Exploring Relationships between Host Genome and Microbiome: New Insights from Genome-Wide Association Studies

Muslihudeen A. Abdul-Aziz, Alan Cooper and Laura S. Weyrich*

Australian Centre for Ancient DNA, School of Biological Sciences and The Environment Institute, The University of Adelaide, Adelaide, SA, Australia

As our understanding of the human microbiome expands, impacts on health and disease continue to be revealed. Alterations in the microbiome can result in dysbiosis, which has now been linked to subsequent autoimmune and metabolic diseases, highlighting the need to identify factors that shape the microbiome. Research has identified that the composition and functions of the human microbiome can be influenced by diet, age, sex, and environment. More recently, studies have explored how human genetic variation may also influence the microbiome. Here, we review several recent analytical advances in this new research area, including those that use genome-wide association studies to examine host genome–microbiome interactions, while controlling for the influence of other factors. We find that current research is limited by small sample sizes, lack of cohort replication, and insufficient confirmatory mechanistic studies. In addition, we discuss the importance of understanding long-term interactions between the host genome and microbiome, as well as the potential impacts of disrupting this relationship, and explore new research avenues that may provide information about the co-evolutionary history of humans and their microorganisms.

Keywords: microbiome, GWAS, ancient DNA, microbiome GWAS, model organisms, microbiota, symbiosis

INTRODUCTION

Our view of the microbial community within us has shifted drastically in the last few decades from simplistic commensalism to complex mutualisms. As a comprehensive understanding of this microbial community expands, we are beginning to unravel the impact of microbes on human health. This diverse microbial community is defined as the ‘microbiota,’ and the collective genomes of all microbial species and their environment is termed the ‘microbiome’ (Marchesi and Ravel, 2015). Microbiota play key roles in human health throughout life (Gregory, 2011; Yatsunenko et al., 2012; Rodríguez et al., 2015; Zapata and Quagliarello, 2015), and dysbiosis, defined as an imbalance of the composition of the microbial components of the microbiota (Karlsson et al., 2013; Parekh et al., 2012; Rodriguez et al., 2015; Zapata and Quagialrello, 2015), has now been linked with various metabolic diseases such as obesity, type 2 diabetes and inflammatory bowel disease (IBD).

Our improved ability to examine the microbiome is a result of a revolution in DNA sequencing technologies and techniques, and the reapplication of pre-existing concepts from ecology. Exponential advances in DNA sequencing technology, from low-throughput Sanger sequencing...
to high-throughput next generation sequencing, have allowed us to obtain huge amounts of sequence data at a fraction of the cost (Cho and Blaser, 2012; van Dijk et al., 2014). Furthermore, the availability of cheap computational power, coupled with free and readily available open source software tools, has resulted in larger capacities for in-depth analysis of sequenced data to characterize microbial communities. In addition, the applications of concepts from ecology, such as diversity indices [Alpha diversity and Beta diversity (Whittaker, 1972)], have enabled us to better categorize and understand the composition and diversity of the microbial world within us (Blaser, 2014).

Two separate methods are commonly applied to examine human microbiota: metabarcoding or shotgun sequencing. Metabarcoding typically uses the 16S ribosomal RNA (rRNA) encoding gene to characterize the species structure of bacterial communities in various environments, and has been the gold standard in microbiome research due to the ubiquity of the 16S rRNA gene amongst prokaryotes and the availability of large reference databases (Woese et al., 1990). However, shotgun metagenomic sequencing, or sequencing DNA fragments at random from the sample, is increasing in popularity, as it can be used for both species profiling and functional analysis. Both approaches have limitations. For example, 16S rRNA sequencing can be biased due to uneven amplification of bacterial 16S rRNA genes or primer biases. While challenges with identifying low abundance community members with shotgun metagenomic sequencing and the cost of large-scale multiplexing at sufficiently high depths make this method prohibitive for many labs, shotgun metagenomic sequencing has the potential to provide information about the microbial community and the host simultaneously (Poretsky et al., 2014).

From an evolutionary perspective, microbiome studies have revealed compositional differences in microbiota between great apes, archaic hominins, and modern humans, with a marked reduction in microbial diversity observed within modern humans. This loss of bacterial diversity in modern humans is postulated to be a result of lifestyle changes (Cho and Blaser, 2012). Dietary changes brought about by agriculture altered the human microbiota considerably over 7,500 years ago, and changed again with the recent movement toward animal-based and fat-rich western diets (Adler et al., 2013). This reduction in diversity is thought to be partially responsible for the dysbiosis observed in modern human microbiomes that is now associated with various metabolic and autoimmune diseases (Blaser and Falkow, 2009; Adler et al., 2013; Moeller et al., 2014; Logan et al., 2016). Furthermore, changes in the human microbiome through time and the linked impacts on human health highlight the importance of studying the co-evolution of the human microbiome and how those evolutionary changes in microbial composition may have interacted with our genomes (Linderholm, 2015).

In parallel with these recent discoveries in microbiome research, the last two decades of genomic research have expanded our understanding of how human genomic differences result in phenotypic changes that impact human health and well-being. The advent of large genome wide association studies (GWAS) on a population level have allowed us to better understand the relationships between common genetic variants and diseases, such as Alzheimer’s, type 2 diabetes and obesity (Imamura and Maeda, 2011; Fall and Ingelsson, 2014; Rao et al., 2014). However, these two research fields, microbiome research and human population genetics, have only recently begun to explore the human genome and microbiome simultaneously, to examine how their interaction influences our health and disease. Our understanding of their interactive roles in our health and disease remains in its infancy (Gilbert et al., 2016; Wang and Jia, 2016). This review highlights in chronological order advances linking host genetic variation with microbiome composition and more recent research using GWAS.

**MICROBIOMES**

The Human Microbiome Project (HMP) determined that different body sites are distinct niches for various bacteria, resulting in differences in microbiome composition throughout the body (The Human Microbiome Project, 2012). The human gut, due to its large surface area and role in nutrition and energy homeostasis, is home to a plethora of microbes. Its microbiome has been the most studied due to its easy access for sampling and critical importance for health. The gut microbiome has been shown to play essential roles in the metabolism of complex polysaccharides. These complex polysaccharides are used to synthesize short-chain fatty acids such as butyrate, acetate, and propionate that are used as signaling molecules in the communication and development of host innate immune system (Jacobs and Braun, 2014). This system can breakdown due to changes in microbiome composition or pathogenic microorganism colonization that hijacks and alters these pathways, contributing to the etiology of metabolic and infectious diseases, such as type 2 diabetes, IBD, obesity (Carding et al., 2015), and *Clostridium difficile* infection (CDI; Bien et al., 2013). In addition to the influence of the gut microbiome on the immune system, short-chain fatty acids produced by the gut microbiota have also been shown to impact the brain and nervous system (Rhee et al., 2009; Thomas et al., 2012).

Microbiomes at different body sites interact and can influence one another. This interaction between microbiomes at different sites in the body, such as the oral and gut microbiomes, was indicated in a study by Ding and Schloss (2014) where specific microbes abundant in the gut were more likely to be present in the oral cavity (saliva and supragingival plaque). This predictive relationship between the oral and gut microbiota is not surprising, as the oral cavity is the gateway to the gut for various microbes (Dewhirst et al., 2010). The advent of modern dentistry has exposed the presence of pathogenic bacteria in the oral cavity. However, our understanding of the role played by non-pathogenic commensal bacteria is relatively recent. Recent research has revealed over 600 bacterial species or phylotypes present at different sites in the oral cavity (Dewhirst et al., 2010), including many commensal species that help in host defense by colonizing prime locations and creating an inhospitable environment for secondary colonization of pathogenic bacteria.
Disruption of the composition of this healthy oral microbiome has been observed to result in inflammation and diseases such as periodontitis and the proliferation of bacterial species, such as *Streptococcus mutans*, which play crucial roles in the etiology of dental caries (cavities) (Johansson et al., 2015; Kumar and Mason, 2015). This is exemplified by recent research showing that the oral microbiomes of patients with dental caries are distinct in composition and abundance of *Streptococcus* compared to that of healthy individuals (Johansson et al., 2015).

In order to study host genome and microbiome interactions, it is crucial to examine other factors that influence microbiome composition. Recent advances in microbiome research has shown that microbial composition can be heavily influenced by the environment through diet and lifestyle (David et al., 2014). Western populations have homogeneous diets and lifestyles resulting in lower microbial diversity. Microbiomes from non-western and indigenous populations are currently being explored as a means to examine how unique lifestyles impact the human microbiome. Studies examining microbiota in African hunter-gatherers such as the Hadza (Schnorr et al., 2014) and South American indigenous peoples (Yatsunenko et al., 2012) have revealed a broader picture of the human gut microbiome – one that is more diverse and complex. Sex has also been shown to influence microbial composition with a number of recent studies correlating specific microbial composition to specific sexes (Markle et al., 2013; Ding and Schloss, 2014; Blekhman et al., 2015). In many studies, such as those on the microbiomes of the Hadza and Hutterites (a North American isolated community with shared diet and non-standard cultural practices), differences in microbial compositions between the sexes are related to the dissimilarities in societal roles played by men and women (Schnorr et al., 2014; Davenport et al., 2014, 2015). Age is another factor that influences microbial composition. In infants, the gut microbiome is highly unstable and can resemble that of the mother, but shifts toward a more robust adult microbiome within 2–3 years of life (Yatsunenko et al., 2012). This shift may be due to changing diets due to the increase in age. In a murine model system, Langille et al. (2014) demonstrated differences in microbial composition between old and young mice, and identified specific bacterial genera, such as *Alistipes*, that were more prevalent in older mice. Furthermore, two recent publications using large datasets (N > 1000) confirmed these factors, as well as 69 others that fall in categories, such as medication, blood parameters, health status, anthropometric features, and lifestyle that correlated with variation in microbiome composition (Falcony et al., 2016; Zhernakova et al., 2016). These differences in age, sex, populations, culture, and environment will need to be addressed in studies exploring human genome–microbiome interactions.

**EXPLORING HOST GENOME–MICROBIOME INTERACTIONS**

**Animal Models**

Animal models provide an avenue to probe these interactions at a depth that is not possible using human-based studies. Studies using zebrafish (Kanter and Rawls, 2010; Milligan-Myhre et al., 2011), *Drosophila* (Kuraishi et al., 2013), and mice have been crucial for laying the foundations of microbiome research (Kostic et al., 2013). Many early animal-based microbiome studies focused on the symbiosis between microbial communities and their hosts. Sharon et al. (2010) illustrated the role that commensal microorganisms play in the mating preference of *Drosophila melanogaster*. In zebrafish, the influence of the host genome on the microbiome was confirmed by an experiment involving transplantation of microbiota between germ-free zebrafish and mice. The transplanted microbiota adapted to resemble the host’s normal microbiota, demonstrating that the host genome selects for specific microbes to suit certain niches within an organism (Rawls et al., 2006).

**Murine Models**

Microbiome research in mice has been ground-breaking, as germ-free mice have played crucial roles in many baseline experiments. Murine models have shown that gut microbiota are influenced by the genetic background of the mice (Esworthy et al., 2010), and that gut microbial composition should be viewed as a complex polygenic trait (Benson et al., 2010). Mice have a large number of orthologous genes and similarities in microbiome composition to humans, and quantitative trait loci (QTL) analyses in mice have revealed specific gene regions that modulate microbiome composition (Srinivas et al., 2013). Benson et al. (2010) reported 18 QTLs that were associated with specific bacterial taxa. Furthermore, McKnite et al. (2012) used genetic mapping to link gut microbiota of laboratory crossed mice to immune genes that modulate microbiome composition.

**Human-Based Studies**

Murine model studies have consistently shown that host genotypes are important in regulating microbiota composition (Campbell et al., 2012; Hildebrand et al., 2013; Bongers et al., 2014). While murine models demonstrate the importance of genotypes in regulating the composition of microbiota, they cannot be viewed as replacements for human-based studies due to the inherent complexity involved in extrapolating murine results to humans (Seok et al., 2013). Turnbaugh et al. (2009) and Yatsunenko et al. (2012) used dizygotic and monozygotic twins to examine the heritability of the gut microbiome while controlling for environmental factors. Although both studies concluded that there were no statistically significant differences between monozygotic and dizygotic twins, they were both underpowered due to their small sample sizes and lack of statistical rigor. Consequently, a follow up studies using larger sample sizes of the same twin datasets by Goodrich et al. (2014) and more recently by Goodrich et al. (2016a) revealed the measurable influence of host genetic variation on microbial composition, showing *Christensenellaceae* to be the most heritable taxon, while *Bacteroidetes* was more influenced by the environment. Goodrich et al. (2016a) also showed that highly heritable taxa correlated with higher levels of temporal stability, highlighting the importance of these taxa to the host.
A candidate gene approach has also been explored (Jacobs and Braun, 2014). Research by Folseraas et al. (2012) and Knights et al. (2014) examined the role of gut microbiome composition and host genetic loci associated with IBD and related diseases in humans. Folseraas et al. (2012) showed that the gene FUT2 is associated with a significant increase in the abundance of Firmicutes and significant decrease of Proteobacteria, while Knights et al. (2014) correlated the NOD2 gene with Enterobactericea, pointing toward the impact of these two genotypes and their associated bacterial taxa as risk factors for IBD and IBD related diseases.

While these studies provided valuable insight into how the microbiome can be inherited like other phenotypic traits, their study design using heritability is limited, as it cannot identify statistically significant genetic loci on a genome-wide level that interact with gut microbiota composition.

The Advent Of Microbiome – GWAS Research

Recently, researchers have begun to apply techniques from GWAS to microbiome research. GWAS seek to identify relevant common genetic variants associated with various disease phenotypes, by simultaneously screening thousands of the most common variants in the human genome and these phenotypes (Bush and Moore, 2012). In humans, GWAS have successfully linked genetic variation to various disease phenotypes, including type 2 diabetes, obesity, and heart disease (Visscher et al., 2012). However, very few studies have used GWAS to explore the interaction between human genetics and microbiome composition.

Three recent studies have broke new ground by using GWAS to study the influence of genetic variation on microbiome composition. Blekhman et al. (2015) reported the first microbiome GWAS study based on genomic and microbiome data mined from the HMP. Microbiome data from 15 sites on the body were correlated with human genomic data inferred from “contaminating” human DNA of the body sites to expose the role that host genetic variation plays in microbiome composition across various sites in the body. These inferences on the host were made possible due to the high amounts of host DNA found, which were variable at different body sites. A subsequent publication by Davenport et al. (2015) analyzed the gut microbiome and host genetic data from Hutterites, a North American isolated community with shared diet and identical cultural practices, to control for environmental confounders. The third and most recent study by Goodrich et al. (2016a) revisited the inheritance of the gut microbiota in twins and examined the link between host genetics and gut microbiome composition in 1,248 individuals, including mono- and di-zygotic twin pairs. All three studies (Blekhman et al., 2015; Davenport et al., 2015; Goodrich et al., 2016a) revealed that specific bacterial taxa, such as Bifidobacterium, are inheritable and correlate with specific host genotypes. Goodrich et al. (2016a) linked Bifidobacteria which metabolizes lactose in the gut with the LCT gene locus which encodes for the enzyme lactase that hydrolyses lactose. They revealed that lactase ‘non-persisters’ harbored lower levels of Bifidobacterium relative to lactase ‘persisters,’ possibly due to the higher availability of lactose in the gut of lactase non-persisters. Blekhman et al. (2015) and Davenport et al. (2015) also found that immunity-related genes, such as interleukin-2 (IL2) influenced the modulation of microbiome composition via pathways that may then result in complex diseases, although the exact mechanism remain unknown. Goodrich et al. (2016a) also updated and summarized an earlier list by Spor et al. (2011) of number of other host genetic loci that are suspected to be associated with the microbiome that was primarily based on mouse QTL research.

Furthermore, these studies used gene expression data to illustrate that genetic loci linked to microbiome composition have a functional role in metabolic diseases, such as obesity (Blekhman et al., 2015; Davenport et al., 2015).

Microbiome – GWAS Methodology

Thus far, many of the most recent microbiome GWAS studies on human hosts used either Alpha diversity indices (α-diversity; within population diversity) or Beta diversity indices (β-diversity; between population diversity) of microbial composition as phenotypes, and correlated the diversity with common genetic variants (SNPs). Table 1 details the methods used in microbiome GWAS in human hosts published to date, based on our knowledge. Blekhman et al. (2015) utilized a traditional GWAS statistical software package, PLINK (Purcell et al., 2007), and completed regression analysis was used in lieu of genes.  

| Method                        | Software tool | Sample size | Microbiome (sampling site) | Number of SNP/ Genes correlated | Reference                  | Notes                        |
|-------------------------------|--------------|-------------|---------------------------|---------------------------------|----------------------------|------------------------------|
| Additive linear mixed model   | PLINK (v1.07)Purcell et al., 2007; Chang et al., 2015  | 93          | Microbiome composition at various body sites (10) | 83*                           | Blekhman et al., 2015       | Pathway based analysis was used in lieu of genes. |
| Genome-wide efficient mixed-model association (GEMMA) | GEMMA (v0.94)Zhou and Stephens, 2012 | 127         | Gut microbiome            | 187*                           | Davenport et al., 2015      | SNP                          |
| Microbiome GWAS              | Microbiome GWAS Hua et al., 2015 | 1,248       | Gut microbiome            | 142*                           | Goodrich et al., 2016a      | Genes *GEMMA (v0.94) was also used. |

TABLE 1 | Methods used in human microbiome Genome wide association studies (GWAS).  

Frontiers in Microbiology | www.frontiersin.org 4 October 2016 | Volume 7 | Article 1611
analysis with an additive linear mixed model, followed by multiple test corrections to identify SNPs associated with microbiome composition at genome-wide significance. However, Davenport et al. (2015) and Goodrich et al. (2016a) used a genome-wide efficient mixed model implemented in the GEMMA software tool in their studies (Zhou and Stephens, 2012). These studies demonstrated that β-diversity is a more appropriate metric than α-diversity for microbiome GWAS, as it represents the microbial community more comprehensively and reduces the temporal variability observed with α-diversity resulting in an increase in statistical power (Hua et al., 2015). Microbiome GWAS (Hua et al., 2015) is a recently developed statistical software package that uses β-diversity indices calculated using both unweighted or weighted UniFrac and genome-wide SNPs, and allows for controlling confounders as covariates in a computationally efficient framework. Microbiome GWAS has been tested using both simulations and on a lung cancer dataset to identify microbiota associated with lung cancer risk in Europeans (Hua et al., 2015). More recently, Microbiome GWAS was applied to the expanded UK twins dataset (n = 1,248) (Goodrich et al., 2016a). This statistical package has the capability to correct for skewness and kurtosis in the score statistics that are a result of small sample sizes. Another recently published software package is MiRKAT (Zhao et al., 2015), which is a kernel regression based test to find associations between genome-wide SNPs and β-diversity computed using a generalized UniFrac (Chen et al., 2012). MiRKAT is limited by its computationally inefficient framework, and requires long run time and a large amount of processing power (Hua et al., 2015).

These microbiome – GWAS wide association studies form the initial attempts to elucidate genome–microbiome interaction; however, a number of limitations currently exist. GWAS typically require large sample sizes in order to obtain statistically significant results and account for small effect sizes that can be attributed to variants correlated with phenotypes (Hayes, 2013). The studies of Blekhman et al. (2015) and Davenport et al. (2015) both had small sample sizes (~100) that likely resulted in underpowered statistical analyses, especially following the multiple test corrections that were required for the results to be statistically significant. Blekhman et al. (2015) combined various individual SNPs into groups based on their association with similar biological pathways to increase statistical power, while Davenport et al. (2015) performed multiple test corrections on SNPs within each genome-wide association study to reduce the number of SNPs undergoing multiple test corrections. Nevertheless, both of these approaches do not fit the required statistical rigor observed in traditional GWAS studies (Barsh et al., 2012). Another challenge in microbiome – GWAS studies is the need for replicate cohorts. While Blekhman et al. (2015) used the Twins UK dataset (Moayyeri et al., 2012), Davenport et al. (2015) lacked a replication cohort to confirm their results. Improving statistical power by accounting for excess zeros in OTU counts of metagenomic samples (Xu et al., 2015), as well as larger host sample sizes and replication cohorts, are crucial if we are to obtain a more reliable understanding of genome–microbiome interactions. Furthermore, while most studies of this type identify genetic loci that appear to interact with the genome, all are yet to be confirmed by mechanistic or functional studies.

**EVOLUTIONARY PERSPECTIVE ON GENOME–MICROBIOME INTERACTIONS**

Due to changes in the human microbiome and genome over long periods of time, an evolutionary perspective on the microbiome is important in interpreting these effects on human health and disease. Several groups have examined modern populations to infer the influences of different evolutionary histories on the human microbiome. Moeller et al. (2014) showed how the human microbiome evolved by sequencing the gut microbiome of chimpanzees, bonobos, gorillas, and modern humans. More recently, they reported the presence of shared microbial composition across all four host species, suggesting the existence of an ancestral hominid microbiome (Moeller et al., 2016). In addition, Moeller et al. (2014) showed that the microbiome of our hominid ancestors was more diverse and more stable compared to that of modern humans. Disruptive dietary and environmental changes, such as the transition to agriculture, may have likely contributed to the loss of such diversity (Adler et al., 2011). Moeller et al. (2014) observed that bacterial taxa, such as *Bacteroidetes*, are associated with animal fat, rich diets, and high protein intake, and increase in abundance in modern humans. In contrast, taxa responsible for the degradation of complex polysaccharides, such as *Methanobrevibacter*, underwent decreases in abundance. The authors also compared their data to people in remote Venezuela, rural Malawi, and industrial United States, demonstrating a gradient of diminished microbial diversity driven by environment and diet (Moeller et al., 2014, 2016).

Similar findings have also been observed in other studies, Schnorr et al. (2014) and Schnorr (2015) explored the gut microbiome of the Hadza people, an Indigenous group of Tanzanian Hunter-gatherers. Researchers observed high bacterial diversity in this group compared to Western populations, as well as higher abundances of plant polysaccharide metabolizing taxa, such as *Prevotella* and *Treponema*. These taxa likely provide the Hadza with short chain fatty acids, such as butyrate and propionic acid, which positively influence immune and nervous systems by regulating inflammation (Rhee et al., 2009; Thomas et al., 2012). Other researchers hypothesized that the diversity and composition of the Hadza’s microbiome contribute to their low rates of nutritional and metabolic diseases (Blurton Jones et al., 1992). Similarly, De Filippo et al. (2010) and Yatsunenko et al. (2012) have shown the presence of a decreasing gradient of microbial diversity and abundance from contemporary Hunter-gatherers, rural farming communities to western populations. These studies suggest that our changing diets and lifestyles are responsible for our “missing microbes,”
using metagenomic shotgun sequencing. Ancient dental calculus specific PCR amplification, followed by Adler et al. (2013) calculus began with de la Fuente et al. (2013) using species-
oral microbiome during large cultural shifts in time, including research has already provided insights into changes in the relatively uncontaminated by the environment. Dental calculus possible to extract large amounts of microbial aDNA that are microbial DNA protecting it from external contamination, it is bacterial biofilm (dental plaque) that forms on teeth. Due This has primarily been done using dental calculus, a calcified ancient humans using ancient DNA will provide a comprehensive studying the co-evolution of the genome and microbiome in human populations (Haak et al., 2015; Mathieson et al., 2015; Skoglund et al., 2015) provides a unique opportunity to examine co-evolutionary interactions through time. For example, several studies have described the human genomic changes that occurred during the agricultural transition, including alterations in both immune and metabolic genes that allowed early farming communities to adapt to new diets and environments (Allentoft et al., 2015). These loci, such as those relating to lactase persistence and immune responses, are similar to loci identified in modern day microbiome – GWAS studies Goodrich et al. (2016b), suggesting that there may be a link between genomic and microbiome alterations.

**FUTURE DIRECTIONS**

In order to obtain a detailed understanding of these interactions, larger sample sizes and independent replication cohorts are required to confirm the associations that are detected. This will be beyond the singular capacity of many research laboratories and will require large collaborations, as seen in the medical genetics community where GWAS studies have been applied to specific human diseases. As the list of microbiome associated genetic loci grows, there is also the need for functional studies to understand the mechanisms that underlie genome–microbiome interactions. Gnotobiotic mice and human cell lines hold promise toward that aim and are part of the NIH Integrated HMP (iHMP/HMP 2.0), announced in 2014 as the successor to the HMP. The Integrated HMP has initiated the transition from high throughput screening to longitudinal and detailed mechanistic studies [Integrative Hmp (iHMP) Research Network Consortium, 2014]. In addition, studying the co-evolution of the genome and microbiome in ancient humans using ancient DNA will provide a comprehensive overview of the changes to the interaction over time. Further research will also require multidisciplinary expertise that is missing in recent publications. Microbiologists and population
geneticists will need to work together with bioinformaticians to accurately design experiments, perform rigorous statistical tests, and analyze results. With these steps, a clear understanding of the interactions between our genome and the microbiome will open new avenues for numerous medical therapies. This research will truly bring us into the age of personalized medicine, with the ability to modify our microbiome in light of our genome, to prevent disease and maintain human health.

**AUTHOR CONTRIBUTIONS**

MA-A wrote the manuscript; LW and AC commented and edited the manuscript. All authors read and approved the final version for submission.

**REFERENCES**

Adler, C. J., Dobney, K., Weyrich, L. S., Kaidonis, J., Walker, A. W., Haak, W., et al. (2013). Sequencing ancient calcified dental plaque shows changes in oral microbiota with dietary shifts of the Neolithic and Industrial revolutions. Nat. Genet. 45, 450–455. doi: 10.1038/ng.2536

Adler, C. J., Haak, W., Donlon, D., and Cooper, A. (2011). Survival and recovery of DNA from ancient teeth and bones. J. Archaeol. Sci. 38, 956–964. doi: 10.1016/j.jas.2010.11.010

Allentoft, M. E., Sikora, M., Sjögren, K.-G., Rasmussen, S., Rasmussen, M., Stenderup, J., et al. (2015). Population genomics of Bronze Age Eurasia. Nature 522, 167–172. doi: 10.1038/nature14507

Barsh, G. S., Copenhaver, G. P., Gibson, G., and Williams, S. M. (2012). Guidelines for genome-wide association studies. PLoS Genet. 8:e1002812. doi: 10.1371/journal.pgen.1002812

Benson, A. K., Kelly, S. A., Legge, R., Ma, F., Low, S. J., Kim, J., et al. (2010). Diet regulates gut microbiota composition in a complex polygenic trait shaped by multiple environmental and host genetic factors. Proc. Natl. Acad. Sci. U.S.A. 107, 18933–18938. doi: 10.1073/pnas.1007028107

Bien, J., Palagani, V., and Bozko, P. (2013). The intestinal microbiota dysbiosis and Clostridium difficile infection: is there a relationship with inflammatory bowel disease? Ther. Adv. Gastroenterol. 6, 53–68. doi: 10.1177/1756283X12454590

Blaser, M. J. (2014). The microbiome revolution. J. Clin. Invest. 124, 4162–4165. doi: 10.1172/JCI78366

Blaser, M. J., and Falkow, S. (2009). What are the consequences of the disappearing human microbiota? Nat. Rev. Microbiol. 7, 887–894. doi: 10.1038/nrmicro2245

Blekhman, R., Goodrich, J. K., Huang, K., Sun, Q., Bukowski, R., Bell, J. T., et al. (2015). Host genetic variation impacts microbiome composition across human body sites. Genome Biol. 16:191. doi: 10.1186/s13059-015-0759-1

Blurton Jones, N. G., Smith, L. C., O’Connell, J. F., Hawkes, K., and Kamuzora, C. L. (1992). Demography of the Hadza, an increasing and high density population of Savanna foragers. Am. J. Phys. Anthropol. 89, 159–181. doi: 10.1002/apa.1330890204

Bongers, G., Pacer, M. E., Geraldino, T. H., Chen, L., He, Z., Hashimoto, D., et al. (2014). Interplay of host microbiota, genetic perturbations, and inflammation promotes local development of intestinal neoplasms in mice. J. Exp. Med. 211, 457–472. doi: 10.1084/jem.20131587

Bos, K. I., Harkins, K. M., Herbig, A., Coscolla, M., Weber, N., Comas, I., et al. (2014). Pre-Columbian mycobacterial genomes reveal seals as a source of New World human tuberculosis. Nature 514, 494–497. doi: 10.1038/nature13591

Bos, K. I., Schuenemann, V. J., Golding, B. G., Burbano, H. A., Waglechner, N., Coombes, B. K., et al. (2011). A draft genome of Yersinia pestis from victims of the Black Death. Nature 478, 506–510. doi: 10.1038/nature10549

Bush, W. S., and Moore, J. H. (2012). Chapter 11: genome-wide association studies. PLoS Comput. Biol. 8:e1002822. doi: 10.1371/journal.pcbi.1002822

Campbell, J. H., Foster, C. M., Vishnivetskaya, T., Campbell, A. G., Yang, Z. K., Wymore, A., et al. (2012). Host genetic and environmental effects on mouse intestinal microbiota. ISME J. 6, 2033–2044. doi: 10.1038/ismej.2012.54

Carding, S., Verbeke, K., Vipond, D. T., Corfe, B. M., and Owen, L. J. (2015). Dysbiosis of the gut microbiota in disease. Microb. Ecol. Health Dis. 26:26191.

Chang, C. C., Chow, C. C., Tellier, L. C., Vattikuti, S., Purcell, S. M., and Lee, J. (2015). Second-generation PLINK: rising to the challenge of larger and richer datasets. Gigascience 4:7. doi: 10.1186/s13742-015-0047-8

Chen, J., Bittinger, K., Charlson, E. S., Hoffmann, C., Lewis, J., Wu, G. D., et al. (2012). Associating microbiome composition with environmental covariates using generalized UniFrac distances. Bioinformatics 28, 2106–2113. doi: 10.1093/bioinformatics/bts342

Cho, I., and Blaser, M. J. (2012). Applications of next-generation sequencing the human microbiome: at the interface of health and disease. Nat. Rev. Genet. 13, 260–270. doi: 10.1038/nrg3182

Davenport, E. R., Cusanovich, D. A., Micheliini, K., Barreiro, L. B., Ober, C., and Gilad, Y. (2015). Genome-wide association studies of the human gut microbiota. PLoS ONE 10:e0140301. doi: 10.1371/journal.pone.0140301

Davenport, E. R., Mizrahi-Man, O., Micheliini, K., Barreiro, L. B., Ober, C., and Gilad, Y. (2014). Seasonal variation in human gut microbiome composition. PLoS ONE 9:e90731. doi: 10.1371/journal.pone.0090731

David, L. A., Maurice, C. F., Carmody, R. N., Gootenberg, D. B., Button, J. E., Wolfe, B. E., et al. (2014). Diet rapidly and reproducibly alters the human gut microbiome. Nature 505, 559–563. doi: 10.1038/nature12830

De Filippo, C., Carielli, D., Di Paola, M., Rizzello, F., Pileggi, M., Poulet, J. B., Massart, S., et al. (2010). Impact of diet in shaping gut microbiota revealed by a comparative study in children from Europe and rural Africa. Proc. Natl. Acad. Sci. U.S.A. 107, 14691–14696. doi: 10.1073/pnas.1005963107

de la Fuente, C., Flores, S., and Moraga, M. (2013). DNA from human ancient bacteria: a novel source of genetic evidence from archaeological dental calculus. Archaeometry 55, 767–778. doi: 10.1111/1475-4754.2012.00707.x

Dewhirst, F. E., Chen, L., He, Z., Hashimoto, D., et al. (2014). Diet rapidly and reproducibly alters the human gut microbiome. Nature 505, 559–563. doi: 10.1038/nature12830

Ding, T., and Schloss, P. D. (2014). Dynamics and associations of microbial community types across the human body. Nature 509, 357–360. doi: 10.1038/nature13178

Esposito, R. S., Smith, D. D., and Chu, F.-F. (2010). A strong impact of genetic background on gut microbiota in mice. Int. J. Inflamm. 2010:986046. doi: 10.4061/2010/986046

Fall, T., and Ingelsson, E. (2014). Genome-wide association studies of obesity and metabolic syndrome. Mol. Cell. Endocrinol. 382, 740–757. doi: 10.1016/j.mce.2012.08.018

**FUNDING**

We acknowledge the Australian Research Council for financial support through grants DE150101574 awarded to LW and FL140100260 awarded to AC.

**ACKNOWLEDGMENTS**

We thank the editor and two reviewers for their constructive comments, Which have helped improve the manuscript. We acknowledge the Australian Centre for Ancient DNA (ACAD) thesis writing group for helpful comments on the manuscript and the Online Ancient Genome Repository (OAGR) database for hosting large-scale ancient DNA datasets to be used in future microbiome – GWAS studies (https://www.oagr.org.au/).
Rawls, J. F., Mahowald, M. A., Ley, R. E., and Gordon, J. I. (2006). Reciprocal gut microbiota transplants from zebrafish and mice to germ-free recipients reveal host habitat selection. Cell 127, 423–433. doi: 10.1016/j.cell.2006.08.043

Rhee, S. H., Poitoulakis, C., and Mayer, E. A. (2009). Principles and clinical implications of the brain-gut-enteric microbiota axis. Nat. Rev. Gastroenterol. Hepatol. 6, 306–314. doi: 10.1038/nrgastro.2009.35

Rodríguez, J. M., Murphy, K., Stanton, C., Ross, R. P., Kober, O. I., Juge, N., et al. (2015). The composition of the gut microbiota throughout life, with an emphasis on early life. Microb. Ecol. Health Dis. 26:26050. doi: 10.3402/mehd.v26.26050

Schnorr, S. L. (2015). The diverse microbiome of the hunter-gatherer. Nature 518, S14–S15. doi: 10.1038/518S14a

Schnorr, S. L., Candela, M., Rampelli, S., Centanni, M., Consolandi, C., Basaglia, G., et al. (2014). Gut microbiome of the Hadza hunter-gatherers. Nat. Commun. 5:3654. doi: 10.1038/ncomms4654

Seok, J., Warren, H. S., Cuenca, A. G., Mindrinos, M. N., Baker, H. V., Xu, W., et al. (2013). Genomic responses in mouse models poorly mimic human inflammatory diseases. Proc. Natl. Acad. Sci. U.S.A. 110, 3507–3512. doi: 10.1073/pnas.1222878110

Sharon, G., Segal, D., Ringo, J. M., Hefetz, A., Zilber-Rosenberg, I., and Rosenberg, E. (2010). Commensal bacteria play a role in mating preference of Drosophila melanogaster. Proc. Natl. Acad. Sci. U.S.A. 107, 20051–20056. doi: 10.1073/pnas.1009906107

Skoglund, P., Mallick, S., Bortolini, M. C., Chennagiri, N., Hünemeier, T., Petzl-Erler, M. L., et al. (2015). Genetic evidence for two founding populations of the Americas. Nature 525, 104–108. doi: 10.1038/nature14895

Spor, A., Koren, O., and Ley, R. (2011). Unravelling the effects of the environment and host genotype on the gut microbiome. Nat. Rev. Microbiol. 9, 279–290. doi: 10.1038/nrmicro2540

Srinivas, G., Möller, S., Wang, J., KüNZel, S., Zillkens, D., Baines, J. F., et al. (2013). Genome-wide mapping of gene–microbiota interactions in susceptibility to autoimmune skin blistering. Nat. Commun. 4:2462. doi: 10.1038/ncomms3462

The Human Microbiome Project (2012). Structure, function and diversity of the healthy human microbiome. Nature 486, 207–214. doi: 10.1038/nature11234

Thomas, R. H., Meeking, M. M., Mepham, J. R., Tichenoff, L., Possmayer, F., Liu, S., et al. (2012). The enteric bacterial metabolite propionic acid alters brain and plasma phospholipid molecular species: further development of a rodent model of autism spectrum disorders. J. Neuroinflamm. 9:153. doi: 10.1186/1742-2094-9-153

Turnbaugh, P. J., Hamady, M., Yatsunenko, T., Cantarel, B. L., Ley, R. E., Sogin, M. L., et al. (2009). A core gut microbiom in obese and lean twins. Nature 457, 480–484. doi: 10.1038/nature07540.A

van Dijk, E. L., Auger, H., Jaszczyszyn, Y., and Thermes, C. (2014). Ten years of next-generation sequencing technology. Trends Genet. 30, 418–426. doi: 10.1016/j.tig.2014.07.001

Visscher, P. M., Brown, M. A., McCarthy, M. I., and Yang, J. (2012). Five years of GWAS discovery. Am. J. Hum. Genet. 90, 7–24. doi: 10.1016/j.ajhg.2011.11.029

Wang, J., and Jia, H. (2016). Metagenome-wide association studies: fine-mining the microbiome. Nat. Rev. Microbiol. 14, 508–522. doi: 10.1038/nrmicro.2016.83

Warinner, C., Rodrigues, J. F. M., Vyas, R., Trachsel, C., Shved, N., Grossmann, J., et al. (2014). Pathogens and host immunity in the ancient human oral cavity. Nat. Genet. 46, 336–344. doi: 10.1038/ng.2906

Warinner, C., Speller, C., Collins, M. J., and Lewis, C. M. (2015). Ancient human microbiomes. J. Hum. Evol. 79, 125–136. doi: 10.1016/j.jhevol.2014.10.016

Whittaker, R. H. (1972). Evolution and measurement of species diversity. Taxon 21, 213–251. doi: 10.2307/1218190

Williams, E., and Cooper, A. (2005). Ancient DNA. Proc. R. Soc. 272, 3–16. doi: 10.1098/rspb.2004.2813

Woese, C. R., Kandler, O., and Wheelis, M. L. (1990). Towards a natural system of organisms: proposal for the domains Archaea, Bacteria, and Eucarya. Proc. Natl. Acad. Sci. U.S.A. 87, 4576–4579. doi: 10.1073/pnas.87.12.4576

Xu, L., Paterson, A. D., Turpin, W., and Xu, W. (2015). Assessment and selection of competing models for zero-inflated microbiome data. PLoS ONE 10:e0129606. doi: 10.1371/journal.pone.0129606

Yatsunenko, T., Rey, F. E., Manary, M. J. M. J., Trehan, I., Dominguez-Bello, M. G., Contrieras, M., et al. (2012). Human gut microbiome viewed across age and geography. Nature 486, 222–227. doi: 10.1038/nature11053

Zapata, H. J., and Quagliarello, V. J. (2015). The microbiota and microbiome in aging: potential implications in health and age-related diseases. J. Am. Geriatr. Soc. 63, 776–781. doi: 10.1111/jgs.13310

Zhao, N., Chen, J., Carroll, I. M., Ringel-Kulka, T., Epstein, M. P., Zhou, H., et al. (2015). Testing in microbiome-profiling studies with MiRKAT, the microbiome regression-based kernel association test. Am. J. Hum. Genet. 96, 797–807. doi: 10.1016/j.ajhg.2015.04.003

Zhernakova, A., Kurilshikov, A., Bonder, M. J., Tigchelaar, E. F., Schirmer, M., Vatanen, T., et al. (2016). Population-based metagenomics analysis reveals markers for gut microbiome composition and diversity. Science 352, 565–569. doi: 10.1126/science.aad3369

Zhou, X., and Stephens, M. (2012). Genome-wide efficient mixed-model analysis for association studies. Nat. Genet. 44, 821–824. doi: 10.1038/ng.2310

Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Copyright © 2016 Abdul-Aziz, Cooper and Weyrich. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) or licensor are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.