Photochemical Acclimation of Three Contrasting Species to Different Light Levels: Implications for Optimizing Supplemental Lighting

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Abstract. Photosynthetic responses to light are dependent on light intensity, vary among species, and can be affected by acclimation to different light environments (e.g., light intensity, spectrum, and photoperiod). Understanding how these factors affect photochemistry is important for improving supplemental lighting efficiency in controlled-environment agriculture. We used chlorophyll fluorescence to determine photochemical light response curves of three horticultural crops with contrasting light requirements [sweetpotato (Ipomea batatas), lettuce (Lactuca sativa), and pothos (Epipremnum aureum)]. We also quantified how these responses were affected by acclimation to three shading treatments—full sun, 44% shade, and 75% shade. The quantum yield of photosystem II (ΦPSII), a measure of photochemical efficiency, decreased exponentially with increasing photosynthetic photon flux (PPF) in all three species. By contrast, linear electron transport rate (ETR) increased asymptotically with increasing PPF. Within each shading level, the high-light-adapted species sweetpotato used high light more efficiently for electron transport than light-intermediate lettuce and shade-tolerant pothos. Within a species, plants acclimated to high light (full sun) tended to have higher ΦPSII and ETR than those acclimated to low light (44% or 75% shade). Nonphotochemical quenching (NPQ) (an indicator of the amount of absorbed light energy that is dissipated as heat) was upregulated with increasing PPF: faster upregulation was observed in pothos as well as in plants grown under 75% shade. Our results have implications for supplemental lighting: supplemental light is used more efficiently and results in a greater increase in ETR when provided at low ambient PPF. In addition, high-light-adapted crops and crops grown under relatively high ambient light can use supplemental light more efficiently than low-light-adapted crops or those grown under low ambient light.

Low light often limits photosynthesis and growth and reduces plant quality and is the main limiting factor for the production of horticultural crops, such as vegetables and ornamental bedding plants, during the winter in temperate climates (Gaudreau and Chartbonneau, 1994; Lopez and Runkle, 2008; Nelson, 2012). Daily light integral [DLI (total PPF integrated over 24-h)] in greenhouses in the northern latitudes of the United States can be as low as 2.5–10 mol·m⁻²·d⁻¹ from November to February (Korzynski et al., 2002). Supplemental lighting is often needed to produce high-quality crops in controlled-environment agriculture but can substantially increase production costs. For example, van Iersel and Gianino (2017) estimated that the cost of supplemental lighting provided by high-pressure sodium lamps can account for about 30% of the farm gate value for vegetable greenhouses. The high cost of supplemental lighting in controlled environments necessitates the need for more efficient use of supplemental light.

Supplemental light use efficiency can be improved by implementing energy-efficient lights, such as light-emitting diodes (LEDs) (Nelson and Bugbee, 2014). In addition to the efficiency of the lights, the overall efficiency at which the electrical energy is converted into plant biomass depends on how efficiently plants use light for photosynthesis. Not all the light absorbed by plants is used in the photochemical reactions of photosynthesis. Some of the absorbed light is dissipated as heat and a small fraction is re-emitted as chlorophyll fluorescence (Maxwell and Johnson, 2000). The quantum yield of photosystem II, the efficiency with which photosystem II (PSII) uses absorbed photons for electron transport, or the moles of electrons transported per mole of photons (typically expressed as a unitless fraction) can be easily measured using chlorophyll fluorescence (Genty et al., 1989; Maxwell and Johnson, 2000). In addition, chlorophyll fluorescence can be used to estimate the ETR, which is often closely correlated with photosynthetic rate (Beer et al., 1998; Flexas et al., 1999), and the degree of heat dissipation under various light conditions. As light intensity increases, plants use the absorbed light less efficiently for photosynthesis, while more of that absorbed light energy is dissipated as heat or through chlorophyll fluorescence (Baker, 2008; Demmig-Adams et al., 1996; van Iersel et al., 2016b). As a result, supplemental light provided at high intensities or in addition to a high ambient light intensity is expected to be used relatively inefficiently for photosynthesis.

Genetic adaptation of plants to their light environment occurs over generations and at the population level and has resulted in photosynthetic differences among species.
High-light-adapted species generally have greater photosynthetic capacity; i.e., a higher maximum photosynthetic rate and a higher light-saturation point than shade-adapted species (Björkman, 1981). By contrast, shade-adapted species tend to reach maximum photosynthetic capacity at much lower light intensity and are more likely to incur damage to the photosynthetic reaction centers under high light [photoinhibition (Demmig-Adams and Adams, 1992)]. Although the photosynthetic responses to PPF have been reported for many species, this information has seldom been used to examine how the supplemental light use efficiency changes with changing PPF and how supplemental lighting can be optimized for different species. van Iersel and Gianino (2017) reported that plants with different photosynthetic capacities respond differently to supplemental light. They simulated the responses of net photosynthesis ($A_o$) of two species to supplemental light provided at different ambient PPF and found that the high-light-adapted species Campanula portenschlagiana (with greater photosynthetic capacity) showed pronounced increases in $A_o$ when supplemental light was provided at a relatively high ambient PPF of 250 μmol·m$^{-2}$·s$^{-1}$, whereas little increase in $A_o$ was observed in the low-light-adapted plant Heuchera americana when supplemental light was provided at the same ambient PPF (van Iersel and Gianino, 2017).

In addition to adaptation, short-term acclimation to light, typically taking place within minutes to weeks (within the life cycle of a plant), can also induce phenotypic modifications that alter plants’ photosynthetic light use efficiency (Anderson et al., 1995; Björkman, 1981; Valladares and Niinemets, 2008). Such modifications include changes in leaf anatomical structures (Evans and Poorter, 2001; McMillen and McClendon, 1983), chlorophyll content and chlorophyll a/b ratio (Givnish, 1988; Niinemets, 2010), changes in electron transport capacity per unit chlorophyll (Anderson and Osmond, 1987), rubisco content and activity (Björkman, 1981; Seemann, 1989), xanthophyll cycle pigment pool size (involved in heat dissipation of the absorbed light) (Demmig-Adams and Adams, 1992; Logan et al., 1998), and maximum photosynthetic capacity (Oguchi et al., 2005). The importance of acclimation to different light levels for the efficiency with which plants use supplemental light for photochemistry has not been studied.

Currently, supplemental lighting in greenhouses is typically controlled by a timer or based on ambient light levels. The ability of a crop to efficiently use the supplemental light for photosynthesis is seldom considered when developing supplemental lighting strategies. Few studies have investigated the feasibility of optimizing supplemental lighting in controlled environments based on plant physiological responses to light (van Iersel et al., 2016a, 2016b) and there is a need for information on how supplemental lighting can be optimized for crops adapted and/or acclimated to different light environments. Chlorophyll fluorescence measurements are especially well-suited for this purpose because they can be used to determine how efficiently plants use the provided light in a real-time, noninvasive manner. Therefore, our objectives were the following: 1) to determine the photochemical responses of different species to a wide range of light intensities; 2) to quantify how light acclimation affects crops’ photochemistry; and 3) to examine how supplemental light use efficiency changes with changing ambient light levels, and how supplemental light can be optimized for crops adapted and/or acclimated to different light environments.

### Materials and Methods

#### Plant material and growing conditions

Sweetpotato ‘Desana Lime’ stem cuttings were rooted in 1.7-L round, plastic containers filled with a soilless substrate [80% peat: 20% perlite (v/v)] (Fafard 1P; Sun Gro Horticulture, Agawam, MA). Lettuce ‘Green Ice’ was grown from seeds in the same containers and substrate. Young pothos plants were pruned to a few newly formed shoots and then transplanted using the same containers and substrate. Sweetpotato was rooted on a shaded mist bench, and lettuce and pothos were hand-watered in a glass-covered greenhouse for 2 weeks to get them established. After that, all the plants were placed on ebb-and-flow benches inside a glass-covered greenhouse and subirrigated daily with a nutrient solution containing 100 mg·L$^{-1}$ N made with a water-soluble fertilizer [15N–2.2P–12.45K (15–5–15 Cal-Mag; Eversis, Marysville, OH)]. During the growing period (20 Mar. to 5 May 2014), the average greenhouse temperature and vapor pressure deficit were (mean ± sd) 21.2 ± 1.5 °C and 1.3 ± 0.3 kPa.

#### Shading treatments

The ebb-and-flow benches were not covered (full sun), covered with a single layer of commercial 30% shadecloth, or with a single layer of commercial 70% shadecloth on all sides of polyvinyl chloride structures installed on top of the benches. Six plants per species were randomly placed on each bench and grown inside the shading structures or in full sun. Quantum sensors (SQ-110; Apogee Instruments, Logan, UT) connected to a data logger (EMS50; Decagon Devices, Pullman, WA) were placed on top of each bench at plant height and monitored the PPF every minute. Daily maximum and average PPF and DLI of all three shading treatments were obtained from the light measurements. Compared with the full sun treatment, the average PPF in the treatments that received commercial 30% and 70% shadecloth was reduced by 44% and 75%, respectively. The shading treatments are thus referred to as full sun, 44% shade, and 75% shade. The maximum PPF plants experienced over the entire growing period was 1942, 1508, and 665 μmol·m$^{-2}$·s$^{-1}$ in the full sun, 44% shade, and 75% shade treatment, respectively. Average DLI was (mean ± sd) 28.7 ± 10.7, 16 ± 5.9, and 7.0 ± 2.6 mol·m$^{-2}$·d$^{-1}$ in the three treatments.

Leaf chlorophyll content index, a relative and unitless value that is nonlinearly related to leaf chlorophyll content, was measured using a chlorophyll meter (CCM-200 plus; Apogee Instruments) on upper-most fully expanded leaves after plants had acclimated to their different light environments for 4 weeks. The measured leaves developed under the different shading treatments.

#### Light response of chlorophyll fluorescence

**LED light.** After 4 weeks of light acclimation, light response curves of chlorophyll fluorescence were taken under LED light inside a growth chamber (E15; Conviron, Winnipeg, Canada). A custom-built, dimmable 400-W LED unit, consisting of four 100-W, warm white LED modules (3000 K; Epileds, Tainan, Taiwan), capable of providing a PPF of 0 to 2000 μmol·m$^{-2}$·s$^{-1}$, was mounted on aluminum heat sinks with cooling fans installed on top of the heat sinks. The spectral distribution of the LEDs was measured using a spectrometer (UniSpec; PP Systems, Amesbury, MA). The LED light had a primary peak at 578 nm and a secondary peak at 444 nm.
About 98.5% of its total photons were within the 400–700 nm wavelength range, and the other 1.5% of photons were >700 nm.

Chlorophyll fluorescence measurements. Chlorophyll fluorescence was measured on upper-most fully expanded leaves that developed under the different shading treatments. Data were collected using a pulse-amplitude modulated fluorometer (Mini-PAM; Heinz Walz, Effeltrich, Germany). One plant per species from each shading level (three species x three shading levels; nine plants in total) were randomly placed inside the growth chamber the night before data collection to dark-adapt the plants. Minimum and maximum fluorescence yield of dark-adapted leaves (\(F_0\) and \(F_m\), respectively) were determined to calculate the ratio of variable to maximum fluorescence (\(F_v/F_m\)), the maximum quantum yield of PSII for photochemistry when all reaction centers are “open” (i.e., oxidized), where: \(F_v = F_m - F_0\). Then, LEDs were switched on at a low light intensity (<20 \(\mu\)mol m\(^{-2}\) s\(^{-1}\)). Plants were given 15–20 min for photosynthesis to stabilize under the light level before steady-state and maximum fluorescence in the light (\(F_v\) and \(F_m\), respectively) were determined. Quantum yield of PSII of light-adapted leaves was calculated as \(\Phi_{PSII} = (F_m - F_0)/F_0\) (Genty et al., 1989). During the photochemical reactions, the excitation energy from some of the absorbed photons is used by the reaction center of PSII to transport electrons. This electron transport ultimately leads to the production of adenosine triphosphate (ATP) and ferredoxin, the energy and reducing power that are subsequently used for carbon fixation. The ETR was calculated using the following equation: \(ETR = \Phi_{PSII} \times PPF \times 0.84 \times 0.5\) (Baker et al., 2007), where \(PPF\) is the incident light intensity at the site of leaf fluorescence measurements and was measured using a quantum sensor embedded in the leaf-clip (2030-B; Heinz Walz) of the fluorometer. This quantum sensor was calibrated under the LED light against a second quantum sensor (LI-190; LI-COR, Lincoln, NE). This estimation of ETR was based on the common assumptions that 84% of the incident \(PPF\) was absorbed by the leaves (Björkman and Demmig, 1987) and that the absorbed \(PPF\) was equally partitioned between photosystem I (PSI) and PSII (Baker, 2008; Maxwell and Johnson, 2000). Nonphotochemical quenching, which provides an index of the amount of absorbed light that is dissipated as heat, was calculated as \(NPQ = (F_m - F_n)/F_m\) (Maxwell and Johnson, 2000). The \(PPF\) inside the growth chamber, monitored by a quantum sensor (LI-190, LI-COR) connected to a datalogger (CR1000; Campbell Scientific, Logan, UT) placed in the middle of the growth chamber at plant height, was increased stepwise to a \(PPF\) of \(\approx 1800 \mu\)mol m\(^{-2}\) s\(^{-1}\) over a period of about 12 h. Light intensity was increased by \(\approx 10–150 \mu\)mol m\(^{-2}\) s\(^{-1}\) during each increase, with small increments when \(PPF\) was low and then gradually bigger adjustments as \(PPF\) increased. Plants were given 15–20 min under each \(PPF\) level, and \(\Phi_{PSII}\), ETR, and \(NPQ\) at each \(PPF\) were determined in a similar manner as described above until the highest \(PPF\) of \(\pm 1800 \mu\)mol m\(^{-2}\) s\(^{-1}\) was reached. This entire procedure was replicated six times using six sets of plants on 6 d (each day was treated as a block).

The \(PPF\) inside the growth chamber was not uniform, with higher light intensity in the middle than toward the sides of the growth chamber. The \(PPF\) at the site of leaf fluorescence measurements thus varied substantially from plant to plant. As plants were randomly placed inside the growth chamber each day, several treatments (i.e., species and shading level combinations) only had one or a few data points at high light intensities (\(PPF > 1000 \mu\)mol m\(^{-2}\) s\(^{-1}\)) across all six replications. In such cases, those data points at high light levels were highly influential in subsequent curve-fitting and could potentially introduce bias in the analyses and were thus excluded from the data analysis.

Experimental design and statistical analysis. The experimental design was a factorial (3 species x 3 shading levels) carried out in a randomized complete block design with six blocks. Data were analyzed using regression (linear, exponential rise to maximum, and exponential decay to minimum) and two-way analysis of variance (ANOVA) in SAS (version 9.2; SAS Institute, Cary, NC). For \(\Phi_{PSII}\), ETR, and \(NPQ\), the light response curve obtained from each plant (i.e., one replicate of a species x shading level combination) was separately fitted using regression. Initial slopes of the \(\Phi_{PSII}$–$PPF\), ETR–$PPF$, and \(NPQ–PPF\) curves, which estimate the rates of change in \(\Phi_{PSII}\), ETR, and \(NPQ\) when a plant is transferred from dark to low light, were derived from the corresponding light response curves fitted through data obtained from each plant. Predicted \(\Phi_{PSII}\), ETR, and \(NPQ\) at a \(PPF\) of 500 \(\mu\)mol m\(^{-2}\) s\(^{-1}\) were derived from the fitted regression functions. The initial slopes of the curves and predicted \(\Phi_{PSII}\), ETR, and \(NPQ\) at \(PPF\) of 500 \(\mu\)mol m\(^{-2}\) s\(^{-1}\) were then analyzed using ANOVA with \(P < 0.05\) considered to be statistically significant. The ETR–$PPF$ curves were also used to estimate the increase in ETR that can be achieved by providing supplemental light (50–250 \(\mu\)mol m\(^{-2}\) s\(^{-1}\)) to different levels of ambient \(PPF\) (0–500 \(\mu\)mol m\(^{-2}\) s\(^{-1}\)). This increase in ETR was calculated as the difference between the ETR at a particular ambient \(PPF\) and the ETR at that same ambient \(PPF\) plus a certain amount of supplemental \(PPF\).

Results and Discussion. Chlorophyll content and plant morphology. The leaf chlorophyll content index of the shade-adapted species pothos was \(25.5 \pm 1.2\) (mean ± SD), which was higher than that of light intermediate lettuce (8.4 ± 0.8; mean ± SD) and high-light-adapted sweetpotato (3.5 ± 0.2; mean ± SD). Shade-adapted species typically have high leaf chlorophyll content compared with high light plants, a trait that maximizes light capture (Valladares and Niinemets, 2008). Plants not only inherit adaptive traits that developed over generations to optimize fitness under a certain light condition, but also show morphological and physiological acclimation in response to their light environment (Anderson et al., 1995; Björkman, 1981; Valladares and Niinemets, 2008), which vary both over time and within the plant canopy. Many plants have increased leaf chlorophyll content to increase light capture when grown under shade (Evans and Poorter, 2001; Givnish, 1988; Nemali and van Iersel, 2004; Niinemets, 2010), although this response is species-dependent (Logan et al., 1998; Murcie and Horton, 1997). The chlorophyll content index of the three species was not significantly affected by acclimation to different shade levels (\(P = 0.62\), data not shown).

Morphological modifications in response to light were not the focus of this study and were thus not quantified. However, we did observe that lettuce grown under shade (especially 75% shade) had pronounced stem elongation, and the leaves of shade-grown pothos tended to be less variegated. Dark-adapted \(V_m/F_{m*}\). Maximum quantum yield of PSII for photochemistry (\(V_m/F_{m*}\)) of plants that had been dark-adapted was significantly affected by the interaction between species.
and light acclimation under different shading levels (Fig. 1). Specifically, \( F_v/F_m \) of sweetpotato did not differ among the three shading levels; \( F_v/F_m \) of lettuce, however, was lower in the two shaded treatments compared with that in the full sun treatment (Fig. 1). Pothos showed the opposite trend from lettuce: \( F_v/F_m \) was highest in plants grown under 75% shade and lowest in plants grown under full sun (Fig. 1), likely due to photoinhibition (i.e., damage to PSII) by excess light under full sun condition. The PSII reaction center D1 protein degrades during photoinhibition, and the repair of damaged D1 protein is slow (takes hours), causing a fraction of the PSII reaction centers to be nonfunctional, which decreases \( F_v/F_m \) (Ruban, 2015). Low-light-grown plants have been reported to have a slower rate of D1 protein turnover (i.e., slower repair cycle of photo-damaged PSII reaction centers) (Aro et al., 1993) and a lower capacity for xanthophyll cycle-mediated thermal dissipation of excess absorbed light (Demmig-Adams and Adams, 1992), and thus are often more susceptible to photoinhibition. Alternatively, a reduction in \( F_v/F_m \) could be the result of the sustention of high level of xanthophyll cycle pigment zeaxanthin, and consequently sustained thermal dissipation of the absorbed light (which corresponds to lower \( \Phi_{PSII} \)), in response to chronic stresses such as excess light and cold (Demmig-Adams and Adams, 2006; Demmig-Adams et al., 2012).

The reduction in \( F_v/F_m \) of lettuce grown under shade, however, was unexpected because it is less likely for photoinhibition or sustained thermal dissipation to occur under lower light conditions. The maximum \( \Phi_{PSII} \) estimated from the \( \Phi_{PSII} - \text{PPF} \) curves [i.e., the \( \Phi_{PSII} \) at \( \text{PPF} = 0 \mu\text{mol-m}^{-2}\text{s}^{-1} \); see section “quantum yield of photosystem II \( (\Phi_{PSII}) \)” below for more details], however, did not differ among the three light acclimation treatments for lettuce, even though it is essentially the same as \( F_v/F_m \). For pothos, \( F_v/F_m \) and \( \Phi_{PSII} \) at \( \text{PPF} = 0 \mu\text{mol-m}^{-2}\text{s}^{-1} \) provided consistent results (data not shown). Therefore, we suspect that the observed reduction in \( F_v/F_m \) of lettuce grown under shade might be a measurement artifact.

At all shading levels, sweetpotato consistently had higher \( F_v/F_m \) than pothos (Fig. 1), indicating that sweetpotato had a greater capacity for using the absorbed light for photochemistry, when all the PSII reaction centers are “open,” than pothos. A high capacity for photochemistry, and a high-light-saturated maximum photosynthetic rate that is often observed in high light plants (Björkman, 1981), allows high-light-adapted plants like sweetpotato to use high light more efficiently for photosynthesis and reduces the risk of photoinhibition.

**Quantum yield of photosystem II (\( \Phi_{PSII} \)).** Quantum yield of PSII of all three species was greatest in the dark and decreased exponentially as \( \text{PPF} \) increased (Fig. 2A–C). This decrease in \( \Phi_{PSII} \) with increasing \( \text{PPF} \) level is commonly observed as a greater fraction of PSI reaction centers become “closed” (photo-reduced) under higher light, and are thus unable to use the absorbed light for photochemistry (Baker, 2008; Maxwell and Johnson, 2000).

The rate at which \( \Phi_{PSII} \) decreased with increasing \( \text{PPF} \) differed among species and among shading levels: within a species, plants grown under heavier shade tended to have more rapid decrease in \( \Phi_{PSII} \) (i.e., photochemistry became less efficient more quickly as \( \text{PPF} \) increased); and within a shading level, \( \Phi_{PSII} \) tended to decrease fastest in pothos and slowest in sweetpotato as \( \text{PPF} \) increased (Fig. 2A–C). Specifically, the initial slope of the \( \Phi_{PSII}–\text{PPF} \) curve, which is an indicator of how fast \( \Phi_{PSII} \) decreased when a plant is transferred from dark to low \( \text{PPF} \), was steeper (i.e., decreased faster) for pothos (Fig. 3A) as well as for plants grown under 75% shade (Fig. 3B).

To further illustrate how the efficiency at which a plant used the absorbed light for photochemistry varied among species and was affected by acclimation to different shade levels, \( \Phi_{PSII} \) at a \( \text{PPF} \) of 500 \( \mu\text{mol-m}^{-2}\text{s}^{-1} \), obtained from the fitted \( \Phi_{PSII}–\text{PPF} \) curves, was compared among species and among shading levels (note that there was no interactive effect). The \( \Phi_{PSII} \) of sweetpotato at \( \text{PPF} \) of 500 \( \mu\text{mol-m}^{-2}\text{s}^{-1} \) was 11% and 81% higher than that of lettuce and pothos, respectively, indicating that sweetpotato was able to use high light most efficiently, while pothos was less efficient (Fig. 3C). In addition, \( \Phi_{PSII} \) at a \( \text{PPF} \) of 500 \( \mu\text{mol-m}^{-2}\text{s}^{-1} \) was highest for plants grown under full sun and lowest for plants grown under 75% shade (Fig. 3D), indicating that plants acclimated to a shade environment were not able to use high light as efficiently as plants that had acclimated to a full sun environment.

**Electron transport rate.** In contrast to the decrease in \( \Phi_{PSII} \) in response to increasing \( \text{PPF} \), ETR through PSII increased asymptotically as \( \text{PPF} \) increased (Fig. 2D–F). During the light reactions of photosynthesis, the transport of electrons through the electron transport chain results in the production of ATP and ferredoxin that are subsequently used in carbon assimilation (Blankenship, 2014) and other processes requiring energy (ATP) or reducing power (ferredoxin). A higher ETR, which requires a high \( \text{PPF} \) to achieve, has been shown to closely correspond to a higher rate of carbon assimilation/oxygen evolution, especially in the absence of severe stresses, such as drought, that increase the strength of alternative electron sinks; e.g., photorespiration (Beer et al., 1998; Flexas et al., 1999). However, \( \Phi_{PSII} \) is lower under high \( \text{PPF} \) [see Fig. 2A–C (Baker, 2008; Demmig-Adams et al., 1996; van Iersel et al., 2016b)], meaning that a high ETR, and correspondingly a high rate of carbon assimilation and plant growth, is achieved at the expense of photochemical efficiency (also see van Iersel et al., 2016b).

Consistent with the higher \( \Phi_{PSII} \) observed in sweetpotato and in plants grown under full sun, ETR at a given \( \text{PPF} \) tended to be greater for sweetpotato than that for lettuce and pothos; higher ETR was also seen in plants acclimated to full sun.
compared with plants grown under shade, especially under high PPF (Fig. 2D–F). Compared with shade-adapted or -acclimated plants, plants adapted or acclimated to high light often have increased electron transport capacities by increasing the content of electron transport components such as cytochrome f (on per chlorophyll basis), plastoquinone pool, plastocyanin, ferredoxin, and ATP synthase (Anderson and Osmond, 1987; Anderson et al., 1995; Björkman, 1981; Chow et al., 1988; Walters, 2005). Such increases in content of electron transport components; e.g., a bigger plastoquinone pool, allows a greater fraction of reaction centers to be "open" (i.e., oxidized and capable of using excitation energy from light for photochemistry) under a given PPF, thus resulting in higher $F_{\text{PSII}}$. In addition, a greater capacity for using the absorbed light for electron transport decreases the need for xanthophyll cycle-mediated thermal dissipation, which is discussed in more detail in the section on nonphotochemical quenching below.

The initial slope of the ETR–PPF curve, which gives an estimate of the maximum rate of increase in ETR per unit increase in incident PPF, was 15% higher for sweetpotato than for pothos (Fig. 4A). This is in line with the higher dark-adapted $F_s/F_m$ of sweetpotato compared with that of pothos. Light acclimation to different shading levels, on the other hand, had no effect on the initial slope of the ETR–PPF curve (Fig. 4B).

The ETR of pothos at a PPF of 500 μmol·m$^{-2}$·s$^{-1}$ was 40% and 35% lower than that of sweetpotato and lettuce, respectively (Fig. 4C), indicating that pothos could not use high light as efficiently for electron transport and, presumably, for subsequent carbon assimilation compared with high-light-adapted plants such as sweetpotato. The ETR at a PPF of 500 μmol·m$^{-2}$·s$^{-1}$ also decreased with increasing shading level (Fig. 4D), consistent with the reduction in $F_{\text{PSII}}$ in response to shade acclimation (Fig. 3C and D).

**Non-Photochemical Quenching (NPQ).** NPQ of chlorophyll fluorescence, indicative of the degree of change in heat dissipation of the absorbed light relative to that in the dark-adapted state (Maxwell and Johnson, 2000), was upregulated as PPF increased (Fig. 2G–I). As NPQ competes with photochemistry for the same excitation energy, a decrease in $F_{\text{PSII}}$ under increasing PPF is often accompanied by an increase in NPQ [see Fig. 2A–C (Demmig-Adams et al., 1996; Matos et al., 2009; van Iersel et al., 2016b)]. This increase in NPQ under high PPF was likely attributable to the upregulation of the xanthophyll cycle-mediated heat dissipation of the excess absorbed energy, a process that is activated by accumulation of H$^+$ in the thylakoid lumen (Demmig-Adams and Adams, 1996; Eskling et al., 1997). Accumulation of H$^+$ in the lumen in turn results from increasing rates of electron transport as PPF increases.
The xanthophyll cycle-mediated heat dissipation contributes to a major part of NPQ and is thought to protect the photosynthetic apparatus from damage (i.e., photoinhibition through damage to PSII, which is another component of NPQ) by safely dissipating the excess light energy as heat (Demmig-Adams and Adams, 1992, 2006).

The need for this photoprotective mechanism varies and depends on 1) the plant’s capability of using light for photochemistry and 2) the factors that alter the plant’s photosynthetic capacity, including light acclimation and environmental stresses; e.g., excess light, cold, nutrient deficiency, and drought (Demmig-Adams and Adams, 1992; Demmig-Adams et al., 2012; Logan et al., 1998; Verhoeven et al., 1997). It is expected that plants with a low capacity for using light for photosynthesis would have greater need to dissipate excitation energy through alternate pathways; e.g., the xanthophyll cycle. Adams and Demmig-Adams (1992) compared the changes in xanthophyll cycle activity in response to diurnal changes in light intensity between slow-growing species with low photosynthetic capacity and fast-growing crops with high photosynthetic capacity. They found that although the slow-growing species had similar or a smaller xanthophyll pool size on a per chlorophyll basis, under high light conditions they converted a much higher fraction of their total xanthophyll pigment pool to zeaxanthin and antheraxatin, the two de-epoxidized forms of xanthophylls that lead to dissipation of excess absorbed light as heat. Maintaining a high fraction of de-epoxidized xanthophylls that lead to dissipation of excess absorbed light as heat. Maintaining a high fraction of de-epoxidized xanthophylls (i.e., zeaxanthin and antheraxatin) results in faster upregulation of excess light (Demmig-Adams and Adams, 2006; Demmig-Adams et al., 2012, Logan et al., 1998).

The species differences in the regulation of NPQ are evident in our data: NPQ of pothos increased more quickly on transitioning of plants from dark to light than that of sweetpotato and lettuce, as indicated by the steeper initial slope of the NPQ–PPF curve (Fig. 5A). In addition, the initial slope of the NPQ–PPF curve of pothos (Fig. 5A) was higher in plants grown under 75% shade than plants grown in full sun and 44% shade (Fig. 5B), suggesting that acclimation to lower light level also resulted in faster upregulation of heat dissipation.

Fig. 3. Initial slope of the quantum yield of photosystem II ($\Phi_{\text{PSII}}$)–photosynthetic photon flux (PPF) curve, an indicator of how fast $\Phi_{\text{PSII}}$ decreased when plant was transferred from dark to light, of sweetpotato, lettuce, and pothos (A) and by shading level (B). Predicted $\Phi_{\text{PSII}}$ at PPF of 500 μmol·m$^{-2}$·s$^{-1}$ of sweetpotato, lettuce, and pothos (C) and by shading level (D). There was no significant species × shading level interaction for both variables. Error bars represent $\pm$ [n = 18 (3 species/shading levels × 6 replications)]. Different letters indicate significance at $P < 0.05$.

Fig. 4. Initial slope of the electron transport rate (ETR)–photosynthetic photon flux (PPF) curve, an estimate of the maximum rate of increase in ETR per unit increase in incident PPF, of sweetpotato, lettuce, and pothos (A) and by shading level (B). Predicted ETR at PPF of 500 μmol·m$^{-2}$·s$^{-1}$ of sweetpotato, lettuce, and pothos (C) and by shading level (D). Error bars represent $\pm$ [n = 18 (3 species/shading levels × 6 replications)]. Different letters indicate significance at $P < 0.05$. NS represents nonsignificance.
under increasing light. The NPQ of pothos at a PPF of 500 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) was twice that of lettuce and sweetpotato (Fig. 5C), indicating greater upregulation of heat dissipation, resulting in lower \( \Phi_{\text{PSII}} \) in pothos (see Fig. 3C). NPQ at a PPF of 500 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) was also higher for plants grown under 75% shade (Fig. 5C and D), which had lower \( \Phi_{\text{PSII}} \) at that light intensity (Fig. 3D).

**Implications for Optimizing Supplemental Lighting.** Sweetpotato, lettuce, and pothos showed vast differences in how they used light for photochemistry. In addition, their photosynthetic performance was affected by acclimation to different shade levels. As a result, crop-specific strategies should be used when using supplemental light for different crops; variations in the crop’s light use caused by light acclimation should also be taken into account. Although \( \Phi_{\text{PSII}} \) decreased with increasing PPF for all three species (Fig. 2A–C), sweetpotato, and lettuce maintained higher \( \Phi_{\text{PSII}} \) under high light; i.e., used the provided light more efficiently to drive electron transport. Pothos, on the other hand, had a lower \( \Phi_{\text{PSII}} \) at the same PPF and increased NPQ more rapidly with increasing PPF. Consequently, for the same amount of supplemental light provided, greater increases in ETR, and presumably in carbon assimilation and growth, can be achieved in sweetpotato and lettuce than in pothos, especially when ambient PPF is high (Fig. 6).

Consistent with the decreases in \( \Phi_{\text{PSII}} \) with increasing PPF, the increase in ETR per unit PPF supplemented diminishes with increasing light intensity for all species (Fig. 6). However, this diminishing return at higher light levels is most pronounced in pothos: the increase in ETR of pothos that can be achieved by providing the same amount of supplemental light decreased more quickly with increasing ambient PPF compared with that of sweetpotato and lettuce (Fig. 6). For instance, at an ambient PPF of 0 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) (dark), supplemental light of 250 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) provided to plants grown under full sun can increase ETR by 68.3 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) in sweetpotato, 69.2 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) in lettuce, and 51.2 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) in pothos (Fig. 6A–C). By contrast, same amount of supplemental light provided at an ambient PPF of 500 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) increases ETR by 55.9 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) (18% less compared with that provided at an ambient PPF of 0 \( \mu \text{mol m}^{-2}\text{s}^{-1} \)) in sweetpotato, 39.9 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) (42% less) in lettuce, and only 22.0 \( \mu \text{mol m}^{-2}\text{s}^{-1} \) (57% less) in pothos (Fig. 6A–C). It is thus most beneficial to provide supplemental light to pothos when ambient PPF is low. By contrast, supplemental light provided at high ambient PPF can be used with relatively high efficiency to further increase ETR of sweetpotato and lettuce. The simulation of the responses of net photosynthesis \( (A_n) \) of two species to supplemental light by van Iersel and Gianino (2017) similarly showed that same amount of supplemental light can result in less increase in \( A_n \) when provided at higher
suggesting that supplemental lighting is used less efficiently for ambient PPF. They also found that the increase in $A_n$ from providing supplemental light at relatively high ambient PPF was much greater in the high-light-adapted species $C. portens-chlagiana$ than in the low-light-adapted species $H. americana$ (van Iersel and Gianino, 2017).

The simulation by van Iersel and Gianino (2017) did not account for the effects of light acclimation on a crop’s photosynthetic performance. As shown by our data, light acclimation significantly affected the light responses of $\Phi_{PSII}$, ETR, and NPQ and thus must be taken into consideration when developing lighting strategy for a specific crop. Compared with shade-acclimated plants, high-light-grown plants of all three species were able to maintain higher $\Phi_{PSII}$ at high PPF and had greater ETR and slower upregulation of NPQ (i.e., heat dissipation), thereby could use supplemental light more efficiently for photosynthesis when provided at high ambient PPF. Supplemental light of $250 \mu mol \cdot m^{-2} \cdot s^{-1}$ provided at ambient PPF of $500 \mu mol \cdot m^{-2} \cdot s^{-1}$ can increase the ETR of only $13 \mu mol \cdot m^{-2} \cdot s^{-1}$ in sweetpotato grown under 75% shade (Fig. 6A and D). Similarly, providing $250 \mu mol \cdot m^{-2} \cdot s^{-1}$ of supplemental light to an ambient PPF of $500 \mu mol \cdot m^{-2} \cdot s^{-1}$ can increase ETR of lettuce grown under full sun and 75% shade by $39.9$ and $23.2 \mu mol \cdot m^{-2} \cdot s^{-1}$, respectively (Fig. 6B and E). The ETR of pothos grown under full sun and 75% shade can increase by $22$ and $7.9 \mu mol \cdot m^{-2} \cdot s^{-1}$, respectively, when plants are provided with $250 \mu mol \cdot m^{-2} \cdot s^{-1}$ of supplemental PPF at an ambient PPF of $500 \mu mol \cdot m^{-2} \cdot s^{-1}$ (Fig. 6C and F). To get the maximum benefit from supplemental light, it is important that the plants are acclimated to relatively high light. Providing supplemental light to a crop that was previously grown under low light conditions is likely to be relatively ineffective because the shade-acclimated crop will not be able to use that light efficiently. Nonetheless, supplemental light is often provided to plants that grow under, thus are acclimated to, low light conditions (e.g., during winter months). In such cases, the efficiency with which plants use the provided light for photochemistry may increase as plants acclimate to the higher light level provided by the supplemental light. Thus, supplemental light may not simply increase instantaneous photosynthesis but also lead to acclimation that enables the plants to use supplemental light more efficiently. The ability of plants to acclimate and how quickly this occurs may differ among species (Figs. 2 and 6).

The light response curves of $\Phi_{PSII}$ and ETR obtained using chlorophyll fluorescence measurements provide important quantitative information on how efficiently various crops use the provided light for photosynthesis and how their responses are affected by light acclimation. Given the relative simplicity of the measurements, chlorophyll fluorescence can be used as an effective tool to optimize crop-specific lighting strategies (van Iersel et al., 2016a).

Conclusions

High PPF is needed to achieve high ETR and presumably a high rate of photosynthesis and growth. However, $\Phi_{PSII}$ and the increase in ETR that can be achieved with each unit increase in supplemental light decrease with increasing ambient PPF, suggesting that supplemental lighting is used less efficiently for photochemistry when provided at high ambient PPF. The photosynthetic responses differ among species and are affected by light acclimation, with high-light-adapted species and plants acclimated to a high light environment being more efficient in using light for electron transport than low light adapted/acclimated plants. Supplemental lighting strategies thus should be species-specific and take account of the effect of light acclimation.

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