The Taihang Mountain Region of North China is Experiencing A Significant Warming Trend

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Abstract: The Earth’s climate has warmed by approximately 0.6 °C over the last century, but temperature change in the Taihang Mountain region—an important transition zone in North China which functions as an ecological barrier for Beijing, Tianjin, and other big cities—is still unknown. In this study, we analyze the spatial and temporal trends in the average annual and seasonal surface air temperature in the Taihang Mountain region from 1968 to 2017. The effect of elevation, longitude, latitude, percent forestland, percent farmland, and gross domestic product (GDP) on temperature was also determined. Our results show that the Taihang Mountain has warmed by 0.3 °C/decade over the past five decades. Partitioned seasonally, average warming was 0.38, 0.14, 0.21, and 0.47 °C/decade in spring, summer, fall, and winter, respectively. Elevation and latitude were significantly negatively correlated with temperature but had no correlation with the temporal warming trend (i.e., the Z value from a Mann–Kendall test). The Z value was significantly negatively correlated with percent forestland and positively correlated with GDP, indicating that economic development has induced warming, but afforestation may reduce the rate of warming increase. Together, our results provide important insights into the rates and drivers of climate change within mountainous regions.

Keywords: climate change; mann–kendall test; gross domestic product; regional warming

1. Introduction
Global warming has a significant effect on plant growth, biodiversity [1], drought [2], ecosystem services [3], and even economic inequality [4]. Based on the Intergovernmental Panel on Climate Change, a body of the United Nations, globally averaged surface temperature has increased by 0.6 ± 0.2 °C in the 20th century [5]. Global warming is caused by increased greenhouse gas emissions (e.g., CO\textsubscript{2} and N\textsubscript{2}O). However, the trends of temperature increase are different for different regions and can exhibit high levels of noise, which has largely been removed from global temperature estimates through extensive averaging [6,7]. For example, in the Middle East region, average temperature increased by 0.07 °C/decade from 1950 to 1990 [8]. In Nepal, warming rates in Terai and the Trans-Himalayas (Jomsom) are estimated to be 0.24 and 0.29 °C/decade, respectively [9]. In Estonia, the average rise in annual air temperature was 0.1 °C/decade from 1880 to 2012 [10]. In China, the rate of temperature increase also varies by region. For example, linear trend analyses show that temperature over the Yunnan Plateau increased by 0.3 °C/decade from 1961 to 2004 [11].
In Xinjiang, temperature increased by 0.28 °C/decade from 1961 to 2005 [12]. In the Hengduan Mountain region, the temperature increased by 0.15 °C/decade from 1960 to 2008 [13]. In the Miyun Reservoir Basin, the temperature increased at a rate of 0.36 °C/decade [14]. As temperature trends can vary considerably across time and space, it is important to study regional climate changes and their influencing factors.

Not only have average annual temperatures changed, but also have seasonal temperatures changed drastically in different regions. For example, in Iran, minimum and maximum temperatures have no specific trends in winter but significant positive trends (and spatial variation among trends) in the other seasons [15]. In the Yunnan Plateau of Southwest China, a warming trend of 0.33 and 0.26 °C/decade was observed in winter and summer, respectively [11]. In the Hengduan Mountain region of China, average spring, summer, fall, and winter temperatures increased by 0.589, 0.153, 0.167, and 0.347 °C/decade, respectively [13]. Although different temperature trends have been noted in different seasons, it is apparent that most regions are experiencing warmer winters, potentially caused by snow–ice feedback and rapid greenhouse gas emissions [16,17].

Temperature is nearly always negatively correlated with elevation [18,19] and the average lapse rate is about 0.65 °C/100 m [20], although lapse rate can be highly region-dependent. Topographic relief in mountainous areas involves elevation changes that could significantly impact the spatial distribution and temporal trend of temperature changes [21,22]. Furthermore, the rate at which warming occurs can be influenced by elevation, with higher elevation regions increasing in temperature more rapidly than lower elevation regions [23]. Land use type can also influence temperature. For example, local temperature decreases in areas with land use change from bare soil to vegetation [24]. Temperature tends to be highest on bare rock, followed by built-up land, bare soil, scrubland, farm cropland, sparse vegetation, and then waterbodies. These trends can be explained by differences in heat flux, thermal conductivity and radiation, and anthropogenic influences [25]. An income–temperature analysis of 100 countries found that a 1.0 °C temperature rise would cause an estimated 3.8% drop in global gross domestic product (GDP) [26]. Furthermore, GDP is always considered as a measure of economic level. Economic development always combined with energy consumption as well as the use of fossil fuels, which inevitably leads to an increase in carbon emissions [27,28]. This, in turn, significantly influences temperature. Beside the topographical factors and GDP, land use type was also an important influencing factor of temperature. For example, farmland, in this case, dry land, was found to have an increasing rate of 0.13 °C/decade, yet the value for forestland was only 0.05 °C/decade [29]. The knowledge of the influence of land use on temperature will be crucial for gaining insights into regional climate changes and potential mitigation actions.

The Taihang Mountain region is located in North China and is an important transition zone between the Loess Plateau and the North China Plain [30]. In the Loess Plateau, average annual temperature increased by 1.91 °C from 1961 to 2010 [31]. In Shanxi Province (west of the Taihang Mountain region), average annual temperature increased by 1.20 °C from 1959 to 2008 [32]. In the Beijing–Tianjin–Hebei region (east of the Taihang Mountain region), the average warming rate was 0.35 °C/decade from 1976 to 2005 [17]. Although these studies were conducted in the regions near Taihang Mountain, there is still little information available about this transition zone. Knowing the spatial and temporal trends in this transition zone is helpful in weather forecasting water regulation, and even land use management. Some studies on Taihang Mountain have reported significant increases in annual temperature, but most focused on a relatively small area of the mountain. For instance, temperature increased by 0.5 °C/decade between 1960 and 2012 in a typical basin on the northern side of the Taihang Mountain region [33]. While ample weather stations exist in the Taihang Mountain region, the amount of data available makes it difficult to produce widespread (and long-term) temperature trends. Moreover, the effect of elevation, land use, and human activity on warming in this region remains unclear.
In this study, we analyzed the available temperature data from weather stations across the Taihang Mountain region of North China to assess warming trends across space and time and to relate trends to geographic and anthropogenic variables. Specifically, our objectives were to: (1) assess the spatial distribution of temperature, (2) analyze temporal trends in temperature, and (3) determine the effects of elevation, land use, and GDP on temperature. The goal of this research was to provide a clearer picture of the nature and drivers of climate change in this region.

2. Materials and Methods

2.1. Site Description

The Taihang Mountain region is located in North China and is a geographical divide between the Loess Plateau and the North China Plain (Figure 1a). The region has an area of 130,000 km², with a northwest–southeast width of approximately 160 km and northeast–southwest length of approximately 800 km. The elevation decreases drastically from the northwest to the southeast, with the highest elevation in Wutai County. The region has a semi-humid continental monsoon climate, with a cold winter and hot summer. Summer heat tends to co-occur with monsoon rains. There are four distinct seasons in the study area: spring (March to May), summer (June to August), fall (September to November), and winter (December to February). July has the highest and January the lowest temperature. This mountain region covers 101 counties and four provinces, including Beijing, Hebei, Shanxi, and Henan. Many of the counties have experienced rapid development in the past 50 years. Based on 2015 data, the average GDP across all 101 counties is 16.75 billion yuan, with the highest (90.2 billion yuan) being Changping in Beijing and the lowest (2.16 billion yuan) being Shunping in Shanxi Province. The land use type is mainly farmland (35%), forestland (29%), and grassland (26%).

Figure 1. Location of the study area in the Taihang Mountain region of China (a) and a map of the study area showing the locations of weather stations where the data were collected (b).
2.2. The Flowchart of This Study

The detail steps of this paper is shown by a flowchart (Figure 2). Surface air temperature from 88 weather stations in Taihang Mountain region were analyzed (Figure 1b). The data spanned 50 years (1968–2017) and represents time intervals of 10 days for some stations and one month for others. The Kriging method was used to analyze the spatial distribution of temperature, and Mann–Kendall (MK) test was used in the analysis of temporal trend of temperature. The Z value in the MK test was used to represent the trend. The driving factors were selected based on previous studies. Natural factors and human factors are two important aspects that influence the spatial and temporal trend of temperature. In a mountainous region, latitude, longitude and elevation are the three most important geographical factors that affect temperature [23,31]. Therefore, these factors were chosen for the flowing analysis. For the human factors, it has been proven that increases in the greenhouse gas emissions can significantly influence temperature. GDP is a comprehensive factor for regional economic development and has a close relationship with greenhouse gas emission [28]. Therefore, GDP was chosen as a factor in this study. Land use type may also significantly correlate with greenhouse gas. Forestland may decrease greenhouse gas emissions, but farmland may increase them [34]. Moreover, forestland and farmland were the main land use types in the study are, accounting for about 65% (Figure 3), which is why these factors were chosen. A correlation analysis between the temperature and temperature trend (Z value in the MK test) and the selected factors was conducted. The factors that significantly correlated with temperature and Z value are used in the geographically weighted regression (GWR) analysis to show the spatial distribution of predicted value and the local coefficient of determination (R²).

![Figure 2](image-url). The flowchart for analysis spatial and temporal tend of temperature and the influencing factors.
2.3. Data Source and Analysis Software

Elevation data were derived from Advanced Spaceborne Thermal Emission and Reflection Radiometer Global Digital Elevation Model (30 m resolution), developed by the Japanese Ministry of Economy, Trade, and Industry and the United States National Aeronautics and Space Administration [35]. Information on GDP was obtained from the statistical yearbooks of the four provinces. Finally, land use data were obtained from the Landsat Thematic Mapper image for 2015, which was visually interpreted [36].

Spatial distributions of average annual and seasonal temperatures for the 50-year period were drawn in ArcMap 9.3 using the Kriging interpolation method. The effects of land use type, GDP, longitude, latitude, and elevation on temperature were analyzed using correlation analysis in SPSS 22.0 [25]. The temporal trend in temperature change was tested for significance using an MK test [37]. Geographically weighted regression was also done in ArcMap 9.3.

2.4. Mann–Kendall Tests

Mann–Kendall, abbreviated as MK, tests are widely used to test the significance of temporal trends in temperature. In the MK test, a statistical value \( Z \) indicates whether a trend is increasing (positive \( Z \) value) or decreasing (negative \( Z \) value). Based on this method, the null hypothesis is that the investigated time series is steady for a number \( n \) of independent and random elements [37,38]. For the time series of \( x_1, x_2, \ldots, x_n \), \( Z \) is calculated as

\[
Z = \begin{cases} 
\frac{(S - 1)}{q} & (S > 0) \\
0 & (S = 0) \\
\frac{(S + 1)}{q} & (S < 0) 
\end{cases}
\] (1)

where \( q \) is calculated as in Equation (2) and \( S \) as in Equation (3):

\[
q = \sqrt{n(n - 1)(2n + 5)/18} 
\] (2)
\[ S = \sum_{i=2}^{n} \sum_{j=1}^{i-1} \text{sign}(X_i - X_j). \] (3)

The \text{sign} function used in Equation (3) is calculated as in Equation (4),

\[ \text{sign}(X_i - X_j) = \begin{cases} 
1 & (X_i - X_j) > 0 \\
0 & (X_i - X_j) = 0 \\
-1 & (X_i - X_j) < 0 
\end{cases} \] (4)

When \(|Z| > 1.98\), the trend is significant at the \(p < 0.01\) significance level. When \(|Z| > 1.67\), the trend is significant at the \(p < 0.05\) significance level. The MK test can also be used to determine specific years that experienced abrupt changes in climate using two functions, \(CF\) and \(CB\), defined as:

\[ CF = (D_k - E(D_k))/\sqrt{\text{var}(D_k)}, \] (5)
\[ CB = -CF \] (6)

In these two functions, \(D_k\) is the test statistic and is calculated as

\[ D_k = \sum_{i=1}^{k} m_i \] (7)

\[ m_i = \begin{cases} 
1 & (x_i - x_j) > 0 \\
0 & (x_i - x_j) \leq 0 
\end{cases} \quad (j = 1 \text{ to } i). \] (8)

In Equation (5), \(E(D_k)\) is the excepted value of \(D_k\) and \(\text{var}(D_k)\) is the variance of \(D_k\). If \(CF\) exceeds the confidence line (\(y = 1.98\) for \(p < 0.01\) and \(y = 1.67\) for \(p < 0.05\)), it indicates a significant increasing trend in the time series. Otherwise, it indicates a decreasing trend. If a significant trend is found and the intersection point of \(CF\) and \(CB\) is between the two confidence lines, this point can be considered a year that experienced an abrupt change in climate [38].

2.5. Geographically Weighted Regression

The GWR method is a local regression method, which always act as an extension of global regression method [39]. The global regression model can be expressed by Li et al. (2010) [40]:

\[ P_m = a_0 + \sum_n a_n O_{mn} + e_m \] (9)

In the formula, \(P_m\) is the dependent variable, \(O_{mn}\) is the independent variable, \(a_0\) is the intercept, \(a_n\) is the slope coefficient for \(n\)th independent variable, and \(e_m\) is the random error. For the GWR, location information for each point is added to the model:

\[ P_m = a_0(u_m, v_m) + \sum_n a_n(u_m, v_m) O_{mn} + e_m \] (10)

In Equation (10), \((u_m, v_m)\) means the coordinates of the \(m\)th point, \(e_m\) means the random error at point \(m\), \(a_0\) and \(a_n\) are the efficient to be estimated. GWR method estimates parameters based on the distance between the predicted and observed values. The closer the observed points to the predicted point, the higher weight than the one far from it in the estimation.

3. Results

3.1. Spatial Distribution of Annual and Seasonal Temperature

The average annual temperature was 11.41 °C in the Taihang Mountain region from 1968 to 2017 (Table 1), with the lowest temperature being 10.22 °C in 1984 and the highest being 12.51 °C in 2017. The coefficient of variation (CV) of temperature across the 50-year recording period was 5.21%, indicating a weak variation. A significant difference in average
temperature was found among the four seasons, with hot summers (23.81 °C) and cold winters (−2.35 °C). The CV for winter (50.5%) was much higher than that of other seasons (2.42–7.39%), indicating that temperature varied more extensively in the winter relative to other seasons.

In general, the average annual temperature decreased from the southeast to the northwest (Figure 4a), with the highest (15.5 °C) at the Jiaozuo weather station in Henan Province and the lowest (6.7 °C) at the Hunyuan weather station in Shanxi Province. The spatial trends in temperature were similar for the four seasons (Figure 4b–e). However, temperature was more homogeneous in winter than the other seasons. Compared the results with Table 1, it is evident that winter temperature was homogeneous in space, but heterogeneous in time.

### 3.2. Annual and Seasonal Temperature Trends

The average annual temperature increased significantly from 1968 to 2017 ($R^2 = 0.56$, $p < 0.01$; Figure 5a). This suggests that temperature in the Taihang Mountain region increased by 0.03 °C/year, which is a severe degree of warming. Although all four seasons experienced significant warming, the degree of warming varied (Figure 5b–e). The season that experienced the most warming was winter (0.047 °C/year), followed by spring (0.038 °C/year), fall (0.021 °C/year), and then summer (0.014 °C/year). Thus, the temperature increase occurred mostly in spring and winter in the Taihang Mountain region. The coldest winter was in 1968 (with an average temperature of −5.20 °C) and the hottest winter was in 2007 (−0.03 °C). The hottest summer was in 1997 (25.25 °C) and the coldest in 1976 (22.55 °C).
Figure 4. Spatial distribution of average annual (a), spring (b), summer (c), fall (d), and winter (e) temperature from 1968 to 2017 in the Taihang Mountain region of North China.
3.3. Mann–Kendall Test of Annual and Seasonal Temperature Trends

The MK test produced Z values that were 4.62, 2.69, 3.03, and 4.32 for spring, summer, fall, and winter, respectively (Figure 6). The Z values for spring and winter were much higher than for summer and fall, indicating that spring and winter experienced more significant warming in the study area. Although the Z values varied by season, all the seasons showed significant warming trends at the $p < 0.01$ level, with Z values higher than 2.56.

Figure 5. Temporal trends in temperature plotted at annual (a), spring (b), summer (c), fall (d), and winter (e) scales from 1968 to 2017 in the Taihang Mountain region of North China.
The MK test showed a clear abrupt change in 1994 (Figure 7), suggesting that temperature started to increase drastically in that year. For different weather stations, the years with abrupt change were different. Overall, 14 stations documented an abrupt change in 1997, and 13 in 1994, accounting for 15.7 and 14.6% of the stations in the study area, respectively. There were 18 stations did not show any abrupt change (Table 2). These discrepancies could be driven by spatial variations in temperature in the Taihang Mountain region study area.

**Figure 6.** Results of Mann–Kendall tests performed on temperature data partitioned by season and collected from 1968 to 2017 in the Taihang Mountain region of North China. Z values above the red line are significant at the $p < 0.05$ level and values above the blue line are significant at the $p < 0.01$ level.

**Figure 7.** Results from a Mann–Kendall test on changes of annual average temperature from 1968 to 2017 in the Taihang Mountain region of North China. The point where the UF(k) and UB(k) trend lines intersect indicates a year of particularly abrupt temperature change.
Table 2. Years between 1968 and 2017 that had abrupt temperature changes in the Taihang Mountain region of North China, according to a Mann–Kendall test performed on data recorded by 88 weather stations.

| Abrupt Year | Number of Stations | Percentage of Stations | Accumulate Percentage |
|-------------|--------------------|------------------------|-----------------------|
| *           | 22                 | 24.7                   | 24.7                  |
| 1981        | 1                  | 1.1                    | 25.8                  |
| 1986        | 3                  | 3.4                    | 29.2                  |
| 1987        | 1                  | 1.1                    | 30.3                  |
| 1988        | 1                  | 1.1                    | 31.5                  |
| 1989        | 4                  | 4.5                    | 36                    |
| 1990        | 3                  | 3.4                    | 39.3                  |
| 1991        | 4                  | 4.5                    | 43.8                  |
| 1992        | 1                  | 1.1                    | 44.9                  |
| 1993        | 4                  | 4.5                    | 49.4                  |
| 1994        | 13                 | 14.6                   | 64                    |
| 1995        | 4                  | 4.5                    | 68.5                  |
| 1996        | 4                  | 4.5                    | 73                    |
| 1997        | 14                 | 15.7                   | 88.8                  |
| 1998        | 4                  | 4.5                    | 93.3                  |
| 1999        | 1                  | 1.1                    | 94.4                  |
| 2000        | 3                  | 3.4                    | 97.8                  |
| 2003        | 1                  | 1.1                    | 98.9                  |
| 2006        | 1                  | 1.1                    | 100                   |

* means the weather stations without abrupt years.

3.4. Spatial Distribution of Increasing Temperature Trends

Of the 88 weather stations in the Taihang Mountain region study area, 83 had highly significant ($p < 0.01$) increasing temperature trends, two had significant trends ($p < 0.05$), and four had no trends that were statistically significant ($p > 0.05$; Figure 8a). Areas with non-significant temperature increases were mainly located in the central–east region of the study area. According to MK, Z values were higher in the north and southeast of study region (Figure 8b), indicating that these regions experienced more significant temperature increases.

Figure 8. Plots depicting the significance of increasing temperature trends from 1968 to 2017 at 88 weather stations in the Taihang Mountain region of North China (a) and the spatial distribution of Z values derived from Mann–Kendall tests conducted on these data (b).
3.5. Factors Influencing Temperature Trends

Temperature was significantly influenced by elevation and decreased as elevation increased (Table 3). Temperature was also significantly correlated with latitude ($R = -0.467; p < 0.001$). Unlike the latitude, longitude was not correlated with temperature with a correlation coefficient of $-0.73$ and a $p$ value of 0.498. All geographical factors were relatively less correlated with $Z$ values. This suggested that, while geographical factors had significant effects on temperature, their effects on the increasing trend of temperature was minimal. For the influence of GDP and land use type, temperature had no significant correlations with either land use or GDP, but the temperature trend was significantly correlated with both land use and GDP (Table 3). Regression analysis showed a significant negative correlation between temperature increasing rate and percent forestland ($R^2 = 0.1159, p = 0.007$; Figure 9a), but the correlation with GDP was positive ($R^2 = 0.0968, p=0.034$; Figure 9b). This suggests that the increase in temperature was slower in counties with high amounts of forested area and low GDP. When GDP was 0, temperature increase in the Taihang Mountain region was 0.27 °C/decade. In addition, with a 100 billion yuan increase in GDP, temperature would increase was 0.18 °C/decade according to these results. According to the correlation between percent forestland and rate of temperature increase, the temperature would increase by 0.4221 °C/decade if a county had no forestland, which is 0.12 °C/decade higher than the average temperature increase (0.3 °C/decade). Moreover, the temperature increase associated with a GDP of 100 billion yuan could be offset by a 17% increase in forested area in a given county.

Table 3. Correlation analyses between influencing factors and mean annual temperature ($T$) as well as temperature trends ($Z$) from 1968 to 2017 in the Taihang Mountain region of North China, * means the correlation is significant at 0.05 level, and ** means the correlation is significant at 0.01 level.

|          | Percent Forestland | Percent Farmland | Gross Domestic Product | Elevation | Longitude | Latitude |
|----------|--------------------|------------------|------------------------|-----------|-----------|----------|
| $T$      | $R$ 0.151          | $-0.174$         | 0.064                  | $-0.863$ ** | $-0.73$   | $-0.467$ ** |
|          | $p$ 0.166          | 0.108            | 0.560                  | <0.01     | 0.498     | <0.001   |
| $Z$      | $R$ $-0.27$ *     | 0.064            | 0.236 *                | 0.022     | 0.209 *   | 0.123    |
|          | $p$ 0.039          | 0.552            | 0.027                  | 0.840     | 0.05      | 0.252    |

![Figure 9](image-url)  

Figure 9. Correlations between the rate of temperature increase from 1968 to 2017 in the Taihang Mountain region of North China and percent of forestland (a) and gross domestic product (GDP) (b).

As the temperature mainly influenced by elevation and latitude, the $Z$ value mainly influenced by percent forestland, GDP, and longitude, the elevation and latitude were set as input in the prediction of temperature, and percent of forestland, GDP, and longitude were used to predict $Z$ value by the GWR method. The results showed that the predicted temperature was between 6.94 and 14.82 (Figure 10a). The spatial distribution of the predicted temperature was similar with that of observed value. The $R^2$ ranged from 0.807 to 0.957, with higher value zones located in the northern and southern parts, and the lower value zone located in the middle of the Taihang Mountain region (Figure 10b).
The predicted Z value ranged from 3.92 to 5.68 (Figure 10c), but the $R^2$ was relatively low (0.005–0.179) (Figure 10d). It indicated that the prediction precision was lower for the Z value than that for temperature by the GWR method.

Figure 10. Spatial distribution of predicted temperature (a), $R^2$ for temperature (b), predicted Z value (c), and $R^2$ of the for Z value (d) in geographically weight regression analysis.
4. Discussion

4.1. Spatial and Temporal Temperature Trends in the Taihang Mountain Region

Global warming is widely acknowledged and has been reported in many studies [41–43]. During 1902–2002, the Earth’s temperature increased by approximately 0.6 °C, and the rate of increase was more significant during the periods 1910–1945 and from 1976 onward [44]. In the Taihang Mountain region, the warming degree is more severe than global averages. Spatial temperature patterns are critical for understanding global warming [45] and are controlled by variations in direct solar radiation falling on the earth’s surface [46]. However, in mountain terrains, elevation, slope gradient, and slope aspect can influence the direct solar radiation and are therefore important additional factors influencing temperature [46]. In the Taihang Mountain region, temperature increased gradually from east to west (Figure 4) and the spatial distribution of temperature was significantly negatively correlated with elevation.

In this study, spatial and temporal trends of temperature varied with season. Temperature increase was more significant in winter and spring than in summer and fall, a pattern that has been noted elsewhere [10,14,17]. There are several reasons for more rapid warming in winter and spring. For example, snow–ice feedback can induce a rapid rise in temperatures near the annual 0 °C isotherm [16]. In addition, the relatively greater amount of greenhouse gas emissions typically released in cold periods can trigger temperature rise [17]. Both of these factors may have increased winter and spring warming in the Taihang Mountain region. Differences in warming trends could affect both the environment and human society and therefore require close monitoring.

Studies have assessed spatial and temporal temperature trends in areas near the Taihang Mountain region. The Loess Plateau, to the west of the study area, also warmed significantly from 1961 to 2010. Temperature increased annually, and in the spring, summer, fall, and winter by 0.382, temperatures increased 0.399, 0.338, 0.315, and 0.565 °C/decade, respectively [31]. In the Beijing–Tianjin–Hebei region, to the east of the Taihang Mountain region, the annual, spring, summer, fall, and winter temperature increases from 1956 to 2005 were 0.39, 0.389, 0.201, 0.262, and 0.563 °C/decade, respectively [17]. Compared to these studies, the Taihang Mountain region experienced similar trends, with rapid warming in winter and spring. However, the Taihang Mountain region exhibited greater spatial variation in temperature. This could be due to the fact that more complex, mountainous topography (e.g., elevation, slope aspect, and slope gradient) exists in this region, factors known to significantly affect temperature [21,25].

4.2. Effect of Geographical and Anthropogenic Factors on Temperature

Elevation, slope, zenith angle, aspect, and land use and land cover are often treated as key factors influencing land surface temperature in mountainous areas [25]. Temperature is known to decrease with increasing elevation and the lapse rate is generally estimated at 0.65 °C/100 m [20]. However, in the Taihang Mountain region, the lapse rate was lower, 0.51 °C/100 m. This could be caused by the fact that environmental conditions in the region are very complex, with high spatial variations in vegetation, soil, topography, among other factors [35,36,47]. In addition to the temperature changes associated with elevation, the rate of temperature increase caused by global warming is known to be influenced by elevation. However, this relationship is highly variable and can be positive [13], negative [48], or not significant [49]. In the Taihang Mountain region, the rate of temperature increase was not significantly correlated with elevation. However, it is possible that elevation was a key influencing factor of temperature, but that its impact was weakened by high environmental heterogeneity in the region. In this study, latitude was negatively correlated with temperature, which corroborates other studies finding that most regional warming has occurred at lower latitudes [4,17]. However, one study found that temperatures increased rapidly at higher latitudes, which could be driven by the fact that greenhouse gas concentrations are amplified at higher latitudinal zones [23]. Longitude had no significant correlation with either mean temperature or its increasing trend. This may because the longitudinal
span of the Taihang Mountain region is relatively small. The temperature predicted by GWR method had a high precision. Moreover, the predicted precision was higher in the south and north than that of the middle of the Taihang Mountain region. Compared to temperature, the Z value showed a lower prediction precision. This suggested that the temperature could be predicted using geographical factors by the GWR method.

Besides geographical factors, anthropogenic factors also affect regional temperature. Studies have found economic development to be closely related to temperature [26]. In this study, mean temperature had no correlation with the GDP of the 88 counties (Table 3). This is likely because the study area is relatively small, and therefore the general climatic conditions were very similar. GDP could be more strongly influenced by county policy than by temperature. However, we did find that the increase in temperature rates was significantly affected by the economy, with more-highly developed counties experiencing greater temperature increases (Table 3). This is because regions with higher GDP have more industries that emit greenhouse gases [27]. Economic development and environmental protection have contrasting goals that often affect regional and global warming [4]. Our study showed that the percentage of forestland in a given county has a significantly negative correlation with the rate of temperature increase (Table 3). Therefore, the establishment and conservation of forests may be an effective means of alleviating regional warming given rapid development.

4.3. Regional Warming and Its Influence on the Environment and Human Health

Global warming has been proven to have significant impacts on the environment and human health, including polar ice melt, sea level rise, increasing droughts and heat waves, and spread of disease [17,41,44]. Global warming also has a significant effect on economic production. Overall economic productivity is non-linearly related to temperature. One study found that peak global productivity occurred at an average annual temperature of 13 °C and sharply declined at higher temperatures [50]. Moreover, global warming very likely exacerbates global economic inequality, including an approximately 25% increase in population-weighted between-country inequality over the past half century [4]. As with global warming, regional warming has several distinct impacts on the environment and human health. First, regional warming exacerbates the pace of global warming [51]. Second, regional warming increases evaporation, which, in turn, reduces precipitation and affects regional surface water budgets [42,52]. Studies show that precipitation has been decreasing in the Taihang Mountain region in recent years [53] and that irrigation has generally increased with decreasing precipitation [54]. Thus, with fewer water inputs, land development for agriculture will require increased groundwater funnel formation and may thereby increase the likelihood of water crisis. Third, regional warming increases the spread of diseases such as malaria [55]. Given the negative impacts associated with regional warming, it is important to take measures to slow down the warming process. Specifically, reducing greenhouse gas emissions, preserving intact forest, and increasing afforestation should be strongly encouraged.

5. Conclusions

Between 1968 and 2017, the temperature of the Taihang Mountain region has significantly increased at a rate of 0.3 °C/decade, much higher than the global average. Temperature increases mainly occurred in winter and spring, by 0.38 and 0.45 °C/decade, respectively. Temperature varied spatially and generally dropped from east to west. Elevation and latitude were significantly negatively correlated with mean annual temperatures, but not significantly correlated with trends of temperature increase, given Z values from MK tests. This indicates that geographical factors mainly affected mean temperature, rather than temperature trends. Mean temperature was not correlated with percent forestland and GDP, but the rates of temperature increase were significantly negatively correlated with percent forestland and positively correlated with GDP. Our results suggest that an increase in GDP by 100 billion yuan could increase temperature by 0.18 °C/decade,
that an approximately 17% increase in forestland would be required to offset this effect. This suggested that slowing economic development (particularly for industries with high greenhouse gas emissions), conservation of existing forests, and afforestation could effectively slow warming in the Taihang Mountain region.

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