Comparative hydraulic and anatomic properties in palm trees (Washingtonia robusta) of varying heights: implications for hydraulic limitation to increased height growth

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Abstract As trees grow taller, the energetic cost of moving water to the leaves becomes higher and could begin to limit carbon gain and subsequent growth. The hydraulic limitation hypothesis states that as trees grow taller, the path length and therefore frictional resistance of water flow increases, leading to stomatal closure, reduced photosynthesis and decreased height growth in tall trees. Although this hypothesis is supported by the physical laws governing water movement in trees, its validation has been complicated by the complex structure of most tree species. Therefore, this study tested the hydraulic limitation hypothesis in Washingtonia robusta (H. Wendl.), a palm that, while growing to tall heights, is still structurally simple enough to act as a model organism for testing. There were no discernable relationships between tree height and stomatal conductance, stomatal densities, guard cell lengths, leaf dry mass per unit area (LMA) or sap flux, suggesting that these key aspects of hydraulic limitation are not reduced in taller palms. Taller palms did, however, have higher maximum daily photosynthetic assimilation rates, lower minimum leaf water potentials that occurred earlier in the day and fewer, smaller leaves than did shorter palms. Leaf epidermal cells were also smaller in taller palms compared with shorter ones. These findings are consistent with hydraulic compensation in that tall palms may be overcoming the increased path length resistance through smaller, more efficient leaves and lower leaf water potentials than shorter palms.

Keywords HLH - Stomatal conductance - Sap flow - Leaf water potential - Mexican fan palm - LMA

Introduction

It has been frequently observed that as trees mature, height growth reaches a peak, at which point rates begin to decrease (Barnes et al. 1998; McDowell et al. 2002a; Litvak et al. 2003; Bond-Lamberty et al. 2004; Koch et al. 2004). There have been several proposed hypotheses regarding forest growth decline and, in particular, why tree height growth may begin to decline as trees get older and taller, including increased respiration (Ryan and Waring 1992), differences in the vigor of older tissues relative to younger ones (Mencuccini et al. 2005; Bond et al. 2007; Vanderklein et al. 2007) and increased mechanical stresses (Meng et al. 2006). However, there are several promising studies that suggest that hydraulic limitation may not only explain why height growth in tall trees is limited (Ryan and Yoder 1997) but could be used to predict maximum heights of a given tree species growing under given environmental conditions (Koch et al. 2004; Burgess and Dawson 2007). The hydraulic limitation hypothesis is built upon the idea that as trees get taller, not only does the hydrostatic gradient due to gravity increase, but the path length of water travel increases, with taller trees overcoming more friction...
in water transport than shorter trees. This means that taller trees are, by virtue of their height, less efficient at transporting water to their leaves relative to shorter trees. This lower efficiency could lead to lower stomatal conductance and, therefore, reduced photosynthesis and carbon gain (Ryan and Yoder 1997). Additionally, the turgor pressure at the tops of these trees will decrease, unless osmotic adjustment occurs, making cell expansion more difficult in developing leaves (Koch et al. 2004; Woodruff et al. 2004). Decreased turgor at the tops of the largest palms could therefore lead to decreases in leaf cell sizes and increases in leaf mass per unit area (LMA).

Studies in species ranging from ponderosa pine (Pinus ponderosa Douglas ex C. Lawson) (Hubbard et al. 1999; Ryan et al. 2000), European beech (Fagus sylvatica L.) (Schäfer et al. 2000), eucalyptus (Eucalyptus saligna Sm.) (Barnard and Ryan 2003), Oregon white oak (Quercus garryana Douglas) (Phillips et al. 2003a) and the tallest trees in the world, coastal redwoods [Sequoia sempervirens (D. Don) Endl.] (Koch et al. 2004) have found evidence that the hydraulic cost of increased frictional resistance associated with increases in path length of water flow is greater in tall trees relative to shorter trees (reviewed in Ryan et al. 2006). However, there are other studies that suggest that the hydraulic costs that taller trees face can be offset by alterations in their architecture (Becker et al. 2000a). Also, theoretical models (West et al. 1999; Becker et al. 2000b) as well as empirical measurements show that hydraulic resistance due to path length can be significantly reduced (Weitz et al. 2006; Coomes et al. 2007), but in very tall trees not completely overcome (Anfodillo et al. 2006; Petit et al. 2008), by the tapering of vascular conduits along the length of trees. However, these compensatory features of taller trees are, in fact, consistent with the presence of hydraulic constraints to water transport in taller trees.

About 60–70% of studies that have measured one or more of the components of the hydraulic limitation hypothesis have found results that were consistent (Ryan et al. 2006), although several studies have provided some contradictory data (McDowell et al. 2002a; Barnard and Ryan 2003). One reason for the conflicting information could be the complexity of most tree systems. Their complicated branching patterns mean that each leaf on the tree will have a different path length from the ground. Also, the hydraulic architecture has been shown to be designed in such a way that branches receiving more sunlight are hydraulically favored over lower branches (Protz et al. 2000). Much of this complexity could be avoided if a simpler tree species such as palms were used to study hydraulic limitation. Palms represent a desirable tree form to use because, unlike most trees, they lack complex branching patterns and exhibit relatively fixed crown sizes (Zimmermann et al. 1982; Tomlinson 1990) making the path length of water flow as well as leaf area easily measurable. Additionally, hydraulic limitations in palms become especially important considering they lack secondary growth and may exhibit decreased functioning of xylem and phloem tissues with age (Zimmermann 1973). This is especially relevant for a palm species such as Washingtonia robusta where older, taller palms are likely to have experienced more frost episodes over their lifetime than younger, shorter palms and may not be able to refill embolized conduits (Sperry 1986). If vessels are able to refill, multiple freeze–thaw episodes have been shown to negatively affect the functioning of xylem tissues through cavitation fatigue, which may or may not be reversible (Hackett et al. 2001; Stiller and Sperry 2002).

We studied hydraulic limitation in Mexican fan palms, W. robusta (H. Wendl.), a species that is naturally distributed throughout southern and central Baja California and western Sonora, Mexico along streams and canyons or near springs (Uhl and Dransfield 1987; Bullock and Heath 2006). Bullock and Heath (2006) studied W. robusta in the Baja California desert and estimate that they reach reproductive maturation at approximately 8 m tall with the tallest palms in their study being 32 m. They also estimate the potential longevity of these palms to exceed 500 years. We hypothesize that hydraulic constraints on leaf gas exchange will increase with height in W. robusta with taller palms having lower sap flux per unit leaf area and lower stomatal conductance than shorter palms. Additionally, we are interested in any alterations in physiology or hydraulic architecture that tall palms exhibit in order to compensate for an increased path length of water flow relative to shorter palms; including changes in minimum leaf water potential, maximum photosynthetic rates, and leaf area to conducting area ratios. Not only could this research shed light on the physiological costs of increasing size in palms, but, because the biophysical variables we studied are also shared by woody plants, it may shed light on the physiological costs and compensations in tree species, in general, as they grow taller.

Materials and methods

Site description

This study was performed from 23 July to 3 August 2007 on ten individuals of W. robusta (H. Wendl.) growing at the Los Angeles County Arboretum & Botanic Garden (34°0′29.43″N, 118°3′15.15″W) in Arcadia, California. The site contained several open-grown palm individuals scattered throughout a lawn with palms varying in height from 1 m tall to approximately 35 m tall. The site is adjacent to a natural aquifer; therefore, the water table is elevated in this location. Also, the area was sprinkler
irrigated approximately three times per week for 1–2 h at each interval, and plants, therefore, should not have experienced soil moisture stress during the experimental period. Measurements of solar radiation were made using a pyranometer (Apogee Instruments, Roseville, CA, USA) located on an open lawn. Diurnal measures of temperature and relative humidity were made using a Campbell Scientific (CS215) temperature and relative humidity sensor (Campbell Scientific Inc., Logan UT, USA) located approximately 5 m above the ground in an exposed area. Atmospheric and radiation data were captured at intervals of 30 s and logged every 2 min using a CR10X datalogger and an associated AM16/32A multiplexer (Campbell Scientific Inc., Logan, UT, USA). For the 10 day measurement period, daily maximum temperatures ranged from 29 to 34°C and nightly minimum temperature ranged from 17 to 20°C. Daily minimum humidity ranged from 21 to 50% and nightly maximum humidity ranged from 82 to 90%. Daily maximum vapor pressure deficits (VPD) ranged from 2 to 4 kPa. Maximum daily solar radiative flux was also measured in the boles of eight palms ranging from 7 to 34 m tall using 2 cm long Granier heat dissipation sensors (Granier 1987). Sap flux was also measured in the petioles in five palms ranging from 2 m tall to 34 m tall, in each of which two sap flux sensors were installed in two separate petioles. Table 1 summarizes tree data and sampling details.

In boles, the leaf bases (if any) were removed from the base of the palm and two sensors were installed on either side of the bole directly beneath the pseudobark, with this position indicated by a color change that was indicative of wet, conductive bole material. An additional sensor was also installed at a depth of 2 cm below the pseudobark, giving a total of three sensors per palm bole. Sensors were connected to a CR10X datalogger and an associated AM16/32A multiplexer that captured data at intervals of 30 s and logged every 2 min (Campbell Scientific Inc., Logan, UT, USA). The boles were wrapped with reflective insulation to prevent external temperature fluctuations. Data from outer bole sensors and the 2 cm depth sensor were pooled because statistical analysis indicated that they were not significantly different (P value = 0.25). Sap flux data (g m$^{-2}$ s$^{-1}$) were scaled-up to the whole tree level by multiplying by the cross-sectional area of the bole minus the area of the pseudobark (approximated to be 1 cm thick) giving sap flux units of kg day$^{-1}$ and then divided by total palm leaf area to give units of kg day$^{-1}$ m$^{-2}$ leaf area. We are assuming that sap flux is more or less constant across the radius of the bole (and indeed we found no significant differences between outer bole and 2 cm depth sensors). This assumption is also validated by work done by Roupsard et al. (2006) who found a constant pattern of sap flux throughout the stem of coconut palms (Cocos nucifera L.) up to a 12 cm radius. Likewise, Sellami and Sifaoui (2003) found that the sap flow in date palms (Phoenix dactylifera L.) did not differ significantly between the 3 cm and 6 cm depth sensors.

For the petiole sap flux, 1 cm long Granier sensors were only used in the petioles of the 2 m tall palm. All other petioles had 2 cm long Granier sensors. The shape of the petiole cross-section is approximately a semi-circle and sensors were inserted in the flat portion of the petiole (adaxial side). Petioles were then wrapped with reflective insulation to minimize external temperature fluctuations. Sap flux data (g m$^{-2}$ s$^{-1}$) were scaled-up by multiplying by the cross-sectional area of the petiole, giving sap flux units of kg day$^{-1}$ and then divided by individual frond leaf area to give units of kg day$^{-1}$ m$^{-2}$ leaf area.

Stem water storage was also investigated in order to ascertain contributions of stored water in the bole to overall sap flux. Palms that are more reliant on stored bole water will tend to lag behind palms that have less stored bole water. To evaluate this, diurnal time courses of bole sap fluxes (g m$^{-2}$ s$^{-1}$) in two short palms (7 and 8 m) were compared with diurnal time courses of bole sap fluxes (g m$^{-2}$ s$^{-1}$) in three tall palms (28–34 m) using cross-correlation analysis. In addition, two of the ten palms (8 and 28 m tall) had simultaneous bole and petiole sap flow data. In these individuals, stem water storage was estimated by pairing diurnal time courses of sap flux made in the bole with that of corresponding petioles using cross-correlation analysis. The time lag corresponding to the maximum degree of correlation between the petiole sap flux and the bole sap flux represented the approximate amount of water storage in the bole of the palm.
Stomatal conductance and photosynthesis

Stomatal conductance and photosynthetic assimilation were measured diurnally on five palms ranging from 8 to 34 m tall using a LiCor 6400 photosynthesis system (Licor, Lincoln, NE, USA) fitted with a red–blue LED light source. Five palms were chosen from among the ten total palms to span a large range in height of reproductively mature individuals, and to maintain reasonable sampling time intervals throughout the day. Measurements were made over a 4 day period at intervals of approximately 1.5 h (from approx. 6 am to 5 pm) with a light level of 1,500 μmol m$^{-2}$ s$^{-1}$ and a CO$_2$ level of 400 μmol mol$^{-1}$. Two leaf segments from different fronds were measured per palm during each time period. Measurements were taken when both stomatal conductance and photosynthetic assimilation had stabilized. Measurements from the two leaf segments were averaged per time period. Polynomial equations were then fit to the diurnal stomatal conductance and photosynthetic assimilation data and were used to calculate maximum daily stomatal conductance and maximum daily photosynthetic assimilation rate (both calculated by setting the first derivative equal to zero) for each palm measured. Equations and $r^2$ values are presented in Table 2. With few exceptions, the rankings of maximum photosynthetic assimilation and maximum stomatal conductance across tree height were the same whether values were obtained from the polynomial equations or from the raw data.

Water potential measurement

Diurnal measures of leaf water potential were made on five palms ranging from 2 to 28 m tall using a Scholander type pressure chamber (Soil Moisture Equipment Corp., Santa Barbara, CA, USA) (Scholander et al. 1965). These individuals were selected from among the ten total palms to cover a large range in palm height but to maintain a manageable diurnal sampling schedule. Leaf water potentials were measured over a 4 day period at intervals of approximately 1.5 h (from approximately 6 am to 5 pm). Water potential measurements were made by removing two individual segments from the leaf. Leaf segments were immediately placed in a plastic bag and covered in order to promote stomatal closure and prevent further leaf dehydration. An approximately 1 cm length of leaf tissue was removed from either side of the midrib, and the remainder of the segment was placed in the pressure chamber with the midrib exposed to the outside environment. Measurements from the two leaf segments were averaged to give one measurement per palm at a given time period. Polynomial equations were then fit to the diurnal leaf water potential data and were used to calculate minimum leaf water potential and the time of minimum leaf water potential (both calculated by setting the first derivative equal to zero) for each palm. Equations and $r^2$ values are presented in Table 2. The rankings of minimum leaf water potential across tree height were the same whether values were obtained from the polynomial equations or from the raw data.

### Table 1 Basic characteristics of the *Washingtonia robusta* study palms including number and locations of Granier sensors for each individual

| Height (m) | dbh (m) | Outer bole sensors | 2-cm depth bole sensors | Pterioles sensors |
|------------|---------|---------------------|-------------------------|------------------|
| 2          | –       | –                   | –                       | 2                |
| 7          | 0.52    | 2                   | –                       | –                |
| 8          | 0.45    | 2                   | 1                       | 2                |
| 9          | 0.47    | 2                   | 1                       | –                |
| 18         | 0.44    | 2                   | 1                       | 2                |
| 22         | 0.43    | 2                   | 1                       | –                |
| 28         | 0.44    | 2                   | 1                       | 2                |
| 30         | 0.57    | 2                   | 1                       | –                |
| 34         | 0.51    | 2                   | 1                       | –                |
| 34a        | 0.51    | –                   | –                       | 2                |

* Leaning palm

### Table 2 Equations and $r^2$ values for the regressions in Fig. 3

| Tree height (m) | Stomatal conductance $\text{mol H}_2\text{O} (\text{m}^{-2} \text{s}^{-1})$ | $r^2$ | Photosynthetic assimilation $\mu\text{mol CO}_2 (\text{m}^{-2} \text{s}^{-1})$ | $r^2$ | Leaf water potential (Mpa) | $r^2$ |
|-----------------|-------------------------------------------------|-------|-------------------------------------------------|-------|---------------------------|-------|
| 2               | $y = -1.28 + 0.26x - 0.01x^2$                   | 0.81  | $y = -38 + 8.1x - 0.32x^2$                      | 0.64  | $y = -2.3 + 0.5x - 0.02x^2$ | 0.87  |
| 8               | $y = -1.17 + 0.29x - 0.01x^2$                   | 0.6   | $y = 4.67 + 1.6x - 0.08x^2$                     | 0.13  | $y = -8.9 + 1.7 - 0.06x^2$  | 0.94  |
| 18              | $y = -0.70 + 0.20x - 0.009x^2$                  | 0.33  | $y = 6.4 + 1.5x - 0.06x^2$                      | 0.05  | $y = -8.1 + 16x - 0.06x^2$  | 0.82  |
| 22              | $y = -1.05 + 0.25x - 0.01x^2$                   | 0.67  | $y = -37 + 8.2x - 0.32x^2$                      | 0.63  | $y = -9.8 + 1.9x - 0.07x^2$ | 0.9   |
| 28              | $y = -1.16 + 0.24x - 0.01x^2$                   | 0.66  | $y = -55 + 11x - 0.42x^2$                      | 0.96  |                           |       |

* Leaning palm
Leaf areas were estimated for the same two leaves used to measure petiole sap flux in four of the ten study palms ranging from 8 to 34 m tall. These palms represented a range of heights and could be accessed using the bucket lift or ladder. Leaves were harvested after sap flux measurement had been completed and an overhead digital photo was taken of each leaf with a known scaling factor. Image analysis software (Image J, Scion Image, Frederick, MD, USA) was then used to measure leaf area. Measurements of the two leaves were pooled to give an average leaf area for each palm. In order to measure leaf dry mass per unit area (LMA), three leaf segments from each leaf were removed and their individual areas measured. These leaf segments were allowed to air dry for 1 week, then their dry weight was obtained. Additionally, live leaf counts were made on palms ranging from 8 to 34 m tall. These palms represented a range of heights and could be accessed using the bucket lift or ladder. Leaves were harvested after sap flux measurement had been completed and an overhead digital photo was taken of each leaf with a known scaling factor. Image analysis software (Image J, Scion Image, Frederick, MD, USA) was then used to measure leaf area. Measurements of the two leaves were pooled to give an average leaf area for each palm. In order to measure leaf dry mass per unit area (LMA), three leaf segments from each leaf were removed and their individual areas measured. These leaf segments were allowed to air dry for 1 week, then their dry weight was obtained. Additionally, live leaf counts were made on each individual.

Leaf epidermal cell sizes, stomatal density and guard cell length were measured by making hand sections of leaf material. To begin, individual leaf segments were gathered from palms 2 to 34 m tall, and then thin sections were cut with a razor blade from the adaxial side of two individual leaf segments tangential to the midrib. Sections were then stained with a solution of 1% Toluidine Blue O and mounted on slides using Permount. The slides were viewed at 200x magnification using a compound light microscope (Nikon Alphaphot-2, Melville, NY, USA) and photographs were taken with a digital camera (Fuji FinePix F700 Valhalla, NY, USA). These photographs were imported into image analysis software (Image J, Scion Image, Frederick, MD, USA) for measurement. Leaf epidermal cell areas were measured by tracing around the perimeter of approximately 20–30 cells per photograph and calculating the area of this traced section. Approximately 2–5 photographs per palm were used for this measurement giving a total of approximately 50–150 cells measured per palm. Stomatal densities were calculated by counting the number of stomata within a field of view, then calculating the area of that field of view. Approximately 15–20 different fields of view were used per palm. Guard cell lengths were calculated by measuring the distance between the two points where the guard cells meet. Approximately 50 and 100 stomata were measured per palm in order to calculate average guard cell length.

Statistical analyses

Means, standard errors and Tukey HSD tests were calculated using JMP 7.0 statistical software (SAS Institute, Cary, NC, USA). All linear and polynomial regressions were fitted using SigmaPlot 2000 Version 6.1 (SPSS Inc., Chicago, IL, USA) software. $R^2$ and $P$ values for all regressions were also calculated using SigmaPlot 2000.

Results

Palms were found to range in height from 2 m tall to 34 m tall. Due to its significant lean, the crown of one of the palms reported to be 34 m tall was only 27 m about the ground. However, because hydraulic limitation is concerned with friction imposed on water travel as well as hydrostatic gradients in water potential, trunk length is as important in this study as actual crown height above the ground. All other palms did not possess a significant lean. The palm reported to be 2 m tall was a juvenile that did not possess a trunk therefore, because this individual differed so greatly in development from the other individuals, only petiole sap flux, water potentials and leaf epidermal cell areas were compared with taller palms, and only to make limited inferences (in “Discussion”).

Representative diurnal time courses of bole sap flux (g m$^{-2}$ s$^{-1}$) in palms ranging in height from 7 to 34 m tall are presented in Fig. 1 with corresponding VPD and solar radiation time data. Daily minimums, maximums, means and standard errors for the palms studied are presented in Table 3. There is a slight positive relationship between palm height and daily bole sap flux per unit leaf area (Fig. 2a; $P = 0.06$, $r^2 = 0.46$) due to the decrease in leaf area with increases in palm height, but no relationship between palm height and daily petiolar sap flux per unit leaf area (Fig. 2b; $P$ value = 0.54). Variability in W. robusta sap flux both within and between palms was considerable with bole sap flux per unit leaf area differing by up to a factor of about three and petiole sap flux per unit leaf area differing by almost a factor of about six. Roupsard et al. (2006) also found large variability in coconut palms with sap flow varying by up to a factor of three between palms.

Investigation of stem water storage using between palm cross-correlation analysis indicated that bole sap flux in large palms lagged behind bole sap flux of small palms by 30 min ($n = 4$ palms; maximum $r^2 = 0.68$). Similarly, within-palm cross-correlation analysis indicated a larger petiole-bole time lag in a larger palm (44 min lag in a 28 m tall palm; maximum $r^2 = 0.87$) than a shorter palm (28 min lag in an 8 m tall palm; maximum $r^2 = 0.8$). These lags correspond to approximately 16 and 22% of daily water use, respectively, according to procedures and assumptions described in Phillips et al. (2003b).

Daily maximum stomatal conductances and photosynthetic assimilation rates were calculated from the curves shown in Fig. 3a, b and equations with $r^2$ values are presented in Table 2. Maximum daily stomatal conductance showed no discernable relationship with tree height (Fig. 4a; $P$ value = 0.36). Additionally, there was no observable relationship between tree height and either stomatal density ($P$ value = 0.82) or guard cell length.
having more negative minimum leaf water potentials than shorter palms; although the slope of the curve decreases with increasing height. Also, the time of minimum leaf water potential was negatively correlated with tree height (Fig. 5b; $r^2 = 0.61$, $P$ value = 0.12) with taller palms reaching a minimum leaf water potential earlier in the day than shorter palms. Because all individuals were open-grown, it is unlikely that differences in the timing of minimum leaf water potential were the result of differences in solar radiation throughout the day. The earliest minimum leaf water potential (in the tallest palm) was reached at approximately 13:42 PDT and the latest minimum leaf water potential (in the shortest palm) was reached at 16:36 PDT (mean = 14:42 PDT, SE = 29 min). Although the 2 m tall palm was still a juvenile and therefore differed developmentally from the other individuals, we feel that comparisons of leaf water potential are still valid.

Leaf areas were significantly and negatively correlated with tree height. Taller palms had fewer leaves (Fig. 6a; $r^2 = 0.6$, $P$ value = 0.026) and leaves with smaller areas (Fig. 6b; $r^2 = 0.99$, $P$ value = 0.058) than shorter palms; although both of these relationships were non-linear with the slope of the curve decreasing as tree height increased.

Leaf epidermal cell sizes were found to remain constant in palms 2 m tall to 22 m tall with Tukey HSD tests confirming that cell sizes in these palms did not differ significantly from one another at a 95% confidence level (Fig. 6c). On the other hand, leaf epidermal cell sizes in both 28 m tall palms and 34 m tall palms were found to be significantly smaller ($P$ values $\leq 0.05$) than in palms 2–22 m tall. Additionally, leaf epidermal cells from the 34 m tall palm were found to be significantly smaller than cells from the 28 m tall palm (Fig. 6c; $P$ value $< 0.001$).

**Discussion**

The hydraulic limitation hypothesis states that as trees grow taller, greater friction to water flow causes taller trees to reach minimum leaf water potentials sooner in the day than shorter trees causing stomatal closure that decreases carbon gain (Yoder et al. 1994; Ryan and Yoder 1997). However, *W. robusta* palms showed no discernable decrease in daily bole sap flux per unit leaf area, daily petiolar sap flux per unit leaf area, maximum stomatal conductance, stomatal densities or stomatal sizes with an increase in tree height suggesting that taller palms are not experiencing the effects of hydraulic limitation. Barnard and Ryan (2003) also found that taller *Eucalyptus* trees had similar sap flux per unit leaf area and whole tree stomatal conductance compared to their shorter counterparts.

McDowell et al. (2002a) found similar results in old-growth Douglas-fir trees, in that stomatal conductance,
photosynthetic assimilation and leaf-specific hydraulic conductance were not significantly different among trees of different heights.

Although hydraulic limitation was not observed in *W. robusta* in terms of lower stomatal conductance in taller palms, we found several alterations in physiology with height including decreasing leaf area, decreasing leaf cell sizes and more negative midday leaf water potentials suggesting that tall palms face, and in turn compensate for, some degree of hydraulic path length constraint. For example, taller palms reached a minimum leaf water potential sooner in the day than shorter palms. Because all individuals were open-grown, it is unlikely that differences in the timing of minimum leaf water potential were the result of differences in solar radiation throughout the day. The timing of minimum leaf water potential may have been even more disparate had all palms exhibited the same minimum leaf water potential. However, as with many other studies of trees across a height gradient (McDowell et al. 2002a; Barnard and Ryan 2003; Woodruff et al. 2007), taller palms also exhibited more negative minimum leaf water potentials than shorter trees. It is interesting that taller palms would be able to withstand more negative water potentials than shorter palms and it begs the question; Why do shorter palms not keep their stomata open longer and reach the minimum water potentials that tall palms do? One reason could be that the petiole xylem of taller palms is more resistant to cavitation than petioles of shorter palms. Woodruff et al. (2007) found minimum leaf water potentials were highly correlated with the water potential at which leaves lost hydraulic conductance along a height gradient. Their finding implies that not only do the leaves at the top of tall trees keep their stomata open at more negative leaf water potentials, but stomatal closure could be correlated to a loss of leaf hydraulic conductance. Lower leaf water potentials were one way in which taller palms compensate for a longer path length of water travel. However, in order to sustain these more negative water potentials, leaf cells in taller trees may have had to increase their osmotic potential in order to maintain turgor (Meinzer et al. 2008). This additional carbon requirement

| Variable                                      | n  | Maximum | Minimum | Mean  | Std error |
|-----------------------------------------------|----|---------|---------|-------|-----------|
| Daily bole sap flux (kg day$^{-1}$ m$^{-2}$ leaf area) | 8  | 0.5     | 1.7     | 1.0   | 0.2       |
| Daily petiole sap flux (kg day$^{-1}$ m$^{-2}$ leaf area) | 5  | 0.2     | 1.3     | 0.8   | 0.1       |
| Max. daily stomatal conduct. (mol H$_2$O m$^{-2}$ s$^{-1}$) | 5  | 0.32    | 0.66    | 0.42  | 0.052     |
| Stomatal density (stomata mm$^{-2}$)           | 6  | 150     | 300     | 210   | 21        |
| Guard cell length (μm)                         | 6  | 13      | 19      | 16    | 0.9       |
| Max. daily photo. assim. (μmol CO$_2$ m$^{-2}$ s$^{-1}$) | 5  | 13      | 19      | 15.7  | 1         |
| LMA (g m$^{-2}$)                               | 6  | 179     | 225     | 201   | 7.6       |
| Minimum leaf water potential (Mpa)             | 5  | –2.0    | –3.6    | –3.0  | 0.27      |
| Leaf area (m$^2$)                              | 4  | 0.79    | 1.74    | 1.13  | 0.21      |
| Live leaf number per palm                      | 10 | 18      | 33      | 23    | 1.5       |
| Leaf epidermal cell sizes (μm$^2$)             | 6  | 196     | 306     | 263   | 1.5       |

Fig. 2 Tree height (m) versus means and standard errors of a total daily bole sap flux (kg day$^{-1}$ m$^{-2}$ leaf area) and b total daily petiole sap flux (kg day$^{-1}$ m$^{-2}$ leaf area). For bole sap flux, standard error bars represent 4–8 replicate days and 2 or 3 sensor locations. For petiole sap flux, standard error bars represent 3 replicate days and 2 petioles.
in taller palms could negatively affect increased height growth. It is also interesting to note that differences in minimum leaf water potential between the 8 m tall palm and the 28 m tall palm are approximately 0.4 MPa, and we would expect the taller palm to exhibit, at minimum, a decrease of 0.2 MPa, simply due to the hydrostatic gradient alone (i.e. if there were zero frictional resistance). Therefore, about half of the difference in leaf water potential between the 8 m tall palm and the 28 m tall palm is a consequence of moving water against gravity with the other half likely resulting from the added friction to the water column given the increased path length.

Another compensation that trees can make to offset hydraulic limitation is to alter their hydraulic architecture so that they have less leaf area for a given unit of sapwood area that needs to be supplied with water. For many palm species including *W. robusta*, bole diameters remain more or less constant across various heights once their stems reach maximum diameter and begin to elongate vertically. Likewise, palm species do not lose conducting area of their boles through the formation of heartwood. Therefore, any changes in hydraulic architecture in this and many other palm species occur mainly through changes in leaf area. In our study, not only did taller palms have fewer leaves than shorter palms, but the leaves they had were smaller in area. This is unlikely to be influenced by light environment since all individuals were open-grown. Decreases in leaf area to

![Fig. 3](image-url)  
**Fig. 3** Daily time courses of a stomatal conductance (mol H₂O m⁻² s⁻¹), b photosynthetic assimilation rate (µmol CO₂ m⁻² s⁻¹) and c leaf water potentials (Ψ, MPa). *Closed circles* 2 m palm, *open circles* 8 m palm, *closed triangles* 18 m palm, *open triangles* 22 m palm, *closed squares* 28 m palm, *open squares* 34 m leaning palm. Equations and r² values are presented in Table 2

![Fig. 4](image-url)  
**Fig. 4** Tree height (m) versus a maximum daily stomatal conductance (mol H₂O m⁻² s⁻¹) calculated from the daily time courses of stomatal conductance (Fig. 3a), b maximum daily photosynthetic assimilation rate (µmol CO₂ m⁻² s⁻¹) calculated from the daily time courses of photosynthetic assimilation rate (Fig. 3b) (y = 0.23x + 10.2) and c mean leaf mass per area (LMA, g m⁻²) where std. error bars represent five replicate leaflets.
sapwood area ratios across height has been seen in several other studies (Schäfer et al. 2000; Phillips et al. 2001; McDowell et al. 2002b; Barnard and Ryan 2003), although there are some exceptions to this trend (Phillips et al. 2003a). Specifically, Buckley and Roberts (2006) predict that leaf area to sapwood area ratios should increase with height growth (until height growth tapers off) in order to maximize carbon gain. Of course, these decreases in leaf area may also be the result of a mechanical limitation and not a hydraulic one since a smaller crown would put less strain on the bole than a larger, heavier one.

Not only do taller trees face an increased path length to water flow but the turgor pressures at the tops of these trees will also decrease unless osmotic adjustment occurs (Koch et al. 2004; Woodruff et al. 2004). This decreased turgor pressure could lead to more limited cell expansion at the tops of tall trees relative to shorter ones (Woodruff et al. 2004) and increased LMA (Marshall and Monserud 2003; Koch et al. 2004). However, we found no significant differences in LMA between palms of different heights. LMA may be consistent across palm height because all palms were open-grown and it has been observed that LMA is affected by light availability (Bond et al. 1999) as well as tree height. We did, however, find that the tallest palms (28 and 34 m tall) had smaller epidermal cells than shorter palms, potentially due to a decreased turgor pressure in these cells during expansion. It is also interesting to note that although epidermal cells were significantly smaller in taller palms than shorter ones, guard cell sizes showed no pattern of decrease with height. In addition, although taller palms had less leaf area than shorter palms, their leaves increased in photosynthetic capacity, exhibiting higher maximum daily photosynthetic assimilation rates than did those of shorter palms. This higher photosynthetic capacity could offset some of the carbon gain lost by having smaller leaf areas.

Taller palms also appeared to exhibit greater stem water storage, both in cross-correlation analysis of basal bole sap flux between taller and shorter palms and in cross-correlation analysis between petioles and boles and this trend has been seen in other studies as well (Goldstein et al. 1998; Phillips et al. 2003b). Specifically for palms, Holbrook and Sinclair (1992) found that water storage per unit leaf area within the stem increased linearly with palm height in Sabal

Fig. 5 Tree height (m) versus a minimum daily leaf water potential (Ψ; MPa) \(y = -1.9x^{0.13}\) and b the time at which minimum leaf water potential occurred \(y = 0.08x + 16.0\), both calculated from the daily time courses of leaf water potential (Fig. 3c)

Fig. 6 Tree height (m) versus a the number of live leaves per palm \(y = 44.6x^{-0.24}\), b leaf area \((m^2)\) \(y = 5.59x^{-0.55}\) and c average leaf epidermal cell area \((\mu m^2)\) for a given leaf. Errors bars represent the standard error from the two leaves per palm measured and the standard error around average leaf epidermal cell size. Leaf epidermal cell sizes for the 28 and 34 m palms are significantly lower than the shorter palms and well as being significantly different from each other \((P value < 0.05)\)
palmetto ((Walt.) Lodd). However, this pattern may not hold true in all palm species with Rich (1987) finding that wet density of the central tissue in Iriartea gigantea (H. A. Wendl. ex Burret) palms decreased with individual height and that water content decreased from 90 to 25% by weight in peripheral tissues and from 95 to 90% in the central tissues as tree height increased. For most tree species, increases in stem water storage occur mainly through increases in diameter. However, in palms, which exhibit more or less constant bole diameters, increases in stem water storage can still be achieved through increases in height and changes in stem tissue properties.

In summary, although W. robusta palms in this study were some of the tallest known palms of this species in the Los Angeles area, we found no evidence that hydraulic limitation was impacting stomatal conductance, at least on a per unit leaf area basis. There was a large amount of variability in bole and petiole sap flux that could be masking any trends in sap flux with height, however, our sap flux data agrees with independently measured stomatal conductance data in finding no negative relationship in stomatal conductance with height. One reason that palms may not exhibit hydraulic limitations with height could be due to their hydraulic architecture. The bole-frond junction is a point of large resistance because only the small vessels of the protoxylem connect the bole with the frond (Tothilinson 1990). Because the major point of hydraulic resistance in palms exists at this bole-frond connection, palms may be able to increase the length of their boles without incurring the costs of increased friction normally associated with hydraulic limitation with height (Noel Michele Holbrook, personal communication). We did find, however, that taller palms had lower minimum leaf water potentials that occurred earlier in the day than in shorter palms. Also, taller palms had fewer, smaller leaves that were more photosynthetically efficient than did shorter palms. Therefore, although carbon gain was not more stomatically limited in taller palms than in shorter palms, they did exhibit lower leaf areas than shorter palms which could limit their overall carbon gain (Phillips et al. 2003a) and therefore limit subsequent increases in height. Alternatively, decreased height growth rates in tall palms could be a response to mechanical limitation. Palms at their maximum height have been shown to have a lower margin of safety against mechanical failure than both shorter palms as well as angiosperm and conifer species (Rich et al. 1986; Rich 1987). Although not studying palm species, Meng et al. (2006) found that by tethering tall lodgepole pines (Pinus contorta Dougl.) to reduce their bending movement, the trees increased their height growth by 40% relative to the previous, untethered period. Lower leaf areas in taller palms may, in fact, be a response to mechanical limitation as well as hydraulic limitation with one or both of these factors explaining the decreased height growth rates exhibited by tall W. robusta palms.

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