Molecular gas and continuum emission in 3C 48: evidence for two merger nuclei?

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Abstract. We present new interferometer observations of the CO(1–0) line and mm continuum emission from 3C 48 – one of the nearest examples of a merger activating a quasar. Our new CO data show that most of the CO is not in a disk around the quasar 3C 48, but rather in a second nucleus associated with the source 3C 48A and the radio jet towards 3C 48A. We model the 1.2 mm continuum with three different sources in 3C 48 – the 3C 48 QSO, the 3C 48 jet, and the second nucleus 3C 48A. We suggest that the unusually bright and extended nature of the jet may be due to its interaction with the second merger nucleus 3C 48A.

1. Introduction

Galaxy mergers are regarded as part of the chain of events that can lead to the activation or re-ignition of quasars. A prime example of this phenomenon is the radio source 3C 48, one of the first quasars to be optically identified (Matthews et al. 1961). The source is known to be surrounded by an unusually large and bright host galaxy with a young stellar population (Kristian 1973; Boronson & Oke 1982, 1984). The properties of this host galaxy, the existence of a second bright compact component, 3C 48A, 1′ northeast of the QSO (Stockton & Ridgeway 1991; Zuther et al. 2004), the tail-like extension to the northeast (Canalizo & Stockton 2000), and the richness of 3C 48 in molecular gas (Scoville et al. 1993; Wink et al. 1997, hereafter W97) have all been used as arguments that the activity in 3C 48 is due to a recent merger.

An uncertainty in the merger picture for 3C 48 has been the unknown nature of 3C 48A. Although Zuther et al. (2004) recently proposed a simple solution for the missing tidal counter-tail. Whereas previous papers suggested that the tail extends from southeast to southwest (Canalizo & Stockton 2000), or confused a background galaxy with the counter-tail (Boyce et al. 1999; Canalizo & Stockton 2000), Scharwächter et al. suggest that the counter-tail is in front of the main body of the 3C 48 host galaxy, running from southwest to northeast. They assume a similar configuration as in the Antennae galaxies but viewed from a different angle (as in the diagrams of Toomre & Toomre 1972), and supported their picture with multi-particle simulations that agree better with the observed stellar kinematics than in previous scenarios.

The information on molecular gas in 3C 48 began with Scoville et al. (1993)’s detection of CO(1–0) with the Caltech interferometer. Wink et al. (1997) then confirmed Scoville et al.’s CO results with the IRAM Interferometer. Both groups found a large mass of molecular gas, a few times 10¹¹ M⊙. Because the molecular gas plays a major role in forming new stars and fueling a black hole, further study of the molecular gas in 3C 48 may help us to understand the many steps leading to the intense nuclear activity of quasars.

In this paper, we present new interferometer observations of the CO(1–0) line and the 3.5 and 1.2 mm continuum emission in 3C 48. To increase the sensitivity, the data were combined with the earlier measurements by Wink et al. (1997). The combined data set is about twice as sensitive as the W97 data. In this paper, Sect. 2 gives details of the new observations. Section 3
Table 1. Continuum data at 3.5 mm and 1.2 mm from all available data sets.

| Observing date | RA$^a$ | Dec$^a$ | Continuum flux density$^c$ | 3.5 mm beam |
|----------------|--------|---------|---------------------------|-------------|
|                | (hh:mm:ss) | (dd:mm:ss) | (mJy) |maj.,min., PA |
| Observations:  |        |         |                  |            |
| 1992           | –      | –       | 266              | –           |
| 1995-W97       | –      | –       | 307 ± 30         | –           |
| 1995-new$^b$   | 01:37:41.29 | 33:09:35.4 | 303 ± 30       | –           |
| 2003           | 01:37:41.30 | 33:09:35.5 | 270 ± 27       | 82 ± 8$^d$ |

Three-Component Model$^e$:
- “QSO”
- “Jet”
- “3C 48A”

$^a$ Centroid of the 3.5 mm continuum emission.
$^b$ Our re-reduction of W97’s data.
$^c$ Flux errors include 10% systematic errors.
$^d$ Total flux of all components, beam at 1.2 mm: 0.9” × 0.7” at PA 15°.
$^e$ Fluxes derived by fitting 3 Gaussian components in the sky plane at 1.2 mm (see Fig. 4).

2. Observations
We used two independent data sets of the CO(1–0) emission in 3C 48, observed with the IRAM interferometer on Plateau de Bure, France. The first was taken by Wink et al. (1997) between November 1994 and February 1995 in the interferometer’s B and C configurations with 3 antennas. We re-reduced the data from W97 (see below), and merged them for the analysis of the CO emission with our second data set, observed between December 2002 and March 2003 in the A and C configurations with 6 antennas. Following W97, we chose 3C 84 and 3C 111 as amplitude and phase calibrators. 3C 84 was also used to calibrate the RF bandpass. The receiver at 3.5 mm was tuned to 84.17 GHz, the frequency of $^{12}$CO(1–0) at $\sim$0.3695, and the receiver at 1.2 mm to 241.39 GHz, the frequency of $^{13}$CO(3–2) at $\sim$0.3695. We used a total bandwidth of 580 MHz at 3.5 mm and 2 × 580 MHz (DSB) at 1.2 mm with a frequency resolution of 1.25 MHz. The phase center was adopted from W97, i.e. set to 01h37m41.3’s, +33′39′′35.0′′ (J2000). This is identical with the radio position of the QSO (e.g., Feng et al. 2005). The total on-source integration time was 6.5 h. Although the 1.2 mm receiver was tuned to the redshifted frequency of $^{13}$CO(3–2), no 1.2 mm line signal was detected to a flux limit of 3.4 Jy km s$^{-1}$ over the same velocity range of $\sim$220 to +160 km s$^{-1}$ where the CO(1–0) is observed. The 1.2 mm observations were therefore used for the 3C 48 continuum data.

The most critical point in merging data sets from different epochs with each other is the flux calibration. However, for our re-reduction of W97’s data we adopted the flux calibration described in W97 resulting in an accuracy of $\sim$10%. Except slightly different beam sizes which can be traced back to slightly different data flagging, our re-reduction of W97’s data is consistent with the one done by W97. For our new data, we relied on the flux monitoring which is regularly done at the IRAM PdBI giving an accuracy of $\sim$10% at 3.5 mm. In summary, this would yield an uncertainty of $\lesssim$20% of the merged data in the worst case. As will be discussed in Sects. 3.1.1 and 3.2.1, the fluxes and positions derived for the CO and continuum emission in the two data sets agree well with each other within $\sim$10% justifying thus a merging.

3. The data
3.1. Continuum
The strong mm continuum emission by itself shows the intense nuclear activity in 3C 48. The mm continuum is from synchrotron radiation, not dust.

3.1.1. The 3.5 mm continuum
We independently measured the 3.5 mm continuum fluxes from both our re-reduction of the 1995 data and our new 2003 data by averaging all channels more than $\pm$380 km s$^{-1}$ from the CO line. The flux from our re-reduction of the 1995 data agrees with that from W97, while the flux from the 2003 data is 10% lower, which is within the systematic errors in the flux calibration, but may just be a real effect, possibly due to intrinsic variability of 3C 48 (Table 1).

The position obtained from our mm-observations is 0.4” north of that given by 13 and 3.5 cm VLBI measurements (Ma et al. 1998). This difference is probably due to the VLBI observations picking out the low-flux, milliarcsecond-scale hot spot near the quasar (see the maps by Wilkinson et al. 1991 and by Feng et al. 2005), while the mm interferometer sees mainly the high-flux, arcsecond-scale jet. While this position difference is about twice the astrometric uncertainty limit of the IRAM interferometer, a comparison with the recent NIR
images of 3C 48-QSO and 3C 48A nevertheless suggests that the mm continuum may be located between the two NIR features (Fig. 2).

The continuum emission is slightly extended in the 2″ beam (Fig. 1) at 3.5 mm. The two nuclear components are not resolved but the peak flux of 230 mJy/beam is lower than the integrated flux density of 270 mJy, so the continuum is not a single point source. This is also evident from the cm-radio maps and spectra published by Feng et al. 2005. Most of the (cm-)radio continuum flux comes from the radio jet and/or the northeast component 3C 48A. The continuum flux at 3.5 mm falls on the steep spectrum (with $S_\nu \propto \nu^{-1}$) observed at cm wavelengths (Fig. 3 and Meisenheimer et al. 2001). The continuum emission at 3.5 mm is thus still dominated by the jet’s synchrotron radiation, not thermal dust emission.

### 3.1.2. The 1.2 mm continuum

The 1.2 mm continuum was observed only in the 2003 data set (Fig. 1). Because we found no line emission at 1.2 mm, we averaged the continuum over the entire bandwidth of 2×580 MHz (DSB). The continuum was detected with a SNR of ~25, well-centered on the 3.5 mm position. The emission appears extended to the northeast, toward the near-IR component 3C 48A and toward the north of the radio jet (Fig. 2). These extensions are similar to those on the 18 cm MERLIN map (Akujor et al. 1994). This motivated us to fit three Gaussian components (3C 48A-QSO, 3C 48A, and the jet) to our 1.2 mm map (Fig. 4), both to explain the unusual shape, and to estimate fluxes for each of the possible Gaussian components to ~4σ-accuracy (Table 1). Extrapolating the cm continuum fluxes to 1.2 mm with the steep spectral index of $\alpha = -1$ ($S_\nu \propto \nu^{\alpha}$; Fig. 3) yields a flux close to the measured flux of the QSO and jet.
That is, even at 1.2 mm, the optically thin synchrotron radiation from the jet still predominates over the expected dust flux from the CO source (by more than an order of magnitude; compare Fig. 3).

The Gaussian-fit estimate of the 1.2 mm continuum from 3C 48A, is probably also dominated by non-thermal emission. The 18 cm map by Feng et al. (2005) definitely shows non-thermal emission at the position of 3C 48A and the radio fluxes together with the 1.2 mm estimate obey a power law that is consistent with synchrotron emission. However, the finding of Zuther et al. (2004) that 3C 48A is highly reddened by dust suggests that 3C 48A is also a source of dust emission. This might be still negligible at 1.2 mm but becomes important at submm wavelengths.

The 3.5 mm continuum probably also has contributions from the VLBI hot spot near the quasar, 3C 48A, and the jet. Although our 3.5 mm beam is too large to discriminate among these components, it seems quite likely that at least the hot spot B near the base of the jet (Wilkinson et al. 1991 and Fig. 2) and the extended jet itself contribute to the 3.5 mm flux. To estimate these contributions, we adopted the 1.2 mm model for the 3.5 mm data, for a spectral index of $-1$ between 3.5 and 1.2 mm and smoothed it to the beam at 3.5 mm. Figure 5 suggests that our 1.2 mm model also holds for the 3.5 mm data. Obviously, higher-resolution observations are needed at 3.5 mm and 1.2 mm to confirm the three continuum components we propose for 3C 48.

### 3.2. Line emission

#### 3.2.1. $^{12}$CO(1–0)

To allow for possible source variability, the continuum was subtracted in the uv-plane separately for the 1995 and 2003 data sets. The line peak fluxes in the W97 data and our new data agree within the errors and with the value found by Scoville et al. (1993). The measured linewidths and positions also agree within the errors among the different data sets (see Table 2). Thus, the final (continuum-free) channel maps of the 1995 and 2003 data were finally merged.

Figure 6 shows the merged maps of the CO(1–0) line in 11 MHz channels. CO(1–0) emission is detected with a SNR of 4 to 5 in individual channels from $-200$ km s$^{-1}$ to $+120$ km s$^{-1}$. A single Gaussian fit to the spectrum (Fig. 7) at
the centroid of the CO(1–0) emission yields the line parameters given in Table 2. We then subtracted the fit profile, and found that the residual spectrum had an rms noise of 1.9 mJy, twice as high as the measured rms noise of ~0.9 mJy at off-source positions. The single Gaussian fit is thus probably too simple to account for the observed line shape, but a better signal-to-noise ratio would be needed for fitting multiple line components.

The integrated emission over the whole velocity range (from ~220 to 160 km s\(^{-1}\)) is shown in Fig. 8. The centroid of the total CO(1–0) emission is located between the QSO and 3C 48A. The emission nicely covers the QSO and 3C 48A and we find two extensions, one to the north and one to the southwest, neither of which are aligned with the major axis of the beam. The position-velocity diagrams along the cut in the upper and lower panels of Fig. 10, the centroids of these two components differ by ~0.5''.

Motivated by these diagrams, we made three different integrated intensity maps over the respective velocity ranges (Fig. 10). The positions of the CO components relative to the infrared components led us to label the main CO feature, at velocities ~120 km s\(^{-1}\) to +80 km s\(^{-1}\), as “3C 48A-CO”, and the other two features as “QSO-red” (+120 km s\(^{-1}\)) and “QSO-blue” (~200 km s\(^{-1}\)). The 3C 48A-CO component is centered close to the 3C 48A-IR source, while the QSO-red-CO and QSO-blue-CO features are roughly centered on the QSO-IR source, close to the QSO VLBI position. All three CO components appear slightly extended in the interferometer beam, but the signal-to-noise ratio is not high enough to derive source diameters.

3.2.2. The 3C 48A-CO velocity gradient

At velocities corresponding to 3C 48A-CO (~120 km s\(^{-1}\) to +80 km s\(^{-1}\)), the CO centroid moves from south-west (positive velocities) to north-east (negative velocities) in Fig. 6. Such a variation in position was already suggested by W97 but their signal-to-noise ratio was poor. In our new 2003 data, this shift is highly significant. The velocity gradient is clearly visible in the isovelocity map (Fig. 11, right) and in the pv-diagram (Fig. 9).

3.2.3. QSO-blue and QSO-red CO components

In Figs. 6, 9, and 10, another two compact CO features are seen at ~180 km s\(^{-1}\) and at ~120 km s\(^{-1}\), that we label as QSO-blue (at 5\(\sigma\)) and QSO-red (at 6\(\sigma\)). In both the integrated intensity map (Fig. 10), and in the p-v diagram (Fig. 9) along the cut in the upper and lower panels of Fig. 10, the centroids of these two components differ by ~0.5''. Within the 0.3'' positional uncertainties due to the low signal-to-noise ratio, however, the two features roughly coincide with each other and with the QSO. We think these two components may arise in a circumnuclear disk of molecular gas around the QSO.

4. Gas mass and dynamical mass in 3C 48

Table 3 lists the gas masses (H\(_2\) plus helium) that we estimate from the CO(1–0) luminosities, using the mean conversion factor of 0.8 M\(_\odot\)(K km s\(^{-1}\) pc\(^2\))\(^{-1}\) obtained by Downes & Solomon (1998) by kinematic/radiative-transfer modeling of the molecular gas in the circumnuclear regions of Ultra-Luminous InfraRed Galaxies (ULIRGs). This value is a factor of six lower than the value that would hold in self-gravitating molecular clouds in spiral arms of the Milky Way, and is relatively insensitive to assumed [CO]/[H\(_2\)] abundances, because the CO is opaque. As a check, one may estimate a lower limit on the molecular gas mass, by assuming the CO is

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\(\text{Table 2. CO(1–0) positions, peak fluxes, and linewidths.}\)

| Epoch | RA offset | Dec offset | CO(1–0) peak flux | Linewidth |
|-------|-----------|------------|-------------------|-----------|
|       | (') | (') | (mJy/beam) | (km s\(^{-1}\)) |
| 1992a | - | - | ~7 | ~250 |
| W97   | - | - | 9 ± 2 | 270 ± 20 |
| 1995  | -0.5 ± 0.6 | 0.0 ± 0.6 | 9 ± 2 | 240 ± 40 |
| 2003  | 0.5 ± 0.4 | 0.0 ± 0.4 | 6 ± 2 | 330 ± 50 |
| 2003+1995 | 0.3 ± 0.3 | 0.0 ± 0.3 | 6 ± 1 | 320 ± 30 |

\(^a\) From Scoville et al. (1993).
\(^b\) Relative to 01\(^h\)37\(^m\)41.30\(^s\), +33\(^°\)09\('\)35\(''\) (J2000).
\(^c\) From our re-reduction of the W97 data.

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The cut at PA = 33' (with respect to QSO-red) was chosen to run along the velocity gradient seen in Fig. 11 and to hit still 3C 48A and QSO-red (Fig. 10), while the cut at PA = 116' should go through QSO-red and QSO-blue (Fig. 10). See next subsections for more details.
optically thin (Solomon et al. 1997). This method yields a lower limit to the (total) 3C 48 gas mass of \( >8 \times 10^9 M_\odot \). An independent estimate of the gas mass can be made from the optically thin dust flux. For a dust flux density of 0.55 Jy at \( \nu_{\text{obs}} = 1.62 \) THz (Meisenheimer et al. 2001) and a rest-frame dust temperature \( T_d = 50 \) K, as in Fig. 3, we obtain a dust mass of \( M_{\text{dust}} \approx 1.6 \times 10^8 M_\odot \). For a gas-to-dust mass ratio of 150, the gas mass would be \( M_{\text{gas}} \sim 2 \times 10^{10} M_\odot \), of the same order as the molecular gas mass estimate from the CO luminosity.

Without size measurements, one cannot obtain reliable values for the dynamical mass (gas plus stars) within the CO-emitting regions. Representative estimates of \( R V^2 / G \) would be 3.2 \( \times \) 10^{10} M_\odot for an 0.5″-diameter (1.3 kpc radius) circumnuclear disk rotating at 330 km s^{-1} around the 3C 48 quasar, or 6.4 \( \times \) 10^{10} M_\odot for the 3C 48A and 3C 48 nuclei, if their true separation is 5 kpc (1″), and they are orbiting their center of mass at a radius of 2.5 kpc at a velocity of 330 km s^{-1} (the CO linewidth in Table 2). The latter dynamical mass estimate is close to the estimate of the gas mass, but could easily be much higher if the true distance is greater than the projected separation of 3C 48 and 3C 48A on the sky, and/or if the relative velocity of the merger nuclei is greater than 330 km s^{-1}. Thus, the estimate of the dynamical mass should be taken as lower limit.

5. 3C 48 and other sources where CO has been observed in two merger nuclei

In the scenario of Sanders et al. (1988), galaxy interactions and mergers trigger the formation of ULIRGs, which evolve to turn on the activity of the massive black holes at the centers of quasars and radio galaxies. With our new CO evidence for
two circumnuclear molecular disks, 3C 48 now joins a growing list of powerful AGNs where CO is detected in the merger partners. At low redshifts these include the sample of quasars and ULIRGs observed in CO by Evans et al. (2001, 2002), some of which have double nuclei. At high redshifts, prominent examples are the two CO systems detected in the powerful radio galaxy 4C 41.17 (De Breuck et al. 2005), the two CO systems in the radio galaxy 4C 60.07 (Papadopoulos et al. 2000; Greve et al. 2004), the double CO sources in the quasars BRI 1202-0725 and BRI 1335-0417 (e.g., Carilli et al. 2002), the two CO nuclei in the $z = 6.4$ quasar J1148+52 (Walter et al. 2004) and the two optical/IR objects L1 and L2 in the quasar SMMJ02399+0256 (Ivison et al. 1998). For this last quasar, we think the two CO velocity peaks, first detected by Frayer et al. (1998), correspond to the two circumnuclear disks of the merger, rather than a single large disk as proposed by Genzel et al. (2003).

Because most luminous, low-redshift QSOs appear to be in gas-rich host galaxies (Scoville et al. 2003), it is worth reviewing the two best-known nearby mergers of gas-rich galaxies, and their effects on the molecular gas – Arp 220 at a distance of 75 Mpc, and the “Antennae” galaxies (NGC 4038/39) at a distance of 18 Mpc. Because they have been so well-studied, the tidal tails of the Antennae galaxies were used by Scharwächter et al. (2004) to simulate possible tidal tails, viewed from...
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Fig. 10. CO(1–0) integrated over the following ranges (merged 1995 and 2003 data set): Upper: QSO-blue, from −220 to −120 km s\(^{-1}\); contours run from (2σ=)0.08 to 0.2 Jy beam\(^{-1}\) km s\(^{-1}\) in steps of 1σ. Middle: 3C 48A, from −120 to 80 km s\(^{-1}\); contours run from (3σ=)0.42 to 0.98 Jy beam\(^{-1}\) km s\(^{-1}\) in steps of 1σ. Lower: QSO-red, from 80 to 160 km s\(^{-1}\); contours run from (3σ=)0.15 to 0.3 Jy beam\(^{-1}\) km s\(^{-1}\) in steps of 1σ. Dashed lines show the cuts on which the pv-diagrams were made. The CO beam is 3.0′′ × 2.5′′. All the CO maps are superposed on the NIR image of Zuther et al. (2004) (grey scale).

Arp 220 has a high molecular gas content of \(~10^{10}\ M_\odot\) within the central kiloparsec (Scoville et al. 1986). It also contains two nuclear components with a projected separation of 300 pc, and an extended tidal tail that led to the hypothesis of an ongoing merger (e.g., Norris 1985; Graham et al. 1990). The huge IR luminosity (\(L_{8-100 \mu m} = 1.4 \times 10^{12} L_\odot\)) puts it in the ULIRG class (Soifer et al. 1987). Scoville et al. (1998) report on a high near-IR obscuration of one of the two nuclei, as is the case in 3C 48A (Zuther et al. 2004). Besides a large molecular gas disk (\(r \sim 1 \ kpc\)) rotating around the dynamical center of the system, high resolution (\(~0.5′′\) ) observations of the CO emission unveil nuclear disks (\(r \sim 100 \ pc\) ) around both nuclei (Downes & Solomon 1998). These two nuclear disks appear to rotate orthogonally with respect to each other and have molecular gas masses of \(10^9 M_\odot\) and dynamical masses of \(\gtrsim 2 \times 10^9 M_\odot\) (Sakamoto et al. 1999). Eckart & Downes (2001) showed that the Arp 220 CO kinematics may also be interpreted as a single, warped disk. Except for the scale, the overall situation in 3C 48 resembles that in Arp 220. Our CO data in this paper suggest that there are also two rotating, molecular gas disks in 3C 48. The main difference is that 3C 48 is a powerful quasar, while no obvious AGN has been identified in Arp 220.

### 6. Summary and conclusions

1. Our new CO(1–0) results show that the main part of the emission – the central part of the CO line actually comes from 3C 48A, not the quasar. The higher sensitivity of the new CO data shows a clear velocity gradient across 3C 48A, indicating rotation of a disk of molecular gas at 3C 48A, with an extension toward the north and southwest. This CO concentration is the strongest argument supporting the idea that 3C 48A is a second nucleus.

2. The data clearly indicate two different dynamical systems in the molecular gas: the extended disk toward 3C 48A, and a second, independent gas reservoir to the southwest, around the QSO itself.

3. The total molecular gas mass of a few times \(10^{10} M_\odot\) is typical of the circumnuclear disks in advanced-merger ULIRGs.

4. The 1.2 mm nonthermal continuum was mapped for the first time at resolution of \(~0.8′′\), and observed to be...
Fig. 11. Left: 3C 48 integrated CO(1–0) emission from −120 to +80 km s\(^{-1}\). Contours are 0.2 to 0.8 Jy beam\(^{-1}\) km s\(^{-1}\) by 0.1 Jy beam\(^{-1}\) km s\(^{-1}\). The CO beam is 3.5′′ × 2.6′′. Right: CO isovelocity map. Velocity contours run from −95 to −45 km s\(^{-1}\) (dashed) and −35 to 25 km s\(^{-1}\) (solid) in steps of 10 km s\(^{-1}\). Both CO maps are superposed on the NIR image of Zuther et al. (2004) (grey scale). Data are taken from the merged 1995 and 2003 data sets.

Table 3. CO(1–0) luminosities and gas masses\(^a\).

| Source | CO Flux (Jy km s\(^{-1}\)) | L\(_{\text{CO}}\) (K km s\(^{-1}\) pc\(^2\)) | M(H\(_2\)+He) (10\(^{10}\) M\(_\odot\)) |
|--------|-----------------------------|-----------------------------------|-----------------------------------|
| 3C 48A | 1.2 ± 0.2                   | 8 × 10\(^8\)                  | 0.6 (3.6)\(^b\)                  |
| QSO-blue | 0.3 ± 0.1                   | 2 × 10\(^8\)                  | 0.2 (0.9)\(^b\)                  |
| QSO-red | 0.3 ± 0.1                   | 2 × 10\(^8\)                  | 0.2 (0.9)\(^b\)                  |
| Total  | 1.9 ± 0.2                   | 12 × 10\(^8\)                 | 1.0 (5.6)\(^b\)                 |

\(^a\) CO luminosities and gas masses are for \(H_0 = 71\) km s\(^{-1}\) Mpc\(^{-1}\), \(\Omega_m = 0.27\), and \(\Omega_\Lambda = 0.73\), which yield an angular diameter distance of 3C 48 of 1.044 Gpc. 1′′ corresponds to 5.06 kpc.

\(^b\) The gas masses were derived using 0.8 (K km s\(^{-1}\) pc\(^2\))\(^{-1}\) (see text), while the values in brackets are estimated via the standard conversion factor of 4.6 (K km s\(^{-1}\) pc\(^2\))\(^{-1}\).

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