Mirror or Superstring-Inspired Hidden Sector of the Universe, Dark Matter and Dark Energy

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Abstract
We develop a concept of parallel existence of the ordinary (O) and hidden (H) worlds. We compare the two cases: 1) when the hidden sector of the Universe is a mirror counterpart of the ordinary world, and 2) when it is a superstring-inspired shadow world described, in contrast to the mirror world, by a symmetry group (or by a chain of groups), which does not coincide with the ordinary world symmetry group. We construct a cosmological model assuming the existence of the superstring-inspired $E_6$ unification, broken at the early stage of the Universe into $SO(10) \times U(1)_Z$ – into the O-world, and $SU(6)' \times SU(2)'_\theta$ – into the H-world. As a result, we obtain the low energy symmetry group $G'_{SM} \times SU(2)'_\theta$ in the shadow world, instead of the Standard Model group $G_{SM}$ existing in the O-world. The additional non-Abelian $SU(2)'_\theta$ group with massless gauge fields, “thetons”, is responsible for dark energy. Considering a quintessence model of cosmology with an inflaton $\sigma$ and an axion $a_\theta$, which is a pseudo Nambu-Goldstone boson induced by $SU(2)'_\theta$-group anomaly, we explain the origin of dark energy, dark matter and ordinary matter. In the present model we review all cosmological epochs (inflation, reheating, recombination and nucleosynthesis), and give our version of the baryogenesis. The cosmological constant problem is also briefly discussed.

1 Introduction

In this paper we have presented the hypothesis that there may exist in the Universe the ordinary (O) and hidden (H) worlds assuming the existence of the mirror (M) or superstring-inspired shadow counterpart of our observable O-world. Constructing a new cosmological model with superstring-inspired $E_6$ unification in the 4-dimensional space, which is broken at the early stage of the Universe into $SO(10) \times U(1)_Z$ – in the O-world, and $SU(6)' \times SU(2)'_\theta$ – in the H-world, we try to explain the origin of the Dark Energy (DE), Dark Matter (DM) and Ordinary Matter (OM), in accordance with energy densities given by recent cosmological observations. The model describes the inflation, reheating, baryogenesis and nucleosynthesis epochs of our Universe, confirming the $\Lambda CDM$ model of our accelerating Universe with a tiny value of the cosmological constant (CC), $\Lambda$.

The study is based on Refs. [1,2] and presents a development of the ideas considered previously in Refs. [3]. However, in present investigation we give a new interpretation of the possible accelerating expansion of the Universe, as far as inflation and baryogenesis.

1.1 Recent results of cosmological and astrophysical observations

Modern models for DE and DM are based on precise measurements in cosmological and astrophysical observations [4–6].

For the present epoch, the Hubble parameter $H = H_0$ is given by the following value [4]:

$$H_0 = 1.5 \times 10^{-42} \text{ GeV},$$

(1)
and the critical density of the Universe is

\[ \rho_c = \frac{3H^2}{8\pi G} = (2.5 \times 10^{-12} \text{ GeV})^4, \tag{2} \]

where \( G \) is the gravitational constant.

Cosmological measurements give the following density ratios of the total Universe \(^{[4]}\):

\[ \Omega = \Omega_r + \Omega_m + \Omega_\Lambda \approx 1, \tag{3} \]

where \( \Omega_r \ll 1 \) is a relativistic (radiation) density ratio, and

\[ \Omega_\Lambda = \Omega_{DE} \approx 75\% \tag{4} \]

for the mysterious DE, which is responsible for the acceleration of the Universe. The total matter density is

\[ \Omega_m \approx \Omega_M + \Omega_{DM} \approx 25\%, \tag{5} \]

with

\[ \Omega_M \approx \Omega_B \approx 4\% \tag{6} \]

- for (visible) ordinary matter and baryons, while

\[ \Omega_{DM} \approx 21\% \tag{7} \]

- for the Dark Matter (DM). These results give:

\[ \Omega_{DM}/\Omega_B \approx 5. \tag{8} \]

The \( \Lambda CDM \)-cosmological model \(^{[7]}\) predicts that the cosmological constant \( \Lambda \) is

\[ \Lambda = 8\pi G \rho_{\text{vac}}^{(\text{eff})}, \tag{9} \]

where the value \( \rho_{\text{vac}}^{(\text{eff})} \) is the effective vacuum energy density of the Universe, which coincides with \( \rho_{DE} \). Using Eqs. \([2]\) and \([4]\), we can calculate the dark energy density:

\[ \rho_{DE} = \rho_{\text{vac}}^{(\text{eff})} \simeq 0.75\rho_c \simeq (2.3 \times 10^{-3} \text{ eV})^4. \tag{10} \]

This is a result of recent cosmological observations \(^{[6]}\), which also fit the equation of state for DE: \( w = p/\rho \) with the following constant value of \( w \):

\[ w = -1.05 \pm 0.13 \text{ (statistical)} \pm 0.09 \text{ (systematic)}. \tag{11} \]

In the units \( \kappa = 1 \), where \( \kappa^2 = 8\pi G \), we have the cosmological constant:

\[ \Lambda = \rho_{DE} \simeq (2.3 \times 10^{-3} \text{ eV})^4, \tag{12} \]

which is extremely small.

This result is consistent with the present model of accelerating Universe \(^{[7]}\) (see also reviews \(^{[8]}\)), dominated by a tiny cosmological constant \( \Lambda \), \( w = -1 \) and Cold Dark Matter (CDM) – this is the so-called \( \Lambda CDM \) scenario.
1.2 The main assumptions of the present model

Our model is based on the following assumptions:

- Grand Unified Theory (GUT) is inspired by the superstring theory \([9–11]\), which predicts \(E_6\) unification in the 4-dimensional space \([11]\), occurring at the high energy scale \(M_{E_6} \approx 10^{18}\) GeV.

- There exists a Mirror World (M) \([12,13]\), which is a duplication of our Ordinary World (O), or shadow Hidden World (H) (see Refs. \([14]\)). H-world is not identical with the O-world having different symmetry groups.

- DE and DM are described by the mirror world (M) with a broken mirror parity (MP) (see Refs. \([15–21]\)), or by the superstring-inspired shadow H-world considered in Refs. \([1–3]\).

- We assume that \(E_6\) unification restores mirror parity at high energies \(\approx 10^{18}\) GeV (and at the early stage of the Universe). Then the mirror world exists at the scale \(M'_{E_6} = M_{E_6} \approx 10^{18}\) GeV, and the symmetry group of the Universe is \(E_6 \times E'_6\)\(^1\).

The paper is organized as follows: In the next section we introduce the \(E_6\) unification in the 4-dimensional space-time inspired by superstring theory and the breakdown of this unification by different ways. In Sec. III, we discuss the hypothesis of the existence in Nature a mirror (M) world parallel to the visible ordinary (O) world, their particle content, mirror world with broken mirror parity and seesaw scale in the ordinary and mirror worlds. In Sec.IV we present the existence of low-energy symmetry groups \(G_{SM} = SU(3)_C \times SU(2)_L \times U(1)_Y\) in the O-world, and \(G' = SU(3)'_C \times SU(2)'_L \times SU(2)'_\theta \times U(1)'_Y\) in the H-world. The group \(G'\) has an additional non-Abelian group \(SU(2)'_\theta\) with gauge fields 'thetons', which are neutral massless vector particles. These 'thetons' have a macroscopic confinement radius \(1/\Lambda'_{\theta}\), where \(\Lambda'_{\theta} \sim 10^{-3}\) eV. The breaking mechanism of the \(E_6\) unification is presented in Sec.V. It was shown that this breaking is realized with the Higgs fields \(H_{27}\) belonging to the 27-plet of \(E_6\) - in the O-world, and with \(H_{351}\) belonging to the 351-plet of \(E'_6\) - in the H-world. We discuss a problem of walls avoiding an unacceptable wall dominance. Sections VI-VIII are devoted to the problem of cosmological constant. We show that the cancellation between the 'bare' cosmological constant, \(\Lambda\), and the vacuum energy stress, \(8\pi G \rho_{vac}\), described only by the SM contributions of the ordinary and hidden worlds, explains the small value of dark energy density \(\rho_{DE} = \Lambda \approx (2.3 \times 10^{-3})\) eV by the condensation of \(\theta\)-fields. Inflationary, reheating and radiation epochs of our Universe are reviewed in Sections IX and X. Inflationary potential is described by Coleman-Weinberg potential. The ordinary and hidden sectors of the Universe have different cosmological evolutions and never have to be in equilibrium with each other. The Big Bang Nucleosynthesis (BBN), which is considered in Sec.XI, gives the constraint: \(T' < T\), where \(T(T')\) is O-(H-) temperature of the Universe. The difference between the O- and H-worlds is described in terms of two macroscopic parameters: \(x \equiv T'/T, \quad \beta \equiv \Omega_B'/\Omega_B\).

In Sec.XII we describe the dark matter assuming that shadow baryons and shadow helium atoms are the best candidates for DM. We explain the result of astrophysical observations: \(\Omega_{DM}/\Omega_M \approx 5\). In Sec.XIII we review the scenario of baryogenesis published in our paper \([2]\).

\(^1\)The superscript 'prime' denotes the M- or H-world.
2 Superstring theory and $E_6$ unification

2.1 Superstring theory

Superstring theory [9][11] is a paramount candidate for the unification of all fundamental gauge interactions with gravity. Superstrings are free of gravitational and Yang-Mills anomalies if the gauge group of symmetry is $SO(32)$ or $E_8 \times E_8$. The 'heterotic' superstring theory $E_8 \times E_8'$ was suggested as a more realistic model for unification of all fundamental gauge interactions with gravity [10]. However, this ten-dimensional theory can undergo spontaneous compactification. The integration over six compactified dimensions of the $E_8$ superstring theory leads to the effective theory with the $E_6$ unification in the four-dimensional space [11].

Superstring theory has led to the speculation that there may exist another form of matter – hidden “shadow matter” – in the Universe, which only interacts with ordinary matter via gravity or gravitational-strength interactions [14]. The shadow world, in contrast to the mirror world [12][13], can be described by another group of symmetry (or by a chain of groups of symmetry), which is different from the ordinary world symmetry group. According to the (super)string theory, the two worlds, ordinary and shadow, can be viewed as parallel branes in a higher dimensional space, where O-particles are localized on one brane and H-particles - on another brane, and gravity propagates in the bulk.

In our model we have assumed that at very high energies there exists the $E_6$ unification predicted by superstring theory.

2.2 $E_6$ Unification

Three 27-plets of $E_6$ contain three families of quarks and leptons, including right-handed neutrinos $N_a^c$ (where $a = 1, 2, 3$ is the index of generations). The description of generations is briefly discussed in Ref. [22], but here we omit generation subscripts, for simplification.

Matter fields (quarks, leptons and scalar fields) of the fundamental 27-representation of the $E_6$ group decompose under $SU(5) \times U(1)_X$ subgroup as follows (see Ref. [23]):

$$27 \rightarrow (10, 1) + (\bar{5}, 2) + (5, -2) + (\bar{5}, -3) + (1, 5) + (1, 0).$$

The first and second numbers in the brackets in Eq. (13) correspond to the dimensions of the $SU(5)$ representations and to the $U(1)_X$ charges, respectively. These representations decompose under the groups with the breaking

$$SU(5) \times U(1)_X \rightarrow SU(3)_C \times SU(2)_L \times U(1)_Z \times U(1)_X.$$

We consider the following $U(1)_Z \times U(1)_X$ charges of matter fields: $Z = \sqrt{\frac{3}{5}}Q^Z$, $X = \sqrt{40}Q^X$.

The Standard Model (SM) family which contains the doublets of left-handed quarks $Q$ and leptons $L$, right-handed up and down quarks $u^c$, $d^c$, and also right-handed charged lepton $e^c$, belongs to the $(10, 1) + (\bar{5}, 2)$ representations of $SU(5) \times U(1)_X$. Then, for the decomposition (14),
we have the following assignments of particles:

\[(10,1) \rightarrow Q = \begin{pmatrix} u \\ d \end{pmatrix} \sim (3, \frac{1}{2}, 1),
\]

\[u^c \sim (3, 1, \frac{2}{3}, 1),
\]

\[e^c \sim (1, 1, 1, 1). \tag{15}\]

\[(\bar{5}, 2) \rightarrow d^c \sim (\bar{3}, 1, \frac{1}{3}, 2),
\]

\[L = \begin{pmatrix} e \\ \nu \end{pmatrix} \sim (1, 2, \frac{1}{2}, 2), \tag{16}\]

\[(1, 5) \rightarrow S \sim (1, 1, 0, 5). \tag{17}\]

The remaining representations in (14) decompose as follows:

\[(5, -2) \rightarrow D \sim (3, 1, \frac{1}{3}, -2),
\]

\[h = \begin{pmatrix} h^+ \\ h^0 \end{pmatrix} \sim (1, 2, \frac{1}{2}, -2). \tag{18}\]

\[(\bar{5}, -3) \rightarrow D^c \sim (\bar{3}, 1, \frac{1}{3}, -3),
\]

\[h^c = \begin{pmatrix} h^0 \\ h^- \end{pmatrix} \sim (1, 2, -\frac{1}{2}, -3). \tag{19}\]

To the representation (1,5) is assigned the SM-singlet field S, which carries nonzero $U(1)_X$ charge. The light Higgs doublets are accompanied by the heavy colour triplets of exotic quarks ('diquarks') $D, D^c$ which are absent in the SM (see Ref. [23]).

The right-handed heavy neutrino is a singlet field $N^c$ represented by (1,0):

\[(1, 0) \rightarrow N^c \sim (1, 1, 0, 0). \tag{20}\]

2.3 **Breaking of the $E_6$ Unification**

It is well known (see, for example, Ref. [24]) that there exist three schemes of breaking the $E_6$ group:

\[i) \ E_6 \rightarrow SU(3)_1 \times SU(3)_2 \times SU(3)_3, \tag{21}\]

\[ii) \ E_6 \rightarrow SO(10) \times U(1), \tag{22}\]

\[iii) \ E_6 \rightarrow SU(6) \times SU(2). \tag{23}\]

The first case was considered in the first paper of Refs. [1], where we have investigated the possibility of the breaking:

\[E_6 \rightarrow SU(3)_C \times SU(3)_L \times SU(3)_R \tag{24}\]
in both O- and M-worlds, with broken mirror parity. The model has the merit of an attractive simplicity. However, in such a model we are unable to explain the tiny CC (12) given by astro-
physical measurements, because in the case (24) we have in both worlds the low-energy limit of
the SM, which forbids a large confinement radius (i.e. small energy scale) of any interaction.

It is quite impossible to obtain the same $E_6$ unification in the O- and M-worlds with the
same breakings $ii$) or $iii$) in both worlds if mirror parity MP is broken. In this case, we are forced
to assume different breakings of the $E_6$ unification in the O- and H-worlds:

$$E_6 \rightarrow SO(10) \times U(1) \quad \text{in O-world,}$$
$$E'_6 \rightarrow SU(6)' \times SU(2)' \quad \text{in H-world,}$$

explaining the small value of the CC, $\Lambda$, by condensation of fields belonging to the additional
$SU(2)'$ gauge group which exists only in the H-world and has a large confinement radius.

The breaking mechanism of the $E_6$ unification is given in Ref. [25]. The vacuum expectation
values (VEVs) of the Higgs fields $H_{27}$ and $H_{351}$ belonging to 27- and 351-plets of the $E_6$ group
can appear in the case (22) for the O-world only with nonzero 27-component:

$$\langle H_{351} \rangle = 0, \quad v = \langle H_{27} \rangle \neq 0. \quad (25)$$

In the case (23) for the H-world we have

$$\langle H_{27} \rangle = 0, \quad V = \langle H_{351} \rangle \neq 0. \quad (26)$$

The 27 representation of $E_6$ is decomposed into $1 + 16 + 10$ under the $SO(10)$ subgroup and the
27 Higgs field $H_{27}$ is expressed in 'vector' notation as

$$H_{27} \equiv \begin{pmatrix} H_0 \\ H_\alpha \\ H_M \end{pmatrix}, \quad (27)$$

where the subscripts $0, \alpha = 1, 2, ..., 16$ and $M = 1, 2, ..., 10$ stand for singlet, the 16- and the
10-representations of $SO(10)$, respectively. Then

$$\langle H_{27} \rangle = \begin{pmatrix} v \\ 0 \\ 0 \end{pmatrix}. \quad (28)$$

Taking into account that the 351-plet of $E_6$ is constructed from $27 \times 27$ symmetrically, we see
that the trace part of $H_{351}$ is a singlet under the maximal little groups. Therefore, in a suitable
basis, we can construct the VEV $\langle H_{351} \rangle$ for the case of the maximal little group $SU(2) \times SU(6)$.
A singlet under this group which we get from a symmetric product of $27 \times 27$ comes from the component $(1, 15) \times (1, 15)$ and hence

$$\langle H_{351} \rangle = \begin{pmatrix} V \otimes 1_{15} \\ 0 \otimes 1_{15} \end{pmatrix}. \quad (29)$$

According to the assumptions of Ref. [1], in the ordinary world there exists the following chain of
symmetry groups from the GUT scale of the $E_6$ unification up to the Standard Model (SM) scale:

$$E_6 \rightarrow SO(10) \times U(1)_Z \rightarrow SU(4)_C \times SU(2)_L \times SU(2)_R \times U(1)_Z$$
\[ \rightarrow SU(3)_C \times SU(2)_L \times SU(2)_R \times U(1)_X \times U(1)_Z \]
\[ \rightarrow [SU(3)_C \times SU(2)_L \times U(1)_Y]_{SUSY} \rightarrow SU(3)_C \times SU(2)_L \times U(1)_Y. \]  

(30)

In the shadow H-world, we have the following chain:

\[ E'_6 \rightarrow SU(6)' \times SU(2)'_\theta \rightarrow SU(4)'_C \times SU(2)'_L \times SU(2)'_\theta \times U(1)'_Z \]
\[ \rightarrow SU(3)'_C \times SU(2)'_L \times SU(2)'_\theta \times U(1)'_X \times U(1)'_Z \]
\[ \rightarrow [SU(3)'_C \times SU(2)'_L \times SU(2)'_\theta \times U(1)'_Y]_{SUSY} \rightarrow SU(3)'_C \times SU(2)'_L \times SU(2)'_\theta \times U(1)'_Y. \]  

(31)

In general, this is not an unambiguous choice of the $E'_6(E'_6)$ breaking chains.

3 $E_6$ unification in ordinary and mirror world

The results of Refs. [15–21] are based on the hypothesis of the existence in Nature of a mirror (M) world parallel to the visible ordinary (O) world. The authors have described the O- and M-worlds at low energies by a minimal symmetry $G_{SM} \times G'_{SM}$ where

\[ G_{SM} = SU(3)_C \times SU(2)_L \times U(1)_Y \]

stands for the observable Standard Model (SM) while

\[ G'_{SM} = SU(3)'_C \times SU(2)'_L \times U(1)'_Y \]

is its mirror gauge counterpart. The M-particles are singlets of $G_{SM}$ and the O-particles are singlets of $G'_{SM}$. These different O- and M-worlds are coupled only by gravity, or possibly by another very weak interaction. In general, we can consider a supersymmetric theory when $G \times G'$ contains the grand unification groups $SU(5) \times SU(5)'$, $SO(10) \times SO(10)'$, $E_6 \times E'_6$ etc.

3.1 Particle content in the ordinary and mirror worlds

The M-world is a mirror copy of the O-world and contains the same particles and types of interactions as our visible world. The observable elementary particles of our O-world have the left-handed (V-A) weak interactions which violate P-parity. If a hidden mirror M-world exists, then mirror particles participate in the right-handed (V+A) weak interactions and have the opposite chirality.

Lee and Yang were the first [12] to suggest such a duplication of the worlds, which restores the left-right symmetry of Nature. They introduced a concept of right-handed particles, but their R-world was not hidden. The term 'Mirror Matter' was introduced by Kobzarev, Okun and Pomeranchuk [13]. They suggested the 'Mirror World' as the hidden sector of our Universe, which interacts with the ordinary (visible) world only via gravity or another very weak interaction. They have investigated a variety of phenomenological implications of such parallel worlds (for recent comprehensive reviews on mirror particles and mirror matter, see Refs. [26]).

Including the Higgs bosons $\Phi$, we have the following SM content of the O-world:

L – set : $(u, d, e, \nu, \bar{u}, \bar{d}, \bar{e}, \bar{N})_L$, $\Phi_u$, $\Phi_d$

\[ \bar{R} \text{ – set : } (\bar{u}, \bar{d}, \bar{e}, \bar{\nu}, u, d, e, N)_R, \Phi_u, \Phi_d \]
with the antiparticle fields: \( \tilde{\Phi}_{u,d} = \Phi_{u,d}^* \), \( \tilde{\psi}_R = C\gamma_0\psi_L^* \) and \( \tilde{\psi}_L = C\gamma_0\psi_R^* \).

Considering the minimal symmetry \( G_{SM} \times G'_{SM} \), we have the following particle content in the M-sector:

\[
\begin{align*}
L' - \text{set} : & \quad (u', d', e', \nu', \tilde{u}', \tilde{d}', \tilde{e}', \tilde{N}')_L, \Phi'_{u}, \Phi'_{d}; \\
\tilde{R}' - \text{set} : & \quad (\tilde{u}', \tilde{d}', \tilde{e}', \tilde{\nu}', u', d', e', N')_R, \tilde{\Phi}'_{u}, \tilde{\Phi}'_{d}.
\end{align*}
\]

### 3.2 Mirror world with broken mirror parity

If the ordinary and mirror worlds are identical, then O- and M-particles should have the same cosmological densities. But this is immediately in conflict with recent astrophysical measurements. Mirror parity (MP) is not conserved, and the ordinary and mirror worlds are not identical. Then the VEVs of the Higgs doublets \( \phi \) and \( \phi' \) are not equal:

\[
\langle \phi \rangle = v, \quad \langle \phi' \rangle = v' \quad \text{and} \quad v \neq v'.
\]

Introducing the parameter characterizing the violation of MP:

\[
\zeta = \frac{v'}{v} \gg 1,
\]

we have the estimate of Refs. [15–21]:

\[
\zeta \sim 100.
\]

Then the masses of fermions and massive bosons in the mirror world are scaled up by the factor \( \zeta \) with respect to the masses of their counterparts in the ordinary world:

\[
\begin{align*}
M_{W',Z',\Phi'} &= \zeta M_{W,Z}\Phi, \\
m_{q,l}' &= \zeta m_{q,l}.
\end{align*}
\]

while photons and gluons remain massless in both worlds.

Let us consider now the expressions for the running of the inverse coupling constants,

\[
\begin{align*}
\alpha_i^{-1}(\mu) &= \frac{b_i}{2\pi} \ln \frac{\mu}{\Lambda_i}, \quad \text{in the O-world;} \\
\alpha_i'^{-1}(\mu) &= \frac{b_i'}{2\pi} \ln \frac{\mu'}{\Lambda_i'}, \quad \text{in the M-world.}
\end{align*}
\]

Here \( i = 1, 2, 3 \) correspond to \( U(1), SU(2) \) and \( SU(3) \) groups of the SM (or SM'). A big difference between the electroweak scales \( v \) and \( v' \) will not cause the same difference between the scales \( \Lambda_i \) and \( \Lambda'_i \). Hence,

\[
\Lambda'_i = \xi \Lambda_i,
\]

where \( \xi > 1 \).

8
3.3 Seesaw scale in the ordinary and mirror worlds

In the language of neutrino physics, the O-neutrinos $\nu_e$, $\nu_\mu$, $\nu_\tau$ are active neutrinos, while the M-neutrinos $\nu'_e$, $\nu'_\mu$, $\nu'_\tau$ are sterile neutrinos. The model [15–21] provides a simple explanation of why sterile neutrinos could be light, and could have significant mixing with the active neutrinos. If MP is conserved ($\zeta = 1$), then the neutrinos of the two sectors are strongly mixed. But it seems that the situation with the present experimental and cosmological limits on the active-sterile neutrino mixing do not confirm this result. If instead MP is spontaneously broken, and $\zeta \gg 1$, then the active-sterile mixing angles should be small:

$$\theta_{\nu\nu'} \sim \frac{1}{\zeta}. \quad (39)$$

As a result, we have the following relation between the masses of the light left-handed neutrinos:

$$m'_{\nu} \approx \zeta^2 m_{\nu}. \quad (40)$$

In the context of the SM, in addition to the fermions with non-zero gauge charges, one introduces also the gauge singlets, the so-called right-handed neutrinos $N_a$ with large Majorana mass terms. According to Refs. [15–21], they have equal masses in the O- and M-worlds:

$$M'_{\nu,a} = M_{\nu,a}. \quad (41)$$

Let us consider now the usual seesaw mechanism. Heavy right-handed neutrinos are created at the seesaw scales $M_R$ in the O-world and $M'_R$ in the M-, or H-world. From the Lagrangian, considering the Yukawa couplings identical in the two sectors, it follows that

$$m_{\nu}^{(\nu')} = \frac{v^{(\nu')}}{M_R^{(\nu')}}. \quad (42)$$

and we immediately obtain the relations (40), with

$$M'_R = M_R. \quad (43)$$

Then we see that even in the model with broken mirror parity, we have the same seesaw scales in the O- and M-(H-)worlds.

4 Shadow world and theta-particles

In the first paper of Refs. [1] we have presented an example of the gauge coupling constant evolutions from the SM up to the $E_6$ unification scale in the ordinary and mirror worlds with broken mirror parity, assuming that the $E_6$ group of symmetry undergoes the breaking: $E_6 \rightarrow SU(3)_C \times SU(3)_L \times SU(3)_R$ in both worlds (O and M) and gives the SM group of symmetry at lower energies. Of course, such a Universe could exist, but it is difficult to find a simple explanation why the observable CC has such a tiny value (12), since such a model does not have an extremely large radius of confinement of any gauge interaction. Thus, it is impossible to conceive a vacuum with extremely small vacuum energy density.
In the present paper we consider the idea of the existence of theta-particles, developed by Okun [27]. In those works it was suggested the hypothesis that in Nature there exists the symmetry group

\[ SU(3)_C \times SU(2)_L \times SU(2)_{\theta} \times U(1)_Y, \]  

(44)
i.e. with an additional non-Abelian \( SU(2)_{\theta} \) group whose gauge fields are neutral, massless vector particles – ‘thetons’. These ‘thetons’ have a macroscopic confinement radius \( 1/\Lambda_\theta \).

Later, in Refs. [3], it was assumed that if any \( SU(2) \) group with the scale \( \Lambda_2 \sim 10^{-3} \text{ eV} \) exists, then it is possible to explain the small value (12) of the observable CC. The latter idea was taken up in Refs. [3].

In the present context we assume the existence of low-energy symmetry group (44) in the shadow world, but not in the ordinary world, as a natural consequence of different schemes of the \( E_6 \)-breaking in the O- and H-worlds. \( \theta \)-particles are absent in the ordinary world, because their existence is in disagreement with all experiments. However, they can exist in the H-world:

\[ G' = SU(3)'_C \times SU(2)'_L \times SU(2)'_{\theta} \times U(1)'_Y, \]  

(45)

By analogy with the theory developed in [27], we consider shadow thetons \( \Theta_{i\mu\nu} ', i = 1, 2, 3 \), which belong to the adjoint representation of the group \( SU(2)'_{\theta} \), three generations of shadow theta-quarks \( q'_\theta \) and shadow leptons \( l'_\theta \), and the necessary \( \theta \)-scalars \( \phi'_\theta \) for the corresponding breakings. Shadow thetons have macroscopic confinement radius \( 1/\Lambda'_\theta \), and we assume that

\[ \Lambda'_\theta \sim 10^{-3} \text{ eV}. \]  

(46)

Matter fields of the fundamental 27-representation of the \( E'_6 \) group decompose under \( SU(2)'_{\theta} \times SU(6)' \) subgroup as follows: \( 27 = (2, 6) + (1, 15) \), where

\[ (2, 6) \rightarrow q' = \begin{pmatrix} q'_{\theta,A} | I_\theta = +1/2 \\ q'_{\theta,A} | I_\theta = -1/2 \end{pmatrix}, \]  

(47)

\[ (1, 15) \rightarrow D', D'^c \]  

(48)

\[ h' = \begin{pmatrix} h'^+ \\ h'^0 \end{pmatrix}, \]  

(49)

\[ h'^c = \begin{pmatrix} h'^0 \\ h'^- \end{pmatrix}, \]  

(50)

\[ q'^c, N'^c, S'. \]  

(51)

Here \( A = 1, ..., 6; a = 1, 2, 3 \) are color indices and \( I_\theta \) is a \( \theta \)-isospin; \( \theta \)-quarks are \( q'^{\alpha}_{\theta,A} \), while quarks \( q'^{\alpha}_a \), right-handed neutrino \( N'^c \) and scalar \( S' \) are \( SU(2)'_{\theta} \)-singlets.

5 Inflation, \( E_6 \) unification and the problem of walls in the Universe

The simplest model of inflation is based on the superpotential

\[ W = \lambda \varphi (\Phi^2 - \mu^2), \]  

(52)

\[ ^2\text{We are grateful to M. Yu. Khlopov for this information.} \]
containing the inflaton field given by $\phi$ and the Higgs field $\Phi$, where $\lambda$ is a coupling constant of order 1 and $\mu$ is a dimensional parameter of the order of the GUT scale (see, for example, [28]). The supersymmetric vacuum is located at $\phi = 0, \Phi = \mu$, while for the field values $\Phi = 0, |\phi| > \mu$ the tree level potential has a flat valley with the energy density $V = \lambda^2 \mu^4$. When the supersymmetry is broken by the non-vanishing F-term, the flat direction is lifted by radiative corrections and the inflaton potential acquires a slope appropriate for the slow roll conditions.

This so-called hybrid inflation model leads to the choice of the initial conditions [17]. Namely, at the end of the Planck epoch the singlet scalar field $\phi$ should have an initial value $\phi = f \sim 10^{18}$ GeV ($E_6$-GUT scale), while the field $\Phi$ must be zero with high accuracy over a region much larger than the initial horizon size $\sim M_{Pl}$. In other words, the initial field configuration should be located right on the bottom of the inflaton valley and the energy density starts with $V = \lambda^2 \mu^4 \ll M_{Pl}^4$.

If $E'_6$ is the mirror counterpart of $E_6$, then we have $Z_2$ symmetry, i.e. a discrete group connected with the mirror parity. In general, the spontaneous breaking of a discrete group leads to phenomenologically unacceptable walls of huge energy per area (see Fig. 1).

Then we have the following properties for the energy densities of radiation, DM, M and wall:

$$\rho_r \propto \frac{1}{a(t)^4}, \quad \rho_{M,DM} \propto \frac{1}{a(t)^3}, \quad \rho_{wall} \propto \frac{1}{a(t)^4},$$

where $a(t)$ is a scale factor with cosmic time $t$ in the Friedmann-Lemaitre-Robertson-Walker (FLRW) metric describing our Universe. For large Universe we have $\rho_{wall} \gg \rho_{M,DM}, \rho_r$. In our case of the hidden world, the shadow superpotential is:

$$W' = \lambda' \phi' (\Phi'^2 - \mu'^2),$$

(53)

where $\Phi' = H_{351}$ and $\langle H_{351} \rangle = \mu'$. Then the initial energy density in the H-world is $V' = \lambda'^2 \mu'^4 \ll M_{Pl}^4$. To avoid this phenomenologically unacceptable wall dominance we cannot assume symmetry under $Z_2$ and thus $V = V'$ is not automatic. Instead, it is necessary to assume the following fine-tuning:

$$V = V' : \quad \lambda^2 \mu^4 = \lambda'^2 \mu'^4,$$

(54)
which helps to obtain the initial conditions for the GUT-scales and GUT-coupling constants: $M_{E_0} = M'_{E_{6}}$ and $g_{E_6} = g'_{E_{6}}$.

6 The cosmological constant problem

The cosmological constant (CC) was first introduced by Einstein in 1917 [29] with aim to admit a static cosmological solution in his new general theory of relativity. The introduction of CC $\lambda$, the bare cosmological constant, was presented only by the addition to the original field equations:

$$ G^{\mu\nu} = R^{\mu\nu} - \frac{1}{2} R g^{\mu\nu} = 8\pi G T^{\mu\nu} $$

(55)

of the divergence-free term $-\lambda g^{\mu\nu}$:

$$ G^{\mu\nu} = 8\pi G T^{\mu\nu} - \lambda g^{\mu\nu}, $$

(56)

where $R^{\mu\nu}$ is the Ricci curvature of $g^{\mu\nu}$, and $T^{\mu\nu}$ is the energy-momentum tensor of matter.

Later it was realized (see [30,31]) that quantum fluctuations result in a vacuum energy, $\rho_{\text{vac}}$: any mode contributes $\frac{1}{2} \hbar \omega$ to the vacuum energy, and the expected value of the energy momentum tensor of matter is:

$$ \langle T^{\mu\nu} \rangle = T^{\mu\nu} - \rho_{\text{vac}} g^{\mu\nu}, $$

(57)

where $T^{\mu\nu}$ vanishes in vacuum. The quantum expectation of the energy-momentum tensor, $\langle T^{\mu\nu} \rangle$, acts as a source for the Einstein tensor, and we have:

$$ G^{\mu\nu} = 8\pi G T^{\mu\nu}_m - \Lambda g^{\mu\nu}, $$

(58)

where $\Lambda$ is the effective cosmological constant provided by the contribution of the vacuum energy, $\rho_{\text{vac}}$. We would expect that the effective vacuum energy:

$$ \rho_{\text{vac}}^{(\text{eff})} = \frac{\lambda}{8\pi G} + \rho_{\text{vac}} = \frac{\Lambda}{8\pi G} $$

(59)

to be no smaller than $\rho_{\text{vac}}$. Even if the bare cosmological constant is assumed to vanish ($\lambda = 0$), the effective cosmological constant is not equal to zero. Requiring that $\Lambda = 0$ means that there must be an exact cancellation between the bare cosmological constant, $\lambda$, and the vacuum energy stress, $8\pi G \rho_{\text{vac}}$:

$$ \Lambda = 0 \quad \rightarrow \quad \lambda + 8\pi G \rho_{\text{vac}} = 0. $$

(60)

When the spontaneous symmetry breaking was widely discussed in the Standard Model, Veltman commented that the vacuum energy arising in spontaneous symmetry breaking gives an additional contribution to the CC [32].

If we assume that the field theory is only valid up to some energy scale $M_{\text{cutoff}}$, then there is a contribution to $\rho_{\text{vac}}$ of $O(M_{\text{cutoff}}^4)$. Collider experiments have established that the SM is accurate up to energy scales $M_{\text{cutoff}} \gtrsim O(M_{EW})$, where $M_{EW} \approx 246$ GeV is the electroweak scale. We would therefore expect $\rho_{\text{vac}}$ to be at least $O(M_{EW}^4)$.

In the absence of any new physics between the electroweak and the Planck scale, $M_{Pl} \approx 1.2 \times 10^{19}$ GeV, where quantum fluctuations in the gravitational field can no longer be safely
neglected, we would expect $\rho_{\text{vac}} \sim O(M_{Pl}^4)$. If supersymmetry were an unbroken symmetry of Nature, the quantum contributions to the vacuum energy would all exactly cancel leaving $\rho_{\text{vac}} = 0$ and $\Lambda = \lambda$. However, our universe is not supersymmetric today, and so SUSY must have been broken at some energy scale $M_{\text{SUSY}}$, where $1 \text{ TeV} \lesssim M_{\text{SUSY}} \lesssim M_{Pl}$. It is necessary to comment that the SUSY breaking is necessary in our superstring and thereby SUSY-based model. We would expect $\rho_{\text{vac}} \sim O(M_{SUSY}^4)$. Our model of quantum cosmology also had to take into account extra dimensions and branes, spontaneous breaking of compactification.

Previously in Ref. [33] and also in Refs. [34] it was shown that SUGRA models which ensure the vanishing of the vacuum energy density near the physical vacuum lead to a natural realization of the Multiple Point Model (MPP) [35] (see also the reviews [36]) describing the degenerate vacua with zero $\Lambda$.

The expansion rate of our Universe is sensitive to $\rho_{\text{vac}}^{(\text{eff})}$, or equivalently $\Lambda$. The result of astrophysical measurements is given by Eq. (12), which has established that $\left(\rho_{\text{vac}}^{(\text{eff})}\right)^{1/4} \simeq 2.3 \times 10^{-3}$ eV. This implies that $\rho_{\text{vac}}^{(\text{eff})}$ is some $10^{60} - 10^{120}$ times smaller than the expected contribution from quantum fluctuations, and gives rise to the cosmological constant problem: "Why is the measured effective vacuum energy or cosmological constant so much smaller than the expected contributions to it from quantum fluctuations?".

7 A proposal for solving the CC problem

Here we follow the ideas of Ref. [37], which gives a possible way to solve the CC problem.

In quantum mechanics we consider the probability amplitudes: The initial state $|I\rangle$ transforming to a final state $|F\rangle$. In this spirit, using the Euclidian action $S_E$, only with the Ricci scalar $R$ and CC $\Lambda$, E. Baum and S. Hawking [38] have calculated the path integral in the Euclidian space-time which gives the following expression:

$$e^{-I_E} = e^{3\pi M_{Pl}/\Lambda}.$$  (61)

So, $\Lambda = 0$ dominates the action integral, which is interpreted as the probability for $\Lambda = 0$ is close to 1.

The essence of the new approach [37] is that the bare cosmological constant $\lambda$, considered in Section VI, is promoted from a parameter to a field. The minimization of the action with respect to $\lambda$ then yields an additional field equation, which determines the value of the effective CC, $\Lambda$. In the classical history it dominates the partition (wave) function of the Universe, $Z$.

If we take the total action of the Universe defined on a manifold $\mathcal{M}$, and with effective cosmological constant $\Lambda$, to be $I_{\text{tot}}(g_{\mu\nu}, \Psi^a, \Lambda; \mathcal{M})$, where $\Psi^a$ are the matter fields and $g_{\mu\nu}$ is the metric field, then we define $I_{\text{class}}(\Lambda; \mathcal{M})$ to be the value of $I_{\text{tot}}(g_{\mu\nu}, \Psi^a, \Lambda; \mathcal{M})$ evaluated with $g_{\mu\nu}$ and $\Psi^a$ obeying their classical field equations for fixed boundary initial conditions, and obtain the field equation for the effective CC, $\Lambda$, given by

$$\frac{dI_{\text{class}}(\Lambda; \mathcal{M})}{d\Lambda} = 0.$$  (62)

With a given $\mathcal{M}$, the equation for $\lambda$, Eq. (62), can be viewed as a consistency equation which relates the configuration of metric and matter variables in $\mathcal{M}$ to $\lambda$. Eq. (62) can be viewed as a consistency condition on the configuration of the effective CC, $\Lambda$, the matter, $\Psi^a$, and metric,
$g_{\mu\nu}$, fields in $\mathcal{M}$. The consistency condition provided by Eq. (62) will be violated for the vast majority of potential configurations $\{g_{\mu\nu}, \Psi^a, \Lambda\}$. If observations determine a set of $\{g_{\mu\nu}, \Psi^a, \Lambda\}$ for which Eq. (62) is violated then this proposal would be falsified. At the same time, if the observed configuration is consistent with Eq. (62) to within observational limits, then the present proposal would, for the time being, have passed an important empirical test and remain a credible solution to the CC problems. If $\Lambda \approx 0$ dominates the action integral, then we have an approximate cancellation between the bare cosmological constant and the vacuum energy stress:

$$\Lambda \approx 0 \implies \lambda \approx -8\pi G \rho_{\text{vac}}.$$  \hfill (63)

The proposal [37] for solving the CC is similar in certain respects to other multiverse models such as the string landscape, when $\Lambda$ takes different values in different vacua parts of the multiverse. Despite this similarity, this proposal differs from multiverse /landscape models. Also it is agnostic about the modified theory of gravity and the number of space-time dimensions.

8 Dark energy

8.1 Quintessence model of cosmology

Quintessence is described by a complex scalar field $\varphi$ minimally coupled to gravity. In the context of the General Relativity (GR), the gravity is universal force described by the space-time metric $g_{\mu\nu}$, and the dynamics of two worlds, ordinary and hidden, is governed by the following action:

$$S = \int d^4x \sqrt{-g} \left[ \frac{1}{2\kappa^2} R + \lambda + (\nabla \varphi)^2 - V(\varphi) + L + L' + L_{\text{mix}} \right], \hfill (64)$$

where

$$(\nabla \varphi)^2 = g^{\mu\nu} \partial_\mu \varphi \partial_\nu \varphi,$$  \hfill (65)

and $V(\varphi)$ is the potential of the field $\varphi$, $\kappa^2 = 8\pi G = M_{\text{Pl}}^{-2}$, $M_{\text{Pl}}$ is the reduced Planck mass, $R$ is the space-time curvature, $\lambda$ is ‘bare’ cosmological constant, $L(L')$ is the Lagrangian of the O-(H-) sector, and $L_{\text{mix}}$ is the Lagrangian of photon-photon’, neutrino-neutrino’, etc. mixing (see [20]).

When both $E_6$ and $E_6'$ symmetry groups are broken, at the same seesaw scales $M_R = M'_R$, down to $G_{\text{SM}}$ and $G'_{\text{SM}} \times SU(2)'_{\theta}$ subgroups, respectively, then we have:

$$L = L_{\text{gauge}} + L_{\text{Higgs}} + L_{Yuk}, \quad L' = L'_{\theta} + L'_{\text{gauge}} + L'_{\text{Higgs}} + L'_{Yuk}, \hfill (66)$$

where all parts of Lagrangians $L$ and $L'$ are self-explanatory.

The two sectors mean that at least below the scales $M_R = M'_R$ the degrees of freedoms (the fields) can be classified into fields from section O and fields from section H. We could thus consider the energy density due to zero point fluctuations in the H-fields as contributing to $\rho_{\text{vac}}^{(H)}$ while the O-fields contribute to $\rho_{\text{vac}}^{(O)}$. Here we see that

$$\rho_{\text{vac}}^{(O)} = \rho_{\text{vac}}^{(SM)}, \hfill (67)$$

and

$$\rho_{\text{vac}}^{(H)} = \rho_{\text{vac}}^{(SM')} + \rho_{\text{vac}}^{(\theta)}.$$  \hfill (68)
Taking into account the fine-tuning considered in Section V, we can assume that the SUSY breaking scales are identical in O- and H-worlds: \( M_{\text{SUSY}} = M'_{\text{SUSY}} \). Then
\[
\rho_{\text{vac}}^{(\text{SM})} = \rho_{\text{vac}}^{(\text{SM}') \sim O(M_{\text{SUSY}}^4),}
\] (69)
and
\[
\rho_{\text{vac}}^{(H)} = \rho_{\text{vac}}^{(O)} + \rho_{\text{vac}}^{(\theta)}.
\] (70)

In the framework of our cosmological model we calculate the dark energy density relating the value \( \rho_{\text{DE}} \) only with the \( SU(2)'_\varphi \) gauge group contributions. This explains the smallness of the dark energy density given by astrophysical measurements. This phenomenon is not obvious, but we can try to explain it.

If we neglect the weak connection between O- and H-worlds via gravity, then we can approximately consider them as independently existing in the Universe, and each sectors can be described by their own actions with 'bare' cosmological constant \( \lambda_0 \):
\[
S_O = \int d^4x \sqrt{-g} \left[ \frac{1}{2\kappa^2} R + \lambda_0 + (\nabla \varphi)^2 - V(\varphi) + L \right],
\] (71)
and
\[
S_H = \int d^4x \sqrt{-g} \left[ \frac{1}{2\kappa^2} R + \lambda_0 + (\nabla \varphi')^2 - V(\varphi') + L' + L'_\varphi \right].
\] (72)

According to the proposal [37], the most probable is the extremum given by Eq. (62) for the ordinary world:
\[
\lambda_0 + 8\pi G \rho_{\text{vac}}^{(O)} = 0.
\] (73)

Then
\[
\rho_{\text{vac}}^{(O,\text{eff})} = 0,
\] (74)
and
\[
\rho_{\text{vac}}^{(H,\text{eff})} = \rho_{\text{vac}}^{(\theta)}.
\] (75)

Finally, we obtain:
\[
\rho_{\text{vac}}^{(\text{eff})} = \rho_{\text{vac}}^{(H,\text{eff})} = \rho_{\text{vac}}^{(\theta)}.
\] (76)

Here the effective CC, \( \Lambda \), is not zero:
\[
\Lambda = 8\pi G \rho_{\text{vac}}^{(\theta)},
\] (77)
and the effective vacuum energy density is equal to DE density:
\[
\rho_{\text{DE}} = \rho_{\text{vac}}^{(\text{eff})} = \rho_{\text{vac}}^{(\theta)}.
\] (78)

This speculative consideration explains a tiny value of the DE density calculated into the next Subsection.
8.2 Inflaton, axion and DE density

We assume that there exists an axial $U(1)_A$ global symmetry in our theory, which is spontaneously broken at the scale $f$ by a singlet complex scalar field $\varphi$:

$$\varphi = (f + \sigma) \exp(ia_{ax}/f).$$  \hfill (79)

We assume that a VEV $\langle \varphi \rangle = f$ is of the order of the $E_6$ unification scale: $f \sim 10^{18}$ GeV. The real part $\sigma$ of the field $\varphi$ is the inflaton, while the boson $a_{ax}$ (imaginary part of the singlet scalar fields $\varphi$) is an axion and could be identified with the massless Nambu-Goldstone (NG) boson if the corresponding $U(1)_A$ symmetry is not explicitly broken by the gauge anomaly. However, in the hidden world the explicit breaking of the global $U(1)_A$ by $SU(2)'_\theta$ instantons inverts $a_{ax}$ into a pseudo Nambu-Goldstone (PNG) boson $a_\theta$. Therefore, in the H-world we have:

$$\varphi' = (f + \sigma') \exp(i a_\theta/f).$$  \hfill (80)

The flat FLRW spacetime gives the following field equation for axion $a_\theta$ (see reviews [8]):

$$\frac{d^2 a_\theta}{dt^2} + 3H \frac{da_\theta}{dt} + V'(a_\theta) = 0.$$  \hfill (81)

where $H$ is the Hubble parameter.

The singlet complex scalar field $\varphi$ reproduces a Peccei-Quinn (PQ) model [39]. Near the vacuum, a PNG mode $a_\theta$ emerges the following PQ axion potential:

$$V_{PQ}(a_\theta) \approx (\Lambda'_\theta)^4 (1 - \cos(a_\theta/f)).$$  \hfill (82)

This axion potential exhibits minima at

$$V_{PQ}|_{\text{min}} = 0,$$  \hfill (83)

where:

$$\cos(a_\theta/f) = 1, \quad \text{i.e.} \quad (a_\theta)_{\text{min}} = 2\pi nf, \quad n = 0, 1, ...$$  \hfill (84)

For small fields $a_\theta$ we expand the effective PQ potential near the minimum:

$$V_{PQ}(a_\theta) \approx (\Lambda'_\theta)^4 (a_\theta)^2 + ... = \frac{1}{2} m^2(a_\theta)^2 + ...,$$  \hfill (85)

and hence the PNG axion mass squared is given by:

$$m^2 \sim (\Lambda'_\theta)^4 / f^2.$$  \hfill (86)

Solving Eq. (81) for $a_\theta$ we can use the axion potential:

$$V(a_\theta) = V_{PQ}(a_\theta),$$  \hfill (87)

which gives:

$$V'(a_\theta) = \frac{(\Lambda'_\theta)^4}{f} \sin(a_\theta/f).$$  \hfill (88)
If now $\sin(a_\theta/f) = 0$, then $\dot{a}_\theta = 0$, and $V_{PQ}(a_\theta) = 0$, because $\cos(a_\theta/f) = 1$, according to Eqs. (82) and (83).

The minimum of the total $\theta$-potential is:

$$V_{\theta|\text{min}} = V_{PQ}(a_\theta)|_{\text{min}} + V_{\theta-\text{condensate}};$$  \hfill (89)

where the first term is zero, according to Eq.(83), and

$$V_{\theta-\text{condensate}} = (\Lambda_\theta')^4.$$  \hfill (90)

In this case when $a_\theta = \text{const}$ and $\dot{a}_\theta = 0$, the contribution of axions to the energy density of the H-sector is equal to zero. Finally, we obtain:

$$\rho^{(\text{eff})}_{\text{vac}} = \rho^{(\theta)}_{\text{vac}} = |\dot{a}_\theta|^2 + V_{\theta|\text{min}} = (\Lambda_\theta')^4.$$  \hfill (91)

The DE density is equal to the value:

$$\rho_{DE} = \rho^{(\text{eff})}_{\text{vac}} = (\Lambda_\theta')^4.$$  \hfill (92)

Taking into account the result (12) of recent astrophysical observations, we obtain the estimate of the $SU(2)'_\theta$ group’s gauge scale:

$$\Lambda_\theta' \simeq 2.3 \times 10^{-3} \text{ eV}.$$  \hfill (93)

If $\Lambda_\theta' \sim 10^{-3} \text{ eV}$ and $f \sim 10^{18} \text{ GeV}$, we can estimate the $\theta$-axion mass from Eq. (86):

$$m \sim \Lambda_\theta'^2 / f \sim 10^{-42} \text{ GeV},$$  \hfill (94)

which is extremely small. But according to Eqs. (89)-(92), these light axions do not give the contribution to $\rho_{DE}$. It is given only by the condensate of $\theta$-fields.

Then it is well-known (see reviews [8]) that the equation of state for $\theta$-fields is:

$$w_\theta = \frac{\dot{a}_\theta^2 - 2V_\theta}{\dot{a}_\theta^2 + 2V_\theta},$$  \hfill (95)

and we have (with $\dot{a}_\theta = 0$):

$$w = w_\theta = -1,$$  \hfill (96)

in accordance with the astrophysical observation (11).

## 9 Inflation in the ordinary and shadow worlds

The results of Wilkinson Microwave Anisotropy Probe (WMAP) [5] lead to the severe constraint on inflationary models giving the value of the spectral index:

$$n_s = 0.95 \pm 0.02.$$  \hfill (97)

The modern inflationary models give an exact scale-invariant spectrum with $n_s = 1$ (see [6,40]). By this reason, any model describing the early inflationary era has to take into account this
constraint: the inflationary potential, describing the early inflationary universe, has to give the desired spectral index $n_s$.

The scalar field $\varphi$ produces the following Coleman-Weinberg potential [41]:

$$V_{CW} = A(\varphi^+ \varphi)^2 \left( \log \left( \frac{\varphi^+ \varphi}{f^2} \right)^2 - 1 \right) + Af^4.$$  \hfill (98)

Then for the inflaton $\sigma'$ we can consider the following inflationary potential in the zero temperature limit [42]:

$$V_{infl}^{(')} = A(\sigma'^+ \sigma')^2 \left( \log \left( \frac{(\sigma')^2 + f^2}{f^2} \right) - 1 \right) + A(f'^4).$$  \hfill (99)

Taking into account the finite temperature effects, we have:

$$V_{infl,T}^{(')} = V_{infl}^{(')} + \beta_T^{(')}(T'^4 - 1)^2,$$  \hfill (100)

where $\beta_T^{(')}$ is a constant. For compactness of notation, here and in the following we denote the ordinary world rates by the non-primed symbols and mirror-hidden world ones by the primed symbols.

At high temperature, the field $\sigma$ is trapped at the $U(1)_A$ symmetric minimum $\langle \sigma \rangle = -f$ (i.e. $\langle \varphi \rangle = 0$). When the universe cools and gets a sufficiently low temperature, then a new minimum appears at the $U(1)_A$-symmetry breaking value $\langle \sigma \rangle = 0$ (i.e. $\langle \varphi \rangle = f$). The critical temperature $T_{cr}$ corresponds to such a value of temperature when the two above minima become degenerate:

$$T_{cr} = f \sqrt{\frac{A}{\beta_T}} e^{-\frac{1}{4}}.$$  \hfill (101)

Then the Universe cools further and reaches the Hawking temperature:

$$T_{hawk} = \frac{H}{2\pi} \approx \frac{1}{2\pi} \sqrt{\frac{8\pi}{3M_{Pl}^2}} V_{infl}|_{\sigma = -f} = \sqrt{\frac{A}{3\pi M_{Pl}^2}} f^2,$$  \hfill (102)

where $H$ is the Hubble parameter at that epoch. The first order phase transition occurs and $\sigma$ starts its slow-rolling towards the true minimum of the inflationary potential and gets this minimum at the end of inflation. We have a similar development in the hidden sector of the Universe.

But these two sectors, ordinary and hidden, have different cosmological evolutions. In particular, they never had to be in equilibrium with each other: the Big Bang Nucleosynthesis (BBN) constraints require that H-sector must have smaller temperature than O-sector: $T' < T$ (see Ref. [21]).

## 10 Reheating and radiation

During reheating the exponential expansion, which was developed by inflation, ceases and the potential energy of the inflaton field decays into a hot relativistic plasma of particles. At this point, the Universe is dominated by radiation, and then quarks and leptons are formed.
All the difference between the ordinary and shadow worlds can be described in terms of two macroscopic (free) parameters of the model:

\[ x \equiv \frac{T'}{T}, \quad \beta \equiv \frac{\Omega'_B}{\Omega_B}, \]

where \( T(T') \) is O-(H-) photon temperature in the present Universe, and \( \Omega_B(\Omega'_B) \) is O-(H-) baryon fraction.

In Subsection I.A we have presented energy density ratio which is a sum of relativistic (radiation) component \( \Omega_r \), non-relativistic (matter) component \( \Omega_m \) and the vacuum energy density \( \Omega_\Lambda \). The modern observational data indicate that the Universe is almost flat giving Eq. (3), in a perfect accordance with the inflationary paradigm.

The relativistic fraction is represented by photons and neutrinos. The contribution of the H-degrees of freedom to the observable Hubble expansion rate, which are equivalent to an effective number of extra neutrinos \( \Delta N_{\nu} = 6.14 \cdot x^4 \), is small enough: \( \Delta N_{\nu} = 0.05 \) for \( x = 0.3 \) (see [21]).

In our model:

\[ \omega_r = \Omega_r h^2 = 4.2 \cdot 10^{-5} (1 + x^4), \quad h = \frac{H}{H_0}, \]

where the contribution of H-species is negligible due to the BBN constraint: \( x^4 \ll 1 \).

Recent cosmological observations [6] show that for redshifts \((1 + z) \gg 1\) we have:

\[ H(z) = H_0 [\Omega_r(1 + z)^4 + \Omega_m(1 + z)^3]. \]

Therefore, the radiation is dominant at the early epochs of the Universe, but it is negligible at present epoch: \( \Omega_r^{(0)} \ll 1 \).

Any inflationary model have to describe how the SM-particles were generated at the end of inflation. The inflaton, which is a singlet of \( E_6 \), can decay, and the subsequent thermalization of the decay products can generate the SM-particles. The inflaton \( \sigma \) produces gauge bosons: photons, gluons, \( W^\pm, Z \), and matter fields: quarks, leptons and the Higgs bosons, while the inflaton field \( \sigma' \) produces H-world particles: shadow photons and gluons, thetons, \( W', Z' \), theta-quarks \( q_\theta \), theta-leptons \( l_\theta \), shadow quarks \( q' \) and leptons \( l' \), scalar bosons \( \phi_\theta \) and shadow Higgs fields \( \phi' \). In shadow world we end up with a thermal bath of \( SM' \) and \( \theta \) particles. However, we assume that the density of \( \theta \) particles is not too essential in cosmological evolution due to small \( \theta \) coupling constants.

According to Ref. [21], at the end of inflation the O- and H-sectors are reheated in a non-symmetric way \( (T_R > T'_R) \). After reheating (at \( T < T_R \)) the exchange processes between O- and H-worlds are too slow, by reason of very weak interaction between two sectors. As a result, it is impossible to establish equilibrium between them. So that both worlds evolve adiabatically and the temperature asymmetry \( (T'/T < 1) \) is approximately constant in all epochs from the end of inflation until the present epoch. Therefore, the cosmology of the early H-world is very different from the ordinary one when we consider such crucial epochs as baryogenesis and nucleosynthesis. Any of these epochs is related to an instant when the rate of the relevant particle process, \( \Gamma(T) \), becomes equal to the Hubble expansion rate \( H(T) \). In the H-world these events take place earlier and the processes freeze out at larger \( T \) than in the ordinary world.
11 Big Bang Nucleosynthesis (BBN)

At the end of cosmic inflation the Universe was filled with a quark-gluon plasma. This plasma cools until the hadron epoch when hadrons (including baryons) can form. Then neutrinos decouple and begin travelling freely through space. This cosmic neutrino background is analogous to the CMB which was emitted much later. After hadron epoch the majority of hadrons and anti-hadrons annihilate each other, leaving leptons and anti-leptons dominating the mass of the Universe. Here we reach the lepton epoch. Then the temperature of the Universe continues to fall and falls until the stop of the lepton/anti-lepton pairs creation. Also the most leptons/anti-leptons are eliminated by annihilation processes. At the end of the lepton epoch the Universe undergoes the photon epoch when the energy of the Universe is dominated by photons, which still essentially interact with charged protons, electrons and eventually nuclei.

The temperature of the Universe again continues to fall. It falls to the point when atomic nuclei begin to form. Protons and neutrons combine into atomic nuclei by nuclear fusion process. However, this nucleosynthesis stops at the end of the nuclear fusion. At this time, the densities of non-relativistic matter (atomic nuclei) and relativistic radiation (photons) are equal.

The BBN epoch in the H-world proceeds differently from ordinary one and predicts different abundances of primordial elements. This shadow BBN is analogous to the mirror BBN scenario considered in Refs. [19–21].

The difference of the temperatures \( T' < T \) gives that the number density of H-photons is much smaller than for O-photons:

\[
\frac{n'_\gamma}{n_\gamma} = x^3 \ll 1.
\]

The primordial abundances of light elements depend on the baryon to photon number density ratio: \( \eta = n_B/n_\gamma \). The result of WMAP [5] gives: \( \eta \simeq 6 \cdot 10^{-10} \), in accordance with the observational data.

The universe expansion rate at the ordinary BBN epoch (with \( T \sim 1 \text{ MeV} \)) is determined by the O-matter density itself. As far as \( T' \ll T \), for the ordinary observer it is difficult to detect the contribution of H-sector, which is equivalent to \( \Delta N_v \approx 6.14x^4 \) and negligible for \( x \ll 1 \) [21]. As for the BBN epoch in the shadow world, for the H-observer the contribution of O-sector is equivalent to \( \Delta N'_v \approx 6.14x^{-4} \), which is dramatically large. Therefore, the observer in H-world, which measures the abundances of shadow light elements, should immediately detect the discrepancy between the universe expansion rate and H-matter density at the shadow BBN epoch (with \( T' \sim 1 \text{ MeV} \)): the O-matter density is invisible for the H-observer.

During the structure formation, the most important moments are connected with the matter-radiation equality (MRE), plasma recombination and matter-radiation decoupling (MRD) epochs. From Eq. (105) we see that MRE is given by the following relation:

\[
1 + z_{eq} = \frac{\Omega_m}{\Omega_r}.
\]

The estimate of Ref. [19] gives:

\[
1 + z_{eq} = 2.4 \cdot 10^4 \frac{\omega_m}{1 + x^4},
\]

where \( \omega_m = \Omega_m h^2 \). The shadow relativistic component is negligible for \( x \ll 1 \).
11.1 Recombination

The MRD takes place when the most of electrons and protons recombine into neutral hydrogen and free electron density strongly diminishes. During the recombination the photon scattering rate drops below the Hubble expansion rate. In the O-world the MRD takes place in the matter dominant period at the temperature $T_{dec} \simeq 0.26 \text{ eV}$ corresponding to redshift:

$$1 + z_{dec} = \frac{T_{dec}}{T_{today}} \simeq 1100. \quad (109)$$

In the H-world we have the MRD temperature $T'_{dec} \simeq T_{dec}$ and

$$1 + z'_{dec} \simeq x^{-1}(1 + z_{dec}) \simeq \frac{1100}{x}. \quad (110)$$

This means that in the H-world MRD occurs earlier than in the O-world. According to Ref. [19],

$$x_{dec} = \frac{1 + z_{dec}}{1 + z_{eq}} \simeq \frac{4.59 \cdot 10^{-2}}{\omega_m}, \quad (111)$$

and H-photon decoupling epoch coincides with the MRE epoch. Eq. (111) gives a critical value of temperature, which plays a very important role in cosmology: for $x < x_{eq}$ the H-photons would decouple yet during the radiation dominated period.

Thus, at the end of recombination, most of the atoms in the Universe is neutral, photons travel freely and the Universe becomes transparent. The observable CMB is a picture of the Universe at the end of this epoch.

12 Baryon density and dark matter

Shadow baryons (and shadow helium), which are invisible by ordinary photons, are the best candidates for dark matter (DM).

Here we give an approximate estimate of baryon masses in the O- and H-worlds. The most part of mass of nucleons (proton and neutron) is provided with dynamical (constituent) quark masses $m_q$ forming the nucleon. The dynamical quark mass is

$$m_q \simeq m_0 + \Lambda_{QCD}, \quad (112)$$

where $m_0 \sim 10 \text{ MeV}$ is a current mass of light quarks $u, d$, and $\Lambda_{QCD} \simeq 300 \text{ MeV}$. Then the nucleon mass $M_B$ can be estimated as

$$M_B \simeq 3m_q \simeq 1 \text{ GeV}. \quad (113)$$

As to shadow current quark mass $m'_0$ (see Subsection III.B), we have

$$m'_0 \simeq \zeta m_0 \sim 1 \text{ GeV} \quad (114)$$

for $\zeta \sim 100$. This estimate gives the shadow nucleon mass $M'_B$ equal to

$$M'_B \simeq 3(m'_0 + \Lambda'_{QCD}). \quad (115)$$
Taking into account Eq. (38) and the estimate $\xi \simeq 1.5$ given by Ref. [20] (see also Ref. [1]), we obtain $\Lambda'_{QCD} \simeq 450$ MeV, and:

$$M'_B \simeq 3(1 + 0.45) \text{ GeV} \simeq 4.35 \text{ GeV}. \quad (116)$$

Here we want to comment that in our model baryons of shadow world are formed not only by quark system $qqq$, but also by $q_{\vartheta}, q_{\vartheta} q_{\vartheta}$, where $\vartheta = 1,2$ is the index of $SU(2)'_\vartheta$-group. The last system gives the quark-diquark structure of shadow baryons. However, they do not give essential contributions to baryon density, by reason of small $\theta$-charges.

Since H-sector is cooler than the ordinary one, then we have $n'_B \gtrsim n_B$ by estimate of Ref. [21], and:

$$\rho'_B = n'_B M'_B > \rho_B = n_B M_B. \quad (117)$$

Now we can explain the relation (8), especially if we take into account the shadow helium mass fraction (see Ref. [21]).

Finally, we predict that the energy density of hidden sector is:

$$\rho' = \rho_{DE} + \rho_{DM} = \rho_{DE} + \rho'_B + \rho_{CDM}, \quad (118)$$

where $\rho_{DE}$ is given by (10), $\rho'_B = n'_B M'_B \approx 0.17 \rho_c$ and $\rho_{CDM} \approx 0.04 \rho_c$ presumably contains shadow helium.

The energy density of the O-world is:

$$\rho_M = \rho_B + \rho_{\text{nuclear}}, \quad (119)$$

where $\rho_B = n_B M_B \approx 0.04 \rho_c$ and the contribution of ordinary helium and other atoms is much smaller. Then it is possible to explain the observable result (see Eq. (8)):

$$\frac{\Omega_{DM}}{\Omega_M} \simeq \frac{\rho_{DM}}{\rho_M} \approx \frac{\rho'_B + \rho_{CDM}}{\rho_B + \rho_{\text{nuclear}}} \approx \frac{0.17 + 0.04}{0.04} \approx 5. \quad (120)$$

13 **Baryogenesis**

In Ref. [2] we have presented baryogenesis mechanism in our cosmological model with superstring-inspired $E_6$ unification. In this model the $B - L$ asymmetry is produced by the conversion of ordinary leptons into particles of the hidden sector.

After the non-symmetric reheating with $T'_R > T'_R$, the exchange processes between O- and H-worlds are too slow, by reason of the very weak interaction between the two sectors. As a result, it is impossible to establish equilibrium between them, so that both worlds evolve adiabatically and the temperature asymmetry ($T'/T < 1$) is approximately constant in all epochs from the end of the inflation until the present epoch.

The equilibrium between two sectors of massless particles with the same temperature is not broken by the cosmological expansion, and the baryon asymmetry (and any charge asymmetry) cannot be generated in the Universe. However, if there are two components in the plasma with different temperatures, then the equilibrium is explicitly broken as long as the temperatures are not equal. In our case of observed and hidden sectors, the equilibrium never happens by reason of
their essentially different temperatures. In this case, baryon asymmetry may be generated even by scattering of massless particles.

In the Bento-Berezhiani model of baryogenesis [18] the heavy Majorana neutrinos play the role of messengers between ordinary and mirror worlds. Their model considers the group of symmetry $G_{SM} \times G_{SM'}$, i.e. the Standard model and its mirror counterpart. Heavy Majorana neutrinos $N$ are singlets of $G_{SM}$ and $G_{SM'}$ and this is an explanation, why they can be messengers between ordinary and mirror worlds.

In our model with $E_6$ unification, the $N$-neutrinos belong to the 27-plet of $E_6$ and $E_6'$, and they are not singlet particles. But after the breaking $E_6 \rightarrow SO(10) \times U(1)_Z \rightarrow SU(3)_C \times SU(2)_L \times SU(2)_R \times U(1)_X \times U(1)_Z$ (121)
in the O-world, and

$$E_6' \rightarrow SU(6)' \times SU(2)'_\theta \rightarrow SU(3)'_{C} \times SU(2)'_{L} \times SU(2)'_{R} \times U(1)'_X \times U(1)'_Z$$ (122)
in the H-world, heavy Majorana neutrinos $N_a$ become singlets of the subgroups $SU(3)_C \times SU(2)_L \times U(1)_X \times U(1)_Z$ and $SU(3)'_{C} \times SU(2)'_{L} \times U(1)'_X \times U(1)'_Z$, according to Eq. (20). Therefore, in our model [1], after the breaking of $SO(10)$ and $SU(6)'$ and below seesaw scale ($\mu < M_R = M'_R \sim 10^{10-15}$ GeV), when we have the symmetry groups $G_{SM}$ and $G_{SM'} \times SU(2)'_\theta$, the heavy Majorana neutrinos $N_a$ again can play the role of messengers between O- and H-worlds.

Baryon $B$ and lepton $L$ numbers are not perfect quantum numbers. They are directly related to the seesaw mechanism for light neutrino masses. $B - L$ is generated in the decays of heavy Majorana neutrinos, $N$, into leptons $l$ (or anti-leptons $\bar{l}$) and the Higgs bosons $\phi$ (which are the standard Higgs doublets):

$$N \rightarrow l \phi, \bar{l} \bar{\phi}. \quad (123)$$

In this context, the three necessary Sakharov conditions [13] are realized in the following way:

1) $B - L$ and $L$ are violated by the heavy neutrino Majorana masses.

2) The out-of-equilibrium condition is satisfied due to the delayed decay(s) of the Majorana neutrinos, when the decay rate $\Gamma(N)$ is smaller than the Hubble rate $H$: $\Gamma(N) < H$, i.e. the life-time is larger than the age of the Universe at the time when $N_a$ becomes non-relativistic.

3) CP-violation (C is trivially violated due to the chiral nature of the fermion weak eigenstates) originates as a result of the complex $lN\phi$ Yukawa couplings producing asymmetric decay rates:

$$\Gamma(N \rightarrow l \phi) \neq \Gamma(N \rightarrow \bar{l} \bar{\phi}), \quad (124)$$

so that leptons and anti-leptons are produced in different amounts and the $B - L$ asymmetry is generated.

### 14 Conclusions

In this paper we have developed the hypothesis of parallel existence of the ordinary (O) and hidden (H) sectors of the Universe. We have constructed a new cosmological model with the superstring-inspired $E_6$ unification in the 4-dimensional space. We have assumed that this unification was broken at the early stage of the Universe into $SO(10) \times U(1)_Z$ – in the O-world, and $SU(6)' \times SU(2)'_\theta$
- in the H-world. We have investigated the breaking mechanism of the $E_6$ unification. In the O-world this breaking is realized with the Higgs field $H_{27}$ belonging to the 27-plet, while in the hidden sector the breakdown of the $E_6'$ unification has come true due to the Higgs field $H_{351}$ belonging to the 351-plet of the $E_6'$. The corresponding VEVs are $v = \langle H_{27} \rangle$ and $V = \langle H_{351} \rangle$. From the beginning, we have assumed that $E_6'$ is the mirror counterpart of the $E_6$. Then the discrete symmetry $Z_2$ (connected with the mirror parity MP) leads to the phenomenologically unacceptable wall. Using the simplest model of inflation with the superpotential $W = \lambda \varphi (\Phi^2 - \mu^2)$, where the field $\varphi$ is the inflaton and $\Phi$ is the Higgs field, $\lambda$ is a coupling constant and $\mu$ is a dimensional parameter of the order of the GUT scale $\sim 10^{18} \text{ GeV}$, we avoid this unacceptable wall dominance assuming the following fine-tuning: $V = V'$, what gives $\lambda^2 \mu^4 = \lambda'^2 \mu'^4$. Here $V^{(i)} = \lambda^{(i)2} \mu^{(i)4}$ is the energy density of the tree level potential.

According to our assumptions, there exists the following chains of symmetry groups:

$$E_6 \rightarrow SO(10) \times U(1)_Z \rightarrow SU(4)_C \times SU(2)_L \times SU(2)_R \times U(1)_Z \rightarrow SU(3)_C \times SU(2)_L \times SU(2)_R \times U(1)_X \times U(1)_Z \rightarrow [SU(3)_C \times SU(2)_L \times U(1)_Y]_{\text{SUSY}} \rightarrow SU(3)_C \times SU(2)_L \times U(1)_Y$$

- in the O-world, and

$$E_6' \rightarrow SU(6)' \times SU(2)'_6 \rightarrow SU(4)'_C \times SU(2)'_L \times SU(2)'_R \times U(1)'_Z \rightarrow SU(3)'_C \times SU(2)'_L \times SU(2)'_R \times U(1)'_X \times U(1)'_Z \rightarrow [SU(3)'_C \times SU(2)'_L \times SU(2)'_R \times U(1)'_Y]_{\text{SUSY}} \rightarrow SU(3)'_C \times SU(2)'_L \times SU(2)'_R \times U(1)'_Y$$

- in the H-world.

In contrast to the results of Refs. [15-21], based on the concept of the parallel existence in Nature of the mirror (M-) and ordinary (O-) worlds described by a minimal symmetry $G_{SM} \times G'_{SM}$, we assume the existence of low-energy symmetry group $G' = SU(3)'_C \times SU(2)'_L \times SU(2)'_R \times U(1)'_Y$ in the H-world and the SM symmetry group in the O-world. This is a natural consequence of different schemes of the $E_6$-breaking in the O- and H-worlds considered in Subsection II.C. In comparison with $G_{SM}$, the group $G'$ has an additional non-Abelian $SU(2)'_R$ group whose gauge fields are massless vector particles ‘thetons’. These ‘thetons’ have a macroscopic confinement radius $1/\Lambda'_\theta$. The estimate given by Refs. [1] confirms the scale $\Lambda'_\theta \sim 10^{-3} \text{ eV}$. Assuming the cancellation between the bare cosmological constant, $\lambda$, and the vacuum energy stress, $8\pi G \rho_{\text{vac}}$, described only by the SM contributions of the O- and H-worlds (see Sections VI-VIII), we explain the small value of $\rho_{DE}$, i.e. the observable tiny CC, only as a result of the $\theta$-fields condensation: $\rho_{DE} = \rho_{\text{vac}}^{(eff)} = (\Lambda'_\theta)^4 \approx (2.3 \times 10^{-3} \text{ eV})^4$.

Taking into account the modern inflationary models with spectral index $n_s \approx 1$, we have considered the inflationary potentials in zero temperature limit and also at the finite temperature $T$. With this aim, we have used the Coleman-Weinberg potential (98) for the singlet scalar field $\varphi$. We have considered in both O- and H-worlds the first order phase transition when the inflaton starts its slow-rolling towards the true minimum of the inflationary potential at $\sigma^{(\ast)} = 0$, and gets this minimum at the end of inflation.

We have discussed how the SM-particles were generated at the end of inflation: the inflaton decays, and the subsequent thermalization of these decay products generates the SM-particles. The inflaton $\sigma$ produces gauge bosons: photons, gluons, $W^\pm, Z$, and matter fields: quarks, leptons and the Higgs bosons, while the inflaton $\sigma'$ produces hidden particles: shadow photons, gluons and ‘thetons’, $W'$, $Z'$, theta-quarks $q'_\theta$, theta-leptons $l'_\theta$, shadow quarks $q'$ and shadow leptons $l'$, scalar bosons $\phi_\theta$ and shadow Higgs fields $\phi'$.

The O- and H-sectors have different cosmological evolutions: they never had to be in equilibrium with each other. The Big Bang Nucleosynthesis (BBN) constraints require that H-sector must have smaller temperature than O-sector: $T'' < T$ [21]. The difference between the O- and
H-worlds is described in terms of two macroscopic parameters: \( x \equiv T'/T \), \( \beta \equiv \Omega_B'/\Omega_B \), where \( T(T') \) is O-(H-) photon temperature of the Universe at present, and \( \Omega_B(\Omega_B') \) is O-(H-) baryons fraction.

We have considered the reheating and radiation in Sec.10 and Big Bang Nucleosynthesis in Sec.11. During reheating the exponential expansion, developed by inflation, ceases and the potential energy of the inflaton field decays into a hot relativistic plasma of particles. The relativistic fraction is represented by photons and neutrinos. The radiation is dominant at the early epochs of the Universe, but it is negligible at present epoch: \( \Omega_r^{(0)} \approx 1 \).

The contribution of the H-degrees of freedom to the observable Hubble expansion rate, which are equivalent to an effective number of extra neutrinos \( \Delta N_\nu = 6.14 \cdot x^4 \), is small enough. In our model: \( \omega_r = \Omega_r h^2 = 4.2 \cdot 10^{-5}(1 + x^4) \) \( (h = H/H_0) \), where the contribution of H-species is negligible due to the BBN constraint: \( x^4 \ll 1 \).

At the end of inflation the O- and H-sectors are reheated in a non-symmetric way: \( T_R > T_R' \). After reheating, at \( T < T_R \), the exchange processes between O- and H-worlds are too slow (by reason of very weak interaction between two sectors), and it is difficult to establish equilibrium between them. As a result, the temperature asymmetry \( (T'/T < 1) \) is approximately constant from the end of inflation until the present epoch.

We have seen that the cosmological evolutions of the early O- and H-worlds are very different, in particular, when we consider such crucial epochs as baryogenesis and nucleosynthesis. The BBN epoch proceeds differently in the O- and H-worlds and predicts different abundances of primordial elements. For example, due to the condition \( T' < T \) the density of H-photons number is much smaller than for O-photons: \( n'_\gamma/n_\gamma = x^3 \ll 1 \).

The structure formation in the Universe is connected with the plasma recombination and matter-radiation decoupling (MRD) epochs. Also the matter-radiation equality (MRE) is important, which is given by the relation \( 1 + z_q = \Omega_m/\Omega_r \approx 2.4 \cdot 10^4 \cdot \Omega_m h^2/(1 + x^4) \). During the MRD epoch the most of electrons and protons recombine into neutral hydrogen and the free electron density essentially diminishes. The MRD temperature is \( T_{dec} \approx 0.26 \text{ eV} \) which corresponds to the redshift \( 1 + z_{dec} = T_{dec}/T_{today} \approx 1100 \).

In the H-world we have the MRD temperature \( T'_{dec} \approx T_{dec} \) and \( 1 + z'_{dec} \approx x^{-1}(1 + z_{dec}) \approx 1100/x \), what means that in the H-world MRD occurs earlier than in the O-world.

During the recombination epoch the photon scattering rate drops below the Hubble expansion rate. The H-photon decoupling epoch coincides with the MRE epoch. At the end of recombination, the atoms in the Universe are neutral, photons travel freely and the Universe becomes transparent. The observation of CMB gives a picture of the Universe at the end of this epoch.

In Sec.12 we have estimated \( \rho_M \) and \( \rho_{DM} \) in the framework of our cosmological model. We assume that shadow baryons and shadow helium, invisible for ordinary photons, give the main contribution to dark matter (DM). We explain the observable result: \( \Omega_{DM}/\Omega_M \approx \rho_{DM}/\rho_M \approx 5 \).

Sec.13 is devoted to the baryogenesis mechanism presented in Ref. [2]. In our cosmological model with superstring-inspired \( E_6 \) unification, the \( B-L \) asymmetry is produced by the conversion of ordinary leptons into particles of the hidden sector. After the non-symmetric reheating with \( T_R > T_R' \), it is impossible to establish equilibrium between the O- and H-sectors, and baryon asymmetry may be generated even by scattering of massless particles. In our model with \( E_6 \) unification existing at the early stage of the Universe, after the breaking of \( E_6(E_6') \), heavy Majorana neutrinos \( N_a \) become singlets of the subgroups \( SU(3)_C \times SU(2)_L \times U(1)_X \times U(1)_Z \) and \( SU(3)'_C \times \)
$SU(2)_L' \times U(1)_X' \times U(1)_Z'$, and can play the role of messengers between O- and H-worlds. $B - L$ quantum number is generated in the decays of heavy Majorana neutrinos, $N$, into leptons $l$ (or anti-leptons $\bar{l}$) and the Higgs bosons $\phi$: $N \rightarrow l\phi$, $\bar{l}\phi$. The three necessary Sakharov conditions, given by Ref. [43], are realized in our model of baryogenesis.

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