Mitigation of Climate Change Effects through Non-structural Flood Disaster Management in Pekan Town, Malaysia

Mohammad Abdul Mohit*, Gajikoh Mohamed Sellu

*Kulliyyah (Faculty) of Architecture & Environmental Design, IIUM, Kuala Lumpur, Malaysia
bTown Planner, Free Town, Sierra Leone, West Africa

Abstract

Floods bring miseries to the life of thousands of Malaysians every year. Pekan town, located on the banks of the Pahang River, regularly suffers both economic damages and physical destructions caused by the floods. It is anticipated that the climate change effects through a rise in the sea-level, will aggravate both the duration and depth of flooding in the town. This paper studies the flood situation of Pekan town, assesses the intensity of flood damages, anticipates the severity of flooding due to sea-level rise and finally, comes up with the community-based sustainable flood mitigation policies and measures for the town.

Keyword: Climate change; flood disaster management; flood damages; nonstructural measures

1. Introduction

Floods are the most significant natural disasters which affect 4.9 million people and inflict damage worth of several million every year in Malaysia. About 29,720 square kilometers or 9% of the land area of the country is prone to flooding (DID, 2007). All the four regions of the country – north, central, east and south, experience flooding during the monsoon season. The basic cause of flood in Malaysia is the incidence of heavy monsoon or convective rainfall and the resultant large concentration of runoff which has been exacerbated due to rapid development in the river catchment and deteriorated river capacity (Ho,
2002). As a result, both the frequency and magnitude of flooding have increased in Malaysia in recent decades. Floods in urban areas bring miseries to the life of thousands of Malaysians every year. With 68% of the Malaysian population now residing in urban areas, flash flooding in urban areas are perceived to be the most critical flooding type surpassing the monsoon flood since the mid 1990s (DID, 2007). Pekan town is the administrative headquarters of the district located in the state of Pahang, Malaysia. It is situated on the banks of the Pahang River and the town regularly suffers both economic damages and physical destructions caused by the floods. During January 2012, Pekan town and its surrounding areas suffered a flood disaster which affected more than 500 people. However, it is anticipated that the climate change through a rise in the sea-level, will aggravate both the extent, duration and the depth of flooding in the Pekan town. On 05 January, 2013, the Prime Minister of Malaysia has commented that the recent floods in the northern and eastern parts of the country have been aggravated due to the climate change effects. With the above background, this study intends to examine the causes of flooding and its impact to the flood victims in Pekan. It will also propose flood disaster management policies that can help to alleviate the flood vulnerability of Pekan town and its surrounding areas.

2. Literature review

Flood disaster management is a multifaceted approach, and it involves several disciplines such as hydrology, water resource management, economics, statistics, population studies, public policy and planning. This is due to its impacts it has on the social economic livelihood of the people it affects directly and indirectly.

2.1. Flood disaster management – Conceptual and theoretical framework

In order to understand the nature of floods, their causes, impacts and what can be done to reduce the damages caused, the following concepts need elaborations. These are -

- **Flood** - A flood is an overflow of the huge amount of water which submerges land and causes deluge.
- **Disaster** - A disaster is defined as a crisis situation causing widespread damages which far exceed the ability of the residents to recover. Disasters are either natural or man-made.
- **Flood Plain/ Flood Prone Areas** - Floodplain /flood prone area is defined as any land area susceptible to being inundated by water from any source (FEMA, 2007).
- **Flood Risk and Vulnerable Areas** - Identifying hazardous areas and determining risks are the initial steps in the hazard mitigation process. Risks are defined as the type and severity of the hazard and its frequency of occurrence.
- **Disaster Management** - Disaster management (DM) includes the development of disaster recovery plans in order to minimize losses and the implementation of such plans. Disaster management usually refers to the management of natural catastrophes such as fire, flooding, or earthquakes. DM can be undertaken through the following approaches:
  1. **Structural Approach** - Structural approach is based on the engineering measures adopted to control floods or protect human settlements. They include the building of seawalls and revetments, levees, embankments and others.
  2. **Nonstructural Approach** - nonstructural approach is based on the adjustments of human activities and societies to mitigate flood damages. It includes insurance, land use management, awareness, environmentally sensitive area protection and other emergency and recovery policies for managing flood damages.
Table 1. Structural and nonstructural flood mitigation measures applied in Malaysia

| STRUCTURAL MEASURES | NON-STRUCTURAL MEASURES |
|---------------------|-------------------------|
| Flood Control Dams (FCD) | Integrated River Basin Management (IRBM) |
| Canalization and Related Works | Preparation of Guidelines and Design Standard |
| Poldering (Ring Bund) | Resettlement of Population |
| Flood Diversion Channel or Tunnel | Flood Forecasting and Warning System |
| Storage Ponds of Flood Attenuation | |

- **Disaster Management Cycle** - The actions taken by an organization in response to unexpected events that is adversely affecting people or resources and threatening the continued operation of the organization. It also means measures that are taken to avoid, reduce, or eliminate adverse impacts of natural and man-made disasters (Godschalk, 2003; Carter, 1991).

![The disaster management cycle](image)

**Fig.1. The disaster management cycle**

*Source: Carter (1991)*

**2.2. Flood disaster studies in Malaysia**

Flood studies in Malaysia are mainly focused on the development of hydraulic models with emphasis mostly on the structural measures. Yan (1987) developed a hydrological model which combined various flood frequency regions and various mean annual flood by regions to estimate design floods for Peninsular Malaysia. A sediment transport equation applicable for rivers in Malaysia was developed by Sinnakaudan et al., (2006) based on sediment data collection carried out from 1994 to 2002. It was later embedded in a modified version of HEC-6 model and named SEDFlood model by the same authors. A user-friendly menu-driven GUI for 2D and 3D digital floodplain delineation was developed based on ArcView GIS and SEDFlood tight coupling procedure. Flood risk maps for the present and future land use can be produced using the SEDFlood model GUI (Sinneakaudan et al., 2006). Billa et al. (undated) developed an integrated MIKE11 hydrodynamic model and ArcView GIS to generate a flood inundation...
model for early warning in the Langat river basin of Malaysia. Disaster reduction programmes are over-dependent on a reactive approach based largely on technology and not even aimed at floods specifically (Chan, 1997b).

Several studies have been undertaken on social-economic and institutional aspects of floods in Malaysia. Chan (1995) studied the effectiveness of government-run relocation schemes to flood hazards in Malaysia. Liu and Chan (2003) examined the nature and character of flood hazard management programme in Malaysia. In another study, it has been observed that official solutions for flood control are largely engineering based and are ineffective to combat extensive monsoon floods (Chan, 1997a). It has also been observed that current laws and regulations with regard to flood management are also insufficient and both the financial and human resources of flood hazard organizations are generally found to be wanting… economic efficiency, equity and public accountability issues are not adequately addressed by institutional arrangements for flood hazards (Chan, 1997b).

A recent government report, by admitting the shortcomings of the structural approach, has attached significant importance to nonstructural or preventive measures (DID, 2007). Planning and land use policies are basically nonstructural and preventive measures, which can be used to mitigate flood disaster in Peninsular Malaysia. The land use plans, currently in practice in Malaysia through the development plan system, i.e., state structure and district local plans, although they consider the drainage issues, lack adequate focus on flooding. Hence, in disaster-prone areas, land use policies can be used to provide direction to development whereby disaster loss of human lives and properties can be minimized (Mohit & Karim, 1997). Land use planning policies can also help in achieving sustainable development because they can influence the environment in the following manner: dealing with local site-related matters, ensuring that development does not exceed ecological thresholds, balancing the social, environmental and economic needs of new developments, and maintaining and enhancing the quality of the local environment (Healey and Shaw, 1993; UN, 1977).

3. Aim and objectives, methodology and study area

3.1. Aim and objectives

The aim of this paper is to develop land use based flood mitigation strategies that are appropriate and sustainable for managing flood disasters in the Pekan town. In order to achieve the above aim, the following objectives have been set for this study:

* To identify the areas affected with floods in the Pekan town.
* To analyze the influence of the surrounding land use on flood disasters in the Pekan town.
* To determine the flood vulnerability of the areas both normal and due to sea-level rise and identify their land use types.
* To formulate land use policies that can reduce flood disasters both normal and due to sea level rise in the Pekan town.

3.2. Methodology

Methodology in research implies a systematic approach taken to solve a prevailing research issue. It involves general and universally agreed guidelines in some disciplines and undertaken independently in some areas especially in the social sciences such as Geography, Economics, sociology, which answer social related issues, unlike the natural sciences which involve some rigid and constant methods to follow to arrive at conclusions. A mixed method of quantitative and qualitative approaches was used to achieve the objectives of the research. These included the maps, key informants, GIS data, direct observation,
focus group discussion, semi-structured interviews and photographs. In addition, the authors intensively visited the area and talked to local people about their flood miseries and took note of suggestions which they think may be appropriate to combat floods in the area. A flood risk map of Pekan was prepared based on hazard prone areas and vulnerability analysis.

3.3 Study area

A study of flood disaster management is comprehensive because it takes into consideration both regional and local contexts, with respect to the rivers and the drainage system. Located 50 km south of Kuantan City, on the banks of the Pahang River, Pekan is the royal town of the Malaysian state of Pahang (Fig. 2). Pekan is the name of the district in which the town is situated in, and a parliamentary constituency in its own right. It is the home of the state's royal family. It is also the hometown of the second Prime Minister of Malaysia, Tun Abdul Razak Hussein, and the current Prime Minister of Malaysia, Datuk Seri Najib Tun Razak, who is also Pekan's current Member of Parliament.

![Fig. 2. Location of Pekan town and district within regional/state and national setting](image)

From the regional point of view, the district is predominantly rural with low population density. The total population of the district is approximately 103,000 residents. About 86.8% of the citizens are Malay, 9.9% Orang Asli, 1.5% Chinese 0.5% Indian, and 1.3% others. The district’s economy is dominated by its agriculture, forestry and fishery sectors. Pekan district has the third largest coverage of oil palm plantations and second largest coverage of paddy fields in the State of Pahang. Other economic sectors are construction, transportation services, communication and utilities. The majority of the Pekan residents belong to the low and middle income groups. The population study of Pekan indicates an increasing
growth of the town population. Most of the nearby villages rely on Pekan town for the supply of ready made goods and other services. Those involved in the commercial sector sees Pekan town as the only market favourable to meet their supply. In recent years, despite regular floods, population of the town has increased more that 2.0%. This population concentration has dramatically changed the urban landscape along its fringes in flood prone areas.

Pekan town and the district have a history of flood which covers 3 to 4 decades. The town being located on the discharge point of the Pahang River is vulnerable to flooding almost every year. The catchment of the river is outside the town, but a major part is within the district where recent development and land use changes have exacerbated the discharge by altering the rainfall-runoff relationship. The annual mean runoff of Pahang River at Lubok Paku point has been estimated at 596m$^3$/s. In 2007, the district experienced a disastrous flood that hit Pekan town and its surrounding areas for 2 weeks. These two weeks witnessed a standstill in all forms of businesses. Transport and communication was largely disrupted as flood waters reached a height of 2.5 meters along the Pahang River and about 0.5 meter in the town centre on the 14th day of flood water presence (Bernama News, December 2007).

4. Results and discussion

Based on the data analysis, the findings from the study have been structured under four headings:

- Causes of floods in Pekan town and its surrounding areas;
- Identification of existing flood related issues and problems;
- The influence of surrounding land uses on the floodability of Pekan town;
- Flood vulnerability and risk maps;

4.1. Causes of floods in Pekan town and surrounding areas

Data analysis of the study indicates that the overflow of the Pahang River during the monsoon season and heavy rainfall are the key factors responsible for floods in the town and its surrounding areas. The intensity of the flood increases when there is high tide in the river. This implies that a rise of the sea level due to climate change will exacerbate both the extent and duration of flood in the district. Coupled with this is the topography and geology of the town centre and the district, which are all relatively flat and the soil being soft, can be easily flooded during heavy rains.

4.2. Identification of flood related issues and problems

Several flood related issues and problems which contribute to either the miseries of flooding in Pekan, were identified. These are -

4.2.1. Incompatible land uses, Poor land use planning, and Lack of zoning

Residential, commercial, public facilities, infrastructure and the surrounding agricultural activities are not properly zoned. Performance zoning is not at all cases compatible especially when considering the frontage of the Pahang River and the location of residences in the middle of commercial area, lead to land use conflicts.

4.2.2. Planning Restrictions

The height restriction for buildings at a maximum of 4 storey, because Pekan is a royal town, slows down the development at the town centre. Development is more focused on the adjacent site such as Kampong Peramu which is well known for industrial activities.
4.2.3. Improper management of urban activities, poor development guidelines and control

Effects from earlier development with no upgrading for improvement are evident in Pekan town and its surrounding areas. Some of the sitting arrangements of buildings in the town are proper. Along Jalan Sultan, we noticed that the road is at a bit higher elevation than the foundation of the shops. During heavy rains, water enters into shops and hence remains trapped, and the local residents have to bail out waters.

4.2.4. Issues related to flood damages

A number of issues and problems have been identified related to the role they play in influencing flood damages, and losses in the town and its surrounding areas. These are:

- Poor drainage systems
- Narrow drains
- Low level foundation of houses/structures at the town centre
- Lack of regular clearance of drains
- High tides of the Pahang River
- Siltation and sand mining in the Pahang River

Drains in Pekan town are very narrow and shallow and this makes their carrying capacity very low. During heavy rains, waters overflow and run over dry land surfaces causing flooding and traffic problems. The excess waters either from heavy rain or overflow of Pahang River cannot be contained by the shallow drainages in the town and its surrounding areas. A local Chinese resident shop owner shared her experience during the 2007 floods. She complained that the poor drainage system contributed to the losses suffered at the town centre. According to her, the flood waters could not flow and had to increase until the rain ceased. Even when the rains ceased, it took days for the town to be properly drained. Very few areas in the town could find drainages that are above 2 feet deep.

Settlements of the town are linearly aligned along the main road which is elevated to be safer from surface waters during normal rains in the town. These waters then run into the shops and houses during floods. According to reports and interviews with some of the local residents, all the settlements along the river banks were affected during floods during all set of floods in the town and the district at large. The rainwater coupled up with high tides increase the water level of the Pahang River.

The Pahang River is very shallow at her banks along the town centre. This shallowness reduces the carrying capacity of the river due to siltation from the debris and more especially from sand brought in by the Termeloh River into the Pahang River through erosion. This greatly decreases the depth of the river usually over 3 ft from the river bed and susceptible to flooding of the town during high tide and monsoon season. At present, the sand is poorly mined by the local people.

4.3. Influence of surrounding land uses on the floodability of Pekan town

Flood vulnerability of Pekan town and the district has also been intensified due to indiscriminate changes of the land uses in the surrounding areas. As the land use changes from agriculture to non-agricultural uses, surface pavement reduces the rain precipitation and rain water runoff increases which may lead to floodability of the area. Many residents of Pekan have pointed out to this process of land use changes as contributing to the floodability of the town and district.

4.4. Flood vulnerability and risk map

Flood Vulnerability according to the UNESCO-IHE institute for water education is the study of flood vulnerability index (FVI) as the extent of harm, which can be expected under certain conditions of exposure, susceptibility and resilience. This is expressed in the following manner:
Exposure is defined as the predisposition of a system to be disrupted by a flooding event due to its location in the same area of influence. Susceptibility relates to system characteristics, including the social context of flood damage formation. It is further defined as the elements exposed within the system, which influence the probabilities of being harms at times of hazardous floods. Resilience is the coping capacity of the community during flood and recovery capacity of the community after flood. The purpose of vulnerability studies is to recognize correct actions that can be taken to reduce the possible effects. To achieve this, local authority with local people and government parastatals should be directly involved in a systematic and sustainable approach for Pekan town and district.

Spatially, it is necessary to convert the flood vulnerability into risk zone maps in order to guide policies and measures. The formula for RISK = HAZARDS x VULNERABILITY. This has been attempted for Pekan town and its adjacent areas (Fig. 4). It can be seen from the risk map that four communities – Kg Batu Satu Peramu, Kg Pekan river front, Kg Kelapang Tengah and Kg Pasir, are at high risk zone while Kg Pulau Jawa and Kg Alur Akar are at medium risk zone. Pekan town centre and Permatang Pauh are at low risk zone. Table 2 shows the appropriate development policy nature for each zone.

Table 2. Development policy measures appropriate for each risk zone

| Risk Zones | Development Policy Measures                      |
|------------|--------------------------------------------------|
| High Risk  | Control development, reduce flood risk           |
| Medium Risk| Monitor development, reduce flood risk           |
| Low Risk   | Development should be based on flood sustainability |

Source: Field Survey (2012)
5. Conclusion and recommendations

It appears from the study that, Pekan town and its adjacent areas are vulnerable to flood disaster based on the topography and regional influence of the Pahang River flowing through Pekan into the South China Sea. However, measures of flood mitigation policies by the local authorities identified in the study proved that collective responsibility has always been the strategy used during flood disaster at both response and recovery stage involving all walks of life - fishing communities, agricultural communities, the youths, the police, the army, the national fire force, and the overall body which is the local authorities. Further investigation proved that, flood disaster management for Pekan town and the district can be achieved through nonstructural approach with a greater emphasis on the land use policies and zoning so as to prevent the risk of transforming environmentally sensitive areas prone to floods into agriculture or urban development land uses. Zoning and land use policies are two interrelated mechanisms that will help control, monitor and reduce the risk of flood damages in Pekan town and district. The following recommendations have been formulated towards flood vulnerability of Pekan:

5.1. Short term measures

- Development other than agricultural activities should be discouraged along Pahang River.
- Forestry, agriculture, tourism and protection of the environment should be prioritised in the land use of the surrounding areas.
- The river banks with the mangrove forest should be zoned as environmentally sensitive areas and conserved.
Local authority should encourage the individual sand collectors of the river to form a cooperative or association to planned excavation of sand from Pahang River.

5.2. Long term measures

- Elevated plinth level of new buildings above the current and future flood levels.
- Keep ground level vacant for parking or other activities in newly constructed public buildings.
- Development control in high risk areas of Pekan.
- Widening and regular clearance of drains.
- Proper use of the new canal.

In conclusion, it needs to be mentioned that the Pekan local plan (2002-2015) has adopted a zonal plan with three categories of broad land uses, such as potential development areas, potential with the condition and preserved areas. The nonstructural flood disaster management measures should be incorporated within this framework.

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