Metabolites of Cerebellar Neurons and Hippocampal Neurons Play Opposite Roles in Pathogenesis of Alzheimer’s Disease

Jing Du¹, Bing Sun¹, Kui Chen², Lang Zhang¹, Shubo Liu¹, Qingquan Gu¹, Li Fan²,³, Nanming Zhao¹, Zhao Wang¹*

¹Protein Science Key Laboratory of the Ministry of Education, Department of Biological Sciences and Biotechnology, School of Medicine, Tsinghua University, Beijing, People’s Republic of China, ²Department of Pharmacology, Anhui Medical University, Hefei, Anhui, China, ³Cardiovascular Research, Starr Academic Center, Providence Heart & Vascular Institute, Portland, Oregon, United States of America

Abstract
Metabolites of neural cells, is known to have a significant effect on the normal physiology and function of neurons in brain. However, whether they play a role in pathogenesis of neurodegenerative diseases is unknown. Here, we show that metabolites of neurons play essential role in the pathogenesis of Alzheimer’s disease (AD). Firstly, in vivo and in vitro metabolites of cerebellar neurons both significantly induced the expression of Aβ-degrading enzymes in the hippocampus and cerebral cortex and promoted Aβ clearance. Moreover, metabolites of cerebellar neurons significantly reduced brain Aβ levels and reversed cognitive impairments and other AD-like phenotypes of APP/PS1 transgenic mice, in both early and late stages of AD pathology. On the other hand, metabolites of hippocampal neurons reduced the expression of Aβ-degrading enzymes in the cerebellum and caused cerebellar neurodegeneration in APP/PS1 transgenic mice. Thus, we report, for the first time, that metabolites of neurons not only are required for maintaining the normal physiology of neurons but also play essential role in the pathogenesis of AD and may be responsible for the regional-specificity of Aβ deposition and AD pathology.

Introduction
The fluid environment of neurons, which contains metabolites of neural cells, is known to have a significant effect on the normal physiology and function of neurons in brain [1]. For example, neurotrophic factors, which are secreted by target tissue and neural cells, can prevent the associated neurons from initiating programmed cell death and thereby allow them to survive [2,3]. However, little is known about the role of metabolites of neurons in the pathogenesis of neurodegenerative diseases.

Alzheimer’s disease (AD) is a progressive neurodegenerative disease and the major cause of dementia among seniors. There are more than 4 million people suffering from AD in the USA and 12 million worldwide. Ten percent of Americans over the age of 65 and half of those over 85 have AD [4,5]. AD pathology is characterized by amyloid deposits in certain regions of the brain, such as the entorhinal cortex, hippocampus and basal forebrain. All of these areas are small, specialized structures in the brain that play critical roles in memory [6,7]. However, the cerebellum is spared from significant amyloid-β (Aβ) accumulation and neurotoxicity induced by Aβ, even though Aβ is present throughout the brain [8]. Even in the AD-damaged regions, the pathology is not ubiquitous. For example, the CA1 and the SB regions of the hippocampus are vulnerable to AD, whereas the CA3 region is resistant to AD [9]. Neuronal loss in CA1 area of the hippocampus is demonstrated to be correlated with the duration and severity of AD [10,11]. In cerebellum, Aβ does not deposit as senile plaques but as diffuse plaques composed of nonfibrillar Aβ [12]. It has also been reported that cerebellar neurons are more resistant to soluble oligomeric Aβ an Aβ species with potent neurotoxic activities [13], than the cortex and hippocampus, which are vulnerable to AD [14]. However, little is known about the physiological mechanism underlying the regional specificity of Aβ accumulation.

In the present study, we investigated whether the metabolites of neurons in their fluid environment contribute to the pathogenesis of AD.

Results and Discussion

Results
Metabolites of cerebellar neurons induced expression of Aβ degrading enzymes and promoted Aβ clearance in hippocampal neurons. We first found that expression of Aβ degrading enzymes, neprilysin (NEP) and insulin degrading enzyme (IDE) in hippocampal neurons was induced by exposure to conditioned medium from cerebellar neurons (C-CM), which contains metabolites of cerebellar neurons, compared to treatment
with conditioned medium from hippocampal neurons (H-CM) containing hippocampal neuron metabolites (Figure 1A and B). Moreover, injection of concentrated C-CM to the lateral ventricle of SD rats also induced IDE and NEP expression (Figure 1C). Secondly, clearance of exogenous Aβ by primary hippocampal neurons was significantly facilitated by the addition of C-CM, compared to treatment with H-CM via Aβ degradation by IDE and NEP (Figure 1D and E). C-CM also protected hippocampal neurons from Aβ neurotoxicity compared to H-CM and fresh medium (N-CM), which does not contain any neuronal metabolite.

Figure 1. Metabolites of cerebellar neurons induced expression of Aβ-degrading enzymes and promoted Aβ clearance in hippocampal neurons. (A) Western blot analysis of NEP and IDE expression in hippocampal neurons treated with conditioned medium. (B) Real-time PCR analysis of NEP and IDE expression in hippocampal neurons treated with conditioned medium (*P < 0.05). (C) Real-time PCR analysis of gene expression in the hippocampus of SD rats treated with conditioned medium (*P < 0.05). (D) The Aβ1-40 ELISA result shows that the decrease in Aβ (initial concentration of Aβ1-40 monomers was 2 μg/ml) was significantly accelerated by C-CM compared to H-CM (P < 0.01). (E) The Aβ1-40 ELISA result shows that inhibitor of NEP (Thiorphan, Th; 10 μM) and IDE (Bacitracin, Ba; 0.5 mg/ml) attenuated the promotion of Aβ clearance by C-CM (P = 0.001 and P < 0.0005, respectively). (F) Cell activity was optically measured as a reduction of the MTT dye uptake by viable cells after a 48 h exposure to Aβ in the presence of C-CM, H-CM or N-CM (*** P < 0.005).

doi:10.1371/journal.pone.0005530.g001
Retention latency was higher than training latency, which is indicative of memory formation, in all groups (Figure 2F). The retention latency in APP/PS1 mice treated with C-CM was significantly higher than that in APP/PS1 mice treated with either H-CM or N-CM (Figure 2F).

These behavioral improvements were accompanied by improvements in other Alzheimer’s disease-like neuropathology including glial reaction and synaptic loss. C-CM decreased both the astrogliotic response (P<0.01) and microglial activation (P<0.05; Figure 2G), compared to N-CM and H-CM treatment. Synaptic loss presumably reflects the chronic synaptotoxic effects of Aβ oligomers. Measurement of synaptophysin levels in the hippocampus showed that C-CM increased the number of synaptophysin-reactive boutons and cell bodies compared to N-CM and H-CM (P<0.01; Figure 2H). These results show that metabolites of cerebellar neurons reversed the Alzheimer’s disease-like phenotypes of APP/PS1 transgenic mice.

In vivo metabolites of cerebellar neural cells reversed Alzheimer’s disease-like phenotypes of APP/PS1 transgenic mice. Since the cerebrospinal fluid of the fourth ventricle (CSF-4V) contains in vivo metabolites of cerebellar neural cells, we collected CSF-4V from wild-type mice and injected this into the lateral ventricle of APP/PS1 transgenic mice. CSF of the lateral ventricle (CSF-LV) was also collected and injected as a control. Injection of CSF-4V significantly reduced levels of both soluble and insoluble Aβ (Table 1; Figure 3A) and the numbers and mean sizes of senile plaques in the hippocampus of APP/PS1 transgenic mice (Figure 3B). Similar results were obtained in APP/PS1 mice at 12 months and 4 months, which are the late and early stages of AD pathology, respectively. We also found that CSF-4V from rat brains significantly decreased steady state levels of Aβ in hippocampus of normal SD rats (data not shown), which suggests a consensus function of metabolites of cerebellar neurons.

Metabolites of cerebellar neurons reversed Alzheimer’s disease-like phenotypes of APP/PS1 transgenic mice. Next, we explored whether the reduction in brain Aβ levels by metabolites of cerebellar neurons could eventually improve the cognitive function of APP/PS1 transgenic mice. The Morris Water Maze (MWM) was used to test learning and memory. At 12 months of age, APP/PS1 mice were significantly impaired in cognitive function compared with age-matched wild-type mice. Treated with C-CM had significant behavioral improvement compared to APP/PS1 mice treated with either H-CM or N-CM (P<0.01; Figure 2C). Probe trials, in which the platform was removed and mice were given 1 min to explore the pool, confirmed the beneficial effect of C-CM (Figure 1D and E). Thus, C-CM ameliorates water maze learning and memory deficits.

A passive avoidance test was also performed to examine learning and memory. Inspection of the results indicated that retention latency was higher than training latency, which is indicative of memory formation, in all groups (Figure 2F). The retention latency in APP/PS1 mice treated with C-CM was significantly higher than that in APP/PS1 mice treated with either H-CM or N-CM (Figure 2F).

| Table 1. Metabolites of cerebellar neurons decrease Aβ levels and plaques in hippocampus. |
|---------------------------------------------------------------|
| **Aβ1-42 (ng/g wet brain ± s.e.m)**                          | **Total plaque area (μm²)** | **Mean plaque size (μm²)** |
| **Soluble**        | **Insoluble**          |                                |                           |
| N-CM               | 45,350±609            | 78,110±4258                    | 351,749±4655             | 420±20                     |
| H-CM               | 45,781±1090           | 108,195±3354                   | 342,236±1817             | 458±22                     |
| C-CM               | 24,338±905*           | 35,897±1449**                  | 172,942±8206*            | 194±4*                     |
| 12-month LV        | 47,800±480            | 107,670±2173                   | 298,233±7653             | 325±13                     |
| 12-month 4V        | 27,417±953*           | 35,718±1996*                   | 127,261±3635*            | 176±5*                     |
| 4-month LV         | 22,284±667            | 37,611±1172                    | 26,689±1281              | 86±6                       |
| 4-month 4V         | 15,206±849**          | 16,427±1504*                   | 11,014±890**             | 45±7*                       |

*P<0.001.  **P<0.01.  *P<0.05.
doi:10.1371/journal.pone.0005530.t001
These results showed that in vivo metabolites of cerebellar neurons reversed Alzheimer's disease-like phenotypes of APP/PS1 transgenic mice in both early and late stages of AD pathology.

Metabolites of hippocampal neurons reduced Aβ-degrading enzymes expression and caused cerebellar neurodegeneration in APP/PS1 transgenic mice. On the
other hand, we also found that H-CM, which contains metabolites of hippocampal neurons, significantly reduced the expression of IDE and NEP in cerebellar neurons (Figure 4A). Moreover, injection of concentrated H-CM and CSF from the lateral ventricle to the fourth ventricle of APP/PS1 transgenic mice induced cerebellar Aβ levels and astrogliosis (data not shown) compared with injection of C-CM after one week of injection.

Cerebellum is important for coordinated movement and balance. Thus, pole test and balance beam test were performed to measure cerebellar function of these mice after one week of H-CM treatment. The behavioural function of APP/PS1 mice

Figure 3. In vivo metabolites of cerebellar neurons reversed Alzheimer’s disease-like phenotypes of APP/PS1 transgenic mice. (A) Thioflavin S staining of hippocampal amyloid plaques in APP/PS1 mice (*P<0.01). (B) Immunostaining of hippocampal Aβ deposits in APP/PS1 mice (*P<0.05, **P<0.01). (C) Cued platform learning curves showed that APP/PS1 mice treated with CSF-4V exhibited significant behavioral improvement compared to mice treated with CSF-LV (P<0.05). (D) Representative path tracings of probe trials after 4 days of training. (E) Number of target platform crossings versus crossings of the equivalent area in the three other quadrants. (F) Latencies to step through into the shock compartment on the training trial and retention trial of the passive avoidance test. (G) CSF-4V decreased both the astrogliotic response and microglial activation (*P<0.05, **P<0.01). (H) C-CM increased the number of synaptophysin-reactive boutons and cell bodies compared to N-CM and H-CM (*P<0.05; n = 6 to 10 mice per treatment arm; age 4 months or 12 months).
treated with H-CM was markedly impaired in both pole test (Figure 4D) and balance beam test (Figure 4E), indicating disturbed balance and cerebellar dysfunction compared with these mice treated with C-CM. These results demonstrated that metabolites of hippocampal neurons caused cerebellar neurodegeneration in AD mice.

**Figure 4. Metabolites of hippocampal neurons reduced Aβ-degrading enzymes expression and caused cerebellar neurodegeneration in APP/PS1 transgenic mice.** (A) Western blot analysis of NEP and IDE expression in cerebellar neurons treated with conditioned medium. (B) The Aβ1-40 ELISA result shows that H-CM induced cerebellar Aβ levels compared with C-CM. (C) Injection of CSF from the lateral ventricle (LV) induced cerebellar Aβ levels compared with CSF from the fourth ventricle (4V) (*P<0.05, ** P<0.01). (D) Motor function of APP/PS1 mice treated with H-CM was impaired in a pole test and (E) balance beam test (n = 6 to 11). doi:10.1371/journal.pone.0005530.g004
Discussion

Our findings highlight, for the first time, the role of metabolites of neurons in the pathogenesis of Alzheimer’s disease. On the one hand, metabolites of cerebellar neurons could protect against AD, while on the other hand, metabolites of hippocampal neurons facilitate AD pathogenesis.

In detail, metabolites of cerebellar neurons reduce Aβ accumulation by inducing Aβ degrading enzymes. A previous report shows that IDE and NEP levels in cerebellum are significantly higher than those in hippocampus and selectively decreased in hippocampus aging [13]. Thus, our findings about the induction of IDE and NEP levels by treatment with C-CM indicate that the metabolites of neurons may attribute to the difference in IDE and NEP levels between cerebellum and hippocampus. The improvements in cognitive function by metabolites of cerebellar neurons could not be attributed to nonspecific effects on cognition because neither C-CM nor CSF-4V had an effect on the performance of non-transgenic mice (data not shown). The improvement in performance could also not be attributed to nutritional or caloric effects because body weight, activity and coat condition were not different between the groups. Thus, the reversal of Alzheimer’s disease-like phenotypes is a result of the significant reduction in brain Aβ levels in APP/PS1 mice treated with metabolites of cerebellar neurons. The levels of Aβ are determined by the balance between its generation and clearance [16,17]. Aβ is generated from Aβ precursor protein (APP) through two sequential proteolytic cleavages by β-secretase and γ-secretase [18] and is cleared either through receptor-mediated efflux across the blood-brain barrier (BBB) [19,20] or via peptidolytic mechanisms [21]. Metabolites of cerebellar neurons did not accelerate the clearance of Aβ across the BBB because the levels of peripheral plasma Aβ were remained unchanged (Table S2 and Fig. S1). It is also not possible that metabolites may have contained Aβ degrading enzymes because incubation with C-CM alone did not lead to Aβ clearance (Fig. S2). So, metabolites of cerebellar neurons protect against AD pathogenesis by reducing Aβ accumulation via Aβ degrading enzymes.

According to recent evidence, the expression of NEP and IDE are up-regulated by treatment with ciliary neurotrophic factor (CNTF) [22] and IL4 [23]. IDE is also induced by insulin signal pathway through phosphatidylinositol 3-kinase [24]. Thus, the metabolites of cerebellar neurons could contain some neurotrophic factors or small molecules which could activate insulin pathway.

We also investigate the molecular identity of the metabolites derived from the conditioned medium. Firstly, the conditioned medium was separated to two parts by ultra filter. One contains molecules larger than 5 kD (Heavy) and the other are composed of molecules smaller than 5 kD (Light). Then, neurons were treated with these two parts of conditioned medium respectively and according to the Western blot results, the Heavy part of conditioned medium showed little effect on IDE and NEP expression. Conversely, the Light part markedly repeated the effect of total conditioned medium.

Next, we focused on the Light part of conditioned medium and extracted the hydrophobic composition by organic extraction and treated neurons with the hydrophobic and hydrophilic composition respectively. While the hydrophilic part showed little function on IDE and NEP expression, the hydrophobic part completely repeated the effect of total conditioned medium. Based on these results, it is suggested that the active ingredient should be hydrophobic molecule(s) with molecular weight less than 5 kD. Further analysis of these compounds is currently being conducted.

Conversely, metabolites of hippocampal neurons significantly reduced the expression of Aβ degrading enzymes and induced cerebellar Aβ levels. Finally, metabolites of hippocampal neurons caused cerebellar neurodegeneration in APP/PS1 transgenic mice.

It is known that the cerebrospinal fluid (CSF) was primarily generated and secreted by the choroid plexuses (CP) and approximately 10–20% was arised from the brain interstitial fluid, which contains metabolites of neurons [25]. The circulation of CSF is one-direction. CSF flows from the lateral ventricles via the foramina of Monro into the third ventricle, and then the fourth ventricle via the cerebral aqueduct in the brainstem. The location of the choroid plexuses in the lateral, third, and fourth ventricles allows for the possibility of new components being added to the fluid at these points [26]. There is also active exchange of substances between the CSF and its surrounding neurons, for example, CSF-contacting neurons which are located periventricularly or inside the brain ventricles. Thus, after a series of substances exchange, the components of the CSF from lateral ventricle (LV) and the fourth ventricle (4V) maybe different. Moreover, previous evidence show that Na levels in the fourth ventricle are statistically different from those in lateral ventricle [27]. Taken together, the findings about the effect of 4V-CSF on the Aβ levels of APP/PS1 transgenic mice and their learning and memory function could reflect the function of in vivo neuronal metabolites. As we all known, the level of Aβ is determined by the balance between its generation and turnover [16]. In familial Alzheimer’s disease (FAD), Aβ accumulation is caused by misprocessing of amyloid precursor protein (APP) [28]. However, in the great majority of AD, the sporadic late-onset AD (LOAD), it is decreased Aβ clearance that contributes to the pathological changes of the disease [29]. According to our study, the role of metabolites of neurons in AD pathogenesis is closely associated with Aβ degradation, thus, could be beneficial to the clinical therapy for AD patients.

Materials and Methods

Animals

All animal experiments were conducted according to the guidelines established by the NIH Guide for the Care and Use of Laboratory Animals. APP/PS1 transgenic mice of C57BL/6J background and wild-type littermates, were purchased from the Chinese Academy of Medical Science. Cerebrospinal fluid was extracted and collected from the lateral ventricle and fourth ventricles of wild-type C57BL/6J mice with a brain solid positioner placed consistent with the brain atlas. Conditioned medium and CSF was injected into the lateral ventricle of APP/PS1 transgenic mice and wild-type littermates (n = 6 to 10 mice in each treatment group) with a brain solid positioner. 12 month old APP/PS1 transgenic mice were used for the conditioned medium injection; both 4 month old and 12 month old APP/PS1 transgenic mice were used for the CSF injection. Seven days after injection, mice were tested for learning and memory abilities and were then sacrificed for tissue collection.

Behavioral tests and data analysis

In all behavioral tests, the experimenter was ‘blind’ to the groups to which the individual mice belonged [30].

The detailed method for the Morris water maze has been described previously [31]. Training was performed four times per day for 5 days. One day after the final training, the platform was removed from the pool and each mouse received one 60 s test [32]. The swimming trace was recorded and analyzed for each mouse. The passive avoidance test has been described in detail [33]. Mice were placed one at a time into the illuminated side of a two-compartment apparatus. Upon entering the dark compart-
ment they received a mild electric shock which continued until they returned to the light compartment up to a maximum of 5 s. The retention test took place 24 h after training with the shocker switched off and a maximum latency of 300 s [34].

The detailed method for the pole test has been described previously [31]. The mouse was placed head upward on the top of a vertical iron rough-surfaced pole (diameter 1 cm, height 50 cm). The times taken to turn completely downwards and then to descend to the platform were recorded (with the cut-off limit of 5 min).

In balance beam test, mice were placed on a wooden beam (diameter 1.5 cm, length 40 cm). The beam was elevated 50 cm from the ground and was ended near a home cage. The latencies of mice to get into the home cage were recorded.

Analysis of Aβ burden in brain

Hemi-brains were removed from mice brains and fixed in acetone. Then hemispheres were cut using a freezing microtome. Aβ plaque burden was detected using thioflavain-S [35] staining or a polyclonal Aβ antibody (diluted 1:100, Cell signaling) and the digital image was analyzed using Image J software (NIH).

Plasma and cerebral Aβ content

We homogenized the hippocampus and cerebral cortex in TBS with the protease inhibitors. Homogenates were centrifuged and supernatants from the TBS extraction were stored as soluble Aβ while the pellets were resuspended in a 5 mol/L guanidine HCl and 50 mol/L Tris-HCl (pH 8.0) buffer and stored as insoluble Aβ. Samples were aliquoted and stored at −80°C and analyzed for Aβ1-40 and Aβ1-42 using an ELISA kit (USCN Life), according to the manufacturer's protocol. Briefly, protein samples and the detector antibody were incubated with the first Aβ antibody precoated on plates for 3 hours at room temperature. After washing, secondary antibody was incubated for 30 minutes. Finally, colorimetric reaction was conducted and absorbance on a spectrophotometer (Bio-Rad Laboratories) at 450 nm was recorded.

Quantification of gliosis

Five randomly selected, evenly spaced sagittal sections were collected from acetone-fixed and frozen hemispheres of treated and control mice. A polyclonal glial fibrillary acid protein antibody (diluted 1:100, Santa Cruz Biotechnology) was used to immunolabel astrocytes and a polyclonal CD68 antibody (diluted 1:100, Santa Cruz Biotechnology) was used to detect microglia. Digital images were captured using a digital camera mounted to a microscope. Images were analyzed using Image-Pro Plus 5.0 software.

Quantification of synaptophysin

Immunohistochemical staining for synaptophysin was performed on three evenly spaced sections of acetone-fixed treated and control mice. A polyclonal synaptophysin antibody (diluted 1:100, Santa Cruz Biotechnology) was used to immunolabel the synaptophysin. Digital images were captured and analyzed as described above.

Primary neuronal culture

The hippocampus, cerebral cortex and cerebellum were dissected from brains of embryonic day 18 (E18) Sprague Dawley rats and digested with 0.25% trypsin to obtain dissociated cells. The resultant cells were cultured in Neurobasal medium (NBM) supplemented with B27 at 37°C in 5% CO₂. Glial cells were not observed by microscopy in the neuronal cultures at the time of the experiment.

Preparation of conditioned medium

Primary neurons after 7 to 10 DIC (days of in vitro culture) were washed three times with B27-free Neurobasal medium and incubated with B27-free Neurobasal medium for 48 hr. The medium was collected and centrifuged at 800 g (4°C) to remove cellular debris, then aliquoted and stored at −80°C.

Real-time PCR

Brain tissues were homogenized and total RNA was isolated using Trizol (Invitrogen). The primers for APP, BACE1, PS1, NEP and IDE SYBR Green PCR were purchased from Invitrogen. Real-Time PCR was performed by Mx3000P (Stratagene).

Western immunoblotting

Samples were resolved by SDS-PAGE and transferred to a PVDF membrane. The membrane was blocked for 1.5 h in 5% nonfat milk and incubated with primary antibodies for Aβ (polyclonal antibody, diluted 1:200, Sigma), NEP (polyclonal antibody, diluted 1:500, Millipore), IDE (monoclonal antibody, diluted 1:2000, Abcam) and actin (polyclonal antibody, diluted 1:500, Santa Cruz Biotechnology). The membranes were then incubated with horseradish peroxidase-conjugated anti-mouse IgG or anti-rabbit IgG. Finally, the membranes were developed by a Kodak medical X-ray processor (Kodak).

Chemicals and statistical analyses

Human Aβ1-40 and Thioflavain-S were purchased from Sigma. Data are presented as group means±SEM. A value of P<0.05 was considered significant. One-way analysis of variance (ANOVA) was used to evaluate the differences between the experimental groups.

Supporting Information

Table S1

Found at: doi:10.1371/journal.pone.0005530.s001 (0.07 MB DOC)

Table S2

Found at: doi:10.1371/journal.pone.0005530.s002 (0.03 MB DOC)

Figure S1

Found at: doi:10.1371/journal.pone.0005530.s003 (0.06 MB DOC)

Figure S2

Found at: doi:10.1371/journal.pone.0005530.s004 (0.05 MB DOC)

Author Contributions

Conceived and designed the experiments: JD NZ ZW. Performed the experiments: JD BS KC LZ SL QG. Analyzed the data: JD BS. Contributed reagents/materials/analysis tools: LF. Wrote the paper: JD.
References

1. Snider WD (1994) Functions of the neurotrophins during nervous system development: what the knockouts are teaching us. Cell 77: 627–638.

2. Lin LF, Doherty DH, Lile JD, Bektesh S, Collins F (1993) GDNE: a glial cell line-derived neurotrophic factor for midbrain dopaminergic neurons. Science 260: 1130–1132.

3. Hempstead BL (2006) Dissecting the diverse actions of pro- and mature neurotrophins. Curr Alzheimer Res 3: 19–24.

4. Small GW, Rabins PV, Barry PP, Buckholtz NS, DeKosky ST, et al. (1997) Diagnosis and treatment of Alzheimer disease and related disorders. Consensus statement of the American Association for Geriatric Psychiatry, the Alzheimer's Association, and the American Geriatrics Society. JAMA 278: 1363–1371.

5. Citron M (2002) Alzheimer's disease: treatments in discovery and development. Nat Neurosci 5 Suppl: 1055–1057.

6. Greene JD, Baddeley AD, Hodges JR (1996) Analysis of the episodic memory deficit in early Alzheimer's disease: evidence from the doors and people test. Neuropsychologia 34: 337–351.

7. Pillot B, Deweer B, Agid Y, Dubois B (1993) Explicit memory in Alzheimer's, Huntington's, and Parkinson's diseases. Arch Neurol 50: 374–379.

8. Hardy J, Gwinn-Hardy K (1998) Genetic classification of primary neurodegenerative disease. Science 282: 1075–1078.

9. Giannakopoulos P, Hof PR, Michel JP, Guimon J, Bouras C (1997) Cerebral cortex pathology in aging and Alzheimer's disease: a quantitative survey of large hospital-based geriatric and psychiatric cohorts. Brain Res Brain Res Rev 25: 217–245.

10. West MJ, Coleman PD, Flood DG, Troncoso JC (1994) Differences in the pattern of hippocampal neuronal loss in normal aging and Alzheimer's disease. Lancet 344: 769–772.

11. Bobinski M, de Leon MJ, Tarnawski M, Wegiel J, Reisberg B, et al. (1998) Progressive age-related impairment of cognitive behavior in APP23 transgenic mice. Neurobiol Aging 21: 541–549.

12. Smith QR, Woodbury DM, Johanson CE (1981) Uptake of $^{36}$Cl and $^{22}$Na by cultured cerebellar cells in culture. J Neurochem 37: 267–269.

13. Miyan JA, Nabiyouni M, Zendah M (2003) Development of the brain: a vital role for cerebrospinal fluid. Can J Physiol Pharmacol 81: 317–328.

14. Zhao L, Teter B, Morihara T, Lim GP, Ambegaokar SS, et al. (2004) Insulin-degrading enzyme as a downstream target of insulin receptor signaling cascade: implications for Alzheimer's disease intervention. J Neurosci 24: 11120–11126.

15. Caccamo A, Oddo S, Agid Y, Dubois B (1993) Explicit memory in Alzheimer's, Huntington's, and Parkinson's diseases. Arch Neurol 50: 374–379.

16. Selkoe DJ (1991) Neurotrophic factors, brain-derived neurotrophic factor, and nerve growth factor. Curr Opin Neurobiol 1: 3–13.

17. Saido TC (1998) Alzheimer's disease as proteolytic disorders: anabolism and catabolism of beta-amyloid. Neurobiol Aging 19: 869–75.

18. Cummings JL (2004) Alzheimer's disease. N Engl J Med 351: 35–67.

19. Shihata M, Yamanada S, Kumar SR, Calero M, Bading J, et al. (2000) Clearance of Alzheimer's amyloid 42 (Ab42) peptide from brain by LRP, receptor-related protein 1 at the blood-brain barrier. J Clin Invest 106: 1489–1499.

20. Zlokovic BV (2004) Clearing amyloid through the blood-brain barrier. J Neurochem 89: 807–811.

21. Selkoe DJ (2001) Clearing the brain's amyloid cobwebs. Neuron 32: 177–180.

22. Zhu Y, Zheng T, Li XL, Zhou J, Zhao BQ, et al. (2000) Transducible PI-1-CNTF rescues the learning and memory impairments induced by amyloid-beta peptide in mice. Eur J Pharmacol 594: 93–100.

23. Shimaizu E, Kasahara K, Kajimoto M, Sawaeda M, Nakayama H (2000) IL-4-induced selective clearance of oligomeric beta-amyloid 1-42 peptide by rat primary type 2 microglia. J Immunol 164: 6503–6513.

24. Zhao L, Teter B, Morihara T, Lim GP, Ambegaokar SS, et al. (2004) Insulin-degrading enzyme as a downstream target of insulin receptor signaling cascade: implications for Alzheimer's disease intervention. J Neurosci 24: 11120–11126.

25. Miyay JS, Nabiyouni M, Zendah M (2003) Development of the brain: a vital role for cerebrospinal fluid. Can J Physiol Pharmacol 81: 317–328.

26. Du J, Yang X, Zhang L, Zheng Y (2009) Expression of TRPM8 in the distal cerebrospinal fluid-contacting neurons in the brain meninges. J Physiol Pharmacol 60: 3.

27. Smith QR, Woodbury DM, Johanson CE (1981) Uptake of $^{36}$Cl and $^{22}$Na by cultured cerebellar cells in culture. J Neurochem 37: 267–269.

28. Iwata N, Tsubuki S, Takaki Y, Watanabe K, Sekiguchi M, et al. (2000) Identification of the major Abeta1-42-degrading catabolic pathway in brain parenchyma: suppression leads to biochemical and pathological deposition. Nat Med 6: 145–150.

29. Chen G, Chen KS, Knox J, Inglis J, Bernard A, et al. (2000) A learning deficit related to age and beta-amyloid plaques in a mouse model of Alzheimer's disease. Nature 488: 975–979.

30. Janus C, D'Amelio S, Amitay O, Chishti MA, Strome R, et al. (2000) Naturally secreted oligomers of amyloid beta protein potently inhibit hippocampal long-term potentiation in vivo. Nature 405: 535–539.

31. Kim HJ, Chae SC, Lee DK, Chromy B, Lee SC, et al. (2005) Selective neuronal degeneration induced by soluble oligomeric amyloid beta protein. Faseb J 17: 110–120.

32. Li YT, Woodruff-Pak DS, Trojanowski JQ (1994) Amyloidogenic plaques in cerebellar cortex and the integrity of Purkinje cell dendrites. Neurobiol Aging 15: 1–9.

33. Nilsberth C, Westlind-Danielsson A, Condron MM, Axelsson K, et al. (2001) The 'Arctic' APP mutation (E693G) causes Alzheimer's disease by enhanced Abeta proteolysis. Nat Neurosci 4: 887–893.

34. Chen G, Chen KS, Knox J, Inglis J, Bernard A, et al. (2000) A learning deficit related to age and beta-amyloid plaques in a mouse model of Alzheimer's disease. Nature 488: 975–979.

35. Janus C, D'Amelio S, Amitay O, Chishti MA, Strome R, et al. (2000) Spatial learning in transgenic mice expressing human presenilin 1 (PS1) transgenes. Neurobiol Aging 21: 541–549.

36. Chen G, Chen KS, Knox J, Inglis J, Bernard A, et al. (2000) A beta peptide immunization reduces behavioral impairment and plaques in a model of Alzheimer's disease. Nature 408: 975–979.

37. Venable N, Kelly PH (1990) Effects of NMDA receptor antagonists on passive avoidance learning and retrieval in rats and mice. Psychopharmacology (Berlin) 100: 215–221.

38. Kelly PH, Bondolfi L, Hunziker D, Schlecht HP, Carver K, et al. (2003) Progressive age-related impairment of cognitive behavior in APP23 transgenic mice. Neurobiol Aging 24: 363–378.

39.Roberson ED, Secaroe-Levie K, Palop JJ, Yan F, Cheng HH, et al. (2007) Reducing endogenous tau ameliorates amyloid beta-induced deficits in an Alzheimer's disease mouse model. Science 316: 750–754.