Microalgae Biomolecules: Extraction, Separation and Purification Methods

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Abstract: Several microalgae species have been exploited due to their great biotechnological potential for the production of a range of biomolecules that can be applied in a large variety of industrial sectors. However, the major challenge of biotechnological processes is to make them economically viable, through the production of commercially valuable compounds. Most of these compounds are accumulated inside the cells, requiring efficient technologies for their extraction, recovery and purification. Recent improvements approaching physicochemical treatments (e.g., supercritical fluid extraction, ultrasound-assisted extraction, pulsed electric fields, among others) and processes without solvents are seeking to establish sustainable and scalable technologies to obtain target products from microalgae with high efficiency and purity. This article reviews the currently available approaches reported in literature, highlighting some examples covering recent granted patents for the microalgae's components extraction, recovery and purification, at small and large scales, in accordance with the worldwide trend of transition to bio-based products.

Keywords: biomolecules; chromatography; cell disruption; microalgae; purification; supercritical fluids

1. Introduction

Microalgae are unicellular or simple multicellular photosynthetic microorganisms, which can normally be found in aquatic environments such as freshwater, seawater, or hypersaline lakes. These organisms can be eukaryotic or prokaryotic, the latter being the cyanobacteria, which are commonly referred to as microalgae. There are numerous microalgae species, some of which can grow in high salinity waters, having the advantage of reducing the contamination incidence and expanding its applications [1].

Microalgae can be cultivated photoautotrophically in closed photobioreactors or open ponds, using sunlight, CO2 and inorganic nutrients to grow, producing biomass and O2. However, conventional large-scale photoautotrophic production suffers from low biomass density due to light restrictions that hinder the cells growth, which dramatically increases production cost. Alternatively, microalgae can be grown under mixotrophic or heterotrophic conditions, respectively in the presence and absence of light, adding organic carbon as a nutrient, which has become a common practice for commercial production, increasing the productivity of algal biomass [2].

When compared to higher plants, microalgae have some advantages, such as higher productivity, lack of seasonality and, in the case of biofuel production, do not compete with human food [3,4]. Their remarkable biotechnological potential to produce a range of biocomponents such as pigments [5], lipids [6], polysaccharides [7], biopolymers [8], proteins [9], and vitamins [10], among others, has been widely addressed in the literature.
Most of these bioproducts are stored intracellularly, which requires rupture of the cell wall for their recovery (Figure 1).

![Figure 1. First steps in microalgae production, from cultivation to harvesting and cell disruption, for extraction or recovery of intracellular and extracellular components [11,12].](image)

There are several techniques for cell disruption, which can be applied with greater or lesser degrees of success, depending on the characteristics of the cell wall of a given microalgal species. The rigidity of the cell wall can be provided, for example, by high levels of polysaccharides in the cell wall structure, such as glucose and mannose, present in *Chlorella zofingiensis*, or by complex sugars composition such as arabinose, galactose, rhaminose, mannose and xylose, as found in *Tetraselmis sueca* and *T. striata*. Another extremely resistant component is a non-hydrolyzable biopolymer, called algaenan or sporopolllein. This biopolymer is composed of long ω-hydroxy fatty acids chains linked by several types of chemical bond, which confer its rigid properties. Algaenan can be found in some species such as *Chlorella* spp., *Nannochloropsis galditana* and *Scenedesmus* spp. On the other hand, cell walls composed of peptidoglycan, as found in *Arthurspira* spp., are less rigid and, consequently, more susceptible to degradation [13,14].

In this sense, several authors have studied the effect of different cell disruption techniques in order to enhance the recovery of the intracellular target product. Larrosa et al. [15] tested three different cellular rupturing techniques (i.e., milling, microwave oven and autoclaving) to enhance the recovery of phycocyanin and phenolic compounds from *Spirulina* sp. (strain LEB-18). In addition, Gim and Kim [16] tested several experimental conditions to optimize six cell disruption methods applied to *Botryococcus braunii* LB572 biomass, including mechanical (sonication, bead-beater, autoclave, French-press and microwave) and non-mechanical (osmotic shock) methods. More recently, Martínez et al. [17] proposed the use of pulsed electric fields (PEF) for astaxanthin extraction from *Haematococcus pluvialis*, comparing the extraction efficiency of PEF with classical methods, such as bead-beating, ultrasound, freezing-thawing, thermal and chemical treatments.

Biomolecule recovery and purification may be limiting factors for the establishment of biotechnological processes, by making them economically less attractive than chemical ones [18]. However, the development of new, more efficient and sustainable technologies and processes can be the key to promote the transition to bio-based products [19]. In the following sections, the main technologies for cell disruption, selective extraction, recovery and purification of microalgae biomolecules are discussed. Hence, this paper reviews the most common methods for extracting and purifying different components from microalgal biomass. It presents examples of various microalgae species and the methods used to extract the desired components with each one.
2. Cell Disruption Methods

Methods for microalgae cell disruption comprise mechanical, physical or non-mechanical techniques, usually employed to disrupt or disintegrate the cellular membrane, this way increasing the recovery yield of the desired component (e.g., lipids, pigments, proteins) that can be isolated from biomass. Figure 2 shows the general differences between mechanical and non-mechanical cell-disruption methods.

![Cell disruption methods](image)

Figure 2. Comparison of different cell-disruption methods.

2.1. Mechanical and Physical Methods

Mechanical and physical methods may promote cell lysis through solid or liquid-shear forces (e.g., bead milling, high-speed or high-pressure homogenization) or energy transfer through waves (e.g., microwave irradiation, ultrasonication or laser), current (e.g., pulsed electric fields) or heat (e.g., autoclaving, freeze/thaw cycles, thermolysis).

2.1.1. Bead Milling

The cell disruption principle in bead mill machines is to promote mechanical cell damage by forcing the collision between the cells and the beads. This collision is promoted by a rotating shaft present in the grinding chamber. The diameter and load of the beads are important parameters with a direct influence on the cell disruption effectiveness [20]. The most common materials used in the beads are zirconium (high-density beads) and glass (low-density beads). Zirconium is preferred to process high viscosity media, while glass beads are more suitable for media with low viscosity [21].

In large-scale processes, techniques based on solid/liquid-shear forces are commonly employed due to their high efficiency and scale-up easiness. Furthermore, these methods avoid the contamination of chemical methods and preserve most of the biomolecules’ functionality when compared to chemical and thermal treatments. An optimized mechanical method for Chlorella’s cell wall disruption at industrial scale (i.e., milling chamber volume ≥500 dm³ and/or flow rate >1 m³.h⁻¹ and/or batch from 1 to 200 m³) has been described in the US patent n° 10465159B2 [22]. The inventors evaluated the effect of specific parameters, such as bead material (glass, zirconium silicate and zirconium oxide), diameter of milling beads (0.3 to 1.7 mm), chamber filling rate (80% to 90%), operational scheme (single or multiple mills in series), peripheral speed of milling disks (8 to 12 m.s⁻¹, limited to avoid abrasion issues) and cell density (20%, 25.2% and 31.9%) on the specific energy demand and productivity. The configuration recommended by the applicant
company in order to combine lower energy consumption with higher productivity is performed by lower diameter-zirconium silicate beads (0.3 to 0.6 mm) at 85–90% chamber filling rate, peripheral speed of milling disks between 11 and 12 m·s⁻¹ and moderate biomass concentration (25.2%) with several mills in series. It was demonstrated that moderate conditions are preferable to reduce energy consumption to achieve a target degree of milling. Despite high-density beads (based on zirconium) presenting high specific energy, the glass beads (low density) were not efficient, requiring more passes to achieve the same degree of milling, which also increases the specific energy. Therefore, in order to overcome this issue, the inventors combined the use of zirconium silicate, which is less dense than zirconium oxide, with lower diameter to reduce the number of passes required. The same criteria were applied to biomass concentration; higher concentrations lead to higher productivities, but also increase the energy consumption. Additionally, moderate peripheral speed was recommended to avoid excessive abrasion and the filling rate, however, did not present a significant impact on energy consumption among the tested conditions. It is also possible to reduce the specific energy consumption and the process cost by using higher dry cell weight concentrations (0.5–8% w/w) and higher biomass flow rates, but it will also have a negative impact on the cell disruption efficiency [21]. Thus, despite the many advantages of using bead milling, including this being a suitable technique for large-scale production, and the aforementioned optimizations, this process still has high energy consumption [23].

2.1.2. High-Speed Homogenization

High-speed homogenization (HSH) is a simple and effective method, in which the cells’ disruption is based on hydrodynamic cavitation caused by stirring at high speed (10,000–20,000 rpm) and shear forces at the solid–liquid interphase [21]. Despite presenting some drawbacks such as high energy consumption and protein denaturation, this technique is suitable for industrial scale and requires short processing time. It has been reported operational times of 30 or 60 s at 10,000 or 14,000 rpm for lipid and antioxidant extraction in *Nannochloropsis* sp., *Phaeodactylum tricornutum* and *Pavlova lutheri* [24,25].

González-Delgado and Kafarov [26] compared solvent assisted extraction with HSH and other solvent-based extraction methods for a microalgae biorefinery. The authors tested five microalgae species (*Nannochloropsis* sp., *Guinardia* sp., *Closterium* sp., *Amphiprora* sp. and *Navicula* sp.), concluding that despite the higher extraction yields achieved by combining polar and non-polar solvents, the solvent method presents high toxicity and lowest solvent recovery, increasing the process costs.

2.1.3. High-Pressure Homogenization

The high-pressure homogenization (HPH) method for cell disruption employs high pressure (=20–120 MPa) to promote turbulence, liquid-shear stress and friction. According to the cell wall properties, parameters such as operating pressure and number of homogenization passes can be optimized to enhance the process efficiency [27]. Additionally, other variables such as dry cell weight concentration, microalgae species and growth conditions, impacts on the specific energy consumption [21].

Bernaerts et al. [28] studied the impact of (ultra) high-pressure homogenization (U)HPH on the rigid cells of *Nannochloropsis* sp., achieving similar lipid extraction efficiency, using 250 MPa in half of the homogenization passes compared to 100 MPa. However, despite the effective reduction of homogenization passes, the high pressure also heated the sample, resulting in aggregation of the intracellular components released. Besides the reduction of specific energy in (U)HPH by using biomass concentrations up to 25% (w/w), the energy consumption of this technique is still high. However, Elain et al. [29] demonstrated a satisfactory specific energy consumption (0.41 kWh·kg⁻¹ biomass dry weight) of HPH in a study comparing the performance of this technique in mild conditions (e.g., of room temperature, neutral pH, shorter time, etc.) with conventional
thermal treatment (hot water) in cell disruption of *Arthrospira platensis*, also increasing 2.5-fold the yield of polysaccharides extraction.

Thus, the major drawbacks of HPH comprise the non-selectivity, the formation of undesirable cell debris and the limitation to break harder cell walls. However, despite these disadvantages, HPH is, together with bead milling and HSH, the preferred method for the industrial scale.

2.1.4. Microwave Irradiation

Microwave irradiation is a simple and scalable method for cell disruption. This method has a well-established optimal operational value for heating (2450 MHz) and the cell walls are disrupted by the electromagnetic effect induced by the microwave irradiance that interacts with polar (e.g., water) and dielectric molecules, also promoting local heating [30]. This method is not suitable when the target component is volatile, but it has been successfully reported as an effective cell disruption technique for lipid extraction. Also, the combination of microwave with solvents, called microwave-assisted extraction (MAE), has been reported as the technique with lower operational costs and extraction time than the conventional techniques, and higher lipid extraction than other non-conventional methods (e.g., ultrasound-assisted extraction) [31].

By comparing different cell disruption methods (autoclaving, bead-beating, microwaves, sonication and osmotic shock), followed by chemical lipid extraction, Lee et al. [32] proved that microwave was the most effective method for cell disruption of three microalgae species (*Botryococcus* sp., *Chlorella vulgaris* and *Scenedesmus* sp.). In addition, by using a microwave method, Dai et al. [33] achieved the highest lipids extraction yield (18 wt%) from commercial microalgae dry powder, in comparison with 14 wt% by heating and 5 wt% by ultrasound. Also, Viner et al. [34] compared microwave with several cell disruption methods (freeze-drying, ultrasonication, cooling, liquid nitrogen grinding, osmotic shock and switchable osmotic shock) prior to lipid extraction in *Scenedesmus* sp. using liquid CO₂ and methanol. The highest total lipids extraction yield (9.6 wt% of dry algae) was achieved using microwave in the presence of water. Recently, the use of ionic liquids in MAE has been studied as a greener technology to overcome the intrinsic toxicity of the conventional solvents (e.g., chloroform, methanol) [35,36].

2.1.5. Ultrasonication

The ultrasonication method for cell disruption is based on liquid-shear forces caused by emission of high frequency wave sounds (up to 15-20 kHz). In liquid, these sound waves create gas bubbles or cavities that, after a certain number of cycles, achieve a critical size, collapsing and releasing large amounts of energy. Additionally, acoustic cavitation occurs by increasing local temperature and forming hydroxyl radicals that damage the cell wall [20]. Besides being a scalable technique with low operational cost, it is possible to optimize some parameters (e.g., temperature, cell concentration, acoustic intensity and time) to partially disrupt the cells, resulting in selective release of proteins [27]. Moreover, the promising use of ultrasonication for large-scale treatment of microalgal biomass has been previously pointed out by Adam et al. [37] who suggested that, the large-scale ultrasound extraction reactors used in food and chemical industries, can be easily modified to perform an ultrasound-assisted extraction of microalgae biomolecules in amounts up to 200 kg·h⁻¹ of biomass dry weight. However, this technique is not very effective for some microalgae species and it is commonly combined with chemical treatments for efficiency improvement and to reduce energy demand [23,27].

2.1.6. Pulsed Electric Field

A pulsed electric field (PEF) has been described as an alternative method to overcome high energy consumption of classical mechanical methods based on solid/liquid-shear forces. Besides being energetically efficient and scalable, PEF also presents selectivity and
fast processing time. However, despite the low operational costs, equipment is expensive and the technique depends on medium conductivity, limiting its use [38]. The disruption mechanism induced by PEF is based on electroproportion as a result of transient membrane-permeabilization and electrophoretic movements into the cell caused by charged species [39]. The electroporation can be reversible (0.5–1.5 kV cm⁻¹, 0.5–5 kJ kg⁻¹), mostly used for genetic engineering or chemotherapy, or irreversible (10–20 kV cm⁻¹, 50–200 kJ kg⁻¹), being applicable for cell disruption and food processing [40].

Several parameters can influence PEF efficiency such as the electric field strength, pulse (shape, width), frequency, physicochemical parameters (temperature, pH and conductivity), operational time and cell wall properties [41]. Lam et al. [42] tested the use of PEF for protein release from Chlorella vulgaris and Neochloris oleobundans achieving the maximum of 13% even through use of 10–100 times higher energy than bead milling, which released 45–50% of proteins. On the other hand, Käferböck et al. [43] reported a 90% increase in phycocyanin extraction efficiency from Arthrospira maxima by combining freeze-thawing and PEF, in comparison to bead milling method. However, a recent study comparing PEF, high voltage electrical discharges (HVED) and ultrasonication on aqueous extraction of Nannochloropsis sp., Phaeodactylum tricornutum and Parachlorella kessleri components have demonstrated HVED is most effective for carbohydrates and ultrasonication for proteins and chlorophyll a extraction from these species [44]. These results demonstrate that despite being a promising technology, there are still challenges to overcome for its establishment as a suitable technology for mild or large-scale microalgae biorefinery. However, PEF is a widely employed technology in the food industry that counts on specialized companies that are also involved in projects, approaching the use of PEF to stimulate growth and improve extraction of high-value compounds from microalgae. The German company ELEA Technology, for example, has been running the project iAlgaePro (https://elea-technology.de/project/ialgaeapro/) since 2014. In this project the effectiveness of low-intensity PEF treatments to stimulate growth and also enhance the extraction of several compounds (e.g., phycocyanin, vitamins, polyphenols, lipids, among others) were demonstrated. The group reported significant difference between the phycocyanin extraction yield in PEF-treated (66.4 mg mL⁻¹) and non-treated (≤0.2 mg mL⁻¹) Spirulina biomass. Thus, this kind of initiative may accelerate the implementation of PEF in microalgae biorefineries.

2.1.7. Thermal Treatments

Thermal treatments are physical methods that use heat to promote cell disruption, such as thermolysis [45], autoclaving [15] and steam explosion [46,47]. Despite being simple technologies with low maintenance cost, the physical disruption is frequently associated with low efficiency, high energy consumption, generation of large amounts of undesirable cell debris and applicability limited by thermal resistance of the target product to be extracted. However, as shown in Table 1, steam explosion has many advantages compared to conventional thermal treatments. In this technique the biomass is exposed to high temperatures (160–290 °C), however, to pretreated microalgae biomass it is recommended to use lower temperatures to avoid degradation of the bioproducts, at vapor pressure between 1.03 and 3.45 MPa. The cell disruption occurs when the system is depressurized to return to room conditions [48,49]. Lorente et al. [46] tested four pretreatments (steam explosion, autoclaving, microwave and ultrasound) in three microalgae species (Nannochloropsis gaditana, Phaeodactylum tricornutum and Chlorella sorokiniana) to enhance lipid extraction using the Bligh and Dyer method. In this study, steam explosion as pretreatment showed the highest lipid yield for all species, especially for N. gaditana and C. sorokiniana. Furthermore, this technique promotes carbohydrates hydrolysis, forming aqueous phase rich in monomeric sugars suitable for subsequent fermentation.
In Table 1 are summarized the main mechanical and physical methods for cell disruption, highlighting the principle of cell disruption and the main advantages and disadvantages of each of them.
| Cell Disruption Method | Principle of Cell Disruption | Advantages | Disadvantages | Remarks | Equipment Available |
|------------------------|-----------------------------|------------|---------------|---------|---------------------|
| Bead milling [21,49,50] | Mechanical deformation by compaction and shear | • High disruption efficiency • Processes high loads of biomass • Good temperature control • Easily scalable • Equipment commercially available | • High energy demand • Non-selective procedure • Formation of very fine cell debris | Suitable for large-scale | Bead mill for cell disruption—model EDW (ELE® Company) |
| High-speed homogenization [21] | | • Simple • High disruption efficiency • Short contact times | • High energy demand • Protein denaturation | Preferable for large scale (not indicated for mild scale) | High-speed homogenizer and disperser (Intertech®) |
| Cavitation and shear | | | | | |
| High-pressure homogenization [17,20,50] | | • Easily scalable • Does not require cell drying • Suitable for processing large volumes | • Non-selective procedure • Use low dry cell weight concentrations, increasing energy demand and water footprint • Formation of very fine cell debris • Not effective to break hard cell walls • Reduces protein digestibility • No indicate for fragile compounds isolation | Suitable for emulsification processes • Preferable for large scale (not indicated for mild scale) | Ariete Series Homogenizers (©GEA Group) DeBEE 2000 series (©BEE International) |
| Microwave irradiation [17,21,50] | Increases temperature and molecular energy | • Easily scalable • Simple • Can be combined with selective extraction | • No indicate for volatile compounds isolation • Limited to polar solvents | Not recommended for mild microalgae biorefinery | MARS™6 Extraction (©CEM Corporation) |

| Specifications | |
|----------------|------------------------|
| Chamber volume: 5–400 L | |
| Power: 11–500 kW | |
| Speed: 0–480 to 0–1500 rpm | |
| Dimension: various | |
| Flow: 30–200 to >3000 L h⁻¹ | |
| Weight: 400–11,700 kg | |
| Volume: 750–1150 L | |
| Power: 5–75 hp | |
| Speed: 1000–2880 rpm | |
| Flow rate: 650–5200 L min⁻¹ | |
| Dimension: various | |
| Pressure: 100–1500 bar | |
| Flow: 35–80,000 L h⁻¹ | |
| Power: 10 hp | |
| Pressure: 1333–45,000 bar | |
| Flow rate: 0.5–2 L min⁻¹ | |
| Capacity: 55 L, up to 40 vessels | |
| Wattage: 2000 W | |
| Power density: 36 W L⁻¹ | |
| Cell Disruption Method | Principle of Cell Disruption | Advantages | Disadvantages | Remarks | Equipment Available | Specifications |
|------------------------|-----------------------------|------------|--------------|---------|-------------------|----------------|
| Ultrasonication [17,20,27] | Cavitation and free radical formation | • Easily scalable | • Low cell disruption efficiency for some microalgae species | Combination of ultrasound with different solvents can improve the effectiveness of cell disruption and reduce the energy demand | Industrial ultrasonic devices UIP series (Hielscher Ultrasonics) | Power: 0.5–16 kW Frequency: 18 or 20 kHz Flow rate: 0.25–10 m³ h⁻¹ |
| Pulsed electric fields [17,21] | Irreversible pore formation in cell membrane caused by short electrical pulses (electroporation) | • High disruption efficiency | • Can promote radical formation and undesired reactions, reducing the quality of the product | Needs improvements for cell disruption in large-scale | ELEA PEF Pilot™ dual trial system (ELEA Technology) | Power: 400 V, 50 Hz; Water and air cooled Dimensions: 1.45 × 1.79 × 1.13 (W × D × H) Capacity: 10 kg per batch, up to 250 L h⁻¹ |
| Autoclaving [49,50] | Exterior heat diffusion through cell membrane to intracellular environment | • Simple | • High energy consumption | Not indicated for large-scale | Systec V series (Systec GmbH) | Chamber volume: 45/40–166/150 L total/nominal |
| Steam explosion [49,50] | High temperature, vapor pressure and depressurization | • Low maintenance costs | • Formation of large amount of cell debris | Not indicated for thermosensible compounds | Steam generator various models (Garioni Naval) | Lab-scale: 15–180 kW, 9–170 kg steam h⁻¹, 7–8 barg Up scales: 300–6000 kg steam h⁻¹, 3 passes, up to 18 barg; 3000–25,000 kg steam h⁻¹, 2 passes, up to 21 barg |

Websites:  
a www.ele-mix.com,  
b www.intertechglobal.com,  
c www.gea.com/en/index.jsp,  
d www.beei.com,  
e www.cem.com,  
f https://www.hielscher.com,  
g www.elea-technology.de,  
h www.systec-lab.com,  
i www.garioninaval.com. (W×D×H): Width × Depth × Height.
2.2. Non-Mechanical Methods

Non-mechanical methods comprise chemical methods that may use acid or alkaline treatments [51–53] and detergents [54], osmotic shock [16] or enzymatic treatments [55,56].

2.2.1. Chemical Methods

Chemicals such as solvents, acids, alkali, hypochlorites, antibiotics, detergents, among others, can interact with components of the microalgal cell wall causing deformations and promoting cell disruption. Despite being a simple and well-known technique, the use of chemicals raises several environmental and economic concerns, especially for industrial scale. Further, the chemical contamination of the target product limits its application, once the active compound is generally classified as non-food grade [20]. However, the use of surfactants, which can both help harvesting biomass and promote cell disruption, is an interesting option in large scale for species whose harvest is a limiting factor. Surfactants interact with the cell membrane’s phospholipids, causing distortions and consequently, cell disruption, improving release of intracellular components and bioproducts recovery [54]. The most commonly used surfactants are long-chain alkyl groups (C12 to C16) containing quaternary-ammonium cation. These compounds have hydrophobic ends capable of adsorbing or attaching to cell membranes, and once this happens, the quaternary cation makes the cell charge to become less negative, favoring cell aggregation [57]. Lai et al. [58] evaluated this synergistic effect by using cationic surfactants for flocculation and lipid extraction from C. vulgaris. The authors tested three cationic surfactants: dodecyltrimethylammonium bromide (DTAB), myristyltrimethylammonium bromide (MTAB) and hexadecyltrimethylammonium bromide (CTAB), showing that the pretreatment with the surfactant CTAB resulted in the most effective cell disruption, with the highest lipid recovery (nearly 90%) without changing the fatty acid methyl esters (FAME) profile. Moreover, small amounts of CTAB (0.45 mM) were required to improve flocculation and harvesting. Recently, Alhattab et al. [59] tripled the amount of total FAME extracted by 24 hours’ pretreatment with the surfactant CTAB, followed by SFE with supercritical CO2 (sc-CO2) of Chlorella saccharophila biomass. However, they also observed that although the extraction was higher, the FAME composition changed significantly. This possibility of modulating FAME composition may be interesting depending on the desired application, but for biodiesel production, they found that the most suitable composition was obtained with pure sc-CO2. Additionally, in the US patent n° 9994791B1, Zhang et al. [56] described a cell disruption method for microalgae Nannochloropsis salina by using sodium dodecylbenzenesulfonate as anionic surfactant associated to pH adjustment and low pressurization, extending this application to other anionic and non-ionic surfactants.

2.2.2. Osmotic Shock

The presence of a high concentration of solute (salt, dextran or polyethylene glycol (PEG)) leads to a decrease of osmotic pressure, causing cell wall damage, increasing its permeability and, consequently, allowing the release of intracellular compounds. In this respect, Rakesh et al. [60] compared the use of autoclaving, microwave, osmotic shock, and pasteurization to Chlorococcum sp. MCC30, Botryococcus sp. MCC31, Botryococcus sp. MCC32, and Chlorella sorokiniana MIC-G5 to facilitate lipid extraction. They found that by applying osmotic shock improved lipid extraction could be achieved for Botryococcus sp. MCC32 (at 15% NaCl) and for C. sorokiniana MIC-G5 (at 5% NaCl). Furthermore, the composition of the extracts varied with the treatment used to facilitate the extraction. Rakesh et al. [60] also found different palmitate (C16:0) contents (25.64% and 34.20%) using osmotic shock (15% NaCl) treatment for Botryococcus sp. MCC32 and microwave (6 min) for Botryococcus sp. MCC31, respectively, while the use of Botryococcus sp. MCC32 as source of oil blends or nutraceuticals was proposed after osmotic shock of 15% NaCl treatment due to its oleic acid and unsaturated fatty acid content (19.95% and 38.17%,
respectively). González-González et al. [61] also applied osmotic shock to Chaetoceros muelleri and Dunaliella salina, having achieved a lipid recovery efficiency of 72% and 21% respectively. They also found that the lipid-spent biomass of C. muelleri add one of the highest methane yields reported for microalgae of 484 mL CH₄ g VS⁻¹, showing that osmotic shock adds a double positive effect on lipid extraction and biomass quality for anaerobic digestion. López and Morales [62] extracted astaxanthin from Haematococcus pluvialis applying osmotic shock by highly concentrated sacarose solution, or syrup, at high temperatures. They concluded that astaxanthin extracted using osmotic shock remained available for consumption in the syrup. Koyande et al. [63] studied the recovery of whole proteins from Chlorella vulgaris FSP-E using osmotic shock through a liquid biphasic flotation (LBF) system, having concluded that protein recovery of 92.98% with a separation efficiency of 64.91%, partition coefficient of 1.47 and a volume ratio of 9 could be achieved using osmotic shock, whereas without osmotic shock the corresponding values were of only 84.84%, 69.68%, 1.89 and 2.96.

Although simple, the major drawbacks of this technique are that it takes longer than other processes such as autoclaving and microwave irradiation [32,64], being economically unfeasible on a large scale [65].

2.2.3. Enzymatic Methods

Enzymatic cell lysis is a high-selective method for cell disruption that requires low energy and operates at mild conditions [66]. The commercial enzymes such as cellulases, proteases, lysozyme and glucanases are vastly employed and commonly used in the immobilized form to increase their lifetime and stability, preventing reduction in catalytic activity [27]. The main drawbacks of using enzymes compared to mechanical or chemical methods are the long process time, low production capacity and the possible product inhibition. In addition, the high cost of the enzymes limits their applications in a microalgae biorefinery [21]. Liang et al. [55] tested the combination of ultrasound with enzymatic lysis (snailase and trypsin) for lipid extraction in three microalgae species, achieving the maximum lipid yield of 49.82% in Chlorella vulgaris, 46.81% in Scenedesmus dimorphus and 11.73% in Nannochloropsis sp. Zhang et al. [56] achieved 86.4% of lipid recovery in Scenedesmus sp. using a mixture of enzymes (cellulase, xylanase and pectinase), also increasing the fatty acid methyl esters (FAME) yield compared to the untreated biomass. However, despite improving the lipid yield from Scenedesmus sp., in the study by Zhang et al., the enzymes were used just as pretreatment followed by an organic solvent extraction, while Liang et al. used a more sustainable method based on enzyme-assisted aqueous extraction. Regarding to recent patents approaching solventless extraction of microalgae biomolecules, Bai et al. [67], US patent n° 10196600B2, described a method to induce self-lysis in microalgae cells (e.g., Chlorella sp., Microctinum sp., Tetraselmis sp., Isochrysis galbana and Dunaliella sp.). The active substance for self-lysis induction was extracted from Bacillus thuringienses ITRI-G1 suspension by vacuum distillation and isolated by high-performance liquid chromatography (HPLC). Once mixed with microalgal cells, the active substance triggers biochemical responses that induce self-lysis. The cell disruption effectiveness was estimated in terms of released-protein content by A₂₈₀₅₈ (absorbance at 280 nm) measurements. After one hour of use of the active substance the absorbance (A₂₈₀₅₈) was four-fold greater (approximately 1.6) when compared to control (approximately 0.4). The results also demonstrated an increase in protein concentration (of almost two-fold) by mixing the active substance without stirring, which represents a desirable economic aspect.

Table 2 shows several cell disruption methods (mechanical, physical and non-mechanical) employed for processing a range of microalgae species and obtaining target bioproducts.
Table 2. Methods employed for microalgal cell disruption and components extraction.

| Species | Description | Cell Disruption Method | Target Bioproduct | Main Results |
|---------|-------------|------------------------|-------------------|--------------|
| *Arthrospira* (Spirulina) sp. [15,68] | Filamentous cyanobacteria, no heterocysts or alginates, helical shape. Cell wall composed by four layer (L-I and III: fibrillar material, L-II: peptidoglycan and L-IV: lipopolysaccharides) [69] | Milling in a ball jar with porcelain balls at 60 rpm, for 120 min | Phycocyanin and phenolic compounds | 74.98 mg C-PC g⁻¹/41.60 mg GAE g⁻¹ |
|         |             | Microwave oven 2450 MHz and 1400 W, 2 min | | 85.43 mg C-PC g⁻¹/41.90 mg GAE g⁻¹ |
|         |             | Autoclaving 121 °C and 200 kPa, for 30 min | | 1.17 mg C-PC g⁻¹/41.55 mg GAE g⁻¹ |
|         |             | Homogenisation, speed 3 for 3 min | | |
|         |             | Ultrasound 5–60 kHz, for 3–15 min | Phycocyanin | 94.89% (P: 6.17) |
| *Botryococcus braunii* [16] | Non-filamentous, pyriform shape (7 × 14 μm), colonies can vary from 30 μm to >2 mm, cell wall composed by polysaccharide with hydrocarbons between [70] | Bead-beating at 2000–3500 psi, for 15 min | Lipids | 89.51% (P: 5.39) |
|         |             | Autoclave 121 °C and 0.15 MPa, 5–90 min | | 77.10% (P: 4.15) |
|         |             | Microwave oven 0–1250 W at 20–200 °C, under 2450 MHz, for 0–25 min | | |
|         |             | Osmotic Shock 0–2 MNaCl, stirred for 1 min and maintained 48 h | Lipids | 5–12% |
| *Chlorella vulgaris* [55] | Non-filamentous, spherical format (3–4 μm) and cell wall composed by extracellular polysaccharides, rhamnose, galactose, xylose [59] | Ultrasound at 600 W for 15 min and enzymatic lysis with snailase and trypsin (37 °C, pH 4.0) | Lipids | 49.82% |
| *Haematococcus pluvialis* [17] | Non-filamentous. Cell wall mostly composed by cellulose. Under favorable growth conditions can present flagella and a gelatinous thick extracellular matrix. In motile cells, the loss of the flagella result in changes on the | Freezing-thawing in liquid nitrogen, during 5 cycles | Astaxanthin | 38–95% |
|         |             | Dimethyl sulfoxide and glass beads. Cycles until pellet became colorless (5 or 10 cycles) | | |
|         |             | PEF (1 kV cm⁻¹, 50 ms, 50 J kg⁻¹) + 6 h incubation | | |
|         |             | Ultrasound at 80% of amplitude in a 450 W ultrasound, 10 times during 10 s (biomass diluted in ethanol) | | |
| Species                  | Description *                                                                 | Cell Disruption Method                                                                 | Target Bioproduct | Main Results   |
|--------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------|----------------|
| *Nannochloropsis* sp. [55] | Non-filamentous, round shape (2–4 μm) and cell wall composed by glucose, cellulose, mannans, rhamnose, fucose, galactose and galacturonic acid [59] | Thermal treatment at 70 °C for 1 h                                                      | Lipids            | 11.73%         |
| *Scenedesmus* *dimorphus* [55] | Non-filamentous, bean shape (10–12 μm) and cell wall composed by crystalline glycoprotein and algaenan (non-hydrolyzable structure) [59] | Ultrasound at 600 W for 15 min and enzymatic lysis with snailase and trypsin (37 °C, pH 4.0) | Glucose           | 46.81%         |
| *Synechocystis* sp. [73]   | Non-filamentous cyanobacteria. Although uncommon, it may be surrounded by a thin, colorless, diffusent mucilaginous envelope. Cell wall composed by a peptidoglycan layer and an outer membrane (mostly proteins and lipopolysaccharide) [74] | Ultrasound at 20–25 kHz for 30 min (cycles of 5 s on/5 s off) and bead milling in glass beads for 10 min with cycles of 30 s vortexing and 30 s cooling on ice and silicon carbide (200–450 mesh) grinding, 3 cycles of 1 min grinding/1 min cooling on ice and 3 cycles of freezing at −80 °C for 10 min and thawing at 37 °C for 5 min | Proteins          | 94.4% cell disruption efficiency | 1.88 mg mL⁻¹ protein |
| *Phaeodactylum* *tricornutum* [75,76] | Pleiomorphic diatom with poorly silicified cell walls (up to 10 silica bands), can present different shapes | 5 cycles·min⁻¹ of sonication at 20 kHz for 15 min                                     | Carotenoids       | 81.7 μg g⁻¹ β-carotene; 679.2 μg g⁻¹ zeaxanthin; 5163.4 μg g⁻¹ fucoxanthin |
| Species | Description * | Cell Disruption Method | Target Bioproduct | Main Results |
|---------|---------------|------------------------|-------------------|--------------|
| Ankistrodesmus: Non-filamentous with mucilaginous envelopes present or absent, commonly find as colonies, fusiform cells (curved, straight or sigmoid), smooth cell wall [78] | Soaking in ethanol at room temperature for 24 h, Cryogrinding in a ceramic mortar with liquid nitrogen and deionized water, Planetary micro mill, 2 cycles of 4 min at 400 rpm with 1 min of relaxation time, Potter homogenizer with ethanol for 1–5 min, Homogeniser at 18,000 rpm, 10–180 s, 2–4 cycles and 30 s of relaxation time, Sonication, 2–4 pulsed cycles (10 s on/5 s off), 30% power (500 W) and 30 s relation time, Mixer mill stainless steel grinding jars or propylene grinding tubes, bead-beating with ethanol for 1–4 min and 2–4 cycles. | Metabolites | Positive effect in cell disruption: bead-beating, planetary micro mill, sonication and mixer mill (both) Negative effect in cell disruption: soaking, cryogrinding and Potter homogeniser |
| Nitzschia sp.: diatom that can occur in three cell types: normal (fusiform, straight or curved, no longer than 35μ), oval (8μ long and 3–4μ broad) or triradiate (arms varying from 6 to10μ) [80] | Acid hydrolysis H2SO4 1.5 M at 80–90 °C for 80 min | Carbohydrates | 10.2 g maltose, 103.1 g glucose and 68.8 g xylose/galactose per Kg of dry biomass |
| Freeze-dried mixed biomass (95% Scenedesmus obliquus, 4% Scenedesmus quadricauda and 1% Nitzschia sp.) [53] | Enzymatic lysis with cellulase (from Tricoderma reesei), β-glucosidase (from Aspergillus niger), pH 4.9, 50 °C and 300 rpm for 48 h | Carbohydrates (sugars) and byproducts (alcohols and organic acids) | Total sugars: 9.84 g per 100 g of dry biomass Total byproducts: 1.09 g L⁻¹ |

* Description: (fusiform, triradiate and cruciform) and the size range from 8–25 μm [59,77]
| Species                  | Description *               | Cell Disruption Method | Target Bioproduct | Main Results                                      |
|-------------------------|-----------------------------|------------------------|-------------------|--------------------------------------------------|
| Freeze-dried mixed biomass (61% *Aphanothec* sp.* and 39% *Scenedesmus obliquus*) [53] | *Aphanothec* sp.: cells can occur in many shapes (oval, ellipsoidal, straight or slightly curved) with absent of mucilaginous envelope | [53] | Total sugars: 0.02 g per 100 g of dry biomass Total byproducts: 7.38 g L⁻¹ |

*Complementary data available on: http://algaebase.org. PEF: pulsed electric field. C-PC: C-phycocyanin. GAE: gallic acid equivalents. PUFA: polyunsaturated fatty acids. Pf: purity factor.*
Larrosa et al. [15] improved phycocyanin extraction in *Arthrospira platensis* using microwave irradiation from 85.43 mg·g⁻¹ to 74.98 mg·g⁻¹ by milling and 1.17 mg·g⁻¹ by autoclaving. The expressive low content of phycocyanin obtained by autoclaving is probably due to protein denaturation caused by the operational conditions. In addition, Chia et al. [68] showed a variation in phycocyanin recovery ranging from 77.10% to 94.89% and purity from 4.15 to 6.17 in *A. platensis* by changing the cell-disruption method (e.g., freeze-thawing, microwave, homogenization and sonication). Zhou et al. [73] also tested different cell disruption methods in *Synechocystis* sp. for protein release, achieving the highest cell disruption with ultrasound (94.4%) followed by silicon carbide grinding (93.3%), bead-milling (54.4%) and freeze-thawing (43.3%). Thus, as shown in Table 2, the efficiency of the cell-disruption method can significantly change according to the microalgae species and the properties of the target product. In this sense, the use of two cell-disruption methods is a way to enhance cell disruption efficiency and, consequently, the recovery of the target biocompound [81]. Moreover, it is important to emphasize that besides the extraction efficiency and quality of bioproducts, the chosen cell-disruption method can also directly influence the subsequent purification steps.

### 3. Extraction Methods

As stated before, microalgal cells may contain many compounds of interest and value that must be separated from other less valuable components. Several different extraction methods can be used combined with cellular disruption or directly applied over the whole cell. These include solvent extraction, using organic solvents, ionic liquids, deep eutectic solvents, supercritical fluids, among others.

#### 3.1. Organic Solvent Extraction

The use of organic solvents is a well-known technique for the extraction of microalgae biomolecules. Frequently, this kind of extraction is associated with a previous cell-disruption step to facilitate the access of solvent to inner cell compounds, thus enhancing the extraction yield. Several filled patents available on the US Patent database have also reported the use of organic solvents for microalgae biocomponents extraction (Table 3).

| Patent Purpose | Pretreatment | Solvents | Main Results |
|----------------|--------------|----------|--------------|
| Production and extraction of squalene from microalgae of the *Thraustochytriales* sp. Family [82] | Alkaline lysis (KOH 45%) | Hexane/ethanol | 6.7 g L⁻¹ of squalene content |
| Production of pure microalgae extracts to modulate the metabolism of human skin and hair follicles [83] | - | Methanol/ethanol/ethyl acetate | Achieved an effective treatment using a composition comprising from 0.001 to 35% of dry matter content of an extract of *Monodus* sp. |
| Method for extraction of lipids in an organic phase and sugars by hydrolysis [84] | Homogenization | Acetone | Results suggest that it is possible to achieve an industrial-scale extraction yield of 96.3% of total lipids in the starting wet algal biomass |
| Biodiesel production and isolation of several valuable co-products from the marine alkenone-producing microalgae *Isochrysis* [85] | - | n-hexane/ethanol or methanol/dichloromethane or toluene/acetonitrile | 27:8:1 (FAME:alkenones:fucoxanthin) co-production |

Pora et al. [82] achieved a maximum squalene content of 6.7 g·L⁻¹ from microalgae of the *Thraustochytriales* sp. family by organic solvent extraction (Table 3). This result is up to 2.5-fold other results that have been reported in the literature, which are between 0.9 to 2.46 g·L⁻¹ in species such as *Aurantiocytrium* sp. 18W-13a (0.9 and 1.29 g·L⁻¹), extracted by
chloroform:methanol (2:1, v/v) [86] and n-hexane containing 10% of chloroform, respectively [87]. *Schizochytrium mangrovei* PQ6 (1.01 g L⁻¹) extracted by n-hexane:diethyl ether:acetic acid (70:30:4, v/v/v) [88], *S. limacinum* SR21 (0.9 g L⁻¹) of squalene produced in bioreactor) extracted by chloroform:methanol (2:1, v/v) [89] and *Aurantiocystis* sp. BR-MP4-A1 (2.46 g L⁻¹) extracted with hexane (3 cycles) after saponification with 10% KOH (w/v) and 75% ethanol (v/v) [90]. In other granted patent, Massetti et al. [84] results suggest that it is possible to achieve 96.3% of lipids extraction yield from *Nannochloropsis* sp. at industrial scale. Their invention comprises the use of acetone, a preferable organic solvent when compared to common solvents such as hexane and chloroform, due its lower toxicity. Despite the use of organic solvent, the perspective of almost 96% of extraction yield is quite expressive. This value was predicted from an experiment that resulted in 281 g of lipids, which means 27.94% of volatile solids present in the starting wet biomass (66.72% in which 29% is related to lipids). Du et al. [91] maximized the lipid extraction yield in an oleaginous microalgae *Neochloris oleagunans*. In this work, the authors achieved a maximum lipid extraction yield of 61.3% dry weight in fresh water stressed (nitrogen limitation) cultivations after multistage extractions (four extractions) with n-ethylbutylamine as solvent. Moreover, some publications have reported less than 50% of lipid yield in different microalgae species using more recent technology based on supercritical CO₂ (Sc-CO₂) extraction, 20% *Nannochloropsis oculata* (Sc-CO₂, 450 bar), 40% *Chlorella vulgaris* (Sc-CO₂ and ethanol 10% v/v, 250 bar) [92], 11.1% *Tetraselmis* sp. (Sc-CO₂, 300 bar) [93] and 12.1% *Nannochloropsis* sp. (Sc-CO₂, 550 bar) [94].

Classical organic solvent-based techniques for microalgae biocompounds extraction and recovery, mostly lipids, include the Bligh and Dyer (B&D) method [95], Folch method [96] and Soxhlet method [97]. The B&D and Folch methods are quite similar techniques widely used for lipid extraction. Folch is a two-step method, which firstly employs chloroform/methanol (2:1 ratio) as solvents to homogenize lipids. The homogenate is filtered and lipids separated in a second step, which comprises washing of the crude oil extract, with at least 5-fold volume of water. It is a time-consuming technique that requires large amounts of solvent. In order to solve the disadvantages of the Folch method, the B&D examined the chloroform-methanol-water phase diagram, proposing a single-step method. Briefly, the homogenate obtained in the chloroform/methanol mixture must be a monophasic system, forming a bi-phase when mixed with water. The chloroform phase contains the lipids and the other phase is composed by methanol, water and non-lipid components.

Soxhlet is a classical technique proposed by Franz von Soxhlet in 1879, that comprises a Soxhlet apparatus in which lipids are extracted from biomass by exhausting reflux in organic solvent, commonly n-hexane or petroleum ether. Despite being a simple and scalable technology, it also is time consuming and requires a large solvent amount. Beyond that, the extraction yield is low, probably due to inefficient polar lipid extraction [98].

Despite being well-established techniques, conventional solvents are toxic and not aligned with environmental and human health concerns. In this sense, Breil et al. [99] studied several potential solvents to substitute chloroform (e.g., 2-methyltetrahydrofuran (MeTHF), cyclopentyl methyl ether (CPME), ethyl acetate (EtOAc), ethyl lactate, dimethyl carbonate (DMC), p-cymene, d-limonene and α-pinene) and methanol (e.g., ethanol and isopropanol) in B&D and Folch methods for lipid extraction. The classical chloroform/methanol/water system still is more selective than the tested solvents. However, their study suggests that the combination of ethyl acetate/ethanol, followed by the addition of water enriched with KCl and ethyl acetate is a suitable option. In addition, Gorgich et al. [100] increased lipid recovery using methyl tert-butyl ether (MTBE), which is less hazardous than classical solvents (e.g., chloroform and hexane), in three microalgae species compared to modified B&D method (chloroform:methanol:water, 1:2:0.8 (v/v/v)). The highest yield and also the most expressive difference between methods were observed in lipid extraction from *Chlorella zofingiensis*, resulting in 34.06% by MTBE and
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26.68% by the B&D method. On the other hand, Ruecker et al. [101], US patent n°10329515B2, described a solventless lipid-extraction process based on alkaline treatment for cell disruption with potassium hydroxide (KOH), followed by sequential aqueous phase separation, achieving process performance and bioproduct quality comparable to the traditional solvent extraction with hexane.

3.2. Alternative Solvents Extraction

By contrast with conventional solvents, alternative solvents are supposed to have lower environmental, safety and health impacts [102]. Some examples of alternative solvents are bio-based solvents such as terpenes, ionic liquids, deep eutectic solvents, and liquid polymers. One of the most well studied liquid polymers is polyethylene glycol (PEG), a biodegradable polymer widely used in aqueous two-phase systems [103]. Focusing on recent developments, this section will discuss the use of ionic liquids and deep eutectic solvents.

Ionic liquids (ILs) are organic salts with melting points of 100 °C or below. However, not all ILs have “green” characteristics and must be avoided. For a better understanding Bubalo et al. [104] present a general description of the potential environmental risks of ILs. These substances are usually composed of an organic cation and an anion that can be organic or inorganic. ILs have great thermal stability, solvating power and non-volatile characteristics due to their high enthalpies of vaporization (ΔvapH). There are several possible combinations between cations and anions for ILs synthesis; it is estimated up to 10³⁶ combinations.

This feature significantly broadens the ILs applicability and it has attracted great interest from the modern scientific community, especially for extraction and separation of biocompounds [103,105]. Table 4 shows some examples of ILs used as assistant for microalgal components extraction.

Table 4. Ionic liquids used for microalgae biomolecules extraction.

| Microalgal Species | Ionic Liquid | Abbreviation | Target Component |
|--------------------|--------------|--------------|------------------|
| Neochloris oleoabundans [106] | 1-butyl-3-methylimidazolium tetrafluoroborate | [BMIM][BF₄] | Lipids |
| | 1-butyl-3-methylimidazolium methyl sulfate | [BMIM][MeSO₄] | Lipids |
| | 1-butyl-3-methylimidazolium dicyanamide | [BMIM][DCN] | Lipids |
| | 1-butyl-3-methylimidazolium chloride | [BMIM][Cl] | Lipids |
| Chlorella vulgaris and Spirulina platensis [107] | 1-ethyl-3-methylimidazolium acetate | [Emim][OAc] | Carbohydrates and lipids |
| | choline L-arginate | [Ch][ARG] | Carbohydrates and lipids |
| | choline glycinate | [Ch][GLY] | Carbohydrates and lipids |
| | choline L-lysinate | [Ch][LYS] | Carbohydrates and lipids |
| | choline L-phenyl-alaninate | [Ch][PHE] | Carbohydrates and lipids |
| Haematococcus pluvialis [35] | ethanolammonium caproate | [EAC] | Astaxanthin |
| | diethanolammonium caproate triethanolammonium caproate | [DEAC][TEAC] | Astaxanthin |
| Scenedesmus sp. [108] | triethylammonium hydrogen sulfate | [HNEt][HSO₄] | Lipids |
| | 1-butylpyridinium hydrogen sulfate | [BPy][HSO₄] | Lipids |
| | 1-butylpyridinium dihydrogen phosphate | [BPy][H₂PO₄] | Lipids |
| Chlorella vulgaris [36] | 1-octyl-3-methylimidazolium bis(trifluoromethanesulfonil) imide | [Omim][NTf₂] | Lipids |
| | 1-octyl-3-methylimidazolium acetate | [Omim][OAc] | Lipids |

ILs and deep eutectic solvents (DES) have several similar properties, such as thermal stability, conductivity and low volatility, but differ in the sources and chemical processes involved in their synthesis. DES present a cheaper and easier synthesis and a range source
of potential starting materials, being capable of overcoming some ILs’ limitations like high cost, purification steps and toxicity [109]. DES are formed by hydrogen bond interactions between a hydrogen bond acceptor (e.g., choline chloride or choline acetate) and a hydrogen bond donor (e.g., carboxylic acids, amides, amines and alcohols), presenting a final melting point lower than each independent component used in their synthesis. There are also the so-called natural deep eutectic solvents (NADES), when the compounds are primary metabolites (e.g., organic acids, amino acids, sugar, among others) [110, 111]. Table 5 summarizes some examples of deep eutectic solvents applied for lipids and polyphenolic compounds extraction from microalgae.

Table 5. Deep eutectic solvents (DES) used to extract microalgae-based compounds.

| Microalgae Species          | DES     | Hydrogen Bond Acceptor | Hydrogen Bond Donor | Monomer Ratio (mol: mol) | Target Product     | Yield (%) |
|-----------------------------|---------|------------------------|---------------------|--------------------------|--------------------|-----------|
| *Chlorella vulgaris* [112]  | Ch-Gly  | Choline                | Glycerol            | 1:2                      | Polyphenolic compounds | 5.27 a    |
|                             | Ch-EG   | chloride               | Ethylene glycol     | 1:4                      |                    | 7.19 a    |
|                             | Ch-PDO  | 1-3-propanediol        | 1:4                 |                          |                    | 9.19 a    |
|                             | Ch-BDO  | 1-4-butanediol         | 1:4                 |                          |                    | 9.87 a    |
| *Chlorella sp. and Chlorococcum sp.* [113] | Ch-Fa    | Choline                | Formic acid         | 1:3                      | FAME               | 9.12/9.00 |
|                             | Ch-Aa   | chloride               | Acetic acid         | 1:3                      |                    | 13.91/11.5 |
|                             | Ch-Oa   | chloride               | Oxalic acid         | 1:1                      |                    | 10.35/9.40 |
|                             | Ch-Pa   | Propanedioic acid      | 1:1                 |                          |                    | 10.53/9.52 |
| *Chlorella sp.* [110]       | aCh-O * | Choline                | Oxalic acid         | 1:2                      |                    | 16.41 b   |
|                             | aCH-EG *| chloride               | Ethylene glycol     | 1:2                      | FAME               | 15.32 b   |
|                             | aU-A *  | Urea                   | Acetamide           | 1:2                      |                    | 10.53 b   |

* aqueous, a mg GAE.g⁻¹ biomass, b corresponding to mg linoleic acid (C18:2) g biomass. GAE: gallic acid equivalent. FAME: fatty acid methyl esters.

3.3. Supercritical Fluid Extraction

Supercritical fluid extraction (SFE) has been increasingly employed, especially in the food and pharmaceutical industries, as a green and contamination-free extractive method [114]. SFE combines extraction and separation by strictly controlling process parameters such as temperature, pressure, flow rate and processing time. Therefore, this selective capacity allows products with greater purity and yields to be obtained [115].

Substances in conditions of temperature and pressure above its critical point are called supercritical fluids (SCFs), which combine properties of liquids and gases in an effective way. In this state, supercritical fluids show some interesting properties, such as lower viscosity than liquids and ability to better dissolve substances than gases and with more diffusive power. In addition, SCFs can work for some difficult or impossible extractions using organic solvents. Knez et al. [116] made a critical review about SCFs as solvents for the future, concluding that from an environmental point of view, SCFs are a feasible alternative to conventional organic solvents, capable of providing products with high purity and low energy consumption, once the high pressure technologies are advancing.

Concerning the extraction of microalgae biomolecules, SFE has been widely used mainly for recovery of polyunsaturated fatty acids (PUFAs), pigments and vitamin, in which the most commonly employed solvent is sc-CO₂, pure or associated with some other co-solvent. Yang et al. [117] developed a method based on a solid matrix-supported sc-CO₂ for γ-linolenic acid (GLA) extraction from Arthospira platensis, reaching more than 34.5% GLA of the total fatty acids and 98% of extraction efficiency. On the other hand, Feller et al. [118] compared sc-CO₂ with subcritical n-butane extraction of ω-3 and ω-6 fatty acids in Phaeodactylum tricornutum, Nannochloropsis oculata and Porphyridium
**cruentum**, demonstrating that in all cases subcritical n-butane extracted more PUFAs, \( \omega-3 \) and \( \omega-6 \), than the other solvent. In fact, they realized that sc CO\(_2\) is more selective for saturated fatty acids (SFA) extraction. However, sc-CO\(_2\) also extracted more total carotenoids in two of the three tested species.

Another way to improve extraction performance is by combining supercritical fluid with a co-solvent. In this regards, Chronopoulou et al. [119] evaluated sc-CO\(_2\) extraction of several biomolecules (alpha-tocopherol, phyloquinone, gamma-tocopherol, retinol, canthaxanthin, phytol, limonene and lutein) from *Tetraselmis obliquus* microalgae. In this work, the authors obtained some satisfactory results by using limonene and methanol as sc-CO\(_2\) co-solvents. For example, the use of these co-solvents enabled the extraction of canthaxanthin and lutein that was not possible under only sc-CO\(_2\) conditions, achieving the maximum extraction yield of 16.14% and 1.25%, respectively. Table 6 summarizes the yields and operating conditions for the supercritical extraction of different components from various microalgae species.

| Microalgae Species                  | Solvent(s)      | T (°C) | P (bar) | Flow Rate (g min\(^{-1}\)) | t (min) | Target Compound     | Extraction Yield (% (mg g\(^{-1}\) dw)) |
|------------------------------------|-----------------|--------|---------|-----------------------------|---------|---------------------|---------------------------------------|
| *C. saccharophila* [59]             | sc-CO\(_2\)     | 73.0   | 241     | 3 SLPM                      | 60      | FAME                | 17.60                                 |
| *S. platensis* [120]                | sc-CO\(_2\) + EtOH | 55.0   | 78.6    | 52.8                         | 75      | Vitamin E           | 8.08                                  |
| *S. platensis* [121]                | sc-CO\(_2\) + EtOH | 55.0   | 80      | 52.8                         | 75      | Pigments            | 7.94                                  |
| *Nannochloropsis* sp. [94]          | sc-CO\(_2\)     | 75.0   | 550     | 14.8                         | 100     | Lipids              | 12.08 *                                |
| *T. obliquus* [119]                 | sc-CO\(_2\) + MeOH | 60.0   | 0.25    | Phylloquinone                | 302.74  |                     |                                       |
|                                    | sc-CO\(_2\) + limonene | 50.0   | 0.35    | Canthaxanthin                | 16.14   |                     |                                       |
|                                    | sc-CO\(_2\) + MeOH | 40.0   | 0.30    | Lutein                       | 1.25    |                     |                                       |
| *Scenedesmus almeriensis* [122]     | sc-CO\(_2\)     | 65.0   | 0.55    | \( \omega-3 \)               | 120     | Lutein              | 2.97 **                               |
|                                    | sc-CO\(_2\)     | 65.0   | 0.40    | \( \omega-6 \)               | 7.24    | Lipids              | 15.02                                 |
| *Nannochloropsis* gaditana [123]    | sc-CO\(_2\)     | 65.0   | 250     | EPA                          | 11.50   |                     |                                       |
| *Nannochloropsis* oculata [118]     | sc-CO\(_2\)     | 65.0   | 250     | EPA                          | 11.50   |                     |                                       |
| *Phaeodactylum tricornutum* [118]   | sc-CO\(_2\)     | 40.0   | 300     | Lipids                       | 14.70   |                     |                                       |
| *Porphyridium cruentum* [118]       | sc-CO\(_2\)     | 40.0   | 300     | Lipids                       | 4.50    |                     |                                       |

SLPM: Standard liter per minute. EtOH: ethanol. MeOH: methanol. FAME: fatty acid methyl esters. EPA: eicopentaenoic acid. *Calculated according to data available in the referenced paper. * 19.5% purity; ** approximately 34% purity.

Ferreira et al. [124] studied the environmental and economic aspects of a biorefinery from *Nannochloropsis* sp., comparing the use of Soxhlet extraction (with n-hexane) and SFE for oil and other co-products extraction. The study showed that despite consuming more energy (262 MJ-M\(^{prod-1}\)) and generate more CO\(_2\) emissions (17 g-M\(^{prod-1}\)) than Soxhlet extraction (220 M-J-M\(^{prod-1}\) and 14 g-M\(^{prod-1}\), respectively) in oil production, SFE is more economically feasible once this technology allows the co-extraction of high-value pigments. Thus, SFE presented a final cost (e.g., cultivation and downstream processes) of 365 €-kg\(_{oil-1}\) while the Soxhlet extraction costs were estimated in 661 €-kg\(_{oil-1}\). Moreover,
there are many specifications currently available for supercritical fluid extraction (Table 7), proving the advancement of this technology in the market.

| Company | Scale                     | Specifications                                                                 |
|---------|---------------------------|-------------------------------------------------------------------------------|
| ExtrateX Supercritical Fluid Innovation a | Laboratory                | Volume: 50–1000 mL; CO₂; pump: 0–100 g min⁻¹                                |
|         |                           | Pressure: 0–100 bar; Temperature: up to 150 °C                               |
|         |                           | Co-solvent pump: 24 mL min⁻¹ at 400 bar                                      |
|         | Small production          | Volume: 5–20 L; CO₂; pump: 0–24 or 0–40 kg h⁻¹                              |
|         |                           | Pressure: 0–350 bar; Temperature: 0–150 °C                                  |
|         |                           | Co-solvent pump: 100 mL min⁻¹ at 350 bar                                     |
|         | Large production          | Volume: 25–100 L; CO₂; pump: 0–150 or 0–300 kg h⁻¹                         |
|         |                           | Pressure: 0–350 bar; Temperature: 0–150 °C                                  |
| Joda Technology Co. | Small to large production | Pressure: 400–500 bar; Flow rate: 60–16,000 L h⁻¹                          |
| (15 specifications available) b      |                           | Area: 10–700 m²; Height: 2.5–16 m                                          |
|         |                           | Capacity of raw material: 10–20 kg or less to 5–12 ton                     |
| Tradematt (Henan) Industry Co., Ltd. c | Small production           | Extractor: 10 L × 2, ≤50 MPa                                              |
|         |                           | Separator: 5 L × 2/3, ≤16 MPa                                               |
|         |                           | Temperature: ≤85 °C; Power: 20 kW                                            |
|         |                           | CO₂ flow rate: 100 L h⁻¹                                                     |
|         | Large production          | Extractor: 25 L × 2, ≤40 MPa                                               |
|         |                           | Separator: 15 L × 2/3, ≤16 MPa                                              |
|         |                           | Temperature: ≤85 °C; Power: 30 kW                                            |
|         |                           | CO₂ flow rate: 300 L h⁻¹                                                     |
|         | Small production          | Volume: 700 L × 3; Pressure: 320–500 bar                                   |
|         |                           | Flowrate: 4000 L h⁻¹; Area: 500 m²                                          |
|         |                           | Capacity of raw material: 1.5–3.5 ton                                        |
|         |                           | Volume: 1500 L × 3; Pressure: 320–500 bar                                   |
|         |                           | Flowrate: 800 L h⁻¹; Area: 600 m²                                           |
|         |                           | Capacity of raw material: 3.5–8 ton                                          |
| Green Mill Supercritical d            | Small production           | CO₂ pump: 100–500 gm min⁻¹, pressure: 7500 psia                            |
|         |                           | Extractor: 7.5 L; Separator: 3.3 L                                         |
|         |                           | Power requirements: 200 V, 60 Hz, 1 phase, −67 A maximum and 14.7 kW maximum |

Table 7. Examples of supercritical fluids extraction equipment available.

Websites: a www.extratex-sfi.com; b www.joda-tech.com; c www.cntradematt.com; d www.greenmillsupercritical.com.

4. Analysis Method

The chromatographic methods use the differences in the characteristics of molecules in a mixture to separate them, according to properties such as adsorption (liquid–solid), partition (liquid–solid), affinity and molecular weights. There are several types of chromatography and the effectiveness of each one will depend on the nature of the molecule to be separated [125].

4.1. Supercritical Fluid Chromatography

Similar to other chromatographic techniques, supercritical fluid chromatography (SFC) is capable of detecting and separating the components of a given sample. In addition, SFC combines some advantages of both gas chromatography (GC) and high-performance liquid chromatography (HPLC) and can be particularly useful for substances that decompose at high temperatures in GC or have some undetectable functional groups in HPLC systems [126]. Abrahamsson et al. [127] used the combination of SFC and SFE
for carotenoid extraction and separation from *Scedesmus* sp., being able to maximize the extraction of all compounds, except violaxanthin, by adding 10% ethanol as co-solvent to sc-CO2. These authors obtained 72.9 µg-astaxanthin, 59.9 µg-β-carotene, 436.1 µg-lutein, 670.8 µg-neoxanthin and 89.6 µg-zeaxanthin per gram of freeze dried algae, in 60 min of extraction at 300 bar, 60 °C and 2 mL-min⁻¹ of total flow. Additionally, they achieved a repeatability of 2.4% relative standard deviation (RSD) and intermediate-precision of 6.4% RSD, in extracts of SFE using co-solvent. These results are quite similar to those reported for carotenoids, obtained through the conventional technique of HPLC analysis [128].

4.2. Column Chromatography

Column chromatography is solid-liquid adsorption chromatography. This technique consists of a column packed with an adsorbent, commonly alumina (Al₂O₃) or silica gel (SiO₂), forming the stationary phase. The sample carried by the mobile phase passes through the column and the molecules are separated based on its polarity [129]. Silica gel is the most common adsorbent used in stationary phase for column chromatography, although for some applications alumina has been shown to be more suitable. For a better understanding of the particularities of each compound (i.e., silica gel and alumina) this subject was reviewed by Nawrocki [130,131] and Claessens and van Straten [132]. Anyhow, silica gel has been successfully reported for microalgae bio-oil purification, including compounds such as tridocosahexaenoyl glycerol (tri-DHA) [133], mono and polyunsaturated fatty acids [134] from the commercial oil DHASCO® extracted from *Cryptothecodinium cohnii*, γ-linolenic acid from *S. platensis* [135], eicosapentaenoic and arachidonic acids (EPA and AA) from *Porphyridium cruentum* [136] and carotenoids such as fucoxanthin from *Nitzschia* sp. [137].

Hydroxyapatite Chromatography

Hydroxyapatite is a calcium phosphate commonly used in chromatographic columns for protein and DNA separation. The adsorption of proteins on hydroxyapatite involves anionic and cationic exchanges and, in order to facilitate this process, the proteins are generally eluted by increasing phosphate gradient [138]. In this sense, several authors have reported the use of hydroxyapatite chromatography for phycobiliproteins separation in various microalgae and red algae species, such as *Rhodella violacea* [139], *Arthrospira maxima* [140], *Corallina elongata* [141], *A. platensis* [142,143] and *Porphyra yezoensis* Ueda [144]. Other reported applications of hydroxyapatite chromatography separations involve recovery of enzyme from *Pavlova pinguis* [145] and phosphoprotein from transgenic *Chlamydomonas reinhardtii* [146].

4.3. Gel Permeation Chromatography

Gel permeation chromatography (GPC) is a size-exclusion chromatography widely used for macromolecules separation. In this technique, the hydrophobic stationary phase is composed of inert particles with small pores. The sample is continuously injected into the chromatographic column, carried by the mobile phase that is commonly an organic solvent. The smaller the size of the molecule, the longer the retention time in the column, as long as these small molecules permeate the pores of the stationary phase. Larger molecules, in contrast, pass straight through the column, presenting shorter retention times. Thus, GPC gives the molecular weight distribution of a sample [125,147]. For microalgae, this technique is particularly useful in the characterization of polysaccharides [148,149] that can reach levels in the range of 8–64% DW [150] and polyhydroxalkanoates [151].

4.4. Ion-Exchange Chromatography

The ion-exchange chromatography (IEX) uses the difference between the charge properties of the molecules to promote their separations. Therefore, it is used to separate
biomolecules with ionizable groups, such as proteins, nucleic acids, peptides, among others. Higher selectivity can be achieved by manipulating some process parameters such as pH, which is capable of altering the surface net charge of charged biomolecules. It is worth mentioning that the correlation between surface net charge and pH is unique for each protein, allowing high levels of specificity in this application [152,153].

Chen et al. [154] developed a single-step C-phycocyanin (C-PC) extraction from S. platensis using stirred fluidized bed ion exchange chromatography. The biomass was pre-treated with ultrasonication and from 10% dry weight of the disrupted cells the group reached 59.4% of C-PC recovery yield with 3.0 of purity factor (A615nm/A280nm). However, by combining ultrafiltration with IEX as a strategy to enhance purity of B-phycoerythrin from Porphyridium cruentum, Tang et al. [155] achieved a purification factor (A540nm/A280nm) of 5.1, which is considered of analytical grade, with 68.5% yield.

4.5. Affinity Chromatography

Affinity chromatography relies on very specific reversible interactions to separate complex mixtures. The target molecule carried by the mobile phase binds to the ligand immobilized in the stationary phase by affinity. The recovery of these molecules is accomplished by further washing and elution steps. In order to select the most appropriate matrix to compose the stationary phase, besides the specific interaction of the target molecule, some other characteristics should be taken into account, such as high physical and chemical stability, low adsorption of undesirable molecules and good properties to maintain the mobile phase flow throughout the whole process [156].

4.6. Thin-Layer Chromatography

In thin-layer chromatography (TLC), it is obligatory for the mobile phase to be a liquid, but the stationary phase, the ‘thin-layer’, can be solid or a solid with a certain amount of liquid [157]. This technique is widely used for lipid and phospholipids separation [158–160], although PUFAs oxidation still occurs due to the long period of oxygen contact [161]. TLC has also been reported for fucoxanthinol purification [162], separation of final products of biocatalytic transformation [163], antioxidants [164] and for biodiesel characterization [165].

4.7. High-Performance Liquid Chromatography

Through the use of high pressure, which forces the solvent to pass through the closed column, packed with small particles, high-performance liquid chromatography (HPLC) can achieve high separation resolution. The smaller the particle size that compose the stationary phase, the greater the separation efficiency, however, high pressure is required. The HPLC system consists of a mobile phase reservoir, mobile phase pumping system, sample injection system, chromatographic column and detection, control, acquisition and data recording system [166]. In microalgal-based biocomponents, HPLC has been extensively reported for carotenoids [128,167–169], fatty acid composition [170,171] and phenolic acids profile [172]. Recently, Hussain et al. [173] published the results of their research discussing the use of chiral and achiral ionic liquids (ILs) in HPLC to enantiomeric separation, an important field for biopharmaceuticals. Although the use of chiral ILs is not a fully-elucidated technology, it has great potential to replace the conventional chiral phases used in HPLC. Unlike IL-based phases, the conventional ones have several limitations, such as instability at high temperatures, low solubility, high ultraviolet (UV) absorptivity and high cost [105,174]. Figure 3 shows the most suitable mode of the HPLC method according to biomolecule properties.
Figure 3. Selection of high-performance liquid chromatography (HPLC) methods for biomolecule separation according to bioproduct properties. MW: molecular weight [129].

4.8. Counter Current Chromatography

In addition to HPLC, another liquid chromatography technique is countercurrent chromatography (CCC), in which both mobile and stationary phases are liquid. The principle of this technique is based on the difference in the affinity of the solutes of a mixture for these phases, and, unlike what the name suggests, there is no countercurrent in this process [175].

Recently, Fábryová et al. [176] developed a new protocol integrated with multi-injection high-performance countercurrent chromatography (HPCCC) for lutein extraction in Chlorella vulgaris biomass. The extract with the highest lutein concentration was obtained in the lower phase of a biphasic solvent system composed of n-heptane, ethanol and water (5:4:1.5, v/v/v), which was used for both extraction and the mobile phase for HPCCC lutein isolation (3.20 mg·g⁻¹ DW). In 2 g of this C. vulgaris extract, 60 mg lutein with 92% of purity was obtained, which was subsequently taken to gel permeation chromatography resulting in 50 mg of lutein with 97% purity. Earlier, Cheel et al. [177] reported the yield of 4 mg of nostotrebin 6 (NOS-6) with 99% of purity from 100 mg of crude extract obtained from Nostoc sp. NOS-6 has been described as an inhibitor of acetylcholinesterase and butyrylcholinesterase, enzymes with great relevance in studies to treat Alzheimer’s disease.

Another CCC-based methodology is the high-speed counter-current chromatography (HSCCC), which is based on hydrodynamic equilibrium. In this technique, while one phase is pumped through the column, the other liquid phase is retained by centrifugal force. This model has high separation efficiency and furthermore, circumvents the sample adsorption problem presented by other chromatographic methods using a solid matrix [178].

HSCCC is mostly reported for plants, fruits or herbal biocomponents-based extraction [179]. However, for microalgae-based biomolecules, HSCCC has been reported for separation of polysaccharides [180], squalene [181], carotenoids [182,183] and lipopeptides [184], in this last case associated with HPLC.

4.9. Gas Chromatography

Gas chromatography (GC) is widely used for detecting and separating volatile molecules. In this system, the stationary phase can be composed of a solid (gas-adsorption) or a non-volatile liquid absorbed on an inert powder (gas–liquid partition)
whereas the sample is carried through the column by an inert gas. Thus, the molecules are separated due to their different migration velocity in the chromatographic column [185]. Table 8 shows the applicable chromatographic method according to the type of biomolecule.

Table 8. Comparison of gas chromatography (GC) applicability and the main chromatographic methods for biomolecules separation. Adapted from Ahuja [129] (GC: gas chromatography, HPLC: high-performance liquid chromatography, IEX: ion-exchange chromatography, TLC: thin-layer chromatography).

| Biomolecule Type | Chromatographic Methods |
|------------------|-------------------------|
|                  | GC | HPLC | IEX | TLC | Size-Exclusion | Adsorption |
| Hydrophilic      | X  | X    | X   | X   |                |            |
| Hydrophobic      | X  | X    | X   | X   | X              |            |
| Ionic            | X  | X    | X   |     |                |            |
| Non-ionic        | X  | X    | X   | X   |                |            |
| Volatile         | X  |       |     |     |                |            |
| Non-volatile     | X  | X    | X   | X   |                |            |
| Simple           |   | X    |     |     |                |            |
| Complex          | X  | X    |     |     |                |            |

In microalgae-based products, GC is mostly reported as a methodology for fatty acid methyl esters (FAME) separation in lipid extracts [31]. Over time, several variants of conventional GC were developed in order to improve separation resolution, and broaden the field of application. Examples include the two-dimensional GC, which is composed of two subsequent columns containing different stationary phases [186] that can be performed as GC–GC, when only selected fractions are re-injected in the second column, or GC×GC, when the sample is continuously re-injected [187]. Another example is the pyrolysis gas chromatography mass spectrometry (Py–GC/MS), in which the components are separated on a fused silica column and detected by mass spectrometer that can work in continuous or pulse modes, according to heating mechanism [188]. Py–GC/MS presents some advantages over other techniques, such as Fourier-transform infrared (FTIR) and thermogravimetric analysis (TGA), including the detection of products with low molar weight, without heating rates limitation and providing more complete information about gaseous products. Thus, Py–GC/MS has been used in the analysis of microalgae pyrolysis products aiming biofuel production [189].

5. Separation and Purification Methods

After the extraction, the biomolecules are usually mixed with either solvent or combined in a single phase, making it necessary to separate the compounds of interest from those that are of least interest or to remove impurities, which lower their value or introduce some type of toxicity. Thus, it is generally necessary to apply separation methods to purify the extracted compounds. These include electrophoresis, membrane separation, ultracentrifugation, etc., whose characteristics, advantages and disadvantages will be presented.

5.1. Electrophoresis

Electrophoresis uses the charge of the molecules to make them migrate through an electric field. This technique is commonly used for proteins and other macromolecules separation. Unlike GPC, where all particles are forced through the column, in electrophoresis, smaller particles migrate through the column pores, while larger particles remain almost immobile. Moreover, high-resolution separations can be achieved by two-dimensional electrophoresis (2DE), which was previously reported to solve more than 1000 proteins from *Escherichia coli* bacterium in a single experiment [190]. The advantage
of this approach is that in the first moment, the molecules are separated based on their charges and then according to their molar masses [191]. In the literature it is reported that electrophoresis and 2DE have been used in water-soluble and insoluble proteins resolution from microalgae, such as Porphyridium cruentum [192], Haematococcus pluvialis [193] and Chlorella protothecoides [194]. Alternatively, Lipkens et al. [195], US patent nº 9556411B2, described a method based on ultrasound and acoustophoresis for Dunaliella salina’s harvesting, lipid extraction and separation. The process comprises three sequential chambers; in each one a specific ultrasonic transducer forms acoustic waves perpendicular to the flow in order to accomplish harvesting, lipid extraction and lipid separation, respectively.

5.2. Membrane Separation Processes

Membrane processes allow separation of different compounds based on their size or charge (e.g., electromembrane). In conventional membrane filtration, while molecules larger than the pore size of membranes are retained, the lower molecules pass through the membrane pores, regardless of their nature, that is, without selectivity.

5.2.1. Ultrafiltration

Ultrafiltration (UF) is widely used for macromolecules concentration and buffer exchange. For example, by using reduced pore size membranes (i.e., 1–100 nm) and mild temperature conditions, high retention of proteins and enzymes can be achieved. However, unlike chromatographic methods, UF has no selectivity and has the disadvantages of being susceptible to fouling and absorption of target compounds during filtration. On the other hand, it is a low-cost technique and easy to scale up for commercial applications [196].

Chaiklahan et al. [197] evaluated the purification of a crude C-PC extracted from Spirulina sp. in two steps. First, performing microfiltration with 5 and 0.8/0.2 µm pore size membranes at 150 and 100 mL·min⁻¹, respectively, and then, membrane ultrafiltration with 50 kDa MWCO (Molecular Weight Cut Off) at 69 kPa and 75 mL·min⁻¹ flowrate. Under these conditions, the purity ratio increased from 0.54 ± 0.19 (before UF) to 1.07 ± 0.01, being considered as food grade.

Still in a pigment purification approach, Gómez-Loredo et al. [198] studied ultrafiltration as a complementary method to alcohol-salt aqueous two-phase systems (ATPS) for fucoxanthin (i.e., carotenoid) purification, achieving approximately 16% reduction in impurities. In addition, they noted that by increasing the concentration of ethanol in the biphasic system, more contaminants were trapped in the membrane. Thus, in this case, fouling turns out to be a desirable event.

5.2.2. Electromembrane Filtration

Electromembrane filtration (EF) is an alternative to conventional membrane filtration. The great advantage of EF is to promote separation by charge and molecular weight without requiring pressure, being more selective than the conventional membranes [199]. Kim et al. [200] also proved electromembrane filtration as a useful tool for harvesting Chlorella sp. KR-1, improving fourfold (6.47) the concentration factor (CF) when electricity was applied. Meanwhile, the maximum CF achieved was 1.32 and 1.56, without electricity and by commercial polyvinylidene (PVDF) membrane, respectively.

5.3. Ultracentrifugation

The differentiated sedimentation of molecules, according to their densities and under the influence of gravity (g-force), is the basic principle of particles separation by centrifugation. In laboratory scale, the g-force of ultracentrifugation can reach values of up to 200,000× g, being able, for example, to remove impurities (e.g., chlorophyll, cell debris) in an extract of C-phycocyanin [201] and to estimate molecular weight of enzymes
and proteins from microalgae [202]. However, for this last purpose ultracentrifugation is already outdated. Also, it is an energy-intensive procedure.

5.4. Aqueous Two-Phase Systems

In aqueous two-phase systems (ATPS) the phases are generally formed by the combination of polymer/polymer or polymer/salt as phase-forming components. However, the combination of alcohol/salt has also been widely used due to the easy of alcohol removal by evaporation. This technique can be used to purify several biomolecules such as pigments, proteins, enzymes, amino acids, antibodies, etc. [203]. The principle of the ATPS method is the mass transfer mechanisms involved in the equilibrium and phase separation of a mixture. The phase diagram of an ATPS is distinct and provides the optimal operating conditions (e.g., temperature, pH and concentration of the phase-forming components). Additionally, the physicochemical properties and concentration of the crude sample, as well as tie line length (the length of the line joining the composition of the two phases in a phase diagram), phase volume ratio of the two phases and the presence of additives can also affect the partitioning effect of target molecules in liquid biphasic systems and must be taken into account [204]. A variant of this technique that has been widely used to purify molecules from microalgal biomass is the liquid biphasic flotation (LBF). This technique combines ATPS with solvent sublation (SS), which is based on the adsorption of molecules in bubbles surface in aqueous phase. Briefly, the target component is carried by bubbles to the top of the immiscible phase composed of the organic solvent. Then, the bubbles rupture, releasing the target molecules to be recovered in the upper zone of the column [203].

Table 9 shows some recent research about purification of microalgal biomolecules by LBF. Chew et al. [205] achieved almost 94% recovery of C-PC in *Spirulina platensis* using PEG 4000 and (NH₄)₂SO₄. Meanwhile, Chia et al. [68], members of the same group, improved recovery in 1% by replacing salt with K₂HPO₄ and optimizing the pretreatment parameters (20% power, 50% duty cycle and 7 min of irradiation time). However, the most interesting result was that the purity factor of C-PC almost quadrupled with these adaptations, increasing from 1.63 to 6.17. The purity factor of C-PC extracts is generally given by the ratio A₆15nm/A₂₈₀nm (absorbance at 615 and 280 nm), which correlates the presence of C-phycocyanin and other contaminating proteins. Purity factors above 4.0 are considered as analytical grade and can value more than US$ 15 per mg [5]. Furthermore, Safaei et al. [206] reported four-step C-PC purification from *Limnothrix* sp. NS01, but achieving only 5.26 of purity. The steps included treatments with chitosan, activated charcoal, precipitation with ammonium sulfate and IEX. The genus *Limnothrix* includes filamentous cyanobacteria as well as *Spirulina*, which reinforces the importance of the results obtained by Chia et al. [68].

| Microalgae Species          | Pretreatment      | Type of Polymers | Type of Salts | Type of Alcohol | Bioproduct | Recovery (%) | Purity Factor |
|-----------------------------|-------------------|------------------|---------------|----------------|------------|--------------|--------------|
| *Chlorella sorokiniana* [207]| Ultrasonication  | -                | (NH₄)₂SO₄     | 2-propanol     | Protein    | 53.16        | -            |
| *Haematococcus pluvialis* [208]| Mechanical cell disruption | -                | Na₂CO₃        | 2-propanol     | Astaxanthin | 104.28       | -            |
| *Spirulina platensis* [205]| Ultrasonication  | PEG 4000         | (NH₄)₂SO₄     | -              | C-PC       | 93.50        | 1.63         |
| *Spirulina platensis* [68]  | Sonication       | PEG 4000         | K₂HPO₄        | -              | C-PC       | 94.89        | 6.17         |

PEG: polyethylene glycol. C-PC: C-phycocyanin.

As shown in Table 9, LBF is always associated with a previous pretreatment step. However, it is possible to integrate electric cell disruption and LBF in just one step (i.e., extraction followed by purification), the so-called liquid biphasic electric flotation (LBEF)
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[209]. Koyande et al. [210] were able to increase separation efficiency (nearly 10%) and protein recovery (nearly 20%) by replacing LBF with LBEF in protein extraction from C. vulgaris. Nevertheless, other adaptations of the methodology have been explored, such as the use of ionic liquids (ILs) [211] or the combination of non-ionic surfactants and ionic liquids [212] in the biphasic systems formation.

5.5. Three-Phase Partitioning

Three-phase partitioning (TPP) is a simple method for protein purification. Briefly, t-butanol and ammonium sulfate are added to an aqueous solution containing proteins. The ammonium sulfate promotes proteins precipitation and after mild centrifugation, proteins are concentrated in an intermediate zone between two immiscible phases: t-butanol on top, and water in the bottom [213]. t-Butanol is usually miscible in water, but in the presence of a certain amount of salt, such as ammonium sulfate, it becomes immiscible. In TPP, t-butanol increases protein buoyancy by acting as a co-precipitating agent and assisting in the triphasic formation [214]. Recently, Chia et al. [9] used a combination of TPP and LBF (method described in 5.4), the liquid triphasic flotation system (LTF), for protein recovery from Chlorella vulgaris biomass. In this last approach, LTF, the three phases are formed by a mixture of microalgal biomass, salt solution and t-butanol. The proteins are concentrated in the intermediate zone as well as in TPP and the air bubbles, also used in LBF, facilitate its extraction, reducing process time. In this work, they achieved approximately 90% of recovery and above 60% of separation efficiency.

5.6. Ammonium Sulfate Precipitation

The ammonium sulfate precipitation is a very well-established method applied to protein purification. By adding a salt into an aqueous solution containing the proteins, the salt dissociates and the water that once offered a great solvating power to proteins, solvates the dissociated ions preferably. Thus, the charges of the protein molecules tend to interact more, forming aggregates and precipitating, an effect called salting out. In addition, ammonium sulfate is usually chosen for this purpose due to its high water solubility and low cost [215]. Silva et al. [216] performed an experimental design to optimize some parameters (i.e., (NH₄)₂SO₄ concentration, volume and pH) in an ammonium sulfate precipitation protocol for C-PC purification from Spirulina platensis. The highest C-PC purity factor achieved was 0.88 at 0–20%/20–50% (NH₄)₂SO₄ saturation, 0.52 (resuspension volume/initial volume) and pH 7.0, with 83.8% of recovery. However, this methodology is generally used as a pre-purification step and it is often associated with chromatographic methods [217,218] or membrane dialysis [219,220]. Munsean and Kim [221] tested the purification of β-glucosidase, from Trichoderma viride produced by Chlorella vulgaris, in three steps. First, they performed the ammonium sulfate precipitation and then passed the sample through a DEAE-Sepharose FF column. Finally, the enzymatic-concentrated sample was loaded onto a Sephacryl S–100 HR column. As expected, yield decreases with each step, but the specific activity of the enzyme and its purification increased more than 30-fold (5.53 to 168.74 U·mg⁻¹ and 4.55 to 138.72, respectively). Later, Chen et al. [222] evaluated the purification of C-PC from S. platensis by ammonium sulfate precipitation, ion exchange chromatography and the combination of both. The best recovery was obtained with precipitation only (91 ± 2%), while the highest purity was obtained by combining both techniques (4.33 ± 0.10), in which the purity achieved with ammonium sulfate was 1.92 ± 0.06 and with chromatography 3.70 ± 0.06.

Table 10 summarizes the main advantages and disadvantages of several separation and purification methods described in Section 4. Among all advantages and disadvantages of each method, the chromatographic methods are still widely used at the laboratory scale. On the other hand, technologies based on multi-phase fractioning (e.g., aqueous two-phase and three-phase partitioning) despite being scalable demand large amounts of chemicals, generating environmental issues.
Table 10. Main advantages and disadvantages of several methods for biomolecules separation and purification.

| Separation/Purification Method               | Advantages                                                                 | Disadvantages                                                                                   | References |
|---------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|------------|
| Supercritical fluid chromatography          | - Lower viscosity, higher diffusivity and high efficiency                  | Polarity of the mobile phase is limiting factor (supercritical fluids is incapable of solubilizing highly polar solutes) | [223,224] |
|                                             | - Fast time analysis and lower pressure drop compared to liquid chromatography |                                                                                  |            |
|                                             | - Can separate thermally labile compounds                                   |                                                                                  |            |
|                                             | - Can use almost all HPLC and GC detectors                                 |                                                                                  |            |
| Gel permeation chromatography (GPC)         | - Rapid analysis time                                                       | Requires previous steps of sample preparation                                                   | [147,223] |
|                                             | - Requires small amounts of sample                                         | - GPC can only resolve solutes with molecular size differing in 10% at least                  |            |
|                                             | - Suitable for separation of molecules with high MW (>2000)                | - High equipment cost                                                                       |            |
| Ion-exchange chromatography                 | - Applicable for several molecules                                          | Does not provide direct information of stationary phase surface's events (response conditioned to the interaction between solute, eluent and active sites of resin) | [225]     |
| Thin-layer chromatography                   | - Short time and simple operation/cheap technology                         | Susceptible to polyunsaturated fatty acids oxidation (open system)                            | [129,160,161,226] |
|                                             | - Can be used for direct analysis of crude samples                         |                                                                                  |            |
|                                             | - Performed at room temperature                                            | Low separation efficiency                                                                  |            |
| High-performance chromatography             | - Quantitative analysis with accuracy and precision                         | Lower separation efficiency than capillary GC                                                | [129,227] |
|                                             | - Great reproducibility and selectivity                                    | No universal detector                                                                      |            |
|                                             | - Resolution of complex separations                                        | Many operating parameters (more complex operation)                                          |            |
|                                             | - Not limited by volatility or thermal stability of the sample             |                                                                                  |            |
|                                             | - Sample recovery is relatively simple                                     |                                                                                  |            |
| Gas chromatography                          | - High resolution of components with short time-analysis                   | Limited to volatile compounds                                                               | [129,186] |
|                                             | - Capable of analyze low amounts of sample (μL)                            | Commonly needs to be associated with mass spectroscopy                                       |            |
|                                             | - Reliable, relatively simple and low cost comparing to other chromatographic technologies | - Not suitable for most polar, thermolabile or high molecular weight compounds                |            |
|                                             | - Sample recovery is relatively simple                                     | - Not suitable for large-scale                                                                |            |
| Ultrafiltration                             | - Mild temperature conditions                                              | Conventional UF have a limitation of separation of solutes with 10-fold difference in size  | [196,198] |
|                                             | - Less energy consumption than other membrane technologies                  | - Susceptible to membrane fouling                                                            |            |
|                                             | - High retention of macromolecules                                         |                                                                                  |            |
| Electromembrane filtration                  | - More selective and with reduced fouling formation compared to traditional membrane filtration | Requires additional energy                                                                   | [199,200] |
| Separation/Purification Method | Advantages | Disadvantages | References |
|-------------------------------|------------|--------------|------------|
| Ultracentrifugation | - Allows the separation of small biomolecules | - Time consuming and sample loss | [228] |
| | - Low energy consumption and short processing time | | |
| | - High extraction efficiency | - Expensive equipment that requires regular maintenance | |
| | - Simple operation and feasible for large-scale | - Incapable of processing various samples simultaneously | |
| Aqueous two-phase systems | - Requires large amounts of polymer in large scale | | [203,205,211] |
| | - Environmental issues even recycling the phase-forming polymer | | |
| Three-phase partitioning | -Requires organic solvents | | [9,213] |
| | - Environmental concerns | | |
| | - Simple operation with short processing time | -Mild conditions avoid protein denaturation | |
| | - Can be performed at room temperature | - Purify and concentrate proteins (unlike chromatographic methods, that dilute them) | |
| | - Achieve high purity levels | - Non expensive and feasible for large-scale | |
| | - Can be used directly in cultures containing cell debris without previous pretreatment | | |
| Ammonium sulfate precipitation* | - Commonly used as a pre-purification method, frequently followed by chromatographic methods or membrane filtration to achieve high purity levels | | [216,218–220] |
| | -Low-cost technology with simple operation | | |
| | -Feasible for large-scale | | |

MW: molecular weight.
6. Conclusions

Microalgal biomass is a rich source of biomolecules with applications in several industry sectors, such as food, pharmaceuticals and cosmetics. However, like any biotechnological process, it is necessary to establish strategies to make it economically viable. Recent developments using supercritical fluids, ionic liquid and deep eutectic solvents have shown potential substitutes for traditional extractive methods based on organic solvents. Furthermore, physicochemical treatments, such as supercritical fluid extraction, ultrasound-assisted extraction and pulsed electric fields are promising technologies for large-scale implementation, presenting high efficiency and producing extracts with a high purity level. In particular, the use of PEF treatments can be applied in both upstream, as a growth stimulator, and downstream processes to enhance extraction yield. Concerning biomolecule separation and purification, chromatographic methods are widely applied in laboratory scale, although, improvements in non-chromatographic methods based on multi-phase systems have been extending their application and turned them scalable. However, the demand for large amounts of polymer or organic solvent is still the biggest drawback of these methods. Thus, greener technologies that combine high efficiency, selectivity and low energy demand, such as supercritical fluid extraction, are the preferable techniques applied in large-scale microalgae processes. Moreover, the recent developments applied to microalgal biomass have demonstrated not only the high value of microalgal biomass as feedstock for new biorefineries, but also the viability of a new biobased economy that is more environmentally friendly and more sustainable. Despite the development of competitive bioproducts on the market still being a challenge and requiring great dedication from research centers, the transition from chemicals to bio-based products is an unquestionable trend worldwide.

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