-induced (■) samples using real time quantitative PCR. The relative expression of the transcripts at various time points was further normalized to day 0 control values, to represent the relative fold change in expression. Comparing changes in transcripts between serial time points, the C/EBPα and PPARγ were found significantly elevated around days 0-3 (p<0.001, p=0.007, respectively) and days 10-21 (p<0.001, p<0.001 respectively). GPD2 exhibited continuous, significant changes at days 3, 21 and 28 (p=0.002, p<0.001 and p<0.001, respectively). The expression of FABP4 remained relatively low for the first 2 weeks but, significantly increased on day 21 (p<0.001). *The change in transcripts between serial time points was significant on paired t-test. p<0.05. C/EBPα, CCAAT/enhancer binding protein α; GPD2, glycerol 3-phosphate dehydrogenase; PPARγ, peroxisome proliferator-activated receptor γ; FABP4, fatty acid binding protein 4.
C/EBPα, a member of the CCAAT/enhancer binding protein family, is an early gene involved in initiating the adipogenic differentiation process. In addition, promoters of various adipocyte-related genes contain a regulatory C/EBP consensus sequence to control the activity and expression of genes. Hormone-mediated activation of C/EBPα expression adipoblasts were shown to cause an abrupt cessation of cell growth and accentuate terminal differentiation by increasing FABP4 expression.  

PPARγ controls various genes involved in fatty acid generation, combination and movement within a cell. Through extensive experiments concerning the specific roles of C/EBPα and PPARγ, PPARγ was discovered to be mainly involved in fat formation, while C/EBPα increased PPARγ expression and controlled the insulin sensitivity of the adipocyte. In the adipogenic differentiation of the C/EBPα- fibroblasts, less accumulation of lipids and no expression of endogenous PPARγ was observed; after inducing PPARγ expression by retroviral vector, lipid accumulation and the expression of adipocyte marker genes increased, but insulin sensitivity was not recovered.  

FABP4 and GDP are genes expressed in the late adipogenic differentiation process. FABP4 is involved in the accumulation of body fat, and FABP4 concentrations are known to be proportional to obesity severity and serum concentrations of triglycerides in type II diabetes. When treated with thiazolidinedione, a PPARγ ligand, FABP4 gene expression was also increased together with PPARγ. GDP2 is an enzyme located in the mitochondrial membrane that forms the glycerol phosphate shuttle and engages in the glycerol-phospholipid metabolism of mature adipocytes, to catalyze the transition of glycerol-3-phosphate into dihydroxyacetone phosphate.  

In the present study, increased C/EBPα expression was observed in the early periods of differentiation. PPARγ, known as a regulator of transcription for several genes, showed continuous increased expression from the initial stages of differentiation to day 21. The expression of GPD2, which is involved in fat formation, gradually increased in the early periods and was prominently elevated at day 21. FABP4 showed no change in expression over the first two weeks, but started to increase in expression level at day 21 and continued to increase thereafter. According to these results, the gene expression pattern for chorion-derived mesenchymal stem cells during the differentiation process was consistent with the known sequence for the expression of adipocyte marker genes.  

In the literature, the duration of adipogenic induction according to the source of mesenchymal stem cell is a matter of debate. After 5 weeks of adipogenic induction in human umbilical cord stroma-derived mesenchymal stem cells, the expression levels of specific marker genes were found to reach a plateau after day 14 or 21, and the phenotypic response to adipogenesis significantly increased until day 35 with production of adipose specific hormones for 3-5 weeks. Similarly, in this study, it was assumed that phenotypic changes followed essential transcriptional changes, since the expressions of genes peaked at week 2-3 and the lipid contents upon cell staining exhibited bigger and rounder patterns after three weeks. In previous studies of chorion derived stem cells, adipogenic differentiation was usually induced for 2-3 weeks, but we continued the induction process until 4 weeks. As a result, the amount of lipid granules gradually increased to day 28, and the expression of FABP4, the late gene, was also observed to increase continuously to day 28. Therefore, we discerned that additional studies are needed to investigate the cell morphology and biochemical changes of human chorion-derived mesenchymal stem cells, which are differentiated over 4 weeks.  

The most important feature of stem cells is the differentiation potential into a variety of cells. Depending on the tissue source of the cells, mesenchymal stem cells have demonstrated different levels of differentiation when they are induced into specific cells. In other studies, chorion-derived mesenchymal stem cells from 3rd trimester pregnancies were better induced into chondrocytes, osteocytes, myocytes, and neurons than amnion-derived stem cells. In a comparative study of mesenchymal stem cells derived from bone marrow and cord blood, in regards to osteogenic differentiation, the cells from cord blood showed stronger osteogenic potential but a lower capacity for adipogenic differentiation than those from bone marrow. In the adipogenic differentiation of umbilical cord stroma-derived mesenchymal stem cells, PPARγ and C/EBPβ were expressed more than 27 fold and 13 fold, respectively, in the first week after induction, and the genes of specific enzymes of mature adipocytes showed an approximately 7 to 140 fold increase in their expression levels. In bone marrow derived mesenchymal stem cells, PPARγ and FABP4 were expressed more than 14 and 1000 times, respectively, in the first week after induction, and the fat derived stem cells exhibited a higher
capacity for adipogenic differentiation than amniotic fluid derived stem cells.\textsuperscript{10} Mesenchymal cells from human chorions showed poor potency for adipogenic differentiation and only 5-10\% of those were able to form mature adipocytes.\textsuperscript{15} In this study, the expression of adipocyte marker genes was observed to be less than and slower than stem cells derived from other tissues. Therefore, adipogenic potential of chorion-derived stem cells is considered lower than that of stem cells derived from other tissues.

Although the rate of differentiation of chorion-derived mesenchymal stem cells into adipocytes was not assessed in this research, it was observed to be different according to the medium used for inducing adipogenic differentiation, as reported previously. Future specific studies on how differentiation media and additives to the culture medium may affect differentiation are needed.

Terminal differentiation to mature adipocytes is characterized by the acquirement of endocrine function by production of adipocyte-specific hormones such as leptin and adiponectin, which promote insulin sensitivity and lipid accumulation. Periodic changes in both cell morphology and gene expression were observed after adipogenic induction of human chorion derived cells; however, studies concerning insulin sensitivity in differentiated cells were not conducted. Therefore, we could not determine whether the chorion-derived stem cells differentiated into mature adipocytes with complete and unique characteristics. Future studies on hormone secretion and specific gene expression associated with insulin sensitivity may increase the understanding of adipogenic differentiation in chorion-derived mesenchymal stem cells.

In this study, mesenchymal stem cells derived from the chorions of the 3rd trimester pregnancies were established, and both lipid granule formation and adipocyte marker gene expression were sequentially observed. From our results, a culture period of four weeks or more would be more appropriate for inducing adipogenic differentiation in chorion-derived mesenchymal stem cells, although their differentiation level would remain lower than that of mesenchymal stem cells derived from other tissues. These results may constitute the basis for understanding the characteristics of chorion-derived mesenchymal stem cells and may prove helpful for planning future studies.

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