The ‘Carina Flare’ supershell: probing the atomic and molecular ISM in a Galactic chimney

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ABSTRACT
The ‘Carina Flare’ supershell, GSH 287+04−17, is a molecular supershell originally discovered in 12CO(J = 1–0) with the NANTEN 4 m telescope. We present the first study of the shell’s atomic ISM, using H i 21-cm line data from the Parkes 64-m telescope Southern Galactic Plane Survey. The data reveal a gently expanding, $\sim 230 \times 360$ pc H i supershell that shows strong evidence of Galactic Plane blowout, with a break in its main body at $z \sim 280$ pc and a capped high-latitude extension reaching $z \sim 450$ pc. The molecular clouds form comoving parts of the atomic shell, and the morphology of the two phases reflects the supershell’s influence on the structure of the ISM. We also report the first discovery of an ionized component of the supershell, in the form of delicate, streamer-like filaments aligned with the proposed direction of blowout. The distance estimate to the shell is re-examined, and we find strong evidence to support the original suggestion that it is located in the Carina Arm at a distance of 2.6 ± 0.4 kpc. Associated H i and H2 masses are estimated as $M_{\text{HI}} \approx 7 \pm 3 \times 10^5 \, M_{\odot}$ and $M_{\text{H}_2} \approx 2.0 \pm 0.6 \times 10^5 \, M_{\odot}$, and the kinetic energy of the expanding shell as $E_k \sim 1 \times 10^{51}$ erg. We examine the results of analytical and numerical models to estimate a required formation energy of several $10^{51}$ to $\sim 10^{52}$ erg, and an age of $\sim 10^7$ yr. This age is compatible with molecular cloud formation time-scales, and we briefly consider the viability of a supershell-triggered origin for the molecular component.

Key words: ISM: atoms – ISM: bubbles – ISM: evolution – ISM: molecules – ISM: structure – Galaxy: structure.

1 INTRODUCTION
Supershells are some of the largest and most energetic structures in the Galactic ISM and play an important role in its evolution; disrupting and reshaping the gas on scales of hundreds of parsecs. As part of a multiphase ISM, they are visible in many wavelength regimes; however, in the Milky Way they have been most extensively studied in the H i 21-cm line. H i is a powerful probe of the structure and dynamics of the atomic medium, and an excellent tracer of the large-scale morphology of neutral shells, which remain detectable even after their central energy sources have switched off. Beginning with the work of Heiles (1979) almost 30 years ago, H i surveys have led to the detection of hundreds of Galactic shells and shell candidates (e.g. Heiles 1979, 1984; McClure-Griffiths et al. 2002; Ehlerová 2005).

Most supershells are thought to be formed by stellar feedback from OB clusters. The stellar winds and supernovae inject vast amounts of energy ($10^{51}$–$10^{53}$ erg) into their surroundings, driving a shock front into the ISM and creating a giant cavity of hot, tenuous gas surrounded by a cool shell of swept-up neutral material (Bruhweiler et al. 1980; Tomisaka, Habe & Ikeuchi 1981; McCray & Kafatos 1987). Those with sufficient energy may expand rapidly along the vertical density gradient and break out of the Galactic disc, venting their hot interior gas into the Halo (Tomisaka & Ikeuchi 1986; Mac Low & McCray 1988). Such Galactic ‘chimneys’ are thought to play a central role in the disc–halo interaction, supplying the Halo with energy and metal-enriched material (Norman & Ikeuchi 1989). However, at present only a handful of chimneys have been identified in the Milky Way (e.g. the W4 chimney, Normandeau, Taylor & Dewdney 1996; GS 018−04+44, Callaway et al. 2000; GSH 277+00+36, McClure-Griffiths et al. 2003; GSH 242−03+37, McClure-Griffiths et al. 2006), and there are few observational constraints on their characteristics.

Important questions also remain regarding the impact of supershells on the chemical and physical evolution of the disc ISM. In particular, their role in the manufacture, distribution and evolution of the molecular phase is still largely unknown. The accumulation of the ISM in such superstructures provides one means of generating the cool, dense conditions that favour molecule formation,
and it has long been suspected that supershells may trigger the formation of molecular clouds (McCray & Kafatos 1987; Elmegreen 1998; Hartmann, Ballesteros-Paredes & Bergin 2001; Bergin et al. 2004).

However, the mechanisms of this process and its relative importance in the Galactic ecosystem are still poorly understood. This has partly been due to a shortage of well-resolved observational candidates—a problem that modern CO line surveys are proving able to address (Yamaguchi et al. 1999; Matsunaga et al. 2001; Moriguchi et al. 2002).

The ‘Carina Flare’ (Fukui et al. 1999, hereafter F99) is an outstanding example of a molecule-rich supershell. Located in the Carina Arm at an estimated distance of 2.6 ± 0.4 kpc, it was first discovered with the NANTEN 4 m telescope, which mapped the molecular ISM to a resolution of 2.6 arcmin (~2 pc) in the 115-GHz $^{12}$CO($J = 1$–0) line. The molecular component is seen as a prominent, expanding cloud complex that extends unusually far above the Galactic plane, reaching $z \sim 450$ pc at its extreme, and evidence of an atomic counterpart was provided by loop-like dust structure and an associated H$\alpha$ cavity. Unlike the sparse molecular clouds, this atomic component should be an unparalleled tracer of the supershell’s morphology; shedding light on its structure, dynamics and relationship to its local environment. However, previously available low resolution H$\alpha$ data (Kerr et al. 1986) reveals little more than the presence of an asymmetric cavity, and to date the atomic ISM has received only a cursory examination.

This paper utilizes H$\alpha$ data from the Parkes 64-m dish Southern Galactic Plane Survey (SGPS, McClure-Griffiths et al. 2005), to present the first study of the atomic component of the Carina Flare supershell. With spatial and velocity resolutions of ~16 arcmin (~10 pc at 2.6 kpc) and 0.82 km s$^{-1}$, the SGPS is a significant improvement over previous large-scale surveys of Galactic H$\alpha$. The data newly reveal the supershell’s morphology and velocity structure, including signatures of Galactic Plane blowout, providing compelling evidence that the Carina Flare supershell may represent a new example of a young chimney system. They also reveal a rich variety of substructure, and intriguing morphological correspondences between the H$\alpha$ and H$_2$ components, setting the stage for future detailed studies of the shell ISM.

This paper is conceived as the first of a series examining the Carina Flare supershell. Forthcoming work will present high-resolution comparisons between the molecular and atomic ISM, as well as investigations of the ionized component and stellar population, and will seek to explore the origin of the molecular component in detail. The present work focusses on the global characteristics of the supershell and its relationship to the Galactic environment. Section 2 gives details of the Parkes SGPS H$\alpha$ and NANTEN $^{12}$CO($J = 1$–0) observations. We present the data sets in Section 3, drawing attention to important morphological features and relationships, and estimating the mass of the neutral shell. We also compare with H$\alpha$ survey data, newly identifying an ionized component. Section 4 explores aspects of the supershell’s evolution and relationship to the Galactic environment, presenting evidence for Galactic Plane blowout, discussing distance and location, and confirming the 2.6 ± 0.4 kpc distance estimate. We also discuss improved constraints on formation energy and age, and touch on the complex issue of triggered molecular cloud formation, before summarizing in Section 5. A short appendix briefly outlines a simple method of fitting to the supershell in the $l$-$v_{lsr}$ plane.

For consistency with standard nomenclature, the Carina Flare supershell has been assigned the name GSH 287-4-04–17.

2 OBSERVATIONS

2.1 Parkes 64-m SGPS H$\alpha$ data

The Southern Galactic Plane Survey mapped the fourth quadrant and part of the first quadrant of the Galactic plane in the 21-cm neutral hydrogen hyperfine structure line. The survey combined single dish observations from the Parkes 64-m radio telescope and interferometric data from the Australia Telescope Compact Array (ATCA), to produce high resolution maps of the $-1.5 \leq b \leq 1.5$ region and low resolution maps extending to $b = \pm 10^\circ$. The present paper makes use of the low resolution portion of the SGPS. The data were taken over a period of several months from June 1999 to March 2000, using an on-the-fly mapping technique. The effective resolution is ~16 arcmin, regressed to a pixel size of 4 arcmin, and the velocity channel width is 0.82 km s$^{-1}$. The noise per channel is ~180 mK, which is orders of magnitude lower than the typical signal. Full details of the observing strategy and data reduction can be found in McClure-Griffiths et al.’s (2005) explanatory paper.

2.2 NANTEN telescope $^{12}$CO($J = 1$–0) data

$^{12}$CO($J = 1$–0) observations were made with the NANTEN 4-m telescope, located at the time in Las Campanas Observatory, Chile. The telescope front end was a 4-K cryogenically cooled SIS mixer receiver, which provided a typical system noise temperature of ~250 K at 115 GHz (in a single side band), including the atmosphere towards the zenith (Ogawa et al. 1990). The back end was a 2048 channel acousto-optical spectrograph with a total bandwidth of 40 MHz and an effective spectral resolution of 40 kHz, corresponding to a velocity resolution of 0.1 km s$^{-1}$.

We utilize F99’s data set, supplementing it with archival data from Matsunaga (2002) and the NANTEN Galactic Plane Survey (GPS, unpublished). The inclusion of these latter observations ensures that our present data set covers the full extent of the supershell. The $^{12}$CO($J = 1$–0) line occurs at 115.3 GHz, for which the telescope half power beam width is ~2.6 arcmin. All observations were made by position switching, and pointing centres were arranged in a square grid with spacings of 2 or 4 arcmin between adjacent positions. The coverage and grid spacings are shown in Fig. 1, in which the regions labelled 1, 2 and 3 refer to the observations of F99, Matsunaga (2002), and the NANTEN GPS, respectively. Region 1 was covered first at a grid spacing of 8 arcmin, with follow-up observations at 2 arcmin spacing made towards areas at which emission was significantly detected. The remaining area was later covered at 4 arcmin spacing. Region 2 was initially covered at 4 arcmin spacing, with high sensitivity 2-arcmin observations later made of the region covering the giant molecular cloud (GMC) G288.5+1.5 (Matsunaga 2002). Region 3 was covered at 4 arcmin only. The rms noise per channel is ~0.5, ~0.3 and ~0.8 K for regions 1, 2 and 3, respectively.

3 RESULTS

3.1 Overview of the neutral gas distribution

Fig. 2 shows the Parkes SGPS H$\alpha$ data overlaid with NANTEN $^{12}$CO ($J = 1$–0) contours, integrated over the full velocity range of the Carina Flare supershell. The H$\alpha$ shows a roughly elliptical cavity, bordered at its lower extremes by the bright emission of the Galactic plane, and by partial, curved walls to the left- and right-hand side. Clumpy, loop-like substructure can be seen projected...
inside the cavity, rather than its outermost walls. Several prominent molecular gas are also seen at high latitudes, in the region in which H\textsc{i} integrated intensity is weak.

3.2 Large-scale morphology and dynamics of the atomic ISM

We turn to velocity channel maps to examine the morphology, substructure and dynamics of the supershell in detail. Fig. 3 presents the two data sets, with each image displaying an integration over three H\textsc{i} velocity channels (corresponding to 2.46 km s$^{-1}$). As will be discussed presently (see Section 3.3), at these longitudes the contribution from physically unrelated Galactic emission becomes increasingly important as velocity approaches values close to zero. This is reflected in the maps, which show an unmistakable brightening of the entire field as \(v_{\text{lsr}}\) becomes less negative.

The void is seen at its widest extent in the maps centred on \(-18.7\) and \(-16.3\) km s$^{-1}$ (panels g and h). Fig. 4 shows a single H\textsc{i} velocity channel at \(-17.9\) km s$^{-1}$ on which the main morphological components of the Carina Flare supershell have been marked. The supershell may be divided into two distinct sections – a main body and a high latitude extension. The main body is well described by a partial ellipse of eccentricity \(\sim 0.8\), centred on \((l, b) \approx (287^\circ, 4^\circ)\), measuring \(5 \times 8^\circ\) (\(\sim 230 \times 360\) pc at \(D = 2.6\) kpc), with its major axis is inclined to the right-hand side at an angle of \(\sim 35^\circ\) to the vertical. This elliptical cavity extends down to \(b \approx 0^\circ\), and its bottom wall, below around \(b \approx 3^\circ\), is defined where it borders the bright emission of the Galactic plane. The cavity thus extends \(\approx 1.5^\circ\) (\(\sim 70\) pc) lower than the data coverage in F99.

The right-hand side of the main body is delineated by a curved, filamentary wall extending from \((l, b) \approx (284^\circ, 3^\circ)\) to \((286^\circ, 8^\circ)\), corresponding to an extension of \(z \sim 360\) pc above the Galactic plane. This wall appears relatively thin, with a characteristic projected width of \(< 1^\circ\) (\(\sim 45\) pc) at the observed resolution of \(\sim 16\) arcmin. A thicker, brighter spur marks the left-hand edge, protruding from the Galactic plane at \(l \approx 290^\circ\) and ending abruptly at \(b \approx 5^\circ\).
Figure 3. Velocity channel maps of the Carina Flare supershell, showing Parkes SGPS H I (grey-scale) overlaid with NANTEN $^{12}$CO($J = 1$–$0$) (contours). Each panel displays an integration over three H I velocity channels, corresponding to an interval of 2.46 km s$^{-1}$. The central velocity of each map is displayed in units of km s$^{-1}$ at the upper left-hand side. The NANTEN observed regions are marked with dotted lines. The lowest CO contour level is 1.5 K km s$^{-1}$ and the contour interval is 5 K km s$^{-1}$. The contours of the GMC in panels (e) and (f) are left unfilled to avoid obscuring the underlying grey-scale.
Figure 3 – continued
The walls of the main body form a continuous ring, save for a prominent gap in its upper left-hand edge. This gap runs from $(l, b) \approx (289.5, 5.0)$ to $(286.5, 8.0)$, and is almost 200 pc wide, with its centre located $z \sim 280$ pc. The high latitude extension protrudes to the upper left-hand side of this gap. Here the low brightness cavity extends almost $3^\circ$ ($\sim 130$ pc), and we detect a faint, curved ‘cap’ at $(l, b) \approx (289.5, 9.0)$, corresponding to an altitude of $z \sim 400$ pc above the Galactic Plane. The exact extent of this cap is not clear, and it appears to be somewhat blended with emission from the surrounding region $(l \sim 291.5, b \sim 9^\circ)$. Nevertheless, it shows a coherent, rounded inner edge, a sharp contrast with the void, and forms a morphologically consistent part of the shell, which leads us to believe the detection is robust. We return to the interpretation of this high latitude structure in Section 4.2, in which we suggest that Carina Flare supershell has blown out of the Plane and is in the process of forming a Galactic chimney.

P99 estimated the systemic velocity of the supershell as $\sim -20$ km s$^{-1}$, based on the velocity distribution of the molecular component alone. Combined with H1, it becomes clear the shell’s main body is at its widest and most clearly defined several km s$^{-1}$ positive of this value. We therefore refine the estimate slightly to $\sim -17$ km s$^{-1}$. This figure is also in good agreement with the values suggested by examination of the shell’s structure in the $l$-$v_{lsr}$ plane (see Appendix A).

At velocity channels to either side of $v_{lsr} \sim -17$ km s$^{-1}$ emission appears interior to the void. Approaching limb emission is observed in panels b to $f$($-32.3 < v_{lsr} < -20.0$ km s$^{-1}$), and is generally quite sparse, showing distinct substructure. In contrast, emission at receding limb velocities ($-15.0 < v_{lsr} < -5.2$ km s$^{-1}$) appears clumpier, brighter and more heavily filled, reflecting the large contribution from physically distant gas.

### 3.3 Contamination from unrelated emission

The Carina Flare supershell lies close to the tangent of the Carina Arm, at $l \approx 280^\circ$. The velocity structure in this region is such that for certain values of $v_{lsr}$ the signal from the supershell is heavily confused with emission from physically distant gas. Fig. 5 shows the shell’s position marked on an isovelocity contour plot calculated from the rotation curve of Fich, Blitz & Stark (1989), overlaid with the spiral arm pattern of Taylor & Cordes (1993). At the longitude of the supershell the line of sight is dominated by emission in the range $-10 < v_{lsr} < 10$ km s$^{-1}$: mainly originating from a column extending several kiloparsecs through the arm, but also including contributions from the interarm region and immediate Solar vicinity. This fact is borne out by the observational data, which shows multiple bright and complex components in this range.

The localized region of the near side of the Carina Arm exhibits well-known departures from circular rotation (Alvarez, May & Bronfman 1990; Georgelin et al. 2000; Russell 2003), which result in much of the gas possessing values of $v_{lsr}$ more negative than permitted by standard rotation curves. The supershell’s velocity range reflects this; covering $-36 < v_{lsr} < -3$ km s$^{-1}$ at longitudes for which $v_{lsr} < -12$ km s$^{-1}$ is generally ‘forbidden’. This negative offset is fortuitous, and means that the forward expansion of the approaching limb carries it to values of $v_{lsr}$ that are comfortably removed (by $>10$ km s$^{-1}$) from most of the Galactic signal. The emission can therefore be placed in the immediate vicinity of the shell with a high degree of certainty.

The same is not true for the receding limb. Fig. 6 shows a velocity-latitude plot of the H1 and CO data sets, taken at the approximate centre of the supershell. Solutions to Fich et al’s rotation curve are overlaid on the image, computed for constant heights above the galactic plane of $z = 75, 120$ and 180 pc, with distances marked. The 75- and 180-pc lines are chosen to represent the density scale heights of the molecular and atomic discs, respectively (Dickey & Lockman 1990; Malhotra 1994, and references within), where we compute an effective scale height given by $H = \int_0^\infty \frac{\Sigma(z)}{\Sigma(0)} dz$ (e.g. Tomisaka 1998).

The receding limb overlaps with the rotation curve solutions, which for velocities of $v_{lsr} \gtrsim -8$ km s$^{-1}$ at the longitude of the plot. The contribution from the Galactic disc will drop off with latitude, as the line of sight passes through the lower column densities of the interarm ($D \lesssim 2$ kpc) and higher $z$ regions. However, for H1, contamination may be present even at the highest latitudes of the shell. The molecular component, on the other hand, has a three-fold advantage: a smaller scale height, smaller internal velocity dispersions, and a distribution which is highly concentrated in the spiral arms. For a Gaussian distribution with $H \sim 75$ pc,
The HI and CO clouds generally appear to form well-associated, also newly reveal rich substructure in the atomic ISM, and some comoving components of the supershell. The Parkes SGPS data 3.4 Comparison of Parkes SGPS HI and NANTEN its receding wall. Few 10 per cent of the total emission observed at the velocities of approaching and receding limbs. The ratio is typically the velocity integrated intensities over the velocity ranges of the and is not readily separable. However, it is illustrative to compare contamination free above the Galactic plane (z ~ 350 pc) is notable. These features showcase a variety of morphological relationships between the atomic and molecular ISM, and much of the observed structure strongly suggests the formative influence of the supershell. This marks it as an extremely promising target for in-depth investigations into the impact of supershells on the evolution of the ISM, and in particular, their proposed role as molecular cloud producers. We return to this topic briefly in Section 4.4, but plan to address it in detail in forthcoming papers, which will compare the two phases at matched resolutions of ~2–3 arcmin.

In the receding limb, the high level of HI contamination means that clear associations between individual HI structures and molecular clouds are less readily observed. Nevertheless, the two phases are still broadly correlated. In panels i to l a wide scattering of small molecular clouds can be seen in the region of the main body, associated with areas of bright HI emission. The peak intensity of this molecular cloud component occurs at ~ −10 km s\(^{-1}\), vanishing almost entirely by ~ −6 km s\(^{-1}\), whereas HI emission peaks typically occur at more positive values. Much of the atomic emission must be interpreted as arising from gas physically distant from the supershell (see Section 3.3), and as the more reliable tracer of genuinely associated emission, the CO velocity peak is likely to be the more useful figure here.

Finally, it is also instructive to examine HI linewidths for the information they may provide on the location of cool atomic gas within the shell walls. HI line profiles are most easily observable in structures on the approaching limb, and reach (FWHM) values of as low as 4–6 km s\(^{-1}\). The narrowest profiles tend to occur close to or coincident with CO emission, but not exclusively so, with values of 5 km s\(^{-1}\) found over a degree from molecular clouds. Under the assumption of pure thermal broadening, these values correspond to kinetic temperatures of 350–800 K. In reality, turbulence is likely to contribute significantly to the observed velocity dispersion, and such low linewidths indicate relatively cool HI within the shell wall. Forthcoming high resolution studies will offer a means of localizing

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Figure 6. b−v\(_{\text{los}}\) slice taken at l = 287:63. The grey-scale image is HI and filled contours are\(^{13}\)CO(J = 1−0) at a level of 1.5 K. The dashed line marks the approximate location of the Carina Flare supershell. Thick red, green and blue line are the solutions to Fich et al’s rotation curve at z = 75, 120 and 180 pc, respectively. Numbers in filled circles are distances in kpc. Thin lines are plotted at velocities of 5 km s\(^{-1}\) to either side of the main solutions, and are intended to illustrate a reasonable ISM velocity dispersion.

Quantitatively assessing the HI contribution from physically distant emission is non-trivial. The receding limb signal is superposed on a bright, complex and non-systematically varying background, and is not readily separable. However, it is illustrative to compare the velocity integrated intensities over the velocity ranges of the approaching and receding limbs. The ratio is typically ~1:4, suggesting that the signal from the supershell may only contribute a few 10 per cent of the total emission observed at the velocities of its receding wall.

3.4 Comparison of Parkes SGPS HI and NANTEN \(^{12}\)CO

The HI and CO clouds generally appear to form well-associated, comoving components of the supershell. The Parkes SGPS data also newly reveal rich substructure in the atomic ISM, and some interesting morphological relationships with the dense molecular phase. The clearest examples of HI-CO association are seen on the contamination-free approaching limb (Figs 3a–f), and we briefly describe several of the most notable features here.

(i) The lower left-hand edge of the main body is delineated predominantly by molecular gas, in the form of the bright ridge of the GMC 288.5+1.5. This ridge is seen between (l, b) ≈ (288/0, 0/5) and (289/5, 0/0), and is most prominent in panels e and f (~−4.7 < v\(_{\text{los}}\) < −20.0). We return to this feature briefly in Section 4.4.

(ii) A pair of bright H\(_I\) filaments are seen in panels d to f. These run from (286/5, 7/5) and (286/5, 0/0), respectively, and converge to a common point at (285/8, 4/5). They curve parallel to the right-hand wall, projected inside the main body, and CO emission delineates the inner of the two, extending almost 2\(^{°}\) (~90 pc) in length. A bright star-forming clump is located at the point where the two converge (Dawson et al. 2007).

(iii) Highly blueshifted emission in the top left-hand side of panels a and b is well interpreted as fast-approaching components of the high latitude extension of the supershell. The HI arc between (l, b) ≈ (291/0, 7/5) and (288, 0, 8), and its associated molecular cloud, fall in a similar position to the cap observed in central channels.

(iv) The most prominent high latitude structure is the bright H\(_I\)-CO complex at (l, b) ≈ (287, 9\(^°\)), visible in panels b to d. This striking, morphologically unusual structure begins with a sharp pointed tip at (288, 7, 5), towards which the molecular component is concentrated, but flares out to the right, extending over 4\(^°\) (~200 pc) in length. Its relation to the large-scale morphology of the supershell is unclear, but the presence of so much molecular gas so far above the Galactic plane (z ~ 350 pc) is notable.
narrow-line features in the shell walls, facilitating more meaningful comparisons with the CO distribution.

3.5 Mass of the swept-up ISM

The mass swept up by a shell is an important parameter in determining its age and energetics, as well as the characteristics of the medium into which it expanded. The Parkes H1 data allow for significantly improved mass estimates for both the atomic and molecular components; the latter through improvements in the accurate identification of associated molecular matter. A distance of $2.6 \pm 0.4$ kpc is assumed throughout, which will be fully justified below (see Section 4.1).

3.5.1 Atomic hydrogen

The atomic mass swept up in the supershell may be estimated from the H1 brightness–column density relation, $N_{\text{HI}} = 1.8 \times 10^{19} \int T_b \, d\ell$ (e.g. Dickey & Lockman 1990), which holds in the optically thin limit. At the velocities of the receding limb the signal from the supershell is heavily confused with the contribution from non-local Galactic emission, from which it cannot be reliably disentangled. We therefore utilize the approaching limb emission alone, which is relatively free from contamination and often shows well-defined Gaussian line profiles. We consider only components away from the shell edges so as to minimize curvature effects, and separate them from the background by decomposing the line profiles into multiple Gaussians. We then obtain estimates for the average column density through the front wall in 20-arcmin latitude intervals and convert these to mass contributions by assuming that the radius of the shell in the third spatial dimension is equal to its width in longitude, which we measure in the $l$–$b$ and $l$–$v_{lsr}$ planes. The atomic mass is thus estimated to be $M_{\text{HI}} \approx 7 \pm 3 \times 10^5 M_\odot$, where the quoted uncertainty accounts for measurement errors on the longitude widths and the uncertainty in the distance.

3.5.2 Molecular hydrogen

The mass of associated molecular hydrogen is estimated from the widely used empirical relation between $^{12}\text{CO}(J = 1\rightarrow 0)$ velocity-integrated intensity, $W_{\text{CO}}$, and molecular hydrogen column density, $N_{\text{H}_2} = X W_{\text{CO}}$. In keeping with F99, we adopt a value of $X = 1.6 \times 10^{20}$ $\text{K}^{-1} \text{km s}^{-1} \text{cm}^{-2}$ (Hunter et al. 1997).

F99 chose a conservative estimate of the related molecular gas, excluding most of the GMC from their data coverage and analysis. Now, the combined Parkes SGPS and NANTEN data confirm its association with the supershell, enabling us to improve upon their mass estimate. In total, $\sim 85$ per cent of the GMC emission appears to belong to the Carina Flare, with the remainder better explained as related to the Carina OB2 supershell (Rizzo & Arnal 1998; see also Section 4.4). These components are generally separable in the $l$–$v_{lsr}$ plane (see e.g. Fig. A1a), where they are seen to follow the edges of one or other of the H1 cavities created by each shell. The remainder of the molecular clouds are well described as discrete islands in the datacube that are small compared to the dimensions of the supershell. We include a cloud in the mass estimation if the $l$, $v_{lsr}$ coordinates of its peak at any given latitude place it within the range of the supershell, as estimated from the fits described in appendix A. Although the limitations of the fits will be discussed, they are sufficiently accurate for a first approximation. In practice, $\gtrsim 80$ per cent of the total molecular emission is contained in the GMC and several robustly associated objects on the approaching limb, and the exact inclusion criteria have a minimal effect on the final mass. We thus obtain $M_{\text{H}_2} \approx 2.0 \pm 0.6 \times 10^5 M_\odot$, where the uncertainty arises from the distance estimate. This improved figure is almost three times larger than that of F99.

3.5.3 Number density of the ambient medium

By assuming a simple three-dimensional shape for the shell we may estimate the average number density of the medium into which it expanded. The swept-up mass is contained in two components – the $\sim 230 \times 360$ pc main body, and the smaller high-latitude extension. Assuming the depth of the shell is close to its width, and crudely representing the high-latitude component as half of an ellipsoid with dimensions of $\sim 180 \times 180 \times 360$ pc, we find that an average H1 number density of $\sim 3 \text{ cm}^{-3}$ would be required for the supershell to have swept up all of its estimated mass from an ambient atomic ISM.

3.6 Comparison with SHASSA Hα emission

Comparisons with tracers of H1 can provide valuable information on the ionized content of a supershell. No such comparison has yet been performed for the Carina Flare supershell. We utilize data from the Southern Hα Sky Survey Atlas (SHASSA, Gaustad et al. 2001). The images are continuum-subtracted, with a pixel size of 0.8 arcmin, and are smoothed to a resolution of 4.0 arcmin, resulting in a sensitivity of $\sim 0.5 R$.

Fig. 7 shows a SHASSA Hα image of the supershell region, with the grey-scale chosen to bring out high latitude structure. Relevant H1 features are also marked. The field is dominated by the Carina Nebula at $l = 287.6 \, b = -0.9$, and bright emission from the Galactic Plane drown out most of the region at $b \lesssim 2^\circ$. The lower edge of the supershell shows good positional agreement with the edge of this bright emission, and the dense ridge of the GMC is seen in absorption, indicating that at least some of the ionized gas lies behind it.

The field shows a wealth of filamentary structure. Below $b \approx 4^\circ$ the emission is highly confused, and in the absence of velocity information for the Hα line, we are unable to relate it to the Carina Flare. Between $4^\circ < b < 8^\circ$, where confusion is lower, delicate, filamentary strands of ionized gas are seen that show an intriguing correspondence with the supershell. These streamer-like filaments run nearly straight and remarkably parallel. They are projected inside the void, mainly falling in the region of the gap in the main body, and are oriented such that they appear to be pointing directly out through the gap and into the shell’s high latitude extension. The two brightest, labelled ‘1’ and ‘2’ in the figure, align neatly with the edges of well-identified H1 structures on the approaching limb, confirming a genuine association with the supershell. This makes the Carina Flare supershell one of only a handful of galactic shells for which an ionized component has been positively identified. Other fainter filaments also show suggestive associations, and there is evidence for a faint ionized counterpart to the H1 cap. This is shown in a contrast-enhanced portion of the image, and appears to follow the line of curvature of the atomic gas feature. The ionized gas in the streamer-like filaments is generally seen along the lower left-hand rims of H1 clouds and the features as a whole are concentrated towards the top left-hand side of the shell. Their projected lengths and widths are $\sim 50$–100 and $\sim 2$–5 pc, respectively (the latter at the resolution limit of the smoothed images).
The origins and physics of this ionized component will be the subject of future papers, as will a comparison with the stellar population in the region. However, even considering morphology alone, the ionized gas features may provide clues to the evolutionary state of the supershell. This is discussed further in Section 4.2.

4 DISCUSSION

4.1 The Carina Flare supershell in the Galactic environment

F99 assign a distance of 2.6 ± 0.4 kpc for the Carina Flare. This figure was based mainly on known distances to major molecular clouds and OB stars in the shell longitude range, and was also supported by a kinematic distance estimate. This kinematic estimate was derived for $v_{lsr} = -20$ km s$^{-1}$, assuming old IAU standard values for the galactocentric radius and orbital velocity of the solar system ($R_0 = 10$ kpc, $\Theta_0 = 25$ km s$^{-1}$). However, under the current recommended values ($R_0 = 8.5$ kpc, $\Theta_0 = 22$ km s$^{-1}$), velocities of $v_{lsr} \lesssim -12$ km s$^{-1}$ fall outside the solution range of circular rotation models at this longitude (Clemens 1985; Fich et al. 1989; Brand & Blitz 1993), and the result is not reproducible. This urges a careful re-examination of the distance to the supershell. Fortunately, the Parkes H I data set enables improved discussion of the Carina Flare’s place in the local Galactic environment.

As discussed above, the near side of the Carina Arm, covering the region $280 < l < 310^\circ$, exhibits departures from circular rotation that result in a characteristic negative offset in observed $v_{lsr}$ values (see Section 3.3). The arm feature has been well traced in both H I and CO (Grabelsky et al. 1987), and is clearly visible in our SGPS data set as a bright ridge in the $l$-$v_{lsr}$ plane. The supershell’s velocity places it within this bright ridge, where it is robustly identified as a void of reduced emission, strongly implying a genuine association with the arm.

Georgelin et al. (2000) use data from the literature to determine distance moduli to the exciting stars of H I regions between $285 < l < 293^\circ$, and find that objects with ‘anomalously’ negative line-of-sight velocities are confined to distances of $2.5 \lesssim D \lesssim 3$ kpc. This is consistent with estimates of distances to the Carina arm feature from spiral arm models (e.g. Cordes & Lazio 2002; Russeil 2003), also with the estimated distance to the stellar density peak ($\sim 2.7$ kpc) used by F99. We also note that the GMC G288.5+1.5 is seen in absorption against the bright H I emission that dominates the Galactic plane at $b \sim 2^\circ$. Georgelin et al. (2000) identify most of this emission as part of the Carina OB2 supershell (Rizzo & Arnal 1998), for which they calculate a distance estimate of 2.9 kpc. Other studies place the central cluster at $D \sim 3.1 \pm 0.3$ kpc (Garcia 1994). This appears to provide an upper limit of $D \approx 3$ kpc for the Carina Flare supershell.

We may also consider whether the supershell’s morphology and velocity structure offer any clues to its placement in the local Galactic environment. The main body of the Carina Flare forms an almost perfect ellipse, but is inclined at an angle of $\sim 35^\circ$ to the vertical, indicating that at some stage expansion proceeded preferentially in a direction that included a horizontal component – rightwards on our images. As we will discuss below (Section 4.2), the vertical disc density gradient plays a crucial role in a supershell’s evolution. However, the effect of the arm–interarm density contrast may also be of comparable magnitude, encouraging enhanced expansion into the interarm regions (McClure-Griffiths et al. 2002). We speculate...
that the enhanced horizontal component of the Carina Flare supershell’s expansion may be the result of such a density gradient. If so, this places the shell on the near edge of the Carina Arm. (That is, the clockwise side as viewed from the Galactic North.) In such a location, the central density peak of the Arm occurs to the left, as viewed in the orientation of our images, and the negative density gradient includes a large component to the right. This may be readily confirmed on Fig. 5.

Exploring this idea further, we consider that supershells formed by OB associations are likely to form initially in the spiral arms where such young objects are found. Depending on their location in the Galaxy, they may then migrate out into the interarm regions on time scales comparable to their lifetimes. The length of time a shell remains in its parent arm depends on the difference between the rotation speed of the gas and the speed of the spiral pattern, \( \Omega_p \), where \( \Omega_p \) is a function of Galactic radius. The spiral pattern speed is not well determined, but recent studies suggest that \( \Omega_p \approx 20 \pm 5 \text{ km s}^{-1} \text{ kpc}^{-1} \) (see Leitch & Vasisht 1998, and references within). The Carina Flare supershell is located in the inner galaxy, at \( R \approx 8 \text{ kpc} \), where the spiral pattern speed is therefore estimated as \( \approx 160 \text{ km s}^{-1} \). For a Galactic rotation speed of \( 220 \text{ km s}^{-1} \), the resultant slow migration of the shell through the spiral arm occurs in a direction towards the front edge of the arm, at a relative speed of \( \approx 60 \text{ pc Myr}^{-1} \). Under these assumptions, the shell progresses several hundred parsecs through a \( \approx 2\text{-kpc} \) arm within \( \approx 10^8 \text{ yr} \) (see Section 4.3), but it need not have emerged completely, and will not have had time to encounter a second spiral shock. The hypothesized location on the near edge of the arm therefore appears to be quite reasonable.

It should be noted that we do not consider this scenario to be at odds with the interpretation that Galactic Plane blowout has occurred to the upper left, as will be discussed below. The direction in which hot gas first begins to flow out of the shell interior will be determined by the exact location at which the shell first begins to fragment, which may depend strongly on the local configuration of the ISM both in the shell and the high latitude regions.

In light of all the factors presented above, we have opted to retain a value of \( D = 2.6 \pm 0.4\text{-kpc} \) throughout this paper. 2.6 kpc appears to be a reasonable estimate of the distance to the Carina Arm feature, with which the shell is confidently associated. The 0.4-kpc uncertainty is probably a fair reflection of the tentative upper and lower limits placed on the Carina Flare supershell’s distance by its relationship to the Carina OB2 supershell and its proposed location on the near edge of the arm, respectively.

4.2 The Carina Flare supershell in the Galactic environment: 2. Galactic Plane blowout and chimney formation

Environment is a major governing factor in a supershell’s evolution. For disc galaxies such as the Milky Way, the disc density gradient becomes important when a supershell grows to exceed the gas scale height. Accelerated expansion along the gradient away from the Plane leads to the growth of Rayleigh-Taylor instabilities, eventually culminating in the break-up of the shell and the release of its interior gas (Mac Low, McCray & Norman 1989; Tenorio-Tagle, Rozyczka & Bodenheimer 1990; de Avillez & Berry 2001). This hot, overpressurized material streams between the shell fragments and flows upwards, forming a Galactic ‘chimney’, through which energy and enriched material are supplied to the Halo (Norman & Ikeuchi 1989). Such supershells are then often said to have ‘blown out’ of the Plane. Hydrodynamical simulations find that Galactic Plane blowout typically occurs at a height of between 1 \( \lesssim H \lesssim 3 \) for a range of initial density distributions (e.g. Mac Low et al. 1989; de Avillez & Berry 2001; Igumenshchev, Shustov & Tutukov 1990), where \( H \) is the effective scale height, \( H = \int_{-\infty}^{\infty} \frac{\rho}{\rho_0} \text{d}z \). These predictions have been supported by recent observations of a number of known Galactic chimneys (Callaway et al. 2000; McClure-Griffiths et al. 2003, 2006).

The Carina Flare, with its broken main body, ‘puffed out’ high-latitude extension and faint cap, shows convincing morphological evidence for Galactic Plane blowout. The gap in the main body is located at \( z \approx 280 \text{ pc} \), which corresponds to \( \approx 1.6H \) in the H\textsc{i} vertical density distribution of Dickey & Lockman (1990). This figure is comfortably consistent with expected fragmentation heights, and we suggest a scenario in which the supershell’s hot interior gas has broken out of the main body and is flowing out through the gap to the upper left. The cap is interpreted as a structure swept up from the material of the upper disc; a phenomenon that is also observed in model chimneys (Mac Low et al. 1989; Igumenshchev et al. 1990; Tenorio-Tagle et al. 1990). We note that similar structures have also been studied observationally in the exceptionally large Galactic chimney GSH 242-03+3-37, which shows several high-latitude (\( z \approx 1600 \text{ pc} \), low-brightness arcs, capping the high-z extensions of chimney outflows (McClure-Griffiths et al. 2006).

The blowout is apparently one-sided, with no obvious indication of counterpart bubble expansion on the bottom side of the disc, implying that the parent stellar cluster was displaced from the Galactic Plane. Numerical simulations suggest that such one-sided chimneys are easily producible given a realistic distribution of OB clusters. Models of individual supershells in idealized density distributions suggest that an initial cluster height of \( z \approx 100 \text{ pc} \) is sufficient to produce one-sided expansion (Tomisaka & Ikeuchi 1986; Mac Low & McCray 1988; Mac Low et al. 1989). This is further supported by de Avillez & Berry’s (2001) large-scale, multishell simulations of the Galactic Disc, which produce one-sided chimneys using an OB cluster distribution with a scale height of 46 pc.

The morphology of the ionized component provides further support for the blowout scenario. The streamer-like H\textalpha
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of the outflow, providing a means of confirming the evolutionary scenario presented here.

Nevertheless, it should be stressed that ultimately, whatever the detailed evolutionary status of the supershell, several important features can be stated with confidence. First, it has expanded far out of the Galactic Plane, reaching heights of \( z \sim 450 \) pc. This brings it to the vicinity of the disc–halo interface (\( z \sim 500 \) pc, Lockman 1984), to which it should therefore already be transporting hot, enriched gas. Secondly, it is clear that its expansion has not yet stalled. Both simulations and observations therefore suggest that it is on the road to becoming a fully fledged chimney.

### 4.3 Energy and age of the supershell

With no confirmed energy source, there is a limit to the accuracy with which the age and energetics of Carina Flare supershell can be determined. Nevertheless, the Parkes SGPS H I data puts the 4.3 Energy and age of the supershell simulations and observations therefore suggest that it is on the road to becoming a fully fledged chimney.

The kinetic energy of the swept-up shell is found to be 20 per cent a uniform medium has been described analytically (Weaver et al. 1977; McCray & Kafatos 1987). In this highly idealized system, the kinetic energy of the swept-up shell is found to be 20 per cent a uniform medium has been described analytically (Weaver et al. 1977; McCray & Kafatos 1987). In this highly idealized system, the kinetic energy of the swept-up shell is found to be 20 per cent a uniform medium has been described analytically (Weaver et al. 1977; McCray & Kafatos 1987).

Beginning with quantities obtained directly from the observational data, the kinetic energy of the supershell may be simply estimated from its mass and expansion velocity. Lacking detailed knowledge of its three-dimensional velocity structure, we assume a constant expansion velocity of \( v_{exp} \sim 10 \) km s\(^{-1}\), estimated from the combined H I and CO datacubes. The neutral gas mass is taken as \( M_{HI+CO} \sim 1.3 \times 10^6 \) M\(_\odot\), which includes a factor of 1.35 to account for the presence of helium and heavier elements. This results in \( E_k \sim 1 \times 10^{51} \) erg. We may also define a ‘dynamic age’, \( t_d = R/v_{exp} \), where \( R \) is the characteristic radius of the shell. We take \( R \sim 140 \) pc, which is the radius of a circle with the same projected area as the elliptical main body, resulting in \( t_d \sim 1 \times 10^7 \) yr.

In order to explore energy input we must turn to models of supershell evolution. The evolution of a thin, adiabatic supershell in a uniform medium has been described analytically (Weaver et al. 1977; McCray & Kafatos 1987). In this highly idealized system, the kinetic energy of the swept-up shell is found to be 20 per cent a uniform medium has been described analytically (Weaver et al. 1977; McCray & Kafatos 1987). In this highly idealized system, the kinetic energy of the swept-up shell is found to be 20 per cent a uniform medium has been described analytically (Weaver et al. 1977; McCray & Kafatos 1987).

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### 4.4 Remarks on molecular cloud formation

The origin of the molecular material in the Carina Flare will be the topic of a forthcoming paper. Nevertheless, it is worth commenting briefly here on the feasibility of a triggered formation scenario. A key question is whether the shell lifetimes derived above are compatible with the formation time-scales for molecular clouds. Simulations of H\(_2\) formation in large-scale flows suggest that a shock velocity of as little as \( \sim 10 \) km s\(^{-1}\) can produce highly molecular gas in \( \lesssim 10^7 \) yr for a pre-shock number density of a couple of atoms per cubic centimetre (Bergin et al. 2004). This time-scale is highly density-dependent, and decreases rapidly for denser initial conditions. The Galactic ISM is a highly inhomogeneous medium that exhibits density fluctuations over length scales spanning several orders of magnitude (e.g. Green 1993; Dickey et al. 2001), and localized regions of enhanced density would certainly have been present in the pre-shell medium. Moreover, recent work suggests that formation time-scales become significantly lower when models are expanded to include realistic, turbulent gas dynamics (Glover & Mac Low 2007). These factors suggest that molecular cloud formation over the lifetime of the Carina Flare is a viable possibility.

Obtaining convincing observational proof is a much more complex problem, and is beyond the scope of this paper. However, it is instructive to examine the case of one particularly interesting object. The giant molecular cloud G288.5+1.5 (see Section 3.4) shows a bright ridge that delineates the rim of the Carina Flare at exactly the point of its projected interface with the nearby Carina OB2 supershell (Rizzo & Arnal 1998). Converging supershells provide an effective means of driving strong, large-scale compressive flows that encourage rapid molecular gas formation (Hartmann et al. 2001), and the location of the shell’s single GMC at this point is notable. The distance estimates to the two supershells place them for which observational constraints are poor. In addition, the initial configuration of the ISM (which may be highly complex and irregular) is likely to strongly affect an individual supershell’s evolution (de Avillez & Berry 2001; Breitschwerdt & de Avillez 2006), and may result in significant differences between model predictions and reality.

Nevertheless, with these limitations in mind, we may still make some broad comparisons with model results. The Carina Flare’s proposed status as a young Galactic chimney is of use here, enabling us to examine energy requirements for chimney formation in order to estimate a lower limit on the mechanical luminosity injected into the supershell. Mac Low & McCray’s (1988) semi-analytic treatment finds that Galactic Plane blowout occurs above luminosities of \( \sim 10^{37} \) erg s\(^{-1}\), for ambient midplane densities of \( \sim 1 \) cm\(^{-3}\) and pressures of \( \sim 10^7 \) dyne cm\(^{-2}\) (although their choice of model atmosphere results in shells that grow unrealistically large before blowout occurs). More sophisticated hydrodynamical models suggest similar figures, with blowout observed for input luminosities greater than \( \sim 10^{37} \) erg s\(^{-1}\) (e.g. Mac Low et al. 1989; Igumenshchev et al. 1990; Tenorio-Tagle et al. 1990; Tomisaka 1992). For comparison, this corresponds to \( N_\perp \gtrsim 35 \) under the formulation described above. Blowout time-scales in these models are highly sensitive to the input luminosity and density distribution, and range from a few \( 10^6 \) to a couple of \( 10^7 \) yr for a reasonable range of parameter space. Longer time-scale, higher energy solutions tend to occur in models that include magnetic fields, which inhibit vertical shell growth (e.g. Tomisaka 1992, 1998). However, more elaborate MHD simulations seem to indicate that this effect would be mitigated in a realistic, tangled field (de Avillez & Breitschwerdt 2005).
promisingly close (see Section 4.1), and the CO emission shows velocity components delineating the edges of both objects (see Fig. A1a), supporting a scenario in which the two are genuinely interacting. It should be noted that all of the CO emission components show peak brightness temperatures that are unusually low for a GMC ($T_{\text{rot}} \lesssim 5$ K), strongly suggesting that they belong to the same physical system and are not chance superpositions along the line of sight.

Approximating the GMC as a circular disc sandwiched between the two shells, with a diameter equal to the length of its bright ridge ($\sim 100$ pc), we may estimate the average initial number density required to sweep up the molecular gas from the pre-shell medium. Taking the centres of expansion for the two shells as $(l, b) = (287.5, 3.0)$ and $(290.1, 0.2)$ (Rizzo & Arnaud 1998), and the GMC mass as $M_{\text{HI}} = 1.4 \pm 0.6 \times 10^5$ $M_\odot$, we obtain an average initial $\text{H}_2$ number density of $\sim 10$ cm$^{-3}$. This implies that pre-existing dense gas would have been needed to form the present GMC, but tells us little about whether this material was predominantly atomic or already collected into dense molecular clouds. Matsunaga (2002) suggests that G288.5+1.5 is a young, pre-star-forming GMC, based on its apparent lack of massive star formation activity and unusually low density. Much current thought on molecular cloud and star formation favours a scenario in which the entire process of cloud formation and dissipation occurs rapidly in around a crossing time ($\sim 10^7$ yr), and star formation commences swiftly after the initial cloud is formed (Elmegreen 2000; Hartmann et al. 2001; Mac Low & Klessen 2004). If the GMC is indeed pre-star-forming, this would suggest an age of no more than a couple of Myr, and support a scenario in which its formation is either triggered or enhanced by the presence of the two shells.

Further investigation is now needed to explore these issues in more depth, and to place this somewhat speculative discussion on firmer physical and astronomical ground.

5 SUMMARY AND CONCLUDING REMARKS

The Parkes SGPS $\text{H}_1$ data have revealed the morphology of the Carina Flare supershell for the first time. The shell is well described by a partial ellipse centred on $(l, b) \approx (287.5, 4.4)$, measuring $\sim 230 \times 360$ pc, with its major axis inclined to the right-hand side of the vertical. The ellipse is broken at its top left, and a capped, high-latitude extension protrudes from the $\sim 200$ pc gap, reaching $z \sim 450$ pc. The expansion velocity and velocity centroid of the supershell are found to be $\sim 10$ km s$^{-1}$ and $v_{lsr} \approx -17$ km s$^{-1}$, the latter adjusted slightly from F99's original estimate. $\text{H}_1$ linewidths reach values as low as $4-6$ km s$^{-1}$, suggesting the presence of cold atomic gas within the walls.

The morphology of the supershell is well explained by a scenario in which it has broken at a height of $z \sim 280$ pc and is blowing out of the Galactic Plane. It is not yet clear whether it is yet fully open to the Halo. However, it has already expanded to the disc–halo interface, and it is clear that the expansion has not yet stalled, suggesting that it is well on its way to becoming a fully-fledged Galactic chimney.

The molecular clouds form comoving parts of the atomic shell. The SGPS data reveal rich $\text{H}_1$ substructure, and the CO and $\text{H}_1$ components exhibit a variety of intriguing morphological relationships. We see evidence of molecular gas distributed along the inner rim of a thick, HI filament; intense molecular emission delineating the shell’s curved bottom rim, and molecular clouds associated with the high-latitude extremes of the $\text{H}_1$ shell. The Carina Flare supershell is unique in the extent and quality of the observed relationships between its atomic and molecular matter, and we suggest it may be unparalleled as a laboratory for investigating the effect of large-scale stellar feedback on the evolution and structure of the ISM; particularly the proposed role of supershells as molecular cloud producers. A simplistic consideration of time-scales suggests that the formation of molecular gas from the swept-up medium is viable, and we have briefly examined the case of the GMC G288.5+1.5, which we argue is an excellent candidate for triggered formation at the interface of a pair of converging supershells.

We have newly identified an ionized component of the supershell in the form of delicate, streamer-like filaments aligned with the proposed direction of blowout. These have projected lengths and widths of $\sim 50-100$ and $\sim 2-5$ pc, respectively, and represent the ionized edges of parts of the shell ISM. A genuine association with the supershell is confirmed via their correlation with neutral gas features in the approaching limb, and their morphology suggests a relation to the blowout process.

We have presented strong evidence to suggest that the Carina Flare supershell is associated with the Carina Spiral Arm feature, at a distance of $2.6 \pm 0.4$ kpc; consistent with the previous estimate of Fukui et al. (1999). We have discussed its morphology in the context of large-scale horizontal density gradients, and speculate on the feasibility of a location towards the near edge of the Carina Arm.

The masses of the atomic and molecular ISM in the swept-up shell are estimated as $M_{\text{HI}} \approx 7 \pm 3 \times 10^5$ $M_\odot$ and $M_{\text{H}_2} \approx 2.0 \pm 0.6 \times 10^5$ $M_\odot$, respectively. The latter figure is almost 3 times larger than that of F99, who did not include the GMC G288.5+1.5 in their analysis. An average initial number density of $n_0 \sim 3$ cm$^{-3}$ would be required in order for the shell to have swept up all its mass from the ambient ISM.

The age and energetics of the supershell have been explored in a variety of ways. The kinetic energy of the expanding shell is estimated as $E_k \sim 1 \times 10^{41}$, and a ‘dynamic age’ of $t_d \sim 1 \times 10^7$ yr is derived by assuming a constant expansion velocity. Comparisons with simple analytical models yield formation energy and age estimates of $E \sim 5 \times 10^{41}$ erg and $\tau \sim 0.8 \times 10^7$ yr, respectively. However, the model assumptions are clearly not fulfilled and the estimates are unavoidably crude. Additionally, requirements for Galactic Plane blowout from numerical models suggest a mechanical luminosity input of at least a few $10^{37}$ erg s$^{-1}$ and an age of at least several 10$^7$ yr (where these figures are not independent).

Our formation energy estimates are around an order of magnitude smaller than those of F99, due to an error in their paper.

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The ‘Carina Flare’ supershell

A well-behaved expanding shell appears in any given plane of a three-dimensional datacube as a low brightness cavity bordered by a bright rim. Reliable measurements of the size and location of this void provide a means of quantifying trends in a shell’s appearance through a datacube, and a robust basis from which to discuss spatial and velocity structure. However, such measurements are not usually attempted, perhaps because of the ‘messiness’ of many H\textsubscript{I} supershells. We have developed a simple, semi-objective method of fitting to cavities in the longitude-velocity plane. Although something of an exploratory exercise, it is outlined here because of its potential to provide standardized, automated measurements across large samples of objects.

The basic method may be summarized as follows. We divide the datacube into \( l-\nu_{\text{lsr}} \) slices, each integrated over a latitude interval of 20 arcmin (just over one spatial resolution element). A sample of smoothed one-dimensional H\textsubscript{I} emission profiles are taken along radial cuts through a point in the centre of the cavity, and the first significant emission peaks after the central trough are identified as the bright rim of the supershell. The molecular data are incorporated by locating islands of CO emission and including their peaks in the point set. A robust orthogonal distance regression package, (ODRPACK, Boggs et al. 1992) is then used to fit ellipses to the collection of points, where the ellipses are allowed to rotate freely through a datacube, and a robust basis from which to discuss spatial and velocity structure. However, such measurements are not usually attempted, perhaps because of the ‘messiness’ of many H\textsubscript{I} supershells. We have developed a simple, semi-objective method of fitting to cavities in the longitude-velocity plane. Although something of an exploratory exercise, it is outlined here because of its potential to provide standardized, automated measurements across large samples of objects.

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Uncertainties are crudely estimated by varying the number, orientation and centre point of the one-dimensional emission profiles, and relaxing and tightening the criteria for the removal of outliers. The velocity parameters are generally most robust, with \( \nu_{\text{lsr}} \) (the velocity of the ellipse centre) varying by \( \lesssim 1 \) km s\(^{-1}\) and the velocity widths varying by \( \lesssim 2 \) km s\(^{-1}\). A slight systematic overestimation in longitude width occurs in the present implementation, which arises from our decision to set some \( \nu_{\text{lsr}} \) pixel ‘spatially’ equal to one / pixel. This causes the \( l-\nu_{\text{lsr}} \) holes to take on an elongated appearance, meaning that the ODR routine can sacrifice spatial accuracy relatively inexpensively in order to minimize deviations in the velocity dimension.
Figure A1. Selected $l$–$v_{lsr}$ slices, integrated over latitude intervals of 0.33. The central latitude of each slice is labelled. The grey-scale image is H\textsc{i} and contours are $^{12}\text{CO}(J=1-0)$ at contour levels of 0.1 + 0.2 K deg. The dashed ellipses are orthogonal distance regression fits to sets of points characterizing the supershell. Thin dotted lines mark the boundary of the NANTEN $^{12}\text{CO}$ observations. The approximate location of the Carina OB2 supershell is marked by eye on the $b = 1.53$ slice.

Nevertheless, the routine is successful in that it recovers and parametrizes variations in the width, location and velocity structure of the shell in a way that is consistent with its appearance in the $l$–$b$ and $l$–$v_{lsr}$ planes. It therefore has the potential to be developed further into a fully automated and consistent method of obtaining quantitative information about the spatio-velocity structure of expanding shells.

In the case of the Carina Flare supershell, the scientific usefulness of the fits is mitigated by the presence of the large non-local emission component. This may act to distort the apparent shape of the shell in the $l$–$v_{lsr}$ plane, reducing the reliability of the fitted parameters as genuine descriptors of its structure. The severity of the contribution is also latitude dependent, which could potentially produce false latitude-dependent trends in the fits. We must therefore be very cautious in interpreting any apparent features. Nevertheless, it is interesting to note that the highest latitude fits in Fig. A1 ($b = 7.5, 8.2$) show what appears to be a genuine offset towards negative velocities. These slices correspond to the high-latitude extension of the supershell, and this is suggestive of preferential forward expansion in the region.

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