Synthesis and applications of WO₃ nanosheets: the importance of phase, stoichiometry, and aspect ratio

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Tungsten trioxide (WO₃) is an abundant, versatile oxide that is widely explored for catalysis, sensing, electrochromic devices, and numerous other applications. The exploitation of WO₃ in nanosheet form provides potential advantages in many of these fields because the 2D structures have high surface area and preferentially exposed facets. Relative to bulk WO₃, nanosheets expose more active sites for surface-sensitive sensing/catalytic reactions, and improve reaction kinetics in cases where ionic diffusion is a limiting factor (e.g. electrochromic or charge storage). Synthesis of high aspect ratio WO₃ nanosheets, however, is more challenging than other 2D materials because bulk WO₃ is not an intrinsically layered material, making the widely-studied sonication-based exfoliation methods used for other 2D materials not well-suited to WO₃. WO₃ is also highly complex in terms of how the synthesis method affects the properties of the final material. Depending on the route used and subsequent post-synthesis treatments, a wide variety of different morphologies, phases, exposed facets, and defect structures are created, all of which must be carefully considered for the chosen application. In this review, the recent developments in WO₃ nanosheet synthesis and their impact on performance in various applications are summarized and critically analyzed.

1. Introduction

Tungsten trioxide (WO₃) is of interest in a great number of potential applications due to both its intrinsic properties and its wide range of options for chemical/structural modifications. WO₃ is generally eco-friendly, inexpensive, and abundant.¹ Pure WO₃ can be stable or metastable in many phases, including monoclinic, orthorhombic, hexagonal, or cubic, with several hydrated crystalline phases of various stoichiometries

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(WO$_3$·nH$_2$O) possible as well (Table 1). In addition, WO$_3$ is generally non-toxic, and its chemical stability over a wide pH range makes it useful for both liquid and gas phase applications.

Bulk WO$_3$ typically has a band gap of 2.5–3.0 eV, and due to considerable absorption of visible light, is one of the most widely explored photocatalysts for solar-driven applications. The WO$_3$ band gap can be tuned for specific applications by widening through quantum confinement, or narrowing using oxygen vacancy formation or heteroatom doping. This versatility has led to research into WO$_3$ photocatalysts and photoelectrochemical systems. However, the narrow band gap of WO$_3$ ($2.5 < E_g < 3.0$ eV) limits the photocatalytic activity in the visible region, which makes it less efficient compared to some other photocatalysts with broader band gaps. The high density of oxygen vacancies in WO$_3$ can be controlled by doping with heteroatoms, which can affect the optical properties and photocatalytic efficiency.

**Table 1** Phases of WO$_3$ and WO$_3$·nH$_2$O

| Phase   | Symmetry | Notes $^a$          |
|---------|----------|---------------------|
| β-WO$_3$| Triclinic| 43 to 17 °C         |
| γ-WO$_3$| Monoclinic| 17 to 330 °C       |
| β′-WO$_3$| Orthorhombic| 330 to 740 °C |
| α-WO$_3$| Tetragonal| >720 °C            |
| Cubic WO$_3$| Cubic| Sub-stoichiometric |
| h-WO$_3$| Hexagonal| Metastable at <400 °C |
| WO$_3$·2H$_2$O| Monoclinic| Layered WO$_3$(OH)$_2$ sheets |
| WO$_3$·H$_2$O| Orthorhombic| Corner-sharing WO$_3$(OH) |

$^a$ Temperature ranges are for bulk, stoichiometric WO$_3$.

WO$_3$ is also notable for its ability to intercalate lithium ions (Li$^+$), a trait that makes it applicable as both an energy storage and electrochromic material. In latter case, the mostly transparent WO$_3$ becomes opaque upon lithiation due to the transition from W$^{6+}$ to W$^{5+}$ states, blocking the majority of visible light in films only ~100 nm thick. This rapid and reversible optical switching makes WO$_3$ a leading candidate for next-generation “smart window” technology, where the transparent-to-opaque transition could dramatically reduce heating/cooling costs in buildings.

The exploitation of WO$_3$ in nanosheet form has potential benefits for many desired applications, as illustrated in Fig. 1. Nanosheets have an abundance of exposed surface sites compared to bulk materials, beneficial for catalytic or sensing applications alike. The inherent porosity and continuous intercalation paths of nanosheets also allow for easier infiltration of ions, notably Li$^+$, making them of an ideal morphology for electrochromic and charge storage devices. In addition, nanosheets can often be easily dispersed in aqueous or organic solvents, allowing for compatibility with techniques such as spin-casting, spray coating, or ink-jet printing.

Despite these advantages, there are still many challenges involved with applications of WO$_3$ nanosheets, mostly related to synthesis. Unlike intrinsically layered materials such as graphite or transition metal dichalcogenides (TMDCs), WO$_3$ is not amenable to traditional exfoliation techniques. A wide variety of alternative synthesis techniques have been reported, but these generally struggle to achieve a combination of high aspect ratio, chemical purity, and desired phase.

In this review, we summarize and critically analyse the common techniques recently reported for WO$_3$ nanosheet synthesis, both top-down (starting from bulk) and bottom-up (starting from smaller precursor molecules). Because the synthesis technique strongly affects the morphology, stoichiometry, and phase of the resulting nanosheet, we also discuss the influence of these factors on the desired application.

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2. Bottom-up synthesis of WO₃ nanosheets

2.1 Hydrothermal routes

Hydrothermal synthesis typically refers to any method that involves raising the temperature and pressure of a sealed, aqueous solution to yield a desired product. This is often considered industrially attractive because it can be a simple, one-step route that is easily scalable, but hydrothermal routes often lack as precise control of morphology and surface chemistry as other methods.

For WO₃, a wide variety of different shapes can be grown through simple modification of hydrothermal synthesis conditions. Yu et al. reported synthesis of hydrated WO₃ nanostructures – 0D nanoparticles, 1D nanorods, 2D nanoplates, and 3D nanoflowers – through a sodium tungstate dihydrate (Na₂WO₄·2H₂O) route at 160 °C. As shown in Fig. 2, the choice of surfactant determines the morphology of the resulting WO₃ structure. Addition of K₂SO₄ produced nanorods, while oxalic acid produced either nanoplates or nanoflowers, depending on the concentration. The orthorhombic nanoplates were reported to have an average edge length of 300 nm and thickness of 40 nm.

Variations on this synthetic scheme using Na₂WO₄·2H₂O appear frequently in WO₃ literature. Sodium dodecyl sulfate (SDS) is an anionic surfactant known to functionalize and stabilize nanosheets in solution. Addition of SDS to WO₃ hydrothermal routes is common, and it has been asserted that the SDS micelles create additional porosity in WO₃ structures, but these often must be thermally removed post-synthesis.

At moderate temperatures, WO₃ prepared through hydrothermal routes tends to be monoclinic or orthorhombic, but can be stabilized in other phases through annealing. Zhang et al. synthesized WO₃ nanosheets by a typical hydrothermal route, followed by annealing in N₂ at 350 °C to create hexagonal WO₃ nanosheets. As with other annealing processes in oxides, this can affect morphology, and likely reduces aspect ratio in the case of nanosheets.

As an alternative to higher temperature routes, Xiao et al. showed that addition of Na₂SO₄ stabilizes hexagonal phase WO₃ at a synthesis temperature of only 200 °C. The nanosheets produced from this route were of relatively high aspect ratio compared to other hydrothermal routes, with an average thickness of 15 nm and lateral sizes appearing to be on the order of 1 μm. Depending on the amount of Na₂SO₄ added, the product appeared either as discrete nanosheets or mesoporous flowers of assembled nanosheets.

Further variations on hydrothermal routes include the use of seeds or templates to create morphological variations. Shi et al. synthesized hexagonal WO₃ nanosheets with dominant (100) facets using H₂WO₄ as a precursor and FTO as a seed layer. This yielded a highly porous assembly, and individual nanosheets appeared to be 100’s of nm across.

For template routes, the triblock copolymer Pluronic P123 has been used to synthesize a wide variety of ultrathin oxide nanosheets, where its use promotes lateral growth and reduces agglomeration. It was later shown for WO₃ that removal of the P123 template at 300 °C results in nanosheets that are thinner (~10 nm) compared to the 20–30 nm of the pristine sheets, while lateral size was maintained at 100’s of nm.
Other methods using P123 have demonstrated similarly thin nanosheets. Liang et al. used P123 and WCl₆ to synthesize WO₃ nanosheets, finding nanosheets with an average thickness of 4.9 nm and dominant (002) facets. A similar method was later used to combine ultra-thin WO₃ nanosheets with C₃N₄ to form a highly porous composite.

2.2 Solution-phase routes at or near room temperature

As their name suggests, the hydrothermal methods described in the previous section use applied heat (most commonly 120–200 °C) to assemble of WO₃ nanostructures from their starting precursors. A closely related class of synthetic technique uses similar starting molecules but relies on acid or base-catalysed reactions rather than thermal stimulus to achieve the desired products. These are often dubbed ‘self-assembly’ or ‘sol–gel’ routes depending on the precursors and methods of assembly, but there is considerable overlap as these methods could also be considered hydrothermal if done in a sealed vessel at elevated temperatures. We will therefore define methods in this section as routes where the primary reactions occur at <100 °C (post-synthesis drying/calcination steps not included).

These low-temperature processes have been used to synthesize WO₃ nanosheets, but typically struggle to achieve a large lateral size. Ahmed et al. synthesized WO₃ nanorods and nanosheets through a sol–gel method using Na₂WO₄·2H₂O and HCl. Post-synthesis calcination at 400, 450, and 500 °C was shown to generate triclinic, orthorhombic, and monoclinic WO₃, respectively. Thickness was not measured, but lateral size appeared to be on the order of 100’s of nm for the monoclinic nanosheets.

Similar acid-catalysed sol–gel routes can produce a wide variety of nanosheet-like structures. Wang et al. demonstrated that sol–gel synthesized tungstite (WO₃·H₂O) nanosheets that were preferentially [111] oriented would convert to monoclinic [200] oriented WO₃ porous nanosheet arrays (PNAs) upon annealing at 400 °C. Average thickness was ~20 nm post-annealing, but lateral size of individual nanosheets within the PNA was not clear.

Although not explicitly defined as a sol–gel method, Na₂WO₄·2H₂O with nitric acid (HNO₃) was found to produce polycrystalline, monoclinic nanosheets with crystallite sizes of 22–44 nm after annealing at 500 °C. Substitution of 1–2 at% Sn reduced wrinkles in these nanosheets. The same basic synthesis scheme was later applied to produce Cr-doped WO₃ nanosheets.

Chen et al. demonstrated a similar method for synthesis of WO₃ nanosheets, using one-step method with Na₂WO₄ and HNO₃ at 60 °C. Fig. 3a illustrates the formation through self-assembly of the precursor molecules. The authors found that by adding different ratios of sodium oleate (NaOA) and sodium-octanoate (NaOct) the thickness of WO₃ nanosheets could be controlled. At a NaOct/NaOA mass ratio of 0.04, nanosheets were ~5 nm thick and 10’s of nm in lateral size and of monoclinic phase (Fig. 3b–d).

Another work regarding morphology as a function of additive concentration used oxalic acid in conjunction with Na₂WO₄·2H₂O and HCl. Optimized conditions yielded monoclinic WO₃ nanosheets with average thickness of ~10 nm and lateral size appearing to be 100’s of nm. The authors proposed that addition of oxalic acid promotes dissolution of H₂WO₄·nH₂O precipitates during the growth process, effectively preventing thicker sheets from forming.

In a variation on the acid-catalysed processes, Sánchez-Martínez et al. reported ultrasonication-assisted synthesis using...
ammonium tungstate hydrate, HNO₃, and cetyltrimethylammonium bromide (CTAB). The authors asserted that addition of CTAB promotes the formation of nanosheets; samples prepared without CTAB were irregular and of greater thickness. Optimization of CTAB concentration yielded monoclinic WO₃ nanosheets that were 50 nm in average thickness and 100 s of nm in lateral size.

A unique indirect method of obtaining WO₃ nanosheets has been reported through spontaneous conversion of a BaWO₄–polymer nanohybrid in solution. Here, a WO₄²⁻/CO₃ solution was prepared using Na₂WO₄ and added to a solution of barium chloride hexahydrate (BaCl₂·6H₂O) and polyacrylic acid (PAA). It was asserted that this process formed a BaWO₄–PAA hybrid that released Ba³⁺ ions into the solution, leaving behind metastable, hexagonal WO₃ nanosheets. Fig. 4 illustrates the interaction of PAA with BaWO₄ and the conversion of WO₄ tetrahedrons to WO₆ octahedrons characteristic of hexagonal WO₃.

2.3 Other bottom-up routes

While the majority of bottom-up routes utilize precursors dispersed in an aqueous or organic solvent, a few other methods exist based on other techniques. Several of these start from metallic tungsten, which can be oxidized and then assembled into nanosheets through arc-discharge or anodization.

A solid–liquid phase arc discharge route was reported by Chen et al. to produce ultra-thin WO₃ nanosheets. Here, a tungsten filament at high voltage was brought into contact with NaNO₃ solution, producing WO₃ nanoparticles in solution. These nanoparticles then preferentially orient and attach along the (100) and (010) axes to form nanosheets, as illustrated in Fig. 5. The rectangular nanosheets produced through this method were ultra-thin, averaging 4.5 nm in height, and 100s of nm in lateral size. A similar technique was later reported to synthesize WO₃ nanoparticles that were oxygen deficient (WO₃₋ₓ), which the authors attributed to electron bombardment during the arc-discharge.

There also exist several reports of metallic tungsten structures deposited through bottom-up routes that are oxidized to form WO₃ nanosheets. Wisitsora-at et al. used RF sputtering to...
3. Top-down synthesis of WO₃ nanosheets

While bottom-up methods attempt to synthesize WO₃ from smaller precursor molecules, top-down methods aim to directly cleave nanosheets from the bulk source. In the case of advanced exfoliation techniques, this has been widely developed in order to enhance the aspect ratio while maintaining scalability. For WO₃, this can include either exfoliation of WO₃, exfoliation of another layered bulk material (WS₂) followed by oxidation, or exfoliation of inherently layered hydrated WO₃. Among these methods, liquid-phase exfoliation is a promising approach due to not only its scalability but also its simplicity. In this section, we will summarize the progress of top-down synthesis of WO₃ nanosheets, especially in terms of liquid exfoliation, based on different source materials.

3.1 Direct exfoliation of bulk WO₃

Bulk materials could be exfoliated into nanosheets through external stimulation, such as ultra-sonication, and cohesive interaction between the liquid media and the bulk source. This has generated high-quality crystalline nanosheets for a wide variety of van der Waals (VDW) bonded materials, including graphite (graphene), TMDCs, and black phosphorus. Based on this concept, initial attempts were made by directly exfoliating raw bulk WO₃ in appropriate liquid, but naturally this proved more challenging in a material that was not intrinsically layered.

Perhaps the simplest top-down method reported to date, Szkoda et al. refluxed bulk WO₃ powder in water over the course of 10 days at 80 °C, finding that nearly 100% exfoliation occurred and further centrifugation processes were not necessary. Although some atomically thin structures were observed in TEM, statistical analysis of nanosheets size/thickness was not reported, and lateral size appeared to be limited.

Another route utilizing sonication in aqueous solutions, Guan et al. sonicated bulk WO₃ for 48 h in bovine serum albumin (BSA) solution to produce atomically thin WO₃ nanosheets, shown in Fig. 7a. The exfoliation is driven by both aqueous media, which has good cohesive energy with WO₃, and electrostatic forces caused by BSA molecules. Specifically, the authors observed both theoretically and experimentally that the –NH₃⁺ groups of the BSA molecules strongly bind on the negatively charged WO₃ surface in acidic media, making WO₃ nanosheets separate easily from one another through electrostatic force. Because this method is based on electrostatic binding between WO₃ and BSA molecules, the exfoliated monoclinic nanosheets show high crystallinity and long-term

deposit a 1 μm thick tungsten film on Al₂O₃, followed by anodization with HNO₃ at 60 °C to create films of WO₃ nanosheets. A similar method had previously been reported to create nanostructured WO₃ films from commercial tungsten foils. Increasing HNO₃ concentration was found to reduce thickness but also degrade crystallinity, although individual nanosheet dimensions were not specified.

Another report using RF sputtering followed by HNO₃ anodization and annealing at 450 °C provided more details regarding the morphology of the nanosheet films. Nanosheets were found to be monoclinic and predominately (002). Average lateral size was 50–500 nm and thickness was 10–50 nm, making the nanosheets similar in both crystallinity and aspect ratio to those grown by solution-phase routes.

While these routes deposited metallic tungsten through bottom-up means and subsequently anodized, it is also possible to create WO₃ nanosheets through direct deposition of the oxide. Luo et al. synthesized WO₃ nanosheets through thermal evaporation starting with WO₃ powder to deposit on a glass substrate. The amorphous nanosheets could be separated from the substrate through ultrasonication and were of large lateral size (0.5–10 μm), but thickness was not reported.

An unconventional approach was studied Fang et al. using a solid-state mechanochemical reaction induced by ball-milling between Na₂WO₄·2H₂O and oxalate dehydrate (H₂C₂O₄·2H₂O), as illustrated in Fig. 6a. The resulting WO₃·2H₂O monoclinic nanosheets showed a preferential (100) orientation and had an average thickness of 5.67 nm (Fig. 6b). Typical lengths and widths were 50–80 nm and 8–10 nm, respectively.

Overall, there are a wide variety of bottom-up methods for WO₃ synthesis that provide relatively simple and scalable synthesis and can be tuned to generate different phases of WO₃. One common drawback of these routes, however, is the relatively low aspect ratio of the nanosheets produced. It is typical to see sizes of 100 s of nm or less with these techniques, potentially limiting the morphological advantages compared to WO₃ produced through methods we will discuss in the following sections.
stability against restacking. After centrifugation at 2000 rpm, 49% of nanosheets were bilayer (2.1 nm thick), but average lateral size was a modest 150 nm.

Although the above works show that it is possible to exfoliate bulk WO$_3$ into nanostructures, there are clearly severe limitations to these approaches. Because of the strong binding in WO$_3$, it is difficult to directionally cleave, resulting in long processing times and nanosheets of low aspect ratio. For improved exfoliation efficiency, there is clearly a need to start with an intrinsically layered material.

### 3.2 Exfoliation and oxidation from WS$_2$

Unlike WO$_3$, WS$_2$ is a layered and highly anisotropic material, with strong covalent in-plane bonds and weaker VDW forces out-of-plane. As a result, optimized exfoliation methods can generate WS$_2$ nanosheets that are >5 nm in thickness and with lateral sizes that range from 100’s of nm to over 1 μm.$^{67,68}$ Naturally, some efforts to synthesize high aspect ratio WO$_3$ nanosheets have leveraged this approach by exfoliating WS$_2$ and then attempting to oxidize the WS$_2$ into WO$_3$.

By simply sonicating bulk WS$_2$ for 4 h in DMF followed by heating at 140 °C, Pan et al. showed that oxygen-deficient (WO$_3$)$_2$ dots were formed.$^{69}$ These dots were monoclinic and of extremely small lateral size (2.7 nm on average). Given that the lateral size of the exfoliated WS$_2$ nanosheets were on the order of microns, it indicates that the uncontrolled oxidation process will break apart otherwise high aspect ratio flakes.

Intercalation can greatly benefit solution-phase exfoliation processes by weakening the interlayer binding forces in VDW materials, allowing for milder sonication conditions. For ionic salts, this can be easily accomplished by heating in an inert environment to allow dissociation of the salt without formation of side products. This approach has been widely reported to generate graphene of higher aspect ratio than other approaches,$^{70-72}$ and is commonly adapted for other VDW materials such as WS$_2$ and MoS$_2$.$^{73}$

Fig. 8 illustrates a typical intercalation scheme using n-butyllithium (n-BuLi), which is a frequently used intercalant for TMDC nanosheet synthesis.$^{74}$

Yim et al. utilized this n-BuLi intercalation strategy to exfoliate WS$_2$, followed by treatment in K$_2$PdCl$_4$ at 50 °C.$^{28}$ This both deposited PdO nanoparticles (~3 nm in diameter) and oxidized the WS$_2$ nanosheets, forming a PdO@WO$_3$ heterostructure. Only trace amounts of sulfur were detected after conversion, and the amorphous WO$_3$ nanosheets appeared to largely maintain the high aspect ratio of WS$_2$. 

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**Fig. 6** (a) Schematic of WO$_3$·2H$_2$O nanosheet formation through a solid-state mechanochemical reaction. (b) TEM image showing nanosheet morphology with inset selected-area diffraction pattern and lattice parameter measurement. Reprinted with permission from ref. 62, copyright 2017 American Chemical Society.

**Fig. 7** (a) Optimization of exfoliation/purification for WO$_3$ exfoliation. (b) HRTEM of a nanosheet with lattice spacing indicated; inset shows typical lateral size of WO$_3$ nanosheets. (c) Schematic illustration for electrostatic-driven interaction of BSA on WO$_3$ surface. Reprinted with permission from ref. 16, copyright 2017 John Wiley and Sons.

**Fig. 8** Intercalation/exfoliation scheme using n-BuLi to synthesize TMDC nanosheets. Reprinted with permission from ref. 74, copyright 2016, Royal Society of Chemistry.
Although n-BuLi is the most widely studied, other Li-based salts can be used. Ghorai et al. intercalated different lithium salts (I, Br, Cl) in bulk WS2 to correlate intercalation efficiency to exfoliation yield.75 The authors achieved extremely high yield of 19 mg ml⁻¹ by using LiI, which showed the best intercalation efficiency through low lattice energy compared to other salts. When exfoliating WS2 for WO3 nanosheet synthesis, there are naturally a similarly wide variety of intercalant options that have been evaluated.

While lithium-based intercalants are widely studied because they share common design principles with electrochromic and charge storage devices based on Li⁺, there are many other ions can readily intercalate into WS2, in some cases inducing partial oxidation in addition to interlayer expansion. As shown in Fig. 9a, Zhou et al. reported simultaneous exfoliation and oxidation of bulk WS2 into a partially oxidized WSxOy/WO3 heterostructure, using supercritical CO2 (sc-CO2).76 Sc-CO2 could easily permeate into the WS2 interlayer gallery, which results not only in higher exfoliation efficiency through increased interlayer distance but also oxidation of the WS2. Although the sc-CO2 could be a simple method that could achieve exfoliation and oxidation simultaneously, the WO3 nanosheet is only partially oxidized, with some WS2 remaining, and the oxidation becomes especially ineffective for few-layer nanosheets due to limited diffusion of CO2 beyond the surface layer.

Similarly, Tang et al. utilized FeCl3 as both an intercalant and oxidation agent of WS2, as shown in Fig. 9b.77 During the intercalation process, WS2 converts to WOCl4 which easily hydrolyses in water to yield WO3$\cdot$H2O. After annealing in air at 250 °C, cubic WO3 nanosheets were formed that were 3–5 nm thick on average. The authors also found that monoclinic WO3 nanosheets could be formed by increasing the annealing temperature to 400 °C.

Azam et al. used two-step exfoliation and oxidation reaction to produce WO3 nanosheet using sodium potassium tartrate tetrahydrate.78 In this system both the alkali ions and the organic chain intercalate, achieving even larger interlayer distance than intercalation with alkali ions alone and allowing for relatively mild sonication conditions.79–81 Due to the four water molecules of the hydrated salt, the WS2 nanosheet was partially oxidized into WSxOy during the intercalation process, a method known to partially oxidize structurally similar MoS2.82,83 The authors found that the nanosheets were completely oxidized into monoclinic WO3 after nitric acid treatment, as illustrated in Fig. 9c.78 After oxidation, 82% of nanosheets were <10 nm thick and lateral size was 1–20 μm, marking one of the highest average aspect ratios reported to date.

Overall, these methods generally produce the highest aspect ratio WO3 nanosheets by leveraging the inherent ease of exfoliation of WS2. The only notable drawback is process complexity: to achieve fully oxidized WO3 nanosheets generally requires separate exfoliation and oxidation steps, which tend make these routes more time consuming than single-step methods.

### 3.3 Exfoliation of hydrated WO3

Further research attempted to produce WO3 intercalation compounds in order to produce highly crystalline WO3...
nanosheets without additional oxidation processes. Although the interlayers are strongly bonded through electrostatic interaction, the highly hydrophilic nature of the WO₃ readily harbors water molecules between its interlayers. Compared to bulk WO₃, layered hydrated WO₃ (WO₃·2H₂O) can provide structural flexibility to accommodate intercalation-induced strain and achieve faster intercalation kinetics.

Since intercalation of water in raw bulk WO₃ is difficult, hydrated WO₃ is normally prepared with tungstate precursors, mostly sodium tungstate. Similar to WS₂ intercalation compounds, Wang et al. showed that WO₃ also experiences expansion in interlayer spacing from 3.75 Å to 6.9 Å after water intercalation, which could weaken the binding energy (Fig. 10a). Kalantar-zadeh et al. demonstrated mechanical exfoliation (the scotch-tape method) of ultra-thin nanosheet from hydrated WO₃, which is not possible from natural bulk WO₃. Although this method is not scalable for industrial applications, it served as an important proof of concept that hydrated WO₃ could be exfoliated in ways similar to graphite or other layered materials.

Inspired by this, many turned their attention to utilizing liquid-phase exfoliation for hydrated WO₃. Zhang et al. exfoliated hydrated WO₃, etching intercalated water molecules with Ar plasma, as shown in Fig. 10b. The strong etching nature of the Ar-plasma could efficiently exfoliate ultra-thin WO₃ nanosheets with thickness of 1.4 nm while maintaining lateral sizes of 160–180 nm. The harsh etching process also induced numerous oxygen vacancies in the ultra-thin nanosheets.

Liang et al. further expanded the interlayer spacing from through intercalation of dodecylamine in hydrated WO₃ (Fig. 10c). The additional expansion allows higher yield of ultra-thin nanosheets, nearly all with a thickness of 1.4 nm (corresponding to approximately twice the interlayer distance of adjacent WO₃·H₂O layers) and lateral size up to 500 nm.

Exfoliation of hydrated WO₃ has been demonstrated to produce nanosheets with monolayer thickness in high yield. Depending on the exfoliation method or co-intercalants other than water, the chemical properties of the WO₃ nanosheets can be additionally tuned as well. However, bulk hydrated WO₃ is typically fabricated on the nanometer scale, making the exfoliated nanosheets also of small lateral size. Nevertheless, the methods introduced above are shown to be efficient for applications that require highly crystalline WO₃ nanosheets.

### 4. Structure–property relationships for WO₃

The diversity of WO₃ synthesis techniques discussed in previous sections create vastly different materials in terms of phase, morphology, defect structures, etc. To better contextualize these synthesis methods for specific applications, it is necessary to briefly discuss how these properties imparted by the specific synthesis methods affect performance. Although we attempt to highlight primarily WO₃ nanosheet based works, in this section some literature regarding other nanostructures or thin films will also be discussed as their insights are often directly applicable to the WO₃ nanosheets as well.

#### 4.1 Effect of morphology and aspect ratio

The term nanosheet implies a true 2D structure, but in the case of WO₃ that is very challenging to achieve. As seen in the discussion of synthesis methods, WO₃ nanosheets often have aspect ratios on the order of 10 : 1 (i.e. 100’s of nm in later size.
and 10’s of nm in thickness). This contrasts with other layered materials such as graphene or TMDCs, where aspect ratios of 1000 : 1 or more are possible with advanced exfoliation techniques. This is crucial for certain applications as higher aspect ratios can often alter charge transport properties, expose more surface sites, or promote easier ionic diffusion through the structure.

In the case of photocatalysts, nanostructuring WO3 in nanosheet morphologies can reduce electron–hole recombination, which is detrimental to photoefficiency. The low dimensionality of ultrathin nanosheets ensures that photogenerated charge carriers do not have to traverse large distances to reach the surface, and therefore have an increased probability of reacting with surface adsorbates rather than recombining with electrons.

In addition to reducing charge recombination, morphological modifications of WO3 can enhance catalysis by leveraging quantum confinement effects to widen its bandgap, shifting the edges of the conduction band (CB) or valence band (VB) for more thermodynamically favourable carrier migration and recombination processes. Although the CB potential of bulk WO3 is insufficient for O2 reduction, water reduction, and CO2 reduction, these applications have been realized by shifting the band potentials of WO3.

Chen et al. demonstrated that the combination of a widened bandgap and a CB shift to more negative potentials in ~4–5 nm thick WO3 nanosheets provided the necessary thermodynamic power to impart high activity for photocatalytic reduction of CO2 to CH4. The stark contrast between photoactivity of WO3 nanosheets and commercial WO3 powder is shown in Fig. 11a. Shifting the CB to more negative potentials can also benefit photo-oxidation because as CB electrons more readily react with oxygen atoms with a coordination of one (O1C), which are most effective for NO2 sensing. This is particularly important in nanosheets as the facet on the long surfaces of nanosheets have much more surface area than edge surfaces. Often it can be difficult to experimentally determine the exact effect of phase independent of other factors as it is challenging to produce structures that are morphologically identical but of different crystal structures.

WO3 nanosheets have also been found to be superior to other nano-morphologies in sensing applications, implying the importance of the nanosheet morphology. Zhang et al. compared volatile organic compound gas sensing properties of WO3 nanosheets, nanoparticles and nanorods, as shown in Fig. 11c. The much larger surface area provided from the 2D WO3 nanosheets showed 9 fold higher selectivity and superior recovery time to those of lower-dimension WO3 nanorods and nanoparticles.

Finally, there is evidence to suggest electrochromic devices benefit from the high aspect ratio of WO3 nanosheets as well. The diffusivity of Li+ is known to be higher at the surface than the interior of WO3 clusters, making high aspect ratio nanosheets an ideal morphology. As shown in Fig. 11d, Azam et al. compared coloration efficiencies of electrochromic devices with WO3 nanosheets of different thicknesses. It was found that thinner WO3 nanosheets have not only better capacity through better packing and higher exposed active surface area, but also better ion diffusivity. Overall, the device based on WO3 nanosheets with average thickness of less than 10 nm showed 3.43 times higher color modulation and ~46.62% enhancement in response time than those of bulk WO3 devices. Other works have confirmed these principles for hydrated WO3, finding that nanosheet morphologies outperform bulk or nanorod expressions of similar chemical composition.

4.2 Effect of phase and preferentially exposed facets

Different phases of WO3 can both create different adsorption energies for surface reactions and expose different crystal facets. This is particularly important in nanosheets as the facet on the long surfaces of nanosheets have much more surface area than edge surfaces. Often it can be difficult to experimentally determine the exact effect of phase independent of other factors as it is challenging to produce structures that are morphologically identical but of different crystal structures.

Although the overwhelming majority of synthesis methods discussed produce crystalline WO3 of some form, amorphous WO3 can be beneficial in certain roles. For refuxed WO3 nanoflakes, non-crystalline, hydrated WO3 was found to be superior to crystalline WO3 in supercapacitors.

In the case of crystalline WO3, the exposed facet is particularly important for sensing applications. Song et al. compared monoclinic, triclinic, and hexagonal WO3 nanosheets and found the triclinic phase to be most effective for NO2 sensing. In triclinic WO3 nanosheets, the (200) surface is terminiated by oxygen atoms with a coordination of one (O1C), which are most amenable to redox reactions. The (002) facets of monoclinic WO3 contain a relatively lower concentration of O1C, while hexagonal (002) facets contain no O1C at all. As seen in Fig. 12, this correlates strongly with their sensing performance for NO2.

The oxygen density of preferentially exposed facets also plays an important role in photocatalysts. Here, the high photocatalytic activity of the preferential (001) facet has been attributed to the relative ease with which this surface forms oxygen radicals and its low energy barrier for water oxidation.
In electrochromic applications, there are reports of high-performance electrochromic devices from a wide variety of different WO₃ phases. Earlier works regarding electrochromic WO₃ asserted that while amorphous WO₃ could achieve high initial values of coloration efficiency, some crystallinity was necessary for cyclic stability,⁹⁶,⁹⁷ as shown in Fig. 13. At least one recent report, however, has found reasonable stability from mesoporous amorphous WO₃,⁹⁸ which could be attributed to the ability of the highly porous structure to prevent stress accumulation upon Li⁺ insertion.

Djaoued et al. used sol–gel synthesis to create porous electrochromic WO₃ thin films of three different phases: hexagonal, monoclinic, and orthorhombic.⁹⁹ There was minimal difference observed in optical modulation between the three films; all achieved optical modulation of at least 70%, indicating that Li⁺ produces similar effects in all three structures. The authors did not evaluate switching times or cyclic stability, however, so it is possible that certain phases still have electrochromic advantages in these parameters.

### 4.3 Effect of oxygen vacancies

Although typically labelled simply ‘WO₃’, it is rare for the stoichiometry to be exactly 3 : 1; as-synthesized WO₃ is typically slightly oxygen deficient. Promoting and tuning the oxygen vacancy (O Vac) concentration can enhance various properties, notably visible light absorption for photoactivity⁹⁰ and adsorption energy of various molecules for catalytic or sensing applications.⁹¹

Incorporating oxygen vacancies or other defects into nanosheet surfaces can further improve their photocatalytic activity. Oxygen deficient WO₃ can exhibit localized surface plasmon resonance (LSPR) in the IR region, improving light harvesting as...
Shown in Fig. 14a, more commonly, the benefit of oxygen vacancies on the photocatalytic activity of WO3 nanosheets has been ascribed to bandgap narrowing, thus improving visible-light utilization, and formation of highly active superoxide radicals at vacancy sites. Fig. 14b shows the effect of oxygen vacancy induced band gap narrowing on visible light photocurrents in Pt/WO3 nanosheets.

Creating voids in the nanosheet surface, referred to as nanopores or “potholes,” improves carrier separation and migration and promotes adsorption and activation of chemical species. Holes traversing along the (001) surface of porous nanosheets can find pore-adsorbed reactants before they have the opportunity to recombine. A higher degree of band bending in porous nanosheets relative to nonporous nanosheets accounts for the improved charge transfer resistance in the former. Pothole voids expose more dangling surface oxygens than defect-free surfaces and thus provide electron rich sites for adsorption and activation of chemical species.

For electrocatalysts, Kong et al. studied to effect on oxygen vacancies in WO3 nanosheets for N2 reduction to NH3. Nanosheets were prepared through a typical hydrothermal method, followed by annealing at 400 °C in an N2 atmosphere to produce oxygen-vacancy rich nanosheets (R-WO3 NSs), or the same temperature in air to produce nanosheets deficient in oxygen vacancies (D-WO3 NSs). A TEM image highlighting the lattice distortions induced by oxygen vacancies is shown in Fig. 14c. Oxygen vacancies in R-WO3 NSs were asserted to promote additional adsorption sites for N2 or reduce electron transfer resistance, resulting in Faradaic efficiency (FE) that was far greater than D-WO3 NSs (Fig. 14d).

The ability of oxygen vacancies to modify adsorption characteristics of gases also can benefit WO3 for sensing applications. In the case of oxidizers such as NO2, the electrophilic gas can be adsorbed more effectively since surface oxygen vacancies act as n-type dopants. Improved adsorption of NO2 in oxygen vacancy rich WO3 nanostructures had been previously predicted through DFT analysis, and has since been mechanistically studied over a various WO3 morphologies.

For detection of reducing gases it could be expected that the oxygen vacancies would have the opposite effect, but this is not always the case. It was observed by Rahmani et al. that detection of H2 was improved after compensation of crystal defects like oxygen vacancies, but for other reducing gases such as H2S and NH3 (ref. 107) there is some evidence to the contrary. In the case of ammonia sensing this was attributed to band gap narrowing causing easier injections of electrons from ammonia to the CB of WO3.

While oxygen vacancies are beneficial for certain catalytic and sensing applications, for electrochromic applications there are conflicting reports regarding their effects. For WO3 nanosheets, Zhou et al. reported that hydrogen treatment to induce oxygen vacancies produced electrochromic films that were superior in both contrast ratio and switching time to pristine WO3. Fig. 14e and f show the difference between annealed WO3 and hydrogenated WO3, respectively. The authors posited that the oxygen vacancies could be helpful for Li+ insertion and extraction. Other oxygen-deficient WO3 nanostructures have similarly shown short coloration/bleaching times.

A later study, however, found that oxygen vacancies are not necessarily beneficial for electrochromic films. Here, three different films were studied: as-deposited, annealed in O2, and annealed in Ar. The as-deposited amorphous films showed the best ΔT (87%) but poor cyclic stability, while the films annealed in Ar (which were crystalline, but with abundant oxygen vacancies) was the worst (51%). WO3 annealed in O2 showed the best cyclic stability and still retained moderate contrast (71%). This shows that while amorphous regions or other structural defects may boost electrochromic performance, oxygen vacancies specifically do not.

**4.4 WO3 nanosheet based composites**

The intrinsic properties of WO3 make it amenable to hybridization with various other materials to modify its electronic or optical properties. WO3 nanosheets can be particularly well-suited to these roles as their high surface area allows for easy surface doping with other chemical moieties and/or intimate contact with other nanostructures.
Rapid recombination of electrons and holes in WO3 photocatalysts has been thwarted by transferring charges across heterojunctions to metal nanoparticles or other semiconductors. Electron transfer between WO3 nanosheets and Pt or Ag nanoparticles is demonstrated to reduce recombination of photogenerated electron–hole pairs and allow photo-generated holes to more efficiently drive oxidation of tetracycline or water, respectively. Fig. 15a shows the total organic carbon (TOC) removal curves of tetracycline with Pt/WO3.

Paired with other semiconductors, the strong oxidizing power of WO3 has been combined with the superior reducing power of CdS, gC3N4, or iron phthalocyanine (FePc) to promote efficient photocatalytic/photoelectrochemical ciprofloxacain degradation, water reduction, and CO2 reduction, respectively. This type of S-scheme heterojunction is particularly effective when coupling 2D materials due to the large interfacial contact area, such as is realized between ultrathin WO3 nanosheets and g-C3N4 nanosheets. Fig. 15b shows the band structure of WO3/g-C3N4 for S-scheme H2 photocatalysts.

Similar compositing strategies for WO3 nanosheet based sensors can benefit performance by altering the electronic structure. Pairing n-type WO3 nanosheets with p-type nanosheets, such as MoS2 or WS2, creates a strong depletion region with a built-in field across the junction which is highly sensitive to charge transfer events on the surface. Fig. 15c shows the superior sensing reponse of MoS2/WO3 compared to pure MoS2 or WO3 for ammonia sensing. The same concept has been utilized in tungsten oxy sulfide nanosheets to create strong depletion regions within the nanosheet surface.

Nanosheets can also be decorated with other oxides to promote oxygen vacancies or other defect species that are sensitive to the target species. Fig. 15d shows the response of pure WO3 and pure SnO2 compared to SnO2-decorated WO3 nanosheets for detection of acetone vapor. The authors asserted that lattice distortion at the SnO2–WO3 interface creates dangling bonds and non-uniform electron distributions that act as favourable adsorption sites.

In charge storage applications, compositing strategies for WO3 often focus on pairing the normally insulating oxide with a more conductive material to alleviate charge transport issues. WO3 paired with graphene/rGO frequently appears in literature for both supercapacitors and Li-ion battery anodes in both cases providing faster charge transport and improved stability over pure WO3.

WO3 has also been combined with a newly explored class of 2D materials – MXene – in a similar composite concept.
MXene sheets (Ti$_3$C$_2$) were mixed into a standard hydrothermal WO$_3$ synthesis procedure. Depending on the pH of the solution, this method either generated nanorod-like monoclinic WO$_3$ hybrids (Mono WO$_3$–Ti$_3$C$_2$), or nanosheet-like hexagonal WO$_3$ on Ti$_3$C$_2$ (Hexa WO$_3$–Ti$_3$C$_2$). Fig. 15e shows the schematic for synthesis and the effect on supercapacitor performance metrics (power density and power density), where the Hexa WO$_3$–Ti$_3$C$_2$ outperforms Mono WO$_3$–Ti$_3$C$_2$ and either of the pure materials. The effect was attributed to both improved surface area of the nanosheet-like structures as well as intimate contact providing faster ionic movement between WO$_3$ and Ti$_3$C$_2$.

Although by no means a comprehensive list of all WO$_3$ nanosheet composites reported in the literature, this provides a sampling of many of the key concepts frequently utilized. Nanosheet expressions of WO$_3$ can be easily decorated with NPs to either modify their visible light response or tune the adsorption energy for photocatalytic or sensing applications. The combination of WO$_3$ nanosheets with other 2D materials (graphene, TMDCs, or MXene) is also widely studied to either create depletion regions at the n-type/p-type boundary or facilitate charge transfer.

5. Conclusions

The literature summarized and reviewed here shows the tremendous amount of research interest that WO$_3$ nanosheets have garnered in recent years. For photocatalytic, sensing, electrochromic, and charge storage applications, WO$_3$ nanosheets provide significant advantages over bulk counterparts, and in many cases advantages over other nano-morphologies as well. Because WO$_3$ is not intrinsically layered, synthesis of high-aspect ratio nanosheets is non-trivial, and as such there is great diversity in their production. Bottom-up methods of various chemistries can successfully synthesize WO$_3$ nanosheets in simple, one-step methods, but generally struggle to achieve high aspect ratios. Top-down methods, in particular intercalation-assisted exfoliation of WS$_2$ followed by oxidation, provide a promising alternative for applications which benefit from nanosheets with larger lateral sizes and higher aspect ratios. Both types of synthesis offer many variations in terms of phase and stoichiometry that can be further exploited to fit the target application.

Conflicts of interest

There are no conflicts to declare.

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