Combination Inhibition Activity of Chlorhexidine and Antibiotics on Multidrug-Resistant Acinetobacter Baumannii in Vitro

Fei Lin
Clinical Medical College and The First Affiliated Hospital of Chengdu Medical College

Bin Yu
Mianyang Central Hospital

Qinghui Wang
Sichuan Province College Key Laboratory of Structure-Specific Small Molecule Drugs, School of Pharmacy, Chengdu Medical College

Mingyong Yuan
Clinical Medical College and The First Affiliated Hospital of Chengdu Medical College

Baodong Ling (lingbaodong@cmc.edu.cn)
Sichuan Province College Key Laboratory of Structure-Specific Small Molecule Drugs, School of Pharmacy, Chengdu Medical College

Research Article

Keywords: A. baumannii, chlorhexidine, Antibiotics, Antiseptics, in vitro

DOI: https://doi.org/10.21203/rs.3.rs-130283/v1

License: © This work is licensed under a Creative Commons Attribution 4.0 International License. Read Full License
Abstract

**Background:** Chlorhexidine is a widely used disinfectant in clinical settings and a broad-spectrum antimicrobial agent effective against aerobic and anaerobic bacteria. However, disinfectant resistant or non-susceptible bacteria, including antibiotic-resistant *Acinetobacter baumannii*, have been found. This study aimed to develop a new technique to prevent and control *A. baumannii* infection in the hospital setting.

**Methods:** Chlorhexidine combined with minocycline, doxycycline, meropenem, imipenem, levofloxacin and ciprofloxacin were tested against the 30 multidrug-resistant and extremely drug-resistant *A. baumannii* clinical isolates. The checkerboard test was used to calculate the fractional inhibitory concentration index according to the minimum inhibitory concentration value for chlorhexidine combined with antibiotics.

**Results:** The combination of chlorhexidine with minocycline, doxycycline, meropenem, or ciprofloxacin showed synergistic responses in all clinical isolates, and more than 50% of isolates showed FICI ≤ 0.5. However, chlorhexidine together with imipenem or levofloxacin showed indifferent responses in 10% and 3.33% clinical isolates, respectively. In all tests, combinations of chlorhexidine with each of the above six antibiotics showed synergistic and additive effects, and inhibited the clinical isolates.

**Conclusions:** We concluded that, chlorhexidine combined with antibiotics could be used to control the risk of infection with *A. baumannii*.

1. **Introduction**

Chlorhexidine is a bisbiguanide antiseptic, disinfectant and preservative that is effective against a wide range of bacteria, and also a broad-spectrum antimicrobial agent that is active against aerobic and anaerobic bacteria [1, 2]. It is widely used in children and adults with an excellent record of safety and efficacy for applications as diverse as hand washing, preoperative skin preparation, vaginal antisepsis, treatment of gingivitis, and body washes to prevent neonatal sepsis [3-5]. Chlorhexidine acts primarily on the bacterial cell membrane causing leakage of intracellular material. Low concentrations of chlorhexidine affect membrane integrity, whereas high concentrations cause congealing of the cytoplasm[2]. One research has shown that chlorhexidine can decrease the mortality and infection rate in the hospital setting, especially in the intensive care unit[3]. However, other researches have also found that several bacteria, including *A. baumannii*, *Klebsiella pneumoniae*, *Pseudomonas aeruginosa*, *Escherichia coli*, have reduced susceptibility or are resistant to chlorhexidine [6-8].

*A. baumannii* is an opportunistic nosocomial pathogen which can survive for prolonged periods in the hospital environment. *A. baumannii* causes infections including bacteremia, pneumonia, meningitis, septicemia, urinary tract infections, wound and skin infections[9, 10]. The multidrug-resistant (MDR) and extremely-drug resistant (XDR), even the pan-drug resistant (PDR) *A. baumannii* have been found in hospitals. The carbapenem-resistant *A. baumannii* was identified as a priority by the World Health Organization's (WHO) report on pathogens requiring research and development of new antibiotics. An important technique to prevent and control the spread of *A. baumannii* infection in the hospital setting is to remove the bacterial cell from the surface of medical devices. In recent years, research has focused on the antimicrobial resistance and reduced biocide susceptibility of *A. baumannii*[10-12]. Previously, chlorhexidine was found to reduce the susceptibility
to A. baumannii in clinical isolates. In addition, chlorhexidine bathing significantly reduces colonization of A. baumannii in intensive care unit settings[13]. Özçaka Ö et al[14] found chlorhexidine decreases the risk of ventilator-associated pneumonia in intensive care unit patients, and A. baumannii was the most common pathogen (64.7%, 27/34) of all species identified. However, whether bathing can reduce A. baumannii infections requires validation with further studies. Therefore, this study aimed to test chlorhexidine combined with antibiotics against the MDR and XDR A. baumannii isolated from clinical departments.

2. Material And Methods

2.1 Bacterial strains and media

A. baumannii ATCC19606 was used as the wild-type strain. A total of 30 A. baumannii clinical isolates, comprising 6 multidrug-resistant (MDR), and 24 extremely-drug resistant (XDR) isolates, were used in this study and have been described previously[11]. Mueller-Hinton (MH) broth or agar (Oxoid, England) were the growth mediums used throughout the study. Bacteria were cultivated at 37 °C.

2.2 Antibiotics and other agents

The antibiotics and biocides used in this study were purchased commercially. Chlorhexidine acetate, Doxycycline (DOX), minocycline (MIN), levofloxacin (LEV), ciprofloxacin (CIP), imipenem (IMP), meropenem (MER) were purchased from Dalian Meilun Biological Technology (Dalian, China).

2.3 Checkerboard test

The interaction of chlorhexidine acetate with antibiotics was evaluated by the checkerboard method and expressed as the sum of the fractional inhibitory concentration index (FICI) for the DOX, MIN, LEV, CIP, IMP and MER. The FICI of each agent was calculated as the minimum inhibitory concentration (MIC) of the agent in combination divided by the MIC of the agent alone. The FICI was calculated in accordance with the following formula:

\[
FICI = \frac{MIC_A^\text{combination}}{MIC_A^\text{alone}} + \frac{MIC_B^\text{combination}}{MIC_B^\text{alone}}.
\]

The results were interpreted as follows: FICI ≤ 0.5, synergistic; 0.5 < FICI ≤ 1, FICI = 1, additive; 1 < FICI ≤ 4, indifferent; and FICI > 4, antagonistic[15, 16].

3. Results

3.1 Checkerboard test

The checkerboard test showed the synergistic effects of biocides combined with antibiotics against the MDR and XDR A. baumannii (Table 1). The combinations of chlorhexidine with DOX, MIN, MER, or CIP had synergistic effects in all test isolates, as more than 50% of isolates showed the FICI ≤ 0.5. When chlorhexidine was combined with LEX and IMP, more than 66.67% of isolates were 0.5 < FICI ≤ 1. However, chlorhexidine together with IMP or LEV were indifferent in only 10% and 3.33% of isolates, respectively. In all tests, chlorhexidine and the other 6 antibiotics showed synergistic and additive effects.
4. Discussion

*A. baumannii* has become a major threat in the hospital environment by causing nosocomial infections and colonization. It is inherently resistant to multiple antibiotics\[10, 17\]. In the present study, MDR, XDR, PDR and biocides non-susceptible *A. baumannii* were isolated from clinical patients\[11\]. *A. baumannii* clinical isolates have been isolated from sputum samples which frequently lead to pneumonia. In a previous study, the sputum samples accounted for 89.36% of the total samples\[11\]. Chlorhexidine has good bactericidal effect and high safety on many bacteria. Some clinical research found chlorhexidine decreases the risk of pneumonia by maintaining good oral hygiene and body washing \[14, 18\]. A recent study has shown that chlorhexidine could reduce the susceptibility to *A. baumannii* infection \[11\].

Other studies have also shown that chlorhexidine alone or in combination with other antibiotics can prevent and reduce hospital-acquired infections, including respiratory catheter, gastric tube and urinary catheter \[13, 19-21\]. For example, Jamal *et al.* \[21\] showed chlorhexidine alone, or combine with minocycline and rifampicin, reduced the incidence of *A. baumannii* catheter-related infections. In this study, chlorhexidine combinations with doxycycline, minocycline, levofloxacin, ciprofloxacin, imipenem, or meropenem against 6 MDR and 24 XDR *A. baumannii* clinical isolates were tested in vitro. The results showed chlorhexidine combinations with DOX, MIN, MER, or CIP were synergistic in all biocide combinations, with more than 50% of isolates showing FICI ≤ 0.5. Additionally, the chlorhexidine and antimicrobial MIC values were decreased, which indicates that this technique could effectively reduce drug resistance. However, methods for implementation in clinical settings which avoid adverse drug reactions need to be elucidated. The biocides combined with antibiotics can be used in clinical isolate inhabitation. Since chlorhexidine can be used on the body surface, it can be mixed with antibacterial drugs for disinfectant wipes used in patients’ oral care, tracheal intubation and ventilators, to eliminate fixed-value bacteria and prevent the spread of infection.

5. Conclusions

In conclusion, Chlorhexidine combined with antibacterial drugs has synergistic or additive antibacterial effects against multiple and pan-resistant *A. baumannii*. This new technique may have important implications for the treatment and transmission control of *A. baumannii* infection.

**Declarations**

**Author Contributions:** FL and BL conceived and designed the study. FL and QW performed the experiments. FL, BY and MY analyzed the data and wrote the manuscript. All authors reviewed and approved the final version of the manuscript.

**Funding:** This work was supported by the National Natural Science Foundation of China (grants no. 81373454).

**Acknowledgments:** Not Applicable.

**Conflicts of Interest:** The authors declare no conflict of interest.
Ethical approval and consent to participate: Not applicable.

Consent for publication: Not applicable.

Availability of data and material: The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

References

1. Thomas L, Maillard JY, Lambert RJW, Russell AD Development of resistance to chlorhexidine diacetate in Pseudomonas aeruginosa and the effect of a 'residual' concentration[J] Journal of Hospital Infection, 2000, 46(4): 297–303
2. McDonnell G, Russell AD Antiseptics and disinfectants: activity, action, and resistance[J] Clin Microbiol Rev, 1999, 12(1): 147–179
3. Borer A, Gilad J, Porat N, et al Impact of 4% chlorhexidine whole-body washing on multidrug-resistant Acinetobacter baumannii skin colonisation among patients in a medical intensive care unit[J] J Hosp Infect, 2007, 67(2): 149–155
4. Ozcaka O, Basoglu OK, Buduneli N, Tasbakan MS, Bacakoglu F, Kinane DF Chlorhexidine decreases the risk of ventilator-associated pneumonia in intensive care unit patients: a randomized clinical trial[J] J Periodontal Res, 2012, 47(5): 584–592
5. Kim HY, Lee WK, Na S, Roh YH, Shin CS, Kim J The effects of chlorhexidine gluconate bathing on healthcare-associated infection in intensive care units: A meta-analysis[J] J Crit Care, 2016, 32: 126–137
6. Kawamura-Sato K, Wachino J, Kondo T, Ito H, Arakawa Y Correlation between reduced susceptibility to disinfectants and multidrug resistance among clinical isolates of Acinetobacter species[J] J Antimicrob Chemother, 2010, 65(9): 1975–1983
7. Liu WJ, Fu L, Huang M, et al Frequency of antiseptic resistance genes and reduced susceptibility to biocides in carbapenem-resistant Acinetobacter baumannii[J] J Med Microbiol, 2017, 66(1): 13–17
8. F G, J KS, T F, U F, T MN Susceptibility of multidrug resistant clinical pathogens to a chlorhexidine formulation[J] Journal of preventive medicine and hygiene, 2015, 56(4)
9. Durante-Mangoni E, Zarrilli R Global spread of drug-resistant Acinetobacter baumannii: molecular epidemiology and management of antimicrobial resistance[J] Future Microbiol, 2011, 6(4): 407–422
10. Peleg AY, Seifert H, Paterson DL Acinetobacter baumannii: emergence of a successful pathogen[J] Clin Microbiol Rev, 2008, 21(3): 538–582
11. Lin F, Xu Y, Chang Y, Liu C, Jia X, Ling B Molecular Characterization of Reduced Susceptibility to Biocides in Clinical Isolates of Acinetobacter baumannii[J] Front Microbiol, 2017, 8: 1836
12. Bergogne-Berezin E, Towner KJ Acinetobacter spp as nosocomial pathogens: microbiological, clinical, and epidemiological features[J] Clin Microbiol Rev, 1996, 9(2): 148–165
13. Fan CY, Lee WT, Hsu TC, et al Effect of chlorhexidine bathing on colonization or infection with Acinetobacter baumannii: a systematic review and meta-analysis[J] Journal of Hospital Infection, 2019, 103(3): 284–292
14. Özçaka Ö, Başoğlu OK, Buduneli N, Taşbakan MS, Bacakoğlu F, Kinane DF Chlorhexidine decreases the risk of ventilator-associated pneumonia in intensive care unit patients: a randomized clinical trial[J] J Periodontal Res, 2012, 47(5): 584–592

15. Lee H, Roh KH, Hong SG, et al In Vitro Synergistic Effects of Antimicrobial Combinations on Extensively Drug-Resistant Pseudomonas aeruginosa and Acinetobacter baumannii Isolates[J] Ann Lab Med, 2016, 36(2): 138–144

16. Park GC, Choi JA, Jang SJ, et al In Vitro Interactions of Antibiotic Combinations of Colistin, Tigecycline, and Doripenem Against Extensively Drug-Resistant and Multidrug-Resistant Acinetobacter baumannii[J] Ann Lab Med, 2016, 36(2): 124–130

17. Sheng W-H, Liao C-H, Lauderdale T-L, et al A multicenter study of risk factors and outcome of hospitalized patients with infections due to carbapenem-resistant Acinetobacter baumannii[J] International Journal of Infectious Diseases, 2010, 14(9): e764-e769

18. Vilela MCN, Ferreira GZ, Santos PSdS, Rezende NPMd Oral care and nosocomial pneumonia: a systematic review[J] Einstein (Sao Paulo, Brazil), 2015, 13(2): 290–296

19. Lewis SR, Schofield-Robinson OJ, Rhodes S, Smith AF Chlorhexidine bathing of the critically ill for the prevention of hospital-acquired infection[J] Cochrane Database Syst Rev, 2019, 8: Cd012248

20. Abbas S, Sastry S Chlorhexidine: Patient Bathing and Infection Prevention[J] Curr Infect Dis Rep, 2016, 18(8): 25

21. Jamal MA, Rosenblatt JS, Hachem RY, et al Prevention of biofilm colonization by Gram-negative bacteria on minocycline-rifampin-impregnated catheters sequentially coated with chlorhexidine[J] Antimicrob Agents Chemother, 2014, 58(2): 1179–1182

**Tables**

| Antibiotics | FICI range | Mechanism |
|-------------|------------|-----------|
|             | MDR        | XDR       | Synergistic | Additive | Indifferent | Antagonistic |
| chlorhexidine |            |           |             |          |             |              |
| DOX         | 0.375-1    | 0.3125-1  | 27(90)      | 3(10)    | /           | /            |
| MIN         | 0.375–0.75 | 0.3125-1  | 27(90)      | 3(10)    | /           | /            |
| IMP         | 0.625-1.5  | 0.3125-1.5| 13(43.33)   | 14(46.67)| 3(10)       | /            |
| MER         | 0.291–0.625| 0.3125-0.75| 29(96.67)   | 1(3.33)  | /           | /            |
| LEV         | 0.375–0.75 | 0.5–1.5   | 26(86.67)   | 3(10)    | 1(3.33)     | /            |
| CIP         | 0.5-1      | 0.5–1.25  | 26(86.67)   | 4(13.33) | /           | /            |
