Detection of Histamine-Producing Bacteria on Tuna Species using Histidine Decarboxylase (hdc) and 16S rRNA

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Abstract

Histamine-producing bacteria to predict histamine level production can be identified by a molecular approach. The purpose of this study was to identify the types of histamine-producing bacteria on tuna, little tuna, and skipjack (TTC) meat, to analyze its bioinformatics through phylogenetic tree construction also to determine the levels of its histamine. The identification of histamine-producing bacteria was conducted using a molecular technique based on the hdc and 16S rRNA genes. Histamine levels were measured by a spectrofluorometer. The results showed types of histamine-producing bacteria had been successfully identified, both using specific hdc and 16S rRNA universal primers, including Morganella morganii, Enterobacter hormaechei, Klebsiella aerogenes, and Enterobacter bugandensis. The phylogenetic tree showed that the bacteria M. morganii and E. hormaechei were closely related to one cluster. Meanwhile, the other close relative cluster were Klebsiella aerogenes, Enterobacter bugandensis, and Escherichia fergusonii. In addition, histamine levels of frozen tuna, little tuna, and skipjack were 2.96±0.22 ppm, 2.14±0.23 ppm, and 1.02±0.97 ppm, respectively.

Keywords: histamine-producing bacteria, hdc, 16S rRNA, PCR, tuna

1. Introduction

Indonesian fisheries have several superior commodities such as tuna, little tuna, and skipjack (also locally known as Tuna Tongkol Cakalang (TTC) group ) that are the second-largest commodity after shrimp based on the export value. The TTC contributed 713.9 million USD to the export value in 2018, hence is considered to provide 14.69% of the marine and fishery exported products (BPS, 2019). Nevertheless, the fish consumption per year in Indonesia was still relatively low compared to other countries, amounting to 47.34 kg/cap/year in 2017 (KKP, 2019).

The tuna group is easy to deteriorate by autooxidation (Nurilmala & Ochiai, 2016; Nurilmala, Ushio, Watabe, & Ochiai, 2018) due to high myoglobin content (Nurilmala, Hedeke, Kaneko, & Ochiai, 2013). Based on the Import Refusal Report (IRR) system data, there were 246 tuna product rejections out of 1,457 Indonesian fishery product cases in 2018 at the American market. The rejections of Indonesian tuna also occurred in the European Union (33 cases), Canada (72 cases), and Japan markets (12 cases). Generally, the rejection of fishery products, especially tuna, little tuna, and skipjack commodities, is caused by the histamine level of the product that exceeds the quality standards of the importing country (Loi & Gamarro, 2018).

Histamine or [2-(4-imidazolyl) ethylamine] is a biogenic compound of amine formed from the decarboxylation process of free histidine (α-amine-β-propionic acid inidosal). Endogenous histamine has a physiological role in the human body. However, too much histamine (100 mg/100 g) in food, specifically through fish consumption, leads to histamine fish poisoning (FAO/WHO, 2013). The formation of histamine is strongly influenced by several factors, including the technique, temperature, and time used...
to catch, handle, and store fish. The critical temperature for histamine formation in fish established by the Food and Drug Administration (FDA) is 4.4°C (Caballer, Flingas, & Toldra, 2016). Histamine levels in fish can be measured by instrumental methods such as high-performance liquid chromatography (HPLC) and spectrofluorometer. However, early detection of histamine is needed. Thus, the early detection of histamine has been developed by detecting the bacteria producing histidine decarboxylase enzyme (hdc). Detection of histamine-producing bacteria can be done by molecular technique-based on genetic methods such as the polymerase chain reaction (PCR) technique for amplifying DNA (Vidic, Manzano, Chang, & Jaffrezic-Renault, 2017). In this case, the target DNA is in the hdc gene as an encoder for the decarboxylase-producing histidine bacteria.

Identification of decarboxylase-producing histidine bacteria can be done through DNA sequence analysis using the DNA sequence-specific of the hdc-producing bacteria (Wongsariya, Bunyapraphatsara, & Yasawong, 2016). Furthermore, Janda and Abbot (2007) reported that the 16S rRNA sequence is very commonly used to analyze the DNA of a microorganism due to the length of the base up to 1500 bp. The identification of the types of bacteria using molecular techniques is considered to have high accuracy. Therefore, the purposes of this study were to detect histamine-producing bacteria through the hdc gene encoding histidine decarboxylase and 16S rRNA in tuna, little tuna, and skipjack, then to construct a phylogenetic tree based on the resulted sequences, as well as to detect the level of histamine in the investigated tuna species.

2. Material and Methods

2.1. Material

Tuna (Thunnus tonggol), little tuna (Euthynnus affinis), and skipjack (Katsuwonus pelamis) were collected from Binuangen Waters, Banten, Indonesia. Fish samples were transported on ice to Bogor-Indonesia using a cool box with a temperature of ±10°C for 8 h, then stored in our laboratory with a temperature of -18±2°C for one month. Selected tuna fish (Thunnus tonggol) as a positive control was prepared at room temperature for ±7 days.

The chemicals used in the study were analytical grade reagents, i.e., DNA TIANamp Genomic DNA Kit (TianGen Biotech, Beijing), agarose (SeaKem® LE Agarose, Lonza, Rockland, ME USA), buffer TBE 10x (AccuGENETM 10X TBE Buffer, Lonza, Rockland, ME USA), GeneRuler 1kb DNA Ladder (Thermo Fisher Scientific, Vilnius, Lithuania), sybr green, loading dye, kit PCR (VIVANTIS, Selangor Darul Ehsan, Malaysia), lactose broth (DifcoTM, Becton, Dickinson, and Company USA), and anion resin Dowex 1–X8, 50–100 mesh (Sigma-Aldrich, Co. St. Louis, MO, USA). Some utilized instruments were PCR machine (Jena Analytik, Germany), electrophoresis (Sci-Plas, UK), vortex (Biosan, Latvia), homogenizer (Nissei Ace, China), UV Transilluminator (Uvitec, Cambridge, England), water bath (F-Scientific Labs, Indonesia), microwaves (Sharp, Osaka, Japan), and spectrofluorometer (Agilent Cary Eclipse, United States).

2.2. Methods

2.2.1. Sample preparation

The frozen tuna, little tuna, and skipjack were thawed overnight at a chilling temperature (±10°C). Fish meat samples were carried out without cultivation/enrichment, meanwhile bacterial biomass was obtained by cultivation/enrichment. The fish that treated without cultivation were tuna (BN), little tuna (TN), skipjack (CN), and positive control (PN). While the bacterial biomass obtained through enrichment were tuna meat (BE), little tuna (TE), skipjack (CE), and positive control (PE).

2.2.2. Bacteria cultivation method

The tuna, little tuna, skipjack, and a positive control were weighed about 2 g, then homogenized using a mortar. The sample was then placed in a 250 mL erlenmeyer flask containing 50 mL of Lactose Broth (LB) media, incubated at 37°C for 16 h, and further isolation of histamine-producing bacteria candidates were carried out based on previous method (Takahashi, et al, 2003). Pure isolate of histamine-producing bacteria in the broth was centrifuged at 11,000 rpm for 4 mins (Nurilmala et al, 2019). The resulting supernatant was removed until bacterial biomass was obtained.

2.2.3. DNA isolation

The isolation of DNA in fish meat samples and its bacterial biomass was carried out using a commercial kit, the TIANamp Genomic DNA Kit (TianGen 2016). The 15-25 mg of each fish meat and bacterial biomass samples were transferred to microtube for further isolation following applicable protocols. DNA isolates from BN, CN, TN, PN, BE, CE, TE, and PE samples were further analyzed qualitatively using electrophoresis and quantitative analysis by measuring the purity and concentration of DNA (Fatchiyah, Arumingtyas, Widyarti, & Rahayu, 2011).
2.2.4. DNA amplification

The DNA amplification was carried out using a PCR machine. The target genes were hdc and 16S rRNA. Specific primers used were forward hdc primer (5'-TCHATYARYAACTGYGGTGACTGGRG-3') and reverse hdc primer (5'-CCCCAKCAT BARWG GDGTRTGRC-3') at a base length of 709 bp (Takahashi, Kimaru, Yoshikawa, & Fujii, 2003). The universal primers 16S rRNAs were 27F (5'-AGAGTTGGTACCTTGCTTA-3') and 494R (5'-GGCTACCTTGTTACGACTT-3') (Weisburg, Barns, Pelletier, & Lane, 1991). Each PCR tube contained the following reaction mixture: 12.5 µL of taq polymerase (2.5 U), 1µL of 20 pmol/µL of each primer, 2 µL of isolated DNA, and 8.5 µL of sterile water up to a volume of 25 µL.

PCR conditions for hdc-specific primers were 94°C, 5 mins for initial denaturation; 94°C, 1 min for denaturation; 60°C, 1 min for annealing; 70°C, 1 minute for extension; and 72°C, 1 min for the final extension with 35 cycles. The PCR conditions for 16S rRNA universal primers were 95°C, 5 mins initial denaturation; 95°C, 1 min denaturation; 55°C, 1 min annealing; 72°C, 2 mins extension; and 72°C, 10 mins for the final extension with 35 cycles followed the method of Nurilmala and Ochiai (2016) with slight modification. The PCR products were visualized by electrophoresis with the DNA ladder of VC 100 bp plus (100-3,000 bp) from Vivantis, Malaysia. The sequencing was carried out by sending the PCR products directly to First Base (Malaysia).

2.2.5. Phylogenetic analysis

The sequencing results were then analyzed by bioinformatics approach using the MEGA 6 (Molecular Evolutionary Genetics Analysis) program. The program was used for the reading and alignment of nucleotide bases. The alignment data was then matched with available data at GenBank at the National Center for Biotechnology Information (NCBI) using the Basic Local Alignment Search Tool (BLAST). The identification and similarity of the species were arranged by examining the homology of the sequence of nucleotide bases (Tamura, Stecher, Peterson, Filipski, & Kumar, 2013). Therefore, the phylogenetic tree was then constructed by the Neighbor-Joining method with a bootstrap value of 1,000.

2.2.6. Histamine analysis

The samples of frozen tuna, little tuna, skipjack meat, and positive control were analyzed for histamine levels with a spectrofluorometer, according to SNI 2354.10:2009 (BSN 2009). About 10 g of thawed fish meat were weighed, then added 50 mL of methanol and homogenized. The samples were then incubated using a water bath shaker for 15 mins at 60 °C, then cooled at room temperature. The samples were then poured into a 100 mL measuring flask; then, methanol was added to the pitch mark, homogenized, and filtered. The sample solutions and standard histamine dihydrochloride (Sigma-Alrich, Co. St. Louis, MO, USA) with the concentrations of 0.025; 0.050; 0.100; 0.200 dan 0.400 ppm were added 3 mL NaOH 1 N, 1 mL of 0.1% OPT, and H,PO, 3.57 N. The samples were measured using a spectrofluorometer at an excitation wavelength of 350 nm and emission of 444 nm. The anion resin was used to remove impurities before measurement.

3. Results and Discussion

3.1. Histidine Decarboxylase (hdc) Coding Gene

The first step of DNA analysis was DNA isolation. DNA isolation is a process of separating DNA from impurities such as proteins, RNA, and others.

The tuna, little tuna, skipjack, and positive control meat samples from cultivation methods were successfully isolated. However, the results on tuna, little tuna, and skipjack without cultivation appeared smearing on the DNA band (electropherogram is not shown). The smearing of DNA band might be caused by undergoing process of DNA degradation due to the presence of nuclear enzymes (Fatchiyah et al., 2011). The smear can also be caused by the results of the isolation of pure DNA or other materials, the residues of the solutions used during the isolation process, also the isolation of secondary metabolites (Mulyani, Purwanto, & Nurruhwati, 2011).

The DNA concentration of tuna, little tuna, and skipjack samples using the cultivation method was in the range of 22.7- 42.1 ng/µL with a DNA purity of 1.48-2.09. In comparison, the DNA concentration of positive control was 318.0 ng/µL with a DNA purity of 1.95. Meanwhile, the DNA concentration of the three fish samples without the cultivation method was in the range of 55.7-103.9 ng/µL with DNA purity of 2.00-2.05, while the positive control was 9.8 ng/µL with DNA purity of 1.97. Based on the ratio of the two absorbance values (A495/ A280) of 1.8-2.0, these DNA concentrations were categorized as good results. The ratio that less than 1.8 indicates isolated DNA was contaminated with proteins or impurities in the solution. On the other hand, the DNA samples were considered as contaminated with the RNA when the ratio is greater than 2.0 (Fatchiyah et al., 2011).
The modest levels of histamine in tuna, little tuna, and skipjack might complicate the DNA isolation process of the hdc gene. This was proven by the undetected of DNA bands in tuna, little tuna, and skipjack tuna meat samples without the cultivation treatment. The cultivation was carried out on tuna, little tuna, and skipjack samples to grow bacteria, improving bacterial biomass.

The 16S rRNA primers were used as universal primers; meanwhile, the hdc primers were acted as the species-specific primers. Electropherogram of DNA amplification of tuna, little tuna, and skipjack and positive and negative controls using both hdc specific primers and 16S rRNA universal primers are shown in Figure 1.

Electropherogram of DNA amplification of tuna, little tuna, and skipjack, as well as positive and negative controls using the hdc primers, were shown in Figure 1 for (1a) and (1b). Based on Figure 1, the DNA target on all samples was successfully visualized at a base length of ± 700 bp. However, the tuna, little tuna, and skipjack samples with the non-cultivation method were not successfully visualized. These might be due to degraded DNA, as shown in the smear isolated DNA, or no histamine bacteria detected.

Figure 1 for (2a) and (2b) shows that the target DNA from tuna, little tuna, and skipjack and positive control by cultivation methods and positive control by the non-cultivation method using universal 16S rRNA primers successfully visualized at the base length of 1,500 bp. In contrast, the PCR product samples of tuna, little tuna, and skipjack with the non-cultivation method showed no target DNA bands were successfully visualized. This may be due to degraded DNA, as shown in the smear isolated DNA. The lack of visualization in both cultivation and no cultivation method possibly occurred due to either degraded DNA or no histamine bacteria was detected. Cultivation/enrichment can increase the number of targeted bacteria. Visualization of the target DNA band (single band) in agarose gel proves that the amplification process was successful. The PCR product can be judged of good quality, indicating it could be continued to the sequencing stage.

3.2. Identification of Histamine-Producing Bacteria

The amplified PCR product was then sequenced to find out the nucleotide base sequence. The determination of species was carried out by comparing the obtained sequences with the BLAST. The results of species identification are shown in Table 1.

The identification of histamine-producing bacteria by the BLAST analysis showed that the bacterial species identified in each sample differed. Bacteria identified in tuna, little tuna, and positive control samples with cultivation method and positive control without cultivation method using hdc primers was
Morganella morganii with homology percentages ranging from 98-100%. Moreover, the bacteria in samples skipjack meat with hdc specific primary cultivation method was Enterobacter hormaechei, with a homology percentage of 99.54%. On the other hand, the identified histamine-producing bacteria using universal 16S rRNA primers were different compared to those of hdc. These probably due to the differences of primer characters. Bacterial species identified in tuna, little tuna, and skipjack, as well as both positive controls by cultivation and non-cultivation method using 16S rRNA universal primers respectively, were K. aerogenes, E. bugandensis, and E. fergussonii, P. stercorisuis, and V. carniphilus with homology percentages ranging from 84-100%.

Histamine-producing bacteria are generally classified in the group of enteric bacteria and mesophilic group. Mesophilic bacteria has optimum temperature to grow at 37°C, including M. morganii, Enterobacter sp. and Hafnia alvei (Bjornsdottir, Bolton, McClellan-Green, Jaykus, & Green, 2009). Ferrario, Pegollo, Ricci, Borgo, & Fortina (2012) reported that the bacteria M. morganii and E. hormaechei were identified in the yellowfin tuna (Thunnus albacares) fillet samples with the cultivation method during 8-16 h incubation at room temperature as the dominant bacteria producing the hdc enzyme also acted as histamine-producing bacteria. Each of these bacteria produced histamine of 210 mg/100 g and 50 mg/100 g, respectively (Urs, Ramlal, Batra, Naika, & Jeyabalaji, 2019). Some histamine-producing bacteria species are also able to live in cold temperatures (up to 0°C) or commonly referred to as psychrotolerant, e.g., Photobacterium phosphoreum (Kanki, Yoda,

### Table 1. The identified histamine-producing bacteria by BLAST analysis

| Sample                      | Name of organism       | Gram-negative/positive | Homology percentages | Accession number |
|-----------------------------|------------------------|------------------------|----------------------|------------------|
| Positive control non-cultivation (PN) | Morganella morganii | Gram negative\(^1\) | 98.14%               | CP041655.1       |
| Positive control cultivation (PE) | Morganella morganii | Gram negative\(^1\) | 98.20%               | CP041655.1       |
| Tuna cultivation (BE)       | Morganella morganii    | Gram negative\(^1\) | 99.49%               | KC771251.1       |
| Little tuna cultivation (TE) | Morganella morganii    | Gram negative\(^1\) | 100.00%              | KP728801.1       |
| Skipjack cultivation (CE)  | Enterobacter hormaechei| Gram negative\(^1\) | 99.84%               | CP010384.1       |
| Positive control non-cultivation (PN) | Vagococcus carniphilus | Gram positive\(^2\) | 90.88%               | NR_025689.1      |
| Positive control cultivation (PE) | Peptoniphilus stercorisuis | Gram positive\(^3\) | 84.24%               | NR_134130.1      |
| Tuna cultivation (BE)       | Klebsiella aerogenes    | Gram negative\(^1\) | 99.45%               | NR_102493.2      |
| Little tuna cultivation (TE) | Enterobacter bugandensis | Gram negative\(^1\) | 99.82%               | NR_148649.1      |
| Skipjack cultivation (CE)  | Escherichia fergussonii | Gram negative\(^1\) | 99.87%               | NR_074902        |

Note: \(^1\)Kim et al. (2003); \(^2\)Johnson, Whitehead, Cotta, Rhoades, & Lawson (2014); \(^3\)Shewmaker et al. (2004)
Ishibashi, & Tsukamoto, 2004) and M. psychrotolerans (Emborg, Dalgaard, & Ahrens, 2006).

In this study, the histamine-producing bacteria identified were M. morganii, E. bugandensis, K. aerogenes, and E. hormaechei. The bacteria that produce high histamine are M. morganii and Enterobacter sp. Meanwhile, the group of bacteria that produce low histamine are H. alvei and Citrobacter freundii. Furthermore, non-histamine producer bacteria is Escherichia sp. (Bjornsdottir et al., 2009). Histamine could be formed and induced by both Gram-negative and Gram-positive bacteria. Gram-negative bacteria such as K. planticola and E. aerogenes are able to synthesize the pyridoxal-5'-phosphate (PLP)-dependent enzyme (Kamath, Vaaler, & Snell, 1991). Histamine-producing Gram-positive bacteria are generally classified in the genus Clostridium, Micrococcus, Lactobacillus, Leuconostoc, and Tetragenococcus. While, P. stercorisuis and V. campiniformis are categorized as non-histamine-producing Gram-positive bacteria.

3.3. Phylogenetic Tree

Bacteria produced by tuna, little tuna, and skipjack were aligned with the ingroup of each bacterial species and out of the groups, i.e. Staphylococcus saprophyticus. The phylogenetic tree of Figure 2 shows that M. morganii bacteria of tuna (BE), little tuna (TE), and positive control (PE) samples with cultivation and positive control (PN) with the non-cultivation formed groups on one branch with short branch spacing with M. morganii species ingroup and bootstrap values of 100%. E. hormaechei bacteria of skipjack tuna samples by cultivation formed groups in one branch with ingroups of E. hormaechei with bootstrap values of 100%. The phylogenetic tree presented in Figure 2 shows that M. morganii and E. hormaechei have a close kinship where both species are in the same branch and have a distant kinship with the species S. saprophyticus.

The phylogenetic in Figure 3 indicates that K. aerogenes bacteria of tuna (BE) samples by cultivation formed a group in one branch in the K. aerogenes species group with a bootstrap value of 64%. E. bugandensis bacteria samples of little tuna with cultivation methods formed a group in one branch in the E. bugandensis species group with a bootstrap value of 64%. E. fergusonii bacteria samples of skipjack by cultivation method formed a group in one branch in the group of E. fergusonii species with a

Figure 2. The phylogenetic tree using the primary hdc-specific gene of histamine-producing bacteria isolated from tuna, little tuna and skipjack (Note: codes printed in bold represent samples isolated from this study)
bootstrap value of 68%. *P. stercorisuis* bacterium of positive control fish samples using the cultivation method formed a group in one branch in the *P. stercorisuis* species group with a bootstrap value of 99%. *V. carniphilus* bacteria positive control fish samples by the method without cultivation formed a group in one branch in the group *V. carniphilus* species with a bootstrap value of 100%.

Figure 3 shows the species of *K. aerogenes*, *E. bugandensis*, and *E. fergusonii* have close relatives. Bacteria *K. aerogenes*, *E. bugandensis*, and *E. fergusonii* belong to the Gram-negative group, while *P. stercorisuis* and *V. carniphilus* are included in the Gram-positive group. Branches formed in the phylogenetic tree indicate the degree of kinship. The closer the tree branch means the level of kinship is also getting closer. The study by Takahashi, Kimaru, Yoshikawa, & Fujii (2003) showed the phylogenetic tree construction of 14 strains of histamine-producing bacteria, *M. morganii*, *Raoultella planticola*, *Erwinia sp.*, and *E. aerogenes* in the same branch, and separated from the branches of the bacteria *Photobacterium phosphoreum* and *Photobacterium damselae*.

### 3.4. Histamine Analysis

The histamine levels in tuna, little tuna, and skipjack tuna meat are presented in Table 2. Based on the detected histamine levels ranged from 1.02 to 2.96 ppm; tuna, little tuna, and skipjack meat were considered safe for consumption since they do not exceed the maximum standard for histamine levels. The maximum standard value for histamine in Indonesia according to SNI 2729: 2013 (BSN, 2013) is 100 ppm, whereas the maximum levels of histamine in the European Union according to EC No. 2074/2005 as well as in America and Canada are 100 and 50 ppm, respectively (Caballero, et al., 2016).
Previous studies have reported the presence of free histidine in tuna, little tuna, and skipjack of 1,220 mg/kg, 1,340 mg/kg, and 1,090 mg/kg respectively, (Suyama & Yoshizawa, 1973). High levels of free histidine affect histamine levels in tuna, little tuna, and skipjack. The higher the free histidine level, the higher the histamine compound that will be formed.

The standard storage procedures for exporting fish such as tuna, little tuna, and skipjack are at low temperatures. Verkhivker and Altman (2018), who examined histamine levels in frozen Scrombidae group stored for 10 months, stated that the histamine levels increased in the first four months and reached a maximum level after six months of storage and decreased in the 8th to 10th month of storage. The presence of bacteria in fish meat can convert histamine into its derivative compounds.

The thawing method is considered efficient to influence histamine levels in fish meat. As stated by Ilyasa (2018), histamine levels of fish meat with the thawing treatment in chilling temperature (±10°C) were the lowest (<8 ppm), compared to those of room temperature thawing (±27°C) and running water. Thawing with chilling temperature (±10°C) is the best method to handle fish compared to thawing with room temperature and running water. This is probably because the low ambient temperatures during thawing delayed the reproduction of histamine-bacteria up to 17 h.

In this study, a molecular approach using specific hdc and 16S rRNA universal could detect histamine-producing bacteria with lactose broth as cultivation/enrichment media. However, the levels of histamine in these fish were low. Therefore, this approach is the best method to detect earlier presence of histamine.

### 4. Conclusions

The histamine-producing bacteria have been successfully isolated and identified in tuna, little tuna, and skipjack using specific hdc and 16S rRNA universal primers. These bacteria are *M. morganii*, *E. hormaechei*, *K. aerogenes*, and *E. bugandensis*. The histamine levels of tuna, little tuna, and skipjack in this study were 2.96±0.22 ppm, 2.14±0.23 ppm, and 1.02±0.97 ppm, respectively. The different primers, as well as different genes, will be provided for further study.

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| Sample          | Histamine levels (ppm) |
|-----------------|------------------------|
| Tuna            | 2.96±0.22              |
| Little tuna     | 2.14±0.23              |
| Skipjack        | 1.02±0.97              |
| Positive control| 755.86±0.09            |
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