Religious Inequality in America

Melissa J. Wilde  
*University of Pennsylvania*

Patricia Tevington  
*University of Pennsylvania*

Wensong Shen  
*University of Pennsylvania*

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Keywords
class; education; inequality; race; religious tradition; social class

Disciplines
Sociology

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Religious Inequality in America

Melissa J. Wilde *, Patricia Tevington and Wensong Shen

Department of Sociology, University of Pennsylvania, Philadelphia, PA 19104, USA; E-Mails: mwilde@sas.upenn.edu (M.J.W), ptev@sas.upenn.edu (P.T), wensong@sas.upenn.edu (W.S)

* Corresponding author

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Abstract
Sociology has largely ignored class differences between American religious groups under the assumption that those differences “are smaller than they used to be and are getting smaller all of the time” (Pyle & Davidson, 2014, p. 195). This article demonstrates that profound class differences remain amongst American religious groups. These differences are as large as—or larger than—commonly examined forms of inequality such as the gender pay gap and the race achievement gap. Using the most popular categorization of American religious groups, we find that regardless of the particular measure examined (years of education, income, socioeconomic index score, and proportion of members with at least a bachelor’s degree) Jews and Mainline Protestants are at the top of the socioeconomic ladder and Evangelical Protestants, both black and white, are at the bottom. Furthermore, religious group significantly predicts both years of education and the overall socioeconomic standing of respondents by itself with basic controls. Likewise, both socioeconomic indicators and education significantly predict the likelihood of being in a specific religious tradition on their own with basic controls. Some religious groups, namely Evangelical Protestants at the low end and Jews and the high end, are relatively educationally homogeneous. Others, such as Catholics, Mainline Protestants and the nonreligious are much more educationally heterogeneous. In sum, religious inequality remains in America, it is robust, and it appears to be quite durable.

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Issue
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1. Introduction
Until very recently, religious inequality has not been a commonly acknowledged nor researched phenomenon. Indeed, especially in regression analyses, researchers typically treat religion and class as independent factors. This article demonstrates that profound class differences remain between American religious groups that are both substantively and statistically significant. These differences are as large or larger than commonly examined forms of inequality, and appear to be just as durable (Tilly, 1999). We therefore argue that researchers should examine religion in interaction with class, rather than controlling for it, in most analyses.

This article examines current differences in both education and socioeconomic indicators for the religious categories typically used by survey researchers (RelTrad), using two of the best datasets available: the General Social Survey (GSS) and the Pew Religious Landscape Survey. We first demonstrate that, regardless of the measure or dataset, powerful class differences remain, with Jews and Mainline Protestants at the top of the socioeconomic ladder and Evangelical Protestants, both black and white, at the bottom.

These differences are as substantial as forms of inequality long acknowledged and studied by sociologists, such as the gender pay gap or the race achievement gap. For example, women today make approximately
80 cents for every dollar that men make (Blau & Kahn, 2006, 2016; Graf, Brown, & Patten, 2017; Proctor, Segrega, & Kollar, 2016). In comparison, white Evangelical Protestants make only 73 cents for every dollar made by Mainline Protestants. In terms of education, white Evangelical Protestants have half the proportion of bachelor’s degrees as white Mainline Protestants and a quarter of the BAs of white Jews. This is comparable to or larger than many measures of racial inequality, including the percentage of bachelor’s degree by race (Kao & Thompson, 2003; Snyder & Dilow, 2015) and estimates of differences in standardized test scores (Fryer & Levitt, 2004; Hedges & Nowell, 1999; Kao & Thompson, 2003).

To be clear, we are not implying here that the mechanisms behind religious inequality are necessarily the same as gender or racial inequality, which have long been attributed to discrimination (as well as other causes such as gender socialization and the ways in which race and class intersect). Our point here is merely that because these other forms of inequality are accepted as significant, we know more about both their causes and their consequences. In comparison, we know very little about the causes or consequences of religious inequality today. This is the case despite the fact that religious inequality is robust, so much so that both education and socioeconomic indicators significantly predict religious group membership, and religious group membership also significantly predicts both measures of class.

In reporting these findings, we are not trying to make a causal argument. Instead, we simply aim to convince sociologists that religion intersects with inequality in complex ways and that those interactions should be examined in analyses. This argument, and the findings that support it, are a result of our engagement with a growing body of work that employs theories of “complex religion” (Wilde, 2017; Wilde & Glassman, 2016; Wilde & Tevington, 2017).

2. Complex Religion and the Current State of Research on Religious Inequality

Theories of complex religion stress that religion is a core social structure that deeply overlaps with inequality in crucial ways (Wilde, 2017; Wilde & Glassman, 2016; Wilde & Tevington, 2017). This basic insight draws on theories of “complex inequality” which argue that inequality is complex and multidimensional (McCall, 2001). Researchers in this school urge others to examine inequalities of gender, race, or class as a combination of factors that interact with each other (Choo & Ferree, 2010). Stressing the “multiple, overlapping, conflicting, and changing structures of inequality” (McCall, 2001, p. 14), these theorists argue that specific contexts of structural disadvantage lead to different outcomes and experiences. Complex religion extends this argument to religion, urging researchers to consider religion a core social structure that is highly correlated with inequality.

That religion intersects with inequality is neither a new or revolutionary claim. Classical sociologists saw the study of religion and class as core to the sociological enterprise (Baltzell, 1964; Cantril, 1943; Greeley, 1978; Niebur, 1929; Pope, 1948; Weber, 2003). Some scholars have examined socioeconomic differences between religious traditions and denominations (Baltzell, 1964; Cantril, 1943; Davidson & Pyle, 2011; Greeley, 1972; Niebur, 1929; Pope, 1948; Pyle, 2006; Pyle & Davidson, 2012, 2014; Schwadxl, 2016; Sherkat, 2012; Smith & Faris, 2005) while others have focused on stratification within these traditions (Demerath, 1965; Eagle, 2012; Reimer, 2007; Schwadxl, 2009; Yancey & Kim, 2008). This article examines both types of inequality.

Although once a common topic of classic sociological studies, the connection between socioeconomic inequality and religious traditions has waned until very recently (Keister & Sherkat, 2014). Perhaps because it went largely uninvestigated for decades, most researchers are under the impression that religious differences “are smaller than they used to be and getting smaller all of the time” (Pyle & Davidson, 2014, p. 195). However, a growing body of research suggests that, in one way or another, significant class differences remain between American religious groups.

With a few exceptions (notably, Davidson & Pyle, 2011; Pyle & Davidson, 2014; Sherkat, 2012; Shi, Massengill, & Boddie, 2012; Smith & Faris, 2005), very little contemporary scholarship intentionally examines the full spectrum of religious inequality. In this article, our goal is to establish that religious inequality remains in America, and that it is, perhaps surprisingly, incredibly robust. As we focus on establishing the depth and strength of religious inequality in America today, we are focusing on class, although, of course, religion intersects with aspects of inequality other than class, especially race and gender (Wilde & Danielsen, 2014). We leave claims about how religion intersects with race or gender for future analyses where they are the focus (although we do include both race and gender in this analysis).

2.1. What We Know about the State of Religious Inequality

Although religious inequality has not been explicitly studied by many sociologists, it is possible to piece together some clear patterns and predictions from previous studies. Originally the subject of much early sociological thought (Weber, 2003), most accept that the differences between Catholics and Mainline Protestants have waned, but this is the case only if one does that not include recent cohorts of Catholic immigrants in the comparison (Keister, 2007).

By far the most well-documented (although, we would argue, largely ignored in terms of its implications both theoretically and methodologically) aspect of religious inequality today has to do with the lower class-
standing of white Evangelical Protestants (Beyerlein, 2004; Darnell & Sherkat, 1997; Fitzgerald & Glass, 2008, 2014; Keister, 2008, 2012; Lehrer & Chen, 2014; Messengill, 2008; McConkey, 2001; Sherkat, 1991). Typically, Evangelicals—also known as Conservative Protestants—lower class-standing is examined in comparison to Mainline Protestants, the group that historically made up the “Protestant Establishment” (Baltzell, 1964), sometimes referred to as the “gatekeepers” of American society (Coe & Davidson, 2014; Davidson & Pyle, 2011). Recent research demonstrates that Mainline Protestants have retained their class advantages and have been joined by Jews at the top of religious economic ladder (Keister, 2003, 2012; Sherkat, 2012).

Racial discrimination has also shaped religious inequality in the U.S. Black Protestants, who are generally seen to be theologically closest to Evangelicals (Greeley & Hout, 2006), are largely even worse off than white Evangelicals. Because having a separate Black Protestant category makes interacting religious group with race problematic and because fully 25% of African Americans are not Black Protestants, we leave any claims about intersections of racial inequality and religion to other research (see Wilde, Pilgrim, & Shen, 2017)—especially given recent developments about how to better group African American religious groups (Shelton & Cobb, 2017).

Finally, in terms of the major religious groups covered by RelTrad, we would be remiss to not discuss those with no religion, often referred to as “Nones”. Nonreligious Americans now constitute about 20% of the American population (Hout & Fischer, 2014; Messengill, 2014). Our analyses presented below demonstrate that Nones are as varied in class background as Mainline Protestants and Catholics, a finding that—to the best of our knowledge—has not been commonly observed in the literature.

2.2. Causes of Religious Inequality

Like other researchers interested in religion and inequality who explicitly eschew causal claims (Keister & Sherkat, 2014, p. 3), we are not making any causal claims about the differences we find here by employing the complex religion approach. We do not argue that these differences result from people choosing their religious affiliation based on their social class, even though there is some evidence of this (Hout & Wilde, 2004; Schwadel, 2011; Sherkat, 1991; Solt, 2014; Wuthnow, 1988). We also do not argue that some religious subcultures encourage or discourage wealth accumulation (Keister, 2008, 2011) or class mobility, even though there is some evidence of this (Darnell & Sherkat, 1997; Fitzgerald & Glass, 2008, 2014; Glass & Jacobs, 2005; Lehrer, 2004; Scheitle & Smith, 2012; Sherkat, 2010, 2011).

While all of these are likely mechanisms behind some of the differences between American religious groups, the relatively large class differences we report here are likely mostly a result of the process of social reproduc-

Social Inclusion, 2018, Volume 6, Issue 2, Pages 107–126
by just controlling for year—the Pew 2014 Religious Landscape Survey.

The 2014 Religious Landscape Survey is a telephone survey of more than 35,000 respondents across the U.S., which probes on issues of religious identification, social and political attitudes, and demographic measures (Pew Research Center, 2015). We only present the tables from the GSS in the text but discuss differences between the GSS and Pew data when relevant. The Pew tables are available in the Annex at the end of this article.

We use the religious classification scheme, RelTrad (Steensland et al., 2000) which has been most commonly used by researchers, with nearly 900 publications utilizing this categorization (Stetzer & Burge, 2016). On the basis of denominational affiliation, RelTrad sorts individuals into one of seven major religious traditions: Jewish, Mainline Protestant, Other religion, Nonaffiliated, Catholic, Evangelical Protestant, and Black Protestant.

While this study is focused on class differences, as we stated above, we do not restrict it to whites, and therefore include controls for gender and race in our models. We also include controls for: year, urban residence, Southern residence, and religious service attendance.

Year is measured by the GSS variable “year”. Gender is captured by a dummy variable (using GSS variable “sex”), where female is defined as 1 and male is defined as 0. Urban residence was measured using the GSS variable “res16”, which asks respondents what type of place they were living at age 16. We recoded this as a dummy variable, where “1” included categories of “50,000–250,000”, “big city-suburb”, and “city greater than 250,000” and 0 included the categories “county, nonfarm”, “farm”, and “town less than 50,000”. Southern residence is measured using GSS variable (“reg16”), which asks respondents where they were living at age 16. We define it as a dummy variable, where Southern residence is “1” and includes residence in the categories of “South Atlantic”, “East South Central”, and “West South Central” and “0” for all other areas. Finally, religious service attendance is captured by the GSS variable “attend”, which asks respondents how often they attend religious services. We recoded this as a dummy variable, where “1” captured high attenders (once a month or more) and “0” captured low attenders (several times a year or less).

We use four different measures of class in this study. Our first, and simplest measure is of the total number of years of education respondents report (GSS variable “educ”). Our second measure, “percent BA”, is an aggregate score that we created of the percentage of members in each religious group with at least a bachelor’s degree. Our third measure is the mean household income per capita of members in each religious group (in constant 2000 U.S. dollars). Our fourth measure (GSS measure “sei10”, which we will simply refer to as “SEI” henceforth) is a composite score that incorporates education, income and occupational prestige, thus providing an avenue to examine status as part of social class standing (Campbell & Parker, 1983; Duncan, 1961; Haug, 1977; Hout, Smith, & Marsden, 2016). Descriptive statistics for all of the variables we use in our models can be found below in Table 1.

### Table 1. Descriptive statistics of variables.

| Religious Tradition | Mean Proportion | SD | Min | Max | Observations |
|---------------------|-----------------|----|-----|-----|--------------|
| Evangelical         | 0.258           |    | 0   | 1   | 35499        |
| Mainline            | 0.168           |    | 0   | 1   | 9164         |
| Black Protestant    | 0.085           |    | 0   | 1   | 5970         |
| Catholic            | 0.253           |    | 0   | 1   | 3003         |
| Jewish              | 0.020           |    | 0   | 1   | 8987         |
| Other Faith         | 0.061           |    | 0   | 1   | 708          |
| No Religion         | 0.155           |    | 0   | 1   | 2159         |
| Education           | 13.364          | 3.032 | 0 | 20 | 37476 |
| SEI                 | 45.836          | 22.462 | 9 | 99.9 | 36007 |
| Race                |                 |     |     |     |              |
| White               | 0.781           |    | 0   | 1   | 29329        |
| Black               | 0.142           |    | 0   | 1   | 5351         |
| Other               | 0.077           |    | 0   | 1   | 2893         |
| Attendance          | 3.631           | 2.753 | 0 | 8 | 37108 |
| Age                 | 46.770          | 17.338 | 18 | 89 | 37463 |
| Year                | 2002.973        | 7.722 | 1990 | 2016 | 37573 |
| Female              | 0.558           | 0.497 | 0 | 1 | 37573 |
| South               | 0.311           | 0.463 | 0 | 1 | 37573 |
| Urban               | 0.449           | 0.497 | 0 | 1 | 35999 |

Note: Data from GSS 1990–2016.
3.1. Methods

The analysis that follows seeks to map the amount and contours of religious inequality today. We begin by examining basic cross-tabulations of a variety of measures of inequality (including income, mean year of schooling, proportion of members with at least a bachelor’s degree, as well as examining each group’s SEI to get a picture of the overall amount of inequality between groups). We then move to regression, first using Ordinary Least Squares (OLS) regression analyses to predict individual’s years of education and SEI via religious group membership.

After finding that religion is a robust predictor of Americans’ class backgrounds, we then turn to using education and socioeconomic background to predict religious affiliation. Because religion is a nominal variable with more than two categories, we use Multinomial Logistic Regression in our next models, with Mainline Protestants as our reference category. After demonstrating that the relationship between class and religion is robust via these series of regression analyses as well, we then close by examining the amount of heterogeneity within each group. We do so by examining Gini coefficients for the educational attainment and socioeconomic status of each of our religious groups.

4. Findings

Our first, most basic, but at the same time perhaps most important findings, are presented on Table 2, which presents data from the GSS.

Table 2. Variations in class by religious denominations, GSS 1990–2016 (ages 25–65).¹

| Religious Denomination          | N   | Mean Income (a) | Mean SEI (b) | Mean Year of Schooling (c) | % BA or More (d) |
|---------------------------------|-----|----------------|--------------|---------------------------|------------------|
| Jewish                         | 482 | 42.68          | 61.38        | 16.10                     | 68.46            |
| Conservative Jewish            | 107 | 42.49          | 61.59        | 16.36                     | 74.77            |
| Reform Jewish                  | 216 | 48.77          | 62.58        | 16.21                     | 72.22            |
| Other Jewish                   | 98  | 39.89          | 57.41        | 15.77                     | 60.20            |
| Orthodox Jewish                | 38  | 22.40          | 59.56        | 15.55                     | 57.89            |
| Mainline Protestant            | 4,024 | 29.12        | 51.07        | 14.33                     | 38.52            |
| Quaker                         | 29  | 33.48          | 59.56        | 15.10                     | 55.17            |
| Presbyterian-merged            | 104 | 30.26          | 56.84        | 14.95                     | 53.85            |
| Episcopal                      | 500 | 35.91          | 56.87        | 15.36                     | 52.00            |
| Congregationalist (e)          | 98  | 27.08          | 56.97        | 14.70                     | 47.62            |
| Disciples of Christ            | 42  | 24.09          | 54.39        | 14.67                     | 50.00            |
| PCUSA (f)                      | 372 | 30.55          | 53.17        | 14.68                     | 45.97            |
| United Church of Christ        | 59  | 33.47          | 54.03        | 14.51                     | 42.37            |
| Presbyterian-don’t know which  | 239 | 30.48          | 50.43        | 14.07                     | 36.82            |
| United Methodist*              | 1,396 | 28.38        | 50.53        | 14.26                     | 37.46            |
| ECLA (g)                       | 537 | 26.89          | 49.38        | 14.20                     | 34.08            |
| Methodist-don’t know which*    | 222 | 24.48          | 46.21        | 13.42                     | 24.77            |
| American Baptist in the U.S.   | 69  | 21.80          | 38.34        | 12.94                     | 17.39            |
| Other Religion                 | 1,693 | 23.75        | 49.80        | 14.33                     | 37.86            |
| Hindu                          | 76  | 30.89          | 70.30        | 16.55                     | 85.53            |
| Unitarian Universalist         | 84  | 38.43          | 61.91        | 16.26                     | 69.05            |
| Buddhist                       | 135 | 32.36          | 56.72        | 15.19                     | 58.52            |
| Orthodox Christian             | 80  | 25.12          | 51.10        | 15.00                     | 52.50            |
| Other Eastern                  | 31  | 31.68          | 59.34        | 14.67                     | 45.16            |
| Muslim                         | 117 | 17.94          | 48.84        | 14.18                     | 38.46            |
| Other Faith                    | 550 | 23.86          | 49.27        | 14.43                     | 36.36            |
| Mormon                         | 312 | 19.49          | 47.36        | 14.14                     | 28.53            |
| Jehovah’s Witness              | 209 | 15.43          | 36.67        | 11.79                     | 5.26             |
| No Religion                    | 4,243 | 26.26        | 48.14        | 14.00                     | 33.44            |
| Catholic                       | 6,668 | 24.78        | 46.43        | 13.48                     | 28.99            |
| White Catholics                | 5,335 | 26.93        | 48.35        | 13.81                     | 31.60            |
| Other Catholics                | 1,037 | 15.54        | 37.96        | 11.86                     | 17.65            |

¹ This table provides detailed information about all denominations with at least 25 respondents within the GSS pooled data (1990–2016).
Table 2. Variations in class by religious denominations, GSS 1990–2016 (ages 25–65). (Cont.)

|        | N    | Mean Income (a) | Mean SEI (b) | Mean Year of Schooling (c) | % BA or More (d) |
|--------|------|-----------------|--------------|----------------------------|------------------|
| Evangelical Protestant | 6,828 | 21.36           | 44.28        | 13.17                       | 21.32            |
| Other Presbyterian      | 90   | 28.80           | 52.65        | 14.81                       | 46.67            |
| Lutheran-MO Synod       | 339  | 26.56           | 50.29        | 14.17                       | 32.74            |
| Nondenominational (h)   | 1,118| 23.74           | 48.29        | 14.04                       | 32.65            |
| Christian Reform        | 44   | 21.50           | 45.70        | 13.91                       | 31.82            |
| Other Lutheran          | 79   | 26.62           | 47.74        | 13.61                       | 30.38            |
| Independent             | 30   | 20.48           | 49.19        | 13.97                       | 30.00            |
| Evangelist (i)          | 74   | 16.12           | 45.34        | 12.77                       | 28.38            |
| Brethren (j)            | 26   | 19.65           | 46.17        | 12.69                       | 26.92            |
| Christian, Central Christian | 207 | 20.00           | 46.68        | 13.36                       | 26.09            |
| Other Methodist*        | 47   | 24.80           | 47.78        | 13.72                       | 25.53            |
| Lutheran-don’t know which | 292 | 27.73           | 45.87        | 13.52                       | 25.00            |
| Church of Christ        | 265  | 22.85           | 44.85        | 13.35                       | 21.51            |
| 7th Day Adventist       | 99   | 18.47           | 43.36        | 13.08                       | 20.20            |
| Lutheran-WI synod       | 91   | 22.73           | 45.83        | 13.44                       | 19.78            |
| Nazarene                | 76   | 24.16           | 42.74        | 13.41                       | 19.74            |
| Baptist*                | 307  | 20.61           | 45.17        | 13.20                       | 19.22            |
| Southern Baptist*       | 1,655| 22.02           | 44.27        | 13.06                       | 19.15            |
| Assembly of God         | 149  | 19.33           | 45.13        | 12.87                       | 16.78            |
| American Baptist Assoc. | 191  | 22.62           | 40.09        | 12.68                       | 15.71            |
| Other Fundamentalist    | 26   | 20.12           | 40.73        | 12.15                       | 15.38            |
| Churches of (k)         | 103  | 15.48           | 40.36        | 12.17                       | 13.59            |
| Freewill Baptist        | 63   | 15.34           | 39.96        | 12.67                       | 11.11            |
| Baptist- Don’t know which* | 936 | 18.86           | 38.77        | 12.29                       | 10.68            |
| Pentecostal             | 520  | 15.40           | 38.79        | 12.20                       | 9.42             |
| Pentecostal Holiness (l) | 33   | 12.43           | 39.59        | 12.12                       | 9.09             |

Black Protestant

|        | N    | Mean Income (a) | Mean SEI (b) | Mean Year of Schooling (c) | % BA or More (d) |
|--------|------|-----------------|--------------|----------------------------|------------------|
| African Methodist Episcopal Zion | 2,310 | 16.53           | 37.81        | 12.82                       | 14.29            |
| National Baptist Convention in America | 47  | 16.65           | 42.82        | 13.49                       | 27.66            |
| National Baptist Convention in the USA | 103 | 23.05           | 40.12        | 13.58                       | 22.33            |
| African Methodist Episcopal | 105  | 18.01           | 41.44        | 13.22                       | 20.00            |
| Southern Baptist+         | 512  | 17.71           | 39.24        | 13.01                       | 16.21            |
| Other Baptist+            | 94   | 17.34           | 38.28        | 12.51                       | 15.96            |
| Baptist- Don’t know which+ | 863 | 15.68           | 37.32        | 12.80                       | 13.33            |
| Apostolic Faith           | 25   | 17.48           | 40.03        | 12.24                       | 12.00            |
| American Baptist Assoc.   | 174  | 13.64           | 35.79        | 12.47                       | 11.49            |
| American Baptists in the U.S.+ | 118 | 14.05           | 33.25        | 12.31                       | 8.47             |
| Church of God in Christ   | 25   | 11.51           | 33.94        | 12.88                       | 8.00             |
| Missionary Baptist+       | 31   | 16.38           | 35.93        | 12.48                       | 3.23             |
| Methodist- Don’t know which+ | 39  | 15.27           | 33.24        | 12.56                       | 2.56             |
| Holiness (m)              | 62   | 11.62           | 28.85        | 11.28                       | 1.61             |

Notes: (a) Household income per capita in 1,000 dollars, adjusted to 2,000 constant dollars; (b) GSS variable “sei10”; (c) GSS variable “Educ”; (d) using GSS variable “Degree”, values are combined for respondents with a bachelor’s degree or a graduate degree; (e) GSS category “Congregationalist, 1st Congregationalist”; (f) PCUSA includes “Presbyterian Church in U.S.” and “United Presbyterian Church in U.S.” categories; (g) ECLA includes “Lutheran Church in America”, “American Lutheran”, and “Evangelical Lutheran” categories; (h) included only if respondents attended church more than once a month (ATTEND < 4); (i) GSS category “Evangelical; Evangelist”; (j) GSS category “Brethren Church; Brethren”; (k) GSS category “Churches of God (except with Christ and Holiness)”; (l) GSS category “Pentecostal Holiness; Holiness Pentecostal”; (m) GSS category “Holiness; Church of Holiness”; *Included only if race is not black; +Included only if race is black.

Through simple cross-tabulations of individuals by religious tradition, Table 2 demonstrates that profound socioeconomic differences remain between American religious groups. Whether we examine mean year of schooling, mean income, the percent with BAs, or mean SEI score, the picture remains the same with small variations.
By far the most important differences exist between the two categories of white Protestants on Table 2. Mainline Protestants have almost twice the percentage of people with BAs as Evangelical Protestants. The other measures tell the same story. With a mean SEI of 51 and an average household income that is nearly one-third larger than Evangelicals, Mainline Protestants are doing very well economically.

Also doing well are those of other religions and no religion, with SEI scores almost equivalent to Mainline Protestants, although those of other faiths have incomes that are much lower—approaching that of Evangelicals. Catholics are generally doing better than Evangelicals, but not as well as the other groups in our analysis.

Figure 1 illustrates this overall pattern by the percentage of each group that has a bachelor’s degree or more. This simple picture clearly illustrates the major educational differences that remain among American religious groups. Jews remain the most highly educated group by far, while Black Protestants have the lowest proportion of members with bachelor’s degrees or more.

In addition, Figure 1 also demonstrates that members of “Other religions” such as Hindus, Buddhists, and Muslims, are generally quite highly educated. This is most likely a result of more recent immigration and an artifact of American immigration laws, which select the highly educated from many areas of the world. Figure 1 also demonstrates the relatively highly educated nature of those who profess no religion, an ever-growing proportion of the population (Hout & Fischer, 2002, 2014; Sherkat, 2014). The percentage of Nones who have a bachelor’s degree is almost equal to that of Mainline Protestants. Finally, Figure 1 also demonstrates that Catholics remain less educated than Mainline Protestants, something expected because of recent Latino immigration, but are more educated that white Evangelical Protestants.

4.1. Predicting Class by Religion

Cross-tabulations, although useful, do not allow us to examine more complex relationships. Thus, we turn to Table 3, which uses religion to predict years of education and SEI via Ordinary Least Squares regression techniques with standard controls. Table 3 demonstrates that the class and educational differences between religious traditions are both substantively and statistically significant. When compared to Mainline Protestants, every group except Jews and those of other religions is significantly worse off.

First, Model 1 demonstrates the significant educational disadvantage that white Evangelical Protestants experience relative to white Mainline Protestants (our reference category)—with 1.2 fewer years of education predicted. White Evangelical Protestants are the only white group that is predicted to have barely more than one year of education post high school. Model 2 demonstrates that the picture is largely the same for SEI. Predicted probabilities of both models are presented pictorially in Figures 2 and 3.

The predicted probabilities demonstrate that similar proportions of Mainline Protestants, those of no religion, and those from other religious have about two years of higher education. Evangelicals and Catholics peak a full year earlier.

Figure 3, which presents the predicted percentage of members of each religious group with various SEI scores, presents the most complete picture of economic advantage and disadvantage, with the overall class advantage of Mainline Protestants coming into view more clearly. Second only to Jews in SEI, almost 70% of Mainline Protestants have a predicted SEI between 45-50. In comparison, nearly three-quarters of Evangelicals have a predicted SEI of 40 or below.

![Figure 1. Variations in education by religious group, GSS 1990–2016.](image-url)

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2 This gap has lessened in the Pew data, which is to be expected as it is more contemporary data.
Table 3. Effects of religion on years of education and SEI, GSS 1990–2016.

| Mainline Protestant | Model 1 | Model 2 |
|---------------------|---------|---------|
|                     | Education | SEI     |
| Evangelical         | −1.306*** | −6.884*** |
|                     | (.050)    | (.387)   |
| Black Protestant    | −.937***  | −6.661*** |
|                     | (.088)    | (.690)   |
| Catholic            | −1.043*** | −5.275*** |
|                     | (.050)    | (.388)   |
| Jewish              | 1.332***  | 8.296***  |
|                     | (.118)    | (.909)   |
| Other Religion      | −.171*    | −1.055   |
|                     | (.075)    | (.582)   |
| No Religion         | −.205***  | −.708    |
|                     | (.060)    | (.462)   |
| White               | Reference | Reference |
|                     | Reference | Reference |
| Black               | −1.015*** | −7.847*** |
|                     | (.065)    | (.507)   |
| Other Race          | −1.128*** | −4.306*** |
|                     | (.061)    | (.481)   |
| Attendance          | .150***   | .892***  |
|                     | (.006)    | (.050)   |
| Age                 | −.026***  | .056***  |
|                     | (.001)    | (.007)   |
| Year                | .035***   | .117***  |
|                     | (.002)    | (.016)   |
| Female              | −.154***  | −3.272*** |
|                     | (.032)    | (.246)   |
| South               | −.421***  | −1.365*** |
|                     | (.036)    | (.282)   |
| Urban               | .823***   | 4.978***  |
|                     | (.033)    | (.251)   |
| R² (%)              | 10.98     | 6.77     |
| N                   | 33544     | 32201    |

Notes: Standard errors in parentheses; * < .05, ** < .01, *** < .001.

4.2. Predicting Religion by Class

As we noted earlier, the point of this article is not to make a causal argument but rather to demonstrate the interrelated nature of class and religion in the U.S. Thus, our next set of analyses switches our dependent and independent variables and use SEI and education to predict religious group membership using Multinomial Logistic Regression. These analyses are presented on Tables 4 and 5 and illustrated by Figures 4 and 5.

Figures 4 and 5 demonstrate that the probability of being in a particular religious group changes significantly as our indicators of class background rise, whether we use a simple measure of education or the more complex measure of SEI. Of course, these predictions are dependent to some extent on the relative proportion of each group in the GSS (see Table 1 for the relative proportions).

However, the point here is that these religious groups are not evenly distributed across socioeconomic groups. Individuals with low SEIs (less than a high school education and low occupational prestige and income) are twice as likely to be Evangelical Protestant as Mainline Protestant and four times as likely to be Evangelical than to be Jewish or some other religion. At the other end of the class spectrum, individuals with a high SEI (more than a college degree and a high occupational prestige and income) are 50% more likely to be Mainline Protestant than Evangelical Protestant or Catholic.

4.3. Educational Homogeneity

Finally, just as there is more socioeconomic inequality between some groups than others, some groups are more heterogeneous class-wise than others.
Figure 2. Predicted percentage of members with education level by religious tradition, GSS 1990–2016.

Figure 3. Predicted percentage of members’ SEI score by religious tradition, GSS 1990-2016.
### Table 4. The likelihood of religious group membership by education.

| Religious Group      | Evangelical | Black Protestant | Catholic | Jewish | Other Religion | No Religion |
|----------------------|-------------|------------------|---------|--------|---------------|-------------|
| Education            | 0.847***    | 0.874***         | 0.876***| 1.192***| 0.975***       | 1.003       |
| White Reference      | Reference   | Reference        | Reference| Reference| Reference      | Reference   |
| Black                | 1.054       | 397.759***       | 0.842** | 0.492**| 2.873***       | 3.642***    |
| Other Race           | 1.802***    | 6.913***         | 5.238***| 0.513* | 9.120***       | 3.085***    |
| Attendance           | 1.205***    | 1.024*           | 1.073***| 0.846***| 1.046***       | 0.506***    |
| Age                  | 0.977***    | 0.987***         | 0.977***| 1.002  | 0.971***       | 0.957***    |
| Year                 | 1.029***    | 1.002            | 1.028***| 1.004  | 1.024***       | 1.068***    |
| Female               | 0.885***    | 1.043            | 0.863***| 0.953  | 0.863***       | 0.646***    |
| South                | 1.970***    | 2.054***         | 0.416***| 0.524**| 0.528***       | 0.701***    |
| Urban                | 0.972       | 1.152**          | 1.776***| 6.858***| 1.606***       | 1.541***    |

Notes: Number of observations is 33544. Pseudo R-squared is .2433. Standard errors in parentheses. *< .05, **< .01, ***< .001.

### Table 5. The likelihood of religious group membership by SEI.

| Religious Group      | Evangelical | Black Protestant | Catholic | Jewish | Other Religion | No Religion |
|----------------------|-------------|------------------|---------|--------|---------------|-------------|
| SEI                  | 0.985***    | 0.986***         | 0.989***| 1.017***| 0.998*        | 1.002       |
| White Reference      | Reference   | Reference        | Reference| Reference| Reference      | Reference   |
| Black                | 1.123       | 416.589***       | 0.867   | 0.502**| 2.874***       | 3.748***    |
| Other Race           | 2.071***    | 7.150***         | 5.693***| 0.452**| 9.214***       | 3.182***    |
| Attendance           | 1.194***    | 1.015            | 1.065***| 0.852***| 1.040***       | 0.507***    |
| Age                  | 0.982***    | 0.990***         | 0.981***| 0.999  | 0.973***       | 0.958***    |
| Year                 | 1.025***    | 0.998            | 1.024***| 1.007  | 1.022***       | 1.068***    |
| Female               | 0.854***    | 1.034            | 0.841***| 0.944  | 0.859***       | 0.646***    |
| South                | 2.094***    | 2.178***         | 0.433***| 0.493**| 0.544***       | 0.699***    |
| Urban                | 0.920**     | 1.142*           | 1.703***| 7.425***| 1.618***       | 1.539***    |

Notes: Number of observations is 32201. Pseudo R-squared is .2367. Standard errors in parentheses. *< .05, **< .01, ***< .001.

**Table 6 presents Gini-coefficients for the educational attainment and socioeconomic status of each of our religious groups. A Gini-coefficient is a measure of inequality in the distribution of a variable. Its value ranges from 0 to 1, where 0 is perfect equality and 1 is perfect inequality (Beckfield, 2006; Firebaugh, 1999). Both Gis provide interesting, and somewhat different, perspectives on religious inequality.**

The education Gini, which Figure 6 helps to visualize, demonstrates that Jews and Evangelical Protestants are quite distinct educationally, both being more homogeneous than the other groups. The median is represented by the horizontal line cutting through the center of most of the boxes, with the exception of the Evangelical box (for which the median overlaps with the bottom quartile). The dots represent the presence of outliers, or re-
Figure 4. The likelihood of being a particular religious group by years of education, GSS 1990–2016.

Figure 5. The likelihood of being a particular religious group by socioeconomic background, GSS 1990–2016.

Table 6. Education and SEI Gini-coefficients.

|                | Education | SEI  |
|----------------|-----------|------|
| Evangelical    | 0.116     | 0.274|
| Mainline       | 0.110     | 0.257|
| Black Protestant| 0.114     | 0.297|
| Catholic       | 0.125     | 0.281|
| Jewish         | 0.097     | 0.203|
| Other Faith    | 0.121     | 0.275|
| No Religion    | 0.116     | 0.280|

Notes: Data from GSS 1990–2016. Weights are used.

Respondents who are more than 1.5 times the interquartile range in either direction. The first quartile for Jews is higher than the medians for the other religious traditions, which demonstrates that most Jews are highly educated. Among Evangelical Protestants, the first quartile and median are the same (12 years). This means at least 25% of Evangelical Protestants in our sample have 12 years of education, which makes the distribution of years of education for Evangelical Protestants quite dense.

Catholics, Mainline Protestants and the nonreligious are much more educationally heterogeneous, but less so than people of other faiths who are the most widely dispersed educationally. This is the case even though those of other faiths have the second highest years of education on average, suggesting a fairly educationally diverse group.

The picture is the same when socioeconomic heterogeneity is examined in Figure 7, except that Mainline
Figure 6. Educational heterogeneity by religious tradition.

Figure 7. Socioeconomic heterogeneity by religious tradition.
Protestants emerge as more clearly advantaged socioeconomically with the second highest SEI and a moderate standard deviation, which means most Mainline Protestants are also high SEI. People of other faiths, on average, have the third highest SEI, yet they are the most widely dispersed socioeconomically, again suggesting a wide diversity of socioeconomic backgrounds among this group.

5. Conclusion

Religious inequality remains strong in the U.S. Originally, the “gatekeepers” of American society (Davidson & Pyle, 2011), Mainline Protestants remain at the top of the socioeconomic ladder, with almost 40% of them having a bachelor’s degree or more on average (see Table 2). Even so, the legacy of the different histories and settlement patterns of Mainline Protestant denominations can still be seen. For example, more than 50% of members from groups that would have been considered part of the Protestant establishment (Baltzell, 1964)—Congregationalist, Episcopalians, Presbyterians, and Quakers—have a bachelor’s degree or more. However, some groups in the Mainline Protestant category as operationalized by RelTrad, groups that were arguably not a part of Mainline Protestantism historically, such as the American Baptists in the U.S., have lower percentages of highly educated members. As a result, the educational Gini on Table 6 and Figure 6 demonstrate that Mainline Protestants as operationalized by RelTrad are one of the most educationally heterogeneous groups today.

Despite the fact that the Mainline Protestant category is quite heterogenous, however, there are two additional important points to note. Socioeconomically, it appears Mainline Protestants are doing better than more recent immigrants who have been selected for their educational credentials, such as those from other religions. Secondly, they remain educationally and socioeconomically quite distinct from Evangelicals. Evangelical Protestants have only half the proportion of members with bachelor’s degrees as Mainline Protestants. Evangelical Protestants’ lower educational attainment is also a result of greater educational homogeneity, as illustrated by Figure 6.

Jews have surpassed even the most educated Mainline Protestants, with 68% of Jews having a bachelor’s degree or more (see Table 2), a proportion that is surpassed only by the 85% American Hindus with a college degree or more. However, one should not fail to forget that groups such as Unitarian Universalist, who are today not included within Mainline Protestantism because of their “unorthodox” beliefs, were part of the Protestant Establishment. Today, 69% of Unitarian Universalists have a bachelor’s degree or more—more than Jews on average.

Those of no religion are also fairly well educated, having 1.5 times the proportion of college degrees as Evangelical Protestants.

The analyses presented in this article also demonstrate that Catholics have indeed entered the middle class (see Table 2), with almost 30% of them having bachelor’s degrees or more overall. However, this is not the case for all Catholics, as Latino Catholics remain at an educational disadvantage relative to the descendants of earlier Roman Catholic immigrants. This ethnic and historical diversity makes American Catholics one of the most heterogeneous religious groups in the U.S. today—with a lower median but similar distribution to Mainline Protestants, Nones, and those of other religions.

Finally, Black Protestants remain at the greatest educational and economic disadvantage of all American religious groups, having less than half the proportion of bachelor’s degrees as Catholics or those of no religion.

Given the significant differences in the class backgrounds of American religious groups that we have presented here, we argue that researchers should not treat measures of class such as socioeconomic background and education as if they are independent from religion in statistical analyses. Instead we recommend that researchers examine religion in interaction with measures of class in analyses whenever possible. Doing so will allow religion’s intersections with other social structures to show through in all its complexity.

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Conflict of Interests

The authors declare no conflict of interests.

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Melissa J. Wilde (Ph.D in Sociology, 2002, from UC Berkeley) is an Associate Professor at the University of Pennsylvania. Most of her research has focused on religious change, including: the cultural and organizational factors behind Vatican II; the demographic factors that explain why American Protestantism has gone from being majority Mainline to majority conservative; and how race and class intersected with American religious groups to explain early stances on birth control. Lately, her research has become focused on how certain qualities of the American religious field, especially inequality, haven’t changed, and how those enduring features of American religion can help us understand religious views of sex, poverty, and even politics today.

Patricia Tevington is a Doctoral Candidate in Sociology at the University of Pennsylvania. She received her bachelor’s degree in Sociology from the College of New Jersey and her master’s degree from the University of Pennsylvania. Her research interests include social class and inequality, sociology of religion, and sociology of the family. In particular, she studies how class and religious background affect the pathways of young people in their transition to adulthood.

Wensong Shen is a PhD candidate in Sociology at the University of Pennsylvania. His research interests include social stratification, education, mental health, quantitative methods, and contemporary China. He is particularly interested in how education interacts with other social factors to shape social inequality.
Annex

The Pew data confirms the findings laid out in our paper. Table A1 shows the descriptive statistics for our variables using the Pew 2014 Religious Landscape data. Please note that SEI is not available in the Pew data and is thus not included.

Table A1. Descriptives of variables, Pew data.

| Religious tradition (a) | Mean / Proportion | SD    | Min | Max | Observations |
|------------------------|-------------------|-------|-----|-----|--------------|
| Evangelical            | 0.255             | 8896  |     |     | 34848        |
| Mainline               | 0.148             | 5144  |     |     | 34848        |
| Black Protestant       | 0.065             | 2271  |     |     | 34848        |
| Catholic               | 0.201             | 7304  |     |     | 34848        |
| Jewish                 | 0.019             | 650   |     |     | 34848        |
| Other Faith            | 0.074             | 2579  |     |     | 34848        |
| Nonaffiliated          | 0.230             | 8005  |     |     | 34848        |
| Education              | 13.543            | 2.373 | 8   | 18  | 34868        |
| Race                   | 0.662             | 22862 |     |     | 34549        |
| White                  | 0.116             | 4002  |     |     | 34848        |
| Black                  | 0.223             | 7686  |     |     | 34848        |
| South                  | 3.561             | 1.635 | 1   | 6   | 34854        |
| Age Range              | 5.972             | 3.555 | 1   | 15  | 34345        |
| Female                 | 0.515             | 0.500 | 0   | 1   | 35071        |
| South                  | 0.371             | 0.483 | 0   | 1   | 35071        |
| Urban                  | 0.373             | 0.484 | 0   | 1   | 35071        |

Notes: Data from Pew 2014 Religious Landscape Study. All descriptives use the weight provided by Pew in their dataset. Age range starts from age 24 or below with 1 increase as an increment of 5 years. For simplicity, the observations for each category of RelTrad and race are rounded to integers; (a) The Pew Religious Landscape data is grouped into religious traditions with the same logic as Steensland et al. (2000), with a few exceptions. Notably, the Pew data breaks out some large religious groups to stand on their own in their classification scheme. In order to maintain consistency across the data, we recoded the Pew RelTrad variable as follows: Mormons, Orthodox Christians, Jehovah’s Witness, Other Christians, Muslims, Buddhists, Hindus, and Other World Religions were coded as “Other Faith”. The category of “don’t know/refused” was dropped from the analysis.

Table A2 presents comparable crosstabulations for the religious traditions and mean income and proportion of members with bachelor’s degrees using the 2014 Pew Religious Landscape data. The overall picture is the same: Jews and Mainline Protestants have a larger proportion of members with bachelor’s degrees and higher mean income compared to Evangelicals and Black Protestants. One notable difference in the Pew data is that those of “Other Religions” have a higher proportion of members with bachelor’s degrees than Mainline Protestants, which is reversed in the GSS data.

Table A2. Variations in class and demography by religious denominations, Pew data (ages 25–64).

|                | N*  | Mean Income | Percent with BA or more |
|----------------|-----|-------------|-------------------------|
| Jewish         | 361 | 120.77      | 68.38                   |
| Mainline Protestant | 2940 | 78.41      | 36.60                   |
| Other Religion | 1647 | 69.22      | 43.95                   |
| No Religion    | 5032 | 66.75      | 34.06                   |
| Catholic       | 4535 | 66.75      | 30.14                   |
| Evangelical Protestant | 5594 | 61.68      | 24.03                   |
| Black Protestant | 1493 | 41.07      | 16.57                   |

Note: * These counts were generated using the provided weight and were rounded to the nearest integer.
Table A3 uses religion to predict years of education via Ordinary Least Squares regression techniques with standard controls using the Pew Religious Landscape data. Compared to Mainline Protestants, Evangelicals, Black Protestants, and Catholics are less educated. As was the case in the GSS data set, Jews are significantly more educated than Mainline Protestants. There is no statistically significant difference found between Mainline Protestants and those of no religion or other religions using the Pew data.

### Table A3. Effects of religion on years of education, Pew dataset.

|                          | Education | Reference |
|--------------------------|-----------|-----------|
| Mainline Protestant      |           |           |
| Evangelical              |           | −0.798*** | (0.042)   |
| Black Protestant         |           | −0.775*** | (0.085)   |
| Catholic                 |           | −0.529*** | (0.043)   |
| Jewish                   |           | 1.025***  | (0.090)   |
| Other Religion           |           | 0.330***  | (0.058)   |
| Nonaffiliated            |           | 0.070     | (0.046)   |
| White                    |           | Reference |
| Black                    |           | −0.753*** | (.062)    |
| Other Race               |           | −1.100*** | (.036)    |
| Attendance               |           | 0.121***  | (0.010)   |
| Age                      |           | 0.000     | (.004)    |
| Female                   |           | −0.175*** | (.026)    |
| South                    |           | 0.029     | (.028)    |
| Urban                    |           | 0.605***  | (0.028)   |

| R² (%) | N     | 7.77   | 33531  |

Notes: Standard errors in parentheses; * < .05, ** < .01, *** < .001.
Finally, Table A4 demonstrates that religious groups are not evenly distributed across educational groups, using the Pew data set. Again, these predictions are dependent to some extent on the relative proportion of each group in the Pew Religious Landscape data (see Table A1 for the relative proportions). However, the point here is that these religious groups are not evenly distributed across socioeconomic groups. The overall picture displayed here is very similar to that found using the GSS dataset, with some gains and losses of statistical significance.

Table A4. The likelihood of religious group membership by education, Pew data.

|                      | Evangelical | Black Protestant | Catholic | Jewish | Other Religion | Nonaffiliated |
|----------------------|-------------|------------------|----------|--------|----------------|---------------|
| Education            | 0.868***    | 0.850***         | 0.914*** | 1.222*** | 1.056***       | 1.032***      |
|                      | (0.006)     | (0.013)          | (0.007)  | (0.022) | (0.011)        | (0.009)       |
| White Reference      | Reference   | Reference         | Reference | Reference | Reference      | Reference      |
| Black                | 1.758***    | 1,143.118***     | 1.138    | 0.415*** | 3.486***       | 4.674***      |
|                      | (0.172)     | (203.604)        | (0.129)  | (0.138) | (0.404)        | (0.493)       |
| Other Race           | 1.552***    | 14.026***        | 3.803*** | 0.621*** | 3.697***       | 2.112***      |
|                      | (0.092)     | (2.829)          | (0.124)  | (0.102) | (0.252)        | (0.132)       |
| Attendance           | 1.463***    | 1.180***         | 1.102*** | 0.788*** | 1.061***       | 0.373***      |
|                      | (0.018)     | (0.033)          | (0.014)  | (0.021) | (0.018)        | (0.006)       |
| Age                  | 0.941***    | 0.988            | 0.982*** | 0.994   | 0.891***       | 0.839***      |
|                      | (0.005)     | (0.011)          | (0.005)  | (0.011) | (0.006)        | (0.005)       |
| Year                 | 0.882***    | 0.989            | 0.897*** | 0.886   | 0.801***       | 0.697***      |
|                      | (0.032)     | (0.074)          | (0.033)  | (0.068) | (0.039)        | (0.028)       |
| Female               | 1.426***    | 1.275***         | 0.608*** | 0.727*** | 0.600***       | 0.751***      |
|                      | (0.052)     | (0.099)          | (0.024)  | (0.062) | (0.032)        | (0.032)       |
| South                | 0.864***    | 0.865*           | 1.744*** | 5.304*** | 1.177***       | 1.188***      |
|                      | (0.035)     | (0.068)          | (0.069)  | (0.441) | (0.062)        | (0.051)       |

Notes: Number of observations is 33531; pseudo R-squared is .2226; the reference category of religion is Mainline Protestant; standard errors in parentheses; * < .05, ** < .01, *** < .001.

References

Steensland, B., Park, J. Z., Regnerus, M. D., Robinson, L. D., Wilcox, W. B., & Woodberry, R. D. (2000). The measure of American religion: Toward improving the state of the art. *Social Forces*, 79(1), 291–318.