A Minimal Model for Vorticity and Gradient Banding in Complex Fluids

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Abstract. A general phenomenological reaction-diffusion model for flow-induced phase transitions in complex fluids is presented. The model consists of an equation of motion for a nonconserved composition variable, coupled to a Newtonian stress relations for the reactant and product species. Multivalued reaction terms allow for different homogeneous phases to coexist with each other, resulting in banded composition and shear rate profiles. The one-dimensional equation of motion is evolved from a random initial state to its final steady-state. We find that the system chooses banded states over homogeneous states, depending on the shape of the stress constitutive curve and the magnitude of the diffusion coefficient. Banding in the flow gradient direction under shear rate control is observed for shear-thinning transitions, while banding in the vorticity direction under stress control is observed for shear-thickening transitions.

PACS. 47.20.Ft Instability of shear flows – 47.20.Hw Fluid dynamics: Morphological instability; phase changes – 05.45.-a Nonlinear dynamics and nonlinear dynamic systems – 05.70.Ln Nonequilibrium and irreversible thermodynamics

1 Introduction

There is a significant body of experimental evidence documenting the existence of sharp, stable interfaces separating two or more phases or “bands”, in shear flow in complex fluids. This phenomena has been reported in various types of surfactant solutions ¹², polymers ³, liquid crystals ⁴ and colloidal suspensions ⁵. There appears to be a compelling generality between these “phase transitions” in different complex fluids:

i) The onset of banding or phase separation manifests itself as a discontinuity in the “flow curve” of the system. The flow curve is the unique relationship between the measured shear stress and the applied shear rate (or vice versa) at steady-state. An experimental flow curve typically contains segments that correspond to homogeneous flow, as well as segments corresponding to inhomogeneous flow. The individual homogeneous bands which make up the inhomogeneous state each have their own homogeneous flow curve, which we shall refer to as a “constitutive curve”. The inhomogeneous flow curve then represents the response of the system, averaged over different spatial regions that occupy different homogeneous flow branches, in proportions to maintain the externally controlled shear stress or shear rate. [Henceforth we will use the terms stress and shear stress interchangeably, unless otherwise specified.]

ii) The transition only occurs above a unique and reproducible critical stress or shear rate.

iii) The flow curve can be qualitatively different depending on whether the average stress or the average shear rate in the system is held fixed. [In a typical rheological experiment this is achieved by controlling the torque or angular velocity respectively.] For intermediate stresses or shear rates, the flow curve usually has multiple branches which are not equally accessible under both stress and shear rate control. For weak and strong flows, the flow curve is single-valued, and the same locus of points is traced out under stress or shear rate control.

iv) The flow-induced bands have different shear rates or shear stresses, and are generally also distinguished by some combination of different degrees of order and different microstructures.

v) The interfaces between the bands may be aligned in the direction of the flow gradient or the flow vorticity. Each banding orientation has its own rheological signature. In shear-thinning systems, for example, a stress plateau in the flow curve usually indicates gradient banding, while extrema in the stress (as a function of shear rate) usually indicate vorticity banding. One of us ⁶ has constructed possible flow curves based on the banding orientation and the character of phase coexistence (shear-thinning versus shear-thickening).
Gradient banding has been unambiguously observed in solutions of wormlike micelles. In strain-controlled experiments on shear-thinning solutions, a stress plateau coincides with shear-banding in the gradient direction. In shear-thickening solutions, a gel-like phase can be induced by flow. Under shear rate control the induced phase fills the system at steady-state, resulting in a discontinuous stress jump in the flow curve. Under stress control phase coexistence between solution and gel is observed, the gel fraction being an increasing function of stress. In the corresponding flow curve the shear rate shows a minimum and maximum.

Vorticity banding has been reported in dense colloidal suspensions and surfactant solutions of multilamellar vesicles. When the shear rate is held fixed, the flow curve shows a maximum and minimum in the stress. Under controlled stress, there is a jump up in shear rate upon increasing stress, and a jump down in shear rate upon decreasing stress. The same qualitative curves have also been observed in surfactant hexagonal phases, although in that case vorticity banding has not yet been explicitly verified. Such behavior is analogous to that of the shear-thickening wormlike micelles, if the roles of stress and shear rate are interchanged.

Under controlled stress, there is a jump up in shear rate upon increasing stress, and a jump down in shear rate upon decreasing stress. The same qualitative curves have also been observed in surfactant hexagonal phases, although in that case vorticity banding has not yet been explicitly verified. Such behavior is analogous to that of the shear-thickening wormlike micelles, if the roles of stress and shear rate are interchanged. In bcc cubic crystals of triblock copolymers, Eiser et al. observe two stress plateaus in the flow curve under controlled shear rate. X-ray diffraction shows that each plateau corresponds to different orientations (relative to the flow direction) of dense planes in the crystal.

In steady-state there can be no acceleration, so the total stress must be divergence free. In planar shear flow, this implies that the shear rate in the vorticity direction and the shear stress in the gradient direction are uniform. Vorticity banding thus corresponds to a scenario where bands share a common shear rate but can have different shear stresses (see Figure 1). Similarly, when bands lie in the gradient direction the stress is uniform across the bands and the shear rate can vary. Most experiments where banding has been observed have been carried out in the curved geometries of cone-and-plate or Couette rheometers. The gaps in these rheometers are usually very thin, and in this limit the flow is approximately a planar shear flow. [We also note that we consider flows in the low Reynolds number limit.]

The microscopic mechanisms causing the transitions in all these complex fluids are likely to be highly system specific, and govern the critical shear rate or shear stress, the structure of the flow-induced phases, and the detailed shape of the flow curves. At a macroscopic level, however, there appears to be a high degree of universality between systems. As we have discussed, different complex fluids can produce qualitatively similar flow curves. By simply analysing the shape of these flow curves, we have extracted information about the banding orientation of the transition, as well as the stability of the system.

The obvious analog to this way of thinking is the well-known Landau-Ginzburg theory of equilibrium phase transitions. A free energy functional consisting of a double-well local free energy and a square gradient term reproduces all the phenomenology of a phase transition in the region of the critical temperature, for many different systems. However, a microscopic theory is required to calculate the Landau coefficients. In this work, we use a multivalued reaction diffusion scheme to construct a general phenomenological theory to describe phase transitions in flow; in the spirit of Landau-Ginzburg theory, such a model could in principle be derived from microscopic theories.

The most difficult step in devising such a nonequilibrium theory is determining the important variables. Typically there are three significant quantities: i) a species concentration, which is a conserved scalar, ii) the momentum density, which is a conserved vector and iii) the stress, which is a non-conserved tensor. The momentum density is described by the Navier-Stokes equation, and its current is the stress. In addition non-conserved “microstructural” order parameters exist which contribute to the stress. These may be scalars such as chain length in wormlike micelle solutions, or tensors such as molecule orientation. Since all of these variables have different relative relaxation times, one must distinguish between slow variables, which require their own equations of motion, and fast variables, which relax quickly to a steady-state value.

The choice of slow variables affects the structure of the equations of motion and the couplings between them, and therefore the dynamics of the system. In models of hydrodynamic instabilities for example, the momentum is considered to be a slow variable. A phenomenological stress constitutive equation is often used: if the stress is taken to be a fast variable, this relation is simply an algebraic function of the rate of strain tensor, such as the Newtonian relation for simple fluids; if the stress is taken to be a slow variable, this relation takes the form of a differential equation, such as the Upper Convected/Oldroyd-B Maxwell model for polymer melts. The hallmark of complex fluid rheology, however, is the coupling between the velocity and/or the stress to the microstructure of the fluid. In microscopic theories, generally an equation of motion is not written for the total stress, but for another slow variable which makes an important contribution to it, such as the director in nematic liquid crystals or the second moment of the configuration tensor in polymer melts.
Schmitt, Marques and Lequeux [11] have classified flow instabilities in complex fluids as "mechanical" or "spindodal" instabilities, using a model where concentration and momentum are the slow variables. If a perturbation to the shear rate first makes the system go unstable, the instability is mechanical, while it is spindodal if the concentration becomes unstable first. Note that "instability" as it is used here refers to a linear instability. Any instability, linear or nonlinear (we return to this issue at the end of the paper), can lead to a macroscopically shear-banded state that resolves the instability.

Shear-banding associated with momentum instabilities have been analyzed in detail at a high (macroscopic) level, using the phenomenological Johnson-Segalman model [12, 13]. Here a non-conserved “polymer” stress tensor, playing the role of the slow variable, is included in the total momentum density, resulting in a multi-valued stress constitutive relation. This model produces gradient banding and a flow curve with a stress plateau, and is considered a reasonable mimic of shear-thinning wormlike micelles. Microscopically derived theories for wormlike micelles [14] and nematic liquid crystalline melts [15] yield a non-monotonic relation similar to the Johnson-Segalman model, but with the benefit of a molecular interpretation.

An alternative caricature to these models has been developed in phenomenological theories for shear-thickening. Originally, Ajdari [16] proposed an equation of motion for the position of an interface that separates high and low viscosity phases under shear. By coupling this equation with conservation laws and a Newtonian stress constitutive equation for the micellar solution, a non-monotonic flow curve was produced. Goveas and Pine adopted this approach to describe shear-thickening wormlike micelles and were able to successfully reproduce much of the experimental phenomenology. The flow curve was then used to explain the differences in stress versus shear rate control, based on a linear stability analysis of the interfacial height equation. In this case, the momentum and micellar solution stress were taken to be fast variables, while an equation of motion was written for a scalar variable, which is the macroscopic manifestation of changes in the fluid microstructure.

However, the formulation of Goveas and Pine did not contain any mechanism for the formation of the shear-induced state, so that the existence of the new phase was simply postulated by the presence of an interface. In this paper we present a generic phenomenological model that naturally admits a flow-induced phase and incorporates spatial gradients so that an interface structure and its stability can be determined. The model consists of an equation of motion for the volume fraction of a reacting species, i.e. a scalar non-conserved order parameter representing microstructural change in a complex fluid. There are fast stress variables associated with the reactant and product species, which contribute additively to the total stress. We have continuously evolved the model from a homogeneous to a phase-separated state, and examined how thinning and thickening flow curves, as well as the size of the gradient terms, affect phase transitions, and in particular the banding orientation (vorticity versus gradient banding). Most significantly, we are able to probe the nonlinear dynamic behavior of the system.

2 Minimal model

Our phenomenological theory consists of a general reaction-diffusion scheme. The reaction terms represent the creation and destruction of a variable under flow, and are analogous to the local free energy terms in a Landau-Ginzburg theory. This variable may embody a species concentration, or a structural parameter such as aggregate size or molecule orientation. While this scheme is meant to be quite general and is a vehicle for capturing the general physics for many complex fluids, a reaction diffusion scheme has a literal basis for wormlike micelles and onion solutions. In the wormlike micelle case, such “reaction” terms correspond to the constant breaking and recombination of the “living” polymers; while in onion solutions, the reaction terms might correspond to the formation of onions. The steady-state onion size scales as the inverse square root of the shear rate [10] and is a reversible function of the shear rate; i.e. the size is independent of whether smaller onions are created by increasing the shear rate applied to larger onions, or larger onions are created by decreasing the shear rate applied to smaller onions. This indicates that onion combination and fracture processes compete to attain steady state, and these processes have different dependences on shear rate.

In the same way that a double well potential signals the possibility of equilibrium phase coexistence, a multi-valued reaction term can allow for flow-induced banding. The diffusion terms are the analog of the non-local terms in the free energy and provide gradients which can support inhomogeneities and describe interfaces between states. However, unlike in equilibrium, where a global minimization principle applies, the diffusion terms are necessary for determining the conditions for phase coexistence in flow [19].

Consider a system which is one-phase at equilibrium, and consists solely of a species, A. Planar shear flow is then applied to this system: the coordinate system is shown in Figure 1, where \(x, y\) and \(z\) denote the flow, gradient and vorticity directions respectively. We consider only variations in \(y\) and \(z\) in this work. Suppose that a new phase, \(B\), can be induced by flow, such that at a given shear rate (or stress) a dynamic equilibrium between \(A\) and \(B\) is established. We write this schematically as:

\[
A \Leftrightarrow B. \tag{2.1}
\]

Let us define an order parameter, \(\phi_B \equiv \phi\), which corresponds to the volume fraction of the \(B\)-species (although allowing \(\phi\) to correspond to a structural variable is also viable). The system is constrained to have constant density such that

\[
\phi_A + \phi_B = 1. \tag{2.2}
\]
Notice that $\phi_A$ and $\phi_B$ are non-conserved variables, although the total density is conserved. We write the following equation of motion for $\phi$

$$\frac{d\phi}{dt} = R(\phi, \dot{\gamma}) + D\nabla^2 \phi,$$  \hspace{1cm} (2.3)

where $R(\phi, \dot{\gamma})$ represents the forward and backward "reactions" which create and destroy the new phase, $\dot{\gamma}(y,z) = dv_z/dy$ is the local shear rate (where $v_z$ is the component of the velocity in the flow direction), and $D$ is an effective diffusion coefficient (taken to be a constant). The homogeneous steady-state solutions to equation (2.3), where $\nabla^2 \phi = 0$, are given by

$$R(\phi, \dot{\gamma}) = 0.$$  \hspace{1cm} (2.4)

### 3 Constitutive curves

To compute flow curves for the system, stress constitutive equations for the different components must also be specified. The simplest possible scheme involves additive Newtonian relations for each species

$$\sigma = \sigma_A + \sigma_B,$$

$$\sigma_\alpha = \eta_\alpha \phi_\alpha \dot{\gamma},$$  \hspace{1cm} (3.1)

where $\sigma$ is the total shear stress, and $\sigma_\alpha$ and $\eta_\alpha$ are the shear stress and viscosity, respectively, of species $\alpha = A,B$. Stress and composition are thus effectively coupled in the system. Applying the density constraint, equation (2.2), gives an expression for the constitutive curve of the system,

$$\sigma = [\phi(c-1) + 1]\dot{\gamma},$$  \hspace{1cm} (3.2)

where $\phi = \phi(\dot{\gamma})$ is the solution to equation (2.4). $c = \eta_B/\eta_A$ is the ratio of the viscosities of the two components, and we have set $\eta_A = 1$ for simplicity.

Notice that a multivalued $R(\phi, \dot{\gamma})$ produces multiple homogeneous steady-states. Choosing

$$R(\phi, \dot{\gamma}) = [\dot{\gamma}]_A \phi_A \phi_B - k \phi_B$$  \hspace{1cm} (3.3)

yields the curve shown in Figure 3 for an imposed $\dot{\gamma}$. $[k]$ represents a rate constant for a backward reaction, which has dimensions of inverse time and is henceforth set to unity. Notice that the forward reaction term in equation (3.3) has a linear shear rate dependence, so we must take its absolute value from symmetry considerations. In microscopic theories for flow-induced reactions in worm-like micelles [17] and polymers [18], such an effective reaction rate also has a linear or non-analytic form, resulting from the projection of tensorial degrees of freedom onto a scalar order parameter. For a given local shear rate, the reaction scheme of equations (2.3, 2.4, 3.3) yields the following homogeneous steady-states:

$$\phi_1 = 0,$$  \hspace{1cm} (3.4a)

$$\phi_2 = \frac{1}{2} - \frac{1}{2} \sqrt{1 - \frac{4}{\dot{\gamma}}},$$  \hspace{1cm} (3.4b)

$$\phi_3 = \frac{1}{2} + \frac{1}{2} \sqrt{1 - \frac{4}{\dot{\gamma}}}. $$  \hspace{1cm} (3.4c)

Performing a linear stability analysis on equation (2.3), at fixed $\dot{\gamma}$, shows that $\phi_1$ and $\phi_3$ are stable fixed points for the system, while $\phi_2$ is an unstable fixed point. This is evident from Figure 2 where the middle root has positive slope $dR/d\phi > 0$.

Substituting the homogeneous roots from equation (3.4) into equation (3.2) produces three branches of the constitutive curve (labelled as 1, 2 and 3 respectively in Figure 3). Notice that below a certain shear rate, $\dot{\gamma} = 4$, only the $\phi_1$ root is real and the reaction curve is single-valued. This is marked as point $P$ on Figure 3, and has coordinates

$$\{\dot{\gamma}_P, \sigma_P\} = \{4, 2(c+1)\}.$$  \hspace{1cm} (3.5)

Physically, this means that only species $A$ exists at low (uniform) shear rates. From equation (3.2), we can see that this one-phase system ($A = 1$) is Newtonian, and the corresponding flow curve has a slope of unity. The slope of the stable flow-induced branch 3 depends on the value of the parameter $c$. For $c < 1$, a transition from branch 1 to branch 3 is shear-thinning, while for $c > 1$ such a transition is shear-thickening. The locus of flow induced roots ($\phi_2, \phi_3$) exhibits a minimum in the shear stress as a function of shear rate, which is denoted as point $Q$ in Figure 3.

$$\{\dot{\gamma}_Q, \sigma_Q\} = \left\{\frac{(1 + \sqrt{c})^2}{\sqrt{c}}, (1 + \sqrt{c})^2\right\}.$$  \hspace{1cm} (3.6)
For a given value of the local stress, the homogeneous steady-states are given by

\[
\begin{align*}
\phi_1 &= 0 \\
\phi_2' &= \frac{(\sigma - c + 1) - \sqrt{(\sigma - c + 1)^2 - 4\sigma}}{2\sigma} \\
\phi_3' &= \frac{(\sigma - c + 1) + \sqrt{(\sigma - c + 1)^2 - 4\sigma}}{2\sigma}.
\end{align*}
\]  

Note that these roots are found by recasting equation (3.3) in terms of the stress, by using equation (3.2). This procedure is not equivalent to substituting equation (3.2) into equation (3.4). This is because while the loci of homogeneous states is the same under fixed local stress or shear rate, the stability of these steady-states is not; i.e. the portion of the constitutive curve between \( P \) and \( Q \) is unstable under fixed local stress, but stable under fixed local shear rate. In Figure 3, point \( Q \) marks the stress above which the constitutive curve is multivalued for controlled stress, while \( P \) marks the strain rate above which the constitutive curve is multivalued for controlled shear rate.

In an experiment, however, only the average stress and shear rate can be controlled. If the average shear rate is held fixed at \( \Gamma \), for example, the system can choose between various options (illustrated in Figure 3a):

i) A homogeneous low stress state, \( \phi_1 \).

ii) A homogeneous high stress state, \( \phi_2' \).

iii) A mixture of states (i) and (ii), where the interfaces between phases lies in the vorticity direction (vorticity banding). Note that (i) and (ii) cannot coexist with each other in the \( y \)-direction, since the stress must be homogeneous in the gradient direction.

iv) A mixture of high shear rate phase, \( \phi_3' \) and a low shear rate phase, \( \phi_1 \). Here the system attains an intermediate stress, \( \sigma^* \), and the relative proportions of the two phases are set such that the average shear rate is maintained at \( \Gamma \). Since the bands have the same stress, but different shear rates, this scenario corresponds to gradient banding.

While it appears from Figure 3 that there is a multiplicity of stresses \( \sigma^* \) at which the system can gradient band, in fact the system selects a particular stress (see next Section).

If instead, the average stress is fixed at \( \Sigma \) (illustrated in Figure 3b), the system can choose a high or low shear rate homogeneous phase, or it can gradient band between these. Alternatively, it can band in the vorticity direction between high and low stress states, by adopting a shear rate \( \gamma^* \). There is also a selected shear rate for vorticity banding. The essential question is: which of the many possible states available to it does the system actually choose and why?

4 Calculating the banding stress and shear rate

The inclusion of gradient terms in equation (2.3) causes stress selection for gradient banding, and shear rate selection for vorticity banding (19). The selected stress and shear rate are determined by mathematically connecting two different homogeneous stable states to form an inhomogeneous profile. To find the banding shear rate \( \gamma^* \) at which vorticity banding can occur, equation (2.3) is integrated across the domain at steady-state. A banding solution (homogeneous phases separated by interfaces) is, by definition, one which has no gradients in \( \phi \) at the bound-

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Fig. 3. Flow curves (from equations 2.4 and 3.3) corresponding to the minimal model. At low shear rates, the flow curve is single-valued (branch 1). Above a certain shear rate (or stress), an additional unstable branch, 2, and a stable branch, 3, exist. These branches correspond to the homogeneous roots \( \{\phi_1, \phi_2, \phi_3\} \) from equations 3.4 for imposed shear rate, and \( \{\phi_1, \phi_2, \phi_3\} \) from equations 3.7 for imposed stress. In the former case, branches 2 and 3 are separated by \( P \), while they are separated by \( Q \) in the latter. Thus, the line segment between \( P \) and \( Q \) is stable under controlled shear rate, but unstable under controlled stress. (a) Shear-thickening flow curve for \( c > 1 \), illustrating the controlled shear rate case. At a fixed shear rate, \( \Gamma \), the system can choose between homogeneous states on branches 1 and 3, or gradient band between these branches at stress \( \sigma^* \). (b) Shear-thinning flow curve for \( c < 1 \), illustrating the controlled stress case. At fixed stress \( \Sigma \), the system can vorticity band at shear rate \( \gamma^* \) between 1 and 3, or choose between homogeneous states on these same branches.
aries. We obtain the following condition:

\[ \int_{\phi_1(\gamma^*)}^{\phi_2(\gamma^*)} d\phi R[\phi, \gamma^*] = 0. \] (4.1)

where \( \phi_1 \) and \( \phi_3 \) are given by equations (3.4). Defining a new function, \( F[\phi, \gamma^*] = \int_0^\phi d\phi' R[\phi', \gamma^*] \), we can rewrite equation (4.1) as

\[ F[\phi_1(\gamma^*), \gamma^*] = F[\phi_3(\gamma^*), \gamma^*], \] (4.2)

which is analogous to the common tangent construction from equilibrium thermodynamics. If this were an equilibrium system, \( F \) would be identified as the free energy. Since this is a dynamic system however, \( F \) cannot be given the same physical interpretation, so that the analogy is purely formal. Using equation (3.4) in equation (4.2) gives

\[ \dot{\gamma}^* = 4.5. \] (4.3)

To calculate the banding stress \( \sigma^* \) at which gradient banding can occur, equation (4.2) must be recast in terms of the shear stress using the stress constitutive relation, equation (3.2), to obtain a relation \( \dot{\gamma}(\sigma, \phi) \). The banding stress in our minimal model is only a function of \( c \) and is given by the solution of the following equation:

\[ F[\phi_1(\sigma^*), \sigma^*] = F[\phi_3(\sigma^*), \sigma^*], \] (4.4)

where \( F[\phi, \sigma^*] = \int_0^\phi d\phi' R[\phi', \dot{\gamma}(\sigma, \phi') \] yields

\[ F[\phi(\sigma^*), \sigma^*] = \frac{\sigma^*}{(c - 1)^4} \left[ -\frac{1}{3} \dot{\phi}^3 + \frac{1}{2}(c + 2)\dot{\phi}^2 + \frac{2}{3}c \right. \]

\[ - \left. (2c + 1)\dot{\phi} + \frac{1}{3} + c \ln \dot{\gamma} \right] - \frac{1}{2}\sigma^2(\sigma^*), \]

\( \dot{\phi} = \phi(\sigma^*)(c - 1) + 1, \) (4.5)

and \( \phi_1 \) and \( \phi_3 \) are given by equations (3.7). The selected stress \( \sigma^* \) and shear rate \( \dot{\gamma}^* \) are shown in Figure 3 for \( c = 0.3, 2.7 \), and given in Table 1.

| \( c \) | \( \sigma^* \) | \( \phi_3(\sigma^*) \) | \( \dot{\gamma}(\phi_3^*) \) | \( \sigma_P \) | \( \gamma_Q \) | \( \sigma_Q \) |
|---|---|---|---|---|---|---|
| 0.3 | 2.815 | 0.810 | 6.304 | 2.6 | 4.374 | 2.395 |
| 0.6 | 3.606 | 0.732 | 5.100 | 3.2 | 4.066 | 3.149 |
| 1.2 | 4.910 | 0.642 | 4.352 | 2.4 | 4.008 | 4.391 |
| 2.7 | 7.625 | 0.529 | 4.014 | 5.4 | 4.252 | 6.986 |

Table 1. Banding stress \( \sigma^* \), points of instability \( P \) and \( Q \), and coexistence conditions for different values of \( c \). In all cases \( \gamma_P = 4 \) and \( \dot{\gamma}^* = 4.5 \), while the stress and shear rate on branch \( \phi_1 \) are related by \( \sigma_1 = \dot{\gamma}_1 \).

5 Dynamical Selection of Steady-States

In the preceding Sections we have seen that certain homogeneous and banded states are available to the system, based on a steady-state analysis. To determine which of these states is selected in practice, equation (2.3) must be evolved in time; to make contact with experiments we can only impose constraints of fixed average shear rate or stress. In this work only one-dimensional calculations are performed, so that the equation of motion is solved either in the \( y \) (gradient) or \( z \) (vorticity) directions. If there are composition modulations in the \( y \)-direction, these can only cause modulations in the shear rate (gradient banding), since the shear stress must be uniform in \( y \). If the average stress is controlled, there is only one “interesting” stress \( \sigma^* \) at which the system can become inhomogeneous in the \( y \) direction. Due to the numerical difficulty of fixing a precise stress in the system, we do not consider this case. By comparison, if the average shear rate is controlled, there is a wide range of shear rates for which we can investigate whether the system remains homogeneous or gradient bands. Similarly, when composition modulations in \( z \) are allowed, we can only look for vorticity banding under controlled stress within this calculation. Gradient banding can occur only if the shear rate is set exactly at \( \dot{\gamma}^* \), which we do not study here.

5.1 Controlled Average Shear Rate

We first consider the system under shear rate control, and only allow for spatial variations in \( y \). Integrating the stress relation, equation (1.2), across the domain (where the shear stress is independent of \( y \)) gives the local shear rate as a function of \( V \), the velocity difference across the system. Then equation (2.3) becomes

\[ \frac{d\phi}{dt} = \frac{\phi^2(1 - \phi)}{\phi(\phi - 1) + 1} - \phi + \frac{d^2\phi}{dy^2}. \] (5.1)

This is an integro-differential equation, instead of the differential equation which yielded the analysis of Section 3. Notice, however, that the same homogeneous steady-states are obtained. Equation (5.1) is solved using random initial conditions with \( \phi \) uniformly chosen within the range \([0 - 1]\), and no flux boundary conditions, keeping \( V \) at a fixed value. The domain size is normalized to unity, so that \( V \) is synonymous with the average shear rate.

To solve equations (5.1), we use a fully implicit finite difference scheme, using a central difference approximation for first and second spatial derivatives, and a forward difference approximation for the time derivative. Nonlinear terms are linearized in time as follows:

\[ W[\phi(x, t + \Delta t)] = W[\phi(t)] + [\phi(t + \Delta t) - \phi(t)] \frac{dW[\phi, t]}{d\phi}. \] (5.2)

The integral in equation (5.1) is evaluated explicitly, i.e., at the previous time step. In general, 300 spatial mesh points are used with a time-step of 1/10000 [20].

For some initial conditions, the resulting steady-states are homogeneous, while for others, they are banded. This
implies that there is a basin of attraction for attaining a banded state. Our results can be categorized according to the shape of the constitutive curve and the magnitude of the diffusion coefficient, and whether the system is shear-thinning or thickening. We find that decreasing the diffusion coefficient increases the basin of attraction of the banded state and destabilizes the homogeneous state. That is, the system is more likely to band for narrow interfaces. Intuitively, this makes sense since the banded state represents a mathematical connection between two homogeneous states: the wider the interface, the more difficult it is for gradients to be non-zero near the boundaries of the system. For $c < 1$, for $V < \dot{\gamma}_P$ the system usually chooses branch 1 of the constitutive curve over the banded state, even for small diffusion coefficients. Notice that banding is first allowed, in principle, when the imposed shear rate is larger than that of the low shear rate band. The “critical” shear rate, where the system actually first starts to band, is generally somewhat higher than this: it is the low shear rate limit of the stress plateau that would be measured experimentally. Below the critical shear rate the system always chooses branch 1, although the exact location of this point depends on the diffusion coefficient. [Increasing the diffusion coefficient widens the interface, affecting where the interface first “touches” the wall [3] and the ability of a banded system to satisfy the boundary conditions, as discussed above.]

When $\dot{\gamma}_P < V < \dot{\gamma}_Q$, the system is more inclined to band rather than remain homogeneous, even for large diffusion coefficients (see Fig. 3). The chosen homogeneous states always lie on branch 3 of the constitutive curve. Beyond $\dot{\gamma}_Q$, there is a crossover to where homogeneous states (on branch 3) are preferred over banded states. The exact crossover depends on the value of the diffusion coefficient. This shows that the system has made a transition under flow, so that for $c < 1$ a shear-thinning transition is seen, as discussed in Section 3. These findings are illustrated in Table 2, for 49 runs with different initial conditions with $c = 0.3$. The “critical” shear rate in this case is around $V = 3.3$. Figures 3 and 4 show similar behavior for $c = 0.6$.

Gradient banding is never observed in our numerical experiments when $c > 1$. Here, the chosen final steady state, above the critical shear rate, is always the stable high stress homogeneous state on branch 3, which makes this a shear-thickening transition.

Table 2. Summary of results for $c = 0.3$, for 49 runs with random initial conditions and controlled mean shear rate $V$.

In this case, $\dot{\gamma}_P$ corresponds to $V = 4.0$, and $\dot{\gamma}_Q$ corresponds to $V = 4.374$. Banding is first allowed at $V = 2.815$.

| $V$ | $D$ | $\phi_1$ | $\phi_2$ | Result |
|-----|-----|----------|----------|--------|
| 3.3 | 0.01 | 49       | 0        | banded |
|     | 0.005 | 49       | 0        |        |
|     | 0.001 | 48       | 1        |        |
| 3.6 | 0.01 | 45       | 5        |        |
|     | 0.005 | 34       | 15       |        |
|     | 0.001 | 6        | 43       |        |
| 3.8 | 0.01 | 15       | 34       |        |
|     | 0.005 | 8        | 41       |        |
|     | 0.001 | 0        | 49       |        |
| 3.9 | 0.01 | 0        | 49       |        |
|     | 0.005 | 0        | 49       |        |
|     | 0.001 | 0        | 49       |        |
| 4.0 | 0.01 | 0        | 49       |        |
|     | 0.005 | 0        | 49       |        |
|     | 0.001 | 0        | 49       |        |
| 4.00 | 0.01 | 0        | 49       |        |
|     | 0.005 | 0        | 49       |        |
|     | 0.001 | 0        | 49       |        |
| 4.1 | 0.01 | 0        | 49       |        |
|     | 0.005 | 0        | 49       |        |
|     | 0.001 | 0        | 49       |        |
| 4.25 | 0.01 | 0        | 39       | 10     |
|     | 0.005 | 0        | 47       | 2      |
|     | 0.001 | 0        | 49       |        |
| 4.37 | 0.01 | 0        | 10       | 39     |
|     | 0.005 | 0        | 33       | 16     |
|     | 0.001 | 0        | 49       |        |
| 4.4 | 0.01 | 0        | 10       | 39     |
|     | 0.005 | 0        | 21       | 28     |
|     | 0.001 | 0        | 49       |        |
| 4.55 | 0.01 | 0        | 2        | 47     |
|     | 0.005 | 0        | 8        | 41     |
|     | 0.001 | 0        | 13       | 36     |
| 4.6 | 0.01 | 0        | 1        | 48     |
|     | 0.005 | 0        | 7        | 42     |
|     | 0.001 | 0        | 20       | 29     |
| 4.7 | 0.01 | 0        | 0        | 49     |
|     | 0.005 | 0        | 4        | 45     |
|     | 0.001 | 0        | 19       | 30     |

The preceding results are for the case where the shear rate is held at a steady value, and might apply to a system where the mean shear rate is applied to an initially
noisy system. However, most experiments are conducted by starting up the system from zero shear rate, and then discontinuously ramping the shear rate to higher values. We have tried to mimic this scenario, by bringing the system to steady-state for $V < \dot{\gamma}_P$, and then suddenly increasing $V$ to greater than $\dot{\gamma}_P$. In order to dislodge the system from branch 1 to the banded state, however, we need to add noise of amplitude order unity. Such a large amount of noise essentially obliterates any memory of the initial steady-state, suggesting that a nucleation event is required for an experimental system to band from start-up, as was found previously in Ref. [13].

In general, the banded state consists of two bands, corresponding to branches 1 and 3 on the constitutive curve. For some initial conditions, multiple bands are found. We do not attach much significance to this result, because it is known that multiple interfaces are allowed for planar flow, and the number of allowed interfaces in such one-dimensional systems is known to increase as the diffusion coefficient decreases [21]. Britton and Callaghan have reported multiple gradient bands for wormlike micelles in Couette flow [7]. However, it has been shown [13] that simple constitutive relations (like the one derived here) do not permit multiple interfaces in Couette flow. This implies that the current model cannot describe these experimental observations.

### 5.2 Controlled Average Stress

Next we fix the average shear stress and solve the model in the $z$-direction, hence allowing for vorticity banding at different stresses. Following a procedure analogous to that of the previous Section, the observation that the shear rate is uniform in $z$ allows us to convert equation (2.3) into the following integro-differential equation

$$\frac{d\phi}{dt} = \frac{\Sigma \phi^2 (1 - \phi)}{\int dz[\phi(c - 1) + 1]} - \phi + D \frac{d^2 \phi}{dz^2}, \quad (5.3)$$

where $\Sigma$ is the imposed average shear stress across the domain.

Note that interchanging the stress and shear rate variables in the phenomenological model would “reverse” all the results of Section 5.1. Thus, branch 3 would be thickening for $c < 1$, and the system would be inclined to vorticity band under stress control, for $\sigma_P < \Sigma < \sigma_Q$. Similarly, the system would remain homogeneous for $c < 1$. This reasoning implies that the shape of the flow curve sets the attractors for the system. If this is true, then when stress and shear rate are not interchanged, the system should be predisposed to vorticity band for $c > 1$ when the stress is fixed between $\sigma_P$ and $\sigma_Q$, but should remain homogeneous for all stresses when $c < 1$.

This is indeed what we find from numerical solution of equation (5.3). Table 3 shows results for various values of $\Sigma$ and $c = 2.7$. Decreasing the diffusion coefficient destabilizes the homogeneous state, as in the controlled shear rate case.
We sometimes observe multiple bands under stress control, as with the fixed shear rate cases. Bonn et al. [2] and Chen et al. have seen multiple bands in the vorticity direction in Couette flow which is probably due to a combination of the slow coarsening expected in one-dimensional systems [22] and multiple allowed interfaces [21]. The stress is non-uniform and monotonic in the flow gradient direction of a cylindrical Couette device, which implies a single stable interface. The cylindrical geometry does not, however, impose such an inhomogeneity along the vorticity direction.

### 6 Conclusions

We have shown that a simple phenomenological reaction-diffusion scheme can produce a flow-induced phase transition, as a consequence of a multi-valued reaction term. The model consists of an equation of motion for a non-conserved composition variable, while the stresses induced in the reactants and products are assumed to be fast variables. The character of the model depends on a single parameter $c$, that controls whether or not the transition is shear-thinning or shear-thickening. Above a critical shear rate (or shear stress), the system may band or remain homogeneous. The steady-states that are selected from

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**Table 3.** Summary of results for $c = 2.7$, for 49 runs with random initial conditions and controlled stress $\Sigma$. In this case, $\sigma_P = 5.4$ and $\sigma_Q = 6.896$.

| $\Sigma$ | $D$  | $\phi_1$ | $\phi_2$ |
|---------|------|-----------|-----------|
| 5.0     | 0.01 | 49        | 0         | 0         |
|         | 0.005| 49        | 0         | 0         |
|         | 0.001| 49        | 0         | 0         |
| 5.4     | 0.01 | 49        | 0         | 0         |
|         | 0.005| 49        | 0         | 0         |
|         | 0.001| 49        | 0         | 0         |
| 6.0     | 0.01 | 49        | 0         | 0         |
|         | 0.005| 48        | 1         | 0         |
|         | 0.001| 36        | 13        | 0         |
| 7.1     | 0.01 | 28        | 21        | 0         |
|         | 0.005| 0         | 49        | 0         |
|         | 0.001| 0         | 49        | 0         |
| 7.2     | 0.01 | 0         | 4         | 45        |
|         | 0.005| 0         | 40        | 9         |
|         | 0.001| 0         | 49        | 0         |
| 7.3     | 0.01 | 0         | 0         | 49        |
|         | 0.005| 0         | 9         | 40        |
|         | 0.001| 0         | 43        | 6         |
| 7.4     | 0.01 | 0         | 0         | 49        |
|         | 0.005| 0         | 2         | 47        |
|         | 0.001| 0         | 23        | 26        |
| 7.5     | 0.01 | 0         | 0         | 49        |
|         | 0.005| 0         | 0         | 49        |
|         | 0.001| 0         | 13        | 36        |
| 8.5     | 0.01 | 0         | 0         | 49        |
|         | 0.005| 0         | 0         | 49        |
|         | 0.001| 0         | 0         | 49        |

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**Fig. 6.** Steady-state composition profiles for 49 runs with random initial conditions, for $c = 0.6, V = 4.1$
random initial conditions depend on the shape of the constitutive curves and the magnitude of the diffusion coefficient:

1. **Imposed shear rates:** For \( c < 1 \) (shear-thinning transition), the system chooses a low stress homogeneous state at low shear rates. Above a critical shear rate, gradient banding tends to occur for imposed shear rates around the region of the constitutive curve with negative slope \( d\sigma/d\gamma < 0 \) (see Figure 3a). At shear rates higher than this, the system is predisposed towards the high stress homogeneous state. For \( c > 1 \) (shear-thickening transition), the system always chooses this homogeneous state above the critical shear rate and gradient banding is never observed.

2. **Imposed stress:** For \( c > 1 \) (shear-thickening transition), the system chooses a low shear rate homogeneous at low stresses. Above a critical stress, vorticity banding tends to occur for imposed stresses around the region of the constitutive curve with negative slope. For higher stresses, the system is predisposed towards the high shear rate homogeneous state. For \( c < 1 \), the system always chooses this homogeneous state above the critical stress and vorticity banding is never observed.

3. In the regions of the flow curve where banding is observed, we find the apparent basin of attraction for banding increases upon decreasing the value of the diffusion coefficient.

While banding is more pronounced in the vicinity of the flow curve with a negative slope (where the system is linearly unstable), it is also observed in regions of the flow curve with positive slope. In particular, the critical shear rate or stress (where banding is first initiated), lies in the latter section of the flow curve. Here, the system is nonlinearly unstable to perturbations. Such behavior has been seen in experiments on shear-thinning wormlike micelles \(^{24}\), where the onset of banding occurs at a lower stress (and shear rate) if the system is given enough time to explore all fluctuations, as compared to where banding is induced upon rapidly varying the control parameters. Porte et al. \(^{24}\) have discussed various flow curves which can contain both linearly and nonlinearly unstable regions: the equilibrium analog of the former is the spinodal curve, and that of the latter is the metastable region, where an instability must be nucleated.

Our results are significant because they show that a minimal model can exhibit a rich phenomenology, and that the selection rules for phase coexistence are simple. To understand why the system chooses certain states over others in some regions of the flow curve, a nonlinear dynamics analysis of the model must be performed. We believe that our scheme represents a new class of reaction-diffusion equations, because the constraint of fixed average stress or shear rate turns the governing partial differential equations into integro-differential equations, which represents a general class of dynamical equations that, to our knowledge, has not been studied. This system exhibits fascinating and complex nonlinear dynamics, which we will discuss in a future publication.

Our current scheme is missing much physics: a complete model would involve coupled equations of motion for conserved variables (concentration of the various species) and non-conserved, tensorial variables (structural variables, stress). Also, we have assumed that the individual species obey Newtonian stress constitutive relations. Typically, these species are themselves complex fluids, and are either shear-thinning or exhibit a yield stress. In future work, by systematic exclusion of certain dynamic variables, we will be able to investigate the individual roles played by the stress, concentration etc., in order to determine which variables are essential to the problem formulation.

One of us \(^{2}\) has already considered a theory with stress, momentum and concentration variables in the context of rigid rod suspensions. Separate phase diagrams for shear-induced phase separation in both the vorticity and gradient directions were calculated, but the model was too prohibitively complicated to study which of these orientations would in fact be selected by the system. In this work, we have used a much simpler scheme to demonstrate the necessary analysis (albeit within a one-dimensional model- see next paragraph) to unambiguously determine whether banding actually occurs in a system, as well as the banding orientation. While Schmitt et al. \(^{10}\) have also presented quite a simple phenomenological model (including both concentration and momentum as dynamical variables), they did not go beyond a linear stability analysis. They also did not consider the case (as we have here) of a non-conserved variable initiating an instability in the system.

Our calculations have been carried out only for the case of planar flow. It has been shown for the Johnson-Segalman model \(^{13}\) that the nonuniformity of stress in a curved geometry has significant effects on banding. In addition, we have examined the issue of gradient versus vorticity banding using a one-dimensional model. Realistically, the model should be solved considering both vorticity and gradient directions simultaneously. The band orientation may be influenced by anisotropy in the diffusion coefficient. A convective term of the form \( v \cdot \nabla \phi \) should also be included in the equation of motion. Such a term does not appear in a one-dimensional shear flow, but it can qualitatively affect transients in phase separation in two dimensions. Finally, noise has been incorporated into our model through the initial conditions. While Gaussian noise is present in the equation of motion through the diffusion term, in a driven system there may be other noise terms that should be added.

We stress that our phenomenological theory only aims to describe the general macroscopic physics of flow-induced phase transitions. Details concerning the underlying structural transformations can only be probed by more specific microscopic models.

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