The interstellar medium of high-redshift galaxies: Gathering clues from [C II] and [C III] lines

V. Markov1, S. Carniani1, L. Vallini1, A. Ferrara1, A. Pallottini1, R. Maiolino2,3,4, S. Gallerani1, and L. Pentericci5

1 Scuola Normale Superiore, Piazza dei Cavalieri 7, 56126 Pisa, Italy
e-mail: vladan.markov@ sns.it
2 Kavli Institute for Cosmology, University of Cambridge, Madingley Road, Cambridge CB3 OHA, UK
3 Cavendish Laboratory – Astrophysics Group, University of Cambridge, 19 JJ Thompson Avenue, Cambridge CB3 OHE, UK
4 Department of Physics and Astronomy, University College London, Gower Street, London WC1E 6BT, UK
5 INAF – Osservatorio Astronomico di Roma, Via Frascati 33, 00078 Monteporzio Catone, Italy

Received 16 February 2022 / Accepted 5 June 2022

ABSTRACT

Context. A tight relation between [C II] 158 μm line luminosity and the star formation rate (SFR) has been observed for local galaxies. At high redshift (z > 5), galaxies instead deviate downwards from the local $\Sigma_{[\text{C II}]} - \Sigma_{\text{SFR}}$ relation. This deviation might be caused by different interstellar medium (ISM) properties in galaxies at early epochs.

Aims. To test this hypothesis, we combined the [C II] and SFR data with [C III] 1909Å line observations and our physical models. We additionally investigated how ISM properties, such as burstiness, $\kappa$, total gas density, $n$, and metallicity, Z, affect the deviation from the $\Sigma_{[\text{C II}]} - \Sigma_{\text{SFR}}$ relation in these sources.

Methods. We present the VLT/X-shooter observations targeting the [C III] $\lambda$1909 line emission in three galaxies at 5.5 < z < 7.0. We include archival X-shooter data of two other sources at 5.5 < z < 7.0 and the VLT/MUSE archival data of six galaxies at z ~ 2. We extend our sample of galaxies with eleven star-forming systems at 6 < z < 7.5, with either C III] or [C II] detection reported in the literature.

Results. We detected [C III] $\lambda$1909 line emission in HZ10 and we derived the intrinsic, integrated flux of the [C III] $\lambda$1909 line. We constrained the ISM properties for our sample of galaxies, $\kappa$, $n$, and Z, by applying our physically motivated model based on the MCMC algorithm. For the most part, high-z star-forming galaxies show subsolar metallicities. The majority of the sources have log (κ) ≥ 1, that is, they overshoot the Kennicutt–Schmidt (KS) relation by about one order of magnitude.

Conclusions. Our findings suggest that the whole KS relation might be shifted upwards at early times. Furthermore, the high-z galaxies of our sample lie below the $\Sigma_{[\text{C II}]} - \Sigma_{\text{SFR}}$ local relation. The total gas density, $n$, shows the strongest correlation with the deviation from the local $\Sigma_{[\text{C II}]} - \Sigma_{\text{SFR}}$ relation, namely, low-density high-z systems have lower [C II] surface brightness, in agreement with theoretical models.

Key words. galaxies: high-redshift – galaxies: ISM – photon-dominated region – galaxies: evolution

1. Introduction

The Epoch of Reionization (EoR) is an important period in cosmic history when the formation of stars in the first galaxies played a key role in the complete reionization of the Universe by z ~ 6 and in the metal enrichment of the intergalactic medium (IGM; see Fan et al. 2006; Becker et al. 2015; Stark 2016; Finkelstein 2016; and Dayal & Ferrara 2018 for reviews). Characterizing the internal properties of early galaxies, namely, the physical properties of their interstellar medium (ISM) is fundamental to our understanding of galaxy formation and evolution. This involves building theoretical models (see, e.g., Dayal & Ferrara 2018 for a review) and constraining these models with observations tracing the different phases of the ISM (see Stark 2016 and Finkelstein 2016 for a review).

In recent years, ALMA observations of the [C II] $^2P_{3/2}-^2P_{1/2}$ fine-structure line emission at a rest-frame wavelength of $\lambda = 157.74 \mu$m have been widely used to characterize the ISM physical conditions: gas density, metallicity, and relative abundance of different phases of gas z > 6 star-forming galaxies. It can be also used to put constraints on the global properties such as the galaxy morphology, redshift, and size (Maiolino et al. 2005, 2009; Carniani et al. 2013, 2017, 2018ab; Capak et al. 2015; Willott et al. 2015; Pentericci et al. 2016; Bradač et al. 2017; Matthee et al. 2017a, 2019; Smit et al. 2018; see Carilli & Walter 2013 for a review). The [C II] line is among the brightest emission lines in the rest-frame far-infrared (FIR) band (Stacey et al. 1991, 2010) and mainly traces the so-called photo-dissociation regions (PDRs; Wolfire et al. 2022); this refers, namely, to the dense, mostly neutral external layers of molecular clouds connected to H II regions. The [C II] can also originate, albeit to a lesser extent, from the diffuse cold and warm neutral medium as well as from the mildly diffuse ionized gas (Wolfire et al. 2003; Vallini et al. 2015; Pallottini et al. 2017), which is confirmed by observations (Madden et al. 1997; Stacey et al. 2010; Pineda et al. 2013; Cormier et al. 2015).

The [C II] emissivity is correlated to the far-ultraviolet (FUV) emission from young OB stars (Hollenbach & Tielens 1999). For this reason, it can be used as tracer of the star formation activity (Vallini et al. 2015) as confirmed by local observations...
(De Looze et al. 2011, 2014; Herrera-Camus et al. 2015). However, while at low-z, the luminosity of [C\textsc{ii}] is tightly correlated to star formation rate (SFR), the \(L_{[\text{C}\textsc{ii}]}\)–SFR relation in the distant Universe \((z > 4)\) has an intrinsic dispersion that is up to \(\approx 2\times\) larger than the local one (Carniani et al. 2018a; Lagache et al. 2018; Schaerer et al. 2020; Leung et al. 2020), with several galaxies showing [C\textsc{ii}] luminosities lower than expected from the local \(L_{[\text{C}\textsc{ii}]}\)–SFR relation (Vallini et al. 2015; Pallottini et al. 2017; Olsen et al. 2017; Carniani et al. 2018a; Lagache et al. 2018; Popping et al. 2019; Leung et al. 2020). This larger scatter is indicative of a broader range of properties spanned by early galaxies with respect to the local population. Lower [C\textsc{ii}] luminosity in high-z sources can be explained by a low gas metallicity (Vallini et al. 2015; Olsen et al. 2017; Carniani et al. 2018a; Lagache et al. 2018; Leung et al. 2020), a low molecular gas mass fraction (Olsen et al. 2017), a low molecular gas content (Leung et al. 2020), a strong external pressure acting on molecular clouds (Popping et al. 2019), and a high intensity of the radiation field owing to the starburst nature of galaxies at the EoR, likely placing these sources well above the Kennicutt–Schmidt \(\Sigma_{\text{gas}}\)–SFR relation (hereafter, KS; Schmidt 1959; Kennicutt 1998; Vallini et al. 2015; Lagache et al. 2018; Carniani et al. 2018a; Pallottini et al. 2019).

While most of the above-mentioned studies have concentrated on the integrated [C\textsc{ii}]–SFR relation, that is, the \(L_{[\text{C}\textsc{ii}]}\)–SFR relation, in this work, we focus on the spatially resolved \(\Sigma_{[\text{C}\textsc{ii}]}\)–SFR relation, since recent studies have shown that the [C\textsc{ii}] surface brightness and SFR per unit area are more closely related to the local properties of the ISM than the integrated values (e.g., De Looze et al. 2014; Rybak et al. 2020). Almost all high-z galaxies are located below the \(\Sigma_{[\text{C}\textsc{ii}]}\)–SFR relation in local sources (Carniani et al. 2018a). The origin of the lower [C\textsc{ii}] surface brightness in high-z galaxies lies in the overall different local ISM conditions at high-z compared to the local Universe. For instance, lower gas metallicity \(Z\) leads to lower carbon abundance and, consequently, to lower \(\Sigma_{[\text{C}\textsc{ii}]}\) (Carniani et al. 2018a; Ferrara et al. 2019). Next, intense radiation fields in high-z starburst galaxies tend to ionize most of the neutral phase of the ISM, from which the bulk of the [C\textsc{ii}] emission originates (Pallottini et al. 2019; Ferrara et al. 2019). Finally, systems with particularly low density of the [C\textsc{ii}] emitting gas \(n < 10^2\) cm\(^{-3}\), will have a low \(\Sigma_{[\text{C}\textsc{ii}]}\) as a result of their extended [C\textsc{ii}] emitting regions caused, for instance, by outflows (Carniani et al. 2018a) or due to cosmic microwave background (CMB) suppression effects (Kohandel et al. 2019).

Ferrara et al. (2019) developed a physically motivated, analytical model to explain the \(\Sigma_{[\text{C}\textsc{ii}]}\)–SFR relation both at low and high redshifts. These authors found that the deviation from the local \(\Sigma_{[\text{C}\textsc{ii}]}\)–SFR relation depends on three ISM parameters: the total density of the emitting gas \(n\), the gas metallicity \(Z\), and the so-called “burstiness” parameter, \(k_r\), quantifying the efficiency of a galaxy to convert its gas into stars. This physically motivated model and interpretation is supported by results obtained with cosmological simulations (Pallottini et al. 2019).

The [C\textsc{ii}] line alone is not sufficient to resolve the degeneracy between the three ISM properties. Therefore, to break the degeneracy, we need to combine observations of the [C\textsc{ii}] line with an additional emission line tracing theISM (Ferrara et al. 2019). Emission lines often used in the literature are the rest-frame FIR fine structure \((P_1 - 3 \rightarrow P_0)\) transition of the \([\text{O}\textsc{iii}]\) emission line at \(\lambda = 88\) \(\mu\)m (Inoue et al. 2016; Carniani et al. 2017; Vallini et al. 2017, 2021; Pallottini et al. 2019, 2022; Harikane et al. 2020) and the rotational transitions of the CO molecule (e.g., Vallini et al. 2018; Pavesi et al. 2019; Pensabene et al. 2021). However, constraining the ISM properties exploiting the \([\text{O}\textsc{iii}]\) is limited to a very specific and limited redshift ranges because of the poor atmospheric transmission at short wavelengths in the ALMA bands. On the other hand, characterizing the \(k_r\) parameter requires measurements of the molecular gas content, which are difficult to obtain at high-z because CO observations call for long exposures (e.g., Decarli et al. 2016; Pavesi et al. 2019). Another caveat is that molecular gas estimation from the CO emission requires the CO-to-H\(_2\) conversion factor \(a_{CO}\), which is highly uncertain – and even more so at higher redshift (Narayanan et al. 2012; Markov et al. 2020; see Bolatto et al. 2013; Carilli & Walter 2013; and Combes 2018 for reviews).

Recently, Vallini et al. (2020) showed that the rest-frame UV, semi-forbidden line [C\textsc{iii}] \(\lambda 1909\), combined with the rest-frame FIR [C\textsc{ii}] can be a possible alternative to constrain the ISM properties. Apart from the Ly\(_\alpha\) line, the [C\textsc{iii}] \(\lambda 1909\) doublet is typically one of the strongest nebular emission lines in \(z > 2\) galaxies (Shapley et al. 2003; Stark et al. 2014; Llerena et al. 2022). It falls in the near-infrared (NIR) wavelength range at \(z > 5\) and it is detectable with ground-based facilities such as the Very Large Telescope (VLT; Stark et al. 2015; Sobral et al. 2015, 2019) and the Keck Observatory (Sobral et al. 2015; Stark et al. 2015, 2017; Laporte et al. 2017; Hutchison et al. 2019). Although C\textsc{iii} detection from high-z galaxies remain challenging, in the near future, this will change considerably thanks to the James Webb Space Telescope (JWST; Chevallard et al. 2019).

The goal of this paper is to use C\textsc{iii} and [C\textsc{ii}] emission data to constrain the gas metallicity, \(Z\), the burstiness parameter, \(k_r\), and the gas density, \(n\), of high-z galaxies by exploiting the Vallini et al. (2020) model. Furthermore, we want to investigate the connection between the derived ISM properties and the deviation from the local \(\Sigma_{[\text{C}\textsc{ii}]}\)–SFR relation observed in the early Universe. To achieve this goal, we present the new VLT/X-shooter observations targeting C\textsc{iii} emission in three \(z > 5\) galaxies. Next, we include the X-Shooter archival data of two other \(z > 5\) galaxies and the VLT/MUSE archival data of six intermediate-z galaxies at \(z \sim 2\). We combine C\textsc{iii} line observations with the [C\textsc{ii}] line emission and SFR measurements, either derived in this work or published in the literature. Finally, to have a representative sample of galaxies for our analysis, we also include galaxies at \(6 < z < 7.5\) with well studied C\textsc{ii} and [C\textsc{ii}] emission from the literature.

This paper is organized as follows: a brief overview of the physical models we use in this work to constrain the ISM properties of high-z galaxies is given in Sect. 2, the galaxy sample and new observations are presented in Sect. 3, with the reduction of the new and archival data outlined in Sect. 4. The analysis of the C\textsc{iii} emission from the novel and archival X-shooter data is presented in Sect. 5. In Sect. 6, we gather our results, while their discussion is presented in Sect. 7. The summary and conclusions of this work are outlined in Sect. 8. Throughout this paper we assume the following cosmological parameters: \(\Omega_m = 0.308\), \(\Omega_{\Lambda} = 0.685\), and \(h = 0.678\) (Planck Collaboration XIII 2016). We adopt a Kroupa initial mass function (IMF; Kroupa 2001) and Kennicutt & Evans (2012) scaling relations and, when necessary, we convert the results from the literature with different scaling relations and IMF values.

### 2. Physical model

The physically motivated, analytical model we use in this paper was developed by Ferrara et al. (2019), based on the radiative
transfer of both ionizing and non-ionizing UV photons between the different phases of the ISM. The ISM is modeled as a plane-parallel slab with an ionized layer (HI region), where carbon emission is predominantly in C[ii], a neutral (atomic) layer (PDR region), where carbon emits in [C[ii]], and finally, a molecular gas region where carbon is in a neutral state [C[iii]]. The [C[ii]] line surface brightness emerging from the HI region and PDR can be written as (Eqs. (35) and (32) of Ferrara et al. 2019):

$$\Sigma_{[C\text{ii}]} \propto n D N_0 \ln(1 + 10^w U),$$

where \( n \) is the total gas density in units of \( \text{cm}^{-3} \), \( D \) is the dust-to-gas ratio in units of the Milky Way value (assumed to be proportional to the gas metallicity \( Z \) in solar units), \( N_0 = 1.7 \times 10^{21} D^{7/2} \text{cm}^{-2} \) is the dust column density, \( w = 1/(1 + 0.9D^{0.5}) \) is the probability for a Lyman–Werner photon to be absorbed by the dust, and \( U = 1.7 \times 10^4 \Sigma_{\text{SFR}}/\Sigma_{\text{gas}} \) is the ionization parameter, which can also be expressed as per Eq. (40) of Ferrara et al. (2019):

$$U \approx 10^{-3} k_s 10^{7/3} \Sigma_{\text{SFR}},$$

where \( k_s \) is the “burstiness” parameter, first introduced by Ferrara et al. (2019). The \( k_s \) parameter is a parametrization of the deviation from the KS relation (Kennicutt 1998), which can be expressed as:

$$\Sigma_{\text{SFR}} = 10^{-12} k_s \Sigma_{\text{gas}}^{1.4}.$$

The KS relation is an observed power-law correlation between the SFR per unit area \( \Sigma_{\text{SFR}} \) and molecular gas surface density \( \Sigma_{\text{gas}} \). The \( k_s \) parameter can be considered as a proxy of the star formation efficiency. Overall, for “normal” star-forming galaxies that lie on the KS relation the \( k_s \) parameter is \( k_s = 1 \), whereas starburst galaxies located well above the KS relation display \( k_s \gg 1 \).

According to the Ferrara et al. (2019) analytical model, the \( \Sigma_{[C\text{ii}]} \) of a galaxy with a given \( \Sigma_{\text{SFR}} \) can be expressed as a function of three ISM parameters: \( k_s, n, \) and \( Z \). In general, galaxies with high \( \Sigma_{\text{SFR}} \) tend to experience higher \( \Sigma_{[C\text{ii}]} \). However, at \( z > 5 \), the \( \Sigma_{[C\text{ii}]} - \Sigma_{\text{SFR}} \) relation is more complex than a simple power law and depends on the ISM properties of galaxies. Moreover, for sources with high SFR per unit area \( \Sigma_{\text{SFR}} \geq 1 \text{ M}_\odot \text{yr}^{-1} \text{kpc}^{-2} \), the [C[ii]] surface brightness stops depending on SFR and metallicity \( Z \), and begins to saturate at \( \log(\Sigma_{[C\text{ii}]}/(L_\odot \text{kpc}^{-2})) \approx 7 \). In this regime, \( \Sigma_{[C\text{ii}]} \) still depends on the gas density \( n \) and weakly on ionization parameter \( U \) i.e., the burstiness parameter \( k_s \). Moreover, for starburst galaxies with \( k_s \gg 1 \), the model predicts that \( \Sigma_{[C\text{ii}]} \) is shifted towards higher \( \Sigma_{\text{SFR}} \), placing these objects below the local \( \Sigma_{[C\text{ii}]} - \Sigma_{\text{SFR}} \) relation (Fig. 5d in Ferrara et al. 2019).

Vallini et al. (2020) further expanded upon the Ferrara et al. (2019) model and developed a statistical method based on a Bayesian approach and a Markov chain Monte Carlo (MCMC) algorithm using the three observed properties: \( \Sigma_{[C\text{ii}]}, \Sigma_{[C\text{iii}]} \), and the deviation from the local \( \Sigma_{[C\text{ii}]} - \Sigma_{\text{SFR}} \) relation \( \Delta \). These three observed quantities depend on the three unknown ISM properties, the burstiness \( k_s \), the density \( n \), and the metallicity \( Z \). For instance, the predicted surface brightness of the [C[ii]] line \( \Sigma_{[C\text{ii}]} \) of a source with a fixed \( \Sigma_{\text{SFR}} \) can be expressed in the following way (Eq. (9) of Vallini et al. 2020):

$$\Sigma_{[C\text{ii}]} = 2.4 \times 10^9 F_{[C\text{ii}]}(\Sigma_{\text{SFR}}, n, Z, k_s).$$

The surface brightness of the C[ii] line \( \Sigma_{[C\text{ii}]} \) can be written in a corresponding way as:

$$\Sigma_{[C\text{iii}]} = 2.4 \times 10^9 F_{[C\text{iii}]}(\Sigma_{\text{SFR}}, n, Z, k_s) \text{ as per Eq. (12) of Vallini et al. (2020).}$$

Finally, the deviation from the local \( \Sigma_{[C\text{ii}]} - \Sigma_{\text{SFR}} \) relation of a high-z galaxy at fixed \( \Sigma_{\text{SFR}} \), can be defined as Eq. (14) of Vallini et al. (2020)

$$\Delta \Sigma_{\text{SFR}} \ln(n, Z, k_s) = \log(\Sigma_{\text{obs}}^{[C\text{ii}]}) - \log(\Sigma_{[C\text{ii}]}),$$

where \( \Sigma_{\text{obs}}^{[C\text{ii}] \text{ii}} \) is the observed [C[ii]] surface brightness and \( \Sigma_{[C\text{ii}]}^{[C\text{ii}]} \) is the [C[ii]] surface brightness predicted from the local \( \Sigma_{[C\text{ii}]} - \Sigma_{\text{SFR}} \) relation by De Looze et al. (2014). Vallini et al. (2020) use the MCMC to fit the three observables: \( \Sigma_{[C\text{ii}]}, \Sigma_{[C\text{iii}]} \), and \( \Delta \), and obtain the posterior probability distribution for the unknown parameters: \( k_s, n \), and \( Z \) thereby obtaining the best-fit parameters and the 1σ uncertainties.

3. Sample and spectroscopic observations

For the purpose of this work, we selected star-forming galaxies at \( z > 2 \) with rest-frame UV observations of the C[ii] line and rest-frame FIR observations of the [C[ii]] line. We drew our sample mainly from the literature and archival data: VLT/X-shooter, VLT/MUSE, and ALMA, which have not been published yet. We retrieve the measurements and data of the carbon lines only for those galaxies with a detection in at least one of the two carbon lines. In addition to the public data, we also include three [C[ii]]-emitting galaxies at \( z > 5 \) recently observed with X-shooter by our group (PI: S. Carniani). A list of all sources used in this work is reported in Table 1. In Fig. 1, we present SFR and stellar mass of our entire sample of galaxies from the literature.

3.1. New VLT/X-shooter observations

We opted for deep X-shooter observations with the purpose of investigating the C[ii] emission at \( z \approx 1.909 \) in three star-forming galaxies at \( z > 5 \), having [C[ii]] detection at the location of the rest-frame FIR emission (Carniani et al. 2018a). The three targets are scattered by about 1.5 dex around the local \( L_{[C\text{ii}]} - \Sigma_{\text{SFR}} \) relation, thus allowing us to probe the C[ii] luminosity over a wide range of properties: \( 3 \text{ M}_\odot \text{yr}^{-1} \leq \Sigma_{\text{SFR}} \leq 100 \text{ M}_\odot \text{yr}^{-1} \), \( 10^7 L_\odot \leq L_{[C\text{ii}]} \leq 2.5 \times 10^9 L_\odot \), and \( -4 \leq \log(U) \leq -1.5 \). Additionally, the availability of multi-bands observations (HST, Spitzer, and ALMA) for these targets enabled us to correct the C[ii] luminosity measurements from slit-losses (taking into account the size of the galaxy, the slit width, and the seeing) and dust extinction.

In particular, HZ1 and HZ10 have been observed with ALMA in [C[ii]] by Capak et al. (2015), as part of their sample of normal star-forming galaxies at \( 5 < z < 6 \). Furthermore, the ALMA data has been reanalyzed by Carniani et al. (2018a), with a focus on a detailed morphological analysis of the [C[ii]] emission. Specifically, for HZ10, the [C[ii]] line reveals multiple components and the velocity gradient implies a merger scenario. Carniani et al. (2018a) measured [C[ii]] luminosity of \( L_{[C\text{ii}]} = 2.5 \pm 0.5 \times 10^8 L_\odot \) and \( L_{[C\text{ii}]} = 25.1 \pm 5.0 \times 10^8 L_\odot \) for HZ1 and HZ10, respectively. Capak et al. (2015) found the total SFR of HZ1 and HZ10 of SFR = \( 24 \pm 6 \text{ M}_\odot \text{yr}^{-1} \) and SFR = \( 169^{+35}_{-27} \text{ M}_\odot \text{yr}^{-1} \), respectively. Our third target, RXJ 1347–1216 is a Lyα-emitting (LAE) galaxy at \( z \approx 6.77 \) lensed by the RXJ 1347.1–1145 cluster (Huang et al. 2016). Bradač et al. (2017) detected the [C[ii]] line emission with ALMA and measured a luminosity of \( L_{[C\text{ii}]} = 1.5^{+0.8}_{-0.7} \times 10^7 L_\odot \), and estimated a SFR = \( 3.2 \pm 0.4 \text{ M}_\odot \text{yr}^{-1} \). These authors found that the galaxy lies below the local [C[ii]]–SFR relation (De Looze et al. 2014).
Table 1. Overview of the full galaxy sample used in this paper, grouped by C[\text{III}] and [C\text{II}] detection.

| ID          | \(z_{\text{sp}}\) | C[\text{III}] | [C\text{II}] | Ref.         |
|-------------|--------------------|---------------|--------------|--------------|
| HZ10        | 5.657              | ✓             | ✓            | [†, 1]       |
| COS-3018    | 6.854              | ✓             | ✓            | [2, 11]      |
| A383-5.2    | 6.029              |               | ✓            | [3, 12]      |
| z7_GND_42912| 7.506              | ×             | ✓            | [7, 13]      |
| HZ1         | 5.689              |               | ✓            | [†, 1]       |
| RXJ 1347–1216| 6.766              |               | ✓            | [†, 14]      |
| GDS3073     | 5.563              |               | ✓            | [†, 15]      |
| UVISTA-Z-002| 6.634 (a)          | ✓             | ✓            | [†, †]       |
| Himiko      | 6.595              | [4, 8]        |              |              |
| CR7         | 6.604              | [9, 10]       |              |              |
| CR7a        | 6.604              | [9, 10]       |              |              |
| CR7b        | 6.604              | [9, 10]       |              |              |
| CR7c        | 6.604              | [9, 10]       |              |              |
| COS-13679   | 7.145              | [2, 16]       |              |              |
| COS-2987    | 6.816              | [2, 11]       |              |              |
| VR7         | 6.532              | [5, 17]       |              |              |
| 9347        | 1.851 (b)          | [†, 6]        |              |              |
| 6515        | 1.844 (b)          | [†, 6]        |              |              |
| 10076       | 1.946 (b)          | [†, 6]        |              |              |
| 9834        | 1.764 (b)          | [†, 6]        |              |              |
| 9681        | 1.885 (c)          | ✓             |              |              |
| 8490        | 1.906 (c)          | ✓             |              | [†, 6]       |

Notes. Spectroscopic redshift is based on the Ly\(\alpha\) emission or spectroscopic Ly\(\alpha\) break except when otherwise noted. (a) Spectroscopic redshift measured from a Gaussian fit to the integrated spectrum of the [C\text{II}] line from this work. (b) Spectroscopic redshift from the [C\text{II}] line emission. (c) Spectroscopic redshift from the optical spectra. Typical redshift uncertainties are \(\Delta z_{\text{opt}} \sim 0.0005 \pm 0.0004\), \(\Delta z_{\text{sp}} \sim 0.0002 \pm 0.0006\), and \(\Delta z_{\text{opt}} \sim 0.001\). The mark ✓ indicates that the emission line has been detected. The mark × indicates that the emission line has not been detected and an upper limit has been placed on the line flux.

References. C[\text{III}] and [C\text{II}] line references: [†] This work, [1] Capak et al. (2015), [2] Laporte et al. (2017), [3] Stark et al. (2015), [4] Carniani et al. (2018b), [5] Matthee et al. (2017b), [6] Zanella et al. (2018), [7] Hutchison et al. (2019), [8] Zabl et al. (2015), [9] Sobral et al. (2018) [10] Matthee et al. (2017a), [11] Smit et al. (2018), [12] Knudsen et al. (2016), [13] Schaerer et al. (2015), [14] Bradac et al. (2017), [15] Béthermin et al. (2020), [16] Pentericci et al. (2016), [17] Matthee et al. (2019).

in agreement with the expectations from the Vallini et al. (2015) model for a low-metallicity galaxy at \(z \sim 7\). We observed our targets with the VLT/X-shooter medium-resolution spectrograph (Vernet et al. 2011) on 02 April 2019, 19 April 2019, and 20 May 2019, respectively (European Southern Observatory (ESO) program ID: 0103.A-0692(A); PI: S. Carniani). The data for HZ1 and HZ10 were obtained over three observing blocks (OBs) of one hour each for every one of the three spectroscopic arms (UV/Blue (UVB), VISible (VIS), and Near-InfraRed (NIR)), in NODDING mode. An additional OB for each arm in STARE mode was carried out for each target, but it was not used in this work. For RXJ 1347–1216 source, only 1 OB was successfully obtained in NODDING mode for the VIS and NIR arms. The seeing variations were 0.31′′−0.79′′ and 0.34′′−0.86′′ for all OBs in the VIS and NIR arms, respectively. The seeing variations were observed under clear conditions. All OBs used a 1.2′′ slit with a resolution of \(R = 6500\) and \(R = 4300\) for the VIS and NIR arms, respectively.

![Fig. 1. SFR vs. stellar mass of our full galaxy sample. Sources at 5.5 < \(\leq \) 7.5 with new and archival C[\text{III}] data, galaxies at \(z \sim 2\) with archival C[\text{III}] data, and literature sample at \(6 < z < 7.5\) are shown as blue, green, and orange circles, respectively.](image)

3.2. Literature and archive sample

We included 11 sources at \(6 < z < 7.5\) with [C\text{II}] emission from the literature (see Table 1 for references) to build a large sample of high-z galaxies for our analysis. Out of these 11 systems, detection of both C[\text{III}] and [C\text{II}] have been reported in two sources: COS-3018559981 (COS-3018 hereafter; Laporte et al. 2017; Smit et al. 2018) and A383-5.2 i.e., A383-5.1 (A383-5.2 hereafter\(^2\); Stark et al. 2015; Knudsen et al. 2016).

We also included GDS3073 and UVISTA-Z-002 with available X-shooter archival data of the C[\text{III}] line and the [C\text{II}] line data either published in the literature (for GDS3073; Béthermin et al. 2020) or available in the ALMA archive (for UVISTA-Z-002; Bouwens et al. 2022). GDS3073 is a compact \((r \sim 0.11\text{kpc};\ Vanzella et al. 2010)\), active galactic nuclei (AGN) host galaxy at \(z \sim 5.56\), with a possible ongoing merger (Graziani et al. 2020) that has been detected in [C\text{II}] by ALMA (labeled as CANDELS\_GOODSS\_14; Béthermin et al. 2020) as part of the ALPINE survey (ALMA Large Program to INvestigate C+ at Early times; Le Fèvre et al. 2020). We retrieved and re-reduced (Sect. 4.2) the X-shooter archival data for GDS3073 from two ESO programs: 384.A-0886 (PI: A. Raiter) and

---

\(^2\) A383-5.1 and A383-5.2 are two images of the same galaxy lensed by the foreground A383 cluster. A383-5.2 was chosen as brighter of the two images in the rest-frame UV and it was detected in C[\text{III}], by Stark et al. (2015), whereas A383-5.1 was detected in [C\text{II}] by Knudsen et al. (2016).
089.A-0679 (PI: N. Norgaard), previously presented by Grazian et al. (2020). UVISTA-Z-002 galaxy at \( z \sim 6.75 \) was observed as a part of the REBELS (reionization-era bright emission line survey) ALMA large survey of \( z > 6.5 \) luminous star-forming galaxies (Bouwens et al. 2022). We retrieved and re-reduced (Sect. 4.2) the X-shooter archival data for UVISTA-Z-002 (ESO Program ID: 097.A-0082(A); PI: R. Bowler). For this source, we also used the [C II] observations from the ALMA archive in band 6 during Cycle 7 (Program ID: 2019.1.01634.L; PI: R. Bouwens).

Finally, we analyzed the VLT/MUSE (MultiUnit Spectroscopic Explorer) archival data (Program IDs: 094.A-0289(B), 095.A-0010(A), 096.A-0045(A), 099.A-0060(A), 098.A-0017(A), 096.A-0090(A), 0100.D-0807(C), 095.A-0240(A)) for a subsample of six galaxies at \( 1.75 < z < 1.95 \) for which [C II] detections were reported in Zanella et al. (2018).

4. Data reduction

4.1. Data reduction of the new VLT/X-shooter observations

We adopted the X-shooter pipeline (Modigliani et al. 2010) in the REFLEX (REcipe FLExible EXecution) environment\(^3\) to reduce the raw data. We also developed a Python script for the data analysis on the ESO pipeline final data products. We stacked the individual 2D spectra extracted from the OBs of each target, excluding bad pixels, and obtained a final weighted mean 2D spectra for the VIS and NIR spectra separately, by using the Drizzle package\(^4\). Next, we cropped the output 2D spectra at the wavelength range and slit position where we expect to see the \( \text{Ly}\alpha \) and [C III] lines in the VIS and NIR spectra, respectively. In order to increase the signal-to-noise ratio (S/N) of the emission lines, we also performed different spectral rebinning, depending on the expected width of the lines. Stacked, rebinned, and smoothed X-shooter 2D NIR spectra, and the extracted 1D spectra for HZ10, HZ1, and RXJ 1347–1216 are shown in Figs. 2, A.1, and A.2, respectively.

4.2. Reduction of the archival data

The retrieved X-shooter data of GDS3073 contains 21 OBs, of which 11 OBs from the program ID 384.A-0886 and 10 OBs from the program ID: 089.A-0679, for each arm. The NIR observations of the two programs are obtained in the different wavelength range. Therefore, we first stacked the individual 2D NIR spectra of each program separately, then we cropped the two 2D NIR spectra to be in the same wavelength range. We obtained the final 2D NIR spectrum as the weighted mean of the two 2D NIR spectra of each program. In order to extract the final 1D spectra, we followed the same procedure as described in Sect. 4.1. The results are shown in Fig. A.3.

The X-shooter archival data of UVISTA-Z-002 were retrieved with four OBs, for each of the three arms (ESO Program ID: 097.A-0082(A); PI: R. Bowler). For the data reduction step, we repeated the steps as in Sect. 4.1. The results are shown in Fig. A.4. For this source, we also reduced ALMA observations of the [C II] line by using CASA (common astronomy software applications) software\(^5\) (McMullin et al. 2007) and running the Python script delivered with the observations.

Finally, we used the VLT/MUSE archival data for a subsample of 1.75 < \( z < 1.95 \) galaxies for which [C II] line detection has been reported in Zanella et al. (2018). We extracted the 1D spectra from a circular region with a radius of \( r = 5'' \), enclosing the position of the target galaxy, and we analyzed the results using ds9 software\(^6\) and a Python script we developed. However, we still did not detect any [C III] line emission in the extracted 1D spectra.
5. X-shooter data analysis: C\textsc{iii}] line emission

We visually inspected the X-shooter VIS and NIR 1D spectra for the Ly\textsc{α}, C\textsc{iii}], and any additional rest-frame UV emission line for each source. Next, we rebinned the 1D spectra to increase the signal-to-noise ratio and we fitted the line emission with a Gaussian to derive the integrated flux.

We recovered the Ly\textsc{α} emission detection in HZ1 and HZ10, previously reported in Capak et al. (2015) with the DEIMOS spectograph on the Keck II telescope. We also identified a hint of the Ly\textsc{α} emission in RXJ 1347-1216, previously published in Huang et al. (2016) with DEIMOS. Next, in the NIR 2D spectrum and the extracted 1D spectra of the HZ10 galaxy, we identified the blended C\textsc{iii}] \( \lambda 1907,1909 \) doublet line at the expected redshifted wavelength position of the C\textsc{iii}] line, at \( \lambda = 1270 \) nm (Fig. 2, top panel). The feature with a positive flux is in the center of the slit with two negative flux features on each side of the positive emission (Fig. 2, top panel), as data were taken in the NODDING mode.

The X-shooter spectograph allows us to resolve the C\textsc{iii}] \( \lambda 1907,1909 \) doublet. However, in order to detect the C\textsc{iii}] with a statistically significant S/N, we need to rebind the spectra via 15 channels (\( \pm 200 \) km s\(^{-1} \)), which decreases the spectral resolution. Therefore, we did not ultimately detect the two lines separately, so we fit the C\textsc{iii}] doublet with a single Gaussian, from which we obtained a total integrated flux of \( 8.8 \pm 2.1 \times 10^{-17} \) erg s\(^{-1} \) cm\(^{-2} \) with a S/N = 4.2 and a FWHM = 550.9 \pm 98.8 km s\(^{-1} \). The peak of the doublet line occurs at \( \lambda = 1269.4 \pm 0.2 \) nm, which is slightly blueshifted from the expected positions of the C\textsc{iii}] \( \lambda 1907 \) line at \( \lambda = 1269.7 \) nm and C\textsc{iii}] \( \lambda 1909 \) line at \( \lambda = 1271.0 \) nm, based on the Ly\textsc{α} spectroscopic redshift from Capak et al. (2015; Fig. 2, yellow and red vertical lines, respectively). However, at high-z, a significant part of the Ly\textsc{α} emission can be absorbed by the increasing fraction of the neutral medium and the peak of the observed Ly\textsc{α} emission might be offset with respect to the systematic redshift (Dijkstra 2014). If we take the spectroscopic redshift based on the [C\textsc{iii}] line emission from Capak et al. (2015), the expected positions of the two C\textsc{iii}] lines are at \( \lambda = 1269.2 \) nm and \( \lambda = 1270.5 \) nm, and the peak of the doublet line occurs between the two separate lines.

Assuming a [C\textsc{iii}] \( \lambda 1907/\text{C\textsc{iii}] \( \lambda 1909 \) line ratio of 1.4 \pm 0.2 (Stark et al. 2015), we estimated the C\textsc{iii}] \( \lambda 1909 \) line integrated flux of \( 3.7 \pm 1.1 \times 10^{-17} \) erg s\(^{-1} \) cm\(^{-2} \) with S/N = 3.4. For the other two targets, HZ1 and RXJ 1347-1216, we did not detect C\textsc{iii}] emission at the expected redshifted wavelength and we place a 3\( \sigma \) upper limit on the line flux. For HZ1 and RXJ 1347-1216, we estimate the integrated flux upper limit assuming a total-width at half maximum (FWHM) of the C\textsc{iii}] line to be equal to the FWHM of the [C\textsc{ii}] line, where FWHM_{[\text{C\textsc{ii}}]} = 72 \pm 11 \text{ km s}^{-1} (Capak et al. 2015) and FWHM_{[\text{C\textsc{ii}}]} = 75 \pm 25 \text{ km s}^{-1} (Bradač et al. 2017), respectively. Furthermore, we inspected the VIS and NIR spectra of our targets, but we did not detect any additional UV rest frame lines.

GDS3073 has been observed with FORS2, VIMOS, and X-shooter spectrographs at the VLT telescope and several UV rest-frame line detection have been reported, including N\textsc{v}] \( \lambda 1240 \) and O\textsc{vi}] \( \lambda 1032-1038 \), confirming the AGN nature of GDS3073 (Vanzella et al. 2010; Grazian et al. 2020). We recover a very bright Ly\textsc{α} emission detection with a S/N \( \sim 22 \) and N\textsc{v} with a statistically significant S/N might be our shorted wavelength position of the C\textsc{iii}] line, at \( \lambda = 1270 \) nm (Fig. 2, top panel). The feature with a positive flux is in the center of the slit with two negative flux features on each side of the positive emission, as data were taken in the NODDING mode.

In the previous section, we derived the C\textsc{iii}] \( \lambda 1909 \) line integrated flux of \( F_{\text{[C\textsc{iii}]}_{1909}} = 3.7 \pm 1.1 \times 10^{-17} \text{ erg s}^{-1} \text{ cm}^{-2} \) for HZ10. We also included a literature sample of three \( z > 6 \) galaxies: COS-3018 (Laporte et al. 2017; Smit et al. 2018), A383-5.2 (Stark et al. 2015; Knudsen et al. 2016), and z7_GND_42912 (Hutchison et al. 2019; Schaerer et al. 2015), with the observed C\textsc{iii}] integrated flux in the range of \( F_{\text{[C\textsc{iii}]}_{1909}} \approx 1.3-3.7 \times 10^{-18} \text{ erg s}^{-1} \text{ cm}^{-2} \).

As a rest-frame UV line at \( \lambda = 1909 \) Å, the C\textsc{iii}] is expected to be affected by dust attenuation (see, e.g., Salim & Narayanan 2020 and references therein). Therefore, we correct the C\textsc{iii}] emission for the dust attenuation and derive the attenuation-corrected C\textsc{iii}] integrated flux for galaxies with C\textsc{iii}] detection, whereas for non-detections, we did not perform this correction. Next, we constrained the burstiness parameter, \( \kappa_{s} \), metallicity, \( Z \), and the total density of the emitting gas, \( n \), with the use of the Vallini et al. (2020) model. Finally, we compare the ISM properties of HZ10 and COS-3018 derived in this work and in the literature.

6.1. Intrinsic C\textsc{iii}] line emission

We derived the UV attenuation at 1900 Å, following Meurer et al. (1999):

\[
A_{1900} = \frac{dA_{\text{UV}}}{d\beta_{\text{UV}}} (\beta_{\text{UV}} - \beta_{\text{UV,int}}),
\]

where \( \beta_{\text{UV}} \) is the UV-continuum slope (\( f_{\lambda} \propto \lambda^{\beta_{UV}} \); Calzetti et al. 1994) of sources with C\textsc{iii}] detection from the literature (Table 3), \( dA_{\text{UV}}/d\beta_{\text{UV}} \) is the steepness of the dust attenuation law and \( \beta_{\text{UV,int}} \) is the intrinsic UV-continuum slope. Meurer et al. (1999) has derived this correlation to estimate the UV attenuation at 1600 Å. However, we use the same correlation to derive the UV attenuation at 1900 Å, assuming that the attenuation is nearly identical at two wavelengths. Next, to make use of Eq. (6), we need to determine the \( dA_{\text{UV}}/d\beta_{\text{UV}} \) and \( \beta_{\text{UV,int}} \) parameters, which depend on the dust attenuation curve of a galaxy. In order to constrain the dust attenuation law, we can use the IRX-\( \beta_{\text{IR}} \) diagram, where IRX is the infrared excess parameter IRX = \( L_{\text{IR}}/L_{\text{UV}} \). HZ10 is a massive, metalrich, star-forming galaxy (Capak et al. 2015; Faisst et al. 2017) that falls on the local starburst relation (Barisic et al. 2017; Faisst et al. 2017), with \( dA_{\text{UV}}/d\beta_{\text{UV}} = 1.99 \) and \( \beta_{\text{UV,int}} = -2.23 \)
Table 2. UV radius, observed and intrinsic C III] line emission flux, C III] intrinsic luminosity, and surface brightness of the full galaxy sample.

| ID            | $r_{UV}$ (kpc) | $F_{CIII}^{obs}$ (10$^{-18}$ erg s$^{-1}$ cm$^{-2}$) | $F_{CIII}^{int}$ (10$^{-18}$ erg s$^{-1}$ cm$^{-2}$) | $L_{CIII}^{int}$ (10$^{48}$ $L_\odot$) | $\Sigma_{CIII}^{int}$ (10$^{8}$ $L_\odot$ kpc$^{-2}$) | Ref. |
|---------------|----------------|-------------------------------------------------|-------------------------------------------------|---------------------------------|---------------------------------|------|
| New CIII] data on galaxies at 5.5 < z < 7 |               |                                                  |                                                  |                                 |                                 |      |
| HZ10          | 1.1 \(^{(a)}\) | 36.7 \pm 11.1                                   | 64.7 \(^{+20.1}_{-19.8}\)                       | 61.5 \(^{+18.4}_{-18.8}\)                  | 8.1 \( \pm 4.1\)               | [1, ?] |
| HZ1           | 1.2            | \(<8.7\)                                        | \(<8.7\)                                        | \(<8.4\)                          | \(<0.9\)                        | [1, ?] |
| RXJ 1347–1216 | 0.8            | \(<5.2\)                                        | \(<5.2\)                                        | \(<7.5\)                          | \(<1.8\)                        | [2, ?] |
| GDS3073       | 0.11 \pm 0.01  | \(<2.6\)                                        | \(<2.6\)                                        | \(<2.4\)                          | \(<3.16\)                       | [3, ?] |
| UVISTA-Z-002  | 2.1 \pm 0.1\(^{(b)}\) | \(<1.5\)                                        | \(<1.5\)                                        | \(<2.0\)                          | \(<0.3\)                        | [?]  |
| New CIII] data on galaxies at z ~ 2 |               |                                                  |                                                  |                                 |                                 |      |
| 9347          | 3.08 \pm 0.07  | \(<336.2\)                                       | \(<336.2\)                                       | \(<22.1\)                         | \(<0.4\)                        | [?]  |
| 6515          | 2.2 \pm 0.4    | \(<605.9\)                                       | \(<605.9\)                                       | \(<39.4\)                         | \(<1.3\)                        | [?]  |
| 10076         | 2.35 \pm 0.03  | \(<1430.4\)                                      | \(<1430.4\)                                      | \(<106.2\)                        | \(<3.1\)                        | [?]  |
| 9834          | 0.97 \pm 0.02  | \(<2115.6\)                                      | \(<2115.6\)                                      | \(<123.6\)                        | \(<20.9\)                       | [?]  |
| 9681          | 1.93 \pm 0.03  | \(<1088.9\)                                      | \(<1088.9\)                                      | \(<74.8\)                         | \(<3.2\)                        | [?]  |
| 8490          | 1.6 \pm 0.01   | \(<536.0\)                                       | \(<536.0\)                                       | \(<37.8\)                         | \(<2.4\)                        | [?]  |
| Literature sample of galaxies at 6 < z < 7.5 |               |                                                  |                                                  |                                 |                                 |      |
| COS-3018      | 1.3 \pm 0.1\(^{(b)}\) | 1.3 \pm 0.3                                      | 8.5 \pm 6.8                                      | 12.6 \pm 10.2                     | 1.3 \pm 1.0                     | [4, 6] |
| A383-5.2      | 0.9            | 3.7 \pm 1.1                                      | 5.6 \pm 1.9                                      | 6.2 \pm 2.1                       | 1.1 \pm 0.6                     | [1, 7] |
| z7_GND_42912  | 0.72 \pm 0.01  | 2.6 \pm 0.5                                      | 12.0 \pm 5.7                                     | 2.2 \pm 1.1                       | 6.8 \pm 3.2                     | [7, 8] |
| Himiko        | 0.9 \(^{(a)}\) | \(<5.8\)                                        | \(<5.8\)                                         | \(<7.9\)                          | \(<1.6\)                        | [1, 9] |
| CR7           | 0.9 \(^{(a)}\) | \(<17.0\)                                        | \(<17.0\)                                        | \(<23.1\)                         | \(<4.6\)                        | [1, 10]|
| CR7a          | 0.9            | \(<15.0\)                                        | \(<15.0\)                                        | \(<20.4\)                         | \(<4.0\)                        | [1, 10]|
| CR7b          | 0.9            | \(<13.0\)                                        | \(<13.0\)                                        | \(<18.0\)                         | \(<3.5\)                        | [1, 10]|
| CR7c          | 0.9            | \(<14.0\)                                        | \(<14.0\)                                        | \(<19.1\)                         | \(<3.7\)                        | [1, 10]|
| COS-13679     | 0.8            | \(<0.8\)                                         | \(<0.8\)                                         | \(<1.4\)                          | \(<0.4\)                        | [1, 6] |
| COS-2987      | 1.6 \pm 0.5\(^{(b)}\) | \(<1.6\)                                        | \(<1.6\)                                        | \(<2.3\)                          | \(<0.2\)                        | [4, 6] |
| VR7           | 1.6 \pm 0.1    | \(<21.0\)                                        | \(<21.0\)                                        | \(<27.9\)                         | \(<1.8\)                        | [5, 11]|

Notes. We assume 20% uncertainties on the $r_{UV}$ when they are not provided. \(^{(a)}\)UV radius of the largest component of a multi-component system, \(^{(b)}\)UV radius is estimated to be one half of the C III] radius.

References. Redshift, $r_{UV}$, and C III] flux references: [1] This work, [1] Carniani et al. (2018a), [2] Bradač et al. (2017), [3] Vanzella et al. (2010), [4] Smit et al. (2018), [5] Matthee et al. (2019), [6] Laporte et al. (2017), [7] Stark et al. (2015), [8] Hutchison et al. (2019), [9] Zabl et al. (2015), [10] Sobral et al. (2018), [11] Matthee et al. (2017b).

Table 3. $\beta_{UV}$ slope and UV attenuation at 1900 Å for three z > 5 galaxies with C III] and [C II] detections.

| ID            | $\beta_{UV}$ | $A_{1900}$ | Ref. |
|---------------|--------------|------------|------|
| HZ10          | $-1.92^{+0.24}_{-0.34}$ | 0.6 \pm 0.1 | [1]  |
| COS-3018      | $-1.22 \pm 0.51$ | 2.0 \pm 0.8 | [2]  |
| A383-5.2      | $-2 \pm 0.7$  | 0.5 \pm 0.2 | [3]  |
| z7_GND_42912  | $-1.4 \pm 0.4$ | 1.7 \pm 0.5 | [4]  |

References. $\beta_{UV}$ slope references: [1] Barisic et al. (2017), [2] Smit et al. (2018), [3] Matthee et al. (2019), [4] Schaerer et al. (2015).

The absorption law slope for local starbursts found by Meurer et al. (1999) is consistent with the Calzetti dust attenuation law (Calzetti et al. 2000). Thus, the intrinsic C III] flux of high-z sources can be derived from the observed C III] flux using the Calzetti attenuation law as:

$$F_{CIII}^{int} = F_{CIII}^{obs} \times 10^{0.4A_{1900}}. \quad (7)$$

For HZ10, we derived the intrinsic flux of the C III] line of $6.5 \pm 2.0 \times 10^{-17}$ erg s$^{-1}$ cm$^{-2}$, which is higher than the observed value by a factor of $\approx 1.8$.

We derived the intrinsic surface brightness of the C III] line as:

$$\Sigma_{CIII}^{int} = \frac{L_{CIII}^{int}}{2\pi r_{UV}^2}. \quad (8)$$

where $r_{UV}$ is the UV radius in kpc tracing the C III] emitting ionized phase of the ISM, $L_{CIII}^{int} = 4\pi D_L^2 F_{CIII}$ is the intrinsic luminosity in solar luminosity $L_\odot$ and $D_L$ is the luminosity distance in Mpc. For the z7_GND_42912 source, we derive the UV radius $r_{UV}$ using the Hubble Space Telescope (HST) Wide-Field Camera 3 (WFC3) image of the galaxy in the F160W filter, as well as the QFitsView\(^7\) and Aladin\(^8\) astronomical tools. We fit

\(^7\) https://www.mpe.mpg.de/~ott/QFitsView/

\(^8\) https://aladin.u-strasbg.fr/
the image of the galaxy with an elliptical Gaussian and measure the FWHM in pixels. Next, we derived the FWHM in $''$, deconvolved by the FWHM of the point-spread function (PSF) for the (HST) WF3 camera of FWHM$_{PSF} = 0.18 \pm 0.01$ arcsec (e.g., Law et al. 2012). Finally, we derived the deconvolved UV radius in kpc. For most of the galaxies included in our analysis, we use $r_{UV}$ from the literature. For UVISTA-Z-002, COS-3018, and COS-2987, $r_{UV}$ is not measured in the literature, so we assume $r_{UV} \sim 0.5$ $\tau_{[C\text{II}]}$, following Carniani et al. (2018a). For six intermediate-z galaxies, we estimate the UV radii $r_{UV}$ using the HST Advanced Camera for Surveys (ACS) images in the $B$ magnitude, with a FWHM$_{PSF} = 0.08$ arcsec (e.g., Windhorst et al. 2011) and following the above-mentioned procedure. The spectroscopic redshift, UV radius, observed, and intrinsic C II line emission flux, C III] intrinsic luminosity and C III] intrinsic surface brightness of the entire galaxy sample used in this work are given in Table 2.

6.2. [C II] line emission and SFR

For UVISTA-Z-002, we fit the observed [C II] line emission with a Gaussian from which we derived an integrated flux of 35.5 ± 7.7 mJy beam$^{-1}$ km s$^{-1}$, with a S/N = 4.5 and a FWHM = 45.2 ± 7.6 km s$^{-1}$. Peak of the Gaussian is at 1204.1 $\mu$m, corresponding to a spectroscopic redshift of $z_{\text{obs}} = 6.634 \pm 0.004$, which is consistent with the previous measurement of the photometric redshift $z_{\text{ph}} = 6.75$, with uncertainties in the range of $\Delta z_{\text{ph}} = 0.07 - 0.09$ (Bouwens et al. 2022). Next, we derived the [C II] surface brightness $\Sigma_{[\text{CII}]}$ as:

$$\Sigma_{[\text{CII}]} = \frac{L_{[\text{CII}]}}{2\pi r_{[\text{CII}]^2}}, \quad (9)$$

where $L_{[\text{CII}]} = 1.04 \times 10^{-3} S_{[\text{CII}]} D_{L}^{2}$ is [C II] luminosity in units of solar luminosity from Carilli & Walter (2013), $S_{[\text{CII}]}D_{L}$ is the velocity integrated flux of the [C II] line, $D_{L}$ is the luminosity distance in Mpc, $\nu_{\text{obs}}$ is the observed frequency in GHz, and $r_{[\text{CII}]}$ is the [C II] radius in kpc. For UVISTA-Z-002, we measure $r_{[\text{CII}]}$ from the ALMA continuum-subtracted, [C II] line map, and the imfit task of the CASA software (version-6.4.0-16). We fit the [C II] emitting region of the source with an elliptical Gaussian and measure the beam-deconvolved FWHM in $''$, from which we derived the $r_{[\text{CII}]}$ in kpc. For the other sources from our sample, we used the $r_{[\text{CII}]}$ values from the literature when available or we assume $r_{[\text{CII}]} \sim 2r_{\text{UV}}$ following Carniani et al. (2018a).

To constrain the ISM parameters with the Vallini et al. (2020) method, we also included the total SFR per unit area, which is derived as:

$$\Sigma_{\text{SFR}} = \frac{\text{SFR}}{2\pi r_{\text{UV}}^2}, \quad (10)$$

where SFR = SFR$_{UV} +$ SFR$_{IR}$ is the total SFR and $r_{\text{UV}}$ is the UV radius tracing the extension of the star-forming regions (Carniani et al. 2018a). We either make use of the SFR$_{UV}$ and SFR$_{IR}$ given in the literature, converted to the Kennicutt & Evans (2012) scaling relations, when necessary; or we constrain these parameters using the corresponding UV and IR luminosities, along with the scaling relations of Kennicutt & Evans (2012). For GDS3073 and the $z \sim 2$ sources of our sample, the UV luminosity $L_{UV}$ is not reported in the literature. Therefore, for these objects we computed the $L_{UV}$ from the absolute magnitudes corresponding to rest-frame UV (Graziani et al. 2020). Moreover, for some high-z galaxies no SFR$_{IR}$ estimates or only upper limits are provided in the literature. For those sources, we assumed SFR = SFR$_{UV}$. Table 4 shows the [C II] radius, luminosity and surface brightness, and total SFR and SFR per unit area for the full galaxy sample. Figure 3 shows [C II] surface brightness vs. C III] surface brightness, color-coded with the SFR per unit area, for our entire sample of galaxies. We observe that galaxies with high C III] and [C II] surface brightness tend to experience high SFR per unit area, although the data are scattered and most of the sources have only C III] upper limits.

6.3. ISM parameters: $\kappa$, $Z$, and $n$

In this section we exploit the C III] and [C II] emission to constrain the ISM properties of the selected sample. By adopting the model by Vallini et al. (2020), which depends on $\Sigma_{[\text{CII}]}$, $\sigma_{[\text{CII}]}$ and $\Sigma_{\text{SFR}}$, we can determine the total gas density $n$, gas-phase metallicity $Z$, and the deviation from the KS relation, quantified by the burstiness parameter $\kappa$.

We initially applied the Vallini et al. (2020) model on those galaxies that are detected both in C III] and [C II] emission. The results are reported in Table 5. For the other sources with upper limits on either the C III] or [C II] emission, we constrained the ISM parameters, assuming that the upper limits are measured values with uncertainties equal to 25% of the upper limit estimates. We report the derived values for these sources in Table C.1 (Appendix C). The detected high-z galaxies have a gas-phase metallicity in the range 0.2 $Z_{\odot} \leq Z \leq 0.6$ $Z_{\odot}$ and a total gas density in the range 2.4 $\leq \log (n/[cm^{-3}]) \leq 3.4$. On average, all galaxies deviate from the KS relation by about one order of magnitude (1.1 $\leq \log (\kappa_z) \leq 1.4$). This implies that these early galaxies are mostly in a starburst phase, with a higher star formation rate with respect to their gas content. Furthermore, the available data at $5 < z < 7$ suggest that the KS relation is not universal and it might be shifted upwards at higher redshift (Vallini et al. 2021; Pallottini et al. 2022; see Carilli & Walter 2013 and Krumholz 2015 for reviews).

We note that Pavesi et al. (2019) derived a lower $\kappa_z$ parameter log $(\kappa_z) \approx -1$ for HZ10, by observing the CO(2-1) line, which implies a low star formation efficiency for this source. The conflict between the two results can be explained by the fact that Pavesi et al. (2019) estimated the gas mass by adopting a large CO-to-M$_{Gas}$ conversion factor $\alpha_{CO} = 4.5 M_\odot (K\text{ km s}^{-1}\text{ pc}^{2})^{-1}$, a value that is close to the Galactic conversion factor $\alpha_{CO} = 4.36 M_\odot (K\text{ km s}^{-1}\text{ pc}^{2})^{-1}$ (Bolatto et al. 2013). Although the Galactic conversion factor is a derived value for Milky Way and normal, star-forming galaxies in the local Universe, it may not be applicable for more extreme environments of starburst galaxies at high-z (see Carilli & Walter 2013 for a review). The conversion factor depends on the physical conditions of the gas in the ISM (temperature, surface density, dynamics, and metallicity), as well as the star formation and associated feedback (Narayanan et al. 2011, 2012; Genzel et al. 2012; Feldmann et al. 2012; Renaud et al. 2019; see, e.g., Bolatto et al. 2013 for a review). It is typically in the range between 0.8 and 4.36 $M_\odot (K\text{ km s}^{-1}\text{ pc}^{2})^{-1}$ (see, e.g., Bolatto et al. 2013; Carilli & Walter 2013, and Combes 2018 for reviews). Low metallicities ($Z = 0.6 Z_\odot$ for HZ10) will drive $\alpha_{CO}$ towards values higher than the Galactic value (Narayanan et al. 2012; Genzel et al. 2012; Poping et al. 2014), although $\alpha_{CO}$ spans a broad range of values of $\alpha_{CO} \sim 0.4-11 M_\odot (K\text{ km s}^{-1}\text{ pc}^{2})^{-1}$, due to large uncertainties (see, e.g., Fig. 9 of Bolatto et al. 2013). On the other hand, high values of temperature, surface density, and velocity dispersion in a
turbulent ISM of starbursts and merging systems will shift $\alpha_{\text{CO}}$ towards lower values (Narayanan et al. 2011, 2012; Vallini et al. 2018). HZ10 has an extremely high value of the burstiness parameter $\log(\kappa_s) \sim 1.4$ and high total density of the [C II] emitting gas $\log(n) \sim 3.35$ cm$^{-3}$, and it is also a multi-component system (Jones et al. 2017, Carniani et al. 2018a). Thus, for this source we assume $\alpha_{\text{CO}} = 0.8$ M$_{\odot}$ (K km s$^{-1}$ pc$^{-2}$)$^{-1}$, usually adopted for starburst galaxies (e.g., Downes & Solomon 1998; Bolatto et al. 2013). We obtained $\log(\kappa_s) = 0.53 \pm 0.34$, which is within the $2\sigma$ uncertainties of the $\log(\kappa_s) = 1.43_{-0.38}^{+0.52}$ estimated exploiting the [C III] emission and the Vallini et al. (2020) model.

Finally, we also note that the best-fit results estimated for COS-3018 are different from those reported by Vallini et al. (2020), even though both works are based on the same model and the C III] and [C II] emission. Vallini et al. (2020) found that COS-3018 is a moderate starburst with $\log(\kappa_s) \approx 0.5$, with a mean gas density $\log(n_{\text{cm}}^{-3}) = 2.7$ and a gas metallicity of Z $\approx 0.4$ Z$_{\odot}$. The derived ISM properties are consistent with our values, apart from the burstiness parameter, which is $\log(\kappa_s) \approx 1.1$. The high value of the $\kappa_s$ parameter derived in our work is mainly driven by the value of the intrinsic C III] flux which is by a factor of $\sim 6.5$ higher, namely, $F_{\text{C III]} \approx 8.5 \times 10^{-18}$ erg s$^{-1}$ cm$^{-2}$. On the other hand, Vallini et al. (2020) used a lower value of the observed C III] flux of $F_{\text{C III]} \approx 1.3 \times 10^{-18}$ erg s$^{-1}$ cm$^{-2}$ (Laporte et al. 2017), without considering the correction for the dust attenuation.

### 7. Discussion

In this section, we analyze the distribution of high-$z$ galaxies in the $\Sigma_{\text{C II]}-\Sigma_{\text{SFR}}$ space and compare it with the local relation from De Looze et al. (2014) and recent theoretical models. Next, we investigate the possible correlation between the ISM properties: $\kappa_s$, Z, and $n$, as well as the deviation from the local relation, namely, the $\Delta$ parameter.

#### 7.1. $\Sigma_{\text{C II]}-\Sigma_{\text{SFR}}$ relation

De Looze et al. (2014) found a tight relation between the [C II] emission and SFR for a sample of spatially resolved, low-metallicity dwarf galaxies in the local Universe, which can be expressed as:

$$\log(\Sigma_{\text{SFR}}) = -6.99 + 0.93 \log(\Sigma_{\text{C II]}).$$

We investigate whether this relation is still valid in the high-$z$ Universe. In Fig. 4, we show the [C II] surface brightness and SFR per unit area of our entire sample of high-$z$ (5.5 < $z$ < 7.5)
and intermediate-\(z\) (\(z \sim 2\)) galaxies. To increase our sample and cover a broader range of redshift as well as the \(\Sigma_{\text{CIII}}-SFR\) parameter space, we also include a subsample of 38 galaxies from the ALPINE survey at \(4 < z < 6\), for which \([\text{CII}]\) measurements and radii are well constrained and available in the literature (Le Fèvre et al. 2020; Fujimoto et al. 2020; Béthermin et al. 2020) and we derived their total SFR from the UV and IR luminosities (if the galaxies are detected in the IR).

All of the sources lie below the \(\Sigma_{\text{CIII}}-SFR\) local relation by De Looze et al. 2014 (Fig. 4, blue dashed line). This is consistent with the results of Carniani et al. (2018a) in a sample of \(z > 5\) star-forming galaxies. We note that part of the De Looze et al. (2014) local relation in Fig. 4 is an extrapolation of the actual relation found by De Looze et al. (2014), since their sample of spatially resolved dwarf galaxies covers a lower range of values in the \(\Sigma_{\text{CIII}}-SFR\) space, with \(4.5 \leq \log(\Sigma_{\text{CIII}})[L_\odot \text{kpc}^{-2}] \leq 7.0\) and \(-3 \leq \log(SFR[M_\odot \text{yr}^{-1}]) \leq 0\), compared to most high-\(z\) sources used in this work.

In Fig. 4, we report three \(\Sigma_{\text{CIII}}-SFR\) models by Ferrara et al. (2019) that fit the three high-\(z\) sources with both \([\text{CII}]\) and \([\text{CIII}]\) detections (dotted gray lines), for which the ISM properties are constrained in Sect. 6.3 (Table 5). We can notice that the model with fixed ISM properties of the HZ10 source (log(\(\kappa_\ast\)) \approx 1.43, \(Z = 0.6 Z_\odot\), and log(\(n/cm^3\)) = 3.35), passes through HZ10 and A383-5.2. However, this model overestimates the \(\kappa_\ast\) parameter in A383-5.2, because \(\kappa_\ast\) is mainly driven by very high \([\text{CII}]\) emission, which is not observed in A383-5.2. Therefore, the model with fixed ISM properties of the A383-5.2 source (log(\(\kappa_\ast\)) \approx 1.13, \(Z = 0.24 Z_\odot\), and log(\(n/cm^3\)) = 2.41) is clearly a better fit for the A383-5.2 galaxy.

Next, we show the best-fit model of our full sample (excluding \(Z7\_GND\_42912\)) and the ALPINE subsample (Fig. 4, solid purple line). The best-fit model for these high-\(z\) sources points to reasonable average values of subsolar metallicity \(Z = 0.24 Z_\odot\), high density log(\(n/cm^3\)) = 2.98, and a very high burstiness parameter log(\(\kappa_\ast\)) \approx 1.3 with respect to the local dwarf sample from De Looze et al. (2014). The high mean value of the \(\kappa_\ast\) parameter is another strong piece of evidence in favor of the KS relation being shifted upwards at higher-\(z\) (Vallini et al. 2021; Pallottini et al. 2022). We will discuss this aspect in more detail in an upcoming work.

Overall, these models show that the \([\text{CII}]\) faintness of high-\(z\) star-forming galaxies might be driven by a combination of high burstiness parameter, low metallicity, and total gas density. Clearly, it would be possible to fit a single source with multiple models since there is a degeneracy between the ISM parameters: \(Z, n, \kappa_\ast\). Therefore, besides the \([\text{CII}]\) line data, observations of an additional line tracing the ISM is necessary to resolve the degeneracy between these three parameters.

In Fig. 5, we show the deviation from the local \(\Sigma_{\text{CIII}}-SFR\) relation \(\Delta\) and the \(\text{CIII}\) over \([\text{CII}]\) surface brightness ratio, color-coded by the total SFR per unit area \(SFR\). The \(\Delta\) parameter is generally decreasing, namely, |\(\Delta\)| is increasing, with the increase of the \(\Sigma_{\text{CIII}}/\Sigma_{\text{CII}}\) ratio and \(SFR\), as expected from the model of Vallini et al. (2020). We overplot the grid of model predictions with fixed \(Z\) and \(n\), allowing for \(\kappa_\ast\) and \(SFR\) to vary in a broad range of values of \(0 \leq \log(\kappa_\ast) \leq 2.4\) (Fig. 5, A172, page 10 of 16)
The top panel shows an example of a model prediction for high-$z$ galaxy star-forming density, with the burstiness parameter varying in a range of $[\text{C} \text{II}]$ over $[\text{C} \text{III}]$. Gaaxies detected both in $[\text{C} \text{II}]$ and $[\text{C} \text{III}]$ emission are annotated. We plot a grid of model predictions with fixed metallicity and gas density, with the burstiness parameter varying in a range of $0 \leq \log (k_s) \leq 2.4$ i.e., $k_s = 1, 5, 10, 30, 50, 100, 250$ (dotted lines), and $\log (\Sigma_{\text{SFR}} [M_\odot \text{yr}^{-1}])$ in $-0.5 \leq \log (\Sigma_{\text{SFR}} [M_\odot \text{yr}^{-1}]) \leq 2.5$ (solid lines). The top panel shows an example of a model prediction for high-$z$ galaxies with ISM properties similar to HZ10, with solar metallicity $Z = Z_\odot$ and gas density close to critical density of $\log (n[\text{cm}^{-3}]) = 3.3$. Bottom panel shows predictions for typical high-$z$ galaxies with subsolar metallicity $Z = 0.5 Z_\odot$ and $\log (n[\text{cm}^{-3}]) = 2.5$.

![Fig. 5](image-url)  
**Fig. 5.** Deviation from the local $\Sigma_{\text{CIII}}$-$\Sigma_{\text{SFR}}$ relation $\Delta$ vs. the $[\text{C} \text{II}]$ surface brightness ratio, color-coded by the SFR per unit area $\Sigma_{\text{SFR}}$. Galaxies detected both in $[\text{C} \text{II}]$ and $[\text{C} \text{III}]$ are represented as filled circles. Linear fit on the detected sources is shown as a blue line with $1\sigma$ uncertainties as a shaded region.

7.2. Correlation between the deviation and ISM properties

We now assess whether the $[\text{C} \text{II}]$ deficit depends on the ISM properties. In particular, we investigate the relation between the $\Delta$ parameter and ISM properties, focusing mostly on the $k_s$ and $n$, because $Z$ is not well constrained by the model.

Since, in our sample, we have only three galaxies for which $k_s$ and $n$ are well constrained, in this part of our analysis, we include a sample of galaxies in the EoR at $6 < z < 9$ from Vallini et al. (2021). This method is equivalent to the Vallini et al. (2020) method9 used in this work, with the exception of a different line used as a ionized gas tracer, namely: the $[\text{O} \text{III}]$ line at $\lambda = 88\mu m$.

In Fig. 6, we report the burstiness parameter $k_s$ and the deviation from the $\Sigma_{\text{CIII}}$-$\Sigma_{\text{SFR}}$ relation $\Delta$. Next, we explore the correlation between the $k_s$ and $\Delta$ by using the Spearmann rank correlation, resulting into a correlation coefficient of $p \approx -0.27$ and the $p$-value of $p = 0.35$. Thus, current data seem to indicate that the $[\text{C} \text{II}]$ deficit is anti-correlated to the burstiness parameter, but it is not statistically significant. From the best-fit on the detected $z > 5$ sources we see that $k_s$ is increasing with the decrease of the $\Delta$ parameter, that is, as galaxies undergo a larger deviation from the local De-Looze relation, $|\Delta|$ is increasing if they are in a more “bursty” phase (Fig. 6, blue line). This is expected, since intense radiation fields emitted by young massive stars in starburst galaxies with $k_s \gg 1$ are strong enough to photo-evaporate molecular clouds (Decataldo et al. 2019) and the PDRs bound to them, from where the bulk of the $[\text{C} \text{II}]$ emission originates (Vallini et al. 2015, 2017). Consequently, strong UV radiation will alter the ionization state of the bulk of the gas, including carbon, which will emit more in $[\text{C} \text{II}]$ or higher ionization states (e.g., Ferrara et al. 2019; Vallini et al. 2020). Therefore, these starbursts are expected to deviate from the local $\Sigma_{\text{CIII}}$-$\Sigma_{\text{SFR}}$ relation.

---

9 GLAM (Galaxy Line Analyzer with MCMC) code is publicly released on GitHub (https://lvallini.github.io/MCMC_ galaxyline_analyzer/)
Figure 7 illustrates the total gas density $n$ as a function of the deviation from the local De-Looze relation $\Delta$ for high-$z$ galaxies. We derive the Spearman correlation coefficient of $\rho \approx 0.86$ and the $p$-value of $p = 5.68 \times 10^{-5}$. Thus, the total gas density, $n$, shows the strongest correlation with the $\Delta$ parameter out of any ISM property considered in this work. The best fit on the detection points shows that sources with low density, $n$, tend to experience a larger deviation from the local De-Looze relation. This agrees with the interpretation of Ferrara et al. (2019), who found that extremely diffuse high-$z$ systems with $n < 20 \text{ cm}^{-3}$ will have a low [C II] surface brightness (e.g., CR7c with $\Sigma_{\text{CII}} \sim 10^3 \text{ L}_\odot \text{ kpc}^{-2}$). This is primarily a consequence of the fact that the [C II] emitting region can be spatially more extended than their star-forming region (Carniani et al. 2018a; Fujimoto et al. 2019). The extended [C II] emission may originate from the outflowing [C II] emitting gas or the [C II] circumgalactic medium, whereas the star-forming region, traced by the rest-frame UV emission, may be heavily dust-obscured (Carniani et al. 2018a; Galli et al. 2018; Fujimoto et al. 2019). Furthermore, low density systems at high-$z$ tend to experience more CMB suppression effects on the [C II] line emission (Kohandel et al. 2019). Finally, in low-density systems, FUV photons may be able to penetrate deeper into the ISM and ionize more of its gas, which will lead to carbon emitting less in [C II] and more in higher ionization states.

8. Summary and conclusions

In this work, we present an analysis of the novel VLT/X-shooter observations targeting the [C III] line emission in three high-$z$ galaxies: HZ1 at $z \sim 5.69$, HZ10 at $z \sim 5.66$, and RXJ 1347−1216 at $z \sim 6.77$. We have included the archival VLT/X-shooter data of two other sources: GDS3073 at $z \sim 5.56$ and UVISTA-Z-002 at $z \sim 6.63$. We have also included the VLT/MUSE archival data of six galaxies at $z \sim 2$. We have extended our sample of galaxies with 11 star-forming systems at $6.0 < z < 7.5$ with [C III] and [C II] detection or upper limits reported in the literature. We have combined the data on the [C III] surface brightness $\Sigma_{\text{CIII}}$, [C II] surface brightness $\Sigma_{\text{CII}}$, and SFR per unit area $\Sigma_{\text{SFR}}$ with the model of Vallini et al. (2020), to characterize the ISM properties of high-$z$ galaxies: the burstiness parameter, $\kappa_z$, metallicity, $Z$, and total gas density, $n$. Finally, we have investigated the correlation of the different ISM properties with the deviation from the local $\Sigma_{\text{CIII}}$–$\Sigma_{\text{SFR}}$ relation found by De Looze et al. (2014). Our main results are:

1. The X-shooter observations reveal a line emission associated with the blended [C III] $\lambda1907, 1909$ doublet line in the HZ10 source. We extracted the 1D spectrum and measured an integrated flux of the [C III] $\lambda1907, 1909$ line of $8.8 \pm 2.1 \times 10^{-17} \text{ erg s}^{-1} \text{ cm}^{-2}$. We derived the [C III] $\lambda1909$ integrated flux of $3.7 \pm 1.1 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2}$, assuming the [C III] $\lambda1907/\text{CIII} \lambda1909$ line ratio of $1.4 \pm 0.2$. For the other two targets: HZ1, RXJ 1347−1216, and other galaxies drawn from the archive, we placed $3\sigma$ upper limits on the [C III] line flux (Table 2).

2. We correct the observed [C III] line flux for the dust attenuation, using the Calzetti attenuation law (Calzetti et al. 2000), for HZ10 and a handful of other $z > 6$ galaxies: COS-3018, A383-5.2 and Z7_GND_42912, with C III] emission reported in the literature. For HZ10, we derived the intrinsic [C III] line flux of $6.5 \pm 2.0 \times 10^{-17} \text{ erg s}^{-1} \text{ cm}^{-2}$.

3. We derived an integrated flux of $35.5 \pm 7.7 \text{ mJy beam}^{-1} \text{ km s}^{-1}$ of the [C III] line emission for the UVISTA-Z-002 galaxy. For the other galaxies from our sample, we included the [C III] line luminosity from the literature. For our analysis, we also included the total SFR data, either from the literature or derived from the UV and IR luminosities (Table 4).

4. We characterized the burstiness parameter, $\kappa_z$, total gas density, $n$, and metallicity, $Z$, with the use of the C III] and [C II] emission and Vallini et al. (2020) model. High-$z$ star-forming galaxies predominantly show subsolar metallicities. The majority of all the high-$z$ sources are in the starburst phase with $\log (\kappa_z) \gtrsim 1$, implying that the $\Sigma_{\text{SFR}}$–$\Sigma_{\text{gas}}$ relation is shifted upwards at early epochs.

5. We constrain the burstiness parameter $\log (\kappa_z) = 1.43^{+0.38}_{-0.53}$ for HZ10. This is not consistent with $\log (\kappa_z) \approx -1$, found by Pavesi et al. (2019). Using CO measurements of Pavesi et al. (2019) and assuming a lower conversion factor $\alpha_{\text{CO}} = 0.8 \text{ M}_\odot (\text{K km s}^{-1} \text{ pc}^{-1})^{-1}$, we obtain $\log (\kappa_z) = 0.53 \pm 0.34$. This value is approximately within the $2\sigma$ uncertainties of the $\log (\kappa_z)$ estimated using the C III] emission and the Vallini et al. (2020) model.

6. We confirm that the high-$z$ galaxies generally lie below the $\Sigma_{\text{CIII}}$–$\Sigma_{\text{SFR}}$ local relation by De Looze et al. (2014), in agreement with the literature. The $\Sigma_{\text{CIII}}$–$\Sigma_{\text{SFR}}$ relation for high-$z$ galaxies deviates from the simple power law and saturates at $\log (\Sigma_{\text{CIII}}|L_\odot \text{ kpc}^{-2}) \approx 7 - 8$, in agreement with the models from Ferrara et al. (2019) and simulations from Pallottini et al. (2019).

7. Current observations show a weak anti-correlation between the deviation from the $\Sigma_{\text{CIII}}$–$\Sigma_{\text{SFR}}$ relation and the $\kappa_z$ parameter. Galaxies that are more “bursty” undergo a larger deviation from the local De Looze relation, which is in agreement with theoretical models.

8. The total gas density, $n$, shows the strongest correlation with the deviation from the local $\Sigma_{\text{CIII}}$–$\Sigma_{\text{SFR}}$ relation. Sources with low total gas density, $n$, tend to undergo a larger deviation from the local De Looze relation, in agreement with the interpretation of Ferrara et al. (2019) for extremely diffuse high-$z$ galaxies.

In the near future, the synergy between ALMA and JWST will provide observations of [C II] line and nebular emission lines, including the [C III] line, of a large sample of the first galaxies in the EoR. These data will allow us to characterize the ISM
Stark, D. P., Ellis, R. S., Charlot, S., et al. 2017, MNRAS, 464, 469
Vallini, L., Gallerani, S., Ferrara, A., Pallottini, A., & Yue, B. 2015, ApJ, 813, 36
Vallini, L., Ferrara, A., Pallottini, A., & Gallerani, S. 2017, MNRAS, 467, 1300
Vallini, L., Pallottini, A., Ferrara, A., et al. 2018, MNRAS, 473, 271
Vallini, L., Ferrara, A., Pallottini, A., Carniani, S., & Gallerani, S. 2020, MNRAS, 495, L22
Vallini, L., Ferrara, A., Pallottini, A., Carniani, S., & Gallerani, S. 2021, MNRAS, 505, 5543
Vanzella, E., Grazian, A., Hayes, M., et al. 2010, A&A, 513, A20
Vernet, J., Dekker, H., D’Odorico, S., et al. 2011, A&A, 536, A105
Vijayan, A. P., Lovell, C. C., Wilkins, S. M., et al. 2021, MNRAS, 501, 3289
Willott, C. J., Carilli, C. L., Wagg, J., & Wang, R. 2015, ApJ, 807, 180
Windhorst, R. A., Cohen, S. H., Hathi, N. P., et al. 2011, ApJS, 193, 27
Wolfire, M. G., McKee, C. F., Hollenbach, D., & Tielens, A. G. G. M. 2003, ApJ, 587, 278
Wolfire, M. G., Vallini, L., & Chevance, M. 2022, ARA&A, submitted [arXiv:2202.05867]
Zabl, J., Nørgaard-Nielsen, H. U., Fynbo, J. P. U., et al. 2015, MNRAS, 451, 2050
Zanella, A., Daddi, E., Magdis, G., et al. 2018, MNRAS, 481, 1976
Appendix A: NIR spectroscopy of galaxies

Fig. A.1. X-Shooter NIR spectrum of the HZ1 galaxy. Top panel shows the combined, rebinned (\(\sim 85 \text{ km s}^{-1}\)), and smoothed (0.7 nm \(\times 0.12''\)) 2D spectrum. The bottom three panels illustrate the extracted 1D spectra rebinned by \(\sim 210 \text{ km s}^{-1}\), \(\sim 170 \text{ km s}^{-1}\), and \(\sim 140 \text{ km s}^{-1}\), respectively. Expected positions of the [C\(\text{III}\)] \(\lambda 1907\) at \(\lambda = 1276.9 \text{ nm}\) and C\(\text{II}\) \(\lambda 1909\) line at \(\lambda = 1275.6 \text{ nm}\), based on the Ly\(\alpha\) spectroscopic redshift, are shown as yellow and red lines, respectively. Shaded blue regions indicate the flux, dotted lines indicate the uncertainties, whereas the orange solid line is the best Gaussian fit.

Fig. A.2. X-Shooter NIR spectra of the RXJ 1347-1216 galaxy. Top panel shows the combined, rebinned (\(\sim 75 \text{ km s}^{-1}\)), and smoothed (0.7 nm \(\times 0.12''\)) 2D spectrum. The bottom three panels illustrate the extracted 1D spectra rebinned by \(\sim 180 \text{ km s}^{-1}\), \(\sim 145 \text{ km s}^{-1}\), and \(\sim 120 \text{ km s}^{-1}\), respectively. Expected positions of the [C\(\text{III}\)] \(\lambda 1907\) at \(\lambda = 1480.7 \text{ nm}\) and C\(\text{II}\) \(\lambda 1909\) line at \(\lambda = 1482.3 \text{ nm}\), based on the Ly\(\alpha\) spectroscopic redshift, are shown as yellow and red lines, respectively. Labels are the same as in Fig. A.1.

In Figs. A.1, A.2, A.3, and A.4, we show the X-Shooter NIR spectra of the observed \(z > 5.5\) galaxies with C\(\text{III}\) line nondetection. We show the combined, rebinned, and smoothed 2D NIR spectra (top panels) and the extracted 1D spectra rebinned in wavelength by 15, 12, and 10 spectral channels, respectively (bottom panels). Shaded blue regions indicate the flux, dotted lines indicate the uncertainties, whereas orange solid line is the best Gaussian fit on the 1D spectra rebinned by 15 channels. Expected positions of the [C\(\text{III}\)] \(\lambda 1907\) and C\(\text{II}\) \(\lambda 1909\) line, based on the Ly\(\alpha\) spectroscopic redshift, are shown as yellow and red lines, respectively.

In Fig. A.5, we show stacked 1D spectrum of six \(z \sim 2\) galaxies from the MUSE sample. The stacked spectrum is the weighted average of the rest-frame UV spectra of the six \(z \sim 2\) galaxies. The 1D spectra are rebinned to a have identical spectral resolution set to \(\Delta \lambda = 0.05 \text{ nm}\). We partially remove the skyline emission from the 1D spectra by subtracting the individual 1D galaxy spectrum by the 1D spectrum extracted from a \(r = 5''\) region close to the galaxy. Wavelengths with skyline contamination are shown as vertical gray regions.

Appendix B: Posterior distributions of the ISM parameters

We report the corner plot (Foreman-Mackey 2016) that illustrates the 1D and 2D projections of the posterior probability distribution of the ISM parameters: \(\log (n[\text{cm}^{-3}])\), \(\log (Z/Z_{\odot})\), and \(\log (\kappa)\), for the HZ10 galaxy. For the total gas density \(\log (n)\)
parameter, we set an upper limit on the prior log (n[cm$^{-3}$]) = 3.5, namely, a value close to the critical density of the emitting gas (e.g., Ferrara et al. 2019). Although it might be possible for the MCMC walkers to go beyond this limit, sources with such high mean density are not very probable, because this would imply that the average density of the galaxy is much higher than the typical average density of n $\approx$ 300 cm$^{-3}$ found for high-z mock galaxies from the SERRA simulations (Pallottini et al. 2019).

### Appendix C: ISM properties of sources with upper limits on carbon lines

Most of the sources of our sample have upper limits on either the C III] or [C II] emission. To be able to derive their ISM properties using the Vallini et al. (2020) model, we need to treat the upper limits on the carbon line as measured values and we assume that the uncertainties are equal to 25% of the upper limit estimates. With this procedure, we derive the $\kappa_s$, Z, and n parameters. The derived values for these sources are given in Table C.1.

| ID          | log ($\kappa_s$) (Z$_\odot$) | log (n) (cm$^{-3}$) |
|-------------|------------------------------|---------------------|
| HZ1         | 0.68                         | 0.53                | 3.07               |
| RXJ1347-1216| 1.34                         | 0.31                | 2.63               |
| GDS3073     | 2.32                         | 0.68                | 3.45               |
| UVISTA-Z-002| 1.40                         | 0.20                | 2.03               |
| z7_GND_42912| 1.67                         | 0.58                | 3.13               |
| Himiko      | 0.85                         | 0.19                | 2.45               |
| CR7         | 1.91                         | 0.25                | 2.90               |
| CR7a        | 1.86                         | 0.32                | 2.86               |
| CR7b        | 1.41                         | 0.41                | 2.85               |
| CR7c        | 1.46                         | 0.29                | 2.84               |
| COSMOS13679 | 1.10                         | 0.27                | 2.33               |
| COS-2987    | 0.71                         | 0.27                | 2.35               |
| VR7         | 1.27                         | 0.38                | 2.76               |
| 9347        | 1.02                         | 0.23                | 2.43               |
| 6515        | 1.19                         | 0.34                | 2.70               |
| 10076       | 1.42                         | 0.44                | 2.90               |
| 9834        | 2.26                         | 0.51                | 3.40               |
| 9681        | 1.46                         | 0.46                | 2.89               |
| 8490        | 1.44                         | 0.38                | 2.80               |