Epigenetics meets GPCR: inhibition of histone H3 methyltransferase (G9a) and histamine H3 receptor for Prader–Willi Syndrome

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The role of epigenetic regulation is in large parts connected to cancer, but additionally, its therapeutic claim in neurological disorders has emerged. Inhibition of histone H3 lysine N-methyltransferase, especially G9a, has been recently shown to restore candidate genes from silenced parental chromosomes in the imprinting disorder Prader–Willi syndrome (PWS). In addition to this epigenetic approach, pitolisant as G-protein coupled histamine H3 receptor (H3R) antagonist has demonstrated promising therapeutic effects for Prader–Willi syndrome. To combine these pioneering principles of drug action, we aimed to identify compounds that combine both activities, guided by the pharmacophore blueprint for both targets. However, pitolisant as selective H3R inverse agonist with FDA and EMA-approval did not show the required inhibition at G9a. Pharmacological characterization of the prominent G9a inhibitor A-366, that is as well an inhibitor of the epigenetic reader protein Spindlin1, revealed its high affinity at H3R while showing subtype selectivity among subsets of the histaminergic and dopaminergic receptor families. This work moves prominent G9a ligands forward as pharmacological tools to prove for a potentially combined, symptomatic and causal, therapy in PWS by bridging the gap between drug development for G-protein coupled receptors and G9a as an epigenetic effector in a multi-targeting approach.

Prader–Willi syndrome (PWS) is a rare neurogenetic disorder that affects approximately 1 of 15,000–30,000 newborn infants1,2. Clinically, the disease manifests in a marked hypotonia that presents as earliest symptoms in reduced fetal movement, in sucking weakness of neonates and further limits motoric development in early childhood3. Following a period of reduced nutrition due to decreased muscle tone, the disease proceeds with a bland feeling of satiety, leading to a massive urge for eating (hyperphagia). If not controlled by exogenic dietary limitation through caregivers, PWS leads to obesity during adolescence and adulthood, that is the common reason for increased morbidity and mortality of such patients1,4. Next to behavioral disorders, patients often show mild mental retardation such as restraints in executing complex tasks and/or mildly reduced intelligence, short stature, hypogonadism, a general delayed development and sleeping issues that demonstrate as hypersomnia and excessive daytime sleepiness (EDS)1–3.

PWS is referred to as a neurogenetic disorder that has been associated with a loss of genetic information between loci q11 and q13 on the chromosome 15 where several SNORD clusters and the genes SNURF-SNRPN, NDN, MKRN3 and MAGEL2 are located6. However, it is hard to correlate their loss with specific symptoms of the phenotype. On the one hand, their specific functions have not been elucidated yet, on the other hand, not many PWS or PWS-like phenotypes could be attributed to the loss of a single of such genes7. The function of the small nucleolar RNA (snRNA) expressed by SNORD116 has not been elucidated yet, though, the deletion of this cluster suggests a critical role for determining the PWS phenotype6,8. Progress of knowledge about the organization of genes led to an understanding of the molecular origin of PWS. It is caused by a loss of the paternally inherited genes within the depicted loci, either due to deletion or uniparental disomy. At the same

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time, the copy of information remains on the corresponding maternal chromosome. However, the genes on this opposite parental chromosome are silenced by epigenetic mechanisms, such as DNA methylation or post-translational histone modifications that lead to imprinting of the corresponding alleles. Thus, PWS is referred to as an “imprinting disorder”, a group of disorders that shares many clinical manifestations such as affected growth, development, metabolism or behavior.

The current pharmacotherapeutic interventions in PWS involve substitution of Growth Hormone that has shown to improve body composition and motoric strength. It can and should be applied before the first birthday of infants. Additionally, the application of sexual hormones, antipsychotics and antidepressants in the disease is reported in the literature. Among the psychiatric drugs, modafinil demonstrated effectiveness to relieve the impulsive behavior of PWS patients and has been approved for the treatment of EDS or narcolepsy. Similarly, application of pitolisant as novel inverse agonist/antagonist at the G-protein coupled histamine H3 receptor (H3R) by children suffering from PWS is known to us. The drug obtained market-approval by the European Medicines Agency of the European Union (EMA) in 2016 for narcolepsy with or without cataplexy, recently followed by the FDA (U.S. Food and Drug Administration) approval. In clinical studies, the drug displayed significant improvement of EDS determined by the Epworth Scale of Sleepiness (ESS) and non-inferiority to the human isoform of histamine H3 receptor (hH3R) as determined by [3H]N6-methylhistamine displacement studies.

Results

Cross-over screening of H3R ligands and dual G9a/Spindlin1 inhibitors. Testing of the H3R ligands pitolisant and ciproxifan did not reveal remarkable inhibition of G9a and Spindlin1. UCL-2190 showed only slight G9a inhibition when compared to negative control (buffer only, P = 0.035). In contrast, known G9a inhibitors potentely diminished H3K9 dimethylation (Table 1). Additionally, UNC-0642 inhibited Spindlin1 to interact with gene silencing within the imprinted region and genes were still restored, the role of methylation for expression of the imprinted genes during imprinting has been highlighted. Further unknown roles of G9a to gene expression may contribute, and involvement of additional regulators of gene expression seems likely. For example, some G9a inhibitors have shown inhibition of Spindlin1 that belongs to the epigenetic “reader” proteins and has been studied for its role in cancer progression. It can detect H3K4 trimethylation (H3K4me3) and trigger downstream signalling as well as the expression of rRNA genes.

Inspired by the recent progress of pitolisant in PWS, we aimed to accelerate the preclinical and clinical investigation by the discovery of further H3R inverse agonists/antagonists with improved profiles. The reported potential of the G9a inhibitors UNC-0642 and UNC-0638 to restore the expression of candidate genes in PWS prompted us to identify H3R antagonists among compounds with inhibitory activity for G9a. Additionally, we took identified lead-compounds for a selectivity screening among histamine H4 receptors that possess high structural similarity to H3R as well as towards dopaminergic receptor subtypes that have been associated with the regulation of food intake. Finally, relevant queries were made for Spindlin1 inhibition to identify congeners for further pharmacological elucidation of involvement of this target in PWS.

Table 1. Representative ligands and their G9a inhibition, Spindlin1 inhibition and H3R affinity. *AlphaLISA based CLOT (Chemiluminescence-based oxygen tunnelling) assay; results are expressed as means ± s.d. from the indicated number of replicates (n). **Screening for inhibition of the epigenetic reader protein Spindlin1 in a fluorescence polarization-based approach. ***Affinity to the human isoform of histamine H3 receptor (hH3R) as determined by [3H]N6-methylhistamine displacement studies.
Inhibition of Specific binding [%]

![Inhibition of Specific binding graph]

**Figure 1.** Screening for selectivity of G9a-inhibitors at 1 µM among dopamine D1, D5, D2 and D3 receptors (D1R, D5R, D2R, D3R, respectively) and at the histamine H4 receptor (H4R). For comparison, the figure depicts the inhibition of specific binding to H3R that was extracted from affinity screening data. Bars represent means ± s.d. of the inhibition of radioligand binding to the respective receptor by either A-366, UNC-0642 or control compound (100 µM fluphenazine for D1R and D5R, 10 µM haloperidol for D2R and D3R, 100 µM INJ-777120 for H4R or 10 µM pitolisant for H3R). [3H]-SCH23390, [3H]-spiperone, [3H]-histamine and [3H]α-methylhistamine were used as radiolabelled tracers at D1R/D5R, D2R/D3R, H4R and H3R, respectively, each at approx. 1 × Kd.

with trimethylated H3K4 at 10 µM. Interestingly, such dual G9a/Spindlin1 inhibitors were as well able for potent displacement of [3H]α-methylhistamine from human isoform of H3R (hH3R) in the nanomolar concentration range. While A-366 exerted its action at a concentration similar to the prominent H3R inverse agonist/antagonist UNC-0642 was more active by about an order of magnitude.

**Selectivity screening of G9a inhibitors at other GPCR subtypes.** The G9a inhibitors A-366 and UNC-0642 were screened for their ability to inhibit binding of radiolabeled ligands to dopamine D1, D2, D3 receptors (D1R, D2R, D3R) and histamine H4 receptor (H4R) (Fig. 1). For both compounds, significant differences to the respective positive controls were observed (P < 0.05; positive controls: 10 µM haloperidol for dopaminergic receptor subtypes, 100 µM INJ-777120 for histamine H4 receptor, 10 µM pitolisant for H3R). Such differences were slight with regards to H3R (A-366: ∆between means = 9%, UNC-0642: ∆between means = 5%). However, differences in inhibition were significantly more pronounced when comparing their activity between H3R and the other GPCR subtypes (P < 0.02), suggesting lower receptor affinity for the latter. A-366 and UNC-0642 did not differ from each other for their exerted radioligand displacement at H3R, H4R, D2R and D3R (P > 0.22). In contrast, a higher susceptibility to displace [3H]-spiperone from D2R and D3R was observed for UNC-0642 than for A-366 (P < 0.01).

**Mode of antagonism of A-366 at rat isoform of H3R.** Additionally, A-366 was investigated in a cAMP-response element driven luciferase reporter gene (CRE-Luc) assay at another isoform of H3R. At the Rat Norvegicus isoform of H3R (rH3R), A-366 potently shifted receptor activation by histamine (EC50 = 2.3 [0.4–14.9] nM). As determined from fitting data of Fig. 2a, the resulting affinity was in line with the observations above that used the human isoform of H3R (hH3R, Kd = 15 [2–150] nM). Subsequent Schild-plot showed that A-366 shifts the affinity of histamine in a rather equipotential manner (Fig. 2b) with a slightly reduced slope (0.79 ± 0.45, mean ± 95% confidence interval) but not significantly different from unity.

**Discussion**

Among our search for novel H3R ligands with combined G9a inhibitory activity, relevant progress could be made in this study to define a novel mode of action in the pharmacotherapy of PWS. Particularly guided by the recent clinical effects of pitolisant, we started with the search for a potential epigenetic mechanism of action for pitolisant as well as ciproxifan and UCL-2190. However, such could not be delineated based on our data. Ciproxifan serves as an advanced pharmacological tool on preclinical investigation stage and a standard tool in various rodent models22, despite that included imidazole moiety26. Some drawbacks associated with the susceptibility of imidazole to inhibit CYP enzymes led to the derivative UCL-2190 that belongs to the second, nonimidazole-based generation of H3R antagonists27. Whereas a slight G9a inhibition in low percentile range was observed for UCL-2190, the corresponding affinity estimate would be far apart from such observed for potent G9a inhibitors. Crystal structures of some G9a inhibitors in complex with the enzyme suggest the necessity of protonated heterocyclic element for ionic interaction with the Asp1088 residue of the enzyme28–30. We attribute the lack of G9a inhibition by our scrutinized H3R inverse agonists to the absence of this structural feature.

In contrast, we could identify potent H3R ligands among G9a inhibitors. Therefore, we examined UNC-0642, bearing a quinazoline-core motif and A-366 as a spirocyclic 2-amino-3H-indole-based G9a-pharmacophore. The latter is suggested to be protonated at physiological pH-value due to variation towards an inherent amidine or aromatic guanidine functionality30,31. Further aliphatic and amino group-containing moieties are tolerated. Interestingly, for some G9a inhibitors, the core bears substituents like a 3-pyrrolidinopropoxy moiety as present in...
A-366 and UNC-0642. As enlightened from the crystal structures, the latter motif could be linked to an increased potency at G9a due to substrate mimicking of lysine in position 9 of histone H3K9 and therefore a blocking of the lysine binding tunnel in the histone H3 binding pocket. Additionally, this variation draws the basis for an H3R pharmacophore that can constitute of a basic moiety, linked by an alkyl-spacer towards a substitutable aromatic central core. The high binding affinity of the G9a inhibitors can be explained as such features have already been incorporated into UNC-0642 and A-366. For the former tool compound, the findings are in line with its previous characterization as a G9a inhibitor with selectivity over a broad range of kinases, transporters, ion channels as well as GPCR's, except an affinity at histamine H3R.

To search for potential discriminants between both pharmacological tools at GPCRs, we extended our in vitro profiling with selectivity studies against a small set of dopamine receptors (D1R, D2R, D3R, D5R) as well as the histamine H4 receptor that shows the highest structural similarity to H3R among GPCRs. In all cases, inhibition of radioligand binding to the off-targets was lower for UNC-0642 and A-366 when compared with the respective positive controls at such receptors and also lower when compared to their inhibitory activity at H3R. In essence, one could hypothesize an additional action of agonists at D2R would have beneficial effects for PWS due to a suppressed food-intake in vivo. Consequently, antagonists could compromise such an effect. Thus, we see the selectivity against D2R and D3R, that was slightly more pronounced for A-366 than for UNC-0642, as an essential property for our desired pharmacological tools.

As a consequence of the well-documented interspecies differences of H3R affinity, we decided to determine A-366 binding at the rH3R. Due to the Gαo coupling nature of H3R, agonists as Nα-methylhistamine lead to a reduced intracellular cAMP content compared to untreated cells. In a Schild-based characterization of A-366 as depicted in Fig. 2, we observed a potency that was consistent with such at hH3R and an equipotent affinity shift of agonist with increasing antagonist concentrations. This result creates a basis for exploitability of H3R mediated effects in preclinical PWS in vivo studies, although we are aware that mouse models have been predominantly used in the past. However, some reports move for extended usage of animal models other than PWS mouse models as such do usually not present obesity and hyperphagia simultaneously.

Together with the previously presented data, our results indicate that both G9a standard ligands have low nanomolar H3R binding affinities with required selectivity among further GPCR subtypes and that they exert potent inhibition of G9a and Spindlin1. Besides the effectiveness of UNC-0642 in PWS mice that was mentioned previously, this compound has already been subjected for further neurological examination, showing amelioration of autism-like social deficits in Shank3-deficient mice and reduction of anxiety-related behavior in adult mice. In the latter study, effects similar to those of UNC-0642 could be demonstrated for A-366. This implies both compounds to be tolerated in mouse or rat models and that they possess essential features for neurological drugs such as blood–brain barrier permeability and metabolic stability. Therefore, both ligands will be suitable pharmacological tools for potential in vivo investigation.

Concluding our search for potential dual G9a inhibitors/H3R antagonists for the treatment of PWS in future, significant prerequisites for applying the preclinical candidate A-366 in PWS studies could be identified. With the identification of H3R antagonizing properties of A-366, our in vitro characterization presents this compound as a multi-target ligand that has a high potential to show symptomatic effects in the neurogenetic PWS, congruent to those described for pitolisant. Secondly, the recently demonstrated gene restoration from maternal chromosomes by UNC-0642 mediated G9a inhibition should allow for a potential causal intervention by A-366. Besides, the advanced preclinical development stage of this drug makes it very attractive for further clinical characterization, promising a symptomatic and causal approach in the pharmacotherapy of PWS.
Methods
Materials. UCL-2190, Ciproxifan and Pitolisant were from own laboratory stocks of which synthesis and analytics have been described previously. G9a-inhibitors A-366 and UNC-0642 as well as G9a enzyme, S-adenosylmethionine (SAM, (2S)-2-amino-4-[[2(S),3S,4R,5R)-5-(6-amino-9H-purin-9-yl)-3,4-dihydroxytetrahydrofuran-2-yl]methyl-methylsulfonio]butanoate), biotinylated histone H3 (1–21) fragment and Dulbecco’s modified eagle medium (DMEM, article no. D5671) were purchased from Sigma-Aldrich, Taufkirchen, Germany. Fetal bovine serum albumin (FBS Good-Forte) and Dulbecco’s Phosphate Buffered Saline (DPBS) were provided by PAN biotech (Aidenbach, Germany). The radioligands [3H]N\textalpha-methylhistamine, [3H]histamine, [3H]spiperone and [3H]SCH23390 were purchased from PerkinElmer (Rodgau, Germany) as well as AlphaLISA materials such as AlphaLISA H3K9me2 acceptor beads, streptavidin-coated donor beads, detection buffer (5x) and white 384-well microplates (OptiPlate). Human or animal blood/tissue/cell samples have not been used in this study.

Cell culture and membrane preparations. Cell culture and membrane preparations for radioligand displacement assays were performed according to the protocols provided by Bautista-Aguilera et al. HEK-293T cells were used for cAMP-response element driven luciferase reporter gene (CRE-Luc) assays, that were stably transfected with cDNA of the H3 isoform of Rattus Norvegicus (rH3, NCBI sequence code: NC_005102.4) and a vector containing the Photinus pyralis luciferase with a cAMP-response element in its promoter region. Cells were cultured in DMEM supplemented with 1% FBS in the presence of hygromycin (250 µg/mL) and geneticin (1,000 µg/mL) under culture conditions of 37.0 °C, 5.0% CO2-saturation and 95.0% humidity (for source of cell lines see Supplementary Information).

Radioligand displacement assays at GPCRs. The affinity of A-366 and UNC-0642 at human isoform of H3 (NCBI sequence code: NM_007232.3) was determined in radioligand displacement studies at membrane preparations of transfected HEK-293 T cells. Therefore, titration schemes ranging from 0.003 to 1,000 nM were prepared in duplicates and incubated with 20 µg/200 µL protein and [3H]N\textalpha-methylhistamine (c = 2 nM) for 90 min. To determine non-specific binding, additional samples of pitolisant 10 µM were prepared. For off-target activity screenings, 1 µM of G9a inhibitors were incubated with receptors at the conditions that are described in Table 2. Therefore, triplicates were examined in the case of dopaminergic or histaminergic receptor subtypes, respectively.

The workflow to terminate incubation and measurement of bound radioligand was identical for both experimental set-ups. Briefly, samples were filtrated from microplates onto GF/B filters presoaked with 0.3% polyethyleneimine solution using a 96-well cell harvester. Filter mats were washed three times with water at 4 °C.
were seeded into polyethyleneimine-coated 96-well tissue culture plates (TPP) at 2 × 10^5 cells/200 µL/well in absence or presence of A-366 (10–100,000 nM) using a Freedom EVO® liquid handling robot (Tecan). The mixture displacement assay described by Wagner et al. For the 2 µM egtazic acid, 1% Triton X-100, 5 µM MgSO4-7H2O and 1 µM dithiothreitol) for 30 min while shaking at 300 rpm. Lysed homogenate was transferred into white microplates. Luminescence was then measured using the AlphaLISA luminescence filter of an Infinite M1000pro multiplate reader (Tecan, Maennedorf, Switzerland) for 1,000 ms (integration time).

Data handling and statistics. For experiments employing radiolabeled ligands, raw data that were measured as counts-per-minute [c.p.m.] were reduced by non-specific binding. For affinity measurements, such results were fitted to least-squares method “One site competition” of GraphPad Prism version 7.0 (La Jolla, CA, United States) and final values were calculated as means [95% confidence interval]. In case of selectivity experiments, inhibition of specific binding [%] was calculated from raw data according to [1 - (SM – NSB)/(TB – NSB)]×100%, where SM, NSB and TB refer to binding in the presence of ligand, non-specific binding and total binding, respectively. Data were stated as means ± s.d. For G9a inhibition studies, results were calculated from luminescence according to: 100% * [1-(SM-NC)/(PC-NC)], where SM, NC and PC refer to luminescence in samples including test compound, water and A-366 at 10 µM, respectively. Data were stated as means ± s.d. with the indicated number of replicates. For CRE-Luc assays, data were normalized to luminescence derived by forskolin containing samples (= 100%) and minimum luminescence measured in samples containing forskolin + N5-methylhistamine (10 µM) (= 0%). Data from both experiments were globally fit to the “Gaddum/Schild EC50 shift” model of GraphPad Prism and were stated as means [95% confidence interval]. Where appropriate, non-parametric tests or parametric t-tests were conducted utilizing GraphPad Prism to test for differences between data, while assuming significance if P < 0.05.

Data availability
Data for the conducted studies will be provided by the corresponding author upon reasonable request.

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**Table 2.** Conditions for screening of A-366 for off-target activity (dopamine D1, D2, D3, D5 and histamine H4 receptors).

| Receptor | NCBI sequence code (protein content) | Cell line | Radioligand (concentration) | Control (concentration) | Incubation time |
|----------|-------------------------------------|-----------|---------------------------|-------------------------|-----------------|
| Dopamine D1, NM_000794.5 (10 µg/200 µL) | HEK-293 T | [3H]SCH23390 (0.5 nM) | Fluphenazine (100 µM) | 120 min |
| Dopamine D1, NM_016574.3 (25 µg/200 µL) | CHO-K1 | [3H]piperone (0.2 nM) | Haloperidol (10 µM) | 120 min |
| Dopamine D1, NM_000796.6 (20 µg/200 µL) | CHO-K1 | [3H]piperone (0.2 nM) | Haloperidol (10 µM) | 120 min |
| Dopamine D3, NM_000798.5 (5 µg/200 µL) | HEK-293 T | [3H]SCH23390 (0.3 nM) | Fluphenazine (100 µM) | 120 min |
| Histamine H4, NM_021624.4 (60 µg/200 µL) | S9 | [3H]histamine (10 nM) | NIH-7777120 (100 µM) | 60 min |
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Author contributions
D.R. designed, conducted and evaluated radioligand-based affinity and selectivity experiments, G9a inhibition screening, CRE-Luc assays and drafted the manuscript. L.S. & C.D. designed, conducted and assessed relevant Spindlin1 inhibition studies. R.S., M.J. & H.S. provided materials. M.J. & H.S. created and supervised the project, and they maintained the collaboration. All authors thoroughly reviewed and accepted the manuscript.

Competing interests
H.S. contributed to the discovery of pitolisant. The authors declare to have no financial conflicts of interest.

Additional information
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