# CARE Checklist of information to include when writing a case report

| Item | Description | Reference(s) |
|------|-------------|--------------|
| **Title** | The diagnosis or intervention of primary focus followed by the words “case report” | 2-4 |
| **Key Words** | 2 to 5 key words that identify diagnoses or interventions in this case report, including “case report” | 34 |
| **Abstract** | Introduction: What is unique about this case and what does it add to the scientific literature? | 27-28 |
| **Clinical Findings** | Main symptoms and/or important clinical findings | 29 |
| | The main diagnoses, therapeutic interventions, and outcomes | 29-31 |
| **Introduction** | Conclusion—What is the main “take-away” lesson(s) from this case? | 31-33 |
| **Patient Information** | One or two paragraphs summarizing why this case is unique *(may include references)* | 44-47 |
| | De-identified patient specific information | 51 |
| | Primary concerns and symptoms of the patient | 51-52 |
| | Medical, family, and psycho-social history including relevant genetic information | 52-58 |
| | Relevant past interventions with outcomes | 53-57 |
| **Diagnostic Assessment** | Describe significant physical examination (PE) and important clinical findings | 60-61 |
| | Historical and current information from this episode of care organized as a timeline | 52; Figure 1 |
| | Diagnostic testing (such as PE, laboratory testing, imaging, surveys) | 60-61 |
| | Diagnostic challenges (such as access to testing, financial, or cultural) | 74-76 |
| | Diagnosis (including other diagnoses considered) | 60-61 |
| | Prognosis (such as staging in oncology) where applicable | N/A not a cancer case |
| **Therapeutic Intervention** | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | 63-66 |
| | Administration of therapeutic intervention (such as dosage, strength, duration) | 64-66 |
| | Changes in therapeutic intervention (with rationale) | 83-85; 105-110 |
| **Follow-up and Outcomes** | Clinician and patient-assessed outcomes (if available) | 67-69 |
| | Important follow-up diagnostic and other test results | 67-69 |
| | Intervention adherence and tolerability (How was this assessed?) | 67-69 |
| | Adverse and unanticipated events | 67-69 |
| **Discussion** | A scientific discussion of the strengths AND limitations associated with this case report | 120-123 |
| | Discussion of the relevant medical literature *(with references)* | 72-123 |
| | The scientific rationale for any conclusions (including assessment of possible causes) | 92-95; 124-125 |
| | The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion | 124-125 |
| **Patient Perspective** | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | 67-69 |
| **Informed Consent** | Did the patient give informed consent? Please provide if requested | Yes ☑ No □ |
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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version.