Bevacizumab for Newly Diagnosed Ovarian Cancers: Best Candidates Among High-Risk Disease Patients (ICON-7)

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Abstract

Bevacizumab is approved as a maintenance treatment in first-line setting in advanced-stage III-IV ovarian cancers, because GOG-0218 and ICON-7 phase III trials demonstrated progression-free survival benefits. However, only the subgroup of patients with high-risk diseases (stage IV, and incompletely resected stage III) derived an overall survival (OS) gain in the ICON-7 trial (4.8 months). The modeled CA-125 elimination rate constant K (KELIM) parameter, based on the longitudinal CA-125 kinetics during the first 100 days of chemotherapy, is a potential indicator of the tumor primary chemo-sensitivity. In the ICON-7 trial dataset, the OS of patients within the low- and high-risk disease groups was assessed according to treatment arms and KELIM. Among the patients with high-risk diseases, those with favorable standardized KELIM of at least 1.0 (n = 214, 46.7%) had no survival benefit from bevacizumab, whereas those with unfavorable KELIM less than 1.0 (n = 244, 53.2%) derived the highest OS benefit (absolute difference = 9.1 months, 2-sided log-rank P = .10; Cox hazard ratio = 0.78, 95% confidence interval = 0.58 to 1.04, 2-sided P = .09).

In June 2018, the Food and Drug Administration approved bevacizumab in combination with carboplatin and paclitaxel, followed by single-agent bevacizumab, for stage III or IV ovarian carcinoma patients after initial surgical resection (1). This approval is based on the outcomes of 2 parallel phase III trials, GOG-0218 (NCT00262847) and ICON-7 (NCT00483782), which demonstrated benefits in progression-free survival with the addition of bevacizumab to standard first-line chemotherapy in patients with advanced-stage III-IV ovarian cancers (2,3).

However, the best candidate population for adjuvant bevacizumab treatment prescription is still a subject of controversy (4). Indeed, no benefit in overall survival (OS) with bevacizumab was eventually found in the final survival analysis report of GOG-0218 (5). On the other hand, an additional analysis of the ICON-7 trial reported by Oza et al. (6) demonstrated that the specific predefined high-risk population, which included all patients with stage IV and those with unoperated or suboptimally debulked (>1 cm) stage III diseases, derived a benefit in OS with bevacizumab addition: median OS was 39.3 vs 34.5 months and absolute difference 4.8 months (P = .03).

The tumor chemo-sensitivity, as potentially assessed by the modeled kinetics of CA-125 during chemotherapy, might be another parameter to consider. The CA-125 elimination rate constant K (KELIM) is an early modeled kinetic parameter, which can be assimilated to a CA-125 clearance during systemic treatment (7). It is calculated with a minimum of 3 CA-125 values during the first 100 days of neoadjuvant or adjuvant chemotherapy. The prognostic value of KELIM was initially reported in a retrospective study of the CALYPSO phase III trial with recurrent disease patients (7). The prognostic value of KELIM regarding progression-free survival and OS was subsequently validated (when considered as a continuous or categorical covariate) in first-line setting on the data of more than 3030 patients enrolled in 1 phase II and 3 phase III trials, including the ICON-7 trial (8,9).

Here, the objective was to assess the potential complementary prognostic role of KELIM with respect to the Oza et al. (6)
risk groups in the ICON-7 trial as a way of defining more accurately the best candidate population for bevacizumab prescription.

The model previously reported (8,9) was used to estimate the modeled KELIM values of patients enrolled in the ICON-7 trial and then to characterize the optimized KELIM cutoff meant to dichotomize KELIM using receiver-operating characteristics. KELIM was standardized (std) by this cutoff (patient std KELIM = patient KELIM/cutoff) and qualified as unfavorable if std KELIM was less than 1.0 or favorable if std KELIM was at least 1.0 as a way of facilitating the clinical interpretation. Survival analyses were performed using univariate log-rank test and Cox model to assess the prognostic value of KELIM with respect to the other prognostic factors within the low- and high-risk patient groups defined by Oza et al., with a landmark time point set up at 100 days. Indeed, the CA-125 kinetics was modeled from day 0 to 100, and exclusion of the early progressions observed during the first 100 days avoided the biases related to the links between early progressions and CA-125 kinetics. All statistical tests were 2-sided, and a P value less than .05 was considered statistically significant.

Of 1528 patients enrolled in the ICON-7 trial, the data from 1386 patients (90.7%) could be assessed for survival. The respective median std KELIM were 1.14 days\(^{-1}\) (interquartile range = ±0.58) and 0.96 days\(^{-1}\) (interquartile range = ±0.57) within the low-risk (n = 928) and high-risk (n = 458) disease groups, respectively. The median KELIM value (0.06 days\(^{-1}\)) was found to be the best cutoff for dichotomizing KELIM. The independent prognostic value of std KELIM, with respect to the other covariates, was confirmed in multivariate analyses (Supplementary Tables 1 and 2, available online). The lack of survival benefit with the addition of bevacizumab in the low-risk group (n = 928) was confirmed regardless of std KELIM value, with excellent median survivals longer than 50 months (Table 1; Figure 1). Among the high-risk disease group patients (n = 458), those with a favorable std KELIM of at least 1.0 (n = 214, 46.7%) did not experience OS benefit from bevacizumab addition (46.6 vs 48.2 months, log-rank P = .70, Cox hazard ratio = 0.93, 95% confidence interval [CI] = 0.65 to 1.34). Only those with an unfavorable std KELIM less than 1.0 (n = 244, 53.2%) might have derived a benefit from bevacizumab (median OS = 29.7 months, 95% CI = 24.0 to 35.2 months vs OS = 20.6 months, 95% CI = 17.6 to 23.2 months; absolute difference, 9.1 months; log-rank P = .10; Cox hazard ratio = 0.78, 95% CI = 0.58 to 1.04, P = .09). The difference was statistically significant when considering censored median survivals (Wilcoxon P = .004) (Supplementary Table 3, available online). Of note, the survival gain potentially provided by bevacizumab addition was not sufficient to reach similar survivals with those of high-risk disease patients with favorable KELIM (Table 1; Figure 1).

Five years after the Oza et al. (6) report, the present additional analysis of ICON-7 trial data suggests that the chemosensitivity, as potentially assessed by the modeled CA-125 kinetic parameter KELIM, may be a complementary covariate to consider for decision-making about bevacizumab prescription. Approximately 47% of high-risk patients may not derive survival benefit from the costly addition of bevacizumab, whereas the maximum survival gain (about 9 months) might be obtained in the remaining 53% patients with poorly chemo-sensitive diseases. Such a strategy would imply that all patients would be treated with chemotherapy, and only those with high-risk disease and unfavorable std KELIM <1.0 calculated after 3-4 cycles would receive adjuvant bevacizumab. These data should be interpreted with caution because the limited number of

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**Table 1.** Outcomes of OS analyses of patients with low- or high-risk disease according to treatment arms and std KELIM.

| KELIM category | Treatment arm | OS (months) | HR (95% CI) Log-rank test | P |
|----------------|---------------|-------------|---------------------------|---|
| Favorable std | Chemotherapy alone | 49.8 (93.7 to NR) | 1.0 (0.78 to 1.34) | .70 |
| Unfavorable std | Chemotherapy alone | 29.7 (24.0 to 35.2) | 0.78 (0.58 to 1.04) | .09 |
| Unfavorable std | Chemotherapy + bevacizumab | 49.8 (93.7 to NR) | 1.0 (0.78 to 1.34) | .70 |

*Cox tests were 2-sided. Favorable std KELIM ≥1.0 vs unfavorable std KELIM <1.0: CI = confidence interval. HR = Cox hazard ratio (chemotherapy alone arm used as reference group). KELIM = CA-125 elimination rate constant K. NR = not reached; OS = overall survival; std = standardized.*
patients in subgroups reduced the power and the statistical significance of the analyses. A validation in other datasets of the hypothesis generated by the present outcomes is necessary.

The recent presentation of PAOLA-1 phase III trial outcomes suggesting a potential benefit from olaparib addition to bevacizumab in patients with incompletely resected stage III and stage IV disease subgroups, contrarily to those of PRIMA and VELIA trials, again raises the question of the best indication of bevacizumab in patients with high-risk diseases (10–12). To be useful in clinics, the KELIM model was implemented on http://www.biomarker-kinetics.org, so any physician can calculate patient KELIM based on their observed CA-125 values (minimum 3 timepoints) during the first 100 days of adjuvant or neoadjuvant chemotherapy.

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