Fate of *Listeria monocytogenes* in the Presence of Resident Cheese Microbiota on Common Packaging Materials

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Literature data regarding the survival of microorganisms on materials used for food package purposes are scarce. The aim of the current study is to assess the survival of *Listeria monocytogenes* on different packaging materials for dairy products during extended storage at different temperatures. Three packaging materials (5 × 5 cm) were contaminated with a cocktail of five strains of *Listeria monocytogenes* suspended in a cheese homogenate, including the cheese's native microbial population. Contaminated samples were incubated at 37°, 12°, and 4°C and periodically analyzed up to 56 days. The evolution of the total viable count and pathogen population was evaluated. At 37°C, the results showed that *Listeria monocytogenes* was no longer detected on polyethylene-coated nylon (B) by day 4 and on polyethylene-coated parchment (A) and greaseproof paper (C) by day 7. Interestingly, the initial cell population (ranging between 2.5 and 2.7 log CFU/cm²) of *Listeria monocytogenes* increased to 3 log CFU/cm² within 4 days of storage at 12°C on A and C. During storage, the number remained fairly constant at 12°C and 4°C on two materials (A–C) and decreased slowly on the third one (B). This study shows that survival of *Listeria monocytogenes* on packaging materials for dairy products will be higher when stored at 4 or 12°C compared to 37°C. The survival of *Listeria monocytogenes* on the packaging materials raises concerns of cross-contamination during food handling and preparation at catering and retail premises and within the home, highlighting the importance of treating the packaging materials as a potential source of cross-contamination. These initial findings may aid in quantifying risks associated with contamination of food packaging materials.

**Keywords:** *Listeria monocytogenes*, cross-contamination, packaging materials, dairy products, cold storage, food handling

**INTRODUCTION**

*Listeria monocytogenes* (*L. monocytogenes*) is of interest because infection is often associated with a high mortality rate, particularly among the elderly (Information for Health Professionals and Laboratories | *Listeria* | CDC, 2018). Based on the European Union summary report on trends and sources of zoonoses, zoonotic agents, and food-borne outbreaks in 2017, there has been a statistically significant increased trend of listeriosis in the European Union (EU). Specifically, the numbers of confirmed human cases of listeriosis were 2,480 in 2017.
The EU notification rate was 0.48 cases per 100,000 populations, whereas the EU case fatality was 13.8%. Interestingly, most listeriosis cases have been domestically acquired (The European Union summary report on trends and sources of zoonoses, zoonotic agents, and food–borne outbreaks in 2017–2018 – EFSA, 2018 Journal – Wiley Online Library).

The first human case of listeriosis associated with the consumption of cheese was reported by Linnan et al. (1988). Since then, several outbreaks caused by the consumption of cheese have occurred worldwide (Rios and Dalgaard, 2018). L. monocytogenes represent a significant issue for the food industry and health service management (Le et al., 2014). L. monocytogenes was found most frequently in soft and semi-soft cheese (Schoder et al., 2014; Morandi et al., 2019).

The pathogen can survive in harsh conditions found in the food processing industry, and it can grow at refrigeration temperatures (Havelaar et al., 2010; Carpentier and Cerf, 2011). Additionally, L. monocytogenes form biofilms on common surfaces found in the food processing environment (Wilks et al., 2006; Bonaventura et al., 2008; Martinon et al., 2012). Cross-contamination of foods with L. monocytogenes following contact with inert surfaces has been reported (de Candia et al., 2015; Erickson et al., 2015).

Data regarding the contamination and microbial populations on package materials are scarce in the literature. Siroli et al. (2017), evaluated the effect of packaging materials for fruits and vegetables on the survival of different microbial species during storage. The authors demonstrated that cardboard materials, if stored in an environment with low relative humidity, reduce the potential cross-contamination of food due to a quicker viability loss by microorganisms compared to plastic materials. As for as the packaging materials are concerned, the EU Regulation EC n° 852/2004 (Eur-Lex, 2014) in the Annex II, Chapter X, established the packaging materials are concerned, the EU Regulation EC n° 852/2004 (Eur-Lex, 2014) in the Annex II, Chapter X, established the potential cross-contamination of food due to a quicker viability loss by microorganisms compared to plastic materials. As for as the packaging materials are concerned, the EU Regulation EC n° 852/2004 (Eur-Lex, 2014) in the Annex II, Chapter X, established that “all materials used for wrapping and packaging must not be a source of contamination.” It has been known that most foodborne disease episodes occur as a result of errors during food preparation at retail premises and (ii) compare differences of L. monocytogenes isolates belonging to sequence type (ST) 6 and two and one strain of L. monocytogenes belonging to ST 325 and ST 38, respectively. These STs were chosen, as they are more often found to persist in local (Piedmont) dairy industries (Lomonaco et al., 2018). In silico MLST analysis was performed using tools in the BIGSdb-Lm database. A single colony from each strain was activated twice in 10 mL of Brain Heart Infusion (BHI, Oxoid, Milan) by incubation at 37°C for 24 h. Cell suspensions were individually centrifuged (4,600 x g, 15 min, 4°C), and the supernatant was discarded. Cultures were then washed three times with phosphate buffered saline (PBS – pH 7.3, Sigma–Aldrich S.r.l., Milan, Italy) and diluted with PBS resulting in a final concentration of ~10⁸ CFU/mL by reading the optical density (OD) level at 550 nM (Uvikon-930 spectrophotometer – Kontron instrument, Germany). The final washed pellets of individual strains were re-suspended in 10 mL of pasteurized ultra-filtered milk (pH: 6.6–6.7) and stored for 72 h at 4°C in order to habituate cell cultures to an environment typical of milk products stored at cool temperatures (Angelidis et al., 2002). Ten milliliters of each strain were mixed to obtain a five-strain cocktail which was then serially diluted in a non-sterile cheese homogenate in order to reach a final target level ranging between 2.5–2.7 log CFU/cm².

Cheese Homogenate

Toma-Piemontese, an artisanal protected denomination origin (PDO) cheese (pH 6.0–7.0), was used in this experiment. This PDO cheese is produced in Piedmont (Northwest Italy) from raw milk with the addition of selected starter cultures. The ripening process is carried out under controlled conditions of temperature (6–10°C) and relative humidity (85%) for ~60 days (Fortina et al., 2003). The production and ripening process depends on the natural microbial population present in the raw milk and starter culture. The bacterial composition of the commercial starter mixes generally contains thermophilic and mesophilic lactic bacteria, such as Enterococcus faecium, Lactobacillus plantarum, Streptococcus thermophilus, Lactobacillus delbrueckii spp.

1http://bigsdb.pasteur.fr/listeria/listeria.html

| Table 1 | L. monocytogenes strains used in this experiment. |
|---------|-------------------------------------------------|
| Year    | GenBank assembly accession                       | ST   | Clonal complex | Isolation source | Serogroup |
| 2008    | GCA_002523555.1 ST38 CC101 Dairy environment     | lia  |
| 2009    | GCA_002523545.1 ST325 CC31 Dairy environment     | lia  |
| 2009    | GCA_002523515.1 ST6 CC6 Dairy environment I/Vb   |      |
| 2009    | GCA_002523505.1 ST6 CC6 Dairy environment I/Vb   |      |
| 2009    | GCA_002523605.1 ST325 CC31 Dairy environment     | lia  |
Inoculation of Packaging Materials and Scanning Electron Microscopy (SEM) Analyses

Three materials with different physico-chemical properties were provided by INALPI S.p.A (Moretta, Cuneo – Italy). Polyethylene-coated parchment (designated as A), polyethylene-coated nylon (designated as B), and greaseproof paper (designated as C) were used in this study. These materials are widely used in food packaging for dairy products.

All package materials were cut into squares (5 by 5 cm) and exposed to a UV lamp at 254 nM (30 min) for disinfection before inoculation (Bachmann et al., 1976). Subsequently, 0.5 mL of previously described *L. monocytogenes* culture cocktail (4 log CFU/mL) in non-sterile cheese homogenate was applied to the surface of each packaging piece (5 × 5 cm) in order to reach a final target level ranging between 2.5 and 2.7 log CFU/cm². The inoculated surfaces were air-dried for 30 min at room temperature (22 ± 2°C), and they were then stored aerobically at 37°C (with relative humidity up to 80%), 12°C (with relative humidity up to 60%), and 4°C (with relative humidity up to 60%) for 56 days. Non-inoculated control samples (cheese homogenate without *Listeria monocytogenes* culture cocktail) were kept and analyzed at the end of experiment. Furthermore, analyses of packaging surfaces by scanning electron microscope (SEM) technique were performed in order to obtain information on their microstructure.

Microbiological Analysis

In order to quantify the microbial population persisting on each inoculated packaging material sample, a random selection of three samples of each material was removed from their respective incubators immediately prior to testing (T0). The bacteria on the inoculated surfaces were enumerated after 24 h (T1), 48 h (T2), 4 days (T4), and weekly until the 35 days of storage for *L. monocytogenes* and TVC. The last time analysis was carried out 3 weeks later (56 days of storage). Regarding the sample stored at 37°C, no evidence of *L. monocytogenes* was found after 7 days, therefore testing on this sample was suspended at that point. For enumeration of *L. monocytogenes* and mesophilic aerobic bacteria, the samples were transferred into sterile stomacher bags (Lab Plas Inc., Sainte-Julie, QC, Canada) containing 10 mL of PBS (pH 7.3 – Oxoid, Basingstoke, United Kingdom) and homogenized for 2 min with a stomacher (Seward Ltd., London, United Kingdom). Appropriate dilutions were then surface-plated onto both Ocla (Oxoid, Basingstoke, United Kingdom) and tryptone soy agar (TSA – Oxoid, Basingstoke, United Kingdom). The Ocla plates were incubated at 37°C for 48 h, whereas TSA plates were incubated at 30°C for 24/48 h. After incubation, colonies were manually counted. The *L. monocytogenes* and TVC counts for each sample were expressed as Log₁₀ colony forming unit (CFU)/cm². The enumeration limit of the analysis was 0.4 CFU/cm². Sampling was concluded for materials that had counts below the enumeration limit for at least two consecutive sampling dates. Finally, to confirm the absence *L. monocytogenes* cells, a qualitative method of *L. monocytogenes* detection according to the ISO 11290-1, 2017 was followed on these samples. The experiments were performed three times independently, and the data were statistically analyzed.

Statistical Analysis

Average log-transformed values were compared with Kruskal-Wallis tests followed by Dunn’s post-test, for more than two groups of data. Analyses were performed using XLSTAT (Addinsoft) and GraphPad Prism 7.0 (GraphPad Software). A p-value < 0.05 was considered significant.

RESULTS

Enumeration of Bacteria of Toma Piemontese

The TVC showed mean counts of 6.71 ± 0.12 Log CFU/g. The mean of enterococci count showed 4.78 ± 0.10 Log CFU/g. Counts revealed 5.45 ± 0.21 and 3.94 ± 0.14 for cocci mesophilic and thermophilic, respectively; whereas the mean...
value for lactobacilli counts (mesophilic and thermophilic) were 5.57 ± 0.10 and 4.58 ± 0.12, respectively.

**Survival of L. monocytogenes During Storage of Inoculated Packaging Materials at 37°C, 12°C, and 4°C**

The behavior of *L. monocytogenes* on the packaging materials stored at 37°C is shown in **Figure 1D**. At 37°C, the populations of *L. monocytogenes* decreased to levels below the enumeration limit (0.4 CFU/cm²) after 4 days of storage in B and 7 days of storage in A and C.

Concerning TVC, the initial inoculum level (6.2 log CFU/cm²) decreased from 5.3 (C) to 2.6 log CFU/cm² (B). In short, TVC aligned closely with the trend of the pathogen up to T7 (**Figure 1A**). The behavior of *L. monocytogenes* on the packaging materials stored at 12°C is shown in **Figure 1E**.

At 12°C, *L. monocytogenes* numbers remained high enough to be enumerated using direct plating throughout the entire length of the study (56 days) on all packaging materials. *L. monocytogenes*, in fact, was recovered from all the tested materials, with average counts ranging from 0.4 log CFU/cm² (B) to 3.6 log CFU/cm² (C), respectively.

**Statistical Analysis**

The average counts of *L. monocytogenes* at all sampling points, 12 and 4°C, were analyzed: in particular, highly significantly different p-values (<0.0001) were observed between B and C irrespective of the temperature; significantly different p-values on A and B, ranging from 6 (A) to 5.3 (B) log CFU/cm², respectively (**Figure 1B**).

The behavior of *L. monocytogenes* on the packaging materials stored at 4°C is shown in **Figure 1F**.

At 4°C, pathogen was enumerated until the end of study (56 days) on all packaging materials, with average counts ranging from 1.6 log CFU/cm² (B) to 3.2 (C) log CFU/cm², respectively.

As far as TVC is concerned, the initial inoculum level of 6.2 log CFU/cm² increased on all materials, ranging from 6.7 (C) to 6.4 log CFU/cm² (A) (**Figure 1C**).

Overall, regardless of storage temperature, packaging materials most and least conducive to *L. monocytogenes* survival in cheese residues were C and B, respectively.

The absence of typical *L. monocytogenes* colonies on non-inoculated control samples (cheese homogenate without *L. monocytogenes* culture cocktail) was confirmed according to ISO 11290-1 (2017) at the end of experiment (56 days) on all packaging materials.

![Figure 1](image-url) The microbial populations of TVC (A–C) and *L. monocytogenes* (D–F) recorded during storage at 37°C (A,D), 12°C (B,E), and 4°C (C,F). Dotted line, polyethylene-coated parchment; solid line, polyethylene-coated nylon; dashed line, greaseproof paper.
and 12°C (56 days). It is no surprise that survival was observed at 4°C, as L. monocytogenes may promote the antagonistic effect of the starter culture against L. monocytogenes during storage at 4 and 12°C. It is well known that the microbial population differs greatly between cheeses prepared from pasteurized and unpasteurized milk. Generally, the microbiota of cheeses contain mesophilic lactic acid bacteria (LAB), which grow optimally at temperatures between 30 and 37°C (Callon et al., 2011). The microbiota interacts strongly with L. monocytogenes generating a competitive environment that regulates its survival (Powell et al., 2004; Schirmer et al., 2013). In light of this, based on our results, the numbers of presumptive LAB increased over time, and the microbial interactions taking place in samples stored at 37°C may promote the antagonistic effect of the starter culture against L. monocytogenes. In contrast, the survival of L. monocytogenes was observed at cool temperatures until the end of experiment (56 days). It is no surprise that survival was observed at 4°C and 12°C for long period of time, as L. monocytogenes has been demonstrated to be persistent under less than ideal conditions (Tompkin, 2002; Autio et al., 2003; Vogel et al., 2010) and is able to grow at temperatures below 1°C (Junttila et al., 1988). Another study on the survival of L. monocytogenes in artificially contaminated cheese during storage at 4 and 12°C, the authors showed a higher survival at 4 and 12°C as opposed to during storage at a higher storage temperature (Angelidis et al., 2010).

In nature, the L. monocytogenes contamination of foods may involve more than one strain of the microorganism (Danielsson-Tham et al., 1993; Navas et al., 2007; Zilelidou and Skandamis, 2018). For this reason, a simple inoculation model composed of five strains from dairy products in non-sterile cheese homogenate to simulate the real conditions in the packaging of dairy products was used in this experiment. As for L. monocytogenes, strains belonging to serotype 4b are common in clinical cases whereas strains belonging to serotype 1/2a are, commonly, isolated from food environment (Poimenidou et al., 2018). Additionally, dairy products have been linked to both invasive and non-invasive listeriosis and strains belonging to serotype 4b represent the majority of the outbreak isolates (Melo et al., 2015). Based on our results, survival of L. monocytogenes varied among packaging materials for dairy products as well as at different storage temperatures.

Siroli et al. (2017), evaluated the effect of the two packaging materials (cardboard and plastic materials) for fruits and vegetables on the survival of different spoilage and pathogenic microorganisms during the storage at environmental temperature (1, 8, 24, and 48 h). Briefly, in this study, a reduction of microbial population of the pathogens independently of the inoculation level and packaging type was observed (Siroli et al., 2017). In particular, the reduction of microbial populations (spoilage and pathogenic bacteria) was faster in cardboard than plastic materials. By contrast, molds were able to grow in the presence of high humidity (water) during the storage.

Our work is the first study to provide information on the survival of L. monocytogenes in cheese residues on the surface of common packaging materials for dairy products. We attempted to identify the packaging types of materials that can allow L. monocytogenes to survive during long-term storage (56 days) at different temperatures (4, 12, and 37°C). Additionally, this choice of temperature was informed by the desire to simulate storage in a setting typical of both a retail establishment and a household. In particular, we simulated a temperature abuse that may allow a microbial proliferation both on the packaging materials and the foods (Kusumaningrum et al., 2003; Ndrah et al., 2018). Previous

<FIGURE 2> SEM images of polyethylene-coated parchment (designated as A), polyethylene-coated nylon (designated as B), and greaseproof paper (designated as C). In (A,C), package materials the presence of fibers and micro-pores is evident. By contrast, B package material showed a smooth, plane, and homogeneous surface without holes or micro-pores able to entrap microorganisms.
studies have shown that many domestic refrigerators operate at temperatures above those recommended (Azevedo et al., 2005; Lagendijk et al., 2008; Vegara et al., 2014). Thus, the inoculated surfaces were stored at 4°C (recommended temperature) or 12°C (temperature typical of many household refrigerators). The optimum growth temperature for *L. monocytogenes* (37°C) was included in this investigation. In short, the results indicate that *L. monocytogenes* may survive on food packaging materials with cheese residues for long periods, especially at 12 and 4°C. *L. monocytogenes* contaminated foods or packages found in domestic refrigerators may directly contaminate other stored foods or attach to and persist on the interior surfaces of the refrigerators. The most probable explanation for the long-term survival of *L. monocytogenes* on various soiled packaging materials is the ability to form biofilms. As suggested by the literature regarding survival of *L. monocytogenes* in harmful environments, biofilms could be an important factor concerning the survival of the pathogen in adverse environments (Bridi et al., 2015). Biofilm is an accumulation of bacterial cells on a surface that leads to the formation of complex structures that aid in survival of bacteria (Di Ciccio et al., 2015). Additionally, cheese residues on wet surfaces can facilitate biofilm formation (Harvey et al., 2007).

In general, irrespective of storage temperature, packaging materials most and least conducive to *L. monocytogenes* survival in cheese residues were greaseproof paper (C) and polyethylene-coated nylon (B), respectively. Specifically, at 12 and 4°C, after 56 days, *L. monocytogenes* was recovered from all the tested materials, with different bacterial counts. This variability may be related to the microtopography of different packaging materials selected for this study. The different physical-chemical properties and microstructure of materials tested may affect the attachment of *L. monocytogenes* on B compared to A and C. The roughness and porousness of surfaces and environmental conditions can affect the survival of microorganisms (Chmielewski and Frank, 2003; Montibus et al., 2016). Packaging materials can come into contact with an array of microorganisms in the retail establishment or a household during storage and food preparation that result in the contamination with spoilage or pathogenic bacteria. In fact, the microbial contamination of the packaging materials has been reported by several authors (Burgess et al., 2005; Mafu et al., 2011; Ismail et al., 2013; Chiesa et al., 2014). We hypothesized that *L. monocytogenes* cells in porous materials, such as polythene/parchment paper (A) and parchment paper (C), may promote adhesion and microbial biofilm formation. However, further studies are needed to verify this ability of the three packaging materials used in this experiment in relation to different environmental conditions. Cross-contamination of *L. monocytogenes* from surfaces to food products has been described (Kusumaringrum et al., 2003; Lin et al., 2006; Wilks et al., 2006). In a study carried out by Patrignani et al. (2016), the role of the packaging material (such as cardboard and plastic) in the cross-contamination of packed peaches was evaluated. These authors showed that the use of cardboard, compared to plastic, can prevent the cross-contamination from packaging to fruit (Patrignani et al., 2016). Conversely, in our study, the plastic material (polyethylene-coated nylon designated as B) was the best material to reduce the potential of *L. monocytogenes* survival compared to the two paper-based packaging (polythene/parchment paper designated as A and parchment paper designated as C). As it pertains to ready-to-eat foods such as soft cheeses, the Regulation (EC) 2073/05 on microbiological criteria for foodstuffs established that RTE foods “must not exceed the limit of 100 cfu/g for *L. monocytogenes* at any point during their shelf life.” Food business operators, in fact, must have evidence for each product to show that this pathogen does not exceed this limit throughout the entire shelf life. *L. monocytogenes* on soiled food packaging could pose a risk of cross-contamination because it can come into contact with all types of items, such as gloves, workbenches, surfaces of refrigerators, and different utensils during food preparation. Regarding this specific concern, incidences of listeriosis can be managed by a proper education of retailers and consumers helping to improve the good practices during food handling. Based on the results of the current study, the important point is that the *L. monocytogenes* was able to survive for long periods of time in the presence of cheese residues placed on the three food packaging materials stored at cool temperatures (12 or 4°C) in contrast to a significantly shorter survival period observed at the optimum growth temperature (37°C) for *L. monocytogenes*. In addition, the selection of polyethylene-coated nylon (B) may be desirable as packaging material for dairy products to reduce the potential survival of the pathogen. The knowledge on the survival of *L. monocytogenes* in the presence of resident cheese microbiota on common packaging materials may provide useful information in quantifying risks associated with contamination of food packaging materials for dairy products.

**CONCLUSION**

This research was carried out to evaluate the behavior of *L. monocytogenes* on common packaging materials for dairy products during storage at different temperatures. *L. monocytogenes* was chosen as the target bacteria due to its importance in food safety. Our study has shown that, *L. monocytogenes* was more rapidly inactivated at 37°C and bacterial counts were below the enumeration limit (0.4 CFU/cm²) on all packaging materials by day 7 of storage. On the contrary, all three packaging materials can harbor *L. monocytogenes* for long periods of time, if stored at cool temperatures. Briefly, survival of *L. monocytogenes* on packaging materials is influenced by storage conditions and package type. Further studies are necessary to evaluate the ability of *L. monocytogenes* to survive and persist as biofilm on a wider range of food package materials in relation to storage and distribution conditions. These initial findings may aid in quantifying risks associated with contamination of food packaging materials.

**DATA AVAILABILITY STATEMENT**

All datasets generated for this study are included in article/Supplementary Material.
AUTHOR CONTRIBUTIONS

PD designed the experiments and wrote the manuscript. SR carried out the experiments in the lab. MG assisted the sample analyses. TC supervised the experiments and approved the final manuscript. FA carried out the SEM analysis and wrote the manuscript. FC analyzed and interpreted the data and reviewed the final manuscript.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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