Investigation and Research on the Present Situation of College Basketball in Nanchang

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Abstract. This paper takes seven undergraduate colleges and universities in Nanchang city as the research object, and mainly studies college basketball in Nanchang city in the form of literature, questionnaire survey, expert interview and field investigation. The results show that: (1) The basketball courts in colleges and universities in Nanchang have relatively complete facilities, which can basically meet the requirements of general basketball classroom teaching and basketball after-school training, but the teaching cannot be carried out normally in case of rain or other inclinational weather. (2) Basketball is very popular among college students in Nanchang, which has a good mass base and is very conducive to its development. (3) There are generally unreasonable structure of basketball teachers in colleges and universities in Nanchang, and the professional titles of basketball teachers are generally low. (4) The unreasonable setting of basketball courses in colleges and universities in Nanchang makes it difficult for basketball teaching to meet the needs of students, which easily leads to a decline in students' enthusiasm for learning basketball. (5) College leaders in Nanchang generally pay little attention to basketball, with less investment. It has influenced the development of college basketball project in Nanchang.

Research Object

This study selected seven universities in Nanchang as the research objects. The seven universities are Jiangxi normal University, Nanchang University, Jiangxi agricultural University, east China Jiaotong University, Jiangxi University of finance and economics, Jiangxi University of traditional Chinese medicine, Jiangxi normal University of science and technology.

Research Methods

Literature Method

Through the search of CNKI with the key word "the current situation of college basketball," 27 related literatures about the current situation of college basketball in the past five years were consulted. By carefully reading the discussion on college basketball in the current academic circle, the existing problems of college basketball were summarized and the current research results of college basketball were drawn. It has laid a solid theoretical foundation for the writing of this paper. At the same time, it has contributed a little to the development of basketball in colleges and universities in Nanchang.

Questionnaire Survey

According to the needs of this study, a questionnaire was designed for students to conduct basketball sports, and the questionnaire was distributed and collected from 7 universities in Nanchang.

Expert Interview

I conducted injection interviews with the sports teaching managers and some basketball coaches of 7 universities in Nanchang, through which I learned about the problems existing in the
development of basketball in colleges and universities in Nanchang, and also consulted them on how to better promote the development of basketball in colleges and universities in Nanchang.

Field Investigation

In the first half of 2019, I have made a field visit to seven universities in Nanchang city, to get to know the basketball atmosphere on campus and the basketball courts of the seven universities.

Results and Analysis

Basketball Courts in Colleges and Universities in Nanchang

Want to develop the campus basketball very well in the university campus to get the very good development. It needs enough basketball court facilities to support it. School basketball court facilities are an indispensable and important hardware for basketball teaching and training. Through the field investigation of 7 colleges and universities in Nanchang city, it is found that the 7 colleges and universities in Nanchang city have more than 30 basketball courts, among which Nanchang University has the most and Jiangxi normal University the second. Most of the facilities in these schools are outdoor cement floors. Plastic and indoor stadium space are relatively scarce. This is due to the relatively high cost of plastics and indoor venues, and the high cost of maintaining the venues. But generally speaking, the 7 colleges and universities in Nanchang have relatively sufficient basketball courts. Basketball facilities can basically meet college basketball teaching activities, but because Nanchang is in the rainy season from March to April every year, basketball teaching at this stage cannot be carried out normally, the lack of rain court is one of the main factors restricting college basketball teaching and basketball activities in Nanchang.

Investigation on College Students' Love for Basketball in Nanchang

In recent years, with the promotion of international high-level basketball competitions, basketball has become more and more popular in China. Many college students love basketball very much. Through the questionnaire survey, it was found that 79.1% of college students in Nanchang chose "like" or "very like" sports. Therefore, the sports mass foundation of college students in Nanchang is relatively good. According to the sports favored by college students in Nanchang, college students in Nanchang have a wide range of sports hobbies. According to the data from the questionnaire survey, the sports favored by male students are: basketball, football and other sports with strong physical confrontation; the degree of female students' favorite sports is: badminton, aerobics, volleyball and other sports with less physical contact. The sports that integrated male and female students choose to like most is basketball. Therefore, college students in Nanchang have a good basketball foundation. Facilitate the development of basketball.

Structure of College Basketball Teachers in Nanchang

Basketball, as a sport with high technical requirements, requires basketball teachers and coaches with strong professional ability and teaching ability to promote its development on campus. To better promote the development of campus basketball to provide a basic guarantee. Through the investigation of 7 undergraduate schools in Nanchang city, it is found that the age structure and professional title structure of basketball teachers in these 7 colleges and universities are relatively unreasonable. From the perspective of age structure, the basketball teachers in these 7 colleges and universities show an aging trend, and there are few teachers with senior professional titles who are engaged in basketball teaching. Especially in recent years, Nanchang University in order to enhance the influence of the school, the recruitment of personnel conditions demand is higher, basically for doctor's degree, and some sports skills strong basketball player is not enough because of the education condition, it is difficult to added basketball teachers, basketball teaching still rely on the old teacher, there is no basketball talent, makes the Nanchang University basketball teachers' imbalance between teachers and students. Even some colleges and universities in Nanchang have an aging trend of basketball teachers. Basketball, as a highly skilled project, has a direct impact on students' learning. Basketball teachers in some colleges and universities in Nanchang have
relatively weak technical ability, and even some basketball teachers are transferred from other majors, which is not conducive to the development of basketball in colleges and universities in Nanchang.

Unreasonable Basketball Courses in Colleges and Universities in Nanchang

Through investigation, it is found that the setting of public sports and basketball courses in 7 colleges and universities in Nanchang is unreasonable. The basketball courses in colleges and universities in Nanchang are only for the purpose of completing the physical education syllabus stipulated by the ministry of education of the people's government of the people's bank of China. The courses offered in the first semester of the freshman year are mainly physical training courses. Only in the second semester of the freshman year and the second year of the sophomore year did basketball optional courses become available. Students can choose sports courses they like according to their interests and hobbies, but each student can only choose basketball courses for one semester at school. There are 16 basketball lessons in a semester, each of which lasts for 90 minutes. If students choose the basketball course again, they will not only have no credits, but also learn the basic basketball skills they learned before, which greatly affects their interest in learning basketball. It is known to all that basketball is a sport with high technical requirements. It is difficult for students to improve their basketball skills after a semester of basketball learning. Therefore, basketball courses can only let students learn the most basic basketball skills, such as dribbling, passing, shooting and layup. At the same time, there is a general problem that there is no stratification between boys and girls in basketball curriculum. From the physical quality of boys and girls, girls learn basketball skills much more slowly than boys. This will affect the progress of basketball teaching, leading to the stagnation of the teaching of the course. This kind of curriculum is not very helpful for some students who have a basketball foundation and desire to improve their basketball skills. Therefore, it is urgent to set up stratified basketball classes in public sports.

The University Leaders in Nanchang Pay Insufficient Attention to It

The campus basketball development cannot leave the attention of the leadership, and Nanchang 7 colleges and universities for the development of basketball sports value degree is not enough, because of Nanchang the seven universities in Nanchang city in Jiangxi province, belong to a good school, even is the main engineering and the liberal arts on its development, relative lag in the development of sports school, part of a sports institute of colleges and universities only relative importance to the leadership of the university basketball athletic competition, and to the construction of campus basketball culture and the development of the long-term lack of scientific planning. The development and promotion of basketball need not only the efforts of basketball teachers, but also the strong support of school leaders, whose support is mainly the input of funds. Seven colleges and universities in Nanchang have little financial input, which is mainly used to participate in the competition of college students, while the campus basketball league, which supports the level of campus basketball, has no or very little input.

Conclusions and Recommendations

Conclusions

(1) The basketball courts in colleges and universities in Nanchang have relatively complete facilities, which can basically meet the requirements of general basketball classroom teaching and basketball after-school training. However, in case of severe weather such as rain, the teaching cannot be carried out normally.

(2) Basketball is very popular among college students in Nanchang, which has a good mass base and is very conducive to its development.

(3) There are generally unreasonable structure of basketball teachers in colleges and universities in Nanchang, and the professional titles of basketball teachers are generally low.
(4) The unreasonable setting of basketball courses in colleges and universities in Nanchang makes it difficult for basketball teaching to meet the needs of students, which easily leads to a decline in students' enthusiasm for learning basketball.

(5) College leaders in Nanchang generally pay little attention to basketball, with less investment. It has influenced the development of college basketball project in Nanchang.

Recommendations

(1) Optimize the team of basketball teachers and give priority to teachers with good skills in the recruitment process. At the same time increase the existing basketball teachers out training.

(2) Basketball courses are provided with more advanced classes, so that our students can be stratified as much as possible. Conducive to the establishment of the classroom system.

(3) Improve teaching conditions and increase investment in basketball courts, such as building some rain and wind courts.

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